

A photograph of a woman with dark, wavy hair sitting at a dark wooden table. She is holding a glass of red wine to her lips and drinking. She is wearing a white, puffed-sleeved blouse and a necklace with large, irregular pendant pieces. To her left, a young girl with dark hair is looking down at something in her hands. To her right, a young boy with dark hair is looking directly at the camera. He is wearing a red and blue polo shirt. On the table in the foreground, there is a colorful container holding various plastic utensils (red, yellow, blue, black) and a small yellow toy car. The background is slightly blurred, showing a window with light coming through.

# Reve

S A N

VOL. 46 | NO. 14 | APRIL 8, 2021

A year of  
school at home

## THERE ARE STILL TEARS

Drinks All Around: Fernside's Nude Beach ■ Border Patrol plays hide-and-seek with tunnelers



## BOARD CERTIFIED PLASTIC SURGEONS IN TIJUANA ELEVATE THE STANDARDS OF MEDICAL CARE



Their patients put their trust in them because they only operate in places with first class facilities and state of the art technology. As the world's busiest border and the city of reference for medical tourism, it was only fair and necessary that two plastic surgeons from Tijuana be the ones to raise the standards of medical care after being certified by the board of Mexico.

Doctors Eduardo Ochoa and Nicolas Leyva, located in a tourist area of Tijuana just 5 minutes away from the border, are two young plastic surgeons with a contemporary concept of beauty, with innovative ideas

and techniques, whose mission is to offer their services with professionalism, ethics and safety, thus generating confidence and satisfaction in their results.

In addition, among their priorities is to provide excellence in the treatment and personalized attention, as well as the commitment focused on the welfare of their patients.

If you would like to receive the best care from these certified surgeons, you can schedule an appointment with MedBaja at number (619) 439-1808 or send an email to [info@medbaja.com](mailto:info@medbaja.com), for more information.

As it is widely known, many foreigners seek certain medical services in Tijuana, not only because of its facilities, but also because of its cost, which is much cheaper than in countries like the United States (even 70% less).

"We offer comparable or even better results than many plastic surgeons in other countries such as the U.S. and at a lower cost," said these Tijuana doctors, who added that they only operate "in places with first class facilities and state of the art technology."

### What services do they provide?

Some of the services they offer are:

- Face (Facelift, eyelid surgery, brow lift, lip lift, fat transfer, buccal fat removal, chin liposuction, rhinoplasty)
- Breast (breast augmentation, breast lift, breast reduction, implant replacement)
- Body contouring (liposuction, tummy tuck, Brazilian butt lift, mommy makeover)
- After Weight loss Surgery (patients who had gastric sleeve or gastric bypass) and require removal of excess skin.
- Minimally invasive procedures: Botox, fillers



If you want to be one of the **beneficiaries** of the flexible **prices** offered by these surgeons, MedBaja will be able to **assist you quickly, just call (619) 439-1808**.

What makes these young surgeons renowned for their excellent work is that they are not only detail-oriented, but also seek to understand and know their patients in order to achieve the result they desire, since they understand that beauty is different according to each person's perspective.

One fact that is also important to point out is that both specialists study the health status of the

patients to determine if they can go under surgery, something that is not seen very often and that of course is necessary to know.

In case you need any of the **services** that these **surgeons** offer, we invite you to **contact them at (619) 439-1808** so that your doubts can be resolved and you can **schedule an appointment with one of them**.



Medbaja.com • (619) 439-1808 • [medbaja@sandiegored.com](mailto:medbaja@sandiegored.com)



## Choose San Diego's Breast Augmentation Specialist Steve Laverson, MD, FACS

We Take Your Safety Serious with the Cleanest and Most Sterilized Facility

- Easy payment plans, as low as \$199 OAC
- Fully accredited on-site surgery center, Board Certified Plastic Surgeon in San Diego for 26 years with hospital privileges: safety and quality are our priorities
- Large online gallery at [feelbeautiful.com](http://feelbeautiful.com)
- Centrally located in Sorrento Valley at I-5/805 merge, between La Jolla and Del Mar
- Try implants on for size in the office, and simulate your result in 3-D!
- Up to twenty year warranty on implants
- **WARNING: Do NOT have breast augmentation unless you can handle more attention**

Mention The San Diego Reader ad for **\$500 OFF Your Procedure**  
(restrictions apply, call for details)



P.S. Don't worry, Mom knows us.  
She called the office yesterday and  
said "it's OK!"



**FEEL  
BEAUTIFUL**  
Aesthetic Wellness &  
Plastic Surgery  
**STEVE LAVERSON, MD, FACS**  
**(858) 295-3130**  
11199 Sorrento Valley Rd.,  
Ste. 202 San Deigo



Steve Laverson, M.D.

[feelbeautiful.com](http://feelbeautiful.com)



## LETTERS

We welcome letters pertaining to the contents of the Reader. Submit them at [sdreader.com/letters](http://sdreader.com/letters) or phone them in at 619-235-3000. Include your name and neighborhood. Letters may be edited for length and clarity.

### Wasting away in foodville

With all respect to the article “Can Edco get San Diego to cut food waste in half?” (Cover Stories, March 24) I believe that food waste should not be allowed. The reason I say this is because this food can be used to help the homeless. In different cities we can find a homeless person who does not have enough money to purchase food. Homeless people struggle to have a meal and by donating unused foods to them it can be a big support. A high amount of food is being thrown away.

The article mentioned that annually 332,000 to 500,000 tons of food is going to waste. Food should not be thrown away. This food should be given to people who need it. Many people who are homeless or struggle to obtain food possibly have health issues. Currently with the pandemic many people are struggling to own a job and by providing them with food they will have one less thing to worry about.

By taking an action to this issue the number of homeless people can possibly decrease. Some of the ways we can do this is by having big companies donate their foods to organizations who work with the homeless or food pantries. If an action is not taken many more people can possibly develop a health issue. In conclusion, food companies or restaurants should donate their leftover foods. Instead of throwing out food that will not be used, companies should provide these goods to the homeless. There is a

lot of food annually that is being thrown away that can be a benefit to others. Some of the ways that we can get involved with this issue is by purchasing left over food and donating it to the homeless or food pantries.

Jennifer Estrada  
Albany Park, Illinois

### Border burrito ordeal

I’m 67 and first came to SD in 1981 for duty on the USS Juneau LPD-10 (“Mexican-American runs into TJ cops at border”, Neighborhood News, March 15). The Navy had at that time put TJ downtown off limits but the sailors went there anyway.

I bought a 55 Chevy Panel Truck and would go surfing at k 38. Once I went across the border with an art class and paid the local kids \$5 to watch my car, “Unless you want it vandalized.” I was warned. I suggested we walk to Via De Revolution, and the class said, “No.” “Do you know what the cops do to you there? They take you aside and take you money or beat you up if you have no money!” So nothing much has changed in 40 years!

Edward E. Matus  
Flynn Springs

**Comments from SDReader.com** — *not edited for punctuation, spelling, or grammar.*

### “San Diego’s ghost kitchens”

Cover Stories  
March 31

All this plastic and Styrofoam is an environmental disaster. There is a real opportunity for someone to start a business to inform the public who uses environmentally better take out containers and who doesn’t. Of course the other good business is to create take-out containers that are environmentally thoughtful.

I personally can’t bring myself to buy from an establishment that gives me their product in these environmentally disastrous materials. And I know I am not the only one who acts this way.

—rplm

*continued on page 4*

# San Diego Reader

SanDiegoReader.com  
619.235.3000

April 8, 2021



PHOTOGRAPH BY MATTHEW SUAREZ

Wine helps — page 14



Actually, not for kids after all — page 6



Chicken larb from So Saap — page 24

## ADVERTISING

### Display Ads

Automotive .....	31
Cannabis .....	36
Classifieds .....	29
Health and Beauty .....	18
Legal Solutions .....	11
Massage .....	35
Music .....	27
Research Studies .....	16
Restaurants .....	23

## NEWS & FEATURES

Letters .....	1
Neighborhood News	
Border Patrol plays hide-and-seek with tunnelers .....	2
News Ticker	
Uncertain times for the <i>Los Angeles Times</i> .....	3
Under the Radar	
Akilah Weber still raking in the funds .....	3
Ask a Hipster	
Why do I feel compelled to buy discount, post-Easter candy? .....	4
Drinks All Around	
The Nude Beach at Fernside .....	8
Unreal Estate	
“...in the highly desirable neighborhood of Mission Hills.” .....	8
Golden Dreams	
El Indio’s Rube Goldberg-esque tortilla machine; racist food? .....	12
There are still tears	
A year of school at home, by Elizabeth Salaam .....	14
Surf Diego .....	32
Puzzles .....	34

## CALENDAR

### Events

Art, Book-signings, Classes & Workshops, Comedy, Dance,	
Discussion Groups, Food & Drink, For Kids, Lectures,	
Outdoors, Special Events, Spoken Word, Sports & Fitness .....	20

### Poetry

“April is the cruellest month,” Part I of <i>The Wasteland</i> , by T.S. Eliot ....	21
---	----

### Restaurants

Tin Fork: “reasonably authentic” at Underbelly .....	23
Feast: So Saap so good, luscious Lao food in Chollas View .....	24

### San Diego Booze News

Local sports return with local beer and booze partnerships .....	22
--	----

### Music

Blurt: local punk; local jazz radio .....	25
Local Five: San Diego acts you ought to check out .....	26
Immortal beauty: top five second-best operas .....	27

### Movies

CG monsters exchanging rock ’em-sock ’em haymakers .....	28
--	----



Earn up to \$125 for your story and photos. Go to [sdreader.com/write](https://sdreader.com/write)

# NEIGHBORHOOD NEWS

By Reader stringers

DOWN THESE MEAN STREETS

## Crimes of the times

### Rape down, murder up, theft...

On March 10, the San Diego Police Department posted an online graphic showing their 2020 Annual Crime Statistics. The graphic indicated that overall crime was lower by 8.4 percent throughout the city of San Diego. The department broke down the numbers for each type of crime: burglary dropped 6.2 percent, vehicle theft dropped 4.2 percent, rape dropped 13.5 percent, robbery dropped 10.3 percent, and theft...

"There's no way theft is lower by 12.9 percent," John S. opined. "Did they not count the porch pirates stealing Amazon packages? My Otay Mesa West neighbors complain

"Did they not count the porch pirates stealing Amazon packages? Maybe most of our neighbors don't report their stolen packages to the police,"

daily on NextDoor about stolen packages. I'd see 10-15 porch pirate reports in a week alone. Maybe most of our neighbors don't report their stolen packages to the police, and claim [a refund or a replaced product] directly through Amazon, PayPal, eBay, or the credit card companies." In John's south San Diego neighborhood, there were 120 theft/larceny reports made from January 2020 to December 2020, according to the Automated Regional Justice Information System Uniform Crime Reporting study. Of the 120 thefts, 57 were valued at more than \$400, while 63 were less than \$400. The automated report was posted on the SanDiego.gov website on March 16; it breaks down the numbers of crime types reported in each San Diego neighborhood. On a 2019 UCR search of theft/larceny reports in John's neighborhood, 143 reports were made.

John's friend Steve H. was skeptical about the drop. "There were 23 fewer theft/larceny reports in 2020 as compared to 2019? I don't think vehicle theft is down 4.2 percent either, not to mention catalytic converter thefts. Both [types of] crimes seem more apparent on Facebook and NextDoor, or it could be that we were online more since the March 2020 lockdown." According to the UCR report, in 2020, Otay Mesa West had

115 reported auto thefts. Pacific Beach had the highest reported auto thefts in the city at 216; San Ysidro followed at 214.

"I'd guess rape was down as bars were closed most of the year," commented a Golden Hill dweller on NextDoor. "So much of the year we couldn't go out to bars, or

the hours were limited, and drinking-based events were canceled." On the UCR report, there were 485 rape reports throughout the city; the East Village neighborhood had the highest number of accounts at 24.

Contrary to the various drops cited by the graphic, aggravated assault increased by 9.1 percent, and the murder rate increased by 10 percent. According to the UCR report, there were 56 murders in the city of San Diego in 2020.

MIKE MADRIAGA

## ON THE STUMP Pepper purge progresses Sidewalks deemed to provide more concrete benefits

Over the past two months, the city has cut down four pepper trees in Kensington that are as old as the subdivision itself. There are only about 32 left, and some residents wonder where will it end. "After giving residents the feeling they'd won a reprieve for the trees, the city snuck back in when nobody was around and cut three more trees down," says Alex Finlayson about the latest incident.

The trees were planted throughout Kensington in 1910, their now-thick canopies linking past and present, prompting locals to seek heritage status to protect them. The

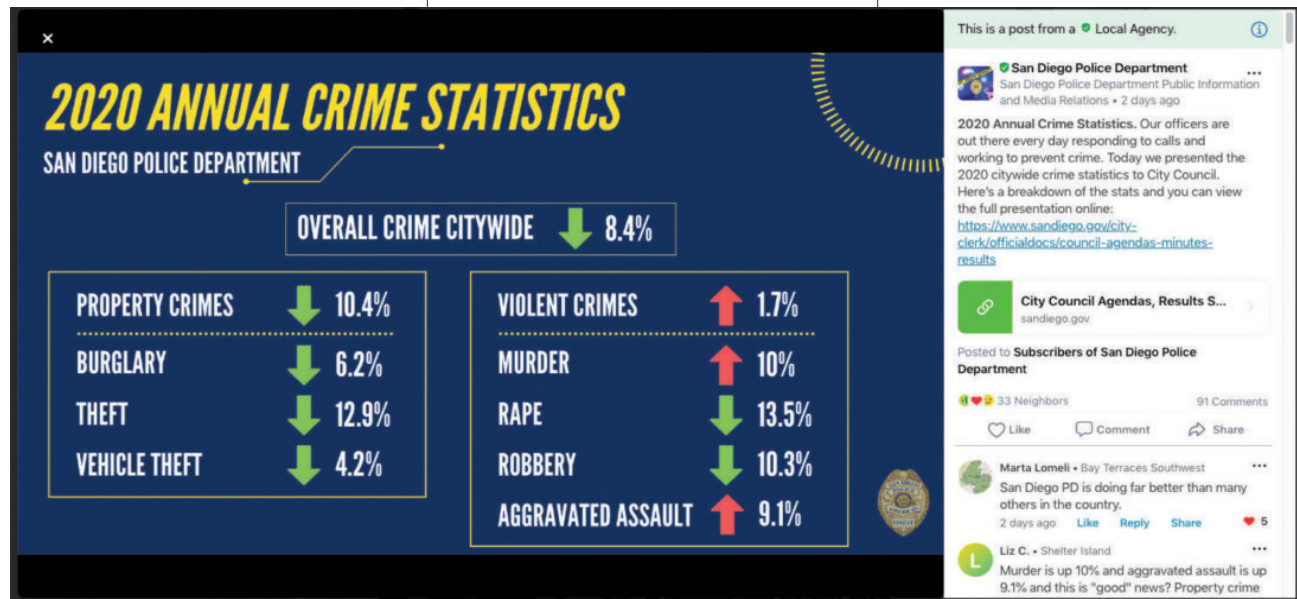
city denied the request, citing the species' sidewalk-busting roots. Like palms, peppers were planted everywhere, and now some cities see the willowy icons as a nuisance, especially those who want a berry and buckle-free sidewalk. But unlike palms, the fast-growing, drought tolerant pepper — an evergreen from South America — yields ample shade and soaks up greenhouse gases, desirable traits for street trees. As these residents see it, both trees and sidewalks are infrastructure, and the city has chosen to

"There's no way theft is lower by 12.9 percent."

save the sidewalks.

In historic Old Town, at least 20 mature pepper trees were removed in 2015 to make way for a street improvement project. Advocates for the trees said they were first told only a few would be cut down, then it turned out to be most of them. Coronado is on an even bigger mission. The city began taking out all 900 of its pepper trees in 2017 due to their age and sidewalk debris. Each year, another 40. But unlike Kensington, residents

continued on page 6



One of the trees on Marlborough Street that was recently removed.

PHOTOGRAPH BY MAGGIE MCCANN



# NEWS TICKER

## Uncertain Times

Finding someone to captain a sinking ship can be tricky

A widely anticipated “all hands” California Times staff meeting on March 25 failed to produce any good news, other than a declaration by president Chris Argentieri that

“very early in the process of selecting the best candidate and I am confident we will do so,” did not appear at the meeting, according to the report.) Besides the *L.A. Times*, California Times owns the *San Diego Union-Tribune*. The long delay in choosing a new *Times* chief has fueled



California Times President Chris Argentieri: why isn't this man smiling?

the *Los Angeles Times* was closer to the end of its long search for a new top editor. “I can understand why some may feel that it's been a slow process, a drawn-out process; I don't really view it that way,” Argentieri told the employees regarding the unfilled L.A. spot, according to *The Wrap*. “I don't think our owners view it as a rush. We want to get it right. I think everybody benefits from that. A number of esteemed journalism organizations that have reported on names and candidates and top candidates and people withdrawing and all of those things, it's been quite far from being rooted in anything approaching reality. But that is what it is,” he added. “We're making progress. I think we're getting close. We will obviously let everybody know as soon as the decisions been made, but it has not at this point.” (The *Times*' owner, Patrick Soon-Shiong, who two weeks ago told newspaper business analyst Rick Edmunds that he was

growing speculation that California Time's owner, L.A. billionaire Patrick Soon-Shiong, will unload both papers to controversial vulture investor Alden Global Capital. That speculation no doubt increased following Argentieri's statement that the firm was trying to cope with a “catastrophic drop in revenue for the company, north of \$50 million on top of a business that was already using cash and not producing cash” — again, per *The Wrap*. “What we saw in 2020, was [an] acceleration of trends that we were well aware of and have been aware of, really, for far more than a decade,” Argentieri said. “We won't go back, particularly in print advertising, to where we were. We lost tens of millions of dollars in advertising revenue pretty much instantly in March 2020, and the pandemic continues to take a toll on the public health and take a toll economically. We are still operating with great uncertainty.”

Matt Potter

# UNDER THE RADAR

## Human flood detection

With the border between the U.S. and Mexico once again an immigration battleground, the war to staunch the flow of undocumented crossers from Mexico to San Diego is being fought in the frontier's byzantine bevy of flood control and smuggling tunnels. So says the Homeland Security department's Office of Inspector General. “Since 1990, Border Patrol has discovered approximately 190 cross-border tunnels through manual methods such as human observation of traffic patterns, law enforcement efforts, and routine patrol operations,”

per a newly released February 23 audit report. “For example, the San Diego sector has 36 storm drain tunnels that require 24/7 monitoring by patrol agents. These storm drain tunnels must often remain open to allow for normal operations and, absent technology capability, require direct physical surveillance to deter illegal access.”

Beefing up surface border barriers could force more human traffic underground, and halting the flow won't come cheap, the document adds. “Border Patrol expects that security improvements introduced by the new border wall may increase the threat of cross-border tunneling. But CBP currently lacks adequate technology to detect tunnels or tunneling activities or monitor permanent, cross-border tunnels. Senior Border Patrol officials expressed during interviews an urgent need for a technology solution to aid detection efforts and alleviate risks to field agents.” Auditors found that the progress of a year-long plan to beef up underground capabilities has thus far been slow. “In January 2020, [the Department of Homeland Security] approved the Cross-Border Tunnel Threat program, which Border Patrol described as a network of permanently installed sensors to detect, classify, and localize subterranean activities.” But the effort “to implement 6 miles of Cross-Border Tunnel Threat capability along the southwest border, with nearly 100 total miles” by 2030, has thus

far failed.

“According to Border Patrol officials, establishing an effective solution for tunnel detection required many years of development because technology with the unique requirements involved in detecting tunnels did not exist.” Adds the document, “[Customs and Border Patrol] has deployed about 28 percent of the surveillance and subterranean technology solutions planned, even after receiving more than \$700 million in funding since fiscal year 2017. Shifting priorities, construction delays, a lack of available technology solutions, and funding constraints hindered CBP's planned deployments. Consequently, most southwest Border Patrol sectors still rely predominantly on obsolete systems and infrastructure with limited capabilities.”

**Merchants of grease** Corporate special interest cash continues flowing into the campaign funds of Democratic Assembly hopeful **Akilah Weber**, daughter of California Secretary of State **Shirley Weber**, the previous holder of the same Assembly seat. New money to Akilah Weber's 2021 election committee includes March 29 contributions from biotech giant Genentech (\$2000) and the Associated General Contractors PAC (\$3000). Trash collection giant Republic Services came up with \$3000 on March 25 and the Consumers Attorneys PAC kicked in \$4900 the same day. Akilah Weber's 2022 election committee, already in business, also picked up more money, including \$4900 from online food delivery service Doordash on March 22, and \$1500 from drug delivery firm Sunovion on March 17.

The only recent individual giver was Solana Beach's **Rich Leib** with \$1000 on March 29 to Weber's 2021 campaign account. A member of the



The campaign funds keep rolling in for Assembly hopeful Akilah Weber.

UC Board of Regents and ex-Solana Beach School Board member, Leib is chief executive of Dunleer Strategies. His online regents' profile describes the outfit as “a San Diego-based consulting firm that works with emerging companies to develop strategies to help them meet short and long-term business goals. Before that, he spent 15 years as executive vice president and general counsel for Liquid Environmental Solutions, a company he cofounded and helped grow into the leading non-hazardous liquid waste recycling company in the U.S.”

Leib's waste business has not been without controversy. In September 2016, the firm's “state-of-the-art” grease-and-grit processing plant raised an underprivileged neighborhood ruckus in Austin, Texas, according to an account by TV station KAXN. “We don't need any more giant trucks rolling down that street,” Colorado Crossing resident **Kalinda Howe** told the station. “Nobody would build this in West... Austin.”

A February 2016 report by the *San Antonio Express-News* highlighted the legislative clout Leib's firm had cultivated in the Lone Star state. “Liquid Environmental, which has operations in 24 states, first showed up in Texas in 2002 after buying dewatering plants in San Antonio, Houston, Dallas and Austin. It since has opened plants in El Paso and Weslaco.”

Critics, the story said, “allege Liquid Environmental has persuaded legislators to introduce a series of bills since 2003 that would increase the barriers to entry for businesses like theirs.” Added the piece: “Since 2002, Liquid Environmental executives **Alan Viterbi**, Rich Leib, **Peter Crane**, **Patrick Reilly**, **Dana King**, **Brian Bidelsbach** and the company itself donated a total of \$38,500 to Texas legislators' campaigns.”

— Matt Potter (@sdmattpotter)

**The Reader** offers \$25 for news tips published in this column. Call our voice mail at 619-235-3000, ext. 440, or [sandiegoreader.com/staff/matt-potter/contact/](mailto:sandiegoreader.com/staff/matt-potter/contact/).



Waste magnate Rich Leib, of Solana Beach, gave \$1000 to Akilah Weber.



ADVICE YOU  
DIDN'T KNOW  
YOU NEEDED

# Ask A HIPSTER

HIPSTER@SDREADER.COM



## Hipster:

*Why do I feel compelled to purchase discount, post-Easter candy when I would never, under normal circumstances, purchase a giant bag of Kit Kats and mini-Snickers for myself? Is there something about leftover holiday candy that somehow makes it taste better than regular candy?*

— KELLY

## Dear Hipster:

*Is it true that Peeps can cure scurvy?*

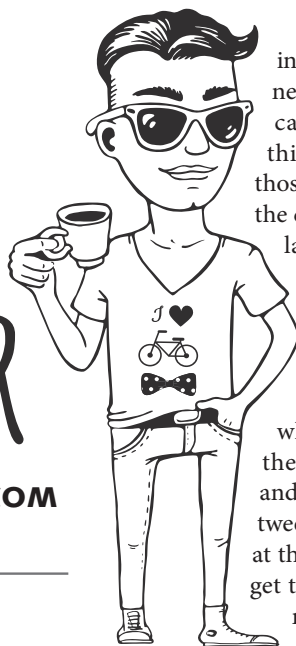
— DALE G.

## Dear Hipster:

*If, hypothetically speaking, I were to go out and purchase an obscene amount of obsolete, half-priced Easter candy from the local Rite Aid at any point during the week or so after Easter, would that make me more of a shrewd entrepreneur who knows how to buy the dip, or a sad glutton with a soon-to-be-defunct pancreas?*

— BRAD

Some people will tell you candy market timing is a myth, little more than a trick used by con artists to talk unsuspecting candy investors into liquidating their candy 401(k)s so they can buy into a “system” that doesn’t exist. These people clearly aren’t reading the right Reddits. If they were, they’d know the seasonal candy market goes through bull and bear cycles like any other market, and if you play it right you can be raking in that sweet, sweet candy like the candy wolf of candy Wall Street. But timing is everything. People who get



in too early end up paying nearly full price for prime candies (basically anything Reese’s and maybe those caramel turtles), and the chumps who get in too late are stuck with leftover Smarties and gigantic buckets of seasonal Twizzlers. The smart candy shoppers — the ones who have been following the right threads all year and ignoring all the wrong tweets — get in there right at the point where you can get the good stuff at maximum markdown.

The art of post-holiday candy purchasing is, of course, not limited to Easter, unless you only want discount holiday candy in pastel-colored packaging, in which case Valentine’s Day and Halloween aren’t going to do it for you. Another big advantage to post-Easter candy liquidation is the relatively high ratio of Peeps to all other candy during the Easter season. Sure, there are “Peeps” for all seasons, but does anybody believe the lie that pumpkin Peeps and Santa Claus Peeps really count as Peeps when they obviously look nothing like

little baby chickens? I, for one, take no solace in even Peeps bunnies, and they’re the most Easter-adjacent of the ersatz Peep varieties.

All of this is to say you should take no shame in gorging yourself on deeply discounted holiday candy. Post-holiday candy discounts give adults all kinds of

marvelous excuses to indulge, from thrifty (“Well, it was only \$3.99 for a short ton of tootsie rolls”) to ironic (“Normally I don’t go in for candy but I couldn’t resist a package of half-melted chocolate bunnies that look like extras from a 1980s horror flick”) and everything in between.

Furthermore, although Peeps cannot prevent scurvy because they contain zero vitamins, a package of peeps has about 1 gram of protein in it, so if you ate about 1000 peeps it would be roughly analogous to the protein intake you would get from eating one of those ultra-salty roast chickens from Costco. It’s probably a tossup which of those diets would kill you faster.

— DJ Stevens

## LETTERS

continued from page 1

### “Does it feel as if San Diego crime is down?” Neighborhood News March 30

There’s no way crime is down in the North Park area. Theft, burglaries, assaults, vandalism, all up. Statistics are meaningless if the majority of crimes are not reported. Since the police have a ‘hands off’ policy that doesn’t allow them to arrest for anything under a physical assault because of Covid, many people don’t bother to report since it’s wasted time. So crimes are committed in broad daylight, the perp is identified, and at best they get a citation. I recommend joining ‘Stolen Bike San Diego’ on FB if you want to get a real time example of the out of control theft in this city.

—Thomas Coyne

Percentages mean nothing unless the numbers are attached. I remember a headline in a local paper that screamed “Murder rate doubles” and “Murders rate is up 100%” in actuality there was one murder the year before and two murders the following year thus the headlines. A 10% increase or decrease means nothing unless you know the underlying numbers. Also the numbers and percentages are based on reported crimes. Many crimes go unreported especially property crimes.

—AlexClarke

I agree with Alex. Crime stats don’t mean anything unless numbers are attached. And for those of you who keep posting on Facebook or Next Door (crimes in your neighborhood) all you’re doing is drawing more crime into your neighborhood. You’re not helping your neighbors. You’re helping criminals who “do it for a living.” Be careful what you post. You never know who is reading.

—Socks3742

### “Exec’s talk fuels more rumors of Union-Tribune’s doom” News Ticker March 29

The *San Diego Union* is nothing more than *L A Times* South edition. I live in a small condo complex. When I moved in almost everyone got a newspaper. Now only two people get a newspaper. Both are elderly.

—AlexClarke

All the talk of hiring a new editor for the combined papers is a distraction from the real issues that were also mentioned. Ad revenue for papers in general is in a free fall, with the old and traditional newspaper advertisers abandoning them, and little is coming along to replace them. One big “cash cow” for papers was classified advertising, a feature of publishing that wasn’t glamorous or eye-catching, but necessary and most profitable. For most papers, that is just about gone. So, who they hire to edit the shrinking papers isn’t going to make much difference at all. He/she won’t bring back the readers and subscribers, and won’t bring back the advertisers and their revenue. Sort of like rearranging deck chairs on the Titanic, don’t you think?

—Visduh

### “Valley Farm is the market every neighborhood should have” Feast! Restaurant Reviews March 12

Since no one else has posted a comment, I will. Yes, stores like that one, family owned and operated, can do great things if they choose that approach. But it is a huge amount of work that is required to make it go, and anyone who runs an operation like that is in danger of burnout. Too often there isn’t a smooth handoff from one generation to the next, and good operations just end up folding, in that the owners just cannot find a buyer.

## EDITOR

Jim Holman

## NEWS & FEATURES EDITOR

Ernie Grimm

## SENIOR EDITORS

Matt Potter, Matthew Lickona

## EDITORIAL ASSISTANT

Chris Woo

## CONTRIBUTORS

Ian Anderson, Thomas K. Arnold,

Ed Bedford, Robert Bush,

Joe Deegan, Dave Good, Moss

Gropen, Dryw Keltz,

Thomas Larson, Ken Leighton,

Mike Madriaga, Bill Manson,

Derek Pike, Ian Pike,

Elizabeth Salaam, Jay Allen Sanford

## CHIEF REVENUE OFFICER

Stephen Hatch

## SENIOR ACCOUNT EXECUTIVES

Eduardo Bravo, Brett Flynn,

Holly Micelli, David Phillipich,

Randy Rice, Graeme Storey,

Todd Westfall

## AD/MARKETING COORDINATOR

Alyssa Prestidge

## DIGITAL AGENCY MANAGER

Daniela Penkova

## DIGITAL AGENCY COORDINATORS

Matthew Dodd

## OPERATIONS MANAGER

Amanda Stevens

## ADVERTISING SUPPORT STAFF

Amanda Tascher

## PRODUCTION COORDINATOR

Mike Brown

## ART DIRECTOR

Jessica Wentzel

## ACCOUNTING & HR MANAGER

Ruta Stecher

## STAFF ACCOUNTANTS

Rosa Villareal

## DISTRIBUTION MANAGER

Marina Bahena

All advertising in the *Reader* is subject to current rate card. The *Reader* reserves the right not to accept an advertiser’s order. The entire contents of the *San Diego Reader* are copyright 2021, SDReader, Inc. All rights reserved.

## NATIONAL ADVERTISING

VMG Advertising - 888-278-9866

## OFFICE

*Reader*, 2323 Broadway, suite 200  
San Diego, CA 92102

## 619-235-8200

Paid Classifieds

## OFFICE HOURS

By appointment only

## GENERAL INFORMATION

**619-235-3000**





# WINDOW & DOOR FLASH SALE



Richard Karn  
Home Improvement Expert

## WINDOW & DOOR REPLACEMENT MADE EASY™

- **Unbeatable Customer Service:** Our goal is to deliver the best home improvement experience of your life and it's our #1 priority. Check out our 4.8 stars from our thousands of online reviews.
- **Dreamstyle Handles Everything:** Even the best window is only as good as its installation. We handle the entire process from start to finish—from your initial design consultation to our expert installation. We install your windows so efficiently that most jobs, including clean-up, are completed in as little as one day.
- **Ditch the Poor-Quality Windows:** Poor quality windows with leaky seals and poor energy efficiency let in the sun's rays and hot air, making your home hot and driving up your energy costs.

**BUY ONE WINDOW  
OR DOOR GET ONE**

**40%  
OFF**

**WITH**

**18 MONTHS  
NO PAYMENTS  
NO MONEY DOWN  
NO INTEREST\***

**SALE ENDS APRIL 30TH**

Call **TODAY** for a **FREE** consultation:

**858-264-5673** • [DreamstyleWindows.com](https://www.DreamstyleWindows.com)

\*Valid with the purchase of 1 or more windows. Not valid on previous orders. Valid on initial consultation only. Valid on purchases made between April 1, 2021 and April 30, 2021. 0% APR for 18 months available to well qualified buyers on approved credit only. Finance charges will be waived if promo balance is paid in full in 18 months. Down payment may be required, OAC, see representative for details. ©2021 Dreamstyle Remodeling of California, Inc. Lic. 995160 B



# NEIGHBORHOOD NEWS

Continued from page 2

who want to keep the trees in front of their houses can file an appeal. If there are no significant safety issues, it won't be removed.

Plans to cut some of Kensington's peppers were made after an assessment in 2019. In January, 2020, the city removed one on Edgware Road that neighbors insisted was sound. Residents took legal action, and a temporary restraining order against the city barred additional removals...until it expired. (The city has declined to comment due to the pending litigation.) Protests and delays followed, but the overall effort wasn't halted. Last month, another tree was chopped. Then, on March 17, the city was back as promised, saying decay had overtaken the three trees on Marlborough Street. Neighbors claimed that two of them were healthy, as indicated by Samuel Oludunfe, forester for the city of Chula Vista, whom they hired for an independent opinion.



Where is the Lorax when you need him?

sion San Luis Rey in Oceanside, is 191 years old, nearly twice the age of Kensington's.

On the Western Tree Failure Database, which tracks all types of urban tree failures in the state in order to develop "failure profiles" of species to help protect standing

to fail — it depends on the abundance of the species where the reports are submitted — but peppers are common statewide. For now, anyway.

While the city says they will plant new trees to replace the ones removed, none will be peppers. McCann recently learned from Anne Fege, chair of the Community Forest Advisory Board, that 4-5 years ago, they worked on a list of approved street trees that was given to the city. On that list was the California pepper tree. When the city published its list, however, the pepper tree had been taken off.

