Did Big Pharma kill Royal Raymond Rife’s Beam Ray? – see Unforgettable
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**English text displayed above the stage. All performances at the San Diego Civic Theatre. Free lecture for ticket holders, one hour prior to each performance, sponsored by U-T San Diego.**

Photo by Karen Almond/The Dallas Opera

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Scan for a sneak peek before the West Coast Premiere!
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San Diego Gas Wants You to Pay for Its Negligence

By Don Bauder

Your pocket is being picked in an alleged conspiracy between San Diego Gas & Electric and the California Public Utilities Commission, which is supposed to regulate utilities but actually mollycoddles them. This chicanery, spelled out in a lawsuit filed February 6, could cost every SDG&E bill-paying customer more than $350 initially and far more than that later.

Basically, the company and its parent, Sempra Energy, want to shift part of the cost of past and future wildfires to their customers instead of to their shareholders. Consumers would pay fire costs not covered by SDG&E’s insurance. The utility wants customers to pay for costs of the 2007 fires and then indemnify the utility against future costs in excess of insurance coverage.

At a hearing January 11–13 in San Francisco, an SDG&E executive admitted that customers might be required to pay $463.9 million for the uncovered costs of the 2007 fires alone. But the giant utility’s biggest political blow—

and the utility commission’s own Consumer Protection and Safety Division have shown, much of the 2007 fire damage was the result of SDG&E’s improper design, construction, and maintenance of power lines. Yet, in desiring to shift the financial burden to its customers, the company implies that the disasters were an unavoidable accident, such as an act of God, like Florida hurricanes. Joseph Mitchell, a fire expert with a PhD in particle physics, points out that the power lines were not built to withstand strong winds, and their clashing ignited the

...continued on page 44

A radioactive steam leak at San Onofre is one of a few problems plaguing Sempra Energy.

The utility has 1.3 million ratepayers. That comes to $356.85 per customer paying the bill. That sum could go up or down because of a number of variables, including law-suits, but the point is clear: if the local utility and the utilities commission sneak this one through, SDG&E customers’ bills could soar beyond many people’s ability to pay. A serious fire every few years, for example, could drain many households of savings.

This is not just an accounting adjustment; it is an actual payment, explains Scott Logan, an analyst with the utility commission’s Division of Ratepayer Advocates, which represents consumers. “The utility wants ratepayers to pay the costs,” although the payments might be amortized over several years, he says.

As studies by the California Department of Forestry and Fire Protection (Cal Fire)
Bugged by U-T Litterbugs

By Russell Goltz

Am I the only one who can see them? All over my neighborhood are plastic bags filled with newspaper advertising. The circulars are everywhere.

I live in Pacific Beach and first noticed them in December. On my way home from my Saturday-morning walk, I spotted several lying in the street in front of my apart-

ment complex. I hate it when guys come into the complex. I hate it when they leave them out each door, but I really hate them in the street in front of my apart-

ment building.

On my morning walk the following Saturday, down Opal between Mission and Bayard, it was the same thing, about 50 newspapers lying around. I noticed several from the week before, their plastic bags missing and the damp and sun-bleached newsprint decomposing. Now we had a new crop strewn on the streets and sidewalks.

I resolved to resolve this problem.

I figured the first step was to contact the U-T directly, just in case they were unaware of how their advertising was being distributed.

This is the email I sent:

Hi, Every Saturday the UT has an advertisement. Instead of delivering them to the door, they are just left on the sidewalks. Pacific Beach is now covered with these, nobody picks them up, and they are all over the place. I think this is littering, and you should stop doing it. Russell

U-T Customer Service

Their response:

Dear Russell,

I apologize for the inconvenience. Your address has been added to our “do not deliver” list for Local Community Values and your request has also been forwarded to the appropriate distribution company.

Jimmeace

U-T Customer Service

Second email:

Hi Jimmeace,

I don’t think you understand. I’m not just concerned about my own place, but the entire town is strewn with them. Please see the attached photos. They are from ONE SINGLE BLOCK of a street.

Here is their second response:

Dear Russell,

I do understand how frustrating this can be. Our system only allows us to look up address by address so I am unable to do anything at this time for the entire block. Each resident would need to call in to be removed. If there is a homeowners association that can provide a complete list of addresses faxed to our office we can make sure the third party company who delivers this publication is notified and the addresses removed from their route. The fax number to our main office is 619-293-2331.

Sincerely,

U-T Customer Service

 Neal Obermeyer

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1800s

Women, Black People, You’re Simply Biologically Inferior, to the White Man!

1900s

These Separations of the Past Are Wrong! Full and Equal Rights to Everyone!

Sure—Maybe Animals Didn’t Have the Right to Sue Now, But Look at Women and African-Americans—

Yeah—I Want There!

2000s

PETA—Seaworld

Comparative Groups

Goodnight.

NEWS TICKER

District Dissolved
Judgment Reached Over Assessment District
Golden Hill/South Park — The judgment is final. Now, a group of residents in Golden Hill and South Park — which has spent more than four years fighting the formation of the Greater Golden Hill Maintenance Assessment District — can rest, knowing the district will be dissolved.

Yesterday, the clerk for the San Diego County Superior Court filed a decision from Judge Richard Whitney that found the assessment district to be “invalid.”

The Golden Hill Neighborhood Association filed the lawsuit back in August 2007. The suit claimed the city tilted the ballot results in its favor by placing more weight on open-space land. The group’s lawsuit didn’t stop there. The group also accused the Golden Hill Community Development Corporation of mismanaging funds.

The amount of refunds to be issued has not been determined. An attorney for the residents plans to file a motion soon.

By Dorian Hargrove

San Diego — Mayor Jerry Sanders isn’t shying away from his support for Bonnie Dumanis to become San Diego’s next mayor, despite a recent poll from KGTV/Channel 10 that has the district attorney in the back of the pack with 14 percent of the vote.

Sanders showed his support in a YouTube video by asking that people give donations to Dumanis’s campaign.

Back of the Pack

Mayor Supports Dumanis on YouTube
San Diego — Mayor Jerry Sanders isn’t shying away from his support for Bonnie Dumanis to become San Diego’s next mayor, despite a recent poll from KGTV/Channel 10 that has the district attorney in the back of the pack with 14 percent of the vote.

Sanders showed his support in a YouTube video by asking that people give donations to Dumanis’s campaign.

Object of Anger

Texas Nonprofit Joins Fight for Cross
Mount Soledad — The Liberty Institute, a nonprofit firm based in Dallas with the goal of “promoting Judeo-Christian” values, is taking the fight over the Mount Soledad Cross to the Supreme Court, reports the Associated Press.

“An upcoming battle involves the Mount Soledad Memorial, a 29-foot tall Latin cross erected as a veterans memorial and located in San Diego with religious symbols from other faiths surrounding,” reads a message posted on the group’s website.

“It is outrageous to think that a memorial placed over 75 years ago by veterans could be the object of such anger, but this is worth fighting for. If even one memorial is torn down, it will mean that no memorial with any kind of religious imagery is safe.”

By Dorian Hargrove

Bye, Bye Bubble
Home Values May Bottom This Year
San Diego — San Diego is among a group of metro areas whose home values will likely hit bottom late this year, according to Zillow. Others are Dallas, Denver, Miami, New York, Pittsburgh, San Francisco, and Tampa, says the housing research firm.

San Diego home values dropped 0.4 percent in last year’s fourth quarter and dropped 5.2 percent for the year 2011. They are now down 36.9 percent since hitting a peak during the bubble.

By Don Bauder

San Diego Reader

February 16, 2012

continued on page 48

continued on page 50
LETTERS

We welcome letters pertaining to the contents of the Reader. Phone them in at 619-235-3000, ext. 460; address them to Letters to the Editor, Box 85803, San Diego, CA 92186-5803; fax them to 619-231-0489; or use our web page at SanDiegoReader.com/letters. Include your name, address, and telephone number. Letters may be edited for length and clarity.

A 'Nam Fantasy
After reading your cover article "Citizen Pot Bust" (February 9), I don’t know who is more dangerous, the people in the forest growing marijuana or a bunch of military wannabes carrying loaded guns playing vigilante. Could this article have been any more self-serving? I hope that the DEA and the authorities discourage this kind of untrained and unskilled macho Rambo behavior. I also found it amusing that in their minds they were in Vietnam chasing Charlie. Unless you are at least 56 years old, which they didn’t appear to be from the picture, you were never in Nam. Please do us all a favor and grow up.

Robert Richardson
Pacific Beach

Pot Story A Big Bust
I’m really surprised about your article “Citizen Pot Bust” (Cover Story, February 9). It’s about the weirdest article I’ve ever seen in your paper. I mean, it’s like you’re advocating people to go out and put on jungle fatigues and hike around in the woods with guns looking for pot growers. It’s ridiculous. I don’t know if you know it, but it’s illegal to hike off the trails in Cuyamaca Rancho State Park. These guys, they said they went there a dozen times! Broke the law every time. It’s illegal to hunt in Cuyamaca state park. They’re up there with guns hunting, poaching illegally, breaking laws again. They’re walking around with loaded guns, ready to fire at anybody that happens to step out of the bushes! It’s like you’re advocating these psychos, okay? And what cracks me up is that then you turn to the last page and you’re taking money from pot stores, helping sell pot. It’s ironic.

Bill McCoy
Spring Valley

According to a ranger at Cuyamaca Rancho State Park, it is not illegal to hike off the trails, but it is illegal to hunt in the park. — Editor

Co-Authored By The DEA

I so far got off on those pix of charcoal-smear, camo-bros with their climbing gear out in the Cuyamacas hunting down Mex alien pot farms for the DEA (“Citizen Pot Bust,” Cover Story, February 9). Dude, my brother (not my br, cuz br’s something different and way superior; dude), he works for the DEA, and he says that article is way authentic because this s*** happens all the time!!! People really do help the DEA.

People really do help the DEA.

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San Diego Reader February 16, 2012
Follow the Talent

David and I have taken to watching ice hockey — David’s always loved the sport, and I’ve learned to appreciate the skill it takes to chase a tiny black disc around a slippery sheet of ice while skating backward on steel blades just a few millimeters thick. But the best thing about game night is that neither David nor I care who wins. As such, we can appreciate when anyone, from any team, does something awesome. On the flip side, we feel no need to remain loyal to the team of any player who does something rotten.

During the World Cup playoffs (soccer is another sport we enjoy watching), it was the same — there was no particular country I rooted for. I just wanted the best team to win, regardless of whether it was the U.S. or Ukraine.

I can’t relate to people who freak out when “their” team loses. But that doesn’t mean I don’t want to know where they’re coming from. Human behavior has always fascinated me. Cultural anthropology was my favorite course in college; I regularly peruse psychology and science journals for new studies that might reveal why people act the way they do.

When I dig into the psychology of sports fans, I begin to understand why some fans get so emotional. First, a team can provide a sense of identity and self-esteem. A professor at Indiana University found that “men and women who were diehard fans were much more optimistic about their sex appeal after a victory” and more hopeful “about their ability to perform well at mental and physical tests.” But when their team lost, all that optimism vanished. I couldn’t imagine placing my sense of self-worth in some stranger’s hands, but, apparently, lots of people seem willing to do just that.

Sports fanaticism involves “us against them” thinking. In her article published in Psychology Today, Dr. Susan Krauss Whitbourne writes, “[Sports fans] are passionate about their teams, know every detail about the players, and religiously follow the progress of their hometown heroes. The only factor that differentiates these groups is the team they root for. Yet, people create arbitrary distinctions between the teams (and fans) they love and those they hate. It’s doubtful that knowledge of this social psychological principle will lead to fans of the Patriots to reach out and hug fans of the Giants, but theoretically they should recognize that they are more alike than they are different.”

Though I appreciate scholarly insight, I don’t always leave it to the experts. Pesky sibling that I am, I have a penchant for pushing buttons. My little social experiments disclose things to me that I wouldn’t otherwise know. For example, whether or not someone is super-glued to a particular belief, regardless of whatever contrary-but-reliable information might surface.

When I came across a recent headline that proclaimed, “Intelligence Study Links Low I.Q. to Prejudice, Racism, Conservatism,” I clicked to learn more (but not before I posted the provocative headline and link on my Facebook wall). The actual title of the study, which was published in Psychological Science, was, “Bright Minds and Dark Attitudes: Lower Cognitive Ability Predicts Greater Prejudice Through Right-Wing Ideology and Low Intergroup Contact.”

Basically, the study found that children “whose level of intelligence was below the median at age 10” were up to 65 percent more likely to display “above-median levels of racism during adulthood.” Most people I know, both conservative and liberal, would agree that prejudice is born of ignorance, but that has more to do with lack of world experience than innate dimness. One psychologist explained it this way: “Reality is complicated and messy. Ideologies get rid of the messiness and impose a simpler solution. So, it may not be surprising that people with less cognitive capacity will be attracted to simplifying ideologies.”

What I gleaned from the study is that stupider-than-average people have “poor abstract-reasoning skills.” When I brought this up to David, he said, “Makes sense. People are threatened by things that are different from themselves. It takes an open mind to consider and accept that people can be different than you while still not posing a threat. The basic instinct is, ‘We’re right, we’re good, and those different people over the hill are not, so we’re afraid of them.’”

I’ve witnessed stubborn, uncompromising convictions tossed up from both sides of the fence. I don’t think it’s a liberal/conservative thing so much as a close-minded/open-minded thing. And the tighter the doors on one’s mind, the more difficult it becomes to shine any light through the cracks.

Despite my button-pushing predilection, I recoil from heated arguments. Experience has taught me that the more passionate someone seems to be about a given topic, the less reasonable they will be in discussing it. Such people have already chosen their team and they will remain loyal, discounting any contrasting opinion simply because it comes from a member of a different team.

I treat politics the same way I treat sports — I follow the talent. As a registered Independent, I’m not overly attached to any one team. I’ve voted both Republican and Democrat. Sure, I have continued on page 56
### Super Sale

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- 1-year Manufacturer’s Warranty

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**JVC CS-XM620 6.5” Speakers**
- 240W Peak, 40W RMS

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**Kicker 12” Comp Series Subwoofer**

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**10” Kicker Sub, Vented Box and Amp Package**

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- DVD/CD receiver with AM/FM tuner
- Kenwood RNA-610 navigation module included
- Maps of the U.S., Canada, and Puerto Rico
- Built-in internal amp (22 watts RMS/50 peak x 4 channels)
- 6.1” touchscreen with variable color button illumination

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**Strait from the HIP by Matthew Alice**

Hey Matt:

Every day, seven days a week, I get odd, distracting, disruptive phone calls that drive me to drink! No, not the ones from my ex. The phone rings, I answer with my usual happy salutation, then I may or may not hear a “click” or a momentary pause. Then a voice that, judging from the accent, is, shall we say, from “out of town” starts an obvious script with: “Hello, my name is Ramma-lamma-ding-dong and I am simply calling to update your free...” or, I get a recording promising that I can get gaz-zillions in “free grant money” (or variations on the theme). Here are the issues I would love your thoughts on: 1. I am on the national do-not-call list. My phone is for customers and friends. 2. The call-back may be blocked. 3. The number displayed may be something like 000-000-0004. Or, when the number displayed, if apparently “legitimate,” is called back, it comes back as invalid or “unavailable” without the option of leaving a message. There have been times (and I can print out the proof) that the same number tries to reach me 1/2 dozen times a day! Sometimes 15 minutes apart! What...if anything...can a citizen of this fine country do to track these knuckle-heads down and give them a telephonic wedge!

— Bill Thompson, San Diego

I like that telephonic wedge idea. But of course, it’s a dream never to be fulfilled. So, I guess from your description you’re talking about a land line registered to a business. (It’s flat-out illegal nationwide to make robocalls to cell phones or “voice over IP.”) But business-to-business land-lines and fax machines are not covered by the Do Not Call laws. You’re fair game. The system has worked pretty well for the nine years it’s been around. But recently robocallers seem to have decided to flout the law and call anyway, since it’s so tough for people to ID them. A survey of several states shows that the top consumer complaints are about robocalls.

The odd pauses and clicks you hear are the robomachinery registering that your phone has been answered by a live person. This isn’t necessarily what they want. They know you’ll hang up, so they’d rather talk to your answering device, which will sit still and listen. If instead, a live person comes on the line, they’re just following the law. Robocalls must have a live person to speak to you to tell you who they are and give you the chance to opt out on their exciting robo-offer. A bit o’ advice? If a robocaller makes you the chance to “press star if you don’t want to hear this message,” don’t do it. Hang up. Otherwise, all you’ve done is notify the caller that the phone number is good and is answered by a human being who speaks English.

As for blocked and fake call-back numbers, anyone can block their number when calling out. But robocallers make their calls through a PBX board — a lot of robophones connected to the main phone line through a single point. One clever thing you can do with a PBX board is program in a fake call-back number. And calling half a dozen times a day at 15-minute intervals? That’s what robophones do best. Back to who makes these calls, other than people offering you low-cost lottery winnings. Do Not Call federal legislation excludes certain types of businesses from their restrictions. The feds claim that because of FCC/FTC jurisdictional limitations, they can’t regulate calls from charities, legitimate telephone surveys, or companies with which you’ve established a business relationship. And, because legislators are so good at passing laws that don’t apply to them personally, political parties are also exempt. Of course, (Grandma sent care packages of ear plugs and Xanax to the Florida Alices recently.) So are your creditors or their collection agencies, which are ruled by a different set of laws.

Beware of that “businesses with which you have established a relationship.” That includes any business you’ve called with an inquiry, a business you’ve submitted a job app to, a business you’ve bought something from. See that “Call Now!” number in that infomercial; “We only have a dozen left!”; “You only have five minutes to respond”? Don’t do it. That’s a “business relationship.”

Your only recourse are to file a complaint with the FTC or FCC (have very specific details at hand) or, if you are talking to a live person, you can request to be put on that company’s Do Not Call list, and they’re obligated to comply. But let’s say you signed up on Do Not Call many years ago. There’s an outside chance that your number has automatically been removed. This will eventually happen if you abandon the number or it’s otherwise shut off, even briefly; but it might also occur automatically if you make any kind of service or billing change with your phone company, even if your service is not interrupted. Check your DNC status at donotcall.gov.

Find more Matthew Alice online at SDRReader.com/hip

Got a question you need answered? Send an email to heymatt@cts.com or fax to 619-231-0489 or mail to Matthew Alice, c/o the Reader, Box 85803, San Diego, CA 92186.
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Well, recent developments in the spooning up floating fairy dust? that it looked like you were of the meal, so at the start darkness in total served ahi gelatin the clear including bacteria into all incorporated bioluminescent tasting menu, when I incor- Remember my Red Tide Rising nunities arising from particular special, limited-time opportu- position to take advantage of program puts us in a unique award-winning farm-to-table Johnson: “A.R. Valentine’s events, however unpredictable. waters off of San Onofre have provided me with some truly extraordinary catches. These lovely oceangoers are so biolumi-nescent, you’d swear they were actually glowing!”

The 9th Circuit Court of Appeals recently issued a decision rejecting Proposition 8’s constitutional ban on gay marriage in California. However, it also left in place a stay on gay marriage put in place by a lower court, pending the inevitable appeal from Prop 8 proponents. There is no legal justification for Prop 8’s denial of the term ‘marriage’ for gay and lesbian couples,” wrote Justice Rhinehart in a private email to his golf buddies. “But we’re gonna leave the moratorium in place because, ew, sodomy. What two consenting adults do in the privacy of their bedroom can get pretty gross.”

However, in a more public email written to the gay-rights group California State Homosexual Oppression Watch and Business Inter- est Zone (Cal-SHOWBIZ), Rhinehart struck a slightly different note. “We’re hoping that, now that we’ve issued this ruling in support of their rights, California’s gays will stop going on and on about marriage — an institution that is intimately bound up with sexual behavior, including the icky kind that gay men practice — and instead focus on what makes them truly valuable and distinctive members of society: producing quality entertain-ment for the masses. Theater, dance, fashion, even television and movies — all of it relies heavily on the wit and sass of the gay community, and, frankly, this Prop 8 thing has had many gays distracted lately. At least, that’s the impression I get from a hot mess like season two of Glee.”

In related news, Prop 8 supporters estimate that they should have an appeal on Rhinehart’s decision ready sometime around the year 2180.

The fin-whale fetus that got dumped in the Miramar Landfill and now this...

“Taki... refers to her organization’s fol- lowup lawsuit to the one filed by PETA alleging that Sea World’s practice of holding killer whales and forcing them to perform is a violation of the United States Constitution’s 13th Amendment — the one that outlawed slavery.

Recalls Matthews, “I got the idea when [U.S. district judge Jeffrey] Miller asked that PETA lawyer [Jeff Kerr] about the history of the 13th Amendment, and how it was intended to apply only to humans held in slavery. Kerr said the right to sue had never explicitly been granted to animals, but that the same had been true in the past for other groups, such as African-Americans and women. And I thought to myself, And the unborn! The 13th Amendment outlawed slavery, but the 8th prohibited excessive bail. Couldn’t we argue that unborn babies are held prisoner in their mothers’ wombs, with the bail being the life-sustaining nutrition thatMom provides? It’s a bail that can’t pos- sibly be paid, and that sounds pretty exces- sive to me. It’s true that a win in such a case might lead to more women deciding to abort rather than come under legal scrutiny, but it would also be a foot in the door for getting fetuses recognized as persons. Or at least whales.”

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Pro-Life Group Piggybacks on PETA Whale Slavery Case

After Animal-Rights Group Sues on Behalf of San Diego Sea World’s Orcas, Pro-Lifers Jump into Nonperson Lawsuit Scrum

BBB Head Matthews: “If someone can sue on behalf of a whale, then we can sue on behalf of a fetus.”

ON CHURROS AND LISTENING TO KILLER WHALE WHILE MUNCHING TAKING IN THE MAJESTY OF THE KILLER WHALE WHILE MUNCHING ON CHURROS AND LISTENING TO SYNTH-POP, SEA WORLD: Sometimes, Martha Matthews wonders what it is about whales and the unborn. “I mean, I was never in Greenpeace or anything like that,” says the head of the San Diego chap- ter of the Baby Burial Brigade, an organization devoted to collecting post-abortion fetal remains and providing them with funeral services. “In fact, I used to have one of those bumper stickers that read, ‘Be a hero, save a whale; save a baby, go to jail.’ But after that whole episode with the fin-whale fetus that got dumped in the Miramar Landfill and now this...”
MEET A FRIEND. GO DOWN TO THE BOARDWALK. TAKE A QUICK COFFEE BREAK. RUN BACK TO THE OFFICE. CHECK OUT A MUSEUM AT BALBOA. GO TO THE DOCTOR’S APPOINTMENT. GET TO A MEETING. STOP BY THE BANK. WORK ON YOUR BICEPS. DROP OFF THE LAUNDRY. TAKE A STROLL AROUND THE GASLAMP.

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POST TITLE: Introduction to an Old Man’s Musings and Grousings
POST DATE: November 25, 2010
I have been walking the face of the Earth for a little more than seven decades. Along the way, I have had some thoughts about some subjects. I have also had some ideas. If you can tell me the difference between the two, I’m ready to listen. Anyway, two nights ago, I was lying in my bed suffering from the pain that an attack of gout inevitably brings on. As I lay there, I was occupied by a brain that would not stay quiet. I had this inspiration to note a specific thought that caught my fancy for every single day of one year. The longer I lay there languishing in the no-man’s-land between sleep and fiery pain, the stronger the conviction came to do this.

POST TITLE: MY CADILLAC NEEDS SERVICE? REPAIR? MY HONDA, TOO!! @%#$^&*@@!
POST DATE: February 4, 2012
Beware, what is coming is a primal cry for understanding. It is the “coming of age” story of the relationship between an adult and his sent-from-heaven car.

I was driving a nice mid-60s Olds Cutlass which I had bought through connections for $1500.00 in 1977. Then a friend of mine, who was one of the last gas station/repair shop wizards, told me that he had this “cherry” 1964, four-door Cadillac sedan for $750.00.

We all know that Cadillacs are perfect, right? Right. Just like we all know that Hondas are perfect. Cadillacs have been around for a long time, and they have had good years and bad years. However, and I mean this, however, we still walk around in our waking hours with the conviction that they are perfect. We love it when one goes by us and all we hear is the gentle hiss of the perfect tires going by. We dream and dream and then one day, a friend offers us the perfect car that has been driven by the proverbial old maid on weekends. We gobble it up.

It doesn’t take long before we learn that the perfect Cadillac is a machine. Note that we can’t bring ourselves to say that it is “just” a machine. We have to somehow force ourselves into the reality that what we considered to be perfection is “just” a machine. I got my first awakening when the timing started to not be “right.” I figured that this small aberration was not a big deal — the car was 14 years old, after all — and mine was going to be the only car in the garage.

I got the shock of my life. I had a one-hour wait. There was a long line of warped perfection in front of me. I could not believe it. I struggled with it. I brought myself to try to say something witty to one of the mechanics and failed. Whatever it was that I said, his reply was, “Cadillies are a piece of shit.” What? I paid $750.00 for perfection that was being blasphemed by this uneducated, uncouth, blue-collar knave? I tell you, it was a very long wait for the car to be delivered to me. I cursed it lovingly, gently and smoothly got in and experienced its resurrected perfection. The boorish buffoon of a mechanic was damned. Cadillies are perfect, I know. This one was all the more perfect because it had a bench style front seat. You know [you oldies know], the one that we used to call the SOB seat. This style front seat. You know [you oldies know], the one that we used to call the SOB seat. This style front seat. You know [you oldies know], the one that we used to call the SOB seat. This style front seat.

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By Patrick Daugherty

Injury Report

And so, baseball. Padres pitchers and catchers report to Peoria on Sunday. Once again I have been suckered into a fantasy baseball league by guzzling one drink too many in the company of bad men.

Major League Baseball is a collection of genetically mutated primates who are able to bat, pitch, and throw a 5¼-ounce sphere better than 99,999 percent of their brothers and sisters. For these esoteric skills, players enjoy an average yearly salary of $33 million. Along with money come better hotels, better parties, better booze, better clothes, travel, housing...all that betterness topped off by a gratifying collective gasp the moment a room full of strangers realize you’ve walked through the door.

The gap between players and the rest of us is so wide you might think there are no intersection points, especially after confronting the reality of your crummy dreary house, crummy dreary car, and crummy dreary job you have to go to every crummy dreary Monday morning.

That’s simply not true, Hoss. We share something more than mere material things with our baseball heroes. Ours is a spiritual connection. To wit: we share the same stupid injuries. Indeed, we are brothers in pain and connection. To wit: we share the same stupid injuries we have in common with MLB players.

Let’s finish with a Bob Ojeda bonus round. Then with Los Angeles, Ojeda offered this explanation for his lousy pitching during a 1991 game against the New York Mets (Dodgers were crushed, 9-4). Ojeda blamed his poor performance on voodoo. He told reporters that his ex-wife had been sticking pins in a doll with his face on it.

Cal Ripken Jr. (SS, 3B, 21 seasons, 1 team), broke his nose while posing for an All-Star Team photo.

Jeff Juden (pitcher, 8 seasons, 8 teams), was out for a week because his tattoo got infected.

And, quickly, Larry Anderson strained a rib muscle getting out of a Jacuzzi, Charlie Hough broke a pinkie while pinkie shaking, Tom Glavine broke a rib vomiting airplane food, Rich Harden strained his shoulder setting his alarm clock, Mark Smith hurt his pitching hand by sticking it in an air conditioner, Ricky Bones picked up a finger injury pitching hand by sticking it in an air conditioner, and John Smoltz (pitcher, 21 seasons, 4 teams), strained a muscle while vomiting.

Finally, Bob Ojeda (pitcher, 15 seasons, 5 teams), cut his middle finger off while garden- ing during a 1991 game against the New York Mets (Dodgers were crushed, 9-4). Ojeda blamed his poor performance on voodoo. He told reporters that his ex-wife had been sticking pins in a voodoo doll that had Ojeda’s face on it.

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By Anthony Gentile

Sparked by Cobb, No. 4 Lincoln Gets Even with No. 3 Cathedral Catholic

Carmel Valley — Lincoln has been awaiting the return of Jerry Cobb for nearly the entire season — and so far the senior point guard has proven worth the wait. In his second game back on Friday night, February 10, Cobb provided the spark for the fourth-ranked Hornets as they knocked off third-ranked Cathedral Catholic 72-68 to close in on the Western League crown.

“This was a must-win game for us, and we took that upon ourselves,” Cobb said.

Lincoln (16-8, 9-1 Western) led 17-10 after closing the first quarter with a 10-3 run. Hornets junior guard Tyree Robinson hit three three-pointers in the opening quarter — each off assists from Cobb.

“He gives us that extra person to take the pressure off the [Robinson] twins,” Lincoln head coach Jason Bryant said of Cobb. “He makes everybody around him better, and that’s his role on the team.”

The game was tied at 51 entering the fourth quarter when Lincoln took control by holding Cathedral Catholic to two points in the first four minutes while building an eight-point lead. Lincoln had a 70-63 lead with 16.5 seconds left when the game took a sour turn. Hornets junior forward Jeremiah Turner was fouled underneath the Cathedral Catholic basket, and after the whistle sent Dons junior guard Michael Rosenburg to the ground with an elbow that led to a short scuffle.

As a result of the scuffle, two technical fouls were called on Lincoln. After Turner missed both his free throws, Cathedral Catholic had four technical free throws — and the opportunity to have the ball down by one possession if they all went in. But junior guard Nick Prunty made three of the four attempts and the Dons turned the ball over on the ensuing inbounds pass, allowing Lincoln to hold on for a four-point win.

Coaches vs. Cancer Showcase: No. 6 El Camino Edges No. 5 San Ysidro

San Ysidro — With the top seed in Division I up for grabs in the marquee game of the Coaches vs. Cancer Showcase on Saturday night, El Camino senior big man Danny Garner delivered his biggest performance of the season. Garner scored a season-high 20 points and the go-ahead layup with 19.9 seconds left to lift the sixth-ranked Wildcats over fifth-ranked San Ysidro in a 57-56 thriller.

“We’ve got one goal — to keep winning,” Garner Jr. said. “We’ll see how far that takes us.”

Garner Jr.’s game-winning basket came off an assist from Wildcats senior forward Dayton Boddie, who drove into the lane and drew the attention of two San Ysidro defenders before dishing the ball to Garner under the basket before the defense could collapse.

On the ensuing possession, San Ysidro had a good look at a game-winning shot, but junior guard Keeko Sinegal missed a three-pointer as time expired and El Camino prevailed. The missed three capped a wild finish that saw five lead changes in the final 2:24.

Week 12 Top 10

1. La Costa Canyon (24-2)
2. Lincoln (16-8) 4
3. Hoover (24-4) 2
4. Cathedral Catholic (23-3) 3
5. El Camino (19-7) 6
6. San Ysidro (22-4) 5
7. St. Augustine (21-5) 7
8. Morse (22-6) 9
9. Army-Navy (19-6) 8
10. Westview (20-5) 10

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My husband’s happy place is in his yard. Around this time of year, he spends hours deep in thought, cultivating his land, composting, relishing the odors of moist, tilled earth.

He’s prepared a bed for me to plant in the front yard. But what to plant in the middle of winter? The predawn hours are still pretty cold around here. I don’t want to purchase new plants only to kill them.

“This time of year, you can plant the cool-weather flowers such as pansies, snapdragons, and calendula,” said Fausto Palafox, owner of Mission Hills Nursery (missionhillsnursery.com; 619-295-2808).

“In terms of annuals with colorful foliage, as our nights get cooler the ornamental kale do well and color up pretty. For shady areas of the garden, the cyclamen is one of the popular cool-season plants. It’s also a good time to start some of the plants that will bloom in the spring, such as foxglove and delphinium.”

The Kelly home has multiple gardens: flower, vegetable, and a low-water shrub garden. In my veggie plot, Palafox suggested, “This time of year, you can plant leafy produce such as lettuce, cabbage, kale, kohlrabi — any of the leafy-type vegetables are your safest bet. Also, artichokes and rhubarb. And fruits such as strawberries will do well.”

What about the possibility of frost?

“Most of these plants can handle some frost. One little nip at night, especially along the coast, is no big deal. But persistent frost, especially if they were recently planted, will damage the plant.

You can drape a frost cloth over the top of them to provide protection [Easy Gardener 10’x12’, $5.99 at Mission Hills Nursery; DeWitt N-Sulate 10’x12’ frost cloth, $12.99 at Walter Andersen Nursery]. But even a cotton bed sheet will help. For most, such as the pansies, you’re better off protecting them from the rain rather than anything else because the rain tends to trash the flowers.”

If you are planting a garden now or planning on a garden next month, Palafox continued, “You should start amending your soil, adding some organic material. We sell an organic product called E.B. Stone Planting Soil, adding some organic material. We sell an organic product called E.B. Stone Planting Soil ($7.99 for 1.5 cubic feet at Mission Hills Nursery; $7.99 for 1.5 cubic feet at Armstrong Garden Center) and GreenAll Soil Booster ($7.99 for 1.5 cubic feet at Mission Hills Nursery).

“Both of these products bring organic material into the soil. A starter-type fertilizer is also good, especially if you are putting in mixes or mulches that do not contain fertilizer. You want a combination of nitrogen and phosphorus potash. We sell starter fertilizer Sure Start [$7.99 for a four-pound box at Mission Hills and Evergreen Nurseries]. That helps get everything going when you first plant. You can mix the starter fertilizer in with the soil booster.

“The one other product we suggest is called DynoEarth [for $19.99 for five pounds at Mission Hills Nursery], which is basically a humic acid. Humic acid helps augment the soil by getting better water retention and attracts the fertilizer, especially nitrogen, to stay around. Often, the nitrogen just washes through the soil, especially in the summer months when people tend to water more. The humic acid makes the fertilizers more available to the plants.”

For sprays, “For the dormant trees, there are different types of dormant sprays that help minimize disease or fungus that attack as the trees begin to grow. In the case of evergreen trees such as the citrus, it’s an ongoing thing. But in the cold weather you typically don’t get much in the way of bugs. Bugs don’t like cold weather. After a week or two of warm weather, citrus will start pumping out a lot of new tender growth, and that’s what the aphids go after. Make sure you put some kind of a pesticide on them early on. Neem oil is an excellent product [Green Light Rose Defense, $10.99 for 24 ounces at Mission Hills Nursery; Green Light neem oil, $11.97 for 16 ounces at Home Depot].”

Palafox left me with one last tip. “We carry a seed line called Thompson & Morgan, and they always introduce new plants that you won’t find with any of the other seed companies [packages start around $2.79].”

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San Diego Reader February 16, 2012 23
Tijuana Mayor Carlos Bustamante said that the history of the Tijuana Police Station was evil and had “bad vibes.”

It has been over a month since the Tijuana police station (also known as “La Ocho”), located on the corner of Eighth Street and Avenida Constitución in downtown Tijuana, met its demise. On December 30, the mayor’s office ordered the destruction of the infamous station and jail. A few days earlier, the city council had voted to sell the public plot in a private auction.

At nighttime, the bulldozers began to tear down the walls. Early the next morning, onlookers began to gather, some with tears in their eyes, others with signs demonstrating their anguished against the act of urbicide they where witnessing. But the demolition continued and did not stop with the police station; they cleared the entire ¼-acre site, including Estación de Bomberos #1, the city’s first fire station. The fire station had been built in the 60s and had all the necessities firemen needed to do their job well — it even had a covered basketball court on its second level.

