

SAN DIEGO

VOLUME 39 / NUMBER 7  
FEBRUARY 18, 2010

# Reader

556  
COUPONS  
INSIDE

# HOME OWNER ASSOCIATION HORROR STORIES

**My worst landlord  
was a dream compared  
with these people**

Tijuana's nightlife begins to stir on Calle Sexta – See Yonder Lies It





## Body after



with

# VelaShape™

**The only complete non-surgical alternative to liposuction.**

- Reduces waist, love handles & thighs
- Tightens sagging skin
- Circumferential fat reduction\*
- Improves appearance of cellulite

**Best Treatment for Cellulite and Body Shaping**

**\$99** (Reg. Price \$200)

**First Treatment**

1 area. Not to be combined with any other VelaShape offer. Area size is up to 8.5 x 11 inches. Expires 3/6/10.

\*Optimum results with series of treatments. Results may vary.

**9040 Friars Rd., Suite 500**  
Call us to schedule your FREE consultation:

**1-888-220-9476**  
**beatitudemedspa.com**  
M-F 10 am-7 pm, Sat. by appointment.  
Conveniently located in Mission Valley,  
2 blks. west of Costco.  
All medical procedures and consultations  
performed by Dr. Chang, M.D.



**Beatitude**  
AESTHETIC MEDICINE & ACNE CENTER

See our complete ad in the Health and Beauty section.



## PERFORMANCE + COCKTAILS

AN ALL-INCLUSIVE SOCIAL MIXER + NETWORKING NIGHT FILLED WITH ART, CULTURE AND THEATRE AT IT'S BEST!

**"Curio cabinet of theatrical marvels"**  
— Los Angeles Times



# AURÉLIA'S ORATORIO

**"Thierrée ... not only makes the stage a wonderland, she owns it."**  
— San Diego Reader

STARRING: AURÉLIA THIERRÉE  
CREATED AND DIRECTED BY: VICTORIA THIERRÉE CHAPLIN  
FEATURING: JAIME MARTINEZ  
SPONSORED BY: Deutsche Bank

**SATURDAY, FEBRUARY 27, 2010**

Pre-party includes appetizers, drinks and music + giveaways by Sophie 103.7 Morning Show Host Jennifer White!

6:00 pm Pre-Party + Mixer  
**Athenaeum Music + Arts Library**  
1008 Wall Street, La Jolla, CA 92037

8:00 pm Performance  
**Aurélia's Oratorio at La Jolla Playhouse**

All-Inclusive Tickets: **\$25**

Performance & Cocktails is sponsored by:  
**Sophie@103.7**

**ATHENAEUM MUSIC & ARTS LIBRARY**  
**KARL STRAUSS THEATRE COMPANY**

**(858)550-1010 lajollaplayhouse.org**

## Body

- Liposculpture
- Tummy Tuck
- Arm Lift
- Body Lift
- Thigh & Buttock Lift

## Breasts

- Breast Augmentation
- 4 incision options
- Breast Lift
- Breast Reduction

## Face

- Face, Neck and Forehead Lift
- Eyelid Lift
- Nose Reshaping
- Botox® • Chemical Peels
- Juvederm® • Dysport™
- Sculptra® • Fraxel® II Laser
- Artefill® • Restylane®




**“I never dreamed I could be this happy with my results.”**  
— M.M.

**Robert Kearney, MD, FACS**  
9834 Genesee Avenue, Suite 129, La Jolla  
**www.kearneymd.com**  
Financing available  
**Free consultations: 888-231-0279**

**DOUBLE BOARD CERTIFIED PLASTIC SURGEON**

**“My heart will always be grateful to Dr. Kearney for what he's done to improve my self-image. I feel refreshed and more alive.”**  
— J.H.



## Breasts

- Breast Augmentation
- 4 incision options
- Breast Lift
- Breast Reduction

## Body

- Liposculpture
- Tummy Tuck • Arm Lift
- Thigh & Buttock Lift
- Body Lift

## Face

- Face, Neck and Forehead Lift
- Eyelid Lift • Nose Reshaping
- Botox® • Chemical Peels
- Juvederm® • Dysport™ • Sculptra
- Fraxel® II Laser • Restylane® • Artefill

**Robert Kearney, MD, FACS**  
9834 Genesee Ave., Suite 129, La Jolla  
**www.kearneymd.com** Financing available  
**Free consultations: 888-231-0279**

**DOUBLE BOARD CERTIFIED PLASTIC SURGEON**



# GRACIE

SEMI ANNUAL  
**TENT  
SALE**  
**BIGGER  
THAN  
EVER**

**Thursday - Saturday**

**FEB. 25,26,27**

**DOORS OPEN AT 10 AM**

**RAIN or SHINE**

**SAVE UP TO**

**75%  
OFF**

16087 San Dieguito Road #D2  
Rancho Santa Fe, CA 92067  
858-756-2628 | Shop online at [graciebtq.com](http://graciebtq.com)



...live a little



# Storage Delivered!

## As easy as 1,2,3

**FREE**  
Delivery &  
Pickup

with 3 month  
minimum storage  
(a \$99 savings)

1

Have one or more Big Box storage units delivered to your apartment or house.



2

Load the Big Box at your convenience. Each measure 8'x5'x7' (LxWxH) and can hold up to a room and a half.



3

The Big Box will be picked up for secure indoor storing. Free storage access available 7 days a week.



**BIG**<sup>®</sup>  
**BOX**  
storage

Schedule a Big Box delivery by calling **888-245-6974** or online at **www.BigBox.com**. Rates as low as \$59 per month, backed by a low price guarantee!



February 18, 2010

## NEWS & FEATURES

### Home Owners Association Horror Stories

Woodgate, Noisegate, Treegate, Petgate... By Bill Manson .....26

### City Lights

Watch manufacturing and construction fade away;  
and Under the Radar.....6  
How companies buy their way into prison; and Stringers .....7

### Yonder Lies It

The Calle Sexta phenomenon. By Lorena Mancilla.....16

### Letters

18

### Back When

Speed bumps in Boulevard.....19

### Straight From the Hip

Have a cup of Pacific Ocean.....20

### Sporting Box

Vancouver by Bonneville.....21

### Fast Break

High school B-ball highlights.....22

### Best Buys

Send a message on your plate.....23

### Diary of a Diva

Memoir of a beer virgin .....24

### El Cajon Boulevard Before Daybreak

Brown-puddle water keeps me centered.  
By Jennifer Emond.....52

Off the Cuff.....127

Puzzle Wordsmiths play here.....128

Sudoku Find fame in a numbers game.....130

Typo Patrol Results.....133

News of the Weird .....145

### Sheep and Goats

Downtown Zen .....147

## CALENDAR

### Events

Outdoors, Special, Dance, Film, Food & Drink, For Kids,  
Galleries, In Person, Lectures, Sports, Museums & Public Art.....61

### Gather No Moss

A good meal in Avila Beach; a Jewish museum in the Dominican  
Republic; and dinosaurs of the oil industry in Pennsylvania.....62

### Roam-O-Rama

Hike the loop around Airplane Ridge (and see the engine)  
at Cuyamaca Rancho State Park.....64

### Rhyme & Verse

Two poems by Christina Rossetti.....68

### Restaurant Reviews and Guide

A new wine bar in La Mesa .....75  
What the Chef Eats .....80

### Music

Classical .....67  
Blurt .....85  
Club Crawler .....88  
Robin Henkel, deep in the Delta.....90  
Everyone's a Critic.....98

Happy Hour! Bargain sauce and snacks .....101

### Theater Review and Guide

The Man Who at the New Village Arts Theatre,  
and The Revenger's Tragedy by UCSD Theatre and Dance.....104

