

SAN DIEGO

VOL. 53 | NO. 37 | SEPTEMBER 12, 2024

Reader

Bad Beaches

Seventy miles
of sand, surf,
and unsolved
problems

Austere chaparral at Lake Morena ■ Last surfing finals at Trestles

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 NOTE FOR NOTE - CUT FOR CUT
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September 12, 2024



PHOTOGRAPH BY THOMAS K. ARNOLD

Our beaches are also in decline — page 8



Jerry Flack and Rogues of Chaos — page 20



A Leige waffle breakfast sandwich — page 27

ADVERTISING

Display Ads

Automotive	31
Cannabis	36
Classifieds	28
Health and Beauty	13
Legal Solutions	5
Music	20
Rentals	28
Research Studies	9
Restaurants	27

NEWS & FEATURES

Neighborhood News

Cottages over condos in O.B., BMX goes bust in Chula Vista.....	2
Under the Radar	3

Letters.....

4

Golden Dreams

The World Surf League holds its finals at Lower Trestles for maybe the last time.....	6
---	---

Bad Beaches

Seventy miles of sand, surf, and unsolved problems, by Thomas K. Arnold	8
---	---

Puzzles.....

34

News of the Weird.....

35

CALENDAR

Events

Art, Book-signings, Classes & Workshops, Comedy, Dance, Discussion Groups, Food & Drink, For Kids, Fundraisers, Lectures, Movies, Nature, Special Events, Spoken Word, Sports & Fitness, Theater	14
--	----

Outdoors

Plumeria pod care	16
-------------------------	----

Music

Blurt: Jerry Flack always knew he wanted to be in a band	20
Live Five.....	21
The Gonzo Report: A legend ascends at Tower Bar	22
Immortal Beauty: What does the music mean to you?.....	24

Feast

Glutenus Maximus has the buns to back the pun.....	27
--	----

Fish Report

A strange season is not without its consolations.....	30
---	----

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By Reader stringers

POINT LOMA

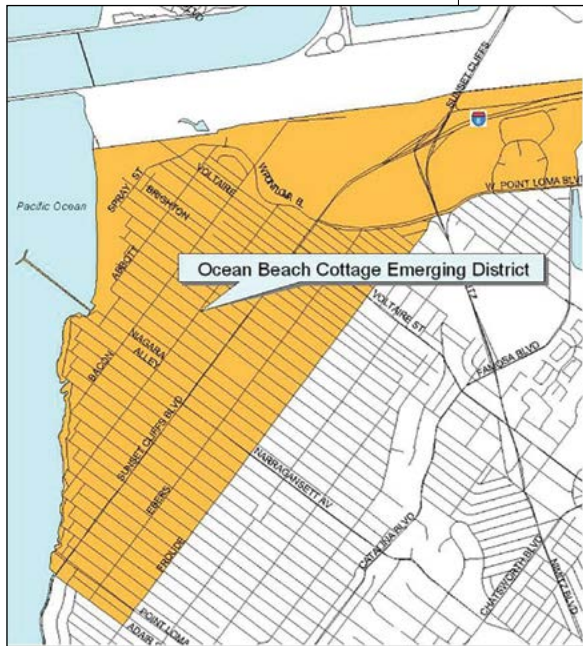
Ocean Beach cottage district thwarts apartment project

Even though The Point's one-bedrooms and studios would not end up in the historic area

Ocean Beach hasn't built much multi-family housing in recent years, and now an apartment planned at the southwest corner of Point Loma Avenue and Ebers Street is on hold.

The San Diego Planning Commission last week upheld an appeal of The Point, a project targeted by opponents mainly for its proximity to the Ocean Beach Cottage Emerging District, a designated historic district. Where to draw the "historic" line, however, is still up for debate though the project is paused for the foreseeable future.

"There's not a winner on this one," said commissioner Dennis Otsuji, who hoped there might yet be a way forward to benefit the community.



The OB Cottage District is unique in that it is "thematic."

The proposed apartments at 4705 Point Loma Avenue aimed take advantage of the Complete Communities density bonus program by building 20 new studios and one-bedroom homes, reducing parking from 30 to nine spaces. Supporters said it had all the right features: schools, amenities, walkability. "As of this morning there are only ten one-bedroom or studio units available for rent in Ocean Beach," said supporter Wesley Morgan with YIMBY Democrats of San Diego, who



Maybe not the worst place in the world for some multi-family housing.

called the appeal "frivolous" and a misuse of the appeal process to obstruct housing.

But according to city code, Complete Communities regulations don't apply to projects in designated historic districts. That makes the project illegal, opponents argued. The building itself, however, isn't among the 72 properties deemed to be part of the Ocean Beach Cottage Emerging District — a voluntary designation made by property owners, not the city. "It is within the Ocean Beach Community planning area, within the broad boundary of where eligible resources could be located — but it is not designated as part of the district," said Kelley Stanco, a deputy planning director who works on historic preservation.

Nor is the district on the state or national registers of historic resources. A staff report notes that the Ocean Beach Cottage district doesn't have a full intensive survey, and that "conversion of this district to a standard geographic district is not feasible."

City documents describe how Ocean Beach developed as a "seashore resort and vacation home area between 1887 and 1931, by which time it was a full trolley suburb of the city of San Diego."

Stanco said the cottage district is unique among all the historic districts in the city. It is "thematic," including only beach cottages built between 1887 and 1931 whose information is volunteered by the property owner.

"In thematic districts like this, resources are scattered throughout that area because of shared history, but there isn't a sense of place you are trying to protect," she said.

Commissioners weren't so sure of the distinction, and cited city code to vote in favor of the appeal. "I have a feeling that if this appeal continued on and it got to the courts, that's exactly what a judge is going to look at," said commissioner Ken Malbrough.

Commissioner Dennis Otsuji voiced concern "because there's been a few other projects like this that we felt were beneficial to the community, and then we found out it was challenged."

The Ocean Beach Community Planning Group voted in May to deny the project 8-1-0.

SHEILA PELL

green light flashed, the metal gate dropped, and the riders descended a 24-foot slope. They pedaled furiously through bumpy straightaways and navigated berm turns, tackling gnarly 180s, sharp 90s, and long sweeping curves. The course featured short hills followed by taller ones, and tabletop jumps perfect for catching air and showing off for the spectators. Parents and friends cheered wildly, aware that this was their final hurrah. As the sun set in the west, the stadium-style lights at 2800 Olympic Parkway were switched off—for good.

No one responded to my continued efforts to contact others online for more information. Speculation abounded.

Some suggested that a Walmart supercenter, multi-dweller units, or pickleball courts might replace the track where riders once trained for the Olympics — including Beijing in 2008 to the most recent games in Paris.

The comment section to the post was filled: "So many great memories that I will look back on forever," shared Cameron Stow



End of the off-road.

CHULA VISTA

What does end of Chula Vista's BMX mean?

Are Kearny Mesa and Lakeside next? Will modified bikes go off-road?

Hundreds of BMX riders and their families, from parents to grandparents, have been left wondering why Chula Vista BMX suddenly shut down just over two weeks ago. I reached out to the world-renowned BMX (bicycle motocross) track via Instagram but have not received a response. Before the shutdown, a post appeared on their 14,000-follower account: "My heart hurts to type this. Join us Aug. 24th for our final race at Chula Vista BMX. This place has changed lives, and we accomplished so much. Join us as we hit the track and have our final race!"

That Saturday, at 3:30 pm, groups of eight kids of all ages lined up at the gate. As the

on Instagram. "It wasn't just a track, but a family. Thank you for everything you and Kas put into that track and the community. The sport of BMX has forever changed because of you guys, Danny, the Abbes, and everyone who spent time on that track. Thank you for the memories: summer camp, nationals, Saturday night racing—all of it shaped my childhood in many ways, and I'm better because of it. I love that the legacy continues with San Diego BMX. Love you guys!" Many others echoed Stow's sentiments, sharing their fond memories and gratitude.

Since Chula Vista BMX is now closed, just two official BMX tracks remain in the county: San Diego BMX at 3170 Armstrong Street in Kearny Mesa and Cactus Park BMX in Lakeside. Vincent McCurdy, who has owned and run Cactus Park BMX since 1989, weighed in on the closure. "Chula Vista BMX closed

continued on page 3

NEIGHBORHOOD NEWS

Continued from page 2

because it was too big; rent cost too much, maintenance, everything cost too much," he explained. "That's what we're all running into. It's insane!" McCurdy added that his rent had increased from \$200 to \$2000 a month.

He also pointed out another issue: the Chula Vista track was too advanced for younger children. "Our rider base is between 5-11 years old," he noted. The Chula Vista track, built with Olympic funding and designed for Olympians and semi-professional athletes, was too challenging for younger riders. "They built three Olympic-style race tracks, and they're all gone now. There was an amateur track and two professional tracks," McCurdy added.

Bicycle Moto Cross (BMX) emerged in the early 1970s when young riders in San Diego and Southern California in general began racing their bicycles on dirt tracks, inspired by motocross racing. The sport



Early BMX enthusiasts were inspired by motocross racing.

quickly gained popularity among kids who sought the thrill of speed and the challenge of navigating jumps. During its heyday, San Diego County boasted more than five tracks, each buzzing on weekends.

continued on page 13

UNDER THE RADAR

Sports and taxes Torrents of political cash to support passage of the sales tax measure backed by San Diego mayor **Todd Gloria** and his fellow Democrats on the city council have begun pouring in from out of town special interests, including \$5000 on September 4 from an outfit called Accelerate Sports, Inc. of upscale Rancho Palos Verdes, California. "Accelerate Sports is a team of former college and professional athletes that take pride in their ability to negotiate and facilitate closings of win-win transactions for clients at the highest level of Sports and Business," says the company's website, suggesting a motive for boosting local taxes here. "For 2+ years, Accelerate Sports served as the investment bank and financial advisor to the ownership group responsible for bringing [a Major League Soccer] expansion team to San Diego. Accelerate worked on every aspect of the transaction including negotiations, business planning, financial modeling, Star Power investors, and strategic consulting. As a 50% partner with Mansour Group, Sycuan Band of Kumeyaay became the first Native American Tribe to own equity in a major league sports team. The team starts play in 2025."

And there may be other lucrative sports deals to be done with the city, enabled by a fresh pile of sale tax money. "With the opening of Snapdragon Stadium, San Diego's first new major stadium in over 50 years, as well as the proposal to redevelop the Sports Arena and Terminal 1 of the San Diego International Airport, the City's ability to host new events will grow," says a September 27, 2023 memo by City Budget Analyst **Charles Modica**. "To be competitive in the national and international landscape as well as generate Transient Occupancy Tax, sales tax, and create high-quality jobs for the local workforce, the City should support the creation and make an initial investment in a Global Sports Event Fund." Added a note from council Democrat **Raul Campillo**, "I propose that an earmarked fund be established in FY25 to support global sports events. Approximate Cost: \$2,000,000."

Another out of town donor to the sales tax hike is El Segundo's Way Capital, Inc., a big money real estate investment vehicle, which kicked in \$10,000 on September 3. On August 29, high-tech campus developer Alexandria Real Estate Equities of Pasadena gave the same. Yet another commercial sports related contribution arrived August 30 from **Brad Termini** and his Zephyr Investors, LLC, which came up with

\$10,000. In October, 2002, a Termini company, Midway Rising LLC, contributed \$650,000 to the city's Measure C campaign, which raised the building height limit in the Sports Arena district. The move cleared the way for a new sports arena and subsidized housing Termini sought to develop as part of a city redevelopment deal awarded to him after he gave \$100,000 to a campaign committee backing Todd Gloria.

In March of this year, while pleading poverty in their advocacy of a sales tax hike, the city council voted unanimously to devise a way to divert property tax revenue to subsidize Midway Rising. "This is not a new revenue stream, but property tax revenue that otherwise would go to the city's general fund," **Richard Eyre**, who works in the city's finance department, told council members," per a March 12 *Union-Tribune* account. "This project is not financially feasible without getting some of the infrastructure paid for," Termini told the paper.



Toni Atkins: always glad to see a friendly Faces.

Prying Faces Toni Atkins, the state Senate Democrat from San Diego, continues to raise cash for her 2026 gubernatorial bid against a crowded field. Latest to give is Myron (Terry) Sidie of Sacramento, owner of that city's Faces Nightclub, came up with \$25,000 on September 3, state records show. Five years ago, Faces was on a list of about 30 Sacramento drinking establishments using PatronScan, "a high-tech, coordinated way to exclude bad actors from the city's nightlife," the *Sacramento Bee* reported in a July, 2019 account. "But privacy experts worry that retaining thousands of unsuspecting customers'



Raul Campillo hopes the city will be a good sport about sports.

personal information is a gross invasion of privacy, and claim the company's digital blacklist actually threatens some of those same people's well-being." One critic was Assemblyman Democrat **Jim Cooper** of Elk Grove, the paper reported. Cooper "first ran into PatronScan at Coin-Op Game Room in late 2017, he said. A former undercover detective with a 30-year career in law enforcement, Cooper had just finished a two-year stint on the Assembly's Committee on Privacy and Consumer Protection. Cooper felt uncomfortable with having his ID scanned, he said. So uncomfortable that he authored AB 2769, which severely curbed what data PatronScan and similar companies could keep. Opposed by the city of Sacramento and PatronScan, it was nonetheless signed into law last September." The *Bee* wrote in January that "Sidie opened Faces, a two-story LGBTQ+ nightclub, in 1985 at 2000 K St. in the

continued on page 13

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LETTERS

We welcome letters pertaining to the contents of the Reader. Submit them at sdreader.com/letters or phone them in at 619-235-3000. Include your name and neighborhood. Letters may be edited for length and clarity.

SD as bad as LA?

The Reader sank to a new low publishing this piece of rot (“Less Lonely Out Here”, Cover Story, August 29, 2024). The self-described Chinese female chronic pain patient revealed herself to be not only a special pleader for a dysfunctional group, but also part of the problem for validating both anti-social and illegal behaviors.

Throughout her ‘home girl’ story, and her street buddy vignettes, she repetitively used the same words to make what are alarming, serious concerns for many of us sound “amusing”, “funny”, “hilarious”, and “epic.” I sus-

pect her intellectual development arrested in her teen years, as she writes much like an adolescent on social media.

She tried to normalize the abnormal with her warm and fuzzy stories of homeless people doing drugs on the trolley, a girl (who later looked she was going to cry — poor thing!) trying to pull on a mattress...but she achieved the exact opposite result. The author unwittingly provided an in-depth, up close, real life expose of why the homeless population in San Diego is continuing to grow and create a public health/safety crisis.

She also aptly covered why the MTS Trolley system will never be profitable and pay for itself, and why it will never be a viable or preferred transit option for those who can avoid it. I myself would be willing to endure the 50% increase in my transit time to and from work to ride the trolley from the South Bay to my workplace — if it were reasonably clean and safe. But the experience of riding the trolley is untenable.

Unlike East Coast elevated trains and trolleys, MTS does not use turnstiles. Passengers can freely enter the trolley at any stop, paying or scanning a prepaid card app. The MTS transit officers on the trolley approach only those of us who are obviously dressed for work (or maybe school) to ask us to show a fare scan. They will not make the homeless get off if they didn't pay, which of course they didn't. They will not even confront them (no doubt per mandate from MTS brass).

In the afternoon, the trolley cars are so crowded with homeless people and their wagons, shopping carts, and bikes that to even squeeze into a car is downright physically dangerous. The available space for paying passengers is more than cut in half, even for those of us who are more than willing to stand.

There is also the unbearable body stench that many of them carry on their person. It is literally enough to make you gag, vomit, even pass out. It is egregiously unsanitary

and unhealthy.

Then there's those mentally ill men who harass or fixate on lone female passengers, as has happened to me on more than one occasion. It's unnerving, unpleasant, even scary. And, I, too, have witnessed a non-paying (of course) passenger at the trolley platform who just “shot up.” This is not entertaining, heartwarming, normal, safe or acceptable.

The author of that slop piece article lives in an alternate universe, apparently. And if the SDSU students really thought that it was “cool” that other passengers were doing hard drugs on the trolley, I dare say a bachelor's degree may not help much.

Frankly, I doubt the veracity of that snippet, probably just her trying to make readers think that everyone else on the trolley is also as okay, as opposed to outraged, as she is with the appalling scenarios. I've been on the trolley where everyone riding with me looked just as wary, unrelaxed and uncomfortable as I felt with deranged homeless aboard.

While it is true that some of them don't smell like they haven't bathed in a month, and many don't harass other passengers, the writer chose to tell folksy tales of those who behave with vile manners and with no regard for the sensibilities or rights of other, paying riders.

Heaven forbid a frail elderly person who cannot drive has to use the trolley for a medical appointment, or a young mother without a car has to board with little children. This woman's tawdry stories of people my mother would have called “ne'er-do-wells,” without intending to do so, helped make San Diego look as bad as LA and Oakland — just another blue city shithole.

Laurie K
East Chula Vista Otay Ranch

Where can they go?

I would like to ask outreach worker Miss Angelica Davis (“National City and Chula Vista ready to enforce camping bans”, Neighborhood News, August 27, 2024) if,

should she have absolutely nowhere else to go, the notion of sleeping next to unsocialized street dogs and active drug users would appeal to her. Would she be willing?

The homeless epidemic is not due to the poor attitudes of the ungrateful unhoused. And Chula brags about 56 less unhoused in a year? Mind if we see the data for that? Because I bet they aren't living comfortably in stable housing. Seems the cities regularly round up, oh, about 56 people at a time and drop them somewhere else.

Hey Angelica, where CAN someone go if they “aren't willing” to risk their safety to make your numbers more convenient?

Kimmy J
Ramona

Comments from SDReader.com — *not edited for punctuation, spelling, or grammar.*

Jig Strike goes down near Cortez Bank - Could it have been a 'dreaded deadhead'?

Fishing Report, Sept. 1, 2024

I always run my sonar point forward to pick up on these dead heads so this will never happen on my charter boats.

-Captain Brag

San Diego City Hall is the Beverly Hills of encampments

Cover Stories, Aug. 28, 2024

I have second hand embarrassment for the author of this trash piece. It's filled with contradictions and zero flow in her thought process. I think the “homeless” that she's so enthralled with could've wrote a more informative piece.

Second-hand trash

Toxic waste dumped in Mission Bay 1952-59

Cover Stories, July 20, 2000

Wow that's pretty disturbing. Great article. I know people who like to paddle board leaving from the far end of the Seaworld parking lot. Sounds like they might be paddling right through where the water is toxic?

-Radioactive paddler

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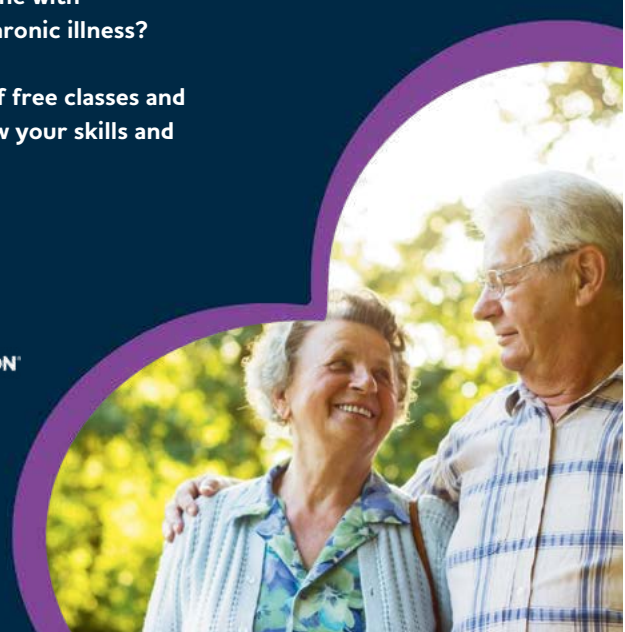
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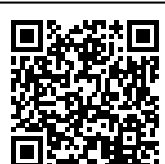
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PHOTOGRAPH BY FIRST ED SLOANE

Caitlin Simmers, Oceanside's pride and joy, is the #1 ranked women's surfer in the world.

Last run at Lower Trestles?

The best surfers in the world, including ten Olympians, competed at Lower Trestles on Sept. 6 in the Lexus World Surf League Finals, a one-day contest just north of San Onofre that decided the 2024 men's and women's 2024 world champion.

"The Lexus WSL Finals is the most special day of the year for surfing. Fans can expect stunning performances from the world's best

went on, some head-high and even bigger sets lined up, and the surfers were able to capitalized on them.

In only her second season as a pro, 18-year-old Oceanside resident Caitlin Simmers became the youngest surfer in the history of the sport to earn the title of world champion. In the men's division, Hawaiian John John Florence won his third world title.

It wasn't a good day for the Aussies. Ethan

"This whole year has been crazy, and the fact that it could come down to like, an hour and a half of surfing is wild."

surfers, all pushing the limits of what's possible," said a WSL spokesperson. "Every single heat impacts who will become the world champion, and there's nothing like the excitement and emotional experience at the water's edge."

After this year's contest, the WSL will take a hiatus from holding Finals Day at Lower Trestles for the foreseeable future. Who knows the next chance San Diegans will have to see the best surfers in the world up close? The spokesperson said the 2025 WSL Finals location will be held at Cloud-break in Fiji, and the 2026 location has yet to be decided.

While San Diego and San Clemente surfers have always considered Lower Trestles a high-performance wave, some pros feel it has drawbacks, including not being big and hollow enough for the best surfers in the world, or what the WSL likes to call "waves of consequence." This may partly explain why Finals Day is being moved.

The conditions throughout the day of these perhaps final finals were remarkably smooth and glassy, and the wind was kept at bay. In the morning, the waves were mostly waist high but as the day

Ewing and Jack Robinson, fourth and third seed, respectively, were eliminated by fifth seed Italo Ferreira. Part of the Brazilian Storm that has revolutionized what was once regarded as an Anglo sport, the 2020 Olympian capitalizes on his jittery energy, using it to fly high above the wave and pull off skateboard-inspired maneuvers. On the women's side, fourth seed Australian Molly

Picklum was taken out by fifth seed Brazilian Tatiana Weston Webb, also of Brazil. Tatiana, a silver medalist at the Paris Olympics, next eliminated Costa Rica's Brisa Hennessy.

But the higher-seed Americans were lying in wait. It started with second seed Caroline Marks, not long removed from winning the gold for Team USA in the 2024 Paris Games, who stopped Tatiana in her tracks in the third match in a close contest.

On the men's side, it was time for Italo to take on San Clemente's hometown boy, Griffin Colapinto. Colapinto is big into meditation, has tons of positive energy, and does some of the best above-the-wave surfing you're going to see anywhere. There were high expectations for the Olympian going into last year's Finals Day at Lower Trestles, with actor-surfer Matthew McConaughey endorsing him in a motivational video bordering on corny that was posted on Instagram. But Italo defeated the local by a razor-thin margin, 1447 to 1433. (If the contest were held in Brazil and the outcome were reversed? Guaranteed riots.)

That meant Italo would face first seed John John Florence in the best of three to determine the men's world champion. If the high-energy Brazilian could win the contest, he would be the comeback player of the year, after dropping to 13 in the rankings last year and barely sneaking into the top five this year.

The stakes were even higher for John John. The blond, curly haired waterman does his best surfing in big waves, where he can do his patented explosive layback hacks, and during the 2024 season, he won one contest and earned three second-place finishes, accumulating 49,530 points over nine contests. But he hadn't won a world title in seven years after winning two early in his career. He has been sidelined by injuries often, and also, some allege, by a lack of competitive drive. A win at Lower Trestles could put to rest speculation that this might be his last year on tour; a third title would also put the Hawaiian up there with the all-time greats.

In the end, John John needed only two matches to dispose of Italo and claim his third world title.

Caitlin Simmers and Caroline Marks, meanwhile, required three matches to decide the women's world champion. Marks won the first match but Simmers, Oceanside's reserved and quirky-cool hero, ensured that the second and third matches weren't even close.

"I have so many beautiful people that are supporting me," Simmers said to the crowd after receiving her trophy. "And really, that's who this is for, and a little bit for me too," she said, smiling.

"This whole year has been crazy, and the fact that it could come down to like, an hour and a half of surfing is wild."

Since Simmers undersells practically



PHOTOGRAPH BY AARON HUGHES

Men's champion John John Florence does his best surfing in big waves.

everything she does, it's worth taking a moment to reflect on her rapid ascent. As a 17-year-old rookie in 2023, she finished fourth in the world. She alternates between drawing smooth lines and making explosive turns combined with skateboard-inspired, above-the-wave maneuvers. Based on her performance in nine contests this year, the 5'2" surfer was the #1-ranked women's surfer in the world. And then last week she defended that spot on finals day, facing Caroline Marks, one of the most consistent women's surfers in the world — she practically never falls off her board — who was last year's world champion and who many expected to win again this year. In addition to winning at Lowers, Simmers won three others contests during the nine-contest season, including at Bells Beach, Australia, the longest-running surf contest in the history of the sport and at Pipeline on the North Shore of Hawaii, one of the most feared spots in the world, which was, not that long ago, not surfed by women. ■



PHOTOGRAPH BY THIAGO DIZ

Last year's winners at the WSL finals, Felipe Toledo and Caroline Marks.

An aerial photograph of San Diego, California, showing the city's urban landscape, the San Diego Bay, and the San Diego-Coronado Bridge. The text is overlaid on the image.

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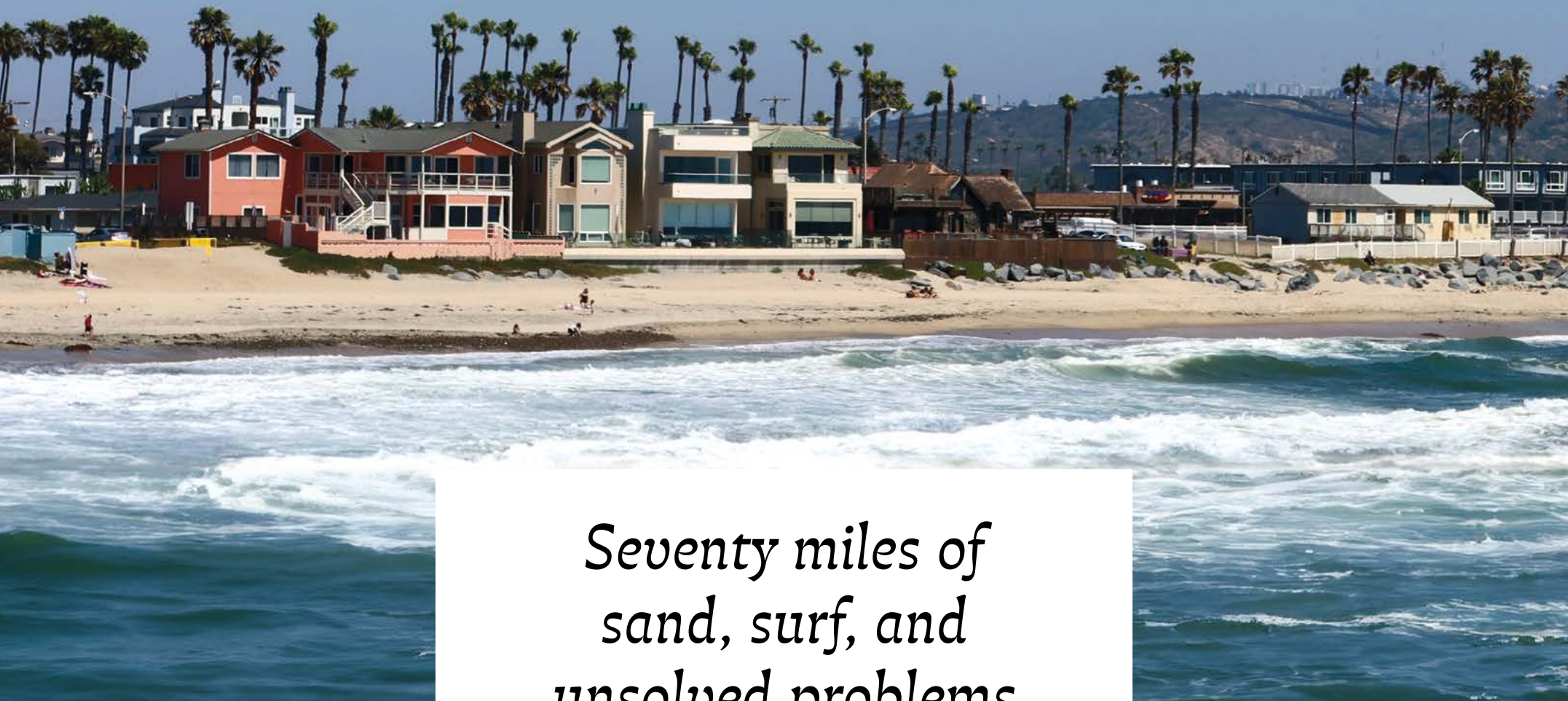
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Bad Beaches



Seventy miles of sand, surf, and unsolved problems

San Diego County's oceanfront beaches have long been showered with praise by everyone from local tourism officials and travel writers to hotels, travel agencies, and even universities. Platitudes about our "70 miles of glorious coastline" (San Diego Tourism Authority) and "70+ miles of sparkling coastline" (San Diego Convention Center) abound. The Town and Country Resort's website brags about San Diego's "more than 70 miles of breathtaking beaches," while both The Dana and the University of San Diego talk up San Diego's "70 miles of pristine beaches." *Trafalgar Travel* rhapsodizes, "San Diego's beaches are world famous. Golden sand and warm waters are enjoyed by people and wildlife alike — with seals and sea

lions often spotted laying by the shore."

