

S A N D I E G O

VOL. 53 | NO. 27 | JULY 4, 2024

Reader

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TIME TO GET BUSY



A new Old Fashioned at Bleu Bohème ■ Hydrants get hit ■ Don Bauder's farewell

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WITH THE SAN DIEGO SYMPHONY ORCHESTRA

JULY 5



HARRY CONNICK, JR.

JULY 6



KODACHROME

THE MUSIC OF PAUL SIMON

WITH THE SAN DIEGO SYMPHONY ORCHESTRA

JULY 7

WITH ARTISTIC DIRECTOR
TED SPERLING



BEETHOVEN BY THE BAY

JULY 12

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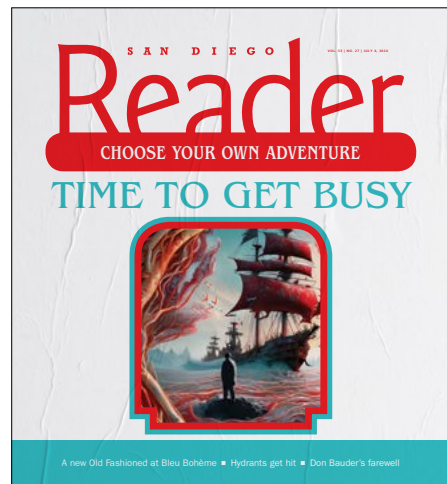
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July 4, 2024



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NEIGHBORHOOD NEWS

By Reader stringers

ENCINITAS

Growing grove generates grumbles

Will trees stand in the way of development?

Four more trees in Encinitas will join the Melba Heritage Grove that was approved last year, but the developer of an adjacent housing project is uneasy about the expanding protected forest. “Let’s not let this complicate something that’s been reviewed,” owner Brian Staver told city planners last week, seeking assurance the grove designation won’t interfere with the construc-



The Enemy Below: It’s not the tree’s crown, but its roots that may pose a difficulty.

tion of Torrey Crest, a density bonus project of 30 single family homes on 6.6 acres. The project has not yet been approved, but a draft environmental report was released in April. The boundary line of the development lies at least 20 feet from the trunks of the four trees. However, a planned retaining wall along the property’s edge may involve trimming some of the trees’ roots where they extend more than

yet been heard by the commission, they declined to consider anything besides the request by a neighboring property owner to bring additional trees into the group. The city created the heritage grove status and added it to its tree ordinance last year at the request of neighbors along Melba Road. The ordinance states that a heritage tree must be one of the oldest and largest of its species, of unique form, historically significant or a major feature of a neighborhood. It also notes that an entire group of such trees can be protected as a grove.

Of the 14 trees that were nominated for heritage grove status in September, just five were approved. The new batch of 65-year-old Torrey pines, located on the property of applicant Bernard Minster, is about 150 feet away. “If you drive up Melba by the Bethlehem church, you can actually see a grove,” he said at an Urban Forest Advisory Committee meeting in March. From that vantage, the trees can be seen growing over the horizon line — and four of them are on Minster’s land.

There are others, including three on Brian Staver’s property, which, if the development is approved, will be on city right of

way, Minster said. “The two trees in front of my house right by the intersection of Melba and Oceanic, which are very beautiful, they were planted by Brian’s father in the mid-1980s.”

Committee members recommended the four pines become part of the heritage grove based on their status as a defining feature of the neighborhood. Planning commissioners said designated heritage trees certainly would create additional scrutiny and a more lengthy process before approval was given for any construction or development nearby. Current state law prohibits cities from adding regulatory barriers that would delay new housing, so the designation won’t affect the current proposal, they said, but if the project changes in some significant way and the developer has to refile, they would then be subject to heritage tree regulations.

SHEILA PELL

THE GREATS

Farewell to a professional love Local journalist who died last week at 88 wrote his goodbye upon retiring in 2018

In 1960, I entered the journalism profession with a Master’s degree and an addiction to work in a field I already knew that I loved: writing and reporting. I had worked 40 hours a week as editor of the University of Wisconsin-Madison campus newspaper and almost that much under a fellowship as a graduate student. Initially, I erred by going into advertising and public relations, but four years later had the fortunate opportunity to join *Businessweek* magazine in Chicago as a reporter.

In two years, I was promoted to bureau chief in Cleveland — good duty, because it involved covering the tire, steel, and glass

industries, consumer companies such as Procter & Gamble, and all manner of metal fabrication firms. After writing a big scam story, I was told I could cover organized crime in business. I did — splendidly — but the magazine wouldn’t even print smoking gun items that were a matter of public record. (Later, *Forbes* printed the whole story with my help — one of my greatest thrills, although my name wasn’t on it.)

So I took a job as financial editor and columnist with the *San Diego Union* (later *Union-Tribune*), and was able to chase financial bandits. But not the biggest ones. I got in trouble when I saw the planned Padres and Chargers subsidies as scams on the taxpayers. I thought billionaires should build their own stadiums, but the newspaper, which got abundant advertising from its sports pages, didn’t see it that way.

I wasn’t fired, but was a skunk at the garden party with management. Earlier, in 1981 and 1990, I had had quadruple bypass surgeries, but, thank goodness, my heart held out until I joined the *Reader* in 2003, and for the 15 following years in which I was encouraged to do the kind of scam reporting I loved. Working for the *Reader* was the highlight of my career.

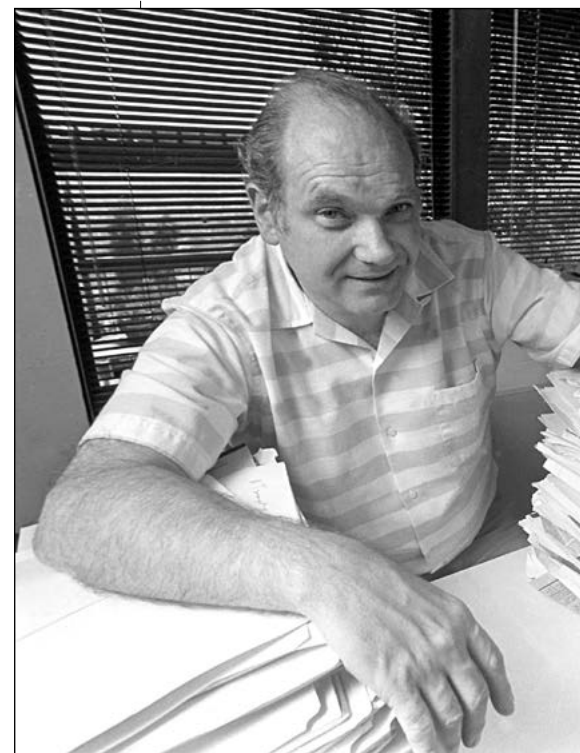
“The two trees in front of my house right by the intersection of Melba and Oceanic, which are very beautiful, were planted by Brian’s father in the mid-1980s.”

tion of Torrey Crest, a density bonus project of 30 single family homes on 6.6 acres. The project has not yet been approved, but a draft environmental report was released in April.

The boundary line of the development lies at least 20 feet from the trunks of the four trees. However, a planned retaining wall along the property’s edge may involve trimming some of the trees’ roots where they extend more than



A planned retaining wall along the property’s edge may involve trimming some of the trees’ roots.



PHOTOGRAPH BY JOE KLEIN

Oh, what a tangled web they wove — and he unraveled. Don Bauder, here photographed for a 2001 *Reader* story about City Attorney Casey Gwinn’s spurious accusation that Bauder lied to fellow financial journalist Zane Mann about the city’s ballpark financing.

However, as was inevitably going to happen, my heart is telling me to jettison my love/addiction. It appears the grafts from my earlier surgeries may be clogging. I have had some tests, will take more, and have more

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NEIGHBORHOOD NEWS

Continued from page 2

consultations with cardiologists. Chest pains abound. I hope an 82-year old body can take a third surgery, if that is required. Maybe I can make it without serious surgery. In any case, I must retire, and thank all the editors and blog contributors who made my *Reader* years such a joy.

DON BAUDER



CREDIT: 911VIDEONWS

Maybe it would help if they were painted in some highly visible color.

WATER WORLD

Fractured fireplugs

It's all fun and geysers until someone loses service

On June 18, a semi-truck driver hit a fire hydrant just east of the UTC Mall as he attempted to steer his vehicle into a parking lot. According to *911 Video News*, the truck's trailer hit the yellow hydrant, which was "ripped from the ground, and water spewed approximately 40 feet into the air." (A sheared fire hydrant can unleash between 500 and 2000 gallons of water per minute.) Firefighters attempted to stop the geyser, but they couldn't entirely shut off the water valve, according to the report. The city public works office was informed, but water was still erupting from the hydrant an hour after the crash, and several nearby businesses lost their water supply. It was the second such incident involving a semi in the past year. In July of 2023, *911 Video News* filmed a semi truck and trailer after it hit a fire hydrant across the street from the Fashion Valley Mall.

Big trucks aren't the only hydrant hitters, however. On June 10, *619 News Media* posted a video of a hydrant that had been knocked over by a golf cart in Eastlake near North Greensview and Clubhouse Drive. In March, a driver hit a fire hydrant by Manzanita Canyon in City Heights and took off, according to *911 Video News*. The water was shooting about 70 feet into the air. Back in December, someone hit a fire hydrant in Kensington. NextDoor commenter Tarah wrote that she

was trying to pick up her daughter from school, but police officers blocked off the streets while the water gushed in the air for 40 minutes. "I had to go the wrong way down our street and then get on the 15," she explained. "It looked like a waterfall flowing over the ramp into the [free]way."

Around the same time, a College Area neighbor saw a contractor smash a hydrant by his house and take off. Last September, in Ocean Beach, *619 News Media* caught video of a fire hydrant that was clipped, sending water 40-50 feet in the air. The

driver took off, and the water reportedly damaged the adjacent ABC Liquor building, which had businesses on the ground level and apartments on the second floor, displacing both the residents and business owners. The month before, *619 News Media* was almost first on the scene when a silver sedan crashed into a hydrant in the Grantville neighborhood. Again, the driver took off, and the nearby Starbucks closed its drive-thru because of the water.

According to *gunsbergglaw.com*, conviction for a misdemeanor hit-and-run involving injury to property, including a fire hydrant, can result in "a maximum of 6 months in county jail, three years informal probation, up to \$1000 in fines plus court penalties, restitution (compensation) to any victims whose property you damaged, and two points on your driver's license." So the risk of running may seem worth it for people who don't want to be held liable for the damage they've caused to property. While the city of San Diego does not list prices for its heavy-duty cast iron hydrants, *Angi.com* estimates they cost between \$3000 and \$6000, with installation averaging \$4500 per unit.

In related news, thieves across the border have been stealing and damaging fire hydrants for the last 15 years to sell them to scrap metal yards, according to fire director Rafael Carrillo Venegas. In a November article in *El Mexicano*, he stated, "Of the approximately 4300 hydrants in the city, only 26 percent are useful."

MIKE MADRIAGA

UNDER THE RADAR

Old San Diego A controversial San Diego political committee bowed out of city politics by filing its official termination statement with the city clerk's office on June 21. New San Diego, founded and operated by Democratic lawyer **Gil Cabrera** — a close friend of mayor **Todd Gloria**, who named Cabrera chairman of the San Diego International Airport's board of directors — was widely known for much skulduggery during its relatively short lifespan. Earlier this year, New San Diego picked up a heap of negative coverage for heavily spending on behalf of unseasoned Republican mayoral candidate **Jane Glasson** in a failed attempt to knock San Diego cop and staunch Gloria foe **Larry Turner** out of November's run-off election contest.

Brochures dispatched by New San Diego touting Glasson featured "an anti-crime theme" and claimed to be "a 'Republican Voter Alert,'" the *Union-Tribune* reported on February 14, a few weeks before the city's March primary. "The piece features photos of and quotes from former President **Donald Trump**, U.S. Senate candidate and former baseball star **Steve Garvey**, and Glasson, the lone GOP candidate in the mayor's race."

A similar strategy proved more effective in May 2022, when New San Diego sent out hits on ex-state Assemblywoman **Lori Saldaña** during her heated primary race against council incumbent, Gloria backer, and fellow Democrat **Jennifer Campbell** in the newly-drawn District Two. "The *San Francisco Chronicle* wrote that Lori Saldaña took the most lobbyist gifts of any member of the State Assembly," said the hit piece, "second only to the Speaker." Saldaña came in third, clearing the way for Republican rookie **Linda Lukacs** to face off against Campbell, who was handily re-elected.

Cash for New San Diego, filings showed, poured in from a host of special interests seeking Gloria's favor at city hall, including \$2500 from Sempra Energy and \$5000 each from influence peddler Miller Public Affairs and the Southwest Regional Council of Carpenters Political Action Fund. Badioe Development Inc., lobbying the city for a bevy of permits, gave \$50,000. Before finally shuttering last week, New San Diego reported getting February contributions from commercial building contractor Martin Brothers of Gardena (\$12,500), F.J. Willert Contracting of Chula Vista (\$7500), West Coast Netting,

Inc., of Kingman, Arizona (\$2500), and the Downtown San Diego Partnership (\$10,000).

From February through June 21, the committee spent a total of \$247,135 on polling and mail for Glasson. On March 12, it sent \$26,000 to the San Diego Labor Coalition PAC. Its final campaign expenditure came the day it shut down, June 21, with \$15,717.06 to California Progress for All, a political committee shown by state disclosure records to be run by Gloria ally **Jason Paguio** of Coronado.

Paguio is President and CEO of the Asian Business Association San Diego.

Weber's political turkeys

Democrat **Akilah Weber**, who succeeded her mother **Shirley Weber** — now California Secretary of State — in the state Assembly, has been given a light hand-slap by the state's Fair Political Practices Commission for failing to report properly a so-called behested \$5000 payment made by the Southwest Mountain States Carpenters union on her behalf to the San Diego Food Bank on January 13, 2023.

"This payment triggered behested payment reporting obligations," reads a January 29 "warning letter" to the current Assemblywoman from FPCC Assistant Chief of Enforcement **Christopher B. Burton**. "Once a source reaches the \$5000 disclosure threshold in a calendar year, all payments from that source, regardless of the amount, must be disclosed." The missive goes on to state, "You failed to file a timely behested payment report within 30 days of the date of the payment."

"However, mitigating factors exist, such that the Enforcement Division has decided to close this case with this warning letter rather than issue a fine," adding, "this letter serves as a written warning. The information in this matter will be retained and may be considered should an enforcement action become necessary based on newly discovered information or future conduct. Failure to comply with the provisions of the Act in the future will result in monetary penalties of up to \$5000 for each violation."

Weber headlined a free turkey handout in conjunction with the Food Bank last Thanksgiving, per a November 10, 2023 write-up in the *La Mesa Courier*. "The event will be open on a first-come, first-serve basis, while supplies last. There is a limit of one turkey per household. A member from each household

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Gil Cabrera's hit-piece machine is down for the count.



Akilah Weber failed to confess the behest, but will not have to redress.

LETTERS

We welcome letters pertaining to the contents of the Reader. Submit them at sdreader.com/letters or phone them in at 619-235-3000. Include your name and neighborhood. Letters may be edited for length and clarity.

After Kansas City

So what happened after Kansas City? (“A fraught ride on a freight train, San Diego to Kansas City,” Cover Stories, June 27, 2024) Did he make it to Chicago? What about Rich? This had the makings of a *Sopranos* ending (Sheesh)!

Dennis Thompson
Scripps Ranch
Editor – See this week’s issue for the second part of the story.

Comments from SDReader.com — not edited for punctuation, spelling, or grammar.

Airbnb succeeded in its San Diego crusade

Golden Dreams, June 27, 2024
Santa Monica taught the world that in order to regulate STRs, municipalities must:

1. Only primary residences w/ the “host” on site.
2. Platform accountability.

San Diego, apparently, does not have either of those requirements. Here in NYC, we followed Santa Monica’s model. Those two provisions work. Learn from Santa Monica, which also won three court cases based on a municipality’s right to regulate commerce in their jurisdiction.

Tom Cayler
Coalition Against Illegal
Hotels Hell’s Kitchen NYC

^How did Santa Monica implement platform accountability?
SM curious

This an example of the hundreds of stories about how whole-home Airbnbs and their investor-owners are trampling on their neighbors and communities. Todd Gloria is at the

top of the pyramid of bad decisions that he’s so well recognized for. This and his other housing missteps that displace long-term renters with no affordable housing mean he’s got to go. Can you imagine the damage with another 4 years?

Stop the madness. Protest, fight, and speak your mind. DONATE LarryTurnerforMayor.com to turn it around.

Larry Turner fan

^Will Larry Turner:
End bonus ADUs, and increase limits on the number of STVRs?
Then he’s got my vote!
Questioning Larry

Alison St John Inglis looks back on life in Oceanside

Close to Home, June 26, 2024
I loved your post in the Reader. Totally captured the change in this city.

I bought my house which is downtown about 27 years ago, everybody laughed at me and said I was crazy. Not now...
Aside owner

Toni Atkins will allow no one to escape density tyranny

News Under the Radar, June 26, 2024

Toni Atkins is a known developer puppet, which is not surprising as she is a member of The Developer Party. Her contractor wife suddenly got tons of business, kickbacks at work.

She is the mentor of Catherine Blakespear, who destroyed her own city for political gain and is now trying to weaken the Coastal Commission to appease her developer overlords.

Please, people, stop voting for these DINO frauds.
blome

She’s (Atkins) at it again, trying to undermine the voice of the voters, etc. Imagine her as governor of CA. what a nightmare that would be.

She is best at governing her grotesque greed and delusions of importance and or relevance concerning everyday life and peoples/constituents

needs, concerns and wellness as a pro tem speaker, city council rep. and possible candidate for who knows what?

Suspicious of Toni

Surfaris spawn takes Tourmaliners to Bay Park residency

Blurt Music News, June 20, 2024
Worth reading! Loved the story!

Surfing Surfari

Tijuana call centers staffed heavily by deportees

Cover Stories, June 19, 2024
Great life story.

Life Appreciator

Great story of success!
Story reader
Respect!!

Jc

Magnificent report, congratulations to the author, the difficult life of the transition from the USA to Mexico, in Baja we have dozens of very successful real estate agents because they basically serve North Americans who like houses and condominiums on the coast of Rosarito.

Everyone is welcome to the industry because they bring quality and decency in their actions.

Maybe it would be interesting to talk to them to learn stories about why they are here in Baja.

Luis Bustamante

Angst in Del Mar over underground train tunnels

Neighborhood News, June 18, 2024

Del Mar residents act as if there’s never been a rail tunnel built anywhere in the world. Truth be told, there are thousands and I daresay there’s not a single instance of homes or businesses 300 feet above more above the tunnels collapsing or vibrating apart or suffering any of the imagined horrors that these wealthy entitled Karens are moaning about to anyone and everyone who will suffer their inane statements.

Why don’t they cite some evidence of a rail tunnel somewhere which has destroyed values?

Has BART affected the gazillion-dollar homes in Daly City or South San Francisco or Walnut Creek in the Bay Area? Has the LA subway extension west from downtown ruined Beverly Hills with tunneling?

The selfishness of these people is astonishing and is as much to blame for our nation’s political dialogue descending into a my-way-or-the-highway cesspool as the MAGA crowd which sees a conspiracy from the time they wake up until they go to bed.

Tunnel Pro

Isn’t “underground tunnel” redundant? Where else do you build a tunnel?

Clarity Maven

San Marcos goat thief blames Elon Musk

Neighborhood News, June 5, 2024

Mr Belinsky is clearly crazier than three smashed cats, and I would be very surprised if the use of methamphetamine didn’t play a role in his goat escapades. I applaud Judge Washington for letting Belinsky avoid prison and get the help he needs, but I hope that it came with a stern warning that if he bothers the elderly couple who own the goats again, he will be going to prison. And for the love of Christ, man, get off the dope and get the help you need.

Meth is bad

Under the radar

continued from page 3

must be present. Registration does not guarantee a turkey.”

Spying cars It’s no secret that modern automobiles have of late been eavesdropping on their drivers and passengers, delivering a trove of personal information to those, including insurance companies, with the wherewithal to obtain high-tech data. That growing list now includes San Diego cops, thanks to a unanimous June 18 vote by the city council authorizing purchase, for about \$3250 per year, of a high-tech car snooping system called the Berla iVe Toolkit.

According to the approved council resolution, “the Berla iVe Toolkit consists of hardware and software utilized to obtain and analyze data from a supported vehicle’s Infotainment and Telematics System.” Per the document, “examples of data obtained from supported vehicles include user data such as connected devices, bluetooth and wi-fi connections, call logs and contact lists, navigational data such as recent destinations, saved locations, tracklogs and track points; and vehicle event data such as door openings and closings, gear shifts, ignition starts, odometer readings and speed logs.” Notes a December 18th, 2023 story about the

fast growing Maryland-based company on the website *The Record*: “While Berla has competitors, none appear to match its capabilities or reach with law enforcement. Its software is not available to the general public.”

In November of last year, another *Record* story says, a federal appellate judge in Seattle ruled that what Berla did was not illegal, clearing the way for big automakers to keep installing vehicle data collection equipment. Plaintiffs in a 2021 class action suit against Honda had argued “that beginning in at least 2014 infotainment systems in the company’s vehicles began downloading and storing a copy of all text messages on smartphones when they were connected to the system.”

Adds the *Record* account: “Once messages are downloaded, Berla’s software makes it impossible for vehicle owners to access their communications and call logs, but does provide law enforcement with access, the lawsuit said.” The June city council ordinance here is more reassuring, saying, “the Berla iVe Toolkit is only utilized upon the issuance of a valid search warrant or written consent from the vehicle’s owner.”

— Matt Potter
(@sdmattpotter)

The Reader offers \$25 for news tips published in this column. Call our voice mail at 619-235-3000, ext. 440, or sandiegoreader.com/staff/matt-potter/contact/.

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An aerial photograph of San Diego, California, showing the city's urban landscape, the San Diego Bay, and the San Diego-Coronado Bridge. The text is overlaid on the image.

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Steen Rasmussen: Go cheap, go ancient.

Do-tanks needed

“Biochar!” says Steen out of the blue.

“Say what?” says Erik.

Steen Rasmussen and I are hooped over the bar at McP’s Irish Pub in Coronado with my friend Erik the Song Doctor. (That’s a real thing! People send him their tunes, and for a fee, he equalizes the song, balances it, improves it, gets rid of bum notes, and generally readies it for market.) Erik and I have just met Steen, who’s a financial type, down here on one of his regular visits down from Vancouver. We’re bemoaning the fact that once again, our beaches are closed.

“And it’s getting worse,” says Erik. Seems Border Field State Park was closed every day of 2023, while the beach at IB Pier was closed for 322 days, and Silver Strand for 291 days. I haul up a quote on my iPad from Paloma Aguirre, Imperial Beach’s mayor: in a letter dated June 6th, 2023 to the White House Council on Environmental Quality, she wrote, “The continuous influx of transboundary pollution is wreaking havoc on the local community, economy, and environment along the coastline of San Diego County.”

“What can you do?” I say, mainly to my pint of Ultra. “They throw millions at the pollution problem and it keeps on getting bigger.”

That’s when Steen busts out his biochar bit. “The oldest trick in the Americas. And the cheapest. I’m scaling it up in a project in Namibia, Africa.”

I bite: “Biochar?”

“It’s a stable form of carbon. Cleans out pollution. It’s made by burning, say, wood, while keeping the oxygen supply down to a small roar. Result is a very porous charcoal. It can soak up a lot of toxins and other things out there — like, pretty much everything going on right now in the Tijuana River.” He says biochar is used in remediating mine tailings, and in a bunch of other projects. “So that might be the best solution that I can think of, just offhand, for addressing this issue.”

He says the good news is you can use the

very things you usually have trouble getting rid of: wood, vegetable, and animal matter. “Waste wood products like biomass from forestry” — say, the dead underbrush that we have in California that makes our wildfires so hot. “You cook it at a certain temperature. I believe it may be upwards of 800 degrees. But you do it in a certain way, where you actually don’t have a flame because you’ve starved it of oxygen. Process is called pyrolysis. The final result is carbon that remains in the ground in a stable form for a long period of time.”

He’s careful to note that it’s not his invention. “The ancient Amazonians were using it to burn their shit thousands of years ago. Biochar is having a resurgence now because people are realizing its efficacy, and because it’s more of a circular economy approach: taking a waste product, and turning it into something that’s useful.”