### Movie Review and Guide

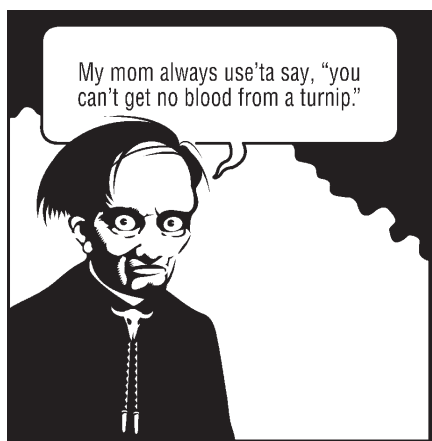
Duncan Shepherd observes Valentine's Day.....109



Iron Man writes a book — See page 72



— See page 109



— See Classifieds

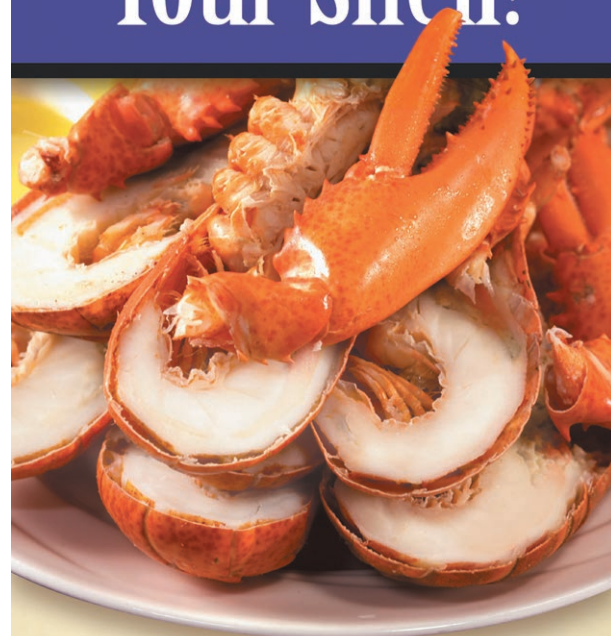
## ADVERTISING

Classified Ads .....117

### Display Ads

Automotive .....137  
Career Training.....119  
Health and Beauty.....41  
Help Wanted .....117  
Natural Living.....108  
Legal Solutions .....8  
Music .....132  
Rentals.....134  
Research Studies .....30  
Services.....129  
Singles Events.....73  
Special Event & Party Services.....60  
Travel & Getaways .....62

# Come Out Of Your Shell!



## The lobster is endless at Valley View Casino!

Enjoy all-you-can-eat lobster every night  
of the week at Valley View Casino!  
Plus, indulge in over 30 feet of seafood,  
authentic cuisine from around the world and  
decadent desserts. And when you join the  
Players Club, your first buffet is free! So, come  
out of your shell and dig into some of ours.

# FREE

all-you-can-eat

## LOBSTER BUFFET!

when you join the Players Club!

Offer is for new Players Club members. Please present coupon when joining the club. Membership is free! Valid for lunch or dinner; lobster served at dinner only. Not valid with any other dining offer. Management reserves all rights. Expires: 4/12/10

# PLUS!

## Get \$20 MOREPLAY™

...that's free slot play!

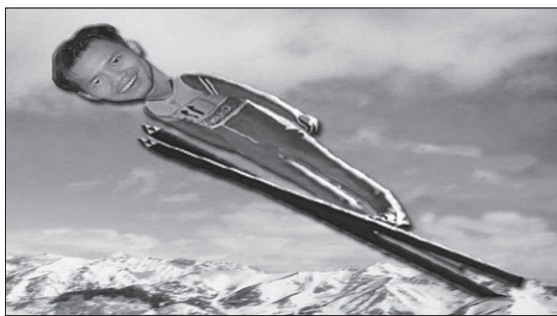
when you earn 20 points in a 24-hour period.

**VALLEY  
VIEW  
CASINO**  
*San Diego's Favorite™*

**1-866-VIEW-WIN**  
**ValleyViewCasino.com**

While the choices in our buffet have no limit, your age does. Guests must be 21 or older to enjoy the casino and restaurants. Management reserves all rights.





# Andy, President of Car Audio Heaven, Wins a Gold Medal He Celebrates by offering up to 70% off

Check Us Out On  
FACEBOOK!

**SALE!**  
Up to 70% off  
THIS WEEK ONLY

# CAR-AUDIO-HEAVEN

[www.caraudioheavenusa.com](http://www.caraudioheavenusa.com)

## AUTOPAGE

### Super Sale on a Remote Controlled Car Alarm



Two (4) Button Remotes, Shock Sensor with a Warnaway, Flashing Parking Lights, Panic Feature, Code Hopping Technology

**\$99**

Includes install



## New!



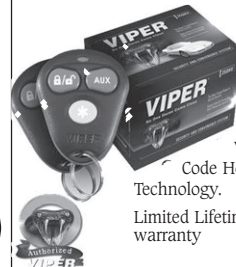
### Cutting Edge Technology!

Control your compatible Viper Car Alarm from your I-Phone or I-Touch. Remote-start your car or lock/unlock your doors from anywhere in the world by using your phone. You can be notified when your perimeter protection is violated. Remote Panic/Car Finder/Remote Trunk release.

All these features are controllable if your compatible alarm has these features.

**\$399**

Installed.



**VIPER** Remote Controlled Car Alarm Starter Kill, Light Flash, Panic Mode, 2 Remotes, Dual-Zone Shock Sensor with Warnaway

Purchase price \$199  
Instant rebate -\$50  
You pay \$149

Code Hopping Technology.  
Limited Lifetime warranty

**\$149**

Installed

## VIPER

### Paging Car Alarm Blowout!



New technology car alarm pages you when your car is tampered with or alarm is triggered. Bright LCD display shows you which zone has been violated. Includes installation.

Purchase price \$399  
- Gift Card -\$150  
You pay \$249



### Top-of-the-Line VIPER

Pager Remote Start Car Alarm with 1-mile Range. Slimmest Display Remote on the market.

5 buttons control 24 functions. Active Temp shows car temperature. Text display shows which zone has been violated. Lock/Unlock Doors,

Dual-Zone Shock Sensor, Starter Kill, Remote Car Start, Pager Pages you when zone violated.

Purchase price \$549  
- Instant rebate -\$100  
You pay \$449

**\$449**

Installed



**VIPER** Pager Alarm Remote Car Start, Car Alarm, Starter Kill, Light Flash, Panic Mode, 2 Remotes, Dual-Zone Shock Sensor with Warnaway.

Purchase price \$479  
- Instant rebate -\$130  
You pay \$349

Code Hopping Technology.  
Alarm Pages you when a zone is violated—shows which zone is violated. Slim Remotes.

**\$349**

Installed

## KENWOOD In-dash stereo



200-watt AM/FM, detachable-face CD, iPod jack, and RCA output to add amplifier. Authorized Kenwood dealer.

**\$69**



## Super Bass Deal

**JVC** 180-watt rms bass amp  
300-watt max deep bass woofer & vented box

**Save! \$149**

## KENWOOD Huge Blowout on a 200-watt AM/FM/CD Player with Front-Panel iPod Input



Includes (4) 120-watt 6.5" Speakers

**Save over 50% off MSRP Now**

**\$149**



**Boston acoustics Super Speaker Deal**  
Buy a Top of the Line Quality Crystal Clear Component Mid Range and Tweeter Set at regular price and get a pair of full range high definition coaxial speakers at half off list



## Super Bass Deal

**JVC** 170-watt rms bass amp  
300-watt max deep bass 12" woofer & vented box

**Save! \$199**



## Double DIN Eclipse AM/FM/CD/MP3/WMA

Front USB, front aux jack (3.5 mm), green or red backlight, control of iPod (iPC-008 optional)

**\$119**

Installation charges not included.

