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NEIGHBORHOOD NEWS

By Reader stringers

DEL MAR

NUMBY vs. the tunnel Residents don't dig subway scheme

Recent winter storms and the early-February landslide in San Clemente that led to the suspension of train service both served as reminders of the urgency of moving rail lines off of the Del Mar bluffs. But where to put the new ones?

At the February 6 Del Mar city council meeting, the San Diego Association of Governments discussed the latest developments in the \$300 million effort to move the tracks away from the eroding bluffs. Dozens showed up to speak on the subject. For many, the message was the same: not under my house, and don't wreck the town.



"Isn't there some way to send it through some less valuable part of town?"

to double track the segment to improve transit and freight capacity.

Planning will remain in the public outreach phase throughout this year. "Nothing's been decided yet," said the agency's interim CEO, Coleen Clementson. "We want to hear: what are we missing?" So far, public input shows people want to make sure the 1-5 alignment and fairgrounds alignment are high on the list of possibilities. For their part, the fairgrounds association is against having the

consider approving it. The design will be developed between 2026-2028, with construction occurring from 2028-2035. Access to the fairgrounds, businesses and emergency routes will be maintained during construction, officials said. Most construction will take place at the south portal, which has direct access to 1-5. And somewhere in the midst all of that will be right-of-way acquisition. Officials said it's too soon to know if homes would have to be acquired to make way for a tunnel.

SHEILA PELL

FLOODLAND

Not enough ports in a storm Water, water, everywhere, and not a place to park off Ingraham Street. "Please clear parking lot drains at Vacation Isle in Mission Bay. Every time it rains, the parking lot gets flooded because water cannot properly run into the pond due to blockages in all four drains in [the] parking lot. Please send a Vactor to flush the lines." And since the January 22-23 floods, there have been over 770 stormwater reports and 514 streets flooded reports.

Isle across from Ski Beach

There have also been 2120 parking violation reports. "Hello everyone, I just want to give you some

information I just received from Roberto Marin, community representative for Mountain View," Lucero Samano wrote in a January 25 post on Facebook. "No one should be getting any parking tickets. If you have gotten one, send me a picture on messenger, and I will forward it to him so that the city can remove it."

Sometimes, the trouble went beyond tickets. Vehicles found illegally parked were often towed, even if the car had been moved to the spot by the flood waters, and the owners were held responsible for the impound fees. "In a state of emergency, if there are cars that are blocking an intersection, then the city is going to have to get that car removed," said San Diego City Attorney Mara Elliott

"We've got this tunnel mentality," said local Mac McLoughlin. "I think the problem is freight."

The rail realignment project proposes to send trains through a tunnel running beneath Del Mar, with about a dozen possible routes in the running. More possibilities are expected to be identified this year, and all options are on the table, officials said. Final selection of alternatives will come in 2026.

"We've got this tunnel mentality," said local Mac McLoughlin, who preferred the option that would run the rail aboveground, alongside the 1-5. "I think the problem is freight." Some of that freight could be shifted to the 1-5, he suggested, with the extant tracks serving as light rail for people needing transit.

The San Diego region contains 61 miles of the 351-mile railway that travels from San Luis Obispo to Downtown. Officials said that there were 1,517,425 riders on the Pacific Surfliner in 2023, making the LOSSAN the second busiest intercity rail corridor in the nation. As part of its plans, the agency wants

rail cut through the state-owned property, which is also being considered as a site for affordable housing.

Other suggestions included a cost-benefit analysis. Kevin Patrick with the School of Public Health at UCSD argued for a Rails to Trails conversion, saying such a move could reduce obesity and improve the environment. "This is not just a Del Mar issue." Camilla Rang spoke in favor of the 1-5 tunnel lagoon alignment: double track through Solana Beach, starting in the trench. The plan, she said, would get trains out of two lagoons, require no bridge in the San Dieguito River, protect the northern access to town, and wouldn't impact the fairgrounds, businesses or homes. "This option must be studied in 2024."

Most of this year will be devoted to defining the project, planners said. The final environmental report won't be ready until 2026, when the agency's board of directors will



Then again, even if they did their work well, who would ever leave them a positive review?

The recent rains and flooding around San Diego County took their toll on numerous aspects of automotive life — even when cars were not in motion.

Numerous city parking lots and parkingfriendly strets were flooded, making it more difficult for people to find parking. On February 1, someone on the GetItDone app reported a clogged drain inlet at Vacation in a January 25 CBS-8 story. "So that could be happening. But we do want to make sure that there's a fair price there."

"So where will people park?" wondered Dee Dimack from Mission Bay. "There was hardly any parking before the floods. What are the people going to do, sue Mother Nature?" Last week, Dimack sent me a photo of a parking meter in front of the San



The Pacific Surfliner ridership makes ours the second busiest intercity rail corridor in the nation.

San Diego *Reader* February 15, 2024

NEIGHBORHOOD

from my job ten times a day to walk ten blocks to feed 25 cents into a meter now that everything is open and there's no parking to be found."

Diego County Administration Center on Pacific Highway. "I approached the meter maid and asked her what was up with the 30-40 parking meters," she wrote. "They were all cloudy. She argued, 'They work; either they flash a red or green light." But because the meter windows were cloudy - thanks to the heavy rains, Dimack said - people could not see how much time remained on a given meter. Dimack noted that "the meter maid was giving out tickets."

SDPD Parking Enforcement is rated 1.5 stars on Yelp. Another app San Diegans use, Park Smarter, is flooded with bad reviews. Local Enis V. wrote: "If you're so proud of your parking app you advertise it on every single meter, make sure the fuckin app works, would you? I can't just excuse myself



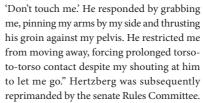
"Every time it rains, the parking lot gets flooded because water cannot properly run into the pond due to blockages in all four drains in [the] parking lot."



UNDER THE RADAR

Touchy feely Robert Hertzberg, an ex-state Senate Democrat from Los Angeles widely known as "Huggy Bear" because of his unwanted serial embraces of female staffers and politicos during his years in the state Capitol, gave \$1000 on February 6 to Brian Maienschein's campaign for San Diego City Attorney. "In early 2011, Hertzberg was a paid consultant for the California State Assembly and I was an assemblywoman," wrote former Assembly Republican Linda Halderman in

a December 2017 op-ed piece for the Sacramento Bee. "From the day I met him, I found his habit of wrapping his arms around my torso and rubbing his chest and lower body against mine in a prolonged embrace to be uncomfortable and unprofessional. Hertzberg physically accosted me multiple times. I repeatedly asked him not to hug me. The last time he approached me was in a Capitol hallway. I told him:



The issue was revived two years ago when Hertzberg, then a candidate for Los Angeles County Supervisor, was videotaped speaking in his own defense at an event in Malibu. "What I liked about politics was the human connection," Hertzberg said, as reported in a Sacramento Bee account. "Really important to me. You go to South LA — I got in

trouble for hugging people. Those church ladies grab ahold of you, and they don't let go. And I loved it, and I'm sorry. In East LA, 'un abrazo'. That's what you do in the community." The response drew an angry letter signed by a raft of female politicos denouncing Hertzberg. "State Sen. Connie Leyva, D-Chino, who has endorsed Hertzberg's opponent, said the senator abruptly hugged her from behind on

her first day as his colleague in 2014," the Bee reported. "Leyva told him at the time to never touch her again, and she said hearing about his July comments prompted her to sign the letter. 'I was just completely incensed by that,' she said. 'Rather than just taking some responsibility and saying, "You know what, I used to hug women and they didn't like it, and I finally figured out to stop doing it," he's trying to justify his bad behavior."

Hertzberg, a lawyer whose website now

promotes him as the "Best Governor California Never Had", was subsequently defeated for supervisor by fellow Democrat Lindsey Horvath. Ex-GOP San Diego city councilman Maienschein served in the state Assembly as a Republican before flipping to the Democratic Party in January 2019.

Sempra in labor A political committee called the San Diego Labor Coalition, Sponsored by Laborer's International Union

of North America Local 89, is spending big money to boost the reelection bids of San Diego Mayor Todd Gloria and his fellow Democrats, city councilmen Joe LaCava and Stephen Whitburn. Other favored candidates of the committee include termed-out Assembly Republican turned Democrat Brian Maienshcien, who is running Not okay? Hm. for city attorney, and Henry Foster III, running for coun-



Robert Hertzberg is a hugger, okay? No?

cil to replace Monica Montgomery Steppe, for whom he previously worked as chief of staff. But despite the group's ties to big labor, a sizable amount of cash for the contributions has come from San Diego-based utility giant Sempra Energy, which gave \$5000 to the committee on January 11, per a February 8 disclosure filing. With its subsidiary SDG&E fighting an initiative effort to remove its electric franchise in the city, Sempra has of late been scattering money around to politicians and nonprofit groups who appear likely to endorse their cause.

Big money city hall Klein Finan-



Henry Foster III, from Chief of Staff to chief politcal rival?

cial Corp., a controversial Northern California developer being sued by the California Public Employees' Retirement System, otherwise known as CalPERS, for \$38.3 million in allegedly unpaid obligations from liquidated Los Angeles real estate developments, gave \$10,000 on February 5 to a newly formed political committee calling itself Big City San Diego supporting Todd

Gloria for Mayor. "CalPERS claims that last year it sought an independent audit of the partnership, but that [Klein] didn't respond to audit firm KPM & Associates in October," the Sacramento Business Journal reported Feb 1. "CalPERS in its suit said that by not complying with the audit, [Klein] has triggered a 'for cause removal event,' and that CalP-ERS can remove the manager and appoint a new one." According to the company's web-

continued on page 4

LETTERS

We welcome letters pertaining to the contents of the Reader. Submit them at sdreader.com/letters or phone them in at 619-235-3000. Include your name and neighborhood. Letters may be edited for length and clarity.

Bus fuss is real

Finally, you tell the truth about the MTS experience ("Ghost buses?" Neighborhood News, February 1). Yes, the ghost buses are real. I see 'em on other routes, and these electric buses are herkyjerky; they just about knock you off your feet. I try to limit my time on those buses. I just wanted you to know that MTS has really done a number on us over the years. They took away the senior bus pass in 2019 and made it age 65. So I can't really afford to ride the bus more twice a month. And rider beware: by the afternoon, you have to be careful, because the homeless are really bad on the trolley. You just wanna plan your morning trips if you can.

Name withhel

Comments from SDReader.com — *not*

edited for punctuation, spelling, or grammar.

New buses too big for Imperial Beach?

Neighborhood News, January 23, 2024

Why not run small shuttle buses for the few?

-Great questioner

That bus needs to GO NOW. Nobody wants that thing and nice try with the electric bus, that lasted a couple of weeks then back to the noise... and No riders. Get rid of it. Take it to PB where they like this stupidity.

Small bus student

The fueled buses they replaced still in use?
-Great questioner

Outrage expressed over Mexican oyster order

SD on the QT, January 26, 2024
It is important that they named were the oysters came from. Many from SD go to Mexico for its seafood. So nothing racist about.
Same with Trump calling corona virus China flu.
Since all viruses are named from where they originated.
Or do you think Rocky

Mountain Fever is racist for the white folks who live there?

-Almost Factually unaware

Robert Cowan's harmonica came with no ego attached

Blurt Music News, January 25, 2024

Thank you so much for the nice piece on Robert Cowan here. I miss him a lot. I wasn't in the band Frank the Baptist, although I do know Frank. I played as a guitarist for Michele Lundeen for seven years, and also for the band Planet Jack, as well as my own former group the January Berry Band.

-John January

Gonzo Report: That Beatles Cover Band

rocks the Black Cat

tution at all cost!

Gonzo Report, January 25, 2024
They bring out the best crowd don't they?? Seeing
TBCB at a crowded Black
Cat is as close to the Cavern
Club any of us could get and
I'm grateful for that.
Black Cat loves and takes
care of their community.
Let's protect this local insti-

-Black Cat lover

Alden sale of Baltimore Sun stirs up Union-Tribune flight of fancy

News Under the Radar, January 24, 2024

RE: "Atkins switched to the race for governor, for which she can use all the campaign funds collected for her Lt. Governor bid."

What a sleazy money hustler Atkins has become. I applaud her work on behalf of the LGBTQ+ community, but her acceptance of contributions appears to represent her flawed ethics.

-Anti-Atkins

My Filipina mom always said I was too American

Feature Stories, March 23, 2022 Such a beautiful piece. It is poetry and documentary all at once. Thank you for sharing you and your mom with the Reader.

-Pleased Pinoy

Dog owners win the battle of Fiesta Island

Neighborhood News, June 15, 2021

COMPLETELY CLOSE ACCESS TO CAR ACCESS DRIVING AROUND THE ENTIRE FIESTA ISLAND.

-All CAP-italist continued on page 12

Under the radar

continued from page 3

site, "Klein Financial Corporation is a real estate investment, development and consulting firm specializing in tax-exempt bond multifamily residential development. The company has raised and/or consulted on approximately \$7 billion in financing and development of public and private real estate projects and governmental housing funding organizations and programs."

In addition to Klein's cash, Big City San Diego, formed on December 27 of last year, received \$25,000 on January 25 from Monarch Housing Solutions, run by La Jolla developer Sarah Kruer Jager. Other donors include San Diego pizza king Sami Ladeki, with \$1000 on February 7, and Intesa Communications Group, which came up with \$2500 the same day. Intesa partner Maddy Kilkenny, according to the firm's website, "spent 11 years working for County Supervisor Greg Cox as a Policy Advisor for and Deputy Chief of Staff" before going into "governmental relations." The firm's latest lobbying disclosure report, for the final quarter of last year, shows that it lobbied Gloria's office for "consideration of public financing opportunities" for redevelopment of Sea Port Village...Do pimps now "control" parts of San Diego along the National City line? So says Rupert Murdoch's Fox News Digital in a February 8 online dispatch. Sex traffickers wield power "by leveraging the fear of retaliation against locals in exchange for their silence on the parade of nearly-naked women working the streets, a business owner in the heart of a prostitution hotspot said," per Fox. "The threat of pimps carrying out physical attacks, destroying property or stealing keeps locals quiet from going to the police."

— Matt Potter (@sdmattpotter)

The Reader offers \$25 for news tips published in this column. Call our voice mail at 619-235-3000, ext. 440, or sandiegoreader. com/staff/matt-potter/contact/.

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UNREAL ESTATE

by Dave Rice

Today, the gentrification of San Diego's Downtown and the attendant transformation of the city's skyline is nearly complete. It's a feat that's been a long time in the making.

The opening of Petco Park in 2004 spurred the construction of dozens of residential high-rises, but the Great Recession and its attendant real estate bust later in the decade stalled many of those projects. The ones that were completed sat mostly empty for years as would-be buyers backed



Looking down on Downtown

out of purchase contracts, often losing tens or even hundreds of thousands of dollars on deposit in the process.

But redevelopment

efforts stretch back even further than that, coming in fits and starts since the city first attempted to begin dealing with urban blight in the 1970s —

slowly pushing out uglybut-affordable SRO hotels in favor of luxury penthouses. Things really got going with the opening of the revamped Horton

investigational drug may help reduce

pain - including pain that disturbs

sleep - and see if it has an effect

on physical shoulder symptoms in

To be eligible, in addition to other criteria, you must be 18 to 65 years

old and have experienced symptoms

of RCT in the past 6 months.

people with RCT.

Plaza mall in 1985 (which itself is now being reimagined as a sort of high-tech office park) and the Convention Center in 1989.

Soon after, The Harbor Club was one of the first projects built to capitalize on what Downtown would eventually become. Completed in 1992, the towers at 100 and 200 Harbor Drive house 201 luxury residences at what our listing today claims is "the most iconic address in Downtown San Diego."

Let's have a look inside the west tower's unit 4002, which occupies that building's entire 40th floor and offers "stunning 360-degree views of SD, Coronado, Point Loma and clear out to Mexico. As you step out of the elevators, you're welcomed into your private foyer that only you can access," the listing continues.

Which, I suppose makes sense, since you're going to own the entire floor.

Our photo tour actually begins with a stone-lined spa tub tucked into the corner of a room lined with floor-to-ceiling windows. The glossy black finish feels a little dated, but I still wouldn't complain about an opportunity to take a soak while soaking in this bay view.

We then move on past what I believe is one of the "dual living rooms" to the entry foyer, which is highlighted by some modern twirling-pendant lights (we're told all of the light fixtures in the unit have recently been updated) before moving back to the living space, where we now get a glimpse of the advertised "double-sided gas fireplace" and a view of the city lights. There's

continued on page 32



If you have moderate to severe rheumatoid arthritis (RA) that has failed to improve while taking at least two disease modifying anti-rheumatic drugs, you may be eligible to join the of a study medication called imvotamak

by seeks to determine the safety, effectiveness, and pharmacokinetics (how the body processes the study medication). Study doctors will closely follow your RA to see if your condition improves, stays the

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- Have at least 6 swollen and tender joints



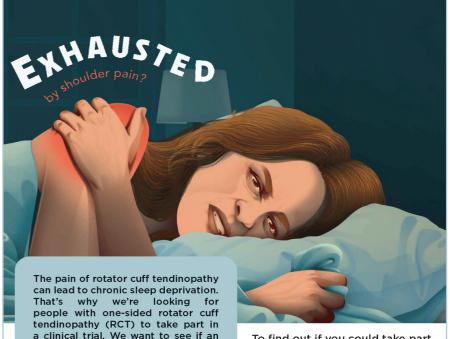
There are additional criteria that need to be met to participate in the y, which the study team will discuss with you.

If you are admitted into the study, you will be helping doctors understand RA and learn about imvotamab in the treatment of RA in the future

For more information about the

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To find out if you could take part, please contact



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An SH-60R Seahawk helicopter takes off from the flight deck of the guided missile destroyer USS Stout

The pilot's problem

"Ovaries of steel," said my copilot, impressed by my poise. After a six-hour patrol in the Red Sea, I had landed the helicopter on a 30'x30' square fifteen feet above the surface of a heaving sea, in bad weather, at night. That was just part of the job. I served in the Navy from 2012-2022 as a qualified Aircraft Commander, solely responsible for a \$50 million Sikorsky Seahawk helicopter and the lives of four crew members. I was stationed at Naval Air Station North Island on Coronado for four years, I logged over 2000 flight hours serving in two overseas deployments. Many of those hours former Navy pilot who spent the latter part of 2014 in a super hornet jet doing landing drills. (Well, not *all* women — LGBTQ members have expressed to me that their flight suits are effective in romantic pursuits as well as military ones.)

I will never forget the day when I realized I was not dateable. I was in my early twenties, hanging out at Backyard Kitchen & Tap in Pacific Beach. A man approached me and asked what I did for a living. He was plain looking, short, with brown hair and marched toward me like he knew what he wanted, which I liked. I answered honestly,

"Landing on an aircraft carrier wasn't as difficult a task as finding a boyfriend when I was 23."

were spent in a combat zone, escorting ships through dangerous waters in the Middle East. I know what it feels like to run my fingers along a four-pack of hellfire missiles and remove the red safety pin as I prepared for flight.

I'm not the only one. In 1973, just six women earned their pilot wings. As of 2023, that number has risen to 1605. And over those last fifty years, women have shown what they can do. Women can fly any aircraft and participate in all combat missions. They are flying helicopters and fighter jets, hunting subs, shooting rockets, dog fighting, dropping bombs and saving lives — but not all the time.

There is something that keeps women naval aviators up at night, something that is far from the aviation nightmares one might imagine. It's not surface-to-air missiles or engine malfunctions. It's much worse. Their type-A personalities cannot control it, cannot outsmart it, cannot lead their forces in a sortie against it. The thing that keeps them up at night is dating. "Landing on an aircraft carrier wasn't as difficult a task as finding a boyfriend when I was 23," says Kelsey Adler, a

and returned the question. His eyes shifted focus to the floor and remained there as he hovered beside the open chair next to me, halting his confident momentum. He whispered "accountant" and vanished. Not everyone tucked tail and ran off into the underbrush, of course. There were times when men, bless their hearts, stayed much too long, displaying their deep knowledge of aircraft engines and rotor systems because, you see, they had "always wanted to be a pilot." I wasn't so much a potential date as the embodiment of who they might have been.

Eventually, I started telling anyone remotely interested that I worked at Staples, because it seemed like a basic job, the sort that doesn't get in the way of getting to know someone My peers adopted similar tactics. Some bold pilots chose professions such as dolphin trainer, horse jockey, kindergarten teacher, supermodel, or my personal favorite, financial advisor at JG Wentworth.

But despite the ruse, all too often, these women are forced to resort to adventures on dating apps filled with men trolling for sexual escapades or trysts with enlisted Navy members, who are off limits as it would violate military fraternization policies. According to female pilots of all ranks, the risk is not worth the reward. So instead, they put aside their pining for men to focus on the demands of the job – becoming tactically proficient and working hard to be accepted into the boys' club of aviation.

It worked for me — up to a point. No matter how hard you work, there is always downtime. One night, when the seas were too rough to fly, I gripped my bed with one hand, gripped my pen in the other, and jotted "Family Goals" into my notebook. This was a math riddle. I began flight school at 23. The minimum time commitment for a pilot is 10 years. Given my status as undatable during that time, I would be 33 before I could change professions and even attempt to attract a man. I figured two years of wooing, marriage, then children. The answer to the riddle is 35. "When is a pregnancy considered geriatric?" were the final words scribbled across the page.

Finally, while on a solo vacation, she decided to put considerable energy into her personal life and turned to eHarmony. Sitting at her computer, she typed out what she thought was a reasonable profile. However, she didn't quite know what to do about the fact that she was going to be at sea for 18 out of the next 24 months. She imagined the conversation: "Hi, nice to meet you. Let's go on our first date in a month. Let's plan our second in another month. Another in another month. Then, if I really like you, will you write to me and send me care packages during my ten-month deployment?" Realizing the absurdity of the situation, she canceled her subscription.

When she was 36, a fellow jet pilot asked for her number. Baffled, she almost gave him her work number. By the time the two pilots found themselves on their first date — after battling overlapping deployments — 368 days had passed. Six years later, her wedding gift to him was a com-



Cmdr. Kristen Hansen, commanding officer, Strike Fighter Squadron (VFA) 122, shakes hands at the change of command ceremony at Naval Air Station Lemoore.

Again, I'm not alone. Due to extensive training, many women aviators are in their late twenties or thirties by the time they stay in one location for three years. Once they do, they face the pressures of family planning and trying to balance having children without dismantling their flying careers. For many, this leads to fear of being "like 80 and a crazy cat lady," as Commander Kristen "Dragon" Hansen puts it. Hansen, who served as one of the real pilots who flew for the filming of *Top Gun: Maverick*, was single for over a decade due to deployments, a remote duty location, and commitment to her job.

plete copy of their email correspondence from the year they waited to meet. "I played the long game and it worked!" said Hansen.

She is one of the lucky ones. Happily, so am I. My husband was also a fellow pilot; today, we live in Logan Heights, and he flies Blackhawks for SDG&E. But all too often, the female naval aviators who should rest easy knowing they are well trained and tactically equipped for combat are kept awake by thoughts of cocktail bars filled with rejections, unhelpful dating apps, and potentially, cats.

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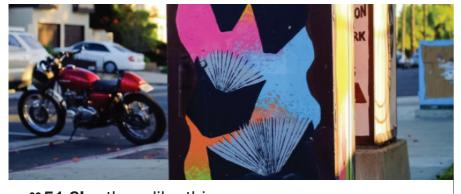
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Dudes to Dads

FIGURING OUT FATHERHOOD

Many fathers, including myself, know the feeling: a strange and heady mix of joy, wonder, and fear, brought on by the first meeting with our progeny. We went into the hospital as supportive partners for our laboring women. We emerged as parents. We drove mother and baby home and helped get kiddo settled: cuddled, kissed, swaddled, and tucked into the crib. Then we surveyed the scene, marveled at our handiwork, took a deep breath, and said — possibly out loud, but to no one in particular — what the fuck do I do now?

Justin Lantzman is the 39-year-old president of a Sorrento Valley lending company. He knows the feeling; he can still recall the sudden

joy and discomfort of the birth-day, six years ago. As we sit in his spacious, windowed office, he recounts that he and his wife — five years younger and an equestrian — were "resigned" never to have kids. (By design, all spouses and children will go unnamed here.) A semi-posh life, no money woes, but then, upon retiring from sport, she — they — suddenly wanted to get pregnant. There was fear involved with a later, riskier pregnancy, but that abated with a doctor's OK. "We got into the pregnancy," Lantzman says. "We had a good time."

The pair did the ritual prep: outfit a room, gather the hand-me-downs, enlist the Mexican side of his family, *abuelas* and *tias*, to bake and babysit. And then, during a sonogram: surprise! Not one in the oven; but two: fraternal girls. (The odds for that? Three out of every 100 births.) As he journeyed home with the newborns, Lantzman felt his journey into fatherhood take on a menacing

Dr. Dan Singley started his Center for Excellence with his wife 15 years ago, personally compelled, he says, after their kids were born. character. He describes the shock, the letdown, as "immediate."

He continues, "The workload was insane. They wouldn't sleep, one, not really well — for three-and-a-half years!" He and his exhausted wife had been schooled regarding the possibility of the mother's postpartum depression. But what about dad's? "I was struggling so badly. I was like, 'I don't know if I can do this alone if she starts struggling." He says he had "feelings of resentment, like my past life was gone. This is going to suck forever." They'd read the books, from Dr. Spock on down. But most offered minimal guidance for men and their emotional struggles.

Then, in a rare moment of masculine vulnerability, he admitted to his wife that he felt lost. It was difficult to recognize,

but *he* was suffering from postpartum depression. "You don't know that it exists for men," he says. "You go looking, and you don't find a lot of help."