The Amazonians’ secret, Steen says, was a thing called *terra preta* (“Black Earth.”) “Amazonian communities would dig a big hole in the ground, take all the waste material they had, all their human waste, everything else. And they would cover it and cook it, by pyrolysis. No flame, oxygen shut out. Results looked like a smoldering campfire the morning after. So all that wood and waste would turn into a stable form of carbon, which is much more fertile than the normal poor soils of the Amazonian jungle. You can see these dark patches of *terra preta* scattered throughout Amazonia.”

Today, we’d appreciate it more as a way of sequestering carbon. “It’s an answer to our CO2 surplus problem,” says Steen. “Plus it creates that very strong, rich soil, which helps with water retention, which helps with all the minerals in the land, and also agricultural production. So it’s something that they created from their need to get rid of their stuff, and now it’s something we can [use] in our time and place. Except not a lot of people know about it.”

Steen came across it through his work in finance. “I’ve had multiple careers in my

life. I was working the capital market side of things, and we raised some money for natural resource projects, and then carbon came up on the radar, so we raised some money for that. And then I noticed that no one knew what carbon was. So we started *carboncredits.com*, which I oversaw from domain purchase to being the biggest franchise in the sector in that niche industry. And from that, it connected to bring a whole bunch of different people

And soon enough can’t come soon enough. According to San Diego Coastkeeper, “since October 2023, a staggering 31 billion gallons of raw sewage, polluted stormwater, and trash have flowed down the Tijuana River into the Tijuana River Valley and the Pacific Ocean.” The river’s estuary, one of the few “protected” estuaries left in North America — a “wetland of global importance,” according to the UN’s Ramsar Convention — is turning from coastal

“It’s more of a circular economy approach: taking a waste product and turning it into something that’s useful.”

together from different walks of life, people who normally never talk to each other. So I started with them to scale solutions to address these problems.”

Biochar, Steen says, is the cheapest method of carbon dioxide removal, and you can actually put it back in the ground in a stable form. “There’s a massive demand coming [for carbon removal credits], and we’re trying to feed that supply. And companies such as Microsoft are making purchases off of that. Even national governments such as Denmark [are] making purchases. It’s picking up a lot more traction. Essentially, it’s going to be one of the biggest things out there in the world. And every single country that you look at is both a natural resource and a strategic resource going forward. So they’re looking at their woody biomass stocks as an asset because in the pyrolysis process of burning it, you can also recapture some of the gasses that are emitted at the top; you can also actually generate energy off of that as well. So you can have a highly efficient way of essentially cooking wood, and turning it into a soil additive, and this product called biochar. I think it will be more mainstream soon enough.”

marsh into dry land, snowed under by vast volumes of microplastics. The area’s glory of undisturbed biodiversity is starting to wobble. Something different has to be done.

Could Steen’s dream of an ancient Amazonian technique be part of the answer? “Look,” he says, “I’m not a technical science person, but this is my back-of-the-envelope understanding of it: add the biochar towards the slurry, the waste material, and then it will hold it into more stable (and removable) forms. It’d be a start. At least we wouldn’t just be leaving it to political thinkers who sit in think-tanks. We have enough think-tanks. We need more do-tanks.” ■



Biochar: savior of the TJ River?



Deceptively innocent in appearance: mouth of the Tijuana River.

Drinks All Around

BY AMANDA
TASCHER

GG DROEGE
Bleu Bohème
4090 Adams Avenue
Kensington



Bartenders are like iPhones; you have to keep updating,” says GG Droege, the bar lead for Bleu Bohème. In keeping with that turn of phrase, he encourages me to venture outside the routine and try his latest concoction. “Having an Old Fashioned in a

French restaurant, it’s a thing. Because you always want to start with a cocktail. And then after, maybe jump into wine.”

Over his many years at Bleu, he says, guests have often asked, “Will you make a really, really great Old Fashioned?” and I guarantee them, “After this, you’re not gonna have one, you’re gonna have two or three, because I’m 100% sure of what I’m doing.” And a little later, they’re like... “Can I get another one?”

GG’s Bourbon Vieille combines three-month new French oak barrel-aged bourbon with simple syrup, orange bitters, and Angostura bitters. “It’s a High West bourbon that we use. The reason is because I go to Park City three times a year and my favorite restaurant on Main Street is called 501, and they introduced me to it. And now I love it.”

What sets it apart, other than coming from a uniquely Utah whiskey distillery, is “the quality, and especially that it’s high elevation where they distill. It tastes a little like maple syrup. It’s very fine, delicate, and soft to drink. It’s not too commercial, which I love about it,” he explains. “But I always say the best

is the one that you like.”

During the infusion process, “we taste it every month to see what it needs. If it needs more bitters, if we need to keep it an extra two weeks — just to make sure it’s the same quality every time.” He says the barrel does most of the job. “That’s why it tastes a little syrupy in the beginning. You will feel ‘the love’ in the first sip, but then it gets soft.”

For the cherry on top, he opts for something fresh and homemade. “What we do is boil brandy and we add some sugar, cloves, cinnamon and anise. And once the brandy’s boiling we turn it off and let the cherries sit in the brandy for 15 minutes, and with the same heat it cooks the cherries. You don’t want to overcook the cherries,” he instructs, “because then it’s going to break apart, we just want it nice and firm.”

Another signature GG move: “You have to muddle the orange peel in the glass. When you twist the orange peel you will get a little bit of oil still, but you will get more flavor when you muddle it in the glass, before you put all the ingredients in.”

BLEU BOHÈME’S BOURBON VIEILLE



- ¼ oz simple syrup
- 2.5 oz bourbon
- 3 dashes Angostura bitters
- 3 dashes orange bitters

Muddle an orange peel in an Old Fashioned glass. First add simple syrup, then dashes of bitters, and then bourbon. Add a large ice cube, then garnish with a cherry and dehydrated orange wheel.

Excerpts from 51 years of Reader stories

Adventures in Baja California

A Quiet Place South of Here

The sea urchin is a major object of the villager’s sea harvesting. The wind and sea are calm enough for harvesting sea urchins fewer than half the days of the year. A four-man crew takes a diving skiff to a reef about an hour’s boat ride from Punta Baja. One man sculls with oars, keeping the unanchored boat over the diver; another tends the precious air hose; a third hauls and shucks the urchins’ gonads.

By Brian Wiersma, OCT. 4, 1979

Fisherman’s Knot — In Baja with a Friend

Gregg was wet and hadn’t caught a fish; and here he was probably thinking that I was having a miserable time at his treasured fishing spot. But for all of that he looked as good as a Kool advertisement, with his red watch cap and his green sweater, and his cigarette looking long and just lit. I know I have a moral obligation not to see beauty in terms of a magazine ad, but it isn’t easy.

By Joe Applegate, FEB. 28, 1980

Borderline Spanish

The action has now moved farther west, where the fence climbs dusty bluffs along Tijuana’s International Avenue, where it faces Dairy Mart Road on the U.S. side. The

centers of the action are called the Gravel Pit (el ranchito) and the High Point (no equivalent Spanish name to speak of). A few years ago, the action was even farther east than el bordo, centered at “the soccer field” in the slum called Colonia Libertad.

By Gary Moore, SEPT. 6, 1990

Just Send My Mail to Santo Tomas

In September of 1981, without a word to his family (his father is a commodities broker in Newport Beach, his mother an executive with a construction company in Monterey, and his sister a political science student at Berkeley), Birch set out from home with exactly nine dollars in his pocket. He told us, “I came down as naturally as I could — on foot.” He walked, barefoot, all the way from



Punta Baja is “a survivor, one of the last unspoiled outposts on the vanishing frontier of Lower California.”

Laguna Beach to Santo Tomás.

By Michael Waterman, MAY 26, 1993

Road Hell — the Baja 500

“They also say you must have a full belly pan fore and aft to keep rocks, sticks, rattlesnakes from kicking up into the cab. You must have a front skid pan to extend underneath your steering mechanism. You must have one shock, each wheel, minimum. You must have a fire extinguisher on-board; you have to carry a first-aid kit, tow line, flares, spare fan belt, spare throttle springs, and

enough food to last two days.”

By Patrick Daugherty, SEPT. 20, 1990

Absolute Freedom, Precious Freedom

I explained my mission over another drink. “No problema.” I had his permission to explore the island the next day. I sat down at the table to shoot the shit with these guys. I told them I had been a soldier in the U.S. Infantry, and they asked questions about military life across the border. I answered these as best I could, and in turn I was told of life in the Mexican Navy.

By James Knight, AUG. 13, 1992

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CHOOSE YOUR OWN ADVENTURE



Why yes, that is the Grim Reaper on the side of that model airplane. Why do you ask?

TIME TO GET BUSY

I KNEW IT COULDN'T LAST. I had spent the first half of the year on an almost absurd winning streak. My endeavors seemed blessed in every way. My daughter had won the boyfriend lottery. Business was booming. And best of all, my marriage was recovering from my affair with alcohol. I rarely even thought about the bottle any more, let alone craving what it offered. But the voice in the back of my head took note of all this success and said simply, “You just wait.”

That was a new one — waiting through good times. What I know is how to wait through hard times. Often, that has been the only answer: wait it out. Eventually, the pain goes away. Eventually, you get to a place where the hard times are a distant memory, and you can say things to other

struggling souls, things like, “It takes a little pain to punctuate the beauty in life, or else it would get boring.” Or, “That which does not kill us makes us stronger.” Or, more honestly, “Wait it out, because life can't be all a shit sandwich all the time, can it? Surely, if you don't give up and keep sucking in the wind and making turds every day, then eventually, the problem will go away and leave you to your happy times and good friends, right?” Right.

In January of 2024, I began to notice changes in my body. For a while, they were easy to dismiss — or at least deny. But only for a while. Full of fear, I visited the doctor. Tests were ordered. A CAT scan showed an abnormality in my bladder. The wait was over; I now knew what the next hard time

would be. “You have to make time to come in right away for camera work,” said the doctor. I know two things about doctors: if they are ever urgent about anything, it's terrible. And if they say something will be “slightly uncomfortable,” it will be torture. Guess how he described the process of inserting a camera and pumping my bladder full of water so he could get a good look around.

The camera showed plenty of healthy flesh; the view reminded me of when I was a kid and held a flashlight up to my cheek — then as now, I could see the veins and muscles of my interior. Then something popped into view like an evil jack in the box, a surprise something that didn't belong. “There it is,” he said, gesturing at

the screen next to the exam table. It looked like a wart. Underneath it was a spot that looked like a raw wound.

I blurted out the obvious question: “Is it cancer?”

“I can’t tell,” said the doctor, smiling, “but most likely! Either way, I’m going to cut it out.” He explained that until they did the surgery, they could not tell if the growth was on the surface or deep in the wall. They couldn’t talk about Stage This or Stage That. But they could see that it was close to my kidneys, which was less than optimal.

He began describing the various ways things could play out, and as I listened, I started to feel like I was in a *Choose Your Own Adventure* story, where the story plays out differently depending on what path you select. I could choose a quick surgery followed by regular camera work, because the spot was likely to return. Or I could choose a long surgery involving a stent in my kidney. The book could be called *The Grand Voyage of Cancer*. There was also

the chance that no matter which path I chose, I would be on the dread metastasized death march, with the disease already in the bones and elsewhere. The odds were low, but so were the odds of getting bladder cancer at 55.

I walked out of the office in what felt like slow motion. My legs felt heavy. My internal voice was stern and declarative: You have cancer. The statement unleashed a torrent of emotions. Is disbelief an emotion? Is shock? In any case, they were present and accounted for, sounding off loud and clear. But the life that flashed before my eyes was not my own. Instead, I thought of my children. Would I be around to guide them to adulthood? Would I know my grandchildren? Thanks to the internet, I had plenty of facts and statistics. Without treatment, I would be dead in two years. Even with treatment, the odds of recurrence were high. My internal voice kept up its declarative mode: “You will most certainly die of cancer, and much soon-

er than you expected.”

I visited my man cave. Really, it’s more of a storage unit, but it’s my space for my stuff. One side holds all of our Christmas decorations. I looked at the strands of lights, and wondered if I would install them in December. The other side is given over to music, climbing gear, tents, and tools. There is also a shelf where I store the gifts I have started to box for my siblings. I come from an absurdly large family. That’s a story unto itself. I am the oldest of my father’s kids, and boy, did he have a lot of kids. He had so many kids that he seems to have run out of names; I share mine with one of my younger brothers. He had so many kids that there are some who I do not even know; sometimes I get a pang in the grocery store, thinking one of the checkout clerks could be my younger sibling, but still a stranger.

I am the oldest, and I had the idea to make something special for each of them, as I’m likely to be the first to check out. I’ve always

believed that works of art absorb some of the life energy of the artist, and so by giving them something I made, I would be giving them part of myself. My gift would be the main thing I’d used to get sober and survive the boredom of mindless covid lockdowns: a small model airplane. They would be as detailed and involved as you could imagine; each one could take a month or even two to build.

I looked at the two planes I’d managed to box so far. I thought of the 29 that remained, stacked and awaiting my attention. (Yes, I have that many siblings.) My internal voice remained calm, but I could detect a terrified note underneath: “There is no way you will live to build them all.” It seemed a crushing certainty. I started wondering if I should just sell the unbuilt airplanes. (*If you abandon the plane project, turn to page 50.*)

I looked around. All of these things, these toys... my guitars and sporting goods, my books and toy airplanes and music gear — all were bought for the purpose of filling my free time. My time to waste. The decorations? They were there to mark the passing of time as a family. Suddenly, it all seemed so silly. Yesterday, I had time. Now, an alarm clock was sounding. Now it was time to conclude unfinished business, to compile lists. Now it was time to get busy.

I made lists of things I would *not* be doing if the news came that my death sentence had been passed. No more painful dental work. Back taxes could wait. No more mental real estate

given over to the news of the world: political nonsense and shrieking college kids got evicted in a hot minute. Then it was on to the positive stuff, stuff I *would* do. I would make peace with anyone I’d wronged, and do whatever I could to set my wife and kids up to be...without me.

The surgery came. I almost convinced myself that I didn’t need it. (*You have no obvious symptoms. If you choose to ignore the doctor and go on about your life, turn to page 79.*) But I walked myself into the operating room. When they put me on the table and spread my arms, I couldn’t help but think of death row inmates being strapped down and readied for a lethal injection. The mask went on, the doctor said, “See you in recovery,” and then I woke up. There was no pain, but I left the hospital with a catheter. Fun stuff.

Now, I wait for normal bodily functions to return, and for the lab results to tell me if I have cancer. This is the worst part so far. Some things are not going so well; there are indications of complications. When I call the doctor to report the scary stuff, I’m told to wait for a return call. The time for the call comes and goes. Do I wait some more? The waiting sucks. I can’t really sleep. I hover in a kind of semi-conscious twilight. Short dreams come. In one, I am a ghost, looking in on my daughter. I wish I could ask her boyfriend to marry her, because I want a grandchild, and I don’t have time to wait. I keep this to myself.

But I do pressure my son, who is working for the family business, to

get the credentials that I never needed. Running a business is difficult, but he was working at a grocery store and majoring in video games instead of college, so I decided this might be the best opportunity for him. After my own father died, there was a time when I thought that he came to look in on me. I was in a financial crunch at the time, and I felt him say, “You’ve got this.” And I did have it. Now I want my son to have it.

While I wait, I look back. That much I have time for. Some parts of my life have been really hard, but in retrospect, I wouldn’t change much. “It takes a little pain to punctuate the beauty in life, or else it would get boring.” I take inventory of my beliefs, evaluate my relationships. I can no longer wait to be better to my friends and loved ones; that starts now. I haven’t been terrible, but I had to survive a rough childhood, and it left me with an edge. I can be harsh, quick to anger. Still, my feeble attempts to apologize are usually met with acceptance and statements of love, so maybe I wasn’t the shithead I sometimes thought myself to be.

The internal voice hasn’t softened any. It talks about life insurance money, about riding the disease into the grave. (*If you heed the internal voice, turn to page 93.*) But outside my head, nobody wants me to die. My wife wants her husband, my kids, their dad. My employees want their boss to keep the business going, and my bandmates want me back on guitar. Death can wait.

— Albert Barlow

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TALES FROM THE RAILS, PART TWO

A freight ride on a freight train, Kansas City to Chicago

Editor's note: Part 1 of this story ran in the June 20, 2024 issue of the Reader.

I was surprised there weren't more passengers on the truck trailer car, because I had seen plenty of people around the freight yard. Maybe they were headed west instead of east, or perhaps north or south. But I had confidence that Rich knew his trains, and that we were headed to Chicago. It wasn't long before Rich was making his way around the car; I think he was trying to break into the trailer. I just lay still, trying to sleep and hold on and stay out of the way of the truck's tires.

When it got light, I could see the scenery had changed: greener, a lot more trees. We were crossing over a lot of streams and even rivers. Rich told me that we would be in Chicago late that night. All three of us were feeling good. About midday, the train slowed down as it rounded some curves, and the next thing I knew, we had stopped in front of a small train station. An old guy with a khaki uniform and a holstered gun approached us

and said, "Okay boys, the ride is over." We threw our bags off and jumped down. I glanced up and saw a sign on the station that said La Plata, which I found out later was in Missouri, not too far from the Illinois border.

Pie in La Plata, a cafe in Clarence

My first thought was that the guy looked like my grandfather. He was the sheriff, fire chief and, I think, the mayor of La Plata, and he was polite



Finally, the train began to slow, and Rich said, "This is Chicago."

with us; it felt like we were more of an inconvenience than anything else. He put us in the back seat of his car and drove us to a fire station. There was a cage in the corner next to where the fire trucks parked with a bunk bed and a couple of stools inside; I guessed it was the local jail. He put us inside and shut the door, but I noticed there was no lock on it. Then he left the area. Rich said, "The sheriff should feed us." When he returned, we told him we were hungry and needed to clean up. He looked us over and must

have thought we were not a threat, because he drove us to his house, which was only a couple of blocks away. There, he introduced us to his wife, who showed us where we would be sleeping that night and provided us with some clean towels and even some clothes, although the clothes didn't fit too well.

Soon the sheriff's wife had cooked up a fabulous meal, including a roast and mashed potatoes, with homemade berry pie and vanilla ice cream for dessert. I have never forgotten that meal. Later, as I was lying in bed with clean sheets outside and a full stomach inside, I thought to myself, *Did I fall off the train and die?* because it felt like I had arrived in heaven. The feeling carried over into the next morning, when the sheriff's wife made us breakfast — which included the best bacon I have ever eaten — and packed us each a lunch. I wondered if they might make me a deputy and let me move in. Instead, the sheriff explained that he had talked to Santa Fe authorities and they would not be bringing any criminal charges, but we could

not ride on the Santa Fe anymore. He further explained that riding on freight trains was not only against the law but extremely dangerous. Then he drove us to Macon, Missouri, stopped by the train tracks, and told us that freight trains sometimes stopped there to let other trains pass. If we hopped one, we would end up in Chicago.

After half a day, no trains had stopped. A guy from a house near the tracks came out and told us that trains rarely stopped there anymore. This made Rich mad, and for some reason he focused his anger on the messenger. That's when I said I was going to hitchhike on along a nearby road into the center of Macon. I said goodbye to Rich and the other guy and caught a ride into town. But the trains didn't slow down as they passed through town, and I was just as stuck as before. Then, late in the day, I saw Rich walking along the tracks. He spotted me and came over. I asked, "Where is the other guy?"

"He took off," replied Rich. But I noticed that Rich had the other guy's bag, and decided I

needed to get away from him for good. Rich said someone had told him that we needed to get to a town called Quincy, where trains stopped for fuel and to load cargo. We headed to a road, but by nightfall, we had managed to get a ride only as far as Clarence.

We bedded down near the tracks, and Rich began to share stories about riding freight trains in the South. He said they went all over the place, that the scenery was much better than in the desert and Midwest, and that the people were really friendly. About that time, I said to Rich, "Look how slow that train is going. Is it going to stop?" He said he thought we could catch it. We both jumped up, grabbed our things and took off after the train, but it never slowed to the point where we could jump aboard, and we wound up sleeping back where we had been.

When it got light, we got up and found a little café, where we got something to eat. I recall how odd Rich and I looked in that café: two young kids surrounded by a bunch of weather-worn farmers. We were definitely "objects of curiosity," but everyone was friendly enough. Rich was as bold as usual, and he began asking people how to get to Chicago. One guy said to go to La Plata, but that wasn't going to work for us. Another guy said he was driving to Hannibal, a city on the border of Illinois, later that day, and would give us a ride. He was as good as his word. I rode in the back of his pickup truck, and Rich rode in the cab. He was a pretty good-sized farmer, so I wasn't too worried about Rich going off on him for some reason. We

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reached Hannibal, on the banks of the Mississippi, and our ride dropped us by the small freight yard.

This was new territory for Rich, just as Macon and Clarence had been, but even so, he knew that we didn't want to try to hop a tanker car, because we might get knocked out by the fumes from whatever was inside and then fall off the train. And there were a lot of tanker cars.

As dark began to settle in, we spotted a car that looked promising — a gondola, like the one I had first boarded in San Diego. But there was one big difference between the two: this one was not empty. It was nearly full of scrap metal — big, jagged pieces of it. Rich hollered that we needed to get off, because the metal might shift and crush us, but it was too late; we were going too fast. Luckily, after 30 minutes the train stopped in another freight yard, and we jumped off. We had made it to West Quincy. Chicago felt so close. Rich said we should find a place to camp for the night and get going first thing in the morning, but I was anxious to keep going. I thought maybe we could be in Chicago by morning. He reluctantly agreed to try and find a train that night.

The long last night

Soon we spotted our ride: another one of the truck trailer cars — the only one on a long train of mostly boxcars with louver-type slats on the sides. This car had only two one-step ladders with handles, one at the front and one at the rear, but that didn't stop us. The whole thing reminded me of taking a wave on a surfboard:

paddle like crazy, pop up, get your balance, and enjoy the ride. Oh, and try not to fall off.

Rich quickly worked his way back to where I was lying. Again, I made sure I was well away from the big tires on the truck trailer, and away from the big chains that secured the trailer to the flatcar. The train started to accelerate, and soon we were rolling right along — to Chicago, I hoped.

One of the first things I noticed was that we crossed over a big waterway, which I determined later was the Mississippi River. The train made a different sound when it was on a bridge, a kind of humming. It was completely dark by then; the only lights came from the signals at the road crossings. Within just a few minutes, I began to feel something hitting my face and head. It wasn't raining, so I thought it might be water drops coming from the truck trailer, or perhaps from the cars in front of ours. But then I wiped my face and noticed the stuff was like wet mud and smelled terrible. Once again, Rich knew what was going on: "There are animals in the cars in front of us, and that's their waste! We have to get off!" But once again, the train was going too fast for that. We turned and faced the other direction, and covered our heads the best we could, but it didn't seem to help much. Eventually, we became completely covered, and the smell was horrific. I thought, *This is it, I'm on my last ride. I am going to pass out and fall off the train, and there is no way to escape.*

There was no sleep that night, which seemed endless. Finally, the train

began to slow, and Rich said, "This is Chicago." The train stopped in a huge freight yard, and we quickly jumped off. We were totally covered in animal waste, and the smell was so bad I thought I was going to vomit. That's when I heard the grunting and squealing of the pigs in the cars ahead of us.

Arrivals and departures

The first order of business for both of us was to get cleaned up, but there was another thing on my mind: how to ditch Rich. I thought maybe he liked me okay, but even so, I knew he was not to be trusted. As we left the freight yard, I spied a little coffee shop that I figured must have a bathroom, so I said to Rich, "Let's clean up in that coffee shop." He said okay, and I told him to go ahead first. As I was standing outside on the street, I saw a taxi coming, and knew that was my chance to get away. I immediately flagged it down, got in the backseat, and told the driver, "Take me downtown" — wherever downtown was. Because of how I looked and smelled, I thought he was going to tell me to get out of his taxi, but he quickly sped away. He asked me where exactly downtown, and I said, "To the main train station."

Soon we were at Union Station. I had spent hardly any money so far, so I was able to pay the taxi driver. I walked into the station and headed to the rest room to try and clean up. I found a mirror, and my reflection looked like someone had rolled me around in a mud puddle and let the mud dry all

over me. Physically, I was a mess, but headwise I was thinking, *I made it, I got all the way from San Diego to Chicago.* Not in three days, but still. Except for being unbelievably filthy and smelling like a pig, I felt good.

