

Beloved North Park butcher left mostly intact

Oceanside Pier soap opera ■ Maligned Imperial Beach skatepark closed, then opened

SAN DIEGO

VOL. 45 | NO. 42 | OCTOBER 15, 2020

Reader

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is a
shedding
thing*

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LETTERS


We welcome letters pertaining to the contents of the Reader. Submit them at sreader.com/letters or phone them in at 619-235-3000. Include your name and neighborhood. Letters may be edited for length and clarity.

Bridge over beachy water

While the Del Mar bluffs and NCTD are in the news I feel it is time to introduce some solutions and common sense especially after reading about the absurdly expensive and disruptive idea of moving the railroad tracks inland (“Good-bye, easy walking to Del Mar beach,” Neighborhood News, September 28). This idea has been well thought out over time and I’ll just give a general overview as an explanation. Everyone will agree that keeping the rail line where it is will be cheaper. Many will agree that it could stay where it is now long term if the problem with the crumbling cliffs can be satisfactorily addressed and fixed. My plan does fix that problem, assuming some parts of the track are safe from the bluff collapse for several decades without serious intervention while other parts need more immediate attention. My way to extend the life of the bluffs and rail line is to relieve the stresses on the bluff under and around the track and to reinforce the bluffs at the same time. The way to do that is to build a bridge over the problem areas. However, it would not be just a conventional bridge, but a ‘zero clearance’ or ‘zero elevation’ bridge. The track bed would clear the top of the bluff by just a few inches so that all the loads and stresses from the track and passing trains are eliminated, but from a distance it would appear as before. This bridge would be supported by columns that would have isolation pads that would also minimize vibrations to the bluff.

These columns are not the concrete monoliths that you see under road bridges or trolley overpasses. These columns are an array of tubular steel posts that are driven into the ground under and around the track. The technology and equipment for screwing these long posts into the ground are well established and it is already used to permanently support buildings and landscaping. Something that may appeal to the environmentalists is that all these columns will be quite invisible and the bluffs wouldn’t be torn up during installation. As well as supporting the bridge itself, they will reinforce the bluffs in both the stable and unstable areas and therefore extend the life of the bluffs. Think of them as oversized rebar or the fibers in a fiber-reinforced composite. There are no limits to the length of this type of bridge and it could be easily extended if other parts of the bluff continue to erode. The work could be done incrementally using prefabricated structures to minimize the disruption of the rail service. The main advantage of this concept is that if there is a partial

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October 15, 2020



PHOTOGRAPH BY STEVE GIBBS, CIRCA 71 MEDIA

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North Park's butcher remains — page 27



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NEIGHBORHOOD NEWS

By Reader stringers

IMPERIAL BEACH

Park punks prompt protest Cannabis and cursing at issue as skaters scandalize softballers

A “skatepark closed” notice was posted by the City of Imperial Beach Government’s Facebook moderator on September 18. The caption read, “The park will need to

remain closed until user safety provided by the cameras can be restored. We realize this will impact many of our residents that enjoy this facility for recreation and are hopeful the few

who have made poor choices will allow the repairs to be completed so we can open the skatepark again soon. We hope after these repairs the park can remain operational for



Notice posted by the City of IB’s Facebook moderator.



Does jumping the fence mean that skateboarding is a crime after all?

I have seen kids smoking weed and talking inappropriately.”

The playground is west of the skatepark; the two spaces

are separated by a basketball court. To the south is a softball field. “I am a coach with the IB girls softball organization,” Sa posted on Facebook a week prior to the skatepark’s

“right now it’s a ‘skate at your own risk’ park and the city is less liable if someone were to get hurt. That changes if a city employee is in charge.”

all residents to enjoy.”

“The skate park is closed because someone broke the security cameras there,” said Cristbel Adams. “Also, I never see the police around there any more to watch the punks at the skatepark.” Adams works as a copywriter from home, nearby the skatepark, which is located inside the Imperial Beach Sports Park at 425 Imperial Beach Boulevard, less than a mile east of the fishing pier. We spoke on October 5. “My son loves playing in the playground next to the skatepark and watching the kids skate there. You can see good kids, and jerk and punk kids also. I can’t believe what I hear sometimes. There are so many kids jumping over the fence when the park is closed, and



Cristbel Adams: “I never see the police around there anymore.”

closure, “and am tired of the young thugs who jump over the fence and skate at the skatepark illegally. While in the skatepark, they constantly curse at each other while joking around. They smoke cigarettes and marijuana and are very disrespectful to anyone who asks them to please stop using foul language. Our young girls who are practicing softball can hear everything they say.”

Sa “notified the police several times” during their practices. “I personally am tired of getting cursed at and threatened by these skateboarding hoodlums. They have been terrorizing IB way too long. They are responsible for the break-in and theft of our concession stand a few weeks ago, which we have video of the kids bragging and

admitting to.”

Some residents wondered about the possibility of having adult monitors, mentors, and volunteers oversee the free-of-charge skate venue. “Our neighborhood has had numerous meetings with city leaders about this,” MS commented underneath the softball coach’s plea on Facebook, “and we have always been told it’s a money and/or liability issue. They claim they can’t have an attendant because of liability issues. Right now it’s a ‘skate at your own risk’ park and the city is less liable if someone were to get hurt.

the skaters here are helpful and teach the younger ones to vert, freestyle, and cruise, others corroborated the claims about “hoodlum” patrons and trespassers. “Lockdowns are tough for all of us, and that’s probably why the kids jump the fence,” Miguel said. “But, *se pasa* (they crossed the line) when they messed with the concession stand. To be honest, when I hear these *mocosos* (brats) cursing in front of our daughter, who also skates by the way — I regulate. I get it, I was a punk kid once, but things were different back then: we’d get *chanclas* (slippers) for disrespecting, or worse.” (But another IB local suggested, “If these skaters pose such an annoyance and distraction to the girl’s softball practices, then maybe it’s time to ask the schools or the city leaders to relocate their practice field.”) “Without our skateparks, we are forced to hit the streets,” Miguel

continued, “we need a safe place to practice our tricks.” One skater responded to the closure notice by saying, “I’m gonna start looking at Google maps for empty pools.”

By Monday, October 6, the park had re-opened.

MIKE MADRIAGA

OCEANSIDE

Fisherman Cacciola catches criticism

Is this the dawning of the age of aquarium?



Joe Cacciola says the Center will rise.

That changes if a city employee is in charge.”

The skatepark was built in 2009, partially through a \$10,000 grant from the Tony Hawk Foundation. Skateboarders enjoy the park’s smooth cement surface, enhanced with quarter pipes, banks, stairs with grind ledges, and handrails. While some IB neighbors said that the majority of

One person close to the Helgren’s sports-fishing saga describes the struggle over city property at the Oceanside Harbor as an ongoing “soap opera,” filled with “hate and discontent.” And while the major players won’t speak out publicly against each other, there remains plenty of bad blood

continued on page 6

Gloria's Ash cash

Garnering donations asbestos he can Todd Gloria's campaign for mayor has benefited from a number of donors associated with the 101 Ash Street building, the asbestos-ridden vacant property that has cost the city so much in both money and reputation. Jason Wood, Steven Black, and Steve Scott have donated \$4950 directly to Gloria's campaign for mayor since 2019 with the last donation in April. All are key players at Cisterra Development, which bought the building from Doug Manchester and Sandor Shapery and then leased it to the city in 2016. ("The seller-landlord, Cisterra, played an outsized role in the city's acquisition of the property," the Hugo Parker LLP report states.) Cisterra isn't new to the donation game: city records show that the company's officers have made at least 100 donations to city candidates and committees in the past 10 years, including \$4100 to Kevin Faulconer's campaign, as well as supporting both Carl DeMaio and Nathan Fletcher in 2012. Lobbying reports show Cisterra reps met with Faulconer about 101 Ash and two other downtown projects in that time period.

Corporation members also donated \$500 to Scott Sherman's near-miss run for mayor, and, in 2016, \$1100 to Barbara Bry's campaign for her current city council seat. In just the past year, they've also donated to city council candidates Stephen Whitburn, District 3 (\$1200); resigned candidate Kelvin Barrios, District 9, (\$2100); and Christopher Ward's run for state assembly, District 78 (\$2000). Cisterra's officers also gave \$6666 to the Downtown San Diego Partnership PAC in February, according to reports filed electronically with the San Diego city clerk.

Meanwhile, former city real estate assets employee Cybele Thompson, who resigned August 3, donated \$1350 to Gloria's campaign between February 2019 and the end of June, and hosted fundraising events in March 2019 and June 2020 for the councilmember. Jason Hughes, of Hughes Marino Inc., which advised the city on the building deal, has donated \$2300 to Gloria's mayoral campaign since January 2019. In November 2015, he donated \$4200 to Gloria's campaign for the Assembly seat he will vacate to return to San Diego. Another \$23,675 poured into Gloria's campaign from lobbyists who reported they worked on the 101 Ash deal, including employees of California Strategies and Ledford Enterprises, as well as the law firms of Cooley LLP and Sheppard Mullin Richter & Hampton.

What does it all mean? Campaign reform expert Matt Strabone says, "The political system incentivizes and almost requires contributions, whether direct or to independent expenditure committees, Strabone says. "If you want to accomplish anything at city hall, you have to have credibility with decision makers and contributions are how you do that."

Marty Graham

Yes in Your Backyard

Out-of-towners subsidize subsidized housing measure

Proponents of Measure A's proposal to boost San Diego property taxes for a bevy of subsidized housing efforts have found the fight tough going. The latest blow came October 1 with a *Union-Tribune* editorial condemning the proposal, which must garner a two-thirds voter majority to pass, as "the same old failed play-

continued on page 8

Neal Obermeyer



UNDER THE RADAR

Self-causa San Diego ex-city councilman David Alvarez, whose once-vaunted political career went into a tailspin after his 2013 mayoral loss to Kevin Faulconer, has been pulling in a little cash from National City. Following his fall to Faulconer, Alvarez cast about for the next step up the ladder and hit upon the not-so-smart move of running against Sean Elo on the board of the San Diego Community College District in 2018. Alvarez announced that he'd quit that position in 2020 if he won a spot on the county Board of Supervisors. The play failed when fellow Democrat Elo, now running for city council against Kelvin Barrios — who has frozen his scandal-plagued campaign — beat Alvarez handily. Since then, Alvarez has been laboring in local political vineyards, including a stint in April and May on behalf of National City, providing "State of the City Contract Services for COVID-19 work."



Developer cash makes Sean Elo smile

That's per a May 29 invoice for \$2400 sent to the city care of National City mayor Alejandra Sotelo-Solis by Alvarez's firm Causa Consulting. Adds the document: "This is the final invoice for the contract to provide services for State of the City related communications. Contract ends June 1. Contract amount was \$4400. Prior payment received was for \$2000. Balance due is \$2400." "For the day of the State of the City, we will be present to capture images and visuals, conduct interviews, capture the Address and publish a live feed," says an undated proposal by Causa. "In order to make sure as many individuals of the public have access to the information delivered at the State of the City, a combination of videos and graphics will be produced over the course of the following months. All public engagement activities related to this project will be tracked and reported back to the Mayor upon termination of our work. Any additional material that is produced but not utilized will also be submitted."

But plans changed in the wake of the pandemic, Alvarez said in a weekend telephone interview. "Causa Consulting was excited to come on board at the beginning of the month to assist you in communicating the state of the City on various social media platforms," says an April 1 letter from Alvarez to the mayor. "While we have been able to edit a video and a few messages to post related to your State of the City speech, the current COVID-19 crisis has appropriately shifted your priorities and we are pleased you have asked us to continue working with you in order for you to be able to maintain the community regarding the current State of the City."

Last minute hits With the beleaguered city council campaign of former Georgette Gomez aide Kelvin Barrios called to a halt following a torrent of financial reporting woes, the local development establishment has begun lining up behind his opponent Sean Elo. September 23 saw the registration of a new independent expenditure campaign committee calling itself San Diegans Who Support Integrity In Public Service in Support of Sean Elo for San Diego City Council 2020, identifying its principal officer as registered lobbyist Rachel Laing. The filing was dated September 22, the same day of a *Union-Tribune* story headlined, "New discrepancies emerge in Barrios campaign filings."

A September 23 disclosure report shows that Stephen Cushman, a wealthy Mission Valley landowner and onetime advisor to GOP mayor Jerry Sanders, came up with \$1000 for the new fund on September 17. A separate filing dated the same day shows Cushman donated an additional \$2000. A week later. On September 24, super-rich La Jolla developer Mark Gleiberman, chief executive of MG Properties Group, gave \$2000. In October 2016, Gleiberman hosted a high-dollar fundraiser for Democratic presidential hopeful Hillary Clinton featuring President Barack Obama at his sprawling estate. On October 5, the San Diego Regional Chamber of Commerce PAC kicked in \$2500.

Meanwhile, Michael McConnell, who helped narrowly beat the chamber's long-sought downtown convention center expansion with a flurry of online advertising earlier this year, has put up \$5624 for digital ads against the council bid of Barrios, according to a September 30 disclosure filing...

More out of town special interest money continues to flow into the campaign for San Diego's Measure A, a proposal to hike property taxes in the city to fund a bevy of bond measures for government-subsidized housing projects. Basis Architecture and Consulting of San Rafael gave \$3500 on September 25. The same day, BNBuilders of Seattle, Washington contributed \$5000. Closer to home, on October 5, Atlantis Group Land Use Consultants gave \$1000 and Pacific Southwest CDC came up with \$2000; both list an address in San Diego.

— Matt Potter (@sdmattpotter)

The Reader offers \$25 for news tips published in this column. Call our voice mail at 619-235-3000, ext. 440, or sandiegoreader.com/staff/matt-potter/contact/.



A bill for \$2400 was sent to National City mayor Alejandra Sotelo-Solis



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OPEN AND ACCEPTING PATIENTS

LETTERS

continued from page 1

collapse even under the track, movements of the train traffic above would be unhindered as it was not supporting the track in the first place. The failed part could be left alone or rebuilt at leisure. The bridge would need side support structures to strengthen and stabilize the bridge spanning over the fragile areas, just like any other bridge. Ideally, these sides would be a typical open lattice, high enough to be efficient yet low enough so as not to spoil the sight lines of the nearby home owners and passengers. In order to get some people on board (or to annoy them) I propose the catch phrase – 'Bluff Longevity Matters'. Unfortunately, I doubt that such a simple logical approach will get much attention when there is the potential for another multi-year, multi-billion dollar boondoggle with unlimited cost overruns out there.

'Dr. Mike' Featherby
 Oceanside

Easy alternative

The proposed removal of more than 400 parking spots along 30th street in North Park is a terrible idea ("No delay for deletion of parking on 30th Street," Neighborhood News, September 28). This will hurt all of the small businesses along this corridor. Many are already suffering due to the restrictions of the Covid pandemic. I am an avid cyclist who lived in University Heights, Normal Heights, and Kensington for many years. I no longer live in the area but still ride these neighborhoods. There is already an alternative to this misguided plan that has existed for many years. Experienced cyclists who want to ride north or south know a safer way than 30th Street. Go two blocks west to Utah Street. It is a wide street with dedicated bike lanes and not much traffic. You can ride from north of

Adams Avenue down to Upas Street and by-pass the North Park congestion. Save the money of designing this project and the estimated \$250,000 environmental review.

Eddie
 S. Tierrasanta

Comments from SDReader.com — not edited for punctuation, spelling, or grammar.

"Local lawyer Paul Jonna at front of fight to open churches"

Cover Stories

October 7

Stupid people follow stupid religious leaders who teach that they are special and God will protect them. Religion teaches hate. Religion has but one purpose and that is to separate you from your wealth while dictating what you should think, say and do. Go ahead and worship but when you get Covid stay out of the hospitals.

—AlexClarke

"Todd Gloria gets money from 101 Ash"

News Ticker

October 5

Barbara Bry is a refreshingly open and pragmatic candidate. Having had success in business helps inform how she will turnaround the city's bloated, ineffective bureaucracy. She not only has my respect, but full support!

—MarcUH

"Jennie's Cafe in Oceanside closed — drug overdose"
Neighborhood News
May 16, 2017

There is an obvious connection between her having her kids taken from her and her temptation to relieve the stress with drugs. Heartless people -- women and men -- use children as pawns, and the other parent is left alienated and suffering. And some judges are corrupt. Therefore, this sadness is something she experienced, and the heartless, selfish choices of everyone contribute to the downfall of others.

—SallyHansen1

EDITOR

Jim Holman

NEWS & FEATURES EDITOR

Ernie Grimm

SENIOR EDITORS

Matt Potter, Matthew Lickona

EDITORIAL ASSISTANT

Chris Woo

CONTRIBUTORS

Ian Anderson, Thomas K. Arnold,

Ed Bedford, Robert Bush,

Joe Deegan, Dave Good, Moss

Gropen, Dryw Keltz,

Thomas Larson, Ken Leighton,

Mike Madriaga, Bill Manson,

Derek Pike, Ian Pike,

Elizabeth Salaam, Jay Allen Sanford

CHIEF REVENUE OFFICER

Stephen Hatch

SENIOR ACCOUNT EXECUTIVES

Eduardo Bravo, Brett Flynn,

Holly Micelli, David Phillipich,

Randy Rice, Graeme Storey,

Todd Westfall

ACCOUNT EXECUTIVE

Tiffany Ferren-Cirino

SOCIAL MEDIA SPECIALIST

Veronica Garcia-Gomez

AD/MARKETING COORDINATOR

Alyssa Prestidge

DIGITAL AGENCY MANAGER

Daniela Penkova

DIGITAL AGENCY COORDINATORS

Alexa Camarena, Matthew Dodd,

Veronica Garcia-Gomez

OPERATIONS MANAGER

Amanda Stevens

ADVERTISING SUPPORT STAFF

Amanda Tascher

PRODUCTION COORDINATOR

Mike Brown

ART DIRECTOR

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ACCOUNTING & HR MANAGER

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stemming from accusations of unfulfilled promises after a competing businessman took control of the 40-year-old building built by the late sportsfishing entrepreneur Dick Helgren. Helgren built the two-story A-frame building in the late '70s to house his Helgren's Sportsfishing business. His son Joey ran the business after Dick passed away in 2008 at age 75.

But in 2016, the city sent out a request for proposal for a new sportfishing business at 315 Harbor Drive South; though the elder Helgren built the building, the city of Oceanside had a legal right to assume ownership and reassign its lease when the family's lease was up. The 2400-square-foot, two-story building and several prime boat slips were awarded to a different longtime Oceanside Harbor local, Joe Cacciola, owner/operator of Sea Star Charters. He renamed the building Oceanside Sea Center. Helgren's Sportfishing was allowed to move to a smaller space in the Coast Guard



The *Southern Cal*, part of the Sea Center sportsfisher fleet, hasn't moved in years.

out in a contract, but that its educational value was "definitely used as a selling point." For his part, Cacciola says the aquarium, located on the first floor of the Sea Center along with fishing supplies and gift store

swordfish. "We hope to continue this work and expand the educational component." The spokesman in the video explains that education will be, "the cornerstone of the [Oceanside] Sea Center," and that Pflieger will offer floating classrooms and seminars. A call to Pflieger's Sea Center office was not returned, and no one was in the office when I stopped by, even though the P.I.E.R. website lists six employees.

Longtime Oceanside locals will remember when the Pflieger Institute was connected with a controversial plan to build a much larger aquarium in 1998. That plan got the support of the Oceanside City Council but was met with a wave of negative public reaction. "They wanted to pave over sandy beach at the North Jetty harbor beach for this aquarium," says Shari Mackin, who, along with Krammer, successfully fought against the proposal. "We have a beautiful sandy beach. Can you imagine the council said we had too much sand?" The proposal died when the California Coastal Commission, which happened to be meeting in Oceanside at the time, denied it. Cacciola, who promoted Pflieger's 1998 aquarium plan, says it was derailed when, "the surfing crowd, Surfrider, and very local people," rebelled against it. He says the man-made North and South Jetties actually increased the harbor beach to three- or four-times its original, natural size.

One Sea Center detractor who opted to not be named says Cacciola made another promise four years ago. "He got in front of the city council and said he was bringing down this beautiful 75-foot boat to

be part of his new fleet. He did bring it down. It's called the *Southern Cal* and it's been sitting there for three years. It never went anywhere." Cacciola admits that his *Southern Cal* sportsfisher craft has not left its dock since it was brought down to the Oceanside harbor. But he says a technician continues to work on rewiring its faulty electrical system. And he says he has greatly upgraded the old Helgren's A-frame building. "There was no working water or sewer service before we took it over. They had stopped up the sewer pipes with rags. There was a terrible smell."

Ted Schiafone, Oceanside's Harbor Division manager, says Cacciola has made "major improvements" to the Helgren's building, "above and beyond what was required in the lease. In my opinion, the Sea Center has been an excellent addition to the harbor and our visitors. I've not had one complaint about their operation or level of service."

