HOME OWNER ASSOCIATION

HORROR STORIES

My worst landlord was a dream compared with these people

Tijuana's nightlife begins to stir on Calle Sexta – See Yonder Lies It
Body after Baby

with VelaShape™

The only complete non-surgical alternative to liposuction.

- Reduces waist, love handles & thighs
- Tightens sagging skin
- Circumferential fat reduction*
- Improves appearance of cellulite

$99 (Reg. Price $200)

First Treatment
1 area. Not to be combined with any other VelaShape offer. Area size is up to 8.5 x 11 inches. Expires 3/6/10.

*Optimum results with series of treatments. Results may vary.

9040 Friars Rd., Suite 500
Call us to schedule your FREE consultation:
1-888-220-9476
beatitudemedspa.com
M-F 10 am-7 pm, Sat. by appointment. Conveniently located in Mission Valley, 2 blks. west of Costco.

Body
- Liposculpture
- Tummy Tuck
- Arm Lift
- Body Lift
- Thigh & Buttock Lift

Breasts
- Breast Augmentation
- 4 incision options
- Breast Lift
- Breast Reduction

Face
- Face, Neck, and Forehead Lift
- Eyelid Lift
- Nose Reshaping
- Botox® - Chemical Peels
- Juvederm® - Dysport™
- Sculptrax® - Fraxel® II Laser
- Artefill® - Restylane®

Best Treatment for Cellulite and Body Shaping

See our complete ad in the Health and Beauty section.

My heart will always be grateful to Dr. Kearney for what he's done to improve my self-image. I feel refreshed and more alive.

- J.H.

Robert Kearney, MD, FACS
9834 Genesee Avenue, Suite 129, La Jolla
www.kearneymd.com
Financing available
Free consultations: 888-231-0279

DOUBLE BOARD CERTIFIED PLASTIC SURGEON

Aurélie's Oratorio

Thierry... not only makes the stage a wonderland, she owns it.

- San Diego Reader

SATURDAY, FEBRUARY 27, 2010
Pre-party includes appetizers, drinks and music + giveaways by Sophie 103.7
Morning Show Host Jennifer White!

6:00 pm Pre-Party + Mixer
Athenaeum Music + Arts Library
1008 Wall Street, La Jolla, CA 92037

8:00 pm Performance
Aurélie's Oratorio at La Jolla Playhouse
All-Inclusive Tickets: $25

Performance & Cocktails sponsored by:
Sophie@103.7

(858)550-1010 lajollaplayhouse.org

Robert Kearney, MD, FACS
9834 Genesee Ave., Suite 129, La Jolla
www.kearneymd.com
Financing available
Free consultations: 888-231-0279

DOUBLE BOARD CERTIFIED PLASTIC SURGEON

“" My heart will always be grateful to Dr. Kearney for what he's done to improve my self-image. I feel refreshed and more alive. ”"
GRACIE

SEMI ANNUAL TENT SALE BIGGER THAN EVER

Thursday - Saturday
FEB. 25, 26, 27
DOORS OPEN AT 10 AM
RAIN or SHINE

SAVE UP TO 75% OFF

16087 San Dieguito Road #D2
Rancho Santa Fe, CA 92067
858-756-2628 | Shop online at graciebtq.com

...live a little
Storage Delivered!  
As easy as 1, 2, 3

FREE Delivery & Pickup
with 3 month minimum storage
(a $99 savings)

1
Have one or more Big Box storage units delivered to your apartment or house.

2
Load the Big Box at your convenience. Each measure 8’x5’x7’ (LxWxH) and can hold up to a room and a half.

3
The Big Box will be picked up for secure indoor storing. Free storage access available 7 days a week.

Schedule a Big Box delivery by calling 888-245-6974
or online at www.BigBox.com. Rates as low as $59 per month, backed by a low price guarantee!
Iron Man writes a book — See page 72

San Diego Reader

February 18, 2010

NEWS & FEATURES

Home Owners Association Horror Stories
Woodgate, Noisegate, Treetugate, Petgate... By Bill Manson 26

City Lights
Watch manufacturing and construction fade away;
and Under the Radar 6
How companies buy their way into prison; and Stringers 7

Yonder Lies It
The Calle Sexta phenomenon. By Lorena Mancilla 16

Letters 18

Back When
Speed bumps in Boulevard 19

Straight From the Hip
Have a cup of Pacific Ocean 20

Sporting Box
Vancouver by Bonneville 21

Fast Break
High school B-ball highlights 22

Best Buys
Send a message on your plate 23

Diary of a Diva
Memoir of a beer virgin 24

El Cajon Boulevard Before Daybreak
Brown-puddle water keeps me centered.
By Jennifer Emond 52

Off the Cuff
Gather No Moss
A good meal in Avila Beach; a Jewish museum in the Dominican
Republic; and dinosaurs of the oil industry in Pennsylvania 62

Roam-O-Rama
Hike the loop around Airplane Ridge (and see the engine)
at Cuyamaca Rancho State Park 64

Rhyme & Verse
Two poems by Christina Rossetti 68

Restaurant Reviews and Guide
A new wine bar in La Mesa
What the Chef Eats 80

Music
Classical 67
Blurt 85
Club Crawler 88
Robin Henkel, deep in the Delta 90
Everyone’s a Critic 98

Happy Hour! Bargain sauce and snacks 101

Theater Review and Guide
The Man Who at the New Village Arts Theatre,
and The Revenger’s Tragedy by UCSD Theatre and Dance 104

Movie Review and Guide
Duncan Shepherd observes Valentine’s Day 109

CALENDAR

Events
Outdoors, Special, Dance, Film, Food & Drink, For Kids,
Galleries, In Person, Lectures, Sports, Museums & Public Art 61

Gather No Moss
A good meal in Avila Beach; a Jewish museum in the Dominican
Republic; and dinosaurs of the oil industry in Pennsylvania 62

Roam-O-Rama
Hike the loop around Airplane Ridge (and see the engine)
at Cuyamaca Rancho State Park 64

Rhyme & Verse
Two poems by Christina Rossetti 68

Restaurant Reviews and Guide
A new wine bar in La Mesa
What the Chef Eats 80

Music
Classical 67
Blurt 85
Club Crawler 88
Robin Henkel, deep in the Delta 90
Everyone’s a Critic 98

Happy Hour! Bargain sauce and snacks 101

Theater Review and Guide
The Man Who at the New Village Arts Theatre,
and The Revenger’s Tragedy by UCSD Theatre and Dance 104

Movie Review and Guide
Duncan Shepherd observes Valentine’s Day 109

ADVERTISING

Classified Ads 117

Display Ads
Automotive 137
Career Training 119
Health and Beauty 41
Help Wanted 117
Natural Living 108
Legal Solutions 8
Music 132
Rentals 134
Research Studies 130
Services 129
Singles Events 73
Special Event & Party Services 60
Travel & Getaways 62

— See page 109
**Super Sale on a Remote Controlled Car Alarm**

Two (4) Button Remotes, Shock Sensor with a Warnaway, Flashing Parking Lights, Panic Feature, Code Hopping Technology

**Installation charges not included.**

- Gift Card $-150
- You pay $249

**Viper Paging Car Alarm Blowout!**

New technology car alarm pages you when your car is tampered with or alarm is triggered. Bright LCD display shows you which zone has been violated. Includes installation.

**Purchase price $399**
- Gift Card $-150
- You pay $249

**Kenwood In-dash Stereo**

200-watt AM/FM, detachable-face CD, iPod jack, and RCA output to add amplifier, Authorized Kenwood dealer.

- You pay $69

**Boston Speaker Deal**

Includes (4) 120-watt 6.5" Speakers

**Super Bass Deal**

180-watt rms bass amp
300-watt max deep bass woofer & vented box

**Save! $149**

**Super Bass Deal**

170-watt rms bass amp
300-watt max deep bass 12" woofer & vented box

**Save! $199**

**ITEM OF THE WEEK**

AVH-P3100DVD

**$349**

Installation charges not included.

**Unbelievable Amp Deal**

Buy 1 crystal-clear 500-watt mono amp for $220 and get the 300-watt 4 ch amp at 1/2 off list ($95) both for only $319

**Our Window Tint Department has tripled in size with outstanding quality. Rear 3 windows some cars.**

**$99**

Call for price!

There are shade limitations for this special

**Why cut into your original headrest?**

New 7" LCD monitors with headrest available in three colors: black, gray and tan

**Installation charges not included.**

**$179**

**Viper Remote Controlled Car Alarm**

Starter Kill, Light Flash, Panic Mode, 2 Remotes, Dual-Zone Shock Sensor with Warnaway

**Code Hopping Technology. Limited Lifetime warranty**

**Installed.**

**$149**

**Viper Top-of-the-Line Viper**

Pager Remote Start Car Alarm with 1-mile Range. Slimmest Display Remote on the market. 5 buttons control 24 functions. Active Temp shows car temperature. Text display shows which zone has been violated. Lock/Unlock Doors, Dual-Zone Shock Sensor, Starter Kill, Remote Car Start, Pager Pages you when zone violated.

**$449**

**Viper Super Bass Deal**

170-watt rms bass amp
300-watt max deep bass 12" woofer & vented box

**Save! $199**

**SUPER BASS DEAL**

170-watt rms bass amp
300-watt max deep bass 12" woofer & vented box

**Save! $199**

**JVC Double DIN Eclipse AM/FM/CD/MP3/WMA**

Front USB, front aux jack (3.5 mm), green or red backlight, control of iPod (iPC-008 optional)

**Installation charges not included.**

**$119**

**JVC**

**Unbelievable Amp Deal**

Buy 1 crystal-clear 500-watt mono amp for $220 and get the 300-watt 4 ch amp at 1/2 off list ($95) both for only $319

Apple iPod Solutions will add sound directly to your radio. No noisy FM modulator. JVC, Kenwood, Pioneer, Alpine, GM, Chrysler, Nissan, Ford, Honda, Mercury, VW, Toyota, Audi and Acura. Installation charges not included.

**$99**

Call for price!

There are shade limitations for this special

**Unbelievable Amp Deal**

Buy 1 crystal-clear 500-watt mono amp for $220 and get the 300-watt 4 ch amp at 1/2 off list ($95) both for only $319

Apple iPod Solutions will add sound directly to your radio. No noisy FM modulator. JVC, Kenwood, Pioneer, Alpine, GM, Chrysler, Nissan, Ford, Honda, Mercury, VW, Toyota, Audi and Acura. Installation charges not included.

**$99**

Call for price!

There are shade limitations for this special

**Unbelievable Amp Deal**

Buy 1 crystal-clear 500-watt mono amp for $220 and get the 300-watt 4 ch amp at 1/2 off list ($95) both for only $319

Apple iPod Solutions will add sound directly to your radio. No noisy FM modulator. JVC, Kenwood, Pioneer, Alpine, GM, Chrysler, Nissan, Ford, Honda, Mercury, VW, Toyota, Audi and Acura. Installation charges not included.

**$99**

Call for price!

There are shade limitations for this special

**Unbelievable Amp Deal**

Buy 1 crystal-clear 500-watt mono amp for $220 and get the 300-watt 4 ch amp at 1/2 off list ($95) both for only $319

Apple iPod Solutions will add sound directly to your radio. No noisy FM modulator. JVC, Kenwood, Pioneer, Alpine, GM, Chrysler, Nissan, Ford, Honda, Mercury, VW, Toyota, Audi and Acura. Installation charges not included.

**$99**

Call for price!

There are shade limitations for this special
**Down payment and processing fee required. Must be employed for past two years. Valid state-issued identification, major credit card and checking account in patient’s name required. Certain terms and conditions may apply. Call for details.**

**Do You Have Pterygium? (¿Carnosidad?)**

Pterygium (pronounced tur-IJ-ee-um) is a growth on the inner corner of the eye which could lead to irritation or astigmatism.

Our fast procedure can remove this growth with no sutures.

Dr. Yaghouti has been voted America’s Top Ophthalmologist by Consumer Research Council of America.

**Need Contacts or Glasses?**

We accept some insurances.

Free Eye Exam

(With purchase of frame & lenses)

Offering a variety of designer eyewear.

New patients only. With no insurance. Savings of up to $190. Expires 3/6/10.

Contact Lens Exam $75

Includes eyeglass prescription, fitting, follow-ups, and solution kit (50% multi-bloc and gas permeable slightly higher).

New patients only. With no insurance. Savings of up to $190. Expires 3/6/10.

Routine Eye Exam

for Evaluation of:

- Cataract
- Corneal Diseases
- Glaucoma
- Dry Eye
- Other Conditions

We accept some insurances.

$90 for new patients with no insurance. Savings of $180. Does not include prescription for contacts or glasses. Expires 3/6/10.

**Free Designer Sunglasses** (Up to $400 value)

* One Week Only!

**All-Laser** (blade-free) Custom Intralase iLASIK

Prada • Dolce & Gabbana • Fendi • Gucci • Bvlgari

$1799

OR $4200

PER EYE, ANY PRESCRIPTION. WITH COUPON.

Regularly $2850 per eye (approx. savings of $1050 per eye).

BEST DEAL

Sunglasses limited to $400 value for one single pair of sunglasses when both eyes are done. Limited to current inventory. No cash value. Some restrictions may apply. Call for details. Financing is based on 48 or 60 months at 14.9% interest per month, depending on total amount financed (OAC). All offers are for new patients only with no prior history of refractive surgery. Cannot be combined with any other offers and/or promotions. No cash value. Offer cannot be applied retroactively to prior procedures. Some restrictions may apply. Expires 3/6/10.

**Payment Options**

- Interest-Free Financing (Guaranteed Approval) **Star**
- Some Insurances
- FLEX Spending Account
- Military and Law Enforcement Discounts

**Standard LASIK**

$2200 PER MONTH PER EYE

Based on financing both eyes. Per eye — any nearsighted prescription with no astigmatism. Additional $8 per month per eye for astigmatism ($100 per eye).

**All-Laser (blade-free) Standard (Intralase)**

$3200 PER MONTH PER EYE

Based on financing both eyes. Regularly $2000 per eye (app. savings of $800 per eye) Per eye — any nearsighted prescription.

**Custom LASIK**

$3500 OR $1499 PER EYE

Based on financing both eyes. Regularly $2500 per eye (app. savings of $500 per eye) Per eye — any prescription.

**DR. FARZAD YAGHOUTI, MD**

Cornea and Refractive Eye Surgery Specialist from Harvard University
Recipient of Patients’ Choice Award 2009
Recipient of America’s Top Ophthalmologists Award
Recipient of Best Lasik Surgeon in San Diego Award
Recipient of Physicians Dedicated to the Health of America Award

Call for a Complimentary Consultation
1-800-GET-LASIK (438-5274)
or 888-558-5143
Se Habla Español Promos Code: RDR0218

*Down payment and processing fee required. Must be employed for past two years. Valid state-issued identification, major credit card and checking account in patient’s name required. Certain terms and conditions may apply. Call for details.*

**General Ophthalmology**

6950 Friars Road, Suite 100
(Across from Fashion Valley Mall)

San Diego Reader February 18, 2010 3
Affordable PPO Health Plans

For Individuals and Families • 12-month rate guarantee

<table>
<thead>
<tr>
<th>Age*</th>
<th>Male Rates</th>
<th>Female Rates</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>$235</td>
<td>$233</td>
</tr>
<tr>
<td>1</td>
<td>$140</td>
<td>$140</td>
</tr>
<tr>
<td>2-18</td>
<td>$74</td>
<td>$74</td>
</tr>
<tr>
<td>19</td>
<td>$85</td>
<td>$111</td>
</tr>
<tr>
<td>25</td>
<td>$94</td>
<td>$134</td>
</tr>
<tr>
<td>30</td>
<td>$119</td>
<td>$159</td>
</tr>
</tbody>
</table>

$199 To Start
$249 Monthly

*Call for rates based on your age.

#3 Co-pay Office Visit • Prescription Drug Card
#3 Co-pay Well Woman Exam • #3 Co-pay Preventative Care (200 Limit)

Monthly rates effective 1-1-10 for San Diego County. Aetna #2500 PPO Plan.

California Healthquote Insurance Services
701 Palomar Airport Road, Ste. 500, Carlsbad, CA 92011 • 800-788-4678

CA Insurance Lic. #s: 0712596, 0706675, 0C84228
www.cahealthquoteins.com
Droopy Eyelids?
Are droopy eyelids making you look older or sleepy? Interfering with your vision?

Free $500 Gift Card through March*
*500 off both upper and lower lids* or
$100 off either upper lids or lower lids.*
Call 619-697-4600 x105. Ask for Alma.

Insurance can cover this procedure.
Schedule a consultation to see if you qualify.
Call 1-800-631-4590. Ask for Alma.

Serving San Diego’s eyecare needs for 29 years

Considering Laser Vision Correction?
Compare what we offer to what other San Diego surgeons offer.

<table>
<thead>
<tr>
<th>West Coast EyeCare</th>
<th>Other Eye Surgeons</th>
</tr>
</thead>
<tbody>
<tr>
<td>Is your doctor “I Lasik” certified?</td>
<td>Yes ?</td>
</tr>
<tr>
<td>Will your exam, surgery and follow-up care be provided by the same doctor?</td>
<td>Yes ?</td>
</tr>
<tr>
<td>Do they use the new “Iris Registration Tracking Device” for a safer, more effective procedure?</td>
<td>Yes ?</td>
</tr>
<tr>
<td>Do they offer 4th generation FS Intralase to create a safer, faster, more controlled, bladeless all-laser procedure?</td>
<td>Yes ?</td>
</tr>
<tr>
<td>Do they have hidden prices or add-on fees?</td>
<td>No ?</td>
</tr>
<tr>
<td>Will they diagnose your vision needs and recommend the most appropriate refractive surgery (LASIK, CK, PRK, Multifocal Implants/Restor, etc.)?</td>
<td>Yes ?</td>
</tr>
</tbody>
</table>

Call Alma for a free consultation

Refractive procedures from $999 per eye
$500 off custom Intralase

“Having the LASIK procedure has completely changed my life. I never thought I’d be so excited to wake up and be able to see my alarm clock! As nervous as I was to have this procedure done, Dr. Katzman and his staff were extremely comforting and explained everything as it was happening. I’d go back and do it a million times to keep my vision as perfect as it is now.”

– Marisa K.

Call Alma for a free consultation

Insurance can cover this procedure.
Schedule a consultation to see if you qualify.
Call 1-800-631-4590. Ask for Alma.

“America’s Top Ophthalmologist” from Guide to America’s Top Ophthalmologists from Consumer Research Council of America.

WestCoastEyeCare.com • 1-888-230-7314

*See office for details. All offers not valid with certain plans or insurance. Cannot be combined with other offers. Must bring ad at time of visit. Offer expires 3/31/10.

College Area/La Mesa • El Cajon • South Bay • Clairemont/Mira Mesa • Escondido/Vista/RB • Alpine • Se habla español.

Dr. Barry Katzman voted one of San Diego’s “Top Doctors” by San Diego Magazine

WestCoastEyeCare.com • 1-888-230-7314

San Diego Reader February 18, 2010
During the last quarter, 16 Sempra Energy employees lined up to give a total of $2100 to the reelection bid of Second District Councilman Kevin Faulkner. And 19 Sempra workers gave a total of $2350 to Tony Young's Fourth District campaign. Two October fundraisers were organized by J.

William Ichord, vice president of government relations. Another Tony Young fundraiser was held December 2 by four employees of the law firm of Sheppard, Mullin, Richter & Hampton LLP, which netted $1550. During the final quarter of the year, Sheppard was paid $42,000 by the city-owned San Diego Convention Center Corporation to provide real estate and contract negotiations related to the proposed expansion of that facility. Not to be outdone, Ben Haddad of California Strategies threw a fundraiser at his personal residence on November 2, raising $3000 for Faulkner. Haddad's clients include HNTB, an L.A. contractor that wants a piece of the center expansion; it paid California Strategies $30,000 to lobby mayoral staffer Phil Rath.

— Matt Potter

The classic description of a city living off personal services, and bringing in too little outside money through activities such as manufacturing, is “a bunch of people doing each other's laundry.” Increasingly, that describes San Diego.

Indeed, in the past ten years, the number of San Diegans working in laundry services has risen 8.4 percent to 14,200, according to data from the California Employment Development Department.

That’s not good because according to a 2008 report by the Bureau of Labor Statistics, the average annual pay of San Diego laundry and cleaning workers is a puny $20,100 a year. That’s not even half the pay of the average local worker: $47,250. And according to a 2008 report by the San Diego Workforce Partnership, a single person in San Diego has to earn $33,734 a year just to make ends meet, and 37.2 percent of local workers don’t make that much. And remember, that’s for a single person. A family of five (two adults, three children) needs almost $111,000.

To find out how many San Diego jobs are dependent on other San Diegans, and not on money flowing in from elsewhere, I counted job gains or losses over the past ten years. I also looked at ten-year employment patterns at a number of local companies.

The decline of manufacturing and construction jobs is alarming, particularly since the population continued to grow, although not at rates the county experienced in the 1980s (sometimes 3 percent or more a year). In ten years alone, manufacturing continues to decline.
Please, Put Me In Jail

By E.A. Barrera

Last year, employees of Geo Group, a private prison corporation, contributed more than $2000 to the campaign fund of San Diego’s interim sheriff Bill Gore. Geo operates San Diego’s old downtown jail at 220 C Street, where the company houses more than 750 federal prisoners awaiting trial or transfer to a federal prison.

Documents filed with the San Diego County Registrar of Voters, as well as memos obtained under the California Public Records Act, reveal that Geo Group used San Diego lawyer Mike McDade to lobby county officials in Boca Raton, Florida. The rise in the downtown jail, as well as the county leases of buildings—about renewing Geo’s lease on the downtown jail. Neither McDade nor Fortier registered as a lobbyist with the county of San Diego in 2009.

San Diego County defines a lobbyist, or legislative advocate, as “any individual who, on behalf of another individual, firm, corporation, or organization other than himself attempts to influence any County decision by contact-

and Geo Group’s Ken Fortier to lobby county officials in an effort to renew their lease of the downtown jail, as well as the county leases of buildings—about renewing Geo’s lease on the downtown jail. Neither McDade nor Fortier registered as a lobbyist with the county of San Diego in 2009.

San Diego County defines a lobbyist, or legislative advocate, as “any individual who, on behalf of another individual, firm, corporation, or organization other than himself attempts to influence any County decision by contact-

involved in redevelopment projects downtown.

Last September, McDade and Fortier lobbied April Heinze — director of the county’s Department of General Services, which oversees county leases of buildings—about renewing Geo’s lease on the downtown jail. Neither McDade nor Fortier registered as a lobbyist with the county of San Diego in 2009.

San Diego County defines a lobbyist, or legislative advocate, as “any individual who, on behalf of another individual, firm, corporation, or organization other than himself attempts to influence any County decision by contact-

ing, personally or by telephone, any of the specified County officers or employees.” The county does provide exemptions to this requirement, including allowing a member of the State Bar of California who is performing a service which lawfully can be performed only by an attorney licensed to practice law in California.”

McDade’s primary focus as an attorney is government and land-use issues, and he said it was not necessary for him to register as a lobbyist with the county, citing the provision for attorneys. He added that his role in advocating for Geo Group was “sporadic,” and he considered himself only a part-time consultant for Geo.

“The county usually provides an exception for practicing attorneys working on leasing issues. My advice was focused on renewing the downtown jail lease for Geo, and I was not trying to lobby for any new lease,” said McDade.

District attorney spokesman Steve Walker said he was not sure what the exemption included nor what the penalty for failing to file would be. But David Hall of the San Diego County clerk’s office noted that “every attorney was not exempt from registering as a lobbyist due to being an attorney.”

Fortier does not fall under any county exemptions, as he is not a lawyer and does not qualify by any other county exemption standards listed by the county clerk. A former San Diego police officer, Fortier graduated from the San Diego Police Academy in 1962 and served as a patrol officer until being transferred to investigations in 1966. A year later, he was promoted to sergeant.


Fortier took over as...
GET RID OF YOUR DEBT! OVER 50 YEARS’ COMBINED EXPERIENCE

Bankruptcy

$795

Chapter 7

• Eliminate 2nd Mortgages
• Loan modification • Credit Repair

Call for a free consultation. Se Habla Español.

Attorney Roger Stacy
888-210-4813

San Diego • El Centro • Chula Vista • Los Angeles

Debt relief agency • Payment plans available • Appointments M-F 8 am-8 pm, Sat. 9 am-5 pm

Home Loan Fraud • Bankruptcy

• Forensic Loan Audits:
  If fraud was committed due to predatory lending law violations.

• Chapter 7 Bankruptcy:
  Be debt-free! Clean slate.

• Chapter 13 Bankruptcy:
  Strip the lien. Keep your house.

• Debt Settlements

The Solutions Law Center
619-817-6001
San Diego’s Best DUI-DMV & Ticket Attorneys

Stay out of jail • Avoid court • Keep your job
Clean your record • Save your license

Learn about your rights at: www.MRDUl.com
Call now: 619-563-1010
E-mail: mrdui@mrdui.com
3990 Ninth Ave.
San Diego, CA 92103
(in Hillcrest near 163 and Washington)
Even nice people get arrested for drunk driving.

Eugene Ellis
MR. DUI
“The Professor”
of DUI Law.
One of the first and most experienced
DMV-only attorneys in San Diego.
Exclusively DUI.

Mitch Medoy
One of San Diego’s best
and most experienced
DMV-only attorneys.

Free consultations • $0 cost unless you win
INJURY?

Car Accidents & Personal Injury
FREE unless you win!

BANKRUPTCY?

Payment Plans Available
Chapter 7 & 13

Call toll-free 24 hrs.: (619) 318-9324
Visit us: HaffarLaw.com

Arrested for DUI?
We can help keep you out of jail and keep your license.
Make one call and learn your rights from the DUI and DMV experts.
FREE CONSULTATION
AFFORDABLE PAYMENT OPTIONS
888-210-4234

Law Offices of Kerry L. Armstrong
3555 Fourth Ave., San Diego, CA 92103
www.klcriminaldefense.com

Arrested For DUI??
Make One Call
Learn Your Rights
Free consultation. Affordable payment options.
We can help keep you out of jail and keep your license.
www.klcriminaldefense.com
Kerry L. Armstrong & Associates, 888-210-4234.

Ch 7 Bankruptcy $1099
Complete Includes Filing Fee
Debt relief agency. Free Consultation. Payment plans available. 8am-8pm, Monday-Friday; and 9am-5pm, Saturdays. Over 9 years of experience. Se habla Espanol. Attorney Roger Staci, 619-253-8141.

$999 Chapter 7 Bankruptcy
Includes Court Fees
Attorney rep. $100 starts. Asaph Abrams, Esq.

Free Hypnosis Session

Bankruptcy?? Only $800
Attorney’s Fees
For unsecured debt. 24 years experience. This combo can’t be beat. 619-544-0669.

Southern California’s Premier Destination Parachute Center
Skydive San Diego
Which life-changing experience do you want? Try Sole Skydive with your own parachute, same training as the Navy SEALs—from $319. Click SkydiveSanDiego.com or call 619-216-8416.

www.bankruptcysd.com
Free Attorney Consult
858-335-1162, 619-233-4415.

Sleep At Night- File Bankruptcy
Stop all creditor harassment immediately and get a fresh start on your credit. 858-335-1162.
BankruptcySD.com. Low rates/ payment plans.

Facing A Foreclosure?
File 7 or 13 Bankruptcy

Accident? Injury? 
Get the compensation you deserve.

Free Bankruptcy Consult

MrMilitaryLawyer@aol.com
MrMilitaryLawyer@aol.com

Social Security Disability
Free advice from experienced attorney.
Dan R. Cohen, 760-888-7338.

IRS Tax Solutions!
Stephen Jackman, Tax Consultant.
619-225-9854 or alphaka@earthlink.net.

LavaLife Voice
Talk to sexy singles near you! Call now. 619-894-8191. Must be 18+.

San Diego’s Best DUI-DMV & Ticket Attorneys

Criminal Defense Attorney
DUI, possession, domestic violence, etc. Visa/MC.

Injury/Worker’s Comp
Attorney. Free Consultation. No recovery, no fee.
619-232-4LAW (4529).

Have a note or mortgage?
Get Cash!!! Sell your note/loan. 877-584-4844.

In A Hole — Stop Digging
$999 (includes filing fees) unsecured debt.
Bankruptcy Chapter 7.
Global Legal Resources, LLC. 888-846-8901.
Sexually Harassed at Work? Hostile Work Environment? Discriminated Against? Wrongful Termination? Unpaid Overtime? We are experienced in representing employees and will vigorously defend your rights. All too often, employees will ignore an unfair work situation, or will wait too long after a violation has occurred. Don’t let this happen to you! Call Attorney Michael Sousa today for a free, no obligation consultation. 619-952-1735.


Accident/Injury 24 Hours/Day Free consultation! Most cases free unless you get paid! 619-599-6333 or berninsonlawfirm.net.

Chapter 13 Only Foreclosures! Lien Strips! 20 years’ experience in reorganizations. 619-544-0669.


Bankruptcy Attorney 7, 13 Stop Lawsuits & Repossessions Call to speak to attorney. Debt Relief Agency. 619-335-1162. BankruptcySD.com.


Lawyer For Less $99/Hr./Up 30 years’ experience, civil and criminal/DUI. Free consultation. 619-472-4050.


DUI? Free Consultation Kerry L. Armstrong & Associates can help you stay out of jail, keep your license. 888-210-4234.


Don’t Let the IRS Ruin Your Life! Call 1-877-FIXABLE for 24-hour recorded message and free report. Attorney Dave Greenberg 858-292-0700 www.fixabletax.com

Sexually Harassed at Work? We will vigorously defend your rights. Call for a free, no- obligation consultation. Attorney Michael Sousa 858-453-6122 x15

Personal Injury


Immigration Issues?

- Visa extensions
- International students
- Deportations

We want to help. Call today.

John A. Quinn 619-284-8811


Legal Angels Paralegals Divorces, Bankruptcies, and More! 619-646-9809.

Affordable Legal Services Do you need help with a criminal or civil matter? Call Attorney Mark G. Spencer at 619-233-8610.


Renters Facing Eviction! Have you been served with a 3-day Notice or an Unlawful Detainer? If so, we can help. We allow you to stay put & pay no rent for months. Know your tenant rights. Call today for your Free Consultation. 877-847-8797. www.EvictStopers.com.


Divorce Easy $79-Up Affordable Legal Assistance, 619-479-4527.


Car Repo’d or About To Be? Call now to save it! 619-544-0669.

Eliminate Debt, Boost Credit! Without bankruptcy or settlement. Free analysis! Call Fred, 760-460-6196, Ext 1, or www.aclinet.net.

Ch. 7 Bankruptcy From $699 Free consult from Attorney V. Renda, 888-232-4000.

Ex-IRS Tax Attorney Beat any price. Problems, returns, etc. 619-234-8471.


Is The IRS After You? Help Is At www.mtax.com Call Curtis McAlaster, CPA, 619-523-3089.


Introductory acupuncture special: Free phone consultation & 20% off first visit Alko, Mei Zen facial or neck acupuncture treatment series: 10% off package & a free initial visit consultation. Ageless & Beautiful, Hillcrest: 619-299-0264.

Need a Divorce! $750 plus costs. North County uncontested divorce. Global Legal Resources, LLP. Call 888-846-8901.


Busted for DUI or Drugs? $999 North County — 10 days to request DMV hearing! Global Legal Resources, LLP. 888-846-8901.
Your pocket is empty

continued from page 6

employment has plunged 24.2 percent in the county. Now only 7.4 percent of county jobs are in manufacturing, down from 27 percent half a century ago. Why is that important? Local tool and die makers make $49,510 a year. Electronics engineers make $98,770 and mechanical engineers $81,370.

Construction jobs have dropped 6.6 percent in the past decade. Had the real estate bubble not popped, they would have risen significantly. The average construction job pays $47,780. Brick masons make $62,500 a year. Construction job pays $47,780.

Jobs in amusement, gambling, and recreation have soared 33.6 percent in the past decade. But recreation attendant make $20,710 a year. Ushers and ticket takers gross $20,270.

Information jobs have risen by 4.2 percent, but one subset has plunged: newspaper, periodical, and book jobs, down 36.6 percent, to no one’s surprise. Reporters make $42,770 — those that are working, anyway. Healthcare jobs have risen 17.3 percent. There is good money there; physicians and surgeons make more than $200,000 on average while physical therapists make $78,180 and dental hygienists $83,810.

Government has provided a cushion — at a price. Total government jobs have risen 10.9 percent to more than 225,000. College physics and law professors gross more than $100,000. Elementary schoolteachers make $67,020. But controversy abounds: overly generous pension benefits and very early retirements of fire and police employees may very well break the City of San Diego financially.

Although some in the service industries make good money, it is clear that a metro area in which people do one another’s laundry lacks economic oomph, or money coming in from outside.

But there are a plethora of variables holding down manufacturing employment. The biggest problem, of course, is the shipping of jobs overseas. That has been the rage since the 1980s and has wounded the U.S. economy. But there are other factors: companies increasingly use part-time and temporary employees. Through use of sophisticated electronics methods, firms have

continued on page 12
learnt to make do with fewer workers. That is why productivity has been soaring: output per worker-hour is rising.

A look at some San Diego companies is instructive. In ten years, revenues at digital wireless superstars Qualcomm have gone up more than two and a half times, from $3.94 billion to $10.4 billion. But the number of full-time, part-time, and temporary employees has only gone up 66 percent. At Cymer, a maker of semiconducctor equipment, sales have shot up two and a half times while employment has risen 41.4 percent. At Callaway Golf, which makes golf equipment, sales have gone up 58 percent while employment has gone up 20 percent. At WD-40, maker of lubricants and household cleaners, sales have doubled while employment has gone up 76.3 percent. Two local manufacturers have kept employment rising with sales: revenue at Cubic, maker of defense electronic and fare collection systems, has doubled along with employment. At Cohu, maker of semiconductor equipment, employment has gone up at a slightly higher rate than sales.

Biotechs have varying patterns. At Isis Pharmaceuticals, sales have shot up two and a half times while employment has gone up 58 percent while employment has gone up 76.3 percent. Two local manufacturers have kept employment rising with sales: revenue at Cubic, maker of defense electronic and fare collection systems, has doubled along with employment. At Cohu, maker of semiconductor equipment, employment has gone up at a slightly higher rate than sales.

Bottom line: employers are still holding the cards, especially as manufacturing reedges and services rise. High unemployment in the United States and San Diego could be around for quite a while.

**Put me in jail**

Riverside's police chief in January 1993. His tenure was credited with lowering the city's crime rate and modernizing the Riverside Police Department's organization.

But Fortier left Riverside under the cloud of repeated battles with the police union of Riverside, and in July 2000 he was appointed vice president of Geo-Wackenhut's western region. The company announced Fortier would be based in Irvine, California, and would "manage eight current facilities and one facility under development, with a total of 6,866 beds."

In multiple emails last summer to San Diego County staff, Fortier campaigned for Geo Group to gain control of the Descanso Correctional Facility, closed by the sheriff's department as a cost-saving measure last June, and to renew the lease on the downtown jail. Fortier contacted Carl Harry, Real Estate Services Division project manager for the county, on several occasions. Harry often referred to Fortier as a representative of Geo Group to county officials.

"Ken represents GEO Group in California and Nevada and is currently working with both the U.S. Marshal and with I.C.E. [Immigration and Customs Enforcement] on programs to try and provide more inmate beds in San Diego County," said Harry in an October 12 exchange with April Heinz and Cal Fire unit chief Howard.
Repeated calls to Calabrese or anyone in authority at Geo Group as to why they were contributing money to the Friends of Bill Gore campaign for sheriff were not returned.

According to Roman Porter of the California Fair Political Practices Commission, complying with the state’s legal requirement to disclose contributors’ true occupations is the responsibility of the campaign. A campaign has 60 days from the date of the donation to either correct the information or return the money. A December look into the campaign forms revealed no contributions returned or corrections made to Fortier’s employment status. Repeated calls to the Gore campaign were unreturned.

Jade Buddha unveiled in Escondido

By the Book

**Mexican Passport Law Questioned**

Baja — It appears that a Mexican law requiring citizens of the United States to carry passports when crossing into Tijuana will go into effect beginning March of this year.

In an article published in *Frontera*, Mario Escobedo Carigian, president of Canaco (a Tijuana business association), said that the measure will have a negative effect on U.S./Mexico business relations and will put the squeeze on TJ’s already battered economy.

The business leader was most unhappy with the notion that the federation was making its decisions unilaterally, then imposing them on Tijuana’s business community. He also mentioned that there wasn’t an “infrastructure” to process all the passports coming into Tijuana and that crossings into Mexico would add to the waits recently created by the SIAVE vehicle identification recording devices.

By T.B. Beaudeau

Saturday, Feb. 13

**More Than a Catfight**

Two Women Busted in Bar Stabbings

San Marcos — On February 6, two women were arrested for assault with a deadly weapon and battery at the Jumping Turtle Bar and Grill in San Marcos.

Deputies responded to a call from a security guard at the restaurant who said “a large fight” had broken out, involving at least 20 people. A second caller — with sounds of a raging crowd going on in the background — instructed the dispatcher to “send as many cops as possible.”

Every available deputy in the city (a total of 15) plus the fire department was dispatched to the scene. The first deputies to arrive found a stabbing

continued on page 14

**Free Guess or Marc by Marc Jacobs Sunglasses**

Free sunglasses with purchase of frame and lenses. Minimum purchase $300. Cannot be combined with any other offer. Limited to current inventory. Some restrictions may apply.

We accept most insurance.

Authorized center for: Prada • Fendi • Dolce & Gabbana • Gucci • Bvlgari • Dior • Betsey • Nicole Miller • Ray Ban • FYSI • Armani Exchange • Gucci • Cole Haan • Maui Jim • Kik • Moschino • Tod’s & more

**Contact Lens Exam $75**

Includes eyeglass prescription, fitting, follow-ups, and solution kit. (Toric, multifocal and gas permeable lenses slightly higher.)

New patients only. With no insurance. Savings of up to $190. Cannot be combined with any other offer.

**Routine Eye Exam**

for evaluation of:

• Cataract • Corneal Diseases
• Glaucoma • Dry Eye • Other Conditions

We accept most insurance.

$90 for new patients with no insurance.

Savings of up to $190. Does not include prescription for contacts or glasses.

Expires 3/6/10.

Interests in iLasik? Call 1-888-667-7698 Today!
the lines, the tree came
trician from SDG&E cut
all over the place.”
“...I called SDG&E and told
was going to get pulled
an “obvious strain” on the
the power lines, putting
McVay, was leaning against
...go back inside.”
“...They said no.... The tree was
big and heavy on one side.
McVay. “The tree was so
trim the other side,” said
trimming trees on only
area residents, has been
informed the couple that
arborist Michael Daleo
week after SDG&E
ramona — Alisa McVay
and husband Tim Lehr
left home in a hurry last
week after SDG&E
arboretist Michael Daleo
informed the couple that
were “in imminent
danger” and
they were “in imminent
in residential areas as
well as keeping them 1000
feet from schools and play-
grounds and 500 feet from
other dispensaries, requir-
ing security guards to stand
watch during business
hours from 7 a.m. to 9 pm.,
and prohibiting the
other dispensaries, requir-
ing in residential areas as
as well as keeping them 1000
feet from schools and play-
grounds and 500 feet from
other dispensaries, requir-
ing security guards to stand
watch during business
hours from 7 a.m. to 9 pm.,
and prohibiting the
other dispensaries, requir-
ing in residential areas as
as well as keeping them 1000
feet from schools and play-
grounds and 500 feet from
other dispensaries, requir-
ing security guards to stand
watch during business
hours from 7 a.m. to 9 pm.,
and prohibiting the
other dispensaries, requir-
ing in residential areas as
as well as keeping them 1000
feet from schools and play-
grounds and 500 feet from
other dispensaries, requir-
ing security guards to stand
watch during business
hours from 7 a.m. to 9 pm.,
and prohibiting the
other dispensaries, requir-
ing in residential areas as
as well as keeping them 1000
feet from schools and play-
grounds and 500 feet from
other dispensaries, requir-
ing security guards to stand
watch during business
hours from 7 a.m. to 9 pm.,
and prohibiting the
other dispensaries, requir-
ing in residential areas as
as well as keeping them 1000
feet from schools and play-
grounds and 500 feet from
other dispensaries, requir-
ing security guards to stand
watch during business
hours from 7 a.m. to 9 pm.,
and prohibiting the
other dispensaries, requir-
ing in residential areas as
as well as keeping them 1000
feet from schools and play-
grounds and 500 feet from
other dispensaries, requir-
ing security guards to stand
watch during business
hours from 7 a.m. to 9 pm.,
and prohibiting the
other dispensaries, requir-
ing in residential areas as
as well as keeping them 1000
feet from schools and play-
grounds and 500 feet from
other dispensaries, requir-
ing security guards to stand
watch during business
hours from 7 a.m. to 9 pm.,
and prohibiting the
other dispensaries, requir-
ing in residential areas as
as well as keeping them 1000
feet from schools and play-
grounds and 500 feet from
other dispensaries, requir-
ing security guards to stand
watch during business
hours from 7 a.m. to 9 pm.,
and prohibiting the
other dispensaries, requir-
ing in residential areas as
as well as keeping them 1000
feet from schools and play-
grounds and 500 feet from
other dispensaries, requir-
ing security guards to stand
watch during business
hours from 7 a.m. to 9 pm.,
and prohibiting the
other dispensaries, requir-
ing in residential areas as
as well as keeping them 1000
feet from schools and play-
grounds and 500 feet from
other dispensaries, requir-
ing security guards to stand
watch during business
hours from 7 a.m. to 9 pm.,
and prohibiting the
other dispensaries, requir-
ing in residential areas as
as well as keeping them 1000
feet from schools and play-
grounds and 500 feet from
other dispensaries, requir-
ing security guards to stand
watch during business
hours from 7 a.m. to 9 pm.,
and prohibiting the
other dispensaries, requir-
ing in residential areas as
as well as keeping them 1000
feet from schools and play-
grounds and 500 feet from
other dispensaries, requir-
ing security guards to stand
watch during business
hours from 7 a.m. to 9 pm.,
and prohibiting the
other dispensaries, requir-
ing in residential areas as
as well as keeping them 1000
feet from schools and play-
grounds and 500 feet from
other dispensaries, requir-
ing security guards to stand
watch during business
hours from 7 a.m. to 9 pm.,
and prohibiting the
other dispensaries, requir-
ing in residential areas as
as well as keeping them 1000
feet from schools and play-
grounds and 500 feet from
other dispensaries, requir-
ing security guards to stand
watch during business
hours from 7 a.m. to 9 pm.,
and prohibiting the
other dispensaries, requir-
ing in residential areas as
as well as keeping them 1000
feet from schools and play-
grounds and 500 feet from
other dispensaries, requir-
ing security guards to stand
watch during business
hours from 7 a.m. to 9 pm.,
and prohibiting the
other dispensaries, requir-
ing in residential areas as
as well as keeping them 1000
feet from schools and play-
grounds and 500 feet from
other dispensaries, requir-
ing security guards to stand
watch during business
hours from 7 a.m. to 9 pm.,
and prohibiting the
other dispensaries, requir-
ing in residential areas as
as well as keeping them 1000
feet from schools and play-
grounds and 500 feet from
other dispensaries, requir-
ing security guards to stand
watch during business
hours from 7 a.m. to 9 pm.,
and prohibiting the
other dispensaries, requir-
ing in residential areas as
as well as keeping them 1000
feet from schools and play-
grounds and 500 feet from
other dispensaries, requir-
ing security guards to stand
watch during business
hours from 7 a.m. to 9 pm.,
and prohibiting the
other dispensaries, requir-
ing in residential areas as
as well as keeping them 1000
feet from schools and play-
grounds and 500 feet from
other dispensaries, requir-
ing security guards to stand
watch during business
hours from 7 a.m. to 9 pm.,
and prohibiting the
other dispensaries, requir-
ing in residential areas as
as well as keeping them 1000
feet from schools and play-
grounds and 500 feet from
other dispensaries, requir-
ing security guards to stand
watch during business
hours from 7 a.m. to 9 pm.,
and prohibiting the
other dispensaries, requir-
ing in residential areas as
as well as keeping them 1000
feet from schools and play-
grounds and 500 feet from
other dispensaries, requir-
ing security guards to stand
watch during business
hours from 7 a.m. to 9 pm.,
and prohibiting the
other dispensaries, requir-
ing in residential areas as
as well as keeping them 1000
feet from schools and play-
grounds and 500 feet from
other dispensaries, requir-
ing security guards to stand
watch during business
hours from 7 a.m. to 9 pm.,
and prohibiting the
other dispensaries, requir-
ing in residential areas as
as well as keeping them 1000
feet from schools and play-
grounds and 500 feet from
other dispensaries, requir-
ing security guards to stand
watch during business
hours from 7 a.m. to 9 pm.,
and prohibiting the
other dispensaries, requir-
ing in residential areas as
as well as keeping them 1000
feet from schools and play-
grounds and 500 feet from
other dispensaries, requir-
ing security guards to stand
watch during business
hours from 7 a.m. to 9 pm.,
and prohibiting the
other dispensaries, requir-
ing in residential areas as
as well as keeping them 1000
feet from schools and play-
grounds and 500 feet from
other dispensaries, requir-
ing security guards to stand
watch during business
hours from 7 a.m. to 9 pm.,
and prohibiting the
other dispensaries, requir-
ing in residential areas as
as well as keeping them 1000
feet from schools and play-
grounds and 500 feet from
other dispensaries, requir-
ing security guards to stand
watch during business
hours from 7 a.m. to 9 pm.,
and prohibiting the
other dispensaries, requir-
ing in residential areas as
as well as keeping them 1000
feet from schools and play-
grounds and 500 feet from
other dispensaries, requir-
ing security guards to stand
watch during business
hours from 7 a.m. to 9 pm.,
and prohibiting the
other dispens...
around to inform her how much her dash across the street would cost ($108).

By Elena Buckley
Wednesday, Feb. 10

Zapped
Man Gets 8 Months for Laser Pointing
San Diego — Because he pointed a green laser at a police helicopter, a San Diego man was sentenced to eight months in state prison on February 8. Timothy Allen, 39, pleaded guilty to the charge in January.

In November, an SDPD helicopter had a series of green laser beams pointed at it. The pilots were unable to locate the Southeast San Diego residence from which the laser originated. Lindbergh Field control-tower officials also received reports from several commercial jets that had green laser beams flashed at them while on approach to the airport.

On November 26, again someone from the same area used a green laser on SDPD pilots. That time, pilots were able to determine the source. Allen was arrested and charged with two counts of discharging a laser at an occupied aircraft.

By Craig Vansant
Thursday, Feb. 11

Prepped to Pump
Storm Preparations in P.B.
Pacific Beach — At about 4:30 p.m. on February 9, in the cul-de-sac where Mission Boulevard meets Pacific Beach Drive, a City of San Diego Street Division truck blocked cars from entering the parking lot between the Best Western Sea Lodge and the World Famous Restaurant. Some drivers, displeased with the barricade, drove their vehicles over the orange cones as if they weren’t there.

The city worker inside the truck said that he was awaiting the storm and that additional pumps had been stationed on Pacific Beach Drive to minimize the potential for flooding.

Kimberly Black, working at the front desk of the nearby Surfer Beach Hotel, stated that this was the third time extra pumps had been placed in front of the hotel during this rainy season.

Black’s eyes widened as she recounted having seen some individuals kayaking during the previous storm. “I’ve lived here all my life, and I’ve never seen anything like it — someone was actually kayaking down Mission Boulevard.”

By Carolyn Grace Matteo
Thursday, Feb. 11

Factoring the Fringe
DeMaio Objects to Council Salary Increases
San Diego — San Diego city councilmember Carl DeMaio continues his fiscal conservative crusade to drive away San Diego’s structural deficit. In a February 9 letter, he objected to the Salary Setting Commission’s recommendation to increase the salaries for the mayor and San Diego city councilmembers. DeMaio believes the salary increase is a poor idea considering the city’s financial standing.

DeMaio asserts that the commission failed to include the “generous” pension benefits offered to the city’s elected officials. He says that councilmembers’ $75,000 salary is not representative of their actual compensation — that after “fringe benefits” are included, a councilperson’s annual compensation is more like $135,000.

The council will vote on whether to accept or reject the panel’s recommendations at a future city council meeting.

By Dorian Hargrove
Wednesday, Feb. 10

Bullet for a Brother
TJ. Cops Shoot State Officer in Chase
Tijuana — In a contretemps that the TJ newspaper La Segunda referred to as a “confuso incidente,” a patrol team of the city police shot a member of the state investigative police after he failed to pull his vehicle over at their behest on Sunday night, February 7.

The officer, with the sex crimes unit, remains gravely wounded (though stable) after being hit in the back by at least one shot fired during a high-speed chase along Bulevar Federico Benitez.

An investigation is under way to determine why the incident occurred between the two police organizations and if excessive force was used by Tijuana cops.

By T.B. Beaudeau
Thursday, Feb. 11

Gracias por la Migra
Copter Rescues Illegal Immigrant
Jamul — A Mexican immigrant who entered the country illegally was rescued from a mountain near Jamul on Wednesday, February 10, at about 4:00 a.m. The 29-year-old male used his cell phone to call 911 at 9:00 p.m. Tuesday night after becoming disoriented during the latest winter storm in the East County mountains.

The San Diego Border Patrol’s Search and Rescue team responded to a 911 distress call from a mountaineous region near Jamul. After assessing the situation, the border patrol requested a Customs and Border Protection helicopter unit to help with the rescue.

At around 3:00 a.m., the CBP helicopter pilot detected the faint light of the victim’s cell phone and directed the rescue team to the location. Agents found the man, who was suffering from hypothermia and unable to walk.

By Steve Horvath
Thursday, Feb. 11

Become a Stringer. Earn up to $75 for your neighborhood news story, $10 for photo, $15 for video. See guidelines at SDReader.com/stringers.

You Can Make More Money* and Get a Better Job
We make it easy for you to start college!

MEDICAL
Courses In:
- Medical Assisting, Respiratory Therapy
- X-Ray Technology (Ltd.Scope), Laboratory Technology
- Pharmacy Technology, Healthcare Administration
- Medical Coding/Billing, Nursing Administration
- Medical Specialties, Medical Office Administration

Preparation for Certifications/Licenses**

COMPUTERS & BUSINESS & ACCOUNTING
- Financial Aid Available for Qualified Students
- Associate’s, Bachelor’s & Master’s Degrees
- Employment Assistance for Graduates
- Preparation for Certifications and Licenses
- Accredited Member ACCSC
- Programs Approved for Veterans

Evening, Day & Online® Classes Start Next Month

Use it in college and keep it when you graduate. Certain restrictions apply. Call for details.

You Can Make More Money* and Get a Better Job
We make it easy for you to start college!

MEDICAL
Courses In:
- Medical Assisting, Respiratory Therapy
- X-Ray Technology (Ltd.Scope), Laboratory Technology
- Pharmacy Technology, Healthcare Administration
- Medical Coding/Billing, Nursing Administration
- Medical Specialties, Medical Office Administration

Preparation for Certifications/Licenses**

COMPUTERS & BUSINESS & ACCOUNTING
- Financial Aid Available for Qualified Students
- Associate’s, Bachelor’s & Master’s Degrees
- Employment Assistance for Graduates
- Preparation for Certifications and Licenses
- Accredited Member ACCSC
- Programs Approved for Veterans

Evening, Day & Online® Classes Start Next Month

Use it in college and keep it when you graduate. Certain restrictions apply. Call for details.

You Can Make More Money* and Get a Better Job
We make it easy for you to start college!

MEDICAL
Courses In:
- Medical Assisting, Respiratory Therapy
- X-Ray Technology (Ltd.Scope), Laboratory Technology
- Pharmacy Technology, Healthcare Administration
- Medical Coding/Billing, Nursing Administration
- Medical Specialties, Medical Office Administration

Preparation for Certifications/Licenses**

COMPUTERS & BUSINESS & ACCOUNTING
- Financial Aid Available for Qualified Students
- Associate’s, Bachelor’s & Master’s Degrees
- Employment Assistance for Graduates
- Preparation for Certifications and Licenses
- Accredited Member ACCSC
- Programs Approved for Veterans

Evening, Day & Online® Classes Start Next Month

Use it in college and keep it when you graduate. Certain restrictions apply. Call for details.

You Can Make More Money* and Get a Better Job
We make it easy for you to start college!

MEDICAL
Courses In:
- Medical Assisting, Respiratory Therapy
- X-Ray Technology (Ltd.Scope), Laboratory Technology
- Pharmacy Technology, Healthcare Administration
- Medical Coding/Billing, Nursing Administration
- Medical Specialties, Medical Office Administration

Preparation for Certifications/Licenses**

COMPUTERS & BUSINESS & ACCOUNTING
- Financial Aid Available for Qualified Students
- Associate’s, Bachelor’s & Master’s Degrees
- Employment Assistance for Graduates
- Preparation for Certifications and Licenses
- Accredited Member ACCSC
- Programs Approved for Veterans

Evening, Day & Online® Classes Start Next Month

Use it in college and keep it when you graduate. Certain restrictions apply. Call for details.

You Can Make More Money* and Get a Better Job
We make it easy for you to start college!

MEDICAL
Courses In:
- Medical Assisting, Respiratory Therapy
- X-Ray Technology (Ltd.Scope), Laboratory Technology
- Pharmacy Technology, Healthcare Administration
- Medical Coding/Billing, Nursing Administration
- Medical Specialties, Medical Office Administration

Preparation for Certifications/Licenses**

COMPUTERS & BUSINESS & ACCOUNTING
- Financial Aid Available for Qualified Students
- Associate’s, Bachelor’s & Master’s Degrees
- Employment Assistance for Graduates
- Preparation for Certifications and Licenses
- Accredited Member ACCSC
- Programs Approved for Veterans

Evening, Day & Online® Classes Start Next Month

Use it in college and keep it when you graduate. Certain restrictions apply. Call for details.

You Can Make More Money* and Get a Better Job
We make it easy for you to start college!

MEDICAL
Courses In:
- Medical Assisting, Respiratory Therapy
- X-Ray Technology (Ltd.Scope), Laboratory Technology
- Pharmacy Technology, Healthcare Administration
- Medical Coding/Billing, Nursing Administration
- Medical Specialties, Medical Office Administration

Preparation for Certifications/Licenses**

COMPUTERS & BUSINESS & ACCOUNTING
- Financial Aid Available for Qualified Students
- Associate’s, Bachelor’s & Master’s Degrees
- Employment Assistance for Graduates
- Preparation for Certifications and Licenses
- Accredited Member ACCSC
- Programs Approved for Veterans

Evening, Day & Online® Classes Start Next Month

Use it in college and keep it when you graduate. Certain restrictions apply. Call for details.

You Can Make More Money* and Get a Better Job
We make it easy for you to start college!

MEDICAL
Courses In:
- Medical Assisting, Respiratory Therapy
- X-Ray Technology (Ltd.Scope), Laboratory Technology
- Pharmacy Technology, Healthcare Administration
- Medical Coding/Billing, Nursing Administration
- Medical Specialties, Medical Office Administration

Preparation for Certifications/Licenses**

COMPUTERS & BUSINESS & ACCOUNTING
- Financial Aid Available for Qualified Students
- Associate’s, Bachelor’s & Master’s Degrees
- Employment Assistance for Graduates
- Preparation for Certifications and Licenses
- Accredited Member ACCSC
- Programs Approved for Veterans

Evening, Day & Online® Classes Start Next Month

Use it in college and keep it when you graduate. Certain restrictions apply. Call for details.
OU MESSAGES FROM TIJUANA

by Lorena Mancilla

A Schizoid City
Tijuana has suffered from multiple personality disorder for way too long. It’s been a place for trade and fugitives — for anyone who needed to escape from anything, whether it be extreme poverty, a violent husband, a shotgun wedding, a jail sentence, a closeted gay life, or boredom. All were welcomed in Tijuana. In the past five years, though, it became a place to escape from.

Anyone who needed a dose of Mexican kitsch, a couple of prescriptions filled, a Cuban cigar, and a margarita found heaven on Avenida Revolución. This is the Tijuana most tourists knew, but now it’s gone; La Revo is a ghost town of empty commercial spaces and former club hangouts. People lived for the news, the newspapers. Morbid stories intensified the paralysis; fear became the most ubiquitous feeling throughout the city.

The downtown scene was still underground but was attractive. Cine Bujazán, an old movie theater on Avenida Constitución, was destroyed by a fire in 1993 and it became an abandoned space until 2001, when Julio Orozco held a photo exhibit in its ruins (the roof burned completely). In 2004, the space was taken by a group of young music promoters; they called it Multikulti. It became an alternative venue for rock concerts and art exhibits. Then Radio Global, an internet radio station based in Tijuana, started to hold parties downtown. Yonkeart made a documentary on La Estrella, an old-school dancehall with wooden benches.

In 2007, Sonidero Travesura, a music project that rescued the cumbia sound and the grupero style of musicians that usually play at quinceañeras and bailes, brought the younger crowd to La Estrella and the forgotten downtown cantinas. All of this had been documented since the early 2000s by emerging Tijuana bloggers who were long-standing visitors of the Centro nightlife. All of a sudden, everyone noticed that they could have fun in these places — there were no narcos, guns, or hard drugs (or even soft ones, with notorious continued on page 17.

YOU COULD SPOT THEM BECAUSE THEY WERE THE ONLY ONES IN THE TRENDY CLUB WITH A JUICE BOX ON THEIR TABLE.

Mr. and Mrs. Smith

New patients only. Not valid with any other offer. Exp. 2/28/10.

$100 off 1st two months w/ this ad. New students only. Not valid w/ any other offer. Exp. 2/28/10.

200 Off English Class*

English as a Second Language Program
ESL/TOEFL $200 a month
* $100 off 1st two months w/ this ad. New students only. Not valid w/ any other offer. Exp. 2/28/10.

Bachelor’s, Master’s, or Ph.D. degree in Psychology!
Bachelor’s and Master’s Degrees in Business Administration for $390-$400 a month
New Cambridge andFri./Sat. TOEFL classes
New Integrative Nursing Care Certificate
New “Green” MBA $400/month
Classes also available online!

SDUIS
San Diego University for Integrative Studies

800.234.7041 or 619.297.1999
Now in Old Town • 3900 Harney St. • Come in today or call, www.sduis.edu

soft contacts

Includes Exam & Follow-up
Daily or extended wear • Bausch & Lomb SL38 • Some power restrictions
2 pair $116

Eyeglass Special
Includes exam, frames, S.V. plastic lenses.
$143 complete

Eye Exam Plus
Eye exam, one pair of glasses, 2 pair of contact lenses.
$176

Colored Contacts
With prescription.
3 Pair $45

DR. PHILLIP LEVY, O.D., FAMILY OPTOMETRIST
5020-B Baltimore Dr., La Mesa (Next to Starbucks)
1.877.209.8142

Others do not include previous prescriptions, other discounts, specials, or 3rd-party plans. We accept most vision and insurance plans. Single-vision plastic lenses. Restrictions apply.
and camera-repair shops, turning places that were whole bunch of bar owners escaped the expensive ventilation made them uncomfortable. It was too by every urban tribe any night of the week. news on time: downtown was being taken over would be a potato sack — a pure wool dents used to call it); the outfit's closest relative wore every time I went on the Paseo Inmoral or The Calle Sexta Phenomenon.