"We are working tirelessly to protect the remaining trees," McCann says of Kensington's dwindling stock. "They are a finite historical resource that, once gone, can't be replaced."

SHEILA PELL

"After giving residents the feeling they'd won a reprieve for the trees, the city snuck back in when nobody was around and cut three more trees down,"

Maggie McCann, who initiated the legal action, and others took photos of the stumps and broken bird eggs to help make their case. "That tree was solid," she says of one the city deemed a lost cause. In a letter to the city council, McCann called it a major misunderstanding that hollowness of the trunk indicates fatal damage, and made a plea for "appropriate care and protection" for the city's mature trees. The first pepper planted in San Diego, on the grounds of Mis-

urban trees, peppers, for all their numbers, are just a blip. In March, 2006, a question was posted about pepper failures in southern California. At the time, there were only 13 reports out of 4185 for all tree types. More than half were heavy lateral limbs. As of March 10, 2021, there have been 6361 total reports, and peppers aren't among the 15 tree types most often reported with broken trunks, limbs and roots. The database doesn't reveal how often a species is likely



Maggie McCann's photo of the stump of one of the trees removed by the city. The city claims this tree had decay and needed to be removed.

TIJUANA

## Mascot massacre Cartoon cheetahs, elephants, and tigers outlawed in Mexico

"It's probably worth \$20,000," said Duane D when asked about his most expensive cereal box. "I have the first Michael Jordan progressive proof Wheaties box set that's white in color." I met up with Duane and his cereal box connection, Pedro Tarref, by Mission Bay on March 7. "Please, no pictures of us," Tarref requested, "only the cereal boxes."

Tarref and Duane are cereal box and cereal toy collectors. Tarref owns a Ghostbusters cereal box from the 1980s worth about \$100 and a Mexican Star Wars cereal box from the 1990s that's worth about \$25. "I eat all of the cereal and store my boxes flat," he said. Duane pulls the toy premiums from the cereal, zip-locks the cereal, returns the bagged cereal to Tarref, and displays the empty boxes and plastic toys on a shelf.

"What do you have for me this week?" Duane asked Tarref.

"I brought Mexican boxes of Trix, Frosted Flakes — which they call Zukari-



Looks like Lucky's luck ran out.

tas — and Lucky Charms."

I looked at the boxes. "Where's Tricks the Rabbit, Tony the Tiger, and Lucky the Leprechaun?" I asked.

"The Mexican government 86ed the cartoon characters on cereal boxes," Tarref explained, "and instead, added these octagon symbols."

I excused myself while the two negotiated prices for the ten or so boxes that Tarref purchased from a Mexicali supermercado for about \$2 apiece. While they

haggled, I hopped onto my phone and Googled *cajas de cereal en Mexico*. The *El Universal* news outlet featured a January 30 headline reading, "Después de Chester Cheetos, desaparecen a 'Tigre Toño,' 'Melvin' y 'Sam' de cajas de cereal." ("After Chester Cheetos, [Tony the] Tiger Toño, Melvin and [Toucan] Sam disappear from cereal boxes.") According to the report, the removal of cartoon characters from cereal boxes is part of the new Official Mexican Standard labeling specifications for prepackaged food and non-alcoholic beverages. The provision applies to products with packaging that includes one or more (octagon-shaped) warning labels:

excess sugar, excess fat, excess sodium, excess calories, and excess saturated fat. "The new regulation states that prepackaged products that bear one or more warning

continued on page 37



The empty orange and blue colored bag of Cheetos was missing the Chester Cheetah image.





**Check out  
the full list of  
Best of San Diego  
winners  
all year long!**

♥ Reader ♥

**BEST**

♥ of 2020 ♥

**SanDiegoBestof.com**

EVERY FINALIST, EVERY CATEGORY TO HELP YOU DISCOVER THE BEST!



1765 W. ARBOR DRIVE | MISSION HILLS, 92103

BEDS: 3 | BATHS: 3 | CURRENT OWNER: DiGiacinto Trust | LIST PRICE: \$1,325,000

# UNREAL ESTATE

by Dave Rice

Novelist Oakley Hall was best known for his Westerns, including *Warlock*, which won him a Pulitzer Prize in 1958. But before rising to fame, the San Diego-born writer broke out with 1953's *Corpus of Joe Bailey*, a novel which begins in and largely revolves around the goings-on of the fictional residents of Mission Hills, where Hall himself lived before moving with his mother to Hawaii. The book opens:

"Into the length of San Diego Bay the down-



Mission Hills' storied history includes appearing in a story: *Corpus of Joe Bailey*.

town area of San Diego protrudes like a bent elbow; the forearm then follows a gradually rising ridge northward to end in a promontory called Mission Hills, which,

broken up into canyons and ridges, resembles very much a hand with the fingers clenched to hold it tightly there, above the mudflats and Old Town. The main artery of Mis-

sion Hills is Fort Stockton Drive, which follows the central ridge to the end of the promontory. Intersecting Fort Stockton, side streets run out on the tributary ridges

where there are smaller neighborhoods within the whole of Mission Hills."

Just a block north of that Fort Stockton thoroughfare is where we'll find this week's offering: 1765 West Arbor Drive. The 1691-square-foot "gorgeous Spanish style home," according to promotional materials retrieved from Redfin, is "located on a quaint street, in an ideal walkable location, in the highly desirable neighborhood of Mission Hills."

Built in 1923, the 98-year-old house would be a little older than that of Hall's protagonist, but it's recently undergone some extensive upgrades.

From the street, we see the traditional Spanish architecture of the day – flat roof, red tile entryway cover, a raised front porch. There's a

neatly-trimmed front lawn, and a bougainvillea has been sculpted to surround one of the arched front windows.

Inside, the "open concept living room, dining, and kitchen boasts an abundance of natural light," breaking from formal design a century ago that would have walled off separate spaces for lounging, eating, and cooking. The kitchen has been updated to include stainless appliances, new cabinetry, and stone counters with a breakfast bar underneath the arched passageway to the dining room.

In a nod to history, the original glass-doored, built-in hutch in the dining room remains, as do the vintage shining hardwood floors. The arched passageways, oversized

*continued on page 36*

## Drinks All Around

BY AMANDA TASCHER

### CHRISTIAN SIGLIN

Fernside

1946 Fern Street, South Park  
(619) 255-9591  
[fernsidebar.com](http://fernsidebar.com)



Drinks at Fernside make it feel like summertime any day of the year. At least, that was part of the goal when they created the recipe for the Nude Beach. A slight nod to San Diego's Black's Beach,

Christian Siglin picked the name because it was "Cheeky and fun... a nude beach just sounds kind of funny, reminiscent, puts you in a sense of place and time. And watermelon is a summer fruit, so that all just ties into how I want people to feel when they're drinking — free, like a summertime cocktail."

Pretty in pink, the drink packs a punch from jalapeño-infused tequila offset by house-made watermelon syrup. "Spicy drinks sell like crazy," he says. "I needed a drink we could do that was spicy and approachable, but fun and different. The combination of the earthiness of the tequila and the jalapeño together has this really bright green element to it. And the watermelon is a crowd pleaser; it has this cooling effect to it, which is really refreshing."

Hints of lime and grapefruit bring it all together to produce a light, well-balanced cocktail. "I just added a little grapefruit," he says, distinguishing Nude Beach from a paloma. "It made the drink really stand out, because it added the bitterness you would want from a cocktail, but not in an 'in-your-face' way. It kept

it super juicy, but added that extra layer of umami."

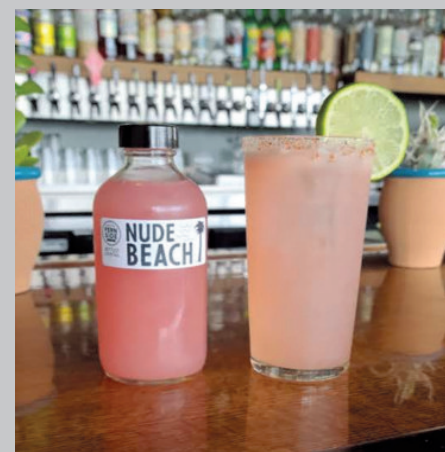
Topo Chico is one of Siglin's go-to mixers. "They're just easy drinking; it replaces soda but it gives that carbonation. Sodas can get really sweet, so we try to take some of the sweet out of it."

To Christian, a good tequila tastes vibrant and "has a very alive character to it that you don't get in other spirits." He prefers blanco, especially for citrus cocktails, in order to "showcase the green elements of tequila without masking it with any age. So, we do a jalapeño-infused tequila which amplifies the vegetal component. It gives it a bite."

The infusion happens in-house, using about 10 pounds of jalapeños per two cases of tequila at a time. "Depending on the time of year, jalapeños can be temperamental — sometimes they're like bell peppers, sometimes they're serrano spicy. So we taste along the way to make sure we're getting the heat level we're looking for, without going over the top."

His gauge on a successful final product: "There's a little lingering heat. It's there, but it's not going to kill you."

### FERNSIDE'S NUDE BEACH



- 2 oz jalapeño-infused Pueblo Viejo Blanco Tequila
- ¾ oz lime juice
- ¾ oz watermelon syrup
- ½ oz grapefruit Juice
- Club soda (Topo Chico)

Combine all ingredients but club soda in a cocktail shaker. Add ice, shake until cold, and strain into a collins glass. Top with club soda and garnish with a lime wheel.



# **dreamstyle**

REMODELING  
SHOWERS AND BATHS

**HUGE  
SHOWER  
SAVINGS**

**50% OFF  
INSTALLATION**

OF A DREAMSTYLE SHOWER SYSTEM

WITH

**12 MONTHS**

**NO interest | NO payments  
AND NO money down**

OR

**LOW MONTHLY PAYMENTS\***

**MUST SCHEDULE YOUR  
APPOINTMENT BY APRIL 30TH**

**TRANSFORM** your bathroom with a beautiful new Dreamstyle  
Shower installed in as little as 1-2 days

In as little as one day, we're able to transform your old bathtub into the shower of your dreams. At Dreamstyle Remodeling, we are your one stop for a complete shower refresh - from the first consultation, through to clean-up and the finishing touches.

**We make it easy and affordable** Get your brand-new tub or shower installed for **50% OFF**. Plus for **twelve full months**, make absolutely **no payments**, with, **no money down** and **no interest**.

**Call for a FREE consultation**

**619-329-5485 | DreamstyleShowers.com**

\*0% interest for 12 months available to well qualified buyers on approved credit only. Finance charges will be waived if promo balance is paid in full in 12 months. Not valid with other offers or previous orders. Valid on initial consultation only, with purchase of any complete Dreamstyle Shower System. Some restrictions may apply, see representative for details. Offer ends April 30th. Dreamstyle Remodeling of California, Inc. Lic. 995160 B



# FREE Legal GUIDE

619-780-2470 • [SDReader.com/Legal](http://SDReader.com/Legal)

Available 24 hours a day, 7 days a week. At the prompt, enter the 4-digit extension of the category that interests you.



## PERSONAL INJURY • Extension 5601

Sponsored by Attorney Tyler Campbell, Bender & Gritz  
501 West Broadway Suite 1500, San Diego • 619-515-0222

- |                            |                          |
|----------------------------|--------------------------|
| 1 Do You Need an Attorney? | 4 Wrongful Death Claims  |
| 2 Vehicle Accidents        | 5 Dog Bites              |
| 3 Medical Care             | 6 What is My Case Worth? |



## REPRESENTING LANDLORDS & PROPERTY MANAGERS • Extension 5625

Sponsored by Ted Smith Law  
PO Box 880238, San Diego, 92168 • 619-610-9332 • [tedsmithlaw.info](mailto:tedsmithlaw.info)

- |                             |                          |
|-----------------------------|--------------------------|
| 1 Notices                   | 3 Your Eviction Timeline |
| 2 Beginning Your Court Case | 4 The Eviction Aftermath |



## SOCIAL SECURITY DISABILITY

Extension 5610  
Sponsored by The Law Offices of Cory A. DeLellis • 619-567-0595  
3949 Clairemont Dr. Ste. 10, San Diego • [corydelellislaw.com](http://corydelellislaw.com)

- |                                   |                                     |
|-----------------------------------|-------------------------------------|
| 1 Overview of Social Security     | 5 Disability Benefits               |
| 2 Filing a Claim                  | 6 Social Security Disability Appeal |
| 3 Survivorship Benefits           |                                     |
| 4 Representation at Hearing Level |                                     |



## EMPLOYMENT LAW • Extension 5609

Sponsored by Cohelan Khoury & Singer  
605 C St., Suite 200, San Diego • 619-595-3001 • [ckslaw.com](http://ckslaw.com)

- |                          |                                 |
|--------------------------|---------------------------------|
| 1 Wage & Hour Violations | 5 Misclassification             |
| 2 Unpaid Commissions     | 6 Improper Deductions           |
| 3 Expense Reimbursements | 7 Discrimination and Harassment |
| 4 Wrongful Termination   |                                 |



## INSURANCE CLAIMS • Extension 5604

Sponsored by The Law Office of Robert Bruce Arnold  
2329 India St., San Diego • 619-233-1096 • [www.arnoldlawoffice.com](http://www.arnoldlawoffice.com)

- |  |                                     |
|--|-------------------------------------|
| 1 Insurance Bad Faith                                      | 5 Disputes with Insurance Company   |
| 2 Duties of Insurance Company                              | 6 Department of Insurance Help Line |
| 3 First Party Claims / Health / UM / UIM / Auto / Property | 7 Do I need an attorney?            |
| 4 Time Limits  |                                     |



## WORKERS' COMPENSATION • Extension 5605

Sponsored by The Law Office of Gerald D. Brody & Associates  
3465 Camino del Rio South, Suite 350, San Diego  
619-528-9800 • [www.geraldbrodylaw.com](http://www.geraldbrodylaw.com)

- |                            |                               |
|----------------------------|-------------------------------|
| 1 Your Work-Related Injury | 4 Unsafe Working Conditions   |
| 2 Workers' Comp Benefits   | 5 Wrongful Discharge          |
| 3 Third-party Accidents    | 6 Harbor & Longshoreman's Act |

Any person who makes or causes to be made any knowingly false claim obtaining workers' compensation benefits or payments is guilty of a felony.



## WILLS, TRUSTS, & ESTATE PLANNING

Extension 5623  
Sponsored by the Law Office of David Sean Dufek • 619-222-5886  
3772 Clairemont Dr., San Diego • [www.dufeklaw.com](http://www.dufeklaw.com)

- |  |  |
|--|--|
| 1 Do I need a Will?                                  | 5 What do you do when a parent or loved one passes away?                     |
| 2 Do I need a Trust?                                 | 6 I already have a Will and/or a Trust. Do I need to update these documents? |
| 3 What is the difference between a Will and a Trust? |  |
| 4 What is Probate?                                   |  |



## Injured In An Accident?

The right attorney makes all the difference!

With Pines Salomon, you will work face-to-face with an experienced attorney who specializes in personal injuries and nothing else. Read our REAL reviews on Google and Yelp, then give us a call.

**No recovery, no fee.**

**Available 24/7. Free consultation.**

Established 1992



**858-551-2090**

**[SeriousAccidents.com](http://SeriousAccidents.com)**

The attorneys and law firms who provide this information are solely responsible for its content. This information does not address all legal situations, nor is it intended to replace legal counsel. It is provided free, although if calling from outlying areas you may incur toll charges on your telephone bill.



# Legal SOLUTIONS

## All Personal Injury Cases

Car, slip & fall, burn, head injury. 30 yrs. exp.  
Law Office of Neal Gibbons, 619-850-6325.

## Maximize Your Tax Refund

Accurate tax filings. Maximum deductions.  
Fast refunds. Free ID and audit protection.  
Covid tax help - taxes are different this year.  
Blue Moon Tax Service, 760-715-2962.  
bluemoontax.com

## Work Injury Attorney

Law Offices of Hollingsworth and Hollingsworth.  
No upfront costs. www.2Hlaw.com. 619-810-1427.

## Divorce—Fast—Lowest Cost

Custody/Visitation/Support, Trusts and Wills.  
Free Office Visit. Legal Document Preparers.  
HOTLINE: 619-685-0020. LowCostLegalCenters.com

## Social Security Disability

Free advice from experienced attorney.  
Disability and SSI benefits -  
applications, hearings and appeals.  
Dan R. Cohen. 619-358-5443.

## RESOLVE ANY DISPUTE OUT OF COURT PEACEFULLY!!! AVOID COSTLY LITIGATION!!!

Avoid Delays, Expenses, Long Lines,  
Unknown Court Dates.  
GET EXPERIENCED RESULTS FAST,  
PRIVATE, CONFIDENTIAL AFFORDABLE.  
1-833-286-4326 www.833AvoidCourt.com  
1-833-286-4326  
DON'T DELAY, CALL NOW!

## Criminal Defense Attorney

DUI, possession, domestic violence, etc. Visa/MC.  
Free consult. Scott Salmu, Esq., 619-232-4LAW (4529).

## Personal Injury Attorney

Car accidents, dog bites, etc. Free consultation.  
Scott Salmu, Esq., 619-232-4LAW (4529).

## PRE-FORECLOSURES- FORECLOSURES- EVICTIONS?? PROBLEMS?? LET US HELP!!

Don't Delay, Act Now to Resolve Real Estate/  
Landlord/HOA/Lenders Problems.  
Stop Proceedings, Get Fresh Start Now!!  
Call Now For Consultation (858) 248-4979  
WE CAN HELP! CALL NOW!

## Wills, Trusts, & Estate Planning

We can design a Custom Estate Plan that fits your  
needs. Law Office of David Sean Dufek,  
Over 20 years experience. dufeklaw.com (619)222-5886

## Experienced Personal Injury Attorney

Car accidents, Slip & Falls, Product liability.  
Free Consultation. Law Office of David Sean Dufek,  
Over 20 years experience. dufeklaw.com (619)222-5886

## DUI and Criminal Defense

Affordable rates. Visa/MC, flexible payment plans.  
Free consult. Attorney David Boertje, 619-229-1870.

## DO YOU HAVE LEGAL PROBLEMS??

Looking For a Better Way?  
WE ARE STILL OPEN AND READY  
TO HELP YOU NOW!!!  
Reasonable Retainer Fees, As Low As \$750 To Start.  
Give our office the opportunity to resolve your matter.  
Call for a FREE Consultation. (858) 736-9963  
DON'T WAIT, WE CAN HELP! CALL NOW!

## DIVORCE \* FAMILY \$425 STARTS MOST CASES

Save Time and Money!  
READY TO HELP YOU NOW!!!  
Resolve Your Matter Outside of Court!  
Reasonable Retainer Fees  
Call NOW for appt 858-283-4648  
OPEN EVES/ SAT APPT. CALL NOW!

## All Personal Injury Cases

Car, slip & fall, burn, head injury. 30 yrs. exp.  
Law Office of Neal Gibbons, 619-850-6325.

## Maximize Your Tax Refund

Accurate tax filings. Maximum deductions.  
Fast refunds. Free ID and audit protection.  
Covid tax help - taxes are different this year.  
Blue Moon Tax Service, 760-715-2962.  
bluemoontax.com

## Work Injury Attorney

Law Offices of Hollingsworth and Hollingsworth.  
No upfront costs. www.2Hlaw.com. 619-810-1427.

## Divorce—Fast—Lowest Cost

Custody/Visitation/Support, Trusts and Wills.  
Free Office Visit. Legal Document Preparers.  
HOTLINE: 619-685-0020. LowCostLegalCenters.com

## Social Security Disability

Free advice from experienced attorney.  
Disability and SSI benefits -  
applications, hearings and appeals.  
Dan R. Cohen. 619-358-5443.

## RESOLVE ANY DISPUTE OUT OF COURT PEACEFULLY!!! AVOID COSTLY LITIGATION!!!

Avoid Delays, Expenses, Long Lines,  
Unknown Court Dates.  
GET EXPERIENCED RESULTS FAST,  
PRIVATE, CONFIDENTIAL AFFORDABLE.  
1-833-286-4326 www.833AvoidCourt.com  
1-833-286-4326  
DON'T DELAY, CALL NOW!

## Criminal Defense Attorney

DUI, possession, domestic violence, etc. Visa/MC.  
Free consult. Scott Salmu, Esq., 619-232-4LAW (4529).

## PRE-FORECLOSURES- FORECLOSURES- EVICTIONS?? PROBLEMS?? LET US HELP!!

Don't Delay, Act Now to Resolve Real Estate/  
Landlord/HOA/Lenders Problems.  
Stop Proceedings, Get Fresh Start Now!!  
Call Now For Consultation (858) 248-4979  
WE CAN HELP! CALL NOW!

## WORKERS' COMPENSATION SAN DIEGO'S MOST DEDICATED



- No Recovery... No Fees
- Utilization Review Denials
- Temporary Disability Benefits
- Permanent Disability Benefits
- Doctor Selection
- Modified/Alternative Work
- Death Benefits



GERALD BRODY & ASSOCIATES  
WWW.GERALDBRODYLAW.COM

3645 Camino Del Rio S #350  
San Diego, CA 92108

**(619) 552-2263**

Getting you the  
representation you deserve

## TAX PROBLEMS? WE CAN HELP!



Bridge Tax Resolution

Personal & Business Tax Preparation  
PPP/EIDL Disaster Loans  
IRS/FTB/EDD Tax Resolution  
Entity Election (S-Corp, LLC, C Corp)  
Accounting/ Bookkeeping  
Translations/Apostille/Notary

Book your appointment today.

BridgeTaxResolution.com

333 H Street Suite 5000 (5th floor) Chula Vista CA 91910  
350 10th Ave Suite 1000 (10th floor) San Diego CA 91910

**619-547-8747**

## SOCIAL SECURITY DISABILITY

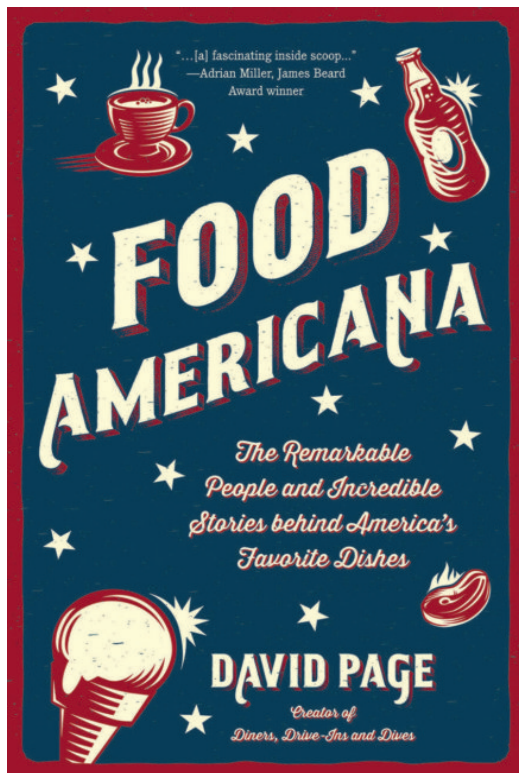
- Applications - Hearings - Appeals
- Disability and SSI benefits
- Call a local and experienced attorney for **Free Advice**



**DAN R. COHEN,**  
ATTORNEY

**760-888-7338**  
**619-358-5443**





### A history of American cuisine.

### You can't eat authenticity

David Page's initial interest in San Diego's venerable El Indio Mexican restaurant was maybe not *entirely* visual, but he grants that "what interested me the most at the time — provided they could meet the barrier of good, home-cooked food — was, from a television standpoint, their Rube Goldberg-esque tortilla conveyer belt." He was in the early stages of producing the hit television series *Dinners, Drive-Ins and Dives*, and was duly impressed with the contraption, which cranks out around 1500 tortillas a day. Contraptions make good TV, especially when they make good tortillas.

But the machine wasn't why he came back to El Indio when it came time to write *Food Americana*, his culinary history of the way the USA has transmogrified dishes from other countries into a cuisine that is uniquely and legitimately American. (The book comes out April 20, and may be pre-ordered now on Amazon.)



**Chips the way Page likes 'em - old tortillas cut up and fried.**

He came back because "it's a perfect representation of everyday Mexican-American cooking. It's not what they're serving now in Mexico City, but it's a terrific example of the earliest evolution of Mexican food in America as it became a cuisine of its own. And it's a perfect example of the kind of mom-and-pop place that helped bring Mexican food into the mainstream of American society."

He's not a bit bothered by the fact that El Indio's corn tortillas aren't handmade in authentic Mexican fashion. "I'm not a big one for the authenticity debate," he says. "It's authentic to what it is. They've been doing it by machine there for 70 years. It's a historical part of the way they produce Mexican food here in America. What's more important to me is that they nixtamalize the corn with lime and make their own masa. I want good ingredients. I want things that have been honestly cooked. Put the work in."

Beyond that, he asks, what means authentic? "Food evolves with culture. I've seen *birria* taking its place among the popular Mexican foods in America. As research for this book, my wife and I got in a car and drove 90 miles to a food truck in South Philly and gorged ourselves on some of the best *birria* I've ever had. Was it better than the stuff I had when we stumbled on a family-owned restaurant in Jalisco? I don't know. But it sure tasted good. And I can tell you that the *birria* tacos that came to America from Tijuana were quite different from the *birria* — not served in a taco and often made of goat and not beef — in Jalisco. And I would guess that more and more Americans, as opposed to the people in Tijuana, are eating those tacos with cheese. And over the years, more things will happen."

Page knows his business. Last week, I ordered my first *quesa taco* at Mr. Birria in Santee, and also made a plan to try their *birria* ramen upon my next visit. The transmogrification continues apace.



**"Nobody smells chicken and thinks of racism!"**

### Is this okay?

I remember the first time I felt nervous about what I was eating. "Nervous," as opposed to "apprehensive," which describes how I felt the first time I ate ant eggs, corn smut, and rattlesnake at some *alta cocina* temple in Tijuana. (I needn't have: the eggs were textural, the smut was trufflesque, and the rattlesnake resembled, you guessed it, a richer, gamier chicken.) Nervous, as in, "Is this okay?" It was my first time dining at Arterra, the Del Mar restaurant co-founded by James Beard-award winning chef Bradley Ogden and local star Carl Schroeder, who went on to open Market Restaurant +

and think racism. Says *Food Americana* author David Page, "Fried chicken, on the one hand, has been used as a racial slur, and on the other hand, is not necessarily given the due it deserves as a dish created by people who were working as slaves. I don't try to skirt the controversy around its origins in the book. There was chicken frying in Africa, and the flavoring and the way it developed here was, I believe, mostly the product of enslaved Africans."

And yet it was white man Colonel Sanders who made it mainstream, just like it was the white-owned Anchor Bar that made Buffalo wings famous, just like most competitive bar-

"Imperialism and conquering, all that has been tied up in so much of what people end up eating."

Bar. I don't remember the menu's exact wording, but it must have been a helluva write-up, because the highly descriptive verbiage somehow obscured what became clear to me upon the dish's arrival: I had ordered a very fancy version of fried chicken and watermelon. The watermelon was done three ways: a shooter of consommé, shredded and pickled, and...well, it was all delicious. But...*is this okay?*

Years later, I saw Gabriel Iglesias' stand-up bit about putting together a racist gift basket for a fellow comedian — a Black fellow comedian, one G Reilly — who was visiting Fresno for the first time. First thing he puts in the basket is fried chicken. Then watermelon. Kool-Aid, malt liquor, a rack of ribs... you get the idea. *And the comedian was thrilled to get the basket*, because as Reilly himself deadpanned, "Nobody smells chicken and thinks racism! I didn't know it was racist until I got back to my neighborhood!"

But of course, some people do smell chicken

becue pitmasters are white.

But while Page's book doesn't shy away from the racial component in the making of American cuisine, it does keep things appropriately complicated. There is a way in which my *quesa taco* at Mr. Birria "began with the Spanish introducing their foodways violently and forcibly upon the indigenous peoples of Mexico and South America." The Spaniards, he notes, introduced "among other things, beef, wheat, and the technique of frying. And then those foodways would evolve. Imperialism and conquering, all that has been tied up in so much of what people end up eating."

The bad history doesn't mean the food it produces isn't good. "The word 'appropriation' is difficult when you're talking about food," Page concludes. "Does a white guy have the right to make food that was initially created by Asians or African-Americans? I think yes, if it's done with respect for where it came from and who it is that you're interpreting." ■





**EAT  
SHOP  
PLAY**

Imperial Beach,  
**LET'S GO!**



Support Local Businesses.  
Get Rewarded.



[EatShopPlaySD.com](https://EatShopPlaySD.com)





A year of  
school at home

# THERE ARE STILL TEARS

**THE SQUAD DESCENDS** at 8:30 on a Wednesday morning in late September. One at a time, the girls arrive, jumping out of their parents' cars almost before they've come to a complete stop outside our garage. It's been months since they've been together, and though their smiles are hidden by masks, their excitement is evident. They chatter and bounce up the stairs carrying their backpacks, school-issued laptops, and lunch bags. I'm not sure who's more relieved that they're together again, I or they. It's been a long six months of anxiety over the mental health effects isolation might be hav-

ing on my daughter. Seventh grade girls need their friends.

We've set up makeshift work stations around the room, two at the counter, three at the table. Their school has created clear expectations, and they're due at their live check-in at 9 every morning. I encourage them to get themselves set up first and then relax until it's time to sign on, but it's futile. At 8:55, they scramble to set up

their laptops and sign on to the wifi. Somehow they all make it in time, and the Zoom doorbell chimes five times.

The seventh grade class at High Tech Middle Chula Vista has 120 students, divided into two "teams," each led by a humanities teacher, a math/science teacher, and an arts teacher. In a typical school year, those two teams are divided into two classes that alternate between the teachers

---

Our girls are at the age when their friendships are everything.

---

PHOTOGRAPH BY MATTHEW SUÁREZ





**CHOOSE  
TRANSIT.**

**Ride the Bus  
or Trolley!**

Touchless transit  
fare is available on  
your phone with the  
**Compass Cloud app.**

**sdmts.com**



# San Diego Restaurant Week

**April 11 - 18**

## Your Time to Dine.

A blossom of foodie  
adventures awaits!  
Join us at **San Diego  
Restaurant Week** this  
spring for an 8-day  
edible extravaganza.

*Tickets are not necessary for this  
mouthwatering week of dining, but  
reservations are recommended!*

FOR MORE INFORMATION VISIT **SanDiegoRestaurantWeek.com**



daily. But this year, the teams have been divided into four pods: green, blue, red, and yellow, each with their own schedule of alternating live Zoom classes and independent work time. My daughter's group of girlfriends are all on the same team but in four different pods.

Since early summer, when the return-to-normal date became more and more elusive, the other four moms and I said we'd have to figure out a way to safely get the girls together. Spring was brutal. Our girls are at the age when their friendships are everything. An article published in *The Atlantic* in January of this year touches on the idea that for 11- and 12-year-olds, having friends around in times of high stress can lower cortisol levels and buffer negative feelings.



PHOTOGRAPH BY MATTHEW SUAREZ

**I know we were right to return these girls to each other. Girls need their friends — even, and maybe especially, during times of crisis.**

High Tech Middle starts in 6th grade, and for the year and a half prior to the shelter-in-place mandates, our five daughters spent every day together in class, at lunch, on breaks. But last March, out of nowhere,

our girls, like children everywhere, suddenly couldn't be together. It was jarring. My daughter started off strong, much stronger than I did. Without the structure of the school dropoff and pickup schedule, I lost

my bearings immediately and shuffled around the house unshowered and in my pajamas, losing track of days. But she thrived. She made it to all her Zoom lessons on time, completed her assigned school work, and

exceeded all expectations. She also worked out every day, set her alarm to remind herself to drink water every hour, fixed healthy lunches, and took to Duolingo like a madwoman, studying Spanish, French, German, and Japanese. At first it was cute, a marvel, something my husband and I were almost embarrassed to mention to our friends who were having so much trouble with distance learning in their homes. But then it started to feel a bit scary. She wouldn't stop. She was online all the time — doing math! She was in full-fledged workaholic mode, and when I tried to redirect her, she panicked, eventually revealing that staying busy was her escape from thinking. I had to assign her TV time and make her put on a mask

and go ride her bike with our neighbor.

And then out of nowhere, it stopped. Suddenly, she was sleeping late, spending hours scrolling through memes on Pinterest, missing appointments with her teacher, watching other people play Minecraft on YouTube, and soothing herself with bagels and waffles several times a day. It was sad, and it worried me. I knew she needed her friends.

Early in the spring, I arranged a couple of Zoom sleepovers with the other four girls in her squad. Later, we ventured out for a couple of one-on-one, mostly socially distant mother-daughter walks at the Tijuana Estuary, which was blissfully unpopulated. During those outings, the girls walked ahead to be alone, and the moms discussed what we might do if distance learning carried on indefinitely. We all agreed that while we of course wanted to keep everyone healthy and safe, their mental health was an important component.

We had no idea that a few months from then, the infection rate would be over 200,000 new cases per day and that even this small pod gathering would come to feel irresponsible, sending us all back into isolation.

### **A whirlwind of Zoom doorbells**

The pod schedules are as follows. At 9:15, immediately following check-in, the red pod has a live humanities class until 10, and the blue pod has a live math/science class. At the same time, the green pod has independent math work time, and the yellow pod has independent humanities work time. At 10, red and blue pods have

## RESEARCH STUDIES



**AdvancedTMS**  
CLINIC, INC.

**Treating Depression at its Source**

**NeuroStar**  
Advanced Therapy

- NeuroStar helps activate the natural function of the brain's neurotransmitters using a non-invasive magnetic field similar to that of an MRI (magnetic resonance imaging).
- NeuroStar treats right at the source. Because it uses a precise magnetic pulse; it is effective exactly where it needs to be.
- NeuroStar is not electroconvulsive therapy (ECT) and does not have the same mechanism as ECT.

