

Green roof over I-5; pollution solution or nonsense?

People of Color Fungi Community ■ Thor slain in Carlsbad

SAN DIEGO  
Reader

VOL. 45 | NO. 11 | MARCH 12, 2020

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## LETTERS

We welcome letters pertaining to the contents of the Reader. Submit them at [sdreader.com/letters](http://sdreader.com/letters) or phone them in at 619-235-3000. Include your name and neighborhood. Letters may be edited for length and clarity.

### Days and nights with the beach bums

As a beach area resident, I've often wondered at the 20-somethings who hang out day and night in beach area bars and clubs, drinking and spending money as if they had a limitless supply. They don't appear to be going to school or working. Who are these people, and what do they live on? Thanks to your article, I now have some idea. They're mindless slackers, living on someone else's dime and drifting from one alcohol-fogged experience to the next. No goals, no sense of responsibility, no common sense.

In short, mindless losers. Why did they have to pick San Diego?

Bee Gee  
Pacific Beach

### Ancient Roman Beeline

This week's crossword (2/27). Per 17a's answer the clue should be, Ancient Roman Way. For the answer Apian Way you could say, Ancient Roman beeline. If you'd like me to submit the occasional clue/answer that solvers might enjoy seeing, let me know. In addition to the example above: What Ronan's mother could say if cast as Cleopatra...Me a pharaoh. Or the clue could use the more era appropriate reference: What Sinatra's 3rd ex could have said if cast as Cleopatra.... I like doing your puzzles every week.

John Whiteman

Editor:  
David Levinson Welk responded and says that you are "100% correct." APIAN is continued on page 4

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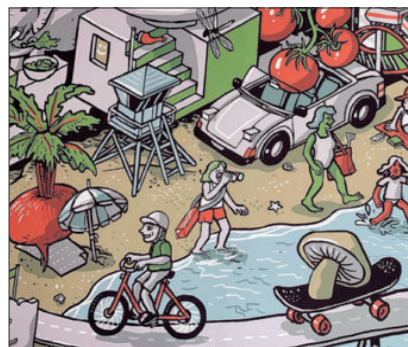
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March 12, 2020



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## NEWS TICKER

By Reader staff writers

**Money for nothing**

Convention Center will stay same size, but PR wallets still expand

When San Diego's hotel lobby began its quest for an expanded downtown convention center via a 2018 tax hike initiative, some local political professionals were skeptical.

Their doubts turned to disdain in May 2018, when the hotel owners, now allied with well-heeled labor unions, came up with a modest campaign war chest and proceeded to lavish much of the cash on friends and political associates of Republican San Diego mayor Kevin Faulconer. These included Irvine-based Rick Manter, a onetime Faulconer colleague at the public relations and lobbying firm NCG Porter Novelli, who ultimately got a total of \$83,833, including travel expenses, according to city disclosure filings. Doing even better was lobbying and politics concern Southwest Strategies, a longtime Faulconer financial backer, which received a total of \$170,677, records show. Manolatos Nelson Murphy, another Faulconer-friendly PR outfit, got \$33,136.

But the signature-gathering drive went so slowly that GOP ex-mayor and Chamber of Commerce honcho Jerry Sanders issued a last-minute call for volunteers. "If each of our Board members helps to gather 50 signatures through work, friends, and family, we can ensure this important initiative is placed on the November ballot," said Sanders in a June 2018 email reported by the *Union-Tribune*. And in the end, proponents managed to increase their budget, but barely mustered enough signatures, forcing them to pull strings at the city council to hustle the tax hike measure onto the March 2020 primary ballot. Veteran local campaign observers estimated that achiev-

ing the legally required two-thirds vote for approval would end up costing backers between \$3 million and \$5 million to pull off. But fundraising continued to lag, revealing the limitations of how much cash hotels and their suppliers were willing to put into the tax hike.

Finally, with polls showing Measure C below the threshold for approval, hotel owners adjacent to the convention center stepped up with more money. On January 14, the Hilton San Diego Bayfront gave \$200,000. On January 27, Marriott International came up with \$250,000. The Manchester Grand Hyatt contributed \$250,000 on February 5. And late reports show the Manchester Grand Hyatt came up with an additional \$50,000, as did Hilton, on March 2, the day before the election. (Hilton also contributed \$50,000 on February 20.)

The total collected from January 1 through February 14 was \$1.91 million, records show. Data from city disclosure reports filed by proponents show that their committee spent a total of \$1.9 million during the same period, well under what those in the political know said was the required minimum of \$3 million or more in the face of voter doubts about the open-ended proposal.

Despite serving up another embarrassing failure for the mayor, his longtime associates appear to have done well financially. Axiom Strategies of Kansas City, where ex-Faulconer chief of staff Stephen Puetz is senior vice-president, got \$132,586 on January 19. Subsidiary AxMedia received \$535,592 for "TV and Radio Ads" on January 18 and \$655,424 for telephone work on February 15, according to city disclosure reports.

Matt Potter



Alas, the Hyatt came in low.

**A green roof over Interstate 5**

Creative air pollution solution, or "unscientific" nonsense?

By Joe Deegan

One might look at former CalTrans engineer Neil Prescott as a latter day Don Quixote tilting at the North Coast Corridor highway project. Rather than defeat it, however, he wants to enhance the project with an outlandish system he says would virtually eliminate vehicle exhaust pollution that will otherwise accompany the road for years to come.

The CalTrans and San Diego Association of Governments' joint plan to improve coastal traffic flow on Interstate 5 through coastal North County, among other goals, was conceived in 1980. This year, 2020,

marks two thirds of the way toward completing the job's several phases, such as its environmental impact report in 2014 for example. Last summer saw the start of building two new lanes on each side of the freeway.

And that's when Neil Prescott approached CalTrans with his rather late-in-the-game proposal. Personal circumstances at the time had him driving from his home in Victorville to visit the Moores Cancer Center at UCSD, where he routinely saw many children being treated for cancer. The brutal realities prompted him to look into

the latest research on the causes of cancer. What he found, he tells me, is that air containing ozone, the main ingredient in smog, and particle pollutants,



Neil Prescott believes his his tunnel-of-vines idea is a solution to freeway air pollution.

both present in motor vehicle emissions, can bring on such childhood cancers as acute lymphoblastic leukemia, retinoblastoma, and germ cell tumors, not to mention adult afflictions cardiovascular disease, chronic obstructive pulmonary disease, and diabetes. And, of course, there is asthma, which affects both children and adults.

Prescott tells me he next looked at demographic statistics about population densities contiguous to the stretch of the I-5 being expanded in the North Coast Corridor project, namely, the 26 miles between La

Jolla Village Drive and Harbor Drive in Oceanside. From that information he estimated that 116,000 children ages 6 through 16 live next to the freeway, or play on playgrounds next to it.

Great to decrease traffic congestion, Prescott thought, but what about the air pollution from vehicle exhausts? During my conversations with him, I got the impression of a person consumed with preventing childhood cancers to the point of an obsession.

On August 20, 2019, nineteen days after being seized by the passion, Prescott says he contacted the CalTrans I-5 Corridor Project manager. "I hand delivered the idea I came up with," he says. He had devised a plan to reduce the exhaust pollution that was settling onto the schools and playgrounds. Ninety-nine percent of it

could be eliminated, he tells me. Prescott says he later sent a letter to CalTrans, SANDAG, and the cities through which the North Coast Corridor highway project runs. The letter he shows me is a rambling, five-page screed expressing an urgency about the problem of vehicle emissions pollution. At one point in the letter, he argues: "Funding for air quality on highway gas tax projects is currently \$2.45 billion per annum." (I was unable to verify the claim.) "However, there has been zero expenditure since 2016

when it was initiated, because highway departments are focused only on congestion, because of significant pressure to decrease commute travel times.”

The project build team told me by email: “What we received (Caltrans, SANDAG, and the city managers of Del Mar, Solana Beach, Encinitas, Carlsbad, Oceanside, Vista) was an email asking to have [Prescott’s] company, KLS Engineering, hired as ‘Oversight Engineering Consultant.’” On September 21, 2019, the project team responded to Prescott by email, reminding him that in 2013 an environmental impact report had been approved for the North Coast Corridor project. It noted, too, that the following year the California Coastal Commission had given the project its blessing.

The email followed up with mentions of two websites that explain how to go “about doing business with,” first CalTrans and then with SANDAG.

Lost in the process was Prescott’s actual proposal for how to eliminate highway pollution that causes cancer. What he explains to me over coffee is straightforward enough. In a nutshell, Prescott wants to put a roof over the six eventual lanes going in both the south and north directions. “Not a solid roof,” he tells me.



**Darren Manson:** “I’m happy to do it if it helps clean our air.”



**Uber driver Harrison Sydney** wouldn’t mind driving in a green tunnel. “We’ve got to do something drastic about greenhouse gasses.”

Here is the best picture I can paint. The roof is supported by trusses over which meshes made of chain link fencing are placed. Vines coming up from below grow into and through the mesh, creating an aerated roof. One sees such vines already growing on the retaining walls and noise barriers along the sides of Highway 76 in North County, among other places. A filtration fabric that requires occasional replacement underlies the permanent vines. Below that, photo electro-chemical air cleaners of 10 horsepower are situated strategically inside the tunnel-like structure. As vehicle exhaust fumes rise, the fabric and cleaners trap and filter them while the vines absorb the pollutants that would normally be blown into surrounding neighborhoods, schools, and playgrounds.

Prescott is a licensed civil engineer and the owner of the Southern California company he calls KLS

Engineering. From 1991 to 1999, he worked as a traffic engineer for CalTrans in Orange County. “Toward the end of my time there,” he tells me, “management told me I was getting too old for the work and assigned me to the planning department. That was the most fun of my entire career, because I was looking at the big picture.”

The idea of a freeway roof “is an engineered system built from putting components together that anybody can do,” says Prescott. “But this would be the first time ever that it would be put into place.”

A roof over the freeway? you ask. What about the occasional glimpses of the ocean I get to keep me from going bonkers as I’m stuck in traffic. And for 26 miles between La Jolla Village Drive and Oceanside? I’d be ready for the looney bin before 10 of those miles.

I met two Uber drivers who spoke more positively

*continued on page 21*

## UNDER THE RADAR

**Sierra Club’s top enemy** Developer Newland Sierra lost the campaign for Measure B, its ballot battle against the high-end Golden Door spa over a massive residential project in North County in last week’s election. The University City concern did better with its money in San Diego, coming up with \$10,000 on March 3, election day, for a so-called independent expenditure committee run by the Laborers’ International Union of North America Local 89 on behalf of city council hopeful **Kelvin Barrios**. A former employee of the union, Barrios placed first in the race to replace another of his former bosses, fellow Democrat **Georgette Gomez**, who came in second to **Sara Jacobs** in the 53rd congressional district primary.

Barrios, who last year was hit with a \$4000 fine by the California Fair Political Practices Commission for spending money from another campaign to defray a variety of personal expenses, will run off against Sierra Club-backed **Sean Elo**. Newland was joined in contributing to labor’s expenditure committee by a bevy of union political action committees, including Laborers’ International Union of North America Local 1309 PAC, California Laborers for Equality and Progress, San Diego Works, Laborers Pacific Southwest Regional Organizing Coalition PAC, as well as the Southern California District Council of Laborers PAC, for a total haul of \$140,000 as of last report.

**Facebook is out** with a list of its biggest political advertisers in California from February 2 to March 2. Not surprisingly, ex-New York mayor **Mike Bloomberg**’s quixotic presidential bid was at the top with a whopping \$4.3 million. Next came fellow billionaire **Tom Steyer** with \$1,082,890 and Democratic primary victor **Bernie Sanders** with \$897,140. Placing seventh with a spend of \$202,987 was San Diego’s own Yes on C campaign, the heavily funded but ill-starred effort to hike the tax on hotel stays to fund an expansion of the downtown convention center and homeless relief.

**Shrinks’ paradise** As the county’s lone Democratic supervisor, **Nathan Fletcher** has been pushing an ambitious effort to reform local mental health delivery for the poor. “The Behavioral Health System in San Diego is broken,” says Fletcher’s county website. “The services available are fragmented and not easily accessible. People

with Behavioral Health struggles are ending up on the streets.” Whether or not more public spending works, the price for new professional services is emerging on the county’s help-wanted job site.



*Kelvin Barrios leads the race to replace his former boss, Georgette Gomez.*

Salary for a psychiatrist to become Medical Director of Behavioral Health will run between \$240,000 and \$250,000 plus a host of benefits. “This position will oversee the medical activities of the San Diego County Psychiatric Hospital in addition to assigned clinical activities within Behavioral Health Administration,” says the job notice. There are also open spots for two psychiatrists, to make between \$171,849 and

\$220,688 a year each.

**Carlsbad adventures** New York’s loss has become Carlsbad’s gain, sort of. “Bad news! The entire *Men’s Journal* staff got laid off today, including me!” said a tweet last month from the publication’s senior editor **J.R. Sullivan** quoted by the *New York Post* February 20. “I feel nothing but gratitude for my time at the magazine, and I’ve been fortunate to work with an incredible group of writers.” The *Post* reported that *Men’s Journal* owner American Media laid off 20 editorial workers and announced it would relocate headquarters of the magazine to Carlsbad, where the rest of the Adventure Sports Network is based.



*Will laid-off Men’s Journal editor J.R. Sullivan editor resurface in Carlsbad?*

“The strategic decision to merge *Men’s Journal*’s editorial operations with the passionate and talented staff of the Adventure Sports Network in Carlsbad, California, which American Media acquired a year ago, ensures the continued growth and success for *Men’s Journal* as well as ASN,” said the company.

American Media’s **David J. Pecker** — the owner of the *National Enquirer* during the

Donald Trump hush-money scandal — bought *Men’s Journal* in 2017 from ex-*Rolling Stone* publisher **Jann Wenner**, pledging to keep the title alive and growing. But the latest word has it that after moving to Carlsbad, the magazine will drop from 10 to 6 issues a year and cut circulation to one million. The move comes at a fluid time for Adventure Sports, with the unexplained exit of **Norb Garrett**, who ran the operation for a decade, according to a February 24 account on the sports media website *ShopEatSurf*.

— **Matt Potter** (@sdmattpotter)

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## LETTERS

*continued from page 1*  
bee-related. *APPIAN* should refer to the roman road.

### High crimes at Bird Rock

I had high hopes when I saw the cover story and really loved the part of your article about Rick Farley being the Marlboro Man and enjoyed reading about the other folks you highlighted in your story ("Bird Rock, city by the sea," Cover Stories, March 4). This article could have covered so many other colorful characters past and present but for some reason chose to use up ink and paper for other purposes, like the middle sister inferiority complex stuff, which is just a bunch of hooley. However, my real beef is that the thoughts I came away with from reading the article are that a woman got raped on the bike path, and a surfer was murdered by the Birdrock Bandits, and oh, by the way lots are 2.5 mil. I think the author brought up old wounds unnecessarily, and I was especially put off that he article ended that way. He could have easily

skipped the whole ending about the bandits and simply ended the article by saying RIP Emery, and to those that knew and loved him it would mean something. No need to give publicity, once again, to the criminals.

Mike Cairns  
Birdrock

### Behind the curve

Why does the Reader staff/critics not follow the previews of upcoming movies and offer reviews of them as they are released, so that the movie review section is comprehensive to all the films released on the Friday following publication? For example, why is there no review of the Ben Affleck entry "The Way Back" in this weeks (March 5) publication? Given that movies are released in San Diego usually a week or two after the rest of US metropolitan areas, staying up with the previews should not be difficult.

William Patch  
University City

### Disappearance

I have not seen a Roam-O-Rama article in some time. Will the column make a comeback?

SrJefe  
San Diego



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# NEIGHBORHOOD NEWS

By Reader stringers

ON THE AIR

## DJU

### Palomar schools other academic radio operations

While KPBS-FM is officially a non-profit, it took in over \$26 million in donations during the 2019 fiscal year. The station also regularly finishes in the top three in the Nielsen ratings among all San Diego stations. On the other side of the non-profit radio spectrum is Palomar College's KKSM AM-1320, a 500-watt station with annual budget of about \$10,000. Remarkably, it continues to win national awards and helps launch broadcast careers.

Between the two is KSDS 88.3 FM, with studios on San Diego City College. Its 22,000-watt FM signal blankets San Diego County, super-serving fans of straight-ahead jazz, blues, and big-band music. Bucking the national trend for commercial radio, all the KSDS DJ's are live and local. On a recent show, nighttime DJ John Phillips imparted fun-fact jazz trivia – like how jazz drummer Art Blakey switched from keyboards to drums because a club owner forced him at gunpoint to give up his seat at the piano to Errol Garner. Despite this, the most recent KSDS ratings showed it had just a 0.4 market share (compared to KPBS-FM, which regularly shows a 6.0 rating). Plus, the students of City College don't get the on-air experience at KSDS they enjoy at Palomar's KKSM. Asked why, City College spokesperson Cesar Gumapas responded: "This is a personnel matter, and district policy restricts us from commenting on these type of matters."

It may seem strange, then, to learn that the San Diego Community College District has been propping up KSDS with hundreds of thousands of dollars a year. The station's latest financial statement (through June 30, 2019) showed that it keeps going deeper in debt. KSDS owed the district a total of \$1,085,596 at the end of the 2019 fiscal year, up from \$755,734 a year before. "KSDS is financially dependent on the San Diego City College to support them," is how the



Zeb Navarro (right) brings underground spirit and professional potential to KKSM.

CPA firm Munger & Company summarized KSDS's status. "Without the ongoing financial support from the District or College Foundation, KSDS would not be able to continue."

KSDS employs six full-time and six part-time staffers, and all the DJs with once-a-week specialty shows get paid. Neither KSDS nor City College were forthcoming about the station's red ink status, and spokesperson Gumapas would not comment about KSDS's annual need for hundreds of thousands of dollars from the SDCC's general fund, other than to say that the rumor that the station may be for sale was not true. But one KSDS

employee who did not want to be named said his station has reduced its budget "down to the bare bones. We don't spend what isn't absolutely necessary. We are in the process of creating a board that will run the station as a separate entity." He said that currently, the KSDS operations are ultimately overseen by SDCC president Dr. Ricky Shabazz. "We want to create a new, separate foundation."

Palomar's KKSM made it onto the air when three broadcast towers in Oceanside were donated to the college in 1996. Since

then, the school has received "former students from San Diego City College who came over to us when they found out they could not get on the air at KSDS," according to Zeb Navarro, KKSM general manager and Palomar College broadcast instructor. Since its inception, KKSM (and Palomar College's telecommunication program) has seen a number of its graduates move on to careers in broadcasting, including Greg Simms (KRTH, Los Angeles), sports journalist Jeanne Zelasko, and Jesse Lozano (Star 94.1). The current

KKSM lineup is a hodge-podge of shows, including sports talk show "The Spurge," the all-reggae "Yard Sounds," a talk and music "Club Tues-Gays," an oldies show dedicated to "One Hit Wonders," and a local music show called "Not So Serious Radio."

Navarro said KKSM is where future broadcasters can get over their fear of live radio and learn the basics of broadcasting. "I tell the students this is where they can crash the car, and then crash the car again until they learn

how to drive." And learn they do: KKSM just won the award for Best College Station in the Nation from the Intercollegiate Broadcasting System. It was the only AM station nominated. ("It's the new underground radio," Navarro says of the band.) The other six stations — in Chicago, Los Angeles, and Hartford, Connecticut — were FM. KKSM also

won the award in 2015 and 2017. Navarro says he has 19 students connected with KKSM and 44 students in his intro to broadcasting class — despite industry downturns. "I tell them it is getting very, very hard. That they should consider getting into management or considering doing other things like podcasting. I tell them not to expect to automatically expect to make six figures, and that if you want to get into it, you really have to love it. But I think at some point, broadcasting will swing back to local content."

Over at San Diego State University, the 50 telecommunication students per semester who get accepted to the KPBS internship program do not get on-air access to KPBS-FM. But KPBS spokesperson Heather Milne Barger says they do get hands-on experience at the KPBS radio and TV stations. "They get jobs in every single department, from being embedded in the news department, to working behind the camera, to finance, to helping run station events." Plus, she says, all the SDSU interns get paid minimum wage during their KPBS internship.

KEN LEIGHTON

IN THE WEEDS

## Glyphosate hate to seal Roundup's fate?

### Supervisors seek safer solution

Glyphosate is everywhere, taking over like the weeds it's meant to kill. But now, the bestselling weedbuster of all time has become its own sort of pest. "Everybody in this room has glyphosate and other components of Roundup in their body," said Dave Schubert, a researcher at Salk Institute who spoke last week in favor of a ban that supervisors have proposed for the unincorporated county.

Around the county, tens of thousands of lawsuits have targeted glyphosate-based herbicides, which homeowners, groundskeepers, and others say caused their cancer. Heavy use of the chemical in agriculture has promoted superweeds, and it is suspected of harming pollinators like honeybees. That's why Non-Toxic San Diego and other groups have pushed for an end to its use in the city, and that, combined with the lawsuits and three big wins by California plaintiffs, is what led supervisors Nathan Fletcher and Dianne Jacob to propose a ban for the county and a search for safer alternatives. "I'm all for killing weeds, but I think we should do it in a responsible way," said supervisor Fletcher.

Robb Field Recreational Park  
Pesticide Report Notes  
PRA 19-1642

#### Note

Please spray Roundup at the following locations: Around softball fences, all 8 Infields, under/around bleachers, next to the residential areas, both sides of sidewalk/bike path along Sunset Cliffs and in the OB Gateway on the corner of West Point Loma and Sunset Cliffs. There is a garden-like area here that needs to be sprayed as well. Please include the jetty around the skate park, horseshoe pit, playground area,

A recent roundup of Roundup applications — make sure you spray near the playground!

The county already prioritizes the least toxic means to kill weeds, known as Integrated Pest Management, but the new policy prohibits the use of glyphosate-based products and puts organic options



Workers cart the herbicide around city parks in wheelbarrows.

at the top of the list. Staff will return in 120 days with a revised policy for adoption that applies to all county-owned and maintained property, as well as county-leased properties.

continued on page 8

Art Blakey, reluctant drummer.





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The county departments that use glyphosate include Agriculture, Weights & Measurements, Parks and Recreation, General Services, and Public Works. It's sprayed on parks, playgrounds, sport fields, and other green spaces. John Botter, with the group Cleaner for Kids, said he requested 2019 pesticide use records for county lands, "and what I found is that almost 1700 gallons of glyphosate were used on managed county lands," mostly by Agriculture, Weights & Measurements. "We all drive by and live by and walk by these farms and fields." And Gina Feletar, a citizen volunteer with the Xerces Society who works on butterfly conservation, says that "we suspect the numbers listed are underestimated." Pesticide reports pulled by the group showed that in a single district, 293 gallons of Roundup were sprayed at Liberty Station over three days last March, and Robb Field was treated with 623 gallons for two weeks last January.

Supporters say glyphosate is popular because it works so well and is cost-effective. Bayer bought Monsanto in 2018, laying claim to its blockbuster product Roundup,

## "Everybody in this room has glyphosate and other components of Roundup in their body,"

but glyphosate is sold under other trade names, too. The compound was classified as a probable human carcinogen in 2015 by the World Health Organization, which prompted California to require a Prop 65 warning label. The U.S. Environmental Protection Agency considers glyphosate safe for human use, though most studies have been conducted by the manufacturer. To address gaps in those studies, UC San Diego scientists launched the



Sunset Cliffs hillside. "The herbicide, Ranger Pro, is a post-emergence, systemic herbicide with no residual soil activity."

Herbicide Awareness and Research Project. Beginning last June, all ten campuses in the University of California system temporarily halted the use of glyphosate. In December,



Workers spray in the "native" areas of Dog Beach.

Lemon Grove restricted weed-killing chemicals in city parks. Encinitas banned glyphosate from parks in 2015, and two years later, Carlsbad began a transition to organic maintenance, leaving open the option to return to "tried and true" methods.

The city of San Diego is now testing a pilot project for organic weed abatement at three parks: Liberty Station NTC Park at 2455

Cushing Road, the Nobel Athletic area and library on Judicial Drive, and Azalea Community Park on Violet Avenue in City Heights. Supervisor Kristin Gaspar said that when she was mayor of Encinitas, the city pioneered the idea as a small pilot project in Glen Park. "The fiscal impacts were minimal," she said: an extra \$3000-\$4000 a year to replace those products in the parks.

Advocates have urged the county to allow only organic options in its policy, and not replace one toxic pesticide with another. Three school districts have bans on glyphosate products, but there are other hazardous chemicals in use. Bob Johnson with Non-Toxic Neighborhoods said their first goal, for both parks and schools, is getting rid of glyphosate. Then a move to organic landscaping. Jacob said she hoped that in the future they could look at the harmful effects of other pesticides being used, "but that's for another day."

"What are the organic alternatives?" asked supervisor Jim Desmond, saying that people need to be told the options. "I've used Roundup and it works great. I don't know if there's anything else on the market. So maybe when staff comes back, let us know if there's an alternative that works." "There is," Jacob said, mentioning one time-tested tool: "It's called a weed-eater."

SHEILA PELL

### EL CAJON

#### Jimmie Johnson's Last Lap Local legend returns to site of first NASCAR win for fond farewell

The March 1st Auto Club Race at the Fontana speedway marked the last professional Southern California appearance for El Cajon native Jimmie Johnson. The 44-year-old



Seven-time champ Johnson has seen the checkered flag.

Johnson is tied with racing legends Dale Earnhart and Richard Petty for most NASCAR series championships: all three have won seven times. Johnson, a 1993 graduate



In 2010, controversy erupted when the City of El Cajon attempted to rename Johnson Avenue as Jimmie Johnson Avenue.

from Granite Hills High School, began racing motorcycles at age four. Shortly after high school, he started racing in the Mickey Thompson off-road series before joining the NASCAR circuit in 2000. His first win on

that circuit was at the Fontana Speedway in 2002.

During the pre-race ceremonies, Johnson received a long standing ovation from the thousands of fans in attendance as he appeared with his wife Chandra, his daughters Genevieve and Lydia, and his pit crew. As a tribute, during an extra lap, Johnson was asked to line up in front of the pack, behind the pace car, as the rest of the field followed him around the track in a procession five cars wide. Johnson's wife and daughters got to wave the green flag to start the race.

During a few laps under a slower yellow flag caution, Johnson reported to the FOX broadcast booth. "It's starting to sink in," he said of his final SoCal race. "This is still so cool," he added, referring to his last run on his home track. After 400 miles, Johnson placed seventh, leading only ten laps. It was his 18th appearance at Fontana, where he usually finishes in the top ten.

Though auto racing is thought by many to be a sport of the South, during a pre-race interview, Johnson pointed out that there were five other Californians in the race. And after it was all over, Johnson tipped his hat to race winner Alex Bowman, a fellow Southern

Californian who grew up 20 miles from the racetrack.

The East County hero, through his Jimmie Johnson Foundation, has given millions of dollars to local charities, helping rebuild the area after the 2003 Cedar and 2007 Witch Creek wildfires. In 2010, controversy erupted when the City of El Cajon attempted to rename Johnson Avenue as Jimmie Johnson Avenue. Descendants of the first Johnson, East County pioneer Dr. Charles Johnson, objected.

An embarrassed city council chose to name a section of Second Street off the I-8 exit as Jimmie Johnson Drive.

KEN HARRISON

### ENCINITAS

#### Prolonged Sunset School cuts "continuation," adds "alternative" to status

After months of public comments at school board meetings, Facebook postings, online petitions, and protest gatherings — including a February 21 gathering in the shadow of the Cardiff Kook — alumni of Sunset Continuation High School in Encinitas celebrated on February 27 as a proposed name change for their alma mater failed in a 1 to 4 vote. (The school, founded in 1970, was named by its first graduating class.)

Last June, the school's principal, Richard Ayala, floated the idea of a campus name

continued on page 22

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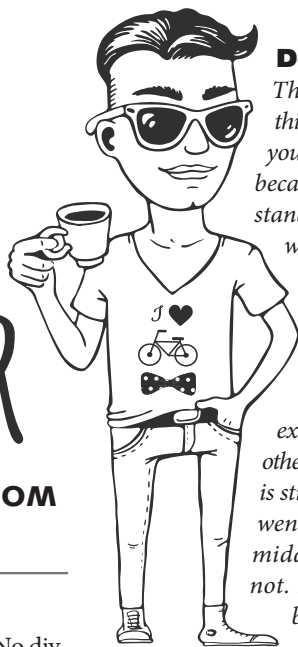
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Stop the presses! Pump the brakes! No diving straight into questions this week, people. I don't know if you heard, but there is this thing called a "coronavirus," which is apparently a super big deal. It's such a big deal that people are spreading fake news about it left and right. You may have seen some clickbait on your Facebook and Twitter feeds about how the Center for Disease Control is supposedly trying to protect hipsters from infection by urging them to shave their beards (on account of how certain beard and mustache styles interfere with the seal a respirator forms to the human face). I have been tapped as a representative of the hipster community to set the record straight about these stories, which make for scintillating reading, but are in reality false and malicious rumors!

It's not as if the CDC's brochure is in any way inaccurate. Its colorful depiction of every hipster facial hair combination you have ever heard of — from the "Verdi" to the "Walrus" to the Hitler-esque "Toothbrush" mustache — is frankly spot-on. However, this kind of propaganda can easily mislead the public into dangerous thoughts and behaviors, like blaming hipsters for the coronavirus.

Let me be perfectly clear with you: hipsters did not invent the coronavirus. Next time you see a hipster riding public transit, don't go off on any meanspirited rants. It's still perfectly safe to eat at hipster restaurants, too. Keep it together, people. Hipster PSA over. Time for at least a short Q/A session here.



## Dear Hipster:

*This isn't really a hipster thing, but I thought maybe you would have the answer, because you seem to understand absurdities. You were writing about "comebacks" a while ago, and I have been thinking about the anti-comeback lately. Why do some things refuse to end? For example, I just learned the other day that American Idol is still a thing. I thought that went away sometime in the middle aughts! Apparently not. I also heard there will be another Pirates of the Caribbean movie. If you asked me about either of*

*those things, or any number of other equally "Oh wow, that's still a thing" things, I would not be able to explain how they keep going and going and going.*

— CASEY G.

Only one thing exceeds the ability of the American people to mercilessly bash a franchise for squeezing that last, most pitiful dollar out of a fanbase that has long since

stopped caring in any meaningful way: it's the ability of an emotionally saddlesore fanbase to cough up one more pitiful dollar in the name of a tired franchise that's further gone than the Reagan-era canned goods lurking in the cobwebby shadows of your great-grandma's pantry.

That said, some things are truly eternal, and we're weirdly glad of it. *South Park* may never go off the air; the Rolling Stones may never stop touring; and the McRib

will never cease to make waves when it annually bestows its ersatz porky blessing on select communities nationwide.

Nobody really knows how or why some things have the staying power of Betty White crossed with that frog from *Night on Earth* that freezes solid every night and then miraculously thaws out every morning like some kind of science fiction creature. It's one of those things you take at face value and don't think too hard about or it's crazy-making.

— DJ Stevens



CDC: on-point hipster pathology



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Harry with his new brew

### Harry Ryan stirs up the coffee world

“As a customer,” says Harry Ryan, “what’s your concern when you go to buy a cup of coffee?”

He answers his own question.

“You want to have a fresh, hot, quality brew.”

Harry is one of the three Ryan Brothers, along with Carmine and Tom, who started in 1994 with coffee carts in La Jolla and Old Town. Today, they have seven brick and mortar outlets, and a reputation as innovators in the coffee world.

“As a producer,” continues Harry, “my concerns are: when was it brewed? Has it been sitting too long in the urn,? If they grew it right, did they grind it too soon before they brewed it? Is it dried out? Are the urns clean? On and on.

“The beer industry has a brewmaster. The brewmaster brews. And they do it well, because they don’t want to throw out, they don’t want to have mistakes. If you throw that [crucial job] over to a multitude of hourly workers, as happens in the coffee world, the chances of bad brews go way up.”

But it’s the wastage that gets Harry really exercised. “Let’s look at Starbucks, for instance. They have a brew standard. They brew every 30 minutes, is what I’ve been told. Same in the hotel industry. And whatever’s not consumed is dumped.”

He contrasts this with the beer industry, the wine industry. “They’re not dumping. You’re paying premium. In our [coffee] industry, we don’t really want to say how much they’re throwing out, because the customer’s paying for it all.”

What to do? Enter Harry Ryan, inventor.

“My method solves that. Because what I do is I keg all my coffees. I use cooler temps to get better extraction, then I keg it. I nitrogen gas flush it — like beer, except it’s nitrogen — but then I put it through my patented hot draft technique,

which is a tankless heat coil. So, as the coffee comes up, it gets heated on demand.”

He’s tinkering with a chrome box on a little tower. “Hot Draft,” says the sign. “US Patent 10,092,132.”

“This is where my heat coil is,” he says, “and look what you get. It pours like a Guinness.” He’s right. It comes out creamy, incredibly smooth-looking.

“Think about it,” he says. “The keg does not need refrigerating, because there’s no oxidation going on. Also, and this is just as big, every ounce of the coffee is going to be used. Taste that! No cream, no sugar. That’s my heaven. Stored in room temp. It’s not sitting there heated. I could store it for a year, it’d come out as fresh as the day I brewed it.”

So why aren’t the big boys like Starbucks using the same methods? “I’ve taken out a lot of patents.”

It’d always remembered Ryan Brothers’ coffee place in Barrio Logan, because inside, they have an Indonesian rickshaw to remind the brothers of their childhood, which they spent over there. And also a bar top at which outlaw Jesse James drank, though probably not coffee.

As you wait for your cuppa, you have to ask yourself: is Harry Ryan about to stir up the coffee world?

### The “gentefication” cart

Next month, April 25, Barrio Logan will be celebrating the 50th anniversary of the birth of Chicano Park. And the surprise question? Is success bringing about the demise of this most culturally cohesive neighborhood?

It’s eight o’clock on a Thursday night. I’m here on Logan Avenue. Latin jazz flares out of Border X, at Logan and Sampson. Janice Luna Reynoso and her friend Paulina Jimenez stand by a “cof-

fee and culture” cart business they have named “Gentefication.”

They sell Mexican items such as bundles of sage, hats, and steaming hot cups of *cafe de la olla*.

“The name? To make people uncomfortable,” says Luna. She says gentrification is nibbling into Barrio Logan’s marrow, and she’s desperately looking for a way to change the trajectory. “That’s really why we created this cart, to draw

thrive. We’re artists, we’re entrepreneurs, but we want gentrification, change, to take more of a positive role. Because when we say *gente*, in our community, ‘Eres bien gente,’ it’s like, ‘You’re really good people.’ These are the people, the *pueblo*. We want to go back to that root word. It’s about building capital, but community capital, rather than financial capital.”

Luna knows the effects of gentrification. “I’ve

“People say, ‘Oh, you’re a gentrifier. You’re actually from here, but you’re creating a problem.’”

people into conversations about gentrification.” She’s ready to argue the point with anyone while she hands out her delicious cinnamon coffee.

Luna has deep roots in the area. She runs community gardens in National City and elsewhere. “Gentrification can be looked at in two different ways. Like me: I’m an artist, an entrepreneur. Brown folks like myself are San Diegans who have grown up in the different barrios. Yet we in a sense have contributed to the issue of gentrification. Because we have opened stores, we’re selling the goods that are recognized as coming from our culture. Our culture is very beloved in the community, and it attracts outsiders to the barrio. We also have to take the responsibility of owning our own businesses. We’re adding to the increase in property values. People say, ‘Oh you’re a gentrifier. You’re actually from here, but you’re creating a problem.’”

She says she’s working hard to give back, to somehow mitigate the effects of their success. “Yes, we’re gentrifiers, because we want to see our community

been displaced a couple of times with my three daughters. From Golden Hill, and National City as well, and we ended up house-surfing because of rent hikes. Rent went up because of gentrification, so I’m passionate about that. Even a safe space like Chicano Art Gallery was pushed out last year. When people from outside the barrio come for coffee, and they see our ‘Gentefication’ sign, it’s that uncomfortable silence for a moment, and then it’s either awkward and ‘thank you,’ and then they take their

coffee and leave a good tip, or some say “Thank you for talking about this with us.” So it has been a mixed response. More the awkward glance and discomfort, but I’m okay with that. At least we’re having this conversation.”

Does she believe the real Barrio Logan will survive? “I have to believe that we’re making a change, inspired by the leaders who brought Chicano Park into being 50 years ago, who fought for civil rights before us. I’m an artist, and we’re using what we call ‘Artivism’ — art to activate people’s hearts.”



Harry’s invention. Keeps coffee fresh



The sign that starts the 50th anniversary Chicano Park debates



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# UNREAL ESTATE

by Dave Rice

“Timeless architecture is considered to be designed in such a way that it evokes special feelings, outlasts trends, relevant for many years and masterfully constructed of the finest materials,” begins the *Realtor.com* sales pitch for 6349 Castejon Drive, a 7700-square-foot newly constructed mansion on a half acre along the southern slope of La Jolla’s Mt. Soledad.

“The scale of the residence is impressive, yet inviting,” continues the listing. “Upon enter-



Bridge over treated water — also, an outdoor kitchen and patio.

ing the property a stately drive directs you through the cedar wood and iron-clad security gates.” The vestibule entry “is covered inside and out in old

world stone,” with “deep set windows, a custom wood ceiling, creative lighting and an oversized dramatic entry door.”

Inside, the luxe

kitchen features “a massive Calcutta gold marble island integrated with a custom maple butcher block and detailed beam ceiling design,” along with

“full panel softclose rift oak cabinetry” and “the highest quality appliance package” including a gas range with 15-inch induction and Teppanyaki burners and dual exhaust hoods “tastefully concealed in the cabinetry.” An additional prep kitchen behind the showcase version adds its own sink, Sub Zero refrigerator, warming drawer, and steam oven.

Alongside the kitchen is a “creatively designed and temperature-controlled 580 bottle wine display room with floor-to-ceiling glass and stone feature wall to display your favorite varietals allowing one to create conversation in the adjacent formal dining room.”

Take the “roomy staircase” or opt for a ride in a private elevator to the top floor, where you’ll be

“greeted by a grand art hall.” This level houses two *en-suite* bedrooms along with a laundry room “custom designed with beautiful tile flooring and two sets of front-loading Samsung washers and dryers.”

The theater room is outfitted with a subwoofer-enhanced surround sound system and ten-foot drop down movie screen with high-definition projector, though there’s also an option to install a more pedestrian LED television. A wet bar with its own refrigerator ensures mid-movie libations are always at hand.

The 400-square-foot master suite “greetes you with double doors, custom wood panel cloud ceiling, cove lighting and art feature wall.” It’s billed as “the perfect blend of

*continued on page 66*

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# Thor slain in Carlsbad

**EDUARDO PUT A CHAIN** around the front doors of the convenience store so he could go to the back for a break. “Because there are a lot of homeless people out at night,” he explained. He was working the overnight shift at the AM/PM store of the Arco gasoline station in Carlsbad. The store is open 24 hours.

It was just after 1 am on July 10, 2019 when Eduardo took his break. It was a mild night, 67 degrees and no wind at all. The usual number of transients were out and about. Then, “I heard the chain rattling and I looked... Some guy tried to open the door; he tried to get inside.”

Eduardo said he saw a skinny man at the doors wearing a backpack. And then a man ran up. He “had no shirt on.”

The man wearing the backpack ran away and the shirtless man chased him. The two men ended up in the middle of Tamarack Avenue. Eduardo could see them swinging fists at each other. And then the man with the backpack ran away, passing through the parking lot next to the AM/

PM. The shirtless man remained standing in the street for a minute or so, and then he dropped.

Eduardo remembered seeing the shirtless man fall to the ground. “He only fell once.” Eduardo testified in court later, “At first I thought he got knocked out. I



**Surveillance photo from the AM/PM on Tamarack in Carlsbad shows a man with a backpack and a shirtless man running toward him at about 1 am that day.**



called the cops.”

After cops arrived, they reviewed footage from the gas station’s surveillance cameras with Eduardo. When he testified, Eduardo confirmed the time stamps on the video. It was 1:12 am when the first man appeared, moving towards the front doors of the AM/PM. It was 1:16 when he rattled

the chained doors, trying to get inside. It was 1:17 when the shirtless man appeared and he chased the first man. It was 1:18 when Eduardo phoned 911.

At 1:20, the shirtless man dropped to the ground in the street.

He was still breathing when Carlsbad police arrived, but he was non-responsive. There was a lot of blood, especially from two wounds in his abdomen. The mortally wounded man was taken to hospital and pro-

nounced deceased at 1:55 am. He was identified as 35-year-old Eric John Blackstoc. He had “no known address.”

Police looked but did not find any weapons on the wounded man, nor any near him in the street.

Police circulated still photos taken from the AM/PM surveillance video. Officer Casey Monahan first identified the man with the backpack. He believed it

was another homeless man named Jay Terry. “I remembered that Jay had a girlfriend with very blonde hair,” he said. “They were always together. And they had a black pit bull-type dog.”

Carlsbad police quickly put this information out to other law enforcement.

## Major Depressive Disorder (MDD) Clinical Trial

Researchers at Sharp Mesa Vista Hospital are currently enrolling participants in a clinical research study to evaluate the effectiveness of an investigational drug for individuals diagnosed with MDD and currently experiencing symptoms, despite taking antidepressant medication.

To participate, you must be between 18 and 65 years old and currently have an MDD diagnosis.

To learn more and see if you qualify, call Sharp Mesa Vista Hospital at **858-836-8350** or visit [sharp.com/clinicaltrials](http://sharp.com/clinicaltrials).

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Qualified participants must:

- Be between the ages of 40 and 65
- Suffer from several hot flashes a day
- Be postmenopausal
- Have a BMI between 18 to 38 kg/m<sup>2</sup>

Participants are required to:

- Take study medication as prescribed
- Complete all study visits
- Follow all directions from study staff

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Jonathan Kislingbury has been with the Oceanside Harbor Police for 26 years. He patrols the beaches of Oceanside by land and by water. On July 10, 2019, he was in a patrol vehicle on the streets about 4:39 am when he got a description of a white male walking with a blonde female and a black pit bull dog, supposedly traveling north along the coast.

Officer Kislingbury positioned himself along a likely stretch of beach, and spotted the threesome at 4:50 am. He was in the 100 block

of South Pacific Street when the man, woman, and dog came up a stairwell from the boardwalk below, right in front of his patrol car. This was about four miles from the site of the deadly confrontation in Carlsbad.

Ronald Dement has been with Carlsbad police for 13 years. He interviewed both the male suspect and his female companion at police headquarters that morning. The male suspect was confirmed to be 36-year-old Jay Terry. Officer Dement said he first spoke with the 35-year-old blonde. She

told him they were walking to Oceanside to get a hotel room and they just wanted to go to bed. She had been dating Terry, her boyfriend, for seven years, and they had become homeless about a year and a half ago. She said this past year was especially hard. One time, she testified, when her boyfriend was sick, he “backhanded her.” But just that once, she insisted.

When officer Dement testified in court six months after the interview, he remembered the blonde said that she was

“on the verge of breaking up with Mr. Terry for good this time.”

The blonde said she had a phone and her boyfriend did not, and that this made it hard to find each other again whenever they became separated. So they wasted a lot of time trying to meet up. It was frustrating. She said last night she went to the Stag & Lion on Tamarack Avenue just west of Interstate 5, trying to find her boyfriend. That was an abandoned building where they often spent the night. Once it had been a pub, but now it was popular with the homeless population. And it was conveniently next to the Arco station’s AM/PM mini-mart.