Even respected travel publication *Conde Nast Traveler* says, "You'll find some of the state's best beaches in San Diego. It's got perfect temperatures throughout most of the year, which means a sun- and-sea-filled trip doesn't have to wait until summer. And with 70 miles of coastline, San Diego has many beach options that range in size, accessibility, and offerings, which means there's a stretch of sand to suit

The trouble starts way down south, just north of the Mexican border.

all personalities and types of travelers. You can head up north to find wide sand beaches in Oceanside and less-crowded spots with wilder waves in Carlsbad and Encinitas, or venture south to Mission Beach or Coronado to enjoy calm waters with a festive amusement park or a historic hotel as a backdrop."

And yet the cold, hard truth is that San Diego's glorious, sparkling, breathtaking, pristine, and world-famous beaches are in trouble — their magnificence threatened by persistent sewage spills in the south to erosion in the north, and everything from falling cliffs, shark attacks, a pinniped turf war and crumbling piers and sea walls in between.

Dirty Water

The trouble starts way down south, just north of the Mexican border. The wide, sandy stretch of sand in the city of Imperial Beach has been dogged by sewage spills from the Tijuana River for as long as I can remember. Back in 1980, then-Mayor Brian Bilbray made international headlines when he manned a bulldozer and tried to build a damn to block sewage from spilling into the ocean, where currents carry the effluence — laden with heavy metals, toxic chemicals and bacteria including *E. coli* — toward the north.

This sort of pollution has been a problem since the 1930s, but has steadily worsened as the area's population has mushroomed, overwhelming a pair of wastewater treatment plants on either side of the border — particularly during periods of heavy rains, which lead to flooding. A CBS 60 Minutes report last March noted that over the last five years, more than 100 billion gallons of untreated sewage have flowed through the Tijuana River and into the Pacific Ocean, leading to an unprecedented 700 consecutive days of beach closures for Imperial Beach.

The good news is that the Mexican government is now in the process of

replacing the broken Punta Bandera Treatment Plant at the San Antonio de los Buenos Creek, while on the U.S. side, Congress is providing funding for short-term repairs to the South Bay International Wastewater Treatment Plant. But long-term solutions, which include more plant improvements and expansions as well as river diversion projects on the U.S. side, depend on millions of dollars in additional funding and faster approval processes by the federal government.

In June, a coalition of South Bay leaders urged the state of California to declare a state of emergency over the sewage crisis. At a news conference, Imperial Beach Mayor Paloma Aguirre said the goal in seeking the state of emergency declaration is “to accelerate the diversion and treatment of the Tijuana River, the primary source of pollution to our south San Diego communities. This project has not undergone environmental review, nor has it received any funding appropriated by Congress. Without a state of emergency, we are five to ten years out before we see relief. The funding for the treatment plant was a step in the right direction, but it doesn't solve our core source of pollution.”

Bilbray, who after two terms as Imperial Beach mayor served on the county Board of Supervisors and in the U.S. Congress, says he is beyond frustrated that sewage continues to spill into the ocean waters of his hometown. “We are ready to go to war over the stupidity that has reached criminality,” he says. “My grandchildren will never be able to surf at their own beach in

their childhood.” Indeed, in July Channel 10 News reported that the Imperial Beach YMCA had to move its surf camp to Mission Beach, at a bus-ing cost of \$100,000.

Over the last few years, contamination has spread even further north, impacting the Silver Strand and even the tony seaside town of Coronado, where between June 3, 2023 and June 3, 2024 beaches were closed for 169 days because of high bacteria levels. Ironically, Coronado Beach was ranked No. 5 on *USA Today's* 2024 list of the Golden State's top 10 beaches. It was also named one of the 10 best U.S. beaches in Dr. Beach's annual list for 2024, in which Dr. Beach — aka Steven Leatherman, a noted coastal ecologist and author — described Coronado Beach as “the toast of Southern California.”

Mr. Sandman

Up north in Oceanside, on the opposite end of the county, the once wide, sandy beaches along the city's 3.7-mile oceanfront



Rachel Ann Henderson

APRIL 13, 1947 -
AUGUST 23, 2024

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coastline are disappearing. Even 20 years ago, it was possible to walk or jog along the beach from the mouth of the Buena Vista Lagoon, between Carlsbad and Oceanside, all the way north to the Oceanside Pier, a distance of just under three miles. Today, that same stretch of beach is impassable except at very low tide.

The problem began with the 1942 construction of the Camp Pendleton Boat Basin and was compounded by the development of the Oceanside Recreation and Small Craft Harbor in 1963. The large jetty that protects the two harbors, which share an entrance to the ocean, creates a barrier that blocks the sand that would naturally be carried south by ocean currents. Additionally, with the two harbors being built in the mouth of the Santa Margarita River, its estuaries, and coastal dunes, natural sediment sources have been removed, severely limiting the ability of Oceanside's coast to naturally build back beaches. A second natural source of sand, from the San Luis Rey River, has dwindled due to construction along

the riverbanks for flood control and the damming of tributaries. And the protection of coastal bluffs with large rocks has restricted the natural addition of sandstone.

“What Oceanside is currently experiencing is a myriad of coastal management issues that are compounding on one another,” said Jayme Timberlake, coastal zone administrator for the city of Oceanside. “With natural sediment sources being cut out of the equation and coastal development within the city extending westward of the natural shoreline, there is a need to more consistently and aggressively manage the coastline and its beaches. The wide sandy beaches that were experienced in Oceanside over the past 70 years are largely the result of large sand placement efforts done from 1945 to 1990, and not the result of natural beach building. Essentially, the construction of the two harbors and the levees in the San Luis Rey River all yielded millions of cubic yards of sand that needed to be disposed. Oceanside was the receiver of these disposal materials for many decades, but since



The large jetty that protects the two harbors in Oceanside, which share an entrance to the ocean, creates a barrier that blocks the sand that would naturally be carried south by ocean currents.

the construction of these elements, there have only been sporadic sand nourishment projects.”

Climate change and rising sea levels are also having an impact, with the end result being that Oceanside's beaches are a fractional sliver of what they once were, despite periodic sand replenishment efforts. It's reached the point where, two years ago, the city of Oceanside created the position of Coastal Zone Administrator, charged with “restoring shore-

line resilience,” according to advocacy group Save Oceanside Sand's website. Then, this past January, the Oceanside City Council approved an aggressive sand replenishment and retention project that calls for the pumping of nearly 1 million cubic yards of sand from the ocean floor onto the beach and building two artificial reefs, or offshore “speed bumps,” to help sustain the shoreline for longer. “So what we're proposing now is to get back on track with more consistent sediment management, but doing it in an efficient and responsible way,” Timberlake said.

Work is expected to start in early 2026, provided the city wins approval from the California Coastal Commission and various other government regulatory agencies and comes up enough money to cover the project's cost, which could be as high as \$50 million. The city estimates that construction funds could come from myriad sources, including federal or state grants or local taxes such as modest increases in sales or tran-

sient occupancy taxes.

But Chuck Lowery, a former Oceanside deputy mayor and longtime civic leader, isn't convinced of the project's future success. “We will pay millions of dollars to save our sand, but it will all wash away with time,” he says. “The only realistic approach is to realize we can't stop sea level rise and behave intelligently. One workable solution is called ‘managed retreat,’ which moves development away from the immediate coast and puts distance between where we build along existing waterways. The city paid for an expensive study when I was on the City Council from 2014 to 2018. It shows that as sea level rises, the entire harbor will go underwater, and the San Luis Rey River will flow inland and flood areas on both sides. The timeline is coming, but we're still building right on the ocean and along the river.”

Calling your bluff

Another coastal North County town, Encinitas, has six miles of ocean-front beaches that are

mostly below towering sandstone bluffs. These bluffs have been known to collapse. In August 2019, three women — Julie Davis, 65; her daughter, 35-year-old Anne Clave; and her 62 year-old sister, Elizabeth Charles — set up their beach towels beneath the bluffs at Grandview Surf Beach to celebrate Charles' recovery from breast cancer. Other family members were also on hand, but the celebration turned tragic when a 30-foot chunk of classic rock broke loose and fell onto the beach, killing the three women.

In March 2023, another bluff, this one a few miles south off the 2000 block of South Coast Highway, collapsed onto the beach amid a heavy rainstorm. Dozens of firefighters arrived on the scene and, fearing the worst, requested cadaver dogs, although first responders quickly determined that the beach had been empty. And last May, popular Beacon's Beach in the north Encinitas community of Leucadia reopened after a four-month closure that had been prompted by a landslide near a cliffside access trail.

The bluffs that tower over Encinitas beaches, particularly in the northern part of town in what prior to incorporation was known as Leucadia, are pockmarked by seawalls and private staircases that lead up to the opulent private homes perched on top. Over the years, homeowners have warred with the California Coastal Commission over restrictive permits, arguing they should have the right to protect their properties, while critics, including the Surfrider Foundation, advocate natural dynamic coastal erosion processes, and

PHOTOGRAPH BY THOMAS K. ARNOLD

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PHOTOGRAPH COURTESY CALIFORNIA STATE UNIVERSITY LONG BEACH

San Diego County beachgoers are increasingly sharing with a relatively recent new visitor: the Great White Shark. Dr. Christopher Lowe says “We assume they’ve always used these beaches, which means we’re actually the guests. We’re just seeing sharks get repopulated.”

that could be used for this purpose. And it would be in the tens of billions of dollars.”

Jaws

The beaches from Torrey Pines north through Del Mar and into Solana Beach are among the nicest in the county. The water temperature tends to be higher, due to the shallow surf, and the beaches cleaner, since they are mostly situated either inside a state park or behind wealthy residential enclaves — rather than alongside busy streets, as they are further south, in Pacific, Mission and Ocean Beach, and to the north, in Carlsbad and Oceanside. But beachgoers are increasingly sharing those warm waters with a relatively recent new visitor: the Great White Shark. Shark experts say the approximately 10-mile stretch of beach since about 2019 has become a popular nursery for juvenile Great Whites, with plenty of food — including sting-rays and other fish — in a relatively calm spot.

“That’s technically their home,” says Dr. Christopher Lowe, who heads the Shark Lab at California State University at Long Beach. “These sharks tend to move around. For a while, the population was down, and now it’s going back up. We assume they’ve always used these beaches, which means we’re actually the guests. We’re just seeing sharks get repopulated.”

The influx of baby Great Whites has become something of a novelty, similar to the popular pastime of snorkeling among tiny leopard sharks in La Jolla, Lowe notes. In December 2023, national newspaper *USA Today* even ran a story headlined, “Great white

sharks appear in waves at popular San Diego beach,” noting that shark watching has become popular among hikers making their way up the trails at Torrey Pines State Park. “I think what’s happening now is that we’re starting to look at Great Whites in kind of the same way that we look at leopard sharks,” he says. “But the problem is Great Whites are not like leopard sharks — they’re not just in there trying to get warm. They are predators on leopard sharks and other fish.”

In June, a 46-year-old swimmer was bitten by a shark off Del Mar, suffering “significant injuries,” according to an article in the *San Diego Union-Tribune*. The man was swimming about 100 yards offshore from the main lifeguard tower at 17th Street with about a dozen other swimmers

who routinely meet there in the morning. The victim suffered bites to his torso and left arm and hand. DNA taken from the bite marks on his wet-suit identify the shark as a Great White.

Shark attacks are rare, but this was not the first one in the ocean waters off San Diego’s ocean beaches. In April 2020, a surfer suffered minor injuries when he was attacked by a shark near Moonlight Beach in Encinitas in the late afternoon. In September 2018, a 13-year-old boy was nearly killed by a 12-foot Great White Shark while diving for lobsters off Beacon’s Beach in Encinitas. And in April 2008, a large Great White Shark bit a 66-year-old man as he swam in the ocean off Solana Beach with a group of fellow triathletes. The shark bit the man around the legs and

torso, resulting in massive blood loss, causing him to bleed to death. David Martin, a retired veterinarian who had lived in Solana Beach for most of his life, had been swimming about 150 yards offshore about a half mile north of Fletcher Cove.

Even so, Lowe insists there’s no cause to panic. “Based on a drone study we did, there are white sharks around people every single day, and people aren’t getting bitten every day,” he says. “We might see a shark bite at this location once every two years, but we have to look at how many people are using those beaches in that same period — hundreds of thousands, maybe a million. Accidents happen, and we have to put those things in perspective.”

The Wall

The three-mile stretch

say seawalls interfere with those natural processes and threaten the existence of sandy beaches.

“The shape of our shoreline is ultimately crafted by Mother Nature,” says Encinitas Mayor Tony Kranz, a longtime Encinitas resident. “For centuries, we humans have been contributing to the work she’s doing -- both by paving paradise and building seawalls -- but any attempt to stop erosion is futile. The toe of the bluffs gets pounded by high tides, which removes the natural support for the bluffs above and huge chunks eventually fall, sometimes with disastrous consequences. “Our struggle to maintain beach access is very challenging. Whether it is the repairs needed to keep staircases down the bluff faces open, or mechanically covering

the cobblestone with imported sand, the cost is significant and continues to grow. Cities up and down the coast face the same battle, and sometimes solutions are proposed that impede natural sand migration that is important for keeping our beaches usable.”

As for the “managed retreat” concept Lowery encourages for Oceanside, Kranz says, “The notion of ‘managed retreat’ isn’t something that will happen one city at a time. The cost of acquiring private property in order to implement such a thing is way too high for any one city to absorb. And while some property owners I know along the coast might be willing to consider selling their land, many are not. But the conversation will not get started until someone identifies the resources



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of beach between the Mission Beach jetty on the south and Palisades Park on the north is ground zero for San Diego's hippest and hottest. During the summer months, the boardwalk that runs alongside the beach is abuzz with bikinis on wheels — bikes, skateboards, roller blades — while the beach itself is a popular gathering spot for teens, families and tourists. But except for a 0.3-mile section that was rebuilt in 2015-2016, the seawall that separates the boardwalk from the beach is falling apart.

The Mission Beach Town Council has been complaining about the deteriorating structure, originally built in 1925, for years. In January, the council issued a plaintive plea on its Instagram social media page, urging residents to lobby the

San Diego City Council to make the needed repairs. "We need your help!" the post read. "The seawall in Mission Beach has been in need of repairs/replacement for many years. Following the January 2023 storms the need for immediate repairs increased dramatically and after this year's king tides the need for repairs has become severe. There is virtually no area of the seawall that is not cracking and crumbling with the exception of the new wall between Ventura Place and San Gabriel Place.

"Since June 2023, only one eight-foot section of the seawall has been repaired. It is understood that repairs are a band-aid but without repairs the seawall is deteriorating at a rapid pace. Cracks allow moisture into the wall which swells rebar creating more crumbling.

The longer repairs are put off, the more expensive they will be. In order to get the attention of our city representatives and encourage them to act on this huge problem in our community, we are requesting that anyone with photos of damage to our local Mission Beach seawall please submit your photos to Seamus Kennedy with City Council Member Dr. Campbell's office at office at skennedy@sandiego.gov."

Larry Webb, vice president of the Mission Beach Town Council, says the goal of the January social media campaign was to get the city to repair damage caused by the 2023 storms. That summer, the City Council had approved \$750,000 in seawall repairs in its annual budget, but nothing was done. After the Mission Beach Town Council's social media push,



PHOTOGRAPH BY THOMAS K. ARNOLD

The Mission Beach Town Council has been complaining about the deteriorating seawall, originally built in 1925, for years.

more storms caused further damage. "The city in May came out and did some patching in areas where rebar was exposed across the top of the wall," Webb says, "but that was it. It still needs a tremendous amount of work — there are areas that just continue to crumble." The long-term solution, Webb says, is a complete replacement.

Seamus Kennedy, senior policy advisor for Councilmember Jennifer Campbell, told the *Reader*, "Two strategies

are planned for the seawall. The short-term repair work is under design currently, and a long-term replacement of the seawall is under environmental review currently."

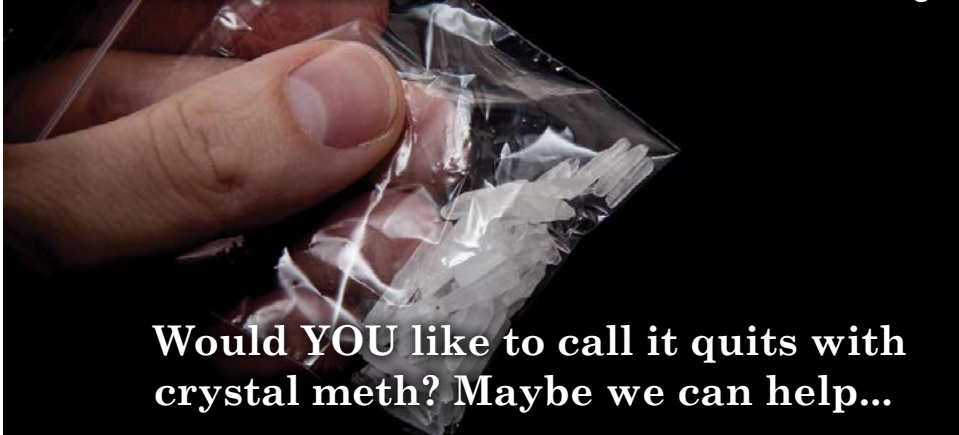
Take a long walk...

Ocean Beach's star attraction, the Ocean Beach Municipal Fishing Pier, is falling down. As we noted in an earlier *Reader* story, the pier — at 1971 feet, the longest concrete pier in the world — was improperly built back in the middle '60s. There were numerous engineering

and construction mistakes, including an incorrect assumption about wave crest height that resulted in the pier being built too low, causing it to be continually pounded by destructive waves. Factor in the increasingly intense winter storms and you've got the proverbial recipe for disaster.

The latest: The city of San Diego has decided that no amount of renovation or rebuilding can save the pier and is looking at spending close to \$200 million to build a new pier in its place. In

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the meantime, the entire structure has been closed to the public and a demolition notice has been posted on the locked entrance gate.

Turf wars

It's old news that harbor seals have taken over Children's Pool, the little protected beach in La Jolla created by the 1931 construction of a concrete breakwater. The project was financed by local philanthropist Ellen Browning Scripps, who wanted to create a spot for children to swim and play in the water that was protected from the surf.

Harbor seals began arriving at Children's Pool in the mid-1990s, prompting the San Diego City Council to declare the area a Marine Mammal Reserve. In 1997, Children's Pool was closed for swimming because of high fecal coliform counts caused by seal excrement. A protracted debate, complete with legal challenges, pitted those who wanted to save the pool for kids against those who wanted to preserve the seal colony. Ultimately, the seals won. Children's Pool is now off limits to humans during pupping season, which runs from mid-December through mid-May. Swimming is allowed during the summer, but few venture into the water because of the seal poop.

But over the years, the seal population has grown so big that the pinnipeds have begun showing up at other nearby beaches, along with their larger cousins, the sea lions. Last year, the city of San Diego roped off Point La Jolla, which has become a sea lion pupping area, and the adjacent Boomer Beach. Around the same time, videos surfaced on

YouTube that showed seals and sea lions chasing beachgoers at La Jolla Cove, the treasured beach surrounded by cliffs that is popular with swimmers, snorkelers and scuba divers.

Bob Evans, president of La Jolla Parks and Beaches, a nonprofit advisory group to the city, wants La Jolla Cove to be preserved for humans, noting that the pinnipeds already have several other nearby beaches. "For the most part, the sea lions do their own thing, while beachgoers, swimmers, divers, and snorkelers enjoy their recreation," he says. "However, with tourists and visitors now crowding the stairs and beach and getting too close to the sea lions, many people — everyone on social media is a wildlife expert! — and animal groups are concerned and want to rope off or close access to the beach entirely to everyone. Thus, there's a strong concern by many in the community of a partial or full beach closure at the very popular and unique Cove beach, as what's already happened at Children's Pool and Point La Jolla/Boomer. Of particular greater concern for many of us is the negative environmental impact of these pinnipeds' presence. With this non-native and growing population of 300+ mammals at 200-800 pounds each, that's a LOT of eating and pooping! The odor in and around the park can be overwhelming, the tidepools have been decimated, the beach routinely tests at unsafe levels of fecal contamination, and the rest of the marine animals in the State Marine Reserve (which borders the Cove) are surely getting devoured."

—Thomas K. Arnold

Under the radar

continued from page 3

heart of Lavender Heights. He tried to sell the business for \$2.75 million last year as he inched toward a planned retirement, but that posting has since been taken down with no sale made." He has since bought 2107 L St., the paper said, "formerly home to longtime midtown Sacramento bar The Distillery and the more contemporary Costanza's."

Another recent Atkins donor is Fresno-based Mid Valley Waste Disposal, with \$5000 on August 28. Last October, Mid Valley Waste surfaced in an ethics complaint against Fresno city councilman Miguel Arias. "The complaint claims Arias accepted a ride on a private jet from Las Vegas to Fresno from the owner of Mid Valley Waste Disposal and did not report the value of that flight to city officials or the [California Fair Political Practices Commission]," reported ABC 30 Action News. "It also alleges the value exceeded the allowable gift limit for an elected official. It goes on to say Mid Valley Waste had a contract extension on the council's agenda in September and Arias did not recuse himself from participating or interfering with that item despite the conflict of interest." Arias denied any wrongdoing, and Mid Valley owner **Joseph Kalpakoff** issued a statement. "Mid-Valley Disposal has, at all times, acted in firm compliance with California law. While Councilmember Arias undertook transportation from our company, it was always our understanding with Councilman Arias that we would bill him for the cost of this Transportation and that he would reimburse the cost. We timely sought reimbursement for his expenses and, after receiving the bill, Councilman Arias responded with payment. Further, in contradiction to the complaint, Councilmember Arias did not participate in the Fresno City Council's Sept. 14 decision to amend our franchise agreement."

— Matt Potter (@sdmattpotter)

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NEIGHBORHOOD NEWS

Continued from page 3

Jerry Lynn, one of San Diego's original BMX riders, and his buddies were featured in a 1975 San Diego County Bicycle Motocross booklet. "For most children, organized BMX racing isn't accessible," Lynn explained. "There are simply not enough tracks. As an avid skateboarder in the late '70s, I remember constantly hunting down dry swimming pools across San Diego. Back then, only a handful of us could even skate in swimming pools."

Uncle Jay, another skateboarder and BMX rider from the Critical Mass group — a collective known for its massive bike rides that often blocked traffic across San Diego County — shared his concerns. "Man, without accessible BMX tracks, kids are going to find places to ride and do crazy stuff they see on YouTube, with no supervision," he warned. "That's dangerous, because



If tracks shut down, will kids start doing dangerous jumps elsewhere?

during Critical Mass gatherings downtown. "We were crazy, just chasing that adrenaline. The thing is, when legit tracks are torn down, kids follow other kids who do dumb stuff. Ask

road two to three times a week, taking every opportunity to throw big-air off jumps with an occasional 80- to 100-mile road ride," he said. "It's been a lifelong journey racing BMX,

"It wasn't just a track, but a family. Thank you for everything you put into that track and the community. The sport of BMX has forever changed because of you guys."

some of these pro cyclists will jump hundreds of feet." Uncle Jay recounted how he and his BMX buddies would bunny hop onto Porsches and Corvettes

anyone — we BMXers led the pack in Critical Mass."

Lynn, now 66, continues to ride his BMX bike solo. "I still enjoy riding my bicycles off-

road, cyclocross, and now gravel. And it all started in SoCal with a few boys on modified Schwinn Sting-Rays and a dirt lot."

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Your Week

AND WELCOME TO IT

Friday | 13

FRIDAY THE 13TH

Kick off the start of spooky season at the Davis-Horton House of the Gaslamp Museum with a night of spirited cocktails, candlelit views of the museum, fortune telling,

ups, investors, government organizations, and media. Engage with Chancellor Pradeep Khosla of UC San Diego and White House Advisor Randi Levin. Interact through panels and discussions.

WHEN: Saturday, September 14, 8 am to 6 pm

WHERE: UC San Diego Park & Market, 1100 Market Street, East Village. iit-socal.org/aiconference2024



ghost hunting equipment demos, and a *momento mori* photo booth.

WHEN: Friday, September 13, 7 pm to 9 pm

WHERE: Gaslamp Museum at the Davis-Horton House, 410 Island Avenue, Downtown. gaslampfoundation.org

Saturday | 14

AI & US: TODAY, TOMORROW & BEYOND

Discover the latest applications, the state of generative AI, and best practices shaping the future of artificial intelligence. Enjoy dedicated content and networking for business leaders from leading enterprises, AI start-

ups, investors, government organizations, and media. Engage with Chancellor Pradeep Khosla of UC San Diego and White House Advisor Randi Levin. Interact through panels and discussions.

WHEN: Saturday, September 14, 2 pm to 4 pm
WHERE: Julian Town Hall, 2129 Main Street, Julian. storytellersofsandiego.org

BENEATH THE APPLE TREE: STORYTELLING CONCERT

The Storytellers of San Diego have brought the art of storytelling to children and adults in San Diego

County for over 40 years. Their goal is to provide opportunities for participation in storytelling through classes, workshops, story swaps, concerts, and storytelling festivals. Delve into symbolic tales of apples, apple trees, and the pies they inspire. Suggested audience is 12 and up. Admission is free, donations accepted.

WHEN: Saturday, September 14, 2 pm to 4 pm

WHERE: Julian Town Hall, 2129 Main Street, Julian. storytellersofsandiego.org



Sunday | 15

RANCHO BERNARDO ALIVE STREET FAIR

Browse over 300 booths featuring arts and crafts, and gain information from local businesses, service clubs, and religious organizations. 35,000 expected visitors will enjoy rides, games, a classic car show, and carnival foods. The Cultural Center will perform historical reenactments, and local organizations will share their art, culture, history, or handiwork. New this year is the craft beer garden, showcasing local brews, and

the home-brew competition.

WHEN: Sunday, September 15, 12 pm to 6 pm

WHERE: Bernardo Center Drive between Lomica



SUNDAY, SEPTEMBER 15: RANCHO BERNARDO ALIVE STREET FAIR

Drive and Bernardo Plaza Court. sdbusinesschamber.com

BABY BUSHKA

The magic and music of Kate Bush is brought to you by this 8-women powerhouse ensemble from San Diego, California who perform a 'wonderfully bewitching' operatic pop night of exhilarating music bursting with wit, creativity and humour. This powerhouse troupe delivers "other-worldly versions" of your favourite Bush songs "from the ethereal to the bombastic and back again." Filled with four-part harmonies and epic choreographed dancing, Baby Bushka captures the wonder of Baroque Pop and beauty of '80s glam into a night of virtuoso musical creativity you have to experience to believe.