## Why cut into you original headrest?



New 7" LCD monitors with headrest available in three colors: black, gray and tan

**\$179**

Installation charges not included.

## Pioneer



## ITEM OF THE WEEK

### AVH-P3100DVD

DVD/CD/MP3/WMA/AAC playback fits double-sized dash openings, avhp310-fjpeg, expandable with Pioneer satellite radio, iPod adapter, Bluetooth adapter, HD Radio tuner.

**\$349**

Installation charges not included.

## JVC Unbelievable Amp Deal



Buy 1 crystal-clear 500-watt mono amp for \$220 and get the 300-watt 4 chi amp at 1/2 off list (\$99) both for only

**\$319**

## iPod wired directly to your stereo

Apple iPod Solutions will add sound directly to your radio. No noisy FM modulator. JVC, Kenwood, Pioneer, Alpine, GM, Chrysler, Nissan, Ford, Honda, Mercury, VW, Toyota, Audi and Acura. Installation charges not included.

**Call for price!**



Our Window Tint Department has tripled in size with outstanding quality. Rear 3 windows some cars

**\$99**

There are shade limitations for this special



**El Cajon City** 619-444-2021  
1225 Broadway

**Sports Arena** 619-574-0770  
3713 Rosecrans Street

**Kearny Mesa** 858-505-9099  
8199 Clairemont Mesa Boulevard

**San Diego** 619-287-4422  
4951 El Cajon Boulevard



# L A S I K

(Laser Vision Correction)

Over 60,000 Surgeries Performed to Date!



**San Diego Pro Football Player Shaun Phillips**

"Having the doctors in the top 1% of the country in your own backyard – you can't ask for anything better."

*-Shaun Phillips, Pro Football Player*



Winner of 2009 Patients' Choice Award by Consumer Research

## Payment Options

- **Interest-Free Financing (Guaranteed Approval)\***
- **Some Insurances**
- **FLEX Spending Account**
- **Military and Law Enforcement Discounts**

**Standard LASIK**  
**\$22<sup>00</sup>\***  
PER MONTH PER EYE

Based on financing both eyes.  
Per eye – any nearsighted prescription with no astigmatism. Additional \$8 per month per eye for astigmatism (or \$300 per eye).

**All-Laser (blade-free) Standard (Intralase)**  
**\$32<sup>00</sup>\***  
PER MONTH PER EYE

Based on financing both eyes.  
Regularly \$2000 per eye  
(app. savings of \$800 per eye)  
Per eye – any nearsighted prescription.

**Custom LASIK**  
**\$35<sup>00</sup>\***  
PER MONTH PER EYE  
OR **\$1499** PER EYE

Based on financing both eyes.  
Regularly \$2500 per eye  
(app. savings of \$1000 per eye)  
Per eye – any prescription.

**One Week Only!**

**Free Designer Sunglasses** (Up to \$400 value)

with

**All-Laser (blade-free) Custom Intralase iLASIK**

Prada • Dolce & Gabbana • Fendi • Gucci • Bvlgari

**BEST DEAL**

**\$1799**

OR **\$42<sup>00</sup>\***  
PER MONTH PER EYE

Based on financing both eyes.

PER EYE, ANY PRESCRIPTION. WITH COUPON.

Regularly \$2850 per eye (approx. savings of \$1050 per eye).

Sunglasses limited to \$400 value for one single pair of sunglasses when both eyes are done. Limited to current inventory. No cash value. Some restrictions may apply. Call for details.

\*Financing is based on 48 or 60 months at 14.9% interest per month, depending on total amount financed (OAC). All offers are for new patients only with no prior history of refractive surgery. Cannot be combined with any other offers and/or promotions. No cash value. Offer cannot be applied retroactively to prior procedures. Some restrictions may apply. Expires 3/6/10.

Call for a Complimentary Consultation

**1-800-GET-LASIK** (438-5274)  
or **888-558-5143**

Se Habla Español Promo Code: RDR0218

**www.GlobalLaserVision.com**

**facebook**

Become a fan



**DR. FARZAD YAGHOUTI, MD**

Cornea and Refractive Eye Surgery Specialist from Harvard University  
Recipient of Patients' Choice Award 2009  
Recipient of America's Top Ophthalmologists Award  
Recipient of Best Lasik Surgeon in San Diego Award  
Recipient of Physicians Dedicated to the Health of America Award

\*\*Down payment and processing fee required. Must be employed for past two years. Valid state-issued identification, major credit card and checking account in patient's name required. Certain terms and conditions may apply. Call for details.

## General Ophthalmology

### Do You Have Pterygium? (¿Carnosidad?)



Pterygium (pronounced tur-IJ-ee-um) is a growth on the inner corner of the eye which could lead to irritation or astigmatism.

**Our fast procedure can remove this growth with no sutures.**

Dr. Yaghouti has been voted America's Top Ophthalmologist by Consumer Research Council of America.

### Need Contacts or Glasses?



**We accept some insurances.**

#### Free Eye Exam

(With purchase of frame & lenses)  
Offering a variety of designer eyewear.

New patients only. With no insurance. Savings of up to \$190. Expires 3/6/10.

#### Contact Lens Exam \$75

Includes eyeglass prescription, fitting, follow-ups, and solution kit. (Toric, multifocal and gas perms slightly higher.)

New patients only. With no insurance. Savings of up to \$190. Expires 3/6/10.

### Routine Eye Exam

for Evaluation of:

- Cataract • Corneal Diseases
- Glaucoma • Dry Eye
- Other Conditions

We accept some insurances.

\$90 for new patients with no insurance.

Savings of \$190. Does not include prescription for contacts or glasses. Expires 3/6/10.



**GLOBAL LASER VISION**  
MEDICAL CENTER, INC.

**6950 Friars Road, Suite 100**  
(Across from Fashion Valley Mall)





**Earl Scheib**  
AUTO • PAINT • BODY • SINCE 1937

**FREE ESTIMATES**  
**1.888.226.8603**

AMERICAN EXPRESS DISCOVER MasterCard VISA

MON.-FRI. 7:30 AM - 6:00 PM  
SAT. 8:00 AM - 12:00 PM  
**earlscheib.com**  
Se habla español

SAN DIEGO - SPORTS ARENA  
3820 Rosecrans St.  
San Diego, CA 92110

NATIONAL CITY  
111 National City Blvd.  
National City, CA 91950

CHULA VISTA  
951 Broadway  
Chula Vista, CA 91911

OCEANSIDE  
2027 Oceanside Blvd.  
Oceanside, CA 92054

EL CAJON  
1002 W. Main,  
El Cajon, CA 92020

ESCONDIDO  
1002 W. Mission  
Escondido, CA 92025

**Put your tax return to good use.**  
**EARL SCHEIB WANTS YOU TO PAINT YOUR CAR NOW!**

**\$99**  
**Bumper Special\***  
ACT NOW! OFFER EXPIRES 3/3/10

**\$249**  
**Paint Service\***  
Reg. \$399.00  
ACT NOW! OFFER EXPIRES 3/3/10

**ASK ABOUT**

\*Limits and exclusions apply. May not be combined with any other offers. Must present coupon at time of estimate. SDR02

\*Silver Level Paint Service. EXCLUDES Prep, Bodywork, Replacement Parts and Pearl Colors. \$25.00 Environmental Compliance charge applies except in PA. Trucks, vans, sport/utility vehicles and some colors slightly higher. May not be combined with other offers. Must present coupon at time of estimate. SDR02



**iTAN'S Customer Appreciation Day**  
**FEBRUARY 27TH!**  
*NOW THAT'S Satisfaction!*

**\$1 Sign-Up!**  
FOR ALL iCLUB PACKAGES

**\$1 Upgrades!**  
ALL iCLUB MEMBERS

**\$1 Tans!**  
ON ALL LEVELS, INCLUDING MYSTIC

**20% Off!** ALL PACKAGES & LOTIONS

Some restrictions may apply. See your iTAN tanning consultant for more details.