KEN LEIGHTON

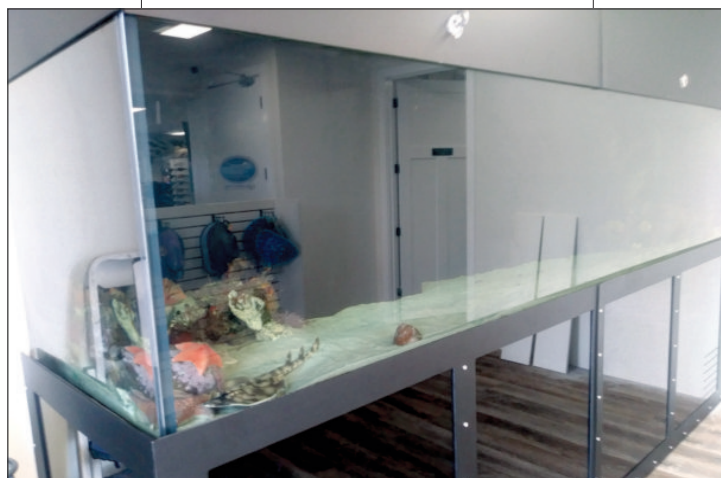
"In my opinion, the Sea Center has been an excellent addition to the harbor and our visitors. I've not had one complaint about their operation or level of service."

Auxiliary building, and both Helgren's four-vessel fleet and Cacciola's five-vessel fleet now take fishermen out daily to catch yellowtail and bluefin tuna, though there are fewer passengers aboard these days due to covid-19,

So what did Cacciola promise to the city of Oceanside to wrest the A-frame away from the Helgren family? "When the Sea Center proposal came before us, Joe was pushing so hard for the aquarium," says Carolyn Krammer, a member of the Harbor and Beaches Advisory Committee. "He was saying the Sea Center was going to be this big education and information center with this great aquarium. I was wondering how you could have a big aquarium in such a small building like that." (Cacciola, four years ago: "Not all visitors want to go sportsfishing. We hope to serve other people's needs.") A visit to the Sea Center reveals a 15-foot long, unlit, sparse aquarium housing a shovel nose shark, two starfish, and two other species hiding out of sight. Krammer says the Sea Center's aquarium specifics were not spelled

items for sale, is a work in progress. He says that other saltwater species will be added in three or four weeks, and that aquarium lights will eventually be installed.

When Cacciola promoted his Sea Center master plan to the city in 2016, he also said



A visit to the Sea Center reveals a 15-foot long aquarium housing a shovel nose shark and two starfish.

it would house the Pflieger Institute of Environmental Research (P.I.E.R.) which currently occupies the second story of the Sea Center. A promotional video says that the Pflieger Institute oversees studies on sea bass movements, and does research in order to find a better, "less destructive" way to catch

DOWNTOWN

101 negotiations

Who pays if Ash catches fire?

The city has stopped paying rent on 101 Ash Street, but the asbestos-riddled building has sat empty for months, which poses a new problem. Vacant buildings are at high risk of vandalism, fire, and theft, and the city has dropped it from property management services. The city's contract with CBRE, Inc. to manage 101 Ash Street, 1200 Third Avenue (CCP) and 201 A Street (King Chavez School) is up for renewal, but on September 15, the city council made a change to the terms of the agreement, dropping Ash Street and raising questions about the city's liability in the event of a loss. All of the buildings have lease-to-own agreements that require the city to hire a third-party property management company. The city chose CBRE, which had managed 1200 Third Avenue and 201 A Street for over 25 years when the lease began in 2015. Three years later, 101 Ash Street was added. "We are still in possession of the building although not physically occupying it," said deputy chief operating officer Erik Caldwell. If a fire broke out or a pipe burst in the night, "we would still need to respond." And if something happened while the property management agreement was in place, the liability would fall on CBRE, Caldwell said.

But the company had threatened to drop services for all three buildings if Ash were removed, or if the city didn't agree to "spread the cost" for managing just the two properties. Council president pro-tem Barbara Bry, who made the motion to drop Ash — and the full cost of its management — called CBRE's response "blackmail." Ash Street's share of the contract was about

continued on page 8

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NEIGHBORHOOD NEWS

Continued from page 6

\$311,000, which Karen Johnson, asset manager for the city's real estate department, said would keep two building engineers on site, maintain the systems, and provide 24/7 security. "Even though Ash is vacant," Johnson said, it's important to maintain property management to protect it, "regardless of what we ultimately end up doing with that building." Security is critical with an empty building, "particularly a large one in the middle of downtown, an easy target, she said. "The homeless population could easily get into it."

Sanna Singer, assistant city attorney, reminded the council of another risk in excluding it — a breach of the lease requirement for a third party property manager. That, in turn, could affect insurance on the former Sempra Energy headquarters, which now needs an estimated \$115 million in repairs. Claudia Castillo de Muro, the deputy director of risk management, said the property is covered by Prism, the joint powers authority that provides insurance for most of the city's portfolio. In 2018, the property committee adopted a vacant building best practices policy to limit losses



Will vacancy attract vagrants?

to empty buildings, which de Muro said are "uniquely susceptible to perils such as fire, vandalism, and theft." The policy requires members to conduct periodic inspections, secure the perimeter, and address maintenance issues. "Failure to adhere to vacant building policy could jeopardize coverage," she said.

Councilmember Scott Sherman asked if city staff could take over any of the functions handled by CBRE. Caldwell said they were trying to determine if the security company used by CBRE could be hired. But there's still the monitoring of the systems. "It would take several weeks at best for our existing city forces to learn those systems

and be able to operate them."

In support of the motion, councilmember Ward noted that they had already breached the contract on the toxic building by refusing to pay rent to landlord Cisterra Development starting September 1, as decided by Mayor Kevin Faulconer. Councilmember Vivian Moreno agreed, calling property management services in the situation "a frivolous waste of taxpayer dollars."

On September 28, the council approved the amended contract for one year, with a reduced amount for managing the other two buildings not to exceed \$539,000. Councilmembers Chris Cate, Jen Campbell, and Scott Sherman were opposed. "I have been worried since the last vote that perhaps the city's insurance coverage on 101 Ash would not be in place" without a third-party management company, Campbell said. The building is insured and will continue to be insured, de Muro replied. "The impact rests with the property being vacant." If there's a loss, the joint powers authority can summon inspections and the property committee — which governs coverage — can decide to modify coverage. "They could point out that the city is not in compliance with best practices, change valuation to actual cash value or flat out exclude coverage altogether."

SHEILA PELL

NEWS TICKER

continued from page 3

book." "Measure A on the San Diego ballot would allow the city to issue up to \$900 million in bonds — paid off by an increase in property taxes that lasts, incredibly, until 2068 — to build subsidized housing for poor people and the homeless," noted the *U-T* editorialists. "Given that such housing costs on average more than \$400,000 per unit — and that only a small percentage of the needy would actually get shelter if the measure passed — this is an extravagantly expensive and underwhelming approach to a problem that has much cheaper solutions." An August poll published by the newspaper reported 36 percent of the electorate in favor and 32 percent against, woeful numbers for any measure hoping to get above the daunting two-thirds threshold.

But significant political money continues to arrive in proponents' col-

fers: \$395,000 since mid-August, much of it from out-of-town firms with interests in the subsidized housing business. According to disclosure filings, the biggest single donor so far, coming up with \$50,000 on September 22, is San Bernardino County-based National Community Renaissance of California, also known as National CORE. Subsidized housing has been very good for the nonprofit's executives, based on online federal disclosure filings. As of the end of 2018, CEO/President Steve PonTell got annual compensation of \$508,300, according to the group's latest available federal disclosure filing, dated November 14, 2019. CFO Michael Finn got \$358,115, the document says, and the nonprofit ended 2018 with net assets of \$62.8 million.

Loma Linda native PonTell got his job when his predecessor left the nonprofit in the wake of burgeoning controversy regarding

the organization eight years ago, according to a February 2, 2012 account by the *Inland Valley Daily Bulletin*. "Last year, National CORE was part of a far-reaching investigation by the FBI, which raided the Rancho Cucamonga office as well as the homes of a former state senator and four defendants in a San Bernardino County corruption probe," the story relates. "Among the defendants raided was developer Jeff Burum, who co-founded National CORE in 1991 but resigned from the board in 2010." Of the action, a National Core executive told the *Bulletin*, "we were not its focus."

In the summer of 2017, a San Bernardino superior court jury acquitted Burum of all charges in the so-called Colonies cor-



San Ysidro Senior Village, an old homeless folks home.

ruption case. According to an August 29, 2017, *San Bernardino Sun* account. "Prosecutors alleged Burum paid \$400,000 in political contributions to the three defendants and former Board of Supervisors Chairman Bill Postmus, who later entered a plea bargain with prosecutors and testified at the Colonies trial. The money, investigators alleged, [was] actually bribes or payments for deliv-

ering the settlement," the newspaper reported. "Prosecutors said the bribes were disguised as contributions by Colonies Partners to political action committees secretly controlled by the defendants or members of their staffs. Jurors said afterward prosecutors failed to convince them that any of the charges against the defendants passed the 'beyond a reasonable doubt' test." After his acquittal,

Burum returned to National CORE, where he remains the non-compensated chairman of the board, according to disclosure filings.

The nonprofit's San Diego projects include San Ysidro Senior Village, "with 51 beautiful apartment homes for seniors, ages 55 or better, who are experiencing homelessness," says the company website. "Nestled along San Ysidro Boulevard, this stunning community is in a walkable, mixed-use, transit-oriented neighborhood, conveniently located next to a high-frequency bus line and less than a mile from the Beyer Boulevard Trolley Station."

San Diego city campaign disclosure filings show that John Seymour, vice president of acquisitions for National Core, has given a total of \$6345 to city campaigns since 2013, including \$250 to Todd Gloria's mayoral effort on September 27 of this year.

Matt Potter
continued on page 15



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Walter Mencken's

SD ON THE QT

Almost factual news

Who Needs Halloween? Mayor Faulconer pleads for cancellation



Faulconer: "First, there's the matter of Covid transmission via Snickers, which is terrifying enough. But really: 2020 ought to make you question your whole attachment to a holiday that glorifies fear. Fear is terrible: it's paralyzing, polarizing, incendiary, irrational — everything awful about the human experience, basically. Look at this year's most popular masks, according to screamzone.com: covid zombie Trump, regular zombie Biden, violent left-wing Antifa radical, violent right-wing Q-Anon radical, global pandemic, local wildfire. Take your pick, but ask yourself, do you really need to celebrate scary stuff this year?"

Padres vs *Il Padre* It's hard to keep the faith when you're losing your religion

Following the Padres heartbreaking loss to the Dodgers, the team's Swinging Friar fell to his knees, lifted his eyes to the heavens, and cried in a loud voice, "Eloi, eloi, lama sabachthani? My God, my God, why have you forsaken me? Did you bring us to the playoffs, only to let us die here, on the threshold of the World Series? When Jacob wrestled the angel, the angel was overcome, but these heathen from the city of fallen angels to the north have vanquished us yet again, striking us down even in the midst of our glory. Why did you send us the son of Tatis? Why did you strengthen Paddack's arm, and make Machado mighty in battle? Was it only to humble us and leave us desolate, so that our name becomes a byword among the cities? Will you let



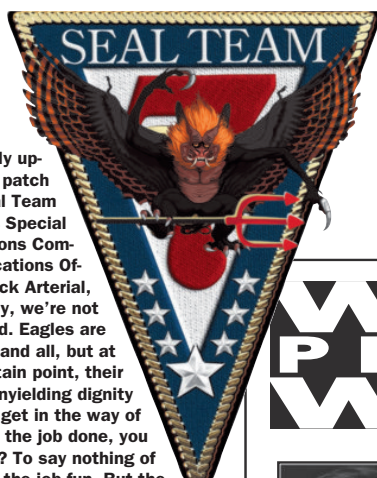
The Swinging Friar sings a lamentation: "How long, O Lord? Will you forget me forever? How long will you hide your face from me? How long must I take counsel in my soul and have sorrow in my heart all the day? How long shall my enemy be exalted over me?"

it be said that God's chosen has been forsaken, that the Almighty has broken faith with his priest? Remember your promises of old, O Lord, and the fact that San Diego is

like the only major city in America that doesn't have a big league championship of some kind. Thou hast blessed *Cleveland*, but not the Padres?"

Seal-ed with a Kiss

Navy issues redesign for Seal Team 7 patch following yet another incident



Newly updated patch for Seal Team 7. Says Special Operations Communications Officer Rick Arterial, "Frankly, we're not bothered. Eagles are fierce and all, but at a certain point, their stern, unyielding dignity can get in the way of getting the job done, you know? To say nothing of making the job fun. But the Orang-bati, now there's a flying critter that understands infiltrating a remote village, striking in darkness, and taking no prisoners. Well, taking some prisoners, but only because they're going to kill them later. And just look at his face: that 'Yeah, you got me, but what are you gonna do about it?' hangdog look in the eye, that mischievous grin. There's a guy who knows how to have fun, but also spill the blood of his enemies. That's us all over. The devil's trident pricks a bit, but it's really not that big a stretch from what was there before."

Seal Team Seven member Special Warfare Operator First Class Adel Enayat has been charged with sexual assault in San Diego following an alcohol-related incident at a 2019 Fourth of July party in Iraq with a female sailor. Enayat denies the charges, which include strangling and biting, and his lawyer, Jeremiah Sullivan, says that he can't get a fair trial anyway, not after the whole Edward Gallagher mess. (Seal Team Seven member Gallagher was charged with the murder of an Iraqi civilian, and while he was acquitted, the controversy surrounding the case was considerable.) Whatever happens in this case, the Navy found the situation dire enough to withdraw troops from the war-torn region, and now, it has taken the further step of issuing a redesigned patch for the team. Says Navy Patchman Ronald Swank, "The thing speaks for itself."

WHO PLAYS WHO

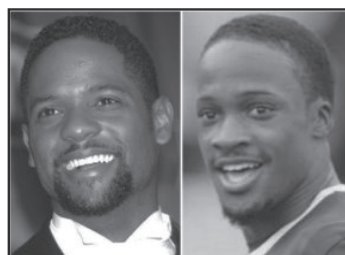
SD LOYAL SLUR EDITION



In 2006, the openly gay *Pink Paper* named actor **David Tennant** "The Sexiest Man in the Universe."



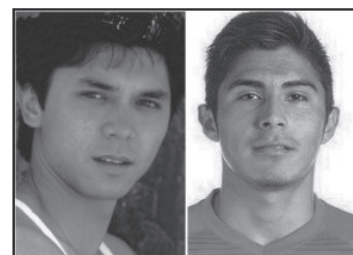
San Diego Loyal footballer **Collin Martin** is openly gay; his team walked off the field when he was called a name.



In *Just Cause*, **Blair Underwood** plays a man who swears he is innocent of the crime for which he is being punished.



Junior Flemmings denies having called Collin Martin a batty boy, but was suspended, fined, and placed on leave.



Filipino-American actor **Lou Diamond Phillips** has waded into tricky racial territory by playing Native Americans.



Hispanic LA Galaxy defender **Omar Ontiveros** was released from the team for using the n-word toward an San Diego Loyal player.

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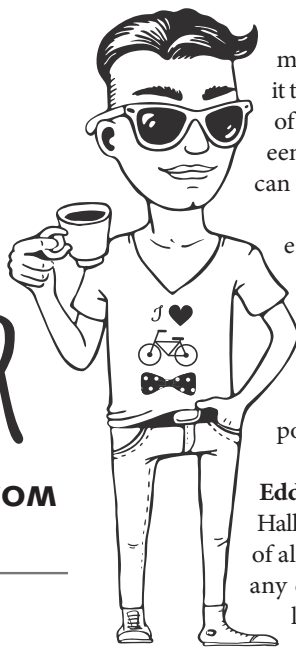
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Dear Hipster:

This was supposed to be the year for Halloween. Not only did the actual holiday fall on a Saturday, it was a full moon to boot! I mean, could you ask for a better excuse to put on the sweetest, most ironic costume you could come up with and hit the bar with all the other holiday miscreants? And now it's all wasted, another cultural casualty of the pandemic. Is there any point to even getting dressed up this year?

— CHRIS



mini-pumpkin—you owe it to yourselves and the rest of us to celebrate Halloween with all the cheek you can muster.

Even with this extremely not funny year mostly behind us, there remains some fertile ground in the otherwise bleak landscape of 2020's pop culture.

Eddie Van Halen

Halloween is the most metal of all the holidays. If there's any doubt about that fact, let's not ignore how Glenn Danzig arguably named a band "Samhain" (after the ancient Celtic progenitor to Halloween) because the Misfits weren't metal enough. Sure, maybe Van Halen isn't nearly as metal as, say, Iron Maiden, but it's close enough for rock n' roll. If you want to pay tribute to this all-time great, whom we lost this year after a long battle with cancer, all you really need is a fabulous wig with epic bangs and a prop Frankenstein guitar. The rest is up to you.

Harvey Weinstein With His Walker

Remember back when Harvey Weinstein's prop walker generated *New York Times* think-pieces? Ah, those were the days.

Pay tribute to our innocence by donning an ill-fitting suit you don't know how to button properly and pushing around a walker you're clearly not using to support any of your body weight whatsoever.

Michael Jordan & Scottie Pippen

You know you watched *The Last Dance* during your lockdown. Pay tribute to the 1990s sports duo who got you through quarantine and helped you remember how much you wanted to "be like Mike" when you were seven years old. Do me a favor, though, and hold off on that appallingly ill-conceived black body paint, okay? I promise you a Number 23 jersey is more than adequate to get your message across.

Most Emphatically Not a Coronavirus

Seriously. Just don't, okay? We're all sick of it.

—DJ Stevens

Yeah, this year has not thus far been too funny. Prior to mid-March, the news was almost mind numbingly boring. Renee Zellweger won an Oscar for being Judy Garland in a movie I didn't see... whoop de doo. Pete Buttigieg was a thing... la dee da. Justin Bieber had lyme disease... yawn. And if it wasn't boring, it still wasn't funny. I mean, the entire continent of Australia basically burned to a cinder, which is *horrible* and totally not capable of ironic costume reinterpretation. Then, you get to March, and, well, you know the rest.

But, when it comes to Halloween, we never say die. There is basically one day every year where grownups get to act like little kids, putting on funny costumes and indulging in some light-duty "trick or treat" (by which I definitely mean substance abuse). We do not lightly relinquish our day of irresponsible juvenalia. I call on you, hipster comrades, to find the twisted humor in this world and take back Halloween. I don't care if you put on costumes and sit around your own houses drinking shots of butterscotch schnapps and amaretto (candy corn!!) out of a hollowed out



Or maybe go as Phil Jackson?



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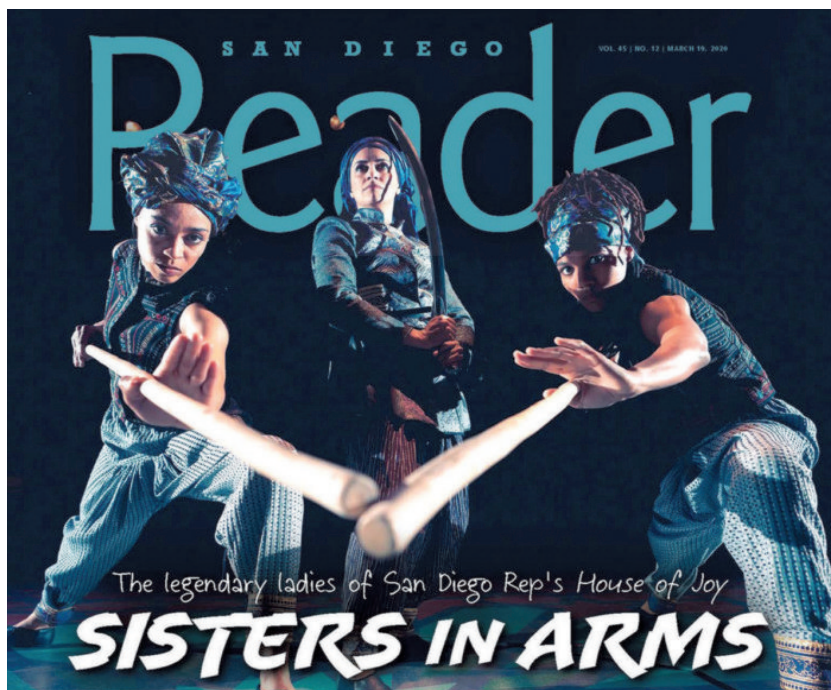
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Missed it by that much.

What happens when all the world's a stage?

Just under a year ago, I was given the honor of working as the *Reader's* theater critic. For a while, I joked that God was so horrified at the prospect that he killed the entire industry just to stop me. But I don't make that joke any more, because it's not that funny if the part about killing the industry is true.

After giving me five months to get my bearings, the editors were set to feature my review of La Jolla Playhouse's *Fly* on the March 19 cover. But on March 12, the Playhouse suspended all performances. Scrambling, I emailed San Diego Rep; *House of Joy* was still slated to play that evening, so we still had a show to review. An hour later, it wasn't and we didn't. The Old Globe shut down the same day.

