SAN DIEGO VOL. 53 | NO. 31 | AUGUST 1, 2024

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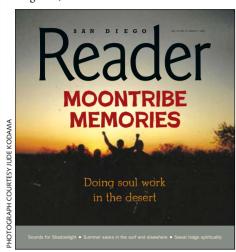
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August 1, 2024



Some dance to remember... — page 7



Sweat and Spirit — page 10



It's not a shelter, it's a sanctuary — page 2

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NEIGHBORHOOD NEWS

By Reader stringers

THE DANGER ZONE

Lives guarded

All that rescuing works up an appetite

According to the San Diego Lifesaving Association, between July 1 and July 7, San Diego Fire-Rescue Department's lifeguards and other staff performed 24,118 preventative acts, executed 1229 water rescues, and responded to 216 calls for service. During that period, San Diego County reportedly welcomed 1,775,9000 beach attendees. "It's a huge weekend, and it's what we build to," said chief James Gartland of the San Diego Fire-Rescue Department in a FOX 5 San Diego clip. "It's what everybody trains for. You get ready, and then you get tested. We just happened to be tested for four days solid."

On Facebook, user Tammy wrote, "My dad (state lifeguard for 27 years) says the prevents are the most important and impressive. I agree. Keep up the good work." "Prevents" is short for "preventative acts," which includes lifeguards enforcing rules and regulations by whistling or yelling into a megaphone or a PA system, hoping the swimmers out at sea or hikers on the cliffs can hear them.

But prevention can prevent only so much. The fire and rescue department had its hands full of surf, scuba, swimming, cliff rescues, boating assessments, medical responses, and lost children. Over the holiday weekend, Presly Danko from Colorado noticed "a lot of lifeguards jumping and running on jet skis and stuff," she said on the Fox 5 clip. Another beachgoer added, "There was a lot of rip current, and they rescued a little girl. The lifeguards here, I kid you not, they're unreal." On Facebook, user Al Bruton posted a rescue photo from that week with the caption, "Swimmer rescue with large surf at Children's Pool." A surfer explained that there were "strong south swells Friday and Saturday (July 5-6)." Another surfer, Michael Monjelo, wrote, "One of your lifeguards — I think his ${\rm name\ is\ Tanner\ (had\ blonde\ hair)-helped}$ two little kids, and did such an amazing job with everybody involved. What a professional. My wife is writing a letter to the lifeguards detailing the entire event."

On July 3, a 911 caller reported that his friend had fallen on the cliff below the Salk Institute at Torrey Pines, per a *Newsreel Media*|*San Diego* post on YouTube. The first responders were unsure of the caller and victim's exact location because of a language



Chief Gartland: "It's a huge weekend, and it's what we build to."

barrier. A helicopter was called in to the Torrey Pines Gliderport. The clip included a dispatcher saying, "A female patient who fell on one of the trails on Black's Beach. Someone just tripped and fell [because] it was dark, and hit their head." Six first responders could then be seen depicted carrying the rescued person on a stretcher.

On Reddit, a Spanish tourist reported that during a visit to Mission Beach, his "nephew got stung by a stingray, and the lifeguards helped him out. Is there a donation box for the excellent service?" he asked. One person, a former lifeguard, responded, "They could get fired for accepting tips. If you insist, be sneaky about it. The best way to make a lifeguard's day is to bring them food."

San Diego lifeguards and the San Diego Police Department were also present at boat launch locations across the county. They reportedly conducted over 500 inspections, leading to 82 boaters being turned away for lack of required safety equipment and documentation, boat condition, operator violations, environmental regulations, and other reasons.

MIDDLETOWN

Hope for Hope at Vine?Will 1000-bed shelter prove to be sanctuary or scam?

Over the next few years, the city will lose 1602 shelter beds as redevelopment plans

elbow out the old Central Library women's shelter, 16th and Newton, and others. One big solution? A proposed 65,000-square-foot, 1000-bed mega-shelter at Kettner Boulevard and Vine Street in Middletown that would represent a dramatic departure from the city's current scattered-site approach. (Opponents refer to the block-long facility as "concentrated poverty.")

But the facility, dubbed Hope at Vine and set to be voted on by the city council on Monday, has faced intense opposition. Last week, after hearing from 100 speakers, followed by a long debate into the night, the council voted 7-2 (Lee and Moreno voting no) to delay a potential vote until then to allow more analysis and negotiation of the terms.

"We really need a far better price," said councilmember Raul Campillo, citing the

wraparound services and boasted a 36 percent positive exit rate, according to the city. That's partly why Mayor Todd Gloria said, "Hope at Vine is real action. It will significantly enhance our capacity to address homelessness." But resident Joy Banks, who has "lived experience, countered, "I oppose any plan that doesn't have a direct path to permanent housing." Last year, 600 unhoused San Diegans died on county streets.

Opponents of the project include the San Diego Taxpayers Association, and an analysis released by City of San Diego's independent budget analyst Charles Modica and City Attorney Mara Elliott listed concerns such as the lease being over market rate for comparable properties. "I think it's

critical to review the city's condition assessment of the building," Modica said at the meeting. Other concerns he raised: the lease and tenant improvements need more review, the city has not had a competitive bidding process, and no appraisal has been done. It will take \$18 million in up-front improvement costs to convert the building to a shelter. And

"This is sounding more like Ash Street, throwing good money after a bad business deal. This is not politics, this is people's lives."

substantial improvements the city will have to make to the building, which will cost \$73 million in rent and an estimated \$12,468,288 in operating expenses from the General Fund over 30 years. But Douglas Hamm, the developer who owns the building, said he was agreeing to a deal that is "in fact below market." After receiving multiple offers for it, he said, he "realized it's perfect for the city's biggest need. It just does not exist anywhere else in San Diego," he continued, describing it as having "a sanctuary feeling."

The project has the potential to include a wide range of services onsite, officials said, citing this as a key to its possible success. When the Convention Center housed people during Covid, it offered significant finally, "We have not seen testing for asbestos or lead at this site."

When and if it passes, the project will still take several months to come online, councilmember Joe LaCava said. City staff said they would continue looking for other options, including the potential to expand safe sleeping lots.

Former state assemblywoman Lori Saldana pointed out that the state auditor found that in 2020-2023, San Diego had millions of dollars unused that could have been spent on housing people. "This is sounding more like Ash Street, throwing good money after a bad business deal. This is not politics, this is people's lives."

SHEILA PELL



Gosh, it doesn't look like concentrated poverty in this artist's rendition!

UNDER THE RADAR

Blind council Have San Diego mayor Todd Gloria and the city council been getting away with fiscal murder? So suggest two mid-July reports by City Auditor Andy Hanau accusing the council of being derelict in its duty to stop the mayor and a host of contractors from quietly jamming through six-figure cost increases without public attention. The news comes at an awkward time for Gloria and his fellow all-Democratic council, which is now pushing for voters to bump the city's sales tax in

November up to 8.75 percent. But how would the loot be spent? "With or without increased funding, the City needs a facility management plan to ensure it spends its limited maintenance funds efficiently," Hanau's first report, entitled Performance Audit of Facility Maintenance, states. "With or without increased funding, the City needs a facility management plan

to ensure it spends its limited maintenance funds efficiently."

The second document, labeled Performance Audit of the City's Contract Management Process, blasts the council for mismanaging public money it already lavishes on an array of costly contractors, looking the other way as major cost overruns slip by without ostensibly mandatory public scrutiny. "City Council approval provides a critical check on Mayoral power and is required to alter certain contracts as per the San Diego Municipal Code. However, due to staff confusion around Council approval requirements, about 11 percent of contract alterations we reviewed — totaling almost \$15 million in changes over the last 7 years — did not receive this necessary approval."

After-the-fact approvals are also common, the report says. "Departments brought 19 percent of contract alterations totaling nearly \$64 million to Council for approval retroactively, creating risks for vendors and City services, and further reducing effective oversight." Notes the audit: "Retroactive approval, or 'ratification,' is an exception that should be used as little as possible. More than one out of four contract alter-

ations we reviewed were brought to Council for approval retroactively or with little time remaining."

Even a costly new contract monitoring system called Ariba used by the city came under fire: "We found numerous accuracy issues with contract information in Ariba. Many past audit recommendations related to system controls and accuracy remain unimplemented, contributing to persistent issues. The absence of formal documentation and comprehensive policies in contract management has led to challenges in ensuring proper procedures are followed."

Backers of the sales tax hike insist that it is the only way to cope with a burgeoning backlog of unfinished work. "The longer we wait to fix the building blocks of our government — our roads, our sidewalks, the libraries that need a new roof and the pools that need to be resurfaced — the more expensive these repairs become," Marni von Wilpert, eyeing a

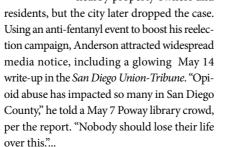
> bid for a state Senate seat, told the *Union-Tribune* in a July 22 write-up.

> "If we don't adequately fund this city's infrastructure, we'll be passing on to the next generation a deeper and deeper backlog that will be unfathomable for them to get out of." But Hanau's investigators discovered that von Wilpert and her colleagues are in reality blind as to what to fix first, and how

much the ultimate repairs will cost. "The City does not know the condition of its facilities or their maintenance needs. The City does not have an asset management plan to maintain the condition of its \$7.2 billion facility portfolio. Without an asset management plan, Facilities Services does not clearly communicate facility maintenance needs or the plan to address those needs to City Council." In addition, "Departments have limited insight into the status of their repairs, resulting in unnecessary delays and unclear expectations."

Drugged XID, a Los Angeles company created by Michael Schlesinger, the local Republican money man famous for his long-running battle with neighbors over development of

> the now-defunct Escondido Country Club, came up with \$919.99 on May 20 to pay for "Mailers Inviting the Public to Attend Fentanyl Safety Workshops," according to a so-called behesting statement filed June 18 by GOP County Supervisor Joel Anderson. Schlesinger was once sued by the City of Escondido for poorly maintaining the closed golf course during his bitter clash with nearby property owners and



continued on page 8

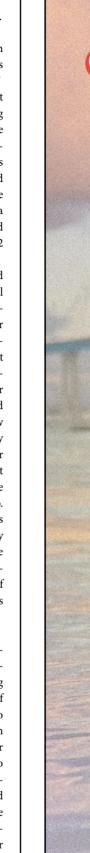


Jimmy Ukegawa: strawberries are sweet,

higher sales taxes are not.



Andy Hanau: few plaudits in his audits.







LETTERS

We welcome letters pertaining to the contents of the Reader. Submit them at sdreader.com/letters or phone them in at 619-235-3000. Include your name and neighborhood. Letters may be edited for length and clarity.

Developing disaster

As a life-long resident of California and a San Diego native I have historical memory that the build, build push of years past has never brought down the cost of housing, not even a little bit ("Bulldozed", Cover Story, July 25).

San Diego was a beautiful, scruffy little port town that is no longer small, nor as beautiful or livable. The sad truth is that, not everyone who wants to live here, can, since that is unsustainable. The rule of supplyand-demand does not apply here. Add as much housing as you like and prices will not come down. Such is the predicament of a city that has been loved too much.

Affordable housing should be built for those who actually need to live where they work, not affluent telecommuters. There is little incentive for developers to build below-market-rate housing, and therein lies the problem. The Planning Department and city government's pockets are lined with big developer money. It has been that way as long as I can remember. Can we not, finally, choose a different path so as to retain a little bit of what made us love San Diego in the first place?

Ron W Mission Hills

Development doom

An entire block of pretty homes along Fourth Avenue ₹ (south of Robinson) are boarded up and awaiting their demise. ("Bulldozed", Cover Story, July 25) It's a developer's world and we're just living in it. How sad that our mayor doesn't care to strike a better deal for his constituents.

> Debarah Wiggs Hillcrest

Comments from SDReader.com — not

edited for punctuation. spelling, or grammar.

Bulldozed: City Hall's drive for density pushes aside community concerns

Cover Stories, July 25, 2024 Excellent reporting. This is not democracy but a sellout of two already dense areas that will accept density that doesn't compromise quality of life.

At the Planning Commission, citizens who came to testify had their time to speak cut in half. Officials either didn't want to hear from us or had better things to do than listen to constituents. As in this article, the word "hope" was used a lot. In the private sector, hope is not a plan. And such "planners" would not last long.

One commissioner told us that we didn't need to worry, this growth would likely not happen in our lifetimes. That's not a plan but a sell-out to developers!

We want accurately forecasted growth based on objective, current data, not years-old numbers. In University City we embraced additional density in our already dense community but the extensive and thoughtful plan provided by the University City Planning Group was ignored. In Hillcrest, the city was more creative -- they replaced the planning group (which tells you all you need to know).

Taxpayers have funded an extensive trolley system costing billions of dollars to take people from one area to another -- such as Mission Valley to UCSD -- in a reasonable period of time. We taxpayers have a right to insist that this huge investment in the trolley balance growth at all of the system's 62 stops, not concentrate it in just two areas. Otherwise, the trolley will never realize its potential.

San Diego needs elected officials who are not captured by special interests but responsive to the hard work done in regional planning groups that actually represent their communities.

And all of this is on top of

the current crop of electeds embracing the unfettered growth of ADUs in singlefamily neighborhoods without regard to parking, emergency evacuation, parks or amenities.

There is an election in November. Pay attention! -Vote for change

I grew up in University City and lived in Hillcrest for almost 10 years. What the mayor and rich investors who will profit are doing is going to turn San Diego in to an urban wasteland. Immediate profit for longterm loss of communities and history. High-rise, high rent, intensely increased traffic and parking logistic chaos. Trying capping investor-owned properties so that renters have inventory to buy instead of paying the 2nd mortgage of landlords. We don't need more rentals & destruction of what will no longer be quaint neighborhoods. We need more regulation in City Planning. A vendor paid lunch should not buy off entire neighborhoods that people have worked hard to maintain.

-UC Local

The mayor and council reps don't listen to anyone from the public on their plans. As of Mon., 7-22-24, the mayor and council listen to over 100 speakers, the vast majority in opposition to the Kettner and Vine mess, it started at 4:30 and was over without a vote at 11:00 pm and after a 45 min. break they came back with the bright idea to re-do the meeting next week but behind closed doors and no public comment.

The fools know there are about 10,000 people living on the street, so they're going to saddle the tax payers with almost a 200-million-dollar, 30-yr. lease, for 1,000 families, perverts, elderly, vets, disabled people. The mayor/city is going to shut down some long established homeless facilities like Father Joe's, and about a half dozen other long established shelters at the end of 2024. I'm guessing there's probably about 2,000 MORE homeless going to be dumped on the street from those closures.

So, with that, their proposal is to have, as the City Atty. said, language used in the lease has several "MAYBE's", not WILL, 1,000 people in this warehouse shelter, but that will be 11,000 still on the street.

Why the mayor and council thinks that's really doing a wonderful thing is beyond my big picture comprehension. I feel sorry for the owner of the building, Mr. Hamm, who recently bought it; he's really going to get the shaft if the lease isn't fulfilled. He'll understand how he really got bamboozled into buying it. For this mayor and council to go not only against the public attending the council meeting, but shoving the expense of it down the throats of the taxpayers, deserves to be bounced out of their lucrative council seats.

People, please do not vote for any incumbents, no matter who is running against them. This, "strong mayor" form of government the voters voted for has backfired big time in the face of the voters. Do give them the opportunity to continue and make it worse. larryturnerformayor. com and Terry Hoskings to replace Elo-rivera.

-Larry Turner for Mayor

I've not seen any high-rises going in, in Clairemont near the mayor's parents' house. Why is that? Most of the city council reps are renters. Most don't have familes. They don't have a reason to think of the issues owners or families encounter, and don't care.

-DINK's in charge

Old term, pertinent as ever. Follow the money. From Toni Atkins, married to a developer, and a history in San Diego, and now Sacramento for all of California of legislation in favor of developers, not those she is supposed to be serving. Todd Gloria has followed in her footsteps (On his obvious path towards Sacramento.). IMO.

The character of the local communities we've gravitated to live in to raise our families, retire and reap the awards of our decades of hard work to enjoy - is being destroyed by those who represent us...

In the Bay Park/Western Hills/South Clairemont region we did a Raise the Balloon community fight to protect our neighborhoods character. Again, why we chose to work hard to live here. One saying I heard that I feel is appropriate for those who serve us to consider is 'Spread Out, Not Up? We have lots and lots of open land in San Diego County. Why shoehorn everyone into the West of I15/805 corridors?

Rail transit does go out to the East County now, and can be expanded as needed. Community planning, take East Lake in Chula Vista as example, can be done to provide the amenities/ schooling/protection for new communities. And interesting how we don't see mass homeless facilities, and low-income housing developments in La Jolla, Mount Soledad, Mission/Ocean/ Pacific Beach, Mission Hills, etc. areas... I support growth. I support newer communities to provide stepping stones into housing.

I even support the ADU and JR ADU (Not the 10 to 12 units they're trying to slam into neighborhoods. But an ADU and JR ADU are responsible, without changing the 'character' of our community approach. I support the limitations of Airbnb's for these ADU's and JR ADU's too... Long term multiple generation family, and longer term rental units, are a great way of adding affordable rentals and living spaces. We need to vote for different people who really represent us. -Follow the money

The trolley was built to facilitate transportation and make San Diegans less reliable on cars. However, the city council decided from the beginning (without taking into account the continued on page 6

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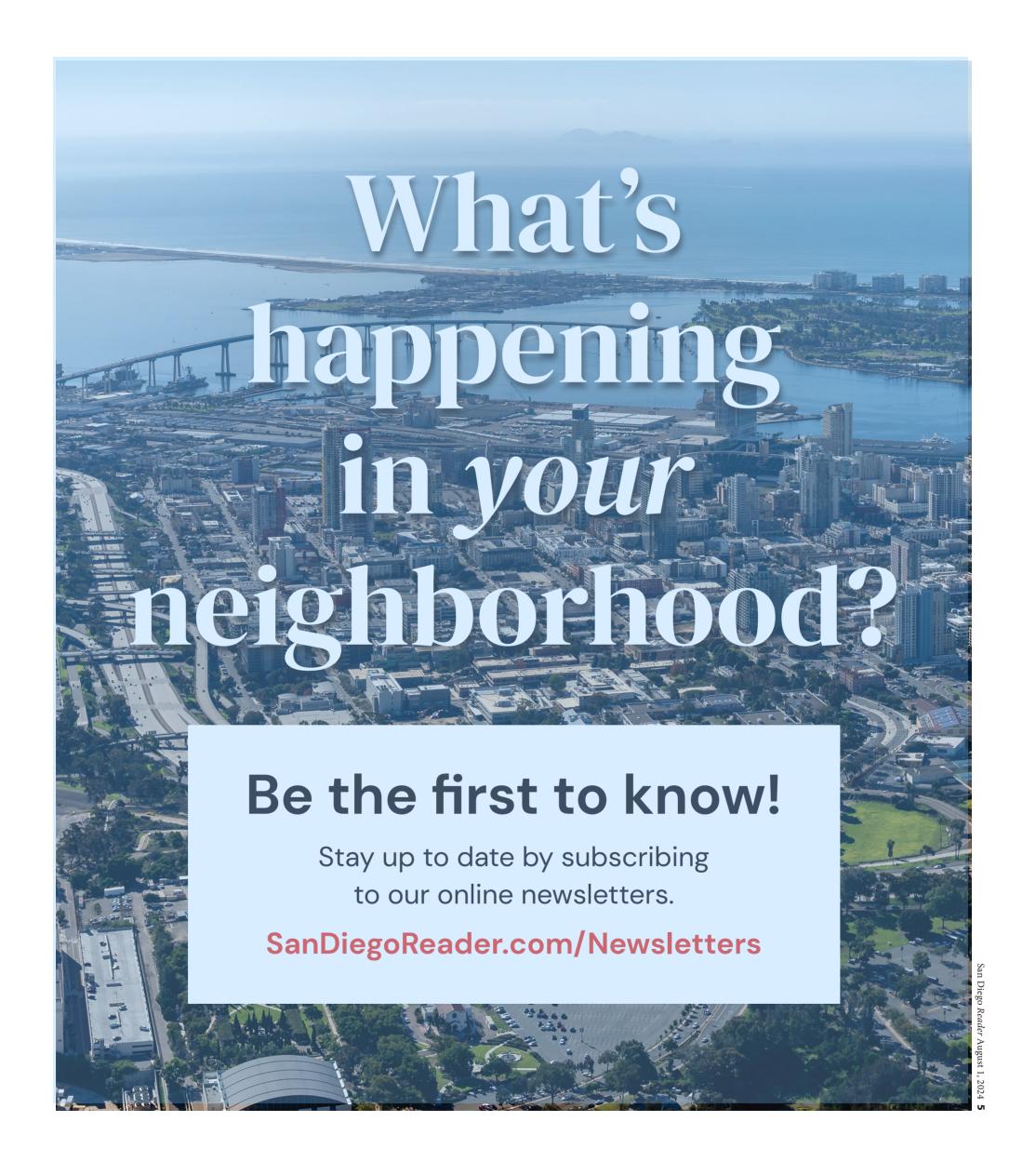
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Writing about wheels

Where the Bikes Are

I noticed one guy playing pool using a broom as a cue. He looked as if he might have been an extra in a movie with a title like Chainsaw Rapists on Wheels, but then so did almost everyone else in there. He gave me a cool look and turned back to his game. There were more biceps and steely glances than I felt happy about, and I wondered if my voice would crack as I ordered a beer.

By John Brizzolara, JAN. 18, 1990

Rebels without an Engine

"Most accidents are kind of freak accidents; very few of them are preventable, from my standpoint, unless you don't go cycling. Some accidents happen when somebody is standing there and another person runs into 'em. You know, they're standing on their bike and a skateboarder crashes into 'em. I've seen all of that stuff. If you ride long enough — just like with a motorcycle - you probably have 100 percent odds of having an injury."

By Ray Westberg, NOV. 14, 1991

Summer of the Airborne Poodle

Like thousands of other San Diegan youths in the early 1970s, I became addicted to skateboarding. With money earned from my paper route, I purchased a set of Chicago Trucks and Cadillac Wheels, which I promptly bolted onto a crudely shaped, homemade mahogany board. This was my primary mode of transportation, and I spent many afternoons cruising around the streets of Coronado with my friends in search of the ultimate terrain.

By Evan Douglas, JULY 29, 1993

Around the Town in Seven Years

About halfway between Clairemont and Del Mar, the beer, bologna, and the two loaves of bread were weighing heavy on our stomachs. It was time for some music.



Tijuana's Solo Angeles looked, with a few anachronisms, like bad guys from a Clint Eastwood spaghetti western.

Mexican, of course. We were right in the middle of "I Love El Rancho Grande," the song blaring out of both sides of the cab, when up ahead on the right side of the freeway was the border patrol, with a car full of Mexicans pulled over.

By Paul Warden, JULY 18, 1985

Ten Speed Terror

In 1983 an active young triathlete was rid-

ing his bicycle from Poway to Mira Mesa. By auto, that trip is made on I-15, but bicycles are not allowed on the freeway. This cyclist was descending a hill on a frontage road, going about twenty-five miles per hour, preparing to turn. At the same time, a moped, going about thirty-five miles per hour, was coming up the bike path, preparing to turn onto the frontage road.

By Steve Sorensen, OCT. 23, 1986

Read full articles from the archives at sandiegoreader.com/news/from-archives

LETTERS

 $continued\ from\ page\ 4$

citizens' concerns) that they would allow to overbuild in very specific areas, while not increasing much the density in areas surrounding other trolley stations. Common sense tells us that you should distribute housing along all the trolley stations instead of cramping everybody in University City (totally surrounded by canyons and with only 2 main arteries to escape a fire: Governor Dr. and Genesee Ave) and Hillcrest.

by the City Council is ridiculous. Allowing developers to build apartment tomplexes with no parking and thinking everybody will use bicycles is another will use bicycles is and Utopia that will create unlivable traffic congestion. Next fire emergency we are supposed to carry all our valuables on our backs and escape a fire by bicycle and don't forget to buy your

The density proposed

85 yr old grandma a bike; otherwise we will have to leave her at home at her own risk. One last point: the trolley passes every 15-18 minutes and buses are even worse and the city wants everybody to use public transportation: -Not joking

The new Uptown people say they will have a new "democratically elected" group. Just shows how little they know about planning boards because that is how all planning board members got on boards, from democratic elections. Their problem is that they just don't agree with the results of a democratic election, so they had the city come in and negate the current board. The democratically elected board.

-GL Page

What the Mayor and City Council are advocating for is "Market Planning" where they up-zone large areas of the City and then let developers/market do what they want, where they want. There is nothing strategic about this approach and leads to a hodge podge of development that adds more cars to an area without proper infrastructure. It is the worst type of planning for our City.

-Poor Planning

Outstanding article...Everyone in San Diego county should read this. These bums need to be voted out of office. San Diego politics since the 1950s has just gotten worse and worse. I thought the relationship between the Republicans and the developers was bad, one would expect more from the Democrats! But no, no parks no roads nothing. Incompetent leadership! Ah where is Marston when you need him?

-Vote them out! The City of San Diego is

updating plans for University City and Hillcrest to guide their growth over the next 30 years. I wish the writer would have talked to more of the younger generation and renters, the

people who will be affected most by these plans; rather than concentrating on mostly older single-family home owners.

Hillcrest is about 70% renters and vet the old planning group members are almost all single-family property owners who didn't represent the viewpoints of

renters and local businesses. The city held a competition and picked a new group that will be more representative of the whole Uptown neighborhood. One third of the seats on the new Uptown Community Planning Group board are designated for renters, one third for property

owners, and one third for local businesses.

--Uptown Planner

Todd Gloria's legacy will be not improving renters nor homeowners lives. Just making developers rich. Incredibly lazy city planning that does not bode well for anyone except developers.

-Gloria is the worst

Under the radar

continued from page 3

Top donor so far to Stop the SANDAG Tax, a campaign fund seeking to defeat a sales tax hike proposal to benefit the San Diego Association of Governments backed by construction unions and multi-national highway and infrastructure builders on November's ballot, is the Carlsbad Strawberry Company Inc. run by **Jimmy** Ukegawa, with \$5000 on June 6. In the meantime, SANDAG will "continue to monitor" an unspecified "allegation of bullying behavior and a toxic work environment," according to the June 24 Annual Investigations Report of the agency's Independent Performance Auditor Courtney Ruby...

The U.S. Office of Detention Oversight is out with an April 24 report regarding complaints of a Muslim worshipper at Otay Mesa Detention Center, run for the U.S. Immigration and Customs Enforcement by private contractor CoreCivic. "One detainee stated that the facility removed the opportunity for Muslim detainees to pray the morning prayer on April 9, 2024," according to an Office of Detention Oversight April 24 report. "ODO interviewed the facility chaplain, reviewed the detainee's file,

and found on April 9, 2024, the facility allowed the detainee to perform his morning prayer in his cell rather than the dayroom.

Staff made the change due to several detainees complaining about the noise level of morning prayer and related conversations disturbing their sleep. At ODO's request, facility staff explained the reason for the change to the detainee, and the detainee acknowledged understanding."

> — Matt Potter (@sdmattpotter)

The Reader offers \$25 for news tips published in this column. Call our voice mail at 619-235-3000, ext. 440, or sandiegoreader. com/staff/matt-potter/contact/.



Kodama, in black shirt center-left.