After washing up as best I could, I headed out to find a store where I could buy a change of clothes. After that, I got something to eat, and spent the afternoon wandering around Chicago, marveling at the tall buildings. What a great story I was going to have for my surf buddies. Then it hit me: I really did not have a plan for how to get back to San Diego. I guess had been thinking I would figure something out when the time came, and now the time had come. I didn't want to ride the freights; I had done that already. I didn't even want to take a passenger train. Sitting on a bus for a few days didn't seem like much fun, and besides, by that point, I had only about \$20 in cash. There was no calling my parents, because they thought I was on a camping trip with some friends. If I told my dad that I was in Chicago,

he would take my car, my surfboard, and my freedom for the foreseeable future.

Grandparents to the rescue. I put in a person-to-person collect call through to my mom's parents in Hanford, California. My grandfather took the call and asked, "What's wrong?"

"Hi, it's Jerry, I need some work." They owned an old hotel in Hanford, and they always needed help.

"Fine, when can you get here?" I told him I could be there in a day or two, but needed some money to get there. He said, "Fine, where are you?"

"Chicago."

There was a big pause. Then he said, "Where in Chicago?"

"Union Station." He told me to find the nearest Western Union, and that he would send me enough money to fly to Los Angeles, and from there to Visalia, which was near Hanford. I found the Western Union, took a taxi to the airport, and caught the night flight to Los Angeles. In Visalia, my grandfather picked me up in his big fancy four-door

Chrysler Imperial; it reminded me of the Caddy I had ridden in a few days earlier. He didn't ask me anything about what I was doing in Chicago. I think he figured I was on some adventure and was happy to see me and have some help around the hotel. When we got there, he told me to clean up and get rested, because I would be working the night shift at the front desk, tie and all. One of the first people I checked in that night was a Santa Fe Railroad Bull.

My older brother was also working at the hotel, and he wanted to know what I was doing in Chicago. I told him I had a girlfriend there. He knew better. But in a couple of weeks, I was back in Imperial Beach, surfing and bragging. It was hard for anyone to beat my freight train story. To be honest, it was hard for anyone to believe it.

For quite a while after that, whenever I spotted a freight train, I would think of my journey, and wonder what it would have been like to continue on with Rich to the South — and if I would have survived.

— Jerry Olivas



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Your Week

AND WELCOME TO IT

Thursday | 4

JULY 4TH BBQ DINNER & FIREWORKS

Come enjoy a bbq dinner and fireworks viewing from the McKinney Deck of the 1898 *Berkeley*, a national and state



STEAM FERRY BERKELEY 1898 STEAM FERRYBOAT

historic landmark, or the waterfront barge to the rear of the *Berkeley*. Adult guests will enjoy a pulled pork sandwich, potato salad, chips, and cookie. Children can have hot dogs, potato salad, chips, and cookies. Plant-based options available upon request.

WHEN: Thursday, July 4, 7 pm to 9:30 pm

WHERE: San Diego Maritime Museum, 1492 N. Harbor Drive, Downtown. sdmaritime.org

Friday | 5

STARS AT MISSION TRAILS

Join members from the San Diego Astronomy Association at the far end of the Kumeyaay Lake Campground day-use parking lot to view the night-time sky through telescopes they provide — or bring your own if you have one. There will be a waxing gibbous



moon at 80 percent illumination. There will also be an opportunity to catch Mercury before it sets at the horizon at 9:30 pm (due to Mt. Fortuna). The bright star in the East is Vega, part of the Summer Triangle with Deneb and Altair. Rain or cloudy skies cancel event. Look for the set-up at dusk.

WHEN: Friday, July 5, 7:45 pm to 9:45 pm

WHERE: Kumeyaay Lake Campground, 2 Father Junípero Serra Trail, Santee. sdaa.org

Saturday | 6

SUMMER CULTURE FEST

Sample foods from all around the world: Cajun, French pastries, Argentinian street food, Brazilian crepes, beef lumpia, *pancit*, pork bbq skewers, Japanese cheesecake, bubble waffles,



peri-peri chicken, lemongrass skewers, and fermented hot sauces. Craft vendors will be selling handmade soaps, cork hats, resin art, Okinawa-inspired clothing, and Turkish jewelry. Local beers for \$5 each. Wine and cocktails available.

WHEN: Saturday, July 6, 2 pm

WHERE: Waterfront Park, 1600 Pacific Highway, Downtown. devotedtoyouth.org



THURSDAY, JULY 4: JULY 4TH BBQ DINNER & FIREWORKS



NEW KIDS ON THE BLOCK

Sunday | 7

NEW KIDS ON THE BLOCK AND PAULA ABDUL

The *Magic Summer 2024 Tour* takes its name from the New Kids on the Block's famed 1990 tour, which established them as one of the biggest selling American boy bands in pop music history. Co-headliner Paula Abdul is returning to a music career after years of serving as a television personality. Also performing will be DJ Jazzy Jeff.

WHEN: Sunday, July 7, 7 pm

WHERE: North Island Credit Union Amphitheatre, 2050 Entertainment

Circle, Chula Vista. northislandcreditunionamp.com

Wednesday | 10

FIESTA STREET MARKET IN CHULA VISTA

Come check out a free event with a street market, live performances, vintage clothing, food trucks and drinks from local vendors. New this year is the kids vendor event, where children can showcase their wares for sale.

WHEN: Wednesdays, 3-7 pm, year-round, rain or shine.

WHERE: Chula Vista Golf Course, 4475 Bonita Road, Chula Vista. fiestastreetmarkets.com



HOW TO SEND US YOUR LISTING: Have an event? We want it! Festivals, lectures, sporting events (including surfing, kayaking, and sailing), Meetups, conventions, book signings, art gallery openings, conferences, dance performances, expos, poetry readings, classes & workshops — all are welcome. You can submit an event at sreader.com/events/submit.

ART

Absolutely Abstracts Absolutely Abstracts asked artists to dig deep into the inner workings of the mind, expressing a visual language of shape, form, texture and color. Friday, July 5, 4pm; **free**. Escondido Arts Partnership Escondido Municipal Gallery, 262 East Grand Avenue. (ESCONDIDO)

Aura Activation Meet the artist behind Radiant Human aura photography and a collection of local wellness inspired artisans. Sunday, July 7, 10am; Monday, July 8, 10am; Lafayette Hotel, Swim Club & Bungalows, 2223 El Cajon Boulevard. (UNIVERSITY HEIGHTS)

In Pursuit of Light Opening Reception Union Hall Gallery presents: In Pursuit of Light, paintings by Lester Machado. Runs from July 6 – August 18 Saturday, July 6, 5pm; **free**. Art Union Building, 2323 Broadway. (GOLDEN HILL)

Reverberating Notes Opening Reception The water-based media exhibition runs June 30-July 27. Friday, July 5, 5pm; **free**. San Diego Watercolor Society, 2825 Dewey Road #202. (LIBERTY STATION)

Symmetry in Chaos: Abstract Geometry Art Show Symmetry in Chaos is all about exploring the beauty of shapes and patterns in a chill coffee shop setting. Think funky shapes, vibrant colors, and art that makes you go, “Whoa, how’d they do that?” It’s like a puzzle for your eyes and your imagination. Saturday, July 6, 6pm; **free**. 6 Grados Coffee, 2335 Reo Drive #6. (NATIONAL CITY)

BEER

Celebrate Independence Day Celebrate Independence Day with a little Red, White, and Brew Thursday, July 4, 11am; **free**. Punch Bowl Social, 1485 E Street. (EAST VILLAGE)

BOOK SIGNINGS

First Sunday open mic poetry in Escondido Poets INC presents Rumi scholar Ali Arsanjani, and his mother Maryam Daftari, with their new translations of the ghazals of Hafez. An open mic for everyone on the signup board follows in the second half of the afternoon - read your own work, or that from your favorite author(s). Sunday, July 7, 1pm; **free**. Escondido Arts Partnership Escondido Municipal Gallery, 262 East Grand Avenue. (ESCONDIDO)

Rhyme & Verse

A poem for the Fourth of July
by Oliver Wendell Holmes, Sr.

Old Ironsides

Ay, tear her tattered ensign down!
Long has it waved on high,
And many an eye has danced to see
That banner in the sky;
Beneath it rung the battle shout,
And burst the cannon’s roar;—
The meteor of the ocean air
Shall sweep the clouds no more.

Her deck, once red with heroes’ blood,
Where knelt the vanquished foe,
When winds were hurrying o’er the flood,
And waves were white below,
No more shall feel the victor’s tread,
Or know the conquered knee;—
The harpies of the shore shall pluck
The eagle of the sea!

Oh, better that her shattered hulk
Should sink beneath the wave;
Her thunders shook the mighty deep,
And there should be her grave;
Nail to the mast her holy flag,
Set every threadbare sail,
And give her to the god of storms,
The lightning and the gale!



Oliver Wendell Holmes, Sr. (1809-1894) was an American man of letters, physician, and one of the Fireside Poets—which included Henry Wadsworth Longfellow, James Russell Lowell, William Cullen Bryant, John Greenleaf Whittier and Ralph Waldo Emerson—the first generation of American poets whose popularity rivaled that of British poets both in the U.S. and abroad.

Holmes is best known for *The Autocrat at the Breakfast Table*, a series of essays on a broad range of topics written in a homespun Yankee style as one-sided dialogues with unnamed interlocutors at a boardinghouse. His most famous poem, “Old Ironsides,” is a homage to the *USS Constitution*. The poem’s popularity led to preventing the ship, most famous for its action during the War of 1812, from being decommissioned. It remains the oldest ship in the U.S. Navy still in commission. Holmes is the father of Oliver Wendell Holmes, Jr., a justice of the U.S. Supreme Court, and is also known for coining the term “anesthesia.”

Find more poetry online at SDreader.com/poetry

Marjan Kamali: The Lion Women of Tehran Warwick’s presents Marjan Kamali as she discusses and signs her new book, *The Lion Women of Tehran*. Free seating is subject to available space on a first-come, first-served basis. To ensure seating, reserve one book per person @ warwicks.com/event/kamali-2024. Wednesday, July 10, 7:30pm; **free**-\$29. Warwick’s Bookstore, 7812 Girard Avenue. (LA JOLLA)

Renée Carlino: This Used to Be Us Warwick’s presents Renée Carlino as she discusses and signs her new book, *This Used to Be Us*, in conversation with Liz Fenton and Lisa Steinke. Free seating is subject to available space on a first-come, first-served basis. To ensure seating, reserve one book per person @ warwicks.com/event/carlino-2024. Tuesday, July 9, 7:30pm; **free**-\$18. Warwick’s Bookstore, 7812 Girard Avenue. (LA JOLLA)

Weekends with Locals: Allan Havis Weekends with Locals will be hosting Allan Havis, author of *Maddie Q*. Sunday, July 7, 1pm; **free**. Warwick’s Bookstore, 7812 Girard Avenue. (LA JOLLA)

CLASSES & WORKSHOPS

Alzheimer’s San Diego: Safety at Home Reduce the risk of wandering, falls, household injuries, medication errors, and more by learning important safety tips to keep people living with memory loss safe and well at home. Register at the ticket link and learn more at www.alzsd.org/services/education. Tuesday, July 9, 10am; **free**. 18 and up. Oasis San Diego, 1702 Camino Del Rio North. (MISSION VALLEY)

Belly Dance Basics Workshop This six-week journey explores the fundamental techniques of belly dancing, enriched with hints of salsa and merengue influences. Tuesdays, 7pm; through Tuesday, July 9, \$150. Mid-City Community Music, 4011 Ohio Street. (CITY HEIGHTS)

Better Bridge by Farr - Monday, July 8, 10am; \$110-\$125. La Jolla Community Center, 6811 La Jolla Boulevard. (LA JOLLA)

Boho Beach Macrame Craft Workshop Learn some macrame basics and you have the option to add some beach decor to finish off your piece. Admission includes step-by-step instructions and all the supplies. No previous experience required. Wednesday, July 10, 6:30pm; \$45. Mike Hess Brewing Ocean Beach, 4893 Voltaire Street. (OCEAN BEACH)

Clinical Somatic Exercise Pain relief that no one has heard of. Saturday, July 6, 1:30pm; **free**. 18 and up. Pacific Beach Library, 4275 Cass Street. (PACIFIC BEACH)

Copper Air Plant Suncatcher Craft Workshop This workshop includes step-by-step instructions all of the supplies and a large air plant. Sunday, July 7, 6:30pm; \$55. La Mesa Wine Works, 8167 Center Street. (LA MESA)

Foundation Drawing Workshop With Instructor Duke Windsor Saturday, July 6, 12pm; \$30-\$240. 18 and up. Heritage of the Americas Museum, 12110 Cuyamaca College Drive West. (RANCHO SAN DIEGO)

Meditation, Awareness & Awakening Hosted by Turiya Dhara Saturday, July 6, 11am; **free**-\$20. 18 and up. Dharma Center, 5059 Newport Avenue. (OCEAN BEACH)

SDDT Summer Workshop SDDT’s annual Summer Workshop aims to provide professional level dance training to developing dancers with a two-week long, all-day dance experience. Monday, July 8, 8:30am; Tuesday, July 9, 8:30am; Wednesday, July 10, 8:30am; \$20-\$600. Light Box Theater, 2590 Truxtun Rd., Studio 205, Building 176. (LIBERTY STATION)

Say it With Textiles Workshop This workshop will be directed towards non-textile artists. Bring to class images of your work, notepad/sketchbook and discover how to transform your art into 2-D or 3-D. Saturday, July 6, 10am; \$120-\$150. Visions Art Museum, 2825 Dewey Road #100. (LIBERTY STATION)

Teen Pottery Summer Session Learn ceramic basics including pottery wheel throwing, several hand building techniques, and glazing on clay and bisque ware. Clay, glaze, and firing are included; new students receive a tool kit, apron, and tote bag. Monday, July 8, 2pm; Mud Lily, 2888 Adams Avenue. (NORTH PARK)

COMEDY

5th of Ju-Laugh Comedy Show National performing comedian and New York native Mike Diamond presents the funniest post Fourth of July comedy show you could ever experience! He’s also bringing a few of his hilarious friends to really spark those fireworks. Friday, July 5, 7:30pm; Mic Drop Comedy, 8878 Clairemont Mesa Boulevard. (KEARNY MESA)

Che Durena Haitian Canadian comedian Che Durena was born and raised in British Columbia and is based in Toronto after spending time performing standup in Mexico. His comedy offers an absurd angle on his experiences living abroad and his perception of matters like culture, race, relationships and drugs. Friday, July 5, 7pm and 9:30pm; Saturday, July 6, 7pm and 9:30pm; Sunday, July 7, 7pm; \$25-\$35. 21 and up. Comedy Store, 916 Pearl Street. (LA JOLLA)

Hans Kim As seen on *Kill Tony* and more. Friday, July 5, 7:30pm and 9:30pm; Saturday, July 6, 7:30pm and 9:30pm; Sunday, July 7, 7pm; \$20. 21 and up. American Comedy Company, 818 Sixth Avenue. (DOWNTOWN SAN DIEGO)

Heather Shaw Heather Shaw is a stand up comic who has gained a large following on social media for her humor and uncanny resemblance to Jim Carrey. Wednesday, July 10, 7:30pm; Mic Drop Comedy, 8878 Clairemont Mesa Boulevard. (KEARNY MESA)

I.B. Comedy Club Show - Saturday, July 6, 9pm; **free**-\$10. 21 and up. IB Public House, 995 Palm Avenue. (IMPERIAL BEACH)

Laugh A Latte Hosts Rand, Carol and Simon with Brendan, Abby, DD and headliner Bijan. Saturday, July 6, 3pm; **free**. Brew Coffee Spot, 6101 Lake Murray Boulevard. (LA MESA)

Nurses Night Out Army Veteran and Neonatal ICU Nurse, Greg “G” Williams is expertly trained to save a life or kill a crowd with laughter. Greg became a Nurse in 1998, started comedy in 2007 and has toured, headlining nationally. Whether you’re in the medical field or not, you’ll enjoy the best medicine there is...laughter. Sunday, July 7, 6pm; Mic Drop Comedy, 8878 Clairemont Mesa Boulevard. (KEARNY MESA)

Out of this World Comedy Show Comedians TBA Saturday, July 6, 7:30pm; 18 and up. Mic Drop Comedy, 8878 Clairemont Mesa Boulevard. (KEARNY MESA)

Rob Kazi Rob Kazi is one of the most talented and versatile comedic actors on social media. He has built a massive fan base and a powerful brand by consistently creating quality short form comedy. Friday, July 5, 9:30pm; Saturday, July 6, 9:30pm; Mic Drop Comedy, 8878 Clairemont Mesa Boulevard. (KEARNY MESA)

The Best of San Diego The Best of San Diego is San Diego’s longest running local showcase that has helped launch the careers of some of the top comedians in the industry today. Wednesday, July 10, 8pm; 21 and up. Comedy Store, 916 Pearl Street. (LA JOLLA)

Tuesday Night Potluck Tuesday Night Potluck is the show where

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anyone can go up and try their hand at stand up comedy. Tuesday, July 9, 7pm; 21 and up. Comedy Store, 916 Pearl Street. (LA JOLLA)

FILM

Independence Day at Rooftop Cinema Club (July 4th BBQ) Guests will be greeted by live Americana music, and each ticket includes a plate of barbecue food and a soft drink. Following the film, guests are welcome to stick around and check out fireworks around San Diego. Thursday, July 4, 5:15pm; \$45-\$65. Manchester Grand Hyatt, One Market Place. (DOWNTOWN SAN DIEGO)

FOOD & DRINK

Celebrate Bastille Day, 17th Anniversary Celebrate Bastille Day and its 17th anniversary with a menu of Champagnes by the glass and a “Bohemian” prix-fixe dinner. Tuesday, July 9, 5pm; free-\$58. Bleu Bohème, 4090 Adams Avenue. (KENSINGTON)

Feeding San Diego Food Pantry Feeding San Diego is hosting free food distributions at your local library. Receive dry goods and fresh produce at this walk up distribution. Please bring your own bags and/or a wagon or cart to transport the items. Food is distributed on a first come, first served basis. Wednesday, July 10, 3:30pm; free. Poway Library, 13137 Poway Road. (POWAY)

Pizza Block Party California-born burger spot, Irv's Burgers, and New York City pizza shop, Prince St. Pizza, will open the doors of their newest adjacent locations and celebrate with a joint grand opening block party. Guests can enjoy a free Irv's burger, fries and milkshake combo, in addition to free Prince St. Pizza slices. The celebration will feature tunes by a local DJ, photo booths and entertainment for the whole family. Thursday, July 4, 12pm; free. Irv's Burgers and Prince St. Pizza, 4505 Mission Boulevard. (MISSION BEACH)

Playing with Fire Dinner Series Featuring Drew Deckman & The Original 40 Brewing Company Monday, July 8, 5:30pm; \$135-\$156. 21 and up. Lodge at Torrey Pines, 11480 N. Torrey Pines Road. (LA JOLLA)

Summer Culture Fest Enjoy dishes from around the world and \$5 beers, wine, and cocktails. Saturday, July 6, 2pm; free. Waterfront Park, 1600 Pacific Highway. (DOWNTOWN SAN DIEGO)

FOR KIDS

Disney's Finding Nemo, JR. When Marlin, an anxious and over-protective clownfish, learns that his son, Nemo, has been captured, he must face his fears and set off on an epic adventure across the ocean. Fridays, 7pm; Saturdays, 2pm; Sun-

OUTDOORS

Grunion season opens again, low tides, jupiter-moon conjunction

2024's Second Round Of Grunion Fishing Is Open for the evenings of Friday, Saturday, Sunday and Monday, July 5-8. Roughly between the hours of 9:30 pm and 1:30 am, following the nocturnal high tide. The small, silvery fish tend to spawn on wide, gently sloping beaches such as Silver Strand, Mission Beach, Pacific Beach, La Jolla Shores, and Del Mar. California law allows the taking of grunion in summer (except in those areas classified as ecological preserves). A California fishing license is required for persons 16 years and older — and south of Point Arguello, an Ocean Enhancement Validation is also required. Grunion may be taken by hand only.



THERE'S STILL TIME TO PLANT SOME SUMMER VEGGIES, AND FRIDAY'S NEW MOON IS THE PERFECT DAY.

days, 2pm; through Sunday, July 14, \$18-\$20. Casa del Prado Theatre, 1600 Village Place. (BALBOA PARK)

Gabby's Dollhouse Party with Marty the Party Cat Tour: Gabby invites your family to meet the ultimate cool cat, Marty the Party Cat, inside Gabby's Dollhouse for a sneak peek into various character-themed rooms, including the new cat-tastic party room. Thursday, July 4, 2pm; free. Walmart, 3382 Murphy Canyon Road. (KEARNY MESA)

Trail Tykes Created for children 2 to 5 years of age, the Trail Tykes free program includes a read-aloud story, and a craft/activity or a short walk with MTRP Foundation staff and volunteers. Please register @ mtrp.org/trailtykes/ to reserve your space. Wednesdays, 3:30pm; through Wednesday, July 31, free. Mission Trails Regional Park, One Father Junípero Serra Trail. (SAN CARLOS)

LECTURES

Mystical Insights into Marriage & the Divine Conducted by Author and Spiritual Teacher Dimitri Moraitis. Sunday, July 7, 11am; \$20. 18 and up. Spiritual Arts Institute, 527 Encinitas Boulevard. (ENCINITAS)

NATURE

4th of July Guided Nature Walk Join an MTRP Trail Guide on a guided nature walk and learn about the plants, animals, geology, history, and ecology of the park. These interpretive nature walks are offered to enhance your appreciation of the unique beauty of San Diego's natural environment. Thursday, July 4, 8:30am; free. Mission Trails Regional Park, One Father Junípero Serra Trail. (SAN CARLOS)

Beginning of Summer Beach Clean-Up Beach Clean-Up event hosted by Detox Center of San Diego. Saturday, July 6, 10am; Fiesta Island, 1500 Fiesta Island Road. (BAY PARK)

Discovery Table Owl Pellets Stop by the Discovery Table in the lobby of the Visitor Center to learn all about Owl Pellets from MTRP Trail Guides. You will even get a chance to dissect one and take home some of its contents! Thursday, July 4, 10am; free. Mission Trails Regional Park, One Father Junípero Serra Trail. (SAN CARLOS)

Guided Nature Walk Join an MTRP Trail Guide on a guided nature walk and learn about the plants, animals, geology, history, and ecology of the park. These

interpretive nature walks are offered to enhance your appreciation of the unique beauty of San Diego's natural environment. Saturdays, 9:30am; Sundays, 9:30am; Wednesdays, 9:30am; through Sunday, July 28, free. Mission Trails Regional Park, One Father Junípero Serra Trail. (SAN CARLOS)

Guided Wildlife Tracking Walk Join experienced MTRP Tracking Team members for an adventure in wildlife tracking on the Oak Grove Loop Trail. Learn the art of discovering and identifying tracks and other signs left behind by the park's seldom-seen wildlife. Walks start from the front of the Visitor Center. Saturday, July 6, 8:30am; free. Mission Trails Regional Park, One Father Junípero Serra Trail. (SAN CARLOS)

Stars at Mission Trails Join members from the San Diego Astronomy Association at the far end of the Kumeyaay Lake Campground Day Use Parking Lot to view the nighttime sky through telescopes. Telescopes provided or bring your own if you have one. Rain or cloudy skies cancel event. Look for the set-up at dusk in the day-use parking lot, which is just to the right after you enter the campground. Friday, July 5, 7:45pm; free. Kumeyaay Lake Campground, Two Father Junípero Serra Trail. (SANTÉE)

SPECIAL EVENTS

59th Annual Independence Day Festival Enjoy food vendors and live music. Thursday, July 4, 4pm; free. Grape Day Park, 321 North Broadway. (ESCONDIDO)

Almost Nakey Freedom Fest Celebrate 99 years of Belmont Park with DJs, silent disco stage, and more. Saturday, July 6, 12pm; Beach House Grill, 3125 Ocean Front Walk. (MISSION BEACH)

Bathroom Bazaar Vintage & Used Wares, Local Art, Live Music, Native Herbal Goods, EMF Educations, and Handcrafted Items. Saturday, July 6, 10am; free. Jacumba Hot Springs Hotel, 44500 Old Highway 80. (JACUMBA)

Celebrate July 4 With Big Bay Boom Fireworks Show Jimmy's Famous American Tavern invites San Diegans to celebrate the 4th of July with classic all-American fare, followed by a magnificent fireworks display over the harbor. Thursday, July 4, 11am; free. Jimmy's Famous American Tavern, 4990 North Harbor Drive. (POINT LOMA)

Fourth of July Celebration Celebrate Independence Day with an evening under the stars as we light up the sky with a drone show, cho-

reographed to the sounds of a live band, creating an immersive symphony of lights and sound. Enjoy food and an array of activities. Activities include interactive flag mural, inflatable play structures, rock climbing wall, face painting, yard games, pie eating competition, and more. Thursday, July 4, 6pm; \$39-\$89. Omni La Costa Resort and Spa, 2100 Costa del Mar Road. (CARLSBAD)

Independence Day Festival The free 59th Annual Independence Day Festival features live performances, food, a beer garden, an artisan market, and a fireworks display. Thursday, July 4, 5pm; California Center for the Arts, Escondido, 340 N. Escondido Boulevard. (ESCONDIDO)

San Diego County Fair With a nod to nostalgia and a focus on fun, the 2024 Fair will give our yester-years another moment in the San Diego sun. Thursday, July 4, 11am; Friday, July 5, 11am; Saturday, July 6, 11am; Sunday, July 7, 11am; Del Mar Fairgrounds, 2260 Jimmy Durante Boulevard. (DEL MAR)

Summer Sundays Free live musical performance by Lady J & Soulful Nights. Free car club exhibit featuring the South Bay Cruisers. Free “Children's Aprons” craft activity for children ages 12 and under along with free face painting and



GRUNION MAY BE TAKEN BY HAND ONLY. NO HOLES MAY BE DUG IN THE BEACH TO ENTRAP THEM.

