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Fat Claims, Fat Chance

By Don Bauder

A web of interrelated North County enterprises — known for high-pressure TV ads — professes its products will help you peel off body fat. But to conceal what it is doing, this group of purported health-care-product distributors has gotten rather braided itself.

For example, if you go to California secretary of state records, you will find these interlinked limited liability companies registered: Continuity Products, Obesity Research Institute, Pounds Lost, Zylotrim, Dencor Research, Cell Genetics, Appetrol, Zodiac Foundation, Cyvita, Finance Marketing, Hodusdu, and Beau Cheveux. The last two have been canceled.

By touting alleged "clinical studies" that back up their claims, the promoters have sold a slew of so-called dietary and health products: Lipozene, Cyvita, I-PAK, Excelerene, MetaboUp, Lumanex, Appetrol, Vita 26, Metabo Pro, and Pounds Lost, to name a few.

The companies are run by Henny Den Uijl and Bryan Corlett, although some of the entities may be run by one or the other, not jointly. The companies Trade Commission sued Den Uijl, Corlett, Obesity Research Institute, and FiberThin in federal court in San Diego. The case was settled. The commission ruled that four products — FiberThin, Propoline, MetaboUp, and Excelerene, which then had aggregate gross sales of $41 million — must stop claiming in ads that they bring substantial weight loss without any need for special diets or exercise and that all users can benefit.

Then, in 2009 in state court in Los Angeles, an individual claimed that Obesity Research Institute and Corlett were making similar false claims for weight-loss treatment Lipolone. The same year, another individual in the same court said that Zylotrim, a purported weight-loss-product marketed by the same web of companies, violated unfair competition, unjust enrichment, and breach of warranty laws. The cases were consolidated.

Early last year, the suits were settled. Zylotrim would cease business, and Lipolone advertising would pump out no more false statements. Lawyers were awarded a combined sum of $325,000.

On January 12, in federal court in San Diego, lawyer Ronald Marron filed a class action suit against Obesity Research Institute for unfair competition and violation of consumer laws. The alleged villains were Lipolone and MetaboUp. Through its ads, the so-called institute "claims that the products not only cause rapid and significant weight loss, but also that the weight loss consists of body fat as opposed to other types of weight loss," says the suit.

Indeed, Lipolone on its website asserts that 78 percent of each pound lost is pure body fat; this dubious
Train-Car Wraps Are a Train Wreck
By Elizabeth Salaam

Benjamin Tobias has ridden mass transit in major cities all over the world. In most of those places — London, Paris, New York — commuting in an urban area means riding underground in a dark, dank, and noisy subway car.

But the Coaster, he says, “is nothing like that. The cars are clean, the other people riding are all professionals to cover windows while maintaining visibility from the inside. Tobias scoffs at the level of visibility that remains. His view, he says, has been obscured.

“If there were an asteroid out there, you’d see it,” he says, “but it’s like looking through a chain-link fence. It takes away from the whole aesthetic.”

Tobias, a research scientist at General Atomics, rides the Coaster eight times a week, commuting between the Carlsbad Village and Sorrento Valley stops. Today, during his afternoon commute, he walks through the train cars, pointing out the beauty his view, he says, has been obscured. Tobias says, smiling. “You’ve got these spectacular views the whole way. Every morning, I get to see the ocean, see the weather coming in, and see the horizon, and that whole experience is so uniquely San Diego.”

Recently, however, North County Transit District began a program that interferes with Tobias’s experience. In December 2011, they rolled out a program that offers exterior train wraps to advertisers. These wraps cover train cars in directionally transparent vinyl sheets that are perforated with tiny holes, which allows advertisers to advertise until he saw how much the “wraps” obscured the view from inside.

In the summertime, every single day you’ll see dolphins off the coast here. Right in this stretch of Del Mar is where they come and feed during the day, “he says. And then, gesturing out the east-facing window, “And this whole valley is full of deer in the evening.”

He opens a door that leads to the next car, and we step through it. He chooses a seat next to the window that looks out on the coast and sits down. The window is covered in what, from a distance, looks like a tint. Not too dark to see out, but not quite as bright and clear as the windows in the car we’ve just left. Up close, the tint becomes tiny holes.

“It’s almost like one of those tests for epilepsy,” Tobias says, smiling. “You’ve got things moving in the background and a stationary grid in the foreground. I imagine if you were the right person you could get seizures.”

Two weeks ago, when he

News Ticker
Free Shamu
Protesters Fight for Freedom of Orca Mission Bay — On the morning of February 18, a sparse protest group demonstrated at Sea World’s San Diego park entrance.

The protest followed last week’s decision by a federal judge to dismiss a lawsuit against Sea World that was filed by the People for the Ethical Treatment of Animals (PETA).

The lawsuit, filed last October, demanded the release of orcas from Sea World on antislavery grounds. PETA attempted to have a federal court recognize the civil rights of orca whales and to gain the freedom of five Sea World animals. PETA attorney Jeffrey Kerr hoped to free the orcas in a watershed event — “the next frontier of civil rights.”

The 13th Amendment (antislavery) to the U.S. Constitution was the foundation for PETA’s legal argument in the suit. Judge Jeffrey Miller dismissed the case on February 8, one day after briefly hearing arguments from both parties.

Free Shamu
Student’s Police Work Recovered Stolen Laptop Linda Vista/USD — Two students at the University of San Diego were recently the victims of electronics theft, the USD Vista reports. Both students reported that their items, a digital camera and a laptop, went missing shortly after encounters with a woman described as about 5’2” with brown hair and glasses during the evening of February 9.

Sophomore Jeffrey Zhu, owner of the laptop, reports police were less than helpful in attempting to locate his computer.

Zhu then activated Hidden, an app he’d downloaded to his computer that was programmed to randomly take photographs of whoever was using the device and broadcast them, along with GPS coordinates, to his cell phone. He used the program to obtain pictures of a male suspect working on his computer, as well as the address of an apartment complex.

“After I got all of that good stuff I called the San Diego Police Department and they were not helpful,” Zhu told the Vista. “They said that they couldn’t just ‘knock on doors’ for me.”

Zhu took his photos to the apartment building himself and contacted the building manager, who confirmed the identity of the suspect as a resident and provided Zhu with the suspect’s contact information.

“So I called the SDPD and I told them that I had done all of this work and I had all of the information and proof,” says Zhu. “I told them that they didn’t have to knock on any doors. So, they finally sent the cops over and the guy happened to be leaving his apartment at that moment.”

Police searched the apartment and recovered the stolen laptop. No word was given on whether the camera stolen from sophomore Marc Gonzales had been located.

By Dave Rice
Friday, February 17

Checkpoint Checkup
Sobriety Checkpoint Yields No DUIs, Little Revenue San Diego — California’s state auditor issued a report comparing the operation of sobriety checkpoints by law enforcement agencies in five California jurisdictions, including that of...
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LETTERS

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Salute From Sweden
Thank you for bringing the Royal Rifle story up to the media surface (“Royal Raymond Rifle: Into the Micro-Beyond,” “Unforgettable,” February 16). Mankind needs his discoveries to be developed and available again.

Nils Stavlid, Ph.D.
Uppsala, Sweden

As Good As The Comics

Your “Citizen Pot Bust” article, I found it really good (Cover Story, February 9). And what’s really, really funny is, I had the choice to read that article. Cause I was reading the comics in this week’s Reader, and I found it highly amusing that there were people actually trusting you. Well, guess what, people? You don’t like what you’re reading, put it down.

Keep up the good work.

Snow Bear
via voice mail

Comments from Reader website

Letters

Published February 15
Wow, all I have to say is that when Maiden of Camelot takes the time to write in with a concern pertaining the Reader, I take note of it. As a very occasional contributor to “stringer stories,” I shall make an effort to comply by looking out for material more worthy of a police blotter than of a church bulletin. Anyone out there who feels the need to light a couch on fire in the center divider of Interstate Five or commit some other petty but bizarre crime, please send me a message. I’m all over that. Seriously.

The “Letters” section of the San Diego Reader is my very favorite part of it (apologies to Dennis Travers from Downtown), the letters rarely fail to put a smile on my face every Wednesday afternoon. Now, if you’ll excuse me, I have some gardening to do, thanks to the astute observations and stelliar math skills of Bob Dorn, I’ve discovered that my, uh, “crops” are worth far more than what I had previously thought.

I love you people, I sin—continued on page 54
San Diego Pro Football Player Shaun Phillips

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    - Does not include prescription for contacts or glasses.
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San Diego Reader February 23, 2012
David and I collected our boarding passes and took a moment to look them over. “I’m 67,” David said. “First class. My name’s Isidor Straus.”

“I’m 14, third class,” I said. “Name’s Jamila.”

We lowered our cards and continued onto the “ship.” It was a cool, sunny Thursday morning, and David and I had driven over to Balboa Park to enjoy the weather and visit the San Diego Natural History Museum (recently dubbed the NAT) to check out their new attraction, Titanic: The Artifact Exhibition.

Nothing shines the light on a historical event quite so bright as a centennial. As a teen, I’d watched the blockbuster movie Titanic, but my interest at the time didn’t go beyond how piercing I found Leonardo’s eyes. Now, as a grown-up in the year 2012, 100 years after the unsinkable ship sank, I was more curious about the real people who were onboard that horrific night.

“This makes me think of the Concordia ship that just crashed,” I said.

“Yes, but 1500 people died on the Titanic,” David said. “The Concordia crash only killed around 20. And they were in warm water, not freezing cold water. Plus, that ship didn’t sink.”

“Doesn’t mean it wasn’t scary,” I said. “People were trapped. People died. Think about it — you’re going on a cruise, you’re enjoying the scenery and the vacation, and then BOOM. I can’t imagine how horrific it would be to go from ‘Isn’t this great?’ to ‘Oh, my God, we’re all going to die.’”

We turned our attention to the exhibit. David spent his time reading all of the stories posted on the walls. Occasionally he’d find me and share some tidbit about a particular person or a factoid about the perfect storm that contributed to the ship’s demise. I was more fascinated by the artifacts themselves, particularly the personal effects — a comb, a wallet, a bath towel, a dollar bill. Somehow, the mundane, unremarkable nature of these items conveyed more humanity to me than any of the stories or photographs of actual passengers.

I spent many minutes staring at a gold-plated chandelier that had once hung near the shore, these chandeliers hung rigidly from the ceiling to the gentlemen enjoying their after-dinner drinks.

“Differing from similar fixtures on shore, these chandeliers hung rigidly from the ceiling to make the gentle sway of Titanic less noticeable to the gentlemen enjoying their after-dinner drinks.”

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“Yeah, but it’s really dark — probably a mixture of ocean water and whatever was in there originally,” I said. “Did you see the engine room?”

“Yeah, but it’s incredible. Did you know that even though it’s a traveling exhibition, they built that mock-up of the engine room and the watertight door here? They hope that when the show leaves in September the next museum will want it. They’d be crazy not to. I’m really impressed by it.” I shook my head; I didn’t know that, but then, I hadn’t paid much attention in class. “I imagined the men who’d built that mock-up of the engine room and the watertight door here? They hope that when the show leaves in September the next museum will want it. They’d be crazy not to. I’m really impressed by it.” I shook my head; I didn’t know that, but then, I hadn’t paid much attention in class. “I imagined the men who’d built that mock-up of the engine room and the watertight door here? They hope that when the show leaves in September the next museum will want it. They’d be crazy not to. I’m really impressed by it.” I shook my head; I didn’t know that, but then, I hadn’t paid much attention in class.

David was beside me. We were taking in an array of au gratin dishes arranged in a case of sand positioned beneath a giant photo of how they’d appeared when discovered on the ocean floor. “Still has liquid in it,” he said.

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In the last room, the one that spit us out to the gift shop, there was a list on the wall of the passengers, segregated by class, and not one of them aware that within a day or two, they’d be scrambling for their lives in the black ocean water on a moonless night. “Did you see the champagne bottle?”

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David continued to look perplexed as we finished our loop around the pond. We turned toward the main path to make our way back to the car. When we reached the NAT again, David broke the silence. “It’s a sweet story. Sad, but sweet, what happened to my guy.” His voice was soft. He reached out his hand and I took it as we continued walking.

With a lift of my brow, I urged him to continue. “Straus was from New York, he was the cofounder of Macy’s. He was traveling with his wife, and when the ship started to sink, he put her on a lifeboat. He refused to go with her — even though he could have — because there were still...”

continued on page 54
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STRIGHT FROM THE HIP

BY MATTHEW ALICE

Hi Matt!
I’ve noticed, since at least the first Gulf War, the flag patches on the uniforms of American soldiers are backwards. To me, that’s weird. What’s the story? Nobody I know can fill me in. Why backward American flag? I’m no super patriot and don’t care one way or the other, but I’m curious why the flag is backwards.
— Vic, North Park

You’re only looking at soldiers’ right arms, Vic. That patch has the flag “backwards.” If you get the soldier to stand still and you walk around him/her to the left side and look at that arm, you’ll see yet another flag, and this one looks “correct.”

Yep, official flag etiquette sez the blue field on a flat, two-dimensional image of the American flag must be on the left. On a flagpole, the blue field must be closest to the pole. So, it’s a brisk day; red-white-and-blue is snapping sharply in the breeze. Stand to the left of the flag, the blue field is “correct,” to the left, close to the pole. Hop around to the other side, to the right, and the flag looks “incorrect,” with the blue field still closest to the pole but on the “incorrect” side of the flag image. So we even have real live flags part “right” and part “wrong.”

As for your specific Army patch question, though, we’re not quite through. Of course the Army could have made both patches blue-field-left on both sleeves. But here’s their reasoning, according to the Department of Defense: Way back in the day, the infantry and cavalry fought as a mass of soldiers charging forward to meet the opposing mass of soldiers. Each side had a standard bearer, one man who carried their flag into battle. The flag streamed gloriously from the flagpole as they attacked. Therefore, the patches on contemporary sleeves replicate that “forward into battle” image; think of the soldier as the flagpole. That’s what the patch configuration represents. Using their reasoning, a blue-field-left patch on the right sleeve would indicate retreat. Patch placement is codified in Army Regulation 670-1. Apparently there are even soldiers who don’t know the answer to your question. The DOD works in mysterious ways.

Heymatt:
What the heck is aggravated murder rather than regular murder? I think anybody who kills somebody would have to be pretty aggravated. So why isn’t every murder aggravated murder?
— I’m Innocent, I’m from Carlsbad, and I Want My Attorney

Yeah. What’s up with that? And what’s felony murder? Implies there’s a thing called misdemeanor murder. Give a lawyer a pencil and paper and things eventually get confusing for the rest of us. Used to be, you offed a guy, we offed you. But the U.S. was hardly ten years old before we started tweaking the murder laws to account for self-defense and the like. But by the early 1970s there were rumblings that the death penalty was being arbitrarily applied across the country, and states started defining the circumstances of a murder that warranted the death penalty or life without parole. Thirty-six states have their own lists of special circumstances. California’s list has 21 of them. And just for clarification, these circumstances apply during the penalty phase of a trial, for someone who has already been convicted of first-degree murder. It’s the special circumstances that will help decide life without or death. Murder without special circumstances (unaggravated murder) also includes, as a possible penalty, 15 years to life in prison (life with the possibility of parole). Got it? Hope so. We’re moving on...

Herewith, a casual summary of aggravating circumstances, California style. Murder for monetary gain. Murder by someone previously convicted of first- or second-degree murder. Hiding a bomb, or mailing or delivering a bomb. To avoid arrest. Victim is a law/peace officer, firefighter, prosecutor, judge, juror, elected/appointed official, any of whom are carrying out their duties or in retaliation for having done so. Witness to a crime killed to stop testimony or retaliate for testimony. Murder especially cruel, depraved, torturous. Lying in wait for victim. Hate crime. Murder associated with any of 12 felonies (including rape, robbery, burglary, arson, kidnaping, carjacking, lewd acts on a child under 14). Murder by poison. Drive-bys. Murder by active criminal street gang member on behalf of the gang. Anyone who hires, aids, abets, or otherwise hangs out with a convicted murderer in connection with his crime of murder.

I’m not a lawyer, and I don’t play one on TV, but it looks to me that if you shoot your aggravating spouse, you might avoid the ultimate punishment. Poison him/her, and your odds aren’t so good. Murder by poison is aggravated murder (or “murder with special circumstances”). A simple shooting is not. But please don’t tear out this column and take it with you to court, then file a lawsuit against me from your bunk on death row. I am not a lawyer. I do not play one on TV.
The attorneys and law firms who provide this information are solely responsible for its content. This information does not address all legal situations, nor is it intended to replace legal counsel. It is provided free, although if calling from outlying areas you may incur toll charges on your telephone bill.
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Sorry, Wrong Conference
CIA Researcher Accidentally Reports on Government Plan to Destroy Black Community at National Black HIV/AIDS Day Conference in Lincoln Park

“What crack cocaine did for us in the ‘80s, AIDS can do for us today.”

TUBMAN-CHÁVEZ MULTICULTURAL CENTER, SAN DIEGO — CIA head of domestic operations Bernard Neagle has probably fired his secretary by now, following a mixup that led him to reveal the government’s plan to reduce the African American community via AIDS to that same community.

“Clearly, Mr. Neagle thought he was addressing someone else,” says Tumman-Chavez Center director Malick Freeman. “Someone else who was also holding a conference on National Black HIV/AIDS Day. But with, well, a different focus. I guess Ralph Ellison was right about blacks being invisible — otherwise, Neagle no doubt would have realized his mistake sooner.”

As it was, says Freeman, Neagle entered the conference center, took out his notes, and began addressing the crowd of nearly 350 African-American San Diegans. “Initially, of course, AIDS was created to thin the ranks of the gay community,” Neagle began. “And in the years under Reagan, our efforts succeeded admirably. But over time, the gays regrouped and formulated a coordinated response effort. It is even arguable that our operation backfired, producing a gay community that is more politically united and energized than it was before the program began.”

However, continued Neagle, “The introduction of AIDS into American public life has had some unforeseen and happy side effects. Most notably, the further reduction of the black community. Today, blacks represent 14% of the U.S. population but 44% of all new cases of HIV infection. And while some members of the team favor a hands-off policy, the decision has been made to take a more pro-active approach to spreading the disease — aiding AIDS, if you will. The following methods…”

At this point, recalls Freeman with a smile, Neagle raised his eyes from his presentation, assessed the crowd he was addressing, cleared his throat, and quietly dashed from the room.

When reached for comment, CIA spokesman Sam Iam pointed out that the organization has no involvement with domestic policy and that no one named Bernard Neagle has ever worked for the agency.

Gay District: Hillcrest Group Proposes Huge Flag, Rainbow Arm Patches, Rainbow Gates for Neighborhood

Measure to Clarify Neighborhood’s Brand Receives Support from Across Political Spectrum

“It’s a mark of distinction. We want people to know who we are.”

WONDERING WHY THERE ARE SO MANY SONGS ABOUT RAINBOWS, CORNER OF NORMAL AND UNIVERSITY — “In the past,” says Billy Nickels, “what the rainbow flag has represented hasn’t been accepted. We’re saying it’s important to recognize it and its message in as strong a way as possible. It’s about saying a message that the gay community takes pride in itself. That we belong here. We want people to be able to identify who we are and where we live.”

That’s why Nickels and the rest of the Gays Have Equality Through Territory Organization (GHETO) have proposed a three-point identification program for Hillcrest’s proud residents. First, a huge flag that would fly high over the neighborhood, alerting travelers to the presence of gays from as far as three miles away. “The flag would admittedly be too large to be appreciated from within the neighborhood itself,” says Nickels. “But that’s not really the point.”

Second, a rainbow arm patch that could be sewn onto a jacket and worn whenever Hillcrest residents traveled outside the neighborhood. (“Because it’s a rainbow, it goes with everything,” jokes Nickels.)

And third, rainbow-shaped gates over all streets running into Hillcrest, “to let people know they’ve crossed over into the Tolerance Zone — a place where everyone is free to discover their true worth.”

The measure will be considered by the Planning Commission sometime this spring.
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I remember twenty-four. I remember young. I feel my husband’s mouth over mine, the kissing penetrating the light, the day, the night, the lonely so lonely childhood we walked through to find one another. I remember hours of alone together, and we were drunk and slow and in love. These are our roots. The hours, days, months, even years before we had to pay dues.

Lately, I have moments where I miss that thing we were so impotently, so swiftly and so painfully that it arrives in a physical, chemical blow: in the second brain, they call it, in our guts, where our immune system and our hormones churn. Complications, the doctors say; we were almost there, but there were complications. Baby complications. Hospitalization. Money.

I want the mean slow freeze of January to release my husband. January is hard for me. Which makes it hard for me. I watch his angry, frustrated face, tired of being exhausted and struggling against himself. Sometimes, I want to throw something at him, at his arm, and struggling against himself. Sometimes, I am most afraid of the specter of divorce: when I am so in love and so enthralled that I cannot imagine life on this planet without him.

In our worst moments, like the twenty-four I remember twenty-four, when it’s not, I want our problems to be acceptable, things you can joke about over lunch at work: Ha ha he’s such an ass, he wouldn’t watch the baby while I worked out, not sometimes we get mentally fucked up and one of us can barely do family life and goes through the motions while the other one tries to wait it out.

I lean forward into silence. I wait quietly for him to come back to me. I work my resentments like tight muscles. I try to be better.

Suddenly, I am simply a wife longing for her husband, instead of one bent on destruction. It’s just so hard sometimes. Because it’s not just about him and his demons — of course not. It’s me. It’s my own. And when he is so often: lit from within with his quiet way of loving, eyes connecting, shoulders straight and strong from manual labor. And I am suddenly gripped with a ferocious loyalty, and a panic that I could ever, even in my unasked for thoughts, consider hating or leaving this man who is only fighting his own demons along side me, a thing I agreed to do when we took hands on the beach in La Jolla nine years ago.

I have no illusions of perfection or forever. I know we could lose our marriage. In our best moments, I am most afraid of the specter of divorce: when I am so in love and so enthralled that I cannot imagine life on this planet without him. In our worst moments, like the twenty-four I remember twenty-four, sometimes we get mentally fucked up and one of us can barely do family life and goes through the motions while the other one tries to wait it out.

I am confused. Why does one hard month feel completely unacceptable and undoable? Then I am ashamed. Why can’t I wait just a fucking MINUTE? Why do I have to be so demanding, so greedy with happiness? But pain and struggle and distance make me feel like a failure. Like our marriage is a failure.

My husband sweeps the kitchen floor with a face so exhausted and shoulders so bent he could be Robert Parker’s protagonist: world-weary and eagle-eyed and fighting demons inside. He reaches out and touches our daughter’s head as she toddles by, and I suddenly see him as he is so often: lit from within with his quiet way of loving, eyes connecting, shoulders straight and strong from manual labor. And I am suddenly gripped with a ferocious loyalty, and a panic that I could ever, even in my unasked for thoughts, consider hating or leaving this man who is only fighting his own demons along side me, a thing I agreed to do when we took hands on the beach in La Jolla nine years ago.

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We Speak of Jeremy Lin

Jeremy Lin story, one not often told. We’ll begin in the back alley of professional writing, a place where imagination, texture, and subtlety are shunned, a place where citizenship is restricted to those who hate the English language. I speak of travel writing, tech writing, self-help writing, and business writing.

Which brings to mind Ashkan Karbasfrooshan (real name), CEO of WatchMojo...”one of the leading producers and providers of professional video content to portals, web publishers, online magazines, blogs, social networks, and video portals. The company boasts a library of nearly 7500 videos on pop culture and infotainment.... Karbasfrooshan is the author of Course to Success: Everything You Need to Succeed Beyond School and The Confessions of Alexander the Great: 33 Lessons in Greatness.”

Follows is the genius of Ashkan Karbasfrooshan. First, he takes an article written by Forbes contributor Eric Jackson, who penned the epic, 10 Lessons Jeremy Lin Can Teach Us Before We Go to Work Monday Morning. That think piece was published on Day 7 of the Jeremy Lin era. Karbasfrooshan feeds on the carcass of Eric Jackson’s seminal work with the wit and wisdom that springs forth from sentences like this one, a sentence akin to the experience of eating cardboard.

Now then, in the Eric Jackson article, the second lesson was, Seize the opportunity when it comes up. This alone is worth the price of the magazine. But, is that sentence perfection? We can go back and forth and never agree upon a definitive answer. It took another Karbasfrooshan inspiration, one that gracefully enhanced and expanded on what seemed, at first glance, to be a perfect sentence, to settle the question. Karbasfrooshan put the snap and crackle in the pop and bang, “Lin pounced on his opportunity like a cold-blooded and calculated assassin.”

Genius.

Here’s another example of what a certain somebody can do with dead sentences. Build on a Strong Foundation. Again, it takes Karbasfrooshan to show the way forward. “He [Lin] was the editor of his school paper. As a high school senior, he captained Palo Alto High School to a 32–1 record, winning the state title.”

YOU DON’T NEED TO KNOW MORE!
How about, All Overnight Successes Are Years in the Making. Never seen it put that way before, have you? Karbasfrooshan expands and enhances, “In fact, while it’s debatable whether leaders are made or born, they don’t appear overnight, so don’t get disappointed if you don’t have a breakthrough moment.”

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Live long and prosper, Ashkan Karbasfrooshan.
Helix Tops Grossmont to Retain Grossmont Hills Crown

El Cajon — In a winner-take-all showdown between Helix and Grossmont for the Grossmont Hills League championship on Friday night, the Highlanders defended their title. Helix broke free from a defensive struggle late in the third quarter and went on to beat Grossmont 54-43, capturing the league crown on the Foothillers’ court.

Defense dominated the league title clash early, and Helix (17-9, 8-2) led 19-14 at halftime. Both teams looked to pound the ball inside from the start, and the first two quarters were played at a slow, methodical pace.

“The game plan was to take our time and play our game — get offensive rebounds, play defense, and just take over the game,” Helix’s Titus Young said.

In the fourth quarter, Grossmont used a full-court press, but Helix was able to absorb the run and put the game away from the free-throw line, and in the final minute junior Romario Wilson punctuated the Highlanders’ victory with a two-handed slam dunk.

Sweetwater Upsets No. 6 San Ysidro to Split South Bay Title

San Ysidro — Sweetwater saved its best performance of the year for its regular-season finale. Thursday night, the Red Devils knocked off sixth-ranked San Ysidro in a 91-86 shootout that earned a split for the South Bay League title with the defending champion Cougars.

“We haven’t won the banner in 21 years — this means the world to us,” said Sweetwater senior guard Johnny Gonzalez.

Despite facing a 16-point deficit at the start of the fourth quarter, San Ysidro quickly got back into the game. The Cougars scored the first 11 points of the quarter as part of a 16-2 run and, with 4:20 remaining, pulled to within two of Sweetwater on a three-pointer by senior guard Ronald Stewart.

San Ysidro’s rally set up a back-and-forth final stretch that saw a total of 27 points in the final four minutes. The Cougars appeared on the verge of completing the comeback when Gonzalez hit a deflating three from the corner that gave Sweetwater an 82-75 lead with 3:09 left.

With 18 seconds left San Ysidro senior guard Javion Watson hit a long-range jumper to make it a three-point game, but that was as close as the Cougars would get.

No. 2 Lincoln Downs Mission Bay to Clinch Western Title

Lincoln Park — For the third straight season, the Western League belongs to Lincoln. The second-ranked Hornets rolled to a 71-54 win over visiting Mission Bay on Thursday night to capture the crown outright.

“We play in one of the toughest leagues in San Diego, but we pulled it out and played together as a team,” said Lincoln junior guard Tyree Robinson. “We wanted it bad.

“After that loss to Cathedral,” Robinson said, “we got motivated and decided we weren’t taking any more losses. The only loss I’ve taken in San Diego since I’ve been in high school was against Cathedral, and I refuse to lose any more games this year.”
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San Diego Reader
February 23, 2012

review session to clarify what you’ve learned and answer any questions. Then we spend a weekend doing pool work — Saturday and Sunday, 8 a.m. to 2 p.m. You learn to assemble the gear and how to dive safely.

Finally, over Saturday and Sunday of the following weekend, we do four ocean dives. Typically we go to La Jolla, but sometimes we do boat trips to dive at Catalina or in the Point Loma kelp forest.”

Then you’re PADI certified (similar to NAUI). “PADI stands for Professional Association of Diving Instructors. We’re a PADI five-star instructor development center, which means that we train everyone from beginners to people who want to become instructors.”

