

S A N D I E G O

VOL. 53 | NO. 35 | AUGUST 29, 2024

Reader

LESS LONELY OUT HERE

The highs
and lows
of life amid
the homeless

Pistachios in sandwiches ■ Western swing from Ramona ■ Symphony re-opens with free concert

TCHAIKOVSKY SPECTACULAR

AUG 30

SAN DIEGO
SYMPHONY ORCHESTRA

RAFAEL PAYARE
CONDUCTOR
BLAKE POULIOT
VIOLIN



CLASSIC
ALBUMS
LIVE

PERFORMS

THE BEATLES'
SGT. PEPPER'S LONELY
HEARTS CLUB BAND

NOTE FOR NOTE - CUT FOR CUT

AUGUST 31

The
Beach Boys

ENDLESS SUMMER GOLD

SPECIAL GUEST
JOHN
STAMOS

SEPTEMBER 1
THE RADY SHELL AT JACOBS PARK

TROMBONE
SHORTY & ORLEANS AVENUE
BIG BOI

ON TOUR
TOGETHER!

SEPTEMBER 6
THE RADY SHELL
AT JACOBS PARK™



The Rady Shell
at Jacobs Park
SAN DIEGO SYMPHONY

TheShell.org

All artists, dates, programs
and pricing are subject to change.



ADVANCE TICKETS \$40

DAY-OF TICKETS \$50

2ND ANNUAL

SABOR DEL
Barrio
BY BARRIO LOGAN ASSOCIATION

SUNDAY, SEPTEMBER 8TH, FROM 12-3PM

TICKET INCLUDES TASTES AT 35+ BUSINESSES
HIGHLIGHTING CHICANO CULINARY ARTS &
FEATURING SOME OF OUR FAVORITE LOCAL
STREET VENDORS. ENJOY FREE ENTRY TO
LOCAL ART AND CULTURAL CENTERS AND
FREE TROLLEY SERVICE.

Appaa Churros • 664 TJ Birrieria • BomBom BakeHouse
Brujas Cocina • Cafe Madeleine • Cafe Moto • Chikita Cafe
Ciccio Osteria • Crab City • Crash Crash Buns
Drinky Promise Cafecito • El Carrito • Elotes y Esquites
El Terre Menuderia • Frime Mezcal • Gonzalez Northgate Market
Isa's Tamales & Sweets • Jaguar Paw • Julia Mae's Kitchen
Karina's Ceviche Bar 'N Tacos • La Divina Cocina y Cantina
Lia's Lumpia • Liberty Call Distilling Co. • Maggie's Cafe
Mariscos TJ 664 • Miguelito's Cocina and Catering
Mujeres Brew House • Neveria Los Mochis • Ol Asian Fusion
Panchita's Bakery • Provecho! Coffee Co. • Por Vida Cafe
Ryan Bros Coffee • Sabor de Antaño • The Shop Coffee
Tamales Oaxaqueños • Thorn Brewing Co.

Todo Pa' La Cruda • Xicanito's Tacos and Catering

Experience free entry to the Chicano Park Museum
and Cultural Center, Future is Color art space, The
Athenaeum Art Center and to other local galleries.



ART

FOOD

CULTURE

DRINKS

MUSIC

Event located in the
BARRIO LOGAN CULTURAL DISTRICT



For tickets & more info, visit:

WWW.BARRIOLOGANASSOCIATION.ORG

San Diego
Reader

SanDiegoReader.com
619.235.3000

August 29, 2024



Mental illness is everywhere — page 8



Did she or didn't she? — page 14



Rockabilly in Ramona — page 18

ADVERTISING

Display Ads

Automotive	26
Cannabis	31
Classifieds	25
Health and Beauty	12
Legal Solutions	7
Music	18
Rentals	25
Research Studies	9
Restaurants	24

NEWS & FEATURES

Neighborhood News

Condos and crowded streets in El Cajon, The Costco of weed at the Four Points Sheraton	2
Under the Radar	3

Letters	4
---------------	---

Golden Dreams

Hydrogen chase boats and biophilic homes in Kiwiland	5
--	---

Close to Home

Stopping by a church in Normal Heights	6
--	---

Less lonely out here

The highs and lows of life amid the homeless, by Linda Li	8
---	---

Puzzles	30
---------------	----

CALENDAR

Events

Art, Book-signings, Classes & Workshops, Comedy, Dance, Discussion Groups, Food & Drink, For Kids, Fundraisers, Lectures, Movies, Nature, Special Events, Spoken Word, Sports & Fitness, Theater	13
---	----

Outdoors

Katydid make the call	14
-----------------------------	----

Music

Blurt: In rockabilly, the bass slaps	18
Live Five	19
The Gonzo Report: Punched in the pit at As I Lay Dying	20
Immortal Beauty: Jacobs Music Center opens up to the public	22

Feast

A nearly subterranean sandwich shop	24
---	----

Treatment for
Depression

RAPID RELIEF FOR
MOOD & CHRONIC
PAIN DISORDERS



Ketamine
Infusion Therapy

- Depression, Anxiety
- PTSD, Suicidality
- Chronic Pain, CRPS & Migraines

Our medical providers have extensive experience administering Ketamine therapy and are board certified in Anesthesia and ICU medicine.

25% OFF FIRST TREATMENT



619-257-6198
2878 Camino del Rio
South, Ste. 404
San Diego CA 92108

Earn up to \$125 for your story and photos. Go to screader.com/write

NEIGHBORHOOD NEWS

By Reader stringers

EL CAJON

Condos cheap but parking scanty

No pool, overlooks mobile home park near El Cajon's Main Street

The El Cajon City Council has approved 132 new condos on a lot on East Main Street that could hold 209 units.

Lennar's townhomes are expected to fill a need for moderate-income workforce housing, which company spokesman David Shepherd told the city, "is really what we believe this market is."

While they aren't ready to release pricing, Shepherd said they intend to make the units attainable for many people, especially first-time buyers.

The city's median price for a single-family home is \$979,000, making townhomes a perfect "in between step" for buyers, said deputy mayor Phil Ortiz.



CREDIT: LENNARTOWNHOMES.COM

23 three-story homes will be located between North Mollison Avenue and North 1st Street.

nities. Units will range from 1200 to 1900 square feet.

Since an eight-foot grade of soil at the north end was to improve drainage (which will run through the high school and connect to North Mollison Avenue), the condos will be 47 feet high — for which the applicant requested a variance.

parking spaces where 307 are required, which staff said was similar to other new townhome projects; they encourage the use of public transit.

Council members said the project will help revitalize Main Street.

"We do know this will be a large infusion of capital into the community," said city manager Graham Mitchell. "So we can imagine there's going to be some other redevelopment projects in the area."

SHEILA PELL

women casually out-smoked jovial, green-friendly giant potheads. But amidst the haze, serious discussions emerged about legally purchased weed and fentanyl.

The August 11 event, Farmer's Cup 710 Edition, was a cannabis lover's paradise, referred to by some of the 1300 attendees as the "Costco of weed." Inside the hall, 37 vendors' booths offered free THC-infused samples, while outside, the air was thick with the scent of burning cannabis. "Man, I smelled the weed from the 805 Freeway," joked one concentrate smoker.

Despite the abundance of free samples, the event's primary focus was on celebrating the winners of the 710 competition, held a month earlier. The number "710" is a nod to July 10, but it also flips to spell "OIL," symbolizing cannabis concentrates or wax. The event honored the best "oil" products, as judged by San Diego's cannabis connoisseurs, with the winners — 1904 Provisions, Hashish, Jetty

The condos would have 292 off-street parking spaces where 307 are required, which staff said was similar to other new townhome projects; they encourage the use of public transit.

The infill project, located between North Mollison Avenue and North 1st Street, is similar to recently approved townhomes on Melody Lane and 300 El Cajon Boulevard, where prices start around \$669,990. The latter complex of 116 units, also built in a commercial zone, included 14 more units than the general plan allows.

While the 6.4-acre lot with its mixed use overlay is identified in the part of the city's plan called its "Housing Element" as anticipated to have 209 homes, senior planner Mike Viglione said the city has a surplus of planned housing at this density.

There are enough remaining sites in the housing element to comply with state law, so the project can be found consistent with the general plan, he said.

At 21 units per acre, the complex will consist of 23 three-story buildings. The housing element considers 10-29 units per acre to facilitate medium density housing in the moderate income category.

To keep prices down, Shepherd said there's no pool, but it will have a central recreation area, playground, barbecues and other ame-

Happy Villa Mobile Home Park, just 14 feet to the west, will be the most impacted by the homes, given their fully transparent windows and upper story decks that look right out on the park. The city had asked the developer to change the proposal to better accommodate the neighbors, resulting in an eight-foot retaining wall with landscaping to face the mobile home park and a screening fence five feet back that "shrinks the building as it approaches the wall," Viglione said.

Other neighbors voiced "huge concerns" about parking.

"Parking is really bad on Main Street already," said Shannon Boyce, who owns a townhome in a 33-unit complex next to the trailer park, where there are three cars per home.

It's going to be "affordable family living," she said. "You're going to have four to five family members living in those homes. And it won't be just two cars per home."

Another neighbor said Main Street parking quickly fills up. "All the big rigs that live in the mobile homes — they park there."

The condos would have 292 off-street

SERRA MESA

Cheech and Chong at the Sheraton

The dark side: 814 deaths caused by fentanyl in 2021

Last week, scenes reminiscent of a Cheech and Chong flick played out at the Four Points Sheraton just west of Serra Mesa, where oversized joints were passed around, and petite



"Man, I smelled the weed from the 805 Freeway."

NEIGHBORHOOD NEWS

Continued from page 2

Extracts, and Joost — taking home Farmer's Cup trophies.

These local favorites were selected by early-access judges who sampled a wide array of products, noting the quality of the smoke, taste, and high. But while traditional flower, pre-rolls, and edibles were all judged, the spotlight was on the "oil" products.

La Mesa native Norris Jarmon Jr., who has been cultivating his own weed and creating concentrate oil for nine years, reflected on his experiences at the Farmer's Cup. "I attended and worked the Farmer's Cup event in 2015," he shared in a recent interview. Back then, Jarmon made rosin, a type of concentrate oil produced using two heated plates to squeeze and extract the THC oil from the plant. "At the time, we were using hair irons; yes, the ones to flatten your hair. We, as Dr. Solventless, won awards and became a local staple. We eventually bought presses and brought them to events, squeezing on-site at Farmer's Cup and other local events in the 2015 era."

Nowadays, the more common method for creating THC-infused concentrate oil, known as dabs, involves using chemical sol-

vents like butane and propane to separate the resin from the trichomes on dried cannabis. While Jarmon's early methods were more manual, today's processes are performed by chemists in labs, ensuring the solvents are entirely removed from the final product. Jarmon added, "With rosin, you can tell immediately if there are any impurities in the material."

Exhibitors emphasized the need to purchase cannabis from licensed dispensaries, where there is laboratory testing. "You never know what you're getting on the street."

According to the DEA site, "In 2021 and 2022, there was an average of about 800 deaths in San Diego County caused by fentanyl or analogs of fentanyl in each year. In 2021, San Diego County experienced 88 homicides caused by firearms. That same year, the county saw 814 deaths caused by fentanyl poisoning."

Miramar's Infinite Chemical Analysis Labs tests much of Farmers Cup's canna entrees.

During the Sunday cannabis event, Laurence Alexander Diek Jr. strapped a Stündenglass Gravity Infuser water bong onto his chest, offering hits to random people at the event. One petite girl stunned onlookers by taking three massive hits without coughing.

MIKE MADRIAGA

UNDER THE RADAR

Quid pro Arsenault The prospect of riches from high-end real estate continues to attract wealthy investors, who come up with major money for so-called independent political committees boosting elected officials here.

For example, developers of North County's fiercely disputed Harmony Grove Village South have targeted a key county board of supervisors race, apparently hoping their chosen candidate will give their project his backing in exchange. Despite protracted opposition from nearby residents, who fear fire danger from runaway residential and commercial development in the unincorporated area, plans for Harmony Grove Village South, shot down by the board of supervisors in December 2022, remain alive and festering.

The saga began in February 2020, with a superior court ruling against a faulty environmental impact report.

Developers took their case to an appellate court, which ultimately held that only a single adjustment was required before the document could be revived and "recirculated." The ruling opened the way for another hearing by the board of supervisors after planners issue their recommendations. "The project will be on the agenda for the Thursday, September 12, 2024 San Dieguito Community Planning Group meeting at 7:00 PM," says the county's website. "Comments on the New Recirculated Section with attachments must be received no later than October 7, 2024, at 4:00 p.m."

Meanwhile, anticipating a future hearing by the board of supervisors, Harmony Grove Village South developers are spending major money, including \$15,000 on June 26 from RCS Harmony Partners, LLC to a political committee calling itself the Homelessness Crisis Response Committee Supporting **Kevin Faulconer** for Supervisor 2024. Republican Faulconer is a developer favorite who seeks to overturn incumbent Supervisor **Terra Lawson-Remer**, a Democrat.

In addition to the RCS Harmony Partners contribution, other major money for the pro-Faulconer PAC came from the Infrastructure PAC of the Association of General Contractors, with \$100,000 on May 13, and from fallen port commissioner **David Malcolm's** La Playa, LLC, which gave \$25,000 on June 27. During the first half of this year, RCS Harmony Partners, LLC came up with a total \$30,000 for another of its favored development advocates, the San Diego Labor Coalition, Sponsored by Laborers' Interna-

tional Union of North America Local 89. The committee has yet to post its fall voters guide, but in the March primary endorsed a host of Democrats for state legislature, along with San Diego Democratic Mayor **Todd Gloria**, and four fellow Democrats on the city council, **Joe LaCava**, **Stephen Whitburn**, **Marni von Wilpert**, and **Raul Campillo**.

The money man behind RCS is Denver, Colorado billionaire **Marcel Arsenault**, a peace and weapons control advocate, as well as



Kevin Faulconer wants to build a better future — emphasis on "build."

real estate mogul who founded Eco-Cycle Boulder, where he was vice chairman. In December of last year, Arsenault went public with his real estate worries. "The real estate investor said he'd dumped many of his office holdings by last year as the values seemed unsustainable and interest rates shot up, amid other depressing trends," per a December 4, 2023 account by the *Colorado Sun*. "But he held on to

strong clients like Amazon, who 'would pay their leases.'"

Katz's tax and water torture

Two longtime San Diego big money power-brokers are heading up a new political committee promoting Measure E, a city sales tax hike backed by Mayor Todd Gloria and his fellow city council Democrats, per an August 14 disclosure filing with the city clerk's office. City worker labor chieftain **Michael Zuchett** and wealthy Del Mar resident **Mel Katz**, currently chairman of the San Diego County Water Authority, are listed as principal officers of the effort. Katz and wife Linda were among



Mel Katz: helping to pay Nathan Fletcher's legal bills?

the final donors to fallen county supervisor **Nathan Fletcher**, toppled by a sex scandal in April of last year, kicking in a total of \$12,000 in December of 2022 to Fletcher's subsequently abandoned 2024 state senate bid.

The \$900,000 or so of left-over state senate campaign cash has since come in handy for Fletcher as he battles civil sexual assault charges brought against him by **Gre-**

cia Figueroa, an ex-public affairs worker at the San Diego Association of Governments, which Fletcher once chaired. "Fletcher may be testing the boundaries of what is a legal campaign expenditure, according to campaign finance experts, as he converts his political war chest into a kind of legal defense fund," notes an August 13 online dispatch by *KPBS.org*. "The majority of Fletcher's state Senate campaign expenditures have gone to his

continued on page 4

MORE CHANCES TO WIN!

WIN DINNER



Enter to win dinner for 2 at 8 SD Restaurant Week destinations.

Deadline to Enter: Wednesday, September 4 at 1pm

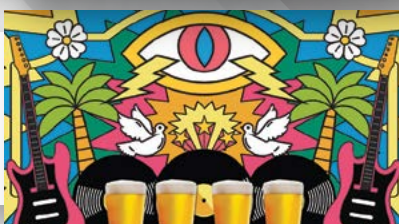
WIN TICKETS



Enter to win a pair of VIP Tickets to Taste of Gaslamp.

Deadline to Enter: Friday, September 6 at 1pm

WIN TICKETS



Enter to win VIP Beer Tickets to Adams Avenue Street Fair.

Deadline to Enter: Monday, September 16 at 1pm

Enter to win at sandiegoreader.com/contests

Grow your skills as you care for others!

Are you caring for someone with Alzheimer's or another chronic illness? CalGrows has hundreds of free classes and personal coaching to grow your skills and boost your confidence.

SIGN UP TODAY!
CALGROWS.ORG



In collaboration with:
ALZHEIMER'S ASSOCIATION

LETTERS

We welcome letters pertaining to the contents of the Reader. Submit them at sdreader.com/letters or phone them in at 619-235-3000. Include your name and neighborhood. Letters may be edited for length and clarity.

Sliding into history

I agree with radio personality Xavier the X-Man's assessment that the Australian woman who goes by the name Raygun "disrespected the culture" of breakdancing ("Breaking broken?", Neighborhood News, August 22, 2024). Believe me, I know how it feels. You should've seen me on the original Wham-O Slip 'N Slide back in 1961. Why didn't the International Olympic Committee recognize the sport in time for the 1964 Olympics in Tokyo? We'll never know. I could've had class. I could've been a contender. I could've been somebody.

El Dondero
Oceanside

Comments from SDReader.com — *not edited for punctuation, spelling, or grammar.*

Following pistachios to Lucca Italian Sandwich Shop

Feast! Restaurant Reviews,
Aug. 20, 2024

Do you know Trader Joe's sells stracciatella cheese? It's great!

-Cheesey Pete

Carlsbad asked to clamp down on backyard chickens

Neighborhood News,
Aug. 13, 2024

If you buy a home near an agricultural zone, you are buying into the risk of having the noise and smells that come along with it. Same for residential areas near dumps or other waste processing plants.

-For cluck's sake

Allen Glick and the killing of Tamara Rand

News Ticker, Aug. 6, 2021

I know why rand was killed

first then brutally murdered by the Chicago outfit and the Milwaukee mafia because she uncovered evidence of the Chicago outfit's businesses rackets activities investments and skimming operations in Las Vegas so the Chicago outfit sent Spiloto to san diego to take rand out she was going to blow the whistle first and then shut down the Chicago outfit's operations in Las Vegas for good but before rand was going to testify before the gaming control board of the state of Nevada glick was dealt with a frightened and unexpected turn of events

-Illinois Insider

continued on page 12

Under the radar

continued from page 3

lawyers in the alleged sexual assault case." An April 11 KPBS report said Fletcher used the senate fund to pay Los Angeles law firm Fisher & Phillips LLP "a lump sum of \$323,220 for 'professional services' late last year." Katz played a crucial role in start-up funding for New San Diego, a since-folded political committee that mas-termined the 2023 cascade of hit pieces against ex-Assembly Democrat **Lori Saldaña**, which knocked her out of a San Diego council general election race against incumbent Democrat and Gloria favorite **Jennifer Campbell**, the ultimate winner.

Then, before shutting down in June of this year, New San Diego dispatched mail pieces promoting Republican neophyte **Jane Glasson** in what was widely seen as a failed attempt by monied Gloria backers to edge San Diego cop **Larry Turner** out of the mayor's re-election race. So far, the money behind Gloria's and Katz's city sales tax boost push has come from San Diego City Firefighters Local 145 PAC, with \$119,800 on August 9.

— Matt Potter
([@sdmattpotter](mailto:sdmattpotter))

The Reader offers \$25 for news tips published in this column. Call our voice mail at 619-235-3000, ext. 440, or sandiegoreader.com/staff/matt-potter/contact/.

EDITOR

Jim Holman

NEWS & FEATURES EDITOR

Matthew Lickona

SENIOR EDITOR

Matt Potter

EDITORIAL ASSISTANT

Chris Woo

CONTRIBUTORS

Chris Ahrens, Ian Anderson, Thomas K. Arnold, Ed Bedford, Siobhan Braun, Ryan Brothers, Matthew Flynn, Gabe Garcia, Leorah Gavidor, Moss Gropen, Andrew Hamlin, Dryw Keltz, Thomas Larson, Ken Leighton, Ivan Molina, Mike Madriaga, Bill Manson, Sheila Pell, Jake Peterson, Dave Rice, Jay Allen Sanford, Spike Steffenhagen, Matthew Suárez, Monica Yarbrough

SENIOR ACCOUNT EXECUTIVES

Eduardo Bravo, Holly Micelli, Graeme Storey, Todd Westfall

MULTIMEDIA ACCOUNT EXECUTIVE

Cameron Pittman

DIGITAL AGENCY MANAGER

Daniela Penkova

DIGITAL CONTENT EXECUTIVE

Brian Hernandez

OPERATIONS MANAGER

Alicia Bell

DIRECTOR OF SALES

Stephen Hatch

DIGITAL MARKETING COORDINATOR

Amanda Tascher

PRODUCTION COORDINATOR

Mike Brown

ART DIRECTOR

Jessica Wentzel

ACCOUNTING & HR MANAGER

Ruta Stecher

DISTRIBUTION MANAGER

Marina Bahena

All advertising in the Reader is subject to current rate card. The Reader reserves the right not to accept an advertiser's order. The entire contents of the San Diego Reader are copyright 2024, ©SDReader, Inc. All rights reserved.

NATIONAL ADVERTISING

VMG Advertising - 888-278-9866

OFFICE

Reader, 2323 Broadway, suite 200
San Diego, CA 92102

619-235-8200

Paid Classifieds

OFFICE HOURS

By appointment only

GENERAL INFORMATION

619-235-3000

Clean engines...

Who knew that power boats would be the news at this year's America's Cup? The world's oldest sporting competition — for sailboats, mind you — starts up again later this month in Barcelona, Spain. No San Diego Yacht Club



Kiwi hydrogen-powered America's Cup chase boat, Case Zero.

presence this time, but at least the New York Yacht Club will be there, representing the U.S. with its foiling version of *American Magic*. The problem? Call it logistics. The latest yachts are so fast, their own chase boats sometimes can't chase them down. Foilers can skim over the water at 50-plus miles per hour, and even if the chase boats can catch them, they have to use throat-choking amounts of throttle — read: CO2 exhaust pollution — to do it. Hardly a good ad for this “pollution-free” sport.

Then along comes the *Chase Zero*, the Kiwi

world's first pollution-free hydrogen-powered chase boat. And yet, *Chase Zero* still uses engines. That's right: two Toyota hydrogen-burning fuel cells. *Chase Zero* can keep up with their yacht and then some, yet, incredibly, it costs Mother Earth absolutely nothing. In these CO2-conscious times, if nothing else, the Kiwis are surely ahead on the PR front.

Yes, the engines send out exhaust: H2O. Water! They aren't any kind of total pollution solution — hydrogen is too bulky, and too expensive; and one reason industry loves it is because they can throw their fossil fuels through the same pipelines. But it is revolutionary. How revolutionary? A group called Energy Observer sent a similar power boat around the world without using an ounce of fossil fuel.

So what now? We should hold our breaths for hydrogen-powered cargo ships, and maybe also foiling, sailing superliners sliding into 'Diego Bay on that Norwesterly breeze from Hawaii and China. Talk about back to the future.

...Dirty homes

“We're tucking our kids into the fridge at night,” says Bob Burnett. “It's not right.” Indeed, while San Diegans are enjoying (or cursing) the summer heat, many Kiwis, especially in this frigid, midwinter South Island of New Zealand, are fighting leaky-house drafts and diseases brought on by the

The latest yachts are so fast, their own chase boats sometimes can't chase them down.

chase boat that combines newly unleashed powers (unleashed by splitting hydrogen atoms) with foils — kinda underwater water skis — to lift most of the boat on top of the sea, just like the yachts themselves.

I've been following the reigning champs, New Zealand's Royal New Zealand Yacht Squadron, as they readied this year's defender, the 75-foot *Tathoro*, which is short for “*taihoru nukurangi*,” “to move swiftly, as the sea between sky and earth.” The Kiwis' fame as innovators got a rocket boost back in 2013 when they wheeled from their shed a boat that actually lifted out of the water and skipped along on those thin foils, and so sailed way faster than any previous competitor ever had.

Four times, so far, the Kiwis have owned the 1848-crafted silver ewer: in San Diego in 1995, 2000 (off Auckland, New Zealand), 2017 (Bermuda), and 2021 (Auckland again). Okay, that record pales beside the New York Yacht Club's 24 victories in a row between 1857 and 1983, but it is New Zealanders who are the current owners. And, this year, they have developed the

damp. “[Many of us] don't heat our homes,” says Burnett. “It's another New Zealand here. Or if we do, it's one room. It's a living room with a heater. And the rest of the house has freezing cold bedrooms. And we don't ventilate. We don't extract the moist, stale air that builds up inside our homes. Inside air is often a lot worse than the air outside. The CO2 builds up. Humans breathe out CO2 and moisture, potentially creating a situation where black mold develops inside the construction. That can lead to asthma and other related diseases affecting elderly people and kids. Thirty thousand Kiwi children are admitted to hospital because of it every year.”

The good news? Burnett's leading the charge to create “Super Homes,” ventilated but draft-proof, and yes, warm houses which don't produce these toxins of the damp. Burnett is a leading New Zealand architect. He and I are standing against a temporary rail in a spectacular cliffside house-in-progress site that looks out from its aerie over McCormacks Bay, west of Christchurch.

Burnett is into an architectural trend well-



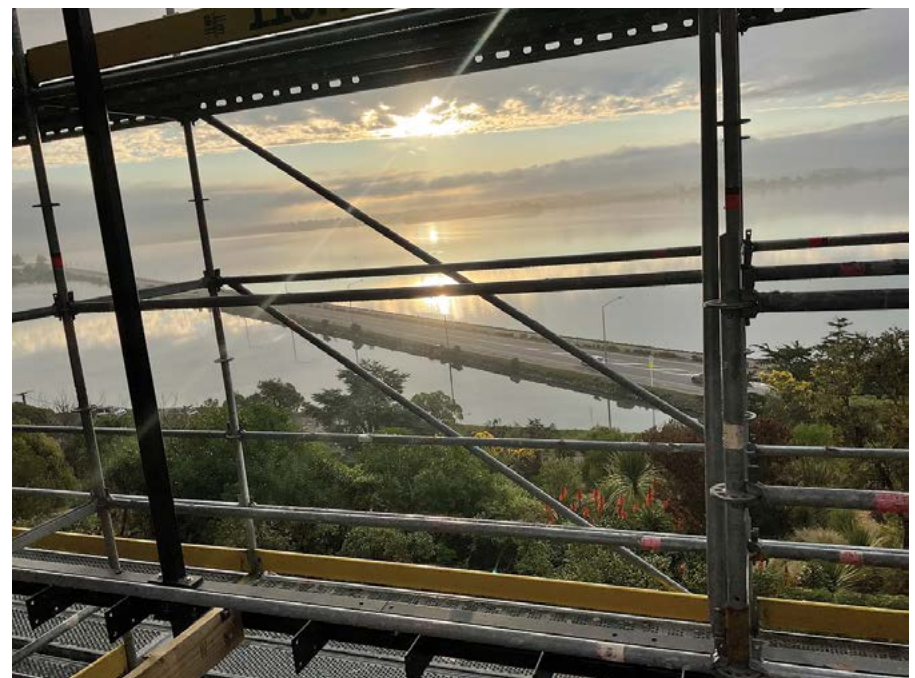
Architect Bob Burnett holds forth from ground floor of his latest house.

known in Southern California: biophilia. Biophilic design “is an approach to architecture that seeks to connect building occupants more closely to nature.” He says it couldn't come at a better time. New Zealand, population five million, has one million unhealthy, energy-hungry homes, and 80 percent of its air pollution these days comes from home heating. And yet, “The [winter] temperatures inside these homes are single digits. Not much more than outside temperatures. It's absolutely unacceptable.”

Part of the problem, he says, is that New Zealand's building regulations are ancient and inadequate. It seems the construction industry lobbies hard to keep things that way. But Burnett is trying to build this house to *his* standards, so that it doesn't “cost” Mother Earth in carbon use. I ask him how he got so committed to becoming a “zero carbon footprint” architect. “I guess my backstory was that the big earthquake we had [in 2010] ejected me and my family from our near-new, warm, comfortable, home. We had to move around rental accommodations, and we expe-

rienced some ‘standard’ homes that were damp and moldy. And that really affected the health of our very young children. The three-year-old, particularly, developed severe asthma. The doctor said, ‘I think it's your house.’ And we just realized that this is how half the population is living. We need to do better than that. So that's what gave us the idea to start the Super Home movement, because then, and even now, houses are built to minimum standard, and not for purpose. These are not healthy homes. The way they are built, even the new homes can have quite unhealthy temperatures and condensation.”

In summertime, Christchurch fares better. It used to follow trends too common in Southern California, where 8 of 10 people — 32 million — lived in counties with unhealthy levels of ozone or particulate pollution in 2014, according to the U.S. EPA. In the early 2000s, Christchurch, a pollution trap lowland, used to suffer from dangerous levels of air pollution for 50-60 “exceedance” days each year. But by 2017, they had got it down to just four. ■



Bob Burnett's latest: it'll be a million-dollar view when the scaffolding comes down.

Bells, tolling

New Year's Eve in Normal Heights

Churches can be grand, but this Normal Heights church is not, even though it has some height and size and a staircase that raises the whole building five feet closer to God. The church's exterior is ordinary, too uniform to be interesting and too drab to be beautiful. There's a workmanlike quality to the structure: what a church might look like if designed by the architect who also did the local bank.

