

# SAN DIEGO Reader

VOLUME 39 / NUMBER 8  
FEBRUARY 25, 2010

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INSIDE**

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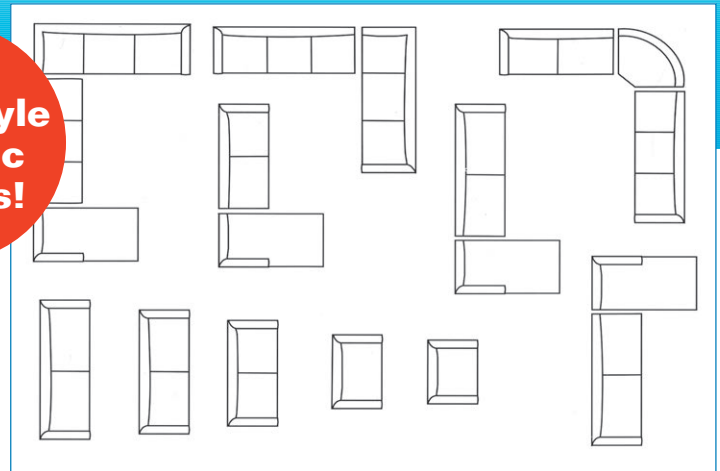


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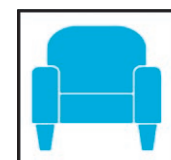
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February 25, 2010

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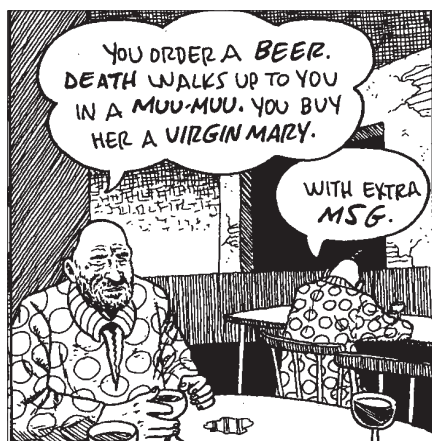
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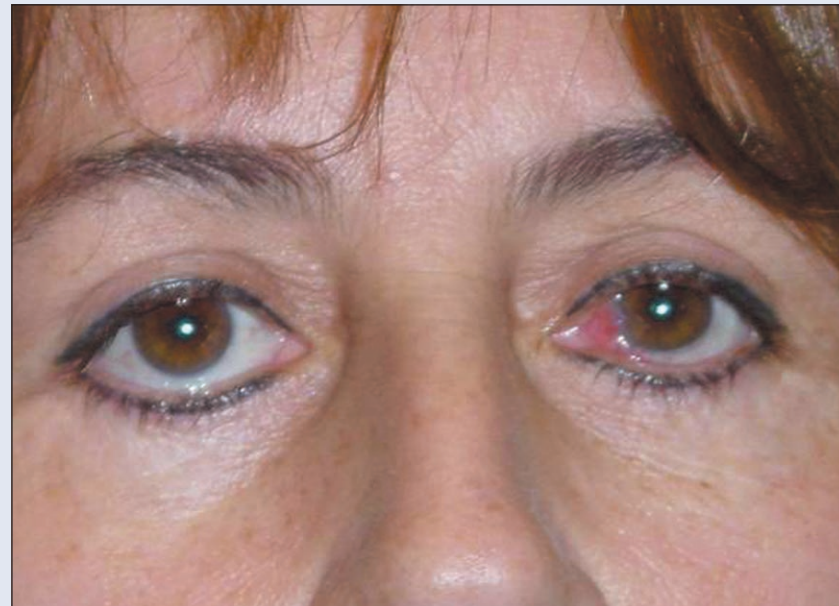
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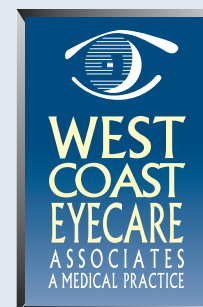
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## Too Much Debt, Too Few Jobs

By Don Bauder

If a railbird tout gives you a tip on a horse, and you learn that three of the nag's legs are so fragile they will likely break during

the race, you will keep your money in your wallet. Similarly, if you're told that some relay team is a sure thing, but you find out that three of the four runners weigh 375 pounds each, you won't count on those tracksters to win a gold medal.

It's the same way with the American economy. At least once a week, you hear some Wall Streeter exulting that manufacturing is showing signs of recovery. What he doesn't tell you is that manufacturing is less than 10 percent of the economy. He won't mention that sickly consumer-related activity is 75 percent.

The TV talking heads

will rejoice that profits are doing extremely well and that productivity, or output per worker hour, is setting records. But the commentators won't give the reason: companies are still laying off workers and not hiring back ones who were earlier laid off.

The unemployment rate in both the U.S. and San Diego hovers around 10 percent, give or take a hair on each side. But consumer spending is 70 percent of the economy, nationally and locally, and housing is another 5 percent. That's three very wobbly legs under the stool. As long as unemployment remains so high, how can

consumer spending, which dominates the economy, pick up?

I interviewed two analysts with excellent track records. One is local: E. James Welsh of Carlsbad's Welsh Money Management and publisher of *The Financial Commentator*. He has been warning of excessive debt and speculation for a decade. The other is A. Gary Shilling of Springfield, New Jersey, an economist who has been pointing out for almost five decades that American consumers have been stretched too thin and are too deeply in debt. He predicted the 1970s megrims and the 2000 tech crash, warning of "internet nuttiness" as investors bought into the craze. Three years ago, he was belittled on TV when he predicted the current recession: "There weren't any of those people who had the guts to apologize and say, 'You were right,'" he says.

His economics Ph.D. from Stanford in the early 1960s focused on private-sector debt — consumers, corporations, financial institutions — and not on government debt. "Back then, if anybody worried about debt, they worried about federal

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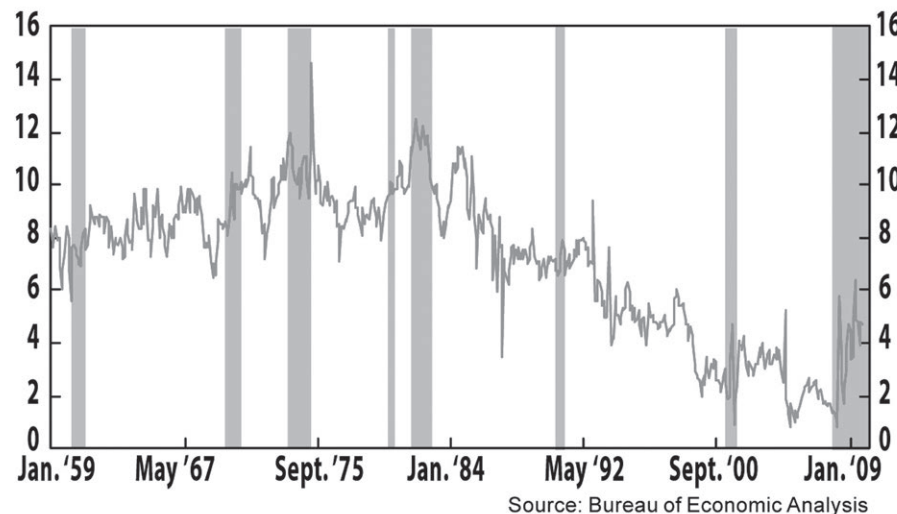
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## U.S. Personal Saving Rate



government debt. I was much more concerned with the private sector," says Shilling.

Basically, American consumers are wallowing too deeply in debt at the time that their job prospects are looking bad, Welsh and Shilling agree. Shilling notes that the average number of weeks on unemployment is 29 — almost double what it was when the recession began in late 2007. Almost 40 percent of the unemployed have been out of work for more than half a year. The number of unemployed per job opening has jumped from 1.5 before the recession began to 6.4. The University of Michigan consumer sentiment index is below 74. On January 1 of 2000, it was at 112. The government has extended unemployment benefits. More and more Americans are using food stamps.

Welsh points out that household debt amounts to around 97 percent of the total U.S. economy, up from only 44 percent as recently as 1982. And unlike in the early 1980s, when interest rates were 15 to 20 percent, the burden of this consumer debt can't be lessened with lower

rates, because today's rates are about as low as they can go.

Americans have been on a spending binge. In the mid-1970s, they saved, briefly, 14 percent of their disposable personal income, but by 2007, the saving rate was below 1 percent. Now it's around 4 percent, notes Welsh, and he believes it will go back to 8 or 9 percent.

In the U.S., 22.6 percent of homes are underwater — that is, the value of the home is lower than the mortgage. In Nevada the ratio is 65 percent, in Arizona 47.9 percent, in Florida 44.7, Michigan 37.3, and California 34.7. Home values are down sharply (almost 38 percent in San Diego from the 2005 peak). "The 1995-2005 housing bubble was driven by low mortgage rates, extremely loose underwriting standards by lenders, lax regulation, securitization of mortgages and, most of all, by the conviction that house prices could never fall," says Shilling. He is not bullish on housing.

Both Welsh and Shilling believe that the current stock market recovery is not a portent of a stoutly recovering economy.

In China, consumer spending is 36 percent of the economy — a tiny bit more than half the ratio in the

United States. Shilling notes that the Chinese savings rate is 29 percent, or about 7 times the U.S. savings rate. After taking out essential living expenses, 42 percent of Chinese want to put their spare cash into the future education of their children, according to Reuters. In the U.S., according to *PriceGrabber.com*, 84 percent of people consider their personal computer or laptop a necessity, with clothes dryers coming in a close second at 83 percent and cell phones next at 72. Global economists, aware that U.S. consumer spending can no longer support the whole world, want the Chinese to spend more and save less and Americans to save more and spend less, but we are too accustomed to those luxuries. It may be a tough slog.

In U.S. consumers' "25-year borrowing-and-spending binge," Americans were trained by retailers, advertisers, and the media that "instant material gratification was good," says Shilling.

He believes it will take us 10 years to shed the past's legacy of gluttony. Growth may be just 2 percent a year — far below the 3.3 percent needed to keep employment stable. "It took 30 years for the financial sector and the

continued on page 11

**Matt Potter**  
is on vacation.



## The Best Cure

By Joe Deegan

**R**ey Knight's easygoing persona serves him well Sundays at the Hillcrest farmers' market as customers linger to sample

exotic spiced meats. In the prepared-foods section, Knight hawks sausage and salami. His white apron, stocky frame, and black hair and beard add to a Mediterranean butcher-shop atmosphere, as though beef and pork flanks might be dangling behind him. He dishes me up a sausage stuffed with smoked Gouda cheese in a French roll. It has just come off the grill, and I can barely keep the melting cheese in my mouth as I bite into the amalgam of flavors.

A day earlier, Knight toured me through the 3000-square-foot facility in Kearny Mesa where his Knight Salumi Co. processes meats. (Salumi is a general term for cured meats.) Knight opened his business in February 2008 after a stint producing sausage for a local restaurant.

We first walked through the refrigerated storage. "On the racks here is sirloin trim that goes into our cacciatore Tuscan salami," said Knight.

He showed me a meat grinder that looked to be the size and shape of a large toaster. "Twenty-four thousand pounds of meat went through that little guy last year," he told me. After the meat is ground, a hydraulic stuffer forces it into the standard cylindrical salami shape.

In the room next door, the air was drier and the temperature dramatically higher as Knight led me to see the "fermentation stage." Here the meat is inoculated with bacteria that "will acidify it and set its color," he said. "At this point we're taking the meat to the point where all the moisture's going to fall out of it. During this time, because there's a stagnant airflow, we get a mold bloom." We looked at thick mold on the salami that had what Knight called an "angelic powdery look. It's a combination of a type of yeast and a mold like that on cheese." Later the mold dies from lack of moisture, and a white



The Department of Agriculture is suspicious of the processes used at Kearny Mesa's Knight Salumi Company.

papery casing is left on the salami. "You can eat it," he said.

Knight grew up on a farm in northwestern Montana. His father hunted regularly and brought elk and bear back to the farm, where he and his teenage son dressed the meat and prepared cuts for smoking. Rey Knight later attended the Culinary Institute of America in New York. There he received a chef's education and earned a bachelor's degree in business management. He also came under the influence of an important mentor who had been trained as a chef

in France. Through that connection, Knight landed a job as a chef at a renowned restaurant in a community just north of Cannes. The head chef was a specialist in preparing meat from the slaughtering stage on. Eventually, the two men began going together to small farms in Provence and northern Italy to slaughter animals for farmers who wanted certain cuts of meat or other products. Knight would climb on the backs of the animals and shoot them in the head with a revolver before he and his partner started butchering the meat. The work involved reaching into the still-warm animal from behind and opening the carcass with a knife pointed outward to avoid cutting into the internal organs. "I'd slaughtered animals at home growing up," says Knight, "but killing them still made me queasy."

Knight came to my attention on January 14 when the *Wall Street Journal* ran a story on chefs who, primarily for learning purposes, have smuggled European meats into the United States. The article claimed that Knight once smuggled a pork shoulder and a fennel-pollen salami from Italy to Miami and, on another occasion, "hid a 4-

## STRINGERS

**Fearless**  
**Winnebago Engulfed in**  
**Flames**

*Imperial Beach* — On Saturday, February 13, plumes of black smoke arose from what seemed like the location of Mar Vista Middle School. As I traveled west on Coronado Avenue, I figured something big was on fire, so I approached from side streets.

One police car was on the scene. The officer directed traffic on the east side of Coronado. I was able to park a few blocks away and get within feet of a fully engulfed Winnebago.

that rarely venture this far north — the *calamar gigante*, giant squid (aka *Dosidicus gigas*, Humboldt squid).

Only six fishermen out of Ensenada are currently dedicated to sardine fishing, according to boatman Francisco Valenzuela; the rest, some 35 in all, are out hauling in the large-but-lithe cephalopods that are usually found much farther south, around Cabo.

This type of squid was virtually unknown off Ensenada as little as three years ago, and the reason for their sudden manifestation is unclear.

Despite their voracious appetite for sardines, the



Firefighters survey scorched Winnebago

After I'd taken a few photos, an officer ran up to me and said, "Get outta here — the propane tank might blow!" Members of San Diego Fire Department had shown up and were dousing the fire, showing no fear.

By Rene Pina  
Tuesday, Feb. 16

squids' occupation of Bahia de Ensenada has proven to be the fishing community's cash crop for the can: one squidder boasted of having netted 350 tons in a single night.

Source: *Frontera*

By T.B. Beaudeau  
Saturday, Feb. 20

## Cash Crop for the Can

**Ensenada Fishermen**  
**Netting Giant Squid**  
*Baja* — Commercial fishermen who run their trawlers out of Ensenada have largely ceased their annual pursuit of sardines off the Baja coast in order to capture some creatures

## Realty Reality Check

**Storefront Owner**  
**Forced to Slash Rent**

*East Village* — Like so many retail spaces in the East Village, a storefront that measures just over 1000 square feet (located on Tenth Avenue, near the baseball stadium) is vacant. In fact, in the almost four

continued on page 12



Rey Knight admits to smuggling meat into the United States.

continued on page 11



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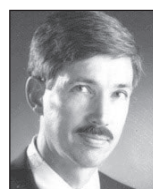
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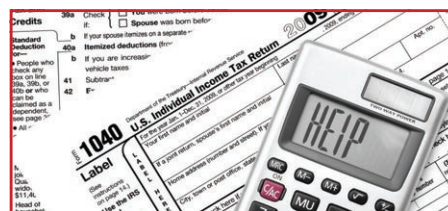
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## Too much debt

continued from page 6

household sector to leverage up [get too deeply in debt], and now it will take 10 years to work off all that excess. If we did it in a year or two, we would have a depression, so it is lucky it will be 10 years," says Shilling.

Welsh foresees woes for three to five years but says they may stretch out to ten. Excessive government debt will be unwinding along with excessive consumer debt. "Governments will be raising taxes and cutting back on services. It's a debt pandemic," he says. That will be a double-whammy on ailing households. Politicians won't level with the public: "If you get out of the foxhole, you have your head blown off." Says Welsh grimly, "There could be riots. There could be violence when politicians start telling people the truth." ■

## The best cure

continued from page 7

pound goose-liver *torchon* from France inside the belly of a salmon." (There are fewer restrictions on importing fish.) According to the *Journal*, such practices may fade as the scrutiny of potential terrorists increases in the wake of the Nigerian who, in December, "allegedly tried to set off a bomb hidden in his underpants on a Northwest Airlines flight to Detroit." The paper then continued, " 'I'll have to come up with more creative ways' to get charcuterie into the U.S., says Mr. Knight."

Knight says he's never heard of jail time for smuggling meat, though fines as high as \$500 are possible. I ask him if the *Wall Street Journal's* exposure of his smuggling bothered him. Could his admissions get him into trouble with law enforcement? "No," he says,

"because I'd have to do it again. Now I don't really want to dig my hole any deeper. However, that is the chef culture. The chef's culture is about buying the best things, the greatest things, and nine times out of ten it's a back-door deal. The mushroom purveyor, or forester guy, shows up at the back of the restaurant with a truck full of mushrooms. You come out and take what you want, and it's the best that's out there. It's like a drug deal. There's no need to do that in

Europe. But here it's all about the back-door deal."

Other foods that might come secretly in the back door, according to Knight, are ham, caviar, truffles, and other delicacies. The items might be out of season or smuggled into the U.S., or the seller might not be licensed to resell. "Here in San Diego," says Knight, "I could go catch a fish, head to a local restaurant, and trade it for a meal, if it is good quality. It would end up on the plate the next day as a


special.

"I don't have the need to smuggle again," Knight continues. "I have my business and I'm successful. Now, instead of trying to mimic what they're doing in Europe, we're inventing our own. We know a company here in town — White Labs, Inc. — that can grow bacteria for us so that we can experiment on a bacterial plane with our production. San Diego has the best conditions for drying and curing meat. We have the right humidity levels and

cool-but-not-freezing winters. We have great parameters here for what we do."

Europe's small-farming methods have worked for centuries, and they still follow them. "In the U.S.," says Knight, "we have need for a healthier product. We put the minimal amount of salt in our products. Some European hams have salt contents upward of 11 percent. Supermarket hams have about 8 percent salt. My ham is at 3, the minimum-required salt

continued on page 12



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## The best cure

continued from page 11

for ham."

Then there's fat content. Knight says that two years ago he allowed some of his salamis to contain 30 percent fat. "But people don't want that. And some people like lean, lean sausage. That's just a product of our environment. So we cater to the American palate."

Today, the injection of nitrates and nitrites into processed meats has become the hot-button issue. The centuries-old processing methods used on family farms in Europe did without them. And here Knight lines up on the side of those farmers. He tells me that the big meat processors, such as Farmer John, are committed to the use of nitrates because they are the most effective single agent in preventing botulism. But the old method of dehydration, he argues, is just as effective. It uses salt and plain old drying. As long as "water activity" is reduced low enough, the process functions as well as nitrates. "Water activity," Knight says, "is the amount of water left in a

product that allows microbiological growth. The dehydration process creates in the meats an environment that cannot support that microbiological growth."

Again, the Knight Salumi Co. is responding to growing American sensitivities. Its owner, however, is not totally convinced of the danger of nitrates. "It's a debate right now," he says. "Some studies show that nitrates are dangerous, others that they are safe." The greatest dangers seem to occur when products such as bacon are cooked. Nitrates injected into the meat become nitrites over time, and these can transform further into nitrosamines, which are carcinogenic, raising the risk of certain cancers, especially stomach cancer. Any debate that remains over the safety of nitrates seems to center on what might happen if they were not used in the huge meat-processing operations. Even the European Food Information Council states, "Without preservatives our food chain would not be as safe as it is today. Nitrates and nitrites used in processed meats protect against the deadly *Clostrid-*

*ium botulinum*."

Knight tells me he is not an anti-nitrate ideologue. "But some of the organic producers are using creative marketing to lie to people," according to Knight. He suggests I look in grocery stores for organic products that claim they do not add nitrates. "Nitrates are found naturally in a lot of fruits and vegetables. They're in celery, radishes, cherries, even wine. The processors take celery, they juice it, reduce it down, and mechanically separate the extract until it meets the same concentration of nitrates as a curing salt has. They put that in their product and say on the label 'No nitrates' or 'No nitrates added,' while underneath that, in the ingredient list, is celery juice extract. So we say on our website that we cure meat without adding nitrates via chemical additives, curing salts, via vegetable extracts, juices, or any other derivatives."

As a result, the U.S. Department of Agriculture is suspicious of the processes used at Knight Salumi and similar operations. The department sends representatives to the premises where two-pound samples of meat are tested regularly. Knight has never been written up for safety violations, but "they think what we do is dangerous," he tells me. "That's ridiculous."

Knight and I count the ways that big meat processors are deceptive. Take items that call themselves pork. "Well," says Knight, "there are plenty of pieces of pork, some of them less appetizing than others. Go pick up the Reynaldo's brand chorizo. Pork salivary glands and lymph nodes make up 50 percent of that product. Do you want to eat a bunch of filters?"

"When it comes to organic labeling of meat, all that's required is for 70 percent of the product to be organic. That leaves 30 percent that might not be. You can have irradiated spices; you can have a filler, GDL [glucono delta-lactone], which is a chemical acidifier. When you eat pep-

peroni that gives you heartburn all the time, it's been chemically acidulated. In a natural process, your body tolerates the meat much better when you digest it and you don't get heartburn."

I ask Knight what "fillers" do. I've been told they cause problems for people with gluten sensitivity. "We call them sawdust," says Knight. "They're made out of concentrated whey protein powder. A glutinous net in the fillers captures moisture, oils, and fat. Bologna, mortadella, frankfurters are all loaded with them. The reason the processors add the fillers is because moisture retention is money retention. Fat retention is money retention. Big processors dry their meat to a 30 percent moisture loss. We dry ours to 48 and 50 percent."

Is that reflected in your prices? I ask. "Yes," says Knight. "We're middle of the road." Of the two other companies mentioned in the *Wall Street Journal* story, one prices its products lower and one higher. ■

## STRINGERS

continued from page 7

**years since it was constructed, the space — on the ground level of a condominium — has yet to have a tenant for longer than a two-week period.**

**In late 2009, Efren, the owner of the unit, admitted that the recession had resulted in little interest in the retail spot and his asking price. He said that people interested in opening a medical marijuana facility had inquired about moving in, but despite his desire to find a lessee, Efren believed that the condo residents upstairs would most likely protest the dispensary.**

**This month Efren broke the news that a computer-repair business will be moving in. Efren said he finally agreed to lease the space at a rate significantly less than what had been understood as "market**

**value."**

**Upon hearing the news, a neighboring proprietor said, "I hope other [retail space] owners with vacancies can come to the realization that they need to start lowering their rent prices. That's the only way things will pick up for our community."**

By Nathaniel Uy  
Saturday, Feb. 20

## Heinous Hike

**Copter Rescues Teen in East County**

**Alpine — A panicked father was reunited with his son after the young man became lost approximately one mile from the eastern end of Palo Verde Lake in Alpine.**

**On February 19 at around 6:00 p.m., Royal Magnus called sheriff's deputies to report that Zane Magnus, 19, had left home at 10:00 a.m. to kayak and possibly do some hiking. At 4:00 p.m., he called to say he'd be home in about an hour but failed to show. Calls to his cell phone went unanswered.**

**Deputies conducted a preliminary search but were unable to find Zane. A search-and-rescue team and a Coast Guard helicopter were then called to the scene. After a 15-minute search, the helicopter located him and airlifted him to Gillespie Field, where his father was waiting. Paramedics found the teenager disoriented and cold but in good condition.**

By Craig Vasant  
Saturday, Feb. 20

## Big Bore Banter

**Push for Ballot**

**Language Revisions**

**Coronado — Will some Coronado voters be confused by the wording of a June ballot measure and support a tunnel they don't want? Councilmember Barbara Denny thinks so. She considers the draft ballot language "unintentionally mis-**

**leading" and called for revisions at the council's January 19 and February 16 meetings.**

**The proposed ballot measure asks, "Do you support the City continuing to use existing federal, state and local funding to complete the study of long-term traffic relief options, including a tunnel, between the Coronado Bridge and Naval Air Station North Island?"**

**Denny's suggestions include advising the public why the vote will be on the June ballot rather than November's, when there is greater voter turnout; recommending that the language inform voters that the \$14 million-plus (to date) project covers one mile; and making it clear that the tunnel option being studied will "daylight" in Coronado, not on the naval base (meaning the traffic will exit the tunnel on city streets near the base, rather than emerge on base property, an option that would result in about 13 homes being lost).**

By Sheila Pell  
Saturday, Feb. 20

## Weedy Wheels

**Bike-Tire Pot Smuggling Foiled**

**San Ysidro — U.S. Customs and Border Protection officers arrested an American teenager on Wednesday, February 17, when he attempted to smuggle marijuana into the U.S.**

**At about 3:00 p.m., the 18-year-old male, also a resident of Tijuana, entered the border crossing as a pedestrian with a bike. According to a report obtained from the U.S. Department of Homeland Security, the CBP officer inspected the mountain bike and felt something bulky in the tires. Officers used a narcotic-detector dog that alerted them to the possibility of contraband.**

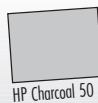
**After the mountain bike**

continued on page 14

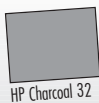
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## CITY LIGHTS

### STRINGERS

*continued from page 12*

underwent X-ray inspection, agents removed the bike's tires and found more than two-and-a-half pounds of marijuana stuffed into the tire tubes. The pot was stated to be worth over \$1300.

*By Steve Horvath  
Friday, Feb. 19*

### Punched Out

**Assault and Burglary in SDSU Lots**

**SDSU** — A man was assaulted on the second level of San Diego State parking structure 6 at approximately 4:20 p.m. on Thursday, February 18.

According to a witness, she saw a man lying on the ground screaming and getting beat up by at least two others. The three suspects believed to have been involved in the assault were last seen traveling southbound on East Campus Drive in a silver late-'90s Chevy Camaro.

SDSU police said that a red-and-blue backpack was stolen along with \$13 in cash.

Less than an hour before the assault, a vehicle was reported burglarized in parking structure 1, located just north of structure 6. A police report documented that a car stereo was stolen and the driver's side door was broken into with a lock punch. It is unknown if the incidents are related.

*By Nathaniel Uy  
Thursday, Feb. 18*

### From 18 to 86

**Largest Marriage Ceremony in TJ History**

**Tijuana** — On Sunday — Valentine's Day — what is believed to have been the largest mass wedding in Tijuana's history took place at Parque Morelos, in the La Mesa delegation of Tijuana.

At just before 11 in the morning, a municipal government representative began a ceremony that bonded 1512 couples in

## CITY LIGHTS

## CITY LIGHTS



*The largest mass wedding in Tijuana history bonded 1512 couples.*

matrimony.

The ceremony included couples as young as 18 years of age and one couple 84 and 86 years old. Thousands of spectators — family and friends of the betrothed — turned out to witness the spectacle. Jackets were gladly shed in temperatures that approached 80 degrees. By one o'clock in the afternoon, most couples had departed to enjoy private fiestas.

*By David Alton Dodd  
Tuesday, Feb. 16*

### Day of the Dragon

**S.D. Celebrates Chinese New Year**

**City Heights** — On Sunday, February 14, the tranquility of my afternoon was interrupted by the sound of drums coming from 47th Street and El Cajon Boulevard.

I followed the sounds of the drums to Minh Hoa Supermarket on El Cajon Boulevard. The parking lot of the Asian market was full of activity. Approximately 20 to 30 men, women, and children surrounded the entrance of the store. Access to the parking lot from El Cajon Boulevard was blocked by orange cones, and two employees stood by to ensure that nobody entered from that direction.

Across the street I saw a large handcrafted dragon dancing around the entrance of the store. The management at Minh Hoa had decided to kick off Chinese New Year (which began this year on

Valentine's Day) with a couple of people dressed in a dragon costume.

According to tradition, the dragon dance is supposed to give good fortune for the following year. Once the dragon completed its dance — approximately a half hour later — someone lit a series of firecrackers.

*By Sandi Mackenzie  
Thursday, Feb. 18*

### Lawyers Fret

**Concern over Google Maps in TJ**

**Tijuana** — Since February 9, Google Maps' "Street View" function has allowed virtual tourists to see a variety of streets in Tijuana with 360 degrees of perspective.

Tijuana street views currently available are along main thoroughfares such as Via Rapida Poniente, Boulevard Aguas Calientes, parts of Zona Centro, Las Playas, Fundadores, and Gato Bronco. Google has also taken photos of areas inaccessible to auto traffic for views of city parks, university campuses, and historical centers, where most of the traffic is pedestrian.

Local lawyers have criticized the street-view mapping of Tijuana as constituting a potential invasion of privacy and fret over images of citizens leaving strip clubs, visiting abortion clinics, or engaging in other possibly embarrassing behavior. Google has responded by claiming that all the images it uses are of public property and that



## CITY LIGHTS

it has made efforts to remove any images containing objectionable material.

Source: *Frontera*

By T.B. Beaudeau  
Thursday, Feb. 18

### No Free Ride

State Beach to Start  
Charging for Parking

*Carlsbad* — Starting on Monday, February 15, the Tamarack Surf Beach just west of Carlsbad Boulevard and Tamarack Avenue will charge visitors on an hourly basis to park their vehicles.

The beach's parking lot — state-owned property — has been stirring up controversy since late 2007, when the State first proposed fees. The City of Carlsbad was able to delay the installation of fee-collecting machines by filing a lawsuit against the State.

Residents in the area have been worried that vehicles of visitors, tourists, and beachgoers will clog up streets in an effort to avoid paying to park.

The lawsuit against the State was settled in September of 2009, when the City was able to convince the State to charge parking fees per hour, instead of implementing a flat daily fee. The rate is \$2 per hour with a maximum daily limit of \$10.

According to the State Parks of California, the annual estimated cost to operate and maintain Tamarack State Beach is approximately \$700,000. The State expects to generate \$590,000 from the parking fees.

By Nathaniel Uy  
Wednesday, Feb. 17

### Life, Guarded

Lifeguards Rescue  
Capsized Kayaker

*Mission Beach* — On Saturday afternoon, February 13, lifeguards responded to a call of a man in need of assistance after his kayak capsized in the ocean near

## CITY LIGHTS

Redondo Court. Bicyclists, skateboarders, pedestrians, and runners froze to witness the attempted rescue.

A student from a local surf school said she saw a guy in a kayak overturn where the waves were breaking and then saw only the kayak floating.

The sound of sirens on the beach pierced the light breeze, and nearby lifeguards rushed to the scene. As an onlooker questioned, "How did they get here so fast?" three lifeguards rushed into the water.

Within a few minutes, lifeguard Mike Manley emerged from the water, dragging the boat to shore. When asked about its occupant, he pointed to the surf and said, "See those two little heads out there? That's one of us bringing the guy in now. Strong rip currents made it tough after he capsized, but he was wearing a life jacket."

Soon afterward, two lifeguards came out of the water, the rescued man walking right beside them. Upon seeing this, the sound of applause erupted from those on the beach.

By Barry Meyer  
Tuesday, Feb. 16

### Strong-Mayor Mess

Frye Opposes Strong  
Mayor Ballot Measure

*San Diego* — Councilmember Donna Frye isn't a strong supporter of "strong mayor." At the February 16 meeting of the San Diego City Council, she shared her thoughts of what is to come if the voters insist on pumping up the mayor.

"This particular form of government, because of how it originated, is flawed, and what will be voted on in June will still be flawed. I think you will see an actual strengthening of the power of the executive branch."

The strong-mayor measure will appear on the June 8 ballot as well as the accompanying measures

## CITY LIGHTS

that would add a ninth council district and give the council the power to override a mayoral veto with a 2/3 vote.

By Dorian Hargrove  
Wednesday, Feb. 17

### Doobie Row

Citizens Voice Complaints  
on Pot Shops

*North Park* — After last week's panel discussion on Hillcrest pot shops, San Diego's medical marijuana task force took its recommendations to North Park.

The mood from audience members varied from those at the meeting in Hillcrest. During public comment, North Park resident Ed Badrak grumbled about the dispensaries operating on Adams Avenue, west of 30th Street.

"We have become a dumping ground," said Badrak. "We have more medical marijuana dispensaries now than we have bars and liquor stores. Something is wrong with this picture."

While most of the speakers were in support of medical marijuana, they disagreed with some of the task force recommendations, like the recommendation that dispensaries not be located within 500 feet of one another. Many speakers felt that distance should be more like 1000–1500 feet.

"If this continues, we are going to have to change the name of Antique Row to Doobie Row," quipped Badrak.

In the end, the North Park planning group voted to accept the recommendations from the medical marijuana task force along with their suggestions.

By Dorian Hargrove  
Wednesday, Feb. 17

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CAMEL SNUS

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# PEOPLE GET LOST IN THERE

WARNING:

THIS PRODUCT  
MAY CAUSE  
MOUTH CANCER





# S.D. ON THE Q.T.

The News You Won't Find Anywhere Else

## Policeman Poet Vows to Kick Some Ass

Coronado Police Department's Internal Affairs Team on Lookout for Clever Constable Following Discovery of Poem

CORONADO — The Coronado Police Department is conducting an internal investigation into the origins of an impassioned poem, apparently written by a police officer and found pinned on the station's main bulletin board. The poem appeared in the wake of the recent ruling by the Ninth Circuit Court of Appeals that Carl Bryan may sue Coronado policeman Brian McPherson for damages incurred after McPherson tasered Bryan following a 2005 traffic stop. (Bryan was, according to McPherson, "yelling gibberish and hitting his thighs" after getting out of his car. The gibbering thighslapper was also wearing nothing but boxers and sneakers.) Once tasered, Bryan fell face-first onto the ground and broke four teeth.



The poem appears to be an adaptation of German pastor Martin Niemoller's famous 1946 poem *First they came...*, which warns against inaction in the face of tyranny. Niemoller's poem reads:

*First they came for the communists, and I did not speak out — because I was not a communist;  
Then they came for the trade unionists, and I did not speak out — because I was not a trade unionist;  
Then they came for the Jews, and I did not speak out — because I was not a Jew;  
Then they came for me — and there was no one left to speak out for me.*

The bulletin-board version voices a similar

concern, and reads:

*First they came for my gun, and I did not kick ass — because I had my taser;  
Then they came for my taser, and I did not kick ass — because I had my nightstick;  
Then they came for my nightstick, and I did not kick ass — because I had...screw it, I am going to KICK SOME ASS.*

Officers involved in the investigation, speaking on condition of anonymity, speculated that the "first they came for my gun" line may be a reference to the \$5.5 million settlement the City paid to ex-Charger Steve Foley in 2008. Foley's football career ended after he was shot in the knee and hip by off-duty Coronado police officer Aaron Mansker in 2006. (Mansker had pulled Foley over on suspicion of driving under the influence.)

Reached for comment, UCSD professor of poetry and poetics Rae Armantrout called the poem "rhythmically strong, not overly slavish to the original, and frankly terrifying."



New "perfect-bound" format drastically reduces usefulness of nation's largest newsweekly

## Forbes Magazine Names San Diego "America's Ninth-Largest City."

Ruling "Not Just About the Numbers," Says Editor "Actually, It Pretty Much Is," Continues Editor

DRINKING FOUNTAIN BY THE MEN'S ROOM IN THE LOBBY, FORBES HEADQUARTERS, NEW YORK CITY (AP) — Ending a multi-year shutout from nearly all of the magazine's so-called "good" lists, the current issue of *Forbes* magazine puts San Diego at number nine on its list of America's Most Populous Cities. The announcement, which is being hailed as both "accurate" and "based on sound empirical data" by the U.S. Census Bureau, comes as welcome news to the sprawling Southern Cal-

ifornia metropolis, which has been plagued in recent years by political and economic woes that have tarnished its public image nationwide.

"It's about time we got recognized for something besides the weather and our urgent need for a new football stadium," said San Diego Convention & Visitors Bureau president Joe Terzi upon hearing the news. "Sometimes, it seems like *Forbes* and the rest of them can't bear to acknowledge San Diego's deeply pleasant existence. For some reason, we missed their most recent list of Most Livable Cities. I mean, seriously: Portland, Maine? Tulsa, Oklahoma? Those are places that people are *from*, you know?"

Terzi offered further evidence for his claim. "We're not on the lists for Most Wired or Most Entertaining, and it doesn't help that

Chula Vista made it onto Most Boring. We didn't even make the top ten for Most Pet-Friendly or Safest. And we were left off of Best Restaurant Cities, even though everyone knows that New Orleans took a dive after Hurricane Katrina. Um, maybe don't print that.



It's true that we were the only city to make both the Most Obese and Most Vain lists, which is kind of fascinating, but I don't really see it as a selling point." Now, however, "we've given the nation — and the world — a reason to notice us. We've given them 1.28 million reasons...."

"My only regret is that Dallas managed to edge us out by a lousy 581 warm bodies," concluded Terzi. "Get busy, San Diego — next year, number eight!"

Terzi also took the occasion to announce the cessation of the City's "San Diego: A Nice Place to Visit" campaign, begun in an attempt to capitalize on *Travel & Leisure's* 2007 ranking of San Diego as America's Best Vacation City. "Some wisenheimer tagged the Laurel Street billboard with '...but I wouldn't want to live there,'" he explained.

## WHO PLAYS WHO



Katharine Hepburn overcame public judgment by pairing with Spencer Tracy to become a box-office powerhouse.



District Attorney Bonnie Dumanis paired with Bill Kolender, then used the power of her office to overcome a public judge.

## POLITICO EDITION



As Hannibal Lecter, **Anthony Hopkins** was a killer who manipulated the authorities with misleading information in order to gain his freedom in *The Silence of the Lambs*.



As "strong mayor," **Jerry Sanders** is a politician who uses his authority to manipulate information and mislead the press in *The Silence of the Staff*.



**Goldie Hawn** starred in *Private Benjamin*, a hit comedy about a citizen who gets duped into serving her country and suffers under a rapacious officer.



As a public servant, councilwoman **Donna Frye** takes hits from rapacious officers whenever she complains about private citizens being duped regarding the Benjamins.



# LETTERS

We welcome letters pertaining to the contents of the Reader. Phone them in at 619-235-3000, ext. 460; address them to Letters to the Editor, Box 85803, San Diego CA 92186-5803; fax them to 619-231-0489; or use our web page at [SanDiegoReader.com/letters](http://SanDiegoReader.com/letters). Include your name, address, and telephone number. Letters may be edited for length and clarity.

## CC&Rs Are Your Friends

Re "Home Owner Association Horror Stories" (Cover Story, February 18).

It would be encouraging to print the other side of the story as well. In this current economy, negativity sells, and one can always find something wrong in any system. Print the value of homeowners' associations.

The purpose is to add value to your property. To prevent 20 cars in your yard and purple houses with white polka dots. Units with five dogs and loud noise. Collective funds to pay for major improvements. Everyone who buys into a homeowners' association should review governing documents and agree to them before they buy to maintain their property values. Homeowners' associations are governed by their CC&Rs, bylaws and civil codes. All boards of directors are voted in by the owners to implement these governing documents. No board member can act alone.

The association serves its owners within the governing documents for the benefit of all. Encourage associations to find resources to effectively serve the needs of all. Effective management support (management makes no decisions — boards do) and perhaps joining the Community Associations Institute would be great sources for invitations to compliance and for maintaining and increasing values of all properties.

Joanne Diaz  
via email

## Power Corrupts

I read your cover story "Home Owner Association Horror Stories" (February 18) with great familiarity. Before I lived in San Diego, I owned a co-op in Manhattan and later a condominium in Westchester, New York, and finally a townhouse also in Westchester. In each situation, there were one or two people who tended to make everyone else miserable.

I moved to San Diego 14 years ago, and after purchasing a condominium here in Banker's Hill, I entered a new level of hell. I have now learned my lesson. I spent time on the board and gave away many hours of my life only to be abused by my neighbors who wouldn't lift a finger to do a thing.

The final insult occurred when several years ago I learned that I was paying a substantially higher monthly HOA fee for my one-bedroom unit than several other larger two-bedroom units. I asked the board and the

managing agent why this was and if they could explain how this happened. I was brushed off as a pest. I brought it up numerous times and received the same response so I dug in and did research.

I found documents that included the square footage of every unit. I did the math and multiplied the error by the number of months I had owned the unit. I attended the next board meeting thinking that this proof would bring home the problem to the board members. It did not. Finally I said that if I didn't receive a meeting within the next two weeks to work out a settlement, I was going to go to small-claims court. I was laughed at. There was no meeting, and I filed a claim. By this time, I had overpaid my HOAs by \$5400.

The day of my court date, the board president and two other members (one of whom was a lawyer) showed up and snickered in my direction as we waited to be called. The judge asked for evidence, which I had. The board had put together alternative evidence proving nothing. The

*continued on page 60*

## Busting Out? of your bra

Bras in hard-to-find sizes from B to L.

Also swimwear, maternity, and sports bras.

### The Enchantress

1400 Camino de la Reina #121  
Next to Mission Valley Hooters

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Appointment recommended

## Kenwood Bass Package \$148\*

- P-W1200
- 2 12" Subwoofers & amp



## Pioneer CD Player \$68\*



- 200 watt • AM/FM • Detachable Face
- iPod Jack & RCA Output

## Car Alarm

- Installed • 2 Remotes
- Starter Kill • LED
- Shock Sensor
- Door Protection

**\$98**

## Window Tint

Up to Back 5 Windows.

**\$98**

## Pioneer Navigation

**\$598\***

- Touch Screen
- Bluetooth
- CD
- Double Din
- SD/Aux/USB



## Stereo Outlet

2707 Garnet Ave. • 858-581-2434 • [sandiegostereo.com](http://sandiegostereo.com)

\* Additional parts may be required. Carryout price slightly higher. Offers expire 3/22/10, with this ad.



## 50% off dry cleaning

Excludes laundry, leather and alterations. Maximum value \$5. Not valid with any other offers.

**Martinizing Dry Cleaning**  
San Carlos: 8680 Navajo Rd.  
619-466-6584

Expires 3-18-10 • Coupon code: G1FSDR

Central



## Free teeth whitening

with paid exam, x-ray, and cleaning. New patients only. Some restrictions. Cannot be combined with any other offer.

**Dr. Evelyn Ascough**  
San Diego: 3333 5th Ave., Ste. 100  
888-670-1736

Expires 3-18-10 • Coupon code: G1FSDR

Central



## 60-minute facial \$45

**Clean Slate Waxing**  
San Diego: 2454 3rd Ave.  
866-225-8590

Expires 3-18-10 • Coupon code: G1FSDR

Central



## Tempur-pedic style mattress from \$399

30-70% below retail every day!

**Real Deal Furniture**  
San Diego: 4810 Mercury St.  
866-685-3911

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Central



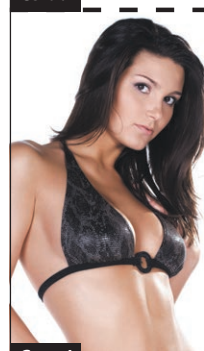
## \$10 off dog grooming

With purchase of full grooming service. New clients only. Not valid with any other offer. Call for details.

**Priscilla's Grooming**  
Mission Gorge:  
8181 Mission Gorge Rd.  
619-265-7422

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Central



## \$10 UV-free Mystic Tan

Best bronzing solution ever. Not valid with other offers or prior purchases. Fresh towels and eyewear provided.

**Tan n Sea**  
Mission Valley: 10330 Friars Rd.  
#108 • 619-281-7702

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Central



## Free cut

with color service of \$50 or more. Some restrictions.

**Fantastic Sams**  
Mission Valley: 5658 Mission Center Rd., Ste. 306  
619-296-6233  
Linda Vista: 5375 Napa St.  
Ste. 105 • 619-299-7267  
Clairemont: Target/Home Depot Center • 858-268-1798

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Central



## \$7 off any dry clean

\$35 or more. Some restrictions. One coupon per customer.

**Uptown Cleaners**  
Hillcrest: 1020 University Ave. D 105  
619-299-2378  
Downtown: 702 Ash St., Ste. C  
619-233-7560  
Kensington: 4134 Adams Ave.  
619-308-0781

Expires 3-18-10 • Coupon code: G1FSDR

Central



## Free bread loaf

Buy any Entenmann's, Oroweat, Thomas or Tia Rosa item and receive one of equal or lesser value free. Excludes fruit cakes. Valid at outlet stores only. One coupon per customer per day.

**Oroweat Bakery Outlet**  
San Diego: 5375 Kearny Villa Rd.  
858-277-6886  
El Cajon: 916 Broadway  
619-442-1847

Expires 3-18-10 • Coupon code: G1FSDR

Central | East



## Free laser hair removal

Buy a package of 3 and get 3 free. Must present ad. Not valid with other offers. Call for details.

**Sente Bella Day Spa**  
San Diego: 220 West G Street, Ste. P  
866-259-8986

Expires 3-18-10 • Coupon code: G1FSDR

Central



## Watch batteries installed \$4<sup>49</sup>

Most watches. Limit 6 batteries.

**Carl's Jewelers**  
San Carlos: 8736 Lake Murray Blvd.  
619-461-7046

Expires 3-18-10 • Coupon code: G1FSDR

Central



## Spa Manicure & pedicure \$24<sup>95</sup>

We use OPI products. We specialize in solar nails, pink & white, color tips and gel nails.

**Nancy's Nails & Spa**  
Clairemont:  
7878-D Clairemont Mesa Blvd.  
858-279-5557

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Central





## Free Arsenal vitamin pack

With whey protein purchase. MetRx or Dymatize.

**Pro Body Warehouse**  
El Cajon: 301 West Main St.  
619-593-0466

Expires 3-18-10 • Coupon code: G1FSDR

East



## 10% Off Any Purchase

Pickup only. Excluding hay. Not valid with any other offer.

**Ranch Feed & Pet Supply**  
Spring Valley: 12868 Campo Rd.  
866-926-3623

Expires 3-18-10 • Coupon code: G1FSDR

East



## 50% off haircuts, highlights, color or skincare

Not valid with any other offer.

**Salon Radiance**  
La Mesa: 4731 3rd St. • 619-741-0962

Expires 3-18-10 • Coupon code: G1FSDR

East



## Free golf

Two-for-one green fees. Any day from 10 am-2 pm. Golf cart included. Come play the redesigned lakes course with its new island green! May not be used in conjunction with any other discount, on holidays or in tournament play.

**Cottonwood Golf Club**  
El Cajon: 3121 Willow Glen Dr.  
888-890-9748

Expires 3-18-10 • Coupon code: G1FSDR

East



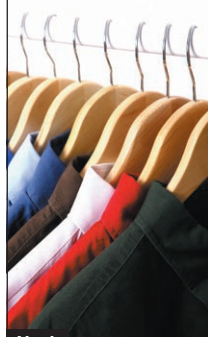
## 2-for-1 18 hole golf with cart

Mon.-Thurs. after 9:30 am. Fri.-Sun. after 12 pm. Present coupon at check-in. Some restrictions.

**Eagle Crest Golf Club**  
Escondido: 2492 Old Ranch Rd.  
877-797-4679

Expires 3-18-10 • Coupon code: G1FSDR

North



## Laundered shirts 99¢

Minimum 5 shirts.

**Cleaners Club**  
San Diego: 9919 Carmel Mtn. Rd.  
858-780-0895

Expires 3-18-10 • Coupon code: G1FSDR

North



## \$4 off car wash

Any premium wash package #2, 3, 4, or 5. Not good with any other offer. Oversized vehicles extra.

**Casa De Oro Car Wash & Detail Center**  
Spring Valley: 10001 Campo Rd.  
619-670-7784

Expires 3-18-10 • Coupon code: G1FSDR

East



## Women's haircut & style \$20

Call for an appointment. Only valid with Ania. Some restrictions. New clients only. Located inside Millicent and Company Salon, the best new salon in La Mesa!

**Ania's Hair Passion**  
La Mesa: 4695 Palm Ave.  
619-838-4675

Expires 3-18-10 • Coupon code: G1FSDR

East



## Free cat or dog exam

With Dr. Mark Ford. New clients only. \$44.85 value. Full-service, state-of-the-art veterinary facility.

**Parkway Pet Hospital**  
La Mesa: 8200 Parkway Dr.  
619-463-9151

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East



## 50% off haircut

Buy one haircut at regular price and get the next one half off. Select stylists. New clients only. Must present coupon before service.

**Coconuts Salon & Day Spa**  
La Mesa: 9340 Fuente Dr., Ste. 201  
619-697-6166

Expires 3-18-10 • Coupon code: G1FSDR

East



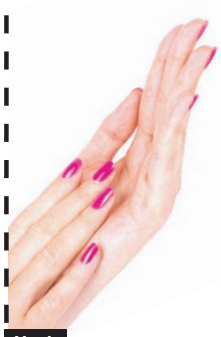
## Organic men's shirt cleaning \$1<sup>95</sup>

No chemicals. Some restrictions.

**Seagull Cleaners & Alterations**  
La Jolla: 5568 La Jolla Blvd.  
858-459-9911  
**Pacific Beach:** 4454 Ingraham  
(Inside Tammie's Alterations)  
858-274-9420

Expires 3-18-10 • Coupon code: G1FSDR

North | Beaches



## Acrylic nails \$25

New set. Acrylic pink and white. Regularly \$45. Not valid with any other offer.

**Chic Nails**  
Solana Beach: 116 Solana Hills Dr.  
866-303-6298

Expires 3-18-10 • Coupon code: G1FSDR

North

# BACK WHEN *in the Reader*

### Thirty-Five Years Ago

**KOLCHAK:** I have found evidence of a most interesting case of vampirism. Meet me at Colinwood in Collinsport, Maine. Count D.

**TIM!** What do you mean Brennan's been snooping around the garage? Haven't you gotten the new pad-lock? Uncle Martin.

— CLASSIFIEDS,

February 27, 1975

### Thirty Years Ago

When Shanks stepped to the tee on number five, a golf cart pulled up behind us. In it were two men wearing suits, ties, and looks that could scare a stevedore. One of them, who did a convincing imitation of Mr. Goodbar, said, "Boys, could you hold up for a second? The President will be playing through."

I was curious about how [Nixon] would strike a golf ball, since I subscribe to Michael Murphy's comment, in *Golf in the Kingdom*, that a golfer's swing is a reflection of his soul. All sorts of questions, I felt, would soon get answers.

— "ONE GOOD BOUNCE," Jeff Smith,

February 28, 1980

### Twenty-Five Years Ago

[Jim Noel] has produced a bumper sticker upon which is emblazoned the legend "Citizens SWAT Team. Stop Crime — Shoot First." On the bottom of the sticker, Noel gives a North Park address for "Crazy Eddies' Gun Shop." There is no Crazy Eddie's Gun Shop. There is no Crazy Eddie's Gun Shop. "I'm not advocating that anyone break the law. I don't have a gun shop. I don't plan on owning a gun shop. I don't even own a gun, but the criminals don't know that," he says.

— CITY LIGHTS: "STICK FIRST AND ASK QUESTIONS

LATER," Abe Opincar, February 28, 1985

### Twenty Years Ago

Nash and I and some 3000 other people subscribe (\$8 per month, \$3 per hour) to The WELL, a four-year-old computer conferencing system. Such a system permits an individual to sit at a computer to which a modem is affixed, and with computer, modem, and telephone, dial a number and enter into typed conversation with other subscribers.

— "MEMBERS OF THE KEYBOARD," Judith Moore,

March 1, 1990

### Fifteen Years Ago

If you are looking for the essence of the city, do not look for it at Fourth and Broadway. Drive toward downtown on I-5, yes, but when that Oz view of spires, glass, and jet-craft swings around the hillside at you, turn aside from it. Take the exit to Washington

Street. It is an uninteresting vein itself, but means of access to a crucial artery: University Avenue.

— "UNIVERSITY AVENUE: FROM WASHINGTON STREET TO LA MESA BOULEVARD," various authors, February 23, 1995

### Ten Years Ago

This old guy, a book collector, was living in the Keating Building, and they told him he had to move. He didn't want to, but

he moved to the Majestic with all his books. Thousands of books. He told the people [at the Majestic], 'This is my last move. I'm not gonna move my books anymore.' About a year later they decided to tear the hotel down. He said he wasn't going to move. They didn't see him for about a month. Finally, the manager went up to his room and found him dead. He committed suicide. He had told everybody, 'I'm not moving my books,' and, by God, he didn't.

— CALENDAR: "BULLETS AND BROADWAY," John

Brizzolara, February 24, 2000

### Five Years Ago

The state law that created the San Diego County Regional Airport Authority says nothing about hiring a small army of pollsters, political consultants, and public relations people to sell voters on moving the airport.

The law does require the airport authority, which took over ownership and operation of Lindbergh Field from the port district on January 1, 2003, to "review all options of alternative sites, including, but not limited to, expansion of the existing airport site" and to submit its recommendation to the voters by November 7, 2006.

— "LEAVIN' ON A JET PLANE," Matt Potter,

February 24, 2005

For more stories by these authors, go to [sdreader.com](http://sdreader.com).



San Diego Reader, March 1, 1990



# STRAIGHT FROM THE HIP

BY MATTHEW ALICE

Dear Matt:

How good are the elves at figuring out questions that BUG people? Good, I hope, because there are lots of bugs in my brain lately. And around the porch light at my house. They're the usual suspects. I don't know what kind they are. I hope that doesn't matter. Every time you go out the door you get a face full of BUGS. I hate it but it also sort of fascinates me. Why would moths that fly at night be attracted to a porch light? It doesn't make sense to me. Maybe it does to the elves. If it does, keep hounding them until they spill the beans. I'm very serious about this. I don't know why, I just am.

— Clinton, 3000 Miles Away

If you live where you say you live — back East somewhere — I'd think you'd have tinkly, crinkly little frozen moths stuck to your light bulb. Well, no matter. As it turns out, scientists don't know your answer, and so far the moths ain't talkin'. But, as usual, the science guys have some guesses. Good guesses? Maybe not. That's up to you. As I always say, what would life be without a few little mysteries to give our brains something to chomp on? Here's your particular hors d'oeuvre, thanks to the house entomologists here in the bug division of the spectacular Matthew Alice Institute for the Study of Weird Stuff in the World Around Us.

We can start by saying that no science guy knows why moths fly in a straight line to your porch light. One thinks he knows why moths fly in a straight line toward a candle, but that's a different thing. The oldest theory about this moth/porch-light stuff is that moths (most nocturnal) use the moon for navigation, set up an angle of flight relative to the moon, and try to maintain it. When the moth mistakes a porch light for the moon, it flies toward it and eventually has to fly around and around it in order to maintain the proper angle. They wouldn't need to do this with the very distant moon. Science guys credit a general "confusion" for the moths' goofy flight around the bulb. After offering this explanation for moth behavior, I can only assume the science guys packed up their PowerPoints and left the room quickly, before anyone could ask probing questions and completely deflate this scientific hot-air balloon.

But if that theory is gradually sinking,

A searchable archive of past columns is available at [SanDiegoReader.com](http://SanDiegoReader.com)

**Got a question you need answered?** Send an email to [heymatt@cts.com](mailto:heymatt@cts.com) or fax to 619-231-0489 or mail to Matthew Alice, c/o the Reader, Box 85803, San Diego, CA 92186.

consider what one researcher did to solve the puzzle. He tied little plastic foam "boats" by long strings to his moth subjects, set the boats afloat on water, the better to observe moth movements. He, too, found his moths making a beeline for a bulb, screeching to a halt, then flittering back and forth within a certain distance of the bulb. In an effort, I think, to blind us with science, he claims that the moths are trying to stay in a dark band around the bulb, called the Mach band. All animals apparently create this with their eyes. Around any bright light source, there's a band that appears much darker than the rest of the environment. The Mach band. Since moths associate "dark" with "safe," they flit around in it until they eventually find their way out of the band and fly away.

That's really about it, Clinton. Take it or leave it. But to make

up for scientific vagueness around your porch light, here's something more convincing re: moths and candles. Yet another researcher claims to have found that moths drawn to flames are all males. Male moths, he says, use smell and vision to track down female-moth pheromones and get lucky, in moth terms. Burning candles, he says, emit the proper infrared wavelengths and smells to lure unsuspecting males. They swoop in, ready to buy her a drink, and get fried instead. Yet a third set of researchers confirmed their own field observations of moths and forest fires by setting small fires and watching their hand-selected moths immolate themselves. They claim they had seen moths actually walking into the path of forest fires, which sparked their interest in a controlled study of the bizarre behavior.

But we can't ignore the fact that moths in a dark environment are safest from bats, nighthawks, other night-flying predators, yet they still love that porch light. (There's one group of soreheads that insists flying toward the moon/a light keeps moths safe from lizards, frogs, and ground-dwelling predators.) Moths are scientifically categorized as having "positive phototaxis" — they go toward light — as opposed to, say, cockroaches, which we all know are negatively phototactic. I'm secretly delighted that something as brainless as a moth has so many smart guys baffled.

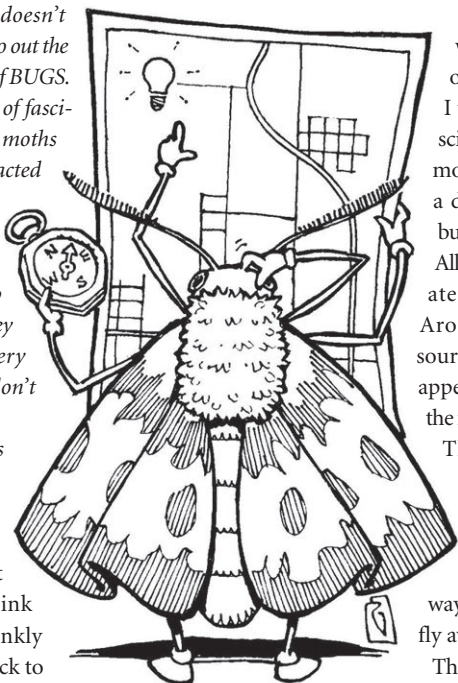


ILLUSTRATION BY RICK GEARY

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\*www.census.gov/population/www/lecode/education/cps2006.html (See Table 8) \*\*Certifications/licenses may require additional study and cost. †Offered fully online by Stevens-Henager College\* Salt Lake City/Murray an affiliated college.



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North



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North | Central



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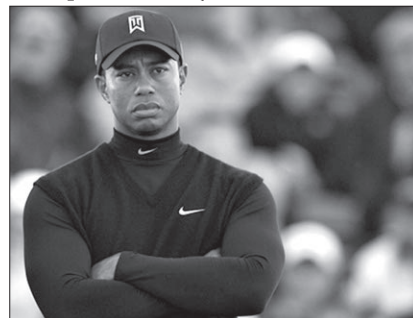
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# SportingBox

BY PATRICK DAUGHERTY

## Step 1. Maybe



Was Tiger's hard drive clogged?

Tiger's apology lecture probably did more good than bad with sports consumers. Saying that, I did smile when he said "I don't get to play by different rules. The same boundaries that apply to everyone apply to me" to a handpicked audience of friends, employees, sponsors, and relatives, all of whom had to hie themselves over to PGA Tour headquarters so they could be used as background props for Tiger Woods. Still, his remarks got me to thinking about sexual addiction. I don't know squat about sexual addiction.

Meet David Peters, 51, licensed marriage and family therapist with a private practice in Mission Valley. According to *The Therapy Directory*, his strengths are: relationship issues, depression, and sex therapy.

Before we get into this, you should know that Peters won't comment on Tiger for obvious reasons. So, the following may or may not have anything to do with Woods, but I thought it was good enough to hand him the microphone. Follows is extracted from one long telephone interview and an email. I wanted to know how sex addiction is treated.

"We'd do a thorough evaluation and an extensive sex history from your first experience of sex in childhood all the way up to the present. We'd go detail to detail... It's not just what happened and how bad it felt; it can also be how good it felt or what sort of arousals took place.

"Most often there is a recommendation to begin attending a support group for sex addicts. There has to be endless work breaking the denial, breaking the secrecy, and learning to talk openly about it.

"It's very much like an AA group. Mostly the same language. It's telling your story and it's also working on lots of issues that are not sexual. They'll work on what you do about job stress — because with the addict, an increase in job stress will lead to acting out again. If you're in a marriage and

it isn't going well, you need to talk about that.

"People will debate whether [sex addiction] should be called a technical addiction or not, but I think it's best to treat it as one because it carries a lot of similar elements, including shame that leads one to hold silent. The more shame there is, the more likely they are to continue the addictive or compulsive behavior — because the behavior gives you a neurological release, the arousal gives you release.

"The fact of not holding the secret reduces the chances of relapse. When you have a terrible secret that you cannot speak about to anybody, it's kind of like a computer that has data on it that must be cloaked. And so you have a cloaking program that disguises that data so no other program accidentally runs into it. And what happens is that the Excel spreadsheet program, the writing program — or in real life it would be your marriage program or your professional program or your good-neighbor program — bumps into the program that's cloaking the data, notices something's wrong, and begins to tap at it. So, you need a second cloaking program to cloak the first cloaking program to make sure the data isn't accessible. More data is entered because the addiction goes on, and that data must be cloaked. And what you end up with is a hard drive that's clogged: the memory becomes slow, none of the programs really work well because the computer is spending so many recourses trying to deal with the shame. So, just the act of revealing it to your spouse and significant others, the brain gets to settle, the brain gets to calm.

"The majority of people who abuse drugs or alcohol realize, 'What am I doing? This is crazy.' And they just back off. Only some people can't back away. A lot of people have done sexual things, like, 'Whoa, that was really way out there. I shouldn't have done that. What was I even thinking?' and they back off, they learn to contain themselves.... Some people do work their way through. But for a lot of people, if you've had sexually addictive behavior for years and you've been trying to quit it and you've failed to quit it, especially if it caused you harm and you still can't stop, then you need professional help....

"I would define [recovery] as keeping the urges in check successfully and keeping your life completely open to certain key people — your therapist, your spouse, a couple of friends — so that there's nothing to hide. That would be being in recovery. But, if it's truly addictive behavior, you're never recovered."

More next week.

Find Sporting Box online at [SDReader.com](http://SDReader.com)



# fast break

By Anthony Gentile



La Costa Canyon's "Canyon Crazies" catch up on the day's headlines as the Torrey Pines starting lineup is announced

## No. 4 Torrey Pines lines up win over No. 5 LCC to capture Avocado crown

Posted February 20, 2010

With a league championship and the top seed in Division I on the line, No. 4 Torrey Pines beat No. 5 La Costa Canyon 57-49.

"It was free throws," said Torrey Pines guard Nick Kerr. "They missed a few and we made some down the stretch."

With Torrey Pines down one with 1:35 left, Kerr sunk two free throws to give the Falcons their first lead of the fourth quarter. After guard Jesse Neugarten made a layup, Kerr made sure Torrey Pines kept the lead for good, making six of his final seven free throw attempts.

## Southwest passes San Ysidro to claim South Bay League crown

Posted February 17, 2010

Chasing San Ysidro for a month after losing their league opener, Southwest has finally caught up. Wednesday night, the Raiders never trailed in a 69-61 win over the Cougars, clinching at least a share of the South Bay League crown.

Both teams came into the game with 9-1 marks in league play, giving the winner the inside



San Ysidro guard Javion Watson goes up for a shot between Southwest guard Maris Boldridge (left) and forward Lamar Weston

track to a league title. From the opening tip, that fact didn't appear lost on Southwest, who raced out to a 21-6 lead.

After halftime, Southwest kept San Ysidro at bay by pounding the ball inside to forwards Emilio Arellano and Maris Boldridge. The Raiders led by nine at the end of the third quarter and never led by less than five en route to their tenth straight win.

### COMMENTS

Looks like Southwest has a very balanced attack. Nice to see a success story for a team that faced a tough schedule heading into league play.

By Broncosdynasty24, Feb 18, 2010

## Grossmont slows down Granite Hills to clinch share of league title

Posted February 17, 2010

On a night when Grossmont's student section donned sombreros, it was fitting that the Foothillers were crowned league champs. Grossmont beat Granite Hills 84-64 on Tuesday night to claim at least a share of the Grossmont Hills League title.

In the second quarter, Granite Hills guard Andre Lewis was hit in the face while going for a rebound, and the game had to be stopped for 20 minutes while Lewis was attended to and the floor was mopped up.

"I didn't know it was going to be that physical," Bowden said. "It was pretty crazy."

Grossmont (17-9, 8-1) completed the sweep of Granite Hills (19-7, 6-3) largely in part to their defense. The Foothillers forced the Eagles to take tough shots and limited their possessions down the stretch.

### COMMENTS

It's rare to have four players with at least 20 points at the high school level.... Grossmont finished strong, and they deserve the league championship.

By Broncosdynasty24, Feb 17, 2010

Fast Break can be found at [SDReader.com](http://SDReader.com). Under "Stories" in menu bar, click on "Sports" then "High School Basketball."

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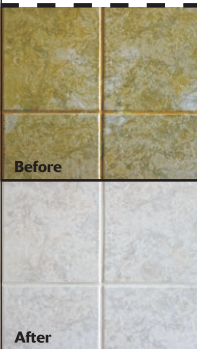


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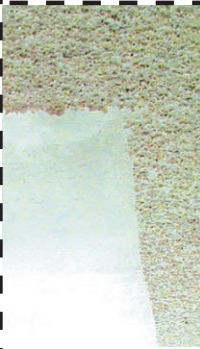
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# BestBuys

— EVE KELLY

After spending much of the winter sick in bed, it's time for the Kelly family to take some proactive measures to stay well. Eve can't take any more time off. The housework piles up, the kids need help with school, and hubby needs his wifey. The house just doesn't work when Mom's sick. So, 2010 will be the year of no sickness. Or at least some proactive measures will be taken to fend off the flus and colds that are ravaging us.

Knowledge is power, they say, and the first person I turned to was my old pal Bernice.

"Last winter I started giving my children Sambucol black elderberry syrup [Sambucol Black Elderberry Syrup — \$16.89 for eight ounces at [vitacost.com](http://vitacost.com)] along with their morning vitamins," she advised.

"There was a noticeable difference in good health. Some of the other brands of elderberry don't taste as good, so it's harder for the kids to take them. All the kids will take Sambucol. It also comes in a tablet form [Sambucol Cold & Flu Relief — \$9.99 for 30 tablets at Henry's], which is great for my husband. I'll leave a packet of tablets at his desk, and he takes them during the day while he works."

I did a little of my own research on black elderberry. "Studies have shown that elderberries are unusually rich in the phytochemicals known as flavonoids," I read on [blackelderberry.info](http://blackelderberry.info). "Among all fruits, elderberries are the most concentrated source of anthocyanins, a class of flavonoids that act as powerful antioxidants to boost the immune system and protect the body's cells from harm."

Bernice also praised probiotics. "When my kids are getting sick, I'll give them Jarrow's Yum-Yum Dophilus [\$10.49 for 60 tablets at Henry's]. It's a chewable tablet with four probiotic strains that aid beneficial intestinal flora." And who doesn't love intestinal flora, the microorganisms that live in one's digestive tract?

"If I feel a cold coming on, I take cod-liver oil [Carlson Norwegian Cod Liver Oil — \$14.99 for 8.4 ounces at [vitaminshoppe.com](http://vitaminshoppe.com)]," said sis Nancy, "and I take it in liquid form because I find that it's much more effective. It has vitamins A and D in it and helps keep me healthy."

"And water, water, water. I drink a ton of water when I feel a cold coming on," she added, "to help flush out the system."

My friend Susan also spoke to flushing out the system. "I give Emergen-C [\$9.99 a box at Henry's] drinks to my children during flu season. When I consistently give it to my children,

*Doctor Dad would follow up the Vicks with a hot toddy — brandy, hot water, honey, and some ginger.*

they don't seem to get many colds," she said. "And if they are already sick, the vitamin drinks help keep the kids hydrated. Each packet has 1000 mg of C, seven active-mineral ascorbates, B vitamins, and 32 mineral complexes and electrolytes.

"Vitamin D is another staple now in our home," she added. "It boosts immunity, so

I give the kids the liquid Wellesse Vitamin D3 Natural Berry 1000 IU [\$7.99 for 16 ounces at Ralphs].

It has a light, sweet taste, so they will all take it. And it kept them well while a nasty flu was going around their school. I think it must have helped."

My notebook was filling fast with products to help with immunity, so I began inquiring about products that help once a sickness has arrived.

As I did the weekly shopping at Henry's, I struck up a conversation with the saleslady in the vitamin aisle.

"I have trouble with my sinuses year round, so I take Sinusalia Sinus Pain on a regular basis," she offered. "It does help with sinus problems. [\$7.99 for 60 tablets at Henry's.]"

"Saline nasal spray has been helping my girls with their colds," touted Sarah (Kroger Saline Nasal Spray — \$3.49 for 1.5 ounces at Ralphs). "It helps flush out their congestion and so they sleep better. Sleep is always at a premium when the kids have colds. They are constantly waking up."

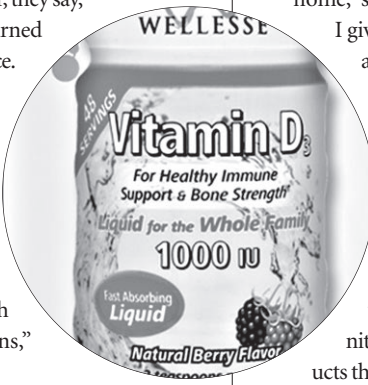
My friend Maire touted an essential oil. "I use Olbas essential oil [\$19.49 for 0.82 ounces at Henry's]. It smells like peppermint, and it helps with breathing when you have a cold. Sprinkle some on your pillow. Or I'll put some on a tissue and place it in the crib next to my babies when they are sick."

The talk of congestion brought back a flood of childhood memories and smells of Vicks VapoRub ointment (\$8.72 for 3.53 ounces at [vitacost.com](http://vitacost.com)). My dad would smear a clump of the stuff on some old cloth and lovingly tie it about my neck.

"A lovely collar," he'd jest. I can smell the menthol now. All of us kids would complain that the cure was worse than the disease. Doctor Dad would follow up the Vicks with a hot toddy — brandy, hot water, honey, and some ginger, all mixed together and choked down to help relieve the pain.

"Sleep heals the body," he'd say, "and a toddy helps you sleep."

For more stories by this author, go to [sdreader.com](http://sdreader.com).





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by Barbaraella

*A pessimist is a man who thinks all women are bad. An optimist is a man who hopes they are.*

— Chauncey Mitchell Depew

**W**ith each glass of wine, Jen sunk a little deeper into the sofa cushions, but her gaze remained alert and fixed on the miniature web page displayed on her phone. “Five things I can’t live without,” she said, inciting responses from around the coffee table.

“Your dogs, of course,” I offered.

“Books,” suggested Rosa.

“Yeah, those are good; there’s my slanket, gotta have that,” said Jen. “And I don’t care how it comes across, but I have to put Hitachi.”

“That’s a good one,” I said. “Let’s ’em know you mean business.”

**“You’d think they’d be the ones talking about dirty stuff. Do you think David’s telling you the truth?”**

“What’s a Hitachi?” It was Christie, our host, who voiced the question, but it was clear from the look on her face that Nancy was also wondering.

“For serious?” I said. “Tell me you’re kidding. You guys don’t have — you haven’t even *heard* of the Hitachi Magic Wand? Really?” I picked up my iPhone, Googled an image of the super-powered electric massager, and held it

up so everyone could see the picture as I continued to express my amazement that these women — both 15 years my senior — had made it this far in life without having ever come across what I consider to be a standard-as-sheets bedroom accessory.

I had begun to detail the most effective method of administering the device on a man when my phone chimed with a text. Five faces stared at me in expectation as I checked the screen. “He says, ‘We’re talking about food and travel, Toro’ — that’s a restaurant in Boston — ‘and NYC.’”

“Bo-o-oring,” said Jen. She held up her iPhone, the hardware by which the recent divorcée was creating her online dating profile, and said, “It wants me to describe myself. I like painting, reading, gardening... I’m just going to say, ‘indoorsy.’”

While the rest of the group brainstormed adjectives for Jen’s profile, I responded to David’s text. David and I were on either end of the wormhole that connected our parallel uni-

verses of men drinking moonshine and women drinking wine. Because my friend Kate preferred to “not celebrate” her birthday and instead have a girls’ night at Christie’s, our friend Josue had decided to host a boys’ night at his place the same evening. Three husbands and one new boyfriend were enjoying a rare seafood-centric meal (two wives are allergic, and I’m not a big fan), while we six women shared cheese, wine, and a handful of elaborate cooked dishes David had prepared and packed for me, with instructions for how each should be heated and served.

After mingling in the kitchen for an hour or so, we’d finally retired to Christie’s living room, arranging ourselves in an oval around the smorgasbord of treats and libations on the table between us.

“Now it’s asking me what I’m looking for in a guy,” Jen announced. “Is it rude to say ‘size matters’? I don’t want to get to the third date just to be disappointed. Once you’re three dinners in, you kinda feel obligated.”

“I don’t think you should put that,” said Kate. Rosa and Nancy nodded fervently.

I was about to play devil’s advocate and encouraged Jen to declare her size conditions when my phone distracted me by chiming again. I looked down at the screen and paraphrased the message. “They’re talking about exercising and quality of life,” I said. The girls snickered. “I’m going to tell him we’re talking about BDSM because I was about to bring it up anyway.”

“Speaking of which, what does the *D* stand for?” asked Nancy.

“Domination,” I said.

“The men are surprisingly tame,” said Christie. “You’d think they’d be the ones talking about dirty stuff. Do you think David’s telling you the truth?”

“I’d bet money on it,” I said. David trusted me to know the difference between sharable information and top-secret stuff — aside from a few flirtatious texts that were clearly meant only for me, I divulged everything he wrote. “Still,” I continued, “the guys are letting me down. Here they have the perfect opportunity to talk about *us*, and they’re totally squandering it. And, if they’re not going to talk about *us*, they could at least talk about something juicy enough to *entertain* us...you know, give us something to work with over here. Exercise? Travel? Yawn. But then again, I guess minds don’t get much naughtier than mine. Except Jen’s, of course. Which reminds me, I’ve been meaning to ask about something that’s been dancing around my head lately...how many times would you have to get waxed before hair just stops growing? Does it ever?”

Rosa and Nancy claimed the need for a glass of water and excused themselves from the room, leaving Kate, Christie, Jen, and me to contemplate the potential benefits and ramifications of excessive wax treatments.

“You know, they always say, ‘The carpet matches the drapes,’” said Kate, “but, nowadays? Carpet? I don’t think so. It’s more like an area rug. Or maybe an entry mat.”

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"If you have laser treatments, it never grows back," said Christie. "I had it done. I haven't had to shave my armpits in years. I got my mustache done, too, and my Frida brow." She went on to explain that she had to undergo eight or nine treatments, but that, since the last one was completed, she's remained hairless in every one of the targeted areas.

"I'm totally going to do that," said Jen. "Not the laser, not yet, but the waxing. I went on a few dates with a real butt-man — all he wants to do is stroke my bum by firelight. It's just peach fuzz on the cheeks, but I'd feel a lot better if it was completely smooth. I'm not kidding, I'm inspired — I'm getting my ass waxed this week."

I received another text from David right then, asking me what we were talking about. I typed,

"You don't want to know. You?" David disclosed the current topic of guy conversation — something about America's relatively puritanical perspective on art when compared with Mexico's. "Wow," I wrote back, "you would be having so much more fun over here." Then, reconsidering our lines of discussion, I texted him once more. "Scratch that, you're not missing anything. Enjoy your seafood! Xoxo." ■

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# Freeway Close

**“It’s not for most people; I wouldn’t recommend it.”**

So says Johnny — or “JohnnyCab” as he’s known via his email handle. He’s talking about his companion for 15 years, the freeway, specifically Interstate 5, at a spot just north of Little Italy. Who would voluntarily — knowingly — live right up against a pulsing, humming, fume-cloaked ribbon of concrete?

I asked Johnny and a selection of other freeway-side dwellers around San Diego County: With all the choices available in “America’s Finest City” (and outskirts), why the hell did you move here?

Johnny comes across as big-city, blue-collar, with a strong streak of intellectual curiosity and an articulate way of talking about his neighborhood and what it means to have an interstate cut right through its heart.

*continued on page 28*



"I've always lived in urban areas; back in Chicago, I lived on Lakeside Drive — we called it 'LSD.' " A big neighborhood guy, he is keenly aware of how his corner of town fits in with all the other places and ready to serve up a lively mini-lecture. "When the freeway was built in 1965, the area just north of here became a no-man's land. It was already in the flight path of Lindbergh. Do you remember 'Five Points'? It was a bustling intersection before the freeway came in."

Johnny is also keenly aware of how, well, *peculiar* his neighborhood might seem to some. "It's a dichotomy. Right behind me are million-dollar condos." As for his place, a one-bedroom "apartment cottage," Johnny freely admits it's "funky." It's also cheap. He won't reveal *how* cheap but

says that he gets a "freeway discount," with rent "well below the fair-market rate. I pay what I would for a place in the 'hood — [someplace] like University and 54th Street. And there was no credit check." When I ask about the drawbacks, he says, "The ambient noise level is high, and there are little rubber particles in the road dust. Also, because it's near the airport, I get a fine residue of jet fuel sprayed on my car."

But the cabbie-cum-urban historian is undeterred. "I'm quite comfortable here. [Also] my brother — he's a bartender — lives in one of the cottages in back of me."

In addition to forming an island of (relatively) affordable shelter in San Diego's high-rent seas, the 1940s-vintage cottages — a cluster set into a hill in a three-level array — are spaces where one can make a

lot of noise. "In 1995 I was 27," Johnny says. "It was a perfect fit for a young person; you could turn up your stereo all the way, do things most neighbors wouldn't put up with."

When it comes to freeway living, noise might be the first thing that comes to mind, but not every highway-side denizen has the same take on the topic. For some, it's at worst a minor annoyance, hardly a blip on the aural radar screen. For others, it's a major impediment to relaxation and recreation, not to mention conversation. Angel, who rents an apartment where the 15 freeway spits out motorists onto El Cajon Boulevard — Marlboro Avenue — says, "Before I moved here, I didn't think twice about it, but once I got here, I realized how noisy it was. Cops are always pulling people over, and there are constant sirens."

Like almost everything else, the health

impact of noise has been the subject of studies, largely undertaken by governmental agencies. In 1999 the World Health Organization presented findings that suggested a correlation — albeit a weak

vasoconstriction) the constant drone of freeway traffic — if loud enough — causes a rise in adrenaline levels, which in turn leads to a decrease in arterial blood flow. Long-term, annoying noise leads to

nearby residents. How does one go about getting a shield between one's back yard (or front yard) and the roar of downshifting tractor-trailers? Unsurprisingly, there is a complex and numbingly bureaucratic

**"It was a perfect fit for a young person; you could turn up your stereo all the way, do things most neighbors wouldn't put up with."**

one — between long-term noise exposure (levels of 67–70-plus decibels) and hypertension. More recent studies point to a similar link between nighttime noise over 50 decibels and increased risk of heart attack, the result of chronically elevated levels of the hormone cortisol. Generally speaking, it seems that (at least for the subset of the general population that is susceptible to

stress, and with it, higher blood pressure. In addition, folks who've decided, for whatever reason, to be "freeway-close" end up suffering more fatigue, headaches, stomach ulcers, and vertigo.

But how close is too close? One way to gauge deleterious proximity to a freeway is to look at the locations where noise barriers have been erected or, if not actually built, requested by

relationship among the various federal, state, and local agencies responsible for building, improving, and maintaining freeways in San Diego County. The road to domestic tranquility is fraught with red tape and frustration.

To begin with, the feds don't have a "number standard" — a decibel threshold — which mandates the installation of sound barriers. True, there are regula-

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tions in federal law contained under the rubric of a section entitled "Procedures for Abatement of Highway Traffic Noise and Construction Noise." But as it happens, the specifics for barriers — set forth by the Federal Highway Administration — kick in only in cases where a state transportation department, such as the California Department of Transportation (Caltrans), has requested funding for new or enlarged roadways.

For San Diegans

and other inhabitants of the Freeway State who wish to knock down the decibels, Caltrans is the go-to agency. Without their OK, sounds emitted from the freeway next door, whether perceived as pleasant white noise or maddening anxiety-provokers, will go unabated. The key word here is *abatement*. No barrier, even the largest and most technically advanced, will blot out all, or even most, of the noise. Even so, you'll have to wait not months but years, perhaps even

a decade or more. There's a labyrinthine process — what else would you expect for a government-run project?

If anyone can navigate the noise-weary through the red (and yellow) tape that surrounds the process, it's Jayne Dowda, chief of engineering for Caltrans' Environmental Division in the agency's San Diego/Imperial branch. A longtime San Diegan with a wry sense of humor and an encyclopedic grasp of county

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## 25% off complete landscape construction

We design and build custom outdoor kitchens, palapas, and more! Call for details.

**Rivers Landscape**  
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www.riverslandscape.com

Expires 3-18-10 • Coupon code: G1FSDR



road projects, Dowda knows noise abatement the way highway workers know orange cones. In order to get a freeway sound wall built, she

also obtain noise barriers; in these cases SANDAG (San Diego Association of Governments) is the lead agency, working within

puter model to forecast future noise; if it's projected to be 67 decibels or higher in a residential area (72 for commercial zones), the initial threshold has been met. Then, we apply a two-part test: Is [the project] acoustically feasible? That is, will it produce a five-decibel abatement? If so, will the cost to build it be 'reasonable'?"

A "yes" answer to these questions means only that Caltrans will *consider* noise abatement. The next step is a preliminary statement — a recommendation — followed by a public review process that, among other things, will address issues such as the visual impact of the proposed wall. At that

## "If we have to dig up someone's swimming pool, that's a problem."

says, there needs to be either a "capital project" underway or a "retrofit" scenario. These typically involve lane additions or widening; along with greater capacity comes more traffic — and more noise. If the projected decibel boost merits amelioration, Caltrans is in charge. Extant roadways can

the framework of its "Noise Barrier Retrofit Policy," approved in 2001.

Caltrans starts by performing an environmental study to determine the impact of the project on the surrounding area. "[Current] noise is just a small part of it," says Dowda. "We use a com-

### RESEARCH STUDIES

# Do you have Schizophrenia?



If so, and you are between the ages of 18 and 55, you may be eligible to participate in an inpatient research study of an investigational medication for schizophrenia. This research study will compare the effects of the investigational medication on sleep to an approved medication for schizophrenia.

Qualified participants will receive:

- No-cost study-related medication and study-related medical care
- No-cost study-related medical evaluations
- Compensation for your time in the study

Call 858-ARTEMIS (278-3647) today to see if you qualify for this research study. Confidentiality is strictly honored.



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## CLINICAL RESEARCH

SCHIZOPHRENIA • DEPRESSION • BIPOLAR DISORDER

Researchers at Sharp Mesa Vista Hospital are currently enrolling men and women in inpatient and outpatient studies.

Eligible participants may receive all study-related care at no cost, and may be reimbursed for time and travel.

Participation is confidential and trials are safely conducted under the supervision of experienced physicians and research specialists.

To learn more, call the Sharp Mesa Vista Hospital Clinical Research Center at **(858) 836-8350**.

Clinical  
Research Center  
**SHARP** Mesa Vista  
Hospital





# CONSTIPATION..... .....STRAINING .....BLOATING

A 3-month clinical trial for men and women, from 20-80 years of age, who struggle with the bloating, discomfort, and straining associated with **chronic constipation** is underway. An oral investigational medication will be evaluated to see if it may address these and other symptoms of constipation.

To possibly qualify:

- Male or female, 20-80 years of age
- Have a history of chronic constipation (fewer than 3 bowel movements per week) for at least 6 months
- Bloating, straining and discomfort
- Not taking narcotics or medication which can cause constipation

Participants may receive at no cost all study-related:

- Exam and consultation with a board-certified specialist
- Labs, EKG, colonoscopy (if necessary) and study medications
- Compensation for your time and travel

Interested call:

**(619) 521-2841**

**Medical Center for Clinical Research**  
[www.mccresearch.com](http://www.mccresearch.com)

point, if locals don't object too strenuously, Caltrans has the green light — *unless* significant, unanticipated costs crop up during the final design. "If we have to dig up someone's swimming pool, that's a problem," Dowda says. "Sometimes, we find that people have built onto our right-of-way."

Even if the environmental study fails to unearth an endangered rat or lizard, and even if the community forum attracts not a single activist, aural relief isn't just a jackhammer away. Take the 1-15 "managed lane" project. Notes Dowda: "The studies began in 1999, final approval was in 2003, and the estimated completion date is 2012. And that's

a quick one."

\* \* \*

No one would call the completion of La Mesa's new noise wall — the long-planned project on the 94 freeway — quick. Although La Mesa residents clamored for it as early as 1995, it wasn't finished until July 2009, and even then, the \$2,000,000, 16-foot-high concrete edifice turned out to be only half as long — 1600 feet — as originally intended. Running along the freeway between Massachusetts Avenue and Waite Drive, its efficacy is a matter of neighborhood debate; some locals say it has made a drastic difference, while others say, "Abatement? What abatement?" But Dowda

says the decibel meters don't lie. "We measured a 10-decibel reduction from 75 to 65 decibels. That's huge."

Paul Walters is a fan of the La Mesa noise barrier. His house sits on the north side of the freeway, at the southern terminus of Massachusetts Avenue. By the time he moved to La Mesa, the 94 had long existed, effectively creating a row of a dozen homes, all situated at the ends of parallel streets cut off by the freeway. All were severely impacted by noise. But Walters saw opportunity. "I was a young divorced guy and tired of renting. For \$36,000, it was a good deal in 1976. It needed work, and I was a good fixer-upper. Also, there

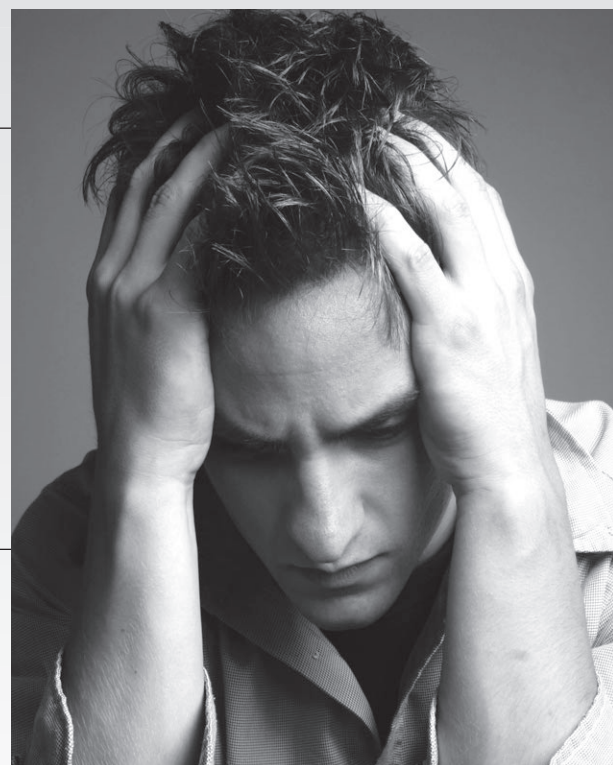
## RESEARCH STUDIES

# Do you suffer from Schizophrenia?

Excell Research is starting several new  
**INPATIENT AND OUTPATIENT studies.**

Call now to see whether you  
may be eligible to participate.

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# SYNERGY CLINICAL RESEARCH CENTER

*"Together...we can make a difference!"*

## Concerned about possible Diabetes and currently have High Blood Pressure?

Eligible participants for this study **must:**

- Have high blood pressure
- Be at risk for diabetes

**If you are at risk of diabetes:**

Some risk factors for diabetes include:

- Elevated triglyceride levels
- Elevated cholesterol levels
- Elevated blood pressure
- Elevated blood sugar levels
- Family member with diabetes
- Obesity and/or low levels of physical activity

We are conducting a research study with medications that have been approved by the FDA, for the treatment of high blood pressure.

**Qualified participants will receive study-related medication and doctor visits at no charge.**

For more information call:

**1-888-365-3203**



SYNERGY CLINICAL  
RESEARCH

## Coughing, Shortness of Breath, Wheezing, Years of Smoking

A worldwide research study is now underway to test an investigational treatment for chronic obstructive pulmonary disease (COPD), also known as smoker's cough, chronic bronchitis or emphysema.

**You may be eligible to participate in this study if you:**

- Are 40 years of age or older
- Have a diagnosis of COPD
- Are a current smoker or were a smoker in the past

In addition to receiving study-related physical exams and laboratory services at no charge, participants will receive study medication and will be monitored by a medical team including the study physician.

Ask your doctor if this study is right for you.

For more information, call:

**1-888-365-3203**



SYNERGY CLINICAL  
RESEARCH

## Do you have type 2 diabetes?

**Are you currently taking Lantus®, Levemir®, Humulin®N or Novolin®N?**

**Has your doctor told you your blood sugar level is not adequately controlled?**

Medical researchers are studying an investigational oral medication to see if it can help improve blood sugar levels.

**To pre-qualify for this study, you must:**

- Be 18 years of age, and
- Have been diagnosed with type 2 diabetes, and
- Be currently taking either Lantus®, Levemir®, Humulin®N or Novolin®N with or without metformin and/or a sulfonylurea and your dose has been unchanged for the last several weeks.

Qualified participants will receive all study-related medical evaluations and study medication at no cost. You may also receive reimbursement for time and travel.

For additional information please call:

**1-888-365-3203**



SYNERGY CLINICAL  
RESEARCH

## Are you suffering from Chronic Back Pain?

If you have **chronic back pain**, you may be eligible to participate in a clinical research study of an investigational medication.

**Eligibility requirements include** (but are not limited to):

- Ages 18 and over
- Pain present for at least one year
- Currently on a stable dose of pain medication for at least 3 months

Qualified volunteers may receive the study medication and any study-related procedures at no cost.

To learn more about this study, please call:

**1-888-365-3203**



SYNERGY CLINICAL  
RESEARCH

## Do you have pain from chronic pancreatitis?

Sanofi Aventis is leading a research study using an investigational drug to see if it reduces pain from chronic pancreatitis.

**sanofi aventis**

- Chronic pancreatitis pain moderate to severe
- 18-80 years old
- Single infusion of study drug or placebo

**1-888-365-3203**



SYNERGY CLINICAL  
RESEARCH

## MAJOR DEPRESSION

If you are one of the 15 million adults affected by depression, you may be eligible to participate in a research study of an investigational depression medication now being studied.

**You must be:**

- 18-65 years of age
- Currently diagnosed with Depression
- Symptoms greater than 2 months

**Qualified participants will receive at no cost:**

- Study-related exams
- Investigational drug or inactive placebo
- Compensation for time and travel

For more information call:

**1-888-365-3203**



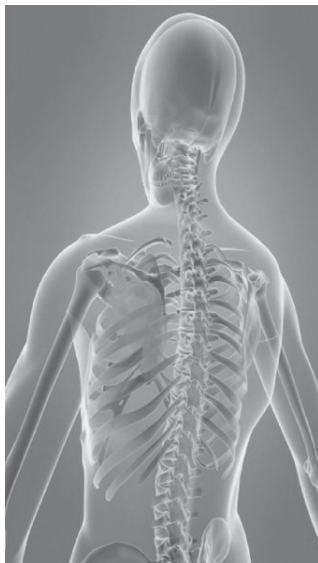
SYNERGY CLINICAL  
RESEARCH

1908 Sweetwater Rd., National City, CA 91950  
[www.synergysandiego.com](http://www.synergysandiego.com)



# Chronic Low Back Pain?

VA/UCSD is conducting a research study using telephone-based treatments for **low back pain** problems.



## We are looking for:

- Men and women
- Ages 21 and up
- In good health except for low back pain



## Benefits:

- Back pain assessment
- Medical evaluation
- Lab testing
- Up to \$260 compensation for participation

For more information, please call:  
**Back Pain Research Office**  
**858-642-3830**

Principal Investigator: J.H. Atkinson, M.D.  
 San Diego VA Healthcare System/UC San Diego

was only one neighbor — two houses sit at the end of these streets — and I got a big lot, 150 by 60 feet.”

It was the lot size that sold Walters. Within a few years, he'd planted all manner of trees: apricot, avocado, banana, cherimoya, fig, nectarine, peach, and persimmon, along with a host of vegetables. For a freeway-side property, the place was looking pastoral. But all was not idyllic; at a scant 25 feet from the 94, Walters' retreat attracted its share of interlopers, both human and animal. “I had all kinds of critters — skunks, rats, gophers — coming off the freeway. The worst were the people who hung around. They'd steal anything in my

yard that wasn't tied down, tools, ladders, even aluminum cans. But what really got me hot was when some guy came in and just whacked off whole bunches of my bananas — they're plantains, actually, I have ten trees. So I built my own wooden fence.”

The redwood fence kept intruders out but did little to dampen the noise, which “was so bad I could tell the time just by listening to the traffic.” Aside from the constant drone, Walters said that before the noise barrier was erected, he'd also hear the tumult from frequent rollover accidents at the Massachusetts Avenue off-ramp. “There's a sign on the freeway that says, ‘Signal

500 feet,’ but there's a 6 percent downgrade, so people are going pretty fast. We have at least one accident every two or three weeks.”

Things have changed for the better, according to Walters, since the noise barrier went up. Looming six feet from the side of his house, a foot thick, and built of concrete blocks, it wins his aesthetic seal of approval: “I like it — it's good-looking — beige, earth tones, and so on.” Most importantly, he notes, “It works. Sure, it reduces sunlight — there's one woman in the neighborhood who's always bitchin' about that — but c'mon.” Retired since 2003, he spends a lot of time at home. I ask if he's ever contem-

## RESEARCH STUDIES

## Getting a good night's sleep shouldn't be so hard...

If you have trouble falling asleep or staying asleep, you may be interested in learning more about a clinical research study for insomnia.



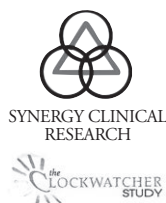
The purpose of this clinical research study is to determine the safety and effectiveness of an investigational study medication for insomnia.

You may qualify to participate in this study if you are between 18 and 64 years of age and you have been diagnosed with insomnia or experience any of the following symptoms on a regular basis:

- Trouble falling asleep
- Difficulty staying asleep or waking up too early
- Restless or interrupted sleep

Additional eligibility criteria will need to be met in order to participate and the study doctor will decide if you are a good candidate for this study. If you qualify, you will receive the investigational study medication and all study-related medical care at no charge. Compensation for other study-related expenses may also be available. If you or someone you know is struggling with insomnia and would like to learn more about this clinical research study, please contact

**Synergy Clinical Research at: 1-888-365-3203**



## Ladies... Lost that loving feeling?

A 6-month clinical research study is underway to evaluate premenopausal women who have been bothered by a decrease in sexual desire. An investigational medication for hypoactive sexual desire disorder (HSDD) will be evaluated in premenopausal women.

### To qualify for the study you must:

- 1) be a healthy premenopausal woman
- 2) be in a heterosexual relationship for at least 1 year
- 3) be bothered by your decreased sexual desire for at least 6 months
- 4) have no history of depression

### Qualifying participants receive at no cost, study-related:

- 1) consultation and examination by a board-certified OB-GYN
- 2) labs, EKG, Pap smears, and study drug
- 3) compensation for time and travel

Interested, call: **Medical Center For Clinical Research**  
**619-521-2841**

[www.mccresearch.com](http://www.mccresearch.com)



# Hepatitis C Research Study

If you suffer from chronic Hepatitis C you may be eligible to participate in a research study of an investigational drug for Hepatitis C.

You may be eligible if you have:

- Chronic infection with Hepatitis C genotype 1
- Never been on prescription therapy for Hepatitis C
- Otherwise good health

If you qualify, you may receive study-related medical examinations, lab tests, and compensation for time and travel.



For more information, contact eStudySite toll-free at:

**1-877-500-eStudy**

(1-877-500-3788)

**info@eStudySite.com**

## COUGHING, SHORTNESS OF BREATH, WHEEZING, YEARS OF SMOKING

eStudySite is participating in a world-wide research study to test an investigational treatment for chronic obstructive pulmonary disease **COPD**, also known as smoker's cough, chronic bronchitis or emphysema.



You may be eligible to participate in this study if you:

- Are 40 years of age or older
- Have a diagnosis of COPD
- Are a current smoker or were a smoker in the past

Compensation for time and travel may be available.



For more information  
please contact eStudySite  
toll free at:

**1-877-500-eStudy**  
**(1-877-500-3788)**

## Diabetes Clinical Trial

If you have Type 2 Diabetes and are not taking insulin you may qualify to participate in a research study of an investigational medication for the treatment of Type 2 Diabetes.

If you qualify you may be compensated up to \$1040.



**For More Information Call**  
**1-877-500-3788**



fever • cough • sore throat • runny nose  
body aches • headache • fatigue

## FLU Got You Blue?

Ask **NOW** about a clinical research study that you may qualify for.

If you have the FLU, you may be interested in participating in a clinical research study testing the safety, tolerability and effectiveness of a new investigational study medication for the treatment of all types of flu including the 2009 H1N1 flu (swine flu).

**If you would like to participate in this study, please contact us as soon as possible. Your first study visit must take place within 48 hours of the start of any of the following flu symptoms:**

- Fever over 100°F or feeling "feverish" • Sweats or chills • Cough • Sore throat
- Runny or stuffy nose • Headache • Muscle aches • Extreme tiredness or fatigue

To qualify, you must be 18 to 60 years of age and meet certain study requirements. You will receive all study-related medical care and the investigational study medication at no charge. Participants may be compensated for their time, and reimbursement for study-related expenses may also be provided.

**1-877-500-eStudy (1-877-500-3788)**

**eStudySite.com**

Se Habla Español: 619-955-5246



The study doctor will explain the study requirements and the possible benefits and risks to you before you decide to participate. Contacting us does not mean you have to participate or that you will be eligible to participate. Participation in this clinical research study is completely voluntary. You are free to withdraw at any time for any reason without penalty or loss of benefits and without effect on your future health care.





## Do You Have Plaque Psoriasis?

Therapeutics Clinical Research is evaluating the efficacy of two treatment regimens in the treatment of moderate plaque psoriasis.

### **We need participants:**

- 18 years of age and older
- With plaque-type psoriasis

### **Qualified participants will receive:**

- Study-related evaluations by a board-certified dermatologist and study medication at no cost
- Compensation for participation

### **Confidentiality Maintained**

Conveniently located in Kearny Mesa

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Website: [www.therapeuticsresearch.com](http://www.therapeuticsresearch.com)

plated moving. "I actually put the house on the market in 1995, but not a single person came to look at it, probably because of the noise. But the noise wall has made a big difference. I'm here for good; I ain't goin' nowhere."

\* \* \*

Retrofitting an existing noise barrier is a dicey proposition, no matter how badly residents want it. It's all a matter of funding. According to Dowda, there's only enough money for three or four of the seven projects on the SANDAG retrofit list. Most people in freeway-bisected areas of town just live with the noise, even if they were there first.

Denise and Larry

Arneson have lived in Normal Heights (at the edge of City Heights) for decades, in a house originally owned by Denise's parents. It's a 1926 Spanish revival, built long before the Southern California Auto Club promoted freeway construction, and long before the Eisenhower administration brought to fruition the network of interstates referred to as "defense highways." But in 1979, the freeway finally came to the Arnesons' doorstep, when the State of California started work on the long-awaited segment that would by the early 1990s allow San Diegans to drive south to the border on the I-15 without stopping at lights. As Denise Arne-

son tells it, living next to a freeway under construction may be even more disruptive than living next to one that's already built.

When the powers-that-be decide to turn an old residential neighborhood into a full-fledged, high-volume transportation corridor, the impacts — aural, visual, olfactory, and aesthetic — are annoying, to say the least. For over a decade, the Arnesons endured a constant cacophony, unremitting dust, and the clogged streets that epitomize the business of building big roads. But selling the place wasn't an option. They'd lived there too long, accumulating all the expected emotional ties. Instead of fleeing

## RESEARCH STUDIES



## Itchy from Eczema?

Therapeutics Clinical Research is conducting an 11-week research study of an investigational topical medication for eczema (also known as atopic dermatitis).

### **We need participants:**

- with eczema of the legs, arms and/or torso
- 18-55 years of age, in general good health
- experiencing moderate to severe itchiness

### **Qualified participants will receive:**

- Study-related evaluations by a board-certified dermatologist and study medication at no cost
- Compensation for time and travel

No insurance required. Confidentiality maintained.  
Conveniently located in Kearny Mesa.

**Call us at: 858-279-SKIN (7546)**

**THERAPEUTICS**  
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9025 Balboa Avenue, San Diego, CA 92123

E-mail: [info@therapeuticsresearch.com](mailto:info@therapeuticsresearch.com)

Website: [www.therapeuticsresearch.com](http://www.therapeuticsresearch.com)

## Type 2 Diabetic Volunteers

Dr. Robert Henry and his associates at the VA Medical Center are looking for Type 2 Diabetic volunteers to evaluate the effects of Dapagliflozin compared to placebo on insulin resistance and insulin secretion.

### **Duration:**

Approximately 24 weeks total: 11 clinical study site visits  
(The visits will include an initial screening visit and 10 clinic visits.)

If you meet the following criteria you may be eligible to participate.

### **Inclusion Criteria:**

- Males or females aged 35 to 70
- Diagnosed with Type 2 Diabetes
- A1c 7.0% to 10.0%
- Body Mass Index (BMI) less than or equal to 45 kg/m<sup>2</sup>
- You must be taking Metformin for at least 12 weeks at a dose of 500mg or greater OR Metformin greater than or equal to 500 mg plus a sulfonylurea (such as Glyburide and Glipizide or Prandin, Januvia)
- If you are a woman of childbearing potential you must agree to use an adequate method of contraception to avoid pregnancy

**For more information, please contact Catherine DeLue at 858-552-8585 ext. 6740.**  
Qualified participants will be compensated for participation up to \$1,400.



## Got toenail fungus?

**Are your toenails thickened,  
or have a cloudy appearance?**

If so, you may qualify for a research study involving a new investigational medication for TOENAIL FUNGUS.

No insurance needed.

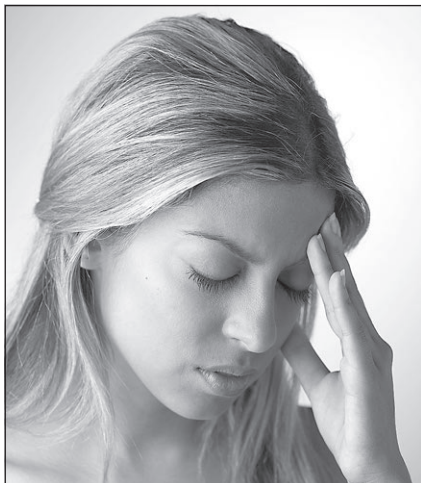
Study includes:

- Study-related medical evaluations by a dermatologist
- Study-related medication • Reimbursement for time and travel

***We also have ongoing studies for acne and psoriasis.***

**For more information call University Clinical Trials at: (858) 278-8470,  
ask for Julia or Eric. Visit our website at: [www.univct.com](http://www.univct.com)**





# Menstrual Migraine Headaches

*Wishing your period  
would never come?*

A medical research study is underway to evaluate an investigational oral medication for women 18-34 years of age with regular periods **who have migraine headaches associated with their periods, in at least 2 out of the last 3 cycles.** Periods are tough enough without adding a migraine headache.

To possibly qualify:

- Females, 18-34 years, with regular periods
- Have had migraine headache associated with 2 of your last 3 periods
- Can be using medication at present to treat migraine headaches at a stable dose for at least 2 months

Participants may receive at no cost:

- Study-related examination and consultation with a board-certified physician
- All study-related medications, labs, and Pap smear
- Compensation for your time and travel

**Medical Center for Clinical Research**  
(619) 521-2841  
[www.mccresearch.com](http://www.mccresearch.com)

# eStudySite is currently evaluating patients

for a research study  
who have a  
**RECENT WOUND  
INFECTION**  
3 inches across or more  
and one of the following:



- Your wound hurts, or
- Your wound is swollen, or
- Your wound is warm to the touch, or
- Your wound is tender to the touch, or
- There is pus coming from your wound, or
- You have a fever, or
- You have any of the above signs or symptoms

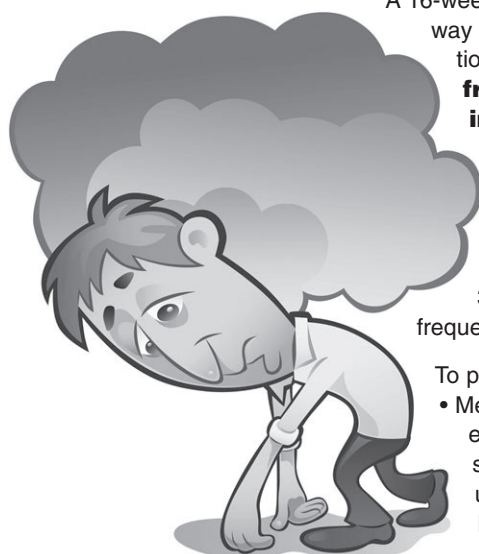
To learn more about this research study,  
please call eStudySite toll-free at:

**1-877-500-eSTUDY**  
**1-877-500-3788**

There is no cost for participation. A doctor at our clinic will determine if this study is right for you. If you participate in the study, you will receive study-related medical care at no cost and may be compensated for time and travel. No insurance is required.



# Going, Going, Going Too Often at Night



A 16-week clinical research study is underway to evaluate a marketed oral medication taken daily for **urgent, frequent nighttime urinations in men and women over 18 years of age.** Getting up numerous times at night causes interrupted sleep and subsequent tiredness. If you have been getting up multiple times nightly for at least 3 months, you may have nocturia, or frequent nighttime urination.

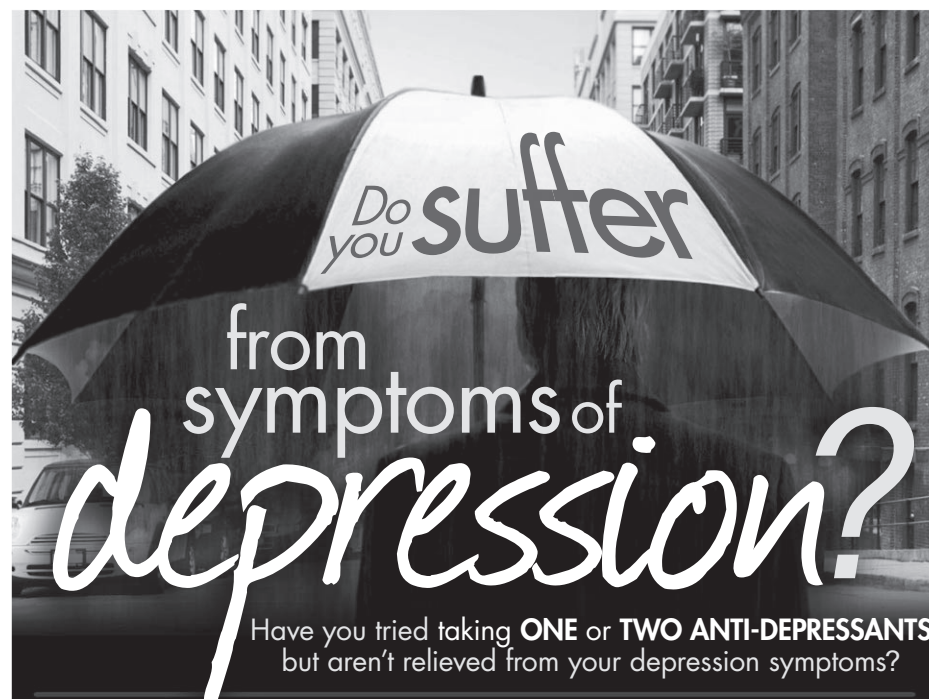
To possibly qualify to participate:

- Men or women, 18 years or older and experiencing overactive bladder symptoms with frequency and urgency, especially at night, for at least three months

Qualified participants may receive:

- Study-related examination and consultation by a board-certified physician
- Study-related labs and EKG at no cost
- Study-related medication or placebo (an inactive look-alike pill) at no cost
- Compensation for time and travel

**Medical Center for Clinical Research**  
(619) 521-2841 • [www.mccresearch.com](http://www.mccresearch.com)



If so, please contact us today about our research study of an investigational depression medication.