Moontribe memories

While Jude Kodama and I are sitting and drinking kombuchas in the sun on his Mt. Helix back porch, he draws my attention to one of the photos in the brown leather album — the one with the big groovy turtle on the cover — that he's set out on the table in front of us. The album is filled with photographs from the mid-'90s, and so it is also filled with nostalgia. These are the sorts of pictures those of us older than 35 will remember getting developed at drugstore photo counters. The shimmering light of magic hour sun — early evening, earliest morning — washes over the subjects of most of the shots.

"Moontribe is a community of friends and family who gather in the desert to dance beneath the full moon...Moontribe is not publicly marketed, is non-profit in practice, is funded completely on donations, staffed lovingly by volunteers, does not allow vending of any kind yet encourages a gift and sharing culture, enjoys one sound-system, and shares directions only to those on the email list."

Kodama had some experience with electronic music before Moontribe. One night in 1993, a friend took him to The Flame on Park Boulevard; that's where he first heard underground house music — not the stuff that was on the radio — and the music and

"In Moontribe, we were trying to remove the clouds so that we could be in the light."

Kodama rests his finger on his chosen image: a young woman caught in a still moment with her eyes closed, standing in the midst of a crowd in the wilderness. "Heavy journey," he comments. "You can see the work being done in the soul." With a smile that creases his distinguished laugh lines, he quotes The Eagles: Some dance to remember, some dance to forget. "In Moontribe," he says, "people were trying to remember. We were trying to remove the clouds so that we could be in the light."

Moontribe — that would be Moontribe Collective. He's telling me about its early days, how he started to get involved, how he eventually began to DJ, the way this period of his life shaped both his sensibility and his interests forever after. He's speaking in the past tense because he's telling me his own story from the '90s, but the tribe itself is still going strong, still governed by the same principles that made it special from the beginning. Here is what the collective's website says today:

the scene were enough to keep drawing him to The Flame. He partied in clubs, but also in parking lots and warehouses.

The city scene was cool, but something was missing. "There seemed to be this disconnect from why music and dance is used spiritually to help elevate and connect to the ecstatic realm." By 1996, he'd heard about a different scene, one with happenings held here and there in remote, semi-secret spots in the desert: around Palm Springs or Indio, up through the Mojave Desert, all the way to the lower Sierra Nevadas. He found his way there. "Instead of drugs, it was sacraments, and instead of concrete, steel, and electricity, we had dirt, plants, and the moon." There was electronic dance music, but it was more expansive, more conducive to long, drawn-out trance states. Sometimes there might be a sitar. There were acts with names like Golden Buddha and Electric Skychurch. The dancing was more ecstatic. There was psychedelics and prayer, and there was an ethos of self-discovery and mystical questing. Sometimes a spiritual teacher would be on the bill. That was Moontribe. Eureka. "That's the family. I finally got it."

"Moontribe never promoted whatsoever," he says. "In fact, Moontribe probably had to work as hard to keep it quiet and underground as most promoters would put into publicizing." Just finding the gatherings took some commitment and a sense of adventure. In addition to driving four or more hours outside of San Diego, there were the communication and map challenges. "There were no cell phones. But we all had pagers, and we had text code. There was a phone number you would call, and there'd be a recorded message telling you to go to a record store to pick up a map." The maps were tricky. Directions might involve having to keep track of various forks in the road, or setting and re-setting the odometer to log distances between turns.

The directions might also just be wrong. "You knew you were going to Moontribe to learn something and get a lesson and grow and evolve," says Kodama, "and that not making it to the event might be your lesson." Sometimes, the car full of desert ravers might just decide to get out of the vehicle, turn up their radio in the dark, and do their thing under the moon wherever they were, with the little fragment of the tribe that was there.

The divinity of what sound Is

When I first got in touch with Multiver3e at the end of May, the group was still a sound for survival — was between worlds. It was likely she had transitioned that day; Roach and Lipson couldn't be sure. But they had set up a low table with flowers, candles, and photographs of their beloved third member. A palpable grief intermingled with the other vibrations of the evening. Earlier in the day, I'd thought they might cancel, but it was clear that they wanted to do this for her. They had been given one last chance to play for Shadowlight in person, just before hospice care shut down the window for visiting, and now they could offer the evening as a farewell.

We gathered in the glass conservatory building of the San Diego Botanical Garden in Encinitas. We began with some gentle movement led by Lipson, who originally found her way to sound healing through her yoga practice. We all drank a small cup of cacao, brewed by Roach with rose and spices, before laying down to receive the duo's sounds — not just with our ears, but with our whole selves. According to Roach, sound did not work just through the ears, but affected our entire bodies. Even a deaf person would receive the vibrational effects of being bathed in sound. She said we should imagine the reception of the sound causing "the water inside of our body to create beautiful geometric shapes".

Multiver3e likes to do events like this, outside of a yoga studio or other customary site for sound journeys. Roach tells me they want to "find innovative ways to bring people in to experience sound healing, even bring in crowds of people who might not initially be interested in it." That night, I was seated next to



Multiver3e, left to right: Roach, Lipson, Shadowlight

healing trio. Jamie Shadowlight, Lindsey Roach, and Leah Lipson had by that point been doing events together for about three years, and I wanted to talk to them about sound, healing, community, and the sorts of gatherings they create.

But by the time I first made it to one of those events on June 6, Shadowlight — who had been diagnosed with Stage 4 cancer about a year earlier, and who had exceeded all expectations

one such person — a sweet, elderly Dutch lady named Truus, a member of the Garden who came out of curiosity.

For the next hour or so, Leah and Lindsey moved patiently and confidently through an improvised sequence of rattling and drumming, chiming and striking. There was the leafy *chakapa* rattle, which Lipson shook over us as she walked barefoot around the *continued on page 8*

GOLDEN DREAMS

continued from page 7

space, followed eventually by the angelic tones of the many crystal bowls, some

vocalizing from Roach, and some rich, heavy, shimmering gong time to close the sequence. The gong, Roach tells me, is her favorite instrument to work with, "because of all the tones that are in the gong, the undertones and the overtones. Our brain has a really hard time processing the sound, so it quickly drops us into those deep, meditative brain waves." After the sound

journey, we listened to a recording of a song by Shadowlight while we held candles and passed a flame from candle to candle, one by one, in lines around the room: a simple ritual gesture that eventually illuminated the entire plant-filled room. Some of us were mourning a friend, and some were praying for someone they had never met. I suspect that even those of us who had

never met her were moved by the her smiling picture in

front of us, and by the picture

that her friends painted of

her with their words: a joyful

woman who lived halfway in

another world even while she was here, whose head was in the clouds in the most lovable way.

Lipson tells me that Shadowlight was completely devoted to sound and



A previous event held at the San Diego Botanic Garden

reliant on it for her serenity, right to the end of her life. Even while bedridden, she could be found regularly beating a drum, or playing tuning forks over herself. Her strength and bravery allowed her to struggle through pain, fatigue, and hospitalizations in a way that baffled those around her. At their last sound journey as a trio, which came just after a hospitalization for sep-

sis, Shadowlight stood up at the end and played her violin like nothing Lipson had ever heard, her kidney bags exposed and hanging off of her as she walked through the crowd with

her instrument.

Shadowlight isn't the only example of the healing powers of sound that Multiver3e has seen. Lipson once activated happy but faded memories of India, mantras, and travel in an elderly woman in memory care who was, most of the time, known as the formidable grouch of the place. Other seniors would come to Shadowlight after a session, soothed by the bowls and wanting to tell her about things they had seen or felt. Some would talk to her about angels and churches. She was more than just their break from La-Z-Boys and cable news.

For her part, Roach has brought her sound work to the bedside of the terminally ill; she sat with one cancer patient every week for months, and she was told that the hour she spent there was the most painless time the dying woman would have all week.

Wherever and however they do it, Roach says they always begin from "trust for sound, for the divinity of what sound is." ■



Riss Killstar

NOVEMBER 7, 1994 - AUGUST 1, 2024

Riss was born in Bakersfield, CA. Lovingly known as the greatest girl next door, she took to performance at the age of 4, eventually moving down to LA where she was consistently ostracized by the industry throughout her career.

She is survived by her sister Val Killstar, who has pledged to see her sister's music career through despite the haters. Val leaves these words in her honor; "Butterfly me so I get to you sooner. Rare so you see me raw."

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Sweat AND Spilit

Standing in the Tierrasanta parking lot where we'd agreed to meet, I spy David Warren Goodknife down in an adjacent canyon — one of several that carve through the sleepy suburban neighborhood.

His reply came quickly, and with conviction: "The rest of your life."

He's collecting wild sage for today's ceremony. A knife in a leather sheath hangs from his belt. His long brown hair is tied back with a headband that matches his white shirt. The day before, Goodknife, an Oklevueha Native American Church ceremonialist and spiritual advisor, had invited me to participate in a traditional sweat lodge ceremony. "How long will it last?" I asked as I checked my calendar. His reply



Hand raised to the sky and bare feet on the ground, Shaman Goodknife says a blessing before the fire is lit.

came quickly, and with conviction: "The rest of your life." That's all it took — I was in.

After he snakes back up the trail to the canyon's rim, nature's herbal bounty in hand, we exchange greetings before transferring my gear into his white four-door pickup with camper shell. Once on the road in his "Navajo limousine," as he refers to the truck, we drive north on the 15. Along the way, he talks of people who, like himself, have *gone native*: Jim Morrison, John Lennon, even Johnny Depp. Folks who have sought a fully conscious and connected state of being on Mother Earth. These are the kind of people Goodknife hopes will attend his ceremonies. He's not interested in being an attraction for so-called spiritual tourism.

Soon after exiting at Gopher Canyon Road in Vista, we arrive at our destination: the Evo Emerald Village, a nine-acre alternative lifestyle community hidden among the trees in Bonsall. There, Goodknife introduces me to Valerie, who will be serving as Fire Tender tonight, and we get to work. Goodknife and I unload the firewood we've brought along, and Valerie carefully stacks it around a pyramid of volcanic rocks she's built in a large earthen fire pit. Removing his shoes to create a closer connection to the Earth, Goodknife lifts his eyes to the sky and says a blessing. The fire is lit. I grab my camera and start shooting. Once Goodknife starts setting the altar, no more photographs will be allowed. Valerie sits watching the fire as smoke curls up into the treetops

As the preparations are made, more people begin to arrive for the ceremony, two or three at a time, some coming to this sanctuary amid the trees from as far as LA. Many have clearly been here before; they greet Goodknife with a hug and affectionately address him as Uncle.

as Uncle.
Goodknife invites us to sit in a circle and introduce ourselves. Keeping with tradition, we begin with our lineage, naming our grandparents and mother and father before ourselves. Goodknife also asks us to share our intentions — why we're here and what we expect. Mine is to learn what I can from the experience. Another person dedicates it to a sick family member.

Goodknife nods approvingly as people speak, apparently happy with the thoughtful and introspective responses. No spiritual tourists here tonight.

Once our introductions have been made. Goodknife's protégé C.J. teaches us how to create our prayer ties. A small pinch of tobacco, along with a prayer, is bundled into a small square of brightly colored fabric. Using loops rather than knots - to allow the spiritual energy to flow freely — everyone secures their prayers to a string. As each element of the chain is assembled — cord, cloth, and herb — it is cleansed by the smoke of a smoldering bundle of dried sage.

Each color of cloth carries significance, which can vary from one Native American tradition to another. C.J. teaches us what he himself has been taught: black symbolizes the west, where the sun sets, and yellow, the east, where it rises. Red is for the north; white, the south. Blue is for water, and green is for Mother Earth. Purple signifies the divinity, the Creator. By securing our prayer in a bundle of each color, we send it out everywhere, in all directions — to all of Nature and the Universe.

A small, circular stone altar sits on the ground near the fire. While the prayer ties are being made, Goodknife places the sacred items upon it, arranged on a bed of sage. The most striking object is the skull of a tonka, or bison. Around it are fresh flowers, an eaglefeathered staff, and four wooden bowls containing the spirit foods: corn, jerky, berries, and water. The pipe sits, waiting to be lit so its smoke can make our prayers ethereal.

Beyond the altar stands the framework



of the sweat lodge: a low dome, constructed of willow branches lashed together with cord. Hundreds of strings of prayer ties — relics of previous ceremonies — hang from the latticework, gently swaying in the wind. When the time arrives to ready the lodge, we work together to spread blankets over the dome and so create a small hut.

As the sun slips away and night enters in, prayers are said, and the men strip down to shorts. The women have been asked to wear long, light dresses. The men respectfully face away, westward, as each woman crawls into the lodge while chanting an invocation. Next, the men queue up, the eldest first, putting me second in line. After the man ahead of me enters the lodge, I follow his example. I drop to my knees next to a shovelful of embers that has been brought from the fire. I reach into a small leather pouch of ground cedar and sprinkle a pinch over the coals to release a burst of purifying smoke. With coaching from C.J., I recite a prayer: "Aho mipakuye oyasin!" It means "all my relations." By saying it, I acknowledge my connection to everything, and everybody.

I crawl into the lodge. The women have taken the right side: the men move to the left. It's pitch black, so I feel along the ground and follow the voice of the man ahead of me. We make our way as far back as we can to allow room for the ten guys who are following us inside. Crossing my legs as I arrange myself on the towel I've brought in with me, I try to remember how long it's been since I've sat Indian-style. Then I wonder whether that's something I should say out loud. I make a mental note to go with cross-legged if it comes up. When all 24 of us have made it inside, we're close, but not packed tight. Someone mentions that the last group was 30. That, I decide, would be too many. I'm glad I was invited tonight.

C.J. hands in about six handmade skin drums, and they are passed around, by touch, to those inclined to play. C.J. then uses a pitchfork to bring in a glowing rock from the fire and places it on the ground at the entrance. Using deer antlers as tongs, Goodknife moves the rock to a depression in ground at the center of the lodge. My

eves have slowly adjusted to the darkness: thanks to the moonlight coming through the portal, I can just barely see the outline of those closest to me. Another stone is added, then a third, and a fourth. As Goodknife wrestles each into place, they wriggle out of my sight; my view is blocked by the bodies in front of me. Finally, C.J. brings a stainless-steel bucket of water, gleaming from the soft light of the sky. Once the bucket is in, C.J. takes his place just inside the entrance. The tent flap is brought down, and we are plunged into darkness.

As Goodknife begins to pray aloud, I start to feel the heat off the rocks. After spending the last 15 minutes in the nighttime autumn chill, wearing next to nothing, the warmth is welcome. Suddenly, a violent hissing fills the lodge as Goodknife douses the stones with water. Instantly, I feel the steam swirling around me, and the first bead of sweat forms on my brow. Goodknife invites us to hang our prayer ties above us, as a reminder of our intentions. He taps out a slow rhythm on his drum and begins to sing in a low, soothing



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voice. The song develops into a call and response. He sings a prayer, alternating between Lakota and English. I'm surprised by how many people know the reply: "Chéwakiye aye oh, chéwakive ave oh!" It's a lyricized form of "here I am praying," signifying a willingness to commune with the spirits.

The group sings and beats the drums. The heat has increased, but it's not oppressive, and my sweat begins to flow freely. I close my eyes (I can't see anything anyway) and relax, letting song and steam envelop me. After about a half-hour, the singing stops, and the blanket covering the entrance is flipped up. Silver moonlight and cool, fresh air rush into the lodge. We're getting a break, but only long enough for C.J. to bring in more rocks from the fire.

As the blushing stones are added to the heap, I pull my knees up to my chin in an attempt to ease the ache that's creeping into my hips. Despite the heat, the cold ground isn't being friendly to my joints, it seems.

Once C.J. has brought in six rocks, the flap is lowered again. Goodknife



Hundreds of strings of prayer ties — relics of previous ceremonies — hang from the latticework of the sweat lodge frame, gently swaying in the wind.

prays and pours more water. The temperature builds anew, and quickly. I wipe my brow, sweat stinging my eyes. It becomes uncomfortable to breathe through my mouth, so I inhale through my nose. The drums begin again, and in the dark, I sway with the singing. "Chéwakiye aye oh, chéwakiye aye oh!"

When the stones have cooled, the door is opened again. After an hour in the lodge, I'm drenched. I'm also in a lot of pain. I decide my hips have had enough, and let Goodknife know. Gingerly, I crawl between the others, who clear a path in the dark as I make my way toward the exit. It wasn't until later that Goodknife told me about the three-inch thick foam cushion he'd brought to sit on.

Once I'm outside, C.J. offers his hand and some advice as I rise. "Don't go too fast, some people get a head rush." Almost immediately, my body is wracked by violent shivering. I grab a dry towel and drape it over myself, rubbing my shoulders frantically. Stiffly, I make my way through the dark to Goodknife's truck to retrieve the blanket I've brought along. Once I'm cocooned inside, the shaking begins to subside. Still in the blanket, I squirm out of my wet shorts, the way I've seen surfers do it in the parking lot at the beach. Once I'm dry and dressed, I return and sit by the fire.

By the time I make it back, the hot rocks that went in right after I got out have done their job, and once again it's time for more. C.J. emerges and retrieves his pitchfork. As he plucks the last rocks from the embers, I stare into the fire and reflect. I'm a little disappointed I didn't last until the end. It's better this way, I rationalize to my writer-self. Now I can observe from outside as well. That almost works.

I listen to the singing as I sit, and notice how far the moon has moved while I was in the lodge. Like a little brother, it follows the sun's path to the western horizon. Then, the drums in the lodge speed up, getting louder and louder. The singing rises in a crescendo, then devolves into a cacophony of coyote-like velps. The entrance flap is flung open, and a cloud of steam escapes and rises in the moonlight.

One after another, the members of the group emerge from the hut. Some look weary; others seem jubilant as they raise their arms to the stars. They scatter, heading to the places where they left their towels and blankets. Dried and changed, everyone convenes around the fire. Goodknife offers another prayer, and the bowls of spirit foods are passed around to replenish strength and soul. The pipe, trailing wispy smoke from the willow bark inside, circles the fire, passing from hand to hand.

Once the ceremony is over, we move to the Emerald Village's outdoor kitchen. A fire is lit in the wood-burning stove, and dishes are set out. We've all brought food to share, and we end the night with a communal meal before saying our goodbyes.

The truck crunches along the gravel driveway as we head to the road that will take us back to city life. I realize Goodknife is right: tonight will last my whole life. Not because I've experienced a spiritual epiphany, but because I feel I will return.

During the ride home, Goodknife tells me of his past. He's spent time marketing the light-up ice cubes invented by his brother, writing songs in Nashville, and designing stage costumes for glam rock acts such as Poison.

"I've followed the path put before me," he explains as his cell phone buzzes. Taking one hand off the wheel, he glances at the phone. Saying he's received a text from his teenage daughter, he asks me to read it to him. She's hungry, and wants him to stop for burgers and fries. Tonight, it seems, David Warren Goodknife's path will be taking him to Mickey D's.

— A.J. Herrington

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Calendar

AND WELCOME TO IT

Thursday | 1

59 ACRES: AN IMMERSIVE **SOUNDWALK**

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takes you on an urban odyssey, one

Playhouse and UC San Diego. Los

Angeles-based artist Marike Splint

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WHEN: 9 am to 5 pm. Through

WHERE: La Jolla Playhouse, 2910

La Jolla Village Drive, La Jolla.

lajollaplayhouse.org/59-acres

Monday, December 30.

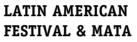
device and download the 59 Acres app.

that explores the area around La Jolla

already playing the guitar and producing music while still in high school. He's currently on The Rox (postroph) y Tour, which features songs from his father's popular albums *Apostrophe* and Roxy & Elsewhere. Both full-lengths are

celebrating their fiftieth anniversary.

WHEN: Friday, August 2, 7:30 pm WHERE: The Magnolia Performing Arts Center, 210 East Main Street, El Cajon. magnoliasandiego.com



ORTIZ POTTERY MARKET

Artisans have traveled north from Mexico, Guatemala, Peru, El Salvador, and Ecuador to host booths offering traditional embroidered clothing,

handwoven textiles, collectibles, jewelry, handmade ceramics, and clay pottery. Enjoy tacos, aguas frescas, elotes and fruit cups, plus live performances by a Latin American folk band,

Folkloric dancers,

and strolling mariachis. Visiting artists include Jacobo and Maria Angeles and Jacobo; the latter's Oaxacan wood carvings were featured in Disney's

film Coco.

WHEN: Friday, August 2 through Sunday, August 4, WHERE: Bazaar del Mundo,

paintings, photography, glass, ceramics, jewelry, and sculpture. Enjoy a KidsWalk hands-on art experience and

activities within the event.

Preview party attendees can get a first look at the artwork and hear Jimmy Buffet tribute act Mark Wood & The Parrot

Head Band.

WHEN: Saturday, August 3, and Sunday, August 4, 10 am WHERE: Ingram Plaza at Liberty Station, 2751 Dewey Road, Liberty

Station. artwalksandiego.org



4133 Taylor Street, Old Town. bazaardelmundo.com

Saturday | 3

ARTWALK LIBERTY STATION

Come revel in the creativity of 175 artists from across several states and Mexico, gathered to show and sell their

Sunday | 4

JULIAN SUMMER FEST

Come check out the musicians, craft vendors, water slide, bounce house, carnival games, food, and drinks. Julian Station has a Mexican restaurant and three tasting rooms — Julian Hard Cider, Julian Wine & Chocolate, and The Cooler Craft Beer Tap & Tasting Room — plus shops and boutiques selling local art and antiques.

WHEN: Friday, August 2 through Sunday, August 4, 11 am to 8 pm **WHERE:** Julian Station. 4470 Julian Road, Julian. julianstation.com

Friday | 2

DWEEZIL ZAPPA

The son of famous former San Diegan Frank Zappa, Dweezil Zappa was





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ANIMAL FRIENDS

Doggy Dayger Enjoy a live DJ, food, and beer. Saturday, August 3, 2pm; Dog Society, 6331 University Avenue. (CITY HEIGHTS)

International Beer Day Celebrate International Beer Day and Frenchie Friday. Friday, August 2, 5pm; Dog Society, 6331 University Avenue. (CITY HEIGHTS)

National IPA Day Celebrate National IPA Day. Thursday, August 1, 5pm; Dog Society, 6331 University Avenue. (CITY HEIGHTS)

San Diego Animal Sanctuary & Farm Summer Program Limited to just three children at a time, kids (7+ years of age) can shadow the Farm's experienced Animal Keepers taking part in activities, such as feeding the tortoises, pigs, and barnyard animals, walking with the goats, cleaning pens, picking vegetables in the garden and more. Mondays, 9am; through Wednesday, September 4, \$195-\$695. San Diego Animal Sanctuary & Farm, 5178 Japatul Spur. (ALPINE)

ART

ArtWalk Liberty Station The festival celebrates creativity from both sides of the border, with more than 175 artists coming from across several states and Mexico to show and sell their artwork, including paintings, photography, glass and ceramics, jewelry, and sculpture. Saturday, August 3, 10am; Sunday, August 4, 10am; free. Ingram Plaza at Liberty Station, 2751 Dewey Road. (LIBERTY STATION)

ArtWalk Liberty Station Preview pARTy Guests can get early access to meet the artists and view art pieces before the crowds. The ticket includes a drink. The sneak peek event will feature Jimmy Buffett tribute band Mark Wood and The Parrot Head Band, tasty festival food available for purchase and a variety of beverage options. Friday, August 2, 4pm; \$25. 21 and up. Latin Chef Liberty Station, 2820 Historic Decatur Road. (LIBERTY STATION)

Different Strokes Too!: Lourans Mikhail Different Strokes Too!, featuring a new series of paintings and mixed media brush sculptures by local artist, Lourans Mikhail. Friday, August 2, 4pm; free. Thumbprint Gallery, 920 Kline Street #104. (LA JOLLA)

Humor: Art to Laugh Out Loud Artist Open House Art guaranteed to make you laugh out loud. Enjoy light refreshments, watch

a guest artist demonstrating their work, and chat with exhibiting artists, families, tourists, Art Walk participants, and art lovers. Friday, August 2, 5:30pm; free. Sunshine Brooks Theatre, 217 N. Coast Highway. (OCEANSIDE)

Latin American Festival & Mata Ortiz Pottery Market

Artists from Mexico, Guatemala, Peru, Ecuador and other Latin American countries showcase authentic Mexican folk art, traditional clothing and textiles. Friday, August 2, 10am; Saturday, August 3, 10am; Sunday, August 4, 10am; free. Bazaar del Mundo, 4133 Taylor Street. (OLD TOWN)

Meet the Makers USA Discover unique, practical, made-in-the-USA products like resin art, candles, wood-fired household items, greeting cards, jewelry, crocheted items, organic cotton Children's clothing, pet products, health and beauty and more. Raffles. Giveaways. Saturdays, 10am; through Monday, December 30, free. Flower Pot Cafe & Bakery, 7530 Fay Avenue. (LA JOLLA)

Scintillation: Opening Reception The water-based media exhibition runs July 28 to August 31 with over 95 ready-to-hang original paintings plus refreshments and the fellowship of other art enthusiasts. Friday, August 2, 5pm; free. San Diego Watercolor Society, 2825 Dewey Road #202. (LIBERTY STATION)

The Gaslamp Artisan Market More than 30 local artisans will offer carefully-curated homemade and unique local products. Situated in the heart of the historic Gaslamp Quarter, with jewelry, hand crafted items, and home goods to be on display. Saturdays, 11am; Sundays, 11am; Fifth Ave from Island Ave to J St. and Island Ave from Fourth Ave to Fifth Ave (DOWNTOWN SANDIECO).

The Tijuana & Tecate Railroad: SDMRM Summer Exhibit Explore the history and construction of the Tijuana and Tecate Railroad, the section of the San Diego and Arizona Eastern Railroad located across the Mexican Border. Thursdays, 10am; Fridays, 10am; Saturdays, 10am; Sundays, 10am; Tuesdays, 10am; Wednesdays, 10am; through Sunday, November 17, free-\$20. San Diego Model Railroad Museum, 1649 El Prado. (BALBOA PARK)

AUTOMOTIVE

Bonita Cars & Coffee The BCC is a gathering of classic cars, hot rods, custom rides, and just about anything that rolls on the streets. Saturdays, 7am; through Saturday, December 28, Bonita Donuts, 4414 Bonita Road. (BONITA)

Carlsbad Cars & Coffee - Saturdays, 7am; through Saturday, December 28, Behind Pelly's Fish Market in the Ralph's parking lot (CARLSBAD)

Escondido Cars & Coffee All cars welcome Sundays, 8am; through Sunday, August 24, free.

Rhyme & Verse

The Collation of My Days

A poem for August by Joseph O'Brien

The something of nothing— Inscape of outer space, The turtle on its back Craning its lizard neck For the sympathy that Never will come to life, Never will come at all.

II Island of mystery—
Dead Galapagos souls—
The casinos will pay off
The guests returning from
August holidays, those holes
Like a sloppy paint job

That build a lifetime sum.

III
The grey ramshackle shacks
(Like all cats are at night)
Sprawl across a village
Possessing no corners
Only intersection
That add their assumptions
To divided kingdoms.

IV
Somehow the love poem
Must penetrate this heat—
The one I write to you
Will never apprehend
Your naked innocence
Or the bittersweetness
Of its soft desolation.

The sea commands the waves Which the village receives With eternal cadence And curl feminine as Lips of local women Who long to sing the sun But only swallow moons.

V

Your strong and clever hands Open and close in your sleep With nautical rhythms As palms wave on a breeze And evening's sunset clouds Curtain the sea's soft edge With tropic sherbet tropes.