It has a small parking lot, possibly too small for the congregation — though you would need to walk past during Sunday service and remember to look closely to say for sure. It also has a bell tower, and on Sundays and holidays, the bell rings clear and loud, though the sound stops shy of Adams Avenue. The bells can be programmed to play songs (how modern), and they do play them on occasion, five long minutes of church music clunking heavily in dry air. You don't really know what goes on inside the church. A peek through the front door reveals a plain-ish interior, no doubt outfitted with the requisite stations of the cross and pieta and font of holy water, but you haven't been Catholic for years.

For you, the church's function is as a meeting place. It's got that height and size that a landmark needs, and because it's about equidistant from your friend's apartment and yours, it's easy to say, "Let's meet at the church." Plus, a low brick wall lines a small patch of grass on the northeast corner of the church — a perfect place to sit should you beat your friend to the rendezvous. (If, as is more likely, your friend beats you there, she doesn't wait, just walks straight on past the church, secure in the conviction that she'll run into you soon.)

Later, when your friend has died, the church is



For you, the church's function is as a meeting place. It's got that height and size that a landmark needs.

an appropriate place to stop and cry. Sometimes, the bells are ringing. There are burrs in the little patch of grass. You know this from flopping recklessly back onto it while waiting for your friend when she was alive. For this reason, when she is dead, you do not flop recklessly, though your grief would entitle you to do this.

You are walking back toward your apartment on New Year's Eve. You were at Vons, and your friend — a different one, one who is still alive — asked you to buy ice for her party. The ice is heavy, but your brother has borrowed your car, so you have to walk. It is your friend's — the original one, the one who is dead — birthday. You are on the phone to your friend — a third friend, one who is alive and in Denver — and she talks about her plans for the evening while you set the ice down on the low brick wall. You do not lie in the grass because of the burrs, and anyway, it is an odd thing for a person who is alone on the street to do. At some point on your walk, you passed your dead friend's apartment, though you do not remember doing it.

You don't always remember passing the church these days, either. Sometimes, your brain skips it like a scratched record, and you find yourself three blocks away, unsure if you're even on the correct road, though you know you must be. You look at the flowers in the lawns to try to get your bearings, but it doesn't really help. There are always flowers blooming in Normal Heights, on bushes and trees and lawns. It's always one plant or another's turn to show off. You rub the petal of a bougainvillea between your fingers.

When your friend is alive, you meet at the church, and then you walk into the neighbor-

hood streets north of Adams. Some houses are terribly grand; you take her to a remote canyon ringed by houses that could be owned by the kids of a James Bond villain. The canyon is blanketed in orange blooms. "I've never been back here," she says, even though, like you, she spent most of the pandemic walking from canyon to canyon.

Eventually, you'll walk your dogs together. She adopts a raggedy thing, and though he is prone to barking at passing dogs and nipping at passing men, he likes you, and he likes your dog. They walk quickly together, competitive, faster than they do alone, and get home relaxed and ready to sleep through the evening.

There are other meeting places besides the church. Blind Lady Ale House. The pet store, your dogs pulling anxiously, knowing they will get treats. Your apartment, where your friend watches, bemused, while you pull your kitchen apart looking for a corkscrew. That night, you pop a bottle of Prosecco instead, and when she comes over the next week, she brings a corkscrew. You still have it, even though your other corkscrew turns up too and now you don't know which one was hers.

She's a reader, for completion rather than for content. Every time you pass a little free library, she stops to see what's available — beyond the usual mysteries and self-help books. She'll read almost any fiction, even if it's a struggle. For three weeks in the summer, she's reading the same novel, even though every time you meet up, she complains that it's badly written. She finishes it, though. You take books, too, but they pile up on your bookshelf and go unread.

Little free libraries are everywhere in Normal

CLOSE TO HOME

ISABELLA CAPASSO

Heights; you send her a picture of a map someone has posted in Dark Horse Coffee, showing where each can be found. You've stumbled across most of them on your walks, anyway. The castle. The Tardis. The libraries that are open to the air, the ones that have fancy latches. The one that has mostly kids books, and the one that has the most comprehensive collection of Danielle Steel you've ever seen.

She gives you one of her books once she finishes reading it, but after she has died, you don't remember which one it is. There are too many others that you've taken and never given back: the Murakami and the Stephen King and the nonfiction about the collapse of civilizations. But you know it's there, a foot from your head while you sit on the couch.

Reading, perhaps even failing to read, is solitary. When you are together, the two of you watch *The Righteous Gemstones*, and she squeals at the male nudity on screen. She gets one of the songs stuck in her head and texts you about it, gets it stuck in yours. You make it halfway through the second season. You don't believe in ghosts, but when you try to watch the show after she is dead, she's in her usual chair, silent and watching.

One night, she's at your house and both your dogs are barking. There's been a crash outside, and you can see a car, a motorcycle, two ambulances, and three police cars. The two of you watch, holding the dogs up to see the chaos in order to keep them quiet. "What happened?" you ask. "What will happen?" she asks. A man is loaded into an ambulance. For days afterwards, the glass from the car window sparkles in the street. You think about this after she has died, because you don't know what happened yet, wondering if this was some kind of sick foreshadowing. It wasn't, though. It was just one of those things.

She isn't your best friend, but you feel warm when she comes over after Thanksgiving, laughing easily with you and your brother, wrangling her dog, drinking your wine. She has just started a new job. She's been looking for one almost the whole time you've known her, and she's busy but happy. *This is so comfortable*, you think. *I'm so glad she is my friend.*

Two weeks later, you make plans and she doesn't show up. You walk to her apartment because you haven't heard from her. You walk to her apartment because you know she is dead. You go get ice. You stand at the church. It is New Year's Eve, it is her birthday, and as you set down your ice on the low church wall, the bells begin to chime. ■



Little free libraries are everywhere in Normal Heights; you've stumbled across most of them on your walks.

FREE Legal GUIDE

619-780-2470 • SDReader.com/Legal

Available 24 hours a day, 7 days a week. At the prompt, enter the 4-digit extension of the category that interests you.



EMPLOYMENT LAW • Extension 5609

Sponsored by Cohelan Khoury & Singer
605 C St., Suite 200, San Diego • 619-595-3001 • ckslaw.com

- | | |
|--------------------------|---------------------------------|
| 1 Wage & Hour Violations | 5 Misclassification |
| 2 Unpaid Commissions | 6 Improper Deductions |
| 3 Expense Reimbursements | 7 Discrimination and Harassment |
| 4 Wrongful Termination | |



WILLS, TRUSTS, & ESTATE PLANNING

Extension 5623

Sponsored by the Law Office of David Sean Dufek • 619-222-5886
3737 Moraga Ave. Suite B-113, San Diego • www.dufeklaw.com

- | | |
|--|--|
| 1 Do I need a Will? | 5 What do you do when a parent or loved one passes away? |
| 2 Do I need a Trust? | 6 I already have a Will and/or a Trust. Do I need to update these documents? |
| 3 What is the difference between a Will and a Trust? | |
| 4 What is Probate? | |



SOCIAL SECURITY DISABILITY

Extension 5610

Sponsored by The Law Offices of Cory A. DeLellis • 619-567-0595
3949 Clairemont Dr. Ste. 10, San Diego • corydelellislaw.com

- | | |
|-----------------------------------|-------------------------------------|
| 1 Overview of Social Security | 5 Disability Benefits |
| 2 Filing a Claim | 6 Social Security Disability Appeal |
| 3 Survivorship Benefits | |
| 4 Representation at Hearing Level | |



PERSONAL INJURY • Extension 5601

Sponsored by Bender Kurlander Hernandez & Campbell
501 West Broadway Suite 1500, San Diego • 619-842-3232

- | | |
|----------------------------|--------------------------|
| 1 Do You Need an Attorney? | 4 Wrongful Death Claims |
| 2 Vehicle Accidents | 5 Dog Bites |
| 3 Medical Care | 6 What is My Case Worth? |



WORKERS' COMPENSATION • Extension 5605

Sponsored by The Law Offices of Matthew E. Russell
2445 Fifth Avenue, Suite 350, San Diego 92101
619-544-1506

- | | |
|----------------------------|-------------------------------|
| 1 Your Work-Related Injury | 4 Unsafe Working Conditions |
| 2 Workers' Comp Benefits | 5 Wrongful Discharge |
| 3 Third-party Accidents | 6 Harbor & Longshoreman's Act |

Any person who makes or causes to be made any knowingly false claim obtaining workers' compensation benefits or payments is guilty of a felony.

Legals@SanDiegoReader.com — 619-235-3000

WE NOW PUBLISH LEGAL NOTICES

We are a fully adjudicated publication for San Diego County.

The attorneys and law firms who provide this information are solely responsible for its content. This information does not address all legal situations, nor is it intended to replace legal counsel.



♥51.8k others like this.

Follow us on Instagram

 [@sandiegoreader](https://www.instagram.com/sandiegoreader)



Have an event? We want it!

Food festivals, sporting events (including surfing, kayaking, and sailing), book signings, art gallery openings, expos, and classes — all are welcome.

sdreader.com/events/submit





I have noticed how people look at the homeless with fear and disdain. So I make it a point to smile at them, and I can see the impact it makes.

LESS LONELY OUT HERE

The highs and lows of life amid the homeless

I moved to San Diego from Los Angeles in 2010, and was immediately delighted to discover how clean and beautiful the city's downtown was. Los Angelenos avoided Downtown LA, but in San Diego, Downtown felt like a place where I could hang out and still feel safe. I could walk the streets, eat in restaurants, and visit retail shops. And to my delight, it was free of homeless people. Jump ahead to 2024: Downtown San Diego has changed. It is no longer free of homeless people. But more

importantly, I have changed. Many of those homeless people are now my friends, people with whom I chat regularly, people I am happy to see every day. It was liberating to learn that I had nothing to fear from a homeless encampment.

Let me explain. In 2001, I became disabled by Ehlers-Danlos Syndrome, a connective tissue disorder characterized by frequent joint dislocations, resulting in chronic, intractable pain. As a result, I am

forced to take public transportation to local libraries, where I run my online support groups. In my experience, public transportation and local libraries are mostly populated by the homeless. Over time, I have learned to enjoy their company, and these days, I find they provide me with quite a bit of humor, excitement, and entertainment.

One example: across from the Pacific Beach Library is a church that serves dinner to the homeless every Tuesday. One time, the librarians and the church decided to do a joint activity: country line dancing and dinner held outside the library. The line dancing was a bit of a bust, but I still had fun — except when someone from the church sent me away from the coffee, saying I had to wait my turn. Rebuffed, I decided to try to be sociable and sat down with a group of strangers. When I told my new friend Nick that I had gotten yelled at for trying to get a cup of coffee, he responded, “Wow, they need to put snipers on the roof of the

library if he is gonna be like that! To protect the coffee!” He was funny. I felt better.

This summer, I was standing in line at the 12th and Imperial welfare/EBT office when someone shouted at me: “Hey, I know you from the Tuesday night dinners. I haven’t seen you in a while. You know, the only reason I was going back there was to see you. You are so cool; you make me feel really ‘not judged.’” That’s how they were making *me* feel.

Among “mainstream” people, I am often insecure. I grew up a Chinese girl in the all-white suburb of West Hartford, Connecticut, and was bullied hard enough that I am often wracked with social anxiety. Dining with the homeless, I discovered I could be myself. I could share my style of humor and not worry about being judged. I laughed so much. I didn’t feel insecure at all.

I also discovered that I can make people’s day by smiling at them, and that it makes my day in return. I have noticed how people look at the homeless with fear and

disdain. So I make it a point to smile at them, and I can see the impact it makes. How I look at them makes them feel valued and human. And they make me feel less alone.

* * *

One night, as I got off the 923 Downtown bus, loneliness flooded over me. Just a week earlier, the street had been lined with tents, tents that I had grown accustomed to wading through on my way home. They had really cleaned it up. It was so clean, so empty, that an emptiness churned up inside me. The street felt desolate and eerily quiet. I had gotten so used to the hustle and bustle: the people in the tents cooking, eating meals, playing music, chatting, connecting with each other. You got a real sense of brotherhood and bonding among the people there. (I get the same sense late at night at the City College trolley station. The energy feels almost like a college fraternity: friends gathering and having conversation in a sort of party atmosphere. I almost feel like it’s less lonely out here than in-



**SYNERGY
RESEARCH CENTERS**



**Do you or
someone you
know suffer
from
Schizophrenia?**

- **Currently enrolling for adult schizophrenia studies, ages 18+**
- **Taking Schizophrenia Medication for at least 2 months**

You may be eligible to participate in a clinical research trial for an investigational medication.

Participants will receive at no cost:

- 1. Study related exams**
- 2. Investigational medication**

**Compensation and transportation is available for those who qualify.
Health Insurance not needed.**

**Synergy San Diego
7922 Palm Street, West lower level
Lemon Grove, CA 91945**

(619) 430-4871

synergyresearchcenters.com



Vaccine Trials for All Ages



We have vaccine research studies for volunteers of all ages, including Flu, RSV, Pneumonia, Covid-19, Monkey Pox & more. Call for information & priority status. Participants can receive up to \$2,800 in compensation.

Call (619) 658-5418

California Research Foundation

side my apartment.)

I remembered when the camping ban went into effect during the summer. They cleared this same street then, but a week later, everyone was back. When I got off the bus and saw them, I gave everyone a cheery welcome home. I had genuinely missed them.

One of the most intriguing places is the encampment at the Civic Center trolley station. It is so nice, I hesitate to even call it an encampment — maybe “the Beverly Hills of encampments.” The first time I noticed it, there was an older Asian woman camped out there; her blankets were pristine. Then I noticed that everyone else was older as well, and had clean belongings. Whenever I’m there, it is serene and quiet. I don’t see any drug use or hear

any mentally ill people screaming. It is so peculiar, I sometimes wonder if the more seasoned and/or troubled homeless people intentionally stay away from the area to give these seniors and newly homeless more peace and comfort. It warms my heart to think that homeless might be respectful of other homeless like that.

Other trolley stations (and bus stops) are less serene. One day, my bus pulled into the Old Town trolley station and an unhoused young dude had decided to camp out in the middle of the road — on exactly the spot where the 28 bus normally pulls in. He had all his suitcases and bags sprawled around him in a circle. He was using one of his suitcases as a pillow, and he was fast asleep. I found it hilarious.



PHOTOGRAPH BY MATTHEW LUKONA

I almost feel like it’s less lonely out here than inside my apartment.

Later that day, I was aboard another bus on Mira Mesa Boulevard, and at one of the stops, an unstable person decided to stand in front of the bus. He just stood in front of the bus, yelling and waving his arms at the driver. The driver patiently waited an entire 20 minutes until the

dude tired of waving and moved on.

Another time, while waiting for the trolley at the 5th Avenue station outside the CVS, I looked through the store’s window and saw a guy attempting to shoplift a big container of instant ramen noodles. He was dressed in hugely baggy jeans with the belt positioned well below his rear end. I watched him make three attempts to lift up his sweatshirt and insert the ramen noodles into the crotch area of his pants. The first two were failures, but on the third try he managed it, and the ramen disappeared into the bagginess. I figured the guy was homeless and that CVS could probably take the loss, so at first I didn’t say anything. But then I got bored waiting for the trolley and decided to tell security. The security guy confronted the shoplifter, saying, “Do you mind removing the item that you put in your crotch area?” — with an emphasis on “crotch.” The look on his face!

Honestly, I was kind of surprised the security guard did anything. Since the stores no longer call the police for petty theft, Downtown

has basically become a free-for-all. The 7-11 at the City College trolley station has a theft going down every five minutes. Not exaggerating. One time, a female clerk was in the process of getting me my mini tacos when she had to leave the counter to deal with a regular — a regular shoplifter. All day long, they are chasing people out of the store for either past or present shoplifting. It can be entertaining. It’s definitely better than the regular sight of a homeless person using his last dollars to purchase lottery tickets, hoping for a miracle.

My own Downtown miracle was pretty minor: I found a box of Wayfair items in the middle of the sidewalk. Judging from the address on the box, it had been stolen from someone’s front porch, but then abandoned. Inside, I found lingerie and several scent diffusers. No wonder whoever stole it did not want it anymore. But I did.

Sometimes, skid row can be better than shopping at Walmart or Target, because everything scattered around is free. I have come home with nice pairs of jeans, shirts,

and jackets. Mostly, people just throw their clothes away, since they have no access to washers. But I don’t mind tossing stuff into a washer, so I have accumulated quite a wardrobe. And there is so much excess food lying around that most days, I don’t even need to buy lunch. One time, someone left a bag of AM/PM burgers and sandwiches on a bench — 12 of them in all. I could tell what happened: someone had lifted these items from AM/PM, gotten loaded and forgotten to eat. Those sandwiches lasted me almost a week. Other times, I find shoplifted items. You can always tell if it’s a shoplift because there will be multiples. One time, I found seven identical and expensive journals in a shopping cart. Another time, I found 10 identical brand-new T-shirts.

On the trolley last week a pretty, college-age Hispanic girl was trying to drag a very nice queen size Serta mattress onto the trolley. I wondered if the trolley operator was going to say something, as they don’t even allow shopping carts on board. I’m not sure if it was too heavy for her or if it just did not fit through the door, but she abandoned her effort relatively quickly and just got on board and started crying. I wondered what her story was, but was afraid to ask.

Later that night, I was at the Washington Street trolley station, and two guys started shooting up right in front of me. One of the guys grabbed a piece of cardboard to block my view of what they were doing. I said, “Hey, I don’t mind watching. I have a chronic pain problem, so I was

EXALT CLINICAL RESEARCH

ELEVATING CLINICAL RESEARCH

DO YOU WORK THE NIGHT SHIFT?

NIGHT SHIFT STUDY Located in Chula Vista, CA

Is your job some form of shift work? Do you struggle staying awake during your overnights? Exalt Clinical Research is participating in a new night shift research study.

No cost to participate!

Compensation for your time!

Contact us at: **619-826-8884**
for more information.

**FOLLOW US TO STAY UPDATED ON
FUTURE STUDIES:**

WEBSITE

<https://www.exaltresearch.com>

FACEBOOK

<https://www.facebook.com/exaltclinicalresearch>

INSTAGRAM

<https://www.instagram.com/exaltclinicalresearch>



on Fentanyl for years.” I’m a 50-something Chinese female; they were stunned to encounter someone who looked like me and was so cool and non-judgmental about their behavior. I know this because they told me. They even asked if they could have my phone number because of just how cool I was. My spirits soared when they said this to me.

Now that I’ve mentioned it, let’s talk Fentanyl. A little background: I’m surrounded by chemically altered people daily. I’ve found drugs on the street, and I’ve seen drug deals go down — paper packets being traded for money. The other day, a dude got on the bus, slapped my book out of my hand and then just stood over me staring. Obviously loaded. I knew it was only a matter of time before he hit someone else. A black woman boarded the trolley, and he decided to hit her from behind. She immediately popped him one back.

Another time, there was a couple on the trolley vaping something. But they felt they needed to be clandestine

about it, so they decided to do it underneath a baby blanket. First, the woman covered her head with the baby blanket and started puffing away. Her man watched as the vapor rose from the top of the blanket like smoke from a chimney. Then it was his turn. More vapor spilled out from the blanket. Five SDSU students were watching, and they thought it was the most hilarious thing they had ever seen. Each time one member of the couple started in underneath the baby blanket, the students started hooting and hollering and high-fiving each other. If the people had been doing it out in the open, it wouldn’t have been funny at all.

Fentanyl is different. I know because I was on Fentanyl for eight years for pain related to Ehlers-Danlos Syndrome. The stuff is so potent I was given micro-doses of it in lollipop form. I guess it comes in pill form on the streets, and I now understand why FDA has approved it only for transdermal or mucosal delivery systems. People are overdosing and dying, and

that’s terrible.

That said, watching it take effect is hilarious. It has a heavy muscle-relaxing sedating quality to it; once it hits, people are completely slumped over, their bodies are splayed out in the oddest positions, like Gumby. Their faces almost always wind up smooshed into the ground, and their bodies are as floppy as a newborn’s. Also like newborns, they are unable to sit up and can barely remain on their seats. Trolley enforcement employees are trained to awaken these people and scold them for sleeping — apparently, sleeping is no longer allowed on the trolley. When the Fentanyl users awaken, they often pretend that they were merely trying to tie their shoes. I’ve seen that “tying my shoes” pose from people who were somehow actually still standing up. I’ve seen it in the Mission Valley library — the guy was slumped over in front of a computer, and when the librarian came and woke him, he actually said he was just tying his shoe. The other night was a doozy. It was raining and flood-

ing, so flocks of homeless people were boarding the trolley. I got to watch no less than homeless people fall asleep tying their shoelaces all at the same time.

Watching Fentanyl users struggle to stay in their seats is better than watching Netflix. One of the funniest sights ever was when the 35 bus went through the Midway district I saw three big muscular dudes sitting on a bus bench in front of McDonald’s. All three were slumped over identically: the tops of their heads resting on the sidewalk, their arms splayed over their heads. It was hard not to laugh out loud.

Almost better than the collapsed people on the trolley are the faces of the people getting on the trolley when they see the collapsed people. One day, a dude got on the

trolley and noticed the collapsed people, and I found his face and confused reaction amusing. But the joke ended up being on me; less than a minute later, I realized he was on Fentanyl himself — because he started falling over, too. Another time, while on my way to the library, I spotted a guy at 12th and Imperial trolley station who had fallen asleep over a public trash can while looking for goodies in the trash. The top of his head was literally inside the trash can, preventing him from tying his shoes. I honestly don’t know what is more epic: people falling asleep while trying to board a bus or while searching through a public trash can.

Perhaps you are wondering how I can find all this funny. But remember, I’m not judging, and

I know first-hand what kind of high these people are getting. And besides, I checked with my source material. I once encountered a fentanyl couple on the trolley; the man was awake, and his girlfriend was passed out on his lap. Sort of. She kept falling off, over and over, because of the drugs. I asked him, “Do you think it’s funny that all these people are falling asleep tying their shoelaces?” When he started laughing along with me, I figured it was okay. I’m only focusing on the humor because I know how sad things can get.

One day, I was dining at the EBT Del Taco downtown. I hadn’t gone before, because I knew the main clientele there would be the severely mentally ill and drug users. The last time I ate at the EBT Burger King next door, I watched

Vaccine Trials for All Ages



We have vaccine research studies for volunteers of all ages, including Flu, RSV, Pneumonia, Covid-19, Monkey Pox & more. Call for information & priority status. Participants can receive up to \$2,800 in compensation.

Call **(619) 658-5418**
California Research Foundation

Dealing with Lupus?

A clinical research study is being conducted for volunteers who have lupus.



You may be eligible to take part if:

- 18 years of age or older
- Diagnosed with system lupus erythematosus at least 16 weeks at screening
- Have not responded to standard therapy treatment

Other eligibility criteria will apply for participation.

Participants who qualify will receive all study related care at no cost. Compensation for time and travel may be provided.

To learn more, please contact



619-452-3951
Patients@triwestresearch.com

a homeless lady rearrange her shopping cart for 30 minutes while I ate my Whopper. Even sadder: I was there around Christmas time, and not only was their soda fountain roped off, so was their Christmas tree. I knew the reason: unfortunately, when the clientele are prone to episodes, things get destroyed. But it did make me chuckle that even a plain old Charlie Brown Christmas tree had to be protected, hidden away almost out of sight. Bah, humbug.

This time, as I noshed on my taco, I turned around and saw a guy slumped over, his head at his shoelaces, *while standing in the middle of the restaurant*. He had literally fallen asleep while trying to walk back to his table. He still had food in his hand. I was laughing until I noticed that his woman had a kid in a stroller. Not so funny once I see kids involved.

This summer at the Coronado Library, I overheard a librarian being extremely rude to a homeless patron who was asking him questions. I'm not sure what their backstory was, but

obviously the librarian must have had issues with the man in the past. Happily, karma was quick to visit the situation, because 10 minutes later, a white-haired, elderly woman who had to be almost 80 approached the librarian's desk, newspaper in hand. She started reading excerpts of an article about book banning to the librarian and she asked to see a particular book. "It says here that there is a graphic novel with same-sex teenagers engaging in inappropriate acts. One of the acts is oral copulation and the other is anal penetration." I wished I could see the expression on the librarian's face.

The lady was dead serious about seeing the book. So the librarian got it for her, and she started flipping through it. Then she said, very loudly, "I'm looking at these pictures and it says here that there are provocative images of same-sex teenagers engaging in anal penetration and oral copulation. But these pictures I'm looking at look perfectly fine. What do I do to file a complaint and prevent this book from being

banned?" The librarian told her she could fill out a form at the front desk. I was so thankful that this lady's encounter was with the rude librarian and not anyone else.

Then there are the library workers who seem more skilled in human connection than most mental health workers. One day, a regular patron at the Linda Vista library started accusing me of having sex with her family members: "I know you had sex with my brother. And my father!" She kept yelling at me about it. A few weeks later, I heard the library's female security guard ask a her in the kindest voice, "So, how is your day going today? Oh, I see you're talking to yourself a lot today, so maybe not so well today?" A look of clarity washed over the woman's face that I had never seen before. Then an even more beautiful expression emerged. She looked like she realized that someone cared about her and that she was finally seen. The security guard had normalized a very abnormal behavior and made it seem like no big deal. I knew this was a teaching moment for

everyone, including me. It has not left my mind since it happened.

I got to have one of these moments myself over the summer. I was Downtown on Broadway, waiting for a bus. As I approached the bench, a homeless man — who was already sitting there and talking to himself — offered to move. I told him it was fine, he could stay, but I thought it was very considerate of him to offer. Then he said to me, "You seem like a very intelligent young woman." I replied, "Well you seem like a very intelligent young man," even though he looked to be close to 70.

As I said, he had been talking to himself, but as soon as I said that, he smiled and began to tell me about his life. How he was a military veteran and had three post-graduate degrees, but mental illness resulted in him having to live on park benches. I believed from speaking to him that I was in fact talking to someone with a PhD, and I told him so. My bus took 30 minutes to arrive, so we had the most wonderful long chat. I was able to be myself and not worry about being judged. I love these moments. I could tell we were both enjoying each other's company. Then he said, "Wow, you are the best thing that has happened to me in the last... 20 minutes." Great sense of humor too. Fascinating how human kindness can shift people away from mental illness, even for a moment. I think the mental illness that many of the homeless are suffering from is even worse than having to live on the street unhoused. After I left, he went back to talking to himself.

— Linda Li

LETTERS

continued from page 4

Surfrider to IB residents: Shut up or get sued

Neighborhood News, Dec. 3, 2019

Leon and Dane are the best representation for this issue and of the citizens of Imperial Beach. Surfrider and Wildcoast are self-serving, special interest groups looking to capitalize on the government funds that will be provided to solve this environmental crisis.

—Hayden Ball

U-T paperboy blues

Neighborhood News, Aug. 31, 2018

The courts decided carriers were employees (not independent contractors) in part because negotiations were non-existent as carriers had to agree to "take it or leave it" agreements. This rang true when I attempted to negotiate a slightly higher rate of pay (\$66/day versus \$50/day) with Nathan for the customer service position. "It pays \$50 a day and it is [a] super easy job. Can't see paying more for it...It's tax free as well, so that is the exact you would get paid."

Originally, Nathan said the job could be done from home, but when it came down to it, cleaning up the warehouse and other duties were part of the customer service gig.

When asked why the rate of pay didn't square with how important he claimed customer service was, Nathan said he needed to "get the right people in who are willing to do other things as well and not set up their own terms at first start."

To be fair, Nathan does seem determined to get rid of carriers that aren't cutting it and replace them with better ones. In fairness to carriers, I second my brothers assessment of the job: it sucks.

Bay Ho resident Jean said after weeks of delivery

issues, she finally is getting her paper regularly. University City resident Chris said contacting the U-T repeatedly did nothing for him and things only got resolved by talking to his carrier directly

—Ricardopinto1221

Big bust at the Grape 'Street dog park

City Lights, July 1, 2015

"Dog-Owners" have over time also over-taken the public sidewalks, via extended-length leashes, Dog Owners manipulating the mindsets of other pedestrians, intentionnally to overcoome their right of way.

The only 'Pedestrians' who need harassing from dogs are the homeless.

—Not a dog fan

Life plus 25 years for 20-year-old

News Ticker, Nov. 9, 2014

He's not going to change, he's young and dumb and has that look they're going to chew him up and spit him out he'll be a torpedo and pick up more assault and stabbing charges sadly enough he's got what they call all day hopefully because of that he'll just put in work in the beginning and hopefully not get caught God help him

—Hopeful prayers

Sweetwater school district's weird, failed real estate deals

Neighborhood News, February 7, 2013

The Sweetwater District has been corrupt for decades. Superintendent after Superintendent with criminal histories. Back door construction deals and board members as crooked as ever with pay-to-play deals. The defendants even asked for the district to pay for their attorney fees. Then, a few years ago, many were terminated for several offenses such as misappropriation of funds (THEFT). I guess background checks are a thing of the past. Criminal records are easy to obtain.

—Not-so Sweetwater



Fixed Bridge All-On-Six for \$11,000

Root Canal Special
starting at **\$500**

Extra treatment for additional cost.