The Old Globe emailed last week: Artistic Director Barry Edelstein explaining the theatrical tradition of The Ghost Light. "Every theatre has one. When the show is done and everyone has left the building, a bulb on stage is left burning" — for safety reasons, or to light the way for the ghosts of actors past, take your pick. Continued a grateful but still pleading Edelstein, "You are keeping the lights on — even if it's just a ghost light — during this great intermission."

"This great intermission" — that's a lyrical and perhaps kind way to put it. During that intermission, local theaters are scrambling to reinvent themselves online. The Globe offers a plethora of engagements, both educational and performative. La Jolla Playhouse has five new digital Without Walls shows, including a dance/poetry film, a spoken word piece, and a radio horror series. San Diego Rep just

livestreamed *Get Happy: Angela Ingersoll Sings Judy Garland*. Diversionary Theater is offering free streams of *AmeriQueer*, an "online streaming audiocast of new plays." This week, Vinson Cunningham published a piece in *The New Yorker* about how audiences are adapting to the age of virtual theater; San Diego seems to be keeping pace with New York in that department.

But Cunningham also noted that "in the theatre, each ticket buyer plays a role. The quality of our attention—silent or ecstatic, galled or bored — is a kind of freestanding, always improvising character, and makes each in-person performance unrepeatable. Call it the congregational art, and remember how you once practiced it: it has something to do with location, and feeling, and your invisible relationship with individual performers and the whole panoply of action on the stage."

Amen. And while that relationship is invisible, it's anything but intangible. What's theater got that movies ain't? The energy in the room. It's hard to imagine that energy animating a socially distanced space. It's even harder to imagine the gray heads that usually make up most of the audience feeling eager to pack a house in a post-covid world, vaccine or no vaccine.

Theater people are famously creative; they'll find ways tell their stories. But I'm curious (not to say anxious) to see what happens now that the audience is no longer captive.

Never meet your heroes

I started writing for the *Reader* 25 years ago; Joseph Mitchell is one of the big reasons why I wanted to do so. The summer before my senior year of college, I visited Thidwick's Books in Ithaca, New York and happened upon a used copy of *Up in the Old Hotel*,

accurate." Jill Lepore said otherwise, too. Lepore is a professor of history at Harvard and a prolific author. In 2015, she published her own lengthy profile of Gould in *The New Yorker*, one that paid more attention to the man's mental illness: his obsession with race (he stalked a black sculptress in the name of love and seethed against Jews), his sexual misbehavior, his institutionalization and likely eventual lobotomy. She wrote that while Gould was in the asylum, he was visited by two *Harvard Crimson* writers. "They reported, 'One of these days, someone is going to write an

"Mitchell took something that wasn't beautiful, the sorry fate of a broken man, and made it beautiful."

a collection of Mitchell's long, beguiling, quote-laden, and detail-rich profiles for *The New Yorker* magazine. The first was a portrait of McSorley's Saloon from 1940; the last, Mitchell's second profile of a New York eccentric named Joe Gould, dated 1964. In the author's note at the outset, dated 1992, Mitchell wrote, "*Joe Gould's Secret* is factual." He wrote the same of his first Gould profile, *Professor Sea Gull*, written in 1942.

Joe Gould said otherwise; he wrote a friend that *Sea Gull* was "about ten per cent

article on Joseph Ferdinand Gould '11 for the *Reader's Digest*. It will be entitled "The Most Unforgettable Character I Have Met," and it will present Joe Gould as an unusual but lovable old man. Joe Gould is not a lovable old man." They were right about the last bit, but they got the title and the publication wrong.

"*Joe Gould's Secret* is a defense of invention," Lepore wrote, either oblivious or uncaring as to the way my journalistic guts were spilling all over the floor. "Mitchell took something that wasn't beautiful, the

sorry fate of a broken man, and made it beautiful — a fable about art. *Joe Gould's Secret* is the best story many people have ever read. Its truth is, in a Keatsian sense, its beauty; it's beauty, truth." Lovely and accurate, except there's that stubborn word from the author in 1992: *factual*. The word that won me over to this whole doomed and glorious weekly newspaper business. I believed Mitchell had found his man and shown him whole. More fool me.

Mitchell's fable about art concerns Gould's *Oral History*, an attempt to paint a picture of the times by recording the way people talked in those times — much like Mitchell himself. Gould said, "In time to come, people may read Gould's *Oral History* to see what went wrong with us, the way we read Gibbon's *Decline and Fall* to see what went wrong with the Romans." Mitchell wrote that the *History* never existed; later, he found out that it did. He made no correction. He published nothing further, except maybe for that fateful, painful Author's Note. ■



It's still a helluva read, but...

NEWS TICKER

continued from page 8 Shining a Light

Recent editorial helps illumine shady past

In February of 2007, Herb Klein, the *Union-Tribune's* retired editor-in-chief and longtime aide to Richard Nixon, sat down in San Diego for one last oral history for the Nixon presidential library. Klein would die at age 91 on July 2, 2009, but during his final interview, Professor David Greenberg of Rutgers University and Nixon presidential library director Timothy Naftali elicited a series of details regarding Klein's time as reporter and editor for the Copley Press and his simultaneous years of service for Nixon. Klein was part of a Cold War generation of *U-T* employees known by the company as "Copleymen" for their dedication to owner Jim Copley, famous for bragging that the influence of his San Diego newspapers had thrown California to Richard Nixon

in 1960's presidential race against John F. Kennedy. In a front-page "public apology" last month, *U-T* editor Jeff Light blasted his dead predecessors, noting that the Copley Press (which the editor did not explicitly name) had "for decades carried political functionaries on its payroll and a partisan worldview on its news pages. It is not easy to accept responsibility," continued Light. "But I think the people of San Diego should know that at the *Union-Tribune*, we feel the weight of the painful chapters in our company's story. We are sorry for the times the company has let down our community. It motivates us to do better."

Though Klein is not around for rebuttal, he left behind thousands of pages in the Nixon library and at the University of Southern California, his alma mater, documenting an earlier era of American political life. The collections show a more nuanced Klein, and



Remember when Republicans didn't like to wear makeup?

how he accommodated Copley and the future president during the years of confrontation with the Soviet Union. As the 2020 campaign tumbles toward an uncertain finish, his memories of the Nixon-Kennedy debates, the first to be televised, shed perspective on how American politics functioned sixty years ago.

"He'd given me strict instructions to avoid the debates," Klein remembered of Nixon's orders after Kennedy became the Democratic standard-bearer in the summer of 1960. "So

after we got the nomination in Chicago, he had a press conference and said he announced that he was going to debate, and the most surprised person in the room was me." Klein speculated that Nixon had changed his mind because "he felt he could debate anyone, and if he avoided the debates, he would be hounded by it by the hostile press. It's one of the interesting things that's in today's politics versus then," he said, describing the take-no-prisoners attitude of today's campaigns

versus the negotiations that led to the four 1960 debates. "The Kennedy people and ourselves were all good friends, and we would fight and argue and then have drinks together."

According to Klein, Nixon's fate was almost immediately sealed when the campaign miscalculated that the fourth debate would be most-watched and prepared accordingly. "Our strength was the debate that would be on international relations, so we agreed to have the first one on domestic policy. And the second and third would be on general questions, and the fourth would be on international relations. And that was a mistake, because a big audience was there to see, out of curiosity, what was a debate like. So the biggest audience was for the first time, and then Nixon's weakness [showed] in that first debate, besides the things that have been said about make-up and

that was that he was trying to be too polite again. He was afraid of the 'Tricky Dick' thing."

Nixon's "planning was thrown off because of the fact that he had been ill. And so while he was in the hospital, he had to learn how to say a lot of medical terms and describe -- what his illness was -- thrombophlebitis. Anyway, he was sort of scratching to get out and get on the campaign, and so that instead of taking the whole day off on the day of the debates, we flew in to Chicago, and we spoke to the Carpenters Union, which eventually supported him." But while Kennedy would "have his staff fire questions at him" by way of preparation, said Klein, "Nixon's would be to isolate himself and study the book and prepare the issues."

Nixon was reluctant to confront Kennedy in front of a live audience. "He wanted me to be sure

continued on page 41

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Happiness is a shedding thing

The only time I was ever really happy was as a boy, surfing the waves at Malibu.

— John Paul Getty


While there is no straight road to happiness, I learned early on what would *not* lead there. My grandfather, Jose, first taught me that lesson. He laughed at everything from bug spray to funerals as if all the sadness circuits in his brain had been blown when the train ran him over and left that deep dent in his forehead. It was either that or the shots of tequila he regularly took directly from the bottle that led to the headwaters of his joy.

Lesson two occurred a few years later while poring over a copy of *Life Magazine* with my father. He was a working-class, happy man; laughing as he often did while pausing at a full-page photo of a grey-faced, grey-haired man in a grey suit. “That’s John Paul Getty, the richest man in the world,” he said, without a tinge of jealousy. In my child’s mind, I reasoned that my dad had a grey suit that looked exactly like Getty’s, but that Dad was laughing while J.P. was frowning. As he would do all his life, my old man imparted wisdom without using words. From him, I learned that money does not buy happiness.

For the rest of my life, I’ve remained convinced that happiness was not found in excessive amounts of money or any other material substance. I have found happiness, lost it, and found it again in unexpected places.

Now for a little joy-sucking science from *Healthline.com*: “Happiness occurs with the release of dopamine and serotonin, two types of

Aussie/American surfer and fitness guru Cameron Trickey rides closer to the curl of an emotional endless summer than most.



Missing work again...and girls' night...I just want my life back!

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neurotransmitters in the brain.” Okay, but if the release of chemical compounds were all there was to it, pills would do the job, and healthy living would turn our heads into perfect happy-faces. Instead, we sometimes witness miserable people who eat right and exercise while their blissful neighbors regularly digest *Bonanza* reruns while inhaling cigarettes and beer.

While happiness is not one of the Declaration of Independence's inalienable rights, its pursuit is. It was important enough for our nation's founders to list it just behind life and liberty. How hip of them to consider the quest for happiness a basic American right!

But happiness is currently out of fashion. Smart people grimace while dummies grin ignorantly. The smart ones realize the world is horrible, and they wear their misery like crowns. Their miens seem to say, “If you only knew what I know, you too would be pissed off.”

Still, some bright people see the world as it is, and yet manage to



Trainer Cam Trickey (left) with highly rated heavyweight boxer Trent Rawlins in Trickey's home gym.

kick all those sleepy endorphins (such a happy word) into action.

A Trickey cure for sadness

Aussie/American surfer and fitness guru Cameron Trickey rides closer to the curl of an emotional endless summer than most. It may appear happiness comes easily for him with his film noir good looks, open Australian passport, beautiful wife, and employment as a fitness guru, a job he would

probably do for nothing. Even the Trickey family dog is happy, and at times it seems the entire clan is rehearsing for a Disney musical and about to break into song at any moment. Trickey's positive mental state is challenged, however, by the enduring pain he first incurred during his pro sports career in Australian Rules Football, and the double-edged sword of raising two teenaged boys. Through it all, he remains positive and

friendly, to the point where his wife, Stacy says, “My husband has never met a stranger in his life.”

“People say, ‘Act your age,’” Trickey says, “but if you didn't know your age, you would probably act years younger. You wouldn't worry about looking silly or being considered a bit whacked. Don't let anyone rob you of that happiness. A great laugh is a natural high, but, sadly, I don't hear as much outrageous laughter as I used to.

“Another thing that leads to happiness is what I call ‘divine appointments.’ All day long I run into people in need of emotional assistance. Spending time with them can pull them out of a slump, while giving them and me great joy. If you think about it, you probably encounter the same sorts of opportunities daily in your own life. You know how you'll be thinking of someone and they suddenly appear? When that happens, pay attention, act on it, and watch what unfolds. We may only have a couple hundred months left in our lives

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Akoni Apana works on legendary surfer Joe Roper.

on earth, so why not live them in happiness?"

If nothing else works, Trickey might turn to *Beavis & Butthead* reruns or some other equally silly pursuit to fill up the joy tank. According to him, "I don't see any reason why we as adults can't enjoy the same happiness we did as kids. Why do we have to be so serious about everything? But you need to know where to look for happiness. The greatest laughter can come from the dumbest sources, so don't ignore it. It's medicine for our heads and hearts. And, if you genuinely care for mankind, you will want to share some of that joy and happiness with them. When you do, you'll receive it back. Music, a phone call to a friend, or looking at an old photograph can trigger spontaneous happiness through the memories of good times you've shared with various people.

"For the most part, happiness is a choice. That's not to say you will always be happy, but when you're in a rut, try something different to break you free. There will always be circumstances that can bring you down, but you can usually bust out of them with a little creative effort. I'm not suggesting being reckless. Reckless abandon can lead to severe injury or even death."

Having split his 54 years between the U.S. and Australia, Trickey considers Australians to have an edge in the happiness department. According to him, "I think Australians are a little more carefree with their 'no worries, mate' attitude. For the most part, Aussies work to live, not live to work."

Trickey is a highly sought-after fitness and wellness trainer. "Seeing people grow into better versions of themselves brings me great joy,"

he says. "People can go through some dark periods, and maybe you're in their life to let them know they will again experience joy and happiness while helping them get through that tough time.

"Nobody has the right to take your happiness from you, and I sometimes worry about kids who are being robbed of happiness by being told that the only way they can be happy is to go against the system, to find something wrong with traditions that have been in place for centuries and knock it all down. Blaming others is actually a way of stealing your happiness. Frustration, violence, retaliation, and intimidation are poisonous. Conversely, exercise, friendship, watching and playing sports, music, getting in the ocean after a long day all contribute to happiness. But sometimes, happiness is as unexpected as someone farting in a church. Then, everybody laughs.

"Bringing people together is a big high for me. It's about being content with what we have. Getting a new truck, house, boat—that's all good, but happiness comes from being grateful for what you have."

Smile, it no broke your face

So said a Hawaiian T-shirt popular in the mid-'90s. Hawaii-born-and-raised Akoni Apana is a picture of happiness whose wisdom has earned him the nickname, "the Hawaiian Yoda." He is a self-taught wellness practitioner who has incorporated Shiatsu and Lomi Lomi into his own method he calls Hawaiian Power Flow. His clients claim relief from maladies

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ranging from back pain to asthma.

Entering Apana's office, I feel a sense of peace and joy accentuated by the Hawaiian music playing softly in the background. "Hawaiian music is happy music," he says, "and I play it, or the Hawaiian chants that help empower the Hawaiian culture, 24 hours a day. I see a lot of patients from all walks of life and I find that many of them are unhappy because they are seeking, and don't know what they want or need. I help them if they ask for my help. I try to teach them to observe without becoming attached, and to let go. A man recently cut in front of me when I was in line to get gas. I honked at him, but he just went ahead like he was privileged. I filled



PHOTOGRAPH BY LAUREN SHADE

Happiness can be as surprising as an impromptu drive-by traveling concert in the bed of a pickup truck.

up, let it go, and drove away happy while he was angry after having trouble with his credit cards. Instant Karma! People like that have issues in the body that are making them upset with life. They have pain somewhere.

"I watch the news

every day and see the possibility of a civil war coming. It doesn't have to be, but regardless of what happens, I continue on my mission to help and to serve people. When I die, my mission is complete. That's why I'm not afraid.

"I don't practice any

religion, and I don't have a name for my spirituality. I simply call it contentment. I first learned the healing work I do by observing how engines work, when I was a Navy mechanic for nearly 20 years. I found that the body is similar and is like a series of hydraulic pumps. I listen to my own body and it keeps me content while I do everything in moderation. If I get a cold sore, I know I'm having too much sugar or acid, and I back off. When it's all clear, I go back to my moderation. But I'm not strict in my diet; sometimes you need comfort food to level out

your stress.

"Growing up in Hawaii, I rarely heard a Hawaiian say they wanted to own a lot of things. Part of the Hawaiian culture is humility, and they know they don't need a lot to be happy. Maybe that's why they live longer.

"I teach by example. If I try to make someone do something they don't want to do, it takes away their identity. That's identity theft. We have to appreciate what we have at the moment and when the moment has passed, let others remain in their identity. I tell my clients who are going through difficulties that it's temporary. The next day they're usually out of pain. People can create drama out of nothing, and if you get into it, they will have to win. If you walk away, they forget what they are arguing about. I have everything I need and I'm grateful for it every day. Because of that, I go beyond happiness to contentment. Happiness can come and go, but when you're content and you know you have everything, you're happy all the time. I maintain my

contentment, people see that, and they want to be content too. It's beyond earthly comprehension.

"Recently, I applied for a grant to help people who can't afford my services. I didn't get the grant, but instead received unemployment and used that as my grant money. Now, I can help people who need me despite them not being able to pay. Another thing that can help people become happy is not to pay attention to their age. Age is just a number.

"A lot of people fly from the Mainland, get a hotel room, and spend thousands in Hawaii to learn Ho'oponopono. It means conflict resolution, and all it is is letting go of the conflict. If someone is angry and can't be influenced by my actions, I walk away and let somebody else put up the fight. I've learned that whenever conflict comes into your life, go around it if you can, or resolve it as soon as possible.

"Everybody has a mission, and when we pass away, our mission is complete. My mission

continued on page 40

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Your Week

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Thursday | 15

MONDO.NYC FESTIVAL

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KIRSTEN COLLINS

day, curated panels, conversations, and workshops foster opportunities for virtual

networking, collaboration, and learning. In the evenings, there's music: LA singer-songwriter Kirsten Collins, Beans on Toast, Dream Prescription, Bella Cat, Jackie Venson, Gangstagrass, Paper Tigers, Mad Ones, Two Step Flow, the Cordial Sins, and around two dozen others.

WHEN: Thursday, October 15, 10 am; Wednesday, October 14, 10 am; Friday, October 16, 11 am

WHERE: mondo.nyc

Friday | 16

LAURIE BERKNER: BIRTHDAY PARTY

French-born American children's musician Laurie Berkner is here to help keep the kiddies entertained. After taking a brief break, the *Today Show* vet



LAURIE BERKNER

has resumed her live *Berkner Break* concerts, and will celebrate birthdays once a month. Berkner, who plays guitar and sings what she calls "human tempo" songs, will pumpkin-spice up her October events.

WHEN: Friday, October 16, 11 am

WHERE: [facebook.com/LaurieBerknerBand](https://www.facebook.com/LaurieBerknerBand)

Saturday | 17

OCEANSIDE CULTURE FESTIVAL



WATKINS FAMILY HOUR

View online performance by Watkins Family Hour, recorded in the historic Brooks Theater, plus video highlights from Oceanside's musicians and artists. Sean Watkins will be primarily on guitar and Sara Watkins on fiddle, with both sharing vocals. Enjoy appearances by Shane Hall and Dead Feather Moon and videos from Cadence Dance Project. Also: cupstacking (a sport invented in Oceanside), Fil-Am Cultural Organization, Hill Street Country Club/LinkSoul, *Noche Mexicana*, Oceanside High School's show choir, Oceanside Cultural Arts Foundation, Oceanside Museum of Art, Oceanside Theatre Company, Pride by the Beach, Samoan Cultural Celebration, and Oceanside's Cooking Show Series.

WHEN: Saturday, October 17, Sunday, October 18, 2020, noon

WHERE: tenpintsent.com/oceanside-culture-festival



SUNDAY, OCTOBER 8: DRIVE-THRU SCREAM ZONE

LAKE HODGES GUIDED HIKE

Hike from 4-S Ranch with guide, Mike Kelly. About a two-mile hike round trip from the northernmost point of 4-S Ranch north to Lake Hodges. Large vistas along an easy trail, native plant diversity, and a gentle slope. Hike participants must wear facemasks. RSVP required.

WHEN: Saturday, October 17, 9 am to 11 am

WHERE: Alva and Hunters Ridge Road, 4-S Ranch, Rancho Bernardo, penasquitos.org.

Sunday | 18

DRIVE-THRU SCREAM ZONE

Buckle up for "Road Kill," a wild ride of Halloween terror at the Drive-Thru Scream Zone. Creep along Conjuring Row, no stopping at the Dead End Truck Stop, idle along Horror Icon Way, cruise Clown Alley, and drive the deadly Fury Road. Meet the mask-wearing crew of zombies, demented clowns, horror icons and monsters.

WHEN: Sunday, October 18, 7 pm. Ongoing through Saturday, October 31.

WHERE: Del Mar Fairgrounds, 2260 Jimmy Durante Boulevard, Del Mar. thescreamzone.com



LAKE HODGES GUIDED HIKE

HOW TO SEND US YOUR LISTING: Have an event? We want it! Festivals, lectures, sporting events (including surfing, kayaking, and sailing), Meetups, conventions, book signings, art gallery openings, conferences, dance performances, expos, poetry readings, classes & workshops — all are welcome. You can submit an event at sdreader.com/events/submit.