VII
The last day I rested.
After ascending dunes
Through sandy pines, I reached
A chapel built for shade—
Its steeple, proud and wide
With humble significance,
Skins my suns to darkness.



Joseph O'Brien is the poetry editor for the *San Diego Reader*.

Find more poetry online at SDreader.com/poetry

Kit Carson Park, 3333 Bear Valley Parkway. (ESCONDIDO)

Point Loma Cars & Coffee Where enthusiasts of vehicles of all makes and models gather and share our passion of cars on beautiful Shelter Island, next to the waterfront near the Bali Hai restaurant. Trucks and motorcycles included! Saturdays, 7:30am; through Saturday, December 28, Shelter Island paring lot, right next to the Bali Hai (POINT LOMA)

Rancho Santa Fe Cars & Coffee The Rancho Santa Fe Cars and Coffee automobile enthusiast event celebrates automotive excellence each Saturday morning in beautiful Rancho Santa Fe. We welcome the finest sports and luxury cars – hypercars, supercars, exotic cars, rare vintage cars, and other extraordinary cars. Saturdays, 8am; through Saturday, December 28, 6009 Paseo Delicias (RANCHO SANTA FE)

BEER

International Beer Day All draft beer including a Harland "Japanese Lager" San Diego, Sapporo Hokkaido, Elysian "Space Dust West Coast DIPA," and more will be priced at \$5. Friday, August 2, 11am; free-\$5. 21 and up. Temaki Bar, 575 S. Coast Hwy 101. (ENCINITAS)

BOOK SIGNINGS

Amanda Bellows: The Explorers: A New Hist Warwick's presents Amanda Bellows as she discusses and signs her new book, The Explorers: A New Hist. To ensure seating, reserve one book per person @ warwicks.com/event/bellows-2024. Tuesday, August 6, 7:30pm; Warwick's Bookstore, 7812 Girard Avenue. (LA JOLLA)

Jack Givens & Doug Brunk: They Call Me Goose Warwick's presents Jack Givens and Doug Brunk as they discuss and sign their new book, They Call Me Goose: My Life in Kentucky Basketball and Beyond. Wednesday, August 7, 7:30pm; Warwick's Bookstore, 7812 Girard Avenue. (LA JOLLA)

Warwick's Author Livestream: Michelle Moran Warwick's presents Michelle Moran as she discusses her new book, Maria: A Novel of Maria Von Trapp, in conversation with Rachel McMillan. Thursday, August 1, 10am; warwicks.com/event/moran-2024. (ONLINE)

Weekends with Locals: Russell N. Low Weekends with Locals will be hosting Russell N. Low, author of A Willow Tree Becomes a Forest: The Story of Hop Le. Sunday, August 4, 1pm; Warwick's Bookstore, 7812 Girard Avenue. (LA JOLLA)

CLASSES & WORKSHOPS

8-Week Mindful Self-Compassion Self-compassion is a healthier way to handle life's challenges. Friday, August 2, 11am; \$365-\$575. UC San Diego Population Health, 6333 Greenwich Drive. (LA JOLLA)

80s Theme Adult Ballet Wear your favorite '80s attire and learn the art of ballet to some rad jams, beginning to intermediate levels welcome. Wednesdays, 10am; through Wednesday, December 18, \$11-\$15. 18 and up. Dancehouse Point Loma, 2180 Chatsworth Boulevard. (POINT LOMA)

Adult Beginning-to-Intermediate Painting Learn Color Theory, brushwork techniques, and direct and indirect painting methods in a 6-session day or evening class. Wednesday, August 7, 6pm; \$275. 18 and up. And Something Different Studio Gallery, 2690 Historic Decatur Rd. #202. (IJBERTY STATION)

Alzheimer's San Diego: Safety at Home Reduce the risk of wandering, falls, household injuries, medication errors, and more by learning important safety tips to keep people living with memory loss safe and well at home. Online pre-registration is recommended @ alzsd.org/services/education/. Friday, August 2, 10am; free. 18 and up. Oceanside Library, 330 N. Coast Hwy. (OCEANSIDE)

Animals in the Attic and The Guest Room The bill includes Braxton Hicks. Sunday, August 4, 7:30pm; \$12. 21 and up. Soda Bar, 3615 El Cajon Boulevard.

Beachfront Sound Bath Join the Zen Soul Balance team for a beachfront Sound Bath and rejuvenating experience. Sundays, 11am; through Sunday, October 27, \$45. Del Mar Beach Hotel, 1702 Coast Boulevard. (DEL MAR)

Beginner's Latte Art Class Baristas will guide you through the essentials of steaming milk to perfection, pouring the ideal espresso shot, and creating latte art designs. Friday, August 2, 6pm; \$39. OX Coffee, 8590 Rio San Diego Dr., Suite B. (MISSION VALLEY)

Beginning Country Line Dance for Adults Instructor Krizia is a Chula Vista native trained in ballet, tap, jazz, Irish, hip-hop, and country line dancing. Tuesdays, 7pm; through Wednesday, December 18, \$11-\$20. 18 and up. Dancehouse Point Loma, 2180 Chatsworth Boulevard. (POINT LOMA)

Chocolate Making Class Children ages 5 and up can tap into their inner Willy Wonka, and create a customized chocolate bar that they can take home and learn how chocolate is created. All materials and equipment are provided, and whatever the kids make during the class is theirs to take home and enjoy. Wednesdays, 12pm; through Wednesday, August 14,

\$35. Seabreeze Craft Chocolates. 3840 Valley Centre Dr. Suite 604.

Cursive Handwriting for Teens: 4 Week Class This 4-week course is perfect for 12-18 year old who want to learn or improve their cursive writing. Monday, August 5, 3pm; \$120. Strenger Studio, 2707 Congress St., Suite 1D. (OLD TOWN)

Flourishing Calligraphy: 4 Week Class Over the course of four weeks, you will learn various techniques that will help you add beautiful, flowing, and decorative flourishes to your writing. Thursday, August 1, 4:30pm; \$180. Strenger Studio, 2707 Congress St., Suite 1D. (OLD TOWN)

Foundation Drawing Workshop With Instructor Duke Windsor Saturday, August 3, 12pm; \$30-\$240. 18 and up. Heritage of the Americas Museum, 12110 Cuyamaca College Drive West. (RANCHO SAN DIEGO)

Friday Writers II For intermediate to advanced writers. Friday, August 2, 10:30am; \$90-\$110. 18 and up. Athenaeum Music and Arts Library, 1008 Wall Street. (LA JOLLA)

Gentle Yoga Teacher Nicole Pisciotto. Mondays, 10:30am; through Tuesday, August 27, \$20-\$25. Julian Town Hall, 2129 Main

Improv Comedy Drop-In Classes Every class starts with a warmup and refresher on the basics of improv before moving on to scene work and short sets based on a short or long form concept. Tuesdays and Thursdays, 6:30pm; through Thursday, August 15, \$25-\$120, 18 and up. Pacific Beach Recreation Center, 1405 Diamond Street. (PACIFIC BEACH)

Intro to Copperplate Calligraphy: 6 Week Class Copperplate is the most commonly recognized traditional calligraphy script, making it a must-have for every calligrapher. Tuesday, August 6, 4:30pm; \$360. Strenger Studio, 2707 Congress St., Suite 1D. (OLD TOWN)

Learn to Fly Radio Controlled Aircraft Free The Palomar Radio Control Flyers are hosting free flight lessons. Airplanes provided, register online. Mondays, 5pm; through Wednesday, August 28, free. Johnson Field, Pankey Road. (FALLBROOK)

Library NExT: Viruses - Zombies of Biology What do vampires, zombies, and viruses all have in common? Learn about some of the world's most interesting (and dangerous) diseases, how they are transmitted, and why some of them are so harmful to the human body. Saturday, August 3, 2pm; free. Clairemont Library, 2920 Burgener Boulevard, (CLAIREMONT)

Middle-Eastern Drumming Classes Learn the doumbek or darbuka drum in a group class setting. Beginners welcome, learn basic techniques, rhythms, combos and solos. Mondays, 6pm; through Thursday, December 19, \$15. 18 and up. WorldBeat Cultural Center, 2100 Park Boulevard. (BALBOA PARK) Preparing For a Good End Hospice, Palliative, and End-of-Life Care: Alzheimer's San Diego presents an introduction to hospice and palliative care services. Wednesday, August 7, 10am; free. Malcolm X Library, 5148 Market Street (VALENCIA PARK)

Sound Healing Training No instruments or experience necessary. Beginner friendly and open to all levels. Thursday, August 1, 6pm; \$2600-\$3200. 18 and up. Buddhi Yoga, 7843 Girard Avenue.

The Short Course in Mindful Self Compassion The Short Course in Mindful Self-Compassion is a 6-week adaptation of the 8-week Mindful Self-Compassion program, created by Kristin Neff, PhD, and Christopher Germer, PhD. Wednesdays, 12pm; through Wednesday, August 14, \$162-\$325. Online Internet Events, All over the world from. (ONLINE)

Wooden Flower Box Craft Workshop In this workshop we will create a wooden box with wooden flowers. Wednesday. August 7, 6:30pm; \$45. Mike Hess Brewing Ocean Beach, 4893 Voltaire Street. (OCEAN BEACH)

COMEDY

Brunch Me Baby One More Time Set some time aside this weekend for Mic Drop's ever popular Boozy Brunch! This hilarious variety show of stand up comedy, trivia and a musical head to head lip sync battle, inspired by Lucky herself Britney, Sunday, August 4, 1pm; \$20-\$200. Mic Drop Comedy. 8878 Clairemont Mesa Boulevard.

Comedy Night: Bryan Callen Bryan Callen initiated his career as one of the original cast members on the sketch comedy series MADtv. Thursday, August 1, 8pm; \$20-\$25. 21 and up. Backyard Kitchen & Tap, 832 Garnet Avenue. (PACIFIC BEACH)

Comedy Night: Zhivago Blea Seen on Comedy Central and Gabrial Iglesias' Stand Up Revolution. Tuesday, August 6, 7:30pm; free-\$10. 21 and up. Border X Brewing, 2181 Logan Avenue. (LOGAN HEIGHTS)

Comedy Under the Stars Headliner Jason Lawhead. Saturday, August 3, 7:30pm; free-\$10. 21 and up. Bolt Brewing, 8179 Center Street. (LA MESA)

Daniel Weingarten Inspired by his experiences as the son of Mexican, Argentinian, and Jewish immigrants, his comedy touches on culture, family, relationships, and everything in between. Thursday, August 1, 7pm; \$25. Mic Drop Comedy, 8878 Clairemont Mesa Boulevard. (KEARNY MESA)

Gaslamp Comedy Open Mic & Happy Hour No cover. No drink minimum. \$5 Happy hour. Sign-up between 7:30-7:50 for stage time. Tuesday, August 6, 7:30pm; free. American Comedy Company, 818 Sixth Avenue, (DOWNTOWN SAN DIEGO) **Jeff Dye** Jeff is a nationally touring comedian, actor, host, prankster and Bigfoot enthusiast. He starred in NBC's comedy adventure series "Better Late Than Never." This project followed the travel of Henry Winkler, William Shatner, Terry Bradshaw and George Foreman as Jeff presents them the adventure of a lifetime. Friday, August 2, 7pm and 9:30pm; Saturday, August 3, 7pm and 9:30pm; Sunday, August 4, 7pm; \$28. 21 and up. Comedy Store, 916 Pearl Street. (LA JOLLA)

Late Night at Mic Drop Watch national touring comedians try out new bits for Netflix, and watch day one dreamers face their fears for the first time. Thursday, August 1, 9:30pm; \$5. 21 and up. Mic Drop Comedy, 8878 Clairemont Mesa Boulevard. (KEARNY MESA)

Laugh A Latte Free comedy show with hosts Rand, Simon and Carol, This month's comedians: Dr. Mo. SaraLee and Ashley with headliner Nic. Saturday, August 3, 3pm; free. Brew Coffee Spot, 6101 Lake Murray Boulevard. (LA MESA)

Martin Amini Martin's stand up material touches on what's it's like growing up mixed in America coming from a Bolivian and Iranian background. Friday, August 2, 7:30pm and 9:30pm; Saturday, August 3, 7:30pm and 9:30pm; Sunday, August 4, 8pm; \$25-\$45. Mic Drop Comedy, 8878 Clairemont Mesa Boulevard. (KEARNY MESA)

Phil Hanley AS SEEN ON: Comedy Central "The Half Hour", The Tonight Show Starring Jimmy Fallon, Late Night with Seth Meyers, The Late Late Show With Craig Ferguson, The Pete Holmes Show, John Oliver's New York Stand-Up Show, Thursday, August 1, 8pm 8pm; Friday August 2, 7:30pm and 9:30pm; Saturday, August 3, 7:30pm and 9:30pm; \$20. 21 and up. American Comedy Company, 818 Sixth Avenue. (DOWNTOWN

Roast Battle Two comics go head-to-head for three rounds in a boxing-style no holds barred battle of insults. Featuring resident judges Mike Vinn, Brian Moses and their special guests! Wednesday, August 7, 8pm; 21 and up. Comedy Store, 916 Pearl Street. (LA JOLLA)

Stand Up for Kids Does your child have a knack for making people laugh? Enroll them in our sixweek stand-up comedy workshop designed for kids ages 8 to 15 years old at Mic Drop Comedy! This fun and engaging program will help them develop a 5-minute set to perform in front of family and friends at the end of the course. Sunday, August 4, 3pm; \$275. Mic Drop Comedy, 8878 Clairemont Mesa Boulevard, (KEARNY MESA)

The Best of San Diego The Best of San Diego is San Diego's longest running local showcase that has helped launch the careers of some of the top comedians in the industry today. You will see comedians from all levels from opener to headliner, going back to back to back, making you laugh from start to finish. Thursday, August 1, 8pm; 21 and up. Comedy Store, 916 Pearl Street, (LA JOLLA)

Trey Kennedy While attending college at Oklahoma State University, he found fame on the mobile app Vine, amassing more than 2.5 million followers as a top content creator on the app for over three vears, Saturday, August 3, 8pm; 18 and up. Harrah's Resort Southern California, 777 Harrah's Rincon Way. (VALLEY CENTER)

Tuesday Night Potluck Tuesday Night Potluck is the show where anyone can go up and try their hand at stand up comedy. Tuesday, August 6, 7pm; 21 and up. Comedy Store, 916 Pearl Street. (LA JOLLA)

DANCE

Belly Dance Dinner Show Enjoy Persian cuisine and a belly dance show. Saturdays, 7:30pm; through Saturday, December 28, free. Shiraz Restaurant, 12125 Alta Carmel Court. (RANCHO BERNARDO)

Chasing Fear Fantasy and reality blur in this new musical about finding hope and strength in the unlikeliest of places. Inspired by Turkish folklore, enter a world of ogres, ghosts and mermaids in this topical and timeless exploration of outsiders and otherness. The show features a 10-piece orchestra, a cast of local performers, and an original score by "rising star" (Playbill) Truth Future Bachman. Friday, August 2, 8pm; Saturday, August 3, 8pm; Epstein Family Amphitheater, 9500 Gilman Drive. (LA JOLLA)

Magic Men Australia - Sunday, August 4, 2pm; 18 and up. Magnolia Performing Arts Center, 210 East Main Street. (EL CAJON)

DISCUSSION GROUPS

Warwick's Livestream: Teatime Recommendations Join Warwick's booksellers and publishing reps for their latest book recommendations on Facebook Live. Monday, August 5, 4pm; free. warwicks.com/event/teatime-240805, (ONLINE)

Young Grievers Support Group Young adults, ages 18 to 30, who are grieving the death of a loved one, are invited to attend. Led by The Elizabeth Hospice's grief counseling team, participants will gain a greater understanding of their grief experience, learn coping skills and meet others who share similar life experiences. Held free via Zoom. RSVP to griefinfo@ehospice.org or 833-349-2054. Tuesdays, 4pm; through Tuesday, August 20, free. 18 and up. (ONLINE)

FARMERS' MARKETS

Little Italy Wednesday Mercato The market occupies three blocks on West. Date Street between Kettner Boulevard and State Street including the Piazza della Famiglia, Wednesdays, 9:30am; free. Piazza della Famiglia. 523 West Date Street. (LITTLE ITALY)

FILM

Stepping Up Together: San Diego Film Event The Power Of Sports For Amputees follows the struggles and successes of three people with leg limb loss that are wanting to participate and/or compete in sports. The event includes appetizers, desserts and beverages, networking and an online silent auction and panel discussion after the film. Tuesday, August 6, 6pm; \$60. 18 and up. Encore Event Center, 8253 Ronson Road. (KEARNY MESA)

FOOD & DRINK

Boat Shoes & Boots Anniversary Party Free 5-year anniversary party with a yacht rock theme, and live music from Band Over Board, and Cash'd Out, endorsed by Johnny Cash's very own estate. Friday, August 2, 5:15pm; Sunday, August 4, 10am; free. My Yard Live, 288 Rancheros Drive.

Feeding San Diego Food Pantry Feeding San Diego is hosting free food distributions at your local library. Receive dry goods and fresh produce at this walk up distribution. *Please bring your own bags and/or a wagon or cart to transport the items. Food is distributed on a first come, first served basis.

Wednesday, August 7, 3:30pm; free. Poway Library, 13137 Poway Road. (POWAY)

Grand Opening This location had been temporarily closed due to a 2021 fire. The all-new restaurant will begin serving guests at 10:30 am, with a special Grand Opening party taking place from 4:30-7:30 pm. Tuesday, August 6, 4:30pm; Rubio's, 4201 Oceanside Boulevard. (OCEANSIDE)

San Diego International Food

Tour Savor the cuisines of the region and discover Chinese, Mexican, and Filipino food with 6 food tastings from 5 of neighborhood eateries in National City. Beer will also be available for purchase at the first stop. Trip length of 2.5-3 hours with a walking distance of under 1 mile. Thursdays, 5pm; Sundays, 1pm; through Thursday, August 29, \$69. (NATIONAL CITY)

San Diego Vegan Night Market Over 30 vendors including Pizza, Burgers, Sushi, Donuts, Chick'n Sandwiches, Dumplings, Loaded Fries, Gyros, Tamales, Wings, Noodles, Cookies, Empanadas and more. Friday, August 2, 5pm; free. AleSmith Brewing Company, 9990 Alesmith Court. (MIRAMAR)

Taste of the Turf Club Every Sunday, indulge in a culinary experience at the Turf Club at Del Mar, ordinarily a members-only spectator area. Tickets include a threecourse brunch menu, a reserved Turf Club table for the race day, and bottomless mimosas or Bloody Marys, Turf Club membership is not required, but please review the website for dress code details. Sundays, 2pm; through Sunday, September 8, Turf Supper Club, 1116 25th Street. (GOLDEN HILL)

Turf Club Fridays Kick off your weekend with a dining experience at Turf Club at Del Mar, ordinarily a members-only spectator area. Every Friday, the Turf Club offers the ultimate happy hour with specially crafted drinks and delicious food. Tickets include one Turf Club admission and seat, two drink tickets (premium cocktails, wine or beer), two appetizers, and chips and guacamole for the table. Turf Club membership is not required, but please review the website for dress code details. Fridays, 4pm; through Friday, September 6, Del Mar Thoroughbred Club, 2260 Jimmy Durante Boulevard. (DEL MAR)



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FOR KIDS

Endless Summer Neon Nights

After dark, the nights start to glow with neon lights and house music at Splash Pool. Exclusive after-hour access to Splash Pool Light up lawn games Food and beverage options available Floatie movie zone Glow kits Pool party music. Saturdays, 8pm; through Saturday, August 10, free-\$10. Omni La Costa Resort and Spa, 2100 Costa del Mar Road. (CARLSBAD)

Musical Theater Summer Camps These camps are for young performers ages 7-14 and are one week OR two weeks long. At the end of the week, students will perform a fully staged show, complete with costumes, props, and stage lighting on *The Lion King, Alice in Wonderland, Aladdin,* or *Matilda.* Mondays, 8:30am; through Friday, August 9, \$250-\$450. Theatre for Young Professionals, 7960 University Avenue Suite 240. (LA MESA)

Summer Learning: Marc Griffiths A hilarious ventriloquist show, full of big puppets, and exciting magic! Thursday, August 1, 10:30am; free. Poway Library, 13137 Poway Road. (POWAY)

Trail Tykes Created for children 2 to 5 years of age, the Trail Tykes free program includes a read-aloud story, and a craft/activity or a short walk with MTRP Foundation staff and volunteers. Please register @ mtrp.org/trailtykes/ to reserve your space. Wednesdays, 3:30pm; through Wednesday, August 28, **free**. Mission Trails Regional Park, One Father Junípero Serra Trail. (SAN CARLOS)

FUNDRAISERS

Relay for Life San Diego The American Cancer Society will feature new activities and attractions to unite our community in the fight against cancer. Saturday, August 3, 10:30am; free. Liberty Station NTC Park, 2455 Cushing Road.

LECTURES

Drugs & the Spiritual Experience Dimitri shares metaphysical insights from the Divine on the controversial topic of the use of psychoactive substances as part of one's spiritual journey. Sunday, August 4, 11am; \$20. 18 and up. Spiritual Arts Institute, 527 Encinitas Boulevard. (ENCINITAS)

Winning the Cold Peace: A New Path for U.S.-China Relations Fareed Zakaria, host of the renowned CNN program "Fareed Zakaria GPS," will deliver the 2024 Susan Shirk Lecture on U.S.-China Relations as part of the UC San Diego China Forum. Wednesday, August 7, 5pm; free. Jeannie at UC San Diego, 9615 Scholars Drive North. (LA JOLLA)

OUTDOORS

Elderberry fruit is ripening, Orioles arrive, Lammas Day

Elderberry, two species of which range over most of San Diego County, is in full bloom this month. The flat-topped, creamy white blossoms of this large shrub (or small tree) can be seen in natural coastal canyon areas such as Tecolote Canyon and Los Peñasquitos Canyon Preserve, as well as in the more moist areas of the foothills and mountains. The elderberry's tiny fruits, which ripen in late summer, have traditionally been used for various drinks and preserves.

Orioles, The Bright Yellow- Or Yellow-Orange-And-Black Birds seen flitting among the palm trees, are summer residents of San Diego County's coastal areas. A century ago, they preferred to nest in sycamore trees, which were then more common in our



SIMILAR TO SOME HUMANS, ORIOLES LIKE TO SPEND THEIR SUMMERS ON THE COAST.



BLUE ELDERBERRY (SAMBUCUS CERULEA) IS NATIVE TO THE WESTERN UNITED STATES, FROM MONTANA TO NORTHERN MEXICO.

area's river bottoms. Today, these birds are most likely to take up residence in planted palm trees, where they obtain fiber to build their nests from the easily shredded fronds.

August 1 is Lammas Day or Lughnasadh (February 1, if you're in the Southern Hemisphere), one of the four traditional "cross-quarter" days midway between the solstices and the equinoxes. Well... sort of. Over the hundreds of years since this tradition began in Europe and the British Isles, the calendar drifted with respect to Earth's position in its orbit (until our Gregorian calendar was instituted a few centuries ago to halt such problems). So in 2024, the true midpoint between the June solstice and the September equinox actually falls on August 6th, at 9:47 am. That minute is the exact mid-way point of astronomical summer: the very top of the circle of the year as defined by the astronomical seasons (for the Northern Hemisphere; the very bottom of the year for the Southern Hemisphere). Traditionally Lammas, or Lughnasadh is a day to celebrate the beginnings of the harvest, when the grain and corn is gathered. In other cultures, it is the day to honor Lugh, the Celtic craftsman god.

NATURE

Free Guided Nature Walk Join a MTRP Trail Guide on a guided nature walk and learn about the plants, animals, geology, history, and ecology of the park. These interpretive nature walks are offered to adults and children to enhance appreciation of the unique beauty of San Diego's natural environment. Wear sturdy, closed-toe shoes and bring along water. A hat and sunscreen are also recommended, but the morning walk is not so hot. Saturdays, 9:30am; Sundays, 9:30am; Wednesdays, 9:30am; through Sunday, August 25, free. Mission Trails Regional Park, One Father Junípero Serra Trail. (SAN CARLOS)

Free Wildlife Tracking Walk Join experienced MTRP Tracking Team members for an adventure in wildlife tracking on the Oak Grove Loop Trail. Walks are free and open to the public, with no reservations required. Wear sturdy, closed-toe shoes and bring along water. A hat and sunscreen are also recommended, although mornings are nice. Saturday, August 3, 8:30am; free. Mission Trails Regional Park, One Father Junípero Serra Trail. (SAN CARLOS)

Hawk Talk with Huxley the Harris Hawk Stop by the Visitor Center Lobby to meet local falconer, Bob Gordon, and his feathered friend, "Huxley" the Harris' hawk. Get up close and personal with this charismatic, majestic bird of prey. Sunday, August 4, 9am; free. Mission Trails Regional Park, One Father Junípero Serra Trail. (SAN CARLOS)

San Diego Carnivorous Plant Society Show & Sale Enjoy two days with local growers with a wide variety of carnivorous plants offered by members from growers throughout California and the Pacific Northwest. Saturday, August 3, 10am; Sunday, August 4, 10am; free. Casa del Prado, 1650 El Prado. (BALBOA PARK)

SPECIAL EVENTS

Bathhouse Bazaar Vintage & Used Wares, Local Art, Live Music, Native Herbal Goods, EMF Educations, and Handcrafted Items. Saturday, August 3, 10am; free. Jacumba Hot Springs Hotel, 44500 Old Highway 80. (JACUMBA)

Summer Fest Several musicians performing all weekend, Julian Chamber of Commerce new busi-

ness ribbon cuttings, craft vendors, water slide, bounce house, carnival games, food and drinks. Friday, August 2, 11am; Saturday, August 3, 11am; Sunday, August 4, 11am; free. Julian Station, 4470 Julian Road. (JULIAN)

Sunset Luaus on the Bay Experience a celebration of Polynesian cuisine, music, and dance for family and friends. This event includes a lei greeting, Mai Tai, all-you-caneat buffet, and entertainment. Tuesdays, 5:30pm; through Friday, August 30, \$55-\$165. Catamaran Resort, 3999 Mission Boulevard. (MISSION BEACH)

Teen Service Learning Super Smash Bros. Tournament. Play Super Smash Bros. for a chance to win a prize. Thursday, August 1, 4pm; **free**. Poway Library, 13137 Poway Road. (POWAY)

Tiki Oasis Tiki Oasis is a fivenight, four-day live music event, including pool lounging, fashion shows, swanky suites, sunset dinners, disc jockeys, art exhibits, educational seminars, a bustling Tiki Marketplace, wedding options, tropical cocktails curated by mixologists, and more. Thursday, August 1, 12pm; Friday, August 2, 12pm; Saturday, August 3, 12pm; Sunday, August 4, 2pm; Town and Country Hotel and Convention Center, 500 Hotel Circle North. (MISSION VALLEY)

SPOKEN WORD

First Sunday Open Mic Poetry Carlsbad surfer Clifton King and William Scott Galasso of Laguna Woods will read selections from their new poetry collections. An open mic for everyone on the signup board follows in the second hour of the day. Sunday, August 4, 1pm; free. Escondido Arts Partnership Escondido Municipal Gallery, 262 East Grand Avenue. (ESCONDIDO)

SPORTS & FITNESS

8th Annual CaddyHack Golf Festival Charity golf tournament designed to create the golf experience while simultaneously raising money for Boys to Men Mentoring. Golfers will participate in a signature retro-style tournament, where teams will encounter unique experiences at each hole. Includes over 20 local musical talents and food and beverages from local businesses dispersed throughout the course. Monday, August 5, 11:30am; \$650-\$750, 21 and up. Fairbanks Ranch Country Club, 15150 San Dieguito Road. (RANCHO SANTA FE)

Gaslamp Run 2024 Includes post-run celebration with food, and vendors, and grab your free beer (must be 21+). Sunday, August 4, 8am; Gaslamp Quarter, Fifth Ave., between Broadway and Harbor Drive. (DOWNTOWN SAN DIEGO)

Major League Rugby Championship DJ Marshmello will perform. Sunday, August 4, 7pm; Snapdragon Stadium, 2101 Stadium Way. (MISSION VALLEY)

Reggie Bush: Return of the Heisman San Diego sports legend, two-time BCS National Championship winner, Super Bowl champion and Heisman Trophy winner Reggie Bush will toast the return of his Heisman Trophy joined by VIP guests. Friday, August 2, 10:30pm; free-\$20. 21 and up. Oxford Social Club, 435 Fifth Ave. (DOWNTOWN SAN DIEGO)

USTA Billie Jean King Girls' 16s & 18s Nat'l Championships Nearly 400 of the top junior tennis players in the country, aged 16 and 18 and under, will compete for the title of National Champion. Saturday, August 3, 8am; free. Barnes Tennis Center, 4490 W. Point Loma Boulevard, (POINT LOMA)

Wellness at the Lake Vino & Vinyasa with Yoga Six Sunday, August 4, 11am; \$25-\$45. Lakehouse Hotel & Resort, 1025 La Bonita Drive. (SAN MARCOS)

THEATER LISTINGS

Theater listings and commentary are by Matthew Lickona unless otherwise noted. Information is accurate according to material given us, but it is always wise to phone the theater for any last-minute changes and to inquire about ticket availability. Many theaters offer discounts to students, senior citizens, and the military. Ask at the box office.