Start to Finish!
(Implant, Abutment, Crown)

Immediate Load Dental Implant **\$3800**

Delayed Load Dental Implant **\$1950**

We accept all major PPO insurance plans

Dr. S. T. Sawa

Call for Additional Services and Specials

CareCredit Ask About **0% Interest** for 24 months

Multilingual **CALL FOR A FREE CONSULTATION (619) 346-7483**

407W. Madison Ave. • El Cajon, CA 92020 • drsawa@sbcglobal.net

www.immediatetoothreplacement.com

Calendar

Your Week

AND WELCOME TO IT

Thursday | 29

TASTE OF EAST VILLAGE



Enjoy bites and sips from more than 30 of East Village's top restaurants — including Sovereign Modern Thai, Fairweather Bar, Blowfish, Bub's at the Ballpark, City Tacos, and Eppig Brewing — all showcasing the diversity of the neighborhood. At check-in, ticketholders will receive a Taste Passport that maps out all participating restaurants in the neighborhood. Use the passport to help keep track of your favorite appetizers, entrees, desserts, and beverages.

WHEN: Wednesday, August 28 and Thursday, August 29, 4 pm to 8 pm

WHERE: East Village.
eastvillagesandiego.com

Friday | 30

DEF LEPPARD AND JOURNEY

Def Leppard and Journey have taken their music on the road for another joint summer tour. For over three decades, Def Leppard has been produc-



DEF LEPPARD

ing rock hits with heavy guitar riffs and gruff vocals from vocalist Joe Elliott. The band is expected to play highlights from their biggest albums, *Pyromania* and *Hysteria*. Journey will reach back to the '80s for their hits "Don't Stop Believing" and "Anyway You Want It."

WHEN: Friday, August 30, 7:30 pm

WHERE: Petco Park, 100 Park Boulevard, East Village.
petcoparkevents.com

Saturday | 31

VISTA VIBES MINI MUSIC FESTIVAL

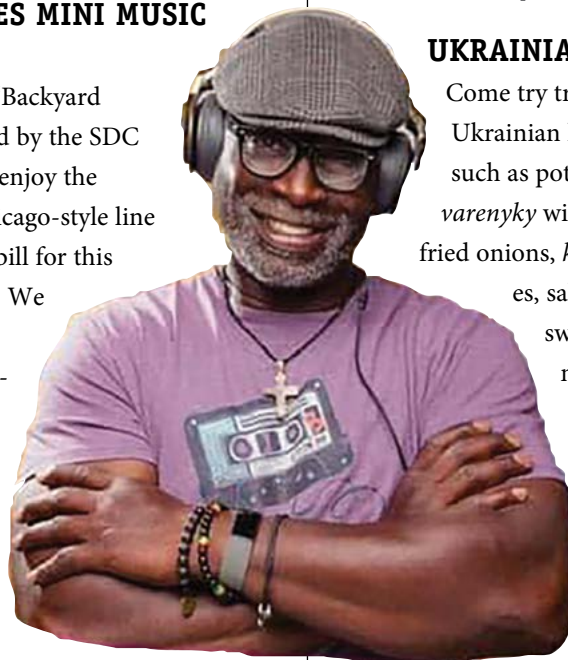
Step into the "Backyard Boogie" hosted by the SDC Steppers, and enjoy the rhythm of Chicago-style line dancing. The bill for this event includes We The Commas, jazz saxophonist Tony Exum Jr., hip-hop artist Joe Dreamz, and Colorado's DJ Craftmatic.

San Diego's DJ Dale Da Dred and DJ GiGi will be spinning RnB, hip-hop, and throwback jams all day long. Enjoy tacos from Frida's Taqueria, and kombucha brews crafted on-site.

Plus, family fun games and crafts.

WHEN: Saturday, August 31, 2 pm to 7 pm

WHERE: Local Roots Kombucha, 1430 Vantage Court Suite 101, Vista.
vistavibessd.com



DJ DALE DA DRED

Sunday | 1

UKRAINIAN FESTIVAL

Come try traditional Ukrainian homemade food such as potato and cheese *varenyky* with sour cream and fried onions, *kovbasa* sandwiches, salads, Ukrainian sweet treats, watermelon and cold drinks. Check out LA's Chervona Kalyna Dance Group, Ukrainian San Diego rock band U3Zub, popular

Ukrainian singer Iaroslava Caracosa, Ridna Shkola (Ukrainian language school) students will also perform. Proceeds will be used for humanitarian aid to Ukraine.

WHEN: Sunday, September 1, 11 am to 5 pm

WHERE: House of Ukraine, 667 Pan American West Road, Balboa Park.
houseofukraine.org



SUNDAY, SEPTEMBER 1: UKRAINIAN FESTIVAL

NATURE COLLECTIVE FAMILY FUN DAY

One of San Diego's largest wetlands, the 979-acre San Elijo Lagoon Ecological Reserve is primarily a shallow-water estuary, formed where the Escondido and La Orilla Creeks meet the Pacific Ocean. Come learn about reptiles' survival skills across diverse environments, including the San Elijo Lagoon and Cardiff dunes. Get up close with snakes, lizards, and turtles commonly sighted at San Elijo Lagoon, make nature-themed crafts, and learn about marine protected areas.

WHEN: Sunday, September 1, 10 am to 12 pm

WHERE: San Elijo Lagoon Ecological Reserve, 2710 Manchester Avenue, Cardiff by the Sea. sdparks.org



HOW TO SEND US YOUR LISTING: Have an event? We want it! Festivals, lectures, sporting events (including surfing, kayaking, and sailing), Meetups, conventions, book signings, art gallery openings, conferences, dance performances, expos, poetry readings, classes & workshops — all are welcome. You can submit an event at sdreader.com/events/submit.

ANIMAL FRIENDS

San Diego Animal Sanctuary & Farm Summer Program Limited to just three children at a time, kids (7+ years of age) can shadow the Farm's experienced Animal Keepers taking part in activities, such as feeding the tortoises, pigs, and barnyard animals, walking with the goats, cleaning pens, picking vegetables in the garden and more. Mondays, 9am; through Wednesday, September 4, \$195-\$695. San Diego Animal Sanctuary & Farm, 5178 Japatul Spur. (ALPINE)

ART

Discover: A Panel Discussion on Sustainability Resident Artist, Oscar Romo leads a panel discussion titled DISCOVER! The Promise Zone. This event will focus on crucial notions of sustainability, featuring insights from Oscar and other renowned experts. Thursday, August 29, 6pm; **free**. San Diego Made Factory, 2031 Commercial Street. (LOGAN HEIGHTS)

Embrace Your Inner Wild Charlene is a German-American artist based in San Diego. Sunday, September 1, 5pm; **free**. Sparks Gallery, 530 Sixth Avenue. (DOWNTOWN SAN DIEGO)

Friday Night Peace Venue: Duct Tape Craft Night Enjoy a safe place for all ages to spend time together with speakers, conversations, game and movie nights, karaoke, and more. Every week, there is popcorn and tea and coffee, and a theme (karaoke, game night, etc). Friday, August 30, 7pm; **free**. Gathering Pl., 3850 Westgate Place.

Leucadia Maker's Market Help support small businesses with vendors offering hand-made jewelry,

OUTDOORS

Warmest weather of the year, Katydids make their mating calls

San Diego's Warmest Weather, on average, should be occurring right now, according to statistics compiled from several decades of measurements taken near the San Diego International Airport. In an average year, coastal residents enjoy an average daily temperature of 70°, which compares favorably (depending on your viewpoint) with the January average daily temperature of 55°. The range between the high and low is typically 10° or less this time of year. August's warm, semitropical weather should soon give way to September's and October's slightly cooler days interspersed with occasional heat waves brought on by Santa Ana conditions — dry, hot winds that sweep down the mountain slopes from the interior.

Katydids Are Singing Their Wings Off this time of year. Noc-



PHOTOGRAPH BY MONTY BURNS

AN ADULT KATYDID MUNCHES ON A PLUMERIA FLOWER.



BEFORE LONG, SANTA ANA WINDS WILL COME SWEEPING DOWN THE MOUNTAIN SLOPES.

turnal and most active in the warmer months, male katydids vibrate their wings together in a process called stridulation to establish territory and attract mating partners. Their call has been described as sounding like “Katy-did, Katy-didn’t” looped over and over, whereas grasshoppers make a short, chirping sound. Though the two are often confused, katydids have antennae which are longer than their bodies, while grasshoppers have much shorter antennae. Katydids are also nocturnal omnivores, while grasshoppers are diurnal herbivores.

The Mexican Bush Katydid (*Scudderia mexicana*) is the most common katydid seen in our San Diego yards and gardens. They're making lots of noise right now, looking for mates so that females can lay their eggs by summer's end. With their green body color and wings that resemble leaves, adult katydids are very well camouflaged in trees and bushes, keeping them safe from predators. Young katydids, called nymphs, are brown, wingless and have black and white striped antennae. These nymphs will molt multiple times before they become the green, winged katydids that are jumping and fluttering around during our warm summer evenings.

BEER

Stone Delicious Masterclass

At this interactive masterclass dinner, experience three food demonstrations showing how to prepare menu items, then enjoy the results perfectly paired to Stone Delicious IPAs. Thursday, August 29, 7pm; \$55. 21 and up. Stone Brewing Liberty Station, 2816 Historic Decatur Road #116. (LIBERTY STATION)

BOOK SIGNINGS

Sheri T. Joseph Warwick's presents Sheri T. Joseph as she discusses and signs her new book, *Edge of the Known World*, in conversation with Paula Goodman-Crews. Free seating is subject to available space. To ensure seating, reserve one book per person through Warwick's @ warwicks.com/event/joseph-2024. Wednesday, September 4, 7:30pm; **free**-\$18. Warwick's Bookstore, 7812 Girard Avenue. (LA JOLLA)

Victor Villaseñor Book Reading & Signing Victor Villaseñor is an American writer, best known for the national bestselling book *Rain of Gold*. Villaseñor's works are often taught in American schools. Victor will speak on various topics and sign books in the lobby. Sunday, September 1, 2pm; **free**. Sunshine Brooks Theatre, 217 N. Coast Highway. (OCEANSIDE)

Weekends with Locals: Linda Lattimore Weekends with Locals will be hosting Linda Lattimore, author of *Great-itude: Overcoming Loneliness in a Disconnected World*. Sunday, September 1, 1pm; **free**. Warwick's Bookstore, 7812 Girard Avenue. (LA JOLLA)

CLASSES & WORKSHOPS

Birding Basics Class. Join MTRP Trail Guide and experienced birder Winona Sollock for an educational bird identification class. You will also learn how to use a field guide, so bring one along if you have it. Classes meet at the Visitor Center in Classroom A. The class is free and open to the public. However, seating is limited to the first ten people. Saturday, August 31, 1pm; **free**. Mission Trails Regional Park, One Father Junípero Serra Trail. (SAN CARLOS)

Labor Day Weekend Meditation Retreat Four day guided retreat suited for both beginners and experienced meditators. Each session will explore a different meditation, which when all put together create a coherent worldview and path to enlightenment. Friday-Monday, Aug. 30-Sept. 2, 10am; \$5-\$50. Kadampa Meditation Center San Diego, 3502 Adams Avenue. (NORMAL HEIGHTS)

Lunch & Learn: Mindful Awareness This lecture is an opportunity to learn what mindfulness is and is not. Presented by Sofia Puerta Webber. Thursday, August 29, 12pm; **free**-\$15. La Jolla

Community Center, 6811 La Jolla Boulevard. (LA JOLLA)

Okonomiyaki (Japanese Street Food) Cooking Class Learn how to make this iconic street food. Saturday, August 31, 1pm; \$59. Duck Foot Brewing Company, 8920 Kenamar Drive. (MIRAMAR)

COMEDY

Chronic Comedy Cartel Lineup TBA Saturday, August 31, 7:30pm; **free**-\$10. 21 and up. Bolt Brewing, 8179 Center Street. (LA MESA)

David Lucas AS SEEN/HEARD ON: Kill Tony, MTV's “Yo Momma”, and more! Thursday, August 29, 8pm; Friday, August 30, 7:30pm and 9:30pm; Saturday, August 31, 7:30pm and 9:30pm; \$20. 21 and up. American Comedy Company, 818 Sixth Avenue. (DOWNTOWN SAN DIEGO)

Michael Quu Long Island native, Michael Quu, planted his seeds in comedy in the 7th grade by winning a comedy writing contest, it would be years later that Michael began performing stand up in New York City. Thursday, August 29, 8pm; \$20. 21 and up. Mic Drop Comedy, 8878 Clairemont Mesa Boulevard. (KEARNY MESA)

NOW OPEN



LITTLE ITALY MERCATO
SATURDAYS 8 am to 2 pm
WEDNESDAYS 9:30 am to 1:30 pm

Shop safe at open-air farmers' markets
Fresh Fruit • Vegetables • Meat • Fish • Eggs
Flowers • Yogurt • Baked Goods and more!
Limited entry for safe shopping

OPEN YEAR-ROUND, RAIN OR SHINE

Information and safety protocols:
sandiegomarkets.com

Michael Yo A 2-time Emmy nominee, a regular on the Joe Rogan Experience, host of the Michael Yo Show and fresh off his critically acclaimed comedy special Blasian. Friday, August 30, 7pm and 9:30pm; Saturday, August 31, 7pm and 9:30pm; Sunday, September 1, 7pm; \$28. 21 and up. Comedy Store, 916 Pearl Street. (LA JOLLA)

Roast Battle Two comics go head-to-head for three rounds in a boxing-style no holds barred battle of insults. Featuring resident judges Mike Vinn, Brian Moses and their special guests! Wednesday, September 4, 8pm; 21 and up. Comedy Store, 916 Pearl Street. (LA JOLLA)

SycuaHAHAN – A Night Of Comedy Join us for a fun-filled night of stand-up comedy featuring up-and-coming talent Wellington Ojukwu and Franky Gonzalez. Thursday, August 29, 7:30pm; **free**. 21 and up. Sycuan Live & Up Close Theatre, 5469 Casino Way. (EL CAJON)

The Best of San Diego The Best of San Diego is San Diego's longest running local showcase that has helped launch the careers of some of the top comedians in the industry today. Thursday, August 29, 8pm; 21 and up. Comedy Store, 916 Pearl Street. (LA JOLLA)

DANCE

Violin Quartet & Krishnaa: A Broadway Style Spectacle TWO PROGRAMS - ONE TICKET (\$50, \$75, \$100) Lalgudi Quartet and Krishnaa - Fire to Frost - A Broadway Style Spectacle - One Ticket - Two Programs starting at 6 PM on Aug 30, Friday. A Spectacular Broadway scaled spectacle - Dance Musical on the Enigmatic Personality from the Mahabharata - Draupadi KRISHNAA features original scores, scenes, and 21 artists. Friday, August 30, 6pm; \$50-\$100. David and Dorothea Garfield Theatre, 4126 Executive Drive. (LA JOLLA)

DISCUSSION GROUPS

Stepping Out of Your Comfort Zone Presenters: Michael and Melissa Harlow of The Adventure Travelers. Thursday, August 29, 11:30am; **free**. Grossmont Healthcare Center, 9001 Wakarusa Street. (LA MESA)

FILM

San Diego International Children's Film Festival The 20th San Diego International Children's Film Festival presents short films, animation from around the world, and filmmaker appearances. Free admission, show up anytime between 10 and 5. Complete schedule at <https://tinyurl.com/4a76y8tw>. Saturday, August 31, 10am; **free**. Central Library, 330 Park Boulevard. (EAST VILLAGE)

FOR KIDS

Family Fun Day This day will be packed with fun, free attractions that the whole family will enjoy! Attractions include bungee trampolines, face painters, a game zone, rock climbing walls, food trucks, and more. Sunday, September 1, 12:30pm; Del Mar Thoroughbred Club, 2260 Jimmy Durante Boulevard. (DEL MAR)

Fries with a Firefighter This resource fair will help you learn how to prevent and prepare for wildfires. Attendees will receive a FREE small fry and small coffee, while supplies last. Representatives from the Poway Fire Department, California Department of Forestry and Fire Protection (CAL FIRE), and Poway Neighborhood Emergency Corps will be on-site with fire safety resources for the community. This family friendly event will also include an opportunity for children to get a firetruck tour and play lawn games. Thursday, August 29, 4pm; **free**. McDonald's, 12510 Poway Road. (POWAY)

LECTURES

Bridging the Political Divide Conducted by Author and Spiritual Teacher Dimitri Moraitis. Sunday, September 1, 11am; \$20. 18 and up. Spiritual Arts Institute, 527 Encinitas Boulevard. (ENCINITAS)

CreativeMornings San Diego: Ritual with Gill Sotu A free 20 minute breakfast lecture series for the creative community with coffee, donuts, and inspiration every last Friday of the month. Friday, August 30, 8:15am; **free**. Central Library, 330 Park Boulevard. (EAST VILLAGE)

NATURE

Guided Nature Walk Join a MTRP Trail Guide on a guided nature walk and learn about the plants, animals, geology, history, and ecology of the park. These interpretive nature walks are offered to enhance your appreciation of the unique beauty of San Diego's natural environment. The trails used are easy, but have uneven surfaces and some involve steps, so be sure to wear sturdy, closed-toe shoes and bring along water. A hat and sunscreen are also recommended, but the morning walk is not so hot. Sundays, 9:30am; Wednesdays, 9:30am; through Sunday, September 29, **free**. Mission Trails Regional Park, One Father Junipero Serra Trail. (SAN CARLOS)

Holiday Discovery Table: Animal Skulls Stop by the Discovery Table in the Visitor Center Lobby to learn all about animal skulls from MTRP Trail Guides. You'll be amazed at how much you can learn about an animal's lifestyle by examining the features of its skull! Monday, September 2, 10am; **free**. Mission Trails Regional Park, One Father Junipero Serra Trail. (SAN CARLOS)

Nature Collective Family Fun Day Get up close and personal with snakes, lizards, and turtles commonly sighted at San Elijo Lagoon, show off your creativity with nature-themed crafts, and learn how to make your nature interactions both sustainable and meaningful within Marine Protected Areas. Sunday, September 1, 10am; **free**. San Elijo Lagoon Ecological Reserve, 2710 Manchester Avenue. (CARDIFF-BY-THE-SEA)

Special Holiday Walk Join a MTRP Trail Guide on a special LABOR DAY nature walk and learn about the plants, animals, geology, history, and ecology of the park on one of these scenic trails: The Oak Grove Loop or The Visitor Center Loop highlighting coastal sage scrub, chaparral, riparian woodland habitats, and the riverside grinding rocks, one of the archaeological sites in the park. These interpretive nature walks are offered to enhance your appreciation of the unique beauty of San Diego's natural environment. The park is constantly changing, so see and learn new things on walks throughout the year. Starts in the cooler morning. Monday, September 2, 8:30am; **free**. Mission Trails Regional Park, One Father Junipero Serra Trail. (SAN CARLOS)

SPECIAL EVENTS

52nd Annual Barona Powwow Native American participants of all ages and from across the country will highlight their dancing skills as they compete in a variety of categories, such as the Fancy Shawl Dance and Grass Dance, for more than \$75,000 in prize money. In addition to beautiful regalia and dancing, spectators will enjoy Hand Drum contests, singing and music, popular Native American food including Indian fry bread tacos, arts and crafts, and handcrafted jewelry. Friday, August 30, 6pm; Saturday, August 31, 1pm; Sunday, September 1, 1pm; **free**. Barona Sports Complex, 1095 Barona Road. (LAKESIDE)

End Of Summer Market Thrift & art market with a live performance from Foxtide. Saturday, August 31, 2pm; Queen Bee's Art & Cultural Center, 3925 Ohio Street. (NORTH PARK)

Grand Opening This event will begin with a ribbon-cutting ceremony, unveiling the hidden doors of the speakeasy. Guests will step into a world of mystique, with live tarot card readings and giveaways. Thursday, August 29, 6pm; **free**. Seventh House, 2835 University Avenue. (NORTH PARK)

Heartfelt Singing Stroll the halls and visit patient rooms, singing uplifting songs to the residents. This is a heartwarming experience and all are welcome. No need for singing experience just a wide open heart. Sundays, 1:30pm; through Sunday, December 15, **free**. Brookdale Senior Living and Memory Care, 13101 Hartfield Avenue. (CARMEL VALLEY)

Julian Shell Show The San Diego Shell Club will display an array of shells. Learn, explore and have fun at this free event. Saturday, August 31, 10am; Sunday, September 1, 10am; Julian Town Hall, 2129 Main Street. (JULIAN)

Pangaea Outpost Turns 20 Enjoy a diverse array of local entrepreneurs and artisans. Sunday, September 1, 10am; Pangaea Outpost, 909 Garnet Avenue. (PACIFIC BEACH)

Summer Fun Family-friendly activities and live entertainment for resort guests. Friday, August 30, 10am; Saturday, August 31, 10am; Sunday, September 1, 10am; Monday, September 2, 10am; **free**. Campland on the Bay, 2211 Pacific Beach Drive. (PACIFIC BEACH)

SPORTS & FITNESS

FanDuel Racing Pacific Classic Come to the seaside oval to watch many of the country's top horses compete in the FanDuel Racing Pacific Classic. The Pacific Classic carries a \$1 million purse. Saturday, August 31, 11:30am; Del Mar Thoroughbred Club, 2260 Jimmy Durante Boulevard. (DEL MAR)

SDSU vs Texas A&M Beach Bash - Free SDSU Hawaiian Shirts for first 10,000 Fans Saturday, August 31, 5pm; Snapdragon Stadium, 2101 Stadium Way. (MISSION VALLEY)

San Diego Padres vs. Detroit Tigers Highlighted by Theme Game: Harry Potter on September 2, the City Connect Hoodie Give-away (Southwest Airlines) on September 4, and Theme Game: Pacific Islander Heritage Celebration on September 5. Monday, September 2, 3:40pm; Wednesday, September 4, 6:40pm; Petco Park, 100 Park Boulevard. (EAST VILLAGE)

San Diego Wave FC vs. Washington Spirit - Sunday, September 1, 5pm; Snapdragon Stadium, 2101 Stadium Way. (MISSION VALLEY)

Wellness at the Lake Sculptures & Sangria with Yoga Six Sunday, September 1, 11am; \$25-\$45. Lakehouse Hotel & Resort, 1025 La Bonita Drive. (SAN MARCOS)

44th ANNUAL



FOOD, FUN & OPA!



GREEK FESTIVAL

SEPT. 7 - 8, 2024

SAT. 10AM - 10PM

SUN. 11AM - 9PM

SAINTS CONSTANTINE & HELEN

GREEK ORTHODOX CHURCH



BRING THIS AD FOR ONE FREE ADMISSION

ONLY ONE FREE ADMISSION PER AD, NO PHOTOCOPIES ACCEPTED SDR 8/29

WINNER'S CHOICE

WIN

\$10,000 CASH or FULLY PAID 2-YEAR LEASE FOR EITHER HYUNDAI SUV

Each includes FED gift tax (24%)

TICKETS \$20 EACH

Limited to 5,000 tickets

For a chance to WIN, buy tickets at the Festival or request tickets at cardiffgreekfestival@gmail.com



(ICE) (EV)

cardiffgreekfest.com

FREE PARKING

3459 MANCHESTER AVE.

CARDIFF-BY-THE-SEA

1-5 MANCHESTER EXIT, 1/2 MILE EAST

760-942-0920

Admission \$4

FREE for children under 12, Police, Firefighters, Active Military, (with ID)

Service dogs only

San Diego Reader August 29, 2024 15

MOVIES

All reviews are by Scott Marks, Matthew Lickona, Ryan Brothers, and Duncan Shepherd. Priorities are indicated by one to five stars and antipathies by the black spot. Unrated movies are for now unreviewed. Thousands of past reviews are available online at SDReader.com/movies.

Alien: Romulus — Well, that was a surprise. The plan seemed clear enough: over the course of Prometheus and Covenant, the Alien franchise had gotten a little too far from its nightmarish roots — body horror, monster scares, and corporate malfeasance giving way to existential searches for meaning, the war of creation vs. creator, and well yes, corporate malfeasance. (Some things never change.) So here comes horror aficionado Fede Álvarez to co-write

and direct a movie that will, if not reboot, then at least reset things. Bring on the throat rape, the bursting chests, the phallic threat and dread of pregnancy. Most of all, bring on the fear that made the first one so successful despite (because of) the rarely glimpsed xenomorph. And then, whoopsie! There is effective horror here, but it doesn't rear its head until very late in the game. Before that, what we've got is an artful blend of much of what has come before. Álvarez has done his homework, though maybe a little too well: there is a studied air to things that saps some of the viscerality out of all the viscera. (At least there are plenty of practical effects.) A scene in which our brave band of young would-be space raiders must traverse a room full of Facehuggers that are built to respond to sound and changes in temperature — stay frosty, indeed — seems like the sort of thing that our man ought to relish, a chance to make us hold our breath in sympathy. And yet...meh. The

surprise is that the stronger stuff is in the idea department: the rejiggering of the corporate malfeasance, the shifting of humanity's relation to its androids. An effective, engaging outing, sadly marred by the resurrection of a dead character that sends us into an uncanny valley more unsettling than many of the film's more intentional horrors. 2024. M.L. ★★ (IN WIDE RELEASE)

Deadpool and Wolverine — Superhero movie fans of a certain age may recall a moment at the end of Avengers: Infinity War when big baddie Thanos snapped his gauntleted fingers and so ended half of the universe's living things — including folks like Spider-Man, Black Panther, and Doctor Strange. For one brief darkling moment, you may have felt something — the presence of serious stakes, of possible death, of the sort of genuine ending forever denied those heroes in their original serialized medium of comic books. But most likely, by the time you left the theater, you were already coming to your senses: there was simply no way Marvel was about to leave that much money on the table. And maybe, in that moment, you hated yourself just a little bit for thinking like that: for letting yourself careen out of the story and into such craven considerations so quickly. For dispelling the magic of moviemaking by casting your thoughts upon the monetary machinations at the heart of all that onscreen heroism. All of which is to say that the third entry in the Deadpool franchise feels your pain and laughs heartily at it. For here is a film devoted to exposing and ridiculing the nothing-means-anything narrative trick of the multiverse — a gimmick

that gets to have Logan's noble death and feast on Hugh Jackman's ageless abs, too — that at the same time revels in it. As Ryan Reynolds, er, Deadpool says to a variant of his old buddy Jackman, er, Wolverine, "They're gonna make you do this until you're 90!" After all, both these heroes are basically indestructible, thanks to their powers of regeneration, and the boys at the lab are getting better and better at the whole de-aging thing... So yes, ha ha, we open with Deadpool figuratively pissing on Wolverine's grave by literally digging up his adamantium skeleton and using it to take out a horde of henchmen set on stopping him from saving the world. There's a half-hearted feint toward motivation: the merc with a mouth wants to matter. And there's a brief flirtation with the consequences of that desire. But mattering isn't what matters here. Not even the action is what matters here. What matters here, as in the first installment, are the jokes. So many of them, crammed in from and spinning off in all directions. Many of them land. Some of them will most likely make you laugh. The effort and execution are impressive. At a certain point, the thought may occur: is this the real endpoint of the Marvel Universe, the thing toward which quippy Tony Stark in Iron Man was always tending? Might they be ready to mean what they say about the multiverse being exhausted? By negating Wolverine's sacrifice, are they admitting their mistake and declaring an end to this nonsense? But most likely, by the time you leave the theater, you will already be coming to your senses.— M.L. ★ (IN WIDE RELEASE)

THEATER LISTINGS

Information is accurate according to material given us, but it is always wise to phone the theater for any last-minute changes and to inquire about ticket availability. Many theaters offer discounts to students, senior citizens, and the military. Ask at the box office.

Best Laid Plans

Inspired by a true story, a brilliant young architect has surgery for a brain tumor and wakes up unexpectedly blind. Alone, lost and despondent, he cannot envision a path back to life, much less architecture. Then Beethoven shows up. Featuring Blake Stadnik, the blind actor from NBC's *This Is Us*. By Robert Salerno, directed by Sam Woodhouse.

TENTH AVENUE ARTS CENTER, 930 TENTH AVE., EAST VILLAGE. 619-920-8503. 7:30PM THURSDAY & FRIDAY, 3PM SATURDAY & SUNDAY.

Cleopatra

Joy Yvonne Jones stars in her own adaptation of *Antony and Cleopatra*, and while it's not quite a one-woman show, the only other person on stage is a mute servant-girl. Removed from the title, Antony is literally reduced to playing in the background, appearing only in occasional video segments that render him as a modern-day smooth operator who finds himself smitten

with an African queen. This is to be her story, and a triumphant one at that: a narrator informs us at the outset, "Your life is but a bookmark in the story of her success," and Cleopatra herself follows soon after with the blunt declaration, "There is no limit to my ambition." Jones has the bearing and presence to deliver the line, and the chops and voice to blend her words and the Bard's without making a mushy mash of it. (A possible exception: here and there, she slips in some modern sass, e.g., quipping "My ass" in response to Antony's "Brutus is an honorable man.") But despite that early declaration, and despite her grand and convincing self-regard — "My ego trip is a journey of self-love, self-appreciation," etc. — the story is largely one of loss and defeat. Her younger brother drives her out of Egypt, forcing her to turn to Rome for assistance. Julius Caesar allies with her and gives her a son, but she bemoans the way the baby leaches the nutrients from her bones, and Caesar not only goes and gets himself killed, he then hands the throne to his nephew Octavian. (Cleopatra's bellowed response: "Who the fuck is Octavian and why does he matter?") So then it's on to Antony and more children, but he goes and marries elsewhere as well, and when he finally comes 'round and takes her side, well...the Battle of Actium. And it gets worse



WB Reader
ENTER FOR A CHANCE TO
WIN PASSES TO A SCREENING OF



TO ENTER, VISIT **SDREADER.COM**
AND CLICK "CONTESTS."
DEADLINE TO ENTER IS FRIDAY, AUGUST 30 AT 1PM.