The blonde said she was walking toward the Stag & Lion when she saw a man sitting on a curb there. She had known him for about two weeks; she had seen him maybe times altogether. He called himself Thor and Odin. Those were his street names for himself. (No one knew him by his real name: Eric Blackstock.)

The blonde said this man, Thor Odin, had declared his love for her. And he described himself as a Greek god. She described him as “ripped” or “buff” and “much bigger” than



PHOTOGRAPH BY EVA KNOTT

**Next to the Arco gasoline station is the Stag & Lion, an abandoned building frequented by homeless people.**

her boyfriend.

The blonde said there had been flirting between the two of them, flirting which may have led to a tense interaction between her boyfriend Terry and Thor Odin. It happened when the buff man asked for a cigarette. When Terry held out a cigarette toward Thor Odin, the larger man violently smacked away his hand.

When the cop spoke separately with Terry, he confirmed the story. “He is always just so aggressive,” the boyfriend said. “One time he asked me for a cigarette, and I only had half a cigarette and I said, “Here,” and he just slapped it out of my hand.”

The man with the back-

pack said that on the night of July 10, 2019 at about 1 am, “I was trying to go to my camp, that is what I was trying to do.” He said he lived on the roof of the Stag & Lion.

Terry knew Thor Odin as an unpredictable, violent man, and he was trying to avoid him. He was trying to sneak up to his “camping” place, but when he saw Thor Odin talking with his girlfriend, he gave up trying not to be seen.

Terry and the blonde both told police that Terry demanded to know what Thor Odin had said. And he replied, “You’re a punk bitch.”

Then Terry pulled out a pool cue stick which kept in his backpack. (Terry

**RESEARCH STUDIES**



**SCHIZOPHRENIA RESEARCH STUDY**

UC San Diego Researchers are looking for people with schizophrenia to take part in a research study investigating a medication called Cariprazine.

If you have been diagnosed with schizophrenia, are between 18-64 years old, and in generally good health, you may be eligible to participate.

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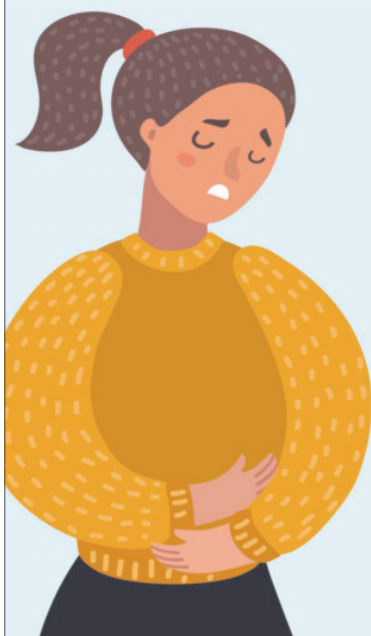
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**UC San Diego**

explained that he carried the pool stick to use as a cane, because he had an abscess on his foot.) He said tried to “fend off” the self-styled Greek god with the stick, though his girlfriend had the impression he intended to hit Thor Odin in the head with it. In any case, Thor Odin easily took away the pool cue and tossed it aside. Officers later found the it in the parking lot.

The blonde went to tie up her pit bull, because it became agitated. Terry said he tried to escape from Thor Odin. Terry ran across the parking lot toward the AM/PM mini mart. “He wouldn’t leave me alone. I was running away from him, and he wouldn’t stop chasing me.”

Terry said Thor Odin caught him by his shirt collar in the street and punched him in the side of his head three times. (“I did not see any obvious bruising or swelling or redness to that temple,” Officer Dement testified later.)

During the police interview, Terry explained that he “open-carried” a knife in a sheath on his hip, because he lived on the street and needed protection. Terry said he stabbed his attacker once, but that it didn’t do anything to stop him, “He just kept coming after me.” Terry guessed he stabbed his attacker perhaps three times, total.

Officer Dement found a bloody knife in a hedge bordering the parking lot of the Stag & Lion. The knife was resting in the bushes at eye level, as if someone had carefully placed it there, Dement said. The knife was made to cut insulation, and is something that can be bought at Home Depot stores, according to the cop.

Dr. Steven Campman is a forensic pathologist for the San Diego County Medical Examiner’s office. He has done more than 5000



EVIDENCE PHOTO

### Bloody knife recovered by Carlsbad police in bushes at the edge of the parking lot.

autopsies. He found multiple stab wounds and shallow cuts on Blackstock. The doctor said four of the stab wounds were particularly life-threatening: to the liver, to the abdomen, to the ribs, and to the left armpit.

A toxicology test showed THC and alcohol in the deceased man’s blood.

Defense attorney Patricia Valdovinos asserted that it was a case of self-defense. She said her client, Jay Terry, has been jumped and beaten up and has suffered a lot of concussions during

his life on the street. “Mister Terry truly thought his life was in danger.”

The attorney said there are witnesses who knew Thor Odin as a full-blown alcoholic who frequently ripped off his shirt and challenged others to fight.

Valdovinos painted Blackstock as a violent criminal by referencing his record, including a 2015 conviction for assault with



PHOTOGRAPH BY EVA KNOTT

### Jonathan Kislingbury has been with Oceanside Police 26 years; he works the beach and Harbor areas.

great bodily injury.

Honorable judge Brad A. Weinreb declared that a jury should decide the facts of the case. Jay Alexander Terry, now 37, pleads not-guilty to first degree murder and is held without bail. His trial is set for March 24, 2020.

—Eva Knott

## HEALTH AND BEAUTY



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## Pollution solution

continued from page 3

about Prescott's plan. Harrison Sydney and Darren Manson didn't think they'd be bothered by driving in a virtual tunnel. "We've got to do something drastic about greenhouse gases," Sydney tells me. "You and I will be long gone by the time serious climate issues start descending on people now young."

And Manson said, "Even if driving in a tunnel bothered me, I'm happy to do it if it helps clean our air."

But Elir Zyrkaj, who drives a Yellow Cab and hails from Albania, isn't

so sure. "When I lived in Italy, I drove several times through the Gotthard Road Tunnel in Switzerland," he said. The tunnel, at 10 and a half miles, is the eighth longest in the world. "I got so anxious I couldn't wait to get out of there. I started feeling like I couldn't breathe."

Prescott says nothing so freaky as that could happen in what he's talking about. "A little bit of light will seep through the vines," he says. "And there'd be artificial light inside, like in ordinary tunnels. But there is the problem of people getting hibernated," Prescott admits. "So there will have to be breaks every five miles

or so. The lagoons along Highway 5 will serve as the perfect places for halting the roofs and drivers to see daylight again."

A number of people I spoke to view the Prescott plan as preposterous. The CalTrans/SANDAG officials only stiff-armed it as completely out of sync with their schedule. I failed to get a comment on its worthiness out of their environmental team, other than CalTrans spokesman Nick Buenviaje reporting that they called it "unscientific."

Of course, the environmental impact report for the North Coast Corridor highway project acknowledges pollution as a problem. It notes that, "along

the I-5, there are multiple homes, schools, day care centers, playgrounds and medical facilities.... The California Environmental Protection Agency and California Air Resources Board reported that children who live within 550 feet of heavy traffic have more medical visits than children who live further away from traffic. Medical problems such as slower lung development, asthma and bronchitis are also associated with traffic. For Prescott, the omission of cancer is a fundamental flaw in the report.

But the report maintains that whatever negative effects Highway 5 is now causing to people's

health will be mitigated by the greater transportation efficiency the upgrade will produce. "One of the main strategies in the Caltrans' Climate Action Program to reduce [greenhouse gas] emissions is to make California's transportation system more efficient. The highest levels of carbon dioxide from mobile sources, such as automobiles, occur at stop-and-go speeds (0-25 mph) and speeds over 55 miles per hour; the most severe emissions occur from 0-25 mph.... To the extent that a project relieves congestion by enhancing operations and improving travel times in high congestion travel corridors... emis-

sions, particularly CO<sub>2</sub>, may be reduced."

According to Noel Spaid, as reported in the *UCSD Guardian* as early as November 29, 2010, expanding freeways "is a failed answer." Spaid is president of PLAGUE, a Del Mar community action organization. "We are a car culture, [and the freeways] are full again in two to four years."

In Spaid's view, all modern cities have gone to a metro system. "Perpetually expanding freeways [doesn't] work, and it's a waste of money."

Neil Prescott doesn't go so far. "People gotta eat, and they gotta drive to work." ■

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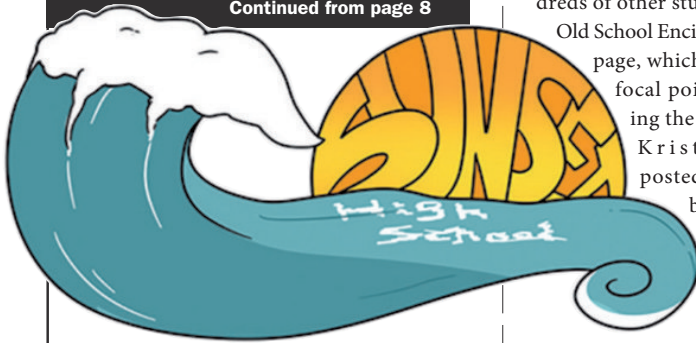


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# NEIGHBORHOOD NEWS

Continued from page 8



change to the San Dieguito Union High School District's board. Ayala believed Sunset High suffered from a stigma in a community that saw it as a last-chance continuation school, and that a name change might benefit the program, which is offered

**“Changing the name would be disrespectful to Encinitas’ children who have benefited from this school.”**

as an alternative option to a traditional high school curriculum. But many disagreed — among them, former student and '70s skateboard star John Hughes. “It was a second-

chance high school for me, not a last chance. It saved me and hundreds of other students.” On an Old School Encinitas Facebook page, which had been the focal point for opposing the name change, Krista Yamada posted, “Sunset has been a savior for so many kids in our community. Changing the name would be disrespectful to Encinitas’ children who have benefited from this school.”

Ayala never held the promised community forums to survey the idea, and other than three-minute open public comment

times, the idea has been officially on the board’s agenda only once. Yet former students and staff kept showing up at board meetings to express their displeasure.



What would Encinitas be without its Sunset?

Among them, longtime former principal Roy Riesner, and a student who asked if Ayala had ever asked a troubled teen to change their name. “It was a poignant question,” said board member Mo Muir (who opposed the change), adding, “We change from the inside out.” And name-change opposition leader Wendy Woodard presented the board with an online petition signed by 882 former students, parents, and school staff.

Only board president Beth Hergesheimer voted for the name change. A 20-year mem-

ber of the school board, she stated she was satisfied with the outcome. The word “continuation” will be formally dropped from the campus’ name, and it will now become a school of choice, along with the district’s other four campuses. Sunset High School, an “alternative” school, will be part of other programs offered by the district at the new Request Education Center, set to open in the fall.

*Disclosure: One of the writer’s children attended Sunset for a semester.*

KEN HARRISON



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# Your Week

AND WELCOME TO IT

## Thursday | 12

### STARING DOWN THE WOLF

Mark Divine discusses and signs his new book, *Staring Down the Wolf: 7 Leadership Commitments That Forge Elite Teams*. Divine is a retired Navy SEAL commander, *New York Times* bestselling author, founder of SEALFIT, *NavySeal.com*, Unbeatable Mind, and co-founder of the Coronado Brewing Company.



MARK DIVINE

**WHEN:** Thursday, March 12, 7:30 pm  
**WHERE:** Warwick's Bookstore, 7812 Girard Avenue, La Jolla.  
[warwicks.com/event](http://warwicks.com/event)

### LATINO FILMS, CELEBS AND FASHION SHOW

Over eleven days of screenings of more than 170+ movies grace this year's Latino

Film Festival. Films include *Araña*, a dark political thriller, *El Diabolo Entre Las Piernas*, which explores the rift between long-time romantic

partners entering the twilight of their lives, and *Los Futbolísimos*, an adaptation of the popular Spanish children's book series by Roberto Santiago. There will also be a fashion show, art exhibits, celeb appearances, Latino concerts, an Awards Ceremony Gala, film talks, and parties.

**WHEN:** Ongoing from Thursday, March 12, through Sunday, March 22, 9 am.

**WHERE:** AMC Fashion Valley, 7037 Friars Road, Mission Valley.  
[sdlatinofilm.com](http://sdlatinofilm.com)

## Friday | 13

### CAMPANILE MUSIC FESTIVAL

Take in masterclasses, open rehearsals, performances, and conversations with artists. Guests include Ariana Kim (violin professor at Cornell University), Danny Kim (violinist with the Boston Symphony Orchestra), and Jennifer Kloetzel (cello professor at the University of California Santa Barbara).



A bluegrass jam session to be led by Ms. Kim, who will teach a violin masterclass as well.

**WHEN:** Tuesday, March 10, Wednesday, March 11, Thursday, March 12, 12 pm to 8 pm and Friday, March 13, 12 pm to 7:30 pm

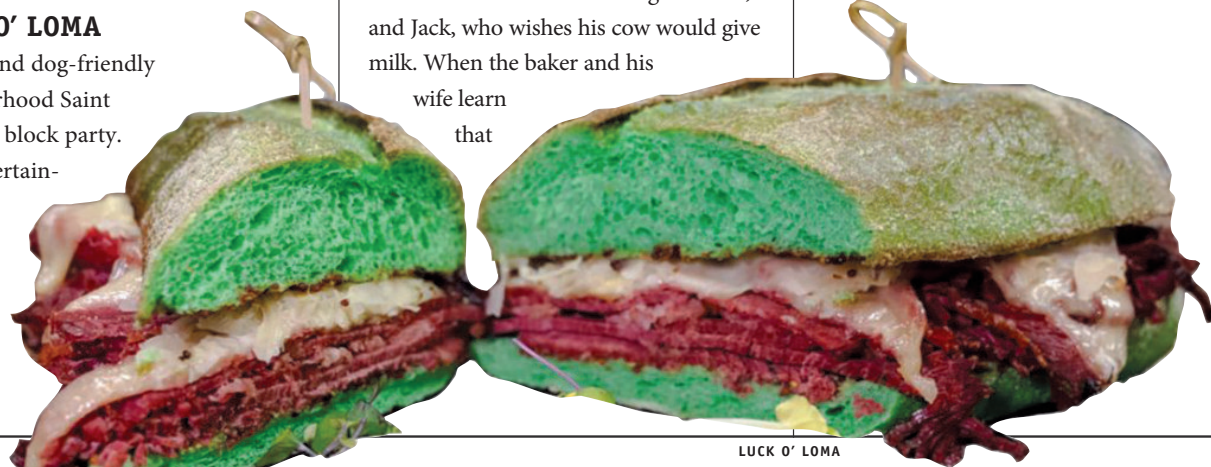
**WHERE:** San Diego State University, 5500 Campanile Drive, SDSU.  
[music.sdsu.edu](http://music.sdsu.edu)

## Saturday | 14

### LUCK O' LOMA

Family and dog-friendly neighborhood Saint Patrick's block party.

Live entertainment, booths serving up beer and



LUCK O' LOMA



TUESDAY, MARCH 17: LOS FUTBOLISIMOS AT SAN DIEGO LATINO FILM FESTIVAL

liquor (Irish & domestic), food by Surf Side Deli, dog park area, and themed games. Some proceeds benefit local dog

rescue The Animal Pad, which will show off adoptable dogs.

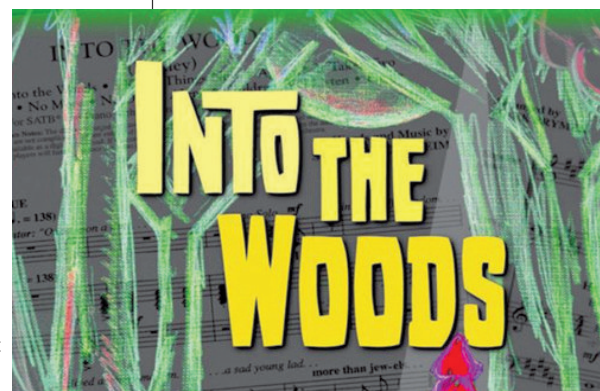
Entertainment lineup: The Heart Duo, Brogue Wave,

The Resinators.

**WHEN:** Saturday, March 14, 12 pm to 10 pm

**WHERE:** Goodbar, 1872 Rosecrans Boulevard, Point Loma. [luckoloma.com](http://luckoloma.com)

they cannot have a child because of a Witch's curse, the two set off on a journey to break the curse. Everyone's wish is granted, but consequences of their actions return to haunt them.



**WHEN:** Sundays, 2 pm; Mondays, Thursdays, Fridays, and Saturdays, 8 pm. Through April 5.

**WHERE:** Ocean Beach Playhouse, 4944 Newport Avenue, Ocean Beach.  
[obtheatrecompany.com](http://obtheatrecompany.com)

## Sunday | 15

### INTO THE WOODS

The story follows a baker and his wife, who wish to have a child; Cinderella, who wishes to attend the King's festival; and Jack, who wishes his cow would give milk. When the baker and his wife learn that



**HOW TO SEND US YOUR LISTING:** Have an event? We want it! Festivals, lectures, sporting events (including surfing, kayaking, and sailing), Meetups, conventions, book signings, art gallery openings, conferences, dance performances, expos, poetry readings, classes & workshops — all are welcome. You can submit an event at [sdreader.com/events/submit](http://sdreader.com/events/submit).

## ART

**Abstract Link Mixed Media Art Opening** City Gallery at San Diego City College - Abstract Link Mixed Media Art opening, Saturday, March 14, 5:30pm; **free**. San Diego City College, 1313 Park Boulevard. (EAST VILLAGE)

**Family ArtLAB: DIY Seed Bomb** Art can be made of all sorts of materials, from found objects, human-made material, and even from the natural environment. Mix clay, dirt, and seeds to create a sculpture that will be sure to bloom and accentuate the environment. Saturday, March 14, 2pm; **free**. Westfield University Towne Centre, 4425 La Jolla Village Drive. (LA JOLLA)

**Nancy Lupo: Scripts for the Pageant** For her first solo museum exhibition, Los Angeles-based artist Nancy Lupo stages a conversation between the architecture of MCASD Downtown's Farrell Gallery and a new sculpture, drawing attention to our presence amongst everyday objects, materials, and spaces that are often overlooked. Thur-Sun, 11am; through March 15, Museum of Contemporary Art San Diego, Downtown, 1100 and 1001 Kettner Boulevard. (DOWNTOWN SAN DIEGO)

**Nataliya Derevyanko: Not Angry Birds Opening** "Not Angry Birds" New works by Nataliya Derevyanko: The opening reception with Nataliya, live music, ArtHatch open studios, Lagunitas beer, and BK Cellars wine will be on Saturday, March 14, 6pm; Distinction Gallery, 317 E. Grand Avenue. (ESCONDIDO)

**Studio by the Bay Family Days** Featuring art-making with two artists-in-residence, Kurosh Yahyai and Jose Venegas, stop by the colorful waterfront studio and enjoy free monthly workshops and play-based experiences for children and families. Saturday, March 14, 10am; Seaport Village, 849 West Harbor Drive. (DOWNTOWN SAN DIEGO)

**Women Owned Pop-Up Event** This free event will feature female-owned businesses and activations. Saturday, March 14, 2pm; **free**. San Diego Made Factory, 2031 Commercial Street. (LOGAN HEIGHTS)

## BEER

**2nd Annual Luck O' Loma** This family & dog-friendly, neighborhood event will feature live entertainment, booths serving up beer & liquor [Irish & domestic], delicious food by Surf Side Deli, dog park area, themed games, green stuff and more. Saturday, March 14, 12pm; **free**-\$10. Goodbar, 1872 Rosecrans Boulevard. (POINT LOMA)

**Celebrating Women in STEM** Join two female scientists and engineers to learn about the amazing work they are doing. Ask them what a day in the life of a scientist or engineer looks like, how their work makes a difference in the world or anything else you'd like. Thursday, March 12, 5:30pm; **free**. Pure Project at the Park, 2865 5th Avenue. (BANKERS HILL)

**Fleet Night of Science** Come full circle for another stimulating adult event at the Fleet Science as we explore Pi and the human brain. Enjoy the Fleet's two newest exhibitions, Mindbender Mansion and Brain: —The World Inside Your Head, while sipping adult beverages and tapping your foot to some hip tunes. Cost includes one drink ticket. Saturday, March 14, 7pm; \$20. Fleet Science Center, 1875 El Prado. (BALBOA PARK)

**Go Out With the Fleet** Join the Fleet for a week-long celebration of science and beer, just for grown-ups.

## Rhyme & Verse

Three poems by William Faulkner

### After Fifty Years

Her house is empty and her heart is old,  
And filled with shades and echoes that deceive  
No one save her, for still she tries to weave  
With blind bent fingers, nets that cannot hold.  
Once all men's arms rose up to her, 'tis told,  
And hovered like white birds for her caress:  
A crown she could have had to bind each stress  
Of hair, and her sweet arms the Witches' Gold.

Her mirrors know her witnesses, for there  
She rose in dreams from other dreams that lent  
Her softness as she stood, crowned with soft hair.  
And with his bound heart and his young eyes bent  
And blind, he feels her presence like shed scent,  
Holding him body and life within its snare.

### A Poplar

Why do you shiver there  
Between the white river and the road?  
You are not cold,  
With the sunlight dreaming about you;  
And yet you lift your pliant supplicating arms as though  
To draw clouds from the sky to hide your slenderness.

You are a young girl  
Trembling in the throes of ecstatic modesty,  
A white objective girl  
Whose clothing has been forcibly taken away from her.

### Sapphics

So it is: sleep comes not on my eyelids.  
Nor in my eyes, with shaken hair and white  
Aloof pale hands, and lips and breasts of iron,  
So she beholds me.

And yet though sleep comes not to me, there comes  
A vision from the full smooth brow of sleep,  
The white Aphrodite moving unbounded  
By her own hair.

In the purple beaks of the doves that draw her,  
Beaks straight without desire, necks bent backward  
Toward Lesbos and the flying feet of Loves  
Weeping behind her.

She looks not back, she looks not back to where  
The nine crowned muses about Apollo  
Stand like nine Corinthian columns singing  
In clear evening.

She sees not the Lesbians kissing mouth  
To mouth across lute strings, drunken with singing,  
Nor the white feet of the Oceanides  
Shining and unsandalled.

Before her go cryings and lamentations  
Of barren women, a thunder of wings,  
While ghosts of outcast Lethean women, lamenting,  
Stiffen the twilight.



William Faulkner (1897-1962) was an American writer and winner of the 1949 Nobel Prize in Literature. While he is best known for his novels—which earned him a place among the greatest of American writers—he also wrote poetry, which often reflected the same concern for place or region as an essential dynamic in the psychological struggle to comprehend modern reality that he exhibited in his novels and short stories about the South. His two collections of verse, *Visions of Spring* (1921) and *The Marble Faun and a Green Bough* (1924), serve as a sort of apprenticeship for his fiction; both were written prior to his debut novel, *A Soldier's Pay* (1926).

Find more poetry online at [SDreader.com/poetry](http://SDreader.com/poetry)

Explore the intersection of art and science, hang out with scientists in bars, deconstruct the social science of horror films and wrap it all up by celebrating Pi Day (3.14). Thursday, March 12, 5:30pm; Friday, March 13, 6:30pm and 7pm; Saturday, March 14, 7pm; \$5-\$21. 21 and up. Fleet Science Center, 1875 El Prado. (BALBOA PARK)

**Irish 4 A Day St. Patrick's Day Celebration** All presenting venues are along the famous Fifth Avenue in the Gaslamp Quarter and walking distance from each other. Your ticket comes with free admission to the Opening Party, Pick up your credentials here. Friday, March 13, 6pm; Saturday, March 14, 6pm; \$29-\$70. 21 and up. American Junkie,

628 Fifth Avenue. (DOWNTOWN SAN DIEGO)

**Luck of the Irish St Paddy's Bar Crawl** Visit the registration bar during check-in hours to get your Pub-Crawls.com wristband and official map, in order to access the top rated bars and all of the awesome drink specials that the Gaslamp District has to offer. Saturday, March 14,

2pm; \$5. Taste & Thirst on Fourth, 715 Fourth Avenue. (DOWNTOWN SAN DIEGO)

**Sabor Latino Food, Beer & Wine Festival** The 5th Annual Sabor Latino - Food, Beer and Wine Festival features unlimited food tastings inspired by celebrated Latino chefs, as well as unlimited beer and wine tastings provided by

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at all three markets weekly



**Seven Seas Coffee**  
at Little Italy  
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**Maldonado Growers**  
at all 3 markets weekly



[www.sandiegomarkets.com](http://www.sandiegomarkets.com)

craft breweries and wineries from San Diego and Baja California. Saturday, March 14, 1pm; \$20-\$50. 21 and up. Fashion Valley Mall, 7007 Friars Road. (MISSION VALLEY)

**St. Patrick's Day Parade Watch Party** Watch the Parade from the patio. Reservations strongly encouraged, \$6 Jameson Shots, \$5 Guinness, \$14 Corned Beef and Hash Benedict, \$15 Bottomless Mimosas with purchase of a brunch entree 2 hour time limit. Saturday, March 14, 9am; Parc Bistro Brasserie, 2760 Fifth Avenue. (BANKERS HILL)

## BOOK SIGNINGS

**Author of the Month: Samuele Bagnai** Enjoy a humorous afternoon with local author Samuele Bagnai. The author will be reading from his new book followed by a Q & A and book signing. Saturday, March 14, 1pm; free. Central Library, 330 Park Boulevard. (EAST VILLAGE)

**Mark Divine: Staring Down the Wolf** Mark Divine discusses and signs his new book, "Staring Down the Wolf: 7 Leadership Commitments That Forge Elite Teams." Divine is a retired Navy SEAL commander. This event is free and open to the public. Reserved seating is available when the book is pre-ordered from Warwick's for the event. Only books purchased from Warwick's will be signed. Thursday, March 12, 7:30pm; free. Warwick's Bookstore, 7812 Girard Avenue. (LA JOLLA)

**Susan Orlean: The Library Book** Join us for an interview with Susan Orlean, author of The Library Book, conducted by Dean Nelson, Ph.D., founder of the Writer's Symposium by the Sea. Friday, March 13, 7pm; \$10. Coronado Community Center, 1845 Strand Way. (CORONADO)

## CLASSES & WORKSHOPS

**All About Worm Composting Workshop** Vermicomposting (worm composting) is an environmentally-friendly way to turn your food waste into nutrient-rich castings for your plants or garden beds. Thursday, March 12, 6pm; free. Alpine Library, 1752 Alpine Boulevard. (ALPINE)

**Barrio Stories** This class is open to Latino/a writers who want to write about their experiences growing up in a Latino family and culture. Writers will also have the opportunity to share their stories on stage and be featured as a guest speaker at the Acid Vault. Sunday, March 15, 10am; \$30-\$36. 18 and up. Ink Spot, 2730 Historic Decatur Rd., Barracks 16 #202. (LIBERTY STATION)

**Conducting Class** Learn basic conducting skills, enhance your knowledge about different musical styles, composers and their great work. Class includes elements of

Yoga, Tai Chi to warm up, and attentive listening to different music. You will work on balance and flexibility, developing different range of motion according to musical nuances. Reservations required Thursday, March 12, 11:30am; \$15-\$20. La Jolla Community Center, 6811 La Jolla Boulevard. (LA JOLLA)

**Conquer Your Fear of Snakes** Join us for a SnakeSmart workshop and overcome your fear of snakes and other reptiles. Saturday, March

14, 9:30am; \$25. Helen Woodward Animal Center, 6461 El Apajo Road. (RANCHO SANTA FE)

**DML Workshop: VHS Conversion** Learn how to convert your VHS tapes to DVD to preserve your family's past at the Library Digital Media Lab. Space is limited, please sign up at the Library Reference Desk or by calling the Library. Saturday, March 14, 2pm; free. Coronado Library, 640 Orange Avenue. (CORONADO)

**Demystifying Design** Workshop focusing on the basics of floral design and techniques. Saturday, March 14, 9am; free. Coronado Library, 640 Orange Avenue. (CORONADO)

**Dream Tending Workshop** Discover the hidden potential of your dreams to open new worlds of connection, creativity and healing in your life. Registration required. Friday, March 13, 12pm; \$20-\$25.

La Jolla Community Center, 6811 La Jolla Boulevard. (LA JOLLA)

**Fairy Gardens with Twig Furniture Class** In this course you will learn how to create a Fairy Garden in a saucer and topped off with Twig Furniture. Maximum 30 people per class so please book reservations, go online or call 619-232-5762. No registration at the door. Room 104 Thursday, March 12, 10am; \$25-\$30. Casa del Prado, 1650 El Prado. (BALBOA PARK)

**Fundamentals of Piano** Learning the fundamentals of piano playing is a window to all musical instruments and dramatically enhances appreciation of music. Reservations required. Thursday, March 12, 12:30pm; \$40-\$85. La Jolla Community Center, 6811 La Jolla Boulevard. (LA JOLLA)

**Green Routines Workshop** Join I Love A Clean San Diego for a free Green Routines Workshop. Whether you're starting your zero waste journey or ready to take it to

# Planning a wedding?

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# BRIDAL BAZAAR

Bridal Expo & Wedding Festival

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Patricia Norvell | Makeup & Hair  
J Lewis Bridal LLC | Headpieces  
Event Suppliers Inc | Florals  
Madison Rice | Model

the next level, come learn how to set yourself up for zero waste success. Saturday, March 14, 10am; **free**. City Farmers Nursery, 3110 Euclid Avenue. (CITY HEIGHTS)

**Intuitive Weaving: Basics & Beyond** I will provide guidance in a variety of Weaving Techniques and will surround you with warped looms to work on, tools to learn with, natural fibers, and foraged and gathered natural objects to incorporate into your weavings. Each Weaver will complete a one-of-a-kind Woven Textile. Sunday, March 15, 1pm; San Diego Craft Collective, 2590 Truxtun Rd., Studio 106. (LIBERTY STATION)

**Kimchi Fermentation Workshop ft. Boochcraft** We'll explain fermentation and have a brief discussion about the benefits of making and eating fermenting foods, and the history and different styles of kimchi. Make your very own batch of spicy kimchi to take home and ferment. Saturday, March 14, 11am; \$42-\$45. Wild Willow Farm and Education Center, 2550 Sunset Avenue. (NESTOR)

**Nature Bathing** The positive health effects of simply being and walking in a state of relaxation in Nature, has undergone significant scientific testing and validation in Japan and Korea. Sunday, March 15, 9am; \$32-\$40. 18 and up. San Diego Botanic Garden, 230 Quail Gardens Drive. (ENCINITAS)

**Nonviolent Communication 101** Learn the simple, 4-step process that supports using language

in self-responsible, respectful, compassionate & empowering ways that maximize the possibility of creating harmony & heart-centered connection + everyone getting their needs met. Saturday, March 14, 4pm; \$20-\$50. Sleep Bedder at Sommeil, 2867 El Cajon Boulevard. (NORTH PARK)

**STEM EXPO Day** Bring the family to interact with 150+ exhibitors and STEAM professionals from San Diego's local science, technology, engineering, arts, and math industries. Thursday, March 12, 10am; Friday, March 13, 10am; Saturday, March 14, 10am; **free**. Petco Park, 100 Park Boulevard. (EAST VILLAGE)

**SpeechCraft: Increase Public Speaking Confidence** Open to all who want to improve their speaking, business communication and leadership skills, the six week series includes coffee and morning snacks. For more information, contact safwanengg@gmail.com or call (682)-234-1656. Thursday, March 12, 7am; \$39. 18 and up. University Christian Church, 3900 Cleveland Avenue. (HILLCREST)

**Your Life Is Designed to Work Mini-Workshop** The "Life Is Designed to Work" thought system, integrated with NLP Time-Line. Bring your specific issues, questions, and concerns to the workshop. \$10-\$20 suggested donation. RSVP at (760) 753-0733 to reserve your space. Sunday, March 15, 3pm; \$10-\$20. 18 and up. Dr. Cohen, 811 Summerhill Court. (ENCINITAS)

## COMEDY

**Pi Day Comedy Night** Your host for the evening is scientist turned comedian Tim Lee. Saturday, March 14, 7pm; \$10. El Tejate, 3050 Pio Pico Drive. (CARLSBAD)

**Sean Patton** As seen on: Comedy Central, "Late Night with Jimmy Fallon" on NBC, Conan, "Late Night with Jimmy Fallon," "Maron". Thursday, March 12, 8pm; Friday, March 13, 7:30pm and 9:30pm; Saturday, March 14, 8pm; **free**-\$20. 21 and up. American Comedy Company, 818 Sixth Avenue. (DOWNTOWN SAN DIEGO)

**Trixie Mattel** Sunday, March 15, 7:30pm; Lyceum Theatre, 79 Horton Plaza. (DOWNTOWN SAN DIEGO)

## DANCE

**Gospel Line Dancing** Beginner gospel line dance class. Gospel line dancing is just like country line dancing, except we line dance to gospel music. No previous line dance experience is necessary. For more information, please visit online or email linedance@sdrock.com. Thursday, March 12, 6pm; **free**. 18 and up. Rock Church, 2277 Rosecrans Street. (POINT LOMA)

**Partner Dance Sample Class** Each week, come explore two different styles of partner dance and get familiar with some new styles. Thursday, March 12, 7:45pm; \$20-

\$50. Coriography, 1795 University Avenue. (HILLCREST)

**San Diego Contra Dance** Come join us for modern American folk dancing to live music. No partner necessary, no experience necessary. Saturday, March 14, 7pm; \$10. Trinity United Methodist Church, 3030 Thorn Street. (NORTH PARK)

**Social Dance & Group Class** Take your pick between two group classes, beginner basics or line dancing, to jumpstart your evening, and then dance the night away with us for some social dancing. Saturday, March 14, 6:45pm; \$10-\$24. 21 and up. Trilogy Ballroom Dance Studio, 16769 Bernardo Center Dr., Ste 26. (RANCHO BERNARDO)

## DISCUSSION GROUPS

**Bridge of Spies Screening** During the Cold War, the Soviet Union captures U.S. pilot Francis Gary Powers after shooting down his U-2 spy plane. Sentenced to 10 years in prison, Powers' only hope is New York lawyer James Donovan (Tom Hanks), recruited by a CIA operative to negotiate his release. Saturday, March 14, 3pm; **free**. Coronado Library, 640 Orange Avenue. (CORONADO)

**COMPLEX DECISIONS IN THE ICU** This program will explore the complex decisions that families and providers grapple with in intensive care unit settings. Sunday, March 15, 1:30pm; **free**. Vision Center for Spiritual Living, 4780 Mission Gorge Place. (GRANTVILLE)

**Careers in Fire Service** Faculty from Southwestern and Miramar Fire Science programs, and a local Coronado High School graduate who all serve as Coronado firefighters, will discuss highlights of their education and fire experience. Thursday, March 12, 6:30pm; **free**. Coronado Library, 640 Orange Avenue. (CORONADO)

**Community Choice Aggregation: Clean Energy** Learn what electricity supply by Community Choice Aggregation can do to accelerate decarbonization in San Diego. Thursday, March 12, 5:30pm; **free**. Vista Library, 700 Eucalyptus Avenue. (VISTA)

**Gender in Media** The event is open to the public and will include: facilitated conversations with industry leaders in tech, film, hip hop and creative leadership; inter-

active workshops aimed to broaden understanding of gender norms, stereotypes and media literacy; and an evening forum focused on Strengthening the Role of Women in Media. Sunday, March 15, 1:30pm; **free**. San Diego Marriott La Jolla, 4240 La Jolla Village Drive. (LA JOLLA)

**Volunteer Open House** Join us at the Elfin Forest Interpretive Center to learn about the unique volunteer opportunities at the IC, on the trails, and beyond! Saturday, March 14, 10am; **free**. Elfin Forest Recreational Reserve, 8833 Harmony Grove Road. (ESCONDIDO)

**What is Art & Why Do We Create** In this 4 part series, artist and Palomar instructor Helen Wilson will take a romp through mankind's creative history. What have we created, and more importantly, why do we create? For more info or to register: Helen Wilson at studio@helenwilsonartist.com or visit online. Saturday, March 14, 4pm; \$5-\$15. 18 and up. Art Center, 1140 Main St., Suite 208. (RAMONA)

## FOR KIDS

**Aladdin JR.** Aladdin and his three friends, Babkak, Omar, and Kassim, are down on their luck until Aladdin discovers a magic lamp and the Genie who has the power to grant three wishes. Friday, March 13, 7pm; Saturday, March 14, 7pm; Sunday, March 15, 2pm; \$10-\$14. Mission Hills United Church of Christ, 4070 Jackdaw Street. (MISSION HILLS)

**Burn Institute Storytime** The San Diego Burn Institute will present a special story time to educate preschoolers on vital safety information. Children will learn about fire safety and receive goodie bags. Friday, March 13, 10:10am; **free**. Coronado Library, 640 Orange Avenue. (CORONADO)

**Circus Vargas** Mr. V's Big Top Dream: more sparkle and sequins. Run away with the circus for two hours. Friday, March 13, 12:30pm; \$15-\$72. Westfield Plaza Bonita, 3030 Plaza Bonita Road. (NATIONAL CITY)

**Dig & Discover the Past** If you get excited about uncovering the secrets of the past, then come to the Historic Santee Barn for a day archeology. Kids will get to learn about the study of people and artifacts of ancient times by digging for archeological treasures in the 107

year old barnyard. Saturday, March 14, 10:30am; **free**. Santee Historical Society & Museum, 9200 Magnolia Avenue. (SANTEE)

**Discover Owl Pellets** Stop by the Discovery Table in the lobby of the Visitor Center at Mission Trails Regional Park anytime between 10am and 1pm to learn all about Owl Pellets from our knowledgeable Trail Guides. Saturday, March 14, 10am; **free**. Mission Trails Regional Park, One Father Junipero Serra Trail. (SAN CARLOS)

**Enjoya La Jolla: Disney's Frozen** The next Sip, Shop & Stroll is a partnership with Disney's FROZEN, we will be having a FROZEN themed scavenger hunt where kids of all ages will search the village for Elsa, Anna, and their magical friends. Saturday, March 14, 12pm; **free**. National Geographic Fine Art Gallery, 1205 Prospect Street. (LA JOLLA)

**Exploring the San Diego River Garden** Join a Park Ranger for an off-trail adventure at the San Diego River Garden, a hidden gem in the heart of Mission Valley. We'll look for unique river plants and wildlife and help to keep the river healthy by removing trash and invasive plants. RSVP Required. Saturday, March 14, 10am; **free**. San Diego River Garden, 3334 Camino del Rio North. (MISSION VALLEY)

**Guided Hike & BioBlitz for Kids** This is your chance to be one of the few lucky people to explore the beautiful open space of Eagle Peak Preserve, a 1152 acre conservation area owned by the San Diego River Park Foundation! This area is normally not open to the public, but for River Kids Discovery Days, we will be taking a special group on a guided hike of this special space! RSVP Required. Saturday, March 14, 10am; **free**. Eagle Peak Preserve, Eagle Peak Road. (JULIAN)

**Jimbo's Garden Workshop** Learn to make Ants on a Log. Parents and little ones will get to participate and learn together. Included with Museum Admission. Friday, March 13, 11am; **free**-\$9. San Diego Children's Discovery Museum, 320 N. Broadway. (ESCONDIDO)

**Make-It Workshop** We invite you to stop by Studio X (formerly Tinkering Studio) on Saturdays to try your hand at making. You can make anything from hydraulic arms to camera obscuras for optimal eclipse viewing. Saturday, March 14, 11:30am; \$19-\$21. Fleet Science Center, 1875 El Prado. (BALBOA PARK)

**Ruth and Emilia** When we last heard from Ruth and Emilia, a spaceship fell in Emilia's backyard. In it was URR from Planet Goopda, and they became fast friends. Now URR is back, this time to help Emilia and her friends save their beautiful bay. Saturday, March 14, 3pm; **free**. Escondido Library, 239 South Kalmia Street. (ESCONDIDO)

**ScholarShare 529 Toddler Time: Family Fun Friday** The toddler program values the whole child and supports healthy bodies and minds, with music, movement and social play for young children.

# SATURDAY, MARCH 21



## HEARTACHE TONIGHT

### A TRIBUTE TO THE EAGLES!

SHOW STARTS 7PM • DOORS OPEN 6:30PM

Player's Gold Club members get free admission and complimentary appetizers!

Seating is limited, first-come first-served.

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# HOLDING TIGHT



MARCH 21<sup>ST</sup> - 7:30 PM &

MARCH 22<sup>ND</sup> - 2 PM

THE LYCEUM THEATRE MAINSTAGE

PGK Dance's World Premiere Show "Holding Tight" features new works by 4 award winning, diverse choreographers from across the U.S. Guest Company: Unsicker Dance Collective of Portland, Oregon.

“Beautifully sculpted works, performed brilliantly with fun and wit”  
- Los Angeles TIMES

“PGK DANCE! has stunning, versatile dancers”  
- Miami Herald

“PGK DANCE is One of SoCAL's BEST”  
- Dance Spirit Magazine

For Tickets:  
[lyceumevents.org](http://lyceumevents.org) / 619-544-1000

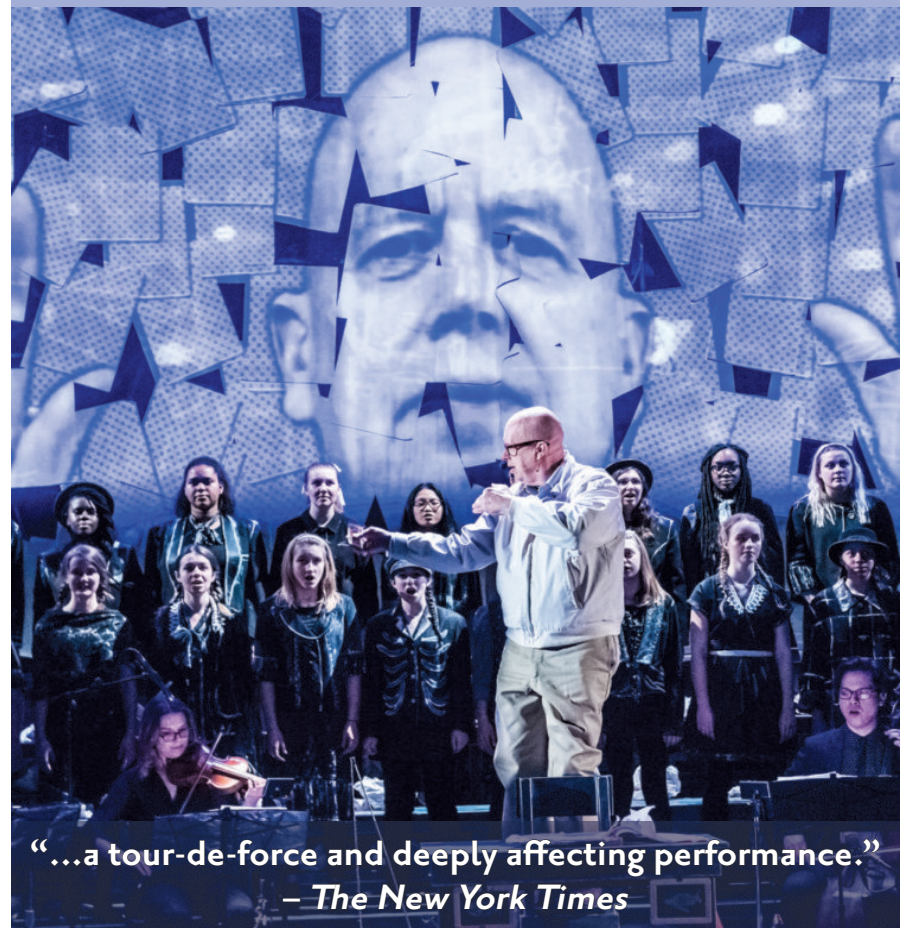
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# SHEEP AND GOATS

## I ANSWERED THE CALL

### First Baptist Church of Pacific Beach

**Contact:** 4747 Soledad Mountain Road, San Diego  
858-273-8888, www.firstpb.org

**Membership:** 112

**Pastor:** Justin Paslay

**Age:** 37

**Born:** Fort Worth, TX

**Formation:** University of Arkansas, Fayetteville, AR; Southern Baptist Theological Seminary, Louisville, KY

**Years Ordained:** 13

**San Diego Reader:** How long do you spend writing your sermon?

**Pastor Justin Paslay:** I average 25-30 hours a week, and they are expositional sermons, explained verse to verse.

**SDR:** What's your favorite subject on which to preach?

**PP:** Justification by faith alone and Christ alone. I think it's the bedrock of the Christian faith. It is an essential doctrine by which the Church exists and lives out its mission.