ART

Buena Vibra Sundays Buena Vibra Sundays feature live entertainment, open art exhibits, food, refreshments, and good vibes. Sunday, October 18, 6pm; \$5-\$10. 21 and up. BLK Box Gallery, 102 East Park Avenue. (SAN YSIDRO)

Lux After Dark: A New Territory A Drive-Thru Art Experience takes place on October 16th from 7-9pm. From the comfort of your own vehicle you, your family, and friends can experience an evening of spectacular art, site-specific installations, performances, and sound art, presented across Lux's campus. Tickets for this event start at \$25 per vehicle with upgrade opportunities. Friday, October 16, 7pm; **free**-\$425. Lux Art Institute, 1550 S. El Camino Real. (ENCINITAS)

To Tame a Wild Tongue Charla (Talk) From July to November 2020, the Museum of Contemporary Art San Diego will host virtual Charlas, "talks" in Spanish, related to themes of Chicanx, Latinx, and Border Art in conjunction with the online exhibition "To Tame a Wild Tongue: Art after Chicanismo." Thursday, October 15, 11am; **free**. <https://bit.ly/3iRcNkT>. (ONLINE)

Virtual 40th International Exhibition The exhibition represents the very best of watermedia art from around the world. Only 100 paintings were selected from



Carson McCalley, Actor

Carson appeared in the Original Broadway Cast of *The Inheritance* this past season playing young Tony Award winner John Benjamin Hickey after filming 'Human Capital' starring Marisa Tomei, Liev Schreiber, and Alex Wolff. He has been directed by Zachary Quinto and opposite Denis O'Hare in a reading of *The Men From The Boys*. From SD-SCPA to CARNEGIE MELLON to TV to NY to BROADWAY.



One Actor's Journey
Thursday, October 15
Online at 6pm
sdscpamainstage.com

almost 900 entries from 21 countries. Please visit the Website starting to view and purchase the paintings. Through Saturday, October 31, **free**. sdws.org. (ONLINE)

BEER

Oceanside Culture Fest Oceanside Culture Festival will be streamed online. The event will feature a performance by Watkins Family Hour recorded in the historic Brooks Theater, as well as video highlights from Oceanside's musicians and artists, arts and culture organizations, museums and culinary scene. Saturday, October 17, 12pm; Sunday, October 18, 12pm; tenpintsent.com/oceanside-culture-festival. (ONLINE)

CLASSES & WORKSHOPS

Build Your Own Vermicomposting Bin Join Solana Center for this 1-hour webinar where you will learn how easy it is to build a home for red wiggler composting worms. Our experienced educators will walk you through the process and get you ready to begin vermicomposting in your home or apartment. Friday, October 16, 5pm; **free**. <https://bit.ly/372egSS>. (ONLINE)

Cyanotype & Nature In this workshop, you will explore the history of this process and make your own cyanotypes using plant material from the garden at Lux. Saturday, October 17, 10am; \$25-\$30. 18 and up. Lux Art Institute, 1550 S. El Camino Real. (ENCINITAS)

DISCUSSION GROUPS

Balboa Park Awards Celebration Friends of Balboa Park's Annual Awards Luncheon honors outstanding contributions and milestone accomplishments by organizations, employees, and volunteers in Balboa Park. Friday, October 16, 5:30pm; **free**-\$750. friendsofbalboapark.org/2020awardsluncheon/. (DOWNTOWN SAN DIEGO)

Rhyme & Verse

Three poems by Frank O'Hara

Yesterday Down at the Canal

You say that everything is very simple and interesting
it makes me feel very wistful, like reading a great Russian novel
i am terribly bored
sometimes it is like seeing a bad movie
other days, more often, it's like having an acute disease of the kidney
god knows it has nothing to do with the heart
nothing to do with people more interesting than myself
yak yak
that's an amusing thought
how can anyone be more amusing than oneself
how can anyone fail to be
can i borrow your forty-five
i only need one bullet preferably silver
if you can't be interesting at least you can be a legend
(but i hate all that crap)

Chez Jane

The white chocolate jar full of petals
swills odds and ends around in a dizzying eye
of four o'clocks now and to come. The tiger,
marvellously striped and irritable, leaps
on the table and without disturbing a hair
of the flowers' breathless attention, pisses
into the pot, right down its delicate spout.
A whisper of steam goes up from that porcelain
urethra. "Saint-Saëns!" it seems to be whispering,
curling unerringly around the furry nuts
of the terrible puss, who is mentally flexing.
Ah be with me always, spirit of noisy
contemplation in the studio, the Garden
of Zoos, the eternally fixed afternoons!

Virtual Arch in the Park 2020

The San Diego County Archaeological Society will be celebrating California Archaeology Month and International Archaeology Day. The event will be held virtually this year. The goal is to educate the public about archaeology and to provide information on various career and volunteer opportunities with local archaeological companies and organizations. There will also be activities and games for kids. Saturday, October 17, 10am; **free**. sdcs.org/arch-in-the-park. (ONLINE)

Virtual Roots Event: Japan

This month, we are thrilled to cel-

brate Japanese culture with a free virtual event filled with fun for the entire family. Tune in live on the Museum's Facebook page to enjoy a taiko drumming performance, sushi making demonstration, and other cultural activities. Thursday, October 15, 4pm; **free**-\$15. sdcdm.org/virtual-roots-series-japan. (ONLINE)

FOR KIDS

Howl-O-Ween Harvest Family Festival Gather up your little ghouls and goblins for some festive fun. This family event includes

There, while music scratches its scrofulous stomach, the brute beast emerges and stands, clear and careful, knowing always the exact peril at this moment caressing his fangs with a tongue given wholly to luxurious usages; which only a moment before dropped aspirin in this sunset of roses, and now throws a chair in the air to aggravate the truly menacing.

Song (Did You See Me Walking by the Buick Repairs?)

Did you see me walking by the Buick Repairs?
I was thinking of you
having a Coke in the heat it was your face
I saw on the movie magazine, no it was Fabian's
I was thinking of you
and down at the railroad tracks where the station
has mysteriously disappeared
I was thinking of you
as the bus pulled away in the twilight
I was thinking of you
and right now



Frank O'Hara (1926-1966) was an American poet and art critic, and considered the leading figure of the New York School, an informal arts and literature movement which stressed the avant-garde and surreal. As curator of the Museum of Modern Art in New York City, O'Hara played a pivotal role in the success of the New York School, serving as confidante and advocate for poets, dancers, playwrights, painters, and other "students" of the School. More introspective than many of the poets in the New York School, O'Hara wrote poems that were at once immediate and exploratory, noting that poetry should be "between two persons instead of two pages." His posthumous *The Collected Poems of Frank O'Hara* was one of two books to win the 1972 National Book Award for Poetry. (Fellow New Yorker, and poetry editor of *The New Yorker*, Howard Moss also won that year's prize for his *Collected Poems*.)

Find more poetry online at SDreader.com/poetry

hands-on animal encounters, trick or treat stations, a cute craft, a journey through the perilous path, and a mini pumpkin patch for you to pick one out to bring home. Walk-up registration is not permitted this year. Saturday, October 17, 9am; \$48. Helen Woodward Animal Center, 6461 El Apajo Road. (RANCHO SANTA FE)

Laurie Berkner: Birthday Party

Staying safe and sound inside? Children's musician Laurie Berkner is here to help keep kids entertained. After taking a brief break, Laurie has resumed her live "Berkner Break" concerts and will celebrate birthdays once a month. Friday, October 16, 11am; <https://www.facebook.com/LaurieBerknerBand/>. (ONLINE)

LECTURES

The Shakespearean Sonnet as Dramatic Dialogue

In this discussion, Paul will present a short restructuring of the sonnets to give voice for two characters: the Old Shakespeare and the Dark Lady. This follows the "May and December" tradition in literature—an old man pursuing a young woman. Sunday, October 18, 2pm; **free**. <https://bit.ly/2SKWjA7>. (ONLINE)

The Story of Salvadoran Food
Culinary Historians of San Diego

will present "The Story of Salvadoran Food," featuring Alicia Maher, Via Zoom. Alicia will take participants on a journey into El Salvador's rich culinary history from the 16th century when the Conquistadores arrived bringing new animal and vegetable ingredients from Spain to the present. Saturday, October 17, 10:30am; **free**. culinaryhistoriansofsandiego.com/. (ONLINE)

NATURE

4-5 Ranch to Lake Hodges Hike

Hike from 4-S Ranch with Mike Kelly. About a two mile hike round trip from the northern most point of 4-S Ranch north to Lake Hodges. Beautiful vistas along an easy, gentle trail. Great native plant diversity. Gentle slope. Respecting the County of San Diego's precautions with respect to the Covid 19 Virus pandemic, we require any hike participant to wear a facemask and maintain a social distancing of at least of 6' unless with members of your immediate family or social grouping. Hike leaders will do the same. We also must limit the number of participants to no more than 10, so RSVP to 858-863-7393 to reserve a spot on the hike. Saturday, October 17, 9am; **free**. Alva Rd. & Hunters Ridge Rd., 4-S Ranch, San Diego

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sandiegomarkets.com

OUTDOORS

October's Lowest Tides, coinciding with afternoon hours several days in a row, usher in several months of excellent tidepooling opportunities to come. A -0.7 foot tide occurs at 4:27 p.m. on the 17th; a -0.8 foot tide occurs at 5:17 p.m. on the 18th; and a -0.6 foot tide occurs at 6:13 p.m. on the 19th. The region's best-known places to view intertidal life include Cabrillo National Monument and areas up the coast from La Jolla.

The Tawny Hues of the Black Oak Tree are just beginning to highlight the slopes of San Diego County's higher mountains. Named for the dark coloring of its bark, especially when wet, the black oak is the only deciduous oak native to the county. Associating with pines, firs, cedars, various evergreen oaks, and occasionally chaparral, the black oak lends a true autumn coloring to the Cuyamaca, Laguna, and Palomar mountains.

Mars comes to opposition on October 13th. All week it is still essentially at its closest to Earth, remaining 22.5 to 22.0 arcseconds in apparent diameter. This is bigger than we will see it again until September 2035.

Mars is climbing into good view a little earlier every night. In late dusk it glares fiery orange, brighter even than Jupiter, low in the east. It's high in the southeast by 10 or 11 p.m. daylight-saving time, and it's its highest at its telescopic best by midnight or 1 a.m., blazing in the south.

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*"The PGK Dance Project is
one of SoCal's Premier Companies"*

- Dance Spirit Magazine



Photo Credit: Dena Bloom Meeder

HAPPY HOUR

You can submit a listing or find more information about these establishments online at SDReader.com/drinks

BANKERS HILL

Bankers Hill Bar + Restaurant: *Wednesday-Saturday, 4:30-6pm:* \$6 select draft beer, sangria of the day, \$7 glass of red or white wine, house sparkling wine, cocktail of the day, entire craft cocktail list priced at \$10.

BAY PARK

Off Shore Tavern: *Monday-Friday, 3-6pm:* All beer \$1 off, \$4 house wine, \$4.25 well drinks. *Saturday, 9pm-close:* All beer \$1 off, \$4 house wine, \$4.25 well drinks.

CARDIFF-BY-THE-SEA

Chart House: *Monday-Friday, 3-6:30pm:* \$4 import & specialty draft beers, well spirits, \$6 wine by the glass, \$7 cocktails.

CARLSBAD

Chandler's: *Wednesday-Thursday, 4-6pm:* \$2 off wines by the glass, draught beers, and signature cocktails. \$3 off appetizers.

CITY HEIGHTS

Alcove Wine & Beer: *Monday-Friday, Sunday, 4-6pm:* \$1 off beer, \$2 off wine & appetizers.

CORONADO

Brigantine Coronado: *Daily, 3-6pm:* \$1 off all draft beer, well drinks, and featured wine by the glass, \$4 sparkling wine glass.

DOWNTOWN SAN DIEGO

Asti Ristorante: *Daily, 3-6pm:* \$5 beers, \$7 house wine and cocktails, bites from \$5.

Barleymash: *Monday-Friday, 3-6pm:* Half off all beer, wine, and spirits. Half off select appetizers.

Dobson's: *Monday-Friday, 3-7pm:* \$7 well drinks, draft beer, and house wine.

Fleming's Prime Steakhouse & Wine Bar: *Monday-Friday, Beginning July 2020: 5-7pm:* Five cocktails, five wines, and five appetizers, \$6 each.

Gaslamp Fish House: *Daily, 3:30-6:30pm:* \$4 Fireball shot, McCormick bourbon, shot of Torado Silver tequila, \$5 craft beer on tap, vodka soda, select wine by the glass, \$7 skinny margarita, select signature

BOOZE NEWS

BY IAN ANDERSON

Kensington Brewing finally brewing in Kensington

It took nearly eight years and the impact of a pandemic, but **Kensington Brewing Company** now officially brews beer in its namesake neighborhood.

Founded in 2012, the nanobrewery spent years quietly making beer in Grantville warehouses, distributing small quantities to restaurants and shops in and around Kensington. By 2015, founders Zack Knipe and Andy Rogers built out a small tasting room to host customers in their Grantville brewery. Three years ago, they finally met the promise of their beer company's name by opening a neighborhood taproom at 4067

Adams Avenue, in the heart of the community.

Though they ultimately stopped serving beers in Grantville, brewing operations continued at that location. But that changed this spring, with the arrival of the novel coronavirus.

When the shutdown began in March, Kensington put all its beers in cans, and its founders found themselves planning for an uncertain future. "We really thought critically about the pandemic and its potential to last a long time," says Knipe. "We made the decision, if we were going to shut down, we needed to get small."

The timing was right for the change: Kensington's Grantville lease expired in May. They applied to the ABC to license their taproom for brewing, and moved the three-barrel operation to the back of the shop.

That's just about the time breweries were allowed to resume serving beer, provided they also served food. Kensington's timing was fortunate again. While many San Diego breweries have had to scramble to team up with restaurants and food trucks to satisfy this requirement, Kensington had already spent much of last year working to install a restaurant component in its taproom: Detroit-style pizza maker Angry Petes.

"We had already done the little kitchen build out, the health department had approved," says

Knipe, "We were really lucky there that we were set up with [Petes] already."

With a little help from the Adams Avenue



A mixed six pack of beers brewed and served at Kensington Brewing

Business Association, Kensington Brewing has been able to add sidewalk seating out front, supported by pizza slices and whole pies. The reduced capacity means sales are down, and the venue now closes on Mondays and Tuesdays for Knipe's cousin and head brewer, Jeremy Knipe, to brew and can beers.

While Kensington the community continues

to show up for pizza and beer, Kensington the brewery is using its canning equipment more than ever, offering six-packs and mixed six-packs showcasing a wider breadth of beers than it did pre-pandemic. Now, in addition to its flagship Apricot Wheat, Kensington IPA, Sussex Stout, and Pale Ale, Kensington sells cans of its Biona Fide IPA, Black IPA, Witbeer, and Belgian Golden Ale.

In the future, Zack Knipe and Andy Rogers hope to look for another off site brewing space, presuming pandemic restrictions someday end and weekly sales can return to pre-covid levels. But however long that may take, Kensington's first brewery isn't likely going anywhere. Knipe says, "I definitely think that, right now, we could stay exactly as we are and be fine."

For more craft booze news, see sandiegoreader.com/news/booze-news

cocktails.

Gaslamp Tavern: *Monday-Friday, 3-7pm:* \$2 off drafts, wine, specialty cocktails, \$5 wells.

Maryjane's: *Monday-Friday, 3-6pm:* \$5 wells drinks, beer, \$6 wine.

The Tippy Crow: *Monday-Thursday, 3-8pm:* Drink exchange (prices vary). *Friday-Saturday, Noon-8pm:* Drink exchange (prices vary).

Werewolf American Pub: *Tuesday-Friday, 3-6pm:* \$4 drafts, house wines, and wells.

The Whiskey House: *Daily, 4-7pm:* \$4 French pale lager, \$5 Moscow mule, whiskey sour, Daiquiri, house wines (red, white, sparkling), \$9 Carsberg Danish pilsner (1 liter can). Add a shot of house whiskey to any beer for \$1.

EAST VILLAGE

Bootlegger: *Tuesday, 11am-1:30pm:* \$2 tacos. *Sunday, 9am-1pm:* \$14.95 bottomless mimosas.

El Dorado Cocktail Lounge: *Tuesday-Thursday, Sunday, 7-9pm:* \$6 signature cocktails. *Friday-Saturday, 5-9pm:* \$6 signature cocktails.

EASTLAKE

The Cheesecake Factory Eastlake: *Monday-Friday, 4-6pm:* \$3.95 select beer bottles, \$4.95 select beer drafts, \$7.95 Mojito, Long Island ice tea, Margarita, JW's Pink Lemonade, Cosmopolitan, select well drinks and wines by the glass.

ENCINITAS

Encinitas Ale House: *Monday, Wednesday-Friday, 4-6pm:* \$2 off select beers and wine, half price appetizers. *Tuesday, 4-6pm:* Half off select burgers with beverage purchase. *Saturday-Sunday, 11am-3pm:* \$15 endless mimosa with brunch purchase.

Mr. Peabody's Bar & Grill: *Monday-Friday, 2-6pm:* \$3 well cocktails, house wine, domestic draft.

ESCONDIDO

Brigantine Escondido: *Daily, 3-6pm:* \$1 off drafts, well drinks, featured wine, \$5.75 house margarita.

Vintana Wine + Dine: *Daily, 4-6pm:* \$8 martinis and appetizers.

KENSINGTON

Bleu Bohème: *Monday-Thursday, Saturday-Sunday, 5-6pm:* \$5.95 beers, \$7.95 champagne cocktails, \$9.95-\$11.95 wines, \$10.95 martinis. *Friday, 5-6pm:* \$5.95 beers, \$7.95 champagne cocktails, \$9.95-\$11.95 wines, \$10.95 martinis.

LA MESA

Brigantine La Mesa: *Daily, 3:30-6:30pm:* \$1 off well drinks, drafts, featured wines, \$4 glass sparkling wine, \$5.75 margaritas, \$6 happy hour red wine, happy hour white wine.

LAKESIDE

Eastbound Bar & Grill: *Monday-Friday, 2-5pm:* \$2 off all house cocktails, \$3 domestic bottles, \$4 micro drafts.

LITTLE ITALY

Carruth Cellars Wine Garden: *Monday-Friday, 2-6pm:* \$3 off glasses, \$5 off bottles of wine.

King and Queen Cantina: *Monday, 3pm-midnight:* \$1 off drafts, \$4 beer bottles, \$7 well drinks, wine, sangria, \$8 margaritas. *Tuesday-Sunday, 3-6pm:* \$1 off drafts, \$4 beer bottles, \$7 well drinks, wine, sangria, \$8 margaritas. *Appetizers \$5 to \$9.*

MISSION BEACH

Guava Beach Bar & Grill: *Monday-Thursday, Sunday, 3-6pm:* \$5 drafts and bottled beers, wells, house wines, house margaritas, Guavaritas, Moscow mules. *Friday, 5-6pm:* \$5.95 beers, \$7.95 champagne cocktails, \$9.95-\$11.95 wines, \$10.95 martinis.

MISSION HILLS

Shakespeare Pub & Grille: *Monday-Friday, 3-7pm:* All draught pints (excluding cask, \$6 Anytime, and Black Velvet) and bottled beer \$1 off. Well liquor \$4.50, \$5 house wine, appetizers \$5.95-\$7.95.

NORTH PARK

Redwing Bar & Grill: *Monday, 6-9pm:* \$2 domestics, \$4 craft drafts. *Tuesday, 2pm-1am:* \$10 Coronita buckets (6), \$7 Cuervo Jefe margaritas. \$1 house-made tacos. *Wednesday, 2pm-1am:* Happy hour food & drink all day & night. *Thursday, 6-10pm:* \$4.50 24 oz. Tall Boys, \$12.50 burger and Tall Boy. *Friday, 2pm-6pm:* \$1.50 domestic drafts, \$3.50 domestic bottles, \$4.50 wells. *Saturday, 2pm-6pm:* \$3.50 domestic beers, \$4.50 wells. *Sunday, 2-6pm:* \$9 twelve oz. domestic draft with burger.

OCEAN BEACH

Sunshine Co.: *Monday-Friday, Sunday, 5-6pm:* Half-price pitchers. *Saturday, 5-6pm:* Half-price pitchers, \$10 Sam Adams pitchers.

Winstons Beach Club: *Monday-Friday, 3-6pm:* \$3 wells.

Wonderland Ocean Pub: *Monday-Friday, 3-6pm:* \$1 off drafts, \$2 off wine, \$3 off mules. \$1 off tacos. *Saturday-Sunday, 9am-1pm:* \$12 Bottles of Champagne.

OCEANSIDE

333 Pacific: *Daily, 5-7pm:* \$8 draft beers, \$8 vodka cocktails. \$8 nibbles for \$8 each.

OLD TOWN

Casa Guadalajara: *Monday-Friday, 4-7pm:* \$1 off draft beer and La Terre wines, \$3.95 house margaritas and well drinks.