There were candy sellers, Polaroid photographers; even bars that took pesos and dollar bills. exceptions). The beer was cheaper than any Calera opened in January of 2009, followed by many others. Even though business openings are if the Nazis ever dreamed of having a bar in that didn't get the it would be easy to see that they're not the same people that in other times would have never gone downtown because it was considered a dirty, poor, and dangerous place. On the other hand, the migration back out into the night is seen as the way new generations of Tijuanenses are reclaiming their city and their right to have fun and feel safe, to feel on par with the crowd that traditionally visited the old cantinas, the ones that served a famous writer, a maquiladora worker, a taxi driver, or a Grammy winner. For decades, anyone who walked Avenida Revolución would be harassed and fought over by club workers competing for a commission on the customer's tab. In fancier antros or discotecas, the bouncers would profile people at the door and leave anyone outside who didn't meet their standards. These are practices that don't belong here. Rafa Saavedra, the most notorious chronicler of Tijuana's nightlife says: "The rules have changed. No bar with a velvet rope will be successful here, cover charge is gone for good, there's no special treatment for anyone, none of the bars take reservations or offer full bottles. That's why it's very unlikely that malandros move in, since they like to be noticed, to get preferential treatment, and this won't happen here. The Calle Sexta phenomenon's secret is simple: celebration. We all like to be a part of it." I can't deny it. I have mixed feelings toward the new popularity of Calle Sexta. I'm sure it will bring a new set of problems or revive some of the old ones, but today the most attractive part of visiting downtown at night is diversity. There's everything for any taste (except narco-corridos): industrial music, Japanese pop, '80s new wave, cumbias, norteno love songs, electronic pop from Spain, an occasional toca de local and foreign indie bands or DJs. And even though the range of options keeps growing, there's nothing like exploring the old cantinas; when one finds a place with a jukebox full of José José songs, walls of mirrors, red vinyl booths, silk flowers, a little empty dance floor, a clean restroom, and two-dollar beers, one can forget about time, the economy, love, crime, and the fact that the car is at a public parking lot that closes at 1:00 a.m....well, that can be a problem.

Lorena Mancilla has a degree in philosophy and owned a cigar shop in Rosarito until the local economy tanked. She currently teaches literature and ethics in Tijuana. Her blog is at: lorena.mancilla.blogspot.com.

Glossary

Antro: Nightclub.
Botanita: Little snack. There is a variety of snacks served in cantinas all over Mexico, most of the time served for free.
Chup: A rigid, thick, square sweater worn by hand that falls below the hips.
Colonia Condesa: A Mexico City neighborhood that has a high concentration of cafes, bookstores, bars, and restaurants; a lot of artists and intellectuals live there.
Ficha: A woman whose job in a bar consists of drinking with customers or dancing with them; the bar pays her a commission (not to be mistaken with a stripper or sex worker),
Fresa: A person who belongs (or pretends to belong) to the upper–middle class.
Malandro: Delinquent, criminal.
Manguera: One who thinks it is glamorous to act, look, talk, like a drug trafficker, even when he only aspires to be one.
Narco-Corridos: Songs that pay homage to Narcos and their accomplishments, deaths, cars, guns, stories, codes, lifestyle.
Pulque: Fermented sap of the agave plant (very sour), served in many flavors, such as pineapple, mango, and strawberry.
Tocada: A small rock concert.

To read "Yonder Lies It" en español, go to sdreader.com/yonder

---

**Yonder Lies It**

continued from page 16. exceptions. The beer was cheaper than anywhere else (no wine or fancy martinis), and there was a jukebox that took pesos and dollar bills. There were candy sellers, Polaroid photograph-ers, men who carried a generator on their neck and offered electroshocks for a tip, and the wait-resses were long-haired señoritas that brought a little botanita with the beer. It was a paradise for nostalgia lovers.

The traditional local-bar areas of Tijuana started to suffer from this migration, and the only customers left there were narcos, mangueras, and a couple of lost Tijuana fresas that didn’t get the news on time: downtown was being taken over by every urban tribe any night of the week.

At some of the places, it became almost impossible on a Saturday — body heat, smoke, and poor ventilation made them uncomfortable. It was too much for the original bars, so other bars moved in. A whole bunch of bar owners escaped the expensive rents and the risks of other bar areas. They moved into old bookstores, former Chinese restaurants and camera-repair shops, turning places that were whole bunch of bar owners escaped the expensive ventilation made them uncomfortable. It was too by every urban tribe any night of the week. news on time: downtown was being taken over by every urban tribe any night of the week.

**The Calle Sexta Phenomenon**

During the ’90s, I had a special outfit that I wore every time I went on the Paseo Inmoral or Tour Histórico Cultural (as some humanities students used to call it); the outfit’s closest relative would be a potato sack — a pure wool chup that I bought from an Indian in Chiapas many years ago. It was my armor because no one would take a woman wearing such a thing to the dance floor. We all did the same: no woman who went to the downtown cantinas would dare wear a skirt or a sleeveless blouse if she didn’t want to run the risk of being mistaken for a ficheria. And we always went in a group. It was a tradition for many students to go cantina hopping, starting the tour in the red-light district and ending it on Calle Sexta. For veteran visitors, it can be a shock to see how the scene and crowd have changed. There are hordes of cute miniskirts and strapless dresses, shorts, and trendy boots; kids who get together to flat-iron their hair before they go out; guys with perfectly groomed beards and ear expansions. Some bars serve tomato pulque and mocha mezcal. At some of the hippest bars, a ten- peso coin can be exchanged for a Styrofoam cup of cold beer. There’s even a little coffee shop that has a cinema club with art films. There’s a couple of lounges that would fit in easily in Mexico City’s Colonia Condesa, but also there is a bar that’s a death trap of metal staircases, walls made of cyclone fence, and empty trash bags. Some say it’s Tijuana gone Mad Max; I say if the Nazis ever dreamed of having a bar in Auschwitz, this would be it.

This radical change started when La Mezcalera opened in January of 2009, followed by many others. Even though business openings are great for Tijuana’s economy, sometimes the new bars can be weird...like a sterilized prototype designed to satisfy upper-middle-class hipsters, the same people that in other times would have never gone downtown because it was considered a dirty, poor, and dangerous place.

On the other hand, the migration back out into the night is seen as the way new generations of Tijuanenses are reclaiming their city and their right to have fun and feel safe, to feel on par with the crowd that traditionally visited the old cantinas, the ones that served a famous writer, a maquiladora worker, a taxi driver, or a Grammy winner. For decades, anyone who walked Avenida Revolución would be harassed and fought over by club workers competing for a commission on the customer’s tab. In fancier antros or discotecas, the bouncers would profile people at the door and leave anyone outside who didn’t meet their standards. These are practices that don’t belong here.

Rafa Saavedra, the most notorious chronicler of Tijuana’s nightlife says: “The rules have changed. No bar with a velvet rope will be successful here, cover charge is gone for good, there’s no special treatment for anyone, none of the bars take reservations or offer full bottles. That’s why it’s very unlikely that malandros move in, since they like to be noticed, to get preferential treatment, and this won’t happen here. The Calle Sexta phenomenon’s secret is simple: celebration. We all like to be a part of it.” I can’t deny it. I have mixed feelings toward the new popularity of Calle Sexta. I’m sure it will bring a new set of problems or revive some of the old ones, but today the most attractive part of visiting downtown at night is diversity. There’s everything for any taste (except narco-corridos): industrial music, Japanese pop, ‘80s new wave, cumbias, norteno love songs, electronic pop from Spain, an occasional toca de local and foreign indie bands or DJs. And even though the range of options keeps growing, there’s nothing like exploring the old cantinas; when one finds a place with a jukebox full of José José songs, walls of mirrors, red vinyl booths, silk flowers, a little empty dance floor, a clean restroom, and two-dollar beers, one can forget about time, the economy, love, crime, and the fact that the car is at a public parking lot that closes at 1:00 a.m....well, that can be a problem.

Lorena Mancilla has a degree in philosophy and owned a cigar shop in Rosarito until the local economy tanked. She currently teaches literature and ethics in Tijuana. Her blog is at: lorena.mancilla.blogspot.com.

Glossary

Antro: Nightclub.
Botanita: Little snack. There is a variety of snacks served in cantinas all over Mexico, most of the time served for free.
Chup: A rigid, thick, square sweater worn by hand that falls below the hips.
Colonia Condesa: A Mexico City neighborhood that has a high concentration of cafes, bookstores, bars, and restaurants; a lot of artists and intellectuals live there.
Ficha: A woman whose job in a bar consists of drinking with customers or dancing with them; the bar pays her a commission (not to be mistaken with a stripper or sex worker),
Fresa: A person who belongs (or pretends to belong) to the upper–middle class.
Malandro: Delinquent, criminal.
Manguera: One who thinks it is glamorous to act, look, talk, like a drug trafficker, even when he only aspires to be one.
Narco-Corridos: Songs that pay homage to Narcos and their accomplishments, deaths, cars, guns, stories, codes, lifestyle.
Pulque: Fermented sap of the agave plant (very sour), served in many flavors, such as pineapple, mango, and strawberry.
Tocada: A small rock concert.

To read “Yonder Lies It” en español, go to sdreader.com/yonder

---

**Go Green... Recycle Your Jewelry**

Buyers of Gold, Platinum, Silver, Jewelry, Fine Watches and Estates

REDESIGN • REPAIR • RECYCLE

Step 1: Gather all of your jewelry & precious items.
Step 2: Make an appointment at Rock-n-Gold for our experienced staff to evaluate your jewelry.
Step 3: Upon your approval, we will provide you with either an immediate payment, estimate of cost to repair, or begin the redesign process.

www.rockngold.com

8199 Clairemont Mesa Blvd. Suite H • San Diego, CA 92111
Appointment Recommended • 858-371-4560

**Sell & Buy**

Books, CDs, DVDs, Games
(We may not purchase certain titles.)

All items are clean and in good condition!

We sell
Books starting at $1.00
CDs starting at $1.00
DVDs starting at $3.00

**BOOK-OFF**

A never-before-seen used book store!
Open 7 days a week 10 am-8 pm
18

We welcome letters pertaining to the contents of the Reader. Phone them in at 619-235-3000, ext. 460; address them to Letters to the Editor, Box 85803, San Diego CA 92186-5803; fax them to 619-231-0489; or use our web page at SanDiegoReader.com/letters. Include your name, address, and telephone number. Letters may be edited for length and clarity.

**Got It, LT?**

Re “Super Bowl Edition” (“Sporting Box,” February 4). I look forward to Patrick’s Super Bowl result column. Drew Brees not only has a Super Bowl ring now but is also the MVP, LT., if you want a Super Bowl ring you know what you have to do… it’s not too late.

Geoff Hill via email

**Scientists And Sailboats**

Re “Global Warming Is Crap!” (Cover Story, January 28).

A record cold winter currently does not disprove global warming, nor does a single record hot summer verify it. We live in a scientific age. How many of us are really approaching in the spirit of scientific inquiry. Let’s look at actual data.

— Naomi Wise

**Shoehorn Missing**

Ben Sally’s Restaurant (at the Harbor Village Marriott) has a chef’s table in the kitchen, and A.R. Valentien has a similar arrangement that includes a chef tasting dinner at a large “family” table. (I’ve heard raves about the latter.)

— Naomi Wise

**Sit Near The Sink**

Naomi, you have a great column (Restaurant Reviews), and I read it every week. Are there any restaurants in SD that allow dinner parties to sit in or near the kitchen, similar to what they do in other large cities? Thank you.

Kenneth Selzer via email

**Of Note**

(Edsels Martin & Wood) Published Feb. 10

By weepreeks 4:19 p.m., Feb. 11, 2010

Of Note

MMW is way more than a “Jam” Band…I don’t think words can describe///you have to see them

**City Lights**

(“A Town Left Dry”) Published Feb. 10

By lenny 6:56 a.m., Feb. 11, 2010

If the situation gets any better in Borrego I may drive...
### Thirty-Five Years Ago

**Watching Lyn Lott play the final hole on Sunday was an honest lesson in the pro golf version of catch-22.** On the seventy-second, par five, eighteenth hole, the left side of the green fronted by newly created water, Lott dove into the left rough, but had a good lie. Lott, two over par through seventy-one holes, rhythmically asked the gallery what they thought, then played safe, pitching his second hit short of the water hazard, chipping over the pond, then two putting for his par. His performance won him $663.

— “IN THE GREEN.”
Richard Pesin, February 20, 1975

### Thirty Years Ago

One adjective in the critic’s lexicon which is often construed as pejorative is “pleasant.” For example, Kenny Loggins is pleasant. Even though I can’t imagine myself wrestling with insomnia over missing Loggins’s upcoming concert Sunday night at the Sports Arena, I wouldn’t mind attending it. With insomnia over missing Loggins’s upcoming concert Sunday night at the Sports Arena, I wouldn’t mind attending it.

— MUSIC SCENE: “THIS WEEK’S CONCERTS,” Steve Esmedina, February 24, 1980

### Twenty-Five Years Ago

Fellow tourists you encountered on the street have told you that there’s a four-hour wait at the San Ysidro border crossing. But you’ve seen the local TV news coverage of the new brand-new Otay Mesa crossing, and you’ve heard that there is virtually no wait to cross it. You've seen the local TV news coverage of the new brand-new Otay Mesa crossing, and you've heard that there is virtually no wait to cross it.

### Ten Years Ago

I’ve just gotten off the trolley at 25th and Commercial, looking for breakfast. Here we’re in WWII-era San Diego. Developer money won’t touch it.

I cut up 30th Street toward Imperial. But lots of its shop fronts are locked and boarded.

That’s when I get the whiff. Across 30th. Catalano’s, a stucco place in an ancient corner building. I mean, I’d been hoping for sausages and eggs, but, hey, pizza guy’s cooking in there.

— TIN FORK: “PIZZA FOR BREAKFAST,” Ed Bedford, February 17, 2000

### Five Years Ago

Whenever I’d imagined myself in police cars, I was always in back. Cops were the bad guys, just the “man” out to get you. But that was before my sister Jenny began dating Brad a couple of years ago. When I found out he was a “CHIP” the first thing I thought was, I guess Jen’s not coming to any more of my parties.

— “BARBARELLA SWEEPS THE BEATS WITH THE HIGHWAY PATROL,” Barbarella, February 17, 2005

For more stories by these authors, go to sdreader.com.
Dear Matthew:

Crampons, ice axes, and rope bolts into a big rock climbers’ favorite winter sport — sticking up the ice walls can get thick enough to climb. It’s behind the icicle wall. But if it gets cold enough, its outer shell of ice, and water could be spilling wallpaper. Perhaps the river is still flowing under up with a solid wall of ice that looks like icicle ice has slowed the river enough, we might end at the foot of the falls or an icicle at the top. If by the falling water hitting rocks, and that fine behind the falls. Our ice seed maybe gets sprayed depends a little on the contours of the rock face freeze takes a lot of details to fall into place. would speed things up. To get a good waterfall ourselves some ice stuck to rock. A good cold is cold and slow enough, a second water mole- cule, one stuck to a rock, maybe. If the water do that. Next, we need a “seed” water mole- slow down the water molecules, and cold will ing temps. Below 32˚ Fahrenheit. We need to if conditions are right. First we need sub-freez- ing it. Any creatures (including birds, sharks, and snakes) that live in or even near a saltwa-

Waterfalls and rivers usually freeze from their edges toward the middle, though that depends a little on the contours of the rock face behind the falls. Our ice seed maybe gets sprayed by the falling water hitting rocks, and that fine layer of water begins to build up into a pyramid at the foot of the falls or an icicle at the top. If ice has slowed the river enough, we might end up with a solid wall of ice that looks like icicle wallpaper. Perhaps the river is still flowing under its outer shell of ice, and water could be spilling behind the icicle wall. But if it gets cold enough, the ice walls can get thick enough to climb. It’s rock climbers’ favorite winter sport — sticking crampons, ice axes, and rope bolts into a big berg and working their way to the top.

Matthew:

I think we live in the First World, and I’m pretty sure places like Haiti are the Third World, so that means there must be a Second World, so what’s the deal with that?

— First Worlder, via email

It was the Commies. The sneaky pinko weasels such as Russia and Cuba and China and Albania. All those countries out to conquer the world and turn it into a socialist workers’ utopia. The whole scheme was a clever shorthand for the global situation during the Cold War. The First World of industrialized, capitalist countries such as us and England (the good guys); the Second World of the Red Menace (the bad guys); and everybody else, all those little countries that don’t count, the Third World.

Matt

How come if a human being drinks seawater he’ll probably get sick and die, but whales, dol-
phins, and walruses, and penguins can drink ocean water and thrive on it?

— Curious Bob, University City

Yeah, a cup or two of Mission Bay water would do you in, that’s for sure. I’m not even posi-
tive a walrus could handle it. But I have a sur-
prise for you. Most marine mammals don’t drink salt water. They couldn’t deal with a constant diet of Pacific Ocean either. Scien-
tists are a little bit in the dark about the drink-
habits of whales and some dolphins, since they’re hard to observe in the wild. But since the mammals need water, how do they get it? From the fish they eat. Fish are low-sodium tidbits, so marine mammal kidneys can han-
dle it. In fact, they can extract water as they metabolize the fish to satisfy their needs. The salt content of marine mammals’ blood is not so different from the blood of terrestrial critters.

Sea otters, seals, sea lions, and manatees have been observed occasionally drinking sea-
water. But they’re capable of concentrating and excreting highly salty urine, so they can han-
dle it. Any creatures (including birds, sharks, and snakes) that live in or even near a saltwa-
ter environment have some method of getting rid of excess sodium. For that matter, so do all marine fish. Too much salt apparently doesn’t do anybody any good.

A searchable archive of past columns is available at SanDiegoReader.com

Got a question you need answered? Send an email to hey matt@cts.com or fax to 619-231-0489 or mail to Matthew Alice, c/o the Reader, Box 85803, San Diego, CA 92186.
The first time I visited Vancouver was in the late '60s. I was living in Fairbanks and decided to spend the winter outside, which is what we called any place not in Alaska.

Since it was August, the weather was still good, so I set upon a plan to buy a motorcycle and drive it to California. I’d never ridden a big bike before, but no matter: I bought the first one I looked at — a used, 650cc Triumph Bonneville.

Two days later, bike and long-haired self were headed south. No helmet, no gloves, and a day-pack for luggage. Mind you, my trip wasn’t entirely irrational — the route was paved from Fairbanks to the Alaska/Yukon Territory border, thence 310 carefree miles on a hard-packed dirt road, thence reenter Alaska at Dalton Cache, and 40 paved miles later I’m parked in front of the Alaska ferry terminal in Haines (then a city of 800, built near the head of the Inside Passage). Thence, board the ferry, sleep on the deck, party with backpacking students, enjoy the restaurant, double-enjoy the bar, promenade, read a book, watch trees go by, and generally lollygag for the entire 39-hour ride to Prince Rupert, British Columbia. Thence disembark and drive on paved roads 1100 miles to Seattle.

Didn’t look like a big deal to me, particularly the last leg. That looked like the standard San Diego—Portland two-day grind. And the ferry ride would be fun. It was fun. I arrived in Prince Rupert refreshed and enlivened. I should back up here and tell you the motorcycle broke down three times during the 650-mile Fairbanks-to-Haines run. Saying that, the breakdowns were super convenient: I was at or ridiculously near a gas station or truck stop every time. The super convenient: I was at or ridiculously near a gas station or truck stop every time. The super convenient: I was at or ridiculously near a gas station or truck stop every time. The super convenient: I was at or ridiculously near a gas station or truck stop every time.

It took nine days to reach Vancouver. I crashed at a frat house next to the University of British Columbia and refused to leave until the motorcycle was stolen or sold.

The second time I visited Vancouver was four or five years later. I drove up from Las Vegas with Peggy O’Brien. I’d been thinking about buying land on one of the islets that lay between Vancouver Island and the mainland.

When we got to the border crossing at Blaine, the Canadian agent ordered us inside for questioning. Two agents questioned us together and then separately, and then we were brought together again and escorted to the plastic-chair room to sit for awhile. Awhile passed and we were walked to the wooden-chair room and told we would not be allowed to enter Canada. I asked the agent with the black mustache, “Why?”

I felt the heat of Canadian hatred: “You are traveling with an unmarried woman.”

Unmarried woman and I returned to my truck, drove back to Seattle, over to Port Angeles, boarded the ferry to Victoria, thence to Lasquetia Island and thence to Vancouver. We stopped by the frat house for a beer.

Wishing Vancouver a glorious Winter Olympics…
San Diego Reader
February 18, 2010

20% off synthetic lawn
20% off installations done by February 1, 2010. Call for details.

Engineered wood flooring
$689 per sq ft.
Includes installation. Call for details.

Granite countertops in 5 days just $2,995
Up to 50 sq ft. Choice of ten colors and six edge profiles. Call for details.

Garage door tune-up $59
Balance and adjust, lubricate all moving parts, inspect spring. Parts extra. Call for details.

$750 off cabinet refacing
Custom cabinet refacing installed in 3-5 days. Financing available. O.A.C. Call for details and a free in-home consultation.

Quality remodeling 10% lower than any competitor!
We'll beat any estimate! Call for details.

$20 off any plumbing repair
Completely service and repair. Call for details.

$1,500 off interior or exterior painting
Featured on Channel 10's Extreme Home Makeover. Call for details.

$600 off whole water treatment system
For home only. Free installation. Call for details.

$59 duct plus carpet cleaning
Reg. $129. Unlimited rooms and returns. We clean and vacuum entire ductwork, include 2 rooms of carpet cleaning. Call for details.

$22 by Anthony Gentile

fast break

Mount Miguel beats Santana to climb closer to league crown
Posted February 13, 2010
Friday night, Mount Miguel took a big step toward winning the Grossmont Valley League. The Matadors beat Santana at home 72-63 to move within one win of a share of the crown. “It feels good. Mount Miguel boys haven’t won a basketball league in a long time,” said Matadors guard A.J. Stanford.

The teams combined for 24 fouls in the first half. “It was very physical,” Stanford said. “We couldn’t come out here playing soft. We knew it was going to be a real physical game.”

Mount Miguel (21-6, 6-1) made their move in the third quarter by attacking the rim offensively and playing aggressive man-to-man defense. The Matadors closed out the quarter with a 15-2 run en route to a win in the rubber match between the two teams this season. Mount Miguel beat Santana in the DIII Challenge in December, and the Sultans returned the favor in their previous league meeting.

No. 6 Christian beats Kearny to extend win streak to 20
Posted February 9, 2010
The last time No. 6 Christian lost was so long ago that they might not remember how it feels. The Patriots (22-2, 9-0) won their 20th consecutive game on Tuesday night, beating Kearny 68-59. Christian held Kearny (8-12, 4-5) to only eight points in the third quarter and led by double digits headed into the fourth. The Komets rallied to make it a five-point game with two minutes to play. But after a timeout Christian guard Cody Poteet hit a three that ended any chance of a Kearny comeback and allowed Christian to win going away.

No. 5 Torrey Pines holds Hudson to beat No. 9 Escondido
Posted February 10, 2010
After being gashed by Escondido guard Joe Hudson in their first meeting, No. 5 Torrey Pines vowed not to let it happen again. The Falcons kept Hudson in check after the first quarter and earned an 81-64 win over the ninth-ranked Cougars.

“We really made an effort to be in help defense and really make it hard on Joe to get points up,” said Torrey Pines guard Max Heller.

“The teams combined for 24 fouls in the first half.”It was very physical,” Stanford said. “We couldn’t come out here playing soft. We knew it was going to be a real physical game.”

Mount Miguel (21-6, 6-1) made their move in the third quarter by attacking the rim offensively and playing aggressive man-to-man defense. The Matadors closed out the quarter with a 15-2 run en route to a win in the rubber match between the two teams this season. Mount Miguel beat Santana in the DIII Challenge in December, and the Sultans returned the favor in their previous league meeting.

No. 6 Christian beats Kearny to extend win streak to 20
Posted February 9, 2010
After being gashed by Escondido guard Joe Hudson in their first meeting, No. 5 Torrey Pines vowed not to let it happen again. The Falcons kept Hudson in check after the first quarter and earned an 81-64 win over the ninth-ranked Cougars.

“We really made an effort to be in help defense and really make it hard on Joe to get points up,” said Torrey Pines guard Max Heller.

“We followed the game plan tonight.”

From the opening tip, the game looked like it would be a fast-paced shootout. Escondido had a 25-22 lead after a first quarter in which Hudson scored 11 of his 26 points. Torrey Pines (21-3, 6-1 Avocado) tightened up their defense in the second quarter, holding Escondido to only six points. The Falcons got a boost off the bench from Scott Mainquist, who scored 10 of his 13 points in the quarter.

Escondido (15-9, 5-2) turned up the pressure to start the second half and just more than a minute in, Hudson hit a three to make it a five-point game. But Torrey Pines pulled away in the fourth quarter on their way to the 17-point victory.

Christian guard Icaro Parisotto goes up for a shot against a Kearny guard
We’ve been driving beaters almost since we got married. Our last “new” car was eight years old when we bought it. Every now and then I catch him noticing the new Dodge Challenger, and he knows how much I’d like a convertible PT Cruiser (oh, to take the top down and still be kid friendly).

On Valentine’s Day I teased him about the lack of a red PT in the driveway, even as I started thinking about maybe getting him a vanity plate that hinted at future glory: CHLINGER.

My first call was to Deein McKee at McKee’s Auto Registration in Lemon Grove (619-698-8818).

“You can order personalized plates online at dmv.ca.gov, but the plate will be sent to the DMV,” she said. “You choose it online, but you have to go in and wait in line in order to actually get it assigned. But if you come to us, we can have it sent to our private DMV address — we pick it up for you and get it assigned for $25. You don’t have to wait in line at all.” (McKee also does registration renewal for $29.)

McKee said that it was a good idea to show up with a list of possible ideas and/or spellings for a desired phrase.

“Tons of personalized-plate sayings are already taken,” she says, “but I can check right away to see if what you’ve got on your list is available. And if it is, I can reserve it for you. After that takes two or three months for your plate to get made. Once it’s ready, you get a card in the mail, and you bring in your old plates and your registration. ”

A standard personalized plate costs $49, with an additional $38 a year (above regular renewal fees) to renew.

If you want to spend a little more, the extra expense can do the world some good even as it satisfies your vanity. “There are probably 20 different types of plates that you can choose,” says McKee. “The plate with a whale tail gets your extra expense donated to the beaches and public coastlines. The arts-council plate — the one with palm trees and the sun setting over the ocean — means your proceeds go to California arts and education. The kids’ plate — you can choose a hand, a heart, a plus sign, or a star before your personalized message — puts proceeds toward children’s health and safety. I have the California Memorial plate — there’s a flag in the background, and it says, ‘We will never forget’ at the bottom. Proceeds go to antiterrorist work and a memorial scholarship fund.”

Specialty plates cost $98, with a $78 annual renewal fee, except for the kids’ plate, which is $50 up front and $40 a year after that.

Adds McKee, “They won’t allow anything having to do with sex or gangs, and no cuss words. The computer is programmed to kick back any inappropriate stuff.”

Finst City Registration (858-270-1471, finestcityreg.com) offers the same services as McKee, but in a La Jolla location.

But this is “Best Buys,” and I’m all about the bargains. So I looked into getting Patrick a message he could send without changing the plates. Maybe something snappy around the edges?

Gina at Gunther Gifts in Carlsbad (760-476-9131; gunthergifts.com) told me that her most popular license-plate frames were the personalized stainless steel ($25) with the engraved message and the “superior chrome” ($14.95), “which has engraved plastic strips that attach to the frame. Our most expensive is ‘The Best in Chrome’ [$80] — the inscription is cut out of the chrome and then color is painted into the groove. That one is made from solid brass.”

All Gunther offerings come with a choice of 14 different font styles. “Most plates take three to five days to make, and shipping is $6 to $6.50. You can put anything you want on it — we get some really interesting things.”

If you want same-day service, try Fast Keys  ($15.99, with $12 99 for lunch in Clairemont (888-278-1323; fastkeys.com).

“We have metal frames in black or chrome for $15.99,” said employee Cesar. “We do the engraving on plastic inserts that we glue onto the metal. The inserts come in red, black, blue, gold, white, and silver, and there are four fonts to choose from. There’s room for about 20 letters on the top and 30 more on the bottom. And you can say anything you want.”

Jason at Pep Boys in Normal Heights (619-283-7107; pepboys.com) says, “We have a range of frames from $4 to $30. If you want to personalize something, we sell one for $12.99 that comes with plastic letters — you slide them in, and you can arrange them however you like.”

For more stories by this author, go to sdreader.com.
I offered my ration to a guy I’d just met, a naval engineer who reacted as if I’d just handed him a 20-dollar bill.

Beer and rugby are more or less synonymous. — Chris Laidlaw

I like to think of myself as pretty hip. It’s not as if I’m walking around with an iPad or anything, but when it comes to most things, I’m definitely more “early adopter” than “laggard.” I was the first among my group of foodie friends to point out that burrata (a gooey-centered mozzarella) had become the chocolate lava cake of 2009 — the latest “in” food to appear on all restaurant menus.

On the day the iPhone was released in June 2007, I stood in line with David so he could be among the first to pick one up. When something fresh is produced, the attention of restaurants is one of the first to note. The first time I went to Blind Lady Ale House in Normal Heights (one of many new beer-centric bars), I ordered a glass of wine. Only now do I realize what a fool I’d been, clinging to my glass of mediocre merlot as I shared pizza with a handful of draft devotees. Toronado, Pizza Port, Karl Strauss, Stone Brewing, Ballast Point — I was familiar with a number of San Diego’s brew-tastic joints; I’d even eaten at a few of them. But in the past five years, I could remember ordering a beer only once… and David was quick to tell me that didn’t count because “beer ciders is not exactly beer.” Speaking of my man, he was way ahead of me on this one — on our last few grocery runs, he’d been skipping the wine section and bringing home strange-looking bottles with even stranger names on the labels, such as Arrogant Bastard, Moose Drool, and La Fin Du Monde (“the end of the world”).

“Where did you find those?” I asked. The only beer brands I knew were the ones I’d passed in the supermarket — the Bud and Coors whose gigantic displays featured digital clocks counting down to the Super Bowl; beers aimed at guys who consider drinking a hobby (with that low-alcohol content, you can pound ’em all day and remain standing long enough to hoot and holler at the television screen in the final minutes of the game).

“Whole Foods,” David said, as he cleared space in the fridge for his bottles. “You know, you might like some of these.”

“I seriously doubt it,” I said. Because I’m totally down with the slow-food trend, I was quick to RSVP when I caught wind of a “fresh dinner” event happening at Stone Brewing Company in Escondido. Each ingredient from the menu was to be procured from a local farm on the same day as the meal. The chef and his staff drove all over the county to collect fare from eight farms (including Peterson Specialty Produce, Wing Lee Poultry & Meats, Carlsbad Aqua Farm, and Suzie’s Farm).

I don’t really think about breweries making beer. It’s not that I didn’t understand the concept, it’s just that — having never sampled the concoctions from any of San Diego’s 33-odd breweries — I tend to think of them more as restaurants that serve beer than breweries that serve food. It was David who informed me that Stone (makers of that Arrogant Bastard stuff he’d brought home) is favored among “beer geeks,” the malty libation’s version of the “wine snob.” Still, as we drove from Hillcrest to Escondido, it had yet to register that I’d be ordering beer with dinner.

Before we were seated, patrons were allowed into the huge space that houses the fermentation tanks. Each of us received a tall glass of fresh, unfiltered beer, poured right from the tap of the tank. I had one sip and declared it too acrid for consumption. Back in the mingling area, I offered my ration to a guy I’d just met, a naval engineer who reacted as if I’d just handed him another 20-dollar bill.

David assured me that not all beer is bitter and reminded me of the flavored Belgian lambics I’d enjoyed. When the server came around, I trusted David to make my selection for me. There is no shortage of choices, and David is not particular about beer. His favorite is Juniper, Juniper is his favorite gin, Grey Goose his preferred vodka), wine (Carnival of Love, the Prisoner), or beer (Dark Lord, Bourbon County). He once tasted over a dozen different bottled-water brands in one sitting before settling on the Spanish Mondariz brand (which, he often laments, is no longer affordable.
extensive selection of Stone’s menu offers an offering which we were informed that resembled motor oil (we ordered a dark and viscous Belgian beer that for new experiences, had first course. vor paired well with the white ale. I was pleasantly surprised when the when the server, his head was asking our server, his head gesturing my way, thereby outing me as the beer novice. The server brought me a glass of white ale. I was pleasantly surprised when the refreshing sour/flora flavored paired well with the first course.

David, always looking for new experiences, had ordered a dark and viscous Belgian beer that resembled motor oil (we were informed that Stone’s menu offers an extensive selection of beers they don’t make themselves).

“Try this,” David said, sliding his glass toward me on the dark wood of the table.

“That’s okay, I’m liking this one,” I said.

He nudged the glass closer until it clinked against my plate and said, “Come on, can’t hurt.”

I raised the glass, sniffed at its muddy contents, and brought it to my lips, allowing barely a drop to enter my mouth. I made as if to return the glass but then hesitated and licked my lips as David watched my face. “Is that caramel I’m getting on the aftertaste?”

“Yeah, I can see that,” David answered. “I was also getting a hint of fruit. And maybe chocolate.”

This time, I took a much bigger sip and allowed the liquid to linger on my tongue. It was only after David cleared his throat that I realized I had been reluctant to return his glass. Finally, I slid it back over to him and uttered words I never thought I’d hear myself say: “I think I’ll have another beer.”

For more stories and videos by this author, go to sdreader.com.
We put out the call, “Tell us your HOA horror stories,” and you came back in your millions. Okay, your dozens. Okay, nearly a dozen. The issue was courage. How could people report on the hell they were living without incurring the wrath of their home-owner association condo-complex captains, who ruled members’ daily lives, from where to place their garbage bins, to what color to paint the doors of the homes they owned, to whether they could park in their own driveway?

Here’s “Ada” (not her real name — like many, she is afraid of retaliation), HOA-complex resident, venting:


“Noisegate — I complained about the neighbor’s noise. The HOA board sent me a letter — and I was on the HOA board.

“Treegate — I got neighbors to complain about the board’s removing too many trees without notice, like the one outside my door. They tried to remove me from the board.

“Doorgate — The board harassed me, first by making me repaint my screen door twice, then making me remove it, taking away my only view.

“Petgate — I complained about cat poop and dog bark, and the board continued to allow all sizes and number of pets.

“Woodgate — The property manager is replacing wooden decks needlessly, and the board is helpless to control them. And we’re expected to pay for them.

“Meetingate — The board canceled two meetings in four months when owners wished to complain. The board does not allow any discussion except for three-minute complaints. It holds secret sessions about contracts and claims this is the law.”

And more. You can get fazed by the largeness of the number of issues and the apparent smallness of each individual issue.
“The [HOA] told me to paint [my screen door]. I painted it black. But they told me to paint it again. As soon as I had finished painting it green, they told me to remove it.”

But Ada echoes a sentiment of the many condo homeowners living at the whim of the few, the powerbrokers who can do anything from fining you to actually foreclosing on your home in the vague legal atmosphere that governs the 6000 HOA condo complexes of San Diego County.

Why no easy-to-understand laws governing this very San Diego societal phenomenon? San Diego is the most HOA-dominated county in the state after Los Angeles. And interestingly,
San Diego HOAs seem to be a lot richer: they have a total annual revenue of $1.5 billion, just a hair behind L.A.'s $1.6 billion, even though L.A. has 13,258 HOAs, double San Diego's 6000, according to figures put out by Levy Erlanger & Co., a San Francisco accounting firm representing 1000 HOAs in the state.

That shouldn’t be a bad thing.

Homeowners’ associations are supposed to be an exercise in democracy, right? The developers build the complexes, people buy the condos, then take over responsibility for the upkeep and appearance and running expenses — and legal title to the place through their duly elected representatives on the HOA Board. So how come there seems to be a continuous chorus of complaints from people living what you might call the perfect kibbutzian, socialist-capitalist marriage: homes, but in a community setting, designed and grouped together to share grounds and gardens and values for harmonious living?

In a way, the whole HOA is a sucker’s game set up by a collusion of developers and local governments. Unpaid HOA assessment fees pay for what should be the municipality’s responsibility, such basics as roads, electricity, sewage, and water. Developers create high-profit, high-density housing and then hand it over, lock, stock, and all financial and legal responsibilities to these amateur boards not only to run what often amounts to million-dollar businesses, but also to keep on paying property taxes to local government for the infrastructure services those authorities didn’t actually have to provide or keep up. No wonder cities love them just as much as developers. No wonder HOA-run condo complexes have mushroomed sixfold, from 7000 in California 20 years ago to about 43,000 today, housing around 10 million, maybe a quarter of the state’s entire population.

HOAs are basically nonprofit associations that homeowners form to maintain their development’s common areas, with a bottom-line mandate to protect their property values. Each homeowner pays a monthly “assessment,” or fee, to finance common expenses, like maintenance of the landscaping, repairing of walks and roads, and keeping pools swimmable. Fees are also supposed to fund a reserve of money to take care of assessments.

In the ultimate in outsourcing, some giant HOAs run virtual cities in the government’s place. Irvine’s Woodbridge Village Association has to maintain 35 parks and 48 swimming pools. The Aliso Viejo Community Association

“*They wanted to save water, so they cut all the bushes back to the bone. So now we don’t have bushes, we have sticks.***
$60 a month. And this complex is half studios and half one-bedrooms. A lot of single people live here. Maintenance [assessment fees] started at $150 per month, and now it’s at $250. It’s 12 buildings with two levels. I’m a ‘downstairs.’ We have these patios that face each other. You can hear everything, but for that price, who’s complaining?

“I got in here and I was so rah-rah. I volunteered for the board. I ran against no one and I got on the board.”

That’s when the problems of close-living started.

NOISEGATE: “I heard a scream in the middle of the night. [A neighbor] was watching a horror movie. [After I complained] the woman who made the noise started yelling at me. And I just said, ‘Hey, wait. I’m a volunteer [board member]. Don’t treat me like that.’ She comes down [to the board] and tells them that I was using my position on the board to tell her to be quiet.

“And they said to me, ‘No, you’re not allowed to do that.’ It was nothing like me [throwing my weight around], telling her I’m on the board. But there were three people who just didn’t want to hear from me or anyone else on the board.

“We had a woman with a 50 lb. dog that would jump off her bed every morning at 4:00. Thump! We had another lady who left her dog at home crying until 2:00 in the morning. We had people putting their dogs outside and [the dogs] barking all night. Also, parties late at night. There has been one quiet year since I have moved in. Now they’re saying we can’t talk to our neighbors? We’re supposed to go straight to the police? Come on. The police tell us, ‘Work it out. With the board or whatever.’ Right.”

DOORGATE: “My screen door was that very dark brown-black metallic that it comes in. They were supposed to be black or green. The [HOA] told me to paint it. I painted it black. It was one of the colors that was allowed. But they told me to paint it again. And then as soon as I finished painting it green, they told me to remove it. Remove the door. They can do that. They were saying that it was too old. Except, if I wanted a view, I had to look out the screen door. Now I have no view. I don’t think anybody else in the complex ever got asked to take their door off. I felt that that was a certain amount of harassment. They can do things like that, so people are afraid. The atmosphere is just terrible.”

TREETOP: “They don’t ask, they don’t tell you that they’re going to take down this tree that you’ve been living with for ten years. You wake up one morning to see people outside your door just cutting down your tree. I called up neighbors and said, ‘If you don’t want the tree removed, call up the president or someone on the board.’ And someone did and must have yelled at them. So they got very mad at me. It’s ‘You’re not allowed to contact the board, except [for] that three minutes you’re allowed at the [monthly] meeting. I said, ‘Why did you remove this tree, when that [other] tree is the one overhearing the cars?’ And they removed that one too. It’s just awful. Nobody voted on this. Nobody votes for anything.

“Then they wanted to save water, so they cut all the bushes back to the bone. So now we don’t have bushes, we have sticks…with little leaves growing out of the trunks. The hedge was here for ten years. All of a sudden it’s dead. And now we have a little hedge here and there, and it’s totally barren.”

PETGATE: “I had an incident with a cat [pooping] on my porch for six months. And every time you bring it..."
PIPEGATE: “They gave us notice on a Monday. They were going to put locks on our door on Friday. We got one week’s notice. And some people weren’t even home.

They were [doing repairs, including] putting epoxy [lining] in our pipes, which we know is more toxic, but also only ten years’ warranty, and we know that it can’t be fixed. If anything rips again, we don’t know what we’re going to do. You can’t replace epoxy-lined pipe.”

Again, no consultation, she says.

“I mean, it’s our property! We couldn’t even get 30 days’ notice. People had pets that they had to get rid of for two weeks, three weeks. We got one extra week’s notice. The whole attitude in the letter was ‘Remove your stuff or we will remove it for you.’ Just this attitude like a landlord. Very harsh. I was much happier as a renter. My worst landlord was a dream compared to these people.”

BOARDGATE: “I found out that we [the homeowners] are supposed to vote for any contracts with vendors, like the landscapers. It’s more than a year [since] I found that law, and they somehow have got around it. They go into secret session for contracts. I even asked them, ‘Why is it secret?’ ‘Oh, it’s the law.’ Whenever you ask anything, they just tell you, ‘It’s the law.’ For me, you’re only secretive when you’re fining somebody or when you’re talking about an individual homeowner. I asked them to give notice [of meetings, for example], but they don’t respond to things like that. Here it is 2010, and they don’t communicate with us by email yet. They post things on a bulletin board. Or, take post things on a bulletin board.”

“Here it is 2010 and they don’t communicate with us by email yet. They post things on a bulletin board.”

My Neighbor, the President: Or, take Warren Reidel, living specializing in gastroenterology at Scripps Clinic in Torrey Pines — lives on a four-acre swath of Rancho Santa Fe, in the gated community of Rancho Farms Estates. The homes go for from $1.5–$8 million and range from 3,000–10,000 square feet. There are 40 residences on four different streets. It’s a 13-year-old development without guards, so you punch your code in or use your garage opener to open the gates. Or wait for a gardener to come through, then follow him in.

It looks idyllic — if you’re into breaking the social contract and living a kind of apartheid life of exclusivity. But Reidel is at war with his HOA… and its presi-
over my property to get to his house. Otherwise there are no homes on the street. So all was peaceful. Then a few years ago, [my wife and I] were parking our cars up our driveway in front of our garages, and when he [Mr. Reese] was driving by to his house, he would see them. He decided that he didn’t like to see our cars parked in front of our garages. So, being the president of the homeowners’ association, he sent out a letter saying, ‘You’re not allowed to park your car in front of your garage.’ Now the homeowner association’s CC&R [covenants, conditions, and restrictions] just says everyone must have a garage. ‘Now the homeowners association’s president of the homeowners’ association, he sent out a letter saying, ‘You’re not allowed to park your car in front of your garage.’ It has to be in your garage. ‘Now the homeowner association’s CC&R [covenants, conditions, and restrictions] just says everyone must have a garage. Doesn’t say you have to have a garage. ‘Now the homeowner association’s CC&R [covenants, conditions, and restrictions] just says everyone must have a garage.

Because he’s getting a free driveway done. He gets to drive up my driveway. And he said, ‘Oh, by the way, you have $5000 that the previous owner had put down as a deposit for this landscape project, and when you finish your driveway, if you show them receipts for what you spent’ — and I ended up spending $20,000 on it — ‘you can get that money back.’

Paid Research Study Volunteers

Anxiety - Stress - Pain Sensitivity
Males or females, 18-65 years
If you have been diagnosed with PTSD, another anxiety disorder or do not have anxiety but would like to participate in research and are otherwise healthy, please call for more information. You will be reimbursed a total of $45.

UCSD Department of Psychiatry
858-534-2671

Therapeutics Clinical Research is conducting a 11-week research study of an investigational topical medication for eczema (also known as atopic dermatitis).

We need participants:
• with eczema of the legs, arms and/or torso
• 18-55 years of age, in general good health
• experiencing moderate to severe itchiness

Qualified participants will receive:
• Study-related evaluations by a board-certified dermatologist and study medication at no cost
• Compensation for time and travel

No insurance required. Confidentiality maintained.
Conveniently located in Kearny Mesa.

Call us at: 858-279-SKIN (7546)

Therapeutics Clinical Research
9025 Balboa Avenue, San Diego, CA 92123
E-mail: info@therapeuticsresearch.com
Website: www.therapeuticsresearch.com

A 3-month clinical trial for men and women, from 20-80 years of age, who struggle with the bloating, discomfort, and straining associated with chronic constipation is underway. An oral investigational medication will be evaluated to see if it may address these and other symptoms of constipation.

To possibly qualify:
• Male or female, 20-80 years of age
• Have a history of chronic constipation (fewer than 3 bowel movements per week) for at least 6 months
• Bloating, straining and discomfort
• Not taking narcotics or medication which can cause constipation

Participants may receive at no cost all study-related:
• Exam and consultation with a board-certified specialist
• Labs, EKG, colonoscopy (if necessary) and study medications
• Compensation for your time and travel

Interested call:
(619) 521-2841
Medical Center for Clinical Research
www.mccresearch.com

A 16-week clinical research study is underway to evaluate a marketed oral medication taken daily for urgent, frequent nighttime urinations in men and women over 18 years of age. Getting up numerous times at night causes interrupted sleep and subsequent tiredness. If you have been getting up multiple times nightly for at least 3 months, you may have nocturia, or frequent nighttime urination.

To possibly qualify to participate:
• Men or women, 18 years or older and experiencing overactive bladder symptoms with frequency and urgency, especially at night, for at least three months

Qualified participants may receive:
• Study-related examination and consultation by a board-certified physician
• Study-related labs and EKG at no cost
• Study-related medication or placebo (an inactive look-alike pill) at no cost
• Compensation for time and travel

Interested call:
(619) 521-2841
Medical Center for Clinical Research
www.mccresearch.com
back.

“So this was two years ago. We finally finished the job, and they said, ‘How wonderful, lighted at night, trees, all irrigated.’ Of course, I’m paying for all the irrigation and electricity for the driveway that he gets to use, okay? So then when I finally brought the receipts in this last summer to the HOA, they said, ‘Oh, there’s no money. That was all gone years ago. There’s no record of it here.’

“Then last year I built the swimming pool. It was expensive — about $60,000. The whole backyard project cost $120,000. I decided I would put a solar panel in to heat the pool. So we put that in. I must say it was big and ugly, and it was on the side of my property facing his home area.

“Once it went up, and we didn’t even finish it, he went berserk, and he planted large trees to block my sunlight. And you can’t do that. There’s something called the California Solar Rights Act. Then the homeowners sent me a ‘cease and desist’ letter. So we stopped in the middle of it. And they said, ‘Now we want $4500 as a deposit for you to finish your project, or we’ll fine you.’ We gave them $4500 this last February, and they were obligated to respond to our plans within 45 days. So they said, ‘We’re going to have the architectural committee come over to your house and review what you’ve done, and we’re probably going to ask you to move your solar panel to a different location so it’s not in his face.’

“In the meantime, he called the County Building Department on me to see if my solar panel was in a legal spot, and they said it’s fine, it’s legal. There’s nothing he can do about it.

“And then he called the county on me to say that we did illegal grading, because when we built the swimming pool, we took some of the dirt out of the pool and put it on the side of the house on what’s called Open Space. And we packed it down. We just added some more dirt to an area of dirt. So the county came out and said, ‘It looks fine,’ and that was the end of that.”

### RESEARCH STUDIES

#### Chronic Low Back Pain?

VA/UCSD is conducting a research study using telephone-based treatments for **low back pain** problems.

**We are looking for:**
- Men and women
- Ages 21 and up
- In good health except for low back pain

**Benefits:**
- Back pain assessment
- Medical evaluation
- Lab testing
- Up to $260 compensation for participation

For more information, please call: 858-642-3830

Principal Investigator: J.H. Atkinson, M.D.
San Diego VA Healthcare System/UC San Diego

#### Have Diabetes Type 2?

**Consider Volunteering for a Clinical Research Study**

You may qualify if you:
- Are 18-70 years of age
- Have been diagnosed with type 2 diabetes
- Take oral medication to control your diabetes

As a qualified participant, you will receive study-related care, glucometer, investigational study medication at no cost and compensation for time and travel.

Please call: 1-888-365-3203
Hepatitis C Research Study

If you suffer from chronic Hepatitis C you may be eligible to participate in a research study of an investigational drug for Hepatitis C.

You may be eligible if you have:

• Chronic infection with Hepatitis C genotype 1
• Never been on prescription therapy for Hepatitis C
• Otherwise good health

If you qualify, you may receive study-related medical examinations, lab tests, and compensation for time and travel.

For more information, contact eStudySite toll-free at:
1-877-500-eStudy
(1-877-500-3788)
info@eStudySite.com

Diabetes Clinical Trial

If you have Type 2 Diabetes and are not taking insulin you may qualify to participate in a research study of an investigational medication for the treatment of Type 2 Diabetes.

If you qualify you may be compensated up to $1040.

For More Information Call
1-877-500-3788

Struggling with Psoriasis?

Therapeutics Clinical Research, a center of excellence in psoriasis care, is conducting a research study of a topical psoriasis medication.

We need participants:

• 18-75 years of age, in general good health
• Chronic mild to moderate plaque psoriasis

Qualified participants will receive:

• Study-related evaluations by a board-certified dermatologist and study medication at no cost
• Compensation for participation

No insurance required • Confidentiality maintained

THERAPEUTICS
CLINICAL RESEARCH

Conveniently located in Kearny Mesa
9025 Balboa Avenue, San Diego 92123

Call us at 858-279-SKIN (7546)
info@therapeuticsresearch.com • www.therapeuticsresearch.com

COUGHING, SHORTNESS OF BREATH, WHEEZING, YEARS OF SMOKING

eStudySite is participating in a world-wide research study to test an investigational treatment for chronic obstructive pulmonary disease COPD, also known as smoker’s cough, chronic bronchitis or emphysema.

You may be eligible to participate in this study if you:

• Are 40 years of age or older
• Have a diagnosis of COPD
• Are a current smoker or were a smoker in the past

Compensation for time and travel may be available.

For more information please contact eStudySite toll free at: 1-877-500-eStudy
(1-877-500-3788)
But still the war escalated.

“In 135 — not 45 — days, [the architectural committee] finally came over to my house, and they wanted me to move the solar panel and plant large ficus trees to the side of the panels, so fewer people could see it, including a neighbor who lives a quarter-mile away, up on a hill. The ficus trees were $250 each. I said, ‘Forget it. I’ll take the solar panel down.’ I removed it. Meantime, they charged me $300 to have the landscape architect come around and say that ‘you should plant the ficus trees over here, and you should make your fence black instead of silver.’

And then they said that some chain-link fence that I put up way over on the other side of the property was galvanized, silver color, and not black. One of the other neighbors said, ‘Sometimes I can see the reflection of your galvanized fence from my property.’ My house is 100 yards from hers.”

At this point, Reidel says, he was seething.

“At a homeowners’ meeting two weeks ago I went with a demand letter. I wanted my [$300] back, and I asked for money back for dismantling the solar panel. So I asked for $1400 back.

“In the meantime, my neighbor who was so adamant that I couldn’t park my cars in front of my garage has parked his cars for the last three years in front of his garage. The homeowners say you can’t store a boat: he’s had a boat in his back yard for three months. I took pictures of it every week. This is the president. He thinks he can break all the rules. He can store the cars [outside], he can bring a boat in, and then on top of that, in his back yard he’s got silver-colored fencing with barbed wire on it. How come they don’t make him change his silver-colored fencing?

“You know what he says? ‘It’s not on my property.’ But it surrounds his back yard. Then he’s got this large shed in his back yard, and the CC&R says no sheds are allowed. He even has a flagpole, and I don’t really care about his flagpole, but the CC&R says you’re not allowed to have flagpoles. So he can break
Afraid to show your feet?

Do you have toenail fungus?

Therapeutics Clinical Research is conducting a clinical trial to evaluate the efficacy of an investigational, topical medication in the treatment of onychomycosis, also known as toenail fungus.

We need participants:
• 18-70 years of age
• With toenail fungus on at least one big toe

Qualified participants will receive:
• Examinations by a Board-Certified Dermatologist and study medication at no cost
• Compensation for time and travel

No health insurance required.

THERAPEUTICS

CLINICAL RESEARCH

619-512-DERM (3376)
www.therapeuticsresearch.com
9025 Balboa Avenue, San Diego, CA 92123

Do you suffer from Schizophrenia?

Excell Research is starting several new INPATIENT AND OUTPATIENT studies.

Call now to see whether you may be eligible to participate.

760-806-9200

BOARD-CERTIFIED PSYCHIATRISTS PROVIDING EXCELLENT PATIENT CARE AND QUALITY RESEARCH

3998 Vista Way, Suite 100, Oceanside, CA 92056

eStudySite is currently evaluating patients

for a research study who have a RECENT WOUND INFECTION
3 inches across or more and one of the following:
• Your wound hurts, or
• Your wound is swollen, or
• Your wound is warm to the touch, or
• Your wound is tender to the touch, or
• There is pus coming from your wound, or
• You have a fever, or
• You have any of the above signs or symptoms

There is no cost for participation. A doctor at our clinic will determine if this study is right for you. If you participate in the study, you will receive study-related medical care at no cost and may be compensated for time and travel. No insurance is required.

To learn more about this research study, please call eStudySite toll-free at:
1-877-500-eSTUDY
1-877-500-3788

eStudySite
all the rules.

“It has been a nightmare, and I’m ready to sue them in small-claims court if I don’t get some satisfaction here.”

And as with Ada, Reidel’s problem is a dormant democracy. “Nobody who lives here really cares about the homeowners’ association. These are wealthy people who mind their own business. At the meeting there was the president and two other people. That’s it — plus me, the only homeowner who was not on the board of the committee. You’ve got this guy there [the president, Dean Reese] who’s making all the decisions, like, ‘We should raise the homeowners’ monthly fees,’ and we should tear down a certain queen palm tree. For $3000. He’s happy to do that with my HOA money. When I read this demand letter, he said, ‘Get a life.’ And ‘I pity you.’ I brought out pictures to the other two members. I said, ‘Look. Here’s a boat. It’s been there for three months. I can see his boat, but I really don’t care. But how come he complains about my silver fence when I can see his boat. Here’s his flagpole, and here’s his shed, and here’s his barbed-wire gate.’ They did nothing.

The final nail? “His wife sends us an email that says, ‘Would you like to have the community Christmas party at your house this year?’ First of all I’m Jewish, so that’s one issue. Secondly, I hate them. Why would I want to spend my money holding a Christmas party at my house?”

“IT HAS BEEN A NIGHTMARE, AND I’M READY TO SUE THEM IN SMALL CLAIMS COURT IF I DON’T GET SOME SATISFACTION HERE.”
Qualified participants receive:
• All study-related care and study medication at no cost
• Compensation for time and travel

To learn more, please call toll-free 1-866-428-9499 or visit bdSTUDY.com

If so, please contact us today about our research study of an investigational bipolar depression medication.

Qualified participants must:
• Be 18 to 65 years of age
• Have had a manic, hypomanic or mixed episode of bipolar disorder
• Have suffered from a depressive episode for at least the past four weeks

Qualified participants receive:
• All study-related care and study medication at no cost
• Compensation for time and travel

Do You Have A Non-Healing Wound Or Sore On Your Leg?

We are conducting a clinical research study of Dermagraft®, a tissue-engineered dermal replacement, in the healing of venous leg ulcers.

We need participants:
• 18 years of age or older
• With three or fewer leg wounds

Qualified participants will receive:
• Examinations by a board-certified physician
• Study-related examinations and therapy at no cost
• Compensation for time and travel

Call us at 858-279-SKIN (7546) or email us at info@therapeuticsresearch.com

No Health Insurance Required
Confidentiality Maintained

T H E R A P E U T I C S
CLINICAL RESEARCH

CLINICAL RESEARCH
SCHIZOPHRENIA • DEPRESSION • BIPOLAR DISORDER

Researchers at Sharp Mesa Vista Hospital are currently enrolling men and women in inpatient and outpatient studies.

Eligible participants may receive all study-related care at no cost, and may be reimbursed for time and travel.

Participation is confidential and trials are safely conducted under the supervision of experienced physicians and research specialists.

To learn more, call the Sharp Mesa Vista Hospital Clinical Research Center at (858) 836-8350.
“Well, I could, and I could start by sending out an email, attaching all the pictures of his boat and his shed, and his barbed wire, and his flagpole, and then his cars, and then saying, ‘This is your president! He breaks all the rules! Maybe we should get rid of him!'”

Reidel thinks a moment. “The thing is there’s such a giant [lack of] interest in it, nobody wants to be the president. That’s why there are only three people at the meetings. Nobody cares!”

* * *

“It’s a thankless job, being president of the HOA, an unpaid, thankless job,” says Dran Reese, Dean Reese’s wife. Both are prominent in business and the social life of the county. “I’m not 1000 percent that my husband would want to give you an interview, only because there are so many things that go on in our neighborhood. We try to be so good with all of our neighbors, but when you have neighbors who don’t care about you as a neighbor and don’t go by the good-neighbor policy and do what they feel like, it’s harmful to the rest of the community, and especially to immediate neighbors. And we deal with that. Not just one time, two times, three times, but multiple times. It’s like having a set of little children. And you can quote me on that. They’re childish! They’re petty and childish.”

But Dean does agree to talk, a day later. “I try not to let [this issue] rent space in my brain,” he says on the phone.

He and his wife made their money selling earthquake kits they created and now have settled in this expansive (though less expensive than the coveted Covenant) area of Rancho Santa Fe.

“‘It’s a thankless job, being president of the HOA. An unpaid, thankless job.’”

He emails me a packet of three photos. They show spacious yards in the foreground,
Forgetting simple tasks? Memory fading? Can’t seem to complete projects?

If you or someone you know is:
• Male or female • Between the ages of 45 and 90
• Experiencing memory loss? Unable to organize or plan? Forgetting simple tasks?
• In overall good health

If you answered yes to all of these questions, you may be eligible for our research study! If you qualify and choose to participate, you may receive an investigational study medication. You will also receive physician consultations, study-related medical examinations, laboratory evaluations and follow-up visits all at no charge. Health insurance is not required and compensation for time and travel is provided. If you are interested in learning more about this study, please contact: (619) 688-6565 See our website: www.ari-inc.com

Have you been diagnosed with schizophrenia and currently taking medication?

Are you:
• Male or female between the ages of 18-55?
• Currently experiencing a depressive episode
• In overall good health

If you answered yes to all of these questions, you may be eligible for our investigational drug research study. If you qualify and choose to participate, you will receive physician consultations, study-related medical examinations, laboratory evaluations and follow-up visits at no charge. You may receive study medication to be used in addition to the schizophrenia medication you are currently taking. Health insurance is not required and compensation for time and travel is provided. If you are interested in learning more about this study, please contact: (619) 688-6565 See our website: www.ari-inc.com

Sadness? Low energy? Trouble sleeping? Can’t concentrate? These are symptoms of depression!

If you, or someone you know, is:
• Between the ages of 18 and 55
• Currently experiencing a depressive episode
• In overall good health

If you answered yes to all of these questions, you may be eligible to participate in a research study for an investigational drug for depression. If you qualify and choose to participate, you will receive study-related consultations, study-related medical examinations, laboratory evaluations and follow-up visits at no charge. You may be reimbursed for participation. If you are interested in learning more about this study, please contact: (619) 688-6565 See our website: www.ari-inc.com

Do you want to quit smoking?