**The #1 TMS Choice of Doctors**

- NeuroStar is proven and backed with the most clinical studies for TMS in depression.<sup>4</sup>
- The majority of people treated with NeuroStar experience significant, long-lasting improvement.<sup>5</sup>
- Ask for NeuroStar by name. Not all transcranial magnetic stimulation systems have the data and the technology to give you the

transformative treatment you need to feel like a new and better you.

- In an NIMH-funded, independent, randomized controlled trial, patients treated with TMS using a clinical trial version of the NeuroStar TMS System were 4x more likely to achieve remission compared to patients receiving sham treatment (P = 0.0173; odds ratio = 4.05).<sup>4</sup>

**ADVANCED TMS CLINIC, INC.**

610 Euclid Ave #200, National City, CA 91950  
(619) 267-9257 • [pacifichealthsystems.com](http://pacifichealthsystems.com)

## SUBJECTS NEEDED FOR UC SAN DIEGO RESEARCH STUDY

Dr. William Perry and his associates at UCSD are conducting a research study on how chronic cannabis use affects thinking and behavior. We are seeking adults ages 18-50 who either use cannabis at least 4 times a week or don't use cannabis at all, with a history of Bipolar Disorder or with no psychiatric conditions.

You must have no serious medical or neurological conditions, including heart problems, seizures, or significant head trauma.

### Study Procedures

- One visit lasting about 6 hours
- Saliva, blood, and urine tests
- Computer and paper and pencil tests
- Wear a device that measures the movements of your body
- Participants reimbursed \$20 per hour for study participation
- Located at the UCSD Medical Center in Hillcrest

### For More Information

Call us at the UCSD Psychiatry Department

**(619) 543-6575**

**UC San Diego**



their independent work time in their respective subjects, and yellow and green pods go live. After a 15-minute break from 10:45 to 11:00, the green pod heads into a live math/science class, and the yellow pod goes live with humanities. Red and blue pods have independent work time in math and humanities respectively. And then at 11:45, everything changes again. The whole morning is a whirlwind of Zoom doorbells and breakout sessions and video lessons that play during independent work time.

And of course, there's laughter and raised voices at inopportune times. Lexi brings her laptop across the room and props herself up on the chaise lounge-end of the couch for her math

science class. Felicity, Sophie, and Anna trade around the table and at the counter.

"Guys, guys! I'm going into a box discussion," Lexi says. (A box discussion, they tell me later, is a discussion involving the whole pod of 16 students, no input from the teacher, no raised hands. If everyone talks, everyone gets credit. If anyone does not talk, no one gets credit.)

The other girls hush for a few minutes but forget again. Lexi reminds them, and they hush again. The day goes pretty much like that, the silence ebbing and flowing, the girls shushing each other when they need to.

Later, my daughter confesses, "When you're the one in live class and people are talking, it drives you crazy. But when someone else is in

their live class and you're talking and they shush you, it's like, 'What's the big deal?'"

This is Day 1, and I stay out of the way. I don't see my role as a teacher or monitor, but rather as a resource available if they need something. But I enter the room and pipe in every now and again just so the girls don't report that they didn't see me the whole day. I'm pretty sure I'm not doing it right, but I'm not sure any of us really know what "right" means.

If anyone does, it's probably Michelle, Sophie's mom. Last week, I sent out a message that said, "Hey Mom friends. You can drop your girls at my house between 8:30 and 9 on Wednesday. I can take them home at 3. If you can have them bring a lunch, we'll eat in the park."

Michelle responded, "Should they bring their Chromebooks so they can log into the check-in and Zooms? And maybe headsets? I guess they'll need to be set up on your WiFi."

And then later, in response to my text about it being Day 1 and how we'll make adjustments as we go along, she wrote, "As long as they make their different pods times and check in. :)"

All of which made me think I should probably get dressed in real clothes for the drop-off, and maybe brush my teeth.

**The Pinterest of moms**  
Most days, I work from around 9 pm until 2 am. I go to bed around 4 am and then wake up around 11. I keep telling myself I should do what normal people do so I can



## Bipolar or Schizophrenic? READY TO QUIT?

THE PACIFIC TREATMENT AND RESEARCH CENTER IS LOOKING FOR WHO ARE READY TO PUT OUT THAT CIGARETTE!

### ELIGIBLE PARTICIPANTS WILL:

- Be 18-70 years old
- Have a strong desire to quit smoking
- Be in good overall health

**(858) 246-4673**

**www.pac-tarc.org**

UC San Diego  
HEALTH SCIENCES

PACIFIC TREATMENT & RESEARCH CENTER  
**PACTARC**

## RESEARCH STUDIES

**Introducing the ARGON-2 study for people living with NASH**

Are you **overweight**?  
Do you have **high blood pressure**?  
Do you have **diabetes**?

If so, you may be one of many people with undiagnosed NASH.

NASH is an abbreviation for non-alcoholic steatohepatitis which is an advanced form of non-alcoholic fatty liver disease (NAFLD) that occurs when the liver becomes inflamed and stiff from fibrosis (scar tissue). If left unchecked, the disease can increase the risk of cardiovascular disease (e.g. heart attacks and strokes) and can progress to liver cancer or liver failure which require a liver transplant.

The ARGON-2 study is for people living with NASH. Clinical researchers are investigating the safety and effectiveness of an oral drug (EDP-305) for people with NASH with fibrosis.

Even if you have not yet been diagnosed with NASH, you might be eligible for participation if you are overweight, have type 2 diabetes, or have high blood pressure.

**To pre-qualify for study participation, you must:**

- ☑ Be 18 to 75 years of age
- ☑ Have a diagnosis of NASH on a prior liver biopsy or be at risk for NASH (e.g., high liver enzymes, diabetes, and/or obesity)
- ☑ Have a stable body weight for at least 3 months
- ☑ Have no history of liver cirrhosis or other chronic liver disease
- ☑ Have no history of, and not currently be, consuming excessive alcohol
- ☑ Have controlled diabetes (HbA1c <9.5%)

You will need to meet other important eligibility criteria to confirm participation in the ARGON-2 study. You may be reimbursed for expenses incurred as a result of your participation in the ARGON-2 study. This may include items such as travel, parking, and food.

For more information about the ARGON-2 study, please contact:

**PRECISION RESEARCH INSTITUTE** **619-493-4264** **www.prisandiego.com**

**Do You Have Rheumatoid Arthritis?**

The RA-BRANCH study is looking for adults (18 and older) who have moderately to severely active rheumatoid arthritis. This study is a different kind of clinical trial where your participation will be in person, over the telephone, and similar to your standard clinical care.

**Interested?**  
Talk to your doctor today to take an active role in advancing rheumatoid arthritis research.

**Contact us today! (858) 365-5326**  
patients@acrystudies.com  
15725 Pomerado Rd Suite 108, Poway, CA 92064  
This study is funded by Eli Lilly & Company

**acrystudies**



be there for my daughter when she wakes up in the morning and see her through the school day. But she says she likes having mornings to herself. Still, I wonder if I should be doing it differently.

One afternoon, I join Michelle on her patio to see what a normal day of distance learning looks like at her house. The group of girls won't be getting together again until Friday, so today, it's just Michelle and her two kids. Her husband would normally be here, too, but today he's working out of the house. With both parents working from home and kids of two different ages (one in elementary

school, one in middle school), plus two dogs, I expected to feel some tension in the house, or maybe to see some sign of struggle. But it's perfectly tidy and peaceful. A quick peek upstairs reveals her two children working quietly in their bedrooms at clean, organized work spaces.

Back downstairs on the patio, Michelle explains their daily household routine to me. "I try to get them up in the morning, not super early so they're well rested, but so they have enough time to have a comfortable breakfast and kind of chill, not rush," she says.

Sophie is pretty independent, but about 15

minutes before check-in, Michelle reviews her son's schedule for the day. He has a whiteboard above his desk, so she'll write out the daily schedule and review everything he needs to do for the day.

"He has an Alexa in his room, so we utilize that to set timers for all his Zoom meetings. It can be one a day or up to four a day because he also has speech therapy he does over Zoom," she says. "It alerts him, but I also get a popup on my phone."

For the most part, Sophie sets her own reminders on her phone and is responsible for making it to her Zoom meetings on time. Middle school, Michelle says, is a time

for learning the importance of responsibility and self-reliance. But she does monitor by way of technology. For instance when Sophie missed a class check-in and a tutoring session earlier in the week, Michelle was able to see the email exchange that took place between her daughter and the teachers.

"At the end of the day, after three o'clock, I'll review their work with them, just to make sure they didn't miss anything," she says.

This review involves a whiteboard checklist for Reef, and an email inbox sweep for Sophie, where they check for assignments and anything that requires follow-through and then deleting emails that have already been tended to. The key to making this work, she says, "is routine, and giving them the tools they need to do well."

Meanwhile, Michelle has a full-time job developing web seminars, a job she's been doing from home for 12 years. The more Michelle talks, the more convinced I become that when it comes to distance learning, she is the Pinterest of moms. I can't stop scrolling, simultaneously fascinated and shamed by the perfection of her example. And so while we sit on her lovely patio among well-tended

succulents and birds of paradise, I pet her dogs, listen for everything I'm not doing well in comparison, and silently promise to seek the companionship of someone a little more like me.

### "There are still tears."

Up in Del Mar, Tina is counting down the minutes until wine-thirty. It's 9:45 am on a Friday. This week, she had her first taste of freedom in six months. Her two children, in first and third grades, went back to real school on Monday and Tuesday, which they'll do every week — for now. On Monday, Tina and I spoke briefly on the phone and she said that although she had planned to get some work done while the kids were at school, instead she was giving herself the day to relax. After six months of having the kids at home all day every day, she needed it. She would put in some work hours on Tuesday, she said.

On Tuesday, she texted me, "I can't stop watching HGTV."

This whole distance learning thing has not been easy for Tina. There are mothers who, like Michelle, are equipped with an innate sense of organization and take-charge. Tina is a little more... loose. Her kids are fed, healthy, and happy, but I

always get the feeling that she's just kind of holding it together. I relate. But where I have only one school-aged child who is more independent than most kids her own age, Tina has two who are younger and need her involvement for most of the day.

Spring 2020 was hell for Tina and her kids. Her third grader cried every day.

"There really weren't any Zoom rooms," she says. "They were just like, 'Here's your lesson,' and we had to do it all on our own."

We're sitting in her office, which occupies one of the three upstairs bedrooms in her family's 2600-square-foot home. Cassidy, the third grader, is doing multiplication on her laptop in the bedroom next door, and Everest is on a Zoom call with his first grade teacher in the bedroom across the hall. Tina sits at her own laptop, with several tabs open.

It's better now than it was in the spring, she explains.

"Now, he's on Zoom at least half the day," she says, pointing across the hall. "So it's a lot less self-directed."

Cassidy comes to the door to ask for help with her math. Tina leaves the room. I can hear her guiding her daughter through

## RESEARCH STUDIES



**Do you have COPD?**  
Chronic Obstructive Pulmonary Disease

Join a Clinical Trial to help us research an investigational medication for COPD

**You may be able to participate**

- If you are 40 years old, or older
- Have a diagnosis of COPD
- Have been, or currently are, a cigarette smoker

All study medication and study related care will be provided to you at no cost. If you qualify, you may be compensated for your time and travel.

**Integrated Research Center, Inc.**  
858-780-5538



**Would YOU like to call it quits?**  
Maybe we can help...

You may be eligible to participate in our **CONFIDENTIAL 18-week research trial** if you:

- Are 18-65 years old
- Have a desire to seek treatment to quit cocaine use
- Are able to attend bi-weekly visits to our medical center
- Are willing to take a study medication

Qualified participants will be compensated

**(858) 246-4673**  
**www.pac-tarc.org**

PACIFIC TREATMENT & RESEARCH CENTER  
**PAC·TARC**



**Pacific Dental Tijuana**

All on 4 Implants From \$3,500 per arch  
Porcelain Crowns \$350  
Implants \$799 • Bleaching ZOOM \$150  
Cosmetic Denture \$550  
White Fillings \$80  
English Spoken • USA standards  
5 year guarantee  
Cash discount, USA insurance accepted.

**Dr. Torres, Dr. Lutz, Dr. Mora, Dr. Romero & Staff**  
**1866-804-1877 and 619-739-4110 • pacificimplantcenters.com**





PHOTOGRAPH BY MATTHEW SUAREZ

**"There are still tears," says Tina, "but it's a lot less. In the beginning, there were tears every day. Then it was maybe every other day. Now, it's just once or twice a week."**

the steps of making four groups of three and adding them together to get 12. Tina comes back a few minutes later.

"There are still tears," she says, "but it's a lot less. In the beginning, there were tears every day. Then it was maybe every other day. Now, it's just once or twice a week."

It's the school work partly, not understanding the concepts or knowing how to do the work. But it's also the pandemic. Cassidy is afraid of coronavirus. She misses her friends. She hates math. And Tina isn't cut out

for homeschooling.

"Is your mom a good teacher?" I ask Cassidy later.

"No," she answers bluntly.

Tina agrees with her. "I wasn't built for this shit," she says.

Usually, her husband is home working, so once she gets the kids set up on their morning check-in, she can squeeze in a quick jog around the neighborhood. But otherwise, she's on duty all day.

"I'm setting the timer all day with Alexa for the next Zoom," she says.

Between managing

her kids' schedules and helping them with their work, it's almost impossible to tend to her hand-bag business.

"It's hard to get anything going consistently because there are constant interruptions no matter what," she says.

It's a relief to have her kids back onsite on Mondays and Tuesdays, although it has presented a slight disruption to the distance learning routine that she was just starting to get the hang of. The classes have been divided into two cohorts. Half of the class goes to school

on Monday and Tuesday, and the other half goes on Thursday and Friday, which means the teachers are busy with the students in real-time and may not be able to provide as much attention to the students on Zoom.

"The Zooms are starting later so they can get those guys checked in, temperatures, hands sanitized, and all that," she explains. "Cassidy says they have a big screen that they pull down. I think what's happening is that the Zoom kids can see the teacher with her puppet, and the kids in the classroom can see the teacher with her puppet."

But the benefits of having the kids back in the classroom with their peers and teachers outweigh the inconveniences of adjusting to yet another new way of doing things,

Tina believes. I ask how she's coping.

"Um...alcohol," she says with a laugh.

While I wouldn't want to switch places with Tina, I do envy her two days a week when she gets the relief of knowing her kids are getting social time with their friends. For the remainder of the distance learning debacle, Tina will remain the luckiest of my friends. In January, both her kids will be back in school four days a week. And in the three months between then and the printing of this story, she'll go back to putting in a full work week as she prepares to launch her e-design business, which had to be put on hold.

**We're definitely doing something right**

As imperfect as I am with this whole distance

learning business, there is one moment during Day 1 when I know I've gotten it right. At 12:30, the girls grab their lunch bags and we pile into my car for the four-minute drive to a nearby park. They spread out a large blanket on the grass while I set myself up with a sling chair and a travel mug of coffee. All the moms remark regularly about how fast the girls are growing up. But the contents of their lunch bags say otherwise: sandwiches, fruit, goldfish, cheesesticks. These are the lunches of children. Their games are childlike, too. After they eat, they play Truth or Dare. Everyone picks dare every time. They challenge each other to run out to the middle of the grassy field and

*continued on page 36*

## HEALTH AND BEAUTY

**FINALIST**  
♥ Reader ♥  
**BEST**  
♥ of 2020 ♥  
Best Place to Get Botox

**FINALIST**  
♥ Reader ♥  
**BEST**  
♥ of 2020 ♥  
Best Medical Clinic

**SITI MedSpa**  
ANTI-AGING WELLNESS TEAM

**BOTOX®**  
20+ UNITS **\$11** FOR per unit  
NORMALLY **\$12** per unit  
Offers expires 5/1/21

**\$50 OFF**  
JUVÉDERM VOLUMA XC  
Save **\$50 off**  
Juvéderm Voluma XC  
per syringe  
when you Purchase Two or More  
Offers expires 5/1/21

**LASER RESURFACING**  
TOTAL FX C02  
for Wrinkles, Scars and Sun damage.  
Face, Neck and Chest.  
Includes a FREE Follow-up  
Laser Genesis Collagen Treatment.  
**\$1995**  
Susan Kincaid FNP  
Leonard Schulkind MD  
Offers expires 5/1/21

CALL TO BOOK YOUR APPOINTMENT **619-365-8232**  
(Open as a Essential Business)  
**1951 4th Ave. #101, San Diego 92101**  
(between Fir and Grape Street, near Balboa Park)  
Visit our page on **YELP.com** or Visit our website **www.sitimedspa.com**  
**BUSINESS HOURS: TUESDAY - FRIDAY 9 AM - 7 PM**

## Immediate Tooth Replacement with Dental Implant!



**All-ON-6**  
**\$12,000**  
No More Dentures!

**Root Canal Special**  
starting at  
**\$350**  
Extra treatment for additional cost.

**Start to Finish!**  
(Implant, Abutment, Crown)  
**Immediate Load Dental Implant**  
**\$3300**

**Delayed Dental Implant**  
**\$1995**

**We accept all major PPO insurance plans**



Ask About **0%** Interest  
for 24 months

**Dr. S. T. Sawa**

Call for Additional Services and Specials

Multilingual

**CALL FOR A FREE CONSULTATION (619) 346-7483**  
407 W. Madison Ave. • El Cajon, CA 92020 • drsawa@sbcglobal.net  
**www.immediatetoothreplacement.com**



# Your Week

AND WELCOME TO IT

## Friday | 9

### A VULGAR DISPLAY OF PANTERA LIVE



PHILIP H. ANSELMO AND THE ILLEGALS

Philip H. Anselmo and his band the Illegals present *A Vulgar Display Of Pantera Live*, a multi-camera live performance celebrating the legacy of Anselmo's former group Pantera. The set will show select cuts from the band's five classic albums: *Cowboys From Hell*, *Vulgar Display Of Power*, *Far Beyond Driven*, *The Great Southern Trendkill*, and *Reinventing the Steel*. The livestream will open with set by Australian grindcore unit King Parrot.

**WHEN:** Friday, April 9, 4 pm  
**WHERE:** [illegalslive.com](https://illegalslive.com)

## Saturday | 10

### MUSIC OF DAVIS, DRESSER & DESSEN

Bodhi Tree Concerts presents Pulitzer Prize-winning, Grammy-nominated musician Anthony Davis, playing



ANTHONY DAVIS, MARK DRESSER, MICHAEL DESSEN

music by himself and with fellow local stars Mark Dresser and Michael Dessen. The three performers come together for one night only — Davis on piano, Dresser on bass, and Dessen playing trombone.

**WHEN:** Saturday, April 10, 7 pm to 8 pm  
**WHERE:** [bodhitreeconcerts.org](https://bodhitreeconcerts.org)

## Monday | 12

### LEARN TO FLY RADIO CONTROLLED AIRCRAFT

The Palomar Radio Control

Flyers are hosting free flight lessons (weather permitting) —with airplanes provided! The club started in around 1955 as a bunch of guys getting together to fly. They flew from property west of the old airport near Linda Vista in San Marcos. Now, the club maintains a free instruction program. Instruction can come from a club instructor or another member, as long as said member can safely teach you. Students will take off and land only while on a buddy box (trainer system). Sign up online.

**WHEN:** Mondays, 5 pm to 8 pm, through June 21.  
**WHERE:** Johnson Field, Pankey Road, Fallbrook.  
[palomarrcflyers.com](https://palomarrcflyers.com)



MONDAY, APRIL 12: LEARN TO FLY RADIO CONTROLLED AIRCRAFT

## Wednesday | 14

### WILL THE REAL SALOME PLEASE STAND UP?

Salomé, the dancing girl who bargained for the beheading of John the Baptist, has threaded her way through history in art,

literature, and opera. This ancient femme fatale is the subject of Ella Ferris Pell's



### DIVERSE SAN DIEGO BY PHILIP R. PRYDE

There are more ecological zones in San Diego County than any other U.S. county. As a result, more bird species (over 520) have been seen here than anywhere else in the country. Natural diversity ranges from tide pools in the west to a portion of America's driest desert in the east, and a 300-foot waterfall in between. The largest living creature on Earth, the Blue Whale, can be seen offshore. See a slide show



*Salomé* (1890), recently exhibited at the Timken. Join Timken docent and USD professor of Biblical Studies Florence Gillman for a virtual talk.

**WHEN:** Wednesday, April 14, 10 am to 11 am  
**WHERE:** [timkenmuseum.org](https://timkenmuseum.org)

presented by Philip Pryde, professor emeritus at San Diego State.

**WHEN:** Wednesday, April 14, 11 am  
**WHERE:** [sunbeltpublications.com](https://sunbeltpublications.com)



**HOW TO SEND US YOUR LISTING:** Have an event? We want it! Festivals, lectures, sporting events (including surfing, kayaking, and sailing), Meetups, conventions, book signings, art gallery openings, conferences, dance performances, expos, poetry readings, classes & workshops — all are welcome. You can submit an event at [sdreader.com/events/submit](http://sdreader.com/events/submit).

## ANIMAL FRIENDS

**Spring Critter Camp** Kids in San Diego can spend spring break with awesome animals at Critter Camp! Your child's appreciation for all animals will flourish as they interact with cute critters, create crafts, play games and more. Contact us at [education@animalcenter.org](mailto:education@animalcenter.org) or (858) 756-4117 x 318. Thur-Wed, April 8-14, 9am; \$65-\$85. Helen Woodward Animal Center, 6461 El Apajo Road. (RANCHO SANTA FE)

## ART

**Timken Museum of Art: Religious Figure Highlights** Join Timken Docent and USD Professor of Biblical Studies Dr. Florence Gillman for virtual talks about the actual people who have inspired some of the Timken's masterpieces. Wednesday, April 14, 10am; **free**. [timkenmuseum.org](http://timkenmuseum.org). (ONLINE)

## BEER

**Trivia Night** Sunset Trivia is coming back with the No Leftovers food truck, team sports, and social distancing. Wednesdays, 7pm; through Wednesday, April 28, **free**. 21 and up. Duck Foot Brewing Company, 8920 Kenamar Drive. (MIRAMAR)

## BOOK SIGNINGS

**Warwick's Author Livestream: Brooke Baldwin** Brooke Baldwin discusses her new book, *Huddle: How Women Unlock Their Collective Power*, in conversation with Cindi Leive. Thursday, April 8, 4pm; **free**. [warwicks.com/event/baldwin-2021](http://warwicks.com/event/baldwin-2021). (ONLINE)

## CLASSES & WORKSHOPS

**2nd Sundays Nature Therapy Experience** Participants are invited to connect with nature gradually, through a series of simple exercises using their senses of sight, hearing, taste, smell or touch, during a stroll through The Water Conservation Garden. Sunday, April 11, 10am; **free**-\$10. Water Conservation Garden, 12122 Cuyamaca College Drive West. (RANCHO SAN DIEGO)

## DISCUSSION GROUPS

**Soapmakers' Luncheon** This luncheon is open to all soapmakers and makers of personal care products. The Soapmakers' Luncheon is open to the public and attendance is free, just pay for anything you order from the menu. Sunday, April 11, 2pm; **free**. Marie Callender's, 6950 Alvarado Road. (COLLEGE AREA)

**Virtual Town Hall: Reimagining El Cajon Blvd.** The El Cajon Boulevard Business Improvement Association will host a Virtual Town Hall to engage with the community's business owners and residents about the District's Central Hub, which runs along El Cajon Boulevard between the 805 and 15 freeways. Thursday, April 8, 5:30pm; **free**. [theboulevard.org/centraltownhall/](http://theboulevard.org/centraltownhall/). (ONLINE)

## LECTURES

**Troy Chew Guest Lecture** UCSD presents Troy Lamarr Chew II, who explores the legacy of the African Diaspora and its reverberations throughout American culture. His work looks methodically at systems of coded communication and how this is translated and mistranslated both within the Diaspora and the mainstream. Friday, April 9, 12pm; **free**. <https://bit.ly/31N2fgA>. (ONLINE)

**Unique San Diego With Philip R. Pryde** This engaging slide show will acquaint you with the many ways that San Diego County is one of the most fascinating and unique regions in the United States. Wednesday, April 14, 11am; **free**. <https://bit.ly/2QXYYZu>. (ONLINE)

**Will the Real Salomé Please Stand Up?** Join Timken Docent and USD Professor of Biblical Studies Dr. Florence Gillman for virtual talks about the actual people who have inspired some of the Timken's masterpieces. Wednesday, April 14, 10am; **free**. <https://bit.ly/3sPHYTp>. (ONLINE)

## OUTDOORS

**Warmer Temperatures** and increased humidity coincide with the subtle onset of San Diego's spring season. By April's end, the intermittent showers, Santa Ana winds, cold nights, and crystalclear, sun-drenched days of winter will likely be distant memories.

**The Coastal Wildflower Bloom** April's warmer temperatures and low tides will continue through at least mid-April. One of the best places to view the greatest variety of flowers is Torrey Pines State Reserve. San Onofre State Beach, just north of Camp Pendleton, should have acres and acres of monkeyflower, with a half-dozen different shades, blooming on the coastal bluffs. On grassy hillsides in Los Peñasquitos Canyon Preserve and in Mission Trails Regional

## Rhyme & Verse

**"The Burial of the Dead" Part I of *The Waste Land***

*A poem by T.S. Eliot*

April is the cruellest month, breeding  
Lilacs out of the dead land, mixing  
Memory and desire, stirring  
Dull roots with spring rain.  
Winter kept us warm, covering  
Earth in forgetful snow, feeding  
A little life with dried tubers.  
Summer surprised us, coming over the Starnbergersee  
With a shower of rain; we stopped in the colonnade,  
And went on in sunlight, into the Hofgarten,  
And drank coffee, and talked for an hour.  
Bin gar keine Russin, stamm' aus Litauen, echt deutsch.  
And when we were children, staying at the arch-duke's,  
My cousin's, he took me out on a sled,  
And I was frightened. He said, Marie,  
Marie, hold on tight. And down we went.  
In the mountains, there you feel free.  
I read, much of the night, and go south in the winter.

What are the roots that clutch, what branches grow  
Out of this stony rubbish? Son of man,  
You cannot say, or guess, for you know only  
A heap of broken images, where the sun beats,  
And the dead tree gives no shelter, the cricket no relief,  
And the dry stone no sound of water. Only  
There is shadow under this red rock,  
(Come in under the shadow of this red rock),  
And I will show you something different from either  
Your shadow at morning striding behind you  
Or your shadow at evening rising to meet you;  
I will show you fear in a handful of dust.

*Frisch weht der Wind  
Der Heimat zu  
Mein Irisch Kind,  
Wo weilest du?*

"You gave me hyacinths first a year ago;  
"They called me the hyacinth girl."  
—Yet when we came back, late, from the Hyacinth garden,  
Your arms full, and your hair wet, I could not  
Speak, and my eyes failed, I was neither  
Living nor dead, and I knew nothing,  
Looking into the heart of light, the silence.  
Oed' und leer das Meer.

Madame Sosostris, famous clairvoyante,  
Had a bad cold, nevertheless  
Is known to be the wisest woman in Europe,

With a wicked pack of cards. Here, said she,  
Is your card, the drowned Phoenician Sailor,  
(Those are pearls that were his eyes. Look!)  
Here is Belladonna, the Lady of the Rocks,  
The lady of situations.  
Here is the man with three staves, and here the Wheel,  
And here is the one-eyed merchant, and this card,  
Which is blank, is something he carries on his back,  
Which I am forbidden to see. I do not find  
The Hanged Man. Fear death by water.  
I see crowds of people, walking round in a ring.  
Thank you. If you see dear Mrs. Equitone,  
Tell her I bring the horoscope myself:  
One must be so careful these days.

Unreal City,  
Under the brown fog of a winter dawn,  
A crowd flowed over London Bridge, so many,  
I had not thought death had undone so many.  
Sighs, short and infrequent, were exhaled,  
And each man fixed his eyes before his feet.  
Flowed up the hill and down King William Street,  
To where Saint Mary Woolnoth kept the hours  
With a dead sound on the final stroke of nine.  
There I saw one I knew, and stopped him, crying: "Stetson!  
"You who were with me in the ships at Mylae!  
"That corpse you planted last year in your garden,  
"Has it begun to sprout? Will it bloom this year?  
"Or has the sudden frost disturbed its bed?  
"Oh keep the Dog far hence, that's friend to men,  
"Or with his nails he'll dig it up again!  
"You! hypocrite lecteur!—mon semblable,—mon frère!"



T.S. Eliot (1888-1965) was an American/English poet and one of the most important poets of the 20th century. One of the main harbingers of the Modernist movement in literature, Eliot was born in St. Louis and became an English citizen and convert to Anglicanism in 1927. His most famous, or infamous poem (depending on the critic) is *The Waste Land*, which Eliot wrote in a style which reflected the subject matter of the poem: the broken and disconnected phrases communicated the disjunction and dysfunction of Western civilization in the early 20th-century. It also reflected Eliot's own inner emotional and psychological turmoil. *The Waste Land*, published 99 years ago, remains a testament to a poet and an age, although it remains fresh in its commentary — as things do not seem to have improved much since Eliot first penned the poem in 1922.

Find more poetry online at [SDreader.com/poetry](http://SDreader.com/poetry)

## SPOKEN WORD

**A Poets' History of San Diego Spoken Word** From cafes to community centers to college campuses

Park, you will find carpets of California poppies, purple nightshade, pinkish owl's clover, blue-colored lupine, and scattered splashes of color due to a dozen or more other species of wildflowers.

Painted Lady Butterflies may take wing across San Diego County sometime this month. This happened in a dramatic way exactly three years ago, during a year of greater-than-normal rainfall. This season's significant if not torrential rainfall may trigger a painted lady butterfly migration into our area from the Anza-Borrego Desert and northern Baja California. You will spot them winging west or northwest, toward greener, more succulent vegetation and away from the drying desert flora.

**April's Lowest Tides**, dropping to -1.1 feet, are for early risers only: 4:42 a.m. on Monday the 7th, and 5:32 a.m. on Tuesday the 8th. The highest tide for April (+6.2 feet) occurs at 10:38 p.m. on Monday the 7th.

to barbershops to bars to taco shops to art festivals to protests, poetry and spoken word in San Diego has been central to community building and activism. CSUSM poets and professors join poets Anthony Blacksher and Karla Cordero for

an evening of storytelling about the history of spoken word and social justice in San Diego. Thursday, April 8, 6pm; **free**. <https://bit.ly/3cORq3T>. (ONLINE)



**NOW OPEN**

**LITTLE ITALY MERCATO**  
**SATURDAYS 8 am to 2 pm**

Shop safe at open-air farmers' markets  
Fresh Fruit • Vegetables • Meat • Fish • Eggs  
Flowers • Yogurt • Baked Goods and more!  
Limited entry for safe shopping

OPEN YEAR-ROUND, RAIN OR SHINE

Information and safety protocols:  
[sandiegomarkets.com](http://sandiegomarkets.com)



# HAPPY HOUR

You can submit a listing or find more information about these establishments online at [SDReader.com/drinks](http://SDReader.com/drinks)

## BAY PARK

**Off Shore Tavern:** *Monday-Friday, 3-6pm:* All beer \$1 off, \$4 house wine, \$4.25 well drinks. *Saturday, 9pm-close:* All beer \$1 off, \$4 house wine, \$4.25 well drinks.

## CARDIFF-BY-THE-SEA

**Chart House:** *Monday-Friday, 3-6:30pm:* \$4 import & specialty draft beers, well spirits, \$6 wine by the glass, \$7 cocktails.

## CARLSBAD

**Chandler's:** *Wednesday-Sunday, 3-6pm:* \$2 off wines by the glass, draught beers, and signature cocktails. \$3 off appetizers.

## CITY HEIGHTS

**Alcove Wine & Beer:** *Monday-Friday, Sunday, 4-7pm:* \$1 off beer, \$2 off wine & appetizers.

## CORONADO

**Brigantine Coronado:** *Daily, 3-6pm:* \$1 off all draft beer, well drinks, and featured wine by the glass, \$4 sparkling wine glass.

**Nicky Rottens:** *Monday, 3-6pm:* \$8 select mules all night. *Tuesday, 3-6pm:* \$4 any canned beer. *Wednesday, 3-6pm:* \$5 draft pints. *Thursday, 3-6pm:* 22 ounce draft for pint price. *Friday, 3-6pm:* \$6 mimosas and Bloody Marys. *Saturday, 3pm-6pm:* \$5 drafts, well cocktails, house wines. \$5 pretzels & beer cheese, side of fries, tots, \$6 buffalo wings, \$7 house nachos, \$8 chicken fritters & fries, \$10 chicken lettuce cup.

## EASTLAKE

**The Cheesecake Factory Eastlake:** *Monday-Friday, 4-6pm:* \$3.95 select beer bottles, \$4.95 select beer drafts, \$7.95 Mojito, Long Island ice tea, Margarita, JW's Pink Lemonade, Cosmopolitan, select well drinks and wines by the glass.

## BOOZE NEWS

BY IAN ANDERSON

### Local sports return with local beer and booze partnerships

Professional sports have returned to San Diego, and beer and spirits sponsorships have returned with them. Although we're all accustomed to seeing "tastes great, less filling"-style ads during televised games and light beer logos on stadium scoreboards, local beverage producers have increasingly partnered with local teams to help fans double up on hometown pride. That includes the big leagues, where our San Diego Padres have finally returned to playing in front of fans following their first playoff season since 2006. Though fans have been accustomed to drinking local beer in Petco Park for several seasons now, official branding partnerships have mostly been national. However, that has been changing in recent years, if at times only technically.