Home & Away: *Monday, Wednesday-Friday, 3-6pm:* \$1 off glass of wine, draft and bottled beer, well drinks, \$3 to \$6 off specialty cocktails. *Tuesday, 2pm-1am:* Taco Tuesday specials, see server.

PACIFIC BEACH

The Local Pacific Beach: *Monday, 4-7pm:* Half off appetizers.

The Turquoise Café-Bar Europa: *Tuesday-Sunday, 5-9pm:* Bottles cocktails to go.

POINT LOMA

Banzai Bar: *Monday, 2-5pm:* \$4 select drafts, wells, wine. *Tuesday-Friday, 2-5pm:* \$4 drafts, wells, wine. *Saturday-Sunday, Open-noon:* \$20 bottomless champagne with breakfast.

The Pearl: *Monday-Tuesday, 4-6pm:* \$4 select beers, \$5 well drinks, \$6 house wine, half off specialty cocktails. *Wednesday, 4-6pm:* \$4 select beers, \$5 well drinks, \$6 house wine, half off specialty drinks. *Thursday-Friday, 4-6pm:* \$4 select beers, \$5 well drinks, \$6 house wine, half off specialty drinks.

The Wine Pub: *Daily, 4-6pm:* \$5 craft beers on draft, \$5 select red and white wines.

UNIVERSITY HEIGHTS

Small Bar: *Daily, 5-8pm:* \$1 off local drafts, well cocktails.

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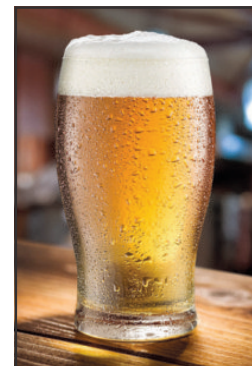
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Four bucks in the barrio

“Our customers keep coming. Still 80 percent white people!”

‘Sobador,” says the hand-painted sign beside me. It gives a phone number.

This is on Logan Avenue. I’m standing in the line, as you always do here. Yes, even in these tough times, Las Cuatro Milpas (“The Four Cornfields”), is still hauling ‘em in. OK, line’s a little anemic compared with PC (Pre-Covid). Still mostly anglos, like always. I notice they haven’t put tables and chairs outside.

One reason I’m here is I know they give good deals, and right now I’m a little tight o’budget.

“Only 2 Go,” says the hand-drawn sign scrawled on the stickered door. Thousands of stickers, from “Working Class Coffee” to “Slappy’s Garage.” One’s a combo of the US and Mexican flags: “We the people,” it says. “Together we stand.”

Finally get inside.

“Yo tengo hambre!” says the lady from among the bubbling pots and fryers. She’s deep-frying rolled tacos and tortillas. “I’m hungry!” All the other counter ladies laugh. “Have a tortilla!” says one.

Now it’s my turn. The three ladies are waiting for me to decide. It should be simple. I swear the



Darlene at her daily lunch spot in Chicano Park, with Agora

pegboard wall menu hasn’t changed in the five years since I was last here. Except an “L” is missing from the word “Tamales.” Maybe prices were inched up, but only a little.

“Rice and beans,” it says, “\$3.50, \$4.50; rice and bean and tamale, \$5.75; chorizo con huevo, \$4.00, \$5.75, \$9.75. Burritos, \$5.50.”

Saturdays, they have menudo (\$4.00, \$5.75, \$9.75), but that’s about it. “Cash Only,” it still says. Bili and Leticia the counter ladies wait. So does Manuela at the cash register. Oh yes. I remember her from last time. Looks as if she has never shifted from her chair. She’s a granddaughter of Petra and Nati, who opened this place in 1933. They look down from their portraits on the wall.

Meanwhile, I’m checking. Not sure about the sizes, so I order two: rice and beans, small, and chorizo con huevo, also small. The ladies snap into

action. They scoop, pluck, wrap, stuff into plastic bags, and assemble it all in a cut-off carton.

“Rice and beans, \$3.50!” calls Bili to Manuela.

“Chorizo con huevo, \$4!” calls Leticia.

Manuela enters the info and hands me a slip for \$7.50.

I pass over a Hamilton. “How hard has it been since covid?” I ask Manuela.

“A little bit,” she says. “We have to wrap everything in plastic. It costs more money. It takes twice as long per customer. And people can’t eat here any more. But our customers keep coming. Still 80 percent white people! They come to the barrio from the courts, from the city government downtown, from police HQ. But we may have to raise prices next year.”

A little further down Logan Avenue, a couple of people have sat down on the ledges at the base of La Luz Del Mundo church. They have opened up their boxes, unfolded their tortillas, and are having at it right there. I almost join them, but then decide to cross Cesar Chavez to Chicano Park under the bridge. They have green grass there, and tables. I head past the mural on the bridge leg that says “Varrio Si, Yonkes No!” (Which doesn’t mean “Yankees no;” it means “Junkyards no.”)

When I get into the park, I see tables painted in the colors of the Mexican flag. One’s free. I drop my box on it, look at what I’ve got. And wow, there’s a lot. The two polystyrene containers are packed to the lid, one with beans and rice, the other with chorizo and egg and rice. Then there’s squished-up paper twists of fresh chopped onions and cilantro, other wraps of big, fried flour tortillas, two per person. Man, this is a lot. Actually, this is too much for one person to handle.

I hear a dog whine. I look up, and there, on a red tartan rug laid

on the green grass, is this lady with a black pup. Part pit, I’m thinking. She’s tossing some dog biscuits into a bowl. “Agora! Wait!” She’s hanging on to it by the collar. “Sixteen months old. She’s getting to be a lot to handle.”

Huh. I suddenly think. I’ve touched the chorizo, but not the rice and beans. “Would you like this?” I ask the lady. Name’s Darlene. I hold up the container.

“Sure,” she says. “I’ll eat it.”

I bring it over. “Agora!” she says, and holds the pup back while I set everything down. Because there’s the rice and beans, the toasted tortillas, the hot sauce, the onions and cilantro.

Darlene leans over and starts mixing her food up. “I’m always here. I sleep down by the last pylon. Then I’m up here. People know me.”

I go back to the table, start plowing into the



The quick-deep-fried flour tortillas: tasty belly-fillers

chorizo. I mean yes, mild, but its umami comes out when you add the beautiful, dark-red house hot sauce. Specially with the nicely burned tortilla, it all brings out the chorizo flavor. And it works well with the cold coffee I’ve been hauling around.

So we chomp on in a kind of covid-distanced companionship under these awesome bridge legs, and somehow the traffic above and around us doesn’t intrude on this green oasis. It’s nice. And luckily, Agora doesn’t get jealous. She just settles down to sleep. But what gets me: this entire, filling meal I’m eating cost...four bucks!

And Darlene’s was \$3.50. And filling? I swear, how do you beat that? Honestly, why would I eat anywhere else? OK, you might get a little tired of chorizo and rice and beans after ten days, but what a back-up!

I get up to go, then remember to ask. “Do you



Manuela, granddaughter of the founders, commands the register while Bili wraps food

know what a *sobador* is?”

“Oh yes,” says Darlene. “A *curandera*, traditional healer. But you need to be careful who you choose.”

I suddenly wonder: am I talking to one right now? ■

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A fish taco truck by any other name

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The Seafood la 57 mariscos truck is nothing new

Was it Mariscos Nine Seas or Ocean 97? For many years, there has been a Mexican seafood truck

drawing long lines of loyal fans to the Target (née Gala

FEAST!

Foods) parking lot in South Park. But it hasn't always been the same name painted on the side of the truck.

Whether Nine Seas or Ocean 97, the food more or less stayed the same, with fried or grilled fish tacos starting under two bucks each, alongside an assortment of *mariscos* ranging from oysters and shrimp cocktail to *ceviche* and *aguachile*. Always served with a complimentary styrofoam cup of seafood stew.

This summer, fans showed up to find a new truck in their place: Sea-



A fried fish taco for \$1.80.



The so-called tropical fish *ceviche*, featuring mango.



A coconut split into juice and flesh in the shell.

food la 57.

More than a few were upset. These *mariscos* trucks had become part of local lore, the sort of spots you take out-of-town guests to show off San Diego's taco largesse. At first glance, the new truck appears to be an

interloper, heralding the end of an era.

But not so fast. Though the crew working it was new to me, they insisted Seafood la 57 has the same food and ownership people have lined up for all these years. A few months back, someone in the Ocean 97 truck told me change was coming — some sort of buyout or split I think it was. But these guys tell me the change is mainly about establishing a more modern, social media-friendly brand.

At any rate, my fried and grilled fish tacos were the same as they've ever been, and kept that lovely \$1.80 apiece value price. They still offered that seafood stew, and the menu still featured the likes

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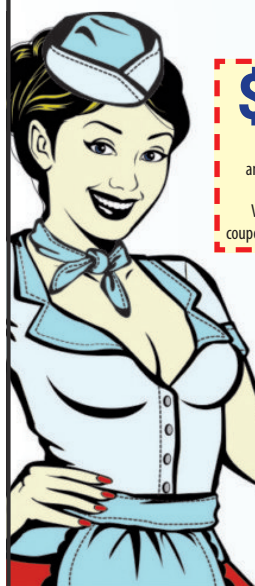
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of smoked marlin and octopus.

Aside from the name and paint job, the biggest change I noticed was an increase in the variety of *ceviches* available. I tried a new, tropical fish *ceviche* — made so with little chunks of mango — and found it to be the most satisfying *ceviche* I've tried this side of the pandemic. It washes down nicely with a serving of coconut juice served in a cup with the carved flesh left inside the shell with optional *tajin*. The truck is pushing its "Tostada Loca," a mountain of a dish topped with shrimp, octopus, oysters, and more.

Online, I've seen a few commenters hate on Seafood la 57, assuming it was an entirely new business ruining a good thing. Others have been more pointed in their complaints, claiming this truck doesn't properly de-vein the shrimp in its *aguachile*.

I can't speak to that, personally, and maybe it's a new crew finding its legs. The batter of my fried fish taco was a little soggy than normal, but I've come to expect occasional inconsistency from this high-volume truck. But it tasted just as I expected, and my grilled taco was right on the money. Hopefully, that's a sign Seafood La 57 will rise to the food truck stature of those that came before it.

by Ian Anderson

The Wise Ox picks up where Heart & Trotter left off

Wise Ox; 2855 El Cajon Boulevard #1, North Park. I remember the day, back in 2015, when the Heart & Trotter brought whole animal butchery to North Park. There was an aura of excitement around its revival of the neighborhood butcher shop. This summer, when I learned its founders, James Holtslag and Trey Nichols, had sold the business, I worried the community was losing something special.

Turns out they've left the shop in great hands. First of all, they sold it to friend and chef Brad Wise, and his partners at Trust Restaurant Group. Wise tells me that an early concept for the Trust restaurant included housing the Heart & Trotter butcher shop *inside* the restaurant. While that didn't materialize, Trust did turn to Wise's butcher friends for ingredients, including leftover bones to create stocks.

These days, the Trust group has grown to include several interlocking concepts, includ-



A pastrami sandwich made at butcher shop The Wise Ox.

ing Italian bake shop Cardellino, which supplies breads to its sister restaurants. Likewise, its newly acquired butcher shop can now fulfill the promise of supplying upscale meat and charcuterie for the group.

After briefly closing the butcher shop in August, Trust reopened it with a new name, The Wise Ox. Not a ton has changed: there's still a meat case filled with the likes of local pork and grass-fed beef, as well as house-made sausages. There's still a smoker and Santa Maria grill outside, the shop still provides offal and other organs to the owners of (spoiled) dogs, and its counter still serves burgers and daily sandwiches, including roast beef, turkey, and a house pastrami.

What changes have been made are subtle: there are new sausage recipes at work, a different take on pastrami, Cardellino-made pastas, ice cream, and wine for sale. There's a dry cooler that displays the likes of prime tomahawk ribeye en route to 40 days of aging. Some of these steaks are served at Trust's Mission Hill restaurant, Fort Oak. Others have been pre-ordered by discerning customers, including one gentleman who recently had the wherewithal to order three

full racks, weeks ahead of what promises to be an incredible dinner party.

As for the high-end meats inside the fresh case, I spotted beautifully marbled wagyu ribeye. Regular, everyday carnivores can expect to find beef, pork, and poultry priced about 15 percent more expensive than grocery store, but which arguably tastes 85 percent better than the conventionally raised product stocked by most supermarkets. If you're really a meat enthusiast, it may pay to order an Ox Box. For \$125 (or \$112 for a monthly subscription), you'll receive roughly 220 dollars worth of quality meats, effectively paying under ten bucks a pound.

These are all fine developments, but perhaps most important in the shift from Heart & Trotter to Wise Ox is the arrival of its new head butcher, Ryan Sharpe. Turns out, Sharpe actually worked at Heart & Trotter in its early days, and kicked off its charcuterie program. He returns to the scene with yet more meat and charcuterie experience, courtesy of time spent highly regarded meat restaurants in Texas and Charleston, South Carolina.

That includes some envi-

able BBQ chops learned at Charelston's Lewis Barbecue, purveyor of the best brisket made outside of Texas. Wise says future weekend events will highlight some of Sharpe's BBQ skills. While I've enjoyed the shop's new pastrami sandwich — made on fresh marbled rye — plus a couple of tasty sausages from the case, you can bet I will hightail it back to The Wise Ox soon to report on Sharpe's work with that smoker.

by Ian Anderson



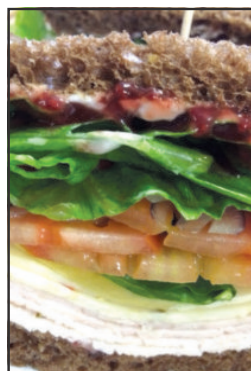
A marbled wagyu ribeye in The Wise Ox meat case.

FOOD & DRINK EVENTS

Boys & Girls Clubs of San Diego Oktoberfest Registration includes four 32 oz crowlers from a selection of beers, a snack pack, Oktoberfest trivia with prizes, live music, tasting notes, and a tour of Viewpoint Brewery over Zoom. Deadline to register is October 15 at noon. All proceeds will go towards supporting programs and extended learning opportunities for youth aged 18 months to 18 years. Those

who would like to support the cause but are unable to attend the event are also encouraged to register and will receive crowlers and a snack pack. Saturday, October 17, 6pm; bgcsandieguito.org/events/oktoberfest/. (ONLINE)

City Heights El Dia de los Muertos Celebrate with the family at a time honored event featuring Altares, Fern Street Circus, Calacas y Bicicletas, free puppetmaking kits. Choice vendors. Organized for your safety. Saturday, October 17, 11am; free. 41st Street and University Avenue



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PHOTOGRAPH BY TINA KROHN

Charles McPherson, with his daughter Camille, says, "It's very hard to come up with a fresh melody that isn't banal or pedestrian."

Saxophone icon Charles McPherson unveiled his latest album *Jazz Dance Suites* on his own Chazz Mack Music label on September 24. It's his 30th effort as a leader.

The album is dedicated to his ballet-star daughter Camille, and the music was originally the result of a collaboration between McPherson and the San Diego Ballet's artistic director Javier Velasco.

It turns out that the composition process for this session was quite distinct from the typical jazz recording. "Well, it is a little different," explains McPherson, "because I'm accustomed to writing for instruments in the traditional setting. Writing for dance involves being very careful about the structure. The musicians get to improvise in certain areas, but the dancers are not improvising ever. They're listening for certain cues they need to hear. So you have to be very definite with the tempos when you are writing longer forms. There is such a thing as too fast, you know? But it's hard to be too slow."

McPherson stressed that melody writing was imperative. "The more melodic you are, the more the information is understood. On an aesthetic level — it's very hard to come up with a fresh melody that isn't banal or pedestrian — it's very easy to be dissonant or

for the sound to be wonderful. So I didn't need to use any electronics or anything."

McPherson's wife Lynn co-wrote two of the tunes and acted as artist management alongside myriad other responsibilities. I was curious as to why they chose to self-release, rather than shop for a label. It turns out that the project was just too personal to turn it over to an outside party.

"It's a legacy project," she said. "We felt that Charles was going to be leaving this really to Camille. All of this music was composed for and inspired by Camille. And we wanted to really,

really, do it right — not give up control to anybody else. And we're really glad we did it that way, because we got to do everything exactly the way we wanted.

"We did have some help in the form of a wonderful sponsor, (executive producer) Joann Clark. She underwrites the Jazz Series at the San Diego Ballet, and she put in a nice chunk of money, because she wanted it done right as well. She's a huge jazz fan and a huge fan of Charles. So it was great to have her on board."

—Robert Bush

Ben Wanicur's DIY

ethic "I've decided to revive the San Diego Underground," says bassist Benjamin Wanicur, referring to his monthly jam session that used to operate out of 3rd Space on Park Avenue. Wanicur's revival has an important new distinction: it will be held outdoors in the afternoon with strict social-distancing and mask-wearing encouraged at Robb Field in Ocean Beach.

Wanicur debuted the idea on September 18, leading a trio featuring pianist Mikan Zlatkovich and drummer Tim McMahon over two sets that invited local players like saxophonists Ian Tordella and Nick Caldwell up onto the grass bandstand to participate.



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I asked Wanicur about what prompted his return. "The gigs are just starting to emerge, very slowly — mostly do-it-yourself type situations. It's been over six months since Covid-19 shut everything down. Now we have to provide our own venue, and the San Diego Underground was already a kind of DIY gig.

"The virus just killed the music scene. And it seemed like it would be a good time to have a jam session just for people to hang out and play. So we were looking for a place that's outdoors."

So did he have any problem putting together a band, under the circumstances?

"Not really. I mean some people can't afford to take a risk, and I completely understand that. But people haven't been too busy, so it wasn't hard. People want to play. I've been lucky because I've been able to do some streaming gigs, so it wasn't like I hadn't played in six months. It was great to be able to have some fun and have a communal type experience playing music in the sun."

How did you make it safe?

"Well, the first line of defense is it's outdoors in a very breezy area. People sat in small groups distanced from each other. For the musicians, everyone brought their own instruments. We also had disinfecting wipes for the piano. The rhythm section set up really far apart from each other, almost as if we're on a huge stage. I did that so that any people who came to sit in would not be bunched up in the same area."

Did it feel like a success to you?

"It did. This was the first one, and we had a large listening crowd of probably 40 to 50 people who were not musi-

cians. People are starved for this. It was a lot more people than I expected — plus four or five musicians came out, so it seemed like a success.

"I want people to know this can be done, because the music industry is really suffering. It's very hard to make a

living in unprecedented times, though and a lot of people are really struggling."

You guys are playing amplified music. How did you pull that off?

"We brought our own power. They have these batteries you can buy now—you



PHOTOGRAPH BY MONA TUMBLER

Ben Wanicur rocks Robb Field

living playing music anymore. You can teach lessons on Zoom, but that's about it. A lot of people are doing the streaming thing, but I don't know if anybody's making any money. We're just relying on people's tips. It's kind of like going to a club and buying a ticket or paying a cover. But it's totally free. We're not selling tickets. But these are really skilled musicians, and people really love the music. We're

don't need a generator. The one I got is about 500 watts and we only used about 25 percent of it on a two hour gig. I'm telling everyone to make this a standard part of their gear."

—Robert Bush

Find Blurt online at SDReader.com/blurt

CONTRIBUTORS

Robert Bush, Andrew Hamlin, Dryw Keltz, Ken Leighton, Jay Allen Sanford, Mike Madriaga

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HUGH J. NOBLE

Hugh J. Noble is a songwriter, musician, and singer from Wymeswold in the UK, currently living in San Diego (“There wasn’t much else to do in Wymeswold”) and a member of Slum Summer. “Since I haven’t been able to play with those guys for several months, but found myself relentlessly writing songs anyway, I decided to record some of them by myself, with occasional remote help from friends, and make a solo album...before eventually running out of steam, I wound up with 64 new songs.” The resulting album, *The Beach Boy*, drops this week via Jigsaw Records, featuring guest appearances from Slum Summer band-

mates D.J Anderson, Jen Edwards, and Grant Stewart, as well as Franic Rozycki (the Wave Pictures), Jack Hayter (the Hefners), and Taryn Popplewell (the Fictitious Dishes). A video is streaming online for “Hickory PA,” with Noble performing alone before a homemade movie screen on which other performances are projected, along with an old-fashioned high school prom light show. The video for “Questions of Summer” captures Noble again self-sequestered in his home, this time seen cutting off his thick quarantine hair and beard over the course of the bright, poppy tune.