Rated PG-13.

NO PURCHASE NECESSARY TO ENTER OR WIN. Promotion begins on or about Monday, August 12 at 12:01am and ends on Friday, August 30 at 1:00pm. Open to legal residents of the U.S. and those 18 years of age or older. Void where prohibited. Each winner will receive one advance screening ticket code good for two admissions. Limit one admit-two screening code per winner. If lost or stolen, it cannot be replaced. See official rules and other complete details at sdreader.com.

EXCLUSIVELY IN THEATERS
ON FRIDAY, SEPTEMBER 6

X@wbpictures | f @BeetlejuiceMovie | d @warnerbrosmovies | #Beetlejuice #Beetlejuice

from there. Through it all, Jones' head remains held high and her wardrobe remains on point — the winding of her headdress at the denouement is mesmerizing. But while she dismisses the idea that she was a simple seductress, she also notes that in living life by her rules, she used the tools at her command...which look an awful lot like the tools of seduction. Never mind; what matters in the end is just this: "You will never forget me."

MOXIE THEATRE, 6663 EL CAJON BL., SUITE N, ROLANDO. 858-598-7620. 7:30PM FRIDAYS & SATURDAYS, 2PM SUNDAYS.

Disney's Newsies

Based on the 1992 musical film of the same name, which in turn was inspired by the real-life Newsboys Strike of 1899 in New York City, the Disney musical tells the story of Jack Kelly, a rebellious newsboy who dreams of a life as an artist away from the big city. After publishing giant Joseph Pulitzer raises newspaper prices at the newsboys' expense, Kelly and his fellow newsies take action. With help from reporter Katherine Plumber, all of New York City soon recognizes the power of "the little man." Featuring music by Alan Menken, and lyrics by Jack Feldman. Presented by Wild-song Productions

OCEAN BEACH PLAYHOUSE, 4944 NEWPORT AVE., OCEAN BEACH. 619-795-9305. 8PM THURSDAYS, FRIDAYS, & SATURDAYS, 2PM SUNDAYS.

Exit, Pursued by a Bear

After years of abuse, Nan is finally ready to teach her abusive husband Kyle a lesson. With some assistance by her longtime best friend Simon (acting as her emotional, and actual, cheerleader) and an optimistic stripper named Sweetheart, Nan wants to make Kyle understand what he's done is wrong before taking her final revenge. They hatch a



Rachmaninoff and the Tsar: Music and mayhem.

plan inspired by Shakespeare's immortal stage direction in *The Winter's Tale*: "Exit, pursued by a bear." With a flair for theatrics, the group tapes a drunk Kyle to a chair and reenact scenes from the couple's painful past. In the piece de resistance, they plan to cover the room in meat and honey so Kyle will be mauled by a bear. Through this night of emotional trials and ridiculous theatrics, Nan and Kyle are both freed from their past in this dark and smart revenge comedy. Directed by Kira Blaskovich.

CORONADO PLAYHOUSE, 1835 STRAND WAY, CORONADO. 619-435-4856. 8PM THURSDAY & FRIDAY, 2PM & 8PM SATURDAY, 2PM SUNDAY.

Henry 6 One: Flowers and France and Two: Riot and Reckoning

As the Old Globe joins the pantheon of American theater companies that have staged all of Shakespeare's plays, director and Artistic Director Barry Edelstein has gone big and broad for a play that draws its tragic force from the fact that it is not a tragedy, but a history. Very big: the three parts of *Henry 6* are here presented in two parts — named *Flowers of*

France and *Riot and Reckoning*, though there is plenty of reckoning in part one and plenty of flowers in part two — totaling nearly six hours of love and war, triumph and treachery, and the endless struggle for power. The moment Henry V dies, leaving his infant son as king, France revolts against English rule and various factions begin eyeing Henry's crown. The cast is not so large that it can afford to cast a new actor for each role — Cassia Thompson spends the first part as France's Joan of Arc and the second as Henry's son Prince Edward, while Tally Sessions goes from the sublime (the heroic Lord Talbot) to the ridiculous (the villainous Jack Cade, dressed as the January 6 shaman, and slain by a doddering champion of the Good Old Days), etc. etc. — but it's still big enough for battles full of bodies and an enlarged sense of sweep and scope. (The cast list notes that "other people of England and France are played by community volunteers who participated in our arts engagement programs.") And very broad: Richard Plantagenet lays out his claim to the crown via a highly anachronistic slideshow that makes the goofiest plays-on-

names imaginable. Hey, John of Gaunt is scary skinny! (Flowers is otherwise set in olden days, while *Riot* features modern riot gear but keeps the swordplay.) The wailing ghosts of late-period Jessica Lange and middle-period Meryl Streep haunt a couple of the characterizations, and there is enough skitty slapstick amid the drama and death that you may feel you are watching even more plays than you actually are. The biggest trouble is Henry himself, who seems a great callow hollow at the center of *Flowers*, and shows himself clear only in his last two *Riot* and *Reckoning* soliloquies. Without a compelling character to embody the loves and hates of the state, it can be hard to care about all the goings on, no matter how oomphy the electric guitar or how dazzling the digital diplays. But again, the tragedy here is that there is no tragic hero. The good are ground under right alongside the wretched, and that — high and low, silly and solemn — is just the way it was, and is. The whole thing does, to borrow from Hopkins, gather to a greatness, or at least a grandness, and gains momentum as it rolls along. All that fury to rule France. All that English blood spilled for England.

OLD GLOBE - DONALD & DARLENE SHILEY STAGE, 1363 OLD GLOBE WAY, BALBOA PARK. 619-234-5623. CALL FOR SHOWTIMES

Rachmaninoff and the Tsar: A New Musical by Hershey Felder

World premiere production from actor, pianist, playwright, and producer Hershey Felder!: Having safely left Russia during the 1917 revolution, legendary pianist and composer Sergei V. Rachmaninoff made his home in the United States. In 1942, at the age of 68, he received American citizenship and bought a home in Beverly Hills, but his native home remained in his soul. Six months thereafter, a terminal illness brought forth the memory of a long-ago encounter with Russia's last Tsar, Nicholas II, and the Tsar's daughter, the Grand Duchess Anastasia, a memory that would haunt him until the very last. This exploration of Sergei Rachmaninoff's itinerant but extraordinary life illuminates the master's sense of home and family and how those elements influenced his art. Featuring his world-famous C# minor Prelude to his second piano concerto, his symphonies and his Paganini Variations.

BALBOA THEATRE, 868 FOURTH AVE., DOWNTOWN SAN DIEGO. +16195701100. 7:30PM THURSDAY & FRIDAY, 2PM & 7:30PM SATURDAY.

The Revolutionists, A Comedy by Lauren Gunderson

Four beautiful, bad-ass women lose their heads in this irrever-


ent, girl-powered comedy set during the French Revolution's Reign of Terror. Playwright Olympe de Gouges, assassin Charlotte Corday, former queen Marie Antoinette and Haitian rebel Marianne Angelle hang out and try to beat back the extremist insanity of 1793 Paris. This grand and dream-tweaked comedy is about art and activism, feminism and terrorism, compatriots and chosen sisters, and how we actually go about changing the world. It's a true story. Or total fiction. Or a play about a play. Or a raucous resurrection...that ends in a song and a scaffold.

LAMPLIGHTERS COMMUNITY THEATRE, 5915 SEVERIN DR., LA MESA. 619-303-5092. 7:30PM FRIDAYS & SATURDAYS, 2PM SUNDAYS.

Velour: A Drag Spectacular

A new theatrical experience about the rise and rise of a superstar. Sasha Velour is "a glossy, living piece of art" (*Interview Magazine*) and a true polymath — a gender-fluid drag queen, author, activist, artist and winner of *RuPaul's Drag Race*.

LA JOLLA PLAYHOUSE, 2910 LA JOLLA VILLAGE DR., UCSD. 858-550-1010. 7:30PM THURSDAYS & FRIDAYS, 2PM & 8PM SATURDAYS, 1PM & 7PM SUNDAYS, 7:30PM TUESDAYS & WEDNESDAYS.

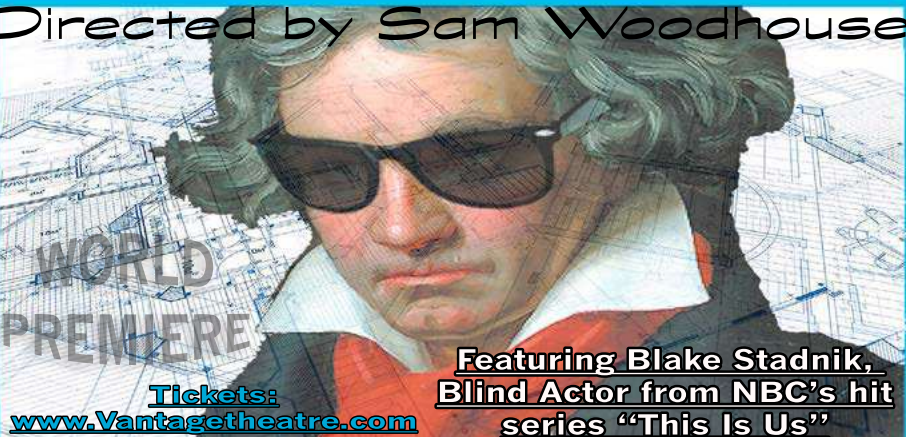


Vantage Theatre
Presents
A World Premiere Production

Best Laid Plans

by
Robert Salerno

Directed by Sam Woodhouse



Featuring Blake Stadnik,
Blind Actor from NBC's hit
series "This Is Us"


Tickets:
www.VantageTheatre.com

Inspired by a true story, a brilliant young architect has surgery for a brain tumor and wakes up unexpectedly blind. Alone, lost, and despondent, he cannot envision a path back to life, much less architecture... Then Beethoven shows up!

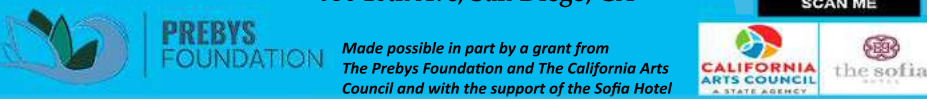
FRI, SAT at 7:30pm
SAT, SUN at 3:00pm

Aug 29-Sept 22, 2024

Tenth Ave Arts Center
930 10th Ave, San Diego, CA



SCAN ME



Made possible in part by a grant from
The Prebys Foundation and The California Arts
Council and with the support of the Sofia Hotel




PHOTO: JESSICA SAN JUAN

PALOMAR PERFORMING ARTS

Music ♦ Dance ♦ Theatre

Classes available! Enroll today!

palomarperforms.com

the inside track blurt

Upright bass is coolest person in rockabilly

Jon Hasz met his future wife, Cathryn (Cat) Curry Hasz, at a music store in Ramona when they were both still in high school. “She was the singer in a punk band,” he explains. “She played guitar,



The Beard and the Bird: lots of time on the road (and the tracks).

and we would just jam for fun every once in a while. We started dating, and sometime around 2012 I brought home a big white upright bass that I had traded some guitars for. I was like, ‘Hey, this is your new instrument!’ We started getting into a little bit of rockabilly at that time. Basically, the upright bassists in most rockabilly bands are the coolest person, so I knew she was going to go for this. We played casually for fun every once in a while, and then about three years ago, we started actually taking some gigs and writing some stuff together.”

The pair would form a musical duo called The Beard and the Bird that specializes in “western swing music,” an outgrowth of jazz that originated in the late 1920s and blends genres such as country, blues, and Dixieland into highly danceable

songs. Jon plays acoustic guitar and sings lead, while Cat adds backing vocals and handles the low end on the upright bass. Jon says the upright bass adds a percussive element to their performances that is unique to the instrument. “When you are doing slap bass you are pulling

the string and then you slap it,” he explains. “It’s almost a secondary drummer. That’s why it can be really fun playing with her just as a duo. She’s really holding down that time. Every time she hits the strings, it kind of sounds like a snare. It’s very different than traditional jazz bass, where you are just playing the notes and there is much less percussion.”

But depending on the gig, you may catch The Beard and the Bird as a duo, trio, or even a quartet. “If we’re doing a festival, we almost always have a three-piece,” Jon says. “So when we play Adams Avenue, when we do the Art Walk, when we do Gator by the Bay, those gigs are always with a trio, or a fourth member on slide guitar. But some of the local gigs, like if we play Heroes [Wood-Fired Pizza] up in Julian, or a winery, we will do a duo. It rolls with people’s budgets and preferences.”

The band is consistently out gigging, with shows split pretty evenly between the San Diego region and Buffalo, New York. Pre-Covid, the couple would often vacation in Vancouver, but once the pandemic hit, the border was closed. To avoid going stir crazy, Jon and Cat opted to pick a new place that was close enough to the Canadian border to have the same culture and weather. “That just happened to be Buffalo,” Jon says. “So we dropped into there and I found this massive festival scene out there in the northeast. It’s awe-inspiring. We started playing shows and meeting people out there. Ever since, we’re making our tour loop a little bit bigger. So, we’re working our way down towards Pennsylvania and Cleveland and further into New York.”

While The Beard and the Bird have become a fixture on the live circuit, their digital presence is quite minimal on the streamers. They are looking to remedy that by releasing a series of singles which will lead into a seven-song EP. One of the singles, “Dust if You Must,” is based on the poem of the same name by Rose Milligan. Jon recorded his parts at GCR Audio in Buffalo, New York, a recording studio owned by Goo Goo Dolls bassist Robby Takac. He had booked studio time not really knowing what he actually wanted to record, so the music was basically written on the fly. He was joined by Tyler Westcott on banjo and Aaron Troy on clarinet — two musicians he had never even met. “One of my favorite things to do is meet people for the first time and do something creatively,” he says. “You never know what you are going to get, and there’s such a cool energy there.”

Cat’s bass and vocal parts were recorded at RMC After-hours Studio in Ramona, a vital location in the story of Jon and Cat. “I bought a music store years ago,” Jon says. “I’ve had Ramona Music Center up here for 17 years, and that is where our studio is built out of. It’s the same store that Cat and I originally met at.”

—Dryw Keltz

Find Blurt online at SDReader.com/blurt

CONTRIBUTORS
Andrew Hamlin, Dryw Keltz, Jake Peterson, Jay Allen Sanford, Spike Steffenhagen

You can submit a listing, download mp3s, watch videos, subscribe to event alerts, get directions, and find more information about these shows online at SDReader.com/music.

THIS WEEK'S SHOWS

AlSmith Brewing Company:
Thursday, 7pm — The Voices
Concert for the Anvil of Hope.
Free.

Aztec Brewing Company:
Sunday, 6pm — Aztec Jazz Jam.
Free.

Bancroft:
Monday, 8pm — Close Enough
and Promised Paradigm. **Free.**

Barefoot Bar and Grill:
Friday, 6pm — Christian Taylor.

Belly Up Tavern:
Thursday, 7:30pm — Tab Benoit
and Anders Osborne.
Friday, 8pm — Pato Banton
and Common Sense. \$30-\$53.
Saturday, 7:30pm — Steel Pulse.
Sunday, 7:30pm — The PettyBreakers.
Monday, 7:30pm — Thievery Corporation. \$91.

Brick by Brick:
Thursday, 7:30pm — Haunt and

Savage Master. \$15.
Friday, 7:30pm — Alien Ant Farm
and Atomic Life. \$25-\$30.
Saturday, 7pm — Kingcoope. \$13.
Sunday, 7:30pm — Black Tusk.

Cannonball:
Thursday, 5pm — Jonny Tarr.

Casbah:
Thursday, 7:30pm — Ramona
and Los Shadows. \$20.
Saturday, 7:30pm — Midge Ure. \$30.
Sunday, 8pm — 1984 New Wave
Dance Party Share. \$12.

Cordova Bar:
Thursday, 8pm — DJ Jilil. **Free.**
Saturday, 8pm — DJ Serg. **Free.**

David and Dorothea Garfield Theatre:
Friday, 6pm — Violin Quartet
& Krishnaa: A Broadway Style Spectacle. \$50-\$100.

Duke's La Jolla:
Friday, 3pm — Russell Paihinui.
Sunday, 4pm — Keni Yarbro.
Tuesday, 4pm — Farrah Camu.

EQ:
Saturday, 8pm — Ardalan.

Educational Cultural Complex:
Saturday & Sunday, 1pm — Jazz
at the Creek. \$76-\$215.

I PAY CASH FOR RECORDS
CD's, Dvd's, Cassettes, 8-Tracks, & Clothes
ASK ABOUT THE HIDDEN RECORD SHOP

Contact **JEFF**
at **858-382-7396**
Cash 4 Other Stuff 2
Call Now!
Jeff From Music and Thrift Trader
is Alive and Buying

til-two CLUB

4746 El Cajon Blvd.
619-255-1481
facebook.com/tiltwoclubsandiego

Thurs · Aug 29
CITY SOUL COLLECTIVE

Fri · Aug 30
ULTRABOMB
Matters Most (record release) · Manthers

Sat · Aug 31
THE PAWNS
Brighton Street Bullies
The Imbeskulls · TBO

Fri · Sept 6
HANDGUNS
A Different Kind of Giant · Fieldrush

Sat · Sept 7
MEET YR FRIENDS IN THE BATHROOM
with DJs MIKE DELGADO, AARON WALLACE & MANDY WARHOL

Mon Sept 9
OPEN VINYL DJ NIGHT

Sat · Sept 14
THE FOCKE WOLVES
The Glimmer Stars · tba

Sun · Sept 15
CORPSEMAKER
Withermoon · SVN EATER · Suicide Forest

Thurs · Sept 19
SLAPPIN' HANDS WITH RIC SCALES

Fri · Sept 20
GRAVEBEAT

SODA BAR

Wed 8/28 @ Soda
WOLF EYES
TRIGGER OBJECT

Thu 8/29 @ Soda
TWEN
ENUMCLAW

Thu 8/29 @ Casbah
RAMONA
LOS SHADOWS · CINEMHA

Fri 8/30 @ Soda
THE STRIKE
LOSTBOYCROW

Sat 8/31 @ Soda
JACK BOTT
CODY SHERMAN

Sat 8/31 @ Music Box
DEATH CAB FOR KARAOKE:
TAYLOR SWIFT X PARAMORE

Sun 9/1 @ Soda
UNDER THE RUG
BASIC PRINTER

Wed 9/4 @ Soda
BASTARDANE X OTTO
12 GAUGE TRIXIE

Thu 9/5 @ Soda
THE MESSTHETICS AND JAMES BRANDON LEWIS
THE HECTOR PENALOSA GANG

Fri 9/6 @ Soda
LOS STRAITJACKETS
THEE ALLYRGIC REACTION

Fri 9/6 @ Casbah
DOUGIE POOLE
ERIN DURANT

SODABARMUSIC.COM

3615 EL CAJON BLVD. 92104

Estancia La Jolla Hotel and Spa:
Tuesday, 6pm — Puro Feeling.
Wednesday, 6pm — Kristi Krause.

Fairmont Grand Del Mar:
Friday, 8pm — David Shyde.

Farmer & the Seahorse:
Saturday, 11am — Mike Myrdal.

Golden Island:
Friday, 6pm — Steph Johnson
Band. **Free.**

Holding Company:
Thursday, 8pm — The Exploits
and Tube Amp'd. \$5-\$10.

House of Blues:
Thursday, 7:30pm — Slacker University: Its A 2000's Party.
Friday, 9pm — Emo Night Brooklyn.
Saturday, 7:30pm — Moenia.
Sunday, 7:30pm — Glenn Hughes. \$30-\$75.
Sunday, 6pm — Stoney B Blues. **Free.**
Wednesday, 7pm — 42DUGG.

Humphreys by the Bay:
Friday, 7:30pm — Tower of Power.
Saturday, 7:30pm — Christopher Cross.
Tuesday, 7:30pm — Thievery Corporation.
Wednesday, 7:30pm — Chris Isaak.

Jacumba Hot Springs Hotel:
Friday, 8pm — Cretin Hop DJs. **Free.**
Saturday, 7pm — Creepxotica. **Free.**
Sunday, 6:45pm — Sunday Dinner
with Kayla Vonderheide. **Free.**

Kensington Club:
Friday, 7:30pm — Manganista
and The Psychlops.

L'Auberge Del Mar:
Thursday, 5pm — Marelle.
Saturday, 7pm — Johnny Martin.
Wednesday, 5pm — Farrah Camu.

La Valencia Hotel:
Friday, 6pm — Keni Yarbro.

Lafayette Hotel, Swim Club & Bungalows:
Friday, 8pm & 10pm — Jake Chapman.

Lamb's Players Theatre:
Thursday & Friday, 7pm —
Because You're Mine: Music of June Carter & Johnny Cash. \$38-\$72.

Layover:
Saturday, 3pm — TikTtronic.

Local Roots Kombucha:
Saturday, 2pm — Vista Vibes
Mini Music Festival. \$25-\$45.

Loews Coronado Bay Resort:
Friday, 7pm — Jonny Tarr.
Saturday, 7pm — Orion Song.
Sunday, 7pm — David Shyde.

Mission Bay Resort:
Thursday, 6pm — Keni Yarbro.
Friday, 6pm — TJ Moss.
Saturday, 6pm — Casey Turner.
Sunday, 11am, Tuesday, 6pm —
David Shyde.
Monday, 6pm — Gabriele Dagrezio.

Music Box:
Thursday, 7:30pm — Pleasure Pill. \$16.
Friday, 7:30pm — United We Dance.
Saturday, 7:30pm — Death Cab
For Karaoke: Taylor Swift & Paramore. \$20-\$25.

LIVE five

JAY ALLEN SANFORD

Find LIVE FIVE online at sdreader.com/music

PLEASURE PILL at Music Box

AUG 29



Influenced by Britpop music and mod fashion, Pleasure Pill features frontman Jonah Paz (JINX!), alongside his brother Ethan Paz (rhythm guitar). They released their single "Not Giving Up" in summer 2023, followed by "Wonder How." Early 2024 saw the release of a single and video for "I'd Rather Be." The bill includes Nitefire and Intermission.

LOS SHADOWS at the Casbah

AUG 29



Los Shadows is known for playing classic indie shoegaze with occasional bits of psychedelic cumbia. Based in National City, the group is fronted by singer/guitarists Andy Saldana and Pepe Gonzalez. They've been on several national tours opening for Porter, Homeshake, Levitation Room, Tijuana Panthers, DIII, and more. The show is headlined by Ramona, with Cinemha slated to appear.

STEPH JOHNSON at Golden Island

AUG 30



Steph Johnson is an award-winning recording artist and activist whose music blends jazz, soul, funk, and blues. She quit her job at a bank in 2009 to concentrate on being a full-time musician. She's known for her work with the local Voices of Our City Choir, which competed in the 2020 live rounds of the America's Got Talent TV competition.

SONGWRITER SANCTUARY at Normal Heights United Methodist Church

AUG 30



The newest Songwriter Sanctuary features several locals taking turns in a round-robin style setup, telling the stories behind their music as they perform. The setting is an acoustically superb church that formerly hosted the Acoustic Music San Diego series. This month's edition features Veronica May, Emily Afton, and Julianna Zachariou, with the evening hosted by Jeff Berkley (Berkley Hart).

ARCHIE THOMPSON & THE ARCHTONES at Eddie V's

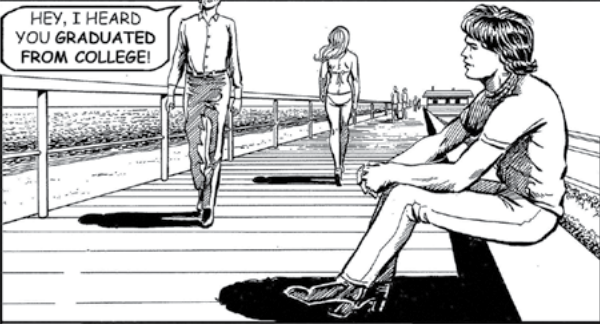
SEPT 3



Archie Thompson is a piano-and-sax-playing jazz and R&B singer based in San Carlos. His band the Archtones play around town and elsewhere. His music has been heard on television programs such as *Snowfall*, *Claws*, and *Imposters*. He performed the theme songs for several seasons of the cartoon *Archer*, and his song "Green Door" was heard in the film *Once Upon a Time In Hollywood*.

OVERHEARD IN SAN DIEGO: O.B. PIER

JAY ALLEN SANFORD



OVERHEARD? EMAIL JAS2669@AOL.COM - IF WE USE YOUR TIP, YOU GET THE ARTWORK

[WWW.FACEBOOK.COM/JAYALLEN.SANFORD](https://www.facebook.com/jayallen.sanford)

42ND ANNUAL

SATURDAY, SEPTEMBER 21
10PM - 10PM

SUNDAY, SEPTEMBER 22
10PM - 6PM

ADAMS AVENUE STREET FAIR

75 MUSICAL ACTS ON SEVEN STAGES

ALLY VENABLE BAND • DJ COLETTE
JAMES INTVELD'S ROCKABILLY REVUE • THE ZEROS '77
CREATURE CANYON • MITCHUM YACOB • DEADBOLT
JESIKA VON RABBIT • HOMERO ESPINOSA

524 BRASS BAND • ASS POCKET WHISKEY FELLAS • AUZ FONTAINE
BEHIND THE WAGON • BETA 7 • BILLY SHADDOX
BISHOP JOHN W. HAYNES & CHANGE • BLUE LARGO • BLUES I-IV-V
THE BROTTHERS BURNS • BUMP DJ'S BOB DAZZLA & SHIGE
BUZZ CAMPBELL & THE HEARTACHES • CHICKENBONE SLIM & THE BISCUITS
CHRISTIAN GIBBS • CRASHER • CRIS HERRERA • CUMBIA MACHIN
DANIEL EZRA • DJ ALA • DJ BEATNICK • DUSTBOWL DIAMONDS
EARTH TONES • EXOTIC FRUIT TOUR • FUTURESEXUALS • GOLDIE
GRAMPADREW • GYPSY SALLY • THE HANG ZEROS • HARPCO • HAUNTU
HI-FIVE GHOST • HIGH ROLLING LONERS • THE INNOCENT BYSTANDERS
JAKE NAJOR & THE MOMENT OF TRUTH • JENNA LEE
THE JOHN JANUARY BAND • JOHNNY HI-HAT COMBO
JOHNNY VERNAZZA BAND • JUSTIN JOHN RODRIGUEZ • KAHLIL NASH
LINDA BERRY BAND • MANZANITA BLUES • MARA SULU & REVIVAL
MARK E.QUARK • MARKALAN • MISTRESS '77 • MOHAVISOUL
MR. HEK • NATHAN RANEY BAND • OSCAR P • PAPA SANCHO
PAUL NAJERA B2B BOYS DON'T DISCO • PLANETARIUS
POISON HEARTS A.C. • REY WOLF • RYAN BLUE
SAMER BAKRI • SARA PETITE • SEABASE
SHELBI BENNETT • SMOKE & MIRRORS SOUNDSYSTEM
T IRIE DREAD • THEA THE BAND
TOP STOCK • THE VINYL SHOP
WESTWINDERS
WITCH FACE

CARNIVAL RIDES
FREE
FESTIVAL FOODS
2024

BEER GARDENS
"COOL ZONE"
PRESENTED BY
SAN DIEGO COMMUNITY POWER

300 Arts, Crafts and Retail Booths

ADAMS AVENUE
BUSINESS ASSOCIATION

WALKABOUT

SULEIL

Reader

MAGIC 92.5
the heart of san diego

1007 BIG

SEEK BEER Co.

CASBAH
EST. 1988

VIBRANT CULTURE
VIBRANT CITY
Community & Arts Center
City of San Diego

MAUI

HNSI
MUSIC 99.1 FM • SAN DIEGO

91X

Z103
TODAY'S HIT MUSIC

Fall

MISSION
BREWERY

THORN
BREWING CO.

XTECA

WEST COAST WEEKENDER

ADAMS AVENUE
BUSINESS ASSOCIATION

FREE 2 Day Music Festival 619-282-7329 AdamsAvenueStreetFair.com

San Diego Reader August 29, 2024 19

THE GONZO REPORT

As I Lay Dying show makes for odd pit fellows

My brother-in-law batters me

Bloody axes scattered the hallways at my day job last week. Layoffs were going down. Over 70 people were canned. Colleagues who'd spent over a decade at the joint were cut off without warning. For some reason, I was spared...for now. I'm nervously waiting for the thud of an axe in my back. The e-mail from HR asking for a brief interview. The old pink slip in the locker letting me know that I've been cut. "You simply don't throw with the same heat on the fastball anymore." The reason for the layoffs: shitty post-Covid economy. The after-effects of the pandy are being felt. What better time to catch local metal act As I Lay Dying at Observatory North Park during yet another season of death? But with every death comes rebirth, as they say.

We were posted up at a table inside Black Plague, the fatally themed taproom connected to the Observatory. My brother-in-law Franky was already heavily buzzed as he switched his sneakers from expensive Jordans to pit-friendly Vans. "Are you gonna mosh tonight?" I asked him.