For example, last year, the Padres teamed up with Cutwater Spirits, the Miramar distillery best known for its ready-to-drink cocktails, to issue a co-branded Padres Vodka Mule in cans. Fresh off airing a commercial during the Super Bowl, Cutwater has added a second canned Padres cocktail: The Padres Tequila Paloma (tequila

and grapefruit soda). Though founded and produced locally, Cutwater was purchased by Anheuser-Busch in 2019, so the cachet of a Padres-branded canned cocktail is diminished a bit by the fact that, this year, Cutwater is producing similar canned drinks for the Arizona Diamondbacks, St. Louis Cardinals, Washington Nationals, Atlanta Braves, and New York Yankees. (At least the Dodgers don't get any, right?)

Meanwhile, it was a corporate-owned Ballast Point Brewing that dealt with the Padres to come up with Swingin' Friar pale ale, dubbed "the official craft beer of the San Diego Padres." Not confined to baseball season, it's now a year-round release for Ballast Point, which continues to partner with the team since being bought back into the world of craft beer early last year. In fact, when the start of the 2020 season was delayed, proceeds from Swingin' Friar sales were pledged to support Feeding San Diego, raising \$9256 for the city-focused nonprofit, an amount matched by the team's charitable arm, The Padres Foundation.

As for "the official whiskey of the San Diego Padres," that honor goes to Templeton Rye, originally a product of Templeton, Iowa. But not so fast! These days, Templeton is owned by Infinium Spirits, a Southern California booze company that has just relocated its corporate headquarters to downtown San Diego. So when Fernando Tatis, Jr. hits a dinger into Petco's right field Templeton Rye Barrel Deck (as it will be called through 2022 at least), it reflects a partnership that extends to the Gaslamp Quarter. (He'll probably hit a few all the way to the Gaslamp, right?)

The beer and booze partnerships get more emphatically local when we look at the smaller headline — yet still beloved — local teams that have also returned from the pandemic to play

games this spring.

At this writing, the minor league hockey team San Diego Gulls have started their season 5-0. Because the team plays indoors at the Sports Arena in Point Loma, they haven't been allowed to welcome back fans. However, they have sold the



Paul Elder's label art for Ballast Point's Legion Lager, the official beer of the San Diego Legion rugby team.

official beer for their franchise, but the brewery that popularized hoppy beer does plan to serve its new Buenaveza Salt & Lime Lager during games. A rep says the Mexican lager was designed to be a "great stadium beer."

Also appearing on jerseys this season is Ballast Point. In addition to the official Padres beer, the brewery now produces the official beer of Major League Rugby squad San Diego Legion. One of the better teams in the league's first two seasons, the Legion has started this year playing home games in Las Vegas, Nevada, due to pandemic restrictions here. The team hopes to finish the season on its home turf — also Torero Stadium — but in the meantime, it has reintroduced its Legion Lager, a helles-style lager built off the recipe of Ballast Point's year-round Longfin lager.

Last year, Ballast Point issued the seasonal Legion lager in taprooms, including its original Home Brew Mart location down the road from the stadium in Linda Vista. This year, it has returned in 16-ounce four-packs, featuring the distinctive artwork of longtime Ballast Point label artist Paul Elder. The labels depict skeletons drinking beer while playing rugby.

For more craft booze news, see [sandiegoreader.com/news/booze-news](http://sandiegoreader.com/news/booze-news)

## ENCINITAS

**Mr. Peabody's Bar & Grill:** *Monday-Friday, 2-6pm:* \$3 well cocktails, house wine, domestic draft.

## ESCONDIDO

**Brigantine Escondido:** *Daily, 3-6pm:* \$1 off drafts, well drinks, featured wine, \$5.75 house margarita.

**Vintana Wine + Dine:** *Daily, 3-5pm:* \$8 martinis and appetizers.

## LA MESA

**Brigantine La Mesa:** *Daily, 3:30-6:30pm:* \$1 off well drinks,

drafts, featured wines, \$4 glass sparkling wine, \$5.75 margaritas, \$6 happy hour red wine, happy hour white wine.

**Hooleys Irish Pub & Grill La Mesa:** *Friday, All day:* Clam chowder \$5 cup, \$7 bowl. After 4pm: Prime rib \$24. *Sunday, 11am-2pm:* \$4 Bloody Marys, \$5 Champagne.

## LAKESIDE

**Eastbound Bar & Grill:** *Tuesday-Friday, 2-5pm:* \$2 off all house cocktails, \$3 domestic bottles, \$4 micro drafts.

## LEMON GROVE

**Dirk's Niteclub:** *Daily, 4pm-*

*7pm:* \$3 shot of select liquor with your first drink. *4-7pm:* \$1 off domestic beer, 50 cents off cocktails.

## LITTLE ITALY

**Carruth Cellars Wine Garden:** *Monday-Friday, 2-6pm:* \$3 off glasses, \$5 off bottles of wine.

**King and Queen Cantina:** *Daily, Noon-6pm:* \$1 off drafts, \$4 beer bottles, \$7 well drinks, wine, sangria, \$8 margaritas. Appetizers \$5 to \$9.

## MISSION HILLS

**Shakespeare Pub & Grille:** *Monday-Friday, 3-7pm:* All draught pints (excluding cask, \$6

Anytime, and Black Velvet) and bottled beer \$1 off. well liquor \$4.50, \$5 house wine, appetizers \$5.95-\$7.95.

## NORTH PARK

**Redwing Bar & Grill:** *Wednesday-Friday, 3pm-6pm:* \$4.50 24 oz. Tall Boys.

## OCEANSIDE

**Rockin' Baja Lobster — Oceanside:** *Monday-Friday, 3-6pm:* \$4.50 any 14-oz. draft, well drinks, fireball shot, \$5.50 Jameson shot, house margaritas, \$6.50 wine by the glass, Jack Daniels, Grey Goose.

## RANCHO SAN DIEGO

**Hooleys Irish Pub & Grill Rancho San Diego:** *Friday, All day:* Clam chowder \$5 cup, \$7 bowl. After 4pm: Prime rib \$24.

## SAN MARCOS

**Churchill's Pub and Grill:** *Monday-Friday, 4-7pm:* \$1 off appetizers, drafts, wells. *Sunday, All day:* \$1 off appetizers, drafts, wells.

## SOLANA BEACH

**Carruth Cellars:** *Monday-Friday, 2-6pm:* \$3 off glasses, \$5 off bottles of wine.

## \$2 Off Wine & Appetizers \$1 Off Beer

4-6pm Sunday-Friday

Welcome to a new wine bar experience. The Alcove features a broad selection of wines, local beers and tasty modern dishes.



5540 El Cajon Blvd., San Diego, CA 92115  
(619) 966-7877  
<https://www.alcovewinebeer.com/>



## \$2 Domestic All Day 6am-9pm Monday & Friday

Everybody's welcome at Dock's! Open 7 days a week 6am-2am at night. Casual & Cozy, with big screens showing sports, one pool table, dartboard, computer jukebox, and bar games. Karaoke on weekends.



(619) 422-1566  
317 Third Ave, Chula Vista, CA 91910



## Buy One Drink, Get One On Us!

Daily from 4pm-8pm  
Plus \$5 appetizers



Tropical Savor Bar & Grill  
729 Fourth Ave • Gaslamp District  
(619) 228-9385  
[TropicalSavorBarandGrill.com](http://TropicalSavorBarandGrill.com)



# Pork belly evolution

*The street dog is hard not to love.*

**T**he whole ramen thing again?” says my friend Annie. We’re on the phone. “No. This is like the original, and IMHO the best,” I say. “Come on down! Sun’s got two fists to go!”

Up to now, I’ve been looking all over for a decent Happy Hour here in Little Italy. I mean, yes, there’s no shortage. And plenty of solid streetside eating shelters, too. Makes India Street look full and busy. I stop off around Cedar to say hello to Mr. Pecoraro, who’s sitting on the porch of his house, as he usually does this time of day. He has lived here ever since he started his house-painting business decades ago. Today, woah! There’s a gold Bentley parked outside. I have to wonder if it’s his. I’m about to ask, when one of his sons comes up with something to sign.

So I hustle on up India. I look down Fir towards the sparkling blue bay. Hmm. Cafe Gratitude, the LA vegan chain. It’s right there on Kettner. Have to take a look.

Its windows are filled with

**UB Street Dog. Excellent Kurubota sausage, and bacon wrapper helps. Deal at \$2.50!**



Somewhere in there, kimchi wings

self affirmations for us to mutter. “I am cozy. I am rejuvenated. I am bright eyed. I am immortal. I am luscious. I am awakening.”

Ayee! How much forced positivity can a guy take?

Luckily, it’s right opposite the place I was talking to Annie about. Underbelly. One of my faves, even though I haven’t been in maybe three years. Think this was one of the earliest eateries this brilliant guy, Arsalun Tafazoli, started. Now? He’s hard to keep up with. Think (and take a deep breath) Neighborhood, Noble Experiment, Craft and Commerce, Polite Provisions, Soda and Swine, Raised By Wolves, on and on. Guy’s got the touch.

Annie says she’ll be here “soon.” I don’t wait, because the sign says Happy Hour is 3 pm to 5 pm. Don’t want to miss it. Of course, even if I did, I see

the normal prices are totally reasonable. Nothing over \$12, and lots around the \$4-\$6 mark. How do they do that, with the rents up here so legendary?

“Reasonably authentic,” says the menu, talking about its food. That is so cool. I head down the slightly awkward ramp to where the counter jackknives around the entrance.

“What’s it going to be, my good man?” It’s this perky gal, Cassandra.

“What do you have for Happy Hour?”

“Well, we have half-off San Diego beers, so we’re talking three, four dollars a pint.”

“And food?”

“Oh yes. Not the full ramen, but we have like ramen nachos for \$6, our street dog for \$2.50, boiled edamame \$2, and kimchi wings for a buck each. At least for the next half hour.”

Heck, can’t argue with that.

Plus, even

non-Happy Hour prices are great.

The “No Name” ramen bowl promises

“thiccck” & rich chicken broth, duck con-

fit, chard, leeks, bok choy,

pickled ginger, yuzu paste, plus soft-boiled egg, green onions, and

mayu (black garlic) oil, for \$12. The Underbelly Ramen is built around tonkotsu (slow-cooked pork bones) broth (which was born in southern Japan, just about on the same latitude as San Diego). Or Chashu belly (braised for a long time), plus smoked bacon and adobo pulled pork. Costs \$12. A “herbivore” version costs \$10.

Under “small plates,” I’m also looking at the shrimp gyoza (gyoza is wonton wrappers stuffed with pork,

cabbage, and onion). Costs \$6. And among the baos (stuffed buns), the tempura eggplant (\$7) looks like fun.

But no. I decide to stick with happy hour. Beer first, natch. I like that they list them under light/crispy/sweet, malty/dark, and hoppy/bitter. And all are San Diego brews. I go for “The Butcher” by Societe, an imperial stout, usually \$8, but \$4 HH. Then, eats-wise, have to start off with two of those buck-apiece kimchi wings, and then mainly the ramen nachos. Original idea. It’s supposed to be crispy noodle “chips” under pulled pork, with green onions, kewpie (mayonnaise made with rice vinegar), soy glaze, pickled red fresno peppers, and furikake (a condiment made from dried fish, sesame seeds and seaweed). Six dollars. And heck, why not? I get a UB Street Dog. It’s only \$2.50. Made of bacon-wrapped kurubota (“black pig”)



Kewpie, spread on top of the ramen nachos, is a rice vinegar mayo

sausage, in a steamed bun with umami mustard, scallions, and sautéed onions. Wow. All those items for a Hamilton? Deal. (Okay, \$10.50, plus \$4 for the beer.)

I pay up first — that’s the system here — grab a number, and head for the inside-outside counter stools on Kettner. Butcher stout’s in a smaller glass. Turns out it’s almost 10% alcohol. And a little sweet, just like the food. Love it. For starters, those wings really are crispy. They mix the kimchi vinegarness with the creamy mayo and crunchy garlic. It’s a mess, but you’ve just got to use your fingers and chomp into the whole snake pit of carrots, onions and, somewhere in there, the actual wings. The street dog is also hard not to love. Beautifully peppery, tempered by the steamed bun.

But really, the big act is the ramen nachos. The “chips” are a hotbed of the mostly crunchy noodles, and with those bright red fresno peppers on top, they’re an irresistible frame for the pulled pork. Don’t dilly-dally on the ramen noodle chips, though. They can get tough if they dry out.



Cassandra: keeps the party going

Just before 5 o’clock, I rush up and get a Hopmata Burning Beard West Coast IPA (\$4). But what about Annie? Ayee! I do a rush scan of the menu. Decide on a chicken katsu salad for her. Lots of roasted cashews, curry tahini dressing. She’s into salads. \$10. It’s not included in happy hour, but I don’t hesitate.

Guess that’s just the kind of guy I am. Does Annie appreciate this? ■

**The Place:** Underbelly, 750 W Fir Street, at Kettner, 619-269-4626 (also at 3000 Upas Street, on 30th, North Park, 619-487-9909)

**Hours:** 11:30am-10:30pm (drinks till 11pm), daily

**Happy Hour Prices:** Ramen nachos, \$6; UB Street Dog, \$2.50; boiled edamame, \$2; kimchi wings, \$1 each

**Regular Prices:** “No Name” ramen bowl, \$12; The Underbelly Ramen (in tonkotsu pork bones broth, with chashu belly, smoked bacon, pulled pork), \$12; “herbivore” version, \$10; shrimp gyoza, \$6; tempura eggplant baos, \$7

**Buses:** 83, 280, 290

**Nearest Bus Stops:** India and Cedar (83 northbound); Kettner and Grape (83 southbound; Pacific Highway and Grape (280, 290)

**Open for Business for Takeout, Delivery and Sit Down**

**Puerto La Boca Restaurant**

**AUTHENTIC ARGENTINIAN CUISINE**

Open 7 days - Lunch & Dinner

**Lunch Plates Starting at \$10.95**  
Mon-Sat until 3:30pm

**Happy Hour Every day from 4:30-7:30**  
30% OFF appetizers & Drink Specials

2060 India Street ■ Little Italy  
619-431-4337 ■ puertolaboca.com



# So Saap so good

For the latest reviews from Reader writers and a complete searchable list of 2000 restaurants, please visit [SDReader.com/feast](http://SDReader.com/feast)

## So Saap makes Lao food irresistible

*So Saap; 4710 Market St, Chollas View.* Whichever cuisine they serve, planned restaurants that went ahead and opened after the pandemic started deserve a special kind of acclaim. The business is notoriously tough under normal circumstances — well publicized studies contend as many as 60 percent of restaurants fail within their first year. So imagine how much tougher it was for new businesses trying to drum up the critical mass of regular customers needed to stay afloat, while hamstrung by indoor dining restrictions and a covid concerned clientele.

Now imagine trying to do so while featuring a lesser-known cultural cuisine. Those are the overlapping challenges So Saap faced when it opened last June, with a menu mainly of Lao food.

So Saap operates within a tiny, aging shopping strip at 47th and Market in an

ill-defined part of southeast San Diego called Chollas View. It's too far south to be City Heights, and on the wrong side of 805 to be considered Mt. Hope. Although several small restaurants do business around that intersection, it's not a part of town that has historically been considered a robust dining destination.

And yet, they tell me they've done pretty well, all things considered. People found them. And there's really only one reason that stands out as to why: So Saap makes fantastic food.

I don't have a ton of experience with Lao food — only so many of us do in this city. Though dishes from Laos often appear on Thai restaurant menus (many dishes are cross-cultural between the neighboring nations) they rarely count among the most popular. Since So Saap serves such dishes as pad see ew, panang curry, papaya salad, and tom kha soup, it would be easy for customers to mistake it for a Thai restaurant.

Actually, you could easily regard it as mainly a Thai restaurant and never look back. It might even become one of your favorites. But you'd be doing yourself a disservice. Because So Saap was good enough to start me on a lifetime of Lao cravings.

What I do know about Lao cuisine mostly involves larb, so there was little question I would have to try the ground meat and toasted rice salad. I've learned just enough to know my palate can't handle the so-called bitter larb usually preferred by Lao folk — made that way by beef bile and tripe. So I avoided the beef larb (\$11) altogether. So Saap offers a



The Laos Famous Plate features Lao sausage and two types of beef jerky (the one with sesame seeds is 'heavenly').

vegan, tofu larb (\$10) I knew would be friendlier, but I was right to choose the chicken larb (\$10).

This was meant to be a posterity order, something I took a few bites of during dinner, then stashed in the fridge to become tomorrow's lunch. But it packed so much flavor into each bite — lime, fish sauce, chilis, and herbs — that I kept coming back to it, and back to it again. There would be no leftovers.

But larb isn't even the first thing I recommend ordering at So Saap. If you try nothing else here, start with the Laos Famous Plate (\$13). Think of it as a sampler platter of Lao meats, beginning with beef jerky.

I'm not normally one to espouse ordering beef jerky at a restaurant, but in this case we're talking about the best beef jerky I've ever eaten. The famous plate features two types of jerky, and the first, called *seen lod* is darn tasty in its own right: it's soft, with distinguishing flavors of ginger and lemongrass.

But the best thing I've eaten so far in 2021 has to be the *seen savanh*, which apparently translates to 'heavenly jerky.' Also soft, this one's a little darker and a little sweeter, and ultimately less complex. But a sprinkling of sesame seeds on each bite-size

morsel add just enough to the balance of sweetness and pepper that the use of 'heavenly' to describe it no longer seems far-fetched.

Heavenly jerky is the star of the famous plate, and available on its own as an \$8 side dish. But I'd still recommend getting the whole famous plate, because it includes papaya salad, a plastic bag of sticky rice, and Lao sausage, a spicy, lemongrassy piece of grilled pork sausage that hits every mark. Also, don't sleep on the small serving of *jeow mak len*, or what the menu calls "jel tomato sauce." It's simple enough, but the spicy, salsa-like tomato sauce offers its own world of flavor, so now I'm looking for jars of the stuff.

So Saap has just, finally started serving on premise, though its street food takeout game is strong, and well worth a try for those not dining in yet. That the little shop has made it this far should be testament to its quality, and if you're uncertain, check the shop's Instagram for a parade of daily specials ranging from garlic fried ribs to fried fish. Despite the presence of, let's say, advanced menu items including boat noodle soup with liver, tripe, and beef blood, I really think this could be the place that makes Lao food a San Diego favorite.

by Ian Anderson



A small shopping strip eatery in San Diego's Southeast.

Open for Inside and Outdoor Dining on Our Patio!  
Pick-up and Delivery available.

Grand Re-Opening  
Now Open

# Himalayan Palace Restaurant

## Under New Management.

5 stars on Yelp

Family Owned. Over 32 Years Making Healthy Indian & Nepalese Food.



Chicken Tikka Masala



Sag Paneer

**Lunch Special 11 AM To 3 PM**

**Vegetable Plate (Thali)**

Choose Any two Entree!

Navratna Korma

Chana Masala

Sag Paneer

Daal Tarka,

Veggi Curry

(Include Fresh Garlic Naan or Butter Naan, Papad

Rice, Home Made Pickle, Dessert of the day)

Hours of operation - Open Everyday 11 AM To 9 PM • (Closed Tuesdays)

**Only \$7.95**

**Non-Vegetable Plate (Thali)**

Choose Any two Entree!

Chicken Curry

Chicken T-Masala

Chicken Chili

Daal Tarka

2 Pc. Tandoori Chicken

(Include Fresh Garlic Naan or Butter Naan, Papad

Rice, Home Made Pickle, Dessert of the day)

**Only \$7.95**

For Inside/Outside  
Dining or Take Out

**Buy 1 Dinner or Lunch  
Entree and Two Drinks  
and get 1 Dinner or  
Lunch Entree  
1/2 OFF**  
(equal or Lesser Value)

- Not valid with any other  
offer Exp: May 1, 2021

- One coupon per family,  
per group, per table

For Inside/Outside  
Dining or Take Out

**\$5 OFF**  
Any Purchase  
of \$25 or More

- Not valid with any other offer  
Exp: May 1, 2021

- Not valid on  
Lunch Special  
- One coupon per family,  
per group, per table

3760 Sports Arena Blvd. #5, San Diego, CA 92110 (619) 510-4966 • [www.himalayanpalacesd.com](http://www.himalayanpalacesd.com)



# blurt the inside track

**Sonic feel** Cheyenne Benton loves the San Diego County Fair. Except when she hates it. “One of my best stories would have to be when I was performing at the 2019 fair,” she recalls. “We got to the final song on our set, and when I looked out into the crowd I saw Vic Fuentes from Pierce the Veil and his girl-

since then!” Benton was born in California City near Lancaster in the high desert north of Los Angeles, but her family moved to San Diego just before she turned five. “My mom likes to tell the story of my love for making noise very early on, at about two or three when I would crawl underneath the

influences me today is a lot of synthwave, ’80s-inspired sounds — so, the 1975, Lorde, Pale Waves, Kim Petras, Carly Rae Jepsen, Ke\$ha, Transviolet. I love bubblegum pop with meaningful lyrics, a catchy riff, and somewhat of a nostalgic sonic feel.”

Performing in public, she started out a bit wobbly, but righted herself swiftly. “My first experience performing to an actual audience was during a Christmas play at my old private elementary school. I was in the fifth grade, I played the role of Mother Mary’s Donkey, and we got to sing a solo song while holding hands. The girl who played Mother Mary was my best friend at the time, and I remember being absolutely petrified to sing in front of other people. But she was right there alongside me to cheer me on, and it was received really well.

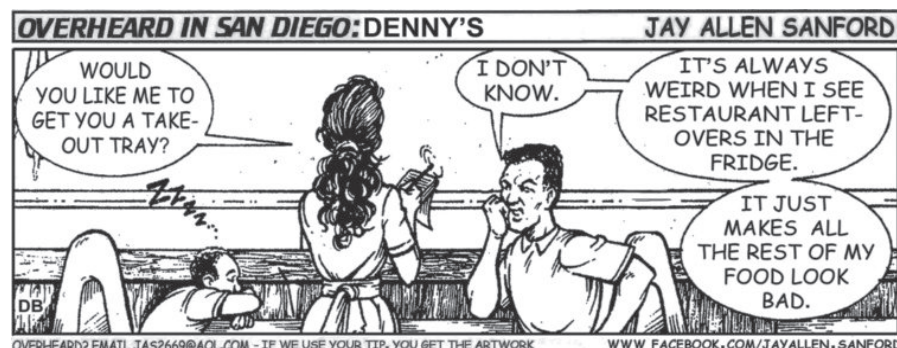
“I remember being extremely intimidated by the

San Diego music scene when I started seriously playing gigs. Mostly because it’s so male-dominated and I jumped into it pretty young (around 16). Attending and playing the local open mic gigs taught me a lot about what it means to be an artist, and how it really isn’t as black and white as the media makes it seem. Some of the most talented people you will ever hear can be found playing to empty chairs and empty tables in hole-in-the-wall coffee shops.”

— Andrew Hamlin

**A horrible thing** Mike Kociela’s old band, New World Spirits, got signed to Universal Records in the mid-90s. They were chewed up and spit out by the label a couple of years later. By 1997, he had formed his own production company and was blazing a new trail in the events industry. Since then, he has been producing large-scale events that range from 1000 to 500,000 attendees.

One might think that getting dumped by a major-label



would be his career low-point, but covid-19 has taken over that spot. His entire industry has been shut down since last March, and all he can do is hope that everything gets going again sooner than later.

“It takes an emotional toll on you,” Kociela explained. “It’s really, really hard. One, to see your bank account dwindle and, two, to not do what you do as a profession. And not being recognized — which makes you feel invalid in the world. We don’t exist as far as California is concerned. It’s a horrible, horrible thing when all you do is try to make people happy.”

Similar to the local venues that have banded together in the San Diego Independent Venue Association, local event organizers have merged to form the San Diego Event Coalition. The thinking is the same for both organizations, the more unified the industry voice becomes, the greater the potential for positive change. Kociela serves as vice president for the Even Coalition.

“The good thing is that at least the San Diego regional event industry is working together, but the reality is that as hard as we’re working, we’re still... there are just bigger things going on that we can’t affect, and neither can the local politicians. It all lies in [Governor Gavin] Newsom’s office, period, end of story,” Kociela said.

He added, “We’re not recognized by the Governor. We don’t exist in his world.”

While Kociela is frustrated about the industry’s lack of recognition at the state level, both he and Event Coalition president Laurel McFarlane are enthusiastic about Nathan Fletcher’s (Chairman of the County Board of Supervisors) decision to waive the event

industry’s permitting fees for the fiscal year of 2021-2022. Fees from the Department of Health and Quality, Department of Parks and Recreation, the Sheriff’s Department, and the San Diego Fire Authority will all be waived. It’s an estimated savings just north of \$1.5 million for the events industry, which the county hopes to cover on their end using funds from the American Rescue Plan Act.

According to McFarlane, these fees can often account for as much as 25 percent of the cost of an event.

“That’s really accurate,”

tic, but there is still no official timeline for how this industry is going to kick back into gear in California. For an organizer like Kociela, who books national acts for his events, he also must compete with other festivals in states that have already re-opened.

“I have personally pushed forward and have started confirming bands for August 7,” he explained. “I’m taking a risk. I’m hoping that the vaccines and everything clear the path enough to where we can do it, because the rest of the country is gobbling up all the bands. So, if I didn’t pull the



Event planner Mike Kociela laments, “The rest of the country is gobbling up all the bands.”

Kociela added. “Sometimes our share fee for the events can be in the tens of thousands. This is a huge break.”

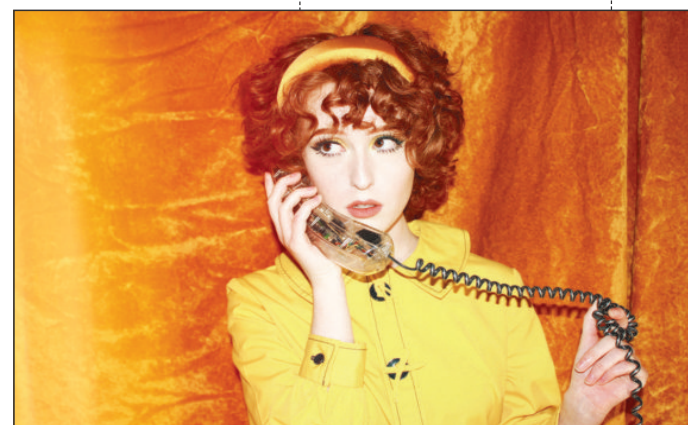
Now it’s just a matter of getting everything going again to take advantage of the savings. With increased vaccinations on the horizon, the potential for large outdoor events by the fall seems realis-

trigger on talent, I would have been left without talent and therefore I couldn’t even have done anything if I wanted to or could do it.”

— Dryw Keltz

Find Blurt online at [SDReader.com/blurt](http://SDReader.com/blurt)

**CONTRIBUTORS**  
Robert Bush, Mike Madriaga, Andrew Hamlin, Dryw Keltz, Jay Allen Sanford



Cheyenne Benton’s first instrument was a drum set of pots and Tupperware.

friend — watching my set.

“I instantly lost my cool — nearly threw up on stage, I was so nervous — but he stuck around after the show and bought a CD, and talked with me for a minute. That meant so much to me, being able to meet one of my musical heroes, and to have him be so down to earth and genuine. Hands down one of my favorite gigs to date.”

On the other hand, “One of my worst gigs was the first live show I ever booked — once again, at the San Diego County Fair, but back in 2015. It was scheduled for what I thought would be a sunny summer day — and as soon as I got on stage to perform, it started raining.

“Because the stage equipment is all outside, they booted me off stage for safety reasons, and I was unable to reschedule. It absolutely broke my heart, and I had a moment where I had to decide whether or not I was cut out for this type of thing. But I pushed through my fear and I’ve played many of wonderful gigs

sink to grab pots, pans, and Tupperware to create my own make-shift drum sets.

“I just about drove her insane, so she bought locks to put on the cabinets to keep me from getting into trouble. That worked for a hot minute, until I eventually memorized the key code and was able to unlock them myself.”

The first instrument she mastered was the baritone ukulele, age eight, around the same time she discovered Taylor Swift. “She was the first artist I felt I truly connected with, and to see a young woman being able to write and perform her own music inspired me to do the same.

“Growing up, we really only listened to country music, and I mean that was it. I remember my first exposure to pop music was around nine or ten, riding in the car with my Auntie, and Maroon 5’s ‘Makes Me Wonder’ came on, and I was hooked. I went home and hopped onto YouTube, which initiated my deep-diving into the world of pop music.

“The type of music that

PHOTOGRAPH BY JESSIE DEVIGE

PHOTOGRAPH BY BILLY SKELTON





## THE NEW REGIME

Fronted by Nine Inch Nails drummer Ilan Rubin, the New Regime recently released two live performance videos off their third album *Heart Mind Body & Soul*, “You Can Be” and “Smoke and Mirrors,” with six more videos planned for the series. According to Rubin, “Performing live in the studio is something I’ve done to showcase my songs in a live, but controlled setting, where the audio and visual fidelity made for an enjoyable viewing experience. This was the first time we had performed since Covid-19 hit and the tour we were on with Silversun Pickups was cancelled half-way through. It felt good to set up, rehearse, and just enjoy

performing live music. ‘You Can Be’ has been a favorite of mine because it shows the funkier, groove-orientated side of my music on all fronts. From the guitars, to the vocals, drums, and bass, it makes you want to move. ‘Smoke and Mirrors’ is one of the heavier, riff-based songs off of *HMB&S* without losing out on melody. I’ve always loved the light and shade of the verses and choruses with some explosive moments that might make you turn your head and smile a bit. We’ve never gotten the chance to perform this track live in front of people.”



## TOLAN SHAW

Singer-songwriter Tolan Shaw (the New Archaic) took home first place trophies as Best Singer-Songwriter at the 2011 and 2013 San Diego County Fairs in Del Mar. Songs he’s written that have been heard on TV include “Good Day” on MTV’s *Undressed*, an SDSU recruitment ad, and both “Eyes” and “Never Met You” were used on CBS’ *The Young and the Restless*. He has a new single called “Slide Away.” “This is where I found myself a lot the last year,” he says, “writing and producing music by myself in my little bedroom studio. Trying to stay productive. Trying to either fight the dark, negative feelings away, or use them as expres-

sion through the songs, depending on the day. I’m blessed, and don’t have a lot to complain about, but I know all of us were mentally feeling the effects of so many unknowns, questions, and isolation. Not sure about you, but I typically ignore those feelings, push through them, and put on a smile most of the time. But I’ve learned how to sit in that space and be okay with it. It’s okay to feel shitty. It’s okay to not know what to feel. It’s okay to feel that heaviness that some days we might just not be able to explain. We all feel it in one way or another, at some time or another. Keep on, fellow human. Things are looking up.”



## SCOTT SAMUELS

Singer-songwriter Scott Samuels is a vet of bands such as Kitten’s Pharmacy, Roxy Monoxide, A,M, Forever (*aka* Vinyl Pirates), and a Neil Diamond tribute act, Solitary Diamonds. He just released a new solo five-song EP called *Sunshine and Starlight* for download and streaming. “Shortly thereafter will come the CDs and vinyl for people like me, who like to have something you can hold in your hands,” says Samuels. “I thank one of my musical compadres, Scott Spindler, for adding some Bowie-esque keyboard touches to one of the tunes. Other than that,

these performances, the production, and nearly all the songwriting is completely me, from start to finish. This album, more than any other I’ve done, reflects my ‘70s glam-rock influences, and I’m really excited to share the results.” The cover photo was shot at Clear Lake, Iowa that should be instantly familiar to fans of rock and roll history. “This is the marker that leads you to the spot where the plane carrying Buddy Holly, Richie Valens, and the Big Bopper crashed, about a half mile along the fence line of this farm field.”



## SATANIC PLANET

The Satanic Temple co-founder and spokesperson Lucien Greaves formed psychotic sound-slingers Satanic Planet with Luke Henshaw (Planet B, Sonido de la Frontera), Dave Lombardo (Slayer, Suicidal Tendencies), and Justin Pearson (the Locust, Dead Cross). They have a new single called “Baphomet.” According to Greaves, “Goat headed, human bodied, and three-horned, the Baphomet is an icon symbolizing the reconciliation of opposites; dueling binaries combined and transcending into something greater than the sum of their parts. The track we have titled ‘Baphomet’ blends the electronic with the medieval, the drone with the scream, the raucous with the orchestral. These conflict-

ing elements, we hope, blend to create easy listening for the apocalypse.” A video for the song is streaming online, directed by Luke Henshaw with cinematography by Becky DiGiglio. The track is available free with preorders for their upcoming album, which features guest appearances from Travis Ryan (Cattle Decapitation), Jung Sing (Silent), Carrie Feller (Hexa), Nomi Abadi, Shiva Honey, and Eric Livingston (also known as First Church of the Void). According to label Three One G, “This collaboration embraces the avant garde to create sci-fi sermons that range from doom and industrial to evil exotica.”



## PUTRESCINE

Founded in 2019 and citing inspirations such as At the Gates, Morbid Angel, and Carcass (and bearing more than a passing sonic resemblance to local female-frontwoman metal powerhouse Benedicium), death metal trio Putrescine is fronted by singer Marie McAuliffe and features guitarists Trevor Van Hook and Zachary Sanders. They made their recorded debut with a pair of 2020 EPs whose titles accurately convey their contents, *Devourer of Gods* and

*Reek of Putrescine*. The band just premiered their debut full-length *The Fading Flame*, which features all music and lyrics by McAuliffe and Van Hook. The album was produced by Zachary Sanders and mixed by Shawn McClure. Guest performers include Calin Kim, who appeared on one of the earlier EP tracks and is heard here playing viola on “In a Setting Sun,” and Alec Van Der Lam contributes some solo licks to “In a Setting Sun.”