**SDR:** What is your main concern as a member of the clergy?

**PP:** My main concern is insuring that our aim is to make the name of Jesus known above all, and to make sure everything we do as a congregation is centered on the gospels of Jesus Christ. We are striving to be a healthy church, and in order to achieve the healthiness that would honor the Lord and reflect the commands of Christ to his church, we want to gather regularly to sit under the word preached

and see the word demonstrated through the ordinances of baptism and the Lord's supper. We want to do all those things which the Lord uses to conform us to the image of Jesus. Out of the empathy we have for Christ, through regular intake of prayer and through striving and fighting for holiness, we believe that out of the overflow of the intimacy we have with God we will be able to love people in a way that Jesus asked us to, reflected in sacrificial living and opening our homes, practicing generous giving and welcoming hospitality, and to truly be there for the neighbors we're called to love.

**SDR:** What is the mission of your church?

**PP:** First PC exists to display the glory of God, declare the good news of Christ Jesus, and make disciples of all nations. We have a three-part strategy. We carry out the mission of the church in light of the gospel; and in light of the gospel we worship, we experience gospel community; and we are faithful to the mission of making disciples.

**SDR:** What book has had the most impact on your ministry?

**PP:** *The Valley of Vision* (edited by Arthur Bennett), which is a collection of Puritan prayers. It's always encouraging in the Christian walk to hear from the dead men who lived for Christ well, and to pray with them. In this book, you're reading prayers that



Justin Paslay

were written by men deeply devoted to God and who experienced the same struggles we now face in pastoring. It's a bit like getting in the huddle and crying out to God together. It's been a really helpful tool for my soul in ministry.

**SDR:** Where do you go when you die?

**PP:** Death is a fork in the road,

and for those who have placed their faith and trust in Christ, they experience his glorified presence, and then they await the reuniting of the glorified body which will be raised from the dead upon his second coming. But the fork in the road for those who have not experienced faith in Jesus Christ is a path of condemnation, of eternal separation. So I do hold to the Christian orthodox view – no waiting game, no purgatory, no crossing your fingers. It's either you experience his holy presence or you exist in external separation where his presence has withheld.

– Joseph O'Brien

Find more *Sheep and Goats* columns at [SDReader.com/worship/](http://SDReader.com/worship/)

Toddler time is free with admission. Sights, Sounds + Textures. Friday, March 13, 10am; **free**-\$15. New Children's Museum, 200 W. Island Avenue. (EAST VILLAGE)

**Sensory Storytime** An inclusive storytime for children ages 0-8. There will be songs, stories, felt activities, and fingerplays for a sensory experience. Designed especially for children on the Autism spectrum. Thursday, March 12, 10am; **free**. Coronado Library, 640 Orange Avenue. (CORONADO)

**Weekend Science Clubs** Join us on the second weekend of each month to investigate exciting science topics. Sessions are filled with new challenges, hands-on activities and interaction with local scientists. Saturday, March 14, 12pm; \$13-\$15. Fleet Science Center, 1875 El Prado. (BALBOA PARK)

**Young Scientists Session 6: Kid Chemistry** Families will explore the world of chemistry by creating chemical compounds, analyzing acids and bases, whipping up new recipes and making things glow. The program is designed for children ages 3-5 years with an accompanying adult. Enrollment is limited and pre-registration is required. Thursday, March 12, 9am; \$75-\$85. Fleet Science Center, 1875 El Prado. (BALBOA PARK)

## LECTURES

**Be Proactive: Fend Off the Flu** Donna Lupinacci, master teaching nurse (Kaiser) and former army nurse, will dispel facts and myths about flu and Coronavirus (Covid19). How does this potential pandemic compare to the ever present threat of seasonal influenza? How do we protect ourselves and our families? Information: 619-463-9819. Saturday, March 14, 2pm; **free**. Lemon Grove Library, 3001 School Lane. (LEMON GROVE)

**Francis Gary Powers & the U-2 Incident** Francis Gary Powers, Jr. son of captured pilot Francis Gary Powers will discuss his latest book and talk about Bridge of Spies. Sunday, March 15, 3pm; **free**. Coronado Library, 640 Orange Avenue. (CORONADO)

**Mexico Finally Recognizes Its Black Citizens** Afro-Mexican speaker Jorge Gonzalez speaks on the presence and history of people of African descent in Mexico. For the past 500 years, Afro-Mexicans have been omitted from Mexico's history, governmental rights, and society. The country's 1.38 million black population will be recognized for the first time in

Mexico's national census of 2020. Saturday, March 14, 4pm; **free**. Central Library, 330 Park Boulevard. (EAST VILLAGE)

## MUSIC

**Jazz Vespers** Each Jazz Vespers service begins with a 30-minute set of live jazz, blues, and gospel, featuring the Archie Thompson & the Archtones and guest musicians. Saturdays, 4:30pm; through Wednesday, December 30, **free**. First Presbyterian Church Chapel, 1740 4th Avenue. (DOWNTOWN SAN DIEGO)

## NATURE

**Clean & Green River Cleanup** Help create a better future for the San Diego River in Santee! Families will have the opportunity to volunteer at a kid-friendly cleanup of the San Diego River! Volunteers will help protect animal habitat and beautify our precious green spaces by picking up storm water debris along the river. Bring at least 2 liters of water. Wear sturdy hiking shoes and sun protection. Pack a sack lunch or snack. Dogs are not allowed. This hike is not kid-friendly. Long pants are recommended. This event will be at Forester Creek in Santee. Please find street parking near the Pacific Islander Beer Company Parking Lot Saturday, March 14, 9am; **free**. Pacific Islander Beer Company, 8665 Argent St., Suite B. (SANTEE)

**Coastal Habitat Restoration** Spend your Saturday morning soaking up the sunshine and coastal breeze while you help save and restore one of the last remaining Coastal Dune and Wetland Habitats in San Diego! Bring at least 2 liters of water. Wear sturdy

hiking shoes and sun protection. Pack a sack lunch or snack. Dogs are not allowed. This hike is not kid-friendly. Long pants are recommended. Volunteers will meet in the grassy area just inside the Dog Beach parking lot in Ocean Beach at the western end of Voltaire Ave. RSVP Required. Saturday, March 14, 9am; **free**. Dog Beach Ocean Beach, West Point Loma Boulevard and Voltaire Street. (OCEAN BEACH)

**Discover Elfin Forest** You'll learn about the amazing plants and wildlife at the Reserve. Walks are moderately paced on the lower creek trail and begin in front of the Interpretive Center. Sunday, March 15, 10am; **free**. Elfin Forest Recreational Reserve, 8833 Harmony Grove Road. (ESCONDIDO)

**It's Popping Season for La Jolla Harbor Seals** An illustrated talk about Harbor Seals and Sea Lions, followed by a short walk to Casa Beach to possibly see a harbor seal birth and/or a nursing mother and pup. Saturday, March 14, 2pm; **free**. Mangelsen Images of Nature Gallery, 7916 Girard Avenue. (LA JOLLA)

**Life & Death at the Lagoon** CARLSBAD Batiquitos Lagoon will be hosting a presentation titled, Life and Death at the Lagoon. Long-time docent Don Rideout will talk about how plants and animals survive here on this busy corner of Southern California. A trail walk is included. Meet at the Nature Center. Saturday, March 14, 10am; **free**. Batiquitos Lagoon Nature Center, 7380 Gabbiano Lane. (CARLSBAD)

**Perfumes of Spring** Scented air carries the fragrance of sage, flowering shrubs, and wildflowers. Learn how to identify Poison Oak as it appears along with the other early bloomers of Spring. Meet inside the Visitor Center. Saturday, March 14, 9:30am; Sunday, March 15, 9:30am; **free**. Mission

Trails Regional Park, One Father Junipero Serra Trail. (SAN CARLOS)

**The Flowering of Spring** Bursts of early season flowers populate Kumeyaay Lake and nearby Grasslands trails. Refresh in nature's offerings and learn some of her secrets on a fun and informative trail guide-led outing. Meet by flag poles at Campground Entry Station. Saturday, March 14, 8:30am; **free**. Kumeyaay Lake Campground, Two Father Junipero Serra Trail. (SANTEE)

**View the Night Sky** Join MTRP Trail Guide and amateur astronomer, George Varga, and his telescope to view the nighttime sky. No white light flashlights near the telescope, please. Rain or cloudy skies cancel event. Meet at the far end of the Kumeyaay Lake Campground Day Use Parking Lot Saturday, March 14, 6pm; **free**. Kumeyaay Lake Campground, Two Father Junipero Serra Trail. (SANTEE)

## SPECIAL EVENTS

**South Park Spring Walkabout** The South Park Walkabout is a quarterly fun-filled evening festival that showcases all the unique and independent businesses within South Park. Enjoy complimentary treats, live entertainment and special offers. Kid-friendly, dog-friendly and free to attend. Saturday, March 14, 6pm; **free**. 30th and Beech St/30th St. and Kalmia St

**St Patty's Day Celebration** Everyone gets lucky with music by DJ Wee Gee Diego, Irish themed cupcakes by Cupcakes Squared and lots deals, saving you lots of green. Saturday, March 14, 12pm; **free**. 21 and up. Columbia Care California, 4645 De Soto Street. (PACIFIC BEACH)

## SPOKEN WORD

**Second Saturday Poetry Cafe** Meet the local literati behind, "Fragments of the Universe," a new collection of poems by Pat Andrus. Then share your own cosmic bits at the open mic. Social hour with snacks, light meals, beverages. Saturday, March 14, 5:30pm; **free**. Meraki Cafe, 1735 Adams Avenue. (UNIVERSITY HEIGHTS)

## SPORTS & FITNESS

**Old Fishing Reels Are Reeling In Big Interest** Paul Berinson, a professional tackle collector and tackle company owner in Temecula, is a 20-year member of the Old Reel Collector's Association. He will be the guest speaker at the March 13 meeting of the Senior Anglers of Escondido. Most salt-water anglers know that one of the most popular reel manufacturers, Penn Reels, is hard to identify as to the time period of manufacture. Berinson invites attendees to the club meeting to bring their old Penn Reels and he will help establish time periods and what they may be worth. Friday, March 13, 9:30am; **free**. Park Avenue Community Center, 210 Park Avenue. (ESCONDIDO)

**Tantra Mini-Workshop** Sexual union is just one small way that tantric energies can be expressed and ultimately elevated. Would you like to explore intimacy in a safe, non-sexual way? Then you'll definitely want to join us for this experiential mini-workshop and introduction into the world of tantra. Saturday, March 14, 12pm; \$55. San Diego Marriott La Jolla, 4240 La Jolla Village Drive. (LA JOLLA)



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## The Divine Bubble.. Metaphysical Crystal Boutique

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# COMPLEX DECISIONS IN THE ICU

This program will explore the complex decisions that families and providers grapple with in intensive care unit settings (ICU). Decisions are often time-critical, such as in the case of a brain bleed. Families are often asked for guidance regarding aggressive care.

## SPEAKER:

**Jamie LaBuzetta,**  
M.D., UCSD ICU



**Sunday, March 15, 1:30 PM to 3:00 PM**  
**FREE program and FREE parking.**

VISION  
4780 Mission Gorge Place, Suite H  
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[www.hemlocksocietysandiego.org](http://www.hemlocksocietysandiego.org)



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Live performances by  
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Whitney Shay and Kahlil Nash  
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San Diego Reader March 12, 2020 29

SPECIAL  
ISSUE



# Healthy and Active Life

PATRICK HENDERSON  
**HIGH ON FITNESS**

## **Pyles Peak**

Corner of Golfcrest and Navajo Drives

### **MISSION TRAILS**

Cowles Mountain is a very popular, very crowded hike — especially if you're taking it from the Golfcrest/Navajo staging area. However, it's easy to get the feeling of being alone in nature by continuing onto Pyles Peak after you reach the Cowles summit. At 1379 feet, Pyles is the second highest peak in Mission Trails Regional Park. Since the hike doesn't get even five percent of the traffic of Cowles Mountain, there will be lots of moments of just you, the view, and the chaparral. There are two lookout points that give a good view of the park's coastal side and, on a clear day, the actual coast. All told, the combined length of Cowles Mountain and Pyles Peak is about 5.3 miles from Golfcrest/ Navajo.

## **Cannabis Fitness Training**

As San Diego adjusts to life post-cannabis legalization, many locals are finding ways to add marijuana into all aspects of their life, including exercise. Fitness trainer Kendra Solow says THC and CBD both can have beneficial effects on the body before, after, or during exercise, depending on the type of training. It might help you get into a yoga pose more fully or help cool down from a vigorous exercise. Solow's \$110 per hour sessions are strictly BYOCannabis, but she can offer advice on which strains will go best with which type of workout.



## Grassland Trail/ Old Mission Dam

2 Father Junipero Serra Trail

### MISSION TRAILS

#### REGIONAL PARK

Located on the Santee side of Mission Trails near the Kumeyaay Lake Campground, the Grasslands Trail goes over the San Diego River into a grassland area that looks like wide open space (if you ignore the freeway or power line towers in the background.) The trail passes some grinding rocks, used by the Kumeyaay to grind acorns into flour, and can loop over to the Old Mission Dam, a fun and historically important place to climb around. The trail can be up to 4.3 miles or as short as a mile depending on how much of a workout you want. It's mostly flat, so it's a good hike for families. The trail is especially photogenic in the late afternoon when the



PHOTOGRAPH BY MATTHEW SUAREZ

### Lake Hodges Bicycle Pedestrian Bridge

sun makes the windblown grass shine.

### Ultimate Dodgeball

851 Showroom Place

#### CHULA VISTA

Some people get a little jumpy about exercise. For those people, a trampoline park like SkyZone in Chula Vista is just the ticket. Although the place makes

most of its bank from birthday parties, monthly memberships starting at \$20 allow people to jump at least 60 minutes a day. The trampolines allow people to practice jump shots they wouldn't otherwise make, but SkyZone is best known for Ultimate Dodgeball, a version of the popular and painful schoolyard sport that allows players a bet-

ter chance to jump out of the way.

SIOBHAN BRAUN

### PEDAL POWER

#### Bayshore Bikeway

Broadway Pier - Coronado Ferry

#### EMBARCADERO/CORONADO

Loop around San Diego Bay on the Bayshore Bikeway. The trail takes you past dozens of interesting

spots, including the U.S. Naval Amphibious Base (where you might spot some Navy Seals training), Silver Strand State Beach, and the Hotel Del. The 24-mile-long trail weaves through downtown San Diego, Chula Vista, Imperial Beach, and Coronado. Thirteen miles of the ride is on a paved, vehicle free path. For a shorter, more family-friendly ride, turn around in Imperial Beach to avoid the on-street bike lanes. If you're lucky, when you whiz through the section of trail adjacent to the San Diego Bay Wildlife Refuge, you might even catch a glimpse of the lone pink flamingo that has made a home in its waters.

#### The San Diego River Bike Path

West Point Loma Avenue

#### OCEAN BEACH

Away from the hustle and bustle of busy roads, the San Diego River Bike Path

takes you on an adventure that is one part nature and one part urban jungle. Leaving from OB's Dog Beach, bikers can travel four miles to Sefton Park in Mission Valley. The ride takes you under graffiti-covered bridges and through blankets of wildflowers. It gives bird-watchers glimpses of colorful local fauna against the tranquil backdrop of the San Diego River. The path is secluded and well paved, making it a peaceful ride. However, you will run into homeless people living around the path. I've biked the trail several times and have never had an unpleasant experience, but I would recommend riding with a partner.

#### Lake Hodges Bicycle Pedestrian Bridge

12655 Sunset Drive

#### ESCONDIDO

You have probably spotted

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PHOTOGRAPH BY MATTHEW SUAREZ

### Axe Thro Co.

The David Kreitzer Lake Hodges Bicycle Pedestrian Bridge from out your car window while riding on the 15 freeway in Escondido. It's an impressive sight, looming above the water. At 990 feet in length, it is the world's longest stress ribbon bridge. It was created in order to provide a scenic passageway for families

and cyclists between the north and south ends of the lake. In total, the trail is a leisurely 3-mile trek. An added bonus: Lake Hodges is a popular location for migratory birds traveling on the Pacific Flyway, making this bike ride ripe for birdwatching. Bridge gates are open 6am to 9pm daily.

### Solana Beach Coastal Rail Trail

Via De La Valle and Highway 101

#### SOLANA BEACH

The Solana Beach Coastal Rail Trail is an art lover's paradise. Sprinkled throughout with whimsical art installations, this 1.7-mile ride is an easy way to take in one of San Diego's funkier little beach communities.



PHOTOGRAPH BY MATTHEW SUAREZ

### Sweetwater Bicycle Jump Park

The trail runs alongside Highway 101. Along the way are dozens of fun sights to take in — crescents embedded in the path that feature moon-themed poetry, a sunburst stained-glass mosaic by artist Amber Irwin, and two ornate arches with over 1000 handmaid tiles depicting scenes from local history. The Solana Beach Coastal Rail Trail is part of a larger project, Rails-to-Trails, which covers 44 miles of bicycle and walking trails throughout the county. These trails were created as a way to encourage fun, safe ways for San Diegans to get out and explore.

### Pacific Coast Highway Bikeway

#### DEL MAR

The Pacific Coast Highway Bikeway draws cyclists from around the world. Extremely adventurous riders take PCH all the way up the California Coast. But for a simpler day ride, start in Del Mar and make your way to Camp Pendleton and back down again. Most of the route offers dedicated bike lanes plus ocean views

and breezes. It's the stuff of movies, or perfectly curated Instagram feeds. Make sure to bring along your ID, as you will not be permitted to ride through Camp Pendleton without a government-issued photo ID.

IAN ANDERSON

### FLYING AX YOGA BOWLING

#### Axe Thro Co.

4428 Convoy Street

#### KEARNY MESA

If you were throwing axes in public in 2017, odds are you would have been arrested. Three years later, a dozen different ax-throwing businesses have popped up between North Park and San Marcos, offering the chance to throw hatchets at a wooden bullseye without fear of reprisal. This follows a national craze that has spread across the U.S. in just four years. It's easy to imagine yourself heaving an ax as hard as you can in some cathartic act of pine wood destruction. However, Jimmy Rose, the ax thrower behind the city's newest ax throwing center, Axe

Thro Co., points out that while throwing accurately requires solid core strength, it takes more finesse than muscle. Multiple leagues have already sprung up for those interested in tournament play, though if you just want to show up and compete, \$25 will get you an hour playing a game that's similar to darts, but more satisfying.

#### iFly Indoor Skydiving

2385 Camino Del Rio North

#### MISSION VALLEY

3178 Vista Way

#### OCEANSIDE

By forcing air up a tube at wind speeds up to 140 miles per hour, iFly indoor skydiving centers in Mission Valley and Oceanside simulate the conditions of a skydiving freefall, minus the fall. In fact, when you step into that tube, you don't fall at all, you float. The wind lifts you up so you may spin, flip, and dance on air. But don't expect to leap straight into aerial pirouettes. You can lose control with the slightest hand movement, so stable belly flying is the first of many skills you must

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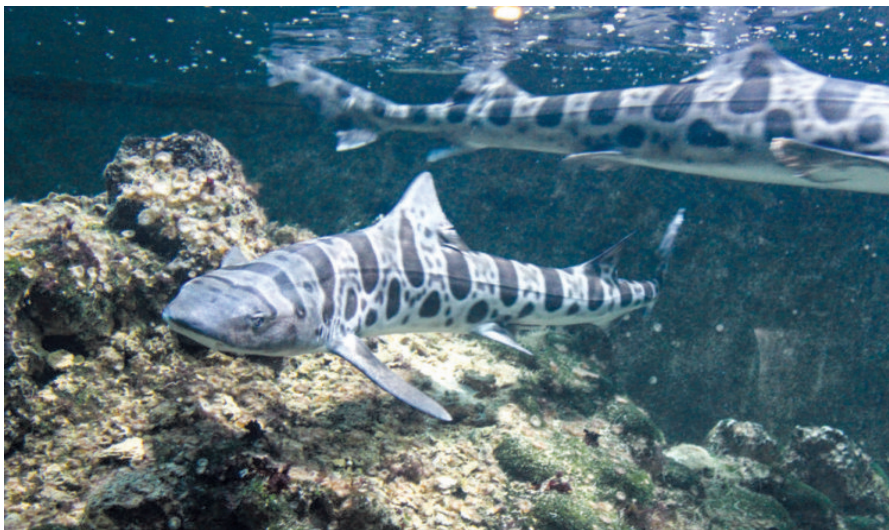
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### Swim with sharks in La Jolla

acquire before you may enter the tube without an instructor. That typically takes 30-40 flights, and since a pair of intense one-minute turns start at \$50, it takes true commitment and core strength to master one move that can't be replicated jumping out of a plane: flying! Fortunately, for an extra \$20, your instructor will help

you fly 40 feet to the top of the tube.

### Lawn Bowling

El Prado at Balboa Drive

#### BALBOA PARK

An ancient game more closely related to bocce than ten pin, lawn bowling is what you may have noticed people playing just inside the Laurel Street entrance to Balboa Park,

on the left before you cross the bridge. That would be the San Diego Lawn Bowling Club, keepers of the manicured pair of 120-foot square bowling greens that have been in use since 1932, and which once hosted Queen Elizabeth. In return for upkeep, members gain access to greens and clubhouse, stocked with bowls: the

3- to 4-pound balls players roll with a swing-and-squat motion. Bowls bulge a bit on one side, so they roll with a natural curve. Rather than knock down pins, the goal is to curl your bowls closest to the jack, a smaller white ball rolled ahead down a 14-foot lane, or rink. It's \$219 to join, then \$4 to use the greens, but the club is planning open play events this summer to boost involvement in this engrossing game.

### Morley Field Disc Golf Course

3090 Pershing Drive

#### NORTH PARK

Throwing a frisbee becomes more active than you'd expect when you're doing so at a disc golf course. For example, completing the winding, 19-hole Morley Field course takes you on a several mile walk through trees, over creeks, and across grassy fields. Established in 1978, it was one of the world's first courses for disc golf, which operates much like regular golf, except the "holes" are actually pole-mounted baskets. Every hole here is a par 3 or 4, and the baskets are frequently moved so the course stays fresh, even for frequent players. It's \$4 to play all day (\$5 on weekends), and while you'll notice experienced players drawing from a quiver of a dozen or more frisbees — each suitable for different throwing lengths and trajectories — newbies can make do with a \$1.50 rental frisbee. Dogs are allowed, on leash.

### Iyengar Yoga

(VARIOUS LOCATIONS)

Not all yoga is alike. All my early yoga classes were vinyasa, an active flow style that coordinated breath and movement for a very physical

workout. Bikram, better known as hot yoga, proved even more intense, in a heated, sweaty studio no less. Kundalini was lighter, but I found the chanting and meditation trying my patience instead of relaxing me. Finally, I landed on Iyengar, the bowl of yoga porridge that's just right. It's a more gentle form that focuses more on alignment and balance. You may still build strength, but using walls, ropes, blankets, blocks, and straps, the poses of an Iyengar class are more about stretching you out, improving your posture, and bringing both sides of your body into harmony. There aren't many dedicated Iyengar studios in greater San Diego, but when you find one, classes hover around \$20 each. Well worth it to walk out of class feeling taller.

DRYW KELTZ

### STUPID FUN

### Nobel Canyon Mountain Biking

MOUNT LAGUNA

Located in Cleveland National Forest, the Nobel Canyon Trail runs from the top of Mount Laguna all the way down to Pine Valley. It drops a whopping 2244 feet in elevation in just a hair under ten miles. You are starting at about 5515 feet and end at 3733. Near the top, the ride is filled with single-track trails that weave riders through thick enclaves of pine trees. The terrain transitions to chaparral about a third of the way down and becomes somewhat rocky and treacherous as sections such as the legendary "Stairway to Hell" begin to appear. The bottom third is primarily sand and rocky desert terrain that isn't too far removed from parts of local rides such as Tecolote Canyon and Mission

Trails. A full-suspension mountain bike, a helmet, and confidence in your abilities are all recommended for this epic ride.

### Mission Trails Rock Climbing

MISSION TRAILS REGIONAL PARK

If you want a more proximate (and easier) alternative to climbing Half Dome in Yosemite, look no further than Mission Trails Regional Park. Besides being perhaps the best dirt trail hiking and biking option within city limits, the park has a dedicated climbing area to satisfy those who yearn to scale large rocks. If you enter the park on the Father Junipero Serra Trail from Mission Gorge Road, the climbing area is located up the hill to your right, just after you pass the Visitor's Center. There is an official "Climber's Loop" trail that runs alongside the climbing area as well. On many days, you can see the climbers scaling the rock walls from the Father Junipero Serra Trail. The west-facing mountainside is divided into three different climbing areas (Main Wall/Limbo /Middle Earth), and each offers a selection of climbing routes. If you are heading out in the hotter months, bring plenty of water and keep your eyes peeled for the local rattlesnakes. They love the rocks as well.

### Vavi Kickball Leagues

PACIFIC BEACH/OCEAN BEACH/NORTH PARK

In search of a more participatory form of '80s nostalgia than binge-watching episodes of *Stranger Things*? Consider joining a Vavi kickball league. While Vavi (a local sport and social club) offers a myriad of sports

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PHOTOGRAPH BY MATTHEW SUAREZ

**Megan McCullough, ranked second in worldwide iCompeteNatural, runs EveryBODY's Fit in Oceanside.**

options for adults (volleyball, soccer, and tennis, among others) nothing is quite as much fun as the silly throwback kickball leagues. Dodgeball comes close, but the sheer anger and head-hunting associated with the gameplay of that sport makes it seem more appropriate for endlessly enraged adults circa 2020. Kickball, at its core, is athletic competition in its most dumbed-down and participant-friendly form. It's baseball and softball minus bats and, more often than not, skill. I played in one of these leagues a while back; it was stupid fun and a great excuse to get a little exercise on a weekday evening. Registration is as low as \$80 for an eight-game season.

**Sweetwater Bicycle Jump Park**

6057 San Miguel Road

BONITA

Del Mar got a concrete pump track in 2019, and

early this year Bonita opened its very own bicycle jump park. These are good days for area cyclists looking to push their skills into the airborne region. The new Sweetwater park is all dirt as well, so the cyclists won't have to worry about skateboarders crowding the space. As far as features go, the park has jump lines that range from beginner to expert, flow trails, and skill and pump sections. There is also a dedicated kids' section to help future X-Gamers get their tail whips down. The park sits on four acres of land and utilizes a packing material known as Soil-Tak to help keep the dirt on the berms and jumps as close to the smoothness of concrete as possible.

**South Mission Beach Volleyball**

MISSION BEACH

The courts at the southern end of Mission Beach are an incredible place to play volleyball. Besides

the gameplay, you have an ocean to cool off in just steps away and, if you linger into the evening, epic sunsets at your visual disposal. Players with incredible skills use these courts, but if you are just lingering and looking to get into a game, you can usually find a crew in the beginner to moderate range. If you have a large crew of your own, the best bet is to arrive early and try to stake out your own court. Remember, Monday through Friday after 10 am, all courts must accept challenges. Anybody who wants to play gets to play. Just make sure you're ready for the deep and potentially burning sand. It can toast your feet and swallow your jumps.

MARY BETH ABATE

**SHARKS, BIKES, AND PICKLEBALL**

**Aerial yoga at Trilogy Sanctuary**

7650 Girard Avenue

LA JOLLA

Take your yoga practice to new heights with Trilogy Sanctuary's aerial yoga class, which uses long, hammock-like loops of fabric to let you hang, swing, dangle, and rock your way through a series of asanas, guided by a certified aerial yoga instructor. Ranging from floating and gentle stretching to strength-building and dynamic dance-like classes, aerial yoga is accessible to all ages, body types, and experience levels. Beginners should start with Aerial Yoga L1 and Aerial Healing L1, while more advanced practitioners will enjoy Aerial Fitness, Aerial Lyra, Aerial Strength and Aerial Flips and Tricks.

**Pickleball**

BALBOA PARK AND VARIOUS LOCATIONS  
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learn, pickleball is a racquet game mash-up of tennis, badminton and ping-pong, played as singles or doubles teams. It's one of the fastest growing sports in the country: at least twenty parks, racquet clubs and rec centers across the city now have pickleball courts, including five new indoor ones at the Balboa Activity Center and nine at the Balboa Park Municipal Gymnasium. Try it out for yourself at one of the open play sessions available at courts all over San Diego County, some of which have free clinics and loaner paddles for beginners.

### Swim with sharks

#### LA JOLLA SHORES

The waters off La Jolla Shores attract scores of leopard sharks during the warmer months, especially in the shallow stretches just off the La



PHOTOGRAPH BY ELENA MARQUES

### Zumba Fitness with Rosie Velez

Jolla Tennis Club and near the Marine Room Restaurant. At peak times of year, groups of a few to hundreds of sharks hang out in four to five feet of water, making up-close viewing easy. And while sidling up to a five-foot long shark might seem frightening, leopard sharks have tiny mouths, and although they are carnivorous,

they won't bother humans. Bring your own mask, snorkel, fins, and possibly a wetsuit, or rent equipment from one of the nearby shops.

### Bicycle racing at the Velodrome

2850 Pershing Drive

#### BALBOA PARK

Satisfy your need for speed at the San Diego

Velodrome every Tuesday and Friday evening from mid-April through September as you scorch the 333-meter cycle track on a fixed-gear (and brakeless) track bike with some of San Diego's best cyclists. New to bike racing? Learn the ropes at track classes held Mondays and Wednesdays from March through September. Once you complete the six-week session, you'll be eligible to race in the Friday night series or take advanced classes. There's also an introductory racing program for youth from ages 7-17 on Monday evenings beginning in March.

E. V. HEPWORTH

### INFECTIOUS ENTHUSIAM

### F45 Training

1240 Tenth Avenue

#### DOWNTOWN

Their website states, "The F stands for Functional training, a mix of circuit- and HIIT-style (high-intensity interval training) workouts geared towards everyday movement. 45 is the total amount of time for sweat-dripping, heart-pumping fun." These ever-changing F45 group workouts change those who think they aren't gym people. For 45 minutes, your only job is to do the exercise at your

current station — pushing yourself mentally and physically — until the beep tells you to stop and move on. These workouts challenge even those who think they're in shape. Quick corrections and compassionate modifications, however, are available from the watchful trainers, making it suitable for all physical levels. And hot damn, it really is a sweaty, breathless good time. Lanae, BJ, Sal, and all the trainers at the San Diego Downtown location are consistently motivational, inclusive, friendly, and supportive.

### Brazilian Jiu-Jitsu

(VARIOUS LOCATIONS)

Brazilian Jiu-Jitsu evolved from Jiu-Jitsu, which itself was started amongst Buddhist monks in India looking for a compassionate approach to self-defense. It's considered first and foremost to be a martial arts form, but most who practice it experience welcome side effects such as humility and an increase in respect towards themselves and others. A ground-fighting style, Brazilian Jiu-Jitsu is based on getting your opponents in submission positions, then using various techniques to immobilize them. After 3-5 minutes spent grappling with an opponent, you'll be left physically depleted and mentally invigorated, having used most of the muscles in your body, including your brain. Beyond physical fitness, Brazilian Jiu-Jitsu will teach you the "gentle art" of protecting yourself against someone who is bigger and stronger.

### Orangetheory Fitness

(VARIOUS LOCATIONS)

Orangetheory Fitness workouts were designed by a Pilates instructor who realized her stu-

dents were still needing to hit the gym to burn fat. So she created workouts designed around the model that "12 minutes in the Orange Zone is all you need to charge your metabolism and create the Orangetheory afterburn." The Orange Zone is when your heart rate is between 84 to 91 percent of its max; the Orangetheory afterburn is based on the science of excess post-exercise oxygen consumption. The idea is that working out at a certain intensity will have you still burning calories after you exercise, supposedly for as long as 36 hours. The hour-long workouts are cardio intense, with at least 30 minutes on the treadmill and rower; strength-training exercises taking up the rest of the time. The group energy here feels crucial to keeping everyone motivated and moving.

### Zumba Fitness with Rosie Velez

1079 3rd Avenue

#### CHULA VISTA

Colombian-based Zumba Fitness is a dance workout rooted in Latin music, with dance moves ranging from Salsa to Reggaeton plus Hip-Hop. Rosie's classes at Chula Vistas Body's in Motion are even better, since she incorporates R & B, belly dance, and contemporary styles, and also pulls from her knowledge of exercise science. Her infectious enthusiasm, easy-to-follow instruction, and professional-level choreography guarantee some of the most fun possible while burning up to 800 calories during the hour-long class. Sweat with her Mondays at 7:15 pm, Wednesdays at 6:15 pm, and 10 am Saturdays. Bonus: she's also a personal trainer! So double-up on your exercise with a group workout

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PHOTOGRAPH BY ERNESTO RUIZ

### F45 Training

session before Zumba classes, or check out her schedule online for more days/times.

LEORAH GAVIDOR  
**PLAY AT EVERY AGE**

**Work out with a female bodybuilder at EveryBODY's Fit**

560 Greenbrier Dr

OCEANSIDE

San Diego is a stop on the circuit for several bodybuilding competitions — and home to some of the world's top competitors. Megan McCullough, ranked second in worldwide iCompeteNatural, runs EveryBODY's Fit in

Oceanside. She'll show you how to build muscle naturally and pose for competition, or give you expert workout tips designed for your body type. "You can transform yourself however you want. Face your fears, get on stage once and do the bikini competition. Or you can aspire to keep going and choose the lifestyle."

**San Diego Circus Center**

2050 Hancock Street

MIDDLETOWN

San Diego Circus Center owner Jean-Luc Martin welcomes beginners to come and see what they might enjoy. To explore your acrobatic potential,

he recommends Active Flexibility, Silks and Trapeze, or Tumbling and Handstands. "By the end of class, you can learn to do a handstand into a front roll." Passive Flexibility is more advanced; that's the contortion class. Tramp Wall — running up a vertical wall and performing tricks while rebounding from a trampoline — helps develop core and back muscles. "Acrobatic movement is not too hard," says Martin. "It's about getting moving." Drop-ins \$25 (call for availability). First-timers: arrive 15 minutes early to register. Free trial membership.



PHOTOGRAPH BY DAVID PHILLIPICH

### Trapeze High

**Qualcomm Sports, Fitness & Aquatics Complex**

4126 Executive Drive

LA JOLLA

San Diego residents can sign up for seven (consecutive) days of free access to the heated Olympic size pool, NBA regulation basketball gym, fitness classes, strength and cardio training equipment, Espresso

bikes, and more. Try out JBarre, Zumba, Core and Balance, or Functional Interval Training. Hit the pool for the Master's aquatics program or lap swim. Bonus: complimentary babysitting is included in memberships and during the trial period. If you enjoy working out there, memberships range in price from \$36-\$120 monthly.

**Butt, gut, and strut with your mutt**

(VARIOUS LOCATIONS)

Of course the only fitness company in the country to incorporate hiking, surfing, kayaking, camping, yoga, trail running, upper & lower body classes, and boot camp classes with dogs is in San Diego. Every Saturday morning,

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meet Dawn Celapino from Leash Your Fitness at a different park or location around the county for a physically and mentally stimulating workout designed for humans and canines (four classes, \$72). Or join a monthly Sunday hike (\$13) for an Insta-cute, endorphin-inducing good time. All breeds welcome.

### San Diego Soccer Women

(VARIOUS LOCATIONS) Soccer for women over 30. Find and join local recreational leagues, or meet up for beginner/refresher training Saturdays in Poway. Ladies from San Diego's teams have formed delegations to attend international events, including the Global Goals World Cup associated with the United Nations. They head to Norway this year for a tour and friendly competition. Founder

Brandi Mitchell advocates for "play at every age," setting up soccer activities to include women in their 70s and 80s. Ever tried walking soccer?

ELIZABETH SALAAM

### EXPECT YOUR MUSCLES TO COMPLAIN

#### Trapeze High

2470 Melru Lane

ESCONDIDO

Depending on your level of comfort with heights, jumping off a platform onto a swinging trapeze bar will either be terrifying or exhilarating. Adrenaline junkies and daredevils can get their fix at San Diego's only flying trapeze school. You'll learn all the safety guidelines, basic swing, trick positions, and dismounts. As you progress, you can get trickier and try a catch with an experienced flyer. Take a 90-minute lesson on your

own or grab a group of 10 adventurous friends for a group experience. Class packages and Frequent Flyer memberships are also available. All levels, Saturday and Sunday 10 am and 12 noon.

### World Beat Cultural Center

2100 Park Boulevard

BALBOA PARK

West African dance classes provide a serious workout, a cultural experience, and increased neural connectivity all at once. All dancing integrates rational, musical, kinesthetic, and emotional brain functions simultaneously, and when you add the live drums and vibrant energy of African dance classes at World Beat, it becomes a next-level experience. And if it weren't for the sweating and the rapid heartbeat and the shaking muscles you never knew



World Beat Cultural Center

you had, you might even forget you're working out. Sundays, 2:30 pm to 4:30 pm.

### Mission Bay Aquatic Center

1001 Santa Clara Place

MISSION BAY

Standup paddleboarding can be as peaceful or as aerobic as you want it to be. At Mission Bay

Aquatic Center, beginners can take a class to learn standup paddling basic skills or sign up for a standup paddleboard obstacle course class to learn and practice advanced maneuvers. For those who are comfortable on their own, single board rentals go for \$28 (for 2.5 hours), or you can sign on as a member for \$29 per month, which gives you one 2.5-hour rental per day.

### Aqua Adventures

1548 Quivira Way

MISSION BAY

Kayaking offers an experience unlike any other on the water. The vessel's low profile allows you to get up close and personal with the wildlife that inhabits San Diego's bays. Get a peek at otters, fowl, and fish while you traverse the calm waters of Mission Bay in a single or tandem kayak. Aqua Adventures lessons start at \$55, or enjoy 90-minute rentals for \$20 (single kayak) or \$25 (double kayak). Keep an eye on their calendar for full moon paddles, sunset paddles, and holiday paddles as well.

### Aerial Revolution

5730 Napa Street

If you've ever wanted to know what it's like to perform aerial acrobatics

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MATTHEW SUÁREZ

### HOME RUNS OVER THE BORDER

#### Futbol 7Xolos

Aguascalientes 12027

HIPODROMO, TIJUANA

"We played against Fernando Arce and Diablito Nuñez once," says my brother, who plays in a *fútbol siete* — seven-a-side — soccer league in Tijuana on Tuesday nights. Arce and Juan Carlos 'Diablito' Nuñez are retired soccer players who helped take Xolos to the Mexican championship in 2012. They are now frequently spotted playing in a non-professional setting. "It's not only the retired pros that make it competitive, but a lot of teens from Chula also come to play," continues my brother. The

PHOTOGRAPH BY DAVID PHILLIPICH

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league takes place in the field behind the stadium where the Xolos team usually practices. The full field is divided into three smaller fields to make matches of 7 vs 7. Matches cost around \$23 USD per team to pay for the referees. League winner not only takes the trophy but also scores a cash prize.

## Surfing Baja

K-38

### SOUTH ROSARITO

The first time I surfed was in Baja back in 2010 with two out-of-work pilots from Hawaii, friends of my brother. I didn't know anything about Baja then and neither did they; we simply drove south. Past Rosarito, we found a small gated beach that seemed nice. We paid 50 pesos (\$2.50) to park and to use the shack-like bathroom. There was absolutely no one but us, the ocean, and the gatekeeper with his family. Turns out we were near one of the many famous surf spots in Baja, K-38, named for being near the 38 kilometer marker on the highway. Despite having worldwide recognition, surf spots in Baja remain mostly empty. When crossing the bor-



PHOTOGRAPH BY MATTHEW SUAREZ

## Futbol 7Xolos

der, you only see one or two cars that have surfboards on their rooftops. That means that dozens of spots are open, spots such as Punta Abreojos, Cerritos Beach, San Miguel, Baja Malibu, and more. It's easy to find an Airbnb in any of these locations and spend days surfing without much wave competition.

## Public Tijuana Sports Complex

Multiple Locations

### TIJUANA

There are a couple of dozen sports fields spread throughout the city, managed by the Instituto Municipal del Deporte en Tijuana (IMDET), the

branch of government in charge of sports and activities. They are all free, except for minimal parking fees. Places like La Benito, a small sports complex with baseball fields for minors in which home-runs cross over the border, or "El CREA" the biggest sports complex, which includes an Olympic-sized pool, full-size fields, everything for track & field, but only one gated tennis court. It's situated on the *Vía Rápida* on the way to the San Ysidro Ready Lane. For tennis, I found "La Veinte," a large complex situated next to Tijuana's jail. It houses eight tennis courts, four cement basketball courts,

eight handball courts, two pools, a baseball field, a soccer field, and a bunch of stray dogs (that love my extra tennis balls).

## Bol Bol Bowling and More

Av. Via Rapida Poniente #15035

### COLONIA SAN JOSE, TIJUANA

The first time I stepped foot inside this TJ bowl-

ing alley, a live *banda* was playing on a stage in the middle of lanes 14-18. Everybody was drunk and dancing, which made the pins fall by themselves. I'm not sure if they switched management, but it's different now. I've been going almost every Thursday for the past year, and now I mostly encounter serious bowlers. The graphics on the screen are still from the late '90s but the lanes are polished, well kept, and they are always making small improvements. The biggest advantage is the price. From Monday to Friday, three lanes go for 200 pesos (around \$11 USD) with the shoe rental included. The best offer is three hours for \$8, valid only Monday to Wednesday from 9 pm to midnight. This being the only bowling alley in Tijuana, the tournaments get competitive.

## La Oficina - Fight Club

Av. Revolución 1260

### ZONA CENTRO, TIJUANA

"I'm just training my security guards right now," says Brandon Gushiken, a Hawaiian retired MMA fighter living in Tijuana. He opened a fight gym in *Colonia Libertad* in 2012 but shut it down to spend time at the bar he opened in 2018 in the middle of Avenida Revolución. Behind blue curtains from the main bar, a fight club scene is revealed. Amateur MMA and boxing fights take place every month inside a caged octagon or a classic boxing ring. When there's no fight going on, the ring stays up. You are welcome to climb in the ring, put on comically oversized boxing gloves, and fight your buddies to get the blood flowing before a night out in Tijuana.