Visit one of our 20 San Diego locations today! Go on our website for a location nearest you:

**Australian Gold** **DESIGNER SKIN**

**www.ITANSOLARIUMS.COM**



**BANKRUPTCY**  
**Start Fresh With A Clean Slate!**  
**'99 To Start**  
**Eliminate Debt! Stop Foreclosure! Keep Your Home!**  
**CALL NOW FOR A FREE CONSULTATION**  
Convenient Location • Free Parking  
**619-260-1800**  
**www.gobksandiego.com**  
Toll-free: 877-GOBK619 or 877-462-5619  
Se Habla Español



Call to find out about attending one of our **FREE** bankruptcy seminars!

**SAN DIEGO BANKRUPTCY**  
LAW FIRM

We are a debt relief agency. We help people file for bankruptcy relief under the Bankruptcy Code.



**Affordable PPO Health Plans**  
For Individuals and Families • 12-month rate guarantee

Age*	Male Rates	Female Rates	Age*	Male Rates	Female Rates
0	\$233	\$233	35	\$135	\$186
1	\$140	\$140	40	\$152	\$211
2-18	\$74	\$74	45	\$214	\$239
19	\$83	\$111	50	\$272	\$290
25	\$94	\$134	55	\$349	\$336
30	\$119	\$159	60	\$441	\$427

\*Call for rates based on your age.  
\$30 Co-pay Office Visit • Prescription Drug Card  
\$0 Co-pay Well Woman Exam • \$30 Co-pay Preventative Care (\$200 Limit)  
Monthly rates effective 1-1-10 for San Diego County. Aetna \$2500 PPO Plan.

**California Healthquote Insurance Services**  
701 Palomar Airport Road, Ste. 300, Carlsbad, CA 92011 • 800-788-4678

**Aetna**  
CA Insurance Lic. #s: 0712596, 0706675, 0C84228  
[www.cahealthquoteins.com](http://www.cahealthquoteins.com)

**EDITOR**  
Jim Holman

**NEWS & FEATURES EDITOR**  
Ernie Grimm

**SENIOR EDITOR**  
Matt Potter

**ASSISTANT EDITORS**  
Heather Goodwillie, Robert Mizrahi, Robert Nutting

**EDITORIAL ASSISTANTS**  
Scott Ellis, Hector Lam, Russ Lewis, Chris Woo

**CONTRIBUTORS**  
Don Bauder, Ed Bedford, Jane Belanger, John Brizzolara, Patrick Daugherty, Joe Deegan, W.S. Di Piero, Barbara Fokos, Ernie Grimm, Mary Grimm, Moss Gropen, Dorian Hargrove, Thomas Larson, Deirdre Lickona, Matthew Lickona, Thomas Lux, Bill Manson, Linda Nevin, Elizabeth Salaam, Jerry Schad, Duncan Shepherd, Jeff Smith, Leslie Venolia, Naomi Wise

**ADVERTISING SALES DIRECTOR**  
John-Paul Franklin

**ASSISTANT SALES MANAGER**  
Mercia Daughn

**SENIOR ACCOUNT EXECUTIVES**  
Kelly Bonelli, Bill Burton, Patricia Esperanza, Scott Fisk, Amy Grant, Amy McKibben, Randy Rice, Todd Westfall

**ACCOUNT EXECUTIVES**  
Kristy Coday, Brett Flynn, Stephen Hatch, Jeremy Lang, Jason Lawhead, Richard Maryn, Alvaro Mendez, Kristina Smith, Woody Wilson

**ACCOUNT MANAGERS**  
Jesus Cruz, Jr., Emily Moberly, Graeme Storey

**ADVERTISING ASSISTANT**  
Brian Carver, Andres Franco

**ADVERTISING ART DIRECTORS**  
Kenneth Koll, Suzan Peterson

**ADVERTISING SALES MANAGER**  
Chris Reed

**CLASSIFIEDS STAFF**  
Matthew Dickson, Anita Field, Chrissy Guevara, Maribel Juarez, Jeane Martinez, Patricia MacInnes, Holly Micelli, Sandi Miller, Ninoshcka A. Moreno Ortiz, Olivia Younan

**PRODUCTION MANAGERS**  
Deborah Condit, Sandy Matthews

**PRODUCTION ARTISTS**  
Frank Andrews, James Banerian, Gaby Beebe, Rex Beckham, Mike Brown, Jeremiah Dean, Jo Fojtik-Koll, Paul Johnson, Leslie Manes, José Ramirez, Jr., Jessica Wentzel

**ACCOUNTING STAFF**  
Kelly Ainsworth, Crystal Franco, Regina Gaither, Michelle Newby

**ADMINISTRATIVE STAFF**  
Linda Johnson, Angel Probst, Margaret Stann

**HUMAN RESOURCES MANAGER**  
Barbara Christensen

**INFORMATION TECHNOLOGY**  
Gavin Rattmann, Michael Wayne

**PROJECT MANAGER**  
Fred Hagen

**OPERATIONS DIRECTOR**  
Howard Rosen

All advertising in the *Reader* is subject to current rate card. The *Reader* reserves the right not to accept an advertiser's order. The entire contents of the *San Diego Reader* are copyright 2010, Jim Holman. All rights reserved.

**NATIONAL ADVERTISING**  
The Ruxton Group - 1-888-2Ruxton

**MAILING ADDRESS**  
*Reader*, P.O. Box 85803  
San Diego, CA 92186-5803

**OFFICE**  
1703 India Street (at Date)  
**619-235-8200**  
Paid classifieds

**GENERAL INFORMATION**  
**619-235-3000**





# Droopy Eyelids?

Are droopy eyelids making you look older or sleepy?  
Interfering with your vision?

**In just 20  
minutes  
you'll look  
10 years  
younger!**

**Free \$500 Gift  
Card through  
March\***

\$500 off both upper and lower lids\* or  
\$100 off either upper lids or lower lids.\*  
Call 619-697-4600 x105. Ask for Alma.

**Insurance  
can cover this  
procedure.**

Schedule a consultation to  
see if you qualify.  
Call 1-800-631-4590. Ask for Alma.



**Serving San Diego's eyecare needs for 29 years**

## Considering Laser Vision Correction?

Compare what we offer to what other San Diego surgeons offer.

	West Coast Eyecare	Other Eye Surgeons
■ Is your doctor "I Lasik" certified? .....	Yes	?
■ Will your exam, surgery and follow-up care be provided by the same doctor? .....	Yes	?
■ Do they use the new "Iris Registration Tracking Device" for a safer, more effective procedure? .....	Yes	?
■ Do they offer 4th generation FS Intralase to create a safer, faster, more controlled, bladeless all-laser procedure? .....	Yes	?
■ Do they have hidden prices or add-on fees? .....	No	?
■ Will they diagnose your vision needs and recommend the most appropriate refractive surgery (LASIK, CK, PRK, Multifocal Implants/Restor, etc.)? .....	Yes	?

**Call Alma for a free consultation**

**Refractive procedures from \$999 per eye  
\$500 off custom Intralase**



"Having the LASIK procedure has completely changed my life.  
I never thought I'd be so excited to wake up and be able to see my  
alarm clock! As nervous as I was to have this procedure done,  
Dr. Katzman and his staff were extremely comforting and explained  
everything as it was happening. I'd go back and do it a million  
times to keep my vision as perfect as it is now."

— Marisa K.

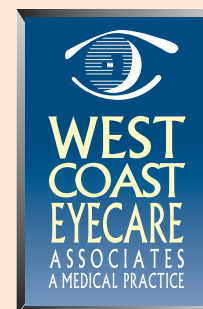
College Area/La Mesa • El Cajon • South Bay • Clairemont/Mira Mesa • Escondido/Vista/RB • Alpine • Se habla español.