WHEN: Sunday, September 15, 8 pm

WHERE: Music Box, 1337 India Street, Little Italy. musicboxsd.com



BABY BUSHKA



PRADEEP KHOSLA AND RANDI LEVIN

HOW TO SEND US YOUR LISTING: *Have an event? We want it! Festivals, lectures, sporting events (including surfing, kayaking, and sailing), Meetups, conventions, book signings, art gallery openings, conferences, dance performances, expos, poetry readings, classes & workshops — all are welcome. You can submit an event at sreader.com/events/submit.*

ART

Art History Lecture Golden Age of Dutch Art by Linda Blair Thursday, September 12, 7:30pm; \$16-\$21. Athenaeum Music and Arts Library, 1008 Wall Street. (LA JOLLA)

Artist Talk: Roman de Salvo Roman de Salvo, in conjunction with the opening of his show on September 15th at Two Rooms gallery in Bird Rock, will share a presentation on this show and how it connects to his career, process, and 2019 mural for Murals of La Jolla, McCairn. Wednesday, September 18, 6:30pm; \$5-\$20. Athenaeum Music and Arts Library, 1008 Wall Street. (LA JOLLA)

Change the F*ing Channel Opening Reception** New paintings by celebrated pop surrealist Brady Willmott with live music, drinks available for purchase (21+) and the artist in attendance. Saturday, September 14, 6am; **free**. Distinction Gallery, 317 E. Grand Avenue. (ESCONDIDO)

ENVZN Urban Art Takeover ENVZN24 Urban Art Takeover is a one-of-a-kind visual & performing arts festival that will transform urban areas of the Commercial Street corridor in Logan Heights with multi-sensory art interventions by creatives from both sides of the U.S./Mexico border. Saturday, September 14, 2pm; \$20-\$750. Soap Factory, 2995 Commercial Street. (GRANT HILL)

It's An Art Affair Celebrate Local Artists, Food and Fun while raising money for the the Girls and Boys Rugby Team from Mission Bay High School's trip to Japan. There will be artists in glass, metal, wood, textiles and more. Face painting and activities for the kids, Boba, BBQ and Home-made Tamales. Sunday, September 15, 10am; Meraki, 1648 30th Street. (SOUTH PARK)

Painting Party Enjoy a guided-painting experience. Thursdays, 4pm; Fridays, 4pm; Saturdays, 4pm; Sundays, 4pm; through Sunday, September 29, \$30. Art Scene West Seaport Village, 849 West Harbor Drive. (DOWNTOWN SAN DIEGO)

Seasons of the Heart Craft, Decor & Gift Faire Handcrafted Fall, Halloween and Thanksgiving gifts and more created by local artisans, including wood products, jewelry, home decor, soaps, pillows, antiques and unique one-of-a-kind items. Friday, September 13, 10am; Saturday, September 14, 10am; **free**. California Center for the Arts, Escondido, 340 N. Escondido Boulevard. (ESCONDIDO)

The Gaslamp Artisan Market More than 30 local artisans will offer carefully-curated homemade

and unique local products. Situated in the heart of the historic Gaslamp Quarter, with jewelry, hand crafted items, and home goods to be on display. Saturdays, 11am; Sundays, 11am; Fifth Ave from Island Ave to J St. and Island Ave from Fourth Ave to Fifth Ave (DOWNTOWN SAN DIEGO)

The Tijuana & Tecate Railroad: SDMRM Summer Exhibit Explore the history and construction of the Tijuana and Tecate Railroad, the section of the San Diego and Arizona Eastern Railroad located across the Mexican Border. Thursdays, 10am; Fridays, 10am; Saturdays, 10am; Sundays, 10am; Tuesdays, 10am; Wednesdays, 10am; through Sunday, November 17, **free**-\$20. San Diego Model Railroad Museum, 1649 El Prado. (BALBOA PARK)

Their Walls Our Canvas: Closing Day Their Wall, Our Canvas exhibits nearly fifty multimedia pieces by San Diego artists-activists Antonia Davis (b.1955), Bob Davis (b.1952), and Natalia Ventura (b.1998). Since then the three have formed a bond rooted in their shared passions for art and activism. Several of the works on view are products of their collaboration. Sunday, September 15, 11am; **free**. Chicano Park Museum, 1960 National Avenue. (BARRIO LOGAN)

West Coast Textile Arts West Coast regional artists to submitted traditional, innovative, functional and non-functional works of textile arts to this juried show. Saturday, September 14, 4pm; **free**. Escondido Arts Partnership Escondido Municipal Gallery, 262 East Grand Avenue. (ESCONDIDO)

AUTOMOTIVE

Carlsbad Cars & Coffee - Saturdays, 7am; through Saturday, December 28, Behind Pelly's Fish Market in the Ralph's parking lot (CARLSBAD)

Escondido Cars & Coffee All cars welcome Sundays, 8am; through Sunday, August 24, **free**. Kit Carson Park, 3333 Bear Valley Parkway. (ESCONDIDO)

Point Loma Cars & Coffee Where enthusiasts of vehicles of all makes and models gather and share our passion of cars on beautiful Shelter Island, next to the waterfront near the Bali Hai restaurant. Trucks and motorcycles included! Saturdays, 7:30am; through Saturday, December 28, Shelter Island parking lot, right next to the Bali Hai (POINT LOMA)

Rancho Santa Fe Cars & Coffee The Rancho Santa Fe Cars and Coffee automobile enthusiast event celebrates automotive excellence each Saturday morning in beautiful Rancho Santa Fe. We welcome the finest sports and luxury cars - hypercars, supercars, exotic cars, rare vintage cars, and other extraordinary cars. Saturdays, 8am; through Saturday, December 28, 6009 Paseo Delicias (RANCHO SANTA FE)

BEER

AleSchmidt Oktoberfest Celebration The Tasting Room will be transformed into a Bavarian Biergarten, overflowing with festive decorations and the spirit of Oktoberfest. Food Truck and Pretzels and Pints will be setup on our patio serving up German-style food. Live music from the Bavarian Beer Garden Band from 2 to 6 pm. Saturday, September 14, 1pm; **free**. AleSmith Brewing Company, 9990 Alesmith Court. (MIRAMAR)

Stella Artois: Let's Do Dinner, Del Mar This event offers attendees an evening of food, beer, and a chance to give back to the community. Event attendees will enjoy food tastings from all of Sky Deck's restaurants and feature Stella Artois beer. Friday, September 13, 6pm; \$25. 21 and up. Sky Deck, 12841 El Camino Real. (DEL MAR)

Two Scientists Walk Into a Bar Beer Release & 10th Anniversary Party Ten years ago, the Fleet Science Center launched a daring experiment: could we mix the thrill of science with the vibrant energy of local bars, wineries, and breweries? And so, *Two Scientists Walk Into a Bar* was born. To mark this milestone, our friends at Barley & Sword have partnered with some of our Two Scientists to craft a unique beer: The *Thirst for Knowledge Festschier*. Be the first to try this beer, chat with scientists, participate in a raffle, and experience a traditional keg tapping ceremony. Friday, September 13, 6pm; **free**. 21 and up. Barley & Sword Brewing Company, 3052 El Cajon Boulevard #Ste 102. (NORTH PARK)

BOOK SIGNINGS

Brenda Novak: The Banned Books Club Warwick's presents Brenda Novak as she discusses and signs her new book, *The Banned Books Club* Monday, September 16, 7:30pm; Warwick's Bookstore, 7812 Girard Avenue. (LA JOLLA)

Weekends with Locals: Dr. Linda Watson As part of our ongoing Weekends with Locals Program we will be hosting Dr. Linda Watson, author of *Dr. Linda's Comedy Marriage Boot Camp* Sunday, September 15, 1pm; Warwick's Bookstore, 7812 Girard Avenue. (LA JOLLA)

CLASSES & WORKSHOPS

Adult Tap Dancing Workshop Work on the fundamentals of tap dance in the feet and in the body. Tuesdays, 10am; through Tuesday, October 29, \$160. Sunshine Brooks Theatre, 217 N. Coast Highway. (OCEANSIDE)

Alzheimer's SD: Coping with Personality & Behavior Changes People with Alzheimer's disease and other dementias can

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experience behavior and personality changes. Learn what those changes mean, and new ways to respond. Pre-registration is recommended @ alzsd.org/services/education/. Friday, September 13, 10am; **free**. 18 and up. Scripps Miramar Ranch Library, 10301 Scripps Lake Drive. (SCRIPPS RANCH)

Alzheimer's San Diego: How to Talk About Memory Loss

Learn how to plan for successful, lower-stress family discussions about difficult topics like changes in memory, driving, and living alone. This free webinar is presented by local nonprofit Alzheimer's San Diego. Pre-registration is required @ alzsd.org/services/education/. Tuesday, September 17, 1pm; **free**. 18 and up. Online Internet Events, All over the world from. (ONLINE)

Beachfront Sound Bath

Join the Zen Soul Balance team for a beachfront Sound Bath and rejuvenating experience. Sundays, 11am; through Sunday, October 27, \$45. Del Mar Beach Hotel, 1702 Coast Boulevard. (DEL MAR)

Beyond the Brink: Exploring Near Death Experiences

Dive into the latest research on NDEs, covering a wide range of experiences—from moments of profound peace and vivid landscapes to episodes of fear and distress. Wednesday, September 18, 6:49pm; \$15. Divine Bubble Metaphysical Boutique and Healing Center, 4639 30th Street. (NORMAL HEIGHTS)

Breath, Movement & the Aura

Conducted by author and spiritual teacher Dimitri Moraitis. Saturday, September 14, 1pm; \$70. 18 and up. Spiritual Arts Institute, 527 Encinitas Boulevard. (ENCINITAS)

Colorful Macrame Plant Hanger Workshop

Craft your own macramé plant hanger using the popular Josephine knot. Wednesday, September 18, 6:30pm; \$45. Mike Hess Brewing Ocean Beach, 4893 Voltaire Street. (OCEAN BEACH)

Cooking Class: Hand Rolled Sushi

Learn how to create your own fresh sushi rolls. Saturday, September 14, 1pm; \$59. Duck Foot Brewing Company, 8920 Kenamar Drive. (MIRAMAR)

Cooking Class: Handmade Ravioli

Learn the secret of creating Ravioli from scratch. Sunday, September 15, 5pm; \$59. Duck Foot Brewing Company, 8920 Kenamar Drive. (MIRAMAR)

Fermenting the Fruits of Summer Workshop

Learn how to make probiotic-rich, gut healthy fermented dishes with the many fruits of summer. Saturday, September 14, 12pm; \$70. San Diego Craft Collective, 2590 Truxtun Rd., Studio 106. (LIBERTY STATION)

Illustration for Children's Books

Comprehensive course in the art of book illustration with Kathi McCord. Saturday, September 14, 1pm; Sunday, September 15, 1pm; \$180-\$200. 18 and up. Athenaeum Music and Arts Library, 1008 Wall Street. (LA JOLLA)

Improv Comedy Classes

Start with a warmup and refresher on the basics of improv before moving on

OUTDOORS

Native shrubs are hanging on to their leaves, Plumeria seed pods

Chaparral, The Tangled Assortment of low-growing, drought-resistant native shrubs covering most of San Diego County's lower mountain slopes, has managed to remain somewhat green this summer. Unlike many of the scrubby natives near the coast, chaparral plants tend to hang on to their leaves year-round.

This month, the coppery, sun-burnished remnants of last spring's flower clusters are still clinging to the tips of buckwheat and chamise plants. A few wildflowers may have popped up here and there in response to any recent thunderstorm activity over the foothill and mountain areas. To enjoy the austere beauty of the chaparral landscape, explore the hillsides above Lake Morena and along Lyons Valley, Japatul, and Boulder Creek roads in East County. Or head inland from Escondido toward Ramona or Valley Center.

While Admiring Your Plumeria Flowers this time of the year,



SEED PODS WILL DARKEN, DRY OUT, SPLIT AND DROP VIABLE SEEDS IN 8-10 MONTHS.



THE CHAPARRAL NEAR LOVELAND RESERVOIR WAS STILL GREEN A FEW WEEKS AGO.

keep an eye out for seed pods on your plant. A newly planted plumeria can take up to five years to send out its first bloom and then those flowers will need to be pollinated, typically by Sphinx moths, hummingbirds or butterflies. Seed pods will follow a bloom, typically late summer or early fall, and then take 8 to 10 months to mature into viable seeds.

Plumeria seeds must mature on the plant and if removed before ripening, the seeds will not germinate. Starting off small, seed pods will resemble green beans and grow to six to eight inches in length and transition from green to dark brown in color. Eventually, the darkened seed pods will become dry and start to split open.

Most seed pods open in the spring, but they can open at any time of the year so keep an eye on them. A good tip is to wrap nylon pantyhose around the pod once it begins to split; this allows the seeds to still receive the sunlight and air they need while catching them if they fall from the pod. Once the pod has ripened and split, remove the seeds and either plant them immediately or save them in a breathable cloth bag, paper bag or envelope. Avoid plastic or sealed containers because they can trap moisture and lead to mold growth. Properly stored plumeria seeds can last up to 2 years, though fresher seeds generally have a higher germination rate.

to scene work. Thursdays, 6:30pm; through Thursday, September 12, **free**. 18 and up. Pacific Beach Recreation Center, 1405 Diamond Street. (PACIFIC BEACH)

Intro to Copperplate Calligraphy: 6 Week Class

Copperplate is the most commonly recognized traditional calligraphy script, making it a must-have for every calligrapher. Thursday, September 12, 9am; \$360. Strenger Studio, 2707 Congress St., Suite 1D. (OLD TOWN)

Italian Beginners I

This course gives students the basic tools needed to successfully understand and communicate in Italian. Tuesday, September 17, 12pm; \$235-\$250. La Jolla Community Center, 6811 La Jolla Boulevard. (LA JOLLA)

Italian for Beginners II

This course deepens your understanding of pronunciation, vocabulary, and grammar while incorporating interactive exercises to boost your confidence in everyday conversations. Tuesday, September 17, 1pm; \$235-\$250. La Jolla Community Center, 6811 La Jolla Boulevard. (LA JOLLA)

Kokedama Workshop

Learn the art of creating Japanese Koke-

dama and how to care for them. Saturday, September 14, 3pm; \$40. City Farmers Nursery, 3110 Euclid Avenue. (CITY HEIGHTS)

Learn to Decode Your Dreams

Learn how to interpret your dreams like a pro. Thursday, September 12, 6:49pm; \$15. Divine Bubble Metaphysical Boutique and Healing Center, 4639 30th Street. (NORMAL HEIGHTS)

Macrame Fall Plant Wall Hanging Workshop

Dive into the art of macramé. Thursday, September 12, 6:30pm; \$50. Modern Times FlavorDome, 3000 Upas Street #102. (NORTH PARK)

Make It Saucy

This hands-on class will teach you how to make delicious pasta sauce. Class taught by Paul Maschka. Saturday, September 14, 10am; \$30-\$50. Wild Willow Farm and Education Center, 2550 Sunset Avenue. (NESTOR)

Meditation: Expanding Consciousness with Sound

Hosted by Teresa Thursday, September 12, 7pm; **free**-\$20. 18 and up. Dharma Center, 5059 Newport Avenue. (OCEAN BEACH)

San Diego Fixit Clinic

Learn how to: Fix broken appliances and gad-

gets, Repair road and mountain bikes, Mend your favorite outfit. Saturday, September 14, 10am; **free**. Rancho Santa Fe Library, 17040 Avenida de Acacias. (RANCHO SANTA FE)

Sculpting the Portrait Bust

Join sculptor Marty Davis as he explains the elements of successful portraiture and demonstrates the techniques of sculpting an accurate likeness. Wednesdays, 9am; through Wednesday, November 6, \$375-\$395. Athenaeum Art Center School of the Arts, 1955 Julian Avenue. (BARRIO LOGAN)

Soul Spa Sound Bath & Kava

Unwind with the rejuvenating frequencies of Cosmic Crow Sound Healing. Friday, September 13, 6:49pm; \$39. Divine Bubble Metaphysical Boutique and Healing Center, 4639 30th Street. (NORMAL HEIGHTS)

The Art of Public Speaking

Free class for the military Sundays, 12:30pm; through Sunday, September 29, **free**. 18 and up. Ink Spot, 2730 Historic Decatur Rd., Barracks 16 #202. (LIBERTY STATION)

The Mama Village

Each session will be led by expert facilitators with

extensive experience in early parenthood, ensuring that you receive professional guidance and support throughout the program. You can sign up for one session, or join for the whole 6 weeks. Tuesdays, 9:30am; through Tuesday, October 22, \$20-\$115. Ocean Beach Green Center, 4862 Voltaire Street. (OCEAN BEACH)

COMEDY

Adrift: Aquatica 2035

In the future, a mega submarine full of passengers becomes trapped and loses contact with the surface. The characters must come to grips with reality and how to get out. An over-the-top drama played for laughs. Friday, September 13, 8:30pm; \$15-\$30. Mockingbird Improv, 2590 Truxtun Road #200. (LIBERTY STATION)

Ahren Belisle

As seen on AMERICA'S GOT TALENT, and KILLTONY, Ahren Belisle is a software engineer and mental health advocate turned comedian. Ahren has over 500,000 followers and uses his platform to spread

positive messages and comedy. Saturday, September 14, 3pm; \$25. 21 and up. Mic Drop Comedy, 8878 Clairemont Mesa Boulevard. (KEARNY MESA)

Brittany Brave

Brittany Brave is a NYC-via-Miami based comedian, actress, writer, producer and host who's been seen on TBS, MTV, Quibi, The Wendy Williams Show, SiriusXM. Friday, September 13, 10pm; \$15. 21 and up. Mic Drop Comedy, 8878 Clairemont Mesa Boulevard. (KEARNY MESA)

Chingo Bling

Chingo Bling is known for his insightful, unapologetic stand-up comedy and multiple viral videos. Friday, September 13, 7pm and 9:30pm; Saturday, September 14, 7pm and 9:30pm; \$25-\$35. Mic Drop Comedy, 8878 Clairemont Mesa Boulevard. (KEARNY MESA)

Chris Andrade

Chris Andrade, del primer podcast del mundo Escuela de Nada, nos presenta Chris Andrade en vivo: Una noche de comedia repleta de risas, alegrías y diversión. Y también sexo. Friday, September 13, 7:30pm; \$29. 21 and up. Mic Drop Comedy,

8878 Clairemont Mesa Boulevard.
(KEARNY MESA)

Comedy Under the Stars

Hosted by Benji GarciaReyes. Saturday, September 14, 7:30pm; **free**-\$10. 21 and up. Bolt Brewing, 8179 Center Street

Comedy for a Cause Benefiting Alzheimer's San Diego

Every Comedy for a Cause show is produced in partnership with a local charitable organization that receives a portion of ticket sales, after expenses. Saturday, September 14, 7:30pm; \$25. 21 and up. Mic Drop Comedy, 8878 Clairemont Mesa Boulevard. (KEARNY MESA)

Cousin Tiera

Tiera is a standup comedian born and raised on the west side of Chicago, Illinois. She's known for making the world laugh via her viral videos on Facebook and Instagram. Sunday, September 15, 7pm; \$40-\$375. Mic Drop Comedy, 8878 Clairemont Mesa Boulevard. (KEARNY MESA)

Daytime at Mic Drop

Hosted by the one and only Lisa Gilbert, Daytime at Mic Drop is the perfect place for all levels of comedians to work on their clean material. Also this is a brunch time event so bring your friends and your appetite to enjoy some of our amazing food. Sunday, September 15, 12:30pm; \$15. 18 and up. Mic Drop Comedy, 8878 Clairemont Mesa Boulevard. (KEARNY MESA)

Duncan Trussell

Duncan Trussell is a stand up comedian, podcaster and actor. Friday, September 13, 7pm and 9:30pm; Saturday, September 14, 7pm and 9:30pm; Sunday, September 15, 7pm; \$28. 21 and up. Comedy Store, 916 Pearl Street. (LA JOLLA)

Free Comedy Night

KALEA MCNEILL headlines, host Alex Petit. Friday, September 13, 7pm; **free**. Duck Foot Brewing Company, 8920 Kenamar Drive. (MIRAMAR)

Gareth Reynolds

AS SEEN/ HEARD ON: The Dollop Podcast, Comedy Central, and more! Wednesday, September 18, 8pm; \$25. 21 and up. American Comedy Company, 818 Sixth Avenue. (DOWNTOWN SAN DIEGO)

Gaslamp Comedy Open Mic & Happy Hour

No cover. No drink minimum. \$5 Happy hour. Sign-up between 7:30-7:50 for stage time. Tuesday, September 17, 7:30pm;

free. American Comedy Company, 818 Sixth Avenue. (DOWNTOWN SAN DIEGO)

Improv VS Standup

Guest standup comedians do their set, then improvisers create scenes based on their material. For mature audiences. Saturdays, 8:30pm; through Saturday, December 28, \$7-\$15. 18 and up. Mockingbird Improv, 2590 Truxtun Road #200. (LIBERTY STATION)

Kasaun Wilson

Staff writer for the Emmy-Nominated hit show "The Problem with Jon Stewart" on AppleTV+, Kasaun Wilson is a one-of-a-kind live experience. Wednesday, September 18, 7pm; \$17. 21 and up. Comedy Store, 916 Pearl Street. (LA JOLLA)

Late Night at Mic Drop

Watch national touring comedians try out new bits for Netflix, and watch day one dreamers face their fears for the first time. THIS is where you find your local favorite! Thursday, September 12, 9:30pm; \$5. 21 and up. Mic Drop Comedy, 8878 Clairemont Mesa Boulevard. (KEARNY MESA)

Margaret Star

Margaret Star is a rising talent in the comic world. Originally an opera singer and voice coach, her passion for comedy and musical parody brings a captivating uniqueness to the comedy scene. Sunday, September 15, 7:30pm; \$20. 21 and up. Mic Drop Comedy, 8878 Clairemont Mesa Boulevard. (KEARNY MESA)

Rocky Dale Davis

AS SEEN ON: NBC's "Bring The Funny", E's "Dating No Filter", MTV's "Greatest Party Stories" & more! Thursday, September 12, 8pm; Friday, September 13, 8pm; Saturday, September 14, 7:30pm and 9:30pm; \$25. 21 and up. American Comedy Company, 818 Sixth Avenue. (DOWNTOWN SAN DIEGO)

Sinisterhood: Full Moon Energy Tour

Sinisterhood is taking its popular comedic podcast on the road with the FULL MOON ENERGY tour! Join best friends and comedians Christie Wallace and Heather McKinney on a journey into lunar lore, as they explore the darker side of the Moon. Learn what effects it has on us, what lurks up there, and what people think really happened during the Apollo missions. Tuesday, September 17, 7pm; \$30-\$75. Mic Drop Comedy,

8878 Clairemont Mesa Boulevard.
(KEARNY MESA)

Stand Up for Kids

Does your child have a knack for making people laugh? Enroll them in our six-week stand-up comedy workshop designed for kids ages 8 to 15 years old at Mic Drop Comedy! This fun and engaging program will help them develop a 5-minute set to perform in front of family and friends at the end of the course. Sunday, September 15, 3pm; \$275. Mic Drop Comedy, 8878 Clairemont Mesa Boulevard. (KEARNY MESA)

Sunday Funday

Angela Deem - Queen of Reality TV. Ticket includes bottomless mimosas, merchandise, and meet-and-greet with Deem. Sunday, September 15, 11am; 21 and up. Brown Cup, 401 N. Coast Highway. (OCEANSIDE)

The Best of San Diego

The Best of San Diego is San Diego's longest running local showcase that has helped launch the careers of some of the top comedians in the industry today. This is the show that will allow you to say, "I remember seeing them at the La Jolla Comedy Store way back in..." Thursday, September 12, 8pm; 21 and up. Comedy Store, 916 Pearl Street. (LA JOLLA)

Tim Shropshire

Tim Shropshire is a dynamic comedian who brings a refreshing dose of clean and hilariously funny material to any event. Tim has broken the internet with his home videos that have been viewed over 200+ million times, throughout social platforms, which led to collaborations with notable brands such as Chick Fil-A, Biscuitville, and Church's Chicken. Thursday, September 12, 8pm; \$20-\$30. Mic Drop Comedy, 8878 Clairemont Mesa Boulevard. (KEARNY MESA)

Tuesday Night Potluck

Tuesday Night Potluck is the show where anyone can go up and try their hand at stand up comedy. Tuesday, September 17, 7pm; 21 and up. Comedy Store, 916 Pearl Street. (LA JOLLA)

DISCUSSION GROUPS

AI & Us: Today, Tomorrow & Beyond Discover the latest

applications, the state of generative AI, and best practices shaping the future of artificial intelligence. Enjoy dedicated content & unbeatable networking for both business & technical leaders from every major industry and job function, from leading enterprises, AI startups, investors, government organizations, and media. Saturday, September 14, 8am; **free**-\$250. UC San Diego Park & Market, 1100 Market Street. (EAST VILLAGE)

Growing Spring Valley

Meet the partners behind the Spring Valley SEEDS grant and learn how to create a sustainable future for Spring Valley. Thursday, September 12, 5pm; **free**. Bancroft Center For Sustainability, 3845 Spring Drive. (SPRING VALLEY)

Kirtan & Chanting For Peace

By Spirit Soul And Friends, ñc - Peaceful Mantra Meditation and uplifting Kirtan for inner peace. Saturday, September 14, 6pm; **free**. First Unitarian Universalist Church of San Diego, Hillcrest, 298 West Arbor Street. (HILLCREST)

Swiftie Book Club

Whether you're a die-hard Swiftie superfan, a literature enthusiast, or simply curious to explore a unique intersection of music and literature, explore the diverse range of books referenced in Taylor Swift's songs, uncovering the rich connections between literature and music. Monday, September 16, 6:30pm; **free**. 18 and up. Central Library, 330 Park Boulevard. (EAST VILLAGE)

FARMERS' MARKETS

Little Italy Wednesday Mercato

The market occupies three blocks on West. Date Street between Kettner Boulevard and State Street including the Piazza della Famiglia. Wednesdays, 9:30am; **free**. Piazza della Famiglia, 523 West Date Street. (LITTLE ITALY)

FOR KIDS

RB Alive Street Fair

The event will feature over 300 booths, two vibrant entertainment stages, Kids' Zone, a Food Festival, Craft Beer Garden, and the RBrew Homebrew Competition. Sunday, September 15, 12pm; **free**. Bernardo Center Drive between Loma Drive and Bernardo Plaza Court

Roald Dahl Day

Enjoy a safe place for all ages to spend time together with speakers, conversations, game and movie nights, karaoke, and more. Every week, there is popcorn and tea and coffee, and a theme (karaoke, game night, etc). Friday, September 13, 7pm; **free**. Gathering Pl., 3850 Westgate Place.

Star Theatre Coast Kids Presents Disney's Freaky Friday

The new musical based on the beloved 1972 novel by Mary Rodgers and the hit Disney films, features a book by Bridget Carpenter - the co-executive producer and

writer on *Friday Night Lights* and *Parenthood* - and music and lyrics by Tom Kitt and Brian Yorkey - the Pulitzer Prize-winning composers of *Next to Normal* and *If/Then*. Friday, September 13, 7:30pm; Saturday, September 14, 2pm and 7:30pm; Sunday, September 15, 2pm; \$20-\$30. Star Theatre, 402 N. Coast Highway. (OCEANSIDE)

Trail Tykes

Created for children 2 to 5 years of age. Offered every Wednesdays at 3:30 pm. The free program includes a read-aloud story, and a craft/activity or a short walk with MTRP Foundation staff and volunteers. Please register @ mtrp.org/trailtykes/ to reserve your space. Wednesday, September 18, 3:30pm; **free**. Mission Trails Regional Park, One Father Junipero Serra Trail. (SAN CARLOS)

LECTURES

Finding Your Quantum Sense

How to Enhance Mindfulness, Perception, and Creativity: Robert Glick is an artist who paints to discover ways in which language coalesces with visual composition to achieve a higher form of expression. Saturday, September 14, 1:30pm; **free**. 18 and up. North University Community Library, 8820 Judicial Drive. (UNIVERSITY CITY)

Inner Planets Going Retrograde

San Diego Astrological Society presents Dr. Elizabeth Huston at their monthly meeting discussing how to work positively



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SUNDAY FUNDAY WITH ANGIE

Sunday Funday with Angela Deem (90 Day Fiance)
Proceeds go to Mrs. Love Animal Sanctuary and 10 P prison reform program.