Quitting smoking is one of the most important things you will ever do because:
• You are likely to live longer
• Quitting smoking will lower your chance of having a heart attack, stroke, or cancer
• The people you live with, especially your children, will be healthier
• You will have extra money to spend on things other than cigarettes

Affiliated Research Institute is conducting a clinical trial on an investigational vaccine that may help participants quit smoking and maintain smoking cessation. To qualify for this research study, you must be between the ages of 18 and 65 years and smoke an average of 10 cigarettes per day. If you qualify for participation, all research medication and study-related care will be provided at no cost to you. You will receive smoking cessation counseling to help you succeed in your effort to stop smoking. Health insurance is not required and compensation for time and travel is provided. If you are interested in learning more about this study, please contact: (619) 688-6565 See our website: www.ari-inc.com

Could a daily investigational medication break the cycle?

Participants will receive, at no charge, study-related:
• Physical Exams
• Laboratory Tests
• Study Medication

All participants will be monitored by a medical team and the study doctor.

All information is strictly confidential
To learn more, please call:
NCCR
North County Clinical Research
760-639-4378
Menstrual Migraine Headaches

Wishing your period would never come?

A medical research study is underway to evaluate an investigational oral medication for women 18-34 years of age with regular periods who have migraine headaches associated with their periods, in at least 2 of the last 3 cycles. Periods are tough enough without adding a migraine headache.

To possibly qualify:
- Females, 18-34 years, with regular periods
- Have had migraine headache associated with 2 of your last 3 periods
- Can be using medication at present to treat migraine headaches at a stable dose for at least 2 months

Participants may receive at no cost:
- Study-related examination and consultation with a board-certified physician
- All study-related medications, labs, and Pap smear
- Compensation for your time and travel

Medical Center for Clinical Research
(619) 521-2841
www.mccresearch.com

Menopausal women...

Where has the love gone?

A 6-month clinical research study is underway to evaluate naturally menopausal women of any age who are bothered by a decrease in their sexual desire since entering menopause. An investigational medication for hypoactive sexual desire disorder (HSDD) in postmenopausal women will be evaluated.

To possibly qualify for the study you must be:
1) a healthy, naturally postmenopausal woman
2) presently on or off hormones
3) in a heterosexual relationship for at least 1 year
4) bothered by your decreased sexual desire, which you have experienced for at least 6 months

Qualifying participants receive at no cost, study-related:
1) consultation and examination by a board-certified OB-GYN
2) labs, EKG, Pap smears, and study drug
3) compensation for time and travel

Interested, call: Medical Center for Clinical Research
619-521-2841
www.mccresearch.com

Research Studies

ADLECTED TO METHAMPHETAMINE
Want to Quit?

If you are otherwise healthy and at least 18 years of age, you may be eligible for confidential treatment in a research study. You will be compensated for your travel time.

South Bay Treatment Center
4419 47th Street, San Diego, CA 92115
For information and confidential screening, call: (800) 495-0001

Menstrual Migraine Headaches

with messy business going on next door, behind a band of young trees. Builders’ barrows, lengths of pipe, construction debris. A long sloping frame, ready to accept solar panels.

“We dealt with this amount of garbage and this crap that we all had to look at for six months,” he says. “We requested on multiple occasions for Mr. Reidel to clean up this area and to do something about the drainage as well.”

So how about the whole cars-outside-garages issue?

“If you were to drive up there right now, you would see most of his cars parked in front of his garage. Because he has custom cars that take up all the space on one side. The other side is full of his personal whatever…[stuff]. That has not been an issue. But the association asked for people not to park their cars on the street overnight. Mr. Reidel had spare tires and debris and garbage in his front area — an eyesore — that we were asking for him to remove or relocate to another position, where it would not be visible from the street. He was able to build a small wall. Did a nice job. Looks good. Was able to cover all that stuff up. So kudos to him. Thank you very much for doing that.

With regard to my property: Yeah, in the summertime, sometimes I’ll leave my boat there. I travel quite a bit so…should I have left it
there for as long as I did during the summer, when we were using it? No. Can anybody see my boat from anywhere in the association property? No. When Mr. Reidel told me that it bothered him, I removed it.

"The flagpole? Actually I think that there might be something [in the HOA's CC&R] that allows you to fly a United States flag. I'm not sure. I'll have to check on that one. If it really bothers him that much, that I fly the American flag on Veterans' Day, Memorial Day, and those days acknowledging our fallen heroes, if it bothers him, I'll tear down my flagpole. If Mr. Reidel has any issue with me doing anything, all he has to do is submit, in writing, to the architectural review committee, any complaint he might have. He has not done so. So until such time as he submits a written complaint, verbal complaints are not subject to action.

"There was a special hearing for Mr. Reidel sometime in the spring, when we asked him to submit plans. At that meeting, he did not submit complete plans, did not submit plans of the solar [array] and [its] location. He did submit a planning schedule, and an irrigation schedule, but he did not submit any schedule with regard to his fencing, or the solar.

"As one of the neigh-

---

**Hand Eczema?**

Therapeutics Clinical Research, a center of excellence in dermatological care, is conducting a clinical research trial of an investigational medication for hand eczema (also known as hand dermatitis).

**We need participants:**
- 18-75 years of age
- with hand eczema lasting at least six months

**Qualified participants will receive:**
- study-related evaluations by a board-certified dermatologist and study medication at no cost
- compensation for time and travel

**No insurance required.**

Conveniently located in Kearny Mesa.

Call us at: 619-512-DERM (3376)  
E-mail: info@therapeuticsresearch.com  
Website: www.therapeuticsresearch.com

**THERAPEUTICS**

---

**SHUMWAY COSMETIC SURGERY**

**FACE ♥ BODY ♥ BREAST**

Specializing in TUBA, Transumbilical Breast Augmentation.  
No scars on breast, minimal healing time! All approaches offered. Don’t wait to feel beautiful **↓**  
A special gift awaits you at www.ShumwayCosmeticSurgery.com  
Be sure to see our “Before & After” photo gallery!

Robert A. Shumway, MD, FACS  
9834 Genesee Ave., Suite 225  
Scripps La Jolla Campus  
888.291.9843  
Complimentary Consultations

Diplomate of the American Board of Facial Plastic Surgery  
Diplomate of the American Board of Cosmetic Surgery
Hair Transplants for Men and Women
Permanent, painless, one-day procedure.

Hair Loss?
Let us help
With over 25 years' experience, Dr. Shugufa Khan, M.D., trained cosmetic/plastic surgeon practicing in San Diego since 1995, is an expert in the field of Hair Transplantation, world renowned for creating a natural hairline and maximum density.

3000 Hairs
$2499*
Regular price $6000.

For a free consultation:
800-211-HAIR (4247)

Free
Financing
2 years 0% interest
Grow & thicken hair with our
FDA-approved Laser Comb
Visit us at ILHT.com
7930 Frost St., Suite 203, San Diego
Open Saturdays. Financing available.

*Offer expires 3/22/10. First procedure only. 3000 grafted hairs is the equivalent of 1200 grafts. OAC.

bors put it at the Board meeting when Mr. Reidel was present: ‘Please, just try to be a good neighbor. You’re making everybody else suffer. Just get past this, and be a good neighbor. It’s not that difficult.’ We try to be good neighbors. But when somebody won’t get out of their car and acknowledge you, or wave, or even look at you, then it’s very difficult to be a good neighbor.”

* * *
Stalled Parking: Carol and Richard Reed’s condo dream has been wrecked by a parking problem. They lived in San Diego for 25 years, then moved to the Phoenix area. Now, the retired couple has decided they want to spend their summers in San Diego. Grandkids, friends, whatever.

“So we found a place that was right for us. It has 92 units. Looks beautiful. And it ended up that the price was right. It overlooks the Coronado Bridge. It’s a two-bedroom, two-bath conversion that was done about six years ago. The price was $120,000. It was very good because [even though] it borders on a bad location, it’s a gated community right across from the police precinct. We put in an offer and tried to start wrapping up the details. But we came to realize that the preliminary deed did not refer to the parking stalls that we had been told would go with the unit. In this complex, the parking stalls are not deeded spaces. They are controlled by the HOA. We were told it could not be a part of escrow, since they’re not deeded spaces; that we would have to go to the HOA, and since the HOA doesn’t really talk to prospective buyers, we would have to go to the management company that manages the complex for the HOA and have them verify the two parking spaces that went with the unit. We agreed on a price, based on our assumption that this unit had two parking stalls. We communicated with the management company in writing, and they confirmed to us that the parking stalls went with the unit, in writing. We closed on the property. “We went the fol-
Featuring Sleep Sedation Dentistry
“Sleep through your procedure”

Visit our website: www.softtouchdental.com
Close spaces, correct crowding and brighten your smile with Empress Veneers!

Porcelain Empress Veneers $749 per tooth (Reg. $1100 per tooth)
Free cosmetic consultation. Limited time only!

Invisalign
Starting at
$74 per month.
OAC
Contact Sheryl

FREE Invisalign Consultation
$0 down, 0% interest
For 24 months OAC. No insurance needed.

Implant Specials
FREE Implant Consultation
FREE 2nd Opinion

$0 down
0% interest
OAC. No insurance needed. Contact Sheryl

Exam and Cleaning
$49 in the absence of gum disease

ZOOM! Whiten your teeth up to 8 shades lighter in one hour!
$249 Elsewhere $600. As seen on ABC’s Extreme Makeover.
Free custom bleaching trays with ZOOM!

Same-Day Emergency Appointments Available!

www.softtouchdental.com
888-262-0673
Dr. Fakhimi, DMD

Family and Cosmetic Dentistry and Orthodontics
3735 Clairemont Mesa Blvd. (at Clairemont Drive) • Visit our website for a virtual tour!
Most insurance accepted • Financing available • Military discounts • Senior discounts
Discover, MasterCard, Visa, American Express, ATM
following week to move in and went into our parking stall — and immediately got a nastygram on our windshield that we were going to be towed because that was not our parking stall. And then the you-know-what hit the fan. The HOA came to us and said, ‘You must be mistaken. You only have one parking place that goes with your unit.’ And we said, ‘Oh, no, no, no. We verified this in writing with your management company.’ And they said, ‘Sorry. Screw you. It comes with one space. You don’t get [the second space].’ And the bottom line is our real estate agent, our escrow agent, everyone told us there was no other way to verify this except from the management company who maintain the records of what parking goes with which unit. So we had no recourse. And we’re understanding that many complexes are like this. And I think the public is absolutely unaware of how badly they would get burned on something like this. “Because now we’ve sent hundreds of emails,

“We contacted a lawyer about it, and he said, ‘You’ve got a winning case, but it’s going to cost you more to litigate this than the darned parking space is worth.’”

And we’re understanding that many complexes are like this. And I think the public is absolutely unaware of how badly they would get burned on something like this. “Because now we’ve sent hundreds of emails,

February Specials
OFFERS GOOD ALL MONTH!

Choose Any Two only $99

- European Facial
- 1-Hour Swedish Massage
- Body Treatment
- Spa Manicure & Pedicure

Mini Day Spa $90 (Valued at $100) Includes: 1-hour facial with 15-minute head and neck acupressure and back massage, alpha hydroxy peel (smooths and softens skin texture and appearance), European facial, plus spa manicure and pedicure. A natural face-lift that helps cleanse the skin and removes fine lines, freckles and blemishes.

Pamper Yourself Package $124 (Valued at $145) Includes: Deep pore cleansing facial, 1-hour full-body therapeutic massage, manicure and pedicure.

Escape a Day Away $159 (Valued at $210) Includes: microdermabrasion, 1-hour full body massage, manicure, pedicure, and your choice of one spa body therapy.

Microdermabrasion $80/hour, Series of 3 $220, Series of 6 $400

Permanent Makeup Eyeliner $200 ($300 value), Eyebrow $200 ($300 value), Lip-liner $200 ($300 value), Full Lip $400 ($500 value)

Eyelash Extensions $99 (Valued at $130) New Japanese technique. Lasts 4-8 weeks. All natural.

Series Discounts: Any 6 spa services for the price of 5.

Free Gift with Every Gift Certificate Purchase!
Pain-Free Thermage™
Skin Tightening® plus
free 20 Units Botox
with package for face
and eyes $2700
Thermage® Skin Tightening® for the eyes, face, neck, hands, stomach and body.
No downtime. Procedure is good for all skin types.

Thermage™ Hands
$1200 plus free IPL

Full-Service Cosmetic
Plastic Surgery
Breast Augmentation, Tummy Tuck, Neck Lift, Fat Transfer,
Eyelid Lift, Vein Treatment

Free Laser
Hair Removal!
Buy 5 sessions and receive the 6th session FREE!

Vaser Ultrasonic Liposelection®
$2000 first area $1250 each additional area
Vaser is a minimally invasive procedure which has smoother contouring than traditional liposuction, and minimal downtime of only two to three days.

Free Latisse™
Buy two boxes of Latisse™ and receive a third box free! While supplies last.

$50 off all injectables!

ActiveFX™ Face/Neck/Chest
ActiveFX™ is a fractional laser procedure performed in a single treatment with minimal patient downtime. Smooth out lines, wrinkles and scars, and remove dark spots and other irregularities. Special price for new clients only.

Discounted price on ActiveFX™ will apply one night only at the event.

ActiveFX™ Event*
Wednesday, Feb. 24, 6 pm

Vaser Ultrasonic Liposelection®
$2000 first area $1250 each additional area
Vaser is a minimally invasive procedure which has smoother contouring than traditional liposuction, and minimal downtime of only two to three days.

*Special ActiveFX™ discount for seminar attendees. A portion of ActiveFX™ sales proceeds will be donated to nonprofit MiracleBabies.

Free Latisse™
Buy two boxes of Latisse™ and receive a third box free! While supplies last.

$50 off all injectables!

Special financing CareCredit available for all procedures! Up to 12 months interest-free!

Medical Director: Dr. Sean Daneshmand, M.D., FACOG
1080 University Avenue, Ste. H201 • San Diego, CA 92103
888-281-7635 • agelessandbeautiful.com
Spa hours: Monday-Friday 9 am-5 pm, Saturday 9 am-5 pm

Join us on facebook and look for weekly specials & events.

Hors d’oeuvres • Prizes • Discounts • Refreshments

Presentation by Dr. Daneshmand. RSVP today!
Only 25 seats. 888-281-7635

*Special ActiveFX™ discount for seminar attendees. A portion of ActiveFX™ sales proceeds will be donated to nonprofit MiracleBabies.

Free Laser
Hair Removal!
Buy 5 sessions and receive the 6th session FREE!

Back & shoulders $299 Bikini $99 Brazilian $159 Full leg $299
Underarm $99 Upper lip or chin $59

Metagenics
Genetic Potential Through Nutrition

Weight Loss

Special financing CareCredit available for all procedures! Up to 12 months interest-free!

Join us on facebook and look for weekly specials & events.

Hors d’oeuvres • Prizes • Discounts • Refreshments

Pain-Free Thermage™
Skin Tightening® plus
free 20 Units Botox
with package for face
and eyes $2700
Thermage® Skin Tightening® for the eyes, face, neck, hands, stomach and body.
No downtime. Procedure is good for all skin types.

Thermage™ Hands
$1200 plus free IPL

ActiveFX™ Face/Neck/Chest
ActiveFX™ is a fractional laser procedure performed in a single treatment with minimal patient downtime. Smooth out lines, wrinkles and scars, and remove dark spots and other irregularities. Special price for new clients only.

Discounted price on ActiveFX™ will apply one night only at the event.

Vaser Ultrasonic Liposelection®
$2000 first area $1250 each additional area
Vaser is a minimally invasive procedure which has smoother contouring than traditional liposuction, and minimal downtime of only two to three days.

Free Latisse™
Buy two boxes of Latisse™ and receive a third box free! While supplies last.

$50 off all injectables!

Special financing CareCredit available for all procedures! Up to 12 months interest-free!

Join us on facebook and look for weekly specials & events.

Hors d’oeuvres • Prizes • Discounts • Refreshments

Presentation by Dr. Daneshmand. RSVP today!
Only 25 seats. 888-281-7635

*Special ActiveFX™ discount for seminar attendees. A portion of ActiveFX™ sales proceeds will be donated to nonprofit MiracleBabies.
Exam and Cleaning $35
In the absence of gum disease. New patients only.

Same-Day Implants and Crowns

Veneers in one week

Straighten and whiten your teeth in one week
No shots. No drilling. No grinding (minimal). No pain.

Actual patient

invisalign (clear braces) from $58 (per month, OAC)

Zoom! $249 reg. $550
Sedation (sleep dentistry) available. Free consultation.

Extreme Smile Makeover
Dr. A. Shojania • 858-751-5733
5927 Balboa Avenue (Behind Bank of America)
Monday-Saturday & evening appointments available. Offers good thru 3-22-10 with this ad.

Call for details.
Some restrictions apply.

Taking care of San Diegans for 13 years.

Call today for your custom consultation.
We will tailor a plan to suit your specific needs.

Dr. Manuel Gutierrez Romero
Mexican Board Certified Plastic and Reconstructive Surgeon
Only 150 yards walking distance from the border.
Complimentary transportation for surgery.

Exam and Cleaning $35
In the absence of gum disease. New patients only.

Safe and Affordable Cosmetic Surgery in Mexico
Travel and save up to 50%

COSMETICSURGERYINMEXICO.COM

Breast Augmentation $3500 Limited Time!
Tummy Tuck $3800
Rhinoplasty $2999 (Nose Job)

Taking care of San Diegans for 13 years. Some restrictions apply. Call for details.

Call now for a free consultation. 1-888-486-9148

[brushed us off], told us, ‘No way in heck are we doing anything for you. It’s not our fault.’

“We contacted a lawyer about it, and he said, ‘You’ve got a winning case, but it’s going to cost you more to litigate than the darned parking space is worth.’ It has cost us so much time and energy and put such a terrible bad taste in our mouths with respect to this particular management company and the HOA, that it has been extremely difficult. We showed them their letter, they said, ‘Sorry. We made a mistake.’ So we have met a total roadblock. The HOA — and I understand that it’s a thankless job — but at least they could show some respect. They told us that we screwed up.

Just unbelievable. In other condo situations, we’ve experienced members of the board who were on top of the situation, willing to listen. The board members in [our HOA condo complex in] Phoenix are extremely competent. And that was the case when we lived in San Diego before. This is the worst, most stressful experience we have ever had in our lives. We have never been talked to like this. And all over a parking space.”

* * *

Property Management: Friend or Friend? Claudia Medina is so-o-o glad she’s out of it. You try organizing a large complex’s HOA, where that HOA is continually broke. Medina says she was in effect a one-woman property management company for a 310-unit HOA just north of San Ysidro. Most owners and tenants are Spanish speakers — not a problem for Claudia; she’s bilingual — but she says many don’t understand their rights as community owners of the property and allow their HOA to assume too much power.

Medina, a realtor/property manager, is aware that property management companies, which most HOAs subcontract to do the actual running of their property, get a bad rap, often rightly so. Incompetent HOA boards throw money at them and hope they’ll manage the condo community properly and...
$199 Teeth Whitening
$8 Botox
$349 Juvederm

Laser Hair Removal
Lip or Chin $40 | Underarms $60 | Brazilian $125
Lower Legs $145 | Lower Arms $95 | Full Back $275

No package purchase necessary!
Pay as you go or buy five and get one free. Effective and safe on all skin types.

Juvederm $299/syringe
Save $50 through 2/28/10.
Must mention ad at time of booking. Not valid with any other offers.

re: vive salon & spa

Med Spa | Teeth Whitening | Waxing | Massage
Skin Care | Hair Studio | Cosmetic Bar | Nail Lounge

1425 Frazee Road, Mission Valley
888-256-1806 | revivesalonandspa.com

Owned & Operated by
Vishal Verma, MD and Vinita Parekh, DDS
Discount Botox and Dysport

Our $99 Laser Treatment Sale Continues!

- Botox $150/area
- Dysport $150/area (longer-acting competitor to Botox)
- Restylane $450/cc
- Microdermabrasion + UltraSonic Pore Cleansing $99
- IPL PhotoFacial $99
- Laser Hair Removal
  - Bikini & Underarms $99
  - Upper or Lower Legs $99
  - Brazilian Bikini $99
  - Upper or Lower Back $99
  - Chest or Abdomen $99

Prices are per treatment and good until March 4, 2010 for new and existing patients.

1/2 off the Triniti Total Facial Rejuvenation. Combines IPL PhotoFacial + ReFirme skin tightening + laser wrinkle reduction.

Three treatments in one session (for 5 sessions — no downtime) $2500

Institute for Aesthetic Medicine
4150 Regents Park Row, Suite 360 • La Jolla, CA 92037
P. Scott Ricke, M.D., Medical Director
858-678-0220 • SDBodyImaging.com
- Free consultations • Saturday and evening appointments available

The California Institute for Aesthetic Medicine, a Medical Corporation.
they owe you money. And even if you file a lien on their property, you're not likely to get anything from them, because most of the time they're in default."

She says a lot of the problems come because HOA homeowners don't know they have a voice in running their association. "A lot, especially the Hispanics, don't know that they have certain rights or that they can vote. When I got to that association, because it's pretty much Hispanic — 80 percent — they didn't know that they could kick out board members. So they got the same [people representing them] over and over. And these board members tend to pretty much dominate. So I started giving advice: 'There are things you can do.'"

Where these essentially amateur boards, who have fired the management company, often fall short, she says, is in prioritizing money. "When a lot of homeowners say, 'The priority is, let's get our landscaping done,' I say, especially when you don't have any money, 'The priority is paying the water bill, your electricity bills, and the plumbing.' That was my biggest priority in that complex, the water and plumbing. They do patch-up jobs. Like water heaters. In my first two months I [told them they had to] replace three water heaters, $5000 apiece. I said, 'It's better to spend the money now, because in the long run you'll be spending more.'"

"But often they wouldn't listen. And when you have HOAs not bringing in the $30,000–$40,000 a month they're supposed to, and you're only bring-

We treat:

**Acne & Acne Scars**

Skin Rejuvenation
- Sun Damage / Brown Spots
- Rosacea
- Melasma / Hyperpigmentation
- Large Pores
- Skin Tags
- Spider Veins

Anti-Aging & Wrinkles
- Botox
- Fillers (Juvéderm)
- Laser Skin Tightening

Laser Body Shaping
- Zerona (myzerona.com)
- Velashape (velashape.com)

Esthetician Services
- Facials
- Chemical Peels
- Microdermabrasion
- Hydrafacial
- Echo2 plus Oxygen

We offer:

- Free Consultations
- Customized treatments
- Visible results
- Committed to excellence
- Latest technologies, safe for all skin types
- Little to no downtime
- Great values
- Treatments for men and women

**Botox $99**
includes 12 units and $9/unit for additional units

**Laser Packages**
starting at $999

Dr. Chang performs all consultations and medical procedures.

"The doctor is always in."
$1,000 Off Any Surgery
Call office for details. Cannot be combined with any other offer.

- Breast Augmentation
- Liposculpture
- SmartLipo
- Tummy Tuck

Free Latisse
Text “Juvederm” to 686868 for details.

Jeffrey A. Umansky, M.D., F.A.C.S.
Certified by the American Board of Plastic Surgery
4150 Regents Park Row
Suite 260, La Jolla 92037
888.462.2047
www.drumansky.com
Fellowship trained by Harvard Plastic Surgery Professors
Affordable financing options available

Immediate tooth replacement!

Free consultation for implants & Lumineers

With immediate-function dental implants, patients receive immediate results never before available with other implants. The only implant approved by the FDA for immediate load. No waiting period. Tooth placed on the implant the same visit and you can eat immediately.

Immediate Load Implant: as low as $700 (excludes crown & crown holder)

Delayed Load Implant: as low as $700 (excludes crown & crown holder)

With this ad, Expires 3/4/10.

Complete dental care:
- White Fillings $65
- Silver Fillings $50
- Full Dentures from $800
- Partial Dentures from $700
- Porcelain Crowns from $600
- Lumineers from $950

Dr. S.T. Sawa 619-401-0444
407 W. Madison Ave. • El Cajon
Visit us online: immediateothreplacement.com

We can create beautiful Hollywood smiles with Lumineers!

<table>
<thead>
<tr>
<th>Before</th>
<th>After</th>
</tr>
</thead>
</table>

That's a big thing — paving — right now, that complex hasn't been paved, and it was going to be, like, $100,000 just to do the whole paving of the place. They don't have $100,000. They don't even have reserves. They were down to $20,000–$30,000. The last time they did the paving was about eight years ago. And even then, eight years ago, it was just a patch-up job, one of those coatings. It's so bad that the actual board members themselves started buying cement and patching up the holes. The actual board members. It was ridiculous.

It also affected the complex's eligibility for FHA approval for prospective condo buyers. “You have to have a certain amount of money in your bank account, and this complex didn't have those reserves. And that's why this complex was not approved for new homeowners. The majority of the board members don't get this. They get on this high and mighty trip sometimes. There are some people who have been on the board forever, and they just don't get it."

So Medina wanted to change the CC&Rs not to allow investors. “Investors are bringing down the home-occupancy rate, and you have problems with tenants, and homeowners don't want to live around tenants. That's why they bought a place, right?”

No luck. And the HOA said they could run the place without her.

Would she go back, if the board asked her? “That's what a lot of the homeowners asked me. I said, 'Look, if I don't get this association back in 30 days, then I won't come back, because I just know that they're going to mess it up so bad that it's not even worth it for me.' They have gone through three or four property-management companies in the last ten years. The same board members have been in position all along.”

* * *

So, do HOAs work? Yes, they provide entry-level buy-ins to the American Dream of homeownership, at least in good times, and privileged islands of compatibly wealthy folk and, for millions of middle-class...
folk, clustered communities of relative security. Yet problems go beyond the mechanics of running them and access to management, to the concept itself: They were supposed to create high-density accommodation solutions for inner cities, but for a long time they bolstered the rush to suburbia. They were supposed to embody the democratic community, but as private enclaves, they are walled off from normal constitutional guarantees to the individual and the normal constitutional restrictions on the limits of the HOAs’ powers. These “outsourced” mini-polities, like private armies, can become rogue fiefdoms where, if individual homeowners want to sue the HOA Board for, say, breach of duty, they have to pay for it from their own pockets. Whereas HOA insurance will pay not only for a board member’s legal expense, but any judgment against him or her. More disturbingly, several court judgments have hinted that HOA boards may have the right to place limits on entrenched freedoms such as political speech. Could HOAs turn into little bubbles of not-America, where a private, corporate “constitution” trumps the national Constitution? HOA voting rights are based on property, not the individuals committed to living there. Shades of 18th-century England? And where maybe half of the properties are owned by investors, renters have no voting rights, and the investors become like absentee voters. The result is that permanent

---

### Wrinkle Treatments

<table>
<thead>
<tr>
<th>Treatment</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Restylane*</td>
<td>$280 per syringe</td>
</tr>
<tr>
<td>Perlane®</td>
<td>$320 per syringe</td>
</tr>
<tr>
<td>Juvederm®</td>
<td>$330 per syringe</td>
</tr>
<tr>
<td>Dysport® (Similar to Botox)</td>
<td>$199 per area</td>
</tr>
<tr>
<td></td>
<td>$200 per area</td>
</tr>
</tbody>
</table>

### Sun-Damage & Pigment Treatments

<table>
<thead>
<tr>
<th>Treatment</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>IPL® Photofacial</td>
<td>$145 full face</td>
</tr>
<tr>
<td>Cosmelan - Pigmentation disorders and melasma</td>
<td>$595</td>
</tr>
</tbody>
</table>

### Exfoliation Treatments

<table>
<thead>
<tr>
<th>Treatment</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Vivité Glycolic Facial</td>
<td>Improves clarity and smoothness.</td>
</tr>
<tr>
<td>Skin Refresher Peel</td>
<td>Fine lines, sun damage and acne.</td>
</tr>
<tr>
<td>Microdermabrasion - FREE! Vivité Skin Care Core System</td>
<td>($250 value)With purchase of 5 microdermabrasion package for $495.</td>
</tr>
</tbody>
</table>

---

*Price per treatment with purchase of package of 5. Applies to same area only. Offer expires 3/6/10.

---

**— Bill Manson**
I wake up at 5:30, and I’m usually out the door by 6:15. I can fit in three or four jogs around my neighborhood a week; the other days I walk the dog for a good hour. If you live nearby I’m sure you’ve seen me — the only white girl jogging down El Cajon on dimly lit mornings.

I don’t mind it. In fact, I look forward to it. We moved here from South Park nearly half a year ago, and it’s not the respite from living in the hippest area known to man that centers me, but the break from the culture of La Jolla. I’ve worked in La Jolla for six years now, and I have never gotten used to it. Hey, I admit my perception of the place is limited to daytime excursions, but overall, condo-complexes and strip malls are not my thing.

Not to say El Cajon Boulevard exactly is. In the mornings I’ll head out of my alley and head toward 70th Street, and I typically have to wait for the light to turn before I head down my loop on El Cajon. I try to avoid stepping in those brown puddles near the curbsides — I hate having to wipe the dried, oil-coated water off my shins.

This routine gives me comfort. I’ll see the same set of characters in a week. Sometimes I’ll see the same girls for days, then they’ll disappear. Lately I’ve noticed someone new. It always looks as if she’s wrapping up for the night, maybe trying for one last drive-by before the sun exposes too much. She’s white, dresses in black, looks young, and she’s always smoking a cigarette. I wonder how many times I need to pass by her before we make eye contact, before we say “good morning.” Once in a while we’ll cross at the bus.
stop outside some 1970s-era office building complex. She’ll be with a man, embracing so completely inappropriately for this early in the morning that it makes me wince.

For the next 30 minutes I’ll head down to La Mesa Village, turn up to University Avenue, and then make my way back to El Cajon. I enjoy the silence of the morning, the low hum of people driving to their jobs, people stopping to get gas before heading to their cubicle. The other half of the people I see don’t seem to stray much from El Cajon.

There are two elderly men who live in one of the section 8 complexes, for example. The place is awful, no chance for romanticizing here...but every day those two are out. I’ve gotten the nerve to say “Hello,” and now one guy sometimes throws me a few words as I pass: “Looking good, girl” or “Keep on pushing.”

I don’t expect to be in the College Area for long. I’ll have finished my doctoral program in a few years, and if all goes as planned, my husband and I will be heading back East. But I don’t necessarily look forward to moving.

I kind of like the smell. It centers me. It makes me think there might be more important things to worry about than asking someone not to smoke.

**HEALTH AND BEAUTY**

### Melt Away Ugly Fat From Your Stomach, Hips and Thighs!

**INTRODUCING COOL-LIPO™ BODY SCULPTING**

- Gentle fat disruption & removal using laser technology
- Improves skin tightening
- Less invasive than traditional liposuction
- Safe – with minimal downtime (usually 48 hours)

**New Year Specials good through February 28, 2010**

**Breast Augmentation** (Garment & lab additional) ........................................ $3,995

**Liposculpture* (1st area) ................................................................. $1,995

**Tummy Tuck* ...................................................................................... $4,995**

*Some weight restrictions apply. Garment & lab additional.

Ask about our other services, including:

- VelaSmooth – FDA-approved cellulite treatment
- Breast enhancement and lifts • Facials, peels, waxing
- Lunch-hour mega peel • Face & eyelid lifts
- Tummy tuck • Facial & spider vein treatment
- Fotofacial™ (improves sun-damaged skin and rosacea without downtime)
- Botox, Juvéderm & Restylane
- Laser hair removal
- Full line of skin care products
- Now carrying Latisse™ (FDA approved for eyelash growth)

**Complimentary Consultation**

**Vein & Liposculpture CENTER**

Certified by the American Board of Surgery

8881 Fletcher Parkway, Suite 241, La Mesa • 619-697-1325

www.veinlipocenter.com • Financing available

---

San Diego Reader February 18, 2010 53
Look 10 Years Younger Without Surgery!

**BOTOX**® COSMETIC $9 per unit

No dilution. New clients only.

**JUVÉDERM**® ULTRA $399 per syringe

Reg. $550. Add volume and hydration for lips, smile lines or facial creases. Anesthesia included. New clients only.

**LATISSE** Purchase 2 boxes for $200

For longer, fuller and darker eyelashes! While supplies last. New and existing clients.

2009 Botox®, Juvederm® and Latisse® Platinum Award Winner

**DYSPORT** $4 per unit

Botulax alternative. Plus receive $75 mail-in rebate. Diminsh moderate to severe frown lines. New clients only.

**VEIN TREATMENTS FOR SPIDER VEINS**

starting at $300 per leg

**MOLE REMOVAL starting at $250**

**VIBRADERMABRASION** $99

Crystal-free microderm. Reduce pore size, smooth skin. No downtime.

**TOTALFX RESURFACING 20% Off**

Laser resurfacing for lines, wrinkles and acne scars.

**MESO-SLIM** $359 per treatment

Patented fat and cellulite reduction.

**LASER HAIR REMOVAL**

Chin $70 • Bikini $99 • Full Back $150 • Underarms $75

Purchase any two areas and get one area of equal or lesser value free. Prices include numbing cream.

Free Consultations with P. Alexander Ataii, M.D., Medical Director

888.220.9435

www.Laser-Clinique.com

Log on to see your procedure in 3D.

4765 Carmel Mountain Road, Suite 207
San Diego • Torrey Hills Center
(Conveniently located off the 5 or 56 freeway)

All our services are offered to men and women and are administered by Dr. Ataii. Offers expire 3/4/10.
General. See what those guys went through, for a lot less money.

By capsandbottles 12:42 p.m., Feb. 12, 2010

What the article doesn’t talk about are entry level positions where the employees have to work 12 hours a day, 6 days a week just to earn an adequate living wage since they are compensated at an hourly rate comparable to kids flipping burgers at In-N-Out. At a lot of companies, one would have to first work as a temp or contract worker for over a year before possibly being hired full time to receive benefits.

Even then, the raise is minimal while the hours remain as demanding. Sure, there are a lot of people making out quite well, but there are even more working just as many hours and barely getting by.

Under the Radar (“Well Insured”) Published Feb. 10
By HonestGovernment 6:51 p.m., Feb. 11, 2010
How does the $146K compare to other candidates? The curse of the reappearing bad guys. The Huesos (all of ’em; they are all corrupt), Atkins, Kehoe…

By a2zresource 11:47 a.m., Feb. 13, 2010
One wonders if there are cross-purposes involved in the numerous Vargas supporters cited above and SDG&E’s inability to find enough wildfire insurers for the Sempra Energy-owned public utility to withdraw its Wildfire Expense Balancing Account (WEBA) application, now pending before the California Public Utilities Commission as a stealth rate increase to consumers of unknown size…

“And if a house be divided against itself, that house cannot stand” (Mark 3:25).

HEALTH AND BEAUTY

Hollywood’s Top Hair Transplant Surgeon Is Now In San Diego!

$3 Hair Transplants (Reg. $5)

You deserve hair transplant results that look impressively natural... Up to 3500 follicular grafts with up to 8750 hairs in a single procedure.

Instead of minimum coverage where you must come back again and again, we deliver the maximum density medically safe, for a full, natural look.

You can pay more elsewhere and you still won’t find a softer, more natural looking hairline... honest. Compare results before you make this decision.

La Jolla/Scripps Hospital
9834 Genesee Ave., Suite 428
La Jolla, CA 92037

888-535-5341 • NewLookMD.com

La Jolla/Scripps Hospital
9834 Genesee Ave., Suite 428
La Jolla, CA 92037

888-535-5341 • NewLookMD.com

Oceanside
2103 El Camino Real, Suite 101
Oceanside, CA 92054

San Diego Reader
February 18, 2010

Promotional Offers:
New Patient Exam/Consult $45
Implant Crown $490 • All-Porcelain Crowns $450
Root Canals $490 • Fillings starting at $75
Simple Extractions $95
Porcelain Veneers $740
4 Veneers $2800 • 6 Veneers $3900
Free X-Rays

Promotional offers cannot be used in conjunction with insurance.

Eyelid Surgery $2,499*

Upper or lower eyelids.

New approaches to eyelid surgery can make your eyes look young again, without the “surprised” look!

• Natural looking
• Minimal recovery time
• More youthful appearance

Free consultation: 888-274-8749

Mark V. Garbutt, M.D.
Eyelid Surgery Specialist
230 Prospect Place, Suite 310
Coronado, CA 92118

• Former Visiting Assistant Professor at the prestigious Jules Stein Eye Institute at UCLA
• 20+ years’ experience
• Harvard/UC San Francisco
• Board-certified Ophthalmologist
Just in Time for Spring!
20% OFF Botox®, Restylane®, Perlane®, Juvéderm™, Artefill®, and Latisse®
with this ad through February 28, 2010

Trust your body & face rejuvenation to a caring
Board-Certified Plastic Surgeon

Specializing in
• Breast Augmentation
• Breast Lift • Tummy Tuck
• Body Contouring After Weight Loss
• Face Lift/Neck Lift • Liposuction
• Endoscopic Brow Lift
• Eye Rejuvenation • Botox® Cosmetic
• Restylane® • Artefill™
• Juvéderm® • Perlane®

Two Convenient Locations:
9339 Genesee Ave., Plaza 39, San Diego • 858-677-0628
6386 Alvarado Court, Ste. 340, San Diego • 619-286-6446
www.PlasticSurgeryIsForMe.com
Financing Available

Under the Radar
(“The Big Payoff”)
Published Feb. 10
By MURPHYJUNK 7:58 a.m., Feb. 11, 2010
its a shame we still get the same recycled trash running San Diego.
By a2resource 10:50 a.m., Feb. 13, 2010
“Committee chairwoman Donna Frye asked staff to produce figures on the actual cost of the pickups over the previous two years, and when they couldn’t, the committee voted to postpone the matter until February 24.”
Has the mayor or anyone else in city administration provided the media with any hard numbers where members of the public can plainly see any advantage to this outsourcing plan?
If so, do the alleged savings significantly outweigh the reported political contributions

Restaurant Review
Published Feb. 10
By Saint_Steve 8:10 p.m., Feb. 13, 2010
Oh Naomi, how I miss dining with you. Reading your column on a regular basis keeps my ‘Naomi fix’ sated. Sorry to hear your appetites weren’t at Lighthouse. Hope you’re well.
-Sve
By Visith 9:03 p.m., Feb. 14, 2010
Two stars. How generous. That restaurant has survived on its view for decades. Tourists in San Diego are often from areas where “gourmet” means charbroiled steak and onion rings. That operation can get them drunk on mai-tais and the view of the bay, to hell with the food. I must confess I haven’t been there in over twenty years, and I’m mildly incredulous that it still is there, same name and all.
But on those few occasions that I remember in the 70’s and the 80’s the food was at best pedestrian, and terribly uninspired. But hey, with a view like that one, who needed a chef or even a kitchen? Local dining tourist traps live!

Neighborhood News from Stringers
(“Ripped Up, Revamped”) Published Feb. 3
By tinastar 12:52 p.m., Feb. 5, 2010
I don’t want them to chage TJ, I love going because the way that it is now, and always have. best taco place in TJ: Baja fish Tacos (he has everything! Andy) by the wax museum right b4 the arch. Best dive bar, Happy Fish!!! by Mcdonalds, ask for Wicked… and if you find a hot dog cart always get one, soo awesome!!… wrapped in bacon… mmmm

Neighborhood News from Stringers
(“Pinched”) Published Feb. 3
By tinastar 1:02 a.m., Feb. 5, 2010
that is illegal and any “good” repo man should know that I would sue or at

Early Spring Specials
Restylane 1cc $275 + $50 mail-in rebate
Dysport 4 per unit (Botox alternative) • Botox® 9 per unit
Juvederm Plus 345 • Perlane 1cc 345
Juvederm $295 Receive free Vivid Defining Lip Plumper ($43 value) with purchase. Radiesse 395 • Artefill® (permanent filler) $750
Latisse $95 ($120 value) Free Latisse with purchase of 2 Latisse, while supplies last.

Introducing a new, faster and more comfortable laser:
LightSheer Duet Laser from Lumenis
Free Underarm Laser with purchase of any package.
• Brazilian Bikini ’99
• Full Legs ’235
• Regular Bikini ’69
• Both Underarms ’49
• Full Chest & Abdomen or Full Back & Shoulders ’235

Dr. Parvin Mani is a
Platinum Plus Award Winner for Botox
Platinum Plus Award Winner for Juvederm
Pinnacle Award Winner for Thermage Skin Tightening
Platinum Award Winner for Restylane
Platinum Award Winner for Perlane

> Labioplasty $1950 by board-certified gynecologist.
> Cellulite Treatment with Velasmooth ’95 each with a package of 10.
> IPL Photo Rejuvenation with Lumenis One ’125 each with a package of four.
> Mesotherapy Fat Reduction ’125 each with a package of four.
> Cosmelan RX Peel ’595. For brown spots and hyperpigmentation.
> Liposuction starting at ’2,500

State-of-the-art Thermage Technology with advanced tips for skin tightening and contouring.
$200 off second area of Thermage or Fraxel.
> Face with 900 STC Tip ’1,495
> Eyes with 450 STC Tip ’1,195
> Abdomen, thighs or arms with 1200 DC Tip ’1,595

> Fraxel II for smoothing and resurfacingskint, acne scars and brown spots.
> Special Package – 4 treatments for ’1,960

Parvin Pam Mani, M.D., F.A.C.O.G.
5555 Reservoir Drive, Suite 208 (by SDSU, off Alvarado Road) • 619-583-7555 • www.sdcosmeticlaser.com

High-End Hair Replacement
at Affordable Prices

Guaranteed the most natural hairline.
Be active in any sport.

Ultimate Hair Dynamics of San Diego
Since 1983
2221 Camino del Rio South, Ste. 108
888-667-7703
Easy financing available • Accepts Visa - Mastercard - American Express - Discover
Meet the Many Faces of the New Braces!

Free Clear Braces!*  
**500 value. With full orthodontic treatment.

- NeoLucent™ Ceramic Brackets
- Classic Stainless Steel
- Self-Ligating for faster results!

Call today for your FREE Consultation.

Permanently straighten and whiten your teeth in one visit with porcelain veneers and crowns.

New Patient Special
Exam, X-rays & Teeth Cleaning  
$85  
Save $170!  
(Regularly $255)
Discounts available for uninsured patients.

White Smile. White Now!  
As seen on Extreme Makeover

Zoom! Advanced Power Plus  
$250  
Save $250 after discount (reg. $500)

invisalign® has awarded Smile Designers with Premier Provider status, ranking us among top 5% clinicians in the nation!

Full-Service Dental Clinic
White Fillings • Root Canals • 1-Day Crowns • Implants • Emergencies

Smile Designers  
Family & Cosmetic Dentistry  
Leila Khansari, D.M.D. • Reza Rafie, D.M.D.  
888-327-9914  
3365 Rosecrans St., Ste. C • sdsmiledesigners.com  
(Located in the Henry’s Shopping Center)
Members of American Association of Cosmetic Dentistry and American Dental Association
Offers expire 3/3/10. Credit cards and CareCredit® accepted.

AQUA DAY SPA
4637 Convoy St. #105 • SD, CA 92111  
858-279-8889 • aquadayspasandiego.com  
Monday-Sunday 8 am-11 pm  
Gift certificates available.

Korean-Style Scrub & Oil Massage
Women’s Special: Scrub & Massage  
80 min.  
$90
Men’s Special: Scrub & Acupressure  
90 min.  
$120

Experience the most thorough, complete head-to-toe exfoliation only the Korean Scrub skin stimulating magic can offer. 
A complete Korean-style spa offering steam room, red clay sauna, hot and cold Jacuzzi and shower facilities.

*results may vary. Pictures are models. An erection lasting longer than 4 hours requires immediate medical attention

Sex FOR LIFE!™
Erection Problems
If ED pills don't work or cause side-effects, The Boston Method™ can help you achieve a stronger and longer lasting erection.

Suitable for men of all ages and those who take nitrates or have diabetes, hypertension, or heart diseases.

Premature Ejaculation
Last up to 60 minutes! *
- Experienced MD’s nationwide
- No herbal or surgical treatments
- Private, confidential and affordable

Ask About Our Same Day Results!  
Call 866-725-9026
least raise hell.
  By PistolPete 1:10 a.m.,
  Feb. 5, 2010

LULZ @ that being ille-
gal. What exactly is illegal
about a Repo man doing his
job? Sue? Puhleeze! Raise
hell? Yeah. That’ll do ya
ALOT of good*wink wink*.
Methinks tinastar has been
watching too much Opera-
tion Repo.

Neighborhood News from
Stringers
("Tijuana, Refined")
Published Feb. 2
By SDaniels 12:57 a.m.,
Feb. 4, 2010

“Now, scofflaws will be
fined and ultimately closed
down if they violate the new
stipulations.”

“Scofflaws!”
I love it! Where has this
word been all my life?…

By refriedgringo 2:31 a.m.,
Feb. 4, 2010

Actually, scofflaw is a word
invented during prohibition
in 1924. Someone (the gov-
ernment?) held a national
contest to come up with a
derogatory term for one who
drinks (illegally, at the time).
The winning prize was $200
split between two entries
that came up with the same
word by chance. Mr.
Beaudeau, who I suspect is
a good friend of mine and
continues to deny to me (for
reasons I don’t understand)
that he is submitting these
little stringer gems to the
Reader, used the word quite
appropriately.

Neighborhood News from
Stringers
("Sell It to the Jury")
Published Feb. 2
By Momfer 6:36 a.m., Feb.
3, 2010

So how secure are the
court documents that are
electronically transfered
throughout the building?

And what about the profes-
sionals who work in or visit
the building, attorneys,
researchers, clerks etc. who
could be dealing with pri-
vate client information while
in the building for court busi-
ness? There are certainly
hackers capable of review-
ing or altering court records
in the guise of awaiting ordi-
nary jury duty.

By Fred Williams 7:40
p.m., Feb. 3, 2010

Fear not, Momfer.
Internet access is not the
same thing as network access.
Hooking up to a wi-fi con-
nection at the court house
is the same as hooking up to
a wi-fi connection at the cof-
fee house.

On the other hand, one
does wonder if the network
itself is secure, if attorneys are
required to use strong pass-
words (and change them reg-
ularly), and if the network
administrators are able/will-
ing to monitor their system
for infiltration.

But that is completely dif-
ferent from the standard
internet access point the court
seems to be providing.

Neighborhood Blog
Winners
("Road Rage on Horseback")
Posted Jan. 23
By PistolPete 11:34 a.m.,
Jan. 23, 2010

Something tells me this
guy and his sons are Native
Sandy Eggans. Midwestern-
ers are taught to respect the
trails. I don’t ride bikes but
I’ve done ALOT of boonin’
and muddin’ in my day and
no matter how much I had
to drink, I always made sure
nobody was sharing the trail
with me.

By SDaniels 2:03 p.m., Jan.
23, 2010

I do not use the word
HATE lightly, and I absolutely
HATE motorcycles in the
preserves. Hikers and horse-
back riders have to put up
with the incessant whine of
their machines, instead of getting the peace and quiet we all came to enjoy. Their selfish need to go fast out here, something they could do with aplomb in the city, ruins it for people who want to enjoy the little unspoiled land we have left—with respect.

Motorbikes should absolutely be banned on all county and state preserves. Of course one problem is that even if they are banned, they trespass—and with the supreme arrogance that only brain-dead yahdudes feel with a half ton of metal between their legs.

I’ve been unapologetically sprayed with mud while hiking, and I tell you what,derf, I would have gotten his ass, and with good reason. Great story.

Sleep Apnea?

Do you find yourself drowsy, forgetful, moody, accident-prone, or lacking energy?

* Convenient home test now available
* Avoid overnight hospital stay
* Covered by most insurance

Dr. Kevin Byrne, M.D., M.P.H.
858-472-6632
kbyrne@corpmed.com

*Sleep apnea may also be the cause of weight gain, high blood pressure, snoring, headaches and diabetes.

Mari is an actual patient & mother of 5.

“I Lost 90 Lbs.”

Free Consultation plus $50 Off Initial Fee. Bring a Friend! Get 2 Free Weeks for Both of You!

With this ad. Anytime! Good through 3-31-10.

A DOCTOR’S WEIGHT LOSS CLINIC

El Cajon (619) 440-8171
Clairemont (858) 279-7060
Chula Vista (619) 476-0060
Oceanside (760) 721-7088
Carmel Mountain Ranch (858) 673-8889
Murrieta (951) 894-7737 • Riverside (951) 784-5336

4weightclinics.com

*Individual weight loss may vary.

implify sprayed with mud while hiking, and I tell you what,derf, I would have gotten his ass, and with good reason. Great story.

Sleep Apnea?

Do you find yourself drowsy, forgetful, moody, accident-prone, or lacking energy?

* Convenient home test now available
* Avoid overnight hospital stay
* Covered by most insurance

Dr. Kevin Byrne, M.D., M.P.H.
858-472-6632
kbyrne@corpmed.com

*Sleep apnea may also be the cause of weight gain, high blood pressure, snoring, headaches and diabetes.

Mari is an actual patient & mother of 5.

“I Lost 90 Lbs.”

Free Consultation plus $50 Off Initial Fee. Bring a Friend! Get 2 Free Weeks for Both of You!

With this ad. Anytime! Good through 3-31-10.

A DOCTOR’S WEIGHT LOSS CLINIC

El Cajon (619) 440-8171
Clairemont (858) 279-7060
Chula Vista (619) 476-0060
Oceanside (760) 721-7088
Carmel Mountain Ranch (858) 673-8889
Murrieta (951) 894-7737 • Riverside (951) 784-5336

4weightclinics.com

*Individual weight loss may vary.

their machines, instead of getting the peace and quiet we all came to enjoy. Their selfish need to go fast out here, something they could do with aplomb in the city, ruins it for people who want to enjoy the little unspoiled land we have left—with respect.

Motorbikes should absolutely be banned on all county and state preserves. Of course one problem is that even if they are banned, they trespass—and with the supreme arrogance that only brain-dead yahdudes feel with a half ton of metal between their legs.

I’ve been unapologetically sprayed with mud while hiking, and I tell you what,derf, I would have gotten his ass, and with good reason. Great story.

Sleep Apnea?

Do you find yourself drowsy, forgetful, moody, accident-prone, or lacking energy?

* Convenient home test now available
* Avoid overnight hospital stay
* Covered by most insurance

Dr. Kevin Byrne, M.D., M.P.H.
858-472-6632
kbyrne@corpmed.com

*Sleep apnea may also be the cause of weight gain, high blood pressure, snoring, headaches and diabetes.

Mari is an actual patient & mother of 5.

“I Lost 90 Lbs.”

Free Consultation plus $50 Off Initial Fee. Bring a Friend! Get 2 Free Weeks for Both of You!

With this ad. Anytime! Good through 3-31-10.

A DOCTOR’S WEIGHT LOSS CLINIC

El Cajon (619) 440-8171
Clairemont (858) 279-7060
Chula Vista (619) 476-0060
Oceanside (760) 721-7088
Carmel Mountain Ranch (858) 673-8889
Murrieta (951) 894-7737 • Riverside (951) 784-5336

4weightclinics.com

*Individual weight loss may vary.
**Special Event & Party Services**

**Personalized Weddings**  
Church services or barefoot on the beach.  
Call: 858-350-1053  
See: www.personalizedweddings.com  
E-mail: sjwallace1053@yahoo.com

**Bridal Bazaar**  
Sun. April 25, 2010  
Del Mar Fairgrounds  
www.BridalBazaar.com

**LAX**  
$150  
SOUTH BAY LIMOUSINE • www.SouthBayLimo.net  
Towncar, includes tax & fuel  
888-243-1729

**Perfect for Weddings and Special Events**  
The Inn at Sunset Cliffs  
619-222-7901  
www.Innatsunsetcliffs.com

**Any event, any budget!**  
Affordable, high-quality photo, video, DJ and planning services  
AzulProductions.com  
619-246-0915 • 760-224-8287

**Professional Guitarist at Your Event!**  
• Classical  
• Spanish  
• Flamenco  
619-300-6284  
Audio samples at: williamwilson.com

**Save $10 Off Craft Brewery tours!**  
On private tours Mon.-Thurs.  
• Great for corporate events & team-building!  
Brewery Tours of San Diego  
619-961-7999  
BreweryToursOfSanDiego.com

**Music As You Like It**  
~DJ's  
~Live Music  
~Novelty Acts  
Weddings, Corporate Events, Parties  
400 Bands, All Types  
619-223-5732  
musicasyoulikeit.com

**Capture the Fun!**  
• Corporate Events  
• Theme Parties  
• Birthdays  
• Weddings  
Photo Booth Rentals  
* CAPITAL PHOTO BOOTH CO.  
CapitolPhotoBooths.com  
714-376-1698

**Video to DVD**  
$9.99*  
We have the best technology and know-how to transfer all of your videos to DVD.  
*Up to 3 video transfers with this ad.  
Not valid with any other offers.

**3-hr. Special $169**  
(Sun.-Thurs.)  
Weddings • Birthdays • Wine Tours  
Casino Specials • Quinceañeras & more  
888-474-6953  
flamingolimousine.com

**Let us pour you a drink.**  
Bartenders for any occasion.  
Professional Bartenders School  
760-471-5500

**New 3-hr. Special**  
Sun.-Thurs. only $195  
Kid’s Birthday Specials  
Includes Roller Coaster & Pizza.

**Temecula Wine Tours**  
Starting at $299  
Joe’s Crab Shack Dinner Special, Quinceañeras, Bachlorette Parties, Hollywood Tours & Corporate Packages! Call for details.

**CalipartyBus**  
Luxury Limo and Party Buses  
calipartybus.com  
Where Nightlife Begins and Ends.  
Free VIP Nightclub Entry. Restrictions Apply  
www.calipartybus.com  
Voted #1 Limo Company in San Diego  
858.345.5257

**Personalized Weddings**  
Church services or barefoot on the beach.  
Call: 858-350-1053  
See: www.personalizedweddings.com  
E-mail: sjwallace1053@yahoo.com

**Bridal Bazaar**  
Sun. April 25, 2010  
Del Mar Fairgrounds  
www.BridalBazaar.com

**LAX**  
$150  
SOUTH BAY LIMOUSINE • www.SouthBayLimo.net  
Towncar, includes tax & fuel  
888-243-1729

**Perfect for Weddings and Special Events**  
The Inn at Sunset Cliffs  
619-222-7901  
www.Innatsunsetcliffs.com

**Any event, any budget!**  
Affordable, high-quality photo, video, DJ and planning services  
AzulProductions.com  
619-246-0915 • 760-224-8287

**Professional Guitarist at Your Event!**  
• Classical  
• Spanish  
• Flamenco  
619-300-6284  
Audio samples at: williamwilson.com

**Save $10 Off Craft Brewery tours!**  
On private tours Mon.-Thurs.  
• Great for corporate events & team-building!  
Brewery Tours of San Diego  
619-961-7999  
BreweryToursOfSanDiego.com

**Music As You Like It**  
~DJ's  
~Live Music  
~Novelty Acts  
Weddings, Corporate Events, Parties  
400 Bands, All Types  
619-223-5732  
musicasyoulikeit.com

**Capture the Fun!**  
• Corporate Events  
• Theme Parties  
• Birthdays  
• Weddings  
Photo Booth Rentals  
* CAPITAL PHOTO BOOTH CO.  
CapitolPhotoBooths.com  
714-376-1698

**Video to DVD**  
$9.99*  
We have the best technology and know-how to transfer all of your videos to DVD.  
*Up to 3 video transfers with this ad.  
Not valid with any other offers.

**3-hr. Special $169**  
(Sun.-Thurs.)  
Weddings • Birthdays • Wine Tours  
Casino Specials • Quinceañeras & more  
888-474-6953  
flamingolimousine.com

**Let us pour you a drink.**  
Bartenders for any occasion.  
Professional Bartenders School  
760-471-5500

**New 3-hr. Special**  
Sun.-Thurs. only $195  
Kid’s Birthday Specials  
Includes Roller Coaster & Pizza.

**Temecula Wine Tours**  
Starting at $299  
Joe’s Crab Shack Dinner Special, Quinceañeras, Bachlorette Parties, Hollywood Tours & Corporate Packages! Call for details.

**CalipartyBus**  
Luxury Limo and Party Buses  
calipartybus.com  
Where Nightlife Begins and Ends.  
Free VIP Nightclub Entry. Restrictions Apply  
www.calipartybus.com  
Voted #1 Limo Company in San Diego  
858.345.5257

**Personalized Weddings**  
Church services or barefoot on the beach.  
Call: 858-350-1053  
See: www.personalizedweddings.com  
E-mail: sjwallace1053@yahoo.com

**Bridal Bazaar**  
Sun. April 25, 2010  
Del Mar Fairgrounds  
www.BridalBazaar.com

**LAX**  
$150  
SOUTH BAY LIMOUSINE • www.SouthBayLimo.net  
Towncar, includes tax & fuel  
888-243-1729

**Perfect for Weddings and Special Events**  
The Inn at Sunset Cliffs  
619-222-7901  
www.Innatsunsetcliffs.com

**Any event, any budget!**  
Affordable, high-quality photo, video, DJ and planning services  
AzulProductions.com  
619-246-0915 • 760-224-8287

**Professional Guitarist at Your Event!**  
• Classical  
• Spanish  
• Flamenco  
619-300-6284  
Audio samples at: williamwilson.com

**Save $10 Off Craft Brewery tours!**  
On private tours Mon.-Thurs.  
• Great for corporate events & team-building!  
Brewery Tours of San Diego  
619-961-7999  
BreweryToursOfSanDiego.com

**Music As You Like It**  
~DJ's  
~Live Music  
~Novelty Acts  
Weddings, Corporate Events, Parties  
400 Bands, All Types  
619-223-5732  
musicasyoulikeit.com

**Capture the Fun!**  
• Corporate Events  
• Theme Parties  
• Birthdays  
• Weddings  
Photo Booth Rentals  
* CAPITAL PHOTO BOOTH CO.  
CapitolPhotoBooths.com  
714-376-1698

**Video to DVD**  
$9.99*  
We have the best technology and know-how to transfer all of your videos to DVD.  
*Up to 3 video transfers with this ad.  
Not valid with any other offers.

**3-hr. Special $169**  
(Sun.-Thurs.)  
Weddings • Birthdays • Wine Tours  
Casino Specials • Quinceañeras & more  
888-474-6953  
flamingolimousine.com

**Let us pour you a drink.**  
Bartenders for any occasion.  
Professional Bartenders School  
760-471-5500

**New 3-hr. Special**  
Sun.-Thurs. only $195  
Kid’s Birthday Specials  
Includes Roller Coaster & Pizza.

**Temecula Wine Tours**  
Starting at $299  
Joe’s Crab Shack Dinner Special, Quinceañeras, Bachlorette Parties, Hollywood Tours & Corporate Packages! Call for details.

**CalipartyBus**  
Luxury Limo and Party Buses  
calipartybus.com  
Where Nightlife Begins and Ends.  
Free VIP Nightclub Entry. Restrictions Apply  
www.calipartybus.com  
Voted #1 Limo Company in San Diego  
858.345.5257
Thursday | 18

I SWEAR TO GOOD YOU ARE GOD AT THIS

Holiday Matinee presents its “inspiring guide to being creative and making awesome” at Basic Urban Kitchen and Bar. The book-launch party features live performances by Joel P West, art installations from Sezio, interactive photography, presentations, DJs, and more, emceed by architect Graham Downes. See IN PERSON, page 71.

MEET A PRINCE OF DARKNESS — OZZY!

The bad boy himself, Ozzy Osbourne, is in town to sign his new memoir, I Am Ozzy. “I’ve done some bad things in my time…but I ain’t the devil.” Purchase a copy from Warwick’s and receive a ticket for the signing line (only books purchased at the store will be signed). See IN PERSON, page 72.