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# Lunch with the People of Color Fungi Community

*“Healthy, natural, vegan, with fresh ingredients from our garden.”*

**B**ob Marley is everywhere. His music, his reggae colors, and his face in a picture with Makeda. “He was my friend,” says Makeda. “I produced his concert here in 1978. I was young, but I got to know him well.”

This is around 5, Sunday afternoon. We’re at the World Beat Center, inside a circular space that was once a million-gallon reservoir on the edge of Balboa Park.

I had been heading down Park from the Prado when I noticed people at tables and stalls outside the Center. One was a table laid out with herbs, another was groaning with hundreds of earth-crusted mushrooms, some labeled with Latin names. And from the glowing space inside, reggae music and spicy aromas. Turns out it’s mushroom day here, run by POCFC.

“People of Color Fungi Community,” says a gal who sees me puzzling in front of the sign. She’s sitting at the fire ring. “Mushroom collectors. They’ve come from as far as New York. Brought their mushrooms with them. But some we just found on a walk right here in Balboa Park.”

We’re standing in a courtyard of tents, an outside pavilion, and a fire ring.

Why POCFC? “We pick mushrooms with a different attitude, like part of the decolonization movement,” says another guy next to me. “Not to pillage the land, but to be respectful, become part of the cycle. Mushrooms have so much to offer us. We look to the knowledge of the Kumeyaay people. Because this land is Kumeyaay Territory.”

I see I’ve missed a lot. Talks have been going on all day, like on fungal life cycles, on decriminalizing psychedelic mushrooms. The upside is that right about now, 5 pm, the non-paying general public can come in, look around, and eat.

The World Beat Cafe is inside, open every day



(except Monday). It promises a menu that’s “healthy, natural, vegan, with fresh ingredients from our garden,” and where nothing costs more than ten bucks.

Four ladies are working behind the counter: Berenice, Makeda, Tamiel, and Jesimarie. Makeda is the founder of this whole place. Behind them is this leaded glass sign: “The Prophet. International Vegetarian Cuisine.”



**Berenice Rodriguez, Makeda Cheatom, Tamiel McKee-Bey. Makeda founded Beat Center.**

“I started that restaurant too, in 1971,” says Makeda. “It was the first vegetarian restaurant in San Diego.”

The World Beat Cafe is on one side of a meeting space that’s been invaded by stalls selling herbs, remedies, clothes, and Native American gear like dreamcatchers.

And hey, most interesting of all, the people. “We’re not living on earth,” this guy Anthony’s saying. “We are earth.”

He has just won a big fat paperback on mushrooms. He lands it on the counter as he waits for his favorite eats, chili with plantains. Meanwhile, I’m looking at a big tower of pink Himalayan salt, and smelling wafts of curry and coconut from the warmers.

They have a daily printed menu Scotch-taped to the warmer table. “Mushroom barley soup, \$6,” it starts. “Shiitake mushrooms sautéed in garlic ‘butter,’ with salsa, \$6.”

They have lots: a shiitake mushroom “cheez” burger (\$6), a veggie coconut curry with plantains and rice for \$8.50, or chili and rice with chips (\$6). They also do Jamaican patties (\$4.50) and tofu hot dogs for \$3. Such great prices.

Or, you can have just about all, with the one dish that is over \$10: the combination of all four daily entrees, like spicy Jamaican red curry, costa chica chili, Louisiana Creole gumbo, and African peanut curry. It’s \$12.

Then I see the shiitake burger. Oh man. Just the glowing golden bun. Got to have that. Can take leftovers home.

Berenice hunts down a burger while Makeda scoops in chili, mixed veggies like kale and zucchini drowned in a coconut curry, and two more I’m not sure of, all mixed in with basmati rice. Then she hauls a couple of slabs of golden fried plantain out of a warming pan, and adds different kinds of bean sprouts. “It’s important to eat live food,” she says. It is all coconut-and-plantain sweet and curriy interesting. I can taste ginger in there too. It all seems healthy, and probably is. Everybody around here’s obviously committed to the vegan/organic ethic. They even do their own composting.

My curry combo is delicious, but I leave space for the burger. I haul it over to a table in the main auditorium. Somebody onstage is drawing a raffle for artwork prizes — art done live here today, I think they’re saying. Meanwhile Berenice has organized an organic kombucha (\$6). I like the winey, fermented taste.

But now Makeda comes up. “Here, try this. Very good for you.”



**What \$12 buys: my four-entree combo.**

She gives me a cup quarter-filled with this hot liquid. I sip. Ach! Bitter! “Mushroom tea,” she says. “Disease preventers. Bad guys can’t grow in an alkaline body. Bitter is good. Besides, there is cinnamon stick in there.”

The food champ has to be that burger (\$7).



**Patty and “cheez,” totally vegan. All is organic.**

The actual patty is caramelized shiitake mushroom and wheat and barley-based “meat,” under Daiya vegan “cheddar,” plus pickle, red onion, and tomato, all packaged in a crispy-shelled dark pretzel bun. Tasty! I end up eating the whole thing. ■

**The Place:** World Beat Cafe, 2100 Park Boulevard, Balboa Park, 619-230-1190; 619-558-3728

**Hours:** 11:00am-7pm daily (from 12:30pm Sundays)

**Prices:** Mushroom barley soup, \$6; shiitake mushrooms in garlic “butter,” salsa, \$6; mushroom “cheez” burger \$6; veggie coconut curry with plantains, rice, \$8.50; chili and rice, chips, \$6; Jamaican patties, \$4.50; tofu hot dogs, \$3; organic spring salad, \$5.50; spicy Jamaican red curry, \$9.50; costa chica chili, \$6; Louisiana Creole gumbo with okra, corn, rice, \$6; African peanut coconut curry, rice, \$5; combo of four entrees, \$12

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# Food my food eats

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## Greenspot proves you do make friends salad

The Greenspot Salad Company; 2075 Camino De La Reina Suite B., Mission Valley.

As I drove into Mission Valley to try

**FEAST!**

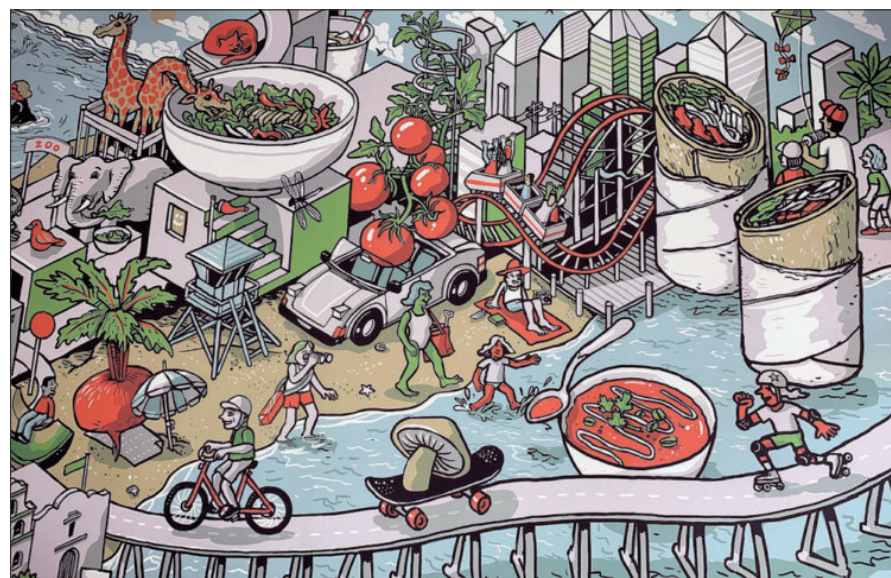


Brown rice, spinach, and shredded kale topped by assorted veggies, buffalo chicken breast, and tahini dressing.

out a new salad restaurant, I found myself two kinds of conflicted. On the one hand, this was fast-food territory, which didn't augur well for my well-being. On the other, I was about to eat a salad for lunch, which didn't bode well for my happiness. This wasn't tricky calculus: the odds were long that I would enjoy The Greenspot Salad Company.

And yet, ten minutes later, there I sat, chomping my way through a seven-dollar Caesar salad, strangely satisfied by a bowl featuring little more than romaine lettuce, parmesan shavings, and croutons.

It probably bears mentioning up front that, contrary to its name, Greenspot Salad Company does not restrict its menu to salads, or even to vegetarian fare. The menu includes grass-fed steak, antibiotic- and hormone-free chicken, and seared ahi tuna; these proteins are mainly applied to salads, wraps, and grain bowls. And though the layout of its order



A mural of San Diego in Greenspot Salad Company, reminiscent of 80s drawing show *The Secret City Adventures*.

and prep counter resembles that of a Subway or Chipotle fast-food restaurant, it's probably more appropriate to call Greenspot fast casual, if only for the lack of microwaves and deep fryers in its kitchen. But also because the place prepares everything from whole, unprocessed ingredients, all the way down to its house-made salad dressings. It even claims to buy organic and locally sourced produce when possible — they told me the salad spring mix is always organic, and since all orders are assembled to order, it's easy to ask about other ingredients as you go.

Getting back to that Caesar, the house dressing doesn't include the traditional raw egg or anchovies, so it stood zero chance of being a true standard bearer for the classic salad. But that didn't stop me from emptying my bowl, and happily calling it a light meal.

Most times, however, I demand something a little more substantial, and that brings us into the semantics of the "bowls" on the menu. As with the salads, several signature recipes are available, along with the option to create your own. Some of the signature offerings correspond

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Caesar salad, washed down by some local Kombucha.

between menus. So, for example, the \$8 Ensenada salad tops romaine and spring mix with corn, roasted red pepper, and avocado, with an optional \$4 steak add-on. Meanwhile the

\$13 Baja bowl incorporates several of the same ingredients, but serves it over your choice of rice.

Whichever bowl, wrap, or salad you order, the exact same

assortment of ingredients are culled from the exact same stainless steel bins, forcing the conclusion that a "bowl" is a salad served over rice, or quinoa, if you prefer.

I can get behind this mental trickery if it helps me eat better. I decided to put together a custom bowl, which starts at \$8.50 for greens and grains, plus four vegetable ingredients, and three or four dollars to add on a protein. I chose the buffalo chicken add-on, and quickly lost track how many veggies I was choosing, so I got a few extra at 50 cents to a buck apiece, landing on a \$13 total. Atop organic spinach, shredded kale, and brown rice I added roasted red peppers, roasted carrots, steamed broccoli, chickpeas, edamame, and (for some reason) alfalfa sprouts.

The rice was served warm, the rest of the ingredients cold (which confirms my salad versus bowl theory), but paired with sesame-rich house vegan tahini goddess dressing, I enjoyed a substantial, filling meal that tasted fresh and good. The only bigger surprise to me was that Greenspot isn't new. The local business launched



nine years ago in Sorrento Valley

Flora plays in a cat tunnel.

(9450 Scranton Rd #112, then followed up with a second location four years back in 4S Ranch (16625 Dove Canyon Rd #109). Only this Mission Valley location, which opened in December, is new.

So to recap, I supported a local business, ate healthy, fast-casual salads, and drove away happy from Mission Valley. This must be a leap year.

by Ian Anderson

### Hangin with the kitties of The Cat Café

The Cat Cafe; 472 Third Avenue, Downtown San Diego. Casanova has taken an interest in my iced tea. He eyes it warily at first, then leans forward for a closer look. Then he bares his teeth like he's mad at it, but instead reaches out to take a lick. He's not the only feline here curious about the condensation gathering on the outside of



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Casanova goes for a lick of iced tea condensation.

my cup. I've stopped in for a drink at The Cat Cafe, where as many as 12 cats may be lounging on any given day, available to pet, play games with, and if a connection is made, adopt.

On the outskirts of the Gaslamp Quarter, across Third Avenue from the Horton Grand Hotel, Cat Café operates like a normal coffee shop if you want it to. Walk in the front door and veer right, and you'll find a short counter offering espresso, tea, soft drinks, cookies, pastries, and pre-packaged sandwiches. If that's all you're after, there's a patio out front, with shaded tables that prove a chill downtown spot to while away blue-sky days.

However, if you're here for the cats, paying an \$8 flat fee nets your choice of drink or food item, plus a half hour in the cat room. If you're especially serious about it, you may reserve an hour of time in advance: pretty much the same deal, but for \$12.

The room is half furnished with human furniture, half with a combination of cat towers, scratching posts, and

wall mounted beds. The cats lounging in this environment have been rescued by non-profit The Rescue House, and every one is available for adoption, to the right home. A binder lists each cat by name, along with stories about where they were found or where they might have come from, and other

info, such as whether they're known to be compatible with kids, live well with other cats, or have been socialized with dogs.

For example, my new friend Casanova is a four-year-old short hair lazing in his favorite spot, near the top of a palm tree-shaped cat tower near the center of the

room. He'd been adopted through Rescue House as a kitten, but the family he's grown up with moved into a new home and he didn't acclimate well to the new digs.

More playful during my visit is three-month-old Flora, a gray and orange tabby found scavenging the streets of Tijuana with a couple of her littermates. After I use my iced tea to coax her through a small play tunnel, she studies me with pale green eyes. I didn't come here looking to adopt — like most of the guests here, I'm mainly looking to casually meet a few cats while I caffeinate, then see where things go. But when you meet an adorable kitten such as Flora, it's tough not to consider filling out an application, and hoping your home is a good fit.

Still, my favorite today has to be Raylan, a four-year-old gray and white male reportedly rescued from a home of 30 cats after their owner entered treatment for mental health issues. The



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### Order Any Food Item Get A Free Drink

One coupon per customer per order. Cannot combine coupons.

Stop by for authentic Vietnamese Banh Mi sandwiches, spring rolls, egg rolls, and noodle salads.



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Cats and people sharing a cafe space.

Rescue House is seeking a more tranquil environment for Raylan's next home, and he's doing his best to reinforce the notion. I find

him splayed in languorous repose, half napping, pink nose and paw pads pointed skyward. He barely responds when I gently pet his belly,

other than to purr deeply and stretch deeper into his recline. I may have found a kindred spirit!

by Ian Anderson

## FOOD & DRINK EVENTS

### 30th Anniversary Celebration

Explore the rooms and decks of The Fish Market and Top of the Market to enjoy extraordinary seafood, exquisite libations, performances by musicians of the San Diego Symphony Orchestra, seafood demonstration showcases and sunset views over San Diego Bay. Thursday, March 12, 6pm; \$120-\$150. Fish Market, 750 N. Harbor Drive. (DOWNTOWN SAN DIEGO)

### Bottomless Sunday Brunch

Our Sunday Brunch Buffet includes: All You Can Eat Buffet - Bottomless Mimosas, Bottomless Champagne, Bottomless Bloody Mary Bar! \$42 for adults, \$38 for seniors, \$28 for children ages 7-13, Kids 6 & Under Eat free. Sundays, 10am; through Sunday, April 5, free-\$42. Crossings at Carlsbad, 5800 The Crossings Drive. (CARLSBAD)

### Charitable Giveback Saturdays: Planned Parenthood

10% of proceeds from wine tastings, glasses, and bottles will be donated to Planned Parenthood.

Quigley Fine Wines, will partner with select nonprofits on Saturdays throughout the spring. In addition, guests may also enjoy vintages by top California and Oregon winemakers. Saturday, March 14, 4pm; 21 and up. Quigley Fine Wines, 1551 Fourth Ave., Suite 101. (DOWNTOWN SAN DIEGO)

**Colima Beer Dinner** 5 course beer pairing and tasting dinner experience. Curadero and Colima Brewing are teaming up for a craft beer dinner. Thursday, March 12, 7pm; \$65. 21 and up. Curadero, 1047 Fifth Avenue. (DOWNTOWN SAN DIEGO)

**Country Brunch: The Sickstring Outlaws** "Rootin' tootin', knee-slappin' country" is how San Diego City Beat describes The Sickstring Outlaws. Saturday, March 14, 10am; free. House of Blues, 1055 Fifth Avenue. (DOWNTOWN SAN DIEGO)

### Food for Good: IRC's Urban Farm Tour & Garden Cafe

Come visit IRC's organic, urban farm in the heart of North Park. Learn about local food and climate change on our kid-friendly urban farm tours. Cap it off with a relaxing garden-infused tonic and lunch at our cafe. Saturdays, 11am; through Saturday, April 4, free. St. Luke's Episcopal Church, 3725 30th Street. (NORTH PARK)

### Murder Mystery Dinner

Showing of *Best Laid Plans*, an immersive mystery experience full of twists and turns. A murder will occur and your sleuthing skills will be put to the test as you work to determine whodunnit. Thursday, March 12, 7pm; \$60. Old Spaghetti Factory, 275 Fifth Avenue. (DOWNTOWN SAN DIEGO)

**ShamROCK** Frolic through a clover field with your green beer or Irish whiskey libation as six blocks of the Gaslamp Quarter

get covered with over 50,000 square feet of luscious emerald green astroturf. Saturday, March 14, 2pm; \$30-\$130. 21 and up. Gaslamp Quarter, Fifth Ave., between Broadway and Harbor Drive. (DOWNTOWN SAN DIEGO)

### St. Patrick's Day Bushmills Irish Whiskey Brunch

This St. Patrick's Day, start the festivities early with Bushmills Irish Whisky Brunch at Marina Kitchen in the Marriot Marquis. This brunch is the perfect treat before the annual San Diego St. Patrick's Day Parade & Festival, which begins at 10:30AM at Balboa Park. Saturday, March 14, 8am; free-\$58. 21 and up. Marina Kitchen, 333 W. Harbor Drive. (DOWNTOWN SAN DIEGO)

### St. Patrick's Day Down the Yellow Brick Road

There will be plenty of shenanigans for the entire family to enjoy including a professional flying circus trapeze, carnival rides, animal attractions and other incredible activities. Guests can also get in the St. Patty's spirit with Irish food, green beer and a full bar. Saturday, March 14, 1pm; Sunday, March 15, 1pm; free-\$25. Welk Resort Theatre, 8860 Lawrence Welk Drive. (ESCONDIDO)

### Weekend Wine Down

Weekend Wine Down specials include half-price bottles, seasonal vineyard flights of three (\$15) to perfectly pair with a selection of discounted artisanal cheese boards, a veggie plate and live music. Guests will be able to relax, indulge and enjoy the specially crafted offerings. Live music from 4pm to 9pm Sundays, 4pm; through Monday, December 28, free-\$75. 20]Twenty at Westin Carlsbad, 5480 Grand Pacific Drive. (CARLSBAD)



## Buy One, Get One Free

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Bring a couple friends for delicious Vietnamese Banh Mi sandwiches and get yours free!

Also serving wings, spring rolls, egg rolls and noodle salad. Open 10am-9pm daily.



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## Free Kombucha with purchase of Jerk Rasta Burger



Veggie Burger with lettuce, tomato & house jamaican sauce. Served with Sweet Potato Fries.

### World Beat Cafe

2100 Park Blvd. San Diego  
(619) 558-3728



## Buy One Entree Get One Half-Off

With the purchase of two drinks. M-F 4-9pm. 1 coupon per visit. Not valid with any other coupon. Not valid on holidays. Dine in only. Expires 3/19/20.



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## Free Panini or Salad!

Buy a panini or salad and get the second panini or salad (of equal or greater value) for free.



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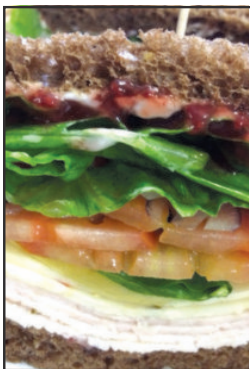


## Free Side Of Your Choice With Purchase of Entree

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## Buy One Sandwich, Get One 1/2 Off

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## Free Appetizer!

Buy 1 appetizer and enjoy a 2nd appetizer for free! Includes happy hour menu items only. Offer valid during happy hour only (Tue-Sun, 4-6pm). Expires 12/31/2020.



**House of Blues Restaurant & Bar**  
1055 5th Ave • Downtown  
619-299-2583



# HAPPY HOUR

You can submit a listing or find more information about these establishments online at [SDReader.com/drinks](http://SDReader.com/drinks)

## DOWNTOWN SAN DIEGO

**207 Nightclub:** Monday-Friday, 3-7pm: \$5 beers, \$7 well drinks, house wine, \$8 Belvedere martinis, specialty cocktails. 30% off all menu items.

**5th Ave Kitchen & Tap:** Daily, 3-6pm: \$2 Coors Light, electric lemonade, \$4 well drinks, house wine, select beer, \$8 select signature cocktails.

**Altitude Sky Lounge:** Monday-Friday, 5-7pm: \$5 domestic drafts, \$7 premium wells. Half-off artisan flatbreads.

**Brian's 24:** Daily, 4-7pm: \$4 drafts, \$5 select wine by the glass.

**Crab Hut:** Monday-Friday, 3-7pm: \$5 draft beer, \$7 house wine and sangria, \$8 house cocktail, \$17 beer pitchers (on \$25 options). 75 cent wings (min. 6), \$1.50 oysters (min. 6).

**Curadero:** Daily, 3-6pm: \$5 select draft beers, \$6 house wine by the glass, \$8 select cocktails.

**Currant:** Monday-Friday, 2-7pm, 9pm-close: \$3 to \$13.95 appetizers. Saturday-Sunday, 9am-2:30pm: \$15 per person bottomless mimosa, \$7.50 to \$15.95 brunch menu.

**Dobson's:** Monday-Friday, 4-7pm: \$6 well drinks, draft beer, and house wine.

**Double Deuce:** Tuesday-Saturday, 7-8pm: Half off all drinks.

**El Chingon Bad Ass Mexican:** Monday-Friday, 3-7pm: \$3 Dos XX, \$5 Patron shot, house margarita, michelada, \$8 Bad Ass michelada, \$12 Bad Ass margarita. Half off appetizers.

**The Field Irish Pub and Restaurant:** Monday-Tuesday, Thursday-Friday, 11am-7pm: \$6 twenty ounce draft. Wednesday, 11am-7pm: \$5 whiskey of the month, \$6 twenty ounce draft. Sunday, 4-10pm: \$15 house burger and beer.

**The Fish Market:** Monday-Thursday, 3-6pm: \$6.50 select draft beer, \$6.75 well drinks (excludes Margaritas, Martinis & Bloody Marys), \$6.75-\$7 select wines by the glass.

**Fleming's Prime Steakhouse & Wine Bar:** Monday-Friday, 5-7pm: Five cocktails, five wines, and five appetizers, \$6 each.

## BOOZE NEWS

BY IAN ANDERSON

### A taproom for ginger beer fans

Beer and booze tasting rooms are responsible for turning an obscure hilltop of Miramar warehouse suites into the small business cooperative dubbed the Miralani Makers District. So when visitors see the signs for **Preston's Ginger Beer**, the district's newest taproom, it's understandable if they walk in thinking they'll be getting an alcoholic ginger brew.

"They do," remarks namesake owner and operator Harry Preston, though he points out most stick around a while after finding otherwise — to relax, try some ginger beer, and maybe sober up a bit. "They just come in and do a reboot," he says with a laugh.

Technically, there is a tiny amount of alcohol in his ginger

beer, though at less than half a percent, it's negligible enough to qualify Preston's as a soft drink. However, this is a brewed product, containing esters and other fermented flavors that distinguish it from most national ginger beer brands found on store shelves. "A lot of the ginger beer companies out there, they don't ferment," Preston explains. "They add ginger juice to soda water. We actually ferment our ginger beer. It's ginger beer, not ginger soda."

An avid skateboarder and mountain biker, Preston first traveled to San Diego from Johannesburg to explore the local skating scene, and wound up meeting a local woman in Ocean Beach. They eventually married, settled here, and started a family. And family is what started him brewing ginger beer in 2013. "It all started off with my daughter," he says. When she developed a taste for the stuff, it sparked a memory. "My grandmother used to make ginger beer in South Africa." He got her recipe, and started tinkering with it at home. "Then I had friends come by asking for ginger beer for their weddings and events," he recalls. "It just kind of snowballed."

In 2014, he started the business part time, scaling down the sugars in his grandmother's recipe to produce a drier brew for a more modern palate. He sources all organic ingredients, including ginger root, lemons, turbinado, and cane sugar, and brews with reverse-osmosis filtered water

to create as clean a beverage as possible. Until recently, Preston's produced 15-gallon batches out of a commercial kitchen in Mira Mesa, selling it in hand-filled bottles to local shops, bars, and



It's not alcoholic, but it is beer.

Jimbo's grocery stores. But by moving into his own dedicated brewery in Miralani, he can now brew in a 5-barrel tank, scaling up production enough to meet rising demand. Beginning this week, for example, bottles of Preston's Ginger may now be found in Gelson's Markets: 27 locations throughout Southern California.

But Preston's favorite part about investing in a brewery has been opening a taproom. "We had a place to produce it, but no one could

really come and see and hang out and talk to us about the ginger beer," he says. It's a simple space, with reclaimed wood behind the bar, and a small lounge area in the corner, but like the adult beverage businesses of Miralani, it provides an affable environment where people can talk about the flavors in their brews.

Customer interaction gives Preston direct feedback as he experiments with brewing flavored ginger beers such as blood orange mint, honey lavender, a surprisingly well-rounded fig and honey. He says customers have returned to buy growlers of an aromatic passionfruit ginger beer, and he's currently experimenting with additions, including CBD, pineapple, and hops. He already has plans for a winter seasonal featuring

cinnamon, clove, and vanilla. He also makes ginger beer mocktails to keep it fun. Though, this being Miralani, one needn't go far to find a boozy cocktail featuring Preston's Ginger. Like several bartenders in town, the resident craft distillery has discovered how well the stuff works as a mixer. "We have Swinford Spirits right behind us," says Preston, "and sometimes they come in for ginger beer to make mules."

**Garage Kitchen + Bar:** Monday, 9am-3pm: \$15 bottomless mimosas. 4-7pm: \$5 Shock Top Drafts, Jameson, Fireball, Patron. Tuesday, 9am-3pm: \$15 bottomless mimosas. 4-7pm: \$5 Karl Strauss bottled beer, Smirnoff drinks, Cazadores Blanco. Wednesday, 9am-3pm: \$15 bottomless mimosas. 4-7pm: \$4 domestic bottled beer, \$5 glass of wine (selection varies). \$6 wings. Thursday, 9am-3pm: \$15 bottomless mimosas. 4-7pm: \$4 Coors Light, \$5 Red Bull bomb shots, \$16 Miller High Life buckets (5). Friday-Saturday, 4-7pm: \$10 Big Ass Beer with \$8 refills (keep the cup), \$16 Hurricanes with \$13 refills (keep the glass). Sunday, 4-7pm: \$5 Pacifico, shot special, \$6 well drinks.

**Meze Greek Fusion Downtown:** Monday-Friday, Sunday, 3-6pm: \$3-\$5 Greek bottled beer, \$4 wine by the glass, \$5 draft beer and well cocktails, \$8 select vodka, gin, whiskey, tequila, rum. Appetizers \$4-\$6.

**Rockin' Baja Lobster — Gaslamp:** Monday-Friday, 3-6pm: \$4.50 any 14-oz. draft, well drinks, fireball shot; \$5.50 Jameson shot, house margaritas; \$6.50 wine by the glass, Jack Daniels, Grey Goose.

**Sally's Fish House & Bar:** Monday-Friday, 3-5pm: \$3 off draft beers and select wines.

**Yard House:** Monday-Friday, 3-6pm: \$2 off draft beer, wine, spir-

its, cocktails, \$3 off nine ounce wine by the glass, \$4 off half yards.

## EAST VILLAGE

**BeShock Ramen & Sake Bar:** Monday-Friday, 3-6pm: Half off Sapporo, well drinks, sake, cocktails, bottled wines. \$3-\$8 appetizers.

**El Dorado Cocktail Lounge:** Tuesday-Thursday, Sunday, 7-9pm: \$6 signature cocktails. Friday-Saturday, 5-9pm: \$6 signature cocktails.

**Fairweather Bar:** Monday-Friday, 4-6pm: \$1 off drafts, \$2 off house wine.

**Tajima East Village:** Monday-Thursday, 3-7pm: \$2 Sapporo. Friday-Saturday, 3-6pm: \$2 Sapporo. 10pm-midnight: \$1 small house hot sake.

## HILLCREST

**Baja Betty's:** Daily, 2-6pm: \$5 casa margarita (+\$.50 Fruit), casa shots, well cocktails, bottled & draft beers, sangria, house wines.

**Fiesta Cantina:** Daily, 4-8pm: 2 for 1 drinks.

**Refill:** Wednesday, 4-7pm: \$3 select beer and wine, 50% off all sweet crepes. Friday-Sunday, 4-8pm: \$5 all wine, beer, mimosas.

**Tajima Hillcrest:** Monday-Thursday, 3-7pm: \$2 Sapporo. Friday, 3-6pm: \$2 Sapporo. 10pm-midnight: \$1 small house hot sake. Saturday,

10pm-midnight: \$1 small house hot sake.

**Trust:** Monday-Thursday, 5-7pm: \$6 wines and beers, \$8 cocktails. \$2 off bar bites. Friday, 4-7pm: \$6 wines and beers, \$8 cocktails. \$2 off bar bites.

**insideOUT:** Monday-Friday, 2-6pm: \$5 house wine & bubbles by the glass, \$7 select wines by the glass, \$8 martinis, \$18 Veuve Clicquot champagne by the glass.

## KEARNY MESA

**Proud Mary's Southern Bar & Grill at the Ramada:** Monday-Tuesday, Sunday, 4-6pm: \$5 all draft beers, bourbon slushies, premium wells, weekly craft cocktail specials. Texas style BBQ prepared fresh daily with other Southern delights. Drink specials all night. Wednesday-Saturday, 4-6pm: \$5 all draft beers, bourbon slushies, premium wells, weekly craft cocktail specials. Texas style BBQ prepared fresh daily with other Southern delights.

## LA MESA

**Hoffer's Cigar Bar:** Monday-Saturday, 11am-7pm: \$1 off all draft beers, house wine. Sunday, 1-7pm: \$1 off all draft beers, house wine.

**Hooleys Irish Pub & Grill La Mesa:** Monday-Friday, 3-6pm: \$1 off all draft beer, wine, and cocktails, \$3 off wine bottles, \$1 off a la carte tacos. Saturday-Sunday, 10am-2pm:

\$4 Bloody Marys. 3-6pm: \$1 off all draft beer, wine, and cocktails, \$3 off wine bottles, \$1 off a la carte tacos.

## LITTLE ITALY

**Puerto la Boca:** Monday-Saturday, 4:30-7:30pm: \$4 house wine, \$4.50 wells, drafts, \$8 house martinis. 30% off appetizers, \$2.50 bread and chimichurri. Bar only. Sunday, All day: \$4 house wine, \$4.50 wells, drafts, \$8 house martinis. 30% off appetizers, \$2.50 bread and chimichurri. Bar only.

## MIDWAY DISTRICT

**Phil's BBQ:** Monday-Friday, 3pm-6pm: \$5 all draft beer, all wine, all signature cocktails and preferred spirit brands. Also available are food specials featuring a new BBQ wings recipe.

## MISSION BEACH

**Barefoot Bar and Grill:** Monday-Thursday, 3-6pm: \$7 local craft drafts, glass house wine, well cocktails, BBG bar special.

**HAPPY HOUR EVERY DAY 11AM-7PM**

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(619) 228-9385  
[TropicalSavorBarandGrill.com](http://TropicalSavorBarandGrill.com)

# HAPPY HOUR

**Cannonball:** Monday-Friday, 2-5pm: \$6 Sapparo, well cocktails, small sake, house red or white wine. Discounted sushi and shares.

**Draft:** Monday-Thursday, 4-6pm: Half off draft beers.

## NORTH PARK

**619 Spirits North Park:** Daily, 4-7pm: \$5 beers, \$6 and \$9 cocktails.

**The Air Conditioned Lounge:** Monday-Friday, 4-9pm: \$1 off draft beer, \$5 well cocktails and screwball shots.

**Bar Pink:** Daily, 4-8pm: \$3 wells, \$2 PBR, \$1 off drafts and calls.

**Barn Brewery:** Monday-Friday, 3-6pm: \$1 off barn brews. Saturday-Sunday, 10am-2pm: \$5 mimosas, \$9 micheladas.

**Berkeley Pizza North Park:** Daily, Noon to 8pm: Discounted craft beer.

**Bluefoot Bar and Lounge:** Monday, Wednesday-Friday, 11am-7:30pm: \$1 off everything. Tuesday, 11am-7:30pm: \$1 off everything, Miller High Life bottles \$3. Saturday-Sunday, 10am-7:30pm: \$1 off liquor.

**Caffe Calabria Coffee Roasters:** Wednesday-Friday, 4-7pm: \$6 select cocktails. Saturday-Sunday, 11am-4pm: \$6 Sangria, Bloody Mary, Aperol Spritz, Mimosa, Bellini.

**Craze Burger:** Daily, 2:23-6:19: \$3.99 all draft beers, glass of red or white wine.

**Cricket's Pub and Grill:** Monday-Friday, 4-7pm: \$1 off drafts, glass of house wine, \$4.50 well drinks.

**Dunedin New Zealand Eats:**

Daily, 3-6pm: \$5 on select wines and beers. \$5 pretzel bites & jalapeno cheese, chicken skewers (fried or grilled), pita and hummus, lamb sliders, calamari & peppers.

**Encontro North Park:** Monday-Friday, 2:30-5pm: Half off glass of wine, draft beer.

**HOPE 46:** Monday-Thursday, 4-6pm: \$2 off select wine by the glass, \$4 wells and draft beers.

**Jaynes Gastropub:** Tuesday-Saturday, 5-6:30pm: \$1 off draft beer, \$3 off regular cocktails, \$5 Guinness. \$6-\$8 appetizers.

**Louisiana Purchase:** Wednesday-Friday, 4-6pm: \$7 select cocktails. Saturday-Sunday, 2-5pm: \$7 select cocktails.

**One Door North:** Monday-Friday, 4-6pm: \$3 off draft beer, wine, cocktails and select appetizers.

**Polite Provisions:** Monday-Thursday, 3-6pm: \$5 draft beer, \$6.50 cocktails, mules, mai tais, sparkling wine, well spirits, draft highballs.

**Saiko Sake & Sushi Bar:** Daily, 4:30-6pm: \$4 draft beer, \$5 sake, cocktails, wines, \$7 specialty cocktails, \$12 Sapporo pitcher. Appetizers \$2.50 to \$8.50.

**Seven Grand:** Monday-Saturday, 4-8pm: \$5 beers, \$6 select house cocktails.

**The Smoking Goat:** Monday-Friday, 5-6pm: Half off select wine bottles, \$5 beers.

**Space:** Daily, 5-9pm: \$4 wells, \$5 drafts and micheladas, \$6 beer and a shot.

**Working Class:** Monday-Friday, 4-7pm: \$4 draft beer & wine.

## OCEAN BEACH

**BBQ House Bar & Grill:** Monday-Friday, 3-6pm: \$3 house margaritas, Long Island teas, mules, select shots.

**Newport Pizza & Ale House:** Daily, 3-6pm: \$1 off all pints, \$3 off all pitchers.

**OB Noodle House:** Monday-

Friday, 3-6pm: Half off hot sake, most whiskeys, most beers, \$4 well drinks, \$5 375ml. bottle of Sho Chiku Bai Nigori, \$8 carafe of house infused sake, \$1 beers 2-5pm with food purchase.

**Ocean Beach Brewery:** Monday-Friday, 3-6pm: \$2 off all draft beers.

**Raglan Public House:** Monday-Friday, 11am-3pm: \$15.99 burger, fries & beer (or soda). 3-6pm: \$5 drafts, sangria, and house wine. Half off appetizers. Saturday-Sunday, 9am-1pm: \$5 bloody marys, sangria, mimosas.

**South Beach Bar & Grill:** Monday-Friday, 3-6pm: \$1 off tall drafts and wine by glass, \$3 loco nut shot, \$4 mimosas and vodka shots, \$5 mules and margaritas, \$6 Patron silver shot. All appetizers half off (except shrimp poppers).

**Sunshine Co.:** Daily, 5-6pm: Half-price pitchers.

**Voltaire Beach House:** Monday-Friday, 3-6pm: \$4 drafts, wells, house wines.

**Winstons Beach Club:** Monday-Friday, 1-6pm: \$3 wells.

**Wonderland Ocean Pub:** Monday-Friday, 3-6pm: \$1 off drafts, \$2 off wine, \$3 off mules. \$1 off tacos. Saturday-Sunday, 9am-1pm: \$12 Bottles of Champagne.

## OLD TOWN

**Barra Barra:** Monday-Friday, 4-6pm: \$4 drafts, house wines, \$5 house margaritas, \$6 premium specials.

**Casa Guadalajara:** Monday-Friday, 4-7pm: \$1 off draft beer and La Terre wines, \$3.95 house margaritas and well drinks.

**Cosmopolitan Hotel and Restaurant:** Monday-Friday, 4-6pm: Half off glass of house wine, \$6 draft beers, well drinks.

## PACIFIC BEACH

**710 Beach Club:** Monday, Noon-8:30pm: \$10.95 burger and a beer. Tuesday, All day: 2-4-1 Tequila

shots, \$4 DOS XX. 4pm-8pm: All you can eat taco bar. Wednesday, All day: 2-4-1 Whiskey shots. Noon-8:30pm: \$5 ribs & fries. Thursday, All day: \$5 beers. Sunday, 10am-2pm: Bottomless Mimosas.

**Ambrogio15:** Daily, 4:30-6pm: \$4 local craft beer or house wine, \$15 biodynamic (organic) wine flight.

**Bub's Dive Bar:** Monday-Friday, Sunday, 3-6pm: Half off select drafts and mules.

**Cabo Cantina:** Daily, 4-8pm: Two-for-one drinks.

**Café Athena:** Daily, 3-6pm: \$3.75 to \$4.25 beers, \$5 to \$5.50 wine by the glass. \$3.50 to \$9.50 small plates

**Cerveza Jack's:** Tuesday-Saturday, 3-7pm: \$3 off bucket drinks, \$4 wells, \$6 margaritas.

**Costa Brava:** Monday-Thursday, Sunday, 4-6pm: Half price sangria, half price select tapas.

**Crushed:** Daily, 10am-mid: \$12 flights (3 choices): mimosa, beer flight, or margarita.

**Firehouse American Eatery and Lounge:** Monday-Friday, 10am-3pm: \$16 bottomless mimosas with purchase of menu item.

**The Grass Skirt:** Monday-Thursday, 5-6pm: \$5 drafts, wells & house red or white wine, \$6 ChiChi, mai tai, daiquiri, \$10 off punch bowls.

**Hoboken Pizza & Beer Joint:** Daily, Noon-11pm: \$8.25 two slices & soda, \$10-\$13 two slices & beer (price depends on beer).

**Iron Pig Alehouse:** Monday-Tuesday, 11:30am-mid: \$5 glasses of wine, half off bottles of wine. Wednesday, 11:30am-mid: \$4 select pints.

**Moray's Lounge:** Monday-Friday, 3-6pm: \$6 drafts, \$6.50 wells, \$7 house wine, \$11 appetizers and flatbreads (excluding cheese and cold boards).

**PB Cantina:** Monday-Friday, Noon-9pm: 2-for-1 prices all drinks. Saturday-Sunday, 4-8pm: 2-for-1 prices all drinks.

**Pacific Beach AleHouse:** Monday-Friday, 3-6pm: \$3 house

draft beer, \$5 guest draft beer, \$7 featured craft cocktail, 50% off wine bottles. \$2 off all starters.

**Second Nature:** Monday-Friday, 3-6pm: \$2 off boochcraft, \$3 off wines. \$5 taps. Saturday-Sunday, 7am-10am: \$3 mimosa, \$12 bottle of bubbles.

**Tidal:** Daily, 4-6pm: \$6 draft craft beers, \$8 glass of wine, cocktails.

## The Turquoise Café-Bar

**Europa:** Tuesday-Sunday, 6-7pm: \$5 draft beers and wines on tap, \$8 signature craft cocktails. \$5 select tapas.

**Waterbar:** Monday-Friday, 8-10pm: \$5 house wine and sangria, Modelo, and Pacifico drafts, \$7 craft cocktails. \$2 oysters.

**Woodstock's Pizza Pacific Beach:** Monday-Friday, 4-6pm: Half off all pitchers.

**World Famous:** Saturday-Sunday, 7am-3pm: \$5.50 mimosa, \$12 California sparkling bottle (add \$3 with OJ carafe).

## RANCHO BERNARDO

**Phil's BBQ Rancho Bernardo:** Monday-Friday, 3pm - 6pm: \$5 all draft beer, all wine, all signature cocktails and preferred spirit brands. Also available are food specials featuring a new BBQ wings recipe.

## SAN MARCOS

**Phil's BBQ San Marcos:** Monday-Friday, 3pm - 6pm: \$5 all draft beer, all wine, all signature cocktails and preferred spirit brands. Also available are food specials featuring a new BBQ wings recipe.

## SANTEE

**Phil's BBQ Santee:** Monday-Friday, 3pm - 6pm: \$5 all draft beer, all wine, all signature cocktails and preferred spirit brands. Also available are food specials featuring a new BBQ wings recipe.

## SORRENTO VALLEY

**Gravity Heights:** Daily, 3-6pm: \$1 off full house beer pours, \$2 off mixed drinks, \$7 house wines.

**Karl Strauss Brewing Company:** Monday-Thursday, 3-6pm: \$5 core beers, \$5 house wines, \$1 off beer apps.

**WineSellar and Brasserie:** Tuesday, 4-7pm: \$1 off select cocktails, draft beers, and wines by the glass. \$2 off select tapas menu items, \$10 for two tacos. Wednesday-Thursday, 4-7pm: \$1 off select cocktails, draft beers, and wines by the glass. \$2 off select tapas menu items. Friday, 4pm-close: \$1 off select cocktails, draft beers, and wines by the glass. \$2 off select tapas menu items. 4pm-0pm: Buy one martini, get a second for half price.

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**Cafe 21:** Daily, 3-6pm: Half off drafts, mimosas, and sangrias, 21 percent off wines and craft cocktails. \$6 tapas (4 for \$21).

**Cueva Bar:** Tuesday-Thursday, 4-6pm: \$2 off all drinks, \$2 off all food.

**Et Voilà French Bistro:** Daily, 4:30-7pm: \$7 cocktails, glass of house made sangria (\$14 pitcher), draft Iron Fist Counter Strike IPA, and draft 1664, \$5-\$9 wines by the glass. Discounted food menu.

**Great Maple:** Monday-Friday, 5-6pm: \$4 drafts, \$5 cocktails.

**The Lancers Cocktails:** Daily, 10am-2am: \$4.50 well drinks and domestic beers.

**Madison:** Tuesday-Friday, 4-6:30pm: \$7 signature cocktails, red or white wine by the glass. Appetizers \$6-\$10

**Park & Rec:** Monday-Thursday, 4-6pm, 10pm-2am: \$6 daquiris, gin, tequila, all wines, \$7 dealer's choice.

**Red House Pizza:** Monday, 4-10pm: 30% off all beverages. Tuesday, 4-10pm: \$1 off any beer. Thursday-Friday, 4-6pm: 20% off all beverages.

**Small Bar:** Monday-Friday, 5-8pm: \$1 off local drafts, well cocktails. Saturday-Sunday, 5-8pm: \$1 off local drafts, well cocktails. 10am-2pm: \$15 to \$18 brunch menu.



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# blurt the inside track



Tell us, *Lund*, why the cursive L?