JEWEL

Jewel Kilcher was a teenager when she began working on the songs that ended up on her debut full-length *Pieces of You*, which features live 1994 recordings from the Inner Change coffeehouse in Pacific Beach, as well as studio tracks completed at Neil Young’s facilities. Though it failed to chart in 1995, it began picking up steam and has now sold over ten million copies. She’s gone on to release a number of albums, including a sojourn into country music, a children’s CD and picture book, and a greatest hits package with new recordings of two songs: one co-written with local Rugburn Steve Poltz, “You Were Meant For Me” (fea-

turing the Pistol Annies), and “Foolish Games” (with Kelly Clarkson). She once portrayed country music legend June Carter Cash in a Lifetime network TV movie. Besides hosting TV talent shows, and she’s written a poetry book and a personal memoir. *Pieces of You* will get a 25th anniversary edition four-disc box CD set full of unreleased music, including more Inner Change coffeehouse recordings. The November 20 online release concert features guest Steve Poltz, as she performs the entire album for the first time. A previously unreleased demo version of “You Were Meant for Me” is available to stream and download.



STEVE POLTZ

Jewel’s former flame and songwriting collaborator Steve Poltz is best known from the Rugburns, of “Hitchhiker Joe” fame. He released his first solo album with Mercury Records in 1998 and went on to create his own label, 98 Pounder Records, as well as becoming one of the co-owners of the Starlight Lounge near Mission Hills. His many collaborators include Glenn Tilbrook of Squeeze, with whom he has both toured and recorded. A while back, Poltz recorded a new duet version of the song he wrote with Jewel, “You Were Meant For Me,” with Spain-based singer Soledad Vález, produced by six-time Grammy Award winner

Chris Goldsmith (Charlie Musselwhite, Aaron Neville). His last full-length, his Red House Records debut *Shine On*, was recorded in his new home city, Nashville, where “Sharon and I got married a couple days ago,” reported Poltz earlier this year. Having survived a tornado near Nashville, Poltz and his wife came back to San Diego this past summer to spend time with his widowed 90 year-old dad. His new animated lyric video for “Quarantine Blues” features a song recorded in Jason Mraz’s home studio (Mraz plays organ), with local star Jeff Berkley (Berkley Hart) producing.



WILLIE KELLOGG

Drummer Willie Kellogg played a huge role in the early development of San Diego indie bands in the 1960s. Among the many groups he played with were a latter day version of the Outcasts, a popular pop/R&B ensemble featuring future Union Gap frontman Gary Puckett which served as the house band at the Quad Room in Clairemont for around two years. His most celebrated group, Five Pound Grin (previously known as the Survivors), was a 1960s garage rock band known for playing teenage dances and schools before graduating to local rock clubs. They released two now-celebrated singles, including “Never Hurt

Again,” which resurfaced on the compilation *The Incredible Expanding Universe of Brain Shadows Volumes One & Two*. The group later evolved into Pale Fire, which released two singles in 1968 on the Lyrics’ label Feather Records. He appears on three tracks of the just-released compilation *Look Out! The San Diego Scene 1958-1973* (with Five Pound Grin, Steve & the Holidays, and Joel Scott Hill & the Invaders), plus he was the favored on-call drummer for the Strangers and Joel Semper’s Kingsmen. Kellogg, who also played with Bob Mosely and Mosely’s group Moby Grape, passed away at the end of September.



THE DRABS

Formed in Carlsbad circa 2005, the Drabs are an indie rock band based in North County led by composer, guitarist, and lead vocalist David Bernat. The group’s catalog of original compositions were initially worked up during practice sessions at original drummer Scotty Myers’ backyard shed, with guest players dropping in such as Noah Sugarman (500 Miles to Memphis) and Chris Torres (the Grass Heat, Kris Allen Band). Demos for four early songs were tracked at Sven Erik-Seaholm’s home based studio in 2006, and then circulated as hand labeled, numbered CD-R copies. The band’s debut full length LP

Ponto features nine original tracks recorded primarily at Big Fish Studio in Encinitas by Ben Moore, who also contributed Hammond B3 organ to the session. Matt Pivetti (the Richter) guested on backing vocals. A holiday themed EP entitled *Here Comes the Joy* was released in 2015 featuring four original tracks mostly recorded at local Signature Sound Studios by Moore. Guest musicians A.J. Croce (piano) and Gayle Skidmore (vocals) contributed to those sessions. “The Drabs are prepping a new full length LP release,” says Bernat. “We’re currently in studio with Ben Moore doing the recording at Singing Serpent.”

Singers will be mic'd for outdoor opera

Hard on the heels of the Drive-up Mainly Mozart Festival is the Drive-in San Diego Opera production of Puccini's *La Boheme*. The opera will be offering four performances of the heartbreaking masterpiece, starting on Saturday, October 24, 2020. The drive-in venue is the Pechanga Sports Arena.

There have been a few adjustments to the cast since the announcement was made. Soprano Angel Blue, last heard in San Diego as Liu in Puccini's *Turandot*, was scheduled to sing Mimi in *La Boheme*. The San Diego Opera website now lists soprano Ana Maria Martinez in the role of Mimi.

I heard Angel Blue sing the role of Mimi at the Metropolitan Opera in the fall of 2016. I was looking forward to hearing her again and seeing in which ways she has grown in the role.

However, Ana Maria Martinez is an exciting soprano for the San Diego Opera to present. You might not be aware of it, but many of us have heard her before as well.

She was the voice of Alessandra, *La*

Fiamma, in Amazon Prime's *Mozart in the Jungle*. That's a nice credit, but Martinez is a top-quality vocalist who has appeared in lead roles at The Met, Chicago Lyric Opera, San Francisco Opera, LA Opera, Royal Opera House Covent Garden, the Salzburg Festival, and the Vienna State Opera.

Another pleasant surprise is conductor Rafael Payare. Payare is the newly minted music director of the San Diego Symphony, and I've had nothing but praise for the Venezuelan-born maestro.

As is standard in outdoor venues, the singers and orchestra will be mic'd. The singers will be displayed on large screens, but it is unclear just how staged this opera is going to be. Nothing on the opera company's website says that it is a concert version, so it should be



Ana Maria Martinez was the voice of Alessandra in Amazon Prime's *Mozart in the Jungle*.

safe to assume that the singers and chorus will be in costume.

The price for standard parking is \$200 per car, and preferred parking is \$300 per car. Those appear to be fair prices, based on four people per car. It might be difficult for some opera lovers to find three companions.

Is this the future of opera? I certainly hope not. Is it the best possible option given our current context? I would have to say that it is.

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THIS WEEK'S SHOWS

Del Mar Fairgrounds:
Friday, 6pm — Concerts In Your Car: Third Eye Blind.
Saturday, 6pm — Concerts In Your Car: Tower of Power.

Estate:
Saturday, 6pm — The Original Starfires Album Release.

Lux Art Institute:
Friday, 7pm — Lux After Dark: A New Territory. Free.

Off Broadway Live:
Friday & Saturday, 6pm — Encore Tribute: Frankie Valli.

Online Internet Events:
Thursday, 7pm — Tulane University: The 2020 Tipping Point. Free.
Friday, 5pm, Saturday, 1pm, Sunday, 2pm — Save Our Stages Fest Livestream. Free.
Friday, 4pm — Story of the Year Livestream Series.
Saturday, 8pm — Just In Case & the Midnight Block Livestream.
Saturday, 3:30pm — Obituary Livestream Series.

Sunday, 4:30pm — Allison Adams Tucker.
Sunday, 2pm — Andy Shauf Livestream Concert.
Sunday, 1pm — Iration Backyard Sessions: Coastin' Edition. Free.
Sunday, 2pm — Spreckels Organ Webcasts. Free.
Monday, 5pm — Della Mae Monday Night Hoedown. Free.
Tuesday, 5pm — A Stray Catalyst

Album Release Show. Free.
Tuesday, 2pm, Wednesday, 12pm — Tin Pan South Songwriters Festival. Free.
Wednesday, 6pm — Mike Cooley Livestream. \$15.

Tony Pepperoni Pizzeria:
Friday, 7pm — Tim Yancey. Free.

Van Ommering Dairy Farm:
Saturday, 1pm — Cowboy Jack. \$8-\$16.

CLASSICAL MUSIC

Classical In Your Car: Mainly Mozart Mainly Mozart is putting on a full-scale orchestra festival from October 17 - 24. The concerts are in a drive-up format at the Del Mar Fairgrounds. The first concert includes Vivaldi's evergreen masterpiece, *The Four Seasons*. The next classical concert, on Tuesday, October 20, has Prokofiev's *Symphony No. 1 Classical*, Mozart's *Horn Concerto No. 3*, and Beethoven's *Symphony No. 8*. The orchestral players will all be tested for Covid-19 prior to rehearsals. The orchestra roster is loaded. Tickets for the festival start at \$45 per car. Saturday, October 17, 8pm; \$45-\$60. Del Mar Fairgrounds, 2260 Jimmy Durante Boulevard.

San Diego Master Chorale: Seven Last Words of the Unarmed There is simply no other artistic response to the pain and fury being expressed in communities across our nation that is more contemporary. Sunday, October 18, 2pm; sdmasterchorale.org/concert/seven-last-words-of-the-unarmed/.

UPCOMING SHOWS

Belly Up Tavern:
Friday, Nov. 13 — Koe Wetzel.

Casbah:
Friday, Oct. 23 — Diet Cig.
Sunday, Nov. 22 — Algiers. \$12.

Del Mar Fairgrounds:
Saturday, Oct. 24 — Concerts In Your Car: The Beach Boys.
Sunday, Oct. 25 — Concerts In Your Car: Sublime with Rome.

East Village along Market Street and Island Avenue. :
Sunday, Nov. 8 — Art of Elan: Musical Migrations East Village. Free.

Kensington Club:
Friday, Nov. 20 — Planet of Zeus and Fatso Jetson.

Lestat's Coffee House:
Sunday, Oct. 25 — Nobody's Girl.

Magnolia Performing Arts Center:
Friday, Oct. 23 — Cody Ko & Noel Miller.
Sunday, Oct. 25 — Cody Ko & Noel Miller.

Music Box:
Sunday, Nov. 22 — Musiq Soulchild. \$48-\$50.

Off Broadway Live:
Friday, Oct. 23 — Encore Tribute: Frankie Valli.
Saturday, Oct. 24 — Encore Tribute: Frankie Valli.
Sunday, Oct. 25 — Encore Tribute: Frankie Valli.

Pechanga Resort & Casino:
Sunday, Oct. 25 — Juanes.

Soda Bar:
Wednesday, Nov. 4 — The Lagoons and Swimming in Circles.

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DEL MAR FAIRGROUNDS

The Doorman: Ruby's a gem

Her super powers extend far beyond those of the mild-mannered gatekeeper whose job it is to flag cabs or sign for packages. Look! Up in the vestibule! It's a guard! It's a greeter! It's Doorman! Ruby Rose makes her first big screen ascent since controversially relinquishing the role of TV's Batwoman. Was it worth swapping out a cape and cowl for *The Doorman's* red midi coat and complementary bellman's hat? Allow me to get those bags while you read.

Rose stars as Ali, a gunnery sergeant who joins the Marines to clear her head of sordid memories; she's still stinging from an affair with her late sister's husband. After a routine assignment in Bucharest leaves two dead (through no fault of her own), Ali hangs up her dog tags and silver star. Once back home, destitute, dependable Uncle Pat (Philip Whitchurch) hooks her up with the titular gig in an ancient New York apartment building in sore need of repair. It's Easter weekend, and a complete renovation is just a few days away. Only two families are left occupying the space: a stroke victim and his wife and, you guessed it, brother-in-law Jon (Rupert Evans) and his children, young Lily (Kila Lord Cassidy) and Max (Julian Feder).

Add to that a fortune in stolen paintings safely stashed in the rafters of Jon's unit, and suddenly, it's raining tropes.

Only Victor Dubois (an eminently perturbing Jean Reno) knows what treasures the walls contain. A criminal mastermind steeped in taste and conviction, Dubois' appreciation of classical music and fine art is surpassed only by the exasperation that overtakes him as he watches his underpaid assemblage of safecrackers and hired muscle succumb to death by incompetence. Even Borz (Aksel Hennie), Dubois' inside (door)man and second in command, never fails to impress with his ability to distress. In return, the otherwise eloquent Dubois treats him like an animal, barking, "Down, Borz! It's okay," as if training an attack dog. Assuming the loot is hidden in the old folk's home, Borz thinks nothing when Ali asks to spend Easter dinner with her niece, nephew, and cuckold. There's a good chuckle to be had when news of a one-woman strike force in Apt. 10C is countered with a patronizing, "It's just a girl. It's nothing to worry about."

From talk of Morse code to Max learning the hard way that death is not actually like it

MOVIES



The Doorman: Ruby Rose discovers that light housekeeping is part of the job description.

looks in one of his video games, much of what comes up in the first half of the movie returns to determine its outcome. (Though admittedly, no one could foresee the watery nail bomb Ali whips together with things found lying around the catacombs.) And true to director Ryûhei Kitamura's — and the film's four credited writers' — theme of hidden art's hidden truths, it is only through a painting that Dubois is able to crack Ali and Jon's dirty secret. Nice work. Not only does Max get to witness his Aunt Ali kill, but both children are given pause to consider their adulterous aunt as a mother replacement. We end in a fight to the death between Doorman and Doorwoman, and may the best genderfluid Doorperson win!

October 11. Day 209 without a projected image, and damn if right about now, even a reasonably engaging one-location action-thriller with a tough and resourceful woman in the role generally reserved for Liam/Willis/Diesel doesn't look good. Here's hoping Rose's encounter with DC was enough to forever sour her on lending her name to future comic book calamities. She has the poise and demeanor of an action star, can lambaste with the best of them, and doesn't feel the need to punctuate each act of violence with inessential one-liners. She's already caught the eye of Paul W.S. Anderson (*Resident Evil: The Final Chapter*). Here's hoping she can take up permanent residence in his next franchise. See *The Doorman*, currently playing at the South Bay Drive-In. ★★★

—Scott Marks

Video on Demand New Release Roundup

Shithouse — If homesick college freshman Alex (Cooper Raiff) spent as much time looking for companionship as he did telephonically complaining to his mom and sis about the lack thereof (or telepathically seeking comfort and advice from a plush dog), he'd be the most popular boy on campus. Jonesing for Maggie (Dylan Gelula), his dorm's RA, doesn't hurt Alex until the fateful night that a drunken party at the eponymous residence hall draws them together. Our cast of characters spend the first third of *Shithouse* gleefully shitfaced. (Logan Miller puts his own unique spin on roommate Sam, his generation's toasted answer to Jeff Spicoli.) What happens when the girl of your dreams caps an idyllic initial encounter by spending the next few weeks (months?) denying your existence? Or worse, hooking up with someone else? Viewers will have no recourse

but to laugh uncomfortably along while trying to cushion the pain of shared memory that the film tenderly evokes. In Alex, first-time writer-director Raiff unveils what is appreciably one of the sincerest, most credibly confused teen characters to come down the pike in some time. Even when the dialogue scenes go on too long, there is comfort in knowing that much of what comes out of these character's mouths crackles with authenticity. Alas, a postscript made me wish the film had ended with a swipe right at the 94-minute mark; the concluding minutes add redundancy to this otherwise crisply-paced and trustworthy romantic comedy. 2020 — S.M. ★★★

Trump Card — Given all the anti-Trump dogma that's crossed my screen over the past four years, it's time to give Dinesh D'Souza, this administration's answer to Leni Riefenstahl, his due. Listen closely: there's as much Pesci as President in the voice artist hired by D'Souza to ape his adored liberator. (The celebrity documentarian/professional provocateur, convicted of making illegal campaign contributions, received a full presidential pardon.) Like the man who spawned it, D'Souza's gasconade, a self-proclaimed "exposé of the socialism, corruption, and gangsterization that now define the Democratic Party" is held together by prevarication and swagger. His "art" is shining a flashlight under the bed of socialism, expecting liberals to scramble in fear of being exposed as the cockroaches they are. D'Souza opines that if Obama and Biden truly believed in climate change, neither would have purchased beachfront property. And according to comedian Terrence K. Williams, when it comes to racial politics, "We've won!" An easily amused Williams recalls Martin Luther King's dream of black and white children sharing a playground and eating at the same table. How's that for a "look how far we've come" moment? D'Souza goes on to call Ilhan Omar "ISIS with lipstick," falsely accuse liberals of using coronavirus to "exploit the politics of fear," and muses that Scandinavians are to socialism what the Chinese are to infectious disease. Lest we forget: there are also "animated" sequences that make *South Park* look like Tex Avery, and historical recreations — Abe Lincoln's whistle stop tour of 1861 — that scream Film Tech 101. Ditto the director's insistence on inserting himself into as much of the proceedings as possible. When it was over, I wondered aloud, "Maybe Michael Moore is a genius." 2020 — S.M. ●

"TWICEBORN" INSPIRES FAITH AND PURPOSE

Japanese biopic illuminates Ryuho Okawa's metamorphosis from high-powered financial trader to spiritual leader of 12 million believers across 100 countries

Today's turbulent times are sowing uncertainty and doubt in nearly all sectors of life, including ambiguity and consternation about something even as seemingly mundane as going to the theater. What better time for the release of a film to remind us of the power of faith and purpose? *Twiceborn*, which premieres at the San Diego International Film Festival October 15 and opens in San Diego October 16, inspires with its dramatic account of how Ryuho Okawa, best-selling international author, spiritual visionary, and founder



of Happy Science, Japan's largest and most influential spiritual movement, came to recognize his miraculous mission and the obligation he carries to share the Truth with the world. Though Okawa's personal journey led him to discover and commit to a mission considerably larger than most to bring greater happiness to humankind by uniting all religions and cultures to live in harmony—his inspiring story shows us how we can find and stay true to our own, unique purpose, no matter the circumstances.



Twiceborn will screen under social distancing guidelines at AMC Fashion Valley beginning October 16 and will be available on all VOD platforms in January 2021.

Visit TwicebornMovie.com for More Information

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PERSONALS

ELISSA L. of San Carlos, hope all is well, have a good Thanksgiving. Brian B.

GOD'S ASSURANCE OF SALVATION "that neither death nor life, nor angels nor principalities nor powers, nor things present nor things to come, nor height nor depth, nor any other created thing, shall be able to separate us from the love of God which is in Christ Jesus our Lord."

LOOKING FOR SHANNON MCLEOD She used to work at BB's cafe in Oceanside from 2000-2001. Friend of Mary's, my name is Jim. (760) 215-1267

MERNIE A If you aren't starting the car, disconnect the battery. Have a good Thanksgiving. Brian B.

MIMI L of Allied Gardens, stay well & enjoy your Thanksgiving. Brian B.

PAT G of El Cajon, take care of yourself & the animals. Hope you have a great Thanksgiving. Brian B.

WE LOVE YOU SWEETHEARTS! Signed, Elvis, Buckshot, Josie, Rusty, Ginger, Bitty, Pinski, Jezzy, Turd Butt & me. Oh and Piggy.

~58,220 AMERICANS DIED IN THE VIETNAM WAR Over how many years was that? 20? In less than a year 206,000 Americans have died w/ the Coronavirus as of 9/30/2020. Don't you want to wear a mask to help slow & stop Covid spreading? There was no laugh track w/ the Vietnam War.

GOD'S PLAN OF SALVATION- FAITH "For by (God's) grace you have been saved through faith, and that not of yourselves, it is the gift of God, not of works, lest anyone should boast." CMR

HANDSOME COWBOY smiles fill my days, heavy sighs and blissful nights. Happy birthday you wonderful man! Mister Martin.

HAPPY 16TH ANNIVERSARY to my handsome love of a man B.S.Jensen. Loved then love now the future is held tight with hearts beating strong. GBKPJ

I JUST WANT TO GIVE A SHOUTOUT to Daniel Woodsand. I would also like to know something myself. Do u love me?

TO MY POOH BEAR Hang in there my love times will get better soon! I promise. I love you to infinity and way beyond for life. Your Hubby

COVID 19 Wear no mask you may end up in a flask/ Stay your distance, or lose your existence/ Hand wash or its your loss/ Stay healthy you will become wealthy.

WE HAVE FAILED Fighting the virus just doing 3 simple things; most countries in Asia have succeeded. Now under control, but we with our superior complex, no. We're just plain stupid; before anyone enters a building they should have a temperature check. Easy.

LAKE MIRAMAR We passed each other twice today while we were running. I remember a few things about you: an orange collar and the cutest smile. Hope you see this! Let's chat

FRIENDS OF JAMES HARPER (JIM) Please call Jim's family- Ann, Jennifer, Jamie. (619) 917-6975

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JT PRODUCTIONS YOUTUBE "10 pm", "chasing the dope dragon", "mambo de momento", "not here for you", "here comes the sun", "perro gigante". (619) 528-0907

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3 1/4 ACRES IN BOULEVARD/ CAMPO Well fenced, all flat & usable. Scenic, very private, \$50k terms, text. (619) 438-4567



PERFECT LOT FOR A CUSTOM HOME This beautiful 6-acre property with rolling hills and stunning views can be yours at more than 25% below market value. Located on Deer Springs Rd. this property already has electricity and water. See here for details: <http://bit.ly/DeerSpringsRd> (760) 474-0180 / buynow@freedomfastproperties.com

ENSENADA HOME \$120,000 How would you like to invest in a property in Ensenada, spend some holidays near the beach and the vineyards, and have tours of the Bufadora? 3 rooms, and a garage for 3 cars (646) 227-0248

LAS VEGAS RAIDER FANS \$313,500. 3 bedroom/2 bath home with a pool, over 1400 sq/ft of living space. Features

stone floors, stainless steel appliances, and an original fireplace complete with the open concept kitchen and family room. (702) 403-8535

PLAYAS DE ROSARITO \$165,000 Playas de Rosarito house facing the sea, \$165,000. 3 level house, 4 bedrooms, kitchen, dining room, 2 bathrooms. (664) 767-4043 WhatsApp or inbox.