In less than a week, the two historic buildings were leveled and a pile of rubble stands as testimony to the hegemony of Tijuana’s National City-born mayor, Carlos Bustamante.

When is a Building More Than a Building?

Sometimes when we think of preserving structures, “time” is reduced solely to dating buildings. The Tijuana jail and fire station were built in the 1960s, but this fact defines only part of its historical legacy. The mayor of Tijuana mentioned that his decision to demolish the buildings was because they were old and had structural damage, a questionable assertion (no documents of the structural survey were ever published). Yet, the mayor didn’t consider that collective memory also plays an important role in the legitimation of a building as a historical artifact.

Bustamante also added that the history of the building was evil and “tiene muy malas vibras” (“it has bad vibes”); therefore, its continued existence would only serve to promote the negative image of the city… as if the act of demolishing the buildings eliminates the negative image of a shady government and its notorious under-the-table deals.

What are the costs of the demolition of these structures, and are these costs unavoidable for the progress of Tijuana? So far, the end does not justify the means: the fire-department staff and equipment sit on an empty lot with a trailer as their office and await a new fire station.

The police department had the desire to make a museum of the old station. Not only did the fire and police departments demonstrate their displeasure with the demolition, but a few groups picketed the site.

One of the loudest voices against the demolition and selling of the plot came from “Todo Somos Tijuana,” a preservationist group consisting of intellectuals and artists whose main demand is to prevent the selling of the plot to a private entity and to persuade the city to use the space for cultural, artistic, and educational functions.

Maria Curry, an architect and expert in historic preservation (and a current member of the San Diego Historical Resources Board), posted the following on Facebook: “Unfortunately preserving historic buildings is not part of the preservation policies in Tijuana, which is a mistake because old buildings can bring many economic and social benefits if they are properly used and integrated to urban planning.…"

A member of Tijuana’s Professional College of Architects, Diana Nieto, used her blog to express that adaptive reuse might have been a better future for both structures. Nieto wrote that many countries, including Mexico, have readapted decommissioned jails to function as public and cultural institutions; for example, Mexico City’s Lecumberri Penitentiary, also known as the “Black Palace,” now houses the national archives. The building is surrounded by a large public park and research facilities. Nieto’s list of adaptive-reuse examples includes other penitentiary buildings in Mexico.

There is no doubt (except in the TJ mayor’s office) that cities need old buildings as much as we need new ones. Jane Jacobs wrote in her book The Death and Life of Great American Cities, “Cities need old buildings so badly it is probably impossible for vigorous streets and districts to grow without them. By old buildings I mean not museum-piece old buildings, not old buildings in an excellent and expensive state of rehabilitation — although these make fine ingredients — but also a good lot of plain, ordinary, low-value old buildings, including some rundown old buildings.”

According to Jacobs describes: ordinary, low-value buildings of pseudo-architectural styles from California Revival, Neo-classical, and early Modernist eras. Their primary value is in the role they play as artifacts of memory and their place as part of a greater whole that is downtown Tijuana and its original grid of 1889. Buildings like La Ocho fit well within the urban fabric of downtown.

It’s Only Natural

“Civilized life, you know, is based on a huge number of illusions in which we all collaborate willingly. The trouble is we forget after a while that they are illusions and we are deeply shocked when reality is torn down around us.” — J.G. Ballard

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It seems that most tijuaneños are not interested in going out to defend public space. For some, it’s hard enough to deal with their daily existence. For the middle and upper classes, why would they worry? When things get dirty they can go to San Diego.

Dr. Tito Alegría, an urbanist at El Colegio de la Frontera Norte, a think tank on border issues, mentions that Tijuana city government has had a long history of selling of public land to obtain revenue. Even when the population is invited to participate in the decision-making process of city-improvement programs, they don’t participate. In 1994, the city established PAU, “Plan de Activación Urbana” (“Urban Activation Plan”) and, according to Dr. Alegría, only 5 percent of the population participated in the decision-making process. “Therefore, the dismantling of the police station and selling of the property is natural procedure for the city,” he says.

To be fair, recently we saw more preservationist groups organize to defend public space, such as the group that camped in the Benito Juárez Park to stop the construction of a large concrete square plaza (known as Zocalo 11 de Julio) by private entities. Yet, these groups are small and lack credibility with the rest of the population, even if they mean well. Recently, Mayor Bustamante evacuated the occupying group, and now the future of the park and its public space are uncertain.

Tijuana is lacking a cohesive social culture, one that defends public space and its right to shape the city’s future. Currently, we are witnessing a revival of certain parts of the city and a gradual economic growth in the service sector. In the past five years, we have seen the resurrection of the nightlife in downtown Tijuana. Our middle class that fled the city during the past three years has returned from San Diego. Yet, our understanding and desire of public space is still just a vision that we find difficult to grasp or defend. I hope that soon we will have had enough of “the business as usual” politics and, like in J.G. Ballard’s novel Millennium People, we will at least aspire to be like every obedient professional and arrive punctually for our appointment with a revolution.
If you ask Kevin Williams, husband of San Diego blogger Deb Williams, he’ll tell you, “The guy in that commercial is Deb. She pretends to pay attention to me while she’s checking — I’m not sure what — her blog statistics or something.”

“Yeah, I know,” Deb says. “The truth is, I’m in front of the computer way too much. That’s my life, and it’s not always well perceived.”

It’s the week before Christmas, and we’re dining on salad and a large pot of minestrone soup at the Williamses’ family home. Seven-year-old Toots, the elder of the couple’s two daughters, sits at the table with the grown-ups, cramming overly buttered bread into her mouth. Booger, her five-year-old sister, watches television in another room.

When I met Deb last August, I found out within the first ten minutes that she takes antidepressants and that her husband claims not to recognize her if her face isn’t bathed in the blue glow of her laptop. We were at R Gang Eatery on Fifth Avenue in Hillcrest, discussing obsessive blogging with three other female local bloggers and “Twitterati.” When the food came out, all four women snapped photos of their strawberry-basil salads, chicken sliders, and tater tots, but it was Deb who, 20 minutes later, admitted that she was forcing herself not to check her phone to see if anyone had responded to her food-pic tweet.

A few days later, curious about her Twitter usage, I counted three days’ worth of Deb’s tweets. On August 1,
she tweeted 58 times. On August 30, 31 times, and on the 31st, 23. That's an average of 37 tweets per day. If you multiply that by 31 (for the month of August), you get a total of 1147 tweets.

Even on Twitter, Deb's candor is compelling. In my favorite tweet, she wrote, “I use my hus-bo's nose-hair clippers on my girl mustache. It’s noisy but effective.”

Today, Deb tells me that her obsession with social media is one that ebbs and flows. At the moment, it's more ebby than flowy, with "only two or three tweets a day," probably due to the holidays, she says. But the routine remains pretty much the same.

“This is my normal schedule, always, even when I’m not obsessive: I wake up early, and the first thing I do is check my phone. Then I come downstairs, and I check my stats [site views on her blog]. I check my email, I check my Twitter. I check everything.” She dips a piece of bread into her soup. “Then the kids will come down, and usually they’re waiting for me for a couple of minutes, maybe ten. ‘Can we have breakfast?’ And then I sign off, but I always have my phone. I check my phone all the time. I go to bed with my phone. I wake up in the middle of the night, at least once every night, even when I’m not obsessive, and I check my stuff.” And that’s not obsessive?

“No,” she laughs with a cheek full of bread. “That’s not my obsessive.”

Deb explains her personal definition.

“Normally, I’d be on Twitter from 8:00 to 10:00 at night. I’m tweeting back and forth, I’m commenting on blogs, I’m on Facebook. So, I guess what I mean by less obsessive is that I’m not tweeting as much on Twitter, but I’m still always checking [for comments and mentions]. My phone is very much an appendage.”

In her first blog, which she started in 2001, Deb shared the experience of planning her wedding with friends and family. After the wedding, the blog morphed into what she calls a web diary of personal stories. In 2007, she quit her job as a communications director for a nonprofit and began to work from home as a full-time freelance editor for an overseas IT market-research company. Around that time, she began her current blog, San Diego Momma, another public diary of sorts, though this one excludes stories about her sexual relationship with her husband or their finances — topics Kevin has declared "off-limits."

Deb sips red wine from a glass. She is quiet for a moment. “It’s not so much a need to know what people are doing or thinking,” she says. “It’s more checking in, so I’m not forgotten. Like, ‘I’m still a part of this.’”

That night in August at R Gang Eatery, another local blogger at the table, Stacey Ross of San Diego Bargain Mama fame, let slip that she is in the midst of writing a book that is, in part, about obsessive use of social media.
San Diego Reader
February 16, 2012

“Call social-media networking one of the greatest time-sucks of the century,” Ross says. “When you’re doing it for business and you’re doing it for pleasure, there’s an overlap, and that’s where it can get fuzzy, if one isn’t clear with his or her boundaries.”

Ross’s own experiences made it clear to her that those fuzzy boundaries can lead to obsessive behaviors and a disconnection from real life. “I had a very difficult time for a few days a couple summers back,” she says, “when I had no access to my computer and no phone, even — no Twitter! — until the end of the day, when we could drive up the hill and take care of business. I felt like I was missing a part of myself — a lifeline. I even got the shakes. I felt disconnected from a network that I felt I ’needed’ more than I did. Twitter was a relatively new tool for me, and, irrationally, I felt that if I didn’t check it while I was gone, I would lose some sort of rapport with my followers. I would think and sleep in 140 characters, and it was becoming obsessive.”

For the book, whose working title is “The Things I Wish I’d Known Before I Hit Send,” Ross has done 100-plus formal and informal interviews with other social-media...
“Social-media networking [is] one of the greatest time-sucks of the century.”

As funny as Toots means to be, and as subjective as Kevin’s opinion is, Dr. Mantell says that in the worst cases both statements hold true.

“It’s not the worst thing in the world to be connecting to friends via technology, but if it’s the only way you can connect, then there is indeed a problem,” he says. And those who seek validation and approval from virtual friends and followers have an “internal lack of self-esteem [that] comes from this erroneous belief that self-esteem hinges on what you think of me, not what I think of me.”

Deb says that when she first began to blog, she “started out wanting to write, and then after awhile, for sure it does become partly about affirmation. But I wonder if you have it in your personality that you need affirmation, or do some people also develop it when they’re interacting online?”

After contemplating this for a moment, she concludes that, for her, the need is built into her personality. “Before I was online, I was an obsessive voicemail checker.”

While Deb does maintain social relationships via tweet-ups (in-person meet-ups with Twitter friends) and does not consider herself in danger of withdrawing from what Mantell calls “the real world,” Kevin claims that his wife’s social-media usage occasionally threatens family time.

“Let’s just say, I’m the one who’s read the kids for four or five days now.” He stands to clear the table. As if to soften the blow, he then quips, “But the longest our kids have gone without eating obsession.

“The thing is, as a work-at-home mom, I’m networking so much with others that are work-at-home, and we need that water-cooler time,” Ross says. “We don’t have that break room, so Twitter and Facebook sometimes lead to that. It’s usually a healthy time to chat about things that are going on, to relate and have a little chuckle.”

Dr. Mantell, whose role in the book is to write up a psychological analysis of the stories Ross has collected via her interviews, says that problems arise when social-media usage begins to replace real life.

“What I see and hear is, we go out for dinner, she’s busy texting. She can’t put it down,” he says. “It’s the seduction of that digital world. The biggest danger I see to relationships is that we’re not present. We’re in a virtual world. We’re dreaming.”

Back at the Williams home, Kevin adds his own psychological read of the situation.

“I think a lot of blogging is people who need affirmation from other people,” he says.

Seven-year-old Toots pipes in with her take on the subject. “Mommy, I think people who blog are people who don’t have lives,” she says. Then she immediately adds, “I’m just kidding.”
is only a week.”

Ross says that boundaries and schedules have been necessities in keeping her own potentially obsessive social-media behaviors at bay. Because of the nature of her work within the sphere of social media, “those boundaries always need to be redefined.”

For Deb, the reinstatement of family dinners is a recent attempt at maintaining consistent interaction with her family. It’s a first step, but not the only one she needs to take.

“I’m sensing that I’m disconnecting from certain parts of myself, and I’m wondering will I go too far and not be able to reconnect those parts,” she says.

It’s been awhile, for instance, since she last worked on the “middle-grade supernatural thriller” she’s been writing for 11 years. The writing she does do is “getting more choppy, more and more like, ‘Let’s get through this. Let’s get through this’.” It’s a by-product of all this being online, because everything is so instantaneous and quick and concise, though there’s really such beauty in not being concise.”

And though she has been in a book club since 1998, Deb hasn’t read the last six books.

“I really mourn that loss,” she says. “Reading.” Then she corrects herself, saying she still does read, “just not books.”

“What about your book?” asks Toots, who has returned to the table after helping her father clear dishes.

“Nothing,” Deb says. “I was just saying I don’t read as much as I used to.”

“That’s bad!” Toots exclaims. "I have a bunch of books.”

When I ask Deb if she’s ever set goals to limit her time on social media, she says, “This weekend, I don’t think I tweeted at all. I still checked [for comments on her blog and mentions on Twitter], though.”

So, could she go for, say, two days without checking?

“That just made my stomach hurt.” She wrings her hands. “I could, I guess. That would be extremely hard for me. It would be a goal. It would be me white-knuckling it through a weekend.”

A pause, and then she says, “I’m afraid you’ll forget me, if I do that.” ■

— Elizabeth Salaam

“The biggest danger I see to relationships is that we’re not present. We’re in a virtual world. We’re dreaming.”

---

**Do you have Schizophrenia?**

If so, and you are between the ages of 18 and 65, you may be eligible to participate in a research study of an investigational medication for schizophrenia.

Qualified participants will receive:

- No-cost study-related medication and study related medical care
- No-cost study-related medical evaluations
- Compensation for your time in the study

Call 858-ARTEMIS (278-3647) today to see if you qualify for this research study.

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(858) 278-3647
Where Individual Care Drives Global Solutions

schizophreniasandiego.com

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**Does Your Child Worry Too Much?**

Age between 7 to 17 years old

DO THEY:

- ✓ Worry excessively and can’t relax
- ✓ Have persistent tension, anxiety and nervousness
- ✓ Worry about how they will deal with each day

THEY MAY BE ELIGIBLE TO PARTICIPATE IN A CLINICAL RESEARCH STUDY FOR GENERALIZED ANXIETY.

Participants Will Receive At No Cost:

1. Study Related Exams
2. Investigational Drug
3. Compensation For Time And Travel

FOR MORE INFORMATION

CALL: 888-619-7272

1908 Sweetwater Road, National City, CA

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MEDICAL CENTER FOR CLINICAL RESEARCH
www.mccresearch.com

MIGRAINE HEADACHES
COMING TOO OFTEN?

Are you having migraine headaches several times per month, interfering with all aspects of your daily life? A 4-month medical research study is underway to evaluate an oral investigational medication for men and women experiencing frequent migraine headaches.

To possibly qualify for this study you must be:
• Men and women, 18-64 years of age.
• History of frequent migraine headaches, with or without aura, for more than 1 year.

Participants may receive study-related:
• Exam and consultation with a board-certified physician.
• Labs, EKG, study-related medication at no cost.
• Compensation to $360 for time and travel.

The Medical Center for Clinical Research
619-521-2841 • www.mccresearch.com

Compensation and Transportation may be available for those who qualify.

After A Meal ....
...Got To Run To The Restroom?
...Diarrhea, Bloating and Pain?

A 10-Week Clinical Research Study is underway to evaluate an investigational, oral medication for diarrhea-predominant Irritable Bowel Syndrome (IBS).

If you suffer from the symptoms of IBS - diarrhea, bloating and abdominal pain and cramps you may want to consider this research study.

To possibly qualify for the study:
1) Men or Women, 18-70 years of age
2) History of infrequent bowel movements, straining, and hard stool
3) Not taking medications which may cause constipation

Participants may receive all study-related:
1) Consultation and Exam By Board-Certified Physician
2) Labs, EKG, Colonoscopy (if necessary) and study medication at no cost
3) Compensation up to $325

Interested Call
619-521-2841 • www.mccresearch.com

CONSTIPATION
ARE YOU TIRED OF STRAINING?
ARE YOU JUST NOT GOING?

A 12-week Medical Research study is underway to evaluate an oral investigational medication for chronic constipation. If you have infrequent bowel movements, straining, and inadequate sense of feeling empty when you do have a bowel movement, you may be suffering from chronic constipation and you may want to consider this study.

To possibly qualify for this study:
1) Male or Female, 18-75 years of age
2) History of infrequent bowel movements, straining, and hard stool
3) Not taking medications which may cause constipation

Participants may receive all study-related:
1) Exam and consultation with a board-certified physician
2) Labs, EKG, Colonoscopy (if necessary) and study medication at no cost
3) Compensation to $450.00 for time and travel

The Medical Center for Clinical Research
619-521-2841 • www.mccresearch.com

Osteoarthritis of the knee?

Are you having pain caused by Osteoarthritis of the knee?

Medical Center for Clinical Research is looking for people with Osteoarthritis of the knee to participate in a research study.

You may be able to participate if you:
• Are at least 35 years of age
• Have a diagnosis of Osteoarthritis of the knee
• Are able to return to our facilities for 4 visits

Study participants will receive:
• Physical examination and lab testing
• A study drug or placebo
• Compensation for time & travel

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Interested Call
619-521-2841 • www.mccresearch.com
In Coronado, alternative transportation mostly means bikes, scooters, skateboards, legs. The options end at the bridge, where a link to San Diego is provided only for cars and motorcycles.

Some say the bridge favors traffic in another way: its lack of a carpool lane. One carpool lane moves as many people as two regular lanes, according to the Riverside County Transportation Commission. People choose to carpool more often when freeways have HOV or “high occupancy vehicle” lanes, a report by the Legislative Analyst’s Office found.

Coronado has unusually heavy traffic because residents share their streets with the Navy. Two commuter routes have turned quiet streets into highways. The high cost of Coronado rents and limited on-base housing means most military employees commute. They come from all over the county and as far away as Oceanside and Orange County.

In 2010, after voters nixed the idea of building a tunnel underground to divert traffic, Coronado resident Kevin Reilly drafted his own “incentive plan” to get the City to add HOV lanes on the bridge. “How much worse does it have to get before carpool lanes are implemented here?” he asked.

Reilly’s plan is a gradual approach that encourages carpooling by reducing commuting time. He also criticized the original planning for the bridge. Connecting this “major thoroughfare directly to the residential grid of a small town at an almost random point is a big traffic-engineering no-no,” Reilly wrote.

In 1986, the California Department of Transportation attempted to cut bridge traffic by up to 1000 cars a day by testing reduced tolls for drivers with one passenger. (Tolls haven’t been collected since June 2002.)

When the Coronado bridge opened in 1969, “traffic was not expected to increase so rapidly.”
Los Angeles Times reported that “Crew members of three aircraft carriers based at North Island Air Station have contributed to the increased traffic.” A Caltrans spokesman said that when the bridge opened in 1969, “traffic was not expected to increase so rapidly.”

According to a traffic study commissioned by the town, congestion spills onto San Diego freeways, making Coronado’s issue a “regional” one. The bridge is controlled by the San Diego Association of Governments (SANDAG), which touts carpooling and mass transit in its new 2050 Regional Transportation Plan. But Coronado won’t find relief there.

“SANDAG is not proposing any HOV lanes on the bridge in the tunnel’s place,” says agency spokesman David Hicks. The only change for Coronado is Rapid Bus Service...in the year 2030. Hicks says there will be improvements to local bus service frequencies to 15 minutes...by 2020. Can’t wait for the 10-minute frequency? It’s coming — by 2035.

Hicks says there are several incentive-based programs in the Regional Transportation Plan that include “carpool and bus-pool incentives which would greatly help the residents and employees on Coronado.”

But Coronado councilmember Carrie Downey, who is on the SANDAG Transportation Committee, says, “What’s in the [Regional Transportation Plan] won’t solve our problems.” What would: “Getting people out of their individual cars.”

There are over 100 different projects in the plan, says Downey, who asked the city council for recommendations she could present to SANDAG before the plan was released.
planning, and the board of directors. But nothing related to traffic is simple in Coronado. "Forty years of no real action is a long time," Reilly said in his post-tunnel citizen-plan.

His father, a "student of traffic planning," had battled the same problems after the bridge was built.

In April 2011, the town formed a new transportation commission under Caltrans to consider ways to solve the problem. Their focus: finding a way to work with the Navy.

The Navy, however, has its own culture and community, with goals separate from those of a town. They resisted the tunnel, including having it open on base, for security reasons. And in January 2010, the Navy discontinued one form of alternative transportation by cutting ferry service to North Island, also citing security concerns.

In a presentation given to the Coronado Transportation Commission, the Navy admitted they hadn’t been “aggressive” in the pursuit of carpooling.

Coronado council-member Barbara Denny, as ardent a supporter of carpooling as she was a tunnel opponent, argues on her website that "Coronado should let the Navy take care of its house and Coronado should take care of its own house." The town has “many other sources of traffic that put cars and trucks on our streets.” Denny promotes a range of “smart transportation” options, however, that revolve around the Navy, such as vanpools, Park and Ride, and Navy Express buses.

At the Traffic Commission’s November 10, 2011, meeting, the discussion turned to carpooling.

Mike Giorgione, commission chairman, said that in terms of volume, the issue is commuters to the base, and rush hours. It would be pointless to target Coronado’s other large employers, like the Hotel Del, on the carpool issue. That traffic comes by bus or cab.

Other employers are not the problem, commissioner Patrick Garahan said. “You could combine everyone else and it wouldn’t have that much of an effect.”

The group wanted to continue to discuss whether the Navy should dedicate the 1st Street gate to carpools only. Giorgione said it would tie into the strategy of an HOV lane — and wanted to make sure carpooling included vanpools for workers.

Vanpools are challenging, another commissioner said. People won’t do it because schedules don’t permit. Unless the Navy gets their employees into carpools, the problem won’t be solved.

It was also mentioned that a resident wanted a dedicated HOV mass transit lane on the bridge.

Commissioner Garahan said it should go all the way to Naval Air Station North Island, while Giorgione said the HOV lane should be on I-5, as well.

“And you can see how it gets complicated.”

Giorgione proposed to table the idea. In its place, another “strategy for decreasing volume” — which they had discussed with the Navy — was to provide “one of three incentives, or two of three” to get commuters to use mass transit. They included easier access, parking, and cost.

“If gas is $5 a gallon, people may start thinking about carpooling.”

— Sheila Pell

SCHIZOPHRENIA CLINICAL TRIAL

Researchers at Sharp Mesa Vista Hospital are enrolling men and women for an inpatient clinical trial. Individuals who have been diagnosed with Schizophrenia and are currently experiencing an increase in their symptoms may qualify.

Eligible participants will receive all study-related care at no cost, and may be reimbursed for time and travel.

Participation is confidential and trials are safely conducted under the supervision of experienced physicians and research specialists.

To learn more, call (858) 836-8350.
Are you one of the 5 million\(^1\) individuals living with lupus?

If you are one of these individuals, we invite you to consider participating in the ILLUMINATE Research Study Program. The ILLUMINATE Program is evaluating a new investigational medication for systemic lupus erythematosus (SLE), the most common form of lupus. We are one of many sites across the country taking part in this research.

If you or someone you know:
- is 18 years of age or older and
- has been diagnosed with SLE

then participation in this clinical research program could be an option for you. To determine if you may qualify to take part, our doctors and nurses will perform additional tests and health assessments.

Individuals who qualify will receive study medication and all study-related care at no charge. Reimbursement for study-related travel and time will be provided. Some standard lupus medications will also be permitted during study participation.

Contacting us does not mean that you have to participate in this clinical research program and participation is completely voluntary.


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Are you a Female with Trouble Getting Aroused or with Low Sexual Desire?

If so, you may be eligible for a clinical research study using an investigational medication for women with female sexual arousal disorder and/or hypoactive sexual desire disorder. This study has 12 clinic visits and lasts approximately 6 months. If you are a female at least 21 years of age you may qualify.

QUALIFIED PARTICIPANTS MAY RECEIVE:
- Study related health assessments
- Laboratory evaluations, and
- Compensation for your time and travel expense

To see if you qualify, please call 888-619-7272

ILLUMINATE Clinical Research

Do you or someone you know suffer from:

- Anxiety?
- Depression?
- Bipolar Disorder?
- Schizophrenia?

You may be eligible to participate in a research study.

All study related care provided at no cost.

Compensation for time and travel, if eligible.

For more information please contact: (760) 758-2222

EXCELL RESEARCH

Board-certified psychiatrists providing excellent patient care and quality research.

3998 Vista Way, Suite 100, Oceanside, CA 92056
Royal Raymond Rife: “Into the Micro-Beyond”

On August 12, 1971, the San Diego Union printed an obituary: “Dr. Royal R. Rife, 83, an optics engineer who invented a high-power microscope, was buried yesterday at Mt. Hope Cemetery. Rife had worked on his optical inventions since coming to San Diego from Nebraska in 1906. His home was at 3555 Grossmont Center Drive, La Mesa. He left no survivors.”

There was more to his story than that. A lot more, some say. One of them, Christopher Bird, claims that Rife took science “into the micro-beyond.”

In the summer of 1934, Dr. Milbank Johnson set up a clinic at the Scripps Ranch, north of San Diego. Johnson, Dr. Arthur Kendall, and Rife would test a non-invasive cure on 16 terminal cancer patients.

Rife, who preferred to be called “Roy,” had developed a “Universal Microscope.” It had 5682 parts and could magnify objects at least 17,000 times normal size (while most microscopes achieve only 2000 or 2500). Also unheard of: Rife said he could watch a living microorganism change shape. But scientists believed — and most do still — that microorganisms have a single form, and that microscopes only work with dead specimens.

“This is a new kind of magnifier,” the Los Angeles Times wrote in 1931, “and the laws governing microscopes may not apply to it.”

Even more unheard of: 14 lenses and prisms of block crystal quartz could illumine a virus and determine its true color. “Just like the colors are tuned on television sets,” said an

Q U O T A T I O N S

1. Barry Lynes: “Rife employed a system of lighting as unknown to microscopy today as it was in the 1930s. Not simply uncommon, it was UNKNOWN.”
2. Mark Simpson: “Research is needed to determine if one can actually blow bugs through the air using a radio frequency carrier wave. This has yet to be proven by modern Rife researchers.”
3. Gerald F. Foye: “Unfortunately the name Rife was, and still is, applied to just about any and all electronic frequency healing devices. Little of it is true Rife technology. The charlatans have stepped in.”

Do Heavy Periods associated with Uterine Fibroids Affect You?

Call 1-877-882-8667
www.fibroidtrial.com

Uterine fibroids symptoms can affect any woman, anytime, anywhere. If you’re at least 20 years old and have heavy periods associated with uterine fibroids, you may qualify for this oral investigational medication research study. As a participant, you will receive all study-related care and investigational medication at no cost. If uterine fibroids affect your life, consider volunteering.

Would you be interested in taking part in a diabetes research study?

- Do you have Type 2 Diabetes?
- Are you 18 or older?
  - Are you currently on insulin alone?
  - Are you currently on insulin plus metformin?
- If you answer yes - you may be eligible to take part in a research study which will test a new investigational medication for Type 2 Diabetes.
- If you are interested in getting more information please contact:

TriWest Research Associates
888-582-9626

- Eligible participants will be compensated for time and travel.
GOUT & CARDIOVASCULAR DISEASE

DOES THIS DESCRIBE YOU?

Consider the following criteria for possible participation in a local clinical research study:

- Men 50 years of age or older
- Women 55 years of age or older
- Diagnosed with gout
- History of major cardiovascular disease (includes stroke, blocked arteries, diabetes)

Qualified participants will receive study medication and study-related medical care at no cost. Compensation for time and travel may also be available for those who qualify. Learn more by calling the study center in your area.

Trivest Research Associates
888-582-9626

You Could Earn up to $250 over 5 visits to our facility

For more information, or to schedule a screening, contact us at:

Digestive Disease Associates
292 Euclid Avenue, Suite 115
San Diego, CA 92114
619-266-3332

Do you feel your antidepressant isn't doing enough to help you manage your Depression?

The depression outreach study is evaluating an investigational drug that as intended to be taken with your current antidepressant (SSRI), to see if it helps to lessen any ongoing symptoms of depression.

SYNERGY Clinical Research
Call 888-619-7272
www.DepressionOutreachStudy.com

Skin Infection?

Are you suffering from a possible skin infection?

Do you have:
- pain
- swelling
- warmth
- tenderness and/or pus or oozing?

Associated with:
- an abscess
- needle stick
- spider bite
- cellulitis or infected cuts or surgical wounds?

eStudySite may have a research study that is right for you.

There is no cost for participation
Study participants receive study-related medical care
Compensation for time and travel may be available
No insurance is required

Call eStudySite toll free:
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1-877-500-3788
Se Habla Español:
619-567-1550 en San Diego
760-631-3056 en North County
A clinical research opportunity for diabetes.

**Struggling to manage your TYPE 1 DIABETES with insulin?**

Qualify for a local research study and you may receive:
- Investigational type 1 diabetes medication
- Study-related care from a local study doctor
- Diet and exercise counseling
- Compensation for your time and travel

**No health insurance or referrals required.**

Call Now: 619-466-4899
Visit: www.diabetesandendocrine.com

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**Uncontrolled DIABETES & HEART DISEASE are a tricky combination.**

Special medical attention is important when it comes to uncontrolled type 2 diabetes and heart disease. Learn more about this medical research study for adults struggling with both of these medical issues.

Managing type 2 diabetes, along with heart disease, can be challenging. Watching what you eat, monitoring your blood sugar, getting some exercise, and taking your medication are all important. But for some people, these aren’t enough to effectively control their diabetes, which can place them at a greater risk for a heart disease-related episode, like a heart attack or stroke.

Local doctors are currently conducting the CAROLINA research study for individuals diagnosed with uncontrolled type 2 diabetes, who have also had, or are at risk for, a heart disease-related episode. They want to compare an investigational type 2 diabetes medication to another anti-diabetic medication.

If you have uncontrolled type 2 diabetes, plus a history of heart disease, we hope that you will consider learning more about this study.

---

**TYPE 2 DIABETES MEDICAL RESEARCH STUDY**

Local doctors are looking for individuals to help evaluate an investigational type 2 diabetes medication.

To pre-qualify for the CAROLINA trial, you must:
- Be between 40 and 85 years of age
- Have a medical diagnosis of type 2 diabetes
- Be unable to control blood sugar levels, even if you are taking an anti-diabetic medication
- Have experienced, or are at risk for, a heart disease-related episode, such as a heart attack or stroke

San Diego Sports Medicine and Family Health Center
619-229-3909

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**Research Studies**

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**Red, dry, itchy toes? Flaky skin between toes?**

**You may have Athlete’s Foot**

Call to find out about a study comparing an Investigational Product to Placebo (contains no medication) for Athlete’s Foot

**To qualify for this study you must be:**
- 12 years of age and older

*Qualified participants will be compensated for time & travel

For more information please call:
San Diego Sports Medicine & Family Health Center – Clinical Studies
619-229-3909
Have you had a heart attack or unstable angina AND also have Type 2 diabetes?

If you are at least 30 years of age, you may qualify to participate in a research study of an investigational anti-diabetes medication to see if lowering blood sugar can prevent future cardiovascular events.

If eligible, you will receive:
• Study related medical exams and investigational medication
• Compensation for time and travel

ELIXA

For more information, please call toll-free 888-582-9626 or visit www.elixastudy.com

Hepatitis C Research Study

eStudySite is conducting a research study on an investigational medication in patients with Hepatitis C. Please contact eStudySite if you are 18 or older and have been diagnosed with Hepatitis C to see if our study is right for you.

Qualifying patients may receive:
• Study-related medical examinations
• Study-related medications
• Lab tests.
• Compensation for time and travel.

For more information contact eStudySite toll free at: 877-500-eStudy (877-500-3788)

Se Habla Espanol: 619-955-5246 • 760-658-8553
info@eStudySite.com • www.eStudySite.com

PSORIASIS RESEARCH TRIAL

We are recruiting people with moderate to severe psoriasis for an investigational research trial of the oral investigational product, CP-690, 550. If you are interested and would like more information for yourself or someone you know with moderate to severe psoriasis.

Please call MedDerm: (619) 243-7015
Clinicaltrials@medderm.net
www.medderm.net
MedDerm Associates, Inc.

CUTANEOUS LUPUS ERYTHEMATOSUS RESEARCH TRIAL

We are recruiting people with lupus erythematosus that affects the skin (cutaneous lupus) for an investigational research trial of the experimental oral medication, CC-11050.

Please call MedDerm: (619) 243-7015
Clinicaltrials@medderm.net
www.medderm.net
MedDerm Associates, Inc.

Currently on Treatment for BIPOLAR I Disorder...?

Local research doctors need volunteers with bipolar I disorder to participate in a research study.

If you qualify today, you may receive at no cost:
• Investigational medication
• Study-related care
• Compensation for time and travel

No health insurance or referrals required.
Due 02/03/12

Act now. Call 888-619-7272 now.

SYNERGY CLINICAL RESEARCH CENTERS
of Southern California. Its purpose: supervise the Rife research and eventually announce it. The group, writes Daniel Haley, was composed of “cautious” medical professionals, who “balked at early release of the clinic’s amazing results, preferring instead to gather more data.”

Rife wanted to keep the findings as quiet as possible. By 1934, he knew he needed much more testing before going public. He told his cohorts never to say “cure” when talking about the research. “Devitalize” was vague enough to suggest something positive. Offers for his instruments began flowing in, but he refused. “When money comes through the door,” he said, “science flies out the window.”

Rife was an inveterate tinkerer. In 1913, the year he received an honorary PhD from Heidelberg University, he built a plane. He devised a camera that could take 3D pictures, invented new kinds of shotguns and fishing rods, found ways to speed up a race car. He was also an accomplished musician: French horn (for the symphony), guitar, cello, and mandolin. In 1912, he married Mamie Quin, daughter of Ah Quin, legendary mayor of San Diego’s Chinatown. In later life he became a member of the Baha’i Faith.

Wrote Ben Cullen: “In my estimation, Roy was one of the most gentle, genteel, self-effacing, moral men I ever met. Not once [in 30 years] did I ever hear him say one word out of place.”

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**Drinking too much? We want to help you stop!**

Researchers at The Scripps Research Institute are working to develop treatments to help you quit drinking. This 12-week program involves medication.

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Researchers at the Scripps Research Institute are working to develop treatments to help you quit smoking marijuana. This 12-week program involves medication.
adds Daniel Haley: “A religious man, an accomplished musician... a brilliant man but not... a fighter.” Nor were his partners. In the years that followed, they faced, one wrote, severe harassment, “like the Galileo business.”

On May 6, 1938, the San Diego Evening Tribune announced that, after 18 years of trial and error in his Point Loma lab, Rife had isolated a cancer organism and a means of arresting it. He compared the ray to compatible tuning forks. When one vibrates, sound waves may cause the other to vibrate. “Nor were his accomplishments wonderful.”

One patient, an 82-year-old man, went home to Chicago and boasted about his miraculous improvement. It was said that Morris Fishbein, head of the American Medical Association, learned of the cure and wanted to buy into Beam Ray. Fishbein sent a lawyer, Aaron Shapiro, to wine and dine shareholders in San Diego.

“We wouldn’t do it,” writes Cullen. “The renown was spreading, and we weren’t even advertising.” When shareholders refused, Rife and his inventions went under assault from without and within.