## *Lund*-induced stress

When *Lund*'s "Reflection" dropped on YouTube and SoundCloud four months ago, I couldn't decipher his style of music. The 2:47 song begins with a bass guitar rhythm reminiscent of the *Bully* video game theme song, then followed by an acoustic guitar as *Lund* begins to sing:

*I look in the mirror  
and I hate my reflection  
watch hands move on the clock*

*till my head spin  
now all I can do is  
pick apart my imperfections  
don't give me fate, love  
just give me fake love*

Many of the 600,000 viewers of the YouTube post complained about the song's melancholy. But after clicking the back button a few times to listen more closely, I found it to be soothing. In fact, it pacified my anxiety which stemmed from attempting to

type his name with the stylized "L" on a Google search. I ended up copying and pasting "Lund" and the stylized "L" remained intact.

"Robert *Lund*, mostly known as *Lund*, is an up and coming SoundCloud artist that has recently gained fame with his songs "Broken" and "Alone" released in 2016," posted Abraham Tse on the *Genius.com* site. "*Lund* is a cloud rapper, characterized by hazy vocals, emotional lyrics, and dreamlike beats."

*Genius.com* says it's a "source of music knowledge, created by scholars... from around the world, who share facts and insight about the songs and artists they love."

Tse's description of *Lund* was upvoted over 100 times. The more knowledgeable and better articulated posts regarding subject matter receives upvotes from the other users, and if another user surpasses Tse's upvotes — he or she will garner the 'genius' title on explaining who *Lund* truly is.

*Lund* posts and re shares on Instagram and Twitter



with minimal to no captions, and apparently his low-key demeanor adds to his appeal: per multiple compliments from his female fanbase.

"These lyrics cut to[o] deep, it's kinda scary how relatable the lyrics are," said a female fan. "Beautiful song — keep going *Lund*."

Many others wondered when "Reflection" would drop on the Spotify app — which will allow listeners to download the song in higher 320kbit/s sound quality.

On *Lund*'s other tracks, he's got that emo-rap vibe like on "Nintendo" from his 2018 *BLKBIRD* album — which according to *Genius.com*, features the lyrics:

*Super smash hoes, super smash hoes  
I should be sponsored  
by Nintendo*

Maybe if I Googled *Lund* with a regular "L", more info will surface on the singer — I mean how did people learn about CHVRCHES, BØRNS.

"Google pretty much treats "L" identical to a normal "L," said Steve H., a *Lund* fan and search engine optimization specialist from Chula Vista, "there's no difference in the search for either of the spellings on that."

Steve will attend *Lund*'s concert with guccihighwaters, Guardin, and Cory Wells at House of Blues on March 18.  
— Mike Madriaga

**Warm up tour** Rick Froberg and John Reis have spent most of their adult lives playing together, from Pitchfork in the '80s through Drive Like Jehu, and then Hot Snakes, which Reis formed while his band Rocket from the Crypt was between record labels and minus its longtime drummer. Reis started his own label Swami Records and recorded several songs with Delta 72 drummer Jason Kourkounis, soon recruiting Froberg as vocalist for the project that evolved into the debut Hot Snakes album (and first Swami release), *Automatic Midnight*. They seemed to be on the rise with followup releases, earning  
(continued on page 50)

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BETTO ARCOS

Best Punk Album at the 2005 San Diego Music Awards, though the band split soon after.

A few reunions were staged over the years, with a new full length finally appearing in 2018. Four 7-inch singles are being released in advance of their next album, beginning with “Checkmate” (their first new song since 2018) between the previously unreleased “lost” track “Not in Time,” and the just-issued “I Shall Be Free.”

A short warmup tour hits the Belly Up on Thursday, March 12, with Reis and

Froberg accompanied by bassist Gar Wood and drummers Jason Kourkounis and Mario Rubalcaba.

A documentary is in production about Justin Pearson, vet of local groups such as Crimson Curse, All Leather, the Locust, Holy Molar, Head Wound City, Some Girls, Swing Kids, and Retox. Pearson’s most recent band projects include Planet B with Luke Henshaw and Dead Cross, featuring frequent bandmate Gabe Serbian along with Michael Crain on guitar and Dave Lombardo on drums. The film, *Don’t Fall in Love With Yourself*, explores his life from childhood tragedy through an appearance on *The Jerry Springer*

*Show* and his role in the local music scene. Interviewees include Dave Lombardo, Eric Paul, Gabe Serbian, Bobby Bray, Travis Ryan, Jeremy Bolm, and Alexis Marshall, and other material is sourced from dozens of VHS and mini-DV tapes recorded over three decades. Pearson’s Three One G Records label, whose signees include punk jazz saxophonist Ill Saint M, formerly known as IllStM, is also covered in the film.

“I’ve been spending much of my creative time working with Bahman Violin and Dan Ochipinti on a brand new original musical theater production, *Refugee Songs*, after we received a grant from UCSD,” reports Reverend

Stickman. “In addition to recording a soundtrack EP for the show with Mystic Groove Collective, I’m also working in the studio again with my friend and co-producer Bob Bartosik... I recently bought an electric sitar/guitar which I have been exploring. I am now ready to gig with the Mystic Groove Collective, Sita Rose and TJ Moss, Ari Marsh, and others who appreciate the exotic sound it creates.”

Secret Fun Club’s song “I Was a Teenage Werewolf” featuring Carrie Gillespie Feller is featured on the new Cramps tribute album from Three One G *Really Bad Music for Really Bad People*, which also includes tracks from fellow locals Retox, Qui, and others.

Rebecca Jade was seen during the TV broadcast of the Oscars ceremony singing backup for Elton John.

The Stone Temple Pilots acoustic tour of North America was canceled due to new lead vocalist Jeff Gutt suffering a severely herniated disc. Once Gutt recovers, they still plan a tour of Australia



Hot Snakes, sad braids.

with Live and Bush, and summer tour with Nickelback.

SDSU English Department alumni Michael Buchmiller, aka Professor B. Miller, and his singing robot SPO-20 have a new Satanic Puppeteer Orchestra video for their track “Abraham Lincoln,” from the album *Conjure the Paranormal*. Warish, fronted by singer-guitarist Riley Hawk (Petyr), son of skateboard star Tony Hawk, is on tour with the Black Lips, promoting a new single, “Woven.”

Mike Pinto has a new single, “Come a Long Way,” featuring Jack Johnson’s

drummer Adam Topol, as his band embarks on a tour that wraps May 30 in Ohio.

Tracy Wooley of Beehive & the Barracudas, who also played with Tourettes Lautrec and Tammy Faye and for a time adopted the pseudonym Tracy Haze, has passed away. The Hurricanes’ Guitarist “Blonde” Bruce Thorpe — once the subject of a song by the Mississippi Mudsharks — has also died.

— Jay Allen Sanford

Find Blurt online at [SDReader.com/blurt](http://SDReader.com/blurt)

**CONTRIBUTORS**

Robert Bush, Chad Deal, Dave Good, Andrew Hamlin, Dryw Keltz, Ken Leighton, Jay Allen Sanford

<p>WEDNESDAY • MAR 11 <b>EZRA BELL • BALTO MICHAEL MONTANO</b></p> <p>THURSDAY • MAR 12 <b>KINKY FRIEDMAN PHIL CODY</b></p> <p>FRIDAY • MAR 13 <b>LAUREN RUTH WARD VALLEY QUEEN AC SAPPHIRE</b></p> <p>SATURDAY • MAR 14 <b>FRANCES QUINLAN (HOP ALONG) SOFIA WOLFSON</b></p> <p>MONDAY • MAR 16 <b>DIVE VIBE • LOVE GHOST BLACK LEATHER COUGH</b></p> <p>TUESDAY • MAR 17 ST. PATRICK'S DAY <b>THE DOWNS FAMILY LEXINGTON FIELD ACTION ANDY AND THE HI-TONES</b></p> <p>WEDNESDAY • MAR 18 SDMA SHOWCASE <b>LE CHATEAU • DAYTRIP AVIATOR STASH PINKEYE • CAL1 KEV</b></p> <p>THURSDAY • MAR 19 <b>THE MATTSO 2 WELL WELL WELL</b></p>	<p><b>THE Casbah</b></p> <p>COCKTAILS • LIVE MUSIC • 21 w/ID 2501 KETTNER BLVD. 619-232-HELL • <a href="http://casbahmusic.com">casbahmusic.com</a></p> <p>FRIDAY • MAR 20 <b>CHANGE TODAY - JOE WOOD POISON HEARTS AC THE WRITERS SOUTH TOWNE SHAM</b></p> <p>SATURDAY • MAR 21 <b>ALGIERS • ZEN MOTHER THE COLOR FORTY NINE</b></p> <p>SUNDAY • MAR 22 <b>SHANE HALL ELECTRIC MUD FRANCIS BLUME</b></p> <p>MONDAY • MAR 23 <b>SHINGO2 &amp; THE CHEE-HOOS</b></p> <p>TUESDAY • MAR 24 <b>HOLY FUCK • MOON KING</b></p> <p>WEDNESDAY • MAR 25 <b>TOMMY CASH</b></p>	<p>THURSDAY • MAR 26 <b>JON SNODGRASS STACY DEE &amp; JENNIE COTTERILL (BAD COP/BADCOP) RICKY SCHMIDT</b></p> <p>FRIDAY • MAR 27 <b>EMO NITE</b></p> <p>SATURDAY • MAR 28 <b>BEACH SLANG</b></p> <p>SUNDAY • MAR 29 <b>NAP EYES</b></p> <p>TUESDAY • MAR 31 <b>DJ ARTISTIC'S HIP HOP BATTLE BOT</b></p> <p>WEDNESDAY • APR 1 <b>TALBOTT BROTHERS</b></p> <p>THURSDAY • APR 2 <b>DEEP SEA THUNDER BEAST MODERN LOVE • POOR DR3AMBRO5</b></p> <p>FRIDAY • APR 3 <b>POST ANIMAL</b></p> <p>SATURDAY • APR 4 SUNDAY • APR 5 <b>BABY BUSHKA</b></p> <p>MONDAY • APR 6 <b>THE THIRD MIND W/ DAVE ALVIN</b></p> <p>THURSDAY • APR 9 <b>DAN RODRIGUEZ</b></p>
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# LIVE *five*

JAY ALLEN SANFORD

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PHOTOGRAPH BY SHERVIN LAINEZ



## UMPHREY'S MCGEE at Observatory North Park

MARCH 12

When I first heard the music of Umphrey's McGee, it was on a radio station that failed to identify the band, leaving me to assume I'd just heard one of the best Rush tunes since "A Farewell to Kings." Imagine my surprise when I plugged a few of the lyrics into Google later that day and discovered I'd been grooving on a progressive jazz-rock fusion band from South Bend, Indiana named Umphrey's McGee, which I previously assumed from the name to be

just another folkie Americana group with too much banjo and not enough cowbell. Now that they've been around for over 20 years, with more than 2000 concerts to their credit, they've evolved into a Grateful Dead-like cult-rock road show that matches an immersive high-tech presentation with an old-fashioned gospel revival. Their most recent two studio albums were released several months apart, *It's Not Us* followed by *It's You*.



## CREATURE CANYON at Soda Bar

MARCH 13

Featuring former members of Super Groupie and Viva Apollo, Creature Canyon describes its music as "Irish-American fiddle folk punk that's like Foo Fighters meets Flogging Molly, with a dash of Frank Turner and NOFX." Their debut full-length *Life I Know* — recorded with engineer Bryan Zullo at Studio West, Pacific Beat, and Steele Studios — was promoted with a single for the title track that was named a 91X Local Break song. The track, mixed and mastered by Grammy Award-winning engineer and producer Alan Sanderson (Rolling Stones, etc.), was also shot as a video by director Mitchell Harris. They won a \$2000

second-place prize at the 2017 San Diego County Fair's battle-of-the-bands contest, and a seven-song EP was released the following year, *Did You Want That*. They're working on a new album produced by Private Island frontman Christian Lum, mixed and engineered by Mike Schuppan (Foster the People, Young the Giant). The bill includes the Jacks, founded by the late Beat Farmers guitarist Buddy Blue, which has featured at various times Jack Pinney (Iron Butterfly), Chris Sullivan (the Penetrators), and Mighty Joe Longa (Joey Harris and the Mentals).



## DELTA SPIRIT at Belly Up

MARCH 14

Specializing in Americana-meets-Northern Soul, stirred up with old-school folk, Delta Spirit was essentially born when two members of Noise Ratchet came across singer Matt Vasquez busking at a local trolley station. They first garnered attention while touring with Tokyo Police Club, Clap Your Hands Say Yeah, and their Monarchy Music labelmates Cold War Kids. The group's rootsy debut EP ranked number nine on the Best of '07 list at the influential music blog *Daytrotter*, and they scored a minor radio hit with "Trashcan," though their onstage penchant for things like playing trash can lids as instruments during that track sometimes baffled audiences expecting FM radio

rock. They recorded an album in Julian, later picked up by Rounder Records, and made their network TV debut in 2008 on *Late Night With Conan O'Brien*. Their two-song set on *Jimmy Kimmel Live* can be viewed on YouTube, as can an appearance on the *Late Show With David Letterman*, and they played the 2011 Coachella music fest. The band hasn't released a new full-length since their fourth album in 2014, *Into the Wide*, which reached number 70 on the Billboard 200 chart, their highest U.S. rank to date. The scarcity of new material may be why they're calling this the Not Dead Yet tour.



## JIMMY PATTON at 20/Twenty

MARCH 15

Escondido guitarist Jimmy Patton won Best Unsigned Guitarist in the Nation at the 2001 Guitarmageddon, a Guitar Center sponsored competition. He is renowned for his ability to play two separate guitars at the same time, playing both melody and accompaniment parts simultaneously. Patton has performed at music festivals in Hawaii and Colombia and has opened for Stanley Jordan and Terrance Blanchard. Aside from his busy performance schedule and recording albums for local label Pacific Records, the Chula Vista High alum — a married

father of a grade school-age son — is equally active with recording, arranging, and producing albums for other world-music artists. Patton frequently plays Latin jazz, blues, reggae, and funk at venues such as My Yard Live, Orfila Winery, and the Belching Beaver. He also has an acoustic duo with percussionist Enrique Platas, which was personally invited to tour Colombia by that country's government. They perform every other Friday at Cocina del Charro in San Marcos.



## LEXINGTON FIELD at Casbah

MARCH 17

Formed in 2007, Americana fiddle rockers Lexington Field have recorded and performed their own takes on classic traditional tunes like "The Old Black Rum," "Pretty Irish Girl," "The Wild Rover," and "Molly Malone," as well as creating original songs such as "My Dream" and "City That We Love." Asked about the band's worst gig, singer-guitarist Beau Gray recalls the time they played a Firehouse Foundation Benefit Concert in 2010. "It was one of our first shows with Vince [drums] and Casey [bass] in the band, and our fiddle player Cami couldn't make the show. We put a sloppy mess of a set together, and clumsily made

it through an agonizing 30 minutes. Another musician from one of the other bands told us right after our performance, 'Nice set,' and Casey immediately responded, 'Want to get beat up?' It was so bad, but we did recover, and realized Cami wasn't allowed to miss any more shows." Cami Smith ended up taking a three-year hiatus, though she'd returned by the time they debuted a new holiday single last December, "Christmas at the Pub." The bill includes the Downs Family (mixing traditional Irish folk tunes with genres like bluegrass, polka, punk, and blues) and Action Andy & the Hi-Tones.

You can submit a listing, download mp3s, watch videos, subscribe to event alerts, get directions, and find more information about these shows online at [SDReader.com/music](http://SDReader.com/music).

## THIS WEEK'S SHOWS

### 20Twenty at Westin Carlsbad:

Friday, 6pm — Mango Melody.  
Sunday, 4pm — Jimmy Patton.

### AMSconcerts Bonita:

Friday, 7:30pm — Karla Bonoff.  
\$30-\$40.

### Aztec Brewing Company:

Sunday, 5pm — Jazz Jam Hosted by Dylan Soto. Free.

### BNS Brewing & Distilling:

Saturday, 6:30pm — Flipside Burners. Free.

### Bahia Resort Hotel:

Saturday, 5pm — Mardi Gras Cruise.

### Bancroft:

Thursday, 8pm — Scoundrel and After Dark We Rise. \$5.

### Bassmnt:

Saturday, 8pm — Arnmhmr.

### Belly Up Tavern:

Thursday, 8pm — Hot Snakes.  
Friday, 8pm — Soul Asylum and Local H.

Saturday, 8pm — Delta Spirit.  
\$20-\$35.

Sunday, 8pm — Amanda Shires and L.A. Edwards.

Tuesday, 7:30pm — Saint Patrick's Day Brewers Ball.

Wednesday, 8pm — Iron Sage Wood.

### Bread & Salt:

Thursday, 8pm — Latino Film Festival Opening Night. \$10-\$25.

### Brick by Brick:

Sunday, 8pm — Lords of Acid.

### Bunker House:

Friday, 6pm — Flipside Burners. Free.

### Casbah:

Thursday, 8pm — Kinky Friedman. \$25-\$27.

Friday, 8pm — Lauren Ruth Ward.

Saturday, 8pm — Frances Quinlan.

Sunday, 8pm — Delicate Steve.

Monday, 8pm — Dive Vibe and Love Ghost. \$6.

Tuesday, 8pm — The Downs Family and Lexington Field. \$8-\$10.

### Coomber Craft Wines:

Tuesday, 6pm — Gregory Page. Free.

### Dirk's Niteclub:

Friday, 8pm — Mind Cell.

Saturday, 8pm — Blaze of Jovi and Steel Reserve.

### El Cajon Library:

Thursday, 11:45am — Adrienne Nims & Spirit Wind. Free.

### Escondido Library:

Saturday, 3pm — Ruth and Emilia. Free.

### Fairmont Grand Del Mar:

Saturday, 7pm — Durell Anthony & Bobby Cressey. Free.

### Fashion Valley Mall:

Saturday, 1pm — Sabor Latino Food, Beer & Wine Festival. \$20-\$50.

### Fluxx:

Saturday, 9pm — Wellman. Free.

### Goodbar:

Saturday, 12pm — 2nd Annual Luck O' Loma. Free.

### Handlery Hotel's 950 Lounge:

Sunday, 4:30pm — Joshua White Trio. Free.

### Holding Company:

Sunday, 4:30pm — Brian Jones Rock 'n' Roll Revival. Free.

### Hooleys Irish Pub & Grill La Mesa:

Friday, 8pm — Dave Bramley & the Vagabonds.

Tuesday, 7pm — Tony Cummins.

### Hooleys Irish Pub & Grill Rancho San Diego:

Friday, 8pm — The Jamacha Project. Free.

Tuesday, 7pm — Zeelund Smile.

### Hornblower Champagne Jazz Brunch Cruise:

Saturdays & Sundays, Ship boards at 10:30am, Cruise 11am-1pm — Dave Scott Duo.

### Hotel Indigo Del Mar:

Tuesday, 6:30pm — Kathleen Murray. Free.

### House of Blues:

Thursday, 7:30pm — Ivy Queen.

Thursday, 7pm — The Moneymen. Free.

Friday, 7:30pm — Hot Chelle Rae.

Saturday, 10am — Country Brunch: The Sickstring Outlaws. Free.

Saturday, 7:30pm — Great Grandpa.

Saturday, 7:30pm — The Motels.

Sunday, 10am — Country Brunch: DJ Famous Dave. Free.

Sunday, 7pm — Jerry 'Hot Rod' DeMink. Free.

Monday, 7:30pm — Nicole Bus.

Tuesday, 7pm — The Moneymen. Free.

Wednesday, 7:30pm — Guccihighwaters.

Wednesday, 7:30pm — Sepultura and Sacred Reich.

### Humphreys Backstage Music Club:

Sunday, 7:30pm — Livingston Taylor.

### Inland Tavern:

Sunday, 12pm — Rick Harchol. Free.

### Intercontinental Hotel:

Saturday, 9pm — Silent Saturday Rooftop Headphone Party. \$10-\$25.

### Jacobs Music Center/Copley Symphony Hall:

Saturday, 8pm — Arturo O'Farrill & the Afro Latin Jazz Orchestra. \$20-\$100.

### Japanese Friendship Garden:

Thursday, 7pm — Rob Thorsen. \$10-\$20.

### Kensington Café:

Monday, 7pm — Tanae. Free.

### La Jolla Riford Library:

Saturday, 3pm — Enchanting Music of Celtic Harp. Free.

### Lamb's Players Theatre:

Monday, 7:30pm — Voices of Ireland. \$40.

### Lestat's Coffee House:

Sunday, 4:30pm — Robin Henkel Band.

### Loft:

Thursday, 7pm — Shopping and Automatic.

### Lycum Theatre:

Sunday, 7:30pm — Trixie Mattel.

### Martinis Above Fourth I Table + Stage:

Saturday, 8pm — James Tormé. \$35-\$40.

### Mediterraneo:

Friday, 8:30pm — Cowboy Jack Band. Free.

### Molly Malone's Waypoint Saloon:

Friday, 9pm — Deena & the Dirty Dogs. Free.

### Mr. Peabody's Bar & Grill:

Friday, 8:30pm — Bonneville 7. Free.

### Music Box:

Thursday, 7:30pm — The Pharcyde.

Friday, 9pm — Yachtley Crew and Radio Thieves. \$22-\$24.

Saturday, 9pm — Rebel Souljahz, Vana Liya, Kelandy. \$20-\$22.

Tuesday, 7:30pm — Marc E. Bassy and Gianni & Kyle.

### Observatory North Park:

Thursday, 7:30pm — Umphrey's McGee. \$25-\$50.

Monday, 8pm — Third Eye Blind and Saves the Day.

Wednesday, 7:30pm — Grace Potter. \$40-\$43.

### Omnia San Diego:

Friday, 9pm — Tiesto. \$10-\$100.

Saturday, 9pm — DJ Scooter.

### Pal Joey's:

Saturday, 8pm — Cyren.

### Panama 66:

Sunday, 5pm — Uptown Rhythm Makers. Free.

### Pounders:

Saturday, 9pm — Miss Demeanor.

### Pour House:

Friday, 9pm — Roman Watchdogs, OSS, GentrOside. \$5.

Sunday, 9pm — Lost Monarchs. Free.

### Rancho Bernardo Library:

Saturday, 3pm — Singing Together Around the World. Free.

### Riviera Supper Club & Turquoise Room:

Saturday, 9pm — Bonneville 7. Free.

### Rockin' Baja Lobster — Old Town:

Friday, 6pm — Joe Cardillo.

Saturday, 6pm — Victor Santana.

### San Diego State University:

Thursday & Friday, 12pm — Campanile Music Festival.

### San Diego Natural History Museum:

Sunday, 5pm — Pop-up Choir Concert.

### Soda Bar:

Friday, 8pm — Creature Canyon and the Jacks.

Saturday, 8pm — Patrick Sweany.

Tuesday, 8pm — Negativland.

Wednesday, 8pm — Jehlad, Jonny Dee, Moonsugar.

### Tio Leo's:

Thursday, 8pm — Bonneville 7. Free.

Sunday, 1pm — High Society Jazz Band. \$8-\$20.

### Tower Bar:

Thursday, 8pm — Paul Collins and Tony James Leventhal.

Friday, 8pm — The Blind Owls and the Nox Boys.

Wednesday, 8pm — Ötzi.

### Trinity United Methodist Church:

Saturday, 7pm — San Diego Contra Dance. \$10.

### UCSD Price Center:

Thursday, 8pm — Red Baraat. \$9-\$20.

### Village Faire Shopping Center:

Tuesday, 2pm — Adrienne Nims.

### Welk Resort Theatre:

Wednesday, 7pm — The Alley Cats. \$24-\$37.

### Westfield University Towne Centre:

Saturday, 12pm — Robin Henkel & Whitney Shay.

### Winstons Beach Club:

Monday, 9pm — Electric Waste Band. \$5.

Tuesday, 8pm — High Pulp.

### Zel's Del Mar:

Friday, 7pm — Folklorick. Free.

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MON 3/16 ELECTRIC WASTE BAND  
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Far Beyond Hostile - Pantera Tribute

Tuesday 3/17  
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<b>UMPHREY'S MCGEE</b> THURSDAY, MAR 12	<b>GRACE POTTER</b> WEDNESDAY, MAR 18
<b>MAYHEM</b> SUNDAY, MARCH 22	<b>BEST COAST</b> WEDNESDAY, APR 1
<b>GOIN'</b> FRIDAY, APR 3	<b>FLESH GOD APOCALYPSE</b> SATURDAY, APR 4
<b>THE CHATS</b> SATURDAY, APR 18	<b>Letting Crack &amp; Swine</b> WEDNESDAY, APR 22

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**New City Sinfonia Orchestra** The New City Sinfonia Orchestra program celebrates Finland’s “national composer” Jean Sibelius. The feature work will be his powerful Symphony No. 2, the work which cemented his international reputation. The program will also include Sibelius’ stirring Karelia Suite from the film score “Prince of Egypt” along with Beethoven’s Overture to “The Creatures of Prometheus”, part of the worldwide commemoration of Beethoven’s 250th birthday. There will be a reception following the concert to meet and greet the artists. Sunday, March 15, 4:30pm; **free**. St. Mark’s United Methodist Church, 3502 Clairemont Drive.

**Quartetto Luminoso** Enjoy a virtuoso classical ensemble comprised of clarinetist Robert Zelickman, violinist Päivikki Nykter, violist Francesca Savage and cellist Cecilia Kim. Musical works are to include composers Stamitz, Sibelius, Piazzolla and Crussell and others. Friday, March 13, 7pm; \$10-\$50. Palisades Presbyterian Church, 6301 Birchwood Street.

**Sheryl & Frank Renk: The Clarinet Through Time** Trio for Clarinet, Viola and Piano K. 498 “Kegelstatt” Wolfgang Amadeus Mozart (1756-1791) Two Dances from ‘A Soldier’s Tale’ Igor Stravinsky (1882-1971) Fantasy for Clarinet, Cello and Piano Robert Muczynski (1929-2010) Intermission Suite for Violin, Clarinet and Piano Darius Milhaud (1892-1974) Concerto

## IMMORTAL BEAUTY

BY GARRETT HARRIS

### Close the orchestral petting zoo

Ah, the impermanence of all things. After the prior week’s peak musical experience at the San Diego Symphony, we were bound to come down off the mountaintop. The concert on Friday, February 28, was good, but probably came off as less than it was because of its proximity to the previous concert.

The concert started with the obligatory 10 minutes of nonsense trying to pass itself off as legitimate concert music. I suppose that since it is being performed at a concert, it is “concert music,” but that doesn’t make it legitimate, in my opinion. Feel free to disagree with me. This time, the piece was *Spin-Flip*, by Texu Kim.

I would like to propose that contemporary composers be restricted from the use of the percussion section

save for two pieces. Pick two essentials and let us hear what you can do without the whirrs and rattles. I do not seek to offend members of the percussion section, but I’m afraid that’s unavoidable. The orchestral petting zoo needs to be closed.

Next was the Sibelius *Violin Concerto*, a piece I have raved about in past years. But the fact remains: it is one of the toughest nuts to crack in the violin concerto repertoire. It is moody and episodic, and requires a violinist to go to those dark woods wherein the shadows dwell and stay there for a long, long time.

Violinist Nancy Zhou is an emerging artist. As a 21-year-old virtuoso, she has won a few competitions and is at the start of what could be an illustrious career. I do not

think she is ready to perform the Sibelius *Violin Concerto*, yet perform it she did. Zhou had all the notes but, to my ear and experience, she fell short of making a compelling case for why I should care about Sibelius’s music.

I liken her situation to that of a young opera singer. There is a natural progression of roles based on the singer’s abilities and experience. A 21-year-old soprano might have all the notes to sing the role of Bruhnhilde, but no one thinks she should.

Conductor Eun Sun Kim led the concert. She is the new music director of the San Francisco Opera, and her ability to coordinate the balance between the orchestra and a soloist was on full display. This is the most important skill an opera



Sibelius demands that his violinist go into the dark woods and stay there.

conductor can have.

Maestro Kim kept the orchestra in check during the Sibelius in order to keep Zhou’s tone present. This did lead to some rather muted orchestral sections, but that’s the nature of live performance. The final piece of the concert was Rachmaninoff’s *Symphony No. 3*, and Kim brought more energy to that piece. The problem is that it was Rachmaninoff’s *Symphony No. 3*. There is

some commendable music in the piece, but it is something other than the Rachmaninoff we all know and love. The *Third Symphony* is what happens when Sergei tries to force a smile — when he is, in fact, a “six-and-a-half-foot-tall scowl,” as Stravinsky styled him.

One final point: the symphony officially has a trumpet issue. More on that another time.

See more CLASSICAL MUSIC at [SDReader.com/classical](http://SDReader.com/classical)

## UPCOMING SHOWS

### 20Twenty at Westin Carlsbad:

Friday, Mar. 20 — John Lowery.  
Sunday, Mar. 22 — Lou Shook.  
Friday, Mar. 27 — Albert Hurtado Duo.  
Sunday, Mar. 29 — Helena Holleran Duo.

### 7 Mile Kitchen:

Saturday, Mar. 21 — Adam Knight.  
Saturday, Mar. 28 — Helena Holleran Duo.

### Amplified Aleworks:

Thursday, Mar. 26 — Scream Queens: Punk, Horror, Drag, Goth. \$5.

### Atheneum Music and Arts Library:

Friday, Mar. 20 — MohaviSoul.

### Auditorium at the Scripps Research Institute:

Sunday, Mar. 22 — Charles Lloyd & Gerald Clayton. \$35-\$40.

### BNS Brewing & Distilling:

Saturday, Mar. 28 — West of 5. **Free**.

### Bancroft:

Sunday, Mar. 22 — The Cryptics.

### Bar Pink:

Saturday, Mar. 28 — The Elevator Operators and Thee Allyrgic Reaction.

### Belly Up Tavern:

Thursday, Mar. 19 — Paul Thorn. \$20-\$35.  
Friday, Mar. 20 — Pine Mountain Logs.  
Saturday, Mar. 21 — Tommy Castro & the Painkillers.  
Monday, Mar. 23 — Taj Mahal Quartet. \$70-\$123.  
Tuesday, Mar. 24 — Galactic ft. Anjelika Jelly Joseph.  
Wednesday, Mar. 25 — The Samples.

Thursday, Mar. 26 — Whitney Shay.

Friday, Mar. 27 — Mustache Harbor.

Saturday, Mar. 28 — Common Sense and the Devastators.  
Sunday, Mar. 29 — Point Break Live.

### Blind Lady Ale House:

Saturday, Mar. 21 — Robin Henkel Band.  
Saturday, Mar. 28 — Uptown Rhythm Makers. **Free**.

### Brick by Brick:

Monday, Mar. 23 — Yob.  
Wednesday, Mar. 25 — The Red Jumpsuit Apparatus.

### Casbah:

Thursday, Mar. 19 — The Mattson 2. \$20.  
Saturday, Mar. 21 — Algiers. \$12.  
Tuesday, Mar. 24 — Holy Fuck.  
Wednesday, Mar. 25 — Tommy Cash.  
Friday, Mar. 27 — Emo Nite. \$12.  
Saturday, Mar. 28 — Beach Slang.  
Sunday, Mar. 29 — Nap Eyes.  
Monday, Mar. 30 — The Lover The Liar and Josh Moreland. \$6.

### Casino Inn Bar and Grill:

Saturday, Mar. 28 — The 8 East Band. **Free**.

### Cheers Bar & Grill:

Saturday, Mar. 28 — Sonic Tonic.

### Clairemont Library:

Wednesday, Mar. 25 — Pink Trio.

### Coomber Craft Wines:

Friday, Mar. 20 — The Ram.  
Friday, Apr. 17 — The Ram.

### Coronado Library:

Friday, Mar. 20 — Sacra/Profana: An Autobiography. **Free**.

for Two Clarinets Franz Krommer (1759-1831) Friday, March 13, 7:30pm; \$5-\$15. Cuyamaca College, 900 Rancho San Diego Parkway.

**The Aging Magician** An aging clockmaker’s passion project is stuck at a crucial point. Reality and fiction blur as he tries to complete his story. Friday, March 13, 2pm and 7:30pm; Saturday, March 14, 2pm and 7:30pm; Balboa Theatre, 868 Fourth Avenue.

**Westwind Brass** The “Pleasure of Your Company” music series sponsored by the Scripps Ranch Friends of the Library welcomes back the Westwind Brass. Their

program will feature nearly all original works for brass. From the splendor of the Renaissance with Giovanni Gabrieli to the 21st century melodies of Shafer Mahoney, from Bach to Dixieland to Bernstein, Westwind explores brass chamber music spanning over 400 years. Experience works of power and beauty that showcase the brilliance of brass. There is no charge for the concert, although donations are appreciated. Meet the musicians at a complimentary reception following the concert. Sunday, March 15, 2:30pm; **free**. Scripps Miramar Ranch Library, 10301 Scripps Lake Drive.

<b>WED., MARCH 11</b> <b>CULT OF LUNA</b> Emma Ruth Rundle, Intronaut		<b>MON., MARCH 23</b> <b>YOB</b> Human Impact, Forest Grove
<b>THU., MARCH 12</b> <b>STATIC-X</b> Society 1		<b>WED., MARCH 25</b> <b>THE RED JUMPSUIT APPARATUS</b> Eyes Set To Kill, Dead American, The Wildfire Projects, The Undertaking
<b>FRI., MARCH 13</b> <b>SIGHT UNSCENE</b> A Hero Within, Hollow Stage	<b>WED., MARCH 18</b> <b>JOHN CORABI</b> Los Santos + special guests	<b>FRI., MARCH 27</b> <b>CHARGER</b> + special guests
<b>SAT., MARCH 14</b> <b>WACKEN METAL BATTLE ROUND 2</b> Mythraeum, Mortar, Manic, Dead Serial Killers, Blackcast	<b>FRI., MARCH 20</b> <b>MARCO MENDOZA</b> Pet Shark, Brett Ellis Band, Overfall	<b>SAT., MARCH 28</b> <b>THE IRON MAIDENS</b> Murder of Five, Warpath, Blameless, Crossfaded
<b>SUN., MARCH 15</b> <b>LORDS OF ACID</b> Aesthetic Perfection, Praga Khan, MXMS	<b>SUN., MARCH 22</b> <b>PRESTO BALLET</b> Electromagnetic + special guests	<b>MON., MARCH 30</b> <b>THE THREE TREMORS</b> Nightshadow + special guests

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**Coyote Bar & Grill:**  
Thursday, Mar. 19 — Miss Demeanor.

**Dirk's Niteclub:**  
Friday, Mar. 20 — Halo Effect.  
Saturday, Mar. 21 — Harley & the Pirates.  
Saturday, Mar. 28 — DJ Harvest.

**Dizzy's/Musicians Union Hall:**  
Saturday, Mar. 21 — Weller/Soto Quartet. \$15-\$20.

**Ebullition Brew Works:**  
Thursday, Mar. 19 — Carl Sonny Leyland. \$10.

**Encinitas Library:**  
Saturday, Mar. 21 — Mark Jackson Band & Ken Lehnig. \$15-\$18.

**Eureka! Gourmet Burgers and Craft Beer**  
Thursday, Mar. 19 — King Taylor Project. Free.

**Fairmont Grand Del Mar:**  
Saturday, Mar. 21 — Durell Anthony & Ian Patrick Cler. Free.

**Fluxx:**  
Friday, Mar. 20 — Brees. \$1-\$15.  
Saturday, Mar. 21 — Scooter. \$1-\$15.  
Friday, Mar. 27 — Mi Vida Latin Night.  
Saturday, Mar. 28 — Jae Murphy. Free.

**Goodbar:**  
Saturday, Mar. 21 — 50 Years of Jeff Berkley.

**Grand Ole BBQ Flinn Springs:**  
Friday, Mar. 27 — Flipside Burners. Free.

**Grossmont Center:**  
Saturday, Mar. 28 — Puddle of Mudd, Trapt, Tantric.

**Hacienda de Vega Encinitas:**  
Friday, Mar. 20 — Flipside Burners. Free.

**Handlery Hotel's 950 Lounge:**  
Sunday, Mar. 22 — Peter Sprague Trio. Free.  
Sunday, Mar. 29 — Yve Evans Trio. Free.

**Hooleys Irish Pub & Grill La Mesa:**  
Friday, Mar. 20 — Ron's Garage.  
Saturday, Mar. 21 — Whiskey Ridge.  
Friday, Mar. 27 — Raney/Butler.

**Hooleys Irish Pub & Grill Rancho San Diego:**  
Friday, Mar. 20 — Heart Band.  
Friday, Mar. 27 — Tony Cummins.

**Hornblower Cruises:**  
Saturday, Mar. 28 — Stagecoach Cocktail Cruise. \$42.

**House of Blues:**  
Thursday, Mar. 19 — Jerry 'Hot Rod' DeMink. Free.  
Friday, Mar. 20 — Elohim.  
Saturday, Mar. 21 — Country Brunch: Farm Truck. Free.  
Sunday, Mar. 22 — Country Brunch: DJ Staci.  
Sunday, Mar. 22 — Allie X.  
Monday, Mar. 23 — The Sickstring Outlaws. Free.  
Tuesday, Mar. 24 — Jade Novah.  
Friday, Mar. 27 — Jesse Barnett and Stick to Your Guns.  
Saturday, Mar. 28 — Country Brunch: DJ Famous Dave. Free.  
Saturday, Mar. 28 — Juice.  
Sunday, Mar. 29 — Country Brunch: The Sickstring Outlaws. Free.

Sunday, Mar. 29 — The Sickstring Outlaws. Free.

**Hub Hillcrest Market:**  
Saturday, Mar. 21 — Pop-up Choir Concert.

**Inland Tavern:**  
Sunday, Mar. 22 — Rick Harchol. Free.

**Jacobs Music Center/Copley Symphony Hall:**  
Saturday, Mar. 21 — An Evening with Sutton Foster. \$20-\$100.

**Japanese Friendship Garden:**  
Thursday, Mar. 26 — Allison Adam Tucker. \$10-\$20.

**Kensington Café:**  
Saturday, Mar. 21 — Tanae. Free.

**Kraken:**  
Saturday, Mar. 22 — Bonneville 7. Free.

**La Jolla Community Center:**  
Saturday, Mar. 21 — Hermanos Herrera. \$23.  
Friday, Mar. 27 — Christopher Hollyday, Melonie Grinnell, Rob Thorsen. \$18-\$25.

**Lawrence Family Jewish Community Center:**  
Thursday, Mar. 26 — Merima Kljuc. \$33-\$52.

**Library:**  
Friday, Mar. 27 — The Lemon Squeezers. Free.

**Mainstream Bar and Grill:**  
Friday, Mar. 27 — Sonic Tonic.

**Martinis Above Fourth I Table + Stage:**  
Thursday, Mar. 19 — John Lloyd Young. \$40-\$50.  
Saturday, Mar. 21 — Anne Steele. \$25.  
Monday, Mar. 23 — Sandy Campbell. \$20.  
Thursday, Mar. 26 — Spencer Day Duo. \$30.  
Saturday, Mar. 28 — Valra Jean Merman. \$35.  
Sunday, Mar. 29 — Valra Jean Merman. \$35.

**McP's Irish Pub and Grill:**  
Friday, Mar. 27 — Bonneville 7. Free.  
Saturday, Mar. 28 — Miss Demeanor.

**Merrow:**  
Thursday, Mar. 26 — Tzimani.

**Molly Malone's Waypoint Saloon:**  
Saturday, Mar. 28 — Kisstroyer. Free.

**Museum of Making Music:**  
Saturday, Mar. 21 — New West Guitars Group with Sara Gazarek. \$25-\$30.  
Saturday, Mar. 28 — Curtis Taylor.

**Music Box:**  
Thursday, Mar. 19 — Louis XIV and Ignant Benches. \$15.  
Friday, Mar. 20 — Alice Insane and A Perfect Tool. \$10.  
Saturday, Mar. 21 — RJD2 and DGT'L CLR. \$25.  
Sunday, Mar. 22 — The PettyBreakers. \$19-\$21.  
Thursday, Mar. 26 — Zeke Beats and Hex Cougar. \$22-\$30.  
Friday, Mar. 27 — Squirrel Nut Zippers and Quel Borden. \$35-\$37.  
Saturday, Mar. 28 — Mark Farina and Chuck Love. \$22-\$25.  
Sunday, Mar. 29 — The Highwayman. \$24-\$26.

**My Yard Live:**  
Saturday, Mar. 28 — Fleetwood Bigmak. Free.

**Nick & G's:**  
Friday, Mar. 27 — Tim Yancey. Free.

**North Park Beer Co.:**  
Thursday, Mar. 26 — Uptown Rhythm Makers. Free.

**North Park Vaudeville and Candy Shoppe:**  
Saturday, Mar. 28 — Garrett Pierce and Tom Brosseau.

**Observatory North Park:**  
Sunday, Mar. 22 — Abboth and Mayhem.  
Monday, Mar. 23 — Grouplove.

**Omnia San Diego:**  
Friday, Mar. 20 — Bryce Vine.  
Saturday, Mar. 21 — Faed.  
Thursday, Mar. 26 — DJ Will Hernandez.  
Friday, Mar. 27 — Dada Life.  
Saturday, Mar. 28 — Mr. Brown.

**Parc Bistro Brasserie:**  
Saturday, Mar. 21 — Beatles Brunch.

**Pechanga Arena San Diego:**  
Tuesday, Mar. 31 — Celine Dion.

**Pour House:**  
Friday, Mar. 20 — Bonneville 7. Free.  
Sunday, Mar. 22 — Lost Monarchs. Free.  
Thursday, Mar. 26 — The Rosalyns, Sixes, Harsh Mellow.

**Ramona Mainstage Nightclub:**  
Thursday, Mar. 26 — Last in Line.

**Rockin' Baja Lobster — Old Town:**  
Saturday, Mar. 21 — Jim Allen Trio.  
Friday, Mar. 27 — Victor Santana.  
Saturday, Mar. 28 — George James.

**Rosie O'Grady's:**  
Saturday, Mar. 28 — Bonneville 7. Free.

**Sacred Heart Catholic Church:**  
Sunday, Mar. 29 — Key of She: Light Shines Over the World. Free.

**San Diego Natural History Museum:**  
Sunday, Mar. 22 — Pop-up Choir Concert.  
Sunday, Mar. 29 — Pop-up Choir Concert.

**Smith Recital Hall at SDSU:**  
Thursday, Mar. 26 — Sacred Music, Sacred Words. Free.

**Soda Bar:**  
Friday, Mar. 20 — Off With Their Heads and Slingshot Dakota.

Sunday, Mar. 22 — Summer Heart and Bonnie Li.  
Tuesday, Mar. 24 — Horse Jumper of Love and Strange Ranger.  
Wednesday, Mar. 25 — Flipturn and Dan & Drum.  
Thursday, Mar. 26 — Adam Green and Nation of Language. \$15-\$17.  
Friday, Mar. 27 — Bear Hands and Irontom. \$18-\$20.  
Saturday, Mar. 28 — The Warning.

**Soma:**  
Thursday, Mar. 19 — AJJ, Xiu Xiu, Emperor X.  
Thursday, Mar. 26 — Thy Art is Murder.

**Space:**  
Thursday, Mar. 19 — The Obsessed and Today Is The Day.

**St. James by-the-Sea Episcopal Church:**  
Friday, Mar. 20 — Fernando David Pinon: Revolutions. \$25-\$200.

**Supernatural Sandwiches:**  
Saturday, Mar. 21 — Swells OC. \$20.

**Sycuan Live & Up Close Theatre:**  
Thursday, Mar. 19 — Prince Royce.

**Trinity United Methodist Church:**  
Saturday, Mar. 21 — San Diego Contra Dance. \$15.  
Saturday, Mar. 28 — San Diego Contra Dance. \$10.