Google to the rescue: He found a male therapist close by: Dr. Dan Singley and his Center for Men's Excellence. Singley, who Lantzman says "saved my life," specializes in early fatherhood issues. During their bi-monthly sessions — which employed cognitive-based behavioral therapy — Singley reassured Lantzman he wasn't crazy; he was just new to the job. Six years later,

Lantzman reflects on the "irrationality" that overtook him as a first-time father. He cites several factors, both personal and social, that contributed to his crisis. First, he says, for men, "The expectations aren't set appropriately." Among

his delusions, he thought his girls were "never going to be able to walk." He also notes that "I couldn't imagine them being able to talk or feed themselves." And he was so mired in the present problems that any new issue seemed like a cahis malaise with Dr. Singley, "I remembered male buddies who had the same issue I did. One guy was completely miserable; he hated [being a dad] and said, 'Don't ever do this.'" Later, when that friend learned Lantzman had twins, he

Younger males — Millennials and Gen Z — "think it's cool to be in therapy. There's not the same stigma or shame there was."

tastrophe. Then there was the danger of being mired in social media, which stuck to the narrative of "how great it is to be a parent. People just lie about their experiences," he says with not a little bitterness. "I shouldn't say 'lie.' They sugarcoat it, because they don't want to appear vulnerable."

As he began to unpack

apologized for his negativity. "He said, 'I'm so sorry. I hope I didn't bum you out. Like, it's really not that bad." His friend was "backtracking. He felt bad, but . . ." Lantzman pauses, then says, "Men don't talk about these things."

When they *do* talk, they complain that while women receive bouquets

axsome

of encouragement, men hear only the doomsters. "You're never going to surf again," etc. "Men," he observes, "like to say 'You're toast' to other men, even though men end up having a better experience than they anticipated. Women come out saying, 'What are you talking about? [Motherhood] sucks. I'm changing diapers all day, and I can't even take a shower."

Men helping men: what a concept. Clinical psychologist and psychotherapist Dr. Dan Singley started his Center for Excellence with his wife 15 years ago, after their own kids had arrived. He did it because he felt personally compelled to do so. As he talks, he spools out a series of terms, each less highfalutin than its prior: "paternal perinatal mental health," "early fatherhood," and finally, "the dude-to-dad transition." Singley backed off from his own "dudeness" slowly. He came to accept, while going to therapy himself, "the warm glow of daddy-nesting anxiety." To accept that its ambiguity, even over the long haul, wasn't ruining his life, because his girls were "an incredibly salient part of my identity."

But he was a rare case. Fresh from UCSD, he discovered, like Lantzman, that the San Diego psychological community had little to offer men in this matter. In the early 2000s, father-focused men's therapists "had no training; we had nothing, there was no group." It's still largely the case. When people think of new parents, they tend to focus on "maternal mental health." And with reason: it's always harder — physically, emotionally — on the birthing person. "But they forgot



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somebody. The dudes."

In part, that's because the dudes want it that way — "they really don't want to seek mental health help." To attract men, he chose that freighted word "excellence" — a concept that seemed likely to catch the attention of achievement-oriented males. The term might also appeal to that vocal subset of "bros" who believe in "male supremacy," notably vis-à-vis women and moms. Guys who want to make man-and-wife great again: man, hunt, wife, raise baby. However, Singley says, "no research supports that" as an effective division of labor. Time and again, he must disabuse men of their penchant to define everyone's roles. But he's got to get them in the door first. So, "Excellence."

Researching on his own and with a mentor, Singley has charted a spectrum of men either awakening from or going back to sleep in the patriarchy. He says the pendulum swings from "rabid men's rights folks to intolerantly woke lords and lasses." Once the internet took note of his center, he was trolled as either

a "pale patriarchal penis person" or as a sellout to "fourth-wave feminist academics" — the so-called intersectional wing of the women's movement, "who want to burn the patriarchy down."

For his part, Singley remains resistant to pigeonholing, and holds that there is no onesize-fits-all for men in therapy, who today cluster around secular identities. Therapists note that those calling themselves "Dads" these days may be transgender, queer, or gender nonconforming, and that they are diverse not just in terms of ethnicity and race, but also inclination and distance. He also finds himself contending with surprising new research suggesting kids' attachment needs require one "highly attuned, consistent parent," not necessarily two.

Of late, the cultural pushback against the status of dads has grown, especially among men who are good at rationalizing male behavior. In 2022's Of Boys and Men: Why the Modern Male Is Struggling, Why It Matters, and What to Do about It, author Richard Reeves in-

terviews Tyrese, a young father who faces some heavy deterrents: his own father died when he was young, two of his brothers are in prison, and Tyrese himself, the father of a couple children, has been relegated to the dustbin. Reeves says four things explain the muddled state of today's dads: 1) women know they have to provide for their family because, too often,

a "dad present in the home." But if dad is present, he's de facto the first teacher about dads. As part of his work, Singley says he must recognize the stereotypes, but not to stereotype the men. Rather, "It's that people take part of the story and make it the whole story." A precis, then, of Singley's observations: the Latino dad who's a self-absorbed cock-of-the-

Women "are much better at keeping children alive than men are. Men are generally more about discipline and playing around."

the men won't; 2) moms on their own prize education more, especially a degree, than dads do; 3) when things get hard, guys run away; and 4) "Women live in the future, men live in the present." That list (much of it self-excusing) comes from the culture. It also comes from the mother of Tyrese's kids.

And culture is an enormous force. Singley addresses men's ideas about fatherhood whether or not they had walk to whom everyone kowtows; the Black father who is not around, lost, in jail, or who, if he is a part of his sons' lives, must impart what not to do when interacting with authorities; the Asian-American dad who is stoic, unemotional, demanding, and who keeps raising the achievement bar; and the White father — who may show any gradation of these traits, who may be overprotective and over-forgiving as well as competitive and success-driven. (Such contradictions are hard to disentangle, but that doesn't make them less real.)

Singley raises these "dad markers" with his patients to see how many boxes get checked. Men, he says, are often unaware of these ways of being, even as they imitate them. And of course, culture is bigger than just dad: more than a few of Singley's patients have a "sense of belonging to a group that's been marginalized, who've known genocide. Think about Native American dads, Jewish dads, Israeli dads,

whose makeup is membership in an oppressed group." Once they begin waking up to historical trauma, these dads can see how easy it would have been, had they not got into therapy, to aid in its perpetuation. All the while, he's awed how few American dads can name the three cardinal tenets of fatherhood, the sort that transcend race or ethnicity: "protect, provide, sacrifice."

Something is up, dra-

matic and contentious, with the "State of America's Fathers." That's the tile of a recent study that lists social causes (and government solutions) for the poor standing of dads in our time. Among its findings: "deadbeat dads" are less common than believed. "Most nonresident fathers are consistently very active in the lives of their children." Yet fathers face an unusual amount of social stigma, even blame, because fully a fifth of them "live outside traditional, two-parent, heterosexual households." In addition, "Ninety-five percent of low-wage [male] workers" receive neither unpaid nor "paid parental leave" after a child is born. "Ninety percent of incarcerated parents are fathers." And with twothirds of divorces initiated by women, courts typically side with mothers for child custody.

A profit-oriented media covers the worst of male behaviors: so-called toxic masculinity. There's no money in highlighting the four out of five fathers who do live with their kids, who do protect, provide, and sacrifice. There is money in placing blame, however: in his book Manhood, Missouri Senator Josh Hawley argues that the "end of men" is all the

left's fault. According to Carlos Lozada, writing in The New York Times, Hawley "turns Manhood into a familiar assault on a godless, judgmental, pleasure-seeking left, which, he contends, is attempting to subdue men and transform them into complacent, androgynous, dependent consumers." Hawley tells "young men to stop blaming others for their troubles, urging them to take personal responsibility for their lives and failings ... and then he proceeds to give those same young men someone to blame for their fate." Troubled manhood can't be blamed on any one ideology — though a culture of victimhood probably won't help men rise up to the task at hand. Perhaps the best remedy is to understand masculinity as a process, ever-shifting in its needs and remade by the culture every generation. Corey Bowers is an-

other of Dan Singely's patients. Like Lantzman, Bowers and his wife started a family six years ago — the first of two births. They met on eHarmony while he was in Puerto Rico windsurfing and she was in nurse-practitioner school in Simi Valley. When we meet in his Fallbrook home, he speaks with fiery animation, his dreadlocks, bundled under a headband, bouncing on his back. He rides the waves of one baby tale after another. First, the traumatic birth of Girl #1. Low amniotic fluid, a low heartbeat, and slow blood flow meant she was admitted to Rady's Children Hospital, a trauma team standing by. Induced labor was soon over, but once out, the newborn was unresponsive and put on lung support in

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the Natal ICU. Her Apgar score, a measure of neonatal health, was very low. Their fear: her brain had been damaged by a lack of oxygen.

Days later, a CAT scan confirmed nothing bad had happened, and soon she was responsive, "looking normal," Bowers says, tearing up at the retelling. He was relieved, but his wife was not. Exhausted, she rested for days, weeks. Meanwhile, during bottle feedings, #1's tiny hand grasped Dad's finger. This intimacy glued child to dad and vice versa, until his wife's "milk flowed normally." At last, #1 breastfed. Throughout, Mom struggled with postpartum blues, her blood pressure regularly elevated. Neither parent did well, Bowers says, during the slow recovery amid months of uncertainty.

A year and a half later, planned-for and pregnant again. This time, a no-worries birth of Girl #2. This time, the bonding went the other way: #2 "latched" to the breast the first minute, Bowers recalls, his eyes misting over once more. (He confesses that he has "highfunctioning ADHD," and cites it as the reason his tears run.) For mothers, he says, it's axiomatic: "The minute you lay eyes on the baby, you have this instant connection — you love it." For him, as a man, he didn't have that link until six weeks later, when #2 finally smiled at him.

The two different attachments — the first with dad, the second with mom — have convinced Bowers that male and female parenting roles are hardwired, following biological blueprints. He cites a host of studies. Women, he says, "are much better at keeping children alive than men are. They're better adjusted" from the get-go. "Men are generally more about discipline and playing around," which begins at six months as the baby frees itself from its preferential dependence on mom. (I ask about sources. "I listen to podcasts all day," he says, while working as a programmer online. His mentors are Jordan Petersen and Warren Farrell, who once taught in the Department of Women's Studies at San Diego State.)

Bowers says his own father helped him distinguish a baby's "needs and wants." Everything is on demand until someone (Dad) sets and enforces the limit: "You want this, I know, but you don't need it" is the mantra. For example, Girl #1's temper tantrums. When they began at seven months, Bowers and wife were spooked: "What do we do?" A reputable website said, "Walk away, wait in another room, and it'll pass." Sure enough, it did. Parenting by Google led them to rethink their penchant to catastrophize and intercede.

What Bowers deduced is that moms and dads manage "the fear idea" differently. Women intuit that "if I give the child this whatever, she'll choke on it, cut herself, fall over, get hurt so bad an ambulance must be called." Men, Bowers notes, are the opposite: "I don't care if they fall down and get scraped, bump their heads. I want my kids to have experiences," from which they learn the degree of danger in an action by its consequences.

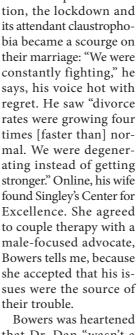
Four years ago, when Covid was snarling at everyone's door, Bowers, a three-times-a-week CrossFit fanatic, couldn't get to the gym. He fell out of shape. In addition, the lockdown and its attendant claustrophobia became a scourge on their marriage: "We were constantly fighting," he says, his voice hot with regret. He saw "divorce rates were growing four times [faster than] normal. We were degenerating instead of getting stronger." Online, his wife found Singley's Center for Excellence. She agreed to couple therapy with a male-focused advocate, Bowers tells me, because she accepted that his issues were the source of

that Dr. Dan "wasn't a closet feminist." While he realizes women need female therapists to address their issues, he opposes fourth-wave feminism and its attacks against men and dads, which,

hood. The newest wave, he says, tells "a woman nothing is her fault; it's all the men's doing." Men, by contrast, are hostage to "the feminization of our institutions," where the patriarchy is now blamed—and must face equity rehab—for everyone's failures.

I quote for him the summations about mothers who, according to Tyrese, need neither fathers nor husbands. Bowers says those insights are true, but what "ought to be [true] is another question." And even if the majority of society's faults puddle on the male's doorstep, that still means "as yet, there's no positive replacement." What are men supposed to do? Be women? He notes that women, even today, become nurses because they value the caretaking role; there's no ulseek the same profession, competing for higher positions of responsibility and pay, they're labeled "toxic." Bowers believes that in America, gender wars are, by design, always out of whack — one has to be up so the other one's down. Once, it favored men. Now it favors women.

What exactly has feminized our culture? Bowers cites birth control, the loss of jobs central to a man's "strength and stamina," a new class of men who sit and compute all day (he agrees it's hard for writers and programmers to complain), the growth of service and hospitality industries, "welfare" incentives for fatherless homes, men afraid of appearing patriarchal if they counsel other men — on and on and on. All this has moved women from lesser positions as care-





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become professionals, paid quite well, earning prestige, wielding collective power, and displacing men at the top.

In an email, Bowers tells me he admires Dr. Cory Clark, a behavioral scientist who studies gender issues. She says that "men tend to value liberty over safety while females tend to value safety and comfort over liberty." This affects how women vote and the "policies they institute within their organizations." Bowers says that for men, this means "no more plowing the fields or being on the front line as a soldier," not in a world run by tractors and drones and diversity quotas.

He favors "standards." Women and men compete, he notes, so long as "we don't have to lower our standards, lower the output, lower the merit, in any field, just so women can get in." He pauses — "In that case, everybody loses at the end of the day." With poor standards and nary an "atta boy," men sink into "hopelessness." Consequently, they're angry; they disappear, physically and emotionally. "Fatherlessness," he says, "is the largest factor" in our society's failure to raise its boys, especially, those who grow up to be failed fathers themselves.

How has his self-education around men's issues affected his own fathering? Bowers's emphasis on hard work, individuality, property rights, ability, and color-blindness comprise what he calls the "traditional Western values." These things are

"much more friendly for females"? Who's better suited to impart lessons to their children, having fought off the onslaught of feminized rejection?

I'm heartened by Singley's project as manifested by these patients. But I'm puzzled about the alleged dearth in San Diego of male therapists who are ready to help men be men. I asked Dr. Singley who might corroborate

"I was struggling so badly. I was like, 'I don't know if I can do this alone if she starts struggling."

native to men-and fathers. They are a man's biology. Men must realize this. Their responsibility is to fill a different role than wives fill, wives who find "dangerous" kidplay useless or harmful. To roughhouse, to tease, to distinguish the needs of children over their wants, to withhold fun as a corrective for bad behavior are, in sum, neither domineering nor mean, Bowers says. Who's better equipped than Dad at navigating the shifty and shifting meritocracy, which is his claim; he recommended his mentor, Dr. Jeff Jones, who counseled students at University of San Diego before going into private practice.

By phone, Jones tells me that when he started, the men he saw had been sent by wives or mothers. Men would classify their self-esteem as "performance-based," a way to "value themselves on how much money we make and how many sexual conquests we've had. If we don't measure up, we suffer."

But things are chang-

ing, says Jones. Younger males — Millennials and Gen Z —"think it's cool to be in therapy. There's not the same stigma or shame there was." He's regularly asked to run men's groups; he talks to men at private schools about becoming fathers, and runs boot camps for expectant dads, many of whom clamor for advice on diapers, feeding, and nonstop crying.

I ask him if it's fair to say that while men are more interested these days in taking emotional responsibility for fatherhood, San Diego still lacks male-savvy therapists. One reason that's true, he says, is that men constitute less than 40 percent of students in graduate psychology programs. As a result, the profession is becoming feminized, if it's not there already. Seeing female therapists involves "less shame for men. To see a man is a greater barrier."

Potential fathers need to find out why they're "developmentally stuck," why are they "holding anger." What's it about? Who's the target? Covid's in the rearview mirror, but too many men, he

says, "are isolated," afraid of what therapy will uncover. He cautions that whether it's a man or woman counselor, men must focus on "relational skills," the core fact, that they're in a committed relationship.

That relationship starts

with the mother, but it must extend to the kids. As Furious Styles puts it in Boyz in the Hood: "Any fool with a dick can make a baby, but only a real man can raise his children." Intention is key here, here and elsewhere. It takes intention to go to therapy to address anxieties about fatherhood. And while it doesn't take any kind of fatherly intention to get a woman pregnant, it probably ought to. Men should decide whether they want to have children. They should consider their personal prospects when it comes to fathering. They should be willing to do the work. If they're not... well, Voltaire's Candide, despite all his hardships, said that the world we're living in is always the best of all possible worlds. Perhaps they shouldn't set about making it worse.

— Thomas Larson

LETTERS

continued from page 4

My daughter told us in Marina Village parking lot that she is heroin addict

Cover Story, Dec. 10, 2014 Just an update on my story; my daughter spent 2 years at Crossroads, the residential rehab, a nonprofit, and it was affordable. She just celebrated nine years of sobriety and she is a mental health drug counselor. If you are a women looking for help, reach out to Crossroads in San Diego, https://crossroads4recovery.org/ -Good News Bringer

Amanda posts anti-suicide notes all over San Diego

Neighborhood News, Oct. 22, 2019 ocala.com/obituaries/ poca0578429 It looks like she met the same fate, suicide. Bless her heart. It must have been such a battle to stay strong while helping others to do the same.

-Sad 4 Amanda Diegan

San Diego's Mexicans who dragged at Paradise Valley Road and went on to Bonneville

Feature Story, Jan. 14, 1999 Great article!

-Pro Brown Drag

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Calendar

YOUR VEICOME TO IT CE



BROOKS NIELSEN

Friday | 16

BROOKS NIELSEN

Brooks Nielsen first earned notice singing with theLos Angeles-based band The Growlers over the course of eight studio albums, multiple international tours, and as part of their own decadelong Beach Goth music festival. His 20-song debut solo album *One Match Left* was released in 2022. Nielsen will be playing the entire Growlers album *Chinese Fountain*, which celebrates its tenth anniversary this year, along with a set of solo tracks.

WHEN: Friday, February 16, 7:30 pm WHERE: Observatory North Park, 2891 University Avenue, North Park. *casbahmusic.com*

Saturday | 17

HARBOR SEAL LECTURE & WALK

Come hear a free lecture about the seals and sea lions of La Jolla. Walk down to the Children's Pool with a docen,t who will point out pregnant seals, seals nursing their newborn pups, and seals teaching their pups to swim. The docent will explain the differences between seals and sea lions and show attendees the best viewing areas.



WHEN: Saturdays, 2 to 3 pm, Through February 24.

WHERE: Mangelsen Images of Nature Gallery, 7916 Girard Avenue, La Jolla. sandiegosierraclub.org

STORYTELLING: DRAGON TALES

This is the Year of the Dragon on the Chinese calednar, so come listen the professional yarn-spinners from Storytellers of San Diego as they relate legends, fairy tales, and narratives



about these fantastical beasts (and other things). Everything from stories of love and luck to fish and the fishing traditions that brought many people to San Diego. Free with admission to the museum.

WHEN: Saturday, February 17, 2 pm to 3 pm

WHERE: San Diego Chinese Historical Society and Museum, 404 Third Avenue, Downtown, *sdchm.org*

Sunday | 18

FUNGUS FAIR

Join the mycophiles, educators, chefs, supportive businesses, and mushroom



SUNDAY, FEBRUARY 18: FUNGUS FAIR

amateurs as they gather for a day of vendors, food, speakers, live specimens, and expert identification. And there's an art contest! Categories include traditional 2D art, sculpture, mixed media, digital art, fabric and fiber arts, and photography.

WHEN: Sunday, February 18, 10 am to 4 pm

WHERE: Casa del Prado, 1650 El Prado, Balboa Park. *sdmyco.org/fungus-fair-2024* exploration of natural light in California and its influence on people's lives. Also, there will be photography from the rock n' roll music scene throughout the ages, presented and discussed by the artists who captured the moments.

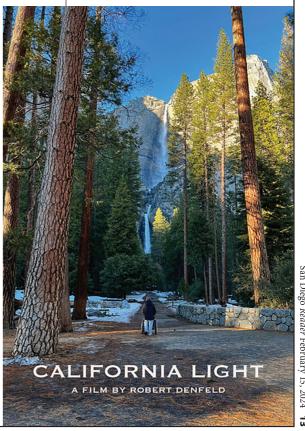
WHEN: Tuesday, February 20, 4:30 pm to 10 pm. Through Saturday, February

WHERE: Sunshine Brooks Theatre 217 N. Coast Highway, Oceanside. *osidefilm.org*

Tuesday | 20

OCEANSIDE INTERNATIONAL FILM FESTIVAL

Filmmakers and movie lovers alike gather to enjoy five days of indie cinema, music, and art from the local and international film community. Genres include romance, horror, documentary, and social issues. On Tuesday, there will be a red carpet reception, filmmaker welcome, red carpet interviews, and networking session. Experience a museum-wall screening of the nonfiction short California Light (Long Beach, CA), directed by Robert Denfeld. It's one filmmaker's



San Diego Reader February 15,

HOW TO SEND US YOUR LISTING: Have an event? We want it! Festivals, lectures, sporting events (including surfing, kayaking, and sailing), Meetups, conventions, book signings, art gallery openings, conferences, dance performances, expos, poetry readings, classes & workshops — all are welcome. You can submit an event at sdreader comfevents/submit.

ANIMAL FRIENDS

Fido Fest Pet parents will have the opportunity to participate in multiple activities with their canine companions, including "arfs & crafts" and a fun costume contest. Multiple non-profit dog rescue organizations will be on-site, hoping to find their pups a forever home. Get to know non-profit rescues in our San Diego area by taking part in a donation drive and opportunity drawing. Be sure to bring food and other necessities for dogs in need. Saturday, February 17, 11am; free. Town Center Community Park, 550 Park Center Drive. (SANTEE)

ART

After Dark: Reject Tradition

Break free from the conventional celebration of love at After Dark: Reject Tradition. Guests can make their way through the museum's 20+ immersive and interactive exhibits, with bites and cocktails available for purchase that can be

exhibits, with bites and cocktails available for purchase that can be enjoyed throughout the museum. Thursday, February 15, 6pm; \$32-\$50. WNDR Museum, 422 Market Street. (DOWNTOWN SAN DIEGO)

Artist Talk: Michael Mercil Michael Mercil as he gives attendees an inside look on his career, process, recent projects, and 2023 mural ART IS GOOD FOR YOU, commissioned by Murals of La Jolla. Wednesday, February 21, 6pm; \$5-\$20. Athenaeum Music and Arts Library, 1008 Wall Street.

Kruglak Art Gallery: Everything Dissolves Kline Swonger is a cross-disciplinary artist whose research and sculptural work revolves around perception and psychology of space. Thursday,

February 15, 11am; Tuesday, February 20, 2:30pm; Wednesday, February 21, 11am; **free**. Mira-Costa College, One Barnard Drive. (OCEANSIDE)

Retroactive: Artistic Blast from the Past Nostalgic one night pop up art show featuring work reminiscent of past pop culture. Wednesday, February 21, 6pm; free. Basic Urban Kitchen and Bar, 410 Tenth Avenue. (EAST VILLAGE)

AUTOMOTIVE

Cars & Coffee Discounted admission price or partake in the completely free event outside with coffee and donuts (while supplies last) for guests to enjoy while browsing the wide array of vehicles. The public is also invited to bring their own cars to display in the parking lot. Sunday, February 18, 7:30am; free. San Diego Automotive Museum, 2080 Pan American Plaza. (BALBOA PARK)

BOOK SIGNINGS

Booked for Lunch with Alex Michaelides Booked for Lunch with Alex Michaelides in conversation with Seth Combs. This is a lunch event at a location near Warwick's. Alex will be signing and personalizing books. For reservations, contact Mary Lee at marylee@warwicks.com, drop by the store, or call (858) 454-0347 and ask for the Book Department. Wednesday, February 21, 11:45am; Warwick's Bookstore, 7812 Girard Avenue. (LA JOLLA)

Gideon Rappaport: William Shakespeare's Hamlet Prof. Gideon Rappaport, Shakespeare scholar and dramaturge, will discuss his new book William Shakespeare's Hamlet: Edited and Annotated. Thursday, February 15, 7pm; free. D.G. Wills Books, 7461 Girard Avenue. (LA JOLLA)

Storytime with Local Author Brent Crandal Local author, Brent Crandal will be reading his book, Opposititis: A Ridiculous Family Love Story for children ages 4-9 and their families. Saturday, February 17, 12pm; free. Barnes and Noble

Rhyme & Verse

Seventeen haiku by Andrew Hamlin

Heat of the blanket, cool of the pillow... long sun

Low sun... the fact of flies on ferns

Two thumbs to the weave of the sock... cold sun

Cap and gown, she boards the bus... by the bums

Birdsong... squawk anxious at the fire engine

In twilight I become... the crow's caw

"Flag Day" reads my phone... unassuming

The night...rich... the tide, stolen half of the wind

A broken heart... and a little girl with a stuffed seal

Broken down; green bow on her backpack Spring, curly red hair overhead catch

Cold room cannot quell... lilies in a pot

Pond... frog plop scrambles summer moon

Bus glass, low sun... "Exit" backwards on her skin

Pigeon, head-bobs implacable... tunnel station

Cold breeze... old man holds out his hand from the bench

Gnat at the emperor's tomb, expects company



Andrew Hamlin likes to photograph shoes and write about dog shit. He was born and raised in Seattle, where he resides today. He attended the Evergreen State College, where he wrote and edited arts coverage for the Cooper Point Journal. He is the film critic for the Northwest Asian Weekly, and he's published arts coverage and criticism in the San Diego Reader, Village Voice,

Seattle Times, Seattle Weekly, Goldmine, and other publications. He misses Helen Wiggin. Hamlin's website is www.andrewhamlin.org.