*Qualified participants must:*

- Be 18 to 65 years of age
- Have tried taking one or two anti-depressant treatments without relief from depression symptoms
- Have felt symptoms of depression for at least the past eight weeks

*Qualified participants receive*

- All study-related care and study medication at no cost

To learn more, please call toll-free 1-888-899-2949 or visit [trastudy.com](http://trastudy.com)





DO YOU HAVE  
**bipolar disorder?**

ARE YOU FEELING  
**depressed?**

If so, please contact us today about our research study of an investigational bipolar depression medication.

**QUALIFIED PARTICIPANTS MUST:**

- Be 18 to 65 years of age
- Have had a manic, hypomanic or mixed episode of bipolar disorder
- Have suffered from a depressive episode for at least the past four weeks

**QUALIFIED PARTICIPANTS RECEIVE:**

- All study-related care and study medication at no cost
- Compensation for time and travel

To learn more, please call toll-free

**1-866-428-9499**

or visit

**bdSTUDY.com**

the disruption, they documented it. Larry, a longtime hobbyist shutterbug, snapped hundreds of pictures of things like turquoise-hued, six-foot-diameter sewer pipes stacked in front of their house, and Leviathan graders and bulldozers that took over their street. If they'd thought of using a video camera, the Arnesons could have preserved for posterity other aspects of the southbound I-15 project, especially those things that made sleep well nigh impossible. After-dark construction was excruciating. "The worst thing might have been the bright spotlights they use," says Denise. "And the pounding; we couldn't keep our windows open

on warm nights." The couple also suffered the wrath of Caltrans' right-of-way acquisitions. Freeways take up a lot of space, and to finish the I-15, eminent domain was invoked, resulting in a large-scale Caltrans buyout of homes in the neighborhood. Although the structures were eventually demolished and paved over, the State of California, assuming the role of mega-landlord, rented the places out to people the Arnesons described as "low lifes." These days, things have calmed down a bit, and although Denise says, "I still don't like it," she notes one positive outcome. "It's actually helped my daycare business; with the freeway access, it's easier for par-

ents to reach my house."

\* \* \*

Despite evidence that points to adverse, long-term health consequences from living next to a freeway, most San Diegans with whom I spoke said they were unaware — or only dimly aware — of the hazards. Even those who do recognize the high ambient background noise and fine particulate matter (the reality of the annoyance, not the nomenclature) are more worried about such immediate if prosaic issues as paying the rent and getting to work on time.

Damion Jackson typifies this pragmatism. A Jamaican immigrant who calls himself a videographer, he's lived less than a half-block from the 8 freeway, near College Avenue, for two years. Although he hears at least one traffic accident a day, along with a steady stream of big trucks and siren-blaring ambulances, he likes the location. "Yeah, mon, the freeway access. You know, I can make it anywhere I want to go from here, you see. And the price is right."

More than anything, the decision to put down roots, even

**RESEARCH STUDIES**

**Urinate Often?**



As part of a national research study, we are looking for people who awaken at night to urinate. To learn more about the study, please give us a call.

Participants receive up to \$200.

For more information call

**CALIFORNIA  
RESEARCH FOUNDATION**

(619) **291-2321**

**Hand Eczema?**

Therapeutics Clinical Research, a center of excellence in dermatological care, is conducting a clinical research trial of an investigational medication for hand eczema (also known as hand dermatitis).



**We need participants:**

- 18-75 years of age
- with hand eczema lasting at least six months

**Qualified participants will receive:**

- study-related evaluations by a board-certified dermatologist and study medication at no cost
- compensation for time and travel

**No insurance required.**

Conveniently located in Kearny Mesa.

**Call us at: 619-512-DERM (3376)**

E-mail: [info@therapeuticsresearch.com](mailto:info@therapeuticsresearch.com)

Website: [www.therapeuticsresearch.com](http://www.therapeuticsresearch.com)

**THERAPEUTICS**  
CLINICAL RESEARCH

**Do you have acne?**

**Are you (or your child) 12-65 years of age?**

If so, you (or your child) may qualify for a research study involving an investigational topical medication for acne. No insurance needed.

**Study includes at no cost:**

- Study-related medical evaluations by a dermatologist
- Study-related medication
- Reimbursement for time and travel



For more information call **University Clinical Trials at: (858) 278-8470**  
Ask for Julia or Eric. Visit our website at: **www.univct.com**



## Hepatitis Vaccine Research



If you are between the ages of 40 and 70 and have never had Hepatitis or the Hepatitis B vaccine, you may be eligible for this vaccine research study.

Eligible participants may receive the following at no cost:

- Study vaccination
- Study-related physical exams
- Compensation may be available for time and travel

For more information contact us today!

**619-291-2845**



## Overweight? Underactive? Yoga and Stretch Study

University of California San Diego is conducting a study to see whether yoga or stretching therapy improves metabolic and cardiovascular risk factors.

**You may qualify for the study if you are:**

- Between 21-65 years old and
- Overweight and Underactive

**If you qualify for the study, you will have:**

- Either yoga or stretching classes for 1 year
- 2-hour Oral Glucose Tolerance Test and other blood tests; measures of sleep quality; abdominal CT scan measures

*You will be modestly compensated for your time.*

If you are interested please call **(858) 534-8118**,

email: [prysms@ucsd.edu](mailto:prysms@ucsd.edu) or visit our website:

<http://coe.ucsf.edu/scor/prysms>

## Smoking too much pot?

### WE WANT TO HELP YOU STOP!

Researchers at the Scripps Research Institute are working to develop treatments to help you quit smoking marijuana. This 12-week program involves medication.

For more information and to see if you qualify, please call **858-784-7867 (STOP)** or visit [www.pearsoncenter.org](http://www.pearsoncenter.org) for more detailed information.



### WOMEN NEEDED TO PARTICIPATE IN DOMESTIC VIOLENCE RESEARCH STUDY



#### Who can participate?

- Women between the ages of 18 and 60
- And recently out of a domestic violence situation

#### What is involved?

Once we determine that you qualify for this study (via phone interview), you will be asked to participate in the following:

- In-person Interview (2 hours)
- Neuropsychological Testing (2 hours)
- Individual Domestic Violence Therapy (10 x 1-2 hour sessions)
- 2 fMRI Scans (3 hours each)

#### When will this take place?

Each appointment will be made to accommodate your schedule, Monday thru Friday, 9am to 5pm.

**If interested, call:**  
**Michelle Behrooznia**  
**619-400-5046**



You can receive free individual psychotherapy and up to \$425 for your participation.

Principal Investigator: Murray B. Stein, MD, MPH, VA San Diego Healthcare System and University of California San Diego

## Is COPD Leaving you Breathless?

*Coughing*  
*Wheezing*  
*Feeling of suffocation*  
*Breathlessness*

Right now we're enrolling adults with COPD ages 40+ years in a research study of an investigational medication for COPD (Chronic Obstructive Pulmonary Disease).

**Qualified participants will receive at no charge all:**

- Study-related care and evaluations
- Study medication
- Compensation for travel may be provided

**Don't Let COPD Leave You Breathless**

To learn more please call **619-229-3909**

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# VACCINE RESEARCH



## 40 and Older?

Accelovance conducts vaccine research in your community related to seasonal influenza, hepatitis, pneumonia, shingles, and other recommended adult vaccines. Volunteers may be compensated from \$100 up to \$900 depending on study requirements and visit schedule.

Contact us today to learn more about research.

**619-291-2845**



shallow ones, cheek-by-jowl with the local interstate, is a financial one. The real estate mantra of “location, location, location” operates here, but inversely. Although home-buyers often shy away from home-steading next to a busy road — even a modest “feeder” surface

street — renters are a different story. (Anecdotal speaking, a high percentage of local freeway dwellers seem to be renters.) San Diegans, it seems, will put up with a lot in exchange for affordable rent. It’s not just noise, though, that forms the downside of the calculus; in some cases, it’s also the quirky incident — dangerous or merely inconvenient — that one encounters near a busy

highway. In the gritty, urban neighborhoods that house most of the county’s freeways, shit happens — shit not ordinarily encountered on the tame, orderly streets of places like Scripps Ranch, San Carlos, and Rancho Bernardo, to name a few.

Roxanne Lopez knows all about the inconvenience, but she won’t be vacating her Golden Hill apartment anytime soon. She says, “I thought I’d hate it, but I like it.” Lopez, who works in medical billing, moved to a small (10–12-unit) complex off 25th Street in April 2009; returning to San Diego after a stint in Fresno, she looked at a dozen or more places before settling on her

two-bedroom, one-bath residence — the best deal she could find. It’s inner city all the way; the other tenants speak only Spanish, and homeless people congregate next to an adjacent overpass. Yet, she claims that she’s seen no serious crime — so far.

As one would expect, the wire-mesh fence between her place and the 94 freeway doesn’t impede the sound or exhaust residue emitted by traffic 50 feet from her front door; unless the windows are closed, she can’t hear, and the dust is fearsome. The sound of metal-on-metal from collisions is a frequent companion, as are the bellowing commands from police loudspeakers and sirens. It’s espe-

## Attn: Heavy Drinkers

Researchers at The Scripps Research Institute are working to develop new treatments for people with alcohol problems.

Is your current alcohol use causing problems with your family, your work, your life? If you want to stop drinking, The Pearson Center for Alcoholism and Addiction Research is conducting a clinical trial to help you reach that goal.

Qualified participants receive lab tests, medication or placebo, individual counseling and compensation for travel. All information is confidential.

Call: 858-784-7867 (STOP)  
Or visit: [www.pearsoncenter.org](http://www.pearsoncenter.org)



## Do you have Diabetes?

**Are you experiencing pain, tingling, burning, or numbness in your legs or feet?**

You may be suffering from **painful diabetic neuropathy**, or nerve damage caused by diabetes.

Coordinated Clinical Research is conducting a clinical research study to determine the effect of an investigational drug and its ability to treat pain associated with diabetic neuropathy.

For more information call **858-455-5463** or email us at **ccr@sandiegotrials.com**.

Qualified participants will receive clinical evaluations, lab tests and investigational drug for up to 2 years. You may also be reimbursed for \$50 per visit to cover meals and travel-related expenses.



**Coordinated Clinical Research**  
[www.sandiegotrials.com](http://www.sandiegotrials.com)  
Scripps Memorial Hospital (Ximed Building)

9850 Genesee Ave.  
Suite 320, La Jolla  
CA 92037

### RESEARCH STUDIES

## Do You Have A Non-Healing Wound Or Sore On Your Leg?



We are conducting a clinical research study of Dermagraft®, a tissue-engineered dermal replacement, in the healing of venous leg ulcers.

### We need participants:

- 18 years of age or older
- With three or fewer leg wounds

### Qualified participants will receive:

- Examinations by a board-certified physician
- Study-related examinations and therapy at no cost
- Compensation for time and travel

**No Health Insurance Required  
Confidentiality Maintained**

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are needed for an  
investigational Vaccine  
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for RSV and  
Parainfluenza Virus.



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**888-250-9925**

Compensation for  
time and travel.

**CALIFORNIA  
RESEARCH  
FOUNDATION**

## Does OAB (overactive bladder) keep you up at night?

Do frequent trips to the bathroom during the  
night keep you from getting a good night's sleep?



We are looking for participants for a research study to evaluate a  
new, approved medication for overactive bladder.

### Qualified participants must:

- be age 18 years or older
- have experienced these over-  
active bladder symptoms for  
at least 3 months:

- strong, sudden urges to  
urinate, especially at night
- need to urinate frequently

### If qualified, you:

- will attend five office visits over a  
16-week period
- will receive the study medication  
or a placebo (an inactive look-  
alike pill) and study-related care  
at no cost
- may be compensated for time  
and travel

For more information please contact:

**Dr. Steven Drosman, MD**  
Genesis Center for Clinical Research  
(619) 542-0593



## Forgetting simple tasks? Memory fading? Can't seem to complete projects?

### If you or someone you know is:

- Male or female • Between the ages of 45 and 90
- Experiencing memory loss? Unable to organize or plan? Forgetting simple tasks?
- In overall good health

If you answered yes to all of these questions, you may be eligible for our research  
study! If you qualify and choose to participate, you may receive an investigational study  
medication. You will also receive physician consultations, study-related medical  
examinations, laboratory evaluations and follow-up visits all at no charge.  
Health insurance is not required and compensation for time and travel is provided.



If you are interested in learning  
more about this study, please contact:

**(619) 688-6565**

See our website: [www.ari-inc.com](http://www.ari-inc.com)



## Have you been diagnosed with schizophrenia and currently taking medication?

### Are you:

- Male or female between the ages of 18-55?
- Currently taking a stable dose of medication?
- Currently in a stable living situation?

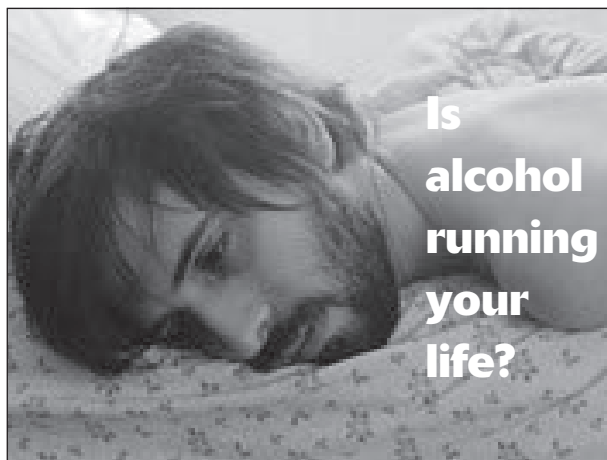
If you answered yes to all of these questions, you may be eligible for our investigational drug research  
study. If you qualify and choose to participate, you will receive physician consultations, study-related  
medical examinations, laboratory evaluations and follow-up visits at no charge. You may receive study  
medication to be used in addition to the schizophrenia medication you are currently taking. Health  
insurance is not required and compensation for time and travel is provided.



If you are interested in learning  
more about this study, please contact:

**(619) 688-6565**

See our website: [www.ari-inc.com](http://www.ari-inc.com)



Is  
alcohol  
running  
your  
life?

## Could a daily investigational medication break the cycle?

Participants will receive, at no charge, study-  
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- Laboratory Tests
- Study Medication

All participants will be monitored by a  
medical team and the study doctor.

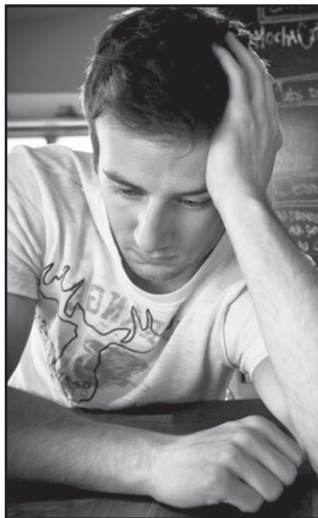
**All information is strictly confidential**

To learn more, please call:

**NCCR**

**North County Clinical Research**

**760-639-4378**



## Sadness? Low energy? Trouble sleeping? Can't concentrate? These are symptoms of depression!

### If you, or someone you know, is:

- Between the ages of 18 and 55
- Currently experiencing a depressive episode
- In overall good health

If you answered yes to all of these questions, you may be eligible to participate in a research study  
for an investigational drug for depression. If you qualify and choose to participate, you will receive  
study-related consultations, study-related medical examinations, laboratory evaluations and  
follow-up visits at no charge to you or your insurance company.

You may be reimbursed for participation.



If you are interested in learning  
more about this study, please contact:

**(619) 688-6565**

See our website: [www.ari-inc.com](http://www.ari-inc.com)



## Do you want to quit smoking?

Quitting smoking is one of the most important things you will ever do because:

- You are likely to live longer
- Quitting smoking will lower your chance of having a heart attack, stroke, or cancer
- The people you live with, especially your children, will be healthier
- You will have extra money to spend on things other than cigarettes

Affiliated Research Institute is conducting a clinical trial on an investigational vaccine that may help  
participants quit smoking and maintain smoking cessation. To qualify for this research study, you  
must be between the ages of 18 and 65 years and smoke an average of 10 cigarettes per day. If  
you qualify for participation, all research medication and study-related care will be provided at no  
cost to you. You will receive smoking cessation counseling to help you succeed in your effort to  
stop smoking.

Health insurance is not required and compensation for time and travel is provided.



If you are interested in learning  
more about this study, please contact:

**(619) 688-6565**

See our website: [www.ari-inc.com](http://www.ari-inc.com)



cially bad on weekend nights — she notes that it peaks around 3:00–4:00 a.m. — when the cops pull over suspected drunk drivers fresh from closing time at the bars.

Lopez says that, despite the drawbacks, her location gives her an affordable home with convenient access to not only the 94 but the 805 and 15, and the trolley stop a few blocks away. She appreciates that it's a quick jaunt for her daughter to Hoover High School. For entertainment on the cheap, she takes in the fireworks at Petco Park from the privacy (and din) of her dwelling. To be sure, living next to the freeway has created frustration. Last summer, she was effectively

trapped at home when police, having stopped a large tour bus, ordered the driver to pull over in the first available spot on the street, which turned out to be the only exit from the complex's parking lot. Lopez, already scrambling to get to a job interview, pleaded with the officer to have the bus moved, but, she says, "He didn't care." She didn't get the job — but still recommends freeway-side living. It all comes down to access and affordability.

Easy access to jobs and schools also means access to air pollution — and not just the mundane, if heavy, dust that most people mention. Indeed, if the numbers of research studies and articles are any indica-

tion, it would appear that exhaust fumes are perhaps of greater concern than noise. Photochemical air pollution, the nearly ubiquitous smog plaguing Southern California for decades, has long been thought to exacerbate pulmonary disorders and make breathing more difficult for even the healthiest; anyone who's ever done heavy-duty aerobic exercise on a smoggy afternoon can attest to that. But the pollutant levels that give rise to "smog alerts," "poor air quality days," and other familiar earmarks of So Cal smog aren't typically measured on freeway shoulders; by the time ozone, carbon monoxide, and nitrogen dioxide — the holy trinity of vehicular emissions — pass through the sensors, they've been mitigated (in varying degrees) by the atmosphere. People living next to a busy freeway, however, benefit from no such filtering.

When it comes to inhaling pollutants, kids, especially those in low-income families, are hit hardest by freeway emissions, say researchers. And it's not as if the mechanism that results in respiratory distress remains unidentified. Dr. Elisa Nicholas, a pediatrician who focuses on childhood asthma, explains in an interview that "exposure to pollutants decreases the amount of allergens necessary to trigger an asthmatic response." But she also stresses that there's no easy solution — one can't simply "legislate away" the problem. Nicholas, project director of the Long Beach Alliance for Children

with Asthma, states that it would be counterproductive (not to mention impractical) to bar people from living near freeways. "Poor people

extant case? What about impeding lung development, and function in later life, among kids? If so, particulates are the way to go — the

trate cellular tissue in the lungs and enter the circulatory system. The Particle Center (funded by the U.S. Environmental Protection

## Kids, especially those in low-income families, are hit hardest by freeway emissions.

have to live somewhere. I wouldn't want to see displaced, homeless people. We need to further reduce emissions — we have the technology."

Want to trigger asthma or worsen an

smaller, the better.

According to the Southern California Particle Center and Supersite, "ultrafine" particles — the smallest of this class of pollutant — are the most hazardous because they are able to pene-

Agency and the California Air Resources Board) also states that proximity to the freeway is of vital importance in determining the degree of danger. The Particle Center's studies — conducted in the Los Ange-

### RESEARCH STUDIES

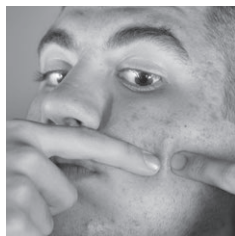
## Do you have severe acne?

We are looking for:

- 12-54 years of age
- Severe acne with a minimum of 10 large, painful bumps on face, back or chest

Qualified participants will receive:

- Study medication at no cost
- Compensation for time and travel



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### Extension 5611

#### Botox

- 1 What is Botox/Dysport?
- 2 Botox/Dysport & wrinkles
- 3 Effects of Botox/Dysport
- 4 How much does it cost?



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### Extension 5612

#### Cosmetic Dentistry

- 1 About our office
- 2 Implants, dentures & partials
- 3 Invisalign, the clear straightener
- 4 Veneers & teeth whitening
- 5 Crowns, bridges & surgeries



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### Extension 5613

#### Breast Surgery/ Augmentation

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- 2 What type is right for you?
- 3 Breast lift
- 4 Breast reduction
- 5 Male breast surgery



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#### Laser Eye Surgery

- 1 About LASIK
- 2 Who is a candidate?
- 3 Your eye exam
- 4 Surgery
- 5 After surgery



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### Extension 5615

#### Laser Hair Removal

- 1 What is it?
- 2 How does it work?
- 3 How is it performed?
- 4 What does it feel like?
- 5 Best candidates?



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### Extension 5616

#### Weight Loss

- 1 What should I eat?
- 2 How much can I lose?
- 3 Body Mass Index (BMI)
- 4 Is the Atkins Diet safe?
- 5 Exercise: How much?



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les area (which would seem equally applicable to San Diego) — showed that the highest concentrations of ultrafine particles occur within 50 meters of the freeway, drop to half that level at 50–90 meters out, and, after 300 meters or so, decline to the “ambient” level of the surrounding community. However, studies by other groups have pointed to wider hazard zones for the freeway-close.

Although there seems to be a general consensus among scientists that exposure to pollutants is greatly increased as one approaches the roadway, there is less agreement as to how far out the hazards extend. Perhaps the most comprehensive (i.e., largest study group

and longest study period) investigation to date was a project undertaken by physicians associated with the Keck School of Medi-

freeway had, on average, a 3 percent deficit in the amount of air they could exhale and a 7 percent deficit in the rate of exhalation. (The

**“I live ON the 125 north. The only thing separating us and the freeway is a chain-link fence.”**

cine at the University of Southern California. Focusing on asthma and lung development, the researchers tracked 3677 children for eight years, starting at age 10. They concluded that by the age of 18, kids living within 500 yards of a

former rate rose to 9 percent in the smoggiest areas of Southern California.) Moreover, the study revealed that the asthma rate among kids living a quarter of a mile from the freeway was 89 percent higher than for those living a

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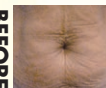
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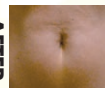
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mile away. As for long-term implications, the researchers noted with alarm that those who start adulthood with impaired lung capacity are, as they age, much more likely to suffer respiratory and cardiovascular diseases than the general population.

No matter how definitive or potentially frightening the studies, there seems to be little awareness, and even less concern, among those who live near the belching tailpipes. I spoke with Joey York, an affable, articulate woman who lives with her husband and children on Mariposa Street in La Mesa. York would seem to personify the maximum-exposure freeway dweller. "I live ON the 125 north," she says.

"The only thing separating us and the freeway is a chain-link fence." She also happens to be an asthmatic — with an asthmatic child, to boot — and says that the dust is so bad that she and her husband never open the windows. If they wash their cars, she adds, "They're filthy again within two days." Yet, she admits, when it comes to health effects, she "hasn't thought about it" but "would look into it."

\* \* \*

In many cases, freeways come to the people and, depending on one's perspective, either bring sorely needed improvements to local transit or mercilessly slice through neighborhoods. In other

instances, developers choose to build near existing freeways and homebuyers (at least initially) are happy to opt in. For an example of the latter scenario, drive south on the 163 toward downtown. Right before you get to Mission Valley, after passing the hospitals on the left (using the Mary Birch stork as a sentimental form of GPS), you'll find, just past the Genesee exit, a curious little pocket of homes of fairly recent vintage, all of which stare point-blank at the freeway.

Viewed from the adjacent 163 (albeit at 70 or 80 miles per hour) these homes, at the southern dead end of Hanford Drive, appear to be

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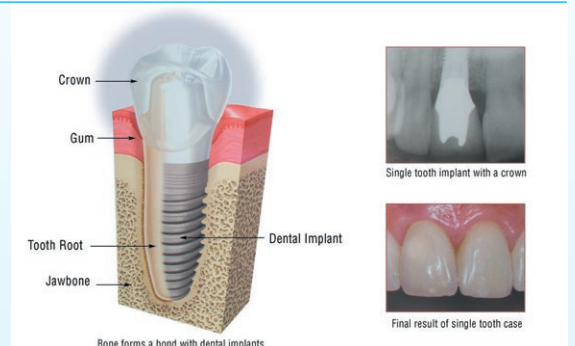
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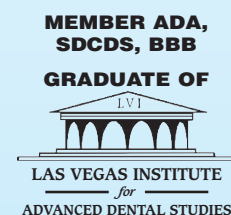
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respectable, middle-class, single-family dwellings, scarcely different, architecturally speaking, from thousands of other tract houses that pepper the county. But there's something jarringly incongruous about the neighborhood, something that leads to the inevitable question: Who would build homes here — and who the hell would buy them? I'd pondered as much on many occasions, thinking: do kids hit baseballs or fling Frisbees onto the freeway? Do the local mutts get squashed under the wheels of semi-trucks? Do neighbors congregate to watch spectacular accidents or high-speed chases? I decided to

look into it — dipping my toes into the waters gently at first — by snooping around online.

After a short time

according to a superimposed red arrow, 50 yards from the freeway. Invited to take a "virtual tour" of the interior, I took note of the

**The aerial photo showed an unremarkable dwelling situated, according to a superimposed red arrow, 50 yards from the freeway.**

Googling "Hanford Drive, San Diego," I discovered that one of these homes, a 1278-square-foot joint at 1850 Hanford, was up for sale for \$275,000. The aerial photo showed an unremarkable dwelling situated,

shoddy furniture, cheesy motel "art" on the walls, and unkempt bedrooms. However, I was unable to detect framed family portraits of the freeway dwellers who were, ostensibly, packing up to leave. Then it occurred to me:

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Perhaps they weren't moving after all — maybe they were renters. Didn't the sales ad mention an "investment opportunity"? Shortly thereafter, a cryptic message read, "This listing has been deactivated."

Officially speaking, the 1700–1800 blocks of Hanford Drive are part of Linda Vista, where ramshackle, frequently decrepit houses — cheaply built during the post–World War II housing boom — are the norm. However, unlike their depressingly dilapidated cousins just to the west, and in contrast to many freeway-side dwellings in San Diego, these homes, which sold new for \$80,000 or so, date only from 1984. But, as I discovered firsthand, their chronological age is as deceptive as the view from the freeway.

To get to the "new" Hanford Drive homes, one must traverse the tawdry heart of Linda Vista, which I did with some trepidation. The streets are narrow, lined with dented cars and strewn with abandoned shopping carts from nearby Asian markets. The pavement is rough and the homes rougher still — fitted, to a one, with metal bars over the windows and, in many cases, with a wrought-iron or chain-link fence in the front yard. As I approached my target, I noticed that mine was the only white face around; the locals were largely Vietnamese and Mexican.

Once there, I walked the street, checking out the ambient noise level (high) and the noise wall

(low); it can't be much more than four feet high. There were a handful of people out and about. Most were performing home repairs or working on

older cars and pickups on the street. As for the houses themselves — considering that they're scarcely a quarter-century old — they

proved to be surprisingly run-down, protected from intruders by iron-mesh screen doors and supplemental deadbolt locks. The ambience is one of

premature decay; lush lawns, mature trees — the typical earmarks of middle-class suburbia — are absent, as are any other signs that the residents spend

much time out front. Maybe there just aren't as many residents on "new Hanford" as there were back in 1984; padlocked doors and Fan-

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nie Mae foreclosure notices are a clue. Turnover is the norm here. Nonetheless, at least one man who lived there 2½ decades ago still lives there — but just barely, as he hangs on by the skin of his financial teeth. "Peter B.," as he asked to be called, has "aged in place" along with his forlorn neighborhood. He told me, "I'm one of the originals, and I'm hoping to die here, but I guess we'll see."

Putting aside the desperate and choice-bereft, as well as the pragmatic folks who speak of affordable rent and ease of access, there are people who actually dig the *action*. No doubt, in this age of reality television, YouTube, and other

nakedly voyeuristic forays into the blood, guts (and warts) of un-air-brushed life, what could be more real than a gory traffic accident

the freeway-side lifestyle, they bought a house "a few inches" from the 78 freeway in San Marcos. Putting aside the fact that their

**"I'm one of the originals, and I'm hoping to die here, but I guess we'll see."**

right on one's doorstep? Nothing staged — just snapped limbs, severed arteries, the floridly titled "jaws of life." Bring it on, baby!

Heather and Joe Schmidt enjoy the show, and to prove their commitment to

place, an otherwise unremarkable detached home, was a "great deal," the Schmidts appreciate the emoluments of residing next to a highway. For most passersby, the 78 corridor presents a view of commercial and industrial sprawl, along with

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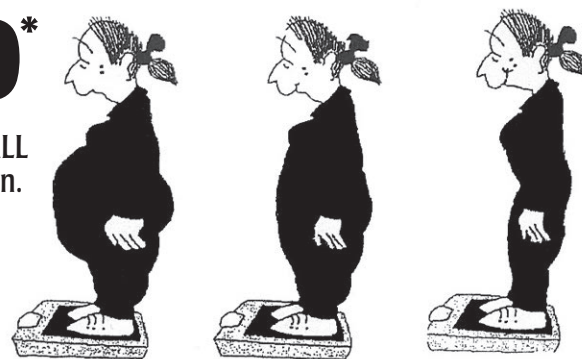


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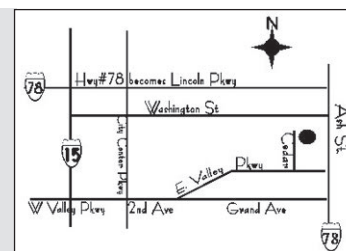
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the occasional vestige of North County's agrarian past; not a few commuters would call the area prosaic, at best. But the Schmidts beg to differ; with their second-story blinds pulled open, they enjoy a sort of roadside reverie as they watch the action on the asphalt below.

It's not that they're completely inured to the drawbacks. "Sure," admits Heather, "the noise is disruptive, and the back yard gets covered with black dust; there are sirens at 7:00 a.m., and I've seen taggers painting graffiti on the fence. But we used to live right on Clairemont Mesa Boulevard, so it's not so bad." Moreover, "From our second story, we get our own personal traffic report; we watch the freeway before leaving home. I like the fact that I can see my house from the freeway; also, it's a reference point during a power outage." And there are the accidents, some of them spectacular. "It was about a year ago — late 2008; we heard a collision and opened the blinds. It was like a movie, cars smashing into other cars; a semi drove on top of the cars and everything caught on fire. We even took pictures. It was really cool."

As it turns out (based on this small, decidedly unscientific sample), more than a few San Diego County people think that living next to a freeway is "cool." But does the "coolness factor" outweigh the "pain-in-the-ass quotient"? Well, according to Gloria Torres of Oceanside, it all depends on where

you grow up. She told me, matter-of-factly, "I've always lived in super-loud areas. Until the age of three, my family lived next to the train tracks. After that,

we moved to a duplex right on the 5 freeway on Tamarack. So I don't mind; it doesn't bother me at all. It's just one of those things. As far as the

noise, I don't think it's harmful. I would recommend living here to anyone who's lived in a loud environment."

Torres, 22, still lives next to the I-5, this

time at a home owned by her brother on Capistrano Street. It's close to the South Camp Pendleton exit — so close that, numerous times, she's

been nearly rear-ended when backing out of her driveway by cars speeding down the off-ramp. Not surprisingly, with the steady stream of Marines hurrying to

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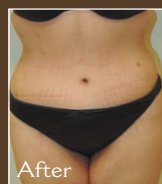
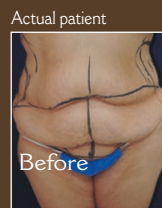
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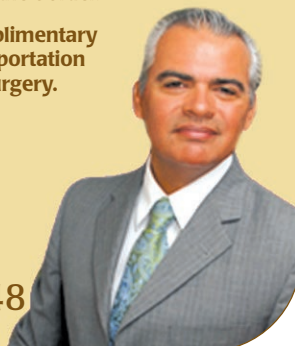
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the base, there's no front-yard play for Torres's niece and nephew (aged 2 and 6); their outside activity is limited to the back yard, where Dad has erected an inner fence to prevent the kids from getting too close to the road. Supplemental picket fence or not, it's still too loud for friendly get-togethers. Torres laughs. "When we have visitors, they're, like, 'It's SO LOUD. How can you live here?'"

It's not just loud, she says, it can also be blazingly bright at all the wrong times — courtesy of Caltrans, whose construction crews come out to frolic amid the rumble strips after sundown. To the detriment of the

locals' slumber, the men in reflective vests take no chances when it comes to safety. Setting up portable light towers such as the "Night-buster 5000" — a formidable array of four 1000-watt metal halide lamps — the workers stand around and smoke their cigarettes in the glow of a man-made solar eclipse in reverse. Torres complains, "The whole house lights up and you can't sleep."

Despite the noise and the light, to say nothing of the occasional oil spill, she remains steadfast: "I really like it here. There's a nice ocean breeze, and it's interesting to see different, random things."

I said to Torres, "You mention 'random

things.' Does anything stand out?" She said, "Do you remember the big fires we had in October 2007? They closed the freeway from a few miles south of here all the way to the Border Patrol checkpoint, I think. Anyway, I walked out onto the road with my boyfriend and my brother, and we all lay down on the pavement and looked up at the sky." Wasn't she the least apprehensive that the cops would suddenly open the road? Didn't she feel vulnerable, back flat to the interstate?

"No," she replied, "I wasn't worried about that. I was thinking, 'I'll never get the chance to do this again in my life.'" ■

— Moss Gropen

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WENDY WIELAND | 32

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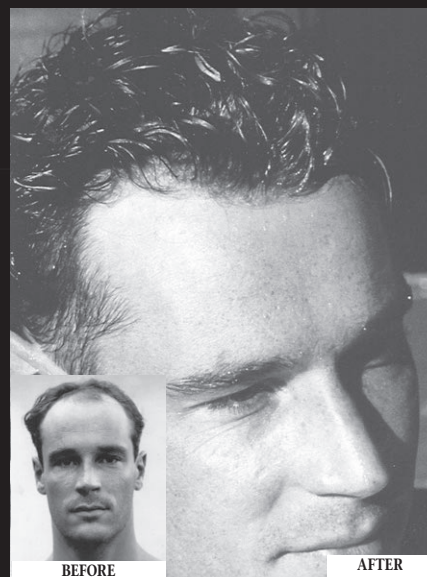


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# We Don't Want You Taking Pictures

**Rob Hurlbut**, a San Diego photographer and creator of *theworldisraw.com*, captured video footage of trolley officers brutally taking down a man for smoking a cigarette at a trolley station. Hurlbut shot the video at 8:20 p.m. on Saturday, September 5, 2009, at the 12th and Imperial transit station.

Hurlbut's video shows two officers restraining the smoker from behind while a third trolley officer attempts to gain control by sitting on the man's head. You can hear the man pleading with him to stop because the officer is hurting his head scars, which he alleges he received from brain cancer treatment. The two officers behind the man are holding his arms, and he doesn't appear to be struggling or posing any

threat to the officers or nearby passengers.

Hurlbut's video raises a couple of questions: Why did they decide to arrest the man for an offense that is citable? And why did the officers attempt to prevent Hurlbut from filming the incident?

Smoking is outlawed at all San Diego Metropolitan Transit System trolley stations and bus stops, and smokers can be fined up to \$75 for their first offense, not includ-



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ing court costs and other fees. The agency's transit police, a private firm called Heritage Security Services, enforces the ban.

"My only concern was with being hassled as a photographer," said Hurlbut. "It wasn't until after posting the video [to my website] and comments began to show up, regarding the treatment of the arrested man, that I even considered the officers might be using excessive or unnecessary force."

According to Hurlbut, the incident began when the man was walking through the station with a lit cigarette, toward the area where people generally smoke, away from the passenger waiting area. A trolley came through the station and cut off the man's path. As he was waiting for the trolley to move, two trolley officers, employed by Heritage Security Services, approached the man and requested that he put out the cigarette. The man explained that he was just waiting to cross the tracks. The trolley officers said that didn't matter and to put the cigarette out anyway.

"From there it instantly turned into what I would describe as cocky attitude from the smoker versus an inflexible attitude from the cops," said Hurlbut. "The smoker didn't want to put out the cigarette, and the cops didn't want to grant him ten seconds to get to the smoking area. Less attitude from one or some flexibility from the other would have avoided the whole thing."

The trolley officers then asked the man to turn around, and he asked why. One of the cops physically turned the man so his back was to the officers. The man then turned himself back toward the officers. It was at that moment that the trolley cops brought him down and when Hurlbut started filming.

Even though Hurlbut witnessed the entire incident, he is confused as to why it went that far. "Before being taken down, he did put his cigarette out. It seemed to me that because of the attitude he gave the trolley cops before he put it out, that [the trol-

ley cops] didn't want to let it go."

Hurlbut claims the smoker was not yelling (until he was on the ground, anyway), threatening, or otherwise displaying an aggressive attitude.

"I would describe him as being cocky, arrogant, and somewhat perplexed by the whole situation. He was saying things like 'Why are three cops around me for smoking?' and 'What are you gonna do?' But he wasn't raising his voice.

He was as confused as I was." Hurlbut added, "I would actually draw a comparison from what happened to him to what happened to me in the last part of the video. The way the trolley cop was addressing me, and the ques-

tions I was asking him, were identical to what happened to the smoker. It was an 'even though I might be wrong, why are you making such a big deal out of it?' situation."

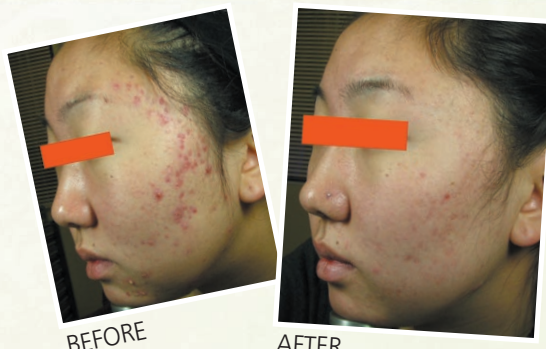
At the video's two-minute mark, a female offi-

cer looks at Hurlbut, and then says something to her colleagues. This causes three other trolley officers to turn around and look at Hurlbut. The female officer says something to the trolley officer who had been attempting to

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physically block Hurlbut from filming at the onset of the video — she points at Hurlbut and sends the officer over to him. This officer approaches Hurlbut and asks to see his pass.

The officer repeatedly tells Hurlbut, “We don’t want you taking pictures.” Hurlbut asks if he is in violation of any law. The officer never says Hurlbut is in violation of the law but continues to state, “We don’t want you taking pictures.”

The officer also warns Hurlbut that taking pictures is “against our rights.” He cuts himself short after starting a sentence with “You can’t —”

“I took this then, and now, to believe that the trolley police are fully aware that photography is legal,” states Hurlbut. “So they resist saying ‘You can’t take pictures’ and cover themselves legally by replacing it with ‘We don’t want you taking pictures.’”

In attorney Bert Krages’s

*Legal Handbook for Photographers*, he states that the general rule in the United States is “anyone may take photographs of whatever they want when they are in a public place or places where they have permission to take photographs.” Photos cannot be taken on someone’s private property without their permission or of members of the public who have secluded themselves in places where they have a reasonable expectation of privacy (such as dressing rooms, medical facilities, and inside their homes).

Although Hurlbut wasn’t breaking the law, he stopped filming for fear the officers might confiscate his camera.

“I already had what I felt was some great footage. If I was arrested for continuing to film them, they would have been able to remove the memory card from my camera, and I would be left with nothing. I was not afraid of being arrested, I was afraid of hav-

ing my footage confiscated or destroyed.”

About five minutes after Hurlbut ceased filming, a trolley cop approached Hurlbut and asked to see his pass. The officer took Hurlbut’s pass, and while examining the pass, asked Hurlbut where he was headed. When Hurlbut answered he was headed to La Mesa on the orange line, the officer told him to wait over by the trolley. As Hurlbut walked over to the track the officer had indicated, the officer told another officer nearby to make sure Hurlbut got on the next trolley.

“The track he wanted me to wait by is farther away from their SUV and the trolley cops’ activities in general,” said Hurlbut. “I interpreted the exchange to mean that something would happen if I wasn’t on the next trolley. I took his meaning to be that they wanted me to clear out of the station. I caught the 8:34 p.m. trolley.”

In response to recent

assaults against transit security officers, the 10News I-Team began an investigation into Heritage’s practices in July of last year. According to a contract they obtained, the Metropolitan Transit System’s contract for security with Heritage is for five years with a maximum payout of \$25 million, beginning in 2006.

While unarmed officers earn an hourly wage ranging from \$7.50 to \$10.76/hour, armed officers make from \$10.50 to \$12.73/hour. Armed supervisors earn between \$13.40 and \$23.48. Armed lieutenants can bring in up to \$25.23, while captains can earn as much as \$32.34 per hour.

Several trolley officers spoke to 10News under the condition of anonymity and claimed Heritage did not provide proper training for its employees. Two officers who spoke to 10News’ Mitch Blacher said officers who carry guns are

not trained to handle critical situations.

“It’s dangerous for the officers and, to some extent, the public,” one former officer stated.

State regulations require all security guards to have a minimum 40 hours of training. Ken Moller, president of Heritage Security Services, said their transit officers receive 164 hours of training, and those carrying weapons must be requalified every quarter.

Following the incident, Hurlbut emailed Heritage Security Services a link to the video, asking for a comment, but he never heard back. Ken Moller ([kmoller@heritagesecurity.com](mailto:kmoller@heritagesecurity.com)), president of Heritage Security Services, also ignored several requests to obtain a comment for this story.

NBC 7/39 News interviewed Hurlbut on September 18, 2009, about the incident and did a brief segment that same night on their 11:00

p.m. newscast. Moller did comment for NBC, stating, “We have no right to tell people they can’t shoot down there. My officers were wrong in telling him that. And I put that word out as soon as I saw the video. It’s a public place, and people can certainly shoot video down there if they want to.”

Moller did not mention the excessive force used against the smoker.

Hurlbut also emailed MTS and received the following reply from Belinda Fragger ([belinda.fragger@sdmts.com](mailto:belinda.fragger@sdmts.com)): “Thank you for bringing this matter to our attention. Your email has been forwarded to MTS Trolley for handling. MTS case #41411.”

Hurlbut never heard back from Fragger or MTS.

San Diego Reader’s request to view the incident report from that evening was denied by Tiffany Lorenzen, general counsel for Metropolitan Transit System, based on the California Public Records Act, which exempts documents from disclosure that are either: (1) records pertaining to current litigation to which the public agency is a party; or (2) records of complaints to, or investigations conducted by the Office of the Attorney General and the Department of Justice, and any state, or local police agency.

Lorenzen did not confirm MTS’s reason for refusing to disclose the incident report.

Now that the video has been seen and questioned, Hurlbut hopes some answers follow.

“Heritage Security and MTS need to have transparency regarding the rights of commuters. It should be as easy for the public to address and fix problems they have with trolley guards. We, as the general public, have the right to know what exactly their job is and what they are and are not permitted to do.”

You can view both videos (the one Hurlbut shot and the NBC 7/39 segment) at the following address: [theworldisraw.com/illegal-photography/](http://theworldisraw.com/illegal-photography/). ■

— Kathryn Snyder

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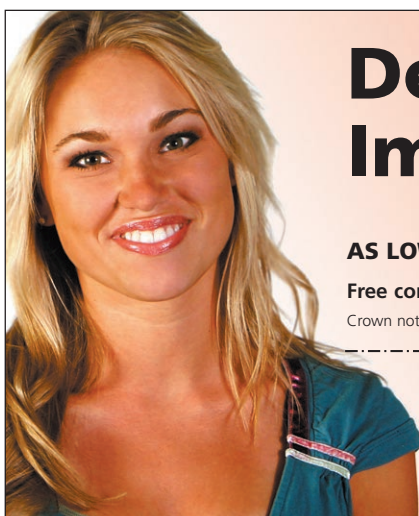
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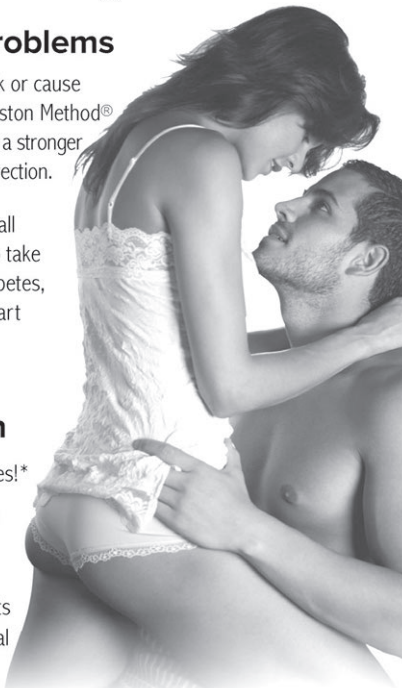
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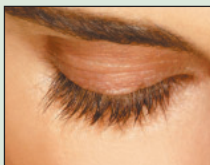
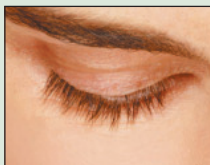
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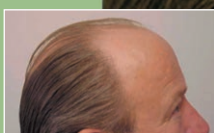
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# Automotive Karma

Where will you be when your automotive karma wears out? I know exactly where I was: on the 15 south, going to work, January 8, 2010.



**Author:** Claudia Aragon  
**Neighborhood:** Escondido  
**Age:** Fifty-something  
**Occupation:** Department manager

*Editor's note: This is the winner of January's \$100 third-place prize for our monthly neighborhood-essay contest.*

*Deadline for the next contest is February 28, midnight.*

*To post your entry, go to [SDReader.com/neighborhoods](http://SDReader.com/neighborhoods), find your neighborhood or campus, and follow the instructions to create a blog.*

It happened in an instant. For only a second the oil light flashed and then disappeared. Of course, I rationalized that I would check and top off the oil when I arrived at work. However, within three miles my car was ticking like a bomb. By the time I got to work I had a full-blown knock. I realize that they call them idiot lights for a reason, but they should have idiot lights for dummies — a light that doesn't wait so long to come on. Then perhaps the oil level wouldn't be so critical.

I topped off the oil and put in some Lucas oil additive, but to no avail. The knock was still there. Not exactly oppor-



tunity knocking. Unless you consider major engine work an opportunity. I nursed the car home, taking side streets, until I absolutely had to get on the 15 going north. When I arrived home, I got out of the car and ceremonially kissed the ground, thankful that I made it home in one piece. That's when I discovered the radiator leak. Just a pinhole, really, but the water poured out like a rushing river.

We added a radiator stop-leak,

topped off the coolant, and did an oil change. The good news is, the radiator stopped leaking, and the car runs. The bad news is that the car still has this gosh-awful knock. You know, like the drums in one of those seedy strip clubs in the movies.

*Boom, klinka, boom, klinka boom boom boom.* So, for the next week, I drove my husband's truck to work. His truck ran great for the first four days. Then it appeared to hesitate going into

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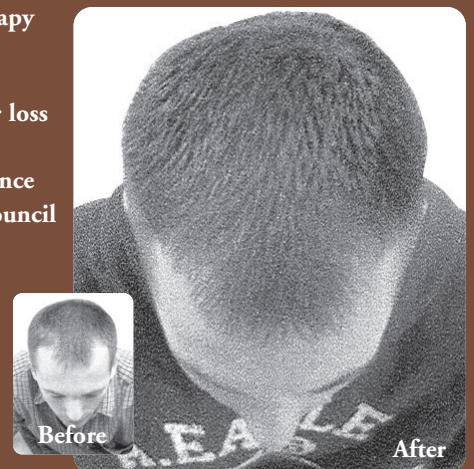
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gear. Just a little pregnant pause and then the transmission would engage.

That's when it happened again. While commuting to work in rush-hour traffic, on Friday, January 15, my automotive karma disengaged again. My exit was coming, so I started to merge to the right. The truck became confused and decided that it was safer to be in neutral. I had to make a fast decision: die in the middle of rush-hour traffic (did I mention I was in the number-two lane?) or attempt to make my way to the shoulder. I opted for the latter.

Flashers on, and with the truck rapidly losing momentum, I started to make my move to the sanctuary of the shoulder. The problem was that my fellow commuters were obvi-

ously in too big of a hurry to allow me the courtesy of a clean escape. I began to make my move, all the while rediscovering my religious beliefs.

Thanks to a woman in a compact car (she ran interference for me), I made it to the shoulder before the truck came to a complete stop. Within minutes, a tow truck appeared, and thanks to the State of California, I was towed off the freeway to the safe haven of a park-and-ride. It was nice to see my tax dollars at work, actually doing something for me.

The towing service was free. The mechanic was exactly five miles away, so my Auto Club tow was free, too. When I left the truck at the mechanic's, I was afraid to turn and look back, lest my truck turn into a pillar of salt. ■

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## LETTERS

continued from page 17

judge read everything and questioned both sides. After a short break he announced that my evidence was overwhelming and I won the case.

Unfortunately, he was unable to award me the entire \$5400 because the statute of limitations precluded that, but he gave me everything

he legally could, which was \$2200. I also announced in court that if the association didn't redo the HOAs to reflect the true rates, I would be in small-claims court on an annual basis. I received a check within a week, and the HOAs were refigured.

No one ever said they were sorry. It was resented that I went to small-claims court, but after imploring my neighbors for seven years, what

else could I do? At a later board meeting, the lawyer who had been retained by the board made it a point to speak to me personally in front of everyone present and said that the judge didn't understand the situation and I had been granted the rebate unfairly. I stood up and asked him if he would like to meet me in small-claims court and tell that to the judge. He declined.

Last spring I received an offer to sell my unit for three times what I paid for it in 1998. I couldn't pack fast enough. I now live in a rental in Banker's Hill. Being a board member empowers too many people to act out against neighbors simply because they can. Maybe they should find other hobbies.

David Peters  
Banker's Hill

### Jail Jewel

I want to thank E.A. Barrera and commend him on the great work he did to compile and write the story "Please, Put Me in Jail" ("City Lights"), which appeared in the Feb-

ruary 18 edition. That was a great bit of investigative work and written well.

Gary C. Goldman, Ph.D.  
Oceanside

### You Idiots!

Re "It's all about the money" ("Under the Radar," February 18).

What was the point in this article? Does the author think KPBS operates on air and tax dollars alone? If so, he's sorely mistaken and very bad at research. Yes, it's about the money. Duh.

Name Withheld  
via email

### Appalled!

Re "Psycho Willie vs. the Pirate Punx" ("Blurt," February 18).

Is this type of language really appropriate to have so easily accessible to children on the internet? I am totally appalled that I even read this language off of Yahoo.com local news! It is quite obvious that the *San Diego Reader* has no editor.

Name Withheld  
via email

### It's News To Me

I live and work in Borrego Springs. Just about every detail in the article (City Lights: "A Town Left Dry," February 11) was unknown to me despite the very good local paper coverage on the subject. Excellent reporting.

Jane Morley  
Borrego Springs

### Poem Prize

Thank you for including this poem ("El Zapato," February 11). My mom found it on Saturday and I used it in class on Tuesday. Thank you for publishing a poem that my students and I can relate to. Especially in the high-stakes tests of CST, poetry is not only tested heavily but more importantly contributes to literary awareness. I am just waiting to read more poems from Mr. Richard Garcia.

Erin Cronin  
via email

### Semi-Good

Thank you so much for the article on San Pasqual Winery ("Crush," February 18). People in La Mesa are very excited to hear that we are here. However, nowhere in the article does it mention our address, phone number, or hours. I am wondering if you can include it in the online article and perhaps mention it in the next issue. Tasting Room and Gallery: 8364 La Mesa Boulevard, La Mesa, 619-462-1797. Winery: 5151 Santa Fe Street, Suite H, San Diego (only open Saturdays, noon to 4:00 p.m.).

Brenda Nason  
via email

### San Diego Star

Re "Back in the Spotlight" ("Movie Review," February 4).

I am a loyal reader and thought you might be interested to know that the sub-

ject of the *Dear John* movie just released is a San Diego native and resident. The story is based on the experience of Todd Vance, who grew up in San Diego, attended San Dieguito High School, etc. Both his parents are area residents as well.

I haven't seen the movie, but I am friends with Todd's dad and we have been watching this story unfold. Todd was also the feature of a book published a couple of years ago. The author of the *Dear John* book recognizes Todd on his website.

Sharon Sulzner  
via email

### No Visible Progress

Your article "The Mad Hatter's Council Meeting" ("City Lights") by Susan Luzzaro in the *Reader* January 28 was an excellent article. I know that there are numerous areas of Chula Vista that deserve a serious opportunity to be redeveloped. Nobody wants to look at the problem objectively, nor do they have any confidence in the Redevelopment Agency.

I do not want my property to be designated in an area for redevelopment not only due to the stigma of the designation of being "blighted" but because of increased property taxes to pay for the redevelopment.

The Chula Vista Redevelopment Agency has a very poor track record and it appears to exist primarily

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for the financial benefit of the members of the agency. The fact that between 1990 and 2006 the agency received \$15,047,299 in tax increment money, over a third paid agency staff and very little on visible redevelopment. I agree with an article written in the *San Diego Union-Tribune* which stated that "their record is one of abject failure." Most of the money is spent on staff and consultants and very little on visible progress in the areas being taxed. The Chula Vista City Council should be ashamed of itself for supporting something that does nothing positive for the future of Chula Vista.

Pedro Ivan Diaz  
Webster

### System Leaves Bad Taste

Re "I Never Thought I'd Become a Welfare Queen" (Cover Story, January 7).


I joined AmeriCorps VISTA in August. This was after I graduated in May and remained unemployed for 3 months. As an AmeriCorps member I was encouraged

to get on food stamps, as my income is set at the poverty line (that's approximately \$6/hr). My experience has been confusing, infuriating, and ultimately a complete waste of time. As it stands right now I am not receiving food stamp benefits because my income exceeds the limits (that's right, \$6/hr exceeds the income limits). I was told there was a mistake made and I currently owe \$256 in overpaid food stamps. My case is in review, and I could owe as much as \$800. This is all on my poverty-level income and comes as I'm saving to move across the country and start graduate school.

I just think people should be aware of how difficult it is to be on food stamps and how horrible the system is in San Diego. I've been working with the San Diego Hunger Coalition on policy reform and will be starting my master's in social work in the fall.

Hope  
via email

## HEALTH AND BEAUTY



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# Your Week

## AND WELCOME TO IT

### Thursday | 25

#### AID THAT WORKS

When hurricanes, tsunamis, and earthquakes strike, many people want to know how to help.

Raymond Offenheiser, president of Boston-based Oxfam America, will lead a discussion entitled “Creating a 21st Century Vision for U.S. Development Assistance.” Oxfam, an international relief and development organization, works to “create lasting solutions to poverty, hunger, and injustice.” See [LECTURES](#), page 73.

#### THE NEW ADOBE HOME

The clay-and-straw material known best for forming mud huts can be used to create architecture and art formations in sophisticated residential settings. Michael Byrne and Dottie Larson will discuss and sign their book, focusing on the many uses of adobe throughout homes in the Southwest. See [IN PERSON](#), page 72.

### Friday | 26

#### KOOZA

Cirque du Soleil’s latest show comes to San Diego! Said to be a return to Cirque’s origins, this acrobatic and clown performance tells the story of “The Innocent, a melancholy loner in search of his place in the world.” See chair balancing, contortionists, high-wire, hoops, teeterboards, and more. See [IN PERSON](#), page 72.

#### TRIPPING THE PAST FANTASTIC

The theme for the 17th-annual ConDor science fiction/fantasy convention is “Steampunk, Retro Future, and Early Fantastic Fiction.” The schedule includes concerts, a masquerade with music by Steam Powered Giraffe, anime, and CosPlay (costume play), a writers’ workshop, film festival, art show, scavenger hunt, vendors, and more. See [SPECIAL](#), page 68.

### Saturday | 27

#### KIMEKOMI DOLL CLASS

First created in Kyoto in the 18th Century, kimekomi dolls are created by tucking cloth into grooves carefully carved into a doll body as a base. Make your own kimekomi girl doll during this two-day workshop. See [SPECIAL](#), page 68.

#### DANCEONFILM

The San Diego/Tijuana DANCEonFILM Festival promises an “international collection of experimental short dance films.” This program, held at CECUT in Tijuana, includes *The Last Martini*, *Little East [Outside the Box]*, *Gabrielle*, *Dot Dance*, *Sunscreen Serenade*, and more. See [FILM](#), page 70.



FRIDAY, FEBRUARY 26: TRIPPING THE PAST FANTASTIC

### Sunday | 28

#### DOGGIE STREET FESTIVAL

Bring your canine friend, or come in search of one, to this party at NTC Promenade, “dedicated to increasing pet adoption.” More than 30 breed-specific rescue groups and shelters will be on hand with orphan pups. Also on offer: animal advice, food, pet products and services, and entertainment. See [SPECIAL](#), page 68.



#### THE MARRIAGE BED

Diversionary Theatre presents Nona Sheppard’s comedy about a radical lesbian feminist who, when granted the right to marry her partner (a lawyer who remains closeted to her Hindu family), considers the pros and cons of legal matrimony. See [THEATER](#), page 114.

### Tuesday | 2

#### PADRES POTENTIAL

San Diego Padres president and chief operating officer Tom Garfinkel visits the Downtown Information Center to discuss the state of the team as a new season approaches (followed by a question-and-answer session). It starts at noon, so feel free to bring your lunch. See [LECTURES](#), page 74.

#### STEM CELLS FOR DUMMIES

What are stem cells and what do they do? Dr. Larry Goldstein, UCSD professor of cellular and molecular medicine, discusses his new book and answers your questions. See [IN PERSON](#), page 72.

### Wednesday | 3

#### BEND IT, SHAPE IT, SCULPT IT

If “hands-on” isn’t the most effective way to learn, it certainly can be the most fun! Children 5 to 12 can take one of the San Diego Museum of Art’s “Art Explorations: Exploring Sculpture” classes and participate in activities inspired by the museum’s collections. See [FOR KIDS](#), page 72.



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*Coastal Slovenia still a secret*

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By M'Liss Hinshaw

This aged European town on Slovenia's small stretch of Adriatic Sea coastline has a Mediterranean-like character — quiet and more relaxed than nearby Trieste or Venice, Italy.

We walked the ocean boardwalk, taking in the Adriatic's rolling waves, watching them head toward the border of Croatia to the south. We then darted between small streets with little food stores, ice cream and trinket shops, and gazed up at the unique houses stacked atop the hillside in colorful arrays.

Our driver-guide, Rok Puppis ([RokPuppis@gmail.com](mailto:RokPuppis@gmail.com)), a native Slovenian, explained the history and geography of the area, which enriched our experience in this haven undiscovered by tourists.

Lunch at one of the many seaside restaurants featured locally grown products, and we dined on fresh produce, olives, pasta, mussels, and delicious vegetables sprinkled with sea salt.

### The National Gandhi Museum in Delhi, India

By Derek Ray

The National Gandhi Museum in Delhi is the place to visit in India for anyone with an interest in Mohandas (Mahatma) Gandhi.

What a fascinating, serene visit this was after another harrowing ride through hectic Delhi traffic. A young child greeted me with a broad smile at the door, perhaps intrigued by the rare sight of a Westerner. A group of students took turns shaking my hand and greeting me with a friendly "hello."

A collection of memorabilia includes photocopies of 25,000 letters, notes, and documents, as well as many photos chronicling Gandhi's life. The



*Exhibits chronicle the life of Gandhi*

Charkha gallery includes several hand-cranked spinning devices that Gandhi used to make thread and yarn. His personal items, including mattress, pocket watch, spectacles, walking stick, bowl, hand fan, spinning wheel, lantern, and

*continued on page 66*

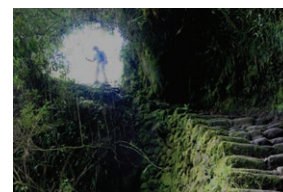
### Other Adventures



**Smalls:** A grouping of young coconuts on a tree in Jamaica



**leapbaby :** The journey home from Big Bear



**island602:** Hiking the Inca Trail to Machu Picchu, there are photo opportunities at every turn and spirits lurking behind every tree.





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## OUTDOORS

**Manzanita Shrubs** are starting to bloom this month in the foothill areas of the Cleveland National Forest. The various manzanitas, characterized by smooth, reddish bark and tough, leathery leaves, bear myriads of tiny, white to pink-

ish-white, urn-shaped blossoms. Large (decades-old) manzanitas can be seen around Julian and in parts of the Cuyamaca Mountains. Along the coast a similar, but less attractive, manzanita thrives — mission manzanita.

**Hummingbirds**, attracted to sources of nectar by red-colored flowers, are swarming over San

Diego County's backyard gardens, scrub-covered coastal hillsides, and areas of the Anza-Borrego Desert now in flower. Red monkey flower is a favorite source of nectar along the coastal strip, while blooming chuparosa and ocotillo play the same role in the desert.

**February's Full Moon**, on Sunday, the 28th, rises dramatically

# ROAM-○-RAMA

A Guide to Unexpected San Diego and Beyond | by Jerry Schad

## EAST CANYON LOOP

Explore the best of the Santa Clarita Woodlands in the Santa Susana Mountains of L.A. County.

**Distance from downtown San Diego:** 150 miles  
**Hiking length:** 6.5 miles • **Difficulty:** Moderately strenuous



Early-morning marine layer seen from Weldon Motorway

**V**erdant East Canyon tucks into steep, north-facing slopes just below the crest of the Santa Susana Mountains. The canyon receives an average of about 20 inches of rainfall annually — just enough, in an environment sheltered from sun's south-slanting rays, to support an island-like array of scraggly bigcone Douglas-fir trees. In L.A. County, this evergreen species grows naturally at elevations as low as 2000 feet.

Except for a few steep pitches, the looping route into East Canyon described here is perfect for mountain biking as well as hiking. You'll see plenty of cyclists on the route, which consists of a combination of paved and dirt roads.

To get to the trailhead, take the Calgrove Boulevard exit from Interstate 5 in Santa Clarita. Turn west to reach the frontage road signed "The Old Road," and drive 0.8 mile south to the trailhead on the right. This is just before The Old Road goes under Interstate 5.

From the trailhead, head southeast (on foot or bike) on The Old Road, first under the traffic lanes of Interstate 5 and then parallel to freeway. The road's name suggests that this is the defunct U.S. Highway 99 over Newhall Pass which has since

been replaced by the modern Interstate 5. Stay on The Old Road's shoulder so as to keep away from the light automotive traffic that still exists here. After a probably tedious (on foot, at least) 1.5 miles, you reach Weldon Canyon Road, which crosses over Interstate 5 on a narrow overpass. Make a right at Coltrane Avenue on the far side of that overpass, and continue 0.1 mile to Weldon Motorway (a fire road) on the left. The fire road's initial ascent is excruciating, but the uphill grade

soon moderates.

The scenery turns gorgeous as you climb, especially during the early morning on many a day, when the entire San Fernando Valley lies unseen beneath a marine-layer blanket of clouds. To the east, the rounded summits of the San Gabriel Mountains rise into a sapphire sky, sometimes flecked with cirrus clouds. Near at hand, note the coast live oaks and a small number of bigcone Douglas-firs dotting the slopes.

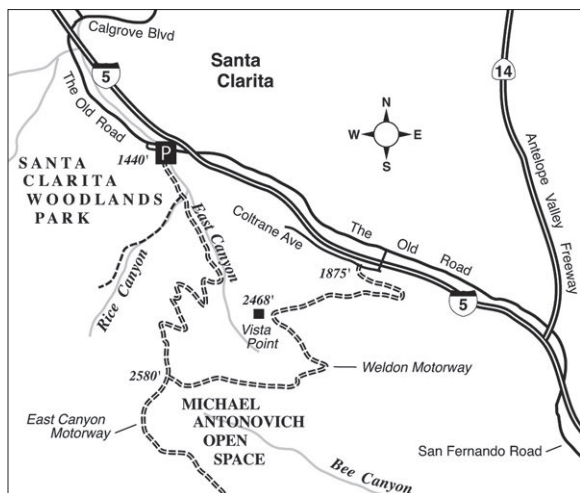
At 2.2 miles, there's a pri-

vate road on the left; stay right and proceed along a narrow ridge with dramatic dropoffs on both sides. Some California walnut trees can be seen here. At 2.9 miles (elevation 2468 feet) there's a rest stop with a shade ramada overlooking the East Canyon drainage to the north and east.

Continue following the same narrow ridge — essentially the south rim of East Canyon — until you reach a junction of fire roads at 4.3 miles. A left turn here could take you to Mission Point and O'Melveny Park to the south (described in this column just two weeks ago). You go right, however, and begin a long and sometimes steep descent into East Canyon. More fine bigcone-Douglas firs dot the way, their wand-like limbs reaching wide.

By 5.7 miles, you arrive alongside East Canyon's trickling stream, and enter a strip of gorgeous riparian/oak-woodland. Keep going; your starting point along The Old Road lies a short mile ahead.

This article contains information about a publicly owned recreation or wilderness area. Trails and pathways are not necessarily marked. Conditions can change rapidly. Hikers should be properly equipped and have safety and navigational skills. The *Reader* and Jerry Schad assume no responsibility for any adverse experience.



over the mountains to the east at around 6:20pm, some 40 minutes after the time of sunset. Watch its bubble-like disk materializes in the almost-dark sky. The following morning, you can watch the moon fade in dawn's glare while sinking into the Pacific. When observed near the horizon, the full moon often seems to be larger than life. The effect, called the "moon illusion" is purely psychological, which is to say "it's all in your head."

**Very Low Tides** this weekend, associated with the full moon, will open up opportunities for tidepool gazing. The four lowest tides of the coming days are: Thursday, February 25, at 1:10pm (-1.2 feet); Friday at 1:47pm (-1.5 feet); Saturday at 2:22pm (-1.5 feet); and Sunday at 2:57pm (-1.3 feet). Very high tides will also occur within that string of days, most notably on Friday at 6:58am (+6.2 feet); Saturday at 7:45am (+6.3 feet); and on Sunday at 8:31am (+6.2 feet).

**Basic Birding** Tom Troy leads basic birding program with emphasis on identifying birds by sight and

sound and using binoculars, spotting scopes, field guides. Directions: 760-967-6915. Saturday, February 27, 8:30am; free. Buena Vista Audubon Society Nature Center, 2202 S. Coast Hwy. (CARLSBAD)

**Borrego Desert Birding** Anza-Borrego Desert boasts distinctive selection of birds; focus on finding some familiar resident species including cactus wren, verdin, white-winged dove, phainopepla, and winter visitors during Audubon Society outing. Bonus — desert wildflowers! Bring water, snacks for jaunt with "varied but easy walking." Meet at east side of Christmas Circle. 619-282-8687. Saturday, February 27, 8am; free. Christmas Circle, Palm Canyon Drive at Borrego Springs Road. (BORREGO SPRINGS)

**Discover Magnificent Beauty!** Nature walks led by trained naturalist. "Marvel at the reawakening vegetation throughout the reserve and be enchanted by fabulous flowers along the trails." 760-436-3944. Saturdays, 10am; free. San

Elijo Lagoon Ecological Reserve, 2710 Manchester Avenue. (CARDIFF)

**Finding Feathered Friends** Learn five simple steps for identifying birds at a glance, how to use a field guide (bring yours if you have one) during birding basics class. Increase your knowledge or start a new hobby. 619-668-3281. Saturday, February 27, 1pm; free. Mission Trails Regional Park, One Father Junípero Serra Trail. (SAN CARLOS)

**Hawkwatch 2010** Visit Ramona's grasslands to witness resident and winter migration of hawks, falcons, eagles during outing led by Wildlife Research Institute. Events include demonstrations of hawk banding and tracking eagles with transmitters. Walks led by trained biologist every Saturday through February. Wear hiking or walking boots. Bring binoculars or spotting scopes if you have them. 760-789-3992. Saturday, February 27, 9am; free. Wildlife Research Institute, 18030 Highland Valley Road. (RAMONA)

**Help Restore the Preserve** Help with weeding, trail mainte-

## India *continued from page 64*

a few books are exhibited. These and his meager clothing were about the extent of his material possessions.

Also displayed is the bloodstained *dhoti* Gandhi wore when he was assassinated. (The *dhoti* is a Hindu loincloth; Gandhi wore one as a means of identifying with the poorest Indians.)

Another striking aspect of the museum is the collection of artwork: sculptures, paintings, sketches expressing the nation's love and reverence for their great leader.

Directly opposite the museum is the Raj Ghat, a memorial to Gandhi. The spot marks the site of his cremation on January 31, 1948. His ashes lie in a square black marble tomb. You're requested to remove your shoes as you walk around the inner area of the memorial.

Indira and Rajiv Gandhi (no relation to Mohandas) were two more recent rulers of India who were also assassinated. They were cremated here and have shrines honoring them as well. An eternal flame burns in a copper urn.

## Grand Cayman, Cayman Islands

By Jan Austin

As winter's chilly arms embrace us, my thoughts drift back to sun-drenched days on Grand Cayman's pristine beaches. Relaxing with a strawberry daiquiri in one hand and an engaging novel in the other, my days there were long, leisurely, and sun-kissed.

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One can wade with stingrays in the Caymans

The largest of the Cayman Islands, Grand Cayman, boasts gorgeous white-sand beaches, amazing diving and snorkeling experiences, duty-free shopping, a chance to wade in the ocean surrounded by stingrays, and the opportunity to visit the world's only green sea turtle farm.

Snorkeling in the clear azure waters made me feel like I had waded into an aquarium. Brightly colored fish of many species drifted all around.

Stingray City, which is actually a sand bar, allows you to wade into waist-deep water to feed and interact with these gentle beings.

At Boatswain's Beach Turtle Farm in George Town, you can observe sea turtles in their various stages of development.

If you want to tell your friends you've gone to Hell, visit the tiny village of that name. You can have your postcards postmarked from Hell. Early settlers described the desolate area as hellish, thus the name.

Grand Cayman is a colony of the United Kingdom, so if you rent a car, remember to drive on the left.



nance with San Diego Audubon Society. There may be some planting to do, preparation in bird and butterfly garden. Work gloves, tools, water, snacks provided. Required reservations: 760-295-1548. Saturday, February 27, 9am; free. Anstine-Audubon Nature Preserve, 2437 Hutchison Street. (VISTA)

**Hike Lakeside River Park** Join Canyoners to explore some of the 100 acres earmarked for restoration as wetlands and upland habitat. Meet leader in parking lot. 619-255-0171. Saturday, February 27, 9am; free. Lakeside River Park, Maplevue Street and Channel Road. (LAKESIDE)

**Know Switzer Canyon?** Learn about common native plants, their names, their benefits to our habitat during California Native Plant Society walk. Wear sturdy shoes. 619-656-8669. Monday, March 1, 10am; free. Switzer Canyon, 28th Street at Maple Street. (NORTH PARK)

**Mission Valley East River Cleanup** San Diego River Park Foundation's Clean and Green team tackles trash, debris dump sites along river. Join group near Kahala Travel. Dress in clothes that can get dirty, wear closed shoes. 619-297-7380. Saturday, February 27, 9am; free. Kahala Travel, 3838 Camino del Rio North. (MISSION VALLEY)

**Nature Discovery Walk** Trail guide naturalists lead outing in chaparral, grasslands, riverfront "glistening with new growth." Identify early blooms, learn native plant biogeography, local history. 619-668-3281. Saturday, February 27, 8:30am; free. Kumeyaay Lake Campground, Two Father Junipero Serra Trail. (SANTEE)

**Pierre Bovet Adobe Tour** Hike out to explore riparian habitat of Carroll Canyon with anthropologist Will Bowen, and visit ruins of Pierre Bovet Adobe. Find out why many such adobes were left to deteriorate, learn about Bovet and his family, their place in San Diego history. Bring water, sun protection, good hiking shoes. 858-484-3219. Sunday, February 28, 3pm; free. San Diego Fire Station #41, 4914 Carroll Canyon Road. (SORRENTO VALLEY)

**Rattlers and Rainfall** See if rattlesnakes are out when naturalist Jack Pomeroy leads a moderately strenuous, approximately four-mile hike. Learn "some basic facts about SD's rainfall." 760-839-4680. Saturday, February 27, 8am; free. Daley Ranch — La Honda trailhead, 3024 La Honda Drive. (ESCONDIDO)

**Tidepooling for All at False Point** Learn about ocean critters when Birch Aquarium at Scripps hosts tidepooling led by aquarium naturalist. Required reservations: 858-534-7336. Sunday, February 28, 2pm; \$12. 2 and up. Birch Aquarium at Scripps, 2300 Expedition Way. (LA JOLLA)

**Vernal Pools and Wildflowers** Tour one of SD's newest nature preserves with Diana Gordon; learn about rare Southern maritime chaparral, vernal pool life cycles. Look for wildflowers. Wear footwear suitable for wet/muddy conditions. 858-484-3219. Satur-

day, February 27, 9am; free. Carmel Mountain trailhead, 4730 Fairport Way. (CARMEL VALLEY)

**Walk in the Park** Join naturalist Dan Cannon on new, moderately paced walk through southwest section of ranch. Learn about flora and fauna of residents, reserve's recent and ancient history, bit about geology. 760-839-4680. Sunday, February 28, 9am; free. Daley Ranch — La Honda trailhead, 3024 La Honda Drive. (ESCONDIDO)

**Wildflowers and Critters** Naturalists lead walk through oaks, grasslands, chaparral, riverfront "bursting with colors, smells, bird songs, and critters." Learn local history, native culture, geology. 619-668-3281. Saturday, February 27, 9:30am; Sunday, February 28, 9:30am; Wednesday, March 3, 9:30am; free. Mission Trails Regional Park, One Father Junipero Serra Trail. (SAN CARLOS)

## SPECIAL

**"A Thousand Ways to Draw a Tree"** Valerie Samuel Henderson leads "expressive drawing workshop," with drawing trees as the theme. Focus on "intuition, spontaneity, and invention." Do many quick sketches using memory, observation, imagination. Materials fee: \$10. Registration: 619-223-

0058. Sunday, February 28, 10am; \$62-\$72. 16 and up. Bravo School of Art at NTC Promenade, 2690 Decatur Rd., studio 206. (POINT LOMA)

**"Asian Arts in the Garden"** Celebrate arts of Asian horticulture with displays, lectures, demonstrations. See Japanese-style floral arrangements, bonsai, tray landscapes, more. 858-722-4970. Saturday, February 27, 9am; Sunday, February 28, 9am; free-\$12.

San Diego Botanic Garden, 230 Quail Gardens Drive. (ENCINITAS)

**Biblical Texts That Challenge** Open discussion revisits "hard Biblical texts that often keep people from exploring Christianity." Consider hospitality. "Examine texts that define hospitality and look at ways the church has misused and abused some of the texts, including the story of Sodom and Gomorrah." 619-466-4163. Wednesday, March 3, 7pm; free. 13 and up. La

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# Calendar

## LOCAL EVENTS


**HOW TO SEND US YOUR LISTING:** Contributions must be received by 5 pm Friday the week prior to publication for consideration. Do not phone. Send a complete description of the event, including the date, time, cost, the precise address where it is to be held (including neighborhood), a contact phone number, and a phone number (including area code) for public information to READER EVENTS, Box 85803, San Diego, CA 92186-5803. Or fax to 619-881-2401. You may also submit information online at SDReader.com by clicking on the events section.

Mesa First United Methodist Church, 4690 Palm Avenue. (LA MESA)

**“Heart Matters”** Enjoy cooking demonstrations, wine-tasting, fitness demonstrations and exhibits (4-6pm), educational lectures (6-7pm). 800-258-2723. Thursday, February 25, 4pm; free. Alvarado Hospital Conference Center, 6655 Alvarado Road. (GRANTVILLE)

**“Past, Present, Future: ME”** This art project was created by members of East African Youth Organization and San Diego Asian Youth Organization. Participants portray their life stories, reconciling their past, present, and their hopes for future through individual and collective art pieces. Event includes silent auction of youths’ artwork, cultural performances, food. Suggested donation: \$25.

### GREAT WALKS IN THE ALPS



Adventure travel guide, Gary Scott, will share slides and stories from some of the best hikes in the Dolomites of Northern Italy as well as the world famous Tour Du Mont Blanc Circuit through France, Italy and Switzerland. **FREE!**

**A16 Oceanside:** Wed., March 3, 7pm  
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**A16 San Diego:** Thursday, March 4, 7pm  
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## Rhyme & Verse

1989

—Ron Koertge

Because AIDS was slaughtering people left and right, I went to a lot of memorial services that year. There were so many, I’d pencil them in between a movie or a sale at Macy’s. The other thing that made them tolerable was the funny stories people got up and told about the deceased: the time he hurled a mushroom frittata across a crowded room, those green huaraches he refused to throw away, the joke about the flight attendant and the banana that cracked him up every time.

But this funeral was for a blind friend of my wife’s who’d merely died. And the interesting thing about it was the guide dogs; with all the harness and the sniffing around, the vestibule of the church looked like the starting line of the Iditarod. But nobody got up to talk. We just sat there, and the pastor read the King James version. Then he said someday we would see Robert and he us.

Throughout the service, the dogs slumped beside their masters. But when the soloist stood and launched into a screechy rendition of “Abide with Me,” they sank into the carpet. A few put their paws over their ears. Someone whispered to one of the blind guys; he told another, and the laughter started to spread. People in the back looked around, startled and embarrassed, until they spotted all those chunky Labradors flattened out like animals in a cartoon about steamrollers. Then they started, too.

That was more like it. That was what I was used to — A roomful of people laughing and crying, taking off Their sunglasses to blot their inconsolable eyes.



Ron Koertge is a young-adult fiction writer and American poet. “1989” appears in Koertge’s collection *Geography of the Forehead*, published by the University of Arkansas Press, and is reprinted by permission. Photo credit: Herb Rabbin

510-828-8463. Saturday, February 27, 7pm. War Memorial Building, 3325 Zoo Drive. (BALBOA PARK)

**“Tripping the Past Fantastic”** “Steampunk, Retro Future, and Early Fantastic Fiction” provide theme for ConDor 2010 convention. Schedule includes concerts, masquerade with music by Steam Powered Giraffe, anime and Cos-Play, writers workshop, film festival, art show, scavenger hunt, dealers’ room with vendors, much more. Guest of honor: C.J. Cherryh. Also: Hogwarts School of Witchcraft and Wizardry. 619-928-2664. Friday, February 26, noon; Saturday, February 27, 10am; Sunday, February 28, 10am; \$50. Hand-

dlery Hotel and Resort, 950 Hotel Circle North. (MISSION VALLEY)

**Ask the Horticulturist** Enjoy informative tour through garden with horticulturist David Yetz. Bring your questions. Registration: 619-660-0614 x10. Monday, March 1, 1:30pm; free. Water Conservation Garden, 12122 Cuyamaca College Drive West. (RANCHO SAN DIEGO)

**Book Sale** Used book sale with half-off prices. 619-463-9819. Saturday, February 27, 10am; free. Lemon Grove Library, 8073 Broadway. (LEMON GROVE)

**Celebrate John Steinbeck’s Birthday** Enjoy Dust Bowl songs performed by Dale Desmuke, cake and prizes, vintage book sale, traditional crafts for children during party for Steinbeck, born in Salinas on February 27, 1902. 619-463-3236. Saturday, February 27, 2pm; free. Casa de Oro Library, 9805 Campo Road #180. (SPRING VALLEY)

**Community Build** Artists and arts supporters invited to “help construct affordable studio, gallery, and classroom space and to help create an arts community.” 619-269-7230. Thursday, February 25, 8am; free. sdspace4art, 325 15th Street. (EAST VILLAGE)

**Dog Days!** Silver Bay Kennel Club of San Diego’s AKC All-Breed Dog Shows are terrific fun to

watch. Dog agility competitions, vendors. 760-751-2302. Friday, February 26, 8am; Saturday, February 27, 8am; Sunday, February 28, 8am; free. Del Mar Fairgrounds, 2260 Jimmy Durante Boulevard. (DEL MAR)

**Doggie Café** Take your friendly, on-leash dog to socialize with other canines. Trainers offer training tips on keeping dogs calm, civilized around distractions. One dog per human handler. Donation: \$10. Reservations: 619-299-7012 x2230. Friday, February 26, 6pm. San Diego Humane Society and SPCA, 5500 Gaines Street. (LINDA VISTA)

**Doggie Street Festival** Bring your canine friend to party at Preble Field (Cushing Road between Dewey Road and Roosevelt Road) “dedicated to increasing pet adoption.” More than 30 breed-specific rescue groups, shelters on hand with adoptable dogs. Also on offer: animal advice, food, pet products and services, entertainment. Friendly dogs on leash welcome. 619-276-4142. Sunday, February 28, 9am; free. NTC Promenade, 2640 Historic Decatur Road. (POINT LOMA)

**Exist 2010 Art Show** Enjoy live art, music by the Washington Projects, coffee and dessert with artists including Serge Gay Jr., Kelli Murray, Bill Canales, Sarah Sherves, Steve Cachero. Donation (\$5) benefits A.R.T.S. 858-831-7899. Friday, February 26, 8pm. Existence Church, 7686 Miramar Road. (MIRA MESA)

**Fond of Fountains?** Create a “peaceful water fountain” during series of four two-hour classes guiding participants through process of creating table-top water fountain. Fee includes 25 pounds of clay, glazes, firings, pump, hose. No experience necessary. 760-622-9169. Wednesday, March 3, 6pm; \$175. 13 and up. Fire and Mud Studios, 740 Metcalf Street #29. (ESCONDIDO)

**Gray Whale Season Returns!** Outings hosted by Birch Aquarium at Scripps and San Diego Harbor Excursion boast Scripps naturalists on hand to share information about gray whales, the ecology, and history of San Diego Bay and

Scripps Institution of Oceanography. Detect, listen to whale and dolphin sounds in real time using state-of-the-art research equipment from Scripps Institution of Oceanography. Dolphins, sea lions, marine birds make guest appearances. Registration: 619-234-4111. Thursdays, 9:45am and 1:30pm; Fridays, 9:45am and 1:30pm; Saturdays, 9:45am and 1:30pm; Sundays, 9:45am and 1:30pm; Mondays, 9:45am and 1:30pm; Tuesdays, 9:45am and 1:30pm; Wednesdays, 9:45am and 1:30pm; through Sunday, April 4; \$15-\$35. San Diego Harbor Excursion, 1050 North Harbor Drive. (DOWNTOWN)

**HPR “Sampler” Program** Dance, music, cultural costumes promised when House of Pacific Relations hosts “sampler program.” Food for sale. 619-234-0739. Sunday, February 28, 2pm; free. House of Pacific Relations, 2125 Park Boulevard. (BALBOA PARK)

**Harmony Through Flowers** Ohara School of Ikebana hosts 37th annual flower show and bazaar in room 101. Japanese floral demonstrations (noon, 1:30pm, 2:30pm, 3:30pm). Sushi, tea, baked goods, small floral arrangements for sale. 619-683-2432. Saturday, February 27, 11am; Sunday, February 28, 11am; free. Casa del Prado, El Prado. (BALBOA PARK)

**Help the Akwatia Project** Ghana Africa International Operations (GAIO) hosts artistic, cultural affair to raise funds for communication center planned in Africa. Music by Ghanaian musician Selasee, live auction, fashion show featuring African materials produced by Blew-Print, wine tasting, local jewelry designers showcasing their collections, Ghanaian chocolate, auction of original photographs of children of Akwatia. 760-814-7528. Thursday, February 25, 6:30pm; \$75. Fixtures Visions for Living, 9340 Dowdy Drive. (MIRAMAR)

**Into the Wild** Make “wonderful wildlife cards,” learn hot glue pad technique from Enda of Coronado Island Stamps. 619-667-5060. Saturday, February 27, 2pm; \$35. 16

and up. Stamp Addict, 7151 El Cajon Boulevard. (COLLEGE AREA)

**Intuitive Fest Psychic Fair** Psychics, tarot, energy clearing, runes; all services are 15 minutes for \$15. 760-721-2110. Saturday, February 27, 10am. Kindred Journeys, 510 N. Coast Hwy. #101A. (OCEANSIDE)

**It’s Messy — Dress Accordingly!** Take home two miniature abstract paintings when Norma Brinker leads abstract painting technique art class. Registration: 619-337-1254. Thursday, February 25, 6pm; \$20. 15 and up. Noric Fine Art Gallery, 8183 Center Street. (LA MESA)

**Kimekomi Doll Class** Make your own kimekomi girl doll during two-day workshop led by Naoko Lee. Materials will be provided (except for lunch). “Some preparations will be necessary.” Registration: 619-232-2721. Saturday, February 27, 10am; \$50-\$60. Japanese Friendship Garden, Pan American Road. (BALBOA PARK)

**KnitNight** Gather with fellow fiber artists for social knitting, crochet, spinning. 760-806-6744. Tuesdays, 7pm; free. 18 and up. Clever Knits, 214 South Indiana Avenue. (VISTA)

**Light Your Way to a Happy New Year** Learn about origins, traditions associated with Chinese New Year, make a paper lantern reflecting traditional Chinese themes, participate in mythological and cultural dramatizations, join parade of lanterns during Chinese Lantern Festival. Family rate: \$15 general. 619-239-0003 x405. Saturday, February 27, 10am; \$5-\$10. Mingei International Museum, 1439 El Prado. (BALBOA PARK)

**Lion Dance and Kung Fu** See a traditional lion dance and kung fu demonstrations by Oceanside Shen Chinese Kung Fu Academy in celebration of Chinese New Year, in student center. 760-757-2121 x6477. Thursday, February 25, 12:15pm; free. MiraCosta College San Elijo Campus, 3333 Manchester Avenue. (CARDIFF)

**Make Them, Take Them Home** Learn techniques to make six different pierced earring styles during class led by Debra Hocking. Materials included. 619-280-8408. Monday, March 1, 6pm; \$30. Vintage Religion, 3821 32nd Street. (NORTH PARK)

**Mars** Consider the planet and take “digital tour” of night sky during “The Sky Tonight” planetarium show, then view real sky through telescopes after show (weather permitting). 619-238-1233. Wednesday, March 3, 7pm and 8pm; \$9-\$10. Reuben H. Fleet Science Center, 1875 El Prado. (BALBOA PARK)

**Middle-Eastern Drum and Belly-Dance Class** Doumbek drumming class for all levels taught by Frank Lazzaro (6-7pm), followed by tribal belly-dance class taught by Sabrina Fox with live drumming (7-8pm). \$12 per class. 760-703-1487. Mondays, 6pm; \$12. WorldBeat Cultural Center, 2100 Park Boulevard. (BALBOA PARK)

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est ideas, vendors, exhibits, “wedding expert” speakers, fashion show, more. Tickets: two for \$7, one for \$10. 760-298-1518. Sunday, February 28, 10am; \$7-\$10. Hilton Garden Inn, 3939 Ocean Bluff Avenue. (CARMEL VALLEY)

**Report Card Time!** What grade does President Obama receive? Discuss with P&R Discussion Group. 619-370-1027. Thursday, February 25, 7pm; free. Filter, 4096 30th Street. (NORTH PARK)

**Rooftop Yoga** Yoga One leads vinyasa flow mixed-level classes for hotel guests (free) and public (\$15 per class). 619-544-0164. Thursdays, 5:30pm; Fridays, 9am; Sundays, 5:30pm; Mondays, 9am; Tuesdays, 5:30pm; Wednesdays, 9am; free-\$15. Porto Vista Hotel & Suites, 1835 Columbia Street. (LITTLE ITALY)

**Starving Musician?** Recording studio open house promises refreshments, mingling “with your fellow musicians, artists, engineers, and aficionados.” Art exhibit with “live art” by Art Kills Artists, music, studio time raffle, more. RSVP: 858-268-0134. Saturday, February 27, 7pm; free. 21 and up. Signature Sound, 5042 Ruffner Street. (LINDA VISTA)

**Taste of Our Community** Enjoy “signature items from over 20 local restaurants, wineries, and breweries,” silent auction, entertainment, benefiting Employment and Community Options. Emcee is Billy Ray Smith, former San Diego Charger linebacker. 858-565-9870. Thursday, February 25, 6pm; \$45. Coronado Community Center, 1845 Strand Way. (CORONADO)

**The Art of the Circus!** Circus Vargas raises its new big top for performances around county. Circus “bridges the gap between old tradition and modern innovation.” Prior to each show, audience is invited into center ring for “crash course in circus skills such as juggling, feather balancing, and hula-hooping.” Tickets: 877-468-3861. Thursday, February 25, 7:30pm; Friday, February 26, 7:30pm; Saturday, February 27, 1:30pm, 4:30pm and 7:30pm; Sunday, February 28, 1:30pm, 4:30pm and 7:30pm; Monday, March 1, 7pm; Wednesday, March 3, 7:30pm; \$15-\$55. Westfield Parkway Shopping Centre, 415 Parkway Plaza. (EL CAJON)

**Tower After Hours: Ireland** Taste “all things Irish, including regional Irish cuisine and Guinness beer.” Irish musicians, dancers perform. Families welcome. 619-239-2001. Thursday, February 25, 7pm; \$10-\$20. San Diego Museum of Man, 1350 El Prado. (BALBOA PARK)

## CLASSICAL MUSIC

**“88”** Faculty recital of contemporary piano music “built from mathematics” offered in French Parlor in Founders Hall. 619-260-4171. Thursday, February 25, 12:15pm; free. University of San Diego, 5998 Alcalá Park. (LINDA VISTA)

**“Café Music”** Enjoy this Paul Schoenfeld piece “and other appealing trios” when Kensington Trio per-

forms. Reception follows. 619-269-9322. Sunday, February 28, 5pm; \$24. Kensington Cafe, 4141 Adams Avenue. (KENSINGTON-TALMADGE)

**“Chopin for Lovers”** Jeffrey Siegel returns to continue “Keyboard Conversations,” celebrating 200th birthday of one of music’s most beloved composers. Siegel enhances musical experience with combination of performance and discussion. 800-988-4253. Sunday, February 28, 4pm; \$27-\$30. Cali-

fornia Center for the Arts, Escondido, 340 North Escondido Boulevard. (ESCONDIDO)

**“Spotlight Series” North** Program boasts Bach’s “Sonata for Viola da Gamba and Keyboard No. 1 in G,” the “Piano Trio No. 4 in E” by Mozart, and Schumann’s “Piano Quartet in E flat” when Arnaud Sussmann (violin), Cynthia Phelps (viola), Ronald Thomas (cello), Anton Nel (piano) perform for Mainly Mozart Spotlight Series.

619-239-0100. Sunday, February 28, 2pm; \$25-\$35. Saint Elizabeth Seton Church, 6628 Santa Isabel Street. (CARLSBAD)

**All Schubert!** Trio Licenza plans chamber music recital in French Parlor in Founders Hall. 619-260-4171. Friday, February 26, 7:30pm; \$5-\$10. University of San Diego, 5998 Alcalá Park. (LINDA VISTA)

**Classical Guitar Concert** Brian Head plays “Three Fantasias” by

Telemann, Donald Crockett’s “Winter Variations,” and his own “Sketches for Friends” for Winter/Spring 2010 Concert Series. 619-236-5810. Sunday, February 28, 2:30pm; free. San Diego Public Library, 820 E Street. (EAST VILLAGE)

**Got Gershwin?** Intimate evening of George Gershwin songs played on piano by Kevin Cole, “today’s foremost interpreter of his music.” 619-235-0804. Wednesday, March 3, 7:30pm; \$25-\$75. Qualcomm

Hall, 5775 Morehouse Drive. (SORRENTO VALLEY)

**Mini-Concert for Lunch** Soprano Wyn Wilson and pianist Billy Wolfe take stage. Bring lunch. 858-454-5872. Monday, March 1, noon; free. Lyceum Theatre, 79 Horton Plaza. (DOWNTOWN)

**Mozart, Debussy, Sarasate** Selections by these composers promised when Wei-wei Le (violin) and Carolyn Grossmann (piano) per-

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San Diego Reader February 25, 2010 69



### What are you reading?

*"Linthead: Growing Up in a Carolina Cotton Mill Village* by Wilt Browning. I picked it up in a thrift store. I was a linthead at one time — when I was 17, I worked in a cotton mill in Cliffside, North Carolina. When you came home at night, your hair would be filled with white cotton — that's where the name 'linthead' comes from. I like true stories, primarily — biographies. Even if it's a thriller, I prefer true thrillers, books like *Helter Skelter*. I recently read *Downwind from Nobody* by Joan Wells. It's another true story — they moved away from the city and lived off the land. They had their own vegetables, their own livestock. They're secluded, but they have a family. I picked it up, again, in a thrift store, read the jacket, and thought I would like it because I like gardening and the fact that people can live off the land and not depend on society so much. I grew up in the country."

## What's That You're Reading?

**NAME:** KATHY KUBICKI | **AGE:** 55 | **OCCUPATION:** FITNESS TRAINER  
**NEIGHBORHOOD:** LEMON GROVE | **WHERE INTERVIEWED:** CURVES, LA MESA



### Tell me about *Linthead*.

"It's the author's perspective on growing up in a mill town in the '50s — the social life of the town. The mill built these houses around the mill itself, and the employees lived in them with their families. They'd pay \$25 a month or less in rent. He remembers it as a happy life. His dad was very proud of what he did — as far back as the author could remember, that's what his family did. But he didn't work at the mill. He went out and became a baseball sportscaster."

### Was baseball part of the mill community?

"Oh, yes. There were teams at each of the mills in the area, and they would play each other. It was a big social thing — it pulled everyone together. Some famous baseball players came out of it. It was a big part of mill life."

### Do you have a favorite author?

"Probably Lilian Jackson Braun — The Cat Who... series. *The Cat Who Sniffed Glue*, *The Cat Who Blew the Whistle*, *The Cat Who Came to Breakfast*. The books are lighthearted mysteries about a millionaire bachelor and his two Siamese cats, Koko and Yum-Yum. The cats give him clues — he interprets their behavior. There's no bad language, and there's no heavy romance — it's all lighthearted. It's very easy reading; I don't like anything heavy or deep. I had two Siamese cats when I started reading the books — that's what drew me to them."

### What book was most life-changing for you?

"I grew up in the south in the late '50s, early '60s, a time of turmoil for blacks. And I remember learning about the slaves and the freeing of the slaves. It just opened my eyes to everything. The books I remember best are

the ones about abolitionists — John Brown, Abraham Lincoln, Harriet Tubman."

### Do you read any magazines or newspapers?

"I read *Diane*, which is the magazine of Curves. I'll read all the articles in there."

### Do you talk to your friends about reading?

"No. My boyfriend reads the newspaper incessantly, but I don't. I'm not an avid reader. I say I'm too busy, but I don't know. If I didn't work as much, I don't know if I'd read more or find other things to do. I read *Lint-head* because I'd had eye surgery, and I couldn't do anything but read. Though I do read cookbooks and gardening books. I'm looking forward to getting Pat Welsh's *Southern California Organic Gardening*."

For more stories by this author, go to [sdrader.com](http://sdrader.com).

form for Concert Hour Series. 760-744-1150 x2316. Thursday, February 25, 12:30pm; free. Palomar College Performance Lab (room D-10), 1140 West Mission Road. (PALOMAR COLLEGE)

**Organ Concert** Organist Alison Luedcke in concert. 619-702-8138. Sunday, February 28, 2pm; free. Spreckels Organ Pavilion, 2211 Pan American Road. (BALBOA PARK)

**Spotlight Series Continues** Enjoy Bach's "Sonata for Viola da Gamba and Keyboard No. 1 in G," the "Piano Trio No. 4 in E" by Mozart, and Schumann's "Piano Quartet in E flat" when Arnaud Sussmann (violin), Cynthia Phelps (viola), Ronald Thomas (cello), Anton Nel (piano) perform for Mainly Mozart Spotlight Series. 619-239-0100. Sunday, February 28, 5:30pm; \$60. Inn at Rancho Santa Fe, 5951 Linea del Cielo. (RANCHO SANTA FE)

**Spotlight Series La Jolla** Arnaud Sussmann (violin), Cynthia Phelps (viola), Ronald Thomas (cello), Anton Nel (piano) play Bach's "Sonata for Viola da Gamba and Keyboard No. 1 in G," the "Piano Trio No. 4 in E" by Mozart,

and Schumann's "Piano Quartet in E flat" for Mainly Mozart Spotlight Series. 619-239-0100. Friday, February 26, 8pm; Saturday, February 27, 8pm; \$48. Neurosciences Institute, 10640 John Jay Hopkins Drive. (LA JOLLA)

**Symphony Exposed!** Complete performance of Claude Debussy's "La Mer" planned by San Diego Symphony, conductor Philip Mann, host Nuvi Mehta. 619-235-0804. Thursday, February 25, 7:30pm; \$20. Copley Symphony Hall, 750 B Street. (DOWNTOWN)

**Impressionist Masterpiece** Debussy's "La Mer" is on program when San Diego Symphony presents Jacobs' Masterworks concert with conductor Philip Mann, Julie Ann Smith (harp), Demarre McGill (flute). Also on tap: "Don Juan" by Richard Strauss, Mozart's "Concerto for Flute and Harp." 619-235-0804. Saturday, February 27, 8pm; \$20-\$93. Copley Symphony Hall, 750 B Street. (DOWNTOWN)

**Verdi's First Masterpiece** San Diego Opera season continues with *Nabucco*. Cast includes

Richard Paul Fink, Sylvie Valayre, Raymond Aceto. Conductor is Edoardo Müller; Lotfi Mansouri directs. Performed in Italian with English translations above stage. Reservations: 619-533-7000. Friday, February 26, 8pm; Sunday, February 28, 2pm; \$30-\$180. San Diego Civic Theatre, 1100 Third Avenue. (DOWNTOWN)

## DANCE

### "David Patrone \$10,000 Swing Dance Spectacular"

David Patrone Productions hosts swing dance competition and lessons. Contestant registration: 4-4:45pm; swing dance lessons with Jim and Margie (5-5:45pm); live music for swing dancing (6-9pm). Semifinals: March 21. Finals: March 28. 619-517-2719. Sunday, February 28, 5pm; free. 21 and up. Viejas Casino DreamCatcher Show Room, 5000 Willows Road. (ALPINE)

**Belly Dancing Downtown** The Raks Cairo and Sands of Arabia Ensembles perform. Open dancing. No cover. 619-696-0038. Monday, March 1, 7pm; free. Haji

Baba Restaurant, 801 C Street. (EAST VILLAGE)

**Belly Dancing Near and Far** Sabrina Fox and Carmen perform to live music by Middle-Earth Ensemble. 858-488-4200. Sunday, February 28, 8pm; \$10. Turquoise, Café-Bar Europa, 873 Turquoise Street. (PACIFIC BEACH)

**Belly-Dance Show** Lucia and the Sands of Arabia ensemble perform. Live band, open dancing. 619-696-0038. Friday, February 26, 10pm; \$10. 18 and up. Haji Baba Restaurant, 801 C Street. (EAST VILLAGE)

**Cajun/Zydeco Dancing** Party with beginning dance lesson (7pm); DJ spins zydeco tunes (8-10:30pm). Free for first-time visitors; \$5 tickets include lesson, dance. 619-857-8409. Tuesdays, 7pm; 21 and up. Riley's Music Lounge, 2901 Nimitz Boulevard. (POINT LOMA)

**English Country Dancing** Sharon Green calls for English country dancing. 858-676-9731. Sunday, February 28, 6pm; \$6. Jean Hart Academy of Dance, 12227 Poway Road. (POWAY)

**Swing Time** Firehouse swing dance features music by DJ Dan Ang and friends, performance from "Olio the Show." Introduction to Lindy at 9pm. All ages. 858-395-6060. Wednesday, March 3, 7pm; Firehouse Swing Dance, at San Diego Woman's Club: 2557 Third Avenue. (BANKER'S HILL)

**Usual Suspects** Band makes music, Steve Barlow calls for San Diego Folk Heritage contra dance. Optional potluck supper at 6:30pm; bring food/beverages to share. Beginners' dance workshop: 7:30pm. Wear soft-soled shoes. 619-283-8550. Saturday, February 27, 6:30pm; \$7. Trinity United

Methodist Church, 3030 Thorn Street. (NORTH PARK)

**West Coast Swing Mania IV** NextGen Dance Club plans event with DJ Erica Lyons. West Coast swing workshop with instructors Pattie Wells, Brick Robbins, Brandon Detty, Mark Pablo. Couples and singles welcome. Admission includes two workshops and party. 619-275-3533. Saturday, February 27, 7pm; \$6-\$9. Pattie Wells' Dancetime Center, 1255 West Morena Boulevard. (BAY PARK)

## FILM

### "A New Generation of Spike and Mike Animation"

Festival promises "flat-out best and funniest animated shorts the world has to offer." The 19 featured films include *Key Lime Pie*, *Stillwaters*, *A Town Called Panic*; *Cake*. Tickets: \$15 general; group rate of \$12 per ticket for four or more. 858-459-8707. Saturday, February 27, 7:15pm and 9:30pm; 6 and up. Sherwood Auditorium at Museum of Contemporary Art San Diego, 700 Prospect Street. (LA JOLLA)

**"DANCEonFILM" South** San Diego/Tijuana DANCEonFILM Festival promises "international collection of experimental short dance films" following "latest dance filmmaking production technology from feature films to virtual worlds." Program includes *The Last Martini*, *Little East [Outside the Box]*, *Gabrielle*, *Dot Dance*, *Sunscreen Serenade*, others. 858-405-9555. Saturday, February 27, 6pm; free. Centro Cultural Tijuana, Paseo de los Héroes and Mina Street. (BAJA)

**Cold Souls** Paul Giamatti stars as himself in this 2009 "bit of screwball surrealism" directed by Sophie Barthes, screening for Film Forum. 619-236-5800. Monday, March 1, 6:30pm; free. San Diego Public Library, 820 E Street. (EAST VILLAGE)

**Dirty! The Movie** Celebrate "stories of environmental renewal" when Gene Rosow's "eco-minded agitprop" is featured. 619-236-5800. Wednesday, March 3, 6:30pm; free. San Diego Public Library, 820 E Street. (EAST VILLAGE)

**Garden State** It's the selection for this week's cinema social. Dive-In theatre combines "eclectic film choices," food, drink, light conversation at hotel's poolside lounge and theater located outdoors. Early arrival suggested. Reservations: 619-226-6100. Wednesday, March 3, 8pm; free. Pearl Hotel, 1410 Rosecrans Street. (POINT LOMA)

**Gloomy Sunday** Rolf Schubel's 1999 film is set in World War II Hungary, focusing on a romantic love triangle and fictional story of a famous song. "Culinary Cinema Series" event includes hors d'oeuvres and libations; film screening; Hungarian dinner prepared by chef Steve Akin of D.Z. Akin's; dessert and coffee. Reservations: 760-435-3721. Saturday, February 27, 5:30pm; \$60-\$75. Oceanside Museum of Art, 704 Pier View Way. (OCEANSIDE)

**Je crois que je l'aime** Cine Club of Alliance Française meets for Pierre Jolivet's 2007 romantic comedy with Vincent Lindon and Sandrine Bonnaire. In French with English subtitles. Donation. 858-550-0144. Friday, February 26, 7pm. Alliance Française de San Diego, 6640 Lusk Boulevard, Suite 104. (SORRENTO VALLEY)

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**Kicking It** “In the summer of 2006, thousands of soccer players around the globe were training hard to compete in the World Cup...the Homeless World Cup.” Film screening in conjunction with “One Book, One San Diego” community reading campaign. 619-236-5817. Thursday, February 25, 2pm; free. San Diego Public Library, 820 E Street. (EAST VILLAGE)

**Mighty Uke** Why do “so many people of different nations, cultures, ages, and musical tastes” turn to the ukulele? Directors Tony Cole, Margaret Meagher traveled the world to answer the question. See their resulting documentary, then enjoy concert by “premier ukulele” player James Hill. Tickets: 760-438-5996. Sunday, February 28, 7pm; \$12-\$15. Museum of Making Music, 5790 Armada Drive. (CARLSBAD)

**Rudo y Cursi** ArtPower’s “Sport Stories/Tribeca Film Festival” continues with 2008 film starring Diego Luna and Gael García Bernal. 858-534-TIXS. Thursday, February 25, 8pm; \$8. Loft, 9500 Gilman Drive. (LA JOLLA)

**San Diego/Tijuana DANCEon-FILM Festival** Enjoy “international collection of experimental short dance films” following “latest dance filmmaking production technology from feature films to virtual worlds.” Program in Studio Theatre includes *Becoming*, *Dot Dance*, *Entanglement Theory*, *Sunscreen Sere-nade*, others. 858-405-9555. Friday, February 26, 7:30pm; \$8-\$12. San

Diego State University, 5500 Campanile Drive. (COLLEGE AREA)

## FOOD & DRINK

**“A Magic Touch of Balsamic”** Cooking class with chef Nadia Frigeri. Fee includes food, beverages, appetizer. 858-578-2665. Thursday, February 25, 6pm; \$49. Cooking With Class, 8290 Miramar Road. (MIRAMAR)

**“Beer and Cheese Regional Pairing: Pacific Northwest”** Resident “beer and cheese sleuth” Bill Sysak “tracked down some of the best the Pacific Northwest has to offer.” Enjoy several rounds of ales, cheeses crafted by our Northwestern neighbors. 760-471-4999. Tuesday, March 2, 7pm; \$35. 21 and up. Stone Brewing World Bistro and Gardens, 1999 Citracado Parkway. (ESCONDIDO)

**“Master Pairings: Around the World”** Take “tempting tour of beer and cuisine from around the globe” through tastes of five different nations. Five-course dinner with chef Alex Carballo, Bill Sysak guiding guests “through an evening of exotic food and exceptional beer.” 760-471-4999. Thursday, February 25, 7pm; \$39. 21 and up. Stone Brewing World Bistro and Gardens, 1999 Citracado Parkway. (ESCONDIDO)

**Beer and Chocolate Pairing** “Partnering of chocolate and beer

together is an experience that is simply magical.” Enjoy truffles by Guanni Chocolates alongside brews to bring out “best in both.” Mariella Balbi, chocolatier and owner of Guanni, on hand to introduce her creations. 760-471-4999. Sunday, February 28, 2:30pm and 5pm; \$30. 21 and up. Stone Brewing World Bistro and Gardens, 1999 Citracado Parkway. (ESCONDIDO)

**Tequila Tasting** Sampling session presented by Corzo tequila. RSVP: 619-858-8226. Thursday, February 25, 6:30pm; free. Fred’s Mexican Cafe Old Town, 2470 San Diego Avenue. (OLD TOWN)

## FOR KIDS

**“Give a Day, Get a Day”** WitKids and the Dinner Garden host event promising bags of seeds for family, friends, neighbors. Learn to garden with recyclable materials. Master gardeners on hand to answer questions about seeds, planting, more. 619-677-2238. Saturday, February 27, 9am. Amici Park, State Street and West Date Street. (LITTLE ITALY)

**“Pretty and Pink”** Meet radiantly pink animals, learn how they show their love for each other during Kindernights and Kindermornings program. Hear “heart-felt stories,” make a heart-healthy edible necklace while sipping on pink lemonade. Fee does not include admission to zoo. Required reservations: 619-557-3969. Friday,



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"Sheep and Goats" page 154-155

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now disclosed" (Col. 1:25, 26)  
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CHURCH  
3844 Georgia St.  
(one block east of Park Blvd.)  
Sunday 10:30 am  
Pastor Mike Delamarian, Jr.  
619-296-2237 or 858-487-4442

## Do you believe in all paths to God?

A New Thought Spiritual  
Learning Center in the heart  
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**OM SPIRITUAL CENTER**  
Take the Auto Circle exit off  
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## A Place To Call Home

Sunday services 9:30 and 10:30 am.  
KidZone for kids both services.  
Engage for Youth 9 am.  
Free refreshments  
and Starbucks Coffee.  
**CHRIST COMMUNITY**  
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Meets at Miramar College  
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Sunday services 10:30 am  
Deep Meditation 9:50 am (1/2 hour)  
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THE INNER CHRIST  
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## Carrying Around Guilt and Regrets?