**University of San Diego:**  
Thursday, Mar. 19 — Alcalá Honors Chamber Winds: Last Breaths. Free.

**University City United Church:**  
Saturday, Mar. 28 — Key of She: Light Shines Over the World. Free.

**Venue 808:**  
Saturday, Mar. 21 — Bailamos Fiesta. \$35-\$60.

**Welk Resort Theatre:**  
Wednesday, Mar. 25 — The Alley Cats. \$24-\$37.

**Westfield University Towne Centre:**  
Friday, Mar. 20 — King Taylor Project. Free.  
Thursday, Mar. 26 — King Taylor Project. Free.

**Winstons Beach Club:**  
Monday, Mar. 23 — Electric Waste Band. \$5.

**Wokou Ramen & Yakitori:**  
Friday, Mar. 20 — Durell Anthony & Nik Mathews. Free.



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Squarecrow

Sat, Mar. 14  
**FREEDOM HAWK**  
Great Electric Quest  
Desert Suns • Into the Fuzz

Mon, Mar. 16  
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SHAKE BURLESQUE**

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# Charity and hope

*The character wants love from a man, but the actress has to look for it from the audience.*

Here, in the third show of its ninth season, the Oceanside Theatre Company decided to do something they hadn't done before, not even during their first-ever musical, last year's *Man of La Mancha*: big production numbers and set movements. Artistic director (and play director) Ted Leib writes that he was inspired by the FX's TV biographical drama *Fosse/Verdon* to tackle *Sweet Charity*, the 1966

musical which Bob Fosse conceived and directed and choreographed, and in which his wife Gwen Verdon starred. One of the remarkable things about attending community theater is the "community" part. You may, for instance, happen to find yourself seated next to the parents of lead actress Kalin Booker, and just in front of a woman who recalls seeing Verdon originate the role on Broadway, and who thinks Booker compares favorably. ("She's a triple threat!") And also next to a woman who has seen you scribbling notes through the first act and wants to know what you think.

Well, all right, what do I think? I get the triple threat comment: Booker can sing, even if the sheer size of the part threatens at times to overwhelm her and the sheer range of the songs pushes at the low end of her register. And she

can dance, even if she gets left alone onstage a bit too long in places. But what's more important is that she can act *through* the singing and the dancing. As the video screens on stage inform us, Charity is a girl who wants to be loved. The character wants love from a man (just about any man will do, as long as he loves her, or even seems like he might be starting to be able to think about beginning to love

her), but the actress has to look for it from the audience. We need to feel her need throughout (not just when she faces us and sings about her romantic yearning): *love me. Please love me.* And Booker is up to the task: forever ingratiating, forever appealing, forever pleading. Some of the other actors can hold their own against her — notably Steve Lawrence as the nebbish accountant Oscar who gets stuck in an elevator with Charity at the 92nd Street Y — but it's always her show to carry.

The musical was based on Federico Fellini's 1957 film *Nights of Cabiria*. There, the star is an Italian prostitute. Here, she's cleaned up into a dance-hall girl: still in the rent-a-body business, but without the ickier bits. But Neil Simon's book takes pains to assure that *Charity* is not a sweet show — if anything, it's even more mean-spirited



PHOTOGRAPH BY KEN JACQUES

**Sweet Charity: How do you love me now?**

**Sweet Charity**, by Neil Simon (book), Cy Coleman (music), Dorothy Fields (lyrics)  
**Oceanside Theatre Company at the Brooks Theatre**, 217 North Coast Highway, Oceanside  
**Directed by Ted Leib**, cast: Kalin Booker, Olivia Pence, Audrey Etchison, Steve Lawrence, Tanner Vidos; set design, Alyssa Kane; costumes, Bernice Brosious and Jeffrey Wallach; lighting, Rebecca Goodman; choreographer, Siri Hafso; music director, Martin Martiarena; vocal director, Tara Sampson.  
**Playing through March 29**, Fridays and Saturdays at 7:30 pm, Sundays at 2 pm.

than the movie. At the film's outset, Cabiria is pushed into the river by a boyfriend who steals her purse, but rescued by decent ordinary people living downstream. In the play, the ordinary people are anything but decent: as Charity sinks

into a city pond, they gather 'round, unmoved and unmoving. "I'll get my kid brother," says one woman, "he's never seen a drowning." Eventually, Charity is hauled from the water, but even then, it's only the local pervert who steps up to give

**"NOT TO BE MISSED!"**  
 Superb direction and a rock-solid cast  
 make this show a knockout!"

**Little WOMEN**

By Kate Hamill  
 Based on the novel by Louisa May Alcott  
 Directed by Sarah Rasmussen  
 In association with Dallas Theater Center

**Starts Saturday!**  
 March 14 - April 19

**Tickets start at \$30**  
 Teens see it for \$24!  
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THE OLD GLOBE (619) 23-GLOBE TheOldGlobe.org

Jennie Greenberry and Alex Organ with the cast of *Little Women*. Photo by Karen Almond.

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**All are welcome.**

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mouth to mouth resuscitation. For all the spirited music, glittering sequins, and flattering light, Charity lives in an ugly world — the better to highlight her relentless good cheer and even better hope.

Parts of the show left me wondering. If community theater means bang for your buck, then yeah, you're going to want to include everything from the original, including the dance numbers from inside the swanky Pompeii Club that have nothing to do with anything but watching people dance. (This was a Fosse show...) And especially including the visit to a hippie cult masquerading as a church that opens act two. Back in 1966, that must have worked liked gangbusters to signify *Sweet Charity's* position on the cultural edge: not only are we featuring a romantic dreamer who isn't even a virgin, but we're also tossing in a bunch of hippies, who just might spell the end of civilization with their free love and their marijuana cigarettes. Now, it plays either as silly nostalgia (*remember those goofballs?*) or creepy weirdness (*remember Charlie Manson?*). Both the dancers and the hippies knew their stuff, but the show might have played better without them. (Other odd bits: a joke that relies on the idea that only foreign movies feature frank depictions of sex, a joke that relies on the audience knowing that Norman Mailer was a better novelist than poet, a joke that relies on it being shocking to hear a woman say, "Up yours!") The solid comedy of *Charity* is timeless, and there's plenty of it, which makes the dated stuff stand out.)

Because even without the extraneous bits, the company has succeeded in its effort to break new ground. The "big production numbers and set movements" work in nearly every instance. Charity's performance from inside a wardrobe as she watches a movie star play out a real life love scene may be the comedic high point, and the ensemble performance of "I Love to Cry at Weddings" does great, exuberant work in setting up the show's dramatic finish. ■

## THEATER LISTINGS

*Theater listings and commentary are by Jeff Smith unless otherwise noted. Information is accurate according to material given us, but it is always wise to phone the theater for any last-minute changes and to inquire about ticket availability. Many theaters offer discounts to students, senior citizens, and the military. Ask at the box office.*

### 5th Annual Festival of New Plays

The San Diego City College Dramatic Arts Program presents the fifth annual Festival of New Plays. San Diego City College's Dramatic Arts Department has recently expanded its course offerings with a class in Playwriting (DRAM 108), offered in the fall semester. From this pool of new writers, seven plays were chosen to be fully produced, directed by faculty members who teach in the Dramatic Arts Program. All performances will take place in the Black Box Theatre (AH 320) at San Diego City College. Scripts were submitted from plays developed in Professor Matthew Salazar-Thompson's playwriting class, from writing assignments in Professor Farrell Foreman's English classes, and also by students who have an interest in writing for the stage. After culling through all of the student script submissions, the directors of the plays, professors Farrell Foreman and Kate Neff Stone, selected the strongest seven scripts and held auditions in late January. SAN DIEGO CITY COLLEGE, 1313 PARK BL., EAST VILLAGE. 619-388-3400. 2PM THURSDAY, 8PM FRIDAY & SATURDAY.

### The Aging Magician

An aging clockmaker's passion project (a book he is writing about an aging magician) is stuck at a crucial point. Reality and fiction blur as he tries to complete his story. BALBOA THEATRE, 868 FOURTH AVE., DOWNTOWN SAN DIEGO. 619-570-1100. 2PM & 7:30PM FRIDAY & SATURDAY.

### Aladdin JR.

Aladdin and his three friends, Babkak, Omar, and Kassim, are down on their luck until Aladdin discovers a magic lamp and the Genie who has the power to grant three wishes. A diamond in the rough street rat learns that his true worth lies deep within. MISSION HILLS UNITED CHURCH OF CHRIST, 4070 JACKDAW ST., MISSION HILLS. 619-296-2169. 7PM FRIDAY & SATURDAY, 2PM SUNDAY.

### Circus Vargas

Mr. V's Big Top Dream: more sparkle and sequins. Run away with the circus for two hours. WESTFIELD PLAZA BONITA, 3030 PLAZA BONITA RD., NATIONAL CITY. 12:30PM FRIDAY.

### Clybourne Park

Spanning 50 years, this satirical drama from playwright Bruce Norris is an exploration of race relations, the "ownership" of neighborhoods, and the breakdown of communication in American society. Borrowing a character from Lorraine Hansberry's play *A Raisin in the Sun*, the play opens in 1959 with Bev and Russ selling their house to the first African-American family in the neighborhood, causing

discontent among some of their white neighbors. Act Two turns the tables by jumping to 2009, where the same house is now being purchased by a white couple who, oblivious to the wishes of their African-American neighbors, plan to tear it down and rebuild it.

STAGEHOUSE THEATRE, 8800 GROSSMONT COLLEGE DR., EL CAJON. 619-644-7234. 7:30PM THURSDAY & FRIDAY, 2PM & 7:30PM SATURDAY.

### Fly

Wendy's life is about to change forever when she meets a boy named Peter, a pirate named Hook, and a beguiling, beautiful Crocodile, who's much more than meets the eye. In this version of J.M. Barrie's novel *Peter Pan*, a whole new Neverland comes to life with dynamic choreography and aerial acrobatics.

LA JOLLA PLAYHOUSE, 2910 LA JOLLA VILLAGE DR., UCSD. 858-550-1010. 8PM THURSDAYS, FRIDAYS, & SATURDAYS, 7PM SUNDAYS, 7:30PM TUESDAYS & WEDNESDAYS.

### Hear Her Roar

Celebration of female artists. Come see a lineup of local San Diego singers, dancers, musicians, and poets. Performed, directed, stage managed, and produced by all woman in honor of Woman's History Month. May include strong language and adult themes.

CITY HEIGHTS PERFORMANCE ANNEX, 3791 FAIRMOUNT AVE., CITY HEIGHTS. 619-641-6103. 7:30PM FRIDAY & SATURDAY, 2PM SUNDAY.

### High Tea Dinner Theater: Clue On Stage

It's a dark and stormy night, and you've been invited to a very unusual dinner party. Each of the guests has an alias, the butler offers a variety of weapons, and the host is, well... dead. So whodunnit? Join Scarlet, Plum, White, Green, Peacock, and Mustard as they race to find the murderer in Boddy Manor. Based on the film and popular board game, *Clue* is a comedy that will keep you guessing until the final twist.

GRAND TEA ROOM, 145 W. GRAND AVE., ESCONDIDO. 760-233-9500. 7PM THURSDAY, FRIDAY, & SATURDAY, 1PM & 6PM SUNDAY.

### House of Joy

Set in the 17th century, in a place like Delhi, India, *House of Joy* spins the tale of Hamida, one of the elite female bodyguards in the Emperor's Imperial Harem. When faced with an impossible ethical quandary, Hamida goes against everything she believes and risks her life to help abused Queen Mariyam escape the heavily guarded harem. Inspired by the epic legends of Indian history, this action-adventure romance centers on strong women who battle each other as well as a world threatening to enter their sacred space. SAN DIEGO REPERTORY THEATRE, 79 HORTON PLAZA, DOWNTOWN SAN DIEGO. 619-544-1000. 8PM THURSDAY, FRIDAY, & SATURDAY, 2PM & 7PM SUNDAY, 7PM WEDNESDAY, MAR. 18.

### Into the Woods

Everyone's favorite storybook characters are brought together. The book and score. The story follows a Baker and his wife, who wish to have a child; Cinderella, who wishes to attend the King's Festival; and Jack, who wishes his cow would give milk. When the Baker and his wife learn that they cannot have a child because of a Witch's curse, the two set off on a journey to break the curse.

Everyone's wish is granted, but the consequences of their actions return to haunt them.

OCEAN BEACH PLAYHOUSE, 4944 NEWPORT AVE., OCEAN BEACH. 619-795-9305. 8PM FRIDAYS & SATURDAYS, 2PM SUNDAYS, 8PM MONDAYS.

### Making God Laugh by Sean Grennan

*Making God Laugh* follows one typical family over the course of thirty years' worth of holidays. Starting in 1980, Ruthie and Bill's grown children—a priest, an aspiring actress, and a former football star—all return home where we learn of their plans and dreams as they embark on their adult lives.

POINT LOMA PLAYHOUSE, 3035 TALBOT ST., POINT LOMA. 619-800-5497. 8PM SATURDAY, 2:30PM SUNDAY.

### Murder Mystery Dinner

Showing of *Best Laid Plans*, an immersive mystery experience full of twists and turns. A murder will occur and your sleuthing skills will be put to the test as you work to determine whodunnit. You'll have the chance to examine clues and mingle with suspects to deduce the culprit as you dine on a killer three-course meal. You might even become a suspect yourself.

OLD SPAGHETTI FACTORY, 275 FIFTH AVE., DOWNTOWN SAN DIEGO. 619-233-4323. 7PM THURSDAY.

### Shrek The Musical

Steele Canyon High School presents *Shrek The Musical* based on DreamWorks Animation's Oscar-winning film. This fairy tale features songs from Jeanine Tesori of *Thoroughly Modern Millie*.

STEELE CANYON CHARTER HIGH SCHOOL, 12440 CAMPO RD., SPRING VALLEY. 619-660-3500. 7PM WEDNESDAY, MAR. 18.

### Sweet Charity

The turbulent love life of Charity Hope Valentine, a hopelessly romantic but comically unfortunate dance hall hostess in New York City, *Sweet Charity* captures energy, humor, and heartbreak of life in the big city for an unfortunate but irrepresible optimist. Musical numbers include: "Big Spender," "If My Friends Could See Me Now," "Rhythm of Life," "I'm a Brass Band" and "Baby, Dream Your Dream."

SUNSHINE BROOKS THEATRE, 217 N. COAST HWY., OCEANSIDE. 760-433-8900. 7:30PM FRIDAYS & SATURDAYS, 2PM SUNDAYS.

### Wake Up, Brother Bear!

Brother and Sister Bear take your little one on a journey of a year of seasons. They see a waterfall melt, meet a butterfly, chase an elusive fish, and skate on an icy pond. *Wake Up Brother Bear!* is performed in an intimate setting designed especially for 3-7 year olds. The audience is invited to join the action using a small bag of props.

CASA DEL PRADO THEATRE, 1600 VILLAGE PL., BALBOA PARK. 10AM & 12PM SATURDAY & SUNDAY.

## UPCOMING SHOWS

### Clybourne Park

Spanning 50 years, this satirical drama from playwright Bruce Norris is an exploration of race relations, the "ownership" of neighborhoods,

and the breakdown of communication in American society. Borrowing a character from Lorraine Hansberry's play *A Raisin in the Sun*, the play opens in 1959 with Bev and Russ selling their house to the first African-American family in the neighborhood, causing discontent among some of their white neighbors. Act Two turns the tables by jumping to 2009, where the same house is now being purchased by a white couple who, oblivious to the wishes of their African-American neighbors, plan to tear it down and rebuild it.

STAGEHOUSE THEATRE, 8800 GROSSMONT COLLEGE DR., EL CAJON. 619-644-7234. MAR. 19 THROUGH MAR. 21.

### FLY Cast Meet & Greet Brunch

The Lodge at Torrey Pines and La Jolla Playhouse are partnering to host a culinary and musical event celebrating FLY, the west coast premiere musical about a twist on the classic story of Peter Pan. Meet select cast members who will perform several numbers and indulge in a complete spread of brunch dishes as well as breakfast libations.

LODGE AT TORREY PINES, 11480 N. TORREY PINES RD., LA JOLLA. 619-453-4420. MAR. 22.

### High Tea Dinner Theater: Clue On Stage

It's a dark and stormy night, and you've been invited to a very unusual dinner party. Each of the guests has an alias, the butler offers a variety of weapons, and the host is, well... dead. So whodunnit? Join Scarlet, Plum, White, Green, Peacock, and Mustard as they race to find the murderer in Boddy Manor. Based on the film and popular board game, *Clue* is a comedy that will keep you guessing until the final twist.

GRAND TEA ROOM, 145 W. GRAND AVE., ESCONDIDO. 760-233-9500. MAR. 19 THROUGH MAR. 22.

### House of Joy

Set in the 17th century, in a place like Delhi, India, *House of Joy* spins



Tony award nominated play West Side Story presents two rival gangs struggling for turf in New York City. When two teenagers fall into a forbidden love, tension rises, leading to a heart-wrenching end. The play is sure to keep the audience captivated and give a memorable impression of this high school production.

### Mt. Carmel High School

9550 Carmel Mountain Rd  
San Diego, CA 92129

March 5th-7th & 12th-14th  
7pm

the tale of Hamida, one of the elite female bodyguards in the Emperor's Imperial Harem. When faced with an impossible ethical quandary, Hamida goes against everything she believes and risks her life to help abused Queen Mariyam escape the heavily guarded harem. Inspired by the epic legends of Indian history, this action-adventure romance centers on strong women who battle each other as well as a world threatening to enter their sacred space. SAN DIEGO REPERTORY THEATRE, 79 HORTON PLAZA, DOWNTOWN SAN DIEGO. 619-544-1000. MAR. 19 THROUGH MAR. 29.

### Little Women

Based on Louisa May Alcott's novel. Jo March and her three sisters, Meg, Beth, and Amy, come to the stage in a version that honors the spirit of Alcott's original while freshly interpreting it for a new era. OLD GLOBE THEATRE, 1363 OLD GLOBE WAY, BALBOA PARK. 619-234-5623. MAR. 19 THROUGH APR. 19.

### Murder on the Nile

Kay Ridgeway has led a charmed life. Blessed with beauty, enormous wealth and a new husband, she embarks on a honeymoon voyage down the Nile. Fatal circumstances await when the idyllic surroundings are shattered by a shocking and brutal murder. Under scrutiny are a multitude of memorable passengers, all of whom having a reason to kill. The tension builds as a shocking conspiracy is laid bare. POWPAC, 13250 POWAY RD., POWAY. 858-679-8085. MAR. 20 THROUGH APR. 19.

### Shrek The Musical

Steele Canyon High School presents *Shrek The Musical* based on DreamWorks Animation's Oscar-winning film. This fairy tale features songs from Jeanine Tesori of *Thoroughly Modern Millie*.

STEELE CANYON CHARTER HIGH SCHOOL, 12440 CAMPO RD., SPRING VALLEY. 619-660-3500. MAR. 19 THROUGH MAR. 29.



With music and lyrics by Lin-Manuel Miranda and a book by Quiara Alegria Hudes, *In the Heights* is a story set over the course of three days, involving characters in the largely Hispanic-American neighborhood of Washington Heights in New York City.



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for a handout. Much to the shock and disgust of the Kennedy family, the Reverend invites the devil to live under their roof. There's not a bad performance to be found, most notably Riseborough's. There'll be no hiding behind the hoods for her. Burden is Klan and stupid to boot, but there's something about Judy's faith in the redemptive power that can reach even monsters that makes this chug. Plus, she's the only one capable of bringing a lighter moment to these dire proceedings. It's one thing for Judy to sign off on a fishing trip with her son and a Klansman, another for Burden to allow one of his black friends to join them. (Call it a moment of Clarence clarity.) Upon the trio's safe return home, Judy jokes that after spending the day with a black child, Burden should wash his hands before cooking.

Announced in 2015, completed in 2016, and previewed at Sundance in 2018, this is the first film in seeing the projector light of day. A fact-based race drama with religious overtones makes for a lousy situation in Hollywood terms. But there's no such thing as a bad genre, just rinkydink raconteurs who take great pleasure in exalting the what before the how. Many are quick to complain that the film absolves a white supremecist of his sins. Burden ultimately does the right thing, but the chilling string of evil events that snowed under Burden's heart ultimately made it impossible to appreciate his extenuatory actions.

—Scott Marks

## MOVIE LISTINGS

All reviews are by Scott Marks, Matthew Lickona, and Duncan Shepherd. Priorities are indicated by one to five stars and antipathies by the black spot. Unrated movies are for now unreviewed. Thousands of past reviews are available online at [SDReader.com/movies](http://SDReader.com/movies).

**Emma.** — This "Classics Illustrated" adaptation of Jane Austen is worth a look strictly for the performance of Anya Taylor-Joy, the baby moon-eyed wonderment so perfectly suited for the role, you'd swear she was born in 1815. Alas, actors don't make movies, directors do, and photographer-turned-fledgling-filmmaker Autumn de Wilde never finds a tone of her own to set in this manicured ransacking of Wes Anderson and Sofia Coppola. The comedy comes at you cute and forced: characters move in unison or burble dialogue to get a laugh. The costumes are spectacular, which makes the superabundance of closeups all the more regrettable. Lit flatly as though the interiors have no roofs, yet there are times when the lighting doesn't match from shot to shot. Bill Nighy's performance is better suited to screwball comedy, which, come to think of it, would have been a much fresher approach to the material than anything in this half-boiled handling 2020. — S.M. ★ (IN WIDE RELEASE)

**Extra Ordinary** — Never has a title been so far off base. We open on a paranormal-detective VHS tape badly in need of tracking. Cute. Flash-forward a couple of decades to find Rose (Maeve Higgins) and her sister Sailor (Terri Chandler) looking down upon the grave that their father, the ghost-hunting star of the video series, currently calls home. Convinced that her paranormal

powers were a contributing factor in her dad's demise, driving instructor Rose is reluctant to save the life of a client's daughter, a virgin set to be sacrificed by Christian Winter (Will Forte). Winter, a washed-up rocker living off the royalties of his one hit, is looking to use the event as an occasion to restart his career. Forte's (*MacGruber*) approach to comedy is limited to hiding beneath a funny wig and broadly overplaying. At best, this is improvised skit comedy at it worst. Lay the blame for on first-time writing-directing team of Mike Ahern and Enda Loughman. 2019. — S.M. ● (ARCLIGHT LA JOLLA)

**Goodfellas** — A strong contender as Martin Scorsese's most negligible, most dispensable, most redundant movie. Here we go again: the subjective tracking shot through a nightclub, the stack of goldie-olies to be gone through on the soundtrack, the torturously repetitive dialogue ("fuckin' " this and "fuckin' " that). Yes, there's a new device to be tried out, too: the intermittent freeze-frame for comic-ironic punctuation — well, not exactly a new device: a New Wave device. Scorsese tosses in so many tricks that some of them will look new simply because they look out of place. But the real problem with the movie — beyond its untimeliness, its extreme tardiness, in the tramp-tramp-tramp of "demystifying" portraits of the Mob — is that too much of the essential information is gotten across through the protagonist's narration (with additional narration chipped in by his Jewish girlfriend and later wife), so that Scorsese is reduced to a mere illustrator, even a mere time-killing doodler. To be sure, a highly capable illustrator (helped immeasurably by colorful portrayals from De Niro, Pesci, Sorvino, and company), but never so incapacitated a movie man. The script, boiled down from a true-life, as-told-to book about a half-Irish Mafia informant, boiled down therefrom to an episodic and piecemeal mush, is not a proper movie script

at all. With Ray Liotta and Lorraine Bracco. 1990. — D.S. ★ (READING CINEMAS GROSSMONT WITH TITAN XC)

**Hope Gap** — The title serves double-duty: a cove tucked under the cliffs of Seaford that bookends the action and that indelicate emotional space between exceedingly erudite lovers who have experienced their last gasp of romance. Grace (Annette Bening) is surprised to learn their son Jamie (Josh O'Connor) didn't call his mother to announce his upcoming weekend visit. He didn't have to, seeing how it was dad (Bill Nighy) who extended the invite hoping that the boy might stay a little longer to play intermediary in case Grace didn't respond well to the news their 29-year marriage was dissolved and that her husband had decided to play house with another woman. (His greatest mistake was a passive inability to stand up for himself.) She's not going down easy — it's a clause written into every one of the actresses' contracts, but seldom with Grace's ferocity. "What will he do if I say no?" Grace asks the divorce lawyer representing her husband. Let the stalking begin in this tense romantic drama that showcases both its leads in top form. 2020. — S.M. ★★★ (ANGELIKA CARMEL MOUNTAIN, LANDMARK HILLCREST)

**Onward** — A magical staff that once belonged to the deceased father they never knew is left in the care of geeky elf Ian's bothersome older brother Barley. But it comes with instructions that it be given to the younger brother on the occasion of his 16th birthday, and what's more, it comes with the power to bring dad back to life for a 24-hour period (and a premise that's too good to be true). Alas, Ian botches the reading of the magic spell; all he can conjure up is dad's lower torso. Instead of providing a pithy, *Finding Nemo*-ish examination of father and son relationships, the film slaps a leash on

dad's belt buckle and proceeds to hammer the one joke to death. It also raises the question: why animate when pretty much everything that happens in the opening third could have been achieved with live actors, a green screen, and a bucket of Max Factor blue? There's a bit of a reprieve when the fantasy elements kick in midway through, but all that leads to is a prolonged and tiresome third act chase. After *Cars 2 & 3*, and *Incredibles 2*, this is another slip on Pixar's downward spiral. 2020. — S.M. ● (IN WIDE RELEASE)

**Saint Frances** — Bridget (screenwriter Kelly O'Sullivan) is a self-proclaimed agnostic feminist who's not quite ready to be a mother, or much of anything else for that matter. Given her admitted aversion to responsibility, a snarky aside aimed at the religious art adorning her potential employers' wall, and a pronounced eagerness to bail in mid-interview, it's a wonder that she gets the job nannying for a biracial lesbian couple. Any topic can be made funny given the right approach, even abortion and postpartum depression. The woman seated next to Bridget at the clinic asks, "Is this your first time?" The joke's payoff and the spoiler that comes with it gave rise to repeated slappings of the knee. Ditto the deployment of vaginal secretions as a running (runny?) gag that's bloody brilliant. First-time director Alex Thompson's normalizing drive to be all things to all people frequently does so at the expense of character development, and it wasn't until an hour into the picture and a mean-spirited in-joke between nanny and her charge that one began to feel an affection for the duo. Still, imperfections can sometimes be beautiful. See this movie! 2020. — S.M. ★★★ (ANGELIKA CARMEL MOUNTAIN)

## FILM FESTIVALS

Two more from the Latino Film Festival. For times and dates, be sure to visit <https://sdlatinofilm.com/>.

### **El Diabolo Entre Las Piernas (Devil Between The Legs) (2019)**

"What happened to us?" It's a question that many long-married couples don't prepare for, yet nonetheless, it has a custom of creeping up on them. Seldom has it been couched in deeper tones of disgust (charged with self-loathing and regret) than when posed by Beatriz (Sylvia Pasquel). The object of her abjection is a nasty retired homeopathic pharmacist who answers to the name "Mister" (Alejandro Suárez). All she wanted was for the two of them to grow old together peacefully, but some things aren't meant to be. The first person we see outside of the house is Dinorah (Greta Cervantes), the live-in maid who can't help but take sides in the couple's battles. (Where she leads wasn't where I wanted the story to follow.) Shot in widescreen and black-and-white, which allows ample space to accentuate the surrounding decay — the floating camera is given free rein of the house. The deliberate long take that opens the picture meticulously establishes the spatial and emotional boundaries between characters and their environment. Another question looms: why don't more directors include graphic scenes of rough trade romance between two very much sexually active 70-year-olds? Outsiders



**Devil Between the Legs: Falling in love again, and again, and again...**

look upon Beatriz as a decent woman, but in the eyes of Mister, yesterday's vivacious party girl is today's cheap whore. Perhaps Mister should have followed the advice of his mistress: the reason their affair worked so well was because she neither loved him nor cared about him. If it sounds like a series of relationships founded on garbage, it is. Call it the "unrath" (German for "garbage") of Arturo Ripstein, who must have caught *The Blue Angel* when it played TCM. In that one, Emil Jannings stars as Professor Unath, a prim disciplinarian who is literally reduced to playing the part of sideshow clown by a much-desired cabaret singer played by Marlene Dietrich. (That's Dietrich singing the film's signature song, "Falling In

Love Again," under the opening credits.) And look how far the incomparable Sylvia Pasquel has come from the Mexican wrestling pictures that first introduced her to movie audiences in the '70s. Performances don't come much more fearless than her Beatriz.

### **Sin Señas Particulares (Identifying Features) (2020)**

During the reign of Ronald Reagan, with First Lady Nancy spearheading her ineffectual "Just Say No!" offensive, studios might just as well have flashed "Spoiler Alert" across the screen every time a character smoked a joint or snorted a line. Ingest drugs in reel one, and you won't live to see

the fade out. No matter how skillful a smuggler a director may be, so long as Trump remains in office, building a wall to keep immigrants out has replaced drugs as the new plot motivator for the narratively challenged. Occasionally, a director will cross the bridge and actually transform the material from a prolonged human interest story into something more artistically ensnaring. There's not a bad shot in this picture; at any given moment cinematographer Clarice Jensen knows precisely where to position the characters in the frame. (The shot of a world literally turned on its head must be seen to be believed.) And it shows a great deal of confidence when Fernanda Valadez, newcomer to film, takes her time firming up in the audience's mind what the film's central focus will be. It's not the two boys crossing the border to find work in Texas, who we're introduced to at the outset. Rather, their disappearance is what triggers the action. How about Miguel (David Illescas), who, after a five-year stretch in an American jail, is at last returning home? We're getting warmer. Of the two grieving mothers who pour through the victim identification book, it's Magdalena (Mercedes Hernández) who is given a sign of hope: an eyewitness to her son's disappearance exists, and she won't stop until he's found. You've heard of two characters forming an unlikely friendship? Both Magdalena's son and Miguel's mother may both still be alive. This is as likely a union as any you'll find.

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**TO PLACE AN AD:** Call 619-450-4293 **ONLINE:** www.sandiegoreaderstore.com

**TEXT AN AD:** 619-272-2772 **DEADLINE:** 12 noon Monday for all ads.

## PERSONALS

**PAT G IN EL CAJON** Hope you are feeling better. Brian B

**SYD R - MOORE** Have a happy birthday! -Bebe & BB

**MERNIE** Have a happy b-day! —BB

**JIMMY BENTO NOODLES** in Eastlake. I don't really enjoy the food there, but I go hoping you'll be working. You're gorgeous, and I'm way too shy to ever say anything to you, or reveal myself. I just wanted to get it off my chest.

**TO ISA: I DREAMT ABOUT YOU** last night. I'm not sure what you think of me but sometimes it feels like I'm waiting for you to come back so we can be friends again somehow. But I dream. I doubt you'll see this but I hope you're doing well. Xoxo J. in Escondido

**BARNES AND NOBLE CUTIE** at Hazard Center: You're a shy Asian female, wearing glasses and tight jeans when I saw you last night (Mar. 4). You were looking at magazines. We exchanged glances and smiles a few times and then your friend grabbed you to head out. Love to meet up with you here.

**TO THE REALTOR OFF WASHINGTON ST.** You are the blonde female realtor that is selling the house by mine. We have said "hi" in passing. I would like to get to know you more. Grab some coffee.

**TO THE NICE MAN** that helped me out Friday night in front of Escondido Petco. I forgot to thank you. Thanks for ur support.

**SAN DIEGO VS EVERYBODY** show me some playoff action! Go Gulls!

**BLOND GIRL** surfer dude here. Apparently the feelings are mutual.

**EPIC, NO** Flimsy at best. Waiting is what was done. Try to remember what you've forgotten and swerve in the curve. I mean it. Mr.

**DANUDA** I wish we could fix what we both broke. I am questioning if we are meant to be married

**SAVANNA IS A GREAT READER!** Thank you to Ms. Skommesa at La Jolla Elementary.

**MISSING MY LADY SOPEAP MUK IN CITY HEIGHTS** It's been a crazy year apart! I miss you beyond words and actions. I want you back. I'm clean and sober but nothing makes sense without you! Love you baby. You know how to find me: Google my company name to get the number. Me: Spicy

**PANDA EXPRESS ON W. MISSION AVE. IN ESCONDIDO** Yesterday (2/23), I walked in knowing exactly what I wanted but found myself stumbling over my words when I saw you. You fixed my order and rang me up afterwards. We kept smiling

at each other, but I couldn't tell if you were flirting back. You wore glasses and had a beautiful smile. Would love to see you again.

**LADY AT REDBOX IN RANCHO PEÑASQUITOS** around 10PM on 2/24 wearing a leather jacket. You were wearing all black. I should've said "hi". I like the all black look!

**TO MY NEIGHBOR IN NORTH PARK** You had a caramel sucker in your mouth, lady. We're neighbors and I'd love to connect. Guy

**ISO INGRID STEIN** We haven't talked in a while but I hope all is well. I still think about you on a regular basis. I'd love to get in touch with you again and share a glass of wine.

**HAPPY BIRTHDAY S.E.T.** Hope you have a great day and I hope you have many more bdays. Always, you know who I am!

**FRIENDS OF JAMES HARPER (JIM)** Please call Jim's family- (Ann, Jennifer, Jamie). (619)917-6975

## NOTICES

**LALO ORAGAMI, KIDS/CRAFT VIDEOS/YOUTUBE** Arts and craft videos. J.T. productions; "The Hands That Facebook," "El Perro Gigante," "Zappa Beefheart," "10PM," "Concrete Summers Day." 619-528-0907

**GREENART LABS KID'S CAMPS** Spring break camps and classes in the North Park & Liberty Station Areas. Go to www.greenartlabs.com to register now!

**SYNERGY ART FOUNDATION** assisted artist; come perform at Winstons. OB, open mic hosted by Jefferson, every Wed 3/18, 7:30 all welcome, sign in early 619-528-0907

**FAST MONEY AVAILABLE** up to \$2 million, unsecured, no collateral required in as few as 3 business days. Use for any legal business: construction, R.E., expansion. Easy documents process. 500 FICO up. We fund bank turn downs. Call Mark (619) 721-4754.

**FOOD & DRINK DISCOUNTS** Visit SipSupJamSanDiego.com for daily discounts and happy hour specials all over San Diego! More added every month.

**SAN DIEGO ADULT COLORING MEETUP** that is comforting, fun, meditative and lowers blood pressure. We are a fun, laughing meet up and looking for other happy males/females who would enjoy going to a local coffee house. Please connect w me if interested @ www.meetup.com/San-Diego-Adult-Coloring-Meetup/

**PEAK RIDER ADVENTURE** is your ticket to exhilarating biking. Whether it's one of our comprehensive motorcycle tours or a Sunday social ride, you can be sure of good times and a rewarding experience. Come with us to broaden your horizons and your circle of friends. https://www.meetup.com/Peak-Rider/

**SAN DIEGO MOTOCROSS AND OFFROAD MEETUP GROUP** Our desert riding season is from October to April and track season is May to September. We stay safety focused, welcome all off road vehicle types, encourage the less experienced and gain wisdom from the more experienced. Looking for a late night, desert ragging, party group? This isn't it. http://bit.ly/SD-Motocross-Group

**LOVE TO DANCE?** Join the Prime Time Steppers, a senior 55+ dance troupe performing at community venues in SD. For info, call Char (858)268-0684.

**COME WORSHIP WITH US** Study to show yourself approved. 2002 Granger Ave. Wed. 7:00pm Bible Study. Sun 10:00am Bible Study. 11:00am worship service.

National City Church of Christ; National City, Calif 91950.

**CAMPO INDIAN RESERVATION** the surrounding community fully supports our tribal members that want to stop the wind turbine, please preserve your tribal lands.

**BOSTON CHARITY RUNNER** Michael Lisnow Foundation for childhood illness. http://bit.ly/3amDPWE

**THE FACTS OF ATHEISM** There is no such thing as a true atheist. Free talk, People's Co-op, 4765 Voltaire St. Thursday, March 26, 7:00 to 8:30 p.m.

**PROPHETIC TEACHER** of "the way" in Jesus. Available for groups or individual lessons. Willing to share. I would like to teach you the truth. 619-601-1827

**ART EXHIBIT** March 1-April 12. Theme: surprised by joy, free viewing Saturdays noon-4pm or by appointment. St Mark's UMC 3502 Clairemont Drive. 858-273-1480

**REIKILOGIST/CARD READER** Specializing in distance reiki/crystal treatments for people & pets. Intuitive card readings @ www.fallingwatersreiki.com.

**MODEL PHOTOSHOOTS** Available for bookings, contact me directly through Model Mayhem @ http://bit.ly/3bVcS4E.

**DOWNTOWN FITNESS WORLD** Downtown Fitness World LLC. is "A world of fitness, no gym necessary". Contact Owner Vino Puma (619)988-3839.

**PLAY PERFECT MONEY GAMES** Deposit, play and cashout instantly at the best Perfect Money casino online! www.playperfectmoneygames.com

**MIND OVER MATTER** Qc^3 information-based therapy for cancer. Heal the consciousness first, the body will follow. Call/text 619-602-3452.

**SHAMROCK SAN DIEGO** 2020 Use promo discount code "fivegroup" for GA and "fivegrp" for VIP tickets.

**REN FAIRE VENDORS!** RVCS in Lakeside is hosting our annual Ren Faire! We are looking for local vendors- contact rachel.altman@rivervalleyhigh.org

**JUMPSTART YOUR SUCCESS** Join fellow future Olympians for an introduction to college life! Find out about services and programs to help you succeed. vchhum@sdccd.edu

**WIDOW OR WIDOWER?** Interested in wholesome social activities? See our club: Widows or Widowers (WOW), San Diego www.wowsd.org or 858-278-3884

**UCSD EEG RESEARCH STUDY** Paid brain wave study seeks healthy participants, age 65-85, Drug free, No psych

history. EEGStudy@ucsd.edu (619)543-7201

**STOP PAYING RENT** Why rent when you can own? http://bit.ly/30pl2fj

**ITREASURESANDIEGO.COM** San Diego's ultimate treasure hunt! Original, unique, challenging, educational and fun. Seeking all treasure hunters!

**WE BUY ENFAMIL AND SIMILAC** baby formula. We pick them up in San Diego and surrounding cities call or text (951) 230-1357.

**AVIATION THEATER** is now on Youtube. San Diego pilots, airplanes, and aviation adventures.

**YIDDISH-THEMED EVENTS** We offer Yiddish-themed events, dinners, and parties for all ages. jana@yaaana.com

**READER TACOTOPIA 2020** Join the San Diego Reader in our continued search to find the best taco at the 6th Annual Reader Tacotopia in Golden Hill Park on Saturday, May 9th, 2020. Try signature tacos from more than 60 of the best restaurants in San Diego, TJ and LA as they compete to win the "Best Taco" award. Curated exclusively by our food writers, this event brings together the very best taco vendors and you decide who will ultimately win. ReaderTacotopia.com

**FREE PSYCHIC READING/LECTURE CLINIC** Free reading for new visitors 7:30pm, the last Wednesday of the month. 3/25/2020 by Vessa's Clairvoyant Intuitive Program Graduates. 4455 Moreno Blvd. Ste. 108, San Diego, CA 92117. 858-509-7582

**UCSD ALZHEIMER'S STUDY** \$ Ages 50-80 with Alzheimer's. FDA approved medication free for 24 weeks plus payment. AlzheimerStudy@ucsd.edu (619)471-9455

**PEN PALMS WANTED** Older man, currently hospitalized, no internet desires pen pals. Write to Dave DiMino 3102 East Highland Ave #21 Patton, CA 92369

**"OVERCOMING BETRAYAL IN THE NEW MILLENNIUM"** Written by fRee SPiRiT UNiQue... available now on... iTunes, Amazon, Xlibris and Barnesandnoble.com!!

## CLASSES/ LESSONS

**LEARN CELLO** from a professional classical cellist. Steve Garrett. I have 50+ years of cello experience and I'm in the Old Town area. Call: (858) 900-7041 about details and pricing. Visit: www.SteveGarrettCello.com

**BALLROOM DANCE CLASSES** for beginning adults on 3rd Ave.

## HELP WANTED

### PETERSBURG FISHERIES IN PETERSBURG ALASKA!

## NOW HIRING

**SEAFOOD PROCESSORS  
FOR SUMMER SALMON SEASON  
JULY 1<sup>ST</sup>-SEPT 1<sup>ST</sup>**

\* \$12.19 per hour straight time/\$18.29 overtime  
\* We offer referral bonuses and a travel incentive for those who complete the season

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California MENTOR is seeking loving individuals just like you to support an adult with special needs.

Receive ongoing support and \$1100 to \$2000 a month (to cover the cost of care) for your spare bedroom.

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## MESSAGE



~~\$25~~ \$20

**1-Hour Foot Massage**

~~\$40~~ \$35

**1-Hour Body Massage**

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in Chula Vista. No experience necessary and no partner necessary! Styles taught include waltz and foxtrot. \$15/per person Call 619-796-3080 or email: NovellaDanceSD@gmail.com

**INTRO TO POLE DANCING** at Darkside Fitness in Oceanside. In this class you will learn basic pole dance, transitions, and spins. Focus is on establishing core components and igniting the spark for future pole play. First pole class is \$20. Every Friday at 6 pm. <http://bit.ly/pole-dancing-oceanside>

**LEARN TO BOLLYWOOD DANCE** Jai Hol (Hindi for Be Victorious) dance party facilitates making new friends & learning new Bollywood dance moves with your new friends. [www.meetup.com/BollywoodSD/](http://www.meetup.com/BollywoodSD/)

**LEARN FROM HONKEYTONK DANCERS** aka Country Dance Club. Are you trying to learn to line dance, country partner dance, or looking for people who like country music and bar outings, or someone to hit the occasional country music concerts with? Well you've come to the right group! Singles and couples are welcome. No experience necessary. [www.meetup.com/Country-Dance-Club/](http://www.meetup.com/Country-Dance-Club/)

**HULA LESSONS: FIRST CLASS IS ALWAYS FREE** We are Halau Hula O Makalani Na Piliialoha, a traditional hula school that teaches both Kahiko (ancient style) and 'Auna (modern style) hula. We take great pride in perpetuating the Hawaiian culture so come out and explore your inner uhane Hawaiian (Hawaiian spirit) with us! We're in National City; get info/directions at (760) 267-7565

**TRIBAL BELDANCE LESSONS** to live drumming at World Beat Center at 2100 Park Blvd. \$15 per class/ all levels. 760-703-1487 for info.

**LIFE IS DESIGNED TO WORK** Workshop Sun March 15, 3-4:30 on the Life Is Designed to Work thought system integrated w/ NLP JaneCohenCounseling.com/events.

**GERMAN TUTORING** German native speaker and journalist, experienced in tutoring all ages, affordable rates. 213-984-6698

**TAI CHI AND QI GONG CLASSES**, Meditation in Movement. First class is free. Taoist Sanctuary of San Diego, 619-692-1155 or [www.taoistsanctuary.org](http://www.taoistsanctuary.org).

**5-WEEK MAGIC CLASSES** Sundays, 3/29-4/26. Adults, children. Magician Tom Interval. 34 years experience. Register: [www.intervalmagic.com/classes](http://www.intervalmagic.com/classes)

**TAOIST ENERGY HEALING** Saturday, March 14, 1-4pm. Taoist Sanctuary of San Diego, 619-692-1155 or [www.taoistsanctuary.org](http://www.taoistsanctuary.org)

**YIDDISH CLASSES** The Yiddish Arts and Academics Association of N. America ([www.yaana.org](http://www.yaana.org)) is offering Yiddish classes for all levels & ages.