NIGHT OF THE LAUGHING DEAD...
WE’RE DYING TO CAST YOU!

Mystery Café Dinner Theatre celebrates its 20th season with Victoria Valasco and James Pascarella’s interactive comedy. An eccentric director is doing a live broadcast of his full-length horror film, and the audience is encouraged to audition. Directed by Valasco. See THEATER, page 106.

Friday | 19

THE PHYSICS OF SUPER-HEROES


MUSHROOMS IDENTIFIED!

Vast displays of fresh fungi are promised during the 12th annual Mushroom Fair, hosted by the San Diego Mycological Society. Talk with experts in identification and cultivation of fungal life, and buy your own mushrooms, mushroom foods, and books. Also, a cooking demonstration and mushroom dyeing and crafts. See SPECIAL, page 66.

Saturday | 20

BURNING MAN FILM FESTIVAL

San Diego members of the Burning Man community will show their collection of shorts and feature-length films about the annual arts festival in Nevada’s desert. The after-party will be held at 4th&B. See FILM, page 70.

Monday | 22

SECRETS OF IMPROVISATION COMEDY DIVULGED

From the comedy troupe Upright Citizens Brigade Tourco: “Mainstream comedy is for jerks. You don’t want to be a jerk, do you?” Prior to their show, the troupe will conduct a 90-minute workshop, sharing tips and tricks for the think-on-your-feet comedy genius. See LECTURES, page 73.

Tuesday | 23

HORROR AND THE BODY

Learn what makes a fake gash appear realistic enough to scare! Makeup artist Julz Perez and film critic Beth Accomando discuss the horror genre and its special effects at CSU San Marcos, moderated by Professor Martha Stoddard-Holmes. See LECTURES, page 72.

Wednesday | 24

TEEN ART CAFÉ

Teen artists can meet their peers and take part in art-making activities in conjunction with an exhibition of modern art representing some of the 20th Century’s most influential artists. Artist Hugo Crosthwaite will be on site and even doing some drawing. See FOR KIDS, page 70.
Travel & Getaways

Let us plan your next vacation.
Call AAA and save!!
Call your local AAA office for current rates and discounts.
San Diego/Mission Valley, 2440 Hotel Circle North, 619-681-1570

SPONSORED BY AAA Travel

Fall in Love Again
In-room Jacuzzi & fireplace. $129/night
Includes breakfast & dinner. Thru 2/28/10.
Live Oak Springs Resort
Call us, 619-766-4288 or visit: www.liveoaksprings.com

Explore • Play • Unwind
Sacred Rocks Reserve
Nature’s Playground
(888) 519-7692
RV PARK • RETREAT • ARTIST COLONY
www.sacredrocksreserve.com

Romantic Winter Getaway...
Just 2 hours from San Diego.
11 unique log cabins nestled among pines and cedars in the San Jacinto Mountains.
From $74 plus tax.
Reservations required.

Gather No Moss
TRAVEL STORIES AND TIPS FROM OUR READERS

Avila Beach, California
By Leonard Fry
Avila Beach is located in San Luis Obispo County between the county seat and Pismo Beach. As a south-facing community (similar to Santa Barbara), it enjoys milder weather than other nearby towns. It’s reached via a long, winding road from Highway 101, past a series of wineries and hot springs.
Avila Beach was once known as the nearest town to the Diablo Canyon nuclear power plant. The town remained small due to a building moratorium and limited water supply. Then in 2000, Unocal agreed to undertake a massive cleanup of contaminated soil under the town, which involved demolishing all structures in a large part of town, removing the soil, and rebuilding the town.
When we first visited this town 20 years ago, it reminded us of Ocean Beach. It was out of the way, a little hard to access, and definitely caught in a time warp. When we returned, it more closely resembled Avalon on Catalina Island, which brought mixed emotions.

Sosúa, Dominican Republic
By Robert Isenberg
“My friend, my friend!” the men called as we passed. They started as the sun rose, drifting out of their kiosks. “You are hungry, yes? Here is a menu!”
“Pretty necklace for the lady?”
“See this painting! You like? Good price for you!”

The beach of Sosúa stretches for a full mile, and all along the white dunes runs a wall of vendors’ stalls. The hawkers approached with open arms; they
continued on page 64

Other Adventures

BonnieMaffei: Montezuma’s Castle National Monument, near Sedona, Arizona
Mindz: Zen-sational sunrise, Sanur Beach, Bali
robvman: An old barn in Thornton, Colorado

Rainforest reclaims Sosúa

One local attraction was as we remembered it: At the end of Harford Pier in nearby Port San Luis, we had a great meal at the Olde Port Inn. It boasts a 360-degree view of the area and a variety of local seafood. They’ll even prepare fish you bring in with you if it’s not on their menu. A large part of the attraction for us was their extensive wine collection, including many from smaller local wineries.
It’s still summer in Rosarito
Call today for special rates
888 354 9112
RosaritoBeachHotel.com

A COOL PLACE TO CRASH
Fireplaces
Hot tubs
Pet-friendly
1-800-550-8779
909-866-7374
BigBearCoolCabins.com

SPONSORED BY
aaa
Travel

LAX $150
SOUTH BAY LIMOUSINE • www.SouthBayLimo.net
888-243-1729

Save 5% on your shuttle! Use code HYTD6
supershuttle.com
800-974-8885

Going to France?
French lessons from $9.99 an hour!
All levels, any age
Children • Teenagers • Adults
Private lessons • Small groups
Tutoring • Corporate programs
CALL today to schedule your FREE LESSON.
Sophie: 619-339-7993
sophie@fromenglishtofrench.com
www.fromenglishtofrench.com
License #B200309811

A COOL PLACE TO CRASH
Fireplaces
Hot tubs
Pet-friendly
1-800-550-8779
909-866-7374
BigBearCoolCabins.com

San Diego Reader February 18, 2010 63
Ice Plant is responsible for many of the carpet-like splashes of yellow, pink, red, and purple we’re beginning to see around San Diego. Popular as a ground cover for concealing and stabilizing road cuts or any other easily eroded slope, ice plant covers the shoreline bluffs at La Jolla, road embankments in Rancho Santa Fe and Balboa Park, and open back yards from Point Loma to El Cajon. Ceanothus, or wild lilac, begins its annual blooming cycle this month — at least in the warmer coastal areas. Assuming sufficient rainfall arrives, March virtually every chaparral-covered canyon and hillside on the coastal strip may exhibit blue or white flowering specimens. The peak of the ceanothus bloom will work its way eastward, reaching Ramona and Alpine by March or April, and the Palomar, Cuyamaca, and Laguna mountains by April or May. For the next several years, ceanothus growth will be rampant in Cuyamaca Rancho State Park, where the devastating 2003 Cedar wildfire incinerated nearly all of the trees and opened up opportunities for post-fire, pioneering vegetation such as the ceanothus species.

Tree Heights can be easily measured this week if the sun shines at midday. On or near February 18, at or very near 12 noon, the sun as seen from San Diego County stands at an altitude of 45 degrees above the horizon. Under those conditions, the length of a shadow cast by a vertical tree trunk on a horizontal surface equals the height of the tree trunk. Even if you lack a measuring tape, you can still use your own feet to pace the distance heel-to-toe: the length of an average adult male’s shoe sole, for example, is very close to one foot.

Sosúa continued from page 62

embraced me around the shoulders and smiled like close relatives.

Hard to believe that Sosúa was once a Jewish kibbutz built by Jewish immigrants in the 1940s. Beginning in the late ’30s, European Jews escaped to the Dominican Republic — the first country to openly accept Holocaust refugees. They built wooden houses, farmed the land, congregated at an ersatz synagogue, and spoke German and Yiddish.

A half-century later, the rainforest has reclaimed the meadows and fields. The wooden buildings are gone, and we couldn’t even find the temple (where a few stragglers reportedly still worship on the Sabbath).

The only lasting monument is El Museo Judío de Sosúa, a small but moving museum that lies on a quiet avenue and open at odd hours. Far from the hawkers forcing their wares, the museo offers a quiet exhibit of WWII-era documents and photographs. As we moved around the museum, it was more and more apparent how much the town has changed.

As we left the museo, we saw the baseball field across the street. Kids pitched and slammed homers. They ran and called excitedly. All of them were skinny and wore secondhand clothes.

Oil City, Pennsylvania
By William Holman

Nestled in the Allegheny Mountains, Oil City might just be the most small town in the world today. Here lie the remnants of the world’s first commercially successful oil wells, dating from the 1860s. This former boomtown and the surrounding forest demonstrate how man’s relationship with fossil fuels has been disastrous from the start. In the middle of town, the Allegheny River

is joined by Oil Creek, and history overflows.

Hiking trails surround the town, and you’d never know that Oil Creek, meandering lazily through the rolling hills, was once the site of mass industry — and massive pollution. The soft ground underfoot has given way to new growth since the last oil wells were closed down, but the musky smell of old wood and rusting metal still lingers.

Plaques along the trails depict historic moments and sites: Edwin Drake’s original commercial oil well, for instance, and the point where the stream was once dammed (when that dam was dynamited, a man-made tidal wave propelled skiffs loaded with oil barrels downstream, piloted by prospectors with dollar signs in their eyes). A plaque shows the location of a once-world-famous gusher, which produced oil faster than barrels could be made to contain it; oil overflowed into the little stream and blackened the water. That spot is now a thicket of briars and red berries.

The 7100 acres of state parkland surrounding the stream provide lively hiking and the three-sided Wollkelt shelters for camping, but the real treasures await an explorer willing to venture off the beaten path. Remnants of oil-drilling operations still pepper the steep hillsides around the foggy valley, and multistory wooden shacks and century-old slabs of concrete conjure images of bustling industry.

Win $25 for your travel tips or a pair of movie passes for the best travel photo of the week. Go to SDReader.com/travel for more information.
along moderate to easy trails (depending upon group). Wear hat, treaded footwear, bring water. Rain does not cancel: 760-839-4860. Saturday, February 20, 7:30am; free. Daley Ranch — La Honda trailhead, 3624 La Honda Drive. (ESCONDIDO)


Birding by Sound “Fun and challenging way to find and identify birds.” Learn some bird sounds, increase identification skills when Claude Edwards leads outing in part of canyon supporting willows, live oaks, sage scrub, grassland. Expected birds: scrub jay, Nuttall’s woodpecker, red-shouldered hawk, house wren. 619-282-8687. Saturday, February 20, 8am; free. Pitasquitos Canyon Preserve, 12020 Black Mountain Road. (SORRENTO VALLEY)

Birding in Buchanan Canyon Friends of Buchanan Canyon host birding outing in the canyon. View many birds — thrashers, woodpeckers, warblers, finches — who call the canyon home. Wear good shoes, bring field glasses. 619-297-2957. Saturday, February 20, 9am; free. Johnson Ave., Johnson Avenue Drive. (UNIVERSITY HEIGHTS)

Black Mountain Peak Hike Naturalist Linda King leads moderately paced hike promising early wildflowers, great vistas. 858-484-3219. Sunday, February 21, 8am; free. Black Mountain Open Space Park — Laurentian Drive trailhead, 9606 Laurentian Drive. (RANCHO PEÑASQUITOS)

Discover Magnificent Beauty! Nature walks led by trained naturalist. “Marvel at the reawakening vegetation throughout the reserve and be enchanted by fabulous flowers along the trails.” 760-436-3944. Saturdays, 10am; free. San Elijo Lagoon Ecological Reserve, 2710 Manchester Avenue. (CARDFPP)

Hawkwatch 2010 Visit Ramona’s grasslands to witness resident and winter migration of hawks, falcons, eagles during outing led by Wildlife Research Institute. Events include demonstrations of hawk banding and tracking eagles with transmitters. Walks led by trained biologist every Saturday through February. Wear hiking or walking boots. Bring binoculars or spotting scopes if you have them. 760-789-3992. Saturdays, 9am; through Saturday, February 27; free. Wildlife Research Institute, 18303 Highland Valley Road. (RAMONA)

Help the Western Snowy Plover San Diego Audubon Society restores nesting habitat for threatened western snowy plover; join group to pick up trash and remove ice plant encroaching on nesting grounds. Wear old clothes, long pants, boots, or sturdy shoes. Work gloves, tools, snacks, water provided. Meet at entrance of hike path on east side of street just as Marina Way curves to right; park along Marina Way or west of marina at Pepper Park. 619-550-9529 or 858-273-7808 x101. Saturday, February 20, 9am; free. Pepper Park, Tidelands Ave., south terminus. (NATIONAL CITY)


Hike Pinyon Wash Canyoners lead two-mile hike to Harper Flat, once the site of a large Indian camp. High-clearance vehicles needed to drive to end of Pinyon Wash to trailhead; hikers will consolidate into four-wheel drive or high-clearance vehicles to travel to trailhead. To reach spot, take I-8 to Highway 79, drive through Cuyamaca Rancho State Park to Julian; turn right on Highway 78. Meet leader at the Yaqui Pass Junction (Highway 78/S3). 619-255-0171. Saturday, February 20, 10am; free. Anza-Borrego Desert State Park, 200 Palm Canyon Drive. (BORREGO SPRINGS)

Interested in Native Flora? Join Friends of the Point Loma Native Plant Garden, learn about native flora while caring for collection of rare, endangered native plants and trees. Watering, trail maintenance, invasive plant removal, other light gardening activities. Tools provided. Find garden next to Green Cliff Apartments, 4444 Greene St., Ocean Beach. 619-297-7380. Sunday, February 21, 9am; free. Point Loma Native Plant Reserve, Mendocino Boulevard and Greene Street. (POINT LOMA)

Miracle of Rain Open your eyes to “phenomenal growth and plant diversity” in park during trail guided walk. 619-668-3281. Saturday, February 20, 8am; free. Mission Trails Regional Park, One Father Junipero Serra Trail. (SAN CARLOS)

Oak Grove Bird Watching Explore an oak grove habitat with park’s resident birder and naturalist. Learn to spot and identify which birds call this area home. 619-668-3281. Saturday, February 20, 8am; free. Mission Trails Regional Park, Tidelands Ave., south terminus pathways and tantalizing trails. “Fun and challenging way to find and identify birds.” Learn some bird sounds, increase identification skills when Claude Edwards leads outing in part of canyon supporting willows, live oaks, sage scrub, grassland. Expected birds: scrub jay, Nuttall’s woodpecker, red-shouldered hawk, house wren. 619-282-8687. Saturday, February 20, 9am; free. Peresquitos Canyon Preserve, 12020 Black Mountain Road. (SORRENTO VALLEY)

Birding in Buchanan Canyon Friends of Buchanan Canyon host birding outing in the canyon. View many birds — thrashers, woodpeckers, warblers, finches — who call the canyon home. Wear good shoes, bring field glasses. 619-297-2957. Saturday, February 20, 9am; free. Johnson Ave., Johnson Avenue Drive. (UNIVERSITY HEIGHTS)

Black Mountain Peak Hike Naturalist Linda King leads moderately paced hike promising early wildflowers, great vistas. 858-484-3219. Sunday, February 21, 8am; free. Black Mountain Open Space Park — Laurentian Drive trailhead, 9606 Laurentian Drive. (RANCHO PEÑASQUITOS)

Discover Magnificent Beauty! Nature walks led by trained naturalist. “Marvel at the reawakening vegetation throughout the reserve and be enchanted by fabulous flowers along the trails.” 760-436-3944. Saturdays, 10am; free. San Elijo Lagoon Ecological Reserve, 2710 Manchester Avenue. (CARDFPP)

Hawkwatch 2010 Visit Ramona’s grasslands to witness resident and winter migration of hawks, falcons, eagles during outing led by Wildlife Research Institute. Events include demonstrations of hawk banding and tracking eagles with transmitters. Walks led by trained biologist every Saturday through February. Wear hiking or walking boots. Bring binoculars or spotting scopes if you have them. 760-789-3992. Saturdays, 9am; through Saturday, February 27; free. Wildlife Research Institute, 18303 Highland Valley Road. (RAMONA)

Help the Western Snowy Plover San Diego Audubon Society restores nesting habitat for threatened western snowy plover; join group to pick up trash and remove ice plant encroaching on nesting grounds. Wear old clothes, long pants, boots, or sturdy shoes. Work gloves, tools, snacks, water provided. Meet at entrance of hike path on east side of street just as Marina Way curves to right; park along Marina Way or west of marina at Pepper Park. 619-550-9529 or 858-273-7808 x101. Saturday, February 20, 9am; free. Pepper Park, Tidelands Ave., south terminus. (NATIONAL CITY)


Hike Pinyon Wash Canyoners lead two-mile hike to Harper Flat, once the site of a large Indian camp. High-clearance vehicles needed to drive to end of Pinyon Wash to trailhead; hikers will consolidate into four-wheel drive or high-clearance vehicles to travel to trailhead. To reach spot, take I-8 to Highway 79, drive through Cuyamaca Rancho State Park to Julian; turn right on Highway 78. Meet leader at the Yaqui Pass Junction (Highway 78/S3). 619-255-0171. Saturday, February 20, 10am; free. Anza-Borrego Desert State Park, 200 Palm Canyon Drive. (BORREGO SPRINGS)

Interested in Native Flora? Join Friends of the Point Loma Native Plant Garden, learn about native flora while caring for collection of rare, endangered native plants and trees. Watering, trail maintenance, invasive plant removal, other light gardening activities. Tools provided. Find garden next to Green Cliff Apartments, 4444 Greene St., Ocean Beach. 619-297-7380. Sunday, February 21, 9am; free. Point Loma Native Plant Reserve, Mendocino Boulevard and Greene Street. (POINT LOMA)

Miracle of Rain Open your eyes to “phenomenal growth and plant diversity” in park during trail guided walk. 619-668-3281. Saturday, February 20, 8am; free. Mission Trails Regional Park, One Father Junipero Serra Trail. (SAN CARLOS)
One Love for V-Day
One Love yoga flow class hosted by Inner-Mission and Triad Productions benefits V-Day 2010. Suitable for all levels. 619-549-3408. Saturday, February 20, 2pm. $20. 13 and up. Swedenborg Hall, 1531 Tyler Avenue. (UNIVERSITY HEIGHTS)

Paint-Out
Paint/draw/explore Balboa Park, whether you work in oils, acrylics, watercolor, digital, charcoal, pencil, pastels, or mixed media. All artists, amateur to professional, encouraged to participate. Co-hosted by Maura McHugh and Lee Sautereau. At noon, meet back at SDM for group discussion of work created, potluck meal (bring food and/or drink to share). 619-236-0011. Saturday, February 20, 9am; free. San Diego Art Institute: Museum of the Living Artist, 1439 El Prado. (BALBOA PARK)

Rooftop Yoga
Yoga One leads vinyasa flow mixed-level classes for hotel guests (free) and public ($15 per class). 619-544-0164. Thursday, February 18, 7pm; $15-$55. Westfield Plaza Bonita, 5300 Grand Del Mar Court. (CARMEL VALLEY)

Sweetheart of a Book Sale
Books offered for $3.50 per bag during sale promising live music by Molly (12:30pm), caricaturist (10am-noon). Book donations welcome. 858-220-3312. Saturday, February 20, 7pm; $15-$55. Saint James by-the-Sea Episcopal Church, 743 Prospect Street. (UNIVERSITY CITY)

The Art of the Circus!
Circus Vargas raises its new big top for performances around county. Circus “bridges the gap between old tradition and modern innovation.” Prior to each show, audience is invited into center ring for “crash course in circus skills such as juggling, feather balancing, and hula-hooping.” Tickets: 877-468-3861. Thursday, February 18, 7:30pm; Friday, February 19, 4:30pm and 7:30pm; Saturday, February 20, 1:30pm, 4:30pm and 7:30pm; Sunday, February 21, 1:30pm, 4:30pm and 7:30pm; Monday, February 22, 7pm; $15-$55. Westfield Plaza Bonita, 3030 Plaza Bonita Road. (NATIONAL CITY)

The Death Penalty
Focus on Amnesty International with P&R Discussion Group. 619-570-1027. Thursday, February 18, 7pm; free. Filter, 4096 30th Street. (NORTH PARK)

Timken in French
Alliance Française hosts guided tour led by Susanna Hernandez Peredo, in French, of museum’s Putnam Foundation Collection. Tour begins outside at museum entrance. Suggested donation for nonmembers: $5. Reservations: 858-556-0144. Friday, February 19, 1am; Timken Museum of Art, 1500 El Prado. (BALBOA PARK)

Tuesday Night Art
Artist-painter Geoffrey Stone leads workshops with subjects including perspective, beginning cartooning, basics of acrylics. 760-767-5162. Tuesday, February 23, 6pm; $10. Borrego Art Institute, 587 Palm Canyon Drive Suite 105. (BORREGO SPRINGS)

CLASSICAL MUSIC


Pinnacle of the Motet Tradition
J.S. Bach’s “Six Motets,” written in German in 1720s and 1730s, may be enjoyed during concert by Bach Collegium San Diego. Reception follows. 619-840-7353. Saturday, February 20, 7pm; $15-$35. Saint James by-the-Sea Episcopal Church, 743 Prospect Street. (LA JOLLA)

“Secrets of Chopin’s Music” Revealed!
Artist-in-residence Peter Gach draws on lifelong study of sources, sample timelines, planning guides, one-hour consultation gift certificate with veteran wedding planner, goodie bag, more. 858-293-0961. Saturday, February 20, 10am; $150. Grand Del Mar, 5300 Grand Del Mar Court. (CARMEL VALLEY)
**DANCE**

“David Patrone $10,000 Swing Dance Spectacular”

David Patrone Productions hosts swing dance competition and lessons. Contestant registration: 4:45pm; swing dance lessons with Barbara and William Karatz (5-5:45pm); live music for swing dancing (6-9pm). Semifinals: March 21. Finals: March 28, 619-517-2719, Sunday, February 21, 4pm; free. Alpaca Casino DanceCenter Show Room, 5000 Willowes Road, (ALPINE)

Ballroom, Latin, Swing Mixer

Shawn Torgerson hosts ballroom, Latin, swing dancing, salsa, tango, and “everything in between.” 858-565-9775. Saturday, February 20, 8pm; $8. Dance for 2, 7528 Clairemont Mesa Boulevard. (KEARNY MESA)

Belly Dance Showcase

Athelea, Annamarie, Nadirah, Rachel perform to live music by Middle-Earth Ensemble. Donation: $5. 619-688-9845. Thursday, February 18, 8pm. Claire Dune, 2060 University Avenue. (NORTH PARK)

Cajun/Zydeco Dancing

Party with beginning dance lesson (7pm); DJ spins zydeco tunes (8-10:30pm). Free for first-time visitors; $5 tickets include lesson, dance. 619-887-8499. Tuesdays, February 23, 7pm and 21 and up. Riley’s Music Lounge, 2901 Nimitz Boulevard. (POINT LOMA)

Contra Dance

Chris Page calls to tunes by the Remnants during dance hosted by San Diego Folk Heritage. Beginners’ dance workshop: 7:30pm. Wear soft-soled shoes. 619-283-8550. Friday, February 19, 7:30pm; $5. Trinity United Methodist Church, 3030 Thorn Street. (NORTH PARK)

English Country Dancing

Chris Page calls for English country dancing. 858-678-9731. Sunday, February 21, 6pm; $6. Ian Hart Academy of Dance, 12227 Poway Road. (POMONA)

Jazzin’ Hustle Dance Party

DJ plays contemporary and retro hustle music plus nightclub mix for singles and couples of all ages. Hustle with New York-style lessons. 619-275-3533. Saturday, February 20, 8pm; $8. Patte’s Wells’ DanceTime Center, 1255 West Moreno Boulevard. (KEARNY MESA)

Verdi’s First Masterpiece

San Diego Opera season continues with Nabucco. Cast includes Richard Paul Fink, Sylvie Valayre, Raymond Medrano, Conductor Edoardo Müller; Lotfi Mansouri directs. Performed in Italian with English translations above stage. Reservations: 619-533-7000. Saturday, February 20, 7pm; Tuesday, February 23, 7pm; $30-$180. San Diego Civic Theatre, 1100 Third Avenue. (DOWNTOWN)

Winter Chamber Heat

Enjoy chamber music performance by faculty and student musicians. 619-260-4171. Sunday, February 21, 2pm; $5-$12. Shiley Theatre at University of San Diego, 5998 Alcala Park. (UNIVERSITY CITY)

**Rhyme & Verse**

Two poems by Christina Rossetti

**Song**

When I am dead, my dear,
Sing no sad songs for me;
Plant thos no roses at my head,
Nor shadly cypress tree;
Be the green grass above me
With showers and dewdrops wet;
And if thou wilt, remember,
And if thou wilt, forget.

I shall not see the shadows,
Nor shady cypress tree:
Sing no sad songs for me;
With showers and dewdrops wet;
And if thou wilt, remember,
And if thou wilt, forget.

Christina Georgina Rossetti (1830–1894) was one of the leading poets of Victorian England. Deeply religious, she was opposed to slavery, war, animal research, and the exploitation of women. From 1859 to 1880 she served as a volunteer at a refuge for former prostitutes. The portrait of Christina Rossetti is by her brother, Dante Gabriel Rossetti, a founding member of the avant-garde Pre-Raphaelite movement, and for several of whose paintings Christina modeled.

**Remember**

Remember me when I am gone away,
Gone far away into the silent land;
When you can no more hold me by the hand,
Nor half turn to go yet turning stay.

Remember me when no more day by day
You tell me of our future that you planned:
Only remember me; you will
It will be late to counsel then or pray.

Yet if you should forget me for a while
And afterwards remember, do not grieve:
For if the darkness and corruption leave
A vestige of the thoughts that once I had,
Better by far you should forget and smile,
Than that you should remember and be sad.

Christina Georgina Rossetti (1830–1894) was one of the leading poets of Victorian England. Deeply religious, she was opposed to slavery, war, animal research, and the exploitation of women. From 1859 to 1880 she served as a volunteer at a refuge for former prostitutes. The portrait of Christina Rossetti is by her brother, Dante Gabriel Rossetti, a founding member of the avant-garde Pre-Raphaelite movement, and for several of whose paintings Christina modeled.

**Pacific Coast Skydiving**

$125* Tandem

- Scenic flights over the ocean and downtown San Diego
- Jump from altitudes over 2 miles above the ground
- Ask about RVT video technology
- Call or go online for reservations.

(619) 661-0194
www.pcskydiving.com

Open 7 days a week • MC/Visa
Gift certificates available.

*Must purchase $70 video ($195 total cost). Weekdays only.
Add $20 for weekend jumps.

**Verdicts from San Diego**

San Diego Opera’s “Nabucco” with Nabucco. Cast includes Richard Paul Fink, Sylvie Valayre, Raymond Medrano. Conductor Edoardo Müller; Lotfi Mansouri directs. Performed in Italian with English translations above stage. Reservations: 619-533-7000. Saturday, February 20, 7pm; Tuesday, February 23, 7pm; $30-$180. San Diego Civic Theatre, 1100 Third Avenue. (DOWNTOWN)

Winter Chamber Heat

Enjoy chamber music performance by faculty and student musicians. 619-260-4171. Sunday, February 21, 2pm; $5-$12. Shiley Theatre at University of San Diego, 5998 Alcalá Park. (UNIVERSITY CITY)
Swing Fun Firehouse swing school’s roster includes “Lindy Hop 1” class focusing on eight-count Lindy basics; Lindy 2 (“Whip It Good: Vintage Dean/ Jewel Moves”); and a specialty class (California routine). Class fee includes admission to Firehouse Swing Dance (8-11:30pm) featuring DJ Doug LeClair and friends, return of “Pro-Am Jack ‘n’ Jill Contest,” Fee: $15 per class or $50 for four weeks. All ages. 858-395-6060. Wednesday, February 24, 7pm; $15-$50. Firehouse Swing Dance, at San Diego Woman’s Club: 2557 Third Avenue. (BANKER’S HILL)

Swing Matinee Enjoy music by the Swingin’ Kings during event hosted by Firehouse Swing Dance. 858-395-6060. Saturday, February 20, 3pm; $8-$10. 21 and up. Belly Up Tavern, 143 South Cedros Avenue. (SOLANA BEACH)

Trocks (Still) Rock! Enjoy “ballet performed by blokes in drag” when Les Ballets Trockadero de Monte Carlo hit the stage replete with tu-tus, tiaras, tight’ 619-570-1100. Thursday, February 18, 7:30pm; $30-$66. 6 and up. Balboa Theatre, 868 Fourth Avenue. (DOWNTOWN)

**FILM**

“A New Generation of Spike and Mike Animation” Festival promises “flat-out best and funniest animated shorts the world has to offer.” The 19 featured films include Key Lime Pie, Stillwaters, A Town Called Panic. Cake. 858-459-8707. Saturday, February 20, 7:30pm and 9:30pm; $12-$15. 6 and up. Sherwood Auditorium at Museum of Contemporary Art San Diego, 700 Prospect Street. (LA JOLLA)

Forever Enthralled International Film Series features 2008 Chinese film by Chen Kaige about Mei Lanfang, regarded as most legendary opera performer in all of Chinese history. Screening takes place in room 204. In Chinese with English subtitles. 760-944-4449 x7758. Friday, February 19, 1pm; free. MiraCosta College San Elipio Campus, 3333 Manchester Avenue. Film repeats at 7pm on Oceanside campus, One Barnard Drive; free. (CARLSBAD, OCEANSIDE)

Forever Wild: Celebrating America’s Wilderness See film narrated by Robert Redford, “help the California Wilderness Coalition celebrate” successful preservation of thousands of acres of state’s wild areas. Expect short presentation about coalition. RSVP: 909-946-1855. Tuesday, February 23, 4pm; free. Stone Brewing World Bistro and Gardens, 1999 Citracado Parkway. (ESCONDIDO)

La Scorta Ricky Tognazzi’s film screens for “Anti-Mafia Film Series” hosted by San Diego Italian Film Festival. In Italian with English subtitles. Suggested donation: $5. 619-238-7559. Thursday, February 18, 7pm. Museum of Photographic Arts, 1649 El Prado. (BALBOA PARK)


Root of All Evil? Television documentary written by Richard Dawkins screens before round-table discussion focusing on “alternative religion.” 619-335-0206. Thursday, February 18, 6:30pm; free. 15 and up. San Diego County Health Building, 3851 Rosecrans Street. (MIDWAY DISTRICT)

The Lady Eve “Screwball Romantic Comedy” series concludes with 1941 film by Preston Sturges starring Barbara Stanwyck, Henry Fonda. Ann Zivotsky leads prefilm (5:30pm) and postfilm discussions. 760-602-2026. Wednesday, February 24, 6pm; free. Schulman Auditorium at Carlsbad City Library, 1775 Dove Lane. (CARLSBAD)

The Lion’s Journey Screening of The Story of Wadie Deddeh in conjunction with “One Book, One San Diego” program. Film offers “portrait of retired California senator and San Diego-area Chaldean Iraqi leader, an Iraqi immigrant.” 619-236-5817. Wednesday, February 24, 6:30pm; free. San Diego Public Library, 820 E Street. (EAST VILLAGE)

Z Award-winning 1969 film by Costa-Gavras is “fictionalized account of the events surrounding the fall of Manuel Antonio to the guerrillas in May 1969.” 619-236-5817. Wednesday, February 24, 6:30pm; free. San Diego Public Library, 820 E Street. (EAST VILLAGE)

For train times and more details: www.GoNCTD.com or call 511

Whether you are a regular COASTER commuter or just “always wanted to try” the most beautiful train ride in America, celebrate the COASTER’s 15th Anniversary by visiting four uniquely inviting communities.
**Rothschild's ghost: The assassination of Greek politician Grigorios Lambrakis in 1963. Film screens in French with English subtitles for Sunday Matinee series. 619-236-5800, Sunday, February 21, 2pm; free. San Diego Public Library, 820 E Street. (EAST VILLAGE)

A **Nervy Philosophical Force** See the Coen brothers' latest film, A Serious Man, when it screens for Film Forum. 619-236-5800. Monday, February 22, 6:30pm; free. San Diego Public Library, 820 E Street. (EAST VILLAGE)

**Burning Man Film Festival (EAST VILLAGE)**

**820 E Street. 2pm; free. San Diego Public Library, 619-236-5800. Sunday, February 21, 3pm; free.**

---

**LOCAL EVENTS**

**FOR KIDS**

**Faces: Using the Elements** Instructor Nancy Isbell helps children have fun, explore use of line, shape, texture, color to draw faces. Children under 48” must be accompanied by an adult. Donation: 50 cents. 619-421-5227. Saturday, February 20, noon; Rohr Park, 4548 Westwater Road. (ROHR PARK)

**I Think I Can!** Help Eddie the En- gine deliver a birthday present to Bunny Rabbit during The Little En- gine That Could puppet shows by Big Joe Productions. 619-544-9203. Wednesday, February 24, 10am and 11:30am; $3-$5. Marie Hitchcock Puppet Theatre, 2130 Pan American Road West. (BALBOA PARK)

**Pretty and Pink** Meet radiantly pink animals, learn how they show their love for each other during Kindernights and Kinder- mornings programs. Hear “heart- felt stories,” make a heart-healthy edible necklace while sipping on pink lemonade. Fee does not in- clude admission to zoo. Required reservations: 619-557-3969. Friday, February 19, 6:30pm; $12-$15. 3rd and up. San Diego Zoo, 2920 Zoo Drive. (BALBOA PARK)

**The Three Wishes** An old man and his wife “foolishly waste three wishes granted them by a fairy” when Puppet Express takes stage. 619-544-9203. Thursday, February 18, 10am and 11:30am; Saturday, February 19, 10am and 11am: Sunday, February 20, 11am, 1pm and 2:30pm; Sunday, February 21, 11am, 1pm and 2:30pm; $3-$5. Marie Hitchcock Puppet Theatre, 2130 Pan American Road West. (BALBOA PARK)

**All Aboard!** Chula Vista Live Steam Club provides train rides.

---

**FOOD & DRINK**

**“Cooking with Passion”** Vegan San Diego club offers cooking class with featured dishes: variety sushi, heavenly salad, tofu club sandwich with special sauce. Food samples, gift bags, cookbook raffles. 858-705-3987. Saturday, February 20, 1pm; free. Del Mar Library, 1309 Camino del Mar. (DEL MAR)

**Wintertime Treats** Learn how to make snacks for cold winter days from chef Manjula Jain. Menu includes lentil soup, vegetable pakora, ras, more. Fee includes food, beverages, appetizers, recipes. 858-578-2665. Sunday, February 21, 1pm; free. 1Mission, 845 Fort Stockton Drive. (MISSION HILLS)

**What’s Cooking?** Personal chef Betsy G. prepares gold-medal Reuben paninis, described as the “perfect Olympics-watching fare.” Demonstration samples. 619-906-4000. Sunday, February 21, 21pm; free. 1Mission, 845 Fort Stockton Drive. (MISSION HILLS)

**GALLERIES**

**“Intelligent Design”** Opening reception for exhibit of “witty and socially sharp clay pieces” by Jo- hanna Hansen. See installation cre- ated of many clay and mixed-me- dia creatures through Sunday, March 28, 760-765-1676. Saturday, February 20, 4pm; free. Santa Ys- abel Art Gallery, 30352 Highway 78, (SANTA YSABEL)

**Only Human** Opening recep- tion for exhibition of large oil paintings and small narrative drawings by figurative painter Linda Kardoss. Closing reception: Saturday, March 13, 619-299-4278. Saturday, February 20, 6pm; free. San Diego Art Department, 3830 Ray Street. (MIRAMAR)

**In Person**

**A Celebration of Toys and the Art of Play** Michael Klam of Puna Press performs as part of museum’s Joaquín Torres-Garcia’s wood abstractions exhibition opening. Klam has written a series of poems as a teacher, father, and little boy in a grown man’s body; poetry is in dialogue with Torres- Garcia’s ideas about toys, games, play as an essential way for all to learn and create. 619-232-7931. Sunday, February 21, 3pm; free-$12. San Diego Museum of Art, 1450 El Prado. (BALBOA PARK)


**Bridge Over Troubled Waters** Grammy-nominated storyteller Diane Ferriellae waits “apesty of folktales, myths, legends, and per- sonal stories that reflect a central theme: trouble may come, but it doesn’t last forever.” Storytellers of San Diego gather in Manchester Executive Conference Center for concert. 619-298-6363, Saturday, February 20, 7:30pm; $10. 12 and up. University of San Diego, 5998 Alcalá Park. (LINDA VISTA)

**“Happiness is a Warm Tommy Gun”** Technomaniac Circus presents “the Mob Show,” promising two hours of mobsters and circus acts. Program boasts “acts featuring mobsters and their hit men, musical numbers conveying love of tommy guns, pink mobsters, Joe’s SpeakEasy, the Moonshine Barn, mob Olympics,” more. Reserva- tions: 619-251-1950. Saturday, Feb- ruary 20, 8pm; $15. 18 and up. Center for Amusing Arts, 2438 Commercial Street. (LOWAN HEIGHTS)

**“Intimate Miracles”** Sebastian presents “close-up” magic show. Tickets include two drinks. RSVP: 619-865-2973. Friday, February 19, 8pm; $20. Wine Cabana, 2539 Congress Street. (OLD TOWN)

**“Something for Everyone!”** Annual variety show by San Diego Choraliers adult mixed chorus, Women of Note, Serra-Naders, and Men of Note promises variety of music and dance. Reservations: 619-501-7298. Saturday, February 20, 4:30pm; free-$10. Patrick Henry High School, 6702 Wander- mere Drive. (SAN CARLOS)

**Ask Yourself This** New Thought teacher/Unity Center spiritual
leader Wendy Craig-Purcell discusses her book, subtitled "Questions to Open the Heart, Expand the Mind and Awaken the Soul." 858-454-0347. Tuesday, February 23, 7:30pm; free. Warwick’s Bookstore, 7812 Girard Avenue. (LA JOLLA)


**I Swear to Good You Are God at This** Book-launch party for “book of creative inspiration and a showcase for the work of people who do what they love” by Holiday Matinee. Fête promises live performance by Joel P West, art installations from Serio, interactive photography, presentations, DJs, more. Emcee: Graham Downes. RSVP: 619-795-4505. Thursday, February 18, 7pm; free. 21 and up. Basic Urban Kitchen and Bar, 410 Tenth Avenue. (EAST VILLAGE)

**Life as a Sandwich** Author Eric Peterson signs books. 760-480-2760. Tuesday, February 23, 6pm; free. Barnes and Noble Bookstore Escondido, 810 West Valley Parkway. (ESCONDIDO)


**Outcasts United** Author Warren St. John discusses his “story of a refugee soccer team, a remarkable woman coach and a small Southern town turned upside down by the process of refugee resettlement.” Read the book, participate in some “One Book, One San Diego” events. 619-531-1539. Thursday, February 18, 1:30pm; free. Point Loma Library, 3701 Point Loma Boulevard. (POINT LOMA)

**The Ghost of Mt. Soledad** Author Joan Brady talks about and signs her new novel. Regional historical work is filled with “local color and charm.” 619-232-4855. Thursday, February 18, 7pm; free. The Center for Guadalupe Cultural and Educational Center, 1111 Marine Street. (LA JOLLA)

**The Physics of Superheroes** Science professor/author James Kalaio describes his book which explores the ways in which superheroes’ skills and superpowers are based in reality. (courtyard on corner of Womble Street.) Wednesday, February 24, 11am; free. Ice Gallery, 3417 30th Street. (PACIFIC BEACH)

**Skydive!** Scenic views of the ocean, downtown, the mountains & more! $25 OFF Per person, with coupon. Lowest price guaranteed. 1-888-230-0789 HotAirFun.com

**Vietnam No Regrets: One Soldier’s Tour of Duty** Author J. Richard Watkins signs copies of Vietnam No Regrets: One Soldier’s Tour of Duty during La Jolla Open Air Market (on school’s upper playground). 858-454-1699. Sunday, February 21, 9am; free. La Jolla Elementary School, 1111 Marine Street. (LA JOLLA)

**Dirbog Comedy Show** Comedian Jim Florentine (Howard Stern Show, That Metal Show, Crank Yankers) performs. 858-204-3111. Friday, February 19, 8pm; Saturday, February 20, 8pm; $50, 17 and up. Dirbog Music, 1135 Garnet Avenue. (OCEANSIDE)

**Hocus Pocus Hijinks** The 53rd annual edition of “It’s Magic” features six “top magic and variety acts from around the world.” 800-988-4253. Saturday, February 20, 7pm; $22-$35. California Center for the Arts, Escondido, 340 North Escondido Boulevard. (ESCONDIDO)

**Live Music and Paintings!** Enjoy event with “swanky musicians, composers, and poets” including Gladstone Bags, the Night Rocker, the Preteens, Alan Silva and the Cosmik Originals, Indian Camp, light show by Array Light Orchestra, original paintings. 619-519-4738. Friday, February 19, 8pm; free. Ice Gallery, 3417 30th Street. (NORTH PARK)

**Lunch and Book Signing** Bring lunch and join J. Richard Watkins, author of Vietnam No Regrets: One Soldier’s Tour of Duty, for picnic at Liberty Station Marketplace (courtyard on corner of Womble and Historic Decatur Roads, next to Tender Greens). 619-573-9260. Wednesday, February 24, 11am;
**Anza Borrego Film Screening**

Don’t miss this special screening of three short films that wonderfully depict the beauty and wonder of Anza Borrego Desert State Park. Even if you’ve never visited the Park, these spectacular films will leave you feeling inspired and ready for a visit! FREE!

**Lectures**

**A Critique of Love, Knowledge, and Pity** USD professor Dennis Rohatyn divulges “The Top Ten” pretty good, fine, 2010; free. Carlsbad City Council Chambers, 1200 Carlsbad Village Drive. (CARLSBAD)

**From Concept to Object** James Brown, a principal of San Diego architecture firm Public, talks at Humanist Fellowship of San Diego. How did Russell’s three governing passions guide his life and work, and why did they fail to bring him or anyone else the happiness he sought? 619-590-4091. Sunday, February 21, 2pm; free. San Diego Public Library, 820 E Street. (EAST VILLAGE)

**New Words to Actions to Architecture** Vito Accioni speaks for Axis Arts 240 moderated by Professor Martha Stoddard-Holmes. 760-750-4011. Tuesday, February 23, 6pm; free. Parkinson’s, 3312 Oak Valley Road. (SAN MARCOS)

**How to Conserve Water in Your Landscape** Steve Jacobs of Nature Designs Landscaping shares knowledge on reducing water waste and improving landscapes when California Rare Fruit Growers meet in Horticulture Building room 7003. Fruit growers, gardeners, free. 10 and up. Miramar College, One Barnard Drive. (OCEANSIDE)

**Israel's Secular Past** Palestinian refugee Ibrahim Eibed speaks for Atheist Coalition of San Diego. 619-342-5788. Tuesday, February 23, 6:30pm; free. North Park Recreation Center, 4844 Idaho Street. (NORTH PARK)

**Managing Your Media in Final Cut Pro** Instructor, producer, instructor of “increasingly viral video” FCPU Media Arts. 619-230-1938. Saturday, February 20, 9am; free. Miramar College, One Barnard Drive. (OCEANSIDE)

**‘Horror and the Body’** Makeup artist Julz Perez and film critic Beth Ann Comiskey discuss horror genre, special effects, the history of this art form moderated by Professor Martha Stoddard-Holmes. 760-750-4011. Tuesday, February 23, 5pm; free. Parkinson’s, 3312 Oak Valley Road. (SAN MARCOS)

**Reflections on Forging the 2010 U.S. Trade Agenda** Dean Peter Cowhey talks on his experience working in the Obama administration as senior counselor to Ambassador Ron Kirk at Office of the United States Trade Representative. Reception follows. Required reservations: 858-822-6756. Tuesday, February 23, 5pm; free. University of California San Diego, 9500 Gilman Drive. (LA JOLLA)

**Latin and Ballroom Jitterbug and Swing Saloon and Months Classes still open. No contract**}

**Dance lessons only $10**

**Latino and Ballroom Jitterbug and Swing Saloon and Months Classes still open. No contract**

**Horror and the Body** Makeup artist Juli Perez and film critic Beth Ann Comiskey discusses horror genre, special effects, the history of this art form moderated by Professor Martha Stoddard-Holmes. 760-750-4011. Tuesday, February 23, 5pm; free. Parkinson’s, 3312 Oak Valley Road. (SAN MARCOS)
Friendly Natives
See, touch, smell some drought-tolerant plants—such as salvia and California natives—when landscape designer Doug Kalal presents “Thirty Great Drought-Tolerant Plants for Your Garden.” 619-200-7066. Monday, February 22, 6pm; free. Rancho Bernardo Library, 17110 Bernardo Center Drive. (BANCO HERNADO)

Future's So Bright...In The Next Hundred Million, social and economic trend analyst Joel Kotkin looks beyond short-term challenges to reveal why a brighter future for America may be ahead. Kotkin speaks for Revelle College, focusing on evolution of more intimate units of American society (families, towns, neighborhoods, industries), Registration: 858-892-8000. Tuesday, February 23, 2pm; $25. Neurosciences Institute, 10600 John Jay Hopkins Drive. (LA JOLLA)

Get Grooming Learn canine grooming techniques, basic flea control strategies, options on preventing external parasites. Discover at-home grooming equipment every dog owner should have as well as more advanced options. Class is for people only. Registration: 619-243-3424. Thursday, February 18, 6:30pm; $12. San Diego Humane Society and SPCA, 5500 Gaines Street. (LINDA VISTA)

Get a Job! Looking for a new or part-time job? Learn basics of online job searching, gain hints and techniques to make searches more efficient, during class at Oasis. Fee: $24 for two classes (February 18 and 25), 619-574-0674. Thursday, February 18, 10:15am. Westfield Mission Valley Center, 1640 Camino del Rio North. (MISSION VALLEY)

How to Live Happily Ever After With Your Dog Workshop covers topics such as house training, socialization with people and other animals, calmness in home, communication with your dog, basic nutrition, more. For people only. Required reservations: 619-299-7012 x2274, Thursday, February 18, 6:30pm; $35. San Diego Humane Society and SPCA, 5500 Gaines Street. (LINDA VISTA)

Myths Dispelled! Debt-relief and bankruptcy seminar for consumers and business owners struggling with debts. Registration: 760-431-2200. Wednesday, February 24, 6pm; free. 18 and up. Legal Objective Law Firm, 2544 Campbell Pl., Suite 100. (CARLSBAD)

Plant Propagation Made Easy Learn everything you need to know about making new plants from cuttings during class, taught by Connie Beck, experienced nursery manager and landscape designer. Learn successful techniques for preparing, storing, and planting seeds. Bring samples of plants and seeds you wish to propagate. Registration: 619-660-4550. Saturday, February 20, 9:30am; $25. Water Conservation Garden, 12122 Cuyamaca College Drive West. (RANCHO SAN DIEGO)


Secrets of Improvisation Comedy Divulged! Upright Citizens Brigade Torso hosts workshop before show (9pm at Loft). Fee includes workshop and show. 858-534-6497. Monday, February 22, 6:30pm; $18. Price Center at USD, 5900 Gilman Drive. (LA JOLLA)

Seeking Attention? Barbara Fisch and Shari Shelly of Blue Slip Media (a children’s book publicity and marketing agency) share insights into creating a media campaign for children’s books. Talk hosted by Society of Children’s Book Writers and Illustrators offered in USD’s Hahn School of Nursing Building (Linda Vista Drive and Marion Way). 619-713-5462. Saturday, February 20, 2pm; $7-9. University of San Diego, 5998 Alcala Park. (LINDA VISTA)

Sogetsu School Ikebana Learn basics of Sogetsu-style Ikebana (Japanese flower arrangement) from Yumi Rakers. Materials list upon required advanced registration. Fee: $15 per session, or $40 for four sessions. Registration: 619-232-2271. Tuesday, February 23, 9:30am. Japanese Friendship Garden, Pan American Road. (BAJO ROTA PARK)

The Music of Mendelssohn Carlsbad Music Guild presents “Music in Your Life” program. 760-633-1953. Tuesday, February 23, noon, free. Schuman Auditorium at Carlsbad City Library, 1775 Dove Lane. (CARLSBAD)

What's Up with Ko'ie'ie Fishpond? State parks historian Alex Bevil recently participated in restoration of Maui’s 500-year-old Ko’ie’ie Fishpond, a spot listed on National Register of Historic Places. Bevil presents “La'ulima: Reflections on the Restoration of an Ancient Hawaiian Fishpond” for San Diego Archaeological Society, divulging ancient fishpond history, construction, preservation. 858-538-9355. Tuesday, February 23, 7-30pm; free. Los Perasquitos Ranch Adobe, 12122 Canyonside Park Drive. (RANCHO PENASQUITOS)

Who Was Fawzi al-Qawuqji? McCull University professor Lalla Parsons focuses on “The Return of Narrative to the Historiography of the Early 20th-Century Arab World” in Social Sciences Building room 104. “Using the life story of the Arab-nationalist soldier Fawzi al-Qawuqji as an example,” Parsons argues “the historiography of the early 20th-century Arab Middle East can be further enriched by narrative histories and biographies in which the people of the region itself (rather than colonial bureaucrats) serve as the protagonists.” 858-522-5007. Monday, February 22, 4pm; free. University of California San Diego, 9500 Gilman Drive. (LA JOLLA)
Birch Aquarium at Scripps
What makes the seahorse a fish, though it doesn’t look like one? How do male seahorses get pregnant, give birth? “There’s something about seahorses” explores biology, adaptations of these creatures. Exhibit includes more than a dozen species of live seahorses and their relatives, including pipefish, shrimpfish, sea dragons. Continues through December 2011.

Facility is a component of the Scripps Institution of Oceanography at UCSD. More than 60 tanks contain marine life of Pacific Northwest, California coastline, Mexico’s Sea of Cortés, and South Pacific. The La Jolla Kelp Tank is a two-story-high tank with giant kelp plants and nearly 30 species of local marine life. “Feeling the Heat: The Climate Challenge” explores science behind climate change; “Art of Deception” explores underwater camouflage. “Wonders of Water” waterplay area includes three interactive stations. The Lynne and Howard Robbins Shark Reef Exhibit features a 13,000-gallon shark tank with black tip, white tip, bamboo, and wobbegong sharks. 2300 Expedition Way, 858-534-3474. (LA JOLLA)

Chula Vista Nature Center
Interactive living museum devoted to the endangered Southern California coastal wetlands, located in Sweetwater Marsh National Wildlife Refuge. Visitors use a bioscanner to view animals macroscopically, use a Wentzscope for views of microscopic organisms found in the “Sweetwater Soup,” and interact with computerized videos exploring how tides affect the bay in the “Moons, Tides, and the San Diego Bay” exhibit. Pet sharks and rays in the David A. Wieghorst Shark and Ray Experience, see burrowing owls and migratory birds, and enjoy the xerophytes and gardens.

Visitors meet a shuttle bus at the Bayfront E Street Trolley Station or at the center’s parking lot at the foot of E Street and Bay Boulevard. 1000 Gunpowder Point Drive, 619-409-5903. (CHULA VISTA)

Coronado Museum of History and Art
Why are Navy SEALs called frogmen? Who were some of the streets of Coronado named after? Find out in “Coronado: We Remember,” combining stories, historical vignettes of artifacts, photographs, textiles, documents from archives of Coronado Historical Association. Closes Tuesday, June 1.

ongoing exhibits explore the overall history of Coronado, Navy and Army, Tent City, and the Hotel del Coronado. 1100 Orange Ave., 619-435-7242. (CORONADO)

Flying Leatherneck Museum
Museum is dedicated to Marines who provided air support from the propeller-driven fighters and bombers of the 1940s to the modern jets and helicopters currently in use. Static display of a variety of aircraft are included, along with equipment, insignia, paintings and photographs, scale models, and a research library. The museum is located in building T-2002, at Marine Corps Air Station Miramar. Miramar Road (Marine Corps Air Station), 858-693-1723. (MIRAMAR)

Mingei International Museum
Fisch Out of Water — Sea Creatures of Arline Fisch is the designer-architect’s first major installation. The more than 150 objects crocheted from color-coated copper wire are life-sized re-creations of specific jellyfish species and objects suggesting sea anemones and coral. Fisch is professor of art (emerita) at SDSU, founder of Arline Fisch, Inc., and creator of the company. The exhibit is the first public appearance of the designs. The Mingei International Museum is located at 1482 Albion St., 619-238-8585. (SAN DIEGO)

California Classics Gymnastics Invitational
Youth gymnastics competition, Saturday, February 20, 9am; $7-$10. Del Mar Fairgrounds, 2260 Jimmy Durante Boulevard, Del Mar. (DEL MAR)

Coastal Cruising
Knickerbokers bicyclists plan 40-mile roller coaster back streets. Bring money for lunch in Carlsbad. 619-255-2890. Saturday, February 20, 9am. Glen Park, 2149 Orinda Drive. (ENCINITAS)

Horse Ride to Hell Creek
Friends of Hellhole Canyon Open Space Preserve sponsor horse hike through challenging terrain surrounding this North County creek. Hike requires a trail horse of intermediate ability; horses must be able to cross water. Riders should bring water, snack, 760-751-9700. Saturday, February 20, 9am; free. Hellhole Canyon Open Space Preserve, 19324 Santee Lane. (VALLEY CENTER)

NEDA Walk
UCSD’s Eating Disorders Treatment and Research team hosts NEDA Walk in conjunction with Eating Disorders Awareness Week. 858-534-8026. Sunday, February 21, 9am; $20.

San Diego Reader
February 18, 2010
No Joke

“The learning curve was like being shot out of a cannon,” says new winemaker Linda.

O
n Saturday, February 6, Mike and Linda McWilliams celebrated their one-year anniversary as owners of San Pasqual Winery. The brand itself dates back to the early ’70s, when a lawyer, Mickey Freedman, and a judge, Charlie Froelich, decided to build a winery to process the grapes they harvested from a vineyard they planted in Escondido as a tax shelter. Pierce’s disease got the better of them, and in 1986 they sold to real-estate man Paul Thomas and three members of the vineyard-rich Jaeger family, who changed the name to Thomas Jaeger Winery.

Local real-estate developer Paul Marx resurrected the San Pasqual name (though not the vineyard) in 1999. But distribution proved tricky, and in 2006, he sold to a young winemaker named Erik Humphrey. Humphrey moved the winemaking operation to a light industrial zone of Pacific Beach, started drawing thirsty visitors, and began making plans to move his facility into PB proper. His dream: “A wine bar that would be like a microbrewery, where you could see the tanks, see us making wine.”

Enter the McWilliamses — he’s a research psychologist for the Navy, she’s a speech therapist at a middle school. “We were looking to start a wine bar downtown,” explains Mike. “I was searching for ‘wine bar’ online, and ‘urban winery for sale’ popped up. “ The winery move had never quite happened for Humphrey, and San Pasqual was back on the block. “I showed [the ad] to Linda, and we kind of joked about it for a while” — until it stopped being a joke. “They had changed the law so that wineries could start selling wines by the glass, and so we could still have our wine bar downtown, but we’d be serving our own wine.”

They visited, fell in love, contacted Humphrey as a consultant, and closed the deal. “I remember the first day we showed up — we met Eric there on Saturday,” recalls Linda. “I thought, Wow. We own this winery. What are we going to do? Eric showed me the floating lids for the fermentation tanks and said, ‘You need to scrub these.’ I thought, Oh — okay.” Welcome to the glamorous world of wine.

The downtown part of the plan is still in the works. (Government regs and alcohol sales can make for a tricky mix, and the perfect location — walking distance from the convention center — has yet to present itself.) But in the meantime, the McWilliamses, longtime residents of La Mesa, have opened a tasting room/wine bar/art gallery on their own main drag. (Just now, celebrity portraits by Mike’s brother Tim line one wall in the tasting bar; the warm yellow sitting area behind it features landscapes from local painter Grace Schlesier.)

On February 8, they hosted their first gathering in the high-ceilinged back room. The occasion, fittingly enough, was a meeting of the San Diego County Vintners Association. “The learning curve was like being shot out of a cannon,” says new winemaker Linda. “Waking up in the middle of the night, thinking, What am I doing?”

Fortunately, she had Humphrey to answer the question. “I’ve got him on speed-dial, and we text all the time.” She also had the association. “There are four winemakers who are helping me, and I can call anyone in the association. They’ve been so welcoming.”

On the formal side, she took a wine-production class at Mira Costa College from Jim Hart, winemaker at Milagro Farm Vineyard & Winery in Ramona and son of Hart Winery’s Joe Hart. “We had classroom work every week, but we also went out and did a harvest at Hart and went through crush and bottling and everything. I’ve got 14 gallons of Cabernet Franc from that class. The rest of the guys make fun of me — ‘You have 500-gallon tanks of wine; what are you doing with this?’ But I can play with it and not worry about screwing up 500 gallons.” Classes in chemistry are still to come, as is winemaker certification from UC Davis.

For now, San Pasqual is still selling through its wide-ranging back inventory — Humphrey’s stuff, made mostly from Guadalupe Valley fruit brokered by Escondido’s Belle Marie Winery. (The Sauvignon Blanc glides down with the Valley’s distinctively unctuous character, and the ’01 Nebbiolo-Cabernet blend reminds me of similar wines from L.A. Cetto.) But under its new owners, the winery has shifted its interests northward. Says Mike, “We did a collaborative buy with another winemaker, and there were a couple of other sources. But nothing from Mexico this year. We have fruit from Napa, Sonoma, Lake County, Mendocino, Monterey — and San Diego County.”

“Fallbrook,” adds Linda. “I’d like to do more wines made from local fruit. But this was our first crush. We’re still sorting things out. We’ve got so many wines going, and there are going to be more. Every Sunday during crush — from the end of August to October — we were doing something like 10 to 12 tons. We’d start at 7:00 in the morning and work until 1:00 the next morning. When we bought the winery, they advertised 1000 to 1500 cases. I think we’d like to get to double that but not get so big that I have to hire people to do the fun job of winemaking and tasting.”

And on Sunday, February 14, the McWilliamses will bottle the first wine made entirely under their watch: the San Pasqual Passionfruit. The fruit comes in from San Marcos/ Vista and gets mixed with Mount Palomar spring water, “so it’s all local product,” says Linda. “Most people have a preconceived notion of what it’s going to taste like, so we give away complimentary samples. Almost everybody says, ‘Wow, that’s really good.’ It’s one of our best sellers — a lot of white grapefruit on the palate.”

“People hear ‘passionfruit’ and think it’s going to be sweet,” adds assistant Brenda Nason from behind the tasting bar. “But it’s not — it’s tart.” (It is, and it’s a touch spritzly-prickly, too. Refreshing, really.) “If people think it’s too tart, I tell them it makes a great sangria.”

---

### Crush

MATTHEW LICKONA

---

Mike and Linda McWilliams (left) and the crew at the San Pasqual tasting room

---

**Breakfast, lunch and dinner served 24 hours, 7 days a week**

**The best hotcakes you have ever tasted or they’re free!**

We are so confident that our hotcakes are the best you’ll ever taste that we’re willing to put your taste buds to the test. Our pancakes are made from the finest flour and sweetest buttermilk on the planet. And the same goes for our old-fashioned malted waffles. Try them and you’ll be hooked for life!

**Extraordinary portions served around the clock including:**

- Gourmet Multi-Grain Hotcakes
- Stuffed French Toast
- Chicken Strips Cordon Bleu Sandwich
- Half-Pound Old-Fashioned Patty Melt

Complete menu and reservations available at www.Brians24.com

**Check us out on opentable.com**

**The only 24/7 restaurant in Downtown**

828 Sixth Avenue, between E and F Streets in the Gaslamp | 619-702-8410
Alpine

Baja
From the United States use the prefix 011-52 when calling Mexico.