The course costs $420 and includes “the online course, the scuba equipment, and the wetsuit. But you’ll need to purchase your own personal equipment — things such as a face mask, snorkel, and fins. That can run $200 or more. We’re running a special this month: $150 off the price of the training course if you purchase your basic gear from us.”

At the Dive Shack in El Cajon (619-447-7400, gotodiveshack.com), owner Rick Tuttle told me that he charges $275 for a beginning open-water course. “I think we’re the lowest price in San Diego. That price includes the book you use for the coursework, the use of scuba gear, the one-time fee for the PADI certification, and the two-week course — including the ocean dives. You need to buy your own equipment, which can run $275 to $400. For example, there are facemasks that cost $42 and facemasks that cost $150. If you buy your equipment from us, we’ll take 10 percent off the class.”

Coursework begins at home with the textbook, said Tuttle. “You read it and then come in for the classroom session. There you learn about the gear — things such as your buoyancy compensator. That’s like a life-jacket for divers. You want to be neutrally buoyant when you’re underwater. That’s tricky, because saltwater is really dense — you need weights to keep from floating to the surface. But you also don’t want to crash into the bottom or smash a reef. The buoyancy compensator allows you to take on air, so you stay suspended in the water.”

The classroom work covers 12 chapters of material, and there’s a 100-question test at the end. After the classroom, it’s into the water.

“For water work,” said Simpson, “I like to train in the bay. I used to train people in the pool, but I found that people would freak out when it came time to do their check-out dives in the ocean, because the ocean water isn’t clear and warm. Plus, they would have this big, heavy wetsuit on [for the first time].”

Now I’ve found a good spot with about 20 feet of visibility, and I issue a full set of gear from day one. When you’re done with that, we go to La Jolla Cove and do four scuba dives and one snorkel dive.”

Gear includes “wetsuits, booties, gloves, hoods, facemasks, snorkels, regulators, tanks, and weights. Total cost is $400, and after you’re done you have NAUI [National Association for Underwater Instructors] certification. Or, for $150, we offer a four-hour scuba adventure, which is pretty much a crash course and a 45-minute dive with me.”

Rick Nare, owner of Rick’s Diving Locker in Escondido (760-746-8980; ricksdivinglocker.com) sends his students online for their coursework. “It takes from 8 to 12 hours. Then you come to us, and we have a review session to clarify what you’ve learned and answer any questions. Then we spend a weekend doing pool work — Saturday and Sunday, 8 a.m. to 2 p.m. You learn to assemble the gear and how to dive safely.

Finally, over Saturday and Sunday of the following weekend, we do four ocean dives. Typically we go to La Jolla, but sometimes we do boat trips to dive at Catalina or in the Point Loma kelp forest.” Then you’re PADI certified (similar to NAUI). “PADI stands for Professional Association of Diving Instructors. We’re a PADI five-star instructor development center, which means that we train everyone from beginners to people who want to become instructors.”

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Coursework begins at home with the textbook, said Tuttle. “You read it and then come in for the classroom session. There you learn about the equipment, how to stay warm, the different types of wetsuits. We do two two-and-a-half-hour sessions in the pool — we use local high schools — and then four dives at La Jolla Shores.”
**San Diego Reader**

February 23, 2012

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**NORTH PARK FARMERS’ MARKET**

Every Thursday, rain or shine
3pm to 7pm
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- California raised grass-fed beef, free range chicken and natural pork.
- **Suncoast Farms**
- **Moncai Vegan**
  - at Pacific Beach and North Park markets weekly
  - Valid through March 1, 2012 only.
  - One coupon per customer per booth.
  - **$2 off any 1 lb. purchase of our flavored almonds**
  - at Little Italy, North Park and Pacific Beach Weekly
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  - One coupon per customer per booth.
- **Gilbert Quintos Farms**
  - Buy 4 Avocados for $5.00
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- **Seb’s Paninis**
  - **$1 off any 2 Paninis**
  - at Little Italy
  - Valid through March 1, 2012 only.
  - One coupon per customer per booth.
- **Terra Bella Ranch**
  - **Save $1!**
  - **3 Vegetarian Samosas $5**
  - at Little Italy, North Park and Pacific Beach Weekly
  - Valid through March 1, 2012 only.
  - One coupon per customer per booth.
- **Baba Foods**
- **Save $5 when you buy any 3 items at $5 each**
  - at Little Italy, North Park and Pacific Beach Weekly
  - Valid through March 1, 2012 only.
  - One coupon per customer per booth.
- **Free Start Foods**
  - **$1 off any 2 items**
  - at Little Italy and North Park weekly
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- **Organic and Sustainable Produce**
  - “From our Family to Yours”
  - Try our fresh picked Sweet Valencia Oranges
  - Near the Corner of State & Date
  - **$1 OFF any 2 Paninis**
  - at Little Italy
  - Valid through March 1, 2012 only.
  - One coupon per customer per booth.
- **Winter Squash $2 per pound**
  - Valid through March 1, 2012 only.
  - One coupon per customer per booth.
- **Polito Farms market bag with $10 purchase**
  - **Free Polito Farms market bag with $10 purchase**
  - **Valid through March 1, 2012 only.**
  - **One coupon per customer per booth.**
- **Polito Family Farms**
- **Take advantage of all these amazing deals at Little Italy, North Park and Pacific Beach Tuesday Farmers’ Markets this week!**
- Visit the North Park Farmers Market Thursdays 3 pm to 7 pm
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**ARTSFEST**

San Diego Reader February 23, 2012
It was March 2009 when the British-born siblings Gillian Ison and John Graham Watson met at Zermatt, a resort in the shadow of Switzerland’s Matterhorn. There, with family members, they indulged a passion for skiing: Watson, an alpine expert, loved running the fall line, the steepest and fastest route down the slope. A traveler, an adventurer, the 64-year-old relished high-performance sports as much as he did his career with pharmaceutical and biotech firms. Balancing business and play had made his life storybook-successful. The self-made Watson had just retired, a multimillionaire.

The odd thing his sister Gillian Ison recalled about the trip to Zermatt was her brother’s “friend.” The man, a financial planner named Kent Thomas Keigwin, showed up with his daughter Parisa, surprising John. It was true the two had met in San Diego. And, according to Keigwin, Watson had invited him skiing. No, he hadn’t, Watson told his sister. Keigwin had invited himself. “He was,” she remembered, “nothing like he made himself out to be.”

Ison found Keigwin offensive right away. On the aerial tram and in front of his daughter, he told dirty jokes. He bragged about a “serious girlfriend” he had in America for whom he’d bought “a boob job and a facelift.” On skis, the barrel-chested man, clearly out of shape, was awkward at best, staying far

“It if you were going to settle a difference with a friend,” a juror said, “you don’t bring a Taser with you.”
At his sentencing in January, Keigwin said
“I am sad for the death of John Watson.”

behind the group. Ison and Watson were aghast watching Keigwin fall. She said he “embarrassed” her brother. That evening, the siblings met him and Parisa for a quick drink. Otherwise, they spent no more time with him, and Keigwin and daughter soon flew home.

Who, Ison asked her brother, was this faker?

Watson said Keigwin came to Zermatt to show his daughter that he had rich friends who spent their vacations in luxury. (Keigwin roomed in a cheap pensione, far from the resort.) Without doubt, Watson was wealthy, although few of his friends knew just how wealthy. The Brit’s road to millions began when the Cambridge-educated economist and marketer came to America to work in the pharmaceutical industry. His executive career, always vertically progressive, had taken him to Johnson & Johnson and Wyeth Laboratories, and then, specializing in biotech, to Vestar, Bio-tech Consulting, CarboMed, and, finally, Ionian Technologies in San Diego, where he was president and chief executive. In his professional life, Watson helped launch products for people with HIV, inflammatory diseases, and spinal cord injuries, among other ailments. When he retired from Ionian in 2008, he joined Tech Coast Angels, a nonprofit organization of wealthy people who invest in worthy start-ups. Watson was quickly elected to the board.

An associate of Watson’s, Charlie Grebenstein, said of him, “John was rollicking good company. Quick wit, cultured, broadly read, passionately devoted to his adopted country. He valued being an Ameri-
can because America provided opportunity. He loved California for that reason, plus the freedom to innovate and the endless opportunities to play.  

Arriving in San Diego in late 2007, Watson met Anna Sorriso and joined her in the Action Ski Club. He, Sorriso, and others enjoyed hikes, beach walks, dances, and skiing. “He liked active people,” a friend recalled. At La Jolla Shores, Watson rented an apartment in a boxy building at 8111 Camino del Oro. The two-bedroom pad suited his lifestyle: travel and working out — swimming, tennis, inline skating, wind surfing, running — “two hours or more every day,” said another friend. Watson liked sailing, too, which was how he met Keigwin.  

Keigwin. Rarely opening up, Watson was guarded about his wealth. But he did have a penchant for discussing stocks. Keigwin did as well. Born in 1950, he was a certified public accountant. His brother Jim said that during the 1970s, Keigwin was hired by the Shah of Iran to establish an accounting system for the government. When that ended with the Iranian revolution, he returned to America with an Iranian Jew whom he married and with whom he had a daughter. A financial advisor, Keigwin counseled clients first at UBS, then at Morgan Stanley in La Jolla. But, his sales performance fell off at Morgan Stanley, and he was let go. In April 2010 he hired on with Wedbush Securities, working on commission. Keigwin sold annuities as well as life, accident, and health insurance on behalf of New York Life and other companies. At Wedbush, Keigwin fattened his contact list, dozens of well-heeled individuals like Watson whom Keigwin targeted as potential clients.  

Watson and Keigwin, Sorriso said, sailed once or twice but developed no friendship. At best, Keigwin was in a group which received “jokey” emails from Watson. One day in 2008 she noticed Keigwin’s name had been dropped from the CC line. Watson told her that he’d become “disenamored” of him. He was angry that Keigwin had lied to him about an investment property for sale. He also told her that Keigwin was in “dire financial straits.” Watson said he no longer wished to “associate with that turd ball.”  

Still, wishing the opportunist away doesn’t get rid of him. In November 2009, a woman with Citibank phoned Watson about his new credit card application. Watson said he hadn’t applied for a card. But, she asked, hadn’t he just opened an account using his Social Security and phone numbers? Absolutely not, Watson said. He realized he’d been hacked and notified police. Two months later, a manager from E*Trade called Watson to welcome him as a new client. Same as before —  

### Deputy district attorney Sharla Evert (left) teared up at one point during her description of Watson’s murder.
In May 2010, Watson notified police again. Citibank knew. Neither E*Trade nor Citibank had applied. Who had? Neither E*Trade nor Citibank knew. Watson was livid. It wasn’t he who used Watson’s Social Security and phone numbers. Watson was notified police again.

“Perfectly Posed”
In May 2010, Watson and Dr. Barry Kassar, a fellow board member at Tech Coast Angels, put the final touches on their “Quick Pitch” event for June 8 at 6:00 p.m. At these confabs, start-up executives made presentations, hoping to lure new money. Up first on June 8, a Tuesday, was a 3:30 Angels board meeting.

Watson, always hands-on and on time, didn’t show. When he failed to arrive for happy hour at 5:00, Kassar “got suspicious.” He phoned him twice and left messages.

No one had spoken to or heard from Watson since the previous week. The lifelong bachelor, whose immediate family lived in England, traveled often. He lived alone, seldom if ever had people over. He liked his privacy, had no cell phone, kept an untidy apartment, and spent time studying his portfolio on his living room table.

Kassar knew Watson could handle any emergency. He was the picture of health, no heart problems, just a bum knee and some bruises from skiing. He was like a senior fitness model in the swim ads.

Dr. Barry Kassar (left) found Watson after he had been dead for at least a day.
for Modern Maturity. He told his sister that he was once robbed at knifepoint in Spain and without a weapon had subdued two assailants, though he was bloodied in the process.

After 6:00, Kassar decided to investigate Watson’s absence. At 8111 Camino del Oro, he, a security guard, and an emergency medical technician rode the elevator to Watson’s third-floor apartment, K.

Knocking loudly, then unlocking deadbolt and doorknob, the guard, the medical tech, and Kassar entered. Kassar saw a “disheveled” apartment that looked as though it had been burglarized. A dresser’s drawers had been left pulled out, and a book, *Time Management for Dummies*, lay on the floor. One of Watson’s financial statements was set out on the living room table. It caught Kassar’s eye. It was from Watson’s Deutsche Bank account and showed a balance in the millions. Kassar recalled, seemed “perfectly posed.”

The medical tech checked for a pulse, but there was none. The lividity of the body was pronounced; Watson had been dead at least a day. Soon, San Diego police arrived and found only the phone number of Beth Martinez, Watson’s emergency contact. She and her husband and parents often spent ski holidays with him. The Martinezes were devastated by the news.

The following morning Beth arrived at the apartment and was told that Watson’s wallet was missing. His 14-year-old Saab was still parked in the parking lot, and eight ripe pineapples, Watson’s favorite fruit, were in the fridge. No one could locate his computer, where phone numbers for his family in England

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**There, on the floor, beside the red-sheeted bed, lay John Watson, his body speckled with scrapes and scratches, bite marks and bruises. Clad only in low-rise black underwear, he was on his back, arms rigid at his side.**
were stored. It was obvious, she told the detectives: there had to have been foul play.

Kassar, who also came by on Wednesday, felt the same. Thinking that Watson’s death reeked of financial theft, he called William Conn, Watson’s financial advisor with Deutsche Bank in San Francisco. He conveyed the sad tidings and then told Conn to check Watson’s account. The account showed no withdrawals.

But when Conn looked the next day, there was a request from Keigwin used the identity of a longtime client to purchase a Taser C2 on the internet.
Scottrade, via its office in La Jolla, to transfer a very large sum to a new Scottrade account — in John Watson’s name. This can’t be, Conn thought. He had met his client at the Marine Room in mid-May to strategize about investments. He said that Watson had told him then that he was concerned about fraud. Someone had been using his personal information to open bogus accounts.

On Thursday, when Conn checked Watson’s account, he saw that a transfer of funds to Scottrade had gone through — of Watson’s $11.77 million, $8.9 million had been taken. As if from the grave, Watson had transferred that money to himself.

A Millionaire Opportunity
Kent Keigwin’s plan to get at John Watson’s money began in early 2009. He opened a Yahoo email account in Watson’s name. The applications at Citibank and E*Trade for new accounts, about which Watson had alerted police, also fit Keigwin’s M.O. As one detective who investigated Watson’s death said, Keigwin’s profession gave him “a great deal

On Thursday, when Conn checked Watson’s account, he saw that a transfer of funds to Scottrade had gone through — of Watson’s $11.77 million, $8.9 million had been taken.
Clinical Research Opportunity for Depression

**DEPRESSED?**
Sad? Down?

*Take action today.*

You may qualify for a local research study for people aged 18 years or older with depression.

Some people may receive an approved medication, while others may receive an inactive placebo.

Compensation for your time and travel is available.

*Health insurance is not required*

**Are you a Female with Trouble Getting Aroused or with Low Sexual Desire?**

If so, you may be eligible for a clinical research study using an investigational medication for women with female sexual arousal disorder and/or hypoactive sexual desire disorder. This study has 12 clinic visits and lasts approximately 6 months. If you are a female at least 21 years of age you may qualify.

**QUALIFIED PARTICIPANTS MAY RECEIVE:**

- Study related health assessments
- Laboratory evaluations, and
- Compensation for your time and travel expense

**Opioid Pain Medication and suffer from Constipation?**

If you take a prescription Opioid Pain Medication and suffer from Constipation:

- 18 – 84 years of age
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The study will last 18 weeks and will require nine visits so that the study doctors and nurses can perform tests and monitor your health.

**Do you have ADHD?**

**Distracted?**

You may have Attention Deficit Hyperactivity Disorder or ADHD.

We are seeking participants ages **6 to 65** (non-smoker) to participate in a clinical research study of an investigational medication for ADHD.

If you qualify you will receive study related care & study medication at no cost.

*Insurance not needed*

**Are you or a child/teen you know Suffering from Depression?**

- Are between 7 and 17 years of age

You may be eligible to participate in a clinical research trial for an investigational new medication.

Compensation and transportation may be available for those who qualify.

**Are you a Female with Trouble Getting Aroused or with Low Sexual Desire?**

If so, you may be eligible for a clinical research study using an investigational medication for women with female sexual arousal disorder and/or hypoactive sexual desire disorder. This study has 12 clinic visits and lasts approximately 6 months. If you are a female at least 21 years of age you may qualify.

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Compensation and transportation may be available for those who qualify.

**Clinical Research Opportunity for Depression**

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Have High Blood Pressure?

High blood pressure, or hypertension, is a leading cause of serious health issues.

eStudySite is conducting a research study of an investigational medication for patients diagnosed with high blood pressure.

You may qualify for this study if you:
Are 18 years or older • Have been diagnosed with hypertension

If you qualify, you will receive study related care and study medication at no cost. Reimbursement for time and travel may be provided.

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Have Chronic Hepatitis C?

Today begins a better tomorrow

Most people infected with the hepatitis C virus have no symptoms which is why 2 out of 3 aren’t even aware they have it. Unfortunately, just because you’re not experiencing symptoms doesn’t mean the disease isn’t progressing.

Physicians in your area are currently conducting a clinical research study for African Americans with chronic hepatitis C.

To qualify, you must:
• Have been diagnosed with hepatitis C
• Have never received treatment for hepatitis C

Qualified participants will receive study-related care, including physical exams, lab services and study medication at no cost. Insurance is not required and compensation for time and travel may also be available.

To learn more, please contact:
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of knowledge about how money moves in our financial system.”

Some of Keigwin’s internet searches in the spring of 2010 showed a design: “Taser Gun Superstore”; “Scottrade”; “GPS tracker”; “Millionaire Opportunities,” a website with advice for attaining the “mentality” of the rich; and an online store for purchasing “fantasy swords, bowie knives,” and a “lock-picking kit.”

In April, Keigwin used the name, birth date, and address of a longtime client, Lance Keith, who lived in China, to buy a stun gun online from Taser International. To get the civilian model, the C2, the buyer had to pass a background check. For that, Keigwin used Keith’s personal information. Keith’s record was clean, so the Taser was shipped to Keigwin.

To pay, Keigwin used his own credit card.

On Sunday, June 6, two days before his body was found, Watson left his home around 3:00 p.m. for the Walmart at Clairemont Mesa Boulevard and I-805.

What Watson didn’t know was that Keigwin had installed a tracking device on the Saab and was following Watson’s movements. While Watson ran his errand,
MIGRAINE HEADACHES COMING TOO OFTEN?

Are you having migraine headaches several times per month, interfering with all aspects of your daily life? A 4-month medical research study is underway to evaluate an oral investigational medication for men and women experiencing frequent migraine headaches.

To possibly qualify for this study you must be:
• Men and women, 18-64 years of age.
• History of frequent migraine headaches, with or without aura, for more than 1 year.

Participants may receive study-related:
• Exam and consultation with a board-certified physician.
• Labs, EKG, study-related medication at no cost.
• Compensation to $360 for time and travel.

COMPENSATION AND TRANSPORTATION MAY BE AVAILABLE FOR THOSE WHO QUALIFY.

After A Meal ....

...Got To Run To The Restroom? 

.... Diarrhea, Bloating and Pain?

A 10-Week Clinical Research Study is underway to evaluate an investigational, oral medication for diarrhea-predominant Irritable Bowel Syndrome (IBS).

If you suffer from the symptoms of IBS - diarrhea, bloating and abdominal pain and cramps you may want to consider this research study.

To possibly qualify for the study:
1) Men or Women, 18-70 years of age
2) History of diarrhea, bloating, and abdominal pain for at least 6 months
3) Colonoscopy in the last 5 years or willing to undergo one at study expense, if required

Participants may receive all study-related:
1) Consultation and Exam By Board-Certified Physician
2) Labs, EKG, Colonoscopy (if necessary) and study medication at no cost
3) Compensation up to $325

INTERESTED

CONSTIPATION

... ARE YOU TIRED OF STRAINING?
... ARE YOU JUST NOT GOING?

A 12-week Medical Research study is underway to evaluate an oral investigational medication for chronic constipation. If you have infrequent bowel movements, straining, and inadequate sense of feeling empty when you do have a bowel movement, you may be suffering from chronic constipation and you may want to consider this study.

To possibly qualify for this study:
1) Male or female, 18-75 years of age
2) History of infrequent bowel movements, straining, and hard stool
3) Not taking medications which may cause constipation

Participants may receive all study-related:
1) Exam and consultation with a board-certified physician
2) Labs, EKG, Colonoscopy (if necessary) and study medication at no cost
3) Compensation to $450.00 for time and travel

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Do you have pain caused by Osteoarthritis of the knee?

Medical Center for Clinical Research is looking for people with Osteoarthritis of the knee to participate in a research study.

You may be able to participate if you:
• Are at least 35 years of age.
• Have a diagnosis of Osteoarthritis of the knee.
• Are able to return to our facilities for 4 visits.

Study participants will receive:
• Physical examination and lab testing.
• A study drug or placebo.
• Compensation for time & travel.

INTERESTED

THE MEDICAL CENTER FOR CLINICAL RESEARCH
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Compensation and Transportation may be available for those who qualify.
Keigwin waited in his car, the Taser in his backpack, three blocks from Watson’s La Jolla home. Keigwin received a ping every two minutes on his cell phone telling him the location of his prey — driving on 52 to Walmart, parking, driving home.

Keigwin most likely let himself into Watson’s apartment. Soon after Watson came in, Keigwin tased him in the back.

An electronic fire-arm, the Taser shoots twin probes attached to wires 15 feet long. Keigwin fired the probes — which deliver a 50,000-volt shock — from three feet away. They punctured and burned into Watson’s lower back. The sensation, said one criminal investigator whose training included being stunned, is “extremely painful: it’s like grabbing electricity on the end of a jackhammer.”

Keigwin’s C2 Taser was unlike a law enforcement Taser: the jolt from that Taser lasts 5 seconds. The civilian Taser’s jolt lasts 30 seconds. It’s built for a longer stun so whoever uses it, presumably in self-defense, can get away. When the C2 fires its probes, it also releases a confetti stream of some two dozen “afids,” antifelon identification “tags.” On these paper dots, in microprint, are the gun’s serial number, traceable to the owner. Keigwin picked up as many of these as he could. In addition, the Taser scatters, from its front-loaded cartridge, two “blast doors,” one of which Keigwin also retrieved.

With Watson tased, Keigwin began stran-
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gling him. At some point Watson came to and fought back. He bit Keigwin, once on the leg and once on each forearm. He scratched his face. He punched him in the chest and back, bruising him. And, with foresight or luck, Watson clawed at Keigwin’s skin, gathering a sliver of his assailant’s tissue, later matched with Keigwin’s DNA. To gain the upper hand again, Keigwin may have subdued Watson a second time, triggering another 30-second jolt through the still-attached probes in Watson’s back.

Killing Watson required incredible force. (One friend said Keigwin was “as strong as an ox.”) To strangle a person, one applies a chokehold, compressing the neck hard enough to stop the airflow in the trachea or the blood flow to the brain for three to four minutes. First, the person goes unconscious. Then, with the brain deprived of oxygen for those minutes, death is guaranteed. It is possible, if hands or forearm are used, that no mark remains.

Watson was murdered Sunday evening, June 6. At 7:42 Monday morning, Keigwin was online, opening an account at Scottrade in Watson’s name. To complete the process, “Watson” was asked to come into a branch office. An hour later, Keigwin entered the Scottrade branch at La Jolla Village Square, carrying Watson’s Deutsche Bank statement. He introduced himself to the manager, Craig Dock, as John Watson. Dock recalled that Keigwin wore a black ball cap and black pullover and his face was cut up badly — a gash across one cheek, a fresh scab on his forehead. Dock thanked him for coming in to verify the transfer. Keigwin signed several required
forms. (He didn’t bother to copy Watson’s penmanship. Keigwin’s 7’s and 2’s and 6’s and capital J’s were nothing like the victim’s.) Dock told him that the money transfer — an uncom-
monly large sum, $8.9 million — would take five days. No sooner? No sooner. With this, Dock recalled, “Watson” looked very nervous, then excused himself to get a cup of coffee. He apologized. He said he’d been traveling a lot.

An Autopsy That Almost Wasn’t
On Wednesday morning, when Beth Martinez arrived at her friend’s apartment, she learned that the previous night Chris Burton, an investi-
gator from the coroner’s office, had classified Watson’s wounds as “nonfatal” — his death was not suspicious. No autopsy would be per-
fied. Burton “waived jurisdiction” over the body, and it was on its way to the crematorium.

At 2:00 p.m. on Wednesday, after telling detectives she was sure there was foul play, Martinez called Burton and told him they had to find the cause of death: Watson was too healthy to just keel over and die. “I knew how much he worked out to stay in shape for skiing.” Burton listened, agreed, and called a deputy medical examiner, Dr. Othon Mena. Mena “invoked jurisdiction,” ordering Watson’s body to the morgue for an autopsy.

Mena removed Watson’s organs and observed no cause of death. He scoured the body for other signs, noting two round puncture wounds, perhaps burn marks, on Wat-
son’s back. When he cut and peeled back the skin of the neck, he saw extensive bruising to the muscles. He found that the horseshoe-shaped hyoid bone at the top of the throat was fractured. Because of its position, this bone is hard to break, requiring great pressure. That break and the trauma to the neck muscles told Mena all he needed to make a rul-
ing: Watson had been strangled.

What’s more, Mena biopsied the skin around the puncture wounds on Watson’s back and determined they were burn marks, originating from a stun gun. He certified Watson’s death a homicide — tased and subdued, throttled and killed.

Why Return to the Scene of the Crime?
Meanwhile, Keigwin had been continuing his Watson impersonation. Using Watson’s California driver’s license, he opened a mailbox in person at the Torrey Hills PostalAn-
nex, charging the $152 fee on Watson’s credit card. The man who pro-

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condition,” she thought.

all over his face, a skin

remembered “red dots

woman who served him

Social Security card. The

safe-deposit box to store

Last, Keigwin secured a

the PostalAnnex box.

8111 Camino del Oro to

U.S. Postal Service in

of-address form with the

filed an online change-

close.” Keigwin then

two faces were “pretty

and at Keigwin and

looked at the license

to see a photo I.D. He

cessed the request asked

delivered an envelope

paper about the death.

report on TV or in the

tearing up.

remembered Keigwin

Keigwin the news:

Watson had died after a

medical emergency. He

remembered Keigwin
tearing up.

Friday morning, at 6:00 a.m., Keigwin returned to Watson’s

apartment. He let himself in the building’s

took the
elevator to the third

floor, and walked

toward apartment K, the only residence in

that direction. Seren-
dipity; a detective who

was investigating the

crime scene and taking

a break in the hallway

saw Keigwin in his black

ball cap and black pull-

over. He asked, “Can I

help you?”

Keigwin had a brain

freeze. He said he was

there to see a Mr. Kent

Keigwin who lived on

this or another floor, he

wasn’t sure. The detec-
tive noticed Keigwin’s

face, its red splotches, its

scabs and scrapes. The

man was nervous, and

the detective asked again

why he was there. After

a half-hour of hemming

and hawing, Keigwin

confessed that he was

Watson’s computer,

they found finan-
cial statements from

Deutsche Bank and the

new Scottrade account

spread out on his living

room table.

She said Keigwin had
to choke Watson,

hands clamped around

his neck, for several

minutes to stop his

breathing.

Verdict and Sentencing

The eight-day trial, in November 2011, nearly

a year and a half after the

crime, was unyielding in

its prosecutorial force.

Deputy district attorney
Sharla Evert showcased

some 35 witnesses and

180 pieces of evidence,

arguing the charge of

first-degree murder with

the special circum-
stances of murder dur-
ing a robbery and mur-
der for financial gain. In

addition, Keigwin was

charged with five other

felonies: two counts of

identify theft, attempted

grand theft, burglary,

and forgery.

Pretrial, Keigwin

tried to escape his fate

by offering to plead

guilty to second-degree

murder and to the other

felonies. But Evert knew

the evidence in the case

was “overwhelming.” So

her office sought first-
degree murder but not

the death penalty. “Bon-
nie [Dumanis] didn’t

believe it fit the criteria,”

Evert told me; the defen-
dant’s age and his lack of

a criminal record were

in his favor. Besides, she

added, Watson’s friends

and family hoped to see

Keigwin tried, exposed,

and held accountable. A

plan she agreed with.