**PLAY PIANO** the way you want to! Pop, classical, jazz, blues, improvise. FREE lesson/interview. Over 40 years' experience teaching and performing. E-mail: Lee@LeeGalloway.com or call: 619-281-8118. See [www.LeeGalloway.com](http://www.LeeGalloway.com).

## SERVICES

**TIRED OF PEOPLE RUINING YOUR** trash cans? I will come and remove all your recycling for free. No mess or stress. Trying to get money for school tuition. Call Alesha-Nicole (858)285-9266 or email [aleshanicoleharris01@gmail.com](mailto:aleshanicoleharris01@gmail.com)

**ALL PRO CONCRETE** Specializing in foundations, driveways, pool decks patios, room additions, walkways, retaining walls, custom stamp work. Serving North County since

1992 licensed, bonded. Call Dan (760)-586-3516.

**FABULOUS WEB DESIGN** \$60/hr. First 10 hrs to build mock site for your review. Then another 10 hrs to completion. Txt 310-341-0092 for work samples.

**MOBILE TAX PREPARATION** Professional tax preparation-Individual or business tax return. We travel to your office/ house at a very reasonable price. Call 858-573-2018 today for an appointment.

 **Graceful Departure**  
 In home Pet Euthanasia, Hospice, & Eco-Friendly Cremation Services.  
 619-741-5366

**PET END OF LIFE SERVICES** Graceful Departure Pet Center offers San Diego's first in-home euthanasia, hospice care, and eco-friendly cremation services. Call or check out our website for more info: 619-741-5366 [www.gracefuldeparture.com](http://www.gracefuldeparture.com)

**COAKLEY'S CAREER RESUME SERVICE** Domestic and international, 25 years experience. Price \$175 for a professionally done resume. One-day service. Call me at 619-410-5065

**US ELECTRIC CONTRACTING** Fast, free estimates. Full service, residential and commercial, new construction, remodels, custom work, service and repair. No job too big or too small. 10% 1st time senior discount. CA Lic#1009252. Insured. BBB Accredited. 858 880 6080.

**HOMEOWNERS INSURANCE** Policy cancelled due to wildfire location? Offering California Fair Plan policies. Call Gregg Hansen, Broker (619) 277-8526.

**ROB'S ELECTRICAL SERVICES** Residential/ Commercial/Industrial. 20+ years experience, C10 Lic# 966537. Guaranteed to beat any quote! 10% OFF for new clients. Call for free estimate: 619-632-7770. [rdickens.rd@gmail.com](mailto:rdickens.rd@gmail.com). [www.robselectricalservices.com](http://www.robselectricalservices.com).

**POOL EQUIPMENT REPAIRMAN** Pool and spa equipment- installation and repairs. Specializing in pumps, filters, heaters, time clocks. Call 619 743 9448

**TAX ACCOUNTANT** Are you looking for an experienced, knowledgeable, personalized services tax accountant? Call 619-233-9448. Eloisa Lucas, Since 1990. 619-233-9448

**SUPERIOR METAL FINISH** Make your old patio furniture look new again, or any project you have. Powder coating, painting, sandblasting, chrome plating welding fabrication, painting cerakote. 619-825-7477

**CHAPTER 7 BANKRUPTCY** Eliminate your debt. Reasonable fees. Stop worrying and call the Law Office of Frank D. Walker. Ask for Mel - 619-755-2365.

**P.L. WOODEN MOBILE NOTARY** Do you need Loan Signing, Preneed Home Going Planning , or Notary services for someone that is Hospitalized , in Senior care or maybe Incarcerated? If so, look no further. Call P.L Wooden Mobile Notary for all of your Notary Needs At: 619-867-4441

**COUNSELING CARLSBAD, CA** LPCC #296. Medi-Cal and PPO reimbursement,

seasoned professional, multiple methodologies available. Specialize in harm reduction for addiction (non 12 step), get off meds IMMEDIATE & SDCBHC registry. [www.robertrpricepc.com](http://www.robertrpricepc.com), [rvprice@aznet.net](mailto:rvprice@aznet.net) 619-435-1790

**AFFORDABLE PLUMBING/ Drains.** 619-572-4917. Always free estimates. A+ BBB. Senior and Military Discount. 40 years Lic#420608.

**A MASSAGE BY KEITH MILLER** Full-body massage. \$65 hr or \$85 for 90 minutes. 619-966-5165. Out only. Cash or card.

**MENDEZ HOME SERVICES** Hauling / junk removal, home and yard cleaning, fence repair. Free estimates. Senior and military discounts. Call 619-715-8466.

## ROOMMATES

**BEDROOM FOR RENT NOW** 1 bedroom with private bathroom for rent now. The apartment is located on the top floor in a very quiet neighborhood. 858-204-1784

**LOOKING FOR A PLACE TO LIVE** I can afford \$600. Clean, quiet, good guy. Matt 619-348-4008

**ROOMMATE NEEDED** 2bd + 2ba in Del Cerro area. \$1,050, nice area, no smoking or partying. 619-247-9799.

**ROOM RENTAL - NAT. CITY** \$600./mo. 2,000 sq' home, meatless kitchen. Peaceful, no smoke/pets. Near 5/805. SecDep/ shared utilities, 619-267-6356

**HOME SWEET HOME** Room for rent near downtown, walking distance to shopping, dining, bus stops. \$450 per month. Call now 619-847-8824.

**OTAY RANCH \$1000 1BR/1BA** Quiet female only. No pets, smoking, drugs, couples. Furnished, own bath. \$100



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## MASSAGE

Downtown • Hillcrest • Mission Valley • North Park

*Relax, Recharge, Reflect*

**\$30**

60 min. Asian Full Body Massage  
with Oil and Hot Stones  
With this ad. Expires 04/02/2020

**\$35**

60 min. Swedish or  
Deep Tissue Massage  
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**\$55**

60 min. Couples Asian Massage  
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*Happy Holiday*

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*Grand Opening*

**\$35**

1 HOUR FULL-BODY  
MASSAGE

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1 HOUR-COUPLE-FOOT  
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HALF OFF SECOND BODY MASSAGE OF  
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Bring in Ad for discount

Expires 3/31/20

Not valid with other offers

(Reg price \$45 1 hr body massage)

**FREE HOT STONE THERAPY  
ORGANIC COCONUT OIL**

*Relax... Ease tension... Unwind...*

Walk ins Welcome! or Call for an appointment today!

Hours: 10am to 10:30pm • 7 days a week  
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deposit. Plus utilities. Txt only 310-341-0092.

**I NEED TO RENT A ROOM**  
Quiet, female looking for a room to rent for \$500-600/month with females only in El Cajon, Chula Vista, La Mesa. 619-227-7659

**SINGLE ROOM TO RENT**  
Single large bedroom in nice 4 bedroom apartment, fully furnished. One block from SDSU. \$1240/month. Available May - July. ashleyjyw@yahoo.com

**CHULA VISTA ROOM FOR RENT** \$800m Centrally located, close to transit & freeways. Spacious & furnished. Seeking career minded individual female. 619-638-9029

**BAY PARK, \$1195** large bedroom, kitchen, dining room, all furnished, plus utilities paid. Bak entrance, in tri-level house. Own parking space. On quiet cul-de-sac. For one person, professional male. 858-272-1594

**LOOKING FOR A 2BD ROOMMATE IN LITTLE ITALY**  
East Village, Bankers Hill or downtown area. I travel often, so you must be okay with paying more in rent, or okay with me AirBNBing my room out. (You would get the bigger room, obviously). Looking to spend around \$1000-\$1050. Or looking for a trade off, with living in an apartment. (House sit or take care of pets full time.) Please send a PM: https://www.facebook.com/brandy.espi

**ISO GIRL ROOMMATES** in their late twenties and early thirties around Clairemont/Kearny Mesa/Linda Vista areas. I like to cook. I usually stay in my room reading or watching TV, and I am pretty mellow. I am looking for mature people who know how to communicate, and are drama free. FB: www.facebook.com/marcelam.soares.1

**SPRING VALLEY \$575**  
Separate bedroom. Share utilities. Female preferred. Employed full-time required. Kitchen privileges. Laundry. No smoking. \$200 deposit. 619-829-1504.

**SPRING VALLEY \$500**  
Separate bedroom. Share utilities. Female preferred.

Employed full-time required. Kitchen privileges. Laundry. No smoking. \$200 deposit. 619-829-1504.

**ROOMMATE WTD IN RAMONA**  
I'm looking for a roommate. \$700 a month. Small dog ok. Located across from Albertsons. It's a two bedroom, two bath apartment. PM me if interested. https://www.facebook.com/makeiff

**\$695 EASTLAKE ROOM RENTAL** Private unfurnished room in single story house. Includes utilities. no pets, no smoking, no drugs. I have cats. 619-737-6372

**ROOM WANTED** 61 yr. old young single no family Virgo healthy, never married, clean SoCal native low income male, high school/college graduate. Seeking any somber tiny room please in house Solana Beach, Cardiff, Leucadia, Encinitas, Carlsbad, San Clemente, Dale Hauskins (858) 401-2973

**LOOKING FOR A ROOM IN ESCONDIDO?** All utilities will be included the price of rent. Please let me know if you interested. Feel free to call me at 619-398-5956.

**ROOM 4 RENT \$925** Univ. Heights, single occupancy. No: pets, drugs, smoking, parties. Shared upstairs bathroom, kitchen. mariacv06@gmail.com

**SEEKING 3RD MALE ROOMMATE** Both of us are veterans attending school full time. Because of school we keep it quiet during the work week. We live in a three-bedroom house nestled between the 805 and the 15 directly off Adams avenue in Normal Heights. Rent is \$920 month to month plus utilities (internet/electric typically less than \$40). Preferably looking for someone who wants to stay for a while and not a temp. www.facebook.com/chris.farrand.33

**LOOKING FOR ROOM TO RENT** in/near PB, Clairemont, Hillcrest, North Park for below \$1000. Ideally young professionals! Message me if you have/will have an opening in April @ www.facebook.com/808katy

**LARGE 1 BDM NORTH PARK**  
This corner unit home has large

windows for great light and cross breezes. Very functional floor plan. Parking and laundry. 678-439-5368

**CHULA VISTA, \$700** One room for rent in condo, shared living room and kitchen. Male preferred. No pets. Deposit \$300. Available now, any questions call 619-869-5814.

**OTAY RANCH, \$1,000** Room for rent, furnished, AC, tv, internet, amenities, utilities included, non smoker, no drugs, no pets. \$1,000/month. \$200 deposit. Carlos 858-999-7980.

**ROOM FOR RENT** \$700/month. \$500 deposit, South San Diego, male preferred, utilities included. Call or text for info 619-572-5598.

## RENTALS

**UNIVERSITY HEIGHTS, \$1000.**  
Office Space for Rent in the Heart of University Heights on Park Blvd! 300sqft. Close to Balboa Park, Hillcrest, and Mission Valley and within walking distance to local restaurants, coffee shops, nightlife, shopping, first month free, call for details on special move in deals. 4452 Park Blvd. #207. Agent, 619-298-7724. www.allpointsrealestate.com

**NORTH CHULA VISTA \$1,260**  
1bd + 1ba, large yard, large indoor storage, dishwasher, no smokers, two tenants max. Call Pat 619-423-3339

**LA JOLLA, \$1875.** 1BD; large upstairs updated unit near Wind'n Sea Beach; stove, refrigerator, dishwasher, microwave; balcony; coin laundry; parking; cat OK with extra deposit; available 4/10/20; 6235 La Jolla Blvd. Del Sol Property Management, Broker. www.delsolpm.com. 858-270-2071.



**DOWNTOWN, \$250-495.**  
Artist work spaces: Office or work spaces and retail available. 636 C Street, 92101. Inquire inside (C Street Inn front desk) or call 619-234-4165 or 619-269-9076. www.ispropertymanagement.com.

**PACIFIC BEACH, \$1875.**  
1BD+1BA remodeled downstairs unit; stainless steel appliances; marble counter tops; plank flooring; coin laundry; shared courtyard and shared garage; 2 private patios; 5 blocks to beach; no pets; available 4/10/20; 1190 Grand Ave. Del Sol Property Management, Broker. www.delsolpm.com. 858-270-2071.

**PACIFIC BEACH, \$2500.**  
2BD+2BA; extra large unit on the top floor of 3 story building; stove, refrigerator, dishwasher, microwave; coin laundry; parking; elevator; 6 blocks to ocean and 1/2 block to bay; no pets; available now; 1346 Pacific Beach Road. Del Sol Property Management, Broker. www.delsolpm.com. 858-270-2071.

**LA JOLLA, \$1675.** 1BD+1BA; remodeled small upstairs unit in the Bird Rock area; stove, refrigerator, dishwasher, microwave; plank flooring; coin laundry; shared brick courtyard; close to shops, restaurants, public transit, Bird Rock Elementary; available now; 415 Colima St. Del Sol Property Management, Broker. www.delsolpm.com. 858-270-2071.

**GOLDEN HILL, \$1950.**  
1BD+1BA 600sqft unit near Balboa Park and Downtown. Updated kitchen and bath. Walk-in closet. Easy freeway access, call for details on special move in deals. 1301 28th Street. Agent: 619-298-7724. www.allpointsrealestate.com

**BANKERS HILL, \$1395.**  
1BD+1BA. Stove, refrigerator, hardwood floors, laundry room. No pets. Near Balboa Park. 2254 5th Avenue #5. Add Realty, 619-232-6811.

**DOWNTOWN, \$573-825.**  
Clean rooms, very comfortable, convenient location. Historic building near C Street Trolley. Choice of common or private bathrooms. Utilities included. Free cable TV, on-site laundry, vending machines, modern elevator. Southern Hotel, 1159 6th Avenue at B. 619-239-3808.

**LA MESA, \$1699-2090.**  
3BD+2BA (\$2090) and 2BD+1BA (\$1699) apartments. Bienvenido a la privada Mt. Helix! Espaciosos. Cocina nueva. Electrodomesticos de acero inoxidable, Casa club. WiFi. Aire acondicionado. Lavandería. Garage. Balcones. Pícin. Mascotas OK. Español. 619-646-8670.

**LA MESA, \$1699-2090.**  
3BD+2BA (\$2090) and 2BD+1BA (\$1699) apartments. Welcome to Mt. Helix Gated Community! New kitchen. Stainless steel appliances. Spacious. Clubhouse. WiFi. Air

conditioning. Laundry. Garages. Balconies. Pool. Hablo Espanol. 619-646-8670.

**CLAIREMONT, \$1825.**  
2BD+1BA; front unit in quiet duplex; stove, refrigerator, 1 car garage; fenced yard; EZ freeway access; close to shops, restaurants, and donuts!! Small pet ok with extra deposit; available 4/1/20; 4574 Clairemont Mesa Blvd. Del Sol Property Management, Broker. www.delsolpm.com. 858-270-2071.

**COLLEGE AREA, \$1675.**  
2BD+2BA upstairs apartment. New vinyl flooring. Garage parking with additional rent. Gated. On-site laundry. Elevator. Centrally located, easy freeway access. No pets. Water and trash included, call for details on special move in deals. 4828 Art Street. Agent: 619-298-7724. www.allpointsrealestate.com

**NEED AN APARTMENT SHORT TERM?** Make your reservations now and Get \$200 OFF every month. Studio+1BA available. Call for Monthly, Weekly and daily specials, up to 15% OFF. Includes: weekly cleaning service, daily continental breakfast, all utilities, cable (HBO), heated pool/ spa, on-site laundry. High-speed Internet available for additional charge. (\*Rates subject to change/ tax.) California Suites Hotel, 5415 Clairemont Mesa Boulevard. (858)799-0219. www.californiasuiteshotel.com.

**MISSION HILLS, \$1425.**  
STUDIO+1BA Stove, refrigerator, hardwood floors. Some utilities included, call for details on special move in deals. No pets. 630 W. Washington. Agent, 619-298-7724.

**BANKERS HILL, \$2550.**  
2BD+2BA condo. security deposit \$2550 application fee \$35, limited access with elevator, one garage parking space. Open floor plan, plenty of light, wood floors, plenty of space, full size washer/dryer, balcony. Small pet considered with additional deposit, call for details on special move in deals. 3606 1st Ave #204. Agent, 619-298-7724.

**NORTH PARK, \$1495.** 1bd+1ba, deposit \$1425 available now. Laundry on site, parking space assigned, water and trash included. Required 600 credit score, make 2.5 times rent, application fee \$35. We do not accept government assisted programs or third party checks, no pets, call for details on special move in deals. 4169 Alabama St #4. Agent, 619-298-7724.

**SOUTH PARK, \$1300-1700.**  
Lovely studio and 1 bedroom apartments perfectly located near

Downtown San Diego and Balboa Park. Easy 5-minute commute to work. Secured building, fireplace, hardwood floors, laundry on site, street parking only, call for details on special move in deals. 2329 C Street. Agent: 619-298-7724. www.allpointsrealestate.com

**NORMAL HEIGHTS, \$1275.**  
Cozy studio near Adams, downstairs corner unit, wood-like flooring, on-site laundry, water, trash and gas included. Great location with easy freeway access. No pets, call for details on special move in deals. 3351 Madison Avenue. Agent, 619-298-7724.

**NORTH PARK, \$2350.**  
2BD+2BA near Morley Field. 1000sqft. On-site laundry. No pets, call for details on special move in deals. 3711 Arnold Ave. Agent, 619-298-7724. www.allpointsrealestate.com

**HILLCREST \$1300** studio, one bath. Includes water, secure building, underground parking, gym, spa, barbecue, patio, on site laundry, stove, refrigerator, dishwasher, clean Murphy bed. Non-smoker, no animals. 858-272-8008.

## REAL ESTATE

**SPRING VALLEY HOME**  
\$479,000, 1221ft2, 3 bedrooms, 2 bath, on a quiet cul-de-sac in the Rancho San Diego association community. Info and pics please text 'Www' to 619-473-4189

**EL CAJON HOME** \$615,900, 1674ft2 - 3 bedroom / 2 bath home with a gorgeous view! Located centrally in Fletcher Hills bordering Santee near shopping, restaurants, hiking trails, and excellent schools. Call/Text 619-540-9190 Jamie Luke

**55+ COMMUNITY 2BR HOME IN OCEANSIDE** \$259,900. Never rent again! Ask me about "First Time Buyer Assistance" programs with incentives and grants. Linda Ring - Century 21 Award (619) 251-5202

**\$579,000 3BR HOME** w/ 1329ft2 at 533 Shadow Hills in San Marcos. Call / Text Yolanda Cruz Woo, listing agent. (619) 208-0610 DRE LIC # 01486883

**FALLBROOK 3BR / 1800FT2 HOME** \$625,000, David Klose - listing agent (760) 802-2686 (call and texts are Welcome) DRE LIC # 011206934

**4BR HOUSE @ 3096 CORONADO** This property consists of an 1100+ sq./ft. 3 bedroom 2 bath main house with an attached 500 sq./ft. 1 bed 1 bath granny flat. Granny flat has kitchenette and small living room/dining area. Granny flat has its own entrance at the rear of the house and it's own yard and covered patio space. Text the word "house" to 949-763-4698 for more info.

**HOUSE FOR SALE BY OWNER** 365 Calla Avenue, Imperial Beach. 3 bedroom, 2 bath. \$685,000. Principals only. 619-435-2106.

**MOTEL FOR SALE BY OWNER** 21-Unit motel & living quarters for sale in Dove Creek, Colorado—only \$499,000. Escape the big city for the price of a modest California home. Centrally located between Mesa Verde, the Canyonlands, & Arches National Parks. Call 970-560-7799.

**TWELVE DESERT ACRES** near El Paso. Easy access. Only \$6,375. Low monthly payments. 442-615-0933

## MUSIC

**TROMBONE - F.E. OLDS** rare marching valve trombone. With case and the and MCTC, \$395. 619-264-3686

**VOX AC30C2X \$800 OBO**  
Vox AC 30 watt all tube 2x12 guitar combo amp with alnico blue speakers. Near mint. All reasonable offers are appreciated. 619-480-7355

## RENTALS

# DOWNTOWN \$525-880



## GREAT LOCATION!

Renovated, furnished rooms for rent. Elevator. Close to Seaport Village, Gaslamp Quarter, restaurants, shops, laundry. Cable and utilities included.

**720 4<sup>th</sup> Ave. • 619-233-7594**

# Need an Apartment Short Term?

**CALL NOW & GET \$200 OFF EVERY MONTH**



**Call for Daily Specials**  
Up to 15% OFF Daily Rates  
Call Now



**Weekly Available**  
Call for Discounted Price



**California Suites Hotel**  
Apartment prices with hotel perks  
www.californiasuiteshotel.com

Sorry we do not accept pets.  
Monthly rental maximum 2 people including children.  
\*Some hotel amenities included.  
Please call for details.

### Free Continental Breakfast

- Free maid & linen service • Free utilities
- Heated pool & spa • Laundry facilities
- Free parking • Microwave • Refrigerator
- Easy freeway access • Centrally located
- High speed internet services

5415 Clairemont Mesa Blvd.  
(just west of the 805) San Diego, CA 92117  
**(858) 799-0219**





**WANTED: DAD'S OLD STEREO**  
I'm looking for American made Tube Type stereo's, like Fisher, Scott & more. (619) 296-3100

**CYMBALS FOR SALE** Zildjians / good shape/ call for sizes and prices and photos. Bob 760-480-1815.

**CERAMIC DARBUKA DOUMBEC DUMBEC TABLA DRUM** with an animal skin head for sale. It is in very good and very playable condition. Payment in cash only, please. Call David at 1-760-746-5422 if interested. Thanks!

**DEAGAN NO. 582 VIBES**  
Refurbished Deagan No. 582 Vibraharp for sale, \$500 with two sets of mallets. Somewhat worn cosmetically, but works great. donnamackersie@att.net

**FREE ELECTRIC PIANO** Ayrfar 900 series. 88 weighted keys. Incl. Kurtzweil piano module. School, church, or? Text or call Jim (619) 674-9577.

**AMPEX REEL TAPE PLAYER** and AM/FM radio. Wood grain cabinet with 2 large speakers. \$249. 619-491-1613

**BASS GUITAR, \$1,100** 1989 "Signature" jazz bass, ash body, maple neck & fretboard, audere preamp, glassy highs, gig bag, mint condition 619-980-6008.

**BASS GUITAR, \$2,000** 1989 "Signature" jazz bass, red burst body, figured maple neck, chrome hardware, sadowky preamp, MEC gold pickups, mint condition 619-980-6008

**BASS GUITAR, \$900** 1990's Schaller Rockoon(Kawai), maple neck, rosewood finger board, perfect red body paint, red EMG pickups, active, 4string, Excellent condition, no marks or scratches with coffin bag. 619-980-6008

**BEATLES BAND - SUNDAY**  
The 63eatles play at The Coyote Bar & Grill in Carlsbad, Sunday 1-4:30pm. 300 Carlsbad Village Drive. Early Beatles music.

**LADIES, LOVE TO SING?**  
Come to 4-part harmony chorus. Rehearsals Mondays 7-9pm in La Mesa. No experience needed. 619-464-3727

**ELECTRIC BASSIST NEEDED**  
for new super group. Funk, jazz, rock, soul. Serious only, 619-674-9577

**ACOUSTIC CLUBHOUSE IN LA MESA HAS OPEN MIC** Bring your guitar, sign up, play @ 8515 Navajo Rd. San Diego, 92119 — www.navajolive.com//

**ESTABLISHED SD ROCK BAND ISO BASSIST** We play a female-lead brand of psychedelic rock with reggae and prog rock undertones. Please send us as much info about yourself. We practice in Vista and have an album coming out this year with a tour planned for May. We have been nominated for a San Diego Music Award for the last 4 years in a row. www.instagram.com/ImageryMachine/

**SEEKING HARD ROCK MUSICIANS IN ESCONDIDO**  
Looking for 1 drummer, 2 guitarist, 1 bass guitar, 1 synth/sample player. Check out the music here: <https://www.instagram.com/ekkleisia>

**REGGAE POP PROGROCK FUSION** professional guitarist available for gigs, tours, recordings. CD/Tour credits. Dale Hauskins <https://www.bandmix.com/dalehauskins/> (858)401-2973

**SAN DIEGO SOUNDCLOUD RAPPERS** we have hip-hop beats for sale @ abovekeybeats.com

**PROFESSIONAL DRUMMER HERE** Want to learn percussion from a pro? David Page is offering his award winning experience and talent to beginners, semi-pro, and developing bands. 619-254-3941, in Oceanside

**UNIVERSAL SOUND** Monthly creative band musicians lock-out rehearsal private practice AC studios now available. Half off first month rent. (858) 401-2973

**MUSIC REHEARSAL STUDIO.** Upscale facility, Kearny Mesa. All rooms have individual air conditioning, high ceilings and 24-hour access. Monthly rooms available. Adder Studios, 858-522-9505. www.adderstudios.com.

## PETS

**AMERICAN BULLY MICRO FEMALE** She's 1 1/2 y/o with 1 liter under her belt; she gave me 10 beautiful pups. Due to work I'm forced to give her up. She's an amazing dog with a great personality. Pet home only. 928-580-3917

**SIBERIAN HUSKY PUPPY** born in Nov. She is very well behaved and lovable. She has been socialized with kids other dogs and cats. I just can't keep her anymore do to my new work schedule. Please text or call 760-532-3155 for more info.

**FRENCH BULLDOG PUPPY** born 12/25/2019. Eating solid food, super playful, and had first round of shots, and has been dewormed. Rehoming fee applies. For more info text 619-838-2516

**SHIH TZU** male named Sammy. He's 12 years old and from Carlsbad. He moves a bit slower. He does have cataracts in both eyes, but he is still able to see to get around. He loves his walks and is pretty independent. We are a rescue so an adoption fee will apply. If you are interested in this sweet guy, please call monique@ 760-518-9210

**FRENCHIE MALE AVAILABLE** Puppy is very sociable, playful and healthy. Currently two rounds

of shots and eating solid food. Ready to go!! Thanks for reading and contact me at 760-691-0800

**GET YOUR 2020** spring muscovy ducklings hatching now at a farm new you. Call or text Justin the duck farmer 760-575-1501

**WANT A SOUND GAITED** trail horse. Price is open. Great home provided. 619-438-4567

**SUN SHADES AND** truss weather covers for horse corrals. All \$500 cash. 619-438-4567.

**CAT TREE** Nearly new, light beige. 619-269-5331

**DUMBO EARED FANCY RATS WS400 CAGE** \$50 for all El Cajon. 1 male and 2 females all hand tame. Comes with a \$40 silent wheel, \$25 sideways wheel, cheese nibbler, 2 water bottles, food dish, cubby hole and steps. Cage is 4 by 3 by 4 ft. Really don't want to separate the rats, so if you only want the cage let me know. But the rats are very friendly. Text 786-205-9120

**I HAVE 20 PARAKEETS THAT NEED NEW HOMES** Rehoming fee. Please call me at 619-481-1361.

**FOUND MALE CHIHUAHUA IN MIRA MESA** on Harlington Drive. Black/Brown/White fur. Registered with San Diego Human Society. If he's yours, please call (858) 635-8998; must provide proof of ownership.

**BEEMO IS A PURE BREED POMERANIAN** He's great in the car; has been neutered, chipped and vetted. If you would like this fluff ball of pure goodness in your home, please contact Vicky @ 760-672-2258

**I HAVE A LITTER OF PUG PUPPIES** 2 males and 1 female. They are 8 weeks old; shots are up to date, and they are dewormed. Seeking forever-homes for them. There is a rehoming fee. Call or text at 619-920-8070 if interested.

**CAT LOVER?** Come and volunteer at Natcat! Call 619-469-8771 if interested. www.natcat.org

**FOSTER ORPHAN PUPPIES AND KITTENS** Get your puppy or kitten fix by providing a temporary home for orphaned pets! Helen Woodward Animal Center provides all supplies and medical care while you provide love & transport for 2-3 weeks! Call 858-756-4117 x366 to learn more.

## SPORTS

**SURFBOARD STORE CLOSING** sale in Oceanside — 111 S Coast Highway. 858-997-9990

**"JOGANDO" PLAYING CAPOEIRA IN SAN DIEGO** We will allow for games to run their

course by utilizing the "Capoeira Angola" format, yet keep games brisk in duration to allow for many playing opportunities. Lets come together to build a broader reaching capoeira community. <http://bit.ly/SD-Capoeira>

**PLAY SQUASH WITH US** San Diego Squash offers a social environment complete with four courts, pro shop, fitness room, full service locker rooms, and a bar to hang out with new friends after you've hit the courts! <https://www.meetup.com/Squash-in-San-Diego/>

**NEW BASEBALL OR SOFTBALL TROPHIES** \$10, call 619-459-5904

**GOLF CLUBS** Two sets, one male, one female with pull carts. \$75 each. Frank 619-672-8332

**SHIMANO TIAGRA A 50W REEL** Cover original box, brand new, never been used. Two speed. Asking \$500 or best. 858-228-6044

**TWO SURFBOARDS, TWO SKATEBOARDS** one bicycle. All excellent, best offer. Call 619-296-4065, please leave message, all inquiries welcome.

## BICYCLES

**REYNOLDS ASSAULT POWER TAP G3** wheel set, \$950, some minor scuffs on the hub and spokes, around 3000 dry Californian miles on the wheel set, new battery will be installed before, and skewers are included. 858-729-8421

**BEST PRICE IN TOWN!**

**SMOG CHECK \$11<sup>75</sup>**  
Most cars. Vans, trucks, & European cars \$10 extra. 2000 & up. +\$8.25 Cert.

**BRAKES** from \$50  
Front or rear. Most cars. + Labor. FREE Shuttle Service w/ repair

**OIL CHANGE & FILTER \$13<sup>95</sup>**  
Up to 5 qts, new filter, 10 point check-out. +\$1.00 Waste Fee.

**TIMING BELT \$75**  
Starting price. Labor + Parts.

**COMPUTER DIAGNOSIS \$30**  
Most vehicles & light trucks. Service engine soon light, check engine light, hesitation, hard starting, running rough, poor gas mileage, dead battery...

**AXLE SPECIAL \$99**  
Includes Parts & Labor

**MUFFLER \$29**  
From + Labor

**PREMIUM SHOCKS \$70**  
Monroe or KYB + Labor per pair

**PREMIUM STRUTS \$130**  
From + Labor per pair

**STARTERS OR ALTERNATOR \$95**  
From + Labor

\*Prices may vary depending on make, model & condition  
\*Must present this ad at time of service for discounted pricing

**Brandon Auto**  
6670 Miramar Rd. # C  
San Diego, CA 92121-2559  
**858-452-9999**

**OIL CHANGE \$14<sup>95</sup>**  
Additional \$5 cartridge fee. Plus tax, haz waste, & engine cover most cars shield removal fee. Up to 5 qts 10w/30 oil. 4 cyl. prices slightly higher on 6 & 8 cyl.

**SMOG CHECK \$11<sup>75</sup>**  
Sedan only. NON STAR Smog inspection for 2000 & up only. SUV and Trucks extra. +\$8.25 cert +\$10 DMV transfer fee

**BRAKES \$49**  
Front or rear. \*Plus Labor. Prices may vary depending on make and model. most cars

**30K 60K 90K \$65**  
Scheduled Services. \*Prices may vary depending on make and model. most cars

**RADIATOR \$45**  
or Transmission Services. \*Prices may vary depending on make and model. most cars 4 cyl.

**TIMING BELT \$75**  
Parts & Labor. \*Prices may vary depending on make and model. most cars 4 cyl.

**STARTERS, RADIATORS, OR ALTERNATORS \$95**  
Plus labor. most cars. 4 cyl.

**FREE CHECK ENGINE LIGHT**  
96 and up.

*We'll beat any written estimate!*

Dents, dings, scratches? Now offering bodywork.

**B.T. Auto Wrench**  
Walk ins welcome. No appointment necessary!  
**8027 BALBOA AVE. #B&C**  
**1-858-565-4634**

**AUTO GLASS SPECIALIST**  
WE DO ALL TYPES OF AUTO GLASS INSTALLATION

**\$149<sup>95</sup> WINDSHIELD REPLACEMENT**  
(Most cars, some restrictions apply. Mobile Service Available)

**Call for Your Holiday Special!!**  
**(619) 430-4922**  
5803 El Cajon Blvd., SD (Near SDSU)  
[wcautoglass.com](http://wcautoglass.com)

**WEST COAST AUTO GLASS**

**WINTER SMOG CHECK SPECIAL** **\$21<sup>75</sup>\***  
AC TOP UP SPECIAL \$49 Includes 12oz R134 Freon, check system and test for leaks. + \$8.25 cert

Smog Test Or **STAR Certified** All Cars 2000 and Up Same Price. Good through March 31, 2020.

**STAR Certified SMOG CHECK | TEST ONLY \$41<sup>75</sup>**  
+ \$8.25 cert. Most vehicles. Trucks, vans & European cars extra. Must bring DMV renewal notice Limited time offer. Cars 1999 and older.

**OIL CHANGE & OIL FILTER \$24<sup>95</sup>**  
from Up to 5 qts. oil. Most vehicles to 1995. Limited time offer.

**FREE BRAKE INSPECTION & ESTIMATE** (both locations)

**FREE EXHAUST INSPECTION & ESTIMATE** (Cliff Brown location)

**ENGINE STEAM CLEAN \$69<sup>95</sup>**  
Most vehicles. With ad. Limited time offer.

**30,000-MILE SERVICE SPECIAL**  
from \$179<sup>95</sup> 4-cyl. Most vehicles.  
Service includes: • Maintenance tune-up  
Oil and filter change • Lube chassis  
Radiator coolant change  
Air filter replacement • Fuel injection cleaning  
Check brakes, suspension

**NEW CV AXLE \$159<sup>95</sup>**  
Parts & Labor

**TIMING BELT SPECIAL \$50 off quoted price**  
Recommended at 60K miles. Most vehicles. Limited time offer.

**STAR SAN DIEGO SMOG & AUTO REPAIR CENTER**  
Only at San Diego Smog We Repair & Certify Gross Polluters  
4664 Park Blvd. (at Adams Ave.)  
619-543-4828 • Mon.-Fri. 8 am-5:30 pm, Sat. 8 am-3:30 pm  
[www.sdsmogandrepair.com](http://www.sdsmogandrepair.com)

**2 LOCATIONS TO SERVE YOU**

**CLIFF BROWN AUTOMOTIVE**  
4491 Park Blvd. (Park & Monroe)  
619-297-4204 • Mon.-Sat. 8 am-5:30 pm, Sun. 9 am-2 pm  
[www.cliffbrownautomotive.com](http://www.cliffbrownautomotive.com)

Coupons must be presented prior to service. Senior discounts available.

**Window Tint \$98**  
Tint removal from \$29. **COMPUTER CUT** Any shade, up to 5 rear windows.

**FREE BRAKE INSPECTION**  
Pads & Labor From \$78

**FREE SHOCKS & STRUTS**  
BUY 2, GET 2 FREE  
Most Cars

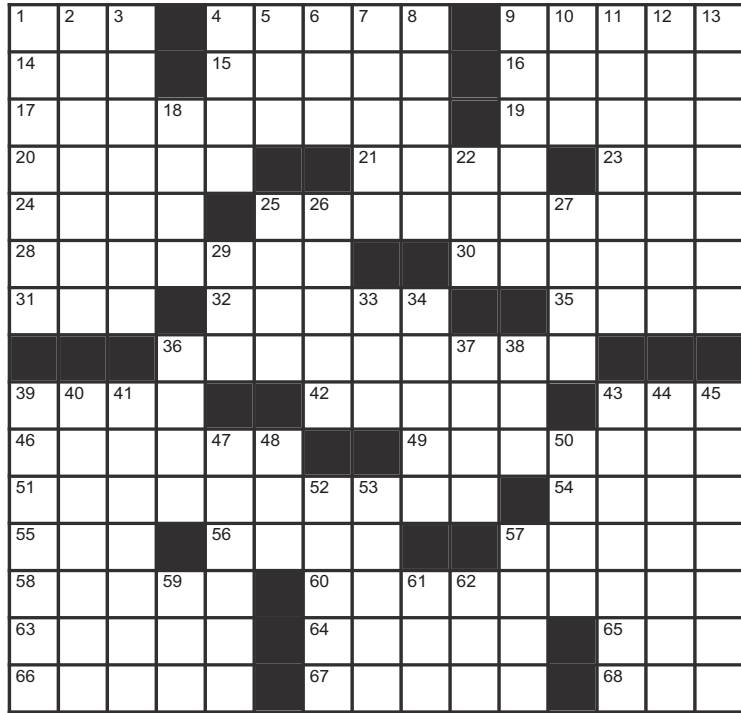
**ELECTRICAL REPAIR**  
Power windows, door locks, automotive control modules: BCM, ECM, PCM, TCM.

**FREE Check Engine Light Diagnostic**

**QwikAutoCenter.com 858-256-7977**  
2707 Garnet Ave., Pacific Beach 92109

Mon-Sat 9am-6pm \*Must present ad prior to purchase. Installation required  
Pictures are for illustration only. Some cars require extra parts and labor at additional cost. Must present coupon at participating locations. Most cars. Prices subject to change without notice.

# CROSSWORD



© 2020 DAVID LEVINSON WILK

## Across

1. Vietnam's Dien Bien \_\_\_\_\_
4. Arctic Circle sights
9. Cool red giant
14. Vert. opposite
15. Apply, as pressure
16. "It Wasn't All Velvet" memoirist Mel
17. Attention-getting shout to 1950s pinup queen Page?
19. Swung around
20. Three-star mil. rank
21. "Totes awesome, dude!"
23. Utah luggage tag initials
24. Galoot
25. Toking Oscar-winner McDaniel?
28. Cry after being duped
30. Average guy
31. Underhanded
32. Play at full volume
35. Little brother, stereotypically
36. Heckle the singer of "Only Wanna Be with You"?
39. Nickname for "The King of Clay"
42. Financial guru Suze
43. Escape \_\_\_\_\_
46. Improvises
49. Sitcom pal of Barbarino and Horshack
51. Put the A/C on for TV comedy pioneer Berle?
54. Cuba, por ejemplo
55. Grp. with the 1977 song

## "Rockaria!"

56. Amendment that prohibits U.S. presidents from running for a third term
57. Like argon or neon
58. Shopping binge
60. Finish like the 2019 Scripps National Spelling Bee ... or what 17-, 25-, 36- and 51-Across do
63. "According to the grapevine ..."
64. Davis of "Thelma & Louise"
65. Loretta Lynch and Eric Holder: Abbr.
66. "Dagnabbit!"
67. Cyber-endorse
68. Jet last flown in 2003

## Down

1. Diller who quipped "Housework can't kill you, but why take the chance?"
2. Nocturnal hunter with a distinctive call
3. An 1828 peace treaty created it as a buffer between Brazil and Argentina
4. Existed
5. Business card no.
6. No longer working: Abbr.
7. "Norwegian Dances" composer
8. Two-time NBA MVP Curry
9. It might reveal more than a simple X-ray
10. Note between fa and la
11. "Honest!"
12. Bedelia and Earhart
13. Paltry amount
18. Gambles
22. Smashing Pumpkins guitarist James
25. Divine circle
26. Location of about 1% of Yellowstone National Park
27. Kind
29. "Barry" network
33. Frat. counterpart
34. Actress Marisa
36. Help (out)
37. Duct \_\_\_\_\_
38. Job connections
39. Arrives breathlessly
40. Sax who invented the saxophone
41. Parquet pro
43. Spanish coins until 2002
44. Structures in the Gulf of Mexico
45. 23andMe service
47. Olympians since 2008
48. \_\_\_\_\_ Flags
50. Fey of "30 Rock"
52. Feudal lord
53. Points at the dinner table
57. Aerosmith's "Love \_\_\_\_\_ Elevator"
59. "Mangia!"
61. Opus \_\_\_\_\_
62. Dutch financial giant

SOLUTION TO LAST WEEK'S PUZZLE:

A	R	E	T	H	A		U	M	P	S		S	W	E	
S	O	L	V	E	S		F	A	L	L		U	H	S	
K	U	M	A	I	L		O	R	E	O		N	O	T	
S	T	O	D	G	E	S		S	A	O	I	R	S	E	
F	I	N		H	E	L	G	A		P	R	O	W	L	
O	N	T	O		P	O	O	L	S		K	O	H	L	
R	E	E	D	S		V	I	I	I		M	O	E		
							S	T	R	E	I	S	A	N	D
E	T	S		U	S	S	R		C	A	R	B	S		
C	H	E	W		S	C	A	L	P		S	O	A	P	
S	E	E	Y	A		A	L	O	H	A		S	N	L	
E	J	I	O	F	O	R		P	A	R	A	S	K	I	
G	E	N		I	N	G	A		R	O	M	I	J	N	
A	R	T		R	I	O	T		M	A	Y	N	O	T	
R	K	O		E	T	T	A		A	D	L	I	B	S	

## RULES OF THE GAME

- 1) Submit your completed puzzle to the *Reader* each week for our ongoing contest. Your submission will only be counted when you successfully complete a puzzle AND get it to us by 7:00 a.m. Monday.
- 2) Submit the correct answers to the puzzle along with your name.
- 3) Entries must be faxed to **619-231-0489** or mailed to *Reader Puzzle*, 2323 Broadway Suite 200, San Diego, CA 92102; or scanned and emailed to [puzzles@dreader.com](mailto:puzzles@dreader.com). Submissions by email must be attached in JPG format, maximum file size of 1MB. Submissions that don't fit the format will not be counted or viewed. One win per person within a 4 week period.
- And now for the really small print:
  - 1) All answers must be legible and entered in the spaces provided.
  - 2) Late entries will not be considered.
  - 3) We will draw **1** name from weekly puzzle submissions.
  - 4) One entry per person per week or you will be disqualified.
  - 5) Employees of the *Reader* and their immediate families are not eligible.

## THIS WEEK'S WINNER:

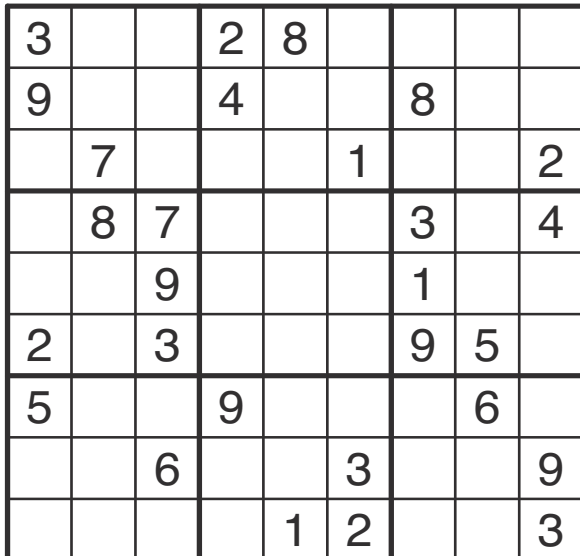
Winners will be contacted for prize redemption.