Balloo Park
Japanese Tea Pavilion 2215 Pan American Way, Balboa Park, 619-231-0048. The teriyaki bowl with salmon, the sweetish adobo rice noodle soup with tofu katsu, and even the California sandwich piled high with “krab” meat are good and feel Japanese. Inexpensive.


Banker’s Hill
Alex’s Brown Bag 2550 Fifth Ave., Banker’s Hill, 619-231-2912. The re-born Alex’s (now in the Mr. A’s building) is a deli rightly famous for its Original Philadelphia Cheese Steak Sandwich. Inexpensive.


Tacos Varios y Aguas Frescas Corner of Constitution and Third, Tiijana. The cart is only here from 6pm to 6am, but from tongue to chicken mole to mole locro, steak ranchero, carne asada, chile rellenos, and quesadillas (fish), they create meals right there. Inexpensive.

Azuki Sushi Lounge 2321 Fifth Ave., Banker’s Hill, 619-258-4760. Skillful, creative sushi and sashimi in a convivial atmosphere. Don’t miss the spicy Pon Hama (yellowtail sashimi with yuzu juice and chili powder) or the fusion of red kidney beans with the waiter’s favorite. Moderate to expensive.

Carmel Mountain
Athens Market Cafe 11640 Carmel Mountain Rd., Carmel Mountain, 858-675-2225. Vickie Pappas (of Soa of Mary) serves up the Greek classics at this alfresco of Athens Market, with uniquely flavorful lamb souvlaki and lamb chops. Inexpensive to moderate.

Chola’s View
Thai Garden 118 47th St., Chollas View, 619-527-8890. They do Thai here, but cognoscente come for the Lao cooking. This place is the town’s unofficial Lao Embassy, and the larb and fresh-pounded green papaya salad are the real thing. A great place for buying Lao silks, too. Inexpensive.

Carlsbad
Joey’s Smokin’ B-B-Q 6955 El Camino Real, Carlsbad, 760-929-1396. Also 4643 Carmel Mountain Road, Carmel Valley, 858-350-1317. It’s not Southern so much as SoCal “Q,” but the meats are genuinely smoked. Pulled pork offers reasonably credible Memphis-style flavor, ribs come in three versions. Inexpensive to moderate.

Pizza Port 371 Carlsbad Village Drive, Carlsbad, 760-720-7007. Also 135 N. Coast Hwy, 101, Solana Beach, 858-481-7332. Pizza Port has its own beer (try Sharkbite Red) and flings their own Happy Hour 5-7 pm, All Day Sundays!

Tony Roma’s Ribs Seafood Steaks
One Pound of Pork or Beef Ribs & Two Sides $9.99
Mon-Thurs $5.99
Mo Hoarse Margaritas & House Long Island Tea $3
FREE Wi-Fi • MILITARY DISCOUNTS AVAILABLE
20% Discount for To-Go Orders

Lunch or Dinner $5 Off $10 Off
$20 purchase or more.
$40 purchase or more.
Offers valid at Pacific Beach location only with this ad. Max one coupon per table per party. Excludes all specials. Not valid with any other offers or on holidays, Expiring 2/14/10.

Reader Steals
$19 for $40 worth of food and drink at the All American Grill

3-day Online Sale Friday-Sunday, February 19–21

Reader Steals
Register early. We’ll email you when the sale begins!
**Clairemont**

Boomerangs Gourmet Burger Joint 4577 Clairemont Dr., Clairemont, 858-296-8227. Mall atmosphere, but hickory-fried Texas-style pit barbecue turns out tender, moist pork ribs and reasonably smoky brisket. Nice fried catfish, too. Hush puppies and sweet potato fries are the tastiest sides. Inexpensive.

Lightnin’ Jack’s BBQ 4705-H Clairemont Dr., Clairemont, 858-290-0900. Create-your-burger options include horseradish, artichoke hearts, carrots, cranberries, cheeses, and mushrooms. Chop and tuck these into raw burger meat, like a jory into mama ros’s pocket. Inexpensive.

**College Area**

4.0 Deli 5844 Montezuma Rd., College Area, 619-281-4040. Try the Montezuma, a toasted sub with grilled chicken cutlets, chorio, Monterey jack, and a kick-butt Southwestern dressing.

San Diego Desserts 5987 El Cajon Bl., College Area, 619-281-4816. What was just a wonderful bakery has expanded to include full sit-down lunch, dinner, and Sunday brunches. Comfort dishes like meatloaf and chicken pot pies, sandwiches, salads. Good wines, wicked desserts, great patio. Inexpensive to moderate.

Woodstock’s Pizza 6145 El Cajon Bl., College Area, 619-265-0999. What was just a wonderful bakery has expanded to include full sit-down lunch, dinner, and Sunday brunches. Comfort dishes like meatloaf and chicken pot pies, sandwiches, salads. Good wines, wicked desserts, great patio. Inexpensive to moderate.

**Coronado**


Crown Room Hotel Del, 1500 Orange Ave., Coronado, 619-435-6611. In this vaulted dining room, presidents, princes and Marilyn Monroe have chowed down. Open only for elaborate Sunday brunch, with cooking not quite up to the visual grandeur. Expensive.


Mexican Village 126 Orange Ave., Coronado, 619-435-3111. Old restaurant revives with new (Mexican) owner. Old Coronadans say the signature burritos (filled with tripe, pork and potato, chorizo and eggs, etc.) match even their gilded Korea- and Vietnam-era memories. Inexpensive to moderate.

Rhinoceros 1166 Orange Ave., Coronado, 619-435-2121. Meat and fish choices are prepared simply with generic veggie accompaniments. Why, then, is Rhino so popular? Pasta is the answer — that’s where the kitchen shines. Moderate (pasta) to expensive.

**Del Mar**

Americana 1454 Camino del Mar, Del Mar, 858-755-6600. Casual breakfast/lunch, serious dinners, with flavors of the American melting pot and summer veggies from the chef’s home garden. Breakfast and lunch inexpensive to moderate, dinner moderate to expensive.

Osteria del Pescatore 1201 Camino del Mar, Del Mar, 858-509-9293. Italian seafood, garden setting. Best are the daily specials, including spaghetti a cartoccio (baked in parchment) and lobster risotto. Save room for dessert, especially if offerings include torta alla nonna. High-moderate to expensive.

Poseidon 1670 Coast Bl., Del Mar, 858-755-9345. It’s all about the glorious seaside view. Lunches run to sandwhiches, burgers, and fried seafood. Dinner dishes mingle Pacific Rim-Mediterranean-Mexican flavors, with some emphasis on seafood. Moderate to expensive.

Red Tracton’s 1201 Orange Ave., Del Mar, 858-755-9345. Its all about the glorious seaside view. Lunches run to sandwiches, burgers, and fried seafood. Dinner dishes mingle Pacific Rim-Mediterranean-Mexican flavors, with some emphasis on seafood. Moderate to expensive.
Café de L’Opera

Beach City Market

High-moderate to expensive.

you cut it, crumbling into a berry coulis.

lemon-pistachio cake that changes as

the mind along with the palate, e.g., a

shrimp Reumo (with a Dijon sauce),

baked crab cakes. Very expensive.

Panda Inn 586 Horton Plaza Downtown,

1-210. Algae, anyone? This

fitness bar stays raw, organic,

sizeable-smoothed liquid

stuff like garberries, almond butter, hemp

protein, bee pollen, garden chia seeds,

blueberries, plus loaded with blue-

green algae from Lake Klamath. Just

叫 it antioxidant central.

Sole Luna Café 702 Ash St., East

Village, 619-232-0346. Umbrella-

street terrace is fun. Many items taste

straight from Milano, like the breakfast

croissant with prosciutto and smoked

mozzarella, the Rustico Panino, and

the occasional sprint into fusion-

Asian fusion items, elementary sushi,

features sushi, sashimi, and hosts of

Asian-oid appetizers, plus substantial

Asian-based chain restaurant creates a

high-energy atmosphere with loud mu-

sic and louder decor. Tapas, interesting,

lounge Here is the place to eat.

Morton’s of Chicago 285 J St.,

Downtown, 619-237-4900. Fifties-style

and hash brown patties. Open morning

only, with a hot pastrami sandwich that

cuts and sizes, wet-aged and grilled to

medium-rare. Very expensive.

Crab cakes. Happy hour at oyster bar

from the “Simply Grilled and Broiled”

cuisine seafood are ballast for the real

foodies. Tropical umbrella drinks.

Call it antioxidant central.

This fitness bar serves raw, organic,

flavored roasted marshmallows.

Mainly inexpensive.

Juice in the Raw 1860 J St., East

Village, 619-229-1240. Algae, anyone?

This fitness bar stays raw, organic,

sizeable-smoothed liquid

stuff like garberries, almond butter, hemp

protein, bee pollen, garden chia seeds,

blueberries, plus loaded with blue-

green algae from Lake Klamath. Just

叫 it antioxidant central.

Sole Luna Café 702 Ash St., East

Village, 619-232-0346. Umbrella-

street terrace is fun. Many items taste

straight from Milano, like the breakfast

croissant with prosciutto and smoked

mozzarella, the Rustico Panino, and

the occasional sprint into fusion-

Asian fusion items, elementary sushi,

features sushi, sashimi, and hosts of

Asian-oid appetizers, plus substantial

Asian-based chain restaurant creates a

high-energy atmosphere with loud mu-

sic and louder decor. Tapas, interesting,

lounge Here is the place to eat.

Morton’s of Chicago 285 J St.,

Downtown, 619-237-4900. Fifties-style

and hash brown patties. Open morning

only, with a hot pastrami sandwich that

cuts and sizes, wet-aged and grilled to

medium-rare. Very expensive.

Crab cakes. Happy hour at oyster bar

from the “Simply Grilled and Broiled”

cuisine seafood are ballast for the real

foodies. Tropical umbrella drinks.

Call it antioxidant central.

This fitness bar serves raw, organic,

flavored roasted marshmallows.

Mainly inexpensive.

Juice in the Raw 1860 J St., East

Village, 619-229-1240. Algae, anyone?

This fitness bar stays raw, organic,

sizeable-smoothed liquid

stuff like garberries, almond butter, hemp

protein, bee pollen, garden chia seeds,

blueberries, plus loaded with blue-

green algae from Lake Klamath. Just

叫 it antioxidant central.

Sole Luna Café 702 Ash St., East

Village, 619-232-0346. Umbrella-

street terrace is fun. Many items taste

straight from Milano, like the breakfast

croissant with prosciutto and smoked

mozzarella, the Rustico Panino, and

the occasional sprint into fusion-

Asian fusion items, elementary sushi,

features sushi, sashimi, and hosts of

Asian-oid appetizers, plus substantial

Asian-based chain restaurant creates a

high-energy atmosphere with loud mu-

sic and louder decor. Tapas, interesting,

lounge Here is the place to eat.

Morton’s of Chicago 285 J St.,

Downtown, 619-237-4900. Fifties-style

and hash brown patties. Open morning

only, with a hot pastrami sandwich that

cuts and sizes, wet-aged and grilled to

medium-rare. Very expensive.

Crab cakes. Happy hour at oyster bar

from the “Simply Grilled and Broiled”

cuisine seafood are ballast for the real

foodies. Tropical umbrella drinks.
Babbo Grande

Wayside Café

El Parque

Hacienda de Vega

Babbo Grande

El Galeón

El Park 2659 Reche Rd., Fallbrook, 760-731-2775. Good combination plates or a side at breakfast. Inexpensive. You can even use it as a gas station. The place is used to be a gas station. Y ou can even Fallbrook, 760-723-9633. The place Sunday morning, agricultural workers burrito with enchilada. Better yet, on Sunday, 760-731-27775. Good combination plates for Uptowners. Big breakfasts, really 1731 University Ave., Hillcrest, 619-269-8038. This is becoming your neighborhood drop-in place 2661 El Cajon Blvd.

Peruvian & Brazilian Cuisine

"Fascinating... delicious... authentic!" – S.D. Reader

"Latin Chef has quickly become the hearts of locals." – CityBeat

2nd entree with purchase of 1 entree of equal or greater value and 2 858-270-8810 • www.thelatinchef.com

La Jolla (858) 488-7311

3768 Mission Boulevard • Mission Beach

Maine Lobster Special $11.95

Sunday thru Wednesday after 4 pm. Y our entree and get a FREE BEER or a GLASS OF OUR HOUSE WINE with purchase. Good 7 days a week. Exp. 2/28/10.

3893 54th St., San Diego • 619-229-8228

www.luckystaronline.com

Enjoy Happy Hour Specials from 4-7 PM MON.-FRI., or a PVC & Draft Beer.

www.joyskitchen.com

***Full Bar & Wireless Internet***

Traffic Light

3422 7th Ave., Hillcrest, 619-298-3061. Some top Basque tapas here include chicken-stuffed marmitako, baby eels in garlic sauce, stuffed green lip mussels, and an outstanding paella (available as both a tapa and entree). Moderate.

Pizza Fusion 3827 Fifth Ave., Hillcrest, 619-278-0557. Everything’s green and organic at this eco-conscious chain. The pizzas are odd-shaped but tasty, with multigrain oval crusts, plenty of veggies, cheese, and sweet Italian sausage or organic steak. Inexpensive to moderate.

St. Tropez 305 Fifth Ave., Hillcrest, 619-476-5297. Additional locations in Encinitas, Rancho Bernardo, downtown. These bright cafés with indoor-outdoor seating offer scores of yummy house-baked breakfast pastries, desserts, and good coffee, plus Parisian-style croque monsieur and madame, crepes, quiche, onion soup, sophisticated sandwiches, and paninis. Simply French dinners at some branches. Inexpensive.

Terra 3900 Vermont St., Hillcrest, 619-293-7088. Generously sized tapas can serve as appetizers or as a sustaining bite before venturing into Trader Joe’s across the street. The dinner menu changes seasonally, featuring barbecued items during the summer, comforting fare in colder weather. Moderate.

Picasso Spanish Restaurant 3923 Fourth Ave., Hillcrest, 619-294-3061. Some top Basque tapas here include chicken-stuffed marmitako, baby eels in garlic sauce, stuffed green lip mussels, and an outstanding paella (available as both a tapa and entree). Moderate.

$10 off Moroccan Cuisine

Please call for reservations. Order one entree and receive $10 off the second. One coupon per couple, maximum three coupons per party. Dine in only. No sharing. Not valid with any other offer or on holidays. Expires 3/4/10. With this ad.

Daily Lunch Specials 11:30 am-3 pm In the outdoor patio! A la carte items always available.

Now Offering Hookah! $4 1/2 Off (In Studio City Only)

La Jolla 634 Pearl Street 858-454-2500

Costa Mesa 949-645-8384 • Studio City 818-788-6354

TWO SOMES DINNER HOUR

Monday - Friday

5:00-7:00 pm

Buy any dinner entree and get a second entree of equal or lesser value discounted up to a max value of $151 with this coupon.

15% gratuity will be added to the total before discount. Not valid with any other specials or promotions. Must present offer. Expires February 28, 2010.


**San Diego**

February 18, 2010

B & B Deli & Catering

Owl Café

Olive Oil Organic Café

The Tin Fish

**Imperial Valley**

February 18, 2010

Barbara Lee

San Tong Palace

**Kearny Mesa**

B & B Deli & Catering

Owl Café

Olive Oil Organic Café

The Tin Fish

**Restaurants**

**Imperial Beach**

Olive Oil Organic Café

February 18, 2010

B & B Deli & Catering

Owl Café

Olive Oil Organic Café

The Tin Fish

**Imperial Valley**

February 18, 2010

Barbara Lee

San Tong Palace

**Kearny Mesa**

B & B Deli & Catering

Owl Café

Olive Oil Organic Café

The Tin Fish

**What the Chef Eats** by Pamela Hunt-Cloyd

The whole concept for our restaurant started in my backyard. We had a party and I was grilling up these organic burgers and my brother Derek kept noticing people’s responses. People were, like, “This is the best burger I’ve ever had in my life,” Derek said, “We have got to do something with this,” so we decided to open up a restaurant. We actually had no experience in the restaurant industry, so it was a shot in the dark. But that’s how O’Brothers was born.

Everything we serve in our restaurant — from the french fries in to the burgers and the buns — is organic. We are the only 100 percent certified organic restaurant in the world. It’s a natural thing for me because everything I cook at home is organic. It all started back in about 2000 and was spurred on by my wife and two kids. My daughter was only six but on the path to being overweight, and I weighed about 315 pounds. We realized we really needed to change our diets.

You know, America is number one in the world for cancer, diabetes, and obesity. We’re going the wrong way, and I think it’s all due to our diets. Something has to give. All these chemicals and pesticides and partially hydrogenated oils.

Our bodies don’t know what to do with all that. Since I started eating organic, I feel great. I lost about 65 pounds and my daughter is 16 now and so healthy and beautiful. I haven’t had a cold in years, and my energy level is through the ceiling.

We still cook all the time at home. We do a lot of egg whites and salads and my kids love my Chicken Crunchies, which are tortillas toasted on the grill with chicken and cheddar. For the last three to four weeks we’ve been eating these gluten-
Skip the owner’s “famous” bean soup, a vanity item. High-moderate.

The Marine Room 2000 Spindrift Dr., La Jolla, 858-459-7222. Sea-level ocean view and Chef Bernard Guillas’s oceanic culinary inventiveness with fresh, exotic ingredients make every visit a voyage of discovery. Preparations are so elaborate, each menu listing reads like a whole tasting dinner. Expensive. To get other recipes from local chefs, go to sdreader.com.

HOW TO DO IT
Heat a griddle or large pan on the stove. Griddle is ready when a drop of water sizzles on the surface. Melt 1–2 tablespoons of butter or oil on the griddle and spread evenly until the griddle is coated. In a medium bowl, whisk together butter-milk, olive oil, and egg. Add pancake mix and stir until well combined. Batter will be slightly lumpy. Pour about a quarter of a cup of batter onto the hot griddle. Flip pancakes when the edges look cooked and the batter bubbles on the top. Serve hot with butter, jam, syrup, or all three.

NOTE: You can purchase Bob’s Red Mill products at health food stores like Whole Foods or online at bobsredmill.com.

INGREDIENTS
SERVES 4
1–2 tbsp. butter or oil
1/4 cup buttermilk
2 tbsp. olive oil
1 egg
1 cup Bob’s Red Mill Gluten-Free Pancake Mix

To try them.

WHAT I do — and this grosses my wife and daughter out — is I cook it up some Applegate organic bacon and roll it up in the pancakes and eat it like that. They’re the best. Seriously, you’ve got to try them.

free pancakes. These pancakes are amazing. I’m not kidding. My wife and daughter eat them with butter and maple syrup. What I do — and this grosses my wife and daughter out — is I cook up some Applegate organic bacon and roll it up in the pancakes and eat it like that. They’re the best. Seriously, you’ve got to try them.

The Glass Door Restaurant & Lounge 1835 Columbia St., Little Italy, 619-564-7723. Great bar and city views (especially from roofed balcony tables) draw a lively young crowd that enjoys the loud music and cut-price tarty drinks and grazes during the extended happy hours. Fun scene, not se- rious cuisine. Happy hour inexpensive, dinners moderate.

Indigo Grill 1536 India St., Little Italy, 619-234-6802. Deborah Scott expands her original Native-American motif with its focus on root vegetables, game, and roasted spices. Inexpensive to moderate, dinner moderate to expensive.

Po Pazzo 1917 India St., Little Italy, 619-238-1917. The USDA Prime steaks are flash-roasted at 1700 degrees, and if they’re a little chewy, they’re also flavorful — especially the Sicilian steak. The pasta dishes and veggies are even better. Expensive.

Linda Vista

Las Cuatro Milpas 1857 Logan Ave., Logan Heights, 619-234-4460. The Estudillo family has been serving Mexican food here for three genera-

tion. Rice, beans, pork tacos (no beef), pork tamalels, chorizo with eggs — that’s about it. Breakfast/lunch only. Inexpensive.

Tamale Cart 1852 National Ave., Logan Heights, 619-338-9140. The choice of goodies stuffed in the middle can include pork, beef, chicken, cheese, pineapple, strawberries, or coixton. Try the champurrado drink: milk mixed with masa, chocolate, and cinnamon. Inexpensive.

Logan Heights

Rudolf’s Famous Homestyle Cooking Serving Breakfast All Day

Mon.-Fri. Specials

Double $4.79
2 pancakes, 2 eggs, 2 bacon or sausage

The Big 3 $5.49
3 pancakes, 3 eggs, 3 bacon or sausage

Open 24/7,
2900 El Cajon Blvd. 619-282-8423
www.Rudfords.com

San Diego Reader February 18, 2010

FSDR

Expires 3-11-10 • Coupon code: G1
cooking from the mainland (Michoacan, Guerrero, others). Stuffed tortilla dishes (no numbered combos) are appetizers or lunches. For entrees, look to cassettes like tongue in tomatillo sauce, tender goat in a lively red "barbacoa" sauce, and sweet-spicyd mole poblano chicken. Inexpensive.

Old World Deli & Cafe 3930 30th St., North Park, 619-238-0568. Fine-mettle European casual food, with home-made sauerkraut the badge of honor. Try the beefsteak sausage platter or the Great Grilled Gruben sandwich. Inexpensive.


Ocean Beach

The Bar & Que House 9025 Newport Ave., Ocean Beach, 619-221-4532. Genuine "Q" of meats and poultry smoked "low and slow" over oak, then charbroiled. Southern-style sandwich (choice of protein plus coleslaw and tangy, spicy sauce) is a good value. Inexpensive.

Kaiserhof 2253 Sunset Cliffs Bl., Ocean Beach, 619-224-0666. Big, conventional German Bierstube with all the usual dishes. Good schnitzels, potato pancakes. Avoid entrees with one-locus-dills—all brown gravy. The excellent apple strudel is the only dessert made in-house. Moderate.

Oceanside

101 Cafe 631 S. Coast Hwy 101, Oceanside, 760-722-5220. Cooks have been flipping burgers here since 1928. Try the Original Cheeseburger with see-sweet sauce. Inexpensive.

Johnny Malanah 308 Mission Ave., Oceanside, 760-721-9999. On the mainly Mexican menu there's a Caribbean chocolate-y, black bean, paprika, curry-in-the-rice thing going on. Pescado Veracruz (fish marinated in lime juice and garlic with rice, beans, and green salad) is good. The roasted chicken is delicious. Inexpensive.

Oceanside Cafe 1938 S. Coast Hwy 101, Oceanside, 760-722-7373. This little place does lunch with good burgers, but breakfast's what a lot of folks come for. Dieter's Downfall — a three-egg omelet stuffed with ham, bacon, sausage, tomatoes, Jack, and cheddar — is wicked. Inexpensive.

Old Town

Oaxacan Festival Now-March 3rd

El Agave Tequileria 2150 San Diego Ave., Old Town (619) 220-0692 elagave.com

El Agave 2304 San Diego Ave., Old Town, 619-220-0692. Serious Mexican food highlighting mainland regional cuisines, including five different Oaxacan mole (plus a sixth from Chiapas). Moderate.

Harney Sushi 364 Harney St., Old Town, 619-295-3272. Also 301 Mission Ave., Oceanside, 760-967-1820. These trendy spots draw mainly under-35 scenesters with a DJ turning up the amps, a vast choice of sakes, and a menu of sushi (heavy on the party rolls), Japanese appetizers, and a few mixed-ethnicity entrees. Sushi lower than most, entrees moderate.

Zocalo Grill 2444 San Diego Ave., Old Town, 619-298-9480. Tropical Thursday food for everyone — a stacked slate of the tropics, and a la carte. And if you find a Popeye's, you'll be eating Louisiana flavors. The usual dishes. Good schnitzels, potato pancakes. Avoid entrees with one-locus-dills—all brown gravy. The exceptional apple strudel is the only dessert made in-house. Moderate.

Pacific Beach

Balone 1404 Vacation Rd., Pacific Beach, 858-490-6364. The menu features seafood and land creatures in re-fined preparations, in a room with a watery view and monkey-motif decor. Very expensive.

Bare Back Grill 4640 Mission Bl., Pacific Beach, 858-724-7117. Also 624 E St., Downtown, 619-237-9990. The Kiwi owners guarantee healthy, hormone-free, organic beef and lamb from New Zealand — mainly in burgers, from grass-fed organic beef burgers to lamb burgers with wasabi dip. Inexpensive.

Cafe Athena 1846 Garnet Ave., Pacific Beach, 858-273-1140. Sister restaurant, Apollonia Greek Bistro, in UTC. With a more upscale, eye-catching take on the classics, and some more serious menu than most Greek cafes, this is a popular destination. Inexpensive to low-moderate.

Costa Brava 1653 Garnet Ave., Pacific Beach, 858-273-1218. The garlic-rich Spanish cuisine here includes tasty tapas and, amongst the entrees, a paella that’s made to order (sized to serve two or four, call ahead for larger groups). Moderate.

The Fishery 5040 Cass St., Pacific Beach, 858-272-9985. The Fishery’s menu is all seafood and covering SoCal classics (excellent mahimahi burrito), lunchtime standards (sandwiches, fish and chips), and their unique "fourteen-ingredient seasoning" plus coconut shrimp kabobs emerging from a pineapple or a huge, beautifully grilled lobster with sides. Moderate.

Hopleaf Beer Joint 1459 Garnet Ave., Pacific Beach, 858-270-7766. They offer thin-crust East Coast–style pizza or inch-thick, square Sicilian pizza. Crusts are airy and crunchy, and they paddle-slide your slice into the oven to finish it off fresh and hot. Open late. Inexpensive.

Isabel's Cantina 966 Felapit St., Pacific Beach, 858-272-8400. Cheerful spin-off of Mission Cafe serves Latin-American-sorta health food. Breakfast and lunch are the main meals and include homestyle scrambled eggs, huge sand-wiches. Competent Latin-style dishes include tamales with airy masa. Inexpensive to low-moderate.


Point Loma

C-Level 880 Harbor Island Dr., Point Loma, 619-298-6802. The name is the grade for food, but nice for visiting aunts, with scenic heated patio at water's edge and California-Mediterranean comfort food from chef Deborah Scott in laid-back mode, lovely for a sunny lunchtime. Moderate to expensive.

Humphrey's by the Bay 2241 Shelter Island Dr., Point Loma, 619-224-3577. The kitchen features seafood, juicy hamburgers, and Prime steaks with seasonal vegetable garnishes. Poshesh prix fixe upper-moderate, à la carte expensiveness. Very expensive.

15% off seafood lunch or dinner

We don't have a "tough fish of the day" because all our fish are fresh! Call for any details. No valid with any other offer. Excludes carryout.

Solana Beach Fish House Sails Beach: 124 Lemon Santa Fe Dr. 858-481-FISH (3473)
Expires 3-11-10 • Coupon code: GJDSR

50% off entreée

Buy one entreée with two beverages and get a second entreée at 50% off.

Boston Sports Cafe Mira Mesa: 4425 Flamens Dr. 858-200-2107
Expires 3-11-10 • Coupon code: GJDSR

Free entree

With purchase of any entreée and two beverages, receive a second entreée of equal or lesser value. Up to $20 value. Dine-in only. Not valid with breakfast specials, discounts, on holidays or with any other offer. One coupon per table.

Keith's Restaurant Mira Mesa: 9459 Krany Mesa Rd 858-247-4670
Expires 3-11-10 • Coupon code: GJDSR

Large pepperoni pizza $5.99

Plus tax, carry-out only No limit.

Pizza Depot Mira Mesa: 9340 Mira Mesa Blvd Ste 21C 858-844-2020
Expires 3-11-10 • Coupon code: GJDSR

Free yogurt

With purchase of another yogurt.

YoFresh Escondido: 1022 W. El Norte Pkwy 760-432-8090
Expires 3-11-10 • Coupon code: GJDSR

50% off burger

Buy any burger and get a second burger of equal or lesser value for half off. Valid at this location only.

Cheeburger Cheeburger Carmel Mountain Ranch: 12002 Carmel Mountain Rd. 858-533-1357
Expires 3-11-10 • Coupon code: GJDSR

Yeoman Hotel San Diego: 7900 University Ave. 858-527-2259
Expires 3-11-10 • Coupon code: GJDSR

Free pizza or large salad

Free 210" pizza or large salad with purchase of any extra-large specialty pizza 2 for 1.

ZPizza Carmel Mountain: 1190 Carmel Rd. 858-475-3930
Expires 3-11-10 • Coupon code: GJDSR

Free French dinner

Buy one entreée with one alcoholic beverage and receive a second entreée of equal or lesser value up to $18.75 value. Limited to one coupon per table. Buy one with any other offer or on holidays.

La Bonne Bouchée Embarcadero: 471 Embarcadero Blvd. 760-434-3081
Expires 3-11-10 • Coupon code: GJDSR

50% off chicken pie

Buy one entreée and get a second entreée for 50% off.

Chicken Pie Diner & Pub West Bldg: Poway: 14727 Poway Rd. 858-744-2445
Expires 3-11-10 • Coupon code: GJDSR

Smoked baby back ribs $7.95

Induces smiles, tears and broad Good with this coupon only. One coupon per person.

Chicken Plus Greek Cuisine Escondido: 309 W. Mission Ave. 760-480-1648
Expires 3-11-10 • Coupon code: GJDSR

Two large pizzas $20.99

Buy two 12" pizzas with any entrees. Delivery special. Call for details.

New York Giant Pizza Mira Mesa: 8790 Carmelitos Rd. 858-546-9646
San Diego 3757 India Street 619-692-1599
Expires 3-11-10 • Coupon code: GJDSR

Joshua Blake

February 18, 2010

San Diego Reader February 18, 2010 69
$5 off bundt cakes
Any purchase of $25 or more. Incredibly moist flavors from chocolate chip to peach pie. Some restrictions.
Nothing Bundt Cakes
Phone: 12105 Liberty Pkwy
#104 - 666-777-5564
Expires 3-1-10. Coupon code: GIFTS20

50% off Thai entree
With purchase of an entree and two beverages. Dine-in or take-out. Excludes child's, BBQ and speciality. Not valid with any other offer. One coupon per customer.
Dua Thai
Phone: 72378 Prowzy Rd, Ste. C
858-679-7973
Expires 3-1-10. Coupon code: GIFTS20

50% off Mexican entree
With purchase of another entree and two beverages. Monday-Thursday only. Not valid with any other offers or discounts.
La Tapeta Ensidence: 340 W. Grand Ave. 760-774-8342
Expires 3-1-10. Coupon code: GIFTS20

Free Texas Bar-B-Q sandwich
Buy two sandwiches at regular price and receive a third sandwich of equal or lesser value free. Valid at Miramar location only. Not valid with any other offers or discounts.
Abby's Real Texas Bar-B-Q
Miramar 6104 Miramar Road 858 564 2333
Expires 3-1-10. Coupon code: GIFTS20

Family special $22.95
Includes one 18" one-topping pizza, one large family salad, and one order of garlic knots. $2 extra for specialty pizza. Not valid with any other offers or discounts.
Flippin' Pizza
La Costa: 760-336-1799
Vista: 760-398-9005
Encinitas: 760-432-1467
Carlsbad: 760-434-8448
Expires 3-1-10. Coupon code: GIFTS20

Free large cheese pizza
With purchase of family meal. With this coupon. Not valid with any other offer. One coupon per visit.
Bread Bites and More
Carmel Valley: 7835 Highland Village Pkwy, Ste. C101
858-786-2501
Expires 3-1-10. Coupon code: GIFTS20

Free steakhouse appetizer
With purchase of two entrees and two beverages. Steakhouse menu only. Not valid with any other offers.
Stevehouse at Jalapeño Grill
Encsdin: 503 W. Grand Ave.
858-723-1554
Expires 3-1-10. Coupon code: GIFTS20

Free yogurt
With purchase of yogurt of equal or greater value. Not valid with any other offer.
Deserted Island Yogurt & More
Solana Beach: 163 Pch Highway 101
858-345-1651
Expires 3-1-10. Coupon code: GIFTS20

Free entrée, side or dessert
Choose from any item on our menu! With purchase of a lunch or dinner plate and two beverages.
Pita King
Encsdin: 1041 W. El Norte Pkwy
760-480-5662
Expires 3-1-10. Coupon code: GIFTS20

Free frozen yogurt
Buy one frozen yogurt, get one free. Not valid with any other offers.
Seaside Yogurt
Del Mar: 1231 Camino Del Mar
858-725-1168
Expires 3-1-10. Coupon code: GIFTS20

$5 off any specialty pizza
Minimum purchase of $25. Not valid with any other offers or discounts.
Bobby D's
Vista: 435 S Melrose Dr.
760-295-3704
Expires 3-1-10. Coupon code: GIFTS20

$5 off BBQ
Minimum purchase of $25. Not valid with any other offers or discounts.
Kaminski's Bar-B-Que
Sports Lounge
Prowzy: 12735 Prowzy Rd.
858-748-1304
Expires 3-1-10. Coupon code: GIFTS20

A free-form menu integrates Mexican, Hawaiian, and Asian flavors into SoCal comfort cooking. Try the Bag of Bones (house-smoked pork rib) and any fruit creation for dessert. Moderate to expensive.
Sorrento Valley
Sorrento Valley
Sorrel's Restaurant
9678 Rancho Penasquitos Rd., 858-471-4960. Additional locations in La Jolla, Carlsbad, and Downtown. Go for honest but beautiful dishes like the mountainous Hump Day meat loaf (Wednesday). Beer influence is everywhere. Filet mignon has an Amber Lager glaze. Ribs boast a Red Trolley Ale barbecue sauce. It can get pricey; try to hit happy hour. Moderate.
WineSellar and Brasserie
9550 Waples St., Sorrento Valley, 858-450-9557. Luxurious modern French cooking, upscale but comfortable, with vast wine list at minimal markups from wine store downstairs. Lunches high moderate, dinners very expensive.
Sorrento Valley
Sorrel's Restaurant
9678 Rancho Penasquitos Rd., 858-471-4960. Additional locations in La Jolla, Carlsbad, and Downtown. Go for honest but beautiful dishes like the mountainous Hump Day meat loaf (Wednesday). Beer influence is everywhere. Filet mignon has an Amber Lager glaze. Ribs boast a Red Trolley Ale barbecue sauce. It can get pricey; try to hit happy hour. Moderate.
WineSellar and Brasserie
9550 Waples St., Sorrento Valley, 858-450-9557. Luxurious modern French cooking, upscale but comfortable, with vast wine list at minimal markups from wine store downstairs. Lunches high moderate, dinners very expensive.
Sorrento Valley
Sorrel's Restaurant
9678 Rancho Penasquitos Rd., 858-471-4960. Additional locations in La Jolla, Carlsbad, and Downtown. Go for honest but beautiful dishes like the mountainous Hump Day meat loaf (Wednesday). Beer influence is everywhere. Filet mignon has an Amber Lager glaze. Ribs boast a Red Trolley Ale barbecue sauce. It can get pricey; try to hit happy hour. Moderate.
WineSellar and Brasserie
9550 Waples St., Sorrento Valley, 858-450-9557. Luxurious modern French cooking, upscale but comfortable, with vast wine list at minimal markups from wine store downstairs. Lunches high moderate, dinners very expensive.
Sorrento Valley
Sorrel's Restaurant
9678 Rancho Penasquitos Rd., 858-471-4960. Additional locations in La Jolla, Carlsbad, and Downtown. Go for honest but beautiful dishes like the mountainous Hump Day meat loaf (Wednesday). Beer influence is everywhere. Filet mignon has an Amber Lager glaze. Ribs boast a Red Trolley Ale barbecue sauce. It can get pricey; try to hit happy hour. Moderate.
WineSellar and Brasserie
9550 Waples St., Sorrento Valley, 858-450-9557. Luxurious modern French cooking, upscale but comfortable, with vast wine list at minimal markups from wine store downstairs. Lunches high moderate, dinners very expensive.
Sorrento Valley
Sorrel's Restaurant
9678 Rancho Penasquitos Rd., 858-471-4960. Additional locations in La Jolla, Carlsbad, and Downtown. Go for honest but beautiful dishes like the mountainous Hump Day meat loaf (Wednesday). Beer influence is everywhere. Filet mignon has an Amber Lager glaze. Ribs boast a Red Trolley Ale barbecue sauce. It can get pricey; try to hit happy hour. Moderate.
WineSellar and Brasserie
9550 Waples St., Sorrento Valley, 858-450-9557. Luxurious modern French cooking, upscale but comfortable, with vast wine list at minimal markups from wine store downstairs. Lunches high moderate, dinners very expensive.
Sorrento Valley
Sorrel's Restaurant
9678 Rancho Penasquitos Rd., 858-471-4960. Additional locations in La Jolla, Carlsbad, and Downtown. Go for honest but beautiful dishes like the mountainous Hump Day meat loaf (Wednesday). Beer influence is everywhere. Filet mignon has an Amber Lager glaze. Ribs boast a Red Trolley Ale barbecue sauce. It can get pricey; try to hit happy hour. Moderate.
That's the inside track

Pyrate Punn. A few excerpts:

“...Some kind of gang shoot, wanna bring it up and start more…. You guys dude, this isn't a ready to f**king control them for dude, I can only control my dude.… I can of your spot, that I know that business, Captain Sid of the San Diego

Rancen Cafe in Leucadia had live music since it opened in 1995. Artists such as Jack Tempchin, Candye Kane, Danny Way, and Semisi filled out the seven-night-a-week blues, jazz, Latin, and acoustic lineups. A kitchen fire closed the cafe in September. Owner Gilles Knafo says complying with city regulations is slowing down Calypso's reopening. "We have to bring everything up to code now," says Knafo, noting that previous deviations from building codes, including wheelchair access, had been grandfathered in. The Calypso is located in a former house on Highway 101. "I don't want to move anywhere else. Leucadia is very low key."

When the Surf & Saddler closed in November, it left the Belly Up as the only music venue in Solana Beach. A block from the beach, the Surf & Saddler had bands four nights a week.

For eight years, Tami Ridley hosted blues, acoustic flamenco, and Irish bands at her Spanish restaurant and wine bar in San Marcos, Friar's Folly. "We were doing well, but I just decided I wanted to take a break for a while." Ridley never charged admission as she hosted Skelpin, Ruby and the Redhots, Flamenco Nova, Lisa Sanders, and Jimmy Paton Wednesday through Saturday nights.

"My dream is to eventually open up something that would be a cross between the Belly Up and Anthology — more supper club than the Belly Up but not as high-end as Anthology."

Ridley says the space in Restaurant Row that housed Friar's Folly has been vacant since she closed last August.

(continued on page 86)
was a perfect opportunity,” the band writes in an email about their latest venture. But recording the video didn’t go without incident, such as when police nearly arrested them for trespassing at an abandoned lot in San Marcos, or when they nearly got mugged during a shoot in North Park. And then there’s the ongoing recovery.

“It made the video really tough to shoot,” reads the email. “Kris [Renfro] can’t stand up for more than a couple seconds without feeling really out of it. Mike Buxbaum isn’t back enough to really play drums all that well right now, but it was good enough to kind of fake it. So, after lots of good edits and hard work from our director Kevin Longwell, you would never know we ever got in an accident.”

On March 5, a City Serene will release the new music video at an invitation-only event at Mira Mesa all-age venue the Epicentre. After the premiere, the band plans to record a full-length record this summer and then hopes to get back on the road later in the year.

— Dorian Hargrove

The Six-String Circle of Life “Suzy Bogguss and I knew each other when we were teens,” says Jessica Baron. “I was a music teacher who gigged a little bit. Suzy was already an early celebrity. She would come through Chicago in her tour bus…. We got to be friends,” she says, “because we were peripherally part of the same music scene. Then, we lost touch for a long time.”

Jessica Baron is founder and executive director of a national outreach called Guitars in the Classroom that is headquartered in Solana Beach. Suzy Bogguss’ country albums reached platinum and gold sales in the ‘80s and ‘90s; to date, she has had six top-ten singles.

Baron says that when she learned her old friend would be performing at Anthology, she reached out. “I said the people who own that club [Marsha and Howard Berkson] support Guitars in the Classroom. And Suzy said, ‘Well, let’s do something. I don’t know what, but let’s put something in the evening.’”

To date, Anthology has donated five pairs of tickets to Bogguss’ February 18 concert with profits to benefit GITC, and a Martin guitar donated by a GITC supporter will be raffled as part of the event. Guitars in the Classroom has been active for more than a decade. Their website states that they have trained 9000 teachers in 29 states. Unlike other charitable music programs, GITC puts instruments in the hands of teachers.

“We’re a train-the-trainer model,” says Baron. “We train the educators. We loan the teachers the guitar, and when they feel secure on the instrument, they give it back and we pass the guitar along to the next teacher.”

She says that there are currently 100 local teachers enrolled in the program, which is evenly divided between Crown Point Elementary and Oak Park Elementary schools.

Baron says that if an instructor wants to continue on as a classroom troubadour after the loaner guitar has been returned, he or she must purchase their own.

“Then, you become a customer of the music-products business, which is how we get funded by NAMM.” Baron says that NAMM, a trade association for music-product companies, has given them grant money for five years. “When a teacher does purchase a guitar, there is a good chance that they will become a customer of a NAMM member business.

“I started the program as an experiment. It’s just grown from there,” says Baron.

— Dave Good

Contributors
William Cask, Dave Good, Larry Harmon, Ken Leighton, Bert Mendoza, Jay Allen Sanford, David Stampeine
**FIRST THE RING. THEN THE BRACELET.**

**MARCH 18 – 30**

Championship Event Kick-off March 29 at noon!

<table>
<thead>
<tr>
<th>Date</th>
<th>Event #</th>
<th>Tournament</th>
<th>Buy-In</th>
<th>Entry Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>Thurs 3/18/10</td>
<td>1</td>
<td>No-Limit Hold 'Em @ Noon</td>
<td>$200</td>
<td>$30</td>
</tr>
<tr>
<td>Thurs 3/18/10</td>
<td>2</td>
<td>Pot Limit Omaha Hi-Lo @ 4pm</td>
<td>$200</td>
<td>$30</td>
</tr>
<tr>
<td>Thurs 3/18/10</td>
<td>3</td>
<td>No-Limit Hold 'Em @ 6pm</td>
<td>$100</td>
<td>$25</td>
</tr>
<tr>
<td>Fri 3/19/10</td>
<td>4</td>
<td>No-Limit Hold 'Em @ Noon</td>
<td>$300</td>
<td>$40</td>
</tr>
<tr>
<td>Fri 3/19/10</td>
<td>5</td>
<td>6-Handed No-Limit Hold 'Em @ 4pm</td>
<td>$200</td>
<td>$30</td>
</tr>
<tr>
<td>Fri 3/19/10</td>
<td>6</td>
<td>No-Limit Team Event @ 6pm (3 Players)</td>
<td>$150 Each</td>
<td>$25</td>
</tr>
<tr>
<td>Sat 3/20/10</td>
<td>7</td>
<td>No-Limit Hold 'Em @ Noon</td>
<td>$500</td>
<td>$50</td>
</tr>
<tr>
<td>Sat 3/20/10</td>
<td>8</td>
<td>No-Limit Hold 'Em @ 4pm</td>
<td>$200</td>
<td>$30</td>
</tr>
<tr>
<td>Sat 3/20/10</td>
<td>9</td>
<td>Partners No-Limit Hold 'Em @ 6pm</td>
<td>$150 Each</td>
<td>$25</td>
</tr>
<tr>
<td>Sun 3/21/10</td>
<td>10</td>
<td>No-Limit Hold 'Em @ Noon</td>
<td>$300</td>
<td>$40</td>
</tr>
<tr>
<td>Sun 3/21/10</td>
<td>11</td>
<td>Seniors No-Limit Hold 'Em @ 4pm</td>
<td>$200</td>
<td>$30</td>
</tr>
<tr>
<td>Sun 3/21/10</td>
<td>12</td>
<td>No-Limit Hold 'Em @ 6pm</td>
<td>$200</td>
<td>$30</td>
</tr>
<tr>
<td>Mon 3/22/10</td>
<td>13</td>
<td>No-Limit Hold 'Em @ Noon</td>
<td>$300</td>
<td>$40</td>
</tr>
<tr>
<td>Mon 3/22/10</td>
<td>14</td>
<td>Limit Omaha Hi-Lo @ 4pm</td>
<td>$200</td>
<td>$30</td>
</tr>
<tr>
<td>Mon 3/22/10</td>
<td>15</td>
<td>Crazy Pineapple @ 6pm</td>
<td>$100</td>
<td>$25</td>
</tr>
<tr>
<td>Tue 3/23/10</td>
<td>16</td>
<td>No-Limit Hold 'Em @ Noon</td>
<td>$300</td>
<td>$40</td>
</tr>
<tr>
<td>Tue 3/23/10</td>
<td>17</td>
<td>6-Handed No-Limit Hold 'Em @ 4pm</td>
<td>$200</td>
<td>$30</td>
</tr>
<tr>
<td>Tue 3/23/10</td>
<td>18</td>
<td>No-Limit Hold 'Em @ 6pm</td>
<td>$100</td>
<td>$25</td>
</tr>
</tbody>
</table>


**Harrahs RINCON SAN DIEGO NORTH**

www.HarrahsRincon.com

**Thursday** 18

English goth-rockers the Damned will finish up their two-night stint at Casbah. Sold out, it is…. So go check out Motorhead Lemmy’s new joint the Head Cat at Belly Up. They’re a rockabilly super-trio, featuring Slim Jim Phantom of the Stray Cats on drums and guitarist Danny Harvey of the Lonesome Spurs. Lemmy’s naturally singing and “slappin’ de bass.” Get a taste of the stage show off of Rockin’ the Cat Club: Live From the Sunset Strip. The Buzzbombs and Grass Heat go first…. Austin artist Bob Schneider plays House of Blues. His last one — his 11th full-length — was last year’s Lovely Creatures and was reportedly about his breakup with actress Sandra Bullock. Bob says, “Nu-uh”…. A new proggy post-punk project called Scales checks in at the Tin Can Ale House in Banker’s Hill. Give them a listen here: myspace.com/scales.

**Friday** 19

Start your Friday-night club crawl at a bookstore - the iron man of metal, Ozzy freaking Osborne will be signing copies of his new tome, I Am Ozzy, at Warwick’s in La Jolla. So bizarre. SHA-RON! I’ve come up with a tilla…. Out with the old, some San Diego scene perennials will be hitting the boards Friday night, starting with Steve Poltz’s 50th birthday bash at Belly Up with his new band the Cynics, his old band the Rubguns, and Eagle killer Mojo Nixon sets the Solana Beach stage barroom rockers Joey Harris and the Mentals fly over the Tiki nest in P.B. behind their s/t debut… while Brick by Brick in Bay Park exhumes the scariest band in the land, Deadbolt…. And in with the new: indie-pop chanteuse Maren Parusel makes a Whistle Stop stop. She’ll be off to SXSW in ‘em. That works…. Uptown, you got L.A. Dayscales proggy post-punk project called Scales checks in at the Tin Can Ale House in Banker’s Hill. Give them a listen here: myspace.com/scales.

**Saturday** 20

Got some serious aping going on Saturday night as the ‘80s for Haiti benefit hits 4t&b, featuring some of the more convincing tribute acts in the biz covering that decade’s darlings: U2, the Cure, the Smiths, Duran Duran, the Police, Depeche Mode, QNR, and on and on. Starts at 7p, and all the green goes to the victims of January’s Haiti earthquake…. And up at Belly Up, more of that with Platinum Rockstars playing like arena rockers Led Zeppelin, Boston, Journey, Def Leppard, Bon Jovi, and Van Halen. Damn the Torpedoes, a Tom Petty trib, will warm it up…. Hip-hoppin’ rockers P.O.S., and Eagle killer Mojo Nixon sets the Solana Beach stage barroom rockers Joey Harris and the Mentals fly over the Tiki nest in P.B. behind their s/t debut… while Brick by Brick in Bay Park exhumes the scariest band in the land, Deadbolt…. And in with the new: indie-pop chanteuse Maren Parusel makes a Whistle Stop stop. She’ll be off to SXSW in ‘em. That works…. Uptown, you got L.A. Dayscales proggy post-punk project called Scales checks in at the Tin Can Ale House in Banker’s Hill. Give them a listen here: myspace.com/scales.

**Sunday** 21

Austin garage-pop group Harlem meets like-minded Los Angelinos Thee Makeout Party at Casbah. With locals the Glossines, that’s a trick trip bill right there…. Banjo-jamming throwback Frank Fairfield rolls into Belly Up Sunday night. For more on this very cool cat, have a look at what rock critic Andrew Hamlin wrote in these pages last month: sandiegoreader.com/news/2010/jan/17/frank-fairfield/. Pop-rock Raconteur Brendan Benson headlines… Up thataway at the Ché Café, it’ll be up-and-coming goth-rockers Blessure Grave with Blacklisted, OKT, and Nails. SanDiego’s Blessure Grave is a stereogum.com band to watch…. SanFran instrumental band Silian Rail hits Bar Pink behind debut And I, you, to Pieces. The boy-girl, guitar-drums duo hit like post-rock groping for classic-pop melodies and rhythm. Way cool. Go here: myspace.com/sil-
THU 18
TRYST THURSDAYS • 18+ EVENT • BATTLE OF THE DJS!
Featuring some of the hottest local DJs from SDCC, SDSS & SDUP!
Report to dancefloor on time. As Socials & Soyoung/Procs invite you to Tryst Thursday.
BATTLE OF THE DJS AT THE HOMESTS HOTTIEST NIGHT DESTINATION AS WE MIX UP amazing music BY SOME OF YOUR FAVORITE COLLEGIATE DJS WITH BEAUTIFUL FACES FOR A NIGHT YOU WOULDN’T FORGET! Featuring music by resident DJs along with SDCC’s special guest DJ.
$5 Drink Specials & $5 Jager Shots. Ask your favorite bartender for more info!
To RSVP: guestlist@socialspresents.com • www.socialspresents.com

FRI 19
FLAUNT FRIDAYS • "REMEMBER THE 90’S" EVENT!
Featuring a live performance by Skee-Lo!!
Presented by Socials, Wonderb, & Ariadnolo.
Grab your hottest outfit, matching killer heels, and come rock out with hundreds of beautiful people as we present Skee-lo performing "I want" "Superman" at the mall. "Just you" live!
$2 Beers & $3 Wells 8-10PM • $5 Vodka Drinks All Night • For VIP Reservations, Call Olm @ 619.933.0381
To RSVP: guestlist@socialspresents.com • www.socialspresents.com

SAT 20
EPIC SATURDAYS
EPIC SATURDAYS WITH 3 PIC EVENTS AT BELLO NIGHTCLUB!
Come party with us in San Diego’s hottest nightclubs as our DJ’s: Prox @ 11:30PM • DJs @ 12:30AM • B-Daddy spinnin’ the best in Top 40, Mash-Ups, Party Rock & 80’s!
$2 Beers & $3 Wells 8-10PM • $5 Vodka Drinks All Night • For VIP Reservations, Call Olm @ 619.933.0381
To RSVP: guestlist@socialspresents.com • www.socialspresents.com

THU 25
TRYST THURSDAYS • 18+ EVENT • DRESS LIKE LADY GAGA/HIPSTER COSTUME PARTY!!
Get on your craziest hipster attire, report to dancefloor, and get ready to... JUST DANCE!!! This Thursday as Socials & Soyoung/Procs invite you to Tryst Thursday. Come rock the night away at downtown’s hottest Thursday night destination as we mix up amazing music with beautiful faces for a night you won’t forget! Cash prize for best dressed & a discount for everyone in theme costume attire (until 11:30PM), so don’t be shy, dress up!
$2 Beers & $3 Wells 8-10PM • $5 Vodka Drinks All Night • For VIP Reservations, Call Olm @ 619.933.0381
To RSVP: guestlist@socialspresents.com • www.socialspresents.com

FRI 26
FLAUNT FRIDAYS • LADIES NIGHT OUT SPECIAL EVENT!
Featuring a special hosted champagne, appetizer & dance floor, a party favors from 8-10PM.
Single ladies, grab a special hottest friend and come have a ladies night out on us! Dance the night away as Socials & Soyoung invite you to Flaunt Friday. Grab your hottest outfit with matching, killer heels, and come Flaunt it at the hottest new Friday night destination in downtown as we mix up fresh beats with beautiful faces for an unforgettable night of dancing, debauchery, and sexy dancing.
Presented by Socials, Wonderb, & Ariadnolo.
$5 Drink Specials & $5 Jager Shots. Ask your favorite bartender for more info!
To RSVP: guestlist@socialspresents.com • www.socialspresents.com

SAT 27
EPIC SATURDAYS
EPIC SATURDAYS WITH 3 PIC EVENTS AT BELLO NIGHTCLUB!
Come party with us in San Diego’s hottest nightclubs as our DJ’s spinnin’ the best in Top 40, Mash-Ups, Party Rock & 80’s!
$2 Beers & $3 Wells 8-10PM • $5 Vodka Drinks All Night • For VIP Reservations, Call Olm @ 619.933.0381
To RSVP: guestlist@socialspresents.com • www.socialspresents.com

RESTAURANT NOW OPEN
-M-F AT 8:30 AM FOR LUNCH!
-SAT-SUN OPEN AT 3PM

AT PARTICIPATING STORES

FOR PRESALE & SPECIAL OFFERS FOLLOW US ON TWITTER @1LIVENATIONSD
OR BECOME A FAN AT FACEBOOK.COM/ROXANASDIO

All times, acts and ticket prices subject to change without prior notice. Subject to applicable service charges.
Robin Henkel looks upon the acoustic music of the Mississippi Delta as his muse.

Robin Henkel hoots, hollers, walks out into the audience with his guitar, sits at their tables, and tells stories. He favors the raw end of what his instrument can sound like, and when he sings it comes out in an unexpected baritone.

Henkel is a self-styled blues man, a revisionist, and an expert in performing the country music of the Delta. As such, he makes both bottleneck slide and lap steel guitar look easy. Favoring the use of severely dated axes that look to be on their last leg, Henkel plucks solos from them like a man taking aim with a bow and arrow. It’s his high tension he keeps on the action of the strings, he explained once, that is partly responsible for his distinctive sound.

And while it is true that the two-time San Diego Music Award recipient has, for a number of years, looked upon the acoustic music of the Mississippi Delta of the 1930s and ’40s as his muse, Henkel is also a student of country swing, funk, fusion, hop, and Americana.

That’s where his side project for the past couple of decades comes in. It is a duel sax with trumpet-guitar-bass-and-drums horn band. “Robin Henkel with Horns” performs at Lestat’s in Normal Heights on Sunday, February 28.

WHAT’S IN THE WORKS?

“I’m creating arrangements for my horn band. I’ve sat at the piano for a long time, harmonizing and reharmonizing the diminished chords in [Duke Ellington’s] ‘Caravan.’ I’m also in the second semester of Spanish at Grossmont College.”

HOW LONG HAVE YOU BEEN PLAYING GUITAR?

“Fifty years. I’m 58. My mom says I started when I was 6, but what does she know?”

HOW DID YOUR STYLE DEVELOP?

“As a kid I listened to and played Josh White songs. Musically, he was like a father. Later, I thought Jimi Hendrix was the ultimate best, and although I do not really sound like him today, his phrasing and style made some core-level impact on me. Phrases that I learned when I took lessons from Peter Sprague in the late 1970s still pop out all over the place in my playing today. Last and most certainly, the influence of the country-blues guitarists — Robert Johnson, Mississippi Fred McDowell, and Lightnin’ Hopkins — has left a stamp on my style.”

YOU REMIND ME A LITTLE OF BOB WILLS…

“Around the early 1990s I picked up a Bob Wills tape. It caused me to reminisce that the ‘ah-ha’ sound that my dad used to make was possibly imitative of Wills. His music is so contagious.”

WHERE DO YOU SHOP FOR CLOTHES?

“I’ve purchased cowboy shirts in Nevada and Utah. I get those shiny pants at Lee’s Menswear. For a cold beer”

5. The Bay of Pigs: The Untold Story by Peter Wyden

FAVORITE BANDS OR PERFORMERS?

“No. Apart from loving music and wanting to make it my career, my agenda was probably to be popular and meet women.”

LAST FIVE BOOKS READ?

2. The Broken Spears: The Aztec Account of the Conquest of Mexico by Miguel Leon-Portilla
3. A Pictorial History of the Confederacy by Leonard Ramsey
5. The Day of the Pig: The Untold Story by Peter Wyden

“Sometimes it’s hard to find a peaceful balance between being egotistically self-indulgent and just sharing what I have to offer. Maybe I should get the videos going again.”

“Miles Davis playing bop or pop fusion such as Birth of the Cool and Tutu is great stuff. Antonio Carlos Jobim’s Stone Flower is wonderful. My interest in Duke Ellington has been growing. While going through my records from the 1970s I found several by George Duke and realized how much I still love his infectious rhythm. Herbie Hancock’s Watermelon Man, Chick Corea’s [band] Return to Forever…this could go on for a long time.”

“Fifty years. I’m 58. My mom says I started when I was 6, but what does she know?”
<table>
<thead>
<tr>
<th>Date</th>
<th>Event Details</th>
</tr>
</thead>
</table>
| THUR., FEB. 18 | THE WALKING TOXINS  
PLUS COMEDY HYPNOTIST LORI FAY 7-8 PM |
| FRI., FEB. 19   | ROXY BLUE & THE HANDFUL JD COMBS  
& THE SOUL STEALERS BLUES & GREENS |
| SAT., FEB. 20   | HAWK AUBURN • GYST  
SOUTHERN STORM PRIVATIZED AIR  
(CD RELEASE PARTY) |
| SUN., FEB. 21   | SOUTH BAY WAILERS WHEATSTONE |
| TUES., FEB. 23  | CHEETA & THE RADIO FLYERS ROCKABILLION TRIO  
HONK A TONK |
| WED., FEB. 24   | NORTHERN LIGHTS IMBALANCED  
MOMENT OF SILENCE |
| UPCOMING       | FRI. 3/5: KICKING K8 • SAT. 3/13: MAD LIFE • FRI. 3/19: MURDER FM |

Now booking all genres. Call Billy or Drew: 619-222-8131 • Attention bands! Go to: myspace.com/dreamstreetlive
THIS WEEK’S SHOWS

710 Beach Club: 710 Garnet Ave., Pacific Beach, 858-483-7844. Friday, 9pm — Mower. With Split Finger and Pushin Rope. Metal/rock.


Belly Up Tavern: 143 South Cedros Ave., Solana Beach, 858-481-8600. Thursday, 8pm — The Head Cat. Lemmy (Motorhead), Slim Jim Phantom (the Stray Cats), and Danny B. Harvey (Rockats, 13 Cats, Lonesome Spurs). Rock ‘n’ roll. $20-$22.

BlueFire Grill: 1337 India St., Little Italy, 619-295-0380. Thursday, 9pm — Steve Poltz 50th Birthday Bash. With the Ragburns, the Cynics, and Mojo Nixon. Folk/rock. $15.


Bub’s Dive Bar: 1030 Garnet Ave., Pacific Beach, 858-472-1713. Thursday, 9pm — DJME. With 8 Ft Face and Reservoir Tips. Punk. $3.


Cabo Cantina: 1337 India St., La Jolla, 858-483-9898. Thursday, 7pm — The Optimatios & the Chosen Few. Reggae/rock.

California Center for the Arts, Escondido: 340 North Escondido Blvd., Escondido, 760-839-4435. Friday, 8pm — Richard Elliot. With special musical guest Rick Braun. Jazz. $30-$90.