Derecho

Some storms you can't hide from. A series of intense storms - a "derecho" - is bearing down on an affluent Virginia neighborhood near D.C., where Eugenia Silva is preparing for a crucial meeting. Eugenia is a politician hoping to join the wave of women of color elected to public office. Her sister Mercedes is a struggling musician fighting to find her way on her own terms. As winds rise and thunder cracks — and tensions between the sisters reach boiling point — Eugenia's political ambitions crash into Mercedes's need to reconnect her sister with their roots. Propulsive and whip-smart, Derecho confronts how traditional Latino values conflict with an ever-changing American definition of success. Will the storm wipe out their relationship and derail Eugenia's campaign, or will the rains provide a fresh start? This engrossing drama from Uruguayan-American writer Noelle Viñas harnesses the danger of colliding the personal and political to reach your goals. Director Delicia Turner Sonnenberg. LA JOLLA PLAYHOUSE, 2910 LA JOLLA VILLAGE DR., UCSD. 858-550-1010. 7:30PM THURSDAYS & FRIDAYS, 2PM & 8PM SATURDAYS, 1PM & 7PM SUNDAYS, 7:30PM TUESDAYS & WEDNESDAYS.

Don't Dress for Dinner

Good gravy, what a funny and frenetic first act for this, the most requested return engagement ever at North Coast Rep. (They first produced it 17 years ago.) Marc Camoletti's madcap adventure in marital mores and mistaken identity sends us to a converted farm outside Paris — the guest bedrooms are referred to by their former roles of cowshed and piggery. It's a cute nod at the play's plenitude of BS and swinery - adulterous intent and the incessant lying required to cover for same are the engine and wings for this farcical flight of fancy.

As we open, wife Jacqueline is set to visit her mother for the weekend, and it seems that hubby Bernard has planned a rendezvous with his paramour Suzanne. But then his old buddy Robert shows up from out of town, and wouldn't you know it, he's having an affair with Jacqueline, so she contrives to stick around. Add cook-for-hire Suzette into the mix — why, you could shorten both that and Suzanne to Suzi, couldn't you? - and you have a recipe for constantly-and-deliciously-averted disaster. And since most everybody is either trying to misbehave or making money covering for said misbehavior, there's no need to feel bad for anyone. You can just sit back and let the hilarity wash over you. Or, even better, try to keep up with the sheer number of twists and turns brought on by various situations and (mis) communications.

The Rep has brought in an expert cast — rapid-fire comedy like this lives or dies by timing and reaction, and here, it flourishes in full flower. If the men are slightly more manic in their mendacity, well, they're men on a mission. And if the ladies are slightly more bald in their slipups, well, they're less practiced



Don't Dress for Dinner: When mistaken identity is very much the point.

at plotting. (Veronica Dunne's Suzette has the least to feel guilty about, and so she has the most fun.) It's all great fun — until the second act, when the constant need for confusion begins to take its toll, and the question arises of how exactly all this ought to end. It's not bad by any means, just a little less good. And the ending feels designed to soothe an audience that has just been buffeted by the winds of societal change, concluding that bad behavior isn't so much bad as it is exhausting.

NORTH COAST REPERTORY
THEATRE, 987-D LOMAS SANTA
FE DR., SOLANA BEACH. 858-4811055. 7PM THURSDAYS, 8PM
FRIDAYS & SATURDAYS, 2PM & 7PM
SUNDAYS. 7PM WEDNESDAYS.

Gloria

This funny, trenchant, and powerful play follows an ambitious group of editorial assistants at a notorious Manhattan magazine, each of whom hopes for a starry

life of letters and a book deal before they turn thirty. But when an ordinary humdrum workday becomes anything but, the stakes for who will get to tell their own story become higher than ever. ONSTAGE PLAYHOUSE, 291 THIRD AVE., CHULA VISTA. 619-422-7787. 8PM THURSDAY, FRIDAY, & SATURDAY, 5PM SUNDAY.

Guac: The One-Man Show

When you lose a son, what do you do? Manuel Oliver's (writer/performer) 17-year-old son,

Joaquin, was killed in 2018 by a mass shooter at Marjory Stoneman Douglas High School in Parkland, Florida, After the loss of his son, Manuel and his wife Patricia co-founded the nonprofit advocacy group Change the Ref, which seeks to empower young leaders to end American gun violence. He is an artist, creative director, recognizable mentor for the advertising industry, global activist, and international speaker. This 80-minute theatrical experience tells the story of a father, Manuel Oliver, turned activist; his undying love for his son, Joaquin Oliver; and how a uniquely American nightmare instead confronted an immigrant family's search for the American Dream. GUAC is written and performed by Manuel Oliver, co-written by James Clements. and directed by Michael Cotey. Tickets are \$20. All students of all ages are free. But you must have a ticket to be admitted. MANDEVILLE AUDITORIUM AT UCSD, 9500 GILMAN DR., UCSD. 858-534-8497, 7PM FRIDAY

Henry 6 One and Two: Flowers of France and Riot and Reckoning

As the Old Globe joins the pantheon of American theater companies that have staged all of Shakespeare's plays, director and Artistic Director Barry Edelstein has gone big and broad for a play that draws its tragic force from the fact that it is not a tragedy,

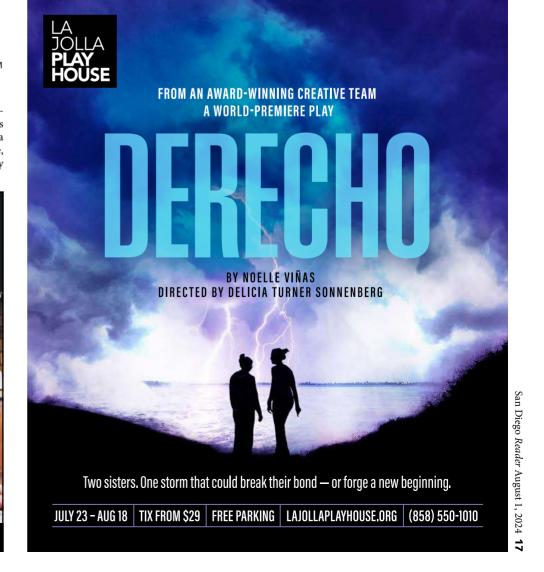
but a history.

Very big: the three parts of Henry 6 are here presented in two parts — named Flowers of France and Riot and Reckoning, though there is plenty of reckoning in part one and there are plenty of flowers in part two — totaling nearly six hours of love and war, triumph and treachery, and the endless struggle for power. The moment Henry V dies, leaving his infant son as king, France revolts against English rule and various factions begin eyeing Henry's crown.

The cast is not so large that it can afford to cast a new actor for each role — Cassia Thompson spends the first part as France's Joan of Arc and the second as Henry's son Prince Edward, while Tally Sessions goes from the sublime (the heroic Lord Talbot) to the ridiculous (the villainous Jack Cade, dressed as the January 6 shaman, and slain by a doddering champion of the Good Old Days), etc. etc. — but it's still big enough for battles full of bodies and an enlarged sense of sweep and scope. (The cast list notes that "other people of England and France are played by community volunteers who participated in our arts engagement programs.")

And very broad: Richard Plantagenet lays out his claim to the crown via a highly anachronistic slideshow that makes the goofiest plays-on-names





imaginable. Hey, John of Gaunt is scary skinny! (Flowers is otherwise set in olden days, while Riot features modern riot gear but keeps the swordplay.) The wailing ghosts of late-period Jessica Lange and middle-period Meryl Streep haunt a couple of the characterizations, and there is enough skitty slapstick amid the drama and death that you may feel you are watching even more plays than you actually are.

The biggest trouble is Henry himself, who seems a great callow hollow at the center of Flowers, and shows himself clear only in his last two Riot and Reckoning soliloquies. Without a compelling character to embody the loves and hates of the state, it can be hard to care about all the goings on, no matter how oomphy the electric guitar or how dazzling the digital displays. But again, the tragedy here is that there is no tragic hero. The good are ground under right alongside the wretched, and that — high and low, silly and solemn — is just the way it was, and is. The whole thing does, to borrow from Hopkins, gather to a greatness, or at least a grandness, and gains momentum as it rolls along. All that fury to rule France. All that English blood spilled for England. LOWELL DAVIES FESTIVAL THEATRE, 1363 OLD GLOBE WAY, BALBOA PARK, 619-234-5623, CALL FOR SHOWTIMES

MEG4N: The Unauthorized Musical Parody

Brought to you by the creative team behind The Real Housewives of New York: The Parody Musical and Love Actually: The Parody Musical. Written by Dylan MarcAurele and directed by Tim Drucker. Starring Rupaul Drag Race's ROSÉ with songs such as "Women in STEM" and "Kind of a Slav."

DIVERSIONARY THEATRE, 4545 PARK BL., UNIVERSITY HEIGHTS. 619-728-7820 7PM THESDAY

Mean Girls: High **School Version**

Cady Heron may have grown up on an African Savanna, but nothing prepared her for the wild and vicious ways of her new home... suburban Illinois! In the halls of North Shore High School, Cady unwittingly infiltrates the most popular and cutthroat clique known as "The Plastics." She rises to the top of the popularity pecking order by taking on the ruthless Regina George and learns the hard way that you can't cross a Queen Bee without getting stung. Along the way, Cady learns valuable lessons about authenticity, self-acceptance and the importance of treating others with kindness. Ages 13 and up. ASL-Interpreted performance on Saturday, August 10 at 2pm. CASA DEL PRADO THEATRE, 1600 VILLAGE PL., BALBOA PARK, 7PM FRIDAYS, 2PM SATURDAYS &

SUNDAYS

Ms. Holmes & Ms. Watson - Apt. 2B

A new play that reimagines the iconic detective team. In presentday Baker St., steampunk hipster Shirley Holmes and her spunky new roommate Joan Watson become entangled in a series of cases all related to the same supervillain, who always seems to be one step ahead of them. From Kate Hamill, the production includes mild language and violence

OLD GLOBE THEATRE, 1363 OLD GLOBE WAY, BALBOA PARK. 619-234-5623, 7PM THURSDAYS, 8PM FRIDAYS, 2PM & 8PM SATURDAYS. 2PM & 7PM SUNDAYS, 7PM TUESDAYS & WEDNESDAYS.

Peter Pan This high-flying musical has been delighting audiences of all ages for close to 70 years and is now being brought back to life in a new production directed by Emmy Award winner Lonny Price with additional book by celebrated playwright Larissa FastHorse. The adventure begins when PETER PAN and his mischievous fairy sidekick, Tinker Bell, visit the nursery of the Darling children late one night. With a sprinkle of pixie dust and a few happy thoughts, the children are taken on a magical journey they will never forget. This extraordinary musical full of excitement and adventure features iconic

and timeless songs, including "I'm Flying," "I Gotta Crow," "I Won't Grow Up" and "Neverland." PETER PAN embraces the child in us all so go on a journey from the second star to the right and straight on 'til morning – your entire family will be Hooked! SAN DIEGO CIVIC THEATRE. 1100 THIRD AVE., DOWNTOWN SAN DIFGO +16195701100 7:30PM THURSDAY & FRIDAY, 2PM & 7:30PM SATURDAY, 1PM & 6:30PM SUNDAY.

RENT in Concert with the San Diego Symphony

Experience the iconic music of RENT like never before: live with stellar vocalists and the raw power of the San Diego Symphony Orchestra! At this symphonic experience, the San Diego Symphony performs the complete score—featuring favorites like "Seasons of Love," "La Vie Bohème," and "Take Me or Leave Me".

RADY SHELL AT JACOBS PARK, 222 MARINA PARK WAY, DOWNTOWN SAN DIFGO +16192350804 7.30DM FDIDAY

Tick, Tick... BOOM!

What does progress look like? I guess maybe this: an Asian (AJ Rafael) can believably play a role that would have felt deeply white not all that long ago: a kid from White Plains who fell in love with musical theater in high school and wants to make a career of it in New York, but

who lacks that crucial artistic ingredient of, you know, having something to say.

His big complaint is that he doesn't have anything to really complain about — except the fact that he's almost 30, and might have to follow in his black best friend's (Leo Ebanks) footsteps and...get a job. Or worse, follow in his super-supportive balletdancer girlfriend's (Emma Nossal) footsteps and...leave New York City. Such is the plight of playwright Jonathan Larson's alter ego Jon in this look at the early career of the guy who eventually wrote RENT before dying tragically at 36.

It's the juvenilia of an artist who died just as he was getting started, which surely lent it regard it would not otherwise have garnered. The struggle is superficial, the relationships are slight, the drama is...not dramatic. Are we really supposed to fret along with a guy whose dream is to see his play produced, but also to drive a Beemer? But even a bauble about a guy in a bubble can be fun, and the cast puts its charisma to work on the show's behalf to good effect. Some of the lyrics get lost in the mix, but you get the feeling that's not their fault. CYGNET THEATRE, 4040 TWIGGS ST., OLD TOWN, 619-337-1525. 7:30PM THURSDAYS, FRIDAYS, & SATURDAYS, 2PM SUNDAYS.

MOVIES

All reviews are by Scott Marks, Matthew Lickona, Rvan Brothers, and Duncan Shepherd. Priorities are indicated by one to five stars and antipathies by the black spot. Unrated movies are for now unreviewed. Thousands of past reviews are available online at SDReader. com/movies.

Deadpool and Wolverine —

Superhero movie fans of a certain age may recall a moment at the end of Avengers: Infinity War when big baddie Thanos snapped his gauntleted fingers and so ended half of the universe's living things — including folks like Spider-Man, Black Panther, and Doctor Strange. For one brief darkling moment, you may have felt something — the presence of serious stakes, of possible death, of the sort of genuine ending forever denied those heroes in their original serialized medium of comic books. But most likely, by the time you left the theater, you were already coming to your senses: there was simply no way Marvel was about to leave that much money on the table. And maybe, in that moment, you hated yourself just a little bit for thinking like that: for letting yourself careen out of the story and into such craven considerations so quickly. For dispelling the magic of moviemaking by casting your thoughts upon the monetary machinations at the heart of all that onscreen heroism. All of which is to say that the third entry in the Deadpool franchise feels your pain and laughs heartily at it. For here is a film devoted to exposing and ridiculing the nothing-means-anything narrative





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Limit one admit-two screening code per winner. If lost or stolen, it cannot be replaced.

See official rules and other complete details at sdreader.com.

EXCLUSIVELY IN THEATERS AUGUST 9



Deadpool and Wolverine: OMG are they gonna kiss?

trick of the multiverse — a gimmick that gets to have Logan's noble death and feast on Hugh Jackman's ageless abs, too — that at the same time revels in it. As Rvan Revnolds, er, Deadpool says to a variant of his old buddy Jackman, er. Wolverine, "They're gonna make you do this until you're 90!" After all, both these heroes are basically indestructible, thanks to their powers of regeneration. and the boys at the lab are getting better and better at the whole de-aging thing... So yes, ha ha, we open with Deadpool figuratively pissing on Wolverine's grave by literally digging up his adamantium skeleton and using it to take out a horde of henchmen set on stopping him from saving the world. There's a half-hearted feint toward motivation: the merc with a mouth wants to matter. And there's a brief flirtation with the consequences of that desire. But mattering isn't what matters here. Not even the action is what matters here. What matters here, as in the first installment, are the jokes. So many of them, crammed in from and spinning off in all directions. Many of them land. Some of them will most likely make you laugh. The effort and execution are impressive. At a certain point, the thought may occur: Is this the real endpoint of the Marvel Universe, the extremity toward which quippy Tony Stark in Iron Man was always tending? Is that why his power thingy appears at the outset? Might they be ready to mean what they say about the multiverse being exhausted and empty? By negating Wolverine's sacrifice, are they admitting their mistake and declaring an end to this nonsense? But most likely, by the time you leave the theater, you will already be coming to your senses.— M.L. ★ (IN WIDE RELEASE

Last Summer — Director and cowriter Catherine Breillat's French twist on the Danish film Queen of Hearts has got your cycle of abuse right here. We open on the face of a trembling teen as she recounts her sexual history to Anne (a handsome and supremely put-together Léa Drucker), the lawyer who will be attempting to nail her rapist. "The defense will try to portray you as a world class slut," Anne warns. "In court, victims often become the accused." A little later, we learn that the worst thing that ever happened to Anne was finding out she couldn't have children, thanks to an early-in-life abortion after...well, you figure it out. So when her older husband's don't-give-afuck-son-from-his-first-marriage Théo (a dreamy and lanky Samuel Kircher) comes to stay and starts picking up on her hatred for normopaths (her term)... well, you figure it out. The only mystery lies in how the inevitable will or will not resolve — and even that isn't the point here (If it were, we'd see more of Chekhoy's dictaphone.) Breillat's interests seem more personal than plotty, as evidenced by several long, long closeups: first of an ecstatic Théo, second of an isolated-in-the-midst-of-communion Anne, third of a terrified, discombobulated Dad. Despite being competent, compassionate, and even content, Anne has a fear of the call of the void, a fear of being the reason that everything disappears. (Why? Well...) But "disappears" may not be the right word, if only

because it isn't nearly violent enough Then again, that's the character of the film as a whole cataclysmic events taking place amid lovely, languid scenery and civil conversation. (2024)— M.L. ★★ (IN WIDE RELEASE)

Longlegs — Oz Perkins' adventure in toxic family dynamics — toxic in a way that results in copious quantities of spilled blood — hits so many of the beats from Silence of the Lambs that some viewers may wonder if it's some kind of supernaturally-skewed gloss. It's not just the green female FBI agent with the traumatic past, the major clue via hidden Polaroids, the tense conversation with the terrifying monster who might be able to help crack the case, the helpful but unsettling meet-up with the research nerd, the nightmare basement lair with the thumpy music, etc. etc. It's also the feel of the thing: the clouddimmed middle-American dread, the sadness of old houses and abandoned souls, the threat of violence just outside the door. And all that similarity-bordering-on-sameness might have been okay if the story this time was a little better told, if the murderous mechanics were a little less arbitrary. As it is, the supernatural stuff is strangely tethered to some highly specific, totally natural, and weirdly unlikely conditions that feel manufactured for the sake of the Big Reveal. And even so, all might have been forgiven but for the so-flat-it'sfunny final confrontation. That said, the big hook here is an almost unrecognizable Nicolas Cage as a fellow who worships Satan but does not seem to have gotten anything for his trouble except for an unpleasant and unprofitable skill set. He's wonderfully creepy, but that's about it. At least Buffalo Bill had a motive beyond "Hail, Satan!" - M.L. ★ (IN WIDE RELEASE

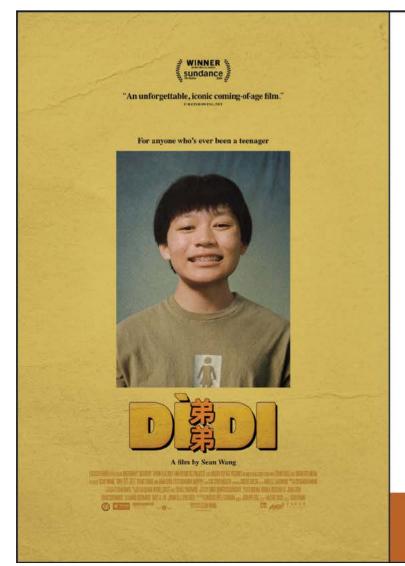
North by Northwest — The topper of all of Hitchcock's cross-country cat-and-mouse thrillers. The species that was snawned in the Thirties with Young and Innocent and The 39 Steps has undergone some body-building after all these years of exercise, and emerges here in a form higher (the United Nations building), wider (the Midwest corn fields), and grander (the face of Mt. Rushmore) than ever before. There are ample tipsy giggles and hokey excitements, thanks largely to Cary Grant's broadly played and easily ruffled dignity, and thanks very slightly to James Mason's prissy villainy. Eva Marie Saint, done over as if for Harper's Bazaar, steps surprisingly to the fore of Hitchcock's line of icy blondes. (1959)— D.S. ★★★ (CINEMA UNDER THE STARS)

The Vourdalak — Adrien Beau's first film digs up the first vampire — the Russian story upon which it is based predates Bram Stoker's

Dracula — for a surprisingly effective horror story about...what, exactly? The evils of an authoritarian, ancient order of things, and the toll it takes on the younger generation? Well, you might be forgiven for thinking so, when the first-born son declares dear old Dad to be just fine, when he very clearly is not. When he just asked for the family dog to be shot, since it won't stop barking at him. When he refuses to say a blessing. When he starts feeding on the young. But there's a reason the film opens with tidings of war, and we see right way the way it actually destroys old orders, upends morality, lays waste to the sort of civilization where a wounded man might be taken in and given shelter from the storm. But before you start chewing over questions of meaning and intent, stay a while with the story at hand and its dreamy presentation. Because there is surprising mastery there, in the service of serious horror. (2023)- M.L.

★★★ (DIGITAL GYM)









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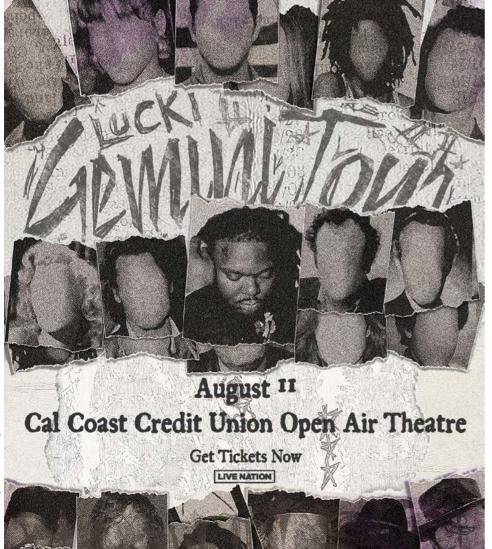
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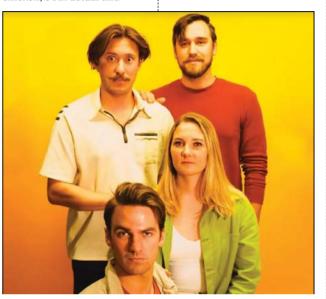




the inside track

Hanging with the Koehler kids Ask Peach Cooler's singer Paige Koehler what memories she treasures most about her band's video shoots, and she'll tell you: chicken, both actual and

second show together booked at Music Box and even the tickets that were sold at that time had 'Paige Koehler Band' on them. Then we came up with Peach Cooler a week before the show and told the



Peach Cooler: lots of love for the local scene

ersatz. "When we shot [the video for] 'When I Was," she remembers, "we bought a bunch of plastic food to have on the table, and then an actual roast chicken." Drummer Hunter Bragg ended up chaotically eating a chicken leg that was thrown at him during the food fight scene. "Also, the villain of the video was our good friend Nolan, who was the best sport about being the bad guy. He would ad lib lines during the fighting scene. One shot, he looks me in the eyes and says, 'No, you don't understand, I don't need a job, I invested in Bitcoin.' Which made it really hard for me to not die laughing, when the scene was supposed to be tense and negative."

The band, whose Got a Lot to Say EP appeared early this summer, is not, in point of fact, named after what happens when you down one or more peach coolers and then try to say the name "Paige Koehler." But that's not too far off. "I wish it were something more fun, but it's really just a play on my name. We had our crowd, surprise, we are actually Peach Cooler and we're gonna be here for a while."

Koehler released a solo EP, Sorry I'm Late, back in 2020, but then drummer Bragg, bassist Luke Henning, and lead guitarist Ouinn Pochekailo found her. "All of us met through mutual friends in the music scene, which is arguably the best thing about the San Diego music scene. We're not territorial about collaborating with different musicians for different projects. Most players in town have multiple projects that they're involved with, so when you need a fill in or a new bandmate, they're usually just one degree of separation away. You'll likely run into those people at the next local show you go to."

The four tunes on the new EP cover a fair ground of emotional shading. "These songs were actually from before the band had officially started. I'd written and recorded them in my closet during quarantine, and the tone of them is a bit more vulnerable and sultry than the usual sunsoaked Peach sound." She

took the demos to producer/ musician James Bishop and her former guitarist, Jesse Orlando, "who poured their special sauce onto them." Before recording, the singer told Bishop she wanted the whole recording experience to feel "like kids playing in a treehouse."

At that time, Bishop lived in a Christian commune north of San Diego, and had "a quirky home studio with just enough quirk, and a ton of random instruments we could play around with. For example, each song has a toy piano on it. We also used a slightly out-of-tune classical guitar and put a hairband underneath the strings and fretboard, to get a weird plucky/muted sound you hear in the main riff for 'Got a Lot to Say.' A big part of the writing on this project was from Jesse Orlando, who came in and laid down some of the catchiest riffs you hear on the EP, like the ending guitar riff of 'When I Was,' not to mention the boomy Chinese tomtom you hear in 'Headstrong."

They shot two videos, "Got a Lot to Say" and "When I Was." Koehler co-directed with Michael Wolfe. "We shot the 'Got a Lot to Say' video at this suspension bridge in Mission Hills. The rest of the shots were around the streets of OB and Point Loma, where most of us live and stomp around. so it was a fun neighborhood shoot for most of us."

Koehler leaves me with one final story from recording up north. "James asked if we wanted to take a break and watch the sunset to reset our brains after hours in the studio. He then whips out a 4x4 and drives us up these rolling green mountains, and at the top of the mountain, there's a trampoline. So we jumped and played like kids and howled at the mountains around us to hear our own voices echo. Coming out of quarantine to a moment and experience like that."