The Beam Ray, if real, became an unthinkable threat to established medicine. (“Imagine a universal cure,” an observer wrote, that “makes drugs obsolete.”) Pharmaceutical companies demanded more testing and blueprints of the device. The FDA withheld approval.

Objects began disappearing from Rife’s lab on Alcott Street: photos and films of dwarf bacteria.

Rife said the tiny organism may not be the direct cause of cancer. “We can say that these waves of the ray have the power to destabilize disease organisms when tuned to an exact particular wave length.” They needed much more study, but, he concluded, “we can justly say the results so far are very encouraging.”

Rife may have made discoveries that are still ahead of our time: a super-microscope; a non-invasive means of killing viruses; microorganisms changing shape. (“Just what would you see at that magnification?” asked a scientist.) The biggest boat-rocker: germs may be the result of a disease, not the cause. This latter idea, writes Barry Lynes, “violated the strongest of established biological dogmas: the germ theory of disease. Everyone knew that X disease was caused by a characteristic germ.” Rife said otherwise.

He didn’t publish his methods or findings. He worried that his experiments could not be replicated without his Universal Microscope, and he refused to share its inner workings. He also knew his work needed decades of refinement.

In 1937, Ben Cullen, Philip Hoyland, and others founded Beam Ray to manufacture the machine. Rife was not a partner. He approved the company only if it used his original principles and tested each unit thoroughly. Members received 6000 shares. By 1938, they had rented out 14 frequency instruments: 12 to American doctors, 2 to British.

Dr. Richard Hamer installed one at the Paradise Valley Sanitarium in National City. He ran “an average of 40 cases a day through his place,” writes Ben Cullen. “His case histories were absolutely wonderful.”

One patient, an 82-year-old man, went home to Chicago and boasted about his miraculous improvement. It was said that Morris Fishbein, head of the American Medical Association, learned of the cure and wanted to buy into Beam Ray. Fishbein sent a lawyer, Aaron Shapiro, to wine and dine shareholders in San Diego.

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Objects began disappearing from Rife’s lab on Alcott Street: photos and films of dwarf bac-

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San Diego Reader, February 16, 2012
teria, notes, and records. A fire destroyed the Burnett Lab in New Jersey, where researchers were about to announce astonishing successes with the Beam Ray. In 1944, all the records at USC disappeared.

In 1939, six months after articles about Rife appeared in the *Evening Tribune*, the San Diego Medical Society banned use of all his instruments. “The most important question,” writes Daniel Haley, “is who caused the Medical Society to come down so hard on Rife’s doctors? Fishbein had already been warning against electronic medicine in the 1930s. Did the Medical Society finally…get around to following Fishbein’s advice — or were they pushed?”

Soon after, many of Rife’s associates turned against him and denied any knowledge of his successes.

Dr. Hamer: “Fishbein bribed a partner in the company…we were kicked into court — operating without a license. I was broke after a year.”

Philip Hoyland claimed he had discovered the frequencies. He demanded a greater stake in Beam Ray and took the company to court. “His lawsuit,” writes an observer, “was a naked maneuver to gain control. By owning Beam Ray, he’d be in position to negotiate with Fishbein, or any other outsider trying to buy in.”

That the trial was about ownership of the company, and not the instruments, some say, also benefited Fishbein and Cornelius P. Rhoads, of Memorial Sloan-Kettering, who was dictating cancer policies in 1939. The trial could shake up the company without bringing national attention to the cures.

The lawsuit went to trial June 12, 1939. Hoyland’s lawyer, Aaron Shapiro, had earlier regaled the Ray Beam associates. In December, superior court judge Edward Kelley found for the defendants. “I am not convinced of his blameless character,” the judge said of Hoyland. “I am denying the plaintiff has clean hands.”

During the trial Rife had to testify at least three times. Hoyland’s lawyers, Shapiro and Eli Levenson, interrogated Rife, writes Barry Lynes, “in a way he had never before experienced.” They ripped into his personal life, questioned his moral character, and grilled him so mercilessly, says Lynes, that “his nerves gave.”

“Rife had never been in court and he just became a nervous wreck,” writes Cullen.
“He couldn’t stand it.” His hands shook, his voice trembled. He started smoking “pretty heavily and inhaling, which he didn’t use to before.” When a doctor refused to give him calming drugs that might become addictive, he recommended Rife try alcohol.

In 1940, the cost of the trial bankrupted Beam Ray. The Universal Microscope disappeared. And Rife became an alcoholic. “Afterwards,” says Cullen, “when he wasn’t under the influence of liquor, he would endeavor to progress, but every doggone day at a certain time he would go and get a little nip out of his car and that was the end of it.”

For years, he couldn’t hold down a job, though he’d been offered work at Convair, Rohr, and Ryan, doing construction at the aircraft companies. Variations of the original devices proliferated, some with partial success, others resulting in death.

In 1944, the Smithsonian Institute published a detailed report about the Universal Microscope, which validated many claims. (“Disease organisms…may be observed to succumb when exposed to certain lethal frequencies.”) Within a month, the prism from the microscope disappeared. That same year, Dr. Milbank Johnson, who helped guide the enterprise for a decade, died — mysteriously, some say.

In 1960, though he would live another 11 years, Rife filed an affidavit for a court case that read like a personal obituary: “Having spent every dime I earned in my research for the benefit of mankind, I have ended up a pauper, but I achieved the impossible and would do it again.”

— Jeff Smith

SOURCES:
Lynes, Barry, The Cancer Care That Worked!
Articles in the San Diego Union, the San Diego Evening Tribune, and the Los Angeles Times.
Under the radar

continued from page 2

out of the last quarter was what Sempra called its “Pre En Banc Hearing Dinner and Reception” for the California Public Utilities Commission at the City Club on Bunker Hill in Los Angeles on October 10, which set the company back $6460. (En banc is lawyer speak for all members of the commission being present.)

According to a September news release from the commission, which regulates Sempra’s utility businesses, including SDG&E, the topic of the body’s October 11 hearing was “its ongoing efforts to promote diversity in utility company practices,” with the theme being “From Sprout to Stalk: How to Grow Diverse Businesses.” The release added that the agency “encourages investor-owned utilities to purchase 21.5 percent of its goods and services from diverse firms (15 percent minority owned firms, 5 percent owned firms, and 1.5 percent disabled veteran owned firms).” Commission president Michael R. Peevey was quoted as saying, “Supplier diversity is uncharted markets, innovation, and richness of human capital; this En Banc is an opportunity to hear from some of our Fortune 500 companies about how they’ve integrated supplier diversity in their overall supply chain to benefit California consumers by increasing competition and lowering overall costs.”

Attendees at Sempra’s big banquet the night before the hearing included a bevy of state staffers and officials, such as outreach diversity officers Douglas Phason and Drisha Melton; business and community outreach advisor Marzia Zafar; general counsel Frank Lindh; and energy advisor Rahmon Momoh. Commissioners Timothy Simon and Catharine Sandoval attended, as did Assemblyman Steven Bradford, the utility reported...The Barbora gambling tribe also played host to a variety of politicians during the last three months of 2011, including Republican Brian Mainschein, a former San Diego city councilman now running for state assembly. He got a meal worth $6.76. Incumbent Democratic assemblywoman Toni Atkins did a little better than that, with a meal worth $33.23 at Harbor Island’s C Level waterfront restaurant.

— Matt Potter

San Diego gas

continued from page 2

ers. Then it would be too late, says Conklin. The commission has not yet ruled.

This is a question of what economists call “moral hazard.” Indemnification begets

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short-term thinking and carelessness. “The top executives of corporations have a shorter life span in their positions than we as ratepayers have,” she says. If the company gets customers to pay for costs of past and future fires, “the executives will be out to maximize short-term profits and be less likely to put in money and time and effort to keep their systems safe,” she says.

In essence, says Conklin, the alleged cabal of SDG&E and the commission is a microcosm of cancers now weakening the United States economy: the enrichment of stockholders at the expense of consumers; the “too big to fail” mentality; corporate welfare; and the public being shut out of critical decision-making.

In its annual and quarterly reports to the Securities and Exchange Commission, Sempra has been reporting that it expects to get its customers to cough up. In its latest quarterly report, Sempra said, “SDG&E has concluded…that it is probable [italics mine] that it will be permitted to recover from its utility customers substantially all reasonably incurred costs of resolving wildfire claims in excess of its liability insurance coverage.” So confident is the company that it has already chalked up the money as a regulatory asset, even though it hasn’t even formally filed for it.

So why is SDG&E cocksure it can fleece its customers? San Diego attorney Mike Aguirre has done a huge amount of the legal work fighting the utility and the commission. He has tried to find out why this shifting of costs to innocent consumers is “probable.” Aguirre has requested answers from the company and the commission and been stonewalled. The utility won’t testify under oath on grounds of attorney-client privilege, among other things. Tellingly, a commission official said certain statements were made in settlement discussions. “Those communications are protected from disclosure,” said the official.

In August of 2009, San Diego Gas & Electric, along with fellow utilities Pacific Gas & Electric and Southern California Edison, sought to have the commission set up a mechanism for recovering future fire costs not covered by insurance. In a commission filing Monday, Aguirre shows convincingly that in the secret negotiations addressing future fire coverage, SDG&E said it wanted payment for the 2007 disaster for which it was greatly responsible. As a result of those meetings, cloaked in confidentiality agreements, the local utility became con-
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I called the San Diego Police Department’s non-emergency line, and the dispatcher sent out an officer. He understood my problem but felt I had not given the U-T a fair chance. He said I should call them instead of emailing. He also gave me the number for community service officer Alan Alvarez.

My first call to the U-T seemed to go well. I had a chat with Aaron. I explained what the U-T was doing to the city and suggested that maybe they did not understand how their circular was being distributed. He said he understood and promised that someone would call me back.

I did not get a return call. The next day I gave the U-T another call and talked again with Aaron. He seemed surprised that no one had called me. As we were talking, we were disconnected. I called back, someone else answered, and I was told that Aaron had left. So much for trying to work directly with the U-T.

That same day I took another walk and chatted with neighbors. Everyone I talked to had noticed the problem, but I was the only one who had called the U-T. Sally on Loring Street was almost as upset as I was. She had walked up and down her block picking up circulars out of the street. She complained that the plastic bags were useless, too narrow to use for picking up dog poop.

On Opal Street, I caught the distribution guys. I stopped them and asked who had hired them. Someone at the U-T, they said, a guy named Oscar. Their SUV was stuffed with thousands of circulars.
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of circulars. They tossed them from the front seat. I reached inside, grabbed a bunch, and threw them up in the air. “See! That’s what you are doing!”

Just then, a woman walking to her car came upon the scene. “Pick those up!” she shouted at me. “That’s littering!”

Oh, the irony. “Yes!” I said. “Please, call the police and have me cited for littering. That’s my whole point!” I called Officer Alvarez on January 3. He agreed that littering was going on. He told me to call the Environmental Services Department. Lisa understood because, fortunately for me, I never did hear back from Lisa or the U-T customer-service department. ■

Lisa or the
U-T
customer-
service
department. ■

Here is her reply:
Hi Russell,
I received all the pictures. I will review and decide where to go from there (call and/or letter). Our Public Information Officers handle all media related issues. I appreciate your time and concerns and the phone call to clarify exactly what they are doing, littering vs. hand-bill distribution.

Lisa

I guess I have done my duty. I tried to do something that I think is good for San Diego. I never did hear back from Lisa or the U-T customer-service department. ■

NEWS TICKER
continued from page 3
In the 20-second bit, Sanders gives the following pitch:
“Hi, I’m Jerry Sanders and I’m standing with Bonnie because she has the experience to move San Diego forward. Please consider making a donation today...”

By Dorian Hargrove
Wednesday, February 8

Photo Finish
DeMaio, Filner in Virtual Tie in Mayoral Race
San Diego — A poll conducted by SurveyUSA shows Republican Carl DeMaio and Democrat Bob Filner in a virtual tie on top of the list of hopefuls in San Diego’s next mayoral election.

Filner, who has had a notably small campaign presence (aside from several debate appearances), seems to benefit from a solidified Democratic vote in the officially nonpartisan campaign, though he is still only polling at 24 percent among a sample of 511 likely voters. Republicans, meanwhile, are split between DeMaio (25 percent), Bonnie Dumanis (14 percent), and Nathan Fletcher (13 percent).

If these figures hold through the June primaries, it appears it will be Filner and DeMaio facing off to fill the seat being vacated by the termed-out Jerry Sanders in the fall. A plea for donations disseminated yesterday by Mike Turk at DeMaio’s campaign says that the other Republican candidates “have no traction to win a place in the runoff” and that “they can engage in nasty, negative campaigning to create a messier primary,” an apparent reference to the fact that a fractured Republican vote would only lend strength to Filner.

By Dave Rice
Wednesday, February 8

Locked Jaws
Rottweiler Chomps Man and His Dog
Clairemont — Late Monday afternoon, February 6, a man and his small dog were attacked and seriously injured by a rottweiler in front of their Clairemont home on Boxwood Avenue. The man suffered large gashes to his hand, and Wally, his dog, received serious bites, resulting in three broken ribs and a broken sternum.

The man said the rottweiler was beyond the control of the young woman walking the animal. He said the rottweiler pulled the woman across the street and locked its jaws onto his dog.

He also mentioned that this is the second time in the past three months he and his dog have been attacked and wounded.

By Gary Cornaglia
Tuesday, February 7

Generating Concern
More Questions Over Nuclear Station Safety
San Onofre — Concerns about safety and the durability of components at San Onofre Nuclear Generating Station are continuing to surface as the plant approaches a full week of complete shutdown. The plant’s Unit 3 reactor was taken out of commission after a radioactive water leak was discovered on January 31, while Unit 2 was already down for scheduled maintenance.

In the immediate aftermath of the detection of a leak in the piping of a recently installed steam generator, officials downplayed any potential threat, noting that the amount of radiation leaked was so small that Nuclear Regulatory Commission rules did not call for a mandatory shutdown. Later it was disclosed that radioactive gas from the leak had been vented to an auxiliary building that did not have the same safety seals as are found on the reactor to prevent radiation from being released into the atmosphere.

Once the Unit 2 reactor was shut down, it was discovered that hundreds of tubes on the generator (replaced in 2009 as part of a $670-million-plus overhaul using components supplied by Japan-based Mitsubishi Heavy Industries) had suffered
significant deterioration over their relatively short service lives.

The Unit 2 reactor had cooled to the point last night that it was safe for crews to enter and begin assessing damage, the U-T reports.

By Dave Rice
Tuesday, February 7

Board Games
The Shocking Past of a Former Sweetwater Superintendent

Chula Vista — People are wondering: What was the board thinking when they hired former Sweetwater Union High School District superintendent Jesus Gandara? Did the executive search committee not provide boardmembers with enough information? And how many superintendents will the district have to buy out?

In 1991, former Sweetwater superintendent Anthony Trujillo was bought out by Sweetwater trustees and departed for Texas. According to the local La Prensa newspaper, Trujillo was forced to resign “under a cloud of corruption [and] Grand Jury investigations, which were leading to criminal charges.”

When Trujillo landed a job as a superintendent in Ysleta, Texas, he began to work with Jesus Gandara. Gandara worked for Ysleta in several positions during the 1990s, including associate superintendent. Gandara even acknowledged Trujillo in his doctoral thesis.

According to La Prensa, Trujillo was fired by the Ysleta board in 1998 “on the advice of a Texas Education Agency.”

In 2006, the executive search company Hazard, Young and Atteia & Associates was paid over $30,000 by Sweetwater to bring Gandara to Trujillo’s old stomping ground. Prior to hiring Gandara, boardmembers Jim Cartmill and Arlie Ricasa flew to Texas to interview Gandara.

In June 2011, the Sweetwater board gave Gandara his walking papers and a generous severance package. On January 4, 2012, he was charged with eight felony counts by the San Diego district attorney’s office.

By Susan Luzaro
Monday, February 6

Smoke Screen
CPUC Sued for Allegedly Not Sharing Information

San Diego — Attorney Mike Aguirre today (Feb. 6) sued the California Public Utilities Commission in superior court for not disclosing records pertaining to San Diego Gas & Electric’s attempt to get its customers to pick up the tab for 2007 wildfire liabilities not covered by insurance. SDG&E has told its shareholders it is “probable” it will be able to stick its customers with the costs.

Aguirre believes SDG&E got a secret go-ahead at a CPUC meeting that was devoted to future customer payments, not past ones. But he is not getting answers from either the CPUC or SDG&E.

Also today, the Division of Ratepayer Advocates, which represents consumers and several public interest groups declared in a CPUC filing that SDG&E has failed to justify the need for relief it seeks, and should seek other methods.

By Don Bauder
Monday, February 6

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Health and Beauty

LETTERS

continued from page 4

DEA find pot farms. And the Mex farmer will always try to attack them with automatic weapons, so it really is necessary to lock and load your 9 mm in self-defense.

Listen, there was so much Bull, Shark, and Frick in that article it must have come from the DEA itself. Where’d the pictures come from? They carry no credits. So, I figure they come from the DEA. And...one bud worth $3000? Say a plant has 20 branches with 100 buds on each and your bro-freelancer/DEA public relations bro’ helped harvest 16,000 some-odd plants, give or take, how much was your bro-citizen’s busted pot worth? I actually did the math: 20 x 100 buds = 2000 buds per plant; 16,000 plants x 2000 buds = 32 million buds; $3000 x 32 million buds = $96 billion. That would be enough to fund the budget of the DEA and the SDPD and a few Republican candidates for the presidency. To paraphrase one of the article’s drop-out heads...So, Editor, heh-heh, what’s your reward for running this article, bro?
Bob Dorn

Name Withheld

We Messed It, You Clean It

The February 9 “City Lights” story “Fed Probes May Help American Engineers” will no doubt provoke howls of racism from a certain segment of your readership. The same folks will also find a racist slant to the cover article about criminals growing weed on public land (which is a good example of why open borders will not work).

It seems to me that only in Europe and North America are the concepts of fairness and morality part of public policy. In the rest of the world, it’s dog-eat-dog and devil take the rest — espe-

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cially the top dogs. Western nations also practice environmental protection and population control while other countries don’t seem to care at all. “Why bother to improve things here — we can always move someplace else” seems to be the underlying attitude.

These themes are interconnected in ways that affect us all. National self-loathing plus fewer jobs equals despair among our young people, leading to more drug use and alcoholism. And it is not hard to become defeatist and cynical about a country that appears less promising to you than it did to your parents and grandparents.

On the internet, I often read posts disparaging the 1950s. I was in high school then, and, kids, take it from me, America was a paradise compared to what it is now. My generation ruined all that, and it’s up to yours to change things. You have more of a challenge facing you than did the “Greatest Generation” during World War II. Some reflection on love of and service to one’s own country might be a good place to start. Charity begins at home.

Name Withheld By Request via email

Case Closed
With regard to the shrill, extremist, irrational, and non-sequitur replies I stimulated by my response to the SDSU Repubs (Letters, January 26) — from John Wise (February 2) and follow-up by “Name Withheld by Request, Oceanside” (February 9) — I REST MY CASE!!!

Ted Rodosovich via email

Need Juicy Scoops
I must add my frustration with the “Stringers” section (“News Ticker”), in agreement with “Name Withheld” who said that they read like press releases now (Letters, February 9). Where once I eagerly hunted down a Reader and turned impatiently to see what was the latest news on couch fires and car crashes, there is now only painfully grim renderings of boring city council meetings and more yakking on Occupy San Diego. Yawn!

My heart yearns for a juicy scoop on a drug deal gone bad or maybe the latest robbery to go down. How are we to learn of skateboard accidents and condoms on the beach if the Reader will not alert us? I cry out to the Reader to reinvigorate the “Stringers” with truly neighborhood news once again. Your stable of usual writers is surely gifted, but bring back true authenticity to the neighborhoods section. I have a dream! That one day our children will be able to enjoy the “Stringers” once again for what it truly should be. About the neighborhoods!

Maiden of Camelot via email

Love From New York
Re “Dr. Bill and GT Surf Hwy 101” (Cover Story, February 2).

Great story and trip! I felt like I was riding with them, and it made me want to follow their tracks. I visit SD every year for a number of weeks to escape the Northern NY weather. Enjoy the Reader and the NYC transplant, Barbarella.

Hey, Dr. Bill! If you find another deal on a bike, let me know!

Ben Gruda via email

No Way Better
I’m calling in regard to the Reader article by Barbarella on February 2. The title is “My Ask of You.” She goes on to mention her sister and unnecessary words and phrases, and yet toward the end of the article, in the last column, second paragraph down, I’m quoting, “Then I spend half an hour trying to convince him that the clear explanation he just gave to me verbally is way better than the imbroglio he created in an email containing all those empty phrases.” There is no such phrase as “way better.” Something is either better or not. This is a very detrimental phrase,
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“SD on the QT” is the Reader’s “almost factual news” feature. — Editor

History Vandalized
The Piedras Pintadas Trail is indeed a scenic and archaeologically rich portion of the San Dieguito River Park’s 55-mile “coast to crest” from Del Mar to near Julian (“Roam-O-Rama,” February 2). Embedded within this section is a waterfall and Kumeyaay cultural site that is said to be in stewardship of the City of San Diego. It is heavily vandalized with obscene graffiti and frequently littered with weekend beer cans and broken bottles. Apparently, private persons have taken on the responsibility, however misplaced, to erect auxiliary fencing and signage in a valiant attempt to protect what the government agencies have failed to accomplish.

Steve Scarano via voice

Comments from Reader website
Letters
Published February 8
Hey, Oceanside. Your name (“Withheld”) says it all.
By Duhbya 12:30 p.m., Feb 11, 2012

Straight From the Hip Published February 8
Nice info on the sardines. But the only question we have is, what to eat with them!
Ben, Wild Planet Foods Responsible Sustainability and Fishing Methods
http://www.wildplanetfoods.com
By BenB 11:46 a.m., Feb 10, 2012

Pretty easy question, sez Grandma Alice. Peruse any sardine recipe from Spain or Portugal, considered the world center of spectacular sardine cuisine.

Spain’s casual snack equivalent to the taco might be the grilled fresh (head-on) sardine, bought from your fishmonger. Hold them in seawater until they’re cooked. Gut them, put them in a fish-grilling basket (or stab them on waterlogged bamboo skewers stuck in the sand) and grill 2–3 minutes a side over a lively flame. (Apparently the eyes go cloudy when they’re done.) Season with crunchy salt (kosher or sea) and a squeeze of lemon j. Eat ’em as is, on a water cracker, or a slice of bread with your fave cold brew.

In the other direction, fry fresh, cleaned and beheaded, flour-dredged sardines in a pan of hot olive oil. Set them aside when slightly crispy. In the pan, sauté parsley (Italian, maybe), minced onions and garlic for five minutes or so. Add a whole bunch of chopped fresh tomatoes and cook for another five or ten. Put the sardines back in the pan, cook another five, and serve on with thick slices of crunchy bread, again with your favorite beer.

Beer and good bread seem to be the most common go-whis, but Spaniards have been at this for centuries, since fresh sardines are so plentiful in their waters. They’ve probably tried every combo, so go hunting for more saucy sardine recipes. (Love, Grandma Alice)

By Matthew_Alice 4:01 p.m., Feb 10, 2012

Cover
Published February 8
Stephanie T. says: I visited the Redwoods back in the ’80s and the park ranger handed us a cautionary pamphlet about what to do if you stumble into a pot field. One thing I remember was, “You will probably be under surveillance and armed men may be about to head your way. Raise your arms and go back the way you came, repeating loudly, I DIDN’T MEAN TO DO THIS AND I’M LEAVING RIGHT NOW” Not kidding.
By Facebook 2:37 p.m., Feb 8, 2012

The same situation exists in Hawaii. On Maui and the Big Island. If you take a drive across the islands, you should not venture far into the brush because there are pot farms with trip wires and ground sensors.

Our country’s laws, the ancient federal “reefer madness” mentality is endangering peaceful citizens, pun-
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City Lights, by Dorian Hargrove  
Published February 8  
The UT article that announced that Kris Michell had been hired to become president of the Downtown San Diego Partnership stated that “Its board considered 50 candidates before voting unanimously to hire Michell.” Did Ms. Michell advise the Downtown San Diego Partnership Board that she would be hiring a $10,000 per month consultant to enable her to do her job? She also hired a new Clean and Safe director, Ryan Loofoobouraw, at a salary of $130,000 per year. This is $40,000 more per year than any previous director made. The new director also received a signing bonus of $1,600. Spending our PBID tax dollars isn’t a problem for the Downtown San Diego Partnership. Accuracy in assessments and returning tax dollars collected in error is ...
commenting on this scam in your blog, are on the cutting edge of this issue in the media.

I know of no other media or website in America that has had the facts and intense debate over these H-B immigrant worker visas (and the dismantling of America jobs) anywhere in the country than the debates we have had right here.

By SurfPuppy619 2:57 p.m., Feb 8, 2012

SP,
I would consider Lou Dobbs major media. He often brings up the H-1B fraud.

ZaZona has been active fighting this fraud for at least 15 years but mysteriously got spooked and quit updating the website. http://www.zazona.com/shameh1b/.

By Ponzi 5:56 p.m., Feb 9, 2012

Correction: the State Department says they issue over 100K H-1B visas per year; in light of that, the supposed “limits” or “caps” are irrelevant.

Prof. Matloff uses the term “fraud” only for certain kinds of fraud related to the H-1B visa program, and thus asserts that fraud is only a relatively minor aspect of the problem. I, OTOH, consider the whole “best and brightest” claim to be intentionally fraudulent from the start, the “innovative” claims are largely fraudulent, some of the educational credentials and experience claims by visa applicants are fraudulent (as shown by the back-pedaling and wailing when USCIS started actually cross-checking such claims), the “limits” or “caps” are fraudulent, the “talent shortage” claims are fraudulent, the vast majority of assertions about who and how “qualified” job candidates are to be fraudulent, the capable STEM workforce estimates are at the very least well below the reality, claims about how “difficult” it is to recruit STEM talent turn out to be fraudulent on examination, the advice commonly dished out by immigration and employment lawyers merely dances along the fringes of fraudulence...

Everything surrounding this cluster of issues is soaked in fraud.

By MesaRunner 4:32 p.m., Feb 8, 2012

my liberal leanings, but I’m not shackled to one perspective. It may not always seem like it, but I make sure to remain open to well reasoned, civilly presented opinions contrary to my own. Conversely, when I encounter someone with a steadfast stance, I tend to smile and change the subject.

My father-in-law enjoys arguing politics as a competitive sport. I have no desire to engage in debates with him as to who’s more reliable — Fox News or Jon Stewart. It’s more important to me that we enjoy each other’s company and that everyone’s blood pressure remains low. This is why, when I find myself in “mixed” company, I find it best to avoid discussions of politics, religion, how gifted and talented your kid is, how much you just paid for something, your medical problems, taxes, and death. Of course, if someone has a well-reasoned opinion as to why these topics make for suitable dinner conversation, I’m all ears. ■

Find more stories by Barbarella at SDReader.com/barbarella

DIARY OF A DIVA
continued from page 6

DEMOGRAPHICS
continued from page 6

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818 B 6TH AVE, SAN DIEGO
**Thursday | 16**

**THE AMAZING ACRO-CATS**

Trainer Samantha Martin and the Amazing Acro-Cats (as seen on *Animal Planet* and *The Tonight Show with Jay Leno*) will perform their feats of agility in San Diego. See these agile felines push carts, ride skateboards, roll barrels, ring bells, walk tightropes, jump through hoops, and even play in a rock band.

**WHEN:** 7 to 8 p.m., also Friday through Sunday

**WHERE:** David and Dorothea Garfield Theatre, 4126 Executive Drive, La Jolla. 858-362-1348; circuscats.com

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**Saturday | 18**

**LITTLE ITALY CARNEVALE**

Party like a Venetian! The Little Italy Association presents their ninth-annual carnival, where you can enjoy “vignettes of entertainment,” including live music and dancing, stilts-walkers, art, and mask-making for kids. Wear your own costume, check out the scene, and enjoy some Italian food.

**WHEN:** 5 to 9 p.m.

**WHERE:** Date at India Street, Little Italy. 619-233-3898; littleitalysd.com

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**Sunday | 19**

**FUNGUS FAIR**

The San Diego Mycological Society hosts this display of San Diego County wild fungi. Mushroom experts will be on hand to identify specimens for novices. Listen to lectures, watch a mushroom-cultivation demonstration, and shop gourmet mushrooms and foods, mushroom books, and related items.

**WHEN:** 10:30 a.m. to 3:30 p.m.

**WHERE:** Casa del Prado, room 101, El Prado, Balboa Park. 858-566-3958; sdmyco.org

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**Monday | 20**

**CIRCUS VARGAS**

Enjoy performances under the blue-and-gold big top with singing ringmaster Kevin Venardos, who promises to add “a bit of Broadway and a splash of razzle dazzle” to the show. Thirty minutes before each presentation the audience is invited into the center ring for a “crash course in circus skills and stamina.”

**WHEN:** 2 p.m. (also Friday through Sunday; the circus continues in Balboa Park through February 27)

**WHERE:** Park Boulevard at Presidents Way, Balboa Park. 877-468-3861; circusvargas.com

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**Tuesday | 21**

**MOBY-DICK**

The San Diego Opera presents the West Coast premiere of Jake Heggie’s opera based on Melville’s 19th-century literary masterpiece, “exploring the lethal power of obsession and the need for human connection.” Performed in English with English text above the stage.

**WHEN:** 7 p.m., check for additional dates and times

**WHERE:** San Diego Civic Theatre, 1100 Third Avenue, Downtown. 619-533-7000; sdopera.com

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**Wednesday | 22**

**CLOUD GATE 2**

Choreographer Lin Hwai-min created this troupe “to bring his hybrid of Asian gesture, martial arts-inspired leaps, and modern dance vocabulary to local Taiwanese audiences.” For their San Diego debut, Cloud Gate 2 will showcase a range of works “from Taiwan’s up-and-coming Gen Y choreographers.”

**WHEN:** 8 p.m.

**WHERE:** Mandeville Auditorium at UCSD, 9500 Gilman Drive, La Jolla. 858-534-8497; artpwr.com
On a lonely stretch of Highway 395 in Central California, the Sierras rise from the earth and reach for the heavens. It is here — and, more specifically, Mt. Whitney — where the modern-day hiker goes for a rite of passage. The test is a round-trip trek that traverses over 22 miles with an elevation gain of over 6100 feet. The reward is the 14,496-foot summit, where you step foot on the highest point of the contiguous lower 48.

Towering like an impenetrable fortress above the small town of Lone Pine, the jagged gray edges of the mountain’s east face look daunting to those below. The town straddles Route 395 and pays homage to the region. Streets and businesses abound with the words “Sierra” or “Whitney” worked somehow into their name.

Due to the number of hikers attempting the climb each year, the National Park Service has developed a quota system. Today, no more than 160 climbers can be on the route on any given day. An April lottery is held each year with the number of spots and days drawn by the local rangers.

Unfortunately, like all lotteries, there are few winners. However, the park service does post a calendar and updates it regularly as permits are returned or cancelled. So it’s possible to obtain a permit even if you aren’t originally awarded one.

Most parties break up the climb into two or three days. Our group chose to do it in one. We arrived at the Whitney Portal trailhead at around 4:00 a.m., our headlights illuminating a black bear emerging from the brush. He retreated when he saw our car but did not seem scared nor in any hurry to scamper away. It was the second bear we’d seen in two days. The first went lumbering through our campground. Warning signs and bear-proof storage bins are everywhere. Remember, if there is food nearby, there are bears nearby!

Vehicle parking is literally feet from the start of the trail. Although there are no tent sites, many sleep in their car or next to it. A restroom is also located at the trailhead — the last one you will see until you return. As all trash (including human waste) is required to be packed out, I would highly recommend you use it.

With our headlamps ablaze, we took off into the early-morning darkness, putting in over an hour before dawn broke. As night turned to day, the dull, colorless granite was transformed into deep hues of red and bronze. Our backs warmed by the sun, jackets and hats were quickly shed.

The trail begins at an elevation of over 8000 feet and is constantly moving higher, though the incline is not too severe. A steady pace is easy enough to maintain, and before you know it you’ve arrived at the first set of lakes and the Outpost Campground sitting at 10,300 feet. With filtration equipment, the water here is safe to drink.

Hike a couple more miles and you arrive at the last water and campsite. At the 12,000-foot Trail Camp, the water is cleaner, the temperature cooler, and the air thinner.

We rested and looked above. The next 2500 feet is the crux of the climb. The trail serpentines upward, switching back and forth 99 times before the saddle is reached at the junction of the John Muir Trail.

Here, in a cruel twist, you lose altitude as the trail drops lower. Although Mt. Whitney’s 14,496-foot summit is a modern-day hiker’s rite of passage.
As both the highest peak in San Diego and one of the most popular hiking destinations in the county, Cowles Mountain is better known for spectacular views of Southern California than quiet, wilderness solitude. Indeed, the popular southern route that begins near the corner of Navajo Road and Golfcrest Drive accommodates at least several hundred hikers daily. But start your hike just a little more than a mile to the east, and you can have the same superb hiking and sweeping vistas that make Cowles so popular with a fraction of the south-route crowds, not to mention an easier time finding a parking spot.

This eastern route begins off of Barker Way, near its intersection with Boulder Lake Avenue. Park on the street and enter through the gate on the northwest side of the road to find a small kiosk with park and safety information. Continue up the gravel road 150 yards and turn left at a sign indicating the Barker Way Trail and Cowles Mountain summit. Stay to your right as you begin your ascent to avoid a southern offshoot that returns to San Carlos neighborhoods. A string of consecutive switchbacks and an escalating heart rate are good clues that you are going the right way.

Continue climbing for about a mile until the trail intersects with the popular southern route, and then turn right to finish the trek to the summit. Although the relative solitude of the east trail is lost at this point, there are good reasons for Cowles’ popularity. The 360° views are well worth another grueling half-mile of switchbacks even on a crowded weekend day. The 1591-foot summit offers panoramic views reaching to northern Baja with interpretive signs to help hikers identify natural and manmade landmarks throughout the region.

Return to Barker Way via the same trail or make a loop by turning right (east) on the service road that passes just north of the peak. Either option provides a 3-mile round-trip hike with nearly 1000-feet in elevation gain. Shade is scarce on the exposed southern slope, so this is a great hike for winter or spring when temperatures are milder.

Wildflowers may also be abundant at this time of year. Consider early morning or evening hikes in the summer and always bring plenty of water.