Find more poetry online at SDreader.com/poetry

Bookstore Mira Mesa, 10775 Westview Parkway. (MIRA MESA)

Tammy Greenwood: The Still Point Warwick's will host Tammy Greenwood as she launches her new book, *The Still Point*. Free seating is subject to available space on a first-come, first-served basis. To ensure seating, reserve one book per person @ warwicks.com/event/greenwood-2024. Monday, February 19, 7pm; free-\$17. Warwick's Bookstore, 7812 Girard Avenue.

Weekends with Locals: Brent Crandal Weekends with Locals will be hosting Brent Crandal, author of Opposititis: A Ridiculous Family Love Story Sunday, February 18, 1pm; free. Warwick's Bookstore, 7812 Girard Avenue. (LA JOLLA)

Writer's Symposium by the Sea: Paulette Jiles Paulette Jiles Paulette Jiles is a novelist, poet, and memoirist. She is known for her books Chenneville, Enemy Women Stormy Weather, The Color of Lightning, Lighthouse Island, and News of the World, which was a finalist for the 2016 National Book Award. Live music from Katie Leigh. Tuesday, February 20, 7pm; \$10-\$50. Point Loma Nazarene University, 3900 Lomaland Drive. (POINT LOMA)

CLASSES & WORKSHOPS

Air Plant Wreaths Craft Workshop All the supplies ready to make your unique wreath including the 18" Grapevine wreath, dried flowers, moss, 4 Large air plants and other embellishments. Ticket includes a flight of wine and \$10 off any bottle of wine. Sunday, February 18, 1pm; \$60. La Mesa Wine Works, 8167 Center Street. (LA MESA)

Body Dynamics, by San Diego Continuing Education This class provides students with an understanding of the Breath-Mind-Body dynamic and its relationship to health and wellness during the aging process. Please wear flat supportive shoes and loose, comfortable clothing, Audience: Adults Friday, February 16, 12:30pm; free. 18 and up. Mission Valley Library, 2123 Fenton Parkway. (MISSION VALLEY)

Career Resource Fair Looking for a job, or a new career? Poway Library hosts a career resource fair with local groups and organizations for your future employment. Tuesday, February 20, 11am; free. Poway Library, 13137 Poway Road. (POWAY)

Felt Animal Craft Join a fun and creative felt craft by making a cute animal. Space is limited. Sign-up required, or call 858-513-2900 (Ages 18 and over) Saturday, February 17, 2pm; free. 18 and up. Poway Library, 13137 Poway Road. (POWAY)

Hand Rolled Sushi Class Learn how to create your own fresh sushi rolls. Saturday, February 17, 1pm; free-\$59. Duck Foot Brewing Company, 8920 Kenamar Drive. (MIRAMAR) House Plant Kokedama Workshop Fee includes all of the supplies needed for the class, including moss, soils, and all other materials needed. Please bring your own apron and gloves. Friday, February 16, 2pm; \$58-\$62. 18 and up. San Diego Botanic Garden, 230 Quail Gardens Drive. (ENCINITAS)

Latin Music Essentials Workshop Delve into the history and cultural influences that have shaped Latin music into a global phenomenon. Tuesday, February 20, 5:30pm; \$120-\$150. 18 and up. Mid-City Community Music, 4011 Ohio Street. (CITY HEIGHTS)

Macrame Air Plant Wall Hanging Workshop Learn the art of creating your own Macramé Air Plant Wall Hanging. This workshop includes step-by-step instructions along with all of the supplies. Wednesday, February 21, 6:30pm; \$45. Mike Hess Brewing Ocean Beach, 4893 Voltaire Street.

Make Your Own Ravioli Learn the secret of creating Ravioli from scratch. Sunday, February 18, 5pm; \$59. Duck Foot Brewing Company, 8920 Kenamar Drive. (MIRAMMR)

Pilates 101: Intro to Mat Pilates Beginner friendly mat
pilates class focuses on learning the
basics and building a mat pilates



practice. Mondays, 12pm; through Monday, February 26, \$23-\$165. 18 and up. Dancin Soul Boutique, 540 Carlsbad Village Drive. (CARLSBAD)

Sip, Paint, and Gaze Let Cynthia's Artistic Expressions help you paint your very own masterpiece. No experience required. All art supplies and professional instructions provided. Enjoy unlimited complimentary wine and validated parking. Fridays, 5:30pm; through Saturday, April 27, \$65. Seabird, 101 Ocean Avenue. (OCEANSIDE)

Sound Bath Healing Sound healing bath session dedicated to inner peace and world's peace Thursday, February 15, 1:30pm; \$15-\$20. La Iolla Community Center, 6811 La Jolla Boulevard. (LA JOLLA)

Tai Chi Moving for Better Balance This class emphasizes improving breath, mind, and body co-ordination/function to prevent falls while increasing safety in activities of daily living. Wear flat supportive shoes and loose comfortable clothing. Thursday, February 15, 12pm; free. 18 and up. Mission Valley Library, 2123 Fenton Parkway. (MISSION VALLEY)

Treasure Hacks: Soft Skill Seminar Join fellow students in learning communication and empathy skills in a new gamified format, built by and for students. Saturday, February 17, 10am; free. UNEX Facility on UCSD Campus, 9600 North Torrey Pines Road.

Vermicomposting Basics Workshop How to start vermicomposting. Register online. Monday, February 19, 12:30pm; free. Olde Community Church, 9906 Maine Avenue. (LAKESIDE)

Zydeco & East Coast Swing Workshop Session 1: Intermediate Zydeco Dance Lesson, Session 2: Basics of East Coast Swing. Saturday, February 17, 3pm; \$10. Dance Headquarters, 5035 Shawline Street. (CLAIREMONT)

COMEDY

Bloody Valentine - Murder Mystery Event A night of mystery, laughter, and a whole lot of suspense, use your passion for true crime to solve a true crime of passion. Thursday, February 15, 7pm; \$20-\$200. Mic Drop Comedy, 8878 Clairemont Mesa Boulevard. (KEARNY MESA)

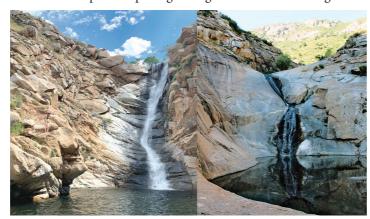
Crazy Stupid Brunch: Love Themed Brunch A hilarious variety show of stand up comedy. trivia and a musical head to head lip sync battle, inspired by cupid himself we give you, "Crazy Stupid Brunch." Don't worry ... if you're not interested in LOVE ... we've got plenty of Mimosa Flights to fill the void! Grab your besties, get our hearty breakfast and start your Sunday laughing! Sunday, February 18, 1pm; \$18-\$200. Mic Drop Comedy, 8878 Clairemont Mesa Boulevard. (KEARNY MESA)

Dave Attell AS SEEN ON: Comedy Central's "Insomniac", "Bumping Mics" on Netflix, Pootie Tang, Dave's Old Porn, Trainwreck,

OUTDOORS

Laurel Sumac faces frostbite, **Local waterfalls are pumping**

The Frost-Nipped Legacies of the this winter's cold spells aren't hard to spot, especially in the inland areas where overnight lows dipped to below freezing. Look for brown lawns, half-dead-looking avocado trees, and wilted ornamental plants like poinsettias. One common frost-sensitive native plant, the laurel sumac, is especially responsive to the reach of cold air. Laurel sumac is often the largest and most conspicuous plant growing within the coastal sagescrub



CEDAR CREEK FALLS AND THREE SISTERS FALLS ARE TWO OF MANY LOCAL WATERFALLS BENEFITTING FROM RECENT RAINS.



LAUREL SUMAC FACES FROSTBITE DURING SAN DIEGO WINTERS

type of vegetation native to San Diego's undisturbed canyon hillsides. Wherever freezing-cold air has sunk into low-lying canyons and basins, laurel sumac bushes tell the story by appearing brown and withered a few weeks later.

San Diego County's Waterfalls are going to be pumping for the next couple of months because of all the rainfall we've recently received. Three of the most accessible are: Green Valley Falls at Cuyamaca Rancho State Park; the falls below the first palm grove in Borrego Palm Canyon (Anza-Borrego Desert State Park); and the falls at the midpoint of Los Peñasquitos Canyon Preserve — a three-mile walk from either its east or west entrance. Hikers and climbers can explore many other waterfalls (some with heights up to 100 feet) in remote areas of the county.

On The Evening Of Valentine's Day, you can observe Jupiter hovering just to the left of the Moon. Perhaps try toasting the heavens with a champagne over a romantic dinner with a loved one.

Funny People & more! Thursday, February 15, 8pm and 10pm; Friday, February 16, 7:30pm and 9:30pm; Saturday, February 17, 7:30pm and 9:30pm; Sunday, February 18, 7pm; \$40. 21 and up. American Comedy Company, 818 Sixth Avenue. (DOWN-TOWN SAN DIFGO

Friday Night Flix Two live "movies" will be improvised before your eyes. Suggestions taken from the audience and prizes given away. Friday, February 16, 8:30pm; \$7-\$15. Mockingbird Improv, 2590 Truxtun Road #200. (LIBERTY STATION)

JC Currais As seen on Disney, Conan and more. With Mary Upchurch. 2 item min purchase per person (food and/or drink) Friday, February 16, 6:30pm and 8:30pm; Saturday, February 17, 6:30pm and 8:30pm; \$5-\$40. 18 and up. Grand Comedy Club, 340 East Grand Avenue, (ESCONDIDO)

Joe DeRosa I Never Promised You a Rosegarden Saturday, February 17, 7pm; \$27. 18 and up. House of Blues, 1055 Fifth Avenue. (DOWN-

Josh Gates: Legends, Mysteries, & Tales of Adventure Join explorer, talk show host, and author Josh Gates from Discovery Channel's smash-hit series, Expedition Unknown. Saturday, February 17, 7:30pm; \$36-\$98. Balboa Theatre, 868 Fourth Avenue. (DOWNTOWN

Masood Boomgaard Self-help Singh is the alter ego of international comedian Masood Boomgaard. Selfhelp Singh, described as a comedic alternative life coach and de-motivational speaker has been sharing the "common sense wisdom" and de-motivational teachings of Selfhelp Singh to millions of people on the internet. Saturday, February 17, 2pm; \$25-\$35. Mic Drop Comedy, 8878 Clairemont Mesa Boulevard.

Mixed Nuts Improv Jam Mixed Nuts is part workshop, part improv jam where anybody who shows up gets to play. Thursday, February 15, 7pm; \$10. Sunshine Brooks Theatre, 217 N. Coast Highway. (OCEANSIDE)

Nick Simmons Nick Simmons has been seen on CBS and heard on SiriusXM. Despite his bodybuilder physique, he is grounded in self-deprecating humor breaking the stereotype of your typical gym rat "meat head." Sunday, February 18, 8pm; \$18. Mic Drop Comedy, 8878 Clairemont Mesa Boulevard.

Taylor Tomlinson: Tries Out New Ideas Renowned comedian and producer Chelsea Handler opined last year that TIME100 Next fellow-comedian Taylor Tomlinson "is representative of this new generation of comedians—a generation that is able to talk about things in a healthy, clear manner." Friday, February 16, 7pm and 9:30pm; Saturday, February 17, 7pm and 9:30pm; Mic Drop Comedy, 8878 Clairemont Mesa Boulevard. (KEARNY MESA)

DANCE

BYU International Folk Dance Ensemble With a beautiful array of ethnic costumes and props, International Folk Dance Ensemble presents a program of dances from more than a dozen nations, including Ukraine, Russia, Korea, Poland, Mexico, India, and the United States. Thursday, February 15, 7:30pm; \$22-\$30. Balboa Theatre, 868 Fourth Avenue. (DOWN-

Collage 2024: Connected San Diego Civic Dance Arts presents new work by Kevin and Dea Nguyen, Elijah Gibson, Mark and Solvieg Santillano, local artist Donna Flournoy, and the dance staff. Friday, February 16, 7:30pm; Saturday, February 17, 3pm and 7:30pm; Sunday, February 18, 2pm; \$15-\$20. Casa del Prado Theatre, 1600 Village Place. (BALBOA PARK)

DISCUSSION GROUPS

EIS Open House EIS is a nonprofit learning center dedicated to offering hands-on experiences in Science, Technology, Engineering, and Math (STEM) for children in grades 2-12, Saturday, February 17, 1pm; free. Elementary Institute of Science, 608 51st Street. (ENCANTO)

Fungus Fair Mycophiles, educators, chefs, supportive businesses and dedicated mushroom amateurs, enthusiasts and professionals will gather. Sunday, February 18, 10am; free. Casa del Prado, 1650 El Prado. (BALBOA PARK)

Republican Women of California, Point Loma Meeting Monthly meeting and lunch. For more information and reservations, contact info@rwcpl.org Wednesday, February 21, 11am; \$35-\$40. 18 and up. Bay Club Hotel and Marina, 2131 Shelter Island Drive. (SHELTER ISLAND)

The Role of Small Modular Reactors The Role of Small Modular Reactors (SMRs) in Current and Future Energy Strategy Worldwide



with American Nuclear Society San Diego speaker Ted Quinn, ANS Past President Wednesday, February 21, 5:30pm; free. International House of Pancakes, 16759 Bernardo Center Drive. (RANCHO BERNARDO)

FOOD & DRINK

Gnocchi Gnight Italian Dinner

There will be a few songs thrown in the mix throughout the night by Italian tenor Rosario Monetti and chef Marcello Moccia from Naples cooks up an authentic gnocchi alla sorrentina. Wednesdays, 6pm; through Wednesday, April 17, \$20-\$25. Divo Diva Cafe, 3650 5th Ave #104. (HILLCREST)

Guest Chef Dinner: Connor McVay & Christine Rivera
The Guest Chef Dinner Series is a year-long celebration marking the 40th anniversary of George's at the Cove. Tuesday, February 20, 5:30pm; free-\$200. George's at the Cove Ocean Terrace, 1250 Prospect Street. (LA JOLLA)

Mardi Gras Enjoy the Bayou Brothers Band and DJ Ritchie\$ with Cajun food specials, beer and Hurricanes. Reservations are recommended for dining. Sunday, February 18, 12pm; free. My Yard Live, 288 Rancheros Drive. (SAN MARCOS)

Mardi Gras This New Orleansstyle carnival event comes complete with live music, colorful costumes, and Mardi Gras-infused Creole and Cajun food favorites like hearty jambalaya, those ever-popular beignets, and much more. Friday, February 16, 10am; Saturday, February 18, 10am; SeaWorld, 500 Sea World Drive. (MISSION BEACH)

FOR KIDS

Building Together This event is designed for families to attend, and no RSVP is required. Kids will team up with a partner to design, build and complete fun challenges. When they're finished, they'll get a prize for their hard work including

special savings. Saturday, February 17, 11am; **free**. Lakeshore Learning Store, 7510 Hazard Center Dr., Suite #201. (MISSION VALLEY)

Harlem Globetrotters Your favorite Globetrotter stars are bringing out their amazing basketball skill, outrageous athleticism and a non-stop good time. Join the Globetrotters as they go head-to-head against the Washington Generals who will stop at nothing to try and defeat the world's winningest team! Sunday, February 18, 12pm and 5pm; \$35-\$135. Pechanga Arena San Diego, 3500 Sports Arena Boulevard. (MIDWAY DISTRICT)

Hullabaloo The event features a musical performance filled with dancing, singing, clapping, and stomping. Friday, February 16, 10am; **free**. La Jolla Riford Library, 7555 Draper Avenue. (LA JOLLA)

Hullabaloo Children's music duo Saturday, February 17, 11am; Encinitas Library, 540 Cornish Drive. (ENCINITAS)

Hullabaloo Children's music duo Tuesday, February 20, 11am; Tierrasanta Library, 4985 La Cuenta Drive. (TIERRASANTA)

Hullabaloo Children's music duo Wednesday, February 21, 11am; Malcolm X Library, 5148 Market Street. (VALENCIA PARK)

Lunar New Year Celebrate Year of the Dragon with Balloon Animals, Crafts, and Cultural Performances Lion Dancers. Sunday, February 18, 1:30pm; **free**. Poway Library, 13137 Poway Road. (POWAY)

Raffi - Sunday, February 18, 7:30pm; Magnolia Performing Arts Center, 210 East Main Street. (EL CAJON)

Super Grover's Everyday Heroes Weekend Families will have the opportunity to meet real-life heroes from your neighborhood, including police officers, firefighters, and more. Plus, enjoy hero-themed dance parties, meet & greets, and activities that are fun for guests of all ages. Friday, February 16, 10am; Saturday, February 17, 10am; Sunday, February 18, 10am; Monday, February 19, 10am; Sesame Place San Diego, 2052 Entertainment Circle. (CHULA VISTA)

LECTURES

Dangerous Crossroads Revisited This lecture by Prof. Emeritus George Lipzitz, UC Santa Barbara, explores how popular music empowers African and African-American populations globally to explore social and cultural justice and inter-cultural fusion in the borders and boundaries of ethnic inclusion. Light refreshments will be served. Location: Social Science Building, Room 101. Thursday, February 15, 3:30pm; free. University of California San Diego, 9500 Gilman Drive. (LA JOLLA)

Free Harbor Seal Lecture & Walk Join the Sierra Club Seal Society for a free short lecture about the seals and sea lions of La Jolla. Then walk down to the Children's Pool with a docent who will point out pregnant seals, seals nursing their newborn pups, and seals teaching their pups to swim. Saturdays, 2pm and 2pm; through Saturday, February 24, free. Manglesen Images of Nature Gallery, 7916 Girard Avenue. (LA JOLLA)

Visual Arts Guest Lecture Carmen Cuenca & Andrea Torreblanca Tuesday, February 20, 6:30pm; free. University of California San Diego, 9500 Gilman Drive. (LA JOLLA)

NATURE

Birdwatching From the Center Terrace Join a volunteer Trail Guide on the back terrace of the Mission Trails Regional Park Visitor Center and watch the birds that come by, such as, the Yellow-rumped Warbler, Whitecrowned Sparrow, Common Raven, Peregrine Falcon, and California Thrasher. Meet on the back terrace of the Visitor Center. If you come before the Visitor Center opens at 9:00am, take the sidewalk to the right around the building. Bring binoculars if you have them, but there will be some available. This event will be canceled if raining. Sunday, February 18, 8:30am; free. Mission Trails Regional Park,

One Father Junípero Serra Trail.
(SAN CARLOS)

Family Discovery Walk: Birds & Nests Join MTRP Trail Guides for a family-oriented adventure learning about some of the many birds that inhabit Mission Trails and the nests they make. Meet in the day-use parking lot. Walks are canceled if raining. Saturday, February 17, 1pm; free. Kumey-aay Lake Campground, Two Father Junípero Serra Trail. (SANTEE)

Guided Bird Walk Join MTRP bird walk leaders for a guided bird walk in the eastern side of the park. Meet in the Kumeyaay Lake Campground day-use parking lot. Bring binoculars if you have them. A hat and sunscreen are also recommended. Walks are canceled if raining. Friday, February 16, Saturday, February 17, 8am; free. Kumeyaay Lake Campground, Two Father Junípero Serra Trail. (SANTEE)

Guided Nature Walk Join a MTRP Trail Guide on a guided nature walk and learn about the plants, animals, geology, history, and ecology of the park along a scenic trail. Recent rains make for some muddy trails and the San Diego river has lots of water running fast. Walks start from the Visitor Center, are free and open to the public, with no reservations required. Walks are canceled if raining. Saturday, February 17, 9:30am; Sunday, February 18, 9:30am; Wednesday, February 21, 9:30am; free. Mission Trails Regional Park, One Father Junípero Serra Trail. (SAN CARLOS)

President's Day Nature Walk Join a MTRP Trail Guide on a special Presidents Day nature walk and learn about the plants, animals, geology, history, and ecology of the park on one of these scenic trails: The Oak Grove Loop showcasing majestic coast live oaks and rare Engelmann's oaks. Meet at the Visitor Center. Monday, February 19, 9:30am; free. Mission Trails Regional Park, One Father Junípero Serra Trail. (SAN CARLOS)

Presidents Day Discovery Table: Creatures in Camouflage Stop by the Discovery Table in the lobby of the Visitor Center and learn from MTRP Trail Guides about amazing forms of camouflage that help creatures survive in their habitat. Tables feature hands-on activities and take-home materials for kids and adults. Monday, February 19, 10am; free. Mission Trails Regional Park, One Father Junípero Serra Trail. (SAN CARLOS)

Stars at West Sycamore Join members from the San Diego Astronomy Association at MTRP West Sycamore Staging Area to view the nighttime sky through telescopes. Telescopes provided or bring your own if you have one. Viewing Begins at Dusk. Rain or cloudy skies cancel event. End of Stonebridge Parkway, Scripps Ranch (map) From I-15, go east on Pomerado Road and turn right on Stonebridge Parkway. The entrance to West Sycamore is at the very east end of Stonebridge Parkway. Starts at dusk. Park on the paved street and walk past the

gate into the park where telescopes are set up. 32 55' 59.6"N 117 00' 01.5"W Sunset 5:35pm Friday, February 16, 5:30pm; **free**. West Sycamore – Mission Trails Regional Park, 17160 Stonebridge Parkway.

SPECIAL EVENTS

City Heights Multicultural Love Festival Revel in cultural and artistic offerings for the whole family. From interactive drumming and parading with Drummers Without Borders, to San Diego Ballet to maskimaking, hatmaking, face painting, and a Vietnamese youth dance group, ethnic food trucks. Saturday, February 17, 11am; free. City Heights Weingart Library, 3795 Fairmount Avenue.

Vista Makers Market & Bar Hop Shop 40 makers with handmade goods such as wood working, plants, baked goods, jewelry, knit goods, home decor, art prints, soap, candles and more. Sunday, February 18, 12pm; free. Helia Brewing Company, 1250 Keystone Way. (VISTA)

Wonka PopUp Market Golden tickets will be hidden around Chula Vista the week before the event. Should you find one of those tickets, you'll be entered into a raffle at 12pm for a basket of Wonka chocolate. The first 20 adults in line at the start of the market will get a Wonka bar. One of those Wonka bars will have a golden ticket in it for a \$25 voucher to shop in the park. At a scavenger hunt for the kids, once they find all 30 items on their list, they will get a Wonka pin. Sunday, February 18, 11am; free. Chula Vista Friendship Park, Fourth Avenue & F Street, (CHULA VISTA)

SPOKEN WORD

Storytelling Dragon Tales Leap into Year of the Dragon with ancient Chinese tales contemporized by membes of Storytellers of San Diego. In Chinese dragon lore, the dragon symbolizes wisdom and growth through rain. Further programs on February 17 and March 23. Saturday, February 17, 2pm; free-\$8. San Diego Chinese Historical Society and Museum, 404 Third Avenue. (DOWNTOWN SAN DIEGO)

SPORTS & FITNESS

Concacaf W Gold Cup Road to be crowned as the first-ever Concacaf W Gold Cup champion is now in place for the 15 participating women's national teams. Prelims are set for February 17, Group Stage begins February 20, and the Final will be played on March 10 at San Diego's Snapdragon Stadium. Wednesday, February 21, 4:30pm and 7:15pm; \$18-\$195. Snapdragon

Stadium, 2101 Stadium Way. (MIS-SION VALLEY)

San Diego Gulls Home Game The San Diego Gulls will host 14 different Western Conference opponents at Pechanga Arena as part of their 2023-24 schedule. Sat-

urday, February 17, 6pm; Pechanga

Arena San Diego, 3500 Sports

Arena Boulevard, (MIDWAY DISTRICT)

San Diego Sockers The 16-time champion San Diego Sockers will host a rival at Pechanga Arena. Thursday, February 15, 7:35pm; Pechanga Arena San Diego, 3500 Sports Arena Boulevard. (MIDWAY DISTRICT)

MOVIES

All reviews are by Scott Marks, Matthew Lickona, Ryan Brothers, and Duncan Shepherd. Priorities are indicated by one to five stars and antipathies by the black spot. Unrated movies are for now unreviewed. Thousands of past reviews are available online at SDReader. com/movies.

American Fiction — Director

Cord Jefferson's adaptation of writer Percival Everett's novel Erasure is not so much a comedy as it is an elaborate joke on the viewer. The marketing, which must be considered here, makes the film look like a savage satire of the publishing industry: the story of a frustrated upper-middleclass Black writer who cranks out a pseudonymous thug life novel as a gag, only to see the industry ignore the joke and embrace it in earnest. Oh ho ho! The poor boobies can't even bring themselves to object when he insists on titling it Fuck — and who could blame them? Do you want to be the white person who tells the Black person that he's not allowed to keep it real? How delicious. But in truth, all that is a subplot, and a carelessly handled one at that; the real story is something much more conventional, much more delicate, and much more emotionally engaging: a mid-life crisis movie about a man dealing with the potent legacy of his dead father, the sad reality of his fading mother, and the affecting complexity of his sibling relationships. All set about as far from the hood as you could imagine - the love interest lives just across from his family's beach house. It's a sign of star Jeffrey Wright's presence and talent that he's able to keep the viewer from noticing the bait-and-switch until the ending, which is likely to feel like a bad Player rip-off to fans of the satire, an emotional middle-finger to fans of the family drama, and maybe, just maybe, a clever tell to those in on the joke. What did you come here looking for, people? (2023) — M.L. ★★ (IN WIDE RELEASE)

Freud's Last Session — A note at the end informs us that near the end of his life — and near the onset of World War II — pioneering psychoanalyst Sigmund Freud was visited by a young Oxford don in his London home. Well, home away from home: he still pines for his beloved Austria, but it's not so good there for Jews at the moment — even, perhaps especially, famous Jews, and especially especially Jews who are famous for rejecting religion and other traditional bases for morality. But back to the



matter at hand: what Matthew Brown's adaptation of Mark St. Germain's play (which is based on Armand Nicholi's book The Question of God) supposes is that the young don was none other than C.S. Lewis, a fairly recent convert to Christianity who lampooned Freud in his update on John Bunvan's The Pilgrim's Progress. Narnia is still a long way off, but the book's allegorical character hints at Lewis' sympathy toward myth, which puts him on common ground with Freud, while its Christian perspective sets him in testy opposition to the cancer-ridden, morphine-sipping, emotionally tyrannical atheist. And yet, despite his frailty and failings, Freud largely gets the better of their various sparring matches, mostly because he seems like more of a person, and has stories to go along with his ideas. (His embittered "Great plan, God," after recounting the death of his wife and child elicits only silence from Lewis, which seems right.) Brown does what he can to keep things from feeling like a filmed play, but he can't do much, and what he does do - flashbacks, dream sequences, a war scene, and a trip to an air raid shelter - isn't always helpful. Anthony Hopkins enjoys himself as the old man, while Matthew Goode seems a bit tentative for a zealous convert. (2024) - M.L. ★ (IN WIDE RELEASE)

THEATER LISTINGS

Theater listings and commentary are by Matthew Lickona unless otherwise noted. Information is accurate according to material given us, but it is always wise to phone the theater for any lastminute changes and to inquire about ticket availability. Many theaters offer discounts to students, senior citizens, and the military. Ask at the box office.