No holes may be dug in the beach to entrap them. Rule changes in June 2022 limit the daily bag and possession limit for grunion to 30 fish. Check wildlife.ca.gov/Fishing/Ocean/Grunion for more details.

This Weekend's Extreme Low Tides Are For Early Risers Only!

Check out the local tidepool life without hordes of other people around. Thursday, July 4, features a minus 1.35-foot tide at 3:35 am. On Friday, July 5, there's a minus 1.42-foot tide at 4:17 am. And Saturday, July 6, the tides will recede to minus 1.31-feet at 4:56 am.

On July 3, Check Out Jupiter And The Moon In Conjunction.

In the east-northeast sky during the twilight hours, Jupiter and the 9.1% illuminated moon will be within 2 degrees of each other.

July's New Moon Will Be On The 5th At 3:57 pm. According to the age-old practice of planting by the Moon, the ground is the most fertile the days leading up to and the days following the new moon. It might be a good time to plant another round of summer veggies — or your first round, if you live along the coast and have been waiting for the marine layer to burn off.

free balloon sculptures. Sunday, July 7, 5pm; **free**. Village Walk at EastLake, EastLake Parkway at Miller Drive. (EASTLAKE)

Sunset Luau on the Bay Experience a celebration of Polynesian cuisine, music, and dance for family and friends. This event includes a lei greeting, Mai Tai, all-you-can-eat buffet, and entertainment. Tuesdays, 5:30pm; through Friday, August 30, \$55-\$165. Catamaran Resort, 3999 Mission Boulevard. (MISSION BEACH)

Temecula Sunset Market The Temecula Sunset Market is a celebration of local community, culture, art, food, live music, and handcrafted treasures. Wednesday, July 10, 5pm; **free**. Town Square Park, 41902 Main Street. (TEMECULA)

SPOKEN WORD

&POET: Open Mic Poets, spoken word artists, and storytellers gather to share their work and connect with fellow creatives. Tuesday, July 9, 6pm; **free**. Barnes and Noble Bookstore Hazard Center, 7610 Hazard Center Drive. (MISSION VALLEY)

SPORTS & FITNESS

San Diego Strike Force The San Diego Strike Force take on the Vegas Knight Hawks at Pechanga Arena San Diego. Saturday, July 6, 6:05pm; Pechanga Arena San Diego, 3500 Sports Arena Boulevard. (MIDWAY DISTRICT)

Wellness at the Lake Pilates & Palomas Sunday, July 7, 11am; \$25-\$45. 21 and up. Lakehouse Hotel & Resort, 1025 La Bonita Drive. (SAN MARCOS)

THEATER LISTINGS

Theater listings and commentary are by Matthew Lickona unless otherwise noted. Information is accurate according to material given us, but it is always wise to phone the theater for any last-minute changes and to inquire about ticket availability. Many theaters offer discounts to students, senior citizens, and the military. Ask at the box office.

The Beauty Queen of Leenane

Forty-year-old Maureen lays out the trouble at the outset, in a rant to her infirm and injured mother Mag: if you're Irish and you want to make a go of it, you have to go begging from either England or America. And if you do, who's left to take care of the motherland? It's enough to make a person crazy. But here atop this hill in Connemara, Martin McDonagh has managed the neat trick of making the political almost entirely personal, and in so doing, he takes a bad situation

and makes it unspeakably awful. Good thing he's funny about it, albeit almost never in the jokey way that might distract from the matter at (reddened, worrisome) hand. Deborah Gilmour Smith's Mag is aful of need and needles; all she wants is everything she wants, and isn't it a pity Maureen's sisters left the job to her. Small wonder she indulges dark daydreams about the old woman's funeral — at which she might meet a man who'd like to buy her a drink. As it happens; she does meet a fella, and she doesn't even have to wait until Mom is dead to do it. Pat's back in town for a do, then he's back to begging in England. The two hit it off, no thanks to Mag's interfering, and from there, the fine gears mesh and the plot's precision moves toward the inevitable — but also, the surprising. No mean feat, that. Jessica John plays Maureen with something approaching softness at the outset, almost as if her spite is only half-serious. But that's not the half of it. A quiet little horror story that understands how people can be scarier than monsters, fearlessly and flawlessly executed. Directed by Francis Gercke.

TENTH AVENUE ARTS CENTER, 930 TENTH AVE., EAST VILLAGE. 619-920-8503. 7:30PM FRIDAYS & SATURDAYS, 3PM SUNDAYS, 7PM MONDAYS.

The Ballad of Johnny & June

Love is a burning thing. Country music royalty Johnny Cash and June Carter remain to this day one of the most famous couples of the 20th Century. Created with the support of the family and told through the eyes of their son John Carter Cash, this new musical covers it all: their childhoods, their 1956 meeting at the Grand Ole Opry, the storied on-stage proposal in 1968, and the soaring highs and whiplash lows of fame, life on the road, addiction, arrests, controversies, marriage, family and devotion.

LA JOLLA PLAYHOUSE, 2910 LA JOLLA VILLAGE DR., UCSD. 858-550-1010. 7:30PM THURSDAYS & FRIDAYS, 2PM & 8PM SATURDAYS, 1PM & 7PM SUNDAYS.

Camelot

A smart production of a great musical: unobtrusive direction, solid casting, and inventive staging. Camelot *sounds* like a big show — King Arthur, Lancelot, the knights of the Round Table, the creation of the chivalrous order, the transformation of England, *war*, fer Pete's sake — but North Coast Rep, cheerfully bowing to the necessity of its intimate dimensions, hews close to the famous story's heart: the friendships of a King. And really, that's the genius of the story, because where else can the personal and political — the very big and the very small — so intimately intermingle...and conflict? (Arthur, having grown up under the wise tutelage of Merlin the wizard,

wants to change “might makes right” to “might for right,” and that's a lovely idea for a king to have, but even a king must reckon with the tortuous and tempted human hearts within his household, and himself.) So even though there are often only one or two people onstage, none of the bigness is lost. Quite the opposite: the small-scale interactions feel enlarged: the temptation to personal betrayal is at the same time the temptation to treason, and more — the temptation to raze a civilization. It's thrilling stuff, and surprisingly painful after the crazy fun of the first act, when Lauren Weinberg's spirited Guenevere has giddily daydreamed about the romantic frisson of having men fight over her, Brian Krinsky's imposing Lancelot has modestly proclaimed his perfection, and Jered McLenigan's Arthur has risen to his moment. And yet, wasn't the pain portended by all that came before it: the queen's love, the knight's power, the king's dream? The singing is mostly strong all 'round — so much so that they might have dropped the mics — but special mention might be made of Weinberg's, which must serve so many moods: now lilting, now saucy, now richly melancholy. NORTH COAST REPERTORY THEATRE, 987-D LOMAS SANTA FE DR., SOLANA BEACH. 858-481-1055. 7:30PM THURSDAYS, FRIDAYS, & SATURDAYS, 2PM SUNDAYS.

The Color Purple

Based on the novel by Alice Walker, book by Marsha Norman, music & lyrics by Brenda Russell, Allee Willis, and Stephen Bray, directed by Kandace Crystal, musical direction by Leigh Scarritt, choreography by Alyssa “Ajay” Junious. NEW VILLAGE ARTS THEATRE, 2787 B STATE ST., CARLSBAD. 760-433-3245. 7:30PM THURSDAYS, FRIDAYS, & SATURDAYS, 2PM SUNDAYS.

Henry 6 One: Flowers and France

In One: Flowers and France, King Henry VI inherits the crown of England as a child. Absent the strong leadership of his father, who conquered France in a surprise victory, the English court is reduced to petty squabbles. The French take up arms to regain their lost territory and rally behind Joan of Arc, who claims she was sent from God to fight the English. And when King Henry marries Queen Margaret, she inflames the political disputes that roil the throne. Can the English stop arguing among themselves and unite to hold on to France? Or will their infighting cost them the hard-won French territory and lead to chaos at home?

OLD GLOBE - DONALD & DARLENE SHILEY STAGE, 1363

OLD GLOBE WAY, BALBOA PARK. 8PM THURSDAYS, FRIDAYS, & SATURDAYS, 2PM SUNDAYS.

The Odd Couple: Female Version by Neil Simon

Neil Simon gender swaps his classic, *The Odd Couple*. Felix and Oscar are now Florence and Olive. Olive is messy, untidy, and unconcerned about the state of her apartment. Florence is obsessively clean, tidy, and really, really focused on hygiene. Olive's easy-going outlook on life soon clashes with Florence's highly-strung neurotic tendencies, testing their friendship to the limit. When Olive organizes a double-date with the Costazuela brothers, their differences come to a head and sparks fly.

LAMPLIGHTERS COMMUNITY THEATRE, 5915 SEVERIN DR., LA MESA. 619-303-5092. 7:30PM FRIDAY & SATURDAY, 2PM SUNDAY.

MOVIES

All reviews are by Scott Marks, Matthew Lickona, Ryan Brothers, and Duncan Shepherd. Priorities are indicated by one to five stars and antipathies by the black spot. Unrated movies are for now unreviewed. Thousands of past reviews are available online at SDReader.com/movies.

The Bikeriders — At the outside of Jeff Nichols' gorgeous and grungy look back on the history of

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WIN TICKETS Enter to win 4 tickets to “Field of Dreams” in Concert. Deadline to Enter: Tuesday, July 9 at 1pm

WIN TICKETS Win a pair of tickets to see comedian Ramy Youssef. Deadline to Enter: Friday, July 20 at 1pm

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the Vandals motorcycle club, we are informed that it is based on *The Bikeriders*, a book by photojournalist Danny Lyon, based on his interviews with the club's members — and, significantly, their women — between 1965 and 1973. And boy howdy, does it feel like it. After a rousing opening scene in which a couple of locals attempt to separate beautiful Benny (Austin Butler) from his club colors, we cut to an interview between Danny and Benny's bride Kathy (an appealing Jodie Comer), in which she opines that “it can't be love” that fuel's Benny's devotion, so “it must be stupidity.” Well, if the wife can't tell, what hope is there for us, especially given the way Nichols keeps us at arm's length from the characters? Danny asks why club founder Johnny (a slippery-accented Tom Hardy) started the Vandals, and Kathy says something about him seeing a movie. Cut to Johnny watching Brando in *The Wild One*, answering the question “What are you rebelling against?” with “What have you got?” Except Johnny's not rebelling; he's got a wife and kids and a house and a steady job, and the Vandals are just a bunch of guys who like to talk motorcycles, race motorcycles, and hang out and drink, whether in a bar or in a field. Why join? “Everybody wants to belong to something,” offers one member. Okay. There's a story here — about changing times and how you can't always be the master of your own creation, about the way that a band of brothers can devolve into a gang of criminals once you take love out of the mix — and yeah, that story hinges on Johnny and Benny's choices. But their reasons seem murky even to themselves, and for all the cheerful exposition Kathy provides, Nichols seems happy to have it that way. There were these guys. They looked like this and talked like that. They rode these bikes. And that will have to be enough. Well, maybe. (2024) — M.L. ★ (IN WIDE RELEASE)

Furiosa — Just as Tom Hardy's taciturn Max was not the dramatic center of director and co-writer George Miller's hyper-kinetic *Mad Max: Fury Road* — that honor went to Charlize Theron's rebellious Praetorian Furiosa and her mad quest to find a

paradise in the wasteland — so that same Furiosa is not the center of the more reflective but still wildly mobile prequel *Furiosa*. This time, it's Chris Hemsworth's hook-nosed, ambitious and vicious, frequently weird and somewhat less frequently wise gang leader Dr. Dementus who gets the sidelong spotlight. Dementus just wants what's best for his people, even if he himself is doomed to despair, now that the endlessly warring world has taken those he loved and left him with just a stuffed bear for comfort. And what's best for his people, as far as he can tell, is for little captive Furiosa to tell him where he can find her Edenic home — the sort of place where fruit trees still grow, even after humanity has all but wiped the world clean in its mad embrace of violence. Talking of which, Dementus kills Furiosa's mom in an effort to get the location, thus giving our big-eyed heroine her *raison d'être* for much of the rest of the film. But before he can get the girl to talk, he stumbles into the unholy trinity of *Fury Road*'s makeshift civilization — The Citadel, Gastown, and the Bullet Farm — and the mental wheels start turning. Phew! That's a lot of plot just to set the scene — small wonder the thing runs two and a half hours. And yeah, some of that scene-setting involves surprisingly clunky special effects/sound work — how exactly do people chat in a sandstorm? But once the gears catch and things get rolling, literally and otherwise, the ride is by turns thrilling and fascinating, a brutal, complicated struggle of conflicting interests and strategies leading to a desert showdown that is...well, a word on that. It's talky, and it slams the action to a halt, and it sounds very much like an authorial statement: Dementus throwing off his eccentric speech and vocabulary and revealing the dark heart of the *Mad Max* saga. But it also makes way for a nasty, batty, but strangely redemptive segue into *Fury Road*'s story. Make it epic, indeed. — M.L. ★★ (IN WIDE RELEASE)

Inside Out 2 — Nine years ago, Pixar took us inside the mind of young Riley to meet her emotions: Joy, Sadness, Anger, Fear, and Disgust. At the end of the film — spoiler! — after Joy has



The Beauty Queen of Leenane: Some traps are harder to see than others.

learned she can't just repress Sadness and take the helm at all times, she dismisses the expanded Riley mind console's puberty alert, saying “It's probably not important.” Ha ha, and yeah, sequel incoming. Three big changes brought on by the necessity to go bigger. 1: instead of helping Riley grow up and accept change, the big challenge now is creating her core identity via experiences that form beliefs. 2: Friendship island looms much, much larger than family island in the conscious landscape. 3: The puberty alarm finally sounds, and heralds the arrival of a new team: Anxiety, Embarrassment, Envy, and Ennui — oh, and Nostalgia. (This is Pixar, after all, and making parents remember what it was like to be a kid is key to the brand.) Anxiety, wondrously voiced with just the right level of twitchy intensity by Maya Hawke, is the troublemaker here: Riley is off to hockey camp, and needs to think about forging a future.

Once again, Joy finds herself struggling to remain at the forefront — a struggle so fraught that at one point, Joy cries. Should that be possible? Doesn't that make Joy Sadness? No matter: the original team isn't the point here — we get precious little anger from Anger, fear from Fear, etc. And even amongst the newcomers, there's precious little drama: Envy doesn't do the damage she should, and Embarrassment is weirdly brave when it counts. It's all about Anxiety, with an appropriately brief cameo from Ennui. There's plenty of invention at the granular level: the battle within the Projection Room is smart, the sar-chasm is funny, the stream of consciousness is cute. But the story is very much the same, starting with Joy's doomed decision to dump bad experiences in the back of the mind. And if the emotions are more complicated, then the resolution is more convoluted, save for the blunt declaration of Joy's fate. It's funny and sweet, but that's all. (2024) — M.L. ★ (IN WIDE RELEASE)

I Saw the TV Glow — Jane Schoenbrun's followup to *We're All Going to the World's Fair* has been hailed as a breakthrough cinematic treatment of gender dysphoria. Maybe so, but it's a good enough piece of art to bear multiple interpretations; for your humble correspondent, it played an almost shockingly effective evocation of *How Things Felt*, back before the internet made cult followings into malignant mobs, and more importantly, back before we — the collective we — put aside childish things and let adulthood take hold. Before the mundane obscured the magical. Maddy and Owen are miserable middle-schoolers; she because Dad is loud and violent, he because Dad is cold and controlling. They bond over and take comfort in watching *The Pink Opaque*, a show that is supposedly for kids, but way too complicated and creepy for that to be true. The show's heroines are up against Mr. Melancholy, a moon man whose chief weapon is self-forgetting. Hardly the enemy of children; more like the enemy of childhood. After

the show gets cancelled, Maddy disappears; her reappearance years later forces a reckoning. What she says is impossible; what she asks is terrifying. And yet. Owen says early on that he knows something is wrong with him, and Justice Smith's performance makes that clear. Whether it's anything more than simply being a person is less so. (2024) — M.L. ★★ (IN WIDE RELEASE)

Thelma — There is a moment near the middle of writer-director Josh Margolin's geezer crowd-pleaser that perfectly melds its sometimes desperately disparate tones, namely: a touching but not too sweet meditation of aging, its attendant losses, and the right response to both and a funny but not too far-fetched riff on *Mission: Impossible*. (If Tom Cruise refuses to age, why not June Squibb, or at least her nonagenarian character, Thelma Post?) The widow Post has been scammed via phone, but she has an address where she's sent the money, and stops off at her very old friend Mona's for some equipment to aid in its recovery. She finds her old travel buddy much diminished, content to sit in her chair, watch birds on TV, and wage a losing but worthwhile war against the encroaching roaches. There is sadness and not a little horror at Mona's plight, but there is also steel in her voice and a sparkle in her eye when she acknowledges her enemy and says that she must choose her battles. Choosing a battle of her own, Thelma sneaks upstairs to execute her version of Cruise dropping through the ceiling to steal a computer disk. Drama, meet action-comedy. For much of the rest of the film, however, it's back and forth between one or the other. Both are largely successful if you don't push them too hard, which should be easy enough: this is a movie that works hard to please, and often succeeds. The old-folks tech — iPhone compatible hearing aids, life-alert bracelets, a sweet electric scooter, etc. — is put to good use, as are the old folks themselves. Squibb is almost unbelievably lively and sharp, and Richard Roundtree serves as a fine, sober counterpoint to her “age is just a number” attitude. Fred Hechinger as the grandson is smartly employed for the sake of cross-generational appeal; he may be a bit of a failure, but the film's flubbed ending isn't his fault. (2024) — M.L. ★★ (IN WIDE RELEASE)

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blurt the inside track

Don't mind the (15-year) gap Before starting his San Diego life in 2009, while he was still living in New York City, Josh Weinstein released a new album every three years. But nearly 15 years passed before he released his latest album this past September, titled *Mind the Gap*. "There's more variation in the newer stuff," Weinstein says. "I went farther in all directions than I went on previous albums. There's stuff that's a little bit out of the ear, and a little bit crazy. I wasn't afraid to push crazier. Then the stuff that's kind of sweet and tender, I dove right into."

Weinstein had notched sonic victories, things like receiving airplay on almost 300 stations worldwide and being licensed by MTV after his 2009 album *Love and Alcohol* earned critical praise. So why did so much time pass before he released any new music? "I certainly thought the 'every three year' trajectory was going to continue. I came to San Diego from New York for a PhD program with two kids. Between the combination of raising kids and trying to finish my academics, it wasn't an opportune time to make another album. Then, I had a crisis of, like, does it matter what music I make? Particularly, with kids and in the midst of a struggling marriage, the idea of writing songs — even though that's one thing that gets you through all that... I probably had a crisis of confidence about whether anyone would care what I had to say."

Albums or no albums, Weinstein says he never stopped creating. "Even in what I thought were the down

years, when it came time to list the songs, I ended up with over thirty songs that I thought were recordable. There's a bunch of stuff that I didn't even put on that list. There's never been a version



Josh Weinstein: art is how creative people make sense of things.

of me, as long as I've been alive, that hasn't been writing songs. I think creative people make sense out of things that happen through their art. Getting to say something in a song is how I can deal with difficult stuff."

With Tom Waits-like poetic prose and sound baked in, and co-production from local star Jeff Berkley (Berkley Hart), *Mind the Gap* is stacked with 24 songs. "And I probably cut about eight or nine more," says the reloaded songwriter. "That'll be another album." He notes that it doesn't always take expensive equipment to record quality sound. For a lot of the songs, he simply pressed the record button on his iPhone to capture his vocals. "Whatever range the iPhone augments fits my singing range and voice well. When I would make my demos at the piano, I would often like

the way my vocals sounded in that demo better than my home recording set-up with expensive microphones."

Since Weinstein's previous album in 2009, the way we consume music has changed. CDs and cassettes are now novelty items. True, vinyl is timeless for the junkies, but we're mostly a global population of streamers. "When you're younger and producing albums, there's some pressure to show quantifiable returns from them. Now, for me, streaming is the ideal format, because there are no barriers anymore between producing music and allowing people to hear it. Even back in 2009, I had a strong sense of what a CD meant in the long term. I have friends who'll complain about streaming revenue, and I'm thinking, 'Are you crazy? We're independent artists, and everyone everywhere in the world can hear every song we make, good or bad.' It's pretty incredible."

At the Music Box on July 14, Weinstein will be celebrating the release of *Mind the Gap* and also the 20-year anniversary of his first collection of material, released in 2003. Alongside Weinstein will be local guest stars Chloe Lou, Ariel Levine, The Brothers Burns, Jeff Berkely, Johnny Vernazza, and Gregory Page. "I don't want anybody to be taken for granted, but I literally just asked them to be a part of it," he says. "I've played on a couple of Gregory's albums, and I consider him a friend. They're honoring me by doing this. I'll be playing stuff from all my albums. I'm really excited. It's a bunch of stuff I haven't done in a while. It's going to be friends of mine singing, and guys I haven't played with in a long time."

— Jake Peterson

Find Blurt online at SDReader.com/blurt

CONTRIBUTORS

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Tom Jones

Ages & Stages Tour

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SUN. AUG. 4 ANVIL Blind Oath, Pulsifier, Titans Wrath	WED. JUL. 24 BARING TEETH Conjureth, Cerulean
SUN. AUG. 11 HEAVY TEMPLE Valley of the Sun, Kilfeather	SAT. JUL. 27 WEEKEND NACHOS (Early Show) Scalp, Influencer
THU. AUG. 22 DIZASTERPIECE Far Below, Cascade Effect, Sleeping Faceless, Blackcast	SAT. JUL. 27 PALLBEARER (Late Show) Inter Arma, The Keening

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KENI YARBRO at Mission Beach Resort

JULY 4



Based in Oceanside, acoustic songsmith Keni Yarbro specializes in island vibe music, including classic rock, Motown, reggae, and traditional Hawaiian sounds. He can often be found playing solo at area resorts and restaurants, performing individual arrangements of songs by performers such as Steely Dan, Al Jarreau, Steve Perry, Boz Skaggs, and Stevie Wonder.

FARRAH CAMU at Estancia La Jolla

JULY 5



Born in Honolulu, Hawaii, but raised in San Diego, Farrah Camu currently has over 130,000 YouTube subscribers, with individual videos earning hundreds of thousands of views and totaling over nine million plays. Among her most popular selections are her customized covers of contemporary R&B classics and top 40 music.