Canyoneers are San Diego Natural History Museum volunteers trained to lead interpretive nature walks that teach appreciation for the great outdoors. For a schedule of free public hikes: http://www.sdnhm.org/education/naturalists-of-all-ages/canyoneer-hikes/
**OUTDOORS**

**Birding Among the Oaks** Walk among gnarly oaks, native sumac with resident birder Jeanne Raimond, who will help with identifying resident and visiting birds. Bring binoculars, bird book (optional), Saturday, February 18, 8am; free. Mission Trails Regional Park, One Father Junipero Serra Trail. (SAN CARLOS)

**Insiders Tour of San Diego Lagoon** The now-completed $86 million wetlands restoration project “has attracted numerous marine and bird species.” Combination bus and walking tour takes participants inside restoration project areas not open to public during winter bird migratory season. Bring binoculars. Refreshments provided. Required advance reservations: 858-755-6956 or fike@sdrvc.org. Sunday, February 19, 1pm; $25-$35. San Diego Lagoon Boardwalk and Trail, San Andres Drive at Via De La Vallee. (DEL MAR)

**Miner’s Loop Trail Walk** Enjoy great views! Arne Johanson leads hike along north face of Black Mountain Open Space Park. Meet at parking-staging area. 858-484-3219. Saturday, February 18, 9am; free. Black Mountain Open Space Park staging area, 14850 Carmel Valley Road. (RANCHO PENASQUITOS)

**Organic Farm Tour** Seabreeze — a small family farm integrating crops, animals, people — offers farm tour. Walk through farm, see livestock, how vegetables are produced. Reservations required. Saturday, February 18, 9am; $20. Seabreeze Organic Farm, 3999 Arroyo Sorrento Road. (CARMEL VALLEY)

**River Tales** Wonder about traditional Kumeyaay life along San Diego River? Learn how Native Americans lived during trail guided walk. Saturday and Sunday, February 18 and 19, 9:30am; free. Mission Trails Regional Park, One Father Junipero Serra Trail. (SAN CARLOS)

**Silverwood Cleanup** Volunteers invited to help with construction of trails, invasive weed control, trail clearing, maintaining fire clear zones. Bring gloves, pruners, loppers if you have them. Snacks, water provided. RSVP: 619-443-2998. Saturday, February 18, 9am; Silverwood Sanctuary, 13003 Wildcat Canyon Road. (LAKESIDE)

**Tidepooling at Hospital Point** Aquarium naturalists guide participants into fragile tide-pool communities and highlight the inhabitants. RSVP: 858-534-7336, Saturday, February 18, 12:30pm; $10-$12. 2 and up. Birch Aquarium at Scripps, 2300 Expedition Way. (LA JOLLA)

**Yoga Monkey's (Vista) Mandala Art Party** — no experience in art, yoga, or meditation necessary. You are invited to Yoga Monkey's (Vista) Mandala Art Party — no experience in art, yoga, or meditation necessary. (VISTA)

**Special Events**

**“From Polynesia with Love”** Draw Polynesian dancer Liz during Dr. Sketchy’s Anti-Art School session promising drawing, drinks, music, silly contests, prizes. Bring sketchpads, drawing implements. drsketchysandiego@gmail.com or 858-405-9453. Saturday, February 18, 3pm; $10.21 and up. Ruby Room, 1271 University Avenue. (HILLCREST)

**“The Bass and the Word”** Bert Turetzky (contrabass), Chuck Perlin (acoustic guitar, narration) “expose the power of the bass and the word in a unique program that hearkens back to the 1950’s experimentation between jazz and poetry.” Concert Hour recital includes performance piece “Min-gas Live in the Underworld.” 760-744-1150 x2317. Thursday, February 16, 12:30pm; free. Palomar College O2 Performance Space, 1140 West Mission Road. (SAN MARCOS)

**Amazing Acro-Cats at The Garfield Theater!** The Amazing Acro-Cats will perform their remarkable feats of agility (remarkable because they’re house cats) pushing carts, riding skateboards, rolling barrels, ringing bells, turning on lights, walking tightropes, jumping through hoops, and much more! Also appearing: “The Rock Cats” live band — with two new cat-tastic band members! Under the careful direction of master trainer and pioneering feline behavioral expert, Samantha Martin, the performance offers a unique blend of spectacle, entertainment, education, and public awareness. Perfect for families and cat lovers of all ages! Appearing for 4 days only. Ticket prices: $12 for children & $18 for adults. Advanced tickets on sale NOW at: www.LIJFCC.org. Thursday, February 16, 8pm; Friday, February 17, 7:30pm; Saturday, February 18, 2pm and 8pm; Sunday, February 19, 2pm; $12-$18. David and Dorothea Garfield Theater, 4126 Executive Drive. (LA JOLLA)

**Brazil Carnival Mardi Gras** 2012 Brazilian Promotions presents 20th annual Mardi Gras party with carnival bands, capoeira, parades, Mardi Gras beads, samba show with dancers in glittering costumes accompanied by percussionists playing authentic batucada rhythms. 619-224-4684. Saturday, February 18, 9pm; $25-$75. 21 and up. 4th&B, 345 B Street. (DOWNTOWN)

**Bring Bikes!** International Rescue Committee “helps refugees to survive and rebuild their lives in San Diego and abroad” in many ways, including by “providing bicycles to the incoming refugee population as a means of reliable transportation.” Donate functioning or near-functioning bicycles of all types for all age groups, helmets, and other bicycle safety gear during...
MUSIC

The Peter Sprague Beatles Project
Thursday, March 1 • 7:30 p.m.
This San Diego-based musician, composer and recording artist has crafted jazz interpretations of well-known Beatles songs that will delight the audience.

Concert Hall, Bldg. 2400, Oceanside Campus

THEATRE

Henry IV Part 1
March 2, 3, 7, 8, 9, 10, 15, 16, 17 • 7:30 p.m.
March 4, 11, 17, 18 • 2 p.m.
Preview performance, March 1 • 7:30 p.m.

By William Shakespeare; Directed by David Ellenstein. Henry faces rebellion from the noblemen who helped him seize the crown. Meanwhile, his son, Prince Hal, the heir to the throne, is a fifteenth century wild child who carouses with the rascal Sir John Falstaff.

Theatre, Bldg. 2000, Oceanside Campus

Prices vary; call or go online for details. Tickets: 760.795.6815 or www.miracostacollege.edu/buytix

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www.gemspalace.com

San Diego Reader February 16, 2012
committer’s third-annual bicycle donation drive (donations are tax deductible). Hong Tran@Rescue.org. Sunday, February 19, 10am; free. Carmel Valley Recreation Center, 3777 Towsnjgate Drive. (CARMEL VALLEY)

Circus Vargas Enjoy performances under the blue and gold big top with singing ringmaster Kevin Venardos. Thirty minutes before each show, audience is invited into center ring for “crash course in circus skills and stamina.” 877-468-3861. Friday, February 17, 7-3:30pm; Saturday, February 18, 1:30pm, 4:30pm, and 7:30pm; Sunday, February 19, 12:30pm, 3:30pm, and 6:30pm; $20-$60. Balboa Park, Park Boulevard at Presidents Way. (BALBOA PARK)

Little Italy Carnevale Enjoy “vignettes of entertainment including live music and dancing, still-walkers, art, maskmaking for kids,” and more on West Date (at India Street). See how Venetian masks are made, worn to celebrate Carnevale. Saturday, February 18, 1pm; Little Italy. (LITTLE ITALY)

Mandala Art Party Take part in community mandala making, painting event; a chakra meditation with musical accompaniment using the mandala follows painting project. No experience in art, yoga, or meditation necessary. If you’d like, bring a potluck dish and an apron or old shirt to wear while painting. 760-224-3033. Saturday, February 18, 1pm, free. Yoga Munkley & More, 410 South Santa Fe Avenue. (VISTA)

Meet the OverDrive Media Bookmobile Visit this “high-tech update of the traditional bookmobile...a 74-foot tractor-trailer with hands-on learning stations” for visitors “to search the digital media collection, use supported mobile devices, and download and enjoy eBooks, audiobooks, and video from the library.” Thursday and Friday, February 16 and 17, 10am; free. Serra Mesa-Kearny Mesa Library, 9005 Aero Drive. (KEARNY MESA)

Shakuhachi Concert Mary Lu Brandwein performs on the ancient Japanese bamboo flute (shakuhachi), used by Zen monks for meditation as well as music. Friends of Taka Sumi-e (Japanese brush painting) plan demonstration (1-4pm). Sunday, February 19, 1pm; free. Mission Trails Regional Park, One Harbor Drive. (KEARNY MESA)

Music and Art Festival 2012 San Diego Chinese Art and Cultural Society’s annual show promises music ranging from classics to jazz to hip-hop. Program includes erhu soloist Karen HuQi Han — who has more than 100 movie music scores to her credit — performing on the two-stringed bowed musical instrument; California Ballet Company; Greater San Diego Community Orchestra; more. Art exhibit with work by children and adults. Tickets: MLP7@cox.net or 858-759-9581. Saturday, February 18, 17, 7pm; $15. Poway Center for the Performing Arts, 15498 Espola Road. (POWAY)

Tao — Taiko Drummers of Japan The “power and spectacle of an ancient Japanese drumming tradition returns.” 619-235-0804. Friday, February 17, 8pm; $20-$72. Copley Symphony Hall, 750 B Street. (DOWNTOWN)

Whale Watching Adventures Hornblower Cruises leads 3.5-hour outings in search of migrating gray whales, with captains and naturalists from San Diego Natural History Museum on hand to help spot tails and teach guests more about the marine wildlife offshore. Reservations: 619-668-8715 or hornblower.com/whales. Sundays, 9-3am; through Sunday, April 15, free-$40. Hornblower Cruises, 1066 North Harbor Drive. (DOWNTOWN)

Kneeling Day February 29 All Christians are invited to give this extra Leap Day to the Lord. One person invites friends to meet at a certain public place and time and on the Cue all kneel and pray to Jesus. After this Spiritual Flash Gathering is completed, all stand and share the peace of Christ with those in the area. Do this every Leap Year. Put your efforts on the Internet! Holy Spirit Parish San Diego, California. www.holyspirit sd.org. Wednesday, February 29. (SAN DIEGO)

Tribal Cabaret Featuring Tribal Baroque, A Once in a lifetime experience! Fused classical violin, foot bells and chimes with tribal choreography, interpretive dance, and otherworldly voices. Belly dancing performance by Rosie Velez and Elena Quintana, two of the hot-test performers in San Diego! For more information: 619-255-5147, www.queenbeessd.com/qbcabaret/. Friday, February 24, 8pm. Queen Bee’s Art & Cultural Center, 3925 Ohio Street. (NORTH PARK)

Meet the OverDrive Media Bookmobile Visit this “high-tech update of the traditional bookmobile...a 74-foot tractor-trailer with hands-on learning stations” for visitors “to search the digital media collection, use supported mobile devices, and download and enjoy eBooks, audiobooks, and video from the library.” Thursday and Friday, February 16 and 17, 10am; free. Serra Mesa-Kearny Mesa Library, 9005 Aero Drive. (KEARNY MESA)

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**BOOK SIGNINGS**

**Monstress** Author Lysley Tenorio reads from, discusses, and signs his work. Saturday, February 18, 7pm; free. Barnes and Noble Bookstore Mira Mesa, 10775 Westview Parkway. (MIRA MESA)

**CLASSICAL MUSIC**

“**Back to Bach**” Fallbrook Chamber Orchestra plans concert with selections by Bach, Scarlatti, Handel, and Locatelli. 760-723-5544. Sunday, February 19, 3pm; free. Community Baptist Church, 734 South Stagecoach Lane. (FALLBROOK)

“**Plainsound Glissando Modulation**” Enjoy this concert-length work by Wolfgang von Schweinitz during performance by UCSD music grad students Scott Worthington (contrabass), Andrew McIntosh (violin). Thursday, February 16, 8pm; free. Conrad Prebys Music Center at UCSD, Russell Lane at Gilman Drive. (LA JOLLA)

**Moby-Dick** Classical Pianist Jonathan Biss plans La Jolla Music Society concert. Biss “performs a diverse repertoire ranging from Mozart and Beethoven, through the Romantics to Janácek and Schoenberg as well as works by contemporary composers.” 858-459-3728. Friday, February 17, 7pm; $25-$75. Sherwood Auditorium at Museum of Contemporary Art San Diego, 700 Prospect Street. (LA JOLLA)

**Miro Quartet** Karatz Chamber Concert series continues with “one of America’s highest-profile chamber groups.” Program includes Dvorak’s “Quartet in F Major (American),” the Barber “Quartet,” Beethoven’s “Quartet in G Major No. 2 (Compliments).” Reservations: 858-454-5872. Saturday, February 18, 7:30pm; $40-$45. Athenaeum Music and Arts Library, 1008 Wall Street. (LA JOLLA)

**Mozart’s “Requiem**” Enjoy entire requiem, performed with full orchestra, soloists, and choir. Soloists: Diana Villwock (soprano), Evangeline Woo (mezzo-soprano), Sean McCor-mac (tenor), Tim McEllan (bass). Donation: $10. 858-487-2159. Sunday, February 19, 4pm; 18 and up. St. Bartholomew’s Episcopal Church, 16275 Pomerado Road. (POWAY)

**Play Your Recorder!** Join San Diego County Recorder Society to play ensemble music from medieval to modern with conductor Fred Ubaldo. 619-334-1993. Saturday, February 18, 1pm; Claremont

**An Afternoon of Mozart** Sea Breeze Piano Quintet performs “Quintet for Winds and Piano.” Ensemble members: Susan Barrett (oboe, English horn), Jim George (clarinet), Cynthia McGregor (French horn), Thomas Schubert (bassoon), Stefani Walens (piano). 760-633-2746. Sunday, February 19, 2pm; free. San Diego Civic Theatre, 1100 Third Avenue. (FALLBROOK)

**California Consort** Ensemble performs music by Hummel and Schubert’s “Trotz” quintet for Chamber Music Society of North County. Consort members: Karen Follingstad (piano), Bert Turetzky (bass), Aylze Dreiling (violin), Susan Ung (viola), Lorie Kirkell (cello). Sunday, February 19, 2:30pm; $25-$5. Lutheran Church of the Incarnation, 16889 Espola Road. (POWAY)

**Chicago Symphony Orchestra** La Jolla Music Society presents concert by group “consistently hailed as one of today’s leading orchestras,” led by Italian conductor Riccardo Muti. 858-459-3728. Sunday, February 19, 8pm; $27-$97. Copley Symphony Hall, 750 B Street. (DOWNTOWN)

All Christians Are Invited To Give This Extra Leap Day To The Lord

One Person invites friends to meet at a certain public place and time and on Cue all kneel and Pray to Jesus. After this Spiritual Flash Gathering is completed, all stand and share the Peace of Christ with those in the area.

Do this every Leap Year.

Put your efforts on the Internet! Remember the Words of Saint Paul to the Philippians 2:10 “... that at the Name of Jesus every knee should bend of those in heaven and on earth and under the earth.”

Holy Spirit Parish San Diego, California www.holyspiritsd.org
**LOCAL EVENTS**

**Is the world coming to an end?**

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End Time Mondays

7:00-8:30 pm Every Monday.

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**Russian Strings in Concert**

The Los Angeles Balalaika Orchestra — called "the best Russian folk instrument orchestra outside Russia" — joined by baritone Vladimir Chernov for concert.

626-483-2731. Sunday, February 19, 3pm; $26. Neurosciences Institute, 10640 John Jay Hopkins Drive, La Jolla

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**World-Renowned Violinist**

Itzhak Perlman in concert, accompanied by pianist Rohan De Silva.

619-235-0804. Saturday, February 18, 8pm; $30-$100. Copley Symphony Hall, 750 B Street, Downtown

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**Stage Monkeys Improvised Theater**

Stage Monkeys perform long-form improvised theater, using "one single suggestion from the audience" to catapult "into characters, scenes, games, songs," more. Friday, February 17, 8pm; $5. 18 and up. Café Libertalia, 3834 Fifth Avenue, Hillcrest

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**DANCE**

Argentine Tango with Colette

Will give you a first free class any Monday or Wednesday and will introduce you to the passion and magic of Tango at Dance Place San Diego in Point Loma. No need for a partner. More information: www.TangoWithColette.com or call 760-723-7733.

Monday, February 20, 7pm, and Wednesday, February 22, 7pm. Dance Place San Diego, 2650 Truxton Road, Studio 106, Point Loma

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Hear nine life stories of people healed and protected by God’s healing power, including:

- Healing of Stroke
- Walking restriction healed
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By Elise Moore

Sponsored by the Christian Science Churches of San Diego

Saturday, Feb. 25, 2012

11:00 a.m. Organ Concert at 10:30 a.m.

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SUNDAYS, 2:30-4:30 p.m.

- Starting Session – February 26, 2012
- Fall Session
- Winter Session

For more information and registration, please contact | 760.710.9037 or pathways@judaism@sd.com

Pathways to Judaism is an affiliate of Camp Mountain Chai

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**Zydeco Mass & Cajun Dinner**

Laissez Les Bons Temps Rouler!

Shrove Tuesday

February 21, 2012

6 PM (Music starts at 5:45)

Music by Zydeco Patrol

Mass is free, Cajun dinner is $20

For more information call the Cathedral Office (619) 298-7261

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**FOOD & DRINK**

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Learn to make traditional reci-
The Narada Smriti

Truth is said to be the one unequalled means of purification of the soul. Truth is the ladder by which man ascends to heaven, as a ferry plies to the other... The gods are truth simply, the human race is falsehood. He whose mind is persistent in truth, obtains a divine state in this world even. Speak truth and discard falsehood. It is through truth that thou shalt attain heaven. By uttering a falsehood thou wilt precipitate thyself into a most dreadful hellish abode. And in the hells the merciless attendants of Yama [the god of death], endowed with great strength, will cut off thy tongue and strike thee with swords, constantly.

The Narada Smriti is a work ascribed to divine sage Narada and deals exclusively with procedural and substantive law. It has become a touchstone for Hindu and Indian rulers, including the British Haj, as a way to negotiate the labyrinthine distinctions of dharma necessary for just and successful political governance. In fact, many English legal scholars see the Narada Smriti anticipating the principles of special pleading — that is, exemptions allowed by extenuating circumstances — which have become enshrined in current English law.

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Art Gallery at UCSD, 9500 Gilman Drive. (LA JOLLA)

“Recent Acquisitions” Opening reception for this exhibition, on view until Saturday, March 24. Also opening is the Bishop’s School student show “Exploring Expression” (closing Thursday, March 1). 858-454-5872. Friday, February 17, 6:30pm; free, Athenaeum Music and Arts Library, 1088 Wall Street. (LA JOLLA)

“Visual A Priority” Opening reception for featured artist Stefanie Bales and guest artist Maha Cominos. Exhibit continues through February 28 – May 1, 6:30pm; free. and up. Brokers Building Gallery, 402 Market Street. (DOWNTOWN)

LECTURES

“A Better World” David Neff, editor-in-chief of Christianity Today, examines “how compassion and justice can flourish alongside eschatology.” Neff “participates in an interfaith dialogue with Jews, Muslims, and Mormons.” Saturday, February 18, 9:30am; free, Seventh-Day Adventist Church, 11260 Claremont Avenue. (TEMBEKIAN)

“Artists’ Books as Sculpture” San Diego Book Arts hosts illustrated lecture by Daniel Esig promising “a little of the history of artists’ books as sculpture, and some of his recent work and collaborations,” in McCoy House (across from Old Town Transit Center), Friday, February 17, 7:30pm; free. Old Town State Historic Park, 402 Wallace Street. (OLD TOWN)

“Compassionate Presence” John Paul Lederach, professor of international peacemaking at Notre Dame’s Kroc Institute for International Peace Studies, explores “Faith-Based Peacemaking in the Face of Violence.” Advance registration required. Thursday, February 16, 10am; free, Joan B. Kroc Institute for Peace and Justice, USD, 5998 Alcalá Park. (UNDA VISTA)

“Dakota Speculators in the Great Minnesota Outback” How a financial panic, Indian attacks, cassy land speculators, and natural disasters disrupted development of the American West, discussed by Western writer Wayne Fanebush when San Diego Independent Scholars meet in room 111-A of UCSD Chancellor’s Complex. Information: sagus@sglobal.net or 858-342-0866. Saturday, February 18, 1:30pm; free, University of California San Diego, 9500 Gilman Drive. (LA JOLLA)

“New Science and MUFON” Bruce Cordell presents this talk, subtitled “Converging Toward a Final Answer About UFOs,” for MUFON (Mutual UFO Network). 760-753-2456. Sunday, February 19, 6pm; free. 18 and up. Sizzler, 3735 Murphy Canyon Road. (MILLION VALLEY)

“Perspectives: Made with Words” Emerging artist Jamilah Abdul-Sabur discusses “her practice as it relates to John Baldessari’s work, in particular his work with language.” Tour exhibit for free, 5-7pm, Thursday, February 16, 7pm; free. 10. Museum of Contemporary Art San Diego, La Jolla, 700 Prospect Street. (LA JOLLA)

“Ready, Aim, Organize!” Professional organizer Theresa Fannigan helps “with goal setting and staying on track” to get organized for 2012. 760-753-4027. Thursday, February 16, 7pm; $10. University of California San Diego, 9500 Gilman Drive. (LA JOLLA)

“Who Supports Bailing Out Other Countries and Why?” Consider the answers with Columbia University political science assistant professor Yotam Margalit, who “specializes in the fields of international and comparative political economy.” Social Sciences Building, Room 107. Thursday, February 16, 12:30pm; free. University of California San Diego, 9500 Gilman Drive. (LA JOLLA)

Sunset Poets Reading
Brad McMurray — a finalist in last year’s Full Moon Poets Slam — reads “his best slam poems,” joined by Native American poetry specialist Gwen Henry. Hosted by Poetry Quarterly. Saturday, February 18, 2:30pm; free. Vista Library, 700 Eucalyptus Avenue. (VISTA)

Village Idiots Literary Society
Join group for open reading. Bring a favorite poem or short story or anything to share. 760-414-1056 or 760-305-8278. Friday, February 17, 7pm; free. Gallery 204, 204 Main Street. (VISTA)

K9 Cancer Walk
Enjoy one-mile walk “with your best friend.” Vendors, guest speakers. Proceeds benefit Morris Animal Foundation. Saturday, February 18, 9am; Walnut Grove Park and Barn, Olive Street at Sycamore Center. (SAN MARCOS)

North County Lagoon Ride
Enjoy 27-mile bicycle adventure with the Knickerbockers, starting at Harvest Ranch Market (in periphery of parking lot). Bring money for lunch at St. Germain’s Bistro. 858-450-0737 or 619-787-7427. Saturday, February 18, 9:30am; Rancho Santa Fe Plaza. 162 South Rancho Santa Fe Road. (ENCINITAS)

Pro Hoops San Diego Sol men’s team hosts Monterey Seckings in SportsCenter. 619-933-7740. Thursday, February 16, 7:30pm; free.10. Alliant University, 10455 Pomerado Road. (SUPTAN BAY)

Ridiculous Basketball Skills! Harlem Globetrotters bring their thoroughly entertaining antics, highly skilful basketball to center court in competition against the victorious) Washington Generals. 8:00-745-3000. Friday, February 17, 7pm; $15-$145. Valley View Casino Center, 3500 Sports Arena Boulevard. (Meadowbrook)

Wildfires versus Oly Rollers! San Diego Derby Dolls Wildfires host banked track competition against Oly Rollers. Saturday, February 18, 7pm; free.20. Del Mar Fairgrounds, 2260 Jimmy Durante Boulevard. (DEL MAR)
Cuddly Carrion

"Those who are not with us will be eaten by vultures."

A

rt exhibitions serve an especially useful purpose if they revise our assumptions and rewrite established narratives, correcting for new information, shifting valuations, fresh polemical agendas, and the mysteries of shared taste. Without a foundational intellectual restlessness, an exhibition can turn into a starchy program. Take, for instance, the bold-face version of Mexican modernism, which puts at the center los tres grandes, the trinity of male muralists composed of Diego Rivera, José Clemente Orozco, and José David Alfaro Siquieros. Smaller orbs such as Frida Kahlo and Rufino Tamayo circle those stars. If only it were that schematic. In the turbulent years following the 1910 revolution and subsequent civil war, Mexico produced many good artists engaged in a variety of practices, and for the past 40 years they have had as their caretaker the Argentinian-born collector Andrés Blaisten, who has made it his mission to acquire thousands of works, now housed in the Universidad Nacional Autónoma de México Centro Cultural in Tlatelolco, that configure a more finely articulated, synoptic version of Mexican modernism. Eighty paintings from the collection are on view at the San Diego Museum of Art in a lively exhibition, Mexican Modern Painting.

The narrative running though the Blaisten version of Mexican art is a push-pull dynamic between internationalist inflections and Mexican-ness, mexicanidad. Of the major presences, Rivera spent a long time in Paris absorbing cubist technique, Siquieros spent three years in Europe and later traveled to New York (and was, for a time, Jackson Pollock’s teacher), and Orozco lived in the USA from 1927 to 1934. Their work could readily speak in European and North American idioms, but its material was the folkloric, mythic ways of mexicanidad. Traveling far, they remained natives to their place.

It’s the other painters in Mexican Modern Painting that rouse interest. Most Mexican art in the first half of the century had a political context, and much of it manifests the sometimes agonizing political transitions the country was enduring. I knew nothing about the Open-Air Schools, for instance, until I saw the exhibition, yet they were as consequential for post-revolutionary national consciousness as the muralist moment. In 1921, the new president Álvaro Obregón appointed José Vasconcelos minister of public education. Vasconcelos wanted to propagate revolutionary values — land reform, indigenous identity, egalitarianism — by means of art education. He not only sponsored the first murals, with their splashy-severe vision of a politically reimagined Mexico, he also wanted to nurture an entire nation of artists. To achieve this, he established art schools in semirural areas around Mexico City. The Open-Air Schools welcomed farmers, children, and workers, encouraging a simple, “primitivist” style. The schools urged people to paint the world they knew, its physical types, its landscapes and lore. They produced, as you might expect, plentiful pictures of campesinos, of the female as maternal or infantilized type, and of village life with its open markets and ceremonies, the weddings, communal chores, and ritual dances. They produced not only Ramón Cano Manilla’s Siesta, a local-color treatment of the ancient dream of a terrestrial paradise (two peons linger in hammocks beneath the blessings of palm trees) but also a parable of the new Mexico, Gabriel Fernández Ledesma’s Industrial Landscape, where a smokesack exhaling effluvia rises among mountains and where both natural and constructed forms are depicted in fine-scored, mineral earth tones.

Few of these artists, however, can be slotted in one or another historical classification, especially because so many of the pictures they made are some variant of misticaje, a blending of Europe and the New World, Spanish and native. Fermín Revueltas was formed at the Open-Air Schools, and his sultry Bathing Bathers from 1927 derives from the familiar motif worked so hard by Cézanne, Matisse, and other Europeans, but he situates his dark, smoky nudes in a smothering florid setting. And his primal Dance of the Deer — the horned flames burning under pots are repeated in antlers worn by the dancers — may look formally Europeanized but it’s the painterly equivalent of magic: it enacts the rite of passage when an animal spirit enters a man and overtakes his nature. And while Revueltas in his own way devoted himself to mexicanidad, he also associated himself with the modernist, revolutionary fervor of estridentismo, a movement that started noisily around 1921. Like its Italian counterpart, Futurism, estridentismo was excitably exclusionary. Its manifesto declared: “Those who are not with us will be eaten by vultures.” To avoid becom-
made a picture, his peers, with social realities) preoccupied, like so many of in the Open Air Schools and defy social norms. Amador Colonia de los Doctores sidewalks, triangulating into a anonymous bodies crowd-drivers, firefighters, and that out-of-control fire. The scene prickles with surprises. Serrano. His 1948 Bullfighters chunks of Mexican life into a comic First Lady theatricalizes the slippage between peasant and aristocratic reality. I love the vinegar-puss dame’s ven- omous stare — she’s staring at us. Some pictures that ar-ticulate a culture are also so emotionally forceful that they flood historical and cultural definitions. The title of Orozco’s Allegory of Mexico sounds nationalistic, and so it is, in its depiction of three creatures — a bull on its back entangled by a serpent that wraps around and faces off a jaguar. The bull goes to Hispanic identity, the serpent is the telluric creature of indigenous myths virtually everywhere, and the jaguar for people of the Americas embodies the irrational, the instinctive, the indomitable. The pictorial action is so fe-roocious and the handling so muscular that it seems to be wrenching itself apart with conflicting, unharmonizable, confrontational energies. Tamayo is painting his own sensation of those powers. As nationalistic art, it’s as personal as it gets. ■

Win a Reader Local Restaurant Variety Pack! Win a package of gift certificates to local restaurants! Enter by Wednesday, February 22nd at 1PM.

Win a Dinner for 2 at Lacey J’s Roadhouse Saloon! Hungry? They’ve got you covered there with heaping helpings of great home-style food: burgers, southern fried chicken, juicy and tender steaks, and a whole menu full of great choices. Enter by Monday, February 27th at 1PM.

Win Tickets to Circus Vargas! Take a look beyond the sawdust and spangles, a peek past the mystique and wonder and discover why Circus Vargas is America’s Favorite Big Top Circus! Enter by Monday, February 20th at 1PM.

San Diego Museum of Art

“John Baldessari: A Print Retrospective” National City native John Baldessari, who has been making art for decades, is one of the most influential artists working today. This retrospective including more than 100 works made between 1977 and 2016 in media as diverse as lithography, etching, photogra-vure, aquatint, photoinagio, embossing, silkscreen, and more, is drawn from the collections of Jordan D. Schnitzer and his fami-ly foundation. Visit this exhibition, representing “the largest offering of Baldessari’s graphic oeuvre ever assembled,” through Sunday, May 13. Spencer Finch’s “light-based installations bridge an actual locale with a recalled memory,” Rome (Pantheon, noon, June 14, 2011), on view through Wednes-day, May 30, “evokes the moment and mood of a place by control-ling the quality of light, color, or other sensory information.” Free-$10. Museum of Contem-orary Art San Diego, La Jolla, 700 Prospect Street. (LA JOLLA)

Exhibitions


“Phenomenal: California Light, Space, Surface” Enjoy in-depth look at 13 artists whose work with light as a medium in the 1960s and ‘70s defined an era of art making in California. Featured artists: Peter Alexan-ders, Larry Bell, Ron Cooper, Mary Corse, Robert Irwin, Craig Kauffman, John McCracken, Bruce Nauman, Eric Orr, Helen Pashgian, James Turrell, De Wain Valentine, Doug Wheeler. “Combining key works from the museum’s collection” with major loans from public and private collections, exhibit “includes immersive light installations together with representational and site-conditioned works, some seen in California for the first time in decades.” Through Sunday, March 4, Free-$10. Museum of Contemporary Art San Diego, Downtown, 1100 and 1001 Kettner Boulevard. (DOWNTOWN)

“San Diego’s Craft Revolu-tion” This exhibition reveals important contributions of San Diego craftsmen to the post-war Southern California art scene. Show explores progression from sleek modernism to unconven-tional handmade objects of use such as furniture, doors, jewel-ery, ceramics by over 60 art-ists. Exhibit is part of “Pacific Standard Time: Art in L.A. 1945-1985.” Closes Sunday, April 15.

“A Fantastic Voyage — The Art of Ynez Johnston,” surveys six decades of the artist’s wood and bronze sculptures, paintings, graphics, ceramics from 1940s to 2010, including recent works that have never publicly been shown. Closes Sunday, June 17. Free-$7. Museum of Photographic Arts, 1439 El Prado. (BALBOA PARK)

“THE POINT OF VIEW” This retrospective includes more than 80 works, ranging in media from oil on canvas to watercolor and pen-and-ink drawings, created over the last 25 years by William Glen Crooks. His “outdoor snapshots” bring a freshness to the landscape genre by capturing the subtle modalities of atmosphere through the opacity of light and the trans-parency of shadow.” Through Sunday, April 22.

Members of the OMA Artist Alliance present juried exhibit showcasing approximately 30 works of art in media from paintings and sculptures to photogra-phy and digital media. View “OMA Artist Alliiance I” through Tuesday, April 1. “Signs and Symbols: African American Quilts from the Col-lection of Dr. Maude Southwell Wahlman,” on view through Sunday, March 18, features ten quilts “characterized by strips, bold colors, large designs, line asymmetry, multiple patterns, and improvisation,” showing “a combination or re-creation of African textile ideas and symbols with American traditions.” Free-$8. Oceanside Museum of Art, 704 Pier View Way, (OCEANSIDE)

“Unusual Suspects” Exhibition of paintings and pho-tographs by Holly Roberts invites viewers to explore new approaches and expression in photography through innovative work combining painting and collage. View the pieces, in which perception of “the photographic medium is challenged,” through Sunday, May 6.


Saint Bartholomew Museum features this painting, described as “the only Rembrandt painting on public display in San Diego.” Permanent collection includes European old master paintings, 18th- and 19th-century Amer-i-can paintings, and Russian icons. Free. Timken Museum of Art, 1500 El Prado. (BALBOA PARK)
Borrego Bonanza

The broaching of the subject is inevitable: in any extended conversation, I’ll always find a way to sneak in a “Have you eaten anything good recently?” And, quite often, that little question leads to a “Where?”

A good example is a recent conversation with a coworker, Karina, who mentioned that her husband’s favorite restaurant was Birrieria La Guadalajara on Third Avenue in Chula Vista. Karina and her husband’s families hail from Guadalajara, where birria — usually roasted goat or lamb seasoned with a paste made of various chilies and served in a spicy broth (consommé) made from the drippings of the roasting meat — and tortas ahogadas share the crown as the most well-known dishes of the region. So, once I learned that this was their birria place, there was no question we’d be checking it out posthaste.

Located in a newish strip mall that seems to have no other active tenants, the birria is simply furnished; it looks like a miniature version of those thousand-seat birrierias I’ve seen in photos and on television. There’s the flatscreen television eternally tuned to a soccer match; the music, at least when we’re there, doesn’t blare. Jorge, the young man who manages the restaurant, always seems to be smiling. Behind a partition on the east side of the restaurant is the heart and soul of the establishment: the kitchen area, where a woman makes tortillas fresh for every order.

Birria of the species res (beef), borrego (lamb), chivo (goat) — plus one I can’t recall seeing very often, puerco (pork) — occupy a good 40 percent of the single-page menu. Each is available by the pound, as a taco, and in two different plate sizes. Did I mention that birria is breakfast food? And, of course, I’ve heard the claims that this spicy stew wards off the after-effects of a night of over-indulgence. Though I love chili-fortified food, aside from putting a couple of drops of hot sauce on my eggs, I wasn’t quite sure how I felt about having something spicy for breakfast until we visited Chengdu a year ago and enthusiastically consumed ma-la (numbing hot) Sichuan dishes for breakfast. Getting those endorphins going early in the day really agreed with me.

The birria (with the protein of your choice) arrives in a shallow bowl engulfed by bright red consommé. The broth here is only mildly spicy and seasoned just enough to enhance the flavor of the meat. The missus and I were unifed in saying that we preferred the lamb to the goat. To us, the lamb was more tender, fattier, and had more of a distinct gamy taste, that “flavor of the pasture.”

Grab a hefty fresh and hot tortilla, throw in some meat, add onions, cilantro, perhaps a squeeze of lime, and one of two salsas, and with a final dip into the broth, you have a rewarding if messy treat.

As much as we liked the birria, we’ve come to find other dishes on the deceptively simple menu that we enjoy even more. The Birroga a la Plancha, the most expensive dish on the menu at $10.99, is probably our favorite. Roasted lamb is placed on the griddle, creating a lovely crust, then served with a cup of consommé so you can moisten the meat to your satisfaction.

The young manager recently told me that their beer-and-wine license should be approved by the end of February. Also, since mariachi is believed to have originated in the state of Jalisco, the beer and wine are in place, music will likely follow.

Every year, the missus and I take one or two trips, inspired either by places like Machu Picchu and Angkor Wat, or by certain foods. Our last trip resulted from repeated visits to our favorite Turkish restaurant. After eating at Birrieria La Guadalajara almost every weekend, a trip to that city might be in our future. I’ve heard it’s nice there in September.
Gelati Rainbow

“We brought these Oscartielle machines from Italy. We wanted this to be real.”

I t’s the word that stops me.
A new word on the awning of this old place.
“Cremalose.”
Huh?

This is the San Diego Hardware building. The 100-year-old curved-glass windows of what was once a Woolworth’s store are still there. San Diego Hardware moved in in 1922, stayed till 2006. Oldest family business in town. Yet the original windows still look brand-new.