The Age of Innocence

This Globe-commissioned world premiere, based on Edith Wharton's Pulitzer Prize-winning classic, is set in 1870s Gilded Age New York City, where high society clashes with love. When the glamorous Countess Ellen Olenska sweeps into town, she upends the lives of everyone around her, especially the dashing lawyer Newland Archer. This new adaptation for the stage comes from Karen Zacarías (Destiny of Desire, Native Gardens). OLD GLOBE - DONALD & DARLENE SHILEY STAGE, 1363 OLD GLOBE WAY. BALBOA PARK, 7PM THURSDAYS, 8PM FRIDAYS, 2PM & 8PM SATURDAYS, 2PM & 7PM SUNDAYS, 7PM TUESDAYS &WEDNESDAYS

Chapatti

Well now, there's something you don't see every day - or rather, something you would not have seen every day. not too terribly long ago: an Irish play that starts off as dual (but not dull!) quotidian narratives from a depressed dog-lover and a crazy cat lady before shading into what just might be a latein-life romantic encounter, except for the deeply central themes of suicide and adultery. And that's where things, not too terribly long ago, would have gotten religious, what with the Catholic Church's condemnation of both those things, and the Irish tendency to keep the Catholic Church always in the background, if not always front and center. There would have been some comment on the matter from



Chapatti: It's either laugh or cry!

some quarter, even if it were only an anguished cry of "Hang the Church, I'm hangin' meself!" Here, today, the institution doesn't rate a dismissal, nor even a mention. Suicide? Well, consider what might still be worth living for. Adultery? How wonderful that the two of you had the courage to choose love! When all you've got is yourself, then perhaps the self and its satisfactions are all you've got to consult. But what if you've also got a dog? And what if, high principles aside, you're a fundamentally decent soul who's willing to do for someone else? Ah, thereby wags a tail, or some such expression. And it is a tale, a yarn, spun out in lovely he says/she says fashion punctuated by easy slides into conversation between actors Robert May and Grace Delaney. Their characters have been through it. and haven't much time or use for the Big Questions — until the heart starts demanding answers. Heavy stuff, but it doesn't feel that way; there's too much comedy and sweetness in what happens, too much laughter and goodness in their interactions. You leave feeling you have kept company with them — a couple of sympathetic souls for whom you'd like to be able to hold out hope.

SCRIPPS RANCH THEATRE, 9783 AVENUE OF NATIONS, SCRIPPS RANCH, 858-578-7728. 7:30PM FRIDAYS & SATURDAYS.

Clyde's by Lynn Nottage Directed by Delicia Turner Sonnenberg: A truck stop sandwich shop offers its formerly incarcerated kitchen staff a shot at redemption. Even as the shop's callous owner tries to keep them under her thumb, the staff members are given purpose and permission to dream by their shared quest to create the perfect sandwich. Produced in partnership with Center for Employment Opportunities (CEO) San Diego. MOXIE THEATRE, 6663 EL CAJON BL., SUITE N. ROLANDO, 858-598-7620. 7:30PM THURSDAYS, 8PM FRI-DAYS, 8AM SATURDAYS, 2PM SUNDAYS,

Winner of the 2023 Pulitzer Prize, the Obie Award, and the Lucille Lortel Award. In a classroom near Tehran, four adult students prepare for an English proficiency exam. They each have a reason for being there: a chance at opportunity, access, or a new calling. But as they bond over

this new way to express themselves, they also grapple with the lives they must leave behind.

OLD GLOBE - SHERYL & HARVEY WHITE THEATRE, 1363 OLD GLOBE WAY, BALBOA PARK. 619-234-5623. 7PM THURSDAYS, 8PM FRIDAYS, 2PM & 8PM SATURDAYS, 2PM & 7PM SUNDAYS, 7PM TUESDAYS &

Failure: A Love Story

The Theatre School @ North Coast Rep presents the heartbreaking romance, Failure: A Love Story as its next student production! By the end of 1928, all three Fail sisters will be dead expiring in reverse order, youngest to oldest, from blunt object to the head, disappearance, and finally consumption. Tuneful songs, and a whimsical chorus follow the story of Nelly, Jenny June, and Gerty as they live out their lives above the family clock repair shop near the Chicago River, before their time unexpectedly runs out. A magical, musical fable where, in the end, the power of love is far greater than any individual's successes or failures. Director Benjamin Cole. NORTH COAST REPERTORY THEATRE, 987-D LOMAS SANTA FE DR., SOLANA BEACH, 858-481-1055, 10AM & 5:30PM THURSDAY & FRIDAY, 2PM & 5:30PM

SATURDAY, 2PM SUNDAY. Fiddler on the Roof

Set in the little village of Anatevka, the story centers on Tevye, a poor milkman, and his five daughters. With the help of a colorful and tight-knit Jewish community, Tevye tries to protect his daughters and instill them with traditional values in the face of changing social mores and the growing anti-Semitism of Czarist Russia. Rich in historical and ethnic detail, the universal theme of tradition cuts across barriers of race, class, nationality and religion. SAN DIEGO MUSICAL THEATRE,

4650 MERCURY ST., CLAIREMONT. +18585605740. 7PM THURSDAYS & FRIDAYS, 2PM & 7PM SATURDAYS, 2PM SUNDAYS

Fun Home

Storytelling takes center stage to explore the importance of queer narratives, gender identity, and self-discovery. Fun Home follows a woman, Alison, as she delves into her past and seeks to come to terms with the life and legacy of her father (who is exactly the same as her and still so different). This Tony-award-winning

musical invites us as the audience to come to a fuller understanding of the journey of coming out and stepping into yourself. In a harmonious blend of humor and poignancy, FUN HOME serves as a testament to the power of diverse voices and the universal quest for authenticity. Join us for a theatrical experience that celebrates the richness of queer stories and resonates with the profound significance of embracing one's true self. Music by Jeanine Tesori, book and lyrics by Lisa Kron. Based on the graphic novel by Alison Bechdel, directed by Kym Pappas. NEW VILLAGE ARTS THEATRE, 2787

B STATE ST., CARLSBAD. 760-433-3245, 7:30PM THURSDAY & FRIDAY, 2PM & 7:30PM SATURDAY, 2PM WEDNESDAY, FEB. 21

Lady Day at Emerson's Bar & Grill

Great art may be born of personal pain, but most of the time, it needs to be aesthetically transmogrified - stepped back from and reworked just enough to make it resonate with the audience. Most of the time. But every now and then, someone sings their way out of the whorehouse into the history books without changing much of anything. Billie Holiday may have had a smallish voice and a smallish range, but she squeezed a huge amount of feeling out of both, and she was a hell of a lyricist to boot. She may have written "God Bless the Child" with Arthur Herzog, Jr., but it was her experience: an argument with her mother about money. And so: "Mama may have, papa may have, but God bless the child that's got his own. Them that's got shall get, them that's not shall lose, so the bible said and it still is news." It surely helped (her art, anyway) that love done her wrong, that her "first love/worst love" Jimmy Monroe was not only an addict, but an addict who wanted a companion on the journey down. All this is to help explain why Lanie Robertson's play. which lets Karole Foreman spill out Holiday's story in between the songs of a late-career set in Philadelphia, works better than some other jukebox musicals. It all feels so close to the bone, even when she's singing other people's material - even when it's something as seemingly lighthearted as "What a Little Moonlight Can Do." She sings it early on, and it's delightful and optimistic, like "the new Billie" herself, But after a night of drinking, reminiscing, and eventually dancing with her old

devil, she slurs her way back to the tune, and it becomes tragic. What a little moonlight can do to you, indeed. CYGNET THEATRE, 4040 TWIGGS ST., OLD TOWN 619-337-1525 7PM THURSDAYS FRIDAYS, & SATURDAYS, 2PM SUNDAYS,

Neil Simon's Plaza Suite

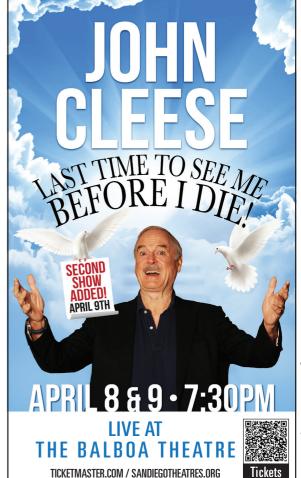
Hilarity abounds in this portrait of three couples successively occupying a suite at The Plaza. A suburban couple take the suite while their house is being painted and it turns out to be the one in which they honeymooned 23 (or was it 24?) years before and was vesterday the anniversary, or is it today? This wry tale of marriage in tatters is followed by the exploits of a Hollywood producer who, after three marriages, is looking for fresh fields. He calls a childhood sweetheart, now a suburban housewife, for a little sexual diversion. Over the years she has idolized him from afar and is now more than the match he bargained for. The last couple is a mother and father fighting about the best way to get their daughter out of the bathroom and down to the ballroom where guests await her or as Mother vells. "I want you to come out of that bathroom and get married!' STAR THEATRE 402 N COAST HWY OCEANSIDE 760-721-9983 7:30PM FRIDAY & SATURDAY, 2PM SUNDAY,

Outside Mullingar

John Patrick Shanley's rural Irish romcom sneaks up you, firstly by being more com than rom - no, scratch that, firstly by being more dramedy than - no, scratch that, firstly by being a proper bit of Irish black comedy. You'll have to forgive the backtracking; the final scene is a long, long way from the first, which gives us an old man and his son, returning from the funeral of another old man

who went to war with God after his baby boy died without the grace of baptism. Sorry - went to war with the crows, blasting holes in the sky with his shotgun. These are good Catholic folk, who don't easily make direct war on the divine. On their nearest and dearest, however... So right away, Da is telling his boy that he takes too much after his dead mother, and so he's not sure about leaving him the family farm, and besides, said family farm is missing a crucial bit of land right up front, which belonged to the recently deceased and has now passed to his daughter, which daughter has hated our boy ever since he pushed her to the ground when they were kids. So yeah, there's your glimmer of rom on the horizon, but it takes its sweet time in arriving. The good news is that the time is sweet: nobody here hates anyone else, mind you, and they manage to be fastly funny in the face of awful tidings, and lovelily lyrical about the land that sustains them, in proper Irish fashion. More people die, life slips by, and finally, after a lot of nonsense involving a metal detector, boy and girl sit down to share a beer in a farmhouse kitchen and have it out. (When she asks if he's noticed she's a woman, he shushes her, "I see you in church!") It surely helps that our lead couple - and the old-timers who support them — are deeply familiar with one another; Lamb's calls them "two of the region's leading theater couples." Even when they're fighting, they're having fun up there. And about that long, long way: if the first scene inspires a wincing sort of smile, the final one is all head-shaking grins. LAMB'S PLAYERS THEATRE, 1142 ORANGE AVE., CORONADO, 619-437-

0600. 7PM FRIDAYS & SATURDAYS, 2PM



San Diego *Reader* February 15, 2024

Reggae's local roots

Why is San Diego suddenly the main source for island and reggae music at so many music festivals, both nationwide and worldwide? "I'd say San Diego has had reggae roots for a long time now," suggests local reggae artist KBong, who's appearing twice — under his own name

resembles that remark. "I grew up in Hawaii and moved to San Diego in 2004. I've lived in San Diego longer than anywhere else at this point. It's home, and

Boostive sprouted closer to home: founding members Komo, Dylan Webber, and Nathan Kocivar grew up in Ocean Beach, sparking up



Boostive: a diverse bunch united by the power of the music.

with Johnny Cosmic, and as part of the Stick Figure band — at this weekend's Cali Fest, happening in Long Beach February 16-18. (They'll be joined by five other San Diego acts.) "With the American reggae scene becoming more popular, it's only right that San Diego is part of the conversation."

Bassist/producer Seiji Komo from local band Boostive, also playing Cali Fest, takes a broader perspective. "Southern California in general has always had a pretty big interest. Reggae music, particularly dub-reggae, laid a foundation for so many genres, from hip-hop to EDM. They each took sensibilities and techniques from the reggae genre." The style, according to Komo, "makes you feel good and has a positive message. I think that is the main reason why the genre is so loved down here. Also, a bunch of artists from the islands moved out to San Diego and Southern California, so that is definitely a huge part of it. The Polynesian community shows mad support for the reggae scene."

Stick Figure rep KBong

music at Correia Middle School. Komo recalls that "Dylan, Nathan and I, we would surf in the morning, eat Nico's California Burritos, and then go to Spotless Studio in Ocean Beach. The uncle of a friend of ours owned it, and would let us go into the practice rooms and bang on stuff. I can remember DJ Green T banging on a paint bucket for percussion when the drums weren't available."

On the subject of influences: KBong heard plenty of punk and hip-hop as a kid. He also absorbed SD-area bands such as Blink 182, Unwritten Law, and Buck-O-Nine. But reggae won out in the end. "I was drawn to the rhythm, the vocal melodies, the bass lines, and let's be honest, Bob Marley. Once I discovered his music, everything changed. The first Bob Marley song I ever heard was a live version of 'No Woman, No Cry.' After that I was hooked."

Back to Boostive: "Honestly, I did not think I'd ever be the lead singer of a reggae band," recalls Boostive singer Divina Jasso, who grew up on Destiny's Child, Missy Elliott, Sade,

Lauryn Hill, and Aaliyah. "But I absolutely love it. To me, reggae is such a blend of soul and jazz, as well as a movement that goes hand-in-hand with every genre I've ever loved."

"San Diego's reggae scene has always been super dynamic, and has had lots of great talent over the years," relates KBong. "Before I started playing, I was going to see bands like The Devastators, Elijah Emanuel, and Stranger. We'd sometimes adventure to Tijuana for reggae shows. There's a lot of culture and authenticity in the artists that represent SD. Slightly Stoopid, Tribal Seeds and Stick Figure" — all appearing at Cali Fest — "are some great bands currently putting San Diego on the map. I see a lot of support between the bands. Honestly, you just have to. There's no other way. Our scene is homegrown and laid back. It's rooted in our love for the lifestyle we live here"

Adds Divina Jasso, "To me, I feel like everyone big ups and really shows up for each other. Feels like we all just wanna be a part of each other's shit and do shit together."

It's true that lot of local reggae comes from white males; that's simply statistics. But Boostive brass player Wesley Etienne notes, "Our band currently has members of Chilean, African, Japanese, Haitian, Aztec, Mexican, Puerto Rican, Korean, and European descent. As a unit, we've learned that despite our physical differences, reggae music has the power to unite and bring communities together. Reggae music has never been about being black or white, but about coming together as a community to overcome struggles."

"I don't hear any musical differences in bands because of ethnicity," muses KBong. "I hear differences related to lyrical themes, vocal tones, personalities of the players, and more. I try to be as authentic as possible when creating music. I believe that's what reggae is. It's freedom to be yourself. It's happiness."

— Dryw Keltz

Find Blurt online at SDReader.com/blurt

CONTRIBUTORS

Robert Bush, Andrew Hamlin, Dryw Keltz, Jay Allen Sanford, Spike Steffenhagen

You can submit a listing, download mp3, watch videos, subscribe to event alerts, get directions, and find more information about these shows online at SDReader.com/music.

THIS WEEK'S **SHOWS**

Amalfi Marina Bar:

Friday, 6pm — Blame Betty.

Aquarius Bar & Grille:

Friday, 5pm — Santana Soul. \$5. Saturday, 12pm — The Water Spots. Free.

Balboa Theatre:

Friday, 8pm — Bee Gees Gold: The Tribute. \$48-\$82. Sunday, 7:30pm — Yuri: Euforia

Barefoot Bar and Grill:

Saturday, 6pm — Andrew Peña.

Bellamy's Restaurant:

Thursday, 6pm — Jake Taylor

Belly Up Tavern: *Thursday*, 7:30pm — Ottmar Liebert & Luna Negra. Friday, 8pm — Kitchen Dwellers. \$22-\$39.

Saturday, 7:30pm — Steve Poltz 15th Annual 50th Birthday Bash. \$41-\$72.

Sunday, 7:30pm - Foghat. \$55-

Tuesday, 7:30pm — Petey.

Books & Records: Friday, 7pm — Gypsy Sally. Free. Saturday, 7pm — Sue Palmer.

Brick Hotel:

Saturday, 8pm — Red & Ted.

Brick by Brick:

Thursday, 8pm — Fugitive and Diztort. \$20. Monday, 7:30pm — Caligula's Horse and Earthside. \$20-\$30.

Thursday, 5pm — Mike Myrdal.

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Casbah:

Thursday, 7:30pm — The Slashes and Rosa Rossa, \$10. Friday, 9pm — Emo Nite. \$21. Saturday, 7:30pm — Little Hurricane. \$22. Sunday, 9pm — Heartbreakers Ball. \$10. Monday, 7:30pm - Steve, Poser Corpse, Dirty Laundry. \$8. Tuesday, 7:30pm - Grady Spencer & the Work. \$17-\$20. Wednesday, 7:30pm — Jeremie Albino, \$17.

Duck Foot Brewing Company:

Thursday, 6:30pm - Dead Heads Night. Free. Saturday, 7pm — The Gravities.

Tuesday, 6:30pm — Blues & Jazz Organ Jam. Free.

Duke's La Jolla:

Friday, 3pm — Russell Paihinui. Sunday, 4pm — Keni Yarbro.

Encinitas Library:

Saturday, 11am — Hullabaloo.

Estancia La Jolla Hotel and

Friday, 6pm — Jesse Johnson.

F6ix Niteclub:

Friday, 9pm — DB.Boutabag.

Golden Island:

Friday, 6pm — Amanda Portela.

Harrah's Resort Southern California:

Friday, 8pm — Pedro Fernández. Saturday, 8pm — Colter Wall.

Holding Company:

Sunday, 6:45pm — Killah Priest & Papa Chief. \$15. **House of Blues:**

Thursday, 7:30pm — Bratty. \$27. Friday, 7:30pm — Archer Oh. \$15.

Friday, 7:30pm — Daniel - Me Estas Matando, \$35-\$150. Saturday, 8pm — Electric Feels. Sunday, 8pm — Skilla Baby. \$47-\$82.

Wednesday, 7:30pm -

Sunday, 3pm — Prom Night

Kxllswxtch and Savage Ga\$p.

Theme Party. Free.

L'Auberge Del Mar: Thursday, 5pm — David Shyde. Friday, 7pm — Marelle. Saturday, 7pm — Farrah Camu. Wednesday, 5pm - Helena

Friday, 10am — Hullabaloo. Free.

Saturday, 6pm — Blame Betty.

La Valencia Hotel:

Thursday, 5:30pm — Jemille

Friday, 6pm — Keni Yarbro. Saturday, 6pm - Helena

Magnolia Performing Arts

Friday, 7:30pm — Bronco & Liberacion En Concierto. \$77-

Saturday, 7:30pm — Abbey Road and Jumping Jack Flash. \$27-\$78. Sunday, 7:30pm — Raffi. Wednesday, 7:30pm — The Black Jacket Symphony. \$35-\$51.

Saturday, 5pm — Rachel Jay. Monday, 5pm — Freddie Walton. Tuesday, 5pm — Puro Feeling.

Friday, 9pm — 2Lil2Late. Saturday, 9pm — Custard Pie.



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Kraken:

La Jolla Riford Library:

La Mesa Wine Works:

Holleran. Saturday, 11am — Tyler F.

Center:

\$374.

Malcolm X Library: Wednesday, 11am — Hullabaloo.

Mission Bay Resort: Thursday, 5pm — Keni Yarbro. Friday, 5pm — Christian Taylor.

Mr. Peabody's Bar & Grill:

Music Box:

Thursday, 7:30pm - Baby Bushka. Friday, 8pm — Futurebirds and The Nude Party. \$25. Saturday, 7:30pm Reggaetonlandia. \$20-\$140.



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BABY BUSHKA at the Casbah

FEB 15



Tribute bands tend to pay homage to long-gone acts, rather than still-extant groups who might compete for ticket sales, but British singer-songwriter Kate Bush performs so rarely that few are likely to have caught her in concert. More's the pity, since Bush's operatic brand of theatrical prog-pop is so well suited for stage presentations, something that's not news to the members of local all-star Kate Bush tribute Baby Bushka.

PEACHY SAN DIEGO at Soma

FEB 17



Tour Peachy teams up with Postmark Records to present Peachy San Diego in the Midway District. The bill includes local lo-fi star Wavves, aka former Music Trader store manager Nathan Williams, along with Destroy Boys, Frankie and the Witch Fingers, Sextile, Zulu, Glare, Hockey Dad, Spy, Mind's Eye, Alternative Citizen, Blank Space, Donna Drive, and Dolphins On Acid.

UNWRITTEN LAW at Observatory North Park

FEB 17



Unwritten Law formed in Poway in 1990, with their 2005 album Here's to the Mourning debuting at number 51 on Billboard's Top 200 chart, the band's highest debut to date. Not long ago, they released a short-film consisting of two music videos for the tracks "Magnetic" and "The Hum," off their seventh studio album The Hum, their first new full-length in ten years. The bill includes Agent 51 and Urethane.

STEVE POLTZ 15TH ANNUAL 50TH BIRTHDAY BASH at Belly Up

FEB 17



Steve Poltz is probably best known for his stint with the Rugburns, of "Hitchhiker Joe" fame, and for recording two albums with Glenn Tilbrook of Squeeze. His Taylor 510, manufactured locally, has its own claim to fame as the guitar he used to write "You Were Meant For Me," which became a hit for fellow local Jewel. Poltz will celebrate his 50th birthday for the 15th time by welcoming a guest player Jay Cobb Anderson of the band Fruition to the Solana Beach stage.

JASON MRAZ FOUNDATION: KALEIDOSCOPE

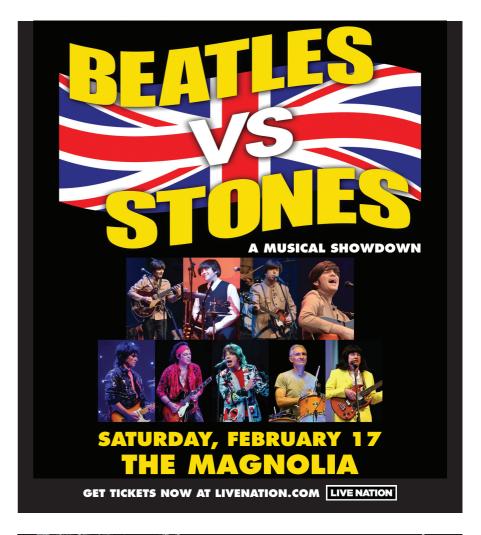
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MON. FEB. 19

CALIGULA'S

HORSE

SAT. FEB. 24

SUN. FEB. 25

VADER

Origin, Inhuman Condition, Mythraeum

SAT. MAR. 9

WACKEN METAL BATTLE

California Villain.

Cascade Effect, Faerie Qveene,

Maskeratt, Woods Witch,

Cranial Detriment

FRI. MAR. 1

THE OCEAN
The World Is A Beautiful
Place & I Am No Longer Afraid To Die, Shy, Low

FRI. MAR. 8

WACKEN METAL BATTLE

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Royalty returns

Prince Again at The Magnolia

It had been decided: we had to steal a car. I was 15 years old, and therefore without a driver's license. It did not matter. Megadeth was playing in Minneapolis. Two high school homies and I ditched school and made off with my sister's Pontiac Grand Am. No cellphones or any way to be tracked, just future repercussions we'd deal with later. This was some *Detroit Rock City* shit.

What does this have to do with Prince?
Well, I'm sure most folks know that he was
Minneapolis's crowned amethyst. Even though
we were going to see Megadeth, we knew we
were headed for Prince territory. But inevitably,
following a two-hour drive through upperMidwest farmlands, we got lost for a couple
hours while looking for the venue in the Twin
Cities. Who knows? We may have even driven
by Paisley Park a few times without realizing
it. The point is, we didn't see Megadeth, and
what's more, I never did get to see Prince. So

when the tribute band Prince Again came to The Magnolia in El Cajon, there wasn't much that could hold me back.

Down the street from the venue, I heard Creative Creature Brewing Co. inviting me in for some beer and pizza. I decided to sit at the bar. Nobody else sat at the bar. The stocky bartender told me the small pizza would feed two to three adults. I took that as a challenge. Thirty minutes later, two empty blonde ales and a scattering of pizza crumbs testified that I'd won the contest, about which the bartender knew nothing. My prize: a \$50 bar tab and a smell ya later.