**Dr. Barry Katzman voted one of San Diego's "Top Doctors" by San Diego Magazine**

"America's Top Ophthalmologist" from Guide to America's Top Ophthalmologists from Consumer Research Council of America.

**WestCoastEyeCare.com • 1-888-230-7314**

\*See office for details. All offers not valid with certain plans or insurance. Cannot be combined with other offers. Must bring ad at time of visit. Offer expires 3/31/10.





## UNDER THE RADAR

### It's all about the money

A top-secret plan by KPBS, the taxpayer-funded public broadcasting arm of San Diego State University, to buy an additional FM radio station here and devote its current FM frequency to a lucrative classical music format has been killed. SDSU owns and operates a public television station and FM radio station in San Diego; in November 2004 it spent \$1.1 million to buy KQVO-FM in Calexico, which later fell dramatically in value. According to a document titled "Funding Our News Future: A Case for Purchasing a New Radio Frequency," obtained from the university under the California public records act, KPBS management contemplated paying \$8 million for KPRI, a 30,000-watt FM station broadcasting from Mount Soledad and reaching 2.6 million people. By comparison, KPBS-FM, powered with just 2700 watts, has an antenna on Mount San Miguel in the southeastern part of the county and reaches 2.3 million people.

The current owners of KPRI, who had originally hoped to sell the station for \$30 million, according to the proposal, "have controlled the station for more than three decades and are looking to unload the property." The document says, "If KPBS is successful in purchasing the frequency, we will run a full-service classical music station on 89.5 FM [currently operating as KPBS-FM] and move our news service to 102.1 FM."

The report notes that, "All things being equal, News and Information services have greater audiences than classical music services." But though classical audiences are smaller than those for news and talk, the proposal argues, they have more money, and therefore the music-only station would be a cash cow for the university. "San Diego is home to one full-time classical station (XLNC1) that has a weekly audience of approximately 50,000. Their signal is difficult to receive, and their programming strategy has proven to be unsuccessful. In any case, their performance in the market cannot be used as an indicator of future performance...."

"There are untouched philanthropic dollars in San Diego that will be pledged to support a classical music station. These donors are not currently available to us because of our news format. It is advisable that we create a plan that focuses specifically on soliciting major gifts from donors who want to support the Fine Arts."

"A properly run classical music station can generate significant revenue. In fact, this scenario, with a purchase price of \$8m and conservative listener sensitive revenue projections,

shows positive cash flow after debt service in year #2. We could potentially reach \$1.5m cash flow by year #5. These revenues will go toward funding the KPBS News service, which rarely operates with positive cash flow."

The records show that **Erik Langner** of Public Radio Capital, a broker based in Boulder, Colorado, specializing in public broadcasting stations, was paid at least \$5000 to work on the KPRI deal but was denied additional funding by KPBS general manager **Tom Karlo** last summer. "A new agreement needs to go through SDSU. At this time with the State of California budget issues, this is something I don't have the time or energy to pursue," he wrote Langner in an email dated June 25. Langer agreed to continue working on the proposal under his old contract, but a spokeswoman for Karlo said last week that he had shelved any plans to buy KPRI.



Erik Langner

### Council's convention center cash

San Diego city councilmembers are awash in special-interest cash. During the last quarter, 16 Semptra Energy employees lined up to give a total of \$2100 to the reelection bid of Second District councilman **Kevin Faulconer**. And 19 Semptra workers gave a total of \$2350 to **Tony Young's** Fourth District campaign. Two October fundraisers were organized by **J.**



Kevin Faulconer

**William Ichord**, vice president of government relations. Another Tony Young fundraiser was held December 2 by four employees of the law firm of Sheppard, Mullin, Richter & Hampton LLP, which netted \$1550. During the final quarter of the year, Sheppard was paid \$42,000 by the city-owned San Diego Convention Center Corporation to provide real estate and contract negotiations related to the proposed expansion of that facility. Not to be outdone, **Ben Haddad** of California Strategies threw a fundraiser at his personal residence on November 2, raising \$3000 for Faulconer. Haddad's clients include HNTB, an L.A. contractor that wants a piece of the center expansion; it paid California Strategies \$30,000 to lobby mayoral staffer **Phil Rath**.



Ben Haddad

— Matt Potter

**The Reader offers \$25 for news tips published in this column. Call our voice mail at 619-235-3000, ext. 440, or fax your tip to 619-231-0489.**

## Why Your Pocket Is Empty

By Don Bauder

The classic description of a city living off personal services, and bringing in too little outside money through activities

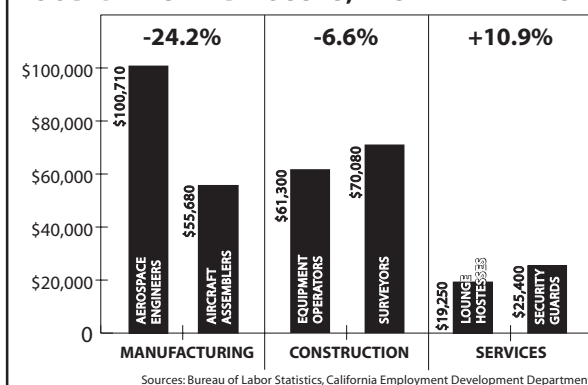
such as manufacturing, is "a bunch of people doing each other's laundry." Increasingly, that describes San Diego.

Indeed, in the past ten years, the number of San Diegans working in laundry services has risen 8.4 percent to 14,200, according to data from the California Employment Development Department.

That's not good because according to a 2008 report by the Bureau of Labor Statistics, the average annual pay of San Diego laundry and dry cleaning workers is a puny \$20,100 a year. That's not even half the pay of the average local worker: \$47,250. And according to a 2008

report by the San Diego Workforce Partnership, a single person in San Diego has

### JOB GAINS AND LOSSES, LAST TEN YEARS



to earn \$33,734 a year just to make ends meet, and 37.2 percent of local workers don't

make that much. And remember, that's for a *single* person. A family of five (two adults, three children) needs almost \$111,000.

To find out how many San Diego jobs are dependent on other San Diegans, and *not* on money flowing in from elsewhere, I counted job gains or losses over the past ten years. I also looked at ten-year employment patterns at a number of local companies.

The decline of manufacturing and construction jobs is alarming, particularly since the population continued to grow, although not at rates the county experienced in the 1980s (sometimes 3 percent or more a year). In ten years alone, manufacturing

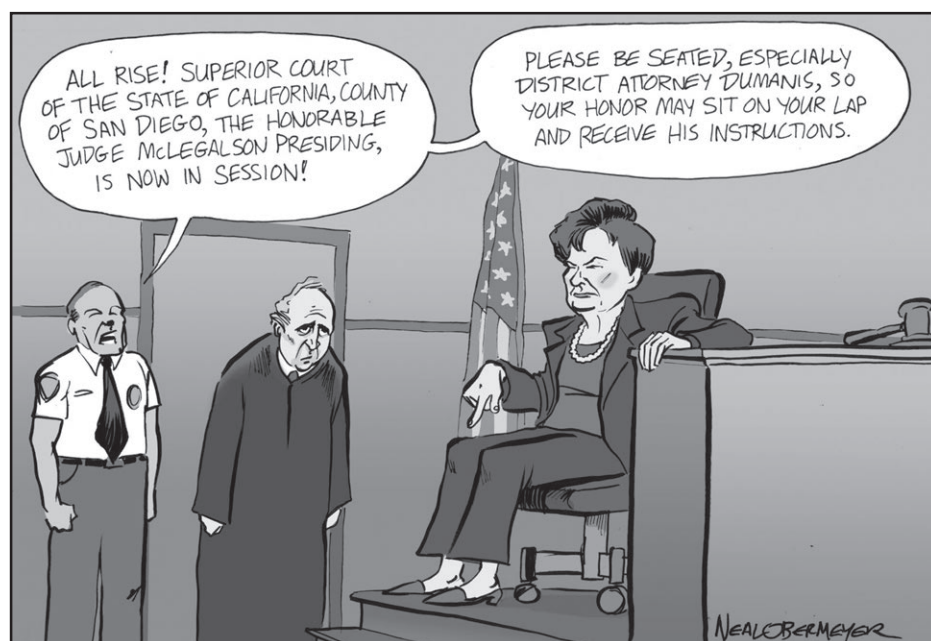
continued on page 11

**U-T Names Online Specialist as Editor** Jeff Light has been with Freedom Communications...since 1993....

**Alan Gin's Lead Indicators Strong in December** The indicators were 107, up from 106.3 in November....

Read Don Bauder news updates like these every day at [SDReader.com](http://SDReader.com)