The rest of what they’ve done with this whole place is exciting — for a card-carrying café-ista like yours truly. This is a real café, with a generous patio and a way-big gelato/pizza/bar/café inside.

I’m taking it in at around 9:00 p.m. Peeps are sipping martinis on the terrace outside with their dogs; inside, customers crowd around the long red cabinets that tomers crowd around the terrace outside with their dogs; inside, customers crowd around the long red cabinets that

I go for the cheapest drink, a Bud Light ($4), and eat my schiaciata. It’s delicioso, in an olive-oil, garlicky way. The focaccia is crisp but fall-apart tender. Salad’s huge. But it’s the tastes of the eggplant and the great yellow sautéed bell peppers and zucchini inside that bread that make this a killer combo.

I take everything over to a black marble bar, where Jennifer the bartender stands in front of a blue-lit backboard loaded with exotic bottles of liquor.

I take my wallet and assess the damage. Huh…still got a Lincoln. In that case, must spend a lot, or a little. You can come and buy a coffee and sit all day writing your novel. Or buy a panini or a glass of wine. Maybe six, seven dollars. We’d rather people come regularly and cool, way cool.

Farther back, there’s some savory stuff displayed that has my nose a-twitchin’. I see everything from lasagna to a wood-fired pizza oven. There are lists of Italian dishes up on the wall, from eight-buck panini to more serious dishes priced in the teens.

Trouble is, I haven’t got a lot of jingle to jangle.

“Any ideas?” I ask Zenon. He’s the chef at the panini section of the long counter. We happen to be standing by a pan loaded with what look like segments of round focaccia bread stuffed with meats, cheeses, and veggies.

“They’re called schiaciata.” He pronounces it “ski-a-chee-art-ay.”

I like the look of the one closest to me. It’s got all kinds of colorful stuff.

“That’s the vegetarian,” Zenon says.

“Grilled, sautéed eggplant, zucchini, bell peppers, onions, tomatoes.”

“How much?” I ask.

“Four-fifty.”

“I take everything over to a black marble bar, where Jennifer the bartender stands in front of a blue-lit backboard loaded with exotic bottles of liquor.

“We wanted this to be real.”

“We brought these Oscartielle gelato machines from Italy. We brought these Oscartielle machines from Italy. We wanted this to be real.”

Downtown’s Cremalose is “exciting — for a card-carrying café-ista.”

Man — sounds too good to be true.

“It comes with a mixed green salad,” Zenon says.

“Still $4.50?”

“Still $4.50.”

He toasts it, so it’s all nice and hot, and serves it on a big plate. Gives me real flatware, too.

“Any ideas?” I ask Zenon. He’s the chef at this place.

“We have 48 different flavors,” he says. “Twenty-four standards, and 24 cremalose flavors. These are where you find out what a schiaciata is.

I ask this guy, John Russo. Turns out he’s one of the owners. “We have 48 different flavors,” he says. “Twenty-four standards, and then 24 cremalose flavors. These are where you have more, say, fruit than gelato. So they’re good for you. This is exactly how they do it in Italy. We brought these Oscartelle gelato machines from Italy. We wanted this to be real.”

Gelato doesn’t get enough respect here in the U.S., but it’s as ancient as it gets — like, 5000 years old. Egyptian pharaohs would cover shaved ice with sweet fruit juices, and the Romans used to take ice off Mount Etna and Mount Vesuvius, douse the ice in honey, then pig out. As they say, cool, way cool.

Gal at the gelato counter hands me different flavors to try, on lil plastic spoons. I end up paying $4 for a mix of strawberry and coconut served in a cone. Sixty percent fruit, she says. And the coconut — I’m actually chewing the stuff. I finish it off at the bar.

Okay, all very interesting, but we’re still talking lifestyles of the rich and the famous, right? Conventioneers with tight suits and loose expense accounts?

“No!” says John. “We want to be here for everybody. We’re trying to create a café like in Italy. In Sicily. The cafés are the center of social life over there. The Gaslamp is full of places that cater to tourists, but here you can spend a lot, or a little. You can come and buy a coffee and sit all day writing your novel. Or buy a panini or a glass of wine. Maybe six, seven dollars. We’d rather people come regularly and spend a little than come once and blow $100.”

Have to say, this is music to my ears. If it pans out. Because that’s the one big complaint locals have about the Gaslamp — that eateries here don’t want you nearly as much as they want out-of-towners. People wanna get their Gaslamp back.

So, next time: Can I come at 10:00 in the morning, grab a $2.75 coffee, and sit on it for an hour without getting hassled?

Pass that test and they’ve got a big fan. ■
San Diego Reader February 16, 2012

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**$10 Lunch: Urban Plates**

When I mention I’m looking for a $10 lunch, a girlfriend of mine who lives in Del Mar says, “I’ve got a $10 lunch for you” and takes me to Urban Plates. This is before I know Mary Beth has already been there and found it underwhelming.

The first thing I think when we walk in the door at 1:15 on a Tuesday afternoon (prime time for all lunching ladies in Del Mar) is, “Dammit, we should have come at 11:30.” I don’t care for cafeteria mayhem or lines that clog up the door. But the choices...

Mary Beth went into detail, so I won’t. What I will say is that I’ve yet to find a quality restaurant with many options, and all for $10 (sandwiches $8).

This $10 lunch features grilled steak (medium rare, yum), beet salad (love), and sesame organic kale (I would go back for this now if I weren’t in my pajamas).

**The Smoking Goat**

This $10 lunch features grilled steak (medium rare, yum), beet salad (love), and sesame organic kale (I would go back for this now if I weren’t in my pajamas).

**The Smoking Goat Is Expanding Its Pasture**

The Smoking Goat, the casual, busy French/American bistro on 30th just north of Upas in North Park, is expanding.

Owner and chef Fred Piehl has taken over the space next door, previously occupied by the North Park Fish Market, and plans to move the dining area and kitchen into the new area. An expanded bar will remain in the original section.

Chef Piehl, Cordon Bleu trained, had stints at Ave 5 and Nine-Ten before opening his own place. Current plans are for the renovation to be completed in March.

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**Underbelly Scheduled for Some Serious Bloating This Summer**

For most, opening a modern homage to traditional Japanese noodle houses would be enough to garner plenty of oohs and aahs. But when the restaurateurs behind the venture also own a neo-urban gastropub with an illustrious built-in speakeasy and hotspot gathering place, we really have something.

Underbelly, the aforementioned noodle house, is the most understated venue from hospitality duo Arsalan Tafazoli and Nathan Stanton. But not for long.

This summer, three upgrades will be completed that will triple the eatery’s capacity. Tafazoli and Stanton are adding on a second story that will include an outdoor patio with seating for 30 guests. A percentage of the restaurant’s new 1000-plus square feet will be used to house a collection of rare and limited-release whiskies spirited away from producers across the world (including Suntory Yamazaki single malt).

This will be San Diego’s first Japanese whiskey bar, and that added component should complement a raw bar stocked with local oysters and other oceanic offerings, plus an extensive sake list and hard-to-procure brews from the Land of the Rising Sun.

As part of their redesign plan, Tafazoli and Stanton will be removing the east wall that separates them from neighboring Italian eatery Bencotto. The space between those businesses will be shared, bringing together two of the area’s most successful recent culinary additions.

Underbelly, 750 W. Fir Street.

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**$10 Lunch (for Two!): Cali Baguette Express**

Say the word “sandwich,” and my first thought is, Blah. I eat them, yes, but rarely do they move me.

**Banh mi** (Vietnamese sandwiches) at Cali Baguette Express, however, do move me. I’ve said it before, and I’ll say it again. They are that good.

So far, I’ve tried the tuna, shrimp, pork, egg, and chicken sandwiches. All delicious.

*Banh mi* is all about the bread. Cali Baguette makes their own on the premises, and it’s super flaky and delicious. While Mini Me (my daughter) and I dined inside, we watched people come and go for the bread alone.

This $10 lunch features: One-egg sandwich (hold the jalapeño), $3.25; one giant bag of shrimp-flavored crackers, $1.50; one Thai iced tea, $2.50.

Though your lunch date might want her own drink, mine was happy with water.

The City Heights location has a drive-through, but if you use it, you’ll miss out on the kitsch and goodies stacked on the shelves inside.

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**An Education in Ottoman Pastry: La Cafe**

I love finding a food that I haven’t seen before. I wandered into La Cafe on Regents Road in University City looking for a haven’t seen before. I wandered into La Cafe on 30th just north of Upas in North Park, is expanding.

La Cafe is a kosher restaurant and bakery. They serve vegetarian and Middle Eastern fare, pastries and cakes, along with a few nods to south of the border (breakfast burritos, huevos rancheros).

La Cafe’s bureka is Israeli style, and comes filled with mashed potatoes ($8.95) or cheese ($9.95). I chose a potato version, which has a small chopped salad and a hard-boiled egg on the side.

Well, yum. The warm potato filling was surrounded by phyllo and wrapped into a spiral. The filling was smooth, thick, and just rich enough, and the phyllo was baked into flaky, crisp goodness. The portion was huge — I took most of it home. It reheated well and enjoyed another life as a side dish for two. The salad wasn’t anything out of the ordinary, but it was very fresh and provided a nice counterpoint to the pastry.

I also had a good double espresso ($2.50) to ward off sleepiness from the twofold hit of carbs. Next time I’ll try the Shakshuka ($9.95), a dish of eggs poached in a sauce of tomatoes, chili peppers, onions. La Cafe, 6104 Regents Road.

**An Ideal Neighborhood Restaurant**

Naomi Wise.
San Diego Reader

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San Diego Reader February 16, 2012 33
The Lazy Hummingbird: Coffee and Culture in OB

In the comments section of my bit on Industrial Grind, a reader suggested I visit Lazy Hummingbird coffee in Ocean Beach. I’ve done so, and I think that it’s got a fantastic name.

The little coffee shop has been open for about six months and seems to be generating a loyal following of caffeine-deprived OBceans. Much like Industrial Grind, the Lazy Hummingbird can be a bit of a trick to find. The shop has signage, and it’s on a fairly developed stretch of Santa Monica in OB, but half the building is a FedEx store and the residual injunction to “Print Pack Shop” is still emblazoned on the purple awning above what is actually the charming little coffee stop.

The entire shop has a lovingly hand-lettered, organic feel that stands a strong counterpart to the ultra-slick, Euro-cool aesthetic that’s almost normative in coffee shops these days. Much like the surrounding neighborhood, Lazy Hummingbird carries a bohemian majesty that is if anything enhanced by its unlikely cohabitation with the office-supply shop.

The espresso is on point, flavor-wise. And the prices are on the cheaper side of reasonable. Ordering a double Americano ($2.45) earns an invitation to select a mug from the rack on the wall. Personal choice reigns supreme!

Refraining from using paper cups and disposables whenever possible is central to the business ethics at Lazy Hummingbird. I especially appreciate the option to mix coffee with a spoon, instead of a piece of wood. The sound of a spoon clinking around the inside of a coffee cup reminds me of being a little kid and listening to my parents drink coffee on weekend mornings.

Maybe the biggest thing that might set up Lazy Hummingbird in the ranks of the favored few coffee shops is that the little place is host to a litany of cultural events. There’s something going on there most evenings. Maybe it’s just my skewed perception of the world, but I detect echoes of my beloved 1990s, when coffee shops seemed to carry a greater reputation as artsy, bohemian, cultural centers where cool kids hung out to read nihilist philosophy and draft screenings for independent movies.

Tambourine-making isn’t exactly Nietzsche, but it’s not exactly not Nietzsche, either, and I’m willing to expand my fantasy a bit for a good cup of java and the chance to use an insouciant, rhetorically cunning double negative.

The Lazy Hummingbird, 4876 Santa Monica Avenue.

Happiness for Two at Flavors of East Africa

I’m big on atmosphere. Give me a place where the music and the decor aid my fantasies of world travel or lux living, and I can forgive bad coffee or mediocre fare. My husband, M, can shrug off a cafeteria-like atmosphere as long as the food is spicy, hearty, and plentiful.

A few weeks ago, we found the best of both worlds.

We’d gone out planning on Mexican and were met with a potential-45 minute wait and an impenetrable wall of sound at Ponce’s. Using my new smartphone for the first time, I googled “African Cuisine, San Diego,” which brought us to Flavors of East Africa, at the corner of Louisiana and El Cajon.

This past Saturday, the huge party of white people that took up more than half of the restaurant’s tables made it a little harder for me to fantasize my way to Kenya. No matter, though. The food, the tribal music (interspersed with a little John Legend and other surprises), and the mask-and-batik-laden walls did give me an elsewhere feeling.

Arian, our super-efficient waitress, and Evelyn, whose smile lit up the night, worked the room with grace, keeping our water glasses filled and our questions answered.

We started with the masala fries ($4.99), described on the menu as “French fries dipped in a creamy masala tomato sauce.” Delectable.

M ordered the goat stew special ($12.99) and asked them to make it spicy, but not too spicy. (He learned his lesson last time. Apparently, hot in “Kenyan-inspired cuisine” is really hot.) He chose rice and sukuma wiki (“collard greens mixed with cabbage sautéed with garlic and spices”) for his sides.

I went for the beef stew ($12.99 for the dinner plate), rice, and myuyo (“hominy, kidney beans, potatoes, and carrots cooked in olive oil with garlic, tomatoes, and onions”).

We licked our plates clean. And then, as if we aren’t already happy enough, just before we ask for our bill, Arian says, “Do you have a coupon? No? I’ll give you 20 percent off, yeah?”

Total bill: $28.10.

(Disclaimer: The restaurant has no liquor license, but you can bring your own beer or whiskey. And if you forget, there’s a gas station a few doors east on El Cajon.)

Dinner at the Range

A few months ago, Barbarella gave the lowdown on breakfast at the Range in Hillcrest at that all-windows spot in front of the Ruby Room. She covered the barbed-wire-and-dairy-crate ambiance and even captured the sidewalks steampunk fan things hanging from the ceiling.

My dad and I grabbed dinner and a beer at the cage-free grass-fed free-range American eatery, the most promising restaurant I’ve yet seen at the ever-changing location.

We started with the Brussels sprouts, a decent portion at $4. The sprouts were cooked perfectly — slightly softened, but retaining crispness and with bits of bacon-adding saltiness. A pint of Sculptin IPA went well with the bacon Swiss burger, which included homestyle pickle chips, onion, and spring mix.

The quality of the meat was evident in its juiciness and flavor, which was enhanced by a dash of avocado ranch that came with the side salad. Pops the mushroom cheddar burger and, like myself, a fan of most things food, he said it was good. The sweet potato fries are excellent.

All told, the dining environment is casual and the prices (burgers $14) justified by superior ingredients that sit well with the conscientious carnivores.

With no less than eight big-screen TVs, the two-level Range holds regular free movie screenings with dinner. The next screening is Dirty Dancing on February 8.

The Range, 1263 University Avenue.

The Lunch Side of Snooze

A couple of weeks ago, Mary Beth Abate filled you in on breakfast at Hillcrest’s newest “AM eater,” Snooze.

Boasting free-range meats and cage-free eggs from the Bay Area Niman Ranch, Snooze offers an innovative menu specializing in benedicts, pancakes, and egg preparations — from huevos rancheros to breakfast pot pie.

As a firm believer that breakfast is a meal best spent, uh, snoozing, I recently explored the lunchier side of brunch at the Colorado-based chain, where, with the right set of eyes, one pictures the Jetsons ordering french toast and breakfast tacos on the far side of the retro-themed bar.

Because every worthwhile meal begins with a responsible adult beverage, Snooze mixes up 50% off Latin American Cuisine

Buy one entrée, get a 2nd entrée at equal or lesser value half-off. One per table, not valid with other offers. Expires February 17th 2012.

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2 for 1 Entrée
Buy 1 entrée & 2 drinks, get 2nd entrée of equal or lesser value free.

Make For a limited time!! The 22” Challenge is on!!
If you can finish it and make the “Wall Of Fame”, it’s FREE!!

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The Hi-C mimosa speaks for itself. Sparkling wine, grapefruit juice, Pama pomegranate liqueur, and St. Germaine liqueur give a sour punch to the classic morning mix.

A combination of the spicy and the Buggs bloody makes for the mary of dreams (carrot-infused vodka, jalapeño-and-habanero-infused vodka — you can spot large jars of the house-made infusions behind the bar — and mary mix) garnished with a cherry tomato, lemon slice, and what just might be the best pickle in the universe.

The brunch menu touts a number of unique mimosas, classic morning mix.

Liquor gives a sour punch to the meal. The verdict? Not cheap but not expensive either, and half orders are available, putting many meals at around five bucks because, as my lovely if not like-minded brunchmate said, “Sometimes you just want a little food and a lot of boozee.”

The atmosphere is fun, the service is outstanding, and the food is of considerable quality. Get your lunch on before breakfast is too far gone, as doors close at 2:30 p.m. daily.

Snooze, 3940 Fifth Avenue. Posted Feb. 4 by Chad Deal

Fish Rolled Tacos at Los Panchos

I won’t claim that Los Panchos is the best taco shop in town, not by a long shot. The food there is hit or miss. But one thing is for certain: their fish taco plate is incredible. The restaurant displays a sign that says their food “Isn’t fast food, [they] just make it fast.” Fair enough, though with the drive-through service and the general appearance of the place, it’s hard to not think of Panchos as a fast food place.

But give them the benefit of the doubt, and stop by for a fish rolled-taco plate ($4.25). It’s a splendid dish. The preparation mirrors the conventional “five rolled tacos” special that’s commonplace, but the little differences put this plate into a class of its own.

Instead of guacamole, there’s an unusual and delicious tartar sauce smothering the tacos. Lettuce gets replaced with shredded cabbage, and there’s still plenty of cheese and salsa. The net effect is phenomenal and something I haven’t seen elsewhere. It has everything that’s to love about fish and chips, plus the edibility of taquitos. It is one of those rare dishes where everything comes together as a synthesis of flavor, texture, and novelty.

Los Panchos, 409 Washington Street. Posted Feb. 4 by Ian Pike
Lime-Flavored Joy at the End of the Road
This is the end of the road, end of Harbor Drive. Here in National City, it turns into Civic Center Drive. But it’s the start of my first true, real Mexican breakfast beer, along with a chorizo breakfast at one o’clock in the afternoon.

I love this place, a little dive just about under the 5 freeway: Club 13, 640 Civic Center Drive.

In here, guys from the shipyards and some of the fabulous car-tricking places that they have around the neighborhood. But right now it’s Norma who’s got the guys’ attention, with her bright, white, short-short skirt. She hands me the simple green plastic menu. It’s mainly tacos, tostadas, burritos, running from four to seven bucks. And she says that José the cook — and dueño (owner) — is happy to do breakfast, even though it’s late.

They have a choice of four. Chorizo and eggs, machaca and eggs, Spanish omelet, and huevos rancheros. Five bucks each. No question: Chorizo it is. I’ll get some for Carla — she turned me on to chorizo in the first place — and, dammit, for myself.

Plus, can’t resist a taco. Two dollars for the hard shell, $2.50 for the camarones. Now, question of drink. Coffee, normally...but this guy José comes and sits down with his buddy next to me and orders “Un vaso chelado con Dos Equs.” Norma grabs a glass out of the fridge, turns it upside down on a little plate with a pile of tajín — basically a seasoning with salt and hot peppers — so that it sticks to the rim of the glass. Then she cuts up two limes, squeezes them into the glass, adds ice, and then goes and gets a bottle of Dos Equs beer, pours some in, and hands it to José. He pays $3.50.

“Now, if you really want a hangover medicine,” says José, “ask for ‘mi chelado’ and get it with carrots, cucumber, shrimp, lime, and clams in the bottom, and then add your Dos Equs. Little bit hair of the dog, a lot of cruda — hangover cure.”

Well, I’m feeling fine right now. I go for the vaso chelado con Dos Equs. It all comes together nicely.

I recognize the cook/boss, José Magadan, from last time I came here, soon after the Filipina ladies who used to run it gave up the place. Norma’s fixing her makeup in the mirror, Pandora’s belting out “Con Tu Amor” on the jukebox, bunch of guys are playing unbelievably hot pool at the table, and the chorizo’s great.

And, hey, the beer with the big lime factor and the salty heat from the rim for breakfast is new! Norma says come back Thursday nights for the karaoke. “People have fun,” she says. “They sing their lungs out and sometimes dance.”

“I will if you’ll teach me the quebradita,” I say. That’s the Mexican break dance I long to learn so I can teach Carla.

Norma laughs. The three of us at the bar talk about how the shipyards are dropping workers by the week, and the Super Bowl. By now life seems pretty good, here under the freeway, at the end of the road.

Posted Feb. 3 by Ed Bedford
New Find on Fifth: Cremalose at Cremalose
Open! I’ve been waiting for this.

Last time I was here, early January, they were frantically trying to turn a hardware store into a proper Italian-style café. We’re talking about Cremalose (840 Fifth Avenue, between E and F). It’s an Italian gelateria-bar-pizzeria-restaurant-café.

Meaning not just an eatery, but if you listen to their promises, a hang-out, where you can eat a gelato or a panini or just slurp a coffee. Not like in some of the Little Italy joints, where they kick you out (in the nicest way) if you’re not a serious eater and just want a cup of joe.

Tonight, I’m tramping down the shadowy boulevard of dreams. And here’s Cremalose, open, shining all gold and red, looking like a brand-new store. Of course it’s almost as old as downtown itself, this frontage.

A hundred years ago this was Woolworth’s. The curved windows date back to around 1912. Still here! So is the tin ceiling paneling.

About nine at night, it looks so cool. Peeps are taking martini on the terrazza outside, and inside the cabinets shine with rainbow colors of gelati and cremalose (which are like gelati filled with the fruit they’re named after).

Actually, the gelati thing isn’t big on my list of must-eats. I like ‘em fine, but it’s all the savory stuff further back that has my nose a-twitchin’. I see the wood-fired pizza oven is cranked up, for starters, and there’re lists of Italian dishes on the wall, from $7 paninis to more serious dishes.

Trouble is, I ain’t prepared. Financially, that is. Not a lot of jingle to jangle. “Any ideas?” I ask Zenon, the chef at the panini section of the long counter. We happen to be standing by a pan of what look like schiacciate, stuffed with meats, cheeses, and veggies.

“These are reasonable. They’re called ‘schiacciante,’ he says. I like the look of the one nearest to me, with all sorts of colorful stuff inside.

“That’s the vegetarian one,” says Zenon. “It’s got grilled, sautèed eggplant, zucchini, bell peppers, onions, tomatoes inside.”

“I see, but how much?”

“That one, $4.50.”

Man. Sounds too good to be true.

“And it comes with a mixed green salad,” Zenon says.

“Still $4.50?”

“Still $4.50.”

He even toasts it, so it’s hot throughout. It comes on a big plate with real flatware. I take it over to the black marble bar where Jennifer’s standing in front of a blue-lit backboard loaded with exotic bottles of liquor. I order the cheapest drink, a Bud Light ($4), and eat my, uh, schiacciante there.

I swear, it is maxxo delicioso. And the focaccia is crisp but fall-apart tender. Beautiful combo.

The salad’s huge, but it’s the taste of the eggplant and the great yellow sautéed bell peppers and zucchini inside that bread that make this a killer combo. I don’t know what else they have food-wise, but I’m coming back to try more of that new word I just learned, schiacciante (‘ski-a-chart-ay’).

Of course, I have to taste a cremalose. I sample a zillion flavors and end up paying $4
for a mix of strawberry and coconut in a cone. Sixty percent actual fruit, they say. And with the coconut, especially, you’re actually chewing the stuff. I finish it off at the bar.

The Gaslamp has its cool-anytime cafe at last. What I’m looking forward to most is coming by at ten in the morning, grabbing a coffee ($2.75), and setting up shop outside on the sidewalk patio for a session of people-watching and taking care of business with my laptop. They promise: you can sit here for hours and just nurse that cuppa joe.

**Girard** a few weeks ago.

Avenue in North Park. I spoke of vegan restaurants on University Casa de Luz Soft Opening at 7841 Mission Gorge Road, CA 92120

**Casa de Luz** is open for regular business as of today. Healthy eating! Casa de Luz, 2920 University Avenue.

Post Febr. 2

by Elizabeth Salaam

**Prolletariat Sushi in Hillcrest**

I’ve been going to Kiki Sushi for years. I believe that narrow dining patio in Hillcrest was the first place I ate sushi in San Diego.

On nights when I want to be alone, I sometimes go to Kiki with a book. When the little one (who’s obsessed with teriyaki chicken and steamed rice) and I are looking for something outside of our everyday routine but still familiar and comfortable, we go to Kiki. And when my mom comes to town, we often make a trip to Kiki.

After all this time, it was only yesterday that I realized the sushi’s not that great. It’s good, yes. Decent but hardly swoon-inducing. But I don’t believe every meal has to be orgasmic. Sometimes you just want to feed yourself and get on with it.

Kiki is a few steps above that but not many. Let’s call it prolletariat sushi. It’s the dependable working class style of sushi joints. I can count on it, and it gets the job done. And I can get full without spending too much.

Post Febr. 2

by Mary Beth Abate

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**Soft Opening at Casa de Luz**

Last night we attended the soft opening at Casa de Luz, a new vegan restaurant on University Avenue in North Park. I spoke to owner Wayo Longoria III and executive chef Denise Girard a few weeks ago.

Since it was only their second dinner service, I won’t evaluate the service or staff, as everyone is still getting used to being open for business. I’ll make a return trip in a few months to see how it’s going. For now, I’ll just tell you about the food.

There are plenty of vegetarian and vegan restaurants in San Diego, but this nonprofit is a bit different, from the plant-based, 100% organic, vegan, alkalizing, nutrient-rich meals to the large community tables.

Casa de Luz serves breakfast, lunch, and dinner, and the menu changes daily. There’s no ordering. The chefs cook a set meal, which includes (at dinner) soup, salad, and an entree plate of different components. The daily menu is posted on their website.

Last night’s menu had two soups, rutabaga and cauliflower mushroom, and a mixed salad with walnut dressing. The entree plate was sweet potato gratin, black beans, brown rice risotto, braised fennel, and sautéed bok choi.

The rutabaga soup had baked rutabaga, carrots, and onion pureed with herbs and almond milk. It was rich and filling — you would have sworn there was a bit of cream in it. The risotto was chock-full of cauliflower and cremini mushrooms in a soothing miso broth. Very satisfying.

The salad had a mix of green and red cabbage and romaine and a healthy shot of cilantro leaves, tossed in a mild, creamy walnut dressing.

The entree plate was generous, with a big square of sweet potato gratin as the main event. This was nothing like the cloying side dishes of marshmallow-topped horror that comes with Thanksgiving dinner — the potatoes did all the talking. It was reminiscent of good scalloped potatoes but made with coconut milk instead of dairy.

The beans were tender but not mushy, well seasoned with oregano. Brown rice risotto was also enriched with coconut milk, nutty and firm, with just the right amount of “tooth.”

The two vegetables were delicious, crisp-tender and bright, cooked with a bit of mirin and sesame seed. The simple preparation let the clean flavors shine.

For dessert, we had the sampler plate ($8). It comes with four choices from the bakery case. We chose a kaboche-squash muffin, sesame cookie, coconut-date macaroon, and a cacao-almond-pecan truffle (our lovely server comped us a cacao-almond-pecan truffle). All were very good, with the truffle being a standout: deep, chocolatey, rich, and smooth. The moist, chewy macaron was a close second.

If all of this sounds too crunchy-granola for you, I urge you to put your reservations aside and give it a try. I’m a confirmed carnivore, but I found the meal satisfying and filling. I brought home enough leftovers for another meal and didn’t miss the meat at all.

Be sure to check out the cooking school upstairs. Casa de Luz is open for regular business as of today. Healthy eating! Casa de Luz, 2920 University Avenue.

Post Febr. 2

by Mary Beth Abate

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**Getting Cheeky at Table 926**

Table 926 in Pacific Beach is a pretty, romantic place. The soothing colors, dark sea-foam green against warm honey-colored wood, exposed brick, mood lighting, and soft soundtrack are relaxing and inviting.

Owner and executive chef Matt Richman, a San Diego native, has had previous stints at Pacifica Del Mar, My Place Bistro in La Jolla, and Illume in Little Italy before opening Table 926 in December 2011. Chef Richman has wisely kept his menu small and focused, changing seasonally. The current edition features several roasted or braised comfort foods.

On Tuesdays, all wines by the glass are half-price. John and I both ordered a glass of Fogmore Creek pinot noir ($6 on special). Great way to begin the evening. We started off with the appetizer special, potato and Spanish-chorizo croquettes ($7). They were beautifully golden brown, with a tangy mustardy aioli. The potatoes did all the talking.

Chef Richman has wisely kept his menu small and focused, changing seasonally. The current edition features several roasted or braised comfort foods.

For dessert, we shared a persimmon tartine ($8). Plum pieces of persimmon were atop a crisp, buttery puff-pastry crust, with a scoop of mascarpone gelato and a drizzle of caramel. The persimmons still had a nice firmness, spicy and not too sweet. The gelato was luscious, ultra smooth and decadent. The perfect ending to a lovely meal.

**Table 926, 926 Turquoise Street.

Post Febr. 2

by Mary Beth Abate

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**Calendarto Restaurant**

February 16, 2012

By Mary Beth Abate
No More Rude Radio.

“It was pretty scanty,” says Ras Charles about the turnout at last year’s Tribute to the Reggae Legends show at the Sports Arena. “You could have played football in there.”

Charles had a vendors’ booth for 15 years at the festival, which was previously known as the Bob Marley Day Festival. He says he will not be back this year to sell Jamaican crafts, T-shirts, and posters. “Every year I see the quality of artists dropping and the size of the crowd keeps going down. They keep bringing back the same artists, like Don Carlos and Barrington Levy. They need to bring in foundation [first-generation Jamaican reggae] artists, like Burning Spear, the Melodians, and Sammy Dread.”

This year’s Legends show has been scaled back. Promoter Makeda Dread said that during peak years (2006–2009) the event brought sold-out crowds of 12,000 to the Sports Arena.

In 2006 following legal demands from the Bob Marley estate. The local show had many of the same artists featured at a two-day sister event held on the preceding Saturday and Sunday at the Long Beach Arena. The Long Beach series was canceled after a 22-year run when backer/copromoter Moss Jacobs pulled out. Jacobs had also backed Dread’s San Diego show for 16 years. Jacobs’s exit meant Dread could only continue the Legends show locally if she got her own sponsors and became financially responsible for the event.

Because the Long Beach festival is gone, Dread is confident many L.A./Orange County reggae fans will come south for the only Reggae of Legends show left standing. Yet, she knows there is risk. “Right now, all of music is in Trouble, but reggae especially,” says Dread. Other longstanding annual reggae festivals, including Reggae Rising (Humboldt) and Ragga Muffins (L.A.), have also been hit.

“Some reggae artists are big in Europe and Africa, but they just aren’t coming to America as much,” says Dread. Then, there are the challenges unique to reggae promoters.

“People are begging for Eek-A-Mouse, but we can’t get him in the country. Buju Banton is in jail for drugs, and there is always concern over Beanie Man and Capleton because of homophobic lyrics. In the old days, Jamaican artists didn’t need work permits to come play here. Now you have to get immigration and work permits.”

There are also horror stories about reggae agents. “I know a promoter in Colombia who paid $10,000 for a 50 percent deposit to get Sizzla. It turned out that agent didn’t really represent Sizzla. You might have someone out there saying he’s taking deposits for Bunny Wailer. Then Bunny could turn around and say, ‘He doesn’t represent me.’”

Regarding Ras Charles’s charges that the Legends show should have more roots artists: “Burning Spear is in retirement. I don’t know if Sammy Dread can get in the country. To be in this business you have to know what’s going on. I know all the artists on this bill will show up.”

Dread says she is proud that she can now pick her own sponsors. “We went local and it’s good beer. Stone is local and it’s good beer. We had to drop “Bob Marley” in the name because of homophobic lyrics. Bonner’s Soap and Stone is local and it’s good beer.”

Dread now has a reggae radio station called “Res Radio” (KOPA 91.3 FM). “I don’t have to deal with racism and disrespect and no more rude radio. When 91X had a ‘Resurrection Weekend’ a few months ago they invited all the DJs from back in the day. I was there for 25 years. I was the only black woman on the radio locally. But they didn’t invite me back.”

Two Votes for Ron Paul! Traveling daredevils the Squiddly Brothers are currently touring Europe before making their way to the Shakedown on Midway to court death with their entourage of rock-and-roll sideshow freaks.

In anticipation of the preternatural pageant, Matterz the Impenetrable Music Man and Jelly Boy the Clown spoke with the Reader about Ron Paul, pickles, and Jelly Boy’s scrotum’s Dutch TV debut. “We have toured through San Diego before. “We have family in San Diego. However, this will be our first time performing there.”

(continued on page 80)
Any anecdotes from the current European tour?

“Jelly Boy’s ball sack was broadcast live on national TV in Amsterdam from our performance at the Amsterdam Tattoo Museum. This only happens if we collect 100 euros/dollars, so it was a special occasion! We also appeared on national television in Croatia and were the first sideshow ever to perform in Serbia!”

Would you rather have for the next president Mitt Romney or this dill pickle that’s been sitting out in the sun for a week?

“If Barack Obama is the dill pickle you speak of, I would say Obama over Romney. But it doesn’t matter who the president is because obviously they aren’t really in charge. We don’t like to talk about politics, that’s boring. But, if we really had a choice, we would vote for Ron Paul.”

Have any of your stunts gone awry during shows?

“A few years back, Jelly Boy stuck a running power-drill up his nose and his long hair got caught in the drill. This ripped the bit out of the drill, and Jelly squirted blood all over the place. But we continued with the show, burying Mattrix in broken glass, and Betty stuffed some cotton in Jelly’s nose. There are pictures out there, somewhere…”

What do you have in store for your San Diego?

“Acts include sword-swallowing with a flame thrower sword, playing a trombone while walking up a ladder of machetes, live brain surgery performed by a man with no arms, and the human volcano Betty Bloomer with her amazing fire manipulation. Our shows are unforgettable!”

The Squidlings appear March 1 at the Shakedown.

— Chad Deal

Cancer survivor Laura Roppé lived to write, record, and perform about it.

Austria, and Greece. “At least I have insurance this time,” says Kane. “Hopefully, it will cover all the treatments after my $800 deductible.”

Roppé’s new book about her own successful recovery, Rockin’ the Pink: Finding Myself on the Other Side of Cancer, debuts March 8 at the House of Blues. “We’ll have signed copies of the book, and the band will play a set in the Delta Room,” says the Encinitas mother of two. Roppé’s costume-and-dance-filled video for her survival anthem “I’m Still Here” has surpassed a million YouTube views, and her same-named full-length CD also deals with chemotherapy and cancer. Also recovered from a recent medical ordeal is Heretic bandleader Darryn Kelly, who says his vocal polyp surgery last year forced him to “overcome incredible setbacks” to perform with the band (for the first time since early 2011) on Friday, February 24, at Brick by Brick. I asked him via email to elaborate, mentioning, “In a world full of people losing limbs and dying of cancer, vocal polyps by themselves don’t sound very incredible…”

“Yes, people die of cancer, lose limbs, and all sorts of other nasty things. But when you’ve based your entire life to achieving something that requires you being able to sing and suddenly there’s a possibility that you’ll never be able to do that again, I think it’s fairly serious.”