September 15, 2024 11:00 AM - 2:00 PM
Brown Cup Cafe & Lounge
401 North Coast Highway, Oceanside, California 92054

Scan barcode for tickets.

Includes bottomless mimomas, merch, and meet-and-greet with Angie Deem, Sam Brown (artist/Snoop Dogg's label) and others



Sunday Funday with Angela Deem

with inner planets in retrograde transits. Friday, September 13, 7pm; \$10-\$15. Joyce Beers Uptown Community Center, 3900 Vermont Street. (HILLCREST)

Mexicans: Hispanic, Chicanos, or Native? A Journey of Self-Identification This lecture dives into the complex identities of Mexicans, exploring the terms Hispanic, Latino, Chicano, and Native with Grace Sesma. We will reflect on the profound impacts of colonization, including the loss of culture, tribal identity, land, and community. Wednesday, September 18, 6pm; **free**-\$5. CSU San Marcos, 333 S. Twin Oaks Valley Road. (SAN MARCOS)

Salk Institute Presentation: Wood Wide Web Presentation titled "Wood Wide Web" by Lena Mueller, PhD, of Salk Institute of Biological Studies, on the symbiosis of fungi that live in the roots of 80% of all land plant species, with implications for the carbon-nitrogen-phosphorus cycle as well as agricultural sustainability. Space is limited, first come, first served. It's recommended to come 15 minutes early to secure a seat. Meet at the Nature Center. Saturday, September 14, 10am; **free**. Batiquitos Lagoon Nature Center, 7380 Gabiano Lane. (CARLSBAD)

MUSIC

Pairing of Great Art Forms Piano Music vs. Paintings and Poetries; Piano music is presented to enhance the experience of discovering paintings and poetries from local artists. Saturday, September 14, 3pm; **free**. Rancho Bernardo Library, 17110 Bernardo Center Drive. (RANCHO BERNARDO)

Spreckels Organ Society Insiders Tour Spreckels Organ Society – a non-profit organization curating concerts and performances in the heart of Balboa Park – is inviting the public for a one-of-a-kind Insiders Tour of the inner-workings of the iconic Spreckels Organ, as well as a special brunch. This annual event is the only time the public will be allowed into the

windchest while the organ is playing. Saturday, September 14, 10am; \$60-\$75. Spreckels Organ Pavilion, 1549 El Prado. (BALBOA PARK)

NATURE

Discovery Table: Leave No Trace Stop by the Discovery Table in the lobby of the Visitor Center to learn the seven principles of Leave No Trace and become better stewards of the park. Saturday, September 14, 10am; **free**. Mission Trails Regional Park, One Father Junipero Serra Trail. (SAN CARLOS)

Guided Nature Walk Join a MTRP Trail Guide on a guided nature walk and learn about the plants, animals, geology, history, and ecology of the park. The trails used are easy, but have uneven surfaces and some involve steps, so be sure to wear sturdy, closed-toe shoes and bring along water. A hat and sunscreen are also recommended, but the morning walk is not so hot. Saturdays and Wednesdays, 9:30am; through Sunday, September 29, **free**. Mission Trails Regional Park, One Father Junipero Serra Trail. (SAN CARLOS)

Guided Nature Walk Join a MTRP Trail Guide on a guided nature walk. Walks are free and open to the public, with no camping or reservations required. The trails used are easy, but have uneven surfaces, so be sure to wear sturdy, closed-toe shoes and bring along water. A hat and sunscreen are also recommended. Walks start from the Kumeyaay Lake Campground Entry Station. Saturday, September 14, 8:30am; **free**. Kumeyaay Lake Campground, Two Father Junipero Serra Trail. (SANTEE)

Horticultural Tours: Kate O. Sessions Cactus Garden Balboa Park is home to desert plants from around the world. This tour focuses on the clever adaptations and beauty of many fascinating cacti and succulents in the recently revitalized Kate O. Sessions Cactus Garden. Saturday, September 14, 10am; **free**. Balboa Park Visitors' Center, 1549 El Prado. (BALBOA PARK)

NASA International Observe the Moon Night Join DarkSky San Diego, the San Diego Astronomy Association, and San Diego County Parks and learn about the moon, light pollution, night vision, and how to 'Light Wisely' to see more stars in the night sky! Arrive early to join Park Ranger Kyle's famous 30-minute sunset hike to learn about nocturnal creatures, bats, and scorpions! Bring binoculars if you have them. Saturday, September 14, 7pm; **free**. Oak Oasis Open Space Preserve, 12620 Wildcat Canyon Road. (LAKE SIDE)

Nature Collective Wildlife Tour As summer days shorten, the earliest winter birds arrive. Hit the trails with us and enjoy the wonder of nature's seasonal transition. Weather permitting. Wildlife is unpredictable. There is no guarantee of what you will see. Registration required. Saturday, September 14, 8:30am; **free**. 18 and up. San Elijo Lagoon Ecological Reserve, 2710 Manchester Avenue. (CARDIFF-BY-THE-SEA)

SPECIAL EVENTS

Athena Lifting While Climbing Summit This industry showcase will feature diverse leaders, aspiring talent and male allies prepared to share their pathways to high growth, talent acquisition, and innovation, all through the equality lens. Wednesday, September 18, 3pm; \$35-\$200. 18 and up. Montezuma Exhibit Hall, 6075 Aztec Circle Drive. (COLLEGE AREA)

Escondido's Grape Day Festival The Festival will once again celebrate the early days of Escondido, when agriculture was "King" and festival goers traveled from all across the state to see why Escondido was hailed as a great place to grow sweet grapes and a central hub of citrus and other crops. This year, the History Center is once again bringing the Grape Day Festival to life, with a focus on celebrating the traditions of Escondido's glorious past. Saturday, September 14,

12pm; **free**. Grape Day Park, 321 North Broadway. (ESCONDIDO)

Hispanic Heritage Month Celebration Enjoy a community celebration filled with live music, food, cultural performances and fun for the whole family celebrating Hispanic Heritage Month. Tuesday, September 17, 4pm; **free**. Otay Ranch Town Center, 2015 Birch Road. (EASTLAKE)

Mexican Independence Day Celebration In honor of Mexican Independence Holiday Weekend, the center invites shoppers to a celebration filled with music and culture. Saturday, September 14, 12pm; **free**. Las Americas Premium Outlets, 211 Camino de la Plaza. (SAN YSIDRO)

SD Melanin September Block Party Enjoy music, food, vendors, and more. Sunday, September 15, 2pm; \$15-\$200. 21 and up. Wicked West, 1735 National Avenue. (BARRIO LOGAN)

Sip and Style Ticket includes a bag of clothes and a drink Sunday, September 15, 1pm; \$55-\$75. Pure Project North Park, 2867 El Cajon Boulevard. (NORTH PARK)

SPOKEN WORD

Beneath the Apple Tree: Storytelling Concert Delve into symbolic tales of apples, apple trees, and the pies they inspire. Saturday, September 14, 2pm; **free**. Julian Town Hall, 2129 Main Street. (JULIAN)

SPORTS & FITNESS

Binational Race The Binational Race is a regional movement fostering cultural, social and sporting connections between San Diego and Tijuana. The half marathon will start and finish at the Southwest Parking Lot (near Tommy Hilfiger). The race route winds through the shopping center before heading over to Dairy Mart and crossing the border through the Ped West Port of Entry. Sunday, September 15, 6am; **free**. Las Americas Premium Outlets, 211 Camino de la Plaza. (SAN YSIDRO)

Flexible Body, Peaceful mind Wellness, spirit uplifting classes offered by Jaruska Solyova, Certified Yoga Instructor. Each session is adapted to the individual needs, and level of the participants. RSVP solyoga@yahoo.com. Tuesdays, 9:30am; through Tuesday, September 24, \$20-\$60. La Jolla Cove Bridge Club, 1160 Coast Boulevard. (LA JOLLA)

Forever Young Yoga Workshop provides yoga tools to de-stress your nervous system, vision and facilitate a healthy skin glow. Offered by Jaruska Solyova, Certified Yoga Instructor. RSVP solyoga@yahoo.com Tuesday, September 17, 10:30am; \$30-\$40. La Jolla Cove Bridge Club, 1160 Coast Boulevard. (LA JOLLA)

Punches in Little Italy Sanctioned by USA Boxing and pre-



The Critic: Sir Ian sleazes it up splendidly.

sented by Filippi's Pizza Grotto, Punches in Little Italy will consist of 10 three-round bouts featuring some of Southern California's top amateur boxers. Saturday, September 14, 5:30pm; Washington Elementary School, 1789 State Street. (LITTLE ITALY)

San Diego Padres vs. Houston Astros Highlighted by Theme Game: Luis Arraez Bobblehead and Alzheimer's Awareness Night on September 16, Korean Heritage Celebration on September 17, and the Tatis Jr. Platinum Glove Bobblehead Giveaway (Canel's) on September 18. Monday, September 16, 6:40pm; Tuesday, September 17, 6:40pm; Wednesday, September 18, 3:40pm; Petco Park, 100 Park Boulevard. (EAST VILLAGE)

MOVIES

All reviews are by Scott Marks, Matthew Lickona, Ryan Brothers, and Duncan Shepherd. Priorities are indicated by one to five stars and antipathies by the black spot. Unrated movies are for now unrated. Thousands of past reviews are available online at SDReader.com/movies.

Alien: Romulus – Well, that was a surprise. The plan seemed clear enough: over the course of Prometheus and Covenant, the Alien franchise had gotten a little too far from its nightmarish roots — body horror, monster scares, and corporate malfeasance giving way to existential searches for meaning, the war of creation vs. creator, and well yes, corporate malfeasance. (Some things never change.) So here comes horror aficionado Fede Álvarez to co-write and direct a movie that will, if not reboot, then at least reset things. Bring on the throat rape, the bursting chests, the phallic threat and dread of pregnancy. Most of all, bring on the fear that made the first one so successful despite (because of) the rarely glimpsed xenomorph. And then, whoopsie! There is effective horror here, but it doesn't rear its head until very late in the game. Before that, what we've got is an artful blend of

much of what has come before. Álvarez has done his homework, though maybe a little too well: there is a studied air to things that saps some of the visceral out of all the viscera. (At least there are plenty of practical effects.) A scene in which our brave band of young would-be space raiders must traverse a room full of Facehuggers that are built to respond to sound and changes in temperature — stay frosty, indeed — seems like the sort of thing that our man ought to relish, a chance to make us hold our breath in sympathy. And yet...meh. The surprise is that the stronger stuff is in the idea department: the rejiggering of the corporate malfeasance, the shifting of humanity's relation to its androids. An effective, engaging outing, sadly marred by the resurrection of a dead character that sends us into an uncanny valley more unsettling than many of the film's more intentional horrors. 2024. M.L. ★★ (IN WIDE RELEASE)

Deadpool and Wolverine — Superhero movie fans of a certain age may recall a moment at the end of Avengers: Infinity War when big baddie Thanos snapped his gauntleted fingers and so ended half of the universe's living things — including folks like Spider-Man, Black Panther, and Doctor Strange. For one brief darkling moment, you may have felt something — the presence of serious stakes, of possible death, of the sort of genuine ending forever denied those heroes in their original serialized medium of comic books. But most likely, by the time you left the theater, you were already coming to your senses: there was simply no way Marvel was about to leave that much money on the table. And maybe, in that moment, you hated yourself just a little bit for thinking like that: for letting yourself careen out of the story and into such craven considerations so quickly. For dispelling the magic of moviemaking by casting your thoughts upon the monetary machinations at the heart of all that onscreen heroism. All of which is to say that the third entry in the Deadpool franchise feels your pain and laughs heartily at it. For here is a film devoted to exposing and ridiculing the nothing-means-anything narrative trick of the multiverse — a gimmick that gets to have Logan's noble death

and feast on Hugh Jackman's ageless abs, too — that at the same time revels in it. As Ryan Reynolds, er, Deadpool says to a variant of his old buddy Jackman, er, Wolverine, “They’re gonna make you do this until you’re 90!” After all, both these heroes are basically indestructible, thanks to their powers of regeneration, and the boys at the lab are getting better and better at the whole de-aging thing... So yes, ha ha, we open with Deadpool figuratively pissing on Wolverine's grave by literally digging up his adamantium skeleton and using it to take out a horde of henchmen set on stopping him from saving the world. There's a half-hearted feint toward motivation: the merc with a mouth wants to matter. And there's a brief flirtation with the consequences of that desire. But mattering isn't what matters here. Not even the action is what matters here. What matters here, as in the first installment, are the jokes. So many of them, crammed in from and spinning off in all directions. Many of them land. Some of them will most likely make you laugh. The effort and execution are impressive. At a certain point, the thought may occur: is this the real endpoint of the Marvel Universe, the thing toward which quippy Tony Stark in Iron Man was always tending? Might they be ready to mean what they say about the multiverse being exhausted? By negating Wolverine's sacrifice, are they admitting their mistake and declaring an end to this nonsense? But most likely, by the time you leave the theater, you will already be coming to your senses.— M.L. ★ (IN WIDE RELEASE)

THEATER LISTINGS

Information is accurate according to material given us, but it is always wise to phone the theater for any last-minute changes and to inquire about ticket availability. Many theaters offer discounts to students, senior citizens, and the military. Ask at the box office.

A View From the Bridge

Season 43 begins with Arthur Miller's Tony Award-winning play that delves into the complexities of family, love and justice. Set in a tight-knit Italian-American community in 1950s Brooklyn, the play explores the lives of its characters with raw emotion and powerful storytelling. As tensions rise and secrets unravel, the audience is drawn into a world where loyalties are tested, and the consequences of one's actions have far-reaching implications. NORTH COAST REPERTORY THEATRE, 987-D LOMAS SANTA FE DR., SOLANA BEACH. 858-481-1055. 8PM THURSDAY, 2PM & 8PM FRIDAY, 8PM SATURDAY, 2PM & 7PM SUNDAY, 7PM WEDNESDAY, SEP. 18.

Agatha Christie's Murder on the Orient Express

Get ready for a glamorous and enthralling journey in this adaptation of Agatha Christie's masterpiece. On a train traveling through Europe, a wealthy American tycoon is found dead in his compartment, the door locked from the inside. Enter

world-famous detective Hercule Poirot, who must navigate a train full of suspects and solve the murder before the killer strikes again. With humor and romance, Tony Award-nominated playwright Ken Ludwig takes audiences on a thrill ride in a spectacular production whose gorgeous designs and innovative staging are a true knockout.

OLD GLOBE - DONALD & DARLENE SHILEY STAGE, 1363 OLD GLOBE WAY, BALBOA PARK. 7PM THURSDAYS, 8PM FRIDAYS, 2PM & 7PM SATURDAYS & SUNDAYS, 7PM TUESDAYS & WEDNESDAYS.

Best Laid Plans

Inspired by a true story, a brilliant young architect has surgery for a brain tumor and wakes up unexpectedly blind. Alone, lost and despondent, he cannot envision a path back to life, much less architecture. Then Beethoven shows up. Featuring Blake Stadnik, the blind actor from NBC's *This Is Us*. By Robert Salerno, directed by Sam Woodhouse.

TENTH AVENUE ARTS CENTER, 930 TENTH AVE., EAST VILLAGE. 619-920-8503. 7:30PM FRIDAY, 3PM & 7:30PM SATURDAY, 3PM SUNDAY.

Disney's Beauty & the Beast

The enchantment never ends in this romantic and beloved take on the classic fairytale. The classic story tells of Belle, a young woman in a provincial town, and the Beast, who is really a young prince trapped under the spell of an enchantress. If the Beast can learn to love and be loved, the curse will end and he will be transformed into his former self. But time is running out. If the Beast does not learn his lesson soon, he and his household will be doomed for all eternity. This “tale as old as time” is perfect for the entire family. This show is appropriate for all ages and is 2 hours long with one intermission. THEATRE FOR YOUNG PROFESSIONALS, 7960 UNIVERSITY AVENUE SUITE 240, LA MESA. 7PM FRIDAY & SATURDAY, 3PM SUNDAY.

Fully Committed

If you're an out of work actor manning the reservation desk at Manhattan's number one restaurant you have to deal with coercion, threats, bribes and histrionics as a cast of desperate would-be diners will stop at nothing to get the right table. One actor plays forty wildly diverse characters. Hilarity abounds as good food inspires bad behavior. SCRIPPS RANCH THEATRE, 9783 AVENUE OF NATIONS, SCRIPPS RANCH. 858-578-7728. 7:30PM FRIDAYS & SATURDAYS, 2PM SUNDAYS.

Henry 6 One: Flowers and France

As the Old Globe joins the pantheon of American theater companies that have staged all of Shakespeare's plays, director and Artistic Director Barry Edelstein has gone big and

broad for a play that draws its tragic force from the fact that it is not a tragedy, but a history. Very big: the three parts of *Henry 6* are here presented in two parts — named *Flowers of France* and *Riot and Reckoning*, though there is plenty of reckoning in part one and plenty of flowers in part two — totaling nearly six hours of love and war, triumph and treachery, and the endless struggle for power. The moment Henry V dies, leaving his infant son as king, France revolts against English rule and various factions begin eyeing Henry's crown. The cast is not so large that it can afford to cast a new actor for each role — Cassia Thompson spends the first part as France's Joan of Arc and the second as Henry's son Prince Edward, while Tally Sessions goes from the sublime (the heroic Lord Talbot) to the ridiculous (the villainous Jack Cade, dressed as the January 6 shaman, and slain by a doddering champion of the Good Old Days), etc. etc. — but it's still big enough for battles full of bodies and an enlarged sense of sweep and scope. (The cast list notes that “other people of England and France are played by community volunteers who participated in our arts engagement programs.”) And very broad: Richard Plantagenet lays out his claim to the crown via a highly anachronistic slideshow that makes the goofiest plays-on-names imaginable. Hey, John of Gaunt is scary skinny! (Flowers is otherwise set in olden days, while Riot features modern riot gear but keeps the swordplay.) The wailing ghosts of late-period Jessica Lange and middle-period Meryl Streep haunt a couple of the characterizations, and there is enough skitty slapstick amid the drama and death that you may feel you are watching even more plays than you actually are. The biggest trouble is Henry himself, who seems a great callow hollow at the center of *Flowers*, and shows himself clear only in his last two Riot and *Reckoning* soliloquies. Without a compelling character to embody the loves and hates of the state, it can be hard to care about all the goings on, no matter how oomphy the electric guitar or how dazzling the digital diplays. But again, the tragedy here is that there is no tragic hero. The good are ground under right alongside the wretched, and that — high and low, silly and solemn — is just the way it was, and is. The whole thing does, to borrow from Hopkins, gather to a greatness, or at least a grandness, and gains momentum as it rolls along. All that fury to rule France. All that English blood spilled for England.

OLD GLOBE - DONALD & DARLENE SHILEY STAGE, 1363 OLD GLOBE WAY, BALBOA PARK.

The Outsider

Ned Newley doesn't even want to be governor. He's terrified of public speaking; his poll numbers are impressively bad. To his ever-supportive Chief of Staff, Ned seems destined to fail. But political consultant Arthur Vance sees things differently: Ned might be the worst candidate to ever run for office. Unless the public is looking for... the worst candidate to ever run for office. A timely comedy that skewers politics and celebrates democracy.

POWPAC, 13250 POWAY RD., POWAY. 858-679-8085. 8PM FRIDAYS, 2PM & 8PM SATURDAYS, 2PM SUNDAYS.

The Revolutionists, A Comedy by Lauren Gunderson

A comedy that tells the untold stories of four real women who were at the forefront of the French Revolution. Playwright Olympe de Gouges, assassin Charlotte Corday, former queen Marie Antoinette, and Haitian rebel Marianne Angelle find friendship, plot murder, fight for their rights, and lose their heads in The Reign of Terror in 18th century France. Written by Lauren Gunderson (*Silent Sky*, *Emelie*, *I and You*, *Dr. Wonderful and Exit*, *Pursued by a Bear*).

LAMPLIGHTERS COMMUNITY THEATRE, 5915 SEVERIN DR., LA MESA. 619-303-5092. 7:30PM FRIDAYS & SATURDAYS, 2PM SUNDAYS.

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blurt the inside track

Played Lynyrd Skynyrd for the neighbors

Jerry Flack's lifelong devotion to music was sealed at an early age. "I was three or four and my father's band was practicing in the living room, and they were playing 'Day

Zeros. Flack would then form his own punk outfit, The Cardiac Kidz. "We were rehearsing in my living room, and I sat down with an anatomy and physiology book and I closed my eyes and opened a couple pages and put my finger down,



Rogues of Chaos: no arresting this former Cardiac Kid.

'Tripper' by The Beatles," he recalls. "I knew then that this was it. I wanted to play in a band, and I wanted to play guitar." He would go on to embrace artists such as The Kinks, Led Zeppelin, and David Bowie. By the mid-'70s, he started getting into rockier rock, and he made sure the neighborhood knew it. "I used to deliver papers on my bike. I had this 8-track player that was made for bikes. I would take two 8-tracks with me, Bad Company and Lynyrd Skynyrd. It was 'Shooting Star' and the Lynyrd Skynyrd album. As I was delivering and throwing papers on the front porches, that was going full blast."

Shortly thereafter, he started getting into the roots of what would become punk rock via The New York Dolls and The Ramones. He ended up in a band with Robert Lopez and Baba Chenelle called The Aqua Velvets. After that project, he played the first couple of rehearsals with his bandmates' new endeavor, The

and it was in the heart section of the book. I saw 'cardiac,' and I was like, 'Here we go. Let's do that!'"

The Kidz were active in the late-'70s and early '80s, but by the mid-'80s Flack had embarked on what would become a long career with the Navy. Still, he managed to keep gigging. "Every platform that I was on, we had a band. We would always play. I was on a carrier, and we had a band and we did this huge thing that they would call 'Steel Beach Picnics' — a big barbecue on the deck of the ship. I played in Dubai and Abu Dhabi, Europe, and Japan, all kinds of different places. We always played on the ship."

Starting in 2010, the Cardiac Kidz reunited and played sporadically for over a decade. Shortly after playing a Kidz show at the Casbah in September 2022, Spike Mike Muellenberg (Spice Pistols) and two of his musician pals joined Flack in a new band for an annual Halloween party thrown by

Lisa Monday-Gomez from the online radio station What-ever68. The setlist included Cardiac Kidz tunes as well as songs by The Monkees and The Runaways, and wound up being the first gig for Rogues of Chaos, and also the final appearance for everyone in that initial lineup except for Flack. Muellenberg's Spice Pistols commitments were too much for him to juggle another band, so Flack started looking for a different crew. The new keyboardist turned out to be one of his oldest pals, Cristina Smith. The two had known one another since the first grade. "I can honestly say that if it wasn't for Cristina and her support, I don't know if Rogues of Chaos would exist. She really was into this, and she really thought that I should continue writing and getting my material out there. She has been so supportive through this whole thing."

Smith chimes in that Flack "has held onto his dream of being a musician through all the other instances of his life. He's living it now and he's breathing it, and he is doing it. You just gotta know that's it's so important to pursue your dreams."

The now seven-piece band has been gigging out around San Diego, and they have dipped their toes into studio waters as well. Matt Starr (formerly of Ace Frehley, Mr. Big, and Kix) served as the drummer and producer on tracks recorded at local Singing Serpent Studio with Ben Moore. Flack handles almost all of the songwriting duties and is aided by singer Caylyn Gamboa, who assists with vocal melodies. "I will give her my idea of what I want the melody to be like, but if I were to try to sing, every dog in a five-mile radius would howl," Flack says with a laugh. The band currently has two singles out ("Crazy for You" and "I Believe") and is shooting to release a full-length LP, with a planned vinyl version as well.

—Dryw Keltz

Find Blurt online at SDReader.com/blurt

CONTRIBUTORS

Andrew Hamlin, Dryw Keltz, Jake Peterson, Jay Allen Sanford, Spike Steffenhagen

You can submit a listing, download mp3s, watch videos, subscribe to event alerts, get directions, and find more information about these shows online at SDReader.com/music.

THIS WEEK'S SHOWS

Aquarius Bar & Grille:

Saturday, 6pm — Santana Soul. \$5.

Athenaeum Music and Arts Library:

Friday, 7:30pm — Acoustic Evening Concert Series. \$5-\$23.

Aztec Brewing Company:

Sunday, 6pm — Aztec Jazz Jam. Free.

Balboa Theatre:

Thursday, 8pm — Matute.

Banner Ranch Julian:

Friday, 4pm, Saturday, 12pm — The Great Deadful Festival. \$50-\$450.

Belly Up Tavern:

Thursday, 7:15pm — Don Felder: Play It Forward Fundraiser. \$150-\$1500.

Friday, 7:30pm — Ginger Roots & The Protectors. \$17-\$30.

Saturday, 7:30pm — Beats Antique. \$37.

Sunday, 7:30pm — Back To The Garden & Friends. \$36.

Tuesday, 7:30pm — Kishi Bashi.

Wednesday, 7:30pm — The Man In Black. \$30-\$53.

Brick by Brick:

Thursday, 7:30pm — Nervosa, Lich King, Hatriot.

Friday, 7:30pm — Mest, Audio Karate, Punchcard. \$22.

Saturday, 7pm — Dark Tranquillity and Amorphis. \$30-\$35.

Sunday, 7:30pm — Tribunal. \$12.

Monday, 6:30pm — Signs of the Swarm and Cane Hill. \$20-\$25.

Cannonball:

Tuesday, 5pm — Jemille Vialet.

Casbah:

Thursday, 7:30pm — Sea Wolf (Solo). \$20.

Friday, 7:30pm — Jordy Searcy. \$18.

Saturday & Sunday, 7:30pm — Mass of the Fermenting Dregs. \$20.

Tuesday, 7:30pm — Jimi Zolo, Saguro, Refuza. \$9.

Wednesday, 7:30pm — Gavin Turek and Cor.Ece. \$20.


Cordova Bar:

Saturday, 9pm — DJ Sergio.

Free.

Sunday, 6pm — Ritchie Orduno.

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Netika • Subnode

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Shrouds

Sat • Sept 14
THE FOCKE WOLVES
The Glimmer Stars • Murder of Five

Sun • Sept 15
CORPSEMAKER
Withermoon • SVNEATER • Suicide Forest

Thurs • Sept 19
SLAPPIN' HANDS WITH RIC SCALES

Fri • Sept 20
GRAVEBEAT

Sat • Sept 21
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Primortis • Zero Trace • Midst of Grey

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VIOLENCIA • GRASHING FORWARD

Fri 9/13 @ Soda
DEAD ON A SUNDAY
HAUNT ME • DEVON THOMPSON

Fri 9/13 @ SOMA
THE FRIGHTS
SURELY TEMPO • RICKY

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CAM KAHIN • BLUSH

Mon 9/16 @ Soda
SUN JELLY
THE AXIDENT • WHATEVR

Tue 9/17 @ Soda
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ANGEL RENE • EM CABLE BAND

Wed 9/18 @ Soda
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Coronado Library:

Friday, 1pm — Autumn Concert Series: Naomi Hobbs. Free.

Dizzy's/Musicians Union Hall:

Sunday, 8pm — Charlie Porter Quartet with Eric Scott Reed. \$20-\$25.