Still yearning for peace in life?  
Join us for our series: *The 7*  
*Deadly Sins* to find true  
and lasting freedom from  
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God has real healing for you!  
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February 28th at 10:00 am  
**The Higher Vision Choir**  
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A Center for Spiritual Living  
11260 Clairemont Mesa Blvd.  
San Diego, CA 92124  
www.visioncsf.com

## "Making God's love and forgiveness in Jesus Christ more real to one another."

Sunday Worship Services:  
8:30 am & 11:15 am Traditional  
10:00 am Contemporary  
Music Service  
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Gospel. Catechism for all ages,  
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## Everyone is important in God's eyes. United by God's Word, we worship the Lord Jesus Christ, teach and share One Word, One Body, One Saving Love.

Worship services Sunday  
8:30 & 11 am  
Midweek Services Wednesdays  
10 am & 7 pm during Lent  
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just like you! When you visit our service, you will find great worship music,  
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what you wear), and a safe and loving environment for your children.  
Whether you are just beginning your spiritual journey or you've been on this  
path a long time, we invite you to come discover everything that a relation-  
ship with Jesus Christ means for your life.  
**March 7: Bluegrass Sunday**  
**April 4: Free breakfast & gourmet coffee starting at 9 am followed by**  
**Easter service**  
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8950 Lakeview Road, Lakeside  
(619) 561-1965 • www.hillcountrychurch.org

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Monday-Friday  
7:15-7:45 am & 5:15-5:45 pm  
Saturday  
4-5 pm  
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**CATHOLIC CHURCH**  
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Based on the Spiritual Exercises  
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Offered by the priests of Miles  
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Adoration, Daily Mass and Rosary.  
April 30-May 2, 2010  
Men's and young men's retreat at  
**PRINCE OF PEACE ABBEY**  
in Oceanside  
Contact us at:  
California@spiritualexercises.net  
or at (248) 596-9677

## Calendar LOCAL EVENTS

February 26, 6:30pm; \$12-\$15. 3  
and up. San Diego Zoo, 2920 Zoo  
Drive. (BALBOA PARK)

**Rhythm, Rhyme, and Ragtime**  
Classics 4 Kids and Classics Phil-  
harmonic Orchestra offer look at  
engaging stories behind favorite  
musical masterworks for "Center  
Stage: Performances for Youth" se-  
ries. 800-988-4253. Friday, Febru-  
ary 26, 11am; \$2. California Center  
for the Arts, Escondido, 340 North  
Escondido Boulevard. (ESCONDIDO)

**Disney's Alice in Wonderland**  
Christian Youth Theater presents  
musical tale of Alice and her adven-  
tures in wonderland. 800-696-1929.  
Friday, February 26, 7pm; Saturday,  
February 27, 7pm; Sunday, Febru-  
ary 28, 2pm; \$10-\$15. Escondido  
Charter High School, 1868 East Val-  
ley Parkway. (ESCONDIDO)

**Grease** Pacific Ridge School per-  
formance of the classic musical,  
performed by students in 7th  
through 11th grades. 760-918-  
0792. Friday, February 26, 7:30pm;  
Saturday, February 27, 7:30pm;  
Sunday, February 28, 3pm; \$10.  
San Elijo Middle School, 1600  
Schoolhouse Way. (SAN MARCOS)

**Nobody's Perfect** This new mu-  
sical performed in spoken English  
and American Sign Language,  
based on book by Oscar-winning  
actress Marlee Matlin, presented  
by Kennedy Center's Theatre for

Young Audiences on Tour. 858-  
748-0505. Saturday, February 27,  
7pm; \$5-\$25. Poway Center for the  
Performing Arts, 15498 Espola  
Road. (POWAY)

**Bend It, Shape It, Sculpt It**  
"Art Explorations: Exploring  
Sculpture" classes for families  
with children 5-12 years old. Par-  
ticipants engage in studio activi-  
ties inspired by museum's collec-  
tions. 619-232-7931. Wednesdays,  
1:30pm; through Wednesday,  
March 31; free. 5 and up. San  
Diego Museum of Art, 1450 El  
Prado. (BALBOA PARK)

**I Think I Can!** Help Eddie the En-  
gine deliver a birthday present to  
Bunny Rabbit during *The Little En-  
gine That Could* puppet shows by  
Big Joe Productions. 619-544-9203.  
Thursday, February 25, 10am and  
11:30am; Friday, February 26, 10am  
and 11:30am; Saturday, February 27,  
11am, 1pm and 2:30pm; Sunday,  
February 28, 11am, 1pm and  
2:30pm; Wednesday, March 3, 10am  
and 11:30am; \$3-\$5. Marie Hitch-  
cock Puppet Theatre, 2130 Pan  
American Road West. (BALBOA PARK)

## GALLERIES

**"John Henry"** Opening reception  
for exhibit of "stuff" by rising San  
Diego artist David Adey, who  
transforms Main Gallery "in a trib-  
ute to...books." Opening concur-  
rently: "Anything but Rehab," a  
new series of paintings by Los An-  
geles-based artist Charlie Miller.

## Pacific Coast Skydiving

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Add \$20 for weekend jumps.

"Selections from the Athenaeum's  
Erika and Fred Torri Artists' Books  
Collection: Mary Ellen Long,  
books" may also be seen through  
Saturday, April 3. 858-454-5872.  
Friday, February 26, 6:30pm; free.  
Athenaeum Music and Arts Li-  
brary, 1008 Wall Street. (LA JOLLA)

**"Locals Only"** Opening recep-  
tion for exhibition by Brad  
Burkhart, Kim Maria Cruz, Susan  
Mae Hull, David Hunt, Conrad  
Macheski, Tara Nichole, Bill Pierce,  
Mark Rimland, Michael Starkow,  
Maura Vazakas. See the works in  
variety of media through Thurs-  
day, April 15. 619-534-8120. Sat-  
urday, February 27, 5pm; free.  
Edgware Gallery, 4186 Adams Av-  
enue. (KENSINGTON-TALMADGE)

## IN PERSON

**"Fireworks for the Soul"** Diane  
Mandle creates "transformational  
harmonics with ancient Tibetan  
bowls and gongs while bathing  
participants in a projection of col-  
ored light patterns of sacred geom-  
etry" during concert. Bring a mat.  
858-350-3431. Friday, February 26,  
7pm; \$20-\$25. 10 and up. Founda-  
tion Yoga, 140 Lomas Santa Fe  
Drive. (SOLANA BEACH)

**"Live Comedy Live!"** Headliner  
is Dat Phan (*Last Comic Standing*),  
with Christian Spicer and R.J.  
Dharni. Preshow music by Jimmie  
Lunsford (7:15pm), show at 8pm.  
No drink minimum. 760-595-  
5466. Sunday, February 28, 7pm;  
free-\$10. 21 and up. Kensington  
Club, 4079 Adams Avenue. (KENS-  
INGTON-TALMADGE)

**"Think a Little, Laugh a Lot"**  
Comedian Tim Lee's show blends  
stand-up comedy with science and  
"humorous" PowerPoint visuals.  
Lee "uses scientific phenomena  
and tools to explain everything  
from the hair that collects on a bar  
of soap to how his standards drop  
rapidly with abstinence." 760-720-  
2460. Saturday, February 27, 8pm;  
\$20. Carlsbad Village Theatre, 2822  
State Street. (CARLSBAD)

**Festival of Local Authors**  
Carlsbad and North County au-  
thors discuss their works during  
panel discussion moderated by  
author Taffy Cannon (*Blood Matters*  
and *Booked for Travel* mystery se-  
ries), 11am-noon. Participating au-  
thors: Joseph Dave Bicarti (*Timera*  
*of Viesiti*), Jean E. Carroll (*The*  
*Shadows of Las Vegas*), Brix McDonald  
(*Riding on the Wind*), Erica Miner  
(*Forever Friends*), Tom Morrow  
(*The Beacon on Kill Devil Hill*),  
Orin D. Parker (*Return to Bagh-*  
*dad*), Bob Richard (*The Last Man*  
*Standing: Running with Wolves*),  
Louise Watkins (*Sweet Justice*).  
Meet authors in courtyard, noon-  
1pm. 760-602-2012. Saturday, Feb-  
ruary 27, 11am; free. Carlsbad City  
Library, 1775 Dove Lane. (CARLSBAD)

**Apple Turnover Murder** Culi-  
nary mystery author Joanne Fluke  
signs books. 858-268-4747. Satur-  
day, February 27, 2pm; free. Myste-  
rious Galaxy Books, 7051 Claire-  
mont Mesa Blvd., Suite 302.  
(KEARNY MESA)

**Raw Energy** Holistic esthetician/  
aromatherapist/author Stephanie  
Tourles discusses, signs her new  
book. Learn all about *124 Raw*  
*Food Recipes for Energy Bars,*  
*Smoothies, and Other Snacks to*  
*Supercharge Your Body.* 858-454-  
0347. Tuesday, March 2, 7:30pm;  
free. Warwick's Bookstore, 7812  
Girard Avenue. (LA JOLLA)

**Stem Cells for Dummies** What  
are stem cells and what do they do?  
Dr. Larry Goldstein — UCSD pro-  
fessor of cellular and molecular  
medicine at UCSD School of Med-  
icine, and director of UCSD's Stem  
Cell Program — discusses his new  
book, answers questions. Signing  
follows. 858-755-3735. Tuesday,  
March 2, 7pm; free. Book Works,  
2670 Via de la Valle. (DEL MAR)

**The New Adobe Home** Michael  
Byrne and Dottie Larson plan lec-  
ture, signing of their book focusing  
on "use of adobe through a variety  
of...homes in California, New  
Mexico, Arizona, and Mexico."  
619-297-9327. Thursday, February  
25, 6pm; \$15-\$38. Adobe Chapel,  
3963 Conde Street. (OLD TOWN)

**Author Signing** Gary Mitrovich,  
author of *East of San Diego: The*  
*Lost History of the San Diego Po-*  
*lice Department*, signs books. 619-  
593-5119. Saturday, February 27,  
2pm; free. Borders Books and Mus-  
ic — El Cajon, 159 Parkway  
Plaza. (EL CAJON)

**Books, Blues, Barbecue** Author  
J. Richard Watkins signs *Vietnam*  
*No Regrets: One Soldier's Tour of*  
*Duty.* Hoodoo Blues band per-  
forms. 858-616-6999. Saturday,  
February 27, noon; free. San Diego  
Harley-Davidson, 5600 Kearny  
Mesa Road. (KEARNY MESA)

**Global Day of Commedia dell'**  
**Arte** Commedia dell'arte ("com-  
edy of craft") is professional form of  
theater that began in Renaissance  
Italy. Festivities include presenta-  
tion on characters of Commedia  
dell'arte; followed by improvisation  
session featuring audience partici-  
pation; performance of Flaminio  
Scala's *Scenarios of the Commedia*  
*dell'arte* performed by actors from  
Chronos Theatre Group. 760-795-  
8710. Friday, February 26, 6pm;  
free. MiraCosta College Commu-  
nity Learning Center, 1831 Mission  
Avenue. (OCEANSIDE)

**Got Arts?** Grossmont Union High  
School District hosts Visual and  
Performing Arts Festival in Cuya-  
maca College's Art Center. Expect  
an art exhibit, variety of musical,  
theatrical, and dance performances  
showcasing artistic achievements of  
the students. Food sales, art work-  
shops, more. 619-644-8000. Satur-  
day, February 27, 8am; free. Cuya-  
maca College, 900 Rancho San  
Diego Parkway. (CUYAMACA COLLEGE)

**Jam Session** Panelists from mu-  
sic industry round table plan con-  
cert with rock, pop, blues, jazz in  
Concert Hall (building 2400).  
Tickets: 760-795-6615. Friday, Feb-  
ruary 26, 7:30pm; \$5. MiraCosta  
College, One Barnard Drive.  
(OCEANSIDE)

**Kooza!** Cirque du Soleil "com-  
bines two circus traditions — ac-  
robatic performance and the art of

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clowning” — to tell story of “The Innocent,” a melancholy loner in search of his place in world. Show highlights physical demands of human performance in its splendor and fragility, presented with emphasis on slapstick humor. 800-450-1480. Thursdays, 8pm; Fridays, 4pm and 8pm; Saturdays, 4pm and 8pm; Sundays, 1pm and 5pm; Tuesdays, 8pm; Wednesdays, 8pm; through Sunday, March 21, \$21-\$125. Del Mar Fairgrounds, 2260 Jimmy Durante Boulevard. (DEL MAR)

**Magee Park Poetry Reading** Local poetic light Brandon Cesmat reads from his work for Magee Park Poets. Open reading follows. 760-602-2400 x8149. Sunday, February 28, 2pm; free. Cole Library, 1250 Carlsbad Village Drive. (CARLSBAD)

**Master Your Money** Author Shay Olivarría plans workshop on “Five Things You Should Do to Master Your Money,” answers questions, signs *Money Matters: The Get It Done in 1 Minute Workbook*. Learn methods to increase credit scores, decrease debt, “live a powerful financial life.” 619-527-3405. Saturday, February 27, 2pm; free. Malcolm X Library, 5148 Market Street. (VALENCIA PARK)

**Open-Mike Night** Musicians, singers (including karaoke), actors, poets, comedians invited to entertain. Purchase requested. 619-299-9360. Sundays, 8pm. Café Liberta, 3834 Fifth Avenue. (HILLCREST)

**Piano Concert** Encinitas School of Music presents annual piano recital. 760-943-9480. Sunday, February 28, 2pm; free. Museum of Making Music, 5790 Armada Drive. (CARLSBAD)

**Screenwriter and Author** Karl Alexander discusses his classic time-travel/Jack the Ripper novel *Time After Time*. 858-268-4747. Wednesday, March 3, 7pm; free. Mysterious Galaxy Books, 7051 Clairemont Mesa Blvd., Suite 302. (KEARNY MESA)

**Show and Tell** Enjoy this “upgrade to the traditional story slam”; storytellers, performers allowed to read from scripts, take the stage with rehearsed stories. 619-282-0437. Saturday, February 27, 8pm; \$5. Lestat’s Coffee House, 3343 Adams Avenue. (NORMAL HEIGHTS)

**Songs of Irish, Scottish, American Heritage** Golden Bough — rooted in tradition of Celtic music — leads audience on musical journey from old world to new. Tickets for “Free First Wednesdays” series available on first-come, first-served basis, one hour prior to curtain. 800-988-4253. Wednesday, March 3, 4pm and 7pm; free. California Center for the Arts, Escondido, 340 North Escondido Boulevard. (ESCONDIDO)

**Stress-Free Tuesdays** Comedy show by Ed Greer and Juan Iglesias. No cover before 7:30pm. 619-708-7975. Tuesday, March 2, 7pm; free-\$5. 21 and up. U-31, 3112 University Avenue. (NORTH PARK)

**Visionary Poet** Rachel Galvin reads from her new collection of poems, *Pulleys & Locomotion*, in Love Library room 430. 619-594-6724. Monday, March 1, 5:30pm; free. San Diego State University, 5500 Campanile Drive. (COLLEGE AREA)

## LECTURES

**“A Touch of Insight”** Polly Nooter Roberts of UCLA’s department of world arts and cultures discusses “Tactility and Transcendence in African Art.” Lecture traces complex aesthetic practices linking tactility to attainment of inner vision, using examples of Luba art from Democratic Republic of the Congo and other cultures of central and west Africa. 619-231-7038. Saturday, February 27, 2pm; \$7-\$15. San Diego Museum of Art, 1450 El Prado. (BALBOA PARK)


**“Aid That Works”** Raymond Offenhiser, president of Boston-based Oxfam America, focuses on “Creating a 21st Century Vision for U.S. Development Assistance.” Oxfam, an international relief and development organization, has worked to “create lasting solutions to poverty, hunger, and injustice.” RSVP: 619-260-7509. Thursday, February 25, 7pm; free. Joan B. Kroc Institute for Peace and Justice, University of San Diego, 5998 Alcalá Park. (LINDA VISTA)

**“Corporate Restructuring in the 21st Century”** Kazuhiko Toyama — CEO and representa-

# W H A L E W A T C H I N G

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Show Hosts

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All applicants must apply online prior to audition date  
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(Costume characters must be at least 16 years of age.)

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## Calendar LOCAL EVENTS

tive director of Tokyo's Industrial Growth Platform, Inc. — discusses his experience, strategies, perspectives in UCSD's Eucalyptus Point Conference Center. Reception follows. 858-822-6756. Tuesday, March 2, 4:30pm; free. University of California San Diego, 9500 Gilman Drive. (LA JOLLA)

**"Dive Into Drip"** Kathy Eagle, director of ornamental horticulture at Barona Valley Ranch Resort and Casino, teaches how to tune up existing irrigation to make it water-smart. Gain introduction to drip irrigation, pros and cons of drippers, appropriate applications for drip, demonstration of basic drip system installation. Reservations: 619-660-0614 x10. Saturday, February 27, 2pm; \$20-\$30. Water Conservation Garden, 12122 Cuyamaca College Drive West. (RANCHO SAN DIEGO)

**"Fall Seven Times, Stand up Eight"** Jennifer Taylor-Mendoza of San Bernardino Valley College focuses on "Understanding African American Student Success" for Life program in room 201. Expect "synopsis of an empirical study that examined five long-standing programs that assist with the retention and persistence of African American students in California community colleges." 760-634-7806. Friday, February 26, 1pm; free. 18 and up. MiraCosta College San Elijo Campus, 3333 Manchester Avenue. (CARDIFF)

**"From Tajikistan to the Moon"** Author Robert Frimtzis

chronicles "harrowing saga from surviving Nazi onslaughts in Europe to contributing to America's lunar exploration" for Life at Mira Costa senior learning group, in room 1068 (2:30pm). Talk follows MiraCosta faculty member David Lewis on "Frederic Chopin — The Man and His Music" (1pm). 760-721-8124. Friday, February 26, 1pm; free. MiraCosta College, One Barnard Drive. (OCEANSIDE)

**"Intellectuals and Social Movements"** Brian Holmes focuses on "Doctrine, Debate, Defense, Invention" for "Public Culture" series in Visual Arts Facility Performance Space. 858-822-7755. Thursday, February 25, 6:30pm; free. University of California San Diego, 9500 Gilman Drive. (LA JOLLA)

**"M(other)land"** Talk Art talk in the Visual Arts Facility Performing Arts Space by Bay Area video artist lauren woods in conjunction with her exhibit on view in University Art Gallery. "These works both reflect and question the quintessentially American impulse to draw on fiction and myth to make sense of individual identity in a fragmented world." 858-534-2107. Tuesday, March 2, 6:30pm. University of California San Diego, 9500 Gilman Drive. (LA JOLLA)

**"Making Monsters"** Exploration of horror genre in Southern California continues with talk by Encinitas-born E.L. Katz, writing and producing for filmmakers like Sam Raimi. Sibling Peter Katz has produced independent horror films, is involved with "neurocinema," a process using brain-scanning technology to explore viewer reactions. Talk moderated by Professor Martha Stoddard Holmes in

Arts 111. 760-750-4011. Tuesday, March 2, 6pm; free. CSU San Marcos, 333 South Twin Oaks Valley Road. (SAN MARCOS)

**"Spirituality for the Future"** Go "Beyond Fundamentalism" with Reverend Arvid Straube. Explore faith development, spiral dynamics, militant atheist versus militant fundamentalist, agnosticism, pantheism. Donation. 619-298-9978 x8014. Wednesday, March 3, 6:30pm. First Unitarian Universalist Church of San Diego, 4190 Front Street. (HILLCREST)

**Stochastic Shocks, Bargaining, and War"** Professor Muhammet Bas of Harvard University plans lecture in Social Sciences Building room 104. "His current research focus is on the sources of suboptimal behavior in international crises, environmental causes of conflict and war, and statistical models of strategic behavior." 858-822-5297. Thursday, February 25, 12:30pm; free. University of California San Diego, 9500 Gilman Drive. (LA JOLLA)

**"The Perpetual Cross"** David Blair-Loy, legal director for local ACLU, speaks about the Mt. Soledad cross legal case when San Diego Association for Rational Inquiry meets. 619-421-5844. Sunday, February 28, 7pm; free. Joyce Beers Community Center, 4065 Vermont Street. (HILLCREST)

**"What Is a Tanager?"** SDSU biologist Kevin Burns chronicles "Using DNA to Understand Tropical Birds" for San Diego Audubon Society meeting. Burns will discuss how DNA sequences are helping to reveal what species belong to tanagers, which do not. 858-273-7800 x100. Friday, February 26, 6:30pm; free. Joyce Beers Community Center, 4065 Vermont Street. (HILLCREST)

**"Who Owns the Data?"** The "Exploring Ethics" series continues with panelists considering the question. RSVP: 858-822-2647. Wednesday, March 3, 5:30pm; free. Reuben H. Fleet Science Center, 1875 El Prado. (BALBOA PARK)

**Art Talk: Tara Donovan** Artist Tara Donovan plans gallery talk, tour through her exhibition. She "creates astonishing visual experiences that attest to the poetic wonder of close looking and bigger thinking about the everyday ma-

terials that surround us." Included in museum admission. 858-454-3541 x198. Saturday, February 27, 2pm. Museum of Contemporary Art San Diego, Downtown, 1100 and 1001 Kettner Boulevard. (DOWNTOWN)

**Art and Conversation** Studio Series continues when *Los Angeles Times* art critic Leah Ollman and Lux resident artist Iva Gueorguieva take part in "interactive discussion" and answer questions about Gueorguieva's work as an abstract painter. Wine reception precedes presentation (6:30pm). Tickets include studio admission. Reservations: 760-436-6611. Thursday, February 25, 5:30pm; \$5-\$10. Lux Art Institute, 1550 South El Camino Real. (ENCINITAS)

**Be Successful!** SDSU's Afrikan Student Union hosts 35th annual high school conference for all high school students. Expect workshops, tips on how to be successful in high school and college, presented in Aztec Center. Talent show with step teams, other entertainers. 619-594-5221. Saturday, February 27, 8am; free. 16 and up. San Diego State University, 5500 Campanile Drive. (COLLEGE AREA)

**Bird Photography Workshop** Learn about equipment, field techniques, locations, artistic principles during classes led by Neil Solomon. Participants should have a working knowledge of their digital- or film-camera equipment. Class continues March 6 and 9 at La Jolla Shores and Santee Lakes. Registration: 619-255-0203. Tuesday, March 2, 6:30pm; \$89-\$99. San Diego Natural History Museum, 1788 El Prado. (BALBOA PARK)

**Cultivate Health** "Ancient Secrets for the Modern Woman: Herbs, Qigong, and Tantra" divulged by Dr. Valencia Porter (Chopra Center for Wellbeing director of women's health), medical qigong instructor Fay McGrew, and "women's sexuality expert" Dr. Françoise Ginsberg. Fee: \$95 per person, or \$150 for two. Reservations: 760-729-1102. Sunday, February 28, 9:30am. Well Within Traditional Healing Arts, 555 2nd Street. (ENCINITAS)

**Day with Designers** American Society of Interior Designers hosts five-hour workshop with sessions led by eight local interior designers focusing on design subjects such as green design, color trends, design secrets, aging in place. 858-646-9896. Saturday, February 27, 9am; \$35-\$45. 18 and up. Art Institute of California-San Diego, 7650 Mission Valley Road. (MISSION VALLEY)

**Forum for Healthy Minds** Theme for forum is "Wellness... Mind, Body, and Soul," hosted by Community Alliance for Healthy Minds. Keynote speakers at 9am: Carol LeBeau and Dr. Nick Yphantides. Resource fair (8:30am); breakout sessions by experts in nutrition, art and writing therapy, suicide prevention, survivor support, journey with grief (throughout day). Requested donation: \$20. Registration: 858-395-3950. Saturday, February 27, 8:30am. Abraxas

High School, 12450 Glen Oak Road. (POWAY)

**Gallery Walk and Talk** "Fashion, modern architecture, and beach aestheticism combine and collide" in Allison Renshaw's vibrant mixed media compositions gathered in "Plastic Fantastic" exhibition. Meet Renshaw, listen as she discusses process and meaning behind her work. 760-435-3720. Thursday, February 25, 7pm; free-\$5. Oceanside Museum of Art, 704 Pier View Way. (OCEANSIDE)

**Home Grown: Seeds and Transplants** Master gardener and compost Diane Hollister focuses on "getting started in the garden." Learn varieties, advantages of beginning with seeds or from transplants, soil mixes. Reservations: 800-262-4167 x4. Saturday, February 27, 2pm; free. El Corazon compost facility, 3210 Oceanside Boulevard. (OCEANSIDE)

**How, When, Where, Why?** "Recommended Dosages of Medical Marijuana" class covers "clinical applications, legal medical conditions," safety, side effects, and more with "an experienced nurse." 858-864-8787. Saturday, February 27, 9am; \$99. 18 and up. Instant Imprints, 9808 Waples Street. (MIRA MESA)

**Know Your (Civil War) History?** Civil War historian Tom Helmantoler — whose interest in the war began with a Gettysburg visit and discovery of Civil War ancestors — plans talk. Bring pizza, salad, dessert, or drink for potluck. 619-297-4366. Monday, March 1, 6pm; free. First United Methodist Church of San Diego, 2111 Camino del Rio South. (MISSION VALLEY)

**Life's Turning Points** Psychologists associate turning points with transitions and stages of human development as defined, explored by Erik Erikson. Lessons learned from contemporary films and classical literature are primary focus of lecture hosted by Oasis. 760-839-6020. Wednesday, March 3, 1pm; \$3. 18 and up. Rancho Peñasquitos Library, 13350 Salmon River Road. (RANCHO PEÑASQUITOS)

**Music Industry Round Table** Panel discussions featuring music industry professionals including manufacturers, technical support, venue staff and administrators, performers, consultants, designers. 760-795-6815. Friday, February 26, 10am and 1pm; free. MiraCosta College, One Barnard Drive. (OCEANSIDE)

**Padres Potential** San Diego Padres president/chief operating officer Tom Garfinkel discusses the state of the Padres as new season approaches. Question-and-answer session follows. Bring your lunch to talk hosted by Centre City Development Corporation (located above CVS). 619-235-2222. Tuesday, March 2, noon; free. Downtown Information Center, 193 Horton Plaza. (DOWNTOWN)

**The Revolution Will Be Edible?** Rose Hayden-Smith presents "Victory Gardens: Join the Garden Revolution" for "Sustainable Planet: Food" lecture series. Learn

about current national policies and models, discover work needed to sustain Victory Garden model as part of overall local food movement. 619-255-0203. Tuesday, March 2, 6:30pm; \$5. San Diego Natural History Museum, 1788 El Prado. (BALBOA PARK)

**What Is Animal Acupressure?** Margarat Nee of the Art of Dog presents an introduction to theory, practice of acupressure for dogs. Learn how it works, whether your dog will benefit, "how-to" information. 760-753-1982. Sunday, February 28, 1pm; free. Dexter's Deli, 1229 Camino Del Mar. (DEL MAR)

## SPORTS

**Seaside Slopey Metric Hundred** Pedal 61 miles with Knickerbikers to "check your fitness level for the long rides of spring." Route includes snack stop at Vinaka in Carlsbad, lunch at Kealani's in Encinitas on return. No one left behind. Park in designated spaces in Mission Bay South Shores boat ramp parking lot. 858-272-4710. Saturday, February 27, 8:30am. South Shores Park, 500 Sea World Drive. (PACIFIC BEACH)

**Backcountry Bikin'** San Diego Bicycle Touring Society bicyclists head out for 80-mile adventure to Valley Center, Lilac, more. Bring money for lunch in Valley Center. 619-688-6536. Sunday, February 28, 8:45am. Doyle Park, 8175 Regents Road. (UNIVERSITY CITY)

**Full Moon Bicycling** Bring your bike lights, take advantage of full moon during ten-mile bicycle adventure to Ocean Beach for dinner with Knickerbikers. Join group in north parking lot. Bring money for food. 858-272-4710. Sunday, February 28, 6:30pm. Mission Bay Visitors' Center, 2688 East Mission Bay Drive. (PACIFIC BEACH)

**Mirror Image vs. Threat!** American Wrestling Alliance presents "Friday Night Live." Card boasts matches including heavyweight championship bout between "The Mirror Image" Ricky Mandell and Threat; Todd Chandler vs. Aerial Star; Matt Twizted vs. Johnny Lowe; others. 619-569-0356. Friday, February 26, 7pm; \$10-\$13. Unity Lodge, 3366 Adams Avenue. (NORMAL HEIGHTS)

**Mission Bay 5K** Enjoy out and back course over flat terrain providing "great view of the ocean." 805-960-5310. Saturday, February 27, 8am; \$15. Mission Bay Visitors' Center, 2688 East Mission Bay Drive. (PACIFIC BEACH)

**Race Judicata** Proceeds from sixth annual race benefit the Community Law Project directed by California Western School of Law. 773-550-8930. Saturday, February 27, 9am; \$30-\$35. De Anza Cove, 3000 East Mission Bay Drive. (PACIFIC BEACH)

**Running Clinic in the Park** Exercise physiologist/coach Dr. Jason Karp leads clinics, workouts in park for runners of all abilities. "Learn how to run smart and then experience the workouts." Different clinic and workout each week.

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619-546-8386. Mondays, 6pm; through Monday, March 8; \$10. Nobel Athletic Fields and Recreation Center, 8810 Judicial Drive. (UNIVERSITY CITY)

**Sockers versus Revolución!** San Diego Sockers host Revolución Tijuana for soccer match. 866-799-4625. Friday, February 26, 7pm; free-\$19. Del Mar Fairgrounds, 2260 Jimmy Durante Boulevard. (DEL MAR)

**Sockers versus Drillers!** San Diego Sockers host Edmonton's team for soccer match. 866-799-4625. Saturday, February 27, 6:15pm; free-\$19. Del Mar Fairgrounds, 2260 Jimmy Durante Boulevard. (DEL MAR)

**Starlettes versus Derby Divas!** San Diego Roller Derby's Starlettes' flat-track roller derby team takes on Inland Empire Derby Divas. 858-560-9349. Saturday, February 27, 5:30pm; free-\$12. Skateworld, 6907 Linda Vista Road. (LINDA VISTA)

**Walk for Wishes** Fundraiser for Make-a-Wish Foundation boasts one-mile route through SeaWorld, with an optional four-mile course along Mission Bay. All walkers receive 50 percent off admission to SeaWorld. 858-707-9470. Saturday, February 27, 8am; \$17-\$27. South Shores Park, 500 Sea World Drive. (PACIFIC BEACH)

## MUSEUMS & PUBLIC ART

**Bonita Museum and Cultural Center** "In Bronze and On Canvas: The Art of Mehl Lawson and Jeffrey R. Watts" is exhibition of Western sculptures by Lawson, impressionistic paintings and realistic drawings by Watts. Closes Saturday, February 27.

Museum features exhibits of local history and fine arts, striving "to preserve and celebrate the spirit of Bonita in its two spacious galleries." Stories of Bonita's 100-year history are told with artifacts, photographs. Displays include Na-

tive American culture, lemon orchard period, events of the flood of 1916, and transformation of family life by technology. 4355 Bonita Rd., 619-267-5141. (BONITA)

**California Center for the Arts, Escondido Museum** Spring exhibitions include Seth Augustine's "Chimerica Dreality," described as "a visually dramatic installation reflective" of the artist's experiences in China. Installations urge viewers to consider perceptions of both countries by highlighting issues of public health, government power and control, illegal immigration, tourism, blurring of public and private spheres.

"Material Matters" showcases work by 23 members of Allied Craftsmen. Each artist demonstrates innovative techniques, designs incorporating wood, clay, wire, fabric, metal, gold, silver, other materials.

Wire, twine, thread, ribbon are manipulated in Anne Mudge's exhibition, "Chance & Circumstance." The forms "remind us of the beauty and complexity found in nature while simultaneously referencing the potential of the human mind to produce equally compelling and intricate structures." All three close Sunday, July 4. 340 North Escondido Blvd., 760-839-4120. (ESCONDIDO)

**Campo Railroad Museum** Showcasing more than 130 years of American railroad history and technology through static and operating exhibits, the museum includes cabooses, steam and diesel locomotives, track motorcars, 1880s "Jim Crow" segregated passenger cars. Interpretive 1.5-hour train rides offered each weekend (11am, 2:30pm) over portion of the San Diego and Arizona Eastern Railway. 31123½ Highway 94, 619-465-7776. (CAMPO)

**Centro Cultural Tijuana** Center includes Museo de las Californias, cultural and artistic exhibits. "Buda Guanyin: Treasures of Compassion" continues through December. Currently screening in the CE-CUT Omnimax: *Vamos a la Luna*

and *India, El Reino del Tigre*. 011-52-664-687-9650. Paseo de los Héroes and Mina Street. (BAJA)

**Chinese Historical Society and Museum** "Five Dynasties of Chinese Pottery" features collection of pottery ranging from Han Dynasty to Ming Dynasty, tracing Chinese pottery from its humble, utilitarian origins to its culmination as an elite art form. Exhibit includes roof tile ends, grave goods, funerary jars, sculptures of horses and carriages, porcelain vessels.

See artifacts from San Diego's Chinese and Chinese-American history, culture, and art. Current museum artifacts include a 1920s warlord's bed, exhibits on Chinese footbinding and Chinese-American veterans. The museum is in a building originally built in 1927 for the Chinese Mission. Adjacent to the building is an Asian garden with koi pond and waterfall. 404 Third Ave., 619-338-9888. (DOWNTOWN)

**Chula Vista Heritage Museum** "The Way We Learned: Education in the South Bay" illustrates history of buildings, campuses, and people attending school through photographs, artifacts, school annuals, student memorabilia.

The museum features glimpses of Chula Vista's past; exhibits feature lemon packing-crate labels, photographs of downtown Chula Vista, doors and adobe blocks from the original *Star* newspaper building, and relics from the Otay Watch Company. 360 Third Ave., 619-427-8092. (CHULA VISTA)

**Craftsmanship Museum** The Joe Martin Foundation hosts this museum and machine shop with displays of projects in metal and wood at the small end of the size-scale, including working miniature gas and steam engines, aircraft models, cars, trains, clocks, miniature tools and guns. Machinist mans the shop (Tuesday-Friday) for machining demonstrations. Museum is also open on first Saturday each month (10am-3pm). 3235 Executive Ridge, 760-727-9492. (VISTA)

**Creation Museum** A museum contrasting the evolution and creation worldviews. 10946 Woodside Avenue North, 619-448-0900. (SANTÉE)

**Embarcadero Urban Trees 6** Public art exhibit of 31 "urban trees" along North Embarcadero on Harbor Drive (between cruise ship terminal and Hawthorn Street). Artists were supplied with a 12-foot-tall pole placed in a concrete planter to serve as tree's base; artists alter the pole by attaching materials to create their sculptures. 619-686-6200. Along Harbor Drive. (DOWNTOWN)

**Gemological Institute of America Museum** Permanent exhibits include displays depicting science and art of gemstones and history, lore and cultural significance of jewelry. Reservations are required. 5345 Armada Dr., 800-421-7250. (CARLSBAD)

**Heritage Walk Museum** The museum includes the restored Victorian house, the city's original Santa Fe Train Depot, a railroad car with model train, working blacksmith shop, and a barn. Find Heritage Walk in Grape Day Park. 321 North Broadway, 760-743-8207. (ESCONDIDO)

**House of Pacific Relations** International Cottages are open every Sunday, noon-4pm, presenting history and traditions of 30 ethnic groups. On fourth Tuesday of each month, *Children around the World* videos screened in Hall of Nations, select cottages open.

2125 Park Blvd., 619-234-0739. (BALBOA PARK)

**J.A. Cooley Museum** An eclectic collection of items — including displays on phonographs, clocks, electric trains, and 20 other types of collections — is featured at the museum. The current featured attraction is an "Industrial Product Collection," with examples of the historical progression of auto technology from 1886-1915, "some classics and a concept car." 4233 Park Blvd., 619-296-3112. (UNIVERSITY HEIGHTS)

**Leo Carrillo Ranch Historic Park** Leo Carrillo Ranch Historic

Park, old adobe buildings were once vacation retreat and working rancho of actor Leo Carrillo. Tours on Saturdays (11am, 1pm) and Sundays (noon, 2pm). 6200 Flying Leo Carrillo Lane, 760-476-1042. (CARLSBAD)

**Marine Corps Recruit Depot Museum** Housed in a historic building, the museum features five permanent galleries with artifacts, uniforms, vehicles, weapons, and photographs depicting Marine Corps history. The museum is located in Building 26 at MCRD, just inside Gate 4, off Pacific Highway.

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## Calendar LOCAL EVENTS

Witherby Street and Hancock St., 619-524-6038. (DOWNTOWN)

**Mingei International Museum North County** "Rite and Ritual: Ceremonial Art Across the Cultures" focuses on beauty of objects used for special familial, tribal, community events in traditional cultures such as birth, childhood, initiation, marriage, death, and festivals and in various religious expressions among the world's peoples. Closes Saturday, October 16. 155 West Grand Ave., 760-735-3355. (ESCONDIDO)

**Museum of Photographic Arts** "Seeing Beauty" explores aesthetics of beauty expressed through eyes of photographers through history of the medium including Bill Brandt, Walker Evans, Mary Ellen Mark, Edward Weston, Minor White, Aaron Siskind. See works in range of genres such as portraiture, abstraction, landscape, still life through Sunday, January 23, 2011.

"In Light: Selections from the Permanent Collection" may be seen through Sunday, January 23, 2011. These "works tell vivid stories of photography's master practitioners and technological innovations, while demonstrating photography's ability to reveal the unseen

and the unseeable." Exhibit boasts photographs by Ansel Adams, Dorothea Lange, others. 1649 El Prado, 619-238-7559. (BALBOA PARK)

**Museum of San Diego History** "100 Years of Art," continuing through March, showcases a century of artwork by San Diego artists. "Place of Promise: Stories of San Diego" lets visitors "literally walk on San Diego"; a map of county extends from wall to wall across the floor. Also featured in ongoing exhibit are two large 1930s murals by artist Charles Reiffel and a 1910 San Diego streetcar. Stories of San Diego are interpreted through images, artifacts, oral histories from society's collection. The museum is located in the Casa de Balboa building. 1649 El Prado, 619-232-6203. (BALBOA PARK)

**New Americans Museum in NTC Promenade** 2825 Dewey Road, Suite 102, 619-255-8908. (POINT LOMA)

**New Children's Museum** "Animal Art" explores the powerful relationship between humans and animals. How do you communicate and interact with animals? What do you do each day to help save the environment? If you were an animal, what would you be?

Artist of month is sculptor and performance artist Jason Hackenwerth, whose *Agartha* references "the mythical land thought to reside inside the Earth's core." Using

thousands of balloons and technique developed after years of working as a children's entertainer, Hackenwerth creates balloon animals as works of art.

"AEH Regional Cameras" continues in Teen Studio through Monday, March 29. Artists Shane Anderson, James Enos, Nate Hudson invite teens to experience one of the earliest forms of photography through their reinvention of the camera obscura. Trio has updated this old technology by making it mobile so visitors may easily change the view projected inside. The cameras are assembled from recycled military storage containers to be wheeled through the space. Visitors may sketch the projected image. 200 West Island Ave., 619-233-8792. (DOWNTOWN)

**Parsonage Museum of Lemon Grove** "Messages from the World: The Story of the Lemon Grove Post Office" follows evolution of local post office from horse and buggy days through modern times. Through June. Also on view: a recreation of the Sonka Brother's General Store, "The Children's Room," "The Parents' Room," "The Sewing Room," offering installations evoking life in the parsonage from 1900-1940. 3185 Olive St., 619-460-4353. (LEMON GROVE)

**Reuben H. Fleet Science Center** Ongoing exhibitions include "Blockbusters," "So WATT! An Illuminating Look at Energy," "Aging for All Ages," "Kid City" (for preschoolers). "Escape from Dino Island" is theme for motion simu-

lator ride. Films shown daily in IMAX theater. 1875 El Prado, 619-238-1233. (BALBOA PARK)

**San Diego Air and Space Museum** "The Science of... Aliens" is described as "largest and most in-depth exhibition to examine the possibility of life on other worlds." Exhibition is divided into zones entitled: "Alien Fiction," "Alien Science," "Alien Worlds," and "Alien Communication." Through Monday, January 3, 2011.

Concurrently, see "The History of Commercial Aviation in America." A section of exhibit celebrates 40-year history of PSA, with original graphics, a re-creation of the airline's first ticket booth at Lindbergh Field, uniforms and memorabilia donated by former employees. Ongoing.

The museum offers exhibits of over 65 aircraft, including an RQ-1K Predator UAV (unmanned aerial vehicle) on indefinite loan from the National Museum of the United States Air Force at Wright-Patterson Air Force Base, which "saw action over the Balkans in the late 1990s"; a replica of *Spirit of St. Louis*, a Fokker Scourge (or Fokker Eindecker E-III), a World War I Spad VII, flight deck of the USS *Yorktown*, and a Lockheed Blackbird spy plane; 1400 scale models, 10,000 aviation-related items, and memorabilia from Montgolfier hot-air-balloon era to Space Age, along with an International Aerospace Hall of Fame. 2001 Pan American Plaza, 619-234-8291. (BALBOA PARK)

**San Diego Archaeological Center** Center hosts monthly archaeological-themed lectures, workshops, and family events on second Saturday of each month. Museum is dedicated to curating and sharing archaeological collections with public for educational, scientific, cultural use. 16666 San Pasqual Valley Rd., 760-291-0370. (ESCONDIDO)

**San Diego Automotive Museum** More than 80 automobiles and motorcycles from horseless carriages to future prototypes are included in the museum's permanent collection. Find the museum near the Starlight Bowl. 2080 Pan American Plaza, 619-231-2886. (BALBOA PARK)

**San Diego Hall of Champions** Ongoing exhibits include "Bird Watching — Tony Hawk in Flight," "Surfing in San Diego," exhibits of baseball card art, fencing, local rugby history. The museum is dedicated to promoting, recognizing, and preserving athletic achievement. 2131 Pan American Plaza, 619-234-2544. (BALBOA PARK)

**San Diego Maritime Museum** "San Diego's Navy," based upon book by same name written by Bruce Linder, is said to be "the only comprehensive exhibit depicting the extraordinary contribution the Navy has made to the history of the San Diego region."

The museum features permanent exhibits documenting the history of San Diego's waterfront and the building of the West Coast by sea, the old San Diego-Coronado ferryboats, the tuna-fishing industry, and the military. The museum fleet consists of the 1863 bark *Star of India*, the 1898 San Francisco ferryboat *Berkeley*, and the 1904 Scottish steam yacht *Medea*. The HMS *Surprise*, used in film *Master and Commander*, is permanently on exhibit; see artifacts, costumes, props used in making of the flick.

Also open for touring: the USS *Dolphin*, also known as the "world's deepest-diving submarine," and a B-39 Soviet attack submarine, among the largest conventionally powered submarines ever built. This Project 641/Foxtrot class diesel-electric submarine was designed to track U.S. and NATO warships throughout the earth's oceans. There are also nautical exhibits, ship carpenters, model

building, ships in bottles, woodcarvers, complete research library. 1306 North Harbor Dr., 619-234-9153. (DOWNTOWN)

**San Diego Museum of Man** Who are we? Where did we come from? Though we look so different, are we all related? "The Genographic Project" aims to unravel the tale that genes can tell: where we originated. Exhibition is mounted in partnership with National Geographic Society.

Permanent anthropology exhibit "Footsteps Through Time: Four Million Years of Human Evolution" features "more than a hundred touchable replicas of early humans, primates, and futuristic cyborgs (part human, part machine)." 1350 El Prado, 619-239-2001. (BALBOA PARK)

**San Dieguito Heritage Museum** The museum offers informative displays on the North County coastal history including Native Americans, early homesteaders, and recent times, as well as photographic collections and archives. 450 Quail Gardens Dr., 760-632-9711. (ENCINITAS)

**San Elijo Lagoon Ecological Reserve** Nature center's building is a "green" facility made from recycled materials, using solar panels, irrigated roof plants, recycled water. Facility features an array of interactive exhibits exploring the natural and cultural history of the San Elijo Lagoon, one of the few remaining coastal wetlands in our area. Guided nature walks offered every Saturday (10-11am). 2710 Manchester Ave., 760-436-3944. (CARDIFF)

**San Marcos Historical Society Museum** 270 West San Marcos Blvd., 760-744-9025. (SAN MARCOS)

**San Pasqual Battlefield State Historic Park** Commemorates the clash (on December 6, 1846) during the Mexican War between the U.S. Dragoons, bolstered by sailors and volunteers from San Diego, and California militia. Narrated slide-show screens throughout the day, telling the story of the war in Mexico and California. Self-guided tour recounts the events of the battle and profiles the leaders of the forces and also describes the lives of the Indians indigenous to the valley. 16666 San Pasqual Valley Rd., 760-737-2201. (ESCONDIDO)

**Valley Center History Museum** The museum features an educational exhibition centered around a California grizzly bear, described as "the only one on view in San Diego." Also on exhibit: model of an 1862 settler's cabin, collection of Indian baskets, and aerospace display. 29200 Cole Grade Rd., 760-749-2993. (VALLEY CENTER)

**William Heath Davis House Museum** Museum is said to be the oldest surviving structure in the new town area of downtown San Diego. The house is a well-preserved example of a pre-framed lumber "salt box" family home, shipped from the East Coast to California by boat around Cape Horn in 1850. 410 Island Ave., 619-233-4692. (DOWNTOWN)

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# Rembrandt All Over

*Above Christ's head hovers a puny oval halo, drizzled with light.*

In the late 1640s and 1650s, the Netherlands' prosperous Golden Age dimmed. Hundreds of businesses failed, and a major recession enfeebled the entire society. Even Rembrandt, renowned and rich, hit a wall, partly of his own construction. He'd bought the equivalent of a tycoon's mansion beyond his means, spent lavishly to

acquire an art collection he really couldn't afford, and expected the art market to continue to reward his tireless genius. Instead, his many tuition-paying students flooded the market with work that competed with their master's, his client list shrunk, he defaulted on his mortgage, and by 1656 he was bankrupt. The handsome inheritance he might have received when his beloved wife Saskia died in 1642 was contingent on his not remarrying, and when he did take up with another love, Hendricke Stoffels, she (and by implication her non-husband) was publicly chastised by Calvinist elders for her loose ways. And Rembrandt's painterly manner, so dominant for so long, was quietly falling from favor.

During these bad times, he still produced great work, in particular a series of etchings on New Testament subjects. He had market incentive: prints were quicker and easier to make and sell than paintings. In a compact selection of the "Gospel" etchings currently at the Timken Museum, the museum's director, John Wilson (drawing from the holdings of San Diegans Robert and Karen Hoehn), has made a smart equivalent for our own lean times. The 15 stellar prints are elegantly installed, with generous meditative spacing between them, on pale gray walls that kick up the prints' dark radiance. You don't feel hurried and aren't badgered by tendentious wall labels — and each work is a busy country of meaning.

The Old Masters chose religious subjects (as certain young masters still do) because they're fraught with action, character, conflict of all kinds, and

because they release urgent passions. When scriptural events or personalities elicit feelings specific to the artist's own life experience (Fra Angelico's piety, Lippo Lippi's worldliness, Caravaggio's carnal voracity)

the work carries an explosive charge. Rembrandt's Shakespearean curiosity about human nature, transformation, inwardness evi-

denced by physical expressiveness, and the demons fate sends our way is played out in his paintings. The etchings are compelling because he was forcing another, more stringent medium (scores and scrapes on copper plate) to yield more physically expansive, pictorially complex imagery than his predecessors. Rembrandt gets you lost in the wiry surges and mass-attack actions of line, and in his scenes from the life of Jesus you feel that personal emotional compulsion is pitching his imagination to startling extremes.

Consider *Christ Preaching*. Christ is a saddened, fatigued street-corner preacher, and the crowd Rembrandt assembles around Him is a mildly tranquilized Shakespearean rabble: a few bored, hungry faces; a kid fooling around in the dirt, indifferent to the news-bringer; and an old woman so distracted by her own misery that she looks slightly deranged. Above Christ's head hovers a puny oval halo, drizzled with light. And Rembrandt's black lines create such light! In a crucifixion scene, thicketed cross-hatchings and curvilinear swells create a storm of confusion, fury, catastrophe — the celestial light that drains down looks like a tightly strung instrument, the entire scene a heaven-and-earth sound box.

Etching calls attention to the mechanics of scene-engineering. In *The Descent from the Cross by Torchlight*, Rembrandt makes Christ into animal mass difficult to maneuver because of its dead weight. (His head and dangling arm are sorrow-heavy.) You're made to realize how much care it required of Joseph of Arimathea and Nicodemus to



Christ Preaching

**Rembrandt's Recession: Passion and Prints in the Dutch Golden Age**  
Timken Museum of Art, 1500 El Prado, Balboa Park  
Through Sunday, May 2. For additional information, call 619-239-5548.

**From Rembrandt's Studio: The Prints of Ferdinand Bol**  
San Diego Museum of Art, 1450 El Prado, Balboa Park  
Through Sunday, March 7. For additional information, call 619-232-7931.

get the body down from the cross without further mutilating it and that the come-and-go torchlight made the removal all the more precarious. In *Christ Presented to the People [Ecce Homo]* Rembrandt makes Christ nearly a shrunken wretch next to the self-important Pilate. Rembrandt organizes the stage action — or, rather, inaction, since the surrounding onlookers seem so impassive — around the civic-center porch they stand on. His staging suggests a sacrificial altar, a dry-run Golgotha tricked out as a kind of City Hall appearance. As Mr. Wilson says in his snappy, succinct catalog essay, Rembrandt was depositing all kinds of personal anger and grief into works like *Ecce Homo*, but there's also an ethereal tenderness in, of all things, *Christ on the Mount of*

*Olives (The Agony in the Garden)*, in which the angel's wing, raised like an accusing hand above the disciples sleeping in the background, is also cocked to protect the desolate Jesus but won't — can't, really — shield Him from the ominous soldiers sketchily visible behind the wing.

This is Rembrandt-in-So-Cal season. The Timken is part of an ad hoc consortium of museums, including LACMA, the Norton Simon, the Armand Hammer, and the Getty, that are showing works by Rembrandt and Netherlandish artists close to him. The San Diego Museum of Art's *From Rembrandt's Studio: The Prints of Ferdinand Bol* picks up where its 2003 exhibition, *The Age of Rembrandt: Etchings from Holland's Golden Century*, left off. It

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**Descent from the Cross by Torchlight**

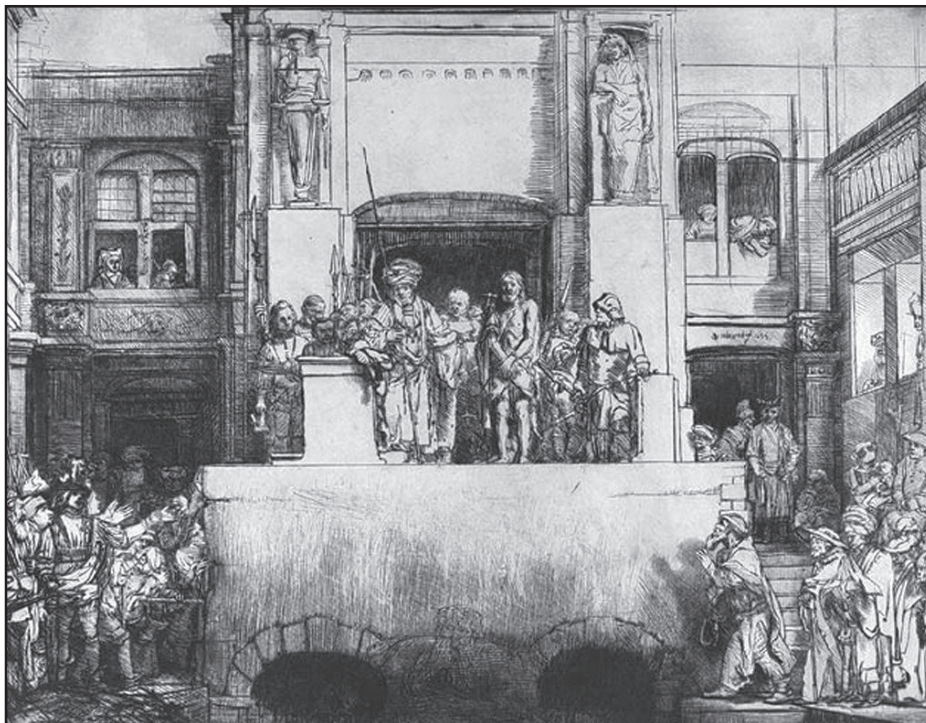
revisits Rembrandt's etchings in relation to those by his most gifted student, Ferdinand Bol, born in 1616 and one of many assistants who worked in the master's studio. Bol did that for about six years then established his own practice as a painter. He produced only 22 known etchings, but they so boldly flashed the technical finesse he learned from Rembrandt (who, unstoppable as usual, made over 300) that his work was sometimes mistaken for his teacher's. On a few prints you can see where light-fingered dealers scratched Rembrandt's name in place of Bol's.

The SDMA exhibition isn't meant to be a horse race. Rembrandt was Rembrandt, but there's enough of Bol's work to impress us with his gifts and outline the dynamics of borrowing and imitation that churned between the two of them.

One rarity, the only known impression of Bol's *Saskia with Pearls*, adapts Rembrandt's 1634 etching of the same title (not included in the exhibition), and, since it's unsigned, the attribution is still a little shaky, but the floating ringlets and curlicues are signs of Bol's later style, though it's a style closely tied to Rembrandt's. Bol built on the master's techniques to develop his own oscillating effects in fabrics, and mid-1600s Netherlandish art adored rich stuffs and exotic costumes. All painters made "tronies,"

portraits of subjects dressed in fictive, historical dress, the more opulent the better — Rembrandt's studio must have looked like a wardrobe trailer on a film set — and they fancied scenes of substantial women leaning out windows or half-doors. My favorite Rembrandt used to be a painting of Saskia looking out a Dutch door — it's in the Art Institute of Chicago — until experts determined that Rembrandt didn't paint it. It's still one of my favorite pictures, but my favorite Rembrandt it can no longer be. Anyway, Bol made a sensuous etching of a woman leaning out a window offering passers-by (i.e., us) a pear and her come-up-and-see-me-some-time allure. The pear's curves repeat the U-shaped necklace dangling above a scooped-neck dress that's doing its best to contain the rotund, voluptuous fall of her breasts.

Bol possessed impressive gifts, and he learned much from Rembrandt's way of cross-hatching tonal zones and mass. Rembrandt's work, though, is more finely modulated passage-to-passage, from cavernous shadow to the wiry delicacy of beads, women's hair, and textiles. And the gift of representing human character can't be learned. You either have a feeling for it or you don't. Bol didn't quite have Rembrandt's way with eyes as repositories and instruments of feeling. In his best etch-



**Christ Presented to the People**

ings, the eyes seem to look inward even as they look out on the world. In *Self-Portrait with Saskia*, Rembrandt depicts himself in a dashing feathered hat — he's a world-beater, full of beans, more than a little arrogant. Saskia stands behind his shoulder, demure, calmly self-contained, but her look is custodial: her man may be the player, but she's the stake-holder.

Rembrandt was the more audacious, but he and Bol both pushed etching toward finer textural expressiveness and subtler lighting. The buoyant angel in Bol's *Gideon's Sacrifice* floats upon the earth dressed not so much in a seraphic gown as in a sketchily outlined phantasmal whiteness. And the drypoint lines and crosshatching in Rembrandt's *St. Jerome in a Dark Room* strain bright window light through tattered curtains toward a wall's scoured surface that gradually darkens to nearly monotonous darkness: in the middle zone sits Jerome, his mediating human intelligence operating in the middle passage between vague light and storm-cloud darkness. The closer you scrutinize these things, the more lost you become in the tumbling of line and mass. Their energy feels like a desirable contagion. ■

## GALLERIES

**"John Henry"** Opening reception for exhibit of "stuff" by rising San Diego artist David Adey, who transforms Main Gallery "in a trib-

ute to...books." Opening concurrently: "Anything but Rehab," a new series of paintings by Los Angeles-based artist Charlie Miller. "Selections from the Athenaeum's Erika and Fred Torri Artists' Books Collection: Mary Ellen Long, books" may also be seen through Saturday, April 3. 858-454-5872. Friday, February 26, 6:30pm; free. Athenaeum Music and Arts Library, 1008 Wall Street. (LA JOLLA)

**"Locals Only"** Opening reception for exhibition by Brad Burkhart, Kim Maria Cruz, Susan Mae Hull, David Hunt, Conrad Macheski, Tara Nichole, Bill Pierce, Mark Rimland, Michael Starkow, Maura Vazakas. See the works in variety of media through Thursday, April 15. 619-534-8120. Saturday, February 27, 5pm; free. Edgewise Gallery, 4186 Adams Avenue. (KENSINGTON-TALMADGE)

**California Center for the Arts, Escondido Museum** Spring exhibitions include Seth Augustine's "Chimerica Dreality," described as "a visually dramatic installation reflective" of the artist's experiences in China. Installations urge viewers to consider perceptions of both countries by highlighting issues of public health, government power and control, illegal immigration, tourism, blurring of public and private spheres.

"Material Matters" showcases work by 23 members of Allied Craftsmen. Each artist demonstrates innovative techniques, designs incorporating wood, clay, wire, fabric, metal, gold, silver, other materials. (ESCONDIDO)

**Museum of Contemporary Art San Diego, Downtown** "Tara Donovan" features sculptures and installations from past decade. Show traces "ambitious process of this young artist," who takes mass quantities of a single everyday item (tape, plastic cups, straws, pins, toothpicks, buttons) and "assembles them in different ways." Closes Sunday, February 28. 1100 and 1001 Kettner Blvd., 858-454-3541. (DOWNTOWN)

**Timken Museum of Art** Permanent collection includes European old master paintings, 18th- and 19th-century American paintings, and Russian icons. *Saint Bartholomew*, the only Rembrandt painting on public display in San Diego, is featured. 1500 El Prado, 619-239-5548. (BALBOA PARK)

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# Close, So Close

Oh, so embarrassing! I've known for a long time that Soleil @ K had changed chefs (the opening chef moved on to another local restaurant), but it took an abominable snow job by Wolfgang Verkaaik (restaurant-ad manager and soi-disant "food critic" for the daily paper) to spur me to action. Last fall, chef Eddie Fincher arrived from the Grand Hotel and the Del Mar Country Club, and his menu claims to focus on natural proteins and local produce. Well, these may be near clichés of the new San Diego cuisine, but, hey, they're a lot better than old SD cuisine — or even the spotty cooking I ate when I reviewed the restaurant shortly after its opening. Sweetening the pot, current offerings include a three-course prix fixe (no choices) for \$30. Little as I trust Verkaaik (whose culinary literacy displays itself in at least one misspelled dish nearly every column), I thought I'd give Soleil a shot.

Turns out, yet another downtown hotel restaurant is coming through with fine ingredients, intelligent preparations, and sensitive, expert cooking. The guys in this kitchen are all obviously seasoned pros. How rare is that?

The dining room is chic, with a glassed-in open kitchen visible through an inner wall and walls of windows facing the street. There are a few leather(ette?) booths sized for two or three, but it's mainly tables and punishing chairs with hard, lacquered woven-rush seats. (Oddly, the patio chairs have cushions over those seats.) In the center are two long wooden communal tables, for parties or, presumably, singles willing to party with strangers. That Thursday night, about half the seats were occupied, but the noise level was minimal, even with a large family group in the middle of the restaurant, including a few exuberant kiddies.

The cocktail list is heavy on martini and cosmo variations, but I'm not a cosmo gal. While posse regular Samurai Jim and I awaited his squeeze Michelle and singer-songwriter "Emmy" (real



PHOTOGRAPH BY ALAN DECKER

The guys in Soleil @ K's kitchen are all obviously seasoned pros. How rare is that?

name, M.E.), he tried a mojito and I sipped a "perfect" margarita. Both were too sweet. Odds are, the mixologist creativity center is upstairs at the rooftop Altitude Lounge.

The slightly stale bread (from La Vache Bakery) resembled Solunto's heavy white Italian loaves, served with balsamic vinegar and a superb old-gold extra-virgin olive oil — nutty and flavorful (an Italian brand called First Cold Press Supreme, and good luck finding that at Vons).

The starter on the prix fixe was a mound of smoked-salmon shreds sprinkled with chopped chives, accompanied by shredded mild cheese and chopped raw sweet onions served on the side, along with a heap of pita triangles. Not mind-blowing but tasty — that traditional Eastern European onion garnish was the key.

The dinner's first sensational dish (of two) was tempura lobster. Since there's no lobster entrée on the menu (and fearing more awful "knuckle-meat"), I inquired about its ancestry before ordering: It's cold-water lobster from Canada. The lightly battered crustacean meat proved tender,

seductive, and generously garnished with creamy-gooey wild-mushroom risotto enriched with truffle butter. This substance, tasting exactly like the high-priced spread made by New York's great D'Artagnan French food emporium, was loaded with genuine truffle flavor, the very stuff that drives Périgord's truffle-snuffling pigs (and yours truly) wild with desire. "I would rather eat one appetizer portion of this for \$18 than a whole dinner at Tom Ham's," said Jim (who'd been on the latter excursion). "It's big enough for a small

## DINING REVIEW

NAOMI WISE

### Soleil @ K

★★★½ (Very Good to Excellent)

660 K Street, downtown, 619-696-0234, 446-6088, [soleilatlk.com](http://soleilatlk.com)

**HOURS:** Breakfast weekdays 6:30–10:30 a.m., weekends until 1:30 p.m.; lunch daily 11:30 a.m.–1:00 p.m.; dinner weekdays 5:30–9:00 p.m., until 10:00 Friday–Saturday.

**PRICES:** Dinner soups, salads, starters, \$6–\$18; entrées, \$20–\$36; desserts, \$8–\$12; cheese plate, \$16. Three-course prix fixe, \$30.

**CUISINE AND BEVERAGES:** Modern California cuisine with local produce, naturally raised proteins, Hawaiian fish. Mainly California wines at high markups but plenty under \$50, plenty by the glass, a few half-bottles. Full bar.

**PICK HITS:** Tempura lobster, artisan flatbreads, grass-fed rib-eye steak, horseradish-crusted sea bass. Other good bets: Bocconcini "Martini," endive salad, lobster cream soup, Kurobuta pork chop, any fish, artisan cheese plate.

**NEED TO KNOW:** Validated valet parking for three hours with dinner, plus VIP access to rooftop Altitude Sky Lounge bar. Large, sheltered street patio. No vegetarian entrées, but at least nine lacto-vegetarian starters. Large portions, grazing and sharing encouraged.

Ratings reflect the reviewer's reaction to food, ambience, and service, with price taken into consideration. Menu listings and prices are subject to change.

Go to [SanDiegoReader.com](http://SanDiegoReader.com) to find hundreds of past reviews.

entrée and flavorful enough for a whole dinner's worth of entrées."

Now, I wished I'd gambled on the lobster cream soup with lobster dumplings — no such thing as too much lobster, if it's good lobster. Instead, I'd hedged my bets with bouillabaisse — a tomatoey broth filled with slices of mahi, bass, salmon, scallops, and shrimp, none overcooked. A thick slab of lightly toasted bread (no discernible *rouille*, alas, merely a waft of red pepper) lounged at the rim of the pool,

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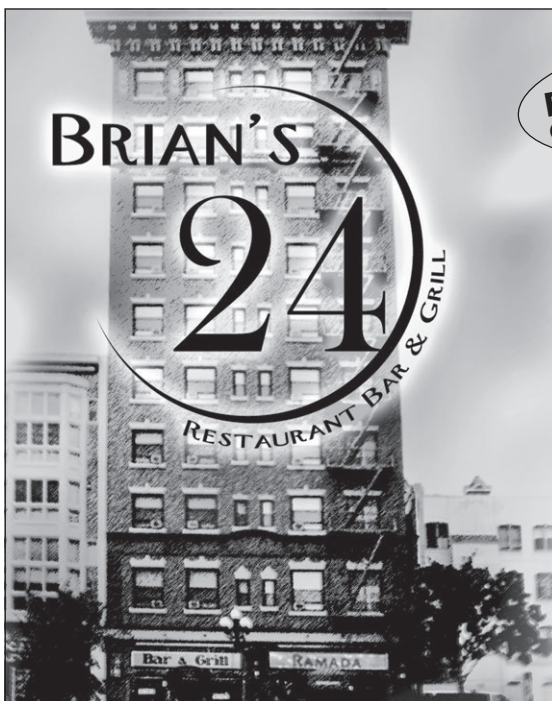
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dangling its ankles in the liquid. It wants to be pushed in and dunked; it won't squeal. Not a great bouillabaisse — short on fennel flavor, saffron, and shellfish — but mildly pleasing as a starter.

The kitchen includes a wood-burning oven, and about a third of the starter choices consist of artisan flatbreads (think pita) with various interesting toppings. That evening's special featured pesto, mushrooms, roasted tomatoes, mozzarella, Parmesan, and Italian sweet sausage — hey, a mini-pizza! The sausage was the spoiler: neither sweet Sicilian fennel sausage nor Neapolitan hot sausage, as I'd hoped, but some bland thing cut in rectangular slices that looked and tasted like gyro meat. There are better topping choices, such as heirloom tomatoes and fresh mozzarella. Or turn to the plethora of imaginative salads.

Starter portions (along with entrées) are generously sized for sharing. Jim was by now set on bringing his boss here for an appetizer-grazing meal, which might include filling choices such as a rib stack, lamb lollipops, or duck-confit spring rolls.

The wine list is odd. There's top-shelf supermarket favorite Edna Valley Chardonnay (regularly \$10, retail) selling for \$36, and Clos du Bois Chard (\$9 a bottle at supermarkets) selling for \$9 per glass, even if they're both three years old (BFD). But you'll find loads of these familiar bottlings running about \$36 here, plus a few "special occasion" aged reds and bubbies priced a great deal higher. Our St. Supéry Sauvignon was crisp, clean, swell with the starters; the Bridlewood Syrah for the entrées was mellow and user-friendly but shallow for a Rhone grape. Give me a mulligan and for a few bucks more I'd order the Wild Horse Paso Robles Merlot (\$40) or the organic Raymond Reserve Merlot (\$52).

The knockout entrée was the Sea Ranch grass-fed rib-eye steak (\$34), a triumph of animal husbandry and cooking. Semi-coherently I'd ordered it "very rare — not actually dripping-blood-raw but really red, y'know?" Charming waitress

Ashley relayed this to the kitchen, and the cook seemed to read my mind. The steak was thin but flawless, well seared outside and rich red inside, and the soulful flavor of grass-fed meat took it to a different realm from just more boring beef. Here was an atavistic thrill rarely encountered in these days of Cryovac-aged, corn-fed couch-potato cattle — pure, deep beef flavor. I almost wanted to kiss the cook and the rancher who raised the animal, and even smack a big wet one on the steer himself, but for the fact that his canoodling days were done. The red-wine reduction sauce reemphasized the intense flavor. Garnishes included fried leeks and a cake of creamy au gratin potatoes, plus a few baby carrots and broccoli. The table talk turned to how most steakhouses are overpriced disappointments, compared. "This just wipes out the beef at Ruth's Chris," said Michelle.

This being a Gaslamp restaurant, prone to conventioners and tourists who send back perfect fish for more cooking, I remembered to say the magic words when ordering the horseradish-crust black sea bass. "We're not Yumans, we don't want it desert-dry — we're coastal, we want it tender." Ashley and the kitchen got that one, too. The bass was a tall, moist monolith of steaky white fish, very lightly bread-crumbed crust — but I didn't really taste any horseradish. It came with a mound of terrific creamy polenta with a pleasant sourness, most likely a splash of crème fraîche. Broccoli spears and carrots were the token veggies.

The prix-fixe dinner's porcini-dusted scallops (most likely decent dry-pack, not day-boat or diver) were cooked tender, displaying their natural hint of sweetness, but the crust was a bust. The mushroom powder was burned deeply bitter, as senseless in the context as instant espresso. Once that bane hit the surface of the hot skillet, the only proper garnishes for the dish would be wooden stakes or silver bullets. A tarragon cream sauce (a keeper) clung valiantly and vainly to the scallops, trying to soak away the touch of

evil. And was the silly, blithe heap of mashed sweet potatoes supposed to be the good fairy with an antidote to the poison? (Who decided sweet yams would go with scallops?) Asparagus and cherry tomatoes were present, too. As Tommy Lee Jones said in *The Fugitive*, contemplating a train wreck: What. A. Mess.

The sweet potatoes unfortunately recurred, this time as a gratin, with roast Maple Leaf duck, glazed with lavender honey. They shouldn't have. (Duck is *not* Thanksgiving turkey.) And neither should the carrot-broccoli veggie garnish, repeated from the bass entrée — the identical tedious veggie combo you'll find in about half the varieties of Lean Cuisine.\* A restaurant this potentially good shouldn't be serving something so close to old-time "Sysco medley." Soleil claims to cook Modern California cuisine, so you expect and crave more interesting vegetation — don't we grow it all right here? (With the food average teetering at 3.7, the blah veggies resulted in a loss of a half-point in the overall rating.)

The duck's ultra-sweet sauce and rich meat cried out for earthy, dark contrasts — say, a heap of wilted arugula, celery-root mash, braised baby turnips, or maybe broccolini or broccoflower. The duck skin was soft and flabby, although I rather liked the thin layer of soft fat underneath. The meat was tough. I'm not sold on Maple Leaf brand duck, which most local restaurants use — guess I'm still spoiled by the availability of fresh little local Muscovies and busty, skinny-legged Moulardes at the supermarkets and Asian groceries up north.

The dessert for the prix fixe was competent, ordinary vanilla crème brûlée with fresh berries. Jim chose Krispy Kreme bread pudding, the decadent donuts melted into a custard. Maybe Krispy's moment is over: we all craved a sharp hit of cinnamon to brighten up that familiar, cloying vanilla-Crisco-cholesterol flavor. More sophisticated choices include chocolate baby-cakes, lemon meringue tart, and a Florentine cookie basket,

not to mention a plate of four exciting international cheeses with fruit garnishes.

The menu says, "The spirit of community starts with sharing." The portions drive home that motif. (I got six good dinners out of the doggie bags.) Even with the small flaws, we'd been eating very well. Emmy, who'd just read that week's Tom Ham's review and paid attention to prices, voiced the moral of the story: "I can't believe that anybody would rather eat mediocre food, view or no view, when for the same price or less, they can eat delicious food here." At the end, food-only costs ran us about \$44 per person (reviews are splurgier than reality, of course), but the large portions can easily halve that price for moderate eaters who take home goodies to enjoy on the next weary weeknight when cooking seems unimaginable.

\*Note: Now and then I like to mention discoveries of decent-tasting, not-too-evil store-bought food products to fill in when you're too fried to cook or go out. Latest find is Kashi frozen dinners. Not as

tasty as Michael Angelo's Eggplant Parmesan or Nancy's Quiches (or whatever Trader Joe's is offering this month that you'll never see again), but filling, virtuous, not awful. The calorie and carb counts are about the same as mainstream frozen "diet dinners" (e.g., Lean Cuisine) but for about *ten* ounces, rather than six or eight. Big-brand diet dinners typically offer two ounces of soggy or dry meat-protein, and gooey sauce sweetened with high-fructose corn syrup, plus a stick of broccoli and four ounces of "empty carbs" (mash or white rice), and always leave me hungry. Kashi offers a huge heap of interesting, healthy whole grains (plus the same skimpy two ounces of protein and insipid gravy as the bad guys, but minus the corn syrup). You'd think you were back in the '70s eating hippie stir-fry — except, after nuking, their typical understated Asian sauces are easy to re-season with shots of Thai or Vietnamese fish sauce, lime juice, soy sauce, sesame oil, hot pepper oil, and/or a complex

Caribbean-style hot sauce like Jump Up and Kiss Me. After that, they could even pass for faintly ethnic food.

**Sad and sadder gossip:** "Tan me hide when I'm dead, Fred, tan me hide when I'm dead. So we tanned his hide when he died, Clyde. And that's it hangin' in the shed" at big, splashy Bondi, Australia's giant foothold in the Gaslamp. Seems as though in hard times, size counts, mate — and the bigger they are, the harder they fall. But the dissolution of another, foodie-beloved biggie is a shock: The Marriott abruptly decided to tear up Arterra, firing the chef, sommelier, and restaurant manager in one swell foop, if my reliable informant has it right. The corporate suits want to remake the restaurant into something else entirely. What that might be remains a mystery, but don't be optimistic. I'm thinking franchise, the way they did downtown, replacing Molly's with Roy's. Hey, Chef Maitland — email me when you get your next gig, I like your cooking! ■



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---	---

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San Diego Reader February 25, 2010 81



# A Little Rock, A Little Bite

*“The secret’s in the steaming,” he says.  
“Makes the bun tender.”*

It’s 11:00 at night, downtown TJ. “Only, only Marcelino, Only, only *pan y vino*...” Carlos Ubario Macias sings merrily away. He’s sitting on the stool next to me, out on the street at Marcelino’s tiny counter. “That’s from a popular Spanish movie that came out in 1950,” he explains.

“Marcelino hasn’t been around *that* long, have you?”

Marcelino laughs. But he doesn’t lift his head. He’s busy at his cutting board, making up a torta.

I’m in a good vibe here. Spent the past hour in El Dandy del Sur, two steps down the hill, just past El Chez, a nightclub that does rock on Friday and Saturday nights, hoping to lure American kids back.

Dandy and Chez may not have the gringos yet, but this Friday night, it feels like all *tijuane*ses are cramming into this little section of Sixth Street where it plunges down between Revolución and Madero. It’s just a bunch of off-Broadway bars, eateries, dance places, and a couple of cheap hotels, but now — no question — something’s happening.

I’d never noticed Marcelino’s place till tonight. Saw a crowd in a pool of light around this hole-in-the-wall called “Tortas de la Sexta.” It’s small but smart, with red-tile frontage and a narrow yellow mosaic counter jutting onto the street. Guy with flying hands was slicing big *telera* buns (like hamburger buns, but wider, softer) and laying out avocado slices and peppers and meats.

Only thing was, I was thirsty. “Which bar?” I asked the guy behind the counter. Marcelino. “El Dandy,” he said. “You’ll be happy there. Then

come and I’ll make you a torta.”

So, I did. Walked down past El Chez, then squeezed between a woman cop and an elderly doorman, into El Dandy del Sur. Oh, man. What a scene. After all the depressing emptiness of Revolución, this is great. It’s, like, “So this is where you’ve been hiding out!” Tables and stools were filled with men, women, oldies, kids, all talking, drinking, flirting, cracking shells

of *cacahuates* — peanuts — while some of the great rock music from the ’70s set the tone. I grabbed the last stool, got a Dos Equis Amber for about \$1.50, a bowl of unshelled peanuts, watched a Mexican soap on TV, chatted with the neighbors.

Couple of bottles later, I’m ready for my close-up with Sexta Torta. On my way out of El Dandy I stop to get my bearings. Ask Laurentino Solorio García, the elderly gent on the stool, if the bar is new.

“El Dandy del Sur?” he says. “It wasn’t always at this location, but it has been going for maybe 50 years. People know it. We don’t have trouble here.”

We start talking food. Officer Solis, the woman security cop, says best eats are at a no-name place next to the Salon de Baile La Estrella dance hall, across the street.

I’m tempted but feel loyalty to Marcelino now. Besides, a torta will go down easy. So, a moment later, I’m back two doors up, at Tortas de la Sexta, flopping down on one of Marcelino’s two stools, right next to Carlos, the guy who’s serenading him. “And now you’re hungry?” Marcelino says. “Only thing is, you must eat it while it’s hot, or the bun goes flat. Okay?”

“Fine,” I say.

“There’s your choice,” says Marcelino, pointing to a list on the wall. They’re about 35 pesos, maybe \$2.60 each. Main selection’s between ham, beef tenderloin, vegetarian, and portobello, meaning stuffed with mushrooms. Or, “La Especial,” which is ham and beef tenderloin and cheese.

I get the special and an *agua fresca* — orange — (12 pesos, \$1). Marcelino is right: the torta’s so light and the insides are so liquidy, it’s almost a drink. “The secret’s in the steaming,” he says. “It makes the bun tender.” I put some chipotle salsa on it, and that heats it up and makes the beef and ham and cheese more interesting.

“You can thank the *emperador* Maximiliano for that *telera*,” Carlos says. “The emperor brought French bread here in the 1860s. My family was French, too, but they came earlier. My ancestor, Juan Carlos Ubario, landed in 1788. But to this day, with 160 million people in Mexico, there are only 16 people with the name Ubario. It is very rare.”

“Wow,” I say. “You are one in a million.”

“One in ten million, my friend.”

Carlos says his family raises fighting bulls in Agua Caliente. “I’m up here to be near my sons, who are studying in the U.S.,” he says. “I prefer Mexico, but I want to be near them.”

“Eat,” says Marcelino, “or it won’t be any good.”

“Only, only Marcelino, Only, only *pan y vino*...,” sings Carlos, again.

I chow down.

“No rush,” says Marcelino. “I am here till 7:00



PHOTOGRAPH BY ALAN DECKER

**You can thank Maximilian for the *telera* roll.**

tomorrow morning.”

“Ever see any trouble?” I ask.

“Not really,” he says. He brings out a little digital video camera. “But if there is, even if I see the police not behaving well, I take pictures. It was the city that supplied me with this camera.”

Uh-oh. Cinderella time. Midnight’s gonna chime, and I’ve got that last trolley to think about. I could have downed one more of these tortas. Can’t tell if it’s the atmosphere or the taste. The cheese — okay American cheese — the tomato, the avocado...there’s nothing all that Mexican about it, except for the steamed *telera* bun. But, just like TJ’s street hotdogs, it feels special. When I get back up to the corner with Revolución, I turn. I can just hear Carlos, still singing in that pool of light. ■

**The Place:** Tortas de la Sexta, Calle 6a (Flores Magón), between Revolución and Madero

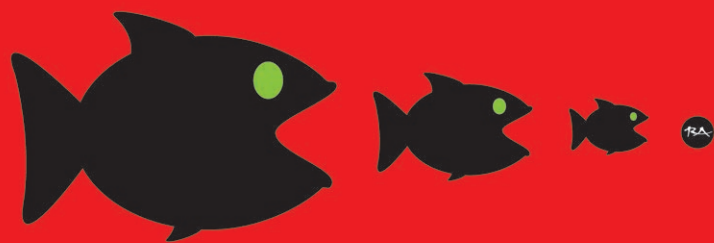
**Type of Food:** Mexican

**Prices (approximate):** La Especial torta, with lomo (beef tenderloin), ham, avocado, American cheese, tomato, mayonnaise, 36 pesos (about \$2.70); ham torta, \$2.60; beef tenderloin torta, \$2.60; vegetarian torta, \$2.60; portobello (mushroom) torta, \$2.60

**Hours:** Noon–9:00 p.m., Monday–Tuesday; noon till 2:00 a.m., Wednesday–Thursday; noon till 7:00 a.m., Friday–Saturday; closed Sunday

**Buses:** Mexicoach, San Ysidro to Tijuana

**Nearest Bus Stop:** Mexicoach terminal between Sixth and Seventh Streets, on Revolución



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## RESTAURANT LISTINGS

A complete searchable list of over 1400 restaurants is available online at [SanDiegoReader.com](http://SanDiegoReader.com). Price estimates are based on the latest information available for a midrange entrée. **Inexpensive:** below \$10; **moderate:** \$10 to \$19; **expensive:** \$20 to \$29; **very expensive:** more than \$30.

### Allied Gardens

**Brothers Family Restaurant** 5150 Waring Rd., Allied Gardens, 619-287-0880. All the staples: country-fried steak and eggs, pork chops with eggs, Grandma Jennie's pancakes with ham, bacon, and sausage — even hefty beef or tuna or turkey sandwiches with soup. Inexpensive.

### Alpine

**Alpine Inn** 2225 Alpine Bl., Alpine, 619-445-5172. Beef-lovers heaven, with a juicy special ground-in-house (so rare-cooked is feasible) Texas burger. Crowded weekends. Moderate to expensive.

**Fred's Old Fashioned Burgers** 2754 Alpine Bl., Alpine, 619-445-1264. You get a bang for your burger buck, from the junior burger to quarter-pounders and half-pounders to Fred's three-quarter-pound "monster burger." Even the BLT sandwich comes loaded with six slabs of bacon. Inexpensive.

### Baja

From the United States use the prefix 011-52 when calling Mexico.

**Cien Años** Calle Jose Maria Velazco #1407, Tijuana, 664-634-3039. Mexican haute cuisine, with complex sauces based on Mexican ingredients including tropical fruits, nuts, and chili peppers. Treats: mushrooms steeped in beef marrow, crocodile-meat mini tacos, posole with crabmeat. Moderate.

**Happy Face Restaurant** In Plaza Viva Tijuana (near Yellow Cab parking area), Tijuana. Breakfast (all day) includes *chilaquiles* with chips doused in cheese, a thin steak, frijoles, rice, chips, salsa, coffee, and a house salad. Inexpensive.

**Manzanilla** Boulevard Teniente Azueta #139, Ensenada, 646-175-7073. Sophisticated "nuevo" Mexican cuisine at this Euro-style bistro features seasonal menus with fresh-caught seafood, locally grown vegetables, and mesquite smoke from the wood-burning grill. A spectacular rib-eye steak, tender and intensely beefy, is a constant. Moderate.

**El Nido** Boulevard Benito Juárez #67, Rosarito, 661-612-1430. In a restaurant full of caged birds (and a patio with free birds a-wing), enjoy sublime mesquite-grilled aged steaks, quail with garlic sauce, or venison — especially the savory *machaca de venado* (meat strips with peppers, onions, and tomatoes). Mostly moderate; cash only.

**Rica Torta** Niños Héroes Avenida #890, Tijuana, 664-685-8579. This café may have the best *tortas* (call them Mexican-style hamburgers) in Tijuana. Six-inch rashers of marinated carne asada, slices of ham, squares of cheese, chopped salad, tomato slices, fresh-scooped avocado. Inexpensive.

**Salón Azteca** Rosarito Beach Hotel (south end of Blvd. Benito Juárez), Rosarito, 661-612-1111. This fabled old hotel's all-you-can-eat Sunday brunch buffet offers a great excuse to check out the gorgeous architecture and meet other travelers in town. Somewhat expensive for the area.

### Banker's Hill

**Alex's Brown Bag** 2550 Fifth Ave., Banker's Hill, 619-231-2912. The re-born Alex's (now in the Mr. A's building) is a deli rightly famous for its Original Philadelphia Cheese Steak Sandwich. Inexpensive.

**Hexagone** 495 Laurel St., Banker's Hill, 619-236-0467. This urban spin-off of Rancho Bernardo's French Market Grille offers provincial "bourgeois cuisine" (snails, frog legs, bouillabaisse) nearly identical to that of the mother ship — including the inconsistent nightly quality. Moderate to expensive.

**Hob Nob Hill** 2271 First Ave., Banker's Hill, 619-239-8176. All-day breakfasts and sandwiches, and at dinner, while there are à la carte choices, affordable three-course prix fixe dinners (with a regular entrée for each day of the week, Mom style) are the order of the day. Inexpensive to low-moderate.

### Bay Park

**Bay Park Fish Company** 4121 Ashton St., Bay Park, 619-276-3474. Go big (surf 'n' turf can cost you thirty-



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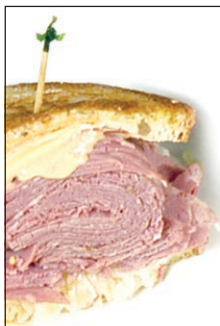


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**Elijah's Restaurant**  
La Jolla: 8861 Villa La Jolla Dr.  
858-455-1461

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Beaches



### Free 12" cheese pizza

With purchase of large pizza at the regular price of \$15. Not valid with any other offer. Valid with coupon only. Some restrictions.

**Pizza Pronto**  
La Jolla: 7556 Fay Ave.  
888-895-5606

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### 50% off Extreme Pizza

Buy one pizza and get a second pizza for 50% off.

**Extreme Pizza**  
La Jolla: 834 Kline St.  
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**Yum Yum Yo**  
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### \$2 off lunch \$3 off dinner

**All-You-Can-Eat**  
\$5 off min. purchase of \$25. \$10 off min. purchase of \$40. One coupon per customer. Sat/Sun/Holiday dinner price. Not valid with any other discount. Clairemont location only.

**VIP Oriental Buffet**  
San Diego:  
5541 Clairemont Mesa Blvd.  
(In Madison Sq. Plaza, west of 805)  
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### Free French or Italian entrée

with purchase of second entrée of equal or greater value and two beverages. Cannot be combined with other offers or specials.

**Babbo Grande**  
University Heights: 1731 University Ave. • 619-269-8038

Expires 3-18-10 • Coupon code: G1FSDR

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### Free mini yogurt

with purchase of \$3 or more. Toppings not included. No stamp cards. Originals only accepted. One coupon per customer. Not valid with any other offers.

**Paradise Yogurt**  
Mission Valley: 5664 Mission Center Rd. • 619-295-9648

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### Two sushi rolls \$7<sup>25</sup>

Sixteen pieces of sushi. Choose from ten rolls. Dine-in only. Cannot be used with any other offers.

**Jump Tokyo Sushi House**  
Mission Valley: 10450 Friars Rd.  
Ste. R • 619-280-4043

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Central



### Free Sizzler entrée

Up to \$10.99. Purchase one adult entrée with two beverages and receive one adult entrée of equal or lesser value free.

**Sizzler**  
San Diego: 2855 Midway Dr.  
619-224-3347  
Escondido: 355 N. Escondido Blvd.  
760-741-2568  
Oceanside: 3805 Plaza Dr.  
760-630-1551

Expires 3-18-10 • Coupon code: G1FSDR

Central | North



### Free burrito

Buy a Monster Burrito at regular price and receive any burrito of equal or lesser value free! Valid at San Diego County locations only. One coupon per customer. Not valid with any other offer.

**Los Primos**  
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Central | North | South



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**Basil Thai**  
College: 5157 College Ave.  
619-582-THAI  
La Mesa: 8680 Navajo Rd. #104  
619-460-THAI

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Central | East



### \$7<sup>99</sup> Indian lunch buffet

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**Village Indian Cuisine**  
San Diego:  
9187 Clairemont Mesa Blvd.  
858-874-3663

Expires 3-18-10 • Coupon code: G1FSDR

Central



plus) or small: a filling seafood stew or the panko-crusted halibut tacos go for \$10. Lunch, dinner daily. Inexpensive to expensive.

### Borrego Springs

**Olde Homestead Fudge Co.** 590 Palm Canyon Dr., Borrego Springs, 760-767-7782. The chocolate walnut fudge is delicious, but the masterpiece when in season is the Date Shake — a cold quaff that's ambrosial on a hot afternoon. Inexpensive.

**Pablito's of the Desert** 590 Palm Canyon Dr., Borrego Springs, 760-767-5753. The most authentic dishes come from the Specialties section of the menu, including a good pork in green chile sauce, enchiladas, and *chilaquiles*. Inexpensive to low-moderate.

### Cardiff

**Beach House** 2530 S. Coast Hwy. 101, Cardiff, 760-753-1321. Branch of a beachy mini-chain. Great ocean-front view, but stay with the simplest foods — burgers, steak, unfussy eggs. Weekend brunch moderate, dinner moderate to very expensive.

### Carlsbad

**Fidel's Carlsbad** 3003 Carlsbad Bl., Carlsbad, 760-729-0903. It's not upscale modern Mex, but who gives a flyin' fajita when you can order just about any traditional SoCal-Mexican dish and know it's gonna be good? Inexpensive.

**Vivace** 7100 Four Seasons Point, Carlsbad, 760-603-3773. First-class ingredients enliven skillfully executed Italian haute cuisine — think Medici princes, not *mamma mia*. Four-course tasting dinner a relative bargain, but wine list may blow the budget. Moderate (pastas) to very expensive.

### Carmel Valley

**Jimbo's, Naturally!** 12853 El Camino Real, Carmel Valley, 858-793-7755. Organic grocery chain with prepared foods to go. Best deals at the hot case are usually the daily specials, like vegan seitan stew (a low-fat meat substitute) or Shelton's jerk turkey in fig sauce. Inexpensive to moderate.

**Oggi's Pizza & Brewing Co.** 12840 Carmel Country Rd., Carmel Valley, 858-481-7883. Several San Diego locations. House-made brewskis and American-style pizzas, with thick, slightly sweet crusts, many with elaborate toppings. Also pub grub and vaguely Italian food. Inexpensive.

**Sammy's Woodfired Pizza** 12925 El Camino Real, Carmel Valley, 858-259-6600. Additional locations in La Jolla, La Mesa, Mission Valley, University City, and Downtown. The crusts are Californian: thick and slightly sweet. The toppings range from ordinary to exotic. The menu includes many salads and a handful of American-Italian entrées. Inexpensive.

**Spices Thai Café** 3810 Valley Centre Dr., Carmel Valley, 858-259-0889. Additional locations in Mira Mesa and Rancho Bernardo. Not only elegant, but the food contains no MSG and very little fat. The seafood dishes rate highly. Among other delicacies are duck and frog legs. Inexpensive to moderate.

### Chollas View

**Asia Café** 4710 Market St., Chollas View, 619-527-1917. Rare Laotian restaurant's dishes include the famous *larb-kai* (chicken salad with hot peppers, lemon grass, and sticky rice). Inexpensive.

**Thai Garden** 110 47th St., Chollas View, 619-527-8890. They do Thai here, but cognoscenti come for the Lao cooking. This place is the town's unofficial Lao Embassy, and the *larb* and fresh-pestled green papaya salad are the real thing. (A great place for buying Lao silks, too.) Inexpensive.

### Chula Vista

**The Family House of Pancakes** 562 Broadway, Chula Vista, 619-425-5133. Famous for Grandma's buckwheat pancakes, banana-pecan pancakes, and rolled pancakes. Other good bets: deluxe burger with french fries, tomatoes, and house sauce, and grilled tuna sandwich with fries. Inexpensive.

**Miguel's Cocina** 970 Eastlake Parkway, Chula Vista, 619-656-2822. Additional locations in Coronado and Point Loma. Soups are built on fine stocks, salads can be vibrant, and seafood is

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treated so tenderly that the shellfish-stuffed tortilla concoctions (shrimp enchiladas, lobster burritos) are luscious. Great for kids. Moderate.

**Zorba's Greek Buffet** 100 Broadway, Chula Vista, 619-422-8853. Families are here for the buffet, spooning up the *spanakopita* (spinach in flaky pastry), dolmas (ground beef and rice rolled in grape leaves), moussaka (eggplant, zucchini, and ground beef), and lamb. Inexpensive.

### City Heights

**Asmara Eritrean Restaurant** 4155 University Ave., City Heights, 619-677-3999. Similar to Ethiopian food, with a long, interesting menu, including a fine three-meat combo platter, luscious veggies. Seasoned to your specifications: "hot" means "hot!" Cash only. Inexpensive.

**Canada Steak Burgers** 3604 University Ave., City Heights, 619-283-4345. Run by a Greek-American family for 30 years, their hamburgers and especially their steak burgers are nicely seasoned and a great value. Interesting Greek choices include gyros souvlaki (skewered lamb), chicken kebabs. Inexpensive.

**El Borrego Restaurant** 4280 El Cajon Bl., City Heights, 619-281-1355. Specializes in fascinating Mexican lamb dishes, including spicy, smoky



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HOTELS & RESORTS



### Peruvian & Brazilian Cuisine



"Fascinating... delicious... authentic!" — S.D. Reader  
"Latin Chef has quickly become dear to the hearts of locals."  
— CityBeat

50% off

2nd entrée with purchase of 1 entrée  
of equal or greater value and 2  
drinks. Expires 3/25/10.



**Latin Chef** RESTAURANT  
1142 Garnet Ave., Pacific Beach  
858-270-8810 • www.thelatinchef.com



Snow Crab Every Night

## All-you-can-eat buffet

Seafood | Sushi Bar | Hawaiian Barbecue | Dim Sum  
(Oysters, dungeness crab, ribs & jumbo shrimp served after 4 pm)

**Lunch  
Buffet  
\$7<sup>99</sup>**

Ages 3-6 \$3.49  
Ages 7-10 \$5.49  
Mon.-Sat. 11 am-4 pm  
Free Drink



**Lobster Sunday  
with Buffet  
\$13<sup>49</sup>**

Fri. and Sat. (Dinner)  
\$12.99 4-10:30 pm  
Sun. and holidays  
11 am-9:30 pm  
Free Drink

**Dinner  
Buffet  
\$11<sup>99</sup>**

Ages 3-6 \$4.49  
Ages 7-10 \$6.49  
Mon.-Thurs. 4-9:30 pm  
Free Drink

**Buffet To-Go Available: Lunch \$3.49/lb. • Dinner \$4.49/lb.**  
**Gift Certificates Available • Party Trays Available**

**10% Off Total Bill**  
**Early Bird Dinner**  
**Mon.-Thurs. Before 6 pm**  
**\$2 off**  
Per person. Max 5 people.

Expires 3-11-10. With ad. Not valid with any other offer or on holidays.  
Cannot be combined with other offers. Dine-in only.

**20%  
Off**  
Groups of  
30 adults  
or more.

**\$2 Off  
Buffet**  
Lunch or dinner.  
Minimum \$15  
purchase.

**\$3 Off  
Buffet**  
Lunch or dinner.  
Minimum \$30  
purchase.

**Free  
Birthday Meal**  
With purchase of  
6 adult meals and  
valid ID.

**Sunrise<sup>SUPER</sup> Buffet**

3860 Convoy Street, Suite #121 • 858-715-1608  
4556 Camino de la Plaza, San Ysidro • 619-662-2985

# Korean BBQ

## All-u-can-eat

Dinner & Weekends \$19<sup>95</sup>  
4pm-close (Mon-Fri) & ALL DAY Sat., Sun. & Holidays

**Jeong Won (Happy Place)**  
4690 Convoy Street #104  
San Diego, CA 92111  
858-292-4670

Business Hours:  
Sun - Wed 11:30am - 9:30pm  
Thurs - Sat 11:30am - 10:30pm

TV & Draft Beer!  
Go to [JeongWonKoreanBBQ.com](#)

All charges will be presented on one guest check. Maximum 3 payments per group. We apologize for the inconvenience!!

# at Jeong Won

## Korean BBQ Buffet

**Super Wild Deal \$16<sup>95</sup>**

11:30am - 4pm  
(Mon - Fri), Except Holidays  
Children 6,7,8,9 \$9.95 Seniors \$16.95



# Calendar

## RESTAURANTS

*mixiote* (lamb cooked inside thin maguery skin) and *pancita*, similar to haggis. Inexpensive.

**Red Sea Restaurant** 4717 University Ave., City Heights, 619-285-9722. You'll find richly seasoned Ethiopian cuisine served on a porous pancake, *injera*. The *kitfo* (spicy beef tartare) is good, the *gored gored* (meat in spicy butter) is excellent. Vibrant veggies, too. Inexpensive.

**Super Cocina** 3627 University Ave., City Heights, 619-584-6244. Mexican housewives prepare specialties for the restaurant. They're complex meat or poultry stews made without border compromises. The dozen entrées change daily from a rotating repertory of about 100. Inexpensive.

## College Area

**D.Z. Akin's** 6930 Alvarado Rd., College Area, 619-265-0218. A full range of European-Jewish specialties including deli meats and smoked fish, house-baked breads and pastries, huge sandwiches and dinner entrées (including a lively Rumanian skirt steak and an ethnic sampler platter). Moderate.

**The Living Room Café and Bistro** 5900 El Cajon Bl., College Area, 619-286-8434. Additional locations in Old Town, Point Loma, La Jolla, and National City. This Swiss-owned café is a student hangout with good breakfast food in huge quantities. Try "The Works" omelet. Inexpensive.

**Toshi Sushi** 5943 El Cajon Bl., College Area, 619-287-3536. The tempura special roll takes battered whitefish and wraps it around the seaweed cas-

ing, which is filled with whitefish and garnishes. The Johnny roll shows octopus at its most tender. Inexpensive to moderate.

## Coronado

**Bino's European Coffees and Crepes** 1120 Adella Ave., Coronado, 619-522-0612. House-baked breads and croissants and crunchy imaginative sandwiches like the Brie Fantasy (Brie, chicken, roasted peppers). Bino's Austrian wife makes great Viennese-style coffee. Inexpensive.

**Burger Lounge** 922 Orange Ave., Coronado, 619-435-6835. Additional locations in Kensington and La Jolla. Their Tallgrass beef is juicy, tastes sweeter, and comes only from grass-fed cattle. Inexpensive, if you avoid extras like fries and onion rings.

**Lil' Piggy's Bar-B-Q** 1201 First St., Coronado, 619-522-0217. They call themselves "Memphis style" and indeed cook their meats and tender chicken in a hickory-fueled smoker. Consistency problem — some days you taste smoke, other days not a whiff. Local delivery available. Moderate.

**Primavera Ristorante** 932 Orange Ave., Coronado, 619-435-0454. Classic fine Italian cooking with creative nightly specials. Stuffed pastas are made in-house and rolled thin, gnocchi are expertly crafted, and entrées are more interesting than the appetizers. The *osso buco* is outstanding, as is a summertime special of white king salmon. Expensive.

**Village Pizzeria** 1206 Orange Ave., Coronado, 619-522-0449. Mootime Creamery owner David Spatafore decided to set up a cheap, back-east Italian, red-and-white tablecloth, dangling-Chianti-bottle eatery where local families and amateur sports teams can come in and pig out on great pizza and calzone. Inexpensive.

## Del Mar

**Il Fornaio** 1555 Camino del Mar, Del Mar, 858-755-8876. Also 1333 First St., Coronado, 619-437-4911. Regional Italian dishes range from *filatino con bisteccina* (thin grilled steak on a baguette with creamy Dijon and salad) to a mesquite-grilled 22-ounce *bistecca alla fiorentina*. Great breads, of course. Moderate.

**Shimbashi Izakaya** Del Mar Plaza, 1555 Camino Del Mar, Del Mar, 858-523-0479. Izakaya-style restaurant and sake bar with ocean-view dining serving fusion sashimi, tempura, shitake seafood sandwich, sushi rolls, grilled yakitori, and desserts.

## Downtown

**Anthony's Fish Grotto** 1360 N. Harbor Dr., Downtown, 619-232-5103. Additional locations in La Mesa and Chula Vista. 18 fish to choose from, available seasonally, most prepared simply. Moderate.

**Anthony's Fishette** 1360 N. Harbor Dr., Downtown, 619-232-5103. Fast fish, mainly fried, but the clam chowder — New England or Fisherman — is fresh, thick, tasty. Inexpensive.

**Brickyard Coffee and Tea** 675 G St., Downtown, 619-696-7220. You sit under poplar trees in a brick patio — and except for the wind, it's blissfully silent. With light fare like quiche, salads, and *panini*, it's the nearest thing to a French country café downtown. Inexpensive.

**Buster's Beach House & Long-board Bar** 807 W. Harbor Dr., Downtown, 619-233-4300. The real Buster surfed the world — Baja, Oahu, Fiji, Naples, Ocho Rios, Phuket. Here there's a surfer-pub dish from each of those

waters, not one of them authentic. Bay view. Prices cover the waterfront.

**Le Cake Château** 1152 Seventh Ave., Downtown, 619-325-0977. This true French pâtisserie offers golden croissants, gorgeous pastries, and terrific lunches including *croque monsieur* (grilled ham-and-cheese sandwich covered with a Mornay sauce) and crepes with seasonal fruit and sweet cream cheese. Inexpensive.

**Cheese Shop** 427 Fourth Ave., Downtown, 619-232-2303. Also 2165 Avenida de la Playa, La Jolla, 858-459-3921. Not much retail cheese anymore. They still have all-cheese sandwiches but now specialize in overstuffed spit-roasted meat sandwiches like lamb and roast beef. Inexpensive.

**Chopahn Authentic Afghan Cuisine** 750 Sixth Ave., Downtown, 619-236-9236. Enjoy grilled-to-order marinated meats (especially lamb), stews, rice dishes, and appetizers like leek ravioli (*aushak*), leek or meat turnovers (*bulanee*), and battered vegetables (*pakawra*). Moderate.

**City Pizzeria** 1125 Sixth Ave., Downtown, 619-531-0955. Definitely West Coast pizza, with specialties like the Ranch Chicken pie with garlic chicken, basil, and ranch dressing, or the BBQ chicken with pineapple, red onion, BBQ sauce, and mozzarella. Inexpensive.

**Croce's** 802 Fifth Ave., Downtown, 619-233-4355. Live music comes free with dinner. Seasonal, creative menu, but simple dishes are best here, like the shrimp carbonara fettuccine in white garlic cream sauce. Fun people-watching from window tables. Expensive.

**Jsix** 616 J St., Downtown, 619-531-8744. The chef's charcuterie — sausage, cured beef, and smoked ham — is impossible to pass up. Waitstaff talks up the seafood, but the beef dishes are better — rib eye and Angus short ribs, especially. Grazing meals moderate to expensive, full dinners very expensive.

**Maryjane's Coffee Shop** Hard Rock Hotel, 207 Fifth Ave., Downtown, 619-764-6950. Back to the '50s with frozen peas and instant-tasting mash. The meaty meat loaf may improve on Mom's, but the chicken pot pie is barely better than Morton's. Moderate.

**Ocean Room and Lounge** 630 Fifth Ave., Downtown, 619-501-6550. Pleasant dishes include mussels *marinière*, Cajun seafood pasta, seafood pan roast, and Fanny Bay oysters on the half-shell. Or try the oyster shooters. Expensive (but less than average for the neighborhood).

**Operacaffe** 835 Fourth Ave., Downtown, 619-234-6538. True Tuscan cuisine, not austere but simple and sensual, priced for a song — with salads to sing about, unique Florentine home dishes, and sublime seasonal specials. This one's for us, not conventioners. Low-moderate.

**Organic to Go** 1143 Sixth Ave., Downtown, 619-236-0086. Lunch for most is a lounge at the salad bar, but they make a cheddar albacore tuna melt, a toasted meat loaf sandwich, and a vegan Thai-style veggie wrap. Other interesting dishes include mango-chutney-curry chicken salad sandwich. Inexpensive.

**Osteria Panevino** 722 Fifth Ave., Downtown, 619-595-7959. The glory days have passed, but starters (mozzarella campagnola, fritto misto) still shine, and pastas can be excellent. Osso buco with marrow is best entrée. Try the lemon torte, leave the cannoli. Expensive on up.

**Roy's** Marriott Hotel, 333 W. Harbor Dr., Downtown, 619-239-7697. Also 8670 Genesee Ave., La Jolla, 858-455-1616. Our outpost of top Hawaiian chef Roy Yamaguchi's ever-expanding chain, serving Pacific Rim fusion and sushi on a daily changing, seafood-oriented menu. End with the signature chocolate soufflé. Very expensive.

**Royal India** 329 Market St., Downtown, 619-269-9999. Standard North Indian Sikh menu. The lunch buffet costs a bit more than rock bottom, but is a decent deal if you care about flavor — none of the dishes have that sludgy sameness that mars cheaper buffets. Moderate to expensive.

**Sadaf** 828 Fifth Ave., Downtown, 619-338-0008. Also 613 Pearl St., La Jolla, 858-551-0643. Good Persian food, better at the more adult-oriented L.J. branch. Try skewers of chicken or ground filet mignon with rice or salad, or *albalou polo* (rice, dried cherries, and chicken). Inexpensive to moderate.

**Suite & Tender** Hotel Sè, 1047 Fifth Ave., Downtown, 619-515-3003. Celeb chef Christopher Lee officially presides (phoning it in from Manhattan). Cocktails are more creative than the corporate, Vegas-created "pick hits" menu. Fine raw bar and surf 'n' turf combos won't rock your world. Expensive.

**Tabule** 535 Fourth Ave., Downtown, 619-238-0048. Offshoot of popular Tijuana restaurant offers eclectic, Mexican-based global fusion including fine steaks, duck, seafood, in unexpected preparations — with glimpses of the owner's native Persia and Southeast Asia. Long menu is made for play, no boredom. Low-moderate to expensive.

**Toscana Café and Wine Bar** 238 Fifth Ave., Downtown, 619-231-5788. This clubby bistro/coffee/wine place offers reasonable breakfasts with organic coffees, lunch specials, and elegant happy-hour specials on bites, wines, upscale beers. Inexpensive to moderate.

**Vela** 1 Park Boulevard (at Harbor Drive), Downtown, 619-564-3333. "Farm to fork" local-grown dinners include surprise international luxury ingredients, and first week of the month offers a bargain prix fixe exploring a national cuisine. Vibrant starters and lush desserts could make a great grazing meal with a view. Expensive, but not very.



## Free entrée

With the purchase of any entrée of equal or greater value and 2 beverages. One coupon per table. Dine-in only. Max value \$10. Not valid with any other offer. Not valid on holidays. Lunch specials not included.

**DiMille's Italian Restaurant**  
Kensington: 3492 Adams Ave.  
619-283-3153

Expires 3-18-10 • Coupon code: G1FSDR



## \$1 off Indian buffet

Limit one per customer.

**Sher Punjab Indian Cuisine**  
Mira Mesa: 9254 Scranton Rd.  
Ste. 102 • 858-458-2858

Expires 3-18-10 • Coupon code: G1FSDR



## Free Mexican combo plate

With purchase of a combo plate of equal or greater value and two drinks. Some restrictions. Valid Mon.-Thurs. only. Only combos 1-16. **Emiliano's Mexican Del Cerro:** 6690 Mission Gorge Rd. Ste. E • 619-284-2460

Expires 3-18-10 • Coupon code: G1FSDR



## 50% off entrée

Buy one entrée at regular price and get a second entrée of equal or lesser value for half off.

**Skewers**  
Mira Mesa: 9254 Scranton Rd., Ste. 106  
858-658-0109  
Expires 3-18-10 • Coupon code: G1FSDR



## Free buttermilk pancakes

Short stack with purchase of two entrées. May not be combined with any other offer. One coupon per table. Not valid on holidays.

**The Trails Neighborhood Eatery**  
San Carlos: 7389 Jackson Dr.  
619-667-CAFE  
Expires 3-18-10 • Coupon code: G1FSDR



## Free Italian entrée

With purchase of any entrée of equal or greater value and two beverages. One coupon per table. Dine-in only. Max value \$10. Lunch specials not included. Not valid with any other offer or on holidays.