Walking down a sidestreet on my way to the show, I watched a tow truck quickly snatch up a Tesla. No Parking signs were posted all over the next door Courtyard's parking lot, but I guess some people thought they were bluffing. Got 'em. Pro tip: park in the Ross parking lot a block away during a busy concert night. You should be safe there.

While in line at the booze stand, I looked at the diverse crowd mingling about. Young or old, the purple threads were on display. As I neared the front to order a drink, I heard a woman ask the bartender his name. "You're



The man in purple took my request for "Little Red Corvette."

going to think I'm bullshitting you," he said.
"It's Thurston." A bartender named Thurston?
Get the fuck out of here. "You, my friend, are proof that we're living in a simulation," I blurted out. Then I had him mix me a Purple Rain margarita. It was purple. It had glitter mixed in it. It was twenty-two bucks. It was fabulous. Cheers, Thurston.

Armed with my glittery margarita, I found my seat in the far back row. There was a fine line between the last row and the VIP seats, and I toed it with sparkling grace. I'm not sure what the difference was, besides the drink and food perks of VIP. In my last-row seat, I was nestled

between a nice woman who looked like Tom Petty, and an older gentleman who could've easily passed for Kurt Vonnegut. Was this an afterlife concert? It must have been something like that, because even Whitney, a Whitney Houston tribute band, was there, belting out some old heaters. The next thing I knew, I was getting down to "I'm Every Woman" while clutching a box of popcorn under my armpit. What was happening? It must have been the glittery margarita making me feel and act so god-damned sassy.

The highlight of the Prince Again set (for me) was when the tribute Prince asked the crowd for requests. "This man has five days of material if you just push play. He was a true artist." A shout here. A squawk there. Then I yelled out from the cheap seats, "Little Red Corvette!" In a moment, the house went dark; then a red glow brightened the stage. The synthesizers started, and the call had been answered. I noticed some seats near the front that had been abandoned, and slithered my way up to them.

I posted up behind a young blonde woman wearing a raspberry beret. "Did you get it in a second hand store?" I asked. "The band gave it to me after a show one night," she said. She and her mother had been following them around to their past five shows, she said. Then, after the huge golden curtain came down, I watched the mother/daughter duo slide through a door a roadie had opened. Sinners.

Find The Gonzo Report online at sandiegoreader.com/gonzo

Monday, 7:30pm — Helado Negro. \$25-\$21. Wednesday, 7:30pm — Adrian Marcel & CRSB. \$25.

My Yard Live:

Sunday, 12pm — Mardi Gras. Free.

Nate's Garden Grill:

Saturday, 12pm — Tinkersmith.

Navajo Live:

Friday, 8:30pm — Daring Greatly. \$10-\$15. Saturday, 8pm — 858 Rocks. \$8-\$10. Sunday, 7:30pm — Tristan Brooks, Vanouhi, Rose Thorne. \$5-\$7. Monday, 7:30pm — Metal Monday, \$6. Wednesday, 7:30pm — Tacron John Band. \$5.

Nick & G's:

Saturday, 6pm — David Shyde.

Nova SD:

Saturday, 8pm — KSHMR.

Observatory North Park:

Thursday, 7:30pm — Porno For Pyros. \$86. Friday, 7:30pm — Brooks Nielsen. \$47. Saturday, 7:30pm — Unwritten Sunday, 6:30pm — Foxing & The Hotelier. \$25-\$45.

Old Town Temecula

Community Theater: Thursday, 7:30pm — Living Love Led. Friday, 7:30pm — Scot Bruce's Tribute To Elvis: The Early Years. Saturday, 7:30pm — Amor

Saturday, 7:30pm — Amor Prohibido: Tribute to Selena. Sunday, 7:30pm — The Tim McGraw Tribute Show.

Pechanga Arena San Diego: *Friday*, 7pm — Valentine's Super Love Jam. \$45-\$155.

Pilgrim United Church of Christ:

Sunday, 4pm — Dirty Cello. \$17-\$20.

Pour House:

Friday, 7:30pm — Unnatural Numbers.

Poway Center for the Performing Arts:

Sunday, 7pm — The Ten Tenors.

Pure Project Vista: Saturday, 7pm — Saturday

Saturday, 7pm — Saturday Sessions: J. Ezra. **Free**.

Riviera Supper Club & Turquoise Room:

Thursday, 7pm — JiveChops. **Free**.

Rustic Root:

Tuesday, 6pm — David Shyde.

San Diego Civic Theatre:

Thursday, 7:30pm, Friday, 8pm, Saturday, 2pm & 8pm, Sunday, 1pm & 6:30pm — Chicago. \$65-\$110.

Soda Bar:

Thursday, 7:30pm — Tunnel Vision. \$19. Friday, 7:30pm — Poison Ruïn. \$19.

Saturday, 9pm — Club Blush. Sunday, 7:30pm — Tropa Magica and Los Blenders. \$29. Monday, 7pm — K St. Flood Benefit. \$12.

Tuesday, 7:30pm — San Pedro El Cortez. \$9.

Wednesday, 7:30pm — Levitation Room and Boogarins. \$24.

Soma:

Thursday, 5:30pm — Gideon and Left to Suffer. \$20. Friday, 7pm — El Tri. \$65. Saturday, 7pm — Peachy San Diego. \$50. Wednesday, 7:30pm —

Sound:

Beartooth. \$34.

Saturday, 7:30pm, Sunday, 8pm — Ween. \$134-\$173.

Sycuan Live & Up Close Theatre:

Friday, 8pm — Taylor Dayne and Jennifer Paige. \$69-\$79.

Tuesday, 11am — Hullabaloo.

Tierrasanta Library:

Topside Terrace Kitchen & Bar:

Friday, 6pm — DJ Jenny Pocket. Free. Sunday, 11am — Josie LaValle. Free.

Wednesday, 6pm — Jonesy Jones.

Viejas Arena:

Sunday, 7:30pm — Banda MS.

Whistle Stop Bar:

Thursday, 7:30pm — Faetooth and Well Hell and Pire.

Winstons Beach Club:

Friday, 7:30pm — The Almas and Door 13. Saturday, 8:30pm — Emo Kids: A Live Tribute to Emo. Saturday, 4pm — Frequency 1 and Cosmic Strife. Free.

UPCOMING SHOWS

1t Street Bar:

February 22 — Jessie Lark and Sara Jade & The Jade Theory

Balboa Theatre:

February 25 — Brian Culbertson

Bellamy's Restaurant:

February 22 — Jake Taylor Smith

Belly Up Tavern:

February 22 — Orianthi February 23 — Pine Mountain Logs

February 24 — Ty Segall February 25 — Country Music Icons: Honky Tonk Eras

Black Cat Bar:

February 23 — Hi-Five Ghost and Alvino & the Dwells

Books & Records:

February 23 — The Garners February 24 — Kaylee Daugherty

Brick by Brick:

February 22 — Koffin Kats and Hans Gruber & the Die Hards February 23 — Crypta and Contortion February 24 — Decibel Tour

February 25 — Vader, Origin,

Inhuman Condition

Cannonball: February 22 — Jemille Vialet

The Casbah:

February 22 — Headphone and Coastal Wolves February 23 — Husbands

College-Rolando Library: February 23 — Hullabaloo

Conrad Prebys Performing Arts Center: February 23, February 23 —

Ambrose Akinmusire Quintet

Duke's La Jolla:

February 23 — Anthony Kauka Stanley February 25 — Keni Yarbro

Eliiah's Restaurant & Delicatessen:

February 24 — Garza Quartet

Epstein Family Amphitheater:

February 22 — The Greatest Love of All

Estancia La Jolla Hotel and

February 24 — David Shyde

First Unitarian Universalist Church of San Diego, Hillcrest:

February 24 — Soprano Tamara Haskin: Transformation

Golden Island:

February 23 — Irving Flores Latin Jazz Ouartet

Greenfield Middle School:

February 24 — Staump Music School Winter Concert

The Holding Company: February 23 — Bubba Sparxxx

House of Blues:

February 22 — Gold Necklace February 23 — Briscoe

February 23 — Mike Sherm February 24 — Cooper Alan February 24 — Snotty Nose Rez

Kids February 25 — Shotgun Willy

February 25 — Marky Ramone, D.I., and Jerk

Jacobs Music Center/Copley Symphony Hall:

February 24, February 25 — SD Symphony Jacobs Masterworks: Shaham Plays Bates

L'Auberge Del Mar:

February 22 — OttoPilot February 23 — Jarred Matthew

La Jolla Community Center:

February 23 — Angie Wells

La Valencia Hotel:

February 22 — Johnny Martin February 23 — Keni Yarbro February 24 — Perry O'Neal

The Magnolia Performing **Arts Center:**

February 25 — Juanes

Mira Mesa Library: February 22 — Hullabaloo

Mission Bay Resort:

February 22 — Keni Yarbro February 24 — Johnny Martin

Mr. Peabody's Bar & Grill: February 24 — Sonic Tonic

Music Box:

February 22 - Sonido Condor and BXS Bryndis February 23 — Collie Buddz and Kash'd Out February 24 — Talk February 25 — Never Die Young

and Tapestry Navajo Live:

February 23 — Pacific Fury, Alibis, Superweapon

IMMORTAL BEAUTY

BY GARRETT HARRIS

A confused Don Giovannistill offers consolations

The San Diego Opera's performance of Mozart's Don Giovanni on Sunday, February 4 was good, overall. It definitely wasn't bad, but it also wasn't great. It was good. The singing was good to pretty good. None of it was bad and some of it was great. The production was not good, and some of it was awful.

In the title role, baritone Germán E Alcántara was good, but didn't quite have the vocal maturity to pull off the role. I would imagine that 10 years hence, Mr. Alcántara could present a formidable Giovanni. At times in this performance, he resorted to dramatic shouting, which could have been effective.

The role of Giovanni's partner in crime, Leporello, was performed by baritone Ethan Vincent. Mr. Vincent was the most accomplished

singer in the cast. When he came on stage at the start of the show, bari-hunk arms on display, he smashed a beer can and tossed it off stage. This was to be a more menacing Leporello, and I quite liked that. However, the menace soon decayed. The character wasn't helped by the use of a random sniveling tone that was supposed to be comical. However, Mr. Vincent does have a refined baritone voice that was present and consistent.

Mezzo-soprano Megan Moore was good in the role of Donna Elvira, the long-suffering jilted lover of Giovanni. Her singing was pretty, but lacked some of the fire I associate with the role. An emerging artist, she promises to be a singer to keep an eye on. In the role of Donna Anna, Tasha Koontz was excellent. Her voice filled

the cavernous Civic Theatre but remained beautiful. She executed some impressive messa di voce effects that helped to highlight the character's sweetness. Yet, when the time was right, she presented the refined steel of a character set upon vengeance.

The most impressive singer was tenor Alex McKissick. His tone was even from top to bottom. He has taken the time and put in the effort to create depth in his singing, and his two arias were spectacular testaments to his vocal abilities.

As for the production: an opera production needs to make a choice. Is it going to be representational or abstract? It can be one or the other, but not both — unless a confused mess is the goal. This Don Giovanni switched between the two from scene



Representational or abstract? You must choose!

to scene, and sometimes midscene. The main production elements were stock images and video projected on a screen that was miles upstage and looked as if it had been designed for a space half the size of the Civic. Between the singers and the screen was conductor Yves Abel and the orchestra. Both were excellent. The issue was that the singers were downstage of the conductor and could see him only via video monitors. The ensemble at the end of Act I suffered from not having direct contact with

the conductor.

The final scene replaced the food from dinner with Scarface-style piles of cocaine. Cocaine had made a brief appearance earlier in the show when Leporello took a bump, but suddenly, Giovanni went full-on snowman. This would have made sense if Giovanni and Leporello had been dealing for the entirety of the show, but they had not. I have no problem with Giovanni getting down with that zaza, but it can't just appear out of nowhere.

Classical Music this week

A Celebration of New Year and Spring The Greater San Diego Music Coterie, directed by Dr. Angela Yeung, presents its first concert for the sping season, featuring the Greater San Diego Chamber Orchestra and soprano Emily Ortlieb. Program includes the Spring Festival Overture by Chinese composer Li Huanzhi's, Bells of Spring by San Diego composer Adam Tedeschi, and arias and art songs by Rossini, Donizetti, and Faure. Sunday, February 18, 2:30pm; free. All Saints'

Episcopal Church Hillcrest, 625

Clarice & Sergio Assad

"Brazil's First Family of Music" may be best-known to American listeners via the astonishing guitar duo of Sérgio and Odair Assad. By way of standout recordings for Nonesuch and Sony Classical-including collaborations with violinist Nadia Salerno-Sonnenberg and cellist Yo-Yo Ma—the Assad Brothers have become one of the preeminent guitar duos of our time Friday, February 16, 6pm and 8:30pm; \$68-\$83. Conrad Prebys Performing Arts Center, 7600 Fav Avenue.

Miró Quartet In their 2023-24 season, the Miró Quartet embarks on a new performance and recording project with pianist Lara Downes. Here on Earth features musical depictions of planet earth, its evolution, and the lives of its inhabitants, with works spanning a century of cultural shift that begins with Darius Milhaud's La Création du Monde, performed in a new arrangement for piano and string quartet, Saturday, February 17, 7:30pm; \$46-\$83. Conrad Prebys Performing Arts Center, 7600 Fay Avenue.

SD Symphony Jacobs Masterworks: Ravel,

Debussy & Ortiz Friday, February 16, 8pm; Saturday, February 17, 8pm; Jacobs Music Center/Copley Symphony Hall, 750 B Street.

The Ten Tenors Australia's The Ten Tenors celebrate their greatest hits in this show featuring the most requested songs the Tenors have performed across their 28 year history, the best from the world of opera, pop and rock music. Sunday, February 18, 7pm; Poway Center for the Performing Arts, 15498

Espola Road.

Tian Ying Since receiving a top prize at the 1989 Van Cliburn International Piano Competition, Ying has performed at some of the most prestigious concert halls in the U.S. and abroad. To mark his 20th year at the University of Miami, Ying presents Chopin's Nocturnes, Scherzo, Mazurkas, Fantasie, Polonaise, Impromptu, and Sonata No. 3. Arts Building In Room 111 Saturday, February 17, 7pm; **free**-\$5. CSÚ San Marcos, 333 S. Twin Oaks Valley

See more CLASSICAL MUSIC at SDReader.com/classical

February 24 — Fleetwood Max February 25 — Austin Martin & The Herd

Pennsylvania Avenue.

Nick & G's:

February 23 — Matt Heinecke

Observatory North Park:

February 24 — Magic City Hippies February 25 — Cory Wong

Old Town Temecula Community Theater:

February 24 — Strange Days Doors Tribute February 25 — Speakeasy at The Merc

Panama 66:

February 22 — Uptown Rhythm

Parg Restaurant:

February 24 — Wiz Khalifa

Pure Project Vista:

February 24 — Saturday Sessions: Doug Schmude

Sally's Fish House & Bar:

February 24 — Seaside Sounds Featuring Proximo Spirits

San Diego Botanic Garden:

February 24 — Hullabaloo's 20th Anniversary Concert

San Diego Civic Theatre:

February 24 — Spring Sing 2024: Big Cities February 25 — Jacobs Masterworks: Pines Of Rome, Bolero & Bates

Soda Bar:

February 22 — Levitation Room and Boogarins February 23 — Strokes Nite VI February 24 — Deceits and Corbeau Hangs February 25 — Strawberry Fuzz

and Niis Soma:

February 22 — Chappel Roan February 23 — Alkaline Trio February 24 — William Black and Grabbitz

Sycuan Live & Up Close Theatre:

February 24 — Australian Bee

Templar's Hall at Old Poway

February 23 — Deidre McCalla and Kevin Roth

Viejas Arena:

February 24 — Morat

Winstons Beach Club:

February 23 — Easy Wind February 24 — The Funk All

February 24 — Stinkfoot

Orchestra: Frank Zappa Tribute February 25 — OB-oke Karaoke

WorldBeat Cultural Center: February 24 — Tribute to the Reggae Legends

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HAPPY HOUR

find more information about these establishments online at SDReader.com/drinks

ALLIED GARDENS

McGregor's Grill and Ale **House:** *Monday, Thursday-Friday,* 4-6pm: \$1 off all pints, wells, house wines, \$5 off half gallon pitchers. Tuesday, 4-6pm: \$1 off all pints, wells, house wines, \$5 off half gallon pitchers, \$5 Pacifico pints and Margaritas. Wednesday, 4-6pm: \$1 off all pints, wells, house wines, \$5 off half gallon pitchers, \$5 whiskey cocktails and shots, half price bottles of wine.

BANKERS HILL

Barrio Star: Monday, Wednesday-Sunday, 3-5pm: \$6.50 beer and wine. \$8.50 margarita, Sangria, michelada, \$18 margarita flight. \$5 a la carte tacos. Tuesday, 3-close: \$6.50 beer and wine. \$8.50 margarita, Sangria, michelada, \$18 margarita flight. \$5 a

BAY PARK

Off Shore Tavern: Monday-Friday, 3-6pm: All beer \$1 off, \$4 house wine, \$4.25 well drinks, Saturday, 9pm-close: All beer \$1 off, \$4 house wine, \$4.25 well drinks.

CARDIFF-BY-THE-SEA

Tower 13: Tuesday-Friday, 3-6pm: \$3 Tower Blonde, Tower IPA, Calidad Mexican Lager, \$5 house margaritas and house wines, \$7 La Marca Prosecco Splits and food specials.

CARLSBAD

Giaola Italian Kitchen: Daily, 3-6pm: \$2 off craft cocktails, \$6 draft beers, \$7 select wines, \$10 spritzes. \$5 eggplant caponata crostini, \$7 house-made focaccia, \$7 parmesantruffle potato chips.

CHULA VISTA

Vogue Tavern: Monday-Friday, 3-5pm: \$5 all draft beer pints, well cocktails, Patron shots, micheladas, Jameson shots, burgers, kielbasa sandwiches, Sunday, 9-11pm; \$5 all draft beer pints, well cocktails, Patron shots, micheladas, Jameson shots, burgers, kielbasa sandwiches.

BOOZE NEWS

A worthwhile GOAL

"The Bistro's competition is the oldest and one of the most respected IPA competitions in California," says Derek Gallanosa. Head Brewer at GOAL. Brewing. "I first learned about it when another San Diego brewer medaled at the competition about eight years ago. The high amount of recognition he received from both the public and fellow brewers got me curious to look into the details of the competition and how to join. Basically, you have to be vetted into the limited field by other brewers and/or industry folks." The Hayward, CA competition featured more than 70 IPAs, so medaling was no small feat.

Gallanosa continues, "I first

tition almost four years ago when I was the Head Brewer of Moksa Brewing Co. in Northern California. We actually won the competition in 2021, receiving Gold for a West Coast Double IPA. When I moved back home in 2023, I reached out to the organizer about including GOAL. Brewing in the com-

entered the compe-

petition. Luckily, he accepted my proposal and my WC IPA called Salzburg Red won the silver medal."

The award-winning ale is a 6.7% ABV West Coast IPA brewed with Mosaic, Cryo, and Centennial hops, which impart an aroma of grapefruit, pine, and overall dankness. It also boasts a bigger body than many other IPAs, allowing the taste to linger awhile on the palate. But despite its name, Salzburg Red is very pale in color; all of GOAL's West Coast IPAs are named after

Those wanting to taste the beer might want to





Salzburg Red takes silver

act quickly. Gallanosa expounds, "I designed this beer with a specific hop varietal from a specific farm (Crosby). They grow, by far, the best Centennial available on the market, in my opinion. Unfortunately, due to weather this past summer in the Pacific Northwest, the 2023 harvest from that farm didn't produce enough yield to sell. Luckily, I was able to secure just enough to make another (larger) batch that will be available in our taproom this February."

In addition to West Coast IPAs, GOAL, offers a wide range of beer styles, from lagers to hazy IPAs, fruited sours, and dessert stouts. Or, as Gallanosa puts it, "Pretty much the most popular styles, but with an emphasis on precision and quality."

The freedom to go to a brewery or tap room with some friends and enjoy a pint or two together is not something the brewery takes lightly. This becomes clear when Gallanosa talks about its origins. "GOAL. Brewing is an acronym for 'Get Out and Live.' This

business spawned out of the pandemic, and is the brainchild of our owner, Jayson Pizarro. During that time, many places that people would normally frequent were closed off to visitors. We had to be creative, think about other ways to entertain ourselves, and break away from our normal rotations. We had to see what else was out there in the world. We had to get out and live."

> For more craft booze news, see sandiegoreader.com/news/booze-news

CITY HEIGHTS

The Tower Bar: Daily, 4-7pm: \$1 off all drafts and wells

CLAIREMONT

Vinva: vino + vinvasa: Daily. 4-6pm: \$6 pints, \$8 house wines, \$10

CORONADO

Islander: Monday-Friday, 3-6pm: \$4 Pacifico, \$6 craft drafts, \$7 select wine by the glass, \$8 mai tais and margaritas. \$4 and \$7 and \$10 tacos, \$8 volcano fries and West Pac eggrolls, \$12 Kalua pork sandwich, \$15 Islander fish sandwich.

The Goat: Daily, 7-9 pm \$3 beer, \$2 tacos, \$3 off all menu items

DOWNTOWN SAN DIEGO

Madam Bonnie's: Tuesday. 4:30- 6:30pm; \$5 Madam Bonnie's Blonde Ale and 13th Step Shot, \$6 house wine, \$12 signature cocktails. \$10 two rotisserie tacos and a beer. Wednesday, All Day: One third off all wine bottles, \$20 flight of three wine barrel finished whiskeys. \$10 whiskey barrel aged wine by the glass. \$15 chef's cheese plate. Thursday-Saturday, 4:30-6:30pm:

\$5 Madam Bonnie's Blonde Ale and 13th Step Shot, \$6 house wine, \$12 signature cocktails. Sunday, Surf and Turf Special: \$75 three course dinner for two with a bottle of house wine

EAST VILLAGE

El Dorado Cocktail Lounge:

Tuesday-Thursday, Sunday, 7-9pm: \$6 signature cocktails. Friday-Satur day, 5-9pm: \$6 signature cocktails.

EASTLAKE

The Cheesecake Factory Eastlake: Monday-Friday, 4-6pm: \$3.95 select beer bottles, \$4.95 select beer drafts, \$7.95 Mojito, Long Island ice tea, Margarita, JW's Pink Lemonade, Cosmopolitan, select well drinks and wines by the glass.

ENCINITAS

Mr. Peabody's Bar & Grill:

Monday-Friday, 2-6pm: \$3 well cocktails, house wine, domestic

ESCONDIDO

Brigantine Escondido: Daily, 3-6pm: \$1 off drafts, well drinks, featured wine, \$5.75 house margarita.

HILLCREST

Cork & Stem: Wednesday-Sunday, 4-6pm: \$2 off wine & beer, \$35 bottle & board special, \$13

KENSINGTON

Kensington Brewing Company: Wednesday-Friday, 4-6pm: \$1 off pints

LA JOLLA

George's at the Cove Ocean Terrace: Monday-Friday, 2-6pm: \$10 feature cocktails, \$10 house

LA MESA

Hooleys Irish Pub & Grill La Mesa: Friday, All day: Clam chowder \$5 cup, \$7 bowl. After 4pm: Prime rib \$24. Sunday, 11am-2pm: \$4 Bloody Marys, \$5 Champagne.

LAKESIDE

Eastbound Bar & Grill:

Tuesday-Friday, 2-5pm: \$2 off all house cocktails, \$3 domestic bottles, \$4 micro drafts.

LEMON GROVE

Dirk's Niteclub: Daily, 4pm-7pm: \$3 shot of select liquor with your first drink. 4-7pm: \$1 off domestic beer, 50 cents off cocktails.

LIBERTY STATION

Bottlecraft Liberty Station:

Monday-Friday, 3-6pm; \$3 Original 40 Tell Me Mo Pale Ale can, \$4 Three Sons amber ale can, \$6 Original 40 porter draft, \$7 house white or red, \$8 Boulevardier cocktail.

LITTLE ITALY

King and Queen Cantina:

Daily, Noon-6pm: \$1 off drafts, \$4 beer bottles, \$7 well drinks, wine, sangria, \$8 margaritas. Appetizers \$5 to \$9.

Duck Foot Brewing Com-

pany: Monday, 12pm-8pm: \$4 pints with Grotto membership card Tuesday, All day: \$12 two Fish Tacos and pint of draft beer Thursday, Save 20 percent on Growler and Grumbler fills

MISSION BEACH

Coaster Saloon: Monday, 3pm-6pm: \$3 Jager shot with any beer purchase, \$4 select Bud draft, \$5 well drinks. Tuesday, 3pm-6pm: \$3 Jager shot with any beer purchase, \$4 select Bud draft and El Jimador shots, \$5 well drinks, house margarita. Wednesday, 3pm-6pm: \$1 off all IPA, \$3 Jager shot with any beer purchase, \$4 select Bud draft and Fireball shots, \$5 well drinks. Thursday, 3pm-6pm: \$3 Jager shot with any beer purchase, \$4 select Bud draft, Mission Blonde draft, Polish Pie shots, \$5 well drinks. Friday, 3pm-6pm: \$3 Jager shot with any beer purchase, \$4 select Bud draft, \$5 well drinks, Captain Morgan, Jack Daniels, Jager shots. Saturday, All day: \$15 Champagne bottles. Sunday, All day: \$3 Jager shot with any beer purchase, \$12 Champagne bottles.

MISSION HILLS

Cardellino: Tuesday-Sunday, 5-6pm: \$5 dirty martinis, Aperol spritzes and Negroni, \$5 wines by the glass, \$5 draft beers.