Duck Foot Brewing Leucadia:

Monday, 6:30pm — Bluegrass Monday. Free.

Tuesday, 6pm — Deadhead's Night: Easy Wind. Free.

Wednesday, 6pm — Deadhead's Night: Easy Wind. Free.

Duke's La Jolla:

Friday, 3pm, Tuesday, 4pm — Casey Turner.

Sunday, 4pm — Keni Yarbro.

Escondido Elks Lodge:

Saturday, 7pm — Rodeo Rebellion. \$15.

Estancia La Jolla Hotel and Spa:

Thursday, 6pm — Ben Benavente.

Wednesday, 6pm — David Shyde.

Fairmont Grand Del Mar:

Friday, 8pm — David Shyde.

Farmer & the Seahorse:

Saturday, 11am — Casey Turner.

Sunday, 11am — Jason Graham.

Fast Times:

Friday, 7pm — West of 5. Free.

Golden Island:

Friday, 6pm — Irving Flores Latin Jazz Quartet. Free.

House of Blues:

Thursday, 7:30pm — Colde.

Thursday, 7:30pm — Sofia Isella.

Friday, 7:30pm — Joeyy and Laker Brady.

Friday, 7:30pm — Why? Saturday, 7pm — Jerry "Hotrod" DeMink. Free.

Saturday, 7:30pm — Tori Kelly. \$29-\$75.

Tuesday, 7pm — Bravo The Bagchaser.

Humphreys by the Bay:

Monday, 7:30pm — Peter Hook & The Light.

Wednesday, 7:30pm — Andra Day.

Jacumba Hot Springs Hotel:

Friday, 8pm — The Barnacle Boys. Free.

Saturday, 8pm — Candlelight Sessions: Please Ask For Paul. Free.

Sunday, 8pm — Candlelight Sessions: Isaiah Mitchell. Free.

L'Auberge Del Mar:

Friday, 7pm — Marelle.

Saturday, 7pm — Orion Song.

Sunday, 11am — Helena Holleran.

Tuesday, 5pm — Ben Benavente.

Wednesday, 5pm — Kai Kalama.

La Jolla Community Center:

Friday, 7pm — Sounds of Sinatra. \$20-\$25.

La Valencia Hotel:

Thursday, 5:30pm — Shea Givens.

Friday, 6pm — Keni Yarbro.

Living Room Café and Bistro:

Thursday, 6pm — The Gand Band: Woodstock-themed Fundraiser. \$45.

Magnolia Performing Arts Center:

Friday, 7:30pm — Matisse.

Saturday, 6:30pm — Sharon Owens: Barbra Streisand Tribute.

Monday, 7pm — Celtic Thunder Odyssey.

LIVE *five*

JAY ALLEN SANFORD

Find LIVE FIVE online at sdreader.com/music

THE FRIGHTS at Soma

SEPT 13



Surf-punkers the Frights were teens when their recording career was launched in 2013 by Soma manager Joe Nammo, who released their debut on his Postmark label. They've gone on to play at Coachella and the BottleRock Napa Valley festival, and have five albums to their credit, including last year's *Gallows Humour*.

THE SLEEPWALKERS at Winstons Beach Club

SEPT 14



The Sleepwalkers have been playing authentic Americana since 1992. They specialize in original American music styles — from blues, country, Tex-Mex, Cumbia, and their brand of roots rock. Mostly active from 1992 to 2002, they re-formed in 2013. The bill includes Planetarius and DJ Ana Brown.

SANDOLLAR at Navajo Live

SEPT 14



Based in Pacific Beach and Ocean Beach, reggae rockers Sandollar were cited San Diego's Best Unsigned Band on the web series *Indie Across America*, and their music can be heard in the Netflix series *Outer Banks* and TV's *Magnum P.I.* reboot. Their album *Under The Water* won best World Music Album at the 2023 San Diego Music Awards.

BACK TO THE GARDEN at Belly Up Tavern

SEPT 15



Back to the Garden is an all-star local group recreating the music of the Hollywood Hills/Laurel Canyon folk rock era, featuring the music of the Byrds, the Doors, Crosby Stills Nash and Young, Joni Mitchell, the Mamas and the Papas, Carole King, the Eagles, and more. For this Solana Beach performance, the ensemble will pay tribute to the music of the Monterey Pop Festival and Woodstock.

ANDRA DAY at Humphreys By the Bay

SEPT 18



Hailing from San Diego, Andra Day earned two Grammy nominations, for Best R&B Album for her biographical debut *Cheers To the Fall* and Best R&B Performance for her single "Rise Up." Her 2024 album *Cassandra* spawned three hit singles, for "Where Do We Go," "Probably," and "Lift Every Voice and Sing."

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 HI-FIVE GHOST • HIGH ROLLING LONERS • THE INNOCENT BYSTANDERS
 JAKE NAJOR & THE MOMENT OF TRUTH • JENNA LEE
 THE JOHN JANUARY BAND • JOHNNY HI-HAT COMBO
 JOHNNY VERNAZZA BAND • JUSTIN JOHN RODRIGUEZ • KAHLIL NASH
 LINDA BERRY BAND • MANZANITA BLUES • MARA SULU & REVIVAL
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THE GONZO REPORT

What is inside the tower at Tower Bar?

King Diamond vs. Janis Joplin T-shirts

“Excuse me, I have to put this fire out,” says Joseph Bursey, the doorman at The Tower Bar. I see he’s being literal as I nosily follow him to the corner of the building, where a butt can attached to the building is smoking with a vengeance. A cup of water extinguishes the noxious fumes, but there are other figurative fires to put out as the night goes on. Inside, a triple bill that spans five decades of San Diego music is taking place. But Bursey will be denying entrance to people who take exception to him checking IDs, monitoring crowds gathering outside the venue, and having drunken conversations foisted on him, all while maintaining his cool.

Inside, I meet Danny Robles, as we almost simultaneously compliment each other’s shirts. He’s wearing King Diamond, and I’m sporting Janis Joplin. It’s a throwback moment when shirts strike up conversation, a thing that don’t happen in the outside world as much anymore, but which is still the norm at the Tower. King

Diamond seems to draw people together. Earlier in my conversations with Bursey, he showed me a Mercyful Fate tattoo altered to resemble his senior cat.

Onstage, Jack Habegger’s Celebrity Telethon is tearing through a set that crossbreeds AC/DC and Waylon Jennings. Having known Jack since before he was old enough to drink, I’m mesmerized by the transformation from casual chatter to pseudo hillbilly demon onstage, with bassist Jack Moriarty providing bass tones akin to Elvis session musician Emory Gordy Jr. He addresses the crowd like friends hanging out, even when someone shouts “you grew up in North County” when he says the show is a homecoming. He grew up watching and listening to hometown heroes like The Dragons and The Zeros, the latter of whom is represented at this show by occasional Zero Javier Escovedo and his band the City Lights. It’s a more focused sound than The Zeros, who still play occasionally, but the heart is the same.

Between sets, I get to chat with Telethon drummer Isaac Beach, who tells me the band is as influenced by film as much as music. A Lynch appreciation society meeting spontaneously opens, sparked by Beach’s choice of brews - Pabst Blue Ribbon, just like Frank Booth from *Blue Velvet*. Our extended and transcendent discussion of the impenetrability of *Inland Empire* is one of many high points of the evening.



Escovedo, Wilson and Habegger, spanning the ages.

Headliner Gary Wilson doesn’t hit the stage. Rather, he seems to rise out of it, wearing a dress, makeup, and sunglasses, with an obvious wig. It seems fitting to close the show with an acclaimed underground artist plucked out of obscurity while working at a local adult emporium, after being named in song by Beck. Wilson’s presence brings the past and present of San Diego’s music scene and community to bear, and his anti-entrance is an effective salute to this — though I’m sure my being behind several people heightens the illusion. It’s a sight to behold, onstage and off, as most of the crowd have come to see a myth that came and went long before they were born.

Outside, Bursey gets to deal with two drunk guys waiting for their ride. Props to them for not drinking and driving, but their inane conversation leaves too many opportunities for my wiseass and possibly lethal contributions. They want to know what’s inside the tower that sits atop the bar, repeatedly saying that if they

worked there, that’s the first place they would go. I suggest Google, and then take it further by telling them to dress as King Kong and climb the tower to find out.

Their fixation on the landmark is derailed when a woman wearing an animal print jumper moseys into the bar. The guys want to know if the print is cheetah or leopard, if she’s fast or mean. The woman handles their douchebaggery with a dismissive “both” as she disappears inside. They say that’s fine, because they have two ugly women waiting for them. I marvel at the phenomenon of men who likely couldn’t get laid in a warehouse with hundred-dollar bills being so delusionally confident. But they’re the exception to the night of cool and respectful patrons, and they can’t kill my vibe.

Later, the bands are all hanging out in the back of the parking lot, and Wilson is still in his stage wear. I consider getting an interview with him, but I have enough footage and I want the myth to stay intact. ■

Find The Gonzo Report online at sdreader.com/gonzo

Mission Bay Resort:

Thursday, 6pm — Keni Yarbro.
Friday, 6pm — Andrew Peña.
Saturday, 6pm — Casey Turner.
Saturday, 11am — TJ Moss.
Sunday, 6pm — Johnny Martin.
Monday, 6pm — Orion Song.
Tuesday, 6pm — Israel Maldonado.

Moonshine Beach:

Friday, 8pm — Theo Katzman.

Mr. Peabody’s Bar & Grill:

Saturday, 8:30pm — Custard Pie.

Music Box:

Thursday, 7:30pm — The Rocco Revolution Tour. \$25.
Friday, 9pm — ELEfante.
Saturday, 5pm — Yachtley Crew and Radio Thieves. \$37-\$111.
Sunday, 7:30pm — Baby Bushka. \$35-\$45.
Wednesday, 7:30pm — NoË Tsoukalas and Adana. \$13.

Navajo Live:

Saturday, 8:30pm — Sandollar. \$8-\$12.
Sunday, 7pm — Bug-Stomp, Pink Noise, Social Cues. \$5-\$7.

North Island Credit Union Amphitheatre:

Friday, 7:30pm — Glass Animals and Eyedress.
Saturday, 7:30pm — Hozier and Allison Russell. \$67-\$78.

Nova SD:

Friday, 7:30pm — Taylor Swift Dance Party.

Observatory North Park:

Thursday, 7:30pm — The Red Pears and The High Curbs.
Friday, 8pm — Electric Feels.
Saturday, 7:30pm — Jazmin Bean.

Open Air Theatre:

Friday, 7:30pm — Bush and Jerry Cantrell.
Saturday, 7:30pm — Ray LaMontagne and Gregory Alan Isakov.
Sunday, 7:30pm — Stephen Sanchez.

Panama 66:

Thursday, 5pm — Uptown Rhythm Makers. Free.

Patrick’s Gaslamp Pub:

Friday, 9pm — Southbay Band.

Petco Park:

Saturday, 7:30pm — Chromeo and Ruth Radelet.

Poway Center for the Performing Arts:

Saturday, 7:30pm — Wild West. \$23-\$53.

Quartyard:

Thursday, 6pm — Mico. \$20.

SoCal Sports Complex:

Sunday, 2pm — Free Concert. Free.

Soda Bar:

Thursday, 7:30pm — The Hope Conspiracy and Violencia. \$26.
Friday, 7:30pm — Dead On A Sunday and Devon Thompson. \$20.
Saturday, 7:30pm — Super American. \$23.
Sunday, 7pm — Incredible Change, Low Points, How??? \$12.
Monday, 7:30pm — Sun Jelly, The Axxident, Whatever. \$9.
Tuesday, 7pm — Lilia Rose and Angel Rene. \$15.
Wednesday, 7pm — Courtside Betty and Kocean. \$12.

Soma:

Friday, 7pm — The Frights.

Sound:

Saturday, 7:30pm — Rodrigo y Gabriela.
Wednesday, 7:30pm — Cuco.

South Coast Winery Resort & Spa:

Sunday, 6pm — Tris Imboden Yacht Stars.

Sunshine Brooks Theatre:

Wednesday, 7:30pm — Muireann Bradley.

Thornton Winery:

Friday, 6:30pm — Twisted Gypsy.

Whistle Stop Bar:

Friday, 8pm — Aesthetic Perfection.

Winstons Beach Club:

Thursday, 7:30pm — Grateful Dub. \$20.
Saturday, 8pm — The Sleepwalkers and Planetarius.

UPCOMING SHOWS

Adams Avenue near 35th Street, Normal Heights:

September 21-22 — Adams Avenue Street Fair

Arrowood Golf Course:

September 27 — West of 5

Athenaeum Music and Arts Library:

September 20, September 27 — Acoustic Evening Concert Series

Aztec Brewing Company:

October 6 — Aztec Jazz Jam

Baker-Baum Concert Hall:

September 20 — Rasa by RaGa
September 28 — Ballet Collective SD: RESONANCE

Balboa Theatre:

October 13 — Aida Cuevas

Barefoot Bar and Grill:

September 27 — Christian Taylor

Bellamy’s Restaurant:

October 5 — TJ Moss

Belly Up Tavern:

September 20 — GoldFish
September 21 — The Reunion and Resurrection Jam
September 21 — Mustache Harbor
September 22 — Debbie Gibson
September 23 — Ana Popovic
September 24 — Julian Lage
September 25 — Built to Spill
September 26 — Hayes Carl & The Band of Heathens
September 27 — Roger Clyne & The Peacemakers
September 28 — Jason Mraz

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September 29 — Sue Palmer & Her Motel Swing Orchestra
September 30 — The Wallflowers

Bernardo Winery:
October 6 — ZB Savoy

Bloom Nightclub:
September 20 — Amtrac DJ Set

The Brick Hotel:
September 21 — Big Bam Boo Alleyway Doof

Brick by Brick:
September 20 — MORTIIS and Malfet
September 21 — Skeletal Remains and Bewitcher
September 22 — Spectral Voice, Tongue Depressor, Tideless
September 23 — U.D.O. and Kill Ritual
September 24 — Nunslaughter, The Black Moriah, Lucemortis
September 25 — Bloodmoon Oath 2024 Tour
September 26 — In The Mourning, Longwinded, Loser Parade
September 27 — Strung Out, Adolescents, A Wilhelm Scream
September 28 — Zombie Composer's Cut By Fabio Frizzi
September 29 — Deicide and Krisiun

CSU San Marcos:
September 27 — Intersections: Opera & Musical Theater

Cafe X: By Any Beans Necessary:
September 22 — TunedUp Live

California Center for the Arts, Escondido:
September 22 — Samara Joy
October 4 — San Diego Tijuana International Jazz Festival

Cannonball:
September 19 — Ben Benavente
September 24 — David Shyde
September 26 — Kai Kalama

The Casbah:
September 19 — The Stews
September 20 — Emo Nite
September 21 — The Cannon Ball
September 23 — Atomic Sexies and Blair Gun
September 24 — Empress Of
September 26 — Illuminati Hotties and Daffo
September 27 — Acid Mothers Temple and the Melting Paraiso
September 28 — LSD & the Search for God
September 29 — Nerf Herder

Che Café:
October 1 — Fentanyl, Mexican Coke, Therapy

Conrad Prebys Music Center at UCSD:
October 13 — Roomful of Teeth

The Cordova Bar:
October 3 — Bay Park Funktion Monthly Jam Session

Duck Foot Brewing Company:
September 19 — Deadheads Night
September 22 — Sunday Bluegrass Jam
September 24 — SD Jazz Collective

Duke's La Jolla:
September 22 — Keni Yarbro
September 24 — Farrah Camu
September 27 — Orion Song
September 29 — Keni Yarbro
October 13 — Orion Song
October 15 — Kekoa

Epstein Family Amphitheater:
September 19 — Ben Folds

IMMORTAL BEAUTY

BY GARRETT HARRIS

Cultivate yourself in the age of distraction

We live in an age in which entertainment is fading. I'm not talking about the performing arts. I'm talking about Marvel, *Star Wars*, *Indiana Jones*, and *Superman*. These enterprises are losing money faster than a crypto-bro in the grips of FOMO (fear of missing out).

The movies are no longer the pinnacle of fame and fortune. The game is now on the phone. It's on Instagram and Tik Tok. The entertainment industry is falling behind the 15-second bites of content that dominate the attention of billions of people.

I'm a participant. I don't do Tik Tok, but I found myself doomscrolling on Instagram during the first NFL game of the season. Not even football is immune. I will say that I've found some fantastic classical music and opera resources on the 'Gram but by and large, I'm looking for something to make me chuckle.

I'm no expert on the topic, but it appears to me that social media influencers come and go rapidly. The

mark they leave behind is about as significant as the hole a straw leaves in a drink after it's been removed.

Classical music and opera, on the other hand, continue to endure, even in the age of distraction. However, their endurance cannot be taken for granted. For 200 years, European culture was dominated by morality plays. I haven't seen many of those around lately. It is up to those of us who appreciate and maybe even love classical music to help sustain it in any way that we can.

The most important way we can help is to begin cultivating ourselves as audience members. To be an audience member, you have to attend a concert. That helps the organization. On the other hand, self-cultivation benefits the self. While I have spent hours scrolling through Instagram Stories, I have never had a cathartic release of dormant emotions in the midst of my chuckles. I get such a release at almost every classical music concert I attend, but that wasn't always the case. I had to cultivate myself first.

How do you go about cultivating yourself? It starts with exploring the music that is going to be performed. The first Jacobs Masterworks Concert at The San Diego Symphony Orchestra features Gustav Mahler's *Symphony No. 2*. I would suggest listening to it a few times before the concert. Go read Mahler's Wikipedia page. Read related pages on his wife Alma Schindler, his student Bruno Walter, and his teacher Anton Bruckner. Follow the links and get some information bouncing around inside of you.

While you're at the concert, resist the urge to uncover what Mahler was trying to accomplish, or what the music meant to Mahler. Focus on yourself. What is the music accomplishing within you? What does the music mean to you? Follow the feelings that the music is illuminating and then talk to someone about them after the concert. Rinse and repeat for the next concert. After just a handful of concerts, you will have a staggering amount of knowledge and a musical EQ.



Look without, then look within.

Classical Music this week

Art of Elan: Midday Music

Midday Music is a free, lunch-time concert series held in collaboration with the San Diego Central Library, taking place on select Fridays throughout the year in the Shiley Special Events Suite on the top floor of the library, where concertgoers are invited to bring their lunch and enjoy carefully curated chamber music along with views of the city. For this inaugural concert, cellist Alex Greenbaum will perform music by J. S. Bach, Paul Brantley, and Tania Leon, among others. Friday, September 13, 12pm; Central Library, 330 Park Boulevard.

Autumn Concert Series:

Naomi Hobbs Naomi Hobbs will perform on piano for an "American Music" themed performance that includes pieces by Scott Joplin, Frederick Loewe, Leonardo Bernstein, and more. Friday, September 13, 1pm; free.

Coronado Library, 640 Orange Avenue.

Hausmann Quartet: Light & Shadow

The study in contrasts that is September's program will feature the first performance of a work by Johannes Brahms on the Haydn Voyages series, as his final string quartet (opus 67) anchors a program filled with exciting variety, a characteristic we've come to expect and appreciate in Haydn's work; his opus 55, no. 3 on this program certainly offers its share. The afternoon will open with *This is It*, a 2023 work by Reena Esmail in which she asks "asks the musicians to explore being present with one another, Each movement opens up a tiny, mutually created universe for just a few precious breaths." Sunday, September 15, 2:30pm; San Diego Maritime Museum, 1492 N. Harbor Drive.

See more CLASSICAL MUSIC at SDReader.com/classical

October 4 — Aoife O'Donovan
October 11 — Hokus Pokus Live

Estancia La Jolla Hotel and Spa:

September 19 — Helena Holleran
September 20 — Jarred Matthew
September 23 — Jason Graham
September 24 — Christian Taylor
September 27 — Johnny Martin

Fairmont Grand Del Mar:

September 27 — Perry O'Neal
October 4 — David Shyde

Farmer & the Seahorse:

September 21 — Joanna Gerolaga
September 28 — Kinnie Dye
September 29 — Blaise Guld

Frontwave Arena:

October 5 — Cake

Golden Island:

September 20 — Mercedes Moore
September 27 — Aaron Lind & His Organ Trio

Guggenheim Theatre:

September 27 — Intersections
Concert Series: Kittel & Co.

Harrah's Resort Southern California:

September 19 — Dogstar
September 22 — Alejandro Fernandez

The Holding Company:

September 26 — Twista

House of Blues:

September 19 — Rose Betts
September 19 — The Lox

September 20 — Friday Pilots Club

September 20 — Senpai Squad: Paradise 2024

September 21 — You Should Be Dancing: Bee Gees Tribute

September 21 — Chickenbone Slim & the Biscuits

September 22 — Johnny Stimson Emotional Cowboy Tour

September 24 — Ginger Root

September 25 — Lamp

September 26 — Franc Moody

September 27 — Sepultura and Obituary

September 27 — Broadway Rave

September 28 — Super Carlin Brothers

September 28 — Tokyo Police Club

September 29 — Mon Rovia

September 29 — Nikka Costa

Humble Heart:

September 27 — JVK

Humphreys by the Bay:

September 22 — Kansas

September 27 — Hoodoo Gurus

October 1 — Nate Mercereau and André 3000

October 4 — Allen Stone

JAI at the Conrad:

October 6 — Anat Cohen

Jacobs Music Center:

September 28 — Jacobs Masterworks: Opening Night

September 29 — Jacobs Masterworks: A Day Of Music

October 4, 5, & 6 — Jacobs

Masterworks: Time, 3

Movements for Orchestra

October 12 & 13 — Jacobs Masterworks: Brahms & Schoenberg

Jacumba Hot Springs Hotel:

September 27 — The Stevenson Ranch Davidians

September 28 — Mark Sultan of the King Kahn & BBQ Show

The Jazz Lounge:

October 6 — Sandi King Album Listening Party

The Kensington Club:

September 20 — Sara Petite Americana Roundup

October 5 — The Falling Doves

L'Auberge Del Mar:

September 19 — Marelle

September 20 — Tyler F. Simmons

September 22 — Johnny Martin

September 24 — Ben Benavente

September 27 — Jemille Viallet

September 28 — David Shyde

September 29 — Marelle

La Jolla Community Center:

September 27 — Fourth Friday Jazz Series

La Jolla Woman's Club:

October 6 — Le Salon De Musiques

La Valencia Hotel:

September 19 — David Shyde

September 20 — Keni Yarbro

September 21 — Brian Pierini

September 27 — Keni Yarbro
September 29 — Jemille Viallet

Lafayette Hotel, Swim Club & Bungalows:

October 3 — Haley Heynderickx

October 7 — Damien Jurado

October 9 — Carina Round

October 12 — The Zzymzzy Quartet

Live Wire:

September 20 — Book Release Event

The Loft:

September 26 — Xiu Xiu

October 2 — Marquis Hill: Composers Collective

The Magnolia Performing Arts Center:

September 21 — Mecedades

September 25 — Paul Weller

September 28 — Billy Bragg

October 2 — Wynonna Judd

October 3 — Three Dog Night

October 5 — KK's Priest and Accept

October 8 — Al Di Meola

October 10 — The Buena Vista Social Orchestra

October 11 — Jazz is Dead

Mariner's Point:

September 27, 28, & 29 — Mission Bayfest

Mingei International Museum:

October 15 — Art of Elan: Indigo

Mission Bay Resort:

September 19 — Keni Yarbro

September 20 — Rachel Jay

September 21 — Casey Turner

September 22 — Helena Holleran

September 23 — David Shyde

September 26 — Keni Yarbro

September 28 — Johnny Martin

September 29 — Matt Heinecke

Moonshine Beach:

September 27 — Drake Bell

September 28 — Braxton Keith

Moonshine Flats:

October 10 — Silverada

Mr. Peabody's Bar & Grill:

September 21 — Tube Amp'd

Museum of Making Music:

October 3 — John Jorgenson Bluegrass Band (J2B2)

Music Box:

September 19 — Marcos Valle and Azymuth

September 20 — Jenny & the Mexicats

September 21 — Cornelius

September 22 — TwitchCon After Party

September 23 — eaJ

September 25 — Boris

September 26 — The Sheepdogs

September 27 — Afrobeats to the World

September 28 — Nora En Pure

September 30 — Delvon Lamarr Organ Trio

October 2 — Rakim

October 3 — Céu and Paul

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GLASS ANIMALS - THE FRIGHTS - RAY LAMONTAGNE - TORI KELLY - HOZIER - JAZMIN BEAN - CHROMED & THE MIDNIGHT - STEPHEN SANCHEZ - CELTIC THUNDER - BRAVO THE BAGCHASER - THE LOX - THE GRINNS - QUINN XCII - SENPAI SQUAD - ALVARO DIAZ - JON PARDI - TWO DOWN CINEMA CLUB - MOCEDADES - DEYAZ - COLD CAVE - GINGER ROOT - LAMP - SUECO - PAUL WELLER - GOOSE - FRANC MOODY - GLASS BEAMS - FLATLAND CALVARY - NICKI MINAJ - DANNY OCEAN - FONTAINES D.C. - SEPULTURA - JOYWAVE - WAVE TO EARTH - LOS ANGELES AZULES - TOKYO POLICE CLUB - GRUPO FIRME - MONTELL FISH - GREEN DAY - BILLY BRAGG - ZIGGY ALBERTS - FLESH GOD APOCALYPSE - NIKKA COSTA - MOM ROVIA - SNOW THA PRODUCT - THAT MEXICAN OT TINASHE - SISTERS OF MERCY - G-EAZY - SHOW ME THE BODY - BROOKS NIELSEN

GET TICKETS IF YOU DARE

LIVE NATION

THU. SEP. 12

NERVOSA

Litch King,
Hatriot,
Mortalis



FRI. SEP. 13

MEST

Audio Karate,
Rookie of the Year,
Punchcard

SAT. SEP. 14

**DARK
TRANQUILLITY
+ AMORPHIS**

Fires in the Distance

SUN. SEP. 15

TRIBUNAL

with special guests

MON. SEP. 16

**SIGNS OF THE
SWARM**

Cane Hill, Ov Sulfur,
156/Silence,
A Wake in Providence

FRI. SEP. 20

MORTIIS

Brighter Death Now,
Malfet, Subterranean
Hellchasm

SAT. SEP. 21

**SKELETAL
REMAINS
+ BEWITCHER**

Phobophilic,
Torture Rack

SUN. SEP. 22

**SPECTRAL
VOICE**

Tongue Depressor,
Tideless

MON. SEP. 23

U.D.O.

Kill Ritual,
KillDevil Theory,
Midnite Hellion

TUE. SEP. 24

NUNSLAUGHTER

The Black Moriah,
Lucemortis

WED. SEP. 25

HULDER

Spectral Wound,
Aridus

THU. SEP. 26

**IN THE
MOURNING**

Longwinded,
Loser Parade

FRI. SEP. 27

**STRUNG OUT +
ADOLESCENTS**

A Wilhelm Scream

SAT. SEP. 28

FABIO FRIZZI

with special guests

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2024

SATURDAY, SEPTEMBER 14

Cal Coast Credit Union Open Air Theatre

WITH SPECIAL GUEST *Erin Rae*

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LIVE NATION

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PERFORMS FLEETWOOD MAC'S RUMOURS
NOTE FOR NOTE - CUT FOR CUT

SEPTEMBER 21

The Rady Shell at Jacobs Park
SAN DIEGO SYMPHONY

CELEBRATE THE MUSIC & LEGACY OF JIMI HENDRIX

EXPERIENCE HENDRIX 2024 TOUR

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OCTOBER 3
THE RADY SHELL AT JACOBS PARK

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KENNY WAYNE SHEPHERD
CHRISTONE "KINGFISH" INGRAM
ZACK WYLDE • ERIC JOHNSON
DWEEZIL ZAPPA • NOAH HUNT
CHUCK CAMPBELL & CALVIN COOKE OF THE SLIDE BROTHERS
MATO NANJI OF INDIGENOUS
DYLAN TRIPLETT • AYRON JONES • HENRI BROWN

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The Avett Brothers

October 6, 2024

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SAN DIEGO, CA

DÍA DE LOS MUERTOS WITH...
MARIACHI

LOS CAMPEROS
DE JESÚS "CHUY" GUZMÁN

OCTOBER 26

The Rady Shell at Jacobs Park
SAN DIEGO SYMPHONY

The Rady Shell at Jacobs Park
SAN DIEGO SYMPHONY

TheShell.org
All artists, dates, programs and pricing are subject to change.