**Da Nino's Bay Park:** 410 Ashton St.  
619-275-0321 • 619-275-4395

Expires 3-18-10 • Coupon code: G1FSDR



## Free Thai lunch or dinner

With the purchase of any entrée of equal or greater value and two beverages. Up to a \$10 value. Not valid on holidays. One per table.

**Jade Thai Cuisine**  
Mission Gorge: 10330 Friars Rd.  
#105 • 619-280-4048

Expires 3-18-10 • Coupon code: G1FSDR



## Free entrée or sushi roll

With purchase of a second entrée of equal or greater value and two drinks at regular price. Maximum value \$8. Not valid with any other offer. One coupon per table or per party.

**Kirin Sushi**  
San Diego: 4111 Voltaire St.  
619-223-3388

Expires 3-18-10 • Coupon code: G1FSDR



## Free taco

With purchase of \$5 or more. Not to be combined with any special offers or coupons. Extras not included. Limit one coupon per customer.

**Sombrero Mexican Food**  
Visit [www.sombreromex.com](http://www.sombreromex.com) to find a location near you!

Expires 3-18-10 • Coupon code: G1FSDR



## Free special sushi roll

Buy one special roll and get a second of equal or lesser value free.

Our special rolls include the rainbow roll, fire roll, caterpillar roll and more!

**Convoy Sushi & Fish Market**  
Kearny Mesa: 7905 Engineer Rd.  
858-634-3233

Expires 3-18-10 • Coupon code: G1FSDR



## Free Asian fusion entrée

Buy any lunch or dinner entrée and two beverages, receive a second entrée of equal or lesser value free. Some restrictions.

**Khan's Cave**  
Kearny Mesa: 9350 Clairemont Mesa Blvd., Ste. F  
858-279-9799  
Expires 3-18-10 • Coupon code: G1FSDR



## 50% off breakfast or lunch

Purchase one entrée and two beverages at regular price and receive a second entrée of equal or lesser value at 50% off. Some restrictions.

**Honey's Café**  
San Diego: 7947 Balboa Ave.  
858-565-4244

Expires 3-18-10 • Coupon code: G1FSDR



**The Westgate Room** Westgate Hotel, 1055 Second Ave., Downtown, 619-238-1818. New, less-formal dining room brings air and modernity to a formerly stuffy venue. Skip the old menu classics; French chef Fabrice Harel uses modern techniques to create thrilling, fresh seafood dishes with pleasure-value well beyond their price. Upper-moderate to very expensive.

East Village

**La Casita** 1247 C St., East Village, 619-531-0044. Some of the best *chorizo con huevos* (spicy pork sausage with eggs) in town. Most delicious is watching Anglo city-hallers trying to love the house-made menudo (tripe soup). Inexpensive.

**J. Wok** 744 Market St., East Village, 619-231-1088. Brave attempt to fuse Asian and American foods. Eat on the sidewalk or inside under *The Tiger* (a great mural by local artist Mark Richmond). Try the “Modern Mix” side of the menu — with, say Korean BBQ getting the Philly treatment — or the “Traditional” side, with standards like pad thai. Open daily, lunch till late. Inexpensive.

**Lotus Thai** 906 Market St., East Village, 619-595-0115. Also 3761 Sixth Ave., Hillcrest, 619-299-8272. The chefs are from northwest Thailand, and something in their cooking hints of their region — a zestiness, a love of strong citrus and herbs — evokes the Ping River and the hills of Chiang Mai. Low-moderate.

**Neighborhood** 777 G St., East Village, 619-446-0002. This mainly male-patronized, rackety gastro-pub’s menu centers on fine half-pound burgers, plus steak tartare, sweet potato fries with bleu cheese curls, creative deviled eggs, mac ‘n’ cheese, and big, interesting salads. Inexpensive to very low-moderate.

**Pokéz Mexican Restaurant and Vegetarian Cuisine** 947 E St., East Village, 619-702-7160. Hipster atmosphere and mainly Mexican vegetarian fare (with some carnivore dishes like steak ranchero or sautéed chicken fajitas). Inexpensive.

**Zanzibar Café** 707 G St., East Village, 619-230-0125. Also 976 Garnet Ave., Pacific Beach, 858-272-4762. Casual food until 11pm or later. The three-egg breakfast scramble is great. So are the avocado fontina cheese omelet and eggs Benedict with non-Canadian bacon, and the indulgent blueberry buttermilk pancakes. Inexpensive.

El Cajon

**Ali Baba Restaurant** 421 E. Main St., El Cajon, 619-442-3622. Chaldean specialties served until midnight, in a “sheik’s oasis” atmosphere, offering airy house-baked bread, kebabs, lamb shanks, yummy “potato pie,” and a “Feast for Three” that will feed five. Inexpensive to moderate.

**Hacienda Casa Blanca** 700 N. Johnson Ave., El Cajon, 619-442-9827. Old California-style family-friendly Mexican atmosphere and food, including lively *camarones al tequila* and *enchiladas suizas* in tangy green sauce. Brunch and all-day buffet Sundays. Inexpensive to low-moderate.

**Hammurabi Family Restaurant** 401 W. Main St., El Cajon, 619-401-3200. This Chaldean eatery in Iraqi-rich El Cajon offers exotica like stuffed honeycombs and intestines, along with comforting kebabs, marinated lamb shank, crushed wheat pie stuffed with beef, and baklava. Inexpensive to expensive.

**Jasmine Bistro** 315 Parkway Plaza, El Cajon, 619-588-8228. By day, the fare centers on fresh Chinese dim sum (finger food) offered by cart and by menu. At night, multiethnic chefs step in to cook up a pan-Asian panoply.

Mainly moderate (except for some special entrées).

Encinitas

**Bubby’s Gelato** 937 S. Coast Hwy. 101, Encinitas, 760-436-3563. Sandwiches include intriguing Mediterranean combinations. Gelati are twice as rich as Häagen-Dazs and feature bold flavors, e.g., vanilla rosewater and chocolate cinnamon. Inexpensive.

**Kim’s Restaurant** 745 First St., Encinitas, 760-942-4816. Both Vietnamese and Chinese dishes are offered in a calm atmosphere with quick, pleasant service. Huge menu highlighted by Vietnamese house specialties and seafood also includes a whopping 45 vegetarian/vegan dishes. Moderate.

**Potato Shack Café** 120 W. I St., Encinitas, 760-436-1282. You’ll find generosity here, of the North County-hang-loose-surfer kind. You can split a plate for no charge, get bottomless coffees, endless fries (French or “American cottage fries”), “manhole-cover size” pancakes (weighing as much as their name implies), good pork chop breakfasts, great lunch burgers, and huge trees to sit under.

**Roxy Natural Foods Restaurant** 517 N. Coast Hwy. 101, Encinitas, 760-436-5001. The focus is vegan and vegetarian, but they’ve added fish and a garlicky chicken pizza. Most popular item: falafel burger (made of garbanzo

beans) on a bun with melted cheese. Inexpensive.

**Swami’s Café** 1163 S. Coast Hwy. 101, Encinitas, 760-944-0612. There are standard dishes, like eggs Benedict or black-bean burrito, but the emphasis is health. Try the protein veggie wrap, with avocado, feta cheese, tofu, and mole, or the Indian curry with tofu. Inexpensive.

Escondido

**Golden Egg Omelet House** 316 W. Mission Ave., Escondido, 760-489-6420. Omelets are light, thin crepe-like eggs wrapped around mounds of elaborate fillings. Thick waffles can be topped with fresh fruit. And then there are eggs, hash, crepes, potato casseroles, humongous burgers, and sandwiches. Inexpensive.

**Hernandez’ Hide-Away** 19320 Lake Dr., Escondido, 760-746-1444. The margaritas (rocks, not slush-ee) are terrific, on a par with Baja’s best. The food is a standard menu of Cal-Mex specialties. A pleasant “enchilada pie” is as good as any Midwestern mom’s. Inexpensive to moderate.

Golden Hill

**Pizzeria Luigi** 1137 25th St., Golden Hill, 619-233-3309. Also 2121 El Cajon Blvd., North Park, 619-294-9417. Real New York pizza, with just-right sauce and

crusts thin enough to fold in a V and eat on the run. Better yet: get a whole pie to enjoy at leisure. Neighborhood delivery available. Inexpensive.

Hillcrest

**Aladdin’s Mediterranean Restaurant** 1220 Cleveland Ave., Hillcrest, 619-574-1111. Also 5420 Clairemont Mesa Bl., Clairemont, 858-573-0000. Middle-Eastern favorites (hummus, tabbouleh, kebabs, *shawerma*, etc.). Hillcrest branch offers more authentic Lebanese flavors. Inexpensive to moderate.

**Café on Park** 3831 Park Bl., Hillcrest, 619-293-7275. The place looks trendy, but don’t expect PC food. Plates overflow with hearty American fodder. Breakfast especially popular, with huge elaborate scrambles and the prize plate of ‘49er miners who struck gold: the Hangtown Fry, marinated oysters in scrambled eggs. Moderate.

**Crest Café** 425 Robinson Ave., Hillcrest, 619-295-2910. “Hearty Home-made Comfort Food” is both the boast and the cuisine, including Sloppy Joes, honey-glazed pork chops, steamed veggie basket, and 11 types of burger (including salmon). Open early to midnight, daily. Inexpensive.

**Hong Kong Restaurant** 3871 Fourth Ave., Hillcrest, 619-291-9449. Quick service until 2:30am from a huge menu of vaguely Szechuan-Mandarin fare. Consider fried pork-filled wontons on raw cabbage, curry-tinged Singapore-style rice noodles, shrimp with lobster sauce, scallion ginger chicken. Inexpensive.

**Kazumi Sushi** 3975 Fifth Ave., Hillcrest, 619-682-4054. Kazumi’s simple but imaginative rolls are distinctively seasoned to flatter the particular fish’s flavor. For families, the Ultimate Boat is a huge, encyclopedic platter of sushi,

BIRTHDAY PARTY!

59<sup>th</sup>

Saska's

Come Celebrate with Saska's

MARCH 5<sup>TH</sup> 6<sup>TH</sup> & 7<sup>TH</sup>

(858) 488-7311

FRIDAY

10:00 pm - 1:00 am

The Pheromones

Rock ~N~ Roll

SATURDAY

5:00 pm - til gone

Chef's Special

Large Cut Prime Rib Dinner

\$ 19.95

SUNDAY

10:00 am - 1:00 pm

Brunch Specials

Carne Asada & Eggs or Carne Asada Benedict

\$ 4.95

3768 Mission Boulevard • Mission Beach

Hob Nob Hill

RESTAURANT & BAKERY

breakfast, lunch & dinner

\$2 off entrée

As seen on Diners, Drive-Ins and Dives on the Food Network

Minimum entrée \$6. Good for up to 2 people. Not valid on weekends or holidays or with other offers. Offer good through 3/11/10.

Open daily Monday-Sunday 7 am-9 pm

2271 First Avenue • 619.239.8176

A San Diego landmark since 1944 • Reservations accepted

50% off sushi

Dine-in only. 5-item minimum order per party. Selected items only.

Sushi - Tempura - Teriyaki - Noodles



**Mikko**  
Japanese Cuisine

Low cholesterol, low fat, no MSG

1025 Carlsbad Village Drive  
760-730-0088



Who says you can't enjoy  
Octoberfest all year long?

\$5 off  
Beer Boot

Come in and let us  
pour you 112 oz. of cold  
beer in our Beer Boot.

Centifonti's  
Bar & Grill

8365 La Mesa Boulevard  
In the heart of downtown  
La Mesa • 619-461-4434

Tapas Bar - Restaurant



Cocina Española

Costa Brava

"Sensational Spanish Cuisine!"

NEWS 8



Flamenco Show... Sunday 7pm

Flamenco singer Angelita Agujetas & Guitarist Juan "El Moro"

Paella Brunch Sat & Sun 11am-4pm / Banquet Facility / Catering

Food, wine, music & culture direct from Spain... Open Daily 11:00am

1653 Garnet Avenue, Pacific Beach. • (858) 273.1218 • www.costabravasd.com



# Calendar

## RESTAURANTS

*gyoza*, assorted appetizers, yakitori, teriyaki, and terrific tempura. Inexpensive to moderate.

**Kous Kous Moroccan Bistro** 3940 Fourth Ave., Hillcrest, 619-295-5560. Witty staffers treat you like dinner guests. Start with chicken or shrimp *b'stila* in cinnamon-dusted phyllo. Lamb Tagine with honey, nuts, and fruit and Chicken Tagine with olives and lemon are standouts. Moderate.

**Ortega's Bistro** 141 University Ave., Hillcrest, 619-692-4200. You'll find Baja-style cuisine featuring seafood and grilled foods, with a focus on lobster. Unlike the Baja Ortega's, the lobster isn't deep-fried before grilling. Fun margarita variations. Mainly moderate (lobsters and Kobe skirt steak expensive).

**The Tractor Room** 3687 Fifth Ave., Hillcrest, 619-543-1007. Menu highlights include identical stews of wild boar and buffalo, grilled salmon, and Prime-grade bone-in rib eye, plus good sides of acorn squash and heavy-cream mashed potatoes and gravy. Moderate to very expensive.

**Whole Foods Market** 711 University Ave., Hillcrest, 619-294-2800. Also 8825 Villa La Jolla Dr., La Jolla, 858-642-6700. Gourmet organic grocery eat-in/take-out selections offer healthy plates like Emerald Mushrooms salad and couscous studded with almonds, raisins, scrambled egg, and veggies. Inexpensive to moderate.

## Imperial Beach

**Giant Pizza King** 600 Palm Ave., Imperial Beach, 619-423-7601. If pizza size matters to you, try on these nine-inch-

wide, foot-long, loaded pizza slices. The fish 'n' chips dish is generous, they make a large lasagna with garlic bread and salad, and the half-pound shrimp combo is a good value. Inexpensive.

**MZM Seacoast Bistro** 875 Seacoast Dr., Imperial Beach, 619-424-5800. Serious gastronomy, low price. Weekend breakfasts tend to be simple but sophisticated, like frittata with Polish sausage, prime rib steak and eggs, or scrambled eggs with smoked salmon. Creative dinner fare varies nightly. Inexpensive to moderate.

## Julian

**Jeremy's on the Hill** 4354 Highway 78, Julian, 760-765-1587. What a surprise — out here, an ambitious, sophisticated, but well-priced, chef-owned, California-fusion eatery, with dishes like brie and mango quesadilla, mushroom burgers, and bison steaks. Inexpensive to moderate.

## Kearny Mesa

**94th Aero Squadron** 8885 Balboa Ave., Kearny Mesa, 858-560-6771. Built to mimic a WWI French farmhouse taken over by Yankee flying aces, offering classic American fare and mighty cocktails. Moderate.

**Nijiya Market** 3860 Convoy St., Kearny Mesa, 858-268-3821. Pass by Nijiya's steam trays and heat lamps and go straight to the coolers, where you'll find delicious Japanese chicken cutlets, fresh sushi, and chilled noodles, as well as dessert delicacies like a sweet-bread roll filled with sweet bean paste. Inexpensive.

**Phuong Trang Vietnamese Seafood Restaurant** 4170 Convoy St., Kearny Mesa, 858-565-6750. Vietnamese "people's food" emphasizing

noodle soups, but there are more elegant house specialties, including the "Special Sauce" Dungeness crab from the live tank. Inexpensive to moderate.

**Seoul B.B.Q.** 4344 Convoy St., Kearny Mesa, 858-505-8700. Try the Korean BBQ marinated short ribs or thick marbled slices of sirloin, which come with a bevy of small accompaniment dishes. Adventurous? Go for the goat meat hot pot or Korean steak tartare (*yukhoe*). Moderate.

**Shanghai City Restaurant** 3860 Convoy St., Kearny Mesa, 858-278-5883. Local Chinese come here for Shanghai seafood dishes or clay hot pots filled with eel and chestnuts or steamed rockfish on a big oval platter. Open to midnight. Inexpensive to moderate.

**Spice House Café** 9035 Clairemont Mesa Bl., Kearny Mesa, 858-565-1028. Greek-American cuisine, mainly. We don't know if it's the Ortega chiles or Jack cheese or tangy tomato sauce, but some guys find relief with the Hang-over Omelet. Other choices: Portuguese sausage with three eggs and the Italian sausage frittata. Inexpensive.

## La Jolla

**Adobe el Restaurant** 9700 N. Torrey Pines Rd., La Jolla, 858-550-1000. California-Mediterranean creative seasonal dishes with local produce and something for every taste. Moderately expensive.

**Bull and Bear Bar and Grill** 1271 Prospect St., La Jolla, 858-551-0077. Bond-trader atmosphere, prole prices. Best bang for the buck: the Hot Stock Burger, a half-pound patty with a split Louisiana sausage on top. Inexpensive.

**Cliff Hanger Café** 2800 Torrey Pines Scenic Dr., La Jolla, 858-452-9858. Spectacular ocean view. Try the Launch (a breakfast burrito with scrambled

eggs, bacon, cheese, onions, bell peppers, and salsa). Also great and grilled right there are generous half-pound hamburgers. Inexpensive.

**La Jolla Rancherita** 7404 La Jolla Bl., La Jolla, 858-459-5877. When local spiny lobsters are in season (typically from late October to about February), here's one place that does them right. The juicy critters come with two melted-butter dips, tart coleslaw, and comforting mashed potatoes. Moderate.

**Marrakesh** 634 Pearl St., La Jolla, 858-454-2500. A dramatic Moroccan restaurant with tented ceilings and low-banquette "sheik" seating offers five-course prix fixe dinners with superb lentil soup, salad, chicken-filled phyllo pie, entrée, and orange-flower perfumed almond baklava. Best entrées: lamb with honey (when available), chicken with olives, duck. Moderate.

**Roppongi** 875 Prospect St., La Jolla, 858-551-5252. Gorgeous interior, large, heated street patio, Euro-Asian fusion menu with tapas and sushi as well as entrées. The treats of any size add up to expensive.

**The Shores Restaurant** 8110 Camino del Oro, La Jolla, 858-456-0600. The hotel restaurant with close-up sea views serves "Neighborhood American Cuisine" with a fun wine list. Moderate to high, with weeknight inexpensive happy-hours bites 4 to 6pm

**Sky Room** La Valencia Hotel, 1132 Prospect St., La Jolla, 858-551-3744. After renovation in 2007, Sky Room is now modern, sleek, and quietly chic, with a simplified menu of California cuisine and slightly lower (still steep) prices. The romantic, panoramic view remains, of course. Expensive.

**La Taverna** 927 Silverado St., La Jolla, 858-454-0100. Italian home-style, including chef-owner Mary Ann Vitale's house-made Sicilian-style fennel sausage. If the feather-light potato gnocchi is on special, just say "yes." Moderate.

**Truluck's** The Aventure, 8990 University Center Lane, La Jolla, 858-453-2583. Florida-based surf 'n' turf chain offers irony-free retro '50s décor and dinners featuring crustaceans (including seasonal stone crabs), other seafood, and natural meats — all carefully cooked, but the meals are piled high with starches. Towering sweet desserts, fun wines. Moderate to very expensive.

## La Mesa

**Himalayan Cuisine** 7918 El Cajon Bl., La Mesa, 619-461-2503. Nepalese-Indian-Tibetan food, ranging from high-country exotica to steam-table buffet clichés — but subtly different from standard Punjabi renditions. Worth the detour: Tibetan momos (steamed dumplings) resembling fine dim sum, stuffed with beautifully seasoned lean lamb or gentle greens. Also: Nepalese samosas. Inexpensive.

**Jitters Coffee** 8201 La Mesa Bl., La Mesa, 619-460-4800. This small corner café is a local morning favorite. Flyin' Hawaiian waffle has macadamias, chocolate, banana syrup, whipped cream, but "plain" standards like the breakfast burrito are plain good. Lunches offer homemade soups, sandwiches, and salads. Inexpensive.

## Lemon Grove

**Charley's Famous Hamburgers** 8213 Broadway, Lemon Grove, 619-460-2690. An old red-and-white gas station that looks like a café. The palm and ficus trees have replaced the gas pumps. The menu is a long list of hamburgers, hot dogs, sandwiches, and kebabs. Inexpensive.

## Leucadia

**La Especial Norte** 604 N. Coast Hwy. 101, Leucadia, 760-942-1040. It's famed for superb soups — the Mexico City-style chicken soup is laden with avocados, chicken shreds, cilantro, and rice, and the eggplant soup includes airy little croutons of puffed *relleno* batter. Inexpensive.

**A Little Moore Coffee Shop** 1030 N. Coast Highway 101, Leucadia, 760-753-8228. Standard but generous breakfast and lunch fare in an old-time atmosphere has kept the place humming since the 1950s. Specials named after local characters. Inexpensive.

## Lincoln Park

**Magnolias** 342 Euclid Ave., Lincoln Park, 619-262-6005. Soul food from Louisiana: the fried chicken is beyond compare, the jambalaya well-nigh perfect, and the BBQ shrimp, crawfish bisque, and étouffée are splendid. Great side dishes include candied sweet potatoes and cornbread dressing. Low-moderate.

## Linda Vista

**Bull's Smokin' BBQ** 1127 W. Morena Bl., Linda Vista, 619-276-2855. Genuine BBQ, tender meats, and poultry dry-rubbed with spices, smoked over mesquite-applewood chips, lightly sauced. (Order at the counter.) Master-piece dish: dark, spicy, filé gumbo, served with a spectacularly moist jalapeño-spiked corn muffin. Patio seating. Moderate.



### Free Thai entrée

With purchase of an entrée and two drinks. Dine-in only. Excludes lunch special. One per table. Maximum discount of \$8. Some restrictions.

**Thai Time II & III**  
Midway: 3545 Midway Dr.  
619-224-3245  
Clairemont: 4310 Genesee Ave.  
#111 • 858-278-4949  
Expires 3-18-10 • Coupon code: G1FSDR

Central



### Free Mexican entrée

With purchase of a second entrée of equal or greater value and two beverages. Maximum value \$7. Some restrictions.

**El Indio**  
Mission Hills: 3695 India St.  
619-299-0333  
Expires 3-18-10 • Coupon code: G1FSDR

Central



### Free sushi roll

With purchase of a sushi roll of equal or greater value and two beverages. Maximum value \$12.95. Dine-in only. Not valid during Happy Hour. Some restrictions.

**Nami Sushi Bar & Fusion Japanese**  
Hillcrest: 501 University Ave.  
619-297-7888  
Expires 3-18-10 • Coupon code: G1FSDR

Central



### \$5 off Mexican cuisine

Any check over \$25. Some restrictions.

**Casa Machado**  
College Area: 6390 El Cajon Blvd.  
619-287-6858  
**Montgomery Field:**  
3750 John J. Montgomery Dr.  
858-292-4716  
Expires 3-18-10 • Coupon code: G1FSDR

Central



### Free breakfast, lunch or dinner

With purchase of equal or greater value and two drinks. Excludes manager & window specials. Some restrictions. Max \$7 value.

**ChickeNest**  
La Mesa: 7200 Parkway Dr.  
619-589-0088  
Expires 3-18-10 • Coupon code: G1FSDR

East



### Free entrée

with purchase of an entrée of equal or greater value & 2 beverages. Not valid with reservations. Not valid with any other offer. One coupon per party. Only good at Lemon Grove location. Dine-in only.

**Boll Weevil**  
Lemon Grove: 6966 Federal Blvd.  
619-589-6966  
Expires 3-18-10 • Coupon code: G1FSDR

East



### Free Italian entrée

With purchase of an entrée and two beverages. One per table. Max value \$13.95. Not valid on Friday or Saturday or for lunch specials. Some restrictions.

**Taste of Italy**  
Rancho San Diego:  
2512 Jamacha Rd. • 619-660-6300  
Expires 3-18-10 • Coupon code: G1FSDR

East



### Free smoked BBQ sandwich

With the purchase of a sandwich of equal or greater value and two large beverages. Some restrictions.

**Geno's BBQ**  
El Cajon: 291 West Main St.  
619-444-3667  
Expires 3-18-10 • Coupon code: G1FSDR

East



### Free Italian entrée

With the purchase of an entrée of equal or greater value and two beverages. Up to a \$9.95 value. Excludes pizza and calzones. Not valid on Fridays. Dine-in only with this coupon. Some restrictions.

**Ottavio's Cucina Italiana**  
El Cajon: 101 Jamacha Rd.  
619-444-9522  
Expires 3-18-10 • Coupon code: G1FSDR

East



### 50% off any entrée

With purchase of another entrée of equal or greater value and two drinks. Valid only at La Mesa location. Dine-in only.

**Pedro's Mexican Cocina**  
La Mesa: 6155 Lake Murray Blvd.  
619-668-1090  
Expires 3-18-10 • Coupon code: G1FSDR

East



### Free frozen yogurt

Buy any yogurt for \$2.50 or more and get a free yogurt valued up to \$2.50. Some restrictions.

**YoYo's Frozen Yogurt**  
El Cajon: 2650 Jamacha Rd.  
619-662-7362  
Expires 3-18-10 • Coupon code: G1FSDR

East



### Italian dinner for two \$16<sup>95</sup>

Or lunch. Dine-in. Monday-Thursday. Includes salad and choice of six pasta entrées. Some restrictions.

**Little Roma Cucina Italiana**  
La Mesa: 5575 Baltimore Dr.  
619-461-7000  
Expires 3-18-10 • Coupon code: G1FSDR

East



## Little Italy

**Pappalecco** 1602 State St., Little Italy, 619-238-4590. Copy of a café in Pisa that three brothers created there, and now here. Meals are mostly salad-charcuterie-cheese combos. One delicious combo: the Rustico, varied Italian cold cuts with pungent goat cheese and bread. Inexpensive to moderate.

**Vincenzo Ristorante Italiano** 1702 India St., Little Italy, 619-702-6181. The specialty at this tourist favorite is Sicilian seafood. Succulent veal is expertly grilled, and the Italian sausages (from Pete's Meats, up the block) are zesty. Moderate.

## Logan Heights

**La Fachada** 20 25th St., Logan Heights, 619-236-8566. Open until 3am (and 24 hours on weekends), this restaurant serves both Mexican and Anglo food. Good Western omelet breakfast, great Mexican seafood soups, and fun outdoor eating evenings until 11 pm. Inexpensive.

**Patty's Fruitland** 1789 National Ave., Logan Heights, 619-239-3085. The specialty is fruits — in drinks, salads, and combos like *pico de gallo* (rooster's beak) with fresh-sliced fruit and raw veggies (jicama, cucumber dusted with cayenne). Also meat sandwiches, shrimp tostadas, hot dogs. Inexpensive.

## Mira Mesa

**Gateway to India** 9520 Black Mountain Rd., Mira Mesa, 858-566-5522. Friday or Saturday, it's crowded with Indian families coming for the all-you-can-eat buffet of Punjabi and Gu-

jarati specialties, including aloo curry, *chhole* (garbanzo beans), *bengan bartha* (eggplant), and sensational Asian-mango desserts. Inexpensive.

## Mission Beach

**The Mission Café and Coffee House** 3795 Mission Bl., Mission Beach, 858-488-9060. Eco-conscious breakfasts and lunches. Outstanding are cinnamon French toast, blackberry-banana pancakes, and roast beef hash with rosemary potatoes and eggs. Chino-Latino lunch items. Inexpensive.

## Mission Hills

**Gathering Bar and Grill** 902 W. Washington St., Mission Hills, 619-260-0400. Familiar comfort fare, like the Southwest burger (avocado, Jack cheese, and salsa) or the Monte Cristo sandwich. Owner does magic card tricks around 6pm some evenings.

**El Indio Mexican Restaurant** 3695 India St., Mission Hills, 619-299-0333. The deep-fried taquitos are their top-selling item. But try Burrito Indio, a wheat tortilla stuffed with marinated zucchini, corn, beans, onions, cheese, and tomato, and the potato burrito, another good vegetarian choice. Inexpensive.

## Mission Valley

**24-Hour Valley Kitchen Family Restaurant** 875 Hotel Circle South, Mission Valley, 619-819-1017. Hot French dip is great and burgers are generous. Better yet, breakfast around the clock. Inexpensive to moderate.

**Uno Chicago Bar and Grill** 7007 Friars Rd., Mission Valley, 619-298-

1866. Also Escondido, Pacific Beach, Fashion Valley, Chula Vista. Deep-dish pizzas have become one of Chicago's better-known exports. Now Uno does serious steak too, with Angus top sirloins. Inexpensive to moderate.

## National City

**The Barbecue Pit** 920 E. Plaza Bl., National City, 619-477-2244. Rustic timber, knotty pine, animal heads on the walls, and meats cooked true Southern BBQ style, over oak. Inexpensive.

**China Super Buffet** 3007 Highland Ave., National City, 619-336-9989. This buffet promises "over 100 items daily." Many are very good — marinated baby octopuses, mussels topped with melted cheese, roast beef au jus. Plus groaning salad bars, adequate sushi. Inexpensive.

## North Park

**Chicken Pie Shop of San Diego** 2633 El Cajon Bl., North Park, 619-295-0156. Now, as in the '30s, chicken pie comes with chicken meat, doused with white gravy and accompanied by mashed potatoes, veggies, coleslaw, a roll, and dessert. Inexpensive.

**Sea Rocket Bistro** 3382 30th St., North Park, 619-255-7049. It's easy being green with a menu of sustainable, mainly local seafood and produce. Sea urchin bisque and grilled fresh sardines are top picks, along with plump, seared Baja scallops, and any dish with Carlsbad mussels. Noisy room. Moderate.

**Urban Solace** 3823 30th St., North Park, 619-295-6464. American comfort food with a faint Southern accent, including, sweet potato fries, a big burger made of Brandt Natural Beef "cooked your way" (and rare is reasonably safe).

Great "bluegrass brunches" with live music. Moderate.

**Zensei Sushi** 3396 30th St., North Park, 619-546-6171. The sushi is well made and based on seafood from the same fishmonger used by Ota and Nobu. The party rolls (like Stuffed Tomato or Honeymooners) may not be original, but they're delicious fun. Moderate.

## Ocean Beach

**Roots** 4976 Newport Ave., Ocean Beach, 619-222-9000. Tiny vegan-organic eatery offers crunchy wraps like the Thai Peanut and the Arti (artichoke hearts, feta cheese). Interesting sandwiches include portobello mushroom with tomato and provolone on ciabatta or the Avo (avocado, onion, and tomato). Inexpensive to moderate.

**Sapporo Japanese Restaurant** 5049 Newport Ave., Ocean Beach, 619-222-6686. Lunchtime specials give you a miso soup, salad, and a combo like chicken teriyaki and California rolls and white rice. Other specials include *yaki soba*, *champon* noodle soup, and the chicken bowl. Inexpensive.

## Oceanside

**Azafran** 1001 S. Coast Hwy. 101, Oceanside, 760-435-0005. Cuban cuisine. Try the house-baked breads, the tender roast pork with garlicky *mojo* sauce, or the traditional Cuban pressed sandwich oozing ham, roast pork, cheese, mustard, pickles. Inexpensive.

**Hill Street Cafe & Gallery** 524 S. Coast Hwy. 101, Oceanside, 760-966-0985. Organic in O'side, including Cajun chicken for lunch and breakfasts of tofu/spinach scramble and *pan perdu* (to us peasants that's French toast) with fresh fruit and syrups. Inexpensive.

## Old Town



**El Agave** 2304 San Diego Ave., Old Town, 619-220-0692. Serious Mexican food highlighting mainland regional cuisines, including five different Oaxacan moles (plus a sixth from Chiapas). Moderate.

**Berta's Latin American Restaurant** 3928 Twiggs St., Old Town, 619-295-2343. The culinary pick hits of all the Americas including superb Chilean empanadas and *pastel de choclo* corn pudding, Peru's herbal *seco de cordero* meat stew, earthy Guatemalan *chilemal*. Moderate.

## Pacific Beach

**The French Gourmet** 960 Turquoise St., Pacific Beach, 858-488-1725. Classic French dishes — pâté, ratatouille, calf's liver — in a homey atmosphere. Start off with escargots or mussels and hope that the soup du jour is gingered cream of carrot. Fine dessert pastries and cheese plate. Moderate to expensive.

**Great Moon Buffet** 1840 Garnet Ave., Pacific Beach, 858-273-6868. Classy Chinese all-you-can-eatarama offers

great surf 'n' turf possibilities, like prime rib and jumbo shrimp or crab and roast duck. Or choose mayonnaise mussels or caramel-y Japanese charcoal-grilled eel (*unagi*) on rice. Inexpensive.

**Kono's** 704 Garnet Ave., Pacific Beach, 858-483-1669. Chow down on a patio on the pier at this inside-outside café, the prototypical California surfer hangout. Tourists and locals alike flock here for generous breakfasts and burgers. Inexpensive.

**World Famous** 711 Pacific Beach Dr., Pacific Beach, 858-272-3100. Right on the boardwalk with sea view, the prime rib, surf 'n' turf, and tournedos are fine. To beat the big prices, try the beach burger or seared ahi Caesar salad. Breakfast and lunch inexpensive; diners moderate to expensive.

**Zanzibar Café** 976 Garnet Ave., Pacific Beach, 858-272-4762. Also 707 G St., Downtown, 619-230-0125. Casual food until 11pm or later. The three-egg breakfast scramble is great. So are the avocado fontina cheese omelet and eggs Benedict with non-Canadian bacon, and the indulgent blueberry buttermilk pancakes. Inexpensive.

## Point Loma

**Roseville** 1125 Rosecrans St., Point Loma, 619-450-6800. Chef Amy DiBiase invokes French classics but with twists and local produce, e.g., asparagus subbing for frisée in a bistro salad with pancetta and egg or flawless duck confit that's France's answer to Peking duck. Expensive.

**Tender Greens** 2400 Historic Decatur Rd., Point Loma, 619-226-6254. This "healthy food" chain features great soups, desserts, and local, organic produce served cafeteria style with or without mesquite-grilled natural beef, free-range chicken, or local tuna in salads or ciabatta sandwiches. Inexpensive.



### Free Mexican entrée

With purchase of an entrée and two drinks. Not valid with any other coupon or discount.

**Broken Piñata Bar & Grill**  
El Cajon: 1221 Broadway  
619-447-5665

Expires 3-18-10 • Coupon code: G1FSDR

East



### Free steak, chicken or gyro wrap

With purchase of wrap and two drinks.

**Spinners Fresh Mediterranean**  
El Cajon: 2654 Jamacha Rd.  
Ste. 101 • www.ilovespinners.com

Expires 3-18-10 • Coupon code: G1FSDR

East



### 10% off catering

Not valid with any other offer or discount.

**Rally's Burgers**  
El Cajon: 1216 E. Main St.  
877-758-9837

Expires 3-18-10 • Coupon code: G1FSDR

East



### Free frozen yogurt

Purchase 8 oz. or more frozen yogurt and receive 8 oz. free. Not valid with any other offer. Some restrictions.

16 premium flavors. Over 60 toppings.

**Crave Yogurt**  
San Carlos: 8680 Navajo Rd.  
619-337-7888

Expires 3-18-10 • Coupon code: G1FSDR

East



### Free torta or quesadilla

With purchase of entrée and two drinks. Not valid with any other offer. One coupon per customer.

**La Torta Café Mexican Deli**  
La Mesa: 8356 Allison Ave.  
619-741-6230

Expires 3-18-10 • Coupon code: G1FSDR

East



### Free American entrée

With purchase of regular-priced entrée of equal or greater value and two drinks. Valid Mon.-Thurs. Max value \$10. Not valid with specials. Dine-in only.

**Ranch House Restaurant Santee**: 11510 Woodside Ave.  
619-448-2087

Expires 3-18-10 • Coupon code: G1FSDR

East



### \$11<sup>99</sup> large one-topping

(Original thin crust only.) Additional fee for thick crust. Not valid with other offers, promos or discounts. Dine-in, carry-out or delivery. \$20 minimum purchase for free delivery. Limited delivery area and hours. Some restrictions.

**Round Table Pizza**  
La Mesa: 8032 La Mesa Blvd.  
619-462-8800

Expires 3-18-10 • Coupon code: G1FSDR

East



### Free Mexican entrée

With purchase of another entrée of equal or greater value and two beverages. One coupon per table. Present coupon before ordering. Some restrictions.

**Casa Nueva Santee**: 10757 Woodside Ave.  
619-258-5557

Expires 3-18-10 • Coupon code: G1FSDR

East



### 50% off Greek entrée

With purchase of one entrée of equal or greater value and two beverages. Some restrictions.

**Taste of Athens**  
El Cajon: 1784 Main St.  
619-447-0886

Expires 3-18-10 • Coupon code: G1FSDR

East



### Free frozen yogurt

Buy one frozen yogurt for \$3.50 or more and get a free yogurt valued up to \$3.50. Limit one coupon per party. Not valid with any other offers.

Self-serve. Over 60 toppings and 12 premium flavors.

**Penguin Yogurt Factory**  
Santee: 9621 Mission Gorge Rd.  
619-562-1879

Expires 3-18-10 • Coupon code: G1FSDR

East



### 50% off Mexican entrée

With purchase of one entrée of equal or greater value and two beverages. Max discount \$7.95. Valid Monday-Thursday. One coupon per customer. Some restrictions.

**Hacienda Casa Blanca**  
El Cajon: 700 N. Johnson  
619-442-9827

Expires 3-18-10 • Coupon code: G1FSDR

East



### Free Japanese entrée

With purchase of an entrée of equal or greater value. One per party/table. Cannot be combined with any other offers.

**Sushi Fun**  
Santee: 8790 Cuyamaca St., Ste. K  
619-562-5151

Expires 3-18-10 • Coupon code: G1FSDR

East



## What's with the Paparazzi?

"SDGossipScene is more than understanding when it comes to respecting other's requests," says website operator Felicia Canales, "but we

The two subsequently had a Facebook battle that included publicly posted messages from DeCamp. "You're getting imagery for free. Perez [Hilton] pays tens of thousands of dollars for an

"I can't have my photos published on your website anymore. I'm getting a lot of complaints from the scenester girls I photograph and it's conflicting with my brand."

Canales says that her reposted photos from other websites can benefit both photogs and venues. "Without club-photography, you can't be seen." She hopes to restart the website by bypassing photog permissions altogether. "Club promoters [and] owners can release club photos to SDGossipScene, since they pay the photographer for club photos."

— Jay Allen Sanford

# the inside track blur

find it mind-boggling that photographers, who all supported SDGossipScene, would pull out all at the same time."

According to Canales, her site covering the local club scene was contacted by five photographers "asking to please stop usage of their photos due to it conflicting with their photography.... SDGossipScene is currently on pause until other actions can be taken."

Canales's final post on the website blames one particular photog for the boycott, calling it a "personal attack from Ben DeCamp.... [We] had a fight after [my] trip to L.A. to talk to producers about a possible SDGossipScene reality show."

image.... This is serious business for me, the other photographers, the DJs, and the bar owners. A lot of people



GOSSIP GIRL CANALES TAKES THE CAKE

talk behind your back, but I'm not like that. I'm telling you right now, you are not going to fuck this up for me.

## That's So Un-Punk

"Vinnie Udo did not start Diatribe," says guitarist Julius, who cofounded the influential all-vegetarian, antiwar punk band with bassist Sean in 1984. "[Vinnie] provided vocals for the band for approximately one year.... He was fired from the band in 1986. I hold the trademark to the band name, and I also composed all of the band's songs."

Udo, aka Vinnie Fono, recently announced he was resurrecting Diatribe, with himself as the only former member of that band. "None of the other three original members were asked if they wanted to participate," says Julius. "I emailed him. He did not respond to my request to

not re-form the band, [so] he and two of the other parties he listed as members of the new Diatribe have been

use contracts.

"As far as him having the trademark for the name, I've checked and have not found



VINNIE FONO, BACK IN THE DAY OF THE SPIKED 'HAWK

served with cease-and-desist letters by me."

Contacted via email, Fono says, "Julius is against us doing this because he has nothing to do with music or the scene.... The band broke up shortly after I was kicked out. He says he composed all the songs, but when we started, I was playing drums, developing the songs, and doing the vocals. We never had any kind of agreement. We were an anarcho band, anti-big-music corporations. When we toured, we didn't

any proof to that claim.... He is really being un-punk, unlike how we started out." Fono — who later cofounded the Shitgiveits — will debut his new Diatribe at the Radio Room on February 26.

Julius says he may relaunch Diatribe himself. "It would depend on the willingness of the original members," he qualifies, saying he's still in touch with them. So would he ever consider a reunion that includes Fono?

"It would be unlikely."

— Jay Allen Sanford

**Blues for White** "The treatments are completed, and my taste buds are returning, so I'm happy chappy," wrote North County blues guitarist, harmonica-player, and vocalist Steve White in a February 13 email. It's been five months since doctors removed his vocal chords to fight the cancer in his esophagus. During the following five months, as White underwent radiation and chemotherapy treatments, he strummed blues riffs on his guitar and watched the stack of medical bills inside his Leucadia home grow.

To help raise money for White's mounting medical debt, local blues musicians Steve Mendoza, Shawn Rolfe, and Candye Kane joined efforts and appeared at benefit concerts for White, one at the Encinitas Public Library in December and another at Old Time Music in North Park this past January.

"I had a chance to perform," writes White in his email. "It was cathartic because I was unsure whether I could do it without my voice and harmonica, or that it would work, and I was most happy to find out it did."

White's influence and support stretches farther than San Diego County. Benefits for White have been held in Italy, Germany, and on March 4 in Prague,

(continued on page 92)

Saturday, February 27

## DESPITE THE WOLVES



INSTINCT OF AGGRESSION



Thursday, March 4

etix

## MASTA ACE & EDO G

MR. BRADY • ZOOLAY  
BROKEN DREAMS  
BREAD & BUTTER



## BRICK BY BRICK

Wednesday, February 24

### CHASING GLORY

Thursday, February 25

### LOS INCONTENIBLES

### DEL AMOR

### NODS TO NOTHING

Friday, February 26

### MONKEYS IN SPACE

### THE GAMETES

Sunday, February 28

### SLOW BURNING CAR

### CYANIDE VOGUE

Friday, March 5

### CALL ME THE BREEZE

### THE GETDOWN

### WATCH US BURN

### THIS IS MUSIC

### BREAK HER FALL

3/19 Devil Makes Three • 3/26 Evidence (Dilated Peoples) • 3/27 Pato Banton

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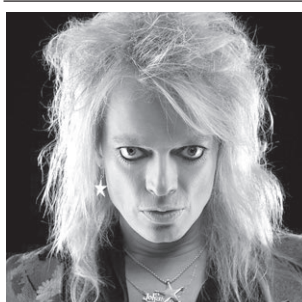
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Thurs 3/18/10		Pot Limit Omaha Hi-Lo @ 4pm	\$200	\$30
Thurs 3/18/10		No-Limit Hold 'Em @ 6pm	\$100	\$25
Fri 3/19/10	2	No-Limit Hold 'Em @ Noon	\$300	\$40
Fri 3/19/10		6-Handed No-Limit Hold 'Em @ 4pm	\$200	\$30
Fri 3/19/10		No-Limit Team Event @ 6pm (3 Players)	\$150 Each	\$25
Sat 3/20/10	3	No-Limit Hold 'Em @ Noon	\$500	\$50
Sat 3/20/10		No-Limit Hold 'Em @ 4pm	\$200	\$30
Sat 3/20/10		Partners No-Limit Hold 'Em @ 6pm	\$150 Each	\$25
Sun 3/21/10	4	No-Limit Hold 'Em @ Noon	\$300	\$40
Sun 3/21/10		Seniors No-Limit Hold 'Em @ 4pm	\$200	\$30
Sun 3/21/10		No-Limit Hold 'Em @ 6pm	\$100	\$25
Mon 3/22/10	5	No-Limit Hold 'Em @ Noon	\$300	\$40
Mon 3/22/10		Limit Omaha Hi-Lo @ 4pm	\$200	\$30
Mon 3/22/10		Crazy Pineapple @ 6pm	\$100	\$25
Tue 3/23/10	6	No-Limit Hold 'Em @ Noon	\$200	\$30
Tue 3/23/10		6-Handed No-Limit Hold 'Em @ 4pm	\$200	\$30
Tue 3/23/10		No-Limit Hold 'Em @ 6pm	\$100	\$25

Date	Event #	Tournament	Buy-In	Entry Fee
Wed 3/24/10	7	No-Limit Hold 'Em @ Noon	\$300	\$40
Wed 3/24/10		Pot-Limit Omaha Hi-Lo @ 4pm	\$300	\$40
Wed 3/24/10		No-Limit Hold 'Em @ 6pm	\$100	\$30
Thurs 3/25/10	8	No-Limit Hold 'Em @ Noon	\$300	\$40
Thurs 3/25/10		H.O.R.S.E. @ 4pm	\$200	\$30
Thurs 3/25/10		No-Limit Hold 'Em @ 6pm	\$100	\$25
Fri 3/26/10	9	No-Limit Hold 'Em @ Noon	\$500	\$50
Fri 3/26/10		Mega 1K Seat @ 4pm	\$200	\$30
Fri 3/26/10		No-Limit Hold 'Em @ 6pm	\$100	\$25
Sat 3/27/10	10	No-Limit Hold 'Em @ Noon	\$1,000	\$80
Sat 3/27/10	11	Ladies No-Limit Hold 'Em @ 4pm	\$100	\$25
Sat 3/27/10		No-Limit Hold 'Em @ 6pm	\$200	\$30
Sun 3/28/10		Mega 5k Seat @ 10am	\$300	\$40
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Mon 3/29/10	12	Championship Event @ Noon	\$5,000	\$150
Tue 3/30/10		Last Chance No-Limit @ Noon	\$200	\$30
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Czechoslovakia. For the March 4 benefit, a handful of European blues musicians will take the stage to raise money for the 59-year-old White. Also at the show, White's newest concert DVD will be made available.

"I am humbled by this response, and it has kept my spirits up and kept me alive,"

show, White will unveil an electronic foot drum that he helped develop with German music manufacturer AER Manufacturing.  
— Dorian Hargrove

**Mario's New Hat** One thing that's clear from the start is that Mario Escovedo is not all that comfortable talking about himself. After 13 years of playing guitar and fronting the Dragons, he's had enough time in the spotlight. Instead, he'd



STEVE WHITE AT HOME, ON STAGE

writes White about the benefit shows.

Benefit concerts aren't the only events planned for White. On March 19, White takes off to Frankfurt, Germany, to attend MusikMesse 2010, an international musical instruments trade show. At the trade

rather talk about his latest project, the bands he represents in his new life as Requiemme Management and Booking.

Why the name? "The regular spelling of requiem," he says, "means a song of mourning performed as a memorial or for a dead per-

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son. It reminds me to keep the past the past and to keep moving forward, plus it sounds cool and gives you the impression that there's some big corporate office downtown and not some guy working on his home computer somewhere in Normal Heights."

Escovedo started Requiemme in 2008 with one band and grew into an eclectic roster of bands old and new, soul and rock, punk, and indie. Consider the Dogs, the Zeros, Mad Juana, Lady Dottie and the Diamonds, Darlings of Chelsea, and Maren Parusel.

"One thing I don't want to have," he says, "is a punk roster or a rock roster. I have to love the music. My roster has gone along the lines of my taste, which is very different."

For example, Lady Dottie and the Diamonds.

"When they were just starting out and you'd walk into the Tower bar, it felt like the real deal. It was a special thing to be around that music." The result, he says, is that her blues became an unlikely hit with the indie-rock crowd, and he's okay with that.

The Escovedo surname represents a small dynasty of music-industry eclecticism. Was Mario Escovedo's music career a given?

"No. Actually, there was pressure for me to not go into music," he says. He got a late start. He didn't buy his first

guitar until he was in college. And after the Dragons — his most successful band — was finished, so was he. Escovedo



REQUIEMME NO REQUIEM FOR ESCOVEDO

sold his amp and guitar and with the exception of a few reunion shows, he hasn't performed since.

"Now," he says, "I get something back out of seeing musicians further themselves." He still works a day job as an assignment editor for KFMB-TV news, a position he's held for 24 years.

"I get off work at 3 p.m., and I go to work on Requiemme." Escovedo works alone out of his house and says he logs 18- to 20-hour work days.

"It's something that started out as an idea of helping Sami in Mad Juana, to picking up [more] bands and getting to where I'm now doing bookings."

Requiemme's artists will be showcased this coming March at the annual South by Southwest music-industry conference.

— Dave Good

### CONTRIBUTORS

William Crain, Dave Good, Larry Harmon, Ken Leighton, Bart Mendoza, Jay Allen Sanford, David Stampone

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# club crawler

## This Week In Music

### Thursday 25

Down with *Liberty*, Up with *Chains*. D.C. artiste and internet talk-show host Ian Svenonius's **Chain and the Gang** will do time at Casbah tonight. Svenonius (Nation of Ulysses) is an interesting cat, and this is interesting stuff, like angst (your angst, not his) beat poetry over loose grooves and cocktail jazz. If his far-left socio-politicking gives you pause, his tunes will goose your bum-bum. Austin's rural garage-rockers **Strange Boys** and our own "dunk nasty" trio **Heavy Hawaii** weigh in first. Word: this is one of them don't-miss-a-lick, smoke-only-between-sets shows.... The best of the rest: the "Hawaiian Hendrix," **Willie K**, hits Belly Up with **Joe Cano** and **Avi Ronen**. "Willie K moves easily from screaming Stratocaster to sweet slack key." *Shaka, brah!*... Barroom rockers **Little Fowl** and emergent trio **Scales** split a double bill at Bar Pink. Caught Scales at Tin Can last week and the buzz iz on. One word, though: fuckinearplugs.... Need some "Sex, Hugs & Rock 'n' Roll"? Ramonesian trio the **Touchies** will give it up at Soda Bar with Mexi glam-pop peeps the **Deep Ones** and El Paso punkies **Ralpheene**....



CHAIN AND THE GANG AT CASBAH

English guitarist-songsmith **Dave Mason** ("We Just Disagree") checks into Anthology for two nights. Mason broke with Traffic in the late '60s. He's 63 now and still working the world.... Emo poster boy Chris Carrabba and his Boca band **Dashboard Confessional** roll into House of Blues with NorCal piano-pop act **Ives the Band**.

### Friday 26

Acrobatic bluesman **Guitar Shorty** brings his thing to Humphrey's Backstage Friday night. The 70-year-old Texan's the real deal. Get your hands on Shout! Factory catchall *The Best of Guitar Shorty: The Long and Short of It* for the proof and the puddin'. Shorty shuffles and wails and will throw in a stage flip or two for good measure. Great room to see a show, too.... Or go get punk'd

at Casbah by the **Adolescents**. Culled from the remains of Social D. and Agent Orange, these Fullerton skate rats have been working it on and off since 1980, joining punk revivalists such as Black Flag and Minor Threat on the hardcore front. Unlike those two bands, though, the Adolescents got a record coming out this year. **Youth Brigade** and ex-Atoms act the **Watusis** will set the stage.... Whistle Stop has a fun-filled bill with odd-pop acts **Rafter** and **Lion Cut** and disco-pop diva Lizeth Santos's **Smile Now Cry Later**.... Celebrate what would've been Johnny Cash's 78th birthday bash at Belly Up with the best Cash trib act I've ever seen, **Cash'd Out**. Country skunks **Pushin Rope** and **Off the Wagon** will set the Solana Beach stage.... Ché Café's got some eclectic folkie poppy rocky players with **Vision of a Dying World**, **Miss Erika Davies**, **Greg Page**, and **Logan Green**.... And **Red Tiger** chases **Wirepony** into Bar Pink.

GUITAR SHORTY AT HUMPHREY'S

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### Saturday 27

Pop-poet Brooklynite **Pepi Ginsberg**'s got multiple personalities that swing from Suzanne Vega to Tom Waits. She's dubbed her new one, *East Is East*, "psychedelic deer piss." Mmm...drink up, it's out now on Park the Van Records. She's sharing the Soda with Silverlake indie-pop duo **Pepper Rabbit**.... **Billy Midnight** will play Belly Up Saturday night. Finally caught this quartet a couple weeks back and kick myself for all the missed opportunities. So, playing catch-up with the Shaddox bros. and co., if you like the folk-rock of old REM and the ram-shackle-pop of '60s throwbacks like Dr. Dog (speaking of Park the Van), do yourself a favor. They'll set the stage for the equally easy **Or, the Whale** and headliners the **Mother Hips**.... Else: L.A. indies **Moving Units** join **Dabbers** and **Beaters** at Casbah....Soma stages several ska akts, with the **Toasters**, **Los Kung Fu Monkeys**, the **Fabulous Rudies**, **Bucket of Fish**, and them damn fine **Mayors of SexyTown**...while **Hot**



PEPI GINSBERG AT SODA BAR

**Moon** (ex Grand Ol' Party), the **Watusis**, **Reverse Cowboys**, **Dream Boat**, and **Space Nature** fill a bill at the Ché.

### Sunday 28

Singer, drummer, guitarist **Scout Niblett** finds Bar Pink Sunday night. The English indie hit signed to Drag City for this year's *Calcination of Scout Niblett*, another yummy Albini-produced slow-dancer. With our own folksy experimentalists



SCOUT NIBLETT AT BAR PINK

**Manuok**, these are the sets to get to, Sunday-nights.... YouTube success story and jazzy throw-back **Zee Avi** appears at the Loft at UCSD. Avi is a Malaysian national with a heart-of-America timbre in her voice, coming off like a '50s starlet or a Brill Building songstress. Get to her Space for a taste of "Bitter Heart" or "Honey Bee" or, hell, any of them. Ditty Bops fans should take note.... Across campus, underground goddesses Marcia Bassett (**Zaimph**) and Christelle Gualdi (**Stellar OM Source**) will drone the Ché Café with ex-Skaters **Pacific City Nightlife Vision Band**.... Around town real quick, there's one of them 94/9 freebie taco shows at Casbah, featuring bar bands the **Scream in YeeHaws**, the **Farmers**, the **Fooks**, and **Behind the Wagon**...Door man **Ray Manzarek** keys up at Anthology...and '80s glam-metal band **W.A.S.P.** lands on 4th&B.

### Monday 1

Jason Stollsteimer (he's the Von Bondie who got his face pummeled by Jack White that time) has a new group called **Hounds Below** that hits Casbah's Anti-Monday meet-up this week. Checking out their Space page ([myspace.com/thehoundsbelow](http://myspace.com/thehoundsbelow)), sounds like Roy Orbison fronting Arcade Fire. Kinda

cool, actually. L.A.-via-Oslo alt-rockers **Bigbang** go off first.

### Tuesday 2

Denton, TX, quintet **Midlake** had a run behind '06 crit-hit *The Trials of Van Occupanther* for its ambitious psych-folk bent. This year, those same indie critics are Pitch-slapping the act for turning up the folk and turning down the psych. I'm opinionless on this one (I never "got" the jazz over *Occupanther*), so go get your own. They play Belly Up with their hometown tourmates **Matthew and the Arrogant Sea**, who sound interesting, if a bit whimsical. Measure your head against "Pretty Purple Top Hat" at [myspace.com/matthewandthearrogantsea](http://myspace.com/matthewandthearrogantsea).... Doom-metal supergroup **Shrinebuilder** (feat. members of Om, Neurosis, Melvins, and Saint Vitus) and **Storm of Light** shine on Casbah Tuesday night.... Popular Southern rockers the **Zac Brown Band** will kick off their U.S. tour at the Sports Arena. The "Chicken Fried" Atlanta band just got a Grammy for Best New Artist in the country cat. They have, like, a bazillion hits, and I swear I have never heard of these dudes.

### Wednesday 3

Former Soul Coughing front man **Mike Doughty** will play the solo set to get to Wednesday night at Anthology. Mike's a New Yawk poet with a cool baritone croon and a knack for strumming one good hook after another. "You Should Be Doubly Gratiified," says he.... But if you're looking for the humpty this hump night, Nawlins' nothing-but-fun funk-n-jazz dance band **Galactic** will spin out at Belly Up. These Anti-artists kill the club every time. They're out to tout fresh-off-the-press *Ya Ka May*.... Kansas post-rock quartet **Appleseed Cast** plays Casbah behind their seventh, *Sagarmatha*, which, with a new rhythm section, is said to be less song-oriented, more glacial flow. Chit-town gazers **Dreamend** will set the sonic table.... If you're out at the Riviera for your vittles, step into the supper club's Turquoise Room for honky-tonk digestifs from **Rio Peligroso**. If you can name more than a couple of their covers, Michael will buy you a drink.



MIKE DOUGHTY AT ANTHOLOGY

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# The Color and the Fast Notes

*"I travel weekly to New York to study voice with...a faculty member at Juilliard."*

**T**wenty-year-old coloratura soprano Alize Rozsnyai has been singing since age two, graduating early from Rancho Bernardo High School in 2006 with an album entitled *Sweet Sixteen* already under her belt.

"I still live in San Diego," says Rozsnyai, "which is my family's home, while pursuing a bachelor's of music in voice performance at the Curtis Institute of Music in Philadelphia, where I'm a junior. I also travel weekly to New York to study voice with W. Stephen Smith, a faculty member at Juilliard."

"In general, the gist of the opera singer's education is as follows, though each singer's path is different: undergrad degree in music, grad degree in music, enter a young-artist program with a regional opera company and get to know professionals and sing small roles, get noticed, sing in small opera houses, get a manager or win competitions in order to get a manager, and it just keeps building from there...."

"In the opera world," explains Rozsnyai, "a coloratura singer is one who is able to sing many fast notes, such as scales, arpeggiations, and ornamentation. Sometimes these are written in by the composer, and sometimes the artist will invent embellishments themselves."

"A coloratura is therefore a soprano who deals with these sorts of passages but also generally has a higher range than most sopranos, which extends as high as an F above high C. Most other types of sopranos will have high C as the highest in their performed repertoire."

A classic example of a coloratura soprano role is the Queen of the Night in Mozart's *Magic Flute*.

Rozsnyai mentions that she used to be known as Alyze, though, "I changed the spelling of my first name in the fourth grade to be different from my mom Alyze. Around then I started getting my own mail and payments from when I was in a play at the Old Globe Theatre."

Rozsnyai's late father Zoltén Rozsnyai was the music director of the San Diego Symphony from 1967 to 1971.

## WHAT'S IN YOUR CD PLAYER?

1. Oriental Music Ensemble, *Emm el Khilkhal*. "The music is soothing, and it's great to listen to the exotic instrumentation."

2. Edith Piaf, *The Voice of the Sparrow*. "The upbeat nature of the song 'Milord' puts me in a good mood before an audition. The lyrics refer to God as a friend you would help out, just walking on the street."

3. "On a more general basis, lately I've enjoyed listening to Beirut, Venus Hum, Rufus Wainwright, Radiohead, IAMX, and Joanna Newsom."

## MUST-HAVE DVDs?

1. *The Labyrinth*. "From 1986, by Jim Henson and with David Bowie as the Goblin King."

2. *Beverly Sills: Made in America*. "A biographical DVD about the soprano, with old home movies."

## FAVORITE QUOTE?

"Fear is in the eye of the beholder. I really think this is true. Whether or not your dreams can be accomplished is all up to you and how you interpret your obstacles. Even if you must fool yourself into thinking something is not as scary as it really is."

## WHAT'S SCARIER — SPIDERS OR MICE?

"I welcome them all into my apartment, as long as they maintain their living space apart from my food preparation. Animals had their homes here first."

## FINISH THIS SENTENCE: "IF I COULDN'T SING..."

"...I would definitely be a dancer."

## READ ANY GOOD BOOKS LATELY?

"I recommend *Dinotopia* by James Gurney to anyone, though it's found in the juvenile literature section. The illustrations are fantastic, and the principles can be applied to our own lives and how we treat each other and our environ-



Alize Rozsnyai listens to Beirut, Venus Hum, Rufus Wainwright, Radiohead, IAMX, and Joanna Newsom

ment, even though there aren't any dinosaurs around today."

## FAVORITE OPERA ROLE?

"I enjoy portraying Marie from *La Fille du Régiment* by Donizetti because the story concerns a girl who is raised by an entire regiment of soldiers in France, and she's practically a soldier herself, in every sense of the word. So many things about this opera are incredibly hilarious, if really played on."

## MOST DIFFICULT ROLE?

"Any piece that I can't connect to dramatically, when not enough information is given, or when the character is very one-dimensional and does not evolve during the plot. It makes it tough to find ways to bring meaning to the piece."

## MAGAZINE SUBSCRIPTIONS?

"I have a stack of every issue of *Opera News* from the past two years under my coffee table. I'm also just beginning a subscription of *Scientific American Mind*."

## MOST-VISITED WEBSITES?

1. *Google.com*. "Everything can be found there, including my mail."

2. *YAPTracker.com*. "The Young Artist Program Tracker is where most every summer program, main-stage opera audition, and scholarship competition posting can be found and organized in a nifty calendar."

3. *Pandora.com*. "A useful internet-radio-streaming utility."

4. *Craigslist.org*. "I think taking advantage of barter within the community is a great idea, rather than always getting things brand new."

5. *Facebook.com*. "I've wanted to delete it many times, but it's a great tool for keeping in contact with fellow opera singers I've met along the way."

## THREE THINGS WE DON'T KNOW ABOUT ALIZE ROZSNYAI?

1. "I really enjoy playing and experimenting with different instruments in my free time. I just received a theremin and a lap harp for Christmas, and I also have a banjo, though the day when I actually might play these in public might not come for a while."

2. "I have a beloved cat named Zeke that I found in a Target parking lot, whom I take with me on airplanes and to and from school."

3. "I have definite plans to live in a tree house that I've already made drawings of, and I'm working on a model of it." ■

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3/18 :: SICK PUPPIES  
3/19, 3/20 & 3/21 :: BAD RELIGION

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3/28 :: HAMMERFALL  
3/31 :: STEEL PANTHER  
4/1 :: ALKALINE TRO  
4/3 :: JONATHAN TYLER & THE NORTHERN LIGHTS-SALVATION ALLEY STAGE-FREE SHOW!

4/7 :: FIVE FOR FIGHTING  
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## Calendar MUSIC SCENE

Classical listings can be found in the Classical Music Guide. Music videos, driving directions, maps, event alerts, coupons, and more available online at [SanDiegoReader.com](http://SanDiegoReader.com).

**HOW TO SUBMIT A MUSIC LISTING:** Call 619-235-3000 x405, night or day by 5pm Friday, the week prior to publication. To send weekly or monthly schedules, fax to 619-231-0489 or mail to Reader Music Scene, P.O. Box 85803, San Diego, CA 92186. You may also submit information online at [SanDiegoReader.com](http://SanDiegoReader.com) by clicking on the music section.

### THIS WEEK'S SHOWS

**4th&B:** 345 B St., Downtown, 619-231-4343.  
Friday — Scarface. Hip-hop.  
Saturday, 8pm — Hot for Teacher. Rock.  
Sunday — W.A.S.P. Metal/rock.

**Anthology:** 1337 India St., Little Italy, 619-595-0300.  
Thursday, 7:30pm — Dave Mason. Folk/pop/rock. \$48.  
Friday, 7:30pm — Dave Mason. Folk/pop/rock. \$48. 10pm — Indie Fest Preview. With Veronica May, DLP, Collective Purpose, and Nomis. Rock. \$10.  
Saturday, 7:30pm — Acoustic Alchemy. Additional 9:30 pm show. Contemporary jazz. \$14-\$38.

Sunday, 7:30pm — Ray Manzarek. Blues/rock. \$28.  
Wednesday, 7:30pm — Mike Doughty. Acoustic/rock/soul.

**Athenaeum Music and Arts Library:** 1008 Wall St., La Jolla, 858-454-5872.  
Thursday, 7:30pm — The Eric Vloeimans Trio. One of Europe's leading jazz groups. \$19-\$24.

**Balboa Theatre:** 868 Fourth Ave., Downtown, 619-570-1100.  
Sunday, 7pm — David Garrett. Jazz/pop. \$32-\$42.

**Bar Leucadian:** 1542 N. Coast Hwy. 101, Leucadia, 760-753-2094.  
Friday, 9pm — Manic Diffusion. With the Chimpz and SO3. Funk/hip-hop/rock. Free.

**Bar Pink:** 3829 30th St., North Park, 619-564-7194.  
Thursday — Scales. With Little Fowl and DJ bAdAndy. Indie rock/alternative.

**Beaumont's:** 5662 La Jolla Bl., La Jolla, 858-459-0474.  
Thursday, 9pm — Jimmy Lewis. Acoustic. Free.  
Friday, 9pm — Mark Fisher. Acoustic/covers/rock. Free.  
Saturday, 9:30pm — Plato Soul. Blues/soul/covers. Free.

**Belly Up Tavern:** 143 South Cedros Ave., Solana Beach, 858-481-8140.  
Thursday, 8pm — Willie K. With Joe Cano and Avi Ronen. Guitar virtuoso. \$20-\$22.  
Friday, 9pm — Johnny Cash Birthday Party. With Cash'd Out, Pushin Rope, Off the Wagon, and DJ Gonzo. \$15-\$17.  
Saturday, 9pm — The Mother Hips. With the Whale and Billy



Tegan and Sara, March 3, Copley Symphony Hall

Midnight. Rock, blues. \$16-\$18.  
Sunday, 8pm — Raul Malo. With Nena Anderson. Country/acoustic/Latin. \$22-\$24.  
Tuesday, 9pm — Midlake. With Matthew and the Arrogant Sea. Indie/rock. \$13-\$15.  
Wednesday, 9pm — Galactic. Featuring Cyril Neville. Funk/jazz. \$25.

**Birch North Park Theatre:** 2891 University Ave., North Park, 619-239-8836.  
Saturday — Arturo Sandoval. Jazz.

Wednesday, 7pm — Jazz in North Park. The Carmen Bradford Quartet featuring Gary Motley. \$27.

**BlueFire Grill:** 2100 Costa del Mar Rd., Carlsbad, 800-854-5000.  
Thursday, 6pm — David Patrone. With Sky Ladd and Grant Clarkson. Jazz/lounge.

**Boar Cross'n:** 390 Grand Ave., Carlsbad, 760-729-2989.  
Sunday — Irideside & Sound System. Rock/hip-hop/reggae.

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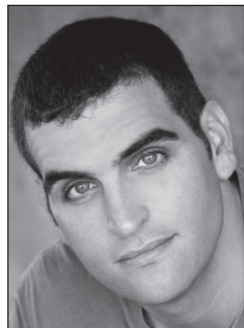
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- Wed, March 10
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**Brick by Brick:** 1130 Buenos Ave., Linda Vista, 619-275-5483. *Saturday*, 8pm — Despite the Wolves. With Obsidian, Instinct of Aggression. Metal/rock. \$8. *Sunday* — Slow Burning Car. With Cyanide Vogue. Rock. *Wednesday*, 7:30pm — Caustic Felon, Open Wound, Raz(z)ner, Remains Forgotten. Metal/rock. \$10.

**The Broken Pinata:** 1221 Broadway, El Cajon, 619-447-5665. *Saturday*, 9pm — Dannicus Live. Acoustic/punk/hardcore.

**Capri Blu:** 10436 Craftsman Way Suite 120, Rancho Bernardo, 858-673-5100. *Friday*, 7pm — Keith Jacobson. Jazz saxophone. Free.

**The Casbah:** 2501 Kettner Bl., Little Italy, 619-232-4355. *Thursday* — Chain and the Gang. With Strange Boys and Heavy Hawaii. Rock. \$12-\$14. *Friday* — The Adolescents. With Youth Brigade and the Watusi's. Alternative/rock. \$18. *Saturday* — Moving Units. With the Dabbers and the Beaters. Rock. \$10-\$12. *Sunday* — The Screamin' Yeehaws. CD-release party. With the Farmers, Behind the Wagon, and the Fooks. Free. *Monday*, 9pm — The Hounds Below. With Big Bang. Alternative/rock/pop. \$7. *Tuesday* — Shrinebuilder. Metal/rock. \$15. *Wednesday* — The Appleseed Cast. Indie/rock. \$10-\$12.

**Chateau Orleans:** 926 Turquoise St., Pacific Beach, 858-488-6744.

*Friday*, 6:30pm — Robin Henkel. Blues/soul. Free.

**Cheers:** 2475 Main St., Ramona, 760-789-0270. *Friday*, 9pm, *Saturday*, 9pm — Myron and the Kynptionz. Blues/soul/rock. Free.

**Cheers & Beers:** 8043 Winter Gardens Bl., El Cajon, 619-561-3494.

*Friday*, 8:45pm — Yabutifida. Garage rock/punk. Free.

**Ché Café:** 9500 Gilman Dr., UCSD, 858-534-2311. *Saturday*, 7:30pm — Hot Moon (formerly Grand Ole Party). With Reverse Cowboys, Space Nature, and Dream Boat. \$5.

**Copley Symphony Hall:** 750 B St., Downtown, 619-235-0804. *Wednesday*, 8pm — Tegan and Sara. Indie/pop/rock.

**The Coyote Bar & Grill:** 300 Carlsbad Village Dr., Carlsbad, 760-729-4695. *Thursday*, 6pm — Missy Andersen. Blues/soul/funk. *Friday* — Clay Colton & the Bad Blokes. With DJ Gary B. Acoustic rock. *Saturday*, 6pm — The Full Monty. Classic & modern rock. *Sunday*, 5pm — Billy Watson. Harmonica blues. *Wednesday*, 6pm — Johnny B. Blues. Blues.

**Dirk's Niteclub:** 7662 Broadway, Lemon Grove, 619-469-6344. *Friday*, 9pm, *Saturday*, 9pm — Serious Guise. Rock.

**Dizzy's:** Harbor Club Towers, Downtown, 858-270-7467. *Saturday*, 8pm — The Music of

# NOTE

BY WILLIAM CRAIN

**Usually, when a band plays one of their classic albums in its entirety,** it's to mark a tenth anniversary or something like that. And usually the question raised is, have they run out of new things to say? When the Appleseed Cast plays their *Low Level Owl: Volume I* and *Low Level Owl, Volume II* at the Casbah this week, it will raise a different question. Namely, how did we forget about these records?

The Appleseed Cast emerged from Lawrence, Kansas, in the late '90s, owing a big debt to Sunny Day Real Estate. But the *Owl* records, released in 2001, went off in a

new direction. Guitarists Christopher Crisci and Aaron Pillar created echoing masses of quiet, ambient sound for minutes at a time before drummer Josh Baruth would come crashing in with an amazing beat. Most of the albums were instrumental only, and when Crisci's voice showed up it would be buried in the mix. The results were moody, atmospheric records that completely absorbed you when you sat and listened. That may have been the problem, though — perhaps people don't have the time or attention span to get completely absorbed in albums anymore. *Pitchfork* gave the *Owl* albums rave reviews upon their release but neglected to include them in its best-of-2001 list, not to mention their best-of-the-decade list.

The Appleseed Cast went through some lineup changes and some stylistic adjustments in the intervening years. But last year's



APPLESEED CAST

*Sagarmatha* showed that the latest incarnation of the band (Crisci and Pillar with Nate Whitman and John Momberg) is settling into a sound that's not far removed from the *Owl* days.

**APPLESEED CAST: The Casbah, Wednesday, March 3, 8:30 p.m. 619-232-4355. \$10; \$12 day of show.**

Larry Zeiger. CD-release event. Jazz. \$15.

**Downtown Café:** 182 E. Main St., El Cajon, 619-440-5687. *Sunday*, 2:30pm — Chet and the Committee. Open blues jam. Free.

**El Cajon Grand:** 351 W. Main St., El Cajon, 619-444-0949. *Friday*, 10pm — The Iron Maidens. Female Iron Maiden tribute band. \$15.

*Sunday*, 3pm — Barbwire. Country/covers/rock.

**Fannie's Nightclub:** 9143 Campo Rd., Spring Valley, 619-698-

2204. *Friday*, 9pm — American Maniacs & Guests. Metal/hardcore. *Saturday*, 9pm — Wickhauser. Rock.

**Fenway's Sports Bar & Grill:** 1814 Marron Rd., Carlsbad, 760-720-4300. *Saturday*, 8pm — Fleetwood Max. Fleetwood Mac tribute band. Rock. Free.

**Fixtures Visions for Living:** 9340 Dowdy Dr., Miramar, 858-966-3600. *Thursday*, 6:30pm — Selasee.

African drums, harmonicas, guitars mixed with Western sounds such as brass bands, hymns, European fox-trots, more. World.

**Gallagher's Pub & Grill:** 5046 Newport Ave., Ocean Beach, 619-222-5300. *Saturday*, 9pm — The Ambassador. Blues/soul, reggae/ska, rock. Free.

**Harrah's Rincón:** 777 Harrah's Rincón Way, Valley Center, 760-751-3100. *Friday*, 8pm — Diva Soul. Covers/pop/rock. *Saturday*, 8pm — Superfreaks.

With DJ Van from 11 pm to 2 am. Covers/pop.

**Hooleys Irish Pub & Grill (La Mesa):** 5500 Grossmont Center Dr., La Mesa, 619-713-6900. *Friday*, 9pm, *Saturday*, 9pm — Nemesis. Covers/pop/rock. Free.

**Hooleys Irish Pub & Grill (RSD):** 2955 Jamacha Rd., Rancho San Diego, 619-670-7468. *Friday*, 9pm — The Buzzbombs. Punk/rockabilly/surf. Free. *Saturday*, 9pm — All Liquored Up. Free.

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<p>FRIDAY • FEBRUARY 26</p> <p><b>ADOLESCENTS</b> <b>YOUTH BRIGADE</b> <b>THE WATUSIS</b></p>	<p>MONDAY • MARCH 1</p> <p>ANTI-MONDAY LEAGUE PRESENTS <b>THE FASCINATION</b> <b>THE HOUNDS BELOW</b> (JASON STOLLSTEIMER/VON BONDIES) <b>BIG BANG</b></p>	<p>SATURDAY • MARCH 6</p> <p><b>MIKE WATT AND</b> <b>THE MISSINGMEN</b> <b>THE HOT MOON</b> <b>RATS EYES</b></p>
<p>SATURDAY • FEBRUARY 27</p> <p><b>MOVING UNITS</b> <b>THE DABBERS</b> <b>BEATERS</b></p>	<p>TUESDAY • MARCH 2</p> <p><b>SHRINEBUILDER</b> <b>A STORM OF LIGHT</b> <b>ARCHONS</b></p>	<p>SUNDAY • MARCH 7</p> <p><b>ROCKY VOTOLATO</b> <b>ADAM H. STEPHENS</b></p>
<p>SUNDAY • FEBRUARY 28</p> <p>FM 94.9 AND THE LOCAL PYLE PRESENT A FREE SHOW DOORS 7 PM</p>	<p>WEDNESDAY • MARCH 3</p> <p><b>THE APPLESEED CAST</b> PERFORMING LOW LEVEL OWL VOL. 1 &amp; 2 <b>DREAMEND</b></p>	<p>MONDAY • MARCH 8</p> <p><b>LAURA VEIRS AND</b> <b>THE HALL OF FLAMES</b></p>
<p>THURSDAY • MARCH 4</p> <p><b>THE CLIENTELE</b> <b>THE WOODEN BIRDS</b> <b>TROPICAL DEPRESSION</b></p>	<p>TUESDAY • MARCH 9</p> <p><b>LIGHTS ON</b> <b>THE SO SO GLOS</b> <b>SUNDAY TIMES</b></p>	<p>WEDNESDAY • MARCH 10</p> <p><b>THE SILENT COMEDY</b> <b>TRANSFER</b> <b>MATA LEON</b></p>
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**House of Blues:** 1055 Fifth Ave., Downtown, 619-299-2583. *Thursday*, 8pm — Dashboard Confessional. Indie-rock/ alternative. \$22-\$25. *Sunday*, 8pm — George Thorogood & the Destroyers. Rock. \$35-\$57.

**Humphrey's Backstage Music Club:** 2241 Shelter Island Dr., Point Loma, 619-224-3577. *Thursday*, 8pm — The Insomniacs. Blues. \$7. *Friday*, 9:30pm — Guitar Shorty. Blues. \$12. *Saturday*, 9:30pm — Zac Harmon. Blues.

**Java Joe's at Café Libertalia:** 3834 Fifth Ave., Hillcrest, 619-299-9360. *Thursday*, 8pm — Rob Dee. With Megan Maples. Acoustic. \$5. *Friday*, 8pm — The Smart Brothers and Gregory Page. Acoustic/ blues/soul. \$5. *Saturday*, 8pm — Happy Ron. With the Scott West Band, the Winchester Friendlies, and Bianca Paris.

**The Kraken:** 2531 South Highway 101, Cardiff, 760-436-6483. *Thursday* — Althea & Co. With Danny DiCarlo. Free.

**The Lake Wohlford Café:** 25484 Lake Wohlford Rd., Escondido, 760-749-6585. *Saturday*, 8pm — Bad Landing. Rock.

**Last Call:** 4977 El Cajon Bl., City Heights, 619-287-9505. *Wednesday*, 9pm — Taters Invaders. Blues/funk/jazz. Free.

**Lestat's Coffee House:** 3343 Adams Ave., Normal Heights, 619-

282-0437. *Sunday*, 8pm — The Robin Henkel Band. Blues/soul, funk, jazz. \$8.

**The Loft:** 9500 Gilman Dr., UCSD, 858-534-8497. *Sunday*, 8:30pm — Zee Avi. Acoustic. \$12.

**The Marble Room:** 535 Fifth Ave., Downtown, 619-702-5595. *Thursday*, 8pm — The Rick James Trio. Jazz. Free.

**McP's Irish Pub and Grill:** 1107 Orange Ave., Coronado, 619-435-5280. *Thursday* — Harmony Road. *Friday* — The Offbeats. Covers/standards/rock. *Saturday* — 4-Way Street. Rock.

**The Metaphor Café:** 258 East 2nd Ave., Escondido, 760-747-1882. *Sunday*, 4pm — Chasing Claymores. With Primitive Notion, Raion, Apollo and Lacuna, Amigo, and Nightmare's Riot. Acoustic/ alternative/rock.

**Molly Malone's:** 1270 Main St., Ramona, 760-789-9050. *Friday*, 9pm — Johnny Favorite. Rock. *Saturday*, 9pm — Lexington Field. Acoustic/pop/world.

**Moxie at Rolando Theatre:** 6663 El Cajon Bl., Suite N, College Area, 858-598-7620. *Thursday*, 8pm — The Mercedes Moore Blues Band. \$5-\$10.

**New Village Arts Theatre:** 2787 B State St., Carlsbad, 760-433-3245. *Sunday*, 7:30pm — Nathan James & Susanna Kurner. Blues/soul/jazz. \$12-\$15.

# NOTE

BY DAVE GOOD

**The Mother Hips can sound a bit like the Eagles or the Byrds** or even as psych-rock as Wilco. There are these nice, occasional arena-rock riffs, scaled way down to club size, and now and then some Beach Boys seep through the everyman's bedrock of the Mother Hips' sound.

I know this description appears headed toward the warm beer-and-a-shot glaze of blue-collar classic rock, but no. The Hips do their own liberal thing. Their songs are weighty moments that lodge in your memory, unlike the use-once-and-dispose-of sound that has overtaken much of the rest of indie rock. Solid, engaging recordings and lots of touring has earned them fans and gained the band criti-

cal acclaim. They didn't get much in the way of radio play, but documentaries have been made about them. The problem is that they went on a long vacation right after they released what critics applauded as their best album, 2002's *Green Hills of Earth*, and they stayed gone for about four years.

The Mother Hips formed while in college in the Bay Area. They were in the right place at the right time: they reached an audience that bought their self-released product and attended their shows in large numbers. They have had a few major record deals in their time but seemed to do better when left to run their own show. That makes them a true indie-rock band, at least in spirit.

The loyal fan base they left behind was still waiting when they returned and began writing, recording, and touring again. *Pacific Dust*, a



**MOTHER HIPPS**

continuation of their steady progression from country rock to roots rock, was released in the fall of last year. They may be the most famous California band that was never really famous.

**Or, the Whale** and **Billy Midnight** also perform.

**MOTHER HIPPS: Belly Up, Saturday, February 27, 9 p.m. 858-481-8140. \$16; \$18 day of show.**

**O'Connells Pub and Nightclub:** 1310 Morena Bl., Linda Vista, 619-276-5637. *Friday* — Viva Hate. With Hard Fall Hearts, the Embalmers, the Loaded, and the Frightners.

**O'Sullivan's Irish Pub of Carlsbad:** 640 Grand Ave., Carlsbad, 760-729-4072. *Friday*, 9pm — Lexington Field. Acoustic/punk/world. Free.

**Ocean House:** 300 Carlsbad Village Dr., Carlsbad, 760-729-4131. *Friday*, 9pm — Stars on the Water.

Classic rock. With DJ Grim spinning Top 40 and hip-hop in the big room. Free before 10pm.

**Onyx/Thin:** 852 Fifth Ave., Downtown, 619-235-6699. *Thursday*, 9:30pm — The Jon Goodhue Band. Rock. *Friday*, 10pm — The Red Not Chili Peppers. Alternative/rock/covers.

**Pala Casino:** 35008 Pala Temecula Rd., Pala, 877-946-7252. *Friday*, 9pm — Pop Vinyl. Dance/pop/Top 40. Free.

**Patrick's II:** 428 F St., Downtown, 619-233-3077. *Thursday*, *Friday* — Papa's Garage. Blues. *Saturday*, 9pm — Family Style. Blues/rock. *Sunday*, 9pm — The Bayou Brothers. Zydeco/blues/R&B.

**Queen Bee's Art and Cultural Center:** 3925 Ohio St., North Park, 619-255-5147. *Saturday*, 8pm — Rob Dee. With the Hinges. Acoustic. \$5.

**RT's Longboard Grill:** 1466 Garnet Ave., Pacific Beach, 858-

270-4030. *Thursday*, 9pm — The Pheromones. Blues/rock/soul. *Friday*, 9pm — Helicopter. Rock. *Saturday*, 9pm — The Pheromones. Blues/rock/soul.

**Radio Room:** 3519 El Cajon Bl., Normal Heights, 619-284-3323. *Tuesday*, 9pm — Spot. Acoustic/ rock. \$3.

**Ramada Inn:** 5550 Kearny Mesa Rd., Kearny Mesa, 619-596-9777. *Friday*, 9pm — Wild Rumour. '80s rock in the Lisbon Room.

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**Friday, Feb. 26 – Scarface (show postponed) Free Hip-Hop Show**  
**Friday, Mar. 12 – E-40**

**Sat., Mar. 13 – Comedy Show: Tommy Chunn & D'Militant • \$5 @ door**  
**Friday, Mar. 19 – Big Boi of Outkast**

**Wednesday, Mar. 24 – Hank Williams III & Assjack**

**Saturday, Mar. 20 – Event Vibe Presents ATB**

**Friday, Mar. 26 – Andre Nickatina**

**Saturday, Mar. 27 – Air • Friday, Apr. 2 – MMA Fight**

**Saturday, Apr. 3 – Sprung Monkey & Mower**

**Tuesday, Apr. 6 – San Diego Electronic Music Awards**

**Wednesday, Apr. 7 – The American-Nigz Indian Comedy Slam**

**Friday, Apr. 9 – Firehouse**



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**Sat. 27th** Rock  
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**Thur. 2/25** Jägermeister Presents  
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**Fri. 2/26** **OCEAN BEACH COMEDY** with  
**ERIK MARTIN**  
TONIGHT: National Touring So-Cal Dub Reggae  
**TOMORROW'S BAD SEEDS**  
**RICEROKIT**

**Sat. 2/27** Live Electronic and Dubstep  
Featuring members of String Cheese Incident  
**EOTO**

**Sun. 2/28** 7-9 PM:  
**The Matt Cook Show**  
Ocean Beach's first live TV show  
TONIGHT **OB•O•KE**  
HOSTED BY **JOSÉ SINATRA**  
\$2 drinks 9 pm to close

**Mon. 3/1** 6-8:30 PM:  
Open Mic hosted by **Drunk Poets Society**  
An evening of music from the Grateful Dead

**Tues. 3/2** 6-9 PM:  
**Think 'N' Drink Trivia**  
Funlung Records Presents  
Punk Rock  
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**Wed. 3/3** 4-8 PM: **Dub Master Cue**  
meets **Selismic Levelers**  
TONIGHT: Reggae  
**PSYDECAR**

**UPCOMING:**  
3/4: Cash Only (An Evening of Johnny Cash)  
3/13: Ocean Beats  
3/17: St. Patty's Day No Cover Party

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SUNDAY 3/7 • 8 PM

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MIKE PINTO  
TOMMY DUBS  
FRIDAY 3/12 • 9 PM

**KARL DENSON'S TINY UNIVERSE**

DELTA NOVE  
SATURDAY 3/13 • 9 PM

**SOL E MAR FUNKY SAMBA PARTY**

SUNDAY 3/14 • 8 PM

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4/25 Steve Kimmock Crazy Engine feat. Melvin Seals  
4/28 John Mayall  
7/6 Femi Kuti

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2/28 The Shells at 4:30 PM  
3/7 Laugh for Recovery at 3 PM  
3/14 Backwater Blues Band at 4 PM

**HAPPY HOURS 5:30 PM**

2/26 Los Chicarrones Guapos  
3/5 Atomic Groove **\$5**

**Upcoming shows:**

3/19 Junior Reid w/Andrew and Wada Blood and the One Blood Band  
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3/25 Devendra Banhart and the Grogs  
3/26 Boogie Nights—Danger Kitty  
3/27 Tainted Love—80's Party  
3/28 BLUSD Matinee w/The Smokin' Knights  
3/28 Salsa Sunday  
3/30 The Neal Schon Band (of Journey)  
4/3 Dead Man's Party (Oingo Boingo Tribute)

4/7 MAD HOUSE presents Buddy Akai, DJ Gabe Vega  
4/9 40 Oz. to Freedom  
4/10 Super Diamond  
4/11 Patty Griffin  
4/14 Cheap Trick  
4/19 The Temper Trap  
4/21 John Brown's Body & Toubab Krewe  
4/22 Nanci Griffith  
4/23 Stepping Feet  
Dave Matthews Band Tribute  
4/27 Rogue Wave  
4/30 & 5/1 Dark Star Orchestra

5/6 Martin Sexton  
5/7 Stanton Moore Trio with Anders Osborne and Robert Walter  
5/13 & 5/14 Groundation  
5/15 CSI:NY's Gary Sinise & Lt. Dan Band  
5/17 Midnite  
5/23 Kaki King  
5/24 Nada Surf  
5/25 Shelby Lynne  
6/27 Sharon Jones and the Dap-Kings

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*Friday*, 7pm — Sadistic Intent. With Coffin Texts, Ritual Torture, Ruines ov Abaddon, Phantasm, and Sergulath. Metal.  
*Saturday*, 7pm — Erik Anarchy. With We Are the Arsenal, Stereo Summer, Love Beats War, Weston Buck, and Don't Say Vegas. Punk/metal.

**Ruby Room:** 1271 University Ave., Hillcrest, 619-299-7372.  
*Thursday*, 8pm — Napoleon Complex. With the Trolley Station and the Displaced. Rock.  
*Saturday*, 8pm — Key Hole Caberet with Lady Borgia. Burlesque. \$5.  
*Sunday*, 8pm — Singer-Songwriter Night. Hosted by Dave Booda.  
*Wednesday*, 8pm — The Tigten Ups.

**San Diego Sports Arena:** 3500 Sports Arena BL, Midway District, 619-224-4171.  
*Tuesday*, 7pm — The Zac Brown Band. Country/alternative/rock. \$30-\$40.

**Santa Ysabel Resort & Casino:** 25575 Highway 79, Santa Ysabel, 760-787-0909.  
*Saturday*, 7pm — Steve Phillips and the Pescadero Pickers. Blues/country/rock. Free. 18 and up.

**Second Wind (Magnolia):** 8528 Magnolia Ave., Santee, 619-596-8350.  
*Thursday* — Eken Is Dead. With Industry, Interim Dive, and Dive Bomber. Metal/hardcore.

EVERYONE'S A CRITIC

Spoon: Transference

CD Review  
by Rollo Cabeza

Spoon started losing that choppy, melodic, bluesy swagger on their last album, *Ga Ga Ga Ga Ga*. The band lost the beat that dominated previous albums like *Kill The Moonlight*...the beat that made me slap the steering wheel while singing along in my car.

*Transference* has me convinced that the band is incapable of

returning to what they once were. What made Spoon so good was that up-tempo, unforgiving beat mixed with Britt Daniel's raspy vocals. The opening songs on *Transference* blend and get lost in a wall of reverb. Daniel sings instead of letting his gravelly voice pelt the listener through the speakers.

As the album progresses, there are moments when Spoon shows signs of its former self. Songs such as "Written in Reverse," "Got Nuffin," and "Out Go the Lights" are examples of the band finding their stride. "Goodnight Laura" shows that Daniel and Spoon can still switch it up from faster songs to ballads. *Transference* is good, not great, if you are dedicated to the band's earlier sound. It sure won't make you act like a fool driving down the freeway.



A swagless Spoon

Music Reviews from Our Readers

Nellie McKay: Normal as Blueberry Pie

CD Review  
by Andrew Hamlin

First off, how normal is blueberry pie?

Dwell on that awhile and get labile enough for a Doris Day tribute. Actually (here's where lability shall prove helpful), you don't need to know much about Doris Day to dig this disc. One open mind you'll need and at least a starting tolerance for swing

(the sound, not the Lindy-Hoppin' revivalist dancers — I had my doubts about them too). Ms. McKay plays eight different instruments and always knows where to put everything. She makes it look easy.

True, her immaculate sonic palette doesn't much hint at the perversity of her originals, which gargle any genre you could name from the Great American Songbook to on-the-one funk in the service of elaborate satire. Oh, yes, and almost everything in the booklet is about not eating or otherwise hurting animals (a cause dear to tributer and tributee alike). Then she calls out, "I'm feeling hot as Brian!" in the middle of "Crazy Rhythm." At least I think it's "I'm feeling hot as Brian!" You got a different idea, put your pie aside and let me know.



A Doris Day tribute

\$75 for your concert review, \$25 for your CD review. Submit at [SDReader/critic.com](mailto:SDReader/critic.com)

**Second Wind (Navajo):** 8515 Navajo Rd., San Carlos, 619-465-1730.  
*Thursday* — Steel Horse. With the Corey Wilkins Band.

**Soma:** 3350 Sports Arena BL, Midway District, 619-226-7662.  
*Saturday*, 6:30pm — The Toasters. With Los Kung Fu Monkeys and Bucket of Fish. Reggae/ska. \$12.

**Sunset Temple Theatre:** 3911 Kansas St., North Park.  
*Sunday*, 6pm — Jack "Mr. Bongo" Costanzo & His Orchestra. With

Storm, Afro, Rumba, & Viva Santana. Jazz/Latin/tejano.

**Tiki House:** 1152 Garnet Ave., Pacific Beach, 858-273-9734.  
*Saturday*, 9:30pm — The Nards. Rock.  
*Sunday* — Open Mic.

**Viejas Casino DreamCatcher Show Room:** 5000 Willows Rd., Alpine, 619-445-5400.  
*Sunday*, 4pm — Hot Rod Lincoln. Swing. Includes dance competition. Free.

**The Wagon Wheel:** 8861 Magnolia Ave., Santee, 619-448-8550.

*Friday*, 8pm, *Saturday*, 8pm — California Rangers. Country.

**Winstons:** 1921 Bacon St., Ocean Beach, 619-222-6822.  
*Thursday*, 9pm — Chimney Fish. With Full Blown Stone. Reggae/rock.  
*Friday*, 9pm — Tomorrow's Bad Seeds. With RiceRokit. Reggae/rock.

UPCOMING SHOWS

**4th&B:** 345 B St., Downtown, 619-231-4343.  
*March 26* — Andre Nickatina.  
*April 19* — Jeff Beck.  
*May 8* — Too Short.

**AMSConcerts:** 4650 Mansfield St., Normal Heights, 619-303-8176.  
*March 5* — Ellis Paul.  
*March 6* — Incendio.

*March 12* — Lucy Kaplansky.  
*March 13* — Berkley Hart.  
*April 10* — Jimmy Webb.  
*April 17* — Houston Jones.  
*April 26* — Rory Block.  
*May 1* — Neil Innes.  
*May 14* — Michael Chapdelaine.  
*June 17* — John Keawe.

**Anthology:** 1337 India St., Little Italy, 619-595-0300.  
*March 4* — Trevor Davis & Dr. Seahorse.  
*March 6* — Diane Schuur.  
*March 10* — Toad the Wet Sprocket.

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Reverse Cowgirl Junkie

Thursday, February 25

Steel Horse  
Cory Wilkins Band

Friday, February 26

Cameltones

Saturday, February 27

The Farmers

Monday, March 1

Karaoke

Tuesday, March 2

Acoustic  
Open Mic Night

Hosted by Austin Ross

Santee

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(Corner of Prospect & Magnolia)

Thursday, February 25

Eken Is Dead  
Industry  
Interim Divine  
Dive Bomber

Thursday, March 4

Cody Kirk  
Mojo

The Dread Crew  
of Oddwood  
Hellhound

Friday & Saturday, March 5 & 6

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Mar. 6

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104 San Diego Reader February 25, 2010



# EVERYONE'S A CRITIC

## Music Reviews from Our Readers

### Metal on Metal

Concert Review  
by Michael Caldwell

Anvil frontman Steve "Lips" Kudlow addressed the audience early in the set: "I just want to thank each and every one of you for being here and making our dreams come true." With a kind crowd response, the Canadian trio launched into the title track from their album *This Is Thirteen*. The track's plodding riff and slamming drums instigated the mass hoisting of index and pinkie fingers high above heads in the universal symbol for "Metal!" As the waves of the last cym-

bal crash washed over us, the crowd roared approval. The three men onstage looked overjoyed, if a bit shocked, at the response. It was a rock and roll moment. The energetic "Bombs Away" followed.

Later in the set, Kudlow fiddled with tuning his guitar, saying, "I hate loose g strings" and lifted his eyebrows to alert the audience of the double-entendre.

"Thumb Hang" lacked its swing, and the show was getting hung up as well. To the rescue came Robb Reiner with a solo that included each of his eight drums and as many cymbals. His bass drums made shock waves that rippled my sleeves.

The band played "Mad Dog," "Forged in Fire," and their standard "Metal on Metal" before bidding San Diego goodnight.

**Concert:** Anvil

**Date:** February 3

**Venue:** House of Blues

**Seats:** general



Shocked that they rocked HoB

### Sax in the Stacks

Concert Review  
by Tracy Ibarreta

In the spirit of Valentine's Day, tenor saxophone player Jessy J held a free concert at Borders in Carmel Mountain. The event was presented by smooth-jazz station 98.1 in support of the L.A. artist's sophomore album, *True Love*.

On-air personality Jay Weidenheimer served as emcee, providing family-friendly humor to the mostly middle-aged audience. The turnout was strong, with the majority of fans standing due to limited seating. I sat on the floor.

Jessy J pleased her fans by weaving and dancing through the crowd as she played her sensual songs, including breakthrough hit "Tequila Moon" and her current single, "Tropical Rain." Without a full band, she was backed by prerecorded tracks.

She charmed her listeners during a Q&A session, revealing tales of naming her first saxophone "Henry" when she was a kid, her USC days, diligently getting the attention of producer Paul Brown, and her previous saxophone getting split in half on the plane while on tour with Michael Bolton.

When asked if she came from a musical family, she replied, "My father is a great whistler!" Being a good sport, her father then whistled his rendition of "Tequila Moon."

**Concert:** Jessy J

**Show date:** February 8

**Venue:** Borders in Carmel Mountain

**Seats:** Front, seated on the floor



The tenor of smooth jazz at Borders

\$75 for your concert review, \$25 for your CD review. Submit at [SDReader@critic.com](mailto:SDReader@critic.com)

March 11 — Jon Seceda.  
March 12 — Andrew Strong.  
March 13 — Ladysmith Black Mambazo.  
March 16 — John Scofield.  
March 17 — Tribute to Cannonball

& Nat Adderly Jr.  
March 20 — Steve Tyrell.  
March 27 — The Sons of Champlin.  
April 1 — Beausoleil.  
April 23 — Benny Golson.  
April 30 — Raul Midon.

May 15 — Richie Havens.  
May 28 — The Average White Band.  
**Athenaeum Music and Arts Library:** 1008 Wall St., La Jolla, 858-454-5872.

March 8 — The Rob Thorsen Trio.  
March 22 — Danny Green.

**Athenaeum School of the Arts Studio:** 4441 Park Bl.,

Normal Heights.  
March 6 — Kate McGarry.

**Balboa Theatre:** 868 Fourth Ave., Downtown, 619-570-1100.

April 11 — Elvis Costello.  
April 21 — Monterey Jazz Festival.

**Bar Pink:** 3829 30th St., North Park, 619-564-7194.  
March 13 — Slow Club.

**Beauty Bar:** 4746 El Cajon Bl., Kensington-Talmadge, 619-516-4746.  
March 6 — Jamaican Ska, Rocksteady, and Reggae Showcase.

**Belly Up Tavern:** 143 South Cedros Ave., Solana Beach, 858-481-8140.  
March 4 — Shoreline Rootz.  
March 5 — Common Sense.  
March 6 — Pine Mountain Logs.  
March 7 — The Blind Boys of Alabama.  
March 9 — Stockholm Syndrome.  
March 10 — Trombone Shorty & Orleans Avenue.  
March 12 — One Drop.  
March 13 — Karl Denson's Tiny Universe.  
March 14 — Sol E Mar Funky Samba Party.  
March 17 — St. Patrick's Day Bash.  
March 18 — Michelle Shocked.  
March 19 — Junior Reid.  
March 20 — Wild Child.  
March 21 — Stephen Stills.  
March 25 — Devendra Banhart and the Groggs.  
March 26 — Boogie Nights.  
March 27 — Tainted Love.  
April 3 — Dead Man's Party (Oingo Boingo tribute band).  
April 7 — Buddy Akai.  
April 9 — 40 Oz. to Freedom.  
April 10 — Super Diamond.  
April 14 — Cheap Trick.  
April 21 — John Brown's Body.  
April 22 — Nanci Griffith.  
April 23 — Stepping Feet.  
April 27 — Rogue Wave.  
April 30 — The Dark Star Orchestra.

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JOHN LEGUIZAMO IN JOHN LEGUIZAMO'S *DIARY OF A MADMAN*, photo by Carol Rosegg.

Adult content and language [lajollaplayhouse.org](http://lajollaplayhouse.org) (858) 550-1010



# HERE'S the DEAL

Thursday, January 28, 10:30 p.m.

**Bar Pink** is located in the heart of North Park at 30th and University, elbow to elbow with trendy boutiques and eateries and one block west of the Ray Street art studio-galleries. Opened in 2007 as the Bar Pink Elephant — owners have since dropped the pachyderm from the name — the club was in the first wave of new businesses to revitalize this struggling district. Parking is available within a block or two.

Flannel and black-clad locals loiter in front of the bar, smoking cigarettes and talking about music, ex-girlfriends, and sushi. Inside, the dance floor is packed with shabby but calculated hipsters in scarves and considered (if not considerable) facial hair, hip-hop kids wearing Padres caps, and the occasional P.B. frat boy who mistakenly wan-

ders over from upscale sports joint True North.

It's too loud to talk over the opening band Black Hondo, so the crowd flails about drinking \$2 cans of Tecate and mixed drinks with names such as Flirtini, Pink Princess, and Mangorita. Glittery pink bubbles cover the walls and dangle over a wide, well-stocked (cash-only) bar. A nimble bartender named Barbara distributes stiff cocktails and cans of Pabst Blue Ribbon. Subdued red lights illuminate booths where dudes in beards and tattoos drink pints from Pink's sensible selection of imports, domestics, and microbrews.

Two pool tables sit adjacent rundown bathrooms with broken stall-locks and large holes that appear to



It's not all pink and frothy at this North Park nightspot

have been punched through the white walls.

Between bands, the DJ spins Sonic Youth, disco, funk, punk, and Prince while an amiable waitress circulates among chatty girls in moccasins and anime haircuts. Some step outside

to smoke. Others slip off for a game of pinball, Pac-man, or Streetfighter II. In time, San Fran's Dead Meat takes the stage and the only audible conversation is a drink order shouted over the psychedelic fuzz.

—Chad Deal

**Attire:** CASUAL

**Price:** BEER \$4-6; WELLS \$3-5.

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**Happy Hour:** 4PM TO 8PM — DOLLAR-OFF DRINKS.

**Food:** NO

**Max Cap:** 234 PERSONS

**Hours:** NOON TO 2 A.M.

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**Brick by Brick:** 1130 Buenos Ave., Linda Vista, 619-275-5483.  
March 4 — Masta Ace & Edo G.  
March 5 — Call Me the Breeze.  
March 13 — Michael Monroe.

**California Center for the Arts, Escondido:** 340 North Escondido Bl., Escondido, 760-839-4438.  
March 6 — Palomar/Pacific Coast Concert Band.  
March 7 — Palomar Jazz.  
April 14 — The Guthrie Family Rides Again.

**The Casbah:** 2501 Kettner Bl., Little Italy, 619-232-4355.  
March 4 — The Clientele.  
March 5 — Leslie and the Fabulous Ly's.  
March 6 — Mike Watt and the Missingmen.  
March 7 — Rocky Votolato.  
March 8 — Laura Veirs & the Hall of Famers.  
March 9 — Lights On.  
March 10 — The Silent Comedy.  
March 11 — Transfer.  
March 12 — Cave Singers.

March 13 — Little Boots.  
March 14 — Quasi.  
March 15 — Matthew Good.  
March 17 — Xiu Xiu.  
March 18 — Grammatical B.  
March 20 — West Indian Girl.  
March 21 — Asteroids Galaxy Tour.  
March 22 — Acid Mothers Temple.  
March 23 — Cymbals Eat Guitars.  
March 24 — Tobacco.  
March 25 — The Paper Chase.  
March 26 — The Morning Benders.  
March 28 — Fever Sleeves.  
March 29 — Field Music.

March 30 — Red Octopus.  
April 11 — Murder by Death.

**Ché Café:** 9500 Gilman Dr., UCSD, 858-534-2311.  
March 5 — Scales.

**Cricket Wireless Amphitheatre:** 2050 Entertainment Circle, Chula Vista, 619-671-3600.  
April 11 — Los Tres.  
June 4 — Tim McGraw.

**House of Blues:** 1055 Fifth Ave., Downtown, 619-299-2583.

March 4, March 5 — Rebelution.  
March 6 — El Chapo de Sinaloa.  
March 7 — Manchester Orchestra.  
March 11 — Brandi Carlile.  
March 12 — Melissa Ferrick.  
March 13 — Black Rebel Motorcycle Club.  
March 17 — Pennywise.  
March 18 — Sick Puppies.  
March 19, March 20, March 21 — Bad Religion.  
March 24 — Kreator.  
March 26 — The AD Tour 2010.  
March 28 — HammerFall.  
March 31 — Steel Panther.

April 1 — The Alkaline Trio.  
April 7 — Five for Fighting.  
April 9 — Rolling the Stones.  
April 14 — VNV Nation.  
April 15 — Ramon Ayala.  
April 19 — Sia.  
April 21 — Overkill.  
April 25 — HIM.  
April 29 — The Avett Brothers.  
May 2 — Emily Osment.  
May 5 — Mastadon.  
May 15 — Steel Pulse.  
May 20 — The Shout Out Louds.  
June 18 — Led Zepagain.  
June 19 — The Original Wailers.

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Sunday, Feb. 28  
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	LIVE MUSIC • ALT ROCK FEATURING <b>SUMMER SET</b> <b>NODS TO NOTHING</b> <b>DELIVERANCE MACHINE</b> <b>LOS INCONTENIBLES</b> <b>DEL AMOR</b> <b>SPECIAL DELIVERY • I-45</b>	FRI. 3/5: <b>SILENCE BETRAYED</b> <b>COMFORT IN RAGE</b> <b>SIX REASONS</b>
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	LIVE MUSIC • HIP-HOP FEATURING <b>EL CAJON TEZ</b> <b>SUBMISSION • KITTY</b> <b>T-WIZE • SHE WROTE IT</b> <b>DJ UNDERGROUND</b> <b>PROBLUMZ</b>	THUR. 3/11: ACOUSTIC SHOWCASE FEAT. <b>LIZ &amp; JASON, KATIE LEIGH</b> <b>JOALBY, TIM MUDD</b> <b>DOUG McCARRON,</b> <b>STEVE HARRIS, WES DAVIS,</b> <b>LIL' NICKY, JOHNNY Q</b>
		FRI. 3/12: <b>THE RNRs, 321 STEREO,</b> <b>RETURN TO SILENCE</b> <b>LISTEN ON MUTE, RETRO LUST</b> <b>THE SHAMEY JAYS</b>
		SAT. 3/13: <b>MAD LIFE, 30-30</b>
		FRI. 3/19: <b>MURDER FM</b> <b>DESPITE THE WOLVES</b>

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<b>MARCH 18:</b> BANG TANGO • LIZARDFISH BASTARD SAINTS • TAINTED SOCIETY NEGATIVE VOID	<b>MARCH 21:</b> PENTAGRAM • RADIO MOSCOW MEDIUS • RED OCTOPUS LEATHER NUN • THE GREEN HOUSE
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<b>MARCH 19:</b> THE DREAMING • <b>MARCH 20:</b> SUIDAKRA	
<b>MARCH 24:</b> ROSE FUNERAL • WRETCHED • AND HELL FOLLOWED WITH	
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March 10 — The Carlos Blues Experience.  
March 10 — Stealing Love Jones.  
March 17 — Gregory Page.

**Kensington Community Church:** 4773 Marlborough Dr., Kensington-Talmadge, 619-284-1129.  
March 17 — Gregory Page.  
**Lestat's Coffee House:** 3343 Adams Ave., Normal Heights, 619-282-0437.  
March 14 — Suzie Brown & Shane Cooley.  
March 28 — The Robin Henkel Band.  
**The Loft:** 9500 Gilman Dr., UCSD, 858-534-8497.  
March 10 — Dawes.  
March 13 — The Ruby Suns.  
March 17 — Kalman Balogh & the Gypsy Cimbalom Band.

**The Ould Sod:** 3373 Adams Ave., Normal Heights, 619-284-6594.  
March 7 — 13th Annual Ould Sod Amnesty International Fundraiser.  
**Pala Casino:** 35008 Pala Temecula Rd., Pala, 877-946-7252.  
April 18 — Tony Bennett.

**Pechanga Resort & Casino:** 45000 Pechanga Parkway, Temecula, 951-693-1819.  
April 15 — Mark Knopfler.

**Poway Center for the Performing Arts:** 15498 Espola Rd., Poway, 858-748-0505.  
April 24 — Leon Redbone.

**San Diego Civic Theatre:** 1100 Third Ave., Downtown, 619-570-1100.  
May 7 — Celtic Women.

**San Diego Sports Arena:** 3500 Sports Arena Bl., Midway District, 619-224-4171.  
March 23 — Hank III & Assjack.

**Soda Bar:** 3615 El Cajon Bl., City Heights, 619-255-7224.  
March 23 — Kata and Kerretta.  
April 6 — Kasey Anderson.

**Soma:** 3350 Sports Arena Bl., Midway District, 619-226-7662.  
March 5 — Uneath.  
March 6 — Scary Kids Scaring Kids.  
March 7 — Alesana.  
April 8 — Lights.

**Spreckels Theatre:** 121 Broadway, Downtown, 619-235-9500.  
April 21 — Pat Metheny.  
April 24 — Norah Jones.

**Sushi Performance & Visual Art:** 390 11th Ave., East Village, 619-235-8466.  
March 6 — The Cedar Tavern Singers.  
March 16 — Scott Amendola.  
April 6 — Kenny Wollesen.