— Jay Allen Sanford

Read these and other daily breaking music stories at SDReader.com/jam-session

Gardens and Villa NEW MEXICO

Squidlings offer brain surgery — by a man with no arms.

CRAIG FINN (THE HOLD STEADY)

CRAIG FINN (THE HOLD STEADY)

Spit Waiting For The Next president Mitt Romney or this dill pickle that’s been sitting out in the sun for a week?

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“Jelly Boy’s ball sack was broadcast live on national TV in Amsterdam from our performance at the Amsterdam Tattoo Museum. This only happens if we collect 100 euros/dollars, so it was a special occasion! We also appeared on national television in Croatia and were the first sideshow ever to perform in Serbia!”

Would you rather have for the next president Mitt Romney or this dill pickle that’s been sitting out in the sun for a week?

“If Barack Obama is the dill pickle you speak of, I would say Obama over Romney. But it doesn’t matter who the president is because obviously they aren’t really in charge. We don’t like to talk about politics, that’s boring. But, if we really had a choice, we would vote for Ron Paul.”

Have any of your stunts gone awry during shows?

“A few years back, Jelly Boy stuck a running power-drill up his nose and his long hair got caught in the drill. This ripped the bit out of the drill, and Jelly squirted blood all over the place. But we continued with the show, burying Mattrix in broken glass, and Betty stuffed some cotton in Jelly’s nose. There are pictures out there, somewhere…”

What do you have in store for your San Diego?

“Acts include sword-swallowing with a flame thrower sword, playing a trombone while walking up a ladder of machetes, live brain surgery performed by a man with no arms, and the human volcano Betty Bloomer with her amazing fire manipulation. Our shows are unforgettable!”

The Squidlings appear March 1 at the Shakedown.

— Chad Deal

Cancer survivor Laura Roppé lived to write, record, and perform about it.

Austria, and Greece. “At least I have insurance this time,” says Kane. “Hopefully, it will cover all the treatments after my $800 deductible.”

Roppé’s new book about her own successful recovery, Rockin’ the Pink: Finding Myself on the Other Side of Cancer, debuts March 8 at the House of Blues. “We’ll have signed copies of the book, and the band will play a set in the Delta Room,” says the Encinitas mother of two. Roppé’s costume-and-dance-filled video for her survival anthem “I’m Still Here” has surpassed a million YouTube views, and her same-named full-length CD also deals with chemotherapy and cancer. Also recovered from a recent medical ordeal is Heretic bandleader Darryn Kelly, who says his vocal polyp surgery last year forced him to “overcome incredible setbacks” to perform with the band (for the first time since early 2011) on Friday, February 24, at Brick by Brick. I asked him via email to elaborate, mentioning, “In a world full of people losing limbs and dying of cancer, vocal polyps by themselves don’t sound very incredible…”

“Yes, people die of cancer, lose limbs, and all sorts of other nasty things. But when you’ve based your entire life to achieving something that requires you being able to sing and suddenly there’s a possibility that you’ll never be able to do that again, I think it’s fairly serious.”

— Jay Allen Sanford

Read these and other daily breaking music stories at SDReader.com/jam-session

Gardens and Villa NEW MEXICO

Squidlings offer brain surgery — by a man with no arms.

CRAIG FINN (THE HOLD STEADY)

CRAIG FINN (THE HOLD STEADY)
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LAST COMIC STANDING WINNER:
FELIPE ESPARZA
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February 18 at 8pm • Pavilion • Tickets start at $25

Tickets available at the Gift Shoppe or Ticketmaster.com. For hotel packages and group rates, call 1-800-HARRAHS.
Thursday 16
She’s the uncommon denominator of roots-rocking punk bands X, Knitters, Original Sinners, and Auntie Christ, the vinyl-voiced punk poetess queen Exene will take down the Shakedown with fellow L.A. alum, Blaster Phil Alvin. Exene Cervenka’s latest Bloodshot batch, The Excitement of Maybe, is a feisty-folk keeper that looks at love from 12 (very listenable) angles, prompting the L.A. Times to call it “catchy and immensely singable. The endless-vocal refrains aren’t going to leave your brain.” With yodelbilly Canada band Petunia and the Vipers (Petunia’s a dude, btw — “Imagine David Lynch and Nick Cave had a hillbilly baby — a little baby that yodeled”), this’d be the gig to see Thursday night. Going to a busy night at the club, so check in with Lamey regarding the Shakedown Shuttle and leave your car at home. theshad...down.com... If you miss the door on Midway, Soda Bar sets up Brooklyn folk-pop four-piece the Babies, which features Kevin Morby (Woodwards) and Cassie Ramone (Vivian Girls). They’re touring in support of last year’s s/t Shimmer debut, a lo-fi folk-pop affair that suffered some inconsistency. Good thing fans of the folk-pop affair that suffered some inconsistency. Good thing fans of the folk-pop affair that suffered some inconsistency. Good thing fans of the folk-pop affair that suffered some inconsistency. Good thing fans of the folk-pop affair that suffered some inconsistency. Good thing fans of the folk-pop affair that suffered some inconsist...
Upcoming Shows:

3/26 The Ultimate Stones, A Tribute to the Rolling Stones with Classic Cream featuring Kelf Baker
3/26 A Tribute to the Music of Gram Parsons feat. Jack Tampolin
3/26 The Silent Comedy, Dead Feather Moon, The Howls
3/26 The Green - Polynesian Underground press
3/27 Who’s Bad (Michael Jackson Trip)
3/27/02 Life Event
3/27 Drive By Trucker
3/27 Jungle Di’s feat Wildkats

Tickets & Info

BellyUp.com • 858-481-8140

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“A Horse with No Name” comes to the Belly Up
Sun, Feb 26th

with The Riders

“Just Announced”

The Polyphonic Spree
New Fumes
April 7th | On Sale Friday! | 21+

James
April 8th | On Sale Friday! | 21+

Led Zeppelin
Tribute to Led Zeppelin
July 20th | On Sale Friday! | 21+

The Expendables
Winter Blackout 2012
Pour Habit / Mthds / Micah Brown / Zen Robbi DJ Unite and DJ Peril of Tribe of Kings
February 17th | All Ages

G. Love & Special Sauce
Scott H Biram
February 8th | 21+

Ariana Grande
February 20th | All Ages | Matinee Show!

Iced Earth and Symphony X
Warbringer
February 22nd | All Ages

Hot Chelle Rae
2012 Beautiful Freaks Tour
Electric Touch / Cady Groves
February 23rd | All Ages

Sell Out!

2/22: Mark Christopher Lawrence Presents: A Night Of Comedy (5th Ave Stage)
2/24: EventHive Presents: Dillon Francis
2/24: Arnold Survival Gear & Freestyle Session Present: The Big Out (5th Ave Stage)
2/25: Breakouth Entertainment Presents:
2/29: The Ramones
3/2: EventHive & Disco Divines Presents: Plasmagica
3/3: 91X Presents Alkaline Trio
3/6: Transparent Productions and House of Blues Presents Souper
3/11: Soundie
3/16: Black Milk Presented By ArtistaTributions.com (5th Ave Stage)
3/17: Fan Halen
3/20: Ani DiFranco
3/21: EventHive Presents Hustlerz Ambition Tour Ft. Young Rezz

5:00 PM

2/24 & 3/2 Atomic Groove

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Keith Milgaten co-founded Vision of a Dying World with his brother Jackson while the two were growing up in Las Vegas. After the duo moved to San Diego in 2006 and hooked up with local players, they began writing theatrical, ambitious songs, mixing elaborate harmonies with prog-rock guitar, jazz-inspired sax work, and the occasional ukulele solo, earning a nod from Filter magazine as Uncovered Band of the Month in December 2007.

When Jackson shifted focus to Cuckoo Chaos, Keith (who DJs as Keith Sweaty) turned up the heat as Jamuel Saxon, a solo electronic project while the two were growing up in Las Vegas. His brother Jackson was co-produced by Jimmy LaValle (the Album Leaf, Tristeza) at a cabin in Boulder Creek, California, and released on local Single Screen Records. At the August 2011 San Diego Music Awards, Jamuel Saxon took home the trophy for Best Electronic.

Keith Milgaten spins as DJ Keith Sweaty before the RAC (Remix Artist Collective) show at the Loft on February 18.

WHAT'S IN YOUR CAR CD PLAYER?
1. Miles Davis, Kind of Blue. “Supposedly, it’s the best jazz album of all time. My father bought me a copy for Christmas, and I’ve been marinating on it ever since.”
2. Air, Pocket Symphony. “With a perfect blend of ambience and rhythm, these Frenchies never cease to tingle my nerves down to the molecular level.”
3. The Strokes, Room on Fire. “This represents a period of my life in which I was first experiencing many things: first love, first mushroom trip, first trip to the South, and my first and only drunken makeout session with this Norwegian foreign exchange student.”
5. Kenna, Make Sure They See My Face. “Kenna was a huge influence in my first days of programing beats and writing electronic music. He teamed up with the Neptunes for this record, and it’s got some really funky tracks on it that would make just about anyone shake dat booty.”

MOST EMBARRASSING SONG ON YOUR MUSIC PLAYER?
“Who Let the Dogs Out (Club Mix).”

FAVORITE CONCERT?
“Animal Charm at CineVegas 2003 was audio and visual tomfoolery at its best.”

SOMETHING YOU NEVER RUN OUT OF?
“Vitamin C.”

WHAT REMAINS ON YOUR BUCKET LIST?
“Watch every episode of Burn Notice.”

SONG THAT BEST DESCRIBES YOUR LIFE?
“The Power of Love” by Huey Lewis and the News.

ANYONE EVER SAY YOU LOOK LIKE SOMEONE ELSE?
“Macaulay Culkin.”

WORST INJURY?
“I drunkenly fell off a 20-foot beach cliff onto sharp rocks in Mexico. My feet were shredded, my body was scraped and cut up real good, and I had a concussion. Anthony Levas [Little Deadman] saved my life by getting me out of there.”

BEST AND WORST THING ABOUT LIVING IN SOUTH PARK?
“Plenty of parking but far from the freeways.”

WHERE DO YOU TAKE OUT-OF-TOWN GUESTS?
“City Deli in Hillcrest.”

BRUSH WITH FAME?
“I once ran into Kevin Nealon in the cereal aisle of a Malibu Ralphs.”

BIGGEST REGRET?
“Going to South by Southwest with Black Mamba in 2010. Aimee [Sanchez] and I were not getting along at all by that point, and I basically had a breakdown by the end of it. I also blew most of my Album Leaf remix dough from Sub Pop Records on that trip, with nothing to show for it other than a week-long hangover and a sore throat from the yelling bouts.”

Find more musician interviews online at SDReader.com/interviews

The Dog's Out
“I was first experiencing many things: first love, first mushroom trip, first trip to the South…”

The Blue Guitar
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Camaka, Kala, Islander, Kanilea more!
Spanish Concert Classicals and Flamenco
Huss & Dalton, Taylor, Tom Anderson, Santa Cruz
Cole Clark and McPherson Guitars
Legends by Yuris Zeltins, Drew Gallahar, John Seal & William Dominick
Lessons with Robin Henkel, Steve Nichols, Zack Coffman
Amplifiers from Victoria, Orange, ZT Amps, David, Fishman, Roland & more

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Richard Terfy is a Canadian hip-hop artist who has performed under half a dozen names over the past 20 years, but he’s best known as Buck 65. His earlier work was the kind of thing the term “alternative hip-hop” was invented to describe: bare-bones rhythms embellished with Terfy’s turntable scratching, samples of TV dialogue, and other, less identifiable sounds, all topped with his gruff voice rapping about nonstandard hip-hop subjects such as Humphrey Bogart and Bette Davis. In recent years, Buck 65 has been exploring a new, underexplored area: the intersection between hip-hop and country. It’s a richer vein of inspiration than you might think. Sometimes Terfy sounds as if he’s just putting a drum loop on a ’70s-style trucking song (think C.W. McCall’s “Convoy”). But he takes the idea wherever it leads him. In “Paper Airplane,” he alternates between his pissed-off vocals and the gorgeous voice of guest Jenn Grant singing a country-folk melody, resulting in what sounds like a clumsy mash-up. But when this stuff really works, it sounds like nothing else. Take “Centaur” in which Terfy speaks from the point of view of a guy who walks around without a shirt on and is “built like a horse from the waist down” but gets offended when people are only interested in him as a sex object. It may seem at first that Terfy is just engaging in some braggadocio and metaphor, but keep listening. No, he’s really talking about a centaur. The music itself is a mix of country guitar, hip-hop beats, and a harmonium-like drone. It’s probably just the kind of music a centaur would like.

Kristoff Krame and the Illuminatas also perform.

**BUCK 65: The Casbah, Tuesday, February 21, 8:30 p.m.** 619-232-4355. **$15 advance; $17 day of show.**

**Downtown Cafe:** 182 E. Main St., El Cajon, 619-440-5687. **Friday, 6 p.m.** — The Silvermine Band. **Sunday, 3 p.m.** — Thursday Blues Jam.

**El Dorado Cocktail Lounge:** 1030 Broadway, East Village, 619-237-0550. **Tuesday, 9 p.m.** — Euphoria Brass Band. **Wednesday, New Orleans brass/func. Free.**

**Eleven:** 3519 El Cajon Blvd., City Heights, 619-450-4292. **Friday, 6:30 p.m.** — International Pop Overthrow Festival. Eugene Edwards Band, Phil Vandermost & Telesound, Plane Without a Pilot, King Washington, Yoya, The New Kinetics, Dave Rave. **$10.**

**Saturday, noon** — International Pop Overthrow Festival Day 2. Veronica May, Sue Hedges, The Bigellas, The Secret Seven, Math & Science Pretend Band (Trio), Suite 100, Subsurfer, The Shambles, The Chryl Blueysters, Canonoreers, Trenchtown, City of Blue, Lexington Field. **88.**


**Epicentre:** 8450 Mira Mesa Blvd., Mira Mesa, 858-271-4000. **Friday, 6:30 p.m.** — The Take Off Movement. **$7-10.**

**Saturday, 6:30 p.m.** — Breakdown. **$7-10.**

**Gallagher’s Pub & Grill:** 5046 Newport Ave., Ocean Beach, 619-222-5300. **Friday, 9 p.m.** — Euphoria Brass Band. **Free.**

**Saturday, 9 p.m.** — Todo Mundo. **Free.**

**The Griffin:** 1310 Morena Blvd., Linda Vista. **Friday, 9-30 p.m.** — Shocks of Mighty, Oceanside Soundsystem, Otty Mercer. **$5.**

**Saturday, 9 p.m.** — Total Distortion, Hey! Ho! Lets Go!, Wickeds Garden. Rock tribute. **Free.**

**Sunday, 7 p.m.** — Gayle Skadmore, Kevin Martin, Bushwalla. **$8.**

**House of Blues:** 1055 Fifth Ave., Downtown, 619-299-2583. **Thursday** — The Fray. Pop rock.
Pala Casino:
Molly Malone’s:
The Loft:
Lestat’s Coffee House:
& Grille:
Lacey J’s Roadhouse Saloon
The Kava Lounge:
Wednesday
Alternative/roots/hip-hop.
7pm — G. Love & Israel
Sunday
Friday
8pm — Ramshackle.
Santee, 619-448-8550.
Saturday
Guilt, the Howls, Low Volts.
Friday, 8:30pm — The Heavy
UCSD, 858-534-8497.
Saturday
Downtown.
Lexington Field. $10.
Friday, 7:30pm — Oco-Taco and the Ditches. $5.
Park, 619-255-5147.
Thursday
Ave., Hillcrest, 619-299-7372.
Beside Myself, Cardboard Lamb,
and the Ditches. $5.
Friday
Park, 619-255-5147.
Saturday
Downtown.
Shakedown Bar:
9pm — Bone Yard. Hard rock/metal covers. $5.
Shakedown Bar: 3048 Midway Dr., Midway District, 619-487-0373.
Thursday, 9pm — Exene Cervenka, Phil Alvin, Petunia & the Vipers.
Friday, 10pm — Devil’s Brigade, Dimerunner, the Strikers.
Saturday, 10pm — The Atom Age and Dead on the Wire.
Soda Bar: 3615 El Cajon Bl., City Heights, 619-255-7224.
Thursday, 8:30pm — The Babies and the Ditches. $5.
Friday, 8:30pm — River City. $5.
Saturday, 8:30pm — Cold Cave. $12.
Friday, 6:30pm — Killing the Last Time. $12.
Saturday, 6:30pm — Dance Gavin Dance. $14.
The Stage Rock Bar & Grill: 762 Fifth Ave., Downtown, 619-696-9436.
Thursday, 9pm — Desdemona. $10.
Friday, 10:30pm — The Disco Pimp.
Saturday, 10pm — DJ Miss Dust. Free.
Sunset Temple Theater: 3911 Kansas St., North Park.
Saturday, 8pm — Berkley Hart and Eve Sels. Americana. $20.
Tim Can Ale House: 1863 Fifth Ave., Bankers Hill, 619-955-8252.
EVERYONE’S A CRITIC

**Tomorrow’s World Erasure**
By Andrew Hamlin
Key concept for 21st-century Vince (Clarke) & Andy (Bell): convergence. That’s right, everything’s getting closer together, in the mix, in the lyrics, and not so as to stumble and fall, but so as to stand shoulder-to-shoulder. I’d be more suspicious of this all-togetherness (shepherded by producer Frankmusik, born the same year, 1985, that Vince & Andy set up shop), except that, one, in today’s climate of us-vs.-themness, “It will fill us with fire.... We will fly into heaven” forms a not-out-of-line anodyne; and, two, Vince topped off the sound with some of his old analog synths pulled out, perhaps, for that Yaz reunion.

Frankmusically, you can’t tell where old tech ends and new tech begins — again, convergence — and even the audible Autotune or its equivalent integrates into this approach, melding one of Andy’s sweet soul tones as much as possible into the next and simultaneously infusing otherworldliness. Think rave music with repetition dialed down a few hairs, all-oneness weighted down deftly with soul music’s classic concerns. The lyrics wonder why you aren’t closer (except for the cracked actress in “Whole Lotta Love,” Zeppelin’s “wanna” swapped out for an arch we-don’t-want’cha); everything else sets out that same otherness.

Come to me, lover, sit down by the fire — cybernetic though it may be — and, hell, melt with me. “Then I go twisting,” and in twisting, two sets of arms manifesting the turning, the rotary engine, and finally that helix in which resides life, lies the transcendence. The mighty divine sigh.

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**Wilco a Wonder at Copley**
By Brett Uddenberg
The opulent, gold-tinted walls of Copley Symphony Hall let each note fight for space with Jeff Tweedy’s soothing howl as Wilco played a flawless, riveting two-hour set.

Touring in support of *The Whole Love*, the Chicago six-piece wowed the sold-out crowd with its catalogue-spanning repertoire. A wealth of sad-bastard tunes was tempered by the bright, kinetic energy of songs such as “Dawned on Me” and “I Might.” Though Wilco’s lineup has seen several changes, the current incarnation is a well-oiled machine with a snowballing fanbase. Lead guitarist Nels Cline displayed manic virtuosity and remarkable restraint through his solos and backing riffs. The band’s range was stretched dramatically by the sharp, metallic core of “Art of Almost,” rising abruptly from a bubbly, futuristic intro and making for one of their most intriguing experimental numbers.

An eerie fog hung over the venue throughout the show, resembling something between a gas leak and thin layer of pot smoke. Lights pierced the haze to artfully coincide with the imagery of Tweedy’s lyrics and beautifully caromed off of ghost-like appendages hanging from the stage. The night climaxd with a loose rendition of “Jesus, Etc.,” which put the audience collectively in kumbaya mode.

**Concert:** Wilco
**Venue:** Copley Symphony Hall
**Date:** January 22
**Seat:** Main floor, row M, seat 12

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**UPCOMING SHOWS**

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<th>Venue</th>
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<td>710 Beach Club</td>
<td>7pm - Close</td>
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<td></td>
<td>710 Garnet Ave., Pacific Beach</td>
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<td>The Whos, April 22</td>
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<td>February 25</td>
<td>98 Bottles</td>
<td>7:45pm</td>
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<td>2400 Kettner Bl.</td>
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<td>1450 El Prado Ave.</td>
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<td>March 3</td>
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<td>March 15</td>
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**Music Reviews from Our Readers**

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Join the Jam!

Music writers looking to hone their chops or spread the word on the San Diego scene, the Reader’s Jam Session blog is world wide, baby!

Plug in @ sandiegoreader.com/jam-session/
July 28 — Brad Paisley.
August 9 — Toby Keith.

Dizzy’s: Second Avenue & J St., Downtown, 858-270-7467.
February 23 — Gilbert Castellanos & the Hammond B-3 Trio.

Downtown Cafe: 182 E. Main St., El Cajon, 619-440-5687.
February 24 — The Good Mojo Band.
February 26 — Thursday Blues Jam.

Eleven: 3519 El Cajon BL, City Heights, 619-450-4292.
February 24 — Hard Fall Hearts.
February 25 — D.P.I.

February 25 — Bone Yard.

Flying Elephant: 850 Tamarack Ave., Carlsbad, 760-434-2660.
February 24 — The Essentials.
February 25 — Muscles of October.

Gallagher’s Pub & Grill: 5946 Newport Ave., Ocean Beach, 619-222-5300.
February 24 — Danny & the Tramps.

The Griffins: 3130 Morena BL, Linda Vista.
February 24 — Small City Calling, SXO, Split Seeds, Elephant Project.
February 25 — 1957, Bandits, Lyon Crowns.

February 23 — Hot Chella Rae.
February 25 — Mat Kearney.
March 3 — The Kooks.
March 5 — Alkaline Trio.
March 6 — Flogging Molly.
March 9 — Lagwagon.
March 10 — Gungor.
March 11 — SOJA.
March 17 — Van Halen.
March 20 — Ani DiFranco.
March 21 — Young Jeezy.
March 23 — The Ting Tings.
March 24 — The Mother Hips.
March 27 — Tyga.
April 3 — GWAR.
April 4 — Hunter Hayes.
April 6 — Tiger Army.
April 10 — Squeeze and Steve Poltz.
April 11 — Katchafire.
April 13 — SIRTRKT.
April 15 — Tech Nine.

Humphreys Backstage Music Club: 2241 Shelter Island Dr., Shelter Island, 619-224-3577.
February 24 — Viva Santana.
February 25 — The Farmers.

Humphreys by the Bay: 2241 Shelter Island Dr., Shelter Island, 619-224-3577.
April 16 — Elvis Costello & the Imposters.
April 17 — Madness.

Lacey J’s Roadhouse Saloon & Grille: 8861 Magnolia Ave., Rancho San Diego, 619-448-8530.
February 24 — Lightning Train.
February 25 — Joey & the Sting Rays.
February 26 — The Down-Beat Big Band.

Molly Malone’s: 1270 Main St., Ramona, 760-789-9050.
February 24 — Stone the Giant.
February 25 — Motlee.

February 24, 25 — Roger Hodgson.
March 9 — Peter Frampton.


Ramona Mainstage Nightclub: 626 Main St., Ramona, 760-789-7008.
February 24 — Drama Club.
March 2 — Sophie B. Hawkins.
March 10 — Jack Russell’s Great White.

Ruby Room: 1271 University Ave., Hillcrest, 619-299-7372.
February 24 — Ziggy Shedleudus.

Shakedown Bar: 3048 Midway Dr., Midway District, 619-487-0373.
February 24 — The Aggrolites and Chango’s Psychotic Garage.
February 25 — Darsombra and Riververb.

Soda Bar: 3615 El Cajon BL, City Heights, 619-255-7224.
February 23 — King Britt.
February 24 — Chains of Love.
February 25 — The Grimes and Born Gold.

February 24 — Jeremiah Johnson.
February 25 — Steal the Scenery.
March 3 — Oh, Guardian.
March 7 — Everyday Avenue.
March 8 — Chelsea Grin.
March 10 — Asking Alexandria.

March 21 — We Came As Romans.

Sound Wave: 3105 Ocean Front Walk, Mission Beach, 858-320-2100.
February 24 — Tomorrows Bad Seeds and Pacific Dub.

February 25, 26 — Air Supply.
March 3, 4 — Lorrie Morgan and Pam Tillis.
March 10 — Puddle of Mudd.

Tiki-Two: 4746 El Cajon BL, Kensington, 619-516-4746.
February 23 — The Beautiful View and the New Kinetics.

The Tower Bar: 4757 University Ave., City Heights, 619-284-0158.
February 24 — Terry Maltz.

Valley View Casino Center: 3500 Sports Arena BL, Midway District, 619-224-4171.
February 29 — Red Hot Chilli Peppers.
March 24 — Romeo Santos.
April 10 — Kelly Clarkson.
April 28 — So Cal Reggae Festival 2012.
May 13 — Roger Waters.

Viejas Arena: 5500 Canyon Crest Dr., Santee, 619-994-9047.
April 15 — Rise Against, A Day to Remember, Title Fight.
June 14 — Van Halen and Kool & the Gang.

Winston’s: 1921 Bacon St., Ocean Beach, 619-222-6822.
February 24 — GrooveSession and Smokey Hoof.
February 25 — Dazed and Confused.

Soul singer Goapele appears at Anthology on Friday, February 17.
San Diego Brewing Company: Monday-Friday, 4-6pm: $3 select house & domestic beers, house wine, well drinks. 1/2-off appetizers.

ALPINE
Alpine Inn: Monday-Friday, 3-7pm: $2.50 drafts, $3.75 wells, house wine, $4.75 calls.

Donato’s Italian Restaurant: Monday-Saturday, 4-7pm: $2.50 domestics, $3.50 imports & house wine, $6 Long Island, $3 wells.

BALBOA PARK
The Prado: Tuesday-Friday, 4-6pm, 8-10pm: $3.50 wells, pints, house wine, house margaritas. Lounge only.

BANKERS HILL
Avenue 5: Tuesday-Saturday, 5-8pm: $2 off wines by the glass; $3 drafts, wells, $2 off bar food.

Azuki Sushi Lounge: Daily, 5-7pm: $5 large sake, $5 large Sapporo. $4 sushi rolls, discounted specialty rolls and appetizers.

Wet Stone Wine Bar and Cafe: Daily, 5-7pm: $5 big glass of select wine. $2 small bites.

BAY PARK
The High Dive: Monday-Thursday, 5pm-7pm: $2.50 margaritas, $2.50 domestic drafts, $3.50 imports.

Casa Machado: Monday-Friday, 3-6pm, 4-7pm: $2.50 margaritas, $2.50 domestic drafts, $3.50 imports.

Casa Fresca and Sons: Daily, 3-7pm: $1.50 domestic beer.

BAYSHORE
Besta-Wan Pizza House: Daily, 11am-6pm: $1 off pint, glass of house wine, $1 off pitcher.

Chart House: Monday-Friday, 4-30pm-7pm: $3 domestic drafts, $4 premium drafts, wells, glass of wine, $5 cocktails, $6 martinis.

BONITA
Sapphire 18+ Lounge & Hookah: Tuesday-Saturday, all night: Cheap drinks. Cheap eats. 1/2-off hookahs Tuesday-Thursday 7-11pm.

CARDIFF
Besta-Wan Pizza House: Daily, 4pm-7pm: $3.50 domestic drafts, $4 premium drafts, wells, glass of wine, $5 signature cocktails, $6 martinis.

CARLSBAD
The Alley: Daily, 11am-7pm: $2.75 wells, domestics.

Board & Brew: Daily, 4pm-close: All beers two-for-one. $1 tacos.

La Costa Grill: Daily, 4-7pm, 9-11pm: $4 wells, house wines, $1 off calls & premiums. Appetizers reduced.

Greek Village: Monday-Thursday, Sunday, 4-7:30pm: 1/2-off beer, wine by the glass, wells.

Mr. Peabody’s: Monday-Friday, 10am-6pm: $2.50 domestic beef, wine, spouse shots, wells + juice. $3.50 margaritas. Free taco bar 3pm to 6pm with drink purchase.

CRAIG’S
Oggi’s Pizza & Brewing Co.: Tuesday-Friday, 3-7pm, 9-11pm: $1 beer, mixed drinks. 1/2-off appetizers.

CARL’S LITTLE PIZZA
Tio Leo’s: Monday-Thursday, 3-7pm: $3 domestic & Mexican pints, $4 house margaritas & well drinks.

Twenty/20 Grill & Wine Bar: Daily, 4-7pm: $2 off any drink. $2 off appetizers.

CHULA VISTA
Achiote Restaurant: Daily, 4-7pm: Two-for-one drinks.

Black Angus: Monday-Friday, 4-7pm: 1/2-off wells, drafts, appetizers.

Blue Haven: Daily, 2pm-close: $2 domestic beer bottles & wells.

El Dorado Seafood & Grill: Monday-Friday, 4-7pm: $2 beer, margaritas. $1.50 tacos.

Roberto de Phillipps: Daily, 2-6pm: $2.75 domestic beer, house wine, $3 premium beer, $3.75 wells.

Veni Vidi Vici: Monday-Friday, 5-7pm: $1 off all drinks.

CHULA VISTA
Black Cat Bar: Monday-Friday, 5-7pm: $3.50 import drafts, $2 PBR cans, $5 martinis.

The Tower Bar: Monday-Friday, 4-7pm: $3 wells and import drafts.

CLAIREMONT
Boomerangs Gourmet Burger Joint: Daily, 4-7pm: Discounted beer. $3.50 house wine.

Cucina Italiana: Wednesday, 1/2-off select wine bottles.

Fat Tony’s Pizza: Tuesday, 5pm-close: $2 off all pitchers. 1/2-off wings. Thursday, 5pm-close: $2 pints.

Joe’s Pizzaria: Thursday, 6-9pm: $2 any tap or bottled beer, glass of wine.

COLLEGE AREA
Casa Machado: Monday-Friday, 3-6pm, 4-7pm: $2.50 margaritas, $2.50 domestic drafts, $3.50 imports.

Cucina Fresca and Sons: Daily, 3-7pm: $1.50 domestic beer.

Effin’s Pub & Grill: Daily, all day: $2 Bud bottles. Noon-7pm: $1 off wells & drafts, 1/2-off appetizers.

Marie Callender’s: Monday-Friday, 5-7pm, 4-7:30pm: $1.95 domestic beer, $2.50 well, $3.50 house margaritas. 1/2-price appetizers (in bar only).

Pal Joey’s: Daily, all day: $3 personal pizzas.

We at the Reader love our readers. This is our way of giving back, with cheap drinks, cheap tickets, and an amazing experience at one of San Diego’s premiere music venues.

CORONADO
Bistro d’Asia: Monday-Friday, 5-7pm: $3 domestic beer, $3.75 draft beer, $4.50 house wine. $1 off hand rolls.

Candelas on the Bay: Daily, 4-6pm: 1/2-off drinks & bar menu.

Costa Azul: Monday-Friday, 11am-3pm & 4-7pm: $3 imported bottled beers, wells, house wine, sangria. $3.75 drafts. $6 margaritas, mojitos. $2.95 tacos, $3.50 shrimp, $5.95 nachos.

Danny’s Palm Bar: Monday-Friday, 3-6pm: $3 domestic drafts, $4 wells.

Grumpy Dan’s Grill: Monday-Friday, 3-6pm: $2 domestic drafts. $3 domestic bottles, wells, house wine.

Yummy Sushi: Monday-Friday, 3-6pm: $3 pints, $4 large hot sake. 20-50% off appetizers.

DEL MAR
Cafe Secret: Tuesday-Thursday, 4-7pm: 1/2-off large pitcher of sangria. Buy one cerviche, second one 1/2 price.

Crepes and Corks Restaurant and Wine Bar: Tuesday-Saturday, 3-6pm: $2 off select wines by the glass, $1 off drinks. 15% off appetizers.

DOWNTOWN
Altitude Sky Lounge: Monday-Friday, 5-7pm: $4 domestic drafts. $5 premium wells. 1/2-off artisan flat bread.

Analogue: Tuesday-Saturday, 4-7pm: 1/2-off all drinks and 1/2 burgers. Sunday, all day: 1/2-off all drinks and 1/2 burgers.

Anthony’s Fish Grotto: Monday-Friday, 3-7pm: $1 off drinks, appetizers (only in the lounge).

Axi Ristorante: Daily, 3-6pm: 1/2-price cocktails & appetizers.

Candelas: Monday-Friday, Sunday, 5-7pm: All drinks 1/2-price. Saturday, 5-7pm: All drinks 1/2-price.

The Fleetwood: Monday-Friday, 5-6pm: $4 calls.

Funky Garcia’s Mexican Restaurant: Daily, 3-7pm: 1/2-off all drinks, $1.50 carne asada and pollo asado tacos.

Gaslamp Tavern: Monday-Friday, 3-7pm: 3$ drafts, house wine, wells.

La Gran Tapa: Tuesday-Saturday, 5-7pm: $2 drafts, $3 cask wine, sangria, $4 wells.

The Hopping Pig: Monday-Saturday, 4-8pm: $4 draft craft beer, $3.50 well & wine.

House of Blues: Daily, 4-7pm: $2 domestic drafts, $3 wines, $3 wells, $4 martinis. Killer happy hour menu.

Karl Strauss Brewing Company: Monday-Friday, 4-6:30pm: $3.50 beer.

Knotty Barrel: Monday-Friday, 3-6pm: Two for one all beers, $4 wells & house wine. 1/2-off all appetizers.

Patrick’s II: Daily, 10am-9pm: $2.50 bottle beer, $3 Bud Light pints, $4 calls, margaritas, bloody marys.

Rock Bottom Brewery: Daily, 4-7pm: 10pm-close: $1 off handcrafted beer ($4.25 for 20 oz. glass); $1 off premium wells, $2 off wine by the glass.

The Stage Rock Bar & Grill: Daily, 5-8pm: 1/2-off all beers, wine, wells.

Sushi Deli: Monday-Thursday, all day: $9.99 Bud Light. 5-6:30pm: 1/2-off all beer. Friday-Sunday, all day: $9.99 Bud Light.

T.G.I. Friday’s: Monday-Saturday, 3-7pm, 10pm-close: $3 large domestics & bottled beers, $4 well/wine, $5 Ultimate Long Islands and Ultimate Margaritas. 1/2-off appetizers.

Tabule: Monday-Friday, 5-6pm: 1/2-off all drinks and appetizers. Saturday-Sunday, 5-6pm: 1/2-off all drinks and appetizers.

Taste & Thirst on Fourth: Monday-Saturday, 3-8pm: 1/2-off all drinks and appetizers.

Tivoli Bar & Grill: Daily, 4-7pm: $1 off pitchers. $5 off liquor.

Urban Bar & Grill: Tuesday-Saturday, 4-7pm, 9pm-close: $3 drafts, $4 wells, $5 signature cocktails, $5 house wine. 1/2-off appetizers.
Brigantine:

**EASTLAKE**
Monday-Friday
Basic Urban Kitchen and Bar: Tuesday-Friday
4-7pm: Draft, $4 house champagne, $4.75 house Chardonnay. 7pm: $1 off draft beer, $4.75 house sake, select appetizers, sushi rolls.

Bullpen Pub & Grill: Thursday, 10pm-2am: $1 off draft beer, $3 off pitchers, $2 off wine.

Cap’n Kenos: Monday-Friday, 6pm- midnight: $2.50 drafts, well.

D Street Bar and Grill: Monday, 4-7pm: $3 well.

Savory: Tuesday, Daily, 30% off food & beverages in the bar & lounge area.

Union Kitchen & Tap: Tuesday-Friday, 5-30pm: Two-for-one all wine by the glass.