Beaubrun
October 4 — Two Another
October 5 — Mildlife
October 6 — Infinite Floyd
October 8 — Joey Valence & Brae
October 10 — Foxing
October 11 — Prof and Grip
October 12 — Mike Love & The Full Circle
October 13 — Gibby and Blue Hour
October 15 — Riovaz
October 16 — Kiesza

Nick & G's:
September 20 — David Shyde
September 27 — Matt Heinecke

North Island Credit Union Amphitheatre:
September 21 — Jon Pardi
September 28 — Grupo Firme
October 3 — Pitbull and Lil John
October 4 — Iron Maiden
October 5 — Imagine Dragons

Nova SD:
September 27 — Atliens
October 4 — Troyboi
October 5 — Chris Lorenzo
October 11 — Two Friends

Observatory North Park:
September 20 — Alvaro Diaz
September 22 — Cold Cave
September 25 — Sueco and GXP
September 26 — Glass Beams
September 27 — Joywave
September 28 — Montell Fish
October 3 — La Lom
October 4 — Shannon & the Clams
October 6 — Nation of Language
October 8 — Julie and They Are Gutting A Body of Water
October 9 — Griff
October 10 — Mannequin Pussy
October 11 — Summer Salt and The Symposium
October 12 — Wild Rivers
October 13 — Juliette & The Licks
October 15 — New Found Glory and Sincere Engineer
October 16 — Valley and Mickey Darling

Oceanside Museum of Art:
September 20 — Street Level Vol. 2.5

Oceanside Pier:
September 20, 21, & 22 — Nissan Super Girl Surf Pro

Open Air Theatre:
September 20 — Quinn XCII
September 26 — Goose
September 27 — Danny Ocean
September 28 — Los Angeles Azules
October 1 — Orville Peck and Nikki Lane
October 4 — Tom Jones
October 5 — The Sisters of Mercy and Blaqk Audio
October 14 — NIKI: Buzz World Tour

Panama 66:
September 26, October 10 — Uptown Rhythm Makers

Patrick's Gaslamp Pub:
October 5 — Southbay Band

Pechanga Arena San Diego:
September 19 — Chayanne: Bailemos Otra Vez
October 1 — Kacey Musgraves and Nickel Creek
October 8 — Eric Clapton and Jimmie Vaughan

Pechanga Resort & Casino:
September 19 — Kansas
September 20 — Little River Band
September 21 — Lee Jae Hoon & Kim Won Jun
September 22 — Rivermaya
September 26 — The Concert: A

Tribute to ABBA
September 27 — Get The Led Out
September 28 — Maoli
October 4 — Tower of Power

Petco Park:
September 21 — Two Door Cinema Club and Petey
September 28 — Green Day and Smashing Pumpkins
October 4 — A Boogie Wit da Hoodie

Pilgrim United Church of Christ:
October 6 — Peter Sprague Plays Cream

Pit Stop Diner:
September 21 — Kings of La Jolla

Poway Center for the Performing Arts:
September 21 — Naturally 7 At The Movies
October 6 — Eternamente: Dia de los Muertos
October 12 — Kristin Chenoweth

Poway Library:
September 21 — Dave Dersham Concert

Public Square Coffee House:
October 4 — Ann Annie

The Quartyard:
October 6 — San Diego Tijuana International Jazz Festival
October 10 — Skinshape
October 11 — Unwound and Mr. Tube & the Flying Objects
October 12 — Mo Lowda & the Humble

The Rady Shell at Jacobs Park:
September 19 — Indigo Girls and Amos Lee
September 21 — Classical Albums Live: Fleetwood Mac's Rumours

Riverwalk Golf Club:
September 20 — Santana Soul

Rustic Root:
October 1 — David Shyde
October 8 — Blaise Guld

San Diego Civic Theatre:
October 4 — El Flaco & El Mimoso

San Diego Marriott Del Mar:
September 21 — Tyler F. Simmons

Soda Bar:
September 19 — Brothertiger
September 20 — Club Blush
September 21 — Death Cab For Karaoke
September 22 — Reyna Tropical
September 23 — Hayden Everett
September 24 — Ulrika Spacek
September 25 — Master Boot Record

September 26 — daste.
September 27 — Horse Jumper of Love
September 28 — Playboy Manbaby
September 29 — Sad Park and Yungatita
September 30 — Nowhere Safe and Blind Fortune
October 2 — Bombargo
October 3 — Candy and Extinguish

October 4 — Old Man Canyon and Topeka Clementine
October 5 — Tease Tease Tease
October 6 — TsuShiMaMiRe
October 7 — Zach Seabaugh
October 8 — David Ramirez and Garrett Owen
October 9 — Quickly Quickly and Vinyl Williams
October 10 — Cola
October 11 — Polyrythmics and Spacehall Sound Machine
October 12 — Swami & The Bed

of Nails
October 13 — The Collection
October 14 — Surf Hat
October 15 — JJ Wilde
October 16 — Particle Kid

Soma:
September 20 — The Grinns
September 26 — Flatland Cavalry
September 27 — Fontaines D.C. and Been Stellar
September 29 — Ziggy Alberts
October 4 — Dashboard Confessional and Boys Like Girls
October 7 — Fletcher and Maude Latour
October 11 — Lawrence
October 15 — Tinashe

The Sound:
September 19 — Future Islands
September 28 — Goth Babe
September 29 — Lucinda Williams and Mike Campbell & The Dirty Knobs
October 11 — The Life and Music of George Michael
October 12 — Pinback: Summer in Abaddon

South Coast Winery Resort & Spa:
September 29 — Kalapana 50th Anniversary Celebration Concert

St. James by-the-Sea Episcopal Church:
September 21 — Kurt Weill Cabaret

St. Paul's United Methodist Church:
September 28 — Exploring Mexico's Contemporary Classical Flute & Piano Music

Sycuan Live & Up Close Theatre:
September 20 — Sara Evans
September 26 — Eric Paslay at the River
October 3 — Winger
October 4 — Freddie Jackson

Templar's Hall at Old Poway Park:
September 20 — Stucky Leigh

Thornton Winery:
September 21 — Jeffrey Osborne and Lemek
September 28 — Boney James and L. Young

Timken Museum of Art:
October 6 — Music & Masters: Emotion, Culture, Individuality & Peace

Viejas Arena:
September 26 — Nicki Minaj
October 2 — Grupo Frontera
October 7 — Cigarettes After Sex
October 11 — Chris Tomlin
October 12 — Palomazo Norteño

Vision Center for Spiritual Living:
September 21 — An Evening With Gregory Page

Waterbar:
September 19 — Christian Taylor
September 26 — Ben Benavente

Waterfront Park:
September 28, September 29 — CRSSD Festival

Whistle Stop Bar:
September 27 — Fake Fruit

Winstons Beach Club:
September 21 — End Of Summer Rock Fest
September 22 — Moe N' The Failure and Just In Case
September 27 — Easy Wind
October 5 — Blü Egyptian and The Jam Berries
October 10 — LowDown Brass Band

Beautiful buns

For the latest reviews from Reader writers and a complete searchable list of 2000 restaurants, please visit SDReader.com/feast

I like Glutenus Maximus Bakehouse and I cannot lie

Glutenus Maximus Bakehouse; 3265 Business Park Dr # A, Vista. Am I above driving an hour just because a new bakery in Vista has a funny name? I am not.

To be fair, the place is called Glutenus Maximus Bakehouse, which manages to be a pun about butts, gluten sensitivity, and Roman gladiators. Okay, maybe not the gladiators, but your mind can go all kinds of places when you're in the car for an hour.

When I got there, I found a sunny little shop with a glass counter stuffed with pastries, many of which, in turn, were stuffed with goodness such as vanilla custard or chocolate hazelnut spread.

It all started with Leige Waffles, according to a sign next to the Leige waffles in the case. The Leige style suggests they're made with beet sugar, which crystallizes the crust to make these handheld waffles



A leige waffle sandwich, with fried egg, bacon, tomato, and basil.

home. That's a pull-apart sweet brioche loaf with a rich vein of chocolate hazelnut spread.

It's too big to finish in one sitting (especially if you've already eaten a waffle sandwich, croissant, filled donut, and morning bun), and I hoped it would keep to pair with my next morning's coffee. Instead it made for an after-school snack. Our middle-schoolers may not have been appreciative enough, given how far I journeyed to bring them this treat, but at least they appreciated the Maximus joke.

-Ian Anderson

A chocolate hazelnut babka, morning bun, and blueberry cheesecake filled donut.

pretty crispy. You can order them plain (\$5), but when you're in a pace called Glutenus Maximus, there's bound to be a more indulgent way to eat it, and I found that in the Leige waffle sandwich: bacon, fried egg, tomato, and basil (\$12). Bacon ends were hanging out of the front of this thing like squid tentacles, and it was pretty tasty, if you're a fan of the sweet-plus-savory bacon motif.

My preference was for the ham & cheese croissant (\$7). Or better yet, the jalapeño, ham, and cheese croissant (\$7). Because, beside Leige waffles, this bakery's other specialty turned out to be pastries made with buttery, laminated dough, beginning with a reasonably good plain (*aka* butter) croissant (\$5).

The laminated dough stuff gets more interesting as you drift right in the glass case, and the croissants give way to morning buns and cruffins—which are sort of like cinnamon rolls and *koign-ammans*, respectively. However, pay close attention to this section, because beyond cinnamon and sugar, these treats are baked with daily variations such as tiramisu, cardamom and vanilla,

and even spanakopita.

I did drive a long way, so I wasn't going to leave without trying a donut, even if they did cost five bucks (or about four bucks more than a regular donut). To be fair, a blueberry cheesecake-filled donut might go for \$2 or \$3 some donut shops, so I didn't feel too bad about my order, nor the fact I gulped it down fast. I probably should have savored that one.

And I probably should have hidden the \$10 chocolate hazelnut babka from the kids when I got



Glutenus Maximus Bakehouse, new to Vista

Wednesday, September 18, 4:30pm; free-\$35. La Jolla Community Center, 6811 La Jolla Boulevard. (LA JOLLA)

Tacos & Tequila Festival Pechanga Casino's 2nd Annual Tacos & Tequila Festival Saturday, September 14, 11am; 21 and up. Pechanga Resort & Casino, 45000 Pechanga Parkway. (TEMECULA)

Tasting Experience Guests will enjoy a welcome cocktail, and light fare to pair as you taste. Thursday, September 12, 7pm; \$65. Ginger's, 600 Fifth Avenue. (DOWNTOWN SAN DIEGO)

Wine Tasting With Founder Tim Perr Join Pali Wine Co.'s founder, Tim Perr, for wine and food pairings during a special tasting. Sunday, September 15, 6pm; \$60-\$75. 21 and up. Pali Wine Co., 2130 India Street. (LITTLE ITALY)

National Guacamole Day: Free Fish Tacos

Free Fish Taco Especial for Rewards members with any order. Place your order through the Rubio's app, or scan your phone at the register to receive a free taco. Monday, September 16, 10am; Rubio's, 8855 Villa La Jolla Drive. (LA JOLLA)

North Park Vegan Market & Wellness Fair Over 50 vendors including Pizza, Burgers, Sushi, Donuts, Chick'n Sandwiches, Dumplings, Loaded Fries, Gyros, Tamales, Wings, Noodles, Churros and more. Saturday, September 14, 12pm; free. North Park Mini Park, 3812 29th Street. (NORTH PARK)

Summer Wine Down Unwind with a selection of fine wines, enjoy light bites and live music, and relax in a charming atmosphere as we bid farewell to the season.

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FOOD & DRINK EVENTS

Ardbeq Masters of Smoke Tour The custom-designed Ardbeg Single Malt Scotch Whisky Airstream immerses you in a sensory experience where you simultaneously learn and interact with the core smoke profiles that make up Ardbeg whisky. Saturday, September 14, 1pm; free. 21 and up. BevMo!, 3210 Rosecrans Place. (POINT LOMA)

Ardbeq Masters of Smoke Tour The custom-designed Ardbeg Single Malt Scotch Whisky Airstream immerses you in a sensory experience where you simultaneously learn and interact with the core smoke profiles that make up Ardbeg whisky. Sunday, September 15, 1pm; free. 21 and up. Total Wine & More, 1018 North El Camino Real. (ENCINITAS)

Bacardi Rum Room - Thursday, September 12, 7pm; free. 21 and up. Camino Riviera, 2400 India St. (LITTLE ITALY)

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RENTALS

GOLDEN HILL, \$1950. Loft-style studio apartment (open space, no separate bedroom). Lots of natural light, ceiling fans, built-in closet, A/C. Elevator, exercise room, laundry room. Small pets welcome with additional pet deposit. 2331 E Street. Agent: (619) 298-7724. www.allpointsrealestate.com

NORTH PB, \$1690. (One person.) Cat considered with deposit. 1BD+1BA + den/office. 1 block to ocean. Remodeled kitchen/bath, dishwasher, garden/dual pane windows, ceiling fan, nice yard! 8xyDIAMOND@Craigslist.org. Call Lars: (760) 829-8878.

REHEARSAL SPACE LOCK-OUT Rehearsal Space for band. 24 hour lockout. Air conditioned call Scott (760) 855-3551 / exumrecording@gmail.com

UNIVERSITY HEIGHTS, \$2150. 1BD+1BA large apartment in small complex. Dining room area, wood-like flooring, fireplace, on-site laundry, parking. Easy freeway access. Beautiful inside and out. Great location! No pets. 4525 Idaho St. Agent, (619) 298-7724.



MISSION BEACH Beautiful 1 bedroom, 1 bathroom ground floor apartment available by Sept. 15, 2024. Across the street from the beach, two houses east to Mission Bay, shared front patio and BBQ. \$1995.00 plus \$140 for all utilities, gas, electricity, water, sewer. One (858) 733-0770 / gerrnottrolf@gmail.com



MEXICO, ROSARITO, ENSENADA, PUNTA PIERA Four bedroom, six car garage. Best neighborhood in Baja. Five swimming pools, Jacuzzi, oceanfront access, gated community. \$2,100 a month. (760) 250-7055



BAJA MX RENTAL \$1100 a month long-term beautiful river and ocean views, gated community \$125 a night or \$500 a week (760) 250-7055

OFFICE SPACE 600 square feet zoned m2. \$1250/month. Some lot space out back available as well. (760) 855-3551 / exumrecording@gmail.com

Legals@SanDiegoReader.com = 619-235-3000

LEGAL NOTICES

We are a fully adjudicated publication for San Diego County.

FICTITIOUS BUSINESS NAME STATEMENT

File No.:
2024-9017085

Filed with Jordan Z. Marks
Recorder/County Clerk County
of San Diego:
08/21/2024

Fictitious Business Name(s):
a. Sunset Performance Physical Therapy

Located at: **3555 Kenyon St. Suite 100, San Diego, CA 92110, San Diego County**

Mailing Address: 3555 Kenyon St. Suite 100, San Diego, CA 92110

Registered Owners Name(s):
Noora Lynn Cholagh

This business is conducted by:
An Individual. The first day of business was N/A.

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (1,000).)

Registrant Name /s/
Noora Lynn Cholagh
8/29/24, 9/5/24,
9/12/24, 9/19/24

FICTITIOUS BUSINESS NAME STATEMENT

File No.:
2024-9017774

Filed with Jordan Z. Marks
Recorder/County Clerk County
of San Diego:
08/30/2024

Fictitious Business Name(s):
a. 3 Kings Auto Body and Paint

Located at: **7268 1/2 El Cajon Blvd, San Diego, CA 92115, San Diego County**

Mailing Address: 7269 Mohawk Street, San Diego, CA 92115

Registered Owners Name(s):
Juan Carlos Hurtado

This business is conducted by:
An Individual. The first day of business was 08/30/2024.

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (1,000).)

Registrant Name /s/
Juan Carlos Hurtado
9/12/24, 9/19/24,
9/26/24, 10/3/24

FICTITIOUS BUSINESS NAME STATEMENT

File No.:
2024-9017458

Filed with Jordan Z. Marks
Recorder/County Clerk County
of San Diego:
08/27/2024

Fictitious Business Name(s):
a. Indigo Fox Healing

Located at: **2180 Garnet Ave, San Diego, CA 92109, San Diego County**

Mailing Address: 4028 Loma Alta Dr, San Diego, CA 92115

Registered Owners Name(s):
Karen Lynn Herbert

This business is conducted by:
An Individual. The first day of business was 08/27/2024.

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (1,000).)

Registrant Name /s/
Karen Lynn Herbert
9/5/24, 9/12/24,
9/19/24, 9/26/24

FICTITIOUS BUSINESS NAME STATEMENT

File No.:
2024-9017354

Filed with Jordan Z. Marks
Recorder/County Clerk County
of San Diego:
08/26/2024

Fictitious Business Name(s):
a. Galvan Motor Cars

Located at: **4118 Lewis Street, Oceanside, CA 92056, San Diego County**

Mailing Address: 4118 Lewis Street, Oceanside, CA

Registered Owners Name(s):
Jose Antonio Galvan

This business is conducted by:
An Individual. The first day of business was N/A.

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (1,000).)

Registrant Name /s/
Jose Antonio Galvan
9/5/24, 9/12/24,
9/19/24, 9/26/24

FICTITIOUS BUSINESS NAME STATEMENT

File No.:
2024-9017397

Filed with Jordan Z. Marks
Recorder/County Clerk County
of San Diego:
08/26/2024

Fictitious Business Name(s):
a. Pilates Journeys

Located at: **2970 Fifth Ave, Suite 320, San Diego, CA 92154, San Diego County**

Mailing Address: 1780 Saltaire Pl, Unit 112, San Diego, CA 92154

Registered Owners Name(s):
Pilates Journeys LLC

This business is conducted by:
A Limited Liability Company. The first day of business was N/A.

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (1,000).)

Registrant Name /s/
Mascha Schinske, Managing Member
Corporation/LLC Name
Pilates Journeys LLC
9/5/24, 9/12/24,
9/19/24, 9/26/24

FICTITIOUS BUSINESS NAME STATEMENT

File No.:
2024-9014632

Filed with Jordan Z. Marks
Recorder/County Clerk County
of San Diego:
07/17/2024

Fictitious Business Name(s):
a. Eastside Papaya

Located at: **7020 Oak Glen Court, Lemon Grove, CA 91945, San Diego County**

Mailing Address: 7020 Oak Glen Court, Lemon Grove, CA 91945

Registered Owners Name(s):
Lin Thi Quach

This business is conducted by:
An Individual. The first day of business was 01/01/2024.

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (1,000).)

Registrant Name /s/
Lin Thi Quach
8/29/24, 9/5/24,
9/12/24, 9/19/24

NOTICE TO CREDITORS:

NOTICE IS HEREBY GIVEN that the undersigned is the appointed and qualified Successor Trustee of the LOVEDA B. COOPER TRUST DATED SEPTEMBER 23, 1989. LOVEDA B. COOPER, Settlor of that Trust died on APRIL 20, 2024. Any creditor having a claim against the trust estate must file His or her claim with the undersigned at the address given below within 90 Days after the first publication of this notice.

For your protection, you are encouraged to file your claim by certified mail, with return receipt requested.

Dated: AUGUST 19, 2024

DEAN E. COOPER,
Successor Trustee
c/o LIFELINE ESTATE SERVICES INC.
3708 Lakeside Drive, Suite 202
Reno, Nevada 89509
(775) 824-8400

8/29/24, 9/5/24, 9/12/24

FICTITIOUS BUSINESS NAME STATEMENT

File No.:
2024-9016960

Filed with Jordan Z. Marks
Recorder/County Clerk County
of San Diego:
08/20/2024

Fictitious Business Name(s):
a. BST Auto Registrations

Located at: **9150 Campo Rd, Spring Valley, CA 91977, San Diego County**

Mailing Address: 9150 Campo Rd, Spring Valley, CA 91977

Registered Owners Name(s):
GS Projx

This business is conducted by:
A Limited Liability Company. The first day of business was 05/01/2024.

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (1,000).)

Registrant Name /s/
Bianca Sanchez
Corporation/LLC Name
GS Projx
8/29/24, 9/5/24,
9/12/24, 9/19/24

NOTICE OF SALE

In accordance with the provisions of the California Uniform Commercial Code & section 798.56a(e) of the California Civil Code, there being due & unpaid storage for which Quiet Oaks MHC, LLC (Quiet Oaks Manufactured Housing Community) is entitled to a lien as Warehouseman on the 1978 Skyline Buddy mobile home, Decal Number AAJ3349, Serial number 04718143L, located at 26455 Paradise Valley Rd. #58, Warner Springs, CA 92086, held on account of Jesus Pineda [REGISTERED OWNERS: Robert Colman & Linda Colman] & due notice having been given to the parties known to claim an interest therein & the time specified in such notice for payment of such charges having expired, notice is hereby given that the 1978 Skyline Buddy mobile home will be sold at public auction on September 20, 2024 at 10:30 AM at 26455 Paradise Valley Rd. #58, Warner Springs, CA 92086. PLEASE TAKE NOTICE that payment must be made by certified funds within seven (7) days of the date of sale, & at the time the mobile home is removed from the premises. The mobile home & contents must be removed from the premises within seven (7) days of the date of sale. Any purchaser of the mobile home will take it subject to any liens pursuant to Health and Safety Code §18116.1.

Quiet Oaks MHC, LLC
6653 Embarcadero Drive, Ste C
Stockton, CA 95219

/s/ Molly Davies
Molly Davies, Authorized Agent
PUBLISHED 9/5/24, 9/12/24
SAN DIEGO READER

FICTITIOUS BUSINESS NAME STATEMENT

File No.:
2024-9015185

Filed with Jordan Z. Marks
Recorder/County Clerk County
of San Diego:
07/24/2024

Fictitious Business Name(s):
a. Carpenter Rigging & Supply Co.

b. Cable Cisco
c. Cableco
d. American Rigging & Supply Co.
e. Cable Moore
f. California Swaging & Cable Products Co.
g. Hood Industries
h. Carpenter Group Hayward

Located at: **2380 Main Street, San Diego, CA 92113, San Diego County**

Mailing Address: 2380 Main Street, San Diego, CA 92113

Registered Owners Name(s):
The Carpenter Group

This business is conducted by:
A Corporation. The first day of business was 07/01/1951.

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (1,000).)

Registrant Name /s/
Bruce Yoder, Chief Executive Officer
Corporation/LLC Name
The Carpenter Group
8/29/24, 9/5/24,
9/12/24, 9/19/24

Cool water, lots of bluefin, and nice 'buts – Stockzilla coming to Santee Lakes this weekend

Dock Totals 9/1– 9/7: 4027 anglers aboard 161 half-day to 3-day trips out of San Diego landings over the past week caught 15 barracuda, 3498 bluefin tuna (up to 220 pounds), 1 blue perch, 77 bocaccio, 3518 bonito, 2063 calico bass, 1 dorado, 7 halibut, 27 lingcod, 1 mako shark, 1449 rockfish, 416 sand bass, 91 sculpin, 174 sheephead, 1 thresher shark, 1 treefish, 141 triggerfish, 282 whitefish, 16 white seabass, 8 yellowfin tuna, and 497 yellowtail.

Saltwater: In what has been an odd year out of the past ten or so, bluefin tuna continue to bite well from off Ensenada up to San Clemente Island and the Tanner and Cortez banks. The meat of the action has been north of the border, with the larger fish coming from the outer banks. The [New Lo An](#) reported 34 fish over 100 pounds on a recent 2-day run out west to where much of the fleet has been concentrating: an area 100 miles west of Point Loma.

The oddity this year has been the lack of semitropical species like yellowfin tuna and dorado. This time of year, we tend to see both species work their way north, with counts reflecting a solid catch into the fall, but this year, they have not shown up. Water temps along the Baja Peninsula's northern half have been a couple degrees cooler than recent seasons, which is the leading theory as to why we aren't seeing those warm water loving pelagic species in 2024 so far, and given that it is now September, we may not see them until next season — if then.

With that cooler water, barracuda, bonito, white seabass, and halibut have all been biting better than average, but the predictions of albacore coming within range of the fleet never came to fruition. Though some northern California boats have been getting a few, it is still the best bet to go to the Westport Washington area if you want to load up on longfins.

This year's water temperature anomaly shouldn't change much going forward: the past shows it takes several years to permanently affect migration patterns, as it did when, in the late '90s and early 2000s, warm trends drove the albacore north. As always with fishing, we will have to wait and see, though long range projections are of warming conditions, and not the several



Jim Kelley with his solid 37.2-pound California Halibut, caught while drifting a squid on the bottom.



Angler Tracy Hartman with a nice nighttime bluefin caught while fishing aboard the Constitution on the outer banks 100 miles west of Point Loma

years of cooler trends that would make a return of albacore more likely.

Yellowtail are still biting well at the Coronado Islands for the full-day and overnight runs, though the numbers did drop a bit from the week previous. Calico and sand bass have been steady for the boats fishing locally, with bonito, barracuda, and occasional white seabass, halibut and an odd yellowtail making it into the half-day counts. So, even with a lack of dorado and yellowfin, fishing has been very good for anglers getting out on any boat from half-day to three-day trips.

San Diegan Jim Kelley Scored on a good 37.2-pound halibut this week. He hasn't made the over 40 club yet, but this halibut was his 14th over 30 pounds. He was fishing with squid on a double dropper loop with the rod in the holder while on a slow drift. This is not unusual for me to hear. I can try my best at presenting a bait or lure for halibut, and tediously working at it, but it seems my best catches have come while simply dead-sticking plastics or napping with a bait on the bottom. Halibut can be a bit of an enigma, but low and slow in the hole tends to work best for me when fishing for them from a boat or kayak, especially on days with slower tidal flow or at the peak or valley of the tide.

Freshwater: Stockzilla is coming to [Santee Lakes](#) September 14 & 15. Some 3500 pounds of catfish will be stocked for this weekend event and Santee Lakes will be hosting a Catfish Derby on both days, with an adult and junior division. Guests can attend one or both Derbies. A Santee Lakes permit is required, but it is free to join the Derby. Derbies run

from 6 am to 11 am (final weigh in at 11 am). Bring your catfish to the Santee Lake's canopy at southeast Lake 4. Prizes will be awarded for several categories and participants will receive a raffle ticket for each catfish weighed in. Derby Results/Prizes/Raffle will be announced at 11:30 am both days at the Santee Lakes canopy. Gate entrance is \$7 per carload. Fishing permits for adults are \$10 and juniors & seniors are \$6, and a second pole stamp is \$4. You can purchase your permit in advance at the General Store.

Whether fishing in freshwater or salt, from the beach, kayak, float tube, or boat, they're out there so go out and get 'em!