During her 90-min-
ute summation, Evert

said Keigwin acted like

a hunter: “He finds his

target, observes it, then

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unstable angina AND also have

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After the trial, Evert observed that families of those charged with murder often don’t believe that their loved one committed the crime. During this case, she said, Keigwin’s family “saw what he was capable of doing.” This may be why none of his kin came for the verdict. “John Watson died to his family,” Evert said, “and Kent Keigwin did to his family as well.” Not because they’ll never visit him [in prison], but because the person they knew doesn’t exist.” Such sentiments were expressed to the court prior to Judge Frederic Link’s sentencing of Keigwin in January. Keigwin’s brother Jim said the family was “dumbfounded and crushed.” “We don’t ask for mercy” for Kent “because he gave no mercy” to Watson. Beth Martinez kept the focus on her and her husband’s friend. “John didn’t live goes in for the kill.” At one point she teared up. She said Keigwin had to choke Watson, hands clamped around his neck, for several minutes to stop his breathing. She paused and asked the jury to consider, “How much time do you need before the person goes limp?”

Keigwin’s public defender, Stacy Gulley, suggested in his 29-minute closing argument that Keigwin had killed a friend “in the heat of passion” — admitting to the crime in hopes of planting doubt in the jurors’ minds about its premeditation. The two men were buddies, he claimed. Watson invited him in. They talked. They quarreled. A struggle ensued. “Yes, a man died. But nobody knows what happened in that apartment that night.”

And yet, during the trial, this was not the tack Gulley took. Instead, he insisted that the police may have “contaminated the evidence” in the lab (shades of O.J. Simpson). And argues that positional asphyxia — an accident in which Watson fell, lost consciousness and, lying in an awkward position, suffocated — might have been the cause.

One juror told me that Gulley’s theory of an argument gone bad between two so-called friends was risible: “If you were going to settle a difference with a friend,” he said, “you don’t bring a Taser with you.”

The jury bought none of Gulley’s suspicions and all of the prosecution’s facts.

Guilty on all counts. Murder in the first degree.
like a man who had millions of dollars. He drove a 14-year-old car and lived in a modest two-bedroom apartment. He had worked hard and sacrificed for over 40 years, building his nest egg to enable him to enjoy his later years in comfort. John lived a noble life characterized by his passion, conviction, impeccable ethics, and high standard of excellence.

Keigwin briefly addressed the judge, saying, “I am sad for the death of John Watson,” and he quoted a passage from the Bible about God showing compassion to everyone. One trial watcher noted that perhaps in jail Keigwin had had a religious conversion.

Evert stated to the court that the one thing family and friends wanted to hear from Keigwin was something he would not say: “I killed this man and I’m sorry.” (Evert told me later that Keigwin, on the advice of his attorney, would not admit to the murder because he didn’t want to jeopardize the likely appeal of his conviction. She said she understood: “the right to appeal a verdict is one of the only things that brings hope” to a convicted felon.)

In England, there were no doubt tears and relief when Watson’s sister Gillian Ison heard that Link had sentenced her brother’s killer to life in prison without parole. It may soothe her to know that Link underscored his decision on Keigwin’s fate with his knifelike line: “I have no mercy for you.”

Ison said after the verdicts were read that life in prison would make Keigwin suffer the most — some compensation for what her brother had endured. “In England it’s as though they stay in hotels.” But in America, she said defiantly, “He’ll rot.”

To honor Watson’s memory, his family has endowed the John G. Watson Foundation with $1 million to promote entrepreneurship, overseen by Tech Coast Angels, and the nonprofit Friends of La Jolla Shores is building a new comfort station at the beach where Watson loved to swim and surf. ■

— Thomas Larson
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Dourson’s bold moves to tackle and disarm a man who put a loaded handgun in his face during an attempted robbery made national news in February 2011. But Dourson said he is disappointed with a plea deal the prosecutor’s office made in November.

In the plea deal, Thomas Scott Ruth, 23, admitted to two counts of attempted robbery and that he had used a dangerous weapon. It was unclear if the weapon he admitted to having used was pepper spray or the loaded handgun.

Five other felonies were dismissed in the deal, including assault charges for spraying both the shop owner and his employee with tear gas in the course of the midnight scuffle. Court paperwork is unclear as to whether Ruth admitted to the special allegation of using a firearm during an attempted robbery.

Both Dourson and his employee Patrick Clemons said that a man wearing a knit mask pointed a gun at them and said, “Give me the money!” Dourson claims he said, “What money?” and then was peppersprayed. Dourson made his way to the cash register; he managed to dial 911 as he passed a wall phone. When the robber began to wave his gun around, Dourson decided to tackle him. Both Dourson and Clemons said they wrestled the would-be robber onto the tiled floor and took his pepper spray and handgun. BBs and pellets spilled out of the gun. Some ammunition rolled under the nearby pizza oven.

“He kept saying, ‘All right, all right, I’ll just leave,’” Dourson said. “But I said, ‘No, man, the cops are going to escort you out.’” Clemons was so...
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annoyed, he tried to pepper-spray the attacker with his own weapon, but Clemons couldn’t work out how to use the can, so he threw it away.

Dourson said he pulled the ski mask off the offender as soon as they had him on the floor, but he did not recognize Thomas Scott Ruth. “Thank God it was a 22-year-old spoiled brat from La Costa and not a real criminal,” Dourson later said.

The Would-Be Robber Confessed, Carlsbad Cop Said

Carlsbad police officer Shaun Lawton arrived on the scene to find Ruth restrained on the floor. “I immediately handcuffed him,” he said. The officer described the gun recovered as a CO2-powered pellet pistol in the style of a Beretta semi-automatic.

After he took the bloodied Ruth away from the pizza-shop workers, Officer Lawton asked Ruth if he’d planned the crime or if it was a spur-of-the-moment decision. At a preliminary hearing, the officer testified that Ruth told him it was a spur-of-the-moment thing.

Ruth was ordered to face all seven felonies at the end of his hearing in June.

He received a moving violation while out on bail in August. He gave an address in the 3000 block of Calle del Sur in Carlsbad — this is La Costa, an upscale part of San Diego County.

Dourson now complains that Ruth has received “rich man” justice. The restaurateur, who works the overnight shift in his pizza shop every night, can’t understand why the robbery case was not continued to a trial. Dourson wants the man who stuck a gun in his face and pepper-sprayed him convicted of all seven felonies he was charged with.

“The robber got a sweetheart deal,” Dourson said. “I don’t think that Thomas Scott Ruth thinks there are consequences for his actions. And this case is proving it.” Dourson claims the plea deal was intended to be completed on October 26 — as a gift for Thomas Scott Ruth’s birthday — but that because journalists got word of it, the deal was delayed.

About a month after Scott was first brought to court, the specific charge of attempted robbery against Mychal Dourson as the named victim was dropped, in an “amended” complaint filed March 30, 2011. This reduced the felony count to six. Inquiries were made, and Dourson says the district attorney’s office says it was a clerical error. This “error” was corrected June 30, when a “second amended complaint” was filed, and the missing felony was restored.

“I feel completely betrayed by the district attorney’s office. We didn’t even get a chance in the justice system. They stole my opportunity for justice.”

Dourson has had as many as ten phone conversations with persons in the prosecutor’s office. “I fought for months to stop this plea deal, but it was futile, against the wishes of the DA’s office.”

He was told that prosecutors “cannot force the defendant to go to trial,” and “there’s nothing I can do,” and “the decision came down from the branch chief.” (A person with the DA’s office said that Summer Stephan is the current chief of the DA’s North County branch.)

Clemons is also disappointed. “The plea deal saddens me but doesn’t surprise me much. What small faith I had in the fairness of the justice system waved its final goodbye... 'cause I guarantee [that] if Ruth was poor and a minority, justice would’ve already been dealt — with a much heavier hand."

“This whole situation stinks,” Clemons concluded. He and his boss have been friends for 17 years and have worked together making pizzas for ten. Both men were 36 years old at the time of the robbery.

It does appear that this case may have been passed around like a hot potato. In less than one year, several different deputy district attorneys have been assigned to the case, including Aimee McLeod, Christine Ryan, Brooke Tafreshi, and Brock Arstill.

At the sentencing hearing on February 2, 2012, judge Daniel Goldstein ordered Thomas Ruth to serve 365 days for each of the two felony attempted-robbery charges that he admitted; time is to be served consecutively and in county jail, not state prison. But then the judge suspended that sentence and granted the defendant three years of formal probation. Judge Goldstein ordered Ruth into a residential treatment program and to report to a probation officer within 72 hours of his release from custody.

— Eva Knott
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As any urban dweller knows, all traffic is local. But what’s inside its dark spew, and how it affects people nearby, is a mystery.

Two new air monitors coming to San Diego will help answer the question: Can living near a major road be dangerous to your health?

The monitors will keep track of nitrogen dioxide (NO₂), for which the Environmental Protection Agency recently tightened outdoor air-quality standards. Big cities like San Diego are part of “near roadway” monitoring, which may expand to include other emissions.

“Ahead of the law, we have to have ideas,” says Mahmood Hossain, chief of the San Diego Air Pollution Control District. The district must submit its plan by mid-2012, and Hossain has several sites in mind. The district now monitors NO₃ and other pollutants — but not by roads, where concentrations peak. Most health effects are seen within several hundred feet of what the EPA calls a “major” or “busy” road.

“In San Diego, such roads are hard to avoid.

“Coronado is otherwise Heaven on Earth,” John Sexton says. He moved from a house between two Navy commuter routes to one that “also gets quite a lot of traffic.” He lived 110 feet from the road; according to Caltrans, each day on State Route 282, the highway near his previous home, 33,800 vehicles go by — once on the way to work along 3rd Street, then home on 4th Street in the afternoon.

For about 30 days each year, three ships are in, and "that number more than dou-
bles” the traffic numbers, Sexton says. Most drive solo. “One only needs to stand next to 3rd or 4th Streets to see the very limited number of HOVs.” Ten years ago, Sexton and others began rallying the town on traffic mitigation and citing health studies.

Coronado, population 24,697, shares a traffic corridor with the largest combined military airport and aircraft-carrier berthing facility on the West Coast, according to a study commissioned by the city. The study called 3rd and 4th Streets “San Diego County’s most heavily traveled residential streets.”

“If the Navy had an entrance that only permitted HOV traffic,” Sexton says, it would be “a great incentive to carpool.”

Others have called for stop signs and lights, but these can actually increase emissions. When cars stop and go, the acceleration “changes the patterns of emissions exhaust and pollution-control devices, and levels can be much higher,” says Ed Avol, a professor at USC Keck School of Medicine. Avol, a graduate of UCSD, is part of the National Children’s Health Study, researching the effects of dirty air.

Sexton’s new “quieter” street once rattled with Navy trucks. A former resident, Ricardo Johnson, moved in 2007 to escape the traffic. Finally, the rigs were rerouted...onto congested 3rd Street.

Near the bridge, 70,800 vehicles go by daily from the toll plaza to C Avenue, according to Caltrans. Many then turn off 3rd Street onto Orange Avenue, reducing traffic headed to the base to 33,800. But by the bridge, the road roars; especially when three ships are in; over 140,000 vehicles may pass.

Hundreds of studies have found correlations between traffic emissions and diseases such as asthma, heart and lung ailments, cancer, and more. Recently, researchers at USC found a link between short-term exposure to traffic pollution and brain damage. The list “runs the gamut” of health outcomes, Avol says. He considers a daily volume of about 100,000 vehicles “very high” for a residential street. Health effects in children have been found at less than half that amount.

High-traffic roads are often defined as having more than 50,000 daily vehicles. Other variables count, too: how long the resident lives there; when they’re home; wind direction; distance from lanes; and more. Many pollutants “fall off almost exponentially with distance,” Avol adds. For really busy roads, a few thousand
February 23, 2012

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Fat chance continued from page 2

claim is backed by clinical studies that are not identified, according to the suit. Lipozene says it can peel off your fat "without making major lifestyle changes that can be potentially harmful to your system." Hmm. Sounds like clever wording to skate around the Federal Trade Commission’s ruling.

The suit says the Lipozene claim is backed by clinical studies, either. Promised refunds don’t come (a common complaint on the web), and Lipozene simply “doesn’t work,” says Vaughn.

Mark Vaughan has a website, youarenotafitperson.com, that examines just such assertions. He notes that Cialis and Levitra are two of the most popular drugs for erectile dysfunction. To Vaughan, the name Cyvita seems like a clever combination of the two.

In assessing Lipozene, Vaughan, too, pored over websites in which the marketers claim that clinical studies back up such assertions as 78 percent of each pound lost is pure body fat. But he can’t find those clinical studies, either. Promised refunds don’t come (a common complaint on the web), and Lipozene simply “doesn’t work,” says Vaughn.

Maggie Mahar, author of Healthbeatblog.com, titles her piece “Learning from Lipozene: The Anatomy of a Drug Scam.” While some say the major ingredient, glucomannan, can suppress appetite, none of the studies has involved Lipozene. It’s a case of “distorting research findings and over-selling effectiveness,” she says. And she points out that Lipozene is not only a TV advertising scam. It’s a multilevel marketing ruse, too — at least it was in 2008. Websites agree to host Lipozene ads and get a commission, as well as a payment for hosting the product’s website. It’s a marketing scam. It’s a multilevel marketing ruse, too — and at least it was in 2008. Websites agree to host Lipozene ads and get a commission, as well as a payment for hosting the product’s website.

Some companies practicing homeopathy fraud are as sneaky and slick as snake-oil salespeople,” says lawyersandsamientos.com, citing Lipozene and its supplier, Obesity Research Institute. The institute’s website boasts that Lipozene “is manufactured by a reputable organization known as the Obesity Research Institute.”

So what does Lipozene do about all the authors saying the product is a scam? It has a website of its own, lipozenescam.org.

The website concludes that Lipozene is not a scam — in fact, seems to be something of a miracle. “[Obesity Research Institute] does not disclose to consumers that the website is simply another advertisement by [Obesity Research Institute] for the products,” says Marron’s suit.

According to Maggie Mahar, the self-professed health beat reporter, Lipozene is not a scam — in fact, seems to be something of a miracle. “[Obesity Research Institute] does not disclose to consumers that the website is simply another advertisement by [Obesity Research Institute] for the products,” says Marron’s suit.

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Train wreck
continued from page 3

first noticed the wraps going up on the train cars, Tobias thought it was a good idea and wondered why they hadn't thought of it before. But then the following Monday, when he realized that the advertisements affected his view of the Pacific, he became irritated and sent a complaint to the North County Transit District.

“There are lots more important things I could be complaining about,” he says. “But I get sensitive about people interfering with the aesthetic of my daily experience.”

Alex Wiggins, communications director at North County Transit District, has three things to say in response to Tobias’s complaint.

One: “The obstruction is relatively minor. It’s the equivalent of looking out of a tinted window compared to a nontinted window.”

Two: “We operate 26 trains a day between Oceanside and San Diego. Each of those trains consists of about five cars. At maximum, as the program grows, we’ll probably have two wraps per train set, so that leaves ample opportunity for someone who doesn’t care for the view to move to a different car.”

Three: “It’s a fantastic revenue stream, so we’re looking forward to actually expanding the program.”

Another Carlsbad resident, Claire Toomay, reads a book in a seat by the west-facing windows in one of the cars covered with an advert for Wells Fargo. Toomay says the window coverings don’t affect her experience in a negative way. Not from inside the train, at least.

“In fact, it can be really bright to sit by these windows, so it is nice to have some shade,” she says. “But one thing I would say is that we’re so inundated with advertisements out in the world. More advertising isn’t always the best thing.”

But Tobias says the commercialization is not his beef at all.

“You have to pay for your public services,” he says. “I’d rather they let Scripps and Wells Fargo pay for them than take it out of my property taxes. Really honestly, I would. I’m more than happy to see them use the space for advertising.”

Just not on the windows.

Gary Krajci of Oceanside agrees with Toomay but for a different reason.

“[On the outside] it just doesn’t look uniform,” he says. “I’m a military type of guy. I like things to look fairly natural, if not fairly uniform.”

Krajci, who’s also annoyed by the animated billboards he’s seen popping up along the freeways, prefers the blue and white of the way the train cars are painted without the advertisements.

“This train that’s going along the ocean, the way it was painted before was perfect. It kind of blended in,” he says. “But if you start getting all sorts of wild signs and painting train cars, it looks like Barnum and Bailey going through town.”

According to Wiggins, in the 12 months of 2011, the Coaster carried 1,547,312 passengers, an increase from the 1.4 million of previous years. This increase in riders, Wiggins claims, is the result of a fare decrease. And though the exact cost of the adverts is proprietary information, he says, “We can collect up to several hundred thousand dollars for six months’ to a year’s worth of advertising for a single train. So it’s a lot of revenue.”

Krajci, like Tobias, understands that the presence of these advertisements on the Coaster has the financial upside of keeping his costs low. However, the garishness still bothers him.

“I’m not an arts-and-craftsy type of person, but it just doesn’t sit right with me,” Krajci says. “It doesn’t bother me to death, but if I could make it go away, I’d make it go away.”
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City Lights

NEWS TICKER
continued from page 3
San Diego County sheriff Bill Gore’s.

According to the report released yesterday (Thursday, February 16) by state auditor Elaine Howie, “statistics show that checkpoints more often result in citations for unlicensed motorists or for those with suspended or revoked driver’s licenses than for alcohol-related offenses.”

In addition, the auditors discovered that the checkpoints can prove to be lucrative for local government.

Based on the audit’s findings, of the five jurisdictions surveyed, San Diego charged the least to release a towed vehicle, $58.

Nine-hundred and forty-nine cars passed through the San Diego checkpoint on a Saturday night between 8 p.m. and 3 the next morning, the auditors found.

Of the 15 citations issued, none were for drunk driving, 8 were for unlicensed vehicles, 2 were for suspended or revoked driver’s licenses, and the remaining 5 were listed as miscellaneous. There were 7 tow, with total potential revenue of $406.

On the other hand, in Fresno, where just 348 cars passed through a Saturday checkpoint between 6 p.m. and 4 a.m., there were 33 citations.

Five were for drunk driving, 15 for unlicensed vehicles, 12 for suspended or revoked driver’s license, and 1 was classified as miscellaneous.

Total Fresno tow were 26, with potential revenue of $7534.

By Matt Potter
February 17

Greenhouse Gas Goals
Democrats Blast SANDAG Transit Plan
San Diego — The Environmental Caucus of the California Democratic Party yesterday released a resolution it reached unanimously at last weekend’s state convention condemning the San Diego Association of Governments’ (SANDAG) Regional Transit Plan.

The group blasts SANDAG for failing to consider state greenhouse gas reduction goals codified by Assembly Bill 32, signed into law by governor Arnold Schwarzenegger in 2006, and Senate Bill 375, a 2008 measure requiring regional transit plans to “adopt a sustainable communities strategy.” They specifically call attention to a plan to widen 27 miles of Interstate 5 from 8 lanes to 12, a proposal environmentalists say encourages driving and discourages use of public transit.

Democrats say that SANDAG has declared itself exempt from greenhouse gas reduction goals. This assertion is at least partially supported by Appendix B of the Regional Transit Plan, which states on page 15 that “certain highway and transit projects” are exempted, though none of the projects cited in the report are related to road or highway expansion.

By Dave Rice
Wednesday, February 15

Prop O on Hold
Oversight Committee’s Suggestions for Sweetwater Union
Chula Vista — Bernado Vasquez is the chair of Sweetwater Union High School District’s Proposition O Citizens’ Bond Oversight Committee. The all-volunteer committee with rotating membership has been attempting to keep track of the district’s 644 million proposition dollars and building projects since 2006. Seville Construction Group, Inc, the company that was the program manager for Proposition O, was suspended in January.

In a recent interview, Vasquez said he plans to call on the district to impose a 30- to 90-day moratorium on Prop O projects. He and the members of the bond committee who attended the last meeting believe that before the district moves forward it needs to have a full understanding of what bond monies remain.

Vasquez also wants the oversight committee to receive a more transparent accounting of the bond expenditures. Previously,
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Circling the Wagons
Stahl Calls Foul on Endorsement of Bilbray
North County — All is not quiet on the Republican front when it comes to the race over California’s newly drawn 52nd congressional district.

Republicans have voted to endorse 50th district incumbent Brian Bilbray as their candidate to challenge for the seat. The old 50th district encompasses a large portion of the new 52nd.

This doesn’t sit well, however, with Republican challenger John Stahl, who, in an email obtained by the Reader, accuses the party of “circling the wagons” around weak incumbents.

Stahl says he was not given adequate opportunity to address Republican voters, claiming that Bilbray failed to honor his request for a debate.

“Brian Bilbray is a wonderful fellow, but if a junior college dropout with no private sector or military service is considered to be the only candidate who can represent the 52nd district, the Republican party and the USA are in serious jeopardy,” says Stahl.

By Dave Rice
Monday, February 13

Become a Stringer. Earn up to $100 for your neighborhood news story, $25 for photo. See guidelines at SDRReader.com/news/neighborhood-news/

Find more local news at SDRReader.com/news/neighborhood-news/
LETTERS

continued from page 4

cerely and honestly love
you people who write letters
to the Reader. Please never
stop doing that, it would be
as disappointing for me as
the fake Matthew Alice is for
Daniel Kian Mc Kiernan. And
if anyone happens upon the
real Matthew Alice, let him
know that some rat-bastard
imposter has apparently
hijacked his awesome column.
I’m sure that Daniel would be
grateful.

By refricdgringo 1:42 p.m.,
Feb 15, 2012

Grandma and the elves have
formed a posse, and we’re
on it. Also sent in a request
to America’s Most Wanted.
We’ll keep you posted.

By Matthew_Alice 12:50 p.m., Feb 16, 2012

City Lights, by Russell Goltz
Published February 15
Going on vacation, you stop
the mail, put the lights on
timers, do a bunch of other
things to make your house
look occupied, and what do
see when you roll up to your
house? Piles of UT circulars
on your DRIVEWAY (which
make me hate them even
worse than on my porch)
announcing - "There’s no
one home so come break in!"
This dumping of official
litter from the UT has to stop.

DOUG MANCHESTER!

Published February 15
Wow, I’ve never heard
about this gentleman and
his remarkable sounding
microscope and “beam ray.”
What a fascinating San Diego
story! Rife seems to have been
our own left coast version
of Tesla, brilliant but ultimately
burned by those who held the
purse strings and, thus, the
real power.

Mr. Smith has long been
documenting long-lost tales
of old SD, but this is one of
his best entries.

By jayallen 7:48 p.m., Feb
15, 2012

DIARY OF
A DIVA

continued from page 6

women and children
onboard the ship. But his
wife wouldn’t get on the
lifeboat. She said, ‘We
have lived together for
many years. Where you
are, I go.’” David choked
up and turned his head
away from me.

“Hey,” I said. “Hey,
stop it. Now you’re going
to make me cry, too.” I
squeezed his hand, and
he squeezed back as
he turned around and
showed me his reddening
eyes. “You’re right, love,” I
said. “It is sad. And sweet.
And I get it.” Now we
were both wiping at our
cheeks. “How could she
go, I go.” David choked
away from me.

Published February 15

Barbara Alice Mc Kiernan

Find more stories by Barbarella at
SDReader.com/barbarella

Tired of Chronic Sinus Infections?

✔ Do you suffer from chronic sinus infections?
✔ Are medications not giving you lasting relief?

Right now, doctors at San Diego Sleep & Sinus
Clinic are taking part in the REMODEL Clinical
Study. The study is evaluating procedures
designed to improve sinus drainage, and
provide long-term relief of sinus symptoms.
If you suffer from chronic sinus infections,
and have not received lasting relief
from medications such as antibiotics
or nasal sprays, this study may
be right for you.

Take the Next Step
To see if this study may be right for you, please call
1-888-578-8390 or visit www.SinusStudy.com
Thursday | 23

TOWER AFTER HOURS: IRELAND!
Sláinte! Enjoy traditional Irish music, dance, and stories performed by “our city’s top talent.” Also, regional food and drink provided by local Irish pubs and restaurants.

WHEN: 6 to 8 p.m.

Friday | 24

THE CAR PLAYS
As part of their “Without Walls” series, the La Jolla Playhouse presents this series of five ten-minute plays, each taking place in a car, where audiences of two move from vehicle to vehicle to experience works by different playwrights. As the car door closes, you watch the drama or comedy unfold from inches away.

WHEN: 7 and 8:30 p.m. (Thursday through Sunday until March 4)
WHERE: La Jolla Playhouse, 2910 La Jolla Village Drive, La Jolla. 858-550-1010; lajollaplayhouse.org

Saturday | 25

OLD-FASHIONED BBQ BASH
The National Barbecue Association hosts this day “focused on the art and enjoyment of barbecue.” Vote in the People’s Choice awards, shop the barbecue marketplace, check out cookbook signings and “How to Q” presentations from famed pit legends, and sample barbecue and sauces from experts.

WHEN: 11 a.m. to 4 p.m.
WHERE: Crowne Plaza Hotel, 2270 Hotel Circle North, Mission Valley. 888-909-2121; nbbqa.org

Sunday | 26

A RAISIN IN THE SUN
Our critic’s pick, this 1959 drama by Lorraine Hansberry is given a “first rate” for ensemble and design work by Moxie Theatre. The Youngers have lived in their cramped, South Side Chicago apartment for decades. A 10K life-insurance check inspires competing dreams... but first the family must climb out of personal valleys.

WHEN: 2 p.m. (also Thursday, Friday, and Saturday, 8 p.m., through March 4)
WHERE: Moxie at Rolando Theatre, 6663 El Cajon Boulevard, College Area. 858-598-7620; moxietheatre.com

Monday | 27

DON’T FENCE ME IN

Western-swing fiddle, vocal harmonies, Tex-Mex polkas, and rancheras performed by “working cowboys and other authentic representatives of today’s Western culture.”

WHEN: 6 to 9 p.m.
WHERE: Francis Parker School, 6501 Linda Vista Road, Linda Vista. 619-298-9110; usagapyearfairs.org

Wednesday | 29

INTERNATIONAL TECHNOLOGY & PERSONS WITH DISABILITIES CONFERENCE
The 27th annual conference provides an “inclusive setting” for experts and participants to share their knowledge of assistive technology. Hundreds of expert-led sessions will focus on “promoting accessibility through technology innovation and policy change.” Actor, comedienne, and advocate Geri Jewell is the keynote speaker.

WHEN: 8 a.m. to 4 p.m. (also Thursday and Friday).
WHERE: Manchester Grand Hyatt, One Market Place, Downtown. 818-677-2578; csun.edu/cod

USA GAP-YEAR FAIR
A “gap year” is that time between high school graduation and the first day of college. Representatives will share ideas for gap-year activities such as travel, nonprofit work, language immersion, internship, and volunteer service. The fair opens with a presentation from two speakers who will share their gap-year experiences.

WHEN: 8 a.m. to 4 p.m. (also Thursday and Friday).
WHERE: Manchester Grand Hyatt, One Market Place, Downtown. 818-677-2578; csun.edu/cod
Standing still is impossible: 70 mile-an-hour gales force me to stumble forward at a 75-degree angle. The frigid gusts are uneven, causing my feet to boogie an awkward three-step on the summit’s razor-sharp rock slopes. Tears cloud my vision as I stagger around a few hikers laid spread-eagle on the trail, resting from their battle against the airstream’s bluster.

The last 200 feet of elevation gain seem to require an eternity to complete, but I push myself forward against the squall. At the top, I immediately collapse under a rock wall made by previous groups of windblown trekkers. I un buckle my hydration pack, gobble a peanut butter Clif bar, and contemplate the apex of Arizona’s tallest mountain: Humphrey’s Peak.

Icy temperatures. Ruthless wind speeds. Beds of knife-like obsidian. From the trailhead, I am deceived about the summit’s afternoon conditions. It’s 8 a.m., and the light morning fog is dissipating in the pine-scented breezes. From the gravel parking lot, an Arizona Snowbowl ski run cuts deep into the forest.

It’s June, so the slope is a jumble of rainbow flowers and mountain meadow grasses; the scene is only interrupted by the dormant ski lift. The sun is out, and a few fluffy cumulus clouds hang on the horizon. The weather looks optimal for a brisk, ten-mile round-trip hike.

Starting from an altitude of almost 9000 feet, the first two or so miles of the hike lead through a dense lodgepole pine and aspen forest. The tangled thickets are interrupted by fallen logs, and the trail is cut by trickling streams and muddy puddles. Bird songs and woodpeckers’ hammering echo through the trees while a solitary white-tailed deer flounces past. To reach the 12,637-foot peak in under five miles, the path’s incline sharpens immediately, I set an ambitious pace.