**ESCONDIDO**
Brigantine: Tuesday-Saturday, 3-30pm: $1 off draft beer, $4.75 house margarita, $5 red wine, $7 Krista vodka cosmo, $7.50 margarita.

El Galeon: Monday-Friday, 3-6pm: Two-for-one draft beer, margaritas.

Holiday Wine Cellar: Monday, 5-30pm: $2 for five wine tastings.

Tango Restaurant & Lounge: Daily, 4-7pm: $1 off all drinks, 1/2 off bar menu.

Vinz Wine Bar & Tasting Room: Daily, 5-7pm: $6 wine, tapas, $4.50 wells, $3 doggie bowls.

**FALLBROOK**
Aqua Terra: Monday-Friday, 4-6:30pm: $3 domestic, $9 pitcher; $4 imported, $12 pitcher, 1/2-off sushi rolls (no sushi on Monday).

**GOLDEN HILL**
Turf Supper Club: Friday-Sunday, noon-2am: $1 off beer/wine/spirit; $5 lunch: 1/2- lb. burger, chicken sandwich, or two Louisiana hot links & chips.

**GRANTVILLE**
Camel’s Breath Inn: Monday, Thursday, 10:30-6pm: $2.75 domestic bottles, $3 wells.

JT’s Clubhouse Pub & Grill: Monday-Friday, 11am-7pm: $3 domestic pints. 11am-4pm: $25 wings. Tuesday, 11am-7pm: $3 domestic pints. 11am-4pm: $1 tacos. Wednesday, 11am-7pm: $3 domestic pints. 11am-close: $1 sliders. Thursday, Friday, Saturday, 11am-7pm: 3 domestic pints, 12.25-1/2 lb. burger with fries. Saturday, 11am-7pm: 3 domestic pints. 4-7pm: 1/2-off all food. Sunday, 11am-7pm: $3 domestic pints.

**HARBOR ISLAND**
The Boathouse: Daily, 2:30pm-7pm: $11.99 margaritas, $3 Corvo margaritas, $3 Karl Strauss, $4 mojitos.

Tom Ham’s Lighthouse: Monday-Friday, 4-6pm: $3 house wine, domestic/import.

**HILLCREST**
The Alibi: Daily, all day: $3 dipper, 1/2-off sliders.

Baja Betty’s: Monday-Friday, 2-6pm: $3 bottled beer, salsa margarita, wells, house wine, select appetizers.

Bangkok Thai Bistro: Daily, 4-7pm: 1/2-off wine, beer, appetizers.

CJ’s Club: Daily, 5-7pm, 9pm midnight: All wells $2.75.

The Caliph: Daily, noon-7pm: 4 wells, 3 domestic bottles.

Name: Daily, 5-7:30pm: 1/2-off saké, beer, house wine. 1/2-off sushi rolls, appetizers.

**KEARNY MESA**
Bud’s Louisiana Café: Wednesday-Thursday, 3-9pm: 1/2-price beer and wine by the glass.

Churasan: Monday, Tuesday, Sunday, 12noon-2am: $4 hot dog, garlic fries, small beer. Tuesday-Friday, 5-8pm: $4 large Japanese beers.

Khán’s Cave Grill & Tavern: Monday-Friday, 4-8pm: 1/2-off draft, glass of wine. Saturday, 3pm-close: 1/2-off bottles of wine.

Pampas Argentine Grill: Tuesday-Saturday, 4-7pm: 3 wells, $3.50 drafts, $4 wine specials. Discounted empanadas and appetizers.

Rayo Grill: Daily, 4:30pm-7pm: 4 drafts, wines, $3 domestic bottles.

Tajima Sushi & Japanese Tapas: Monday-Friday, 5:30pm-7:30pm: 1/2-off house sake/drafts.

**KENSINGTON**
Kensington Cafe: Daily, 3-7pm: $3 all beers, $4.50 all glasses of wine, all tapas under $5.25.

The Kensington Club: Daily, 4pm-7pm: 2/3-off drafts, domestic bottles.

Kensington Vines: Monday-Friday, 6pm-9pm: 1/2-off domestic bottles, 1/2-off all domestic beers.

**LA JOLLA**
Alfonso’s of La Jolla: Monday-Friday, 4-7pm: 3/4 drinks, bar appetizers.

Barfly La Jolla: Monday-Friday, 4-7pm: 4/5 pints, wells, house wines. 4 appetizers (avocado rolls, fish tacos, sliders).

Bull and Bear Bar and Grill: Monday-Friday, 3-7pm: 82 Bud/Bud Light, $3.50 wells, Bull & Bear wine.

Extreme Pizza: Daily, 3-6pm: $3 premium beer.

Jose’s La Jolla: Monday-Friday, 5-7pm: 3/4 drafts, $4 margaritas. 2 off appetizers.

Karl Strauss Brewing Company: Monday-Friday, 4-6:30pm: $3.50 beer.

La Jolla Brew House: Tuesday-Thursday, 3-7pm: $7 off craft beer, $3 wells and house wines. $3 off appetizers. Friday-Saturday, 10pm-close: 2 off craft beer, $3 wells and house wines.

**IMPERIAL BEACH**
Club Bananas at Lydia’s Café: Daily, open, 10pm: $3 wells & domestics.

**KEARNY MESA**
Bud’s Louisiana Café: Wednesday-Thursday, 3-9pm: 1/2-price beer and wine by the glass.

Churasan: Monday, Tuesday, Sunday, 12noon-2am: $4 hot dog, garlic fries, small beer. Tuesday-Friday, 5-8pm: $4 large Japanese beers.

Khán’s Cave Grill & Tavern: Monday-Friday, 4-8pm: 1/2-off draft, glass of wine. Saturday, 3pm-close: 1/2-off bottles of wine.

Pampas Argentine Grill: Tuesday-Saturday, 4-7pm: 3 wells, $3.50 drafts, $4 wine specials. Discounted empanadas and appetizers.

Rayo Grill: Daily, 4:30pm-7pm: 4 drafts, wines, $3 domestic bottles.

Tajima Sushi & Japanese Tapas: Monday-Friday, 5:30pm-7:30pm: 1/2-off house sake/drafts.

Kensington Cafe: Daily, 3-7pm: $3 all beers, $4.50 all glasses of wine, all tapas under $5.25.

The Kensington Club: Daily, 4pm-7pm: 2/3-off drafts, domestic bottles.

Kensington Vines: Monday-Friday, 6pm-9pm: 1/2-off domestic bottles, 1/2-off all domestic beers.

**LA JOLLA**
Alfonso’s of La Jolla: Monday-Friday, 4-7pm: 3/4 drinks, bar appetizers.

Barfly La Jolla: Monday-Friday, 4-7pm: 4/5 pints, wells, house wines. 4 appetizers (avocado rolls, fish tacos, sliders).

Bull and Bear Bar and Grill: Monday-Friday, 3-7pm: 82 Bud/Bud Light, $3.50 wells, Bull & Bear wine.

Extreme Pizza: Daily, 3-6pm: $3 premium beer.

Jose’s La Jolla: Monday-Friday, 5-7pm: 3/4 drafts, $4 margaritas. 2 off appetizers.

Karl Strauss Brewing Company: Monday-Friday, 4-6:30pm: $3.50 beer.

La Jolla Brew House: Tuesday-Thursday, 3-7pm: $7 off craft beer, $3 wells and house wines. $3 off appetizers. Friday-Saturday, 10pm-close: 2 off craft beer, $3 wells and house wines.
LA MESA

Lupi Italian Restaurant: Tuesday-Sunday, 5-7pm: $3-$5 martinis, beer, wine. Free doggie treats.

The Melting Pot: Daily, 5-7pm: 1/2-off cheese fondue, salads, chocolate fondue.

Roppongi: Daily, 3-6pm: 1/2-off Asian tapas & sushi rolls.

La Sala: Monday-Friday, Sunday, 4-7pm: $3 bottled beer, $4 drafts, $5 house wine. $7 specialty cocktails.

The Shack Bar & Grill: Daily, 3-7pm: $1 off wells, domestic taps.

The Shores Restaurant: Monday-Friday, 4-6pm: 5 for $5 Happy Hour menu: 5 appetizers & 5 drinks for $5 each.

Su Casa: Monday-Friday, 5-7pm: 1/2-off wells and appetizers (excludes seafood & guacamole).

Tapenade: Daily, 3-30-9:15pm: Wine by the glass, $6, premium wine by the glass $2 off, bar tapas menu.

LA MESA

Anthony’s Fish Grotto: Monday-Friday, 3-6pm: $1 off drafts, house wine, margaritas, appetizers.

Casa de Pico: Monday-Friday, 3-7pm: Free appetizer with purchase of bar drink. $3.50 margarita.

Centifonti’s Restaurant: Daily, 3-7pm: $3 drafts, wells, $5 off beer boots, $1 off appetizers.

Parkway Bar: Daily, 4-7pm: $3 domestic drafts and bottles, $4 mixed drinks, wine specials.

Pet’s Place: Daily, 10am-6pm: $2.50 wells, calls, wine, domestic drafts and bottles.

Riviera Supper Club & Tastings Room: Daily, 4-7pm: $1 off drinks and cocktails.

San Pasqual Winery Tasting Room and Gallery: Monday-Friday, 4-6pm: $1 off wine by the glass.

LAKESIDE

Coo Coo Club: Monday-Friday, 6:30pm: $2.75 wells, domestic bottles, drafts.

LEMON GROVE

Dirk’s Niteclub: Monday-Saturday, 4-7pm: $3.50 off all drinks $4.50 or less. Sunday, 6am-2pm: $1 off bloody marys.

LEUCADIA

Bar Leucadian: Daily, 4-7pm: $2.75 wells, $2.50 beer of the month, shot special.

The Calypso Cafe: Daily, 3-7pm: $4 wells, sangria, margaritas. $4 house wine. $3.50 beer.

LINCOLN PARK

L & L Hawaiian BBQ at Market Creek Plaza: Monday-Friday, 4-6pm: $2 domestic drafts. $1 off appetizers. Sunday, all day: $1 drafts, $1 tacos & wings.

LA MESA

Ancestry’s Fish Grotto: Monday-Friday, 3-6pm: $1 off drafts, house wine, margaritas, appetizers.

Casa de Pico: Monday-Friday, 3-7pm: Free appetizer with purchase of bar drink. $3.50 margarita.

Centifonti’s Restaurant: Daily, 3-7pm: $3 drafts, wells, $5 off beer boots, $1 off appetizers.

Parkway Bar: Daily, 4-7pm: $3 domestic drafts and bottles, $4 mixed drinks, wine specials.

Pet’s Place: Daily, 10am-6pm: $2.50 wells, calls, wine, domestic drafts and bottles.

Riviera Supper Club & Tastings Room: Daily, 4-7pm: $1 off drinks and cocktails.

Puerto la Boca: Daily, 4:30-7:30pm: $3 house wine, $3.50 drafts, wells, $6 house martinis. 30% off appetizers.

MIDWAY DISTRICT

Brazil by the Bay Restaurant and Sports Bar: Monday-Friday, 4-7pm: $2.50 drafts, $8 pitchers, $2.50 French fries, $4.50 chicken wings.

Brick Alley Bar & Grill: Daily, 3-7pm: $1 off pints, $2 off tall beers.

Desi’s Bar and Grill: Monday-Friday, 2-7pm: $3 wells, domestic beers. 11pm-midnight: $3 drafts.

Wine Steals: Wednesday, 5:30-7pm: $3 wine tasting. Saturday, 4-6:30pm: $10 wine tasting.

MIRA MESA

A Taste of Boston: Daily, 3-7pm: $2.25 Bud draft, $2.75 bottled beer (except Guinness), $3 drafts, $3.75 all wine. Discounted appetizers.

Bamboo Hut: Daily, 3-6pm: Buy large beer, get small house sake free. $2.75 small beer, $3.25 house wine.

MISSION BEACH

Guava Beach Bar & Grill: Monday-Friday, 4-7pm: Two-for-one cocktails, beer, shots.

Pet’s Place: Daily, 10am-6pm: $2.50 wells, calls, wine, domestic drafts and bottles.

Riviera Supper Club & Tastings Room: Daily, 4-7pm: $1 off drinks and cocktails.

San Pasqual Winery Tasting Room and Gallery: Monday-Friday, 4-6pm: $1 off wine by the glass.
Dreams don’t care about time or space. They freely remix the known and unimaginable. In Culture Clash’s American Night: The Ballad of Juan José, a kaleidoscopic dream guides the title character on an official tour of American history. Along the way, he discovers some of the “hidden history” the dominant culture has tucked away and bonds with unexpected allies.

In Sinaloa, Mexico, Juan José refuses a bribe from a drug cartel. He must leave his wife and young son and trek to the U.S. To bring his family north, he must become a citizen. So, he crams for the test: “What is the supreme law of the land?” “What are the two rights of everyone living in the United States?” On the eve of the exam, he drifts off into a “spirit dream.”

American Night is part irreverent slapstick, part nightmare, often both at once. Juan José goes back to 1848 and the Treaty of Guadalupe Hidalgo. Mexico ceded Upper California and New Mexico to the U.S. and, says one character, “made every Latino an illegal alien.”

Juan José meets 15-year-old Sacagawea, who aided Lewis and Clark, and goes to Manzanar, one of the Japanese internment camps in World War II. But the dream goofs things up: “Saca-chihuaua” wears braces and thick glasses, and he watches a jazzy radio broadcast at Manzanar.

Juan José discovers that his official history book is incomplete. He meets Viola Pettus, an African-American who courageously nursed all of Brewster County, Texas, during the 1918 flu pandemic — even the Ku Klux Klan. Juan José writes her into his book, literally.

If history were taught with Clash’s humor, it would become the most popular major on every campus. The title recalls Jim Morrison’s collected writings, The American Night. And, like them, it soars, spins, and sprockets with the logical illogic of a dream.

At the La Jolla Playhouse, the stage is bare. Then, Shawn Sagady’s projections take over. The rear wall becomes a mobile panorama of the Sonoran Desert and, later, a passing train full of Industrial Workers of the World — the Wobblies — singing songs of protest. Erase the videos, and the cinderblock and corrugated metal wall becomes the U.S./Mexico border. It underscores one of the play’s most pointed lines: “If America wants to build a wall to keep out the Mexicans — who do you think will build it?”

Performances, directed with split-second timing by Jo Bonney, match the fluidity of the dream.
The ensemble work is so precise, so wired, it’s easy to sympathize with the show’s understudy. Imagine: step in, sympathize with the show’s protagonist (already half-dead and committing suicide in slow motion). But the play’s final impression is a rare, genuinely disturbing feel. The title accurately predicts how you will leave the theater.

**THEATER LISTINGS**

Theater listings and commentary are by Jeff Smith. Information is accurate according to material given us, but it is always wise to phone the theater for any last-minute changes and to inquire about ticket availability. Many theaters offer discounts to students, senior citizens, and the military. Ask at the box office.

A woman and two men. One hotel room, fairly plush. Outside a war zone, the battle coming closer, but nothing like the one inside.

Ion Theatre, noted for risk-taking, warns potential audiences that Sarah Kane’s 90-minute dehumanization derby is not for the faint — maybe even the hard — of heart. The play is part of Ion’s “Off-the Radar” series and is just that.

Kane, who committed suicide in 1999, wrote the play when she was 23. You have to go back to the young Shakespeare’s Titus Andronicus for such a catalogue of depravity on stage. Almost a checklist, in fact: rape, language, nudity, two rapes, extremes of violence on and off-stage.

The slow first half recalls Sam Shepard’s Fool for Love, but infected with evil; the second half reaches a place I’ve never seen in a theater: a bomb-crater, blasted of humanity.

Ron Choularton does spot-on, riveting work as Ian. A chain-smoking, gin-gulping journalist (already half-dead and committing suicide in slow-motion), Ian’s paid to write about inhumane acts. Choularton’s jagged intensity never lets up. A camouflaged Steve Lone is effectively blunt and brutal as, Kane suggests, every-soldier. On opening night, Gemma Grey’s Cate beamed off and on. She reached some of the play’s emotional crudity, but her laugh was stagy, and her rigid, floopy epileptic fits never rang true.

Given Kane’s harrowing vision, the ending — “out of the mud grows the lotus” — felt gratuitous (also, some of the violence; Kane force-feeds effects). But the play’s final impression has a rare, genuinely disturbing feel. The title accurately predicts how you will leave the theater.
Pina
The first era of 3-D gave us flying lances and tomahawks, but the thrill (like the fad) faded. The process was revived creatively by Werner Herzog’s Cave of Forgotten Dreams and Martin Scorsese’s Hugo. A brisk step forward is Pina, from Wim Wenders.

While he doesn’t hustle the effect — nobody jetés into our laps — Wenders has made a dance movie, one of the most enjoyably kinetic ever filmed. He uses our familiarity with live dance, our sense of how bodies sculpt space as a performance necessity. His subject was profoundly aware of it: Filipina “Pina” Bausch, the German choreographer who died two days before Wenders started shooting (they had consulted in depth).

Taught by Kurt Jooss, Antony Tudor, and Paul Taylor, Bausch (1940–2009) shaped the Tanztheater Wuppertal Pina Bausch into a force. For years she worked with her key dancers, drawn from many countries, freeing them to tap not only sinew but memories and emotions. Even in ensemble sync they seem individuals, often amusing in their nervy intensity, like Brechtian clowns from a hyperactive circus. Some dancers speak on camera, but mainly they dance (so does Pina in a few clips), and their sweating, puffing realism make us realize the work inside the art.

What most struck me about the dances, seen in sizeable fragments (including the epic Rite of Spring, with its floor of soil), is how rich in muscular stress the dancers are, how un-ethereal. No Ariels or Tinkerbells! We always sense real bodies in true space, taking risks. When a woman collapses into a man’s arms, we fear she may crash through them. A dancer, whirling near a cliff edge, scares us. Although the great critic Arlene Croce called some Bausch trademarks “flashy schtick,” I was entirely engaged by the dancers put-
W. E.

I missed Madonnn's Fifth and Wisdom. So my full entry to her "vision" is, with all due respect to her half-time show at the recent Super Bowl, her second film as a director, W. E. A gilded wallow in sham-glaml nostalgial for the love affair between Britain's Edward VIII and Wallis Simpson, it defines "love" as "He gave up everything for her" (in 1937 Edward abdicated the throne to marry the newly divorced Simpson). To feel the great love of Madonnn, we must give up only our taste and intelligence.

The title W. E. stands, of course, for Wallis and Edward. She dreamily writes the initials in lipstick on a mirror. On that same level of inspiration is the intercut story of a modern, Wallis-fixated woman also named Wallis. As Wally 2, Abbie Cornish (so fine in Bright Star) seems reduced to imitating minor Hollywood royalty: Ali MacGraw.

An American, she is married to William (Richard Coyle), a New York doctor. He is a medical saint but drinks too much, denies her sex, and beats her. With perfect kitsch symmetry, that ordeal echoes the savage beating of Wallis Simpson by her first husband (no, not O.J.). The modern Wallis dreams of producing a child as the past Wallis never could (Edward, as the Duke of Windsor, became her pouting, aging child and is played by James D'Arcy as a simpering fool for love).

Andrea Riseborough does a credible job as the famous Wallis, somewhat prettied up, brassy, catty, chic, a snob by pure ambition (during a youthful year in China she learned Mandarin only for "Boy, bring me champagne"). Auteur Madonna prefers to believe that she really didn't want the scandal and marriage but could hardly reject Edward's epic sacrifice. Well, what's a go-go gown do? For decades, the Windsors were high-society bores in exile, their "great romance" sealed in a wax of vapid fame.

The script seems pulled from back issues of Vogue and Vanity Fair, gaping at power-black outfits, royal lawns, silver services, jewelry, and palatial hotels. There is a fly-by wink at the Windsor visit to Hitler and much more time for the prince's royal visit to Welsh miners who greet him like Jesus. In the lamest wow, modern W. gets an E. of her own, Evgeni, a "Russian intellectual turned security guard" for (you guessed it!) Sotheby's auction of the Windsor goodies. Poor Oscar Isaac, trying to be more than a boy-toy, is required to flash some butt when he sits down at the piano.

The best flush for this fluff turd is Noel Coward's comment on the 1963 epic of Egypto bling, Cleopatra: "A monument to vulgarity." W. E. makes The King's Speech seem more witty, nuanced, and humane than ever. They make a perfect contrast.

Safe House

Denzel Washington is still a dominator. With a smile or the chill charm of the line "I am your house guest," he owns the story, the movie, the audience. The trouble is, we are all still stuck with the movie Safe House.

The hero role goes to Ryan Reynolds, who is decent but lightweight. As Matt, he is bored running a CIA safe house in Cape Town, South Africa. Boredom ends with the unexpected arrival of Tobin Frost (Washington). Frost is a genius of ruthlessness, a fabled CIA agent gone rogue, now selling for millions a tiny cyber file that incriminates about half of the world's spy agencies. To hide it, he needles the thing into his leg (infection is never an issue).

Frost "rewrote the book on interrogation," but director Daniel Espinosa is not about to rewrite the book (or comic book) of standard action pictures. He shows some waterboarding, yet torture just blends into the amorphously morbid indictment of all secret government procedures. He works up some competitive bonding between Matt and Frost, but that gets pulverized by the zeal to feed viewers their adrenaline pellets every few minutes: chases, crashes, mailings, a woman trampled at a soccer stadium, a huge (fake) explosion. Villains are disposable, treachery is pervasive, and good actors (Vera Farmiga, Brendan Gleeson, Sam Shepard, Rubén Blades) are plot dots with familiar faces.

Both the story and the action sprees defy close examination. They are so juiced and looped and crazed for quick payoff that we can shut down our minds and become Pavlovian eyeballs. A nice, humane moment over a bottle of wine is soon shattered by gunfire. The Great Debaters wasn't bad, but it has been way too long since a first-rate Washington movie. The waste of a great talent fits this film's cynicism.

Reviewed in the movie capsules: Journey 2: The Mysterious Island, The Secret World of Arrietty, This Means War.

— David Elliott
Elite Squad: The Enemy Within delivers a smackdown to the American action-film hegemony.

The Artist — A comedy of unreserved movie love, shot in Hollywood by French director Michel Hazanavicius. Big silent star George (like a merger of Douglas Fairbanks, John Gilbert, and Warren William) falls when sound arrives. The casting of brash, funny, hugely likeable Jean Dujardin as George gives heart to the charm. Bérénice Bejo (the director’s partner) as Peppy, an emerging star of talkies, is iffier (female leading role, with male cast) than all those regular people who used to put him down. But the best part of the story is what comes in between those events: a growing friendship between three young guys who find they have something very special in common. The film gets both teenage joy and teenage misery. It’s a pity they decided to toss in the distracting gimmick of making the camera part of the story. Directed by Jean Dujardin. 2011. — D.E.

The Descendants — Alexander Payne’s film is on Hawaiian time and floats well below his Sideways. George Clooney is the rich Honolulu lawyer whose faithless wife has crashed into a coma. He is also trustee for a huge patch of Kauai that excites his greedy relatives and his wife’s lover. His trip with his daughters has some wry humor, leading to live-and-learn pathos. It’s like The Little Foxes adrift in a Hawaiian travelogue. Clooney tries hard, but his hair does best. Acting laurels go to subtle Shailene Woodley as the older daughter and Robert Forster as her grumpy gramps. With Judy Greer, Nick Krause, Josh Trank, with Michael B. Jordan, Michael Kelly, Alex Russell. 2012. — M.L.

The Secret World of Arrietty — John skateboarder — behind the lines is impudent but effective. This Chaplinesque nostalgia bubble has a tender, endearing fondness for its sources. 2011. — D.E.

Big Miracle — Aside from Drew Barrymore’s Greenpeace activist, there’s not an unselfish, trustworthy character to be found in this well-intentioned “save the whales” tale. It’s a kid pic, so the screenwriters wisely (unknowingly?) never allow personality and emotion to get in the way of the overriding message. A cast of familiar faces keeps it moving along, and director Ken Kwapis, cinematographer John Bailey, and the effects crew always provide something worth looking at. You and the family could do worse. 2012. — S.M.

Carnage — A crafty, good-looking Roman Polanski film of a facile but entertainingly bitchy play by Yasmina Reza. sort of Whos Afraid of Virginia Woolf? funnelling into Who’s Afraid of Neil Simon? Two married couples (Kate Winslet and Christoph Waltz, Jodie Foster and John C. Reilly) fame, spart, and rip apart their civilized facades in a classy Brooklyn apartment, proving that they are more childish than the teen offspring that caused them to get together. Nothing new here, but plenty of tasty ensemble acting — superbly paced, blocked, and nuanced. 2011. — D.E.

From the studio that brought you PONYO and SPIRITED AWAY

“TERRIFIC! WONDERFULLY TOLD AND BEAUTIFULLY DRAWN.” — Shawn Edwards, FOX-TV

“FANTASTIC!” “An adventure film for all ages.” — Jared Fink, COMINGSOON.NET

The Flowers of War

From the director of ‘Hero’ A ZHANG YIMOU FILM

STARTS FRIDAY, FEBRUARY 17

Based on the Award-Winning Novel ‘The Borrowers’

www.disney.com/Arrietty

STARTS FRIDAY, FEBRUARY 17

CHECK LOCAL LISTINGS FOR THEATRES AND SHOWTIMES

SORRY, NO PASSES

San Diego Reader (February 16, 2012)
**SOUTH BAY**

**CHULA VISTA**

AMC Palm Promenade
770 Devery Road (888-262-4386)

**CHRONICLE**

Fri. 10:20, 12:00, 4:40, 6:20, 8:35, 10:15

**Contraband**

Sat. 2:05, 4:05, 6:10, 8:15, 10:20

**Ghost Rider 3D: Spirit of Vengeance**

PG-13 Fri. 10:30, 1:30, 4:30, 6:45, 8:15, 10:15

**Ghost Rider: Spirit of Vengeance**

PG-13 Fri. 11:30, 3:20, 5:30, 7:10, 10:10

**The Grey**

Fri. 10:00, 3:45, 5:50, 10:50, 10:55

**Hillcrest**

Landmark

8:10, 10:45 Sat.-Sun. (12:10, 2:35) 4:50, 7:15, 9:50, 10:25

**Journey 2: The Mysterious Island 3D**

PG Fri. 11:20, 3:20, 5:20, 7:20, 12:10, 2:20, 4:20, 6:20, 8:25

**Kings of Summer**

Fri. 10:30, 1:30, 4:30, 6:45, 9:05, 10:15

**This Means War**

Fri. 10:50, 12:00, 2:20, 4:30, 6:40, 8:50

**The Woman in Black**

Fri. 10:10, 12:20, 2:30, 4:40, 6:50, 9:00

**Ultrastar**

7:45, 10:30

**SANTEE**

Santee Drive In
10990 Woodside Avenue (619-448-7477)

Call theater for program information.

**SOUTHERN CALIFORNIA**

**EASTLAKE**

AMC Otay Ranch
Eastlake (at Olympics) (888-262-4386)

**Big Miracle**

PG Fri. Sat. Sun. 2:30p.m., Chronicle (PG-13) Fri. Sun. 11:00, 1:20, 3:40, 5:55, 8:10, 10:25

**Ghost Rider 3D: Spirit of Vengeance**

PG-13 Fri. Sun. 5:20, 8:20, 10:35, 10:35

**Ghost Rider: Spirit of Vengeance**

PG-13 Fri. Sun. 10:30, 12:30, 2:40, 4:40, 6:50, 8:50, 10:45

**Underworld: Awakening**

PG-13 Fri. Sat. Sun. 10:00, 12:30, 2:40, 4:40, 6:50, 8:50, 10:45

**The Woman in Black**

PG (13) Fri. 10:50, 12:00, 3:00, 5:00, 8:00, 10:15

**This Means War**

Wed. Thu. Fri. 1:00, 3:00, 5:00, 8:00, 10:15

**Regal Rancho Del Rey**

1025 Torres del Rey (off E H Street) (858-216-4707)

Call theater for program information.

**UltraStar Chula Vista**

Broadway between H and I (858-238-4214)

**Barbie in a Mermaid Tale**

2 (PG) Fri. Sat. Sun. 10:30 AM, One for the Money (PG-13) Fri & Sat 5:45, 8:15, 10:45, Sun. 5:45, 8:15, 10:45

**Ghost Rider 3D: Spirit of Vengeance**

PG-13 Fri. Sat. Sun. 10:30 AM, 12:30, 2:30, 4:30, 6:30, 8:30, 10:30

**House**

Star Wars: Episode I - The Phantom Menace
PG-13 Fri. 10:40, 12:40, 2:40, 4:40, 6:40, 8:40

**Journey 2: The Mysterious Island 3D**

PG Fri. 10:00, 12:00, 2:00, 4:00, 6:00, 8:00

**The Flowers of War**

PG Fri. 10:30, 12:30, 2:30, 4:30, 6:30, 8:30

**The Secret World of Arrietty (Kari-gurashi no Arietti)**

G Fri. 11:40, 2:40, 5:40, 8:40, 11:40

**The Secret World of Arrietty**

PG Fri. 11:40, 2:40, 5:40, 8:40, 11:40

**This Means War**

Fri. 10:15, 12:15, 2:15, 4:15, 6:15

**The Grey**

Fri. Sun. (12:40, 3:00) 6:45, 9:45

**Hugo 3D**

PG Fri. (5:20) 8:20, Sat. (5:20) 8:20, Journey 2: The Mysterious Island
PG Fri. Sun. (12:45, 2:50)

**Journey 2: The Mysterious Island**

PG Fri. Sun. (12:45, 2:50)

**The Secret World of Arrietty**

PG Fri. Sun. (12:45, 2:50)

**Ghost Rider: Spirit of Vengeance**

PG-13 Fri. Sun. 10:00, 12:00, 2:00, 4:00, 6:00, 8:00, 10:00

**The Woman in Black**

PG Fri. Sun. 5:00, 7:00, 9:00, 11:00

**This Means War**

Fri. Sun. 2:05, 4:05, 6:10, 8:15, 10:20

**Journey 2: The Mysterious Island**

PG Fri. Sun. (12:45, 2:50)

**The Woman in Black**

PG Fri. Sun. (12:45, 2:50)

**Ghost Rider: Spirit of Vengeance**

PG-13 Fri. Sun. (12:45, 2:50)

**This Means War**

Fri. Sun. 2:05, 4:05, 6:10, 8:15, 10:20

**Journey 2: The Mysterious Island**

PG Fri. Sun. (12:45, 2:50)

**The Woman in Black**

PG Fri. Sun. (12:45, 2:50)

**This Means War**

Fri. Sun. 2:05, 4:05, 6:10, 8:15, 10:20

**Journey 2: The Mysterious Island**

PG Fri. Sun. (12:45, 2:50)
Elite Squad: The Enemy Within — A good soldier used to leading his team of superheroes against the forces of evil. His worst enemy gets kicked upstairs. Suddenly, a man used to following orders and accomplishing his mission must wrestle with why the orders are being given and who benefits from them. A satisfying, sometimes thrilling mix of narration, humor, conspiracy, thriller, family drama, and police action. Wagner Moura is mesmerizing as Lt. Colonel Nascimento, a man capable of displaying both brutality and tenderness without ever seeming false. 2012. — M.L. ★★★ (GASLAMP 15)

Extremely Loud & Incredibly Close — Extremely ambitious and incredibly pretentious. Also false. A braving, nippy New York boy (Thomas Horn) feels guilty about not answering (in the form of photos) a letter his father (Tom Hanks) on 9/11/01. He walks around New York and looks for clues, only to be led by fate to where he died. In The Seventh Seal. Stephen Daldry directed, loading the kid with so much symbolic weight that he is like a toy carrying the World Trade Center. Though well shot, it makes seriousness seem a labored game for children. With Sandra Bullock, Zoe Bell, Emily Watson, Tom Wisdom, Josh Gad, David Denman, Jeffrey Wright — all working below their ability (Hanks, ditto). 2012. — D.E. ★★★ ★☆ (GASLAMP 15; MISSION VALLEY 20)

The Flowers of War — Let you have any doubt about why they call it the Rape of Nanking, here is the story of one American man’s attempt to save a group of Chinese schoolgirls from rape at the hands of Japanese invaders in the late ‘30s. Subtle, it isn’t, but then, war isn’t subtle. Christian Bale stars as a reluctant hero (and plays hero better than he plays reluctant). Ni Ni stars as the leader of a group of prostitutes hiding in the church basement, and the whole florid thing would make a great opera. 2012. — M.L. ★★ (HILLCREST; FROM 2/17)

Ghost Rider: Spirit of Vengeance — Two directors, three writers, eleven producers, and twenty stunt specialists were required to get Johnny Blaze back into vengeful action for the mayhem-hapy sequel. Nicolas Cage is backed by Clárn Hinds, Idris Elba, Christopher Lambert. (CARMEL MOUNTAIN 14; ESCONDIDO 16; FASHION VALLEY 18; GASLAMP 15; GROSVENOR CENTER 10; LA JOLLA 12; MIRA MESA 18; MISSION VALLEY 20; MISSION HILL CENTER 7; OCEANVIEW 12; OCEANVIEW MISSION MARKETPLACE 13; OTAY RANCH 12; PALM PROMENADE 24; PARKWAY PLAZA 18; PLAZA BONITA 14; POWAY 10; RANCHO SAN DIEGO 15; RIVER VILLAGE 6; SAN MARCOS 18; TEMECULA TOWER 10; TOWN SQUARE 14; VISTA; ENCINITAS)

The Grey — Increasingly bushy-haired oil-rig men, their plane downed in an Alaskan storm, face extremely hairy wolves. Nick Frost. As desperate men are picked off, Liam Neeson becomes even more the bravest stoical loner than he was in *Hunt for Red October* and *Rambo* than directed with strong weather effects, okay acting, and deaths not too visceral. This man-cave of morbid feelings is like Jack London’s fiction with its Nietzschean cleah ideas sucked out. With Dermot Mulroney, Dallas Roberts, Frank Grillo, credible wolves. 2012. — D.E. ★★★ (GASLAMP 18; GROSVENOR CENTER 10; HORTON PLAZA 14; LA JOLLA 12; MISSION VALLEY 20; OCEANVIEW MISSION MARKETPLACE 13; OTAY RANCH 12; PALM PROMENADE 24; PLAZA BONITA 14; TOWN SQUARE 14)

Journey 2: The Mysterious Island — Indiana Jones meets Jurassic Park in a sequel that will amuse children and cause parents to wonder why they paid the extra money for 3-D glasses. Josh Hutcherson returns, and Dwayne “The Rock” Johnson plays the...
Alzheimer’s. The cast is splendid (Sareh Bayat especially, as a scorned caregiver), the direction deft and lucid. Without rhetorical hammers, creator Ashgar Farhadi makes us see, intimately, how the Islamic Republic has entrench ed the war between men and women. 2012. — D.L.

CARMELO MOUNTAIN 14; ESCONDIDO 16; FASHION VALLEY 18; GASLAMP 15; GROSSMONT CENTER 10; HORTON PLAZA 14; LA JOLLA 12; MIRA MESA 18; MISSION VALLEY 20; MISSION VILLAGE 7; OCEANSIDE 5; OCEANISSE MISSION MARKETPLACE 13; OTAY RANCH 12; PALM PROMENADE 24; PARKWAY PLAZA 18; PLAZA BONITA 14; POWAY 10; RANCHO DEL REY 16; RANCHO SAN DIEGO 15; RIVER VILLAGE 6; SAN MARCOS 18; TEMECULA TOWER 10; TOWN SQUARE 14; VISTA VILLAGE.