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Sunday, Feb., 28 • 8 pm  


**STAND-UP COMEDY CLASS**  
Sign up this week!  
Call for details.

**THE COMEDY PALACE**  
San Diego's Premiere Comedy Club  
For reservations: **858-573-9067**  
21 or older. 2 drink minimum.  
\*Some restrictions apply. May be cancelled without notice.  
Open every day • 8878 Clairemont Mesa Blvd.  
[www.thecomedypalace.com](http://www.thecomedypalace.com)



## DJ

**HOW TO SUBMIT A DJ LIST-ING:** Call 619-235-3000 x405, night or day by 5 pm Friday, the week prior to publication. To send weekly or monthly schedules, fax to 619-231-0489 or mail to Reader Music Scene, P.O. Box 85803, San Diego, CA 92186. You may also submit information online, get directions, RSS feeds, club coupons, free mp3 downloads and more at SanDiegoReader.com.

**Air Conditioned Lounge:** *Thursdays*, 9pm: Riot. With DJs Halloween Hallowdays & Head\$shake. Electro/indie/party rock. 4673 30th St., Normal Heights. 619-501-9831.



**Sunday Champagne Brunch**  
10 am-3 pm  
Extended hours open 'til 1 am

*Happy Hour Menu 3-5 pm  
Late Nite Happy Hour Menu 10-CL*

**Ocean-view dining • Live entertainment • DJs & dancing • No cover**

**In the basement**  
Every Friday Night: **Inzanity Night**  
Hip-hop • Mash-ups • Old School  
Reggaeton • Top 40 • More

Every Saturday Night:  
Sinnsation Productions w/ **DJ Sinn**  
Club hits • R & B • Hip-hop

Every Monday Night: **More Inzanity**  
Hip-hop • Mash-ups • Old School  
Reggaeton • Top 40

**Food served 'til 1 am!** • Dress code strictly enforced in the Basement 21 and over for the basement • All ages on Street Level & Rooftop  
**212 N. Tremont St., Oceanside • 760-637-2450**  
Hours: Mon.-Thurs. 11:30 am-midnight & Fri. 11:30 am-1 am, Sat. 10 am-1 am & Sun. 10 am-midnight

**Bacchus House:** *Saturday*, 9pm: Therapy. Featuring DJs Bryan Pollard, Necrotica, Pet M1. Gothic/industrial. \$3-\$5. *Thursdays*, 9pm: Club '80s. With DJs Bryan Pollard and Arzola1. '80s/industrial/underground. 3054 University Ave., North Park. 619-299-2032.

**Bar Dynamite:** *Thursdays*, 9pm: Dynamite Thursdays. Sound Selectors Smooovgrooves, Hobbs One, Eclectic, and Thumbprint. Hip-hop/soul/dancehall. 1808 W. Washington St., Mission Hills. 619-295-8743.

**Basic Urban Kitchen and Bar:** *Tuesdays*, 7pm: Basic Tuesdays. Art, fashion, and music. Free. 410 Tenth Ave., East Village. 619-531-8869.

**The Brew House at Eastlake:** *Saturdays*: Brew 30 DJ. Dance. 871

Showroom PL, Chula Vista. 619-656-2739.

**Café Sevilla:** *Thursdays*, 10pm: DJ New Yo Rican. Salsa. *Tuesdays*, 10pm: DJ Israel. Bachata. 555 Fourth Ave., Downtown. 619-233-5979.

**Camel's Breath Inn:** *Fridays, Saturdays*: Live DJ. 10330 Friars Rd., Mission Valley. 619-281-1722.

**Candelas:** *Fridays*: Sessions at 420 Third Avenue. DJ Chris Renzulli and DJ Eric B. Adult/contemporary. 416 Third Ave., Downtown. 619-702-4455.

**Club 67:** *Monday*, 9pm, *Wednesdays*, 9pm: DJ Power. Reggaeton/salsa/Latin house, plus Top 40. Free. 10109 Main St., Lakeside. 619-443-4100.

**Confidential:** *Fridays*, 10pm: DJ Henry Diaz. With Tone Capone and Omar. Electronic/hip-hop/lounge. 901 Fourth Ave., Downtown. 619-696-8888.

### Bartending Academy

1 to 2 week course  
Weekend classes available  
Job Placement Assistance

Call for information:  
**619-296-0600**



**The Coyote Bar & Grill:** *Thursdays*, 10:30pm: DJ Swoll. *Fridays*, 10:30pm: DJ Gary B. *Saturdays*, 10:30pm: DJ Paul Dumesnil. *Saturdays*, 10:30pm: DJ Paul D. 300 Carlsbad Village Dr., Carlsbad. 760-729-4695.

**El Cajon Grand:** *Saturday*, 9pm: Rock Out Karaoke. *Fridays*, 8:30pm: DJ Neko. Spins classic rock. *Saturdays*, 8:30pm: DJ Chuck. Spins classic rock. 351 W. Main St., El Cajon. 619-444-0949.

**Fannie's Nightclub:** *Thursdays*, 8pm: DJ Mick B. Spins hip-hop tunes. *Thursdays*, 9pm: DJ Underground. With guests Hip-hop/rap/reggae. *Sundays*, 9pm: DJ Demond. '80s/hip-hop/pop. Free. *Mondays*, 9pm: DJ Underground. With guests Hip-hop/rap/reggae. *Wednesdays*, 9pm: J & Biko. Hip-hop/reggae. 9143 Campo Rd., Spring Valley. 619-698-2204.

**The Flame:** *Wednesdays*, 9pm: Cookies with DJ Dirty Kurty. 3780 Park Bl., Hillcrest. 619-295-4163.

**The Fleetwood:** *Saturdays*: DJ Ramsey. '80s/hip-hop/house. 639 J St., Downtown. 619-702-7700.

**The Flying Bridge:** *Fridays*, 9pm: DJ Ricardo. Reggaeton/salsa. *Saturdays*, 9pm, *Sundays*, 9pm: DJ Waistline. Hip-hop/R&B. 1105 N. Coast Hwy., Oceanside. 760-722-0081.

**Gaslamp Tavern:** *Thursdays*, 8pm, *Fridays*, 4pm, *Wednesdays*, 8pm: C-Phish. 868 Fifth Ave., Downtown. 619-239-3339.

**Harney Sushi:** *Wednesdays*, 9pm: Hot Like Wasabi Wednesdays. With DJ Matty A. Electronic. 3964 Harney St., Old Town. 619-295-3272.

**Harrah's Rincón:** *Thursdays*, 8pm: Noche Latina. With DJ Don Jose. Electronica, Latin. 777 Harrah's Rincón Way, Valley Center. 760-751-3100.

**Hawthorn's Restaurant:** *Wednesdays*: DJ Kiki. 2895 University Ave., North Park. 619-295-1688.

**House of Blues:** *Friday*, 7pm: Push Pop with Paparazzi. With Turbo Teen, Cepi, & DMNDAYS. Dance. \$10. 1055 Fifth Ave., Downtown. 619-299-2583.

**Inferno Young Adult Nightclub:** *Fridays*, 9pm, *Saturdays*, 9pm: DJ Kool T. Spins Top 40, techno, and '80s. 15 and up. 775 Metcalf St., Escondido. 760-741-1271.

**Kadan:** *Tuesdays*: Darkwave Garden. With DJ Bryan Pollard, DJ Heather Hardcore, Adamnation, Pet M1. Gothic/industrial. *Wednesdays*: Night Vision. Drum

'n' bass with live MCs. DJ. Free. 4696 30th St., North Park. 619-640-2500.

**Legends Night Club & Entertainment:** *Saturday*, 8pm — Suga Free. Hip-hop. Live DJ, Jumper, raffle & mini hair show at midnight. 619-459-9681. \$20. 6323 Imperial Ave., Encanto.

**McDini's:** *Tuesdays*, 9pm: '90s Throwback Tuesdays. Hosted by Zerland of Pali Roots. 105 E. 8th St., National City. 619-474-6771.

**Ocean House:** *Saturday*, 9pm: Boogie Nights Dance Party. DJs Digital Opinion and Frankie Lektro spinning one room of Top 40 and hip-hop and one room of mashups and house music. Free before 9pm. Free. 300 Carlsbad Village Dr., Carlsbad. 760-729-4131.

**The Office:** *Sundays*, 10:30pm: Club '80s. Featuring DJs Bryan Pollard, Adamnation, MasterBlaster, and Roxanne Redlight. Industrial/underground. Free. 3936 30th St., North Park. 619-450-6632.

**Pacific Beach Bar & Grill:** *Wednesdays*, 10pm: DJ Tony. 860 Garnet Ave., Pacific Beach. 858-272-7278.

**Pierview Pub/Bub's Whiskey Dive Bar:** *Mondays*, 6:30pm: Metal Mondays. Metal all night long. 301 Pier View Way, Oceanside. 760-757-2827.

**RT's Longboard Grill:** *Mondays*, 9pm, *Wednesdays*, 9pm: DJ Famous Dave. Mixes music videos. 1466 Garnet Ave., Pacific Beach. 858-270-4030.

**Ramada Inn:** *Saturdays*, 9pm: Dance Party. Hip-hip/reggae/dancehall. DJ. Free. 5550 Kearny Mesa Rd., Kearny Mesa. 619-596-9777.

**Riley's Music Lounge:** *Tuesdays*, 8pm: Zydeco Dance. Dance lessons at 7 pm. DJ, blues, folk/roots. Free. 2901 Nimitz Bl., Point Loma. 619-255-8635.

**Ruby Room:** *Friday*, 8pm: SPL. With Austin Speed and CRMNL. Dub/drum & bass/techno. \$5. 1271 University Ave., Hillcrest. 619-299-7372.

**SIN Niteclub:** *Sundays*, 9pm: Reggae Sundays at Sin. With DJ Ez Doe, DJ Hektik, and DJ Winston T. Dancehall, reggae, hip-hip, and soca. 526 West F St., Downtown. 619-232-4746.

**Sapphire 18+ Lounge & Hookah:** *Saturdays*, 9pm: Rasta Nation Posse. Reggae. 4076 Bonita Rd., Bonita. 619-470-8000.

**Satin Lounge:** *Thursdays*, 9pm: Hot Latin Beats. Reggaeton, salsa, and merengue. 18 and up. *Fridays*, 8pm: Funky Fresh Fridays. Hip-hop/mash-ups. 18 and up. *Saturdays*, 9pm: DJ Dizzy D. Spins hip-hop, old skool, and techno. 18 and up. *Wednesdays*, 9pm: Blazin' 98.9 Night. With guest DJs. 6195 University Ave., College Area. 619-544-1177.

**Seau's:** *Thursdays*, 7pm: DJ FOS. Hip-hop/jazz. 1640 Camino del Rio North, Mission Valley. 619-291-7328.

**Side Bar:** *Thursdays*, 9pm: Ruby Thursdays. 536 Market St., Downtown. 619-696-0946.

**Sixty-Seven Bar and Grill:** *Thursdays*: Tattoo Thursdays. With DJ Viktor and DJ KB. *Fridays*: DJ Tony Sleeze. Spins Top 40 and hip-hop hits. *Saturdays*: DJ Girth. Spins hip-hop and rock hits. *Sundays*: Soul Glo Sundays. With DJ Girth and friends. *Wednesdays*: Beer Pong. With DJs. 10109 Maine Ave., Lakeside. 619-561-6767.

**Soda Bar:** *Thursdays*, 9pm: Expressway to Yr Skull. Punk/rap/rock. Free. 3615 El Cajon Bl., City Heights. 619-255-7224.

**Static Lounge:** *Saturdays*, 9pm: Club Backbeat. Hip-hop/rap. \$15-\$20. 18 and up. 634 Broadway, Downtown. 619-544-1609.

**Stout Public House:** *Fridays*, 9pm: DJ CC. 1125 Sixth Ave., Downtown. 619-702-7933.

**Tavern at the Beach:** *Thursdays*, 10pm: DJ D-Skwiz. *Fridays*, 10pm: DJ BDP. *Saturdays*, 10pm: DJ BDP. With DJ MIC-E. *Wednesdays*, 10pm: DJ WhO. Hip-hop/rock. 1200 Garnet Ave., Pacific Beach. 858-272-6066.

**Tiki House:** *Tuesdays*, 9pm: Tunes by Joe Marson. Every Tuesday. 1152 Garnet Ave., Pacific Beach. 858-273-9734.

**True North:** *Thursdays*, 10pm: DJ Bacon Bits. *Fridays*: DJ Ramsey. '80s/hip-hop/house. *Sundays*, 10pm: DJ Waly Mayhem. *Mondays*, 10pm: DJ Wonderbread. *Tuesdays*, 10pm: DJ WhO. Hip-hop/rock. 3815 30th St., North Park. 619-291-3815.

**U-31:** *Thursdays*, 8pm: DJ Artistic. With Cros 1. '80s and '90s hip-hop. *Fridays*, 9pm: Feel the Noise. With Gabe Vega and Saul Q. Dance/indie/rock. *Saturdays*, 9pm: Dance Party Mash-Ups. *Sundays*, 9pm: Tribe of Kings. Featuring DJs Jestor, Peril, Dash Eye, Unite, and Rashi. Reggae. 3112 University Ave., North Park. 619-584-4188.

**Whiskey Girl:** *Fridays*, 9pm, *Saturdays*, 9pm: DJ Marc Thrasher. Mixes music videos. *Mondays*, 9pm: U-Call-It Mondays. With DJ Marc Thrasher. 600 Fifth Ave., Downtown. 619-236-1616.

**Whistle Stop Bar:** *Sundays*, 9pm: Too Many Creeps. With DJ Mario O and guests. Post-punk. 2236 Fern St., South Park. 619-284-6784.

**The Wit's End:** *Fridays*, 5pm: DJ Artistic. 420 Robinson Ave., Hillcrest. 619-294-4848.

**Xavier's Bar & Grill:** *Thursdays*, 9pm: Almost Famous Thursdays. Electro/funk/house. *Fridays*, 10pm: Red Carpet Fridays. Dance/top 40. 750 Fifth Ave., Downtown. 619-233-0500.



# HAPPY HOUR

EVERY DAY 5-7 PM  
1/2 OFF ALL DRINKS & FOOD

Excludes holidays & concert nights.



humphreysbackstage.com  
2241 Shelter Island Drive  
**619.224.3577**



Thursday, February 25  
8 pm • Blues

**The Insomniacs**

Friday, February 26  
9:30 pm  
Texas Blues  
Guitarist

**Guitar Shorty**



Saturday, February 27  
9:30 pm • Blues

**Zac Harmon**



Sunday, February 28  
8 pm • Smooth Jazz

**Will Donato**  
with  
**DJ John Phillips and Tayori**

Monday, March 1  
7 pm • Blues  
**Chet Cannon's Blue Monday Blues Party**

Tuesday, March 2  
7 pm • Original Songwriters  
**Songwriter Showcase Competition**

Wednesday, March 3  
7 pm • Zydeco  
**Bayou Brothers**

UPCOMING

Saturday, March 20  
**Jason Ricci & New Blood**

Thursday, March 25  
**Sean Carney**

Fri. & Sat., March 26 & 27  
**Gino Mateo**

- Spanish Concert Classics and Flamenco
- Huss & Dalton, Taylor, Tom Anderson, Santa Cruz and McPherson Guitars
- Legendary Repairs by Yuris Zeltins, Drew Gallahar, Pat Quinn & William Dominick
- Lessons with Robin Henkel, Steve Nichols, & Zack Coffman
- G&L • Blueridge Guitars • Deering Banjos
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# HAPPY HOUR

More information about these establishments can be found online at [SDReader.com/drinks](http://SDReader.com/drinks), including driving directions, coupons, and more.

**HOW TO SUBMIT A DRINK SPECIAL:** Call 619-235-3000 x700, night or day by 5pm Friday, the week prior to publication. You may also fax to 619-231-0489, mail to Reader Happy Hours, P.O. Box 85803, San Diego, CA 92186, or submit information online at [SDReader.com/drinks](http://SDReader.com/drinks).

## ALPINE

**Donato's Italian Restaurant:** Monday-Saturday, 4-7pm: \$2.50 domestics, \$3.50 imports & house wine, \$6 Long Islands, \$3 wells.

## BALBOA PARK

**The Prado:** Tuesday-Friday, 4-6pm, 8-10pm: \$3.50 wells, pints, house wine, house margaritas. Lounge only.

## BANKER'S HILL

**Azuki Sushi Lounge:** Every day, 5-7pm: \$5 large Saki, \$5 large Sapporo. \$4 sushi rolls, discounted specialty rolls and appetizers.

**Bertrand at Mister A's:** Monday-Friday, 2:30-6pm: Specially priced cocktails, beer, wine, small plates on patio.

## BAY PARK

**Bay Park Fish Company:** Every day, 3-5pm: \$2 fish tacos, 20% off sushi rolls, 25% off draft beers, wines by the glass, and appetizers.

## BONITA

**Sapphire 18+ Lounge & Hookah:** Tuesday-Saturday, 5-9pm: Two-for-one all well drinks. \$4 six-piece chicken wings, falafel, or mozzarella sticks, \$5 small hummus. 1/2-off hookahs all day Tuesday.

## CARDIFF

**Besta-Wan Pizza House:** Monday-Friday, 11am-6pm: \$1 pint, glass of house wine. \$3 pitcher.

## CARLSBAD

**The Alley:** Every day, 11am-7pm: \$2.75 wells, domestics.

**Argyle Steakhouse/Golf Club-house:** Monday-Friday, 4-7pm: Drinks priced by the hour (4-5pm: \$4, 5-6pm: \$5, etc.), offering wine, beer, premium liquors.

**Boar Cross'n:** Thursday-Saturday, 8-9pm: \$1 Bud & Bud Light.

**The Coyote Bar & Grill:** Monday-Friday, 4-6pm: \$3 wells, beer, margaritas. \$3 off appetizers. 10pm-midnight: \$3 beer, wine, well drinks. Saturday, 10-11pm: \$3 beer, wine, well drinks. Sunday, 10pm-midnight: \$3 beer, wine, well drinks.

**Fenway's Sports Bar & Grill:** Every day, 3-7pm; 10pm-midnight: \$3 domestics, house wine. \$3.50 margarita, Cape Cod.

**Karl Strauss Brewing Company:** Monday-Friday, 4-6:30pm: \$3.50 beer.

**Mr. Peabody's:** Monday-Friday, 10am-6pm: \$2.50 domestic beer, wine, spooli shots, wells + juice. \$3.50 margaritas. Free taco bar 3pm to 6pm with drink purchase.

## CARMEL MOUNTAIN

**Conway's Irish Pub:** Monday-Saturday, 10am-8pm: \$2.50 domestic bottles. \$2.75 wells (short). \$3.25 wells (tall).

## CARMEL VALLEY

**Tio Leo's:** Monday-Friday, 3-7pm: \$3 pints. \$4 wells, house margaritas. \$5 appetizers.

## CHULA VISTA

**Achiote Restaurant:** Every day, 4-7pm: Two-for-one drinks, \$5 appetizers.

**Anthony's Fish Grotto:** Wednesday-Friday, 3-6pm: \$1 off drafts, house wine, margaritas, appetizers.

**The Brew House at Eastlake:** Monday-Friday, 3-6pm, 9-11pm: \$3 Bud Light pints, house wine, \$3.50 well drinks, house pint, \$4 well margaritas, \$5 well martinis, \$12 Bud Light pitcher, \$14 house pitcher.

  
**the OFFICE**  
**2-for-1**  
prices on all drinks  
every day 5-8 pm  
*In the heart  
of North Park*  
**3936 30th Street  
619-450-6632**

**D'Lish Gourmet Pasta:** Monday-Saturday, 3-5pm: \$2.50 domestic beer, house wine, slice of pizza, Texas brisket slider, three St. Louis ribs.

**El Dorado Seafood & Grill:** Monday-Friday, 4-7pm: \$2 beer, margaritas. \$1.50 tacos.

**Veni Vidi Vici:** Monday-Friday, 5-7pm: \$1 off all drinks.

## CLAIREMONT

**Blarney Stone Pub:** Monday-Friday, 4-7pm: \$3 wells, Bud draft, Michelob bottles, Drifter Pale Ale. Discounted appetizers.

**Boomerangs Gourmet Burger Joint:** Monday-Friday, Sunday, 4-7pm: Discounted draft beer. \$3.50 house wine. Saturday, 4-7pm: Discounted draft beer. \$3.50 house wine

**Cucina Italiana:** Wednesday, 1/2-off select wine bottles.

**Joe's Pizza:** Thursday, 6-9pm: \$2 any tap or bottled beer, glass of wine.

**Viva Vino:** Monday-Saturday, all day: \$.99 domestic beer.

## COLLEGE AREA

**4.0 Deli:** Monday-Friday, 4-7:30pm: \$6.75 Stella, \$5.75 Uncle Jesse/Shock Doc/Hefeweizen, \$4.75 Bud Light.

**California Kebab:** Every day, 4-8pm: \$2 Heineken, Sam Adams, \$5 Coors Light pitchers, \$6 sangria carafes.

**Pal Joey's:** Every day, all day: \$3 personal pitchers.

**Satin Lounge:** Thursday, 9pm-close: \$1 Bud drafts.

## CORONADO

**Beach 'n' Diner:** Monday-Friday, 3-6pm: \$3 beer, wine. \$2 off shakes, floats, malts, appetizers. All day: \$3 beer of the month.

**Happy Hour**  
**4-7 pm Every Day**  
**\*3 BURGERS & OTHER FOOD SPECIALS**  
**\$2 DOMESTIC BEERS** **\$3 PREMIUM BEERS, WINE & WELL DRINKS**  
  
**FREE POOL EVERY SUNDAY!**  
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**5505 Jackson Dr.**  
**La Mesa, CA 91942**

**Happy Hour**  
**Tuesday-Saturday 5-9 pm**  
**2-for-1 All Well Drinks**  
**\$4 6-pc. Falafel, Chicken Wings or Mozzarella Sticks**  
**\$5 Small Hummus**  
**1/2 off Hookahs all day Tuesdays!**  
**18+ Lounge every day**  
  
**4076 Bonita Road**  
**619.470.8000**  
**myspace.com/sapphirelounge08**

**Anthony's Fish Grotto:** Monday-Friday, 3-5pm: \$1 off drinks, appetizers (only in the lounge).

**Bandar Fine Persian Cuisine:** Friday, \$6 pomegranate martini. Saturday, \$6 cosmos.

**Bella Luna:** Monday-Friday, 3-6pm: \$5 house wine, 1/2-off appetizers.

**Blue Point:** Monday-Friday, 5-6:30pm: 1/2-off drinks, select appetizers. Discount on caviar, \$1 oysters.

**Café Sevilla:** Monday, 5-6:30pm: 1/2-price mojitos. Tuesday, 5-6:30pm: 1/2-price wine bottles. Wednesday, 5-6:30pm: 1/2-price martini. Thursday, Sunday, 5-6:30pm: 1/2-price sangaria. Friday-Saturday, 5-6:30pm: 1/2-price garabato.

**Candelas:** Every day, 5-7pm: All drinks 1/2 price.

**Curant:** Every day, 4-7pm; 10pm-midnight: \$5 wells, sangria, house wines. 1/2-off entire bar menu.

**Dobson's:** Monday-Friday, 4-7pm: \$2 drafts. \$4 margaritas. \$5 wells. \$8-\$11 appetizers: fried calamari, steamed mussels, mussel bisque, brie.

**The Field Irish Pub and Restaurant:** Monday-Friday, 11am-7pm: \$3 domestics, \$4 imports. Saturday-Sunday, open-5pm: \$3 domestics, \$4 imports.

**The Fish Market:** Monday-Thursday, 3-6pm: \$3.75 draft, \$3.95 wells, \$2.95 domestic beer. \$.95 oysters, \$4 fish tacos, \$5.75 mahi mahi sliders.

**Fuddruckers:** Monday-Friday, 5-7pm: \$4.50 Bud Light/Coors Light pitchers. \$1 off all beer, wine.

**Gaslamp Tavern:** Monday-Friday, 3-7pm: \$3 drafts, house wine, wells. Sunday, all day: \$3 drafts, house wine, wells.

**House of Blues:** Every day, 2-7pm: \$2 drafts, \$3 wells & wines, \$4 martinis, 1/2-off select appetizers.

**Karl Strauss Brewing Company:** Monday-Friday, 4-6:30pm: \$3.50 beer.

**McCormick & Schmick's Seafood Restaurant:** Every day, 3-7pm; 9-11:30pm: Wine and drink specials; 1/2-lb. cheeseburgers \$2.95.

**O'Brothers:** Every day, 3:30-6:30pm: \$3 bottled beer, \$5 glass of wine. \$7 sliders with fries.

**Patrick's II:** Every day, 10am-8pm: \$2.50 bottle beer, \$3 wells, Bud Light pints, \$4 calls, margaritas, Bloody Marys.

**Rockin' Baja Lobster:** Monday-Friday, 3-6pm: \$3.50 margaritas. \$4 Long Islands. \$3-\$5 drafts.

**Sally's Seafood on the Water:** Monday, 2:30-5:30pm: \$3 local beer on tap. Tuesday, 2:30-5:30pm: \$4 margaritas, \$3 Mexican bottled beers. Wednesday, 2:30-5:30pm: \$3 hot sake, \$3 Japanese bottled beers. Thursday, 2:30-7pm: \$3 drafts, \$5 wells/house wine.

**San Diego Wine and Culinary Center:** Tuesday-Saturday, 5-8pm: \$5 house wine, wells, \$7 Christopher's Cuvee. Noon-9pm: tasting flights.

**Tabule:** Monday-Friday, 5-6pm: 1/2-off all drinks and appetizers. Saturday-Sunday, 2-6pm: 1/2-off all drinks and appetizers.

**Tivoli Bar:** Every day, 4-7pm: \$1 off pitchers, \$.50 off liquor.

**Tom Ham's Lighthouse:** Monday-Friday, 4-6pm: \$3 house wine, domestic/import.

**Urban Bar & Grill:** Tuesday-Saturday, 4-7pm, 9pm-close: \$3 drafts, \$4 wells, \$5 signature cocktails, \$5 house wine. 1/2-off appetizers.

**Wolffy's Place:** Monday-Friday, 3-6pm: Two-for-one all beers, \$4 wells & house wine. 1/2-off all appetizers.

**Yard House:** Monday-Friday, 3-6pm: \$3.50 domestic pints, \$4 craft/import pints, \$4.50 goblets, \$4.25 wells, \$5.75 house martinis, \$2 off wine by the glass. \$6.50 sliders, 1/2-off select appetizers & pizzas.

**Thursdays 5-10 pm**  
**ALL-U-CAN-EAT \$19.95\***  
**CRAB LEGS** \*Reg. \$22.95. While supplies last. For a limited time.  
Includes All-U-Can-Eat Snow Crab Legs  
Garlic Mashed Potatoes • Corn on Cob • Garlic Bread  
\$10 House Pitchers • \$4 Margaritas  
  
  
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**lajollabrewhouse.com**

  
**EVENINGS COME ALIVE IN LA JOLLA**  
Join us for Happy Hour Sunday-Friday 4 to 7pm  
\$3 bottled beer; \$4 draft beer; \$5 house wine;  
\$7 specialty cocktails. Thursday through Saturday  
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**Just \$29.99** **\$20 SAVINGS**  
  
Carné Asada, Grilled Chicken  
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Slipper Lobster Tails!  
**INCLUDES BOTTOMLESS CAESAR SALAD FOR 2!**  
  
**Gastlamp • Old Town Oceanside**  
\* With the purchase of two beverages. Valid through 3/4/10. Not valid on to go orders or with any other discounts or coupons.  
**www.RockinBaja.com**



# HAPPY HOUR

## EAST VILLAGE

**Café Chloe:** *Monday-Friday*, 4-6pm: \$4 verdejo, Côtes du Rhône, oatmeal stout; \$5 white bordeaux, Monte Buciano, blonde ale; \$6 chardonnay, zinfandel, Trapezoidale.

**Jewel Box:** *Monday*, \$2 PBR drafts. *Wednesday*, 6pm-2am: \$5 Jäger bombs; happy hour all night w/military ID. *Thursday*, 8pm-2am: Industry Night. \$3.75 calls.

**El Vitral Restaurant:** *Monday-Thursday, Sunday*, 4-7pm: \$3 beers, \$4 El Vitral margaritas, \$5 wine by the glass, 1/2 off appetizers. *Friday-Saturday*, 10pm-12am: \$3 beers, \$4 El Vitral margaritas, \$5 wine by the glass, 1/2 off appetizers.

## EL CAJON

**The Broken Piñata:** *Wednesday-Sunday*, 11-6pm: \$2 wells, \$3 drafts.

**Calypso:** *Monday-Friday*, 3-6pm: \$2.75 bottled beer (12oz). \$3.75 beer (22oz). \$7.50 pitcher.

**El Cajon Grand:** *Monday-Friday*, 4-8pm: \$2.50 domestic beer, \$3 wells. *Saturday-Sunday*, \$5 20-oz. Bloody Mary w/ jumbo shrimp.

**Flinn Springs Inn:** *Monday-Friday*, 4-6pm: \$2 domestic drafts, \$2.25 domestic bottles, \$3 wells.

## ENCINITAS

**Blue Fin Sushi Bar:** *Tuesday-Friday*, 5-6pm: 1/2-off wine, beer, sake, select appetizers and sushi rolls.

**Bullpen Pub & Grill:** *Monday-Friday*, 2-7pm, 10pm-2am: \$1 off draft beer, \$3 off pitcher, \$2 off wine.

**El Callejon Restaurant:** *Monday-Friday*, 3-6pm: \$2 domestic, \$2.75 imported, \$3 house margarita. \$2-\$7 appetizers: pork tacos, fried calamari, grilled shrimp skewer.

## ESCONDIDO

**Brigantine:** *Tuesday-Saturday*, 3:30-7pm: \$2-\$9 appetizers, \$1 off draft beer, \$4.75 house margarita, \$5 red wine, \$7 Krista vodka cosmo, \$7.50 Brig hand-shaken margarita.

## FALLBROOK

**Aqua Terra:** *Monday-Friday*, 4-6:30pm: \$3 domestic beer by the glass, \$9 pitcher, \$4 imported beer by the glass, \$12 pitcher, \$5-\$6 appetizers, 1/2-off sushi rolls (no sushi on Monday).

## GOLDEN HILL

**Turf Supper Club:** *Friday-Sunday*, noon-4pm: \$1 off all beer/wine/spirits. \$5 lunch: 1/2-lb. burger, chicken sandwich, or two Louisiana hot links + chips.

## GRANTVILLE

**Tio Leo's:** *Monday-Friday*, 3-7pm: \$3 pints, \$4 house margaritas, wells. \$5 appetizers.

## HILLCREST

**The Alibi:** *Every day*, all day: \$3 dipper, wells.

**Baja Betty's:** *Monday-Friday*, 2-6pm: \$3 bottled beer, salsa margarita, wells, house wine, sangria, appetizers, quesadilla.

**CJ's Club:** *Every day*, 5-7pm, 9pm-midnight: All wells \$2.75.

**Wine Steals:** *Tuesday*, 5:30-7pm: \$5 wine tasting. *Saturday*, 4-6:30pm: \$10 wine tasting.

## IMPERIAL BEACH

**Baja Oyster Bar:** *Monday-Thursday*, All day: \$.99 fish tacos. 3-6pm: Two-for-one domestic bottle, discounted special roll.

## KEARNY MESA

**94th Aero Squadron:** *Monday-Friday*, 3:30-6:30pm: \$2.75 Bud Light on tap, \$3 wells. *Saturday-Sunday*, 1/2-price bottles of wine.

**Black Angus Steakhouse:** *Monday-Friday*, 4-7pm: 1/2-off wells, draft beer, appetizers.

**Carriage House Cocktails & Karaoke:** *Monday-Friday*, 4-7pm: \$2.50 domestic bottled beer, \$3 wells, domestic pints. Free munchies.

**Khan's Cave Grill & Tavern:** *Monday-Friday*, 3-6:30pm: \$1 off draft, glass of wine. *Saturday*, 3pm-close: 1/2-off bottles of wine.

**Tajima Sushi & Japanese Tapas:** *Monday-Thursday*, 5:30-7pm: 1/2-off house sake/draft beer.

## KENSINGTON-TALMADGE

**Kensington Cafe:** *Every day*, 3-7pm: \$3 all beers, \$4-\$5 all glasses of wine, all tapas under \$5.25.

**Kensington Vine:** *Monday-Friday*, 3-6pm: \$5 fine wine. \$5 appetizers.

## LA JOLLA

**Alfonso's of La Jolla:** *Monday-Friday*, 4-7pm: \$3.25 drinks, bar appetizers.

**Beaumont's:** *Every day*, 4-6pm: \$3 draft, well; \$5 cabernet, chardonnay. Special prices on margarita, sangria, wine cooler.

**Bird Rock Pizza & Sports:** *Monday-Friday*, 4-6pm: \$3 pint, \$12 pitcher; \$7.50 pint with appetizer, \$15 pitcher with appetizer.

**Clay's La Jolla:** *Every day*, 4-7pm: \$3 drafts, \$4 wells, \$5 sangria, \$6 house wine.

**Edo Sushi:** *Monday-Friday*, all day: Buy 1 Saki get 1 1/2-off, discounted cold sake. 3-6:30: 25%-off select nigiri & maki rolls.

**Karl Strauss Brewing Company:** *Monday-Friday*, 4-6:30pm: \$3.50 beer.

**La Jolla Rancherita:** *Monday-Friday*, 3-6pm: \$4 wells, \$2.50 domestics, \$2.75 imports.

**Rock Bottom Brewery, La Jolla:** *Monday-Friday*, 4-7pm, 10pm-midnight: \$3.50 beer, house wine, and well drinks.

**La Sala:** *Monday-Friday, Sunday*, 4-7pm: \$3 bottled beer, \$4 drafts. \$5 house wine. \$7 specialty cocktails.

**The Shack Bar & Grill:** *Every day*, 3-7pm: \$1 off wells, domestic taps.

**The Shores Restaurant:** *Sunday*, 3-7pm: Red/white sangria: \$7 glass, \$25 pitcher.

**Sushi on the Rock:** *Every day*, 5-6:30pm: \$2 hot sake, Coors Light, \$3 cold sake, \$4 Soju spritz, \$5 house wine. \$1.75 vegetarian roll, spicy krab roll, \$2.75 spicy tuna roll.

**Whaling Bar & Grill:** *Monday-Friday*, 4-7pm: \$3 bottled beer, \$4 drafts. \$5 house wine. \$7 specialty cocktails.

## LA MESA

**Banbu Sushi Bar & Grill:** *Monday-Thursday, Sunday*, 2:30-6:30pm: \$2 off draft, well drinks, house wine, \$2 off California, Philly, veggie roll, goyza, calamari, shrimp tempura.

**Casa de Pico:** *Monday-Friday*, 3-7pm: Free appetizer with purchase of bar drink. \$3.95 margarita.

**Centifonti's Restaurant:** *Monday-Thursday*, all day: \$2 tap beer.

**Hearth House:** *Every day*, 4-7pm: \$2 domestic beers, \$3 premium beers, wine & wells. \$2 bratwurst & fries, \$3 burger & fries.

**Hooleys Irish Pub & Grill (La Mesa):** *Every day*, 3-7pm, 10pm-close: \$1.50 off drafts, \$1 off all mixed drinks, bottled beers, glass of wine.

**Tarroz Sports Bar:** *Monday, Wednesday-Sunday*, 2-7pm: \$2.50 domestic beer, tequila shots, \$3 imported beer, \$4 premium drafts.

## LAKE SIDE

**Coach Stop:** *Monday-Friday*, 9am-noon, 4-7pm: \$2.50 large drafts, domestic bottles. 7-11pm: \$1.50 12-oz. drafts, \$6.50 60-oz. pitchers.

## LEUCADIA

**The Calypso Café:** *Every day*, 5:30-7pm: \$4 wells, sangria, margaritas. \$4 house wine. \$3.50 beer.

## LINCOLN PARK

**L & L Hawaiian BBQ at Market Creek Plaza:** *Monday-Friday*, 4-8pm: \$2 domestic drafts. \$1 off appetizers. *Sunday*, all day: \$1 drafts. \$1 tacos & wings.

## LINDA VISTA

**Brick by Brick:** *Every day*, 3-6pm: \$2.50 house wine. 1/2-off beer.

**Bull's Smokin' BBQ:** *Monday-Friday, Sunday*, 3-6pm: \$2.50 bottled beer, \$3 draft pint, \$9.50 pitcher.

**The New Morena Club:** *Every day*, noon-7pm: \$2 domestic drafts, \$2.50 domestic bottles, wells.

## LITTLE ITALY

**Anthology:** *Tuesday-Friday*, 5:30-7pm: \$6 wells, wine, featured beer, martinis, margaritas. \$4-\$8 appetizers.

**Fat City Steakhouse:** *Monday-Friday*, 4-7pm: \$2 drafts, \$3 wells, \$4 wine. 1/2-off appetizers.

## MIDWAY DISTRICT

**Brick Alley Bar & Grill:** *Every day*, 3-7pm, 9pm-close: \$1 off pints, \$2 off tall beers.

**Desi N' Friends Bar and Grill:** *Monday-Friday*, 2-7pm: \$2 well drinks, domestic beers. 11pm-midnight: \$3 draft.

**Wine Steals:** *Wednesday*, 5:30-7pm: \$5 wine tasting. *Saturday*, 4-6:30pm: \$10 wine tasting.

## MIRA MESA

**Bamboo Hut:** *Every day*, 3-6pm: Buy a large beer, get a small house sake free. \$2.75 small beer, \$3.25 glass house wine.

**Callahan's Pub & Brewery:** *Monday-Friday*, 4-7pm: \$3 house beer, domestic drafts, well drinks, house wine, \$1 off appetizers.

**Mira Mesa Lanes:** *Monday-Friday*, 3-6pm: \$2 domestic pints, \$7 pitchers. \$3 import pints, \$10 pitchers. \$2.50 wells. \$3.50 chicken strips, chicken wings.

## MIRAMAR

**Abbey's Real Texas Bar-B-Q:** *Monday-Friday*, 4-6pm: \$2.49 small sandwich, \$1.99 hot link, \$2.49 pint Bud, \$2.99 Hefeweizen, Shiner Bock.

**The Filling Station:** *Monday*, 7pm-close: \$4 margaritas. *Tuesday*, 7pm-close: \$2 kamikazes. *Wednesday*, 7pm-close: \$3.50 premium drafts. *Thursday*, 7pm-close: \$2 wells, domestic beers, \$6 domestic pitchers. Free pool. *Saturday*, noon-7pm: \$3 mimosas. *Sunday*, noon-7pm: \$3 Bloody Marys.

## MISSION BEACH

**Coaster Saloon:** *Monday-Thursday*, 10am-2pm, 5-7pm: \$2.50 domestic, wells. 8-10pm: \$2.50 domestic, wells. 1/2-off burgers, pizza. *Friday*, all day: \$2 wells, all drafts.

## MISSION HILLS

**The Aero Club:** *Monday-Tuesday, Thursday-Sunday*, 2-7pm: \$.50 off beer. *Wednesday*, 2-7pm: \$4 drafts, \$3 bottles.

**Bar Dynamite:** *Monday-Saturday*, 5-9pm: \$2 domestics bottles and drafts, \$3 wells. Free food from Lucha Libre Taco Shop.

**Cafe Bleu:** *Every day*, 4-6pm: \$5 select wine by the glass, special prices on starters and hors d'oeuvres, special happy hour sandwiches.

**Starlite:** *Monday-Saturday*, 5-7pm: \$3 drafts, wells, \$1 off other. *Sunday*, all night: \$5 mules. \$15 off wine bottles.

## MISSION VALLEY

**950 Lounge:** *Wednesday*, \$3 wells, beer, house wine.

**Adam's Steak & Eggs:** *Monday-Friday*, 3:30-7pm: Double well drinks, complimentary hors d'oeuvres.

**Bing Crosby's Restaurant and Piano Lounge:** *Every day*, 3-7pm: \$3 draft beer, \$5 wells, \$6 wine by the glass, \$7 house cocktails.

**Bully's East:** *Monday-Friday*, 4:30-7pm, 10pm-close: \$2.50 domestic, draft; \$3.50 wells, \$5 wine: chardonnay, merlot, Jacobs Creek cabernet.

**Camel's Breath Inn:** *Monday-Thursday*, 10am-6pm: \$2.75 domestic bottles, \$3 wells, \$4.99 lunch/dinner specials.

**The Little Fish Market Restaurant:** *Every day*, 4-6pm, 8:30-close: \$4.25 fish tacos, \$3.75 spicy tuna roll, \$4.50 Cajun shrimp skewers.

## NATIONAL CITY

**Lai Thai Restaurant:** *Every day*, 4-6pm: \$2 Thai beer.

**McDini's:** *Monday-Friday*, 5-7pm: \$2 off domestic pitchers, \$3.50 wells.

## NORMAL HEIGHTS

**Air Conditioned Lounge:** *Monday-Thursday*, 4-8pm: \$3 draft, Bloody Marys, \$5 you-call-it, \$6 Jayne's Gastropub fare. *Friday*, 4-8pm: \$3 draft, Bloody Marys, \$5 you call it, \$6 Jayne's Gastropub fare.

**Bourbon Street:** *Monday-Friday*, 5-8pm: \$3 domestic pitchers, \$4 well drinks, \$5 imported pitchers, specialty drinks.

## NORTH PARK

**Bluefoot Bar and Lounge:** *Monday-Friday*, 11am-7:30pm: \$1 off everything, \$2.50 domestic bottle, \$3.50 draft.

**Crazee Burger:** *Every day*, 3-6pm: \$2.99 drafts, \$15 pitchers of beer, \$3.99 select glasses of wine. \$2.99 bratwurst, \$3.99 turkey burger.

**Lips Restaurant:** *Sunday*, all night: Industry Night, \$3.50 wells, \$5.50 calls, 25% off entrées & appetizers. Must show employee ID or pay stub.

**The Office:** *Every day*, 5-8pm: Two-for-one price on all drinks.

**True North:** *Monday*, noon-close: \$1 off all beer, wine, spirits. *Tuesday-Saturday*, noon-7pm: \$1 off all beer, wine, spirits. *Sunday*, 7pm-close: Industry Night, \$3 calls.

## OCEAN BEACH

**The Arizona Bar:** *Every day*, 4:30-6:30pm: \$3 house wines, 20-oz. domestics, microbrew pints, wells, 1/2-off all pitchers. \$3 food specials.

**Cheswick's West:** *Monday-Friday*, 5-7pm: \$3 wells, \$6 domestic pitchers.

**Day Break:** *Friday-Sunday*, 12-4:30pm: \$-off drink menu. Discounted appetizers: shrimp taco, artichoke dip, crab stuffed mushrooms.

**Portugalia:** *Tuesday-Sunday*, 10pm-1am: \$3 domestic beer, \$5 wine; \$4-\$10 food specials.

## OCEANSIDE

**333 Pacific:** *Every day*, 4-7pm, 9-10pm: \$7 vodka cocktails (100+ types of vodka). \$7 appetizers (calamari, oyster trio, Caesar salad).

**Harney Sushi:** *Thursday*, \$5 specialty cocktails.

**Pierview Pub/Bub's Whiskey Dive Bar:** *Monday-Thursday, Sunday*, all day: \$4 Jäger shots. \$8 Bud/Bud Light & side of Jameson.

**Rockin' Baja Lobster:** *Monday-Friday*, 3-6pm: \$3 pints, wells, \$4 wines, margaritas, \$5 Long Islands, 25-oz. drafts. 1/2-off starters. *Saturday-Sunday*, 9pm-close: \$3 pints, wells, \$4 wines, margaritas, \$5 Long Islands, 25-oz. drafts. 1/2-off starters.

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OLD TOWN

**Alamo Mexican Cafe:** *Monday-Friday*, 3:30-6:30pm: 1/2-price drinks, food specials.

**Barra Barra:** *Monday-Friday*, 4-7pm: \$2 drafts, house wine, \$3 house margaritas, \$2 off absinthe specials. \$2 flat-bread tacos.

**Casa Guadalajara:** *Monday-Friday*, 4-7pm: Free appetizers. \$3.50 well drinks, margaritas, drink specials.

**Fred's Mexican Cafe Old Town:** *Monday-Saturday*, 4-7pm: \$3 12-oz. house margaritas, \$5 20-oz. house margaritas, \$2.50 14-oz. domestic drafts, \$3.50 20-oz. domestic drafts.

**Harney Sushi:** *Wednesday*, \$5 specialty cocktails.

PACIFIC BEACH

**710 Beach Club:** *Monday-Friday*, 1-7:10pm: \$7.10 beer & shot. *Saturday-Sunday*, noon-7pm: \$7 pitchers.

**Big Kahuna's:** *Monday-Friday*, 3-7pm: \$2.50 beer, wine.

**Bub's Dive Bar:** *Monday-Friday*, 4-7pm: \$3 drafts, \$10 pitchers. 1/2-off appetizers.

**Cass Street Bar & Grill:** *Monday-Friday*, 3-5pm: \$2.25 domestic bottles, \$2.75 micro-brew pints, \$7.50 pitcher, \$3 house wine.

**The Dog:** *Monday-Thursday, Sunday*, \$6 pitchers.

**Hennessey's Tavern:** *Monday-Friday*, 4-7pm: \$2.50 domestic drafts, \$1 off house wine, wells, \$3 well shot/\$4 call shot, \$5 drink specials. *Saturday-Sunday*, till 1pm: \$3 Bloody Marys.

**Hooters:** *Monday*, 11am-10pm: \$4 drafts, \$14.99 pitcher Pyramid Haywire & Hefeweizen. *Tuesday-Wednesday, Friday*, 3-6pm: \$2.50 Bud, Bud Light, Coors Light, Miller Lite drafts, \$3 wells. *Thursday*, 11am-10pm: \$4 drafts, \$14.99 pitcher Newcastle Brown Ale. *Saturday*, 11am-11pm: \$3 drafts, \$10.99 pitcher Coors Light, Miller Lite. *Sunday*, 11am-10pm: \$3 drafts, \$10.99 pitcher Bud Light, Budweiser & \$3.50 drafts, \$11.99 pitcher Shock Top.

**Johnny V:** *Tuesday*, 4pm-close: \$3 wells, drafts, selected wines. \$1.95 street tacos, \$3 off appetizers. *Wednesday*, all day: \$3 wells, drafts, selected wines. *Friday*, 4-9pm: \$2 drinks. Complimentary appetizers. *Saturday*, all day: \$2.50 Bud Light bottles, Absolut, \$3 margarita.

**Miller's Field:** *Monday-Friday*, 3-7pm: \$1 wells. \$2 street tacos.

**Moondoggies Pacific Beach:** *Tuesday-Sunday*, 3-7pm: \$2 wells, house wine. \$3 imports, microbrews. \$2 off all drafts.

**Pacific Beach Ale House:** *Monday-Friday*, 3-6pm: \$3 drafts, wells, house wines. 1/2-price appetizers.

**Pacific Beach Bar & Grill:** *Tuesday*, \$2.50 Mexican bottled beer, \$3 frozen margaritas. *Wednesday*, \$2 off all drinks, \$2 beers. *Thursday*, 8pm-close: \$2 wells, drafts, 1/2-price drinks. *Friday*, 3-10pm: \$2 drafts, wells, 1/2-price drinks. *Saturday*, 4-10pm: \$3 wells, wine, drafts.

**Sinbad Café:** *Every day*, 4-8pm: \$1 drafts, \$1.50 wells, shots, \$2 imports. \$3.50 appetizers. 11am-8pm: \$12-\$15 hookahs.

**Society Billiard Cafe & Bar:** *Monday, Wednesday, Sunday*, all day: \$3 wells/Bud Light pints, \$4 flavored Smirnoff, premium draft pints, Heradura tequilla shots. *Tuesday, Thursday*, all day: \$8 12-oz. bottle of beer and a shot, \$3 pints of Bud Light. *Friday-Saturday*, noon-10pm: \$3 Bud Light pints, \$4 flavored Smirnoff, premium draft pints.

**The Turquoise, Café-Bar Europa:** *Monday-Thursday, Sunday*, 5-7pm: \$3 cask wine, sangria, draft. \$3 tapas selection.

POINT LOMA

**The Boathouse:** *Every day*, 2:30-5pm: \$1.99 house margaritas (\$3 Cuervo Gold), \$3 beer of the month, \$4 wine of the month.

**C-Level:** *Monday-Friday*, 3:30-5:30pm: \$3.50 Bud Light, Karl Strauss, Stone IPA, \$5 specialty drinks, wells, house wine. \$5 crispy calamari, ahi tuna poke, steamed Fox River mussels.

**Captain's Quarters:** *Every day*, 3-7pm: \$2 you-call-it wells, \$2.25 domestic drafts and bottles, discounted shots.

**Extreme Pizza:** *Monday*, all day: \$1.50 domestic drafts. *Tuesday*, \$6 wine carafes, beer pitchers. *Wednesday*, \$5.00 wings night. *Thursday*, 3-6pm; 8-10pm: 1/2-off any pizza. *Friday*, \$18 large pizza and pitcher of beer. *Saturday*, \$2 bottled beer of the month. *Sunday*, \$5 domestic beer pitchers.

**Humphrey's Backstage Music Club:** *Every day*, 5-7pm: 1/2-off all drinks & menu items. Excludes holiday/concert nights.

**Paradise Lounge and Grill:** *Monday-Friday*, 3-7pm: \$2.50 well drinks, domestic bottles, \$6.50 domestic pitchers. 8-9:30am: 1/2-off breakfast.

**Pete's Grill:** *Every day*, 4-7pm: \$2.50 Bud drafts, \$3 microbrew drafts, house wines. \$0.99 sliders, \$1.99 fish tacos, \$5.99 for a 1/4-lb. burger, fries, small soda or Bud draft.

**Point Loma Sports Grill & Pub:** *Monday-Friday*, 4-7pm: 1/2-price appetizers.

**Riley's Music Lounge:** *Monday*, 4-7pm: \$4 calls. *Tuesday, Sunday*, 4-7pm: \$2.50 pints. *Wednesday*, 4-7pm: \$4 Jäger bombs. *Thursday*, 4-7pm: \$3 kamikazes, \$4 Jäger bombs. *Friday*, 4-7pm: \$3 calls. *Saturday*, 4-7pm: \$5 Long Island/Long Beach.

POWAY

**Brigantine:** *Every day*, 3-6:30 pm: \$3-\$9 appetizers, \$1 off draft beer, \$3.50 champagne, \$4.75 house margarita, \$5.75 chardonnay, red wine, \$7.50 Cuervo Gold hand-shaken margarita.

**Kaminski's BBQ & Sports Bar:** *Monday, Wednesday-Friday*, 3-6pm, 9-11pm: \$1 off all wells, drafts, bottles, & wine. \$5 appetizers.

**Phileas Fogg's Bar & Restaurant:** *Monday-Friday*, 4-7pm: \$2.50 domestic pints/\$7.95 pitcher, \$3.50 import pints/\$11.95 pitcher. \$2.95 cheese quesadilla, \$3.95 chicken wings, more.

RAMONA

**Boll Weevil Restaurant:** *Monday-Friday*, 3-5pm: \$2 off all pitchers.

**Cheers of Ramona:** *Monday*, 2-5pm: \$1 off drinks. \$10 steak. *Tuesday*, 2-5pm: \$1 off drinks. \$1 tacos. *Wednesday*, 2-5pm: \$1 off drinks. \$5.00 wings. *Thursday*, 2-5pm: \$1 off drinks.

RANCHO BERNARDO

**Bernard'O Restaurant:** *Monday-Saturday*, 4:30-7pm: \$4 wells, \$2.75 domestic, \$3.50 imported/specialty, \$4.75 house margarita, \$5 house wine.

**Café on the Park:** *Monday-Friday*, 5-6:30pm: \$3 wells, \$4 house margaritas, 1/2-off house wine by the glass, \$1 off beer. Complimentary cheese & crackers, 1/2-off appetizers.

**Capri Blu:** *Monday-Saturday*, 3-7pm: 1/2-price drafts, wells, discounted bar menu food. *Sunday*, All day: 1/2-price drafts, wells, discounted bar menu food.

**Carvers Steak & Chops:** *Monday-Friday*, 2-6:30pm: 1/2-off drinks. \$3-\$4 off appetizers.

**Kelly's Public House:** *Monday-Friday*, 3-7pm: \$2 domestic drafts, \$8 pitchers, \$3.50 wells, house wines.

RANCHO SAN DIEGO

**Cottonwood Golf Club Bar & Restaurant:** *Every day*, 4-6pm: \$2 drafts. 1/2-off all appetizers including pizza, quesadillas, wings, calamari.

RANCHO SANTA FE

**Cavaillon:** *Monday-Thursday, Sunday*, 5-6pm: 1/2-off glass of wine. \$19.95 two-course menu.

**Delicias:** *Every day*, 4-6pm: \$5 draft beers, house wines, wells.

SAN MARCOS

**Alfresco's Italian Buffet:** *Every day*, 5:30-7:30pm: All drinks 1/2 price.

**Back Alley Grill:** *Every day*, Every-day: \$3 domestics. \$4.50 imports. \$4 house wines.

**Cow Shed Bar and Grill:** *Every day*, 4-7pm: \$3 domestic. \$3.50-\$4 wells.

**Dalton's Road House:** *Monday-Friday*, 4-7pm: \$1 off house wines, wells. \$5 margaritas. 1/2-off appetizers: cheesy fries, potato skins, buffalo wings.

**The Jumping Turtle:** *Monday*, 11am-close: PBR \$2.75/pint, \$6.75/pitcher. *Tuesday*, 11am-close: \$2 Corona, Pacifico, margaritas. *Wednesday*, 11am-close: \$4 drop drinks. *Thursday*, 7pm-close: \$3 Jäger, \$2.50 Bud Lime. *Friday*, 5pm-midnight: \$5 Long Islands. *Saturday*, 11am-close: \$3 Orange Patron, Tanqueray. *Sunday*, 11am-close: \$2.50 Bloody Marys.

SERRA MESA

**Channel 1 Sports Bar and Grill:** *Sunday*, \$2.50 mind erasers, kamikazes. \$3.50 mimosas, Bloody Marys.

SOLANA BEACH

**Blanca:** *Monday-Thursday*, 5:30-9:30pm: \$2-\$7 domestic/imported draft beer. \$4-\$10 craft domestic/imported beer. \$5-\$8 wine by the glass, \$7 specialty drinks.

**The Fish Market:** *Monday-Friday*, 3:30-6:30pm: \$3.50 wells, \$3.95 drafts, domestic bottles, house wine. \$.95 oysters, \$4.25 smoked trout quesadillas, \$4.95 mahi mahi sliders. *Saturday-Sunday*, 11am-4pm: \$3.50 wells, \$3.95 drafts, domestic bottles, house wine. \$.95 oysters, \$4.25 smoked trout quesadillas, \$4.95 mahi mahi sliders.

**Pacific Coast Grill:** *Every day*, 4-7pm: \$5 gold margaritas, \$1 off draft, wells, wines by the glass, 25% off wine bottles.

SORRENTO VALLEY

**Ali Baba's Cave:** *Every day*, 4-6pm: Two-for-one drinks.

SOUTH PARK

**Alchemy:** *Monday-Friday*, 4-6pm: \$2 off wells, including Skyy, Seagram's, Jim Beam, Sauza Gold, \$2 off wines/glass, draft.

**Hamilton's Tavern and Café:** *Every day*, 5-8pm: \$1 off local drafts.

**Whistle Stop Bar:** *Every day*, 2-8pm: \$1 off all cocktails, pints.

SPRING VALLEY

**California Comfort:** *Every day*, 4-7pm: \$2.50 domestic pints, wells, house wine. \$5 appetizers.

TIERRASANTA

**Bellagio Ristorante & Bakery:** *Monday*, 4-7pm: 10% off for military. \$2 drafts. *Tuesday*, 4-7pm: Kids eat free with purchase of two entrées. *Wednesday*, 4-7pm: 1/2-off select wine bottles. *Thursday*, 4-7pm: Discounted drinks. \$20 three-course meal. *Friday*, 4-7pm: \$10 wine flights.

**Bud's Louisiana Café:** *Tuesday-Friday*, 1-2:30pm, 4:30-6pm: 1/2-price wine and beer.

**JP's Pub:** *Monday-Friday*, 3-5pm: \$2.50 wells, domestic drafts, \$3.25 house wine.

UNIVERSITY CITY

**Apollonia Greek Bistro:** *Every day*, 3:30-6:30pm: \$3 ouzo apéritif, \$2 bottled beers, \$3 wine by the glass, \$3-\$8 appetizer menu.

**Café Japengo:** *Monday-Friday*, 5-7pm: \$3 drafts, sake, \$4.50 wells. \$4 chicken spring rolls, duck potstickers, California rolls.

UNIVERSITY HEIGHTS

**Cheers:** *Monday-Friday*, 11am-7pm: \$2.50 domestic bottles. \$3 single wells. \$3.50 domestic drafts.

**Gulf Coast Grill:** *Tuesday-Sunday*, 4:30-6:30pm: \$3.95 wells, drafts, wine.

VALLEY CENTER

**Casa Reveles Mexican & Seafood Restaurant:** *Monday-Friday*, 2-6pm: \$2 domestic. \$3 imports, wells. Discounted appetizers.

VISTA

**Chili Coast Burgers:** *Monday-Friday*, 3-6pm: \$.50-\$.75-off tap beer. \$2-\$10 appetizers.

**Jumping Bean Cafe & Mexicali Grill:** *Monday-Friday*, 3-6pm: \$2 domestic, imports, \$2.75 margaritas, \$3 wells, microbrews, \$4 Leaping Horse wine. 3-5pm: \$1.50 chicken or carnitas street tacos.

Late Night

**3**

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4-8 pm Daily  
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# Us and Them

*"If you don't come down strongly on these people, they'll be asking for the earth."*

If there were no world outside their stately home, the Birlings would have it made. Arthur, the patriarch and former Lord Mayor of Brumley, England, might be up for knighthood. His daughter, Sheila, is engaged to Gerald Croft (son of Sir George, of Crofts Ltd., Arthur's biggest competitor). It's a match made in economic Valhalla. To celebrate, the family, including Arthur's wife Sybil and tipsy son Eric, don tuxes and flowing silk dresses and dine in elegance. They share one of life's "ah, yes" moments — care for a cigar? a smidge of port? — interrupted by a clap of thunder and a banging on the door.

No Birling, it turns out, is an island.

An inspector arrives, unkempt of hair and beard, layers of tweed under a frumpy overcoat. A young working-class woman named Eva Smith, he says, committed suicide.

J.B. Priestley's *An Inspector Calls* raises two initial questions: whodunit, and why has the inspector, named Goole (pronounced "ghoul"), come to the Birlings? Arthur just gave an impassioned speech about being responsible only to oneself and the masses be damned ("If you don't come down strongly on these people, they'll be asking for the earth"). What connection could

the social elite have with a dirt-poor woman?

For Lamb's Players Theatre, Mike Buckley's stylish, Edwardian set requires a double-take. Stuffed animal trophies hang on deep-rose-colored walls. The furnishings bespeak refinement. But the floor — is that dirt? Impeccably polished shoes create heel-prints where a marble surface, like that checkerboard style in the foyer, would leave no trace.

The contrast between the décor and the clay underneath grows as the evening progresses. The inspector — and just who IS this guy? A Sherlock Holmes of the conscience? — retraces the family's tracks in search of the culprit. "We don't live alone," he says with moral fervor. "We are members of one body."

As played by Robert Smyth, Goole's a cross between a bumbling Lt. Columbo and an avenging angel. Part of the mystery points to the inspector's agenda, since he rambles from one person to the next. But Smyth subtly suggests that he knows exactly where he's headed. As does costume designer Jeanne Reith, who has the tweedy earth tones of the inspector's outfit blend with the dusty floor.

Smyth and wife Deborah Gilmour codirected

## THEATER REVIEW

JEFF SMITH



Who IS this guy? A Sherlock Holmes of the conscience? (*An Inspector Calls*)

**An Inspector Calls**, by J.B. Priestley

**Lamb's Players Theatre**, 1142 Orange Avenue, Coronado

**Directed by Robert and Deborah Gilmour Smyth**; cast: Jon Lorenz, Jillian Frost, Colleen Kollar Smith, Glynn Bedington, David Cochran Heath, Lance Arthur Smith, Robert Smyth; scenic design, Mike Buckley; costumes, Jeanne Reith; lighting, Nathan Peirson; sound design, Deborah Gilmour Smyth and Patrick Duffy  
**Playing through March 21**; Tuesday through Thursday at 7:30 p.m. Friday and Saturday at 8:00 p.m. Matinee Saturday at 4:00 p.m. and Sunday at 2:00 p.m. 619-437-0600.

**The Wild Party**, music, book, and lyrics by Andrew Lippa

**Coronado Playhouse**, 1835 Strand Way, Coronado

**Directed by David Kelso**; cast: Chrissy Burns, Rickey Calixto, Betsy Clevestine, Brett Daniels, Rocky DeHaro, Judson Harmon, Jeri Harms, Tiffany Loui, Dustin Maxwell, Kerianne Rice, Anthony Simone, Jessica Stamper, Billy Stevens, Kendra Truett, Eric Vest; scenic design, Chris Johnson; costumes, Brett Daniels, Keith Bonar; lighting, Kevin Pippis; sound, Kelly Prow; musical director, Korrie Paliotto  
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**EXTENDED Thru March 28!**

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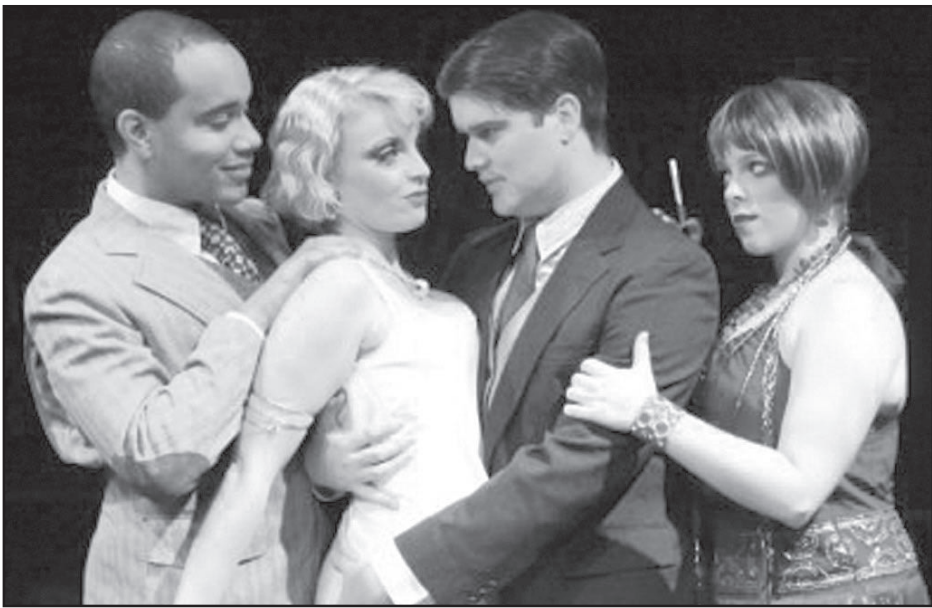
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You are encouraged to yell, guffaw, and “be impolite.” (*The Wild Party*)

this taut, trimmed (from three acts to 90 minutes) staging. The strong ensemble cast almost tells the story with their eyes alone. Sudden flashes of recognition, or entrapment, penetrate serene façades. These aren’t melodramatic asides or bug-eyed swoons: just looks reflecting a fear that things aren’t what they seem — and never were.

One of Priestly’s themes: people must act with consideration for others. As in life, so in theater. The night I caught Lamb’s thought-provoking show, two people in the back row would NOT stop talking. As entitled as Arthur Birling, they commented on everything. When irate members of the audience turned and stared, or raised an index finger from lips to nose and said “shush,” the pair just kept gabbing. They became Exhibit A of Priestly’s point about not taking responsibility for one’s actions.

\* \* \*

Down the street from Lamb’s, the Coronado Playhouse urges its audience for *The Wild Party* to yell, guffaw, and “be impolite.” The strategy works. Based on a narrative poem by Joseph Moncure March (1926), the musical portrays an all-night, late Jazz Age bash. As they fall in and out of love, the guests swill bathtub gin, dance, shout, and frolic unabated. Spontaneous feedback from the house seats adds to the revelry.

The evening’s motto: “If in heaven you don’t excel/ You can always party down in hell.”

Queenie, a vaudeville dancer and platinum blonde

Jean Harlow look-alike, falls for Burrs, a clown. After three years of his abuse, she decides to throw a party and put him “on the rack” by whatever means necessary. The story becomes a cautionary “watch out what you wish for” tale.

Andrew Lippa wrote the book, music, and lyrics. Many of the edgy songs recall the late, pre-Depression 1920s: a sense of foreboding lingers in their frenzy. A persistent problem with the book and music, however: Lippa gives everyone a tune, but many don’t fit the moment. Set pieces halt the party’s manic pace. The show stops and then must restart.

The Coronado production, smartly directed by David Kelso and choreographed by Jennifer Rubio, hits inevitable lulls but makes up for them with an infectious spunk and strong individual performances. As Queenie (who changes, improbably, from full-bore decadent to lost waif), Chrissy Burns belts songs and dances with flapper-era verve. Eric Vest is first-rate as Burrs, who suffers a complete comeuppance. Kerianne Rice’s always-impres-

sive Kate opens Act 2 with “The Life of the Party” and performs like a one-person band (her vocal range leaps from whispering woodwinds to brassy trombones). Though of varying talents, the supporting cast holds nothing in reserve, and in songs like “Raise the Roof,” they do exactly that. ■

## THEATER LISTINGS

*Theater listings and commentary are by Jeff Smith. Information is accurate according to material given us, but it is always wise to phone the theater for any last-minute changes and to inquire about ticket availability. Many theaters offer discounts to students, senior citizens, and the military. Ask at the box office.*

**Ain’t Misbehavin’: The Fats Waller Musical Show**  
Fourthwall Entertainment presents the musical tribute to Thomas “Fats” Waller. Songs include “Honkeysuckle Rose” and “Ain’t Misbehavin’.” 619-817-8130. LAFAYETTE HOTEL & SUITES, 2223 EL CAJON BLVD., UNIVERSITY HEIGHTS. 619-296-2101. 7:30PM FRIDAY, 7:30PM SUNDAY, THROUGH FEBRUARY 28.

**Aurélia’s Oratorio**  
For 70 minutes, the elastic, irrepressible Aurelia Thierree un-jibes time and space: effects (like a kite flying its handler or an alarm clock

putting her to sleep) cause their causes; inanimate objects assault people (beware of sport coats bearing gifts); and fictions, like a toothy cartoon monster, can have a devastating chomp. Thierree becomes an Alice in a dualistic Wonderland, like a photograph and its negative, and her stage, like space itself, is warped. Objects move backwards or upside down. At one point, Jaime Martinez, a lithe dancer and Thierree’s co-contortionist, walks up a curtain. The evening has several lulls, in part because while some effects are magical, others don’t translate (prompting thought — what did that last one mean? — rather than wonder). Nonetheless, when Thierree’s dangling by her ankles from a red sash, or rain on a dotted lace scrim pelts her, she not only makes the stage a Wonderland, she owns it.

**Worth a try.**  
LA JOLLA PLAYHOUSE, 2910 LA JOLLA VILLAGE DR., UCSD. 858-550-1010. 8PM THURSDAY, 8PM FRIDAY, 2PM AND 8PM SATURDAY, 2PM SUNDAY, THROUGH FEBRUARY 28.

**The Country Wife**  
Old Globe/University of San Diego Graduate Theatre Department present William Wycherly’s Restoration comedy (considered at the time too outrageous to perform). Ray Chambers directed. UNIVERSITY OF SAN DIEGO, 5998

ALCALÁ PARK, USD. 619-260-4600. 8PM SATURDAY, 2PM SUNDAY, 8PM TUESDAY, 8PM WEDNESDAY.

**Culture Clash in AmeriCCa**  
CC is back with a show at once funny, satirically barbed, and quite moving. For years the Latino troupe has gone around the country interviewing diverse Americans, eliciting responses you won’t often hear on TV (in fact, you realize how white-bread TV’s become when you hear the Clash on how it feels to be a Muslim taxi driver or a Vietnam vet who can’t afford to live in the country he “defended” — in the same scene with a Ugandan and a Filipino extolling its freedoms). Their current show, which runs for only two weeks at the San Diego Rep, blends old and new material. It’s at once an oral history and a “performance collage” update on where things are, especially in San Diego (CC does something not enough local writers do: tell you things you didn’t know about our region). Richard Montoya performs arresting monologues, woven with humor and pain; Ricardo Salinas does his hilarious anatomy of salsa styles, among other bits; and Herbert Siguenza creates a panoply of so many different characters it’s hard to choose a favorite. **Critic’s pick.** LYCEUM THEATRE, 79 HORTON PLAZA, DOWNTOWN. 619-544-1000. 8PM

THURSDAYS, 8PM FRIDAYS, 2PM AND 8PM SATURDAYS, 2PM AND 7PM SUNDAYS, 7PM WEDNESDAYS, THROUGH MARCH 7.

**A Delicate Balance**  
OnStage Playhouse offers Edward Albee’s portrait of a complacent couple taken aback when longtime friends arrive at their door. Michael Thomas Tower directed. ONSTAGE PLAYHOUSE, 291 THIRD AVE., CHULA VISTA. 619-422-7787. 8PM THURSDAY, 8PM FRIDAY, 8PM SATURDAY, THROUGH FEBRUARY 27.

**Hansel and Gretel**  
Lyric Opera San Diego presents Engelbert Humperdinck’s musical, based on the children’s fairy tale. LYRIC OPERA SAN DIEGO, 2891 UNIVERSITY AVE., SUITE 1, NORTH PARK. 619-239-8836. 2:30PM SUNDAYS, OPEN-ENDED RUN.

**An Inspector Calls**  
Lamb’s Players stages J.B. Priestley’s thought-provoking whodunit about the Birlings, a well-to-do family, and the world outside. Robert and Deborah Gilmour-Smyth directed. LAMB’S PLAYERS THEATRE, 1142 ORANGE AVE., CORONADO. 619-437-0600. 7:30PM THURSDAYS, 8PM FRIDAYS, 4PM AND 8PM SATURDAYS, 2PM SUNDAYS, 7:30PM WEDNESDAYS, THROUGH MARCH 21.

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# Calendar THEATER

## Little Women

North Coast Repertory Theatre stages the world premiere of Jacqueline Goldfinger’s “adaptation of a play with music,” based on Louisa May Alcott’s novel. Kirsten Brandt directed.

NORTH COAST REPERTORY THEATRE, 987-D LOMAS SANTA FE DR., SOLANA BEACH. 858-481-1055. 8PM THURSDAYS, 8PM FRIDAYS, 8PM SATURDAYS, 2PM AND 7PM SUNDAYS, THROUGH MARCH 14.

## Lost in Yonkers

In Neil Simon’s Pulitzer Prize-winning drama, young Jay and Arty Kurnitz move in with their grandmother, a Germanic glacier who runs her walk-up apartment with Hitlerian control. But what promises to be a battle between wise-cracking kids and a cane-wielding battle-ax instead focuses on a sad, in some ways tragic couple:

Grandma K and her 35-year-old, mentally challenged daughter Bella, whose mind, a boy quips, “is closed for repairs.” In the Old Globe production, Judy Kaye doesn’t need the persistently melodramatic effects — lights suddenly dimming, her cane thumping the ground — to accompany the grandmother’s en-trances, since Kaye makes her an iron-gray cold-front set to storm on all opposition, including Jennifer Regan’s Bella, a grown woman trapped in a child’s mind. Stephen Kaplan and Austyn Myers play the young brothers with impressive minimalist choices. Jeffrey M. Bender’s Louie, a mob “henchman,” has been a survivor, up to now. Amanda Naughton and Spencer Rowe contribute in minor roles. And Alejo Vietti’s costumes evoke the period — 1942 — and the family’s strapped economic status. (Note: due to popular demand, the Old Globe Theatre has extended the run of this show.)

### Worth a try

SHERYL AND HARVEY WHITE THEATRE, 1363 OLD GLOBE WAY, BALBOA PARK. 619-234-5623. 8PM THURSDAYS, 8PM FRIDAYS, 2PM AND 8PM SATURDAYS, 2PM AND 7PM SUNDAYS, 7PM TUESDAYS, 7PM WEDNESDAYS, THROUGH MARCH 7.

## The Man Who

Oliver Sacks’s book *The Man Who Mistook His Wife for a Hat* (1985) drew attention to a relatively new subject: syndromes related to the



Somewhere between Smyrna and Frog Level, North Carolina (*Pump Boys and Dinettes*)

right hemisphere of the brain (which controls how we perceive space, recognizing faces, imagery, and also music). Sacks called the right the side of the self and illustrated the humanity of his subjects, as does Sir Peter Brook’s staging. In New Village Arts’ production, it’s clear that director Kristianne Kurner wants to avoid making *The Man Who* a freak show (at times, however, Scott Paulson’s otherwise excellent sounds and electric charges zapping in circles make ghoulish comments). Less clear is what the theater piece intends. The approach, for the most part, is cold and clinical, and most of the show’s 90 minutes have a rational, left-brain quality: an accumulation of pathologies. Toward the end, breakthrough scenes — Ron Choularton with Tourette’s syndrome, Manny Fernandes speaking in deeply felt but meaningless sentences — reveal what Sacks was after: what a patient’s “situation” feels like.

NEW VILLAGE ARTS THEATRE, 2787-B STATE ST., CARLSBAD. 760-433-3245. 8PM THURSDAY, 8PM FRIDAY, THROUGH FEBRUARY 26.

## The Marriage Bed

In Nona Shepphard’s comedy, Val’s a radical lesbian feminist convinced that marriage is an ancient patriarchal institution. Her partner of seven years, Jenaya, is a middle-class lawyer who has concealed her

sexual preference from her Hindu family. When the British government passes the Civil Partnership Act, which recognizes and gives rights to gay and lesbian partnerships, the should’s and should-not’s stack up swiftly. For Diversionsary Theatre, director Rosina Reynolds has crafted a charming two-hander with deft theatrical touches, including shadow- and real puppets. Craig Noel Award-winner Dana Hooley (Val) and a sprightly Dre Slaman (Jenaya) perform in, on, and around a prominent four-poster bed. Accentuated by Jennifer Brawn Gittings’s excellent costumes, Val and Jenaya are at once diverse — the one extroverted, the latter intro- — and a keenly matched pair.

### Worth a try

DIVERSIONARY THEATRE, 4545 PARK BLVD., UNIVERSITY HEIGHTS. 619-220-0097. 7:30PM THURSDAY, 8PM FRIDAY, 8PM SATURDAY, 2PM AND 7PM SUNDAY, THROUGH FEBRUARY 28.

## mother killer

The Theatre, Inc., stages Marianne McDonald’s new translation of Euripides’ *Orestes*. Because she murdered his father, Orestes kills his mother. Douglas Lay directed. THEATRE, INC., 899 C ST., EAST VILLAGE. 619-216-3016. 8PM THURSDAYS, 8PM FRIDAYS, 8PM SATURDAYS, 7PM SUNDAYS, THROUGH MARCH 21.

## National Comedy Theatre

The National Comedy Theatre presents a 100-minute improv comedy show based completely on

audience suggestions. The show is “appropriate for all audiences.” NATIONAL COMEDY THEATRE, 3717 INDIA ST., MISSION HILLS. 619-295-4999. 7:30PM AND 9:45PM FRIDAYS, 7:30PM AND 9:45PM SATURDAYS, OPEN-ENDED RUN.

## A Night of Broadway in Song

As part of Black History Month, Community Actors Theatre presents a musical revue celebrating “a few of the many colorful contributions by African-Americans to the Broadway musical.” COMMUNITY ACTORS THEATRE, 2957 54TH ST., COLLEGE AREA. 619-264-3391. 8PM FRIDAYS, 8PM SATURDAYS, 3PM SUNDAYS, THROUGH MARCH 7.

## Night of the Laughing Dead...We’re Dying to Cast You!

Mystery Cafe Dinner Theatre celebrates its 20th season with Victoria Valasco and James Pascarella’s interactive comedy. An eccentric director is doing a live broadcast of his full-length horror film, and the audience is encouraged to audition. Valasco directed. MYSTERY CAFÉ, 505 KALMIA ST., BANKER’S HILL. 619-544-1664. 7:30PM FRIDAYS, 7:30PM SATURDAYS, OPEN-ENDED RUN.

## The Piano Lesson

In August Wilson’s Pulitzer Prize-winning drama, a family heirloom prompts a ferocious tug-of-war. It’s a piano with the family’s history carved on its polished wood. To Berniece the piano’s priceless. To

her brother, Boy Willie, its sale would earn enough money to buy a handsome piece of land in the South. As she did for Cygnet Theatre’s *Fences*, director Delicia Turner Sonnenberg displays a deep affinity for Wilson. So does her top-notch cast and design team (Jerry Sonnenberg, set; Megan Schmidt, costumes; Eric Lotze, lighting). Mark Christopher Lawrence is a terrific Boy Willie. Born in a “time of fire,” he will do anything — even wrestle a ghost — to fulfill his dream. As Berniece, Monique Gaffney is a force for preservation. Her toe-to-toe battles with Lawrence attain such an epic stature that their dilemma feels unsolvable (other than Solomon the piano in half). But the play’s ending, “from somewhere old,” makes for a dramatic, terrifying, and ultimately moving resolution.

### Critic’s pick

CYGNET THEATRE — OLD TOWN, 4040 TWIGGS ST., OLD TOWN. 619-337-1525. 7:30PM THURSDAYS, 8PM FRIDAYS, 2PM AND 8PM SATURDAY, 2PM AND 7PM SUNDAY, THROUGH FEBRUARY 28.

## Plays by Young Writers

The Playwrights Project stages winning scripts from the 25th annual California Young Playwrights Contest. For a list of plays, dates, and times, call the Lyceum Theatre, 619-544-1000. LYCEUM THEATRE, 79 HORTON PLAZA, DOWNTOWN. 619-544-1000. 7:30PM FRIDAY, 7:30PM SATURDAY, 2PM SUNDAY, THROUGH FEBRUARY 28.

## Pump Boys and Dinettes

This spunky musical functions just like its subject. It’s set at a filling station/diner on Highway 57, between Smyrna and Frog Level, North Carolina. While tourists make pit stops to replenish themselves for the road ahead, the musical encourages its audience to make the theater a rest area, where the world slows down, the “pump rock” music can be raucous or soothing, and — except for the owner of the Winnebago on the blocks awaiting overdo repairs — everyone’s a forgiving soul. Lamb’s Players director Deborah Gilmour Smyth has coaxed just the right spirit from her cast of six, each doing a standout number: among them Leonard Patton’s “Mona,” Jim Mooney’s “Serve Yourself” (“I may be a retard but I ain’t no spare”), Marci Anne Wuebben’s “Be Good or Be Gone,” and Season Duffy’s “Best Man (I Never Had).” Led by Nick Spear and backed by Oliver Shirley’s steady bass, the band’s as adept at country as at rock. They perform on Mike Buckley’s set, a combination of realistic details and, as lit by Buckley, a mite larger

than life glow. 619-437-0600. (Due to popular demand, Lamb’s has extended the run of this show.)

### Worth a try

HORTON GRAND THEATRE, 444 FOURTH AVE., DOWNTOWN. 619-234-9583. 7:30PM THURSDAYS, 8PM FRIDAYS, 4PM AND 8PM SATURDAYS, 2PM SUNDAYS, THROUGH MARCH 28.

## Re-Drowning Ophelia

In Katie Henry’s comedy, “Six girls try to survive St. Dymphna’s [the patron saint of mental illness] without falling into the trap of becoming an Ophelia, an Alpha, an Omega, or a Gamma girl.” Katie Rodda directed.

LYCEUM THEATRE, 79 HORTON PLAZA, DOWNTOWN. 619-544-1000. 7:30PM SATURDAY, 2PM SUNDAY, THROUGH FEBRUARY 28.

## The Seagull

UCSD Theatre & Dance presents Anton Chekhov’s comedy-drama about young aspirations, among them love, and older certitudes. Tom Dugdale directed. UNIVERSITY OF CALIFORNIA SAN DIEGO, 9500 GILMAN DR., UCSD. 858-534-2230. 8PM THURSDAY, 8PM FRIDAY, 8PM SATURDAY, THROUGH FEBRUARY 27.

## The Secret Garden

Patio Playhouse stages the popular musical version of Frances Hodgson Burnet’s novel, celebrating its 100th anniversary. Geoffrey Cox directed.

PATIO PLAYHOUSE, 201 EAST GRAND AVE., ESCONDIDO. 760-746-6669. 8PM FRIDAYS, 8PM SATURDAYS, 2PM SUNDAYS, THROUGH MARCH 14.

## The Tempest

North Coast Repertory Theatre and MiraCosta College present Shakespeare’s comedy-drama about an island where ultimate revenge is possible, should Prospero choose to execute it. David Ellenstein directed. Jonathan McMurtry plays Prospero, and Richard Baird Caliban. MIRACOSTA COLLEGE, ONE BARNARD DR., OCEANSIDE. 7PM WEDNESDAYS, 7:30PM FRIDAYS, 2PM AND 7:30PM SATURDAYS, 2PM SUNDAYS, THROUGH MARCH 14.

## Ten-Minute Madness III

The North Park Vaudeville & Candy Shoppe’s ensemble cast performs seven new short plays by playwrights from around the country. NORTH PARK VAUDEVILLE AND CANDY SHOPPE, 2031 EL CAJON BLVD., NORTH PARK. 619-647-4958. 8PM FRIDAYS, 8PM SATURDAYS, THROUGH MARCH 6.

## The Vagina Monologues

V-Day San Diego 2010 presents a benefit performance of Eve Ensler’s monologues to increase awareness of, and raise money for, organizations fighting violence against women. Kym Pappas directed. DIVERSIONARY THEATRE, 4545 PARK BLVD., UNIVERSITY HEIGHTS. 619-220-0097. 8PM WEDNESDAY.

## The Wild Party

The Coronado Playhouse presents Andrew Lippa’s musical, based on Joseph Moncure March’s 1928 poem about a violent, boozy 1920s party. David Kelso directed. CORONADO PLAYHOUSE, 1835 STRAND WAY, CORONADO. 619-435-4856. 8PM THURSDAYS, 8PM FRIDAYS, 8PM SATURDAYS, 2PM SUNDAYS, THROUGH MARCH 6.

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# Head to Head

*All it needs to become a genre is a label.*

Major filmmakers, minor films: Martin Scorsese, Roman Polanski, *Shutter Island* and *The Ghost Writer* respectively.

"Disturbing" would be one word for the Scorsese, maybe the best word.

Leonardo DiCaprio, the director's torchbearer now in four films, half-way to De Niro's number, starts out green

around the gills in a greenish image, literally seasick on a ferry in Boston Harbor, as well as unshaven with an unexplained Band-Aid on his forehead, en route to an Alcatrazzy asylum for the criminally insane. Partnered for the first time with a fellow U.S. Marshal out of Seattle (Mark Ruffalo), the two of them dressed like Joe and Frank on *Dragnet* in conformance with the 1954 period, he ostensibly has been summoned to the inescapable craggy island to look into a locked-room mystery, the disappearance of a shoeless female inmate from her barred and guarded cell ("It's as if she evaporated straight through the walls"), leaving behind, besides her shoes, a

cryptic note hidden under a floor tile: "The Law of 4. Who is 67?"

Our investigator has at the same time, however, an ulterior motive of sniffing out the homicidal arsonist who, he confides in due course to his

new partner, lit the fire that consumed the investigator's wife. She (Michelle Williams, an actress girlish enough not to embarrass the eternally boyish DiCaprio) will appear to him in dreams to proffer tips on how to proceed. And, on top of these visions, he experiences flashy flashbacks to his service in WWII, the liberation of Dachau, the botched suicide of the camp commandant (a gruesome bit of head-shot makeup), and the Wounded Knee or My Lai-like massacre of the Nazi guards: What would a Scorsese hero be without guilt? What would a Scorsese movie be, for that matter, without a bloody head? The marshal's stated aim is not to kill the arsonist (Elias Koteas, looking and acting like a younger De Niro, with an identity-blurring diagonal scar from brow to jaw) but rather a higher aim:

## MOVIE REVIEW

DUNCAN SHEPHERD



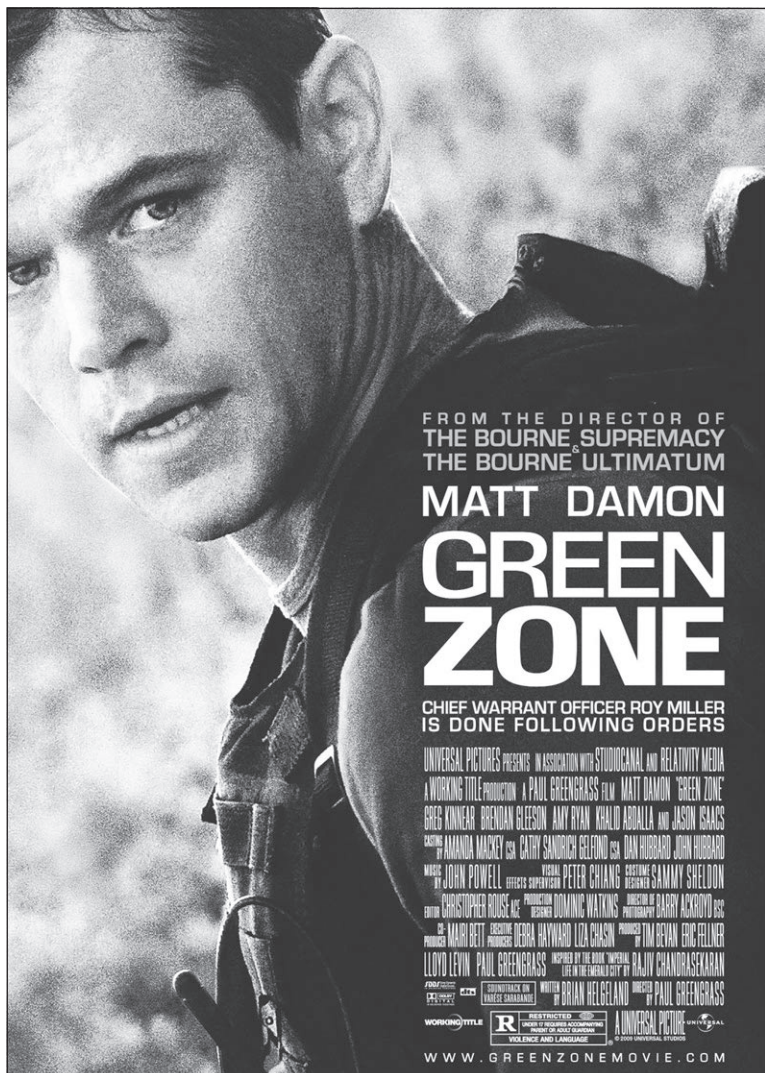
*Shutter Island*

to "blow the lid off" the secret *Manchurian Candidate*-style experiments on human guinea pigs purportedly funded by the House Un-American Activities Committee. In short, there is a lot going on, not even counting the approaching hurricane that cuts off the retreat route, the phone lines to the mainland, and for a time the

electrical power, generating much more than a traditional Old Dark House — a whole Old Dark Penal Colony.

None of that, let me be clear, is particularly disturbing. Although all of it is likely to cause difficulty in swallowing, the locked-room part of it is actually appetizing if you have a taste for that kind of thing. What's disturb-

ing, by and by, is to see a director of Scorsese's stature (not physical stature of course: picking up the Cecil B. De Mille Award at this year's Golden Globes, he looked uncannily like Eugene Levy's sawed-off Sid Dithers persona on the old SCTV comedy series) stooping to the unscrupulous bait-and-switch tactics that have become a vogue,



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# Calendar

## MOVIES

if not a full-blown genre, ever since *The Sixth Sense*. All it needs to become a genre is a label: the gotcha genre, the pull-the-rug-out genre, the nothing-as-it-seems genre, the just-fooling genre. (Suggestions wanted.) It's the sort of film, in consequence, that puts the critic in a tricky spot: if he's not "spoiling" it, he's colluding in it.

Saying even that much is, I suppose, spoiling it. But after all, it was already rotten to begin with. (The source, not to fix the blame on Scorsese, who took over the project from Wolfgang Petersen, is a Dennis Lehane novel, and even

though I haven't read it, I can imagine that at least the anagrams would have played fairer on the page.) The thickening Kafka-esque atmosphere, as befits a rat in a maze, alerts us that we are not going to get the type of locked-room solution we expect from a detective like Dr. Gideon Fell. But it is only our instilled deference to Martin Scorsese that would prevent us from anticipating, at the heart of the maze, the cheesy cheat which makes nonsense of everything we've come through. Or if not nonsense, at best irrelevance and at worst malpractice. There is a single word offered up as a rational explanation — or excuse — for every plot hole, every illogicality, every improbability, and I will do the film the favor of

revealing that the word is not "dream," although heaven knows that dreams and hallucinations do their share of patchwork in the film. I am bound to say on the other hand that the word (hint: it begins with p-s-y-c-h-o) doesn't do its job. For every hole, every illogicality, every improbability it covers up, it uncovers another.

The upshot is a terrible waste of energy, and indeed a great deal of energy unmistakably went into it, primarily that trademark overdirection that serves always as a sort of methodology of self-hype: the flash pans, the vertiginous overhead shots, the pumpkin-head closeups, the portentous tracking shots, the ponderous slo-mo, the full range of eye-grabbing gimmicks by which Scorsese sells, sells, sells his stuff. We like to see a director taking command, but when the material is piffle it can have the effect of travesty — rather like an orchestral transcription of "Itsy-Bitsy Spider" in the style of Beethoven. Admittedly there is also, included in the amount of energy, a measure of good work: not just the law-of-averages good camerawork, but more reliably Emily Mortimer, Patricia Clarkson, Ted Levine, John Carroll Lynch, Max von Sydow. Wasted, too.

The Polanski, *The Ghost Writer*, comes off far more successfully, but not because its basic material gives it any advantage. A literary hack (Ewan McGregor) — "You name it, he ghosts it" — lands the plum assignment of, for a cool quarter of a million, polishing up the memoirs of a Tony Blair-ish former British Prime Minister (Pierce Brosnan), stepping into the shoes of the previous silent collaborator who has unaccountably left his car on the ferry — evidently not far geographically from the *Shutter Island* ferry — and washed up on shore: accident? suicide? And is it only a coincidence that the ex-P.M. is just now coming under fire for alleged human-rights violations in the War on Terror? The adaptation of a Robert Harris political potboiler really doesn't amount to much: standard portions of knee-jerk paranoia and mechanical plotting, to say nothing of the so-what final revelation that feels as concocted as it feels anticlimactic. (The predictable critical invocations of Hitchcock seem misguided from the get-go: the Master's involvement in topical politics never went beyond rubber-stamp anti-Nazism in the Second World War and anti-Communism in the Cold War, and never went near any cynicism about our side.)

But Polanski, while dealing coincidentally with comparable buckets of rain around a comparable island fortress, proves himself a much better judge

than Scorsese (which one's the taller, though?), pacing himself prudently, walking a razor's edge between anxiety and mirth, allowing the plot to unfold without rush, getting to know the cast of characters as palpable human beings — Olivia Williams a standout as the politician's astringent wife — and keeping the bedrock of political piety pretty well buried. (I hope I can speak this way without signalling a willingness to sign some petition for Polanski's release from house arrest in Switzerland, a totally separate issue.) In the later stages of his career, it is in genre pieces such as *Frantic* and *The Ninth Gate*, and now this, that the director's mastery is most apparent, not where he subjugates it to greater causes: the classics (*Oliver Twist*), the Holocaust (*The Pianist*), political torture front and center (*Death and the Maiden*) rather than, as it is here, political torture in the wings. He seems in these circumstances to raise the level of his game by necessity, as though he can't count on his teammates, can't coast.

His personality, his imprint, is in any event ever-present in the scooped-out bowl-shaped space, so open and ominous and oppressive, and in the off-center observations of people and places. Yet he feels no Scorsesean urge to throw in the kitchen sink, or even the spatula, the can opener, the coffee pot, the meat cleaver. Knife and fork will suffice. And when at last he elects to turn up the heat on the stove top — the brilliant device of following a preprogrammed computer route in the dead man's car to a destination unknown, the prickly interview that awaits at that destination ("A less equable man than I," rasps a pedantic Tom Wilkinson, "might begin to find your questions impertinent"), and the black sedan with tinted windows lurking outside afterwards — the effect is delectable. A sustained tingle. It may not hold all the way to the end, but it comes close. ■

## MOVIE LISTINGS

All reviews are by Duncan Shepherd. Priorities are indicated by one to five stars and antipathies by the black spot. Unrated movies are for now unreviewed. Thousands of past reviews sorted alphabetically, by year of release and by rating, are available online at SanDiegoReader.com.

**Avatar** — Ambitious merger of live action and computer animation, with at least one groundbreaking 3-D effect: English subtitles for the language spoken on the celestial body of Pandora inserted on a plane in the middle distance between a foreground figure and an upstage figure, as if the foreground one could look down and read the subtitle himself. This effect is silly, is pretentious, is pointless, and nonetheless is fun. Much the same could be said of the movie as a whole. Silly, pretentious, pointless, and fun is surely less than writer and director

James Cameron had in mind for his first feature film since *Titanic* twelve years before, a two hour and forty-five minute "visionary" science-fiction epic that dishes up an allegory on globalism, a warm-over of the old science-versus-military debate, a dose of Noble Savage romanticism, a Capt. Smith and Pocahontas culture-clash romance, an ecological message, and a tree-felling that insistently recalls the toppling of the World Trade Center. There appears little doubt that Cameron drew upon all his mental powers, yet happily those powers prove too feeble, too reliant on convention and stereotype, or if you wish to make it sound better, on tradition and archetype, to ruin the fun. The powers themselves, with their rumble of self-importance and their straining for significance, are part and parcel of the kitschy fun. Sam Worthington, Sigourney Weaver, Stephen Lang, Giovanni Ribisi, Michelle Rodriguez. 2009. ★★ (CARMEL MOUNTAIN 14; CHULA VISTA 10; DEL MAR HIGHLANDS 8; FASHION VALLEY 18; GROSSMONT CENTER 10; HORTON PLAZA 14; LA COSTA 6; LA JOLLA 12; MISSION MARKETPLACE 13; MISSION VALLEY 7; MISSION VALLEY 20; OTAY RANCH 12; PALM PROMENADE 24; PLAZA BONITA 14; POWAY 10; RIVER VILLAGE 6; TOWN SQUARE 14)

**The Blind Side** — Soft warm cozy sports story from the maker of *The Rookie*, John Lee Hancock, about a headstrong well-to-do white Memphis housewife who takes under her wing and under her roof a homeless black gentle giant, an irresistible force meeting an immovable object. Sandra Bullock stays obstinately on the surface of her role, and Quinton Aaron is touchingly minimalist as Michael Oher, a future first-round NFL draft pick. Very late in the game a couple of aspersions are cast on the motives of Oher's adoptive parents, aspersions which, if shown to be even fractionally valid, might have made a more interesting movie. With Tim McGraw, Jae Head, Lily Collins, Kathy Bates, and assorted college-football coaches as themselves, Nick Saban, Phil Fulmer, Lou Holtz, et al. 2009. ★ (CARMEL MOUNTAIN 14; HORTON PLAZA 14; TOWN SQUARE 14)

**The Book of Eli** — Post-apocalyptic chic. In metallic monochrome, in sterilizing shafts of light, in portentous slo-mo, Denzel Washington safeguards the only extant copy of the King James Bible, with his archer's bow, shotgun, pistol, and terrible swift sword: the new Messiah. One of many head-scratchers is why on earth the tin-pot town boss in the middle of the Southwest desert, lording it over a bunch of illiterate ruffians, wants to get his hands on the book, much less knows of its existence. With Gary Oldman, Mila Kunis, and the ever-lovely Jennifer Beals; directed by the Hughes Brothers. 2010.

● (FASHION VALLEY 18; GASLAMP 15; MISSION MARKETPLACE 13; MISSION VALLEY 20; PLAZA BONITA 14)

**Cop Out** — Action comedy starring Bruce Willis and Tracy Morgan, directed by Kevin Smith.

(CARMEL MOUNTAIN 14; CHULA VISTA 10; DEL MAR HIGHLANDS 8; FASHION VALLEY 18; GROSSMONT CENTER 10; HORTON PLAZA 14; LA COSTA 6; LA JOLLA 12; MISSION MARKETPLACE 13; MISSION VALLEY 7; MISSION VALLEY 20; OTAY RANCH 12; PALM PROMENADE 24; PLAZA BONITA 14; POWAY 10; RIVER VILLAGE 6; SANTEE DRIVE IN; TOWN SQUARE 14; FROM 2/26)

**The Crazies** — Breck Eisner's remake of a George Romero horror film, with Timothy Olyphant and Radha Mitchell. (CHULA VISTA 10; DEL MAR HIGHLANDS 8; FASHION VALLEY 18; GROSSMONT CENTER 10; HORTON PLAZA 14; LA JOLLA 12; MISSION MARKETPLACE 13; MISSION VALLEY 7; MISSION VALLEY 20; OTAY RANCH 12; PALM

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**Crazy Heart** — Jeff Bridges is pretty much the whole show, and a generous show it is. His Bad Blake, given name to be held back for the gravestone, is an over-the-hill and down-on-his-luck C&W singer still living the life of a C&W song, four marriages behind him, long lonely drives and cheap motels and cheaper women in front of him, a chain smoker and a hard-at-it alcoholic (preferred poison, fictitious McClure's bourbon) on a free fall to the unseen bottom and, on impact, the uncertain bounce-back to redemption. As one of his lyrics neatly sums it up: "I used to be somebody, now I'm somebody else." The actor's singing voice amounts to a dull blade that has a hard time cutting through the expert arrangements by T Bone Burnett, who with the late Stephen Bruton co-wrote the original songs in the crying-in-your-beer genre. But then too, the actor's speaking voice, a low rumble through a mouthful of marbles, has a hard enough time cutting through thin air, as if he could use a hit of oxygen before and after each utterance. To outward appearances, he's approximately one-third Kris Kristofferson (the constipated voice and the wheezy wince to produce it) and two-thirds Waylon Jennings (the greasy stringy hair, the bedraggled beard, the shades, the leather vest, the paunch), in no part original but in every part authentic. With Maggie Gyllenhaal, Colin Farrell, and Robert Duvall; directed by Scott Cooper. 2009. ★★★★★ (FLOWER HILL 4; GROSSMONT CENTER 10; HILLCREST CINEMAS; LA JOLLA 12; TOWN SQUARE 14)

**Creation** — Tracing the origin of *The Origin of Species* produces the sort of stuffy biopic that once would have starred Paul Muni. Granted, in those days the achievement of Charles Darwin would not have been summed up in such bellicose terms as "You've killed God, sir," and this alone may be sufficiently satisfying for the acolytes of Bill Maher. But the writing of a book, even one containing "the biggest single idea in the history of thought," is inherently not a screen-friendly subject, and it will not be warmed up by exhibitionistic struggles with health and sanity, hallucinations, bad dreams, ghostly apparitions, laboratory specimens coming to life in their glass jars. And the climax where the conflicted naturalist leaves the fate of his book in the hands of his God-fearing wife is as hokey as it is unsuspenseful. Paul Bettany and Jennifer Connelly, in those roles, submit graciously to Jon Amiel's graceless closeups. Jeremy Northam, Toby Jones, Benedict Cumberbatch. 2010. ● (LA JOLLA VILLAGE)

**La Danse** — This privileged peek inside the Paris Opera Ballet — more than a peek, a thorough probe — ought to be catnip to anyone interested in classical and modern dance, or for that matter in artistic creation in any form, the process of bringing execution in line with conception. Veteran documentarian Frederick Wiseman provides no narrative thread and no commentary from within or without the picture frame, just random drop-ins on rehearsals (predominantly), polished performances, conferences in the inner sanctum, costume and makeup departments, the cafeteria, the corridors, anywhere and everywhere, down to the lone custodian picking up trash in the baroque auditorium. At over two and a half hours, it would be difficult to say that it couldn't have been tightened. Illuminating as it all is, it would be equally difficult to say exactly where it could have been tightened. 2009. ★★★★★ (GASLAMP 15)

**Dear John** — Wartime romance beginning in the spring of 2001 (you know what's

coming) and stretching up to the present, staggeringly basic and banal in its specifics, turning on a senseless withholding of information for the sole purpose of contrived misunderstanding and revealed nobility. It issues from a novel by Nicholas Sparks, always a harbinger of goopy absurdity, and the chief function of director Lasse Hallstrom, at one time a halfway serious filmmaker, is to pour sunlight, moonlight, and firelight over it like syrup. The buggy-eyed Amanda Seyfried manages to convey maybe a month's worth of maturation over the decade-long storyline, but Channing Tatum makes a tiptop military type, a strong, silent type, guarded, humble, a tad pent-up, a tad petulant, several tads chivalrous. He merits some sort of medal for his recitation of the "I am a coin" letter to his dying numismatist dad. With Richard Jenkins and Henry Thomas. 2010. ● (CARMEL MOUNTAIN 14; CHULA VISTA 10; DEL MAR HIGHLANDS 8; FASHION VALLEY 18; GASLAMP 15; GROSSMONT CENTER 10; LA JOLLA 12; MISSION MARKETPLACE 13; MISSION VALLEY 20; OTAY RANCH 12; PALM PROMENADE 24; PLAZA BONITA 14; POWAY 10; TOWN SQUARE 14)

**Edge of Darkness** — Mel Gibson, in his first starring role in eight years, comes back strong, and gracefully aged, as a Boston police officer tracking down his daughter's shotgun killer. The detective work — the

mistaken first assumption is that the detective himself was the intended target — is solid and followable, and it offers a fair share of ah-ha moments. (Nice one: the lock of the daughter's hair snipped on the coroner's slab later reads as radioactive on the Geiger counter in her personal effects.) If the investigation depends overmuch on bullish Dirty Harry tactics to move it along, it at least pulls up short of the overscaled action — the outrageous chases, the explosions, the Hong Kong combat — that has so numbed the contemporary action film. There are other ways to heighten the scale, however. And at this late date we can scarcely be surprised, we can at best be resigned, that a grade-A mainstream murder mystery (based, like Steven Soderbergh's *Traffic* and Kevin Macdonald's *State of Play*, on a British TV miniseries) would lead ultimately to matters of national security and nuclear weaponry. Ray Winstone, Danny Huston, Bojana Novakovic, Caterina Scorsone; directed by Martin Campbell. 2010. ★★ (FASHION VALLEY 18; HORTON PLAZA 14; MISSION VALLEY 20; PLAZA BONITA 14)

**An Education** — A precocious English schoolgirl of 1961 (a cellist, a Francophile, a devotee of the Pre-Raphaelites, a sneaky smoker for sophistication), on track for Oxford, gets rerouted by a shady older man who shows her the finer things of life: a Ravel concert, a Christie's auction, night-

clubs, Paris. The foreseeable end is a bit of a slog, but the film in the early stages is very good on the pretensions of intelligent youth, and very good on the heady intoxication of growing up fast. Peter Sarsgaard's British accent is hit-and-miss; and the prim schoolmarm of Olivia Williams, a beauty disguised in eyeglasses and pulled-back hair, is strictly stock; and the comic portraits of the heroine's hidebound dad, a same-aged fumbling suitor, and a blond bimbo (Alfred Molina, Matthew Beard, Rosamund Pike, in order) are sharp but narrow. Keeping things fully alive throughout, however, is Carey Mulligan in the lead, showing off, among her other talents, the freshest smile since Eleanor Powell: plenty of teeth with a demure downturn at the corners of the mouth. And Sally Hawkins, back to reality from the giddy heights of *Happy-Go-Lucky*, has a tiny but vital part to play. With Cara Seymour, Dominic Cooper, Emma Thompson; directed by Lone Scherfig. 2009. ★★★★★ (CARMEL MOUNTAIN 14; HILLCREST CINEMAS; TOWN SQUARE 14)

**From Paris with Love** — John Travolta, totally unrestrained, as a self-admiring U.S. superspy with the demeanor of a Hell's Angel ("Tell me that wasn't some impressive shit!"), shooting up the City of Light in a grainy sawtooth digital image. Jonathan Rhys Meyers affects a credible American accent as his timid embassy liaison, perhaps the only credible thing in the movie. Directed by Pierre Morel. 2010. ● (FASHION VALLEY 18; HORTON PLAZA 14; MISSION VALLEY 20; OTAY RANCH 12; PALM PROMENADE 24; PLAZA BONITA 14)

**The Ghost Writer** — Reviewed this issue. With Ewan McGregor, Pierce Brosnan, Olivia Williams, Kim Cattrall, and Tom Wilkinson; directed by Roman Polanski. ★★★★★ (FLOWER HILL 4; HILLCREST CINEMAS; LA JOLLA VILLAGE; FROM 2/26)

**The Hurt Locker** — Fictitious countdown of the final six weeks in the twelve-month tour of an army bomb squad in Baghdad. The living and working conditions in a color-free wasteland appear per-

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San Diego Reader February 25, 2010 117



# Calendar MOVIES

fectly credible, and the quasi-science-fictional details of the job — the spaceman protective suits, the remote-control bomb-sniffing robot, the tangle of colored wires, the hide-and-seek triggers — are highly enlightening. And the defusing of bombs — the constant prospect of their blowing up in our faces — carries a guaranteed tension, as witness such forerunners as Robert Aldrich's *Ten Seconds to Hell* or Michael Powell's and Emeric Pressburger's *The Small Back Room*. The ambush in mid-desert, outside the squad's normal sphere of operations, is if anything even tenser: more unpredictable, more open to possibilities. Kathryn Bigelow, one of the rare female action directors, dead-set on matching any man in muscle, favors here the combat-footage filmmaking style of jostles and jars to the camera, punchy zooms, whiplashing

pans, and a chronic shaky hand, not necessarily restricted to scenes of combat. This is trendy at best, a tired cliché at worst. (The amplified heartbeat and the slo-mo explosion ought to be put to bed for a rest period of not less than a generation.) She takes a lot of time on the action scenes, or more broadly the tension scenes, and not much time in between, so that the three principals — Jeremy Renner, Anthony Mackie, Brian Geraghty, each of them looking the part — are thin on character, static in development, no more than generic as opposed to individual soldiers. With Guy Pearce, Ralph Fiennes, David Morse. 2009. ★★ (CARMEL MOUNTAIN 14; FLOWER HILL 4; GASLAMP 15)

**The Imaginarium of Doctor Parnassus** — A Terry Gilliam exercise in excess, as dense, as heavy, as torpifying as a Christmas fruitcake. (Or as *Brazil*, *The Adventures of Baron Munchausen*, *The Brothers Grimm*.) The muffled narrative, revolving around an immortal travelling showman, his magic-mirror portal to the realm of imagination,

and his deal with the Devil, gets overpowered by the relentless production: the desolate stark smoky post-apocalyptic real world and the digitalized escape-scapes, a bit of Oz, a bit of Wonderland, a bit of Middle-Earth, a bit of Maxfield Parrish crossed with Salvador Dali. Just to make the weird weirder, all of it's apt to be shot in bulbous wide angles. Released nearly two years after his death in mid-shoot, this constitutes Heath Ledger's final screen appearance, a supporting role (given deceitful top billing) resourcefully completed by a tag team of Johnny Depp, Jude Law, and Colin Farrell, each of whom, uniformly dressed and groomed, appears more engaged in the role. In the last analysis it deposits a spot of tarnish, a smudge of dullness, on the Ledger legend. Christopher Plummer, Andrew Garfield, Lily Cole, Tom Waits. 2009. ★ (GASLAMP 15)

**It's Complicated** — Romantic-comic triangle composed of a fifty-something divorcee, her remarried but re-interested ex-husband, and her too-good-to-be-true divorced architect: "Your age is one of my favorite things about you." The grown children have no problems of their own, and the level of affluence — not to forget level of gourmet cuisine — removes all other problems, so that a hypothetical air prevails. In truth, it's complicated enough already. (The chorus of confidantes drops out of sight when we need them most.) Meryl Streep brings to her role her usual fine detail and wide dynamics, and Alec Baldwin brings an amusing girth. With Steve Martin, John Krasinski, and Lake Bell; written and directed by Nancy Meyers. 2009. ★ (FASHION VALLEY 18; FLOWER HILL 4; HORTON PLAZA 14; POWAY 10)

**Labyrinth** — In outline, it sounds like a children's story an adult could endorse and enjoy. But "in detail" is another matter. A self-absorbed teenager, put out at having to babysit her little brother, invokes the goblins to take him away (she has been rehearsing a play coincidentally called *The Labyrinth*, about goblins stealing a child). To her chagrin, they do just that, and now she has to exercise some selflessness and fetch him back. The creatures, alas, are under the direction of Jim Henson (the Mup-

pet man), or in other words are about as menacing as Woolworth's toy department; and David Bowie's Goblin King, with a Tina Turner-ish Kabuki haircut, is like an obliging guest star on TV's *The Muppets Show*. Written by Terry Jones (the Monty Python man); photographed by Alex Thomson; with Jennifer Connelly. 1986. ★ (KEN, 2/27 MIDNIGHT)

**The Last Station** — Light sport made of a great figure, Tolstoy in his "eccentric" later years of anti-materialism, nonresistance, celibacy, vegetarianism, or, in short, Tolstoyanism. Under the starry eye of the author's new secretary, a battle of wills, including a battle over the literal will, boils up between his leading disciple and his long-time wife, the latter not fully behind the concept of giving away their private property: "You all think he's Christ, don't you?" It remains for the most part a spectacle of disinterested amusement, although something deeper develops around the deathbed. Expertly, if theatrically, acted by Christopher Plummer and Helen Mirren, and archive footage of the real personages during the closing credits affirms the studiousness of the project. With James McAvoy, Paul Giamatti, Anne-Marie Duff, and Kerry Condon; written and directed by Michael Hoffman. 2009. ★ (FLOWER HILL 4; HILLCREST CINEMAS; LA JOLLA VILLAGE; TOWN SQUARE 14)

**Legion** — The fate of the world plays out at a roadside diner in Paradise Falls at the edge of the Mojave Desert: the Archangel Michael and the Archangel Gabriel battle over the imminent illegitimate baby of a dirty-blond hash-slinger. Bombastic horror film with idiotic dialogue: "Either your child lives or mankind dies." Paul Bettany, Adrianne Palicki, Lucas Black, Dennis Quaid, Tyrese Gibson; directed by Scott Stewart. 2010. ● (HORTON PLAZA 14; MISSION VALLEY 20)

**The Lovely Bones** — Fourteen-year-old rape and murder victim, marooned in "the in-between," a/k/a "the blue horizon" dividing life and afterlife, continues to watch over her family, friends, and unapprehended killer, a quintessential creep who looks to be guiltily, self-incriminatingly, in

disguise: Stanley Tucci with a blond comb-over hairpiece, paste-on matching mustache, aviator glasses, and cotton-stuffed cheeks. Some of the depictions of the closeness of the two realms are reasonably subtle and well done: the cold gray dreamscape occupied by the fresh murder victim who doesn't yet realize she's dead and doesn't understand why she can't connect with the people she sees; or the flickering reflection of an unflickering candle flame by which the girl makes her presence known to her grieving father. But too much of the Other Side, in particular the climactic communion of all the victims of the serial killer, is spoiled by the music-video vulgarity of the CGI. With Saoirse Ronan, Mark Wahlberg, Rachel Weisz, and Susan Sarandon; directed by Peter Jackson. 2009. ★ (HORTON PLAZA 14)

**North Face** — Retro mountain film, set evocatively in the place and time of the *bergfilme* heyday, Germany in the Thirties: two uncommitted soldiers in Hitler's army, but committed mountaineers, join the pre-Olympics push to conquer "the last problem of the Alps," the north face of the Eiger, alias "the Wall of Death." Though the fact-based events don't escape the sameness of mountain-climbing movies, they are smoothly laid out in palm-dampening detail, and tortuously stretched to an operatic agony. With Benno Fürmann, Florian Lukas, Johanna Wokalek, and Ulrich Tukur; directed by Philipp Stölzl. 2009. ★★ (LA JOLLA VILLAGE, FROM 2/26)

**Percy Jackson and the Olympians: The Lightning Thief** — It would be hard to conceive a more painful introduction to Greek mythology. Or reintroduction, even more. Chris Columbus, who directed the first couple of Harry Potter entries, is looking literally for another lightning bolt — Zeus's stolen one — in the quest of a dyslexic present-day teenager, the unknown bastard spawn of Poseidon, teamed up *ad hoc* with a same-aged demigoddess and semigoat ("The politically correct term is satyr"), to retrieve his mother from Hades (located beneath the Hollywood sign), solve the mystery of the missing bolt, and avert an apocalypse. Under these circumstances, the language is appallingly banal even for a

"...delectably amusing... 'The Ghost Writer' is irresistible... this very fine film from welcome start to finish."