The forest suddenly thins, and I begin to spot patches of open ground above and below me: the tree line is near. Mounds of melting snow appear as stands of ponderosa pines give way to the beautifully gnarled bristlecone pines, which date to over 3000 years old.

So far, the trail leads circuitously around a few mountains toward Humphrey’s ridgeline. I can see a saddle a mile or so above me and guess that Humphrey rises somewhere behind it. I pause to take a brief water and snack break. As I pass a fellow hiker, he glances at my Neeko hydration pack and thoughtfully mурmurs, “That’s nice.” I slow down and grin. “Yup.” He seems skeptical. “But does it have enough room for everything you need?”

“It definitely doesn’t carry everything — but that forces me to only carry along the things I absolutely need.” The hiker is unconvinced and continues down the trail.

On this hike, I’ve filled the pack completely with just my pants’ zip-on legs, a thin Columbia fleece, a few snacks, and my Canon S95 camera. Disappointed that my enthusiasm didn’t convince the hiker to buy his own Neeko, I plant my Black Diamond trekking poles and turn upward.

Trudging forward, I enjoy the vistas now that the forest is a mile behind me.

**continued on page 58.**
ROAM-O-RAMA
San Diego Outdoors with the Canyoneers

DALEY RANCH: BOULDER LOOP
Hike among dramatic granitic boulder displays and enjoy spectacular panoramic views near urban sprawl.

Distance from downtown San Diego: Allow one-hour driving time to Escondido. From I-15, exit east on El Norte Parkway. Turn left (north) on La Honda Drive. The parking area for the Daley Ranch is on the left. To the right is Dixon Lake with restrooms, water, and picnic areas.

Hiking length: 4 miles round trip. Allow 2 hours. • Difficulty: This moderately strenuous hike has approximately 750 feet of elevation gain/loss.

Boulder Loop Trail

Legend
- Boulder Loop
- Other trails
- Trailhead

Boulder Loop Trail is one of the many trail routes. It is at its best after the wildflowers make their appearance, usually in January and continuing into July, although the trails can become hot and dusty from June on. Starting from the dirt parking lot off La Honda Drive, hike through the Daley Ranch gate and up the road toward the ranch house, a structure built in the 1920s and now being restored. Look for a road to the left before reaching the ranch house and follow it up over a small hill and down through an oak grove with views of some of the ponds that were once used for livestock grazing. The southern end of the Boulder Loop Trail is on the left about 0.7 mile from the parking lot. Proceed up the steep, eroded Boulder Loop Trail to the top of ridge. Pause to catch your breath and enjoy the vistas: south to Dixon Lake and beyond to Escondido; east to the Daley Ranch ponds with Stanley Peak rising above them; and west and southwest to suburbia sprawling over the neighboring valleys and crawling up the hills.

The first mile is almost all up a sometimes steep grade, but eventually you reach a grassy, boulder-strewn ridge with easy hiking as you proceed over a series of low rolling hills. There are two other trails that branch off Boulder Loop. The first one is the single track Rock Ridge Trail that veers to the right, and, later, the Cougar Ridge Trail branches off to the left. These are well marked. Stay on the Boulder Loop Trail that goes back down to the Ranch House Trail, rejoining it after 3.2 miles. At this point there are two options. Going left up the Ranch House Trail leads to the historic ranch house in less than half a mile, which is a good place for a picnic in the shade of some magnificent oak trees. Or, turn right and return to your vehicle in the parking lot in 0.8 mile.

Canyoneers are San Diego Natural History Museum volunteers trained to lead interpretive nature walks that teach appreciation for the great outdoors. For a schedule of free public hikes: http://www.sdnhm.org/education/naturalists-of-all-ages/canyoneer-hikes/

Find more Roam-O-Rama columns online at SDReader.com/roam

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Boulder Loop Trail

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11 unique log cabins nestled among pines and oaks in the San Jacinto Mountains.
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**Audubon Society Bird Walk**
Outings may be canceled due to inclement weather or poor trail conditions. 858-581-9944. Saturday, February 25, 8:30am; free. Mission Trails Regional Park, One Father Junipero Serra Trail. (SAN CARLOS)

**Carroll Canyon History Hike**
Hike into Carroll Canyon with Will Bowen to learn about pueblo lands, arrival of railroads, and several local historical ranch farms. Look for large trunked oaks and an old cattle tunnel. Meet at corner of Scanton and Carroll Canyon Roads. 858-548-3219. Sunday, February 26, 3pm; free. San Diego Fire Station #41, 4914 Carroll Canyon Road. (SORRENTO VALLEY)

**Check Out These Trees**
Learn about plants, rocks, and critters of sage, chaparral, and riparian communities during naturalist-led walk. Saturday and Sunday, February 25 and 26, 9:30am; free. Mission Trails Regional Park, One Father Junipero Serra Trail. (SAN CARLOS)

**Restoration Planting at the Waterfall**
Join volunteers planting to restore a site at Peñasquitos Canyon waterfall. Bring gloves, water, sun protection. Meet west end of Park Village Rd., near utility gate. mky131@cox.net or 858-342-8585. Saturday, February 25, 9am; free. Del Mar Mesa Trailhead, 7107 Park Village Road. (RANCHO PEÑASQUITOS)

**River and Community Cleanup**
Help clean and Green Team and Friends of Santee’s River Park remove trash and debris from river habitat at Cottonwood Avenue and Chubb Lane (near Town Center Park). Tools, supplies provided. Dress in clothes that can get dirty, closed shoes. Light rain does not cancel. RSVP: 619-297-7380. Saturday, February 25, 9am; free. Town Center Community Park, River Park and Park Center Drive. (SANTEE)

**Start Party Sights**
Focus on the Oman and Crab nebulae, Little Beehive, and open clusters in Auriga with resident stargazer George Varga. Join group at far end of campground’s day-use parking lot. Saturday, February 25, 5:30pm; free. Kumeyaay Lake Campground, Two Father Junipero Serra Trail. (SANTEE)

**Take to the Trail**
Enjoy a fresh-air morning walk with a naturalist guide; learn about park’s plants, critters, ecosystems. Saturday, February 25, 8:30am; free. Kumeyaay Lake Campground, Two Father Junipero Serra Trail. (SANTEE)

**Arizona continued from page 56.**
Coochino National Forest spreads in all directions. At this elevation, the drifter sagebrush plains are visible off in the distance as well. Reach the saddle, and the wind picks up. Dry Arizona air rises upward during the day when high-desert gases are sucked up mountain slopes by the range’s colder, high-elevation atmosphere. I don the rest of my clothing layers and face the wind up the ascent’s final mile.

The trail at this point cuts into deep rock beds, and I am easily disoriented. Face against the glacial cold, I lose the trail. Instead of turning downhill and retracing my steps, I look up toward where I think the summit is and chart an overland course of my own. The going is slow, and I avoid trampling over the many tundra-like beds of San Francisco Peaks groundsel, an endangered flower that grows nowhere else in the world.

Several false summits tease my energy, but I climb higher and eventually relocate the trail in time for the final push. At the top, I huddle against the stony lean-to and gaze at northern Arizona’s diverse, spreading landscape. The Coconino Plateau can be seen for hundreds of miles on all sides, and the Grand Canyon is visible 40 miles north.

The air is arctic, and I don’t stay for long; long enough only for a gracious stranger to stand up against the wind and take my picture.

**Win $25 for your travel tips or a pair of movie passes for the best travel photo of the week. Go to SDReader.com/travel for more information.**

**MORE CHANCES TO WIN!**

**Win a Reader Local Restaurant Variety Pack!**
Win a package of gift certificates to local restaurants! Enter by Wednesday, February 29th at 1PM.

**Win a Dinner for 2 at Lacey J’s Roadhouse Saloon!**
Hungry? They’ve got you covered there with heaping helpings of great home-style food: burgers, southern fried chicken, juicy and tender steaks, and a whole menu full of great choices. Enter by Monday, February 27th at 1PM.

**Win a 50-Minute Swedish Massage at Ambience Spa!**
Ambience Day Spa’s goal is to involve you in the ultimate spa experience through a nurturing and peaceful environment with a warm and committed team who work together to provide the best in luxury treatments. Enter by Thursday, March 8th at 1PM.

**How to Send Us Your Listing:** Contributions must be received by 5pm Friday the week prior to publication for consideration. Do not phone. Send a complete description of the event, including the date, time, cost, the precise address where it is to be held (including neighborhood), a contact phone number, and a phone number (including area code) for public information to Reader Events, Box 85803, San Diego CA 92126-5803. Or fax to 619-881-2401. You may also submit information online at SDReader.com by clicking on the events section. Blue titles indicate sponsored events. To place a sponsored listing, call 619-235-8200.
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Expires 3/4/2012
Rhyme & Verse
Kung Fu
A poem by Joseph Millar

The children sit quietly on the grass,
Having untied the bell from the cat’s collar
So he can stalk the night moth
Jagging past us in the dark,
And I’m trying not to think
About the blue walls at the Detox Center
Where I left their mother this morning,
Shivering and clutching
The bestseller about vampires,
A broken suitcase at her feet.

I’m sitting in the doorway
Watching the night drift into the yard,
The low voice of the news channel
Running like water behind me.
Overhead the pine cones have cracked
Partly open and the hooked branches
Rake the late breeze like a claw.

The youngest kneels on his skateboard,
Looks up at me and says
He wants to learn Kung Fu
Before school starts next month,
To wear black and carry
Its invisible weapons in secret,
Moving softly through the fifth grade
Like a spy.

In 1997 Joseph Millar gave up his job as
A telephone installation foreman and moved to
Western Oregon. A decade later he and
His wife, the poet Dorianne Laux, moved to
North Carolina. Millar’s first two collections are
Overtime and Fortune, both from Eastern
Washington University Press. A third collection,
Blue Rust, will be published this year by
Carnegie-Mellon Press. He teaches in Pacific University’s
Low residency MFA program as well as various workshops around
The United States. “Kung Fu” is from his collection Overtime and is
Reprinted by permission. The author’s photo is by Mike Selker.

Find more poetry online at SDreader.com/poetry

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ART MUSEUMS

“John Baldessari: A Print Retrospective” National City native
John Baldessari, who has been making art for decades, is one of
the most influential artists working today. This retrospective
including more than 100 works made
between 1973 and 2010 in media
diverse as lithography, etching,
photogravure, aquatint, photo intaglio, embossing, silkscreen,
and more, is drawn from the collections of Jordan D. Schnitzer and his family foundation. View this exhibition, representing the largest offering of Baldessari’s graphic oeuvre ever assembled,” through Sunday, May 13.

“Object Lessons: France in the Golden Age” View “a concentration
of five French 17th-century paintings… the first of a series of small
displays of art called ‘Object Lessons’ ” through Sunday, June 3. The inaugural grouping is mounted with Cleveland Museum of Art’s loan of Nicolas Poussin’s “The Holy Family Returning to Nazareth.” This painting will be shown alongside paintings by Poussin’s contemporaries: Christ Healing the Blind by Philippe de Champaigne, Simon Vouet’s Aeneas and his Father Fleeing Troy, and The Holy Family with Saint John the Baptist in a Classical Landscape, attributed to Nicolas or Pierre Mignard.


“Phenomenal California Light, Space, Surface” Enjoy in-depth look at art that makes work with light as a medium in the 1960s and ‘70s defined an era of art making in California. Featured artists: Peter Alexander, Larry Bell, Ron Cooper, Mary Corse, Robert Irwin, Craig Kauffman, John McCracken, Bruce Nau, Eric Orr, Helen Pashgian, James Turrell, De Wain Valentine, Doug Wheeler. “Combining key works from the museum’s collection” with major loans from public and private collections, exhibit “includes installations and light installations together with rare, ephemeral, and site-conditioned works, some seen in California for the first time in decades.” Through Sunday, May 4.

A Wiwee’s “Circle of Animals/Zodiac Heads: Gold,” opening Thursday, February 23, and continuing through Sunday, July 29, is a gallery-sized installation that comprises 12 animal heads, each depicting a segment of the ancient Chinese zodiac. Continuing his work of re-interpreting cultural objects from his own fantasy and historical knowledge,” A’s “comments on the tension between what is ‘fake,’ what is a ‘copy,’ and what may constitute the better of the two.”

Isaac Julien’s nine-screen video installation Ten Thousand Waves “poetically weaves together three stories linking China’s ancient past and present and explores the movement of people across countries and continents, mediating on unfinished journeys,” opening Thursday, February 23.

Also on view through November is Julien’s single-screen projection True North (2004), as well as several other photographic stills. Free. 610 Museum of Contemporary Art San Diego, Downtown, 1100 and 1001 Kettner Boulevard. (DOWNTOWN)

“San Diego’s Craft Revolution” This exhibition reveals important contributions of San Diego Craft Guilds to the post-war Southern California art scene. Show explores progression from sleek modernism to unconventional handmade objects of use such as furniture, doors, jewelry, ceramics by over 60 artists. Exhibit is part of “Pacific Standard Time: Art in L.A. 1945-1980.” Closes Sunday, April 15.

“A Fantastic Voyage — The Art of Ynez Johnston,” surveys six decades of the artist’s wood and bronze sculptures, paintings, prints, ceramics from 1940s to 2010, including recent works that have never publicly been shown. Closes Sunday, January 17. Free. $57. Mingei International Museum, 1439 El Prado. (BALBOA PARK)

“The Point of View” This retrospective includes more than 80 works, ranging in media from oil on canvas to watercolor and pencil sketches, created over the last 25 years by William Glen Crooks. His “outdoor ‘snapshots’ bring a freshness to the landscape genre by capturing the subtle modalities of atmosphere through the opacity of light and the transparency of shadow.” Through Sunday, April 22.

Members of the OMA Artist Alliance present juried exhibit showcasing approximately 30 works of art in media from photography and sculptures to pho-
tography and mixed media. View “OMA Artist Alliance I” through Tuesday, April 1.

“Signs and Symbols: African American Quilts from the Col-
lection of Dr. Maude Southwell Wahlman,” on view through Sun-
day, March 18, features ten quilts “characterized by strips, bold colors, large designs, asymmetry, multiple patterns, and improvisation,” showing “a combination or reiteration of African textile...
ideas and symbols with American traditions.”

“Contemporary Art Wins a Beachhead: The La Jolla School of Arts 1960-1964,” opening Sunday, February 26, and closing Sunday, July 8, chronicles this institution which drew artists from all over the nation as students, educators, and artists-in-residence. Exposition focuses on work of six artists who were members of school’s faculty, featuring paintings by Photographers who helped shape the Medium, including Marion Carman, Kirby, Guy Williams; ceramics of Rhoda Loper; ceramics and paintings of Malcolm McClain. Free-$8.

Oceanside Museum of Art, 704 Pier View Way, Oceanside.

“Unusual Suspects” Exhibition of paintings and photographs by Holly Roberts “invites viewers to explore new approaches and expression in photography through innovative work combining painting and collage. View the pieces, in which perception of the photographic medium is challenged,” through Sunday, May 27.


San Diego Museum of Art, 1450 El Prado. (BALBOA PARK)

“Vochol: Huichol Art on Wheels” Enjoy “a captivating display of more than 2,277,000 glass beads arranged on a classic Volkswagen Bug.” View this “true testament to Mexican popular art,” with its “patterns and designs displayed on the car to create a bright, colorful image embodying the ethos of the Huichol culture,” through Saturday, March 10.

Artist Kuboku Takaku (1908–1993) “perfected the ancient Japanese technique of wax resist dying to create textile paintings... His works merged Japanese subjects with cubist and modernist styles.” His daughter Hisako (born 1944) “preserves the knowledge of this painstaking dyeing technique, and her obi and kimono continue to be among the most chic and sought-after throughout Japan.” View the 71 obi, kimono, and other textile paintings of “Dyeing Elegance: Asian Modernism and the Art of Kuboku and Hisako Takaku!” through Sunday, May 27.

Carved into the mountains, the Buddhist cave temples of Xiangtangshan in China were the “crowning cultural achievement of the sixth-century Northern Qi dynasty.” Once home to monumental Buddhas, divine attendant figures, crouching monsters framed by floral motifs, the limestone caves were severely damaged during the 20th century, when their contents were chiseled away and sold. “Echoes of the Past: The Buddhist Cave Temples of Xiangtangshan,” closing Sunday, May 27, boats 14 objects from Xiangtangshan and three related Northern Qi works of art, juxtaposing dispersed sculptural fragments with a set of media projects.

“Walk from the Sun: Photographs of Southern California by Scott B. Davie” continues through Sunday, March 18. “Taken at night with a large-format camera, certain photographs of Southern California document iconic aspects of the region including the Hollywood sign and the bright lights of Los Angeles.” Also on view are “surprising takes on the area with moody and enigmatic looks at seemingly abandoned highways, parking lots, and buildings.” Free-$12. San Diego Museum of Art, 1450 El Prado. (BALBOA PARK)

BOOK SIGNINGS

Is This Thing On? Abby Stokes — who “has demystified computers for over 135,000 people” over the past two decades — sign her book “Computer Handbook for Late Bloomers.” March 2, 8pm; Serra Mesa Kearny Mesa Library. 9005 Aero Drive. (NEAR NORTH PARK)

Nimpeetad at Centennial Readers and Writers Festival San Diego elementary school students Josh and Harrison Herz read from, sign their recently published children’s fantasy, “the story of a courageous and resourceful little Nibbling.” Saturday, February 25, 12:30pm; free. La Mesa Library, 8074 Allison Avenue. (LA MESA)

CLASSICAL MUSIC

“Music of the People” SDSU Symphony Orchestra joined by guest conductor Dana Zimbric to “explore four short works which embody classical music inspired by the folk, vernacular, or popular music.” Program includes selections by Wagner, Schopenhauer, Greg, Tchaikovsky. 619-594-1017; Sunday, February 26, 24pm; $10-$15. Smith Recital Hall at SDSU, 5500 Campanile Drive. (COLLEGE AREA)

“The Harp and Alexander Tibbitts” Fanfare Foundation presents recital by Tibbitts with selections by Zabel, Debussy, Piazzolla, Cabezón, Paleto, others. 676-660-1810. Saturday, February 25, 1pm; free. Logan Heights Library, 511 South 88th Street. (LOGAN HEIGHTS)

Moby-Dick San Diego Opera presents West Coast premiere of Jake Heggie’s opera based on Melville’s 19th century literary masterpiece “exploring the lethal power of obsession and the need for human connection.” Cast includes Canadian tenor Ben Heppner, American tenor Jonathan Boyd, American baritone Morgan Smith. Conductor is Joseph Mechavich; Leonard Foglia directs. Performed in English with English text above stage. Reservations: 619-533-7000. Friday, February 24, 8pm; Sunday, February 26, 2pm; $50-$210. San Diego Civic Theatre, 1100 Third Avenue. (DOWNTOWN)

Concert Hour Enjoy classical Spanish/Brazilian solo guitar from Randy Pile, including compositions by Rodrigo, Villa-Lobos, Tarrega. 760-744-1150 x 2317. Thursday, February 23, 12:30pm; free. Palomar College O2 Performance Space, 1140 West Mission Road. (SAN MARCOS)

Organ Concert Organist Robert Plimpton performs music of Puruh, J.A. Bach, Wagner, Franck, Estrada, and Elmore, as well as duets featuring organ scholar Nicholas Halbert. Sunday, February 26, 2pm; free. First United Methodist Church of San Diego, 2111 Camino del Rio South. (MISION VALLEY)

Ory Shihor Israeli pianist to perform works by Mozart and Schumann. 858-362-1348. Sunday, February 26, 2pm; $25-$30. City of Carlsbad Dove Library, 1775 Dove Lane. (CARLSBAD)

Takacs Quartet La Jolla Music Society hosts the premier string quartet for Revelle Chamber Music Series concert. 858-459-3728. Saturday, February 25, 8pm; $25-$75. Sherwood Auditorium at Museum of Contemporary Art San Diego, 700 Prospect Street. (LA Jolla)

COMEDY

Comedy Conspiracy Stand-up comedy by headline Dangerous Dick Spenenberg, featured comics Zoltan Kaszas, Dewey Bratcher, Damien Pratt, Awkward Anton host Mike Egbert. No cover, no drink minimum. 619-702-6666. Thursday, February 23, 8pm; $10-$15 and up. Mad House Comedy Club — Horton Plaza, 502 Horton Plaza. (DOWNTOWN)

Wild and Tame Comedy The Sindi Somers Birthday Show begins with tunes by DJ Johnny Tran (8pm). Comedy by Duke Michaels, featured comedian L.G. Brown, Tim "the Scientist of Comedy" DeMartin, headlining birthday girl Sindi Somers (9:30pm). wildandtame@gmail.com or 619-384-0761. Saturday, February 25, 8pm; $10-$21. and up. Queen Bee’s Art & Cultural Center, 1925 Ohio Street. (NORTH PARK)

DANCE

“Beyond the Barre” California Ballet Company hosts annual “Choreographer’s Concert,” with local choreographers and dancers presenting original works in styles ranging from ballet to aerial silks. 858-560-6741. Saturday, February 25, 7pm; $20. Coronado High School, 650 D Avenue. (CORONADO)

ARGENTINE TANGO WITH COLETTE Will give you a first free class on Monday, when another 6-week session starts. Free classes are given every Monday or Wednesday at 7pm. Come and be introduced to the magic and passion of Tango at Dance Place San Diego in Point Loma. No partner needed. Visit www.TangoWithColette.com or call 514-726-5867. Monday, February 27, 7pm, and Wednesday, February 29, 7pm. Dance Place San Diego, 2650 Truxtun Road, Studio 106. (POINT LOMA)

Belly Dancing Show Belly dance by the Shimmie Sisters. Live music by Middle-Earth Ensemble. Sunday, February 26, 8pm; $10.21 and up. Turquoise Cafe-Bar Europa, 873 Turquoise Street. (PACIFIC BEACH)

FOOD & DRINK

“More Legumes — Cooking 102” Beans and other legumes contribute to good nutrition and are a good source of fiber, resistant starch, and other nutrients.” Learn about legumes such as split peas, black beans, lentils, fava beans, and lima beans. Thursday, February 23, 6pm; $65. Alchemy of the Hearth, 960 Rancheros Drive, Suite L. (SAN MARCOS)

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I ANSWERED THE CALL

Congregation Dor Hadash

Contact: 4858 Ronson Court Suite A, San Diego; 858-268-3674
Denomination: Reconstructionist
Membership: 125 families
Pastor: Rabbi Yael Ridberg
Age: 43
Born: Bridgeport, Conn.
Formation: Reconstructionist Rabbinical College, Philadelphia, Penn.
Years Ordained: 15

San Diego Reader: How long do you spend
writing your sermon?
Rabbi Yael Ridberg: My sermons are not really
sermons week in and week out but teachings.
On the high holy days, though, when I do give
a significant sermon, that takes much more
preparation. I craft every word and spend time think-
ing about not only the content but the best way to transmit
the message that I really want people to hear. Preparation
for that takes as long as it takes — I work hard to make
it meaningful.

SDR: What is your favorite subject on which to preach?
RY: Anything that I encounter, whether it’s a traditional
text from the Torah or rab-
binic literature or even the
text of someone’s life — a
spiritual search is very inspir-
ing to me. It’s also motivating
to me when I think about
the state of the world and how I feel
called to help transform
the world into what we would
like it to be, a more just,
peaceful, and beautiful world.

SDR: What is your main con-
cern as a member of the clergy?
RY: As guiding principles of
how I live as a human being.
I look to a teaching from
the 2nd–3rd century of Rabbi
Hillel, who taught three prin-
ciples: “If I am not for myself,
who will be for me? If I am
only for myself, what am I?
If not now, when?” So part one
of the teaching means I have
to have a connection to my
people, to Jewish living and
learning, but part two means that I have to share that
same kind of concern and aware-
ness with the rest of the world.
Then the third part means we
can’t wait around for “a better
time” to transform our own
community and the world
suffering outside our door.

SDR: Why Reconstructionist Judaism?
RY: Reconstructionist Juda-
ism is the only form of Juda-
ism which was founded in
the United States in the 20th Century. Although I was
raised in the conservative
movement, worked for the
reform movement, and lived
and worked on a religious
kibbutz in Israel, and maybe
because I had this incred-
ible opportunity to be con-
ected to and involved with
as many streams of Judaism as
there are, when I founded
Reconstructionism, I found
the name for the type of Juda-
ism I was already practicing.
Reconstructionists view the
Torah and all Jewish texts as
know the body decomposes
and returns to the earth, and
if you’re buried according to
Jewish law, everything returns
to the earth, dust to dust. But
I believe a person’s soul goes
into the lives with whom he or
she came into contact. Juda-
ism teaches that every life is
sacred and we seek to choose
the path toward life and
blessings rather than death and
curses. What we have
control over in our lifetime
is what happens between the
day we enter the world and
the day we leave it. We don’t
teally have control over the
two bookends.

— Joseph O’Brien

SDR: Where do you go when
you die?
RY: If anyone really knew the
answer to that and it wasn’t
just conjecture, I think we’d all
make some changes in our life,
one way or another. I’m pretty
much a rationalist, so we

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San Diego Reader, February 23, 2012
49
Good Legs

“It’s already becoming a part of mainstream opera. We’re booked out.”

The following are classical music entries from the Reader’s “Jam Session” music blog. Click to Sandiegoreader.com/weblogs/jam-session for more.

MOBY DICK’S TALISE TREVIGNE

“It’s always good to try things out of your comfort zone so you can know, A, who you are, B, where you can grow, and C, what you like and don’t like. If there’s a box, I’m not going to be in it. I don’t like to C, what you like and don’t like. If there’s a box, I’m not going to be in it. I don’t like to 

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“I’ve had the opportunity to work with Jake Heggie. Talise and I sat down to talk about all and sundry. The first topic that came up was composer Jake Heggie.

“I’ve had the opportunity to work with Jake intimating on more than one project. He’s all about the human condition. You almost forget about the song, and you feel as if someone is just talking to you. From the very beginning of Moby Dick, people are on the edge of their seats. It grabs you and it is soul-stirring. It’s moving forward and challenging the way we see American opera and yet still has a beautiful melody. I think that’s why [Moby Dick] has such good legs. It’s already becoming a part of mainstream opera. It’s moving along. We’re booked out.”

PIP AS SHAMAN

Within the context of Melville’s Moby Dick, the character of Pip is significant. Moby Dick was written ten years before the start of the Civil War, and as an African-American character, the way Pip is treated by the other characters is significant.

In Jake Heggie’s Moby Dick, the role of Pip is written for a soprano because he is 13 years old and should not sound like a man. I asked soprano Talise Trevigne to talk about her role of Pip.

“I’ve been asked if this is a difficult role to sing. I say no. He [Jake Heggie] understands my voice and he wrote [Moby Dick] for the people who were going to sing it. It comes from such a natural place that it’s liberating and I can be other things. I can dive deeper into what makes Pip such a fascinating boy. There are so many layers to him. How did he make it to the Pequod — I mean, given the time, the era? This is a boy who has no parents. How did he make it north to be on the Pequod without being sold into slavery or someone questioning about who he is with or who owns him? There is so much strength to him before he gets on the ship.

“There is also the fact that he is the right hand to Ahab — yes, he’s just the cabin boy, but he’s the only one who sees Ahab that first week on the ship. Pip is the heart of that ship. He’s the one link that joins all these men and cultures together. He’s the pivotal character there. I find that fascinating. He’s a very complex character to play. I can’t just be some boy bopping around. He’s courageous for a 13-year-old boy. He’s on a whaling ship. No family — an uncertain future. There’s a lot of strength there.”

Pip’s scene while lost at sea is one that audiences will never forget. Pip’s insanity after being stranded in the ocean emphasizes his humanity. We may miss the point 160 years after Melville wrote Moby Dick.

Even now there is a residue of extreme and marginal opinions that consider African-Americans to be emotionally inferior. Melville wrote Pip as a character who feels and ultimately breaks.

In some ways, Pip never returns to the Pequod. He is gone and what remains is something of a Shakespearean fool.

Talise continued, “It’s not just that he’s gone mad; he seems to be seeing a different world. There is mysticism in it. It has been said that insanity can be the highest form of genius. Living in New York, you encounter people that are not quite right but every now and then you will hear them say something that is deep and not at all crazy. I see Pip in that way. He has become a shaman.”