UNDEVELOPED LAND FOR SALE in Twin Lakes area of North Central Arkansas. Very close to lake area. Very close to major shopping area. Please check it out, don't think you'll regret it! Anthony (870) 321-4434

NEW MANUFACTURED HOME 2br/1ba, 800 sq. ft, wood cabinets and floors, Corian countertops, Trex deck, laundry room. Stop renting-own now! \$139,000. Alta Vista #12 #39948AB (619) 571-3873

SECOND DWELLING/GRANNY FLAT 3br/2ba, 1,167 sq. ft., 6' Trex porch, \$15K in features, tax & delivery equals \$99,900. Licensed Fleetwood Dealer, DL#1265857. (619) 571-3873

MUSIC

BARITONE-EUPHONIUM HORN 3 valve, silver plated. Pristine as new condition. Case, originally sold for \$1995, selling now for \$600. Perfect for school band/ orch. (619) 264-3686

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VIRTUAL PIANO SALE Virtual piano sale @ <https://www.greenemusic.com> (858) 586-7000

TROMBONE 1969-71 Yamaha, Yfl-651, professional tenor. The same horn the legendary JJ Johnson played. Totally mint condition, slide smooth fast. \$695 w/ beautiful case (619) 264-3686.

MUSIC INSTRUMENTS Lots of guitars, six string, twelve string, basses, three saxophones, trombone, flute, drum kit with cymbals, keyboards, conga drums, banjo, make music. (619) 448-1826

70S ERA MUZAK PLAYER/ PIANO like in the Old West. With rolls of music and bench, works but needs some work. Make offer. Contact (619) 987-5682

MUSIC REHEARSAL STUDIO Upscale facility, Kearny Mesa. All rooms have individual air conditioning, high ceilings and 24- hour access. Monthly rooms available. Adder Studios, (858) 522-9505. www.adderstudios.com.

REGGAE POP PROGROCK FUSION professional guitarist available for gigs, tours, recordings. CD/Tour credits. Dale Hauskins <https://www.bandmix.com/dalehauskins/> (858) 401-2973

UNIVERSAL SOUND Monthly creative band musicians lockout rehearsal private practice AC studios now available. (858) 401-2973

PETS

CHARRO SADDLE Big seat 20, text. (619) 438-4567

LOST COCKATIEL IN CORRIDOR Please call if seen or found. (619) 727-0151



TURTLE AND TORTOISE RESCUE All that want to rehome their turtle or tortoise (no red ear sliders) please call, we have lots of room and care for your turtle. Photos of these potential homes shown (858) 924-2105



MISSING COCKATIEL Reward \$1,000. Missing cockatiel, grey and white feathers, orange cheeks, yellow comb. Missing since 9/4/2020. Please call, (760) 626-5784.

4 PUREBRED BENGAL KITTENS \$900 each or pair for \$1,500. Hypoallergenic! Hurry! (619) 597-9729

PET STROLLER for sale. Brand new, red, still in the box. Up to 50lbs. (619) 269-5331

POODLE/TERRIER PUPPIES born 09/11/2020 white/beige 2 males & 1 female \$150, contact Gloria (619) 470-0733.

FOUND AUSTRALIAN SHEPHERD Found Australian Shepherd on Adams in Normal Heights. He has no identification, a belt-like collar around his neck. Please contact (661) 578-1852

HORSE PIPE CORRAL Heavy duty 16', 4 sections + gate \$150 text (619) 438-4567.

WANT TO BUY sound gated horse for trail. (619) 438-4567 text please.

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SPORTS

AUTOGRAPH PADRES MAGAZINE Roberto Alomer \$100 OBO. Text Mark (619) 332-7122

BICYCLES



\$699 INDOOR CYCLING BIKE New indoor cycling bike, Belt drive. Fully assembled, fully adjustable seat and bars. Resistance from very easy to impossible hard. Brand new never used. Located Carlsbad 2 blocks from Tamarack Beach. Ground floor apartment.

FOLDING BIKE Bike Friday - One owner, Ultegra components, carrying case, extra tires. Avoid high airline bike charges. Samsonite case counts as regular luggage. \$1450. (760) 942-5692.

CRUISER Men's style mid size cruiser bike. Candy apple red nice \$50. (619) 438-4567.

MOTORCYCLES

CASH FOR YOUR HARLEY www.lifecycles.com (714) 490-0155

BEST WIND RESISTANT GLOVES For cycle riding, there are best wind-resistant gloves that you can purchase at Vogue Cycling online store. To buy, you can check on <https://voguecycling.com/collections/accessories/products/windproof-gloves>

RIVCO RUNNING LIGHTS Brand new in package running lights. Will fit on engine guard.

Comes with clamps and all wiring, \$120. DL20K125. Round chrome running lights. Halogen w/switch. (760) 716-8571 / b_balletline@yahoo.com

MOTORCYCLE WANTED 3 wheel trike, Harley Davidson, Honda, Kawasaki, Volkswagen, special. Must be excellent condition, licensed, registered, everything must work. Call (760) 420-3641.

AUTOMOTIVE

SUBARU XV RIMS 17 from 2015, Crosstrek (no tires), 3 available, \$80 each, call or text (619) 248-6870.



2008 FORD EXPLORER \$4950 Leather seats, smog ready, 169K miles and runs well (619) 816-5732



2013 FORD ESCAPE \$6950 \$6,950. The vehicle has a clean title, it's automatic and electric, has good tires with 140,000 miles. It's also super clean, has a cold a/c. info@economic-cars.com

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CHEVY TRAILBLAZER LS 2004 4wd, starts and runs, needs work, \$700 firm, new tires, good AC, electric windows, com

cloth interior. (574) 350-6786 chuckwood398m@yahoo.com

WANTED CAR/TRUCK Clean and sober parolee he has skills, needs cheap car or truck. Can pay biweekly or exchange for the labor. Chris Keegan (619) 751-6757

'18 TOYOTA TACOMA TRD OFF ROAD \$29,995. 2018 Toyota Tacoma TRD OFF ROAD 4x2 . 17k miles, backup camera, navigation, and more! (619) 558-7528

1999 MERCEDES-BENZ \$1900 1999 Mercedes-Benz E-Class E 430 sedan with 4doors. \$1,900, driven 130,000 miles. Automatic transmission (619) 728-7744

2012 NISSAN JUKE \$5950 \$5950, clean title, automatic, 4 cylinders, and only 179,000 miles! (619) 816-5732

2013 NISSAN SENTRA - \$7000 Clean title, 4 doors, and 14" touchscreen stereo — \$7000 (619) 536-6897

2019 LINCOLN MKC \$23,000 Clean title, automatic, electric, very good tires, fully equipped and like new with 18K miles. \$23,000. (619) 763-8180

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\$2,299 - 1993 HONDA ACCORD EX Installed brand new Bluetooth stereo sound system, AUX & USB ports. Super clean. Very comfortable. It has a huge trunk designed to save you money. 4 door 4 cyl. Auto trans, power everything, sunroof. Everything new under hood. New suspension. Ask Max (619) 504-8374 / mytaximax@gmail.com

\$4400 2007 BMW X3 3.0SI SILVER Big discount. Needs new hood; forgot to close it. New windshield. Automatic. Smogged. AWD. Best engine BMW makes, very strong. Super clean, 2 new keys. 80% life on tires. Clean title. Sunroof, cafe leather. Power everything. Super safe, sits up high. (619) 504-8374 / mytaximax@gmail.com

\$4,500 2002 BMW X5 AWD 300k miles super strong engine & trans. Always loved like a baby. Premium package new stereo. Black on black leather. 3.0 inline 6-cylinder engine. Auto trans. Full-size spare tire. Power E=everything. Moonroof. Tires 90%. Smogged. Luxury & truck all in one SUV. (619) 504-8374 / mytaximax@gmail.com

FIBERGLASS CAMPER SHELL White. For small short bed truck. \$100. Text me. (619) 438-4567

1999 MERCURY SABLE runs great, air conditioning, \$1,750 OBO. (619) 542-0472

1981 EL CAMINO \$7,000 OBO. very nice condition, tan color int/ext. Has 231 v6, always garaged on non op serious buyer. No pics, please text (619) 631-9258.

1995 GMC BANDURA 2500 high top conversion van, TV, stereo, needs oil pump, sell as is. Has rust, new \$500 tires, gold, \$1,000 OBO. (619) 408-9517

HELP WANTED

CAREGIVER needed for family of two; one elderly with dementia, one adult with mobility issues. Dressing, transfers, hygiene, dementia care, errands, meal prep & light housekeeping. P/T work plus full ins. Reliable, good references and own transportation needed. Clairemont area. Great opportunity with a variety of home health duties. Contact Ray at rayzambo@gmail.com to schedule an interview.

CHIEF, WATER OPERATIONS \$166,468-\$208,147/year. Must be a strong leader, innovative, and business-oriented executive with 7 years of management, program, and/or project level experience in water distribution and wastewater systems. Please visit our website www.otaywater.gov for requirements and to apply online. Open until filled. EOE

ENGINEERING Rockstar San Diego, Inc. has job openings in Carlsbad, CA: Lead Data Engineer (Req #20SD1) Design, create & maintain gaming data pipelines. Telecommuting arrangement available. Senior Audio Programmer (Req #20SD2) Create, modify, & test video game audio code at the game runtime & engine framework level. Send resume to RSSDprocess@take2games.com referencing Req #.

MULTIPLE POSITIONS (VASTek, Inc. has openings in San Diego, CA) **BUSINESS ANALYST:** Req MS in Comp Sci, Info Tech, Mngmt, Marketing, Mngmt Info Systems, or closely related field & 6 months exp. **VALIDATION ENGINEER:** Req BS in Industrial Engr, Mechanical Engr, Electrical Engr, Manufacturing Engr, Engr Mngmt or closely related field & 3 yrs' exp in Manufacturing Equipment Qualification field or MS. in same or closely related field & 1 yr exp in Manufacturing Equipment Qualification field. 1 yr of exp is req in (1) working in an FDA regulated industry with following 21 CFR Part (11, 210, 211, 820, 54), GAMP 5, Annex 11 & e-record/e signature std, (2) project mngmt practices, (3) s/w validation & verification practices, (4) utilization of risk-based approach to validation testing. Employer will accept coursework in place of exp rqmts. **SR. QUALITY ENGINEER:** Req BS in Mechanical Engr or related & 1 yr exp. 1 yr must include exp 1) in a regulated engr industry using quality sys & CAPA, 2) with medical device regulations & stds (21 CFR -B820, ISO -B 14971 & -B 13485) & 3) performing data query & statistical analysis using s/w tool Minitab. All Positions: Will work in unanticipated locations. Send resume to attn: Daniella Loza, VASTek, Inc. 1230 Columbia Street, Suite 1180, San Diego, CA 92101 (refer to job title).

SERVICE ATTENDANT Seeking ON-CALL position to fill propane cylinders at 2 locations, 5596 Kearny Mesa Rd. & 3650 Kettner Blvd. Will Train. Available to work Mon-Sat 8:30-5 PM. No set schedule. Apply within or call Steve (949) 326-3400.



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HELP WANTED Fence erector. Must have valid CA drivers license. Contact Aaron (619) 534-0460.

HOUSEKEEPER/COMPANION Cardiff retired homeowner looking for friendly, local, outgoing house-keeper/ companion: light domestic house and yard maintenance, errands, light cooking, computer assistance, dining out. Part time flexible 8 hours/week. \$35/hr. Text info please (760) 579-2234

MORNING PERSON WANTED Senior citizen preferred to help prepare the store for the day. Sunny disposition desired, strong smile as opening act to direct customers to the appropriate department or individual. Flexible hours, answer phone, comm., sales. Best performance-bonuses. No calls, must fill out papers 9773 Maine Ave, Lakeside CA 92040 Lakeside Jewelers.

DOG GROOMER NEEDED Our small salon in Escondido is looking for an experienced dog groomer to join our team, part time. The salon has been owned by Estela for over 25 years and has many long standing clients. Experience is required. We'd love for you to join our team. carlimurillo1@gmail.com

FAMILY STYLE RESTAURANT SEEKS waitress, cook and busser. Tony (619) 200-3421.

TIRE SHOP IS HIRING A tire shop located in Chula Vista is hiring 2 workers, please contact (619) 770-0337 or (619) 830-7938

CAREGIVER WANTED Reliable, able-bodied, for 24 hour shifts. \$120 cash paid at end of each shift. No drinking, smoking, visitors, pets, children. mysandiegocar@yahoo.com

REGISTERED CAREGIVERS Immediate work. Hourly/live-in available. Must have reliable

AUTOMOTIVE

HELP WANTED

FALL SMOG CHECK SPECIAL

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\$41⁷⁵

+ \$8.25 cert. Most vehicles. Trucks, vans & European cars extra. Must bring DMV renewal notice Limited time offer. Cars 1999 and older

<p>OIL CHANGE & OIL FILTER</p> <p>from \$24⁹⁵</p> <p style="font-size: 0.6em;">Up to 5 qts. oil. Most vehicles to 1995. Limited time offer.</p>	<p>FREE BRAKE INSPECTION & ESTIMATE</p> <p style="font-size: 0.6em;">(both locations)</p>	<p>ENGINE STEAM CLEAN</p> <p>\$69⁹⁵</p> <p style="font-size: 0.6em;">Most vehicles. With add. Limited time offer.</p>	<p>30,000-MILE SERVICE SPECIAL</p> <p>from \$179⁹⁵ 4-cyl. Most vehicles.</p> <p style="font-size: 0.6em;">Service includes: • Maintenance tune-up Oil and filter change • Lube chassis Radiator coolant change Air filter replacement • Fuel injection cleaning Check brakes, suspension</p>
<p>NEW CV AXLE from \$159⁹⁵</p> <p style="font-size: 0.6em;">Parts & Labor</p>		<p>TIMING BELT SPECIAL</p> <p>\$50 off quoted price</p> <p style="font-size: 0.6em;">Recommended at 60K miles. Most vehicles. Limited time offer.</p>	

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transportation. Assertive Care at Home, 8893 La Mesa Blvd., Ste B, La Mesa. (619) 466-6890.

HELP WANTED Fencing Installation. Must have Ca Driving License to drive our Trucks. See Dan (619) 749-1494.

HANDY PERSON WANTED Dependable, able-bodied energetic, experienced worker wanted for yard work, home cleanup and repairs. \$8 per hour cash paid daily. mysandiegocarl@yahoo.com

HAVE A SPARE BEDROOM? Earn a competitive stipend caring for an adult with a developmental disability in your home. www.MentorsWanted.com. (858) 694-0120.

JOBS WANTED

BOAT COOK for fishing and whale watching trips (619) 394-8163 Sarah. Garlic salt saves lives. (619) 394-8163

I NEED HELP Lost my driving position, would like to do private driving for one, do keep car clean & disinfected. Ben (619) 460-6748.

HOUSECLEANING, DOG SITTING/DOG WALKING (Love all breeds) AKA: the dog woman. Reasonable rates Linda (619) 380-4861.

GERIATRIC SOCIAL WORKER/ PERSONAL ASSISTANT will drive to doctors appointment, shop, cook, light house keeping. Call Carol at (858) 525-1154

FULL-TIME JOB High school/ college graduate Southern Californian with reliable transportation. Seeking steady full-time employment in Mira Mesa, La Jolla, North County. Dale Hauskins (858) 401-2973

WANTED / TRADE

LOOKING FOR CHEAP CAR/ TRUCK in exchange for work or on bi-weekly payment plan. Talk to Chris Keegan, (619) 751-6757, call me any time.

LOOKING FOR OLD TUBE STEREO'S I am an electronics hobbyist, and I am looking for 1960's vintage, tube type stereo

components to refurbish, such as Fisher, Scott, Dynaco, Marantz & more. Please call Jack 619-296-3100 (619) 296-3100 / jack22@cox.net

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DON'T DISCARD your old 21" motorcycle tire, need 2 new. Leave message, (619) 461-6669.

RADIO CONTROL HELICOPTERS I have an issue with cancer. Like to know if somebody would help me find an old one from the 1980s and the RC Helicopters magazines. My phone number is (760) 912-1775.

WANTED GAS RANGE STOVE. Wanted gas range, older one that keeps the pilot on the top of the stove and oven. Doesn't have to look good any color okay. San Diego will pick up. Thank you. poisonivy1313@rocketmail.com.

WANTED: OLD CUSTOM VAN Looking for a van, preferably a van that had been customized back in the 70s or 80s, similar to the photo included, but not limited to just this type. It can be running or not, good shape or bad. (619) 930-1921

I BUY BAGS OF 80S-90S TOYS Send me a list or text photos of what you have for sale. I buy old toys for cash! Buying old action figures, Hot Wheels, robots, dolls, etc. (619) 755-1390

I BUY MOON KNIGHT COMIC BOOKS Moon Knight is my favorite comic book character at the moment! If you have old 1970s-1980s Moon Knights or his early appearances in Werewolf By Night, please call or text me. I am a serious comic book buyer at the right prices! (619) 755-1390

SENIOR CITIZEN writing a book in desperate need of a copy machine. I live in San Diego, (619) 487-9581.

I BUY GUITARS AND AMPLIFIERS (619) 806-6703

I BUY USED GOLF CLUBS (619) 806-6703

WANTED TO BUY A RUNNING TRUCK under \$400. Does not have to be pretty, nothing fancy, really desire Datsun 61 to 70 or Ford Courier Chev Luv text (619) 631-9258.

ADULT TRI WHEEL BIKE Not selling. Wanted. Need bike delivered, budget \$50 or less. If more, not interested. Please text. (619) 631-9258 Please serious only.

WANTED: OLD VW BUG, BUS Clean out your yard and garage. I buy parts too. Cell/text# (619) 279-7833.

OLD STEREO EQUIPMENT Working or not ok. Amplifier, receiver, tuner, turntable, speaker, microphone, preamp, or? Call or text (619) 279-7833.

TRADE CRAFTSMAN GAS LAWNMOWER with bag for electric lawnmower with bag, any shape as long as it works. Bit hard to start but once going runs great. Text (619) 631-9258.

ALWAYS PAYING CASH for old guitars and amplifiers. Any old or new band instruments. Call (619) 280-2075

CASH FOR WALT DISNEY AUTOGRAPHS, items, paper, original animation art, old Disneyland items, any type comics all before 1970. No Prints or videos. (619) 890-1390.

FISHING TACKLE Collector wants for his personal collection wooden lures, reels, & misc. by Heddon Creek Chub, Pflueger, South Bend, Shakespeare to name just a few. Call or text pictures to: (619) 972-3488.

STEREO GEAR/LP RECORDS Cash paid! Vintage/ newer. Old amps, tuners, speakers, turntables. McIntosh, JBL, Marantz, etc. Prerecorded reel tapes, jazz/ rock records. John, (619) 889-5237.

WANTED: NEW HF HAM RADIO Will trade for my \$800 violin. Please text (619) 393-2253

WANTED: SPEAKERS, AMPS and other old stereo gear! The most cash paid always! Brands like JBL, Altec, McIntosh, Marantz and more! Call 1(619) 303-8031; e-mail JBL@cox.net.

WILL PAY CASH... For records, CDs, DVDs, and clothes. Professional singing lessons available. Musicians wanted. Call Jeff Clark, (858) 382-7396.

GARAGE SALES

YARD SALE Saturday, November 7 9:00 AM until. household wears, dishes, clothes, all on sale. Reasonable price. (619) 690-2589

MOVING OUT OF STATE SALE Almost everything goes. All very cheap. Call and ask. (619) 392-6461

MANY GREAT ITEMS Saturday, 11/7/20 at 4162 Powderhorn

Drive, San Diego 92154. Coffee table set, deluxe flavorwave, toaster oven, dishes, cook/bakeware, garbage disposal, inside door, ladies clothes sz. 18-2x, ladies shoes sz 9 - 10. (619) 690-2589 / Ann101342@cox.net

APARTMENT EXCESS ITEMS Small apartment excess items for sale in Hillcrest (619) 822-6419

ART SALE IS BY APPOINTMENT Great art and mid-century - this sale is by appointment! Call or text (858) 333-1853 a lot of the pieces are in Carmel Valley and a few are in Del Mar!

HEMET ESTATE SALE Old cars, tools, and other stuff in Hemet. www.estatesales.net/ CA/Hemet/92544/2645679 (951) 265-3230

NEIGHBORHOOD GARAGE SALE Go to NestorEggerHighlands.com to download map lisa@lisaruthsells.com

I BUY GARAGE SALE LEFTOVERS for \$20 or more (619) 301-6616.