— Manohla Dargis, THE NEW YORK TIMES

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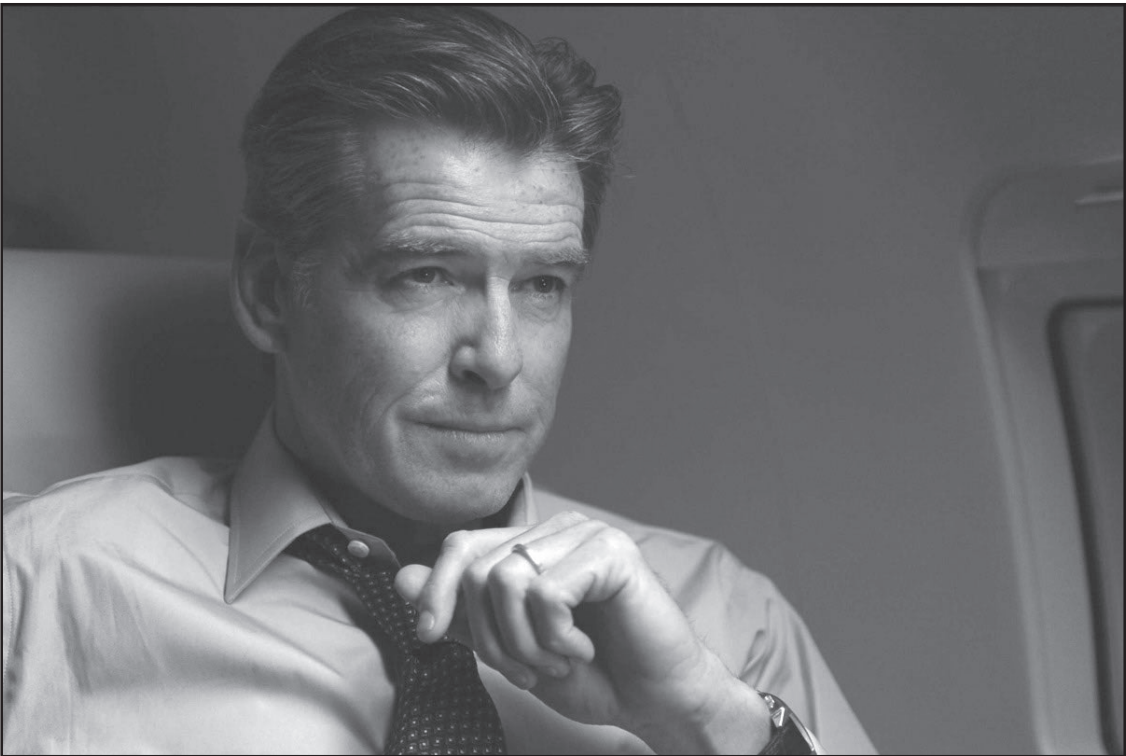
movie populated with teenagers and targeted to their juniors: “Check this out,” as an example, gets spoken no fewer than three times during the visit to Medusa’s lair and twice more in its immediate sequel. The computer-generated Fury, Minotaur, Hydra, etc., interject only technology, no magic. Logan Lerman, Brandon T. Jackson, Alexandra Daddario, Catherine Keener, Joe Pantoliano, Pierce Brosnan, Uma Thurman, Steve Coogan, Rosario Dawson. 2010.

● (CARMEL MOUNTAIN 14; CHULA VISTA 10; DEL MAR HIGHLANDS 8; FASHION VALLEY 18; GASLAMP 15; GROSSMONT CENTER 10; LA COSTA 6; LA JOLLA 12; MISSION MARKETPLACE 13; MISSION VALLEY 7; MISSION VALLEY 20; OTAY RANCH 12; PALM PROMENADE 24; PLAZA BONITA 14; POWAY 10; RIVER VILLAGE 6; SANTEE DRIVE IN; TOWN SQUARE 14)

**Precious: Based on the Novel Push by Sapphire** — A bit of well-meaning manipulation, unevenly photographed, alternately oversaturated and washed-out and glossy and grainy, centered around a Harlem African-American illiterate obese unwed teenage mother of a Down’s daughter, now pregnant again, expelled from school, abused and battered at home by her welfare mother, an incestuous rape victim of her absentee father, and oh, HIV-positive. We don’t find out all of that at once. It piles up. Some interesting effects are gotten from the heroine’s first-person voice-over, interwoven at competitive volume with the dialogue, such that it plays as interior monologue rather than expository narration. The fantasy scenes almost attain a similar musing quality, triggered as they are by the heroine’s urgent desire to escape, but the actual content of these fantasies — a red-carpet Hollywood premiere, a mirror reflection of a slender beautiful blonde in place of a fat black, a subtitled black-and-white takeoff on a telecast of De Sica’s *Two Women*, etc. — exhibit a consistent inanity which works to rob sympathy from either the film’s heroine or its director, Lee Daniels. One or the other. You choose. With Gabourey Sidibe, Mo’Nique, Paula Patton, and Mariah Carey. 2009.

★ (CARMEL MOUNTAIN 14; HORTON PLAZA 14)

**Sherlock Holmes** — Horrors! A Sherlock Holmes for the 21st Century, a man of action, a martial artist, more of a 19th-century James Bond or alternatively an urban *Wild Wild West*-erner, with a pretty-boy Dr. Watson (Jude Law) and a megalomaniacal archenemy (Mark Strong) who foretells “a journey that will twist the very fabric of nature,” not to mention the re-colonization of America. The worst of it, worse than the hero’s unseemly number of brushes with death or his embarrassing gullibility to feminine wiles, worse even than the blanketing



*The Ghost Writer* — When at last he elects to turn up the heat on the stove top, the effect is delectable.

darkness and the teeth-rattling sound and music imposed by director Guy Ritchie, is the insouciance of Robert Downey, Jr. (never mind his bad accent) in the title role. In a rare bow to discretion, he at least lays off the cocaine. Rachel McAdams, Eddie Marsan. 2009.

● (FASHION VALLEY 18; HORTON PLAZA 14; LA PALOMA)

**Shutter Island** — Reviewed this issue. With Leonardo DiCaprio, Mark Ruffalo, Ben Kingsley, Michelle Williams, and Max von Sydow; directed by Martin Scorsese.

★ (CARMEL MOUNTAIN 14; CHULA VISTA 10; DEL MAR HIGHLANDS 8; FASHION VALLEY 18; GASLAMP 15; GROSSMONT CENTER 10; LA COSTA 6; LA JOLLA 12; MISSION MARKETPLACE 13; MISSION VALLEY 7; MISSION VALLEY 20; OTAY RANCH 12; PALM PROMENADE 24; PLAZA BONITA 14; POWAY 10; RIVER VILLAGE 6; TOWN SQUARE 14)

**A Single Man** — Adaptation of the Christopher Isherwood novel detailing the planned last day of a homosexual English professor (an exquisitely tortured Colin Firth) grieving his dead lover, anally-compulsively tying up loose ends, saying his guarded goodbyes, practicing the proper posture to shoot himself in bed, laying out his burial attire with the helpful note, “Tie

in a Windsor knot.” Fashion “guru” Tom Ford, in his directing debut, sees to it that the dumps are *très chic*, almost to be envied and emulated. He demonstrates convincingly a photographic eye to go along with a curatorial taste in the early-Sixties period, although the total ambience resembles that of a retro pictorial in *Harper’s Bazaar* rather than an accurate depiction of a gloomy Brit in sunny So-Cal during the Kennedy Era. And he controls the color saturation of his imagery as if through an IV, maintaining gray drained faded tones for the present tense, pedantically contrasted with florid flushed flashbacks; and any passing sensory sensation in the faded present, any flicker of life, any tremor of reanimation, any stir of passion, will bring a sudden surge of saturation. It’s a definite idea, even if a transparent one. With Julianne Moore, Nicholas Hoult, and Matthew Goode. 2009.

★ (HILLCREST CINEMAS)

**Up in the Air** — A comedown from Jason Reitman’s auspicious first two features, *Thank You for Smoking* and *Juno*, narrowly centered as it is on a narrowly self-centered hero, a travelling corporate downsizer, a hired hatchet man, now a potential dinosaur whose way of life is threatened — by long-distance terminations via the innovation of video conferencing — before he can

reach his lone life’s goal of becoming just the seventh man in history, and the youngest ever, to log ten million air miles and to reap the benefits that come with that milestone. The smirky smugness of a back-sliding George Clooney, back at least as far as Danny Ocean if not all the way to Dr. Ross on *ER*, makes him an unlikely candidate to be handing out pink slips, unless as a grotesque expressionistic subjective projection of the pink-slip recipients. The recipients themselves, while widely varied in type, many of them having been downsized in real life, are for the most part penned up in bum’s-rush montages. And the movie overall seems to share rather too much of the protagonist’s glibness and frigidity. Waiting for a crack to appear in his façade is a sufficiently conventional plot hook, and patching up the crack afterwards is an insufficiently unconventional ending. Vera Farmiga, Anna Kendrick, Jason Bateman, Melanie Lynskey, Danny McBride. 2009.

★ (CARMEL MOUNTAIN 14; FASHION VALLEY 18; GASLAMP 15; LA JOLLA 12; LA PALOMA; TOWN SQUARE 14)

**Valentine’s Day** — Jessica Alba, Kathy Bates, Jessica Biel, Bradley Cooper, Eric Dane, Patrick Dempsey, Hector Elizondo, Jamie Foxx, Jennifer Garner, Topher Grace,

Anne Hathaway, Ashton Kutcher, Queen Latifah, Taylor Lautner, George Lopez, Shirley MacLaine, Emma Roberts, Julia Roberts, Taylor Swift. —There. That’s about all that need be said, and the ads already said it. In grudging addition, it might be considerate to say, by way of warning, that out of the multicultural, multigenerational, multidemographical alphabetical all-stars, Jennifer Garner and Ashton Kutcher command the most attention. And it might be charitable to say that only Topher Grace and Anne Hathaway demand any more. It might, too, be appropriately pointless to point out the unbilled cameo of Joe Mantegna. Apart from the celebrity merry-go-round, no other focus of interest will be found within the movie. (Without, there might be some slight interest in contractual and scheduling matters.) In Katherine Fugate’s screenplay, the navigation of the human heart, morning to night on the Fourteenth of February in Los Angeles, is as a leaf afloat on a puddle: superficial on top of shallow. But then, director Garry Marshall has never been one to venture so deep on any subject as to bother about rolling up his pants cuffs. 2010.

● (CARMEL MOUNTAIN 14; CHULA VISTA 10; DEL MAR HIGHLANDS 8; FASHION VALLEY 18; GASLAMP 15; GROSSMONT CENTER 10; LA COSTA 6; LA JOLLA 12; MISSION MARKETPLACE 13; MISSION VALLEY 7; MISSION VALLEY 20; OTAY RANCH 12; PALM PROMENADE 24; PLAZA BONITA 14; POWAY 10; RIVER VILLAGE 6; SANTEE DRIVE IN; TOWN SQUARE 14)

**When in Rome** — Frightfully unfunny romantic-comic fantasy revolving around a junior curator at the Guggenheim, a single girl in Rome for her younger sister’s wedding, who does as the Romans do not: pilfering five coins from the Fontana d’Amore and in magical consequence drawing their last owners to her like a magnet. If nothing else, with creamy-dreamy cinematography by John Bailey, this serves as a test of whether or not the chiselled and clenched Kristen Bell (*Forgetting Sarah Marshall*, *Couples Retreat*, etc.) can carry a movie by herself, albeit only a balsa-light one. Reckless would it be, off the results, to repeat the experiment taking away the helping hand of the casually confident Josh Duhamel or adding a bobby pin of extra weight. With Angelica Huston, Danny DeVito, Jon Heder, Will Arnett, Dax Shepard, Alexis Dziena, and Don Johnson; directed by Mark Steven Johnson. 2010.

● (FASHION VALLEY 18; HORTON PLAZA 14; MISSION VALLEY 20; OTAY RANCH 12; PLAZA BONITA 14)

**The White Ribbon** — In starchy, flat, monotonic black-and-white, Michael Haneke details the unsettling goings-on — unsettle-

Showtimes subject to change.  
(Bargain showtimes in parentheses.)

## CENTRAL

### CARMEL MOUNTAIN

#### Carmel Mountain 14

11620 Carmel Mountain Road (800-326-3264 #2704)

**Avatar 3D** (PG-13) Fri.-Sat. (11:55, 3:30) 7:00, 10:15 Sun. (11:55, 3:30) 7:00; **The Blind Side** (PG-13) Fri.-Sat. (11:10, 1:50) 4:30, 7:10, 9:55 Sun. (11:10a.m.); **Cop Out** (R) Fri.-Sat. (12:00, 2:45) 5:15, 7:45, 10:15 Sun. (12:00, 2:45) 5:15, 7:45; **Dear John** (PG-13) Fri.-Sat. (11:50, 2:25) 5:00, 7:30, 10:05 Sun. (11:50, 2:25) 5:00, 7:30; **An Education** (PG-13) Fri.-Sat. (10:55, 1:10, 3:20) 5:30, 8:00, 10:20 Sun. (10:55, 1:10, 3:20) 5:30, 8:00; **The Hurt Locker** (R) Fri.-Sun. (11:15, 2:00) 7:45; **Percy Jackson**

and the Olympians: **The Lightning Thief** (PG) Fri.-Sat. (11:05, 1:45) 4:25, 7:20, 10:00 Sun. (11:05, 1:45) 4:25, 7:20; **Precious: Based on the Novel Push by Sapphire** (R) Fri.-Sat. 5:15, 10:30 Sun. 5:15p.m.; **Shutter Island** (R) Fri.-Sat. (11:00, 1:50) 4:40, 7:35, 10:25 Sun. (11:00, 1:50) 4:40, 7:35; **Tooth Fairy** (PG) Fri.-Sat. (10:45, 1:05, 3:25) 5:40, 7:55, 10:10 Sun. (10:45, 1:05, 3:25) 5:40, 7:55; **Up in the Air** (R) Fri.-Sat. (11:40, 2:20) 4:50, 7:15, 9:50 Sun. (11:40, 2:20) 4:50, 7:15; **Valentine’s Day** (PG-13) Fri.-Sat. (11:35, 2:15) 5:05, 7:50, 10:25 Sun. (11:35, 2:15) 5:05, 7:50; **The Wolfman** (R) Fri.-Sat. (10:50, 1:15, 3:35) 6:00, 8:15, 10:30 Sun. (10:50, 1:15, 3:35) 6:00, 8:15

### CLAIREMONT

#### Town Square 14

4665 Clairemont Drive (800-326-3264 #2722)

**Avatar 3D** (PG-13) Fri. (12:15, 3:45) 7:00, 10:15 Sat.-Sun. (10:40) 7:00, 10:15; **The Blind Side** (PG-13) Fri.-Sun. (12:20) 7:50, 10:30; **Ce-**

line: **Through the Eyes of the World** (Not Rated) Fri. Sat.-Sun. (2:00p.m.); **Cop Out** (R) Fri.-Sun. (11:10, 12:10, 1:45, 2:45) 4:15, 5:15, 7:00, 8:00, 9:30, 10:30; **The Crazyies** (R) Fri.-Sun. (10:55, 1:10, 3:25) 5:45, 8:05, 10:20; **Crazy Heart** (R) Fri.-Sun. (11:15, 1:55) 4:40, 7:25, 9:55; **Dear John** (PG-13) Fri.-Sun. (11:35, 2:00) 4:30, 7:10, 9:35; **An Education** (PG-13) Fri.-Sun. (3:10) 5:30; **The Last Station** (R) Fri.-Sun. (11:20, 2:05) 4:45, 7:15, 9:40; **Percy Jackson and the Olympians: The Lightning Thief** (PG) Fri.-Sun. (11:05, 1:50) 4:25, 7:20, 10:00; **Shutter Island** (R) Fri.-Sun. (10:40, 12:40, 1:40, 3:35) 4:35, 6:30, 7:30, 9:25, 10:25; **Tooth Fairy** (PG) Fri.-Sun. (11:00, 1:15, 3:35) 5:55; **Up in the Air** (R) Fri.-Sun. 8:15, 10:35; **Valentine’s Day** (PG-13) Fri.-Sun. (10:50, 1:35) 4:20, 7:05, 9:50; **The Wolfman** (R) Fri.-Sun. (10:45, 1:00, 3:15) 5:35, 7:55, 10:10

### DOWNTOWN

#### Gaslamp 15

701 Fifth Avenue (800-326-3264 #2709)

**The Book of Eli** (R) Fri.-Sat. (11:30, 2:25) 5:00, 7:45, 10:30 Sun. (11:30, 2:25) 5:00, 7:45; **Dear John** (PG-13) Fri.-Sun. (11:45, 2:20) 4:50, 7:25, 9:55; **The Hurt Locker** (R) Fri.-Sun. (11:20, 1:50) 4:40, 7:30, 10:20; **The Imaginarium of Doctor Parnassus** (PG-13) Fri.-Sun. (12:00) 5:15, 10:15; **La Danse: The Paris Opera Ballet** (Not Rated) Fri.-Sun. (12:10, 3:35) 7:00; **My Name Is Khan** (PG-13) Fri.-Sun. (11:00, 2:15) 5:30, 9:00; **Percy Jackson and the Olympians: The Lightning Thief** (PG) Fri.-Sat. (11:00, 1:45) 4:25, 6:55, 9:40 Sun. (11:00, 1:45) 4:25, 6:55, 9:40; **Shutter Island** (R) Fri.-Sat. (11:05, 1:00, 2:05, 3:50) 5:05, 7:00, 8:05, 10:00, 10:55 Sun. (11:05, 1:00, 2:05, 3:50) 5:05, 7:00, 8:05, 10:00; **The White Ribbon** (Das weisse Band) (R) Fri.-Sun. (1:10) 4:10, 7:10, 10:10; **Up in the Air** (R) Fri.-Sun. (11:55, 2:30) 5:10, 7:40, 10:05; **Valentine’s Day**

(PG-13) Fri.-Sat. (11:00, 12:05, 1:40, 2:45) 4:20, 5:20, 7:05, 8:00, 9:50, 10:45 Sun. (11:00, 12:05, 1:40, 2:45) 4:20, 5:20, 7:05, 8:00, 9:50; **The Wolfman** (R) Fri.-Sat. (11:15, 12:15, 1:35, 2:35, 3:55) 4:55, 6:15, 7:15, 8:30, 9:30, 10:50 Sun. (11:15, 12:15, 1:35, 2:35, 3:55) 4:55, 6:15, 7:15, 8:30, 9:30; **The Young Victoria** (PG) Fri.-Sun. (2:50) 7:55, 10:20

#### Horton Plaza 14

Horton Plaza (619-444-FILM)

**Avatar** (PG-13) Fri. (1:00, 4:25) 8:00 Sat.-Sun. (1:00) 4:25, 8:00; **Avatar 3D** (PG-13) Fri.-Sun. (3:00) 6:30, 9:50; **The Blind Side** (PG-13) Fri. (1:00, 4:25) 7:20, 10:10 Sat.-Sun. (1:00) 4:25, 7:20, 10:10; **Cop Out** (R) Fri. (1:30, 2:00, 4:05, 4:35) 7:00, 7:30, 9:45, 10:15 Sat.-Sun. (1:30, 2:00) 4:05, 4:35, 7:00, 7:30, 9:45, 10:15; **The Crazyies** (R) Fri. (1:15, 1:45, 4:15, 4:45) 7:15, 7:45, 9:35, 10:05 Sat.-Sun. (1:15, 1:45) 4:15, 4:45, 7:15, 7:45, 9:35, 10:05; **Edge of Darkness** (R) Fri. (1:20, 4:20) 7:10, 9:50 Sat.-Sun. (1:20) 4:20, 7:10, 9:50; **From Paris with Love** (R) Fri.



# Calendar MOVIES

ment being Haneke's staff of life — in a Protestant town in northern Germany in the year leading up to the First World War. If the reminiscing narrator, in old man's voice, hadn't suggested at the outset that the events "could perhaps clarify some things that happened in this country" — presumably things that happened in the lead-up to the Second World War — it is doubtful whether the viewer would find much significance in the goings-on or would be much disposed to search for some. They're dis-

persed over a two-and-a-half-hour running time, such that there's a disconnectedness about them and little tension or suspense in between. In the end, it's difficult to escape the feeling that the whole infested village couldn't just as well be plunked down in Sweden or Holland. And what would be the significance of that? Christian Friedel, Leonie Benesch, Ulrich Tukur, Burghart Klaussner, Rainer Bock. 2009.

★ (GASLAMP 15)

**The Wolfman** — Under the drillmasterly direction of Joe Johnston, the remake emerges as your basic tale of Oedipal lycanthropy, an Oedipus simplex if you will (the ungovernable son, for good measure, has been playing Hamlet on the London stage),

so basic that it takes place in the 19th Century, unearths an archetypal gypsy fortune teller (a gaunt and gaudy Geraldine Chaplin), and fashions its werewolf makeup in the classic style of Lon Chaney, Jr.'s. The human drama, however Freudian, proves to be refreshingly unpretentious and earnest, as well as stoutly acted by Benicio Del Toro, Anthony Hopkins, Emily Blunt, and Hugo Weaving, though it is never quite so dramatic as the Caspar David Friedrich smoky skies, a variegation of nacreous grays. The marauding wolfmen (plural, yes) on the other hand, completely modern in their dispensing of gore, are quick as Bugs Bunny, rapid as the Road Runner, fleet as Speedy Gonzales, which only makes sense when you stop to consider that they are after all

primarily computer cartoons, and they seem not in the least to be subject to the erosions of age. One might ask, on that point, why the crisis, the curse, has only just come to a head, why the villagers have not until now had to reach for their rifles and pitchforks. The Oedipal pater over the course of his lifetime has seen many and many a full moon. 2010.

★ (CARMEL MOUNTAIN 14; CHULA VISTA 10; FASHION VALLEY 18; GASLAMP 15; GROSSMONT CENTER 10; LA JOLLA 12; MISSION MARKET-PLACE 13; MISSION VALLEY 7; MISSION VALLEY 20; OTAY RANCH 12; PLAZA BONITA 14; POWAY 10; TOWN SQUARE 14)

**The Young Victoria** — And the young Albert. (Psst, wanna see the Queen in her

teddies?) The story of the first occupant of the spanking new Buckingham Palace is a story of protofeminist liberation — "Even a palace can be a prison" — and a testament to the capacity of British thespians, specifically Emily Blunt, Rupert Friend, Paul Bettany, Miranda Richardson, Mark Strong, Harriet Walter, Jim Broadbent, among others, to play any dry and droning history lesson as if it were Shakespeare. The rather bland love story ultimately nudges out the pungent family relations, and the only goose bumps come courtesy of Handel and high volume. Directed by Jean-Marc Vallée. 2009.

★ (GASLAMP 15; LA JOLLA 12)

(1:10, 4:10) 7:10, 9:30 Sat.-Sun. (1:10) 4:10, 7:10, 9:30; **It's Complicated** (R) Fri. (1:25, 4:10) 7:00, 9:40 Sat.-Sun. (1:25) 4:10, 7:00, 9:40; **Legion** (R) Fri.-Sun. 7:20, 10:00; **The Lovely Bones** (PG-13) Fri.-Sun. (1:05) 7:05; **Precious: Based on the Novel Push by Sapphire** (R) Fri. (1:50, 4:50) 7:35, 10:10 Sat.-Sun. (1:50) 4:50, 7:35, 10:10; **Sherlock Holmes** (PG-13) Fri. (1:40, 4:35) 7:25, 10:15 Sat.-Sun. (1:40) 4:35, 7:25, 10:15; **Tooth Fairy** (PG) Fri. (1:35, 4:40) Sat.-Sun. (1:35) 4:40; **When in Rome** (PG-13) Fri. (4:30) 9:55 Sat.-Sun. 4:30, 9:55

## KENSINGTON

### Ken

4061 Adams Avenue (619-819-0236)  
**The Oscar® Nominated Short Films 2010: Animated** (G or PG) **French Roast** (France), **Granny O'Grimm's Sleeping Beauty** (Ireland), **The Lady and the Reaper (La Dama y la Muerte)** (Spain), **Logorama** (Argentina), **A Matter of Loaf and Death** (U.K.), **Partly Cloudy** (U.S.A.), **The Kinematograph** (Poland), **Runaway** (Canada) Fri., Mon.-Thu.: 7:35, Sat. & Sun. (1:05) 3:15, 7:35; **The Oscar® Nominated**

**Short Films 2010: Live Action** (NR) **The Door** (Ireland, in Russian), **Instead of Abracadabra** (Sweden), **Kavi** (India), **Miracle Fish** (Australia), **The New Tenants** (Denmark) Fri., Mon.-Thu. (5:25) 9:45; Sat. & Sun.: (5:25) 9:45; **Labyrinth** (PG) Sat.: 12:00 midnight

## LA JOLLA

### La Jolla 12

8657 Villa La Jolla Drive (888-262-4386)  
**Avatar** (PG-13); **Cop Out** (R); **The Crazies** (R); **Crazy Heart** (R); **Dear John** (PG-13); **Percy Jackson and the Olympians: The Lightning Thief** (PG); **Shutter Island** (R); **Up in the Air** (R); **Valentine's Day** (PG-13); **The Wolfman** (R); **The Young Victoria** (PG)

### La Jolla Village

8879 Villa La Jolla Drive (619-819-0236)  
**The Ghost Writer** (PG-13) Fri., Mon.-Thu. (1:30) (4:15), 7:00, 9:45, Sat. & Sun. (10:45) 1:30, 4:15, 7:00, 9:45; **North Face** (NR) Fri., Mon.-Thu. (1:40) (4:25) 7:10, 9:55; Sat. & Sun. (10:55) 1:40, 4:25, 7:10, 9:55; **The Last Station** (R) Fri., Mon.-Thu. (1:50) (4:35) 7:20, 10:05; Sat. & Sun. (11:05) 1:50, 4:35, 7:20, 10:05; **Creation** (PG-13) Fri., Mon.-Thu.

(2:00) (4:45) 7:30, 10:15, Sat. & Sun. (11:15) 2:00, 4:45, 7:30, 10:15

## MIRA MESA

### Mira Mesa 18

10733 Westview Parkway (800-326-3264)  
Call theater for program information.

## MISSION VALLEY

### Fashion Valley 18

7037 Friars Road (888-262-4386)  
**Avatar**; **The Book of Eli**; **Cop Out**; **The Crazies**; **Dear John**; **Edge of Darkness**; **From Paris with Love**; **It's Complicated**; **Percy Jackson and the Olympians: The Lightning Thief**; **Sherlock Holmes**; **Shutter Island**; **Up in the Air**; **Valentine's Day**; **When in Rome**; **The Wolfman**

## Mission Valley 7

7510 Hazard Center Drive (619-685-2841)



**Cop Out** (R) Fri. & Sat.: (12:30, 3:00), 5:30, 8:00, 10:30; Sun.-Wed.: (12:30, 3:00), 5:30, 8:00; Thu.: (10:00, 12:30, 3:00), 5:30, 8:00; **The Crazies** (R) Fri. & Sat.: (12:45, 3:15), 5:45, 8:15, 10:45; Sun.-Thu.: (12:45, 3:15), 5:45, 8:15; **Shutter Island** (R) Fri. & Sat.: (12:15, 3:45), 7:15, 10:15; Sun.-Thu.: (12:15, 3:45), 7:15; **Percy Jackson & the Olympians: The Lightning Thief** (PG) Fri. & Sat.: (11:00, 1:45), 4:30, 7:30, 10:15; Sun.-Thu.: (11:00, 1:45), 4:30, 7:30; **Valentine's Day** (PG-13) Fri. & Sat.: (11:15, 2:00), 4:45, 7:45, 10:45; Sun.-Thu.: (11:15, 2:00), 4:45, 7:45; **The Wolfman** (R) Fri. & Sat.: (11:00, 1:30, 4:00), 6:15, 8:30, 10:45; Sun.: (11:00, 1:30), 6:15, 8:30; Mon.-

Thu.: (11:00, 1:30, 4:00), 6:15, 8:30; **Avatar 3D** (PG-13) Fri. & Sat.: (11:30, 3:30), 7:00, 10:30; Sun.-Thu.: (11:30, 3:30), 7:00; **Don Quixote** (NR) Sun.: 4:00 pm; **Super Why!: Attack Of The Eraser** (G) Sat. & Sun.: 10:30 am

## Mission Valley 20

1640 Camino Del Rio North (888-262-4386)  
**Avatar**; **The Book of Eli**; **Cop Out**; **The Crazies**; **Dear John**; **Edge of Darkness**; **From Paris with Love**; **Legion**; **Percy Jackson and the Olympians: The Lightning Thief**; **Shutter Island**; **Tooth Fairy**; **Valentine's Day**; **When in Rome**; **The Wolfman**

## UPTOWN

### Hillcrest Cinemas

3965 Fifth Avenue (619-819-0236)  
**The Ghost Writer** (PG-13) Fri., Mon.-Thu. (2:30) (5:30) 8:30, Sat. & Sun. (11:40) 2:30, 5:30, 8:30; **The Ghost Writer** (PG-13, 128m) Fri., Mon.-Thu. (1:40) 7:00, Sat. & Sun. (1:40) 7:00; **A Single Man** (PG-13) Fri., Mon.-Thu. (4:35) 9:55, Sat. & Sun. (11:10) 4:35, 9:55; **The Last Station** (R) Fri., Mon.-Thu. (1:50) (4:25) 7:10, 9:45, Sat. & Sun. (11:00) 1:50, 4:25, 7:10, 9:45; **Crazy Heart** (R) Fri., Mon.-Thu. (2:00)



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(4:45) 7:20, 10:05, Sat. & Sun. (11:20) 2:00, 4:45, 7:20, 10:05; **An Education** (PG-13) Fri., Mon.-Thu. (2:10) (4:55) 7:30, 10:15; Sat. & Sun. (11:30) 2:10, 4:55, 7:30, 10:15

**Reuben H. Fleet Science Center**  
*1875 El Prado, Balboa Park (619-238-1233)*  
**Amazon: an IMAX Film Experience** (Not Rated) Sat.-Sun. 2:00, 6:00; **Arabia** (Not Rated) Fri. 1:00, 3:00, 6:00, 8:00 Sat.-Sun. 12:00, 4:00; **The Greatest Places** (Not Rated) Fri. 12:00, 2:00, 4:00, 7:00 Sat. 11:00, 1:00, 3:00, 5:00, 7:00 Sun. 11:00, 1:00, 3:00, 5:00; **Under the Sea** (G) Fri. 5:00p.m. Sat.-Sun. 10:00a.m.

## EAST COUNTY

### EL CAJON

**Parkway Plaza 18**  
*405 Parkway Plaza (619-401-3456)*  
Call theater for program information.

### LA MESA

**Grossmont Center 10**  
*5500 Grossmont Center Drive (800-326-3264 #2710)*  
**Avatar 3D** (PG-13) Fri.-Sun. (12:05, 3:30) 7:00, 10:15; **Cop Out** (R) Fri.-Sun. (11:55, 2:25) 4:55, 7:25, 9:55; **The Crazies** (R) Fri.-Sun. (11:10, 1:30, 3:50) 6:10, 8:30, 10:45; **Crazy Heart** (R) Fri.-Sun. (12:25, 2:55) 5:25, 7:55, 10:25; **Dear John** (PG-13) Fri.-Sun. (12:10, 2:40) 5:05, 7:35, 10:05; **Percy Jackson and the Olympians: The Lightning Thief** (PG) Fri.-Sun. (11:20, 2:00) 4:35, 7:10, 9:45; **Shutter Island** (R) Fri.-Sun. (10:55, 12:15, 1:50, 3:15) 4:45, 6:15, 7:45, 9:15, 10:40; **Valentine's Day** (PG-13) Fri.-Sun. (11:00, 1:40) 4:20, 7:05, 9:50; **The Wolfman** (R) Fri.-Sun. (11:05, 1:20, 3:35) 5:55, 8:15, 10:35

### RANCHO SAN DIEGO

**Rancho San Diego 15**  
*2951 Jamacha Road (800-326-3264)*  
Call theater for program information.

### SANTEE

**Santee Drive In**  
*10990 Woodside Avenue (619-448-7447)*  
**Cop Out** (R); **Percy Jackson and the Olympians: The Lightning Thief** (PG); **Tooth Fairy** (PG); **Valentine's Day** (PG-13)

## SOUTH BAY

### CHULA VISTA

**Chula Vista 10**  
*Broadway between H and I (619-338-4214)*



**Cop Out** (R) Fri. & Sat.: (11:15), 1:45, 4:15, 7:15, 8:15, 9:45, 10:45; Sun.: (11:15), 1:45, 4:15, 7:15, 8:15; Mon.-Thu.: 4:15, 7:15, 8:15; **The Crazies** (R) Fri. & Sat.: (11:00, 1:15, 4:00), 6:15, 8:30, 10:45; Sun.: (11:00, 1:15, 4:00), 6:15, 8:30; Mon.-Thu.: (4:00), 6:15, 8:30; **Shutter Island** (R) Fri. & Sat.: (12:30, 2:30, 3:45), 7:00, 8:00, 10:15; Sun.: (12:30, 2:30, 3:45), 7:00, 8:00; Mon.-Wed.: (3:45), 7:00, 8:00; Thu.: (3:45), 8:00; **Percy Jackson & the Olympians: The Lightning Thief** (PG) Fri. & Sat.: (11:00, 2:00), 4:45, 7:30, 10:30; Sun.: (11:00, 2:00), 4:45, 7:30; Mon.-Thu.: 4:45, 7:30; **Valentine's Day** (PG-13) Fri. & Sat.: (11:15, 2:15), 5:00, 8:00, 10:45; Sun.: (11:15, 2:15), 5:00, 8:00; Mon.-Thu.: 5:00, 8:00; **The Wolfman** (R) Fri. & Sat.: (11:00, 1:30), 4:15, 7:15, 10:00; Sun.: (11:00, 1:30), 4:15, 7:15; Mon.-Thu.: 4:15, 7:15; **Dear John** (PG-13) Fri. & Sat.: (12:00, 2:45), 5:15, 7:45, 10:15; Sun.: (12:00, 2:45), 5:15, 7:45; Mon.-Thu.: 5:15, 7:45; **Tooth Fairy** (PG) Fri.-Sun.: (12:45, 3:15), 5:45; Mon.-Thu.: (3:15), 5:45; **Alvin and the Chipmunks: The Squeakquel** (PG) Fri.-Sun.: (12:15), 5:30; Mon.-Thu.: 5:30 pm; **Avatar 3D** (PG-13) Fri. & Sat.: (11:45, 3:30), 7:00, 10:30; Sun.: (11:45, 3:30), 7:00; Mon. & Tue.: (3:30), 7:00; Wed.: (3:30 pm); Thu.: (3:30), 7:00; **Super Why!: Attack Of The Eraser** (G) Sat. & Sun.: 10:30 am

**Otay Ranch 12**  
*Eastlake Parkway (at Olympic) (888-262-4386)*  
**Avatar** (PG-13); **Cop Out** (R); **The Crazies** (R); **Dear John** (PG-13); **From Paris with Love** (R); **Percy Jackson and the Olympians: The Lightning Thief** (PG); **Shutter Island** (R); **Tooth Fairy** (PG); **Valentine's Day** (PG-13); **When in Rome** (PG-13); **The Wolfman** (R)

**Palm Promenade 24**  
*770 Dennerly Road (888-262-4386)*  
**Avatar**; **Cop Out**; **The Crazies**; **Dear John**; **From Paris with Love**; **Percy Jackson and the Olympians: The Lightning Thief**; **Shutter Island**; **Tooth Fairy**; **Valentine's Day**

**Rancho Del Rey 16**  
*1025 Tierra del Rey (off East H Street) (619-216-4707)*  
Call theater for program information.

### IMPERIAL BEACH

**South Bay Drive In**  
*2170 Coronado Avenue (619-423-2727)*  
Call theater for program information.

### NATIONAL CITY

**Plaza Bonita 14**  
*3030 Plaza Bonita Road (888-262-4386)*  
**Avatar** (PG-13); **The Book of Eli** (R); **Cop Out** (R); **The Crazies** (R); **Dear John** (PG-13); **Edge of Darkness** (R); **From Paris with Love** (R); **Percy Jackson and the Olympians: The Lightning Thief** (PG); **Shutter Island** (R); **Tooth Fairy** (PG); **Valentine's Day** (PG-13); **When in Rome** (PG-13); **The Wolfman** (R)

## NORTH INLAND

### ESCONDIDO

**Escondido 16**  
*350 West Valley Parkway (760-291-0119)*  
Call theater for program information.

### FALLBROOK

**River Village 6**  
*5256 S. Mission Road (760-945-8784)*



**Cop Out** (R) Fri. & Sat.: (12:30, 3:00), 5:30, 8:00, 10:30; Sun.: (12:30, 3:00), 5:30, 8:00; Mon.-Thu.: (3:00), 5:30, 8:00; **The Crazies** (R) Fri. & Sat.: (11:00 , 1:15, 3:30), 5:45, 8:15, 10:45; Sun.: (11:00, 1:15, 3:30), 5:45, 8:15; Mon.-Thu.: (3:30), 5:45, 8:15; **Shutter Island** (R) Fri. & Sat.: (12:45, 4:00), 7:15, 10:15; Sun.: (12:45, 4:00), 7:15; Mon.-Thu.: (4:00), 7:15; **Percy Jackson & the Olympians: The Lightning Thief** (PG) Fri. & Sat.: (11:00 , 1:45), 4:30, 7:30, 10:15; Sun.: (11:00 , 1:45), 4:30, 7:30; Mon.-Thu.: 4:30, 7:30; **Valentine's Day** (PG-13) Fri. & Sat.: (11:15, 2:00), 4:45, 7:45, 10:45; Sun.: (11:15, 2:00), 4:45, 7:45; Mon.-Thu.: 4:45, 7:45; **Avatar 3D** (PG-13) Fri. & Sat.: (11:45, 3:30), 7:00, 10:30; Sun.: (11:45 , 3:30), 7:00; Mon.-Thu.: (3:30), 7:00; **Super Why!: Attack Of The Eraser** (G) Sat. & Sun.: 10:30 am

### POWAY

**Poway 10**  
*13475 Poway Road (858-646-9423)*



**Cop Out** (R) Fri. & Sat.: (12:30, 3:00), 5:30, 8:00, 10:30; Sun.-Tue.: (12:30, 3:00), 5:30, 8:00; Wed.: (10:00, 12:30, 3:00), 5:30, 8:00; Thu.: (12:30, 3:00), 5:30, 8:00; **The Crazies** (R) Fri. & Sat.: (12:45, 3:15), 5:45, 8:15, 10:45; Sun.-Thu.: (12:45, 3:15), 5:45, 8:15; **Shutter Island** (R) Fri. & Sat.: (12:15, 3:45), 7:00, 10:00; Sun.-Thu.: (12:15, 3:45), 7:00; **Percy Jackson & the**

**Olympians: The Lightning Thief** (PG) Fri. & Sat.: (11:00, 1:45), 4:30, 7:30, 10:15; Sun.-Thu.: (11:00, 1:45), 4:30, 7:30; **Valentine's Day** (PG-13) Fri. & Sat.: (11:30, 1:00, 2:30, 4:00), 5:15, 7:15, 8:00, 10:00, 10:45; Sun.-Thu.: (11:30, 1:00, 2:30, 4:00), 5:15, 7:15, 8:00; **The Wolfman** (R) Fri. & Sat.: (11:00, 2:15), 4:45, 7:30, 10:15; Sun.-Thu.: (11:00, 2:15), 4:45, 7:30; **Dear John** (PG-13) Fri. & Sat.: (11:00, 1:30), 4:15, 7:15, 9:45; Sun.-Thu.: (11:00, 1:30), 4:15, 7:15; **Tooth Fairy** (PG); Fri.-Thu.: (11:15), 5:00; **It's Complicated** (R) Fri. & Sat.: (2:00), 7:45, 10:30; Sun.-Thu.: (2:00), 7:45; **Avatar 3D** (PG-13) Fri. & Sat.: (11:45, 3:30), 7:00, 10:30; Sun.-Thu.: (11:45, 3:30), 7:00; **Super Why!: Attack Of The Eraser** (G) Sat. & Sun.: 10:30 am

### SAN MARCOS

**San Marcos 18**  
*1180 W. San Marcos Boulevard (at Old California Walk) (800-326-3264)*  
Call theater for program information.

### VISTA

**Vista Village**  
*Highway 78 at Vista Village Drive (760-945-7469)*  
**Avatar 3D** (PG-13) Fri.-Sat. (12:00, 3:35) 7:05, 10:25 Sun. (12:00, 3:35) 7:05; **Cop Out** (R) Fri.-Sun. (11:20, 12:10, 2:05, 2:45, 4:35, 5:25) 7:15, 8:00, 9:50, 10:30; **The Crazies** (R) Fri.-Sat. (11:45, 12:30, 2:15, 3:10, 4:45, 5:40) 7:25, 8:10, 9:55, 10:35 Sun. (11:45, 12:30, 2:15, 3:10, 4:45, 5:40) 7:25, 8:10, 9:55; **Crazy Heart** (R) Fri.-Sun. (11:30, 2:20, 5:05) 7:35, 10:15; **Dear John** (PG-13) Fri.-Sun. (11:40, 2:25, 5:00) 7:30, 10:10; **Percy Jackson and the Olympians: The Lightning Thief** (PG) Fri.-Sun. (10:45, 11:25, 1:30, 2:10, 4:20, 4:55) 7:05, 7:45, 9:45, 10:30; **Shutter Island** (R) Fri.-Sat. (10:40, 12:40, 1:40, 3:50, 4:40) 7:00, 7:40, 10:05, 10:40 Sun. (10:40, 12:40, 1:40, 3:50, 4:40) 7:00, 7:40, 10:05; **Tooth Fairy** (PG) Fri.-Sun. (11:20, 1:50, 4:30); **Valentine's Day** (PG-13) Fri. (10:30, 1:20, 2:00, 4:15, 4:50) 7:10, 7:50, 10:00, 10:40 Sat. (10:30, 11:10, 1:20, 2:00, 4:15, 4:50) 7:10, 7:50, 10:00, 10:40 Sun. (10:30, 11:10, 1:20, 2:00, 4:15, 4:50) 7:10, 7:50, 10:00; **The Wolfman** (R) Fri.-Sun. (11:15, 1:45, 4:10) 6:40, 7:20, 9:15, 10:00

## NORTH COASTAL

### CARLSBAD

**Plaza Camino Real**  
*2385 Marron Road (760-729-7469)*  
**Cop Out** (R) Fri.-Sat. (12:00, 2:30, 5:00) 7:30, 9:55 Sun. (12:00, 2:30, 5:00) 7:30; **Percy Jackson and the Olympians: The Lightning Thief** (PG) Fri.-Sat. (10:45, 1:15, 4:00) 6:45, 9:25 Sun. (10:45, 1:15, 4:00) 6:45; **Shutter Island** (R) Fri.-Sat. (10:35, 1:25, 4:20) 7:15, 10:05 Sun. (10:35, 1:25, 4:20) 7:15; **Valentine's Day** (PG-13) Fri.-Sat. (11:00, 1:35, 4:15) 7:00, 9:45 Sun. (11:00, 1:35, 4:15) 7:00

### DEL MAR

**Del Mar Highlands 8**  
*El Camino Real at Del Mar Heights Road (858-646-9420)*



**Cop Out** (R) Fri. & Sat.: (10:00, 12:30, 3:00), 5:30, 8:00, 10:30; Sun.-Thu.: (10:00, 12:30, 3:00), 5:30, 8:00; **The Crazies** (R) Fri. & Sat.: (10:15, 12:45, 3:15), 5:45, 8:15, 10:45; Sun.-Thu.: (10:15, 12:45, 3:15), 5:45, 8:15; **Shutter Island** (R) Fri. & Sat.: (10:00 , 10:45, 1:00, 1:45, 4:00), 4:45, 7:00, 7:45, 10:00, 10:45; Sun.-Thu.: (10:00, 10:45 AM, 1:00, 1:45, 4:00), 4:45, 7:00, 7:45; **Celine: Through the Eyes of the World** (NR) Sat. & Sun.: 2:00 pm; **Percy Jackson & the Olympians: The Lightning Thief** (PG) Fri. & Sat.: (10:15, 1:15), 4:15, 7:15, 10:00; Sun.-Thu.: (10:15, 1:15), 4:15, 7:15; **Valentine's Day** (PG-13) Fri. & Sat.: (10:30 , 1:30), 4:30, 7:30, 10:15; Sun.-Thu.: (10:30, 1:30), 4:30, 7:30; **Dear John** (PG-13) Fri.: (11:30, 2:15, 5:00), 7:45, 10:15; Sat.: (11:30, 5:00), 7:45, 10:15; Sun.: (11:30, 5:00),

7:45; Mon.-Thu.: (11:30, 2:15, 5:00), 7:45; **Avatar 3D** (PG-13) Fri.: (11:30, 3:30), 7:00, 10:30; Sat.: 7:00, 10:30; Sun.: (3:30), 7:00; Mon.-Thu.: (11:30 AM), (3:30), 7:00; **Super Why!: Attack Of The Eraser** (G) Sat. & Sun.: 10:30 am

**Flower Hill 4**  
*2630 Via de la Valle (858-646-9425)*



**TThe Ghost Writer** (PG-13) Fri. & Sat.: (10:30, 1:15, 4:00), 7:00, 10:00; Sun.-Thu.: (10:30, 1:15, 4:00), 7:00; **The Last Station** (R) Fri. & Sat.: (10:15, 12:45, 3:15), 5:45, 8:15, 10:45; Sun.-Thu.: (10:15, 12:45, 3:15), 5:45, 8:15; **It's Complicated** (R); Fri.-Thu.: (1:45), 7:30; **Crazy Heart** (R) Fri. & Sat.: (10:00, 12:30, 3:00), 5:30, 8:00, 10:30; Sun.-Thu.: (10:00, 12:30, 3:00), 5:30, 8:00; **The Hurt Locker** (R) Fri. & Sat.: (10:45), 4:30, 10:15; Sun.-Thu.: (10:45), 4:30

### ENCINITAS

**La Paloma**  
*471 South Coast Highway 101 (760-436-7469)*  
**Sherlock Holmes** (PG-13) Fri. 8:40p.m. Sat. (3:30) 8:40 Sun. (3:00p.m.); **Up in the Air** (R) Fri. 6:15p.m. Sat. (1:05) 6:15 Sun. (12:35p.m.)

### LA COSTA

**La Costa 6**  
*6941 El Camino Real (at Aviara/Alga) (760-599-8221)*



**Cop Out** (R) Fri. & Sat.: (10:00, 12:30, 3:00), 5:30, 8:00, 10:30; Sun.-Thu.: (10:00, 12:30, 3:00), 5:30, 8:00; **Shutter Island** (R) Fri. & Sat.: (10:15, 1:15), 4:30, 7:45, 10:45; Sun.-Thu.: (10:15, 1:15), 4:30, 7:45; **Celine: Through the Eyes of the World** (NR) Sat. & Sun.: 2:00 pm; **Percy Jackson & the Olympians: The Lightning Thief** (PG) Fri. & Sat.: (10:00,

1:00), 4:15, 7:15, 10:15; Sun.-Thu.: (10:00, 1:00), 4:15, 7:15; **Valentine's Day** (PG-13) Fri. & Sat.: (10:45, 1:45), 4:45, 7:30, 10:30; Sun.-Thu.: (10:45, 1:45), 4:45, 7:30; **Avatar 3D** (PG-13) Fri.: (10:30, 3:15), 7:00, 10:45; Sat.: (10:30), 7:00, 10:45; Sun.: (10:30), 7:00; Mon.-Thu.: (10:30, 3:15), 7:00; **The Secrets of Jonathan Sperry** (PG) Fri. & Sat.: (11:15, 1:30, 4:00), 6:15, 8:30, 10:45; Sun.-Thu.: (11:15, 1:30), (4:00), 6:15, 8:30

### OCEANSIDE

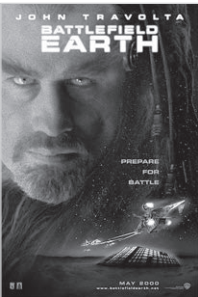
**Mission Marketplace 13**  
*College Boulevard and Mission Avenue (760-806-1790)*



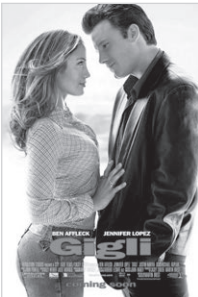
**Cop Out** (R) Fri. & Sat.: (11:00, 12:45, 1:30), 4:15, 7:15, 8:15, 9:45, 10:45; Sun.-Tue.: (11:00, 12:45, 1:30), 4:15, 7:15, 8:15; Wed.: (10:00, 11:00, 12:45, 1:30), 4:15, 7:15, 8:15; Thu.: (11:00, 12:45, 1:30), 4:15, 7:15, 8:15; **The Crazies** (R) Fri. & Sat.: (12:15, 2:45), 5:00, 7:45, 10:15; Sun.-Thu.: (12:15, 2:45), 5:00, 7:45; **Shutter Island** (R) Fri. & Sat.: (12:30, 4:00), 7:00, 8:30, 10:00; Sun.-Thu.: (12:30, 4:00), 7:00, 8:30; **Percy Jackson & the Olympians: The Lightning Thief** (PG) Fri. & Sat.: (11:15, 2:00), 4:45, 7:30, 10:30; Sun.-Thu.: (11:15, 2:00), 4:45, 7:30; **Valentine's Day** (PG-13) Fri. & Sat.: (11:00, 11:45, 1:45, 2:30), 4:30, 5:15, 7:15, 8:00, 10:00, 10:45; Sun.-Thu.: (11:00, 11:45, 1:45, 2:30), 4:30, 5:15, 7:15, 8:00; **The Wolfman** (R) Fri. & Sat.: (11:30, 12:30, 2:15, 3:00), 5:00, 5:30, 7:45, 8:15, 10:15, 10:45; Sun.-Thu.: (11:15, 1:45), 4:30, 7:30, 10:00; **Tooth Fairy** (PG); Thu.-Thu.: (11:00, 1:15, 3:45), 6:15; **The Book of Eli** (R) Fri. & Sat.: (11:30, 2:30), 5:15, 8:00, 10:45; Sun.-Thu.: (11:30, 2:30), 5:15, 8:00; **Alvin and the Chipmunks: The Squeakquel** (PG); Fri.-Thu.: (3:15), 5:45; **Avatar 3D** (PG-13) Fri. & Sat.: (12:00, 3:30), 7:00, 10:30; Sun.-Thu.: (12:00, 3:30), 7:00; **Super Why!: Attack Of The Eraser** (G) Sat. & Sun.: 10:30 am

**Oceanside 16**  
*401 Mission Avenue (760-439-1733)*  
Call theater for program information.

# Have a black spot party tonight!



Battlefield Earth ●



Gigli ●



Sister Act 2 ●

Search for the worst of the worst—the dreaded black spot—from among the 7000 movies Duncan Shepherd has reviewed over the years. *Battlefield Earth*, *Gigli*, *Sister Act 2: Back in the Habit*. See how many of these black spot movies you can stomach in a weekend. Go to: [www.sandiegoreader.com/movies](http://www.sandiegoreader.com/movies)





# 50% off

## UltraStar Cinemas!

Mission Marketplace in Oceanside | La Costa 6 in Carlsbad | Del Mar Highlands 8 | Poway Creekside  
Hazard Center in Mission Valley | Flower Hill in Del Mar | Chula Vista 10 | River Village in Fallbrook

**\$18 for two movie passes *plus***  
**\$14 worth of food and drink**

**ReaderSteals.com**

Sign up early. We'll email you when the sale begins.





# CLASSIFIED ADS

Check out ads at **SDReader.com**  
Each print ad comes with an online ad.

**TO PLACE AN AD:** Call 619-235-8200 8:30am to 5pm Monday through Friday.

**WALK-IN:** 1703 India Street (at Date), Little Italy, 92101

**DEADLINES:** 3pm Monday for ads in Help Wanted, Career Training, Employment Services, Employment Agencies, and Business Opportunities.  
4pm Tuesday for all other ads.

## HELP WANTED CALL CENTERS



**DISPATCHERS.** Western Towing seeks full-time, energetic, self-motivated Call Center Dispatchers. All shifts available. Fast-paced environment. Qualified candidates should possess excellent communication and computer skills and be able to multitask. Must have dispatch experience and knowledge of the San Diego County roads. Competitive pay and comprehensive benefits package including 401(k), medical, dental, life insurance and more. Apply in person: 4370 Pacific Highway, San Diego; Fax resume: 619-295-6892, Attention: Human Resources; or e-mail: [humanresources@westerntowing.com](mailto:humanresources@westerntowing.com). Drug-free, EOE.



**TELEPHONE INTERVIEWERS.** No sales! Friendly, outgoing and dependable. CSR and Sales experience a plus. Parking. Hourly pay plus paid training and benefits. [www.luthresearch.com](http://www.luthresearch.com). Accepting applications at Luth Research, 1365 Fourth Avenue, downtown. Job Hotline: 619-243-8045. [www.luthresearch.com](http://www.luthresearch.com).

## HELP WANTED DOMESTIC SERVICE

**HOUSEKEEPER/ NANNY.** Family seeking experienced individual for childcare/ household upkeep. Long term, full time. References, criminal/ drug test. Must have car. La Jolla Shores. 760-798-4737.

## HELP WANTED DRIVERS / DELIVERY

**DRIVER/ COURIER.** Part-time shifts available. Must have pickup with shell, mini-van or cargo van. Excellent pay, mileage and benefits! Call 858-444-2350.

**DRIVERS.** \$1700-\$2400 monthly. Fuel paid. Auto parts delivery with late model pickup truck, car, van. Clean DMV. Local and North County. Bonus paid. Independent contractors. 619-461-2048.

## HELP WANTED EDUCATION

**EDUCATION.** Harmonium Children's Programs seeks quality full-time and part-time staff to work on school grounds: Activity Leaders and Inclusion Facilitators for before/after school care. Infant/Toddler Teachers for licensed day care. License #376700280. E-mail resumes to [jobs@harmoniumsd.org](mailto:jobs@harmoniumsd.org). [www.harmoniumsd.org](http://www.harmoniumsd.org).

## HELP WANTED HEALTH CARE

**ADULT FOSTER CARE.** Experienced Medical and Mental Health professionals to care for our adult clients with developmental disabilities in your own home. Monthly stipend: \$1000-\$3400. Learn more! Orientations held the 1st and 3rd Tuesday each month, 2pm, 2525 Camino Del Rio South, #160, San Diego, 92108. Visit: [www.thementornetwork.com](http://www.thementornetwork.com). Program Recruiter: 619-293-0214.

**CAREGIVERS** needed immediately, 1 year experience. All shifts available. Hourly and live-in. Assertive Care at Home Inc., 3774 Grove Street, #L-1, Lemon Grove. 619-466-6890.

**CAREGIVERS, CNAs, HHAs.** Immediate openings throughout San Diego and North County. Full time, part time, hourly and live-in available. Call for an interview 9am-5pm, Monday-Friday: 760-730-3955. Avalon Home Care, 2541 State Street, Suite 111, Carlsbad, CA 92008.

**CAREGIVERS, LIVE-IN:** Attentive Home Care has immediate assignments for Live-In Caregivers. Experience a must! Must have valid driver's license and Social Security card. Fingerprint and TB test a plus. Drug test required. Flexible schedules. Competitive pay. Overtime for holidays. Employer-matched 401(k). Health and dental insurance available. Call for an interview in North County\* or San Diego: 760-434-4393 or 619-231-0151. \*North County applicants, please mention where you're calling from.

**CAREGIVERS- LIVE-INS,** 2, 3, 4 or 5 days/week, \$120/day (including sleep and meal periods). Weekends and hourly. Top pay, flexible shifts 24/7, 401(k), production bonus, rewards for good work. Requires valid driver's license, vehicle/insurance, registration, one year of paid elder caregiving experience, eligibility to work in the

United States. \$150 hiring bonus for employees accepting North County live-in assignments (after 90 days of employment). Free seminar at our San Diego office: "What It Takes To Be A Comfort Keeper," first Monday of each month at 5pm. Space is limited, call for a reservation. Comfort Keepers, San Diego: 619-795-6036. San Marcos: 760-598-3400.

**CAREGIVERS/ COMPANIONS.** Minimum 1 year's experience non-medical home care for seniors. Valid California driver's license. Serving Santee/ La Mesa/ Del Cerro/ San Carlos. Visiting Angels, 619-749-7525.



**CAREGIVERS/ COMPANIONS.** Home care agency has immediate openings for compassionate and experienced Caregivers in the El Cajon, Lakeside, Granite Hills, Bostonia, Rancho San Diego, Alpine and Julian areas. Must have 2+ years healthcare experience, valid CA driver's license and reliable transportation. Background check required. Visiting Angels, 619-987-4910.

**CAREGIVERS/CNAs/HHAs.** Immediate openings. Hourly, Live-in, Nights. Cheerful Caregivers needed to assist seniors in-home. Minimum 1-year experience. Premium pay/bonuses/benefits, 24-hour office support. Age Advantage, 619-660-8881, 760-720-7272.

**EXPERIENCED CAREGIVERS.** Live-in and hourly needed. Mornings, weekends. \$9-\$11 hourly. \$110+/day live-in. Benefits offered. Driver's license, clean background. Call 619-291-1356, fax 619-291-1331.

**IN-HOME CARE.** Caregivers and Companions. Minimum 1 year's experience non-medical home care for seniors. Valid California Driver's License. Serving Santee/La Mesa/Del Cerro/San Carlos. Visiting Angels, 619-749-7525.

**JOB COACHES.** Community-oriented Center for Independent Achievement is seeking dependable individuals in East County. 1:4 group ratio maximum. \$8.50-\$9.50/ hour. Annual raises. Bonuses for exceptional performance. Benefits with full-time. [pficareer@yahoo.com](mailto:pficareer@yahoo.com). Fax: 619-592-4878. 619-592-4850.

### LICENSED VOCATIONAL NURSES.

AccentCare is a national leader in providing home health care services. We offer full-time, part-time, per diem 1:1 private duty shift care (including school cases countywide), competitive pay and excellent support system. Join our team and make a difference! Requires: Valid LVN license, at least one year actual LVN work experience, current CPR card, valid CA driver's license, reliable auto with proof of insurance and registration. Call 800-590-0030, fax 800-607-3307, or e-mail [aasuncion@accentcare.com](mailto:aasuncion@accentcare.com). [www.accentcare.com](http://www.accentcare.com). EOE.

### Caregivers Needed

Live-in caregivers, 3 and 4 days shifts. High profile clients. Interviewing Monday- Friday, 10-4. No appointment required. Home Care Assistance, 162 S. Rancho Santa Fe Road, B-10, Encinitas. [www.HCA-sd.com](http://www.HCA-sd.com). 877-254-4860.

**NON-RN NURSING.** Certified Nursing Assistants and Healthcare Assistants

(C.N.A. and EKG Certification required). Palomar Pomerado Health is hiring. **Apply online from any computer at: [www.PPH.org](http://www.PPH.org)** or in person, Monday- Friday, 7:30am-4:30pm: Human Resources Administrative Offices for Palomar Pomerado Health, 456 East Grand Avenue, Escondido, 92025; Pomerado Hospital: Applications available via computer kiosk in main hospital lobby, 15615 Pomerado Road, Poway, 92064; Palomar Continuing Care Center: Applications available via computer kiosk in main hospital lobby, 1817 Avenida del Diablo, Escondido, 92029. All PPH campuses are smoke-free.

### NURSES: LICENSED VOCATIONAL

Nurses. AccentCare is a national leader in providing home health care services. We offer full-time, part-time, per diem 1:1 private duty shift care (including school cases countywide), competitive pay and excellent support system. Join our team and make a difference! Requires: Valid LVN license, at least one year actual LVN work experience, current CPR card, valid CA driver's license, reliable auto with proof of insurance and registration. Call 800-590-0030, fax 800-607-3307, or e-mail [aasuncion@accentcare.com](mailto:aasuncion@accentcare.com). [www.accentcare.com](http://www.accentcare.com). EOE.

**SOCIAL SERVICES.** Promising Futures, Inc., is hiring reliable, caring individuals to work with the developmentally disabled in East County and Ramona. Part- and full-time positions. \$8-\$10/ hour plus benefits. Overtime opportunities available. [pficareer@yahoo.com](mailto:pficareer@yahoo.com). Fax resume: 619-592-4878. Call 619-592-4850.

## HELP WANTED



Licensed • Bonded • Insured

IMMEDIATE ASSIGNMENTS FOR:

## LIVE-IN CAREGIVERS

Drivers with insurance. **EXPERIENCE**, valid driver's license and SS card required. Fingerprint and TB test a plus. **Drug test required.** Competitive pay. Overtime for holidays. Employer-matched 401(k). Health and dental insurance available.

Call for an interview in North County or San Diego:  
**760-434-4393 or 619-231-0151**

Or apply in person 10 am-3 pm Tuesday-Thursday:  
2333 1st Ave., Ste. 205, San Diego, CA 92101

Marketing

## Best Preparation in Town \$800-\$1200/Week

Pacific Home Remodeling has the best training system to put \$\$\$ in your pocket. We don't sell, but promote energy-efficient, eco-friendly products for homeowners. Are you looking for a fun job that will work with your schedule? If the following traits describe you, please contact us!

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Call to schedule an interview:  
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6875 Nancy Ridge Drive  
San Diego, CA 92121  
[www.PacificHomeRemodeling.com](http://www.PacificHomeRemodeling.com)



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Is money a problem?  
Then we have the solution!

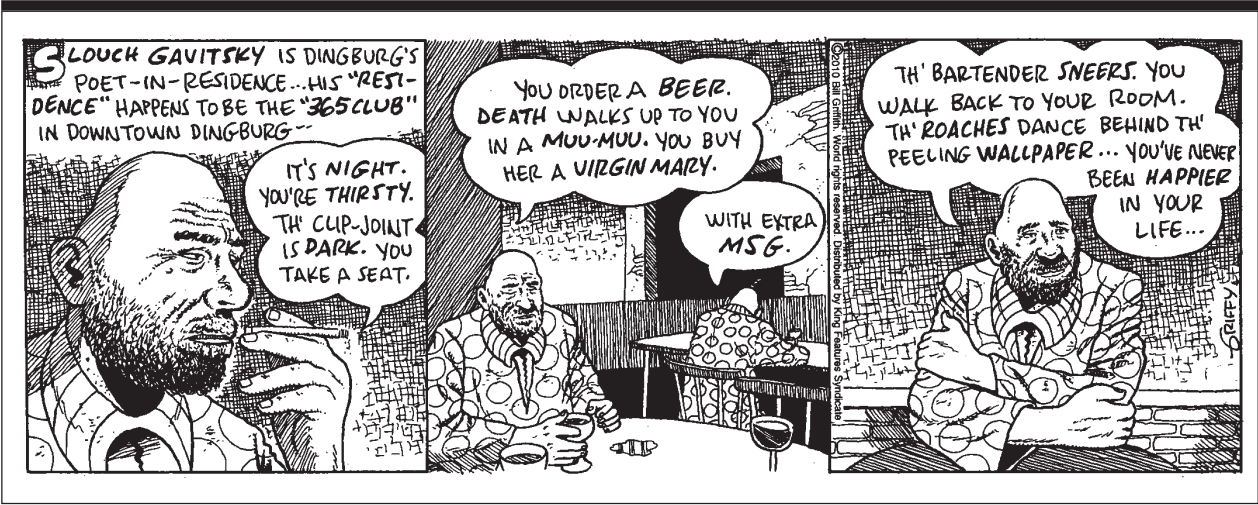
Seeking candidates who speak  
**ENGLISH - SPANISH - KOREAN**  
Call our customers and start earning full-time pay  
on a part-time basis! Flexible part-time hours.  
Represent nationally recognized companies  
and non-profit organizations.

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Apply online at  
**[www.dialamerica.com/sandiego](http://www.dialamerica.com/sandiego)**





HELP WANTED  
JOBS WANTED

**COMPANION HELPER FOR ELDERLY.** Looking for compatible person to serve. Honest, reliable, trustworthy, experienced. References. CNA, HHA, CPR trained. Call Lisa, 858-353-6344. Central coastal area.

**I AM A VOLUNTEER DRIVER** seeking individuals who need help with pickups/deliveries, errands, shopping, appointments, etc. Mileage reimbursement only. 619-276-3728.

**JOB WANTED.** I would like to be your personal assistant. Certified. Enthusiastic, reliable. Learn and easily adapt to new career environment. English/ Spanish speaking. 619-715-7374.

**JOB WANTED. Caregiver, house cleaning, driving, cooking, shopping. Can do it all. Many years of experience. Excellent references. Available anytime. 619-231-8602.**

**JOB WANTED.** Experienced lady seeking position as caregiver (live in or out part time), housekeeper, nanny, travelmate and confidant. References available

upon request. 15 years' experience. 619-444-7679.

**JOB WANTED.** Professional English Nanny/ nurse. 20 years' childcare experience. Specialties: Premature, newborn, toddlers. Reliable, love for children, excellent local references. Nursing degree. Background check. 619-297-6480.

**UNEMPLOYED HOMELESS VETERANS.** You may be eligible: Job search/resume preparation, placement assistance, support services, job-related clothing/ tools, housing referrals. VA benefit referrals. Appointment: 619-449-5513.

HELP WANTED  
MANAGEMENT / PROFESSIONAL

**CAREER FAIR.** Businesses hiring. Banking, professional/ management, sales, marketing, customer service, finance, etc. Bring resumes, dress professionally. Free. March 9, 11am-2pm. DeVry University, 2655 Camino Del Rio North.

HELP WANTED  
MISCELLANEOUS

**ALL NORTH COUNTY.** (56 north): Circulate state-wide petitions; no experience, no sales. Petitioners (circulators) earn \$20-\$50+/ hour as independent contractors. Full/ part time. 760-643-1150.

**CIRCULATE ALL PETITIONS.** Collect signatures on statewide petitions. No experience necessary. Paid 2x/ week. \$10-\$30+/ hour. Independent contractor, immediate openings. Full/ part-time. 619-615-8703.

**CUSTOMIZED EMPLOYMENT Program for Veterans separated within the last 48 months. Space is limited. Call 619-424-6860.**

**DONATE QUALIFIED PLASMA,** earn money every week. Requirements: 18-65 years old, good health, proof of Social Security number, proof of current address, current photo ID. Bring in this ad and receive a \$5 bonus after your first donation! OctaPharma Plasma, 3232 Duke Street, San Diego (off Midway), 619-758-9278. www.octapharmaplasma.com.

**EARN MONEY EVERY WEEK** for qualified plasma donations. Requirements: 18-65 years old, good health, proof of Social Security number, proof of current address, current photo ID. Bring in this ad and receive a \$5 bonus after your first donation! OctaPharma Plasma, 3232 Duke Street,

San Diego (off Midway), 619-758-9278. www.octapharmaplasma.com.

**GET PAID TO SHOP!** Mystery Shoppers. Earn up to \$200/day. Experience not required. Call now: 800-486-7204.

**HOST FAMILIES NEEDED** for international students. Great cultural exchange experience! Pays \$700-\$800/ month. Visit www.scarlethomestay.com to complete application. For more information, call Daisy, 619-501-4170.

**PILATES INSTRUCTORS.** Evening Instructors. Luxury Residential and Corporate facilities. All client types. Minimum certification and 2 years' experience required. E-mail: Fit@fitsandiego.com. Fax resume: 858-715-8681. Call 858-715-8611.

HELP WANTED  
RESEARCH STUDIES

**PAID RESEARCH STUDY** Volunteers. UCSD Department of Psychiatry. Anxiety, Stress, Pain Sensitivity. Males or females, 18-65 years of age. If you have been diagnosed with PTSD, another anxiety disorder or do not have anxiety but would like to participate in research and are otherwise healthy, please call for more information. You will be reimbursed a total of \$45. 858-534-2671.

HELP WANTED  
RESTAURANT / HOTEL / CLUB

**HOTEL: DEL MAR INN.** Great money to start! Full time/ part time. Front Desk, Guest Services Relations, Sales Associate, Sales Manager, Maintenance, Housekeeping/ Laundry. No calls. Apply in person: 720 Camino Del Mar, Del Mar.

HELP WANTED  
SALES / MARKETING

**APPOINTMENT SCHEDULER:** B2B Appointment Scheduler/ Phone Marketing. \$15/ hour base pay plus bonus. Setting appointments business-to-business via phone, no selling. Morning hours Monday- Friday, part time only, in Miramar Area. 1 year of outbound dialing experience in call center required. E-mail resume, employment@versacall.com, or fax 858-677-6765. Inquiries, please call 858-677-6766 x22.

**FUNDRAISING** for national charities and the Democratic Party. Over 20 years in business. \$9.50/hour. Paid training. Performance bonuses. Medical, dental, 401(k). Hiring 12:30pm-9pm shift. Convenient Kearny Mesa location. Apply at Gordon & Schwenkmeyer: 9620 Chesapeake Drive, San Diego, 92123-1369, Please call 10am-5pm for interview: 858-496-2100.

**GREAT DOLLARS** plus Career Opportunities for your future! Immediate openings. Energetic environment. Great job! 401(k), medical, dental. Vacation/ holiday pay. Daily cash spiffs. Average closer \$60K+/ year! If you are disciplined, coachable and looking to join a great team with an easy-to-sell product that's high integrity, call us today! Shannon, Media All-Stars, 858-300-9734. www.MediaAllstars.com.

**INSIDE SALES.** Great money plus career opportunities! Immediate Sales openings for entry-level and closers. Great work environment. Convenient location. 401(k), medical, dental, paid vacations, holidays. If you are disciplined, coachable and looking to join a great team with an easy-to-sell product and high integrity, call today! Average closer \$60K+/ year! Media All-Stars, 8525 Gibbs Drive #206, 92123. Ask for Shannon, 858-300-9734. www.MediaAllStars.com.

**INSIDE SALES.** Sales/ Fundraising. Part/ full time. 401(k), medical, dental, paid vacations, holidays. Fun, relaxed environment, easy-to-sell product. Average closer \$70K+/ year! E-mail resume to jobs@biggameproduction.com or call Big Game Productions, 800-359-5666, ask for Tony.

**MARKETING.** \$800-\$1200/week. Pacific Home Remodeling has the best training system to put money in your pocket. We don't sell, but promote energy-efficient, eco-friendly products for homeowners. If you are a trainable, enthusiastic, hardworking team player, please contact us! 858-866-0183. www.pacifichomeremodeling.com.

**Attention Life Agents** Mortgage protection closer needed. Free write-in leads. Work San Diego County. Big money! Hard working, loyal. Spanish speaking a plus. 213-387-9284.

**PART-TIME SALES.** Great potential! High income. Flexible hours. Call 858-633-1099.

**RELOADER'S PARADISE:** 2 front rooms producing leads. Best commission and bonus structure. Most extensive product line. Embroidered hats and full clothing line. Contests for you and your customers. Build your own database. Sign-on bonuses available for

established Reloaders. Call Gary: 619-220-7025.

**RESERVATION AGENTS.** Great pay! Fun environment. Day and night shifts available. Close to public transportation. Medical and dental benefits. Call today to schedule an interview: 619-516-4276. jgrey@pmonarch.com.

**SALES OPPORTUNITY!** Professional Sales. Is money a problem? Then Dial America Marketing has the solution! Seeking candidates who speak English, Spanish or Korean. Call our customers and start earning full-time pay on a part-time basis! Flexible part-time hours. Represent nationally recognized companies and non-profit organizations. 858-292-8822. Apply online at www.dialamerica.com/sandiego.

**SALES: HIGH SCHOOL SPORTS** Contractor needed. Job entails contacting schools via e-mail, mail and telephone, presenting the product and getting schools to sign with our organization. We supply schools with promotional sports publications to help them fundraise for their athletic departments. Pay starts at \$10/ hour plus bonuses and commission. If interested, please e-mail resume to jobs@ssfundraising.com. Please specify which position you are applying for in the subject line.

**SALES.** Come on in and give it a try! 39-year-old aggressive sales company in San Diego needs smart, funny people who want to learn how to sell. Must be able to read. No experience necessary. Apply today, start tomorrow! 3 locations. Paid training. Monday-Friday, 7am-3pm. 401(k), medical, dental, vision (after 90 days). Don't let this opportunity pass you by! Kearny Mesa: Allen, 800-854-1549 x101. Sorrento Valley: Dan, 800-854-2830 x233. Oceanside: Mike, 619-701-3631.

**SALES.** Supplement your income. Excellent income potential! \$10 starts you in a new career. Full- or part-time. Build your business working with top-selling Avon representatives. Perfect for self-starters with a commitment to helping others succeed. Kathleen: 619-429-1253; 888-429-1253. www.youravon.com/kenniss.

**SALES. Highest commissions anywhere! Advertising specialties. Set your own hours. Be your own boss. If you're a professional closer, call for details. Don't miss this opportunity! 619-402-3198.**

**SALES/ FUNDRAISING.** School athletics. Fun, relaxed environment, easy job, great pay. 8:30am-4:30pm, Monday-Friday. From \$8-\$26 hourly with bonuses, commissions. E-mail resume to jobs@ssfundraising.com or call 858-650-0718.

Closers Wanted!

**Sales/ Fundraising.** Looking for experienced closers, starting pay \$10/ hour plus commission. Fundraising for school athletics. Fun, relaxed environment, easy job, great pay. 8:30am-4:30pm, Monday- Friday. E-mail resume to jobs@ssfundraising.com or call 858-650-0718.

**SALES/TELEMARKETING.** Needed: 7 motivated salespeople to sell ad listings for online Internet promotion. 40% commission paid on every ad space sold. Sales are not difficult although there are no guarantees. A skilled professional could be making \$500-\$1500 by the end of the first week! Typical annual wages for a mediocre salesperson should be \$50,000+ per year. Experienced sales reps should earn \$20,000+ per month. Tools, scripts and training provided. No upfront cost! You can work from home. Must have a computer and telephone. Leave message, 24 hours. All calls returned, 888-743-9952.

**SAT/ ACT TEST PREP.** Outbound call center. Earning potential! Bad week: \$530.00. Average week: \$880.00. Good week: \$1088.00. Great week: \$1900.00. Leave message: 800-858-9673 x331.

**TELEMARKETING.** Fundraising for Democratic Party and national charities. Over 20 years in business. \$9.50/hour.

HELP WANTED

Earn Extra \$\$ Every Week  
For Qualified Plasma Donations

Requirements:

- 18-65 years old • Good health
- Proof of Social Security number
- Proof of current address • Current photo ID

Bring in this ad and receive a \$5 bonus after your first donation!

octapharma  
plasma

Formerly known as Pyramid Biological Corporation & Life Sera  
3232 Duke St. (off Midway Dr.) • 619-758-9278



Reservation Agents Needed

- Great Pay • Fun environment
- Day & night shifts available
- Close to public transportation
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Call today to schedule an interview:  
**619-516-4276**  
**jgrey@pmonarch.com**

Western Towing is looking for energetic, self-motivated individuals to fill full-time positions as

CALL CENTER DISPATCHERS

Fast-paced environment. Qualified candidates should possess excellent communication and computer skills and be able to multitask. Candidates must have dispatch experience and knowledge of San Diego County roads.

Competitive pay and comprehensive benefits package including 401(k), medical, dental, life insurance and more.

Fax résumé: 619-295-6892, Attn: Human Resources  
E-mail: humanresources@westerntowing.com

Or apply in person at:  
4370 Pacific Hwy  
San Diego  
Drug-free/EOE



MYSTERY SHOPPERS

Get paid to shop!

Earn up to  
\$200 per day.

Experience  
NOT required.

Call NOW:  
(800) 775-9924





Paid training. Performance bonuses. Medical, dental, 401(k). Hiring 12:30pm-9pm shift. Convenient Kearny Mesa location. Apply at Gordon & Schwenkmeyer: 9620 Chesapeake Drive, Suite 108, San Diego, 92123-1369. Please call 10am-5pm for interview: 858-496-2100.

**TELEPHONE INTERVIEWERS.** No sales! Conduct opinion polls in our Kearny Mesa office. No experience necessary. Paid training. Part - time, full time, afternoons, evenings, weekends. Flexible schedules. Looking for good communicators with basic computer skills. Bilingual English/ Spanish is a plus. \$9/ hour; bilingual \$9.50/ hour to start. EOE. 858-637-4000.

**TURN HEALTH INTO WEALTH!** Part-time opportunities. Call 858-633-1099.

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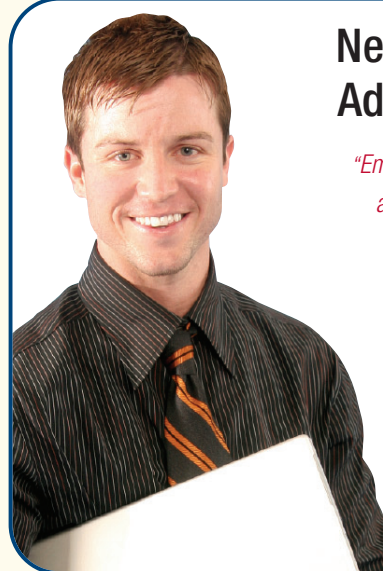
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by Scott MEYER

Hyperbole is intentional, bombastic exaggeration. It is a powerful oratory technique that is easy to misuse.

I AM THE GREATEST AT HYPERBOLE.  
Nobody hyperbolizes with more ...

Um ...

The whole point of hyperbole is to go big. Tepid hyperbole isn't hyperbole at all, just lame exaggeration or bragging.

Well, don't underestimate my levels of hyperbolicity. I can be quite hyperbolic when I'm in the mood.

AND I AM IN THE MOOD ...

You can only engage in hyperbole for so long until you'll be expected to prove one of your overblown claims.

You know nothing of the hyperbolic arts! You can't even spell hyperbole.

Oh, I can spell hyperbole. I can spell the crap out of it.

It's true that using hyperbole puts you at a certain risk, but if others retaliate with hyperbole, they assume the same risk.

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"How to Start a Business" (for individuals with disabilities). Joe and Vi Jacobs Center, located behind the Market Creek Plaza. 404 Euclid Avenue, San Diego 92114. Tuesday, March 23. 1-4pm. Off-street parking available in lot behind the center. Sponsored by Able-Disabled Advocacy. Call Cindy Lennon to reserve your spot, 619-231-5990, x 315.

**FREE SEWING CLASSES.** All skills levels welcome. Contact instructor for details: [jmckenna@sdccdc.edu](mailto:jmckenna@sdccdc.edu), 619-588-2244. Or check the blog: [www.sewnproductsdiva.blogspot.com](http://www.sewnproductsdiva.blogspot.com).

**FREE VEGAN COOKING CLASSES.** Food included. Raffle. Carmel Valley Library, Saturday, February 27, 12-2pm. 3919 Townsgate Drive. Simple, healthy, delicious. [www.vegansandiego.com](http://www.vegansandiego.com). Lisa, 858-705-3987; email: [info@vegansandiego.com](mailto:info@vegansandiego.com).

**FREE WRITERS' WORKSHOP.** Reopening. All skill levels, genres. Barnes & Noble (Westview parking—Mira Mesa). First Tuesday of each month, 7:00pm. Claudia, 858-693-3939 or [info@cre8ink.com](mailto:info@cre8ink.com).

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RULES OF THE GAME

1) Submit your completed puzzle to the Reader each week for our ongoing contest! We keep track of each puzzle you successfully complete and the results are posted online each week to sandiegoreader.com. But your submission will only be counted when you successfully complete a puzzle AND get it to us by 7:00 a.m. Monday.  
2) Be one of the first 125 people who submit the correct answers to one of the puzzles and we will print your name in the paper along with your brief message (10 words or less, no URLs or phone numbers). Entries must include a message. This is a great way to express yourself. You may submit a new message weekly. We reserve the right to edit or reject inappropriate text.  
3) The puzzle-contest ranking, shown online and in the paper, will begin anew every three months. Complete the journey four times a year!  
4) Entries must be faxed to 619-231-0489 or 619-233-7907 or mailed to Reader Puzzle, P.O. Box 85803, San Diego, CA 92186-5803, or delivered through our mail slot at 1703 India Street in Little Italy, or scanned and e-mailed to: puzzles@sdreader.com. Submissions by e-mail must be attached in JPG format, 800 by 800 pixels, maximum file size of 1MB. Submissions that don't fit the format will not be counted or viewed.  
5) 10 Reader T-shirts are awarded weekly to contenders chosen randomly!  
And now for the really small print:  
1) All answers must be legible and entered in the spaces provided.  
2) Late entries will not be considered.  
3) One entry per person per week or you will be disqualified.  
4) Employees of the Reader and their immediate families are not eligible.

Across

- 1. It can really bite
- 8. Less complex
- 15. Be at rest
- 16. Kafka novel
- 17. 1993 Tom Stoppard play
- 18. "That's understood!"
- 19. Title of 51-Across when translated into Hebrew
- 21. "You can see him now"

- 22. Loony
- 23. Cigar residue
- 26. Grub
- 27. Title of 51-Across when translated into Hawaiian
- 31. Oral surgeon's deg.
- 32. Tavern orders
- 33. They may be nonspeaking
- 34. With 35-Across, title of 51-Across when translated into Italian
- 35. See 34-Across
- 37. Leaves for lunch?
- 40. One giving Starbuck's orders
- 41. Deli order
- 44. Group that sang 51-Across
- 47. Indian ox
- 48. Did nothing
- 49. Good deal
- 50. Compel
- 51. Hit song of 1967
- 55. Edmonton's province
- 58. Removes from a spindle
- 59. Ophelia's brother
- 60. It hangs next to Chad
- 61. Bad place to punch below, in boxing
- 62. Clogs

Down

- 1. Cut
- 2. Fool
- 3. Gets new players for
- 4. Viagra alternative
- 5. Enlarge a house
- 6. Unlikely
- 7. Pt. or qt.
- 8. Doctor's order
- 9. Mrs. Marcos of the Philippines

- 10. "You've Made \_\_\_\_ Very Happy"
- 11. Victorian
- 12. Fleur-de-\_\_\_\_
- 13. Squeeze (out)
- 14. Actress \_\_\_\_ Dawn Chong
- 20. Managed care grps.
- 23. Netscape acquirer
- 24. "That's all \_\_\_\_ wrote"
- 25. Contains
- 27. In the style of
- 28. Virgo preceder
- 29. Saudi, e.g.
- 30. London facilities
- 32. West Wing worker
- 34. One in an airport queue
- 35. Revolutionary Guevara
- 36. 1979 Yves Montand thriller "\_\_\_\_ in Icarus"
- 37. Ways around: Abbr.
- 38. "I figured it out!"
- 39. Tennis umpire's cry
- 40. Choir voice
- 41. Lock removers?
- 42. "Charlie's Angels" costar
- 43. Syrup, essentially
- 45. Sprint rival
- 46. How durable goods are built
- 47. "I'm going to throw you a long pass"
- 50. Do without
- 51. Spearmint, e.g.
- 52. One-named Deco illustrator
- 53. Aims (for)
- 54. Handling the matter
- 55. Keyboard key
- 56. "Well, \_\_\_\_ -di-dah!"
- 57. One causing a buzz

1	2	3	4	5	6	7		8	9	10	11	12	13	14
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61								62						

We cannot accept your entry without the following:

Name: \_\_\_\_\_  
Address: \_\_\_\_\_  
Neighborhood/City: \_\_\_\_\_  
State: \_\_\_\_\_ Zip Code: \_\_\_\_\_  
Circle T-shirt size: L XL  
Personal Message: \_\_\_\_\_

SOLUTION TO LAST WEEK'S PUZZLE:

J	E	S	S		H	O	H	O		E	S	Q	U	E	
E	L	I	A		M	O	E	N		S	O	U	R	S	
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O	I	L	E	D		R	Y	N	E		A	N	D	I	

THIS WEEK'S CONTENDERS:

☞ indicates T-shirt winner.

Ron Akers, Sabre Springs, 7. This was too easy.  
Lucy Alderson, Chula Vista, 7. Two new baby hummingbirds are here: so tiny.  
Mary Arana, Encinitas, 7. Excel-lent-Team USA!  
Leo Baggerly, Encinitas, 7. Just rejoice  
Thomas Baggot, Carlsbad, 7. Padres can be a winning team. Maybe  
Charlotte Brown, Clairemont, 7. And so Baseball begins  
Marvin A. Brown, Clairemont, 7. Go Padres  
Eric Cash, Escondido, 7. Since Eavan got here, my golf game has left me.

Leslie Chase, Campo, 7. All's well that's orange  
Joseph Ciprian, Little Italy, 7. A Toyota's a Toyota  
Betsy Cory, Chula Vista, 7. Just what is your message, Angela??  
William Cushing, Rancho Bernardo, 7. Go Aztecs to the big dance!  
Dale Duffala, La Jolla, 7. Pitchers and catchers report today! Spring's here!  
Harry Engel, La Jolla, 7. Happy birthday, Josh  
D. Faulkner, University Heights, 7. Use your bike all the time!  
Jacque Glick, El Cajon, 7. Still here!

Iggie Guerrero, Bay Ho, 7. Debra got her purses.  
Ellie Hoey, Spring Valley, 7. I love New York  
Thomas McVeagh, Lakeside, 7. Let's meet up at the clean scene!  
Douglas Meyers, La Mesa, 7. The facts get twisted until no one's right.  
Elizabeth Noll, Alpine, 7. I'm so ready for summer!!!  
Jim Odell, Vista, 7. All that rain leaves all these thick weeds.  
P. Drew Papas, La Jolla, 7. Ready for Oscar?  
Burr Passenheim, Linda Vista, 7. Obama is evil-am I famous yet?  
John Pertle, Santee, 7. John 14:6: Acts 4:12; John 3:16; Acts 16:31. Believe Jesus.  
Jerry Riccio, Rancho Bernardo, 7. When did schools turn President's Day into President's week?

Matthew Rosello, San Diego, 7. It is gone.  
Jay Sato, Carmel Valley, 7. Tao Taiko is ichiban!  
Ted Scafidi, Hillcrest, 7. Jihadis hide behind women and children.  
Rich Sewell, Ocean Beach, 7. All hail the guacamole bowl!  
Clinton Smith, La Mesa, 7. "Beat you with a stick?" "No. I'll do it myself."  
Tom Somich, Clairemont, 7. Happy Birthday, Tom!  
Elenore Stephens, Potrero, 7. Back to P-Town 4 life  
Bob Vollmar, La Jolla, 7. Top 73 winners = 1 T-shirt. Remaining 49 = 9. Random?  
Norman Williams, San Diego, 7. What da fuss??  
Ric Witt, Clairemont, 7. Bring on March madness-go Blue Devils!

Woody Anderson, Carmel Valley, 6. IKEA har ganska bra köttbullar!  
Jeff Battles, Ocean Beach, 6. I'm sick of being sick.  
Evelyn Bowser, Hillcrest, 6. Love to Eric  
Jon Connor, Oceanside, 6. "The game is rigged but you can't lose if you don't play"  
Thomas Diehl, Escondido, 6. It is better to wear out than rust out.  
George Elam, Vista, 6. Thanks for the sun. Feels good  
Ben Espe, Mission Valley, 6. Controlling the message...AJ Smith, Tiger and Obama  
☞ Manny Faria, Point Loma, 6. Chasing just 1 puzzle Pooh. I love you.  
Phyllis Grant, San Diego, 6. Life is good.  
Norman Kenney, Carlsbad, 6. Hip Hip Horray! Kiera! Bodo!

George Jackson, Oceanside, 6. Read my lips: No more middle-class taxes!  
Dorothy Kruse, Carlsbad, 6. Got it once more  
Susie Lektorich, Coronado, 6. Duff beer for me, Duff beer for you!  
Ron Meyer, Santee, 6. Hi Hunny. Happy anniversary! I love you!  
Rumir Miravalles, San Diego, 6. A 1911 or an MXP?  
Robert Ott, Mira Mesa, 6. 29 days and a wake up.  
Michael Panther, Point Loma, 6. Why can't I just be complacent?  
Bill Pischke, Ramona, 6. Leslie rocks orange!  
Janie Redmond, Cardiff, 6. Adieu Charley. See you next week.  
Don Romero, La Mesa, 6. I miss you Mei Ling. Cannot wait to smooch



THIS WEEK'S CONTENDERS CONTINUED:

☛ indicates T-shirt winner.

**Dave Small, San Carlos, 6.** *Happy Birthday, Kyle.*  
**Duane Tremaine, East Village, 6.** *When me they fly, I am the wings*  
**Al Alcazar, National City, 5.** *Lakers still winning without Kobe!*  
**Rick Chambless, San Diego, 5.** *Chargers in 2010!!*  
**Marty Ferullo, Pacific Beach, 5.** *Happy birthday Laurie!*  
**Ralph Hayward, El Cajon, 5.** *Hi Chuck!*  
**Ron Hootman, Santee, 5.** *Hoot 101 :It's 3:30 on a Thursday, the regular crowd"*  
**Emily Marie, North Park, 5.** *You make it so easy!*  
**Willie McGee, San Diego, 5.** *Be patient Charger fans.*  
**Claire Phillips, Clairemont, 5.** *Missed last week.*  
**John Pilch, San Carlos, 5.** *The cause of global warming is the Sun*  
**Michael Sheridan, San Diego, 5.** *LD - Everton*

**Carly Stone, San Diego, 5.** *Change how you "see" - not how you "look"*  
**Lisa Torrescano, Spring Valley, 5.** *Happy 70th birthday C.C. I love you!*  
**John L. Drechner, North Park, 4.** *Dracula was a 3 and 2. He was a full count.*  
**Irvin C. Gavidor, Golden Hill, 4.** *India Ink Papers now in Hillcrest, come on by!*  
**Chad Griffith, Poway, 4.** *Happy belated Valentine's Day to all 6 of my sisters.*  
**Sean Holt, Ocean Beach, 4.** *No pinesol, no rock. What do we do now, Toni?*  
**Janet Kaye, Linda Vista, 4.** *Your new kitchen is fabulous!*  
**Robin Serfass, Leucadia, 4.** *Way to go Evan...*  
**David Tomasin, San Diego, 4.** *Seemed easier*  
**Andrea Vollmer, Vista, 4.** *Missed a week.*

**Glen and Tesi Chavira-Courmoyer, Chula Vista, 3.** *It's been awhile.*  
**Robin Coulthard, Lakeside, 3.** *Happy Birthday lain.*  
**Margarite Daniel, Vista, 3.** *Happy birthday Tony, Love ya.*  
**Joseph Gold, San Diego, 3.** *Gloria, you're a schtunk, Happy birthday #56 OV.*  
**Sara and Shaid Khwaja, Poway, 3.** *Pakistani curries, Indian lamb kabob*  
**B.J. Lundquist, San Diego, 3.** *Nice to be back in San Diego.*  
**Linda Morris, Encanto, 3.** *C'mon sunshine-I need to play!*  
**Susan Naslund, San Diego, 3.** *Happy birthday to me!*  
**Ron Pollack, Encinitas, 3.** *For "Ma" and her loving family.*  
**Henry Romero, San Diego, 3.** *Back to Washington DC*  
**Randy Santos, University City, 3.** *What can I say?*  
**Susan Williams, North Park, 3.** *So lucky to have the North Park Theatre!*

**David Wray, El Cajon, 3.** *Bang the drum quickly.*  
**Jay Andrada, San Diego, 2.** *Jayto still rules!*  
**Dean and Bob Bekken, San Diego, 2.** *Go Cubs!*  
**Greg Del Campo, Temecula, 2.** *I love the rain.*  
**Michael Faria, Point Loma, 2.** *Thanks for the best Valentine's day ever baby! Love you!*  
**Mark Henshaw, San Diego, 2.** *Another try for Kitty*  
**Tammy Lin, San Diego, 2.** *I'm 30! Wahoo*  
**Steve Lundquist, San Diego, 2.** *Looking for spring.*  
**Joe Musser, Encinitas, 2.** *He who seeks equity must have clean hands.*  
**Leslie Wittman, Seattle, 2.** *Great vacation! Thanks Mo!*  
**Still Ben, El Cajon, 1.** *Eat your heart out Dom*  
**David Campbell, Carmel Valley, 1.** *It's hard to be clever on demand. That was easy*  
**K.P. Charpentier, Rancho Peñasquitos, 1.** *It's kasagna night!*

**Jon Christianson, El Cajon, 1.** *Bun Appetito a tutti*  
**Scott Conlin, Oceanside, 1.** *Fin-ish like a pro*  
**Jeana Flowers, Ocean Beach, 1.** *Marcus you're the light at the end of my tunnel*  
**James Floyd, San Diego, 1.** *Utinni!*  
**Kellen Griffiths, La Jolla, 1.** *Real engineers read instructions... and end up breaking it away*  
**Rene Juarez, Serra Mesa, 1.** *I'll never get one... never*  
**Mike Kerouge, San Diego, 1.** *Thank you Kimberly*  
**Kottieimer, Santee, 1.** *Don painting the living room. Time for the kitchen*  
**Kathy Law, La Mesa, 1.** *Love to Bill, Al, Marylou and Rocio.*  
**Dawn Mertisin, San Diego, 1.** *Why do...*  
**Vickie Meyer, Peñasquitos, 1.** *I love my job as an RN!*  
**John Mobley, Lemon Grove, 1.** *The problem with the gene pool is there is no life guard*

**F.A. Nalu, El Cajon, 1.** *Have a redeeming lent.*  
**Herb Neider, Escondido, 1.** *Rainy day fun with my honey!*  
**Cindy Nissen, Mira Mesa, 1.** *I miss Paul Hovey! Love you!*  
**Javier Ortega, Mission Valley, 1.** *I'm naked, I need a shirt.*  
**John C Pipes, Lemon Grove, 1.** *Donna, thanks for the kind words.*  
**Don Reckles, Carmel Valley, 1.** *Happy 4th birthday, Spencer and Reese. Love, Mom and Dad.*  
**Bruce Richter, Cardiff-by-the-Sea, 1.** *Spring is coming and I am ready!*  
**Amber Rogowicz, Mission Hills, 1.** *Happy Birthday day lovely Aquarians*  
**Butch Rosser, Chula Vista, 1.** *I'm going to say hi to Christine here. Hi!*  
**Marcus Rounds, North Park, 1.** *My jeans fits me perfectly!*

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# Another Chance for Fame and Glory!

## THE READER SUDOKU PUZZLES:

### RULES OF THE GAME

- 1) Submit one completed puzzle of any difficulty level (Easy, Medium, Hard or Evil) to the *Reader* each week for our ongoing contest! We keep track of each puzzle you successfully complete and the results are posted online at sandiegoreader.com. But your submission will only be counted when you successfully complete a puzzle AND get it to us by 7:00 a.m. Monday.
- 2) Be one of the first 125 people who submit the correct answers to one of the

- puzzles and we will print your name in the paper along with your brief message (10 words or less, no URLs or phone numbers). Entries must include a message. This is a great way to express yourself. You may submit a new message weekly. We reserve the right to edit or reject inappropriate text.
- 3) The puzzle-contest ranking, shown online and in the paper, will begin anew every three months. Complete the journey four times a year!
- 4) Entries must be faxed to **619-233-7907** or mailed to Reader Puzzle, P.O. Box 85803, San Diego, CA 92186-5803, or delivered through our mail slot at 1703 India Street in Little Italy, or scanned and e-mailed to:

- Sudoku@sdreader.com. Submissions by e-mail must be attached in JPG format, 800 by 800 pixels, maximum file size of 1MB. Submissions that don't fit the format will not be counted or viewed.
- 5) 10 *Reader* T-shirts are awarded weekly to contenders chosen randomly!
- 6) All answers must be legible and entered in the spaces provided.
- 7) Late entries will not be considered.
- 8) One entry per person per week or you will be disqualified.
- 9) Employees of the *Reader* and their immediate families are not eligible.

### EASY:

				2	7		9	
	5		3	9				
7		9	6					4
2	8	1	5				7	
		6				3		
	3				8	2	4	5
3					2	6		7
				5	6		1	
	7		8	1				

### MEDIUM:

			6	9		1	4	
9	4				5		6	
					4	3		
4			7			8	1	
		7		4		2		
	9	1			6			4
		3	4					
	1		9				2	3
	6	9		5	3			

### HARD:

6		1	3	9		8		
	8	4				5		
			4					
7	1						8	
8				7				1
	3						2	7
					9			
		7				2	6	
		2		8	3	9		5

### EVIL:

			1					7
2				3	5	8		
				9				4
	6				9	5		8
		2				4		
7		5	4				9	
9				4				
		1	5	7				2
4					6			

We cannot accept your entry without the following:

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Neighborhood/City: \_\_\_\_\_

State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

Circle T-shirt size: L XL

Personal Message: \_\_\_\_\_

\_\_\_\_\_

## SOLUTION TO LAST WEEK'S SUDOKU PUZZLES:

### EASY:

7	8	4	2	5	1	6	9	3
9	5	3	4	7	6	1	2	8
1	6	2	3	9	8	4	7	5
4	7	1	6	3	2	8	5	9
2	3	5	1	8	9	7	6	4
6	9	8	7	4	5	3	1	2
3	4	9	5	1	7	2	8	6
5	1	6	8	2	3	9	4	7
8	2	7	9	6	4	5	3	1

### MEDIUM:

2	4	3	5	9	6	1	8	7
8	5	7	4	1	3	2	6	9
6	9	1	8	2	7	5	4	3
5	2	8	1	3	9	6	7	4
1	6	4	7	8	5	3	9	2
7	3	9	6	4	2	8	5	1
3	7	6	2	5	4	9	1	8
9	1	5	3	7	8	4	2	6
4	8	2	9	6	1	7	3	5

### HARD:

5	3	1	4	6	2	8	7	9
7	8	6	5	3	9	2	1	4
4	2	9	7	8	1	6	5	3
1	4	2	9	5	7	3	6	8
3	7	5	6	2	8	4	9	1
6	9	8	1	4	3	7	2	5
8	1	4	2	9	6	5	3	7
2	5	7	3	1	4	9	8	6
9	6	3	8	7	5	1	4	2

### EVIL:

4	9	1	2	8	5	7	6	3
8	2	7	1	3	6	5	9	4
3	5	6	9	7	4	1	8	2
9	3	8	4	6	7	2	5	1
7	6	4	5	2	1	9	3	8
2	1	5	8	9	3	4	7	6
5	8	3	7	1	2	6	4	9
1	7	9	6	4	8	3	2	5
6	4	2	3	5	9	8	1	7

## SEE YOUR RANKING ONLINE!

Now you can go online to check your ranking and communicate with each other! Simply visit: [www.SDReader.com/puzzle](http://www.SDReader.com/puzzle). The new ranking is posted each Wednesday. To use the "comments" feature, you must be a registered site member.

## THIS WEEK'S CONTENDERS:

☛ indicates T-shirt winner.

### EASY:

**Aaron Abramson, Williamstown, 7.** I need help. Am overworked. Underpaid.

**Don Bowman, Santee, 7.** Roses are read. Violets are blue. Spinach is good 4u

**Cherie Calvo, San Diego, 7.** Onto March!!

**M. Elliott, Ranch Bernardo, 7.** Cell phones and driving don't mix! You idiots!

**John Pertle, Santee, 7.** Titus 3:5; Ephesians 2:89. You can't work for it

**D. Stiewig, Santee, 7.** Have a nice day

**Erin Nogle, Ocean Beach, 6.** Bring on the Holy Moly Guacamole Bowl!

**Terry Thomas, Chula Vista, 6.** Honor and respect our diversity and community.

**Stuart A. Young, San Diego, 5.** If we live only once, we'd better get it right...

### Mike Wiehe, Poway, 3.

Welcome to the world Lucas and Ryan!

**Chris Dunn, Lemon Grove, 2.** V-Day is for suckers! I love Karin every day!

**Emily Posedel, San Diego, 2.** Miss the N Café

**Josie Ranches, San Diego, 2.** Hello everyone!

**Tri Than, San Diego, 2.** YnuK YnuK YnuK!!!

**Dana Bachman, San Diego, 1.** Moming coffee fodder

**Scott Behuer, Pacific Beach, 1.** Work to live

**Eleanor Burbank, Escondido, 1.** And I no she...

**Jeff Loeb, San Diego, 1.** SDVAMC sudoku expert!!

**Pauline Malley, San Diego, 1.** Please get the Reader early on Wednesdays

☛ **Amber Rogowicz, Mission Hills, 1.** For Bob Rogowicz: Thx 4 getting me Hooked dad

### Diem Nguyen, San Diego, 1.

One more tshirt is happier

**Marye Sanchez, Lemon Grove, 1.** E.L. nothin less than a 1 carat dimond

### MEDIUM:

**Betty Archer, La Jolla, 7.** Be especially good to everyone today!

**Dave Small, San Carlos, 7.** Happy birthday, Kyle!

**David Tomasin, San Diego, 7.** This week; fame- next week; glory

**Roy Bartolome, San Diego, 6.** Well aren't you going to eat them?

**Linda Bible, El Cajon, 6.** Go team America!

**Henry Chung, San Diego, 6.** Addicted to Black Diamond Round

**William Stiewig, Vallejo, 6.** See you soon

**Hans Butikofer, Mission Beach, 5.** Hard is evil!

**Juli Richardson, Chula Vista, 4.** One of these days, hard-evil here I come

**Erik Carroll, San Carlos, 3.** Rack on track! Go Aztecs!

**Elliott Estrine, Poway, 3.** Go for the gold

### Dennis Jardim, Oceanside, 3.

MBA, NFL, MBL'ers will never have the dedication of Olympic...

**Saad Ghulam, Escondido, 2.** Let's go, San Diego!

**Ed Rull, San Diego, 2.** Happy Birthday Edmund!!!

☛ **Leslie Wittman, Seattle, 2.** Grand Canyon was awesome! Thanks Mo!