"Are you?" he clapped back. I told him I would if he did. We clinked our glasses together and pledged to put ourselves in the As I Lay Dying pit. Our witness: a prop skeleton laying in a coffin beneath a glass tabletop. "Bloodgood's already in there," Franky said as we filed ourselves in line to enter. "He wants to be in the front to get a good spot to record." Bloodgood's the eye behind the local music TikTok channel "Bleed for the Scene." He's also Franky's co-worker inside the walls of the Naval hospital and wears one hell of a model American mustache.

I stood behind Bloodgood as Enthéos took the stage, watching him record the set with his iPhone. Led by female vocalist Chaney Crabb, the progressive metal group out of Santa Cruz were crushing it. But Franky was a drunk, lost soul at that point. He could have been at the bar, in the pit, in the bathroom, or sleeping



As I Lay Dying: music to mosh by

under somebody's car. "He'll be fine," I told Bloodgood. Me, I remained clear from the pit and watched from the outside to see if Franky might be in there swinging.

Before Chelsea Grin's set, I went to the bar for my second PBR. It was that kind of night. Pinching pennies just in case my head was guillotined at work on Monday. Then Chelsea Grin stepped up and lit the shit. I still couldn't lay eyes on Franky. I scanned the pit from the front row. Where the fuck was the dude?

Between the Chelsea Grin set and As I Lay Dying, a young guy standing next to me asked me if I was going to chug my beer. Confused, I asked, "Why?" He wasn't sure what to say. A

look of mild embarrassment washed over his face. He told me it was his first concert. He was a 23-year-old farmer from Fresno. "You're going to the pit!" I demanded. He resisted. "It's your first concert; you're definitely going to the pit!" I said again. "I'll go with you." He was eventually forced to agree.

During AILD's first song, the pit had bled into all the surrounding areas. The kid from Fresno yelled out, "The pit came to us!" I pushed him into the heart of it, then jumped in myself. He got swallowed up. I never saw him again after that, but he looked happy as he was sucked into the swarm. The pit's floor was sloped at an angle. It was slick from sweat and spilled beer. Comically, moshers slipped and fell on their asses like they would on banana peels. As I skipped around trying to keep my own footing, I suddenly felt a fist crack me in the face. Then took a blow to the ear from the same person's elbow. What the hell, bro. After shaking it off, I searched for the culprit to give a "friendly" shove in return. I realized then that it was fuckin' Franky. He had no idea he was punishing my face as he swung his arms wildly. I then slipped, scraped a knee, and watched as he got away.

When AILD finished their encore, I found Franky and asked him if he knew he'd battered me. He remained oblivious. I probably deserved the unintentional beating for throwing that friendly kid into the pit. No matter; we were still standing. ■

Find The Gonzo Report online at sdreader.com/gonzo

Sunday, 7:30pm — The Bloody Beatroots DJ Set. \$25-\$30.
Tuesday, 7:30pm — Kikuo. \$100.

Navajo Live:

Friday, 8:30pm — The Nineteen 90s and Maverick. \$6-\$10.
Saturday, 8pm — Corporate Citizen and The Pictographs. \$6-\$10.

Nick & G's:

Friday, 6pm — Matt Heinecke.

North Island Credit Union Amphitheatre:

Friday, 7:30pm — Santana and Counting Crows.
Saturday, 7:30pm — Chicago and Earth, Wind & Fire.
Wednesday, 7:30pm — Five Finger Death Punch and Marilyn Manson.

North Park Mini Park:

Saturday, 6:30pm — The Golden Hour: Noise & Mediations. **Free.**

Observatory North Park:

Thursday, 7:30pm — The Get Up Kids and Smoking Popes.
Saturday, 8pm — Club 90s: Club Brat Night.
Sunday, 7:30pm — Bilmuri.

Open Air Theatre:

Sunday, 7:30pm — Joshua Bassett and Thomas Day.

Oxford Social Club:

Sunday, 10:30pm — Bryce Vine. **Free.**

Pala Mesa Resort:

Friday, 4pm — Jody Bagley. **Free.**

Pechanga Arena San Diego:

Friday, 7:30pm — \$uicideboy\$.
Saturday, 7:30pm — Carin Leon.

Pechanga Resort & Casino:

Friday, 9pm — Lo Ta You.
Saturday, 8pm — The Beach Boys: Endless Summer Gold.

Petco Park:

Friday, 7:30pm — Def Leppard and Journey.

Pool House:

Sunday, 12pm — Labor Day Weekend Poolside Bash. **Free.**

Rady Shell at Jacobs Park:

Saturday, 7:30pm — Classic Albums Live: Sgt. Pepper's Lonely Hearts Club Band.
Sunday, 7:30pm — The Beach Boys: Endless Summer Gold.
Wednesday, 7pm — John Fogerty.

Soap Factory:

Sunday, 8pm — Bonobo (DJ Set) and DJ Tennis.

Soda Bar:

Thursday, 7:30pm — Twen.
Friday, 7:30pm — The Strike. \$24.
Saturday, 7:30pm — Jack Botts.
Sunday, 7:30pm — Under The Rug and Basic Printer. \$24.
Wednesday, 7pm — Bastardane and OTTTO. \$19.

Soma:

Thursday, 7:30pm — Epik High.

Sound:

Friday, 7:30pm — Steel Pulse and The Green.

South Coast Winery Resort & Spa:

Sunday, 6pm — JJ Sansaverino & Blake Aaron.

Spreckels Organ Pavilion:

Thursday, 7:30pm — Twilight in the Park: Matthew Phillips.
Monday, 7:30pm — Annual Labor Day Classic Rock Concert. **Free.**

Steele 94:

Saturday, 5:45pm — Santana Soul. **Free.**

Sunshine Brooks Theatre:

Saturday, 7pm — Like A Rolling Stone.

Sycuan Live & Up Close Theatre:

Friday, 8pm — The Jacksons.
Saturday, 7:30pm — Marcelito Pomoy.

Tidal:

Saturday, 6pm — Jonny Tarr.

Winstons Beach Club:

Saturday, 4pm — The Funk All Stars.

Wong's Dragon Room:

Saturday, 8pm — John January Band. **Free.**

UPCOMING SHOWS

Adams Avenue near 35th Street, Normal Heights:

September 21, September 22 — Adams Avenue Street Fair

Alila Marea Beach Resort:

September 5 — Poolside DJ Set

All Things Music:

September 7 — Gregory Page: Fall into Fall

Athenaeum Music and Arts Library:

September 6, September 13, September 20 — Acoustic Evening Concert Series

Aztec Brewing Company:

September 15 — Aztec Jazz Jam

BLK Box Gallery:

September 7 — Temple of Roots

Baker-Baum Concert Hall:

September 20 — Rasa by RaGa

Balboa Theatre:

September 12 — Matute

Barefoot Bar and Grill:

September 7 — Casey Turner

Bellamy's Restaurant:

September 7 — Gabriele Dagrezio

Belly Up Tavern:

September 5 — Black Uhuru
September 6 — Betamaxx and Hot Lava
September 7 — Lucy's Fur Coat and Miniaturized
September 8 — The Paladins
September 9 — The Polyphonic Spree
September 10, September 11 — Soul Coughing
September 12 — Don Felder: Play It Forward Fundraiser
September 13 — Ginger Roots & The Protectors
September 14 — Beats Antique

September 15 — Back To The Garden & Friends

September 17 — Kishi Bashi

September 18 — The Man In Black

September 20 — GoldFish

September 21 — The Reunion and Resurrection Jam

September 21 — Mustache Harbor

September 22 — Debbie Gibson

Bernardo Winery:

September 8 — Billy Nation

Bloom Nightclub:

September 20 — Amtrac DJ Set

Brick by Brick:

September 5 — Gost
September 6 — Cure vs Depeche Mode vs New Order vs Duran Duran
September 7 — 9/11 Benefit Show: Cascade Effect
September 8 — PeelingFlesh and Snuffed On Sight
September 12 — Nervosa, Lich King, Patriot
September 13 — Mest with special guests
September 14 — Dark Tranquillity and Amorphis
September 16 — Signs of the Swarm and Cane Hill
September 20 — MORTIIS and Malfet
September 21 — Skeletal Remains and Bewitcher

Cafe X: By Any Beans Necessary:

September 22 — TunedUp Live

4-DAY WEEKLY

\$2-A-PIECE GARAGE SALE

10,000 RECORDS/10,000 CDS

5000 DVDS/VHS AND 2000 CLOTHES

BUYSELLTRADE

NORTH PIKS

CASH FOR RECORDS, CDS, DVDS, AND CLOTHING

Trade 2 of Yours and Get 1 of Ours FREE On Approval

3939 Iowa Street #2 • San Diego 92104

619-844-7862 • Thur-Sun 9 am-4 pm

<https://northpiks.square.site>



SARA EVANS
September 26



WINGER
October 3



FREDDIE JACKSON
October 10



PIFF THE DRAGON
October 10



LEE GREENWOOD
October 18



**SCAN FOR ALL
UPCOMING SHOWS**

BUY TICKETS: SYCUAN.COM

SUBJECT TO CHANGE. RESTRICTIONS MAY APPLY. MUST BE 21 YEARS OF AGE TO ENTER THE THEATRE. PLEASE PLAY RESPONSIBLY.

Cannonball:
September 5 — Ben Benavente
September 17 — Jemille Vialet
September 19 — Ben Benavente

The Casbah:
September 5 — The BellRays
September 6 — Dougie Poole
September 7 — Sacri Monti and Mondo Drag
September 9 — John Early
September 10 — Gardens and Villa
September 11 — Ark Patrol
September 12 — Sea Wolf (Solo)
September 13 — Jordy Searcy
September 14, September 15 — Mass of the Fermenting Dregs
September 17 — Jimi Zolo, Saguaro, Refuza
September 18 — Gavin Turek and Cor.Ece
September 19 — The Stews
September 20 — Emo Nite
September 21 — The Cannon Ball

Central Library:
September 13 — Art of Elan: Middy Music

Christ Lutheran Church, Pacific Beach:
September 8 — Michael Morgan Farewell Concert

The Cordova Bar:
September 5 — Bay Park Funktion Monthly Jam Session

Dizzy's/Musicians Union Hall:
September 15 — Charlie Porter Quartet with Eric Scott Reed

Duck Foot Brewing Company:
September 5 — Deadhead's Night: Mystery Train
September 8 — Bluegrass Monday
September 10 — SD Jazz Collective Jam

Duck Foot Brewing Leucadia:
September 16 — Bluegrass Monday
September 17 — Deadhead's Night: Easy Wind

Duke's La Jolla:
September 6 — Casey Turner
September 8 — Keni Yarbro
September 10 — Russell Paihinui
September 13 — Casey Turner
September 15 — Keni Yarbro
September 17 — Casey Turner
September 22 — Keni Yarbro

Epstein Family Amphitheater:
September 6 — Anything for Salinas
September 19 — Ben Folds

Estancia La Jolla Hotel and Spa:

IMMORTAL BEAUTY

BY GARRETT HARRIS

Jacobs Music Center celebrates venue's grand re-opening with free event

On September 29, the San Diego Symphony will celebrate the grand reopening of the Jacobs Music Center with a singular event titled, A Day of Music. The event, scheduled to start at 11 am, will serve as a free open house so that the community can experience the newly renovated venue. Attendees can look forward to a day of live performances from various musical groups across San Diego, food options, and the chance to explore the updated Jacobs Music Center.

The Center, formerly known as the Fox Theater, has undergone a three-year renovation. The updates sought to transform the nearly 100-year-old theater into a modern concert hall. The opening festivities will begin with a civic dedication and ribbon-cutting ceremony on September 27, followed by an opening concert on September 28. The latter will include music by Rossini, Paganini, and Rachmaninoff. A Day of Music will mark the final event of this opening weekend, and is significant, as it represents the first public, free event at the venue since the pandemic closures in 2020. The Day will include performances from 25 groups, including the Suzuki School of Music, the Baja California Orchestra, and Mariachi Garibaldi from Southwestern College.

Martha Gilmer, CEO of the San Diego Symphony, reflected, "When the Fox Theater, now known as Jacobs Music Center, opened in 1929, it was envisioned as a venue for the future. As we re-open Jacobs Music Center, we too

look to the future." Laura Reynolds, vice president of impact and innovation for the San Diego Symphony, added, "It's important that we celebrate the re-opening of Jacobs Music Center with the stories and voices of our vibrant region...we hope to instill a sense of wonder, joy, and belonging that sets the stage for the next 100 years of music-making in San Diego."

Following the reopening celebrations, the San Diego Symphony will embark on its inaugural season in the renovated Center.

The new season will feature 20 ambitious programs under the Jacobs Masterworks series, and will include new compositions and classic favorites. Additionally, the Symphony



The three-year renovation sought to update the nearly 100-year-old theater into a modern concert hall.

will resume both its Jazz@The Jacobs and Family Concert series, and will also introduce three new series: the Friday Matinee Jacobs Masterworks series, Cur-rents, and Symphony Kids.

While this is a free event, tickets will be required and will probably disappear quickly. Visit www.sandiegosymphony.org to register for tickets and for more information.

Classical Music this week

SD Symphony: Tchaikovsky Spectacular The last classical concert of the 2024 Summer Season features Rafael Payare conducting the San Diego Symphony Orchestra in Tchaikovsky's Violin Concerto,

with soloist Blake Pouliot. The iconic 1812 Overture closes the evening with The Rady Shell at Jacobs Park's signature pyrotechnics. Friday, August 30, 7:30pm; Rady Shell at Jacobs Park, 222 Marina Park Way.

See more CLASSICAL MUSIC at SDReader.com/classical

September 5 — Jonny Tarr
September 6 — David Shyde
September 8 — Gabriele Dagrezio
September 12 — Ben Benavente
September 18 — David Shyde
September 19 — Helena Holleran
September 20 — Jarred Matthew

Fairmont Grand Del Mar:
September 6 — Jarred Matthew
September 7 — Helena Holleran
September 13 — David Shyde
September 27 — Perry O'Neal

Farmer & the Seahorse:
September 7 — David Shyde
September 8 — Andrew Pena
September 14 — Casey Turner
September 15 — Jason Graham
September 21 — Joanna Gerolaga

Fast Times:
September 13 — West of 5

Golden Island:
September 6 — The Whitney Shay Quartet
September 13 — Irving Flores

Latin Jazz Quartet
September 20 — Mercedes Moore

Harrah's Resort Southern California:
September 19 — Dogstar
September 22 — Alejandro Fernandez

House of Blues:
September 5 — Novo Amor
September 5 — Emarosa
September 6 — Mac Sabbath 10 Year Anniversary Tour
September 7 — Ashes to Amber
September 7 — Gimme Gimme Disco
September 10 — Luna Li
September 11 — Boa
September 11 — OhGeesy, Yung Chowder, 310babii
September 12 — Colde
September 12 — Sofia Isella
September 13 — Why?
September 13 — Joeyy and Laker Brady
September 14 — Tori Kelly

September 14 — Wabie and Huron John
September 17 — Bravo The Bagchaser
September 19 — Rose Betts
September 19 — The Lox
September 20 — Senpai Squad: Paradise 2024
September 21 — You Should Be Dancing: Bee Gees Tribute
September 21 — Deyaz
September 22 — Johnny Stimson Emotional Cowboy Tour

Humphreys Backstage Music Club:
September 7 — FMera

Humphreys by the Bay:
September 6 — Keane
September 10, September 11 — Bonnie Raitt
September 16 — Peter Hook & The Light
September 18 — Andra Day
September 22 — Kansas

Jacumba Hot Springs Hotel:
September 8 — Sunday Dinner with Clinton Davis
September 13 — The Barnacle Boys

L'Auberge Del Mar:
September 5 — David Shyde
September 6 — Gabriele Dagrezio
September 7 — Rachel Jay
September 10 — Ben Benavente
September 11 — Joanna Gerolaga
September 13 — Marelle
September 14 — Orion Song
September 15 — Helena Holleran
September 17 — Ben Benavente
September 18 — Kai Kalama
September 19 — Marelle
September 20 — Tyler F. Simmons
September 22 — Johnny Martin

La Jolla Woman's Club:
September 8 — Le Salon De Musiques

La Valencia Hotel:
September 5 — Javid & Naoko
September 6 — Keni Yarbro
September 8 — David Shyde
September 12 — Shea Givens
September 13 — Keni Yarbro

Lafayette Hotel, Swim Club & Bungalows:
September 7 — King Taylor Project

The Landings at Carlsbad:
September 7 — West of 5

The Living Room Café and Bistro:
September 12 — The Gand Band: Woodstock-themed Fundraiser

The Loft:
September 7 — Liana Flores

The Magnolia Performing Arts Center:
September 6 — La Mafia
September 13 — Matisse
September 14 — Sharon Owens

CASH PAID FOR RECORD COLLECTIONS

BUY • SELL • TRADE

619 414 7352

PUNK POST-PUNK NOISE ROCK

DEATH METAL BLACK METAL

DOOM & ALL THE OTHER METALS

INDIE ROCK PSYCHEDELIC

CLASSIC ROCK N ROLL SOUL

COUNTRY & EVERYTHING ELSE

2834 North Park Way 92104

<https://fullcontactrocknroll.com>

Thanks for the votes for

Best Piercing Studio!

professional piercing studios

3041 Adams Ave.
San Diego, CA • 619-516-4343

PROUD MEMBER
VERIFY AT SAFEPIERCING.ORG

1972 Garnet Ave.
San Diego, CA • 858-274-9950

enigmapiercing.co

Barbra Streisand Tribute
September 15 — Fey
September 16 — Celtic Thunder Odyssey
September 21 — Mocedades

Mission Bay Resort:
September 5 — Keni Yarbrow
September 6 — Orion Song
September 8 — Marelle
September 9 — Jeff Brinkman
September 9 — Casey Turner
September 10 — Dave Booda
September 11 — Jemille Vialet
September 12 — Keni Yarbrow
September 13 — Andrew Peña
September 14 — TJ Moss
September 14 — Casey Turner
September 15 — Johnny Martin
September 16 — Orion Song
September 17 — Israel Maldonado
September 19 — Keni Yarbrow
September 20 — Rachel Jay
September 21 — Casey Turner
September 22 — Helena Holleran

Moonshine Beach:
September 5 — Mike Ryan and Sammy Listoe
September 13 — Theo Katzman

Mr. Peabody's Bar & Grill:
September 14 — Custard Pie
September 21 — Tube Amp'd

Music Box:
September 5 — Isabel LaRosa
September 6 — Revelation 69 and Crimson Coil
September 7 — Through the Roots
September 8 — The Naked I and Andrew Barrack
September 11 — Eli Young Band
September 12 — The Rocco Revolution Tour
September 13 — ElEfante
September 14 — Yachtley Crew and Radio Thieves
September 15 — Baby Bushka
September 18 — Noël Tsoukalas and Adana
September 19 — Marcos Valle and Azymuth
September 20 — Jenny & the Mexicats
September 21 — Cornelius
September 22 — TwitchCon After Party

Navajo Live:
September 6 — Rain and Oceans
September 7 — Forty Six & Tool and Anthem
September 14 — Sandollar

Nick & G's:
September 20 — David Shyde

North Island Credit Union Amphitheatre:
September 6 — Dan + Shay
September 10 — Train and REO Speedwagon
September 11 — The Marley Brothers
September 13 — Glass Animals and Eyedress
September 14 — Hozier and Allison Russell
September 15 — Lauryn Hill & The Fugees
September 21 — Jon Pardi

Nova SD:
September 13 — Taylor Swift Dance Party

Observatory North Park:
September 7 — Forrest Frank and Antoine Bradford
September 9 — Mk.gee
September 12 — The Red Pears and The High Curbs
September 13 — Electric Feels
September 14 — Jazmin Bean
September 20 — Alvaro Diaz
September 22 — Cold Cave

Oceanside Pier:
September 20-22 — Nissan Super Girl Surf Pro

Open Air Theatre:
September 6 — Vance Joy
September 7 — Kidz Bop
September 10 — Wallows and Bence
September 13 — Bush and Jerry Cantrell
September 14 — Ray LaMontagne and Gregory Alan Isakov
September 15 — Stephen Sanchez
September 20 — Quinn XCII

Panama 66:
September 12, September 26 — Uptown Rhythm Makers

Patricks Gaslamp Pub:
September 13 — Southbay Band

Pechanga Arena San Diego:
September 5 — Peso Pluma - Exodo Tour 2024
September 19 — Chayanne: Bailemos Otra Vez

Pechanga Resort & Casino:
September 11 — Alabama: Roll on II North American Tour
September 13 — The Temptations
September 19 — Kansas
September 20 — Little River Band
September 21 — Lee Jae Hoon & Kim Won Jun
September 22 — Rivermaya

Petco Park:
September 11 — P!NK and Sheryl Crow
September 14 — Chromeo and Ruth Radelet
September 21 — Two Door Cinema Club and Petey

Poway Center for the Performing Arts:
September 14 — Wild West
September 21 — Naturally 7 At The Movies

Poway Library:
September 21 — Dave Dersham Concert

The Quartyard:
September 12 — Mico

Queen Bee's Art & Cultural Center:
September 7 — Beatles Fair 20

The Rady Shell at Jacobs Park:
September 6 — Trombone Shorty & Orleans Ave and Big Boi
September 19 — Indigo Girls and Amos Lee
September 21 — Classical Albums Live: Fleetwood Mac's Rumours

Rancho Bernardo Library:
September 14 — Pairing of Great Art Forms

San Diego Maritime Museum:
September 15 — Hausmann Quartet: Light & Shadow

San Diego Marriott Del Mar:
September 21 — Tyler F. Simmons

Santee Lakes Recreation Preserve:
September 7 — Summer Jams on Deck - Dylan Razwick

Scripps Miramar Ranch Library:
September 8 — Peter Sprague Trio

Senses Human Bistro:
September 17 — Doug Walker Quintet

SoCal Sports Complex:
September 15 — Free Concert

Soda Bar:
September 5 — The Messthetics and James Brandon Lewis
September 6 — Los Straitjackets
September 7 — Brad Stank, RiceWine, Snoozer
September 8 — Foliage and Still Ruins
September 10 — Pegboy
September 11 — The Ballroom Thieves
September 12 — The Hope Conspiracy and Violencia
September 13 — Dead On A Sunday and Devon Thompson
September 14 — Super American
September 17 — Lilia Rose and Angel Rene
September 18 — Courtside Betty and Kocan
September 19 — Brothertiger
September 20 — Club Blush
September 22 — Reyna Tropical

Soma:
September 6 — Alec Benjamin
September 10 — UPSAHL
September 11 — Mexican Slum Rats
September 13 — The Frights
September 20 — The Grinns

The Sound:
September 11 — Oteil & Friends
September 14 — Rodrigo y Gabriela
September 18 — Cuco
September 19 — Future Islands

South Coast Winery Resort & Spa:
September 15 — Tris Imboden Yacht Stars

St. James by-the-Sea Episcopal Church:
September 21 — Kurt Weill Cabaret

Sunshine Brooks Theatre:
September 7 — Celestial Sirens
September 18 — Muireann Bradley

Sycuan Live & Up Close Theatre:
September 20 — Sara Evans

Templar's Hall at Old Poway Park:
September 6 — Zzymzzy Quartet

Thornton Winery:
September 6 — Prince Again
September 7 — Chris Botti
September 13 — Twisted Gypsy
September 21 — Jeffrey Osborne and Lemek

UC San Diego Library, Geisel Library:
September 5 — 24th Annual Toy Piano Festival

Viejas Arena:
September 26 — Nicki Minaj

Waterbar:
September 5 — Ryan Hiller
September 19 — Christian Taylor

Waterfront Park:
September 8 — Blanket Sounds

Whistle Stop Bar:
September 13 — Aesthetic Perfection

Winstons Beach Club:
September 5 — Brazilian Reggae EXP feat Fully Fullwood
September 6 — Kyle Merrill Band and Jr Pig
September 7 — Band of Gringos
September 10 — Will Evans
September 12 — Grateful Dub
September 14 — The Sleepwalkers and Planetarius
September 21 — End Of Summer Rock Fest
September 22 — Moe N' The Failure and Just In Case

THU. AUG. 29

HAUNT
Savage Master,
Kauterized,
Battlecruiser

SUN. SEP. 1

BLACK TUSK
Somnuri,
Horseburner,
Well Hell

SAT. SEP. 7

FRAXURES
Godhammered,
Defy the Tyrants,
Cascade Effect,
Travis Neal

FRI. SEP. 13

MEST
Audio Karate,
Rookie of the Year,
Punchcard

FRI. SEP. 20

MORTIIS
Brighter Death Now,
Malfet, Subterranean
Hellchasm

THU. SEP. 5

GOST
Street Cleaner,
Starcourt

SUN. SEP. 8

PEELINGFLESH
Snuffed on Sight,
Corpse Pile,
Two Piece, Slime

SAT. SEP. 14

DARK TRANQUILLITY
+ AMORPHIS
Fires in the Distance

SAT. SEP. 21

SKELETAL REMAIN +
BEWITCHER
Phobophilic,
Torture Rack

FRI. AUG. 30

ALIEN ANT FARM
Atomic Life,
Antenna the End

FRI. SEP. 6

THE CURE vs.
DEPECHE MODE
vs. NEW ORDER
vs. DURAN DURAN
DANCE PARTY

THU. SEP. 12

NERVOSA
Lich King,
Hatriot,
Mortalis

MON. SEP. 16

SIGNS OF THE SWARM
Cane Hill, Ov Sulfur,
156/Silence,
A Wake in Providence

SUN. SEP. 22

SPECTRAL VOICE
Tongue Depressor,
Tideless

FOR TICKETS & INFO VISIT WWW.BRICKBYBRICK.COM
1130 BUENOS AVE. SAN DIEGO, CA 92110

THE CELTIC THUNDER ODYSSEY

SEPTEMBER 16

THE MAGNOLIA

GET TICKETS NOW

LIVE NATION

Journalists missed it

For the latest reviews from Reader writers and a complete searchable list of 2000 restaurants, please visit SDReader.com/feast

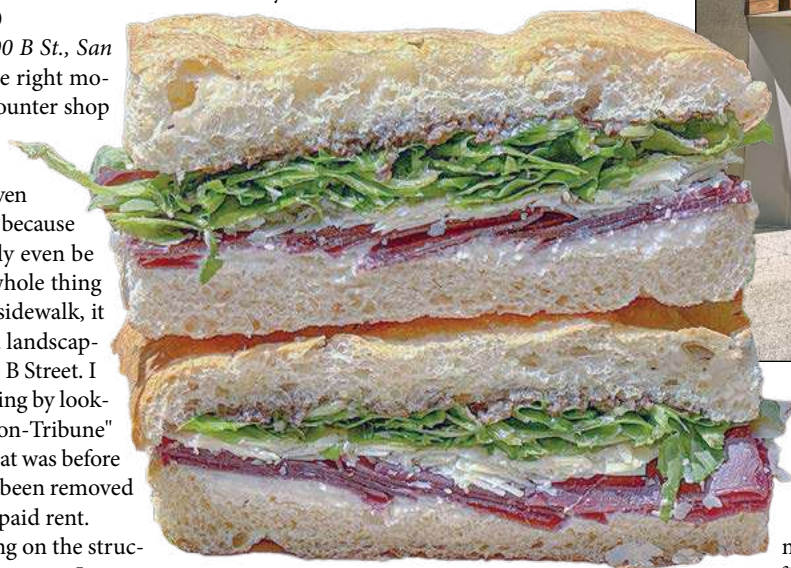
Following pistachios to Lucca Italian Sandwich Shop

Lucca Italian Sandwich Shop; 600 B St., San Diego. If you look over at just the right moment, you might spot the little counter shop as you pass by its B Street location. But you could be standing ten feet away on 6th Avenue and not even know there's a restaurant there — because it's just a little box. It could barely even be considered a kitchen. Plus, the whole thing sits below street level. From the sidewalk, it simply blends into the courtyard landscaping in front of the high rise at 600 B Street. I would say you can find that building by looking for the words "San Diego Union-Tribune" written across the top of it, but that was before the newspaper's branding hadn't been removed last month over the matter of unpaid rent.

There is, however, still branding on the structure for WeWork office sharing space; I guess they can still afford to be here. I suppose I'll have to start calling it the We Work building instead. Don't worry, it's only ominous if you value things like a free press or print publishing.

Anyhow, Lucca Italian Sandwich Shop opened right about the same time all that happened last month, and its window faces the entrance to the building. That makes sense, because whoever's

working there in the post-U-T era makes up the shop's core audience. When lunch hour hits, hungry office workers funnel down the elevators and pour out of the lobby, and it's the first food they see.



The Lucca signature sandwich: breseola, arugula, truffle paste, parmesan, and straccitella cheese on herbed focaccia bread.

Normally, I might not give that operation a second glance, even if it were easy to spot. But I noticed those two words sitting in the middle of the name: Lucca Italian Sandwich Shop. I perked up like a fox terrier, because I've been a tourist



A small box of a sandwich shop.

in Florence, and stood the lines to try *panini*, made with mortadella, straccitella cheese, and pistachios. Not so much for the mortadella, which is the finely ground Bologna luncheon meat some American genius was aiming for when he invented "baloney." Mostly, I liked the idea of putting pistachios on a sandwich. But that only works thanks to the straccitella, a surprisingly refreshing mozzarella paste that spreads across bread like whipped cream cheese. Still, what really made all those Tuscan sandwiches distinctive was the focaccia-like bread.

This sort of sandwich made a star out of Florence sandwich shop Al'Antico Vinaio, which has branched out into U.S. locations, including two in Los Angeles. Now, Tuscany nerds may be quick to point out the bread is called *schia-ciata*: similar to, yet thinner and crispier than, focaccia. So for their sake, I'll say Lucca makes its take on this sandwich, the Firenze (\$14), on the *schia-ciata*-like bread, focaccia. It's herbed and baked in a small, table-top electric oven inside the shop. And the sandwich is dressed with basil pesto and arugula.