MOBY DICK: MECHAVICH STEPS IN FOR AILING CONDUCTOR

Before the piano-dress rehearsal for Moby Dick (Tuesday, February 13), San Diego Opera general director Ian Campbell announced that conductor Karen Keltner had removed herself from the production.

Mr. Campbell explained that maestro Keltner had been fighting illness with antibiotics for at least a week. Maestro Keltner didn’t want to risk letting the entire production down by being physically unable to conduct.

Stepping in to conduct was Joseph Mechavich. Maestro Mechavich had conducted Moby Dick at Calgary Opera in a production that closed on February 3. Ben Heppner sang Captain Ahab in Calgary, which should help to make a smooth transition.

Maestro Mechavich is making his company debut. His conducting credentials include Deutsche Opera Berlin, New York City Opera, and Calgary.

It appears to be a fortunate turn of events for Maestro Mechavich to be available.

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Vista Beer Tour: Latitude 33 Brewing Company

Brewhouses are opening at an astounding rate around San Diego County, but no one region has experienced as much growth over the past year and a half as the city of Vista. Once home to just two breweries (Green Flash Brewing Company, which moved to Mira Mesa last year; and Lamppost Pizza’s alter-ego brewpub, Back Street Brewery), there are now six brewing operations calling the North County municipality home. Last weekend, I visited five of them, taking time to catch up with the brewers behind them. The following is news on Vista’s newest brewery, Latitude 33 Brewing Company.

When Green Flash departed Vista, they left behind a 20-barrel brewhouse that is now the domain of Kevin Buckley, a brewer with a résumé including stops at Iowa’s Millstream Brewery; Alberta’s Grizzly Paw Brewery; the aforementioned Back Street, where he was their brewmaster; and, perhaps most encouraging of all, San Diego’s own Alpine Beer Company. Having brewed at the latter pair of local operations has afforded him an understanding, not only of what San Diego beer drinkers appreciate, but the overall landscape and how he can provide offerings that are either underrepresented or absent from it.

Buckley invited me to be the first to belly up to their lengthy, black walnut tasting bar (which is ADA equipped, a thoughtful bonus) to check out his flagship beers. The first was Straw Horse Wheat Ale, a 5.2 percent ABV American wheat beer with striking clarity (particularly impressive, considering it’s unfiltered), pleasantly light herbal undertones, and great drinkability. That last trait is one all of the beers shared. With all of them registering at or under 7 percent ABV, it’s a catalog you can sip your way through without the negative repercussions that can accompany a strong beer tasting.

Next up was the Pasha’s Rye Brown Ale, a well balanced American brown ale that benefits from the addition of rye, which dries the beer out and adds a spicy note to the finish. Camel Corps IPA came next. Its tasty bitterness and impressively pronounced tropical fruit notes are primarily derived from rarely used Motueka hops from New Zealand (Buckley informed me that he intends to brew a double IPA version of this beer called Double Humb a special seasonal release). Last but definitely not least was Vanilla’s Porter. Brewed using nine pounds of Madagascar and Mexican vanilla, it combines plenty of the beans’ trademark flavor without the sweetness that is so common to this increasingly popular style of beer.

Latitude 33 is jumping through the final regulatory hurdles required to make their public debut. As soon as final approvals come in (which they are hoping will occur within the next two weeks), their 1200-square-foot tasting room will be ready for visitors, merch wall and all. I have to say, their logo (which was designed by Sean Dominguez, who is also responsible for the artwork of San Marcos’ Lost Abbey) looks darn good. That said, it’s nice to know there’s more to this new business than aesthetics — namely, some tasty beer.

Latitude 33 Brewing Company is located at 1430 Vantage Court, Suite 104. When they open, their tasting-bar hours will be from 2 to 8 p.m., Thursday and Friday, and 12 to 8 p.m. on Saturdays and Sundays. By Brandon Hernández

Vista Beer Tour: Aztec Brewing Company

The second stop on my tour of Vista breweries was Aztec Brewing Company, a business started last August of last year by a group of SDSU alums. Their mission was to add a dose of flavors from our neighbors to the south via popular Mexican adjuncts such as agave, chocolate, cinnamon, and chipotle peppers. The result is a beer board featuring a vast array of beers with flavor profiles that, while much different than standard styles, are quite easy for San Diegans to grasp, given the prominence of Mexican cuisine in our region. Key examples are Noche de los Muertos and Diablo del Roble (which translates to Devil of the Oak). The former, their cinnamon-infused imperial stout, was originally a special beer brewed for their grand opening, but was such a hit, it’s on all the time (except when I was there...it sold out). The latter, a recently released 12% ABV barleywine brewed to celebrate the Mexican Day of the Dead, comes across with an immense vanilla flavor and is a bit sweet. Prolonged aging would help to solve the sugar issue to some degree, but it’s not likely this or any of Aztec’s beers will hang around long enough to mature.

During my visit, the place was packed and, given the clientele’s chattiness with the owners, brewer, and staff, there are clearly a great number of regulars. It certainly supports the Aztec team’s estimate that they’re seeing roughly a 10 percent increase in patronage and sales on a weekly basis. That rapid growth has them working to expand their production from their current 3.5 barrel brewhouse to a 7 or 10 barrel facility. In the process, they intend to move their tasting room from its current location to the suite next door to make room for new brewing equipment that will be visible from the new bar.

In other news, the brewery has been integral in the recent founding of the Vista Brewers Guild, an industry group formed to work with the city of Vista to help build business for its growing brewing contingent. So far, they’ve managed to extend previously limited tasting hours to the point where breweries can now open for sample seekers seven days a week if they so desire. Future initiatives include festivals, setting up Vista beer tours, and clearing up inconsistencies in regulations in order to make for a level playing field for all brewers within the city limits. The brewery is also working with local beer-mapping business PubQuest to start up a beer education course exclusively for women.

Aztec Brewing Company’s tasting room is located at 2330 La Mirada Drive, Suite 300, and is open from 4 to 9 p.m. Thursday through Friday, 12 to 7 p.m. on Saturdays, and 12 to 5 p.m. on Sundays. By Brandon Hernández

Vista Beer Tour: Mother Earth Brew Co.

My third stop was at Mother Earth Brew Co., a combination brewery, tasting room, and...
But back to the beer for a moment. Love nervously opened the fifth keg and poured a ‘taster’ — a 3 oz. sample — and I lost my taste buds for the rest of the day. It was so bad it was my job, fair notice needed to be disclosed which two achieved the pedestrian goal, but to say nothing is more miserable than having to call out a brewing company, restaurant, or any business in this manner. That said, this unfortunate necessity has arisen once more.

Upon arriving to Prohibition, I ordered a sampler flight of the five house beers they had on tap. Of those beers, three of them had such serious problems that the only reason I took a second sip was to document the errors in flavor. A wheat beer smelled and tasted like a Band-Aid. A pale ale was so mineraly, a traveling companion of mine (who is in the commercial beer business and has a homebrewing background) described drinking it as being “like chewing on a sidewalk.” Others showed signs of oxidation. None of them exhibited the correct body or carbonation for their styles and an oatmeal stout had zero head. Not wispy…nonexistent. Hardly hard to believe it all happened in one day (one afternoon, to be exact). It goes to show how fortunate any beer enthusiast is to live in San Diego, where a singular municipality is home to so many operations. It makes for easy touring and, as evidenced by my posts, a broad range of experiences.

I’m wrapping up this series with a stop at a brewery that’s done a lot since hitting the SD scene in a big way back in 2010. I’m talking about Iron Fist Brewing Company. With the departure of Green Flash last year, Iron Fist is the most significant player in the Vista market. Not too shabby, considering what a brief time they’ve been around. Still, this family-owned business is putting out an extremely interesting line of Belgian-inspired ales that keeps growing and improving.

I remember my first visit during their grand opening weekend, asking to speak to the brewer and being directed to the brewhouse in the rear of the building where a tall, blonde man-child was talking with a pair of patrons. Had it not been for his black Iron Fist T-shirt, I’d have never guessed that, of the three, he was the brewer but, lo and behold, the youngest was responsible for everything flowing from the tasting room’s taps. I was shocked to hear held only been of legal drinking age for a year.

Vista Beer Tour: Iron Fist Brewing Company

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I’m wrapping up this series with a stop at a brewery that’s done a lot since hitting the SD scene in a big way back in 2010. I’m talking about Iron Fist Brewing Company. With the departure of Green Flash last year, Iron Fist is the most significant player in the Vista market. Not too shabby, considering what a brief time they’ve been around. Still, this family-owned business is putting out an extremely interesting line of Belgian-inspired ales that keeps growing and improving.

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because his beers were interesting and, for the most part, pretty solid. The young brewer, Brandon Sieminski, also had a maturity and self-assuredness about him. Those qualities have grown even stronger as his company’s gained traction.

Sieminski’s take on a Belgian dubbel, brewed with 85 percent cacao dark chocolate. Surprisingly, it didn’t taste like chocolate, but the earthy, slightly bitter effects that ingredient had on the beer were unmistakable. It reminded me of a non-tart version of Fantôme Chocolat, a Belgian sour brewed with cocoa beans that tastes nothing like chocolate, but takes on a myriad of supplementary taste-building qualities as a result of its addition.

Sieminski plans to brew a number of different versions of Dubbel Fisted this year, perhaps one with Morello cherries and dark chocolate, and another with peaches and apricots. He’s also building up the brewery’s barrel-aging program, increasing his inventory from 12 to around 100 over the next six to seven months.

Clearly, there are plenty of reasons to return to Iron Fist, which is located at 1305 Hot Spring Way, #101, and the same can be said for Vista, the community they and so many other local craft brewing companies call home.

By Brandon Hernández

Posted February 3
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A Safe Supping Gamble at Sycuan
Last summer I reported Augie Gamble at Sycuan Golf & Tennis Resort to become the executive chef at Sycuan Golf & Tennis Resort. Saucedo had spent the past eight years — an eternity for a chef these days working at the gourmet eatery of the La Jolla Beach and Tennis Club’s sister property.

While there he intermingled his favorite ingredients and techniques with those of LJBTC executive chef Berna Guillias (best known for his globally inspired cuisine at the Marine Room). Knowing his globally inspired cuisine at the Marine Room). Knowing his globally inspired cuisine at the Marine Room). Knowing his globally inspired cuisine at the Marine Room). Knowing his globally inspired cuisine at the Marine Room). Knowing his globally inspired cuisine at the Marine Room).

His menu is extensive, featuring 11 apps, soups, and salads and 13 entrees split in sections titled “The Land” and “The Sea.” Some standouts from the starter section include a stone-crab cake covered in Fallbrook macadamia nuts over perfectly cooked pepper-basil pappardelle pasta surrounded by a tangy preserved-tomato stew and a butternut squash bisque that gets extra layers of flavor from pumpkin vanilla oil, a cooling fromage blanc, and oven-dried blueberries. That final unexpected ingredient makes it unlike any other version of this soup I’ve had.

Sycuan Golf and Tennis Resort, 3007 Dehesa Road.
Posted Feb. 8 by Brandon Hernández

It’s All French at Jason’s Coffee Cart
Is that...could it be...? Jason!” I’d know that face anywhere. Is that...could it be...? Jason!” I’d know that face anywhere. Is that...could it be...? Jason!” I’d know that face anywhere. Is that...could it be...? Jason!” I’d know that face anywhere. Is that...could it be...? Jason!” I’d know that face anywhere. Is that...could it be...? Jason!” I’d know that face anywhere. Is that...could it be...? Jason!” I’d know that face anywhere. Is that...could it be...? Jason!” I’d know that face anywhere. Is that...could it be...? Jason!” I’d know that face anywhere. Is that...could it be...? Jason!” I’d know that face anywhere. Is that...could it be...? Jason!” I’d know that face anywhere. Is that...could it be...? Jason!” I’d know that face anywhere. Is that...could it be...? Jason!” I’d know that face anywhere. Is that...could it be...? Jason!” I’d know that face anywhere. Is that...could it be...? Jason!” I’d know that face anywhere. Is that...could it be...? 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San Diego Reader February 22, 2012
Edo Sushi Japanese Restaurant, 8895 Towne Centre Drive.  Posted Feb. 7
by Mary Beth Abate

$10 Lunch: Swami’s
One of the 99 reviews of Swami’s on Yelp begins, “This place is simply an amazing organic-food restaurant.”

This, for some, may be a big draw, but it makes me want to run. But S swears by the place, and La Mesa is her neighborhood, so I went along for the ride.

Despite its reputation as an organic eatery, and despite the fact that they do, yes, serve shots of wheat grass, Swami’s is, essentially, a diner. I was surprised to discover that along with the acai bowl and the Protein Veggie Wrap, they also serve chicken quesadillas, pastrami melts, and other familiar, meat-inclusive fare. One of the daily specials is a Reuben.

I had come expecting organic, so I go for the Protein Veggie Wrap, one of those things that I imagine will, in the end, make me feel healthy for having done so. S orders the Reuben and then graciously offers to go half-and-half with me.

It’s a two-faced meal to the nth degree. The wrap looks green and fresh (there’s raw broccoli in it, for Pete’s sake), and the Reuben looks melty and meaty (and way more mouth-watering than all that raw broccoli). S makes the mistake of eating her Reuben half first. I know the veggie wrap will taste blah if I eat it second, so I eat it first. It tastes green and...okay. The worst bites carry the flavor of raw broccoli, and the best ones are full of feta cheese. Then there’s a brown sauce leaking out the back end that gives the huge, soft tofu chunks a decent flavor.

But no part of this wrap compares to the salty meat, sauerkraut, and rye flavors of the Reuben. I feel bad for S, who ate them in the wrong order. But not bad enough to give back the other half of the Reuben.

This $10 lunch includes Protein Veggie Wrap or a Reuben for $7.95, with your choice of salad, fries, chips and salsa, or fruit and an iced tea for $1.75.

“This total bill: $10.40.”

By Elizabeth Salaam

Super Sticky Bun and Fun Bathroom Art at Cosmos Coffee Café
My friend S wanted to meet for lunch in La Mesa. But that wouldn’t be till noon, and I needed a place to get some work done. So I sent me to Cosmos Coffee Café. I expected something diner-ly and full of old men playing checkers, but what I found was a hip coffee-shop atmosphere where the young-sters (did I just say that?) behind the counter are cute, the art on the bathroom wall is colorful, and the Wi-Fi does not require a password.

I ordered coffee and a pastry from Sam. He told me their best seller is the danish but that I should try the pecan roll. So I did. It was a good choice for flavor — the pecan crunch along with the sticky goo on top and the soft, warm bread beneath went perfectly with the black coffee — but the super stickiness made it not so good for working between bites. Though the place was fairly busy when I arrived shortly after 9 a.m., I did find a table, and by 10 p.m. it had quieted down. At noon, however, a long line formed in front of the counter once again.

Busy or not, Cosmos is the kind of place where the management is lax enough to let a girl hang out with her laptop for hours at a time. And with my own earphones, I was able to focus on my work even with that gosh-darn rock-and-roll they played overhead.

Total bill: $3.75.

By Elizabeth Salaam

Ramzee’s Mediterranean Mexican and the Quest for the Gyro Burrito
This is a highly personal tale for me.

Several years ago, I had a gyro burrito at the Greek Sombrero in Jamul. I still haven’t forgotten how delicious that burrito was. Unsure as to whether I would ever return to that Greco-Mexican watering hole along the 94, I had resigned myself to the fact that I might never eat another gyro burrito again.

Enter Ramzee, a Mediterranean-Mexican fusion restaurant in the heart of North Park! The online menu verified my hope: They serve a gyro burrito! Apparently the current restaurant is a reincarnation of a Hillcrest shop that closed some time ago. Now there’s a greater focus on bringing together the disparate cuisines of Mexico and the Near East. The gyro burrito fits right in.

The enormous menu board behind the counter did not list a gyro burrito. I scanned it once, twice... “Do you have the gyro burrito?” I asked the guy behind the counter. He said they did! I mentioned that it wasn’t on the menu. “Oh, this is the old menu,” he said. “Soon there will be a new one.”

Perhaps the new menu will be identical to the one I had seen online. Curious that the digital menu should be more up-to-date than the one in the material world. Regardless, I was getting my gyro burrito ($5.45).

I sat on the patio, which is great for afternoon sun and commands a good look at University Avenue...and waited a long time, considering the restaurant was dead. When the burrito arrived, with its little side dish of tzatziki sauce, I was...
After the first bite, my dreams collapsed. There was no rice or cheese or beans. No salsa, no pico. There was only a thin slice of gyro meat and a bit of salad. A burrito, it was not. The most-fitting term would have to be, and I shudder to even type it, a “wrap.” Neither sandwich nor burrito, with the failings of both and the glory of neither. I was hungry, so I ate the whole thing. I also tried some of Ramzee’s carne asada street tacos ($5.50 for three). They were superior to the gyros burrito, barely. The meat was on the watery side and lacked depth of flavor. The dominant taste was, if anything, onion and cilantro rather than rich carne asada.

Overall, Ramzee’s did not deliver on the promise of Mediterranean-Mexican fusion. Ramzee’s, 3028 University Avenue.

Posted Feb. 6 by Ian Pike

$10 Lunch: Aunt Emma’s Pancakes

I have a fondness for diners. They remind me of the cigarettes, coffee, and grilled-cheese sandwiches (if I could afford it, then) of my poetry days, when all I wanted was to be alone with my notebook and my deep thoughts. These days I hardly ever frequent diners, but when I do, it has to be old school. None of that newfangled business where the bacon is turkey or the coffee espresso.

My Friday afternoon visit to Aunt Emma’s Pancakes in Chula Vista gave me a dose of everything I love about diners (minus the poetry). The booth was roomy, the coffee was plenty, and the bacon was bacon.

Another thing I love about diners: Waitresses. Meet Cecilia and Betty. Betty has worked at Aunt Emma’s for 24 years. I ordered my BLT before I saw the boysenberry syrup on the table. Had I seen the purple stuff first, I’d have ordered a waffle and sausages, for sure. But the BLT, though heavy on the mayo, was darn good.

Total bill: $9.36.

Posted Feb. 6 by Elizabeth Salaam

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In the end, the soup and a giant steaming bowl of English breakfast tea ($2.50) work together to tide me over till dinner.

For other light fare, I recommend the hummus plate ($4.85), served with pita triangles, cucumbers, and carrots. If you're hungrier than that, the panini ($6.95) are good, too. My favorite is the Lyla: chicken breast, mozzarella cheese, tomatoes, sun-dried tomatoes, and pesto. Mid-mornings, on the other hand, often call for a breakfast sandwich ($4.95). I take mine on a cheese bagel with bacon.

**Jersey Joe’s Pizza**

Jersey Joe’s is on that less popular stretch of University Avenue — east of Park Boulevard, just before the cool parts of North Park.

Joe’s promises that “East Coast taste meets West Coast style” at the restaurant and, for the most part, they deliver on that. Slices ($2.25 to $4) are the name of the game at Jersey Joe’s. The glassed-off display of pizza by the slice is enormous, and an ambitious number of the menu’s pies are available as slices at any given time.

They have thin crust, thick crust, square, Sicilian style, and an over-the-top pizza called the “baked nitz,” which is (seriously!) an entire pizza with a baked ziti casserole on top. Maybe the most standout slice was the “crisprino.” Roasted zucchini and peppers with fresh mozzarella on a thick crust was hearty but not overkill. The Sicilian slice was excellent as well. The sauce was thick and rich, and the crust was baked to a dark, golden brown.

More on the wild side of things, the chicken/bacon/ranch slice uses a thinner crust but includes the same toppings as that beloved, old-school appetizer the potato skin. It’s rich and greasy and satisfying.

If pizza’s not your thing, Joe’s menu is huge, with sandwiches, subs, salads, and complete dinners such as veal picatta or chicken cacciatore with salad, bread, and pasta for $13 to $18. Jersey Joe’s, 2310 University Avenue.

**Nunzia’s Meat Loaf, with Poetry**

I’m sitting at a table with a rose on it, listening to a guy called m as I get lyrical about “the shift” of 2012 — the end of the world as we know it and the creative forces it’s gonna unleash. At least what you can hear above the bongos this guy’s beating on. But I knew what I was getting into: it’s Wordsmith Wednesday at Nunzi’s Café (1255 University Avenue). “Open mic,” the sign outside said, “7:30 to 10 p.m.”

This is a place I’d never noticed before. I was trotting along University just east of Vermont, heard the buzz, and had to stop. Inside there’s salmon-and-brown-colored walls and a high corrugated-metal ceiling. The microphones on the left, and the tables are crowded. A guy named Adam sits at one that says, “Sign in here.”

But I go through to the back, where the counter is. A guy named Cali takes your order: Angus/chipotle/spinach/bacon/ muenster; $7.50, with chips. As the cheesy, beefy flavors ooze into my consciousness and the coffee hugs down, I get to relax into the crowd a little and this starts to feel like a pretty good scene. A rafter guy’s clever, and this funny guy Dominic DeFalco is funny.
smirmer until it is reduced by half and then half again. The final reduction should have the consistency of maple syrup. Remove the reduction from the heat and allow it to cool.

Next, bring a small pot of water to boil and blanch the asparagus until it is bright green (about a minute). Remove the asparagus from the water with a slotted spoon and plunge it into a bowl of ice water to stop the asparagus from cooking. This will give it a bright green color. After another minute, remove the asparagus from the water and set them on a plate of paper towels and refrigerate them until needed.

Take half of the baguette and slice it open. Slice the bread into thin strips and season with salt and pepper. Rub with the garlic and drizzle with the olive oil. Cook in the oven on a baking sheet covered with aluminum foil for about 6 minutes or until nice and crisp. Remove from the oven and blend in a food processor or a blender until you have breadcrumbs.

On a plate, mix a 2:1 ratio of Old Bay seasoning and flour. In a small bowl, mix one egg with a splash of water and blend with a fork until sunny. Finally, fill another place with homemade breadcrumbs.

Take your salmon from the fridge and remove any bones. Set the salmon skin-side down on the cutting board and carefully slide your knife into the flesh, just above the skin. Create a little ear of skin to hold in your left hand and carefully pull the skin while pushing forward with the knife in your right hand. The goal is to skin the skin off without wasting any meat. Reserve the skin.

With your left hand, coat the fillet in the Old Bay/fLOUR mixture, dunk it in the egg wash, and then set it in the plate of breadcrumbs. With your right hand, coat the bread with breadcrumbs on both sides to get a thick layer of crumbs on both sides. Repeat with both fillets.

Season the remaining half of baguette with salt, pepper, garlic, olive oil, and butter and wrap in foil. Place in the oven for 3–5 minutes. Add two splashes of olive oil to a sauté pan over medium heat. Lay the salmon in the sauté pan until the fillets are golden brown on each side. Remove from the pan and reserve.

Wipe out the sauté pan; heat another splash of olive oil, and sauté the asparagus with salt, pepper, and garlic for about a minute, or until hot.

Finally, portion a mixed green salad on each plate while leaving room for the sandwich. Place the bread on the top, with asparagus, salt and pepper, and garlic mayonnaise, heirloom tomato slices, and top with the salmon. Drizzle with the balsamic reduction and garnish with lemon wedges.

What the Chef Eats

"I was born in Sicily," says Nunzia, the owner. "She’s 33. "My dad’s a chef. But mom and dad both warned me: ‘Don’t do this!’ I’m coming up on my one-year anniversary here. It’s been a rough one. I work 12 hours, seven days. Can’t say they didn’t warn me."

"Seven days. Can’t say they didn’t warn me: ‘Don’t do this!’ I work 12 hours, yeah. I know this place. White nights around the bush. "Guess that’d have to be the corn dog. $2.99."

"The corn dog. I say. Minute later, I take this naked-looking golden thing on a stick. ‘$3.25, with tax,’ he says. I search in the jingle pocket. I just make it. I squish some ketchup on it, and it’s fine. Always did love that breaded coating on the dog."

I notice the place is pretty empty. “When’s the busy time?”

"Come back in a couple of hours, after the bars close. We’ll have a line outside.”

I know what I’m gonna get next time. As I come out I see the sign: “Any dog and a Bud, $6.” It’s a buck more for the Big Daddy or the chili-cheese dog. I pass the arrow guys on the way back."

"Was I right?” says Stephen. "As far as it went,” I say. Posted Feb. 8 by Ed Bedford

Bayu’s Ethiopian: Say “No” to Forks!
Bayu’s has been open for just over a year at the corner of Fifth and University in Hillcrest. Despite its forgettable façade, the doors open into a nicely laid out dining room with white linen on the tables, big windows, a spacious bar, and a facsimile of the heat of a sign-waving war.

"I think we were the pioneers of this, " says Anthony Zizzo. "You should have come."

"Dang it. He’s right. From 3 to 6 p.m. they had $5 wine and $5 African (particularly Moroccan tajine) flavors and the styles of curry popular in northern India. Due to the slow-cooking methods, the dishes are tender and easily digestible, while the seasonings meld together and create heady aromas and complex flavors.

Traditionally, Ethiopian food is served without silverware. In lieu of forks and spoons, diners break off sections of injera (the spongy, sourdough bread that’s an Ethiopian staple) and scoop up food with the fingers — an act that requires a certain deftness and which proves rewarding once mastered.

As stated, Bayu’s is nicer than its first impression might imply, and the food is on par with other African restaurants at the same price point. Vegetarian entrées are under $10, with meat dishes $12 to $14. The menu offers a wide selection of popular dishes with a glossary of basic Ethiopian culinary terms.

The restaurant has Ethiopian beer and wine as well, including the potent honey wine that’s endemic to the country. As a predominantly Christian nation, Ethiopia is more tolerant of alcohol consumption than its neighboring Muslim nations.

First-timers might do well to try a little atakilt, which is potatoes, carrots, and cabbage simmered in spiced butter. The dish is a great gateway into eating with one’s fingers since it’s easy to pick up.

Bayu’s, 530 University Avenue.
Posted Feb. 8 by Ian Pike

Anthony: An End, a Beginning
"I think we were the pioneers of happy hour around here," says Anthony Zizzo. "You should have come."

San Diego Reader February 22, 2012
appetizers in this classy restaurant (Vincenzo, at the corner of India and Date in Little Italy) I’ve passed a thousand times. Always thought it was beyond my wallet.

I’ve caught up with Anthony just after he has sawed off the last patio-rail stanchion on the sidewalk — the restaurant he and his family have run for the past dozen years has closed.

“Dad, Vincenzo, passed away two years ago,” he said. “You should have seen his funeral. The procession came right up the sidewalk — the restaurant he and his family have run for the past dozen years has closed.”

As we speak, Anthony gives Anthony a hug. “I loved you,” he says.

“Me too,” I reply.

Anthony’s going to take time off and think about the next chapter he’s going to take. He goes to his office near Horton Plaza in Kearny Mesa.

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Buy a gourmet short rib grilled cheese combo and get a free Bakersfield crepe. Limit 1 free crepe per coupon. Not valid with any other offer. Expires 2/29/12.

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Cohn Restaurant Group Uncorking a New Concept in Hillcrest
Some restaurant names leave a lot to the imagination. The most recent addition to the Cohn Restaurant Group family, BO-beau, certainly did. The CRG’s latest concept is easier to grasp.

Slated to debut in Hillcrest this summer, it will go by the moniker 100 Wines and will offer...100 wines. Ranging from old to new world, they’ll be available by the glass and the bottle. All of the bottles will fall into one of three price brackets — $20, $30, or $40 — making for easy drinking math.

Small plates will make up the food side of the equation. According to the CRG, those offerings will be influenced by Mediterranean food culture and be devised by BO-beau executive chef Katherine Humphus and “numerous local chefs.”

There’s no word on who those other folks will be, but the space’s designer has been announced: Philippe Beltran, who put his stamp on his own places, including Kensington’s Blue Boheme and South Park’s Vagabond.

100 Wines will be located at 1027 University Avenue.

Tacos and Opera: Los Pueblos
Finding a good place to stop for lunch between errands can be challenging, especially when your errands take you to areas that aren’t known for tasty nibbles. So I was delighted to find Los Pueblos in the shopping center best known as “the Walmart plaza” in Kearny Mesa.

The beans and green rice with peas were good. Like my refried beans a little chunky, with a good bit of seasoning, and this fit the bill.

The tamarind agua fresca was refreshing, homemade without concentrates or artificial flavors. Also on the beverage menu is café de olla, with cinnamon, clove, orange peel, and piloncillo, made in the traditional clay pot, for just $2.50.