— Andrew Hamlin

Find Blurt online at SDReader.com/blurt

CONTRIBUTORSAndrew Hamlin, Dryw Keltz, Jake Peterson, Jay Allen Sanford, pike Steffenhagen

JAY ALLEN SANFORD

Find LIVE FIVE online at sdreader.com/music

TIKI OASIS at Town & Country Hotel & Convention Center

JULY 31-AUG 3



Now in its 24th year, Tiki Oasis is a five-night, four-day tiki-themed live music event, including pool lounging, fashion shows, art exhibits, educational seminars, a Tiki Marketplace, tropical cocktails, and more. Performers include Beach Boys singer Al Jardine & the Endless Summer Band, Big Sandy & His Fly-Rite Boys, Taimane, The Crawdaddys, and Deke & the Whippersnappers.

KIMMI BITTER at The Centre

AUG 1



With a strong affinity for the roots of American music, San Diego native Kimmi Bitter (the Night Howls) began learning guitar at 18. She is inspired by 1970s delicate singer-songwriters and 1960s vintage country, styling her songs around the classic sounds of Patsy Cline, Loretta Lynn, and Linda Ronstadt. The bill includes Mohavisoul and the Reagan Williams Band.

BIG: BROTHERS IGNITING A GROOVE at Thornton Winerv

AUG 2



Founded in 2002 by Marcus "Slim" Shaw and based in Orange County, BIG has over 100 songs in their repertoire and they're known for their high-energy performances. They specialize in R&B, smooth jazz, and old school funk. Aside from original songs, the group also covers acts such as the Isley Brothers, Robin Thicke, George Benson, Prince, Bruno Mars, and more.

SUMMER FEST at Julian Station

AUG 2-4



The Julian Chamber of Commerce presents Summer Fest, featuring new business ribbon cuttings, craft vendors, water slide, bounce house, carnival games, food and drinks, and musicians appearing on all three days. Friday performers include Two the Moon and Daniel Angeloni, Saturday features Vic Moraga and the Sun Valley String Band, while Sunday headliners are Michael Goodrich and Albert Lewis & Friends

AS I LAY DYING at Observatory North Park

AUG 9 AND 10



As I Lay Dying started as a Christian metal band but were derailed for a time when lead singer Tim Lambesis had to serve a prison sentence for plotting to kill his wife. The band renamed itself for a while but several members have new reunited with Lambesis. Their first new single in five years has been released, "Burden," as well as a single for "The Cave We Fear To Enter," which comes with a music video directed by Tom Flynn.

OVERHEARD IN SAN DIEGO: COMIC-CON JAY ALLEN SANFORD THEY'RE EVERYBODY BE HARD TO WHO WEARS A SUIT AND TIE EVERY DAY JUST FANS OF MAKE THOSE COSTUMES. A REALLY CRAPPY FRANCHISE. TS A COSPLAYER



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SUN. AUG. 4

ANVIL

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SUN. AUG. 11

HEAVY TEMPLE Valley of the Sun, Kilfeather

SUN. AUG 18

SKINLAB

SAT. AUG 24

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SUN. SEP. 1 **BLACK TUSK**

Somnuri,

Horseburner,

Well Hell

SUN. SEP. 8

PEELINGFLESH Snuffed on Sight, Corpse Pile, Two Piece,

Slime

with special guests

THU. AUG. 22

DIZASTERPIECE Far Below, Cascade Effect,

Sleeping Faceless, Blackcast

THU. AUG. 29

Battlecruiser

HAUNT Savage Master, Kauterized,

FRI. AUG. 23

200 STAB WOUNDS

Balmora, Upon Stone, Stabbing

FRI. AUG. 30

ALIEN ANT FARM

Atomic Life, Antenna the End

THU. SEP. 5

GOST

Street Cleaner, Starcourt

THU. SEP. 12

NERVOSA Lich King,

SAT. SEP. 7

FRAXURES Godhammered, Defy the Tyrants, Cascade Effect, Travis Neal

FRI. SEP. 13

MEST Audio Karate, Rookie of the Year, Punchcard

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GON20

Listen to your Mother, Mother

Musical anxiety dilution at Gallagher Square

"You're dealing with a bunch of Gen Zers and Millennials who never get out of the house because of anxiety," says Sonya, a mother who goes to shows with her daughter. She's sporting a "No Values" punk rock festival hoodie from the night before; she attended that one with her daughter as well. As much as I'm loath to buy into blanket statements regarding generational identity, several members of those demographics express similar sentiments in response to my question as to why it's been so difficult to get an interview from the crowd at Petco Park's Gallagher Square, where British singer-songwriter Cavetown and Canadian indie rockers Mother Mother are performing.

Part of me is tempted to dismiss these statements about anxiety, because, after all, the audience willingly came to a crowded performance filled with unfamiliar people and unpredictable behavior. But if mental health were about logic,

we could all just think ourselves better. It's akin to asking someone what they have to be depressed about and, after getting no answer, telling them to smile and move on. Not helpful, and potentially dangerous in its implication that putting on a mask to conceal the war raging beneath it is the solution. I came for music and didn't expect to wrestle with reality like this, but here we are.

Perhaps some food will get me out of the serious mind frame — and since we

are at a baseball stadium, that means a hot dog! Those tasty tubes made from scraps of various animal by-products never fail to hit the spot. While munching on the ginormous dog, I spot a man named Leo Harris who I saw on the trolley ride here and introduce myself. He moves with cautiousness in the hot dog line and agrees to chat with me. I don't want to keep the dude from dinner too long, so we get right down to brass tacks, and he echoes the sentiment expressed by the few people who have spoken to me regarding Cavetown (and even moreso, Mother Mother): that their music is a personal safe harbor. It's a portable connection, available anywhere thanks to peoples' ability to stream, pop in earbuds, and block out the outside world.

I tell Harris that I was going to ask him if he was attending the show when I saw him on the

Brick by Brick:



Mother Mother wants you to live your life the way you want.

trolley, but that he looked locked into whatever he was listening to. He laughs a little, and I can tell he's smiling beneath the mask he is wearing for fear of getting sick. He shares his Instagram art gallery with me, and we both go to catch the rest of Cavetown's set, which is performed from a stage adorned with colorful and whimsical inflatables. Cute. And then comes a guitar solo that commands my attention with its fluid emotion. The square is dense with fans of all ages, but mostly on the younger side of 20. Many form clusters with the people they came in with.

I hit the merch booth to score swag for my friend Rhys, who was unable to attend the show, and meet Alyssa, who's sorting out her VIP package with the merch booth folks. They are as kind as she is patient. She tells me she brought her sister, that Mother Mother is her

sister's favorite band, and that they help her with her mental health. It makes perfect sense to me; I used to listen to "The Pass" by Rush on an endless loop, letting Geddy and the boys light the darkness instead of slashing my wrists.

Mother Mother's performance sees their slickly produced songs revved up with a punk rock snarl worthy of The Dead Boys, and I notice the spaces between the clusters of groups have gotten smaller.

Perhaps a sign of anxiety dissipating? Frontman Ryan Guldemond introduces "The Matrix" as a song about "Living your fucking life the way you want," and the communal middle fingers and sing-along lines like "Fuck no to the 9-5 suicide, bleeding like a stuck pig" come from fans as young as preteen, which is cool. Because "no" is a complete sentence, and "fuck" is an intensifier. When the lights come up to the strains of "We Are the Champions" by Queen, it seems like I'm seeing a different crowd — elated, and freer somehow, singing along and acting out Freddie Mercury's stage dramatics.

It's the medicinal power of music in action: sometimes soothing wounds, other times tearing the scabs open so we can heal. Helping us choose life for one more day, diluting anxiety enough to live. Truly live. ■

Find The Gonzo Report online at sdreader.com/gonzo

You can submit a listing, download mp3s, watch videos, subscribe to event alerts, get directions, and find more information about these shows online at SDReader.com/music.

THIS WEEK'S **SHOWS**

Athenaeum Music and Arts

Library: Sunday, 7:30pm — Camila Meza Trio. \$40-\$45.

Aztec Brewing Company: Sunday, 6pm — Aztec Jazz Jam.

BNS Brewing & Distilling:

Saturday, 7pm — ALT2K. Free.

Barefoot Bar and Grill:

Friday, 6pm — Orion Song.

Beach House Grill:

Saturday, 8pm — Vandelux.

Belly Up Tavern:

Thursday, 8pm — Lola Kristine.

Friday, 7:30pm — Wild Child Jim Morrison Celebration. . Saturday, 7:30pm — Super Diamond. \$30-\$53. Sunday & Monday, 7:30pm —

Spoon. \$85-\$149. Tuesday, 7:30pm — Pokey

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Wednesday, 7:30pm — Shakey

and Mercedes Moore & Joe Amato, Free

Cannonball: Thursday, 5pm — Ben Benavente.

Graves and Chance Emerson.

Sunday, 7pm — Anvil, Blind

California Center for the

Friday, 7pm — Bayou Brothers

Oath, Pulsifier, \$16-\$20.

Arts, Escondido:

Casbah:

Thursday, 8pm — Imagery Machine and Cowboy TV Friday, 7:30pm — King Buzzo and Trevor Dunn. Saturday, 9:30pm — Machino and Austin Speed. Sunday, 7pm — Drew Pelisek and Livingmore. \$10. Monday, 8:30pm — Vertical Patrols and Mechanical Plague.

Tuesday, 7:30pm — Dead Posey. Wednesday, 8:30pm — Veto, No Interest, Bug Stomp. \$14.

Thursday, 6pm — Kimmi Bitter and Mohavisoul.

Duck Foot Brewing Company:

Thursday, 6:30pm — Jerry Garcia's Bday Celebration. Free.

Duke's La Jolla:

Friday, 3pm — Russell Paihinui. Sunday, 4pm — Keni Yarbro. Tuesday, 4pm — Kai Kalama.

Epstein Family Amphitheater:

Sunday, 6pm — Ana Tijoux.

Estancia La Jolla Hotel and Spa:

Sunday, 4pm — Farrah Camu. Wednesday, 6pm — Christian Taylor.

Farmer & the Seahorse:

Saturday, 11am — Joanna Gerolaga. Sunday, 11am — Helena

Golden Island:

Friday, 6pm — Kat Shoemaker. Free.

Hilton Del Mar:

Friday, 6pm — Kristi Krause.

Holding Company:

Sunday, 5:30pm — Tash of the Alkaholiks. \$20-\$25.

House of Blues:

Friday, 7:30pm — The Purple Madness. Saturday, 9pm — Gimme

Humphreys by the Bay:

Sunday, 7:30pm — Frankie Valli & The Four Seasons.

Jacumba Hot Springs Hotel:

Saturday, 8pm — Francis Blume & Nate Cole. Free. Sunday, 10am — Francis Blume.

L'Auberge Del Mar:

Thursday, 5pm — David Shyde. Friday, 7pm — Rachel Jay. Sunday, 11am — Joanna Tuesday, 5pm — Ben Benavente. Wednesday, 5pm — Keni Yarbro.

La Valencia Hotel:

Friday, 6pm — Keni Yarbro.

Lafayette Hotel, Swim Club & Bungalows:

Saturday, 7:30pm — Creeptoxica.

Loews Coronado Bay Resort: Friday, 7pm — David Rosales. Saturday, 7pm — David Shyde.

Magnolia Performing Arts Center:

Friday, 7:30pm — Dweezil Saturday, 7:30pm — Luann de Wednesday, 7:30pm — That Girl Lay Lay.

Mission Bay Resort:

Thursday, 6pm — Keni Yarbro. Friday, 6pm — Casey Turner. Saturday, 6pm — Blaise Guld. Sunday, 6pm — Joanna Gerolaga. Monday, 6pm — Marelle. Tuesday, 6pm — David Shyde.

Mr. Peabody's Bar & Grill:

Friday, 8:30pm — Daddy Needs Saturday, 8:30pm — Broken

Music Box:

Thursday, 8pm — Same Same But Different Battle of the Bass. Friday, 7:30pm — Mija, Gano, Tango. \$20-\$25. Saturday, 7:30pm — Klub Nocturno. \$15-\$20.

Sunday, 7pm & 10pm — The Music of Steely Dan. \$57-\$83. Wednesday, 7:30pm — Lioneer.

My Yard Live:

Friday, 5:15pm, Sunday, 10am — Boat Shoes & Boots Anniversary Party. Free.

Navajo Live:

Friday, 8:30pm — The Rolling Heartbreakers. \$8-\$10.

Nick & G's:

Friday, 6pm — Matt Heinecke.

Nova SD:

Friday, 10pm — Brat Rave. Saturday, 8pm — Sidepiece.

Observatory North Park:

Saturday, 7pm — The Buttertones. \$25. Sunday, 7:30pm — The Gaslight Anthem and Joyce Manor.

San Diego Reader August 1, 2024

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GARY ALLAN
August 9



ERIC PASLAY
September 26



LOCASH August 22



WINGER
October 3



SARA EVANS September 20



SCAN FOR ALL UPCOMING SHOWS

BUY TICKETS: SYCUAN.COM

Oxford Social Club:

Saturday, 10:30pm — Coi Leray Concert After Party. Free.

Pechanga Arena San Diego: Saturday, 7:30pm — Jhené Aiko -The Magic Hour Tour.

Pechanga Resort & Casino:

Saturday, 8pm — Air Supply. Tuesday, 8pm — Pat Benatar & Neil Giraldo.

Petco Park:

Wednesday, 7:30pm — Foo Fighters and The Hives.

Quartvard:

Saturday, 6pm — Matte Blvck.

Rady Shell at Jacobs Park:

Saturday, 7:30pm — The Stray Cats. Sunday, 7pm — Los Lobos and

Los Lonely Boys. Tuesday, 7:30pm — Norah Jones.

San Diego Maritime Museum:

Friday, 6pm — A Songwriter's Serenade. \$35-\$45.

Santee Lakes Recreation Preserve:

Saturday, 5pm — Summer Jams on Deck - Ashley Norton.

Snapdragon Stadium:

Sunday, 7pm — Major League Rugby Championship.

Soda Bar:

Thursday, 7:30pm — Fractal, Pire, Breadth. \$12. Friday, 9pm — Casa Tulum. Saturday, 7:30pm — Mikaela Davis and Jeffrey Silverstein. \$24. Sunday, 7:30pm — Animals in the Attic and The Guest Room.

Tuesday, 7:30pm — Slacker, G.I.R.L., Plaster. Wednesday, 7:30pm — Eddie 9V \$19

Soma:

Friday, 6:30pm — Juniper

Saturday, 7pm — Buddha Trixie. Tuesday, 7:30pm — Alex G and Julie.

South Coast Winery Resort & Spa:

Sunday, 6pm — David Benoit & Lindsey Webster.

Sunshine Brooks Theatre:

Saturday, 7pm — ZB Savoy: Songs of Willie Nelson. \$25-\$35. Sunday, 7pm — Tom's Elton Tribute, \$40.

Templar's Hall at Old Poway

Friday, 7:30pm — Rupert Wates and David Stuart Howard. \$15-

Thornton Winery:

Friday, 6:30pm — BIG: Brothers Igniting a Groove.

IMMORTAL BEAUTY

High-scoring scores for Comic-Con

With Comic-Con devouring downtown San Diego, let's take a look at four underappreciated or forgotten motion picture orchestral soundtracks. The requirement is that the movie be Comic-Con-ish in nature.

Star Trek: The Motion Picture starts our list. Of course, the theme from the television series is iconic, but the music in the movie in not slouching. In fact, it moves forward with more momentum than could be found in the movie itself. It remains a gem in the crown of sci-fi orchestral scores. Composer Jerry Goldsmith was a legend of the silver screen, with 18 Academy Award Nominations and a win for his work in The Omen from 1977.

John Carter is a fantastic

movie with a compelling score that was supposed to be the first installment of a trilogy. But the second and third films were canceled due to its poor box-office performance. When it first came out, I had no interest whatsoever in seeing John Carter, and was, to my shame, ignorant of The Edgar Rice Burroughs book upon which it was based. However, my son thought the six-legged dog character was funny, so we went. I loved the movie, and subsequently read four of the books in the John Carter series. The score, by Michael Giacchino, if full of rhythmic intensity, with sweeping melodies that rise to the occasion of the action in the movie.

Superman, the movie from

1978, might not be underappreciated, but it is almost forgotten. I rewatched it with my kids, ages 20 and 17, and they were blown away by the elevated tone. Elevated for a superhero movie, that is. In the age of Marvel movies, quippy and self-depreciating seem to have been cast as virtues akin to truth, justice, and (gasp), the American way. They are not.

BY GARRETT HARRIS

As an aside, the historical actions of the United States are less evil than those of any country in human history. So yes, there is some value in what was once considered the American way. even if it remains an ideal that we consistently fail to fulfill. Superman is the ideal American because he treats all individuals as if they have



A film soundtrack almost as iconic as the one from the TV show!

inherent worth and dignity.

The score, by John Williams, is heroic and matches the stature of the writing. It is perhaps worth noting that the Lois and Clark theme borrows heavily from Richard Strauss's Death and Transfiguration.

For die-hard sci-fi fans,

1982's Blade Runner is neither underappreciated nor forgotten. For the rest of us, 1982 was a long time ago. The score, by Vangelis, is perfect in tone, color, and texture. At the time the sound was fresh and futuristic. It remains the gold standard of sci-fi motion picture scores.

Classical Music this week

Chasing Fear Inspired by Turkish folklore, enter a world of ogres, ghosts and mermaids in this topical and timeless exploration of outsiders and otherness. The show features a 10-piece orchestra, a cast of local performers, and an original score by "rising star" (Playbill) Truth Future Bachman. Friday, August 2, 8pm; Saturday, August 3, 8pm; Epstein Family Amphitheater, 9500 Gilman

Classical Cello/Piano

Concert Donald Newmeyer, cellist, and Glenn Vanstrum,

pianist, will perform violoncello and piano sonatas by Samuel Barber and César Franck. Admission is free. Sunday, August 4, 2pm; free. Clairemont Christian Fellowship/United Methodist Church, 4570 Mt. Herbert Avenue.

Open Rehearsal:

Tchaikovsky Joyce Yang and Inon Barnatan rehearse Tchaikovsky's The Nutcracker Suite for Two Pianos, Saturday, August 3, 2:30pm; free. 18 and up. Conrad Prebys Performing Arts Center, 7600 Fay Avenue.

SummerFest Takeover @ The Baker-Baum This

"takeover" concert, curated by renowned composer Thomas Adès, showcases him as composer, teacher, pianist, and conductor, and includes the U.S. premiere of "Forgotten Dances" with international guitar sensation Sean Shibe. Thursday, August 1, 7pm; 18 and up. Baker-Baum Concert Hall, 7600 Fay Avenue.

SummerFest: Baroque Fantasia A journey through the Baroque era's most imaginative

and whimsical works, featuring Telemann's Don Quixote Suite and Purcell's The Fairy Queen, capturing the essence of storytelling through music. Friday, August 2, 7:30pm; Baker-Baum Concert Hall, 7600 Fay Avenue.

SummerFest: Resilience

This concert unites the poignant Mendelssohn siblings' works-Fanny's unduly neglected remarkable work and Felix's stirring String Quartet, a reaction to her early passing—with compositions by artists silenced or oppressed during WWII. It

embodies the spirit of perseverance and the unbreakable will of the human spirit through music. Saturday, August 3, 7:30pm; Baker-Baum Concert Hall, 7600 Fay Avenue.

SummerFest: Suite This varied program blends Bach's Suite for Marimba, the tangos of Piazzolla, the charm of Stravinsky, and Tchaikovsky's most beloved ballet—offering a rich tapestry of stories told through dance. Sunday, August 4, 3pm; Baker-Baum Concert Hall, 7600 Fay Avenue.

See more CLASSICAL MUSIC at SDReader.com/classical

Saturday, 7:30pm — Eric Benet and Paul Taylor.

Town Center Community Park:

Thursday, 6:30pm — Santee Summer Concert: Full Strength.

Waterbar:

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Thursday, 6pm — Ryan Hiller.

Waterfront Park:

Saturday, 5pm — Endless Sunsets.

Sunday, 4pm — AC Slater and Taiki Nulight.

UPCOMING SHOWS

Alila Marea Beach Resort: August 22 — Ghostland Observatory

Antique Gas and Steam Engine Museum:

August 16-18 — Summergrass San Diego

Aquarius Bar & Grille: August 16 — West of 5

Arrowood Golf Course: August 23 — West of 5

Athenaeum Art Center School of the Arts:

August 14 — Emerging Composers Concert

Athenaeum Music and Arts Library: August 17 — Claudia Villela &

Romero Lubambo

Aztec Brewing Company:

August 18 — Aztec Jazz Jam

Baker-Baum Concert Hall:

August 8 — Open Rehearsal: Beethoven August 9 — SummerFest: Gratitude August 11 — SummerFest: In Loving Memory

August 13 — Encounter: Matthew Lipman Fellowship Artist Spotlight

August 14 — SummerFest Midweek Masterworks: Notes on a Scandal August 16 — SummerFest: Counterpoint II August 17 — SummerFest: California Dreamin' August 20 — Encounter: Simone Porter Fellowship Artist Spotlight

August 20 — Open Rehearsal: Bartok's Contrasts August 21 — SummerFest Midweek Masterworks: Instrumental Stories August 23 — SummerFest: The Road to Victory August 24 — SummerFest Finale: A Song and Dance

Balboa Theatre:

August 11 — The Kingston Trio August 24 — Dean Z: The Ultimate Elvis

Barefoot Bar and Grill:

August 9 — Rachel Jay August 16 — Jarred Matthew

Beach House Grill:

August 9 — Nora En Pure August 11 — Hot Since 82 and Bassel Darwish August 16 — Patrick Topping and X Coast August 17 - Green Velvet and Harvard Bass

Bellamy's Restaurant: August 24 — Blaise Guld

Belly Up Tavern:

August 8 — Mac McAnally August 9 — Gyedu-Blay Ambolley August 10 — Tainted Love '80s Movie Night August 14 — Galactic & Jelly Joseph and Karl Denson August 15 — Landon McNamara and Cisco Adler August 16 — The FABBA Show August 17 — The Pine Mountain Logs and Venice August 18 — Steve Poltz & The Brothers Comatose August 20 - JAMM, Saint Luna, The Diz August 21 — Daring Greatly August 22 — Charlie

Musselwhite and Kid Ramos August 23 — Ghostland Observatory

Bernardo Winery:

August 11 — Big Time Operator

The Brick Hotel: August 24 - Red & Ted

Brick by Brick:

August 9 — The My Chemical Romance Scream-Along August 10 — Dancing Queen: ABBA Glitter Disco August 11 — Heavy Temple and Valley of the Sun August 18 — Skinlab August 22 — Dizasterpiece and Far Below August 23 — 200 Stab Wounds and Balmora August 24 — Rock of Ages Tribute Show

California Center for the Arts, Escondido:

August 8 — Taimane August 9 — Finnegan Blue August 10 — The Garth Guy and Glenn Campbell's Rhinestone Cowboy August 16 — The Farmers August 23 — Euphoria Brass

2024 San Diego Band & Shane Hall August 23 — Lyrical Groove

The Casbah:

August 8 — Wookalars, Holy Tears, Downsider August 9 - Mohama Saz and

The Loons

August 10 — Iron Chic August 11 — OMA Shing02

August 12 — Carter Winter August 13 — Mary Lambert and Jenny Zigrino

August 14 — Summer Dean August 15 — Pony Bradshaw

August 16 — Emo Nite August 17 — Goatwhore and Thantifaxath

August 18 — Sage Francis August 21 — Son Little August 22 — Duck Dave Benefit

Concert August 23 — The Dale Crover

Band and Rob Crow (solo) August 25 — Giuda

Che Café:

August 18 — Seed of Pain, Wreckage, Collateral

Conrad Prebys Performing Arts Center:

August 12 — Artist Lounge: Paul Wiancko August 16 — Encounter: California Dreaming - Exiles & **Emigrés**

August 19 — Artist Lounge: Yura Lee

Corazon Del Barrio:

August 17 — Mongrel, Missing Link, Outta Pocket

Duck Foot Brewing Company:

August 12 — Bluegrass Monday

Duke's La Jolla:

August 9 — Casey Turner August 11 — Keni Yarbro August 16 — Casey Turner August 18 — Keni Yarbro

August 20 — Kekoa August 23 — Orion Song August 25 — Keni Yarbro

Embarcadero Marina Park North:

August 10 — Island Vibe Music Festival

Encinitas Elks Lodge:

August 9 — West of 5

Encinitas Library:

August 14 — Classical Cello/ Piano Concert

Epstein Family Amphitheater:

August 10 — SummerSplash Reggae Festival August 15 — Joss Stone August 17 — The Little Mermen August 24 — Celebrate AMERI'KANA Music & Arts Festival

Estancia La Jolla Hotel and Spa:

August 8 — David Shyde August 11 — Tyler F. Simmons August 16 — ZB Savoy

August 17 — Rachel Jay

August 19 — Andrew Peña August 22 — Ben Benavente August 23 — Jason Graham

Fairmont Grand Del Mar: August 23 — Johnny Martin

Farmer & the Seahorse: August 11 — Justin Froese August 17 — David Shyde August 25 — Blaise Guld

First United Methodist Church of San Diego:

August 10 — Andrew Flory Concert: Fourteen and Six

Golden Island:

August 9 — Cobby Brzeski August 16 — The New Orleans Swinging Gypsies August 23 — Golden Island Presents: Anthony Cullins - Dim Sum & Jazz CLXX

Gonzo Ramen:

August 25 — Chime School and The Telephone Numbers

Harrah's Resort Southern California:

August 15 — Alice Cooper

Hilton Del Mar:

August 24 — Jay L. Henry

The Holding Company:

August 8 — Smif N Wessun August 11 — T.S.O.L. & Das Klown

August 15 — Lutan Fyah August 16 — Radio Thieves & Iournevmen

August 23 — Tomorrows Bad Seeds

August 24 — Diesel Boy and Chaser August 25 — Inspectah Deck

House of Blues:

August 8 — División Minúscula and Jumbo

August 9 — Broadway Rave August 9 — Levels House Party

August 10 — Five Iron Frenzy August 11 — Homixide Gang

August 14 — Pecos & The Rooftops August 16 — ASADI & XYE

August 17 — Chito Rana\$

August 18 — Chris Travis August 21 — Briscoe

August 24 — Intimate Acoustic Evening With Dinah Jane *August 24* — COLORS Presents: **R&B ONLY**

Humphreys Backstage Music Club:

August 10 — 80s New Wave Night with FMera August 17 — Brian Jones Rock 'n' Roll Revival

Humphreys by the Bay:

August 8 — Grand Funk Railroad August 10, August 11 — The Australian Pink Floyd Show

Wed · July 31

THE BOSS MARTIANS
The Greasy Gills · King Flamingo

Thurs · Aug 1
JIM ZOLO

Sat · Aug 3 L MUSIC

Hander · Blood Handso DJs Suplicio & Morbid

Sun · Aug 4
ABERRANCE

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Fri · Aug 9 **GRAVE BEAT** rimm Beatz · Errol Fritz Vaughn Avakian

GROOVY BIZNESS

OPEN VINYL DJ NIGHT

ELK WITCH

Thurs · Aug 15
SLAPPIN' HANDS WITH
RIC SCALES

MATT IBARA

August 13 — Caloncho August 23 — Lost '80s Live

Tepfer

JAI at the Conrad: August 8 — Jazz @ The JAI: Brandee Younger Trio August 15 — Jazz @ The JAI: Dan

Jacumba Hot Springs Hotel:

August 10 — Good Gravy August 16 — Nicky Diamonds & Marley Hale August 17 — Pete & Mila

Molinari August 23 — DJ Fred Joseph

The Kensington Club: August 23 — Matt Axton & Badmoon and Brawley

L'Auberge Del Mar:

August 8 — Lee Coulter August 9 — Kristi Krause August 11 — Tyler F. Simmons August 13 — Ben Benavente August 14 — David Shyde August 15 — Marelle August 16 — Orion Song

August 18 — Helena Holleran August 20 — Ben Benavente *August 21* — Jemille Vialet August 22 — Christian Taylor

La Valencia Hotel:

August 9 — Keni Yarbro August 10 — Orion Song August 11 — Rachel Jay August 15 — David Shyde August 16, August 23 — Keni Yarbro August 25 — Brian Pierini

Lafayette Hotel, Swim Club & Bungalows:

August 9 — Jonathan Karrant August 17 — Deke Dickerson & the Whippersnappers

Layover:

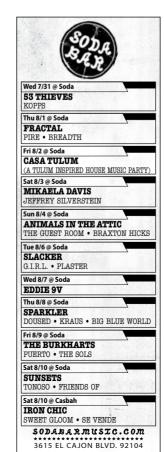
August 10 — Kat Hall August 17 — Safety Orange August 24 — Casey Turner

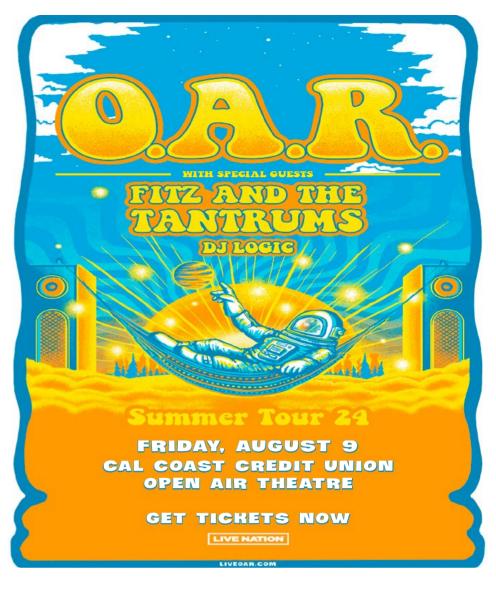
Loews Coronado Bay Resort:

August 10 — Kinnie Dye August 16 — Jolene Cruz August 24 — Farrah Camu

The Magnolia Performing **Arts Center:**

August 9 — Teo Gonzalez







San Diego Reader August 1, 2024





H METAL BLACK METAL **DOOM & ALL THE OTHER METALS** INDIE ROCK PSYCHEDELIC **CLASSIC ROCK N ROLL SOUL**

August 10 — Postmodern Inkebox

August 17 — Our Lady Peace

Mission Bay Resort:

August 8 — Keni Yarbro August 10 — Johnny Martin August 12 — Jemille Vialet August 13 — Christian Taylor

August 14 — Andrew Peña

August 15 — Keni Yarbro August 18 — Rachel Jay

August 20 — David Shyde August 21 — Christian Taylor

August 22 — Keni Yarbro August 23 — Helena Holleran

Mission Trails Church:

August 11 — Gaby Aparicio

Mission Trails Regional Park:

August 11 — Native American Flute Circle

Moonlight Beach:

August 11, August 25 – Moonlight Beach Concerts

Moonshine Beach:

August 23 — William Clark

Mr. Peabody's Bar & Grill:

August 9 — Blues Farm August 10 — Drip Current

August 16 — Social Remedy August 17 — Vinyl Syndicate

August 23 — Diego Dead August 24 — Tube Amp'd

Museum of Making Music:

August 17 — The Arcadian Wild

August 10 — Convoy and Kimmi

the Tantrums August 11 — Lucki August 12 — Young Miko August 18, August 19 — The Marías and Automatic

Panama 66:

August 8, August 22 — Uptown Rhythm Makers

August 25 - 311 and Neon Trees

Pechanga Arena San Diego:

August 23 — Don Omar

Pechanga Resort & Casino: August 10 — Jason Mraz & The

Superband August 13 - Gipsy Kings featuring Nicolas Reyes

August 15 — The Rocket Man Show August 17 — Dionne Warwick

August 25 — Bolero & EM - Paris By Night

Petco Park:

August 11 — Jane's Addiction and Love & Rockets

Pilgrim United Church of Christ:

August 24 — Whole Hog

Point Loma Community Presbyterian Church:

August 18 — Bryan & Friends Courtyard Concert

The Quartyard:

August 20 — Drugdealer

The Rady Shell at Jacobs Park:

August 9, August 10 — Star Wars Return of the Jedi In Concert

August 16 — All Under Heaven and Juggler August 17 — Club XCX : A Charli Party August 18 — Riley Downing August 19 — Unrecovery and

Sleeping Ritual August 20 - Rob Tirea and

Simone Glad August 21 — Supergloom and Family of Light

August 22 — Idaho and Kan Kan August 23 — Verbal Assault and Therapy

August 24 — Thee Heart Tones August 25 — Drug Hunt and Los Pinche Pinches

August 8 — ScHoolboy Q August 10 — Protest The Hero August 16 — Idobi Rodio's Summer School August 17 — Sir August 22 — Streetlight Manifesto August 25 — Lucky Daye

The Sound:

August 9 — STRFKR August 13 — Amyl & The Sniffers August 14 - Alvvays and The Beths August 18 — Dread Mar I August 20 — The Dead South

August 21 — Howard Jones,

ABC, Haircut One Hundred

South Carlsbad State Beach Campground:

August 21 — Sierra Marin & Roots Ascension

Copacetic confusion

This pan-Asian fusion menu gives you a feeling of hope for a more shared future

Winston's assistant brings fish

roti Mongolia style: a lot of fish in there.

t's on the walls! That glorious revolutionary time when young idealists marched with flags sweeping over their heads, hope and defi-

ance in their eyes, little red books held high in their hands, and the People's Food in their stomachs.

That's the tongue in cheek — I think — theme here in "Commi," a hip Asian eatery in New Zealand's supposedly conserva-

tive South Island. It's splashed

with colorful scenes of Youth on the March in the streets of Asia's cities, evoking the time of Mao Tse Tung and Ho Chi Minh. "FOOD FOR THE PEO-

PLE," reads the menu here. "We look forward to welcoming you to our people's palace of Asian flavors when you're good and ready. We've been serving fresh and tasty food to the masses...since 2016."

And here's the thing. The wall paintings are kinda trompe l'oeil, such that the people seem to be dining in the self-same eating area where the lovely Diane and I — and lots of other folks — are sitting. Right here in this resto. And the painting's figures are exactly life-size. So it really feels as if we're inside the painted scene. Except the scene is ripped from the back streets

of, say, Hanoi, Bangkok, Shanghai, Singapore, or Hong Kong. Plus the fact that the paint people are cooking Asian street food. Suddenly, all us folks who love midnight snacking in, say, Hanoi, we Bangers, or Shangers, or Singers, or Honkers feel like we're back there, without even paying an air fare. Oh man. Further, Winston the manager is making sure we're thawed out. I notice a lot of pubs around here are serving mulled wine just so folks can warm up their hands as well as their bellies. (Yes, this is the southern hemisphere's midwinter. And evenings are c-c-cold this year.)

It might be something about the weather outside, but this early crowd seems pumped. Lots of energetic conversation. It calms only when Winston brings around some menus. I hear him talking up certain dishes. "The Mongolian fish roti.... Really good. From all that ocean around Mongolia." Uh, takes a moment. He's kidding. Mongolia's landlocked. Still, the dishes are real enough, and loaded with "fusion" confusions. Menu seems mainly Vietnamese, Thai, and Malaysian. 'Course, I'm always suspicious whenever that "fusion" word comes up. In my experience, it usually means "watered down mix for timid gringo tastes." But hey, maybe they know what they're doing. New Zealand is on its own Asian trip right now. But there's still a ways to go. The whole spicy thing is downplayed unless you ask firmly.

Meantime, Winston is waiting, and I know Diane will start ordering unless I can get my votes in. So lessee: Shanghai dumpling

> sounds good: "steamed pork dumpling topped with thick panang curry, served with Thai dipping sauce." Costs US\$6.50. Hmm. Not a bad deal. A Chiang Mai pork belly, also

marinated with a Thai dipping sauce, is about the same price, as is Mongolian Fish Roti ("Battered fish, wrapped

> with toasted roti, red onion and coriander [cilantro], served with delicious sauces." Sounds like a fish taco by another name, but I'll play along. Costs about \$8. These are all part of a menu section called "Street Vendor Fare."

> Next section is "Glamorous," the real McCov main dishes, and they cost almost double. So we're looking at "shaking beef hotplate" -- "wok-tossed beef" with onion and cracked pepper (\$17.50), or "spicy Thai beef salad," mixed with lemongrass and a hot and sour dressing (\$16), or Vietnamese pancake with pork and prawn for \$14.

Or Bun Ha Noi with vermicelli noodles and grilled pork (\$16). Or, hey: lamb in massaman curry, slow-braised in curry sauce with smashed peanuts, potato, and rice, \$19. Here in the Land of Lamb, that could be a good bet.

Meantime, Diane's concentrating on choosing a white wine. She chooses a glass of Main Divide, a Canterbury Riesling named after the whitetopped Southern Alps we see on the horizon. Costs \$9. And for me, a discovery: Bia Hoi Commi Ale (\$6.33). Turns out "Bia Hoi" means "fresh beer." This is a kind of everyman's beer, brewed on the street and sold on the street in North Vietnam. Way cheaper than the bottled beers. Also lower alcohol, just 3 percent. I get me one, take a guzzle. Not bad. OK, not great, but hey, the People's Beer. WYSIWYG.

In the end, we start off with a simple roti with peanut sauce, just to snack on with the Bia Hoi and wine, and then go for the Shanghai dumplings. These are three smallish pork dumplings smothered in panang curry sauce, which, have to say, are sweet and absolutely delicious. Then there's the fish roti from Mongolia. It's basically battered, but also disguised in panang sauce, and there's a nice crunch to its batter. Surprisingly, there's enough for the two of us. Specially as we talk more than eat, chating with a bunch of Kiwis about the place's "Commi" name, which has



always been slung out as a kind of put-down phrase, at least on our side of the

puddle, right? This is the first

time I have seen anyone with the cheek to use it cheerfully, as a piece of history. Just

to see the word, "Commi,"

Shanghai dumplings with panang curry sauce.

Back to the future? New flavors are coming to Christchurch from the neighborhood.

way — it's refreshing. Just as this pan-Asian fusion menu gives you a feeling of hope for a more shared future, as the east wind makes its presence felt. For sure, it's helping make Kiwi meals more interesting, if more fusion-confusing. Whatever, it's a kind

of Asian confusion I think I like.

The Place: Commi Thai and Vietnamese Fusion, 145d Colombo Street, Somerfield, Christchurch, New Zealand, +64 3 366-8844

Hours: 12 noon - 8.15 pm daily (Saturday, Sunday, from 5pm only)

Prices: Shanghai dumpling, (steamed pork dumplings topped with thick panang curry), \$6.50 (prices in US dollars. Can fluctuate, depending on exchange rates); Chiang Mai pork belly marinated with Thai dipping sauce, \$6.50; Mongolian Fish Roti ("battered fish") \$8.15; "shaking beef hotplate," \$17.00; wok-tossed beef, \$16; "spicy Thai beef salad," hot and sour dressing (\$16), or Vietnamese pancake with pork and prawn for \$14. Or Bun Ha Noi with vermicelli noodles and grilled pork, \$16; lamb in massaman curry, potato and rice, \$19; Bia Hoi Commi Ale (street beer), \$6.33

Nearest Bus Stop: Colombo Street near Somerfield Street, Christchurch



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PERSONALS

CLICK ON MOVIE LISTINGS Click on the movie review capsules in this week's Reader and get all the movie showtimes. New

HALEY H. I also want you to know that I will never give up. I will never stop reaching out to you until you call me. I will put posters up, email, reader or any other way I can to contact you. I will never quit loving the put or being your mom. So just you or being your mom. So just

HECTOR, WHERE ARE YOU

AT? I know you can't like her face more than me. I miss you. Don't be mean to me or suffer the rath of the bird beak. Luv, Smokey DEMENTED HUSBAND ARE

YOU OUT THERE Contact me The wife. Happy wife, happy life

WHY IS IT OK TO BURN THE AMERICAN FLAG Yet it's a hate crime if you burn a pride flag?

ASTOUNDED Well you take care now. I hear you loud and clear.

CAN'T YOU TRIP LIKE I DO Filter astonished got it made and already paid while being played. Like a lion. Astonishing

HEMORRHAGE (in my hands)

LLOVE MY BEEMER SO MUCH!! Astonishing just flabbergastin. I shine her every day. I love my GT. I shine her every day. Love

THIS PLACE is a prison for

LOOKING FOR KEITH WIL-**LIAMSON** Please contact Maria Elena Savin at (858) 276-1166. I'm having hand surgery and could use your help.

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NOTICES

CHURCHES WORTH DRIV-ING TO (Calif. places of worship reviewed). Inquiring Minds (Califor-nia college students on what they think of Jesus). Both can be read on California Catholic Daily www cal-catholic.com

HANDICAPPED PARKING PLACARD Doctor can evaluate/ certify DMV form for patients with chronic pain/disability to low back, hips, knees, ankles OR feet, after

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HEALTHY VOLUNTEERS NEEDED UCSD UCSD Interventional Psychiatry Program is looktional Psychiatry Program is look-ing to recruit healthy volunteers to participate in a research study that examines biomarkers of depression using encephalography (EEG). You will receive compensation for your time. Call to learn more. (858) 249-2625 / iptrials@health.ucsd.edu

MINDFUL NEUROSTIMULA-TION UCSD If you are 18-60 years of age and suffering from treatment-resistant depression, you may be eligible for the 8-week Mindfulness Engaged Neurostimulation for Depression (MEND) research study offering TMS with purify lives exercises and up to mindfulness exercises and up to \$300. (858) 249-2625 / braine@ ucsd.edu

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SCHIZOPHRENIA RESEARCH STUDY Research that is avail able for schizophrenia patients 18 to 65 years old. Outpatient study is available. Compensation and transportation will be provided upon qualification. Must be drug free. Please call (619) 389-0550. Travis. Referral number only

CLASSES / LESSONS

FREE ECONOMIC JUSTICE PISCUSSION CLASS Three Sundays in August: 12 to 1 pm at Foundation of Economic Justice, Peach Resource Friends Center. 3850 Westgate Place, San Diego, 3850 Westgate Place, San Diego, CA 92105. weprosper2@hotmail. com. (858) 883-7314. Free refreshments or bring your own. Sunday, August 4th: Share your thoughts on making this a more just and fair society. Sunday, August 11th: Let's start with what are your biggest needs and interests. Sunday August 25th: What is your current housing situation. How can we make our housing more resilient? Alternatives to high cost housing.

RECORDING CLASSES Learn recording techniques with a professional seasoned recording engineer in an established recording studio. Analog, digital, Pro Tools Recording, mixing, mastering, vocal tuning, drum tracking outboard gear and much more. Call Scott (760) 855much more. Call Scott (100) 000-3551 / exumrecording@gmail.com

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you want to have your church here teaching of the way that no church teaches. Give me a call and I'll get in touch with you. Phone number is

ROOMMATES

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TINY ROOM TO LIVE PLEASE 65 year healthy single, no family, never married non-smoker. Clean SoCal native low income full time job, male high school/college graduate. Seeking somber room in Solana Beach, Cardiff, Leucadia, Encinitas, Carlsbad. Dale Hauskins (858) 401-2973

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3 BEDROOM/2 BATHROOM RENTAL IN MEXICO Four car garage, extra large Jacuzzi in the bathroom, has a separate studio that rents out for \$600. Beautiful above the unit. \$1,600 a month long-term. kilometer 58 (760) 250-7055

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PETS

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FICTITIOUS BUSINESS NAME STATEMENT

File No.: 2024-9013476

Filed with Jordan Z. Marks Recorder/County Clerk County of San Diego: **06/27/2024**

Fictitious Business Name(s): a. San Diego Rustic Lumber

Located at: 6261 Via Regla, San Diego, CA 92127, San Diego County

Mailing Address: 6261 Via Regla, San Diego, CA 92127

Registered Owners Name(s): San Diego Rustic Lumber

This business is conducted by: A Limited Liability Company. The first day of business was 06/15/2023.

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (1,000).)

Registrant Name /s/ Carl Frank, CEO Corporation/LLC Name
San Diego Rustic Lumber 7/25/2024, 8/1/2024

FICTITIOUS BUSINESS NAME STATEMENT

File No.: 2024-9012919

Filed with Jordan Z. Marks Recorder/County Clerk County of San Diego: 06/20/2024

Fictitious Business Name(s): a. Directorio Calibaia

Located at: 3633 Camino del Rio #102, San Diego, CA 92108, San Diego County

Mailing Address: 3633 Camino del Rio #102, San Diego, CA

Registered Owners Name(s): Cyberamigo Inc.

This business is conducted by: A Corporation. The first day of business was N/A.

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (1,000).)

Registrant Name /s/ Carla G. Chavez, President Corporation/LLC Name Cyberamigo Inc. 7/11/2024, 7/18/2024, 7/25/2024, 8/1/2024

FICTITIOUS BUSINESS NAME STATEMENT

2024-9013532

Filed with Jordan Z. Marks Recorder/County Clerk County of San Diego: 06/28/2024

Fictitious Business Name(s):
a. Race Day Performance

Located at: 5230 Calle Rockfish Unit 98, San Diego, CA 92154, San Diego County

Mailing Address: 5230 Calle Rockfish Unit 98, San Diego, CA 92154

Registered Owners Name(s): Race Day Performance LLC

This business is conducted by: A Limited Liability Company. The first day of business was 06/17/2024.

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misde-meanor punishable by a fine not to exceed one thousand dollars (1,000).)

Registrant Name /s/ Joel Anthony Ruiz,
Managing Member
Corporation/LLC Name
Race Day Performance LLC 7/25/2024, 8/1/2024

FICTITIOUS RUSINESS NAME STATEMENT

File No.: 2024-9011805

Filed with Jordan 7 Marks Recorder/County Clerk County of San Diego

Fictitious Business Name(s): a. Rustic Del Sol

Located at: 1744 Lisa Ave. Vista, CA 92084, San Diego

Mailing Address: 1744 Lisa Ave, Vista, CA 9208

Registered Owners Name(s): **Vicente Torres**

This business is conducted by: An Individual. The first day of business was 01/01/2002.

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misde-meanor punishable by a fine not to exceed one thousand dollars (1,000).)

Registrant Name /s/ **Vicente Torres** 7/18/24, 7/25/24, 8/1/24, 8/8/24

FICTITIOUS BUSINESS NAME STATEMENT

File No.: 2024-9014422

Filed with Jordan Z. Marks Recorder/County Clerk County 07/15/2024

Fictitious Rusiness Name(s) a. GPSA, Inc. b. GPSA

Located at: 1316 28th St. San Diego, CA 92102, San Diego County

Mailing Address: 1316 28th St, San Diego, CA 92102

Registered Owners Name(s): GP Structural Analysis, Inc.

This business is conducted by: A Corporation. The first day of business was 07/01/2024.

I declare that all information in this statement is true and cor-rect. (A registrant who declares as true any material matter nursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (1,000).)

Registrant Name /s/ Gabriel Patterson, Chief Executive Officer
Corporation/LLC Name
GP Structural Analysis, Inc. 8/1/24, 8/8/24

FICTITIOUS BUSINESS NAME STATEMENT

File No.: 2024-901334 7

Filed with Jordan Z. Marks Recorder/County Clerk County 06/26/2024

Fictitious Business Name(s): a. Imperial Beach Mailbox Hub

Located at: 1144 13th St, Suite # 102, Imperial Beach, CA 91932, San Diego County

Mailing Address: 4730 S. Fort Apache Rd, Ste 300, Las Vegas, NV 89147

Registered Owners Name(s): Sunrise Creative LLC

This business is conducted by: A Limited Liability Company. The first day of business was 03/30/2024.

I declare that all information in this statement is true and cor-rect. (A registrant who declares as true any material matter as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misde-meanor punishable by a fine not to exceed one thousand dollars (1,000).)

Registrant Name /s/ Sunshine Martinez, Manager Corporation/LLC Name Sunrise Creative LLC 8/8/24, 8/15/24

ORDER TO SHOW CAUSE-CHANGE OF NAME Case No.: 24CU003243C SUPERIOR COURT OF CALIFORNIA, COUNTY OF San Diego 330 W. BROADWAY, San Diego 92101

Petition Of: Farozan Faqirzai FOR CHANGE OF NAME

To all Interested Persons: Petitioner: Farozan Faqirzai filed a petition with this court for a decree changing names as follows:

a. Farozan Faqirzai to Farozan Faqirzai Khair

a. Farozan Faqirzai to Farozan Faqirzai Khair

THE COURT ORDERS that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objection to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.

NOTICE OF HEARING

Date: 09/12/2024

Time: 8:30 am. Dept: C-61

The address of the court is the same as noted above.

A copy of this *Order to Show Cause* must be published at least once each week for four successive weeks before the date set for hearing on the petition in a newspaper of general circulation, printed in this county: **San Diego Reader**

NO HEARING WILL OCCUR ON THE ABOVE DATE, SEE ATTACHMENT.

Diego Reader

NO HEARING WILL OCCUR ON THE ABOVE DATE, SEE ATTACHMENT.

Dated: 07/29/2024

Maureen F. Hallahan
Judge of the Superior Court.

ATTACHMENT TO ORDER TO SHOW CAUSE FOR CHANGE OF NAME (JC FORM #NC-120). NO HEARING WILL OCCUR ON THE DATE SPECIFIED IN THE ORDER TO SHOW CAUSE. The court will review the documents filed as of the date specified on the Order to Show Cause for Change of Name (JC Form #NC-120). If all requirements for a name change have been met as of the date specified, and no timely written objection has been received (required at least two court days before the date specified), the Petition for Change of Name (JC Form #NC-100) will be granted without a hearing. One copy of the Order Granting the Petition will be mailed to the petitioner. To change a name on a legal document, including a birth certificate, social security card, driver license, passport, and other identification, a certified copy of Decree Changing Name (JC Form #NC-130) or Decree Changing Name and Order Recognizing Change of Gender and for Issuance of New Birth Certificate (JC Form #NC-230) may be required. Contact the agency(ies) who issues the legal document that needs to be changed, to determine if a certified copy is required. A certified copy of Decree Changing Name (JC Form #NC-130) or Decree Changing Name (JC Form #NC-130) or Decree Changing Name (JC Form #NC-230) may be required. Solve the petition of the Civil Business of the date specified, the court will mail the petitioner a written order with further directions. If a timely objection is filed, the court will set a hearing date and contact the parties by mail with further directions. A RESPONDENT OBJECTING TO THE NAME CHANGE MUST FILE A WRITTEN OBJECTING TO THE NAME CHANGE MUST FILE A WRITTEN OBJECTING TO THE NAME CHANGE MUST FILE A WRITTEN OBJECTING TO THE NAME CHANGE MUST FILE A WRITTEN OBJECTING TO THE NAME CHANGE MUST FILE A WRITTEN OBJECTING TO THE NAME CHANGE MUST FILE A WRITTEN OBJECTING TO THE NAME CHANGE MUST FILE A WRITTEN OBJECTING TO THE NAME CHANGE

Published: 8/1/24, 8/8/24, 8/15/24, 8/22/24

ORDER TO SHOW CAUSE-CHANGE OF NAME Case No.: 24CU001495C SUPERIOR COURT OF CALIFORNIA, COUNTY OF San Diego 330 W. BROADWAY, San Diego 92101

Petition Of: **Kristina Elizabeth Melick** FOR CHANGE OF NAME

To all Interested Persons: Petitioner: **Kristina Elizabeth Melick** filed a petition with this court for a decree changing names as follows:

a. Kristina Elizabeth Melick to Kristina Helen Elizabeth Fox

a. Kristina Elizabeth Melick to Kristina Helen Elizabeth Fox
THE COURT ORDERS that all persons interested in this matter appear
before this court at the hearing indicated below to show cause, if any, why
the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection
that includes the reasons for the objection at least two court days before
the matter is scheduled to be heard and must appear at the hearing to
show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.

NOTICE OF HEARING
Date: 09/03/2024
Time: 8:30 am. Dept: C-61
The address of the court is the same as noted above.

A copy of this Order to Show Cause must be published at least once each week for four successive weeks before the date set for hearing on the petition in a newspaper of general circulation, printed in this county: San Diego Reader

NO HEARING WILL OCCUR ON THE ABOVE DATE, SEE ATTACHMENT

Diego Reader

NO HEARING WILL OCCUR ON THE ABOVE DATE, SEE ATTACHMENT.

Dated: 07/17/2024

Maureen F. Hallahan
Judge of the Superior Court.

ATTACHMENT TO ORDER TO SHOW CAUSE FOR CHANGE OF NAME (JC FORM #NC-120). NO HEARING WILL OCCUR ON THE DATE SPECIFIED IN THE ORDER TO SHOW CAUSE. The court will review the documents filed as of the date specified on the Order to Show Cause for Change of Name (JC Form #NC-120). If all requirements for a name change have been met as of the date specified, and no timely written objection has been received (required at least two court days before the date specified), the Petition for Change of Name (JC Form #NC-100) will be granted without a hearing. One copy of the Order Granting the Petition will be mailed to the petitioner. To change a name on a legal document, including a birth certificate, social security card, driver license, passport, and other identification, a certified copy of Decree Changing Name (JC Form #NC-130) or Decree Changing Name and Order Recognizing Change of Gender and for Issuance of New Birth Certificate (JC Form #NC-230) may be required. Contact the agency(ies) who issues the legal document that needs to be changed, to determine if a certified copy is required. A certified copy of Decree Changing Name (JC Form #NC-130) or Decree Changing Name (JC Form #NC-230) may be required. Certificate (JC Form #NC-230) may be required. Office for a fee. Petitioners who are seeking a change of name under the Safe at Home program may contact the assigned department for information on obtaining certified copies. If all the requirements have not been met as of the date specified, the court will mail the petitioner a written order with further directions. If a timely objection is filed, the court will set a hearing date and contact the parties by mail with further directions. A RESPONDENT OBJECTING TO THE NAME CHANGE MUST FILE A WRITTEN OBJECTING TO THE NAME CHANGE MUST FILE A WRITTEN OBJECTING TO THE NAME CHANGE MUST FILE A WRITTEN OBJECTING TO THE NAME CHANGE MUST FILE

Published: 7/25/24, 8/1/24, 8/8/24, 8/15/24

REPLACEMENT SUMMONS NO. CV2024-007190 (Tier 3 - Tort Motor Vehicle)

SUPERIOR COURT OF ARIZONA, MARICOPA COUNTY

Assigned to the Honorable Scott Blaney

David Bayak and Kimberly Bayak, Plaintiffs v. Ciro David Martinez Chavez, individually; Ciro David Martinez Chavez dba Xakes Solutions; and Andres Humberto Mora, Defendants.