Other sandwiches invoke other municipalities with their alternate meats and toppings: Rome (\$15.50) is prosciutto and mozzarella; Pisa (\$15) is artichoke, red pepper, and spicy salami; and the signature Lucca (\$17.50) features the cured beef *bresaola*, truffle paste, and more of that straccitella cheese. A nonalcoholic Aperol spritz (\$3) — part of an interesting collection of organic Italian sodas — helped the illusion along. I kinda like this overachieving for a coachlike office building courtyard sandwich shop. I bet the journalists would have liked it too.

Italian mineral water, sodas, and nonalcoholic beverages.



FOOD & DRINK EVENTS

Secret Garden Spa Parties Tickets include after-hours access, two drink vouchers, light bites and live music. Sunday, September 1, 4pm; **free**-\$45. Omni La Costa Resort and Spa, 2100 Costa del Mar Road. (CARLSBAD)

Street Food Market Lane Field Park Market is a street food market showcasing 20+ food vendors, as well as boutique coffee, with live music from 12:30pm until 2:30pm. Saturdays, 10am; Sundays, 10am; through Saturday, December 31, **free**. Lane Field Park, 1009 North Harbor Drive. (DOWNTOWN SAN DIEGO)

Summer Nights: Sommelier Wine Tasting

Immerse yourself in the rich history of wine with Dane Kuta, the official sommelier of San Diego Botanic Garden. Discover captivating stories of wine's evolution from the Middle Ages to the Modern Era. Thursday, August 29, 6pm; \$45-\$47. 21 and up. San Diego Botanic Garden, 230 Quail Gardens Drive. (ENCINITAS)

Taste of East Village

Culinary enthusiasts will enjoy tasty bites and sips from more than 30 of East Village's top restaurants and eateries showcasing the culinary diversity of the neighborhood. Thursday, August 29, 4pm; \$45. East Village

Taste of the Turf Club

Every Sunday, indulge in a culinary experience at the Turf Club at Del Mar, ordinarily a members-only spectator area. Tickets include a three-course brunch menu, a reserved Turf Club table for the race day, and bottomless mimosas or Bloody Marys. Turf Club membership is not required, but please review the website for dress code details. Sundays, 2pm; through Sunday, September 8, Turf Supper Club, 1116 25th Street. (GOLDEN HILL)

Tunes at Top: Bayside Summer at Top of the Hyatt Bayside Summers at Top of the Hyatt featuring Pernod Ricard, presents you with live music from local San Diego artists, hand-crafted cocktails, and views of the sunset. Fridays, 7pm; through Friday, August 30, Manchester Grand Hyatt, One Market Place. (DOWNTOWN SAN DIEGO)

WE'RE OPEN FOR INDOOR DINING,
OUTDOOR DINING, AND TAKEOUT!

HUNGRY?

\$2 OFF

any entree \$10 and up when you show this ad.
Dine-in only. Not valid on weekends or holidays.
Valid for up to four entrees. Must present this coupon at the time of your order. Expires 9/12/24

\$2 OFF

any entree \$10 and up when you show this ad.
Dine-in only. Not valid on weekends or holidays.
Valid for up to four entrees. Must present this coupon at the time of your order. Expires 9/12/24



Traditional diner favorites,
home-style classics,
a true American Diner

Rudford's
Established 1949

Open 24/7
2900 El Cajon Blvd.
619-282-8423 • Rudfords.com

FREE CLASSIFIED ADS

Three easy steps:

1. Take a picture of what you want to be in your ad.
2. Post it on SDReader.com/classifieds/ (25-word limit).
3. You're done — you can edit or delete it any time.



You can still call in your ad (619) 450-4293, text it to (619) 272-2772, mail it to or drop it in the drop box at the front door of the Reader office, 2323 Broadway, San Diego, CA 92102, by 12pm Monday

PERSONALS

THE TERM “ FLABBER-STOUNDED” is the best thing I've ever heard. I can't believe it came from you. Where's all the heaviness? Where did the hopelessness go? Then again, it is only one word...Social lame

YOU COULD HAVE BEEN A FRIEND but you just wouldn't. You hurt me with silence. Now it's my turn. Burn

SINGLE AND LOOKING TO MINGLE My name is Catherine, I am 37 years old athletic, 5'10, brunette, brown eyes. I am single, have no kids and never been married. I am looking for friendship first then see where that leads us through. I'm on shecool 147 on telegram. text me 4 pic (305) 809-8782 / cathjohn076@gmail.com

BEAUTIFUL BICYCLING Older man avid bicyclist seeking a female avid bicyclist 50+ to ride San Diego's beautiful bike trails. Call/text (619) 507-5776

KATIE: IT'S BEEN 23 YEARS. It's time we met again. My number is the same. Dennis

BRANDI PIERCE, I still love you, Jerry B

IT'S GOING TO BE OKAY No matter what you are going through, it will get better. Treat yourself with love and kindness because you know most of all that you deserve it. If nobody will love you, love yourself. Do the things you love. Don't let anyone get you down. Love u!!!

JLV I love causing a little ruckus with you. I had the best time in TJ. Thank you for all the rad memories. I love you so much. Lacey

LOOKING FOR KEITH WILLIAMSON I'm looking for my husband Keith Williamson. This is Maria. Please phone me. I broke my wrist and need you at home. Enough playing the field. Got it. (858) 276-1166. I got apt. But I only can use one hand. You owe me. Remember when you took your vows?

MARC- MY HUBBY BUNZ, You're my everything I love you very much. -Wifey

A.ELDR, Girl you crazy!!! But you are legit! I couldn't use curse words be Kuz I had to make sure you got to read this! Feels so secretive!! Like passing notes in school!! Your dude is the teacher basically!! Haha

MATTIE, 33 YEARS LATER... I found you here, met and fell madly in love, and now 33 years later, celebrating our 25th anniversary, 3 great kids and a life of adventure. You are the best part of my life and I am grateful for every bit of it. I love you, still... Buttercup

WHAT'S UP BREEZY A.Eldr I have so many ideas on the new hobby. I'm itching to do something creative! Run away and come make some stuffs!!!

HOW DO YOU FAKE BEING SEEN by 500 people after being crucified? First Corinthians 15:3-6, Also Matthew 27:51-53

YOUR OPINION Strike out the name the Padres, a name with religious identity. Hit a home run for a new name. How about the Amigos? The center for applied critical thinking. CACT (619) 428-1274

ELDER GENTLEMAN SEEKS FEMALE COMPANIONSHIP non-smoking, non-drinking healthy older gentleman seeks female companionship. I enjoy treating. Text only please (619) 346-2305

TO SURRENDER A BABY in California within 72 hours of birth call 211 or 1-(877) 222-9723 or go to any fire station. No questions asked.

ST. JUDE NOVENA: May the sacred heart of Jesus be adored, glorified and preserved now and forever, sacred heart of Jesus pray for us. St. Jude worker of miracles pray for us. St. Jude helper of the homeless pray for us. Say this 8 times a day for 8 days. Publish on the 9th day. Never be known to fail.

NOTICES

PAID RESEARCH STUDY- VETERANS Veterans Needed for VA Research! Veterans with Schizophrenia or Schizoaffective disorder (619) 316-6242

SANTEE CARS AND COFFEE SEPTEMBER 28TH @ Pathways Church Parking Lot 9626 Carlton Hills Blvd. Santee 92071 7-9AM All years makes and models welcome. No burn outs

VA RESEARCH-HEALTHY CONTROLS Veterans Needed for VA Research! Healthy veterans, without psychiatric diagnoses needed. (619) 316-6242

DO YOU HAVE PCOS/KNOW SOMEONE? Do you suffer from PCOS? I can help. I am a Health Coach who is looking for 5-7 women to participate in my program for free. I only ask for a testimonial after the program. Interested and in North County? Apply at: contact@cahealthcoach.com

****SUPPORT INDIE HORROR!**** Help us bring the spine-chilling story of "In the Arms of Fire" to life. Back our Indiego campaign and receive exclusive perks like behind-the-scenes access, limited edition merchandise, and more. Your support makes all the difference! theinfluencefilms@gmail.com

UCSD RESEARCH: HEALTHY AGING Healthy volunteers ages 50-83 needed for paid UCSD research study of memory and brain function in healthy aging.

Call (619) 471-9455 or Alzheimer-Study@health.ucsd.edu

HEALTHY VOLUNTEERS NEEDED UCSD UCSD Inter-ventional Psychiatry Program is looking to recruit healthy volunteers to participate in a research study that examines biomarkers of depression using encephalography (EEG). You will receive compensation for your time. Call to learn more. (858) 249-2625 / iptrials@health.ucsd.edu

UCSD TMS TRIALS FOR DEPRESSION UCSD Inter-ventional Psychiatry Research Program is currently recruiting participants for clinical trials that investigate the effects of transcranial magnetic stimulation on symptoms of depression. Find out if you qualify today via phone or email. (858) 249-2625 / iptrials@health.ucsd.edu

PARENTS OF ADDICTED LOVED ONES is holding free weekly meetings at 6pm every Wednesday, 3653 Voltaire Street, Point Loma. For details, contact group facilitator Anke at (619) 363-4655 or service@palsandiego.com.

RESEARCH STUDY FOR PSYCHIATRIC DIAGNOSIS If you have a psychiatric diagnosis. And are interested in getting paid to do a research study call (760) 468-2855. Ask for Donald

BAJA DOG RESCUE SAVES LIVES! We are a nonprofit saving the lives of countless dogs and cats in Baja every day. We are 100% No Kill and dependent on donations from people like you to continue our work. You are helping support: rehabilitation and rescue for numerous abandoned, homeless and injured dogs; food and care for local street dogs; low cost veterinary services for pet parents who have trouble affording it, and care at our Medical Sanctuary in Tijuana. Our veterinary services include: Spay and neutering; Flea and tick, Parvo and distemper treatments; Advanced treatments like x-ray, ultrasounds, cancer care and complex surgeries. Our rescue is run by volunteers who strive to ensure that your donations are used effectively toward these programs and dogs in need. We are all so thankful for your support! bajadogrescue.org/

CLASSES / LESSONS

1/2 PRICE REIKI CLASSES Only 150. to get Certified in one day as a Reiki Practitioner in a private class. Learning materials sent before your class so you can study. Will fill up quickly M-Sat, August only. Sign up asap at indigochakra.com. email star@indigochakra.com

INTERESTED IN LEARNING HEBREW? Join us on Thursdays from 8/22-9/12 for our Hebrew class! No knowledge of the Hebrew alphabet is needed, as we use transliterated scripts to focus on small conversation and pronunciation. Sign up at yiddishlandcalifornia.org/hebrewbeginners/ (858) 220-2992

TAI CHI AND QI GONG CLASSES Meditation In Movement. First class is free. Join us outdoors Tuesday, Thursday, and Saturday mornings or indoors for Qi Gong

6pm Tuesday and Chen Taijiquan 6pm Monday and Wednesday. Taoist Sanctuary. Sign up on our website. Taoist Sanctuary of San Diego, (619) 692-1155. taoistsanctuary.org.

HORTICULTURE, LANDSCAPE DESIGN, redesign, troubleshooting, diagnostics on the spot. Solve your problems, improve your design, improve your maintenance today - no guessing! Educated, trained and experienced, 6th generation native, 6th generation horticulturist in San Diego County. No sales, no installation, no maintenance. Check me out at EdwordsHorticulture.com, then call (619) 402-8670.

ROOMMATES

ROOM 4 RENT IN IMPERIAL BEACH Furnished room for rent in Imperial Beach near the ocean, male only.; fridge in room, full use of kitchen and laundry machines; no smoking, pets, or overnight guests. \$1,400/month; (619) 424-6133; donnamackersie@att.net

MIRA MESA - ROOM FOR RENT W/private bath-furnished Pool/spa/gym, garage parking, washer/dryer in unit, A/C, clean/quiet. WiFi. No pets. Utilities included. Gated complex. Next to Community Park. Walk to shopping and restaurants. \$1250/mo, sec. dep. \$1250, (858) . 566-9675. (858) 566-9675 / alan.rubin@sbcbglobal.net

C.V. SENIOR MOBILE HOME PARK Senior Male - Private bedroom, bathroom, use of den, parking, internet/wifi, laundry and kitchen privileges, no pets/drugs/smoking. Background check. \$8950.0 monthly rent. \$300.00 deposit. Annie -619-420-0369 (619) 420-0369 / abedwellbutler@gmail.com

LOOKING FOR A ROOM TO RENT 60 year old male looking for room to rent, studio, or 1 bedroom apartment ideally in east county but flexible with area. Call (619) 405-2389

GAL NEEDS PRIVATE SPACE/ PLACE Hoping that a kind person will see this & give me a chance! Looking to trade domestic services such as cleaning, laundry, pet care, etc... for my own private space(even an RV, van, etc...will do) in a safe walkable area. Platonic only, drama/addiction free sandiegolady13@gmail.com

FEMALE NEEDS A PLACE TO LIVE!! I'm single, no kids/pets/smoking/drinking or. drugs. Native who can pass a background check. Respectful, reliable, mellow, mature, clean. considerate. I lead a healthy, peaceful lifestyle. Can trade domestic services for a room, platonic. only please! Thanks! sandiegolady13@gmail.com

LOOKING FOR A ROOM TO RENT 60 year old male looking for room to rent, studio, or 1 bedroom apartment ideally in east county but flexible with area. Call (619) 405-2389

ROOM FOR RENT Lakeside. \$800. Man, woman, couple. Includes trash, gas, electricity, water. Inquire at (619) 561-0274 or (619) 561-3946

ROOM FOR RENT. INDEPENDENT LIVING. Nice View Home. WiFi, Meals. Shared Room \$850. A Great Place to call Home. Come See! La Mesa. (619) 750-4447

ROOMMATE WANTED, MISSION HILLS Older, straight SWM seeking male for 2Br apt. Your own Br/Ba, furnished w/ large wall closet. Centrally located. Ample street parking. Quiet, safe; good walking/jogging area. Laundry room. Full kitchen, comfy living room. Includes Wi-Fi; split utilities. \$1,195/mo. Call/text (760) 908-3770. Dave

TINY ROOM TO LIVE PLEASE 65 year healthy single, no family, never married non-smoker. Clean SoCal native low income full time job, male high school/college graduate. Seeking somber room in Solana Beach, Cardiff, Leuca-

dia, Encinitas, Carlsbad. Dale Hauskins (858) 401-2973

BAY PARK FURNISHED LARGE BEDROOM \$855 Large furnished room, utilities included. On the cul-de-sac. Walk to house or separate entrance in the back. Looking for one quiet working person. (858) 692-9325

CITY HEIGHTS \$550 Seeking hip artsy, musical, Eastern spiritual natural male/female. \$550. deposit negotiable, work exchange / for reduced rent. Fungi/ 420 /friendly living space. includes electric. (619) 457-8516

RENTALS

BROADWAY SQUARE Available Now!!! 563 Broadway El Cajon. 1 & 2 bedroom for rent pool, Gated Community Call 619 -444-5932 for more information. Monday through Thursday 10am/5pm. Saturday 9am/1p (619) 444-5932

OFFICE SPACE ZONED M2 Office space approximately 600 square feet zoned m2. \$1250/month. Some lot space out back available as well. (760) 855-3551 / exumrecording@gmail.com

SE RENTA RV 1 RECAMARA, 1 BANO \$1200 AL mes deposito \$1200 en National City interesado hablar a Jose (619) 207-8744 o (619) 207-8743 Yolanda o (619) 866-9174 no mascotas lugar para 2 carros (192) 323-486 / yolandar121@yahoo.com

2 BEDROOM 2 BATH CONDO 92108 Mission Valley East Condo For Rent. 2 Bedroom 2 Bath. 878 sq. ft. \$2750 per mo. Available 9/1/24. Sorry no pets or smoking. Please call (619) 888-6496 / kkbiilings.777@gmail.com

1BD BEACH HOUSE OCEAN VIEW 1 bed/1 bath home overlooking ocean, private patio \$850 p/month. Home located in secured community, private parking. No pets. (619) 726-6967 / hunt-groupservices@gmail.com

FURNISHED 1 BEDROOM FOR RENT I have pleasure in offering this unique modern one bedroom Apartment, which is offered fully furnished to a high standard throughout in a very safe and secure neighborhood of San Diego. The Rent is \$1800 per month with a security deposit. licataajoseph@gmail.com



MEXICO, ROSARITO, ENSENADA, PUNTA PIERA Four bedroom, six car garage. Best neighborhood in Baja. Five swimming pools, Jacuzzi, oceanfront access, gated community. \$2,100 a month. (760) 250-7055



BAJA MX RENTAL \$1100 a month long-term beautiful river and ocean views, gated community \$125 a night or \$500 a week (760) 250-7055

FOUR BEDROOM, TWO BATHROOM, COMPLETELY FURNISHED IN MEXICO Four bedroom, two bathroom, completely furnished direct river, and Ocean view. Bring your dog, bring your horses; plenty of parking. Gated community kilometer 58 very close to Lafonda. \$1,000 a month long-term 13 months high-speed Internet. Tenant pays for utilities, water, electric internet, propane.

Very nice property not going to last (760) 250-7055



MEXICO, LA MISSION TWO BEDROOM ONE BATHROOM \$1100 a month. Other houses to choose from THAT are directly in front of the ocean and the river, and is very close to the community (760) 250-7055



3 BEDROOM/2 BATHROOM RENTAL IN MEXICO Four car garage, extra large Jacuzzi in the bathroom, has a separate studio that rents out for \$600. Beautiful above the unit. \$1,600 a month long-term. kilometer 58 (760) 250-7055

4BD/2BATH 6 CAR GARAGE RENTAL IN MEXICO gated development. Four swimming pools, three Jacuzzis. \$2500 Punta piera (760) 250-7055



BEAUTIFUL 2 BEDROOMS/2 BATH IN MEXICO very large and high in furniture. Jacuzzi, bring your dogs completely furnished LA Mission kilometer 58 Beautiful view. \$1000 Per month. (760) 250-7055

FURNISHED STUDIO IN MEXICO washing machine, dryer. Directly in front of the river and ocean kilometer 58 LA mission \$750 a month long-term rental 13 months (760) 250-7055



TWO BEDROOM, TWO BATHROOM LUXURY CONDO IN MEXICO directly in front of the river; a little bit to the right of the ocean. 58 LA mission very high end extra large Jacuzzi in the unit. \$1,000 per month. (760) 250-7055



5 ACRE HORSE PROPERTY FOR RENT Rosarito/Ensenada area. LA Mission beautiful property. 5 acre horse property. Four bedrooms, two bath plus extra large Jacuzzi. The 5 acres are completely fenced. \$1,000/month. Not going to last. Call now (760) 250-7055

OTAY MESA STUDIO no pets or smoking, laundry, desirable neighborhood, transportation close, \$1,350. (619) 808-1068.

DOWNTOWN \$650-\$750



Classic building in downtown San Diego. Nice sized private rooms share common bathrooms. Property is well maintained with friendly staff. Peaceful and comfortable building with cable TV hookups and on-site laundry. Close to work. MTS trolley stop very close with easy access to the downtown free shuttle.

Southern Hotel
1159 Sixth Ave. and 8 St. • 619-239-3808

LEGAL NOTICES

We are a fully adjudicated publication for San Diego County.

PUBLIC NOTICE

Dish Wireless L.L.C. is proposing to install new wireless antennas on an existing building located at 2404 Loring St, San Diego, San Diego Co., CA 92109. The new facility will consist of the collocation of antennas at top heights of 63.5ft above ground level behind new FRP stealth enclosures with approx. top heights of 65.3ft on the 58ft tall building (measured to the parapet, overall height 65.3ft). Any interested party wishing to submit comments regarding the potential effects the proposed facility may have on any historic property may do so by sending comments to: Project 020373-PR - ENB, EBI Consulting, 21 B Street, Burlington, MA 01803, or at 407.792.9506.

PUBLISHED 8/29/2024
SAN DIEGO READER

NOTICE TO CREDITORS:

NOTICE IS HEREBY GIVEN that the undersigned is the appointed and qualified Successor Trustee of the LOVEDA B. COOPER TRUST DATED SEPTEMBER 23, 1989. LOVEDA B. COOPER, Settlor of that Trust died on APRIL 20, 2024. Any creditor having a claim against the trust estate must file His or her claim with the undersigned at the address given below within 90 Days after the first publication of this notice. For your protection, you are encouraged to file your claim by certified mail, with return receipt requested.

Dated: AUGUST 19, 2024

DEAN E. COOPER,
Successor Trustee
c/o LIFELINE ESTATE SERVICES INC.
3708 Lakeside Drive, Suite 202
Reno, Nevada 89509
(775) 824-8400

8/29/24, 9/5/24, 9/12/24

FICTITIOUS BUSINESS NAME STATEMENT

File No.: 2024-9016960

Filed with Jordan Z. Marks Recorder/County Clerk County of San Diego: **08/20/2024**

Fictitious Business Name(s): **a. BST Auto Registrations**

Located at: **9150 Campo Rd, Spring Valley, CA 91977, San Diego County**

Mailing Address: 9150 Campo Rd, Spring Valley, CA 91977

Registered Owners Name(s): **GS Projx**

This business is conducted by: **A Limited Liability Company. The first day of business was 05/01/2024.**

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (1,000).)

Registrant Name /s/ **Bianca Sanchez**
Corporation/LLC Name **GS Projx**
8/29/24, 9/5/24, 9/12/24, 9/19/24

PUBLIC NOTICE

Intent to employ on the basis of a Provisional Internship Permit

Posted - August 21, 2024

New Haven Youth and Family Services is in the process of adopting a declaration of need for fully qualified educators. New Haven is certifying that there is an insufficient number of certificated persons who meet the school's specified employment criteria for the position of Special Education Teacher (Mild / Moderate). New Haven is committed to employing fully qualified educators. However, at this time there is an insufficient number who meet employment criteria.

This is notice that New Haven Youth and Family Services will be employing a teacher under a Provisional Internship Permit (PIP) provided approval by the State of California Commission on Teacher Credentialing. Currently New Haven is in the process of employing Monica Miranda Malerva as an Education Specialist at New Haven School. Grade Levels 6 - 12.

Any objections to this permit can be submitted to: Becky Evanson
Director of Education
P.O. Box 1199, Vista, CA 92085

Nan Brown
Nan Brown
Director of Human Resources
08/21/2024

PUBLISHED 8/29/2024
SAN DIEGO READER

PUBLIC NOTICE

Cellco Partnership and its controlled affiliates doing business as Verizon Wireless (Verizon Wireless) is proposing to remove 3 panel antennas and collocate 6 antennas at 71-ft on a 76-ft structure 7245 Linda Vista Road, Linda Vista, San Diego, California 92111.

Public comments regarding potential effects from this site on historic properties may be submitted within 30 days from the date of this publication to: Project 023593-PR - MB, EBI Consulting, 21 B Street, Burlington, MA 01803, mburkett@ebiconsulting.com or at 463.336.4142.

PUBLISHED 8/29/2024
SAN DIEGO READER

FICTITIOUS BUSINESS NAME STATEMENT

File No.: 2024-9015185

Filed with Jordan Z. Marks Recorder/County Clerk County of San Diego: **07/24/2024**

Fictitious Business Name(s): **a. Carpenter Rigging & Supply Co. b. Cable Cisco c. Cableco d. American Rigging & Supply Co. e. Cable Moore f. California Swaging & Cable Products Co. g. Hood Industries h. Carpenter Group Hayward**

Located at: **2380 Main Street, San Diego, CA 92113, San Diego County**

Mailing Address: 2380 Main Street, San Diego, CA 92113

Registered Owners Name(s): **The Carpenter Group**

This business is conducted by: **A Corporation. The first day of business was 07/01/1951.** I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (1,000).)

Registrant Name /s/ **Bruce Yoder, Chief Executive Officer**
Corporation/LLC Name **The Carpenter Group**
8/22/24, 8/29/24, 9/5/24, 9/12/24

FICTITIOUS BUSINESS NAME STATEMENT

File No.: 2024-9016245

Filed with Jordan Z. Marks Recorder/County Clerk County of San Diego: **08/09/2024**

Fictitious Business Name(s): **a. California Building Contracting**

Located at: **30244 Via Amante, Menifee, CA 92584, Riverside County**

Mailing Address: 30244 Via Amante, Menifee, CA 92584

Registered Owners Name(s): **California D.H. & N. Contractors Inc.**

This business is conducted by: **A Corporation. The first day of business was 01/01/2018.**

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (1,000).)

Registrant Name /s/ **David Mendez, President**
Corporation/LLC Name **California D.H. & N. Contractors Inc.**
8/15/24, 8/22/24, 8/29/24, 9/5/24

FICTITIOUS BUSINESS NAME STATEMENT

File No.: 2024-9016009

Filed with Jordan Z. Marks Recorder/County Clerk County of San Diego: **08/06/2024**

Fictitious Business Name(s): **a. Premier Financial Group**

Located at: **11274 Pabellon Court, San Diego, CA 92124, San Diego County**

Mailing Address: 11274 Pabellon Court, San Diego, CA 92124

Registered Owners Name(s): **Premier Home Loans Inc.**

This business is conducted by: **A Corporation. The first day of business was 09/07/2019.**

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (1,000).)

Registrant Name /s/ **John Sherman Paulson, President**
Corporation/LLC Name **Premier Home Loans Inc.**
8/15/24, 8/22/24, 8/29/24, 9/5/24

FICTITIOUS BUSINESS NAME STATEMENT

File No.: 2024-9014250

Filed with Jordan Z. Marks Recorder/County Clerk County of San Diego: **07/10/2024**

Fictitious Business Name(s): **a. Filibertos Mexican Food**

Located at: **3446 University Ave, San Diego, CA 92104, San Diego County**

Mailing Address: 3446 University Ave, San Diego, CA 92104

Registered Owners Name(s): **Filicali Inc.**

This business is conducted by: **A Corporation. The first day of business was 04/17/2022.**

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (1,000).)

Registrant Name /s/ **Flavio Tenorio, CEO**
Corporation/LLC Name **Filicali Inc.**
8/15/24, 8/22/24, 8/29/24, 9/5/24

FICTITIOUS BUSINESS NAME STATEMENT

File No.: 2024-9016054

Filed with Jordan Z. Marks Recorder/County Clerk County of San Diego: **08/06/2024**

Fictitious Business Name(s): **a. CSMR Professional Cleaning**

Located at: **3501 Tompkin St, San Diego, CA 92102, San Diego County**

Mailing Address: 3501 Tompkin St, San Diego, CA 92102

Registered Owners Name(s): **Fatima Del Rocio Cervantes Hernandez**

This business is conducted by: **An Individual. The first day of business was 08/06/2024.**

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (1,000).)

Registrant Name /s/ **Fatima Del Rocio Cervantes Hernandez**
8/15/24, 8/22/24, 8/29/24, 9/5/24

FICTITIOUS BUSINESS NAME STATEMENT

File No.: 2024-9015471

Filed with Jordan Z. Marks Recorder/County Clerk County of San Diego: **07/29/2024**

Fictitious Business Name(s): **a. Teo's Sewing Workshop**

Located at: **3347 40 St, San Diego, CA 92105, San Diego County**

Mailing Address: 3347 40 St, San Diego, CA 92105

Registered Owners Name(s): **Teofilo T.T. Telles**

This business is conducted by: **An Individual. The first day of business was 06/27/2024.**

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (1,000).)

Registrant Name /s/ **Teofilo T.T. Telles**
8/15/24, 8/22/24, 8/29/24, 9/5/24

FICTITIOUS BUSINESS NAME STATEMENT

File No.: 2024-9015056

Filed with Jordan Z. Marks Recorder/County Clerk County of San Diego: **07/23/2024**

Fictitious Business Name(s): **a. Sadad Family Childcare**

Located at: **15642 Bernardo Center Drive Apt 508, San Diego, CA 92127, San Diego County**

Mailing Address: 15642 Bernardo Center Drive Apt 508, San Diego, CA 92127

Registered Owners Name(s): **Hakimi Samira Family Child Care Inc**

This business is conducted by: **A Corporation. The first day of business was 07/16/2024.**

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (1,000).)

Registrant Name /s/ **Samira Hakimi, CEO**
Corporation/LLC Name **Hakimi Samira Family Child Care Inc**
8/8/24, 8/15/24, 8/22/24, 8/29/24

LOOKING FOR A 1990 OR OLDER FORD CARGO VAN
fgross0421@gmail.com.

TOYOTA PICK UP 1987 Gray truck, four cylinder, 22R engine, four speed. Runs great. Long term ownership. \$4,500. (619) 576-8196.

CAR RENTALS RENT TO OWN PROGRAM no credit no problem. (760) 633-3552

\$99 A WEEK Toyota Corolla Pay cash get one extra day (619) 233-8300.

12 PASSENGER VAN for rent \$100 a day \$600 a week churches get 10% discount if you mention the Reader and get one day free with one weekly rental (619) 233-8300.

RENTAL CAR starting from \$17.95 per day \$99 a week 350 a month 3006 Barnett Ave. Point Loma open seven days a week trucks for rent \$300 a week Toyota four runner also minivans \$400 a week 15 passenger vans \$500 a week. (619) 233-8300

RENTAL CAR AVAILABLE also rent to own programs thousand dollars down \$500 a week in-house financing rent to own (619) 233-8300.