MISSION VALLEY

Tommy Bahama Marlin Bar: Daily, 3-6pm: \$5 select draft beer, \$7 well drinks, \$7 wines, \$9-\$11 cocktails, \$10 Grapefruit Basil Martini and Mai Tai

NORMAL HEIGHTS

Sycamore Den: Daily, 5-6pm: \$1 off draft beer, \$1 off wine, \$2 off specialty cocktails

NORTH PARK

Original 40 Brewing Company: Monday-Friday, 4-6pm: \$5 draft beers, \$6 glasses of wine.

OCEAN BEACH

Nova Easy Kombucha:

Monday, Noon-3pm: \$2 off all pints. 5-9pm: 25 percent off all kombucha pints. Tuesday-Saturday, Noon-3pm \$2 off all pints.

OLD TOWN

Home & Away: Monday, Wednesday-Friday, 3-6pm: \$1 off glass of wine, draft and bottled beer, well drinks, \$3 to \$6 off specialty cocktails. \$2.75 tacos. Tuesday, 3-6pm: Taco Tuesday specials, see server.

PACIFIC BEACH

Latitude 32: Wednesday-Saturday, 4-6pm: \$3-\$5.50 beer and

POINT LOMA

Catalina Lounge: Monday-Friday, 3pm-7pm: \$1 off beer & wine, \$5 Espolon blanco, \$5 Highwest bourbon, \$5 Skrewball. All day \$7 Estrella lager & Mellow corn whiskev combo, Saturday-Sunday, All day \$7 Estrella lager & Mellow corn whiskey combo.

RANCHO SAN DIEGO

Hooleys Irish Pub & Grill Rancho San Diego: Friday, All day: Clam chowder \$5 cup, \$7 bowl. After 4pm: Prime rib \$24.

SAN CARLOS

Navajo Live: Monday-Thursday, Sunday, 4-7 pm: \$3 well drinks, \$3 domestic beer, \$1 off all other alcoholic beverages

SAN MARCOS

Churchill's Pub and Grill:

Monday-Friday, 4-7pm: \$1 off appetizers, drafts, wells. Sunday, All day: \$1 off appetizers, drafts, wells.

SOLANA BEACH

Carruth Cellars: Monday-Friday, 2-6pm: \$3 off glasses, \$5 off bottles

UNIVERSITY HEIGHTS

Al Dente: Daily, 4-9pm: Four course Date Night menu for \$29.95 per person.

Et Voilà French Bistro:

Tuesday-Sunday, 4:30-7pm: \$7 cocktails, glass of house made sangria (\$14 pitcher), draft Iron Fist Counter Strike IPA, and draft 1664, \$5-\$9 wines by the glass. Discounted food menu.

Rare Society: Wednesday-Sunday, 5-6pm: \$5 drafts, \$8 select wines and select cocktails. \$16 half-dozen oysters, \$32 one dozen oysters, other food specials.

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Off-base liver paste

"Pinoy stew! You can rely on it. And they have it here. I can see it steaming!"

tew," says Kevin.
"Pupusa," I say.
"Stew," says Diane.

"Pupusa," I say. "Come on! There's a Salvadoreno joint just around the corner."

"Pinoy stew!" says Kevin.

"Used to have it off-base at Subic Bay. PI."

"PI?" says Diane.

"Philippine Islands," I say. "Kinda military talk."

"But you're not military."

"I know, but you pick it up around guys like Kevin."



Kevin with his mango juice and kaldereta, an old Spanish beef stew

"So yeah, dudes," Kevin's saying. "Pinoy stew! You can rely on it. And they have it here. I can see it steaming! Quick, it's nearly six. Before she packs it up for the night."

I see it through the window, one of a couple dozen chafing dishes loaded with meats and veggies steaming away inside this deep red and white Filipino joint on Old Schoolhouse Square. I've always liked this square, mainly because you can think of all the carriages and knickerbockered school kids running across the dusty road to the schoolhouse they had here among the orchards, back in the, like, 1880s. That 1887 St. Matthew's church helps with the time warp.

Of course, now you might say the square is a Little Manila, with lots of Filipino eateries and businesses. This being Thursday night, we almost stopped in at one of them, Villa Manila, a longtime Filipino eatery, for *Kamayan*, the eat-with-your-hands meal they lay out on a banana leaf. Only problem: *Salo Salo*, the most modest feast they do, costs \$95. Even with the three of us, Kevin, Diane and me, that's \$40 each, after tax and tip.

That's when I had the idea of tracking down a Salvadoran place that I know is cheap, and somewhere nearby. It's also when the other two spotted Fiesta Pinoy, this Filipino place on the square.

"Bedford? You okay with this?"

"With what?"

"Us going to Fiesta Pinoy. Filipino, not Salvadoran."

"This spud's for you!" says Kevin. "But 'If

t'were done, when t'were done, t'were well t'were done quickly.' Your grandma, right?"

Sigh. Ho-kay. I mean, I'm not against the idea. I love that you can mix sweet and savory on the same plate with Filipino foods. And I

like that we start off with a free bone broth

"Bone broth is good for you," says Veya, the lady behind this huge counter of different bubbling chafing dishes. "Good for digestion, good for calming. But need to eat now. We'll be closing soon. Been open since 6 o'clock this morning."

"Aha!" says Kevin. He has just made a beeline to the steaming dishes on the counter. "Caldereta!

My favorite PI food." Kevin's talking about a dish the sailors of the Spanish Main took with them to the Philippines, back in the 1520s. He looks at the gloopy mix of stewed meat and potatoes and other stuff.

Beef, potato, liver paste and lots of

spices make this

stew one for the

"Oh yes," says Kevin, "there are some important extras in *kaldereta* — and it's spelled with a 'k,' by the way. That's how they do in PI."

So what is it that's so special about this stew? First and foremost, if you ask Veya, liver paste is the essential. Then peas, tomatoes, peppers, bell peppers, olives, ketchup...

I mean, I think of Kevin as a basic meat and potatoes kind of guy, but he *has* been a Marine. His experiences took him out of his gastro comfort zone long ago. This *kaldereta* is literally meat and potatoes plus. And it's the fixins that make it interesting. Specially the liver paste.

"Ah. Takes me back," he says, dreamily, as he piles up his plate. "Subic. 'Course, this is beef. It would have been goat back there."

"Seven thousand, six hundred and forty one," Diane says.

"Whu?" Kevin and I both ask.

"The Philippines is a collection of 7641 islands," she says. "I've just looked it up. That means a lot of fish. So where are their fish specialties?"

Fishwise, turns out *bangus* — milkfish — is the most popular. It's practically the Filipino national fish. Kev warns us that "each fish has 214 bones — but so-o tasty. Specially the belly." Tilapia comes in second. But the thing I want to try most is Filipino fish stew, with — and this is very filipino — coconut milk and pineapple. There's your sweet and savory. But on this cold night, we all kind of agree that hot meat stews are the way to go. We've sure come

to the right spot for that. Veya points to some of the chafing dishes, bubbling like orange mud pools. The idea is you pick your dish, then you pick your pasta - rice or *pancit* (noodles), how many entrees you want scooped onto them (with rice it's \$10.50 for one entree, \$12.50

with two; on *pancit*, the scoops go for \$12.50 (one entree) and \$14 (two entrees). Additional scoops go from \$5.95 (for a small vegetable order) to \$18.95 (for an extra-large portion of *lechon* — whole roast suckling pig).

Pork? Pork! I almost go for blood pork, but go for pork binagoongan instead That's pork cooked in shrimp paste, and it's an interesting combination. La Belle Diane changes from her stew-plan when she sees a chafing dish full of giant golden patties. "Ooh, I want that!" she says. And because Veya wants to move things along, she straightway picks it up. "Crab omelets," she says. We pay out \$32 and sit at a table for the meal. Already



Veya, who runs the much-loved Filipino buffet

around us, Veya has a mop and bucket out, and is swabbing the floors. "Tonight, close six o'clock," she says.

"There's one hard-working woman," says Kevin. Been here since six this morning."

Long and short is, Diane and I like our omelet and *binagoongan*, but find ourselves raiding Kevin's beef *kaldereta*. It's just so...addictively savory. The potato-beef-liver paste, plus some hot sauce, is a totally umami combination.

"Pupusas next time darling," says Diane.
"Well actually," I say, "I think we want to come back and explore those two dozen other chafing dishes right here." ■

The Place: Fiesta Pinoy, 550 E 8th Street #849, Old Schoolhouse Square, 619-434-6255

Hours: 6am - 8pm daily (till 7pm Saturday, 3:30 pm Sunday)

Prices: Pick your dish, from among dozens, decide on rice or pancit noodles (with rice it's \$10.50 for one entree, \$12.50 with two; or pancit, \$12.50 (one entree) and \$14 (two entrees); additional scoops from \$5.95 (for a small vegetable order) to \$18.95 (for an extra-large portion of lechon - whole roast suckling pig)

Nearest Bus Stop: 8th and E



FREE CLASSIFIED ADS

Three easy steps:

- 1. Take a picture of what you want to be in your ad.
- 2. Post it on SanDiegoReader.com (25-word limit).
- 3. You're done you can edit or delete it any time.



You can still call in your ad (619) 450-4293, text it to (619) 272-2772, mail it to or drop it in the drop box at the front door of the Reader office, 2323 Broadway, San Diego, CA 92102, by 12pm Monday

PERSONALS

ASTOUNDING God loves

DEAREST FUN SIZE it has been duly noted that your antics at OB Dog Beach will be forward-ed to the proper authorities and will be reviewed and analyzed. Love ya, Frank

I'M JUST LIKE ANYBODY ELSE In life i just need to be loved and

SEEK BRUNCH & BEACH FRIENDS Carlsbad senior gal wants to spend time with Dems that enjoy walking in the sand & share nutritious meals at the beach. Let's chat about current events, life & making the world a better place. Please share about vourself here: FoodFoodieFun@

THE DRIVEWAY SOCIETY IS PROUD to announce that we have been awarded the prestigious title of 'Citizen of the Year by the San Diego Society of **Driveway Societies**

THE OPPOSITE OF LOVE is not hate; it's indifference

WHEN I GIVE, I get taken. When I care, it's a problem.

WHY whenever I love, hate is all

DEAR KEVIN, Surprise! Happy Valentine's Day! I love you so, so, so, so, so much!

TO MY LOVE JOEY BASTOLA I know that Valentine's day is so silly, but I want to thank you for the best one ever. I love you so much. Love your girl, Lacey.

AND NOBODY SEES THE LOVE IN ME All the years of cooking, taking care of people, war, protecting streets. and giving my all. Now I'm fixing cars for people and nobody sees the love in me. I'm losing my mind. All I do is try. Blind eyes, deaf ears, Astonished at least is something.

ASTOUNDED Don't worry, The very sight of people our age being all stuck on each other makes me wanna barf. I'm just in need of un-stupid company. CA

is as dumb as they get it's making me evil. So hurry up Mugsy lets go goof off.

ANY SOCIETY THAT WILL GIVE UP a little liberty to gain a little security deserves neither and will loose both.

UNDERSTAND Under a stand

MAN GETS AWAY WITH 3 MUR-**DERS** why is it that a man who was under the influence and had a meth pipe on him can kill three people and injure 7 others is able to get house arrest?If it was kids from city college (where this had occurred) they would have locked him up and th (619) 577-7352 / evilonecarmela@gmail.com

YOUR OPINION Strike out the name the Padres, a name with religious identity. Hit a Home Run for a new name. How about the Amigos? The center for applied critical thinking (CACT). (619) 428-1274. Email: appliedthinker@

TO SURRENDER A BABY in California within 72 hours of birth call 211 or 1-(877) 222-9723 or FRIENDS OF JAMES HARPER (JIM) Please call Jim's family. Ann, Jennifer, Jamie. Thank you.

go to any fire station. No ques-

LOOKING FOR ARTIST NEAL roommate John, Fred, Doug Sweda, Pacific Beach, house on alley, between Thomas and Reed-1977. Jackie Feitler. (619) 917-6975

(619) 917-6975

LOOKING FOR A FRIEND Senior lady looking for friendship likes walking music dancing card and board games and movies. Call (619) 997-1493

76 YEAR OLD CHRISTIAN MALE seeks Christian lady between 55-80 years old for karaoke singing, laughter, dancing, beach trips, sense of humor a plus for friendship, San Marcos, Oceanside, Carlsbad. Tony (760)

NOTICES

UCSD TMS TRIALS FOR DEPRESSION UCSD Interventional Psychiatry Research Program is currently recruiting participants for clinical trials that investigate the effects of transports of transports of the program of the progra scranial magnetic stimulation on symptoms of depression. Find out if you qualify today via phone or email. (858) 249-2625 / iptri-als@health.ucsd.edu

POETRY AND ART LOVERS GALLERY RECEPTION Friday, February 16th 4-6 pm sponsored by the autism research institute of San Diego and the location is 4182 Agnes Avenue San Diego CA 92116 Meet the writers and the artist. Light refreshments

will be served. This is a nonalcoholic event. Questions call (858) 740-7264

UCSD SCHIZOPHRENIA RESEARCH Patients with schizophrenia ages 18-60 need-ed for paid UCSD research study to see if specific medications improve cognitive training. Call (619) 543-2314 or email UCSD-CAN@health.ucsd.edu

HANDICAPPED PARKING PLACARD Chiropractor can evaluate/certify DMV form for patients w chronic pain to low back/hips/knees/ankles or feet after exam, if warranted. (619) 813-0538 / georgereesedc@ amail.com

READINGS IN YOUR PAJA-MASI A remote reading in the comfort of your own home! Star has read cards for over 45 years. She will help YOU, www.indigo-chakra.com star@indigochakra.

HERPES AND HPV SUPPORT GROUP 2nd Thursday every month 7pm at Balboa Park's Casa Del Prado. Room 104, BYOBeverage. We'll provide Bronx Pizza, come get some, support, strength and hope.

CLASSES / LESSONS

PRESIDENTS DAY KIDS
CRAFT CAMP Fun Alert! Presidents Day Craft Camps for kids!
This Feb 16 & 19 (Fri & Mon),
two small-group camps with fun,
high-quality craft projects! Littles
3-6yr from 9am-12pm. Kids
7-12yr from 1-4pm. Sibling & military discount. Sign up at sandiegocraft.org! (619) 273-3235 /
make@sandiegocraft.org

SING WITH POWER AND CON-FIDENCE Robin of the indie rock band Amalgamation provides simple techniques for you

to excel as a singer. Beginners welcome and all styles offered. 20 years teaching experience. Online lessons available. If you can speak, you can sing! Amal-gamationMusic.com rozykross@ hotmail com

TAI CHI AND QI GONG CLASSES Meditation In Move-ment. First class is free. Join us ment. First class is free. Join us outdoors Tuesday, Thursday, and Saturday mornings or indoors for Qi Gong 6pm Tuesday and Chen Taijiquan 6pm Monday and Wednesday. Taoist Sanctuary. Sign up on our website. Taoist Sanctuary of San Diego, (619) 692-1155. taoistsanctuary.org.

HORTICULTURE, LANDSCAPE DESIGN, redesign, trouble-shooting, diagnostics on the spot. Solve your problems, improve your design, improve your maintenance today - no guessing!
Educated, trained and experienced, 6th generation native, 6th generation horticulturalist in San Diego County. No sales, no installation, no maintenance. Check me out at EdwordsHorti-culture.com, then call (619)

ROOMMATES

LOOKING FOR MATURE 50+ IN RB An unfurnished room plus private bath for rent at Deerwood Apt. in the heart of Rancho Bernardo for \$1609.65, plus elect. Move in date 02/01/2024, looking for a mature male IT professional, over 50 I'm very active, easy to get along with vegetarian. (301) 213-6975 / geerod10@gmail.com

ROOMMATE WANTED Roommate wanted. 700 a month. No deposit. Room in an apartment. Current tenants are 54 year old male and son, 15 years old. No pets. Must love our dog. Unfurnished. (760) 978-3301 / jeangadzala@gmail.com

LOOKING FOR A ROOM 59 year old male looking for a room or studio or 1 bedroom in east county area under 1200\$. Please call if this sounds like a good fit (619) 405-2389 looking for a pet free place.

MISSION VALLEY/FASHION VALLEY I have a 2-bedroom, 2 bath apartment in Fashion Valley. Roommate to rent the second bedroom Non-smoker/vaper Must show proof of ability to pay on time. Rent for you: \$1,700 includes utilities. Full access to apt (in-unit wa/dryer). Available now (858) 750-9824 / vjudo@

SEEKING ROOM FOR RENT Professional massage therapist caregiver nutritionist physical therapist would like to exchange for room and board for these things including other errands and other chores around the house I can do yard work I can cook I can clean and exchange my therapy Adam was a kitty cat. She's a licensed and certified. She won't leave the room that we're given unless she comes with me if you object. Please con-tact (619) 228-5843.

ROOM WANTED San Marcos, Vista, Oceanside. 76 year old male non smoker, non drinker, no pets, no drugs, civil service retired. Can pay \$750 per month. Call Tony (760) 916-6107.

MASTER BEDROOM IN RAMO-NA private bathroom, very secluded condo, access to racket club, private gym, heated pool and spa. Call (619) 823-3498.

Legals@SanDiegoReader.com ■ 619-235-3000

LEGAL NOTICES

We are a fully adjudicated publication for San Diego County.

FICTITIOUS BUSINESS NAME STATEMENT

File No.: 2024-9001244

Filed with Jordan Z. Marks Recorder/County Clerk County of San Diego: 01/18/2024

Fictitious Business Name(s): a. Espire Dental – Jeff Gray DDS

Located at: 8555 Fletcher Parkway, La Mesa, CA 91942, San Diego County

Mailing Address: 8555 Fletcher Parkway, La Mesa, CA 91942

Registered Owners Name(s): **Jeff Gray DDS PC**

This business is conducted by: A Corporation. The first day of business was 01/01/2022.

I declare that all information in this statement is true and cor-rect. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (1,000).)

Registrant Name /s/ Jennifer Derse, President Corporation/LLC Name Jeff Gray DDS PC 02/08/24, 02/15/24 02/22/24, 02/29/24

FICTITIOUS BUSINESS NAME STATEMENT

2024-9000305

Filed with Jordan 7 Marks Recorder/County Clerk County of San Diego: 01/05/2024

Fictitious Business Name(s): a. Poway Alteration Center

Located at: 12323 Poway Road, Poway, CA 92054, San **Diego County**

Mailing Address: 12323 Poway Road, Poway, CA 92054

Registered Owners Name(s): Tin Quoc Le

This business is conducted by: An Individual. The first day of business was 01/05/2024.

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misde-meanor punishable by a fine not to exceed one thousand dollars (1,000).)

Registrant Name /s/ Tin Quoc Le 2/15/24, 2/22/24, 2/29/24, 3/7/24

FICTITIOUS BUSINESS NAME STATEMENT

File No.: 2024-9002694

Filed with Jordan 7 Marks Recorder/County Clerk County of San Diego: 02/06/2024

Fictitious Business Name(s): Fictitious Business Name(s): a. Mr. Handyman Serving Inland San Diego b. Mr. Handyman Serving La Mesa & E Central San Diego

Located at: 4342 Vista Way, La Mesa, CA 91941, San Diego County

Mailing Address: 4342 Vista Way, La Mesa, CA 91941 Registered Owners Name(s): MGK Enterprises, LLC

This business is conducted by: A Limited Liability Company. The first day of business was 10/27/2017.

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misde-meanor punishable by a fine not to exceed one thousand dollars (1,000).)

Kyle Lanz, Member Corporation/LLC Name MGK Enterprises, LLC 2/15/24, 2/22/24, 2/29/24, 3/7/24

Registrant Name /s/

ORDER TO SHOW CAUSE-CHANGE OF NAME Case No.: 37-202400003463-CU-PT-CTL SUPERIOR COURT OF CALIFORNIA, COUNTY OF San Diego 330 W. BROADWAY, San Diego 92101

Petition Of: **Pamela Carol Chalk** FOR CHANGE OF NAME

To all Interested Persons: Petitioner: Pamela Carol Chalk filed a petition with this court for a decree changing names as follows:

a. Pamela Carol Chalk to Pamela Carol Andrews

a. Pamela Carol Chalk to Pamela Carol Andrews

THE COURT ORDERS that all persons interested in this matter appear
before this court at the hearing indicated below to show cause, if any, why
the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection
that includes the reasons for the objection at least two court days before
the matter is scheduled to be heard and must appear at the hearing to
show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.

NOTICE OF HEARING Date: 03/12/2024 Time: 8:30 am. Dept: C-61 The address of the court is the same as noted above.

A copy of this Order to Show Cause must be published at least once each week for four successive weeks before the date set for hearing on the petition in a newspaper of general circulation, printed in this county: San Diego Reader

NO HEARING WILL OCCUR ON THE ABOVE DATE, SEE ATTACHMENT.

Diego Reader

NO HEARING WILL OCCUR ON THE ABOVE DATE, SEE ATTACHMENT.

Dated: 01/26/2024

Maureen F. Hallahan
Judge of the Superior Court.

ATTACHMENT TO ORDER TO SHOW CAUSE FOR CHANGE OF NAME (JC FORM #NC-120). NO HEARING WILL OCCUR ON THE DATE SPECIFIED IN THE ORDER TO SHOW CAUSE. The court will review the documents filed as of the date specified on the Order to Show Cause for Change of Name (JC Form #NC-120). If all requirements for a name change have been met as of the date specified, and no timely written objection has been received (required at least two court days before the date specified), the Petition for Change of Name (JC Form #NC-100) will be granted without a hearing. One copy of the Order Granting the Petition will be mailed to the petitioner. To change a name on a legal document, including a birth certificate, social security card, driver license, passport, and other identification, a certified copy of Decree Changing Name (JC Form #NC-130) may be required. Contact the agency(ies) who issues the legal document that needs to be changed, to determine if a certified copy is required. A certified copy of Decree Changing Name (JC Form #NC-130) may be required. Order Recognizing Change of Gender and for Issuance of New Birth Certificate (JC Form #NC-130) may be required. Order Recognizing Change of Gender and for Issuance of New Birth Certificate (JC Form #NC-130) may be obtained from the Civil Business Office for a fee. Petitioners who are seeking a change of name under the Safe at Home program may contact the assigned department for information on obtaining certified copies. If all the requirements have not been met as of the date specified, the court will mail the petitioner a written order with further directions. If a timely objection is filed, the court will set a hearing date and contact the parties by mail with further directions and holders of the date specified, the court will set a hearing date and contact the parties by mail of a future hearing date. Any Petition for the name change of a

Published: 02/01/24, 02/08/24, 02/15/24, 02/22/24

Legals@SanDiegoReader.com ■ 619-235-3000

LEGAL NOTICES

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FICTITIOUS BUSINESS NAME STATEMENT

File No.: 2024-9001246

Filed with Jordan Z. Marks Recorder/County Clerk County of San Diego: 01/18/2024

Fictitious Business Name(s):
a. Espire Dental – La Jolla

Located at: 7776 Ivanhoe Ave, Ste. 100, La Jolla, CA 92037, San Diego County

Mailing Address: 7995 East Prentice Ave, Ste. 211, Centennial, CO 80111

Registered Owners Name(s): Winter Dentistry, Inc

This business is conducted by: A Corporation. The first day of business was 01/01/2022.

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (1.000).)

Registrant Name /s/ Jennifer Derse, President Corporation/LLC Name Winter Dentistry, Inc 02/08/24, 02/15/24, 02/22/24, 02/29/24 FICTITIOUS BUSINESS NAME STATEMENT

File No.: 2024-9001245

Filed with Jordan Z. Marks Recorder/County Clerk County of San Diego: 01/18/2024

Fictitious Business Name(s):
a. Espire Dental – Encinitas

Located at: 501 North El Camino Real, Suite 200, Encinitas, CA 92024, San Diego County

Mailing Address: 7995 East Prentice Ave, Ste. 211, Centennial, CO 80111

Registered Owners Name(s): Omer M. Anisso, DDS, Inc

This business is conducted by: A Corporation. The first day of business was 06/01/2023.

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (1,000).)

Registrant Name /s/ Jennifer Derse, President Corporation/LLC Name Omer M. Anisso, DDS, Inc 02/08/24, 02/15/24, 02/22/24, 02/29/24 FICTITIOUS BUSINESS NAME STATEMENT

File No.: 2024-9001247

Filed with Jordan Z. Marks Recorder/County Clerk County of San Diego: 01/18/2024

Fictitious Business Name(s): a. Espire Dental – Mission Valley

Located at: 8989 Rio San Diego Dr, Ste. 170, San Diego, CA 92108, San Diego County

Mailing Address: 7995 East Prentice Ave, Ste. 211, Centennial, CO 80111

Registered Owners Name(s): Scott A & Leslie S Strommer DDS Inc

This business is conducted by: A Corporation. The first day of business was 01/01/2022.

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (1,000).)

Registrant Name /s/ Jennifer Derse, President Corporation/LLC Name Scott A & Leslie S Strommer DDS Inc 02/08/24, 02/15/24, FICTITIOUS BUSINESS NAME STATEMENT

File No.: 2024-9002072

Filed with Jordan Z. Marks Recorder/County Clerk County of San Diego: 01/29/2024

Fictitious Business Name(s): a. Kengina.com

Located at: 4483 Hermosa Way, San Diego, CA 92103, San Diego County

Mailing Address: 4483 Hermosa Way, San Diego, CA

Registered Owners Name(s): **Kengina.com Inc**

This business is conducted by: A Corporation. The first day of business was 01/01/1990.

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (1,000).)