**Lana Cao, San Diego, 1.** Who needs guys when you have credit cards

**Chuyen Cao, San Diego, 1.** 14-2 is over

### HARD:

**Amada Garcia, Chula Vista, 7.** Reflect Lent is here

**Esther Hays, La Mesa, 7.** Reader sudoku rules

**Douglas Meyers, La Mesa, 7.** We cross our fingers as they roll the dice

**Skully, San Diego, 7.** Counting down the days MonkeyBoy- Kitten, Oldman Steve, Goldmember, R1Rabbit

**Glenn R. Walker, La Jolla, 6.** Good luck Russ with your project

### Stephen Loughrane, Bankers Hill, 5.

iljvm. A and F

**Green Dave Gietzen, Sunset Cliffs, 4.** This song slays: "Anyone Seen My Girl" By Keb' Mo'

**Mandy Smith, Boulevard, 4.** Mason- break-a-leg! You're a king!

**Henry Romero, San Diego, 3.** Snow, snow, go away

**Lark Herrick, Alpine, 2.** Be cheerful. Strive to be happy

☛ **Rei-Lan Tang, San Diego, 2.** Easy Does it

☛ **Wayne Ameda, Peñasquitos, 1.** Send a box of GS cookies to our Military

**Joshua Boss, San Diego, 1.** Good bye L.T. don't let the door hit you

**B.J. Lundquist, San Diego, 1.** Evil was!

**Marjie Souza, Ocean Beach, 1.** Don't call me!

**Andy Thomc, La Jolla, 1.** Sheri, good luck with next week's easy. Belive in yourself

**Mao Ye, La Jolla, 1.** I love sudoku puzzle!

**EVIL:**

**Robert Bradley, Spring Valley, 7.** Got dirt and rocks too

### Loren Boyer, El Cajon, 7.

Surfer Magazine. Click surfer girl, Click Alana Blanchard rips!

**Jean Bradley, Spring Valley, 7.** Desert showers bring erosion, renewal, life, and beautiful desert flowers

**Joseph Ciprian, Little Italy, 7.** A pulchritudinous muse who inspires lugubriously is an esoteric find

**Alford Claiborne, Encanto, 7.** Its my lucky day!

**Larry Clark, Clairemont, 7.** You can lead horses to water, but pencils are lead

**Roger Doughman, San Diego, 7.** Trust in the lord with all your heart P83:5

**Butch Hays, La Mesa, 7.** Also a fan Fringe, House and Human Target. :-)

**Dan Holslin, San Diego, 7.** Evil gave a good fight

**Belmont Hope, Vista, 7.** No message!

**Norman Kenney, Carlsbad, 7.** Kiera! Bodo! Go team go

**Lynnette Lampton, La Mesa, 7.** Freedom arrives in 58 days

**Raymond Land, Escondido, 7.** Brook Jason Kelly David and Dustin are the best!



THIS WEEK’S CONTENDERS CONTINUED:

☛ indicates T-shirt winner.

**Ralph Levy, La Jolla, 7.** *The hard part is dreaming up the new message*  
**Mike Maniss, Lakeside, 7.** *Good luck with your test!*  
**P.J. Mole, Point Loma, 7.** *Hope this story ends well*  
**Bruce Ness, Mira Mesa, 7.** *DOES MARY BENTLEY still play dominoes? Please call*  
**Tom Norris, Santee, 7.** *When I'm depressed I cut myself a piece of cheesecake*  
**Michael Panther, Point Loma, 7.** *He'd dead, but that doesn't mean we cant have fun*  
**David Schwartz, Clairemont, 7.** *Bar exam... good luck me*  
**Rich Sewell, Ocean Beach, 7.** *A new Trailir Park Boys movie, sweet!*  
**Joe Steinbach, Clairemont, 7.** *Save gas- ride the bus*

**John Strauch, Point Loma, 7.** *Walked Tosca Way. Climbed Indi-ahead in Anza Borrego*  
**Joi Taylor, Mission Valley, 7.** *I love my guys!*  
**Duane D. Tremaine, E. Village, 7.** *They reckon ill who leave me out*  
**Susan Williams, North Park, 7.** *Enjoying Winter Olympics. Go USA, Go Canada*  
**Ric Witt, Clairemont, 7.** *Love the Olympics - pro sports can't compare*  
**Mark Xitco, San Diego, 7.** *Oh boy*  
**Bliss Beedle, Encinitas, 6.** *Vayas con dios, mijo.*  
**Michael Boyko, Spring Valley, 6.** *Tucson, here I come*  
**Robert Crumrine, Downtown, 6.** *24 years, when do I get a pay raise, cost of living up*

**Paula Davis, Spring Valley, 6.** *We will keep on keeping on. They will get educated*  
**Michelle Dutra, Serra Mesa, 6.** *Thanks for a great year Rob!*  
**D. Faulkner, University Heights, 6.** *Ride your bike dean the atmosphere!*  
**Linda J. Hall, La Mesa, 6.** *My mom wants a t-shirt*  
**Zdenek Hostomsky, La Jolla, 6.** *62 years from the communist putsch in Czechoslovakia*  
**Karen Maegley, Sorrento Mesa, 6.** *Go USA*  
☛ **Charles Reader, Del Mar Heights, 6.** *Reader reads Reader*  
**Larry Terbell, Golden Hill, 6.** *Support John Dennis for congress. Defeat Pelosi!*  
**Rob Welder, El Cajon, 6.** *Why do City of San Diego employees work 2 hours...*  
☛ **George Elam, Vista, 5.** *Is football really over?*

**Ralph Hayward, El Cajon, 5.** *Hi Chucks*  
**David Holbo, San Carlos, 5.** *Happy birthday Pearl Elaine*  
**Stuart Lester, Santee, 5.** *David gets his brains from his Dad.*  
**Joe Selig, San Diego, 5.** *Better to be quiet and be thought a fool...*  
**Michael Shaw, Lakeside, 5.** *Miss ya? By george we do! Miss Laura too!*  
**Tess C. Sutton, San Diego, 5.** *Love you C*  
**Jorge Castro, Alpine, 4.** *Its always fun, thanks*  
**Eddie Faria, Point Loma, 4.** *Thx for the shirt Reader*  
☛ **Lily Gonzalez, Logan Heights, 4.** *zzzzz*  
**Charles Rion, Allied Gardens, 4.** *2 more weeks*  
**Carolyn Woodbury, Chula Vista, 4.** *Eco tip: Walk, bike, take trolly, and eat less meat*

**Linda J. Blevins, Oceanside, 3.** *Welcome to California Emily!*  
**Greg Boss, San Diego, 3.** *I got your hope and change and trans-parency. Big con!*  
**Dean McCoy, Vista, 3.** *Nostalgia isn't what it used to be*  
**Ted Jerm, Roseville, 2.** *Curlers rule*  
**P. Drew Papas, La Jolla, 2.** *2 in a row!?!?*  
**Joe Richter, Mission Hills, 2.** *We love E-street Café in Encinitas*  
**Wang Tang, San Diego, 2.** *One day at a time*  
**Arturo Vazquez, San Diego, 2.** *Hopefully I win another tshirt*  
**Marina Cobain, National City, 1.** *Los amo a todos!*  
**Jeff Curtis, San Diego, 1.** *Google- big bear sale... mls # 282184*  
**Bridgett Gist, Escondido, 1.** *Soulmate- was thinking about you and wanted to say hi*

**Larsen Farrell, Escondido, 1.** *Numbers, numbers, numbers rule*  
**James Floyd, San Diego, 1.** *Live not on evil.*  
**Obie Fox, Escondido, 1.** *Sudoku king! Love ya mom!*  
**J. Gorman, UTC, 1.** *This is the Padres year!*  
☛ **Kellen Griffiths, La Jolla, 1.** *Hey Pineapple! Ball's in your court now!*  
**James Hance, Eucalyptus Heights, 1.** *San Diego Green Business Network meets every third Wednesday, and...*  
**Riza Lea Laraya, San Diego, 1.** *Uno! I'm a doctor!*  
**Andy Ngo, Vista, 1.** *Congrats to Daniel Phan and his new bride*  
**Paul K. Witherspoon, San Diego, 1.** *I love it when she shorts*

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**HERPES/ HUMAN PAPILLOMAVIRUS** (HSV/HPV) Support Group. Accurate medical information and support. Recorded message: 619-491-1194. [www.SanDiegoCityHELP.org](http://www.SanDiegoCityHELP.org).

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**PRIVATE COUNSELING.** Your journey can be clearer, more peaceful; relationship issues, body image, self-esteem, anger. I can help. Work toward self- acceptance. Negotiable fee. 619-838-6817.

## NOTICES

**ACTIVE/RETIRED FEDERAL** employees invited to hear how NARFE protects earned benefits. Third Wednesday monthly, 1pm. El Cajon Community Center. 175 East Douglas. Free admission/refreshments/parking. 619-464-2987.

**ADDICTED TO INTERNET** pornography/ sex? Out of control? You are not alone. Call Sex and Love Addicts Anonymous, a 12- step fellowship. P.O. Box 3791, San Diego 92163 or 619-685-7211 or [www.slaa-san-diego.org](http://www.slaa-san-diego.org).

**AL-ANON.** Grupo paz mental. Sufre por el alcoholismo en su familia? Juntas sesionan Martes, 5:30pm-7pm, y Sabados, 1-2:30pm. 3450 Bonita Road, #207, Bonita, CA 91902.

**ALCOHOLICOS ANONIMOS.** Reunion de mujeres. Sesión Miércoles, 9am-10:30am. Desea dejar de beber? Lleve una vida útil y feliz! 3450 Bonita Road, Suite #207. 619-280-7224.

**ALCOHOLICOS ANONIMOS.** Problemas con el alcohol? Nosotros le ayudamos a vivir mejor. Sesiones Lunes-Viernes, 7am y 8pm. Sabados, 8am y 7pm. Domingo, 8am y 5pm. Grupo Bonita Hispano, 3450 Bonita Road #207. 619-280-7224.

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**ARTIST PROJECT ROOM.** \$200 per month. 619-427-7541.

**BOOK SALE.** The Friends of the Solana Beach Library will hold a used book sale February 25-27, 10am-4pm, 157 Stevens Avenue, Solana Beach. Choose books, \$4/ bag. 858-755-1404.

**CAN PRAYER HEAL?** Discover freedom and wellness. Find out how prayer works for you to eliminate chronic disease, pain, fear, anxiety, depression. 858-272-3246.

**CANNABIS PATIENT ACT.** (Association Cannabis Therapeutics). Nonprofit. Seeks caregiver/ patient interns with questions about cooperatives, clones, medicine, growing guidelines. Proposition 215 guidelines. Meth kills. 619-528-0907.

**CO-OP.** Assorted food items. \$15 per share. Terrific value and it's always different. Thursdays in North Park, 5pm-6pm. Must be reserved. Call 9am-noon Thursday to reserve yours, 619-283-3066.

**DEBTORS ANONYMOUS** is a 12- Step program for people with problems with money and debt. Contact us at [www.debtorsanonymoussandiego.org](http://www.debtorsanonymoussandiego.org) or 619-525-3065.

**DINNER-ON-A-DOLLAR.** Free newsletter. Get yours: <http://www.dinneronadollar.org/newsletter.html>. email: hungry@ dinneronadollar.org. Can cost \$1.99, but under \$2. We need your recipes, too. Thanks. Claudia, 858-693-3939.

**DIVORCE ANONYMOUS.** Get guidance/ support during your emotional adjustment. 12-step group meets Fridays, 6:30-8pm, Ascension Lutheran Church, 5106 51st Street, Allied Gardens, off Waring Road. 619-422-7373. [www.divorceanonymoussandiego.org](http://www.divorceanonymoussandiego.org).

**DIVORCECARE.** Sundays, 9am, in Albertsons Shopping Center, Tierrasanta, suite next to Starbucks. Support group for those affected by divorce/ separation. Free childcare. DVD seminar/ conversation. Refreshments. Bruce, 619-461-4480.

**FAMILIA DE ALIMENTOS.** Donacion .50 centavos minimo. Pan, pasteles aveces, otros productos. Martes 12:30-2:15pm, Iglesia de Grace, esquina Fairmount Avenue en Redwood y Poplar. No necesita reservacion.

**FAMILY FOOD LINE.** Donation requested. 50 cents minimum. Bread, sometimes pastries, produce, others. Tuesdays 12:30-2:15pm, Grace Church, corner of Fairmount Avenue at Poplar & Redwood. No reservation needed.

**FREE CUSTOMIZED EMPLOYMENT** Program for **Veterans with a Service Connected Disability** or those **Honorably Discharged within the last 48 months**. Space is limited. Call 619-424-6860.

**FREE PRESCHOOL.** Alpha Kappa Alpha Head Start is now enrolling children ages 3-5 years old from low- income families in the East County, and children with special needs/ disabilities. 619-444-0503.

**FUNDRAISER FOR LAUREL MILNE,** 12 years old, good student, plans to be a doctor, loves jokes, storytelling and has

brain cancer. Bands, music, raffles at Tango Del Rey, April 18, 3-7pm. To donate, [www.fortheloveoflaurel.org](http://www.fortheloveoflaurel.org). Contact Cami, 480-242-6720; Minnie, 949-338-1445.

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**MOVIE BUFFS.** Interested in watching movies and then discussing them afterwards (like book clubs)? Ages 25 to mature welcome. Please call 619-850-6075 or 858-231-0647.

**MYSTIC ROOTS BAND** live on tour! Constant Struggle: Award Winning album in stores now! Saturday, February 20, at 8:30pm, \$8, 21+, at 710 Beach Club, 710 Garnet Avenue, San Diego. [myspace.com/mysticrootsband](http://myspace.com/mysticrootsband).

**NORIC FINE ART GALLERY.** Art auction: February 5-26. Proceeds help homeless/ needy. [www.godsextendedhand.com](http://www.godsextendedhand.com). Bid: [www.zhibit.org/fineartbynb](http://www.zhibit.org/fineartbynb). 8183 Center Street, La Mesa. Norma. 619-337-1254.

**OBSESSIVE COMPULSIVE** Anonymous. 12- step meeting for people with OCD/ interested others. Free. Mondays, 6-7pm. Department of Health Services Complex, 3851 Rosecrans Street, Harbor Room. [ocasandiego@hotmail.com](mailto:ocasandiego@hotmail.com).

**OVEREATERS ANONYMOUS.** Meetings daily. No dues or fees. 619-521-2538. [www.oasandiego.org](http://www.oasandiego.org).

**PARENTS, FAMILIES AND FRIENDS** of lesbians and gays (PFLAG). Find help, support and understanding. Meetings: Mission Valley, East County, North County. [www.pflag.com](http://www.pflag.com). Call for details, 888-398-0006.

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**PREGNANT? CONSIDERING ADOPTION?** Talk with caring agency specializing in matching birthmothers with families nationwide. Living expenses paid. Call 24/7, Abby's One True Gift Adoptions, 866-413-6293. (AAN CAN)

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**RESEARCH STUDY VOLUNTEERS.** Do you have Type 2 Diabetes? Dr. Henry and his associates have a Clinical Research

Study that is looking at the safety and effectiveness of an investigational medication (similar to aspirin) compared to placebo, in the treatment of Type 2 Diabetes. The study drug is approved by the FDA to treat arthritis, but has been approved for Diabetes. See if the TINSAL study is right for you. Duration: approximately 55 weeks total; 11 clinical study site visits at UCSD. Study visits may include an initial screening visit, vitals, laboratory samples, physical exam, EKG, medical history, quality of life questionnaires, blood sugar readings from provided glucose monitor. If you meet the following criteria, you may be eligible to participate. Inclusion Criteria: males or females aged 18-74. Diagnosed with Type 2 Diabetes. Diabetes controlled with diet and exercise of up to 3 medications, stable for 8 weeks (excluding current use of Actos, Byetta and insulin). HbA1c between 7.0-9.5%. No recent weight loss greater than 10 pounds or currently on any weight loss drugs. No Plavix, Heparin, Coumadin or any other anticoagulants (aspirin OK). Qualified participants will be compensated for participation up to \$700. To find out if you are eligible, please contact Research Coordinator at 858-552-4326.

**RESEARCH STUDY VOLUNTEERS.** Type 2 Diabetic volunteers. Dr. Robert Henry and his associates at the VA Medical Center are looking for Type 2 Diabetic volunteers to evaluate the effects of Dapagliflozin compared to placebo on insulin resistance and insulin secretion. Duration: Approximately 24 weeks total: 11 clinical study site visits (the visits will include an initial screening visit and 10 clinic visits.) If you meet the following criteria you may be eligible to participate. Inclusion criteria: Males or females aged 35 to 70. Diagnosed with Type 2 Diabetes. A1c 7.0% to 10.0%. Body Mass Index (BMI) less than or equal to 45kg/ m2. You must be taking Metformin for at least 12 weeks at a dose of 500mg or greater or Metformin greater than or equal to 500mg plus a sulfonylurea (such as Glyburide and Glipizide or Prandin, Januvia). If you are a woman of childbearing potential you must agree to use an adequate method of contraception to avoid pregnancy. Qualified participants will be compensated for participation up to \$1400. For more information, please contact Catherine DeLue at 858-552-8585 x6740.

**SEX/ RELATIONSHIP PROBLEMS?** Out of control? You're not alone. Call Sex and Love Addicts Anonymous. 12 Step fellowship. PO BOX 3791, San Diego, 92163. 619-685-7211. [www.slaa-san-diego.org](http://www.slaa-san-diego.org).

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## Events Calendar

**Introduction to Herbal Medicine.** Thurs., Feb. 25, 7:30-9pm. Herbal medicine is the use of natural plant substances to treat and prevent illness. Topics covered: history, folklore, myths and science behind herbal medicine. Uses, trends and popularity of herbal medicine. Common herbal preparations. How herbs can benefit health. Common herbs and what they are used for. \$20. RD Alchemy Natural Products, 2613 Lemon Grove Ave., Lemon Grove 91945. 619-825-6078.

**Mind, Body Fitness and Wellness Clinics.** Thurs., Feb. 25, Tues., March 2. 5pm Fitness class: Core strength stability and conditioning mat class. 6pm Yoga: Hatha Vinyasa mix. 7:30pm Alternative Wellness Clinic: Acupuncture/ Massage/ Energy Medicine. Learn meditation healing and more. \$10 donation. Kensington Community Church, 4773 Marlborough Drive, San Diego 92116. 619-884-2662. prakasheffulgence@yahoo.com.

**What Is Animal Acupressure?** Sun., Feb. 28, 1pm. Margarit Nee of the Art of Dog presents an introduction to theory, practice of acupressure for dogs. Learn how it works, whether your dog will benefit, "how-to" information. Admission free. Dexter's Deli, 1229 Camino Del Mar, Del Mar 92014. 760-753-1982.

**Astrology.** Wed., Feb. 24, 7:30-9pm. History of astrology. Significance of sun signs and their characteristics, dualities, triplicities, quadruplicities, polarities, symbols and parts of the body ruled. Ascendants, planets and their characteristics, houses and aspects in your horoscope. Body types and health for each sun sign. Love, relationships and compatibility of each sun sign. \$20. RD Alchemy Natural Products, 2613 Lemon Grove Ave., Lemon Grove 91945. 619-825-6078.

**Walk for Wishes.** Sat., Feb. 27, 8am. Fundraiser for Make-a-Wish Foundation boasts one-mile route through SeaWorld, with an optional four-mile course along Mission Bay. All walkers receive 50 percent off admission to SeaWorld. Admission \$17-\$27. South Shores Park, 500 Sea World Drive, San Diego 92109. 858-707-9470.

**Red Lotus Society - Celebrating Black History Month.** Sat., Feb. 27. Pre-party 6:30pm. Tea Room opens at 7pm. Live Jazz, spoken word performances, live blues, delicious soul food. Dress code anything, 1919-mid-1930s era. Free for RLS members, guest admission \$20 (includes complimentary food). More info 619-208-3833. Events@redlotussociety.org.

**Forum for Healthy Minds.** Sat., Feb. 27, 8:30am-3pm. Theme is "Wellness...Mind, Body, and Soul," hosted by Community Alliance for Healthy Minds. Keynote speakers at 9am: Carol LeBeau and Dr. Nick Yphantides. Resource fair (8:30am); breakout sessions by experts in nutrition, art and writing therapy, suicide prevention, survivor support, journey with grief (throughout day). Requested donation: \$20. Abraxas High School, 12450 Glen Oak Road, Poway 92064. Registration: 858-395-3950.

**Nature Discovery Walk.** Sat., Feb. 27, 8:30am. Trail guide naturalists lead outing in chaparral, grasslands, riverfront "glistening with new growth." Identify early blooms, learn native plant biogeography, local history. Admission free. Kumeyaay Lake Campground, Two Father Junipero Serra Trail, San Diego 92119. 619-668-3281.

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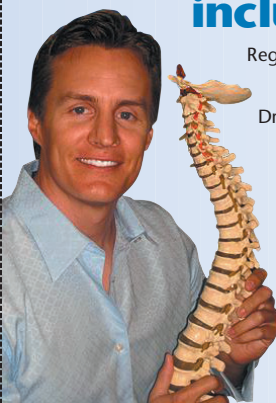
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**SURTIDO DE ALIMENTOS.** CO-OP. \$15 por donacion. Siempre diferente. Jueves en Parque Norte, 5pm-6pm. Primero debe llamar para ser reservados de 9am-12pm Jueves, al 619-283-3066.

**WEDDING HELP.** Vote for my brother and his fiancEe to win their perfect wedding. Good karma, it's really quick. Help a San Diegan out. [www.ultimateweddingcontest.com/entries/23109](http://www.ultimateweddingcontest.com/entries/23109).

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**REHEARSAL STUDIO.** Upscale facility, Kearny Mesa. All rooms have individual air conditioning, high ceilings and 24-hour access. Monthly rooms available. Adder Studios, 858-505-8644. [www.adderstudios.com](http://www.adderstudios.com).

**REHEARSAL STUDIOS for musicians, artists. Handy College Area location. Available. Monthly rental. Air conditioning. Make appointment. 858-335-8455.**

**REHEARSAL STUDIOS:** 24- hour, air-conditioned lockout studios, \$250, \$350 and \$450. PA, drum sets, amplifiers available. North County. Call 619-957-5686.

**REHEARSAL STUDIOS!** Current special: \$100 off first month's rent with ad! Miramar Road. Monthly and hourly rates available. Universal Sound, 619-306-2222; 858-401-2973.

**REHEARSE AT HINDSIGHT,** Miramar. Hourly rooms, fully equipped (drum kit, two half stacks, bass rig, PA), starting \$18/ hour. PA only \$16/ hour. 858-635-9611. [www.hindsightrehearsal.com](http://www.hindsightrehearsal.com).

**REHEARSE IN SOUTH BAY,** \$250 to \$450/ monthly. Very soundproof at Sweetwater Studios, 619-427-7541.

## ROOMMATES

**BALBOA PARK.** \$625. Large room in 3 bedroom, 1.5 bath house with backyard. Hardwood floors, washer/ dryer, beautiful safe neighborhood. Dog OK. Female only. 619-977-1957.

**BAY PARK.** \$550. Nice upstairs room with large closet. Near bay, freeways, Sea World, etc. No drugs/ smoking/ pets. Quiet. Utilities included. 619-276-7873.

**BONITA/ NORTH.** \$475, including utilities, cable. 3 bedroom, 2-1/2 bath duplex. Washer/ dryer, fireplace, pool, tennis, courtyard, clean, quiet. Owner occupied. Male. Nonsmoking/ pets. 619-482-6972.

**CARLSBAD.** Move-in special. Walking distance to all. Beach house. Spacious room, shared bath. 2 large windows. Large kitchen. Large yard. Parking. Storage. \$850. 760-207-6293.

**CARLSBAD/ PACIFIC BEACH/ Oceanside/ Vista,** \$590, \$650, \$950



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**CARMEL MOUNTAIN.** \$500. Upstairs sunny room, share bath. Great neighborhood. Pool, spa, washer/ dryer. Wi-fi/ cable ready. Male only. No pets/ smoking. Peaceful, quiet. 858-673-4799.

**CLAIREMONT.** Upgraded bedroom/ bath. Female preferred. Furnished home. Easy access to UCSD, Mesa. All amenities plus: Wireless, yard, spa, maid, office. \$700, utilities shared. 858-449-9454.

**CLAIREMONT.** \$475. Near Mesa College, grocery store, and bus stop. No pets/ smoking. Male only. Cable TV and utilities included. 858-337-2770, 858-353-4449.

**CLAIREMONT.** \$550. Room in 3 bedroom, 1 bath house with recreational room for entertaining friends. Large closet. Large yard overlooking the canyon. No pets. 619-300-5974.

**CLAIREMONT.** \$550. Share 3 bedroom house. Recreational room for entertaining guests/ playing music. Large yard for barbecues. Freeway close. Female only. Call/ text 619-300-5974.

**CLAIREMONT.** \$650. Room in nice 3 bedroom house with mostly outside dog. Spa, Hawaiian style backyard with bar, washer/ dryer, Internet. Contact Travis, 858-414-2247. [Travisbowman@gmail.com](mailto:Travisbowman@gmail.com).

**CLAIREMONT/ BAY PARK.** Two bedrooms for rent. Remodeled house with beautiful panoramic view. Male preferred. No smoking/ alcohol/ drugs. \$500/ \$600, utilities included. 858-935-1138, 858-348-7643.

**COLLEGE AREA.** \$600. Nice room, partially furnished, 10'x9', own 1/2 bathroom. Internet, utilities included.

Washer/ dryer in unit. Parking, tennis court, pool, Jacuzzi. Near transportation, freeways, shops. 619-379-6787.

**COLLEGE AREA.** \$610. Utilities included, \$200 deposit. Furnished/ unfurnished room available. Clean, quiet home. No drugs/ drama. Housekeeper twice/ month. Available now. 619-302-3530.

**COLLEGE AREA/ University.** View, patio, kitchenette, laundry, cable TV. Private bath. Share kitchen. \$675, includes utilities. No smoking, alcohol, drugs, pets. Couple OK. 619-584-2244.

**COLLEGE GROVE.** Nice furnished room. \$450. Utilities/ Internet included. Pool, laundry, gated community. 10 minute drive to SDSU. Near shopping center/ Chollas Lake. Radomir, 281-702-7145.

**DEL MAR.** Spacious 5 bedroom home near Village, ocean. Pool, sauna, Jacuzzi. Large room with separate entrance, full bath. \$900 includes utilities. Monee: 619-787-4399; e-mail: [monee.gagliardo@gmail.com](mailto:monee.gagliardo@gmail.com).

**EMERALD HILLS.** \$500/ month. Large room with separate bath. Home with young mature couple. \$100 deposit. Off-street parking, laundry. Male preferred. 619-602-4789.

**ENCANTO.** Furnished room to rent. Own private bath. Utilities, cable included. Near bus/ trolley lines. \$500 rent, \$200 deposit. Female only. No smoking. 619-884-0081.

**FASHION VALLEY** Courtyards. Share condo with female nonsmoker. No pets. Bedroom with view. Private bath. Gated community. All amenities with lake and fountains. Underground parking. Unfurnished. Available 3/1. \$700,

including utilities, \$200 deposit. 619-252-3245.

**GOLDEN HILL/ SOUTH.** \$425. Male only. Share small 2 bedroom house, utilities included. Renovated. Centrally located. First/ last/ references. 9'x7' room, storage, washer/ dryer. 619-688-1205.

**GROSSMONT COLLEGE.** Walk to Grossmont College. \$480/ month. Private bedroom, share bath. Female. Beautiful 5 bedroom home. Pool, cable TV, Internet for \$10. Available now. Susanna, 619-667-9142; [susanna100@cox.net](mailto:susanna100@cox.net).

**LA COSTA.** Room for rent with tremendous view. Jacuzzi, pool. Separate bath. Parking. Close to beach, shopping. Furnished, \$680/ month for 3 months. 619-818-9206.

**LA MESA.** \$600, immaculate extra large room in 4 bedroom, 2-1/2 bath house. Great view. Pool/ spa, big screen TV, Internet, nice neighborhood. [dremy1948@yahoo.com](mailto:dremy1948@yahoo.com). 619-460-2824.

**LA MESA.** \$525, including utilities. Deposit. Share house. Hardwood floors, skylights, piano. Remodeled bath/ kitchen. Laundry, Cable, Internet. Big yard. Nice area. For 1 person only. 619-466-7500.

**LA MESA.** Lovely Lake Murray condo. Cable, swimming pool, spa. \$550, 1/4 utilities, deposit. Female only. No smoking/ drugs. 619-589-8636.

**LEMON GROVE.** \$475 plus \$100 deposit, utilities included. Furnished/ cable TV, internet. Laundry. Shared bathroom/ kitchen. Male only. Nonsmoker. Credit check. No drugs/ pets. 619-602-1824.

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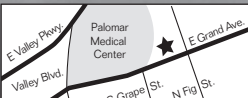
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Retired  
Irvine

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Jimi DeFrisco  
Sound Engineer  
Downtown

I go to the gym. I take all kinds of vitamins, protein, everything. It gets my stress away from me. I’m a soundman for the 4th&B club — I’m the production manager there. So, when I get all the stress from the shows, I come here [24 Hour Fitness] and I beat it out of myself — every single day, at least three hours a day. I kind of stay to a diet, too. I have to. I used to go out and just drink and do shots at night, but it didn’t help my health. It made me more tired and more stressed.



Judy McDougle  
Registered Nurse  
Pacific Beach

I read. I meditate and I read spiritual books and things of that nature. I find reading to be very relaxing.



Jorge Cervantes  
Electrician Student  
Kearny Mesa

I do many different things to relax. If I’m having a hard day, I like to go out to Ocean Beach on my skateboard to relax — I go to the skate park, ride around on the pool, have a good time. Sometimes when you fall down and eat shit, it takes away from the other things going on in life, so you really can’t think about ’em.



Schuyler Schultz  
Executive Chef  
South Park

I guess my entire existence is trying to calm myself down, so basically just the normal day-to-day is always a relaxation process for me. But most specifically, I enjoy cooking. I’m a chef — I’m the new executive chef at Bing Crosby’s down at Fashion Valley. I like to cook at home, just what I want, for me and my wife. I find that very relaxing.



Rebecca Raymond  
Marriage and Family Therapist  
Mission Valley

I hang out with friends, read, watch movies. If it’s more like stress-reliever relax, I take the dog out to do some hiking and walking. I have Afoot and Afield — the book — so I’ll take the dog out on different hikes from there. I’m not that far from Tierrasanta and that whole region. I’ll go over to Cowles Mountain and places like that.

**MIRA MESA.** \$475, includes basic utilities. Lovely, private room. Shared bath with female. Gated, quiet community. Shopping/ entertainment close. No smoking/ drugs. Female only. 858-722-3365.

**MIRA MESA.** 1/2 off first month. \$525, utilities. Large home. \$250/ deposit. Fireplace. Large kitchen. Dayroom. Dishwasher. Washer/ dryer. Maid service. No pets. Available. Tom, 619-708-4925.

**MISSION VALLEY.** \$700. Sunny, bright condo. All amenities. Skylights, fireplace, newer carpet, vaulted ceilings, balcony, pool, Jacuzzi, gym. Close to beach. No smoking/ pets. Kewltriathlete@yahoo.com.

**MISSION VALLEY/ ALLIED GARDENS.** \$550, \$350 deposit, \$50 key. Share upstairs condo with couple. Private bedroom/ bath. Laundry, pool, Jacuzzi. Near freeway/ trolley. Utilities included. No pets, nonsmoking. March 1. 619-229-9903.

**MISSION VALLEY/ COLLEGE AREA.** \$545. Looking for roommate. Female a must. To live with my daughter and me. Beautiful home. Bathroom, parking. Prestigious neighborhood. Close to all. No pets. Habla Espanol. Leave a message. Mary, 619-487-1610.

**PACIFIC BEACH.** \$850. Master bedroom and separate bath in quiet, secure condo. Gym, pools, tennis. Convenient to laundry facilities, shopping, social life. Male preferred. 858-336-0734.

**PACIFIC BEACH.** \$875/ month plus 1/2 utilities. Couples OK or single. **Best condo in Pacific Beach!** Share 2 bedroom, 2-1/2 bath. Private bedroom, bath, and balcony. Furnished. Cable, Internet. Washer/ dryer. Garage parking, storage area. **Available March 1.** Call home phone, **858-483-3865**, or cell, **510-773-0734**.

**POINT LOMA.** Partly furnished room with bath. \$800, \$200 deposit. Includes utilities, cable, bottled water, dust/ vacuum room, clean towels weekly, clean bathroom daily. 619-224-2249.

**POINT LOMA.** \$700. Female to share 2 bedroom, 2 bath condo. Large closet. Tile floors, washer/ dryer, fireplace, pool. Safe, central neighborhood. No pets. 619-808-6728.

**POINT LOMA/ SUNSET CLIFFS.** \$650. Room in 3 bedroom, 3 bath Sunset Cliffs home, 3 blocks to ocean. Private bath. No smoking/ pets. 619-269-6626, 619-347-3552.

**RANCHO PENASQUITOS.** \$425/ month, includes utilities. Female only. Unfurnished room. Share large double sink bath. Large, clean house. No pets/ drugs. 858-538-7820.

**RANCHO PENASQUITOS.** \$520/ month. Room. Quiet, nice, clean. Cable, kitchen, laundry. Utilities included. Close to I-15 and I-56. Evening. 858-538-1962.

**RANCHO PENASQUITOS.** \$550, utilities included. Nice room, shared bath. Internet, cable. Use of common areas, washer/ dryer. Shopping, restaurants, Post Office, freeways nearby. 858-484-2053.

**ROLANDO/ COLLEGE.** \$625. Master bedroom. Private bath, Jacuzzi tub. Spacious 3 bedroom home. Quiet neighborhood. Washer/ dryer. Comfortable, inviting backyard. Month-month. Female preferred. 619-994-4422.

**SAN CARLOS/ LAKE MURRAY.** 2 bedroom townhouse. Walk to all. Plus 1/2 garage. \$675/ month, 1/2 utilities. Male preferred. 619-838-1819.

**SAN DIEGO.** Nice room in newer home. Share kitchen. \$500 includes Internet, cable, utilities. \$300 deposit. No drugs/ alcohol/ pets. Near freeways. Year lease. 619-887-2365.

**SAN DIEGO/ COLLEGE AREA.** Room for rent. \$450. Near SDSU and freeways. Nice 3 bedroom, 2 bath house. Available now. 619-644-1240.

**SERRA MESA.** \$650, utilities included. \$400 deposit. Room for rent in beautiful house. Cable/ Internet, laundry, modern kitchen, spacious bathroom. No drugs, pets, smoking. 858-277-7003 or 858-449-6449.

**SERRA MESA.** Room in 3 bedroom, 2 bath house. Game room, pool, Jacuzzi. \$650, month to month, plus 1/2 utilities. Central location, street parking. 619-571-3361.

**SERRA MESA.** Nice room, very cute house, yard and view. Furnished/ unfurnished. All amenities. \$550, includes utilities, and cable/ Internet. No drugs. Available now. 858-569-9328.

**SERRA MESA.** 2 bedrooms, private bath. 1 roommate: \$975; 2 roommates: \$1075; includes utilities. Washer/ dryer, backyard, private parking. Hardwood floors, remodeled kitchen, central. 619-517-4301.

**Spring Valley Sober living. Males only. Shared room: \$495, special discount may apply. Furnished. Shared utilities. Near bus and shops. Call Pete at 858-450-9823.**

**SOUTH BAY.** \$745 includes utilities/ all upstairs rooms: bedroom, bath, den. Fully furnished, totally private. Walk-in closet. Off- street parking. Centrally located. Female only. Deposit/ references. 619-267-4311.

**SOUTH PARK.** \$750. "Do you/ couple and your dog need a home?" Bedroom in large 2- story Craftsman. Cable/ all

utilities included. Washer/ dryer. Rain forest garden. Available 3/1. 619-232-3937.

**TALMADGE.** \$600. Sunny room, cute 2 bedroom house. Small yard, hardwood floors, Internet, washer/ dryer. Safe, quiet, central neighborhood. No smoking/ drugs. Female only. 619-851-5570.

**TIERRASANTA.** Furnished rooms. Quiet. Near all, freeway 15/ 52 convenient. Kitchen privileges, Internet. \$465, \$480 and \$495. With utilities. No drugs/ smoking. Available. 858-565-7664; 858-717-5224.

**TIERRASANTA.** \$600. Townhouse, upstairs master bedroom plus bath/ office is yours. Share washer/ dryer, Internet, cable. Near I-15/ Miramar. Community pool, park. Single occupancy. No pets. 858-560-5459.

**UTC.** \$750. Share nice townhouse near UCSD/ mall with retired professor. Master bedroom/ bath. No smoking/ drugs/ pets. All amenities. Carport. Female preferred. 858-232-7249. michael.staehle@att.net.

**VISTA.** \$550, plus deposit. Shared bath. Includes utilities, Internet, cable, laundry, kitchen, parking. Near 78 freeway. Must like dogs, no pets/ smoking. Available now. 760-599-3956.

ROOMMATE SERVICES

**ALL AREAS. ROOMMATES.COM.** Browse hundreds of online listings with photos and maps. Find your roommate with a click of the mouse! Visit: www.Roommates.com. (AAN CAN)

**HOMESHARE:** Seniors offer rooms for rent throughout San Diego, \$450-\$550. Lower rent or rent- free rooms for household help. ElderHelp of San Diego, 619-284-9281; 858-200-0011.

RENTALS COMMERCIAL

**BANKER'S HILL/ DOWNTOWN:** Secure 2- car garage plus storage; \$200 month. Call Steve, 619-696-7500.

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**GASLAMP ART SPACE!** \$150/ up. High ceilings, tall windows. Gallery venue for shows. Uniquely affordable. 100-600 square feet. 402 Market. Hughes Management, Lic#955724, 619-239-1639 x103. [www.HughesManagement.net](http://www.HughesManagement.net).

**HILLCREST GARAGE/ STORAGE** unit located in apartment complex. \$150/ month. 10'x19.5'. Near Uptown Village. 619-299-8746.

**LA JOLLA.** \$2500. Approximately 2800sqft of commercial space for lease in Bird Rock area. Previously was Bully's Restaurant, tenant improvements negotiable. 5755 La Jolla Boulevard. 619-296-6699. [www.centrecity.net](http://www.centrecity.net).

**MESSAGE ROOM FOR RENT** at centrally located, professional massage center. Includes table, linen, blanket, towel/ warmer, music. Must be licensed/ insured. \$25/ hour. contact @ [healinghands-sd.com](mailto:healinghands-sd.com). 619-574-0053.

**MISSION BAY/ CLAIREMONT.** Office suite. 481 square feet at \$1.05. Upstairs. Clean. Near I-5. Easy access. Free parking. Near shopping center. 2445 Morena Boulevard. 619-275-3455.

**MISSION HILLS.** Great retail or office space. Floor to ceiling windows, corner unit, high traffic count. Approximately 1000sqft. 930 West Washington Street #8. \$1500. 619-296-6699. [www.centrecity.net](http://www.centrecity.net).

**NATIONAL CITY.** Commercial warehouse, 4000 square feet. Office suite, bathroom, roll- up doors front and rear (alley with dock). Next to trolley; easy Freeway 5 access. Many possible uses. \$2499/ month. 2120 Wilson. 858-568-5081.

**NORTH PARK.** Space for rent, 300-square- foot room in rear of retail store. \$20/ hour or 10% of fee- based events (whichever is greater). \$10 extra for out-of- store- hour times. Perfect for classes, meetings, or performances. 619-280-8408.

**PACIFIC BEACH.** Commercial building for lease. 1559 Garnet Avenue. 3500 square feet. Air conditioning, 4 parkings, building remodeled 2004. Principals only. Micki, agent/ owner, 619-861-3076.

**PACIFIC BEACH.** \$950. Office/ retail space in heart of Pacific Beach. Private bathroom. Reserved parking. Approximately 767 square feet with good frontage and customer parking. 4428 Ingraham Street. TPPM. 858-454-4200 x115. [www.torreyepinespm.com](http://www.torreyepinespm.com).

**POINT LOMA GARAGE** for rent (storage only). 2- car garage, \$350 month- to- month. 3112 Jarvis Street, 92106. Lance, 619-222-6020.

**POINT LOMA.** 1258 Scott Street. \$800. Office with bathroom, upstairs,

approximately 613 square feet. 2- year lease. 619-200-1657 or [www.bkbinc.com](http://www.bkbinc.com).

## RENTALS HOUSES

**ALLIED GARDENS.** \$1850. Beautiful 3 bedroom, 2 bath house. Fenced all around. family/ living/ dining rooms. Carpeted. 2- car garage. Laundry hookups. 619-971-1145; 619-579-8027.

**BAY PARK/ CLAIREMONT.** 1 bedroom, 1 bath cottage, \$750. Hardwood floors. Stove, refrigerator. Parking. Small pet negotiable. Available 3/4/10. 2045 Morena Boulevard. Agent, 858-705-1444.

**CHULA VISTA.** 2 bedroom, 1 bath cottage. English garden. Fireplace, dishwasher, gas stove. Washer, dryer. Off- street parking. \$1250/ month; deposit \$1250. Appointment: Viviane, 760-815-6489.

**CHULA VISTA/ NORTH.** 2 bedroom, 1 bath, stove, refrigerator, new carpet. Small side yard. Washer/ dryer hookups. \$1395. \$1500 security deposit. 619-869-8041.

**CITY HEIGHTS.** \$850. Reduced move-in. 1 bedroom, 1 bath house. Street parking. Section 8 OK. 4022 36th Street. [www.sdforrent.com](http://www.sdforrent.com). 619-640-7530.

**CITY HEIGHTS.** \$1295. Cute 2 bedroom, 1 bath with fenced yard and garage. Open Sunday 12-4pm. 4086 Oakcrest Drive. Leasing Unlimited, Lic#00976056, 760-436-7273.

**CITY HEIGHTS.** 2 bedroom, 1 bath. All utilities paid. Secure parking. Fenced yard. Washer/ dryer. Stove, refrigerator. No pets/ section 8. \$1150, \$500 deposit. 619-282-5574.

**CLAIREMONT MESA/ GENESSEE.** \$1895 rent. \$1800 deposit OAC. Newer 3 bedroom, 2-1/2 bath. 1325- square- foot duplex townhouse. Garage, ample parking. Laundry hookups. No pets at 4439 Clairemont Mesa Boulevard #1A. Agent, 619-299-4034.

**CLAIREMONT.** \$1250. Large 2 bedroom, 1 bath duplex. 1 car garage. No pets. Nonsmoking. Appliances. Paint/ carpet. Large fenced yard. Clean. 3230 Jemez Drive. Juno, 619-275-3455.

**CROWN POINT.** \$2250. 3 bedroom, 2 bath home. 1- car garage. Only 2 short blocks to bay. Vaulted ceilings, fireplace, balcony. No pets. 3922 Shasta Street. 858-483-3534. [www.cal-prop.com](http://www.cal-prop.com).

**CROWN POINT/ PACIFIC BEACH.** *Charming 2 bedroom, 2 bath, hardwood floors, crown molding, fireplace. French doors, large yard. Beloved family pets welcome. Garage. Laundry. 3415 Yosemite Street. \$2900/ month. 619-221-9191.*

**EL CAJON.** \$1875. Beautiful Spanish-style 3 bedroom, 2 bath with family room. Fireplace, air conditioning. Washer/ dryer hookups, garage. RV parking. No pets. 619-444-3506.

**EL CAJON.** \$2600. 3 bedroom, 2-1/2 bath. Updated kitchen, A/C, washer/ dryer, outdoor kitchen, gated pool/ spa, pool maintenance/ gardener included. Pets OK. Meredith, 619-997-3989.

**ESCONDIDO.** \$1500. Spacious 2-bedroom, 2- bath home. Stove, refrigerator, dishwasher. Central heat/ air. 2-car garage. Fenced yard. Washer/ dryer hookups. Pet considered. 619-298-7724.

**FASHION HILLS.** 3 bedroom, 3 bath townhouse. View, large deck, pool, jacuzzi, tennis courts, washer/ dryer, 2-car garage. \$2100. Available 3/7. 510-682-4455.

**GOLDEN HILL.** \$650 plus utilities. Studio apartment in small complex. Hardwood floors, shared patio area, close to Downtown. Nonsmoking only. Quiet neighborhood close to freeway access. City College, public transportation. 1140-1/2 20th Street. Leasing Unlimited, Lic#00976056, 760-436-7273.

**HILLCREST.** Beautiful, remodeled 3 bedroom, 2 bath house overlooking canyon. Washer/ dryer, large deck. 1 block from Balboa Park. 1516 Myrtle. Available now. \$3400. 619-787-7434.

**HILLCREST.** \$1275 rent. \$800 deposit OAC. 2 bedroom, 1 bath house, detached 1- car garage, yard, laundry, no pets, at 1065 Essex Street (at Vermont). Agent, 619-299-8515.

**IMPERIAL BEACH.** Quiet cottage, large 2 story, 1 bedroom, 1 bath with balcony. Walk-in closet. Yard. \$885. 619-424-9832, 619-948-4118.



**KENSINGTON.** \$1595. 3 bedroom, 1 bath house. Breakfast nook, dining room, patio. Laundry hookups. Hardwood floors. 2- car garage. 4369 Marlborough Avenue. 619-698-6911. [www.goldenmanagement.com](http://www.goldenmanagement.com).

**MIRA MESA.** \$2000. 3-bedroom, 2- bath house. 2- car garage, large yard, new carpet and paint. No pets. 7742 Acama Street. 858-483-3534. [www.cal-prop.com](http://www.cal-prop.com).

**MISSION HILLS.** 3637 Dove Court. Large 2- story house, 3 bedroom, 2 bath with fireplace, hardwood floors, fenced yard,

**CAIRN MIX,** spayed, 10 pounds, 2-1/2 years, happy. Prefers people over doggy friends. No young children. Needs to warm up to people. Shots, license, \$100. 619-583-5122.

**CAT & KITTEN ADOPTION FAIR!** February 27-28, Saturday and Sunday, 10am-4pm. Sponsored by The Rescue House; held at Petco in Encinitas, 760-632-6600. 154 Encinitas Blvd. Wonderful kitties of all colors, ages, full of love! Come and find your special one(s). 760-591-1211.

**CATS/ KITTENS.** Carmel Mountain Petco. 11160 Rancho Carmel Dr. (I-15/56 and Carmel Mountain Rd.) Monday-Saturday 9am-9pm; Sunday until 7pm. Interact with kitties Saturday 2-4pm; Sunday 12-2pm; most weekday evenings. Fee includes spaying/neutering, vaccination, microchip, more. Photos/ locations: [www.rescuehouse.org](http://www.rescuehouse.org).

**CATS/ KITTENS.** Petco on Morena. 1210 West Morena Blvd., 92110. Monday-Saturday 9am-9pm; Sunday until 7pm. Interact with kitties Saturday 11am-1pm; Sunday 4-6pm; most weekday evenings. Fee includes spaying/neutering, vaccination, microchip, more. Photos/ locations: [www.rescuehouse.org](http://www.rescuehouse.org).

**CATS/ KITTENS.** Clairemont Mesa Petco. 3994-A Clairemont Mesa Blvd. (Clairemont Town Square). Monday-Saturday 9am-9pm; Sunday until 7pm. Interact with kitties Saturday 11am-1pm; Sunday 4-6pm; most weekday evenings. Fee includes spaying/neutering, vaccination, microchip, more. Photos/ locations: [www.rescuehouse.org](http://www.rescuehouse.org).

**CATS/ KITTENS.** Mira Mesa Petco. 8290 Mira Mesa Blvd./ Camino Ruiz. Monday-Saturday 9am-9pm; Sunday until 7pm. Interact with kitties Saturday 11am-1pm; Sunday 4:30-6:30pm; most weekday evenings. Fee includes spaying/neutering, vaccination, microchip, more. Photos/ locations: [www.rescuehouse.org](http://www.rescuehouse.org).

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**KITTENS/ CATS.** Encinitas Petco. 154 Encinitas Blvd., west of I-5. Monday-Saturday 9am-9pm; Sunday until 7pm.

# Typo Patrol Results

Issue of February 18, 2010

## Under the Radar

p.6 According a *should* be According to a

**Marianne Regan, (Clairemont) \$10**

## Happy Hour listings

p.101 steamed muscles *should* be steamed mussels

p.101 muscle bisque *should* be mussel bisque

p.102 Pinata *should* be Piñata

## City Lights

p.12 Correctional Facility *should* be Detention Facility

## Stringers

p.15 por la *should* be a la

**Nathaniel Uy (Riverside) \$50**

## Table of contents

p.1 147 *should* be 146

**Herb Spark (Del Mar) \$10**

## Sheep & Goats

p.146 page 66 *should* be page 147

## Home Owners Association Horror Stories

p.41 Veterans' *should* be Veterans

**Linda Cox (San Diego) \$20**

## Stringers

p.15 contol *should* be control

## Blurt

p.85 a City *should* be A City

**John Mann (Linda Vista) \$20**

## Blurt

p.85 omplying *should* be complying

## Theater listings

p.105 Artie *should* be Arty

**Clara Loginov (La Jolla) \$20**

You must send in a copy of the printed error — either the actual page or a copy (including page number).

Exceptions: direct quotations, slang, colloquialisms, house/writer style idiosyncrasies. Exempt: ads, blogs, user

reviews, movie showtimes, puzzle results, and letters to the editor. Submissions accepted until Monday at

7 a.m. after the issue in question. First identification of error wins \$10 or a Reader T-shirt (indicate preference).

Winnings limited to \$300/year per household. Mail to: Typo Patrol, SD Reader, Box 85803, San Diego, CA 92186;

or fax to 619-231-0489; or deliver to 1703 India Street in Little Italy (we have an after-hours mail slot).

washer/ dryer hookups, canyon view. Available April 1. \$2400. 619-296-6699. [www.centrecity.net](http://www.centrecity.net).

**NORMAL HEIGHTS.** 2 bedroom, 1 bathroom home, \$1400. 1- car garage plus parking space, fireplace, washer/ dryer. Water/ trash/ gardening included. 4551 Wilson Avenue. 619-933-4166.

**NORMAL HEIGHTS.** \$1500/ month. 2 bedroom, 1 bath Spanish- style house with garage. All appliances, hardwood floors, private yard, washer/ dryer. Nonsmoker. Call 619-299-7348.

**NORTH PARK.** 3 bedroom, 1-3/4 bath, \$1795. Stove, refrigerator, hardwood floors, laundry hookups, fireplace, parking. No pets. Near Morley Field. 3814 Villa Terrace. Agent, 619-232-6811.

**NORTH PARK.** Move-in special: One full month's rent free! 1 bedroom, 1 bath, \$695. Senior or disabled citizen complex. Laundry, parking. 4122-4126 39th Street. Agent, 858-560-1178.

**OCEAN BEACH.** 2 bedroom, 1 bath house. Dogs allowed. Perfect SeaWorld fireworks view. Large, fenced backyard/ patio. 2- 3 parking, recently remodeled/ landscaped. \$1695 rent. 619-822-0093.

**PACIFIC BEACH.** 2 bedroom, 2.5 bath, 2-story. 2 parking, on-site laundry. Month-to- month or lease. Beach less than mile. 1705 Hornblend. \$1650. 858-740-8595.

**PACIFIC BEACH.** \$1875. 2 bedroom, 1 bath house. 1 parking. Bike to bay and beach. Upgraded kitchen/ bathroom. No pets. 2167 Reed Avenue. 858-483-3534. [www.cal-prop.com](http://www.cal-prop.com).

**PACIFIC BEACH.** \$1895. 2 bedroom, 1 bath home, 2 blocks to Sail Bay, 1 car garage. No pets. 3785 Haines Street. 858-483-3534. [www.cal-prop.com](http://www.cal-prop.com).

**PACIFIC BEACH.** 2 bedroom, 1 bath with den. Front house. 2 parking, yard, washer/ dryer hookups. \$1750. 2112 Thomas Street. Call Mike, 858-490-1600.

**PACIFIC BEACH.** \$2745. 3 bedroom, 2 bath home. 2- car garage. Rooftop deck. Spacious kitchen, stainless steel appliances. 1830 Oliver. Shore Management, 858-274-3500. [www.shoremgmt.com](http://www.shoremgmt.com).

**PACIFIC BEACH.** 874 Archer. Cute 3 bedroom, 2 bath home. Hardwood floors. 2- car garage. Washer, dryer. Close to beaches. Pets negotiable. Available 3/1. \$2950. Alta Vista Properties. [www.altavistaproperties.net](http://www.altavistaproperties.net). 858-274-3600.

**PACIFIC BEACH/ MISSION BEACH.** \$1895. House on ocean side of Mission Boulevard. Charming 3 bedroom, 1 bath. Steps to the ocean. Patio. Washer/ dryer hookups. No pets. Call Coldwell Banker Property Management, 858-488-2228.

**POINT LOMA/ SUNSET CLIFFS.** Steps to the ocean. 1 bedroom, 1 bath, backyard, shared garage. \$1500. Available 3/1. 619-222-6020.

**SERRA MESA.** Move- in special! 3 bedroom, 2 bath. Appliances, skylights, 2- car garage, laundry hookups, fireplace, canyon, panoramic view. 3301 Dorchester Drive. \$1995. 858-277-3410.

**SOUTH PARK.** \$1450-\$1500. 2 bedroom, 1 bath. Street parking. Coin- operated laundry on site. Newly remodeled. Available now. 3206-1/2 and 3208-1/2 30th Street. [www.stevenleeproperties.com](http://www.stevenleeproperties.com). 619-295-1161.

**SPRING VALLEY.** 3- bedroom, 1.5- bathroom townhouse. 2- car covered port. Stove, dishwasher, laundry. Section 8 considered. Deposit required. \$1550 rent. Move- in ready. 619-991-9665.

**UNIVERSITY HEIGHTS.** 5 bedroom, 2.5 bath with studio guest house, gourmet kitchen, granite, fireplaces. Walk to park, dining. \$3600, 12- month lease. Call Michelle, 619-302-8082.

## RENTALS

## APARTMENTS / CONDOS

**ALLIED GARDENS.** \$975. Spacious 1 bedroom, 1 bath. Gated community, covered parking, pool, spa. New appliances, carpet, paint. Dog OK. Close to SDSU. Charles, 858-717-2337.

**ALPINE.** Alpine Creek Apartments. Huge 1 bedroom apartment, \$775. 800 square feet, stone flooring in entry and kitchen, spacious living room and dining room, washer/ dryer in unit. No pets. 1950 Arnold Way. Move- in bonus! Call 619-445-8392.

**ALPINE.** 2 bedrooms and 2 baths, \$1195. \$250 deposit OAC. \$100 off for same- day lease sign! Newly remodeled. Alpine Woods, 1829 Arnold Way. 619-445-1341.

**ALPINE.** 55+. Spacious luxury living. 1 bedroom, \$895. 2 bedroom, 1 bath, \$1065. 2 bedroom, 2 bath, \$1095. Creekside Meadows, 1750 Arnold Way. 619-445-2480.

**BALBOA PARK/ EAST.** 2 bedroom, 1 bath. \$1200; 3 bedroom, 2 bath, \$1750. Forest- like setting. Big balcony. Vaulted ceiling. Remodeled kitchen. Storage. Carport. Secured building. Very quiet. Laundry. Gated community. No pets. 619-347-0003.

**BANKER'S HILL.** \$1195. Remodeled, large 1 bedroom, 1 bath with large balcony, peak-a-boo view. Harbor. Blocks from park. Parking garage. Secure building. 619-885-0765.

**BANKER'S HILL.** \$700-\$800 studios, \$825-\$900 1 bedrooms. Cozy, affordable units in vintage building. Close to park and Downtown. Some utilities paid. Laundry facility. Call for information. 619-234-7572.

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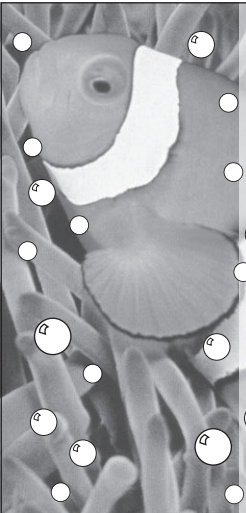
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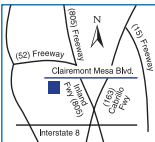
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3

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# Rental Communities Directory

	Property Name	Phone	Starting rate	Bedrooms	Short-term/Corporate	W/D in unit	Laundry Facility	Balcony/Patio	Pets	Pool	Covered Parking	Fitness Center
1	Village Green	619-583-7236	CALL	2			■	■		■		
2	Parkside Apartments	877-280-5568	\$778	5, 1, 2, 3			■	■			■	
3	California Suites Hotel	888-475-7147	\$895	5	■		■			■		
4	The Club Torrey Pines	866-354-2096	CALL	1, 2, 3	■	■	■	■		■	■	■
5	Bay Pointe	888-451-8713	\$895	5, 1, 2	■		■	■	■	■		■
6	Gables Point Loma	619-223-6577	\$1205	1, 2	■		■		■	■	■	■
7	Trilogy	619-231-1505 ext. 12	CALL	5, 1, 2	■		■	■	■		■	





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• Top off fluids  
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**BANKER'S HILL.** \$900. 1 bedroom, wood floors, security, laundry, 1822 3rd Avenue. Cute \$900, 1 bedroom, St. Jean Apartments, 2149 Second Avenue, wood floors, air conditioning, security, garage optional. Security. Drive, appointment. 619-518-6985; 619-992-7791.

**BANKER'S HILL.** \$825. Studio bedroom, 1 bath apartment. Amazing views. Classic 1920s. Cat OK. 2230 Albatross Street #5. 858-483-3534. www.cal-prop.com.

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**BANKER'S HILL.** \$775. 1/2 off first! Gated studio, hardwood floors, appliances, gated closet with built-ins, on-site laundry, 2 blocks from Balboa and more! 401 Juniper Street. 619-804-3325.

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**BAY PARK.** 2 bedroom, 1 bath. 1/2 off second month. Smaller units, \$1100, and larger units, \$1150. Includes utilities. Flexible deposit. Pet negotiable. Parking. Laundry facilities. 2553 Chicago Street, 92110. Westwind Apartments, 805-341-0793 or 619-275-2176.

**BAY PARK/ MISSION BAY.** \$750. Remodeled large studio apartment. Parking. Paid utilities. No pets. New appliances. New carpet/ paint. Laundry. 3431 Del Rey Street. 619-275-3455.

**CARLSBAD.** \$1250. Spacious 2 bedroom, 1 bath apartment, completely renovated, beautiful landscaping. Carport, on-site laundry. Close to village/ beach. Lease. Cats OK. www.thepalmsapts.info. 760-505-7736.

**CARLSBAD.** \$1195. Spacious 1 bedroom, 1 bath with deck. In village near beach. New carpet, 1-car garage. No pets. 975 Laguna Drive. 760-729-0575.

**CARLSBAD.** Large 1 bedroom with covered patio, storage closet, laundry room. Close to beach, shopping, Coaster. No pets. \$1050. 760-729-6840.

**CARLSBAD.** \$1375. 2 bedroom, 1-1/2 bath townhouse- style apartment in small complex. Great view, large deck, 2 parking spaces. 2950-C La Costa Avenue. Leasing Unlimited, Lic#00976056, 760-436-7273.

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**CARMEL VALLEY.** 2 bedroom, 2 bath condo, great school district, pets, appliances, granite, pool, tennis, club house, fitness, 2-car parking, \$1750. Call 858-212-2760, 858-335-2027.

**CHULA VISTA.** \$875. Upstairs 1 bedroom, 1 bath. Hardwood floors, on-site laundry, shared courtyard. Near historic Old Town. Cat OK. 207 #B, Church Ave. 619-300-1365.

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**CHULA VISTA.** 1 bedroom, \$850. Large kitchen cabinets, appliances, large closet space, pool, laundry. Centrally located. Walk to shops, dining. Call Susan, 619-425-2966.

**CHULA VISTA. \$775/ month. Low \$150 deposit. 1 bedroom, fully furnished or unfurnished. 2 blocks from Chula Vista Center and trolley. Off-street parking. Laundry room. 521 Park Way. Office open daily (near Fifth and G). Call 619-420-5084.**

**CHULA VISTA.** \$1050 2 bedroom/ 2 bath downstairs, new paint, assigned parking space, on-site laundry, gated and quiet building, easy access to freeway. No Pets. 210 Quintard Street. 858-483-5111, ext 30.

**CITY HEIGHTS.** \$775. 1 bedroom. Credit check \$25 fee. Move-in incentives. Gated community. Secured assigned parking. On-site laundry. Pool. New carpet, new appliances. Clean and excellent. Convenient location, close to shops and dining, buses/ transits. Nearby Fay Elementary School and Colina Del Sol Park. No pets. Contact Art at 619-283-9993.

**CITY HEIGHTS.** 2 bedroom, 1 bath. Rehhabbed. New carpet, paint, tile. Second-story unit. Parking. Washer/ dryer. Bright. Separate vanity area. \$799. Deposit \$799. 619-281-2989.

**CITY HEIGHTS.** Large 1 bedroom, 1 bath. Rehhabbed. New carpet, paint, tile. First level. Parking. Laundry. Bright. \$750. Deposit \$750. Near golf course. 4058 51st. Street. 562-299-2105.

**CITY HEIGHTS.** Centrally located, secure, upper 2 bedroom, 1 bath apartment. Nonsmoking, no pets. \$825, \$700 deposit. 619-521-2050.

**CITY HEIGHTS.** 2 bedroom, 1 bathroom, upstairs, gated unit. Laundry, parking. Available now. 4380 Van Dyke #2. More Property Management, 858-514-8201.

**CITY HEIGHTS.** 1 bedroom, 1 bathroom. \$775 rent. Available now. 4344 Van Dyke Avenue #6. Downstairs unit. Laundry, parking. More Property Management, 858-514-8201.

**CITY HEIGHTS.** \$775. 4275 Chamoun Avenue. Very large 1 bedroom, 1 bath. Second floor, carpet, balcony, central air conditioning and heating, plenty of parking not assigned. No pets. Almost corner El Cajon Boulevard, across KFC. Phillips Realty, 619-291-6686.

**CITY HEIGHTS.** 2 bedroom, 1 bath duplex. Offers: living room, heating, carpet and linoleum, refrigerator, stove/ oven. Available now. \$950/ month with gardener included. 2829 Columbine Street. Call now. 619-471-2201.

**CITY HEIGHTS.** \$1125. Duplex. 2 bedroom. Renovated. New carpet, paint, blinds, drapes. Yard. Parking. No pets. Shops, bus. Section 8 OK. 3822 47th Street. 619-275-2648.

**CITY HEIGHTS.** \$1275. 2 bedroom, 1 bath duplex. Fenced. Parking. \$1275 deposit. Small pet OK. Washer/ dryer hookups. Available now. 3344-B Menlo Avenue. 619-203-4493.

**CITY HEIGHTS.** Move-in special: 1/2 off 1st month's rent! 2 bedroom, 1-1/2 bath, \$1195. Large, upper unit with balcony, walk-in closet, laundry, parking, gated complex. 4453 51st Street #4. 1 bedroom, 1 bath unit available as well, \$725 rent and has move-in special. Agent, 858-560-1178.

**CLAIREMONT.** \$900. 1 bedroom, 1 bath. \$1150: 2 bedroom, 1 bath. \$1300: 2 bedroom, 2 bath apartments available. Pets welcome. Water/ trash included. Pool, BBQ, on-site laundry. Garages available: \$75. 3010 Cowley Way, 619-276-3222

**CLAIREMONT.** \$1050. 1 bedroom. Private living room. Internet, cable, utilities included. Hardwoods, skylight, fireplace, backyard and deck. No smoking. Available 2/20. Call 858-401-3191 or 858-401-3075

**CLAIREMONT.** Move-in special! From \$975. 1 bedroom/ 1 bath, 2 bedroom/ 1-1/2 bath. Large, sunny townhomes. Pool. Parking. No pets. The Gardens, 5544 Balboa Arms Drive. Call 858-278-5862

**CLAIREMONT.** \$1365 plus deposit. Extra large 2 bedroom, 2 bath. Over 1200 square feet. 5 closets. New carpet, fresh paint.

Carport. Gated entry. Indoor kitten OK. Wood-burning fireplace, ice-maker. On-site laundry room. 858-337-8054 or 858-206-2566.

**CLAIREMONT.** \$1175. 2 bedroom, 1 bath duplex. Stove, refrigerator, large fenced yard. Ask about pet with extra deposit. Garage. Available now. 4514 Clairemont Mesa Boulevard. Del Sol Property Management, Broker. www.delsolpm.com. 858-270-2071.

**CLAIREMONT.** Weekly starting at \$300\*. Studios starting at \$895/ month\*. Free continental breakfast buffet, maid/ linen service! No lease! Free utilities! Heated pool/ spa. Laundry. Microwave. Refrigerator. Easy freeway access, centrally located. High-speed Internet service. (\*Rates subject to change.) California Suites Hotel, 5415 Clairemont Mesa Boulevard. 1-888-475-7147. www.californiasuiteshotel.com.

**CLAIREMONT.** Move-in special. 1 bedroom, 1 bath: \$995. Studio: \$875. Parking, pool. On-site laundry. Gated. 5150 Balboa Arms Drive. Call Thea, 858-571-0104.

**CLAIREMONT.** 1 bedroom, 1 bath, \$925. 2 bedroom, 1.5 bath townhouse, \$1250. Gated, parking, on-site laundry. No pets. Call Irena, 858-279-9590.

**CLAIREMONT.** 2 bedroom, 1.5 bath: \$1225. Gated, parking, laundry on site. 5188 Balboa Arms Drive. Call Chris, 858-541-7683.

**CLAIREMONT.** 1 month free! \$845, 1 bedroom. New carpet, patio, pool, laundry, parking. 7322 Mesa College Drive. 858-560-6204.

**CLAIREMONT.** Large 2 bedroom, 1.5 bath, \$1150. All appliances, plus washer/ dryer in unit, balcony, fireplace. Near all. Pet negotiable. 4910 Longford. 619-804-3325.

**CLAIREMONT.** \$900. 1 bedroom. Incredible value, great Clairemont location. Close to 52 freeway and Clairemont Square. Washer/ dryer, yard. Private 1 car garage. Walk to shops. **Open Saturday, 2:30-3:30.** 3411 Luna Avenue. TFP, 858-699-3851, www.torreypinespm.com.

## Senior 55+

Clairemont. 1 bedroom, \$885. Quiet interior courtyard unit. Upstairs. New carpet. Must see! On-site laundry. Near bus. Section 8 welcome. Won't last! 858-735-5587.

**CLAIREMONT/ BAY HO.** 4482 Caminito Federal. 3 bedroom, 2 bath Stonehaven townhome. 2-car garage. Pool, spa, tennis, racquetball, 2 lakes, jogging. Washer, dryer, fireplace. No pets. \$2200. Joan, agent, 619-200-5410.

**CLAIREMONT/ BAY PARK.** 2 bedroom, 1 bath, \$1000. Large, upgraded, upper unit, on-site laundry and assigned off-street parking. 2537 Chicago Street #12. Agent, 858-560-1178.

**CLAIREMONT/ KEARNY MESA.** Wexford Manor. Large 1 and 2 bedrooms in beautiful complex with pool, spa, laundry, air conditioning, dishwasher. Sorry, no pets. \$950-\$1275/ month. Photos at www.wexfordliving.com. 7870 Stalmer Street. Call 858-277-4843.

**COLLEGE AREA.** \$1450. 3 bedroom, 2 bath apartment in contemporary building, central air conditioning. Security underground parking. Year lease. 4742 Seminole Drive. Call 619-469-0031.

**COLLEGE AREA.** 2 bedroom, 2 bath condos. Hardwood floor/ tile/ carpet. Balcony/ patio. Gas stove, microwave. Central air/ heat. Dishwasher. Washer/ dryer hookups. Gated. 2 miles to SDSU. Near all/ golf course. Pets upon approval. Furnishings optional. \$170 Orange Avenue, 92115. \$1295+. **1 month free** on approved credit. For details call 619-397-8722.

**COLLEGE AREA.** \$750. Newly decorated upper 1 bedroom apartment in small complex. Beautiful patio, assigned parking,

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air conditioning. No pets. 4444 49th Street. 619-549-9542. 858-278-6135. 619-339-8512.

**COLLEGE AREA.** Move-in special! \$850/ up. 1 and 2 bedrooms. Fireplace. Central heat/ air. Microwave, dishwasher. Balcony. Gated. Intercom entry. 4828 Art Street. 619-298-7724.

**COLLEGE AREA.** 1 bedroom from \$749. \$400 off 1st month's rent. Pool, laundry, and barbecue. Close to SDSU and all conveniences. No pets. 4333 College Avenue. 619-287-8380.

**COLLEGE AREA.** \$750-775. 1 bedrooms. Near bus, shops, SDSU. Laundry room. No pets. 6769 El Cajon Boulevard. Apartments in rear courtyard. 858-866-5636.

**COLLEGE AREA.** \$895. 2 bedroom, 1 bath. New paint! Very clean! Laundry and parking onsite. No pets. 4512 Altadena Ave. Manager, 619-820-2584.

**COLLEGE AREA.** 2 bedroom, 2 bath condo, \$1700. 1 month free with 1- year lease! 2- car tandem parking, stainless steel appliances, marble countertops, patio. 5540 Lindo Paseo #3. People Helping Others Property Management, 619-282-5400. www.peoplehelpingothers.com.

**COLLEGE AREA/ CITY HEIGHTS.** \$695. Spotless 1 bedroom. Downstairs unit available. Move-in Special! Laundry on site. Don't miss out! Behind 4466 Winona. Manager, 619-820-2584.

**COLLEGE AREA/ MISSION VALLEY.** Free Rent! Spacious 2 bedroom, 2 bathroom. Huge 3 bedroom, 3 bathroom. Washer/ dryer hookups, central heat and A/C, fireplace, walk-in closets. Dogs/ cats OK. Check us out for a tour. 619-284-5285.

**COLLEGE AREA/ TALMADGE.** 1 bedrooms \$835. 2 bedroom \$1025. Gated community minutes from SDSU. Great move in specials. Refrigerator, stove, pool. University Terrace Apartments. 619-286-5407.

**COLLEGE AREA/ TALMADGE.** \$725-825. Nice 1 and 2 bedroom apartments. Quiet building. Large rooms. Coin laundry. Cat OK. 4438 Menlo Avenue. Agent, 619-469-7790. www.westmanproperties.com.

**COLLEGE AREA/ TALMADGE.** \$900 rent, \$800 deposit OAC. Large 2 bedroom, 2

bath, laundry, parking, newer carpet, no pets, at 4423 Menlo Avenue #9. Agent, 619-299-8515 or 619-990-5021.

**CROWN POINT.** \$1295. 2 bedroom, 2 bath condo. Move-In Special, 1/2 off first month's rent. 2 parking, ground floor, great location in quiet neighborhood. No dogs. 1740 Roosevelt Avenue #C. 858-483-3534. www.cal-prop.com.

**CROWN POINT.** \$1050. 1- bedroom, 1-bath apartment. Charming unit with spacious bedroom. 1- car garage, coin laundry. No pets. 2014 Oliver Avenue #3. 858-483-3534. www.cal-prop.com.

**DEL MAR.** 1 bedroom plus den, \$1795. 2 bedrooms, \$1695-\$2175 (some ocean views). Block to ocean. Washer/ dryer in units. 201 Fourth Street. 858-481-9585; mikeatla@aol.com. www.summerpacific.com.

**DEL MAR.** Fully furnished 1 bedroom, 1 bath condo, \$1300. Garage, gated, all appliances, pool, spa, balcony, BBQ. Most utilities paid! Month to month! 13727 Mango Drive. 858-755-1135.

**DOWNTOWN.** Beautiful building, new furnished rooms. Refrigerator, microwave, TV, cable. Starting at \$175 weekly. 920 Beech Street. Call 619-234-1952.

**DOWNTOWN.** Stay 5 weeks, get 6th week free! Fully furnished studios with utilities included. Rates start at \$150/week. Free wireless Internet. Baltic Inn: 521 6th Avenue. 619-237-0687. www.affordablehousingdsd.com.

**DOWNTOWN.** Stay 5 weeks, get 6th week free! Premier location. Furnished studios with full baths, from \$179/weekly. Award-winning buildings. 24-hour staff, gyms, laundry rooms, sun decks. Free wireless Internet. Island Inn: 202 Island Avenue (Second/ Island). 619-232-4138. J Street Inn: 222 J Street, 619-696-6922. www.affordablehousingdsd.com.

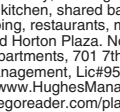
**DOWNTOWN.** \$565 and up plus deposit. Furnished room available in residential hotel with shared kitchen/ bath. Includes microwave, refrigerator, cable TV. 1545 Second Avenue, between Beech and Cedar. 619-559-4413.



**DOWNTOWN.** Studios with kitchen and bath, \$625-\$700. Single room with private bathroom, \$550-\$595. Nonsmoking. No pets. 10th and E Street. Hughes Management, 619-231-2385. www.HughesManagement.net.



**DOWNTOWN.** Comfortable rooms, \$450/ up. Studios, \$650/ up. Near Gaslamp District. Very quiet and clean. Free cable TV, on-site laundry, vending machines, community kitchen, shared bathrooms. Near shopping, restaurants, movie theatres and Horton Plaza. No pets. Arlington Apartments, 701 7th Avenue. Hughes Management, Lic#955724, 619-231-2385. www.HughesManagement.net. www.sandiegoreader.com/places/arlington-apartments/.



**DOWNTOWN.** Stay 5 weeks, get 6th week free! Premier location. Furnished studios with full baths, from \$179/weekly. Award-winning buildings. 24-hour staff, gyms, laundry rooms, sun decks. Free wireless Internet. Island Inn: 202 Island Avenue (Second/ Island). 619-232-4138. J Street Inn: 222 J Street, 619-696-6922. www.affordablehousingdsd.com.



**DOWNTOWN.** Cozy rooms, \$486-\$625. Very comfortable, convenient location. Historic building near C Street Trolley. Choice of shared or private bathrooms. Free cable TV, on-site laundry, vending machines, modern elevator, no pets. Southern Hotel, 1159 6th Avenue at B. Hughes Management, Lic#955724, 619-239-3808. www.HughesManagement.net. www.sandiegoreader.com/places/southern-hotel/.



**DOWNTOWN.** Economical furnished rooms, \$450-\$550, best price, save money. Conveniently located on C Street trolley line, near restaurants, free cable TV, shared bathrooms, on-site laundry facilities, vending machines, elevator service, no pets. 636 C Street (between 6th and 7th). C Street Inn, Hughes Management, Lic#955724, 619-234-4165. www.HughesManagement.net. www.sandiegoreader.com/places/c-street/.



**DOWNTOWN.** Gaslamp area. \$425-\$550. Community kitchen, shared bath, on-site laundry, vending machines, no pets. Star Hotel, 522 7th Avenue. Hughes Management, Lic#955724, 619-235-6068. HughesManagement.net.



**DOWNTOWN.** Outstanding furnished rooms, \$450-\$500. Heart of Gaslamp. Shared bathrooms. Community kitchen. Free cable. No pets. Windsor Hotel, 843 4th Avenue. Hughes Management, Lic#955724, 619-239-3808. www.HughesManagement.net.



**DOWNTOWN.** Attractive rooms. Shared rooms. Shared baths. Utilities included.

Near City College. \$450-\$595/ month. 719 14th Street. Villa Victoria. Hughes Management, Lic#955724, 619-239-1639 x103. www.HughesManagement.net.



**DOWNTOWN.** Located near Petco Park, Horton Plaza and Gaslamp, The Arthur at 723 Market Street brings the best of Downtown to your doorstep! Studios available, \$750-\$795. Hughes Management, 619-239-1639 x103.



**DOWNTOWN.** 10th Avenue Apartments. Urban 1 bedrooms, \$750/ month. Located near Downtown Library, Horton Plaza and Gaslamp. On-site laundry. Month-to-month rent. Hughes Management, 619-239-1639 x103.

**DOWNTOWN.** Brand new rooms near City College. Single rooms with kitchenettes from \$140/ week, deposit (long-term). Includes utilities/ cable. Quiet, secure. Shared bath/ laundry. Hotel Mediterranean. 619-231-8656. www.hotelmed-sd.com.

**DOWNTOWN.** \$775. Studio. Move-in special! All utilities included! Laundry, street parking. No pets. Close to Balboa Park. 1758 6th Avenue. Agent, 619-298-7724.

**DOWNTOWN.** Paris Hotel. Stay 5 weeks, get 6th week free! Fully furnished studios. Small, quiet hotel. Private bath. From \$175/ week. 759 4th Avenue. 619-238-1833.

**DOWNTOWN.** \$1725. Treo. Gorgeous condo with large loft bedroom. Granite

counters, stainless steel appliances. All amenities. No pets. 1240 India St. #300. Agent, 619-469-7790, www.westmanproperties.com.

**DOWNTOWN.** \$1995. 2 bedroom, 2 bath. Stainless steel appliances! Corner unit! 2 parking spaces! Central air. No pets. 620 State Street. Agent 619-820-2584.

**DOWNTOWN.** \$1995. 2 bedroom, 2 bath. **Move-in special!** Incredible 1 bedroom loft across from The Ivy. Best rental loft/ condominiums, one block to Downtown's popular 5th Avenue. Washer/ dryer. Small pet considered. **A must see!** TPMP, 858-454-4200 x119. www.torreypinespn.com.

**DOWNTOWN/ CORTEZ HILL.** Studios, \$795. Move-in special. Limited access building, charming, quiet, residential neighborhood. Utilities paid. On-site laundry. No pets. EOH. Call 619-299-8746.

**DOWNTOWN/ GASLAMP.** Las Flores Hotel. Small, quiet. \$125/ week and up. Four-week minimum. Color TV with basic cable. Refrigerator in most rooms. Secure. 619-235-6820.

**DOWNTOWN/ GASLAMP.** Move-In Specials. Live/ work lofts in heart of The Gaslamp! Roof decks with barbecue. Laundry on every floor. Parking available. Seven locations Downtown. Select pets OK. Visit loft leasing office: 315 Fourth Avenue. 619-231-1505 x12. www.trilogymanagement.com. Also visit www.sdreader.com/news/rent2064.

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<h2 style="margin: 0;">Brakes</h2> <p style="margin: 0;"><small>Free brake inspection. Front or rear. Includes labor, new parts and semi-metallic pads. Machine rotors or drums. Inspect calipers, hydraulics, seals, rotors or drums. Most cars and light trucks.</small></p> <p style="margin: 0;"><b>\$88<sup>95*</sup></b></p>	<h2 style="margin: 0;">Complete Axle</h2> <p style="margin: 0;"><small>Replace clicking axles before they break. Most cars. Lifetime warranty available.</small></p> <p style="margin: 0;"><b>\$119<sup>*</sup></b> <small>Plus labor</small></p>	<h2 style="margin: 0;">New Clutch</h2> <p style="margin: 0;"><small>Includes new parts and labor. Some cars and trucks slightly higher.</small></p> <p style="margin: 0;"><b>\$209<sup>*</sup></b> <small>Starting at</small></p>

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**DOWNTOWN/ HARBOR SIDE**, \$799. 1 bedroom, 1 bath. Private porch. 1 parking space. Near bay. Harborside Trolley. SD Naval Base, General Dynamics. \$500 deposit. 619-233-1700.

**DOWNTOWN/ LITTLE ITALY**. Bright corner studio apartment, \$895, 9' ceilings. Nice kitchen. Ideal location. Secure, quiet building with laundry. 1534 Front, near Beech. 619-233-7428.

**DOWNTOWN/ LITTLE ITALY**. From \$800/ month. Private bath, cable TV, microwave, refrigerator. Utilities included. Secure, quiet, charming. Efficiency apartments with laundry. Near trolley/ bus lines, blocks from harbor. On-site manager. Villa Caterina, 1654 Columbia Street. 619-232-3400.

**DOWNTOWN/ SHERMAN HEIGHTS**. \$900/ month plus deposit. Historical building. Nice, clean 1 bedroom, 1 bath. Coin laundry. Pet OK. Terry, 619-778-2830.

**EAST SAN DIEGO**. \$875. Move-in special this week only! Spacious 2 bedroom, 1 bath upstairs. Large kitchen, on-site laundry. No pets. Agent: 619-298-7724.

**EAST SAN DIEGO**. \$695. Furnished studio alcove apartment. Complete living room, bedroom and kitchen furniture. No SDG&E deposit or hookup fee required. Near 52nd and University. 5101 Towle Court. Close to SDSU. Laundry room. Off-street parking. Low deposit. Call 619-281-9451.

**EAST VILLAGE**. Move-in special! 1 bedroom condo. Walk-in closet, granite, stainless appliances, washer/ dryer, air, balcony, underground parking, gym. \$1650, water/ trash included. 858-277-3410.

**EL CAJON**. Spacious apartments. 1 bedroom, upstairs, \$795, \$500 deposit. 2 bedroom, upstairs, \$980, \$600 deposit! Available now. Pool, on-site laundry, assigned parking, freeway close. Pets welcome! Anabel Court Apartments, 303 East Madison Avenue. Ask about our move-in specials! 619-579-5640.

**EL CAJON**. \$900 and up. 2 bedrooms, 1 and 2 stories. Amenities. Pool, park-like grounds, laundry on premises, parking. Near town, shops, bus. 743 South Magnolia Avenue. 619-579-0174 or 619-464-1818.

**EL CAJON**. Cajon Villas. 1 bedroom, 1 bath: \$785. Pool. Parking. Air conditioning. Laundry room. No pets. Available now. 933 Peach Avenue. 619-447-9193.

**EL CAJON**. \$1100; 2 bedroom, 1-1/2 bath townhome. \$400 deposit. New paint, appliances, carpet. Small yard. Small gated community. Laundry facilities. Pool. No pets. Available now. 1397 East Washington. 619-593-6602. www.stratfordarmsapts.com.

**EL CAJON**. \$750-\$800. 1 bedroom, 1 bath. New carpet, coin-operated laundry and pool. On-site manager "Brian," 619-456-5663. 1st month's rent free! OAC. Available now! 506 Emerald Avenue #6 and #12. www.amgsd.com. 619-295-1165.

**EL CAJON**. Fully renovated, high-end luxury apartments. 2 and 3 bedrooms from \$1250. All stainless steel appliances, granite countertops, cherry wood cabinets and stackable washers and dryers. Call Sherry, 760-588-1300.

**EL CAJON**. \$900. 2 bedroom 1 bath. Single-story complex! Pet on approval! Laundry hookups in unit! 1100-1154 North Mollison Avenue. Manager, 619-590-0811.

**EL CAJON**. \$825 for 2 bedroom, 1 bath. \$705 for 1 bedroom. El Cajon's best maintained property with beautiful courtyard and sparkling pool. No pets. 1072 E. Madison Avenue. Move-in special! TPPM, 619-444-1614. www.fourwindsapts.info.

**EL CAJON**. \$655. Studio. Fabulous pool/ courtyard complex. Super clean apartments. No pets. 234 West Park Avenue. TPPM, 619-850-9722, www.palmtowers.com.

**EL CAJON**. \$705. 1 bedroom in most attractive, well-maintained property with beautiful courtyard. Gated access and quiet location. **\$250 Move-in Special!** 340 Orlando. TPPM, 619-818-9939, www.northwindapts.com.

**EL CAJON**. \$725. 1 bedroom in fabulous pool/ courtyard complex. Super clean apartments. No pets. 314 Wisconsin Street. TPPM, 619-742-7600, www.palmestates.info.

**EL CAJON**. \$705. 1 bedroom in beautiful property with sparkling pool. Walk to courthouse and Main Street shopping. A must see! No pets. **\$199 Deposit!** 163 Ballantyne Street. TPPM, 619-579-6248, www.tradewindsapts.info.

**EL CAJON**. 1 month free! 1 bedroom, 1 bath, \$775. Upper unit, central A/C, balcony, laundry, pool, BBQ, eat-in kitchen, near all. 798 McClure #16. 619-804-3325.

**EL CAJON**. \$845. 2 bedroom, 1 bath. 3 bedroom, 1.5 bath, \$945. Very clean, great location with on-site parking and laundry. 432 Dominguez Way. TPPM, 619-405-4500. www.torreypinespm.com.

**EL CAJON**. Gated community park. Trailers for rent, different sizes. From \$550-\$850. Plus utilities/ deposit. Conveniently located, close to trolley, bus, shopping. No pets. 619-933-5189.

**ENCINITAS**. \$2095. Spacious 2 bedroom, 2 bath apartment. Close to beach, restaurants and shops. Just remodeled! Laundry on site. 1-year lease. No pets. 843 4th Street. 760-753-6575.

**ENCINITAS**. \$850 and up. Sick of roommates? Cozy beach trailers in quiet park. Near beach, Coaster, restaurants, shops. 152 North Coast Highway 101. No pets. 760-753-4101.

**ENCINITAS**. 1 bedroom, \$1125 and up. Patio or balcony, garden setting. Small complex. Assigned parking. Laundry. New paint. Bright, airy. 1 block to beach. Close to shopping, freeway, Coaster. No pets/ smoking. 760-929-1950.

**ESCONDIDO**. 1 month free rent! \$1200-\$1450. Tired of apartment living? 2 and 3 bedroom mobile homes offer spectacular hilltop views. Full-sized washer/ dryer, some small yards. Peaceful community. Sorry, no pets. 1924 Sheridan Avenue. 760-745-1677.

**ESCONDIDO**. 1 and 2 bedroom apartments starting at \$775/ month. Call 858-748-7516.

**ESCONDIDO**. 1/2 off 1st! 3 bedroom, 2 bath condo, \$1375. All appliances, washer/ dryer hookups, fireplace, pool, spa, parking. Some utilities paid! 520 Sandalwood Drive. 858-755-1135.

**FASHION VALLEY**. \$975. 1 bedrooms. \$1100. 2 bedrooms. Large apartments. Huge walk-in closets. Dishwashers. On-site parking. Balcony. Pets considered. 5720 Gaines Street. 619-299-3477.

**FASHION VALLEY**. 1/2 month free with minimum term! 2 bedroom, 1.5 bath near USD. Completely renovated units, cedar closets, off-street parking, on-site laundry, cats OK. \$1200. 5946 Lauretta Street. 619-296-6699. www.centrecity.net.

**FASHION VALLEY/ USD**. \$1000 rent, \$800 deposit OAC. 2 bedroom, 1 bath apartment, parking, laundry, near USD, no pets, at 5550 Mildred Street #1 or #3. Agent, 619-218-4226.

**FASHION VALLEY/ USD**. \$1095 rent, \$800 deposit OAC. Walk to USD! 2 bedroom, 2 bath, laundry, parking, no pets, at 1330 Eureka Street #7, #18 or #35. Agent, 619-298-5820.

**FASHION VALLEY/ WEST**. 1 bedroom, \$850. Upper unit, view of Presidio. Near USD, bus, shops, golf course, etc. Tenants pay water. No pets. Agent, 619-296-3189.

**FASHION VALLEY/ WEST**. \$1350. Open house Saturday and Sunday, 11am-4pm! 3 bedroom, 2 bath. Washer/ dryer hookups! Parking! Near USD! Minutes to the beach and much more! 5845 Lauretta Street #1. No pets. Call 619-222-4836x14, www.liveatthebeachnow.com.

**GOLDEN HILL**. Charming 1 bedroom, 1 bath. \$775/ month. Hardwood floors. Great neighborhood, on-site laundry. No dogs. Available now. 2421 E Street. 619-857-3706.

**GOLDEN HILL**. Across from Park. \$825. Newly decorated 1 bedroom apartment in quiet, picturesque building. Beautiful street! Assigned parking, laundry, patio. No pets. 2449 A Street. 619-549-9542; 858-278-6135.

**GOLDEN HILL**. \$975. Spacious 2 bedroom, 1 bath. Park view. Newer carpet/ paint, off-street parking, laundry room, 4-unit complex. 2715 A Street. 619-807-3653, 619-234-2844.

**GOLDEN HILL**. \$1000. 1 bedroom. Computer/ sunroom. Renovated: New paint, flooring, kitchen cabinets/ counters. Built-in bookcases. Washer and dryer. Free Internet. Section 8. 619-318-9444.

**GOLDEN HILL**. \$850: 1 bedroom, 1 bath. \$1150: 2 master bedrooms, 2 baths. 2 weeks free—2nd month. Appliances, elevator, laundry, parking. Small pet OK. 1010 33rd Street. 760-724-0558.

**GOLDEN HILL**. \$1030. Huge, dramatically beautiful, restored Craftsman. 1 bedroom, good skyline view. Dining room, maple floors, birch doors, original Douglas fir trim around doors/ windows. No pets. 619-280-5177.

**GOLDEN HILL**. \$1500. Upgraded 2 bedroom, 2 bath condo with modern stainless steel appliances, washer/ dryer and garage included, patio, no pets. 2913 A Street. 619-296-6699. www.centrecity.net.

**GOLDEN HILL**. \$1425. Huge 3 bedroom, 2 bath, 1335 square feet. Upstairs. Washer/ dryer hookups. Convenient location. No pets. 2806 B Street. Agent, 619-469-7790, www.westmanproperties.com.

**GOLDEN HILL**. \$1295. Clean, quiet condo. 2 bedroom, 2 bath. Newly renovated. Updated appliances, granite counters throughout, washer/ dryer. Balcony, fireplace. Secure parking. call 858-272-3649.

**GOLDEN HILL**. \$900. 1 bedroom, 1 bath, upstairs in small complex. All appliances. 2534 Broadway. Leasing Unlimited, Lic#00976056, 760-436-7273.

**GOLDEN HILL**. \$775/ month, \$600 deposit. 2-week move-in allowance. 1 bedroom. Near all freeways. All new paint, carpet, wood blinds throughout. Free laundry. 1 off-street parking. Credit check, \$15. 2851 C Street (behind 2849 C). Available now. Nonsmoking. No pets. 619-213-2706.

**GOLDEN HILL/ DOWNTOWN**. Spacious studios, \$795. Separate kitchen, hardwood floors, decorator colors, on-site laundry, in historical building. On bus line. Cat considered with deposit. 619-231-8723.

**GOLDEN HILL/ DOWNTOWN**. \$1025. Spacious 1 bedroom, 1 bath in charming Golden Hill Victorian. Hardwood floors, shared yard, laundry on site. One parking space. Utilities included. No pets. Deposit \$800. Call Loren at 619-699-9379.

**HILLCREST**. \$200/ week and up. Refrigerators, cable TV and HBO. Embassy Hotel, 3645 Park Boulevard, San Diego 92103. 619-296-3141.

**HILLCREST**. Spacious 2 bedrooms from \$1295. Fireplace, spa, gym, intercom and elevator. Sorry, no pets. Hillcrest Summit, 4134 4th Avenue. See photos at www.wexfordliving.com. Call 619-299-0047.

**HILLCREST**. \$1195. 1 bedroom, 1 bath cottage. Freshly painted, hardwood floors, washer/ dryer hookups, private yard, shared garage with off-street parking space included. Near bus line to Downtown. Cat OK. Available now. 3308-1/2 Reynard Way. Agent, 619-298-7232. www.sbayproperties.com.

**HILLCREST**. 1 bedroom, 1 bathroom. Complete remodel with granite countertops, new carpet, paint, appliances. Laundry room and off-street parking. \$950 rent. 4430 Campus Avenue. 619-255-5683.

**HILLCREST**. \$975. 1 bedroom, 1 bath apartment. Charming building, large bedrooms, 3 closets. No pets. 3673 Georgia Street. 858-483-3534. www.cal-prop.com.

**HILLCREST**. Hillcrest Palms. Senior complex, 55+ . \$800. 1 bedroom apartments. Gated community. Convenient location. Near hospitals, restaurants, shopping. No pets. 4042 Albatross Street. 619-574-0784.

**HILLCREST**. \$895-\$950. 1 bedroom, remodeled. Stove, refrigerator, dishwasher, microwave, coin laundry. In the heart of Hillcrest. Cat OK with extra deposit. Available now. 3730 First Avenue. Del Sol Property Management, Broker. www.delsolpm.com. 858-270-2071.

**HILLCREST**. 1 bedroom, 1 bath. Secure building, laundry on site, parking. Small dog OK. Rent: \$980. 1033 Robinson. Call Rachel, 619-295-1210.

**HILLCREST**. 2 bedroom, 1 bath. Parking, storage, laundry on site. Sorry, no pets. Rent: \$1200. 4226 Cleveland Avenue. Call Kenny, 619-255-4944.

**HILLCREST**. Rent: \$1225; deposit: \$1225. 1 bedroom, 1 bath modern condo. Granite, wood floors, fireplace, washer/ dryer, covered parking. No pets/ smokers. 619-840-4035. HillcrestCondo@gmail.com.

**HILLCREST**. \$750. Cozy studio with lots of tile, on-site laundry. Great location. Near bus lines. No pets. 3878-1/2 Park Blvd. Agent, 619-298-7724.

**HILLCREST**. \$1125. Luxury 1 bedroom. New kitchen cabinets, tile floors, new bedroom carpet. Microwave, dishwasher. Laundry. Lush garden patio. No pets. 3914 Center Street. 619-793-4967.

**HILLCREST**. \$925. Beautiful, remodeled studios. Move-in special. Come and enjoy Hillcrest living at its best in the beautifully remodeled Park Towers Building. Our studio units have gone through an extensive remodel in excess of \$20K. Full ceramic tile countertops. Maple cabinets, bar-top dining area. Range and refrigerator included. Italian ceramic tile floors with granite accents and new plush carpeting. Crown moldings, ceiling fan, lots of closet space and built-in dresser, full-tile bathroom, all new fixtures and window treatments. Property features a pool, gated access with intercom and on-site laundry. \$400 deposit. \$600 off first month's rent with a 1-year lease. Will consider small dogs under 15 pounds. Available now! 3563 Sixth Avenue, San Diego, 92103. Call Manager, 619-542-0377; scott@hendershawandassociates.com.

**HILLCREST**. \$875. First month free with lease! 1 bedroom. Senior, 62 plus. Best deal in Hillcrest! Come make new friends at the ParkView Robinson Senior Complex. Units are painted in designer colors. Range, refrigerator, ceiling fan and air conditioning included. Bedroom has a walk-in closet. There is an activities room, elevator, and on-site laundry. Building is gated with intercom. \$300 deposit. We welcome Section 8 participants. 1220 Robinson Avenue, San Diego, CA 92103. Cats and small dogs OK. Contact the resident manager at 619-291-7284, scott@hendershawandassociates.com.

**HILLCREST**. \$950. 1819 University Avenue (behind The Crypt). Cottage. 1 bedroom, 1 bath. Breakfast nook, carpet, gas stove, laundry room shared with tenants. Street parking (we offer some spaces no charge, first come, first served). No pets. Phillips Realty, 619-291-6686.

**HILLCREST**. \$1250. 3843 Park Boulevard. Second floor (The Crypt is downstairs). Renovated 2 bedroom, 1.5 bath. Ceramic tiled. New carpet, new blinds. New light fixtures. Gas stove. Laundry room shared with tenants. Street parking. We offer some first-come, first-served spaces no charge. No pets. Available now. Phillips Realty, 619-291-6686.

**HILLCREST**. \$825. 3820 Georgia Street between Robinson and University Avenue. 1 bedroom, 1 bath. New carpet, large kitchen, 4 closets, upstairs, laundry room, one assigned parking. No pets. Phillips Realty, 619-291-6686.

**HILLCREST**. \$1000. 1 bedroom, 1 bath. In a beautifully landscaped, gated property. Hardwood floors. Laundry on site. A must see! Available now. 3718, 3724-1/2 Park Boulevard. Elisa, 619-295-1100. www.cethron.com.

**HILLCREST**. \$995. 1 bedroom, 1 bath. Next to Whole Foods. Parking, laundry, downstairs unit. Sorry, no pets. Available 4/7/10. 3820 8th Avenue #2. www.amgsd.com. 619-295-1165.

**HILLCREST**. Studio and 2 bedroom available at Sleepy Hollow Apartments. Quiet 5-acre community has pool, recreation room, off-street parking, scenic views, cats OK. 4201 6th Avenue. \$850-\$1600. 619-296-6699. www.centrecity.net.

**HILLCREST**. Studio. \$795. Move-in special. Lovely garden courtyard with fountain. Walk to Uptown Village. Hardwood floors, blinds, on-site laundry. Cat OK. EOH. 619-299-8746.

**HILLCREST**. 2 bedroom, 2 bath, \$1595. Top-floor unit, stove, refrigerator, microwave, dishwasher, washer/ dryer, fireplace, A/C, underground parking. No pets. 3633 Indiana Street #34. Agent, 619-232-6811.

**HILLCREST**. \$825. Charming, old-fashioned building. 1 bedroom facing courtyard. Stove, refrigerator, laundry facility. Near 163 and Uptown shops. No dogs. 619-298-3229

**HILLCREST**. 1/2 off first month's rent! 2 bedroom, 2 bath condo, \$1795. Pets OK. Stainless steel appliances, fireplace, water/ sewer/ trash included, covered parking. 1756 Essex Street #309. People Helping Others Property Management, 619-282-5400, peoplehelpingothers.com.

**HILLCREST**. 1/2 off 1st month! Studio and 1 bedroom starting at \$775. Hardwood floors, appliances, walk-in

closet, laundry. Cat OK. 2241 4th Avenue. 619-804-3325.

**HILLCREST**. 1 month free! Extra large studio, \$825. Wood floors, full kitchen, laundry. Near Balboa Park. Pet negotiable. 2311 4th Avenue. 619-804-2654.

**HILLCREST**. 1/2 off 1st! Gated 1 bedroom, 1 bath, \$1050. All appliances plus washer/ dryer, private balcony, new carpet and paint, elevator, underground parking! 4155 Georgia Street #107. 619-297-7662.

## Seniors 62+

**Hillcrest**. \$1100. Attractive senior complex. Extremely large 2 bedroom, 1-1/2 bath. Dishwasher, self-cleaning oven, air conditioning, parking. Brand new condition. Park-like grounds, peaceful living. Sheltered patio, laundry on premises, controlled entry. Near bus and shops. 4574 Campus Avenue. No pets. 858-703-4932 or 619-461-9415.

**HILLCREST/ BANKER'S HILL**. \$895. Studio with full kitchen, large. Coin laundry. Nice shared courtyard, gated entry. Cat OK with extra deposit. Available 3/14/10. 3502 First. Manager Michael, 619-296-1918; mterda@pacbell.net.

**HILLCREST/ MISSION HILLS**. \$1250. 1/2 month free! Great location! Large 2 bedroom, 2 bath. Security gated. Balcony. Elevator. Dishwasher. Quiet. Parking. Laundry. 4063 Albatross. 619-543-0455.

**HILLCREST/ MISSION HILLS. \$695-\$775. Low \$150 deposit. Fully furnished studios, alcoves, in excellent hillside location. Free basic cable. 1616 Guy Street. 619-298-6242.**

**HILLCREST/ MISSION HILLS**. \$875 rent, \$700 deposit OAC. 1 bedroom, parking space, laundry, no pets, at 4030 Front Street #9. Agent, 619-299-8515.

**HILLCREST/ NORTH PARK**. \$1125 rent, \$800 deposit, OAC. Large 2 bedroom, 2 bath, hardwood floors, parking, no pets at 1930 Georgia Court #9 and #21. Agent, 619-501-5542.

**HILLCREST/ UPTOWN**. \$1050. 2 bedroom, 1.5 bath. Small, fenced patio. Recently renovated. Very quiet complex/ great location! Laundry/ parking on site. No pets. 3620 Georgia Street. Manager, 619-820-2584.

**IMPERIAL BEACH**. 1 bedroom apartment, stove, refrigerator. \$895-\$995. 2 bedroom \$1450. Feet from the beach. Pets negotiable. Laundry facilities. Off-street parking. Conveniently located. 619-424-9233.

**KENSINGTON**. \$825. 1 bedroom, downstairs. Gated complex. Stove, refrigerator, carpets. Off-street parking. Laundry facilities. Water/ trash paid. No pets. Available now. 619-971-1145; 619-579-8027.

**KENSINGTON**. \$1150. Very large 2 bedroom, 2 bath. Corner apartment. Secured building. All amenities, parking, on-site laundry. Garage also available. Sorry, no pets. 619-548-1826.

**KENSINGTON**. \$1275. 2-bedroom, 1-bath apartment. 1-car garage, coin laundry. No pets. 4146 Hilldale Road. 858-483-3534. www.cal-prop.com.

**KENSINGTON**. \$895 to \$950. 1 bedroom, upstairs. Appliances, coin laundry. Cat OK with extra deposit. In the heart of Kensington. 4188 and 4192 Madison. Del Sol Property Management, Broker, 858-270-2071. www.delsolpm.com.

**KENSINGTON**. 1 bedroom, 1 bath: \$950. 2 bedroom, 2 bath: \$1195. On-site laundry. No pets. 4101 Park Place. Call Mike, 858-490-1600.

**KENSINGTON**. Studio. Stove, refrigerator, small patio. Water paid. No pets. \$795. 4157 Madison Avenue. Agent, 619-232-6811.

**KENSINGTON/ TALMADGE**. \$1075. Spacious 2-bedroom, 2-bath apartment. Condo-quality building. Washer/ dryer included. Fireplace. Carport. No pets. 4444 Highland Avenue. Agent, 619-469-7790. www.westmanproperties.com.

**LA JOLLA**. \$1195. Studio. Includes utilities. Block to bus, beach, Starbucks, restaurants. UCSD and Scripps by bus or bicycle. Living room, kitchen. Appliances. Walk-in closet. Laundry. Pets ok. 858-336-0252.

**LA JOLLA**. \$1400 plus utilities. Small efficiency apartment, with separate sleeping area. Steps to beach and the Village. Resident Manager: 858-456-0407.

**LA JOLLA**. \$1750. 2 bedroom, 2.5 bath condo. 2 parking, granite counters, stainless appliances, washer and dryer in unit, balcony, complex has pool. Pet OK with additional rent and deposit. 3989 Nobel Drive, #358. 858-483-3534. www.cal-prop.com.

**LA JOLLA**. 1 month free! \$1425-\$1450. 2 bedroom. Balcony. Laundry. Close to UCSD, shops. No pets. 8849 Villa La Jolla Drive. 858-457-4509.

**LA JOLLA**. \$1050. Spacious studio. Complete upgrade. Granite counter,

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stainless steel appliances. On-site laundry, parking, pool. 3136 Via Alacante. Call Rachael, 619-804-1044.

**LA JOLLA.** Studio 2 blocks from the beach. Big closets, eat- in kitchen, on-site laundry, off- street parking. Cats OK. \$1025. 396 Kolmar Street. 619-296-6699. [www.centrecty.net](http://www.centrecty.net).

**LA JOLLA.** \$1900. Reduced move- in. 2 bedroom, 2-1/2 bath. Garage, fireplace. Nonsmoking, washer/ dryer in unit. 7260 Calabria Court #C., [www.sdforrent.com](http://www.sdforrent.com). 619-640-7530.

**LA JOLLA.** Ocean View! \$1550. A must-see modern 2 bedroom, 1 bath apartment in Bird Rock. Balcony, 2 parking spaces, coin laundry, controlled access. 5530 La Jolla Boulevard #2D. TPPM, 858-699-3851, [www.torreypinespm.com](http://www.torreypinespm.com).

**LA JOLLA.** 1/2 off first! Studios and 1 bedrooms starting at \$925. Appliances, new carpet, paint and blinds, A/C, laundry, off- street parking! 1129 Torrey Pines #5. 858-337-2022.

**LA JOLLA.** \$1750. A must see 2 bedroom, 1 bath unit in beautiful garden complex just one block from Windansea!! Fireplace. One- car garage. 338 Palomar Avenue. TPPM, 858-699-3851, [www.torreypinespm.com](http://www.torreypinespm.com).

**LA JOLLA/ BIRD ROCK.** \$1075. 1 bedroom, downstairs. Nice shared courtyard, coin laundry. Cat OK with extra deposit. Close to shops/ restaurants. Available 3/12/10. 415 Colima. Del Sol Property Management, [www.delsolpm.com](http://www.delsolpm.com). 858-270-2071.

**LA JOLLA/ UTC.** \$1700. 3- bedroom, 1.5- bathroom, 2- story condo. Canyon setting, large yard, pool, 1 carport parking, washer/ dryer. No pets. 4308 Caminito Del Zafiro #69. 858-483-3534. [www.cal-prop.com](http://www.cal-prop.com).

**LA JOLLA/ WINDANSEA.** \$1395. 1 bedroom in garden setting. Steps to beach. Patio, coin laundry, parking. **Open Saturday, 10:00-11:00.** 354 Nautilus Street. TPPM, 858-699-3851. [www.torreypinespm.com](http://www.torreypinespm.com).

**LA MESA.** 1 bedroom, 1 bath starting at \$750 plus \$25 credit check fee and deposit. Nice and clean. New carpet, new appliances, gated with community pool. Near SDSU area. Within walking distance from local stores, bar, etc. No pets. Keeney Plaza Apartments. 5010 Keeney Street, 91941. Contact Robaia, 619-698-0777.

**LA MESA.** Huge apartment homes in great La Mesa neighborhood. Storage space. Near shopping and public transportation. 1 bedroom, 1 bath, \$895. 2 bedroom, 2 bath, \$1095-\$1195. 2- bedroom townhouse, \$1195 and up. Community pool, laundry, covered parking. Photos, floor plans, map, directions, see website: [www.sdreader.com/news/rent1035](http://www.sdreader.com/news/rent1035). (5810 Amaya Drive.) 619-697-3825.

**LA MESA.** Newly remodeled affordable apartment. 2 bedroom and 1 bath. Brand new interior features: Flooring (carpet and vinyl), paint, windows, cabinets, stove (gas). Quiet cul-de-sac location, playground, business computer center. After- school program, job training and resume assistance (coming soon), mommy and me yoga classes (coming soon). Income restrictions apply. Call for details. Se habla espanol. Village Green, 4150 Bonillo Drive, San Diego, CA 92115. 619-583-7236. [www.villagegreen@conam.net](http://www.villagegreen@conam.net).

**LA MESA.** \$995. 1 bedroom, 1 bath. 1/2 off first month or \$913/ month on 6- month lease! OAC. Laundry. In old town La Mesa. Cats welcome. 4515 3rd Street. 619-469-5010.

**LA MESA.** Spacious 2 bedroom, 2 bath; and 1 bedroom. Dishwasher, central heating/ air, park- like setting, pool, views. Near 94, 125, 8 freeways. Pets welcome. 619-204-0610.

**LA MESA.** \$1195. 2 bedroom, 2 bath. Move- in special: one month free rent. Large apartment. 1250 square feet. Air conditioning, pool, parking. No pets. 8600 Lemon Avenue #10. 858-483-3534. [www.cal-prop.com](http://www.cal-prop.com).

**LA MESA.** 1, 2, and 3 bedrooms. Spacious units, A/C, patio, pool, parking. Starting at \$725 and up. 619-466-6149.

**LA MESA.** \$1150. 2 bedroom, 1-1/2 bath, big, sunny condo. Good shopping, schools. Air conditioning, new paint/ carpet, 2 parking spaces. Pool, Jacuzzi, laundry. 858-259-8587.

**LA MESA.** Mellmanor Apartments. \$890/ up, 1 bedroom. \$1210/ up, 2 bedroom. Across Grossmont Center, trolley, Costco. Quiet, spacious units. Pools. 8750 Mellmanor Drive. 619-461-1940.