You can submit a listing, download mp3s, watch videos, subscribe to event alerts, get directions, and find more information about these shows online at [SDReader.com/music](http://SDReader.com/music).

## THIS WEEK'S SHOWS

### Casino Inn Bar and Grill:

Saturday, 6pm — The 8 East Band. **Free.**

### Online Internet Events:

Thursday, 6pm — Ali Gatie: The Idea of Her.

Thursday, 4pm — BRIC JazzFest Brooklyn: Night 1. \$20-\$50.

Thursday, 7pm, Friday & Saturday, 8pm — Midland: Three

Nights, One Joint. \$12-\$36.

Friday, 4pm — BRIC JazzFest Brooklyn: Night 2. \$20-\$50.

Friday, 12pm & 8pm — Bat For Lashes Livestream. \$14-\$17.

Friday, 6pm — Belly Up Livestream: Atomic Groove.

Friday, 12pm — Glasvegas: Godspeed Livestream. \$35.

Friday, 6pm — Maggie Lindemann Live From the Roxy. \$15.

Friday, 8:59pm, Saturday, 12pm — Moon VS Sun: I'm Going To Break Your Heart. \$15-\$25.

Friday, 4pm — Philip H.

Anselmo: A Vulgar Display Of Pantera Live.

Friday, 6pm — Saliva Live From Las Vegas. \$9-\$399.

Saturday, 4pm — BRIC JazzFest Brooklyn: Night 3. \$20-\$50.

Saturday, 8pm — Baby Bar/ Neato Burrito Livestream. \$5.

Saturday, 12pm — Emily Kinney Listening Party. \$15-\$105.

Saturday, 6pm — Jamey Johnson & Randy Houser: Cadillac Country Tour. \$20-\$60.

Saturday, 11:30am — Joshua Burnell & Band: For One Stream Only. \$14-\$117.

Saturday, 5pm — Kaylee Federmann Livestream. \$3-\$10.

Saturday, 8pm — Levitation Sessions: Osees.

Saturday, 7pm — Music of Davis, Dresser & Dessen. \$25.

Saturday, 5pm — U2: The Virtual Road.

Sunday, 4pm — Haha Charade Live From Arlene's Grocery. \$10-\$25.

Sunday, 5pm — The Decemberists 20th Anniversary Celebration. \$25-\$195.

Sunday, 5pm — The Lion's Daughter: Skin Show Livestream.

Tuesday, 6pm — Isolation:

Concerts For No One 2. \$10-\$30.

# IMMORTAL BEAUTY

BY GARRETT HARRIS

## Greatest movie music ever written

With the 2021 Academy Awards coming up later this month, let's take a moment to consider some of the greatest movie music ever written. The acid test for great movie music is whether or not it has become part of the general concert hall repertoire. The other requirement is that it is music composed specifically for a movie. This rules out contenders such as *Also Sprach Zarathustra* and *The Blue Danube* from 2001: *A Space Odyssey* or "Un bel di vedremo" from *Fatal Attraction*.

The first piece of great movie music is from a Soviet movie entitled *The Unforgettable Year 1919*. This movie was part of several

cult movies made around the persona of Joseph Stalin. The movie itself has been totally forgotten, but the music was written by none other than Dimitri Shostakovich. A section of the score has become known as "The Assault on Beautiful Gorky."

Ralph Vaughan Williams' *Seventh Symphony* is based on the music he composed for the 1948 movie *Scott of the Antarctic*. The movie tells the tale of the ill-fated Scott expedition, which was racing the Norwegian team to become the first to the South Pole.

*El Cid* received an Academy Award Nomination for Best Musical Score in 1962. The score, by Miklos Rozsa, has been turned into a sym-

phonic suite with a notable recording by The New Zealand Philharmonic.

Aaron Copland wrote seven film scores and received Oscar Nominations for four of them. His score to *The Heiress* won an Academy Award in 1950. The film itself was nominated for eight Oscars and won four.

Howard Shore won two Academy Awards for his *Lord of the Rings* film scores. Music from all three movies has been incorporated into a full-length symphony. It might be the best symphony written in the past 50 years.

Of course, there's *Star Wars*. Music from the now nine-part film series was featured in a massive two-hour



Image from *Lord of the Rings*. Music from all three movies has been incorporated into a full-length symphony.

concert by the Netherlands Philharmonic. *Star Wars* doesn't enter the concert hall too often but it dominates summer pops stages around the world.

*West Side Story* won 10 Academy Award in 1962. The symphonic suite of the musical score has become a concert hall staple. The composer, Leonard Bernstein, wrote serious music for the concert hall but none of it

has enjoyed the success of *West Side Story*.

The film score with the most concert hall success is clearly *Alexander Nevsky* by Sergei Prokofiev. It could be argued that it is simply the greatest film score of all time. The film, from 1938, depicts the Russian prince Alexander Nevsky defeating the invading Germans. In 1941, the Germans invaded Russia and were eventually defeated.

See more CLASSICAL MUSIC at [SDReader.com/classical](http://SDReader.com/classical)

## CLASSICAL MUSIC

### Courtyard Concerts:

#### Barnatan, Quint, Weilerstein

Inon Barnatan, Philippe Quint, & Alisa Weilerstein: SummerFest Music Director Inon Barnatan comes together with SummerFest favorite cellist Alisa Weilerstein and world-renowned violinist

Philippe Quint for a special concert performing works by Franck and Arensky. Each courtyard concert will be subject to the most recent San Diego County COVID-19 regulations. Patrons and staff will be required to wear masks at all times, unless actively eating or drinking. Saturday, April 10, 11:30am and 2pm; Conrad Prebys Performing Arts Center, 7600 Fay Avenue.

### La Jolla Music Society:

#### Philippe Quint Charlie

#### Chaplin's Smile

Philippe Quint: Charlie Chaplin's Smile: It's not well known that Charlie Chaplin composed almost all of the music in his films. This unique program juxtaposes the music of Chaplin with works by the great composers who influenced him most, including Debussy, Stravinsky, Brahms, and Gershwin. Chaplin's relation-

ships with these compositional masters is explored through music and story with screen clips of Chaplin's silent era films, musical accompaniment by Philippe Quint, and rare video footage of Chaplin conducting his orchestras in recording sessions. Saturday, April 10, 7pm; [ljms.org/](http://ljms.org/).

### La Jolla Music Society:

#### Quint, Barnatan, Weilerstein

SummerFest Kickoff Concert with Prelude Lecture by Eric Bromberger. Program: SummerFest Music Director Inon Barnatan comes together with SummerFest favorite cellist Alisa Weilerstein and world-renowned violinist Philippe Quint for a special SummerFest 2021 kickoff event leading up to the SummerFest public announcement on April 18, performing works by Brahms and Arensky. -Brahms, Cello Sonata No. 1 in E Minor, Op. 38 Sunday, April 11, 7pm; [ljms.org/](http://ljms.org/).

**I PAY CASH FOR RECORDS**  
CD's, Dvd's, Cassettes, 8-Tracks, & Clothes  
ASK ABOUT THE HIDDEN RECORD SHOP

Contact **JEFF** at **858-382-7396**  
Open-Minded On What You Have

**CASH PAID FOR RECORDS BAND TSHIRTS GUITARS RECORD PLAYERS**

**BUY / SELL TRADE / CONSIGN** (619) 414 -7352  
2834 North Park Way  
<https://fullcontactrocknroll.com>

**enigma.**  
professional piercing studios

3041 Adams Ave. 1972 Garnet Ave.  
San Diego, CA San Diego, CA  
619-516-4343 858-274-9950

**APP** PROUD MEMBER  
VERIFY AT SAFEPIERCING.ORG  
[enigmapiercing.co](http://enigmapiercing.co)

WHAT'S SO FUNNY? Presents

**TOO DRUNK GUYS**

A COMEDIC DUO ON A  
BREWERY/WINERY/DISTILLERY NATIONWIDE TOUR!  
SHARING CRAFT BREWING FACTS & FUNNY ANTICS

Sponsored by:

[WWW.TOODRUNKGUYS.COM](http://WWW.TOODRUNKGUYS.COM)

**TAANG! MUSIC STORE**

LARGEST SELECTION IN SAN DIEGO

WE BUY RECORDS !!!  
HIGHEST PRICES PAID

WE BUY GUITARS !!!  
ACOUSTIC & ELECTRIC

ALSO T-SHIRTS  
POSTERS/STEREOS

ACCEPTING APPLICATIONS  
PART-TIME

3834 5TH AVE.  
HILLCREST

SPECIAL  
ORDERS CALL  
858-880-8754



# Monstrous

The definition of insanity is watching another sequel with “Kong” and/or “Godzilla” in its title and expecting different results. *Godzilla vs. Kong* is a risk-free retreat of Jurassic proportions. Kong still calls Skull Island his home, and is now living life under the electronic supervision of Dr. Ilene Andrews (Rebecca Hall) and her deaf young daughter Jai (Kaylee Hottle), with whom the great ape communicates through sign language. When her parents died, Ilene promised to look after Jai and keep her safe from harm. She must have overlooked the codicil pertaining to constantly placing Jai’s life in peril due to the screenwriters’ inability to devise a more cogent plot-advancer than a kid signing with an ape. Then again, better the human touch of a child communicating with a skyscraper-topping simian than two unappealing CG monsters exchanging rock ‘em-sock ‘em haymakers MMA-style.

According to the five guys who receive story and screenplay credit, this year’s monsters are actually a rather doc-

ile duo. For his safety, a restless Kong is confined to an Astrodome-sized container, a controlled-environment scale replica of his jungle homeland. In practice, Godzilla follows in the giant footsteps of another Warner Bros. colossus, Bugs Bunny. Under the even-tempered hand of animator Chuck Jones, Bugs remained indifferent until provoked. If Godzilla is inclined to follow Bugs’ “Of course you know, this means war!” trope,

what then is he doing attacking Skull Island? Nathan Lind (Alexan-

der Skarsgård) — worst-selling Hollow Earth theorist and Ilene’s once and future romantic companion — reasons that this interior space is the birthplace of all monsters, and the best way to capture Godzilla would be to use Kong as bait to lure him in the direction of subterranean retirement. It’s also Lind’s idea to bring Jai along for the trip so that the child can keep the reins on Kong. Surely there had to be a better way of taking the jump from the jungle to the streets of Toho rather than the token Tolkien-gesture of making Hollow Earth part of the tour? Kong’s paw lazing in the water off his barge or watching as he is carried



**Godzilla vs. Kong: Jia (Kaylee Hottle) is the little dear in the ape’s headlights.**

through the night sky suspended from ropes were sustainable forms of transport, not merchandisable aerial vehicles that genre bend to the point of breaking.

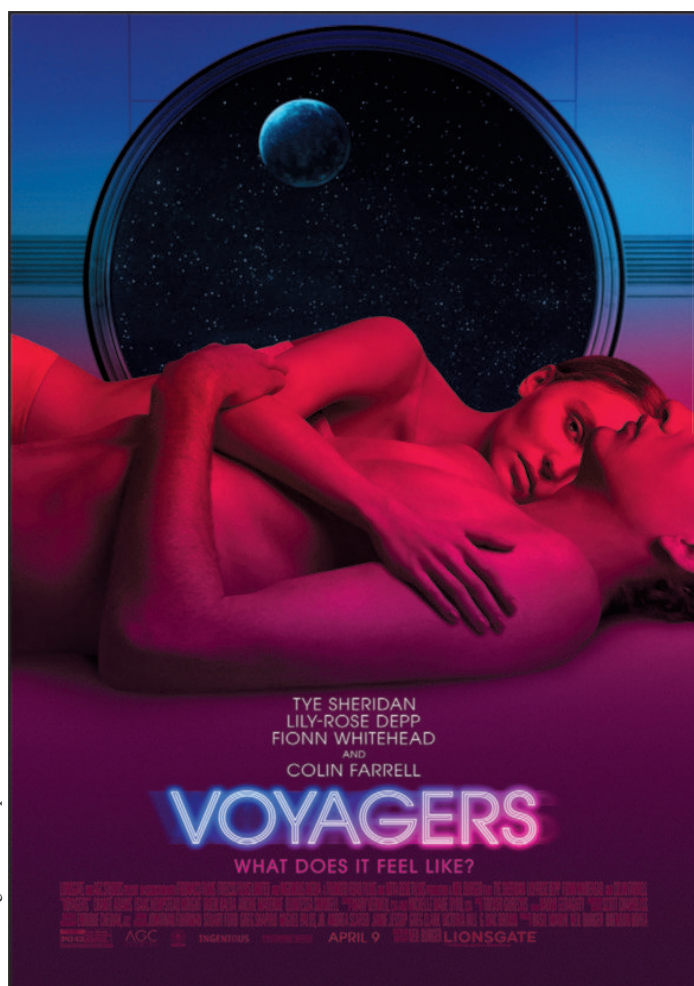
Wanted: big-name actors with a track record. Little to no acting required. Huge payday. Oscar nominations not a must. That’s what the casting call in *Variety* must have read, for how else would they persuade Hall and Skarsgård to star, or get Demián Bichir to play the corporate bad guy who dreams up the robotic end-all to all monsters, the telepathically controlled Mechagodzilla? Brian Tyree Henry provides much-needed, but seldom-connecting comic relief as Bernie Hayes, a podcaster/Kong-spiracy devotee. For you youngsters in the audience,

he’s joined by Godzilla-cheerleader/hold-over from *Godzilla: King of the Monsters* Madison Russell (Millie Bobby Brown) and nerdy franchise newcomer Josh Valentine (Julian Dennison).

This isn’t a movie, it’s a product strung together off the backs of merchandise that came before it. (A Japanese stuntman in a latex costume designed with one facial expression displayed more personality than this CG Godzilla.) A pilot ejecting from his cockpit is added as if to say, “See! Not every civilian is a casualty.” Other than one shot of humans fleeing for their lives, the filmmakers work their hardest to keep the body count to a minimum. After all, Titans aren’t responsible for the destruction

and countless fatalities — monsters are. Have we gone so completely “woke” as to fear stepping on the toes of imaginary monsters, such that these giant creatures of mass destruction are now referred to as Titans? No matter how they spin it, this is a monster movie. (And what’s with the character design gone awry? They’re drawn together, if not to scale. The difference in size is written off as, “He’s gotten too big over time.” Either that or Kong is sporting a pair of elevator paws.) These aren’t Titans so much as they are mass murderers being marketed as superheroes. We didn’t survive a pandemic to come out the other side only to find this waiting for us. ●

—Scott Marks



LIONSGATE® **Reader**

ENTER FOR A CHANCE TO WIN TICKETS TO

**VOYAGERS**

TO ENTER, VISIT  
**SDREADER.COM**  
AND CLICK "CONTESTS."

DEADLINE TO ENTER IS FRIDAY, APRIL 9 AT 1:00 PM PST.

VOYAGERS is rated PG-13 for violence, some strong sexuality, bloody images, a sexual assault and brief strong language.

NO PURCHASE NECESSARY TO ENTER OR WIN. Promotion begins on or about 4/8/21 at 12:01 a.m. PT and ends on 4/9/21 at 12:59 p.m. PT. Open only to legal residents of the 50 US States (D.C.), who are 18 years or older.

See Official Rules at SanDiegoReader.com, and complete details. Void where prohibited.

Sponsor: San Diego Reader. Address: 2323 Broadway, San Diego, 92102

**IN THEATRES APRIL 9**



# FREE CLASSIFIED ADS

## Three easy steps:

1. Take a picture of what you want to be in your ad
2. Post it on SanDiegoReader.com (25-word limit)
3. You're done — you can edit or delete it any time.

You can still call in your ad (619) 450-4293 or text it (619) 272-2772

or drop it at the Reader office, 2323 Broadway, Suite 200, San Diego, CA 92102

## PERSONALS

**FALLING SHORT OF GOD'S GLORY** for all have sinned (missed the mark) and fall short of the glory of God & For the wages of sin is death, but the gift of God is eternal life in Christ Jesus our Lord. CMR

**JERRY VARON** Hope you've had a good Pesach. Brian B

**KKAATU** peace. JAR-TAK

**LINDA - YOU WERE WITH RAY.** If you are divorced from Ray, I'm divorced also! Call me at (760) 212-1453, David! Let's two step together again??

**THERE IS ONE WORD** which may serve as a rule of practice for all of one's life-reciprocity.

**LANETTE (COUNTRY) JOHNSON** please call me I need you in my life! Gary (281) 865-5613.

**SEAN DAUGERTY** please reach out to me regarding your mom Carmelita, Brad (858) 282-4370.

**THANK YOU ST JUDE** for your miracles for the impossible.

**DREW AND KATIE** Happy Easter. On the property, I have hidden some eggs....One has cash in it. The other ones have goodies. Enjoy Easter Sunday.....Gary and Nancy....

**GOD'S WILL** The Lord is not slack concerning His promise, as some count slackness, but is longsuffering toward us, not willing that any should perish but that all should come to repentance. CMR

**IF ANYONE KNOWS THE WHEREABOUTS** of my friend Lynn McConnell, please contact me at kittycatmartha@gmail.com.

**LOOKING FOR MALE OR FEMALE** widow or widower, middle age. I am a compassionate and loving female living in Mission Valley, seeking friends who would be inclined to meet for breakfast, lunch, or outdoor outing. Carmen, please leave a message (619) 269-3434.

**HAPPY EASTER** Happy Easter Shawshank....Love ya Gman

**HEAVENLY FATHER** Please heal my Dawg, Marvin whose liver is riddled with cancer. I need a miracle....In God's name I pray....Amen Gman

**TOMMY M** Still thinking of you every day. Love getting the pictures of you. Talk to me again sometime. I love hearing your voice. Patti D

**NANCY FROM OCEANSIDE** your dear friend Carmelita has been admitted to a board and care, please reach out to me at (858) 282-4370.

**LOOKING FOR AN OLD FRIEND** Caroline Bankhead, we lost touch a few years ago, I have the money I owe you. (619) 586-0131

**SEEKING WEALTHY MENTOR** I am a senior gentleman looking for wealthy mentor. If interested call Gary (858) 262-1171, leave message and phone number.

**LOOKING FOR MY HUSBAND** Erik R Andrade, message me at elsa.segoviano12@gmail.com.

This is your wife Elsa Andrade. I want a divorce.

**FRIENDS OF JAMES HARPER (JIM)** Please call Jim's family- Ann, Jennifer, Jamie. (619) 917-6975

## NOTICES

**COME JOIN US FOR WORSHIP SERVICE** on Sunday. Coronado Southern Baptists church. 111 Orange Ave in Coronado, CA. Worship service at 11am, Bible studies at 10am.

**I TREASURE SAN DIEGO. COM** You LOVE the Reader Magazine and you LOVE San Diego County. Kick it up a notch with San Diego's most sophisticated treasure hunt! iTreasureSanDiego.Com Rocky@iTreasureSanDiego.Com

### DONATIONS APPRECIATED

After 20 years of hard work I'm losing it all. I'm asking for donations in cash or check to keep it all in storage. Until I get a better grip. Please send what you can to: Mr.G. Flecher 567 Gardner St. #130 El Cajon, CA. 92020 Thank you so much. (805) 843-2515 / ghf92565@gmail.com



**FREE DRIVE-THRU FOOD BOXES** Free drive-thru food boxes every Monday and Thursday, with one stipulation: you need to be in a car to receive food; no walk-ups. 485 Imperial Beach Blvd. Imperial Beach, CA 91932 (619) 271-0717

**A+ COMPUTER PERSON:** If you have a driver for Epson Action Laser 1500, please call me. (619) 523-1872 (after 9am please)

**ALOHA 'OE TOMMY HOM** The young Tom Hom, age 21, died February 13, 2021. Services at Community Presbyterian Church in Lakeside on April 10th at 11 am. Zoom: https://belling.zoom.us/j/(957) 159-95344 Passcode: 80993988. (619) 831-5296 / sue4easyaccess@gmail.com

**DOUAY BIBLE** Confraternity Catholic's version,

(619) 578-2050 St. James, offers, donations, please.

**FREE BROWN SOFA AND LOVESEAT** Very good condition, must have truck. Please call or text (619) 735-3512.

**FREE DIRT** Please come and take this free dirt I have in bags. 2657 Corona St Lemon Grove, please bring truck and come to door first

**THE NEW AMERICAN STANDARD BIBLE** 1977 moody press Bible. Free, (619) 578-2050.

**JAY LENO GARAGE TOUR** San Diego Automotive Museum is holding an opportunity drawing until May 14th, 2021 to tour Jay Leno's Big Dog Garage in Burbank, CA. To purchase your tickets and view official rules and regulations, visit www.sdautomuseum.org/jaysgarage.

**FREE TOILET STANDARD SIZE** No cracks in tank or bowl. Been sitting outside so a little dirty. Please text to pick up (619) 631-9258.

**RESEARCH STUDIES AVAILABLE** in Oceanside. Transportation is provided compensation is provided for qualified participants. Depression, schizophrenia, bipolar disorder. Call Travis (619) 706-7529, referral number only.

**COWBOY THEATER** Watch the 100 best B-Western movies on COX cable, North 18 and South 23. FREE! 12 noon Mondays, 2PM Wednesdays, 9AM Fridays.

**OVERCOMING BETRAYAL IN THE NEW MILLENNIUM** Written by fRee SPIRIT UNiQue.... available now on.... iTunes, Amazon, Xlibris and Barnesandnoble.com!!

**SAN DIEGO PILOTS** and airplanes are broadcast 24 hours a day on aviation theater on Youtube.

## CLASSES / LESSONS

**BACHATA DANCING VIA ZOOM** Learn this beautiful Latin dance style with origins from the Dominican Republic and a newer style that evolved in Spain, "Bachata Sensual." https://www.hookedondance.com.au/hookedondancemelb@gmail.com

**LMS MASTER EDUCATION** Teach online & sell courses on your branded website & mobile apps. Engage and retain your learners with LMS Master. LMS Master enables offline to online application for the administration. (088) 245-8824 / lmsmasterseo@gmail.com



**VIOLIN AND CELLO CLASSES** Take advantage of the home office, homeschool, and lockdowns to learn music. I offer online classes for guitar, cello, music theory or composition. https://www.facebook.com/Yitzhak.Morales.Cello/ yitzhak.morales@outlook.com

**STUCK AT HOME? LEARN SPANISH!** We believe that in order to speak a language, you must actually SPEAK the language. Join our community today for SPANISH conversation immersion classes in a fun, relaxed, non-intimidating environment in the heart of North Park and ONLINE (right now, only online). Learn from a caring native speaker. Make friends and have fun! PuraBuenaOnda.com. (619) 916-8339. ImmerseYourself@PuraBuenaOnda.com

**YOGA WITH SHAWNNA** Donation-Based Outdoor (Covid Safe) Yoga, Sound Healing + Meditation Classes Donation Based Online Yoga + Meditation Classes. Online Yoga Teacher Trainings. Reiki Trainings. Breathwork Trainings. Essential Oils, Sound Healing Instruments + Crystals. \$25 Reiki Sessions. Learn more: YogaWithShawna.com

**TAI CHI AND QI GONG CLASSES**, Meditation In Movement. First class is free. Classes are outside and at a safe social distance. Taoist Sanctuary of San Diego, (619) 692-1155 or www.taoistsanctuary.org.

## ROOMMATES

**ALPINE, CA** Very safe & quiet neighborhood. Laundry, pool, jacuzzi, exercise room. One block to public transportation, \$199. Kenny (912) 275-4411.

**FURNISHED BEDROOM** for rent, near downtown. \$550 per month. Call (619) 727-0753

**NEED ROOMMATE** large 2 bedroom, 2 bath apartment. Lakeside, reserved parking. Single mature woman preferred. 420. Pat/credit check, \$1100. Kenny (619) 251-4775.

**BDR AVAILABLE IN 2 BDR APT** Busy, professional woman looking for female roommate to share a nice two bedroom/ one bath apartment in Lakeside. Large 12 x 13 bedroom. Furnished kitchen and living room. Patio. Complex has pool, hot tub, laundry room, assigned parking. Gab052801@aol.com

**ROOM FOR RENT** Call (619) 869-5814 ask for Kim.

**MIDTOWN \$550** Separate living room/kitchen space. 200square ft, clean, cable, 420 friendly. No drugs/alcohol, tobacco, drama. First/last. Senior/disabled/retired/ text (619) 457-8516.

**ROOM WANTED** 62 yr. old young single no family, Virgo, healthy, never married, non-smoker, non-drinker, clean SoCal native low income male, high school/college graduate. Seeking any somber liny room please in house Solana Beach, Cardiff, Leucadia, Encinitas, Carlsbad, San Clemente. Dale Hauskins (858) 401-2973

## RENTALS

**NORTH PARK, \$1895.** 2BD+2BA upstairs apartment. Stove, refrigerator, microwave, dishwasher, plank flooring, washer/dryer, A/C, parking space, balcony, fireplace. No pets. (Service animals are not considered pets.) 3751 31st Street #4. Ad Realty, (619) 232-6811.

**PACIFIC BEACH, \$2175.** 2BD+1BA; large upstairs unit in rear; remodeled; all new stove, refrigerator, dishwasher, microwave; vinyl pink floors; garage; coin laundry; small pet ok w/ extra deposit; available now; 1854 Chalcedony st. Del Sol Property Management, broker. www.delsolpm.com. (858) 270-2071.

**SOUTH PARK, \$1750.** 1BD+1BA downstairs unit near Downtown San Diego and Balboa Park. Easy 5-minute commute to work. Secured building, fireplace, hardwood floors, laundry on site, street parking only. 2329 C Street. Agent: (619) 298-7724. www.allpointsrealestate.com.



**LONGTERM RV LOT RENT** Spaces available now from \$500 with water, sewage and trash included. Electric billed. Pet and family friendly. Pools, general store, laundry on site. Desert community 30 min from Julian. www.butterfieldcommunity.com

(505) 415-3201 / info@butterfieldcommunity.com

**2BR/1BA WITH WASHER & DRYER** This newly renovated house is packed with features that are sure to make you smile! The kitchen's stainless steel appliances ensure you have what you need to cook up the perfect dinner. JensenPropertiesSD(dot)com/available-properties (858) 386-0627 / oscar@jensenpropertiesssd.com

**3 FURNISHED ROOMS FOR RENT** Near downtown. Rent from 710-750. Washer and dryer on-site. All utilities included. Close to trolley. (619) 370-8109 / uiwu79@gmail.com

**LOOKING FOR TWO CAR GARAGE** to rent, or older working space. With energy and a sink to use as a workshop for a professional artist. Call (619) 856-7787

**LA MESA, \$1849-2249.** 3BD+2BA (\$2249) and 2BD+1BA (\$1849) apartments. Bienvenido a la privada Mt. Helix! Espaciosos. Cocina nueva. Electrodomesticos de acero inoxidable, Casa club. WiFi. Aire acondicionado. Lavanderia. Garage. Balcones. Picina. Mascotas OK. Espanol. (619) 646-8670.

**LA MESA, \$1849-2249.** 3BD+2BA (\$2249) and 2BD+1BA (\$1849) apartments. Welcome to Mt. Helix Gated Community! New kitchen. Stainless steel appliances. Spacious. Clubhouse. WiFi. Air conditioning. Laundry. Garages. Balconies. Pool. Hablo Espanol. (619) 646-8670.

**STORAGE SPACE** for truck, van, motorhome. Call (619) 727-0753.

**DOWNTOWN, \$250-495.** Artist work spaces: Office or work spaces and retail available. 636 C Street, 92101. Inquire inside (C Street Inn front desk) or call (619) 234-4165 or (619) 269-9076. www.jspropertymanagement.com.

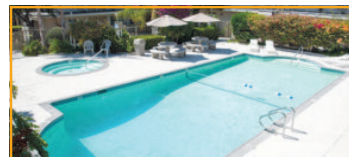
**NEED AN APARTMENT SHORT TERM?** Make your reservations now and Get \$200 OFF every month. Studio+1BA available. Call for Monthly, Weekly and daily specials, up to 15% OFF. Includes: weekly cleaning service, daily continental breakfast, all utilities, cable (HBO), heated pool/spa, on-site laundry. High-speed Internet available for additional charge. (\*Rates subject to change/ tax.) California Suites Hotel, 5415 Clairemont Mesa Boulevard. (858) 799-0219. www.californiasuiteshotel.com.

**RV SITES MONTHLY RENTAL** Large RV sites available now. Our resort is under new ownership and keeps getting better and better while offering a great community for individuals, families, and seniors, with

## RENTALS

## Need an Apartment Short Term?

CALL NOW & GET \$200 OFF YOUR FIRST MONTH



Call for Daily Specials  
Up to 15% OFF Daily Rates  
Call Now



California Suites Hotel  
Apartment prices with hotel perks  
www.californiasuiteshotel.com  
Sorry we do not accept pets.

Monthly rental maximum 2 people including children.  
\*Some hotel amenities included. Please call for details.



Weekly starts @ \$400  
Call directly for more details.

### Free Continental Breakfast

- Free maid & linen service • Free utilities • Heated pool & spa
- Laundry facilities • Free parking • Microwave • Refrigerator
- Easy freeway access • Centrally located • High speed internet services

5415 Clairemont Mesa Blvd.  
(just west of the 805) San Diego, CA 92117  
(858) 799-0219

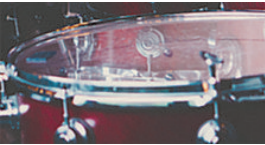




many amenities. Monthly \$500 a month. Call us for more info. (619) 766-4301 / info@deanzasprings.com

MUSIC

**1910 EDISON PHONOGRAPH** (talking machine) plays records, upright 3 foot tall by 20 inches square. Pre-electric, crank, in quarter sawn mahogany case. Internal horn, record storage in bottom. Works! \$400. (760) 598-2305



**DRUMMER NEEDED** Looking for dedicated, fast paced w/ good stamina that can play Punk, Rock n Roll w/ Reggae (SD style). https://youtu.be/xTWhyRf8Eck. https://youtu.be/\_3T2ln6ufOA. https://youtu.be/IFcF1BxWAel. https://youtu.be/K4F8QaMxpN8. https://youtu.be/Q3T592DTeXY (619) 817-7496 / jfunkone@gmail.com

**BAND REHEARSAL PRACTICE** monthly lockout studio. Fits 5 to 7 piece. Now available. 10:00am-Midnight. Universal Sound Inc. (858) 401-2973

**LADIES, LOVE TO SING?** Join virtual rehearsals with four part harmony chorus. All ages/voice ranges welcome. Mondays at 7 PM. (619) 449-7107

**BASS GUITAR \$1100** 1989 "Signature" jazz bass, maple neck, ash body, audere preamp, glassy highs, excellent condition \$1100. (619) 980-6008.

**BASS GUITAR \$2000** 1989 "Signature" jazz bass, red burst body, figured maple neck, chrome hardware, sadowky preamp, MEC gold pickups, mint condition, \$2,000. (619) 980-6008

**BASS GUITAR \$900** 1990's Schaller Rockoon(Kawai). maple neck, rosewood finger board, perfect red body paint, red EMG pickups, active, 4string, Excellent condition, no marks or scratches with coffin bag. (619) 980-6008

**MUSIC REHEARSAL STUDIO** Upscale facility, Kearny Mesa. All rooms have individual air conditioning, high ceilings and 24- hour access. Monthly rooms available. Adder

Studios, (858) 522-9505. www.adderstudios.com.

**REGGAE POP PROGROCK FUSION** professional guitarist available for gigs, tours, recordings. CD/Tour credits. Dale Hauskins https://www.bandmix.com/dalehauskins/ (858) 401-2973

PETS

**ADORABLE CORGIS FOR GOOD HOMES** Cute males and females Corgi puppies for good homes. For more details and pictures of the available puppies Text (803) 258-0167 / emmanuelbarry20@gmail.com

**SHARPIE ADOPTIONS!** These girls deserve a "dogs life!" They are sisters, can be separated! New owner can. give Zoey & Churro someone they can love, and be dedicated towards. They have no " Master," in their lives currently! Contact email of: kathyjoyce1957@gmail.com

**ADORABLE BEAGLE PUPS FOR GOOD** Cute males and females Beagle puppies for good homes. For more details and pictures of the available puppies Text (803) 258-0167 / emmanuelbarry20@gmail.com

**GOLDEN RETRIEVER PUPS FOR SALE** Golden retriever puppies ready for adoption now Both males and females Healthy, document shot up to date contact for more details..... Thanks and share God bless Leave us a message for more details if interested. L(737) 201-6636 falamaharvey09@gmail.com

**TINY TEACUP YORKIE PUPPIES** Our puppies are 9weeks old, two male one female available.Puppies are akc registered and shots are up to date.Reach us now for more inquiries and pics. (falamaharvey09@gmail.com) (737) 201-6636 / falamaharvey09@gmail.com

**AKC ENGLISH BULLDOG PUPPIES** AKC English Bulldog puppies from DNA Health tested parents. They are raised in our home with other dogs and our children so they are well socialized and prepared for their forever homes. For more details contact via text to (424) 738-8000 / petejordan282@gmail.com

**DOGO ARGENTINO PUPPIES** Dogo Argentino puppies looking for new environment. (501) 819-3807 / johmimansah@gmail.com

**WANT SMALL DOG** I want to adopt a chihuahua or a small breed dog 1-2yrs, text or call- (619) 246-8219.



**MISSING COCKATIEL** Missing Cockatiel. Oceanside, CA 92056. Grey and white feathers, orange cheeks and yellow.Last seen Sept. 4, 2020. Please call if you have any information. No questions asked. We just want our baby home. Reward \$1,000 cash or Donation to Charity (760) 626-5784 / mbouckeno@yahoo.com

**GAITED HORSE** I want to buy sound, gaited trail horse. Text (619) 438-4567

**HORSE PIPE CORRAL** 5 sections, includes gate section, \$175. Sun shade 8 ft by 60 ft in two sections, \$200. Text (619) 438-4567.