CASCADE EFFECT at Brick By Brick

JULY 6



Five finalists in the nationwide Wacken Metal Battle USA competition recently went head to head at Brick By Brick, with locals Cascade Effect crowned the 2024 champion. The group will be the only indie metal band from the USA playing at Wacken Open Air in Germany on July 31. Over 80,000 people are expected to attend the annual festival. The Linda Vista bill includes Helcott, Brutalion, Son ov Leviathan, and Parasitic Existence.

MOHAVISOUL at California Center For the Arts, Escondido

JULY 7



Based in Ocean Beach, MohaviSoul is an original, soulful contemporary bluegrass band rooted in folk and Americana. Their sixth album dropped at the end April, a self-titled release featuring a mix of originals and covers of songs made famous by Bill Monroe, Fastball, Wiley & Gene, and Dillard & Clark.

REBECCA JADE at L'Auberge Del Mar

JULY 8



Rebecca Jade was the singer for Super Magnetic when that band won the 2010 Ultimate Music Challenge at Viejas Casino. Having since gone solo, as well as frequently touring with smooth jazz star Dave Koz, she topped the list of 2022 San Diego Music Awards nominees with five nominations. She won for Best R&B, Funk or Soul Song and Best Video, both for her track "What's It Gonna Be."

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THIS WEEK'S SHOWS

Aquarius Bar & Grille:

Thursday, 6pm — Santana Soul. \$5.

Aztec Brewing Company:

Sunday, 6pm — Aztec Jazz Jam. Free.

Baker-Baum Concert Hall:

Monday, 7pm — Tom's Elton Tribute.

Barefoot Bar and Grill:

Saturday, 6pm — Christian Taylor.

Beach House Grill:

Sunday, 7:30pm — Bob Moses.

Belly Up Tavern:

Friday, 7:30pm — The Aggrolites. \$20.

Saturday, 7:30pm — The White Buffalo. \$35.

Sunday, 7:30pm — ZB Savoy's Night of Willie Nelson Duets. \$15-\$27.

Wednesday, 7:30pm — The Mar Dels. \$12-\$21.

Brick by Brick:

Saturday, 7pm — Helcott and Cascade Effect. \$12-\$15.

Tuesday, 7:30pm — Snakes of Russia and Dead Register. \$15-\$18.

Cannonball:

Thursday, 5pm — Ben Benavente.

Casbah:

Friday, 8pm — Red Fang.

Saturday, 8:30pm — Trit 95.

Sunday, 7:30pm — Low Volts and 13 Wolves.

Wednesday, 7:30pm — Ducks Ltd. \$15.

Civita Park:

Sunday, 6pm — Republic of Music. Free.

Del Mar Fairgrounds:

Sunday, 7:30pm — Hombres G.

Duck Foot Brewing Company:

Monday, 6:30pm — Bluegrass Monday Jam.

Tuesday, 7pm — SD Jazz Collective Jam.

Duke's La Jolla:

Friday, 3pm — Casey Turner.

Sunday, 4pm — Keni Yarbro.

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Sat 7/6 @ Soda
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THE GONZO REPORT

Mental healthy

Girl in Red gets heady at The Sound

It was kind of surprising to see families with kids at the Girl in Red show at The Sound. There were a few with really young kids — like five or six — but other families were there with tweens. Then again, fan Savannah got into Girl in Red when she was in middle school; all her friends were listening to it. “I’ve been obsessed ever since,” she says. She likes the song “Bad Idea,” which is about how it was a bad idea to invite a particular girl over, because, as she sings, “You put your hands under my shirt/ undid my bra and said these words/ ‘Darling, you’re so pretty it hurts,” and now, “I can’t get enough.” It’s a funny kind of love song, the kind where you complain that you’re “totally fucked,” but that’s Girl in Red.

Candice’s favorite Girl in Red song is “Dead Girl in the Pool.” It starts off creepily enough: a girl waking up in a trashed house after a party and spotting a dead girl in the pool. Then it gets

creepier: the line “This house is such a disaster” changes to “My mind is such a disaster,” and “There’s a dead girl in the pool” becomes “I’m the dead girl in the pool.” She asks, “Is this real or is this fake?” and laments that she’s in “a creepy dream I can’t escape.” Candice thinks the song is “very unconventional and fun,” and there’s no denying that it’s crazy catchy. I like it, too. But you can see how someone would hear it and think, “Maybe Girl in Red is not okay.”

“There’s that serotonin song, too,” notes Candice’s friend Morgan. In that one, our Girl sings, “I get intrusive thoughts/ Like burning my hair off/ Like hurting somebody I love/ Like does it ever really stop?” She worries that her therapist hates her. All this because “I’m running low on serotonin.” There’s a lot of mental health talk in Girl in Red songs. Eliana likes “Rue,” which just puts it out there: “I hate the way my brain is wired/ Can’t trust my mind, it’s such a liar.” Her trouble isn’t heartbreak, it’s brainbreak. The gray matter has gone wrong, and so the self turns against itself. Alex is here for it. “I think it’s important. A lot of people relate to music for that purpose” — mental health — so



“She’s not afraid to disclose what she’s been through, and it makes her all the more lovable.”

I think it definitely plays a big role, and that’s a good thing.”

Another Savannah thinks that mental health shows up in songs because “it’s not as stigmatized as it was in older generations. I think it’s talked about more.” Eliana isn’t sure about the stigma part. “This could be a controversial take, but I think we’re blessed. We get to spend more time on things we don’t have to. Like, farming, bro? Do you think those people get to care about their mental health? They just have to work.” And Bowie isn’t sure about it being talked about more: “It’s not mainstream to have it talked about amongst peers. But when it

comes to idols and celebrities talking about it, then it becomes something you can connect to, because you connect to them as artists already. So when they’re talking about problems you face, you connect with them even more.”

Simone agrees. “In 2020, I was just starting college, and I saw her on Spotify and resonated with a lot of her lyrics. They coincided with what I was going through at the time. I think we’re a new generation of understanding of compassion. She’s not afraid to disclose what she’s been through, and it makes her all the more lovable.” Boyfriend Tanner adds, “When you come out about mental health issues now, it’s not shamed on. It’s more accepted now. It’s cool to see, because people have struggled with it since humans have been born.”

But it’s not all trouble and trauma tonight. Simone and Tanner are boyfriend and girlfriend. He likes Girl in Red because she likes Girl in Red, “and her hits were really catchy.” He’s wearing pink because she’s wearing pink — which is a bit of a twist. “Typically, I dress really masculine, but I wanted to kind of surprise him, so I dressed really feminine. I tried to go for a hyper-femcore kind of vibe. I was like, ‘I’m going to wear cargo pants and live my best life,’ and he was like, ‘Sure.’ And then I show up in a skirt and he’s like, ‘Oh my God, who are you?’ I’m like, ‘I’m a girl! It’s so crazy!’” I think they’re adorable; Ken and Barbie without the angst. ■

Find The Gonzo Report online at sandiegoreader.com/gonzo

San Diego Civic Theatre:

Saturday, 8pm — Eslabon Armado.

Santee Lakes Recreation Preserve:

Saturday, 5pm — Summer Jams on Deck - Joe Rathburn.

Soda Bar:

Friday, 7:30pm — Cumbiatón San Diego. \$15.
Saturday, 7:30pm — The Charities. \$24.
Sunday, 7pm — State Faults and Frail Body. \$22.
Wednesday, 7:30pm — Los Eclipses. \$19.

Soma:

Saturday, 7:30pm — Pity Party Girls Club and Blair Gun. \$22.

Sound:

Saturday, 7:30pm — Stickmen Project.

South Carlsbad State Beach Campground:

Saturday, 5:30pm — West of 5. Free.

Steele 94:

Saturday, 6pm — Santana Soul. Free.

Thornton Winery:

Saturday, 7:30pm — Najee and Keiko Matsui.

Viejas Arena:

Saturday, 7:30pm — Cage The Elephant.

Waterfront Park:

Sunday, 4pm — Blanket Sounds. Free.

Winstons Beach Club:

Saturday, 7:30pm — Anesthesia and Motley 2.

Wong’s Dragon Room:

Saturday, 8pm — Do Right Louie. Free.

UPCOMING SHOWS

Aztec Brewing Company:

July 21 — Aztec Jazz Jam

Balboa Theatre:

July 19 — International Mariachi Summit Gala

Barefoot Bar and Grill:

July 19 — Orion Song
July 20, July 27 — Casey Turner

Beach House Grill:

July 18 — Chris Lane
July 20 — Neil Frances (Duo Set), Soul of Hex, Valida

Belly Up Tavern:

July 11, July 12 — War
July 13 — 13th Annual The Beat Farmers Hootenanny
July 14 — Alejandro Escovedo
July 16, July 17 — Donavon Frankenreiter & John Craigie
July 18 — Start Making Sense
July 19 — Lettuce
July 20 — Metalachi

Brick by Brick:

July 11 — Kruelty and Mongrel
July 12 — Road to America: Fukuro
July 13 — Capsule
July 15 — Survive Said The Prophet
July 17 — Sacramentum, Vimur,

Lucemortis

July 19 — Black Sabbitch, Desert Suns, Into the Fuzz
July 20 — Exciter and Midnight

California Center for the Arts, Escondido:

July 19 — KT Tunstall

Cannonball:

July 11 — Ben Benavente
July 18 — Kai Kalama

The Casbah:

July 11 — In the Valley Below
July 12 — Niis
July 13 — Stalag 13 and The Grim
July 16 — Jake Xerxes and Robin Holcomb

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July 17 — Alex Bergan and Aly Rowell
 July 18 — Ragana and Agriculture
 July 19 — Emo Nite

Duck Foot Brewing Company:
 July 18 — Keep On Duckin'

Duck Foot Brewing Leucadia:
 July 15 — Bluegrass Monday

Duke's La Jolla:
 July 14 — Keni Yarbro
 July 16 — Farrah Camu
 July 19 — Russell Paihinui
 July 21 — Keni Yarbro

Epstein Family Amphitheater:
 July 12 — Dream Like Taylor
 July 13 — The Cream of Clapton Band
 July 14 — PRIDE: Songs that Slay
 July 19, July 20 — City Ballet: A Midsummer Night's Dream

Estancia La Jolla Hotel and Spa:
 July 11 — Christian Taylor
 July 17 — Jonny Tarr
 July 18 — Ben Benavente
 July 19 — David Shyde
 July 21 — Tyler F. Simmons

Farmer & the Seahorse:
 July 13 — David Shyde
 July 14 — Johnny Martin

Golden Island:
 July 12 — Robin Henkel
 July 19 — Mara Kaye

Harrah's Resort Southern California:
 July 13 — Bolero Lover
 July 19 — Anuhea
 July 21 — Josh Turner

House of Blues:
 July 12 — Dexter and The Moonrocks
 July 12 — The High Curbs
 July 13 — Softcult
 July 13 — mxmtoon
 July 14 — The Downhill Jam
 July 18 — Superfan and Autobahn

Humphreys Backstage Music Club:
 July 12 — West of 5

Humphreys by the Bay:
 July 11 — Dark Star Orchestra
 July 14 — Il Divo
 July 17 — Happy Together Tour 2024
 July 18 — The Decemberists

The Inn at Rancho Santa Fe:
 July 20 — Unbridled at The Inn

Jacumba Hot Springs Hotel:
 July 12 — DJs T-Kay & Samira Lamont
 July 13 — Stone & Sue
 July 14 — Los Gaiteros de San Jacinto
 July 20 — Federale

IMMORTAL BEAUTY

BY GARRETT HARRIS

Mainly Mozart, mowing down masterpieces

The Mainly Mozart festival orchestra was mowing down masterpieces left and right as the festival tumbled toward its conclusion on Saturday, June 29. Mozart, Beethoven, Maurice Faure, Camille Saint-Saens, Richard Strauss, Benjamin Britten, and Pyotr Tchaikovsky could all rest easy, because their music was the most capable of hands.

For the performance on Saturday, June 22, Mainly Mozart Music Director Michael Francis programmed a timely concert. Mozart's *Paris Symphony* had its public premiere on June 18, 1778. It was a huge success for the 22-year-old. On July 3, 1778, Mozart's mother died. Maestro Francis took these two events and assembled a beautiful and exciting

program around them. Mozart's symphony was on the program with *Danse Macabre* by Saint-Saens and Faure's *Requiem*. There was also a surprise piece by a composer named Max Richter. The piece, entitled *On the Nature of Daylight*, was stunningly beautiful.

The Faure *Requiem* was well-executed by The San Diego Master Chorale. The peak of the performance was soprano Erica Petrocelli singing the famous "Pie Jesu." There is a temptation for sopranos to overly sweeten the tone on this piece, but it is more effective when a singer maintains a full tone. That is exactly what Petrocelli did, and the effect was mesmerizing.

On Sunday, June 23, the winds of the festival orchestra performed Richard

Strauss's *Serenade for 13 Winds* and Mozart's *Gran Partita Serenade* indoors at The Conrad Prebys Performing Arts Center. Both pieces were spectacular, but the Mozart is simply one of the greatest creations in the history of humanity. The almighty accuracy of the ensemble crystallized just how potent Mozart's *Gran Partita* is. The musicians performed without a conductor, as is appropriate. This was one of the top three concerts I've seen this year.

The concert on Tuesday, June 25, also at The Conrad, was not just the best concert I've seen this year, it was the best concert I've seen in years. The program was *Variations on a Theme of Frank Bridge* by Benjamin Britten, and Tchaikovsky's



The festival orchestra's strings have leveled up to the demi-god tier.

Serenade for Strings.

The festival orchestra string section was legendary before this concert. It has now leveled up to the demi-god tier. In this performance, the violin sections were on fire, but what stood out was the sound quality of the viola, cello, and bass sections. The Conrad acoustics mixed the tone of these sections into a thick and rich founda-

tion upon which the violins based their brilliance.

I was struggling to comprehend the effect of the performance. Each phrase was played with something more than confidence, even something more than certainty. The correct word was inevitability. Each and every note was inevitable, because of the combined skill and intelligence of the players.

See more CLASSICAL MUSIC at SDReader.com/classical

Kate Sessions Park:
 July 21 — Concerts on the Green Community Night

Ki's Restaurant:
 July 14 — Adrienne Nims & Spirit Wind

L'Auberge Del Mar:
 July 11 — Helena Holleran
 July 14 — Rachel Jay
 July 16 — Ben Benavente
 July 19 — Johnny Martin
 July 20 — Marelle
 July 21 — Tyler F. Simmons

La Costa Canyon High School:
 July 13 — North Coast Symphony: Look! Up in the Sky!

La Valencia Hotel:
 July 12 — Keni Yarbro
 July 13 — Orion Song
 July 14 — David Shyde
 July 19 — Keni Yarbro
 July 20 — Jesse Johnson

Lafayette Hotel, Swim Club & Bungalows:
 July 12 — Euphoria Brass Band
 July 20 — Lao Tizer

Lamb's Players Theatre:
 July 21-23 — The Music of June Carter & Johnny Cash

Loews Coronado Bay Resort:
 July 19 — Jonny Tarr

The Magnolia Performing Arts Center:
 July 27 — Viva La Quebradita

Mission Bay Resort:
 July 11 — Keni Yarbro
 July 12 — Mike Myrdal
 July 14 — Michael LeClerc
 July 16 — Christian Taylor
 July 17 — David Shyde
 July 18 — Keni Yarbro
 July 20 — Johnny Martin

Mission Trails Church:
 July 14 — Left Coast Quintet

Moonshine Beach:
 July 11 — Redferrin

Mr. Peabody's Bar & Grill:
 July 12 — Mudflap
 July 13 — YARP Yacht Rock
 July 19 — Dad Bods and Amy
 July 20 — Social Remedy

Music Box:
 July 12 — Emo Night Tour
 July 13 — The Polish Ambassador
 July 14 — Josh Weinstein
 July 18 — Pedro The Lion and Danielle Durack
 July 19 — Tuff with DJ Tom Stephan

Nate's Garden Grill:
 July 20 — Tinkersmith

Navajo Live:
 July 12 — Poison Hearts, Doll Riot, Wabash Cannons
 July 20 — Brutalion, Most Hated, The Provoked
 July 21 — RoseThorne, Silver Cowboy, RoseKing

Nick & G's:
 July 19 — Matt Heinecke
 July 20 — David Shyde

North Island Credit Union Amphitheatre:
 July 19 — Junior H

Nova SD:
 July 19, July 20 — Slander

Observatory North Park:
 July 11 — The Church and The Afghan Whigs
 July 12 — The Living Tombstone
 July 14 — C-Kan
 July 19 — Cobrah
 July 20 — Glass Spells

Open Air Theatre:
 July 26 — Lake Street Dive

Pechanga Resort & Casino:
 July 13 — Happy Together Tour 2024
 July 19 — Eraserheads Huling El Bimbo
 July 20 — Koyote

Petco Park:
 July 11 — Dinner on the Diamond: Ludacris
 July 19 — A Day To Remember and The Story So Far

Poway Library:
 July 13 — Summer Learning for Adults
 July 18 — Summer Learning: Hullabaloo

The Quartyard:
 July 13 — R&B Block Party: All White Affair

The Rady Shell at Jacobs Park:
 July 12 — San Diego Symphony: Beethoven by the Bay
 July 13, July 14 — Stick Figure
 July 19 — Field of Dreams in Concert World Premiere
 July 20 — Disney in Concert: The Sound of Magic

Red Brontosaurus Records:
 July 25 — Middle Earth, P.P.T, Wormeater

Rustic Root:
 July 16 — David Shyde

The Saddle Bar:
 July 11 — Into The Void

San Diego Botanic Garden:
 July 11 — Summer Nights: Hullabaloo Concert

July 18 — Summer Nights: Mindy Donner Concert

San Diego Civic Theatre:
 July 12 — Lindsey Stirling
 July 19 — Edgardo Nuñez
 July 21 — Ben Platt and Brandy Clark

Santee Lakes Recreation Preserve:
 July 13 — Summer Jams on Deck - Miranda Ramos
 July 20 — Summer Jams on Deck - Harmonica John

Snapdragon Stadium:
 July 13, July 14 — Holo Holo Music Festival

Soda Bar:
 July 11 — Newgrounds Death Rugby and Oolong
 July 12 — Infinity Song
 July 13 — Death Cab For Karaoke
 July 14 — Emma Frances and The Wellsprings
 July 15 — Jake & Shelby
 July 16 — The Band Ice Cream and Virginia Crime
 July 18 — Juan Wauters
 July 19 — Good Luck Club
 July 20 — The Body & Dis Fig

Soma:
 July 12 — Ray & Paul
 July 13 — JAMM

The Sound:
 July 17 — Toad the Wet Sprocket

South Coast Winery Resort & Spa:
 July 21 — Chris Standring, Patrick Lamb, Gregg Karukas

St. Bartholomew's Episcopal Church:
 July 13 — North County Winds Band L. Swing's the Thing

Sycuan Live & Up Close Theatre:
 July 11 — Niko Moon at the River
 July 12 — Marty Stuart & His

Fabulous Superlatives
 July 20 — Tyrese

Thornton Winery:
 July 12 — 24K Magic
 July 20 — Peter White, Mindi Abair, Vincent Ingala

Tidal:
 July 20 — Freddie Walton

Tio Leo's:
 July 25 — Soul Persuaders

The Tower Bar:
 July 12 — Dream Phases

Town Center Community Park:
 July 11 — Santee Summer Concert: The Sea Monks
 July 18 — Santee Summer Concert: BetaMaxx

Town and Country Hotel and Convention Center:
 July 31, August 1 — Tiki Oasis

UC San Diego Park & Market:
 July 11 — Intersections: Gene Perry & Rumba Ketumba

Village Faire Shopping Center:
 July 18 — Adrienne Nims

Vision Center for Spiritual Living:
 July 13 — Gregory Page

Waterbar:
 July 18 — Ryan Hiller
 July 25 — Marcela Mendez

Waterfront Park:
 July 20 — San Diego Bayfest

Whistle Stop Bar:
 July 11 — CrowJane

Winstons Beach Club:
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 July 19 — Sandollar
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Minced snails and bird beer

The Maori immigrants loved the flavor of moa flesh

This is weird. I'm sitting here looking out over the Port from pretty much exactly where some photographer, back on March 24, 1882, pulled the cap off his giant camera lens for a minute and achieved a photo of the *Star of India* — plus 23 other square-rigged sailing ships parked right down there in the harbor. Yes, I have a hang-up about the *Star*, aka the oldest active sailing ship in the world! Her name was changed from *Euterpe*, which honored the goddess of music. Now she's the flagship of the San Diego Maritime Museum. But this 1882 photo I'm looking at was taken, not in San Diego, but looking down at the Port of Lyttelton here in New Zealand. She's one of 24 square riggers that pulled in from the U.K., loaded with immigrants. In that era, everybody would have survived by eating salt beef, salt pork, and hard tack — hard-baked ship's biscuits — day in, day out for four months. The sight of this harbor, gouged from a mountain by an ancient volcano, must have brought out sighs of exhausted relief from the passengers.

Talking of which, I'm definitely hungry. Sure hope I can find something more than salted beef and hard tack on a menu around here... ah. Right where thousands of logs are piled dockside for export to China near a ship named *Irvinga*, this restaurant kinda rises out of the water: Fisherman's Wharf. There's a sandwich board outside touting today's specials. And the first one interests me: "Paua dumplings: housemade dumplings filled with fresh New Zealand paua mince, deep fried. Served with aioli and sweet chili, \$22."

I have a thing about paua. When I was a Kiwi kid, my brother and I used to pry them from the rocks and take them home for our mom to cook. They're really a cousin of abalone, super hard to lever off the rocks. But if you had them fresh and cooked them right, scrumbos! And if you did it the slightest bit wrong, you had the toughest, jaw-busting chew-challenge of your gastro life. (Fortunately, I see that here, they have minced the meat down, so we're probably almost ordering a paua burger.)

Eventually, big bro and I started feeling sorry for the paua. Turned out they were giant snails, with actual blue blood, a huge black suction foot, and a *whakapapa* (ancestry) that goes way back. And, they're disturbingly like us: they have a pair of eyes, a mouth, and breathe through gills. Still, now I'm here, got to try them. It's Thursday afternoon, and the place is crowded. I'm almost tempted to sit outside with the crowd on the nice window deck with the view, but that chill winter wind is making the ships' flags fly straight

and flicky, so no thanks. I'll just huddle with the landlubbers inside. They're all eating beneath a giant shark that is slung over the tables. It's cozy. All around me, hardy Kiwis are sitting and standing in shorts and wool shirts as though it's a summer's day. Me, I sit down with all four layers on, and start looking for something uber-warm to eat before I order

the paua dish. Waitress — Sarah? — comes by with menus. Hmm. Interesting array, but pretty much like seafood offerings you'd get in California. Looks a little more expensive, but I have to remember these are New Zealand dollars, maybe a third less valuable. Seafood chowder (with fish, prawns, mussels, squid and veggies in a "creamy *volute*" with garlic bread) costs NZ\$25 (US\$15), or it's NZ\$18 (US\$11) for an "entrée," which is what Kiwis call their smaller sampler sizes. Scallops wrapped in bacon go for NZ\$18 (US\$11), and steamed mussels are NZ\$24 (US\$15).

I go for the seafood chowder, just because it is thick and rich and warm, and of course I ask for the paua dumplings because, well, they take me back to when I was a stripling in Kiwiland.

"And to drink?" asks Sarah. I check the menu. Strange Kiwi names for beers, plus plenty of the Marlborough wines that have made New Zealand (now being called Aotearoa New Zealand) famous.

"No," says Sarah. "You should have some Moa's Milk."

"Moa's milk? I thought moas were extinct."

"Not here! They help make our milk stout."

There's not a kid in the land doesn't know all about NZ's giant moas, the 12-foot-tall land birds that used to roam this land, and which are — okay, apart from kiwi — kinda the symbol of this country.

"So what is it?" I ask.

"Dark milk stout. Good for a chilly day."

What da heck, why not? I swear I can hear what they reckon was the moa's deep throated rumble-call as this stuff goes down. And it has some chocolate melted in there. Awesome. Pint cost NZ\$16 (US\$10). The Maori immigrants, who first came around 1300 AD, loved the flavor of Moa flesh. In just 145 years, by 1445, the birds were extinct. And so were the giant eagles that hunted the moa.