THE STATE OF ARIZONA TO DEFENDANT: Ciro David Martinez Chavez

YOU ARE HEREBY SUMMONED and required to appear and defend, within the time applicable, in this action in this Court. If served within Arizona, you shall appear and defend within 20 days after the service of the Summons and Complaint upon you, exclusive of the day of service. If served out of the State of Arizona - whether by direct service, by registered or certified mail, or by publication - you shall appear and defend within 30 days after the service of the Summons and Complaint upon you is the summons and Complaint upon you is the summons and complaint upon you. is complete, exclusive of the day of service. Where process is served upon the Arizona Director of Insurance as an insurer's attorney to receive service of legal process against it in this state, the insurer shall not be required to appear, answer or plead until expiration of 40 days after the date of such service upon the Director. Service by registered or certified mail within the State of Arizona is complete 30 days after the date of filing the receipt and affidavit of service with the Court. Service by publication is complete 30 days after the date of first publication. Direct service is complete when made. Service upon the Arizona Motor Vehicle Superintendent is complete 30 days after filing the Affidavit of Compliance and return receipt or Officer's Return. RCP 4; ARS Sections 20-222, 28-502, 28-503.

YOU ARE HEREBY NOTIFIED that in case of your failure to appear and defend within the time applicable, judgment by default may be rendered against you for the relief demanded in the Complaint.

YOU ARE CAUTIONED that in order to appear and defend, you must file an Answer or proper response in writing with the Clerk of this Court, accompanied by the necessary filing fee, within the time required, and you are required to serve a copy of any Answer or response upon the plaintiff's attorney. RCP 10(D); ARS Section 12-311; RCP 5.

Requests for reasonable accommodation for persons with disabilities must be made to the division assigned to the case by parties at least 3 judicial days in advance of a scheduled court proceeding. Requests for an interpreter for persons with limited English proficiency must be made to the division assigned to the case by the party needing the interpreter and/or translator or his/her counsel at least 10 judicial days in advance of a scheduled court proceeding. scheduled court proceeding.

The names and address of Plaintiff's attorneys where a copy of the pleadings may be obtained: Richard P. Traulsen, Esq. BEGAM MARKS & TRAULSEN, P.A. 11201 North Tatum Blvd., Suite 110

Phoenix, Arizona 85028 rtraulsen@bmt-law.com 602-254-6071

SIGNED AND SEALED on April 10, 2024 by Jeff Fine, Clerk, T. Garvey,

Published: 7/18/24, 7/25/24, 8/1/24, 8/8/24

FICTITIOUS BUSINESS NAME STATEMENT

File No.: 2024-9015109

Filed with Jordan Z. Marks Recorder/County Clerk County of San Diego: 07/24/2024

Fictitious Business Name(s): a. LGL Renovations

Located at: 3946 C St, San Diego, CA 92102, San Diego County

Mailing Address: 3946 C St, San Diego, CA 92102

Registered Owners Name(s): Oscar Antonio Garcia Nunez

This business is conducted by: An Individual The first day of business was 07/22/2024

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misde-meanor punishable by a fine not to exceed one thousand dollars (1,000).)

Registrant Name /s/ Oscar Antonio Garcia Nunez 8/1/24, 8/8/24 8/15/24, 8/22/24

FICTITIOUS BUSINESS NAME STATEMENT

File No.: 2024-9014855

Filed with Jordan Z. Marks Recorder/County Clerk County of San Diego: 07/18/2024

Fictitious Business Name(s): a. Rising Chai

Located at: 740 Nordahl Road Ste 110 #298, San Marcos, CA 92069, San Diego County

Mailing Address: 740 Nordahl Road Ste 110 #298, San Marcos. CA 92069

Registered Owners Name(s): **Tierra Rising**

This business is conducted by:
A Limited Liability Company.
The first day of business was N/A

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misde-meanor punishable by a fine not to exceed one thousand dollars (1,000).)

Registrant Name /s/ Stephanie Schneider, CEO Corporation/LLC Name
Tierra Rising 8/1/24, 8/8/24, 8/15/24, 8/22/24

FICTITIOUS BUSINESS NAME STATEMENT

File No.: 2024-9014856

Filed with Jordan Z. Marks Recorder/County Clerk County 07/18/2024

Fictitious Business Name(s): a. Tierra Rising Botanicals

Located at: 740 Nordahl Road Ste 110 #298, San Marcos, CA 92069, San Diego County

Mailing Address: 740 Nordahl Road Ste 110 #298, San Marcos. CA 92069

Registered Owners Name(s): **Tierra Rising**

This business is conducted by: A Limited Liability Company. The first day of business

I declare that all information in this statement is true and cor rect. (A registrant who declares as true any material matter as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misde-meanor punishable by a fine-not to exceed one thousand dollars (1,000).)

Registrant Name /s/ **Stephanie Schneider, CEO** Corporation/LLC Name Tierra Rising 8/1/24, 8/8/24, 8/15/24, 8/22/24

FICTITIOUS BUSINESS NAME STATEMENT

File No.: 2024-9014921

Filed with Jordan Z. Marks Recorder/County Clerk Cour of San Diego: **07/19/2024**

- of San Diego: 07/19/2024
 Fictitious Business Name(s):
 a. Protect Our Oceans San
 Diego La Jolla California
 b. One Earth, One Ocean, One
 Future San Diego, CA
 c. Save The Whales San Diego
 La Jolla California
 d. Save Our Oceans San Diego
 La Jolla California
 e. Keep San Diego Salty
 California
 f. Protect Our Beaches Keep
 Our Beaches Clean San Diego
 g. Earth Child San Diego La
 Jolla California

Located at: 2801 R St. Unit 92. San Diego, CA 92102, Sa Diego County

Iolla California

Mailing Address: 2801 B St, Unit 92, San Diego, CA 92102

Registered Owners Name(s): **Earth Kind Inc.**

This business is conducted by: A Corporation. The first day of business was 01/01/2024.

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (1,000).)

Registrant Name /s/ Ruth Winter, CEO Corporation/LLC Name: Earth Kind Inc. 8/1/24, 8/8/24, 8/15/24, 8/22/24

FICTITIOUS BUSINESS NAME STATEMENT

File No.: 2024-9014854

Filed with Jordan Z. Marks Recorder/County Clerk County 07/18/2024

Fictitious Business Name(s): a. Bittersweet Elixirs

Located at: 740 Nordahl Road Ste 110 #298, San Marcos, CA 92069, San Diego County

Mailing Address: 740 Nordahl Road Ste 110 #298, San Marcos. CA 92069

Registered Owners Name(s): **Tierra Rising**

This business is conducted by: **A Limited Liability Company**. The first day of business

I declare that all information in I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (1,000).)

Registrant Name /s/ Stephanie Schneider, CEO Corporation/LLC Name Tierra Rising 8/1/24, 8/8/24, 8/15/24, 8/22/24

care services in San Diego County. Your furry, scaly or feathered friend will be in good hands. www.hoorayhounds.com hooray.hounds@ gmail.com

ilv. That's why we offer insured pet

PET SITTER AVAILABLE Pet and house sitting in the San Diego area at low rates! Check mwpetsitting.com for more details! (858) 522-9443 / matthew.walters.petsittng@gmail.com

ENGLISH AND FRENCH BULL-DOGS French and English bull-dogs puppies, females and males. located in San Diego. Dewormed and up to date with vaccines. (619) 763-2155 / adrianalcortez1989@



BICHON FRISE PUPPIES Our ittle "Diva" gave birth to a couple of super cute puppies. They love playing around. They are really little crooks, nice and curious and enterprising. They also love to suddle prising. They also love to cuddle. they grow up, text at (619) 736-3594

BOSTON TERRIER PUPPIES Pretty litter with lovely Boston terrier puppies, males and bitches. Who are old enough to leave the litter and are well socialized, for more details and pics text at (619) 736-3594

BOY AND GIRL RAGDOLL KITTENS Have great personality and have been trained, will make a great addition to a new family, good with kids and other pets, friendly too and good companion text for details at (619) 736-3594

FRENCH BULLDOG PUP-PIES We still have French bulldog

REPLACEMENT SUMMONS NO. CV2024-007190 (Tier 3 - Tort Motor Vehicle)

SUPERIOR COURT OF ARIZONA, MARICOPA COUNTY
Assigned to the Honorable Scott Blaney

David Bayak and Kimberly Bayak, Plaintiffs

v. Ciro David Martinez Chavez, individually: Ciro David Martinez Chavez dba Xakes Solutions; and Andres Humberto Mora, Defendants

THE STATE OF ARIZONA TO DEFENDANT: Ciro David Martinez Chavez dba Xakes Solutions

YOU ARE HEREBY SUMMONED and required to appear and defend, within the time applicable, in this action in this Court. If served within Arizona, you shall appear and defend within 20 days after the service of the Summons and Complaint upon you, exclusive of the day of service. If served out of the State of Arizona - whether by direct service, by registered or certified mail, or by publication - you shall appear and defend within 30 days after the service of the Summons and Complaint upon you is complete, exclusive of the day of service. Where process is served upon is complete, exclusive of the day of service. Where process is served upon the Arizona Director of Insurance as an insurer's attorney to receive service of legal process against it in this state, the insurer shall not be required to appear, answer or plead until expiration of 40 days after the date of such service upon the Director. Service by registered or certified mail within the State of Arizona is complete 30 days after the date of filing the receipt and affidavit of service with the Court. Service by publication is complete 30 days after the date of first publication. Direct service is complete when made. Service upon the Arizona Motor Vehicle Superintendent is complete 30 days after filing the Affidavit of Compliance and return receipt or Officer's Return. RCP 4; ARS Sections 20-222, 28-502, 28-503.

YOU ARE HEREBY NOTIFIED that in case of your failure to appear and defend within the time applicable, judgment by default may be rendered against you for the relief demanded in the Complaint.

YOU ARE CAUTIONED that in order to appear and defend, you must file an Answer or proper response in writing with the Clerk of this Court, accompanied by the necessary filing fee, within the time required, and you are required to serve a copy of any Answer or response upon the plaintiff's attorney. RCP 10(D); ARS Section 12-311; RCP 5.

Requests for reasonable accommodation for persons with disabilities must be made to the division assigned to the case by parties at least 3 judicial days in advance of a scheduled court proceeding. Requests for an interpreter for persons with limited English proficiency must be made to the division assigned to the case by the party needing the interpreter and/or translator or his/her counsel at least 10 judicial days in advance of a scheduled court proceeding.

The names and address of Plaintiff's attorneys where a copy of the pleadings may be obtained: Richard P. Traulsen, Esq. BEGAM MARKS & TRAULSEN, P.A.

11201 North Tatum Blvd., Suite 110 Phoenix, Arizona 85028 rtraulsen@bmt-law.com 602-254-6071

SIGNED AND SEALED on April 10, 2024 by T. Garvey, Deputy Clerk, Clerk

Published: 7/18/24, 7/25/24, 8/1/24, 8/8/24

ORDER TO SHOW CAUSE-CHANGE OF NAME Case No.: 37-2024-00030654-CU-PT-NC SUPERIOR COURT OF CALIFORNIA, COUNTY OF San Diego 330 W. BROADWAY, San Diego 92101

Petition Of: **Ashley Ann Quigley** FOR CHANGE OF NAME

To all Interested Persons: Petitioner: **Ashley Ann Quigley** filed a petition with this court for a decree changing names as follows:

a. Ashley Ann Quigley to Ashleigh Ann Quigley

a. Ashley Ann Quigley to Ashleigh Ann Quigley
THE COURT ORDERS that all persons interested in this matter appear
before this court at the hearing indicated below to show cause, if any, why
the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection
that includes the reasons for the objection at least two court days before
the matter is scheduled to be heard and must appear at the hearing to
show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.

MOTICE OF HEARING
Date: 08/16/2024
Time: 8:30 am. Dept: N-25
The address of the court is the same as noted above.

A copy of this Order to Show Cause must be published at least once each week for four successive weeks before the date set for hearing on the petition in a newspaper of general circulation, printed in this county: San Diego Reader

NO HEARING WILL OCCUR ON THE ABOVE DATE, SEE ATTACHMENT

Diego Reader

NO HEARING WILL OCCUR ON THE ABOVE DATE, SEE ATTACHMENT.

Dated: 07/02/2024

Brad A. Weinreb
Judge of the Superior Court.

ATTACHMENT TO ORDER TO SHOW CAUSE FOR CHANGE OF NAME (JC FORM #NC-120). NO HEARING WILL OCCUR ON THE DATE SPECIFIED IN THE ORDER TO SHOW CAUSE. The court will review the documents filed as of the date specified on the Order to Show Cause for Change of Name (JC Form #NC-120). If all requirements for a name change have been met as of the date specified, and no timely written objection has been received (required at least two court days before the date specified), the Petition for Change of Name (JC Form #NC-100) will be granted without a hearing. One copy of the Order Granting the Petition will be mailed to the petitioner. To change a name on a legal document, including a birth certificate, social security card, driver license, passport, and other identification, a certified copy of Decree Changing Name (JC Form #NC-130) or Decree Changing Name and Order Recognizing Change of Gender and for Issuance of New Birth Certificate (JC Form #NC-230) may be required. Contact the agency(ies) who issues the legal document that needs to be changed, to determine if a certified copy is required. A certified copy of Decree Changing Name (JC Form #NC-230) or Decree Changing Name (JC Form MC-230

Published: 7/18/24, 7/25/24, 8/1/24, 8/8/24

ORDER TO SHOW CAUSE-CHANGE OF NAME Case No.: 37-2024-00003453-CU-PT-CTL SUPERIOR COURT OF CALIFORNIA, COUNTY OF San 330 W. BROADWAY, San Diego 92101

Petition Of: **Pamela Carol Chalk** FOR CHANGE OF NAME

To all Interested Persons: Petitioner: **Pamela Carol Chalk** filed a petition with this court for a decree changing names as follows:

a. Pamela Carol Chalk to Pamela Carol Andrews

a. Pamela Carol Chalk to Pamela Carol Andrews

THE COURT ORDERS that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objection to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.

NOTICE OF HEARING

Date: 08/15/2024

Time: 8:30 am. Dept: C-61

The address of the court is the same as noted above.

A copy of this *Order to Show Cause* must be published at least once each week for four successive weeks before the date set for hearing on the petition in a newspaper of general circulation, printed in this county: **San Diego Reader**

NO HEARING WILL OCCUR ON THE ABOVE DATE, SEE ATTACHMENT.

Diego Reader

NO HEARING WILL OCCUR ON THE ABOVE DATE, SEE ATTACHMENT.

Dated: 06/27/2024

Maureen F. Hallahan
Judge of the Superior Court.

ATTACHMENT TO ORDER TO SHOW CAUSE FOR CHANGE OF NAME (JC FORM #NC-120). NO HEARING WILL OCCUR ON THE DATE SPECIFIED IN THE ORDER TO SHOW CAUSE. The court will review the documents filed as of the date specified on the Order to Show Cause for Change of Name (JC Form #NC-120). If all requirements for a name change have been met as of the date specified, and no timely written objection has been received (required at least two court days before the date specified), the Petition for Change of Name (JC Form #NC-100) will be granted without a hearing. One copy of the Order Granting the Petition will be mailed to the petitioner. To change a name on a legal document, including a birth certificate, social security card, driver license, passport, and other identification, a certified copy of Decree Changing Name (JC Form #NC-130) or Decree Changing Name and Order Recognizing Change of Gender and for Issuance of New Birth Certificate (JC Form #NC-230) may be required. Contact the agency(ies) who issues the legal document that needs to be changed, to determine if a certified copy is required. A certified copy of Decree Changing Name (JC Form #NC-130) or Decree Changing Name (JC Form #NC-230) may be required. Certificate (JC Form #NC-230) may be required. Order Recognizing Change of Gender and for Issuance of New Birth Certificate (JC Form #NC-230) may be required. Some and Order Recognizing Change of Gender and for Issuance of New Birth Certificate (JC Form #NC-230) may be required. A certified copy of Decree Changing Name (JC Form #NC-230) or Decree Changing Name and Order Recognizing Change of Gender and for Issuance of New Birth Certificate (JC Form #NC-230) may be obtained from the Civil Business Office for a fee. Petitioners who are seeking a change of name under the Safe at Home program may contact the assigned department for information on obtaining certified copies. If all the

Published: 7/11/2024, 7/18/2024, 7/25/2024, 8/1/2024

GERMAN SHEPHERD PUPPIES **AVAILA** Growing up with children and family. Mother with pedigree and good small game hunter. Father very hard and experienced coarse hunter.hello, do text me for more details and better reply at (619) 736-3594

SPYNX KITTENS AVAILABLE we have both well trained and very intelligent kittens, have vaccines and are vet checked and will come with all toys and blankets for details text at (619) 736-3594

TABBY PERSIAN KITTENS we have both male and female Persian kittens available, very great and well trained. too good home companion and playful, will make a great home companion and will come with all required for details text (619) 736-3594

ADULT FRENCHIES 3yr old black with tan points female AKC reg. 2yr blue with tan points female with application for AKC reg. 2yr cocoa fawn male wi tion for AKC reg. \$1,500 DLLS obo. Looking for their furever couch!! More pics on Instagram.... frenchiesbm (619) 746-2165 / bmfrenchies2020@outlook.com



GOLDENDOODLE PUPPIES Sweet and playful Goldendoodle puppies born June 13, looking for forever homes. Parents on premises. Dewormed and will have first vaccines and vet checkup before going to new homes in August. (760) 239-7660 / cruzin.glojo@ àmail.com

AUSTRALIAN SHEPHERD PUPPIES Meet these precious Mini Australian Shepherd puppies. These adorable and very fluffy pup pies are very well loved and cared for. They are all very well socialized text at (619) 736-3594

CHOW CHOW PUPPIES Hello everyone,we have a beautiful litters of puppies. So they become very social, and are used to living room sounds. We are looking for a good home for the puppies. Who is looking for a family friend?text at (619) 736-3594

DACHSHUND PUPPIES We have a beautiful litter of shaggy standard dachshund puppies, which can leave the litter Booking due to vacation is possible! We have been neatly vaccinated and dewormed according to schedule,text at (619) 736-3594

GOLDEN RETRIEVER PUP-PIES 2 puppies still available!this beautiful combination of puppies was born with us. They can leave the nest now. The puppies are dewormed and vaccinated. Puppies grow up in a homely text at (619) 736-3594

HOME BERNESE MOUNTAIN DOG we're bubbly, male and female Bernese Mountain Dog! I'm great with kids and love to snuggle. I will come home to you with shots and worming up to date and microchipped.text at (619) 736-3594

MALTESE PUPPIES PRESENT They are 3 months old and have a ney are 3 months old and have a pedigree and the required vaccinations. They have a good and loving character. They are eager to learn. text at (619) 736-3594

MINATURE DACHSHUND PUP-PIES Hello we are pleased to announce that our puppies are ready to go to forever home now for more info pm me via text/call at (213) 267-2042 / markandeson05@ **SAMOYED PUPPIES READY** We have 4 puppies left, 2 males and 2 females. They will go to their new owner with a health certificate from the vet, vaccination and deworming.text at (619) 736-3594

TOY POODLE MALE AND FEMALE They are incredibly affectionate, loving and friendly. 100% house trained. Has started to learn basic commands. they walk superbly on and off the lead.text (619) 736-3594

WEIMARANER PUPPIES weimaraner puppies Beautiful Color. These puppies are playful and healthy. Will have tripple fur coat. They are looking for a loving and forever home. We have males and female text at (619) 736-3594

YORKIE PUPPIES Tea-Cup Size Yorkie Puppies. Male and Female,. 13 Weeks old,. Pure Breed,. Potty Trained,\$550 text at (619) 736-3594

ADOPT YOUR NEXT DOG OR CAT FROM BAJA DOG RES-CUE! We are a volunteer-run, 100% No Kill animal rescue in Tijuana. We have so many loving pets who can't wait to complete your family! All have been treated by veterinarians and ready to come home. Your rescue donation enables us to save countless lives thank you! bajadogrescue.org/

DON'T BREED OR BUY WHILE SHELTER PETS DIE! Please don't support selfish breeders bringing countless new animals into the world while others wait in cages or get put down! You may be the very load of the selfish to the world while the world world world world with the world of the selfish to the world of the selfish the world of the selfish was the selfish to the world of the selfish the world of the selfish world of the selfish was the selfish with the world of the selfish world of the selfish was the selfish with the world of the selfish with the selfish was the selfish with the selfish was the selfish world of the selfish was the selfish with think you need a particular breed but I promise you will love another. Shelter animals are wonderful, just give them a chance!

SPORTS

SPORTS CARDS 40 YEAR COLLECTION baseball, base ketball, football and hockey. 2,000 ketball, football and hockey. 2,000 cards for \$20. All teams plus sin-gles Gwynn, Nolan, Griffey, Jordan, Kobey, Lebron, etc. call Ernie (619) 562-1129

BICYCLES

BIANCHI VELOCE ROAD BIKE: Carbon fork, light green color, made in Italy, purchased new, only ridden a few times, \$650. In Escondido, call (760) 746-7209.

CANNONDALE F1000SL MOUNTAIN Bike ultra aluminum steering fork, orange-yellow color, purchased new. Very little use, \$450. (760) 746-7209.



ANTIQUE 1954 SCHWINN BCH-CRUSR Antique 1954 Schwinn Tiger beach cruiser, very good condition, modified cosmetically, 3spd, mirrors, basket, comfy big seat, \$350. This is a one-of-a-kind head turning eye popper.

ANTIQUE BIKE 1954 Schwinn Tiger Beach cruiser, very rare. Great condition. \$450. Three speed, basket, mirrors. (619) 887-6668.

2009 JONWAY 150 CC SCOOT-ER Low miles runs good. \$ 500. (619) 742-0171 leave message

TWO FULL SIZE STREET BIKES Both for \$40. Good Shape. Text only (442) 238-7382

BMC BIKE Gorgeous blue and white BMC Carbon fiber. Road frame 47 CM. Never used; in storage. Must see! (619) 237-8043

BICYCLE FOR SALE one year old, runs like new, ridden about six times. Make offer. (562) 846-9299 and ask for Steven.

MOTORCYCLES



2022 CAN-AM SPYDER F3-S 2022 Can-Am Spyder F3-S Special Edition. 2022 Can-Am Spyder F3-S Special Edition (762) 233-4358 / alliedtechnologiesllandc@gmail.

2020 HARLEY DAVIDSON XL 1200, black. Cash price \$12,000. Too many extras to list. (619) 233-8300.

AUTOMOTIVE

1963 FORD PICK UP has transmission and available engine. \$1800 (619) 478-9402

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JAGUAR X-TYPE ALUMINUM WHEELS: Three Original 16" wheels, I only have three, the fourth wheel was damaged by hitting a curb, I am selling all three for only \$225. Call (760) 746-7209, in Escondido



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CAR RENTALS RENT TO OWN PROGRAM no credit no problem. (760) 633-3552



1999 CHEVY SUBURBAN 1500 Chevy Suburban 1500 with 4" Lift-Kit, Barn-Doors, 5.7L, Runs Great, Rebuilt Transmission, 4 like New Tires, New Plugs/Radiator/Water Pump. Currently Non-Op, - Over \$3500. invested, Sacrifice \$2500. (619) 309-8992 / ceciliaenglish@ vahóo com

WANTED 1961 CHEVY C10 APACHE HOOD Call or text, (207) 265-6640.

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RENTAL CAR starting from \$17.95 per day \$99 a week 350 a month 3006 Barnett Ave. Point Loma open seven days a week trucks for rent \$300 a week Toyota four runner also minivans \$400 a week 15 passenger vans \$500 a week. (619) 233-8300

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TOYOTA TRUCK for rent \$300 a week rent to own program available (619) 233-8300.

1999 TOYOTA AVALON White. Super clean. Rent to own or for sale. Cash price \$2900 (619) 233-8300.

2000 MERCURY GRAND MAR-QUIS Super clean, rent to own or for sale. Cash price \$3900. (619) 233-8300

2000 TOYOTA AVALON GOLD Super clean. Rent to own or for sale. Cash price \$2900. (619) 233-8300.

2001 TOYOTA CAMRY Super clean. Rent to own or for sale. Cash price \$3900. (619) 233-8300.

2005 TOYOTA TUNDRA TRUCK Super clean. Rent to own or for sale. Cash price \$8900. (619) 233-8300

2006 TOYOTA COROLLA Super clean. Rent to own or for sale. Cash price \$6900. (619) 233-8300.

2007 TOYOTA 4RUNNER White Super clean. Rent to own or for sale. Cash price \$9800. (619) 233-8300

2009 MERCEDES E350W Black. Super clean. Rent to own or for sale. Cash Price \$6,900. (619) 233-8300.

2011 CHEVY CAMARO Black. super clean. Rent to own or for sale. Cash price \$17000. (619) 233-8300.

HELP WANTED

SOFTWARE ENGINEER Power Digital Marketing seeks Software Engineer in San Diego, CA to build, maintain new feats. & emponents in React tht enhnc app. & srvc ofrngs. Salary: \$96,845-\$125K/ year. WFH allowed. Send resume: maddy.warman@ powerdigitalmarketinginc.com, Subject: Software Engineer;

REF# SE0503

MULTIPLE OPENINGS

MediaTek USA Inc. has openings in San Diego, CA: Engineer (Job# 00058517): Conduct cross-site & technical collaboration with technical depth on L1/RF & technical breadth on modem systems. Salary: \$119,434 - \$139,434/yr. Senior Dept. Manager (Job# 00049373): Partner with tier-1 customers' 5G modem software engineering teams & project teams. Salary: \$215,134-\$235,134/yr. Email resumes to MTK.USRESUME@ mediatek.com referencing job #.

SR. QC SCIENTIST (Req# IIC1482) in San Diego, CA. Participate in the planning & review of real-time stability design &/or protocol review, design &/or protocol review, approve & organize product stability data & study report. MS+1 or BS+4 yrs rtld exp. \$75,296-\$115,296/yr. Email resumes to Illumina, Inc at ReviewofResumes@illumina.com. Must ref iob title & Beart in Must ref job title & Req# in subject line.

BUSINESS SYSTEMS ANALYST (Req# IIC1484) in San Diego, CA. Telecommuting permitted from anywhere in the U.S. Review próduction schedules, enga specs, process flows, & other info to understand methods that are applied & activities that take place in manuf & services. MS+2 yrs rltd exp. \$94,578-\$124,578/yr. Email resumes to Illumina, Inc at ReviewofResumes@illumina.com. Must ref job title & Req# in subject line.

SR. SOFTWARE ENGINEER (Req# IIC1485) in San Diego, CA. Construction & improvement of high-perf image analysis pipelines for new seq platforms. Telecommuting permitted within the area of intended employment. MS+2 yrs ritd exp. \$121,597-\$161,597/yr. Email resumes to Illumina, Inc at ReviewofResumes@illumina.com. Must ref job title & Req# in subject line.

SR. STAFF IT PROJECT

SR. STAFF IT PROJECT MANAGER (Req# IIC1486) in San Diego, CA. Telecommuting permitted from anywhere in the U.S. Manage global info systems project portfolio; incl partnering w/info tech, sales & service, R&D, & biomedical engg to understand proj needs, balancing resource needs hudget & prioritize BS needs, budget, & prioritize. BS followed by 5 yrs prog rltd exp. \$163,900-\$245,900/yr. Email resumes to Illumina, Inc at ReviewofResumes@illumina.com. Must ref job title & Req# in subject line.

MANUF/OPS QUALITY

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ENGINEER 2
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throughout the prod life cycle. throughout the prod life cycle. Telecommuting permitted within the area of intended employment. MS+1 yrs ritd exp. \$99,008-\$119,000/yr. Email resumes to Illumina, Inc at ReviewofResumes@illumina.com. Must ref job title & Reaff in Must ref job title & Req# in subject line.