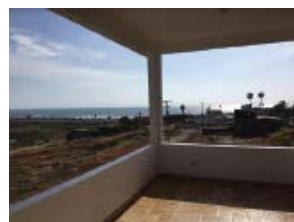
DANIEL POWELL



MEXICO, LA MISSION TWO BEDROOM ONE BATHROOM \$1100 a month. Other houses to choose from THAT are directly in front of the ocean and the river, and is very close to the community (760) 250-7055

above the unit. \$1,600 a month long-term. kilometer 58 (760) 250-7055

4BD/2BATH 6 CAR GARAGE RENTAL IN MEXICO gated development. Four swimming pools, three Jacuzzis. \$2500 Punta piera (760) 250-7055

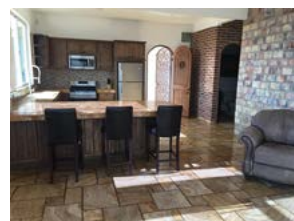


BEAUTIFUL 2 BEDROOMS/2 BATH IN MEXICO very large and high in furniture. Jacuzzi, bring your dogs completely furnished LA Mission kilometer 58 Beautiful view. \$1000 Per month. (760) 250-7055

FOUR BEDROOM, TWO BATHROOM, COMPLETELY FURNISHED IN MEXICO Four bedroom, two bathroom, completely furnished direct river, and Ocean view. Bring your dog, bring your horses; plenty of parking. Gated

community kilometer 58 very close to Lafonda. \$1,000 a month long-term 13 months high-speed Internet. Tenant pays for utilities, water, electric internet, propane. Very nice property not going to last (760) 250-7055

FURNISHED STUDIO IN MEXICO washing machine, dryer. Directly in front of the river and ocean kilometer 58 LA mission \$750 a month long-term rental 13 months (760) 250-7055



TWO BEDROOM, TWO BATHROOM LUXURY CONDO IN MEXICO directly in front of the river; a little bit to the right of the ocean. 58 LA mission very high end extra large Jacuzzi in the unit. \$1,000 per month. (760) 250-7055

1 BDRM/1 BA APARTMENT Beautiful 1 bedroom, 1 bathroom ground floor apartment available by Sept. 15, 2024. shared front patio and BBQ. \$1995.00 plus \$140 for all utilities, gas, electric, water, sewer. Text (858) 733-0770 for more info.

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BEAUTIFUL 1BEDROOM 1BATH UNIT Unit has floor to ceiling windows, luxury vinyl tile flooring, stainless steel appliances, ventless full-size washer and dryer in closet, and a Fisher & Paykel double drawer dishwasher. The oversized primary bedroom has a walk in closet. dw@realtymanagement.us

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OTAY MESA STUDIO no pets or smoking, laundry, desirable neighborhood, transportation close, \$1,350. (619) 808-1068.

MUSIC

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ber 3rd & 7th. Whiskey A Go Go demo release soon. He quit Iron Maiden.

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MUSIC REHEARSAL STUDIO Upscale facility, Kearny Mesa. All rooms have individual air conditioning, high ceilings and 24- hour access. Monthly rooms available. Adder Studios, (858) 522-9505. www.adderstudios.com.

PETS

ORANGE MALE CAT Neutered, shots, chipped, 5 months old, \$25, (619) 483-6126 None

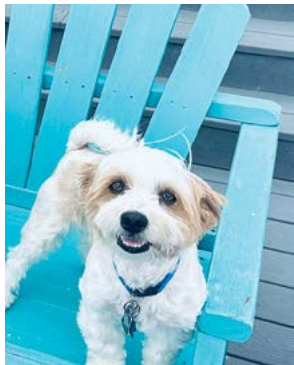
ADOPT YOUR NEXT DOG OR CAT FROM BAJA DOG RESCUE! We are a volunteer-run, 100% No Kill animal rescue in

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GOBERIAN PUPPIES BLUE EYES! Goberian puppies for adoption. Beautiful Blue Eyes! 4 Females and 2 Males. Born 7/5/24. DAP shots done with health examination & paperwork. Mother and father are on site. Adoption fee of \$400. Please call if you have any questions! (858) 652-8367. / 187dropalive@gmail.com

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SHARPEYE SURFBOARD 6'3"X21"X2" Excellent condition! Used. Ride what the pros use. Fun, fast board. 6'3"X21"X2" \$400 visitsd23@gmail.com

SURFBOARD BRAND NEW 6'6"X21"X2" Brand new BRU Surfboard Fish 6'6"X21"X2". Major health issues keeping me out of the water. Must sell. \$360 brand new. BRU Surfboards are out of San Juan Capistrano. \$360 visitsd23@gmail.com

7 FOOT FIBER GLASS TRI-FIN ORIGINAL SPYDER BOARD from Hermosa beach traction pad, board bag and leash Great Board for sacrifice. \$150 firm. Phone number (619) 987-5682 calls no text

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SPORTS CARDS Tony Gwynn sports cards over 100 cards. Make offer; all or some. Call Jeff (619) 820-7965.

BICYCLES

BIANCHI VELOCE ROAD BIKE Carbon fork, light green color, made in Italy, purchased new, only ridden a few times. \$650. In Escondido, call (760) 746-7209.

CANNONDALE F1000SL MOUNTAIN Bike ultra aluminum steering fork, orange-yellow color, purchased new. Very little use, \$450. (760) 746-7209.

FUJI TANGE 900 BIKE \$95 OBO 12 speed 25" frame, needs tires, helmet incl. Scott (619) 988-0321 / scottconcrete@hotmail.com

MT FURY ROADMASTER 15 SPD \$50 Index shifting. Excellent condition, new helmet. I-5 & Washington St. @ Corner of Keating & Guy Street. Scott (619) 988-0321 / scottconcrete@hotmail.com

VINTAGE SCHWINN BEACH CRUISER Classic antique! 1954 Schwinn Tiger beach cruiser, One of a kind, 3-speed, Mirrors, lights, lg front basket, comfy seat, drum brake. \$250, valued that \$800 to \$1,000. Must sell. (Post-stroke) (619) 707-1133 / ogsd943@gmail.com

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BMC BIKE Gorgeous blue and white BMC Carbon fiber. Road frame 47 CM. Never used; in storage. Must see! (619) 237-8043

BICYCLE FOR SALE one year old, runs like new, ridden about six times. Make offer. (562) 846-9299 and ask for Steven.

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1964 HONDA CB77 A mostly restored 1964 CB77 Super Hawk, customized with CL72 Scrambler pipes and optional side stand. Engine rebuilt, No-OP status. Engine rebuilt, new MotoBatt battery, new cables, CB400F handlebars, new tires, fresh powder-coated chassis. Runs GR8! (858) 740-6478 / william.silver@gmail.com

2002 VULCAN DRIFTER 2002 Kawasaki 1500cc. Vulcan Drifter. With chrome. 5700 miles. Always garaged. Clean. \$5349. (858) 375-8728.

2014 HARLEY ELECTRA GLIDE comes with cover and charger. \$14,000 OBO. (619) 258-3541

2020 HARLEY DAVIDSON XL 1200, black. Cash price \$12,000. Too many extras to list. (619) 233-8300.

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1965 CHEVY IMPALA 4 DOOR Family owned, in good condition, runs good, all original except it has a 350 boxed engine and replaced the whole exhaust sys-

tem. Text to (760) 906-4737 for more info / l-spears1@hotmail.com

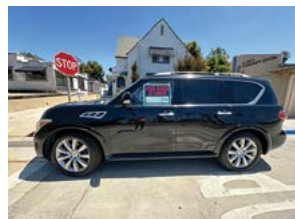
SELL MY RV AND MAKE \$1,000 Sell my 2018 Forest River Sunseeker to your uncle, friend, neighbor, or someone you know who's looking for a well-cared-for RV and I'll give you \$1,000 after it sells. I'm selling it for \$58,000 which is a great price for this RV. Email me. TheAdventureTravelers@gmail.com

1996 MIATA X-5 Beautiful red color. new radio and tires. Needs head gasket and transmission work. \$1500. (760) 644-8683 Escondido

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JAGUAR X-TYPE ALUMINUM WHEELS Three Original 16" wheels, I only have three, the fourth wheel was damaged by hitting a curb, I am selling all three for only \$225. Call (760) 746-7209, in Escondido



BLACK INFINITI QX56 2011 Black 2011 Infiniti QX56. Great condition inside and out. Minor dings on outside. Technical and media package. VIN - jn8az2nf89504341. New Tires and Battery juliefoconnell@gmail.com

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WE BUY ALL TYPE OF CARS! We buy all type of cars running or not. Call (619) 484-4032 - Get a quote - Get your cash. Same day pickup, Same day cash. No title, no tires, no keys, engine not working, check engine light on, running or not.



2007 HONDA ODYSSEY LX 2007 Honda Odyssey LX. Strong engine. Dependable. 163,000 miles. clean in/out. back seat folds down for extra storage.non-smoker. no dents or rust. no middle seat. clean title, ready to go. \$3750. fredzhandy@yahoo.com



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2004 PORSCHE CAYENNE S For Sale !! 5K OBO. Needs drive shaft bearing/bushing only. Not the entire drive shaft. 179,000 Miles. Clean Title ! No Accidents

or Major engine work. Black leather no rips. Tow Package. Email me for phone number cpduece@gmail.com

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TOYOTA PICK UP 1987 Gray truck, four cylinder, 22R engine, four speed. Runs great. Long term ownership. \$4,500. (619) 576-8196.

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RENTAL CAR starting from \$17.95 per day \$99 a week 350 a month 3006 Barnett Ave. Point Loma open seven days a week trucks for rent \$300 a week Toyota four runner also minivans \$400 a week 15 passenger vans \$500 a week. (619) 233-8300

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TOYOTA 4RUNNER for rent \$300 a week rent to own program available (619) 233-8300.

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OIL CHANGE \$29.95 Additional \$5 cartridge fee. Plus tax, haz waste, & engine cover shield removal fee. Up to 5qts 10w/30 oil. Special only for 4cyl vehicle. 6-cyl vehicle does not apply.

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BRAKES \$49 Front or rear *Plus Labor. Prices may vary depending on make and model.

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RADIATOR \$45 or Transmission Services *Prices may vary depending on make and model.

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STARTERS, RADIATORS, OR ALTERNATORS \$95 Plus labor.

FREE CHECK ENGINE LIGHT 96 and up.

We'll beat any written estimate! Dents, dings, scratches? Now offering bodywork. B.T. Auto Wrench

Walk ins welcome. No appointment necessary! **8027 BALBOA AVE. #B&C 858-533-8120**

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1999 TOYOTA AVALON White. Super clean. Rent to own or for sale. Cash price \$2900 (619) 233-8300.

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2000 TOYOTA AVALON GOLD Super clean. Rent to own or for sale. Cash price \$2900. (619) 233-8300.

2001 TOYOTA CAMRY Super clean. Rent to own or for sale. Cash price \$3900. (619) 233-8300.

2005 TOYOTA TUNDRA TRUCK Super clean. Rent to own or for sale. Cash price \$8900. (619) 233-8300.

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2007 TOYOTA 4RUNNER White. Super clean. Rent to own or for sale. Cash price \$9800. (619) 233-8300.

2009 MERCEDES E350W Black. Super clean. Rent to own or for sale. Cash Price \$6,900. (619) 233-8300.

2011 CHEVY CAMARO Black. super clean. Rent to own or for sale. Cash price \$17000. (619) 233-8300.

HELP WANTED

ENGINEER HW Verification Engr. Validate HW & FW for integrated circuits. BS + 1 yr exp req. Salary: \$95,680-\$134,550/yr. Company: Semtech Corporation, 10301 Meanley Dr, Ste 100, San Diego, CA

92131. HYBRID: May work several days per week from home (within San Diego area). Email resume to: Attn: P.Venkatathatham/RE: HVE, pvenkatathatham@semtech.com.

SR PROGRAMMER/ANALYST (Req# IIC1492) in San Diego, CA. Telecommuting permitted from anywhere in U.S. Prod support for SAP ECC/EWM/APO/GTS appl sfwr. Design, dvlp, test & sustain for a mix of proj, enhancements & break-fix items. BS followed by 5 yrs prog rtd exp. \$117,215-\$144,700/yr. Email resumes to Illumina, Inc at ReviewofResumes@illumina.com. Must ref job title & Req# in subject line.

DESIGN QUALITY ENGINEER II (Req# IIC1493) in San Diego, CA. Provide design control leadership to new prod dvlpmt teams, with a focus on Assays, Array and Automation dvlpmt projects. Telecommuting permitted within area of intended employment. Req Masters. \$94,578-\$114,578/yr. Email resumes to Illumina, Inc at ReviewofResumes@illumina.com. Must ref job title & Req# in subject line.

SYSTEMS INTEGRATION ENGINEER 2 (Req# IIC1494) in San Diego, CA. Work in team-oriented envr & help create & test leading edge genomic analysis tools, incl new library prep method, next gen, seq platform & latest sfwr analysis tools. Telecommuting permitted within area of intended employment. Req Masters. \$99,008-\$119,008/yr. Email resumes to Illumina, Inc at ReviewofResumes@illumina.com. Must ref job title & Req# in subject line.

DIRECTOR OF ENGINEERING ClickUp has an opening for a Director of Engineering in San Diego, CA- position eligible for telecommute. \$285K to \$375K/year. Email resume to apply@clickup.com. Ref. Job Code#DE.

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<h3 style="color: blue; margin: 0;">TIRES ON SALE!</h3>	
<p>BRAKES from \$50 Front or rear Most Cars + Labor</p>	<p>4 Wheel Alignment \$75 Most 4-cyl., Cars</p>
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<p>FREE CHECK ENGINE LITE '96 & up. Most Cars.</p>	
<p>REPAINT BUMPER OR FENDER from \$295 each. Most Cars</p>	<p>30K SERVICE \$195 4 cyl., Most Cars</p>
<p>TIMING BELT \$195 4-cyl., Most Cars</p>	<p>AXLE SHAFT \$99 4-cyl., Most Cars Plus Labor each</p>
<div style="display: flex; justify-content: space-between; align-items: center;"> <div style="text-align: center;"> <p style="font-size: small;">State of California LICENSED</p> <p style="font-size: x-small;">Test Only</p> </div> <div style="text-align: center;"> <h2 style="color: red; margin: 0;">SAVE AUTO</h2> <p style="margin: 0;">9280 Kearny Mesa Rd., SD 92126 (By 1-15 off Miramar Rd. next to Holiday Inn)</p> <h3 style="color: blue; margin: 0;">858-586-6666</h3> </div> <div style="text-align: center;"> </div> </div>	

SENIOR MANAGER/PRODUCT MANAGEMENT

Wrike, Inc. seeks Senior Manager, Product Management in San Diego, CA to develop strategic vision & product roadmap. Telecommuting is Permitted. Salary \$150,000 - \$180,000/year. Apply at jobposting-today.com Job ID# 33930.

HANDYMAN WANTED (MIRA MESA)

I am seeking a handyman whom I will pay cash to do some maintenance and repairs (especially plumbing and yard work) on my San Diego (Mira Mesa) house when he has time available. email; mysandiego-carl@yahoo.com phone ; (858) 322-9795

NEED SOMEONE TO RUN ERRANDS

I am Diego. I have a very busy schedule and struggle getting certain things done. I need someone who do errands occasionally and must have a vehicle to enhance quick response. cuetodiego999@gmail.com

HANDYMAN WANTED

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ASAP Mission Valley lady looking to hire a in home supportive service caregiver to work 2-3 Saturdays per month. 8 - 10 hours per day. A car is not necessary. Condo needs deep cleaning. I have emphysema. Blinds and windows need to be cleaned, pulling stuff out and organizing and light cooking is also needed. Please leave your name and number by calling (619) 269-3434 before 5 pm. Long term employment. Must be able to follow instructions.

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Local transport companies are looking for truck drivers with two or more years of experience. Requirements: Binational Federal License or CDL, Mexican Passport (mexican drivers), Visa B1/B2 or Residence card, ID or INE, Birth certificate, CV/Resume. Omega Compliance Solutions LLC. (619) 312-1545.

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Book me for home masseuse massage service appointment. I am located in Orlando Florida, distance does not matter after appointment is booked. Rates are 1-HR for \$110, 1.5-HR for \$140, 2-HR for \$220. Available from 11AM TO 6PM 7 Days. Call (208)-366-6469. (208) 366-6469 / sylviamoor808@gmail.com

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WORK as Barback, Busser, Cook or Dishwasher. Please text me at (619) 922-4944.

CLASS B DRIVER SEEKING TEMP. ASSIGNMENT

Class B and C driver seeking delivery work temporary-part time. Operate manual transmission lift gate tail end unloading. Trustworthy reliable good attitude John (858) 277-4908 this is my ad my address 10767 Esmeraldas Dr. 92124

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by High school/College graduate healthy 64 male southern Californian. Reliable transportation. Seeking steady full-time employment in Miramar, La Jolla, Solana Beach, Carlsbad, north county. Dale Hauskins (858) 401-2973.

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will provide companionship and friendship will discuss topics of interest prepare meals and much more in Point Loma and Pacific Beach California area. Please call Carol at (858) 731-6996

WANTED / TRADE

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WOOD RIVER/82 CADILLAC SEVILLE Want to buy a used old Cadillac from the 70s. My phone number is (760) 559-6760 Doesn't have to be perfect just has to run. I need it for transportation to and from medical.

WANTED BOAT RENTAL

Heavenly optimistic wisdom in exchange for boat rental for fun filled fabulous film festival fundraising. Please contact Lucky@irisheddiemurphyfilms2024@gmail.com. 941 Orange Avenue, Ste. 427, Coronado, Ca 92118

WANTED: CAGE DIVIDER FOR A DODGE RAM

high top van that will fit a 2019 van. Call or text (207) 265-6640

WANTED QUALITY TURNTABLE

so I can play my records. Call or text (207) 265-6640

SOLAR PANELS WANTED NEW & USED

I am looking for solar panels & inverters that are reasonably priced or if they are old I will haul them away for free so they don't end up in the landfill, I am setting up an off grid system, I am looking for a large quantity. (760) 746-7209

BUYING GARBAGE PAIL KIDS CARDS

Cash for 1st and 2nd series Garbage Pail Kids (1-83 a & b) and full sets, unopened boxes. San Diego local. (832) 651-8302 / ashscot@aol.com

BUYING OLD BASEBALL CARDS

Buying old baseball and other sports/non-sports cards. Pre-1980 preferred but buying more modern stars and rookies. Cash paid. San Diego local. Comics, autographs, memorabilia too. (832) 651-8302 / ashscot@aol.com

WANTED VINTAGE PIANO BENCH

Call or text, (207) 265-6640.

PROPANE TANKS WANTED:

5 gallon size, they can be out of date tanks. Let me know what you have, call (442) 277-1130

CAR WANTED

Looking for low cost transportation to get to work. Call Daniel Peterson at (619) 634-2755

I BUY KNIFE COLLECTIONS

(619) 806-6703 Scott

I BUY VINTAGE TOYS

(619) 806-6703 Scott

BUYING RECORDS, CASSETTES,

Tubes. Cash paid for LP & 45 records, vintage stereos/speakers, cassettes/blank cassettes, vacuum tubes, reel tapes, 8-tracks. Brands include McIntosh, Marantz, Sansui, Fisher, Scott, Pioneer, JBL, Altec, Tannoy, Western Electric & more.

I come to you! Call/Text (619) 889-5237.

LOOKING FOR SOMEONE TO DONATE A USED MASSAGE CHAIR

Cool dude, Pro-masseur looking for someone to donate a Massage Chair. Please text (619) 922-4944

CASH PAID FOR VINYL LP RECORDS.

We can come to you! Thank you. Call/text (760) 828-3515.

I BUY VINTAGE PILOT HELMETS

(619) 806-6703 Scott

I BUY VINTAGE SKATEBOARDS

(619) 806-6703 Scott

I BUY VINTAGE MUSIC GEAR

drums, guitars, amplifiers, etc 1-(619) 806-6703 Scott

I BUY VINTAGE TOYS

slot cars, windup toys, etc. Scott (619) 806-6703

LOOKING TO BUY OLD DRUM SETS

I pay cash. Any old Band Instruments. Text me pictures or call (619) 279-7833

CASH PAID: FOR OLD STEREO GEAR

Receivers, Amplifiers, Speakers, Turntables. Call Me (619) 279-7833

INDIAN ARROWHEAD/ARTIFACTS

Artifacts for my personal collection. Must be authentic and legally collected. No interest in modern reproductions. Call Steve at (619) 985-8562.

WILL PAY CASH

For records, CDs, DVDs, and clothes. Professional Singing Lessons available. Musicians Wanted. Call Jeff Clark, 858- 382-7396.

CASH FOR GUITARS

Old guitars. Old Guitar Amplifiers. Call me (619) 279-7833 or text me pictures please

OB SPACEMAN PAINTINGS WANTED

Clint Cary, the OB Spaceman, paintings wanted. Private collector seeking any and all of his art. Contact me at clintcarycosmicart@gmail.com or call or text (619) 684-0127

I BUY VINYL RECORDS

all types, great prices paid. We don't just buy 2-3 records, we buy your whole collection. Call (619) 250-3088.

OLD SINGER SEWING MACHINES

Singer 221 Sewing Machine. (619) 279-7833. Text me pictures of what you have

WILL PAY CASH....FOR RECORDS, ETC.

For records, CDs, DVDs, and clothes. Professional Singing Lessons available. Musicians Wanted. Call Jeff Clark, (858) 382-7396.

I BUY HAMMOND ORGANS AND LESLIE SPEAKERS

Text me pics. (619) 279-7833

I BUY VINTAGE STEREOS

pioneer, marantz, Sansui etc 1-(619) 806-6703 Scott

CASH PAID FOR OLD VW

Old VW Bus, Van, Bug. I like to buy any condition. Call or text pics #619-279-7833

CASH FOR COMIC BOOKS

Money, Money, Money! I pay cash for old comic books. Mark (619) 933-6275

WANTED: Speakers, amps and other old stereo gear!

The most cash paid always! Brands like JBL, Altec, McIntosh, Marantz and more! Call 1(619)-303-8031; e-mail JBL@old.net.

WANTED: OLD SLOT CARS

Or old toys. Cell/text (619) 279-7833.

GARAGE SALES

YARD SALE Yard Sale! This Saturday, September 14. Help our church! Looking for vintage albums, clothes, furniture, houseware, bikes, crystal, pictures ... COME on Down!! 7am- 12 pm. 5333 Roswell St. San Diego 92114 shoppersanders@gmail.com

FREE FURNITURE (MIRA MESA)

Giving away totally free these 6 furniture items in good shape ; 2 oversize padded desk chairs on rollers (seats 26" wide), 2 overstuffed sofa chairs, 1 small sofa, 1 reclining lounge. email : mysandiegocarl@yahoo.com phone: (858) 322-9795

GARAGE SALE 10/5 & 10/6

Community-wide garage sale Saturday and Sunday from 7am-12pm in 4S Ranch HOA. Take I-15 to Rancho Bernardo Road. Neighborhoods are north and south of Rancho Bernardo Rd intersection with 4S Ranch Pkwy. Look for garage sale signs!

FOR SALE

4 BEAUTIFUL NEW INTERIOR DOORS

Premium knotty alder, solid wood, mfg. by Craftsman In Wood in Arizona, 1-3/4" x 3' x 8", no hinges or handles, they are extra doors from my remodel. I paid \$1,500. each. Selling for \$750/each. Call (760) 746-7209.

BOOK COLLECTION: 570

BOOKS 238 hardcover & 67 softcover, about 264 cookbooks, some hardcover & some softcover, selling all for \$390. No haggle price, (760) 746-7209.

FISHER-PRICE TRIKE BIKE 4 KIDS

This trike bike has a stable wheel base with durable tires, easy-grip handlebars & large foot pedals. 2-5 years, max. weight 55 lb. Secret storage under the seat. 2 bikes available in good condition. \$15 ea. or \$25 for both. Text for more info/pics. (619) 796-5680 / cadbcasd@gmail.com

HANGING PENDANT LIGHT 37" TALL

This hard-wired classic pendant light has a frosted glass shade with a metal trim. Max. height is 37" and is adjustable. Clean in good condition. 2 pendant lights available, \$25 each or \$45 for both. Light bulbs not included. Text for more info/pics (619) 796-5680 / cadbcasd@gmail.com

NEW 175 PCS FIRST AID KIT CASE

This complete first aid kit is ideal for home, office, car & boat. It includes prep pads, towelettes, gloves, cold pack, eye patch, tweezers, bandages, gauze pads & tape. New, never used, in original plastic sealed case. \$12. Text for more info/pics (619) 796-5680 / cadbcasd@gmail.com

NEW DIGITAL KITCHEN FOOD SCALE

This high quality scale with large LCD screen displays weight in 0.1 oz. increments up to 11 lbs. Weigh items directly on the glass top or use your own plate/bowl. Battery, use & care guide included. New in original box. \$20. Text for more info/pics (619) 796-5680 / cadbcasd@gmail.com

OSCILLOSCOPES

Hickok model 5002A, three oscilloscopes, I don't have probes, all three for only \$150., total price, call (760) 746-7209.

SHOPSMITH MARK V MULTI-TOOL

Includes table saw, band saw, scroll saw, belt sander, lathe, jointer, dust collector, many extra parts & accessories plus an additional table for mounting tools when not in use, \$975., call (760) 746-7209

STRING TRIMMER-WEED EATER:

Bolens BL110 Handheld

Gas String Trimmer, 2 cycle 25cc gas engine, 16" curved shaft, has bump head release for 0.095 dual string line. New in original box, \$125. Call (760) 746-7209.

TROY BILT ROTOTILLER

208CC, Model: 21B34M871, purchased new, never used, \$575., (760) 746-7209.

WHIRLPOOL ELECTRIC OVEN-RANGE

Freestanding, 5.3 CU. FT., black glass cooktop, stainless steel color, 24" deep, 36" surface height, 30" wide, model #WFE320MOJS, new in unopened box, \$450., (760) 746-7209

BEAUTIFUL SOLID WOOD DECOR BOX

This small vintage box (5.5"x 3.5"x 2") with a hinged lid is nicely stained and varnished. It can be a wonderful storage place for jewelry, tarot, oils, arts & crafts, sewing supplies, and other lovely things. \$12. Text or email for more info/pics. (619) 796-5680 / cadbcasd@gmail.com

NEW ADJ. ALUMINUM WALKING CANE

This walking cane has a comfortable foam handle & wrist strap, a push-button height adjustment (29"-38") & a locking ring for security. Rated for up to 300 lb. in black or chrome silver. New w/ original tags & stickers. \$12. Text for more info/pics. (619) 796-5680 / cadbcasd@gmail.com

NEW BLACK FOLDING WALKING CANE

This cane has contoured T-handle, push-button adjustable height (32"-36") & locking collar for safety, 250 lbs. capacity. Easily fit into a bag or purse when folded. New, never used and in original plastic carryings bag. \$15. Text for more info/pics (619) 796-5510 / cadbcasd@gmail.com

VINYL RECORDS CDS DVD FOR SALE

Thursday thru Sunday... 9am to 4... 3939 Iowa St. Suite 2... Vinyl Records Cds Dvds... \$2 Dollars Each! North Park... @NORTHPIKS (858) 382-7396

2007 THOR STUMMIT \$6500

22' travel trailer RB. Complete, everything works, new awning and water pump. 2 propane tanks. Furnace, fridge/freezer, Elec tongue jack. EZ tow. Hitch & load levers incl. (760) 481-5269 / jcooper905@roadrunner.com

ARTWORK FOR SALE

including Here lies the Body of Robert Chambers. Landscapes, orig. lithographs, beautiful scenes from Hawaii and crystal of all types for sale. Call (619) 381-2134. Prices Negotiable.

STAPLE GUNS AND BUTT SETS

T25, T50, T75 Staple Guns and 2 Butt Sets (619) 390-8216 / robtville5@gmail.com

WASHER/GAS DRYER

LG washer and gas dryer for sale. White. Washer has new motor. \$650. Front loading. (760) 716-6854 / Gdeone54@gmail.com

HIGH BIAS CASSETTE TAPES

high bias cassette tapes can be used for recording, ten cents each. contact Paul and leave a voice message (619) 222-0278.