I think about that as I chug my Moa's Milk. Besides its power to evoke memories, it has a nice warm flavor, and it's perfect with the chowder. And OMG, the chowder is rico-suave. This place is Indian-owned; really, all the eateries seem to be Indian- or Chinese-owned. No surprise: New Zealand sits on the edge of the mighty Asian conti-



The most delish dish: Paua dumplings, wild, not farmed



Welded chain art shows eatery's trawler heading upwind.



Staff fool around with my chowder underneath the company shark

ment. Preet the chef comes up while the chowder is sitting steaming on the table. "It's traditional," he says. And he doesn't mean traditional Indian. "Béchamel base, veggies, carrot, celery, spring onion, onion, plus the marinara mix of squid, mussels, prawns, orange roughly, and monkfish." Wow. Sounds like 100 percent of all my recommended daily allowances. And it's warm and creamy, perfect for this midwinter weather, and uber-filling, thanks to generous chunks

of seafood.

But I do have room for the great Kiwi specialty, the paua dumplings. These are wild paua, and you can tell. The flavor is slightly fishy, but more meaty, a pointed, interesting flavor. Helped by the aioli and sweet chili sauces that come with them. I finish up and head out into the cold of this southern winter. Nothing but sea between us and Antarctica. Oh, and that wind. ■

The Place: Fisherman's Wharf, 39 Norwich Quay, Lyttelton, South Island, New Zealand. Tel +64 03 328-7530

Hours: 11.30am - 8pm daily, closed Monday

Prices: Seafood chowder (with fish, prawns, mussels, squid, NZ\$25 (US\$15), or NZ\$18 (US\$11) for "entrée" size; scallops wrapped in bacon, NZ\$18 (US\$11); steamed mussels, NZ\$24 (US\$15); fisherman's pie, NZ\$26 (US\$15); warm salad with Asian-style chicken, NZ\$32 (US\$20); braised winter lamb shank, NZ\$38 (US\$23); seafood sizzle plate, \$40 (US\$25); Fijian kokoda (raw fish marinated in lemon juice and coconut milk, \$18 (US\$11); rib-eye steak in peppercorn sauce, \$38 (US\$23)

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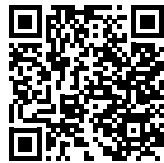
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PERSONALS

BE QUICK OR BE DEAD the world belongs to the swiftest!

BILLY CUTSHAW Infinite goodness means creating a being that you know in advance is going to complain.

TROLLEY AFTER BLINK 182 This is a long shot. We were on the trolley after Blink concert. We talked about seaport village, ice cream and carousel. There was a drunk guy who fell on me and you told me you wouldn't let me fall down. We got off at old town. brosmomma@yahoo.com

H BUG Everyday you don't/won't call me becomes the worst day of my life. I don't understand how trying to save yours was such a bad thing. And now you are punishing me for loving you with all my heart, and even broken hearted I will love you forever. Mom

WELL I'M FLABBERGASTED Having it made but cannot find one single real person here. Of course my street family is cool, but they still are so stuck on some hate thing. SD sucks! Imagine I was in the bushes 10 yrs longer than you have been here and still judged and treated like a problem from Day two. Astounded either you get it or not. I hope this place hasn't stole you.

SWEETHEART Let's meet at the movies!

HI GARGOMEL!! You know... Lil boy blue, gathered up his cow and sheep... even... the dish, ran away w/ the spoon. but, the fork, alone, he stood... Because, people just, eventually, went around him. Smurfette

HALEY H. I'm told you no longer live outside, good. Don't I deserve at least, a phone call from you letting me know you are ok? I wasn't perfect, I did the best I could as a parent. But there never was a doubt I loved you. I miss you please call me. Love Mom.

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HEALTHY VOLUNTEERS NEEDED UCSD UCSD Inter-ventional Psychiatry Program is looking to recruit healthy volunteers to participate in a research study that examines biomarkers of depression using encephalography (EEG). You will receive compensation for your time. Call to learn more. (858) 249-2625 / iptrials@health.ucsd.edu

MINDFUL NEUROSTIMULATION UCSD If you are 18-60 years of age and suffering from treatment-resistant depression, you may be eligible for the 8-week Mindfulness Engaged Neurostimulation for Depression (MEND) research study offering TMS with mindfulness exercises and up to \$300. (858) 249-2625 / iptrials@health.ucsd.edu

UCSD TMS TRIALS FOR DEPRESSION UCSD Inter-ventional Psychiatry Research Program is currently recruiting participants for clinical trials that investigate the effects of transcranial magnetic stimulation on symptoms of depression. Find out if you qualify today via phone or email. (858) 249-2625 / iptrials@health.ucsd.edu

GOODBYE TO NANCY Nancy Cuskaden passed away peacefully June 24th with incredible thanks going to the wonderful staff at University Care Center and Grossmont Gardens

CARS AND COFFEE JULY 27 Pathways Church Parking Lot: 9626 Carlton Hills Blvd, Santee, CA 92071. 7:00 - 9:00 AM. All years makes and models welcome. No Burn Outs.

HERPES AND HPV SUPPORT GROUP 2nd Thursday every month at Balboa Park's Casa Del Prado. Room 104, BYOB/Beverage. We'll provide Bronx Pizza, come get some support, strength and hope.

"TWIN COUSINS" July 11, 12, 13, at 7pm & July 14, at 3pm. Are they really TWINS, or, are they just trying to pull our legs? Actors ages 7-15. \$10.00 General Under age 6 FREE. Community Actors Theatre, 2957 54th St., San Diego, CA www.communityactorstheatre.com (619) 807-7059 / jlou2@cox.net

HANDICAPPED PARKING PLACARD Chiropractor can evaluate/certify DMV form for patients with chronic pain to low back, hips, knees, ankles or feet after exam, if warranted. (619)

813-0538 / georgereesedc@gmail.com

HOT FUN IN THE SUMMER-TIME Explore San Diego County. Find Hidden Treasure. iTreasureSanDiego.Com

PASSING OF JAMES RALPH JOHNSON It is with deep sadness that we announce the passing of James Ralph Johnson, who left us on May 16, 2024. He will be remembered for his kindness and great sense of humor. Please keep the Johnson family in your thoughts and prayers during this time. (619) 678-7892 / josearroyo_619@icloud.com

SPEND & GET AT PLATO'S CLOSET! Ready to upgrade your wardrobe? Spend \$45 now and score \$20 in Plato's Cash coupons for a future visit! July 14-30! Plato's Cash redeemable between July 1-11. May not be combined with other discounts or offers. See store for more details! www.instagram.com/platoscloset_elcajon/ info@platosclosetcajon.com

MOPAR CLUB CARS AND COFFEE JULY 22 @ Pathways Church Parking Lot - 9626 Carlton Hills Blvd. Santee 92071 7-9AM All years makes and models welcome. No burn outs

BAJA DOG RESCUE SAVES LIVES! We are a nonprofit saving the lives of countless dogs and cats in Baja every day. We are 100% No Kill and dependent on donations from people like you to continue our work. You are helping support: rehabilitation and rescue for numerous abandoned, homeless and injured dogs; food and care for local street dogs; low cost veterinary services for pet parents who have trouble affording it, and care at our Medical Sanctuary in Tijuana. Our veterinary services include: Spay and neutering; Flea and tick, Parvo and distemper treatments; Advanced treatments like x-ray, ultrasounds, cancer care and complex surgeries. Our rescue is run by volunteers who strive to ensure that your donations are used effectively toward these programs and dogs in need. We are all so thankful for your support! bajadogrescue.org/

KIDS WEAVING CAMP THIS SUMMER! Who has a child or teen who loves fiber arts? Weaving Camp is a fun mix of hands-on, exploratory creativity on a variety of looms. Ages 8-18 yrs welcome. 3 spaces left! Mon-Fri, July 29-Aug 2, 9am-12pm. Save your space today at sandiegocraft.org! (619) 273-3235 / make@sandiegocraft.org

LEARN TO SEW A BELT BAG! In this Intermediate Sewing class, learn to sew a versatile Belt Bag with Paige of @stitchedslowly on Sun, June 30, 1-5:30pm. Students may use studio sewing machines or bring your own to learn on. Save your space today at sandiegocraft.org! (619) 273-3235 / make@sandiegocraft.org

THE LEARNING EXPERIENCE - STRONGSVILLE Website: thelearningexperience.com/centers/strongsville-oh/. Address: 12380 Pearl Rd, Strongsville, OH 44136. Phone: +1 (888) 991-4222. We make early education and daycare joyful, engaging, and fun for infants, toddlers, and preschool-aged c / ashikurrahman300@bahari-game.com

PROPHET OF GOD, JJ I'm here to teach everybody that wants to know God and know Jesus personally how to have faith to do that. It's called Walking in the way and I'm the teachers of the way as given in prophecy Isaiah 30:20-21:35 If you want to have your church here teaching of the way that no church teaches. Give me a call and I'll get in

touch with you. Phone number is (619) 601-1827.

CRYSTAL LIGHT MEDITATION Come experience a 20 min session of tranquility. Crystal Light Bed Therapy is a deep Chakra realignment meditation using chromotherapy and crystals, alleviating stress and creating space for joy. The divine bubble. 4639 30th st. (619) 542-9191 None

HERBAL FIRST AIDE. INTERACTIVE Herbal First Aide. Interactive class. Make medicine using urban foraged plants and herbs. Make tinctures, salves, teas and more. June 26th 6:49pm @ the Divine Bubble (619) 542-9191. \$15 and space limited so sign up @ thedivinebubble.com. 4639 30th street (760) 805-1303 / wajaur@gmail.com

BROOM MAKING! THIS JULY 7TH! Learn about knots, cultural heritage, creativity, and functional earth art in this Broom Making workshop on Sun, July 7, 1-4pm. You will create your own unique broom/besom in communal camaraderie. Save your space today at sandiegocraft.org! (619) 273-3235 / make@sandiegocraft.org

FREE CLASS Fully awake your gift of discernment. Most important class you will take!!! Saturday, July 13th @ 11 am - 4:00pm Voltaire Street. 2nd Floor Community Room. Email- concordia02@protonmail.com

KIDS PUPPETRY & THEATER CAMP! Do you know a child who loves theater arts? In this unique Puppet Camp, kids 8-12yrs create their own puppet-puppet with a prof Las Vegas Puppeteer. Create characters & develop a show! Mon-Fri July 29-Aug 2, 1-4pm. Sign up today at sandiegocraft.org! (619) 273-3235 / make@sandiegocraft.org

KIDS SUPER CRAFT CAMP! 6-10YRS Know a child who loves to craft? In this fun camp, kids 6-10yrs explore a variety of traditional crafts—glass, ceramics, woodwork, fiber arts & more! A few spaces left! Mon-Fri July 8-12, 1-4pm or July 15-19, 9am-12pm. Visit sandiegocraft.org (619) 273-3235 / make@sandiegocraft.org

LEARN TO SEW A BELT BAG! In this Intermediate Sewing class, learn to sew a versatile Belt Bag with Paige of @stitchedslowly on Sun, June 30, 1-5:30pm. Students may use studio sewing machines or bring your own to learn on. Save your space today at sandiegocraft.org! (619) 273-3235 / make@sandiegocraft.org

PRE-SCHOOL MINI MAKERS CAMP! A perfect half-day summer camp for the littles, 3-6yr, in your life! At this camp, littles explore in a safe, caring environment and create with their imaginations! A few spaces left! Mon-Fri June 24-28 or Aug 5-9, 9am-12pm. Visit sandiegocraft.org (619) 273-3235 / make@sandiegocraft.org

TEEN RIGID HEDDLE WEAVING CAMP This STEAM Teens camp dives into creating hand-woven textiles! Teens 13+yrs explore color, texture, patterns & learn to warp and weave on rigid heddle looms. High-quality, fun! Mon-Fri, July 29-Aug 2, 1-4pm. Save your space today at sandiegocraft.org! (619) 273-3235 / make@sandiegocraft.org

TAI CHI AND QI GONG CLASSES Meditation In Movement. First class is free. Join us outdoors Tuesday, Thursday, and Saturday mornings or indoors for Qi Gong 6pm Tuesday and Chen Taijiquan 6pm Monday and Wednesday. Taoist Sanctuary. Sign up on our website. Taoist Sanctuary of San Diego, (619) 692-1155. taoistsanctuary.org.

HORTICULTURE, LANDSCAPE DESIGN, redesign, troubleshooting, diagnostics on the spot. Solve your problems, improve your design, improve your maintenance today - no guessing! Educated, trained and experienced, 6th generation native, 6th generation horticulturalist in San Diego County. No sales, no installation, no maintenance. Check me out at EdwordsHorticulture.com, then call (619) 402-8670.

ROOMMATES

CHULA VISTA, \$900 Furnished downstairs room with view. Single occupancy. Proof of employment required. Includes utilities, cable/Internet. Quiet neighborhood. No drugs, smoking, alcohol, pets. East of I-805. (619) 840-7299.

FEMALE SEEKS PLATONIC ROOMMATE Hello, I'm a nice gal with no kids/pets who majorly needs a place to live! Just about any small, private room/space will suffice! NO shared bed or room, platonic arrangement only! Please don't have any anger/addiction issues! Can trade chores for rent! sandiegolady13@gmail.com

PRIVATE BED & BATH - 2B/2B APT Seeking roommate, Male preferred, 1000sqft Apt in Del Cerro. I have a small, quite dog - no other pets with will considered. Rent is \$1300 which includes your half of the utilities. Room is unurnished with a walkin closet. Pool/spa/gym I work from hm

AWESOME ROOM FOR 1 ADULT ONLY Quiet room on cul-de-sac near Lake Murray. Private bath, entrance, A/C off street parking. Full house privileges: kitchen, laundry, pool, BBQ, garden, storage. Students welcome. \$1095/month, utilities included. must be ok w/dogs on property. no pets (619) 792-6365

ROOM WANTED 59 year old male looking for room to rent, studio, or 1 bedroom apartment ideally in east county but flexible with area. Looking for 1300\$ or less. Prefer no pets. Call (619) 405-2389

LOOKING FOR ROOMMATE Single professional female looking for roommate and room or studio in San Diego. Contact (619) 647-9635

FURNISHED BEDROOM/BATH IN MISSION HILLS. Retired man seeking quiet, reliable older male sharing 2br apartment. Your own bedroom furniture ok. Laundry in bldg. Ample street parking; some traffic but mostly quiet. Great walking area; supermarkets, restaurants nearby. Have a mellow short-haired ginger cat. Rent incl wi-fi, TV w/ streaming apps. Split utilities. Available July 1. \$1195/mo. Dave, (760) 908-3770

UNFURNISHED ROOM FOR RENT \$700/month + \$700/ deposit. Shared utilities, bath and kitchen. Close to freeway & imperial beach. Male only. (619) 572-5598

FURNISHED ROOM FOR RENT in Imperial Beach close to ocean; male only; TV & fridge in room; use of kitchen & laundry machines; no smoking or overnight guests; \$ 1,200/month; donnamackersie@att.net (619) 424-6133

INDEPENDENT LIVING Room for rent. Independent living. Nice quiet view home. Shared room. \$850 plus Wi fi, Meals. A great place to call home. Good people! La Mesa (619) 750-4447.

TINY ROOM TO LIVE PLEASE 65 year healthy single, no family, never married non-smoker. Clean SoCal native low income full time job, male high school/college graduate. Seeking somber room in Solana Beach, Cardiff, Leucadia, Encinitas, Carlsbad. Dale Hauskins (858) 401-2973

RENTALS

STUDIO Studio 450 SF in Chula Vista. One person only. \$1400 deposit/\$1400 rent (619) 818-2417 / Lzinn@gmail.com

STUDIO RENTAL \$1,300 price with utilities included. Call (619) 549-3061

STUDIO WITH FRIDGE AND STOVE In Golden hills area near the 94 freeway. (619) 549-3061



LA JOLLA TOWNHOUSE - 2BR/1BA Woodlands West II on west side of I-5, near shopping, movies, freeway, UCSD. Pool, spa, 2 tennis courts, bbq. Attached garage, large balcony off second level. Available now. \$3100/mo. (619) 985-0919 / manana@san.rr.com

ANY CREDIT OK!!! RENT TO OWN No Credit, no problem. Banks say no, we say yes. If your credit isn't spotless that's OK, we're more interested in your debt to income ratio. We want to make sure you can afford the payments. Lease Option. 2Bdr/1BA Condo - \$425k, \$10k down, \$2500/mo sandiego.craigslist.org/ssd/reo/d/san-diego-lease-option-dont-rent-buy/7759048859.html (619) 742-2917

OFFICE SPACE Office space approximately 600 square feet zoned m2. \$1250/month. Some lot space available as well. (760) 855-3551 / exumrecording@gmail.com



BAJA MX RENTAL \$1100 a month long-term beautiful river and ocean views, gated community \$125 a night or \$500 a week (760) 250-7055



MEXICO, LA MISSION TWO BEDROOM ONE BATHROOM

DOWNTOWN \$650-\$750

Classic building in downtown San Diego. Nice sized private rooms share common bathrooms. Property is well maintained with friendly staff. Peaceful and comfortable building with cable TV hookups and on-site laundry. Close to work. MTS trolley stop very close with easy access to the downtown free shuttle.

Southern Hotel
1159 Sixth Ave. and B St. • 619-239-3808

\$1100 a month. Other houses to choose from THAT are directly in front of the ocean and the river, and is very close to the community (760) 250-7055



3 BEDROOM/2 BATHROOM RENTAL IN MEXICO Four car garage, extra large Jacuzzi in the bathroom, has a separate studio that rents out for \$600. Beautiful above the unit. \$1,600 a month long-term. kilometer 58 (760) 250-7055

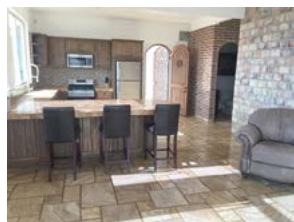
4BD/2BATH 6 CAR GARAGE RENTAL IN MEXICO gated development. Four swimming pools, three Jacuzzis. \$2500 Punta piera (760) 250-7055



BEAUTIFUL 2 BEDROOMS/2 BATH IN MEXICO very large and high in furniture. Jacuzzi, bring your dogs completely furnished LA Mission kilometer 58 Beautiful view. \$1000 Per month. (760) 250-7055

FOUR BEDROOM, TWO BATHROOM, COMPLETELY FURNISHED IN MEXICO Four bedroom, two bathroom, completely furnished direct river, and Ocean view. Bring your dog, bring your horses; plenty of parking. Gated community kilometer 58 very close to Lafonda. \$1,000 a month long-term 13 months high-speed Internet. Tenant pays for utilities, water, electric internet, propane. Very nice property not going to last (760) 250-7055

FURNISHED STUDIO IN MEXICO washing machine, dryer. Directly in front of the river and ocean kilometer 58 LA mission \$750 a month long-term rental 13 months (760) 250-7055



TWO BEDROOM, TWO BATHROOM LUXURY CONDO IN MEXICO directly in front of the river; a little bit to the right of the ocean. 58 LA mission very high end extra large Jacuzzi in the unit. \$1,000 per month. (760) 250-7055



5 ACRE HORSE PROPERTY FOR RENT Rosarito/Ensenada area. LA Mission beautiful property. 5 acre horse property. Four bedrooms, two bath plus extra large Jacuzzi. The 5 acres are completely fenced. \$1,000/month. Not going to last. Call now (760) 250-7055

OTAY MESA STUDIO no pets or smoking, laundry, desirable neighborhood, transportation close, \$1250. (619) 808-1068.

REAL ESTATE

BEAUTIFUL MOBILE HOME FOR SALE Monterey Mobile Lodge, 55+ Senior Park. www.redfin.com/CA/El-Cajon/13300-Los-Coche-Rd-E-92021/home/189718287?utm_source=myredfin&utm_medium=email&utm_campaign=listings_update&riffinfo=ZXY9ZW1haWwmbD03NzkwNjE1NyZwPWxpc3R9

MUSIC

SEEKING FEMALE DRUMMER Seeking an energetic female drummer for all-female rock band. Practice in North County. @goscscarletband. GoScarletband.com. TheGoScarletband@gmail.com (951) 265-5082 / thegos

RECORDING CLASSES Learn recording techniques with a professional seasoned recording engineer in an established recording studio. Analog, digital, Pro Tools Recording, mixing, mastering, vocal tuning, drum tracking outboard gear and much more. Call Scott (760) 855-3551 / exumrecording@gmail.com

REHEARSAL SPACE 24 HOUR ACCESS Rehearsal Space 24 hour access. Air conditioned.

Call Scott (760) 855-3551 / exumrecording@gmail.com

LADY SINGERS Ladies who love to sing are invited to Monday night rehearsals to learn 2 harmony songs for event Aug. 31. Call (619) 248-9599

PIANO FOR SALE (STORY & CLARK) Beautiful high quality. One of the most respected names in pianos. Near new condition. Must sell - moving east and can't afford to ship. Played by a retired music teacher. Come to my house and pick it up. Call Tom at (619) 818-2079 (tom@aa6ts.com)

LEAD SINGER SEEKING GUITARIST Lead singer very experienced. Extremely disciplined and talented. No Kooks. Come if you are serious. I need a guitarist at the least. Please call (619) 228-5843

ORIGINAL 1959 (2) BOX SET OF HAWAIIAN MELODIES Twelve 2-sided 78's each of Hawaiian melodies. Commemorative 49th state edition' My yellow ginger lei' \$500 text (760) 472-9127

REGGAE SKA POP progrock fusion professional lead/rhythm guitarist for recordings, gigs, tours. CD/Tour credits. Dale Hauskins (858) 401-2973

MUSIC REHEARSAL STUDIO Upscale facility, Kearny Mesa. All rooms have individual air conditioning, high ceilings and 24-hour access. Monthly rooms available. Adder Studios, (858) 522-9505. www.adderstudios.com.

Legals@SanDiegoReader.com ■ 619-235-3000

LEGAL NOTICES

We are a fully adjudicated publication for San Diego County.

PUBLIC NOTICE

Cellco Partnership and its controlled affiliates doing business as Verizon Wireless (Verizon Wireless) proposes to build a 30-foot Monopine Tower Communications Tower. Anticipated lighting application is a medium intensity dual red/white strobes. The Site location is 14889 Carmel Valley Road, San Diego, San Diego County, California 92129 (32 59 1.8N, 117 7 39.0W). The Federal Communications Commission (FCC) Antenna Structure Registration (ASR, Form 854) filing number is A1286210.

ENVIRONMENTAL EFFECTS – Interested persons may review the application (www.fcc.gov/asr/applications) by entering the filing number. Environmental concerns may be raised by filing a Request for Environmental Review (www.fcc.gov/asr/environmental-request) and online filings are strongly encouraged. The mailing address to file a paper copy is: FCC Requests for Environmental Review, Attn: Ramon Williams, 45 L Street NE, Washington, DC 20554.

PUBLISHED 7/4/2024
SAN DIEGO READER

FICTITIOUS BUSINESS NAME STATEMENT

File No.:
2024-9011663

Filed with Jordan Z. Marks Recorder/County Clerk County of San Diego:
06/06/2024

Fictitious Business Name(s):
a. The Cutie Cart
Located at: **350 W. Ash St. Unit 802, San Diego, CA 92101, San Diego County**

Mailing Address: 350 W. Ash St. Unit 802, San Diego, CA 92101
Registered Owners Name(s):
PR In Person, Inc.

This business is conducted by:
Corporation. The first day of business was N/A.

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (1,000).)

Registrant Name /s/
Ann M. Duke, President
Corporation/LLC Name
PR In Person, Inc.
6/13/2024, 6/20/2024,
6/27/2024, 7/4/2024

FICTITIOUS BUSINESS NAME STATEMENT

File No.:
2024-9011042

Filed with Jordan Z. Marks Recorder/County Clerk County of San Diego:
05/23/2024

Fictitious Business Name(s):
a. Karanchi
Located at: **2307 Fenton Parkway, Ste 107-201, San Diego, CA 92108, San Diego County**

Mailing Address: 2307 Fenton Parkway, Ste 107-201, San Diego, CA 92108

Registered Owners Name(s):
NUG FOODS LLC

This business is conducted by:
Corporation. The first day of business was N/A.

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (1,000).)

Registrant Name /s/
Nguyen Le, CEO
Corporation/LLC Name
NUG Foods LLC
6/27/2024, 7/04/2024,
7/11/2024, 7/18/2024

Legals@SanDiegoReader.com ■ 619-235-3000

LEGAL NOTICES

We are a fully adjudicated publication for San Diego County.