SPORTS

**BOOGIE BOARDS** 2 boogie boards \$20 each. contact Paul (619) 222-0278.



**BOWLING BALLS** Bowling balls for sale. Please call or text (619) 277-6978.



**OGIO MACHU GOLF BAG** Ogio Machu golf cart bag - \$89. (619) 798-6115.

**\$10 YOUTH SPORTS CLINICS** Saturday April 10th from 9am-10am (Basketball), 10am-11am (Baseball/Softball),

& 11am-12pm (Soccer) at Stagecoach Park in La Costa. Boys & girls of all ages & skill levels are welcome. Very limited availability. Visit our website to register today! (760) 456-9447 / info@northcountysportsacademy.com

**CHARGER GEAR** Grey hoodie, dark blue fleece, pullover, blue windbreaker, long sleeve t-shirts, dark blue, light blue, and grey, all size large. hwyman69@gmail.com

**\$10 YOUTH SPORTS CLINICS** All clinics will take place at Stagecoach Park in La Costa. All ages & skill levels are welcome. Very limited availability. Visit our website for more details. Register today! Basketball ~ 9-10am. Baseball/Softball ~ 10-11am. Soccer ~ 11am-12pm (760) 456-9447 / info@northcountysportsacademy.com

BICYCLES



**SHERWOOD DIAMONDBACK BIKE** tall man's bike - includes bike rack, cable & locks and adjustable seat - \$125 - cash only (Mira Mesa) favod@hotmail.com

**VINTAGE BIKE PARTS** 1981 Schwinn predator frame and fork. 1984 Cycle Pro Greg Hill frame. A few Schwinn parts and a few hot wheels. Good condition. Call for information/prices (619) 586-2814

**2 CRUISER TYPE BIKES** Male and female styles. Good shape. \$100 both. Firm. Text. (619) 438-4567

MOTORCYCLES

**MOTORCYCLE WANTED** 3 wheel trike, any kind, must be ready for a long trip, excellent condition, current license, clear title, send picture. Call (760) 420-3641, San Marcos, CA.

AUTOMOTIVE

**I AM LOOKING FOR INFO** On 1971 Datsun 510 wagon. Would like to know if still on road, had Cal blue plate 376 CTT. Text (619) 631-9358

**2008 FORD CROWN VICTORIA** Runs excellent, have smog, \$2800 obo by 5/12/21. (619) 542-0472, no texts please.

**HYUNDAI 2004 XG350** 4-door. 177,000 miles. Needs a radiator. For \$800. (858) 663-5846.

**FORD TAURUS** 2004 - 91,000 miles. Excellent shape on all levels. \$1999. Kenny @ (912) 275-4411.

**LOOKING FOR INFO** On 1971 Datsun 510 wagon would like to know if still on road, had cal blue plate 376 CTT text (619) 631-9258.

**CHEAP AUTOMOBILE AUCTIONS** Completely free entry at 17770 Valley Blvd., Bloomington, CA. There are more than 100 cars available here @ All Towing & Storage Public Auction, north of San Diego County. https://www.facebook.com/alltowingandstorage/ (909) 815-0447

**1980 CHEVY CELEBRITY** little rough and Dodge motorhome, make offer has 413 motor been rebuilt, (619) 460-1267.

**1981 VW RABBIT DIESEL PICKUP** for restoration. Solid body, no dents, camper shell. Needs head gasket, spare engine. You move, \$1500. (619) 264-3686 for info

**2003 VW PASSAT** runs great. Automatic, new tires & brakes,

many new parts. Dependable car, clean title. 141K original miles. \$3750 OBO. (858) 201-1628



**MERCEDES-BENZ SERVICE/ PARTS** Mercedes-Benz service and parts. (858) 333-0411. www.MercedesBenzWerkz.com

**1977 CHYSLER CODOBRA** decent shape. Motor was rebuilt, installed but never started. (619) 465-1267 please leave message

**1995 TOYOTA T100** new paint,rebuilt trans,new tires, spray in bed liner, much more. must see approx. 250k miles asking \$5000 or best (858) 302-6376 / dustbutcher1026@gmail.com

**DRIVEWAY MECHANIC** Need your auto fixed? I can fix most problems. Electrical starters, alternators, charging, battery. Classic car specialist. I can fix it. I come to you. You will save lots of money. My rate is 65.00 per hour. Minimum one hour. Most jobs done same day. (619) 902-7658 / raymondsawyer7@gmail.com

**FIBERGLASS CAMPER SHELL** for full size truck. Shortbed. SnugFit brand. Good shape. \$100 firm (619) 438-4567.

**1995 GMC BANDURA 2500** high top conversion van. TV, stereo. Needs oil pump, sell as is. Has rust, new \$500 tires, gold, \$1,000 OBO. (619) 408-9517

HELP WANTED

**AUTOMATION ENGINEER** (Req# IIC1337) Prov engg expertise in selection, dvlpmnt, integration & use of robotics & automation solutions for next gen, novel manuf processes. Req BS+2 Send resumes to Illumina, Attn: SD122440, 5200 Illumina Way, San Diego, CA 92122. Must ref title & Req#.

**BUSINESS INTELLIGENCE PROJECT MANAGERS** San Diego, CA: Manage execution of large, global tech projects in an onsite/offshore model, while ensuring adherence to budget, scope & schedule. Execute Projects & Programs using Agile (Scrum & SAFe 4.0) &/or Waterfall/ PMBOK stfw dvlpmnt methodologies. Travel/reloc to various unanticipated locations. Send res to: SoftHQ 6494 Weathers Place, Ste 200 San Diego, CA 92121

**FENCE INSTALLATIONS** Top \$ paid for experienced, skilled, and motivated fence erector. You must be trustworthy, reliable, and honest. Must have valid CA Drivers License. We have work, and if you qualify you may start immediately. (619) 499-7799 Ask for Aaron dan.ca@cox.net

**FULL TIME LIVE IN NANNY** for adorable 8 yr old boy. Rent free, kind, sweet, happy, clean, positive, no pets, retired moms only. Clairemont (858) 750-9567.

**IHSS CAREGIVERS** 75 year old lady needs 2 caregivers that are IHSS certified. One for the 7-4pm shift and one for the 4-11pm shift. Only serious inquiries need apply. Must be certified by the county or IHSS. Call (619) 297-3382 or leave message

**INDUSTRIAL MACHINES DESIGNER** Design drawings, specs for maint. of industrial eqpmt. & lines. Draw schematics to depict functional relationships of components, systems for industrial washing machines for food industry. Draw reference manuals to describe operation, maint. of industrial machines. Salary comm. w/ exp. Req. H.S. + 2 yrs. exp. w/ industrial

machines for food industry. Send resumes to HR, Colussi AWS Inc 9520 Chesapeake Dr. #606, San Diego, CA 92123

**REGISTERED PROVIDER FOR IHSS WANTED** for zip 92115, prefer AM's, 13 hours/week. Lady recipient, maybe more hours in bldg. (619) 303-5695

**SAFETY & SECURITY SPECIALIST** \$102,197–\$127,746/year. Responsible for the development, implementation, and maintenance of the District's Safety, Security and Disaster Preparedness Response and Recovery Programs including confined space, fall protection, construction safety, accident/incident investigation, etc. Required Licenses/Certifications: Associate of Risk Management (ARM) Certificate, Certified Safety Professional (CSP), Certified Occupational Safety Specialist (COSS) or other comparable safety or security professional certification. Experience: Five (5) years coordinating and implementing safety, security, and/or risk programs. Education: High school diploma or G.E.D. supplemented by two years of specialized college-level coursework. Bachelor's degree is desirable. Open until filled. For requirements and to apply online, please visit www.otaywater.gov. EOE.

**SENIOR ENGINEER** (Req# IIC1335) Solve complex, interdisciplinary tech & prod dvlpmnt prob as part of Metrology & Physical Sys team in prod dvlpmnt engg group. Req MS+2orPhD. Send resumes to Illumina, Attn: SD122440, 5200 Illumina Way, San Diego, CA 92122. Must ref title & Req#.

**TECHNOLOGY** ServiceNow Inc is accepting resumes for the following positions in San Diego, CA: Senior Software Engineer (5143): Develop software solutions to complex problems. Identify and implement automated test cases for developed solutions. Staff Systems Engineer (5164): Build custom systems and services solutions, tailored for the SaaS messaging stack. Software Engineer (5142): Work as a key technical engineer on ServiceNow's critical Configuration Management Database product. Telecommuting permitted. Mail resume to ServiceNow Inc, Attn: Global Mobility, 4810 Eastgate Mall, San Diego, CA 92121. Resume must include job title, job ref. #, full name, email & mailing address. No phone calls. Must be legally authorized to work in U.S. without sponsorship. EOE.

**CAREGIVER, NON-MEDICAL** Homecare, respite care and more! Help seniors and disabled remain independent at home. Experienced and new caregivers welcome. We help you succeed. Call today! 1-877-903-JOBS (5627). Email: homecarejobs@atyourhomefamilycare.com. Est. 1984 (877) 903-5627 / homecarejobs@atyourhomefamilycare.com

**HAIR SALON BOOTH RENTALS** East Mission Valley established salon, great location. We are looking for stylists to join us. Call (619) 944-9966 or (619) 886-0603 / sheltononlinetravel@cox.net

**INTERNET SALES SPECIALIST** We opened a new location in CA, San Diego! We're looking for a new Internet Sales Specialist employee. Panuto Leasing is the #1 car broker company in South Florida. https://www.facebook.com/PANAUTOMIAMI (754) 701-7117

**LIVE-IN CAREGIVER** Healthcare aid needed in home in Ocean Beach, CA. \$2320/ month + rent(room) provided. Great opportunity for someone who needs work and a place to live. Call or email Jim. No experience necessary. Start immediately! (619) 307-0544 / 70yoyoz@gmail.com

HELP WANTED

Everyone deserves a family like yours

BECOME A MENTOR

California MENTOR Family Home Agency

Ask about our Referral Program!

California MENTOR is seeking loving individuals just like you to support an adult with special needs.

Receive ongoing support and \$1200 to \$2600 a month (to cover the cost of care) for your spare bedroom.

Call Heather Today! 858-694-0120 MentorsWanted.com



**CAREGIVER NEEDED IN EL CAJON** for 4 hours, for 4 days a week. Part time. Must be willing to enroll in a program, government. Call (858) 599-1071

**CAREGIVERS NEEDED** for individual with dementia. Dressing, hygiene, running errands, companionship, meal prep and housekeeping. Monday-Wednesday 12-7pm. Previous experience with dementia care preferred. Reliable person, good references and own transportation needed. Clairemont area. Contact rayzambo@gmail.com

**RADIO STATION VOLUNTEERS** Interested in social justice? Interested in news / community matters / music? Non-profit, all volunteer KNSJ 89.1 FM is seeking volunteers for on air talent and support. Newbies welcome. See KNSJ.org for info. Contact Tim.Taylor@KNSJ.or

**SR. FINANCIAL BUSINESS SYSTEMS ANALYST** (Req# IIC1336) Design SAP HANA solution architecture & assoc tech specs & implementation plan. Req MS+1. Send resumes to Illumina, Attn: SD122440, 5200 Illumina Way, San Diego, CA 92122. Must ref title & Req#.

**WELDER WANTED** Welder-Fabricator. W.I. iron hand rails, fence, gates. Equipment, material supplied. Work your own hours at our location. Experienced only. Ask for Aaron. (619) 749-1494 / dan.ca@cox.net

**\$10-\$15 AN HOUR FUNDRAISING** We can pay exactly 10 to \$15 an hour for any one...you get 10 to 40% of any of the donations you help with gathering or while working on your free time... you have the opportunity to raise funds even if the person can't give cash and sponsors/trials (619) 844-9886 / Itisuncommon@gmail.com

**WORK IN ALASKA, BEAT THE HEAT** Join our team at OBI Petersburg for summer work in Alaska! Call (907) 772-4294 for more information. (907) 772-4294 / martha.johnson@obiseafoods.com

**SUBJECTS NEEDED FOR UC SAN DIEGO RESEARCH STUDY** Dr. William Perry and his associates at UCSD are conducting a research study on how cannabis affects thinking and behavior. We are seeking adults ages 18-50 who either use cannabis at least 4 times a week or do not use cannabis at all, with a history of Bipolar Disorder or with no psychiatric conditions. You must have no serious medical or neurological conditions, including heart problems, seizures, or

significant head trauma. Study Procedures: One visit lasting about 6 hours; saliva, blood, and urine tests; computer and paper and pencil tests; wear a device that measures the movements of your body. Participants reimbursed up to \$20 per hour for study participation. Located at the UCSD Medical Center in Hillcrest. For More Information, call us at the UCSD Psychiatry Department

**CAREGIVER WANTED (IHSS)** Must be with IHSS. In San Diego by the Kaiser hospital. 105 hours per month Monday-Friday 9am-1pm. Must have a car and references. Call for the job today at (619) 269-3434

**NEED A MATURE LADY** IHSS caregiver for a middle age woman in Mission Valley. Must have a car and references. 9am-1pm, 26 hours per week, 105 hours per month. Cooking, cleaning, errands, need ASAP. Call for interview and details (619) 269-3434.

**CAREGIVER/COMPANION WANTED** Dependable, experienced, for 24 hour shifts. \$120 cash paid at end of shifts. No alcohol, hangovers, smoking, drugs, pets, children. mysandiegocar@yahoo.com

**REGISTERED IHSS CAREGIVER NEEDED** for senior woman with bird. Five days a week, five hours a day, flexible. Must have references and a car. Please call (619) 488-0822 for an interview, no texting.

**READY TO QUIT SMOKING?** Diagnosed with Bipolar Disorder or Schizophrenia? The Pacific Treatment and Research Center is looking for people who are ready to put out that cigarette! Eligible participants will: be 18-70 years old, have a strong desire to quit smoking, and be in good overall health. Call (858) 246-4673. www.pac-tarc.org

**STOP COCAINE** Would you like to call it quits? Maybe we can help.... You may be eligible to participate in our confidential 18-week research trial. This confidential study involves: bi-weekly visits to our medical office, taking a study medication, meeting with a counselor. Qualified participants will: be 18-65 years old and have a desire to seek treatment for your cocaine use. Qualified participants will be compensated. Pacific Treatment and Research Center, (858) 246-4673. www.pac-tarc.org.

**CAREGIVER (EAST COUNTY).** Active Quadriplegic male

seeking PT caregiver in East County area (Santee/Lakeside La Mesa/El Cajon). Must have reliable transportation and be dependable, energetic, enthusiastic, compassionate. Experience preferred but will train right person. Must pass fingerprint and background check. Duties include: personal care, transferring, dressing, bathing, grooming, cooking, cleaning, shopping. Please send resume or brief description of why you are an excellent candidate to agaraciajr14@sbcglobal.net or leave message at (619) 596-9343.

**CERTIFIED NURSING ASSISTANT (CNA)** Bella Vista Health Center is hiring for full and part time positions. New higher pay scale. Experienced CNA's and new grads welcome. Bella Vista is a Covid-free facility. Go to https://bit.ly/2KoMgzP to apply or more info. Also can apply in person at Bella Vista Health center, 7922 Palm Street Lemon Grove 91945. Bellavistahealth.com

**LICENSED VOCATIONAL NURSE (LVN)** Bella Vista Health Center is hiring for full-time positions. New higher pay scale. Experienced LVN's and new grads welcome. Bella Vista is a Covid-free facility. Go to https://bit.ly/2KoMgzP to apply or more info. Also can apply in person at Bella Vista Health center, 7922 Palm Street Lemon Grove 91945. Bellavistahealth.com

**REGISTERED NURSE (RN)** Bella Vista Health Center is hiring for full-time positions. New higher pay scale. Experienced RN's and new grads welcome. Bella Vista is a Covid-free facility. Go to https://bit.ly/2KoMgzP to apply or more info. Also can apply in person at Bella Vista Health center, 7922 Palm Street Lemon Grove 91945. Bellavistahealth.com

**HANDYMAN WANTED** Dependable, able-bodied energetic, experienced north city worker wanted for home repairs and cleanup. \$8 per hour cash paid daily. mysandiegocar@yahoo.com

**HAVE A SPARE BEDROOM?** Earn a competitive stipend caring for an adult with a developmental disability in your home. www.MentorsWanted.com. (858) 694-0120.

## JOBS WANTED

**HELP!** Hi, unemployed massage therapist here running out of unemployment very soon. Looking for Cashier, bussing,

prep-cook, dishwasher, leasing agent. Any shift would be greatly appreciated. (805) 843-2515. Thanks a million.

**PREP-COOK/DISHWASHER FOR HIRE** Hi, Im looking for a P/T or F/T Prep-cook/dishwasher position, any shift, preferably in the mid-city area. Experienced. Call or text (805) 843-2515. Thank you

**JACK OF ALL TRADES SEEKS SHELTER** Mature male with experience in all phases of construction, remodeling seeks room, shed, yard to live in. Can pay partial rent and work for rest. jwdooleysd@gmail.com

**GERIATRIC SOCIAL WORKER** will shop for groceries, prepare meals, light housekeeping, drive to doctors/hospital appointments, companionship. Call Carol @ (858) 525-1154.

**FULL-TIME JOB** High school/ college graduate Southern Californian with reliable transportation. Seeking steady full-time employment in Mira Mesa, La Jolla, Solana Beach, North County. Dale Hauskins (858) 401-2973

## WANTED / TRADE

**LOOKING FOR** a 59 Ford Galaxy, decent shape or 61 to 64 Falcon. Trying to find one \$500 or less please text. (619) 631-9258

**WANTED TWO PERSON SWING** need delivered. If frame needs paint and cushions that is fine, just no cracks in swing & frame intact. Text (619) 631-9258.



**WANTED FREE ACOUSTIC GUITAR** I can work for an electric acoustic guitar with amp. I can do most things. I can do auto repair or most things around the house. (619) 902-7658 / raymondsawyer7@gmail.com



**BUYING OLD CAR BATTERIES** Please give us a call at (619) 484-0767. Hablamos español or come visit us at Alpha battery. We are located 929 B South 29th Street San Diego California 92113 right off the freeway next to Jack In The Box. Thank you for your time.



**BUYING/SELLING BABY ITEMS** www.mnkpbbaby.com (619) 333-6653. 1123 Highland Ave. National City (Across from Walmart, next to Panda side entrance). Hours: Mon-Sat 10am-6pm & Sun 12pm-5pm.

**LOCAL ANIMAL RESCUE** conservation, education and wellness center needs donation of a car, SUV, pickup or van urgently to run small rescues, pick up volunteers, pick up feed, and for out of town volunteers to run into town for groceries. It must have good tags, smog, and in good working condition, including heat and A/C. Happy to give a donation receipt. Please text or call (760) 898-3927.

**FUNDRAISING GIFT FOR RETIREE** Grandfather is retiring next month. He has loyalty

worked 50 years total of federal service. In his personal life he adopted three of kids and helps countless strangers on the spot. gl.me/u/zn5f8h

**WANTED GUITAR, KEYBOARD, AND HARMONICA** Please call (619) 902-7658.

**LOOKING FOR OLD TUBE STEREO'S** I am looking for that old Stereo System that your Father used to play. These Stereo components were built in America in the early 1960's, by such manufacturers as Fisher, Scott, Marantz, Dynaco, and more. I pay cash, so Please Call Jack (619) 296-3100 / jack22@cox.net

**BUYING RECORDS** Beat Box Records, 2148 Logan Ave, San Diego, CA 92113. (614) 747-1112.

**CASH FOR OLD HOT WHEELS** I buy old Hot Wheels, broken, loose, collections and accessories! petesuarz619@gmail.com

**I BUY 1980'S TOYS AND GAMES** I buy 1980's toys and games. Send me a list or photos of your collection to my email. Thanks. petesuarz619@gmail.com

**VINTAGE SPEAKERS AND STEREO'S** Buying vintage speakers and stereo gear - working or in need of repair. Speakers, receivers, amplifiers, reel to reels. (760) 685-4143

**WANTED FREE ELECTRIC WEED EATER** shape not picky as long as it works. Would need delivered. Text (619) 631-9258.

**I WILL TRADE MY 2004 HYUNDAI SANTA FE** 138,000 miles for a three-wheel trike in the same excellent condition that I have. Has to have new papers, new license, everything perfect.

## AUTOMOTIVE

# BEST PRICE IN TOWN!

<b>SMOG CHECK</b> Most cars. Vans, trucks, & European cars \$10 extra. 2000 & up. <b>\$11<sup>75</sup></b> + \$8.25 Cert.	<b>BRAKES</b> Front or rear. Most cars. <b>\$50</b> + Labor FREE Shuttle Service w/ repair
<b>OIL CHANGE &amp; FILTER</b> Up to 5 qts., new filter, 10 point checkout. <b>\$13<sup>95</sup></b> + \$1.00 Waste Fee.	<b>TIMING BELT</b> Starting price, Labor + Parts. <b>\$75</b>
<b>COMPUTER DIAGNOSIS</b> Most vehicles & light trucks. Service engine soon light, check engine light, hesitation, hard starting, running rough, poor gas mileage, dead battery... <b>\$30</b>	<b>AXLE SPECIAL</b> Includes Parts & Labor <b>\$99</b>
<b>MUFFLER</b> <b>\$29</b> + Labor	<b>PREMIUM SHOCKS</b> Monroe or KYB+ Labor <b>\$70</b> per pair
<b>PREMIUM STRUTS</b> Monroe or KYB + Labor <b>\$130</b> per pair	<b>STARTERS OR ALTERNATOR</b> <b>\$95</b> + Labor

\*Prices may vary depending on make, model & condition  
 \*Must present this ad at time of service for discounted pricing

**Brandon Auto**  
 6670 Miramar Rd. # C, San Diego, CA 92121-2559  
**858-452-9999**

**SPRING SMOG CHECK SPECIAL**

Smog Test or **STAR Certified** All Cars 2000 and Up Same Price. Good through May 31, 2021.

**STAR Certified SMOG CHECK | TEST ONLY \$41<sup>75</sup>**  
 + \$8.25 cert. Most vehicles. Trucks, vans & European cars extra. Must bring DMV renewal notice Limited time offer. Cars 1999 and older

<b>OIL CHANGE &amp; OIL FILTER</b> <b>\$24<sup>95</sup></b> from Up to 5 qts. oil. Most vehicles to 1995. Limited time offer.	<b>FREE BRAKE INSPECTION &amp; ESTIMATE</b> (both locations) <b>FREE EXHAUST INSPECTION &amp; ESTIMATE</b> (Cliff Brown Location)	<b>ENGINE STEAM CLEAN</b> <b>\$69<sup>95</sup></b> Most vehicles. With ad. Limited time offer.	<b>30,000-MILE SERVICE SPECIAL</b> from <b>\$179<sup>95</sup></b> 4-cyl. Most vehicles. Service includes: • Maintenance tune-up Oil and filter change • Lube chassis Radiator coolant change Air filter replacement • Fuel injection cleaning Check brakes, suspension
--	--	--	--

**NEW CV AXLE** from **\$159<sup>95</sup>** Parts & Labor

**TIMING BELT SPECIAL**  
**\$50 off quoted price**  
 Recommended at 60K miles. Most vehicles. Limited time offer.

**SAN DIEGO SMOG & AUTO REPAIR CENTER**  
 4664 Park Blvd. (at Adams Ave.)  
 619-543-4828 • Mon.-Fri. 8 am-5:30 pm, Sat. 8 am-3:30 pm  
 www.sdsmogandrepair.com

**CLIFF BROWN AUTOMOTIVE**  
 4491 Park Blvd. (Park & Monroe)  
 619-297-4204 • Mon.-Sat. 8 am-5:30 pm, Sun. 9 am-2 pm  
 www.cliffbrownautomotive.com

Coupons must be presented prior to service. Senior discounts available.



Leave message, send pictures  
(760) 420-3641.

**CASH PAID** for gold and silver.  
call# (619) 280-2075

**OLD DRUM SETS** and cymbals.  
Call (619) 280-2075

**WANTED AIR CONDITIONER**  
I want to buy a used window  
(room) air conditioner which  
is in good working order.  
(619) 379-9151 mysandiegocar1@  
yahoo.com

**WANTED OLD VW BUG/  
BUS** Clean out your yard and  
garage. I buy parts too. Cell/text#  
(619) 279-7833

**WANT ANY LEADS** for a  
mustang 64 to 70. No parts,  
car or fully restored but do want  
straight body and frame please  
text (619) 631-9258.

**I BUY OLDER STEREO GEAR**  
Pioneer, Sansui, Klipsch, JBL,  
Fisher, Yamaha, Dynaco,  
Mcintosh, Tannoy. Working or not  
ok. What do you have? Call or  
text pictures, (619) 279-7833.

**WE WANT TO BUY YOUR OLD**  
baseball, football, basketball or  
hockey cards and memorabilia  
for cash now. Call or text us at  
(315) 760-6806.

**I BUY ROLEX WATCHES**  
(619) 280-2075

**I BUY BOSE STEREO  
SPEAKERS** (619) 279-7833.

**WANT FREE RUNNING MOPED**  
wanted, not giving. Like one that  
has tagless lic plate. Would prefer  
one that has permanent plate so  
no yearly renewal. Nothing fancy.  
Need delivered. Does not need  
to be perfect. Do want running  
cond. Text (619) 631-9258

**FISHING TACKLE** wanted  
to buy. Top dollar paid for  
old, new, used fishing tackle.  
(619) 916-8307

**I BUY BAND INSTRUMENTS**  
working or not, ok.  
(619) 280-2075

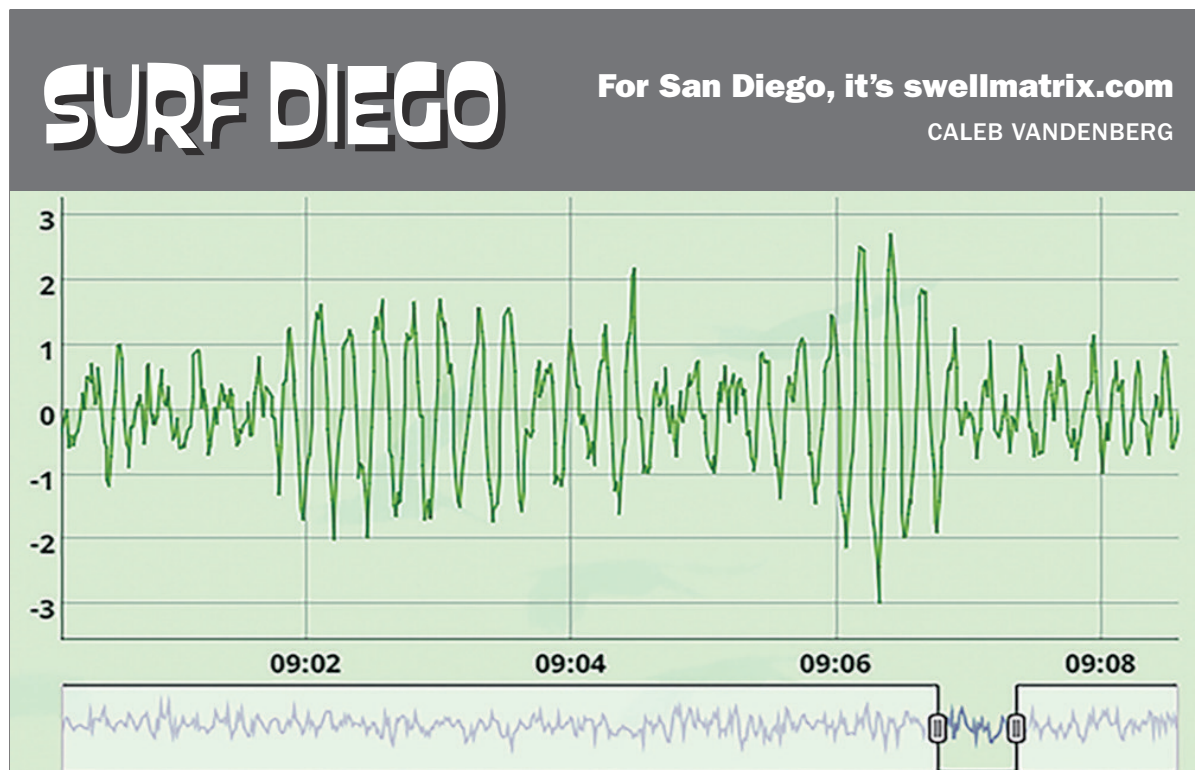
**SEEKING BUYER FOR STOVE**  
Wanted, need to find buyer for  
florence gas stove, sold in early  
50's. Text (619) 631-9258

**I BUY USED GOLF CLUBS**  
(619) 806-6703.

**WANTED TO BUY A RUNNING  
TRUCK** looking for pre 75  
Chevy, Toyota or GMC truck,  
old Datsun truck 63 to 70, for  
\$400.00 or less, want it running  
does not have to be perfect. Text  
(619) 631-9258.

**I BUY VINYL RECORDS** All  
types of music, great prices paid.  
Call (619) 250-3088.

**ADULT TRI WHEEL BIKE** Not  
selling. Wanted. Need bike  
delivered, budget \$50 or less. If  
more, not interested. Please text.  
(619) 631-9258 Please serious  
only.



### Instantly see how the sets are coming in with real-time buoy data

#### I LIKE SOLID SURF BUT I'M NOT A BIG-WAVE GUY

This is kind of pushing it. I'm in Baja, watching set waves close out a popular reef break every 15 minutes or so. As the buoy shows, a single 15-footer washes through, creating swirling currents that take me directly toward the rocks and steep cliffs as I try to paddle through the shorebreak.

After two attempts, I know it isn't worth the effort. If I ever did make it out, there's too much water moving and I am sure to get smacked by the bombs breaking outside the perfectly peeling rights on the reef.

The wave period is especially important because a long-

period ocean swell, at 20 seconds, grows and breaks as much higher surf than a shorter 10-second wave. Online surf forecasts are pretty good at relaying this information about a week in advance. I check the surf forecast at least once a day. But when it comes to going out and finding the best waves, the buoy report has the last word on where to score them.

For the most in-depth buoy reports, I use swellmatrix.com on my phone. It breaks down the swell hitting the buoy, telling me the exact height and period of all the individual swells in the ocean. Then I zoom in on every wave the buoy records, seeing how many waves are in a set and how often the sets hit.

**CASH FOR WALT DISNEY  
AUTOGRAPHS**, items, paper,  
original animation art, old  
Disneyland items, any type  
comics all before 1970. No Prints  
or videos. (619) 890-1390.

**FISHING TACKLE** Collector  
wants for his personal collection  
wooden lures, reels, & misc. by  
Heddon Creek Chub, Pflueger,  
South Bend, Shakespeare to  
name just a few. Call or text  
pictures to: (619) 972-3488.

**ROCK & ROLL WANTED** I buy  
1950s-1980s concert posters,  
flyers, handbills, used-unused  
tickets, programs. Pls call  
(619) 522-0283. Private party.

**STEREO GEAR/LP RECORDS**  
Cash paid! Vintage/ newer.  
Old amps, tuners, speakers,  
turntables. McIntosh, JBL,  
Marantz, etc. Prerecorded reel  
tapes, jazz/ rock records. John,  
(619) 889-5237.

**WANTED: SPEAKERS, AMPS**  
and other old stereo gear! The  
most cash paid always! Brands  
like JBL, Altec, McIntosh,

Marantz and more! Call  
1(619) 303-8031; e-mail JBL@  
cox.net.

**WILL PAY CASH...** For records,  
CDs, DVDs, and clothes.  
Professional singing lessons  
available. Musicians wanted. Call  
Jeff Clark, (858) 382-7396.

### GARAGE SALES

**GARAGE SALE** this Saturday  
(4/10) at 5684 Fontaine Street  
Allied Gardens/Del Cerro. 8am,  
no early birds. Be there!



**BEST SALE EVER PLUS LIVE  
BAND** Best yard sale ever. Live  
Famous San Diego band, all  
kinds of cool stuff at crazy low  
prices. We have years of  
interesting things we're selling &  
want gone. Stuff you'll gotta have  
& stuff you need. Sale 8-3 /  
Chicken Bone Slim & The  
Biscuits 10-12 lthreeisme@  
yahoo.com

### FOR SALE

**BOX OF 17 MEN'S BELTS**  
most size 34-36. Leather, cotton  
webbing, designer, nautical, belt  
buckles. A different belt for every  
day. \$10 for all, (619) 264-3686.

**CASSETTE TAPES** recordable  
cassette tapes ten cents each.  
contact Paul (619) 222-0278.

**ELECT** 16 in chainsaw + extra  
chain, \$30. Elect 20 in heavy  
duty hedge trimmer, \$30.  
(619) 670-9181

**ELECTRIC HOTPLATE** electric  
hotplate \$20, contact Paul  
(619) 222-0278.

**EXTRAORDINARY PLANTS**  
ferns, plumerias, staghorns,  
cycads, phyllanthus, orchids,  
succulents, cactus, day lilies and  
unusual trees and plants. Sale  
is Saturday 4/10 only. At 4332  
Stanford St, Carlsbad 92010.  
Walt, (760) 717-6814

**GRAY SOFA FOR SALE** It's soft  
textured fabric, adjusted head  
rest, sits and feels comfortably.  
Like new condition. \$125. Please  
text if you're interested, phone  
number is (619) 227-0071

**LALO OF VISTA ENERGIZES!**  
Home of running ranculous  
(actually, fast-walking ranculous)  
and other landscape specimens:  
Alluadia procera; Beaucarnea  
recurvata; Euphorbia Ammak  
Variegated at wholesale prices.  
(760) 945-7892 for appointment  
with Mr Jimmy.