### Neal Obermeyer





## Please, Put Me In Jail

By E.A. Barrera

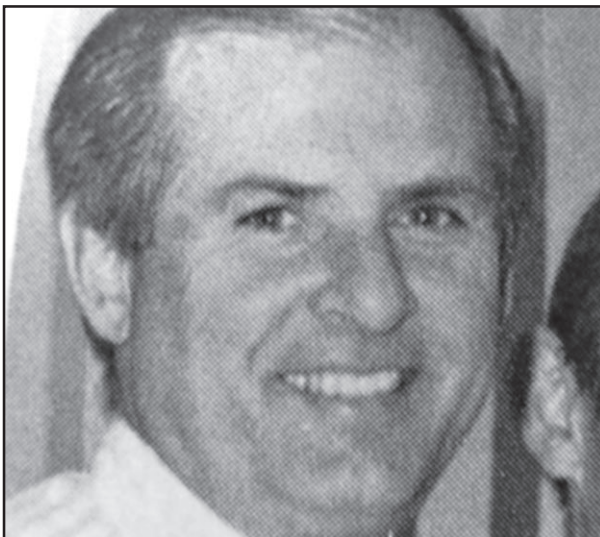
**L**ast year, employees of Geo Group, a private prison corporation, contributed more than \$2000 to the campaign fund of

San Diego's interim sheriff Bill Gore. Geo operates San Diego's old downtown jail at 220 C Street, where the company houses more than 750 federal prisoners awaiting trial or transfer to a federal prison.

Documents filed with the San Diego County Registrar of Voters, as well as memos obtained under the California Public Records Act, reveal that Geo Group used San Diego lawyer Mike McDade

existence, the paper contended, was largely due to political decisions regarding crime.

McDade, an attorney with the downtown firm of Wertz, McDade, Wallace, Moot & Brower, is registered as a lobbyist in the city of San Diego but not the county. McDade once worked for former San Diego County supervisor and city mayor Roger Hedgecock. He served as chairman of the San Diego Port Commission in 1997 and has been heavily



Ex-cop Ken Fortier lobbied on behalf of private jails firm, donated \$1000 to Sheriff Gore's campaign

ing, personally or by telephone, any of the specified County officers or employees."

The county does provide exemptions to this requirement, including allowing "a member of the State Bar of

focused on renewing the downtown jail lease for Geo, and I was not trying to lobby for any new lease," said McDade.

District attorney spokesman Steve Walker said he was not sure what the exemption included nor what the penalty for failing to file would be. But David Hall of the San Diego County clerk's office noted that "every attorney was not exempt from registering as a lobbyist due to being an attorney."

Fortier does not fall under any county exemptions, as he is not a lawyer and does not qualify by any other county exemption standards listed by the county clerk. A former San Diego police officer, Fortier graduated from the San Diego Police Academy in 1962 and served as a patrol officer until being transferred to investigations in 1966. A year later, he was promoted to sergeant.

"He continued to climb through the ranks, earning the positions of lieutenant, captain, inspector, deputy chief and assistant chief. He left San Diego in 1992 and began employment with Riverside on Jan. 18, 1993," wrote Lisa O'Neill in an August 17, 1997 article for the *Riverside Press-Enterprise* newspaper.

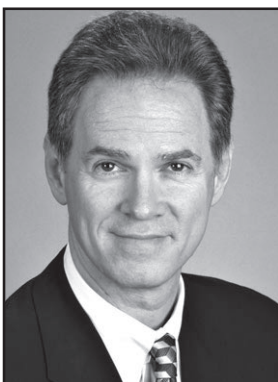
Fortier took over as  
*continued on page 12*



Sheriff Gore hasn't returned questionable donations



Downtown lawyer McDade lobbied for Geo Group



Geo executive Calabrese donated to Gore campaign

and Geo Group's Ken Fortier to lobby county officials in an effort to renew their lease of the downtown jail, as well as take charge of the Descanso Detention Facility.

Formerly a unit of Wackenhut Corporation, Geo Group is headquartered in Boca Raton, Florida. The rise of their influence in California has coincided with the administration of Governor Arnold Schwarzenegger.

In April 2006, the Institute on Money in State Politics issued a white paper titled "Policy Lock-Down: Prison Interests Court Political Players" that was critical of the use of private prisons. Their

involved in redevelopment projects downtown.

Last September, McDade and Fortier lobbied April Heinze — director of the county's Department of General Services, which oversees county leases of buildings — about renewing Geo's lease on the downtown jail. Neither McDade nor Fortier registered as a lobbyist with the county of San Diego in 2009.

San Diego County defines a lobbyist, or legislative advocate, as "any individual who, on behalf of another individual, firm, corporation, or organization other than himself attempts to influence any County decision by contact-

California who is performing a service which lawfully can be performed only by an attorney licensed to practice law in California."

McDade's primary focus as an attorney is government and land-use issues, and he said it was not necessary for him to register as a lobbyist with the county, citing the provision for attorneys. He added that his role in advocating for Geo Group was "sporadic," and he considered himself only a part-time consultant for Geo.

"The county usually provides an exception for practicing attorneys working on leasing issues. My advice was

## STRINGERS

### Winter Swim and a Twist

Nude Bather Causes Incident in O.B.

Ocean Beach — On Satur-



Officers subdue nude swimmer

day, January 30, as I walked to my worn-out Toyota pickup in the parking lot at the Ocean Beach Pier, I heard screaming, yelling, and swearing coming from the direction of the seawall. A man had taken his clothes off and gone swimming by the pier. People yelled at him to put his clothes on. He ignored them.

Lifeguards were waiting for the man when he waddled ashore. Words were exchanged, and soon there was a brawl taking place. Somebody threw a can at lifeguards and yelled profanities at them. Lifeguards called for San Diego police backup, due to the crowd that had gathered and the conduct of a few. Lifeguards assisted San Diego police in taking the man into custody.

At one point, four police officers and two lifeguards were struggling to subdue the man, who wore only large, loosely fitting green boxers.

The move that took the offender down was implemented by a female police officer. She grabbed the man's testicles from behind with two hands and twisted hard. The man went to the asphalt and got several bumps and bruises.

By Jim Grant  
Wednesday, Feb. 10

### Elderly Scare

Senior Citizen Jailed for Arson

El Cajon, National City — Mary Louise Wilson was sentenced to nearly 20 years in state prison on February 8. The 54-year-old admitted to setting fires at the two nursing homes she stayed at briefly during 2009.

According to state prosecutors, in January 2009, while a resident at El Dorado Care Center in El Cajon, Wilson shared a room with two other women who couldn't get in or out of bed without nursing help. While one of the women was sleeping, Wilson set fire to her bed. A smoke alarm alerted a nurse, who used a fire extinguisher to put out the fire. No one was hurt.