NEW HEART RATE MONITOR / WATCH

Black LCD display unit shows heart rate, counts steps & calories burned, date & time with stopwatch & alarm. Stainless steel back water resistant up to 98 ft. Backlight display for easy night use. New in the original box. \$15. Text for more info/pics (619) 796-5680 / cadbcasd@gmail.com

23"x19" COUNTERTOP W/ OVAL SINK

This good looking tan countertop comes with 4" backsplash, 4" center set hot & cold faucets, braided supply lines, 16"x 11"x 6" deep oval sink with overflow. Used with some normal wear. Clean & in good

working condition. \$35. Text for more info/pics (619) 796-5680 / cadbcasd@gmail.com



GIBSON PLATE SET Gibson Plate set, of four. Make an offer. Lakeside (619) 390-8216 / robtville5@gmail.com

LOW VOLTAGE VOICE & DATA TOOLS

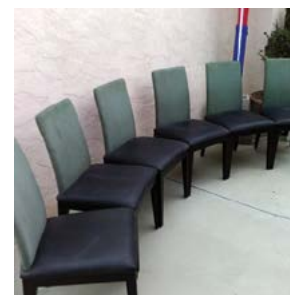
I'm retired and have lots of tools. Check them out and make a deal. Lakeside (619) 390-8216 / robtville5@gmail.com

NEW ARTHRITIS RELIEF GLOVES

These gray slip-on compression support gloves have open fingertips which allow for greater dexterity and help relieve pain & stiffness & enhance blood flow. Breathable cotton/spandex. New in original package. Size M or L. \$12. Text for more info/pics (619) 796-5680 / cadbcasd@gmail.com

TRAVEL ITEMS

Braun and Philips travel hair dryers \$5, travel smart mini hair dryer by Franzus \$3 and travel clarks clocks by digitime Chass and levenger \$2/ each. (619) 218-4031



COMFORTABLE DINING CHAIR

Black vinyl seat, pale green fabric seat back & tapered solid wood legs. Sturdy with strong support. 6 chairs available, clean & in good condition with some normal wear. \$15 each, \$25 for 2, \$45 for 4 or \$60 for all 6 chairs. Text for more info/pics (619) 796-5680 / cadbcasd@gmail.com

KOHLER WHITE WALL MOUNTED SINK

This Kohler white wall mounted bathroom sink (20.5"x 17.5") with 3 faucet holes and overflow drain is for 4" centerset faucets. The basin measures 20"x 12"x 7" deep. It is clean and in excellent condition. \$35. Text for more information and pictures. (619) 796-5510 / cadbcasd@gmail.com

NEW SHOWER BATH SAFETY GRABBAR

This 24" carbon steel grab bar (300 lbs. capacity) provides support when using the shower, tub or toilet. It can be mounted directly into wood studs or other wall materials. New in box w/instructions & 6 stainless screws. \$20. Text for more info/pics (619) 796-5680 / cadbcasd@gmail.com

NEW WRIST BLOOD PRESSURE UNIT

This easy-to-use monitor gives digital readout of pulse & blood pressure, on a large well-lit screen. It stores 60 readings with date & time. The cuff fits wrist circumference from 5.3" to 8.5". New in box with batteries. \$15. Text for more info/pics (619) 796-5510 / cadbcasd@gmail.com

BURIAL PLOTS FOR SALE NC

2 side-by-side plots at La Vista Memorial Park in National City, CA. Retail value is \$16,500 for each one. Sell for \$12,000 each or best offer. Will consider trades for classic cars or ? (858) 740-6478 / william.silver@gmail.com

NEW BEAUTIFUL VINTAGE THERMOS This lovely vintage 4 cup thermos (new) was made in Taiwan. A wonderful gift to someone special or enjoy it yourself to store your favorite hot or cold beverages. Brand new, never used, in a plastic bag & original box. \$25. Text for more info/pics. (619) 796-5680 / cadbcscd@gmail.com



SEALY CRIB & TODDLER MATTRESS This mattress has durable 204 heavy gauge interlocking steel coils for strength and soft non-allergenic sleeping surface for comfort. Clean and in good condition with normal wear including some taped tears on corners. \$15. Text for more info/pictures (619) 796-5680 / cadbcscd@gmail.com

NEW GEORGE FOREMAN GRILL W/BOX This new George Foreman Lean Mean Fat Reducing Grilling Machine has non-stick cooking surfaces perfect for grilling burgers, steaks, chicken, seafood & more. New, never used, in original box w/ drip tray, owner's manual. \$25. Text for more info/pics (619) 796-5680 / cadbcscd@gmail.com

100FT FISH TAPE 100ft steel Fish Tape w/leader. Grate condition. \$25.00 Lakeside (619) 390-8216 / robtville5@gmail.com

BEACH CHAIRS 2 Beach Chairs. Like new condition. Lakeside (619) 390-8216 / robtville5@gmail.com



BLUE FABRIC OFFICE CHAIR 4-WAY This high quality professional office chair is well constructed & very comfortable with smooth swivel and rolling actions along with multiple adjustments for seat/backrest height & seat/back posture. Armrests available. \$45. Text for more info/pics. (619) 796-5680 / cadbcscd@gmail.com

CAT 5 CABLE TESTER CAT 5 Cable Tester used for testing 4 pair cable. \$25.00 Lakeside (619) 390-8216 / robtville5@gmail.com

NEW INFANT BABY BATH SUPPORT This deluxe baby bather (12"x 12"x 14") bath support provides a safe and secure sponge bath for your newborn baby. It has 3 reclining position for comfort and can be used in the sink or adult bath tub. New & never used. \$12. Text for more info/pics (619) 796-5680 / cadbcscd@gmail.com

NEW TALKING BLOOD PRESSURE KIT This pulse & blood pressure unit has a large digital readout with talking features in English & Spanish. One button operation. It comes with universal cuff, user's manual, quick start guide & batteries. New & never used. \$25. Text for more info/pics (619) 796-5680 / cadbcscd@gmail.com



NIKE AIR PRECISION SZ 9 Nike Air Precision. Gently Used and in great condition... w/ Box Size 9 Asking \$35 OBO. (619) 882-1569 / PeteJusticeSD@Yahoo.Com

NIKE ZOOM RIZE TB - BLUE Nike Zoom Rize TB Basketball Shoes. New in Box Size 9 Blue Asking \$60 OBO. Call or EMail. (619) 882-1569 / PeteJusticeSD@Yahoo.Com

NIKE ZOOM RIZE TB SZ 9 - RED Nike Rize Zoom TB Basketball Shoes. New in Box Size 9 Red Asking \$60 OBO. Call or EMail. (619) 882-1569 / PeteJusticeSD@Yahoo.Com

TIRE CHAINS FOR 15" RIM Tire Chains for the snow. Never used. Sold my truck last year. \$10.00 Lakeside (619) 390-8216 / robtville5@gmail.com

UNIDEN AND BTECH RADIOS Uniden BCD436HP and Btech DMR 6X2. Send name, phone number and call sign to bg6@gmx.com

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6 FT. SCHULZKOPF. TRI FIN \$80. (858) 375-8728. For pictures.

NUNA BABY CARRIER AND CRIB baby carrier Nuna brand. Almost new and I have a baby crib for sale. They're both like new. Asking \$250 for both or best offer. 619 799-550-325. It's very cheap. My daughter paid over \$450.

VINTAGE PURSE AND CHINA Vintage Chanel purse. Its a steal. \$600. Prince Albert China \$50. (619) 517-4627

DIABETIC SUPPLIES Give me a call (619) 601-1827

60 GAL AQUARIUM W/ STAND \$125. (619) 586-7736

1963 CALIFORNIA LICENSE PLATES one set matching numbers \$50. Text (619) 832-3612

CLOSET SLIDING DOORS Two Hard core doors. Contractor style. Painted cream. 69 x 80. Good condition. No scratches, dents or dings. \$40. (858) 484-4483. Must transport

TREADMILL Merit fitness model 710T. 16 x 45. Closes to store away. Asking \$250. Good condition. Call Trudy-760-436-8452

BEAUTIFUL PEDESTAL BATHROOM SINK \$150. Delivered in county \$20. Photo on request. Txt or Message (858) 335-8750

HOT WATER HEATER 40 gallon Rheem electric. Commercial "take-out" for upgrade. Very low use. \$200. delivered in county \$20. Txt or Message (858) 335-8750. Photo on request.

ROUNDTRIP TICKET FROM SD TO NY Very reasonable prices. Please give me a call at (562) 587-4417

ONE OF A KIND ITEMS Unloading everything from sports equipment, musical equipment and female entertainment wear. Free or reasonable price. Contact (619) 228-5843

NIKON COLECTION cameras, lenses, accessories from \$1 to \$350. Excellent new condition. Call Ed (760) 757-5445

BUCK KNIVES 119 SPECIAL 75th Anniversary Fixed Blade Knife. Brand-new excellent condition. \$80. (619) 576-8196



2 VINTAGE CAMERAS FOR SALE 1. Kodak Six-20 Duo 35mm bellows camera f3.5 75mm lens Anastigmat lens. 2. Nikomat EL 35mm camera with NIKKOR QC Auto F1.4 200mm lens. Make offer Text to (760) 385-3585

TV SMARTBOX (619) 850-3264 Every channel on the planet. UFC, pay-per-view movies, TV shows, no satellite on your roof, no cable bills, free demo, money back guaranteed \$300.

POWER SUPPLY/RECTIFIER FOR PLATING INDUSTRY 500 amps, 120 volt unit, with amp meter, volt meter, regulator, adjustable unit, excellent condition, \$3000. (619) 576-8196

INVICTA WATCH DIVE CASES Star Wars, \$50. mint condition, txt (619) 817-1849.

PENTEX MX CAMERA with 50 mm f.127 lense. Never out of the box, original owner, \$250. Text (619) 817-1849.

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RECORDING SERVICES Pro tools HD3 and 24 track two inch analog. Neotek 40 input analog console. Amps, guitars, bass, 6'3 Baldwin Grand piano and much more. Studio musicians and production assistance available. (760) 855-3551 / exumrecording@gmail.com

RECORDING STUDIO Pro tools HD3 and 24 track two inch analog. Neotek 40 input analog console. Amps, guitars, bass, 6'3 Baldwin Grand piano and much more. Studio musicians and production assistance available. (760) 855-3551 / exumrecording@gmail.com

DOOR BELL & SECURITY CAMERA Sales, Repair, Upgrade. Computer Repair (Windows & Apple). HONEST & with references. (619) 770-0011 / luislednick@gmail.com

APPLE/PC COMPUTER REPAIR Professional support for Windows desktops, laptops, Apple iMac, MacBook, software, hardware, internet, routers, WiFi, printers. Certified. Same day appointment available. Serving all of San Diego. northparkcomputers.com (619) 299-2407

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HOUSE PAINTERS IN SAN DIEGO Call for your FREE painting estimate! (619) 597-0224 KB Paint & Coatings Inc in San Diego, Licensed & Insured. Lic#1116800 We Offer Interior & Exterior painting, Roof Coating, Minor Wood Repairs, Cabinetry & Power Washing. Info@kbpaint-andcoatings.com / i

MINDFUL NEUROSTIMULATION UCSD If you are 18-60 years of age and suffering from treatment-resistant depression, you may be eligible for the 8-week Mindfulness Engaged Neurostimulation for Depression (MEND) research study offering TMS with mindfulness exercises and up to \$300. braine@ucsd.edu

MALE MASSAGE THERAPIST FOR OUTCALLS ONLY \$60/hr or \$85/90 mins. Khevin @ (619) 922-4944.

!!PSYCHIC/CHAKRA SPECIALIST!! Hello I am Nasta i'm a naturally gifted psychic and healer & a level 3 reiki & a licensed mind architect est. 2017. I am able to help unblock any hindrance you may be going thru and re balance your inner self. I can rekindle/find love. etc. Call now (619) 603-7077 / chakaraosis@gmail.com

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BANKRUPTCY CAN BE A FINANCIAL LIFESAVER Eliminate your credit card debt, personal loans incl. payday advances & computer loans as well as old medical bills. All can be eliminated so you can start fresh to rebuild your credit. Why delay? Call the Law office of Frank D. Walker. Ask for Mel Quevedo- legal asst. (619)755-2365. Call today. The initial consult is free.

CRIMINAL DEFENSE ATTORNEY DUI, possession, domestic violence, etc. Visa/MC. Free consult. Scott Salmu, Esq., 619-232-4LAW (4529).

DUI AND CRIMINAL DEFENSE Affordable rates. Visa/MC, flexible payment plans. Free consult. Attorney David Boertje, 619- 229-1870.

PERSONAL INJURY ATTORNEY Car accidents, dog bites, etc. Free consultation. Scott Salmu, Esq., 619-232-4LAW (4529).

FULL BODY MASSAGE from head to toe. Reasonable rates, call Tony (562) 587-4417.

MASSAGE SERVICES by Rick; reasonable rates. Call (562) 846-9299.

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Solve your problems, improve your design, improve your maintenance today - no guessing! Educated, trained and experienced, 6th generation native, 6th generation horticulturalist in San Diego County. No sales, no installation, no maintenance. Check me out at EdwordsHorticulture.com, then call (619) 402-8670.

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P.L. WOODEN MOBILE NOTARY Do you need Loan Signing, Preened Home Going Planning, or Notary services for someone that is Hospitalized, in Senior care or maybe Incarcerated? If so, look no further. Call P.L. Wooden Mobile Notary for all of your Notary Needs At: (619) 867-4441

BUSINESS OPPORTUNITIES

MATURE LADY NEEDS \$\$\$\$ MAKERS! I'm struggling badly & in major need of legit cash. paying gigs, especially domestic tasks. Appreciate unique 1 timers! Nothing inappropriate/super heavy lifting. BIG dog lover. I'm hard working, dependable, polite & kind! No drama or addictions! Thanks!! sandiego-lady13@gmail.com

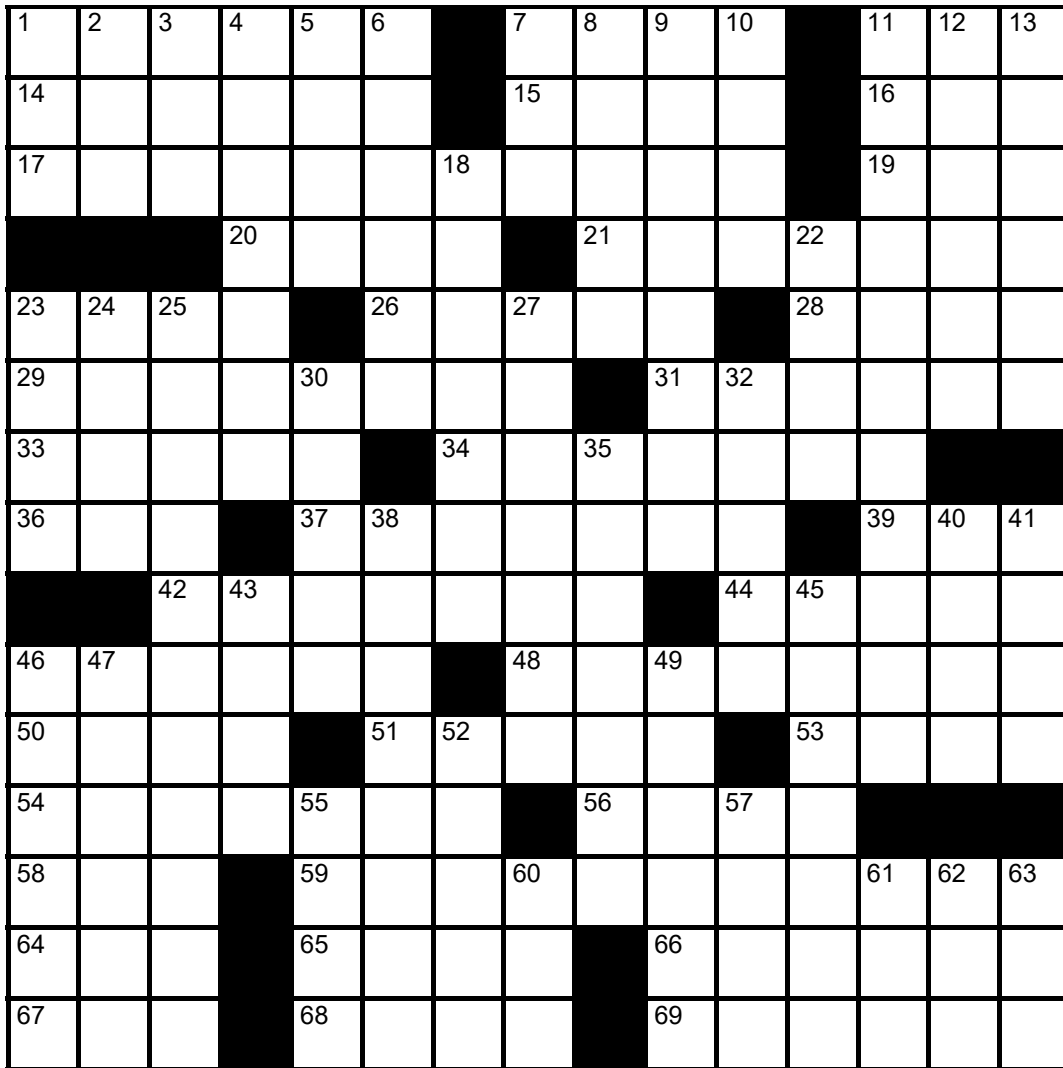


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CROSSWORD



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Across

1. "Everybody Loves Raymond," for one
 7. Church section
 11. "Everybody Loves ___ Sunshine" (one of Kamala Harris's "favorite albums of all time")
 14. Dr. Scholl's purchase
 15. ___-chef (second-in-command in the kitchen)
 16. Ball ending?
 17. Defeating Dad by a lot?
 19. Vote (for)
 20. Shopping bag
 21. Company whose cookies are purportedly made by elves
 23. Not only that
 26. Trash can resident

Down

1. Knightly title
 2. Rescuer of Odysseus
 3. Nashville sch.
 4. Soft and fluffy
 5. Hodgepodge
 6. "The FreshMaker"
 7. Cleopatra's downfall
 8. Dig Dug character with goggles
 9. 1970s Dodge Charger (that's not the new strain of stinging insect)
 10. In ___ (existing)
 11. Contemptible person got loud?
 12. "I wish"

28. "Insecure" creator Rae

29. Indicates
 31. Cruise the pubs
 33. Skater Harding
 34. Cook, but not enough
 36. Sault ___ Marie, Michigan
 37. Passes up
 39. "___ da" (all-purpose Scandinavian-American phrase)
 42. What fog comes on, in a Sandburg poem
 44. Prefix for some Goths?
 46. Somewhere halfway between noon and 5 p.m.
 48. Angry look
 50. Avoid
 51. Playful river mammal
 53. March middle

13. Catch deceptively

18. Charades signal
 22. Hoopoe, for one
 23. Rental units, for short
 24. Plunder
 25. Fashion that involves trigonometry?
 27. Clog up
 30. 1909-1912 First Family
 32. Heated crime?
 35. Calligrapher's sign of completeness?
 38. Words after "word" or "badge" (in some countries)
 40. "Punky Brewster" star Soleil Moon ___

54. Jefferson Airplane spinoff band of 1969

56. "Please ___ Eat the Daisies"
 58. Former soccer prodigy Freddy
 59. Canada's possible national symbol, if there were no maples?
 64. Golf score standard
 65. Native Brazilian along the Amazon
 66. Shocked response to "It'll happen to all of you"
 67. Summer, in parts of Europe
 68. "Double Stuf" cookie
 69. Foul up intentionally, as a conversation

41. Antagonists

43. "___ Too Proud to Beg" (1966 song)
 45. Run like a squirrel
 46. Form for some three-way junctions
 47. New Orleans Saints fan's chant
 49. Made smooth
 52. Brownish-gray shade
 55. Occupied with
 57. "Scream" star Campbell
 60. Cancun uncle
 61. "Messenger" material
 62. One of the former Big Four record labels
 63. Slippery fish

SOLUTION TO LAST WEEK'S PUZZLE:

F	A	C	T		S	C	R	A	M		D	E	V	I		
A	S	H	Y		K	U	A	L	A		O	D	I	N		
S	T	E	P	S	I	S	T	E	R		U	S	P	S		
T	H	E	E	U		H	E	X	I	N	G					
S	E	R	U	M	S					L	E	H	M	A	N	
					P	A	C	K	Y	O	U	R	B	A	G	S
A	F	T			C	A	R	O	L		D	O	D	G	Y	
V	I	E	D		B	A	U	D	S		Y	A	R	N		
A	R	R	O	W		U	T	I	C	A		M	O	C		
S	T	R	I	N	G	T	H	E	O	R	Y					
T	H	A	T	B	E					W	R	A	I	T	H	
					T	A	R	D	I	S		A	S	T	R	A
O	H	I	O			M	O	N	K	E	Y	S	P	A	W	
R	U	M	I			A	D	D	I	N		E	R	I	K	
B	E	A	T			N	O	O	N	E		R	O	T	S	

SUDOKU

MEDIUM:

		8			9	5	1	
			2	8	1	9		3
							2	
	5					3	7	2
			3		5			
7	9	3						8
	3							
2		7	6	3	8			
	1	9	4			8		

SOLUTION TO LAST WEEK'S SUDOKU PUZZLE:

HARD:

6	4	5	3	1	9	8	2	7
1	8	9	7	5	2	3	6	4
7	2	3	4	8	6	5	9	1
3	6	7	2	4	1	9	5	8
2	9	1	5	7	8	4	3	6
8	5	4	9	6	3	1	7	2
9	1	8	6	2	5	7	4	3
4	3	2	8	9	7	6	1	5
5	7	6	1	3	4	2	8	9

Look, Don't Touch

— Picture it: a curious young boy at a museum. An ancient artifact unprotected by glass. Bet you can't guess what happened next. On Aug. 23, reports CNN, a four-year-old boy visited the Hecht Museum in Haifa, Israel, with his parents. According to the child's father, the boy noticed a large ceramic container and "pulled the jar slightly," wanting to see what was inside — accidentally smashing the 3500-year-old relic in the process. Museum officials were unfazed: "We are appealing to parents: Don't be afraid. Things like this happen," said museum head Inbal Rivin. "We will fix (the jar) and put it back." The Hecht Museum displays some items without protective cases, a nod to founder Reuben Hecht's belief in allowing the public to experience archaeological finds with as few barriers as possible. The jar dates to between 2200 B.C. and 1500 B.C., and was likely used for storing and transporting liquid goods such as wine or oil. Finding an intact vessel was something of a rarity, and restoration efforts are already underway.

Unclear on the Concept

— A groundhog made headlines in Hollidaysburg, Pennsylvania, about an hour from Punxsutawney — but not for predicting the weather. Fun-seekers playing the claw machine at a local arcade realized that one of the "stuffed animals" was blinking back at them, reported the Associated Press on Aug. 14. Manager Lynn Castle of The Meadows frozen custard and mini-golf

isn't sure how the critter got in, but said it almost took an army to release the rodent. Employees contacted the machine's owners, who passed the buck to the police department, who called in the Pennsylvania Game Commission. Game wardens were able to open the machine and set the rodent, dubbed Colonel Custard, free in a nearby field. Castle and The Meadows wasted no time capitalizing on the incident, making T-shirts that said "Respect the Groundhog" and naming a frozen treat flavor after their furry visitor. "It's a good story that ended well," Castle said. "He got set free. No one got bit."

U R in Trouble

— Some people yell, throw things or shut down when they get mad. Not Dr. Giovanni Baula. According to court records in St. Petersburg, Florida, on two separate occasions, the good doctor expressed his ire with Dr. Dylan Dinesh by dousing the latter's office doors in gallons of fluid that smelled suspiciously like urine. As *The Smoking Gun* reports, court documents say the liquid "soaked into the front wooden doors, causing irreparable damage." Dinesh's practice suffered \$6000 worth of losses, in addition to the \$1500 to replace the doors. Baula was arrested and charged with a felony count of criminal mischief, but released after paying a \$5000 bond. Perhaps unsurprisingly, Baula doesn't exactly have a clean rap sheet. In 2003, he was fined \$10,000 and reprimanded by the Board of Medicine for a number of standard-of-care violations, including improperly prescrib-

ing medication for a telehealth client that he never physically examined. His medical license expires in January 2025.

Is Nowhere Sacred?

— Thanat Thangtewanon of Thailand recently had a bathroom break that was, well, nuts. India's *Deccan Herald* reported that on Aug. 22, what started as a routine trip to the washroom ended with Thangtewanon killing the python that had bitten his testicles. "I felt something biting my balls, which was very painful, so I put my hands in," he said. After whacking the reptile on the head with a toilet brush until it died and released its grip, Thangtewanon headed to the hospital for a tetanus shot. Doctors assured him that his injury wasn't too deep, and that no stitches would be required. Perhaps he should count himself lucky, all things considered -- pythons are known for suffocating and squeezing their prey to death!

The Solution Became the Problem

— On Sept. 3, the *Kyodo News* reported that a decades-long effort to eradicate mongoose from Amami-Oshima Island in Kagoshima Prefecture has been declared a success by Japan's Environment Ministry. One minor detail: The mongooses (mongeese?) were not native to the island — they had, in fact, been introduced on the island in 1979, when about 30 mongooses were imported to eradicate the habu, a species of venomous viper. One problem: The mongooses are active during the daytime, while the snakes they were supposed to cull are

nocturnal. So rather than doing the one job they were hired for, the mongooses, whose numbers swelled to around 10,000 by the turn of the century, played havoc on the rabbit population and destroyed crops and native fauna. The eradication effort included the placement of 30,000 traps and even a mongoose-sniffing dog. "This is an achievement that could contribute to the preservation of rare species and the natural heritage," Environment Minister Shintaro Ito said.

Malpractice

— William Bryan, 70, died during a splenectomy at Ascension Sacred Heart Emerald Coast Hospital in Walton County, Alabama, on Aug. 21. But *USA Today* reports that Bryan's family has filed a lawsuit against the hospital, alleging that surgeon Thomas Shaknovsky, who was supposed to remove Bryan's spleen, removed his liver instead, causing massive blood loss and killing Bryan. After the fatal procedure, a pathologist identified tissue from the removed organ, which had been labeled "spleen," was actually liver tissue, and an autopsy on Bryan confirmed that his spleen was still in his body. "We take allegations like this very seriously," said a statement from Ascension emailed to *USA Today*, "and our leadership team is performing a thorough investigation into this event."

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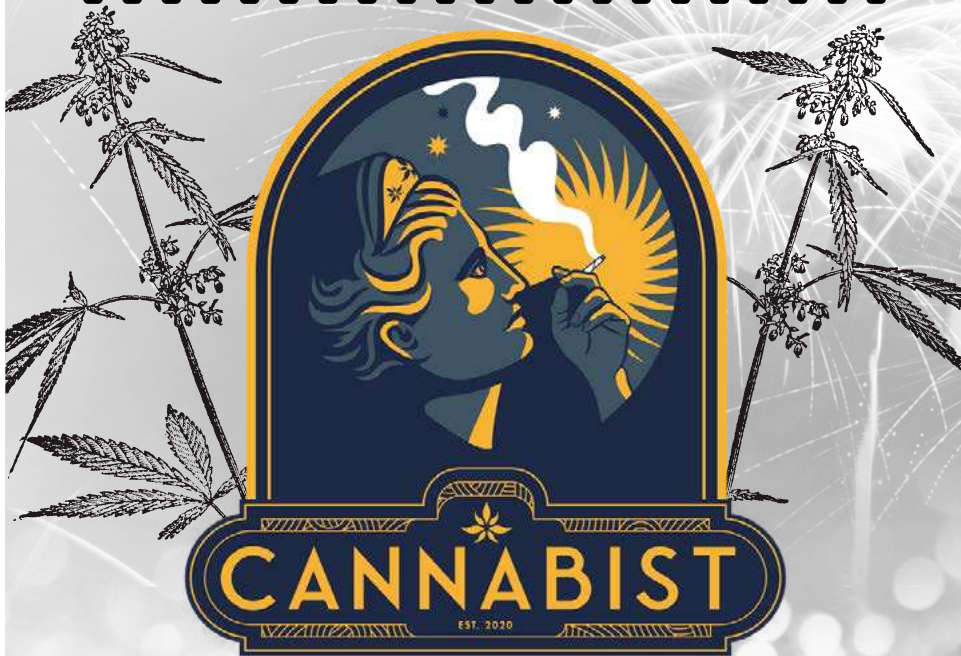
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