**LA MESA.** Villa Morocco. 1 bedroom, starting at \$870. 2 bedroom, \$1190. Spacious. Near Grossmont Center. Great neighborhood. Near all. 5545 Morro Way. 619-589-8854.

**LA MESA.** Move- in special. 1 bedroom, \$995. Studio, \$795. On-site laundry. Parking. 5027 Guava. Call Tami: 619-244-3115 or 858-490-1600.

**LA MESA.** 1 bedroom, 1 bath. On-site laundry. Pool, gated, parking. New rent: \$835. 1/2 off first month's rent. 4905 73rd Street. Call: 619-697-8458.

**LA MESA.** Studio apartment. Gated, air conditioning, laundry on site, parking. Rent: \$700/ month. 4851 73rd. Call Myra, 619-697-8458.

**LA MESA.** 2 bedroom, 2 bath. \$1050. Parking, on-site laundry, pool. 5436 Vincetta Court. Call Sarka, 619-417-4964.

**LA MESA.** \$795. \$300 off first month! 1 bedroom. Air conditioning, balcony, intercom entry, laundry, 4311 Parks Avenue. 619-741-1307.

**LA MESA.** \$1275. Remodeled 2 bedroom, 2 bath. \$650 move- in discount. Move- in Special: Save money when you rent from us. \$650 off 1st month's rent with year's lease. Available now is this recently remodeled 2 bedroom, 2 bath apartment located in the Lake Murray region. This is a family- owned and - operated complex, and we take great pride in offering our tenants a superior apartment at an affordable price. As soon as you walk in, you can't help but notice the attention to detail and the quality of the craftsmanship that went into this remodel, from the ceramic tile floors with granite accents to the tiled countertops, crown moldings, new interior doors, light fixtures, ceiling fan, all new hardware, range, refrigerator, dishwasher, microwave, and air conditioning. Master bedroom has walk-in closet with built-in organizer. Painted in designer colors. Enclosed private patio. We surely have the most bang for your buck. Comes with 1 off- street parking space and on-site laundry. Low deposit of \$500. Easy access to Freeway I-8. We will consider small dogs 15 pounds and under. 5543 Shasta Lane, La Mesa, CA 91942. To schedule a showing, contact the manager at 619-460-9107, email [scott@hendershawandassociates.com](mailto:scott@hendershawandassociates.com).

**LA MESA.** \$750. Studio with huge walk-in closet. New paint, on-site laundry. 7240 El Cajon Boulevard #19. Call Lynette, 619-602-0959, or Rachael, 619-804-1044.

**LA MESA.** \$775. Spacious studio. Call about our Move- In Special. New carpet and vinyl. Large closets, patio. Garage and utilities included. On-site laundry. Call 619-462-1550, [www.sdapbtbrokers.com](http://www.sdapbtbrokers.com).

**LA MESA.** 1 free month with one- year lease! 1 bedroom, 1 bath, \$925/ month with \$450 deposit. Storage. No pets. \$25 credit. 5435 Morengo Avenue. Call 619-698-7926. [www.villaknollsapts.com](http://www.villaknollsapts.com).

**LA MESA.** 1 free month with one- year lease! 2 bedroom, 2 bath, \$1150/ month with \$500 deposit. Storage. No pets. \$25 credit. 5435 Morengo Avenue. Call 619-698-7926. [www.villaknollsapts.com](http://www.villaknollsapts.com).

**LA MESA.** 4 bedroom, 2.5 bath near Grossmont College. Large lot, 2- car garage. Living, family, dining rooms. \$1950 plus security deposit. 8178 Tommy Drive. 619-254-5378.

**LA MESA.** \$1150. Hillside duplex, 2 bedroom, 1 bath, stove, refrigerator. Near village. View, hardwood floors, hookups. 4714 Hillcrest Avenue. 619-464-1384.

**LA MESA.** \$975 for 1 bedroom. Award-winning community for beautiful landscaping. Pool and spa. Great location. No pets. 5500 Morro Way. TPPM, 619-884-7900, [www.villageaptslamesa.com](http://www.villageaptslamesa.com).

**LA MESA.** 1 month free! Extra large 1 bedroom, 1 bath, \$825. BBQ, A/C, appliances, new carpet and paint, laundry, parking. Near all. Section 8 OK. 4325 Lowell Street. 619-460-1074.

**LA MESA.** \$1095. Beautiful 2 bedroom, 1 bath. New carpet and flooring, appliances, A/C, huge private balcony, laundry, off- street parking. 6004 Lake Murray Boulevard. 619-804-3325.

**LA MESA.** 1 month free! Extra large 1 bedroom, \$825. All appliances, A/C, on-site laundry, off- street parking. Near trolley and Downtown La Mesa. 619-466-6450.

**LA MESA.** \$725, 1 bedroom. Well-maintained property with meandering courtyard. Quiet and private. 4444 Parks Avenue. TPPM, 619-463-3882, [www.villaparks.com](http://www.villaparks.com).

**LA MESA.** 1, 2, and 3 bedrooms. Spacious units, A/C, patio, pool, parking. Starting at \$725 and up. 619-466-6149.

**LA MESA.** \$1150. 2 bedroom, 1-1/2 bath, big, sunny condo. Good shopping, schools. Air conditioning, new paint/ carpet, 2 parking spaces. Pool, Jacuzzi, laundry. 858-259-8587.

**LA MESA.** Mellmanor Apartments. \$890/ up, 1 bedroom. \$1210/ up, 2 bedroom. Across Grossmont Center, trolley, Costco. Quiet, spacious units. Pools. 8750 Mellmanor Drive. 619-461-1940.

**LA MESA.** Villa Morocco. 1 bedroom, starting at \$870. 2 bedroom, \$1190. Spacious. Near Grossmont Center. Great neighborhood. Near all. 5545 Morro Way. 619-589-8854.

**LA MESA.** Move- in special. 1 bedroom, \$995. Studio, \$795. On-site laundry. Parking. 5027 Guava. Call Tami: 619-244-3115 or 858-490-1600.

**LA MESA.** 1 bedroom, 1 bath. On-site laundry. Pool, gated, parking. New rent: \$835. 1/2 off first month's rent. 4905 73rd Street. Call: 619-697-8458.

**LA MESA.** Studio apartment. Gated, air conditioning, laundry on site, parking. Rent: \$700/ month. 4851 73rd. Call Myra, 619-697-8458.

**LA MESA.** 2 bedroom, 2 bath. \$1050. Parking, on-site laundry, pool. 5436 Vincetta Court. Call Sarka, 619-417-4964.

**LA MESA.** \$795. \$300 off first month! 1 bedroom. Air conditioning, balcony, intercom entry, laundry, 4311 Parks Avenue. 619-741-1307.

**LA MESA.** \$1275. Remodeled 2 bedroom, 2 bath. \$650 move- in discount. Move- in Special: Save money when you rent from us. \$650 off 1st month's rent with year's lease. Available now is this recently remodeled 2 bedroom, 2 bath apartment located in the Lake Murray region. This is a family- owned and - operated complex, and we take great pride in offering our tenants a superior apartment at an affordable price. As soon as you walk in, you can't help but notice the attention to detail and the quality of the craftsmanship that went into this remodel, from the ceramic tile floors with granite accents to the tiled countertops, crown moldings, new interior doors, light fixtures, ceiling fan, all new hardware, range, refrigerator, dishwasher, microwave, and air conditioning. Master bedroom has walk-in closet with built-in organizer. Painted in designer colors. Enclosed private patio. We surely have the most bang for your buck. Comes with 1 off- street parking space and on-site laundry. Low deposit of \$500. Easy access to Freeway I-8. We will consider small dogs 15 pounds and under. 5543 Shasta Lane, La Mesa, CA 91942. To schedule a showing, contact the manager at 619-460-9107, email [scott@hendershawandassociates.com](mailto:scott@hendershawandassociates.com).

Parking. Available now. On-site manager, 619-561-4155. 12718 Mapleview Avenue #7. [www.amgsd.com](http://www.amgsd.com). 619-295-1165.

**LAKESIDE.** Move- in special: 1/2 off first month! Great value! 2 bedroom, 1 bath, \$800. On-site laundry. Freshly painted. Assigned parking. 12346 Parkside Street. [northcuttproperties.com](http://northcuttproperties.com). Agent, 858-505-1300.

**LEMON GROVE.** 1 bedroom, 1 bath, \$775. 2 bedrooms, 1 baths, \$975. Great location. Cat welcome. Pool, laundry, parking. Free Wi-Fi. 8413-8427 Broadway. 619-462-6798. [www.sdapbtbrokers.com](http://www.sdapbtbrokers.com).

**LEMON GROVE.** Move in today! 2 bedroom, \$1000/ month. 1 bedroom, \$800/ month. Quiet, clean, well-located complex. Credit check required. Leave message. 619-916-9187.

**LEMON GROVE.** 2 bedroom, 1 bath. Washer/ dryer. 2 parking spaces. Rent: \$1250. 7165 Central. Call Myra, 619-697-8458.

**LEMON GROVE.** \$1050. 2 bedroom, 1 bath. Large and comfy, new carpets, paint, no pets. Wonderful complex— quiet, clean, secure. 3267 Buena Vista Avenue. Rachael, 619-804-1044, 619-713-1044.

**LEUCADIA.** \$1180 plus utilities. 1 bedroom, 1 bath apartment. Washer/ dryer. Off- street parking, patio area, good location. 1105 N. Vulcan. Leasing Unlimited, Lic#00976056, 760-436-7273.

**LINDA VISTA.** \$950. Close in. Ground floor of duplex. 1 bedroom. Private yard and parking. Includes all utilities. 858-541-7852.

**LINDA VISTA.** February move- in special: \$625-\$1095 rent, \$400-\$800 deposits! No pets. Studios (utilities included), 1, 2 and 3 bedrooms. 2249 Ulric Street. 858-565-6400.

**LINDA VISTA.** 2 bedroom, 1 baths for \$1045, \$1095, \$1145, \$1195. Deposit \$400. **Special \$500 off second month's rent.** 619-249-9585. Office at 7025 Eastman St. For more info and pictures go to [www.sdvillageapts.com](http://www.sdvillageapts.com).

**LINDA VISTA.** 3 bedroom, 1 bathroom. Upstairs. Near USD. \$1550/ month. 5605 Mildred Street. More Property Management. 858-514-8201.

**LINDA VISTA/ USD.** 2 bedroom, 2 bath upstairs, fireplace, dishwasher, double garage. Gated complex, on-site laundry. \$1500. 5530 Riley Street #5. More Property Management. 858-514-8201.

**LITTLE ITALY.** Large 2 bedroom, 1 bath apartment, \$1395. New kitchen/ appliances, granite countertops, new bathroom, washer/ dryer, backyard, storage. 535 W. Juniper Street. 619-952-7056.

**LOGAN HEIGHTS.** \$800. 1 bedroom, 1 bath. Reduced move- in. Newly remodeled duplex downstairs. Sorry, no pets. Section 8 OK. 3144 National Avenue. [www.sdforrent.com](http://www.sdforrent.com). 619-640-7530.

**MIRA MESA/ SORRENTO VALLEY.** \$1600. Reduced move- in. 2 bedroom, 2 bath condo with loft. Off- street parking. Pool. 11535 Caminito La Bar #64. [www.sdforrent.com](http://www.sdforrent.com). 619-640-7530.

**MISSION BAY.** Beautiful, bright, modern, 1 bedroom penthouse. Bay front with all amenities, pool, sauna, Jacuzzi, gym, BBQ, parking, laundry. \$1550, \$1550 deposit. 619-957-5297.

**MISSION BAY/ BAY PARK.** Pristine 1 bedroom for \$845 and 2 bedroom for \$1095 in Bay Park's best maintained property with beautiful courtyard and sparkling pool. Perfect Mission Bay location with easy access to Pacific Beach and freeway. No pets. 2520 Chicago Street. TPPM, 619-405-7200, [www.debonairapts.com](http://www.debonairapts.com).

**MISSION BEACH.** \$1150. 1 bedroom, 1 bath. Shared garage, steps to ocean. 812.5 Niantic Court. Call 858-490-1600.

**MISSION BEACH.** \$975. Nice 1 bedroom, upstairs apartment, upstairs. Newer carpet, ceramic tile. Steps to beach. 725 Queenstown Court #B. Gas/ water paid. 858-689-0602.

**MISSION BEACH.** \$995-\$945. Nice 1 bedroom apartments. Near bay. Very clean. Stove, refrigerator, dishwasher, parking. No pets. 847 and 845 Jamaica Court. Shore Management, 858-274-3500, [www.shoremgmt.com](http://www.shoremgmt.com).

**MISSION BEACH.** \$1050. 1 bedroom, 1 bath, downstairs, with ceramic tile floors! Block to beach! No pets! 3952 Mission Blvd. Call 619-222-4836x14, [www.liveatthebeachnow.com](http://www.liveatthebeachnow.com).

**MISSION BEACH/ SOUTH.** \$895. Cute studio, Murphy bed, parking, utilities paid, year round. Steps to beach. 2826 Mission Boulevard. No pets. 858-488-5463, 858-488-0690.

**MISSION BEACH/ SOUTH.** \$995. 1 bedroom, downstairs. Stove, refrigerator, shared courtyard. Coin laundry. Close to beach and bay. Cat OK with extra deposit. Available now. 725-1/2 Ensenada Court. Del Sol Property Management, [www.delsolpm.com](http://www.delsolpm.com). Broker, 858-270-2071.

**MISSION HILLS.** 1/2 off first month's rent. Available for immediate move- in. From \$1150. 2 bedroom, 1 bath. All appliances, Parking garage. Canyon view, balcony/ patio, on-site laundry. No smoking, no pets. Quiet. 619-298-6436.

**MISSION HILLS.** Immaculate 1 bedroom apartment in very private, quiet, view 4-plex. Laundry, parking. No pet/ smoke. \$890. 619-299-0384 or 760-789-0981.

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**MISSION HILLS.** \$825. 1 bedroom, 1 bath apartment. Pool-side. 1 parking. No pets. 1767 Torrance Street #102. 858-483-3534. www.cal-prop.com.

**MISSION HILLS.** \$1245. 2 bedroom, 2 bath apartment. Top-floor corner unit with spectacular views of San Diego Bay and Downtown. 1 parking space. No pets. 1767 Torrance Street #314. 858-483-3534. www.cal-prop.com.

**MISSION HILLS.** \$1350. 2 bedroom, 2 bath apartment. Balcony, 1 parking, spacious soundproof windows, coin laundry. No pets. 3737 Keating Street #2. www.cal-prop.com. 858-483-3534.

**MISSION HILLS.** 2 bedroom, 1 bath. Garage, on-site laundry, cat OK. Rent: \$1200. 723-735 Torrance Street. Call Mike. 858-490-1600.

**MISSION HILLS.** 1682 Puterbaugh. \$1300. 2 bedroom, 1 bath, parking, laundry, microwave. Close to all. No pets. 619-200-1657 or www.bkbinc.com.

**MISSION HILLS.** Renovated 2 bedroom, 2 bathroom luxury condo. Views!!! Bay, city lights. Private balconies, secure building/ parking. \$2150 rent. Call Mike, 619-247-2114.

**MISSION HILLS.** 1 and 2 bedrooms from \$900. Patios, pool, laundry room, storage and more. Cat OK. 3505 Reynard Way. 619-683-9239. aspenpark.rasnyder.com.

**MISSION HILLS/ HILLCREST.** 2 bedroom, 2 bath, \$1525. Move-in special. Recently remodeled. Pool, barbecue, dishwasher, on-site laundry, covered parking. No pets. EOH. 619-299-8746.

**MISSION HILLS/ HILLCREST.** \$775 rent, \$700 deposit OAC. Large studio, new carpet, parking space, laundry, no pets at 4030 Front Street #6 or #13. Agent, 619-299-8515.

**MISSION VALLEY.** \$1150. 1 bedroom, 1 bath condo. 1 parking. Air conditioning, granite counters, marble floors, balcony. Complex has pool and spa. No pets. 10737 San Diego Mission Road #312. 858-483-3534. www.cal-prop.com.

**MISSION VALLEY.** 3 bedroom, 2 bath duplex, \$1550. 1-car garage, small yard. Walk to USD, Fashion Valley, trolley station, shopping, Chuck, 619-818-4123; Fay, 619-818-2529.

**MISSION VALLEY.** Hotel Cienega condo. Furnished 1 bedroom. Linens, dishes, fireplace, skylights, pool, Jacuzzi, tennis,

cable/ gas paid. Underground parking. No pets/ smoking. \$1250. 619-303-7822.

**MISSION VALLEY.** \$1100. 1 bedroom, 1 bath condo on second floor. Reduced move-in. Dishwasher, laundry on site. 1 off-street parking space. Section 8 OK. 10737 San Diego Mission Rd #211. www.sdforrent.com. 619-640-7530.

**MISSION VALLEY.** \$1850. 2 bedroom, 2 bath condo. Parking available. Washer/ dryer in unit. Available now. 8211 Station Village Drive #1311. www.stevenleproperties.com. 619-295-1161.

**MISSION VALLEY.** \$1075. Friars Pointe. Nice 2 bedroom, 1 bath condo. Downstairs, carport, pool, spa. Cat OK. 6354 Rancho Mission Road, #501. Agent, 619-469-7790. www.westmanproperties.com.

**MISSION VALLEY/ EAST.** \$850 Spacious one bedroom downstairs unit. Spotless with huge Move-in Special! Pool, parking, laundry on-site. No pets. 4550 Vandever. Manager, 619-282-8000.

**MISSION VALLEY/ FASHION VALLEY.** \$1295. 1 bedroom, 1 bath. Large, renovated. Walk-in closet, appliances, A/C. Security. Parking. Patio. Laundry in unit. Near 163/8. Dmiller6241@att.net. 619-606-2043.

**MISSION VALLEY/ MISSION RIDGE.** \$1250. Light and airy 1 bedroom, 1.5 bath, 868 square feet. Tree and sky view. Air conditioning, balcony, entry hall, fireplace, appliances. Elevator, laundry facility. Carport plus one space. Beautiful gardens, clubhouse, gym, lighted tennis, heated pool. No pets/ smoking. Available March 10. 10250 Caminito Cuervo, #11. Agent: 858-395-7237, jansjag@aol.com.

**MISSION VALLEY/ USD.** 2 master bedrooms, \$1550 (includes water). New appliances. Dishwasher. Remodel, washer/ dryer in unit, panoramic views, 2 parking, hardwoods, private patio. Pets OK. Available now. \$150 off first month! 858-353-6878.

**MISSION VALLEY/ WEST/ USD.** From \$695. Unique, nicely upgraded studios. Near trolley, 3-month leases, monthly thereafter. High ceilings. Gated. Landscaped courtyard/ sun deck. http://www.info101.net. 619-297-3000.

**MISSION VALLEY/ WEST/ USD.** From \$695. Unique, nicely upgraded studios. Near trolley, 3-month leases, monthly thereafter. High ceilings. Gated. Landscaped courtyard/ sun deck. http://www.info101.net. 619-297-3000.

**NATIONAL CITY.** Move-In Special: \$200 off first month! 1 bedroom apartment, \$825/ month. Newly renovated. Gated community. Laundry on site. Available now. No pets. Hilltop Villas, 315 East 30th Street. Call 619-477-7442. www.metroproperties.com.

**NATIONAL CITY.** Move-In Special: \$99 off first month's rent! Studio: \$650/ month. Deposit: \$650. 1 bedroom: \$795; deposit: \$795. Parking space. Water paid. 116 Palm. 619-474-4441.

**NATIONAL CITY. \$775/ month. 1 bedroom, fully furnished. Low \$150 deposit. No SDG&E deposit or hookup is required. 624 East 24th Street. Office open daily. Call 619-474-3787.**

**NORMAL HEIGHTS.** \$1425. North of Adams. 3 bedroom, 2 bath. Garage, patio, newer secure building, parking, on-site laundry, appliances, new paint/ carpet. Cats OK (no dogs). 4743 Hawley Boulevard. Available 3/1. 760-796-7685.

**NORMAL HEIGHTS.** 1 bedroom, 1 bath ground-floor condo. Walk to shopping, restaurants. Washer/ dryer, central air/ heat, parking, fenced patio. \$1050 rent, deposit. 619-299-6381.

**NORMAL HEIGHTS.** Studio apartment. Newly remodeled. 400 square feet. Rent: \$695. 3235 Collier Avenue. Call Mike: 619-640-8834 or 858-490-1600.

**NORMAL HEIGHTS.** 2 bedroom, 1 bathroom. Move-In Special! Upstairs unit with new carpet, laundry and parking. \$995 rent. 4640 Wilson Avenue #3. Call 858-514-8201.

**NORMAL HEIGHTS.** 2 bedroom, 2 bath apartment. \$1125. Laundry. Parking. No pets. 4840 West Mountain View Drive. More Property Management, 858-514-8201.

**NORMAL HEIGHTS.** 4655 33rd Street #8. 1 bedroom, \$800. Upstairs. Parking, laundry. No pets. 619-200-1657 or www.bkbinc.com.

**NORMAL HEIGHTS.** \$850. 1 bedroom, 1 bath. \$500 off 1st month's rent! Parking, laundry, gated. Quiet complex. Available now. 4511 35th Street #6. www.amgsd.com. 619-295-1165.

**NORMAL HEIGHTS.** \$775. 1 bedroom, 1 bath apartment. Coin-operated laundry. Available now. 4669 Cherokee Avenue #F. www.stevenleproperties.com. 619-295-1161.

**NORMAL HEIGHTS.** \$925. 2 bedroom, 1 bath apartment. Fresh paint. Dishwasher. Laundry facilities. Parking space. 4525 34th Street. Shore Management. Call manager, 619-280-1334, www.shoremgmt.com.

**NORMAL HEIGHTS.** 1/2 off 1st! 1 and 3 bedrooms starting at \$775. All appliances plus A/C, laminate flooring, balcony, laundry, off-street parking. No pets. 4389 39th Street. 619-804-3325.

**NORMAL HEIGHTS.** First month free! Extra large 2 bedroom, 1-1/2 bath, \$1025. Large kitchen, walk-in closet, stove, refrigerator, laundry, parking. Pets OK. 4609 Bancroft #2. 619-804-3325.

**NORMAL HEIGHTS.** 1/2 off first! 1 bedroom, 1 bath, \$750. Walk-in closet, A/C, ceiling fans, appliances, laundry, off-street parking, near all. 4625 35th Street #13. 619-804-3325.

**NORMAL HEIGHTS.** 2-story, 2 bedroom, 2.5 baths, \$1195. All appliances, central air conditioning and heater, balcony, 1-car garage, fenced yard, laundry. 4627 34th Street. 619-804-3325.

**NORMAL HEIGHTS.** 1/2 off 1st! Large 1 bedroom, 1 bath, \$825. Appliances, off-street parking and storage, footsteps from library and post office. 3746 31st Street. 619-804-3325.

**NORMAL HEIGHTS/ TALMADGE.** Unique 1 bedrooms, newly redecorated, new paint and flooring, appliances. Walk to college. All amenities, controlled entry, parking, laundry on premises. Park-like setting. Fin residential area near all. 4546 52nd Street, \$850, 619-287-1996 or 619-461-9415. 4631 Idaho Street, \$800, 619-697-3993.

**NORTH PARK.** \$650- Attached attic studio with divided sleeping area, private entrance. \$1300- 2 bedroom, 1 bath house, newly remodeled. Laundry hookups. Charming; new carpet. 3568 Nile St. 619-260-0752.

**NORTH PARK.** Small studio with kitchen and bath. Hardwood floors and tile. Bright. Parking spot. Washer/ dryer on site. Cats OK. \$599, \$599 deposit. www.innorenterprises.com. 858-245-9909.

**NORTH PARK.** \$950. 2 bedroom, 1 bath apartment. 1 parking. Balcony, coin laundry, wall air conditioning. No pets. 4328 Louisiana Street #4. 858-483-3534. www.cal-prop.com.

**NORTH PARK.** \$895. 1 bedroom, upstairs in 4-unit property. Stove, refrigerator, garage, deck. Small pet OK with extra deposit. Available 3/19/10. 4046 Oregon. Del Sol Property Management, Broker, 858-270-2071. www.delsolpm.com.

**NORTH PARK.** \$795. 1 bedroom, large, downstairs, front. Stove, refrigerator, air conditioning, coin laundry, parking, easy freeway access. Cat OK with extra \$300 deposit. Available 3/1/10. 4152 Utah Street. Del Sol Property Management, www.delsolpm.com. Broker, 858-270-2071.

**NORTH PARK.** \$825. 1/2 month free! Large 1 bedroom apartment with patio, security gated, parking, laundry, courtyard. Available now. Conveniently located. 619-284-2275.

**NORTH PARK.** \$975. Large 2 bedroom, 2 bath. Move-in special. Gated, parking, laundry, ceiling fan. Small, quiet complex. 4121 Iowa Street. 619-546-5633.

**NORTH PARK.** \$975. Move-in special! 1 bedroom, 1 bath. New kitchen cabinets/ paint/ carpet. Dishwasher. 2-car parking.

On-site laundry. No pets. 3711 Arnold Ave. 619-298-7724.

**NORTH PARK.** \$725. 1 bed, 1 bath remodeled apartment. Corner unit, parking, central location. 4174 Wabash Avenue. Xilarent.com. 619-683-7638.

**NORTH PARK.** 1 bedroom, 1 bath apartment, \$850. Newer carpet/ flooring. Freshly painted. Gas/ water paid. Pool. Gated, quiet, no pets, on-site laundry. 619-281-1714.

**NORTH PARK.** \$795. 1 bedroom, 1 bath. Nice unit. Parking, laundry. Available now. 4333 Mississippi Street #6. www.amgsd.com. 619-295-1165.

**NORTH PARK.** \$750. 1 bedroom, 1 bath. Walking distance to transportation, shopping, groceries, cafe, and parks. Available 3/1/10. 4228 Hamilton Street #B. www.amgsd.com. 619-295-1165.

**NORTH PARK.** 2 units available, both 1 bedroom, 1 bath. Newly renovated. \$800 month. \$600 deposit. Small dog or cat OK. Reserved parking. Laundry facilities. 4161/ 4167 Iowa Street. Emily, 619-283-0209.

**NORTH PARK.** 2 bedroom 1 bath, newly renovated. \$900 month. \$600 deposit. Cat OK. 3061 Madison. 1 bedroom, 1 bath, \$750 month. \$600 deposit. Cat OK. 3069 Madison. Street parking only, laundry facilities. Emily, 619-283-0209.

**NORTH PARK.** 2nd floor, 1 bedroom, central location, walk to bus and shops. Gas stove, on-site laundry, includes garage with extra storage space. \$875. 4124 Texas Street. 619-296-6699. www.centrecity.net.

**NORTH PARK.** \$790. 1 bedroom, 1 bath apartment. Fireplace, private patio, on-site laundry, off-street parking. Quiet neighborhood. Gated building. 3674 Nile Street. San Diego, CA 92104. No pets. 619-284-3324.

**NORTH PARK.** Ask about February move-in special! \$900/ month. Available immediately. Very nice 2-bedroom, 1 bath apartment in small (25-unit) complex. Quiet, secure. Many longtime residents in this complex—we insist on quiet and security. Gated courtyard. Manager on site. Laundry on site. Assigned off-street parking. Near public transit. Near freeways. Retail outlets, stores and variety of eateries within walking distance. 619-818-8414.

**NORTH PARK.** Ask about February move-in special! \$750/ month. Available immediately. Very nice 1-bedroom apartment in small (25-unit) complex. Quiet and secure. Many longtime residents in this complex—we insist on quiet and security. Gated. Manager on site. Laundry on site. Assigned off-street parking. Near public transit. Near freeways. Retail outlets and stores and variety of eateries within walking distance. Call 619-818-8414.

**NORTH PARK.** Ask about February move-in special! \$750/ month. Available immediately. **Wheelchair accessible.** Very nice 1-bedroom. Small (25-unit) complex. Many longtime residents in

complex—we insist on quiet and security. Gated. Manager on site. Laundry on site. Assigned off-street parking. Near public transit. Near freeways. Retail outlets, stores and variety of eateries within walking distance. Call 619-818-8414.

**NORTH PARK.** \$675. Studio. On-site laundry. New carpet/ vinyl, remodeled kitchen. Cat welcome. Great location. Call 619-298-4474. www.sadaptbrokers.com.

**NORTH PARK.** Spacious 2 bedroom, 2-bath, \$1400. Remodeled unit. Wood floors throughout, stainless steel appliances. Pool, gated community. 619-756-7645. www.sadaptbrokers.com.

**NORTH PARK.** 1 bedroom, 1 bath, \$995. Stove, refrigerator, hardwood floors, laundry room, garage. Near Morley Field. No pets. 3583 Pershing Avenue. Agent, 619-232-6811.

**NORTH PARK.** \$735. Remodeled large studio apartment. Parking. No pets. Gated. Appliances. New carpet/ paint. Balcony. Walk-in closet. Laundry. 3909 Florida Street. 619-275-3455.

**NORTH PARK.** \$750 rent, \$700 deposit OAC. 1 bedroom detached cottage, parking space, no pets, at 3988-1/2 Kansas Street. Agent, 619-299-8515.

**NORTH PARK.** \$950 rent, \$800 deposit OAC. 2 bedroom, 2 bath triplex, laundry, no pets, at 3640 Bancroft Street #101. Agent, 619-299-8515.

**NORTH PARK.** Move-in special: One full month's rent free! 1 bedroom, 1 bath, \$695. Upper and lower units, senior or disabled citizens complex, gated. \$300 deposit. 4086 Swift Avenue. Agent, 619-501-7790.

**NORTH PARK/ NORMAL HEIGHTS.** \$950 rent, \$800 deposit OAC. Upper 2 bedroom, 1 bath fourplex, new carpet, parking space, laundry room, no pets at 4541 Hamilton Street #4. Agent, 619-299-8515.

**OCEAN BEACH.** \$300 off 1st month's rent! No application fee. Blocks to the beach! 1 bedroom, \$950. Clean. Parking. Laundry. No pets. Includes water/ trash. Seacoast Apartments, 5030 Lotus. Call Doris, 619-204-1651, 619-224-0759.

**OCEAN BEACH.** Beautiful beachfront view! Studio, \$995, \$1100-\$1350. 2 bedroom, \$1500-\$1700. Some with great ocean views! Serene, security, garden buildings. Hardwood floors, ceramic tile, laundry. Garages available. Pets considered. For address and availability, call 619-224-1748. For applications, call 619-501-5553.

**OCEAN BEACH.** \$725. Studio, mile from beach in quiet tropical setting. Laundry. Available immediately. 4166-68 Uddall St #2. 619-222-9308.

**OCEAN BEACH.** \$1395. 2 bedroom, 2 bath. Private patio with ocean bay view. Dishwasher, trash compactor, off-street parking. Year lease. No pets. 619-540-0462. 619-225-2372. 619-807-7277.

**OCEAN BEACH.** \$1325. Large 2 bedroom, 1 bath. Near the beach. Appliances. Laundry. 4826 Santa Cruz. No dogs. 619-224-4215.

**OCEAN BEACH.** Studio apartment. 1 block from ocean. 400 square feet. Basic utilities included. Rent: \$750. 2126 Abbott. Call Mike, 858-490-1600.

**OCEAN BEACH.** \$1225. 1 bedroom, 1 bath. Freestanding apartment over garage. 1.5 blocks to beach. New granite in kitchen/ bath. Self-clean oven, garage, storeroom with laundry hookups. John, 619-886-7460.

**OCEAN BEACH.** \$1395. 2 bedroom, 1-3/4 bath. Stove, refrigerator, laundry room, parking. Close to beach. No pets. 5077 Cape May Avenue #5. Agent, 619-232-6811.

**OCEAN BEACH.** \$1025. 1 bedroom, 1 bath, downstairs attached cottage. Block to beach! On-site laundry! Pet on approval! 5067 Brighton Ave. Call 619-222-4836x14, www.liveatthebeachnow.com.

**OCEAN BEACH.** \$950. 1 bedroom, 1 bath downstairs attached cottage on beach! On-site parking and laundry! No pets. 5115 Saratoga Ave. Call 619-222-4836x14, www.liveatthebeachnow.com.

**OCEAN BEACH.** \$1175. 2 bedroom, 1 bath, downstairs, with laundry facility! Blocks to beach! No pets. 4820 Muir Ave. Call 619-222-4836x14, www.liveatthebeachnow.com.

**OCEAN BEACH.** \$995. Large downstairs studio with tile floors throughout! Steps to sand! Ocean view! Includes utilities! Parking! No pets. 5064 Niagara Ave, Apt. B. Call 619-222-4836x14, www.liveatthebeachnow.com.

**OCEAN BEACH.** \$1225- \$1250. 2 bedroom, 2 bath or 1.5 bath, upstairs and downstairs units available with patio or balcony. On-site laundry facility! Dishwasher! Minutes to the beach! No pets. 4231 Voltaire St. #1, #5. Call 619-222-4836x14, www.liveatthebeachnow.com.

**OCEAN BEACH.** \$1750. 3 bedroom, 3 bath, downstairs, 2-story townhome with fireplace, dishwasher, washer/ dryer in unit! Parking! No pets. 2231 Mendocino Blvd, Apt. A. Call 619-222-4836x14, www.liveatthebeachnow.com.

**OCEAN BEACH.** \$950. 1 bedroom, 1 bath, downstairs, tile floors, block to beach! No pets! 5022-1/2 Cape May Ave. Call 619-222-4836x14, www.liveatthebeachnow.com.

**OCEAN BEACH.** \$2395. 2 bedroom, 2 bath, 2-level townhome condo, just steps to sand! Beautiful ocean view! Garage! No pets. 5143 Cape May Ave. 619-222-4836x14, www.liveatthebeachnow.com.

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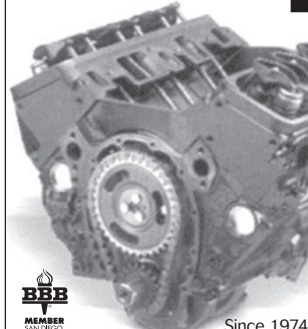
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**OCEAN BEACH.** \$725. Great studio with eat-in kitchen two blocks to beach and one block to Newport Avenue, laundry, no pets. 4960 Santa Monica Avenue. TPPM, 619-224-2110. [www.torreypinespm.com](http://www.torreypinespm.com).

**OCEAN BEACH.** From \$895. Super clean 1 bedrooms in well-maintained, small, gated complex. One block to Ocean Beach People's Food Co-Op. Parking, laundry. No pets. 4649 Voltaire Street. TPPM, 619-224-2304. [www.torreypinespm.com](http://www.torreypinespm.com).

**OCEAN BEACH/** Sunset Cliffs. \$1395. 2 bedroom, 1 bath. Stove, refrigerator, dishwasher, laundry room, parking. No pets. 4736 Point Loma Avenue #9. Agent, 619-232-6811.

**OCEANSIDE.** Large 2 bedrooms, \$1150/ month, west of Interstate 5, just 8 blocks to beach, in vibrant downtown village. Beautiful, remodeled units. 508 North Nevada Street. See photos at [www.wexfordliving.com](http://www.wexfordliving.com). Call 760-433-8810.

**OCEANSIDE.** Studios- \$805. 1 bedroom- \$925. Upgraded, spacious, quiet, pool, laundry, gated parking. Close to shops, transportation, and beaches. Indoor cat OK. 760-722-6421. [www.westwoodvillageapartments.com](http://www.westwoodvillageapartments.com)

**OCEANSIDE.** \$1075- \$1095. 1 bedroom apartments. New remodeled interior. Granite countertops, wood floors, yard. Pool, spa, laundry, gated parking. Cat OK. [www.casavistaapartments.com](http://www.casavistaapartments.com). 760-439-5728.

**PACIFIC BEACH.** \$1200. 1- bedroom, 1-bath luxury condo at The Plaza. Second floor. Carpet/ paint. Lushly landscaped. Laundry. Microwave. Dishwasher. Pools. 2 Parking. Tennis. Billiards. Health club. Sauna. 24- hour security. Available now. No pets. 1801 Diamond Street. 619-888-6604.

**PACIFIC BEACH.** \$1495. 2 bedroom, 2 bath apartment. Centrally located. Clean/ quiet. 950 square feet. New paint/ carpet. 2 parking. Laundry. Nonsmoker. 858-272-7616/ 619-379-3771.

**PACIFIC BEACH.** \$1495. Special 2 bedroom, 1 bath. Near beach! Dishwasher, coin laundry. Barbecue, courtyard. Water/ trash included. No pets. \$1000 deposit. 1063-1/2 Hornblend. 858-336-7997.

**PACIFIC BEACH.** 2 bedroom, 1 bath 1-1/2 blocks to beach. Bright, clean. On-site laundry. No pets. \$1525. 858-273-3233.

**PACIFIC BEACH.** Great values. Nice, clean, convenient apartments in multiple Pacific Beach locations. Studios from \$975. 1 bedrooms from \$915. 2 bedrooms from \$1335. Parking, laundry. Some buildings with gated entry, pool and/ or deck. No pets. 858-483-3796.

**PACIFIC BEACH.** \$1250, 1 bedroom. \$1450 and \$1575, 2 bedrooms, 1 and 2 baths. Intercom entry. Bright and clean. Dishwasher. Laundry. Lovely courtyard, heated pool, parking. Cat OK. 858-272-4398.

**PACIFIC BEACH.** \$2495. 3 bedroom, 2.5 bath townhouse. Off- street parking, fireplace, washer/ dryer, patio. No pets. 1030 Agate #2. 963 Loring #1 and #2. Year lease. 619-807-7277. 858-488-4919.

**PACIFIC BEACH. Live in Pacific Beach for Clairemont prices! 2 bedroom, 1 bath, downstairs. \$1150. 1 month free on approved credit with lease (must move in by 2/28/10 to qualify). Sorry, no pets allowed. Call Elaine, 760-402-8325.**

**PACIFIC BEACH.** \$1225. 1 bedroom. Completely remodeled. New paint, new carpet. One parking space. 3 blocks to beach. No pets. Available 2/15. 1156 Hornblend. 858-483-5111.

**PACIFIC BEACH.** \$2095. 3 bedroom, 2.5 bath condo. 2 underground parking. All new and modern. Stylish granite counters, stainless steel appliances, air conditioning, washer/ dryer. 3509 Del Rey Street #207. [www.cal-prop.com](http://www.cal-prop.com). 858-483-3534.

**PACIFIC BEACH.** \$820. Studio bedroom, 1 bathroom apartment. 1 underground parking, gated community, full kitchen, spacious studio. No pets. 1845 Hornblend Street #23. 858-483-3534. [www.cal-prop.com](http://www.cal-prop.com).

**PACIFIC BEACH.** \$950. 1 bedroom, 1 bath apartment. Ground floor. 1 parking space. Convenient to Mission Bay/ Pacific Beach shopping, beaches, nightlife. No pets. 2112 Balboa Avenue #2. 858-483-3534. [www.cal-prop.com](http://www.cal-prop.com).

**PACIFIC BEACH.** \$1795. Large townhouse. 2 bedroom, 2 bath apartment. 2 parking. Only 2 short blocks to beach. Private patio. 915 Diamond Street #D. 858-483-3534. [www.Cal-Prop.com](http://www.Cal-Prop.com).

**PACIFIC BEACH.** \$1495. 2 bedroom, 1 bath apartment. 3 short blocks to beach. Remodeled kitchen, walk-in closet. No pets. 1044 Sapphire Street #8. 858-483-3534. [www.cal-prop.com](http://www.cal-prop.com).

**PACIFIC BEACH.** \$925. 1 bedroom, 1 bath apartment. Charming, large upstairs unit. Quick access to freeway and short distance to the beach and bay. No pets. 2658 Figueroa. 858-483-3534. [www.cal-prop.com](http://www.cal-prop.com).

**PACIFIC BEACH.** \$1595. 2 bedroom, 1 bath apartment. Upgraded interior, new cabinets, newer flooring. No pets. 1065 Missouri Street. 858-483-3534. [www.cal-prop.com](http://www.cal-prop.com).

**PACIFIC BEACH.** Studios, \$895. 1 bedrooms, \$1095. 2 bedrooms, \$1695.

Call for specials. Olympic- size pool, spas, basketball, tennis with pros, clubhouse, laundries, movie night, cats welcome, Saturday continental breakfast, business center. Bay Pointe Apartments, 3866 Ingraham, Pacific Beach. Toll- free: 1-888-451-8713. [baypointe@progressmanagement.net](mailto:baypointe@progressmanagement.net); [www.baypointeapartmenthomes.com](http://www.baypointeapartmenthomes.com).

**PACIFIC BEACH.** \$1350. Sunny 2 bedroom duplex, private garage, appliances. Beautiful hardwood floors. Close to bay and freeway access. 3959 Haines Street. Available now. 858-272-9547.

**PACIFIC BEACH.** \$1075-\$1125. 1 bedroom, large, remodeled. Stove, refrigerator, microwave, dishwasher, elevator, coin laundry. Pool. Cat OK with extra deposit. Available now. 1433 Oliver. Del Sol Property Management, Broker. [www.delsolpm.com](http://www.delsolpm.com). 858-270-2071.

**PACIFIC BEACH.** \$1165. 1 bedroom, end unit in triplex. Stove, refrigerator, coin laundry, garage with opener. Nice shared lawn area. Small pet OK with extra deposit. Available now. 1362 Reed. Del Sol Property Management, Broker. [www.delsolpm.com](http://www.delsolpm.com). 858-270-2071.

**PACIFIC BEACH.** \$1625. 2 bedroom, 2 bath. Stove, refrigerator, dishwasher, microwave, private balcony. Coin laundry, parking. Available 3/10/10. 1346 Pacific Beach Drive. Del Sol Property Management, [www.delsolpm.com](http://www.delsolpm.com). Broker, 858-270-2071.

**PACIFIC BEACH.** \$2400. 3 bedroom, 2 bath. Stove, refrigerator, dishwasher, washer/ dryer in unit, fireplace, private balcony with bay view, entry system, shared garage, storage unit, top floor. Cat OK with extra deposit. Available now. 3907 Gresham. Del Sol Property Management, Broker. [www.delsolpm.com](http://www.delsolpm.com). 858-270-2071.

**PACIFIC BEACH.** \$1595. 2 bedroom, 2 bath, large upstairs end unit. Stove, refrigerator, dishwasher, coin laundry, garage plus parking space, private balcony. 4 blocks to beach. Available 3/10/ 10. 1190 Grand. Del Sol Property Management, Broker. [www.delsolpm.com](http://www.delsolpm.com). 858-270-2071.

**PACIFIC BEACH.** Call about move-in special! 3 bedroom, 2 bath. Close to beach. Washer/ dryer. Fireplace. Patio. Sorry, no pets. 1420 Reed Avenue. Call Agent, 619-582-4119.

**PACIFIC BEACH.** 1 bedroom, 1 bath. Downstairs, on-site laundry, shared garage. \$1000. 2128 Thomas Avenue. 858-490-1600.

**PACIFIC BEACH.** 3 bedroom, 2.5 bath condo. Dishwasher, washer/ dryer hookups, microwave, 1 parking space. Rent: \$2150. 2027 Emerald Street. Call Mike, 858-490-1600.

**PACIFIC BEACH.** Studio apartment, 400 square feet. Parking close to the point. \$750. 4006 Ingraham Street. Call Mike, 858-490-1600.

**PACIFIC BEACH.** \$800. 1 bedroom, 1 bath. Cozy cottage. Laundry on site. 2224 Garnet. Call Mike, 858-490-1600.

**PACIFIC BEACH.** 2 bedroom, 1 bath cottage. \$1100 rent. Close to all. Laundry, parking, no pets. 4115 Ingraham Street. 858-270-4674.

**PACIFIC BEACH.** Studio, \$825. Large, quiet unit with private patio. Utilities included. Sundeck. Easy access to I-5. 2176 Thomas Avenue. 858-270-0929.

**PACIFIC BEACH.** 4418 Bond Street. 1/2 off 1st month. \$1195. 2 bedroom. Parking, laundry. No pets. 858-692-6601 or [www.bkbinc.com](http://www.bkbinc.com).

**PACIFIC BEACH.** \$1125. 1 bed, 1 bath, remodeled apartment. Hardwood floors. Patio. Parking. 4329 Morrell Street. Xilarent.com. 619-683-7638.

**PACIFIC BEACH.** \$2600. Clean, light, airy 3- bedroom, 3- bath townhouse. 2- car garage. Cathedral ceilings. Fireplace. Washer and dryer, patio, deck, no pets. 1539 Hornblend. Call Chris, 858-270-4492 x203.

**PACIFIC BEACH.** \$2500. 3- bedroom, 3- bath townhouse. 3- car garage. Fireplace, washer/ dryer, patio, deck. Clean, fresh paint. No pets. Available March. 1829 Grand Avenue. Call Chris, 858-270-4492 x203.

**PACIFIC BEACH.** \$775, \$775 deposit. Huge studio. Ocean view. Laundry. New carpet. No dogs. 2130 Grand Avenue. #5. Open House 2/27, 3pm-4pm. Available now. 619-224-7583.

**PACIFIC BEACH.** \$850, plus \$850. Huge 1 bedroom. Parking, laundry. Water/ gardener. No dogs. 2130 Grand #2. Open house 2/27, 3-4pm. Available now. 619-224-7583.

**PACIFIC BEACH.** 1 bedroom, 1 bath. Upstairs, cozy, eat- in kitchen, just blocks to Mission Bay. Cat OK. \$800. 4426 Olney Street. 619-296-6699. [www.centrecity.net](http://www.centrecity.net).

**PACIFIC BEACH.** \$1495. 2 bedroom, 2 bath condominium. Fireplace, balcony. Pools, spa, tennis, gym, security. Walk to shopping. No pets. Shore Management, 858-274-3500, [www.shoremgmt.com](http://www.shoremgmt.com).

**PACIFIC BEACH.** \$1795. 3 bedroom, 1 bath apartment. 4 blocks to beach! New carpet. Gas appliances. Ceramic tile. 1213 Felspar Street. Shore Management, 858-274-3500. [www.shoremgmt.com](http://www.shoremgmt.com).

**PACIFIC BEACH.** 3 bedroom, 2 bath, \$2095. Stove, refrigerator, dishwasher, washer/ dryer, parking. No pets. 1119 Oliver Avenue #3. Agent, 619-232-6811.

**PACIFIC BEACH.** \$1495. Spacious 2 bedroom, 1 bath. Prime location! Decorator

colors, remodeled gourmet kitchen, marble bath, parking. Near beaches/ restaurants/ shops. Pet considered. 858-270-7999.

**PACIFIC BEACH.** \$1495. Large 2 bedroom, 2 bath condo. 2 parking. No pets. Gated. Storage. New carpet/ paint. Dishwasher. Pool/ Jacuzzi. 4730 Noyes Street. 619-275-3455.

**PACIFIC BEACH.** 1/2 off 1st! Large 2 bedroom, 1 bath, \$1295. Near ocean and shopping. Spacious kitchen, ceiling fans, plenty of space! Pets negotiable. 4406 Dawes Street. 619-804-3325.

**PACIFIC BEACH.** 1/2 off 1st! Gated 1 bedroom, 1 bath, \$975. Appliances, on-site laundry, footsteps from ocean and Crystal Pier, near all! 4751 Mission Boulevard. 619-804-3325.

**PACIFIC BEACH.** 1/2 off 1st! Extra large 3 bedroom, 2 bath, \$1895. Completely remodeled, washer/ dryer hookups, private yard. Near bay! 2054 Thomas Avenue. 619-804-3325.

**PACIFIC BEACH.** February move- in special! Newly remodeled 700- square-foot 1 bedroom, 1 bath, \$995. Quiet. Ceiling fans, microwave, dishwasher, laundry, reserved parking. Building well maintained. No pets. Available now. 619-279-0031.

**PACIFIC BEACH.** Well- maintained 1 bedroom from \$875, and newly remodeled 2 bedroom, 1 bath, \$1195. Clean, quiet, parking, laundry, ceiling fans, pool. No pets. Available now. 619-279-0031.

**PACIFIC BEACH.** \$1275. Great 2 bedroom top/ third- floor corner unit with neighborhood views in well- maintained property. Designer paint colors, pool, barbecue. Great value and location, steps to Vons Shopping Center. 1930 Emerald Street. TPPM, 619-206-8578, [www.torreypinespm.com](http://www.torreypinespm.com).

**PACIFIC BEACH.** \$1325. 2 bedroom, 1 bath. Excellent location near ski beach. Recently remodeled. Corner unit with excellent light. **Open house Saturday, 11:30-12:30.** 1536 Pacific Beach Drive #4. TPPM, 858-699-3851.

**PACIFIC BEACH.** \$1100. 1 bedroom. Gated, controlled access. Lots of natural light. Walk to beach, restaurant, and shops. 1322 Garnet Street. TPPM, 858-699-3851. [www.torreypinespm.com](http://www.torreypinespm.com).

**PACIFIC BEACH.** 2 bedroom, 1 bathroom large apartment. \$1140 rent. Freshly painted. No pets. All appliances, coin laundry. 2109 Reed Avenue. 858-270-3615.

**PACIFIC BEACH.** \$1550. Senior building (ages 62+). Spacious 2 bedroom, 2 bath in controlled access building. Balcony, immaculate, elevator, washer/dryer, fireplace, secured parking. Some with ocean views. 1625 Chalcedony Street.

TPPM, 619-806-5760. [www.torreypinespm.com](http://www.torreypinespm.com).

**PACIFIC BEACH.** Starting at \$845. 1 bedroom. Garden setting, easy access location. Pool, recreation room, no pets. Well- maintained property. **Move-in special! 1/2 off first month's rent!** 2710 Grand Avenue. TPPM, 858-273-8657. [www.torreypinespm.com](http://www.torreypinespm.com).

**PACIFIC BEACH.** \$1400. 2 bedroom. 1.5 bath in beautiful garden setting. Easy access location. New tile entry, carpet, and custom colors. Laundry, parking, no pets. 2155 Felspar Street. TPPM, 858-274-9250, [www.torreypinespm.com](http://www.torreypinespm.com).

**PACIFIC BEACH.** \$1600. Fabulous 2 bedroom, 2 bath in great location near Vons shopping center. Great amenities, parking, fireplace, balcony, no pets. 1672 Emerald. TPPM, 858-581-6415, [www.torreypinespm.com](http://www.torreypinespm.com).

**PACIFIC BEACH/ CROWN POINT.** \$1285. 2 bedroom, 1 bath, large. Stove, refrigerator, dishwasher, microwave, coin laundry, shared courtyard, garage space. Cat OK with extra deposit. Available now. 3711 Ingraham. Del Sol Property Management, Broker, [www.delsolpm.com](http://www.delsolpm.com). 858-270-2071.

**PACIFIC BEACH/ CROWN POINT.** \$1495. 2 bedroom, 2 bath. Stove, refrigerator, large; upstairs; lots of closet space; balcony; garage space. Available now. 1768 Thomas. Del Sol Property Management, Broker, [www.delsolpm.com](http://www.delsolpm.com). 858-270-2071.

**PACIFIC BEACH/ CROWN POINT.** \$1195. Junior 1 bedroom. All utilities paid. Shared yard. Garage Pet OK with extra deposit. New carpet. Available now. 1936 Reed. Del Sol Property Management, Broker. [www.delsolpm.com](http://www.delsolpm.com). 858-270-2071.

**PACIFIC BEACH/ CROWN POINT.** \$1450. 2 bedroom, 1 bath upstairs unit. Great location. Laundry. Parking. Available 4/6/ 10. 1536 Moorland Drive #8. [www.amgsd.com](http://www.amgsd.com), 619-295-1165.

**PACIFIC BEACH/ CROWN POINT.** \$1125. 1 bedroom in very nice property with pool. Fantastic location. One block to Sail Bay. 3773 Haines Street. TPPM, 858-483-9303. [www.torreypinespm.com](http://www.torreypinespm.com).

**PACIFIC BEACH/ CROWN POINT.** \$1495. Spacious 2 bedroom, 2 bath. Pool, parking. Close to Crown Point Shores. 3850-3860 Haines Street. TPPM, 858-272-9635, [www.torreypinespm.com](http://www.torreypinespm.com).

**PACIFIC BEACH/ CROWN POINT.** \$1495. 2 bedroom, 2 bath. Great 2nd floor unit. Small and quiet community 2 blocks from the bay. On-site laundry, 2 parking spaces.

3803 Jewell Street. TPPM, 619-933-7400, [www.villalaplaza.com](http://www.villalaplaza.com).

**PACIFIC BEACH/ MISSION BAY.** \$2100. Must- see 2 bedroom in gorgeous Sail Bay front apartment. Remodeled unit with private patio looking out to Sail Bay sunsets. Coin laundry, 1 parking space. 3918 Gresham Street. TPPM, 858-699-3851. [www.torreypinespm.com](http://www.torreypinespm.com).

**PACIFIC BEACH/ NORTH.** \$1065. 1 bedroom, large downstairs, completely remodeled, stove, refrigerator, dishwasher, microwave, new carpet, shared courtyard, coin laundry, parking. Cat OK with extra deposit. Available now. 1546 Diamond. Del Sol Property Management, [www.delsolpm.com](http://www.delsolpm.com). Broker, 858-270-2071.

**PACIFIC BEACH/ NORTH.** \$825. Studio with all utilities paid. Full kitchen with stove and refrigerator, coin laundry, 3 blocks to ocean. Cat OK with extra deposit. Available now. 5049 Cass Street. Del Sol Property Management, Broker. [www.delsolpm.com](http://www.delsolpm.com). 858-270-2071.

**PACIFIC BEACH/ NORTH.** \$1395. 2 bedroom, 1 bath, large unit. Stove, refrigerator, coin laundry, parking, 3 blocks to ocean. Available 3/1/10. 1051 Diamond. Del Sol Property Management, Broker, [www.delsolpm.com](http://www.delsolpm.com). 858-270-2071.

**PACIFIC BEACH/ NORTH.** \$1185. 1 bedroom, large, remodeled, downstairs. Stove, refrigerator, dishwasher, microwave, coin laundry, pool. 2 blocks to ocean. Cat OK with extra deposit. Available now. 812 Tourmaline. Del Sol Property Management, [www.delsolpm.com](http://www.delsolpm.com). 858-270-2071.

**PACIFIC BEACH/ NORTH.** \$1595. 2 bedroom, 2 bath, remodeled in 4- unit property. Refrigerator, dishwasher, coin laundry, pool. 2-1/2 blocks to ocean. Available now. 824 Tourmaline. 858-270-2071. Del Sol Property Management, Broker. [www.delsolpm.com](http://www.delsolpm.com).

**PACIFIC BEACH/ NORTH.** \$1195. 1 bedroom, large, upstairs, remodeled. Stove, refrigerator, dishwasher, microwave, private balcony. Coin laundry, parking. Cat OK with extra deposit. Available now. 950 Chalcedony. Del Sol Property Management, [www.delsolpm.com](http://www.delsolpm.com). Broker, 858-270-2071.

**PACIFIC BEACH/ NORTH.** \$1150. 1 bedroom, duplex in quiet 4- plex. Private, fenced patio area. Stove, refrigerator, washer/ dryer, wood floors. Cat OK with extra deposit. Parking. Available now. 1782 Diamond. Del Sol Property Management. [www.delsolpm.com](http://www.delsolpm.com). Broker, 858-270-2071.

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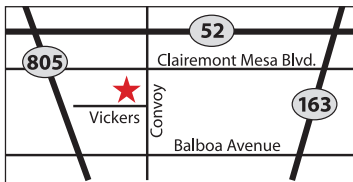
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**PACIFIC BEACH/ NORTH.** \$1750. 3 bedroom, 2 bath. Stove, refrigerator, dishwasher, small garage plus parking space, 3 blocks to beach. 1-year lease. Available 3/13/10. Quiet 3-plex behind 1070. Coin laundry. 1072 Diamond. Del Sol Property Management, Broker, www.delsolpm.com. 858-270-2071.

**PACIFIC BEACH/ NORTH.** \$1025. 1 bedroom, large, downstairs. Stove, refrigerator, coin laundry, 2-1/2 blocks to ocean. Cat OK with extra deposit. Available 3/18/10. 959 Chalcodony. Del Sol Property Management, Broker. www.delsol.com. 858-270-2071.

**PACIFIC BEACH/ NORTH.** \$750, \$1050 (first month). Block ocean. Sunny, upstairs 1 bedroom. Remodeled kitchen/ bath. Berber carpet. Big windows. No Dogs. Diamond Street. 760-201-3818.

**PACIFIC BEACH/ NORTH.** \$950, 1 bedroom in cottage-style triplex, walking distance to Tourmaline Surfing Beach. **Open Saturday 11:30-12:30.** 960 Opal Street. TPPM, 858-699-3851. www.torreypinespm.com.

**PACIFIC BEACH/ NORTH.** \$1500. A must-see 2 bedroom, 2 bath unit with tons of light! Parking included. On-site laundromat.

935 Turquoise St. TPPM, 858-699-3851, www.torreypinespm.com.

**PACIFIC BEACH/ NORTHWEST.** \$1650. 2 bedroom, 1 bath. Beach: 1/2 block. Beautiful, refurbished hardwood floors. Fresh paint. Driveway parking. Pet on approval. 818 Felspar. 858-483-9009.

**PACIFIC BEACH/ SAIL BAY.** \$2495. 3 bedroom, 2 bath condo. Italian tile, large deck, gated entry, 2 parking, heated pool. Fanuel Park, 1235 Parker. 619-286-3400.

**PACIFIC BEACH/ SAIL BAY.** \$1595. Large 2 bedroom townhouse, attractive interior, private patio. Small complex, parking (2 cars). Laundry, no pets. 2 blocks to bay. Available. 4073 Gresham. 858-274-7980.

**POINT LOMA** \$1250 year lease. Shorter term negotiable. 1 bedroom, 1 bath, resort-style condo complex. Fully furnished right down to silverware. Small dog. 3050 Rue D'orleans. 619-469-0031.

**POINT LOMA.** \$2250. 2+ bedroom, 2 bath condo. 2- car garage. Granite counters, stainless appliances, washer/ dryer in unit, balcony. 3461 Spring Tide Terrace. 858-483-3534. www.cal-prop.com.

**POINT LOMA.** \$1290: 1 bedroom. \$1485; 2 bedroom, 1-1/2 bath townhouse. \$1580; 2 bedroom, 2 bath. New carpeting, tile/

marble, balconies, pool, saunas. No pets. 619-226-8158.

**POINT LOMA.** No deposit, on approved credit.\* 1 bedroom, 1 bath starting at \$960\*. Close to ocean. Off-street parking. Spa area, on-site laundry. Cats/ dogs 20 pounds OK. Water and trash included. \*Limited time offer, on approved credit, see manager for details. 2449 Soto Street, Apartment #102, San Diego, 92107. 619-224-1973. Or visit us on our website at www.sdrenting.com.

**POINT LOMA.** 1 bedroom, 1 bath in garden setting. Upstairs, laundry facilities, storage, small pet with deposit. Close to all. \$930 rent plus deposit. 619-222-2849.

**POINT LOMA.** 2 bedroom, 1 bath in a park-like setting. \$1050. Hardwood floors. Laundry. Parking. Close to all. 1715 Evergreen Street. No pets. 619-990-3083.

**POINT LOMA.** \$850. 1 bedroom, 1 bath, downstairs attached cottage. Near Liberty Station and Shelter Island! No pets. 2817 Jarvis St. Call 619-222-4836x14, www.liveatthebeachnow.com.

**POINT LOMA.** \$1050 rent, \$800 deposit OAC. 2 bedroom with garage, parking, laundry, near bay, no pets, at 2839 Shelter Island Drive. Agent, 619-299-8515.

**POINT LOMA.** \$1095 rent, \$800 deposit OAC. Large 2 bedroom, 1-1/2 bath apartment, \$895, laundry, carport, no pets, at 4126 Udall Street #4. Agent, 619-299-8515.

**POINT LOMA.** \$880. Cable TV and utilities included. Large, approximately 420sqft. Quiet, clean. No dogs. One block to ocean. Adjacent to Robb Field. 619-223-3303.

**POINT LOMA.** 3 bedroom/ 2 bath: \$1599. 2 bedroom/ 1 bath: \$1299. 1 bedroom/ 1 bath: \$999. Move-in specials from \$300-\$600 off 1st month's rent! \$199 deposit\* (\*restrictions apply). Centrally located in sunny Point Loma! Pet friendly. Clubhouse. Fitness room. Jacuzzi. Business center. Tennis courts. Heated pool. Convenient parking. Close to beach and shopping. Stonewood Gardens, 3889 Midway. 619-223-4766.

**RANCHO BERNARDO.** \$1375. 2 bedroom, 2 bath condo. Immaculate downstairs unit with 2 parking spaces, washer/ dryer in unit, Pergo and slate flooring, fireplace, tennis courts, weight room and gym, 2 pools. No pets. 17161 Alva Road, #811. 858-483-3534. www.cal-prop.com.

**RANCHO BERNARDO.** \$1395. 2 bedroom, 1 bath condo. 2 parking, stainless appliances, granite counters, fireplace, mountain view. No pets. 15078 Avenida Venusto #197. 858-483-3534. www.cal-prop.com.

**RANCHO BERNARDO.** \$1375. 2 bedroom, 2 bath. Beautiful community with 2 pools, 2 fitness centers, 2 tennis courts. Condo has mountain view, fireplace, washer/ dryer included, and vaulted ceilings. 17161 Alva Road. 619-296-6699. www.centrecity.net.

**RANCHO SAN DIEGO.** \$1550. 2- bedroom, 2- bath condo, 1- car garage, 2 master bedrooms, washer/ dryer, 2 patios, fireplace, pool. Small pet OK. 3629 Avocado Village Court #133. 858-483-3534. www.cal-prop.com.

**SAN CARLOS.** Super special! 2 bedroom townhouses. \$1375/ month and up. Stove, dishwasher, garage, large patio, pools, laundry facilities. Lakewood Villa Townhomes, 8492 San Carlos Drive, San Diego. Available now. Call 619-469-3585; 619-944-0671.

**SAN CARLOS.** \$995. 1 bedroom, 1 bath condo. 1 parking. Quiet corner unit with view. Immaculate, newly renovated. New carpet, vinyl, dishwasher, stove, kitchen countertops, bathroom counter/ fixtures. No pets. 6930 Hyde Park Drive #212. 858-483-3534. www.cal-prop.com.

**SAN CARLOS.** \$975. 1/2 off first month's rent! 2 bedroom, 1 bath upstairs unit. Community pool, extra storage area. 2 parking spots. Tot lot on premises. Bell Bluff Avenue. 619-582-4119.

**SAN DIEGO/ MT. HOPE.** Off Market, near Costco. 2 bedroom duplex. Small pets OK. Available now. \$1000, \$500 deposit, \$20 credit check. 858-775-3965.

**SERRA MESA.** \$1295. 3 bedroom, 2 bath. Parking, laundry on site. Available now! 8604 Hurlbut Street. www.amgsd.com. 619-295-1165.

**SHELLTOWN.** Renovated, cozy studio. Water/ trash included. On-site laundry. \$500. 3735 Dalbergia Street. 619-231-0374. www.centrecity.net.

**SPRING VALLEY.** \$1025. 2925 Cherry Lane. 2 bedroom, 1 bath duplex with large, fenced yard, covered patio. Ready for move-in. Good references/ credit required. **\$300 off 1st month with year lease!** Agent, 619-585-9471.

**TALMADGE.** \$99 Move in Special! Spacious 2/1 and 2/2 baths. Gated, A/ C, dishwasher, balcony. Parking, pool. Starting at \$995 and up. 619-284-1045.

**TALMADGE.** \$825. Reduced move-in. 1 bedroom, 1 bath apartment, upstairs. Laundry on site, gated complex, street parking. Section 8 OK. Sorry, no pets. 4457 48th Street #6. www.sdrrent.com. 619-640-7530.

**TALMADGE.** \$725. 1 bedroom, 1 bath. Dishwashers, fireplaces, laundry on site, underground gated parking. No pets. Move-in special. 619-298-7724.



**GOLDEN MANAGEMENT**

**TALMADGE.** \$995. Large 2 bedroom, 2 bath upstairs corner unit. Dishwasher. Air conditioning. Washer/ dryer hookups. Parking. Small pet. 4435 Estrella Avenue #1. 619-698-6911. www.goldenmanagement.com.

**TIERRASANTA.** \$1000. 1 bedroom, 1 bath. Senior housing 62+. Freshly remodeled, large patio, first floor, walking distance to grocery store and shopping. 4906 La Cuenta Drive. 858-278-4910. www.centrecity.net.

**UNIVERSITY CITY.** \$1575. 3 bedroom, 1.5 bath. Garage, stove, refrigerator. Laundry area inside. No pets. Near park, UCSD. Pool. University Woods. 858-292-6046.

**UNIVERSITY HEIGHTS.** Apartments available, \$1150-\$1175. 2 bedroom, 2 bath. Washer/ dryer, air, fireplace, off-street parking. 8- unit complex. 4026 Alabama Street. 619-296-9557, 619-286-4320.

**UNIVERSITY HEIGHTS.** \$945. 2- bedroom, 1- bath downstairs corner unit. New carpet/ paint. 1- car garage available in complex for additional \$150/ month. No pets. 4671 Utah #1. 858-483-3534. www.cal-prop.com.

**UNIVERSITY HEIGHTS.** \$975. 2 bedrooms. Upper unit, spacious kitchen area, quiet complex, courtyard setting, parking, laundry. No pets. Agent, 619-296-3189 or 917-648-6708.

**UNIVERSITY HEIGHTS.** \$725. All utilities included! Charming studio. Private, fenced yard; walk-in closet; ceiling fan. Small pet negotiable. 4385 Alabama Street. 619-804-3325.

**UNIVERSITY HEIGHTS.** 1/2 off 1st! 1 bedroom, 1 bath, \$825. Gated, wood cabinets and built-in bookshelves, appliances, on-site laundry, off-street parking. Near all. 4452 Louisiana Street. 619-804-3325.

**UTC.** 2 bedroom, 1 bath condo, \$1795. Washer and dryer in condo, stainless appliances, new carpet and paint, balcony, community pool, spa and clubhouse. 8158 Avenida Navidad #22. People Helping Others Property Management, 619-282-5400, peoplehelpingothers.com.

**UTC.** 55+. Spacious luxury living. 1 bedroom, \$995. 2 bedrooms/ 1 bath, \$1115. \$250 deposit, OAC. \$100 off for same-day lease sign. Town Park Villas, 4633 Governor Drive. 858-453-0441.

**UTC.** 55+. Brand new! 2 bedroom, 2 bath, \$1650. \$250 deposit, OAC. \$100 off for same-day lease sign. La Jolla Del Rey, 4627 Pavlov Avenue. 858-677-1713.

**UTC/ UCSD.** \$1195. 1 bedroom, large balcony, parking, laundry in complex. Pool. Close to UCSD, shopping, churches, freeways. No pets. Call Coldwell Banker Property Management, 858-488-2228.

**VISTA.** \$1050/ month. **Move-In Special: \$500 off remodeled 2 bedroom, 2 bath in beautiful, gated, hillside**

**community.** New carpet, new paint, air conditioning, refrigerator, dishwasher. Large balcony, storage. Call 760-672-6405.

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## REAL ESTATE CONDOS

**RANCHO BERNARDO.** 3rd-level 2 bedroom, 2 bath. Fireplace, washer/ dryer, new appliances, 2 parking spaces, resort-style complex, pools. \$255,000. Carole Hanks, Lic#01206222. 858-485-9234, carolehanks@gmail.com.

**SANTEE MOBILE HOME.** Cheaper than rent. 3 bedroom, 2 bath. Central heat/ air. Pool. 2 pets. Senior. Space \$500. \$29,900, \$3000 down, \$350/ month. OAC. 619-442-4514.

## REAL ESTATE MISCELLANEOUS

**ARIZONA,** 1/3 acre, underground utilities, great mountain views, paved streets, 2-car garage. Doctor, dentist, pharmacy. No HOA. Near Prescott Valley. \$45,000/ best offer. 1-888-790-9363.

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**HOTEL OWNER** wants to buy property anywhere. Small houses, big houses, condos, apartments, commercial, vacant land and notes. Call 619-204-0610.

**VISTA.** Mobile home and land, by owner. \$100,000/ negotiable. 2 bedroom, 1.5 bath, 55+ community. Small animal permitted. RV parking. \$170 HOA, includes water, trash, cable. 760-295-3514.

## TICKETS

**ZOO, WILD ANIMAL PARK.** 4 tickets—San Diego Zoo. 4 tickets—Wild Animal Park. \$20/ each. Expires 6/31/2010. 619-847-3338.

## SPORTS

**BOATS.** Suzuki 115HP, with controls, excellent condition. Johnson 40HP outboard, electric/ manual start, fresh water used, low hours, high compression, excellent condition. 619-408-9733.

**DINGHY.** 9' aluminum boat with beach wheels, easy to move, can take an outboard up to 8HP. \$225. 619-408-9733.

**GOLF CLUBS,** beautiful, like new, full set, left handed, new bag, cart, extra clubs. Instructional golf books, many extras, \$160. 619-683-3811.

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### Pacific Beach 92109

Free brake inspection with any service!

### Oil Change Special '14'95

Most 4-cyl. cars. Includes new oil filter, EPA, up to 5 qts. oil.

6-cyl. & 8-cyl. extra, some oil filters extra.

### Smog Check '19'75

+\$8.25 certificate +\$2 ET. Most cars. Bring DMV notice. Extra \$6 for vans, SUVs, trucks, V8, and European. (Model years 1976-1995 \$10 extra for Evap test.) RVs: call for details.

### A/C Service '20

Plus Freon. Call for details.

### Basic Tune-Up with oil change

4-cyl. '35 6-cyl. '39'85 8-cyl. '49'95

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6-cyl. and 8-cyl. extra. Platinum plugs extra.

Call for details.

**FREE Failed Smog and "Check Engine" Light Diagnostic** with onsite repair.

**Chris's** Auto Smog & Repair Center  
2920 Damon Ave. #C & D  
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Must present coupon at time of service. Not to be combined with any other offer. Expires 3/11/10.

## SMOG CHECK

Including Test Only & Repair

**\$19.95**

Plus \$8.25 for certificate and \$2.50 communication fee. Most cars. Trucks, vans & SUVs \$5 extra. '95 and older add \$10 for evap. test. No appt. necessary.

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Includes new oil filter and up to 4 qts. of oil. Hazardous waste fee \$2.

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Plus coolant.

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Call for price.

**Tune-up \$29.95** and up

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2 wheels.

Install new economy lining. Resurface drums or rotors extra. Premium lining extra.

**3D Technology Alignment & New Tires Available.** Most Major Brands. Call for **Reader Special.**

All offers valid on most cars, with coupon. Offers expire 4/4/10.

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LEAD STORY

— In January, U.S. Customs and Border Protection officers confiscated a live, jeweled beetle that a woman was wearing as an “accessory” on her sweater as she crossed into Brownsville, Texas, from Mexico. Blue jewels were glued onto the beetle’s back, which had been painted gold, and the mobile brooch was tethered by a gold chain attached to a safety pin. Even though the woman verbally “declared” the animal, the beetle was confiscated because she had not completed the bureau’s PPO Form 526, which is necessary to bring insects into the country. Reportedly, such jewelry is not that rare in Mexico.

The Entrepreneurial Spirit

— As of early January, at least 390 new Denver businesses had applied for sales-tax licenses as dispensaries for legal (medicinal) marijuana. By comparison, Starbucks coffee shops number 208 in the entire state of Colorado. Among the first cannabis-centered businesses to open, in December, was the Ganja Gourmet on South Broadway, featuring lasagna, pizza, jambalaya, paella, and flavored cheesecakes all “spiced” appropri-

ately for customers with doctors’ prescriptions. — Jeweler Colin Burn, of Broome, Australia, announced in October at the Asia Adult Expo in Macau that he will make the world’s most expensive “personal vibrator,” in ten limited editions, out of smooth platinum, each with 1500 white diamonds. He said he planned to shoot for a price of \$1 million (U.S.) and noted that he currently offers a similar sex toy with only 450 diamonds (but with a handle made of rare conkerberry wood) that he sells for \$38,000. — Professor Yevgeny Moskalev of Russia’s St. Petersburg Technological University announced in November that he had perfected a somewhat-useful powdered version of Russia’s favorite drink (vodka). However, after much experimentation, he had found that the only way to preserve the alcohol was by mixing the liquid vodka into a special wax and letting it harden. According to a November report in the English language version of *Pravda*, the resulting shaved chips could then be flavored to counteract the wax’s insipidness, and might be used for cooking or medicine. “Instant vodka” mix for straight drinking does not appear to be in professor Moskalev’s plans.

Leading Economic Indicators

— After the *New York Post* reported in December on the 175-square-foot Manhattan apartment recently purchased by Christopher Prokop and his wife (for \$150,000, with \$800 in monthly maintenance fees), residents of even smaller Manhattan digs told the *Post* they were unimpressed. For instance, Felice Cohen, 39, rents a 90-square-foot apartment (\$700) with a loft bed, but admits that she must sit sideways on the toilet. Free-lance event-planner Eddie Rabon rents a 55-square-foot place for \$800 a month (closer to midtown than Cohen’s). He can almost touch both side walls simultaneously and cannot easily turn around while showering. Commented the residents, respectively: “We love it,” “I love it,” and “It’s fantastic.” — He’s a man of distinction, but that is of little comfort in the tight economy. Actor Jonah Falcon, 39, is out of work and living once again with his parents in New York City, according to a January report on AOL News. A 1999 HBO documentary touted Falcon as possessor of the world’s longest penis (13 1/2 inches, aroused). He has appeared in mainstream film and TV roles but has

refused to do pornography. “If I did porn, nobody would take me seriously.” However, he added, “I wouldn’t be opposed to doing a nude scene [in a mainstream film] if I got the right part.”

Slut Birds

— A team of researchers led by a University of Connecticut professor, writing recently in the ornithology journal *The Auk*, declared the local salt-marsh sparrow to be America’s most promiscuous bird in that 95 percent of the females hook up with more than one male during a mating season. The likelihood that any two chicks in a nest had the same father was only 23 percent, and in one-third of the nests, all chicks had different fathers. The researchers hypothesized that the frequent flooding of Connecticut’s marshes destroys so many nests that non-choosy females have gained evolutionary advantage. (A wren in Australia and a parrot in Madagascar are said to be comparably promiscuous.)

Send your Weird News to Chuck Shepherd, San Diego Reader, P.O. Box 85803, San Diego, CA 92186 or to WeirdNewsTips@Yahoo.com

**MEN’S SOFTBALL TEAM** wants shortstop and center fielder. Tom, 619-295-0385.

**OUTBOARD.** Johnson 40- horsepower outboard, electric/ manual start, fresh water used, low hours, high compression, excellent condition, very light. \$745/ best offer. 619-408-9733.

**SECOND BASEMAN** and a fast outfielder wanted for men’s softball team. 619-295-0385.

**SNOWBOARDS AND CLOTHING,** surfboards, wetsuits, wakeboards wanted. We pay cash for good quality used surf, wake, scuba, water sports gear. We also buy golf, skate, softball equipment; exercise and weight machines; rollerblades; roller skates; and more. Get cash or trade for other sports and fitness equipment. Play It Again Sports. Find locations: playitagainsd.com. 858-490-0222.

**SOFTBALL PLAYERS NEEDED** for men’s team. Shortstop and left fielder. Call Tom, 858-270-0123.

**SOFTBALL TEAM** needs a first baseman and a center fielder. Call Jeff, 858-568-0682.

**SOFTBALL TEAM** needed for Monday night men’s softball league. 619-517-5791.

**SUNDAY MEN’S SOFTBALL** team needs a third baseman, a second baseman and an outfielder. Lyle, 619-940-2230.

**TENNIS LEAGUE.** Join the fun at the #1 league in San Diego, started 17 years ago. Intermediate to advanced skill levels. Leagues starting now. 858-794-1800; www.tennisleague.com.

**WET SUIT** with hood, size large, looks small to me (maybe a youth large), very warm. Great for snorkeling or diving. Perfect condition. \$25. 619-708-5694.

BICYCLES

**TRI/ DU BIKE,** Nishiki NFS, aerobar, includes extra carbon fiber wheel set, \$550. 619-997-2539.

WANTED / TRADE

**CASH FOR WALT DISNEY** autographs, items, books, paper, Disneyland original animation, comic art, any comics before 1970, autograph collections. No records/ videos. 619-465-3090.

**FISHING TACKLE.** Collector wants for his personal collection wooden lures, reels, and miscellaneous by Heddon, Pflueger, Creek Chub, South Bend, Shakespeare, to name a few. 619-972-3488.

**MOTORCYCLE WANTED** by enthusiast to restore. Older motorcycle, any make or model. Any condition. Can pick up. Fair cash price paid. 760-315-1774.

**PIANO WANTED** to buy by private party. 619-501-1883.

**STEREO GEAR/ LP RECORDS.** Cash paid! Vintage/ newer. Old amps, tuners, speakers, turntables. McIntosh, JBL, Marantz, etc. Prerecorded reel tapes, jazz/ rock records. John, 619-889-5237.

**TOYOTA PICKUP.** 1984-1999. From the original to second owner. Low to average miles. 619-306-1910.

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**ANSTEAD’S AUCTION.** We buy antiques, collectibles, household furniture, appliances, TVs, home electronics, pianos. Prompt service. Local buyers. Licensed/ bonded. Serving San Diego since 1971. 619-233-3148; 1-888-722-2002.

**SEWING MACHINE,** antique Singer, \$250. Beautiful antique electric with cabinet and upholstered stool, spindles, plates, bobbins, various feet and lamp. Well maintained. Cash only. 858-395-6192.

**TABLE,** mahogany, 8- sided pedestal occasional table, 33” tall, 25” across, double tiered, all carved, really special price. \$100 firm. 619-282-9581.

**VINTAGE FURNITURE.** Great condition. 2 1960s solid-maple end tables, matching coffee table, \$115. Vintage 1970s solid-oak queen headboard, footboard, rails, matching nightstands, dresser/mirror, \$175. 619-589-7749.

APPLIANCES

**AIR CONDITIONER.** 12,000 BTU. Kenmore. Less than 1 year old. Runs/ works perfectly. Warranty: repair/ replacement from Sears if broken. Cost \$500, asking \$300. 619-534-9678.

**APPLIANCES FOR LESS:** megalandd.com. New and used appliances and flat- screen HDTVs, a fraction of retail prices! 2256 Main Street #7, Chula Vista. 619-575-4227.

**APPLIANCES, ALL SIZES.** Refrigerator, stove, washer/ dryer. \$119 and up. Removal, delivery, repair available. Year warranty. 24 hours. Leon, English: 619-702-3270. Spanish: 619-269-7559.

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**GET DISH.** Free installation, \$19.99/ month. HBO & Showtime free, over 50 HD channels free. Lowest prices. No equipment to buy! Call now for full details. 877-242-0974. (AAN CAN)

**PHONE,** with answering machine, cordless, Panasonic, black, extended range, 5 GHz, talking caller ID. Extra phone and base. \$30. Good condition. Spring Valley. 619-466-8663.

FURNITURE

**BED \$139, A ABSOLUTE BARGAIN!** Mattress Orthopedic Deluxe. New in plastic with warranty. Queen, \$139. All other sizes available. Credit cards accepted. Free delivery. Call 800-464-6420 or 800-464-6490. www.mattresscodirect.com.

**BEDS.** Adjustable, Craftmatic-like, remote control, 2 twins and 1 full size, \$100, \$200, \$300. Best offer or trade. 619-670-8356.

**BOOKCASES.** Oak, walnut, mahogany, cherry, or teak. Choice of 2x2, 2x6, 3x3, 3x4, 3x6, 4x6, 4x7. Remodeling office, \$25-\$150. 619-670-8356.

**CONCRETE PATIO TABLE.** Seats 6, high grade. Your choice of tile installed, all weather. \$300. Credit cards accepted. 760-250-7055.

**DINETTE SET,** 4 green upholstered chairs, sturdy, with thick, round glass table top on sturdy base, wonderful condition, \$100. Must see to appreciate. Rosa, 858-312-6898.

**FUTON/ DAY BED,** solid wood, high-end quality, purchased 2009 for \$650, first \$150/ best offer/ trade. 619-670-8356.

**MATTRESS, A PLUSH PILLOWTOP.** Mattress Orthopedic. New in plastic with warranty. Queen, \$299. King, \$399. Free delivery. Credit cards accepted. Call 800-464-6420 or 800-464-6490. www.mattresscodirect.com.

**NIGHTSTANDS** or as nice end tables, white with slight gold trim. 2 drawers each, heavy, good condition. \$25 each. Spring Valley, 619-466-8663.

**ROCKING CHAIR,** beige swivel rocking chair, \$40. Beautiful 7’ sofa, both sides recline, comfortable. No rips, tears, stains. Sell individually or both \$120. Cash only. 858-395-6192.

**SOFA,** 7’, both sides recline if desired, \$100. Also beige swivel rocker, \$40. Comfortable. No rips, tears, stains. Sell individually or both \$120. Cash. 858-395-6192.

GARAGE SALES

**DEL CERRO.** Liquid propane water heater, portable dishwasher, coffee and end tables, bicycle, lots of clothes, miscellaneous. Saturday, 2/27. 7am-1pm. 6505 Amberly Street.

**Auctions**  
**Wednesdays!**

Electronics, appliances, home furnishings, antiques, collectibles, jewelry and more! Every Wednesday at 4:30 pm. At 130 East 8th Street, National City. Consignments available. 619-474-8296.

**Winter Snow Gear**  
**Closeout Sale!**

Rain delayed from February 20. 9am, Saturday, February 27 or March 6 if delayed again. Current snowboard product. Boards, boots/bindings, apparel, more. Men’s, women’s, juniors’. North Pacific Beach. 1119 Turquoise Street, 92109.



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**Unlimited Mileage Warranty!** Call for details.  
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No Credit Check  
Call for details



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<p><b>30K/60K/90K Factory Service</b></p> <p>Starting at \$109* 4-cyl.</p> <ul style="list-style-type: none"><li>• Replace engine oil &amp; filter • Check timing</li><li>• Inspect air filter • Rotate tires • Replenish all fluids</li><li>• Inspect brake system &amp; adjust brakes • Other services as needed</li></ul>	<p><b>Clutch Special</b></p> <p>Starting at \$180* Plus parts. Rear wheel.</p> <p><b>“Check engine” light on?</b></p> <p><b>FREE Computer Scan</b></p>	<p><b>Japanese Engine Replacement</b></p> <p>Starting at \$1200* Installed. 6-cyl., 8-cyl. extra. Call for details.</p> <p><b>Fuel System Flush</b></p> <p><b>\$75<sup>95</sup> 2 Stage</b></p>

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# SHEEP AND GOATS

## PLACES OF WORSHIP REVIEWED

**Denomination:** Roman Catholic  
**Address:** 621 Sicard Street, Logan Heights,  
619-239-8253  
**Founded locally:** 1921  
**Senior pastor:** Carl Gismondi  
**Congregation size:** 500  
**Staff size:** 3  
**Sunday school enrollment:** 50  
**Annual budget:** n/a  
**Weekly giving:** n/a  
**Singles program:** no  
**Dress:** casual to formal  
**Diveristy:** diverse  
**Sunday worship:** 7:30 a.m. (Low Mass), 10 a.m. (High Mass), 12 p.m. (Low Mass), 6 p.m. (Low Mass)  
**Length of reviewed service:** 1 hour, 20 minutes  
**Website:** [stannes-sandiego.org](http://stannes-sandiego.org)

A statue of the Infant Christ wearing a king’s

crown stands to the left of the altar at St. Anne’s. Today, the statue also wears a purple robe trimmed with pearls over his usual finery because purple is a penitential color, and today is Ash Wednesday, the first day of the penitential season of Lent. When Father Dennis Gordon ascends to the altar, he is draped in a heavy purple cope. Latin words surround the gold cross on his mantel: *Lux, Pax, Vita, Via*—light, peace, life, way. Almost the entire Mass will be in Latin; translation books are available at the church entrance.

This is a High Mass. The priest chants substantial portions of the liturgy as he faces the altar, his back to the people. Other parts are chanted or sung by the choir—sometimes a single soprano voice

floating overhead from the elevated loft, sometimes a back-and-forth between male and female voices as they implore God’s mercy, sometimes all together. Because it is Lent, there is little organ accompaniment, but the sameness of the form highlights the differences in tone—now somber, now magisterial, now almost convivial.

The congregation, meanwhile, is largely silent, except for the crinkled turnings of onionskin Missal pages as the people follow the Mass; and the communal rumble of movement as they stand, sit, and kneel. Now and then, the priest turns and faces them, saying, “*Dominum vobiscum*” (the Lord be with you), and they respond with “*Et cum spiritu tuo*” (“And with your

### St. Anne’s Roman Catholic Church Logan Heights

[Full disclosure. I have friends who work at St. Anne’s, and so I am refraining from giving any ratings in order to avoid any conflict of interest.]



spirit”). They sing little, except for the “*sed libera nos a malo*” (“but deliver us from evil”) line during the Our Father. Their longest speech comes after the priest turns and presents the host prior to communion. “*Domine non sum dignus ut intres sub tectum meum, sed tanta dic verbo, et sanibitur anima mea.*” (Lord, I am not worthy that You should enter

under my roof, but say the word, and my soul shall be healed.”) Then they say it again. And again.

The liturgy begins with the blessing of the ashes. The priest chants over them, sprinkles holy water over them, waves a thurible of incense over them. Throughout, he is assisted by a team of servers in cassocks and albs, all of

whom move with crisp precision, genuflecting in unison whenever they pass in front of the tabernacle. A second priest sprinkles Gordon’s head with the blessed ashes, and the two of them descend to the altar rail and the kneeling congregants who wait there. The priests mark the people’s foreheads with a cross of ashes, saying, “*Memento,*

## Welcome from Pastor Al

Here at Hill Country Community Church, the doors are wide open to people just like you! When you visit our service, you will find great worship music, relevant teaching from the Bible, a casual atmosphere (don’t worry about what you wear), and a safe and loving environment for your children. Whether you are just beginning your spiritual journey or you’ve been on this path a long time, we invite you to come discover everything that a relationship with Jesus Christ means for your life.

**March 7: Bluegrass Sunday**  
**April 4: Free breakfast & gourmet coffee starting at 9 am followed by Easter service**

**HILL COUNTRY COMMUNITY CHURCH**  
8950 Lakeview Road, Lakeside  
(619) 561-1965 • [www.hillcountrychurch.org](http://www.hillcountrychurch.org)

## Powerful Music! Powerful Message! Join Us!!

February 28th at 10:00 am  
**The Higher Vision Choir**

**VISION**  
*A Center for Spiritual Living*  
11260 Clairemont Mesa Blvd.  
[www.visioncsl.com](http://www.visioncsl.com)

## Spiritual But Not Religious

**Awesome music. Conscious people. Enlightened message.**  
Sunday Service 10:30 am

**THE CELEBRATION CENTER FOR SPIRITUAL LIVING**  
5820 Oberlin Drive #108  
San Diego, CA 92121  
858-320-0090  
[www.TheCelebrationCenter.org](http://www.TheCelebrationCenter.org)

## Havadala & Living Torah

**Sat., Feb. 27, 6-7 pm**  
Listen to the Havdalah Service and watch an outstanding series of videos of the Lubavitcher Rebbe - Living Torah

**CHABAD OF DOWNTOWN S.D.**  
472 Third Avenue  
San Diego, CA 92101  
(619) 702-8518

## Carrying Around Guilt and Regrets?

Still yearning for peace in life? Join us for our series: *The 7 Deadly Sins* to find true and lasting freedom from guilt and regret. God has real healing for you!  
**Sundays at 10:00 am**

**COMMUNITY LUTHERAN CHURCH**  
*Bible-Centered & Family-Focused*  
4507 Mission Avenue  
Oceanside, CA 92057  
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[www.cloceanside.com](http://www.cloceanside.com)

## RELIGION IS A RELATIONSHIP WITH GOD, SELF AND OTHERS

At Plymouth Church, we focus on spirituality—not doctrine.  
Sunday Service: 9:45 am  
Pastor Wayne Riggs

**Plymouth Congregational Church**  
2717 University Ave.  
San Diego, CA 92104  
619-297-3289

## A Place To Call Home

Sunday services 8:30 and 10:30 am.  
KidZone for kids both services.  
Engage for Youth 9 am.  
Free refreshments and Starbucks Coffee.

**CHRIST COMMUNITY CHURCH**  
Meets at Miramar College in Mira Mesa  
(858) 549-2479  
[www.gotoChrist.com](http://www.gotoChrist.com)  
Celebrating 22 years serving the San Diego community

## Scripture alone, Faith alone, Christ alone, Grace alone, God’s glory alone.

**COMMUNITY CHURCH OF SAN DIEGO**  
7811 Mission Gorge Rd.  
San Diego, CA 92120  
(619) 583-8200  
[www.cc-sandiego.com](http://www.cc-sandiego.com)

## Daily Confession

Monday-Friday  
7:15-7:45 am & 5:15-5:45 pm  
Saturday  
4-5 pm

**ST. MARY CATHOLIC CHURCH**  
1160 S. Broadway  
Escondido, CA 92025  
(760) 745-1611  
[www.stmaryescondido.com/](http://www.stmaryescondido.com/)

## “Making God’s love and forgiveness in Jesus Christ more real to one another.”

Sunday Worship Services:  
8:30 am & 11:15 am Traditional  
10:00 am Contemporary Music Service

**TIERRASANTA LUTHERAN CHURCH**  
11240 Clairemont Mesa Blvd.  
San Diego, CA 92124  
(858) 560-8688  
[www.luther95.com/TLC-SDCA/](http://www.luther95.com/TLC-SDCA/)

## God’s Nine Hidden Mysteries Now Made Known

The Apostle Paul said, “...for God gave me to present to you the word of God in its fullness – the mystery that has been kept hidden for ages and generations but is now disclosed.” (Col. 1:25, 26)

**GRACE BAPTIST CHURCH**  
3844 Georgia St.  
(one block east of Park Blvd.)  
Sunday 10:30 am  
Pastor Mike Delamarian, Jr.  
619-296-2237 or 858-487-4442

## St. Jude’s Novena

May the Sacred Heart of Jesus be adored, glorified, loved and preserved throughout the world, now and forever. Sacred Heart of Jesus, pray for us.  
St. Jude, worker of miracles, pray for us.  
St. Jude, helper of the hopeless, pray for us.  
(State intention.)

*Say the above novena sincerely nine times a day for eight consecutive days, and promise to publish it or otherwise distribute it to others. It has never been known to fail.*

**Everyone is important in God’s eyes. United by God’s Word, we worship the Lord Jesus Christ, nurture, encourage, teach and share One Word, One Body, One Saving Love.**

Worship services Sunday  
8:30 & 11 am  
Midweek Services Wednesdays  
10 am & 7 pm during Lent

**OUR REDEEMER LUTHERAN CHURCH**  
1370 Euclid Avenue  
San Diego, CA 92105  
619-262-0757  
[www.ourredeemerlutheranchurch.org](http://www.ourredeemerlutheranchurch.org)

## Christ Preached from All the Scriptures

Receive Christ in Word and Sacrament every Sunday. Reverent worship. Biblical, expository preaching of Law and Gospel. Catechism for all ages, including adults, taught by Dr. Michael Horton, Prof. of Theology at Westminster Seminary.

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619-258-8500  
[www.christurc.org](http://www.christurc.org)

## Create a New Life!

Sunday services 10:30 am  
Deep Meditation 9:50 am (1/2 hour)

**TEACHING OF THE INNER CHRIST**

1114 N. 2nd Street  
El Cajon, CA 92021  
619-447-7007

## Padre Pio Devotions

First Monday of every month.  
7:00 pm Rosary, confession, Mass and benediction.

**OUR LADY OF THE ROSARY**

State and Date Streets  
Downtown San Diego  
(619) 475-2657



SHEEP AND GOATS CONTINUED

homo, quia pulvis es, et in pulverem reverteris.” (“Remember, man, you are dust, and to dust you shall return.”) The choir chants verses from the prophet Joel:

Immutemur habitu, in cinere et cilicio; jejunemus, et ploreumus ante Dominum: quia multum mis-ericors est dimittere peccata nostra Deus noster.

(Let us change our garments for ashes and sack-cloth: let us fast and lament before the Lord: for plenteous in mercy is our God to forgive our sins.) The readings are given in Latin, followed by English. “Jesus said to his disciples, “When you fast, do not look gloomy like the hypocrites, who disfigure their faces in order to appear to men as fasting.... But you, when you do fast, anoint your

head and wash your face...and your Father, who sees in secret, will reward you. Do not lay up for yourself treasures on earth, where rust and moth consume...but lay up for yourselves treasures in heaven.... For where your treasure is, there also will your heart be.” The homily is given in English, followed by Spanish. “Everyone of us right now is marked with the cross.... Our Lord Himself said, ‘If any man would come after Me, let him deny himself, take up his cross daily, and follow Me’.... Every one of us has a cross to bear, no one escapes it.... But our Lord shows us the path. He led the way. He says, ‘Look, you can do this. I’ve done it before you. And look at the glory it brought Me, through death to life’.... The whole point is that it’s through the cross that we gain eternal life.” Gordon quotes heavily from Scripture and from the saints. “Saint John of the Cross points out that ‘Faith is foreign



to all feeling.’ We have to be detached from the world....” The cross, he says, means suffering, but meaningful suffering: “A piece of marble doesn’t understand why the sculptor is striking at it, but the sculptor knows the image that he’s trying to bring out in that marble. Our crosses can shape us into the image of our Blessed Lord.”

After the homily comes the Liturgy of the Eucharist — long stretches of silence as the priest hunches over the elements on the altar, stretches broken by the clatter of bells following the words of consecration. Not just the bells shaken by the server kneeling at his post but also the big bell in the steeple, pealing out into the night as the host is raised aloft. What happens when we die? From the homily: “The whole point is that it is through the cross that we gain eternal life. It’s completely backwards from the way the world thinks because they want their pleasure now. And they’ll get it now, to a certain extent. But not in the next life.” — Matthew Lickona

Videos of this church and others featured in this column are available at sandiegoreader.com.

MISCELLANEOUS

**BED \$139! ORTHOPEDIC.** New mattress in plastic with warranty. Queen, \$139. Twin, full and king also available. Free delivery. Call 800-464-6420 or 800-464-6490. www.mattresscodirect.com.

**BOARD GAMES.** Pictionary, Chess, Scrabble, Othello, Cribbage, \$5 each. All are in great condition. 619-708-5694.

**BOOKS.** “The Complete Works of Shakespeare,” 34 plays, 1420 pages. Very good condition. 1920, \$20. “Evangeline: A Tale of Acadie” by Longfellow, 1893. \$20. 619-224-4820.

**BOOTS,** black, women’s, 9-1/2 wide, calf height, side zipper, front strap with silver buckle. High wedge black sole. New. \$12. Spring Valley. 619-466-8663.

**CANDLESTICK,** all brass, 15-1/2” high. Price: \$55. Phone, 619-296-7185.

**CHANDELIER,** excellent, left over from remodel, brass with glass panels, \$15. 619-490-5143.

**COTTON FLANNEL SHEETS** for full- sized bed. Like new! Light blue with penguins— very cute! \$10. 619-588-2467.

**DESK.** Small roll- top desk, solid oak, good condition, 3’ wide, 45” high, 22” deep. \$50 each/ best. 619-490-5143.

**DUMP TRUCK.** Morooka MST600 Rubber track crawler dump truck, diesel off road, great shape, \$14,995. 800-548-2558. www.carrollequipment.com.

**GET DISH.** Free installation, \$19.99/ month. HBO and Showtime free, over 50 HD channels free. Lowest prices. No equipment to buy! Call now for full details, 877-238-8413. (AAN CAN)

**LAWNMOWER ENGINES.** My private collection of 20 years. 27 assorted, 3-5 horsepower, B&S, some Honda. All good, some as new, many extras. \$850/ all. 760-732-1315.

**LENOX CHINA.** Princess pattern, perfect condition, 8- place settings plus cereal bowls, 4 soup bowls, oval bowl, 2 salt shakers, 2 pepper mills, \$1500. Oceanside. 760-967-1511.

**LIGHT FIXTURES,** bathroom, \$15. 3 household lighting fixture set, \$20. Stairwell light, \$20. Dining room light, \$35. Brass finish, clear glass, bulbs. Sell individually or all \$80. Cash. 858-395-6192.

**MIRROR,** Art Deco, old 1930s, 1/4” bevel, 32”Hx16-1/2”W. \$65. 619-296-7185.

**MIRROR,** oval shaped, gold baroque, high quality, beautiful, 45”x23-1/2”, \$48. 619-490-5143.

**MISCELLANEOUS SOLID OAK** furniture, Kenmore washer/ dryer, pool table, dune buggy, 2 full- size bedroom sets, less than year old, coffee end table, tools. 619-749-1703.

**MISCELLANEOUS.** Ice skates. Microwave oven, guitar, horror films. Movie poster collection, photos of film people, men’s magazines, ladies’ leather jacket, autographs, much more. 619-420-3312.

**OAK TEA CART,** oak chairs, excellent recliner, bathroom sink and countertop, wooden rocking chair, office chairs \$5, microwave, electric grill, boy’s bicycle, toaster oven. 858-270-0565.

**OIL PAINTING,** \$50. Beautiful oil painting, 55”Wx31”L. Landscape with mountains, lake, trees. Perfect for living room or over couch. Hues of blue/ gold. Frame included. Cash only. 858-395-6192.

**OVERBED HOSPITAL TABLE.** Invacare Deluxe, brand new and never used. Assembled. \$150. 858-278-7283.

**PAINTING.** Original oil paintings, mid-century by Letterman, wood and metal frame, 44”x44”, \$95. 2 oil paintings, framed, \$20 each. Framed lithograph, \$38. 619-296-9415.

**PLAYSTATION 3** sports games, perfect condition, MLB ’09. The Show, NHL 2k 10, Tiger Woods PGA Tour ’07. All three for \$60. 619-857-5742.

**SAUNA:** Health Mate 2- person cedar sauna with AM/FM CD player, HM-NSE-2-CD. Like new, only used 3 times! \$2500 or best offer. 619-715-7559.

**SEWING MACHINE,** Singer de Luxe, 2006, made in Great Britain, in cabinet stylists, modern stitches, book, extra parts, bobbins. \$250. 619-445-5898.

**SEWING MACHINE.** Singer, white, new model, lots of different stitches, button-hole attachment. Comes in a wood cabinet with 3 drawers. \$100. 619-708-5694.

**SPA/ HOT TUB DELUXE.** 2010 model. Neck jets, therapy seat. Never used! Warranty. Can deliver. Worth \$5950. Sell \$1950. 858-530-0980.

**TILE SAW:** QEP 60010, 10 inch, D-S tile saw, 2HP, only been used for one job, almost new, \$400. 619-715-7559.

**TOOLS.** Craftsman 10” radial arm saw, does routing, table and stand, \$200. Excellent condition. 619-463-1343.

**WHEELCHAIR,** Pronto electric, never used. All operating instructions. Cost \$4400 new, sacrifice \$2500. 619-561-2460.

**WHEELCHAIR.** Drive folding black-canvas wheelchair, 4 months old, good condition, assembled, medium to small adult size. \$150. 858-278-7283.

**WINE BOTTLES,** for home wine makers, green or gold, 13 cases, clean, no labels. \$100. El Cajon, 619-447-4117. www.carrollequipment.com. Dozers, back hoes, excavators, skid steers, used equipment sales and parts. 800-548-2558.

MOTORCYCLES

**BEGIN2RIDE/** Continue to Ride Motorcycle Training and Rentals! Excellent riding classes for beginners and beyond. \$98/ three-hour riding session includes bike/ helmet. Call: 877-234-4624. www.begin2ride.com.

**HONDA GOLDWING.** 1200 Interstate, 1986, black, 75K miles, needs new starter, engine in perfect running condition. Custom seat, new windshield, tires, battery, \$2200. 619-295-2551.

**SUZUKI V STROM DL 1000,** 2009. Loaded, \$3000 in extras. 5- year warranty. Priced to sell fast. 5 months old, title in hand. \$6800. 760-315-3938.

AUTOMOTIVE CARS

**BUICK CENTURY LIMITED.** 2000. \$1000 down drives you away. Buy here, pay here. Vin #634744. A Plus Truck and Car Rentals, Inc. 760-633-3552.

**CADILLAC EL DORADO.** 1993. Loaded, clean, 160,000 miles. Runs great. \$1799. Call Martin. 619-820-2986.

**FORD FOCUS.** 2003. \$500 down drives you away. Buy here, pay here. Vin #295466. A Plus Truck and Car Rentals, Inc. 760-633-3552.

**LINCOLN TOWNCAR.** 1998. \$1000 down drives you away. Buy here, pay here. Vin #612285. A Plus Truck and Car Rentals, Inc. 760-633-3552.

**MERCEDES SL500,** convertible, 1990, 80K original miles, excellent condition, close to new, new hardtop, charcoal- gray metallic, all records, second owner. Bargain, \$10,300/ best. 619-408-9733.

**NISSAN MAXIMA.** 2000. \$1000 down drives you away. Buy here, pay here. Vin #525704. A Plus Truck and Car Rentals, Inc. 760-633-3552.

**TOYOTA COROLLA S.** 2003. Low miles, super clean, fully loaded. \$9900. Vin #042056. A Plus Car Truck and Car Rentals, Inc. 760-633-3552.

**TOYOTA COROLLA.** 1990. \$500 down drives you away. Buy here, pay here. Vin #299742. A Plus Truck and Car Rentals, Inc. 760-633-3552.

**VOLVO 850.** 1995. \$500 down drives you away. Buy here, pay here. Vin #096837. A Plus Truck and Car Rentals, Inc. 760-633-3552.

**VOLVO 850.** 1996. \$1000 down drives you away. Buy here, pay here. Vin #240990. A Plus Truck and Car Rentals, Inc. 760-633-3552.

**VOLVO S80.** 1999. \$1000 down drives you away. Buy here, pay here. Vin #026596. A Plus Truck and Car Rentals, Inc. 760-633-3552.

**VOLVO V70.** 2000. \$1000 down drives you away. Buy here, pay here. Vin #676291. A Plus Truck and Car Rentals, Inc. 760-633-3552.

The Way of Zen | Alan Wilson Watts

“The Origins of Buddhism” Fundamental to the life and thought of India from the very earliest times is the great mythological theme of *atma-yajna* — the act of “self-sacrifice” whereby God gives birth to the world, and whereby men, following the divine pattern, reintegrate themselves with God. The act by which the world is created is the same act by which it is consummated — the giving up of one’s life — as if the whole process of the universe were a type of game in which it is necessary to pass on the ball as soon as it is received. Thus the basic myth of Hinduism is that the world is God playing hide-and-seek with himself.



Alan Wilson Watts (January 6, 1915– November 16, 1973) was considered first and foremost a philosopher whose work was profoundly influenced by Eastern religions, especially Hinduism and Zen Buddhism. He was born in England and moved to the United States in 1938. Considered one of his most accessible works, The Way of Zen was published in 1957.

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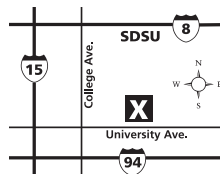
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Open 7 days • Walk-ins • Compassionate Confidential Care



420 Cannabis Cards

3780 Hancock #G, Sports Arena Area

**888-554-4404**

## NO 1/8 OVER \$45 EVER!

Free gram for all new patients with min. \$45 donation.

**6902 La Jolla Blvd. #B • 858-729-9927**

Corner La Jolla Blvd. & Nautilus St.

Look for the blue awning. Plenty of safe parking.

**Monday-Saturday 11 am-8 pm, Sunday 11 am-6 pm**

In accordance with Prop. 215, SB420, and CA H&S code, sections 11362.5, 11362.7



MEDICAL MARIJUANA

**FREE DELIVERY!**

Verification onsite or over the phone.

Variety of Meds to select from onsite after verification.



**Wellness Center Delivery**

**858-309-2309**

Mon.-Sun. 9 am-5 pm.

A non-profit organization in compliance with Prop 215, SB 420 and HS 11362.5

**25% off new patients**



**North County's Medical Marijuana Delivery Service**

9 am-9 pm Daily. Must be 21+

Call or fax your pre-verification information.

Phone: (888) 379-9681 • Fax: (760) 730-0269

**GRASS OF THE EARTH**

[www.grassoftheearth.moonfruit.com](http://www.grassoftheearth.moonfruit.com)


A non-profit organization. In compliance with Health and Safety Code 11362.5, Prop 215, SB 420

North County's only non-profit

**Medical Cannabis Cooperative**

Free limited membership

Free delivery • Handicap accessible



**SOCAL WELLNESS**

1990 S. Santa Fe Avenue

Vista, CA 92083 • 760-509-4800

In strict accordance with prop 215, SB 420 and H&S 11362.5

**Got green?**

**Free joint for each new patient.**

The California **Green Room** • 619-582-5420

5234 El Cajon Blvd. • [CaliforniaGreenRoom.org](http://CaliforniaGreenRoom.org)

In compliance with Prop 215, SB 420, and HS Code 11362.5



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**Renewals \$100**

CA Prop 215 protects you.

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ID cards provided.



**North County Medical Marijuana**

**760-815-6505**

[www.marijuanahealing.com](http://www.marijuanahealing.com)

**Encinitas** – by appointment only



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One per person.

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any other offer.  
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Expires 3/2/10.

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WELLNESS ASSOCIATIONQUALIFIED PATIENTS  
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www.SDOWA.org**(858) 750-2401**

12-8 pm Monday-Sunday

N	SDOWA	
W	Mission Blvd.	Garnet Ave.
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**IN BANKERS HILL****ATHC**  
Alternative Therapy  
Herbal Center**\$25<sup>00</sup>**  
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New Qualified Patients Only  
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San Diego, CA 92103

Operating in accordance with Prop. 215 - S.B. 420 - H&amp;S 11362.5

## Medical Marijuana Evaluations

• Appointments 7 days • Walk-ins welcome

• 24-hr. -7 days/week online verification service

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Discounts for SSI, Disability &amp; Unemployment.

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Dr. Sterner has **13 years' experience** working with medical marijuana patient needs.**Anti-Aging Arts****1516 W. Redwood St., #105** (near airport)**888-220-2931**

24-Hr recorded info 619-442-4215 • www.medicalmarijuana-sandiego.com

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Must have doctor's recommendation.

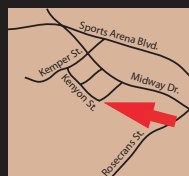
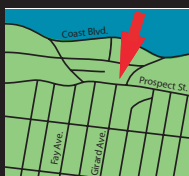
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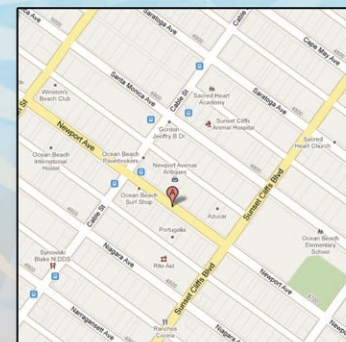
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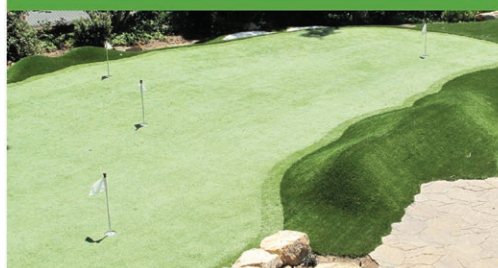
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