TOYOTA 4RUNNER for rent \$300 a week rent to own program available (619) 233-8300.

TOYOTA CAMRY for rent \$99 a week 350 a month pay cash get one day free (619) 233-8300.

TOYOTA TRUCK for rent \$300 a week rent to own program available (619) 233-8300.

1999 TOYOTA AVALON White. Super clean. Rent to own or for sale. Cash price \$2900 (619) 233-8300.

2000 MERCURY GRAND MARQUIS Super clean, rent to own or for sale. Cash price \$3900. (619) 233-8300.

2000 TOYOTA AVALON GOLD Super clean. Rent to own or for sale. Cash price \$2900. (619) 233-8300.

2001 TOYOTA CAMRY Super clean. Rent to own or for sale. Cash price \$3900. (619) 233-8300.

2005 TOYOTA TUNDRA TRUCK Super clean. Rent to own or for sale. Cash price \$8900. (619) 233-8300.

2006 TOYOTA COROLLA Super clean. Rent to own or for sale. Cash price \$6900. (619) 233-8300.

2007 TOYOTA 4RUNNER White. Super clean. Rent to own or for sale. Cash price \$9800. (619) 233-8300.

2009 MERCEDES E350W Black. Super clean. Rent to own or for sale. Cash Price \$6,900. (619) 233-8300.

2011 CHEVY CAMARO Black. super clean. Rent to own or for sale. Cash price \$17000. (619) 233-8300.

HELP WANTED

SR PRODUCT DEVELOPMENT ENGINEER (Req# IIC1489) in San Diego, CA. Involved w/R&D engg in support of new seq platforms. Contribute to the def & dvlpmt of new consumable prod to support leading genetic appls. PhD or MS+3 yrs rltid exp. \$117,790-\$137,790/yr. Email resumes to Illumina, Inc at ReviewofResumes@illumina.com. Must ref job title & Req# in subject line.

BUILD & RELEASE ENGINEER: Rockstar San Diego, Inc. has a job opening in Carlsbad, CA: Build & Release Engineer: Continuous integration and deployment of internal tools and externally facing applications to multiple environments. The pay range is \$126,880 - \$161,800 per year. Remote work permitted 2 days per week. Email resume to HR: RSSDprocess@take2games.com. Must reference req #RSD6676CA2 to be considered.

NEED COMPUTER HELP Interested in some home computer help Escondido area. Please call (760) 802-4488. Mark

BICYCLE MECHANIC Bicycle mechanic experienced 5+ in a bike a bike shop. Building bikes, Tune-ups including brake and derailleur adjustments, brake bleed,, wheel build and truing. (619) 460-0760 / pedalpushingsd@gmail.com

COMMERCIAL PLUMBING Collins Plumbing Inc. now hiring Helpers, Apprentices, Journey-men, and Foremen. CPI has long-term work available now in the San Diego area. (619) 469-0800 / officeadmin@collinsplumbing.com

HANDYMAN WANTED I am seeking a part-time handyman whom I will pay cash to do some minor maintenance and repairs (especially plumbing and lawn work) on my San Diego (Mira Mesa) house when he has time available. Please email me at: mysandiegocarl@yahoo.com.

KAYAK/SUP DELIVERY GIG IN PB Seeking athletic person with truck who lives in Pacific Beach to take bookings over phone and deliver/retrieve SUPs and Kayaks. Part time M-F. Pay is 50% of profits, in cash! Fun outside job, will learn new business ownership skills. Call (541) 517-0057, leave msg for call back. (619) 736-8663 / justkayaksd@gmail.com

PERSONAL ASSISTANT WANTED Late afternoons organizing and great computer skills. College student preferred. Work location approximately 1 mile from SouthWestern. Part-time (858) 337-4367

TRUCK DRIVERS Local transport companies are looking for truck drivers with two or more years of experience. Requirements: Binational Federal License or CDL, Mexican Passport (mexican drivers), Visa B1/B2 or

Residence card, ID or INE, Birth certificate, CV/ Resume. Omega Compliance Solutions LLC. (619) 312-1545.

REMOTE POSITION (\$900 PER DAY) If you have Wi-Fi, 2 hours a day and have an unlimited income potential! Perfect for beginners, retirees, teenagers, no tech required. www.simpleprofitsplan.com. Free Sign Up Bonus for next 7 Days ryan@simpleprofitsplan.com

JOBS WANTED

LIVE IN COOK/HOUSEKEEPER 20 years experience Caregiving, Cooking & Meal Prep, Admin & Clerical, Transportation & Hospitality. Seeking Private Room in exchange for these services. Please email rosslynn99 at Yahoo.com.

LADY NEEDS CASH PAYING GIGS!!! I'm reliable,respectful,real,polite,professional & so personable. I'm in urgent need of legal,cash paying.. platonic \$\$ earning opportunities! No extreme heavy. lifting,indoors preferably! Animal lover,drama free, no. addictions.Please reply with info!! sandiegolady13@gmail.com

DOG SITTER Cheap. Call (619) 791-5449

HOME AIDE (619) 370-5429

HOUSE KEEPING/CAREGIVER (619) 745-8514

FEMALE NEEDS CASH PAYING GIGS! I'm in MAJOR need of legal,platonic cash. paying gigs,ASAP! No heavy lifting or out. in the heat/sun! Short or long term. I love. animals so pet sitting/dog walking would. be ideal. Also great at cooking,cleaning,. house sitting,laundry,etc! LMK, thanks sandiegolady13@gmail.com

HOUSE/CAR CLEANER Cheap rates. (213) 301-4028

CLASS B DRIVER SEEKING TEMP. ASSIGNMENT Part time or full time. Box truck or straight deliveries. Can operate manual transmissions, lift gate, pallet jacks, tailgate unloading/loading. Trustworthy, reliable and can load and unload. John (858) 272-4908

FULL TIME JOB WANTED by High school/College graduate healthy 64 male southern Californian. Reliable transportation. Seeking steady full-time employment in Miramar, La Jolla, Solana Beach, Carlsbad, north county. Dale Hauskins (858) 401-2973.

GERIATRIC SOCIAL WORKER will provide companionship, friendship, discuss topics of interest and prepare meals. Please call Carol at (858) 731-6996. Point Loma or Pacific Beach area.

WANTED / TRADE

I BUY KNIFE COLLECTIONS (619) 806-6703 Scott

I BUY VINTAGE TOYS (619) 806-6703 Scott

SOLAR PANELS WANTED NEW & USED I am looking for solar panels & inverters that are reasonably priced or if they are old I will haul them away for free so they don't end up in the landfill, I am setting up an off grid system, I am looking for a large quantity. (760) 746-7209

BUYING GARBAGE PAIL KIDS CARDS Cash for 1st and 2nd series Garbage Pail Kids (1-83 a & b) and full sets, unopened boxes. San Diego local. (832) 651-8302 / ashscoot@aol.com

BUYING OLD BASEBALL CARDS Buying old baseball and other sports/non-sports cards. Pre-1980 preferred but buying more modern stars and rookies. Cash paid. San Diego local. Comics, autographs, memorabilia too. (832) 651-8302 / ashscoot@aol.com

LOOKING FOR OLD TUBE STEREO'S I am looking for that old Tube Stereo System that your Dad used to play. These Stereo Components were made in America, in the early 1960's, by such Companies as Fisher, Scott, Dynaco, McIntosh & More. I pay Ca\$h, so please call Jack (619) 296-3100 (619) 296-3100 / jack22@cox.net

BUYING RECORDS, CASSETTES, Tubes. Cash paid for LP & 45 records, vintage stereos/speakers, cassettes/blank cassettes, vacuum tubes, reel tapes, 8-tracks. Brands include McIntosh, Marantz, Sansui, Fisher, Scott, Pioneer, JBL, Altec, Tannoy, Western Electric & more. I come to you! Call/Text (619) 889-5237.

PROPANE TANKS WANTED 5 gallon size, they can be out of date tanks. Let me know what you have, call (442) 277-1130

CASH PAID FOR VINYL LP RECORDS. We can come to you! Thank you. Call/text (760) 828-3515.

I BUY VINTAGE PILOT HELMETS (619) 806-6703 Scott

I BUY VINTAGE SKATEBOARDS (619) 806-6703 Scott

I BUY VINTAGE MUSIC GEAR drums, guitars, amplifiers, etc 1-(619) 806-6703 Scott

I BUY VINTAGE TOYS slot cars, windup toys, etc. Scott (619) 806-6703

LOOKING TO BUY OLD DRUM SETS I pay cash. Any old Band Instruments. Text me pictures or call (619) 279-7833

CASH PAID: FOR OLD STEREO GEAR Receivers, Amplifiers, Speakers, Turntables. Call Me (619) 279-7833

ANTIQUES & COLLECTIBLES Rock & Roll I buy 1950's-1980's Concert Posters, Flyers, Handbills, Used-Unused Tickets, Programs. Pls Call/Txt (619) 313-1580 Private Party

INDIAN ARROWHEAD/ARTIFACTS Artifacts for my personal collection. Must be authentic and legally collected. No interest in modern reproductions. Call Steve at (619) 985-8562.

WILL PAY CASH For records, CDs, DVDs, and clothes. Professional Singing Lessons available. Musicians Wanted. Call Jeff Clark, 858- 382-7396.

CASH FOR GUITARS Old guitars. Old Guitar Amplifiers. Call me (619) 279-7833 or text me pictures please

OB SPACEMAN PAINTINGS WANTED Private collector seeking any and all of his art. Contact me at clintcarycosmicart@gmail.com or call or text (619) 684-0127

I BUY VINYL RECORDS all types, great prices paid. We don't just buy 2-3 records, we buy your whole collection. Call (619) 250-3088.

OLD SINGER SEWING MACHINES Singer 221 Sewing Machine. (619) 279-7833. Text me pictures of what you have

WILL PAY CASH....FOR RECORDS, ETC. For records,

CDs, DVDs, and clothes. Professional Singing Lessons available. Musicians Wanted. Call Jeff Clark, (858) 382-7396.

I BUY HAMMOND ORGANS AND LESLIE SPEAKERS Text me pics. (619) 279-7833

I BUY VINTAGE SLOT CARS I buy vintage slot cars (619) 806-6703 Scott

I BUY VINTAGE STEREOS pioneer, marantz, Sansui etc 1-(619) 806-6703 Scott

CASH PAID FOR OLD VW Old VW Bus, Van, Bug. I like to buy any condition. Call or text pics #619-279-7833

WANTED: Speakers, amps and other old stereo gear! The most cash paid always! Brands like JBL, Altec, McIntosh, Marantz and more! Call 1(619)-303-8031; e-mail JBL@cox.net.

WANTED: OLD SLOT CARS Or old toys. Cell/text (619) 279-7833.

GARAGE SALES

FREE FURNITURE (MIRA MESA) Giving away totally free these 6 furniture items:. 2 oversize padded desk chairs on rollers (seats 26" wide),. 2 overstuffed sofa chairs (seats 24" wide),. 1 small sofa (seat 44" wide),. 1 lounge chair (seat 28" wide). . email; mysandiegocarl@yahoo.com.

FOR SALE

ANTIQUE DRAFTING TABLE, DRAFTING CHAIR AND MAGNIFYING LAMP \$300. Sandmar engineering light table \$100 contract (619) 886-0173

KENMORE MICROWAVE OVEN OVER THE RANGE 30" wide 1350 watts High suction fan. All Door micro switches Changed. Escondido area call (858) 231-2411 \$65

NUNA BABY CARRIER AND CRIB baby carrier Nuna brand. Almost new and I have a baby crib for sale. They're both like new. Asking \$250 for both or best offer. 619 799-550-325. It's very cheap. My daughter paid over \$450.

VINTAGE PURSE AND CHINA Vintage Chanel purse. Its a steal. \$600. Prince Albert China \$50. (619) 517-4627

4 BEAUTIFUL NEW INTERIOR DOORS Premium knotty alder, solid wood, mfg. by Craftsmen In Wood in Arizona, 1-3/4" x 3' x 8', no hinges or handles, they are extra doors from my remodel. I paid \$1,500. each. Selling for \$750/each. Call (760) 746-7209.

BOOK COLLECTION: 570 BOOKS 238 hardcover & 67 softcover, about 264 cookbooks, some hardcover & some softcover, selling all for \$390. No haggle price, (760) 746-7209.

FISHER-PRICE TRIKE BIKE 4 KIDS This trike bike has a stable wheel base with durable tires, easy-grip handlebars & large foot pedals. 2-5 years, max. weight 55 lb. Secret storage under the seat. 2 bikes available in good condition. \$20 ea. or \$35 for both. Text for more info/pics. (619) 796-5680 / cadbcasd@gmail.com

HANGING PENDANT LIGHT 37" TALL This hard-wired classic pendant light has a frosted glass shade with a metal trim. Max. height is 37" and is adjustable. Clean in good condition. 2 pendant lights available, \$25 each or \$45 for both. Light bulbs not included. Text for more info/pics (619) 796-5680 / cadbcasd@gmail.com

NEW 175 PCS FIRST AID KIT CASE This complete first aid kit is ideal for home, office, car & boat. It includes prep pads, towelettes, gloves, cold pack, eye patch, tweezers, bandages, gauze pads & tape. New, never used, in original plastic sealed case. \$12. Text for more info/pics (619) 796-5680 / cadbcasd@gmail.com



NEW KITCHEN DIGITAL FOOD SCALE This high quality scale with large LCD screen displays weight in 0.1 oz. increments up to 11 lbs. Weigh items directly on the glass top or use your own plate/bowl. Battery, use & care guide included. New in original box. \$20. Text for more info/pics (619) 796-5680 / cadbcasd@gmail.com

OSCILLOSCOPES: Hickok model 5002A, three oscilloscopes, I don't have probes, all three for only \$150., total price, call (760) 746-7209.

SHOPSMITH MARK V MULTI-TOOL Includes table saw, band saw, scroll saw, belt sander, lathe, jointer, dust collector, many extra parts & accessories plus an additional table for mounting tools when not in use, \$975., call (760) 746-7209

STRING TRIMMER-WEED EATER Bolens BL110 Handheld Gas String Trimmer, 2 cycle 25cc gas engine, 16" curved shaft, has bump head release for 0.095 dual string line. New in original box, \$125. Call (760) 746-7209.

TROY BILT ROTOTILLER 208CC, Model: 21B34M871, purchased new, never used, \$575., (760) 746-7209.

WHIRLPOOL ELECTRIC OVEN-RANGE: Freestanding, 5.3 CU. FT., black glass cooktop, stainless steel color, 24" deep, 36" surface height, 30" wide, model #WFE320MOJS, new in unopened box, \$450., (760) 746-7209

BEAUTIFUL SOLID WOOD DECOR BOX This small vintage box (5.5"x 3.5"x 2") with a hinged lid is nicely stained and varnished. It can be a wonderful storage place for jewelry, tarot, oils, arts & crafts, sewing supplies, and other lovely things. \$12. Text or email for more info/pics. (619) 796-5680 / cadbcasd@gmail.com

CLAW TURNER, TONG, GRILL FORKS 15" claw turner tong has a turner on one side and a pronged fork on the other (\$8), 15" triangular tong w/ wood handles (\$5), 4 deluxe BBQ grill forks w/ wood handles & hanging straps (\$5 ea.). All new condition. \$20 for all 6. Text for more info/pic (619) 796-5680 / cadbcasd@gmail.com

NEW ADJ. ALUMINUM WALKING CANE This walking cane has a comfortable foam handle & wrist strap, a push-button height adjustment (29"-38") & a locking ring for security. Rated for up to 300 lb. in black or chrome silver. New w/ original tags & stickers, \$12. Text for more info/pics. (619) 796-5680 / cadbcasd@gmail.com

NEW BLACK FOLDING WALKING CANE This cane has contoured T-handle, push-button adjustable height (32"-36") & locking collar for safety, 250 lbs. capacity. Easily fit into a bag or purse when folded. New, never used and in original plastic carryings bag. \$15. Text for more info/pics (619) 796-5510 / cadbcasd@gmail.com

NEW 32" PISTOL GRIP REACHER This tool makes it easy to grasp lightweight objects up to 2.25" wide. Squeeze trigger closes the jaw tightly for secure grabbing. Pick up items overhead without reaching up (10 oz. limit) or bending down (5 lbs. limit). \$8. Text for more info/pics (619) 796-5680 / cadbcasd@gmail.com

NEW SHOWER BATH SAFETY GRABBAR This 24" carbon steel grab bar (300 lbs. capacity) provides support when using the shower, tub or toilet. It can be

CLIFF BROWN AUTOMOTIVE

FREE BRAKE INSPECTION & ESTIMATE

With any Service or Repair

EXHAUST SYSTEM REPAIR AVAILABLE

NEW CV AXLE from **\$159⁹⁵**

Parts & Labor

Cliff Brown Automotive • 4491 Park Blvd, SD, CA 92116
619-297-4204 • Mon.-Sat. 8 am-5:30 pm
Coupons must be Presented Prior to Service • Senior Discounts Available • Offers Expire September 18, 2024

SMOG CHECK SPECIAL

Smog Test or All Cars 2000 and Up Same Price. Good through September 18, 2024

ENGINE STEAM CLEAN AVAILABLE

Most Vehicles

30,000-MILE SERVICE SPECIAL

from **\$279⁹⁵** 4-cyl. Most vehicles.
Service includes: • Maintenance tune-up Oil and filter change • Lube chassis • Radiator coolant change Air filter replacement • Fuel injection cleaning Check brakes, suspension

TIMING BELT SPECIAL

\$50 off quoted price
Recommended at 60k miles. Most vehicles. Limited time offer.

mounted directly into wood studs or other wall materials. New in box w/instructions & 6 stainless screws. \$20. Text for more info/pics (619) 796-5680 / cadbcscd@gmail.com



ARC WELDER Surweld gas powered arc welder on solid trailer. Runs well \$800/OBO (760) 212-8325 / lemomracing@gmail.com

DIABETIC SUPPLIES Give me a call (619) 601-1827

FURNITURE Loveseat, coffee table, two end tables. All very nice. \$150 or will trade for all-photo gear 760-757-544

BEEF JERKY FOR SALE Beef jerky for sale. We offer flavors like lemongrass extra spicy to no spiciness at all. Please contact (619) 414-7116 For more information. Thank you / Eastsidepapaya@gmail.com

VINYL RECORDS CDS DVD FOR SALE Thursday thru Sunday... 9am to 4... 3939 Iowa St. Suite 2... Vinyl Records Cds Dvds... \$2 Dollars Each! North Park... @NORTHPIKS (858) 382-7396

60 GAL AQUARIUM W/ STAND \$125. (619) 586-7736

23"X19" COUNTERTOP W/ OVAL SINK This good looking tan countertop comes with 4" backsplash, 4" center set hot & cold faucets, braided supply lines, 16"x 11"x 6" deep oval sink with overflow. Used with some normal wear. Clean & in good working condition. \$35. Text for more info/pics. (619) 796-5680 / cadbcscd@gmail.com



NEW HEART RATE MONITOR / WATCH Black LCD display unit shows heart rate, counts steps & calories burned, date & time with stopwatch & alarm. Stainless steel back water resistant up to 98 ft. Backlight display for easy night use. New in the original box. \$15. Text for more info/pics (619) 796-5680 / cadbcscd@gmail.com

USD FOOTBALL BLANKET-LIKE NEW USD Blanket. 100% Cotton, Barely Used, MV SPORT 50 X 60.. SOLD in USD Store FOR \$50. Asking \$40 CASH Only Will Meet. mapaul16@gmail.com

1963 CALIFORNIA LICENSE PLATES one set matching numbers \$50. Text (619) 832-3612

CLOSET SLIDING DOORS Two Hard core doors. Contractor style. Painted cream. 69 x 80. Good condition. No scratches, dents or dings. \$40. (858) 484-4483. Must transport

GIBSON CHINA 4 peace set Gibson China w/extras. Make offer Lakeside (619) 390-8216 / robville5@gmail.com

HIGH BIAS CASSETTE TAPES high bias cassette tapes can be used for recording, ten cents each. contact Paul (619) 222-0278 and leave a voice message.

LOW VOLTAGE VOICE & DATA TOOLS Low Voltage Voice & Data Tools. I'm retired and willing to make a deal. Lakeside (619) 390-8216 / robville5@gmail.com

NEW WRIST BLOOD PRESSURE UNIT This easy-to-use monitor gives digital readout of pulse & blood pressure, on a large well-lit screen. It stores 60 readings with date & time. The cuff fits wrist circumference from 5.3" to 8.5". New in box with batteries. \$15. Text for more info/pics (619) 796-5510 / cadbcscd@gmail.com

NEW BEAUTIFUL VINTAGE THERMOS This lovely vintage 4 cup thermos (new) was made in Taiwan. A wonderful gift to someone special or enjoy it yourself to store your favorite hot or cold beverages. Brand new, never used, in a plastic bag & original box. \$25. Text for more info/pics. (619) 796-5680 / cadbcscd@gmail.com

NEW GEORGE FOREMAN GRILL W/BOX This new George Foreman Lean Mean Fat Reducing Grilling Machine has non-stick cooking surfaces perfect for grilling burgers, steaks, chicken, seafood & more. New, never used, in original box w/ drip tray, owner's manual. \$25. Text for more info/pics (619) 796-5680 / cadbcscd@gmail.com

NEW PEDOMETER DIGITAL DISPLAY This deluxe pedometer has a hinged protective cover, a spring-loaded attachment clip & an adjustable security strap. It shows steps taken, distance covered & calories burned. Battery is included. New in sealed plastic. \$20. Text for more info/pics (619) 796-5680 / cadbcscd@gmail.com

ONKYO STEREO SYSTEM WITH SPEAKERS 7.1 80 watts a channel \$600. Chris (805) 837-4928

100FT FISH TAPE 100ft steel Fish Tape w/leader. \$25.00 Lakeside (619) 390-8216 / robville5@gmail.com



MIA BELLA NATURAL PALM WAX CAN High-quality, long-lasting candles & melts. scent-team.com/jrwde jrwdejoaquin@yahoo.com

BLUE FABRIC OFFICE CHAIR 4 WAY This high quality professional office chair is well constructed & very comfortable with smooth swivel and rolling actions along with multiple adjustments for seat/backrest height & seat/back posture. Armrests available. \$45. Text for more info/pics. (619) 796-5680 / cadbcscd@gmail.com

CAT 5 CABLE TESTER 4 pair CAT 5 Cable Tester (619) 390-8216 / robville5@gmail.com

NEW INFANT BABY BATH SUPPORT This deluxe baby bath (12"x 12"x 14") bath support provides a safe and secure sponge bath for your newborn baby. It has 3 reclining position for comfort and can be used in the sink or adult bath tub. New & never used. \$15. Text for more info/pics (619) 796-5680 / cadbcscd@gmail.com

NEW TALKING BLOOD PRESSURE KIT This pulse & blood pressure unit has a large digital readout with talking features in English & Spanish. One button

operation. It comes with universal cuff, user's manual, quick start guide & batteries. New & never used. \$25. Text for more info/pics (619) 796-5680 / cadbcscd@gmail.com



2 VINTAGE CAMERAS FOR SALE 1. Kodak Six-20 Duo 35mm bellows camera f3.5 75mm lens Anastigmat lens. 2. Nikomat EL 35mm camera with NIKKOR QC Auto F1.4 200mm lens. Make offer Text: (760) 385-3585

PORCELAIN DOLLS 3 porcelain dolls. Make an offer. Lakeside (619) 390-8216 / robville5@gmail.com

SNOW CHAINS Snow Tire Chains for 15" rim. Never been used. \$10.00 Lakeside (619) 390-8216 / robville5@gmail.com

BEACH CRUISER Classic Antique, 1954 Schwinn Tiger beach cruiser, Great condition, 3

speed, modified, tricked out, mirrors, basket, comfy seat, valued at \$800 to \$1,000. Reduced to \$250. (619) 707-1133. Hurry this won't last. / ogsd943@gmail.com



TOSHIBA 24" TV VHS/DVD PLAYER Combination 24" color television and video cassette recorder/ DVD player. Model: MW24FN3/R. Make offer Text: (760) 385-3585

USD FOOTBALL BLANKET-LIKE NEW Makes a Perfect Gift. MVSport - 100% Cotton, 50 x 60.. Sold at USD Stor \$60 asking \$40. Cash only- Will Meet. mapaul16@gmail.com

BTEH AND UNIDEN RADIOS Uniden BCD436HP and Btech DMR 6X2. Send name, phone number and call sign to bg6@gmx.com

PORTABLE AIR CONDITIONER LG portable AC unit. Powerful, Remote control, 12000 BTU.. Owners manual, perfect for bedroom or living area. \$195 cash only. Call or text (760) 522-4293. / matthibl@gmail.com

TREADMILL Merit fitness model 710T. 16 x 45. Closes to store away. Asking \$250. Good condition. Call Trudy-760-436-8452

BEAUTIFUL PEDESTAL BATHROOM SINK \$150. Delivered in

SMOG CHECK \$29.75

Year 2000 and newer. Plus \$8.25 certificate. By appt only.
Vans and trucks extra. Free retest when we do the repair.
Experienced Mechanic needed



OIL CHANGE

up to 4 quarts & oil filter Most 4 cylinder cars, Trucks extra.
Synthetic blend extra

\$29.95 +tax

+ \$5 hazardous materials fee

PREMIUM BRAKES

- Front or Rear Axle
- Parts & Labor
- Turn Rotors / Drums
- Premium Pads
- Most 4 cylinder Cars + tax

\$179
Free Inspection

TRANSMISSION SERVICE

Includes filter, pan gasket, fluid, most cars. From **\$179**
+ tax & hazardous materials fee

30K/60K/90K/120K mile SERVICE SPECIAL

Includes: New spark plugs, engine oil, oil filter, air filter, 1 gallon antifreeze, suspension lubrication, tire rotation, 24 pt vehicle inspection from

\$149

Plus tax & hazardous waste fee, 4 cylinder, most cars, regularly \$200 prices may vary depending on make & model.

TUNE-UP & OIL CHANGE

- Drain and replace up to 4 quarts of oil
- New oil filter
- New spark plugs
- Visual inspection
- 4-cyl. Most cars

\$95.95

+ \$5 hazardous materials fee
Prices may vary depending on make & model.

CHECK ENGINE LIGHT

Most cars



\$49.95

ALIGNMENT

4 wheel, toe adjustment only, most cars.

\$59

TIMING BELT

Call for price.