☛ **Ramie Tateishi, San Diego, 6.**

Name: \_\_\_\_\_  
 City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

# SUDOKU

## HARD:



## RULES OF THE GAME

- 1) Submit your completed puzzle to the *Reader* each week for our ongoing contest. Your submission will only be counted when you successfully complete a puzzle AND get it to us by 7:00 a.m. Monday.
- 2) Submit the correct answers to the puzzle along with your name.
- 3) Entries must be faxed to **619-231-0489** or mailed to *Reader Puzzle*, 2323 Broadway Suite 200, San Diego, CA 92102; or scanned and emailed to [puzzles@dreader.com](mailto:puzzles@dreader.com). Submissions by email must be attached in JPG format, maximum file size of 1MB. Submissions that don't fit the format will not be counted or viewed. One win per person within a 4 week period.
- And now for the really small print:
  - 1) All answers must be legible and entered in the spaces provided.
  - 2) Late entries will not be considered.
  - 3) We will draw **1** name from weekly puzzle submissions.
  - 4) One entry per person per week or you will be disqualified.
  - 5) Employees of the *Reader* and their immediate families are not eligible.

## THIS WEEK'S WINNER:

Winners will be contacted for prize redemption.

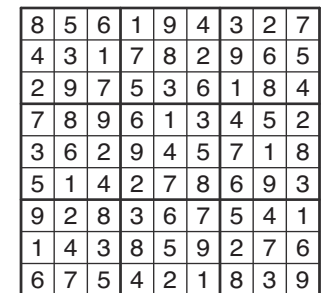
☛ **Lynne Lurie, San Diego, 1.**

Name: \_\_\_\_\_  
 City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

# Win a Reader hat or t-shirt

## SOLUTION TO LAST WEEK'S SUDOKU PUZZLE:

### HARD:



**NEW FREE AGENT** mini race bike, carbon forks, aluminum frame, raced 3 times, \$250, 760-807-6193

**SCHWINN LADIES CO-ED BIKE** 26" wheels, vintage, \$200.00 o.b.o. (619)829-7603

**NEON GREEN** custom step-through 3 speed cruiser/townie/commuter bike for \$350. 26" aluminum wheels, 3 speed internal gearing, grip shifter, coaster brake, and front hand brake. Front basket included. 619-232-0674

**OBERMAYER GEN2 BIKE WHEEL SET** \$1020, carbon/kevlar spokes, only 922g! Used for approx. 5K miles, rear wheel brake track has severe wear and it needs repair. Front wheel is good. Hence the price. Feel free to send message with any questions here or 858-729-8421

**ADULT SIZE ELECTRIC TRIKE** 3 wheel electric trike well maintained. Battery, charger and helmet included. \$500. Text inquiries to 760-402-7099.

**GT ZONE BMX 20" BIKE** \$130, Chula Vista, heavy duty rims, GT tires, 3 piece crank, good condition, call (619)300-3364

**ELECTRA SUZIE Q LADY'S BIKE** in Oceanside for sale, \$300, only ridden a few times was produced in limited numbers! You don't see them very often. It was over \$500 new, call 760-696-2838

**SCHWINN RANGER BIKE FOR WOMEN/GIRLS** 24" mountain bike, \$120, in Santee, additional \$20 discount for military or student, 619-578-4983 call or text

**55CM IBIS HAKKA BIKE** for sale, new condition, ridden 3X, \$2695, 310-241-3897

**CANDY MINT ELECTRA BEACH CRUISER BIKE** in Encinitas for sale, \$150, comes with a sturdy basket! 760 212 0242 - text

## MOTORCYCLES

**2001 YAMAHA R6 YZFR6 600RR** \$2500, in Mission Valley, clean title, lots of extras, carbon fiber, extended pegs, and much more, 32k miles Call: 619-535-1460

**PINK 2017 HARLEY** Davidson 883 Iron, \$8495, super clean, low miles, pink powder coated bars and rims, 7549 miles, and just serviced; always serviced at HD dealers. Call John 808-278-0420

**2004 HARLEY DAVIDSON BUELL** 1200 Firebolt, asking 4500 or trade for a Jeep, any questions: call Rich at 619-704-6689

**LANCE HAVANA** 125CC scooter, \$1250, low miles, it goes up to 60 mph. It's automatic, so very easy riding for all skill levels. Comes with basket and a DOT riding helmet. Moving back east and can't take it with me. No trades. Text Evan 216-644-0403

**HARLEY DAVIDSON SPORTSTER FOR SALE** new front tire, battery, and full service w/in the last 1000 miles. Very comfortable seat. Runs great, sounds great and needs new home. \$3900 call Jim 619-322-0576

**2015 HONDA CB500F** \$4395, 11K miles, new front tire, just serviced, (619) 550-4419 call or text us any time!

**K BROTHERS MOTO MEETUP** is a like minded motorbike group that specializes in the back roads/highways of San Diego. We are definitely all about the roads less traveled. A diverse group that welcomes any make bike. This is a private group, you must know somebody in the group, and membership must be approved by the organizers. www.meetup.com/K-Brothers-Moto-Meetup/

**2000 HONDA SUPERHAWK** yellow, many upgrades, new

tires, suspension upgrade, handlebar kit, full exhaust, Corbin seat, very fast V-Twin, turn key bike 858-231-0067.

## AUTOMOTIVE

**LEXUS 2000 SC300 SILVER** Under 66,000 miles, looks & runs great, backup camera & sensors, BT, new wheels & tires. Call for info & pics 619-840-8149.

**2000 NISSAN QUEST VAN** One owner, 94k miles, loaded, cold AC \$2950 call 858 230-1157.

**1994 FORD HIGHTOP VAN** Only 54k miles, new tires, brakes, royal purple oil, trans service \$8995 call (858) 230-1151.

**1977 CHEVY CORDOBA MOTOR** was rebuilt installed but never fired off buy for motor or finish little things. Please text 619-631-9258.

**2001 BMW Z3 ROADSTER** 2.5/6CLY, 5 Spd. Manual. Car has only 87K miles and is in excellent condition! Car located in Rancho San Diego. \$7995 OBO. 619-955-3248

**2002 HONDA CIVIC EX BLACK** Excellent running condition, alarm/sunr/f, 160K miles, extras, \$2,900 OBO. Call 619-267-6356, leave message.

**1985 CHEVY C20 PICKUP** Original low miles, 6.2 diesel, automatic, original paint, drive anywhere, smog exempt, \$6,500, very nice truck. 541-325-2403 text only.

**1997 LEXUS ES 300** Midsize luxury package, pearl white with tan leather interior. All power and luxury options, low miles, \$3,495. Call 619-948-1429.

**2001 FORD EXPEDITION XLT** Suv, driven 153,947 miles, 3,500 automatic, clean title, 2nd owner, runs great, low miles for 01. lupitalflower@yahoo.com

**2006 HYUNDAI ELANTRA** One owner, 108,235 miles, AC,

automatic, 4 cylinders, all power \$2500. (858) 230-1152

**1962 AMC RAMBLER** two door custom station wagon. I have salvage title. 350 V8 Chevy short block electrical front end work needed \$1,900 OBO. Trade for complete drum set. 619-541-2723

**RENT OR BUY MY LUNCH TRUCK** \$1000, comes with health permit call (619) 585-1030 or (619) 250-0946

**1980 VW VANAGON** \$850, 2.0 automatic transmission, 619-312-3003

**40-FOOT PASSENGER BUS** going on auction! Call (619) 326-9690 for details

**2004 TOYOTA TACOMA TRD TRUCK** \$4,400, lifted with all terrain suspension, current registration through April 2020, strong engine w/ 140k miles. Truck has damage to the driver's side. Market value for this TRD is over \$12000 when in good shape. Call/text 858-205-5059.

**1951 MERC W 460 CU/IN FORD MOTOR** w mild cam, \$30,000 obo, air ride suspension, call 915-201-6915

## HELP WANTED

**DELIVERY DRIVER JOBS** Make up to \$17 / Hour. Must use your own Mini-Van or Cargo Van. Pass Drug, Background Check. PT / FT avail. 858-444-2350

**VOLUNTEER DRIVERS PATH** (People Assisting the Homeless) in San Diego is looking for volunteer drivers to help pick up donations from food banks, grocery stores, and restaurants and deliver them to our interim housing facility. PATH provides breakfast and dinner to 100-135 individuals in need every day of the year. Weekly, monthly, and substitute drivers are needed. This is a great opportunity to support our community members in need and decrease food

waste. For more information call Sigrid at 619-810-8606 or email sigrids@epath.org

**REGISTERED CAREGIVERS** Immediate work. Hourly/live-in available. Must have reliable transportation. Assertive Care at Home, 8893 La Mesa Blvd., Ste B, La Mesa. 619-466-6890.

**CAREGIVER WANTED** Woman, 50 years old, good pay, easy hours. Car + computer skills, smoker ok. Service dog friendly, no pets. Good attitude, calls only 619-647-1930, Danny.

**EXPERIENCED CNA WANTED** Experienced, cleared fingerprint, reliable CNA North Park area. Part time, weekday & weekends! No flakes. Mariacvh06@gmail.com

**HANDY PERSON WANTED** Dependable, able bodied, energetic worker wanted for Mira Mesa home repairs and yard work. \$8 per hour, non-negotiable. mysandiegocar@yahoo.com

**LIVE-IN CAREGIVER NEEDED** Wednesday through Saturday for elderly woman with Parkinson's in Spring Valley. \$140 daily. tebroo@hotmail.com

**EXP HOUSEKEEPER NEEDED** Private family ranch in Benavides. Full time hours, Mon-Fri. 3+ yrs exp. Email resume to slongoria@hilcorpventures.com.

**STUDENT ARTIST NEEDED** Looking to hire a student that is able to draw portraits of people, abstract paintings and more. Please have samples. tdixon@tmarcheascatering.com

**FENCING MAINTENANCE** Company yard maintenance, service, repair, and installation. CA drivers license required. (619) 499-7799

**IRON FABRICATION** Ornamental iron fencing, gates, ADA hand rails fabrication. (619) 749-1494

**MAKE MONEY AS A VOLUNTEER** We are a charity that needs help selling its website properties, you get a commission making phone calls and sending emails. Itsuncommon@gmail.com

**CALL FOR VOLUNTEERS** The Yiddish Arts & Academics Assn. of N. America is looking for volunteers and interns. Contact 619-719-1776, jana@yaaana.com

## Have a Spare Bedroom?

Earn a competitive stipend caring for an adult with a developmental disability in your home. Minimum requirements: Spare bedroom, proficiency in English, driver's license and high school diploma/ GED. Call today! www.MentorsWanted.com. 858-694-0120.

**VOLUNTEER TO READ TO KIDS** Want to make a difference? Join us every weekend to read to a child in need in one of our StoryTents. Visit travelingstories.org/volunteer today!

**OFFICE/ADMIN** Starting another business. Need help organizing, filing, research, phone, some computer. Own office, easy going, your own transportation. Pays and times negotiable, by SDSU. MikeGarlicGuy@yahoo.com

**SUBJECTS NEEDED FOR UC SAN DIEGO RESEARCH STUDY** Dr. William Perry and his associates at UCSD are conducting a research study on

## AUTOMOTIVE

# SMOG CHECK \$19<sup>95</sup>

Year 2000 and newer. Plus \$8.25 certificate. By appt only. Vans and trucks extra. Free retest when we do the repair.

### OIL CHANGE

up to 4 quarts & oil filter  
Most 4 cylinder cars,  
Trucks extra.

**\$16<sup>95</sup>**  
+tax

+ \$5 hazardous materials fee

### PREMIUM BRAKES

- Front or Rear Axle
- Parts & Labor
- Turn Rotors / Drums
- Premium Pads
- Most 4 cylinder Cars + tax

**\$129**  
Free Inspection

### NEW TIRES

From **\$59** 

### 30K/60K/90K/120K mile SERVICE SPECIAL

Includes: New spark plugs, engine oil, oil filter, air filter, 1 gallon antifreeze, suspension lubrication, tire rotation, 24 pt vehicle inspection from

**\$149**

Plus tax & hazardous waste fee. 4 cylinder, most cars, regularly \$200 prices may vary depending on make & model.

### TUNE-UP & OIL CHANGE

- Drain and replace up to 4 quarts of oil
- New oil filter
- New spark plugs
- Visual inspection
- 4-cyl. Most cars

**\$54<sup>95</sup>**

+ \$5 hazardous materials fee  
Prices may vary depending on make & model.

### CHECK ENGINE LIGHT

Most cars



**\$34<sup>95</sup>**

### ALIGNMENT

4 wheel, toe adjustment only, most cars.

**\$39**

### ELECTRICAL PROBLEMS?

We can diagnose and repair any electrical issue.

**AC SERVICE**  
**\$29**

Most cars, freon extra

12,000 mile, 1 year warranty

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Just off the 905 freeway • Se habla español  
Must present ad prior to service. Expires 4-13-20



how cannabis affects thinking and behavior. We are seeking adults ages 18-50 who do not frequently use cannabis, with a history of Bipolar Disorder or with no psychiatric conditions. You must have no serious medical or neurological conditions, including heart problems, seizures, or significant head trauma. Study Procedures: A screening visit and experimental visit; Physical exam, saliva, blood, and urine tests; You will drink a liquid and take a pill containing THC, cannabidiol (CBD), or placebo, one time; Computer and paper and pencil tests; Wear a device that measures the movements of your body; Blood draw and lumbar puncture (spinal tap). Participants reimbursed up to \$240 for study completion or \$20 per hour for study participation. Located at the UCSD Medical Center in Hillcrest. For More Information, call us at the UCSD Psychiatry Department Research Study, 619-543-6575.

**AD SPECS SALESMAN NEEDED** 33% Comm. Bonuses. Leads provided. Make \$2,000+ a week! Work from home. Experience a must! Join our team! Call (858)652-8367.

**UTILITY WORKER I/II** \$26.74 - \$36.85/hr. Otay Water District is seeking a Utility Worker to perform varied construction and maintenance duties for water distribution, wastewater collection, and water reclamation facilities. Please visit our website [www.otaywater.gov](http://www.otaywater.gov) for requirements and to apply online. Open until filled, however for earliest consideration, apply by March 20, 2020. EOE

**SEAFOOD PROCESSORS.** Summer jobs in Alaska! From July 1-September 1, \$12.19 per hour straight time, \$18.29 overtime. We offer referral bonuses and a travel incentive for those completing the season. Come join our team! Visit us at [www.hookedonfish.com](http://www.hookedonfish.com). Petersburg Fisheries,

Division of Icicle Seafoods, Inc., 1-877-772-4294.

**SR. PROGRAMMER ANALYST** (Req# IIC21282) Resp for performing QA duties throughout the Hana view & Tableau dashboard dvlpmt cycle. MS+2orBS followed by 5 yrs prog rltid exp. Send resumes to illumina, Attn: SD122440, 5200 Illumina Way, San Diego, CA 92122. Must ref title & Req#.

**ENGINEERING** Broadcom Corporation has an opening in San Diego, CA for R&D Engineer Software 2 Responsible for building binary modules as part of the firmware and hardware development process, and provide knowledge of modern firmware build support software and multiple programming technologies. Ref job code C# 4263078 & mail resume to: Broadcom Corporation, Attn: HR(J.O), 1320 Ridder Park Drive, San Jose, CA 95131.

**APPLIED SCIENTIST II** Amazon.com Services LLC - San Diego, CA. Applied Scientist II - Participate in the design, development, evaluation, deployment and updating of data-driven models and analytical solutions for machine learning (ML) and/or natural language (NL) applications. Multiple job openings. Send resume, referencing AMZ3838 to: Amazon.com, P.O. Box 81226, Seattle, WA 98108. EOE.

**COMPUTER/IT** Corsair Memory, Inc. in Carlsbad, CA seeks: Directors, Software Architecture (Embedded Development); Dvlp tools & processes to imprv SW eng productivity. Send resume ref. job title to RVijay@47100 Bayside Pkwy Fremont, CA 94538.

## JOBS WANTED

**PROFESSIONAL COMPASSIONATE CAREGIVER** with animals, children, blind,

elderly, terminal and live-in home management. Flexible, reliable transportation. Michelle 619-384-0708

**PREP COOK** I'm seeking part time work as a prep cook. 10 years experience, can send resume. Can start May 2020. Contact [redbonepalmer@gmail.com](mailto:redbonepalmer@gmail.com)

**FULL-TIMEJOB** I am an electrical assistant looking for work in San Diego area. Lynn 619-221-2954.

**FULL-TIME JOB** High school/college graduate Southern Californian with reliable transportation. Seeking steady full-time employment in Mira Mesa, La Jolla, North County. Dale Hauskins (858)401-2973

## WANTED/TRADE

**WRITER SOUGHT** to collaborate on exposing murder/cover-up in San Diego. Search [cacourts.gov](http://cacourts.gov) docket #068933 (if it's not censored). Call 619-523-1872 mornings.

**ADULT TRI-WHEEL BIKE** does not need to be perfect. Buying on budget. If \$100 or above no thank you. Need delivered text 619-631-9258

**WANTED OLD FREE** small lawntractor if not running that is fine as long tractor is complete. Please text pic and info. Need delivered 619-631-9258.

**WANTED FREE USED** skateboard wheels. If still on board I will remove and dispose of. Please text for address where to deliver 619-631-9258.

**CASH FOR GOLD** Best prices paid! We will buy your old gold jewelry, broken jewelry, gold coins, silver. Meet in a safe location 619-915-8552

**VETERAN SEEKING** Veteran in Heroes housing prog seeks: clothing, kitchen, bedding, TV/

DVD, Catholic/sci-fi/fan bks, tab/laptop for job hunting. I'm in the hospital and will be released Mar 6. [NavyVeteranJeff@gmail.com](mailto:NavyVeteranJeff@gmail.com), 619-343-5214.

**\$300 FOR THE RETURN OF** 2 large gold medals and 1 silver small plaque. In red brocade inserts. No questions asked 702-972-2045.

**FISHING TACKLE** Collector wants for his personal collection wooden lures, reels, & misc. by Heddon Creek Chub, Pflueger, South Bend, Shakespeare to name just a few. Call or text pictures to: 619-972-3488.

**WANTED, CASH PAID** Old stereo, receiver, amp, tuner, preamp, turntable, speaker. Call or text 619-279-7833

**BOB BUYS LIONEL TRAINS** Yours, your fathers or your grandfathers trains and vintage toys stored in a box in the garage for years, call Bob Lionel, MTH, America Flyer trains and vintage toys. 760-579-2234

**WANT USED AVIATION MAGAZINES** instead of giving them to the Air Museum, can someone please donate some to me, been looking for 5 years. 760-912-1775. Wings, Airpower, Model Aviation.

**WANTED FREE GARDEN TOOLS** weed hula ho and garden weasel tool not picky. Also iron or brass headboard for garden. Would need any above delivered. Text 619-631-9258

**1981 EL CAMINO** might take less with trade for 63 to 69 Dodge truck or same 66 to 75 Chevy/GMC same condition. Text 619-631-9258.

**WANTED FREE USED** 4x8 plywood, 4x8 alum sheets let me know amount may take all on alum need to be delivered. Please text 619-631-9258.

**I BUY OLD TOYS** like hot wheels, redlines, employee cars, vintage Johnny Lightning cars, and vintage BMX stuff, cash paid. 619-586-2814

**ANTIQUES & COLLECTIBLES** Rock & Roll. I buy 1950s-1980s concert posters, flyers, handbills, used-unused tickets, programs. Pls call 619-522-0283. Private party.

**WANTED - SPORTS CARDS** and memorabilia. 760-607-6806

**WANTED.** Cash for Walt Disney autographs, items, paper, original animation art, old Disneyland items, any type comics all before 1970. No Prints or videos. 619-890-1390.

**WANTED OLD VW BUS, BUG** van, kombi, and parts. Any condition. Call or text pictures 619-279-7833.

**STEREO GEAR/ LP RECORDS.** Cash paid! Vintage/ newer. Old amps, tuners, speakers, turntables. McIntosh, JBL, Marantz, etc. Prerecorded reel tapes, jazz/ rock records. John, 619-889-5237.

**WANTED: NEW HF HAM RADIO** Will trade for my \$800 violin. Please text 619-393-2253

**WILL PAY CASH....** For Records, CDs, DVDs, and clothes. Professional Singing Lessons available. Musicians Wanted. Call Jeff Clark, 858-382-7396.

**WANTED:** Speakers, amps and other old stereo gear! The most cash paid always! Brands like JBL, Altec, McIntosh, Marantz and more! Call 1(619)-303-8031; e-mail [JBL@cox.net](mailto:JBL@cox.net).

**WANTED** Homeless guy needs running truck/van. It's cold at night and I can sure use and appreciate it. Thank you. Alex (619)451-4881

## GARAGE SALES

**\$1 DOLLAR GARAGE SALE!** Saturday March 14, 238 North Quince Escondido 92025, 8am



Wine can help start a conversation, sometimes before you even open the bottle.

# UNREAL ESTATE

*continued from page 14*

elegance and functional comfort, complemented with sweeping ocean and treetop views." The master further features a private sitting area highlighted with a "cozy fireplace pinned by custom glass shelving," oversized walk-in closet, and a "spa quality master bath that is a Zen-like sanctuary with his and her vanities, water closets and shower heads, steam shower, heated floors and heated towel rack, and a 72-inch soaking tub perfectly positioned to reveal the master deck complete with gas fireplace and privacy living wall."

Outside, a bridge from the main residence passes over the courtyard to a detached guest casita with its own full bath and kitchenette. Below, a covered patio offers shaded seating and an outdoor kitchen alongside the pool, spa, and manicured grass lawn.

The whole residence is finished with

smart home technology, "allowing the homeowner to control many features from a smart phone or tablet, including Lutron Lighting, Sonos Surround Sound, Amazon Alexa voice command, alarm system with a 'safe' room and pre-wired security camera options," along with automated window coverings and a five-zone heating and cooling system. The home is also pre-wired for a solar system and has a charging station for electric vehicles in the garage.

The project was completed by Pelican Development, a La Jolla-based luxury real estate developer boasting dozens of projects across the county. Originally purchased in 2018 for a reported \$1.8 million, the site was at the time home to a 3100-square-foot dwelling built in 1968.

With construction of the new home completed in early 2020, the property was re-listed for sale in late February. The asking price of \$8.95 million remains unchanged to date. ■

to 12. Clothes, DVDS, CDS, vinyl records, \$1 dollar.

## FOR SALE

**SHELVING AND ROLLING CART** Shelving heavy duty 7 h x 1' l. \$350. Metal carts 7 h x 4 w \$125. Plastic carts 6 x 4 x 3 new \$250. Call 858-864-2708.

**BEER MICROBREW STUFF** Generator \$250, beer taps \$15-\$35, Budweiser pint glasses new \$6 each or 12 for \$35. North Park 858 864-2708.

**1977 MR. BILLION** movie poster for sale (760) 941-6962. (Not to be confused with The Six Million Dollar Man)

**NSYNC (5) COLLECTIBLE DOLL** set in original boxes, \$60, 619-203-0348

**FREE 1g With Every Order**

# Paradise Greens Delivery

Call or Text (619) 654-6843

**"You've Tried the Rest, Now Try the Best!"**

Serving All San Diego County \$50 Minimum

[www.Paradisegreensdelivery.com](http://www.Paradisegreensdelivery.com)

**FTP DEALS**

- Spend **\$50** receive 1 gram P.R.
- All P.R. & Exclusive **\$10** per gram
- **20% OFF** Overall Purchase

\*May not combine Deals\*

**All Cartridge Vapes**

**BUY 2 GET 3<sup>RD</sup> HALF OFF**

Equal or Lesser Value

**OUNCE SPECIALS**

- Mid Shelf **\$55**
- Private Reserve **\$225**
- Top Shelf **\$99**
- Exclusive **\$260**

Must Mention Reader Ad

**All Edibles**

**BUY 3 GET 4<sup>TH</sup> FREE**

Equal or Lesser Value

**5 Cartridges for \$99**

Smart Carts ▪ TKO  
Brass Knuckles ▪ Heavy Hitter

**HOURS:**  
Mon. - Sat. 8:30AM - 11:00PM  
SUNDAY 8:30AM - 10:00PM

**5 BRASS MONKEY** Shatter or Crumble for **\$99**

**VOTED #1 IN SAN DIEGO**

**LARGE FREDDY MECURY / QUEEN POSTER** \$35, from Circus magazine, many more groups from same era also available. Terry 619-895-5895

**VINTAGE VW SURF VAN** woody surf wagons, good condition, \$60, call or text Don 760-214-4007

**AUTHENTIC BRUCE LEE COLLECTORS** copy written photos from Enter the Dragon and magazine, \$20-\$60, in Spring Valley, 805-722-0297

**AMMO / GRENADE** vintage military steel boxes, \$10 each, in North Park, bulk pricing available, 619-519-0600

**MANY INTERESTING ITEMS** for sale and give away. Early Rolling Stones from the 60's and antique pocket watches. Contact Garit Imhoff (760) 944-9519.

**WILSON TENNIS TOWER MACHINE** \$400, in good condition. 760-822-8542

**DARTS AND DART SUPPLIES** We are the players' store. Get the best stuff at the best price. Darts from \$19.95 to over \$200. Billiards & Darts Direct, 8223 La Mesa Blvd. (619) 462-7225

**I HAVE TWO EVERLAST PUNCHING BAGS** 100 lbs. is like new and 70 lbs. is used. Selling together for \$100. Text me if you're interested at (858)209-9495

**FLY GIRLS SNOWBOARD** w bindings, \$140 or best offer. It's size 135 cm. and in good condition. The snowboard bag is also included. You can text or call me 760-687-5553

**CLYDESDALE MARE** 12 years old, good trail horse. Must sell because of pregnancy. \$2,000. 619-823-4488.

**BEDROOM SET** 7 pieces with 2 mirrors, excellent condition \$500. Call or text 619-405-7883

**BARBECUE ELECTRIC** George Foreman indoor/outdoor grill. Ideal for small areas, condos, balconies etc. Used a few times only, good condition. \$49. Telephone 858-484-4483

**DOLLS** Antique to new. 619-574-0030

**VAX MODEL 221-11** Cleans mops sweeps vacuums for sale \$125 OBO On youtube and photo on "Amazon new \$319. Call Sergio 760-479-6700 cash only.

**COMPOST BALL 40 GALLON** Used in good condition - new \$90 sell \$49 cash you need pickup truck to pick up call Sergio 760-479-6700.

**JACUZZI CHEMICALS** Sold jacuzzi - Over \$100 in chemicals will sell for \$49 cash Call Sergio 760-479-6700.

**BLACK AND DECKER** Mega sander mouse hand sander jigsaw 3.5 amp will sell all for \$59 OBO call sergio at 760-479-6700.

**SCAMPER POPUP TRAILER** new kitchen, A.C, heater, awning. verydayvacation12@gmail.com

**CHINA AND JAPANESE ART** 10 antique plates / 5 pictures: women, barrel, plant, bird, and bird with fern. \$100 each or negotiable. (619) 512-1385

**DWIGHT YOAKAM TICKETS** 2 10th row seats for sold out Pala Casino show on 3-27. \$120 ea., Half of others asking price! Please call; 858-243-8113.

**ASSORTED SEWING MATERIALS** for \$20-\$25, 619-283-8417.

**PAASCHE AIRBRUSH MODEL WITH HOSE AND D-1/4HP studio, quiet compressor. Used twice, excellent condition. \$150, Mike 619-295-4208.**

**QSC MODEL 1400 POWER AMP** clean power, works great, in rack case \$200 obo 760-480-1815.

**ROAD CASES** Anvil / SKB / call for photos and sizes. 760-480-1815

**SMALL PA SYSTEM** pair of Bose 901 speakers with tripod stands / Peavy Series 400BH mixer / \$500 obo / photos available 760-480-1815.

**LARGE OAK CHEST** Six drawers, excellent condition. Photo available, \$200 obo. Donna 760-480-1815.

**1968 HANSEN "SUPERLIGHT" LONGBOARD** fair condition, original fin. \$300 obo (858) 945-6263

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**Extreme Measures**

— David Ostrom, 40, and his ex-wife, Bridgette Ostrom, 38, have been tussling over custody and visitation issues and property taxes for some time, but a frustrated David, of Paola, Kansas, has come up with a unique way of settling their differences. He has challenged his ex, of Harlan, Iowa, and her attorney, Matthew Hudson, to a trial by combat and asked the Iowa District Court in Shelby County to let them "resolve our disputes on the field of battle, legally," the *Des Moines Register* reported. In court documents, Ostrom claims such a trial "has never been explicitly banned or restricted as a right in these United States." Ostrom also asked for 12 weeks to secure some Japanese samurai swords. Hudson, for his part, argued that the fight could end in a death, and "such ramifications likely outweigh those of property tax and custody issues." At press time, the court had not ruled on the motions.

**Precocious**

— The father of a 3-year-old girl in Guilin, China, is paying the price for his toddler's creative expression. On Nov. 24, the man, identified only as Mr. Zhao, his wife and daughter visited an Audi dealership, *Oddity Central* reported. As the adults looked around, the bored girl scratched "artwork" into 10 automobiles, including one valued at more than \$140,000. The dealership sued the father for \$28,400 over the damage caused. Eventually, Mr. Zhao and the dealership settled on a payment of \$10,000.

**The Way the World Works**

— Kari and Dustin Drees bought their first home in Atlanta's Buckhead district in December and shortly thereafter left on vacation to visit family. While they were gone, an alarm went off, and friends reported nothing was amiss, but when the Dreeses returned home, they discovered an uninvited visitor had moved in: a squirrel. The animal had apparently fallen down the chimney and become trapped inside, where it did a lot of damage - defecating, scratching floors, chewing baseboards and building a nest in the couch. No worries, the couple thought: "This is why you have homeowner's insurance," Kari told the *Associated Press*. Not so fast: The couple's insurance "explicitly stated" it doesn't cover damage done by rodents, and a squirrel is a rodent. Small comfort: The company did offer to provide housing for the couple for up to two weeks.

**Bright Idea**

— Firefighters in Las Vegas discovered what they say is an illegal, homemade gas station in a backyard on Jan. 7. The setup comprised two yellow tanks in the corner of a walled yard and a gas pump nozzle on the end of a hose long enough to reach from the backyard to the curb out front, the *Associated Press* reported, for "possible curbside fill-ups." "This is not only illegal in the city," Las Vegas Fire and Rescue wrote on social media, "it is a hazard to neighbors (and) first responders who may respond there for an emergency, like a fire." Las Vegas

Metropolitan Police are investigating and believe it is part of a scheme to purchase gasoline with stolen credit cards and stash the fuel in storage containers at private homes.

**You Can't Make This Up**

— Odis Latham, 47, and Russell Sparks, 48, of Columbus, Mississippi, were arrested on Jan. 6 after they allegedly hatched a cockamamie scheme to "win" the lottery, *WLBT* reported. The two arrived at the Mississippi Lottery Corp. in Flowood and presented a losing \$100,000 ticket upon which they had glued the winning numbers, according to authorities. Flowood police arrested the pair, who were charged with conspiracy to commit a felony and uttering a counterfeit instrument over \$1,000. They were held without bond.

**Entrepreneurial Spirit**

— Mike Parrish of Woodfin, North Carolina, is making fantasy a reality with a "Lord of the Rings" hobbit home he's building to offer on Airbnb. "I'm not just a casual fan. I'm a huge fan," Parrish said as he guided *WLOS* through the 800-square-foot "Unexpected Journey," built 90% underground with one bedroom, one bathroom, a kitchen and round doorways crafted by local woodworker John Fenwick. "What we want is to just have an area where people can come and bring their kids and just leave with an unforgettable experience," Parrish said. The home should be ready to rent in February or March; Parrish and his wife have not set a per-night rate yet.

**Wait, What?**

— Finally. Lizard owners who want to dress like their reptilian pets have a source for trendy looks: Fashion Brand Company of Los Angeles has been making clothes for lizards for a while, but now you can MATCH your bearded dragon. The current collection, according to *OK Whatever*, includes velvet jumpsuits and Western fringe jackets that come with a tiny white cowboy hat. The clothes are handmade and go for up to \$125 - and that doesn't include whatever you order for yourself. Founder Penelope Gazin says the ideas "come to me in my dreams," adding that lizards need clothes because "their bodies are disgusting and should be covered up." (Gazin doesn't own a lizard herself; "I dislike lizards," she admits.)

**Irony**

— *The Daily Hive* reported on Jan. 15 that an event scheduled for that day at the University of British Columbia in Vancouver was postponed because of snow. Why is this weird? The event was a campus-wide snowball fight set to take place at 12:30 p.m. The university reasoned that traffic problems and canceled classes would make it more difficult for students to participate. The school rescheduled the snowball fight for the next day.

Send your weird news items to [WeirdNewsTips@amuniversal.com](mailto:WeirdNewsTips@amuniversal.com).

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
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SHATTER \$15 /G

CRUMBLE \$15 /G

 \$20 (1G VAPES)

 \$20 (1G VAPES)

STIMZY \$20 (1G VAPES)

H.H. VAPES \$25 (1G VAPES)

 \$10 (500MG GUMMIES)

STONEY PATCH \$10 (500MG GUMMIES)

HOUSE PRE-ROLLS \$5

KIEF 2G \$10

# CALIFORNIA CANNABIS DELIVERY

Fast delivery in SD since day 1! ▪ Mention ad for special pricing

**CALL OR TEXT: 619-627-4697 ▪ 8AM-12AM DAILY**

Min. order of \$30-\$100 for delivery depending on location. Call for details.

www.CaliforniaCannabisSDDelivery.com ▪ @calidelievery

**Free 3.5 Grams of Nugs + Free 100Mg Edible!**

First-time patients only. Must mention ad.

TEXT "ADD" TO 833-349-2722 TO RECEIVE OUR DAILY DEALS!

<b>Top-Shelf</b> <b>\$5/GRAM</b>	<b>Private Reserve</b> <b>\$8/GRAM</b>	<b>Exclusive</b> <b>\$9/GRAM</b>	<b>Exotic Shelf</b> <b>\$12/GRAM</b>	<b>OZ Specials</b> Starting at \$30/\$40/\$60/\$100 \$120 (Top Shelf) \$150 (Private Reserve) \$180 (Exclusive) \$200 (Exotic)
 <b>\$25</b> & H.H. Vapes	<b>Wax</b> 7G <b>\$100</b> 15G <b>\$200</b>	<b>White Fire Budder</b> <b>\$35</b>	<b>Exclusive Shake</b> <b>3 OZ \$100</b>	
<b>Off White MOONROCK KINGPEN &amp; Clear</b> <b>5 for \$100 (1G Vapes)</b> Mix & Match with many more brands! FTP only.				
 <b>\$40</b> (1G Vapes)	<b>STIIIZY 1G Vape + Battery</b> <b>\$70</b> Must mention ad. Limit 1 per customer.			
<b>Mystery Baking Black Label Bar</b> <b>\$40</b> (1000mg Edible)	 <b>5 for \$100</b> (100mg Edible)	<b>Lemon Drink</b> <b>\$15</b>	<b>Chief Kief Pre-Rolls</b> <b>5 for \$100</b>	
<b>5 Rice Krispie Treats</b> <b>\$10</b> (100mg each)	<b>Babylon Gardens Edibles</b> <b>\$35</b> (1000mg) <b>\$10</b> (150mg)	 <b>5 for \$100</b>	<b>Moonrocks</b> <b>\$20/G</b>	<b>Jeff Sessions Happy Rocks</b> <b>\$35</b>
<b>Best CBD Selection in San Diego!</b>				
<b>Free 100mg Edible + Exclusive Pre-Roll!</b> with every order for returning patients only. Must mention ad.				

# OPEN 24/7 IN CHULA VISTA!

**PRIVATE RESERVE - OUR BEST SHELF!**  
**\$9/G ▪ 14G \$120 ▪ \$230 OZ**

**UPLIFTED VAPES**

**\$30** (1G)



**TWISTED, MARIO & EXOTIC CARTS**  
**\$15** (1G VAPES)

**TWISTED MOONROCK PRE-ROLLS**  
**3 FOR \$25**

**BABYLON'S GARDEN**

**\$30**

(1000MG GUMMIES)



**GOLDEN SHATTER & CRUMBLE**

**\$15/G ▪ 2G \$25**

**OZ SPECIALS**

**\$50/\$85/\$100**



**\$10**

**FREE DAB OR JOINT!**

Any patient with any donation!

## PAYLESS MEDS

1214 Broadway ▪ (Entrance between Planet Fitness and Dollar Tree)  
Chula Vista, CA 91911 ▪ 619-909-1175 ▪ OPEN 24/7!



**OPEN 24/7 IN LAKESIDE/EL CAJON!**

**9018 Winter Gardens Blvd.**

Lakeside, CA 92040 ▪ 619-733-4451

**\$9/GRAM ▪ \$120 1/2-OZ ▪ \$230 OZ**

**ANY JAR IN THE STORE!**

No limit! Must mention the Reader ad.

<b>TOP SHELF</b> <b>\$5/G ▪ \$65 1/2-OZ ▪ \$120 OZ</b>		<b>Private Reserve Shake</b> <b>\$100 OZ OR 14G \$60</b>	
<b>House Shake \$20 OZ</b> <b>Fire Shake \$50 OZ</b>		 <b>Trim Shatter &amp; Crumble \$15/G</b> <b>Nug Shatter &amp; Crumble \$25/G</b>	
 <b>\$25</b> (1G VAPES)	<b>West Coast Cure Vape</b> <b>\$45/1G</b>	<b>Full Green Nugs</b> <b>\$65/\$100 OZ</b>	<b>STIIIZY Pods</b> <b>\$25</b> (0.5G) <b>\$45</b> (1G)
<b>Plug and Play</b> <b>\$35</b> (1G VAPES)	<b>Dabwood Vapes</b> <b>\$15</b>	<b>&amp; H.H. Vapes</b> <b>\$20</b> (1G)	<b>Exotic Cart</b> <b>\$15</b>
<b>Uplifted Vapes</b> <b>\$35</b>	<b>Jeff Sessions</b> <b>\$25</b> (1G Vapes)	<b>Diamond Sticks</b> <b>\$20</b>	<b>Twisted Vapes</b> <b>\$20</b> (1G)
<b>Presidential Pre-Rolls</b> <b>\$10</b>	<b>Hurricane Pre-Rolls</b> <b>\$10</b>	<b>Twisted Moonrock Pre-Rolls</b> <b>\$10</b>	<b>Golani Pre-Rolls</b> <b>\$10</b>
<b>7G</b> <b>\$50</b> Select Strains	<b>Diamond Sauce</b> <b>\$65/G</b>	<b>710 Shatter</b> <b>\$20/G</b>	
<b>Wow Rice Krispie Treats</b> <b>\$10</b> (500MG)	<b>Blackout Brownies</b> <b>\$35</b> (100MG)	<b>Moonrocks</b> <b>\$10/G</b>	<b>Hash</b> <b>\$15/G</b>
<b>House Nug Shatter</b> <b>\$15/G</b>	<b>Kief</b> <b>\$10/G</b>	<b>Wax</b> <b>\$10/G</b>	
 <b>\$15</b>	<b>Stndrd Gummies</b> <b>\$10</b> (200MG) <b>\$20</b> (400MG)	<b>Babylon Gardens</b> <b>\$35</b> (1000MG Candy)	<b>Sour Belts</b> <b>\$10</b> (300MG Gummies)
<b>Caviar Candy</b> <b>\$35</b> (1000MG)	<b>The Syrup</b> <b>\$35</b> (1000MG)	<b>Cbd Tincture</b> <b>\$40</b> (1000MG)	

# OPEN 24/7! IN JAMUL!

**FREE 3.5 GRAMS OF NUGS + FREE 100MG EDIBLE!**  
First-time patients only w/min. \$10 donation. Must mention ad.

TEXT "DANK" TO 714-41 TO RECEIVE OUR DAILY SPECIALS!

<b>TOP-SHELF</b> <b>\$4/G or 3G \$10</b> Any patient, no limit!	<b>PRIVATE RESERVE</b> <b>\$8/GRAM</b> Any patient, no limit!	<b>V.I.P. SHELF</b> <b>\$9/GRAM</b> Any patient, no limit!
 <b>\$20</b>	 <b>3 for \$100</b> (1G VAPES)	<b>JEFF SESSIONS CARTS</b> <b>\$25</b> (1000MG)
<b>H.H. VAPES</b> <b>\$20</b>	 <b>Starting at \$30</b>	<b>BRASS CARTRIDGES</b> <b>\$7</b>
<b>SHATTER 12G \$100</b> Select strain.	<b>CRUMBLE 7G \$100</b> Select strain.	<b>JEFF SESSIONS PRE-ROLLS</b> <b>\$20</b>
<b>MOONROCK</b> <b>\$15/Gram</b> Limited time only! Limit per patient.	<b>ROAR YELLOW SHATTER</b> <b>\$10/GRAM</b>	<b>HOUSE WAX</b> <b>\$12/G</b>
<b>10 GRAMS OF SHATTER</b> <b>\$100</b>	<b>SHATTER &amp; CRUMBLE</b> Select strains. <b>\$20</b>	<b>4 JOINTS</b> <b>\$10</b>
<b>STIIIZY \$40 or 2 for \$70</b> (1G Vapes)	<b>Exclusive Shake</b> <b>3 OZ \$100</b>	<b>7 GRAMS</b> <b>\$50</b> Choose from 25 different strains!
 <b>\$15</b>	<b>3 RICE KRISPIE TREATS</b> <b>\$10</b>	 <b>Starting at \$15</b>

MUST PRESENT AD FOR SPECIAL PRICING. OFFERS CANNOT BE COMBINED.

**Rancho-Jamul Meds**

13881 Campo Rd, Unit A1  
Jamul, CA 91935  
619-597-5376 • Open 24/7!



San Diego Symphony  
Rafael Payare | Music Director

# COMING UP THIS SEASON



FRI MARCH 21, 8PM

## AN EVENING WITH SUTTON FOSTER

Sutton Foster, vocals | Michael Rafter, piano and music director

An award-winning actor, singer and dancer, **Sutton Foster** has performed in 11 Broadway shows and originated roles in the Broadway productions of *The Drowsy Chaperone*, *Little Women*, *Young Frankenstein*, *Shrek The Musical*, and her Tony Award-winning performances in *Anything Goes* and *Thoroughly Modern Millie*.



FRI APR 17, 7:30PM | SAT APR 18, 7:30PM

## HARRY POTTER AND THE DEATHLY HALLOWS™ PART 1 – IN CONCERT

John Jesensky, conductor | San Diego Symphony Orchestra

Get ready to embark on the penultimate leg of Harry's journey as Warner Bros. and CineConcerts bring to the screen *Harry Potter and the Deathly Hallows™ Part 1*. Harry, Ron and Hermione face their latest set of challenges and foes both new and old as the seventh film comes to Copley Symphony Hall at Jacobs Music Center, projected on a giant screen and accompanied by the San Diego Symphony Orchestra. Re-live every harrowing moment with an experience you'll never forget.

HARRY POTTER characters, names and related indicia are © & ™ Warner Bros. Entertainment Inc. WIZARDING WORLD trademark and logo © & ™ Warner Bros. Entertainment Inc. Publishing Rights © JKR. (s19)



SAT APR 25, 8PM

## COLTRANE X 2: GIANT STEPS + BLUE TRAIN IN CONCERT\*

Joel Frahm, tenor saxophone | Andre Hayward, trombone | Donald Vega, piano  
Danton Boller, double bass | Donald Edwards, drums

Jazz @ The Jacobs: Two classic Coltrane albums played through in one incredible evening!

TICKETS & INFORMATION

[SANDIEGOSYMPHONY.ORG](http://SANDIEGOSYMPHONY.ORG) | 619.235.0804

\*The San Diego Symphony Orchestra does not appear as part of this concert.