**PORTABLE CD PLAYER**  
portable cd player \$40. contact  
Paul (619) 222-0278.

**SANTA SUIT** complete  
santa suit \$20. contact Paul  
6(619) 222-0278

**BUNK BED** Gently used, just  
like new, bunk bed. Both new  
mattresses included. \$400.  
Kenny @ (912) 275-4411.



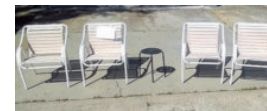
**WILDLIFE FRAMED PRINTS**  
Wildlife prints: ducks - \$10  
framed, matted and with glass;  
egret - \$25 framed, matted and  
with glass. favod@hotmail.com

**SCHULTZFORM SLOTFORMER**  
SF12 For cabinet makers,  
used to bend laminates for  
countertops, purchased new  
for \$5,000., it was only used  
one time, selling for \$2,900.,  
(760) 746-7209

**SOLAR PANEL GROUND  
MOUNT** Universal mount holds  
10 large solar panels, used  
for charging electric vehicle  
batteries or if roof isn't suitable  
for panels, excellent, \$2,600.,  
(760) 746-7209

**ARTISTIC MARISCOS** Good  
morning my beautiful people.  
We have tables and chairs to eat  
on here at 6062 University Ave.  
San Diego, 92115. We have Uber  
eats (Mariscos el Valedor) and  
you can also stop by to pick up  
(619) 787-4276.

**ATTENTION GOLD DIGGERS**  
I have new metal detectors  
with high sensitivity and  
waterproof. Detects coins, gold,  
bronze, silver, and all-metal,  
including iron, aluminum, and  
aluminum products. \$99 each  
(858) 245-5183



**4 PATIO CHAIRS & TABLE**  
\$40.00 sturdy - good shape -  
cash only - Mira Mesa favod@  
hotmail.com

**9 FOOT SPIDERMAN** 9 foot  
tall blow up Spiderman - \$50.  
(760) 448-0016



**AMAZING HAIR EXTENSIONS**  
The best quality natural/real hair  
extensions. To assist you more  
quickly, can we talk on  
WhatsApp? — http://wa.  
me/526645706649. Para  
atenderme más rápidamente,  
Podemos hablar por WhatsApp?  
— http://wa.me/5266457066



**ART DECO BED HEADBOARD/  
FRAME** Email for details on this  
art deco bed headboard/frame  
set. https://www.facebook.com/  
TheFurnitureSquare/ service@  
thefurnituresquare.net

**BLUETOOTH SPEAKERS \$30  
NEW** Bluetooth speakers loud  
bass (619) 850-3264 brand new  
super loud



**CHANNEL STITCHED BED  
FRAME** Channel stitched and

### AUTOMOTIVE

## AUTO GLASS SPECIALIST

WE DO ALL TYPES OF AUTO GLASS INSTALLATION

**\$149<sup>95</sup> WINDSHIELD  
REPLACEMENT**

(Most cars, some restrictions apply. Mobile Service Available)



**(619) 265-2811**  
5803 El Cajon Blvd., SD (Near SDSU)  
**wcautoglass.com**



upholstered full bed, granite grey color frame and headboard. Retails for \$139. Selling for \$79 + tax. 8578 Avenida Costa Blanca, San Diego, CA 92154. service@thefurniturestore.net



**CUSTOM HUTCH \$250 MIRA MESA** custom made tv hutch/cabinet - outside dimensions - 33" wide X 72 1/2" tall. 2 shelves - one sliding shelves - 2 drawers - on rolling casters so can be moved easily - nicely made by furniture shop in Julian - (tv not included - for sale \$60). favod@hotmail.com

**DALE TIFFANY PINK LILY LAMP** Twenty inches; one lily lamp shade is missing but in good working condition. \$28 (619) 200-1254.

**DOG BEDS \$50 WASHABLE** Brand new dog beds washable with zippers on them stuffed with poly fill and cedar chips repel fleas dogs love the smell (619) 850-3264

**DRONES ALL TYPE** All type drones different prices cameras and video (619) 850-3264 from \$11 on up to \$60 call today

**FLAVOR WAVE OVEN \$35** Flavor Wave convection/radiant heat oven - almost like microwave just different technology Mira Mesa - cash only favod@hotmail.com

**GAMES AND COLLECTIBLES** Call (619) 347-0736 for list

**GROW LIGHTS - LOW ELECTRIC BILL** Latest

technology available \$300 I have two lights for the price of one or best offer (619) 850-3264



**MEXICO PIGGY BANKS** Selling Mexico made piggy banks. (686) 145-9068.



**MONEY PRINT HEADBANDS** Money print headband/bandanna — \$7. You can also order online @ unthinkableboutique.com. (626) 501-9220.

**MOTORIZED BIKE PEDAL OR ENGINE** I have two motorized bikes \$1,000 for the pair \$500 each (619) 850-3264 brand new only been test-driven



**NEED A CATALYTIC CONVERTER?** San Diego's catalytic converter specialist. (619) 449-6800.

**TV SMART BOX EVERY CHANNEL** . Every channel on the planet guaranteed TV

shows movies pay per view all sports all local channels nothing blocked no satellite on your roof no cable bills \$300 (619) 850-3264 call today the new way to watch TV satisfaction guaranteed or your money ba



**SCRATCHED/DENTED APPLIANCES** Scratched and dented appliances come with a 3 year warranty. 265 El Cajon Blvd, El Cajon, CA 92020. (619) 623-4269.

**STUN GUN FLASHLIGHT COMBO** Very bright light combination stun gun flashlight strobe light comes with everything \$20 model and \$30 models available (619) 850-3264 great bodyguard get protection today



**SUNFLOWER LACE VINTAGE CHOKER** Sunflower Lace vintage choker for women necklace. Lovely gift idea for her; comes in a box; light weight. lydsimplepleasure@gmail.com

**WHITE DESSERT HAND KNOTTED RUG** Rug Features: -handwoven rug. -handmade rugs may vary slightly in size and color. -made in Egypt. 60c x 90cm - 2ftX3ft = 120\$. 1 x 1.5m - 3.3 x 5ft = 240\$. 1.2 x 1.8m - 4 x 6ft = 345\$. 1.5 x 2.5m - 5 x 8ft = 550\$. 2 x 3m - 7 ft x 10ft other = 650\$ info@pacificoaks.net

**AIRSTREAM TRAILER** 25 ft. \$10,000 obo, let's negotiate. Call (760) 529-5142.

**BAMBOO** molding 2 inch wide by 6 ft tall. I have over 500 pieces \$2 each as opposed to online which is \$6, bamboo poles for foot high by 1 in bags of 25 for only \$20, behind a sports arena area (619) 301-6616.



**YU-GI-OH CARDS** Yu-Gi-Oh lot of 34 different assorted cards. (949) 357-2542.

**CHILDREN'S SCHOOL DESK** 1880's, good shape. Cast iron and wood. (619) 874-9982

**CLOTHING** Women's clothing, s, m, and plus, \$3 each or \$35 for each large bag. Shoes size 9,10, 11, \$4 each. Different styles of hats, stylish sweaters, men's clothing, jewelry, \$.50-.55. Willing to bargain, will bring bags to your car, live in SD. Call Mary (619) 269-3434, leave message.

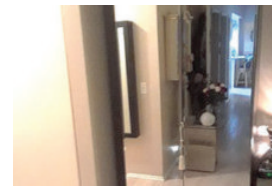
**DUAL 1219 VARIABLE 3-SPEED TURNTABLE** very good condition, first \$190 takes it, Encinitas, (760) 274-5264.

**GREENWOOD CEMETERY PLOT** Single deep, option to go double, close to curb, easy access. Reduced and ready to sell, \$4,000. Contact for more info, hwyman69@gmail.com

**MEN'S GOLF CLUBS** complete with the bag and pull cart. Make an offer. Phone number is (619) 672-8332.

**NEW BRIGHT IROBOT 710 KOBRA** Includes 12.8 Lithium battery and charger. Given to me, but missing remote. See it online. \$30 (619) 301-0013.

**OAK STORAGE CABINET** Beautiful clean oak storage cabinet with 5 adjustable shelves. 36" w - 55" h - 22" d Perfect for a den, office, play room or use as an extra pantry. \$95 Call (619) 339-6488 / aderiso@mkb.com



**MIRRORED WARDROBE CLOSET** 2-door mirrored door closet unit opens to a top shelf, hanging bar and 2 drawers at the bottom. 32" w - 74" h - 20 1/2" d Excellent condition. Great extra storage for bedroom. Must sell, moving. \$150 Call (619) 339-6488 / aderiso@mkb.com

**POTTED PLANTS** for sale, April 3 at DFW Lot, 2083 Lemon Grove Avenue, Lemon Grove. (619) 855-8284

**ROTATELLA MONTESSA DULUTH** deuce cycle. Lots of extras. Used once, \$325. (619) 670-0181

**TOOLS FOR SALE** Porta Power with short ram, \$125. Also Milwaukee corded hammer drill with bits and case, \$125. Call (760) 632-7116.

**USED HEAVY DUTY KITCHENAID** mixer, \$75. Jack Lalanne power juicer, \$50. Coffee maker, \$50. Call Carol at (760) 529-5142.

**POOL** Above ground pool 17 feet by 52 inches... Summerwave Pump,

filters,ladder.... \$100 Gary (858) 382-7674

**LOTS OF STUFF FOR SALE** from my storage in Chula Vista. More info (619) 874-9982 anytime.

**BRAND NEW TABLE-READER** never used, bought by mistake (619) 846-8320.

**FURNITURE FOR SALE** Beautiful armoire cabinet, two bedroom end tables with two drawers, only \$200 for all. Like new, solid, very clean. Michael (619) 300-2970.

**71" SHELF / BOOKCASE \$25** 71" shelf/bookcase \$25+tax. TheFurnitureSquare.net is located at: 8578 Avenida Costa Blanca, San Diego, CA 92154. Offering local San Diego delivery.

**BOHEMIAN EARRINGS** Bohemian vintage huggies earrings — \$12. Lovely gift idea for her; comes in a box; lightweight. https://www.facebook.com/simplylyd/ lydsimplepleasure@gmail.com

**DRESSER CABINET** Like new solid wood dresser, 38 x 17 x 53 inches, pick up in La Costa, \$200, (760) 889-0485 or (176) 088-9048 / carlpoli@me.com

**FRENCH DOOR FRIDGE ON SALE** French door stainless steel refrigerator. Official price: \$2450. Our store: \$1399. W: 36" D: 31". 26 cu./ft. capacity. (760) 908-8908. @ 2065 S. Escondido Blvd.

**MISC FOR SALE** I am selling the following items: a couple of brand new clocks, good condition suit case, fancy candle holder, folding laundry basket. ALL these items YOU MUST BUY for 40.00 obo Any very much interested candidate

## AUTOMOTIVE

# SMOG CHECK \$19<sup>95</sup>

Year 2000 and newer. Plus \$8.25 certificate. By appt only. Vans and trucks extra. Free retest when we do the repair.

## OIL CHANGE

up to 4 quarts & oil filter  
Most 4 cylinder cars,  
Trucks extra.

**\$16<sup>95</sup>**  
+tax

+ \$5 hazardous materials fee

## PREMIUM BRAKES

- Front or Rear Axle
- Parts & Labor
- Turn Rotors / Drums
- Premium Pads
- Most 4 cylinder Cars + tax

**\$129**  
Free Inspection

## TRANSMISSION SERVICE

Includes filter,  
pan gasket, fluid.  
most cars, From  
+ tax & hazardous materials fee

**\$179**

## 30K/60K/90K/120K mile SERVICE SPECIAL

Includes: New spark plugs, engine oil, oil filter, air filter, 1 gallon antifreeze, suspension lubrication, tire rotation, 24 pt vehicle inspection from

Plus tax & hazardous waste fee. 4 cylinder, most cars, regularly \$200 prices may vary depending on make & model.

**\$149**

## TUNE-UP & OIL CHANGE

- Drain and replace up to 4 quarts of oil
- New oil filter
- New spark plugs
- Visual inspection
- 4-cyl. Most cars

**\$54<sup>95</sup>**

+ \$5 hazardous materials fee  
Prices may vary depending on make & model.

## CHECK ENGINE LIGHT

Most cars



**\$34<sup>95</sup>**

## ALIGNMENT

4 wheel, toe adjustment only, most cars.

**\$39**

## TIMING BELT

Call for price.

## AC SERVICE

**\$29**

Most cars, freon extra

12,000 mile,  
1 year  
warranty

# GENERAL AUTO REPAIR

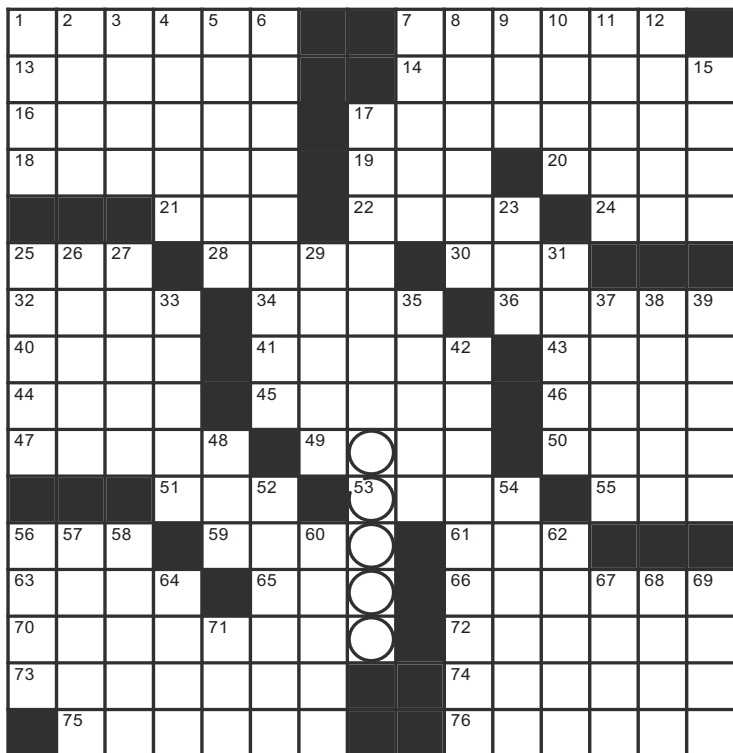
1616 Precision Park Lane, San Diego, 92173 • (619) 430-4369

Just off the 905 freeway • Se habla español  
Must present ad prior to service. Expires 5-10-21





# CROSSWORD



© 2021 DAVID LEVINSON WILK

## Across

1. What a brainy kid has
7. Visiting Europe, say
13. Pilot's directive on takeoff
14. Hanging in there
16. 2015 World Golf Hall of Fame inductee Mark
17. Strip teaser?
18. Shocking, in a way
19. Beer named for Washington's capital, briefly
20. Spread in a fridge
21. "Ruh-\_\_\_\_!" (Scooby-Doo's cry of dread)
22. Blues or Jazz, e.g.
24. Inexact no.
25. Toothpaste tube top
28. Singer with the 2006 #1 hit "So Sick"
30. Journey to Mecca
32. New Balance rival
34. Pick up, as ice cubes
36. Puts the brakes on
40. \_\_\_\_ serif
41. Like most standardized tests
43. Modern, in Munich
44. "Time \_\_\_\_ My Side" (Rolling Stones hit)
45. Sting's "If I Ever Lose My Faith"

50. Honky-\_\_\_\_
51. Fix
53. Lemon or lime drinks, informally
55. Ida. neighbor
56. AirPods spot
59. Sight in a produce aisle
61. Author Chinua Achebe, by birth
63. "No \_\_\_\_!" ("Don't sweat it!")
65. 2002 Olympics host, briefly
66. Ballerina Karsavina
70. "Totally!!"
72. Mine vehicle
73. In a mellifluous way
74. Of immediate concern
75. Oozes
76. Warm and cozy

## Down

1. Bratty kid
2. Place to see Warhol's "Campbell's Soup Cans"
3. Grieg's "\_\_\_\_ Death"
4. Show on TV again
5. Activate
6. Food that's twirled
7. 2009 Best New Artist Grammy winner
8. "How do you like dem apples?!"
9. \_\_\_\_ Tin Tin
10. "That works \_\_\_\_ many levels!"
11. Like Pilates instructors
12. Old Venetian rulers

15. Massage target
17. "I won't let this happen while I'm in charge!" (or something seen four times in this puzzle's grid)
23. Genius Bar computer
25. Brand of [circled letters]
26. "Stop, ye scurvy dogs!"
27. \_\_\_\_ grigio
29. Snatcher's exclamation
31. "The Brief Wondrous Life of Oscar Wao" Pulitzer winner \_\_\_\_ Diaz
33. Ed of "Elf"
35. Imaginary surface coinciding with the earth's sea level
37. Cut again, as grass
38. Kind of slope for a novice skier
39. Brand of [circled letters]
42. Get into a fistfight
48. Lip
52. Supermodel Bündchen
54. Pizza chain since 1956
56. Williams College athletes
57. "\_\_\_\_ there yet?"
58. Brand of [circled letters]
60. Defeats, as a dragon
62. Brand of [circled letters]
64. French flag couleur
67. Toppers of kings and queens
68. Sound off
69. Pretentious
71. Since January 1: Abbr.

SOLUTION TO LAST WEEK'S PUZZLE:

U	M	S		A	S	T	A	B		P	L	U	O	T
P	A	K		C	A	R	V	E		L	I	Z	Z	O
T	R	A	N	S	C		E	N	T	A	L	I	S	M
I	S	T	O		D	I	A	Z						
G	R	E	G	O	R	I	A	N	C	A	L			A
H	E	R		J	A	S			S	A	U	C	E	
T	D	S		A	N	S	A	R	A		D	E	E	P
			T	I	G	H	T	E	N	D	S			
S	U	M	O		Y	E	L	L	E	R		P	C	B
O	P	A	R	T			I	C	E		E	A	U	
B			O	V	E	R	B	A	C	K	W	A	R	D
					D	R	O	Z			R	Y	E	S
T	H	E	F	I	R	S	T	A	M					
A	E	I	O	U		N	E	U	R	O		A	Z	O
T	E	N	P	M		S	C	R	E	W		R	A	P

## RULES OF THE GAME

- 1) Submit your completed puzzle to the *Reader* each week for our ongoing contest. Your submission will only be counted when you successfully complete a puzzle AND get it to us by 7:00 a.m. Monday.
- 2) Submit the correct answers to the puzzle along with your name.
- 3) Entries must be faxed to **619-231-0489** or mailed to *Reader* Puzzle, 2323 Broadway Suite 200, San Diego, CA 92102; or scanned and emailed to [puzzles@sdreader.com](mailto:puzzles@sdreader.com). Submissions by email must be attached in JPG format, maximum file size of 1MB. Submissions that don't fit the format will not be counted or viewed. One win per person within a 4 week period.
- And now for the really small print:
- 1) All answers must be legible and entered in the spaces provided.
- 2) Late entries will not be considered.
- 3) We will draw **1** name from weekly puzzle submissions.
- 4) One entry per person per week or you will be disqualified.
- 5) Employees of the *Reader* and their immediate families are not eligible.

## 46. Ritz rival

47. Mammal that eats while lying on its back

49. \_\_\_\_-E-Mart ("The Simpsons" establishment)

## THIS WEEK'S WINNER:

Winners will be contacted for prize redemption.

Pat Griffith, El Cajon

Name: \_\_\_\_\_  
City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_  
Email: \_\_\_\_\_ Phone # \_\_\_\_\_

# SUDOKU

## EVIL:

	5			4				
		4				5	2	
1					7		8	
8				6		2		
	6		8		5		4	
		2		7				1
	3		6					8
	1	6				9		
				3			5	

## RULES OF THE GAME

- 1) Submit your completed puzzle to the *Reader* each week for our ongoing contest. Your submission will only be counted when you successfully complete a puzzle AND get it to us by 7:00 a.m. Monday.
- 2) Submit the correct answers to the puzzle along with your name.
- 3) Entries must be faxed to **619-231-0489** or mailed to *Reader* Puzzle, 2323 Broadway Suite 200, San Diego, CA 92102; or scanned and emailed to [puzzles@sdreader.com](mailto:puzzles@sdreader.com). Submissions by email must be attached in JPG format, maximum file size of 1MB. Submissions that don't fit the format will not be counted or viewed. One win per person within a 4 week period.
- And now for the really small print:
- 1) All answers must be legible and entered in the spaces provided.
- 2) Late entries will not be considered.
- 3) We will draw **1** name from weekly puzzle submissions.
- 4) One entry per person per week or you will be disqualified.
- 5) Employees of the *Reader* and their immediate families are not eligible.

## THIS WEEK'S WINNER:

Winners will be contacted for prize redemption.

Brian Berlau, San Diego

Name: \_\_\_\_\_  
City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_  
Email: \_\_\_\_\_ Phone # \_\_\_\_\_

# Win a Reader hat or t-shirt

## SOLUTION TO LAST WEEK'S SUDOKU PUZZLE:

## EVIL:

1	9	8	3	2	4	7	6	5
2	5	3	6	7	9	8	4	1
4	6	7	1	5	8	2	9	3
7	1	4	5	6	2	9	3	8
9	2	6	8	4	3	1	5	7
8	3	5	9	1	7	6	2	4
6	7	2	4	8	5	3	1	9
3	4	1	7	9	6	5	8	2
5	8	9	2	3	1	4	7	6



ask for james @ (619) 450-7914 / j.fiffid31@gmail.com

**VINTAGE DRESSER SET**  
Dresser set in great shape — text @ (949) 637-9902 for info

**VINYL RECORD ORGANIZER**  
Perfect storage for your 12" records. New in box. Better Homes & Gardens square 4-cube organizer. Retailers for \$75; selling for only \$49. thefurnituresquare.net is located at: 8578 Avenida Costa Blanca, San Diego, CA 92154.

**WASHER AND DRYER**  
Samsung top load washer and gas dryer \$1,200. (619) 557-8330.

**WESTERN TRAIL SADDLE**  
Wintec all around synthetic western trail saddle with semi-quarter bars (888) 809-0751

**WIPE YOUR AUTO W/ OUR CHAMOIS** PVA microfiber chamois. They are good absorbents, soft and we have a variety of colors. Perfect for your automobile finish. (818) 818-9363.

**4 USED 17" COOPER TIRES**  
4 used 17" Cooper Discover AT3 tires. 265/70/17, with free mount and balance, \$179. A4A Tire Co. in Escondido. (760) 291-0039.

**FRESH SUNFLOWERS \$4 A BUNCH** (760) 216-1888. \$4 for five stems.

**SURFER JOURNALS**  
Complete collection from 2002-2020+ (vol.11/no.1-vol.30/no.1). All in great condition; \$1.50 each or \$125 for entire lot (107 issues). (619) 888-6411

**MEN'S SKI CLOTHING** turtle necks, large \$2. Descentes 1 piece ski suits, XL/L \$100-\$150. Sweaters M/L, \$25. Boot bag, \$15. Ski bag, \$20. (619) 218-4031.

**PORTABLE LAP DESK**  
holds up to 17 inch laptop. Lightweight, portable, large wrist surface, new in an opened box, \$25. 1-(858) 484-4483.

**TWO BATHROOM SINKS** one is oval new no faucet \$10. Other is counter style with single handle Moen faucet \$20. Text (619) 931-9258

**MISC FOR SALE** one big skillet, one small skillet, and a sauce pan with tops, all three one price: \$40. Long board skate board, \$25. (858) 505-0685

**INNER BEAUTY RINGS** for rims for 47 to 58 Chevy truck. Three total, \$30 obo. Text (619) 631-9258

**LOW COST FIRST CLASS STAMPS** Only .37 cents each. Complete details rush S.A.S.E. to: Artco; 6742 Omega Drive, San Diego, CA 92139.

**TWIN BED** decent shape, wood headboard and foot board with mattress, still in factory plastic. \$60 obo text (619) 631-9258.

**MISC FOR SALE** 12 foot adjustable ladder, \$20. Large Weber grill, \$20. Large floor fan, \$5. Wooden kayak paddle, \$5. Call (619) 348-1095.

**ONE PIECE BATHROOM SINGLE SINK** and counter combo with single handle Moen facet installed. Both nice shape. \$30 obo please text (619) 631-9258

**55 INCH VIZIO TV** one year old, works perfect. We won a 65" at the casino. Pick up in San Marcos, \$250 firm. (760) 420-3641

**ASSORTMENT OF WOMEN'S SWEATERS** for the winter. Brand new. Sizes small to medium, solid as well as stripes, some with pockets and can be worn as jacket. Please call (858) 693-3409 for more details.

**COFFEE PERCOLATOR**  
stainless steel 12 cup electric

coffee percolator. Brand new, great for parties and meetings. Must sell, \$22. Call evenings (858) 693-3409

**ARRIAT WESTERN BOOTS** 2 pairs, size 6- 6 1/2. \$50 all, text (619) 438-4567.

## SERVICES

**NATURAL HOT SPRINGS/ HEALTH/FIT** Join me at the grand reopening of the Jacumba resort. A health mecca in the high desert just one hour from San Diego. I'll be your host for guided walks/nutrition more. Transportation provided all at reasonable affordable rates. Danny (858) 220-3174 / smiechowskid@aol.com



**BEST PROFESSIONAL VIDEOGRAPHER** Grip lighting Reno services for all types of events ranging from formal weddings to informal parties. Let us help you create a meaningful and memorable event. Get a consultation today = (858) 220-4012. https://fullcircleproductionsmedia.com/videography-

**TAX PREPARER** providing honest and reliable service for all of San Diego County. Licensed and Registered with California Tax Council and IRS database. Affordable fees. (760) 791-9496



**CHINESE/JAPANESE SCOOTERS** Chinese/Japanese scooter and quad repair services. Most jobs are between \$100-\$160 total, which includes my mobile fee. Go to cyclesquads.com CYCLESQUADS@HOTMAIL.COM

**DOUBLE NATIONALITY** If you were born in the United States and your parents are Mexican, you have the right to Mexican nationality. We can provide the double nationality process for you. (664) 773-9264

**GARDENING** Hi, I am doing light gardening work, trimming, mowing, raking etc. Must have own equipment. No set rate, make me an offer. Cash or card. (805) 843-2515. 3 hr. max. per day. Thank you, Kevin

**CAMP PENDLETON- LCSW** Distinctive Home & Health Care is a leading provider of healthcare to serve military installations across the United States. Our team of professionals is dedicated to providing the highest quality of service and support for each one of our clients. (301) 925-2900 / recruiter@distinctivehomecare.com



**COLLEGE STUDENTS MOVERS** College students movers. We do discounts for all college students and veterans as well. We do big and small moves depending on how big your move is. (858) 208-0775.

**COMPUTER REPAIR & SALES** Laptop, Desktop, Windows, Mac, Servers, Cabling, Security Camera, Remote Access. HONEST and with references

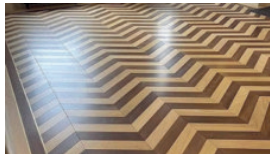
(619) 770-0011 / luislednick@gmail.com

**AUTO DETAILING** We come to you (home or work) fully equipped. 5 stars Google, Facebook and Yelp. Website: www.pearlmobiledetail.com (619) 748-9060

**COMPUTER REPAIR & SALES** Laptop, Desktop, Server ( Pc & Mac ); Cabling; Security Camera. HONEST & with references (619) 770-0011 / luislednick@gmail.com

**CUSTOMIZE YOUR OWN FOOD TRUCK** We specializes in fully custom food trucks and trailers. https://www.facebook.com/kingfoodtrailers info@kingfoodtrailers.co

**KID PARTY RENTALS** Let Penguin Party Rentals make your next event a blast. www.PenguinPartyRentals.com Online booking. (951) 534-5566.



**CUSTOM FLOORING** Contact www.floor-gods.com for a free estimate today. (619) 509-8447

**EYELASH EXTENSIONS AND CURLING** Eyelash extension; sales of brushes and other accessories; artistic makeup; eyelash curling; lamination of eyebrows (619) 517-5484

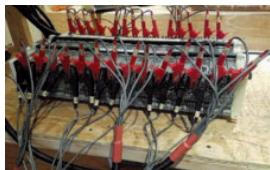


**LIMO SERVICES** Luxury limousine rent now. 14-passenger stretch 2021 GMC Denali Limo(4hr Minimum). Butterfly doors. VIP bar, bluetooth, 15 inch HD TV. (949) 696-4097.

**MAKE YOUR FLOORS LOOK NEW** We can make your floors look brand new again. https://www.facebook.com/jnjproservices/ (619) 761-7122



**MOTORCYCLE ACCIDENT LAWYER** Our San Diego wrongful death attorney in San Diego has been successfully representing families who lost loved ones in preventable & tragic, you can contact our San Diego wrongful death attorney by phone at (619) 338-8230. Feel free to send our lawyer. sd.inurylaw@gmail.com



**TOYOTA PRIUS BATTERY REPAIR** Hybrid battery repair for the Toyota Prius 2004-2009. Prices from: \$350 3 months warranty. \$699 24 months warranty. (310) 228-0105.



**TOYOTA PRIUS SPECIALIST** Toyota Prius specialist — brake

service, engine tune up, cooling system services, and more. (619) 786-8777



**UBER FOR MECHANICS** Inoru's demanding Uber For Mechanics, developed with all the major features and many customization choices to choose from. Contact us now! For more info visit https://www.inoru.com/uber-for-mechanics (636) 925-0989 / jamesanderson6633123@gmail.com

**PIANO MECHANIC SOUTHERN CA** Piano Mechanic has been servicing your piano needs for over 15 years. Our specialty is voicing (tone alteration). We can make your piano sound mellow, sweet, bold, warm & rich, or a combo. We do tuning, repairs, regulation, & restoration as well. (619) 708-9770 / namebrandpro01@gmail.com

**MOBILE AUTO DETAILING - SD** Check out our website below: Sdsimplyclean.com. All over San Diego. +10 years of experience. Military discount. Multiple car specials. Free air freshener. - PPE trained. Basic. Advanced. Show room shine. Call me: (619) 369-8929. Free quote. (619) 369-8929 / simplycleansdautoplus@outlook.com

**MASONRY SERVICES** Masonry services; ask for Jorge. (619) 985-1489.

**OCEANFRONT WEDDING VENUE** Your special event in front of the oceanfront! Tel. (664) 480-1140 norma@jardincasabella.com

**PINBALL AND ARCADE GAME REPAIR** "The Game Guru" fixes old pinball games and stand up arcade games. (714) 357-4044.

**VINTAGE FABRIC CLEANER J & J Professional Services Inc.** offers professional cleaning services for vintage furniture, carpets, area rugs, upholstery, tile & grout, hard-wood flooring and more! Check the before and after pix. (619) 761-7122

**WATERPROOF FLOORING** Waterproof flooring with padding attached. Call for more info or visit the warehouse, 2275 Main St., San Diego CA 92154. (619) 422-2378.

**WE HAUL AWAY OLD MATTRESSES** Need someone to haul away those old and bothersome mattresses? Call (619) 629-9879.

**WINDOW SHUTTER INSTALLATION** For a modern decor, the inclination between panels allow light to come through naturally. Call (760) 848-0150 for details.

**THE HELP THAT YOU NEED IS HERE** Imagine the effectiveness of a virtual assistant to help you with all your follow up needs. We have trained a team of virtual assistants to focus on a proven follow up process. Use the link to learn more now. https://bit.ly/3rMF7Jy

**ERMA'S SPA** 9855 Erma Rd #132. (858) 262-4895. 50% off after 6pm M-F and all day on Saturday and Sunday. Text for appointment

**GAM DESIGN & CONSTRUCTION** Additions, repairs, new construction, plans, permits. Se habla espanol. Visa/ Mastercard/ Discover. Lic#617134. (619) 779-0668.

**POWDER COATING** sandblasting, painting, Cerakote, metal polish, chrome plating, welding fabrication (619) 777-0446.

**BANKRUPTCY CHAPTER 7** can be a lifesaver. Eliminate credit card and other unsecured

debt. Chapter 13. Save your home. Law office of Frank D. Walker (619) 755-2365 ask for Mel - legal asst.

**RYZ GARDENING** Cleanups, weekly/monthly weeding, junk hauling, mulch, rock installation, tree service. Free estimates. Pepe, (760) 547-4865.

**D.J.** 60s-2010 rock, country, disco, hip hop, slow dance, jazz, karaoke, love songs, weddings, car shows, rentals. Sm events \$200+, larger \$300+ (619) 933-4024

**SAN DIEGO HUNKS - YOU CALL, WE HAUL** (619) 507-4172 Junk hauling, demolition, moving services! Lift gate, senior citizen discount, veteran owned business. Got junk? Call a Hunk!

**LANDSCAPE DESIGN ADVOCATE TROUBLESHOOTING TRAINING** Landscape design, redesign, troubleshooting -Diagnostics on the spot. Solve your problems, improve your design, improve your maintenance, today no guessing! Educated trained and experienced, 6th generation native, 6th generation horticulturalist in San Diego County a hundred fifty years. See my website EdwortsHorticulture. Com for my credentials. No guessing right the first time. On time prepared polite professional. I do what the maintenance contractor and architect don't know how to do. Identify the source of the problem and fix it with several options and price points. No sales no installation, no maintenance, just hardcore information to get your property into better shape today! (619) 402-8670

**P.L. WOODEN MOBILE NOTARY** Do you need Loan Signing, Prened Home Going

Planning, or Notary services for someone that is Hospitalized, in Senior care or maybe Incarcerated? If so, look no further. Call P.L Wooden Mobile Notary for all of your Notary Needs At: (619) 867-4441

**ROB'S ELECTRICAL SERVICES** Residential/ Commercial/Industrial. 20+ years experience, C10 Lic# 966537. Guaranteed to beat any quote! 10% OFF for new clients. \$m for free estimate, and save \$25 when you mention this Reader ad! (619) 632-7770. rdickens.rd@gmail.com. www.robselectricalservices.com.