AC SERVICE

\$49.95

Most cars, freon extra

GENERAL AUTO REPAIR

(619) 430-4369 • 1616 Precision Park Lane, San Diego, 92173

Just off the 905 freeway • Se habla español

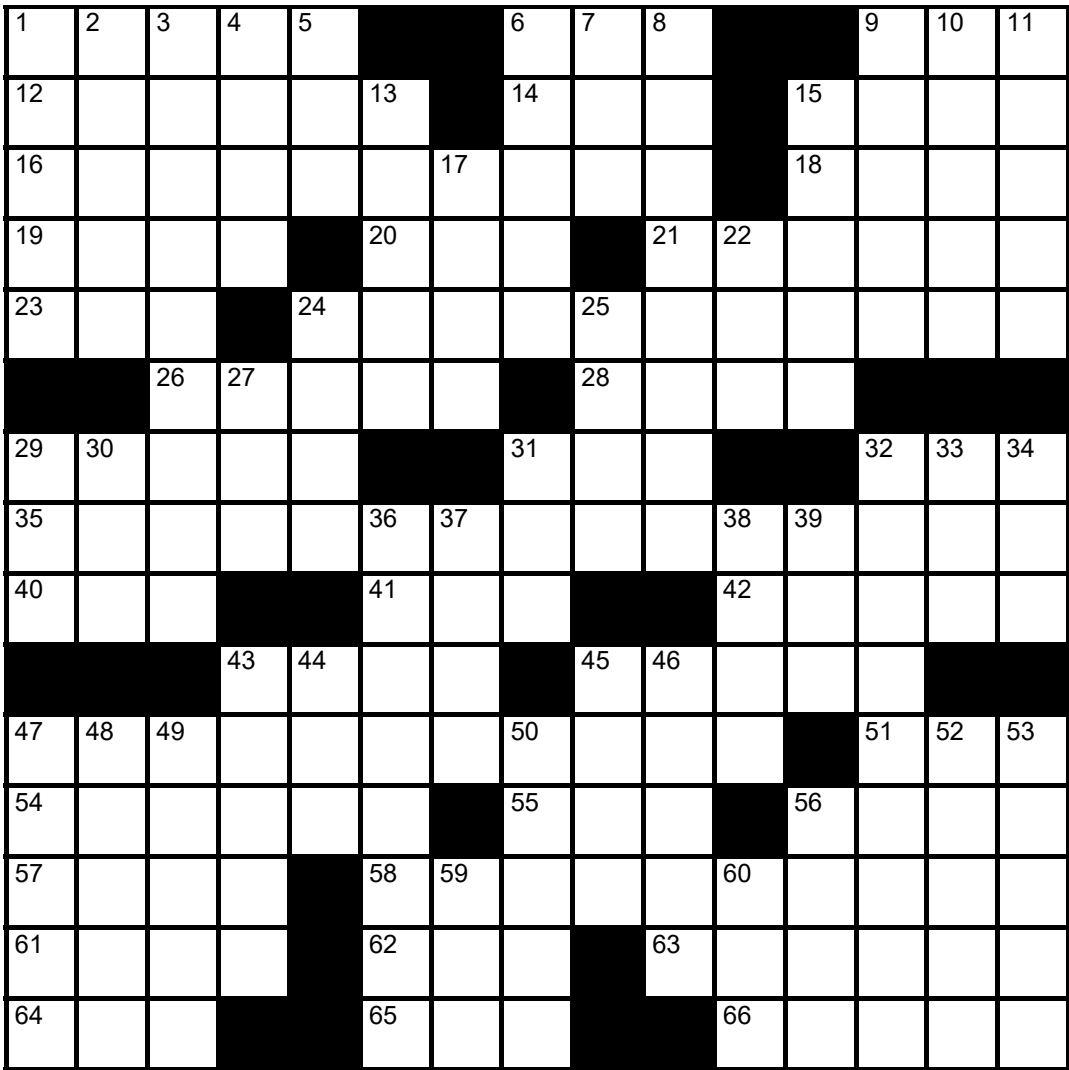
Offers good with this ad. Must present prior to service. Expires 9-30-24

Ask us about snap! financing • Generalautorepairsd.com

12,000 mile, 1 year warranty



CROSSWORD



© 2024 JONES INC. CROSSWORDS

Across

- 1. Like some mixed drinks
- 6. Tree goo
- 9. Airline based in Sweden
- 12. Orange, e.g.
- 14. A.L. Central team, on a scoreboard
- 15. Sicilian volcano
- 16. Xenomorph leader of sci-fi filmdom, for instance
- 18. Depilatory brand with "short shorts" ads
- 19. Offer temporarily
- 20. Coffeehouse dispenser
- 21. ___ Online (long-running MMORPG)

Down

- 1. Burn
- 2. Bathroom floor worker
- 3. Wandering
- 4. Vanmate of Daphne and Velma
- 5. Good times
- 6. Play segment
- 7. Pub purchase
- 8. Shadow effect from a partial eclipse
- 9. Flight unit?
- 10. Crunchyroll offering
- 11. Clear plastic wrap
- 13. "So excited!" noise
- 15. Bookkeeping record
- 17. Addresses in a browser
- 22. Bend the truth

- 23. "Black-ish" dad
- 24. She's portrayed both Queens Elizabeth (I on TV and II on film)
- 26. Rakish cads
- 28. Listen to
- 29. Work in a haunted house, say
- 31. Lot purchase
- 32. Do some sums
- 35. Type of incandescent headlamp bulb
- 40. Up to now
- 41. Stimp's costar
- 42. "Norma," for instance
- 43. ___ dire (court examination)
- 45. Fortnite dance or action

- 24. Color subtleties
- 25. Trevor who video-interviewed Kamala Harris in October 2020
- 27. Part of OPEC, for short
- 29. Barnyard pen
- 30. Kind of stick or ball
- 31. Network getting a U.S. remake of U.K. panel show "Have I Got News For You"
- 32. When most children begin sixth grade
- 33. James Van ___ Beek
- 34. Coded strands
- 36. Nose hair tools
- 37. Architect Saarinen
- 38. Minnesota state bird
- 39. Choose

- 47. Greeting in Gelsenkirchen
- 51. Director Jean-___ Godard
- 54. "The Death of Slim Shady (Coup de Gr,ce)" rapper
- 55. Title for a judge, for short
- 56. AZ city
- 57. 1949 mil. alliance
- 58. All tied up
- 61. Certain prayer leader
- 62. Rodent in a maze
- 63. Twelve-book Trojan tale
- 64. "Ich bin ___ Berliner" (JFK quote that's a misquote on his part)
- 65. Pull up a chair
- 66. Family nickname

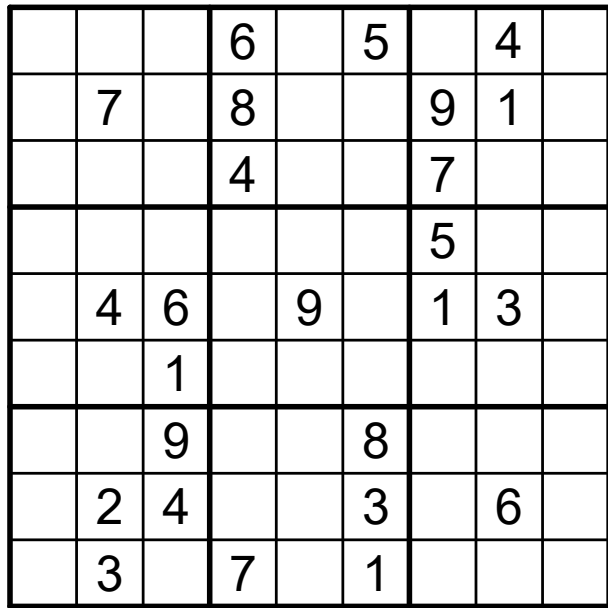
- 43. Snake's secretion
- 44. Number of one-syllable U.S. state names
- 45. "Ghostbusters" character Dr. ___ Spengler
- 46. High-IQ group, supposedly
- 47. Bottled-up type?
- 48. Taste found in mushrooms
- 49. Mythical giant like Atlas
- 50. Half of "Good Mythical Morning"
- 52. Start of a gym motto
- 53. Drug store aisle
- 56. Dish list
- 59. Grammy-winning guitarist Steve
- 60. Mid-afternoon drink

SOLUTION TO LAST WEEK'S PUZZLE:



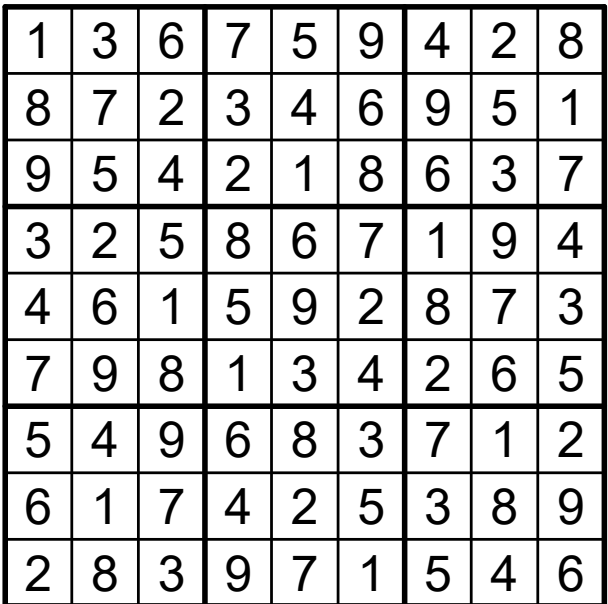
SUDOKU

EVIL:



SOLUTION TO LAST WEEK'S SUDOKU PUZZLE:

MEDIUM:





THE GROVE

DEALS OF THE WEEK



West Coast Cure Gummies:

Buy 1, Get 1 for **\$1**

Alien/Connected Vape Carts:

Buy 2, receive A 3rd For **\$1**

LAX:

Buy Any 1/8th, Receive A Pre-Roll For **\$1**

High Notes: The Ultimate Playlist and Cannabis Pairings for Every Vibe



2. "Redbone"
by Childish Gambino
Strain: Granddaddy
Purple

Product: Sauce
Granddaddy Purp Live
Resin Disposable



4. "Breathe"
by Pink Floyd
Strain:

OG Kush
Product:

Gelato Vape Carts



1. "Sunflower"
by Post Malone &
Swae Lee

Strain: Blue Dream

Product: West Coast Cure
Blue Dream - Jefferey



3. "Electric Feel"
by MGMT

Strain: Sour Diesel

Product: LAX Packs
Sour Diesel 1/8th



5. Punky Reggae
Party
by Bob Marley

Strain: Garlic Juice

Product: West Coast
Cure Garlic Juice
1/8th



Why More Parents Are Turning to Cannabis to be a better mom or dad, could it work for you?

Hey there, fellow parents! Let's get real for a second—parenting is tough. Between the sleepless nights, endless "what's for dinner" questions, and the never-ending school projects, it's easy to feel overwhelmed. But what if I told you that some parents are finding a little extra help in a surprising place? Yep, I'm talking about cannabis. Before you jump to conclusions, let me break down how it's actually making some parents more present, patient, and even more understanding with their kids.

Finding Your Chill

We've all had those days where it feels like everything is happening at once. The kids are fighting, dinner's burning, and your phone won't stop buzzing. For some parents, a little bit of cannabis can be the secret sauce that helps them stay cool under pressure. Imagine being able to slow down, breathe, and really tune into what's happening around you—without the stress.

Patience is Key

You know that moment when your kid is on their 30th "why?" of the day, and you're about to lose it? Cannabis can help you find that

extra bit of patience. Instead of snapping, you might find yourself more able to answer those endless questions with a smile—or at least without pulling your hair out. It's like having a little extra buffer between you and the chaos.

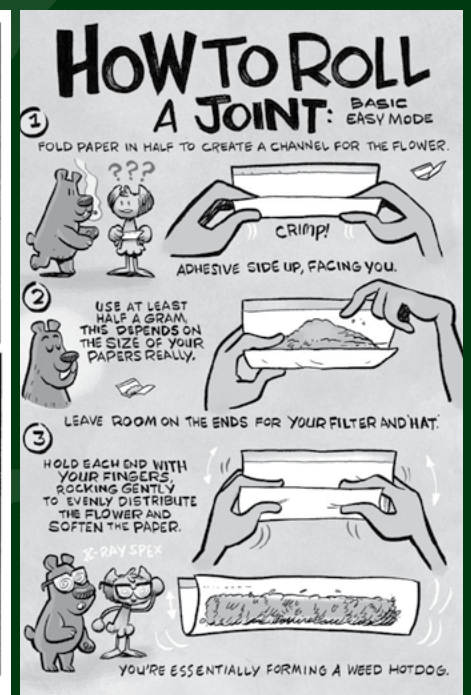
Seeing Things From Their Perspective

Here's something interesting: cannabis can actually make you more empathetic. That means when your kid is throwing a fit because they lost their favorite toy, you might find it easier to see things from their point of view. Instead of just getting frustrated, you'll understand why it's such a big deal to them. And that kind of understanding can really strengthen your bond.

The Bottom Line

Look, I'm not saying cannabis is for everyone, and it's definitely something to approach with care. But for some parents, it's become a tool that helps them be the best version of themselves—more patient, more present, and more understanding. If you're curious, maybe it's worth looking into. After all, being a parent is all about finding what works for you and your family.

- Cameron Pittman



California's Finest
EMBER
QUALITY CANNABIS RESERVE
By Phat Panda

*Early Bird
Special*

7AM-8AM 30% OFF & **8AM-9AM 20% OFF**
ENTIRE STORE
Valid 7 days a week. Exclusions may apply, see store for details.

50% OFF FOR FIRST-TIME CUSTOMERS!

Been here before?

Bring a First Time Customer to Get 50% off Your Order Too!

Weekly Deals
while supplies last

MON	BOGO For \$1       
TUE	BOGO For \$1     40% OFF  30% OFF 
WED	BOGO For \$1        
THU	BOGO For \$1        
FRI	BOGO For \$1         
SAT	 BOGO For \$1       
SUN	BOGO For \$1         

LICENSE # C10-0000290-LIC 8300 CENTER DR. LA MESA, CA 91942

SIGN UP WITH EMAIL & PHONE # IS MANDATORY TO ACCESS THESE DEALS

WARNING: THIS PRODUCT HAS INTOXICATING EFFECTS & MAY BE HABIT-FORMING. MARIJUANA CAN IMPAIR CONCENTRATION, COORDINATION, & JUDGMENT. DO NOT OPERATE A VEHICLE OR MACHINERY UNDER THE INFLUENCE OF THIS DRUG. THERE MAY BE HEALTH RISKS ASSOCIATED WITH THE CONSUMPTION OF THIS PRODUCT. FOR USE ONLY BY ADULTS 21 YEARS OR OLDER. KEEP OUT OF REACH OF CHILDREN.

county \$20. Photo on request. Txt or Message (858) 335-8750

HOT WATER HEATER 40 gallon Rheem electric. Commercial "take-out" for upgrade. Very low use. \$200, delivered in county \$20. Txt or Message (858) 335-8750. Photo on request.

ROUNDTRIP TICKET FROM SD TO NY Very reasonable prices. Please give me a call at (562) 587-4417

ONE OF A KIND ITEMS Unloading everything from sports equipment, musical equipment and female entertainment wear. Free or reasonable price. Contact (619) 228-5843

BUCK KNIVES 119 SPECIAL 75th Anniversary Fixed Blade Knife. Brand-new excellent condition. \$80. (619) 576-8196

NEW BEACH ITEMS Beach towel, \$5. Beach mat, \$8. Beach umbrella hat, \$5. Men's and women's water shoes \$3/each; size 10 and 7. Assorted insulated coolers, \$5-\$8. (619) 218-4031

RETIRING PLUMBER MATERIALS Must get rid of belongings; lots of construction stuff, plumbing stuff, painting stuff and food items. Sporting gear, fishing gear. Contact Henry (619) 857-7588

TV SMARTBOX (619) 850-3264 Every channel on the planet. UFC, pay-per-view movies, TV shows, no satellite on your roof, no cable bills, free demo, money back guaranteed \$300.

REFRIGERATOR/FREEZER side by side, Amana, works great, very light beige. text for pics. Only \$235. Text (858) 337-4367. Bring truck for pick up.

POWER SUPPLY/RECTIFIER FOR PLATING INDUSTRY 500 amps, 120 volt unit, with amp meter, volt meter, regulator, adjustable unit, excellent condition, \$3000. (619) 576-8196

SERVICES

TILI MOBILE NOTARY TILI Mobile Notary serving San Diego County at your convenience, please call (619) 505-9309. / TILINotary@gmail.com

ROOFING SERVICES MISSOULA Looking for reliable and skilled roofing professionals in Missoula? Krown Roofing offers top-notch roofing solutions for both residential and commercial properties. Visit us now at krownroofing.com/ (406) 381-6458 / krownroofingandconstruction@gmail.com

APPLE/PC COMPUTER REPAIR Professional support for Windows desktops, laptops, Apple iMac, MacBook, software, hardware, internet, routers, WiFi, printers. Certified. Same day appointment available. Serving all of San Diego. northparkcomputers.com (619) 299-2407

RECORDING STUDIO Pro tools HD3 and 24 track two inch analog. Neotek 40 input analog console. Amps, guitars, bass, 6'3 Baldwin Grand piano and much more. Studio musicians and production assistance available. (760) 855-3551 / exumrecording@gmail.com

TATTOO ANXIETY? Tough Love Tattoo is a friendly and safe space five minutes from downtown to get your American Traditional tattoo in a private studio. toughlovetats.com (619)-319-4982 timmorris364@gmail.com

AUTO DETAILING (213) 301-4028

NEED HELP MOVING Call (619) 791-5449

MASSEUR FOR FEMALES My name is Charlie. Kind and gentle touch massage for on-the-go women, moms and senior females. My place in Rancho Bernardo or I will travel to your location. Service available 24/7. Call or text for appointment. (941) 223-0785. charlieinrb@gmail.com

BUYING OR SELLING A BUSINESS? Are the systems outdated? Together we can update and optimize your operations, taking your established business into the future with new streamlined systems designed for your success. ellacan.com ellacan.com

HELPING PEOPLE WHO HELP PEOPLE Empowering small business owners like you to build the streamlined operations you need to best serve your clients, optimize your time, and do the work you love. ellacan.com ellacan.com

BNPL APP DEVELOPMENT COMPANY Nimble AppGenie is a leading BNPL app development company. We develop robust, and secure BNPL platforms with the help of expert BNPL developers. Click More Information: www.nimbleappgenie.com/solutions/bnpl-app-development-company (920) 354-6944 / contact@nimbleappgenie.com

MANAGED IT SERVICES Our Best IT MSP solutions are designed to provide the support you need to keep your business running efficiently. Trust us to handle your IT needs while you focus on growing your business. Visit: ttrtechnology.com/managed-it-services/ (866) 217-7225 / nadiabarrasci@gmail.com

HOME & BUSINESS CLEANING!! How does your home really look? How does your business appear? Over 16 years experience! Professional, courteous and friendly! Please call Gordon (619) 370-1602! Looking forward to hearing from you! Available for pet walking and pet sitting! / gordonkwilson@hotmail.com

MOBILE WEDDINGS I'm obliterated to preform mobile wedding in the city of San Diego. Preformed in English \$100.00 cash. I come to you. Suzette (619) 634-0480 / redbonepalmer@yahoo.com

ALBERT - THE HAPPY HANDY-MAN Over 20 years of great service you can trust, with a SMILE! Honey do-list, framing, home repair, painting, drywall, furniture assembly, electrical, pavers, wall paper & much more. www.fb.com/TheOneTheOnlyHappyHandyMan. (714) 235-5102 Albert Figueroa / AlbertHappyHandyman@gmail.com

AVENTUS MEDIA PRESS At Aventus Media Press, we provide multimedia creative services that prioritize your needs. We offer solutions that are designed to put you first.

DOOR BELL & SECURITY CAMERA Sales, Install, Repair. Computer repair Windows & Apple. HONEST & with references. (619) 770-0011 / luislednick@gmail.com

24/7 AVAILABLE MASSAGE FOR SAN DIEGO FEMALES Professional actor has a side gig as a masseur. Service offered for working moms, career minded women and Senior Ladies. Available 24/7. Contact (941) 223-0785 for details, photos and appointment. Serious inquiries only. One hour - \$40

HOUSE PAINTERS IN SAN DIEGO KB Paint & Coatings Inc. Licensed and Insured. We do Interior & Exterior Painting, Minor Wood Repairs, Roof Coating, Cabinetry, Power Washing, Epoxy Garage Flooring, & Stucco Repair. Call for FREE Estimate! Lic#1116800 kbpaintandcoatings.com (619) 597-0224 / info@kbpaintandcoatings.com

NEED TRANSPORTATION Cheap. Call (619) 370-5429

SUNLIGHT LANDSCAPING MAINTENANCE General yard cleanups. Water damage repair, lawn service, irrigation systems, sprinkler installation and repair, valve installation, tree services, grass installation, retaining walls, block walls, artificial turf installation, fencing, drains. Fully insured. (619) 379-3837.

BANKRUPTCY CAN BE A FINANCIAL LIFESAVER Eliminate your credit card debt, personal loans incl. payday advances & computer loans as well as old medical bills. All can be eliminated so you can start fresh to rebuild your credit. Why delay? Call the Law office of Frank D. Walker. Ask for Mel Quevedo- legal asst. (619) 755-2365. Call today. The initial consult is free.

CRIMINAL DEFENSE ATTORNEY DUI, possession, domestic violence, etc. Visa/MC. Free consult. Scott Salmu, Esq., 619-232-4LAW (4529).

DUI AND CRIMINAL DEFENSE Affordable rates. Visa/MC, flexible payment plans. Free consult. Attorney David Boertje, 619- 229-1870.

PERSONAL INJURY ATTORNEY Car accidents, dog bites, etc. Free con- sultation. Scott Salmu, Esq., 619-232-4LAW (4529).

FULL BODY MASSAGE from head to toe. Reasonable rates, call Tony (562) 587-4417.

MESSAGE SERVICES by Rick; reasonable rates. Call (562) 846-9299.

HORTICULTURE, landscape design, redesign, troubleshooting, diagnostics on the spot. Solve your problems, improve your design, improve your maintenance today - no guessing! Educated, trained and experienced, 6th generation native, 6th generation horticulturalist in San Diego County. No sales, no installation, no maintenance. Check me out at EdwortsHorticulture.com, then call (619) 402-8670.

ROB'S ELECTRICAL SERVICES Residential/Commercial/ Industrial. 20+ years experience, C10 Lic# 966537. Guaranteed to beat any quote! 10% OFF for new clients. Call for free estimate, and save \$25 when you mention this Reader ad! (619) 632-7770. rdickens.rd@gmail.com. www.robselectricalservices.com.

US ELECTRIC CONTRACTING Fast, free estimates. Full service, residential and commercial, new construction, remodels, custom work, service and repair. No job too big or too small. 10% 1st time senior discount. CA lic#1009252. Insured. BBB Accredited. (858) 880-6080.

P.L. WOODEN MOBILE NOTARY Do you need Loan Signing, Preneed Home Going Planning, or Notary services for someone that is Hospitalized, in Senior care or maybe Incarcerated? If so, look no further. Call P.L. Wooden Mobile Notary for all of your Notary Needs At: (619) 867-4441

BUSINESS OPPORTUNITIES



KIDS BIRTHDAY PARTY TRAILER Selling my trailer that was never used. Previous Business was Pamper Me Pretty. Custom designed trailer to entertain girls with a nail, makeup, hair, Karaoke and dress up. Great for birthday parties or small events. Never used. Was about to start business then Covid struck. \$45,000 or best offer. Call Rick (858) 722-2797 / rickybetterton@gmail.com

LIVEGOOD OPPRTUNITY! Take the free tour today. www.livegoodtour.com/jrwdedejoaquin@yahoo.com



CANNABIST

EST. 2020

4645 DE SOTO ST
SAN DIEGO, CA 92109
(858)324-5130

LABOR DAY WEEKEND

8/31 - 9/1

BUY ONE, GET ONE 60% OFF

MIX AND MATCH EVERY SECOND ITEM



LABOR DAY BUY ONE, GET ONE 70% OFF

MIX AND MATCH EVERY SECOND ITEM

C10-0000472-LIC



(858) 324-2420

★★★★★
RATED 4.9 ON
GOOGLE WITH OVER
2,100 REVIEWS

C10-0000213-LIC

3703 CAMINO DEL RIO S. SAN DIEGO, CA 92108

MON **BOGO 50% OFF
THE ENTIRE STORE**
STIIIZY MONDAYS 30% OFF ALL STIIIZY PRODUCTS

TUS **BUY TWO, GET ONE
FOR \$5.**
THE ENTIRE STORE

WED **BOGO 50% OFF
THE ENTIRE STORE**

THU **25% OFF
THE ENTIRE STORE**

FRI **BOGO 50% OFF
THE ENTIRE STORE**

SAT **BOGO 50% OFF
THE ENTIRE STORE**

SUN **25% OFF
THE ENTIRE STORE**

EVERY DAY **30% OFF
WAKEN BAKE**
WHEN YOU COME INTO THCSO DURING 7AM - 9AM

**33% OFF
COUPON**

CAN'T MAKE IT IN ON THE WEEKEND?
PRESENT THIS COUPON AND
GET 33% OFF YOUR NEXT PURCHASE.*
Valid through 9/30/24

MORE INFO: WWW.THCSO.COM

COUPONS AND DISCOUNTS ARE NOT COMBINABLE WITH ANY OTHER PROMOTION, EXCEPT STASHCASH REWARDS RESTRICTIONS APPLY.

SAUCEESSENTIALS.COM

ASK YOUR FAVORITE BUDTENDER
ABOUT SAUCE TODAY!

SauceTM

**LOOKING FOR SAUCE?
FIND IT NEAR YOU**



Sauce San Diego Retail Partners: A Green Alternative, Coastal Cannabis, Goldn Bloom, Hello Cannabis, HiKei, Grasshopper, Lit - La Mesa, Klover, Off the Charts Vista, Dr. Greenthumb - La Mesa, Cannabist, The Reserve, SDRC/ Mission Valley, SDRC/ Sorrento Valley, Off the Charts - Ramona, Cake House Vista, Cookies La Mesa, Buzz Cannabis, HiKei La Mesa, The Healing Center, The Grove, Cake House Encinitas, Buzz La Mesa, The Reserve



GSG PL, INC. C10-0000298-LIC

 **Golden State Greens**
Cannabis you can trust



**9/2 LABOR DAY DEAL!
30% OFF!**

**OR SHOP EARLY AND GET
30% OFF
FRI, SAT, SUN
-WHEN YOU PRESENT THIS COUPON-**

SCAN THE CODE TO SHOP OUR DAILY DEALS ALL WEEK LONG!

3452 Hancock Street | San Diego, CA 92110 | www.goldenstategreens.com | CALL FOR DELIVERY! 1-844-420-8387



50% OFF

THE ENTIRE STORE

FIRST TIME CUSTOMER ONLY • MUST PRESENT COUPON • EXCLUDES JB POPS

EVERYDAY DEALS

ALL OFFERS EXPIRE 09.30.24

**EARLY
BIRD
SPECIAL**
7AM - 9AM
40% OFF
THE ENTIRE STORE

50% OFF
STIIIZY
ALL PRODUCTS
NOW - 9/30



lights out.
PREMIUM FLOWER



2 FOR
\$79⁹⁹
OTD

7G FLOWER • (2) 3.5G

STIIIZY



\$15⁹⁹
+TAX

1G CLASSIC POD

• ACROSS FROM COSTCO LA MESA •

Flavorade



2 FOR
\$79⁹⁹
OTD

(2) 1G CARTRIDGES

Jeeter



2 FOR
\$30⁸²
+TAX

1G LIQUID DIAMONDS

8160 PARKWAY DR - LA MESA CA | 91942 (619) 439-6457 • 7:00AM-8:50PM DAILY

@JUNGLEBOYS_SANDIEGO

C10-0000904-LIC

JUNGLEBOYSSANDIEGO.COM



Lic. C9-0000601-Lic

THE GREAT MEDS DELIVERY

Serving All of San Diego

9am to 10pm - TEXT OR CALL

619-558-8413

**30%
OFF**
Entire Menu

**30%
OFF**
Entire Menu



Scan for Menu
& More Items!

Spend \$299+ Receive \$100 Goodie Bag for .01¢

28G/\$99

West Coast Cure
28% THC



5/\$99

7-Diamond
Infused • Mini-Joints
3.5G/.05G each



28G/\$55

AK-47
19.2% THC



28G/\$65

Cali Kush
21.6% THC



28G/\$65

LA Confidential
21.42% THC



28G/\$69⁹⁹

Bell Ringer
24% THC



**14G/\$60 or
28G/\$99**

Ape OG
30% THC



14G/\$99

GG#5
36% THC



14G/\$99

Acapulco Gold
33.21% THC



3/\$99

Full Gram Stiizy



7/\$99

Full Gram
Ape Cartridge



6G/\$99

West Coast Cure or Galaxy
Badder/Sugar/Sauce/Crumble



Check Our 5-Star Reviews
on Weedmaps!

619-558-8413

Cannot Combine Deals

Must Mention
Reader Ad

Free Delivery with Minimum \$60 Order • Open Daily from 9am - 10pm



House Shake
\$40/oz



**Supreme
Popcorn shake**
\$60/14G
\$99/oz



**Black Mamba 18.94%
Indica**
\$50/oz
2 oz for \$80



MK Ultra
**19.93%
Indica**
\$65/oz



Sour OG
**19.97%
Hybrid**
\$65/oz



**Mars OG 21.94%
Indica - \$90/oz**
\$60/half oz



**Motorbreath 21.92%
Hybrid - \$90/oz**
\$60/half oz



**Ghost Train Haze 21.98%
Sativa - \$90/oz**
\$60/half oz



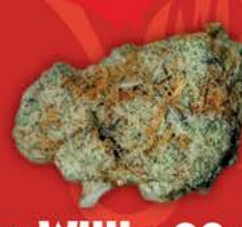
West coast cure
Pre-Rolls
5 For \$30



**Platinum Kush 22.96%
Indica - \$99/oz**
\$65/half oz



**Alien OG 22.94%
Hybrid - \$99/oz**
\$65/half oz



**Sour Willie 22.97%
Sativa - \$99/oz**
\$65/half oz



Select Cartridges
3 For \$50

50%
OFF
STIIZY &
RAW
GARDEN!



**FIRST TIME
CUSTOMERS
30% OFF!**



\$50 Minimum Delivery
8:00am - 10:00pm
Open 7 days a Week!

C9-0000595-LIC

(619) 577-3390

www.sdfleet.com

No double discounting



20% OFF

**ALL ONLINE
ORDERS.**
USE SDFLEET20
SCAN FOR WEBSITE

Bad Teeth? Loose Dentures? We Can Help!



Premium Implant Package

from **\$89** per month
or **\$2,499**



Includes premium implant, full custom abutment
and zirconia crown
(Per tooth, subject to credit approval)

Hybrid All-On-4

from **\$399** per month
or from **\$13,999**



(Per arch, subject to credit approval)

**Eat
Apples
Again!**

**Free
Implant &
Sedation
Consult!**
Includes all xrays & exam.
\$550
value

We Finance for Credit Scores as Low as 520!



Implant offices of Dr Armin Hage DDS & Associates

DR ARMIN HAGE

Is a Loma Linda University Graduate • Is a Diplomat at International Academy of Dental Implantology

Smile Designers San Diego (Sports Arena)
3365 Rosecrans St, San Diego, 92110
619-404-0061
SmileDesignerSanDiego.com

University Dental (College Area)
6324 University Ave, San Diego, 92115
619-319-9640
UniversityDentalSanDiego.com



* Treatment plans vary case by case, restrictions may apply. Call office for details. Offers cannot be combined. Offers for cash patients only. For insurance patients, insurance fees apply. Offers good through 9-30-24. **No-Needle system cannot be used on all cases. Use of conventional anaesthesia may still be required. ***Not all patients qualify for same day implants. Questions can not be answered over phone. Implant consult appointment is required. CT x-ray and bone graft not included.

Most Insurances Accepted • Same-Day & Early Evening Appointments Available • Free Second Opinion Consultation • Financing & Payment Plans Available
Kid Friendly • Full Ceramic Crowns • Laser Dentistry • Bridges • Root Canal • Bonding • Dentures & Advanced Prosthodontics • Military & Senior Discounts