Dizzy’s: Harbor Club Towers, Downtown, 858-270-7667. Friday, 8pm — Fred Benedetti & George Svoboda. Flamenco/jazz/world. $10.


Fridays: 9pm — The San Diego Jazz Quartet. Saturday, 9pm — Ramones Tribute Band. With Tiny Frank. Punk/rock.


The Harp: 4935 Newport Ave., Ocean Beach, 858-222-9010. Thursday, 7pm — Chet and the Committee. Blues. Free. 21 and up.

**PLATINUM ROCKSTARS**

Wine, dine & skip the line next door at the Wild Note Café • 858-720-9000

<table>
<thead>
<tr>
<th>Show</th>
<th>Date</th>
<th>Time</th>
<th>Act(s)</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>STEVE POLTZ B-Day Bash! with friends</strong></td>
<td>Fri, Feb 19th @ 9 PM</td>
<td></td>
<td>The Rugburns • The Cynics • Mojo Nixon • Anya Marina • Berkley Hart • A.J. Croce • Gregory Page</td>
</tr>
<tr>
<td><strong>Brendan Benson (of The Raconteurs)</strong></td>
<td>Sat, Feb 20 @ 8 PM</td>
<td></td>
<td>Frank Fairfield</td>
</tr>
<tr>
<td><strong>Brazilian Nights Presents Caraval of Bahia</strong></td>
<td>Sat, Feb 20 @ 9 PM</td>
<td></td>
<td>Trio Electrico Armandinho Dodo • Osam Band</td>
</tr>
<tr>
<td><strong>Tarus Riley</strong></td>
<td>Sat, Feb 20 @ 9 PM</td>
<td></td>
<td>Sherieta Lewis Backed by Dean Fraser Band • The Black Band • Tui Dara • 9 PM</td>
</tr>
</tbody>
</table>

---

<table>
<thead>
<tr>
<th>Show</th>
<th>Date</th>
<th>Time</th>
<th>Act(s)</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>DAMN THE TORPEDOS</strong></td>
<td>Wed, Feb 24 @ 8 PM</td>
<td></td>
<td>Raul Malo - Solo</td>
</tr>
</tbody>
</table>
BY WILLIAM CRAIN

You’d be forgiven for not thinking of Minneapolis as a hotspot for hip-hop; the city is better known for its long, cold winters than its urban atmosphere. But 25 years after Apollo Rain, the Twin Cities are producing nationally recognized hip-hop acts such as Eyedea & Abilities, Brother Ali, Atmosphere, P.O.S., and Doomtree. Many of these artists collaborate in a friendly, neighborhood, multifaceted manner that is all too rare on the coasts. They’re also creating some of the most adventurous hip-hop today.

One of the rising stars of this scene is rapper and singer Dessa, also known as “Dessa Darling of Doomtree.” Born Margret Wander, Dessa is a published poet, has a degree in philosophy, and teaches at a music college. She got into hip-hop by way of the spoken-word scene and also because she happened to live next door to most of Doomtree. (Remember what I said about neighborliness?)

But no matter what brought her to hip-hop—what Dessa brings with her is a fierce intelligence and beautiful musicality. NPR described her as a combination of Dorothy Parker’s wit and Mos Def’s beats, but she’s actually more original than that. On her recently released debut solo album, A Badly Broken Code, she uses her songs to create characters and short stories that explore the many meanings of “family” in an urban setting. She also combines hip-hop with classical music through the song “Chaconne,” which was inspired by Bach. And the combination works both ways. Dessa is also a member of a mostly female a cappella act, the Boy Sopranos, in which the singers sometimes vocalize hip-hop beats behind more or less traditional choral arrangements.

P.O.S. headlines.

DESSA: The Loft, Saturday, February 20, 9:30 p.m. 858-534-8497. $10.
San Diego’s #1 Venue for Cutting-Edge Music

**February 19:**
- Paul Di’Anno (Original Killers-era Iron Maiden vocalist, for the first time in 25 years)
- Carus Witch
- Nihilist
- Sicarus
- Avantale
- Metatonic
- Rebirth from Ash
- Satramote

**February 20:**
- The Angry Samoans
- D.I.
- Unloaded
- The 383s
- Social Spit
- Loose Nuts
- T.F.L.

**February 21:**
- Gorrilla Productions Battle of the Bands

**February 26:**
- Sadistic Intent
- Coffin Texts
- Runes of Abaddon
- Phantasm
- Sergulath

**March 13:**
- Bobaflex
- Downstait
- Aghori
- Interim Drive

**March 15:**
- Pentagram
- Radio Moscow
- Medius
- Red Octopus
- Leather Nun
- The Green House

**March 18:**
- Bang Tango
- March 19: The Dreaming

**March 20:**
- Suidakra
- April 21: David Allen Coe

626 Main St. • Ramona • 760-789-7008

Rent Ramona Mainstage for your private event

Purchase tickets online at: www.ramonamainstage.com
For booking inquiries call Joe Troutman: 760-532-8609

**SUN, TUE, WED, THUR:**
Open at 7pm,
Pianos at 8pm
**NO COVER SUN-WED**
FRI, SAT
Open at 6pm,
Pianos at 6:30pm

655 4th Ave, Gaslamp Quarter
WWW.THESHOUTHOUH.COM

---

**on Harney Street**

**Wednesday**

**Wasabi Wednesdays**
by Matyi A and friends
all specialty martinis $5

**Thursday**

**Stormshadow** (open)

**Dj Mahjestik** (close)

**Friday**

**Kingsley**

Hip hop, 80's, mash-ups

**Saturday**

**HeadPhone Jones**

Soul, funk and rare grooves

**Lunch:** mon-fri 11:30am to 3pm
**Dinner:** mon-sun 5:30pm to 12am

**MISO HARNEM SUSHI**

Music for your mouth, sushi for your soul

Sushi til midnight
Super lunch combos
Late night happy hour
We do catering and private parties

**3964 Harney St.**
San Diego, Ca. 92110
619.295.3272

**301 Mission Ave.**
Oceanside, Ca. 92054
760.967.1820

---

**at oceanside pier**

**Wednesday**

**Z90.3’s very own**

**Dj Mahjestik**

**Thursday**

**Thirsty Thursdays**
all specialty martinis $5

**Friday**

**Saturday**

**HeadPhone Jones**

Soul, funk and rare grooves

---

Best sushi ~ Citybeat magazine
Best sushi ~ Channel 10
Best first date spot ~ Citysearch
Award of Excellence ~ Zagat
[Image 34x31 to 383x432]
Balboa Theatre: 868 Fourth Ave., Downtown, 619-570-1100.
February 28 — David Garrett.
April 11 — Elvis Costello.

Bar Pink: 3829 30th St., North Park, 619-564-7194.
March 13 — Arctic Monkeys.

Belly Up Tavern: 143 South Cedros Ave., Solana Beach, 858-481-8140.
February 25 — Willie K.
February 27 — The Mother Hips.
February 28 — Raul Malo.
March 2 — Midlake.
March 3 — Galactic, featuring Cyril Neville.

February 25 — Chain and the Gang.
February 26 — The Adolescents.
February 27 — Moving Units.
February 28 — The Screamin’ Yeehaw's.
March 1 — The Hounds Below.
March 2 — Shrinebuilder.
March 3 — The Appleseed Cast.

Copley Symphony Hall: 750 B St., Downtown, 619-235-0804.
March 3 — Celtic Women.

The Coyote Bar & Grill: 700 Carlsbad Village Dr., Carlsbad, 760-729-4695.
February 25 — Maxx Andersen.

February 28 — Zee Avi.
March 10 — Dawes.
March 15 — The Ruby Suns.

Pala Casino: 35008 Pala Temecula Rd., Pala, 877-946-7252.
February 26 — Pop Vinyl.
April 18 — Tony Bennett.

April 15 — Mark Knopfler.

April 24 — Leon Redbone.

San Diego Civic Theatre: 1100 Third Ave., Downtown, 619-570-1100.
May 7 — Celtic Women.

4thandbevents.com
**EVERYONE’S A CRITIC**

**Nirvana:**

*Bleach Deluxe*

CD Review
by Andrew Hamlin

Some noise, yes, very, nice. And that was my only thought on this white-vinyl Sub Pop thingy my brother dragged home. I wish I could tell you I was hip to from the first snarly moan and diseased power chord. But that would not be true.

Later on, of course, I went with them all the way, or as far as I knew how to go at least. When “In Bloom” spilled out of a boom box at a bus stop tuned to a classic-rock station, I figured the war was over and we won. Yeah, I was young and stupid. It was a hell of a moment, and I hadn’t lived through a moment like that before.

I wish I still had the friends I had from in around that moment, but nobody calls or writes. My brother went through a bad patch and sold that white-vinyl Sub Pop thing, but he did emerge alive, unlike others we could name. The singer’s obsessions with decay and helplessness and nightmares and dragged, smeared repetitions (how many different ways can one mangle the word “alcohol?”) would sear the Western world. But how fascinating to hear the revolution still confined to someone’s basement.

Or somebody’s small theater. The live tracks have no spectacular audience-baiting (Kurt painted his neck red for one early show), but they blister. Some noise. Yes. Nice all the time.

**Kottarashky:**

*Opa Hey!*

CD Review
by Mary Leary

With his goatee and hat, smoking a cig for all his photos, the interply hip Kottarashky (aka Nikola Gruve) is a Bulgarian architect by day. On this debut, he’s mixed a compelling collage of his particular “World” ingredients: rhythms mashing train bells, field samples, accordions, horns, and gypsy groans and shouts. Among the CD’s near trance-outs is “Tempe,” with sounds just shifting/intelligent enough to pull cognition back in, which can be a bit jarring, but is one of the best ways to move our physical muscles.

Whether it’s through his introduction of samples collected from around Bulgaria or from more established Balkan artists, including Fanfare Ciocarlia and Jony Iliev, Kottarashky blends it all to convey warm urban and rural snapshots. More than a few tracks, like the Latin/gypsy-beat-based “Chetiri,” provide fodder for what I like to call “interpretive dance.” But the whole ends up feeling more contemplative than clubby, especially through interludes conveying more than a digital heart, as with the touching “September,” and, to some degree, “Mandara,” which is alluring and catchy. I’d get his next one just to see if he comes up with more tracks like those two.

---

**SUSHI PERFORMANCE & VISUAL ART**

390 11th Ave., East Village, 619-235-4666.

March 6 — The Cedar Tavern Singers.
March 16 — Scott Amendola.

**Viejas Casino DreamCatcher Show Room**

8000 Wildwinds Rd., Alpine, 619-443-5480.

February 28 — Hot Rod Lincoln.
March 7 — The Stiltettes.
March 21 — Campus Five.

**D.J.**

**THE COMEDY STORE**

4 FREE ADMISSIONS

GOOD WED, THURS. & SUN. Excludes Special Events. Subject to Availability. Reservations REQUIRED. With this ad.

FRIDAY & SATURDAY

FEB. 19 & 20 • 8 & 10:30 PM

**Sebastian Maniscalco**

From ‘Vince Vaughn’s Wild West Comedy Show’ and his own Comedy Central Special Sebastian Live

**Francisco Ramos**

A world-famous Hollywood Comedy Store favorite

**STAND-UP COMEDY WORKSHOP** Begins March 14th.

To register visit: www.sandishore.com • Conducting workshops since 1992!

To purchase tickets, call (858) 454-9176

916 Pearl Street • La Jolla • comedystorelajolla.com • Must be 21 – All shows 2-drink minimum

**Music Reviews from Our Readers**

---

**THE COYOTE BAR & GRILL**

Sunday, 5pm: The Phenomenons. Blues/soul, funk, rock. Thursdays, 10:30pm: DJ Swell, Fridays, 10:30pm: DJ Gary B. Saturdays, 10:30pm: DJ Paul D. Saturdays, 10:30pm: DJ Paul Dumesnil. Friday, 6pm: Smokesxiax. Motown/funk. 300 Carlsbad Village Dr., Carlsbad. 760-729-4695.

**El Cajon Grand:**

Friday, 8:30pm: DJ Neko. Nippon classic rock. Saturday, 8:30pm: DJ Chuck. Nippon classic rock. 351 W. Main St., El Cajon. 619-444-0949.

**Fannie’s Nightclub**


**Fannie’s Nightclub**


**Lips**

The Ultimate in Drag Dining!
Where The Boys Are Men... And So Are The Girls!

Tuesday

Retro 80’s Night @ 7pm

Bitchy BINGO @ 7pm

Wednesday

DINNER WITH THE DIVAS @ 7pm

Giltz & Glamour Night @ 6 & 9pm

Thursday

Dinner with the Divas @ 7pm

Friday & Saturday

FLAVA/Industry Night @ 7pm

Sunday

World Famous Gospel Brunch @ 11am

DINNER & SHOWS

TUESDAY – SUNDAY

The Best Place in San Diego To Celebrate Your Birthday!

1 (888) 284-5716 • www.LipsUSA.com

3036 El Cajon Blvd. • North Park
San Diego • New York City • Ft. Lauderdale

$75 for your concert review, $25 for your CD review. Submit at 5Readercritic.com

**THE FLAME**


**The Fleetwood**


**The Flying Bridge**


**Gaslamp Tavern**

Thursdays, 8pm, Fridays, 4pm, Wednesdays, 8pm: C-Phish. 868 Fifth Ave., Downtown. 619-239-3339.

**Harney Sushi**

Wednesdays, 9pm: Hot Like Wasabi. Mondays, 9pm: DJ Matty A. Electronic. 9641 Harney St., Old Town. 619-295-3272.
Dave Rawlings Machine
Concert Review by Dennis Donley
Touring behind the critically acclaimed "Friend of a Friend," Dave Rawlings Machine made their second appearance in the past year at the Belly Up. A full house was treated to two covers-heavy sets, with selections ranging from Dylan's "De Landlord" and the Grateful Dead's "Candyman," to "Cortez The Killer" and "This Land Is Your Land," which was worked into "I Hear Them All." There were also generous portions of the new CD. "Ruby" and "Sweet Tooth" were highlights.

Rawlings proves to be a guitarist with few equals with his intricate picking on his 1935 Epiphone Olympic; his solo on Dylan's "Queen Jane Approximately" was sublime.

Gillian Welch, a frequent Rawlings coconspirator, provided vocal harmony and rhythm guitar throughout the evening and contributed some of her own tunes, including crowd favorite "Look at Miss Ohio" and an unreleased tune from her upcoming CD. Local folk guitarist Sean Watkins (Nickel Creek) joined the Machine for the encore covers of the Stones' "Dead Flowers," "The Weight" by the Band, and "To Be Young (I To Be Sad, I To Be High)," which Rawlings cowrote with Ryan Adams.

**Concert:** Dave Rawlings Machine  
**Show date:** February 2  
**Venue:** Belly Up Tavern  
**Seats:** Underneath danging speaker

---

**Soft Pack 'Em In**
**Concert Review by Rolly Cabeza**
Ten days before the Soft Pack take the stage on the David Letterman show, the San Diego band formerly known as the Muslims returned to the Tower Bar in City Heights to release their s/t debut.

The show was free, and by 10 p.m. the venue reached capacity. Outside, a line wrapped around the building. Inside, more than a hundred fans elbowed up next to each other to hear the group's newest material.

Playing in front of a projector screen showing "70s porn, the Soft Pack started the gig in usual fashion: Matt Smith cracked a steady and loud snare beat, Dave Lantzman picked distorted and busy bass lines, Matty McLaughlin strummed clean, raw, reverber-heavy guitar riffs, and Matt Lamkin yelled out punchy vocals while filling it out with garage-inspired rhythm-guitar tones.

The quartet mixed new songs, such as "C'mon" and "Down on Loving" with older tunes like "On My Time." By the eighth song, "Bright Side," the crowd bobbed their heads and pumped their PBR longboards in the air, helping the band with the chorus.

The Soft Pack ended the same way they finish the new album, with busy snare beats, choppy guitar riffs, fuzzy bass lines, and Lamkin's punk-croon vocals on crowd favorite "Parasites."

**Concert:** The Soft Pack  
**Show date:** February 2  
**Venue:** Tower Bar  
**Seats:** Underneath danging speaker

---

**Lips Restaurant:**
**Tuesday:** Ladies of the 80s Retro Night, 11:30 p.m.  
**Wednesday:** The Soft Pack, 9 p.m.  
**Thursday:** Eken Is Dead, 9 p.m.

---

**EVERYONE'S A CRITIC**

"Sweet Tooth" were treated to two covers-heavy sets, with selections ranging from Dylan's "De Landlord" and the Grateful Dead's "Candyman," to "Cortez The Killer" and "This Land Is Your Land," which was worked into "I Hear Them All." There were also generous portions of the new CD. "Ruby" and "Sweet Tooth" were highlights.

Rawlings proves to be a guitarist with few equals with his intricate picking on his 1935 Epiphone Olympic; his solo on Dylan's "Queen Jane Approximately" was sublime.

Gillian Welch, a frequent Rawlings coconspirator, provided vocal harmony and rhythm guitar throughout the evening and contributed some of her own tunes, including crowd favorite “Look at Miss Ohio” and an unreleased tune from her upcoming CD. Local folk guitarist Sean Watkins (Nickel Creek) joined the Machine for the encore covers of the Stones’ “Dead Flowers,” “The Weight” by the Band, and “To Be Young (I To Be Sad, I To Be High),” which Rawlings cowrote with Ryan Adams.

**Concert:** Dave Rawlings Machine  
**Show date:** February 2  
**Venue:** Belly Up Tavern  
**Seats:** Underneath danging speaker

---

**Soft Pack ‘Em In**
**Concert Review by Rolly Cabeza**
Ten days before the Soft Pack take the stage on the David Letterman show, the San Diego band formerly known as the Muslims returned to the Tower Bar in City Heights to release their s/t debut.

The show was free, and by 10 p.m. the venue reached capacity. Outside, a line wrapped around the building. Inside, more than a hundred fans elbowed up next to each other to hear the group’s newest material.

Playing in front of a projector screen showing “70s porn, the Soft Pack started the gig in usual fashion: Matt Smith cracked a steady and loud snare beat, Dave Lantzman picked distorted and busy bass lines, Matty McLaughlin strummed clean, raw, reverber-heavy guitar riffs, and Matt Lamkin yelled out punchy vocals while filling it out with garage-inspired rhythm-guitar tones.

The quartet mixed new songs, such as “C’mon” and “Down on Loving” with older tunes like “On My Time.” By the eighth song, “Bright Side,” the crowd bobbed their heads and pumped their PBR longboards in the air, helping the band with the chorus.

The Soft Pack ended the same way they finish the new album, with busy snare beats, choppy guitar riffs, fuzzy bass lines, and Lamkin’s punk-croon vocals on crowd favorite “Parasites.”

**Concert:** The Soft Pack  
**Show date:** February 2  
**Venue:** Tower Bar  
**Seats:** Underneath danging speaker

---

**Lips Restaurant:**
**Tuesday:** Ladies of the 80s Retro Night, 11:30 p.m.  
**Wednesday:** The Soft Pack, 9 p.m.  
**Thursday:** Eken Is Dead, 9 p.m.

---

**EVERYONE’S A CRITIC**

“Sweet Tooth” were treated to two covers-heavy sets, with selections ranging from Dylan’s “De Landlord” and the Grateful Dead’s “Candyman,” to “Cortez The Killer” and “This Land Is Your Land,” which was worked into “I Hear Them All.” There were also generous portions of the new CD. “Ruby” and “Sweet Tooth” were highlights.

Rawlings proves to be a guitarist with few equals with his intricate picking on his 1935 Epiphone Olympic; his solo on Dylan’s “Queen Jane Approximately” was sublime.

Gillian Welch, a frequent Rawlings coconspirator, provided vocal harmony and rhythm guitar throughout the evening and contributed some of her own tunes, including crowd favorite “Look at Miss Ohio” and an unreleased tune from her upcoming CD. Local folk guitarist Sean Watkins (Nickel Creek) joined the Machine for the encore covers of the Stones’ “Dead Flowers,” “The Weight” by the Band, and “To Be Young (I To Be Sad, I To Be High),” which Rawlings cowrote with Ryan Adams.

**Concert:** Dave Rawlings Machine  
**Show date:** February 2  
**Venue:** Belly Up Tavern  
**Seats:** Underneath danging speaker

---

**Soft Pack ‘Em In**
**Concert Review by Rolly Cabeza**
Ten days before the Soft Pack take the stage on the David Letterman show, the San Diego band formerly known as the Muslims returned to the Tower Bar in City Heights to release their s/t debut.

The show was free, and by 10 p.m. the venue reached capacity. Outside, a line wrapped around the building. Inside, more than a hundred fans elbowed up next to each other to hear the group’s newest material.

Playing in front of a projector screen showing “70s porn, the Soft Pack started the gig in usual fashion: Matt Smith cracked a steady and loud snare beat, Dave Lantzman picked distorted and busy bass lines, Matty McLaughlin strummed clean, raw, reverber-heavy guitar riffs, and Matt Lamkin yelled out punchy vocals while filling it out with garage-inspired rhythm-guitar tones.

The quartet mixed new songs, such as “C’mon” and “Down on Loving” with older tunes like “On My Time.” By the eighth song, “Bright Side,” the crowd bobbed their heads and pumped their PBR longboards in the air, helping the band with the chorus.

The Soft Pack ended the same way they finish the new album, with busy snare beats, choppy guitar riffs, fuzzy bass lines, and Lamkin’s punk-croon vocals on crowd favorite “Parasites.”

**Concert:** The Soft Pack  
**Show date:** February 2  
**Venue:** Tower Bar  
**Seats:** Underneath danging speaker

---

**Lips Restaurant:**
**Tuesday:** Ladies of the 80s Retro Night, 11:30 p.m.  
**Wednesday:** The Soft Pack, 9 p.m.  
**Thursday:** Eken Is Dead, 9 p.m.

---
San Diego’s #1 Irish Pub
Happy Hour 3-8 pm Mon.-Fri., 11 am-3 pm weekends
‘3 wells, ‘5 shot & a pint, ‘8/10/12 pitchers

Thursday
$3 Heineken
Light bottles
$3.50 Heineken Pints

Revival

Friday
Happy Hour with Jaron Ott, then

Lyphe (Hip-Hop)

Saturday

UTC 110
The Mighty Regis
( Irish )
and DJ Chehu

Wednesday
$4 Jack Daniels
All Night

Blues with
Lady Dottie &
The Diamonds

Sunday
Happy Hour 11 am-3 pm
$3 Bloody Marys, Greyhound, Bloody Mimosas

Garnet Ave., Pacific Beach. 858-272-6066.

Tiki House: Tuesdays, 10pm: Tunes by Joe Marson. Every Tuesday. 1152 Garnet Ave., Pacific Beach. 858-273-9734.


Details at: 710bc.com / (858) 483-7844
### Happy Hour Specials

<table>
<thead>
<tr>
<th>Restaurant</th>
<th>Day</th>
<th>Time</th>
<th>Special</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Alpine</strong></td>
<td>Monday-Sat</td>
<td>4-7pm</td>
<td>$2.50 domestic, $3 imported, $5 house wine, $6 Long Island, $7 speciality wine</td>
</tr>
<tr>
<td><strong>Balboa Park</strong></td>
<td>Thursday-Sunday</td>
<td>3-7pm</td>
<td>$2.50 domestic, $3 imported, $5 house wine, $6 Long Island, $7 speciality wine</td>
</tr>
<tr>
<td><strong>Banks’ Hill</strong></td>
<td>Monday-Friday</td>
<td>3-7pm</td>
<td>$2.50 domestic, $3 imported, $5 house wine, $6 Long Island, $7 speciality wine</td>
</tr>
<tr>
<td><strong>Beach’s Happy Hour</strong></td>
<td>Monday-Friday</td>
<td>3-7pm</td>
<td>$2.50 domestic, $3 imported, $5 house wine, $6 Long Island, $7 speciality wine</td>
</tr>
<tr>
<td><strong>Bay Park</strong></td>
<td>Monday-Saturday</td>
<td>3-7pm</td>
<td>$2.50 domestic, $3 imported, $5 house wine, $6 Long Island, $7 speciality wine</td>
</tr>
</tbody>
</table>

### Happy Hour Specials

<table>
<thead>
<tr>
<th>Restaurant</th>
<th>Day</th>
<th>Time</th>
<th>Special</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>San Diego</strong></td>
<td>Monday-Friday</td>
<td>3-7pm</td>
<td>$2.50 domestic, $3 imported, $5 house wine, $6 Long Island, $7 speciality wine</td>
</tr>
<tr>
<td><strong>South Bay</strong></td>
<td>Monday-Saturday</td>
<td>3-7pm</td>
<td>$2.50 domestic, $3 imported, $5 house wine, $6 Long Island, $7 speciality wine</td>
</tr>
</tbody>
</table>

### More Information

For more information about these establishments, you can find them online at SDSReader.com/drinks, including driving directions, coupons, food specials, and more. You can also submit information online at SDSReader.com/drinks.
Happy Hour

House of Blues: Every day, 2-7pm: $2 drafts, $3 wells & wines, $4 martinis, 1/2-off appetizers.

McCormick & Schmick’s Seafood Restaurant: Every day, 3-7pm: 9-11:30pm: Wine and drink specials, 1/2-off cheeseburgers $2.95.

Patrick’s II: Every day, 11am-8pm: $2.50 bottle beer, $3 wells, Bud Light, pils, $4 calls, margaritas, Bloody Marys.

Rockin’ Baja Lobster: Monday-Friday, 3-6pm: $3.50 margaritas, $4 Long islands—$3.50 drafts.

San Diego Wine and Culinary Center: Tuesday-Saturday, 5-8pm: $5 house wine, wells, $7 Christopher’s Cuvee. Noon-9pm: tasting flights.

Tabule: Monday-Friday, 5-6pm: 1/2-off all drinks and appetizers. Saturday-Sunday, 2-6pm: 1/2-off all drinks and appetizers.

Tom Ham’s Lighthouse: Monday-Friday, 4-6pm: $3 house wine, domestic/imports.

Urban Bar & Grill: Tuesday-Saturday, 4-7pm, 9pm-close: $3 drafts, $4 wells, $5 signature cocktails, $5 house wine.

East Village

Chiclo: Monday-Friday, 4-6pm: $4 verdes, Côtes du Rhône, oatmeal stout, $5 white bordeaux, Monte Bucaniero, blonde ale; $6 chardonnay, zinfandel, Tribespresso.

Hive Sushi Lounge: Monday-Saturday, 5-7pm: $2.50 bottle beer, $3.50 sake, $3.50 wells. Miso, $2.50 bottle beer, $3.50 wells, Bud, $2.99 Hefeweizen, Shiner Bock.

The Filling Station: Monday, 7pm-close: $4 margaritas. Tuesday, 7pm-close: $2 domestic drafts. Thursday, 7pm-close: $2 wells, domestic beers, $6 domestic pitchers. Free pool. Saturday, 7pm-close: $3 mimosas. Sunday, 7pm-close: $3 Bloody Marys.

Guava Beach Bar & Grill: Monday-Friday, 4-7pm: $3.50 domestic, 1/2-off appetizers.

La Jolla Rancherita: Monday-Friday, 4-7pm: $2.50 domestic, 1/2-off imports.

The Melting Pot: Every day, 5-7pm: 1/2-off cheese fondue, salads, chocolate fondue.

The Shores Restaurant: Sunday, 11am-2pm: $1.75 vegetarian roll, spicy krab roll, $2.75 spicy tuna roll.

Whale Bar & Grill: Monday-Friday, 4-7pm: $1.50 bottle beer. $5 house wine, $7 specialty cocktails.

South Village

Lakeview: Monday-Friday, 4-6pm: $4 domestic sharing plates, 1/2-off domestic.

Evening: Monday-Friday, 4-7pm: $2 domestic beers, $3 premium beers, ballet wetrix & fries, burger & fries.

Lakeside

Coo Club: Monday-Friday, 5-7pm: $2.75 wells, $4 domestic bottles.

Los Cabos: Every day, 4-7pm: 1/2-off all drinks.

The Calypso Cafe: Every day, 5-7pm: $4 wells, sangria, margaritas, $4 house wine.

Lincoln Park

L & L Hawaiian BBQ at Market Creek Plaza: Monday-Friday, 4-7pm: 1/2-off domestic bottle, domestics.

Misión Beach

Adam’s Steak & Eggs: Monday-Friday, 3-7pm: Double wells drink, complimentary hors d’oeuvres.

National City

Café La Maize: Tuesday-Friday, 4-6pm: 1/2-off all drinks; 1/2-off appetizers in the bar.

Little Italy

Anthology: Tuesday-Friday, 5-10pm: $6 domestic, $4 martinis, margaritas, $4.50 appetizers.

Fat City Steakhouse: Monday-Friday, 4-7pm: 1/2-off drinks, $3 wells, $4 wine. 1/2-off appetizers.

Midway District

Brazil by the Bay Restaurant and Sports Bar: Monday-Friday, 4-7pm: $2 domestic beers, $8 pitcher, $2.50 french fries, $4.50 chicken wings.

Desi N’ Friends Bar and Grill: Monday-Friday, 2-7pm: $2 wells, domestic beers. 11pm-midnight: $3 draft.

Mira Mesa

Callahan’s Pub & Brewery: Monday-Friday, 4-7pm: $3 house beer, do- mestic drinks, well drinks, house wine, 1/2-off appetizers.

MiraMar

Abey’s Texas Bar-B-Q: Monday-Friday, 4-6pm: $2.49 small sandwich, $1.99 hot link; $2.99 pint Bud, $2.99 Hefeweizen, Shiner Bock.

Mission Hills

Bar Dynamite: Monday-Saturday, 5-9pm: $2 domestic bottles and drafts, $3 wells. Free food from Lucha Libre Taco Shop.

Shakespeare Pub & Grille: Every day, 4-7pm: $4.95 imported 20-oz. beer. $3.75 well drinks, $1 off bottle beer and house wine by the glass.

Mission Valley

Adam’s Steak & Eggs: Monday-Friday, 3-7pm: Double wells drink, complimentary hors d’oeuvres.

National City

Café La Maize: Tuesday-Friday, 4-6pm: 1/2-off all drinks; 1/2-off appetizers in the bar.

Little Italy

Anthology: Tuesday-Friday, 5-10pm: $6 domestic, $4 martinis, margaritas, $4.50 appetizers.

Fat City Steakhouse: Monday-Friday, 4-7pm: 1/2-off drinks, $3 wells, $4 wine. 1/2-off appetizers.

Midway District

Brazil by the Bay Restaurant and Sports Bar: Monday-Friday, 4-7pm: $2 domestic beers, $8 pitcher, $2.50 french fries, $4.50 chicken wings.

Desi N’ Friends Bar and Grill: Monday-Friday, 2-7pm: $2 wells, domestic beers. 11pm-midnight: $3 draft.

Mira Mesa

Callahan’s Pub & Brewery: Monday-Friday, 4-7pm: $3 house beer, do- mestic drinks, well drinks, house wine, 1/2-off appetizers.

MiraMar

Abey’s Texas Bar-B-Q: Monday-Friday, 4-6pm: $2.49 small sandwich, $1.99 hot link; $2.99 pint Bud, $2.99 Hefeweizen, Shiner Bock.

Mission Hills

Bar Dynamite: Monday-Saturday, 5-9pm: $2 domestic bottles and drafts, $3 wells. Free food from Lucha Libre Taco Shop.

Shakespeare Pub & Grille: Every day, 4-7pm: $4.95 imported 20-oz. beer. $3.75 well drinks, $1 off bottle beer and house wine by the glass.

Mission Valley

Adam’s Steak & Eggs: Monday-Friday, 3-7pm: Double wells drink, complimentary hors d’oeuvres.

National City

Café La Maize: Tuesday-Friday, 4-6pm: 1/2-off all drinks; 1/2-off appetizers in the bar.

Little Italy

Anthology: Tuesday-Friday, 5-10pm: $6 domestic, $4 martinis, margaritas, $4.50 appetizers.
A patient of Dr. Oliver Sacks suffered a massive stroke. “Mrs. S” retained her intelligence and humor but could no longer see anything left of her nose. “She has totally lost the idea of left,” Sacks wrote, “with regard to the world and her own body.” Damage to the right hemisphere of her brain blocked half of her visual field. She couldn’t make left turns, saw only half of her plate when eating — and complained of small portions — and only applied makeup to the right side of her face, which drew laughter whenever she went out.

Mrs. S understood the problem intellectually, Sacks wrote, “but it is impossible for her to know it directly” because patients with the syndrome (“unilateral neglect”) behave as if “nothing of any importance could be expected to occur there.”

Sacks wrote his observations in The Man Who Mistook His Wife for a Hat, the 1985 bestseller that drew attention to a relatively unknown subject: syndromes related to the right hemisphere of the brain. While the rational left hemisphere controls language, math, and logic, the allegedly more “primitive” right controls how we perceive — space, recognizing faces, imagery — and also music. In effect, Sacks contends, damage to the right hemisphere can take away “the emotional, the concrete, the personal,” and the real. “It is singularly difficult,” he adds, “for even the most sensitive observer, to picture the inner state, the ‘situation,’ of such patients, for this is almost unimaginably remote from anything he himself has ever known.”

Sir Peter Brook’s play The Man Who, based on Sacks’s book, depicts right-hemisphere syndromes: twins who have “direct cognition, like angels,” or a man convinced his left leg is someone else’s. When Brook began the project, he wanted the patients to be epic adventurers, like Odysseus, exploring unknown parts of the brain/mind. Onstage, however, this approach led to melodrama, so he and cowriter Marie-Hélène Estienne pared down the stories and the theatricality.

In New Village Arts’ staging, it’s clear that director Kristianne Kurner wants to avoid turning The Man Who into a freak show (at times, however, atonal notes in Scott Paulson’s otherwise excellent soundscape suggest ghoulish comments; two circles on the rear wall, zapping electric charges, also contribute to this sense). Less clear is what has replaced it. The approach, for the most part, is cold and clinical: an overhead projection announces a condition (“Broca’s aphasia,” “loss...
of proprieception”), and a scene demonstrates it as merely a pathology. But what Sacks wanted was the human side of these case studies (the right brain, he says several times, is “the self,” and at one point, “the soul”). Most of the 90-minute show has a rational, left-brain quality.

Toward the end, break-through scenes reveal what a patient’s "situation" feels like. Ron Choularton plays “Witty patient’s “situation” feels like. His words are just jumbles of your inner dictionary, he’d ask at the box office.

The director keeps the concept alive even during intermission. When the lights come down, the Duke sprawls on the floor, poisoned by Vin-dice and Hippolito. Instead of the actor stealing offstage in the shadows, two others drag him off. The Duke isn’t an ac-tor. He’s a real corpse! **\*

**THEATER LISTINGS**

Theater listings and commentary are by Jeff Smith. Information is accurate according to material given us, but it is always wise to phone the theater for any last-minute changes and to inquire about ticket availability. Many theaters offer discounts to students, senior citizens, and the military. Ask at the box office.

**Aren’t Misbehavin’: The Fats Waller Musical Show**

Fourthwall Entertainment presents the musical tribute to Thomas “Fats” Waller. Songs include “Hone-eyuckle Rose” and “Ain’t Misbe-havin’.” 619-817-8130. LAFAYETTE HOTEL, 2223 EL CADIZ BLVD., UNIVERSITY HEIGHTS. 7:30PM FRIDAYS, 7:30PM SUNDAYS, THRU-OUGH FEBRUARY 28.

**Aurélia’s Oratorio**

For 70 minutes, the elastic, in-pressurizable Aurélia Thiérré un-jogs time and space (like a kite flying its handler or an alarm clock putting her to sleep) to cause their causes: inanimate objects assault people (beverage of sport coats bear-ing gifts); and, like a toyish cartoon monster, can have a deva-tating chomp. Thiérré becomes an Alice in a dualistic Wonderland, like a photograph and its negative, and her stage, like space itself, is warped. Objects move backwards or upside down. At one point, Jaime Martine, a lithe dancer and Thiérré’s co-creator, jumps, walks up a curtain. The evening has sev-eral lulls, in part because while some effects are magical, others don’t translate (prompting thought — what did that last one mean? — rather than wonder). Nonetheless, when Thiérré’s dan-cing by her ankles from a red sash or rain on a dotted lace scrim peels her, not only makes the stage a Wonderland, she owns it. **Worth a try.**
mother killer
The Theatre, Inc., stages Marianne McDonald's new play about the real-life crimes of Eunice Orestes. Because she murdered her father, Orestes kills his mother. Douglas Lay directed.

National Comedy Theatre
The National Comedy Theatre presents a 100-minute improve comedy show based completely on audience suggestions. The show is “appropriate for all audiences.”

Nevermore: An Evening with Edgar Allan Poe
The North Coast Repertory Theatre celebrates Edgar Allan Poe’s 195th anniversary. Geoffrey Cox directed.

Nevermore: An Evening with Edgar Allan Poe
As part of Black History Month, Poe de-

LARGE. 619-216-3016. 8PM SATURDAYS, 8PM THURSDAYS, THROUGH MARCH 28.

They’re Playing Our Song

Ten Minute Madness III
The North Coast Repertory Theatre’s ensemble cast performs seven new short plays by playwrights from around the country. NORTH PARK VAUDEVILLE AND CANDY SHOPPE, 2031 EL CAJON BLVD., NORTH PARK, 619-647-4958. 8PM FRIDAYS, 8PM SATURDAYS, THROUGH MARCH 6.

The Secret Garden
Patio Playhouse stages the musical version of Frances Hodgson Burnett’s novel, celebrating its 100th anniversary. Geoffrey Cox directed.

The Secret Garden
Patio Playhouse, 201 E. Grand Avenue • Escondido, 760-746-6699. 8PM FRIDAYS, 8PM SATURDAYS, 2PM AND 7PM SUNDAYS, THROUGH MARCH 14.

Spring Awakening
UCSD Theatre & Dance presents a musical — book by Stephen Sondheim, music by Steven Sater, lyrics by Lynn Ahrens — about young aspirations, among them love, and older certitudes. Tom Dugdale directed.

Spring Awakening
February 28.

Ten Minute Madness III
Patio Playhouse, 2031 EL CAJON BLVD., NORTH PARK, 619-647-4958. 8PM FRIDAYS, 8PM SATURDAYS, THROUGH MARCH 6.

The Secret Garden
Patio Playhouse, 201 E. Grand Avenue • Escondido, 760-746-6699. 8PM FRIDAYS, 8PM SATURDAYS, 2PM AND 7PM SUNDAYS, THROUGH MARCH 14.

Stages of Staged Readings
This spunky musical functions just like its subject. It’s set at a filling station/diner on Highway 57 between Smyrna and Frog Level, North Carolina. While tourists make pit stops to replenish themselves for the road ahead, the musical encourages its audience to make the theater a rest stop.

Ten Minute Madness III
South Coast Repertory, presents a series of staged readings by writers of the Old Town Theatre.

Ten Minute Madness III
UCSD THEATRE, INC., 899 C ST., EAST VILLAGE, 619-263-7911.

Uncle Vanya
UCSD Theatre & Dance presents, with valid school ID.

Very Much a Woman
By Carol Kaelen — about a woman who moves resolution.

Welcome to “The Old Globe
Walt Disney's Cars
by Tom Dugdale.

When Ten Minute Madness III
Eleven years ago, Harold Stewart founded the Ten Minute Madness Festival, a gathering of 10-minute one-act plays, with the idea of “giving a voice to the unheard.” After the festival ends on March 6, the San Diego theater festivals will enter a hibernation period for a season.

Winter Solstice
Don Ward directed.

With Edgar Allan Poe
Douglas Lay directed.

With Edgar Allan Poe
Monique Gaffney is a force for good in San Diego. The writer and Monique Gaffney is a force for good in San Diego. The writer and actor is a prominent voice in the city’s theater community, and her work with The Shakespeare Globe of San Diego has been a significant contribution to the local arts scene.

With Edgar Allan Poe
Lamb’s Players director Deborah Gilman Smyth has coaxed just the right spirit from her cast of six, each doing a standout number: among them are Petronia Badu, Mare Winningham and Arthur Acuna, who skillfully underplay their roles, the rest of the cast play costumed characters overburdened with lengthy exposition, and the story evolves around predictable lines.

With Edgar Allan Poe
Lamb’s Players director Deborah Gilman Smyth has coaxed just the right spirit from her cast of six, each doing a standout number: among them are Petronia Badu, Mare Winningham and Arthur Acuna, who skillfully underplay their roles, the rest of the cast play costumed characters overburdened with lengthy exposition, and the story evolves around predictable lines.

With Edgar Allan Poe
Lamb’s Players director Deborah Gilman Smyth has coaxed just the right spirit from her cast of six, each doing a standout number: among them are Petronia Badu, Mare Winningham and Arthur Acuna, who skillfully underplay their roles, the rest of the cast play costumed characters overburdened with lengthy exposition, and the story evolves around predictable lines.

With Edgar Allan Poe
Lamb’s Players director Deborah Gilman Smyth has coaxed just the right spirit from her cast of six, each doing a standout number: among them are Petronia Badu, Mare Winningham and Arthur Acuna, who skillfully underplay their roles, the rest of the cast play costumed characters overburdened with lengthy exposition, and the story evolves around predictable lines.

With Edgar Allan Poe
Lamb’s Players director Deborah Gilman Smyth has coaxed just the right spirit from her cast of six, each doing a standout number: among them are Petronia Badu, Mare Winningham and Arthur Acuna, who skillfully underplay their roles, the rest of the cast play costumed characters overburdened with lengthy exposition, and the story evolves around predictable lines.

With Edgar Allan Poe
Lamb’s Players director Deborah Gilman Smyth has coaxed just the right spirit from her cast of six, each doing a standout number: among them are Petronia Badu, Mare Winningham and Arthur Acuna, who skillfully underplay their roles, the rest of the cast play costumed characters overburdened with lengthy exposition, and the story evolves around predictable lines.

With Edgar Allan Poe
Lamb’s Players director Deborah Gilman Smyth has coaxed just the right spirit from her cast of six, each doing a standout number: among them are Petronia Badu, Mare Winningham and Arthur Acuna, who skillfully underplay their roles, the rest of the cast play costumed characters overburdened with lengthy exposition, and the story evolves around predictable lines.

With Edgar Allan Poe
Lamb’s Players director Deborah Gilman Smyth has coaxed just the right spirit from her cast of six, each doing a standout number: among them are Petronia Badu, Mare Winningham and Arthur Acuna, who skillfully underplay their roles, the rest of the cast play costumed characters overburdened with lengthy exposition, and the story evolves around predictable lines.

With Edgar Allan Poe
Lamb’s Players director Deborah Gilman Smyth has coaxed just the right spirit from her cast of six, each doing a standout number: among them are Petronia Badu, Mare Winningham and Arthur Acuna, who skillfully underplay their roles, the rest of the cast play costumed characters overburdened with lengthy exposition, and the story evolves around predictable lines.

With Edgar Allan Poe
Lamb’s Players director Deborah Gilman Smyth has coaxed just the right spirit from her cast of six, each doing a standout number: among them are Petronia Badu, Mare Winningham and Arthur Acuna, who skillfully underplay their roles, the rest of the cast play costumed characters overburdened with lengthy exposition, and the story evolves around predictable lines.

With Edgar Allan Poe
Lamb’s Players director Deborah Gilman Smyth has coaxed just the right spirit from her cast of six, each doing a standout number: among them are Petronia Badu, Mare Winningham and Arthur Acuna, who skillfully underplay their roles, the rest of the cast play costumed characters overburdened with lengthy exposition, and the story evolves around predictable lines.

With Edgar Allan Poe
Lamb’s Players director Deborah Gilman Smyth has coaxed just the right spirit from her cast of six, each doing a standout number: among them are Petronia Badu, Mare Winningham and Arthur Acuna, who skillfully underplay their roles, the rest of the cast play costumed characters overburdened with lengthy exposition, and the story evolves around predictable lines.

With Edgar Allan Poe
Lamb’s Players director Deborah Gilman Smyth has coaxed just the right spirit from her cast of six, each doing a standout number: among them are Petronia Badu, Mare Winningham and Arthur Acuna, who skillfully underplay their roles, the rest of the cast play costumed characters overburdened with lengthy exposition, and the story evolves around predictable lines.

With Edgar Allan Poe
Lamb’s Players director Deborah Gilman Smyth has coaxed just the right spirit from her cast of six, each doing a standout number: among them are Petronia Badu, Mare Winningham and Arthur Acuna, who skillfully underplay their roles, the rest of the cast play costumed characters overburdened with lengthy exposition, and the story evolves around predictable lines.

With Edgar Allan Poe
Lamb’s Players director Deborah Gilman Smyth has coaxed just the right spirit from her cast of six, each doing a standout number: among them are Petronia Badu, Mare Winningham and Arthur Acuna, who skillfully underplay their roles, the rest of the cast play costumed characters overburdened with lengthy exposition, and the story evolves around predictable lines.

With Edgar Allan Poe
Lamb’s Players director Deborah Gilman Smyth has coaxed just the right spirit from her cast of six, each doing a standout number: among them are Petronia Badu, Mare Winningham and Arthur Acuna, who skillfully underplay their roles, the rest of the cast play costumed characters overburdened with lengthy exposition, and the story evolves around predictable lines.

With Edgar Allan Poe
Lamb’s Players director Deborah Gilman Smyth has coaxed just the right spirit from her cast of six, each doing a standout number: among them are Petronia Badu, Mare Winningham and Arthur Acuna, who skillfully underplay their roles, the rest of the cast play costumed characters overburdened with lengthy exposition, and the story evolves around predictable lines.

With Edgar Allan Poe
Lamb’s Players director Deborah Gilman Smyth has coaxed just the right spirit from her cast of six, each doing a standout number: among them are Petronia Badu, Mare Winningham and Arthur Acuna, who skillfully underplay their roles, the rest of the cast play costumed characters overburdened with lengthy exposition, and the story evolves around predictable lines.
Bad Lot
The marauding wolfmen are quick as Bugs Bunny.

Jessica Alba, Kathy Bates, Jessica Biel, Bradley Cooper, Eric Dane, Patrick Dempsey, Hector Elizondo, Jamie Foxx, Jennifer Garner, Topher Grace, Anne Hathaway, Ashton Kutcher, Queen Latifah, Taylor Lautner, George Lopez, Shirley MacLaine, Emma Roberts, Julia Roberts, Taylor Swift.—There. That’s about all that need be said about Valentine’s Day, and the ad already said it. In grudging addition, it might be considerate to say, by way of warning, that out of the multicultural, multigenerational, multidemographic alphabetical all-stars, Jennifer Garner and Ashton Kutcher command the most attention. And it might be charitable to say that only Topher Grace and Anne Hathaway demand any more. It might, too, be appropriately pointless to point out the unbilled cameo of Joe Mantegna. Apart from the celebrity merry-go-round, no other focus of interest will be found within the movie. (Without, there might be some slight interest in contractual and scheduling matters.) In Katherine Fugate’s screenplay, the navigation of the human heart, morning to night on the Fourteenth of February in Los Angeles, is as a leaf afloat on a puddle: superficial on top of shallow. But then, director Garry Marshall has never been one to venture so deep on any subject as to bother about rolling up his pants cuffs. The Wolfman, under the drillmasterly direction of Joe Johnston, emerges as your basic tale of Oedipal lycanthropy, an Oedipus simplex if you will (the ungovernable son, for good measure, has been playing Hamlet on the London stage), so basic that it takes place in the 19th Century, unearth an archetypal gypsy fortune teller (a gaunt and gaudy Geraldine Chaplin), and fashions its werewolf makeup in the classic style of Lon Chaney, Jr.’s. The human drama, however Freudian, proves to be refreshingly unpretentious and earnest, as well as stoutly acted by Benicio Del Toro, Anthony Hopkins, Emily Blunt, and Hugo Weaving, though it is never quite so dramatic as the Caspar David Friedrich smoky skies, a variegation of nacreous grays. The marauding wolfmen (plural, yes) on the other hand, completely modern in their dispensing of gore, are quick as Bugs Bunny, rapid as the Road Runner, fleet as Speedy Gonzales, which only makes sense when you stop to consider that they are after all primarily computer cartoons, and they seem not in the least to be subject to the erosions of age. One might ask, on that point, why the crisis, the curse, has only just come to a head, why the villagers have not until now had to reach for their rifles and pitchforks. The Oedipal pater over the course of his lifetime has seen many and many a full moon. It would be hard to conceive a more painful introduction to Greek mythology than Percy Jackson and the Olympians: The Lightning Thief. Or reintroduction, even more. Chris Columbus, who directed the first couple of Harry Potter entries, is here looking literally for another lightning bolt — Zeus’s stolen one — in the

Win a Movie Pass for Two!

To enter, visit the Reader website and click on “contests.” SDReader.com

Deadline to enter is Thursday, February 18 at 1:00 pm.
Limit one entry per person.
NO PURCHASE NECESSARY.

In Theaters February 26
quest of a dyslexic present-day teenager, the unknowing bastard spawn of Poseidon, teamed up ad hoc with a same-aged demigodess and semigod ("The politically correct term is satyr"), to retrieve his mother from Hades (located beneath the Hollywood sign), solve the mystery of his father, and to retrieve Medusa’s lair and twice more in its immediate sequel. The computer-generated Fury, Minotaur, Hydra, etc., much as you’d expect in the Hollywood sign, solve the mystery of his father, and to retrieve Medusa’s lair and twice more in its immediate sequel. The computer-generated Fury, Minotaur, Hydra, etc., much as you’d expect.

Saint John of Las Vegas, the feature debut of writer-director Hue Rhodes, is a pack-following independent film caroming from oddball to oddball: a midget boss, a sunny secretary surrounding herself with yellow Smiley Faces, a wheelchair stripper, a gun-toting militant nudist, a sideshow human fireball, and so forth. It’s nice, or it ought to be, to see Steve Buscemi once again in a lead role, and he certainly has the casino pallor, not to mention the riverboat sideburns and the slicked-back hair, to pass as a recovering and relapsing gambling addict. But the anticipated laughs never come, and the transparent homages to Dante—characters named John Alighieri, Virgil, and Lu Cypher (get it?) — bring only frowns.

The practice, the custom — is it yet a tradition? — of Landmark Theatres to exhibit in separate programs the Academy Award nominees for animated and live-action shorts, at the Ken Cinema for the next week, warrants special mention this year for the inclusion in the animated category of a new Wallace and Gromit outing by Nick Park, A Matter of Loaf and Death. Back to the wedly length of under a half-hour after the cumberose feature-length puff-up of their last outing, and even if a shade off top form, it serves as a vivid reminder that nowhere in contemporary cinema exists a continuing character more admirable or endearing than that devoted yet dogging, a humbling example to us all.

MOVIE LISTINGS

All reviews are by Duncan Shepherd. Priorities are indicated by one to five stars and antipathies by the black spot. Unrated movies are for now unreviewed. Thousands of past reviews sorted alphabetically, by year of release and by rating, are available online at SanDiegoReader.com.

Avatar — Ambitious merger of live action and computer animation, with at least one groundbreaking 3-D effect. English subtleties for the language spoken on the celestial body of Pandora inserted on a plane in the middle distance between a foreground figure and an upstage figure, as if the foreground one could look down and read the subtitle himself. This effect is silly, is pretentious, is pointless, and nonetheless is fun. Much the same could be said of the movie as a whole. Silly, pretentious, pointless, and fun is surely less than writer and director James Cameron had in mind for his first feature film since Titanic twelve years before, a two hour and forty-five minute “visionary” science-fiction epic that dishes up an allegory on globalism, a warm-over of the old science-versus-military debate, a dose of Noble Savage romanticism, a Capt. Smith and Pocahontas culture-clash romance, an ecological message, and a treecutting that insistently recalls the topping of the World Trade Center. There appears little doubt that Cameron drew upon all his mental powers, yet happily those powers prove too feeble, too reliant on convention and stereotype, or if you wish to make it sound better, on tradition and archetype, to ruin the fun. The powers themselves, with their rumble of self-importance and their straining for significance, are part and parcel of the kitschy fun. Sam Worthington, Sigourney Weaver, Stephen Lang, Giovanni Ribisi, Michelle Rodriguez, 2009.

The Blind Side — Soft warm cozy sports story from the maker of The Rookie, John Lee Hancock, about a headstrong well-to-do white Memphis housewife who takes under her wing and under her roof a homeless black gentle giant, an irresistible force meeting an immovable object. Sandra Bullock stays obstinately on the surface of her role, and Quinton Aaron is touchingly mimimalist as Michael Oher, a future first-round NFL draft pick. Very late in the game a couple of aspersions are cast on the motives of Oher’s adoptive parents, aspersions which, if shown to be even fractionally valid, might have made a more interesting movie. With Tim McGraw, Jae Head, Lily Collins, Kathy Bates, and assorted college-football coaches as themselves, Nick Saban, Phil Fulmer, Lou Holtz, et al. 2009.

The Book of Eli — Post-apocalyptic chic. In metallic monochrome, in sterilizing shafts of light, in portentous slo-mo, Denzel Washington safeguards the only extant copy of the King James Bible, with his archer’s bow, shotgun, pistol, and terrible swift sword: the new Messiah. One of many head scratchers is why on earth the tin-pot town boss in the middle of the Southwest desert, lording it over a bunch of illiterate ruffians, wants to get his hands on the book, much less knows of its existence. With Gary Oldman, Mila Kunis, and the ever-lovely Jennifer Beals; directed by the Hughes Brothers, 2010.

Crazy Heart — Jeff Bridges is pretty much the whole show, and a generous show it is. His Bad Blake, given name to be held back for the gravestone, is an over-the-hill and down-on-his-luck C&W singer still living the life of a C&W song, four marriages behind him, long lonely drives and cheap motels and cheaper women in front of him, a chain smoker and a hard-at-alcoholic (preferred poison, fictitious McClure’s bourbon) on a free fall to the unseen bottom and, on impact, the uncertain bounce-back to redemption. As one of his lyrics neatly sums it up: “I used to be somebody, now I’m somebody else.” The actor’s singing voice amounts to a dull blade that has a hard time cutting through the expert arrangements by T Bone Burnett, who with the late Stephen Bruton co-wrote the original songs in the crying-in-your-beer genre. But then too, the actor’s speaking voice, a low rumble through a mouthful of marbles, has a hard enough time cutting through thin air, as if he could use a hit of oxygen before and after each utterance. To outward appearances, he’s approximately one-third Kris Kristofferson (the constipated voice and the wheezy wince to produce it) and two-thirds Waylon Jennings (the greasy
stringy hair, the bedraggled beard, the shades, the leather vest, the paunch), in no part original but in every part authentic. With Maggie Gillenhal, Colin Farrell, and Robert Duvall, directed by Scott Cooper. 2009.

**Creation** — Reviewed this issue. With Paul Bettany, Jennifer Connelly, Jeremy Northam, Toby Jones, and Benedict Cumberbatch; directed by Jon Amiel.

(LA JOLLA VILLAGE, FROM 2/19)

Dear John — Wartime romance beginning in the spring of 2001 (you know what’s coming) and stretching up to the present, staggeringly basic and banal in its specifics, turgid on a senseless withholding of information for the sole purpose of contrived misunderstanding and revealed nobility. It issues from a novel by Nicholas Sparks, always a barometer of the abysmal, and the chief function of director Lasse Hallström, at one time a halfway serious filmmaker, is to pour sunlight, moonlight, and firelight over it like syrup. The bug-eyed Amanda Seyfried manages to convey maybe a month’s worth of maturation over the decade-long storyline, but Channing Tatum makes a tip-top military type, a strong, silent, type, guarded, humble, a tad pent-up, a tad petulant, several tads chivalrous. He merits some sort of medal for his recitation of the “I am a coin” letter to his dying numismatist dad. With Richard Jenkins and Henry Thomas. 2010.

(CARMEL MOUNTAIN 14; CHULA VISTA 10; FASHION VALLEY 18; GASLAMP 15; GROSSMONT CENTER 10; LA COSTA 8; LA JOLLA 12; MISSION MARKETPLACE 13; MISSION VALLEY 7; MISSION VALLEY 20; OTAY RANCH 12; PALM PROMENADE 24; PLAZA BONITA 14; POWAY 10; RIVER VILLAGE 6; TOWN SQUARE 14)

Edge of Darkness — Mel Gibson, in his first starring role in eight years, comes back strong, and gracefully aged, as a Boston police officer tracking down his daughter’s shotgun killer. The detective work — the mistaken first assumption is that the detective himself was the intended target — is solid and followable, and it offers a fair share of a-ha moments. (Nice one: the lock of the daughter’s hair snipped on the crooner’s slab later reads as radioactive on the Geiger counter in her personal effects.) If the investigation depends overmuch on bullish Dirty Harry tactics to move it along, it at least pulls up short of the overscaled action — the outrageous chases, the explosions, the Hong Kong combat — that has so numbed the contemporary action film. There are other ways to heighten the scale, however. And at this late date we can scarcely be surprised, we can at best be reignited, that a grade-A mainstream murder mystery (based, like Steven Soderbergh’s Traffic and Kevin Macdonald’s State of Play, on a British TV miniseries) would lead ultimately to matters of national security and nuclear weaponry. Ray Winstone, Danny Huston, Bojana Novakovic, Caterina Scorsone; directed by Martin Campbell. 2010.

(CARMEL MOUNTAIN 14; CHULA VISTA 10; FASHION VALLEY 18; GASLAMP 15; GROSSMONT CENTER 10; LA COSTA 8; LA JOLLA 12; MISSION MARKETPLACE 13; MISSION VALLEY 7; MISSION VALLEY 20; OTAY RANCH 12; PALM PROMENADE 24; PLAZA BONITA 14; POWAY 10; RIVER VILLAGE 6; TOWN SQUARE 14)

An Education — A precocious English schoolgirl (of 1961) (a cellist, a Francophile, a schoolgirl of 1961 (a cellist, a Francophile, a devotee of the Pre-Raphaelites, a sneaky smoker for sophistication), on track for Oxford, propelled by a shy older man who shows her the finer things of life: a Ravel concert, a Christie’s auction, a Parisian night, and a Ravel concert, a Christie’s auction, a Parisian nightclubs, Paris. The foreseeable end is a bit of a slog, but the film in the early stages is very

good on the pretensions of intelligent youth, and very good on the heady intoxication of growing up fast. Peter Sarsgaard’s British accent is hit-and-miss; and the prim schoolmarm of Olivia Williams, a beauty disguised in eyeglasses and pulled-back hair, is strictly stock; and the comic portraits of the heroine’s hidebound dad, a same-aged fumbling suitor, and a blond bimbo (Alfred Molina, Matthew Beard, Rosamund Pike, in order) are sharp but narrow. Keeping things fully alive throughout, however, is Carey Mulligan in the lead, showing off, among other talents, the freshest smile since Eleanor Powell: plenty of teeth with a demure downturn at the corners of the mouth. And Sally Hawkins, back to reality from the giddy heights of Happy-Go-Lucky, has a tiny but vital part to play. With Cara Seymour, Dominic Cooper, Emma Thompson; directed by Lone Scherfig. 2009.

(CARMEL MOUNTAIN 14; FLOWER HILL 4; HILLCREST CINEMAS)

**From Paris with Love** — A self-admiring U.S. superspy with the demeanor of a Hell’s Angel…

FROM PARIS WITH LOVE

...from the giddy heights of Happy-Go-Lucky, has a tiny but vital part to play. With Cara Seymour, Dominic Cooper, Emma Thompson; directed by Lone Scherfig. 2009.