**SUPERIOR METAL FINISH** Make your old patio furniture look new again, or any project you have. Powder coating, painting, sandblasting, chrome plating. (619) 825-7477

## BUSINESS OPPORTUNITIES



**BE A TUPPERWARE REP** Be a Tupperware representative. Call (909) 213-7027 for details.

**BUSINESS FOR SALE** We are sadly selling our business. This food truck includes recipes, contacts, training, all of our San Diego clients (2500+) and a phone book of 800 clients that can be reached with a simple text blast. Call (619) 808-3170 for info.

**POOL CLEANING ROUTE FOR SALE** Price 70K. Easy, fun and outdoors. \$7000/mo. gross income. Carlsbad Oceanside areas (760) 593-9092.

## MASSAGE

# Friars Massage

And Foot Care

### APRIL SPECIALS

- 1 hour Body Massage **\$44.99** (reg. \$55)
- 1 hour Couples Massage **\$88.99**
- 1 hour Foot Massage **\$29.99**

Cash price. Bring in ad for discount. Not valid with other offers. Expires 5/15/21

### FREE HOT STONE THERAPY ORGANIC COCONUT OIL

Relax... Ease tension... Unwind...

Walk ins Welcome! or Call for an appointment today!

**Hours: 10am to 10:30pm • 7 days a week**

**10450 Friars Rd, Suite I San Diego. 92120**

**619-280-3333**

Permit No. 2019019556



continued on page 19  
shout, “I’m obsessed with Alexander Hamilton!” or Naruto run around the gazebo three times. When they get tired of that, they all run out to the middle of the field and spin until they’re stumbling around and falling to the ground.

I sit in my chair and watch them play, satisfied. I know we were right to return these girls to each other. Girls need their friends — even, and maybe especially, during times of crisis.

No one wants to leave the park and go back to their Zoom calls and their box discussions and their online video lessons, but we do. And the rest of the afternoon goes just fine.

#### The road back to normal?

On January 8, 2021, the number of new covid cases peaked at 300,669

in a single day. Back to isolation. No pod, no holiday parties, no girls’ nights out. Fortunately, Anna’s dance school has been able to continue in-person classes in their outdoor studio, so she does get some social time with her dance friends. And while she continues to complete her school assignments and attend all her Zoom meetings, she goes to class in bed, with her camera off and her sweatshirt hood pulled up over her head.

In late February, things start looking up. The number of new daily cases has gone down significantly, and we receive some hope by way of an email from the school stating that if current trends continue, our kids will go back to school by April 12. On March 4, Lexi’s mom and I decide to let the girls have

a sleepover. Lexi brings makeup, and the girls stay up all night. It’s impossible not to notice that in the days that follow the sleepover, Anna actually gets out of bed every day. She dresses for school and puts on her new pink eyeshadow. During the week of March 15, the dance school moves the classes back into the studio, which feels like another important step on the road back to normal.

When I ask Michelle how she feels about the possibility of the kids going back to school on campus, she says, “I’m glad [they] will have in-person connections and lessons. But, the way they have to distance seems so bleak and demoralizing. Plus, having them do three days a week of asynchronous learning seems too much to ask for such young people.”

— Elizabeth Salaam



Enjoy an outdoor shower in the secluded courtyard!

## UNREAL ESTATE

continued from page 8

baseboards, and thick door framing all harken back to an era of craftsmanship markedly superior to modern construction.

While the home itself is much smaller than others seen here over the years, there’s still enough room in the main suite for a separate

sitting room and walk-in closet, along with an updated spa bath and direct passage to the rear courtyard.

The “beautiful guest bath is accented with marble tile, intricate mosaic floors, and oil-rubbed bronze fixtures.”

The private courtyard is outfitted with paving stone and flanked on three sides by the house, but there’s still enough room for a basketball hoop and, for

some reason, an outdoor shower. Other amenities include an electric vehicle charging station and a solar installation to power the home.

“Widely regarded as one of San Diego’s finest neighborhoods, Mission Hills features elegant homes along tree-lined streets, a thriving business district, and above all, a strong sense of community,” the home’s listing boasts. “With its lush landscaping and winding canyons, driving into Mission Hills is like entering another era.”

Public records show James DiGiacinto, a local mortgage professional, as the West Arbor home’s current owner. It last sold in 2006 for a reported \$730,000, and was listed again in late March with an asking price of \$1,325,000. ■

## Green Coast San Diego Delivery

Greencoastdelivery.org

**(619) 684-6615**

- Quality and Quantity!

- We have it all and keep it simple:

Exotic - Topshelf - House

**First time patient specials**

### ALL EXOTIC STRAINS

Try any 5g for **\$40**

Try any 10g for **\$80**

Try any half ounce for **\$110**

Try any ounce for **\$215**

All 1/8ths are always 5 grams!

Starting as low as **\$35!**

### FTP Top-shelf Specials

14 Grams for **\$60**

28 Grams for **\$100**

Any 1g Cartridge for **\$25** (limit 3)

Any 1g Shatter/Crumble for **\$25** (limit 3)

Any 1g Diamond Concentrate for **\$40** (limit 3)

Standard 1000mg Gummies San Diego's

Favorite Edible for **\$30** (limit 3)

Add 7G of Exotic Gorilla Glue Shake for \$10

(After min. for delivery is met • Limit 1 per order)

Upgrade! Add 14G of Exotic Gorilla Glue Shake for \$10!

(After \$125 donation is met • Limit 1 per order)



Place your order Now!

**(619) 684-6615**

Greencoastdelivery.org

Try us Risk Free!  
Free Samples for  
Local Residents!  
Scan for more  
info or  
call/text us!



### JACK OF ALL TRADES

with experience in all phases of construction, remodeling, seeks room, shed, yard to live in.

## Free classified ads in the Reader

1. Visit **sandiegoreader.com** and click “submit a classified”  
Also **free** — submit up to 5 photos to go with your online ad.  
If clear enough, we will use one of your photos in print edition of the Reader.
2. Call your 25 words or less to (619) 450-4293
3. Text your ad to (619) 272-2772
4. Or print 25 words in the space below and mail or bring to  
2323 Broadway, #200, San Diego CA 92102

Write your ad here. Deadline: Monday, 12 noon



# NEIGHBORHOOD NEWS

Continued from page 6

labels may not include celebrities, athletes, cartoon characters, and pets; interactive elements such as games on the packaging; digital downloads, all of which are aimed at children, to incite and promote or encourage the consumption, purchase, or choice of products with excess citrus nutrients or sweeteners.”

“Mexico declared an epidemiological alert due to the high rates of diabetes and obesity. One-third of Mexican children and adolescents are overweight or obese.”

The specs were issued by the Secretariats of Health and Economy department, in compliance with PROFECO, Office of the Federal Prosecutor for the Consumer. The news report added that an estimated “85 percent of products packaged in Mexico” will have some warning label, and non-compliant companies “will be fined 781,920 pesos (about \$37,788)” and their merchandise immobilized.

According to *unicef.org*, “in 2016, Mexico declared an epidemiological alert due to the

high rates of diabetes and obesity. One-third of Mexican children and adolescents are overweight or obese. This is by no means a coincidence, as Mexico is the largest consumer of ultra-processed products, including sugary drinks, in Latin America. The highest consumption rates are among preschoolers who receive about 40 percent of their calories from these products.”

The new labeling standard went into effect on October 1, and the supermarkets and stores had until April 1 to get rid of

products with older, cartoon-emblazoned packaging. (“It’s not just cereals that are affected by the new protocol,” Rosarito reporter Diego Knight said to me on March 21. “Check out this bag of Cheetos I just ate.” The empty orange and blue-colored bag was missing the Chester Cheetah image. “They are also doing this with cookies, candies, bread, juices, sodas, and chocolate milk.”)

“It will probably take 20-30 years for these no-character anomalies to be worth

more than what was paid for them,” said Duane, but Tarref disagreed, saying, “They’re worth about \$10-\$15 in the U.S. now.” On a quick search on U.S. eBay, I couldn’t find a vendor selling the character-free Mexican cereal boxes. On Amazon, a U.S.-based vendor was selling boxes of Choco Krispis, with Melvin the elephant supposedly still depicted on the box art — for \$20.99, plus \$8.75 for shipping and handling. “The photo with Melvin on the box did not arrive as expected; it came out different,” one customer wrote in a review. “The sad thing is that I ordered it for the photo of Melvin, and it was not like that.” Another customer agreed.

MIKE MADRAGA



CALL/ TEXT NOW  
TO PLACE YOUR ORDER! (619)919-9666

OPEN DAILY 9:30AM-2AM  
MINIMUM \$50 DONATION

SENIOR  
CITIZENS  
10% OFF

**SuperBuds**  
ADVANCED MEDICINE. TRUSTED CARE.

10% OFF ALL  
TOPSHELF OZ

SCAN ME WITH YOUR  TO VIEW EXCLUSIVE DEALS  
ON FLOWER, CONCENTRATES, PRE-ROLLS, EDIBLES  
AND MORE!



VETERANS  
10% OFF

CRUMBLE  
12G/\$179

VISIT **SUPERBUDSSD.COM**

REFER A  
FRIEND:  
RECEIVE FREE  
EXOTIC GRAM

ENTER TO WIN  
FREE BONG  
GIVEAWAY!

4G EXOTIC  
1/8THS

CARTRIDGES  
6G/\$99

FIRST TIME PATIENTS RECEIVE FREE 1/8TH & GOODY BAG  
(MUST MENTION AD)

**\$20 OFF** Your Delivery Order

**Need Weed?**

**FAST DELIVERY**  
8am-10pm • 7 DAYS A WEEK

All of San Diego, Chula Vista,  
North County and more with  
very low minimum!

Exotic cannabis strains,  
cheap ounces, pre-rolls, extracts,  
dabs, edibles, vapes and more!

**Tons of Ounce Deals!**

Checkout our  
deals page on our  
website!



License #C9-0000261



**10% Off  
Veteran Discount,  
15% OFF  
orders over \$300**  
live resin, shatter, crumble,  
Runtz Strains, Raw Garden extracts,  
Pacific Stone flower,  
Alien Labs, Maven

**COUPON CODE:**  
**READER20** at checkout for  
**\$20 OFF** any order over **\$40!**  
First-time patients only. One time use.

Call and ask about our  
tons of daily deals!  
**619-366-6036**  
**www.weedishere.com**







**619-761-8912**

CALL OR TEXT

FOR A FULL MENU GO TO  
**WWW.Q-MEDS.COM**

HOURS: Mon. to Sun. 9:00 am - 10:00 pm

Serving All of San Diego  
Free Delivery with Min. \$50 Order

**FREE**  
**1/2 OZ**  
**WITH \$99 DONATION AND UP**

**\$20 OFF**  
any 0Z or  
**\$10 OFF**  
any 1/2 OZ

**\$70 OZ**  
Special or  
2 OZ for  
**\$100**

**\$99 OZ**  
Specials  
(Indica, Sativa,  
Hybrid)

**\$99 for**  
9G Exotic  
Shelf

**6 for \$99**  
Brass Knuckles/  
Big Chief +  
FREE BATTERY

**6 for \$99**  
West Cost Cure/  
King Pen +  
FREE BATTERY

**11 for \$99**  
Bombay Fire  
California Fire or  
MoonRocks  
Pre-Rolls

**2 for \$99**  
**STIZY**  
**FULL G**

**11 for \$99**  
**Kushy**  
**Punch**

**9 for \$99**  
WOW SOUR  
BELTS  
300MG

**3 for \$99**  
Blackout Brownie/  
Babylon  
1000mg

**8G/\$99**  
House Shatter/  
Badder/  
Crumble

**7 for \$99**  
Cookies Shatter  
or  
Volcanic Crumble

**5G/\$50**  
Dr. Zodiacs  
MoonRocks

**Buy 3**  
**Carts get**  
**1 free**

Refer a Friend  
Get FREE  
Gram & Joint  
& 100 mg  
Edible



**BUY 2 GET 1**  
**FREE**  
Select Vapes

OG Kush  
**\$100 OZ**  
or  
**\$180**  
56G

Brass Monkey  
Crumble Shatter  
1G **\$20**  
4G **\$70**

FTP 4G  
**FREE**  
Flower +  
Goodie Bag

Refer a  
Friend, Get 1G  
**FREE**  
Pre-roll

Shung OG  
**\$75 OZ**

Edibles  
**BUY 2 GET 1**  
**FREE**  
(equal or lesser value)

Private  
Reserve  
5G  
**\$40**

Exotic  
5G  
**\$55**

Supreme  
5G  
**\$70**

**GRABUD Open 24 Hours!**

14315 Olde Hwy 80  
El Cajon, CA 92021

**(619) 635-5030**  
grabbuddp@gmail.com



BRASS  
MONKEY

PARIS

PLUG  
PLAY

PURE  
VAPE

STIZY

STNDRD  
THE ULTIMATE STNDRD

Bombay  
Fire



CandyCane

Cookies

Bombay  
Fire



KushyPunch

ROVE



**24/7**

**FREE  
GOODIE  
BAG**

with  
Purchase of  
\$30 or More.

# STOREFRONT AND DELIVERY

## OZ SPECIALS

**\$35** Purple OG  
**\$50** Gorilla Glue  
**\$160** VIP Shake  
**\$200** (Small Nugs Indoor)  
**\$220** Exclusive

## HAPPY HOUR

(12PM-3PM) (8PM-10PM)

### FLOWER

**\$20/G** Boss Shelf for..... **\$17**  
**\$15/G** VIP Shelf for ..... **\$12**  
**5 Grams** of Exotic for ... **\$40**

### EDIBLES

**Buy 2 Drinks** get ..... **1 FREE**  
**STNDRD 6** for ..... **\$100**  
**Kushy Punch 4** for ..... **\$45**

### WAX

**\$20 Wax** or **4** for ..... **\$70**  
**\$25 Wax** or **4** for ..... **\$80**  
**Jeff Session Shatter.**  
**6** for ..... **\$100**

**VETERANS**

**10%  
OFF**

**SENIOR  
CITIZENS**

**10%  
OFF**



**MUST BRING IN AD FOR ALL DEALS!**

**619-770-8684**

10537 Campo RD, Spring Valley, CA 91978

[highway-94-meds.myshopify.com](http://highway-94-meds.myshopify.com)

# LAKE SIDE GREENS *Now Open!*

**GOODIE BAGS FOR ALL FTP**

**HAPPY HOUR ALL DAY**

**BUY 3  
EDIBLES GET 1  
FREE**

**ALL \$20  
WAX 4G  
FOR \$69**

**TKO KUSHY  
PUNCH  
2/\$35**

**DIAMOND  
STIXX VAPES  
5/\$89**

**15% OFF  
ALL CBD  
PRODUCTS**

**1000MG  
BOMBAY  
CANDY \$25**

**ALL \$25  
PRE ROLLS  
2/\$40**

**LAKE SIDE GREENS**

**12160 WOODSIDE AVE UNIT C  
LAKE SIDE, CA 92040  
619-606-3847**

**OPEN  
24 HOURS**



**FREE  
GIFT FOR  
EVERY PATIENT  
EVERY VISIT!**  
w/ min. \$40  
purchase

# VALLEY MEGA MEDS

**MUST  
HAVE VALID  
STATE  
ID**

**\$10/G EXOTIC RESERVE ALL DAY EVERYDAY**

**FREE!**  
**HOUSE PRE-ROLL  
EVERY DAY**

W/ Min. \$20 Purchase, Must Mention or Bring In Ad

**5G/\$45**  
**EXOTIC RESERVE**

**\$5**  
**Grams**

**FREE!**  
**100MG KRISPY  
EVERY DAY!**

W/ Min. \$30 Purchase, Must Mention or Bring In Ad

**FREE!**  
**51/50 KIEF ROLL  
EVERY DAY!**

W/ Min. \$50 Purchase, Must Mention or Bring In Ad

**\$35**

**1000MG  
BROWNIES / GUMMIES**

**OZ'S!**

**\$70, \$80, \$100, & \$140**

**\$15 CARTS!**

**MARIO  
CARTS**

**EXOTIC  
CARTS**

**TKO  
Carts**

**\$20 CARTS!**

**ROVE**

**710  
KINGPEN**

**BRASS  
KNUCKLES**

**HH**

**DABWOODS**

**G DRINKS!**  
125mg **\$10** • 250mg **\$20**

**PRE-ROLLS**  
**\$5 or 3/\$10**

**\$10**  
**PRE-ROLLS**

**\$10**  
**KUSHY PUNCH**

**\$20/G**  
**FIRE WAX**

**MEDICATED ICE CREAM!**  
**\$25/500mg**



**ENTRANCE  
UPSTAIRS!**

**619-866-1438**

**9952 Dolores St. Spring Valley, 91977**

**OPEN  
24 HOURS**

Freebies Cannot Be Combined





# Happy 420 \$20,000 Giveaway

Royal Highness is proud to bring you the highest quality products at the lowest price



## Royal Cannabis Stimulus

Due to the current economy Royal Highness has reduced prices up to 50% to all dispensaries so that they can pass these discounts on to you! Do not let the low prices fool you. We supply many of the top brands with premium distillate. You will get the highest quality available.

All FREE gifts will be collectable at a local dispensary near you on 4/20. 500+ free gifts.

All participating dispensary locations will be listed on our Instagram, website and the Reader.

[www.RoyalHighness.org](http://www.RoyalHighness.org)  
[RoyalHighnessProducts@gmail.com](mailto:RoyalHighnessProducts@gmail.com)  
[@RoyalHighnessVape](https://www.instagram.com/RoyalHighnessVape)





# BEST DELIVERY IN SAN DIEGO

**FREE** GOODIE BAG WITH EVERY ORDER

## DEALS

<b>BOSS Shelf</b> 7gs for <b>\$100</b>	<b>VIP Shelf</b> 5gs for <b>\$60</b>	<b>Exclusive</b> 7gs for <b>\$60</b>
<b>\$25 carts</b> 3 for <b>\$60</b>	<b>\$20 carts</b> 3 for <b>\$50</b>	Buy 1 preroll Get 1 house <b>PREROLL FREE</b>

### WAX DEALS:

\$25 wax..... 4 for \$80  
Golden Glass..... 2 for \$30  
\$30 wax..... 4 for \$100  
\$20 wax..... 4 for \$70

### EDIBLES:

STNDRD ..... 6 for \$100  
Kushy Punch..... 4 for \$45  
**BUY 2 DRINKS**  
**GET 1 FREE**

## OZ SPECIALS

<b>\$35</b> Purple OG	<b>\$50</b> Gorilla Glue	<b>\$160</b> V.I.P. Shake
<b>\$200</b> Small Nugs Indoor	<b>\$220</b> Exclusive	<b>\$300</b> V.I.P.

## HAPPY HOURS (12pm-3pm & 8pm-10pm)

**BOSS**  
**Shelf**  
**\$17/g**

**V.I.P.**  
**\$12/g**

**All Edibles**  
Buy 2 Get 1  
**FREE**

**FREE**  
**DELIVERY**

On \$50 Orders Or More  
Serving All Of San Diego

Delivery HOURS

**9AM - 9PM**  
(No Double Discounts)



**619-770-8684**

highway-94-meds-myshopify.com  
Best Delivery in San Diego

Must Mention Ad  
for **Discounts.**  
Min \$50 Purchase for Delivery

# THE Bud Depo Delivery

**THE**  
**BUD**  
**DEPO**  
MEDICAL & RECREATIONAL

**Ounces**  
starting at **\$50!**  
Or 2 Ounces for  
**\$95**

**All Edibles**  
**BUY 2 GET 1**  
**FREE**

**All Vapes**  
**\$25 OR LESS,**  
**5/\$100!**

Brass Knuckles, King Pen, Raw Garden,  
Cookies, Big Chief, Big Slick, Rove,  
and many more!

**ALL**  
**1/8THS**  
**5G!**

**Dabwiser**  
**Shatter**  
**5G/\$89!**

**ALL BOMBAY**  
**CONCENTRATES**  
**BUY 3 GET 1**  
**FREE!**

**10G FREE +**  
**GOODIE BAG**  
**FOR ALL FTPS**  
Mention when  
placing your order



BRASS  
MONKEY

PARIS

PLUG  
Play

pure  
vape



STNDRD  
THE ULTIMATE STNDRD

Bombay  
Fire



CandyCane

Cookies

Raw Garden



Kushy Punch

ROVE

Full menu: [thebuddepo.com](http://thebuddepo.com)

Open 9am-11am daily  
[buddeposd@gmail.com](mailto:buddeposd@gmail.com)

For delivery, call or text  
+1 (619) 981-8512 • +1 (619) 981-8507





# SAN DIEGO MEDS

FREE GOODIES WITH EVERY DONATION

**619-665-8184**

**SANDIEGOMEDS.COM**

OPEN 9AM-11PM

MINIMUM DONATION OF \$45.

**FREE  
HALF OZ  
WITH \$99 DONATION**

<b>BUY 2 GET 1 FREE</b> (Bloom Live Resin, Big Chief)	<b>BUY 2 GET 1 FREE</b> (Heavy Hitters, Brass Knuckles)	<b>BUY 2 GET 1 FREE</b> (Raw Garden, Cookies)	<b>OG Kush</b> <b>20Z/\$99</b>	<b>Exotic Shelf</b> <b>10G/\$99</b>	<b>Exclusive Shelf</b> <b>5G/\$50</b>	<b>Private Reserve Shelf</b> <b>7G/\$50</b>	<b>Kushy Punch</b> <b>12/\$99</b>
<b>Babylon</b> 1000MG <b>2/\$70</b>	<b>Bombay Fire</b> 1500MG <b>2/\$70</b>	<b>Premium Shatter, Crumble, Badder, Crumble</b> <b>8G/\$99</b>	<b>Any Half OZ</b> <b>\$10 OFF</b>	<b>California Fire, Bombay Fire Prerolls</b> <b>11/\$99</b>	<b>Stoner Parch</b> 500MG <b>11/\$99</b>	<b>Nerds</b> 400MG <b>5/\$50</b>	<b>Cookies Shatter</b> <b>8G/\$99</b>

## FLOWER OZ DEALS

ALL SHELVES - 32G OZ, 16G 1/2 OZ, 8G 1/4, 4G 1/8TH

White Gorilla	Purple Skunk	White Widow	Snow White	King Louie	Orange Cookies	GSC
32g \$300	32g \$220	32g \$190	32g \$160	32g \$140	32g \$130	32g \$99

<b>VIP</b>	<b>Exotic</b>	<b>Exclusive</b>	<b>PR</b>
32g \$350	32g \$300	32g \$275	32g \$225
16g \$200	16g \$160	16g \$140	16g \$120

## CARTS

• Buy 3 Get 1 Free

• Dime

• California Fire

• Stiizy

• Stiizy Live Resin

6 Carts for \$99 on all \$25 carts (mix and match ok)

• Raw Garden • Cookies

• West Coastcure

• Bloom • Bloom Live Resin

• Friendly Farms • Rove

• Big Chief • Cookies Live Resin

## CONCENTRATES

House Crumble/Batter

7g \$99

3g \$49

House Wax 10g \$99

Califire Crumble/Batter/Shatter

6g \$99

## EDIBLES

**Buy 3 Get 1 Free**

• All California Fire Edibles + Punch Bars

• Kushy Punch, Indica, Sativa, Hybrid  
**10 for \$85**

## SPEND GET FOR FREE

**\$80+**

Get 5gs **FREE**

**\$150+**

Get 10gs **FREE**

**\$199+**

Free 1/8th

PR + Edible Drink + 10gs

**\$299+**

Free exclusive

1/8th + Edible Drink + 10gs

# GreenMedSupply

## FREE

VIP Goodie Bag + 1g  
Top Shelf On All Orders

We accept   

Call, Text, or Place Online Order  
Contactless Delivery!

**(858) 254-4576**

[www.greenmedsupply.co](http://www.greenmedsupply.co)

## HAPPY HOUR

10% OFF Flower  
OZ's and 1/2 OZ's  
excludes specials  
8am-12pm,  
5pm-9pm



SCAN ME



## Mid-Shelf

Sky Walker OG 28G \$80 oz

Forbidden Fruit 28G \$80 oz

Butter Cake 28G \$80 oz

## Top Shelf

28G \$90

14G \$70

## Private Reserve

28G \$160

14G \$90

## Exclusive

28G \$199

14G \$99

## VIP

28G \$350

10G \$120

## Moon Rocks Cartridges

3G

\$99

## MOON ROCKS PRE ROLL

10 for

\$99

## Dime Cartridges

2G

\$110

## Future 2020

2G

\$99



HIGH MEDS DELIVERY SERVICE

Call or Text for Orders  
**619-729-1254**

HIGH MEDS DELIVERY SERVICE

FTP-FREE GRAM • EDIBLE • PRE-ROLL  
GRINDER • PIPE & LIGHTER

Happy Hour  
All Day,  
Get a FREE VIP  
Gram of Your  
Choice!

SERVING ALL OF SAN DIEGO, NORTH COUNTY, SAN DIEGO  
SOUTH COUNTY, EAST COUNTY

Refer  
a friend get  
**10% OFF**

Veterans,  
Seniors, and Disabled  
**10% OFF**



Scan with  
Camera.

Hours 9am-10pm

Must Show Ad for  
Discounts

## Stndrd

400 MG 6 for

\$99

All \$20  
Shatter, Crumble,  
Badder,  
and Sugar

6G

\$99

## House Carts

8G

\$99

## Jeff Session Shatter

6G

\$99

## Cartridges mix and match

6G

\$99

Blackout Brownie/  
Babylon Edibles  
1000MG 3 for

\$99

## Shatter/Crumble

10G

\$99

## Kushy Punch

11 for

\$99

## Exotic Shake

4 Oz for

\$99



**Voted Best Delivery in San Diego!**

## DISCOUNT 420 DELIVERY

Call or Text: **619-402-7555** • 9am-10pm daily  
[www.Discount420Meds.com](http://www.Discount420Meds.com)

We'll  
match any  
competitor's  
offer!

**Text ADD to 424-333-4872  
to receive special offers on your phone!**

### FREE PRE-ROLL, LIGHTER, AND GRINDER!

Call for details. Must mention the Reader. \$50 min. order.

#### EXOTIC FLOWER

1/2-OZ **\$120** • **\$240** OZ

#### OZ SPECIALS

**\$90, \$100, & \$120**

#### EXOTIC MINI

**\$130** OZ

#### BACKYARD BOOGIE

**\$40** /OZ

#### EXOTIC SHAKE

**\$50** OZ



**7G \$105**  
Mix & Match Shatter  
& Crumble!

**6 CARTS \$100**  
Mix & Match Rove, Cookies,  
Alpine, and H.H. Vapes!

#### SUGAR WHITE

CRUMBLE  
5G **\$100**

#### BABYLON'S

GARDEN  
**\$30** (1000mg edible)

#### JEFF SESSIONS

VAPES  
5 for **\$100**

**\$10** PRESIDENTIAL  
& MOONROCK  
PRE-ROLLS

**BUY 2 \$50 OZs,  
GET 1 FREE!**

**FREE  
DELIVERY!**

Call or text  
**760-812-3331**  
within  
30-mile  
radius

# OFF THE CHARTS

**MEDICAL  
CARDS**

are required,  
but we can  
help you get  
one if you  
need one!

Celebrate 4/20 with us all month long!

# 25% OFF

## THE ENTIRE STORE!

Must present this ad! Discount applies to our retail prices only.  
Cannot be combined with other discounts. Expires 4/30/21.

- Fully Licensed & All Products are Lab Tested • Tinctures
- Topicals • Edibles • CBD Products Available • Discounts for Bulk Deals
- Rotating Product Discounts Every Friday-Sunday

**1745 East Vista Way, Suite 10 • Vista, CA 92084**

**7 Days, 9am-10pm • 760-330-9599**

**[www.OffTheChartsShop.com](http://www.OffTheChartsShop.com)**



License #C10-0000552-LIC

## Exclusive Deals Delivery Service

**FREE  
DELIVERY!**

Check out our menu:  
[www.exclusive-deals.co](http://www.exclusive-deals.co)



**619-396-6983** (San Diego)

**619-396-9462** (North County)

9am-Midnight Daily • We serve all of San Diego County!

## FREE 1/2-OZ OF FLOWER!

Valid for patients with \$120 min.  
donation OR if you refer a friend! Must mention ad.

### BLACK MAMBA SPECIAL!

**\$80** /OZ

**\$30 1/8THS**

(3.5 grams of flower)

TOP  
SHELF

**\$40** /OZ

MOONROCK  
KIEF

**\$15** /G

EXCLUSIVE  
INDOOR  
SHAKE

**\$50** /OZ

TOP  
SHELF  
SHAKE

**\$25** /OZ

5 EXCLUSIVE  
INDOOR  
PRE-ROLLS

**\$25**

CRYSTAL  
GOLD  
SHATTER 10G

**\$130**

BLACKOUT  
BROWNIE

(1000mg) (reg. \$40!)

**\$35**

CRUMBLE  
3G

**\$40**

GOLD  
SHATTER

**\$15**

EXOTIC PRE-ROLLS

12 FOR **\$100**

CARTS 6 FOR

**\$100**

Mix & Match several options

STIIIZY

**\$25**

HH  
Vapes

2 FOR

**\$45**

GUMMIES

5 FOR **\$35** (500mg)



**HIGHEST QUALITY, Most Affordable Implant Dentist in San Diego!**  
**Rated San Diego's Best Implant Dentist by San Diego Magazine!**

**Hybrid All-on-4 \$13,999**

**NO MORE DENTURES!**

All-ON-4 from \$340/month OAC & 60 months financing

**Same day  
appointments  
for dental  
emergencies.**

**FINANCING**  
No credit  
check  
required!

**We Are Here For You**

We modified our protection, disinfection and sterilization protocols for Covid-19 as early as mid-March.

Our office was open for dental emergencies during the quarantine period, and we safely treated many patients.

**New  
Patient  
Dental Exam**  
Includes cleaning  
and X-Rays  
**\$49**  
in absence of  
periodontal disease.

**PREMIUM IMPLANT PACKAGE \$2,499**

(Strictly Limited Time) implant fixture, custom milled abutment, solid zirconia crown, free dental CT scan. Implants from \$62/month OAC & 60 months financing.

**IMPLANT SUPPORTED  
DENTURES WITH  
3 IMPLANTS:**

**FROM \$4,900** (per jaw) Including 3  
implants, precision attachments and denture.

**BASIC IMPLANT PACKAGE  
\$1999**

**NO HIDDEN FEES!**

**FREE CONSULTATIONS FOR  
IMPLANTS AND BRACES.**

**BACK FOR  
A LIMITED  
TIME**

**PORCELAIN CROWNS FROM \$499**

**BRACES FOR KIDS & ADULTS  
FROM \$2,499**

**Braces from \$62/month**  
OAC & 60 months financing

**Schedule Your Free No Obligation Implant, Cosmetic, and Braces Consultation Today!**

Saturday Appointments Available • Se Habla Espanol

**Implant offices of Dr Armin Hage DDS & Associates**

**DR ARMIN HAGE**

Is a Loma Linda University Graduate • Is a Diplomat at International Academy of Dental Implantology

**Smile Designers San Diego** (Sports Arena)  
3365 Rosecrans St, San Diego, 92110  
**619-404-0061**  
**SmileDesignerSanDiego.com**

**University Dental** (College Area)  
6324 University Ave, San Diego, 92115  
**619-319-9640**  
**UniversityDentalSanDiego.com**

\* Treatment plans vary case by case, restrictions may apply. Call office for details. Offers cannot be combined. Offers for cash patients only. For insurance patients, insurance fees apply. Offers good through 5-10-21. \*\*No-Needle system cannot be used on all cases. Use of conventional anaesthesia may still be required.

\*\*\*Not all patients qualify for same day implants. Questions can not be answered over phone. Implant consult appointment is required. CT x-ray and bone graft not included.



**Most Insurances Accepted • Same-Day & Early Evening Appointments Available • Free Second Opinion Consultation • Financing & Payment Plans Available**  
**Kid Friendly • Full Ceramic Crowns • Laser Dentistry • Bridges • Root Canal • Bonding • Dentures & Advanced Prosthodontics • Military & Senior Discounts**



BUY 2 **SUBLIME** CARTS



**H I K E I**  
**C A N N A B I S**

GET ONE **FOR \$1**

OFFER GOOD WHILE SUPPLIES LAST  
LIMITED STOCK RESTRICTIONS APPLY



**3940 HOME AVE**

**STOREFRONT & DELIVERY**

**619 | 517 8605**



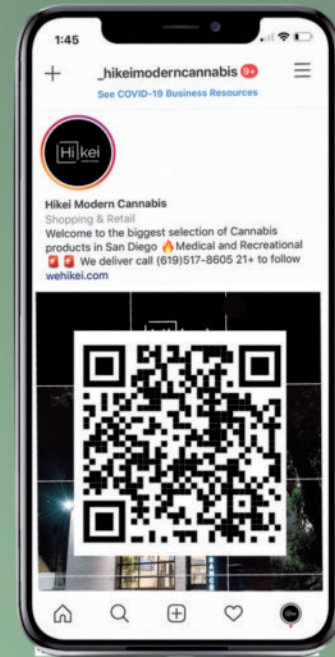


**ORDER ONLINE**



**HIKEI.COM**

FOLLOW US ON *Instagram*



@hikei.moderncannabis

**10% OFF**

- **FIRST TIME GUESTS**
- **FIRST RESPONDERS**
- **MILITARY**

\*\*\*MILITARY AND FIRST RESPONDER DISCOUNT VALID W ID

• *EARLY BIRD SPECIAL 7 AM - 9 AM*  
**15% OFF**

• *REWARDS*  
**GET 3% BACK IN STORE CREDIT**

***FREE DELIVERY***

\*\*\*RESTRICTIONS APPLY