ORDER TO SHOW CAUSE-CHANGE OF NAME

Case No.: 37-2024-00024418- CU-PT-CTL
SUPERIOR COURT OF CALIFORNIA, COUNTY OF San Diego
330 W. BROADWAY, San Diego 92101

Petition Of: **Lee Edwin Gargel**
FOR CHANGE OF NAME

To all Interested Persons: Petitioner: **Lee Edwin Gargel** filed a petition with this court for a decree changing names as follows:

a. **Lee Edwin Gargel** to **Glassy Lee Legrag**

THE COURT ORDERS that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.

NOTICE OF HEARING

Date: **07/10/2024**

Time: **08:30 am**. Dept: **C-61**

The address of the court is the same as noted above.

A copy of this *Order to Show Cause* must be published at least once each week for four successive weeks before the date set for hearing on the petition in a newspaper of general circulation, printed in this county: **San Diego Reader**

NO HEARING WILL OCCUR ON THE ABOVE DATE, SEE ATTACHMENT.

Dated: **05/28/2024** **Maureen F. Hallahan**
Judge of the Superior Court.

ATTACHMENT TO ORDER TO SHOW CAUSE FOR CHANGE OF NAME (JC FORM #NC-120). **NO HEARING WILL OCCUR ON THE DATE SPECIFIED IN THE ORDER TO SHOW CAUSE.** The court will review the documents filed as of the date specified on the Order to Show Cause for Change of Name (JC Form #NC-120). If all requirements for a name change have been met as of the date specified, and no timely written objection has been received (required at least two court days before the date specified), the Petition for Change of Name (JC Form #NC-100) will be granted without a hearing. One copy of the Order Granting the Petition will be mailed to the petitioner. To change a name on a legal document, including a birth certificate, social security card, driver license, passport, and other identification, a certified copy of Decree Changing Name (JC Form #NC-130) or Decree Changing Name and Order Recognizing Change of Gender and for Issuance of New Birth Certificate (JC Form #NC-230) may be required. Contact the agency(ies) who issues the legal document that needs to be changed, to determine if a certified copy is required. A certified copy of Decree Changing Name (JC Form #NC-130) or Decree Changing Name and Order Recognizing Change of Gender and for Issuance of New Birth Certificate (JC Form #NC-230) may be obtained from the Civil Business Office for a fee. Petitioners who are seeking a change of name under the Safe at Home program may contact the assigned department for information on obtaining certified copies. If all the requirements have not been met as of the date specified, the court will mail the petitioner a written order with further directions. If a timely objection is filed, the court will set a hearing date and contact the parties by mail with further directions. A RESPONDENT OBJECTING TO THE NAME CHANGE MUST FILE A WRITTEN OBJECTION AT LEAST TWO COURT DAYS (excluding weekends and holidays) BEFORE THE DATE SPECIFIED. Do not come to court on the specified date. The court will notify the parties by mail of a future hearing date. Any Petition for the name change of a minor that is signed by only one parent must have this Attachment served along with the Petition and Order to Show Cause, on the other non-signing parent, and proof of service must be filed with the court.

Published: 6/13/2024, 6/20/2024, 6/27/2024, 7/4/2024

Notice Of Lien Sale

In accordance with the provisions of the California Uniform Commercial Code & section 798.56a(e) of the California Civil Code, there being due & unpaid storage for which Quiet Oaks MHC, LLC (Quiet Oaks MHC) is entitled to a lien as Warehouseman on the 1972 Fleetwood mobile home, Decal Number AA19412, Serial number S15738, located at 26455 Paradise Valley Rd #61 Warner Springs, CA 92086, held on account of Angelica Gamino, [REGISTERED OWNERS: Tobias S Campbell] & due notice having been given to the parties known to claim an interest therein & the time specified in such notice for payment of such charges having expired, notice is hereby given that the 1972 Fleetwood mobile home will be sold at public auction on July 19 at 10:00 AM at 26455 Paradise Valley Rd #61 Warner Springs, CA 92086. PLEASE TAKE NOTICE that payment must be made by certified funds within seven (7) days of the date of sale, & at the time the mobile home is removed from the premises. The mobile home & contents must be removed from the premises within seven (7) days of the date of sale. Any purchaser of the mobile home will take it subject to any liens pursuant to Health and Safety Code §18116.1.

Dated: 7/4/2024 [& 7/11/2024]

Quiet Oaks MHC

6653 Embarcadero Drive, Ste C

Stockton, CA 95219

/s/ Melissa Lawley

Melissa Lawley, Authorized Agent

PETS



BENGAL KITTENS AVAILABLE NOW 12 week old Bengal kittens need new homes. Males and females available. Gorgeous rosettes! Healthy and vibrant. Parents on site. Call or text (619) 307-4771

LOST CAT ALERT FROM LOST-MYKIDDIE.COM The cats name is Doku was lost near Market Street and Cotton Street on June 26. Doku is an American short hair who is black and white with yellow eyes. Please check garages, sheds and other places where cats may hide. If you've seen him please call (631) 740-4033. There's a reward.



DACHSHUND PUPPIES We have been neatly vaccinated and dewormed according to schedule, registered and checked by the vet. The puppies are enthusiastic and playful and are already well socialized! (619) 736-3594

GOLDEN RETRIEVER PUPPIES 2 puppies still available! This beautiful combination of puppies were born with us. They can leave the nest now. The puppies are dewormed and vaccinated. Puppies grow up in a homely atmosphere. text at (619) 736-3594

HAPPY BERNESE MOUNTAIN DOG we're bubbly, male and female Bernese Mountain Dog! I'm great with kids and love to snuggle. I will come home to you with shots and worming up to date and micro-chipped. (619) 736-3594

MALTESE PUPPIES PRESENT! They are eager to learn. These puppies are suitable for breeding as well as for the show! Pictures of the parents and of the ancestors are present. Ask for this if interested. text at (619) 736-3594

CANINE OWNER POSITIONS FOR FLYBALL RACING Accepting applications for canine/owner positions for flyball racing. Dogs must be non aggressive, ball retrieval, obedient, fast. (619) 991-5267, Bjminnie@yahoo.com

ADOPT YOUR NEXT DOG OR CAT FROM BAJA DOG RESCUE! We are a volunteer-run, 100% No Kill animal rescue in Tijuana. We have so many loving pets who can't wait to complete your family! All have been treated by veterinarians and ready to come home. Your rescue donation enables us to save countless lives, thank you! bajadogrescue.org/

DON'T BREED OR BUY WHILE SHELTER PETS DIE! Please don't support selfish breeders bringing countless new animals into the world while others wait in cages or get put down! You may think you need a particular breed, but I promise you will love another. Shelter animals are wonderful, just give them a chance!

SPORTS

MICKEY MANTLE FIRST COVER SPORTS ILLUSTRATED 1956 Very good condition \$100 Chris (805) 837-4928

SPORTS CARD ALBUMS Charges, Padres etc. Oldies and goodies. Call Jeff (619) 820-7905

SPORTS CARDS 10,000 cards for \$100 or 2000 cards for \$20. All teams, plus singles. Gwynn, Nolan, Griffey, Jordan, Koby, LaDainian, Brady, Lebron, etc. Call Ernie (619) 562-1129

BICYCLES

BIANCHI VELOCE ROAD BIKE: Carbon fork, light green color, made in Italy, purchased new, only ridden a few times, \$650. In Escondido, call (760) 746-7209.

CANNONDALE F1000SL MOUNTAIN Bike ultra aluminum steering fork, orange-yellow color, purchased new. Very little use, \$450. (760) 746-7209.

FUJI TANGE 900 DOUBLE BUTTED LARGE 25" FRAME 23" rims new seat - helmet - 12 speed gears - needs tires and tubes - Old Town - Scott. (619) 988-0321. \$95

MONGOOSE MOUNTAIN BIKE 6061 Aluminum 21 speed. \$160 or best offer. Call (619) 542-0472 (No texts)

BICYCLE PARTS Impressa heavy duty, extra large pack my bike hooks; never used, easy to use on all tires, \$15. Bell telescoping frame pump, used once, \$10. Wrist Gage and two small bike hooks with grips, \$5. Contact (619) 380-4861

TWO STREET BIKES both for \$40. Good Shape. Text only (442) 238-7382

BMC BIKE Gorgeous blue and white BMC Carbon fiber. Road frame 47 CM. Never used; in storage. Must see! (619) 237-8043

BICYCLE FOR SALE one year old, runs like new, ridden about six times. Make offer. (562) 846-9299 and ask for Steven.

MOTORCYCLES

2020 HARLEY DAVIDSON XL 1200, black. Cash price \$12,000. Too many extras to list. (619) 233-8300. None

AUTOMOTIVE

1929 FORD HOT ROD, RAT ROD Roadster, convertible. \$3,900. V8 automatic. (619) 826-5252

1953 CHEVY SEDAN V8 Automatic and it has a custom paint job with flames, has heaters, oversize, radiator, electric fan, dual exhaust, straight body, glass, good tires. California Title (619) 655-1830. \$3,800

1963 FORD PICK UP \$1800 comes with a six cylinder engine and cool wheels. (619) 478-9402

2000 FORD F150 LARIAT 4X4 121,000 miles, \$5000 OBO. (442) 375-9025

2002 FORD EXPLORER 140K MILES This truck is in great condition with an immaculate interior and 3rd row seats. Strong engine. New tires, struts and brakes. Transmission just beginning to slip. \$3,500. (760) 402-7099



2012 ACURA TL TECH PACKAGE I'm selling my 2012 Acura TL. Please contact me with any questions. Brand new battery (November 27th, 2023), clean title, no accidents, well serviced and taken care of. 2 new tires (Costco), oil change and filters replaced (December 20, 2023), passed (858) 248-2971 / arturo-morales2@gmail.com



2005 VOLVO S60 T5 Well maintained S60 w/ 2.5 L Turbo Engine, New Headlights, Michelin Tires, Electric Front Seats, Keyless Entry. - call/text Steve (858) 633-6479

2017 CHEVY CRUZE Clean Title. \$6,500 obo. (619) 253-0005

1992 BUICK LESABRE MANUALS GM Owners manual, GM service manual, GM electrical systems manual, Haynes repair manual, Chilton's repair manual, all 5 for \$100., (760) 746-7209.

JAGUAR X TYPE ALUMINUM WHEELS Three Original 16" wheels, I only have three, the fourth wheel was damaged by hitting a curb, I am selling all three for only \$225. Call (760) 746-7209, in Escondido

WE BUY ALL TYPE OF CARS We buy all type of cars running or not. Call (619) 484-4032 - Get a quote - Get your cash. Same day pickup, Same day cash. No title, no tires, no keys, engine not working, check engine light on, running or not.

1928 FORD COUPE Project with title. \$8,800. (760) 717-1334

RUNNING RESTORED 1926 CHEVY SEDAN with title. \$12,500 (760) 717-1334



1949 CADILLAC COUPE DEVILLE 1949 Cadillac Coupe for sale. Runs but needs work. Great for collectors and Historian restorationist. Asking \$15,000 (323) 496-9548



1976 VW BUG FOR SALE \$5,000 1976 VW Bug for sale. Vintage Centerline Rims, rebuilt engine, Fuel injection. Runs great. Great collectors item. Asking 5,000 Firm (323) 496-9548

TOYOTA PICK UP 1987 Gray truck, four cylinder, 22R engine, four speed. Runs great. Long term ownership. (619) 576-8196.

CAR RENTALS RENT TO OWN PROGRAM no credit no problem. (760) 633-3552

\$99 A WEEK Toyota Corolla Pay cash get one extra day (619) 233-8300.

12 PASSENGER VAN for rent \$100 a day \$600 a week churches get 10% discount mentioned the reader and get one day free with one weekly rental (619) 233-8300.

RENTAL CAR starting from \$17.95 per day \$99 a week 350 a month 3006 Barnett Ave. Point Loma open seven days a week

trucks for rent \$300 a week Toyota four runner also minivans \$400 a week 15 passenger vans \$500 a week. (619) 233-8300

RENTAL CAR AVAILABLE also rent to own programs thousand dollars down \$500 a week in-house financing rent to own (619) 233-8300.

TOYOTA 4RUNNER for rent \$300 a week rent to own program available (619) 233-8300.

TOYOTA CAMRY for rent \$99 a week 350 a month pay cash get one day free (619) 233-8300.

TOYOTA TRUCK for rent \$300 a week rent to own program available (619) 233-8300.

1999 TOYOTA AVALON White. Super clean. Rent to own or for sale. Cash price \$2900 (619) 233-8300.

2000 MERCURY GRAND MARQUIS Super clean, rent to own or for sale. Cash price \$3900. (619) 233-8300.

2000 TOYOTA AVALON GOLD Super clean. Rent to own or for sale. Cash price \$2900. (619) 233-8300.

2001 TOYOTA CAMRY Super clean. Rent to own or for sale. Cash price \$3900. (619) 233-8300.

2005 TOYOTA TUNDRA TRUCK Super clean. Rent to own or for sale. Cash price \$8900. (619) 233-8300.

2006 TOYOTA COROLLA Super clean. Rent to own or for sale. Cash price \$6900. (619) 233-8300.

2007 TOYOTA 4RUNNER White. Super clean. Rent to own or for sale. Cash price \$9800. (619) 233-8300.

2009 MERCEDES E350W Black. Super clean. Rent to own or for sale. Cash Price \$6,900. (619) 233-8300.

2011 CHEVY CAMARO Black. super clean. Rent to own or for sale. Cash price \$17000. (619) 233-8300.

HELP WANTED

DATA ANALYST 2 (Req# IIC1465) in San Diego, CA. Telecommuting permitted. Dvlp data solutions. Work w/ internal Quality customers on reqs gathering. Dvlp & maintain views using HANA & Denodo. Req Masters. \$95,410-\$125,410/yr Email resumes to Illumina, Inc at ReviewofResumes@illumina.com. Must ref job title & Req# in subject line.

ENGINEER II (Req# IIC1466) in San Diego, CA. Dvlp plans, procedures & execute engg verification for flowcell modules like patterning, surface chemistry & integration with SBS chemistry. Req Masters. \$87,131-\$117,131/yr Email resumes to Illumina, Inc at ReviewofResumes@illumina.com. Must ref job title & Req# in subject line.

SCIENTIST 2 (Req# IIC1469) in San Diego, CA. Design, execute & analyze experiments in a fast paced environment. Design & execute complex lab experiments to measure biophysical sys. Req MS+2yrs \$97,718-\$127,718/yr Email resumes to Illumina, Inc at ReviewofResumes@illumina.com. Must ref job title & Req# in subject line.

SR. DEVOPS ENGINEER (Req# IIC1470) in San Diego, CA. Telecommuting permitted within area of intended employment. Deliver enterprise class DevOps Tools Chain software development practices throughout the business in partnership with business unit customers & peers. MS+3 yrs rtd exp.

\$146,328-\$176,328/yr Email resumes to Illumina, Inc at ReviewofResumes@illumina.com. Must ref job title & Req# in subject line.

SR. SOFTWARE TEST ENGINEER (Req# IIC1471) in San Diego, CA. Drive verification testing for SW-based sys that support the manuf of Illumina's consumables products. Req BS followed by 5 yrs prog rtd exp. \$129,522-\$159,522/yr Email resumes to Illumina, Inc at ReviewofResumes@illumina.com. Must ref job title & Req# in subject line.

SCIENTIST 2 (Req# IIC1472) in San Diego, CA. Lyophilization: MIT Stability Study. Effect of Oxidation in FFN Degradation Study. IMX analytical HPLC method development. Reqs BS+2 yrs rtd exp. \$72,000-\$112,000/yr Email resumes to Illumina, Inc at ReviewofResumes@illumina.com. Must ref job title & Req# in subject line.

STAFF SOFTWARE DEVELOPER (Req# IIC1473) in San Diego, CA. Telecommuting permitted from anywhere in the U.S. Maintain, support & upgrade the design of Camstar. Camstar is the Manuf Execution System (MES) used to support various manuf areas globally. Req BS followed by 5 yrs prog rtd exp. \$133,349-\$173,349/yr Email resumes to Illumina, Inc at ReviewofResumes@illumina.com. Must ref job title & Req# in subject line.

SR. BIOINFORMATICS ENGINEER (Req# IIC1474) in San Diego, CA. Telecommuting permitted within the area of intended employment. Dvlp bioinformatics utilities in order to facilitate both SW testing & automation. BS followed by 5yrs prog rtd exp or MS+3. \$124,300-\$186,500/yr Email resumes to Illumina, Inc at ReviewofResumes@illumina.com. Must ref job title & Req# in subject line.

MANAGER, ENGINEERING (Req# IIC1475) in San Diego, CA. Resp for facilities equip Calibration & Lifecycle Asset Mgmt (LCAM), mid-sized mech, electrical & plumbing (MEP) construction project mgmt, change control activities & facilities validation all within FDA regulated envr. Req BS followed by 5 yrs prog rtd exp. \$162,604-\$202,604/yr Email resumes to Illumina, Inc at ReviewofResumes@illumina.com. Must ref job title & Req# in subject line.

SR. PROGRAMMER/ANALYST (Req# IIC1476) in San Diego, CA. Telecommuting permitted from anywhere in the U.S. Design, dvlp, unit test, document & deploy high quality business solutions on the Force. com platform. Reqs MS+1yr rtd exp. \$121,597-\$151,597/yr Email resumes to Illumina, Inc at ReviewofResumes@illumina.com. Must ref job title & Req# in subject line.

SR. SCIENTIST (Req# IIC1477) in San Diego, CA. Independently analyze, interpret & present findings from complex datasets to drive informed proj decisions. Perform as co-lead on prod dvlpmt NGS analysis. Reqs PhD+MS+3yrs rtd exp. \$106,350-\$136,350/yr Email resumes to Illumina, Inc at ReviewofResumes@illumina.com. Must ref job title & Req# in subject line.

STAFF DEVOPS ENGINEER (Req# IIC1478) in San Diego, CA. Telecommuting permitted anywhere in the U.S. Plan & schedule the salesforce non production and Production deployments. Automation and Implementation of CICD pipeline for Salesforce. Req BS followed by 5 yrs prog rtd exp. \$171,080-\$201,080/yr Email resumes to Illumina, Inc at ReviewofRe-

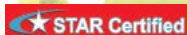
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Service includes: • Maintenance tune-up Oil and filter change • Lube chassis • Radiator coolant change Air filter replacement • Fuel injection cleaning Check brakes, suspension

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sumes@illumina.com. Must ref job title & Req# in subject line.

PRODUCT MANAGER - FTTX Sanwa Technologies, Inc. San Diego, CA. Product Manager - FTTX. Strategically formulating plans and initiatives on each opportunity to make a winning proposition for optical connectivity. Telecommuting permitted. 70% travel international and domestic required. Salary: \$136,573.00/year. To apply, send your resume to hrcontact@sntech.com (Ref#001)

SOFTWARE ENGINEER AppFolio Inc. seeks Software Engineer in San Diego. Salary \$100,000 - \$130,000/yr. Telecomm prmted. Apply @ www.jobpostingtoday.com #54897

FIELD APPLICATIONS ENGINEER KLA Corporation has an opening in San Diego, CA for Field Applications Engineer (AGFAESD) Provide technical applications support for the development and implementation of Optical Metrology Products. Up to 15% domestic travel to unanticipated locations required. Salary Range: \$127,500 to \$171,200 per year. To apply, please email resume to globalmobility@kla.com reference to the job title Field Applications Engineer and job code (AGFAESD).

AUDITOR Participate in audits; Prepare audit related financial statements. Mail. resume to Hutchinson and Bloodgood, LLP HQ: 3205 S Dogwood Ave, Suite A., El Centro, CA 92243. Job Site: 7676 Hazard Center Dr., Suite 1150, San Diego, CA 92108.

SOFTWARE ENGINEER AppFolio Inc. seeks Software Engineer in San Diego. Salary \$100,000 - \$130,000/yr. Telecomm prmted. Apply @ www.jobpostingtoday.com #54897

STUCK ON A DECISION? Chat with a thought magician. www.thoughtmagician.com/ (619) 376-6862

ARE YOU FINANCIALLY DOWN? Looking for a reliable loan to pay your bills? Search no more, contact Edge Financial Firm at (edgefinancialfirm@gmail.com) for your 24-hour approved loans to clear your debt or start a new business. Kind regards. Wesley Gibson. Finance Administrator (087) 062-3250

COMPUTER/ADMIN ASST I need some computer work help at my house in Escondido one to two days a week. Please call (760) 802-4488

MECHANIC WANTED I need help with the A/C on a 1974 Jaguar XJ6. Recharge freon, replace heater valve. Perhaps other work. You should have worked on Jag 4.2 engines before. Pay commensurate with talent. Thanks. bob@centaurusprime.com

PAID RESEARCH OPPORTUNITY Research participants wanted for a smell and food intake study! This study will investigate how smelling specific food smells for a short period of time affects how food is consumed and how body weight fluctuates. smellstudy.sdsu@gmail.com

PERSONAL ASSISTANT WANTED Excellent computer skills and organizing. Possible college students with afternoon availability. Text or call (858) 337-4367

CAREGIVER (NORTH PARK): Quadriplegic seeking evening caregiver from 4pm-7pm Sunday-Thursday and Saturday. Major responsibilities will be cooking, cleaning, and transferring client into bed. Must be strong, enthusiastic, and willing to learn. Will train but prefer those with caregiving experience. Please email resume or

letter of interest to rustykrumm@Hotmail.com

IHSS CAREGIVER WANTED Looking to hire an IHSS caregiver. Needed in San Diego six days week 8:00 AM to 1:00 PM with a vehicle. If you can help in any way please don't hesitate and give me a call. I would be grateful to hear from you (619) 488-0822. Mrs. Carmen

IN HOME SUPPORTIVE SERVICE CAREGIVER ASAP Mission Valley lady looking to hire a long term in home supportive service caregiver with vehicle. Looking for two separate people. Seven days a week from 7:00 am to 2:00 pm; One person to work even days and the other to work odd days. I need help with my daily tasks. To apply please leave your name and number by calling (619) 269-3434. Long term employment.

WILL PAY FOR SPONSORSHIP RESEARCH Senior citizen will pay you to do research in helping to find a sponsorship in helping to secure 4 dental implants on the top. Keith (619) 551-6368

TRUCK DRIVERS Local transport companies are looking for truck drivers with two or more years of experience. Requirements: Binational Federal License or CDL, Mexican Passport (mexican drivers), Visa B1/B2 or Residence card, ID or INE, Birth certificate, CV/Resume. Omega Compliance Solutions LLC. (619) 312-1545.

JOBS WANTED

LADY NEEDS CASH PAYING GIGS!!! Mature gal is in serious need of work especially in the domestic field, housekeeping, cooking, laundry, pet care, house sitting, etc... Platonic only! Cash paying! Nothing that involves super heavy lifting! I need to earn \$\$\$\$! I'm reliable, respectful, real sandiegolady13@gmail.com

MARINE MECHANIC 35 years experience dockside services very reasonable rates. Text (760) 393-6328 will return call asap

EX MARINE SEEKS LIGHT CLEANING WORK Churches, janitorial work. Please call Travis (619) 389-0550

INDEPENDENT TC/AUDITOR Real Estate Transaction Coordinator with 15 years of experience with over 1,500 closings. Experienced with Skyslope, Dotloop, and other CRM programs. For new clients will have a discount pricing. Email or text for more details. (619) 818-8497 / liztc619@gmail.com

LOOKING FOR WORK AS: COOK, BUSSEER OR BARBACK P/T or F/T ok. Can start A.S.A.P Any shift ok. Email me at khevinstouch@gmail.com or call (619) 626-8930

RETIRED AUTO BODY MAN LOOKING FOR WORK Dan Ross pain free estimates Tony (440) 308-1010

CLASS B DRIVER SEEKING TEMP. ASSIGNMENT Part time or full time. Box truck or straight deliveries. Can operate manual transmissions. Trustworthy, reliable and can load and unload. John (858) 272-4908

FULL TIME JOB WANTED by High school/College graduate healthy 64 male southern Californian. Reliable transportation. Seeking steady full-time employment in Miramar, La Jolla, Solana Beach, Carlsbad, north county. Dale Hauskins (858) 401-2973.