Registrant Name /s/ Kenneth Joesph Tablang, President

Corporation/LLC Name: **Kengina.com Inc** 02/01/24, 02/08/24, 02/15/24, 02/22/24 FICTITIOUS BUSINESS NAME STATEMENT

File No.: 2024-9001940

Filed with Jordan Z. Marks Recorder/County Clerk County of San Diego: 01/26/2024

Fictitious Business Name(s):

a. Communion Mission Hills
b. Communion

Located at: 901 W Washington St, San Diego, CA 92103, San Diego County

Mailing Address: 7850 Highway 111, La Quinta, CA 92253

Registered Owners Name(s): Jacqueline Renna-General Partner of Communion-Mission Hills I P

This business is conducted by: A Limited Partnership. The first day of business was N/A.

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (1,000.)

Registrant Name: Jaqueline Renna, General Partner

Corporation/LLC Name: **Communion Mission Hills LP** 02/01/24, 02/08/24, 02/15/24, 02/22/24

FICTITIOUS BUSINESS NAME STATEMENT

File No.: 2024-9001939

Filed with Jordan Z. Marks Recorder/County Clerk County of San Diego: 01/26/2024

Fictitious Business Name(s):

a. Paradis b. Paradis Mission Hills c. Paradis Cafe d. Paradis Restaurant

Located at: 901 W Washington St, San Diego, CA 92103, San Diego County

Mailing Address: 7850 Highway 111, La Quinta, CA 92253

Registered Owners Name(s): Jacqueline Renna-General Partner of Communion-Mission Hills LP

This business is conducted by: A Limited Partnership. The first day of business was N/A.

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (1,000).)

Registrant Name: Jaqueline Renna, General Partner

Corporation/LLC Name: **Communion Mission Hills LP** 02/01/24, 02/08/24, 02/15/24, 02/22/24

FICTITIOUS BUSINESS NAME STATEMENT

File No.: 2024-9001719

Filed with Jordan Z. Marks Recorder/County Clerk County of San Diego: 01/24/2024

Fictitious Business Name(s):
a. Lorna Leigh Pottery

Located at: 12509 Sunglow Dr, El Cajon, CA 92021, San Diego County

Mailing Address: 12509 Sunglow Dr, El Cajon, CA 92021

Registered Owners Name(s): Lorna Leigh Berliner

This business is conducted by: An Individual. The first day of business was N/A.

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (1,000).)

Registrant Name /s/ **Lorna Leigh Berliner** 02/01/24, 02/08/24, 02/15/24, 02/22/24

FICTITIOUS BUSINESS NAME STATEMENT

File No.: 2024-9001044

Filed with Jordan Z. Marks Recorder/County Clerk County of San Diego: 01/16/2024

Fictitious Business Name(s):
a. Specialized Golf Cart Parts

Located at: 2524 Granada Cir, Spring Valley, CA 91977, San Diego County

Mailing Address: 2524 Granada Cir, Spring Valley, CA 91977

Registered Owners Name(s): Marielena Mejia

This business is conducted by: An Individual. The first day of business was 01/14/2024.

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (1,000).)

Registrant Name /s/ **Marielena Mejia** 02/01/24, 02/08/24, 02/15/24, 02/22/24

FICTITIOUS BUSINESS NAME STATEMENT

File No.: 2024-900 1787

Filed with Jordan Z. Marks Recorder/County Clerk County of San Diego: 01/24/2024

Fictitious Business Name(s): a. M Winehouse

Located at: **750 W Fir St, Unit 106, San Diego, CA 92101, San Diego County**

Mailing Address: 750 W Fir St, Unit 106, San Diego, CA 92101

Registered Owners Name(s): Rumel Entertainment Group Inc

State of Incorporation/Organization: **California**This business is conducted by:

A Limited Partnership. The first day of business was 11/20/2014.

I declare that all information in

this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (1,000).)

Registrant Name /s/ Ivan Martinez, Manager/ Secretary Corporation/LLC Name Rumel Entertainment Group Inc 02/01/24, 02/08/24, 02/15/24, 02/22/24 FICTITIOUS BUSINESS NAME STATEMENT File No.: 2024-9001643

Filed with Jordan Z. Marks Recorder/County Clerk County of San Diego:

Fictitious Business Name(s):

a. Corner Kitchen Cafe

Located at: 1165 6th Ave, San Diego, CA, 92101, San Diego County

Mailing Address: 1165 6th Ave, San Diego, CA, 92101 Registered Owners Name(s): a. Berlin Eats and Drinks LLC

State of Incorporation/Organization: California

This business is conducted by: A Limited Liability Company. The first day of business was N/A.

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (1,000).)

Registrant Name /s/
Sami Atar, Manager

Corporation/LLC Name Berlin Eats and Drinks LLC 02/01/24, 02/08/24, 02/15/24, 02/22/24 FICTITIOUS BUSINESS NAME STATEMENT File No.:

2024-9000290
Filed with Jordan Z. Marks
Recorder/County Clerk County
of San Diego:
01/05/2024

Fictitious Business Name(s): a. Dreamscape Ketamine and Wellness

Located at: 2878 Camino del Rio S #404, San Diego, CA 92108, San Diego County Mailing Address: 2878 Camino

del Rio S #404, San Diego, CA 92108 Registered Owners Name(s): **Dreamscape Ketamine and**

This business is conducted by a Corporation. The first day of business was 10/01/2023.

Wellness

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (1,000).)

Registrant Name /s/

Lindsey Garrett, CEO Corporation/LLC Name Dreamscape Ketamine and Wellness 01/25/24, 02/01/24, 02/08/24, 02/15/24 FICTITIOUS BUSINESS NAME STATEMENT

File No.: 2024-9000993 Filed with Jordan Z. Marks Recorder/County Clerk County of San Diego:

Fictitious Business Name(s): a. Cohelan Khoury & Singer A Partnership Of Professional Law Corporations Located at: 605 C Street. Ste

Located at: 605 C Street, Ste 200, San Diego, CA 92101, San Diego County Mailing Address: 605 C Street, Ste 200, San Diego, CA 92101

Registered Owners Name(s): a. Isam C Khoury A Professional Corporation b. Michael D Singer A Professional Law Corporation c. Timothy D Cohelan A Professional Law Corporation

A General Partnership. The first day of business was 07/01/1981.

07/01/1981.

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (1,000).

Registrant Name /s/ Isam Khoury, General Partner

raruser Corporation/LLC Name Isam C Khoury A Professional Corporation 01/25/24, 02/01/24, 02/08/24, 02/15/24 an Diego Reader February 15, 2024

INDEPENDENT LIVING Room for rent. Independent living. Nice quiet view home. Shared room. \$850 plus Wi fi, Meals. A great place to call home. Good people! La Mesa (619) 750-4447.

TINY ROOM TO LIVE PLEASE 65 year healthy single, no family, never married non-smoker. Clean SoCal native low income full time job, male high school/college graduate. Seeking somber room in Solana Beach, Cardiff, Leuca-dia, Encinitas, Carlsbad. Dale Hauskins (858) 401-2973

MASTER BEDROOM, \$840 in 2bd +1ba corner apartment. Clairemont area, professionally managed, non smoking, no drugs, no pets. Includes utilities, and WIFI, Dave (858) 499-0099.

RENTALS

CORONADO, \$2400 1BD+1BA sunny upstairs end unit. Stove/ refrigerator, hardwood floors, on-site laundry, shared courtyard with BBQ area. Move-in special! 716 F Street. Agent: (619) 298-7724. www.allpointsrealestate.

DOWNTOWN \$1995 1BD+1BA. Welcome to your cozy bungalow-style duplex. Hardwood floors, gated parking for 2 cars. Move-in special! 1764 6th Ave. Agent: (619) 298-7724. www.allpointsreàlestate.com.

NORTH PARK, \$2250 Spacious remodeled 1BR+1BA near Morley Field. New kitchen cabinets with quartz countertops. New stainless steel appliances. New wood floors throughout. Off-street park-ing for 2 cars, laundry on-site. Located in small apartment community. Walking distance to restaurants, easy freeway access. Move-in special! 3711 Arnold Ave. Agent: (619) 298-7724. www.allpointsrealestate.com



In the heart of San Diego **Gaslamp Quarter!**

Newly renovated and furnished rooms for rent. Utilities included and controlled building entry Conveniently located near public transportation, grocery stores. restaurants, shopping and more.

720 4th Ave., San Diego, 92101 (619) 233-7594

NORTH PARK. \$2650 2BD+1BA in gated community off Adams. New wood-like floors, laundry on site, 2 parking spaces. No pets. Water and trash included. Move-in special! 4678 Ohio Street. Agent. (619) 298-7724, www. allpointsrealestate.com

RENT-FREE STUDIO APART-MENT FOR SENIOR Studio Apartment, Private Bath, Kitchen privileges, Mobil home in senior park, available rent-free for any Vegan. You need not be a senior (760) 740-8501 / w6hph@yahoo.

UNIVERSITY HEIGHTS, \$1950 1BD+1BA large apartment in small complex. Dining room area, wood-like flooring, fireplace, on-site laundry, parking. Easy freeway access. Beautiful inside and out. Great location! No pets. 4525 Idaho St. Agent, (619) 298-7724.

OFFICE SPACE ZONED M2 Office Space Zoned M2 @ 950sf. Call Scott (760) 855-3551 / exumrecording@gmail.com

COLLEGE AREA, \$2100 2BD+2BA apartment. Fireplace, balcony, new vinyl flooring. Gated. On-site laundry. Elevator.

Centrally located, easy freeway access. No pets. Water and trash included. 4828 Art Street. Agent: (619) 298-7724. www.allpointsre-

POINT LOMA, \$2390 Upgraded 1 bedroom condo. Stainless steel appliances, granite countertops, mirrored closet doors, A/C, view, 1-car parking, lagoon pool, hot tub, tennis, volleyball courts, pool table, ping pong, fitness center, laundry. 3050 Rue D'Orleans, 92110. Agent: (619) 298-7724. www.allpointsrealestate.com.

NORTH PARK SPECIAL 1 BDRM APT Avail Now. A quiet courtyard setting, Close to every-thing. 1bedroom - 1bath Upstairs Apartment. \$1895 600sq ft 4076 Ohio St. 92104 No Pets, No smoking, Good Credit. Call for details and an appointment for viewing. (619) 281-7784

OTAY MESA STUDIO no pets or smoking, laundry, desirable neighborhood, transportation close, \$1350. (619) 808-1068.

HARBOR VILLAGE \$1799-2799 1 bedrooms \$1799. 2 bedrooms \$2299. 3 bedrooms \$2799. Ball Park Square, 1 mile south of home plate! Harbor Village. Trolley stop NASSCO. 2850 Main Street. Espanol. (619) 646-8670

DOWNTOWN \$1799-2799. 1BD \$1799. 2BD \$2299. 3BD \$2799. Ball Park Square, 1 milla al sur de Petco Park! Harbor Village. NASSCO. Parada de tranv'a.

2850 Main Street. Español. (619)

NEED A PLACE TO STAY SHORT TERM? Make your reservations now. Studio+1BA available. Call for Monthly, Weekly and daily specials, up to 15% OFF. \$25 off Daily rate. Includes: weekly cleaning service, all utili-ties, cable (HBO), heated pool/ nes, cable (nBO), neared pool/ spa, on-site laundry. High-speed Internet available for addi-tional charge. ("Rates subject to change/ tax) California Suites Hotel, 5415 Clairemont Mesa Boulevard. (858) 799-0219. www. californiasuitsehotel com californiasuiteshotel.com.

MUSIC

DRUMMER LOOKING FOR band mates. elfthebell@gmail.

RECORDING STUDIO Pro tools HD and 24 track two inch analog. Neotek 40 input analog console Amps, guitars, bass, 6'3 Baldwin Grand piano and much more. Studio musicians and production assitance available. (760) 855-3551 / exumrecording@gmail.

SONGS OF ROMANCE: AT THE VILLA On Monday, February 19, at 7 PM, at "Cinballera Salon: Opera at the Villa," seven singers will present opera arias and scenes about romance, flirtation, and true love in the historic Villa Montezuma. To reserve seats, email admin@cinballera.org. (760) 859-5260

ESTEBAN GRANADA G-100 CLASSICAL ACOUSTIC-ELEC-TRIC GUITAR includes case, tick, song made easy. Sam's ash yearbook \$150 package. (619)

SKB FREEDOM GUITAR HARD-CASE SKB Freedom Stratocast-er Electric Guitar Molded Hard Case with Key "Excellent Condition" Like New. Asking \$155 (760) 967-9118 / jerrymarylin2000@

JIM MORRISON AND THE DOORS EXCERPTS of his estate state pictures and tell all transcript about your Morrison and the 2 causes of his death. You remember Jim! Come and light your fire. (649) 381-2134

GET TO KNOW ME A.STEEL. Get to KNOW me.... linktr.ee/ asteel a.steel.official@gmail.com

REGGAE SKA POP progrock fusion professional lead/rhythm guitarist for recordings, gigs, tours. CD/Tour credits. Dale Hauskins (858) 401-2973

MUSIC REHEARSAL STUDIO Upscale facility, Kearny Mesa All rooms have individual air conditioning, high ceilings and 24- hour access. Monthly rooms available. Adder Studios, (858) 522-9505, www.adderstudios.

PETS

PET MICROCHIPPING A great way to prevent your lost pet getting rehomed or placed in an animal shelter is by microchipping. Lost pets are often rehomed, euthanized, or end up in the wrong hands due to no trace of their owner. Femme Felines is microchipping for \$10! (956) 802-4189 / femmefelinessd@



PUPPY BLUE EYES puppy for adoption. Beautiful blue eyes. Female. Shots and vet examination done and have paperwork. Parents on site. Small adoption fee of \$150 to a good loving home. Can drive to meet you. We live in east county. 187dro-palive@gmail.com

AMSTAFF PUPPY NEEDS A HOME! Wonderful Puppy needs a good home! Beautiful Silver Brindle coat and loving personality! Healthy and ready to go to her new home! (858) 499-9666



GREAT DOGS NEED HOMES Jax, Kennedy and Mischief are beautiful Outgoing, goofy sweet dogs, that love all people, kids and other dogs, they are desper-

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ately in need of homes because their owner has to move and will not have a place for them to live :-(Come Meet them ! (858) 499 9666 / deannaohly@gmail.com

JAX NEEDS A GOOD HOME! Amazing American Staffordshire Terrier, retired Show Dog needs a great home! Sweet, Calm, Well Mannered, And loves people and dogs! Please Come Meet Jax Today! (858) 499-9666 / deannaohly@gmail.com

VOTE FOR CECE! Vote for CeCe in America's Favorite Pet contest. Check out Instagram @ cece_pastel. americasfavpet. com/2024/cece-0e4a



DOBERMAN PUPPIES 3 Doberman female puppies need a lov-ing new home to move to. They were born on November 21st and were born on November 21st and have all there puppy vaccina-tions, dew claws and tails are done & puppy pad trained. \$500 for each (706) 310-3347

DON'T BREED OR BUY WHILE SHELTER PETS DIE! Please don't support selfish breeders bringing countless new animals into the world while others wait in cages or get put down! You may think you need a particular breed but I promise you will love another. Shelter animals are wonderful. just give them a chance!

DOUBLE DECKER BIRD CAGE WITH LADDERS AND ACCES-SORIES. 30 inches by 30 wide 64 ft. tall with the matching white bird cage and it's one set. Perfect for a big bird or for many small birds. Asking \$185 Must pick up in Mission Valley. Please leave a message at (619) 488-0822.

LOOKING FOR SMALL PUPPY TO ADOPT I want to adopt or



sized private rooms share common bathrooms Property is well maintained with friendly staff. Peaceful and comfortable building with cable TV hookups and on-site laundry. Close to work MTS trolley stop very close with easy access to the downtown free shuttle

Southern Hotel 1159 Sixth Ave. and B St. • 619-239-3808 buy small dog or puppy; prefer a chihuahua. Text only (442)

SPORTS



STANDUP PADDLE BOARD HAND PUMP This ISLE HP2 high pressure dual action hand pump with color-coded psi gauge has 2 pumping options: fast-high capacity or easy-high pressure. A carrying bag for all your gears is also included. Clean & in good condition. \$35. Text for more info/ pics (619) 796-5680 / cadbcsd@ gmail.com

1996 SAN DIEGO CHARGERS FAN CLUB ITEMS cards, stick-ers, roster form, pocket schedule, luggage tag. Kevin. (718) 581-3617

MEN'S SKI CLOTHES AND ACCESSORIES Men's Descents one piece extra large \$145 one piece large \$95. Ski carrier, handles, locks, boot carriers and ski glasses \$1 each. (619) 218-4031

BICYCLES

VINTAGE SCHWINN CHAIN GUARD Call for price. (619)

BIANCHI VELOCE ROAD BIKE Carbon fork, light green color, made in Italy, purchased new, only ridden a few times, \$650. In Escondido, call (760) 746-7209.

CANNONDALE F1000SL MOUNTAIN Bike ultra aluminum steering fork, orange-yellow color, purchased new. Very little use, \$450. (760) 746-7209.

BMC BIKE Gorgeous blue and white BMC Carbon fiber. Road frame 47 CM. Never used; in storage. Must see! (619) 237-8043

AUTOMOTIVE

1969 FORD HALF TON PICK **UP** 1969 Ford half ton pick up. Short bed, step side, six cylinder. Phone number (619) 928-8755.

DODGE NEON HEAD LIGHT for front of car. One only. Good condition. \$10 bargain. (858) 484-4483

LUMBER RACK FOR SMALLER TRUCKS like Chevy Colorado or Canyon a GMC Canyon Toyota; any small truck. It's a good rack. It's rust proof. I can be reached at (619) 933-6302

1992 BUICK LESABRE MANU-ALS: GM Owners manual, GM service manual, GM electrical systems manual, Haynes repair manual, Chilton's repair manual, all 5 for \$100., (760) 746-7209.

2005 BUICK LACROSSE CXL Gold Metallic, leather seats, all power. Runs great. All papers. 98K original miles. cash price \$3,400 858-876-215one

GOODYEAR TIRE ON STEEL WHEEL: Goodyear Eagle LS,

Need a place to stay Short Term? CALL NOW FOR THE BEST AVAILABLE RATES



Call directly for more details. • Free utilities • Heated pool & spa • Laundry facilities • Free parking

Microwave • Refrigerator • Easy freeway access • Centrally located
 High speed internet services • Cable TV • Access to WiFi

Sorry we do not accept pets. Subject to availability. ome hotel amenities included. Please call for details

California Suites Hotel

5415 Clairemont Mesa Blvd. (just west of the 805) San Diego, CA 92117 **(858) 799-0219**

15, Reader February

JAGUAR X-TYPE ALUMINUM WHEELS Three Original 16" wheels, I only have three, the fourth wheel was damaged by hitting a curb, I am selling all three for only \$225. Call (760) 746-7209, in Escondido

79 MGB CARBURETOR INTAKE AND EXHAUST SYS-TEM complete \$150 or trade or best offer. (805) 416-8905



SEABREEZE MOTORHOME FOR SALE! 2003 National Class A, SeabreezeLX for Sale!! LOW MILES!! Only has 27,830 miles on original engine. Double slide out! 32 ft in length. Passed Smog Test on 10/15/13 and RV has been registered thru 12/2024. Serious inquiries only!!! Email for more i (619) 301-1716 / jadema-this10@gmail.com

2011 TOYOTA SIENNA 2ND ROW RECLINING SEATS 2 2nd row ottoman reclining seats for a 2011 Toyota sienna limited; gray leather. (760) 840-7198

2012 ACURA TL FOR SALE am the second owner, clean title, 6 cylinder, technology package, sunroom, heated seats 2 new tires, new battery, windshield wipers, replaced filters, had oil change done in December 2023, drives very well, no issues, 163,070 miles, \$11,000. (858) 248-2971 / arturoimorales2@

1981 CHEVY C20 SCOTTS-DALE Needs work, blown head gasket, other issues. \$1500. (858) 210-1634

WE BUY CARS We buy all type of cars running or not. Call (619) 484-4032 - Get a quote - Get your cash. Same day pickup, Same day cash. No title, no tires, no keys, engine not working, check engine light on, running

2015 NISSAN JUKE \$4500. Gun Metal gray. Great car all the way around, in and out. Easy on gas. (619) 541-3832

1964 C10 CHEVY 350 1964 chevy c10 tailgate party truck 20K. Cash only (207) 265-6640

1949 HALF TON FORD PICK UP Straight body. Comes with 302 Engine and automatic transmission. \$4,900. East San Diego. (619) 655-1830

LOOKING FOR 1990 OR OLDER Ford cargo van, fgross0421@gmail.com.

RENTAL CAR starting from \$17.95 per day \$99 a week 350 a month 3006 Barnett Ave. Point Loma open seven days a week trucks for rent \$300 a week Toyota four runner also minivans \$400 a week 15 passenger vans \$500 a week. (619) 233-8300

HELP WANTED

PROCUREMENT QUALITY PROCUREMENT QUALITY
ENGINEER National Steel and
Shipbuilding Company (NASS-CO) seeks a Procurement Quality Engineer in San Diego, CA.
Bachelor's in Quality, Business
Sys or Eng. or rltd field or foreign
equiv. + 2 yrs. exp. in maritime
new construction & repair fields. Salary range: \$75,941 - \$92,500/ yr. 5-10% international travel read, a minimum once/month This pay range is a reasonable estimate of the salary range for this role. It takes into account the wide range of factors considered in making compensation deciin making compensation decisions; including but not limited to skill sets, experience, training, and education. General Dynamics NASSCO also provides a variety of benefits including medical & dental insurance coverage, 401(k) retirement savings plan, flexible spending accounts/HSAs, life and disability insurance, company paid holidays and paid time off (PTO), wellness coaching, and an onsite health services. Please send resumes referencing job title to: nasscojobs@nassco.

SENIOR QUALITY ADVOCATE
National Steel and Shipbuilding
Company (NASSCO) seeks a
Senior Quality Advocate in San
Diego, CA. Bachelor's in Mechatronic Eng., Marine Eng., and
Naval Arch. or ritd field or foreign requiv. +5 yrs. of Eng exp. in marine and industrial fields. Salary range: \$119,808 - \$128,000/yr. This pay range is a reasonable estimate of the salary range for this role. It takes into account the wide range of factors considered in making compensation deci-sions; including but not limited to sions, including out not infinited to skill sets, experience, training, and education. General Dynam-ics NASSCO also provides a variety of benefits including medi-cal & dental insurance coverage, 401(k) retirement savings plan, flexible spending accounts/HSAs, life and disability insurance, com-pany paid holidays and paid time off (PTO), wellness coaching, and an onsite health services. Please send resumes referencing job title to: nasscojobs@nassco.com.

SOFTWARE ENGINEER Laboratory Corporation of America Holdings in San Diego, CA seeks a Software Engineer to develop web-based tools for clinical lab scientists and directors to evaluate analytics data. Reqs MS+2yrs exp.; To apply, send resume to: Labcorphold@labcorp.com; Ref

SECURITY: FT and PT positions available for Unarmed Security Guards, Supervisors, and Patrol Guards, Supervisors, and Patrol Drivers. Must have Guard Card, reliable transportation and phone, clean record. Must be neat and professional. \$17/hour and up. Supervisors \$19/hour and up. Medical, dental and 401(k) up. Medical, defital and 401(s) available. All shifts. East-Tech Private Security. E-mail resume to easttech2171@aol.com or call Oceanside: 760-433-9477, San Diego: 619-459-0991.

ADMINISTRATIVE ASSISTANT 1 year experience scheduling, filing, typing, and basic computer skills required. \$17+/hour. Call East-tech Private Security: 619-459-0991 / 619-282-1933. Email easttech2171@aol.com.

SR. APPLICATIONS DEVEL-OPER II Tandem Diabetes Care, Inc. seeks Sr. Applica-Cate, Inc. seeks Sr. Applica-tions Developer II in San Diego, CA to Independently designs & develops custom solutions using Microsoft Development Tools for existing business systems.100% telecommuting is permitted. \$140,000 - \$160,000 per year. Apply @ www.jobpostingtoday. com #86833.

SD IHSS FEMALE CAREGIVER Elderly man with minor mobility restriction needs help with daily routine. Position REQUIRES enrollment here: www.sdihsspa com. 5 hrs Mon Wed Fri am SD Rancho Bernardo. Not for other unsolicited services or offers. (858) 360-0388. Text only

LIGHT HOUSEWORK Wanted: woman to provide light house-cleaning services in nude or near nude. Must be okay with me watching. dadbod61nine@amail.com

TRUCK DRIVERS Local transport companies are looking for truck drivers with two or more years of experience. Require-ments: Binational Federal License or CDL, Mexican Passport (mexican drivers), Visa B1/ B2 or Residence card, ID or INE, Birth certificate, CV/ Resume. Omega Compliance Solutions LLC. (619) 312-1545.

AVAILABLE IHSS CAREGIVER WANTED Mission Valley in wanted mission value, home supportive services caregiver needed with car. I have two schedules for you to choose from: 6:00 AM to 2:00 PM or 8:00 AM to 4:00 PM. Three days per week Monday, Wednesday and Eridau Postidar week worlday, wednesday and Friday. Provider needs to have a vehicle and be willing to help a senior lady with her daily routine. Please leave a voice message by calling (619) 269-3434.

JOBS WANTED

SEAFOOD PROCESSOR/ DECKHAND. Looking for a job in this field, either in San Diego or Alaska. 5 years experience in Alaska with Trident Seafood. Call or text (858) 424-0037. Mr.

FULL TIME JOB WANTED by High school/College graduate healthy 64 male southern Californian. Reliable transportation. Seeking steady full-time employment in Miramar, La Jolla, Solana Beach, Carlsbad, north county. Dale Hauskins (858) 401-2973.

WANTED / TRADE

SEEK COASTAL LEVEL FARM-LAND Nonprofit needs your help to help feed folks in need. Do you own acreage or even a quarter acre with water that a pro grower can transform into a beautiful edible sanctuary? If so, please email with location, water source & terms: YouGoFarmGal@gmail.