FOR SALE

1992 BUICK LESABRE MANUALS GM Owners Manual, GM Service Manual, GE Electrical Systems Manual, Haynes Repair Manual, Chilton Repair Manual, all 5 for \$100., (760) 746-7209

DESK LAPTOP 2.0 \$15, new. (714) 838-9541

KEGARATOR with co2 tank, vintage Coors tap. All hoses and tubing included. \$150 firm, call or text (619) 248-6870.

MANY BOOKS FOR SALE quilting, makeovers and embroidery, magazines and much more for sale. Many items, magazines and some reduced very cheap price. Please text me at (619) 653-8574.

ORIGINAL COORS VINTAGE BAR LIGHT Not neon and not Coors Light, \$50 OBO, call or text (619) 248-6870.

POWER TAKE-OFF WINCH Removed from a 2-1/2 ton military truck, has about 250' of 1/2" steel cable. This is a very large & heavy winch, \$750., (760) 746-7209.

PRINTER HEWLETT-PACKARD desk jet 1000, used twice only, like new, still in box. Ideal for senior or student \$25. Telephone 1-(858) 484-4483 bargain, buy now.

SPEEDO WIRELESS HEARTRATE monitor watch and fitness pedometer, brand new in box, \$10. Panasonic LCD TV model tc171a1 with manual and remote, 10. (619) 218-4031

WHEELCHAIR like new. Leather seat, leather back. \$150. Call Steve (619) 349-2651.



2 LEATHER COUNTER CHAIRS \$45. call (619) 223-9236 / fredzhandy@yahoo.com

BEAUTIFUL FIREPLACE SCREEN Scrolled metal fireplace screen for sale. Bronze finish. Brand new in excellent condition, very clean. Get ready for the upcoming cooler weather and staying home during Covid. \$125, Oceanside par21459@msn.com

WALL-MOUNTED DISPLAY SHELVES Wood display shelf pair for sale, light green finish, in excellent condition, no scratches or damage, clean. Has plate groove. Cutel Perfect for a farmhouse or cottage look. \$25 for the pair. Oceanside. par21459@msn.com



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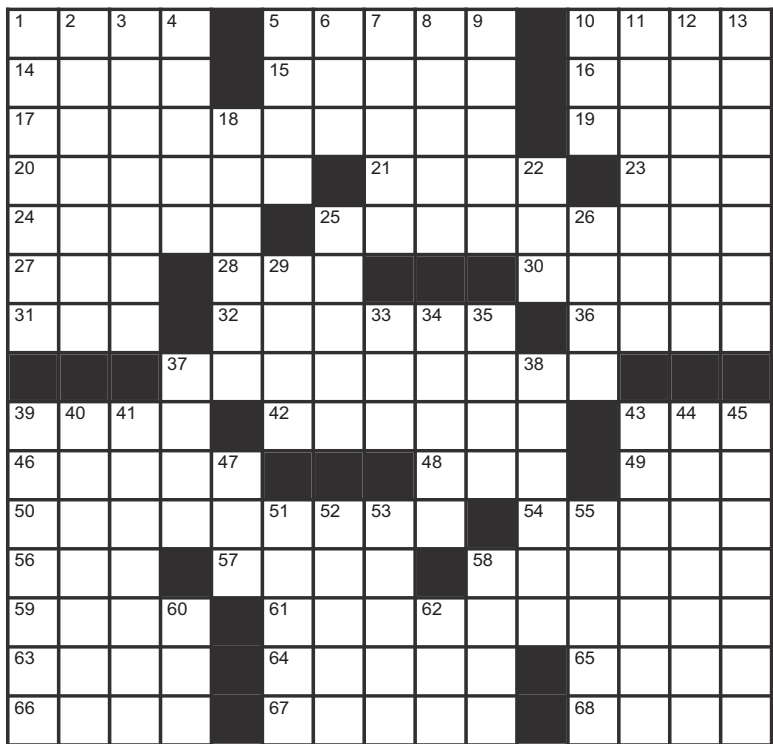
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CROSSWORD



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Across

1. Turn on the waterworks
5. Passed out in Vegas
10. 1% alternative
14. Heckelphone cousin
15. Coming-out announcement
16. Unadulterated
17. 1960 film character steps up to the plate?
19. Completely missing, informally
20. Pulitzer winner Welty
21. 17 of Laila Ali's wins, for short
23. Singer DiFranco
24. Period of work
25. Country singer barely misses sinking the putt?
27. Sport _____
28. "_____ the Force, Luke"
30. Renaissance Faire instruments
31. _____ ejemplo
32. Enrapture
36. Rodriguez of "Jane the Virgin"
37. TV news exec isn't feeling so hot?
39. Cold, to Conchita
42. Composer Rachmaninoff
43. Rain-_____ (bubble gum brand)
46. Highly successful, in theaterspeak

48. Communication means for the deaf, for short
49. Al Sharpton, e.g.: Abbr.
50. Soul singer makes bales for the barn?
54. Singles network logo with a partly outlined Star of David
56. "_____ chance!"
57. Prefix with byte or hertz
58. Mulligan
59. Faulkner's "As _____ Dying"
61. NBA star has copier problems?
63. '60s-'70s bullpen star Sparky
64. Tag
65. Garfield's housemate
66. Photo blowups: Abbr.
67. "August: _____ County" (2008 Pulitzer-winning play)
68. Loudness unit

11. Persian Gulf native
12. Triathletes
13. "Bridesmaids" actress McCarthy
18. Conductor Toscanini
22. First show to win 50 Emmys, in brief
25. Flood preventer
26. Persians, e.g.
29. Succumbs to gravity
33. Abbr. in a discount bin
34. Heroic tales
35. Gets a move on
37. Tennis star Nadal, to fans
38. "Get Low" rapper
39. Dangerous thing to leak
40. Calvin's babysitter in "Calvin and Hobbes"
41. "... or possibly not even that"
43. Swagger
44. 1976 Paul McCartney hit that begins "Someone's knockin' at the door"
45. Run
47. Fall mo.
51. "Um ... I'm standing right here!"
52. Environs
53. Start of a Flintstone cry
55. Karate schools
58. Hand (out)
60. "Affirmative"
62. Coffee order: Abbr.

SOLUTION TO LAST WEEK'S PUZZLE:

P	H	O	E	B	E	N	A	T	B	A	T	S	
O	A	R	C	O	M	E	M	A	L	L	E	T	
G	L	O	M	O	N	T	O	A	C	T	I	V	E
O	F	Y	O	R	E	C	U	J	O	E	Y	E	
A	P	O	P	N	O	S	O	N	E	L			
S	C	L	C	H	A	N	D	L	E	R			
I	R	A	M	B	A	S	Y	O	W	E	E		
B	E	T	W	E	E	N	F	R	I	E	N	D	S
S	A	I	G	A	C	O	I	N	F	E	E		
T	A	M	A	R	A	C	H	E	L	P			
I	R	K	S	B	A	M	L	O	E	W			
M	O	N	I	C	A	N	M	A	L	B	E	C	
I	M	E	L	D	A	I	D	O	N	T	L	I	E
N	E	A	T	E	R	N	A	T	E	F	E	S	C
G	O	D	E	A	D	G	R	O	S	S	S	E	

RULES OF THE GAME

- 1) Submit your completed puzzle to the *Reader* each week for our ongoing contest. Your submission will only be counted when you successfully complete a puzzle AND get it to us by 7:00 a.m. Monday.
 - 2) Submit the correct answers to the puzzle along with your name.
 - 3) Entries must be faxed to **619-231-0489** or mailed to *Reader* Puzzle, 2323 Broadway Suite 200, San Diego, CA 92102; or scanned and emailed to puzzles@srdreader.com. Submissions by email must be attached in JPG format, maximum file size of 1MB. Submissions that don't fit the format will not be counted or viewed. One win per person within a 4 week period.
- And now for the really small print:
- 1) All answers must be legible and entered in the spaces provided.
 - 2) Late entries will not be considered.
 - 3) We will draw **1** name from weekly puzzle submissions.
 - 4) One entry per person per week or you will be disqualified.
 - 5) Employees of the *Reader* and their immediate families are not eligible.

Win a Reader hat or t-shirt

THIS WEEK'S WINNER:

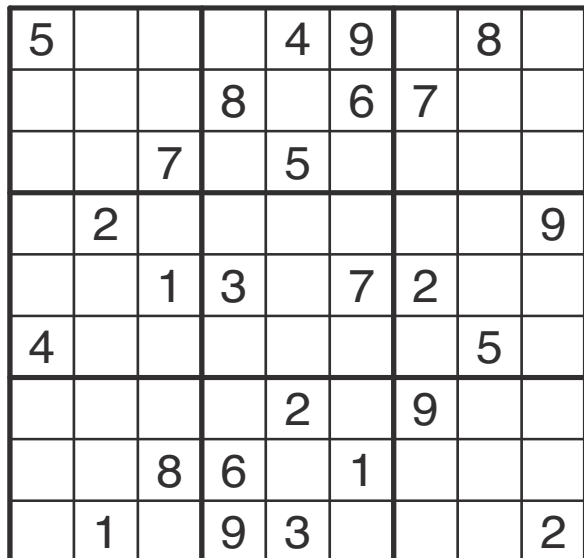
Winners will be contacted for prize redemption.

☛ **Thomas McVeagh, Lakeside, 11.**

Name: _____
 City: _____ State: _____ Zip Code: _____
 Email: _____ Phone # _____

SUDOKU

EVIL:



RULES OF THE GAME

- 1) Submit your completed puzzle to the *Reader* each week for our ongoing contest. Your submission will only be counted when you successfully complete a puzzle AND get it to us by 7:00 a.m. Monday.
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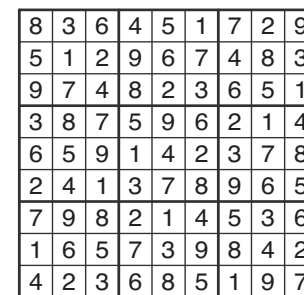
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☛ **Carl McCall, San Diego, 1.**

Name: _____
 City: _____ State: _____ Zip Code: _____
 Email: _____ Phone # _____

SOLUTION TO LAST WEEK'S SUDOKU PUZZLE:

EVIL:



Questionable Judgment

— Ukraine International Airlines has banned a traveler from all future flights with the carrier after the unidentified woman opened an emergency door on a Boeing 737 and went for a walk on the wing as it was waiting at a gate at Boryspil International Airport in Kyiv. CNN reported the passenger had traveled from Antalya, Turkey, with her husband and children in the Aug. 31 incident, when other passengers heard her say she was "too hot" before she popped open the emergency exit and went outside. The airline criticized her for setting an inadequate "parental example" and threatened she may face "an exceptionally high financial penalty." Airport security and doctors on the scene determined she was "not under the influence of alcohol and/or drugs."

Oops!

— An octogenarian in the village of Parcoul-Chenaud, France, set off a violent explosion in his attempt to kill an annoying fly, the BBC reported in early September. Not realizing a gas canister in his home was leaking, the man used an electric fly swatter to battle the insect and caused an explosion that destroyed his kitchen and damaged the roof of his home. While the man was mostly unharmed, he has had to move to a local campsite while his family makes repairs to the home.

Collections

— September 22 marked the 60th anniversary of the day 14-year-old Boy Scout Steve

Jenne scored a special memento of then-Vice President Richard Nixon's campaign visit to Jenne's hometown of Sullivan, Illinois. Nixon took a bite of a buffalo barbecue sandwich that day, then set it down. "I looked around and thought, 'If no one else was going to take it, I am going to take it,'" Jenne told the *Herald & Review*, and the leftover has been in a glass jar in Jenne's freezer ever since. In 1988, word of the sandwich earned Jenne a spot on *The Tonight Show With Johnny Carson* and led to his acquiring half-eaten items from Carson and fellow guest Steve Martin, as well as Tiny Tim and Henny Youngman.

Government in Action

— The Opa-Locka (Florida) City Commission voted 4-1 on Sept. 9 to repeal a 13-year-old ordinance that made wearing saggy pants a crime, the *Miami Herald* reported. Around town, visitors can see signs reading, "No ifs, ands or butts ... It's the city law!" and showing two young men with low-riding waistbands, but Vice Mayor Chris Davis explained: "I felt it disproportionately affected a certain segment of our population, which is young African American men." The ACLU of Florida agreed.

Frontiers of Farming

— Cockroach farms are not new in China, where the bugs have long been used in Chinese medicine, but a new facility near the eastern city of Jinan is gaining attention as a way to deal with food waste while producing organic protein supplements for animal feeds. In four industrial-sized hangars,

Australia's ABC News reported, rows of shelves are filled with food waste collected from restaurants through an elaborate system of pipes. A moat filled with roach-eating fish surrounds each building to keep the roaches from escaping. "In total there are 1 billion cockroaches," farm manager Yin Diansong said. "Every day they can eat 50 tonnes of kitchen waste." Said project director Li Yanrong, "If we can farm cockroaches on a large scale, we can provide protein that benefits the entire ecological cycle."

Inexplicable

— Jimmy Senda of Racine, Wisconsin, takes a walk along the beach on Lake Michigan every morning, where he collects "sea glass and random stuff -- because I like to do artwork at home with the stuff that I find," he told FOX6. On Sept. 15, he came across a curious package, "wrapped in aluminum foil, and around it, it had a pink rubber band," he said. "Curiosity got to me, so I popped it open and it looked like a chicken breast," but on closer inspection, he determined, "it was a brain." The package also contained flowers and paper with what appear to be Mandarin characters printed on it. Senda called police, who turned the package over to the Racine County Medical Examiner's Office and later announced the brain was "not consistent with a human brain," although they were still trying to determine what kind of animal it came from.

Great Art!

— Three years ago, Emma Aldenryd, 18, of Aarhus, Denmark, discovered she had

a rare condition called dermatographia, which causes her skin to temporarily swell up when touched. *Oddity Central* reports that the teen has decided to use her skin as a canvas on which she traces artwork with a pencil and posts the images to Instagram. "I started by drawing quite random stuff like a bunch of words," Aldenryd said. "Lots of people question whether it hurts, but my dermatographia has never hurt." Antihistamines treat the itch associated with her condition -- but they also stop the swelling, so she doesn't take them.

Wait, What?

— Villas Las Estrellas is a small settlement of about 100 people on King George Island in Antarctica with a school, a bank, a church and even a souvenir shop, but if you want to live there, you and your family -- including your children -- will be required to have your appendix removed before you arrive. The reason, *Medium* reports, has a logic grounded in history: The town has a small clinic, but not always a surgeon, and the nearest hospital is more than 600 miles away and difficult to reach. In 1961, Russian explorer and surgeon Leonid Rogozov at the similarly isolated Novolazarevskaya Station suffered life-threatening acute appendicitis and was forced to operate on himself -- without anesthesia. The two-hour operation was successful, and Rogozov returned to work two weeks later.

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is to improve the quality of life in every way possible. But you can't be happy when your blood is restricted. Stress and anxiety are conditions of blood restriction. When I help someone by getting them out of their problems, it gives me great contentment. I don't feel any difference between when I'm working and when I'm not working. My work is my mission and my hobby. I don't play sports, because if I get hurt, who's going to fix me?"

Solo road trips

Jillian Bourdon is a teacher of philosophy, psychology, and yoga at the Grauer School in Encinitas, and she may be the happiest person I've ever met. She finds happiness in places where most people fail to look, sometimes on solo road trips,



PHOTOGRAPH BY CHRIS AHRENS

Jillian Bourdon pursues joy on land and sea.

in learning something new, or simply in the less adventurous, often ironic tidbits life presents daily. Says Jillian, "Our

last name is Bourdon, and I only recently found out that it means bumblebee. Just thinking about that makes me happy.

Another thing from my upbringing is that I was born in Fall River, Massachusetts. That's where Lizzie Borden was from.

Our last name is spelled differently from hers, but it's pronounced the same, and my middle name is Elizabeth, which can be shorted to Lizzy. So, my parents named me after an axe murderer."

After a hearty laugh, Bourdon continues, "When I go on a road trip, I usually go alone and don't plan much of anything. The last time, I had no definite destination, and only an idea of where I wanted to end up. I practiced manifesting, saying things out loud like, 'I'm gonna find a campground this evening.' When I did, I ended up at a site at just the time I wanted to arrive there. When I first arrived, a German man approached me and started talking, which was great because the first thing I try to do when I get to a new place is make an ally so I feel safe. Once I had a buddy,

I had everything I needed. "When I set out, all I knew was that I wanted to end up somewhere near Mount Shasta. I had a book that listed 2300 campgrounds, and I would open it, point to a place, and see if I ended up there around a certain time. Living that way makes every day a mystery — what am I going to eat, who am I going to meet, where will I end up? While that has led to great happiness, I don't think I could live that way full time. Being on the road alone, you don't protect yourself from the pain and discomfort like you normally would; you're just kind of open and raw. "Having an idea of what you think happiness is can actually get in the way of happiness. Happiness is what happens, and I think there's a relationship between the words happiness and

An advertisement for Mankind Delivery. On the left, a circular logo with a white leaf-like symbol and the text "MANKIND DELIVERY" is set against a background of orange flames. In the center, a man and a woman in plaid shirts are laughing and holding hands. To their right, a person in a brown hoodie and a unicorn mask is also laughing. On the far right, a large orange box contains the text "WE HAVE SCARY GOOD DEALS!" in bold black letters. Below this, a QR code is visible. At the bottom, a black banner features the text "SAVE \$20 on orders \$150 or more" in large white letters, followed by "USE CODE: SCARYGOODDEAL WHEN CHECKING OUT" and "DELIVERYKIND.COM" in white text. A small disclaimer is also present.

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happen. I think happiness is what's left when you strip away all expectations. That's not always the case, but I think it creates conditions that can lead to happiness. Other conditions leading to happiness for me are good relationships, doing things for friends, having a nice work/life balance where there's ample extra time, and having hobbies.

"I remember being really happy when my roommate and I got a free piano on Craigslist. During covid, I've been practicing blues scales on it. But moving a piano is not that fun. My roommate's boyfriend is a trained pianist, and after we put the piano on a trailer, we rode around Ocean Beach with him playing it, and that made all of us and some other people watching really

happy!" As she says this, her voice cracks with an expression of happiness.

"Good food can create the condition for happiness. Food that is light and leaves no trace. Again, it's a clearing away of excess that leaves only happiness. I think there's some difference between happiness and joy. Happiness kind of infers a transient state, where joy does not. Can you be happy when you're sad? I don't know, but I think you can have joy and sadness at the same time since joy is more of a backdrop for other emotions.

"I reread 'Song of Myself' by Walt Whitman often. I think of it as a holy book. Whitman says if he dies, he will do it with joy; if it happens then or 10 years from then, he will be equally happy. I have heard that everyone has a set point

of happiness and they adjust to their circumstances. I've thought about that a lot over the years and I've made an effort to increase my happiness set point. For example, I once had a job with a great group of co-workers. We loved each other so much and had such good times together that I would leave work so happy that I was uncomfortable. I remember trying to go to sleep at night, and not liking the feeling, but telling myself it was okay to feel that happy. I don't know where that came from, but it was like my wires needed to be upgraded to handle more energy. Now I can handle it, and I don't need to sabotage my happiness. That's why I like the idea of happiness being a shedding thing, not an adding on thing."

— Chris Ahrens

NEWS TICKER

continued from page 15

was that there was no big audience in the studio, because he felt he did better isolated with Kennedy and not having people applauding or tempted to be applauding. "So we had the press in one area of the studios in Chicago, and the debate actually took place in isolation with seven pool reporters, and so that was the way we went into the thing. And so he only really spent the afternoon really concentrating deeply on it. And I think he obviously underestimated it. But he could answer any question. The bigger problem was he was trying to be too polite."

Nixon was famously obsessed with not wearing make-up. "The reason that he didn't want cake make-up was because when Humphrey had debated Kennedy in Wisconsin, Humphrey had appeared with too much make-up on, and



Nixon campaign along Broadway, downtown San Diego, 1960.

Nixon felt that made him look like a sissy. And so Nixon's macho was part of why he didn't want to cover his beard much."

In an era without instant polling and focus groups, the immediate outcome of the first debate on September 26, 1960, was uncertain. "Nixon went over to his hotel, and he was dead tired and went right to bed. And I talked to him for a few minutes, and Rose Mary Woods did, and I and my staff went back to do our first big job of spinning. The only way we finally found out who had won was by crowds the next day. Ken-

neddy had a big increase in crowds, and we had a decrease. And of course you know the story about radio and TV, that Nixon won on radio and Kennedy on TV. We put our big emphasis on the fourth debate, and Nixon in the polls showed that Nixon won the fourth debate by about 4 percent, I think. It was a sizable margin, which helped us in our final swing to gain votes in the last 48 or 72 hours. So we probably made the biggest gain, I believe, in the final 72 hours that any candidate has in that period of time."

Matt Potter

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