ENTRYLEVEL SOLAR PANEL CLEANER Seeking motivated individuals for entry-level solar panel cleaning. No experience required; training provided. Must be detail-oriented, safety-conscious, and able to work at heights. victor@ firstelitegroup.com

LANDSCAPE MAINTENANCE WORKER Immediate opening for landscaper with knowledge of all phases of maintenance. Must have clean DMV to drive company truck. \$19-\$24 hourly. Contact Mike at (858) 776-9966. / lbingham@ sdccd.édu

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PAH1-IIME BOOKKEEPEH
Immediate opening for bookkeeper
experienced with Quickbooks, biweekly/certified payroll, account
reconciliation, payable/receivables,
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Full Moon Blues, Hot Yellows, and Hefty Halibut – White Seabass Education for Youth Program

Dock Totals 7/21- 7/27: 4659 anglers aboard 193 half-day to 3-day trips out of San Diego landings over the past week caught 174 barracuda, 446 bluefin tuna (up to 220 pounds), 9 bonito, 3 cabezon, 1110 calico bass, 53 dorado, 6 halibut, 47 lingcod, 2244 rockfish, 1405 sand bass, 60 sanddab, 197 sculpin, 96 sheephead, 5 triggerfish, 275 whitefish, 4 white seabass, and 3488 yellowtail.

Saltwater: Though bluefin tuna are one of the least affected species when it comes to water temperatures, their feeding habits can be affected by the moon phase. There always seems to be a dip in numbers caught during the week of the brightest moon phases bracketing the full moon, as was the case this past week. For daytime fishing, a full moon week can slow down the action of many species that continue to feed during dark hours given the better visibility. But with bluefin, which often feed through the dark, the full moon seems to affect them both day and night.

The July 22nd full moon was one reason for the substantial drop in the bluefin count this past week. Another might have been the schools' moving further offshore and north, such that they usually begin showing better at the banks past San Clemente Island. The third reason might be the great yellowtail action close to home,

Jim Casad with his hefty 60-pound halibut caught while fishing at the Coronado Islands

causing many boats to forgo a long 100-plus mile boat ride for iffy bluefin when there are plenty of hard pulling yellowtail within 25 miles of Point Loma.

Out around the Coronado Islands, it wasn't all yellotwail, however. One lucky angler, Idahoan Jim Casad, caught a 60-pound California halibut while fishing the islands with his son Casey Casad of San Diego. Closer to home, this past week featured several chunky halibut catches, including a very nice jackpot winner on a morning *Dolphin* half-day run and a 22-pound, 41-inch unit caught in San Diego Bay by a private boater.

Sand Bass numbers rose quite a bit this past week, with much of that due to the targeted areas between the Coronado Islands and Point Loma, with some boats stopping to take a peek at the Imperial flats. Along the beaches, yellowfin croaker, California corbina, and barred surfperch continued to bite very well on bait like squid strips, sand crabs, and mussels while in the bays, shortfin corbina and halibut highlight catches. There was even one report of a small yellowtail caught off Shelter Island Pier.

One of my favorite species to target, white seabass, is showing well along the coast just outside the kelp beds in 80 feet or so, and though the counts don't reflect the action well, reports of the "gray ghosts" keep popping up on social media recreational angler fishing pages. This is always a thrill for me, as the white seabass, once nearly gone from Southern California



Local surf fishing guru Tracy Hartman with a double catch of yellowfin croaker.

waters, have made an excellent return to the fishery. This is due to the excellent work of studies and restocking programs like that of the Hubbs-SeaWorld Research Institute's Ocean Resources Enhancement and Hatchery Program.

Beginning in 1982 with Assembly Bill 1414, introduced by California Assemblyman Larry Stirling, and Assemblyman Dede Alpert's re-authorized Assembly Bill-960, the research is funded through the sale of marine enhancement stamps on fishing licenses for all saltwater anglers. Managed by the California Department of Fish and Wildlife, the hatchery program has grown to the point of producing several million juvenile white seabass annually, with an annual release goal of 350,000 fish per year.

The first batch of juvenile white seabass were released into Mission Bay in 1986, and since then the program has tagged and released over 2.5 million fish. Through the white seabass collection efforts within the recreational angling community, over 2000 of those hatchery-reared white seabass have been recovered, most of them being subadults while others have been growing and reproducing for over 20 years. My father, John Powell, was involved with the program both as an avid angler concerned with

conservation and as a mechanical contractor working on the infrastructure involved. He sat on the Hubbs SeaWorld board of directors in 1989-1990. By the time he passed in 2004, I had caught a few of the fish he helped reintroduce to abundancy while kayak fishing off La Jolla, and he would always get a kick out of that.

I owe a great part of my love of fishing and nature to my father, and as this week was the 20th anniversary of his passing, I reckon it is appropriate to mention the Seabass in the Classroom program offered by Hubbs-SeaWorld Research Institute. The program allows students to grow, feed, monitor and release white seabass, which in turn inspires them to help ensure a healthier planet and fisheries for future generations. The program concentrates education on not only restocking efforts, but also sustainable food production, reduction of reliance on imported seafood, and even jobs that revitalize our working waterfronts. The Seabass in the Classroom project hosts more than 1000 students annually at 11 schools in Southern California, with the aim of creating interest in careers and higher education in science and the environment.

As we humans keep expanding into new biospheres, education about managing our natural resources is an important tool in ensuring a great fishery for future generations. The Hubbs-SeaWorld research, restocking, and educational programs are a good effort to that worthy aim. Wherever they are biting, go out and get 'em!

DANIEL POWELL

SEEKING FOR A PERFECT DRIVER We are seeking for a driver for my old family member on a part-time basis (Mondays & Fridays only)weekly pay \$480 must Have a valid state-issued driver's license Must be professional, safe and patient email us: baileyandr11@att.net

SR EMBEDDED FIRMWARE DEVELOPER Positioning Universal has opening for Sr Embedded Firmware Dev in San Diego CA to develop, design, validate high performance FW. Telecomm. permit w/ in US. Req. 10% domestic trav. Copays trav exps. Resume: careers@ positioninguniversal.com EOE

KAYAK/SUP DELIVERY GIG
IN PB Seeking athletic person
with truck who lives in PB to take
bookings on the phone, deliver, and
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Part time M-F. Pay is cash, 50% of all profits. Fun, outdoor job. Will learn new skills. (541) 517-0057, leave message. (619) 736-8663 / justkayaksd@gmail.com

PERSONAL ASSISTANT WANT-ED excellent computer skills and organizing. Possible college student with part time afternoon availability. Text or call (858) 337-4367

SEEKING DANCE ROUTINE PRODUCER Seniori dol competitor in San Diego participating in local competition. Seeking producer to organize a two minute song/dance routine. Experienced performer. Contact: lolaandjudy@gmail.com

HANDYMAN WANTED Will pay skilled energetic handyman cash for repairs to my Mira Mesa house. Not hiring any service firm, professional, or Yelp-listed worker. e-mail; mysandiegocarl@yahoo.com

CAREGIVER (NORTH PARK):
Quadriplegic seeking evening
caregiver from 4pm-7pm SundayThursday and Saturday. Major
responsibilities will be cooking,
cleaning, and transferring client into
bed. Must be strong, enthusiastic,
and willing to learn. Will train but
prefer those with caregiving experience. Please email resume or letter
of interest to rustykrumm@Hotmail.

IHSS CAREGIVER WANTED Mission Valley Senior lady needs a registered IHSS caregiver for Saturdays. Need cleaning and organizing. Plus light cooking. 7:00 AM to 3:00 PM. Long term. Sometimes a 10 hour day will be needed. Please call (619) 488-0822. Mrs. Carmen

IN HOME SUPPORTIVE SERVICE CAREGIVER ASAP Mission Valley lady looking to hire a in home supportive service caregiver to work 2-3 Saturdays per month. 8 - 10 hours per day. A car is not necessary, Condo needs deep cleaning. I have emphysema. Blinds and windows need to be cleaned, pulling stuff out and organizing and light cooking is also needed. Please leave your name and number by calling (619) 269-3434 before 5 pm. Long term employment. Must be able to follow instructions.

CAREGIVER NEEDED For wife. Good pay. Three days a week. Strong and mature. Some experience. No Agencies. Call (858) 322-2019

TRUCK DRIVERS Local transport companies are looking for truck drivers with two or more years of experience. Requirements: Binational Federal License or CDL, Mexican Passport (mexican drivers), Visa B1/B2 or Residence card, ID or INE, Birth certificate, CV/ Resume. Omega Compliance Solutions LLC. (619) 312-1545.

JOBS WANTED

PROFESSIONAL PRIVATE SENIOR CAREGIVER Available on weekends, references. I'm in San Diego CA., cell (213) 301-6425

CASH PAYING GIGS NEEDED ASAP!! I'm A mature female who is desperately in need. of cash paying gigs, short or long term, no super. heavy lifting! Anything with animals are a bonus. Appreciate unique! Nothing illegal/inappropriate. I'm reliable, hard working, trustworthy,

self-sufficient! sandiegolady13@ gmail.com

FULL TIME JOB WANTED by High school/College graduate healthy 64 male southern Californian. Reliable transportation. Seeking steady full-time employment in Miramar, La Jolla, Solana Beach, Carlsbad, north county. Dale Hauskins (858) 401-2973.

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CASH PAID FOR DEXCOM G6 & G7 We buy diabetic testing supplies & insulin pump supplies such Dexcom G6 sensors, Dexcom G7 sensors, omnipods, transmitters. all items must be sealed/unexpired. Call or text (619) 535-1848 SOLAR PANELS WANTED NEW & USED I am looking for solar panels & inverters that are reasonably priced or if they are old I will haul them away for free so they don't end up in the landfill, I am setting up an off grid system, I am looking for a large quantity. (760) 746-7209

MIDNIGHT FUND Hello, I'm Rachel Ruckdeschel and my dog, Midnight was exposed to pesticides lawn spray. Anyone would like to make a donation for her to see a vet,we would very Grateful! spot. fund/MidnightFund (580) 485-2933 / hateandlove1204@gmail.com

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LOOKING TO BUY OLD DRUM **SETS** I pay cash. Any old Band Instruments. Text me pictures or call (619) 279-7833

CASH PAID: FOR OLD STEREO GEAR Receivers, Amplifiers, Speakers, Turntables. Call Me (619) 279-7833

ANTIQUES & COLLECTIBLES Rock & Roll I buy 1950's-1980's
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WILL PAY CASH For records, CDs, DVDs, and clothes. Profes sional Singing Lessons available. Musicians Wanted. Call Jeff Clark

858- 382-7396. OB SPACEMAN PAINTINGS WANTED Private collector seek ing any and all of his art. Contact me at clintcarycosmicart@gmail. com or call or text (619) 684-0127

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OLD SINGER SEWING MACHINES Singer 221 Sewing Machine. (619) 279-7833. Text me pictures of what you have

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I BUY VINTAGE SLOT CARS | buy vintage slot cars (619) 806-6703 Scott

I BUY VINTAGE STEREOS pioneer, marantz, Sansui etc 1-(619) 806-6703 Scott

CASH PAID FOR OLD VW Old VW Bus, Van, Bug. I like to buy any condition. Call or text pics #619-279-7833

CASH FOR COMIC BOOKS Money, Money, Money! I pay ca for old comic books. Mark (619) 933-6275

WANTED: Speakers, amps and other old stereo gear! The most cash paid always! Brands like JBL, Altec, McIntosh, Marantz and more! Call 1(619)-303-8031; e-mail JBL@

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4 BEAUTIFUL NEW INTERIOR DOORS Premium knotty alder, solid wood, mfg. by Craftsmen In Wood in Arizona, 1-3/4" x 3' x 8', no hinges or handles, they are extra doors from my remodel. I paid \$1,500. each. Selling for \$750/each. Call (760) 746-7209.

BOOK COLLECTION: 570 BOOK COLLECTION: 570 BOOKS 238 hardcover & 67 soft-cover, about 264 cookbooks, some hardcover & some softcover, selling all for \$390. No haggle price, (760) 746 7200

NEW ARTHRITIS RELIEF GLOVES These gray slip-on com-pression support gloves have open fingertips which allow for greater dexterity and help relieve pain & stiffness & enhance blood flow. Breathable cotton/spandex. New in original package. Size M or L. \$12. Text for more info/pics (619) 796-5680 / cadbcsd@gmail.com

OSCILLOSCOPES Hickok model 5002A, three oscilloscopes, I don't have probes, all three for only \$150., total price, call (760) 746-7209

PING PONG PADDLE Stiga "Clipper Classic" table tennis racket in good condition w/case, rubber protector, rubber cleaner, and clean sponge, \$50. Text or call for more info. (207) 649-2157 / troyser54@ gmail.com

SHOPSMITH MARK V MULTI-TOOL Includes table saw, band saw, scroll saw, belt sander, lathe, jointer, dust collector, many extra parts & accessories plus an additional table for mounting tools when not in use, \$975., call (760)

STRING TRIMMER-WEED EATER: Bolens BL110 Handheld Gas String Trimmer, 2 cycle 25cc gas engine, 16" curved shaft, has bump head release for 0.095 dual string line. New in original box, \$125. Call (760) 746-7209.

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3-TIER SHOE RACK ORGA-NIZER This adjustable angled slim shoe rack (25.5"x 6"x 29"H) is stylish, lightweight but strong with stylist, lightweight but strong with clear acrylic feet, durable plastic frame & chrome metal bars. It comes with carrying handles. Clean & in excellent condition \$15. Text for more info/pics (619) 796-5680 / cadbcsd@gmail.com

BLACK RECLINING OFFICE CHAIR This high quality heavy duty ergonomic rolling swivel professional computer desk chair is well constructed & very comfortable with designer fabric seat, backrest & armrests all fully adjustable. Excellent condition. \$75. Text for more info/pictures. (619) 796-5510 / pathoad/page. cadbcsd@gmail.com

FISHER-PRICE TRIKE RIKE 4 KIDS This trike bike has a stable wheel base with durable tires, easy grip handlebars & large foot pedals. 2-5 years, max. weight 55 lb. Secret storage under the seat. 2 bikes available in good condition. \$20 ea. or \$35 for both. Text for more info/pics. (619) 796-5680 / cadbcsd@ amail com

HANGING PENDANT LIGHT 37" TALL This hard-wired classic pendant light has a frosted glass shade with a metal trim. Max. height is 37" and is adjustable. Clean in good condition. 2 pendant lights available, \$25 each or \$45 for both. Light bulbs not included. Text for more info/pics (619) 796-5680 / cadbcsd@gmail.com

LIGHTWEIGHT PUSH REEL MOWER This manual mower is made in the USA with 18" cutting width, 10" ball bearing wheels & easy height adjustments (0.5"-2.75"). Some rust on metal parts & wear on the push handle (covered with duct tapes). Fully functional. \$35. Text for more info/pics (619) 796-5680 / cadbcsd@gmail.com

NEW 175 PCS FIRST AID KIT CASE This complete first aid kit is ideal for home, office, car & boat. It includes prep pads, towelettes, gloves, cold pack, eye patch, tweezers, bandages, gauze pads & tape. New, never used, in original plastic sealed case. \$12. Text for more info/pics (619) 796-5680 / cadbcsd@gmail.com

NEW DIGITAL KITCHEN FOOD SCALE This high quality scale with large LCD screen displays weight in 0.1 oz. increments up to 11 lbs. Weigh items directly on the glass top or use your own plate/ bowl. Battery, use & care guide included. New in original box. \$20. Text for more info/pics (619) 796-5680 / cadbcsd@gmail.com

PINK/WHITE BALANCE BIKE PINK/WHITE BALANCE BIKE
12" Novara Zipper adjustable bal-ance bike, 12" wheels perfect for kids 2 to 5 yrs. old (17.25 min. stan-dover ht., 60 lbs. max. wt). The tires still have plenty of tread and the seat is in great shape. Good overall condition. \$25. Text for more info/ pics. (619) 796-5680 / cadbcsd@ omail.com amail.com

NEW ALUMINUM WALKING CANE This walking cane has a comfortable foam handle & wrist strap, a push-button height adjustment (29"-38") & a locking ring for security. Rated for up to 300 lb. in black or chrome silver. New w/original tags & stickers, \$12. Text. for more info/pics. (619) 796-5680 / cadbcsd@gmail.com



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OVAL SINK This good looking tan countertop comes with 4"
backsplash, 4" center set hot & cold
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Clean & in good working condition.
\$35 Text for more info/pics, 6(9) \$35. Text for more info/pics. (619) 796-5680 / cadbcsd@gmail.com

NEW HEART RATE MONITOR NEW HEART HATE MONITOR

/ WATCH Black LCD display unit
shows heart rate, counts steps &
calories burned, date & time with
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Across

- 1. Playbill roster
- **5.** "Pardon me"
- **9.** Call partner?
- **13.** Classic New Yorker cartoonist Peter
- 14. Confusion
- **16.** Shakespeare's river
- 17. Her latest album is 2020's "Fetch the Bolt Cutters"
- 19. Zeus's wife
- 20. Actor Wheaton
- **21.** Rent-___ (airport-adjacent service)
- __ (GPS system) **23.** Sat _
- **24.** Binge
- **26.** Unofficial title for Stuart Sutcliffe or Pete Best

- **30.** Frequent site for athletic injuries
- **31.** ClO's partner
- **32.** Word before Faithful or school
- **33.** Word on a gift card
- **35.** Remarked
- **38.** Picture in a dream
- **42.** Underground signal carrier, mavbe
- **45.** Her "Hello" is used in the new "Weird" Al polka medley
- **46.** Herb used in some ritual burnings
- 47. Element #10
- **48.** Sheep sound
- **50.** Category
- **52.** Monopoly quad, for short

- 53. Culmination of a heroversus-villain arc
- **58.** Pinstriped baseball team, on scoreboards
- **59.** Indignation
- **60.** Pasture mom
- 61. Seoul-based automaker
- **63.** Medicine bottle
- 65. Completely healthy, with "in"
- **70.** "CÛmo usted?"
- **71.** Brightly colored aquarium fish
- 72. Enjoy some jerky
- 73. Display
- **74.** Basketballer O'Neal who cohosts "Lucky 13"
- **75.** Park in London

Down version that hit #1)

- **1.** Half-_ latte
- 2. Shapiro who hosted the latest season of "The Mole"
- **3.** Paperweight that gets shaken
- **4.** "Beloved" novelist Morrison
- **5.** Reddit O&A feature, for short
- **6.** Trending
- 7. Person living abroad, informally
- **8.** Garden ground cover
- **9.** "A Christmas Carol" outburst
- **10.** Big do
- **11.** Reef component
- **12.** Rapscallion
- **15.** Singer Bryson who duetted on "A Whole New World" (the

- **18.** ___ Romeo (sports car)
- **22.** Memento of the past
- 24. Mediterranean port city
- 25. Pungent
- **27.** "In that case ..."
- 28. Moves, as wings
- 29. Madison Ave. exec, stereotypically
- **34.** Peach dessert name
- **36.** Give ____ chance
- **37.** 7, but not 77
- **39.** Civil rights activist and King mentor Ralph
- 40. High praise
- **41.** Minuscule, cutely

- 43. Territory **44.** Honeycomb compartment
- **49.** To the rear, nautically
- **51.** Actress Palmer
- **53.** Till bills
- 54. Like James Joyce
- 55. "That's swell"
- **56.** Spring sign
- **57.** Tithing amount
- **62.** Pruritus
- **64.** It's practiced as an occupation
- **66.** Time of history
- **67.** Answer section?
- 68. Light bulb variety
- **69.** Source of milk for pecorino cheese

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6	8		3		7	2

SOLUTION TO LAST WEEK'S SUDOKU PUZZLE:

HARD:

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3	1	5	4	7	2	8	9	6
9	2	4	6	3	8	5	7	1

Creme de la Weird

- In China, the highly competitive practice of *mukbang* - eating large quantities of food for viewers' enjoyment - is a wildly popular streaming subject, *Oddity Central* reported. Successful mukbang streamers make good money and are showered with gifts from their followers. The trend took a sad turn on July 14, however, when 24-year-old Pan Xiaoting, a former waitress, lost her life during her mukbang livestream. As Pan's following grew, she took her overeating to greater extremes, pushing her weight to around 650 pounds. An autopsy reportedly showed that her stomach was full of undigested food and her abdomen was severely deformed.

Ewwwwww!

- Gizmodo reported on July 19 that a few days before in Portoviejo, Ecuador, doctors removed an obstruction from a 24-year-old woman's stomach that had caused her pain, vomiting and difficulty eating. The object was a 16-inch-long hairball that weighed 2 pounds, Verdi Cevallos Balda General Hospital announced. The mass was so large it could be detected "by touch from the outside," said lead surgeon Pedro Lovato. It had started to move into her intestines, but doctors said it had not caused serious injury to her stomach and she would recover. The hairball was likely caused by trichophagia, a form of disordered eating where people swallow their hair. The patient is receiving comprehensive treatment.

That Escalated Quickly

- On July 16, Talanye Carter, 41, returned

to a St. Louis Jack in the Box restaurant she had visited three days earlier to complain that she'd been shorted one chicken strip, Yahoo! News reported. The store manager replaced the chicken strip, but that didn't satisfy Carter; she spit in the manager's face over the lack of adequate ranch dressing. When Carter went to her vehicle, the manager took photos of her license plate, and Carter noticed. She put the car in reverse and ran into the woman, knocking her to the ground and injuring her foot and ankle, then left the scene. She was charged the next day with second-degree and fourth-degree assault.

Florida

- The Walton County Sheriff's Office had to remind Floridians on July 18 not to "approach black bears at any time," United Press International reported. The bear in question was hanging out near Highway 98 in Santa Rosa Beach, looking "depressed," and onlookers were getting too close for comfort trying to take a selfie with it. Deputies borrowed a song title, "If Not Friend, Why Friend Shaped?" to discourage residents from cozying up to the sad-looking guy. A Florida Fish and Wildlife Conservation Commission biologist visited the scene, but the bear wandered back into the woods.

Least Competent Criminals

- Tara Lyles and James Lyles of Louisville, Kentucky, where weed is not legal, showed their hand a little too publicly, WAVE-TV reported, when they posted videos of their marijuana production processes to TikTok.

They were arrested on July 22 after a detective arranged to meet Tara in a Kroger parking lot to buy some devil's lettuce. During the exchange, she told the detective that she "packages the product on a thousands level scale and just completed a 1000 pack order over the weekend." Police seized 218 pounds of marijuana, worth about \$450,000 on the street - again, in a state where weed is not legal.

- Social media boasts also took down a foursome of 20-something criminals in Los Angeles County on July 23, KTLA-TV reported. Charles Christopher, 24; Jordan Leonard, 25; D'Angelo Spencer, 26; and Tazjar Rouse, 22, were arrested in connection with a months-long crime spree involving 7-Eleven stores. Leonard couldn't resist the chance to brag: he posted on Instagram, "love my bros we go hit every time," with a photo of stacks of cash, and he helpfully tagged his co-defendants Christopher and Spencer. All four face a maximum sentence of 20 years in prison on each count -- hardly justifying the \$7600 they netted.

Awesome!

- Kai McKenzie, 23, was surfing off New South Wales, Australia, on July 23 when a 10-foot-long great white shark bit off his leg, the BBC reported. When he was washed back to shore, an offduty policeman applied a tourniquet, and a few minutes later, McKenzie's leg also washed up. Onlookers put the severed limb on ice and transported it and the surfer to the hospital, where doctors are evaluating whether they can save it. McKenzie is in serious but stable condition.

Reality No More

- Reality show contestants Spencer "Corry" Jones and Oliver Dev were booted from USA Network's production of Race to Survive after an incident involving a protected New Zealand bird, BoingBoing reported on July 23. Jones said he knew he was breaking a rule when he caught, killed and ate the flightless weka bird during episode eight, but he was "desperate and hungry. Survival in the bush of New Zealand is not easy," he noted. Punishment for killing the bird could be up to two years in prison or a fine of about \$60,000 (U.S.).

News You Can Use

- The Ohio Supreme Court (!) ruled on July 25 that -- are you ready? -- bones are a natural part of chicken, so consumers of boneless chicken wings should be vigilant about them while eating, and that the presence of bones does not constitute a breach of duty on the part of the restaurant. The Columbus Dispatch reported that the 4-3 decision was derided by Democrats on the court, who contended that the question was one for a jury, not an appeals court. "The result in this case is another nail in the coffin of the American jury system," said Justice Michael Donnelly. The case originated with an April 2016 incident in which Michael Berkheimer felt "something go down the wrong pipe" while enjoying wings; he sued in 2017.

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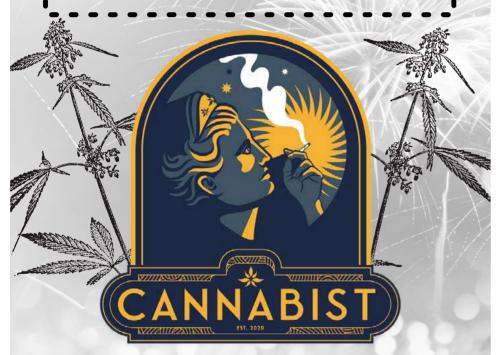




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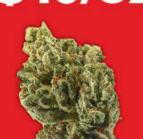
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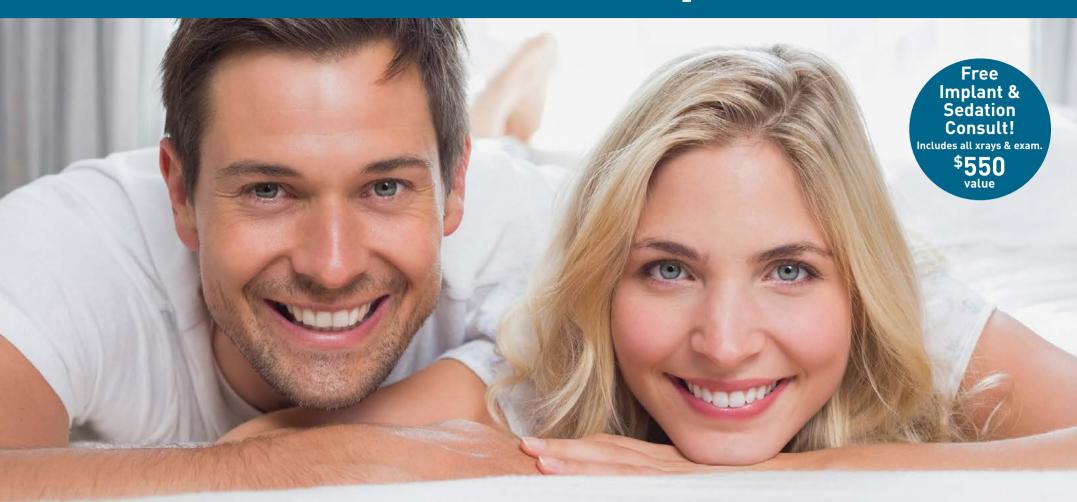






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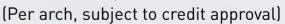
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* Treatment plans vary case by case, restrictions may apply. Call office for details. Offers cannot be combined. Offers for cash patients only. For insurance patients, insurance fees apply Offers good through 9-2-24. **No-Needle system cannot be used on all cases. Use of conventional anaesthesia may still be required. ***Not all patients qualify for same day implants. Questions can not be answered over phone. Implant consult appointment is required. CT x-ray and bone graft not included.