SOLAR PANELS WANTED NEW & USED I am looking for solar panels & inverters that are reasonably priced or if they are old I will haul them away for free so they don't end up in the landfill, I am setting up an off grid system, I am looking for a large quantity. (760) 746-7209

SEARCHING FOR OLD TUBE STEREOS I am an Electronics
Hobbyist, and I am looking for
1960's vintage, Tube Type Stereo
Components to refurbish, such as
Fisher, Scott, McIntosh, Dynaco
& More. Maybe it is stored away in the attic or garage. I pay Ca\$h, so please call Jack (619) 296-3100 / jack22@cox.net

WE BUY USED IPHONE, SMARTPHONE We buy iPhones and Smartphones of any condition. Used, new, broken, scratched doesn't matter. We are ready to pay cash for the device. In the heart of San Diego, we're revolutionizing the way you sell your phones. (619) 518-2710 / sandiegoelectronicsbuyer@ gmail.com

LOOKING FOR OLD TUBE STEREO'S I am looking for that old Tube Stereo System that your Dad used to play. These Stereo Components were made in America in the early 1960's, by such Companies as Fisher, Scott, McIntosh, Dynaco & more. I pay Ca\$h, so please call Jack (619) 296-3100 / jack22@cox.net

CASH FOR OLD BROKEN WATCHES any condition running or not (760) 331-4744

LOOKING FOR RIDESHARE La Mesa area to Miramar Road. Weekdays only start 10 AM. Return 6:30pm. A m and/or p m. Or times close. (858) 264-7684

LOOKING TO BUY OLD DRUM SETS I pay cash. Text me pic-tures or call (619) 279-7833

ARTWORK BY D.M. SCHO-ARTWORK 97 D.M. SCHO-FIELD We are looking to acquire artwork signed D.M. Schofield, and artist who sold figure studies and drawings of the Coronado beach in San Diego about 20 years ago. vsgreene@yahoo.com

BUYING RECORDS, STEREOS AND GUITARS Cash paid for LP records, guitars, vintage stereos/ speakers. Brands include Fender, Gibson, PRS, Taylor, McIntosh, Marantz, Sansui, Pioneer, JBL, etc. We come to you! Call/text (760) 828-3515.

CASH PAID: FOR OLD STEREO GEAR. Receivers, Amplifiers, Speakers, Turntables. Call Me (619) 279-7833

INDIAN ARROWHEAD/ARTS Artifacts for my personal col-lection. Must be authentic and legally collected. No interest in modern reproductions. Call Steve at (619) 985-8562.

WILL PAY CASH For records, CDs, DVDs, and clothes. Profes-sional Singing Lessons available. Musicians Wanted. Call Jeff Clark. 858- 382-7396

OB SPACEMAN PAINTINGS WANTED Private collector seek-ing any and all of his art. Contact me at clintcarycosmicart@gmail. com or call or text (619) 684-0127

I BUY VINYL RECORDS all types, great prices paid. We don't just buy 2-3 records, we buy your whole collection. Call (619) 250-3088.

OLD SINGER SEWING MACHINES | buy Singer 221 Featherweight sewing machines. Call (619) 279-7833.

WILL PAY CASH.... For records, CDs, DVDs, and clothes. Professional Singing Lessons available. Musicians Wanted. Call Jeff Clark, (858) 382-7396.

I BUY COMIC BOOKS Cash for Old Comic Books. Text me pictures (619) 279-7833

I BUY HAMMOND ORGANS AND LESLIE SPEAKERS Text me pics 619- 279 - 7833

I BUY BIG FISHING REELS Text me pictures or call (619) 279-7833.

IBUY CAMERAS Cash offers. (619) 279-7833

\$500 REWARD for your three wheel motorcycle trike in excellent condition. Current registration, clear title, new tires, excellent condition only. Cash buyer. (760) 420-3641, send pictures

CASH PAID FOR OLD VW Bug, bus, van. I like to buy running or not. Call me at (619) 279-7833

WANTED: Speakers, amps and other old stereo gear! The most cash paid always! Brands like JBL, Altec, McIntosh, Marantz and more! Call 1(619)-303-8031; e-mail JBL@cox.net.

GARAGE SALES

VISTA MAKERS MARKET & BAR HOP Shop 35 local makers, enjoy refreshing brews and local eats! No MLM or direct sales will be present. This event is FREE to attend! You only pay for the items you wish to purchase and the drinks you want to consume. fb.me/e/1IUHZnI09 popups@iheartindiemarkets.com

SOCIETE MAKERS MARKET SOCIETE MAKERS MARKET
12-5P Shop 25 local makers and
artists with a drink in hand at.
Societe Brewing Co! 8262 Clairemont Mesa Blvd. San Diego, CA
92111. Products will be a wide
variety of handmade goods such
as jewelry, knit goods, home
decor, woodworking, prints, soap,
+ more! fb.mele/3r9BHLLj4 popups@iheartindiemarkets.com ups@iheartindiemarkets.com

FOR SALE

4 BEAUTIFUL NEW INTERIOR 4 BEAUTIFUL NEW INTERIOR DOORS Premium knotty alder, solid wood, mfg. by Craftsmen In Wood in Arizona, 1-3/4" x 3' x 8', no hinges or handles, they are extra doors from my remodel. I paid \$1,500. each. Selling for \$750/each. Call (760) 746-7209.

AKORN KAMADO SMOKER & GRILL Model 6719, never used - new in sealed box, \$250., no haggle price, in Escondido, call (760) 746-7209

BLUE RECLINING OFFICE CHAIR This swivel rolling fabric computer desk chair is well con-structed & very comfortable. It reclines up to about 30 degrees. A small tear on the back of the fabric backrest but otherwise it is clean & in good condition. \$35. Text for more info/pics. (619) 796-5510 / cadbcsd@gmail.com

BOOK COLLECTION, 570 BOOKS: 238 hardcover & 67 softcover, about 264 cookbooks, some hardcover & some softcov-er, selling all for \$390. No haggle price, (760) 746-7209.

DOOR KNOB HANDLES IN BRASS Eight 2 sided with center turn button. Good condition no dents or dings. \$6/each. Ideal for rental a fixer upper. (858) 484-4483.

FANTASY LIGHTS WALL MOUNTED FOR BATHROOM Eight bulb with bar, beveled glass background; was custom ordered. Good condition \$15. Ideal for rental fixer up. (858) 484-4483

FOUR OAK KITCHEN CHAIRS in great condition. Kitchen table style \$20 for four. Call (619) 601-

HIGH BIAS CASSETTE TAPES high bias cassette tapes can be used for recording, ten cents each. contact Paul (619) 222-0278.

HOOVER VACUUM \$100 or less in good best offer. In good condition. call (619) 601-3591

V TECH LANDLINE PHONE V tech landline phone with built in answering machine \$20. contact Paul (619) 222-0278. BLACK TABLE W/SHELVES & DRAWER This is a nice table & storage unit (16.5"x 15.5"x 28.75"H) with 2 adjustable shelves and a slide out bottom file drawer with rails for hanging folders. Some normal wear but fully functional & in good working condition. \$25. Text for more info/ pics (619) 796-5510 / cadbcsd@

IKEA GRAY PLASTIC STOOL CHAIR This high quality modern & stylish stool chair is designed for kids or small adults. The seat (18"x 13") is adjustable 15"-19" H & the back (12"x 4") reclines slightly. Clean & in very good condition. \$15 each or \$25 for both. Text for more info/pics (619)

OSCILLOSCOPES: Hickok model 5002A, three oscillo-scopes, I don't have probes, all three for only \$150. Call (760)

796-5680 / cadbcsd@gmail.com

SCHULTZFORM SLOTFORMER SF12 High pressure laminate forming machine, purchased new for \$5,000., very little use, selling for \$2,900., (760) 746-7209

SHOPSMITH MARK V MULTI TOOL: Includes table saw, band saw, scroll saw, belt sander, lathe, jointer, dust collector, many extra parts & accessories plus an additional table for mounting tools when not in use, \$975., call (760) 746-7209



SONY TV STAND /STORAGE CABINET This good-looking black heavy duty cabinet stand (27.5"x22"x18"H) has lots of space on top & storage inside the two 25"x15" shelves (adjustable). Easy push-open curved smoke

Office Administrator

1 year experience scheduling, filing, typing, and basic computer skills required. \$17+/hour.

Supervisor

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Salesperson

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Barred Surf Perch beginning to spawn -Bart Hall is in town this week

Dock Totals 2/4 - 2/10: 208 anglers aboard 12 half-day to 3-day trips out of San Diego landings over the past week caught 14 calico bass, 1 halibut, 64 lobster (142 released), 38 perch, 62 rock crab, 242 sand bass, 89 sculpin, and 208 whitefish.

Saltwater: Rainy weather kept most of the boats in their slips this past week, resulting in what is probably my lowest total anglers, trips, and fish caught for any week since beginning the fish report nearly ten years ago. That said, catching hasn't been the issue when folks do get out, as there are plenty of sand bass and whitefish biting for the half-day anglers. The rain seemed to turn on the bugs. too, as hoop-netters have been reporting solid limits of spiny lobsters between the fronts.

The storms coming down the line from the northwest reached halfway down the Baja peninsula, muddying up roads while putting a crimp in the fishing plans for anglers from Ensenada to Bahia de Los Angeles. As low-pressure systems drew wind up from the south, the usual Baja winter norteño winds abated and anglers on the southern half of the peninsula



Another chunky perch caught from the surf makes for a fun day, especially when fishing is otherwise slow.

enjoyed calm conditions and great fishing in both the Pacific and the Sea of Cortez.

Yellowtail has been the main target inshore in most locales, including Mulege and Loreto on the Sea of Cortez and from Bahia Asuncion to La Bocana on the Pacific side; while dorado, roosterfish, and sierra mackerel have been biting well from La Paz and around to the Los Cabos area. The long-range fleet running trips of 12 to 22 days has been doing very well on larger yellowfin tuna offshore down near the Ridge and banks outside of Bahia Magdelena, and though the wahoo bite has slowed, a few skinnies are still coming over the rail.

Closer to home and along the beaches, surf perch are beginning to go into their spawning mode and are biting very well on bait and plastics. Average size is increasing as the larger females fatten up to meet the high demand of giving birth to live fry. Where many fish lay eggs, barred surf perch are viviparous, often birthing their young when stressed during the fight when hooked. Females loaded with young perch tend to be obvious in their girth, and though it is a good idea to release pregnant fish, those that have a low chance of survival due to a swallowed hook or other injury can often be kept while releasing the fry. If the fish has not given birth by the time it is landed, anglers may be able to "force" birth by pushing their fingertip gently into the birth canal. The baby perch will come flooding out if they're close to being ready.

Barred surfperch primarily feed on sand crabs, shrimps, smelt embryos, anchovies, and sand worms. Though commercial gill netters work beaches in Mexico setting and pulling nets by hand, there is no commercial fishery for them in San Diego. The barred surfperch population has not been studied, but catch totals indicate they are healthy, and fishing for



They're not always playing. A pod of dolphin surf-hunting in Baja.

them has improved over the past two decades, especially during the El Niño and La Niña years. From 2015 through 2017, barred surf perch ranked as the number one retained species of recreationally caught fish from shore in California. (The recreational limit for barred surf perch is ten fish per angler per day.)

Given the El Niño-ish conditions so far this winter, it should be a very good season going forward for anglers pounding the sand in search of perch. Though perch are a year-round fishery here in Southern California and northern Baja, February through October is more active, with June usually being the best month. Surf perch make decent table fare, most often gutted, scaled, and fried whole until the skin is crispy brown. Their filets also work well in ceviche, though the meat can be a bit too soft and flaky for batter frying. Though humans do eat quite a few, surf perch are preyed upon by a wide variety of other predators as well, including bass, halibut, leopard shark, bonito, rockfish, seals, otters, herons, loons, osprey, cormorants, terns, gulls, and dolphin. Though dolphins are intelligent and playful, when we see them "surfing," it is more often a predatory method than recreation. By riding the larger set waves, dolphins — often working in a group — can surprise perch, croaker, and corbina that are feeding in the roiling surf as waves break. I have seen pods of up to a dozen dolphin surf-hunting in the waves, and while it is exciting, fishing generally shuts down while they are around.

As we are in the off season for much of the fleet, trade events are in full swing. The Bart Hall Show will be at the Del Mar Fairgrounds this Thursday through Sunday. Billed as "San Diego's Biggest Fishing Show, Biggest Boat Show, Biggest Outdoor Recreation event of the year," the event will feature knot tying demos, fly-fishing demos, kid's casting contests, and four stages with presentations and seminars on all aspects of fishing and outdoor recreation. There will be acres of fishing tackle vendors, rod and reel manufacturers, boats, kayaks, RVs and more. Tickets can be purchased for \$17 at the gate, or online at www.HallShows.com. Kids 15 and under are free. They're out there, so go get 'em!

DANIEL POWELL

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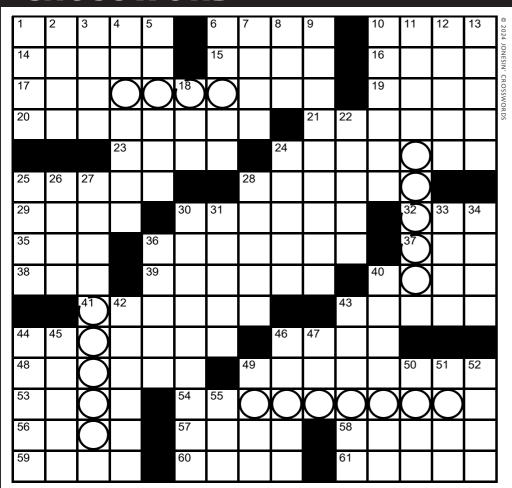
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CROSSWORD



Across

- **1.** As of yet
- 6. Judge's seat, in law
- 10. "Ray Donovan" actor Schreiber
- 14. Jumper cable terminal
- **15.** As well
- **16.** Give the creepy eye to
- 17. Remove all the dirt and grime from
- **19.** Server operating system
- **20.** Release
- **21.** Three-part vacuum tube in old TVs
- 23. "___ Little Tenderness"
- 24. Becomes enraged
- **25.** Double sextet

- 28. Borrower
- **29.** 2001 high-tech debut
- **30.** Apt answer for this clue
- **32.** It had a hub at JFK
- 35. Keanu's "Matrix" role
- **36.** What you may need to do to understand the four sets of circled letters
- **37.** Talking computer in "2001: A Space Odyssey"
- 38. Slippery tree
- **39.** Inquisition target
- **40.** Clock feature
- **41.** Kicks out
- **43.** Injection also used to treat **60.** Put a stop to migraines

- old movies
- 46. Tiger sound
- **48.** Cider fodder
- 49. England-Scandinavia separator
- **53.** Golden State sch.
- **54.** They're unbiased and accepting, and not shortsighted
- **56.** Wine bouquet
- **57.** Expert pilots
- **58.** Rice-___ ("The San Francisco Treat")
- **59.** Lawyer, for short
- **61.** "The Walking Dead" villain

- **40.** Available to rent
- **42.** Tennis shot
- 43. Role for Keaton and Kilmer
- **44.** Animals, collectively
- **45.** Disney World acronym
- **46.** "I Only ____ the Ones I Love" (Jeffrey Ross book)
- **47.** Airport code for O'Hare
- 49. "Great British Bake-Off" cohost Fielding
- **50.** Make out in Manchester
- Mode of "The 51.
- Incredibles"
- **55.** "His Master's Voice" company

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SOLUTION TO LAST WEEK'S PUZZLE:	U	Т	Α	Н		S	Т	Ε	٧	Е	R	I	Ζ	Ζ	0
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SUDOKU

MEDIUM:

		5		6	7			9
	8	1						
			5		8			4
4		3	7			6	2	5
5	6	8			9	3		1
8			3		4			
						2	8	
6			8	1		9		

SOLUTION TO LAST WEEK'S SUDOKU PUZZLE:

HARD:

8	1	7	5	3	2	4	6	9
3	9	4	1	6	8	7	5	2
5	2	6	7	9	4	8	3	1
1	6	9	4	5	3	2	8	7
4	5	8	2	7	1	6	9	3
7	3	2	9	8	6	5	1	4
9	7	1	6	2	5	3	4	8
2	8	5	3	4	9	1	7	6
6	4	3	8	1	7	9	2	5

Down

- 1. Rude response
- 2. "Falling Ślowly" musical
- **3.** Ticonderoga, e.g.
- 4. Took on grown-up errands, so to speak
- **5.** Like a phoenix
- **6.** Lightweight modeling wood
- **7.** Out of the breeze, to a sailor
- 8. Hush-hush govt. group
- **9.** In a satisfied way
- **10.** Thelma's cohort, in film
- **11.** "Disregard what you just saw ..."
- **12.** Avoid some syllables

- **44.** Gangsters' headwear, in
- **13.** Bewildered
- **18.** Slyly shy 22. Chángé color again **24.** Peasants of yore
- **26.** European car manufacturer
- **27.** Went by quickly
- **28.** "One of ____ great mysteries ..."
- **30.** Locale in a Clash title
- **31.** "Everybody ____" (REM song)
- **33.** Home of Baylor University 34. James Patterson detective
- Cross 36. Hobbits' homeland

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UNREAL **E**STATE

continued from page 5

also a wet bar with a pair of back-lit wine coolers.

The other side of the

living room features an enormous red couch, which is focused on the fireplace rather than the westward view, and seems to be in conversation with some ridiculously highbacked chairs that I would have to sit in before deciding whether to love or hate them.

There's a galley-style kitchen with a bar, reportedly with "all new gas appliances including dual refrigerators/ freezers." I would enjoy cooking in here, but from this angle, the slant of the exterior wall might make me feel a bit claustrophobic. (I'm fully aware

one tuck a whole sauna into the back of one of these closets? Yes, that appears to be the case. I hope no one minds if I make a mess running from here to the jacuzzi and back.

set up as an office, and in the laundry room, a Ralph Waldo Emerson quote suggests that dogs are less likely to attack us if we're dressed fancily.

We round out our tour with some more



A tub at the top of the tower

Speaking of the jacuzzi, we're now back in the same bathroom where our tour started, except now we can see a double vanity sharing space on the elevated platform with the spa, and a separate walk-in shower with glass walls and a dizzying array of

views from on high and a peek at some of the common amenities our \$1745/month HOA dues cover, including a pool deck, barbecue area, and various entertaining patios. You also get three covered parking spaces, access to a media center and clubhouse

with kitchen, and 24-7 concierge staff to handle your mail and packages.

Public records list the current owner of the 4002 penthouse as a Richter Family Trust. It last sold in 2006 — at the height of the last real estate boom — for a reported \$4 mil-

reported \$4 million. The unit has been offered for sale several times since then; the most recent listing went live in late September and carries an asking price of just \$3,333,000. A little too spendy? You can also rent the space unfurnished for \$10,000/ month — perhaps to try

before you buy. ■



Sunsets fit for a hot tub king

that this is a silly thing to think in an apartment that occupies more than 3600 square feet of space.)

Next we're off to a reasonably spacious bedroom, but it seems we're really here to look at the "custom California Closets" that might rival the room itself in size. And wait — did some-

showerheads (the listing also notes that a steam option is available). Hopefully, this means the sauna's not too far a jaunt after all.

We see another bedroom and a couple of baths, nicely remodeled but not as opulent as the primary suite. A third bedroom seems to be

News You Can Use

 Researchers at Western Sydney University have revealed results of a study showing that frequent nose-pickers may have a higher probability of developing Alzheimer's disease. WION-TV reported on Feb. 7 that the habit introduces germs into the nasal cavity that trigger the brain to produce beta-amyloid as a defense. An abundance of beta-amyloid is believed to be the leading cause of Alzheimer's. "It is essential to note that the temporary relief obtained from nose-picking is not a substitute for proper nasal hygiene," the report said – "proper nasal hygiene" being "regular cleaning and maintenance of the nasal passages through gentle methods such as saline nasa rinses or blowing the nose."

Sweet Revenge

- Paul Gibbons, 63, of Kingsclere, England, paid about \$32,000 to have his kitchen remodeled a year ago, the Basingstoke Gazette reported. Wickes, the company he chose to do the work, bungled it, according to Gibbons: "The finish throughout is so poor, and half the kitchen doesn't fit as it should. I agreed to the contract and what I was told would be two weeks of work, and ... I am left with a kitchen which I can't even use as you should." As a result, Gibbons demanded a refund, but when he couldn't get that, he parked a decommissioned 1963 gun tank that he had borrowed from a friend outside the store. Wickes called that "unacceptable and aggressive behavior" and threatened to have the tank removed. But Gibbons isn't budging: "I want my money back and want them to take that kitchen out of my house so I can get a new one."

Consumer Report

 After 2 1/2 years, Jackie Nguyen of Seattle "just didn't like" her couch any-more, USA Today reported on Feb. 1. After checking with Costco's return policy, Nguyen returned the couch to the store for a full refund. "We just didn't like the color anymore," she admitted on a TikTok video. Nguyen didn't even have a receipt - but she did have a good memory and could tell the clerk the date she bought the sofa. The clerk looked it up and refunded \$900 to her card. Costco told Nguyen that returned items are donated, resold, returned to the manufacturer for a credit or refurbished.

Field Report

- On Jan. 20, as an Amish couple from Shipshewana, Indiana shopped at a Walmart in Sturgis, Michigan, Lona Latoski, 31, allegedly climbed inside their buggy and directed their horse away from the parking lot, MLive.com reported. A witness saw the woman drive off and thought it was odd that she wasn't Amish, but didn't report the theft. When the couple came out and realized their ride was gone, a truck driver offered them shelter from the cold and alerted police, who tracked down the buggy at an Admiral gas station, where it was parked. Latoski was located in the motel next door, hiding under a pile of clothing in a shower. She admitted taking the horse and buggy and said she had "instant regret ... but she was

cold and needed to get home," the officer said. "I asked her if she had ever had any training with equestrians," he said. "She did not know what 'equestrian' meant." (Apparently, nor did the officer.) Latoski was charged with larceny of livestock and general larceny.

Weird Science

- Jason Clampit, 43, was arrested on Jan. 24 after it came to the attention of the FBI that he might be manufacturing the poison ricin on his property in Winslow, Arkansas. KNWA-TV reported that an anonymous caller told the Washington County Sheriff's Office that Clampit might have poisoned his mother with ricin, and when his property was searched, officers found castor beans (the source of ricin) and a jar of suspected liquid ricin. According to text messages included in the affidavit, Clampit told his sister that he "made it to get people to stay out of our woods. There's a group of thieves out here called the Owlers. They snoop around watching people at night. They dress in gilly suits and hide in the bushes. So I made this stuff and I set up traps in the woods." He was held on a \$500,000 bond.

The Entrepreneurial SpiritOn Feb. 3, police in Calgary, Canada, caught up with "Alex Lee," whom they had been tracking since Christmas Eve. The Calgary Herald reported that Lee, whose real name is Seyyed Amir Razavi, was charged with drug trafficking in connection with an unusual scheme: The 30-year-old handed out business cards with "free samples" of cocaine stapled to them at a local casino in an effort to boost his sales. At a search of Razavi's home, police found almost 60 grams of cocaine, a digital scale, cash and Alex Lee" business cards.

- When Carole Germain, 46, of Brest, France, adopted a pig in 2020, she didn't foresee that Couscous would lead her to a new business venture: pig pedicurist. Yahoo! News reported that Germain, who runs a bar in Brest, has started traveling all over France to trim the tusks and hooves of porcine pets. In fact, she's selling the bar to devote herself full-time to the practice. "It's nuts. I thought I was the only person who had one hogging the couch. But there are thousands," she said. On one trip around the south of France, she treated 43 pigs.

Animal Antics

 On Feb. 1, the lights went out in central Toronto, darkening traffic signals and trapping people in elevators, Reuters reported. Crews who investigated found it was a roguish raccoon who made contact with equipment at the city's Hydro One electric station. (The raccoon did not survive, a spokesperson said.) About 7000 were affected for about three hours, Hydro One reported. While raccoon-caused outages are not unheard of, squirrels are the more common culprits.

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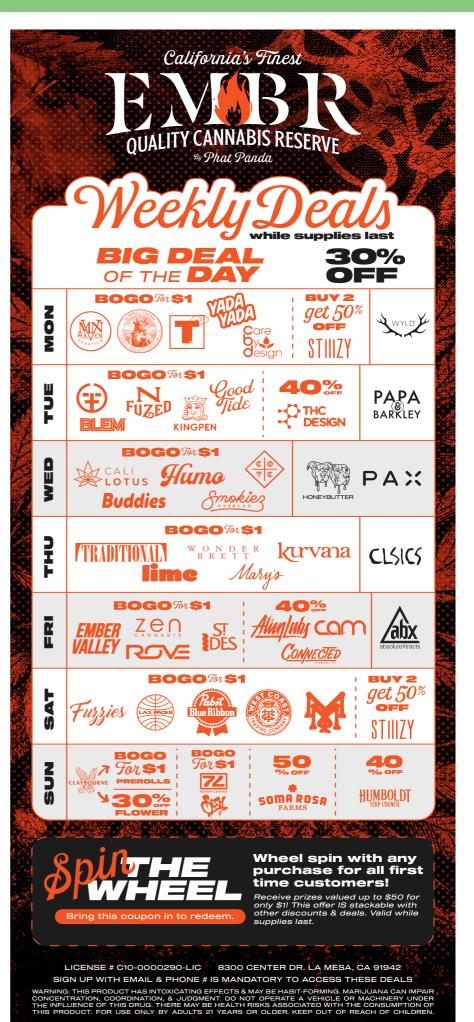


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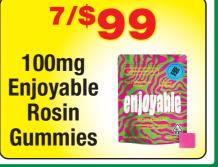












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