Soon after being transferred to Golden Paradise Senior Living in National City in April, Wilson set fires in a trash chute, Dumpster, and the library. The facility's sprinkler system successfully put out those fires.



Nursing home arsonist Mary Wilson

Wilson's sentence, 19 years and four months, is the longest prison term in an elder-abuse case prosecuted by the state attorney general's office.

By Steve Perez  
Thursday, Feb. 11

### Key Freak Caught Suspect Chased by Cop After Car Break-In

East Village — Early Wednesday

*continued on page 13*



# FREE LEGAL GUIDE 619-233-9797 • SDReader.com/Legal

Available 24 hours a day, 7 days a week. At the prompt, enter the 4-digit extension of the category that interests you.



## PERSONAL INJURY • Extension 5601

Sponsored by Julia E. Haus Law Firm • 550 West C St., Suite 620, San Diego  
619-234-1100 • www.hauslaw.com

- |  |                                   |
|--|-----------------------------------|
| 1 Motor Vehicle Accidents                | 5 Premise Liability / Slip & Fall |
| 2 Wrongful Death / Catastrophic Injuries | 6 Employment Law                  |
| 3 Medical Malpractice                    | 7 Defective Products              |
| 4 Traumatic Brain Injuries               | 8 About Julia E. Haus Law Firm    |



## FAMILY LAW • Extension 5606

Sponsored by William M. Henrich, Certified Specialist, Family Law, the State Bar of California Board of Legal Specialization  
4849 Ronson Court, San Diego • 858-576-4484

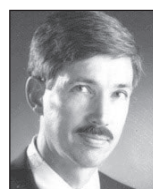
- |                             |                          |
|-----------------------------|--------------------------|
| 1 Divorce: An Overview      | 5 Military Family Issues |
| 2 What Will It cost?        | 6 Preparing for Divorce  |
| 3 Child Support – How Much? | 7 Mediation and Therapy  |
| 4 Choosing a Paralegal      | 8 Wills and Trusts       |



## CRIMINAL LAW • Extension 5602

Sponsored by Erik Friis, Superior Law Center  
3111 Camino del Rio North, Suite 400, San Diego  
888-205-8961 • www.superiorlawcenter.com

- |  |   |
|--|---|
| 1 Will I get focused, personalized attention?        | 5 How can hiring an attorney improve my chances of success? |
| 2 Will I be hiring an experienced attorney?          | 6 Will I have to do jail time?                              |
| 3 Will I have to appear in court?                    | 7 How long will a conviction stay on my record?             |
| 4 How will I afford aggressive legal representation? | 8 What should I do if I have been charged with a felony?    |



## IMMIGRATION • Extension 5607

Sponsored by John A. Quinn • 3444 Camino del Rio North, Suite 200, San Diego  
619-284-8811 • Fax: 619-284-8822

- |                      |                              |
|----------------------|------------------------------|
| 1 Ways to Be Legal   | 5 International Students     |
| 2 Spouses & Children | 6 Changing & Extending Visas |
| 3 Business Visas     | 7 Visa Denials & Deportation |
| 4 Employment Visas   |                              |



## BANKRUPTCY/CREDIT LAW • Extension 5603

Sponsored by Deborah L. Raymond  
445 Marine View Ave., Suite 305, Del Mar • 858-481-9559

- |                                    |                                 |
|------------------------------------|---------------------------------|
| 1 New Bankruptcy Laws              | 5 Collection Agency Harassment  |
| 2 What Is Chapter 7 Bankruptcy?    | 6 Vehicle Repossession          |
| 3 What Is Chapter 13 Bankruptcy?   | 7 Foreclosure on Your Residence |
| 4 Wrongful Creditor Fees & Actions | 8 Inaccurate Credit Reporting   |

"We are a debt relief agency. We help people file for bankruptcy relief under the Bankruptcy Code."



## SEXUAL HARASSMENT/WRONGFUL TERMINATION • Extension 5608

Sponsored by The Law Offices of Joel C. Golden • 619-246-8449  
Old Town Professional Bldg., 2356 Moore St., Suite 201, San Diego

- |                         |  |
|-------------------------|--|
| 1 Sexual Harassment     | 5 Whistleblower/Retaliation                            |
| 2 Discrimination        | 6 Fraud Against the U.S. Government [False Claims Act] |
| 3 Wrongful Termination  | 7 Legal Fees   |
| 4 Executive Termination |  |



## INSURANCE CLAIMS • Extension 5604

Sponsored by The Law Office of Robert Bruce Arnold  
2329 India St., San Diego • 619-233-1096 • www.arnoldlawoffice.com

- |  |                                     |
|--|-------------------------------------|
| 1 Insurance Bad Faith                                      | 4 Time Limits                       |
| 2 Duties of Insurance Company                              | 5 Disputes with Insurance Company   |
| 3 First Party Claims / Health / UM / UIM / Auto / Property | 6 Department of Insurance Help Line |
|  | 7 Do I need an attorney?            |



## EMPLOYMENT/LABOR LAW • Extension 5609

Sponsored by Latorno & Graves • www.latornograves.com  
San Diego: 619-234-3323 • Escondido: 760-741-7544

- |                                 |                              |
|---------------------------------|------------------------------|
| 1 Administrative Hearings       | 5 Non-Competition Agreements |
| 2 Employee Handbooks / Policies | 6 Severance Agreements       |
| 3 Employment Agreements         | 7 Wage and Hour              |
| 4 Hostile Work Environment      |                              |



## WORKERS' COMPENSATION • Extension 5605

Sponsored by The Law Office of Gerald D. Brody & Associates  
3465 Camino del Rio South, Suite 440, San Diego • 619-528-9800

- |                            |                               |
|----------------------------|-------------------------------|
| 1 Your Work-Related Injury | 4 Unsafe Working Conditions   |
| 2 Workers' Comp Benefits   | 5 Wrongful Discharge          |
| 3 Third-party Accidents    | 6 Harbor & Longshoreman's Act |

Any person who makes or causes to be made any knowingly false or fraudulent material statement or material representation for the purpose of obtaining workers' compensation benefits or payments is guilty of a felony.



## SOCIAL SECURITY & DISABILITY • Extension 5610

Sponsored by Anthony J. DeLellis & Associates • 619-278-0900  
1545 Hotel Circle South, Suite 130, San Diego • www.delellis.com

- |                               |                           |
|-------------------------------|---------------------------|
| 1 Overview of Social Security | 5 Lump Sum Death Benefits |
| 2 Filing a Claim              | 6 Family Relationships    |
| 3 Retirement Benefits         | 7 Disability Benefits     |
| 4 Survivorship Benefits       | 8 HIV as a Disability     |

The attorneys and law firms who provide this information are solely responsible for its content. This information does not address all legal situations, nor is it intended to replace legal counsel. It is provided free, although if calling from outlying areas you may incur toll charges on your telephone bill.

GET RID OF YOUR DEBT! OVER 50 YEARS' COMBINED EXPERIENCE

Chapter 7  
**Bankruptcy**  
**\$795**  
plus court fees  
• Eliminate 2nd Mortgages  
• Loan modification • Credit Repair  
Call for a free consultation. Se Habla Español.

Also: Criminal Defense  
Divorce • Evictions  
Immigration

Attorney Roger Stacy  
**888-210-4813**

San Diego • El Centro • Chula Vista • Los Angeles

Debt relief agency • Payment plans available • Appointments M-F 8 am-8 pm, Sat. 9 am-5 pm

## Home Loan Fraud ■ Bankruptcy

### ■ Forensic Loan Audits:

If fraud was committed due to predatory lending law violations.

### ■ Chapter 7 Bankruptcy:

Be debt-free! Clean slate.

### ■ Chapter 13 Bankruptcy:

Strip the lien. Keep your house.