(CARMEL MOUNTAIN 14; FLOWER HILL 4; HILLCREST CINEMAS)

From Paris with Love — John Travolta, totally unrestrained, as a self-admiring U.S. superspy with the demeanor of a Hell’s Angel (“Tell me that wasn’t some impressive shit!”), shooting up the City of Light in a grainy sallow digital image. Jonathan Rhys Meyers appears a credible American accent as his timid embassy liaison, perhaps the only credible thing in the movie. Directed by Pierre Morel. 2010.

(DRIVE IN; TOWN SQUARE 14)

**Number 23** — Fictitious count-down of the final six weeks in the twelve-month tour of an army bomb squad in Baghdad. The living and working conditions in a color-free wasteland appear perfectly credible, and the quasi-science-fictional details of the job — the spaceman protective suits, the remote-control bomb-sniffing robot, the tangle of colored wires, the hide-and-seek triggers — are highly enlightening. And the defusing of bombs, the constant prospect of their blowing up in our faces — carries a guaranteed tension, as witness such forerunners as Robert Aldrich’s Ten Seconds to Hell or Michael Powell’s and Emeric Presburger’s The Small Back Room. The ambush in mid-desert, outside the squad’s normal sphere of

**Creation** — Reviewed this issue. With Paul Bettany, Jennifer Connelly, Jeremy Northam, Toby Jones, and Benedict Cumberbatch; directed by Jon Amiel.
GASLAMP 15)
The Imaginarium of Doctor Parnassus — Ralph Fiennes, David Morse. 2009.
in development, no more than generic as ing the part — are thin on character, static Mackie, Brian Geraghty, each of them look- principals — Jeremy Renner, Anthony
lot of time on the action scenes, or more amplification ought to be put to bed for a rest period oscillation of all the victims of the serial killer, is grieving father. But too much of the Other, in particular the climactic commun-
tness of the two realms are reasonably subtle cheeks. Some of the depictions of the close-
che, aviator glasses, and cotton-stuffed disguise: Stanley Tucci with a blond comb-over hairpiece, paste-on matching mus-

It's Complicated — Romantic-comic triangle composed of a fifty-something divorcee, her remarried but re-interested ex-husband, and her too-good-to-be-true divorced architect. “Your age is one of my favorite things about you.” The grown chil-
dren have no problems of their own, and the level of affluence — not to forget level of gourmet cuisine — removes all other problems, so that a hypothetical air prevails. In truth, it’s complicated enough already.

The Last Station — Light sport made of a great figure, Tolstoy in his “eccentric” later years of anti-materialism, nonresistance, celibacy, vegetarianism, or, in short, Tol-

The Informant — funny and original with two Golden Globes nominations: Best Actor and Best Original Score. A rising star at agri-industry giant Archer Daniels Midland (ADM), Whitacre (Matt Damon) suddenly turns whistleblower. Based on a true story about an overeager corporate executive turned FBI informant whose ever-changing account of the situation makes it almost impossible to decipher what is real and what is the product of his active imagination.

Buy it on Blu-ray™ Combo Pack, DVD, and for Download 2/23/10!

A Special Live performance.
February 23rd & 24th
Celebrate the bicentennial of Edgar Allen Poe’s birth with Jeffrey Combs, the star of Re-Animator, From Beyond, and Star Trek: Deep Space Nine & Enterprise.

The Informant © 2009 Warner Bros. Entertainment, Inc. Distributed by Warner Home Video. All rights reserved.
Rachel Weisz, and Susan Sarandon; directed by Peter Jackson. 2009.  
★ (HORTON PLAZA 14; PALM PROMENADE 24)

Percy Jackson and the Olympians: The Lightning Thief — Reviewed this issue. With Logan Lerman, Brandon T. Jackson, Alexandra Daddario, Pierce Brosnan, and Uma Thurman; directed by Chris Columbus.  
★ (CARMEL MOUNTAIN 14; CHULA VISTA 10; DEL MAR HIGHLANDS 8; FASHION VALLEY 13; GASLAMP 15; GROSSMONT CENTER 10; LA COSTA 6; LA JOLLA 12; MISSION MARKETPLACE 13; MISSION VALLEY 7; MISSION VALLEY 20; OTAY RANCH 12; PALM PROMENADE 24; PLAZA BONITA 14; POWAY 10; RIVER VILLAGE 6; SAVITRE DRIVE IN; TOWN SQUARE 14)

Police, Adjective — Romanian policeman revolving around, in fact never abandoning for a single scene, a droopy narc (Dragos Bucur) reluctant to bust an adolescent casual user. The long takes and solid frames have much integrity and almost as much te-dium; the dismal locales are for better or worse completely immersing; and the cli-dium; the dismal locales are for better or worse completely immersing; and the cli-dium; the dismal locales are for better or worse completely immersing; and the cli-dium; the dismal locales are for better or worse completely immersing; and the cli-dium; the dismal locales are for better or worse completely immersing; and the cli-dium; the dismal locales are for better or worse completely immersing; and the cli-dium; the dismal locales are for better or worse completely immersing; and the cli-dium; the dismal locales are for better or worse completely immersing; and the cli-

ternately oversaturated and washed-out and glossy and grainy, centered around a Harlem African-American illiterate obese unwed teenage mother of a Down’s daugh-ter, now pregnant again, expelled from school, abused and battered at home by her welfare mother, an incestuous rape victim of her absentee father, and oh, HIV-posi-tive. We don’t find out all of that at once. It piles up. Some interesting effects are gotten from the heroine’s first-person voice-over, interweaved at competitive volume with the dialogue, such that it plays as interior monologue rather than expository narra-tion. The fantasy scenes almost attain a sim-

Valentine’s Day — The navigation of the human heart is as a leaf afloat on a puddle: superficial on top of shallow.

MOVIE SHOWTIMES

Showtimes subject to change. (Bargain showtimes in parentheses.)

CENTRAL

CARMEL MOUNTAIN 14  
11620 Carmel Mountain Road (800-326-3264 #2794)
Avater (PG-13) - The Blind Side (PG-13) - Dear John (PG-13) - An Education (PG-13) - From Paris with Love (R) - The Hurt Locker (R) - Percy Jackson and the Olympians: The Lightning Thief (PG) - Precious: Based on the Novel Push by Sapphire (R) - Shutter Island (R) - Up in the Air (R) - Valentine’s Day (PG-13) - When in Rome (PG-13) - The Wolfman (R)

CLAIREMONT

Town Square 14  
4665 Clairemont Drive (800-326-3264 #2722)
Avater (PG-13) - The Blind Side (PG-13) - Crazy Heart (R) - Dear John (PG-13) - Edge of Darkness (R) - From Paris with Love (R) - Percy Jackson and the Olympians: The Lightning Thief (PG) - Precious: Based on the Novel Push by Sapphire (R) - Shutter Island (R) - Up in the Air (R) - Valentine’s Day (PG-13) - When in Rome (PG-13) - The Wolfman (R)

DOWNTOWN

Gaslamp 15  
791 Fifth Avenue (800-326-3264 #2709)
Dear John (PG-13) - The Hurt Locker (R) - The Imaginarian of Doctor Parnassus (PG-13) - Percy Jackson and the Olympians: The Lightning Thief (PG) - Shutter Island (R) - Up in the Air (R) - Valentine’s Day (PG-13) - When in Rome (PG-13) - The Wolfman (R)

HORTON PLAZA 14  
Horton Plaza 14 (619-444-FILM)
Avater (PG-13) Fri. (1:00, 4:25) 8:00 Sat-Sun. (1:00) 4:25, 8:00; Avatar 3D (PG-13) Fri-Sun. (1:00) 3:00, 5:30, The Blind Side (PG-13) Fri. (1:05, 2:05) 7:05, 10:05 Sat-Sun. (1:05) 4:20, 7:05, 10:05; Edge of Darkness (R) Fri. (1:00, 1:30, 4:35) 7:05, 8:30, 10:15 Sat-Sun. (1:00, 1:30, 4:35) 7:00, 9:30, 9:45, 10:15 Sat-Sun. (1:00, 1:30) 4:35, 7:00, 7:30, 9:45, 10:15; From Paris with Love (R) Fri. (1:15, 4:45, 4:55) 7:15, 7:45, 9:30, 10:00 Sat-Sun. (1:15, 4:45) 4:15, 4:45, 7:15, 7:45, 9:30, 10:00; It’s Complicated (R) Fri. (1:50, 4:20) 7:05, 9:50 Sat-Sun. (1:50) 4:30, 7:10, 9:50; Legion (R) Fri. (1:25, 4:20) 7:15, 9:40 Sat-Sun. (1:25) 4:20, 7:15, 9:40, 11:15; The Lovely Bones (PG-13) Fri. (1:10, 4:10) 7:05, 10:05 Sat-Sun. (1:10) 4:10, 7:05, 10:05; Precious: Based on the Novel Push by Sapphire (R) Fri. (1:35, 4:40) 7:25, 9:55 Sat-Sun. (1:35) 4:40, 7:25, 9:55; Sherlock Holmes (PG-13) Fri. (1:20, 4:25) 7:20, 10:10; Tooth Fairy (PG) Fri. (1:30, 4:35) 7:10, 9:35 Sat-Sun. (1:30) 4:35, 7:10, 9:35; When in Rome (PG-13) Fri. (1:40, 4:30) 7:35, 9:50 Sat-Sun. (1:40) 4:30, 7:35, 9:50

KENSDINGTON

Ken  
4061 Adams Avenue (619-819-0236)
The Oscar® Nominated Short Films 2010: Animated (G or PG) - French Roast (France), Granny O’Griffin’s Sleeping Beauty (Ireland), The Lady and the Reaper (La Dama y la Muerte) (Spain), Logorama (Argentina), A Matter of Love and Death (U.K.), Partly Cloudy (U.S.A.), The Kinematograph (Nederland), Runaway (Canada) Fri. Mon.-Thu. 7:35, Sat. & Sun. (1:05) 3:15, 7:45, The Oscar® Nominated Short Films 2010: Live Action (NR) The Door (Ireland, in Russian), Instead of Abracadabra (Sweden), Kavi (India), Miracle Fish (Australia), The New Tenants (Denmark) Fri.-Mon. (5:25) 9:45, Sat. & Sun. (5:25) 9:45, PulP Fiction (R) Sat. 12:00 midnight

LA JOLLA

La Jolla 12  
8657 Villa La Jolla Drive (888-262-4386)
Avater, Crazy Heart; Dear John; Edge of Darkness; From Paris with Love; It’s Complicated; Percy Jackson and the Olympians: The Lightning Thief; Sherlock Holmes; Shutter Island; Up in the Air; Valentine’s Day; The Wolfman

La Jolla Village  
8879 Villa La Jolla Drive (619-819-0236)
The Last Station (R) Fri., Mon.-Thu. (1:50, 4:50) 7:00, 9:50, Sat. & Sun. (11:10) 1:50, 4:30, 7:10, 9:50; Creation (PG-13) Fri., Mon.-Thu. (1:30, 4:30) 7:20, 10:30, Sat. & Sun. (11:30) 2:30, 5:30, 8:30, 11:30; The Imaginarium Of Doctor Parnassus (PG-13) Fri., Mon.-Thu. (1:40, 4:20), 7:00, 9:40, Sat. & Sun. (11:00) 1:40, 4:20, 7:00, 9:40; The Young Victoria (PG) Fri., Mon.-Thu. (2:00, 4:40) 7:30, 10:00, Sat. & Sun. (11:20) 2:30, 4:40, 7:30, 10:00

MIRA MEA  
Mira Mesa 18  
6935 Waverly Parkway (800-326-3264)
Call theater for program information.

MISSION VALLEY

Fashion Valley 18  
7037 Friars Road (888-262-4386)
Avater, The Book of Eli; Dear John; Edge of Darkness; From Paris with Love; It’s Complicated; Percy Jackson and the Olympians: The Lightning Thief; Sherlock Holmes; Shutter Island; Tooth Fairy; Up in the Air; Valentine’s Day; When in Rome; The Wolfman

San Diego Reader February 18, 2010 113

Still throwing away $4 to rent a movie that sucks?

Let the torture end. There are over 7,000 movie reviews by Duncan Shepherd on our website. He’s watched them so you don’t have to. See how your favorite movie measures up. Log on to: www.sandiegoreader.com/movies
113-116  2/16/10  6:28 PM  Page 114

February 18, 2010

1:30, 4:00), 6:15, 8:30; Tue.: (11:00, 1:30, 4:00); 7:10, 9:55; Sat. & Sun.: (11:05), 1:40, 4:25, 7:10, 9:55; An Education (PG-13) Fri., Mon.–Thu.: (11:30, 1:30, 4:00, 7:00, 9:45; Sat. & Sun.: (10:55), 1:30, 4:15, 7:00, 9:45; The Seats That Move Your! (PG) Fri., Sat. & Sun.: (10:00, 1:00, 4:00, 7:00, 10:00).

Lightning Thief; Sherlock Holmes; Shutter Island; Valentine’s Day; Legion; Edge of Darkness; When in Rome; The Wolfman

114-115  2/16/10  6:28 PM  Page 115

Shutter Island (R) Fri. & Sat.: (12:00, 2:30, 4:30, 7:00, 10:00; Sun.: (12:30, 4:30, 7:30, 10:30, 1:00, 4:00, 7:00, 10:00); Percy Jackson & the Olympians: The Lightning Thief (PG) Fri. & Sat.: (11:00, 1:45, 4:30, 7:15, 10:00; Sun.: (11:00, 1:45, 4:30, 7:15, 10:00); Valentine’s Day (PG-13) Fri. & Sat. (11:30, 2:15, 5:00, 8:00, 10:15). The Wolfman (R) Fri. & Sat.: (12:15, 2:45, 5:15, 7:50, 10:25); The Book of Eli (R) Fri. (12:00, 2:35, 5:10) 7:45, 10:30 Sat. & Sun. (12:00, 2:35) 5:10, 7:45, 10:30; Ce- line: Through the Eyes of the World (Not Rated) Sat.-Sun. 2:00 pm.; Crazy Heart (R) Fri. (12:10, 2:45, 5:20) 8:00, 10:55 Sat.-Sun. (12:10, 2:45) 5:25, 8:00, 10:35; Dear John (PG-13) Fri. (12:05, 2:40, 5:15) 7:50, 10:25; Edge of Darkness (R) Fri.-Sun. (1:20) 7:00; From Paris with Love (R) Fri. (12:15, 2:35, 5:05) 7:35, 9:35 Sat.-Sun. (12:35, 2:35) 5:05, 7:35, 9:35; Legion (R) Fri.-Sun. 7:15, 10:05; Percy Jackson & the Olympians: The Lightning Thief (PG) Fri. (11:00, 1:40, 4:20, 4:20) 7:20, 7:45, 10:10, 10:35; Shutter Island (R) Fri. (1:00, 1:30, 4:05, 4:35) 7:10, 7:45, 10:15, 10:45 Sat.-Sun. (1:00, 1:30, 4:05, 4:35) 7:10, 7:40, 10:15, 10:45; Tooth Fairy (PG) (12:25, 2:30, 5:20) 7:55, 10:20 Sat.-Sun. (12:25, 2:30, 5:20) 7:55, 10:20; Valentine’s Day (PG-13) Fri. (12:15, 2:00, 3:30, 4:30)

115-116  2/16/10  6:28 PM  Page 116

Watch your friends blow up on the giant screen! Call of Duty: Modern Warfare 2 Tournament • Friday, 2/19 only!

UltraStar Poway • 13475 Poway Road. Registration begins at 9 pm, Tournament at 9:45 pm.
$20 through 2/18, $25 day of event. $3 spectator fee.
Killer prizes for 1st-4th place. Awesome raffle and giveaways.

Gaming Tournament on the GIANT Pure Digital Screen!
Shutter Island (R) Fri. & Sat. (11:00, 1:15, 4:45, 7:45, 10:45); Mon. & Tue.: (11:00, 1:15, 4:45, 7:45, 10:45); Sun.: (11:00, 1:15, 4:45, 7:45, 10:45); Mon. & Tue.: (11:00, 1:15, 4:45, 7:45, 10:45)

Dear John (PG-13) Fri. & Sat.: (11:00, 1:15, 4:45, 7:45, 10:45); Mon. & Tue.: (11:00, 1:15, 4:45, 7:45, 10:45)

Valentine’s Day (PG-13) Fri. & Sat.: (11:00, 1:15, 4:45, 7:45, 10:45); Mon. & Tue.: (11:00, 1:15, 4:45, 7:45, 10:45)

The Wolfman (PG-13) Fri. & Sat.: (11:00, 1:15, 4:45, 7:45, 10:45)

POWAY

Poway 10
13475 Poway Road (858-646-9423)

LA COSTA

La Costa 6
6941 El Camino Real (at Aviara/Alga) (760-399-4211)

Now Playing

Check local listings for theaters and showtimes

World (NR) Sat. & Sun.: 2:00 pm; Mon. & Tue.: 7:30 pm; Mon. & Tue.: 7:30 pm; Mon. & Tue.: 7:30 pm; Mon. & Tue.: 7:30 pm; Mon. & Tue.: 7:30 pm; Mon. & Tue.: 7:30 pm; Mon. & Tue.: 7:30 pm; Mon. & Tue.: 7:30 pm; Mon. & Tue.: 7:30 pm

POWAY

POWAY

POWAY

POWAY

POWAY

POWAY

POWAY

POWAY

POWAY
MOLLY RHIANNON STONE  
10th grader, Waldorf School  
I'm the biggest fan of the blockbuster movies Titanic and Pearl Harbor. These films feature great love stories and historical moments that keep you deeply involved. James Cameron, the director of Titanic, did a wonderful job. The scenery and the acting were spectacular. Leonardo DiCaprio and Kate Winslet play the lovers. Not only was the movie amazing, but also the music was great. The music, composed by James Horner, was filled with heartfelt emotion.

Michael Bay did a perfect job directing Pearl Harbor. Like Titanic, the scenery and acting were amazing. Pearl Harbor starred Ben Affleck, Josh Hartnett, and Kate Beckinsale as three lovers during the time of the bombing of Pearl Harbor. Hans Zimmer did a spectacular job composing the score!

TITANIC (USA) 1997, Paramount  
List price: $14.98

PEARL HARBOR (USA) 2001, Touchstone/Disney  
List price: $19.99

MAKI SUZUKI  
10th grader, Waldorf School

Imagine one of the oldest stories in your village is about a majestic castle in the sky hidden among the clouds and protected by lightning. That's what I believed ever since I saw Castle in the Sky at age three. The film made me want to be adventurous. Another amazing part of this film is the music. The theme is sad but hopeful. Even though it's simple, it still makes my heart squeeze.

When I first saw Princess Mononoke, I was so worn out with excitement and wonder about the forest gods that ruled over nature that I couldn't sleep. As I noticed the world around me, I started to view this film differently. The theme music is very heartwarming and deep; it brings you to a state of peace. Most of all Miyazaki's films have some deep occult secrets that are powerful to me and will forever capture my heart.

CASTLE IN THE SKY (Japan) 1986, Disney  
List price: $29.99

PRINCESS MONONOKE (Japan) 1997, Disney  
List price: $23.99

To get an online version of this column, go to sdreader.com

evance. Tarantino is, to speak, a man who loves to hear himself write. One of the inherent perils of this verbal exhibitionism, though, is the tendency to fall into the sentimentality of the "colorful" character (the mystical hitman, the human pincushion with eighteen ring-holes from ear to nose to, for instance, a vengeful cop) such that Tarantino seems at times to be cultivating a new idiom, a new milieu, in which to transplant the term “Runyon-esque”: more colorful, more florid, more lurid. And hence more sentimental, inverted and twisted though the sentiment may be. There are plenty of things to snicker and chuckle (nothing heartier) along the way, especially in the long interlude subitled “Vincent Vega and Marcellus Wallace’s Wife.” There are plenty of other things merely to wince and grimace at. John Travolta, Samuel L. Jackson, Uma Thurman, Bruce Willis. 1994. 

St John of Las Vegas — Reviewed this issue. With Steve Buscemi, Romany Malco, Salma Silverman, and Peter Dinklage: written and directed by Hue Rhodes.  
LA JOLLA VILLAGE, THROUGH 2/14

Sherlock Holmes — Horrors! A Sherlock Holmes for the 21st Century, a man of action, a martial artist, more of a 19th-century James Bond or alternatively an urban Wild Wild West-er, with a pretty-boy Dr. Watson (Jude Law) and a megalomaniacal archenemy (Mark Strong) who foretells “a journey that will twist the very fabric of nature,” not to mention the re-colonization of America. The worst of it, worse than the hero’s unseemly number of brushes with death or his embarrassing gullibility to feminine wiles, worse even than the blankeying darkness and the teeth-ratling sound and music imposed by director Guy Ritchie, is the insouciance of Robert Downey, Jr. (never mind his bad accent) in the title role. In a rare bow to discretion, he at least lays off the cocaine. Rachel McAdams, Eddie Marsan. 2009.

FASHION VALLEY 18: HORTON PLAZA 14: LA JOLLA 12: LA PALMA; TOWN SQUARE 24

Shutter Island — Martin Scorsese’s fifth feature thriller from a Dennis Lehane novel, with Leonardo DiCaprio, Mark Rufalo, Ben Kingsley, Michelle Williams.  
(CARMEL MOUNTAIN 14; CHULA VISTA 10; DEL MAR HIGHLANDS 8; FASHION VALLEY 18: GASSLEE 16; VALLEYSIDE 12; GROSSMONT CENTER 10; LA COSTA 6; LA JOLLA 12: MISSION MARKETPLACE 13; MISSION VALLEY 7; MISSION VALLEY 20; OTAY RANCH 12; PALM PROMENADE 24; PLAZA BONITA 14; POWAY 10; RIVER VILLAGE 6; SANTE FE DRIVE 4; TOWN SQUARE 14)

When in Rome — Frightfully unfunny romantic comic fantasy revolving around a junior curator at the Guggenheim, a single girl in Rome for her younger sister’s wedding, who does as the Romans do not: pilfering five coins from the Fontana d’Amore and in magical consequence drawing their last owners to her like a magnet. If nothing else, with creamy-dreamy cinematography by John Bailey, this serves as a test of whether or not the cliqued and chelled Kristen Bell (Forgetting Sarah Marshall, Couples Retreat, etc.) can carry a movie by herself, albeit only a balsa-light one. Rock- less would it be to offer, the results, to repeat the experiment taking away the helpful hand of the casually confident Josh Duhamel or adding a bunny pin of extra weight. With Angelica Huston, Danny DeVito, Jon Heder, Will Arnett, Dax Shepard, Alexis Dziena, and Don Johnson; directed by Mark Steven Johnson. 2010.

(CARMEL MOUNTAIN 14; DEL MAR HIGHLANDS 8; FASHION VALLEY 18: HORTON PLAZA 14; MISSION VALLEY 7; MISSION VALLEY 20; OTAY RANCH 12; PALM PROMENADE 24; PLAZA BONITA 14; TOWN SQUARE 14)

The White Ribbon — In starchy, flat, monotonous black-and-white, Michael Haneke details the unsettling goings-on — unsetlement being Haneke’s staff of life — in a Protestant town in northern Germany in the year leading up to the First World War. If the reassuring narrator, in old man’s voice, hadn’t honestly lavished at one point that the events “could perhaps clarify some things that happened in this country” — presumptuously things that happened in the lead-up to the Second World War — it is doubtful whether the viewer would find much significance in the goings-on or would be much disposed to search for some. They’d be dispensed over a two-and-a-half hour time, such that there’s a disconnectedness about them and little tension or suspense in between. In the end, it’s difficult to escape the feeling that the whole infested village couldn’t just as well be plunked down in Sweden or Holland. And what would be the significance of that? Christfried. Leonie Bensche, Ulrich Tukur, Burghart Klaussner, Rainer Bock. 2009. 

HILLCREST CINEMAS

The Wolfman — Reviewed this issue. With Benicio Del Toro, Anthony Hopkins, Emily Blunt, and Hugo Weaving; directed by Joe Johnston.  
(CARMEL MOUNTAIN 14; CHULA VISTA 10; DEL MAR HIGHLANDS 8; FASHION VALLEY 18; GASSLEE 16; GROSSMONT CENTER 10; LA COSTA 6; LA JOLLA 12; MISSION MARKETPLACE 13; MISSION VALLEY 7; MISSION VALLEY 20; OTAY RANCH 12; PALM PROMENADE 24; PLAZA BONITA 14; POWAY 10; RIVER VILLAGE 6; TOWN SQUARE 14)

The Young Victoria — And the young Albert. (Psst, wanna see the Queen in her petticoats?) The story of the first occupant of the spanking new Buckingham Palace is a story of protofeminist liberation — “Even a palace can be a prison” — and a testament to the capacity of British speshuks, specifically Emily Blunt, Rupert Friend, Paul Bettany, Miranda Richardson, Mark Strong, Harriet Walter, Jim Broadbent, among others, to play any dry and droopy history lesson so as if it were Shakespeare. The rather bland love story ultimately nudges out the pungent family relations, and even the goose bumps come courtesy of Handel and Sweden or Holland. And what would be the significance of that? Christfried. Leo Bense, Ulrich Tukur, Burghart Klaussner, Rainer Bock. 2009. 

HILLCREST CINEMAS

The Animatrix — A comedown from Jason Reitman’s auspicious first two features, Thank You for Smoking and Juno, narrowly centered as it is on a narrowly self-centered hero, a travelling corporate downsizer, a hired hatchet man, now a potential dinosaur whose way of life is threatened — by long-distance terminations via the innovation of video conferencing — before he can reach his lonely life’s goal of becoming just the seventh man in history, and the youngest ever, to log ten million air miles and to reap the benefits that come with that milestone. The stumpy unsmack of a back-sliding George Clooney, back at least as far as Danny Ocean if not all the way to Dr. Ross on ER, makes him an unlikely candidate to be handing out pink slips, unless as a grotesque expressionistic subjective projection of the pink-slip recipients. The recipients themselves, while widely varied in type, many of them having been downsized in real life, are for the most part penned up in bumi-rush montages. And the movie overall seems to share rather too much of the protagonist’s gibbosity and frigidity. Waiting for a crack to appear in his façade is a sufficiently conventional plot hook, and patching up the crack afterwards is an insufficiently unconventional ending. Vera Farmiga, Anna Kendrick, Jason Bateman, Melanie Lynskey, Danny McBride. 2009.

(CARMEL MOUNTAIN 14; FASHION VALLEY 18; GASSLEE 16; LA JOLLA 12; LA PALMA; TOWN SQUARE 24)


(CARMEL MOUNTAIN 14; CHULA VISTA 10; DEL MAR HIGHLANDS 8; FASHION VALLEY 18; GASSLEE 16; GROSSMONT CENTER 10; LA COSTA 6; LA JOLLA 12; MISSION MARKETPLACE 13; MISSION VALLEY 7; MISSION VALLEY 20; OTAY RANCH 12; PALM PROMENADE 24; PLAZA BONITA 14; POWAY 10; RIVER VILLAGE 6; SANTE FE DRIVE 4; TOWN SQUARE 14)
HELP WANTED

HELP WANTED

COMPANION HELPER FOR ELDERLY
You will be working as a companion helper. Tasks include: Socializing, housekeeping, meals and other assistance to a senior in their home. Excellent pay. Call 858-793-2669.

HELP WANTED

CALL CENTER DISPATCHERS

RETAIL

TARGET LEADERS (store/department managers), Lead teams that provide fast, fun and friendly service to Target guests, both face-to-face and by supporting sales floor teams. Apply online. $9-$15/hour. Job opportunities nationwide. Apply online at Target.com/careers or visit Target store for more info.

HELP WANTED

RESEARCH STUdIES

FOR RESEARCH PARTICIPANTS: Hospices, Health Care, Universities, and Consumer Product Companies. 10-15 hours/week required. Make up to $30/hour. Call 858-836-4663.

HELP WANTED

SALEs

MARKETING

APPOINTMENT SCHEDULE: $15/hour plus expenses. Come work for top retail business-to-business via phone, no selling. Mon.-Fri. During normal business hours at contact information. E-mail all resumes to info@TheTailorInc.com. Call 619-257-5757.

HELP WANTED

RESEARCH STUDIES

PAY RESEARCH STUDY

Volunteers, UCSD Department of Psychiatry. Anxiety, Stress, Pain Sensitivity. Male or female. 18-65 years of age. You must have been diagnosed with PTSD, another anxiety disorder or do not have anxiety but would like to participate in research and are otherwise healthy. Please call for more information. You will be reimbursed a total of $45. 858-534-2671.

HELP WANTED

MISCELLANEOUS


HELP WANTED

RESEARCH STUDIES

UNEMPLOYED VETERANS

You may be eligible: Job search/research, preparation, placement assistance, support services, job-related clothing/toothbrushes. $150/month. Call 619-444-7876.

HELP WANTED

RESEARCH STUDIES

CUSTOMIZED EMPLOYMENT Program placements for adults separated within the last 48 months. Space is limited. Contact: 858-793-5110.

HELP WANTED

RESEARCH STUDIES

DONATE QUALIFIED PLASMA

Earn money every week. Requirements: 16+ years old, good health, proof of Social Security number, proof of current address, current photo ID. Bring in this ad and receive a $50 donation! Octapharma Plasma, 3323 Duke Street, San Diego (off Midway).

HELP WANTED

RESEARCH STUDIES

INCOME SALES. Great money your community's opportunity! Earn 10% on each sale. We train you! Sale is easy! We give you the product! You keep 70% of your sales. Low start-up cost. 800-486-7204.

HELP WANTED

RESEARCH STUDIES

INSIDE SALES. Great money your community's opportunity! Earn 10% on each sale. We train you! Sale is easy! We give you the product! You keep 70% of your sales. Low start-up cost. Contact us now! 858-380-7974.

HELP WANTED

RESEARCH STUDIES

SALES OPPORTUNITY!

Call today to find out how you can earn up to $250K a year? Live the life you’ve always dreamed about. Start: 858-380-7974.

HELP WANTED

RESEARCH STUDIES

INTERNET SALES. Home-based business opportunity. Company wants you to earn up to $250K a year! Live the life you’ve always dreamed about. Start: 858-380-7974.

HELP WANTED

RESEARCH STUDIES


HELP WANTED

RESEARCH STUDIES

PART-TIME SALES.

Great pay! Excellent Flexible hours. 858-635-1099.

HELP WANTED

RESEARCH STUDIES

RESEARCH ASSISTANTS.

Hire today! Work at home. Call now! 858-635-1099.

HELP WANTED

RESEARCH STUDIES

RESEARCH ASSISTANTS.

Flexible schedule. Earn up to $250K a year! Live the life you’ve always dreamed about. Start: 858-380-7974.

HELP WANTED

RESEARCH STUDIES

RESEARCH ASSISTANTS.

Immediate sales opportunities! We are an established, family owned and operated business with a 30+ year history. We sell the best in color printing and office products. No experience necessary. Call now! 858-297-6480.

HELP WANTED

RESEARCH STUDIES

RESEARCH ASSISTANTS.

Immediate sales opportunities! We are an established, family owned and operated business with a 30+ year history. We sell the best in color printing and office products. No experience necessary. Call now! 858-297-6480.

HELP WANTED

RESEARCH STUDIES

RESEARCH ASSISTANTS.

Immediate sales opportunities! We are an established, family owned and operated business with a 30+ year history. We sell the best in color printing and office products. No experience necessary. Call now! 858-297-6480.

HELP WANTED

RESEARCH STUDIES

RESEARCH ASSISTANTS.

Immediate sales opportunities! We are an established, family owned and operated business with a 30+ year history. We sell the best in color printing and office products. No experience necessary. Call now! 858-297-6480.

HELP WANTED

RESEARCH STUDIES

RESEARCH ASSISTANTS.

Immediate sales opportunities! We are an established, family owned and operated business with a 30+ year history. We sell the best in color printing and office products. No experience necessary. Call now! 858-297-6480.

HELP WANTED

RESEARCH STUDIES

RESEARCH ASSISTANTS.

Immediate sales opportunities! We are an established, family owned and operated business with a 30+ year history. We sell the best in color printing and office products. No experience necessary. Call now! 858-297-6480.

HELP WANTED

RESEARCH STUDIES

RESEARCH ASSISTANTS.

Immediate sales opportunities! We are an established, family owned and operated business with a 30+ year history. We sell the best in color printing and office products. No experience necessary. Call now! 858-297-6480.

HELP WANTED

RESEARCH STUDIES

RESEARCH ASSISTANTS.

Immediate sales opportunities! We are an established, family owned and operated business with a 30+ year history. We sell the best in color printing and office products. No experience necessary. Call now! 858-297-6480.

HELP WANTED

RESEARCH STUDIES

RESEARCH ASSISTANTS.

Immediate sales opportunities! We are an established, family owned and operated business with a 30+ year history. We sell the best in color printing and office products. No experience necessary. Call now! 858-297-6480.

HELP WANTED

RESEARCH STUDIES

RESEARCH ASSISTANTS.

Immediate sales opportunities! We are an established, family owned and operated business with a 30+ year history. We sell the best in color printing and office products. No experience necessary. Call now! 858-297-6480.

HELP WANTED

RESEARCH STUDIES

RESEARCH ASSISTANTS.

Immediate sales opportunities! We are an established, family owned and operated business with a 30+ year history. We sell the best in color printing and office products. No experience necessary. Call now! 858-297-6480.

HELP WANTED

RESEARCH STUDIES

RESEARCH ASSISTANTS.

Immediate sales opportunities! We are an established, family owned and operated business with a 30+ year history. We sell the best in color printing and office products. No experience necessary. Call now! 858-297-6480.

HELP WANTED

RESEARCH STUDIES

RESEARCH ASSISTANTS.

Immediate sales opportunities! We are an established, family owned and operated business with a 30+ year history. We sell the best in color printing and office products. No experience necessary. Call now! 858-297-6480.

HELP WANTED

RESEARCH STUDIES

RESEARCH ASSISTANTS.

Immediate sales opportunities! We are an established, family owned and operated business with a 30+ year history. We sell the best in color printing and office products. No experience necessary. Call now! 858-297-6480.

HELP WANTED

RESEARCH STUDIES

RESEARCH ASSISTANTS.

Immediate sales opportunities! We are an established, family owned and operated business with a 30+ year history. We sell the best in color printing and office products. No experience necessary. Call now! 858-297-6480.

HELP WANTED

RESEARCH STUDIES

RESEARCH ASSISTANTS.

Immediate sales opportunities! We are an established, family owned and operated business with a 30+ year history. We sell the best in color printing and office products. No experience necessary. Call now! 858-297-6480.

HELP WANTED

RESEARCH STUDIES

RESEARCH ASSISTANTS.

Immediate sales opportunities! We are an established, family owned and operated business with a 30+ year history. We sell the best in color printing and office products. No experience necessary. Call now! 858-297-6480.

HELP WANTED

RESEARCH STUDIES

RESEARCH ASSISTANTS.

Immediate sales opportunities! We are an established, family owned and operated business with a 30+ year history. We sell the best in color printing and office products. No experience necessary. Call now! 858-297-6480.

HELP WANTED

RESEARCH STUDIES

RESEARCH ASSISTANTS.

Immediate sales opportunities! We are an established, family owned and operated business with a 30+ year history. We sell the best in color printing and office products. No experience necessary. Call now! 858-297-6480.
HELP WANTED
SECURITY

Security Guards needed for prestigious downtown San Diego sites. Must be customer-service oriented, computer literate, and have excellent communication skills. All shifts available. High school diploma/ GED. Apply online now! www.securityguards.com or call (858) 244-1896; e-mail: DG_GuardRecruiting@GMIweb.com. Licenses required for certain shifts.

HELP WANTED
TRADES/LABOR

Assistant Housekeeping Manager, $14.36-$17.95/ hour. Must have at least 2 years' experience in a fast-paced hotel or healthcare environment. Must speak English. High school graduate or GED. Apply online: www.optimumhealth.org or in person at 9665 Granite Ridge Drive, Suite 310, San Diego 92123. 858-634-5519.

Personal Fitness Trainer and Hypnotherapist programs.

You’ve been promising yourself a new career—
Mueller College has new programs!

For the first time in its 33-year history, Mueller College has added to its well-known massage and bodywork programs by offering Personal Fitness Trainer and Hypnotherapist programs.

Hypnotherapist

- Learn how to open your own practice as a professional hypnotherapist
- Get real-world experience and start building your client base before you graduate
- Have fun while becoming a life-management expert
- Our experienced practicing hypnotherapists are ready to show you how to gain the success you have been looking for
- Picture yourself helping others to achieve their personal goals, while achieving your own!

Personal Fitness Trainer

- Learn to be a fitness professional in just one year!
- Learn from industry pros like Mr. Olympia Jay Cutler at our exclusive Boot Camp in Las Vegas
- Learn by doing – you will be working with real clients in real fitness institutions
- Prepare to pass the highly-sought-after NSCA certification to give you an edge in the market
- Our experienced trainers will give you the real-world experience to manage your career like a pro!

Massage/Holistic Health

- Be your own boss in as little as 9 months!
- Start working with actual clients while still in school – build your practice as you learn
- Learn from Holistic Health Practitioners, doctors and other practicing professionals
- Gain experience in our Community Wellness Center
- Three in-depth programs available:
  - Holistic Health Practitioner
  - Massage Therapist - Asian Modalities
  - Massage Therapist - Western Modalities

TO TRAIN FOR A NEW CAREER NOW, TEXT “CAREER” TO 88467

Standard text messaging rates may apply.
FIRST STEP TOWARDS YOUR NEW CAREER
Train to become a Dental Assistant in only 8 months!*

Also training:
- Medical Assistant
- Medical Administration/Insurance
- Pharmacy Technician
- Computerized Office/Accounting

Valley Career College
878 Jackman St. • El Cajon
1 block west of Parkway Plaza
619-593-5111
valleycareercollege.com

Financial Aid Available (if qualified)
Approved for WIA, T.R.A., VA benefits
Day & Evening Classes • Job Placement Assistance
*Evening classes in 9 months
Enough with the Excuses!

At Kaplan College you could train for a new career in less time than you think.
Career Placement Assistance • High School Diploma or GED Required

CALL NOW FOR A BROCHURE!
800-983-8644 Dept. 682
www.KaplanCollege.com

KAPLAN COLLEGE
San Diego Campus
Vista Campus
Chula Vista Campus

UEI COLLEGE
IS PROUD TO
ANNOUNCE OUR NEWEST
CAMPUS IN SAN MARCOS

Train for careers in:

- Business Management – AAS Degree Program*
- Medical Assistant
- Dental Assistant
- Massage Therapy*
- Pharmacy Technician*
- Medical Billing & Insurance Coding
- Business Office Administration
- Computer Systems Technician
- Criminal Justice**

CALL TODAY
888-784-1683
WWW.TRANSFERTOUEICOLLEGE.COM

NOW SERVING THE
NORTH COUNTY AREA

* Length of Programs May Vary
** HS Diploma/GED Required
Give us 8 months

We’ll give you a career
Train to become a Medical Assistant.

We also train for
» Massage Therapy*
» Business Office Administration
» Medical Billing & Insurance Coding
» Dental Assistant
» Pharmacy Technician*
» Computer Systems Technician
» Business Management–AAS Degree Program*
» Criminal Justice**

www.infofromuei.com

Call Today!
877.749.6433

UEI College
Chula Vista / San Diego / San Marcos, CA

Not All Programs Available at All Campuses
Financial Aid Available if Qualified
Lifetime Job Placement Assistance
* Length of Programs May Vary
* HS Diploma/GED Required

PLATT COLLEGE


CALIFORNIA MEDICAL COLLEGE


BUSINESS OFFICE ADMINISTRATION. Business Admin. UEI also offers programs for Pharmacy Technician, Dental Assistant, Medical Billing, Massage Therapy, Computer Systems Technician, Approved Veterans. 310 3rd Avenue, Suite C, Chula Vista 91910. Call today! 1-877-706-1915. Visit our website: www.infofromuei.com

CHULA VISTA / SAN DIEGO / SAN MARCOS, CA

Follow us on Facebook, Twitter, YouTube, and LinkedIn! www.linkedin.com/company/uei-college

BECOME A BARTENDER! Chula Vista / San Diego / San Marcos, CA

Not All Programs Available at All Campuses
Financial Aid Available if Qualified
Lifetime Job Placement Assistance
• No Experience Necessary
• Must Have High School Diploma/Equivalent

Call for details:
Family Health Services
619.955.1007
www.familyservices.com
BPVE Register #3708721

BECOME A BARTENDER! North County’s only Professional Bartenders School
Offering 1 and 2 week courses, weekend classes and job placement opportunities. www.probartendingschool.com Call today! 760-471-5500.

BECOME A CERTIFIED NURSING Assistant in 24 days! Lowest tuition in San Diego. Must have High School degree or GED. 90% passing and typing test. Next classes start March 15. Financing available. 7750 Dagget Street, #101, San Diego, CA 92111. Fig info@CMCSanDiego.com

BECOME A NURSING Assistant in 24 days! Lowest tuition in San Diego. Must have High School degree or GED. 90% passing and typing test. Next classes start March 15. Financing available. 7750 Dagget Street, #101, San Diego, CA 92111. Fig info@CMCSanDiego.com


COMPUTERIZED OFFICE. Co-Ed, 2 week. Specializing in Medical, Nursing, and Dental. Small classes, financial aid available, veterans accepted. Call 877-354-1507.


COMPUTER SYSTEMS TECHNICIAN. UEI also offers programs for Pharmacy Technician, Dental Assistant, Medical Billing, Massage Therapy, Computer Systems Technician, Job Placement Assistance, Financial Aid (if qualified). United Education Institute, Kearny Mesa, San Diego. Visit: www.coleman.edu, and call 800-430-2030.


DENTAL ASSISTANT.

Best value guaranteed. Call 888-588-7537. www.CMCSanDiego.com


COMPUTERIZED OFFICE. Co-Ed, 2 week. Specializing in Medical, Nursing, and Dental. Small classes, financial aid available, veterans accepted. Call 877-354-1507.


COMPUTER SYSTEMS TECHNICIAN. UEI also offers programs for Pharmacy Technician, Dental Assistant, Business Office Administration, Massage Therapy, Medical Billing & Insurance Coding, Computer Systems Technician, Approved Veterans. 310 3rd Avenue, Suite C, Chula Vista 91910. Call today! 1-877-706-1915. Visit our website: www.infofromuei.com

BECOME A BARTENDER! North County’s only Professional Bartenders School
Offering 1 and 2 week courses, weekend classes and job placement opportunities. www.probartendingschool.com Call today! 760-471-5500.

BECOME A CERTIFIED NURSING Assistant in 24 days! Lowest tuition in San Diego. Must have High School degree or GED. 90% passing and typing test. Next classes start March 15. Financing available. 7750 Dagget Street, #101, San Diego, CA 92111. Fig info@CMCSanDiego.com

BECOME A NURSING Assistant in 24 days! Lowest tuition in San Diego. Must have High School degree or GED. 90% passing and typing test. Next classes start March 15. Financing available. 7750 Dagget Street, #101, San Diego, CA 92111. Fig info@CMCSanDiego.com


COMPUTERIZED OFFICE. Co-Ed, 2 week. Specializing in Medical, Nursing, and Dental. Small classes, financial aid available, veterans accepted. Call 877-354-1507.


COMPUTER SYSTEMS TECHNICIAN. UEI also offers programs for Pharmacy Technician, Dental Assistant, Business Office Administration, Massage Therapy, Medical Billing & Insurance Coding, Computer Systems Technician, Approved Veterans. 310 3rd Avenue, Suite C, Chula Vista 91910. Call today! 1-877-706-1915. Visit our website: www.infofromuei.com

BECOME A BARTENDER! North County’s only Professional Bartenders School
Offering 1 and 2 week courses, weekend classes and job placement opportunities. www.probartendingschool.com Call today! 760-471-5500.

BECOME A CERTIFIED NURSING Assistant in 24 days! Lowest tuition in San Diego. Must have High School degree or GED. 90% passing and typing test. Next classes start March 15. Financing available. 7750 Dagget Street, #101, San Diego, CA 92111. Fig info@CMCSanDiego.com

BECOME A NURSING Assistant in 24 days! Lowest tuition in San Diego. Must have High School degree or GED. 90% passing and typing test. Next classes start March 15. Financing available. 7750 Dagget Street, #101, San Diego, CA 92111. Fig info@CMCSanDiego.com


COMPUTERIZED OFFICE. Co-Ed, 2 week. Specializing in Medical, Nursing, and Dental. Small classes, financial aid available, veterans accepted. Call 877-354-1507.


COMPUTERS, BUSINESS, Accounting, Day, evening, and online classes start soon! Also offered: Medical Assisting, Respiratory Therapy, X-ray technology (limited scope), Lab Technology, Pharmacy Technology, Healthcare Administration, Medical Coding/Billing, Medical Office Administration, Radiological Specialties, Medical Office Administration. Associate's degrees, Certifications and Licenses, Programs approved for Veterans. Accredited member ACCSC. See Job Giant, page 5. Job placement assistance for graduates, financial aid (if qualified). Valley Career College, 878 Jackman Street, El Cajon, 1 block west of Parkway Plaza, 619-593-5111.

ValleyCareerCollege.com.


COSMETOLOGY. The beauty industry offers you the personal freedom and financial rewards you desire! Full-time day or part-time evening training, with classes starting year-round. Financial Aid available for those who qualify. We guarantee a 5-minute, stress-relieving scalp treatment with every haircut or your haircut is free! We do great color, brilliant highlights, full head bleaches, perms and waves, prom and bridal up-style, relaxers and more! Appointments available Monday through Saturday. All services performed by students under the supervision of an instructor. Paul Mitchell The School—San Diego, 410 A Street, San Diego 92101. 619-398-1590. www.pmtssandiego.com.


COSMETOLOGY. The beauty industry offers you the personal freedom and financial rewards you desire! Full-time day or part-time evening training, with classes starting year-round. Financial Aid available for those who qualify. We guarantee a 5-minute, stress-relieving scalp treatment with every haircut or your haircut is free! We do great color, brilliant highlights, full head bleaches, perms and waves, prom and bridal up-style, relaxers and more! Appointments available Monday through Saturday. All services performed by students under the supervision of an instructor. Paul Mitchell The School—San Diego, 410 A Street, San Diego 92101. 619-398-1590. www.pmtssandiego.com.


COSMETOLOGY. The beauty industry offers you the personal freedom and financial rewards you desire! Full-time day or part-time evening training, with classes starting year-round. Financial Aid available for those who qualify. We guarantee a 5-minute, stress-relieving scalp treatment with every haircut or your haircut is free! We do great color, brilliant highlights, full head bleaches, perms and waves, prom and bridal up-style, relaxers and more! Appointments available Monday through Saturday. All services performed by students under the supervision of an instructor. Paul Mitchell The School—San Diego, 410 A Street, San Diego 92101. 619-398-1590. www.pmtssandiego.com.


COSMETOLOGY. The beauty industry offers you the personal freedom and financial rewards you desire! Full-time day or part-time evening training, with classes starting year-round. Financial Aid available for those who qualify. We guarantee a 5-minute, stress-relieving scalp treatment with every haircut or your haircut is free! We do great color, brilliant highlights, full head bleaches, perms and waves, prom and bridal up-style, relaxers and more! Appointments available Monday through Saturday. All services performed by students under the supervision of an instructor. Paul Mitchell The School—San Diego, 410 A Street, San Diego 92101. 619-398-1590. www.pmtssandiego.com.
AZUSA PACIFIC UNIVERSITY
GRADUATE SCHOOL OF THEOLOGY

Augie Barajas, M.Div. ’07
Pastor, Victory Outreach of Eagle Rock, California

LESSON LEARNED: God transcends borders.

MY STORY: When I was a teenager in Mexico City, my family attempted to escape extreme poverty by immigrating to Los Angeles. This began a journey that would one day lead me across more borders—to Africa.

To learn more about Augie’s inspiring story and explore APU’s graduate theology programs:

www.apu.edu/explore/theology

CALL (800) TALK-APU

EMAIL agilbert@apu.edu
**MASSAGE THERAPIST LICENSE**


**MASSAGE THERAPY**


---

**You Can Make More Money**

Accountants make $59,430* & Financial Analysts make $73,150*


**BUSINESS & ACCOUNTING**

Courses in:
- Business Management, Accounting
- Office Management, Administration Asst.
- Desktop Publishing, Database Management
- Tax Planning/Preparing, Internet Commerce
- Preparation for Certifications/Licenses

Degree Programs in Medical and Graphic Arts also available.

- Financial Aid Available for Qualified Students
- Associate’s, Bachelor’s & Master’s Degrees
- Employment Assistance for Graduates
- Preparation for Certifications & Licenses
- Accredited Member ACCSC
- Programs Approved for Veterans
- Evening, Day & Online Classes Start Next Month

We make it easy to start college — Call Now!

1-800-808-0074
www.californiacollege.info

**Network & Computer Systems Administrators make $66,310**

“Employment is expected to grow much faster than the average, and job prospects should be excellent.” — U.S. Bureau of Labor Statistics

**COMPUTERS**

Courses in:
- Networking, Web Page Design
- Programming, Computer Technology
- Systems Administration, Visual/C++
- Internet Programming, Telecommunications
- Preparation for Certifications/Licenses

LAPTOP COMPUTER!

Use it in college and keep it when you graduate.

Certain restrictions apply. Call for details.


MEDICAL BILLING/ CODING. Comprehensive course offers the skills needed to solve insurance billing and coding problems. Comply with insurance claim forms, handle denials and appeals, and perform claims processing. CPT Coding Book (Introduction and Hospital Procedure Coding), The HCPCS Coding Manual for Supplies, Learning the rules and regulations of the basic third party payer, insurance claims, and reimbursement. Includes a computer lab module that simulates working at a doctor’s office using the computer, beginning with making appointments right through sending claim forms and patient bills. Course length: 12 weeks. Tuition assistance available for those eligible. Villa Del Rey/Carmont Mesa Boulevard #103, San Diego, 92111. 619-565-0663. www.votectraining.com.


CHOSEN JOURNEYS. A collection of stories. For the rest of their lives. So, to be present and see what was going on at that time would be really invaluable. I’d want to know about that.

Yo. I’ve probably ruined a few friendships because I don’t really remember.
Astound your friends & become famous!

THE READER PUZZLE:

RULES OF THE GAME

1) Submit your completed puzzle to the Reader each week for our ongoing contest! We keep track of each puzzle you successfully complete and the results are posted online each week to sandiegoreader.com. But your submission will only be counted when you successfully complete a puzzle and get it to us by 7:00 a.m. Monday.

2) One of the first 125 people who submit the correct answers to one of the puzzles and we will print your name in the paper along with your brief message (30 words or less, no URLs or phone numbers). Entries must include a message. This is a great way to express yourself. You may submit a new message weekly. We reserve the right to edit or reject inappropriate text.

3) The puzzle-contest ranking, shown online and in the paper, will begin anew every three months. Complete the journey four times a year!

4) Entries must be faxed to 619-231-0489 or 619-233-7907 or mailed to Reader Puzzle, P.O. Box 85803, San Diego, CA 92108-5803, or delivered through our mail slot at 1703 India Street in Little Italy, or scanned and e-mailed to: puzzles@sdrreader.com. Submissions by e-mail must be attached in .PDF format. 800 by 800 pixels, maximum file size of 1MB. Submissions that don’t fit the format will not be counted or viewed.

5) 10 Reader T-shirts are awarded weekly to contenders chosen randomly!

And now for the really small print:
1) All answers must be legible and readable.
2) Late entries will not be considered.
3) Employees of the Reader and their immediate families are not eligible.
4) 10-20 years will not be considered.
5) We cannot accept your entry if it is not legible and readable.
6) All answers must be legible and readable.
7) Employees of the Reader and their immediate families are not eligible.

Across
1. Heavyweight champ Willard
2. Twinkie alternative
3. Suffix with Kafka
4. New message weekly. We reserve the right to edit or reject inappropriate text.
5. Drop a bit
6. “Wow!”

Down
1. Kids
2. Cary of “The Princess Bride”
3. Touristy town in Tuscany
4. “Thanks, but ___”
5. “In ___ of”
6. “Wot!”

We cannot accept your entry without the following:

Name: __________________________
Address: __________________________
Neighborhood/City: __________________________
State: __ Zip Code: ____________
Circle T-shirt size:   L   XL

SOLUTION TO LAST WEEK’S PUZZLE:


This week’s contenders:

Shelia Agahan-Price, Oceanside, 6. Welcome Adolfo and Rebekah Ortiz
Ron Albers, Sabre Springs, 6. I’m glad I don’t live back east.
Lucy Alderson, Chula Vista, 6. I’m equal mental aerobics.
Mary Arana, Encinitas, 6. What happened last week?! Hi Charles
Leo Baggery, Encinitas, 6. Why not?
Thomas Baggot, Carlsbad, 6. It’s a great way to express yourself.
Charlotte Brown, Clairemont, 6. There you go again.

Eric Cash, Escondido, 6. I’m glad I don’t live back east.
Leslie Chase, Campo, 6. Hi! My Valentine’s Day. Sweet orange day.
Joseph Ciprian, Little Italy, 6. My friends are the most stupitd people I know.
Betsy Cory, Chula Vista, 6. You’re in a jam, Bred, or a 6 Red
Craig Curtis, Escondido, 6. Cold weather is a bummer.
Richard Hatchings, Santee, 6. Global warming is a hot topic.
Harry Engle, La Jolla, 6. Hi to UBN Gang.

D. Faulkner, University Heights, 6. Move your body, ride your bike.
Jacque Glick, El Cajon, 6. Hope I’m not too late!
Iggie Guerrero, Bay Ho, 6. God bless our troops.
Ellie Hoey, Spring Valley, 6. I love New York.
Richard Hatchings, Santee, 6. Global warming is a hot topic.
Thomas McVeagh, Lakeside, 6. I’m going to Disneyland!
William Cushing, Rancho Bernardo, 6. Happy birthday, Tyler
Dale Duffalo, La Jolla, 6. IKO, IKO, OOGa, let’s eat already!
Harry Engle, La Jolla, 6. Hi to UBN Gang.

Elizabeth Noll, Alpine, 6. Not happy with 94.9 from 6am-10am sigh
Jim Odel, Vista, 6. Mine is be happy.
Drew Papas, La Jolla, 6. Pretty cheezy!
John Perdue, Santee, 6. I was dead for years. Now in Christ I live.
Jerry Riccio, Rancho Bernado, 6. Does President’s day honor Nixon, Clinton, Kennedy and Johnson too?
Matthew Rosello, San Diego, 6. It is gone.
Jay Tato, Carmel Valley, 6. Happy belated V-dayberry face. I’m yours
Ted Scalfi, Hillcrest, 6. Set ‘em up, we’ll knock ‘em down.

Clinton Smith, La Mesa, 6. Never pet a burning dog.
Tom Somich, Clairemont, 6. Happy birthday brother.
Elenore Stephens, Potrero, 6. Trying 4-6
Bob Vollmar, La Jolla, 6. Piper cup is the safest airplane. It can just barely kill you.
Norman Williams, San Diego, 6. What da lux?!
Ric Witz, Clairemont, 6. Toyota’s wins coincidence or Washington plan?
Stuart A. Young, San Diego, 6. Man avoids it.
Woody Anderson, Carmel Valley, 5. Ty and Linda-great Super Bowl party this year?
Jeff Battles, Ocean Beach, 5. The best vacations are those when you leave wanting more.

Evelyn Bowser, Hillcrest, 5. Love to all.
Maria Coda, Oceanside, 5. Hi All! Happy birthday!
Jon Connor, Oceanside, 5. “Look the part to be the part” Prop Joe
Thomas Dietl, Escondido, 5. Win an Ezy: park your brief on your brief and feta...
George Elam, Vista, 5. My whole world is soggy, give me sunshine.
Ben Espe, Mission Valley, 5. USA! USA! USA! I wanna be famous.
Manny Faris, Point Loma, 5. I love our pre bowling ritual pooh!
Phylis Grant, San Diego, 5. If I got this right, I’ll be amazed.
Another Chance for Fame and Glory!

THE READER SUDOKU PUZZLES:
RULES OF THE GAME:
1) Submit one completed puzzle of any difficulty level (Easy, Medium, Hard or Evil) to the Reader each week for our ongoing contest. We keep track of each puzzle you successfully complete and the results are posted online at sandiegoreader.com. But your submission will only be counted when you successfully complete a puzzle AND get it to us by 7:00 a.m. Monday.
2) Be one of the first 125 people who submit the correct answers to one of the puzzles and we will print your name in the paper along with your brief message (10 words or less, no URLs or phone numbers). Entries must include a message. This is a great way to express yourself. You may submit a new message weekly. We reserve the right to edit or reject inappropriate text.
3) The puzzle-contest ranking, shown online and in the paper, will begin anew every three months. Complete the puzzle as many times as you wish.
4) Entries must be faxed to 619-233-7907 or mailed to Reader Puzzle, P.O. Box 85803, San Diego, CA 92186-5803, or delivered through our mail slot at 1703 India Street in Little Italy, or scanned and e-mailed to sudokus@sdreader.com. Submissions by e-mail must be attached in JPG format, 800 by 800 pixels, maximum file size of 1MB. Submissions that don’t fit the format will not be counted or viewed.
5) 10 Reader T-shirts are awarded weekly to contenders chosen randomly!
6) All answers must be legible and entered in the spaces provided.
7) Letters and e-mails are not considered.
8) One entry per person per week or you will be disqualified.
9) Employees of the Reader and their immediate families are not eligible.