DOG SITTING/WALKING responsible, caring, and experienced. Reasonable rates, contact (619) 380-4861. I love all breeds.

GERIATRIC SOCIAL WORKER will provide companionship, friendship, discuss topics of interest and prepare meals. Please call Carol at (858) 731-6996. Point Loma or Pacific Beach area.

WANTED / TRADE

CASH PAID FOR DEXCOM G6 & G7 We buy diabetic testing supplies & insulin pump supplies such Dexcom G6 Sensors, Dexcom G7 Sensors, Omnipods, Medtronic, Sensors, Transmitters. All items must be sealed/unexpired. Call or Text (619) 535-1848

CASH PAID FOR STERLING SILVER Currently paying \$200/lb. We buy sterling silver including sterling silver jewelry, sterling silverware/kitchenware, broken or scrap sterling silver, junk silver coins foreign or domestic. Trusted local buyer. Call or Text Nick at 619-61-3214

SOLAR PANELS WANTED NEW & USED I am looking for solar panels & inverters that are reasonably priced or if they are old I will haul them away for free so they don't end up in the landfill, I am setting up an off grid system, I am looking for a large quantity. (760) 746-7209

WANTED: BEDROOM SET Donations needed by a senior disabled lady that broke her back. Would be grateful for any help. I do need the stuff to be delivered to me in Mission Valley. asking for any size complete bedroom set with mattress and frame. Any framed art wall pictures and a big screen TV. Please call (619) 488-0822. All donations are welcome.

LOOKING FOR A CELL PHONE DONATION You can call Alan Kellogg at (619) 546-9716 room 320B. I'd prefer donation because I don't have the money for cell phone and make sure I have instructions.

BUYING GARBAGE PAIL KIDS CARDS Cash for 1st and 2nd series Garbage Pail Kids (1-83 a & b) and full sets, unopened boxes. San Diego local. (832) 651-8302 / ashscot@aol.com

BUYING OLD BASEBALL CARDS Buying old baseball and other sports/non-sports cards. Pre-1980 preferred but buying more modern stars and rookies. Cash paid. San Diego local. Comics, autographs, memorabilia too. (832) 651-8302 / ashscot@aol.com

BUYING OLDER PINBALL MACHINES Looking to buy older model pinball machines. Any condition. Complete or parts Contact for a quote. Thanks (832) 651-8302. San Diego local. / ashscot@aol.com

LOOKING FOR SOMEONE TO DONATE A USED MASSAGE CHAIR Certified Massage Therapist, down on his luck. Would be greatly appreciated. Contact me at khevinstouch@gmail.com or (619) 626-8930

CASH PAID FOR VINYL LP RECORDS. We can come to you! Thank you. Call/text (760) 828-3515.

LOOKING FOR A SCOOTER OR MOPED Cheap. Call AJ 1-(619) 250-4816

I BUY VINTAGE PILOT HELMETS (619) 806-6703 Scott

I BUY VINTAGE SKATEBOARDS (619) 806-6703 Scott

I BUY VINTAGE MUSIC GEAR drums, guitars, amplifiers, etc 1-(619) 806-6703 Scott

LOOKING TO BUY OLD DRUM SETS I pay cash. Any old Band Instruments. Text me pictures or call (619) 279-7833

CASH PAID: FOR OLD STEREO GEAR Receivers, Amplifiers, Speakers, Turntables. Call Me (619) 279-7833

ANTIQUES & COLLECTIBLES Rock & Roll I buy 1950's-1980's Concert Posters, Flyers, Handbills, Used-Unused Tickets, Programs. Pls Call/Txt (619) 313-1580 Private Party

INDIAN ARROWHEAD/ARTIFACTS Artifacts for my personal collection. Must be authentic and legally collected. No interest in modern reproductions. Call Steve at (619) 985-8562.

WILL PAY CASH For records, CDs, DVDs, and clothes. Professional Singing Lessons available. Musicians Wanted. Call Jeff Clark, 858-382-7396.

CASH FOR GUITARS Old guitars. Old Guitar Amplifiers. Call me (619) 279-7833 or text me pictures please

OB SPACEMAN PAINTINGS WANTED Private collector seeking any and all of his art. Contact me at clintcarycosmicart@gmail.com or call or text (619) 684-0127

I BUY VINYL RECORDS all types, great prices paid. We don't just buy 2-3 records, we buy your whole collection. Call (619) 250-3088.

OLD SINGER SEWING MACHINES Singer 221 Sewing Machine. (619) 279-7833. Text me pictures of what you have

WILL PAY CASH...FOR RECORDS, ETC. For records, CDs, DVDs, and clothes. Professional Singing Lessons available. Musicians Wanted. Call Jeff Clark, (858) 382-7396.

I BUY HAMMOND ORGANS AND LESLIE SPEAKERS Text me pics. (619) 279-7833

I BUY VINTAGE SLOT CARS I buy vintage slot cars (619) 806-6703 Scott

I BUY VINTAGE STEREOS pioneer, marantz, Sansui etc 1-(619) 806-6703 Scott

CASH PAID FOR OLD VW Old VW Bus, Van, Bug. I like to buy any condition. Call or text pics #619-279-7833

CASH FOR COMIC BOOKS Need Money? I pay cash for old comic books. Mark (619) 933-6275

WANTED: Speakers, amps and other old stereo gear! The most cash paid always! Brands like JBL, Altec, McIntosh, Marantz and more! Call 1(619)-303-8031; e-mail JBL@cox.net.

GARAGE SALES

GARAGE SALE - TOOLS AND MORE I have an air compressor 30 gallon craftsman; almost new and I have a spray guns and about 7-9 spray cans. I have some tools to do body work. A lot of stuff for sale. Come see. We can make a deal. My price is \$550 for everything. Call Leo at (619) 799-5503.

FOR SALE

86 BAYLINER CAPRI For Fishing, live bait well, 2 gas tanks, new tires, 85hp Force, ship to shore radio, anchor, chain, rope, safety accessories, 2 batteries. \$2000 OBO (442) 375-9025 None

CRAFTSMAN 10 INCH RADIO ARM SAW (619) 626-5361

FURNITURE Nice six door walnut dresser, \$40. Living room table with glass door, \$20. Black couch, \$20. Call Ronnie (619) 647-0009

GLASS KITCHEN TABLE RACK AND CHAIRS Contact (619) 647-0009

NEW CARIBOU UGGS AND MORE Ladies 7/12. Orig. \$100. Asking \$45. New pin alarm. \$15. Soni boom box cd, stereo/ radio, cassette, records \$20. Panasonic iPhone/ cd player \$15. (760) 692-7741

SURFBOARD - INFINITY 9ft., 3in. cluster fin set up. Great condition. Beautiful color job. Will text photos with price. Text me at (760) 310-0822

UNDERGROUND COMICS Very fine, late 60's early 70's. Zap, etc. call for price Chris (805) 837-4928

4 BEAUTIFUL NEW INTERIOR DOORS Premium knotty alder, solid wood, mfg. by Craftsman In Wood in Arizona, 1-3/4" x 3' x 8", no hinges or handles, they are extra doors from my remodel. I paid \$1,500. each. Selling for \$750/each. Call (760) 746-7209.

BOOK COLLECTION: 570 BOOKS 238 hardcover & 67 softcover, about 264 cookbooks, some hardcover & some softcover, selling all for \$390. No haggle price, (760) 746-7209.

CLAW TURNER, TONG, GRILL FORKS 15" claw turner tong has a turner on one side and a pronged fork on the other (\$8), 15" triangular tong w/ wood handles (\$5), 4 deluxe BBQ grill forks with wood handles & hanging straps (\$10). All new condition. \$20 for all 6. Text for more info/pic (619) 796-5680 / cadbcbsd@gmail.com

HANGING PENDANT LIGHT 37" TALL This high quality scale with large LCD screen displays weight in 0.1 oz. increments up to 11 lbs. Weigh items directly on the glass top or use your own plate/bowl. Battery, use & care guide included. New

in original box. \$20. Text for more info/pics (619) 796-5680 / cadbcbsd@gmail.com

NEW 175 PCS FIRST AID KIT CASE This complete first aid kit is ideal for home, office, car & boat. It includes prep pads, towelettes, gloves, cold pack, eye patch, tweezers, bandages, gauze pads & tape. New, never used, in original plastic sealed case. \$12. Text for more info/pics (619) 796-5680 / cadbcbsd@gmail.com

NEW DIGITAL KITCHEN FOOD SCALE This high quality scale with large LCD screen displays weight in 0.1 oz. increments up to 11 lbs. Weigh items directly on the glass top or use your own plate/bowl. Battery, use & care guide included. New in original box. \$20. Text for more info/pics (619) 796-5680 / cadbcbsd@gmail.com

OSCILLOSCOPES Hickok model 5002A, three oscilloscopes, I don't have probes, all three for only \$150., total price, call (760) 746-7209.

PLUS SIZE (18-20) WOMANS New still tagged size 18/20 dress pants, Business suits, Lots of additional clothing and fashion items to choose from. Mostly still tagged. \$3.00 and up. (619) 942-9017 / toogooof4u@yahoo.com

SHOPSMITH MARK V MULTI-TOOL: Includes table saw, band saw, scroll saw, belt sander, lathe, jointer, dust collector, many extra parts & accessories plus an additional table for mounting tools when not in use, \$975., call (760) 746-7209

STRING TRIMMER-WEED EATER Bolens BL110 Handheld Gas String Trimmer, 2 cycle 25cc gas engine, 16" curved shaft, has bump head release for 0.095 dual string line. New in original box, \$125. Call (760) 746-7209.

OIL CHANGE Additional \$5 cartridge fee. Plus tax, haz waste, & engine cover shield removal fee. Up to 5qts 10w30 oil. Special only for 4cyl vehicle. 6-8cyl vehicle does not apply.	\$29⁹⁵ most cars
AC SERVICE Diagnostic \$95	\$49 Recharge from
BRAKES Front or rear *Plus Labor. Prices may vary depending on make and model.	From \$49 most cars
30K 60K 90K Scheduled Services *Prices may vary depending on make and model.	\$65 most cars
RADIATOR or Transmission Services *Prices may vary depending on make and model.	\$45 most cars 4 cyl.
TIMING BELT Parts & Labor *Prices may vary depending on make and model.	\$75 most cars 4 cyl.
STARTERS, RADIATORS, OR ALTERNATORS Plus labor.	\$95 most cars 4 cyl.
<i>We'll beat any written estimate!</i>	
Dents, dings, scratches? Now offering bodywork.	
B.T. Auto Wrench	
Walk ins welcome. No appointment necessary! 8027 BALBOA AVE. #B&C 858-533-8120	

Using the rail for big fish - yes or no?

Huge white sturgeon caught at Lake Cuyamaca

Dock Totals 6/23- 6/29: 3355 anglers aboard 137 half-day to 3-day trips out of San Diego landings over the past week caught 16 barracuda, 1550 bluefin tuna (up to 250 pounds), 357 bonito, 3257 calico bass, 10 halibut, 6 lingcod, 1648 rockfish, 141 sand bass, 25 sanddab, 34 sculpin, 42 sheephead, 1 triggerfish, 69 whitefish, 11 white seabass, 1 yellowfin tuna, and 301 yellowtail.

Saltwater: The number of bluefin tuna caught may have dropped a bit this past week from the week previous, but the size of the fish is back up into the back-breaking range, with some well over 200 pounds. Yes, there are still fish in the 30- to 60-pound range, but the big bruisers are straining anglers and gear, with quite a few fish breaking off or spitting the hook after prolonged battles. Captains are still advising bringing three setups, from 30-pound to 100-pound rated rods and reels.

The trick, though, is to use the right gear at the right time, which can be a difficult task as many of the schools are mixed. You may be fly-lining a bait on a lighter setup on a surface bite with mostly smaller fish when the larger fish come up and wind up getting spooled by a tank. Even when using the heavy gear, the larger bluefin, able to dive unabated by the cold depths thanks to their remarkable endothermic system, will often prevail. Between the heavier gear and fighting a 200-pound bluefin, it can become akin to lifting weights much heavier than a body can handle in a prolonged battle.

This is where using the rail comes into play. Modern standup rods typically have an extended fore grip and are tapered to handle the stress when rested on the rail. The method is simple: squat down low with the rod fore grip on the rail and use the leverage to reduce the strain on the angler while fighting a large fish. The technique is not a new thing; anglers have used the rail for ages, beginning with those old rail plates back when we fished 15-hook ganion setups to snag rockfish and during long-range battles with cow yellowfin tuna.

These big bluefin we are catching now in good numbers are a more recent development within the three-day range, and using the rail is both advised and taught by crews, as it will increase the odds of landing a large fish. With the heavier gear and drag pressure, holding on with a 250-pound bluefin pulling hard can be nearly impossible while standing up, so anglers will loosen the drags, which often allows a fish to spool them and break off at the reel or even spit the hook. For smaller anglers, those with handicaps, or those who are just getting old like me, the rail can be a savior.

I have atrophy on the left side, which, as a right-handed person, means the arm I am pulling with on conventional gear is weak. I use the technique on my kayak when fighting big fish, and typically, as a kayak will be towed along and I am sitting, it is actually easier on the body when fighting large fish than when on a heavy platform like a sportboat. Once the fish is more vertical, I will put the rod on the edge of the kayak at a 45-degree angle. Enough to ease the strain on my arm, but forward enough to not create a lever effect that can tip me over. It works very well, and I have been able to get fish to the gaff that I otherwise would not have been able to.

My good friend and standout captain Juan Cook recently posted a picture of an angler squatting and using the rail while fighting a large fish near Bahia de Los Angeles in Baja. Juan works out of San Quintin where he lives, but spends much of the winter into mid-summer fishing out of Bahia Magdalena, Ensenada de San Luis Gonzaga, and Bahia de Los Angeles.



The rail technique comes in handy when the fish are in this 100-to-over-200-pound range as caught recently on the *Legend*.



Jeremy Mitchley with his massive white sturgeon caught at Lake Cuyamaca

He is usually booked solid, as he is one of the better known and more knowledgeable captains on the peninsula. The caption below the photo, which depicted an angler on another *panga*, included a line about using the rail not being sportsmanship.

Well, my friend caught enough flack in the comments that the post was eventually removed. I know Juan very well, so I know he was being mostly facetious, but many took him seriously. Even I gave him a bit of ribbing on the

subject. In his defense, Juan is one of the fishiest captains I know and it is well worth booking a trip with him wherever he is working. Fishing with Juan Cook, you will not only have great odds of excellent catches, but you can also learn much about the fisheries along either coast of Baja.

But, even if he was mostly kidding, he did bring up a point worth mentioning. There are many reasons why using the rail is a good technique to apply. It allows kids and weak old folks like me the chance to land a fish that might otherwise have been impossible to land, for one. It reduces lost fish when the big fish are biting, and an angler can get a fish to the boat quicker, reducing the buildup of lactic acid. Lactic acid buildup can cause a more sour and fishy taste in the flesh. To reduce any acid burn, quickly bleeding and icing the catch will ensure a better quality filet. Lactic acid buildup in a prolonged battle can also make a successful release harder when you're dealing with marlin and other large species. The physical exertion causes lactic acid to build up in the fish's muscles. This in turn leads to blood acidification, which can disrupt the metabolism of the fish. So using the rail is not a lack of sportsmanship, it is working smarter, not harder, and can make for better odds of survival in catch-and-release fishing while simultaneously providing better food for the table. "Stand up and fight like a man" may just be an outdated mantra, and certainly should allow for exceptions. Were we anglers really wanting to even up the odds, we would have to forgo our modern boats, rods and reels, rod belts, harnesses, fighting chairs, and any other unnatural thing, and swim out and catch our dinner with our teeth.

Freshwater: Another beast of a sturgeon was caught at Lake Cuyamaca this past week. Jeremy Mitchley of Escondido, CA, caught a white sturgeon over just over six feet in length on June 26th at Pump House Cove while using a live crawdad on 10-pound test line on a bass setup. He fought the fish to the shore in 40 minutes, took a quick photo and released it. Though mostly known as the only alpine trout fishery in San Diego, Cuyamaca also holds smallmouth bass, largemouth bass, white sturgeon, black crappie, bluegill, bullhead catfish, and channel catfish. It is the only lake in the county with smallmouth and sturgeon, though the smallmouth have not done well and must be released. The sturgeon population is doing better, but only those caught over 40 inches long and under 60 inches long may be kept, at one fish per angler. Both species were introduced in 1995 and 1996. For information about fishing Lake Cuyamaca, visit <https://www.lakecuyamaca.net/fishing>

Wherever you wet your line, they're out there, so go get 'em!

DANIEL POWELL

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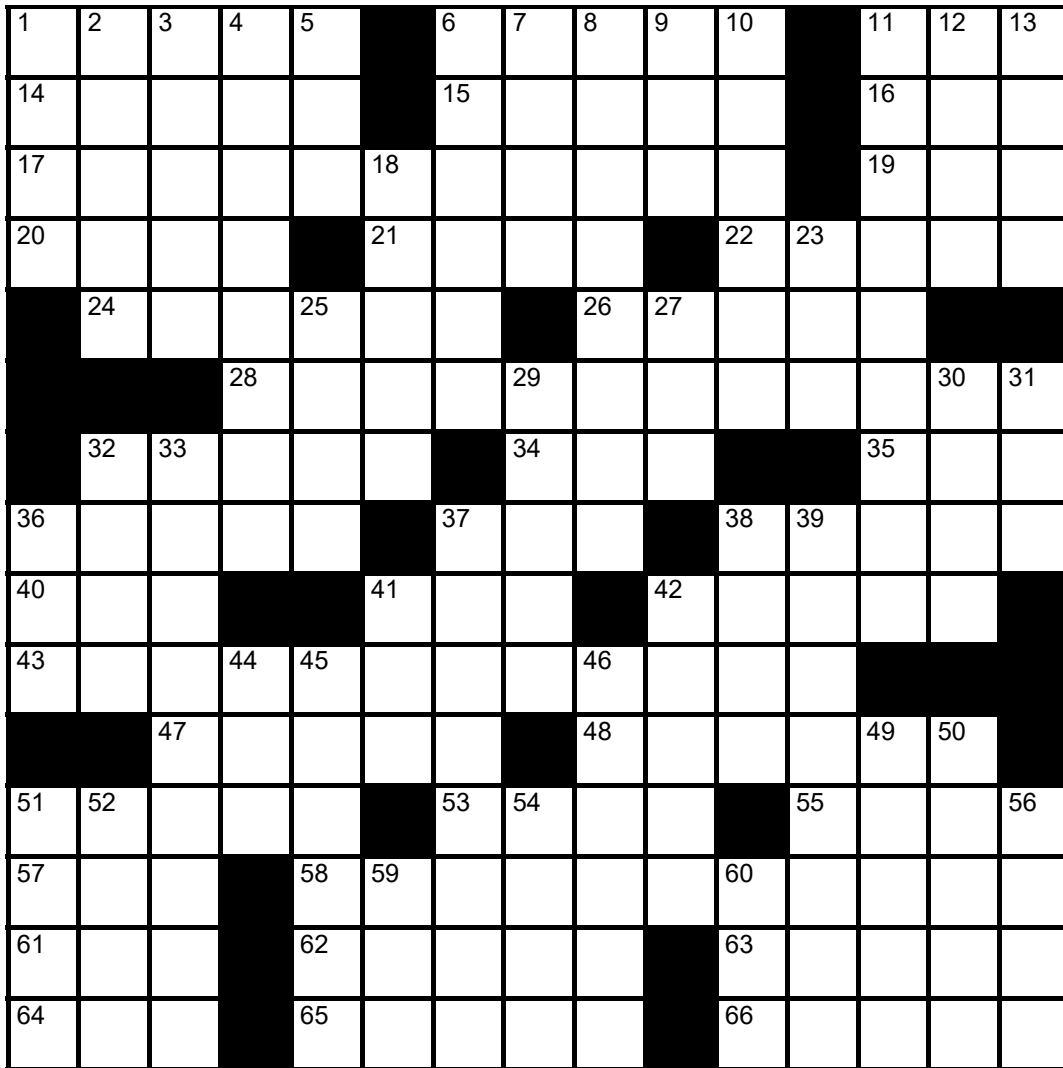
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Across

1. Makes noise, like a microwave
 6. 2008 Liam Neeson thriller
 11. Some lab fixtures
 14. "___ last I see the light" ("Tangled" lyric)
 15. Nearsighted horned beast
 16. Official language in Vientiane
 17. Guest list for a private party?
 19. The whole thing
 20. "Iliad" warrior god
 21. Pen tips
 22. Studio 54, for one

Down

24. Cheers
 26. '50s experiment, briefly
 28. Author of "The Namesake" and "Whereabouts"
 32. Wild diving duck
 34. Key near F1
 35. Status ___
 36. Some chess pieces
 37. Salty expanse
 38. Denim jacket ornaments for punks, once
 40. Friend in France
 41. "Ew"
 42. Filled with ennui
 43. Indescribable thing

Across

47. Cut back, as a branch
 48. Says
 51. One of many Peyo characters
 53. No, to Nabokov
 55. Spinnaker or jib
 57. Hot goo
 58. Australian actor in "Saltburn"
 61. Mid-show filler
 62. "I'm only ___ mortal ..."
 63. "The Floor" head-to-heads
 64. Comb creator
 65. Lance Bass's group
 66. Throat infection type

Down

1. ___ California
 2. Make accustomed (to)
 3. '50s Ford fiasco
 4. Notable retiree of June 2024
 5. Place to swine and dine?
 6. Axiom
 7. Moby-Dick's chaser
 8. Congolese capital
 9. Conclude
 10. "Beats me"
 11. Brick that goes boom
 12. AP math subject
 13. Perform without backup
 18. Outperform
 23. "... or something like that"
 25. As follows
 27. "No Scrubs" group
 29. Cheats at cards, maybe
 30. "Ant-Man" star Paul
 31. Platform that runs on Apple devices
 32. Not much
 33. Place to take a penny, leave a penny?
 36. "The Big Bang Theory" character
 37. Sorta academic-sounding, in a way
 38. Fireplace buildup
 39. Auditions
 41. Suffix with Dickens
 42. Montana mining city
 44. Blow it

45. Stevens who inspired the musical "Illinoise"
 46. Province where poutine supposedly originated
 49. Not so common
 50. Move sneakily
 51. Attempt
 52. Manufactured
 54. "Strange Condition" singer Pete
 56. Second-oldest programming language that's still in use (behind Fortran)
 59. Breakfast hrs.
 60. Brigham Young's gp.

SOLUTION TO LAST WEEK'S PUZZLE:

M	E	D		J	O	S	I	E		S	A	K	I					
A	V	O		A	M	E	N	D		I	W	O	N	T				
T	O	W	N	M	E	E	T	I	N	G	A	R	E	A				
T	O	N	E					D	O	T	E		K	A	R	L		
				E	B	A	Y			A	G	E	N	T	K			
E	D	I	S	O	N			N	O	L	A	N						
S	E	C	O	N	D	P	O	W	E	R			L	Y	E			
P	L	A	N					I	I	I			M	O	O	D		
N	I	N						U	N	T	R	E	N	D	Y	G	U	Y
				C	H	O	S	E			U	S	H	E	R	S		
U	S	W	E	S	T					D	I	V	E					
S	P	I	N					R	E	A	R			R	Y	E	S	
S	E	T	T	L	E	A	N	A	C	C	O	U	N	T				
R	E	T	R	O				U	N	I	O	N			L	I	U	
				D	Y	E	S			X	E	N	O	N		E	D	D

SUDOKU

HARD:

				2		7		4
				3			8	
	5		6			3	2	
4					1			9
		6				8		
8			4					5
	8	2			9		5	
	3			1				
1		4		5				

SOLUTION TO LAST WEEK'S SUDOKU PUZZLE:

EVIL:

5	7	2	6	8	3	4	1	9
6	4	1	2	9	5	7	3	8
3	8	9	7	1	4	6	2	5
9	2	3	8	7	6	5	4	1
4	1	6	5	2	9	3	8	7
7	5	8	3	4	1	9	6	2
8	6	4	1	5	7	2	9	3
1	9	5	4	3	2	8	7	6
2	3	7	9	6	8	1	5	4

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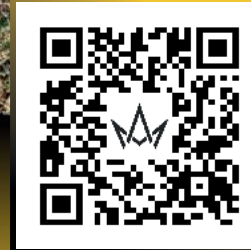
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