Los Pueblos, 7081 Clairemont Mesa Boulevard

Posted Feb. 17 by Mary Beth Abate
Leap Year, Baby. ‘After six years, we switched out some members and just lost momentum,’ says Adam Gimbel of Rookie Card, who’ll play their first full RC set in four years at La Mesas Riviera Supper Club on February 29 (the apropos “leap year” date)

full-length was nominated Best Pop Album at the 2006 San Diego Music Awards, the band went mostly silent, other than a 2008 Whistle Stop set and a 2011 appearance at the Casbah performing Wilco’s A.M. album. “The Riviera show will mostly be Rookie Card songs,” says Gimbel, “but we’re throwing in a few fun covers for those who like to say, ‘I love this song’. A couple of people remember our original tunes, but not that many.”

people interested in, so I let that

that were much easier to get

fun things [Cover Me Badd]

bothered. I got busy with other

years). “It was hard to motivate

momentum, ” says Adam

six years, we switched out

crunchy sound all over town.

peddled their alt-country-

the 21st Century, Rookie Card

hit single, their obsequious ode

is [by] Cirque du Soleil. I don’t

right. One of my favorite CDs

up!

leap-year baby actually showed

two and a half years before a

full-length was nominated Best

class citizens of us because that’s the type of person he is”

Alas de Mosca appears

March 10 at the Latin Film

Festival [UltraStar Cinema at

Hazard Center], March 31 at

Balboa Park’s Centro Cultura
de la Raza, April 21 at Chicano

Park, and April 29 at Artwalk.

— Ken Leighton

It Was the Piano. In

January Chuck Perrin pulled his

Dizzy’s jazz series out of the San

Diego Wine and Culinary Event

Center in the Harbor Club Tow-

ners downtown. “I got a couple

days’ notice that the piano

had to be moved out” It was

the baby grand he’d been

as a loaner for concerts. When

not in use it sat in a corner of

the main room, which was now

needed for an event. “And, I was

told that if I didn’t get it moved

out, they’d push it out onto the

sidewalk.”

Perrin thought he’d found

a home for Dizzy’s when he

moved his operation into the

roomy Culinary Event Center in

2007, although he’d known

to produce a show or two in the

old Cuy warehouse down in the

East Village. He occasion-

ally booked the Walter Keller

warehouse right next door to the

Cuy as well in recent years,

which is the space where Dizzy’s

was founded in 1999. It was

retrofitting that ended Perrin’s

eight-year run there and forced

him to relocate.

“But the piano,” says Perrin

“was only the tipping point.”

(continued on page 76)
Held felt some level of disagreement with the direction the Culinary Event Center was going in the months leading up to his departure. It all stemmed from a change-up in management after the recent exodus to San Diego's new jazz hub: Little Italy. Consider that jazz entertainment can be had there four or five nights a week at Anthology, El Camino, the Spaghetteria, and in the neighborhoods' newest venue, 98 Bottles on Kettner. "It's really interesting," says 98 Bottles co-owner Jill Mesaros, "that all happen to be in the Little Italy neighborhood." She and her husband, Steve opened last September. "It was fortuitous for Chuck and us," she says about the relocation of Dizzy's, temporary or not. "It's been good for us to have such talented musicians in our space."

Perrin admits that held already been looking for another venue weeks before things unraveled at the Culinary Event Center (management did not return phone or email requests for comment). "Wherever Dizzy's is," Perrin says, "they will come." — Dave Good

**The Belgian Connection**

During Belgian singer-songwriter Milow's February residency at Hotel Cafe in Hollywood (which ends February 29), he performed at a February 9 pre-Grammy party at the Belgian consulate residence in L.A., along with local singer/guitarist Carl Durant (himself a former Belgian who moved to San Diego in 2002).

"Before his set, my wife and I had a long conversa-

get a true connection with him, his manager, or his assistant, although we talked easily for half an hour throughout the evening.

"Miow's manager did not want him to be streamed, so they took down the live-stream setup and left before I played my set," he says. However, "During sound check, I jammed with Ted Perlman, who now wants to get me in his studio to record. He congratulated me on my song quality and sound of my voice. I had to Google him, but apparently he played with a lot of big names, Whitney Houston, for example."

Carl Durant appears March 9 at Escondido Joe's and March 11 at Brick by Brick. — Jay Allen Sanford

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**Contemporary**

Chad Deal, Chad Good, Dorian Fargove, Matt Leary, Ken Lightfoot, Bart Mendesia, Jay Allen Sanford, David Stampone
Friday, March 16 through Sunday, March 18

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From Orange County and Los Angeles County: Take I-5 South to Hwy 76, go east 23 miles
Thursday 23
From New Orleans, the “Ninth Ward’s torchiest torch singer,” Linnzi Zaorski, visits America’s finest this weekend. Zaorski is what Grammy would call a “blonde bombshell” because she’s got that movie-star style. With tabs. The natural-born singer swings easy between trad-jazz standards and Depression-era pop on her 2002 debut Linnzi Zaorski & Delta Royale, a very recommendable set for fans of the brand (Lady Day to Squirrel Nut). Zaorski and the Deltas are out to tout last year’s Naughty Sweetie, which tracks Zaorski original “Better Off Dead” from the hit flick The Mechanic, in which she plays a club sanger sining her own song! She’ll be at Bar Pink on Thursday, or if you’re into that speakeasy vibe, check her out downtown downtown in Syrah on Friday...Stringy Syracuse indie-pop act Ra Riot will play a Casbah-cured show at Belly Up later this month. The Orchard, a sophomore set that sounds like a sophomore set, overhunk and wrung out. Still and all, Rhumb Line’ll keep the kids dancing in the clubs for years to come. Dynamic duos the Submarines and Papa open the show...Else: Ti-Two stages local up-and-coming all-rock acts A Beautiful View and the New Kinetics...while Deep Sea Thunderbeast, Bantam Feather, Sleepplaid, and Nothingful fill an indie-eclectic bill at the Tin Can Air House. This is a CD-release thing for Bantam Feather. No clue what the it’s called or what’s on it, but the duo promises wall-to-wall “baritone guitar, baritone drums, and baritone vocals.”

Friday 24
SanFran garage-punk band Terry Malts takes Tower Bar with the release of their debut LP Killing Time. The mystery trio are the band behind Bay Area swank-rock act Magic Bullets. If you get that, substitute Buds for buds and you’ll get what the Bay Guardian calls “gloriously melodic slop packed with noisy punk riffs and classic SST-evoking lyrics.” Chainsaw pop. Permanent Collection and Dead Angle up first. Miss the door and feel like staying uptown, you got punkably trio the Hard Fall Hearts at Eleven (“We came here to rock your ass and chew bubble gum, and we are all out bubble gum!”)...Soda Bar sets up Canada band Chains of Love (“Tina Turner meets Jesus And Mary Chain”)...and Ziggy Shuffledust dons his Thin White Duke disguise for a night of Bowie at the Ruby Room....Cashback welcomes home pop-punk fireball sons the Soft Pack. The Beaters and Plateaus are also on that bill....Nu-metal crew the nFormals play Ché Café with Rob Crow’s wend-ass covers act the Devils. And Bay Area blues singer Tommy Castro takes the stage at Belly Up behind his multiple-award-winning Hard Believer, one of the best roadhouse records I ever heard.

Saturday 25
Three-time Grammy-winning choral group Ladysmith Black Mambazo will be at Anthology Saturday night. With more than 50 studio recordings to its credit, the group this year released Songs From a Zulu Farm, a folk collection that will resonate “whether you are in Ladysmith, Virginia, or Ladysmith, South Africa.” Then, Anthology’s a Reader project, as HQ throws an appreciation party for you, featuring Nervous Wreckords. Midnight Rivals, and Grand Tarantula. Widowed cheap tickets and drinks, Reader readers, so click to this to see if there’s room for you and yerm: readerscity.com/products/2777. I’ll be the guy in the kangaroo suit.... Miss the door in Little It’y. San Pedro punks Toys That Kill will be at Bar Pink with Dirty Ghosts and Bare Wires. SanFran garage-rock band and Nuggets devotees the Fresh & Onlys will play Cashba with Disappearers and Tropic-Birds.

Sunday 26
On Sunday night, Shakedown and Brick by Brick bring a thing to the kids in Mira Mesa, where all-ages rock spot the Epicentre stages. English Dogs, Casualties, Toxic Holocaust, Havok, and the Strikers. The English Dogs are 30-year veteran of the trash-met punk vault. The quartet this year released the EP Get Off My F*lling Moon.... From Costa Mesa, California, electronic dance band Polaris at Noon hits the Griffin with local indie kids: Pretty Too Bad and Jam Sax’s DJ Keith Sweaty spinning “round sets. Keep your eyes peeled on the Griffin’s event calendar, kids, as Joe Rinaldo’s got his ear to the ground and it’s promising fresh sounds in the rehabbed Bay Park bar.... Your dad’s favorite soft-rock band, America, will be at Belly Up. Truth be told, one of my own damn guilty pleasures.

Monday 27
Cashba’s Anti-Monday team tags Brit indie-pop act Veronica Falls. The London-based quartet signed to Sumerland in the states for the release of their s/t debut, which has garnered v. respectable reviews. The New York Times called it “favourable,” with a u. Bleached and DJ Mario set it up.

Tuesday 28
On Tuesday at the Middletown mainstay, you got a folk-pop family affair, featuring He’s My Brother, She’s My Sister. I don’t cotton to bands with such long names, but according to the Cashba’s calendar, they have been called “delightfully original” (Indiehustle) and “forward-thinking folks forging new ground” (New Times). Bad Weather California rolls in first.... Jazz-guitar guna Charlie Hunter’s up the hill at Anthology. For more than 20 years, the Berkeley-born artist has pushed the boundaries to post-bop, acid, and funk with his seven- and eight-string instruments that the cat can make moo like a Hammond. I have no idea what that means, but I like it and I’m not rewriting it.... Utter mentionables: Secret Fun

cal Popsicle...hard-core hip-hopper DMX (“Divine Master of the Unknown”) rolls up on 4th&8 behind his new deal, Undisputed...country-fried alt-rockers the Blackout Party play the Riviera Supper Club...and Belly Up will be throwing a Johnny Cash birthday bash, featuring SD’s hands-down best Man in Black tribute act, Cash’d Out.

Club Crawler This Week In Music

The Books at House of Blues

Concerts convene at Tower Bar with Batwings, Moosejaw, and Monogamy Party...and the Texas-based, Grammy-winning Chichano-rock trio Los Lonely Boys will play an acoustic set at Belly Up. Yawn.

Wednesday 29
Yawn plays House of Blues before Blippop ‘n rock band the Kooks. The Kooks are a four-piece from Brighton that last year released their third Virgin pile, lunk of the Heart. It’s what we at the Monk house call Forever XXI music — the type of tunes you’d hear at that particular Fashion Valley haberdashery. It makes you buy stuff you shouldn’t because it’s youth-ful and Evil “Jackie Big Tits” is a fun one, tho.... Sac-town dance-ponks III (chek-chek-chek) will be at Cashba Wednesday night behind their new-ish EP Jamie. My Intentions Are

Bass, a “funk, dub, left-field disco, and Krautrock” rounding of the bases. With Wild Belle and DJ Velvet Touch on the bill, this’ll be the gig to see humpnight.... Best of the rest has Canada’s premier barbo man Jayme Stone singing his Swingy thing at the Loft at UCSD...Whistle Stop puts on electro-experimental Snaaksuit this Commune Wednesday...Soda Bar draws a draught of indie-pop, with Cloud Nothings, Classic Education, and the Lanters...and SD quadramentals Rookie Card rock and roll their leap yearly reunion show to the Riviera Supper Club out in God’s country (Loma Mesa).

— Barnaby Monk
Find Club Crawler online at SDRoadeer.com/club-crawler

...hard-core hip-hopper DMX (“Divine Master of the Unknown”) rolls up on 4th&8 behind his new deal, Undisputed...country-fried alt-rockers the Blackout Party play the Riviera Supper Club...and Belly Up will be throwing a Johnny Cash birthday bash, featuring SD’s hands-down best Man in Black tribute act, Cash’d Out.

Tuesday, May 22nd
Hugh Laurie

Tickets on sale Friday @ noon

Get pre-sale tickets on Wednesday by signing up at BellyUp.com!
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San Diego Reader February 22, 2012 73
Brutal Industry

“We knew things were changing, but nobody knew where things were gonna go.”

‘Y ou’ve caught me at a milestone in my life.” Meaning the ten-year anniversary of Loud and Clear Records?

No, says label owner Brad Lee. “This is my second day in San Diego without a day job.” For the past seven years he’s worked at Merch Lackey, hustling product for clients such as Jack Johnson.

Lee sits at the console in the Kearny Mesa recording studio he co-owns with Black Heart Procession’s Pall Jenkins and Zach Smith of Pinback. Some studios are sterile; this one is not. For one thing, it has gravitas. As in, “Black Heart Procession Made Six Here.”

The sound booth is illuminated by the amber glow of a 12-foot neon sign with the word Pharmacy. It came from a drugstore that went out of business. “One night Pall called me and asked if I wanted to do something incredibly stupid.” He did. “So we got ladders and took the sign down off an abandoned building and put it in the van. It looked a lot smaller when it was on top of the building.”

Loud and Clear Records has its roots in Santa Barbara, the founding of which came after Lee was cut from his college water-polo team. “The day after I got cut, I put an ad looking to join a band. My girlfriend dumped me, and my band broke up. I said, ‘I gotta get out of here.’” On the drive south he listened to a Three Mile Pilot song called “The Longest Day.” “They were one of my favorite bands, and it was one of my favorite songs. I listened to it intentionally, as if it fit the day in my life perfectly.”

The singer was Pall Jenkins. The two would become serious friends, roommates, studio partners, and even bandmates after Jenkins asked Lee to do a tour with Three Mile Pilot. “The things you are drawn to when you put yourself into something completely,” Lee says. “It’s kind of like providence.”

Brad Lee is actually Bradley Lefkowits, Brad Lee being a play on Bradley. He turns 32 in April. Raised in Palo Alto, Lee now lives with his dog in Hillcrest and tours in a band called Album Leaf. Does Loud and Clear make any money? The answer is an immediate “no.” “This is the record business.”

He describes the past ten years as a guessing game. “We knew things were changing, but nobody knew where things were gonna go. Nobody knew how to be a band in the digital world.” He talks about the illusion of social networking. “There are bands that go from zero to 100 miles an hour by the click of one Pitchfork editor’s mouse. But will they last? How many will write stuff that lasts? A lot of people chase trends. The ability to get music from creation to the public so quickly makes trend-chasing really easy. That’s never been what I’m about.”

One of the biggest changes since Lee started the label? “Gas was a dollar fifty. You want to talk about change? Four-dollar gas has had a huge impact on small-band tours. You want to try and make it to New York and back? Good luck.”

He says it is harder than ever to land a record deal. “Record sales are nonexistent. I know bands that used to sell 50,000 units that now sell 1500. On an indie level, there’s really no need for a label. I’ll still press a 7”, but most of my time is spent with bands making a plan, telling them how to spend their time and money wisely — things they need to figure out in order to have any longevity in a brutal industry.”

Any local bands he’d like to sign? Lee says he doesn’t think about business that way. “It’s always been a natural thing when I put out a record. It always comes up over a beer or somebody sends me an MP3.”
San Diego Reader
February 23, 2012
Saturday, 9pm — Lixx and Rush’d.
Friday 7844 Ave., Pacific Beach, 858-483-8044. $15.
Barbecue: 2307 Main St., Julian, 760-765-2301. Saturday, 9pm — Phil Diiorio & the Knife Edge. $5.
Brenda’s: 1041 15th St., Downtown, 619-232-4355. Tuesday, 9pm — Sun King. $8-$10.
Brewers & Bar: 3833 University Ave., Hillcrest, 619-232-4355. Thursday, 8:30pm — Intrigue. $8-$10.
Brick by Brick: 1337 India St., Little Italy, 619-255-7885. Thursday — Arturo Sandoval. $21-$36.
Brother She’s My Sister: 1632 39th St., Hillcrest, 619-275-5483. Saturday, 8pm — America. $20-$25.
Clairemont Library: 3185 Middleburry Dr., Clairemont, 858-534-2331. Wednesday, 7pm — Tanya Taggart. Free.
Clairemont Library: 3185 Middleburry Dr., Clairemont, 858-534-2331. Thursday, 6pm — Third Street Tango Orchestra. Free.
Clairemont Library: 3185 Middleburry Dr., Clairemont, 858-534-2331. Thursday, 6:30pm — Third Street Tango Orchestra. Free.
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This week’s shows
4th&B: 345 B St., Downtown, 619-231-4343. Saturday, 9pm — DMX. Hardcore hip-hop.
Sunday, 9pm — McAuley-Scheelker Group. Glam metal.
710 Beach Club: 710 Garnet Ave., Pacific Beach, 858-483-7844. Friday, 9pm — Lixx and Rush’d.
Friday, 9pm — Lixx and Rush’d. Saturday, 9pm — Ballyhoo.
Saturday, 8pm — Fred Benedetti. George Harrision tribute. $15.
Anthology: 1337 India St., Little Italy, 877-828-0891. Thursday — Mateo. Soul/R&B.
San Diego Reader
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Belly Up: 6361 Paseo Delicias, Solana Beach, 858-459-0474. Friday — Raymond Raye and Heretic. $10. Saturday, 6pm — The Heroes. $15-$20.
Classical Music Guide. Music videos, driving directions, maps, event alerts, coupons, and more available online at SanDiegoReader.com/music.
HOW TO SUBMIT A MUSIC LISTING: To send a weekly or monthly schedule, fax to 619-231-0489 or mail to Reader Music Scene, P.O. Box 85803, San Diego, CA 92186. You may also submit information online at SanDiegoReader.com/music.
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Thursday — Hot Chelle Rae. Saturday — Mat Kearney. Wednesday — The Kooks.

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Saturday, 8:30pm — Joey & the Sting Rays. Country. Free.
Sunday, 1pm — Deborah Blake & Zero Gravity. $5.

The Loft: 9500 Gilman Dr., UTCSD, 858-534-8497.

Molly Malone’s: 1270 Main St., Ramona, 760-789-9050.
Friday, 9pm — Stone the Giant. Rock. Free.
Saturday, 9pm — Moxie. Free.

Pal Joey’s: 5147 Waring Rd., College Area, 619-582-6699.
Friday, 9pm — Kitten with a Whip. Free.

Patrick’s II: 428 F St., Downtown, 619-233-3077.
Friday, 9pm — Bill Magee Blues Band. Free.

Friday, Saturday, 8pm — Roger Hodgson of Supertramp.

Saturday, 8pm — Guitar Masters: Andy McKee, Antoine Dufour, and Stephen Bennett.

Robbie’s Roadhouse: 530 N. Coast Highway 101, Encinitas, 760-634-2365.

day of show.

RUBY ROOM: 1271 University Ave., Hillcrest, 619-299-7372. Friday, 8pm — Ziggy Shuffledust. David Bowie tribute. $10.
Saturday, 8pm — Four Minutes Till Midnight. $10.

San Dieguito United Methodist Church: 170 Calle Magdalena, Encinitas.
Saturday, 7:30pm — The Browne Sisters and George Cavanaugh. Celtic. $15-$18.

Shakedown Bar: 3048 Midway Dr., Midway District, 619-487-0373.
Friday, 10pm — The Aggronauts and Chango’s Psychotic Garage. Saturday, 1pm — Dorsamba and Reverber.

Soda Bar: 3615 El Cajon Bl., City Heights, 619-255-7224. Thursday, 8:30pm — King Britt. $10-$12.
Friday, 8:30pm — Chains of Love. $5.
Saturday, 8:30pm — The Grimes and Born Gold. $10. Wednesday, 8:30pm — Cloud Nothings. $10.

Saturday, 6:30pm — Steal the Scenery. CD release. $10.

Sound Wave: 3105 Ocean Front Walk, Mission Beach, 858-320-2100. Friday, 8pm — Tomorrow’s Bad Seeds and Pacific Dub.

The Stage Rock Bar & Grill: 763 Fifth Ave., Downtown, 619-696-9436. Thursday, 10pm — Seismic Dubstep. Friday, 10:30pm — The Disco Pimps. Saturday, 10pm — DJ Miss Dust. Free.


Friday — Le Roi, Shantelle, Trashcan Fires. $5.
Saturday — Memoire and Shiva Trash. $5.

The Dunwells are the latest players in the emerging West London folk scene to come to America. When they play the Belly Up, it will be for the first time. The latest UK folk invasion is a true multitude of aging genres, but no one seems to care. West London bands are the hot ticket right now. The Dunwells’ label calls them Celtic/American folk/rock/blues/pop, and everyone says “Mumford and Sons” or “Fleet Foxes” by way of comparison. I hear more early Fleetwood Mac than Mumford in the Dunwells, but I think what most fans are responding to, genre mystification or not, is the band’s unashamed musicianship and the passion that drives them during a live show. Joe Dunwell plays his guitar and sings like a hungry man.

The Dunwells make roots music with five-part bluegrass harmonies and a load of stringed instruments, including guitars and dobros and banjos and everything in between. The band is brothers David and Joseph, Rob Clayton, and guitarist Jake Hanson. I asked Joe Dunwell about “Blind Sighted Faith,” the title track from their debut CD. Is it a subliminal reference to late ’60s Brit super-group Blind Faith? Dunwell says no, that the song was written during a stretch of band poverty and became their equivalent to Journey’s “Don’t Stop Believin.”

But the Dunwells caught a break and managed to book themselves into all the major UK folk-rock festivals, where their hammering live shows generated buzz — real buzz, among real fans — a notion that is so outdated in a world gone digital as their music.

Los Lonely Boys also perform.

THE DUNWELLS: Belly Up Tavern, Tuesday, February 28, 8 pm. $42 advance; $44 day of show.

Find more Of Note columns online at sdreader.com/notes.
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**Elder’s Dead Roots Stirring**
By Mary Leary

What the heck does “dead roots stirring” mean? Is it meant to evoke horror? But it’s never made sense to over-analyze realtor, metal-makers’ thought processes. Unions may be struggling. Americans wear clothing and drive cars often made elsewhere. But musicians still hunt for warehouses in which they can endanger their hearing by emitting an unholy noise. I believe Alex (A Clockwork Orange) would like the crunching guitars and thudding percussion; the slickly guitars and smashing cymbals on Elder’s second album. It’s pretty horror-show, and when it’s not, it’s sometimes downright pretty (enduring the 12-minute title track’s occasional meandering has its rewards, as do the pastoral, ’70s shadings leading into the mounting drama of “I’ll.”

Guitar tones combine juiciness with dirt in a way that had to require hours of research. The cover art, featuring a naked woman clinging to the foot of a tree (don’t ask), is fairly tasteless. That’s oddly comforting: doom ‘n’ gloom metal’s enduring the 12-minute title track’s occasional halfheartedness. From moment Cruz — dressed in requisite Hawaiian shirt — plugged his guitar into the amps and started strumming his “acoustic soul” (the title of his first album), he cast a feel-good spell that reminded me of getting off a plane in Oahu and feeling the warm trade winds brush your senses. Cruz sang almost all the songs from his two CDs with some surprises, including “Waimanalo Blues,” a mellow, bluesy tune about one of my favorite beaches, which is being threatened by developers. And he sang “Hi’Ilawe,” which recently got selected for the soundtrack of the hit TV series Hawaii Five-O. Cruz appears comfortable singing in either Hawaiian or English. But not to be overshadowed by his songwriting or his singing is his laidback yet impeccable acoustic-guitar playing. He even showed a few Chicago-style blues guitar on “Baby’s Gone Blues.” Cruz ended his set and encore with the lyrics from another of his signature songs, which got embedded in my head, “Shine on, shine on, let your light fill up this world till dawn.”

**Up to $100 for your concert review, $25 for your CD review. Submit at SDReader.com/critic**
Avenue 5: Tuesday-Saturday, 3-7pm: $2.50 drafts.

BAY PARK
The High Dive: Monday-Tuesday, Thursday-Sunday, 9-11pm: $3 wells, $2 off local drafts, $1 off wine, $4 off bottles of wine, $1 off specialty-drink menu Wednesday, 9-11pm: $3 wells, $2 off local drafts, $1 off wine, $4 off bottles of wine, $1 off specialty-drink menu.

BONITA
Sapphire 18+ Lounge & Hookah: Tuesday-Saturday, all night: Cheap drinks. Cheap eats. 1/2-off appetizers. house & domestic beers, house wine, 5-8pm: $2 off wines by the glass; $3 imports, $3.75 wells, house wine, sangria. $3.75 drafts, $3.75 wells, $2.50 domestic drafts, $3.75 well, $4 house wine. Miso, edamame, $.99.

CARLSBAD
Mr. Peabody’s: Monday-Friday, 11am-6pm: $2.50 domestic beer, wine, tacos shots, wells, $1.50 margaritas. Free taco bar 3pm to 6pm with drink purchase.

CARMEL MOUNTAIN
Oggie’s Pizza & Brewing Co.: Tuesday-Friday, 3-7pm, 9-11pm: $1 beer, mixed drinks, 1/2-off appetizers.

CHULA VISTA
Achote Restaurant: Daily, 4-7pm: Two-for-one drinks.

Hive Sushi Lounge: Daily, 5-7pm: $2 domestic, $4 micro, $2.50 sake, $3.50 wine, $4 house wine. Miso, edamame, $9.

JAPANESE
Achiote Restaurant: Daily, 4-7pm: $2.50 domestic beer, house wine, $3 premium beer, $3.75 wells.

Venetian Vini Vidi Vici: Monday-Friday, 5-7pm: $1 off all drinks.

CITY HEIGHTS
The Tower Bar: Monday-Friday, 4-7pm: $3 wells and import drafts.

CLAIREMONT
Cucina Italiana: Wednesday, 12-11pm: select wine bottles.

COFFEE & TEA
Blue Fern: Tuesday-Saturday, 9-7pm: $1 off craft beer; $1 off wine, $4 domestic bottles.

COLLEGE AREA
Pal Joey’s: Daily, all day: $3 personal pitchers.

CONCORD
Costa Azul: Monday-Friday, 3-6:30pm: $3 Bud Light pits, domestic bottles. $3.50 imported bottles, well, house wine, sangria. $3.75 drafts, $6 margaritas, mojitos. $2.95 tacos, $2.95 shrimp, $5.95 nachos.

DEL MAR
Crepes and Corks Restaurant and Wine Bar: Tuesday-Saturday, 3-6pm: $2 off select wines-by-the-glass, $1 off drafts. 15% off appetizers.

DOWNTOWN
House of Blues: Daily, 4-7pm: $2 domestic drafts, $3 wines, $3 martinis. Killer happy hour menu.

The Stage Rock Bar & Grill: Daily, 4-6pm: 1/2-off all beers, wine, $1 off on drafts.

EAST VILLAGE
Hive Sushi Lounge: Daily, 5-7pm: $2 domestic, $4 micro, $2.50 sake, $3.50 wine, $4 house wine. Miso, edamame, $9.

Monkey Paw: Monday-Friday, 5-8pm: $1 off drafts and cocktails.

EASTLAKE
Chili’s: Monday-Friday, 3-7pm: $1 off drafts, house margaritas; $4.99 premium margaritas. 50% wings.

EL CAJON
Blamey Stone Pub: Monday-Friday, 4-6pm: $5 off all drinks.

ENCINITAS
Cap’n Kenos: Monday-Friday, 6pm-midnight: $2.50 drafts, wells. Free appetizers.

ESCONDIDO
Vinz Wine Bar & Tasting Room: Daily, 5-7pm: $6 wine, tapas, $4.50 wells, $3 doggie bites.

FALLBROOK
Aqua Terra: Monday-Friday, 4-6:30pm: $3 domestic, $9 pitcher, $4 imported, $12 pitcher, $5-off sushi rolls (no sushi on Monday).

GOLDEN HILL
Turf Supper Club: Friday-Sunday, noon-4pm: $1 off all beer/wine/spritizens; $5 lunch: 1/2-lb. burger, chicken sandwich, or two Louisiana hot links and chips.

GRANTVILLE
JT’s Clubhouse Pub & Grill: Monday, 11am-7pm: $3 domestic pints, 11am-4pm: 254 wings. Tuesday, 11am-7pm: $3 domestic pints, 11am-4pm 11oz. Wednesday, 11am-7pm: $3 domestic pints, 11am-close: $1 sliders. Thursday, 11am-7pm: $3 domestic pints, $2.25 1/2-lb. burger with fries. Saturday, 11am-7pm: $3 domestic pints, 4-8pm: $1 off all food. Sunday, 11am-7pm: $3 domestic pints.