My Week with Marilyn — A gossipy peekaboo based on Colin Clark’s mem or as an assistant on the English set of 1957’s The Prince and the Showgirl. He reviewed this issue. A woman who recrudesces voluplously (this may be mostly imagined), while costar and director Laurence Olivier fumes. Eddie Redmayne is appealing as coltish Colin, but Colin Clark’s slight, engaging movie belongs to Michelle Williams. As Marilyn Monroe, she talks too much about her chest, the gener ation that adopted the Iago-like Wife #2), the play grows out of the acting, are thin. Within these limits, Matt Scott gives a full-bodied, fully felt performance as Stockman, “he who stands alone.” The uncredited set (on San Diego Academy’s impressionistic new Liggett Theatre) is functional, though the hyper, early ‘50s rock and roll don’t fit the moods of the play. 2012. — M.L.

CARMELO MOUNTAIN 14; ESCONDIDO 16; FASHION VALLEY 18; GASLAMP 15; GROSSMONT CENTER 10; HORTON PLAZA 14; LA JOLLA 12; MIRA MESA 18; MISSION VALLEY 20; MISSION VILLAGE 7; OCEANISSE MISSION MARKETPLACE 13; OTAY RANCH 12; PALM PROMENADE 24; PARKWAY PLAZA 18; PLAZA BONITA 14; POWAY 10; RANCHO DEL REY 16; RANCHO SAN DIEGO 15; RIVER VILLAGE 6; SAN MARCOS 18; TEMECULA TOWER 10; TOWN SQUARE 14; VISTA VILLAGE; FROM 2/17.

The Vow — Channing Tatum tries to squeeze his bulking, chiseled physique into the role of a sensitive guy whose wife wakes up from a coma with no memory of him and no real desire to resume married life. It’s not a great fit. Rachel McAdams, on the other hand, is impossibly cute as an urban sculptor (a role she was tailor-made for), and her suburban princess once she was. It’s slick marketing — how many wives wish their husbands would woo them all over again? — but it loses steam by forcing the meaning of a vow in favor of the feelings it may (or may not) inspire. 2012. — D.E.

CARMELO MOUNTAIN 14; ESCONDIDO 16; FASHION VALLEY 18; GASLAMP 15; GROSSMONT CENTER 10; HORTON PLAZA 14; LA JOLLA 12; MIRA MESA 18; MISSION VALLEY 20; MISSION VILLAGE 7; OCEANISSE MISSION MARKETPLACE 13; OTAY RANCH 12; PALM PROMENADE 24; PARKWAY PLAZA 18; PLAZA BONITA 14; POWAY 10; RANCHO DEL REY 16; RANCHO SAN DIEGO 15; RIVER VILLAGE 6; SAN MARCOS 18; TEMECULA TOWER 10; TOWN SQUARE 14; VISTA VILLAGE.

Brooklyn Boy — The dream has come true. He’s got the 11th-best-selling novel in the country, Donald Margulies’s comedy-drama puts Eric, slowly peeling away his illusions. Ably directed by Ruff Yeager, the cast defines characters — and caricatures — with skill. SCRIPPS RANCH THEATRE, 10445 POMERADO RD., SCRIPPS RANCH 858-576-7726; 8PM FRIDAYS AND SATURDAYS, 3PM SUNDAYS, THROUGH FEBRUARY 16.

Little Women, the Musical — Worth a try. NIGHT STAGE TO BIG SHAFT

Through 7PM THURSDAYS, 4PM FRIDAYS, 3PM SATURDAYS, 2PM AND 7PM SUNDAYS, THROUGH MARCH 25.

Night Stage to Big Shaft Peggy Sue Productions presents a dinner-theater show set in 1853. “When a new mine and a young lady are discovered, everyone becomes a suspect.” MIKES’ CAFE, 1639 EAST VALLY PARKWAY, ESCONDIDO. 760-519-0500. THROUGH SATURDAYS AND FRIDAYS, OPENENDED RUN.

Squawk SDSU Theatre presents a “madcap adven ture…set in a community of birds” holding a Peace Song Competition to foster com munity. SDSU EXPERIMENTAL THEATRE, COLLEGE AREA, 619-594-6884. 7:30PM THURSDAYS AND FRIDAYS, 2PM SATURDAYS, 2PM, AND 7PM SUNDAYS, OPENENDED RUN.

The Comedy of Errors — New Village Arts presents Shakespeare’s comedy of mistaken identities. Director Justin O’Connor says, “As if being filmed before a live studio audience. NEW VILLAGE ARTS THEATRE, 2787 B STH ST., CARLSBAD. 760-433-8245; 8PM THURSDAYS AND FRIDAYS, 3PM SATURDAYS, 2PM AND 7PM SUNDAYS, THROUGH MARCH 4.

The Marvelous Wonderettes San Diego Musical Theatre presents Roger Bean’s “trip down memory lane”: two proms ten years apart, at Springfield High. Bean directed. BIRCH NORTH PARK THEATRE, 2891 UNIVERSITY AVE., NORTH PARK, 619-220-0097. 8PM THURSDAYS AND FRIDAYS, 3PM SATURDAYS, 2PM AND 7PM SUNDAYS, THROUGH MARCH 4.

The Recommendation Aaron Feldman isn’t just entitled, he’s exempt. He never has a worry in his life. So playwright Jonathan Caren plunks him where he doesn’t, and a network can’t teach him: jail. Aaron makes a pact with Dwight (as connected behind bars as Aaron is outside), then finds himself a business partner. The play has a schematic feel (for the ethical dilemmas to unfold, things must happen in spite of logic, but Caren has a horrific comic touch and a point of bitter irony). And the Old Globe’s hip, brassy production boasts three fine performances (Evans Todd, Jinnon Coll, and Branden Gill) and outstanding design work (Sherry and Harvey White). THE AVO continues its winter season with the musical version of Louisa May Alcott’s popular novel. Kathy Bishop-Barker — SD CRITICS Circle Achievement recipient — makes this the last show she directs before retiring. AVON PLAYHOUSE, 303 MAIN ST., VISTA, 760-726-7550. 7:30PM THURSDAYS, 8PM FRIDAYS, 7:30PM SATURDAYS, 7:30PM SUNDAYS, 2PM AND 7:30PM SATURDAYS, 2PM AND 7PM SUNDAYS, THROUGH MARCH 11.

National Comedy Theatre The National Comedy Theatre presents a one-night only improv comedy show based completely on audience suggestions. The show is “appropriate for all audiences.” NATIONAL COMEDY THEATRE, 3771 INDIA ST., SAN DIEGO. 619-265-4955; 7:30PM FRIDAYS AND SATURDAYS, 9:45PM SATURDAYS AND SUNDAYS, OPENENDED RUN.

Next Fall DiversiTheatre stages Geoffrey Nauffts’ drama about “faith, love, and unconventional love.” James Vasquez directed. DIVERSI THEATRE, 4545 PARK BL., UNIVERSITY HEIGHTS, 619-220-0097. THROUGH FRIDAYS, 3PM AND 7PM SUNDAYS, THROUGH MARCH 25.

The Street of Crooked Children North Coast Repertory Theatre presents Jeff Baron’s comedy-drama about a retired dry cleaner and a 29-year-old corporate exec and the unlikely bond they create. Christopher M. Williams directed.

North Coast Repertory Theatre presents Night Stage to Big Shaft.

North Coast Repertory Theatre presents The Street of Crooked Children.

South Coast Repertory presents The Secret World of Arrietty.

North Coast Repertory Theatre presents Brooklyn Boy.

The Secret World of Arrietty — Hayao Miyazaki’s Studio Ghibli cartoon Mary Poppins’ same story The Borrowers, with Miyazaki scripting and director Hiromasa Yonebayashi direct ing the animation house style of bucolic realism: lush plants, rain, clouds, cute children and Victorian décor, hybrid (but still distinctly Caucasian) ethnicity. Tiny, very human squatters below the floorsboards fear the big “human beings” above, but their two children are a famous siren with catty, divisive peers. It’s very pretty (plus a song that is like a gundrop melting in your ear). Girls may enjoy the sweet, rather wisful story most boys will find boring. — D.E.

CARMELO MOUNTAIN 14; FASHION VALLEY 18; GASLAMP 15; HORTON PLAZA 14; LA JOLLA 12; MIRA MESA 18; MISSION VALLEY 20; MISSION VILLAGE 14; OCEANISSE MISSION MARKETPLACE 13; OTAY RANCH 12; PALM PROMENADE 24; PARKWAY PLAZA 18; PLAZA BONITA 14; POWAY 10; RANCHO DEL REY 16; RANCHO SAN DIEGO 15; RIVER VILLAGE 6; SAN MARCOS 18; TEMECULA TOWER 10; TOWN SQUARE 14; VISTA VILLAGE.

Oscar-Nominated Short Films — Reviewed this issue.

(c) MIMI HILLCREST

Pina — Reviewed this issue.

(c) MIMI HILLCREST

Safe House — Reviewed this issue.

(c) MIMI HILLCREST

The Marvelous Wonderettes — A pop musical revue, written and directed by Delicia Turner Sonnenberg. Through 7PM FRIDAYS, 3PM SATURDAYS, 2PM AND 7PM SUNDAYS, THROUGH MARCH 4.

The Comedy of Errors — Directed by Christopher M. Williams.

The Secret World of Arrietty — Directed by Hiromasa Yonebayashi.

The Street of Crooked Children — Directed by Christopher M. Williams.

Next Fall — Directed by Geoffrey Nauffts.

The Secret World of Arrietty — Directed by Hiromasa Yonebayashi.

The Street of Crooked Children — Directed by Christopher M. Williams.

Next Fall — Directed by Geoffrey Nauffts.
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**DOWNTOWN, $500-650.**


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**THE READER PUZZLE:**

**RULES OF THE GAME**

1) Submit your completed puzzle to the Reader each week for our on-going contest! We keep track of each puzzle you successfully complete, and the results and ranking are posted online weekly (as Reader.com puzzles). But your submission will only be counted when you successfully complete a puzzle AND get it to us by 7:00 a.m. Monday.

2) Submit the correct answers to one of the puzzles along with your name and a brief message (20 words or less, no URLs or phone numbers). Entries must include a message. This is a great way to express yourself! You may submit a new entry weekly. We reserve the right to edit or reject inappropriate text.

3) The puzzle-contest ranking, shown online and in the paper, will begin anew every three months. Complete the journey four times a year. (Ghastly, we know!)

4) Entries must be faxed to 619-231-0489 or 619-233-7907; or mailed to: Reader Puzzles, P.O. Box 65803, San Diego, CA 92166-5803; or delivered through our mail slot at 1703 India Street or Little Italy, or scanned and e-mailed to: puzzler@sdreader.com. Submissions by e-mail must be attached in .pdf format. Files bigger than 300 pixels, maximum file size of 1MB. Submissions that don’t fit the format will not be counted or scored.

And now for the really small print:

1) All winners must be legible and entered in the spaces provided.

2) Late entries will not be considered.

3) We will award winners of the best messages, among those who correctly solve the puzzle, one of the famous Reader basketball caps or T-shirts. And we will print the winning messages in the paper and online.

4) One entry per person per week or you will be disqualified.

5) Employees of the Reader and their immediate families are not eligible.

**Across**

1. [Lion]  
2. [Laser]  
8. [Gun]  
12. Donald, to Huey, Dewey and Louie

**Down**

1. [Leaf]  
2. Like many soccer shots  
3. When ‘Memory’ is sung in “Cats”  
4. Tabula  
5. London’s last letter  
6. Buzz in space  
7. Rock climber’s tool  
8. Outlaws  
9. “Cat on ____ Tin Roof”  
10. Capture  
11. Combine against  
15. Answer  
16. [Guitar string]  
21. Young hare  
23. “That’s ____ one!”  
24. ____ dragon (largest living lizard)  
32. Available for string  
33. Stock up again  
35. Prince’s title: Abbé  
36. Modern ID verifier  
37. Seek defenses  
38. Craft  
39. Person who’s an inspiration  
40. “Family Matters” misfit  
41. [Car]  
42. Out of practice  
46. Mend again  
47. The Donald’s daughter  
48. Bomb  
51. Nobel laureate Mario Vargas  
54. Actress Sherilyn  
55. Limp as ____  
57. National Mall liners  
59. “That’s ____!ilt!”  
61. Global economic org.

**SOLUTION TO LAST WEEK’S PUZZLE:**

```
T S K S
A M O R
T A P E S
Y U R
L I R A
I I L A
P A R S E
D O N
S A N T A
E M T
P O S
I S N E A R
B I S E C T
T H E
D U S T
R O T
E R T E
R E V
S A I N
T I X N A Y
E R
A L M S
G R A I G
W E A R
A T A
A R A G E
S I S S Y
B O L
I N D
P O L
L E F T
I N S E C T
A L E X I S
U P A
U P T A
R E A I R
T R I P L E S E C
C A R L S
V O T E
L E A K
O N S E T
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```

We cannot accept your entry without the following:

Name:

Address:

City:

State:

Zip Code:

Personal Message:

Please check one:

Cap: 

T-shirt: S ______ M _______ L _______ XL _______

We are temporarily out of T-shirts. Winners will receive caps.

**THIS WEEK’S WINNERS:**

Gayle Studer, Mission Valley.

Richard Hutchings, Santee.

Caroline Starks, Lakeside.

Wayne Mathieu, Clairemont.

Archie McAllister, Chula Vista.

She once called me “Cupid.” How she calls me “Stupid!”

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**PACIFIC BEACH, $12795**

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**PACIFIC BEACH, $22200**

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**PACIFIC BEACH, $22900**

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**Rules of the Game**

1. Submit one completed puzzle of any difficulty level (Easy, Medium, Hard or Evil) to the Reader each week for our ongoing contest! We keep track of each puzzle you successfully complete, and the results and ranking are posted online at SDRreader.com/puzzle. But your submission will only be counted when you successfully complete a puzzle AND get it to us by 7:00 am Monday.

2. Submit the correct answers to one of the puzzles along with your name and a brief message (20 words or less, no URLs or phone numbers). Clearly mark the puzzle that you want to enter this week by crossing off the other completed puzzles. All puzzles that are cut into pieces will be disqualified. Entries must include a message. This is a great way to express yourself. You may submit a new message weekly. We reserve the right to edit or reject inappropriate text.

3. We will award winners of the best messages, among those who correctly solve the puzzle, one of the famous Reader baseball caps or T-shirts. And we will print the winning messages in the paper and online.

4. The puzzle contest ranking, online and in the paper, will begin anew every three months. Complete the journey four times a year! We keep track of each puzzle you successfully complete, and the results and ranking are posted online at SDRreader.com/puzzle. The new ranking is published each week for our ongoing contest! We keep track of each puzzle you successfully complete, and the results and ranking are posted online at SDRreader.com/puzzle. But your entries must be faxed to 619-223-7907 or mailed to Reader Puzzle, P.O. Box 85803, San Diego, CA 92186-8801, or delivered through our mail slot at 1701 India Street in Little Italy; or scanned and e-mailed to: Sudoku@sdrreader.com.

5. Entries must be faxed by 7:00 am Monday. The contest is open only to Reader subscribers.

6. All answers must be legible and entered in the spaces provided.

7. Late entries will not be considered.

8. One entry per person per week or you will be disqualified.

9. Employees of the Reader and their immediate families are not eligible.

**THIS WEEK’S WINNERS:**

1) Submit one completed puzzle of any difficulty level (Easy, Medium, Hard or Evil) to the Reader each week for our ongoing contest! We keep track of each puzzle you successfully complete, and the results and ranking are posted online at SDRreader.com/puzzle. But your submission will only be counted when you successfully complete a puzzle AND get it to us by 7:00 am Monday.

2. Submit the correct answers to one of the puzzles along with your name and a brief message (20 words or less, no URLs or phone numbers). Clearly mark the puzzle that you want to enter this week by crossing off the other completed puzzles. All puzzles that are cut into pieces will be disqualified. Entries must include a message. This is a great way to express yourself. You may submit a new message weekly. We reserve the right to edit or reject inappropriate text.

3. We will award winners of the best messages, among those who correctly solve the puzzle, one of the famous Reader baseball caps or T-shirts. And we will print the winning messages in the paper and online.

4. The puzzle contest ranking, online and in the paper, will begin anew every three months. Complete the journey four times a year! We keep track of each puzzle you successfully complete, and the results and ranking are posted online at SDRreader.com/puzzle. The new ranking is published each week for our ongoing contest! We keep track of each puzzle you successfully complete, and the results and ranking are posted online at SDRreader.com/puzzle. But your entries must be faxed to 619-223-7907 or mailed to Reader Puzzle, P.O. Box 85803, San Diego, CA 92186-8801, or delivered through our mail slot at 1701 India Street in Little Italy; or scanned and e-mailed to: Sudoku@sdrreader.com.

5. Entries must be faxed by 7:00 am Monday. The contest is open only to Reader subscribers.

6. All answers must be legible and entered in the spaces provided.

7. Late entries will not be considered.

8. One entry per person per week or you will be disqualified.

9. Employees of the Reader and their immediate families are not eligible.

We cannot accept your entry without the following:

- Name:
- Address:
- City:
- State:_________  Zip Code:__________
- Personal Message:

Please check one:

- Cap: ___________
- T-shirt: S _____ M _______  L _______  XL _______

We are temporarily out of T-shirts. Winners will receive caps.

**Solutions to Last Week’s Sudoku Puzzles:**

**Easy:**

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**See your ranking online!**

Now you can go online to check your ranking and communicate with each other! Simply visit: www. SDRreader.com/puzzle. The new ranking is posted each Wednesday. To use the “comments” feature, you must be a registered site member.

**City & Bay Views!**

1 Bedroom Apartments
Starting at $1265
$0 Deposit OAC

Enjoy the convenience of city living and the incredible location of Point Loma, only minutes from the beach, downtown, Old Town and the San Diego airport.

- Bamboo flooring, Heated, resort-style pool
- Oversized hot tub, Firepit, lounge and BBQ area
- Fitness center, Custom game room
- Stainless steel appliances
- Covered parking available, Pet friendly

3801 Marquette Place San Diego, 92106
619-223-6577 • www.gables.com

Management reserves the right to change special at any time.

**Golden Hill, $900:**


**Golden Hill, $975:**

180-190 sq. apartment. Wood floors, granite countertops, new appliances, complete remodel. If you can find one better... rent it! 2420 A Street. Call Jeff, 619-73-1044 or Rachael, 619-804-1044.

**South Park, $1275:**

2650-280 sq. large apartment. Wood floors, granite countertops, new appliances, complete remodel. If you can find one better... rent it! 2420 A Street. Call Jeff, 619-73-1044 or Rachael, 619-804-1044.

**South Park, $700:**


**South Park, $725:**

Emilie Baby
Bio student, San Carlos

Douchegags in wife-beaters, people who wear too much make-up to the gym, playing video games while driving, people who put pictures of their babies on Facebook all the time... [list goes on].

Brittini King
Academic, San Diego

People driving slowly or braking on entrance ramps to freeways. I just want to yell at them: “You’re about to merge on the freeway! You have to be going freeway speeds!”

Rachel Tredeau
Pre-med student, College Area

Whichever Mormons are in favor of polygamy. Get real! Do you know how hard it is to be married to one woman? Why would you want to be married to a dozen of them? You have to support them emotionally and financially. Sounds terrible.

Erik Cram
Comedian, Pine Valley

People who say they’re for the environment and don’t recycle. Those are the real assholes. That’s why I drive a Prius —— that and the fact that I know nothing about cars.

SOUTH PARK, $895.
1BD/1BA first floor apartment in 55+/disabled community. Laundry in-unit. Gated with on-site manager. 5622 University Ave, morewaisang@gmail.com. 656-568-2051.

SOUTH PARK, $955.
Large 1BD/1BA apartment. Hardwood flooring and tile. Stand-alone cottage in great neighborhood. Laundry on-site. Newly upgraded units. 1911 and 1917 30th St. $1100 and $950 in great neighborhood. Laundry in-unit. SOUTHPARK, $950.
1BD/1BA apartment. 1 month free! No application fee! A/C, new carpet, walk-in closet, large kitchen. Pool, Jacuzzi, assigned parking. Credit check. Section 8 OK. 4236 Mcclure Street #12. 619-715-3865.

EL CAJON, $775.

EL CAJON, $750.
1BD/1BA apartment. 1/2 off 2nd month OAC! Appliances, new carpet, walk-in closet, beautiful property with swimming pool, assigned parking. Credit check. Section 8 OK. 4236 Mcclure Street #12. 619-715-3865.

EL CAJON, $775.
1BD/1BA and 2BD/2BA, $985. Call for Move-In special—half off first month’s rent! Spacious apartments. $400 deposit. Large kitchen. Pool, Jacuzzi, garage, off-street parking. Credit check. Section 8 OK. 619-933-5189.

EL CAJON, $825.
1BD/1BA apartment. 1 month free! No application fee! A/C, new carpet, walk-in closet, shared BBQ/picnic area, on-site laundry, pool, Jacuzzi. 1/2 off 2nd month OAC! Appliances, new carpet. Swimming pool, assigned parking. Credit check. Section 8 OK. A/C, new carpet, walk-in closet, shared BBQ/picnic area, on-site laundry, pool, Jacuzzi. 3903 Conrad Drive. 866-894-6343.

EL CAJON, $895.

EL CAJON, $950.
1BD/1BA apartment. 1 month free! No application fee! A/C, new carpet, walk-in closet, shared BBQ/picnic area, on-site laundry, pool, Jacuzzi. 1/2 off 2nd month OAC! Appliances, new carpet. Swimming pool, assigned parking. Credit check. Section 8 OK. 619-970-0955.

EL CAJON, $950.
2BD/1BA, large 900 sqft apartment with new carpet, swimming pool, assigned parking, on-site laundry. Close to shopping and freeways. 619-444-1876.

EL CAJON, $975.
1BD/1BA and 2BD/2BA. Call for Move-In special—half off first month’s rent! Spacious apartments. $400 deposit. Large kitchen. Pool, Jacuzzi, garage, off-street parking. Credit check. Section 8 OK. 619-933-5189.

EL CAJON, $985.
1BD/1BA and 2BD/2BA, $985. Call for Move-In special—half off first month’s rent! Spacious apartments. $400 deposit. Large kitchen. Pool, Jacuzzi, garage, off-street parking. Credit check. Section 8 OK. 619-933-5189.

EL CAJON, $1044.
1BD/1BA and 2BD/1BA apartments. Also available 3BD/2BA apartment, $1399. Located, close to trolley, bus, shopping. Unit has a little yard. Conveniently located, close to trolley, bus, shopping. 343 South Magnolia Avenue. 619-579-0741 or 619-464-1816.

EL CAJON, $1050.
1BD/1BA. Newly renovated, close to all. Clean, quiet complex. Pool, laundry, gated, off-street parking, We pay water and trash. No pets. 619-312-5656.

LA MESA, $919.
1BD/1BA. Beautifully maintained property with swimming pool, assigned parking, on-site laundry, parking, pool, lush landscaping. 798 shared BBQ/picnic area, on-site laundry, pool, Jacuzzi. 4236 Mcclure Street #12. 619-715-3865.

LA MESA, $950.
1BD/1BA apartment. Also available 3BD/2BA apartment, $1399. Escondido. Aire acondicionado, Lavanderia, Garaje, Balcones, Piscina, Manzana, Of. Esplan. 619-646-8670.

LA MESA, $1075.
1BD/1BA apartment. Also available 3BD/2BA apartment, $1399. Welcome to Mt. Helix Estates! Air conditioning, Laundry, Garage, Off-street parking, Pool, Cabina Espanol. 619-646-8670.

LA MESA, $1099.

LA MESA, $1150.
1BD/1BA apartment. Also available 3BD/2BA apartment, $1399. Escondido. Aire acondicionado, Lavanderia, Garaje, Balcones, Piscina, Manzana, Of. Esplan. 619-646-8670.

LA MESA, $1150.
Brainstorms
by Don Rubin

Screen test
This is a security guard’s view of a giant maze.
Can you darken the path from Start to Finish?

We cannot accept your entry without the following:
Name: ____________________________________________
Address: ____________________________________________
City: ____________________________________________ State: ______ Zip Code: ______
Personal Message: ____________________________________________
Please check: We are temporarily out of T-shirts. Winners will receive caps.
Cap: ________  T-shirt: S ______ M ______

SOLUTION TO LAST WEEK’S PUZZLE:
Moon type
Moon uses the boustrophedonic method. The lines are read from left to right and from right to
left alternately, like oxen plowing a field.

Note: We didn’t employ any of the standard abbreviations
and contractions used in Moon writing. There are special
symbols for “the” and “and,” for instance.

BRAINSTORM PUZZLES:
RULES OF THE GAME
1) Submit one completed puzzle to the Reader each week for entry into
another contest! We keep track of each puzzle you successfully complete, and
the results and ranking are posted online at SDReader.com/puzzle. But your
submission will only be counted when you successfully complete a puzzle AND
print the winning messages in the paper and online.
2) Submit the correct answers to one of the puzzles along with your name and
your brain is help it do puzzles better.
3) We will award writers of the best messages, among those who correctly
solve the puzzle, one of the famous Reader baseball caps or T-shirts. And we will
print the winning messages in the paper and online.
4) The puzzle-contest ranking, shown online and in the paper, will begin anew
every three months. Complete the journey four times a year!
5) Entries must be faxed to 619-233-7997; or mailed to Reader Puzzle, P.O. Box
85803, San Diego, CA 92186-5803; or delivered through our mail slot at 1703 India
Street in Little Italy or scanned and e-mailed to: Puzzles@sdreader.com. Submissions
must include a message. This is a great way to express yourself. You may submit a
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new message weekly. We reserve the right to edit or reject inappropriate text.
6) All answers must be legible and entered in the spaces provided.
7) Late entries will not be considered.
8) One entry per person per week or you will be disqualified.
9) Employees of the Reader and their immediate families are not eligible.

THIS WEEK’S WINNERS:
(All winning entries will be screened for plagiarism)
Joseph Ciprian, Little Italy, 9. I believe in monogamy; it’s the best wood for bookcases.
Betsy Corry, Chula Vista, 2. All that puzzles do to improve your brain is help it do puzzles better.
Cindy Corry, Pala, 1. It’s amazing how much privacy you get when people think you are crazy!

Grand Opening Special
Full Body Massage
1 Hour $34.99
reg. $40
Foot Massage 1 Hour $19.99
Free Table Shower after Services
Offers valid with this ad. Expires 3/8/12
Open 7 Days, 10am - 10pm
We accept competitors coupons!
Point Loma Foot & Body Massage
3185 Midway Dr., Suite M, San Diego, CA 92110
619-255-9990

Little Italy
$20 off 1-Hr. Massage
$10 off 1/2 hr
• Deep Tissue • Table Shower
• Swedish
• Hong Kong Massage
Kimmi Spa
2443 Kettner Blvd., 619-231-1917
License #30672

Wie Spa
New Management - New Staff
1 Massage $60
Includes: Steam Sauna, Table Shower, Jacuzzi.
(619) 265-8200
6244 El Cajon Blvd., #30
(across from CVS, next to Platt College)
Open 7 days 10am - 9pm

Wie Spa
New Management - New Staff
1 Massage $60
Includes: Steam Sauna, Table Shower, Jacuzzi.
(619) 265-8200
6244 El Cajon Blvd., #30
(across from CVS, next to Platt College)
Open 7 days 10am - 9pm

Grape St Spa
Massage & Reflex
$10 off 30 min. massage
919 W. Grape Street 92101
(At Pacific Hwy)
619-255-8885
Lic. #F8210001438
Open 7 days 10am-10pm
LEMON GROVE, $955. 2BD-1BA immediately home. Stone, pool, hardwoods, updated kitchen, updated baths, huge deck, close to SDSU. Credit check. 619-578-1961.

LAKESIDE, $1400. 3BD-2BA near SDSU. Very quiet complex. Walk to stores/restaurants/bus, lots of open space, central location, close to SDSU. Credit check. 619-463-4000.

LEMON GROVE, $985. 1BD+1BA newly renovated apartment. LEAMON GROVE, $780.

LEMON GROVE, $740.

619-463-0902.


1BD apartment, downstairs. Private, remodeled with S/2 bath, oak kitchen. 2 car with laundry. 619-579-0300.


LA MESA, $975. 2BD-1BA apartment, downstairs. Private, remodeled with S/2 bath, oak kitchen. 2 car with laundry. 619-579-0300.

LA MESA, $945.

LA MESA, $985 & UP.


LA MESA, $1015. 1BD+1BA apartment in Senior Area/ Rolando. Water/trash included. Pool, laundry, walk to stores/restaurants/bus, Lots of open space, central location, close to SDSU. Credit check. 619-697-2447.


LA MESA, $1225.

LA MESA, $925.


LINDA VISTA, $1250.

LINDA VISTA, $1250.

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LINDA VISTA, $1250.

CONTRIBUTE A HOME

BE THE BEST AT WHAT YOU DO

SAN DIEGO NEWS NETWORK

CONTRIBUTE

BE THE BEST AT WHAT YOU DO

SAN DIEGO NEWS NETWORK

CONTRIBUTE

BE THE BEST AT WHAT YOU DO

SAN DIEGO NEWS NETWORK

CONTRIBUTE

BE THE BEST AT WHAT YOU DO

SAN DIEGO NEWS NETWORK
Alex Kitchen Remodels
Custom cabinets. Kitchen and bath.
FAMOUS FORMER NEIGHBORS

HAPPY BIRTHDAY TO:

DAVID PATTERSON - 20
STEFAN LERNER - 20
LOU KENNELLY - 65
WAYNE LAKE - 70
MAD GARDNER - 81

DAVID PATTERSON - 20
STEFAN LERNER - 20
LOU KENNELLY - 65
WAYNE LAKE - 70
MAD GARDNER - 81

SERRA MESA, $800.
Studio 1BA. Patio Village Apartments. Bright, airy, updated with ceiling fans. Carport with storage close to unit and gated, on-site parking. Centrally located nearby minutes to the 50, 52, and 805 freeways. Close to park and shopping. Penny, 888-205-1388.

North County Coastal

CAPE CORAL, $2375.

KENNEDY, $1300.


MISSION HILLS, $1195.
1BD+1BA. Airy, spacious, clean, well kept. Quiet. 31-unit community. Gated, parking, laundry, trees, barbeque. Must see. 4126 St. Vincent Winifred Avenue, 619-315-1406.

KENSINGTON-TALMADGE, $895.
1BD+1BA. Any. spacious, clean, well kept. Quiet. 31-unit community. Gated, parking, laundry, trees, barbeque. Must see. 4126 St. Vincent Winifred Avenue, 619-315-1406.

KENSINGTON-TALMADGE, $995.
1BD+1BA. Any. spacious, clean, well kept. Quiet. 31-unit community. Gated, parking, laundry, trees, barbeque. Must see. 4126 St. Vincent Winifred Avenue, 619-315-1406.

KENSINGTON-TALMADGE, $995.
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1BD+1BA. Any. spacious, clean, well kept. Quiet. 31-unit community. Gated, parking, laundry, trees, barbeque. Must see. 4126 St. Vincent Winifred Avenue, 619-315-1406.

KENSINGTON-TALMADGE, $995.
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2BD+1BA downstairs apartment, laundry of closet space, A/C, parking, on- site laundry, walk-in closet, built-ins, parking. 1BD+1BA lower, gated, built-ins, lots of closet space, A/C, parking, on- site laundry. Section 8 OK. Pet OK. 619-451 Utah Street #4 810-3325.


Downtown: Studio. $1150. 2BD+1BA. 600 sqft. All utilities included, quiet, secure, new carpet/paint, on-site laundry, parking and pool. If you can find one better... nelt at 4545 Power Street. Racheal, 619-804-1044, or Dain, 619-659-2983.

Downtown: Studio. $1250. 1BD+1BA. Fully unfurnished or furnished apartment. Low $150 deposit. 2 blocks from Chula Vista Center and trolley. Off- street parking. Laundry room. 521 Park View Way. Office open seven days a week from 10am to 5pm. Call 619-420-5084.


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NATIONAL CITY: $325. 1BD+1BA fully furnished apartment, all utilities included. No SDDG deposit or hookup is necessary. Office open daily. Call 619-477- 3901.

Southeast San Diego

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LEAD STORY
— For people who become stressed when asked to prove their identities by biometric scans of fingerprints, hand prints, or eyeballs, Japan’s Advanced Institute of Industrial Technology has developed a chair frame that authenticates merely by sitting down: a butt-scanner. Professor Shigeki Koshimizu’s device produces a map of the user’s unique dermis shape, featuring 256 degrees of pressure at 360 different points and could be used not only to keep out intruders but also, when connected to a computer, to prevent log-ons by those with unauthorized postures.

Compelling Explanations
— A November report by Muslim scholars at Saudi Arabia’s highest religious council (Majlis al-Ifta’ al-A‘ala), presented to the Saudi legislature, warned that ending the ban on females’ driving would cause a surge in prostitution, pornography, divorce, and, of course, homosexuality (and the scholars added that, within ten years, the country would have “no more virgins”).

Inories
— Because this past Christmas fell on a Sunday, nearly one Protestant church in ten in the U.S. reported canceling Sunday services that day out of fear of low attendance. Other churches remained open, but with attendance only a third of normal.

— Retired Sheriff Patrick J. Sullivan Jr. was arrested in November in a suburb of Denver and charged with distributing methamphetamine to men in exchange for sex. Sullivan, who had a distinguished career as Arapahoe County sheriff, was booked into the Patrick J. Sullivan Jr. Detention Center, named for him after he retired in 2002.

— Sheriff’s deputies arrested novelist Nancy Mancuso Gelber, 53, in December in Bryan, Texas, after she allegedly arranged a hit on her husband. (The “hit man” was an undercover officer.) Gelber said she had walked out of a Neiman Marcus store in October with over $2,400 worth of unpaid-for merchandise.

— The two men who pulled a woman out of a burning car wreck in 2009 have sued the woman for the emotional and physical disabilities that resulted from the episode (brought to light in an August 2011 Associated Press report). David Kel- ley and Mark Kincaid not only stopped voluntarily to help but were only the ones on the scene the woman wanted to pull to safety. (The fire was so hot that it melted Kelley’s cell phone.) Kelley said he has suffered serious breathing problems and cannot avoid horrific dreams revolving the episode. (In addition to Kelley, Dr. Theresa Tanner, subsequently admitted that she deliberately crushed the car that day in a suicide attempt.)

— Triathlete Sabine von Sengbusch, 46, filed a lawsuit recently against Meghan Rohan, 28, over a June bicycle-pedestrian collision in New York City’s Central Park. Von Sengbusch claims that Rohan had the audacity to step in front of her as she was bicycling, causing her to fall and suffer “painful and permanent” injuries. (Although von Sengbusch said she was inside the “bike lane” at the time, park officials said signs make clear that pedestrians have the right of way at all times.) Von Sengbusch’s "permanent" injuries did not prevent her from competing in a triathlon on October 1, in which she finished second. According to a report on the lawsuit, Central Park pedestrians are growing more vociferous in de-nouncing bicyclists, and vice versa.

— A recent article in the Journal of Sexual Medi-
cine reported the painful results obtained by the Hispanic men incarcerated in the southwestern United States who, for some reason, inserted specially designed chips, carved from dominoes, under the skin of their penises, apparently based on a folkloric belief that “sexual performance and virility” would be enhanced. Infections resulted requiring “major” surgery that was unspecified in the article.

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