EASY:

<table>
<thead>
<tr>
<th>7</th>
<th>2</th>
<th>1</th>
<th>9</th>
</tr>
</thead>
<tbody>
<tr>
<td>3</td>
<td>6</td>
<td>8</td>
<td>4</td>
</tr>
<tr>
<td>7</td>
<td>1</td>
<td>3</td>
<td>2</td>
</tr>
<tr>
<td>5</td>
<td>7</td>
<td>4</td>
<td>6</td>
</tr>
</tbody>
</table>

MEDIAN:

<table>
<thead>
<tr>
<th>4</th>
<th>5</th>
<th>9</th>
<th>8</th>
</tr>
</thead>
<tbody>
<tr>
<td>2</td>
<td>8</td>
<td>1</td>
<td>5</td>
</tr>
<tr>
<td>3</td>
<td>6</td>
<td>9</td>
<td>2</td>
</tr>
<tr>
<td>1</td>
<td>5</td>
<td>6</td>
<td>3</td>
</tr>
</tbody>
</table>

HARD:

<table>
<thead>
<tr>
<th>5</th>
<th>1</th>
<th>8</th>
<th>3</th>
</tr>
</thead>
<tbody>
<tr>
<td>6</td>
<td>7</td>
<td>2</td>
<td>4</td>
</tr>
<tr>
<td>2</td>
<td>7</td>
<td>3</td>
<td>1</td>
</tr>
<tr>
<td>1</td>
<td>6</td>
<td>9</td>
<td>5</td>
</tr>
</tbody>
</table>

EVIL:

<table>
<thead>
<tr>
<th>9</th>
<th>2</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>6</td>
</tr>
</tbody>
</table>

SOLUTION TO LAST WEEK’S SUDOKU PUZZLES:

EASY:

<table>
<thead>
<tr>
<th>6</th>
<th>7</th>
<th>5</th>
<th>9</th>
<th>3</th>
<th>1</th>
<th>2</th>
<th>4</th>
<th>8</th>
</tr>
</thead>
<tbody>
<tr>
<td>2</td>
<td>1</td>
<td>3</td>
<td>8</td>
<td>5</td>
<td>4</td>
<td>9</td>
<td>6</td>
<td>7</td>
</tr>
<tr>
<td>4</td>
<td>9</td>
<td>8</td>
<td>2</td>
<td>6</td>
<td>7</td>
<td>3</td>
<td>5</td>
<td>1</td>
</tr>
<tr>
<td>8</td>
<td>6</td>
<td>1</td>
<td>3</td>
<td>4</td>
<td>9</td>
<td>2</td>
<td>5</td>
<td>6</td>
</tr>
</tbody>
</table>

MEDIUM:

<table>
<thead>
<tr>
<th>6</th>
<th>9</th>
<th>3</th>
<th>2</th>
<th>1</th>
<th>4</th>
<th>8</th>
<th>5</th>
<th>7</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>2</td>
<td>7</td>
<td>5</td>
<td>9</td>
<td>3</td>
<td>8</td>
<td>6</td>
<td>4</td>
</tr>
<tr>
<td>5</td>
<td>3</td>
<td>7</td>
<td>1</td>
<td>2</td>
<td>5</td>
<td>6</td>
<td>8</td>
<td>9</td>
</tr>
<tr>
<td>6</td>
<td>4</td>
<td>9</td>
<td>5</td>
<td>1</td>
<td>2</td>
<td>7</td>
<td>8</td>
<td>3</td>
</tr>
</tbody>
</table>

HARD:

<table>
<thead>
<tr>
<th>2</th>
<th>6</th>
<th>7</th>
<th>1</th>
<th>4</th>
<th>3</th>
<th>5</th>
<th>8</th>
<th>9</th>
</tr>
</thead>
<tbody>
<tr>
<td>7</td>
<td>5</td>
<td>2</td>
<td>1</td>
<td>3</td>
<td>9</td>
<td>6</td>
<td>4</td>
<td>8</td>
</tr>
<tr>
<td>1</td>
<td>4</td>
<td>5</td>
<td>6</td>
<td>3</td>
<td>9</td>
<td>2</td>
<td>8</td>
<td>7</td>
</tr>
<tr>
<td>9</td>
<td>6</td>
<td>1</td>
<td>2</td>
<td>7</td>
<td>8</td>
<td>3</td>
<td>4</td>
<td>5</td>
</tr>
</tbody>
</table>

EVIL:

<table>
<thead>
<tr>
<th>5</th>
<th>9</th>
<th>6</th>
<th>2</th>
<th>1</th>
<th>7</th>
<th>3</th>
<th>4</th>
<th>8</th>
</tr>
</thead>
<tbody>
<tr>
<td>2</td>
<td>3</td>
<td>9</td>
<td>4</td>
<td>5</td>
<td>1</td>
<td>7</td>
<td>6</td>
<td>2</td>
</tr>
<tr>
<td>4</td>
<td>1</td>
<td>7</td>
<td>2</td>
<td>5</td>
<td>8</td>
<td>6</td>
<td>3</td>
<td>9</td>
</tr>
<tr>
<td>6</td>
<td>8</td>
<td>5</td>
<td>9</td>
<td>7</td>
<td>2</td>
<td>1</td>
<td>4</td>
<td>3</td>
</tr>
</tbody>
</table>

SEE YOUR RANKING ONLINE!

Now you can go online to check your ranking and communicate with each other! Simply visit: www.SDReader.com/puzzle. The new ranking is posted each Wednesday. To use the “comments” feature, you must be a registered site member.

THIS WEEK’S CONTENDERS:

EASY: 
Mike Wiehe, Poway, 2. Congrats! Baby number 2 on the way!

MEDIUM: 
Betty Archer, La Jolla, 6. Hi to Donna and Glenn!

HARD: 
Henry Chung, San Diego, 5. Snowboarding was fun this past weekend, lets do it again!

EVIL: 
Mike Wiese, Poway, 2. Congrats! Baby number 2 on the way!

**indicates T-shirt winner.**

- Aaron Abramson, Williamstown, 6. I need a big t-shirt! Surfer Team
- Don Bowman, Santee, 6. Honor our Veterans
- Cherie Calvo, San Diego, 6. It’s a blessing
- M. Elliott, Rancho Bernardo, 6. Bob is a good person.
- D. Stiewig, Santee, 6. Life is a blessing
- Terry Thomas, Chula Vista, 5. Happy Birthday, Mr. Lincoln
- Sara Pretty, Ocean Beach, 4. Have fun, you can run, but you can’t hide
- Stuart A. Young, San Diego, 4. ...the shoe leather express never hide
- Pauline O’Malley, Point Loma, 3. About ready to give up on Sudoku puzzles
- Roy Bartolome, San Diego, 3. You can’t eat strawberries without bananas!

**HARD: Armada Garcia, Chula Vista, 6. Hola, Madrilenos! disfrute sus vacaciones en San Diego**

**EVIL: Jose Arbusco, Rancho Penasquitos, 6. A “Word” in hand is a word worth, Sarah “Serious Pope”**

**Rei-Lan Tang, San Diego, 1. I am blessed**

**Ella!**

Henry Chung, San Diego, 5. Snowboarding was fun this past weekend, lets do it again!

Dr. Dave Spera, Point Loma, 5. Wow! Toy-Tay 4.3 love you daddy

William Stiewig, Vallecito, 5. Love my Teddy

Hans Buttkofer, Mission Beach, 4. Happy Valentine’s week to all!

Julie Richardson, Chula Vista, 3. I’m back!

Nicolette Turner, Eastlake, 3. I love the kayak brown spider

Paul Baland, Bay Park, 3. Thanks for the rain

Eleanor Burbank, Escondido, 2. And she walks with Jesus and her love ones waiting

Marcia Metzger, San Diego, 2. If at first you don’t succeed...

Diem Nguyen, San Diego, 2. 3-day holiday-relax

Ed Ruli, San Diego, 1. Happy Valentine’s Day

Leslie Wittman, Seattle, 1. Phoenix, Great Canyon he we come!

Mike Gofres, Point Loma, 1. Outside of Popeyes eatin’ chicken and fries!

Roger Dougmann, San Diego, 6. Christ’s forgiveness is a gift. One no one of us deserves

Butch Hays, La Mesa, 6. Go ploddy am id noise and haste, and remember what.

Dan Holdin, San Diego, 6. Reli: adaptation or by product?

Belmont Hope, Vista, 6. No Messages!

Jacqueline Jordan, San Diego, 6. WK 6 - 2010:icky

Norman Kenney, Carlsbad, 6. Go De-kerth Hi Kier! Hi Bads!

Lynnette Lampton, La Mesa, 6. Happy birthday Uncle Arnold! Raymond Land , Escondido, 6. No matter how right you feel, you’re wrong

Ralph Levy, La Jolla, 6. Drive safely, don’t fall asleep at traffic lights

Julio Magni, San Diego, 6. Hi Ella!

Mike Maness, Lakeside, 6. Let’s get this over with!

Michael McGriffin, Bay Park, 6. Do not replace hypocrite Arnold with inept Jerry.

P.J. Mole, Point Loma, 6. Time for a t-shirt
$50 OFF
Any Massage
First-time clients. Walk-in – No out.
BARE ESSENTIALS: International Spa Accepts Mastercard, Visa, American
Express, Discover (save gas - bicycle
transportation). Distance pool is a beauty,
tension-taking experience. Moments of magic.
In other words, a moment of magic. Welcome. www.
ag amendments.com. 619-353-64.
AFFORDABLE DEEP TISSUE SPORTS
Massage. Specializing in myofascial
headaches, neck, shoulder, back,
ankles, canals, extractions including wisdom
teeth, removable and fixed
prosthodontics. 5210 Balboa Avenue,
San Diego 92117 (west of Rite-Aid at
OPEN WEEKENDS. VIP Spa
131
February 18, 2010
San Diego

ABLE TO BE THE FUTURE OF ANIMAL MEDICINE. Please visit us for a special offer. We are open 10 am-10 pm daily
619-299-9519
3960 4th Ave., Hillcrest

COMMENTS
Simultaneous holistic body care.
Calming and invigorates the body
and soul.

EAT REAL FOOD. STILL LOSE WEIGHT!
Real weight-loss and more naturally and
effectively for your total body. No meal
replacements or special foods to buy. No
drugs or surgery. Ultra Fast, the
professional weight loss system
through Natupharm in Australia, is now
available in the U.S. Learn how to eat
and properly combine foods to create
the body burning fat 887-279-7600.

EMERGENCY DENTISTRY. Walk-ins
Welcome. Emergency Dental Exam:
Open Weekends. Expanded
Walkins. Hourly rates and Discounted
exam consult, $45, X-rays included.
www.DrAmes.net, click on Ultra Lite.

FANTASTIC DEEP TISSUE SPORTS
Massages. Professional Treatments.

FANTASTIC DEEP TISSUE SPORTS
Massages. Professional Treatments.

FREE TAI CHI. In all training classes. First
class is free. Visitors welcome. TaiChi
Sanctuary, 4229 Park Boulevard, 92103.

HI-TECH TREATMENTS: Now $75.
First-time clients only; pre-existing
conditions or special foods to buy. No
drugs or surgery. Ultra Fast, the
professional weight loss system
through Natupharm in Australia, is now
available in the U.S. Learn how to eat
and properly combine foods to create
the body burning fat 887-279-7600.
www.DrAmes.net, click on Ultra Lite.

MARIJUANA EVALUATION. $150.
Tuberculosis and $100. Savings for those
with diagnosis $150 savings for those
with pre-existing conditions. Those
HealthOne, Inc. 906-400.

PERMANENT CELLULITE REDUCTION!
Losing Weight Loss. Low-Dose
Lymphatic Detoxification Therapy. For men
and women. Let us be your personal fountain
of youth. Open 10 am-10 pm daily

SUNSET ACRYLIC NAILS, $270.
ag amendments.com. $450.

TAI CHI THERAPY. Lymphatic
Detoxification. Appointments available.

THERE’S STILL NO全景! EAT
REAL FOOD. Still lose weight and
realize your body. No meal
replacements or special foods to buy. No
drugs or surgery. Ultra Fast, the
professional weight loss system
through Natupharm in Australia, is now
available in the U.S. Learn how to eat
and properly combine foods to create
the body burning fat 887-279-7600.
www.DrAmes.net, click on Ultra Lite.

WEIGHT LOSS NATURALLY! Increase
energy and slim down naturally and
more naturally and more
effectively. For your total body.
No meal replacements or special foods to buy. No
drugs or surgery. Ultra Fast, the
professional weight loss system
through Natupharm in Australia, is now
available in the U.S. Learn how to eat
and properly combine foods to create
the body burning fat 887-279-7600.
www.DrAmes.net, click on Ultra Lite.

WEIGHT LOSS NATURALLY! Increase
energy and slim down naturally and
more naturally and more
effectively. For your total body.
No meal replacements or special foods to buy. No
drugs or surgery. Ultra Fast, the
professional weight loss system
through Natupharm in Australia, is now
available in the U.S. Learn how to eat
and properly combine foods to create
the body burning fat 887-279-7600.
www.DrAmes.net, click on Ultra Lite.
ABILITY THROUGH TRAINING. The Robert Ward Actor's Studio focuses on moments-to-moment reality training. These classes unlock the actor's ability to work spontaneously with the reality and realism advocated by the industry's leading agents. Beginners welcome. Tuesday evening class available. Call for audition dates and summer morning callings. For information: 619-542-8109.


STAGE NOTES


ALCOHOLICS ANONIMOS. Reunión de reuniones inacabadas, Martes, 9:30am. 10:30am. Días de dejar de beber. Llévarse y llevar a otros sesiones. 619-230-8816. Suite 607, 9100 Bonita Road, Suite 910, Bonita, CA 92019.


CATS/ KITTENS. Hours: Monday–Friday 12–4; Saturday 2–4pm; most weekday evenings. Fee: $25. Includes spaying, microchip, vaccinations, photos. Photos/ details and photos. 858-578-5591, 858-578-5591.


HOTEL ROOMS. For help with your hotel, call the Convention Center at 619-233-4545. Ask for the Room Block for Ultimate Wedding Contest. 619-235-8200.

RESEARCH STUDY VOLUNTEERS. Do you have Type 2 Diabetes? Do you want to help find a cure for this disease? Join OAS in a research study that is currently recruiting participants. OAS would like to thank you for your time and energy in helping us find a potential cure. Call 619-235-8200. Ask for the Research Coordinator. Please note: You must be at least 18 years old. You must be able to speak and read English. You will be paid for your time in the study. Your costs will be covered. Call 619-235-8200.

BOOK SALE. February 25-27, 10am-4pm, 157 Stevens Blvd., Encinitas. San Diego Library will hold a used book sale every Thursday 10am-4pm, 157 Stevens Avenue, San Diego Beach. Choose books, tapes, CDs, games. Free. 619-531-2611.


FREE VACCINATIONS. Mira Mesa Petco. 3239-Mira Mesa Blvd. (between Montgomery and El Camino). Monday-Saturday 9am-6pm, Sunday 10am-5pm. Saturday 6-9pm. Sunday 10am-5pm. 619-222-0935.

RESEARCH STUDY VOLUNTEERS. Do you have Type 2 Diabetes? Join the study today! Contact us for more information 619-235-8200 or visit ultimateweddingcontest.com/entries/.

You must send in a copy of the printed error — either the actual page or a copy (including page number).

Exclusions: direct quotations, slang, colloquialisms, house/writer style idiosyncrasies. Exempt: ads, blogs, user reviews, movie showtimes, puzzle results, and letters to the editor. Submissions accepted until Monday at 5 p.m.

Exceptions: direct quotations, slang, colloquialisms, house/writer style idiosyncrasies. Exempt: ads, blogs, user reviews, movie showtimes, puzzle results, and letters to the editor. Submissions accepted until Monday at 5 p.m.
NEWLY REMODELED AFFORDABLE APARTMENT!

2 BDRM/1 BA

BRAND-NEW interior features include:
• Flooring (carpet and vinyl)
• Paint • Windows • Cabinets
• Stove (gas)

Community features include:
• Quiet cul-de-sac location
• Playground
• Business computer center

Resident services:
• After-school program
• Job training & résumé assistance (coming soon!)
• Mommy & Me Yoga Classes (coming soon!)

Income restrictions apply. Call for details. Se habla español!

Village Green
4150 Bonillo Drive
San Diego, CA 92115
Ph: (619) 583-7236
www.villagegreen@conam.net

Income restrictions apply.
One person: Max $34,680
Two persons: $39,660
Three persons: $44,580

Branding Apartments
515 13th Street
San Diego 92101
Call toll-free: 877-280-5568

Weekly starting at $300
Studios starting at $895/mo.
• Free continental breakfast buffet • Free maid/linen service!
• No lease! • Free utilities!

Heated pool and spa
Laundry facilities
Microwave • Refrigerator
Easy freeway access • Centrally located
High-speed Internet service

California Suites Hotel
5415 Clairemont Mesa Blvd.
San Diego, CA 92117
1-888-475-7147
www.californiasuiteshotel.com
Rates subject to change.

Rental Communities Directory

<table>
<thead>
<tr>
<th>Property Name</th>
<th>Phone</th>
<th>Starting rate</th>
<th>Bedrooms</th>
</tr>
</thead>
<tbody>
<tr>
<td>Village Green</td>
<td>619-583-7236</td>
<td>CALL</td>
<td>2</td>
</tr>
<tr>
<td>2</td>
<td>619-280-5568</td>
<td>$718</td>
<td>1,2,3</td>
</tr>
<tr>
<td>California Suites Hotel</td>
<td>888-475-7147</td>
<td>$895</td>
<td>1,2</td>
</tr>
<tr>
<td>4</td>
<td>866-354-2096</td>
<td>CALL</td>
<td>1,2,3</td>
</tr>
<tr>
<td>Island Village</td>
<td>888-325-4573</td>
<td>$895</td>
<td>1,2,3</td>
</tr>
<tr>
<td>5</td>
<td>888-451-8713</td>
<td>$895</td>
<td>1,2,3</td>
</tr>
<tr>
<td>Trilogy</td>
<td>619-231-1505</td>
<td>CALL</td>
<td>1,2</td>
</tr>
</tbody>
</table>

Comfortable... Exceptional...
Apartment Homes
• Friendly, professional staff
• Full-size washer/dryer included
• Reserved covered parking
• Award-winning school district
• State-of-the-art fitness center
• Complimentary personal trainer
• Heated competition lap pool
• Lighted tennis courts
• Free tennis and swimming lessons
• Pro tennis instructor
• Sorry, no pets

LOOKING FOR AFFORDABLE LUXURY LIVING?

The Club Torrey Pines is a pleasant place to call home. We are nestled in a quiet neighborhood of Carmel Valley.

$500 Off* Move in. Vacant ready 2 bdrm.
$350 Off* Move in. Vacant ready 1 bdrm.
*6-month or longer lease signed by March 20, 2010.

Visit our website at: www.torrey.cc

ClubTorreyPines_DouglasAllred@crossfiremail.com

12646 Torrey Bluff Drive
San Diego, CA 92130
(866) 354-2096

*6-month or longer lease signed by March 20, 2010.

APARTMENTS /
SPRING VALLEY.
Dorchester Drive. $1995. 858-277-3410.
Pets OK. Lease. 760-471-4994.

3089.
community. Open floor plan, fireplace, canyon, panoramic view. 3301 pool/spa. Close to all. $1700 rent; 1 bedroom apartment, $775. 800 square


8 considered. Deposit required. $1550 port. Stove, dishwasher, laundry. Section


bathroom. 1 bedroom, 1 bath. 1/2 off

move in special! 3

$2395. Gorgeous 4

LONG BAY.

CLAIREMONT.

Bayview Drive. 619-236-1600.

CLAIREMONT.

Bayview Drive. 619-236-1600.

CLAIREMONT.

$3095. 2 bedroom, 1 bath. 1/2 off

move in special! 3

$2395. Gorgeous 4

LONG BAY.

CLAIREMONT.

Bayview Drive. 619-236-1600.

CLAIREMONT.

Bayview Drive. 619-236-1600.

CLAIREMONT.

Bayview Drive. 619-236-1600.

CLAIREMONT.

Bayview Drive. 619-236-1600.
COLLEGE AREA. 619-232-4138.
Street. 619-298-7724.
6725 Amherst Street. 858-483-5111.

COLLEGE AREA.

on approved credit. For details call 619-
On-site laundry, gated assigned parking.
maple cabinets, gorgeous floor tile. Fully
freeway, shopping, restaurants.
Apartments in rear courtyard. 858-866-
Near bus, shops, SDSU. Laundry room.
$400 off 1st month's rent. Pool, laundry,
up. 1 and 2 bedrooms. Fireplace. Central

Located close to drive-through Starbucks.
No pets. 4121

blocks to bay on a tree-lined street. 858-

psychic

grande apartments. Hardwood floor/tile.
carpet.

Gladstone Management.

COLLEGE AREA, 5051 Beech Street #101. 619-210-7693. 619-210-7694. 5170 Orange
Near all/golf course. Pets upon approval.

Central air/heat. Dishwasher. Washer/ dryers. 5540 Lindo Paseo #3. People

Furnished, updated, pool, spa, balcony, BBQ. Fully

Furnishings optional. 5170 Orange

and 2 bathrooms. Spacious bedroom. 1-car garage, coin

moisture, refrigerator, cable TV. 1545

parking. near I-5 on ramp.

Wohnung. Call 619-935-3433.

COLLEGE AREA/ TALMADGE. 284-5285.
284-5285. 2 bedroom, 2 bath condo, $1300. Garage, gated, all
appliances, pool, sea, balcony, BBQ. Most utilities paid! Month to month! 13727
Mango Drive. 858-755-1125.

DOWNTOWN. 23rd & K street. 3 week special! Studio apartment.
Convenient for downtown shopping, restaurants, and

in SDSU. Great move in specials. Call 619-


DOWNTOWN. Studios with full baths, from $179/week.
Award-winning buildings. 24-hour staff, gym, laundry rooms, sundecks. Free

DOWNTOWN. 301-313 K Street, 619-696-6922.

DOWNTOWN. 555 and up plus deposit. Furnished room available in residential
hotel with shared kitchen/bath. Includes microwave, refrigerator, cable TV. 1545
Second Avenue, between Beach and Cedar. 619-559-4413.

DOWNTOWN, Beautiful Lodging, new furnished rooms. Refrigerator, microwave, TV, cable. Starting at $175
wastily. 902 Beach Street. Call 619-234-

3833.

DOWNTOWN. Stay 5 weeks, get 6th week free! Fully Furnished studios with utilities included. Rates start at $150/week.

Balcony, gated. Call 619-935-3433.

Golden Management.

On-site laundry, gated assigned parking. Close to

College. Pets upon approval. No pets. 6725 Amherst Street. 858-411-5111.

On-site laundry, gated assigned parking. Close to

residential. No pets. 6769 El Cajon Boulevard.

Apartment in rear courtyard.

Near bus, shops, SDSU. Laundry room.

$400 off 1st month’s rent. Pool, laundry,

up. 1 and 2 bedrooms. Fireplace. Central


Most cars & light trucks.

We repair gross polluters!

Chula Vista location only.

Includes filter

Includes: • Recovery • Evacuate • Pressure
• Add freon • Charge • Add cool • Refill freon

Most vehicles. Freon extra.

• Poor gas mileage
• Runs rough

Most vehicles and light trucks. Includes:

• Leak test • Check hoses and belts

Includes: • Recovery • Evacuate • Pressure
• Add freon • Charge • Add cool • Refill freon

Most vehicles. Freon extra.

• Leak test • Check hoses and belts

Includes: • Recovery • Evacuate • Pressure
• Add freon • Charge • Add cool • Refill freon

Most vehicles. Freon extra.

Includes filter

Includes: • Recovery • Evacuate • Pressure
• Add freon • Charge • Add cool • Refill freon

Most vehicles. Freon extra.

Includes filter

Includes: • Recovery • Evacuate • Pressure
• Add freon • Charge • Add cool • Refill freon

Most vehicles. Freon extra.

Includes filter

Includes: • Recovery • Evacuate • Pressure
• Add freon • Charge • Add cool • Refill freon

Most vehicles. Freon extra.

Includes filter

Includes: • Recovery • Evacuate • Pressure
• Add freon • Charge • Add cool • Refill freon

Most vehicles. Freon extra.

Includes filter

Includes: • Recovery • Evacuate • Pressure
• Add freon • Charge • Add cool • Refill freon

Most vehicles. Freon extra.
DOWNTOWN. www.sandiegoreader.com/places/c-
Hughes Management, Lic#955724, 619-239-1639. 'TV, on-site laundry, vending
machines, modern elevator, no pets.

DOWNTOWN. Ground new rooms near City
College. Single rooms with kitchensettes from $140 week plus long term. Includes
telephone/cable/Internet. 619-579-0174 or 619-
298-8307. www.goldenhillmapsinfo.com

DOWNTOWN. Attractive rooms. Shared
rooms. Shared baths. Utilities included.
Near City College. $450-$500. Heart of Gaslamp.
Spacious apartments. 1 bed 1 bath, $945. Very clean,
must see! No pets. 619-231-1505 x12. www.
executivesatcentrecity.net

DOWNTOWN. Gashelm area. $425-$550.
Heart of Gaslamp. Shared bathrooms. Community
kitchen. Free cable TV, on-site laundry, vending
machines, modern elevator. No pets. Southern Hotel, 1159 6th Avenue at B.

DOWNTOWN. Gaslamp area. $425-$550.
Heart of Gaslamp. Shared bathrooms. Community
kitchen. Free cable TV, on-site laundry, vending
machines, modern elevator. No pets. Hughes
hughesmanagement.net

DOWNTOWN. 10th Avenue Apartments. Urban
1 bedroom, $750 month. Located near Downtown Library, Horton Plaza, and Petco Park. New
renovation, 2 months rent, Hughes Management, 619-
239-1639 or 103.

DOWNTOWN. Review new rooms near City
College. Single rooms with kitchensettes from $140 week plus long term. Includes
telephone/cable/Internet. 619-579-0174 or 619-
298-8307. www.goldenhillmapsinfo.com

DOWNTOWN. Downtown. Classic, convenient location. Historic building near C Street Trolley,
Checker's of San Diego, and private baths. Free cable TV, on-site laundry, vending
machines, modern elevator. No pets. Southern Hotel, 1159 6th Avenue at B.

DOWNTOWN. Cozy rooms, 848-685-2665. View
table, convenient location. Historic building near C Street Trolley, Checker's of San
Diego, and private baths. Free cable TV, on-site laundry, vending
machines, modern elevator. No pets. Southern Hotel, 1159 6th Avenue at B.

DOWNTOWN. Downtown. Exclusive furnished
kitchen. Free cable TV, on-site laundry, vending
machines, modern elevator. No pets. Hughes
hughesmanagement.net

DOWNTOWN. Downtown. Economical furnished
kitchen. Free cable TV, on-site laundry, vending
machines, modern elevator. No pets. Southern Hotel, 1159 6th Avenue at B.

DOWNTOWN. Cozy rooms, 848-685-2665. View
table, convenient location. Historic building near C Street Trolley, Checker's of San
Diego, and private baths. Free cable TV, on-site laundry, vending
machines, modern elevator. No pets. Southern Hotel, 1159 6th Avenue at B.

DOWNTOWN. Cozy rooms, 848-685-2665. View
table, convenient location. Historic building near C Street Trolley, Checker's of San
Diego, and private baths. Free cable TV, on-site laundry, vending
machines, modern elevator. No pets. Southern Hotel, 1159 6th Avenue at B.
HILLCREST. Call Kenny, 619-255-4944.

HILLCREST.

apartment. Charming building, large complex, 55+. $800. 1 bedroom 1/2 Reynard Way. Agent, 619-298-7232.


from $1295. Fireplace, spa, gym, with wine cellar, includes new oil filter and up to 4 qts. of oil. Includes new oil filter and coolant. Must present coupon at time of estimate. SDR01

$1275. 2 bedroom, 2 bath. Corner apartment. Secured building. All amenities, parking, on-site laundry. Garage also available. Sorry, no pets. 1220-324-7934.


HILLCREST.

$975 rent, $800 deposit. OAC. Large 2 bedroom, 2 bath, 1/2 off 1st month! 135

297-7662. www.centrecity.net.

includes new oil filter and up to 4 qts. of oil. Includes new oil filter and coolant. Must present coupon at time of estimate. SDR01


HILLCREST.

$1275. 2 bedroom, 2 bath. Corner apartment. Recently renovated. Very quiet complex/ great location! Parking on site. No pets. 3620 Georgia Street, Manager, 619-820-2584.

$975 rent, $800 deposit. OAC. Large 2 bedroom, 2 bath, 1/2 off 1st month! 135

297-7662. www.centrecity.net.

includes new oil filter and up to 4 qts. of oil. Includes new oil filter and coolant. Must present coupon at time of estimate. SDR01

HILLCREST.

$1275. 2 bedroom, 2 bath. Corner apartment. Recently renovated. Very quiet complex/ great location! Parking on site. No pets. 3620 Georgia Street, Manager, 619-820-2584.

$1275. 2 bedroom, 2 bath. Corner apartment. Recently renovated. Very quiet complex/ great location! Parking on site. No pets. 3620 Georgia Street, Manager, 619-820-2584.

$1275. 2 bedroom, 2 bath. Corner apartment. Recently renovated. Very quiet complex/ great location! Parking on site. No pets. 3620 Georgia Street, Manager, 619-820-2584.

HILLCREST.

HILLCREST.

$1275. 2 bedroom, 2 bath. Corner apartment. Recently renovated. Very quiet complex/ great location! Parking on site. No pets. 3620 Georgia Street, Manager, 619-820-2584.

$1275. 2 bedroom, 2 bath. Corner apartment. Recently renovated. Very quiet complex/ great location! Parking on site. No pets. 3620 Georgia Street, Manager, 619-820-2584.

$1275. 2 bedroom, 2 bath. Corner apartment. Recently renovated. Very quiet complex/ great location! Parking on site. No pets. 3620 Georgia Street, Manager, 619-820-2584.

$1275. 2 bedroom, 2 bath. Corner apartment. Recently renovated. Very quiet complex/ great location! Parking on site. No pets. 3620 Georgia Street, Manager, 619-820-2584.

$1275. 2 bedroom, 2 bath. Corner apartment. Recently renovated. Very quiet complex/ great location! Parking on site. No pets. 3620 Georgia Street, Manager, 619-820-2584.

$1275. 2 bedroom, 2 bath. Corner apartment. Recently renovated. Very quiet complex/ great location! Parking on site. No pets. 3620 Georgia Street, Manager, 619-820-2584.

$1275. 2 bedroom, 2 bath. Corner apartment. Recently renovated. Very quiet complex/ great location! Parking on site. No pets. 3620 Georgia Street, Manager, 619-820-2584.

$1275. 2 bedroom, 2 bath. Corner apartment. Recently renovated. Very quiet complex/ great location! Parking on site. No pets. 3620 Georgia Street, Manager, 619-820-2584.

$1275. 2 bedroom, 2 bath. Corner apartment. Recently renovated. Very quiet complex/ great location! Parking on site. No pets. 3620 Georgia Street, Manager, 619-820-2584.

$1275. 2 bedroom, 2 bath. Corner apartment. Recently renovated. Very quiet complex/ great location! Parking on site. No pets. 3620 Georgia Street, Manager, 619-820-2584.

$1275. 2 bedroom, 2 bath. Corner apartment. Recently renovated. Very quiet complex/ great location! Parking on site. No pets. 3620 Georgia Street, Manager, 619-820-2584.

$1275. 2 bedroom, 2 bath. Corner apartment. Recently renovated. Very quiet complex/ great location! Parking on site. No pets. 3620 Georgia Street, Manager, 619-820-2584.

$1275. 2 bedroom, 2 bath. Corner apartment. Recently renovated. Very quiet complex/ great location! Parking on site. No pets. 3620 Georgia Street, Manager, 619-820-2584.

$1275. 2 bedroom, 2 bath. Corner apartment. Recently renovated. Very quiet complex/ great location! Parking on site. No pets. 3620 Georgia Street, Manager, 619-820-2584.

$1275. 2 bedroom, 2 bath. Corner apartment. Recently renovated. Very quiet complex/ great location! Parking on site. No pets. 3620 Georgia Street, Manager, 619-820-2584.

$1275. 2 bedroom, 2 bath. Corner apartment. Recently renovated. Very quiet complex/ great location! Parking on site. No pets. 3620 Georgia Street, Manager, 619-820-2584.

**LA MESA.** Spacious apartment homes in the heart of La Mesa Village, facing Nature Park! Beautifully maintained property with meandering sculptured courtyards with flower beds and serene fountains. There’s a new look to the property, and still the quality of the craftsmanship that soon as you walk in, you can’t help but love it. We surely have the most bang for your buck, with 1, 2, and 3 bedrooms available. Contact shoremgmt.com. 9187 Parkside Street. 619-713-9187, shoremgmt.com.

**LA MESA.** $575/bed/bath, 1 of 2 bedrooms for $845 and 2 bedroom for $1250. Great location. 4669 Cherokee Street. 619-883-0190.

**LA JOLLA/ WINDANSEA.** $925, 1 bedroom, 1 bath, air conditioning, La Jolla Apartments, 4234 Glenview Avenue, 619-453-1378.

**LA JOLLA/ WINDANSEA.** $775, 1 bedroom, 1 bath, No pets. 3755 Pacific Beach Avenue. 619-452-8178.

**LAJUNA.** $800, 1 bedroom, 1.5 bath, 850 sq ft, parking space and on-site laundry. We surely have the most bang for your buck, 1, 2, and 3 bedrooms available. Contact shoremgmt.com. 2025 Harbor Drive. 6450. 619-796-7085.

**LA MESA.** 9900. 1 bedroom, 1 bath, 710 sq ft, parking space and on-site laundry. $895, 2 bedroom, 2 bath, 960 sq ft, parking space and on-site laundry. 9445 La Mesa Boulevard, 619-844-0029.


**LA MESA.** $1025, 1 bedroom, 1 bath, $1150, 2 bedroom, 2 bath, 850 sq ft, parking space and on-site laundry. 9445 La Mesa Boulevard, 619-844-0029.

**LA MESA.** $850, 1 bedroom, 1 bath, 710 sq ft, parking space and on-site laundry. 9445 La Mesa Boulevard, 619-844-0029.

**LA MESA.** $1250. 2 bedroom, 2 bath, 1150 sq ft, off-street parking, coin laundry. Newly remodeled. Great location. 5950 Morro Way, 619-466-2875.

**LA MESA.** $600, 1 bedroom, 1 bath, 802 sq ft, parking space and on-site laundry. 9445 La Mesa Boulevard, 619-844-0029.

**LA MESA.** $495, 1 bedroom, 1 bath, 700 sq ft, 4th floor, parking space and on-site laundry. 9445 La Mesa Boulevard, 619-844-0029.

**LA MESA.** $450, 1 bedroom, 1 bath, 560 sq ft, parking space and on-site laundry. 9445 La Mesa Boulevard, 619-844-0029.

**LA MESA.** $495, 1 bedroom, 1 bath, 560 sq ft, parking space and on-site laundry. 9445 La Mesa Boulevard, 619-844-0029.

**LA MESA.** $495, 1 bedroom, 1 bath, 570 sq ft, parking space and on-site laundry. 9445 La Mesa Boulevard, 619-844-0029.

**LA MESA.** $575/bed/bath, 1 of 2 bedrooms for $845 and 2 bedroom for $1250. Great location. 4669 Cherokee Street. 619-883-0190.

**LA MESA.** Rare find, a 2 bedroom apartment in an elegant, well maintained building located in a quiet neighborhood, very private, huge 2 story condo. Canyon Villas, 315 East 30th Street. Call 619-452-8178.

**LA MESA.** $925, 1 bedroom, 1 bath, 802 sq ft, parking space and on-site laundry. Newly remodeled. Great location. 5950 Morro Way, 619-466-2875.

**LA MESA.** $1250. 2 bedroom, 2 bath, 1150 sq ft, off-street parking, coin laundry. Newly remodeled. Great location. 5950 Morro Way, 619-466-2875.

**LA JOLLA/ WINDANSEA.** $925. 1 bedroom, 1 bath, 685 sq ft, off-street parking, coin laundry. Newly remodeled. Great location. 5950 Morro Way, 619-466-2875.

**LA JOLLA.** $775, 1 bedroom, 1 bath, $825, 2 bedroom, 2 bath, 850 sq ft, parking space and on-site laundry. Newly remodeled. Great location. 5950 Morro Way, 619-466-2875.

**LA MESA.** $600, 1 bedroom, 1 bath, 802 sq ft, parking space and on-site laundry. Newly remodeled. Great location. 5950 Morro Way, 619-466-2875.

**LA MESA.** $600, 1 bedroom, 1 bath, 802 sq ft, parking space and on-site laundry. Newly remodeled. Great location. 5950 Morro Way, 619-466-2875.

**LA JOLLA/ WINDANSEA.** $925/bed/bath, 1 of 2 bedrooms for $845 and 2 bedroom for $1250. Great location. 4669 Cherokee Street. 619-883-0190.

NORTH PARK. $595. 1 bedroom, 1 bath. Stove, refrigerator, dishwasher, microwave. Shared laundry, pool. Available now. 4524 Nebraska Avenue #102, San Diego, CA 92116. $895. 619-294-2071.

NORTH PARK. $625. 1 bedroom, 1 bath. Private entrance. $1300-2 bedroom, 1 bath, 2.5 baths, $1195. All pets OK. 4609 Bancroft #2. 619-804-3325.

NORMAL HEIGHTS. $850. 2 bedroom, 1 bath. Newly remodeled townhouse. Location, near library. Remodeled 2 bedroom, 2 bath. $595 rent, $700 deposit. No pets. 1845 Hornblend Street #2, 619-295-1100.

OCEAN BEACH. $600. Sunny 2 bedroom, 2 bath. $795. 1 bedroom, 1 bath. $750 rent, $700 deposit. No application fee. Blocks to the beach! No pets. 4389 39th Street, San Diego, CA 92104. $680. 619-933-5042.


OCEAN BEACH. $2150. 1 bedroom, 1 bath. Large downtown apartment. Laundry, on-site parking and storage. No pets. 4366 Cape May Ave. #1, 619-222-4836x14, www.liveatbeachcom.com.


OCEAN BEACH. $1175. 2 bedroom, 1 bath. irrigation systems are installed. Beautiful spark plugs, fuel, spark plug installation. OBD2 (OBD-II) scanning and testing. Ingraham, Pacific Beach. Toll-free: 1-888-279-9333.


OCEAN BEACH. $945. 1 bedroom, 1 bath. Large downtown apartment. Laundry, on-site parking and storage. No pets! 4366 Cape May Ave. #1, 619-222-4836x14, www.liveatbeachcom.com.


OCEAN BEACH. $650. 1 bedroom, 1 bath. Newly remodeled townhouse. Location, near library. Remodeled 2 bedroom, 2 bath. $595 rent, $700 deposit. No pets. 1845 Hornblend Street #2, 619-295-1100.

OCEAN BEACH. $675. Studio, 1 bathroom. $725. 1 bedroom, 1 bath. $775. 2 bedroom, 1 bath, 2.5 baths, $850. All pets OK. 5067 Brighton Ave. Call 619-874-1400.

OCEAN BEACH. $755. Studio, 1 bathroom. $1295. 3 bedroom, 2 bath. $1495. 2 bedroom, 1 bath. $1525. 2 bedroom, 2 bath. $200 off first month rent OAC. Large 1 bedroom, parking space, No pets. 4736 Point Loma Avenue #9, 619-232-6611.

RANCHERO BERNARDINO, $175. 2 bedroom, 1 bath condominium with deck, fireplace, balcony, washer/dryer included, large patio, 2 car garage, and large, fenced yard. Available May 1. Call 858-483-5111.

SAN CARLOS, $795. 1/20 foot rent/month. 1 bedroom, 1 bath. Close to ocean, low maintenance, community pool, extra parking. Contact Jill at 858-560-1178.

Armed Forces coverage of the U.S.

**Compelling Explanations**

— Being the first licensed male prostitute in Nevada (and thus the U.S.), explained "Markus"

**Why Africans Remain Impoverished**

— The huge, $27 million statute ("African Re-..." building in Dakar, Senegal, was con-ceived to boost tourism and be a point of African pride, acting as a magnet for visitors and muse-um-goers. Problems have arisen (the statute was built by North Korean labor, has no distinct African theme, and features a female who reveals perhaps too much thigh). However, according to a November BBC News dispatch, Senegal's president Abdoulaye Wade remains optimistic and has declared that, though the concept was his idea, he will take only 35 percent of the rev-enue streams generated from visitors.

**Fine Points of the Law**

— In November, Powhatan County, Va., pros-ecutors dismissed charges against five corrections officers despite evidence that they were involved in inappropriately fondling a 9 service dog. During training, officers are expected to "bond" with their dogs, and one of the men was seen "touching the dog's penis with his hand," accord-ing to a prosecutor. However, Virginia law requires that the state prove "crue..." to the dog, and the prosecutor, after consulting with veterinarians, concluded that he could not win the case.

**Redneck Crime**

— In Morehead, Ky., in December, two men, ages 44 and 18, were charged with theft for allegedly swiping an 18-inch-long beaded dragon lizard from the Eagles Landing Pet Hospital and trying, in two beverage stores, to exchange it for liquor.

— Daniel Gable, 61, was arrested for breaking into a neighbour's apartment in Fargo, N.D., in December. He had triggered the resident's "burglar alarm," which consisted of the stack of empty beer cans, and resided places just inside his front door every night.

---

**Send your Weird News to Chuck Shepherd, San Diego Reader, P.O. Box 85803, San Diego, CA 92186 or to WeirdNewsTips@yahoo.com**
AN OLD R.C. COMIC STRIP HOLDS DOWN ONE CORNER OF THE PICTURE WINDOW THAT LOOKS IN ON THE DHARMA BUM TEMPLE — A WHIMSIICAL ACCENT TACKED ONTO ANOTHER SERIOUS AND SENSITIVE TABLEAU:

“WHATCHA DOING TODAY?” ONE CAVEMAN ASKS ANOTHER.

“NOTHING.”

“YOU DID THAT YESTERDAY.”

“I WASN’T FINISHED.”

FOR DHARMA BUM JEFF, WHO RUNS THE TEMPLE’S SUNDAY-NIGHT INTRODUCTIONS TO BUDDHISM, IT’S AN EXAMPLE OF WESTERN CULTURE ILLUSTRATING EASTERN WISDOM. AFTER THE EIGHT SOULS GATHERED INTO THE TEMPLE’S COZY LOFT HAVE TAKEN TIME TO SETTLE THEIR MINDS BY SITTING AND FOCUSING ON BREATHING, JEFF ASKS, “WHAT DID YOU DO TO MAKE THE SUN DO THIS? NOTHING. WE NEED TO TAKE TIME TO DO NOTHING AND JUST SIT THERE.

ARE CAUSES AND CONDITIONS TO EVERYTHING THAT GOES ON IN OUR DAY, AND YOU HAVE TO SLOW DOWN A LITTLE BIT TO GET WHAT’S IN YOUR MIND. THE STILLNESS...IS YOUR OWN MIND’S REACTION TO WHAT’S HAPPENING AROUND YOU. WHAT WE’RE WORKING ON IN MEDITATION IS LEARNING TO REACT QUIETLY AND PEACEFULLY. WHEN YOU BEGIN TO SETTLE THE MIND, YOU LEARN TO ADAPT TO WHATEVER CONDITION IS AROUND YOU, AND THAT’S WHERE PEACE LIES.”

AS THE EVENING PROGRESSES, HE CITES OTHER EXAMPLES IN GROUND ZERO: BILL MURRAY ESCAPES THE ENDLESS REPELLION OF GROUND ZERO ONLY AFTER EACH OF HIS ATTEMPTS HAS BEEN PURIFIED, AND “EVERYTHING IN BUDDHISM IS ABOUT INTENTIONS.” WHEN HE ASKS SEEKING RELIEF THROUGH MYTHS, HE GOES AFTER THE ROOT CAUSE OF THE DESIRE FOR SUCH PLEASURE: “MORE OFTEN THAN NOT, WE USE THEM TO ESCAPE FROM OUR EVERYDAY SITUATION. LOOK AT THE CAUSES AND CONDITIONS OF YOUR LONG WEEK. SCENE 23 OF FIGHT CLUB, A VERY GRAPHIC BUT BEAUTIFUL MOVIE. TYLER DURDEN IS HOLDING A GUN TO THE BACK OF THE HEAD OF A GUY WHO WORKS AT A CONVENIENCE STORE AND ASKING, “WHAT DO YOU WANT TO DO WITH YOUR LIFE? IF YOU WANT TO WORK AT A CONVENIENCE STORE, BEAUTIFUL. IF NOT, FIND OUT WHAT YOU WANT TO DO WITH YOUR LIFE. IF YOU ARE DOING WHAT YOU WANT TO DO, THEN COME FRIDAY, YOU DON’T NEED IT FOR IT铺设 drug or alcohol.”

“FAMILY. WELCOME TO BUDDHISM.”


BELOW THE SIGN IS A BRONZE STATUE OF AN EMACIATED MAN SITTING CROSS-LUGGED ON A BLANKET OVER HIS LEG. STEFF LIGHT’S INNOCENCE AND BOWES BEFORE THE THOUGHT IN FRONT OF IT AND ASSUMES THE SAME POSTURE: ‘WHAT ARE YOU ALL DOING HERE?’

THAT’S PROBABLY THE MOST IMPORTANT THING I’LL SAY ALL NIGHT: ‘WHY ARE YOU HERE?’

‘TO PRACTICE CLEARING MY MIND,’ COMES A REPLY. ‘PEACEFUL, JOYFUL, AND FREE,’ COMES ANOTHER. ‘TO SIT.’

JEFF RINGS THE BELL THREE TIMES, AND WE BEGIN BY RECITING THE HEART SUTRA, WHICH IS ‘IN ITSELF A MEDITATION. DON’T CONTINUE ON PAGE XX.

CHRIST PREACHED FROM ALL THE SCRIPTURES

RECEIVE CHRIST IN WORD AND SACRAMENT EVERY SUNDAY. REVERENT WORSHIP. BIBLICAL EXPOSITION, PREACHING OF LAW AND GOSPEL. CATHECISM FOR ALL AGES, INCLUDING ADULTS, TAUGHT BY DR. MICHAEL HORTON, PROF. OF THEOLOGY AT WESTMINSTER SEMINARY.

CHRIST UNITED REFORMED CHURCH

10333 Mast Blvd., Sanitee 92071 619-259-8500 www.churcston.org

CHRISTIAN WORSHIP REVIEWED

AN OLD R.C. COMIC STRIP HOLDS DOWN ONE CORNER OF THE PICTURE WINDOW THAT LOOKS IN ON THE DHARMA BUM TEMPLE — A WHIMSIICAL ACCENT TACKED ONTO ANOTHER SERIOUS AND SENSITIVE TABLEAU:

“WHATCHA DOING TODAY?” ONE CAVEMAN ASKS ANOTHER.

“NOTHING.”

“You did that yesterday.”

“I wasn’t finished.”

For Dharma Bum Jeff, who runs the Temple’s Sunday-night introductions to Buddhism, it’s an example of Western culture illustrating Eastern wisdom. After the eight souls gathered into the temple’s cozy loft have taken time to settle their minds by sitting and focusing on breathing, Jeff asks, “What did you do to make the sun do this? Nothing. We need to take time to do nothing and just sit there.

There are causes and conditions to everything that goes on in our day, and you have to slow down a little bit to get what’s in your mind. The stillness...is your own mind’s reaction to what’s happening around you. What we’re working on in meditation is learning to react quietly and peacefully. When you begin to settle the mind, you learn to adapt to whatever condition is around you, and that’s where peace lies.”

As the evening progresses, he cites other examples in Ground Zero: Bill Murray escapes the endless repellion of Ground Zero only after each of his attempts has been purified, and “everything in Buddhism is about intentions.” When he asks seeking relief through myths, he goes after the root cause of the desire for such pleasure: “More often than not, we use them to escape from our everyday situation. Look at the causes and conditions of your long week. Scene 23 of Fight Club, a very graphic but beautiful movie. Tyler Durden is holding a gun to the back of the head of a guy who works at a convenience store and asking, “What do you want to do with your life? If you want to work at a convenience store, beautiful. If not, find out what you want to do with your life. If you are doing what you want to do, then come Friday, you don’t need it for ‘to get drugs or alcohol.’

‘Family. Welcome to Buddhism.’

‘Let’s back up, following you through the heavy door, shoes away, the crooked stair, passing through the lobster soft pocked under the curving roof, stepping over the threshold with the tiny sign at your feet: ‘The Zendo is your feet. Please take care of it.’ Settling on the round cushion and taking in the sign on the cranberry-red wall: ‘I have arrived. I am home.’

Below the sign is a bronze statue of an emaciated man sitting cross-legged on a blanket over his legs. Jeff Light’s innocence and bowes before the thought in front of it and assumes the same posture: ‘What are you all doing here?’

That’s probably the most important thing I’ll say all night: ‘Why are you here?’

‘To practice clearing my mind,’ comes a reply. ‘Peaceful, joyful, and free,’ comes another. ‘To sit.’

Jeff rings the bell three times, and we begin by reciting the Heart Sutra, which is ‘in itself a meditation. Don’t continued on page xx.

CHRIST PREACHED FROM ALL THE SCRIPTURES

Receive Christ in Word and Sacrament every Sunday. Reverent worship. Biblical expository preaching of Law and Gospel. Catechism for all ages, including adults, taught by Dr. Michael Horton, Prof. of Theology at Westminster Seminary.

Christ United Reformed Church

10333 Mast Blvd., Sanitee 92071 619-259-8500 www.churcston.org

Antiques & Collectibles

Asteur’s Antiques. Your local used furnishings store for American antiques and collectibles. 1840 N Grand Ave. 619-296-7200.

BROKEN APPLE IPHONES.

For Dharma Bum Jeff, who runs the Temple’s Sunday-night introductions to Buddhism, it’s an example of Western culture illustrating Eastern wisdom. After the eight souls gathered into the temple’s cozy loft have taken time to settle their minds by sitting and focusing on breathing, Jeff asks, “What did you do to make the sun do this? Nothing. We need to take time to do nothing and just sit there.

There are causes and conditions to everything that goes on in our day, and you have to slow down a little bit to get what’s in your mind. The stillness...is your own mind’s reaction to what’s happening around you. What we’re working on in meditation is learning to react quietly and peacefully. When you begin to settle the mind, you learn to adapt to whatever condition is around you, and that’s where peace lives.”

As the evening progresses, he cites other examples in Ground Zero: Bill Murray escapes the endless repellion of Ground Zero only after each of his attempts has been purified, and “everything in Buddhism is about intentions.” When he asks seeking relief through myths, he goes after the root cause of the desire for such pleasure: “More often than not, we use them to escape from our everyday situation. Look at the causes and conditions of your long week. Scene 23 of Fight Club, a very graphic but beautiful movie. Tyler Durden is holding a gun to the back of the head of a guy who works at a convenience store and asking, “What do you want to do with your life? If you want to work at a convenience store, beautiful. If not, find out what you want to do with your life. If you are doing what you want to do, then come Friday, you’re fine. You don’t need it for ‘to get drugs or alcohol.’

‘Family. Welcome to Buddhism.’

‘Let’s back up, following you through the heavy door, shoes away, the crooked stair, passing through the lobster soft pocked under the curving roof, stepping over the threshold with the tiny sign at your feet: ‘The Zendo is your feet. Please take care of it.’ Settling on the round cushion and taking in the sign on the cranberry-red wall: ‘I have arrived. I am home.’

Below the sign is a bronze statue of an emaciated man sitting cross-legged on a blanket over his legs. Jeff Light’s innocence and bowes before the thought in front of it and assumes the same posture: ‘What are you all doing here?’

That’s probably the most important thing I’ll say all night: ‘Why are you here?’

‘To practice clearing my mind,’ comes a reply. ‘Peaceful, joyful, and free,’ comes another. ‘To sit.’

Jeff rings the bell three times, and we begin by reciting the Heart Sutra, which is ‘in itself a meditation. Don’t continued on page xx.
GET DISH. Free installation, $19.99/month. HDTV and Showtime free, over 50 HD channels free. Lowest prices. No equipment to buy. Call now for full details. 877-293-4433 (ANAD CALL).

LAWNMOWER ENGINES. My private collection of 20 years, 27 assembled. 3-5 horsepower. B&S, some Honda. All good, some as new. MANY extras. $500, 247-3819.


MIRRORS, antique, 10; 15 board games. $20. $35. 619-670-7821.


MISCELLANEOUS. More. 619-420-3312.

MIRROR. 619-266-3910. Brass finish, clear glass, bulbs. Sell individually or all @ $35. Brass, finish, clear glass, bulb. Sell individually or all @ $50. Cash. 858-355-3162.


PANTALEONES. 34 1/2". Tiffany, never worn. $250 each. 619-442-7681.

POWER WHEELCHAIR. Pradiseo new Par Mobility CTS Corp power wheelchair for sale. In excellent condition. $5000, 858-459-4648.

QEP 60010, 10 inch, D-S tile cutter with bag. $95, 858-395-7406.

REAR VIEW MIRROR, 619-670-7821.

RACKS. 3'x5', $25. 6', $50. 15', $95. 858-355-3162.

ROLLING TRAYS. 30". Good condition. $25 each. 619-442-7681.

Saw, 2HP, only been used for one job, almost new. $450. 619-715-7559.

WHEELCHAIR, Pnuematic, electric, removable footrests, no longer needed. $250, 661-598-2460.

WI-FI ACCESS. Surf the web at home or in the office. $150, 858-395-1368.

WIRE. 100' black, $10. 100' white, $10. 619-266-3910.

WIRELESS. 84000. $35. 619-866-9844.


WORLDS OF TRADING. 25 free! 619-442-7681.


WADE SALE. Aquarium stand, refrigerator, dryer, heater, dishwasher, microwave. TV, stands, stereo, beds, daybed, dressers, recliner, coffee and table sets, chairs, vacuum, bikes, 619-450-6700.


WATERBED. Traditional 11'x7', $700. King, $800. 858-395-4293.

WEEDING & LAWN. 3 rooms, 3 bathrooms, 3 months. $1200. 619-715-7559.


WOODS PRODUCTS. QEP 60010, 10 inch, D-S tile cutter with bag. $95, 858-395-7406.

THE ALPHA COURSE: An open invitation to explore Christian faith
Saturday, 4:30 - 6 p.m. February 6 - March 27
Find out more about Christian faith in a relaxed, friendly environment. Each of eight weekly sessions covers a specific aspect of this spiritual tradition and includes a meal, a brief presentation and small group conversation. Child care is provided. All free of charge.
Registration requested but not required. For more information: www.grace-sd.org/ALPHA 619.475.5943
Green Earth Herbal Collective
936 Garnet Avenue • San Diego, CA 92109
p: (858) 270-4342 • f: (858) 272-4342
7 days: 11 a.m.-9 p.m.
www.greenearthherbalcollective.com

Relaxed, friendly atmosphere
The Beach Collective
4852 Voltaire Street • Ocean Beach
619-274-3100
Mon.-Sat. 10 a.m.-6 p.m.
Free gift for all new patients.

KNOWLEDGEABLE FEMALE STAFF
Green Earth Herbal Collective
936 Garnet Avenue • San Diego, CA 92109
p: (858) 270-4342 • f: (858) 272-4342
7 days: 11 a.m.-9 p.m.
www.greenearthherbalcollective.com

NO 1/8 OVER $45 EVER!
Free gram for all new patients with min. $45 donation.
6902 La Jolla Blvd. #B • 858-729-9927
Corner La Jolla Blvd. & Nautilus St.
Look for the blue awning. Plenty of safe parking.
Monday-Saturday 11 am-8 pm, Sunday 11 am-6 pm
In compliance with Prop 215, 11362.5, and CA H&S code sections 11362.5, 11362.7

Free gift for first-time patients.
California’s Best Meds
619-582-4035
Quality meds at great prices.
Doctor referrals • Non-profit • Handicap accessible
Community service advocates
7 days a week
Mon.-Sat. 10 am-9 pm, Sun. 10 am-8 pm
Patients must have a recommendation from a licensed doctor.
Recommendations will be verified. Our compassionate care is distributed only in accordance with California’s Health and Safety Code 11362.5 and 11362.7, Prop 215, and SB 420.

FREE gift for all new patients.

10% OFF
For all patients. With this ad.
5121 Santa Fe St., San Diego, CA 92109
Open 9 am-9 pm, 7 days
Office: 858-273-9300
E-mail: green_room@verizon.net
www.gourmetgreenroom.com
Free Gram
with $50 donation (new patients only)

IN BANKERS HILL

ATHC
Alternative Therapy Herbal Center

$25.00 COUPON
New Qualified Patients Only
Minimum Order of $60

(619) 825-0955
3251 FOURTH AVENUE San Diego, CA 92103

Operating in accordance with Prop. 215 - S.B. 420 - H&S 11362.5

MC²
Get Legal!
Medical Marijuana Evaluations

$50 off
for new patients
Mention this ad and price is $125.
Patient ID cards included.

$99 Renewals
ASA certified. FAST, SIMPLE, CONFIDENTIAL

Protect yourself under California Law.
Court-approved state license.
Visa | MasterCard | Debit

2515 Camino Del Rio S. #340 • Mission Valley
619-297-3800 • www.MC2SD.com

MC²

Medical Marijuana Recommendations

Greenleaf Care
Low-cost and Confidential Recommendation allows you to possess and use medical marijuana legally.
888-774-7076
greenleafclinics.com

Carlsbad Village
Mission Valley

Medical Marijuana Evaluations

• Appts. 7 days • Walk-ins welcome
• 24-hr. - 7 days/week online verification service
• $100 Renewals
• Discounts for SSI, Disability & Unemployment.
Legitimate and affordable. Dr. Sterner has 13 years’ experience working with medical marijuana patient needs.

Anti-Aging Arts
1516 W. Redwood St., #105
(near airport)
888-220-2931
24-Hr recorded info 619-442-4215
www.medicalmarijuana-sandiego.com

Free gift with minimum $20 donation.

East County Cooperative

7200 Parkway Dr. #102 (near Lake Murray Blvd.)
Monday-Friday 11-7, Saturday 1-6, Sunday Closed
619-713-5922 • EastCountyCoop.org

Medical Marijuana Evaluations

EXPERT PROP 215
PATIENT EVALUATIONS

FREE Online Prequalification
SAVE $25

MEDICAL MARIJUANA OF SAN DIEGO
NOW OFFERING 24/7 VERIFICATIONS
888.215.HERB
Bob Blake, M.D.
www.mmofsd.com
In Mission Valley! $89 Evaluations in Minutes! *For legal use of Medical Marijuana

Evaluations in Minutes! *For legal use of Medical Marijuana

辍 No Patient Records Needed
Renewals only $59

Holistic Enterprise Medical Partners
2815 Camino Del Rio South, Suite 275
San Diego 92108

Call 619-294-HEMP
(619-294-4367)

CANNABIS CENTER

If you suffer from Migraines, Nausea, Chronic Pain, Cancer, Stress, Depression, Anxiety, AIDS/HIV, Insomnia, High Blood Pressure, Loss of Appetite, or any other condition for which marijuana provides relief under Prop 215 then you may qualify for Medicinal Cannabis.

Call us now to schedule an appointment to possess and use marijuana legally!

NEW EVALUATION ONLY $99
ID Card Included *80 Renewals

BY APPOINTMENT ONLY

3235 FOURTH AVENUE, SAN DIEGO
619 866 4579 / WWW.CANNABISRXCENTER.COM

Get Legal New Evaluation $99
Open 7 days • Walk-ins • Compassionate Confidential Care

420 Cannabis Cards
3780 Hancock #G, Sports Arena Area
888-554-4404

Medical Marijuana Cards

Medical Cannabis

You’ve had the right. Now you have the right source.
Must have doctor’s recommendation.

La Jolla
858.456.1779
1012 Prospect St., #300
(On the top floor of the English Language Center)

San Diego
619.221.2932
3405 Kenyon St., #201

$10 OFF
(Minimum donation $60)

4 1/2 Gram Eighths / 8 Gram Fourths
(First-time members only)

the Happy co-op

Mon.-Sat. 10 am-8 pm
Sun. 10 am-6 pm
5703 Oberlin Drive, Suite 201
San Diego, CA 92121
858-550-0445
thehappycooperative.org

In accordance with Prop 215, SB 420, H&S 11362.5

sacmedicinal.com

10 am-7 pm, 7 days a week
In accordance with Prop 215, SB 420, H&S 11362.5
**TOTALY CONFIDENTIAL • 24-HOUR VERIFICATION • FAST & SIMPLE**

Do you suffer from: AIDS, depression, nausea, glaucoma, migraines, anxiety, chronic pain, cancer?
“Or any other illness for which marijuana provides relief” – Prop. 215

$99 for new patients
$75 renewals

**CALL FOR AN APPOINTMENT:**
877-627-1644
WWW.MEDIMARCLINIC.NET • 9 am-6 pm 7 Days a Week
2121 5th Ave. #100 in Banker’s Hill near Downtown
(Along MTS routes 3 & 5)
Pantytime®
2010

Buy 2 intimates get the 3rd free.*

Select styles 50% off. See stores for details.

Feb. 4-21

Made in Downtown LA
Sweatshop Free
www.americanapparel.net

*Third item must be of equal or lesser value. Cannot be combined with other discounts or promotional offers.

Visit us online for additional Pantytime deals and to enter our Search for the Best Bottom in the World.

American Apparel®