Tio Leo’s: Monday-Friday, 3-7pm: $3 domestic & Mexican pints, $4 house margaritas & well drinks.

HARBOR ISLAND
The Boathouse: Daily, 2:30-5pm: $1.99 margaritas, $3 Caeser margaritas, $3 Karl Strauss, $4 mojitos.

HILLCREST
The Alibi: Daily, all day: $3 dipper wells.

IMPERIAL BEACH
Club Bananas at Lydia’s Cafe: Daily, open-11pm: $3 wells & domestic.

KEARNY MESA
Tajima Sushi & Japanese Tapas: Monday-Thursday, 5:30-7pm: $1 off sake house/drafts.

KENSINGTON
Til-Two: Daily, 4-7pm: $3 wells and imported drafts.

LA JOLLA
La Jolla Brew House: Tuesday-Sunday, noon-7pm: $2 off craft beer, $3 wells and house wines, $3 off appetizers. Friday-Saturday, 10pm-close: $2 off craft beer, $3 wells and house wines.

Su Casa: Monday-Friday, 5-7pm: $1 off drafts and appetizers (excludes seafood & guacamole)

KRONSTADT
Fat City Steakhouse: Monday-Friday, 4-7pm: $2 drafts, $3 wells, $4 wine. 1/2-off appetizers.

Puerto la Boca: Daily, 4:30-7:30pm: $3 house wine, $3.50 drafts, $6 house martinis. 30% off appetizers.

LAKESIDE
Coo Coo Club: Monday-Friday, 4-7pm: $2.75 wells, domestic bottles, drafts.

LEMON GROVE
Dirk’s Niteclub: Monday-Saturday, 4-7pm: $5 off all drinks $4.50 or less. Sunday, 6pm-2pm: $1 off bloody marys.

LEUCADIA
Bar Leucadian: Daily, 4-7pm: $2.75 wells, $2.50 beer of the month, shot specials.

LINCOLN PARK
L & L Hawaiian BBQ at Market Creek Plaza: Monday-Friday, 4-8pm: $2 domestic drafts. $1 off appetizers. Sunday, all day: $1 drafts. $1 tacos & wings.

LINDA VISTA
Tio Leo’s: Monday-Friday, 3-7pm: $3 domestic & Mexican pints, $4 house margaritas & well drinks.

LITTLE ITALY
Fat City Steakhouse: Monday-Friday, 4-7pm: $2 drafts, $3 wells, $4 wine. 1/2-off appetizers.

Midtown Bar & Grill: Daily, 3-7pm, 9pm-close: $1 off pints, $2 off tall beers.

LITTLE MESA
A Taste of Boston: Daily, 3-7pm: $2.25 Bud draft, $2.75 bottled beer.

Join the Jam! Music writers looking to hone their chops or spread the word on the San Diego scene, the Reader’s Jam Session blog is world wide, baby!

Plug in @ sandiegoreader.com/jam-session/

<External Image>
American humorist James Thurber once said, “One martini is all right. Two are too many, and three are not enough.” While most of us instinctively know this to be true, there’s no better place to test its enduring veracity than **Martins Above Fourth** in Hillcrest.

A short elevator lift from the entrance to Kous Kous Moroccan Bistro and Lounge, Martins specializes in over 100 twists on the iconic beverage in a comfortably classily environment. Though the elitist may cringe at Martins’ vodka-centric concoctions, drinks are served in generous ten-ounce pints that call for reconsideration of Thurber’s formula or, in the case of the Mega-Martini pours that call for reconsideration of Thurber’s elitist may cringe at Martinis’ vodka-centric concoctions, drinks are served in generous ten-ounce pints that call for reconsideration of Thurber’s formula or, in the case of the Mega-Martini pours that call for reconsideration of Thurber’s elitist may cringe at Martinis’ vodka-centric concoctions, drinks are served in generous ten-ounce pints that call for reconsideration of Thurber’s formula or, in the case of the...
Blue Wave Bar & Grill: Daily, 4-7pm: $1 off all drinks, house wine.

Channel 1 Sports Bar and Grill: Daily, 4-7pm: $1 off all drinks, house wine.

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Sun-Thurs Noon-1am Fri-Sat Noon - 2am
**San Diego Reader**

**Theater listings**

Theater listings and commentary are by Jeff Smith. Information is accurate according to material given us, but it is always wise to phone the theater for any last-minute changes and to inquire about ticket availability. Many theaters offer discounts to students, senior citizens, and the military. Ask at the box office.

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**42nd Street**

Coronado Playhouse presents the musical celebration of Broadway (hard work, being in the right place at the right time). Songs include "You're Getting to Be a Habit with Me," "We're in the Money," and "Lullaby of Broadway." CORONADO PLAYHOUSE, 1835 STRAND WAY, CORONADO. 619-435-4855. 8PM THROUGH SATURDAYS, 2PM SUNDAYS, THROUGH MARCH 4.

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**A Raisin in the Sun**

Lorraine Hansberry's breakthrough drama (1959) is in loving, unflinching hands at Moxie Theatre. Directed by Delilah Turner Sonnenberg, the ensemble and design work are first rate. And outstanding performances by Mark Christopher Lawrence, as conflicted Walter Lee Younger, and Sylvia Malafi Thompson, as his mother Lena, make the production one of Moxie's finest ever. The Youngers have lived in their cramped, Southside Chicago apartment for decades. A $10,000 inheritance could help move out, to an uncertain future, but their pride. By play's end, the old, personal valleys. By play's end, the old, competing dreams. But before they can try for what are thinly drawn beings.

---

**Father's Land**

The Old Globe/USD Graduate Theatre Program presents Brian Frield's adaptation of Ivan Turgenev's novel about a disturbed medical student. Ray Chambers directed.

**God's Trombones**

Ira Aldridge Repertory Players, in conjunction with Educational Cultural Complex, present James Weldon Johnson's "Seven Negro Sermons in Verse," adapted and directed by Calvin Manson. Educational Cultural Complex, 3434 Ocean View Blvd., MOUNTAIN VIEW, 619-527-5256. 8PM FRIDAYS AND SATURDAYS, 3PM SUNDAYS, THROUGH MARCH 4.

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**Grace and Glory**

Broadway Theatre stages Tom Zeiger's comedy-drama about an elderly backwoods woman and a hospice worker whose relationship may have an ulcerated motive. Ran-dall Hickman directed.

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In Lamb's Players' production of *Guys & Dolls*, songs run like New York cabs, another's always just around the corner. (Pictured: Eileen Bowman, Lauren King, and April Henry)

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**Guys and Dolls**

In Frank Loesser's classic musical, songs run like New York cabs: another's always just around the corner, often a great one at that. Lamb's Players opening-night performance was spotty. The leads, Brent Schindele and Kelsey Venter sang well but played Sky Master-sen and Sarah Brown toned down, almost as ensemble roles. Colleen Kollar Smith's choreography was spectacular in design, though not in execution. Overall, the performance had a "give them a week to settle in" feel. Eileen Bowman's terrific Adelaide's an exception. Wearing some of Jeanne Reith's flashiest costumes, Bowman played the chronic sniffer ("a boy-son could develop a code") like a dream role come true.

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**How to Succeed in Business Without Really Trying**

Welk Resort Theatre stages the popular Frank Loesser/Abe Burrows musical about J. Pierpoint Finch's meteoric rise up the corporate ladder. Ray Limon directed and choreographed.

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**In the Wake**

If Ellen never had to choose, she'd have it all and demand more. Lisa Kron's epic "state of the nation address" opens like a scene from Friends. But as Ellen tells us from a later point in time, it was not. She had a blind spot. The play systematically unravels the scene and Ellen's self-serving world views. In the Wake is longish and tarry. But director Delilah Turner Sonnenberg and an outstanding cast (Aubrey Saverino, Fran Gercke, Jo Anne Glover, DeAnna Driscoll, Alexis Louise Young, Stephanie Dunnam, and Karson St. John) fill the evening with vivid life.

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**Late Nite Catechism**

Welk Resort Theatre reprises its popular production of Maripat Donovan's very funny (and serious) comedy. Sister of the Old, spare not the rod School, is substitute teaching tonight.

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**LISTINGS**

**THEATER**

**Grace and Glory**

**Guys and Dolls**

**How to Succeed in Business Without Really Trying**

**In the Wake**

**Late Nite Catechism**

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Worth a try.
"DIVERSIONSARY THEATRE, 4545 PARK BL., UNIVERSITY HEIGHTS. 619-220-0007. 8PM THURSDAYS THROUGH SATURDAYS, 2PM AND 7PM SUNDAY, 8PM MONDAYS, THROUGH MARCH 25.

Night Stage to Big Shift
Peggy Sue Productions presents a dinner-theater show set in 1853. "When a new mine and a dead lawyer are discovered, everyone becomes a suspect." MKII'S CAFE, 5639 EAST VALLEY PARK-WAY, ESCONDIDO. 7:30PM FRIDAYS AND SATURDAYS, OPEN-ENDED RUN.

Rich Little in Jimmy Stewart & Friends
For five days only, master impressionist Rich Little will appear at the Welk Theatre. WELK RESORT THEATRE, 8860 LAWRENCE WELK DR., ESCONDIDO. 808-860-7469. 1PM WEDNESDAY.

Squawk
SDSU Theatre presents a "madcap adventure...set in a community of birds" holding a Peace Song Competition to foster community spirit. SDSU EXPERIMENTAL THEATRE, COL-LEGE AREA, 619-594-6884. 7:30PM THURSDAY AND FRIDAY, 2PM SATURDAYS, THROUGH FEBRUARY 26.

The Blood Countess
DangerHouse Productions presents Kevin Six's drama about the "real" Count Dracula: a woman named Countess Elizabeth Bathory, who may have been a serial vampire. Six directed. VICTORY THEATER, 2558 IMPERIAL AVE., GRANT HILL. 619-238-1071. 8PM THURSDAYS THROUGH SATURDAYS, THROUGH MARCH 3.

The Car Plays
As part of its site-based "Without Walls" series, the La Jolla Playhouse presents ten-minute plays, each taking place in a car and each by a different playwright. LA JOLLA PLAYHOUSE, 2010 LA JOLLA VILLAGE DR., UCSD. 858-550-1010. 5:30PM, 7PM, AND 8:30PM THURSDAYS AND FRIDAYS, 3PM AND 7PM SATURDAYS, 4PM AND 8PM SUNDAYS, THROUGH MARCH 4.

The Comedy of Errors
Three performances stand out in New Village Arts staging of the Bard's early comedy. Amanda Con- ton, Max Macke, and Dana Case speak clearly and develop lively characters. But compared to them, everyone else either rushes their lines or pushes the comedy past the point where it's funny. Or both. The result, too often, is a heavy-handed approach to a play that begs for lightness of touch. New Village resets the play in a 50's TV studio before a live audience. The choice is intriguing, at first. NEW VILLAGE ARTS THEATRE, 2787 B STATE ST., CARLSBAD. 760-433-3245. 8PM SATURDAYS AND FRIDAYS, 3PM AND 8PM SATURDAYS, 2PM THROUGH MARCH 4.

The Dinner Detective North San Diego
An interactive and improvised comedic murder mystery set in the present day. None of our performers are dressed in costume, but instead are dressed just like everyone else; therefore, the audience doesn't know who's who's part of the show and who isn't. CALIFORNIA CENTER FOR THE ARTS, ESCONDIDO. 760-839-4138. 6:15PM SATURDAY, 7:30PM SATURDAY, 8PM THURSDAYS AND FRIDAYS, 7PM SATURDAYS, 8PM THROUGH MARCH 4.

The Marvelous Wonderettes
San Diego Musical Theatre presents Roger Bean’s “trip down memory lane”: two proms ten years apart, at Springfield High. Bean directed. BIRCH NORTH PARK THEATRE, 2910 LA JOLLA VILLAGE DR., UCSD! THE VAGINA MONOLOGUES, written by award-winning playwright Eve Ensler, will benefit the San Diego Center for Community Solutions and the V-Day Sale House in Haiti.

A charity performance of the Vagina Monologues, written by award-winning playwright Eve Ensler, will benefit the San Diego Center for Community Solutions and the V-Day Sale House in Haiti. UCSD PRICE CENTER, 9500 GILMAN DR., UCSD. 858-534-6467. 8PM WEDNESDAY.

Visiting Mr. Green
North Coast Repertory Theatre presents Jeff Baron’s comedy-drama about a retired dry cleaner and a 29-year-old corporate exec. and the unlikely bond they create. Christopher M. Williams directed. NORTH COAST REPERTORY THEATRE, 9870 LOMAS SANTA FE DR., SOLANA BEACH. 858-481-1055. 8PM THURSDAYS AND FRIDAYS, 2PM AND 8PM SATURDAYS, 2PM AND 7PM SUNDAYS, 7PM WEDNESDAYS, THROUGH MARCH 11.

The Real Inspector Hound
Palomar Performing Arts stages Tom Stoppard’s spoof of ‘30s and ‘40s mystery movies. Pat Larmer directed. PALOMAR COLLEGE PERFORMANCE LAB (ROOM D-10), 1140 WEST MISSION RD., SAN MARCOS. 760-734-1550; 8PM FRIDAYS, 8:30PM SATURDAYS, 2PM SUNDAYS, THROUGH MARCH 4.

The Recommendation
Aaron Feldman isn’t just entitled, he’s exempt. He’ll never have a worry in his life. So playwright Jonathan Caren plucks him where the social network can’t reach him: jail. Aaron makes a pact with Dwight (as connected behind bars as Aaron is outside), then fails to follow through. The play has a schematic feel (for the ethical dilem-mas to unfold, things must happen in spite of logic), but Caren has a terrific comic touch and a gift for dialogue. And the Old Globe’s hip, brassy production boasts three fine performances (Evan Todd, Jimonn Ellis, and Brandon Gill) and outstanding design work. Critic’s Pick. SHERYL AND HARVEY WHITE THEATRE, 1363 OLD GLOBE WAY, BALBOA PARK. 619-234-5623. 8PM WEDNESDAYS, THROUGH MARCH 11.

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The Comedy of Errors
Three performances stand out in New Village Arts staging of the Bard’s early comedy. Amanda Sit-
The Good Man Inside

He is one of those whom Israel will later honor as “righteous among the Gentiles.”

In Darkness

Time to get out the good word a little early about In Darkness. It opens March 2, and serious, challenging movies such as this often have difficulty staying in theaters. It is no blockbuster, but it is one of the best Holocaust dramatizations and surely one of the year’s best films.

Agnieszka Holland, Polish despite the surname, directed this factually based film set in the old Polish city of Lvov (now Lviv in Western Ukraine, once Lemberg to the Germans). Its key figure is a Pole, Leo “Poldek” Socha, who works on the sewers that run under not only his Catholic church but the nearby Jewish ghetto being destroyed by the retreating Germans in 1944. Played by Robert Wieckiewicz, whose tough, boiled-potato face would fit perfectly into the Polish districts of Chicago, Poldek isn’t above pilfering or buying stuff from desperate Jews whose Lvov roots go back to the 1200s.

He has the old Slavic Christian prejudices and expletives about Jews as grasping, quarrelsome “Christ killers.” His big, blonde wife, Wanda (very appealing Kinga Preis), informs him that Jesus was, for sure, a Jew. Their lovely daughter is the sign of a good marriage, and In Darkness is centrally about how Poldek finds the good man inside himself.

After guiding a small group of Jewish refugees from the ghetto to obscure spaces in the sewers, he continues to sell them food and is irritated when their haughty, German-speaking elder haggles with him about costs. But he can’t get his conscience free of these people, especially the women and kids. Poldek has accepted the darkness, stench, rats, and dreck, but he can’t accept human beings living there or being hunted like animals. Grudgingly but courageously, he is on his way to being one of those whom Israel will later honor as “righteous among the Gentiles.”

Holland and writer David F.
Shamoon have created a throbbing reality that highlights fearful faces, often by torchlight, in dank, grim spaces. Few of the people seem generic, though a top Nazi officer does prance by on a horse to a Strauss waltz. Having the bravest Jewish resister played by a strapping, Aryan-looking German (Benno Fürmann) is a little touchy. The two sex scenes down in the sewers seem questionable.

Holland, 63, is one of those strong, honest, humane directors (The Secret Garden, Europa Europa, Washington Square) whose films get terrific reviews but seldom leave the art-film “ghetto.” In Darkness is a consummate work, not so soberly elegant as Polanski’s The Pianist and less rigged to make a Total Statement about the Final Solution than Spielberg’s Schindler’s List. Next to Oskar Schindler, Poldek seems a modest hero. That is why he deeply fits this scared, self-doubting, honestly detailed heroism, and by the end he looms large in our gratitude. Holland was mentored by the great Polish director Andrzej Wajda, who made exciting history dramas. This film is her virtual companion for his Kanal (1957), about resistance fighters living in the Warsaw sewers and subways. Her movie is less richly stylized (though beautifully shot), yet it is imperatively alive and fraught with danger we can taste. A sudden image of white figures dashing through woods reminded me briefly of Paul Caponigro’s great photograph “Running White Deer,” but then I saw, stunned, that these are naked Jewish women being hounded to slaughter. All Holocaust dramas employ tactics of entertainment and so are always at a moral disadvantage compared to great documentaries (such as Night and Fog, Carpati, A Film Unfinished). But In Darkness ascends to a high rank, righteous among its kind.

Chico & Rita

When Marlon Brando gets a little salute in Chico & Rita, the movie misses a beat. Instead of riffing on The Wild One, it should have evoked Guys and Dolls in which Marlon goes to Havana. Otherwise, this delightful animated film scores abundantly, and you might not see a more sensual pleasure-giver in quite a few movie moons. Directed by Javier Mariscal (designer), Tono Errando (animator), and Fernando Trueba (who made the fine Cuban jazz doc Calle 54), Chico & Rita is about pianist Chico and singer Rita, their instantly fused love, their volcanic rupture, and their long soul-pining that bops from 1948 Havana to ’50s New York and Las Vegas. Most crucially it is about Cuban jazz, its sultry, lyrical throb of horns and hot call of congas. Bebo Valdés, piano maestro and a figure in Calle 54, did the basic score (Chico is partly based on him).

Thrilling are the bows to Tito Puente, Chano Pozo, Dizzy Gillespie, Ben Webster, Nat King Cole, Charlie Parker, Woody Herman, even Igor Stravinsky, plus a funny tip of the hat to Thelonious Monk. Politics, racism, and gangsters intrude but do not snarl the romantic beat, including some truly animated sex. The cartoon drawing is pleasurably rich but not archivally fussy, evoking old Havana as a web of motifs both Hispanic and Deco, as well as New York and Vegas in their high tide of retro-vamp hipsterism.

As in many animations, the story is skeletal. Also generic and a touch corny. But couldn’t the same be said of many good songs and musicals? Chico & Rita has a molten heat of belief in its lovers and its music. Aficionados may recall the Afro-Brazilian fevers of Black Orpheus and the musical episodes in the great Soviet-Cuban reverie I Am Cuba. And, yes, Marlon Brando and Jean Simmons dancing in Guys and Dolls.

★★★★

Rampart

Officer Dave Brown is a smoker, lover, sexist, bigot, bull spinner, war vet, and rogue son of a rogue cop. Questionable corpses litter his service record with the LAPD. Woody Harrelson is built like a bullet to play the role and is directed by Oren Moverman, who in The Messenger took Harrelson to a new level of...
excellence. **Rampart** was largely written by noir novelist James Ellroy, a cops-and-crimes addict who can cruise a moral slum faster than Roy, a cops-and-crimes addict who written by noir novelist James Ellroy. A more squalid hole for him. His superiors, dig- sordid lies and manipulation. tiple warhead of screwy, arrogant wives, who are also sisters, Dave is son). Still living near his two ex- Ice Cube, Steve Buscemi, and, ace grip of last year's Colors. We watch Dave, suspected as a murder a man, accountant William Blake arrives. The casting of brash, funny, hugely likable Jean Dujardin as George gives heart to the charm. Bérénice Bejo (the director’s partner) as Peppy, an emerging star of talkies, is after (female stars of the era had more flair), but she sure is “swell.” Beautiful design, period touches, and black-and-white tonali- es sustain the simple story’s odd, witty dreaminess. Words are only heard at the end, and the lift of some Vertigo music is inadvertent but effective. This Chaplin- esque nostalgia bubble has a tender, endearing fondness for its sources. 2012. — D.E.

**Chico & Rita** Reviewed this issue. — (LA JOLLA VILLAGE; FROM 2/24)

**The Artist** — A comedy of unreviewed movie love, shot in Hollywood by French director Michel Hazanavicius. Big silent star George (like a merger of Douglas Fairbanks, John Gilbert, and Warren William) falls when sound arrives. The casting of brash, funny, hugely likable Jean Dujardin as George gives heart to the charm. Bérénice Bejo (the director’s partner) as Peppy, an emerging star of talkies, is after (female stars of the era had more flair), but she sure is “swell.” Beautiful design, period touches, and black-and-white tonali- es sustain the simple story’s odd, witty dreaminess. Words are only heard at the end, and the lift of some Vertigo music is inadvertent but effective. This Chaplin- esque nostalgia bubble has a tender, endearing fondness for its sources. 2012. — D.E.

**FASHION VALLEY 18; GASLAMP 15; LA JOLLA 12; MISSION VALLEY 20; OCEANSIDE 16; MIRA MESA 18; MISSION VALLEY 20; MISSION VALLEY HAZARD CENTER 7; OCEANSIDE 16; OCEANSIDE MISSION MARKETPLACE 13; OTAY RANCH 12; PALM PROMENADE 24; PARKWAY PLAZA 18; PLAZA BONITA 14; POWAY 10; RANCHO DEL REY 66; RANCHO SAN DIEGO 15; RIVER VILLAGE 6; SAN MARCOS 18; TEM- ECCLA TOWER 10; TOWN SQUARE 14; VISTA VILLAGE; FROM 2/24)

**The Descendants** — Alexander Payne’s film is on Hawaiian time and floats well below his Sideways. George Clooney is the rich Honolulu lawyer whose Syracuse wife has cancer and is comatose. He is also trustee for a huge patch of Kauai that excites his greedy relatives and his wife’s lover. His trip with his daughter has some very humor, leading to live-and-learn paths. It’s like The Little Foxes adrift in a Hawaiian trav- elogue. Clooney tries hard, but his hair does best. Acting laurels go to Shalane Woodley as the older daughter and Robert Forster as his grumpy grandpa. With Judy Greer, Nick Krause, and the Glass Family. — (LA JOLLA VILLAGE; FROM 2/24)

**Father’s Day** — The cinematic equivalent of scribbling and a waste of time. — (LA JOLLA VILLAGE; FROM 2/24)
of the film's five stars and writers share director's credit under the pseudonym "Astron-6," and Troma cofounder Lloyd Kaufman is typecast in the role of Satan. 2012. — S.M.  ● (KEN; FROM 2/24)

The Flowers of War — Lest you have any doubt about why they call it the Rape of Nanking, here is the story of one American man who tries to save a group of Chinese schoolgirls from rape at the hands of Japanese invaders in the late '30s. Subtle, it's not; but then, war isn't subtle. Christian Bale stars as a reluctant hero (and plays hero better than he plays reluctant), Ni Ni stars as the leader of a group of prostitutes hiding in the church basement, and the whole thing would make a great opera. 2012. — M.L.  ★★ (GASLAMP 15; LA JOLLA VILLAGE)

Ghost Rider: Spirit of Vengeance — What's harder to find than a pack of wild unicorns? The script Nicolás Cage turned down. Cage returns as the flame-retardant figment that's as indestructible as Daffy Duck's beak. One good joke — Lest you have

My Week with Marilyn — A gossipy peekaboo based on Colin Clark's memoir of his years with a crush on Marilyn Monroe, who reciprocates voluptuously (this may be mostly imagined), while costar and director Laurence Olivier fumes. Eddie Redmayne is appealing as coltish Colin, and Kenneth Branagh impersonates Olivier rather well. But Simon Curtis's slight, engaging movie belongs to Michelle Williams. As Marilyn Monroe, she mixes the famous sizzle with catty, canny vulnerability as a natural star who doesn't believe in her talent but can manipulate males. She rescues Marilyn from her image as a controlled dummy. With Zoë Wanamaker as Paula Strasberg, as cuddly as a blowtorch. 2011. — D.E.  ★★★ (GASLAMP 15; LA JOLLA VILLAGE)

Perfect Sense — A chef (Ewan McGregor) and an epidemiologist (Eva Green) fall in love while the world around them gives way to a sensory-depressing epidemic. Be it zombies or infectious plagues, an assault on the immune system has long spread with such elegant intent as this. Be it zombies or infectious plagues, an assault on the immune system has long spread with such elegant intent as this. Be it zombies or infectious plagues, an assault on the immune system has long spread with such elegant intent as this. Be it zombies or infectious plagues, an assault on the immune system has long spread with such elegant intent as this. Be it zombies or infectious plagues, an assault on the immune system has long spread with such elegant intent as this. Be it zombies or infectious plagues, an assault on the immune system has long spread with such elegant intent as this. Be it zombies or infectious plagues, an assault on the immune system has long spread with such elegant intent as this. 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MOVIE SHOWTIMES

CENTRAL
San Diego Natural History Museum
Kaplan Theater
1788 El Prado, Balboa Park (619-232-0248)
LA JOLLA
AMC La Jolla
8657 Villa La Jolla Drive (888-262-4386)

KENSINGTON
Landmark Ken
4641 Adams Avenue (619-819-2226)

The Oscar Nomination Show Films 2012: Animated (NR) Fri. (12:00), (4:00), 8:00, Mon. - Thu. (4:00), 8:00, Sat & Sun. (12:00), 4:00, 8:00; The Oscar Nomination Short Films 2012: Live Action (NR) Fri. (1:45), (4:45), 9:45; Mon - Thu. (4:45), 9:45, Sat & Sun. (1:45), 4:45, 9:45; Father's Day (NR) Fri & Sat. 12:00 Midnight*

CLAIREMONT
Reading Town Square
7201 Clairemont Drive (619-326-3246 #2272)

Act of Valor (R); The Descendants (R); Ghost Rider: Spirit of Vengeance (PG-13); Gone (PG-13); Hugo (PG); The Iron Lady (PG-13); Journey 2: The Mysterious Island (PG); Safe House (R); The Secret World of Arrietty (G); This Means War (R); The Vow (PG-13); Wunderlust (R)

CORONADO
Vintage Village Theatre
820 Orange Avenue (619-437-6161)
Call theater for program information.

DOWNTOWN
Reading Gaslamp
701 Fifth Avenue (619-326-3246 #2299)

Chronicle (PG-13); Extremely Loud & Incredibly Close (PG-13); Ghost Rider: Spirit of Vengeance (PG-13); Good Deeds (PG-13); The Help (PG-13); Hugo (PG); My Week with Marilyn (R); Pirates of the Caribbean: On Stranger Tides (PG-13); The Secret World of Arrietty (G); This Means War (R); Tinker Tailor Soldier Spy (R); Tomorrow, When the War Began (R); War Horse (PG-13); The Woman in Black (PG-13)

Regal Horton Plaza
Horton Plaza (619-444-FILM)

Act of Valor (R) Fri. (11:30, 2:00, 4:40, 8:40)
6:45, 7:30, 9:30, 10:15 Sat. (10:30, 11:25, 11:30, 2:00) 4:45, 6:45, 7:45, 9:30, 10:15 Sun. (11:35, 2:00, 4:40, 6:45, 7:30, 9:30, 10:15, 11:25)
Elk Main Aur Ek Tu (Not Rated) Fri.
5:50p.m. Sat., Sun. 5:00p.m.
Gone (PG-13) Fri. (1:30, 4:15) 7:00, 9:45 Sat. (10:30, 1:30, 4:15, 7:00, 9:45 Sun. (1:30, 4:15, 7:00, 9:45, 11:00) The Grey (R) Fri. (1:30, 4:35) 7:20, 10:05 Sat. (1:15, 4:35) 7:20, 10:05 Sun. (1:30, 4:35, 7:20, 10:05 Sat. (1:15, 4:35) 7:20, 10:05)
The Iron Lady (PG-13) Fri.
7:10, 10:00 Sat. (10:10, 11:10) 4:55, 7:00, 10:00 Sun. (1:10, 4:55, 7:05, 10:00) The Girl With the Dragon Tattoo (R) Fri. (2:30) 8:45 Sat. (1:30, 2:00) 8:45 Sun. (2:30, 8:45) The Metropolitan Opera: Ernani (Not Rated) Sat. 9:55a.m.; The Vow (PG-13) Fri. (1:05, 3:30)
6:30, 9:00 Sat. (10:20, 1:05, 3:30) 6:30, 9:00 Sun. (1:05, 3:30) 6:30, 9:00, Wunderlust (R) Fri.
EAST COUNTY

EL CAJON

Regal Parkway Plaza
Sun. 2:15, 5:00, 7:30, 10:00 (619-526-3264)
Call theater for program information.

LA MESA

Reading Grossmont
5300 Grossmont Center Drive (800-326-3264)
Call theater for program information.

SOUTH BAY

CHULA VISTA

AMC Palm Promenade
770 Donoma Drive (888-262-4388)
Act of Valor (R), The Artist (PG-13), Ghost Rider: Spirit of Vengeance (PG-13), Gone (PG-13), Journey 2: The Mysterious Island (PG), Safe House (R), This Means War (R), The Vow (PG-13), and Wanderlust (R)

RANCHO SAN DIEGO

Regal Rancho San Diego
2951 Jamacha Road (866-326-3264)
Call theater for program information.

SANTEE

Santee Drive In
10990 Wiosdale Avenue (619-448-7447)
Call theater for program information.

FALL BROOK

UltraStar River Village
5256 E. Mission Road (760-945-8784)
Act of Valor (R) Fri & Sat: 11:00 AM, 1:30, 3:45, 6:00, 8:15, Sun: 11:00 AM, 1:30, 3:45, 6:00, 8:15, 10:45
Wanderlust (R) Fri & Sat: 11:45 AM, 2:25, 5:00, 7:30, 10:30
Ghost Rider: Spirit of Vengeance (PG-13) Fri & Sat: 12:00, 2:30, 5:30, 8:15, 10:45
This Means War (PG-13) Fri & Sat: 12:00, 2:30, 5:30, 8:15, 10:45
The Vow (PG-13) Fri & Sat: 12:00, 2:30, 5:30, 8:15, 10:45
IMPERIAL BEACH

South Bay Drive In
2170 Coronado Avenue (619-423-2727)
Call theater for program information.

NATIONAL CITY

AMC Plaza Bonita
3030 Plaza Bonita Road (888-262-4386)
Act of Valor (R), Chronicle (PG-13), Ghost Rider: Spirit of Vengeance (PG-13), Gone (PG-13), Good Deeds (PG-13), Journey 2: The Mysterious Island (PG), Safe House (R), This Means War (R), The Woman in Black (PG-13)

NORTH INLAND

ESCONDIDO

Regal Escondido
350 West Valley Parkway (760-291-0119)
Call theater for program information.

POWAY

UltraStar Poway
13474 Pimloop Road (858-646-9423)
No Room For Rockstars (NR) Thu: 8:00 PM
Act of Valor (R) Fri & Sat: 10:00 AM, 12:30, 3:00, 5:30, 8:00, 10:30, Sun - Thu: 10:00 AM, 12:30, 3:00, 5:30, 8:00, Gone (PG-13) Fri & Sat: 10:00 AM, 1:30, 3:30, 5:30, 7:30, 10:30
This Means War (PG-13) Fri & Sat: 10:10 AM, 12:30, 3:40, 5:40, 8:10
Journey 2: The Mysterious Island (PG) Fri & Sat: 10:10 AM, 12:30, 3:40, 5:40, 8:10
Woman in Black (PG-13)

SAN MARCOS

Regal San Marcos
1180 W. San Marcos Boulevard (at Old California Walk) (800-326-3264)
Call theater for program information.

TEMECULA

UltraStar Temecula Tower Cinemas
27531 Ynez Road (951-699-2205)
No Room For Rockstars (NR) Thu: 8:00 PM
Act of Valor (R) Fri & Sat: 10:00 AM, 12:30, 3:00, 5:30, 8:00, 10:30, Sun - Thu: 10:00 AM, 12:30, 3:00, 5:30, 8:00, Gone (PG-13) Fri & Sat: 10:00 AM, 12:30, 3:00, 5:30, 8:00, 10:30
This Means War (PG-13) Fri & Sat: 10:00 AM, 12:30, 3:00, 5:30, 8:00, 10:30
The Vow (PG-13) Fri & Sat: 12:00, 2:30, 5:00, 7:30, 10:00
Wanderlust (R) Fri & Sat: 11:00 AM (G), 1:30, 3:45, 6:00, 8:15, Sun: 11:00 AM, 1:30, 3:45, 6:00, 8:15
Ghost Rider 3D: Spirit of Vengeance (PG-13) Fri & Sat: 12:00, 2:30, 5:30, 8:00, 10:30
Martha_Muchnick@20thcenturyfox.com

3:20, 6:10, 8:45, * No 6:20 PM Show Thursday, 3/01/12, W.E. (R) Fri - Thu: (3:10), 9:15, The Flowers Of War (R) Fri, Mon - Thu: 6:00, 8:00, 10:25 Sun: 12:55, 3:30, 5:40, 8:00, 10:25, Rampart (R) Open Friday, March 02

Reuben H. Fleet Science Center
1875 El Prado, Balboa Park (619-238-1233)
Call theater for program information.

Check local listings for theaters and showtimes.
This Means War — If we can have His and Hers bath towels, why not a His and Hers movie? (Okay, mostly His.) A pair of charming super agents — skilled Brit Tom Hardy and swaggering golden boy Chris Pine — compete for the heart of a consumer-products tester (a game Reese Witherspoon). The concept is high (spy- ing is cool) but the execution is low but often effective, and the plot mechanics clank into place with surprising ease for a genre mashup. No surprises — except for some incoherent action sequences from director McG — but plenty of sweet bro chemistry. 2012. — M.L.  ★★ (*CARMEL MOUNTAIN 14; ESCONDIDO 16; FASHION VALLEY 18; GALLIPOLI 14; GROSSMONT CENTER 10; MIRA MESA 18; MISSION VALLEY 20; MISSION VALLEY HAZARD CENTER 7; OCEANSIDE 16; OCEANSIDE MISSION MARKETPLACE 13; OTAY RANCH 12; PALM PROMENADE 24; PARKWAY PLAZA 18; PLAZA BONITA 14; POWAY 10; RANCHO DEL REY 16; RANCHO SAN DIEGO 15; RIVER VILLAGE 6; SAN MARCOS 18; TEMECULA TOWER 10; TOWN SQUARE 14; VISTA VILLAGE 14)

Tomorrow, When the War Began — Facing invasion, patriotic teens take war into their own hands in Stuart Beattie’s action fantasy. With Caitlin Stasey, Leelee Sobieski, Chris Pang, Rachel Hurd-Wood. (GALMIP 15; FROM 24)

The Vow — Channing Tatum tries to squeeze his hulking, chiseled physique into the role of a sensitive guy whose wife were up in arms with memory of him and no real desire to resume married life. It’s not a great fit. Rachel McAdams, on the other hand, is impossibly cute as an urban sculptor (sigh) who reverts to the privileged suburban princess she once was. It’s slick marketing — how many wives wish their husbands would woo them all over again? — but it loses steam by forcing the meaning of a vow in favor of the feelings it may (or may not) inspire. 2012. — M.L.  ★ (*CARMEL MOUNTAIN 14; ESCONDIDO 16; FASHION VALLEY 18; GALLIPOLI 14; GROSSMONT CENTER 10; MIRA MESA 18; MISSION VALLEY 20; MISSION VALLEY HAZARD CENTER 7; OCEANSIDE 16; OCEANSIDE MISSION MARKETPLACE 13; OTAY RANCH 12; PALM PROMENADE 24; PARKWAY PLAZA 18; PLAZA BONITA 14; POWAY 10; RANCHO DEL REY 16; RANCHO SAN DIEGO 15; RIVER VILLAGE 6; SAN MARCOS 18; TEMECULA TOWER 10; TOWN SQUARE 14; VISTA VILLAGE 14)
HELP WANTED
DOMESTIC SERVICE

House Person II
$10.66-$12.50/hour. Minimum 2 years' hospitality or health care experience, 2 years' experience in housekeeping required. Light maintenance skills required. High school graduate or GED. Optimum Health Institute is a mission of the Free Sacred Trinity Church. Apply in person: 9665 Granite Ridge Drive, Suite 310, San Diego 92123. Or apply online at www.OptimumHealth.org.

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DRIVER / COURIER: Part-time. Mileage available. Must have pickup with shell, minivan or cargo van. Excellent pay, mileage and benefits! Call 619-444-2350.

HELP WANTED

HEALTH CARE

CAREGIVERS: Live-in, nights, weekends, hourly. 5 days per week minimum plus 4-6 in shifts. Must be flexible to work weekends, hourly and live-in. Top pay, 45/hr. Rewards for good work. Requires valid driver's license, vehicle insurance registration, one year of paid elder caregiving experience a must, eligibility to work in the United States. We have shifts available for people with a heart. Comfort Keepers, 619-796-6068. http://www.comfortkeepers.com/office-195. No recruiters, please.

CAREGIVERS. Experienced (2+ years), compassionate caregivers needed for nursing home in Pacific Beach, Serving Poway and surrounding cities. Send resumes to: dgvinghastings@gmail.com.

CAREGIVERS/CNAS. Live-in. Immediate open positions. 40 hours per week schedules. Assist seniors with light to moderate ADLs. Must have 24+ hours experience. Filled with local and reliable transportation. Background check required. Visiting Angels. 619-967-4952.


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SCIENTIST, Illumina, Inc. has an opening in San Diego, CA for Bioinformatics Scientists (Post Doc ICI019). Responsibilities for various aspects of complex bioinformatics analysis including defining, creating, developing, implementing and unit testing, FID or equivalent. Send resumes to: Alice DeGroff, Illumina, Inc. 5200 Illumina Way, San Diego, CA 92122. Must reference title and req.

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SALES: CLOSERS WANTED. Sales/ fundraising for school athletics. Looking for experienced closers. Will train the right person. Must be trainable and easy to work with. Great environment and pay. Starting $10/hour plus commission. 401(A) and benefits available. 8:30am-4:30pm, Monday-Friday. E-mail resume to jobs@wsitalent.com or call 888-279-8240.

SALES: Weekly pay, $8.00 hour plus bonuses. Send resumes to: cs@wsitalent.com. Call: 888-279-8240.

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TELEMARKETING, New hours: Monday-Thursday, 8:00am-2:30pm. Pacific Graphix Advertising Specialties in La Mesa for 25 years. Call: 619-461-0365.

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San Diego Reader
February 23, 2012
107
A puzzler and a writer?

THE READER PUZZLE:

RULES OF THE GAME

1) Submit your completed puzzle to the Reader each week for our ongoing contest! We keep track of each puzzle you successfully complete, and the results and ranking are posted online each week to Reader.com/puzzle. But your submission will only be counted when you successfully complete a puzzle and get it to us by 7:00 a.m. Monday.

2) Submit the correct answers to one of the puzzles along with your name and a brief message. 20 words or less, no URLs or phone numbers. Entries must include a message. This is a great way to express yourself. You may submit a new message weekly. We reserve the right to edit or reject inappropriate text.

3) The puzzle-contest ranking, shown online and in the paper, will begin anew every three months. Complete the journey four times a year! Only one entry per person per week or you will be disqualified.

4) We will award winners of the best messages, among those who correctly solve the puzzle, one of the famous Reader fastball caps or T-shirts. And we will show you the winning messages in the paper and online.

5) One entry per person per week or you will be disqualified.

And now for the really small print:

1) All answers must be legible and entered in the spaces provided.

2) Late entries will not be considered.

3) We will award winners of the best messages, among those who correctly solve the puzzle, one of the famous Reader fastball caps or T-shirts. And we will show you the winning messages in the paper and online.

4) One entry per person per week or you will be disqualified.

5) Employers of the Reader and their immediate families are not eligible.

Across

1. Requested to vote
2. Golfer Mickelson
3. Tangy treat
4. ____ park
5. They may be batted
6. Piles

Down

1. Letter before bath
2. It Had to __
3. Process, as are
4. For rent
5. Santa __, Calif.

Final word

SOLUTION TO LAST WEEK’S PUZZLE:

ROAR ZAP BANG
UNCA ELI AHEART
SGTS DDT NOT NEW
TOTAL ROAST OSA
LAW EKING UPN
ELO VON OAR POG
HEM DOTESON
SURROUND SOUND
EPHEDRA TRE
VAL TOK DOD RIK
OFF FALLS REHAB
OATIER OBLI LENO
MTETNA SAM MAK
RING ARF SLAM

We cannot accept your entry without the following:

Name:______________________________
Address:____________________________
City:______________________Zip Code:_____
Personal Message:_____________________

Please check one:

1) My completed puzzle is enclosed.
2) My completed puzzle is attached as a file.
3) I am submitting my completed puzzle online. If so, please provide a link to the puzzle online.

We will not count or view: any answers with names or addresses.

We reserve the right to reject any entries we find inappropriate.

Full rules of the game are available on Reader.com/puzzle.

We will award winners of the best messages, among those who correctly solve the puzzle, one of the famous Reader fastball caps or T-shirts. And we will show you the winning messages in the paper and online.

We will award winners of the best messages, among those who correctly solve the puzzle, one of the famous Reader fastball caps or T-shirts. And we will show you the winning messages in the paper and online.

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4) One entry per person per week or you will be disqualified.

5) Employers of the Reader and their immediate families are not eligible.

THE WEEK'S WINNERS:

W記事リット, Clairemont, 11. I am saving my quip until the tee shirts ship.

Jay Sato, Carmel Valley, 9. How to cope with inflation? A dollar for your thoughts.

SOLUTION TO LAST WEEK’S PUZZLE:

1) All answers must be legible and entered in the spaces provided.

2) Late entries will not be considered.

3) We will award winners of the best messages, among those who correctly solve the puzzle, one of the famous Reader fastball caps or T-shirts. And we will show you the winning messages in the paper and online.

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4) One entry per person per week or you will be disqualified.

5) Employers of the Reader and their immediate families are not eligible.

THE WEEK'S WINNERS:

Rick Witt, Clairemont, 11. I am saving my quip until the tee shirts ship.

Jay Sato, Carmel Valley, 9. How to cope with inflation? A dollar for your thoughts.

SOLUTION TO LAST WEEK’S PUZZLE:

ROAR ZAP BANG
UNCA ELI AHEART
SGTS DDT NOT NEW
TOTAL ROAST OSA
LAW EKING UPN
ELO VON OAR POG
HEM DOTESON
SURROUND SOUND
EPHEDRA TRE
VAL TOK DOD RIK
OFF FALLS REHAB
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We cannot accept your entry without the following:

Name:______________________________
Address:____________________________
City:______________________Zip Code:_____
Personal Message:_____________________

Please check one:

1) My completed puzzle is enclosed.
2) My completed puzzle is attached as a file.
3) I am submitting my completed puzzle online. If so, please provide a link to the puzzle online.

We will not count or view: any answers with names or addresses.

We reserve the right to reject any entries we find inappropriate.

Full rules of the game are available on Reader.com/puzzle.

We will award winners of the best messages, among those who correctly solve the puzzle, one of the famous Reader fastball caps or T-shirts. And we will show you the winning messages in the paper and online.

And now for the really small print:

1) All answers must be legible and entered in the spaces provided.

2) Late entries will not be considered.

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PACIFIC BEACH, $2590. 3BD+2BA apartment. 1250sqft, all appliances. No pets. 1209 Felspar St. Garage, balcony, large living area.

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A puzzler and a writer?

THE READER SUDOKU PUZZLES:

RULES OF THE GAME

1) Submit one completed puzzle of any difficulty level (Easy, Medium, Hard or Evil) to the Reader each week for our ongoing contest! We keep track of each puzzle you successfully complete, and the results and ranking are posted online at SDRreader.com/puzzle. But your submission will only be counted when you successfully complete a puzzle AND get it to us by 7:00 am Monday.

2) Submit the correct answers to one of the puzzles along with your name and a brief message (20 words or less, no URLs or phone numbers). Clearly mark the puzzle that you want to enter this week by crossing off the other completed puzzles. All puzzles that are cut into pieces will be disqualified. Entries must include a message. This is a great way to express yourself. You may submit a new message weekly. We reserve the right to edit or reject inappropriate text.

3) We will award writers of the best messages, among those who correctly solve the puzzle, one of the famous Reader baseball caps or T-shirts. And we will print the winning messages in the paper and online.

4) The puzzle-contest ranking, shown online and in the paper, will begin anew every three months. Complete the journey four times a year.

5) Entries must be faxed to 619-233-7907 or mailed to Reader Puzzle, P.O. Box 85803, San Diego, CA 92186-5803; or delivered through our mail slot at 1703 India Street in Little Italy; or scanned and e-mailed to: Sudoku@sdreader.com.

6) All answers must be legible and entered in the spaces provided.

7) Late entries will not be considered.

8) One entry per person per week or you will be disqualified.

9) Employees of the Reader and their immediate families are not eligible.

We cannot accept your entry without the following:

Name: ________________________________________
Address: ______________________________________
City: ________________________________________
State:_________  Zip Code:__________
Personal Message: _________________________

Please check one:
Cap:  ___________
T-shirt:  S _____ M _______  L _______  XL _______

We are temporarily out of T-shirts. Winners will receive caps.

SOLUTION TO LAST WEEK’S SUDOKU PUZZLES:

EASY:  MEDIUM:  HARD:  EVIL:

EASY: 1 2 8 6 4 7 9 3 5 9 5 6 3 8 2 1 7 4 1 8 5 2 9 6 3 4 7
MEDIUM: 5 7 8 2 3 6 9 1 4 2 3 5 1 6 8 7 9 4 1 6 5 2 8 3 4
HARD: 7 5 2 4 6 9 1 8 3 1 4 9 7 3 5 6 2 8 2 4 6 7 5 9 1 3 6
EVIL: 8 1 4 3 7 2 5 6 9 3 1 9 6 7 8 2 4 5 7 2 1 9 5 6 3 8 1

Don Bowman, Santee, 11. (Military downsizing means the Pentagon will be demoted to a triangle?)
Richard Hutchings, Santee, 11. (It’s water under the bridge or over the dam? Neither. It’s a lot of dam water under the bridge.)

THIS WEEK’S WINNERS:

(All winning entries will be screened for plagiarism)

See your ranking online!
Now you can go online to check your ranking and communicate with each other! Simply visit: www.SDReader.com/puzzle. The new ranking is posted each Wednesday. To use the “comments” feature, you must be a registered site member.

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Management reserves the right to change special at any time.
Dear Bouncy Leg,
If I wanted everyone to know how much I’ve been eating, I’d tell you how much I’ve been eating, but instead I’ll just say that I’m feeling good and eating well.

Sincerely,
Overly Caffeinated and Out of Control
**Brainstorms**

by Don Rubin

**Nothing doing**

Each of the zeros in these simple equations represents a number from one to nine. Can you decipher them?

We cannot accept your entry without the following:

Name: ____________________________________________________________

Address: ______________________________________________________________________________________________________

City: __________________________________ State: ______ Zip Code: ______

Personal Message: ______________________________________________________________________________________________

Please check: _________________________________________________________________

Cap: ______ T-shirt: S M

**SOLUTION TO LAST WEEK’S PUZZLE:**

**Screen test**

---

**BRAINSTORM PUZZLES:**

**RULES OF THE GAME**

1) Submit one completed puzzle to the Reader each week for entry into another contest. We keep track of each puzzle you successfully complete, and the results and ranking are posted online at SDReader.com/puzzle. Your submission will only be counted when you successfully complete a puzzle and get it to us by 7:00 a.m. Monday.

2) Submit the correct answers to one of the puzzles along with your name and a brief message (20 words or less, no URLs or phone numbers). Entries must include a message. This is a great way to express yourself. You may submit a new message weekly. We reserve the right to edit or reject inappropriate text.

3) We will award writers of the best messages, among those who correctly solve the puzzle, one of the famous Reader baseball caps or T-shirts. And we will print the winning messages in the paper and online.

4) The puzzle-contest ranking, shown online and in the paper, will begin anew every three months. Complete the journey four times a year!

5) Entries must be faxed to 619-233-7907; or mailed to Reader Puzzle, P.O. Box 85803, San Diego, CA 92186-5803; or delivered through our mail slot at 1703 India Street in Little Italy or scanned and e-mailed to Puzzles@sdreader.com. Submissions by e-mail must be attached in JPG format, 800 by 800 pixels, maximum file size of 1MB. Submissions that don’t fit the format will not be counted or viewed.

6) All answers must be legible and entered in the spaces provided.

7) Late entries will not be considered.

8) One entry per person per week or you will be disqualified.

9) Employees of the Reader and their immediate families are not eligible.

---

**THIS WEEK’S WINNERS:**

- Joseph Ciprian, Little Italy, 10. After my annual checkup, my doctor asked if I drank whiskey. I said, “Only when I’m low on gin.”
- L. Barling, El Cajon, 7. If pacifists are so peaceful, why are they named after fists?
- Al Goodwin, San Diego, 6. The little tiny fly that always comes to my wine and drones in there drives me crazy.
- Cindy Fisher, San Clemente, 5. If two wrongs don’t make a right, what’s left?
- Martha Klages, Encanto, 1. A conscience tells us what to do, who tells our conscience?
The Entrepreneurial Spirit!

"[Our critics] are absolutely right. We are professional liars," said Everett Davis, founder of the internet-based Reference Store, which supplies pumped-up, but false, résumés for job-seekers having trouble landing work. Davis and associates are, he told Houston’s KRIV-TV in November, investigators schooled in deception and therefore good at finding human-resources personnel who follow up on the bogus work claims. Davis admitted he would even disguise a customer’s past criminal record — but not if the job is in public safety, health care, or schools.

Western nations and foundations have tried for decades to build sewage-treatment plants in sub-Saharan Africa, with little success (since many countries lack stable governments to assess operating fees), and to this day, raw sewage is still merely collected and dumped, either in rivers or directly onto beaches, such as the notorious (and formerly beautiful) Lavender Hill in Ghana. U.S. entrepreneurs recently established Waste Enterprises in Ghana to build the first-ever sludge-to-biodiesel plant. Feces uniled by water, and then heated, is highly concentrated and more resembles coal than the goo that Americans associate with sewage.

Cutting-Edge Science

"The British Medical Journal reported in December that a 76-year-old woman had been unbothered until recently by the felt-tip pen she accidentally swallowed 25 years earlier. It was removed without complication, and, though the plastic was flaky, the pen still had an ink supply and was “usable.”

"Twice during 2011, babies with two heads were born in Brazil. Though the first, in Paraba state, died hours after birth, the 99-pound “Emannuel” and “Jesus,” born in Para state in December, are apparently otherwise healthy. (The baby has two heads and two spines but shares one heart, liver, pelvis and pair of lungs.)

Medical Marvels (Canine Edition)

"The Dogs Trust in Kenilworth, England, was soliciting potential home owners in December for “Bentley,” a border collie whose monophonic might make it what the Daily Mail calls the “most cowardly” dog in the country. While frisky around people, Bentley immediately goes into a frightened crouch when left alone, cowering from cats, holding up behind a couch, and constantly biting his nails, even at the sound of a cat on television. (Bentley was recently outfitted with special face-up boots to preserve the nails.)

"Ratnagiri, India, businessman Murad Mulla, 48, filed a complaint recently with the Maharashtra Medical Council after his surgeon used an outdated procedure to cure his urine-retention disorder. Previously, skin from the scrotum was routinely used for urethral repair, but current science recommends using skin from the mouth to avoid the worst-case risk, which Mulla apparently experienced. Specifically, the scrotum contains both hair-bearing tissue and non-hair-bearing tissue, and only the latter is usable. Evidently, Mulla’s surgeon used hair-bearing tissue, and as a result, Mullas’ urethra itches constantly, and he expelled specks of pubic hair with his urine.

Least Competent Criminals

"According to police in Bellingham, Wash., William Lane, 22, had yelled slurs at a lesbian couple in the early morning of Dec. 11 and smashed the car window of one of the women, but she immediately chased him down, tackled him, and held him until help arrived.

"Anthony Miranda, 24, was arrested and charged with armed robbery in December in Chicago after unknowingly choosing as his victim an “ultimate fighting” champion. The ‘victim’ gave Miranda two black eyes and a heavily lacerated face, and, as Miranda drew his gun, overpowered him in such a way that Miranda wound up shooting himself in the ankle.

"A 25-year-old man was rescued by fire crews in Trantin, Scotland, in December and taken to Edinburgh Royal Infirmary. According to police, four men were attempting to steal an eight-ton steamroller when the 25-year-old got his leg trapped underneath. The other three fled.

Send your Weird News to Chuck Shepherd, San Diego Reader, P.O. Box 85803, San Diego, CA 92186 or to weirdnews@cox.net
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114 S. Diego Reader February 21, 2012

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2. Bureau of Automotive Repair
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2BD+1BA apartment on 7th Ave. 2 blocks from Balboa Park. Nicely landscaped property. People Helping Others Property Management, 858-260-5400.

**HILLCREST, $1195.**


**HILLCREST, $1495.**


**HILLCREST, $1595.**

2BD+2BA, 1500 sqft., 3rd floor unit with large private patio. Stove, refrigerator, microwave, washer, dryer. A/C, underground parking. No pets. Few blocks to the Zoo, Balboa Park, 3533 Indiana Street #27, Agent, 619-252-6797.

**HILLCREST, $1795.**

1BD, 730 sqft., 1st floor unit with large private patio. Stove, refrigerator, microwave, washer, dryer. A/C, underground parking. No pets. Few blocks to the Zoo, Balboa Park, 3533 Indiana Street #27, Agent, 619-252-6797.

**HILLCREST, $2100.**


**HILLCREST, $2350.**


**HILLCREST, $2600.**


**HILLCREST, $2800.**


**HILLCREST, $3000.**

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**HILLCREST, $3950.**

5BD+4BA newer custom home, 10,000 sqft, gourmet kitchen, no pets, at 11646 Upas Street. Agent, Steve. 619-297-0269.

**HILLCREST, $795.**


**HILLCREST, $1250.**


**HILLCREST, $1495.**


**HILLCREST, $1595.**


**HILLCREST, $1695.**


**HILLCREST, $1795.**


**HILLCREST, $2000.**


**HILLCREST, $2100.**


**KENSINGTON-TALMADGE, $1425.**


**KENSINGTON-TALMADGE, $1725.**


**KENSINGTON-TALMADGE, $1825.**


**KENSINGTON-TALMADGE, $2050.**

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WHAT DO YOU LISTEN TO WHILE YOU DRIVE? Music. Mostly. Sometimes I listen to folk metal from Norway—occasionally, when I want to have some fun. When I'm feeling blue it's mostly indie Elliott Smith.

WHAT DO YOU USE YOUR CELL PHONE FOR? Mostly to pull over whenever something must be done, and I definitely pull over when I read maps.

ANY GOOD HITCHHIKING STORIES? Do people still hitch hike? It's sort of a dead art, so unless you are in a hippie car or in Europe, I don't know when that would even come up.

TICKETS? Running a red light when I was talking.

ACCIDENTS! I backed into some golden car just once. I just didn't give a crap, and I just learned how to drive. The front of their car was totaled but mine was fine.

WHAT IS YOUR FAVORITE DRIVE? I like driving out to the 67 to the forest. I'm little into that nature stuff.

WHERE DO YOU TYPICALLY SEE THE WORST TRAFFIC IN SAN DIEGO? That 5 North pinch at Del Mar! It's awful.

WHY IS YOUR SHORTCUT? Probably the best thing to do is to avoid major freeways and use the streets that they used to use before the freeways were there: Mission Corso east from here that winds up.

WHAT IS YOUR DREAM CAR? Something like a lot my car but with a little more space. I'm really into efficiency and I'd like to be able to fit any surfboard in it. I heard recently about the BMW i8, which sounds interesting.

DO YOU USE ANY SHORTCUTS IN REAL LIFE? Buddhism has been a huge help in that piece of learning to not

by ANDY BOYD

Ten Hed has learned a couple things from Bukowski and Buddha, let things that can't change affect you. But most of that stuff, as Charles Bukowski would say, just gives you something to do until you die.

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### GARAGE SALES

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<tr>
<th>FALL/SPRING SALE</th>
<th>Saturday and Sunday, February 25 and 26, 9am. Summer, spring, 50% off all.</th>
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