### ■ Debt Settlements

**The Solutions Law Center**  
**619-817-6001**





## Start Your Credit Fresh

Bankruptcy made easy. [bankruptcysd.com](http://bankruptcysd.com), 858-335-1162.

## Bankruptcy- Ch. 7, 11 & 13

Free consultation. Honest advice from an attorney.  
A debt relief agency. [Avatarlegal.com](http://Avatarlegal.com), 858-793-9880.

## Wipe Out 2nd Mortgages File Chapter 13 Bankruptcy

All work done by attorneys with 20 years' experience. 858-335-1162.

## Affordable Criminal Attorney

Free 1-hour criminal law consultation with attorney.  
[www.criminal-attorney-sandiego.com](http://www.criminal-attorney-sandiego.com), 888-233-5446.

## Traffic Tickets?

Don't pay. Hire an attorney to fight for \$100.  
No attorney fee if ticket not dismissed.  
Contact Law Offices of Elizabeth Aronson,  
760-685-8242 or [SanDiegoTrafficTickets.com](http://SanDiegoTrafficTickets.com).

## DUI and Criminal Defense

Affordable rates. Visa/MC, flexible payment plans.  
Free consult. Attorney David Boertje, 619-229-1870.

## Sexual Harassment

Free consultation. Call 619-239-1300 or  
email [ang@sandiegolegal.com](mailto:ang@sandiegolegal.com).

## Bankruptcy 760-944-0841

Free consultation with Attorney David Wiese.

## Drunk Driving Attorney

Felonies/misdemeanors/DMV/drugs. 619-338-9500.  
J. D'Ambrosio. Free consult. Visa/MC/Amex.

## Renters Facing Eviction!

Have you been served with a 3-day Notice or an Unlawful Detainer? If so, we can help. We stop Sheriff's lock outs! We allow you to stay put & pay no rent for months. Know your tenant rights. Call today for your Free Consultation, 877-847-8797.  
[www.EvictStoppers.com](http://www.EvictStoppers.com).

## Stop Deportation!

Become Legalized. Experienced attorney. 619-236-1136.

## ThomasHurleyLaw.com

Bankruptcy & Foreclosure prevention. Eliminate credit card debt. Wipe out 2nd mortgage.  
Law Office of Thomas Hurley, 760-730-4610.

## Divorce "Self-Help" From \$85

Lowest cost services since 1976— Reg. #54  
Custody/Visit/Support, etc. Direct: 619-454-0994.

## Criminal/DUI Attorney

Little or no money down, affordable payments.  
Superior Law Center. 24/7. 888-205-8961.

## DUI? Don't Go It Alone!

Attorney R. Pasieczny, 619-512-3412. [RPLawyer.com](http://RPLawyer.com).

## Stop Home Foreclosure Ch. 13 Bankruptcy or Loan Modification

All work done by experienced attorneys with practice limited to bankruptcy mortgage laws. 858-335-1162.

## Hypnosis— All Issues!

Smoking, weight, habits. Lori (CHT), 858-457-2100.

## Bankruptcy- Divorce

Mediation, low-cost child support. 619-238-5680.

## Divorcing? Try Mediation!

Avoid the courthouse and high legal fees.  
Call A Fair Way Mediation Center,  
619-702-9174 or [www.afairway.com](http://www.afairway.com).

## Criminal Defense Attorney

We get off on getting you off! Free consult. MC/Visa.  
Law Offices of Bahar Ansari, 619-787-0604.

## Bankruptcy Chapters 7 & 13 \$300 Starts Representation

All work done by experienced Bankruptcy Attorney.  
[BankruptcySD.com](http://BankruptcySD.com). 619-321-8125; 858-335-1162.

## Keep Your Home!

Forensic loan audits. Debt settlement. Ch. 7 & 13  
Bankruptcy. Solutions Law Center, 619-817-6001.

## LEGAL SOLUTIONS



## San Diego's Best DUI-DMV & Ticket Attorneys

Stay out of jail • Avoid court • Keep your job  
Clean your record • Save your license

Learn about your rights  
at: [www.MRDUI.com](http://www.MRDUI.com)

Call now: 619-563-1010

E-mail: [mrdui@mrdui.com](mailto:mrdui@mrdui.com)

3990 Ninth Ave.  
San Diego, CA 92103  
(in Hillcrest near  
163 and Washington)

Even nice people get arrested for drunk driving.

**Eugene Ellis**

MR. DUI,  
"The  
Professor"  
of DUI Law.  
One of the  
first and most  
experienced  
DUI-only  
attorneys in  
San Diego.  
Exclusively  
DUI!



**Mitch Mehdy**

One of San  
Diego's best  
and most  
experienced  
DMV-only  
attorneys.



Free consultations ♦ \$0 cost unless you win

## INJURY?

Car Accidents &  
Personal Injury  
FREE unless you win!

## BANKRUPTCY?

Payment Plans Available  
Chapter 7 & 13



**HAFFAR  
& Associates**

Call toll-free 24 hrs.: (619) 318-9324

Visit us: [HaffarLaw.com](http://HaffarLaw.com)

# Arrested?

All Felonies/Misdemeanors

• DUI • Domestic Violence • Theft • Drugs

Little or no money down\*  
Affordable payments

• Available 24/7 • Free initial consultation



**SUPERIOR LAW CENTER**

(888) 205-8961 • [www.SuperiorLawCenter.com](http://www.SuperiorLawCenter.com)

\*San Diego County cases not set for trial

## Arrested for DUI?

We can help keep you out  
of jail and keep your license.

Make one call and learn your rights  
from the DUI and DMV experts.

**FREE CONSULTATION**  
**AFFORDABLE PAYMENT OPTIONS**



**888-210-4234**



**Law Offices of Kerry L. Armstrong**  
3555 Fourth Ave., San Diego, CA, 92103

[www.klacrimaldefense.com](http://www.klacrimaldefense.com)

VISA  
MASTERCARD  
AMERICAN EXPRESS

## Arrested For DUI??

## Make One Call Learn Your Rights

Free consultation. Affordable payment options.  
We can help keep you out of jail and keep your  
license. [www.klacrimaldefense.com](http://www.klacrimaldefense.com)  
Kerry L. Armstrong & Associates, 888-210-4234.

## Ch 7 Bankruptcy \$1099 Complete Includes Filing Fee

Debt relief agency. Free Consultation. Payment plans  
available. 8am-8pm, Monday-Friday; and 9am-5pm,  
Saturdays. Over 9 years of experience. Se habla  
Español. Attorney Roger Stacy, 619-253-8141.

## \$999 Chapter 7 Bankruptcy Includes Court Fees

Attorney rep. \$100 starts. Asaph Abrams, Esq.  
Free consultation. [BankonitSD.com](http://BankonitSD.com). 858-344-0500.

## Free Hypnosis Session

Buy one, get one free. Quit smoking, lose weight,  
sleep better. 20 yrs. exp. San Diego. 818-774-1973.

## Bankruptcy?? Only \$800 Attorney's Fees

For unsecured debt. 24 years' experience.  
This combo can't be beat. 619-544-0669.

## Southern California's Premier Destination Parachute Center Skydive San Diego

Which life-changing experience do you want?  
Tandem skydive with an instructor— from \$189.  
Or try Solo skydive with your own parachute,  
same training as the Navy Seals— from \$319.  
Click [SkydiveSanDiego.com](http://SkydiveSanDiego.com) or call 619-216-8416.

## www.bankruptcysd.com Free Attorney Consult

858-335-1162, 619-233-4415.

## Sleep At Night- File Bankruptcy

Stop all creditor harassment immediately and  
get a fresh start on your credit. 858-335-1162.  
[BankruptcySD.com](http://BankruptcySD.com). Low rates/ payment plans.

## Facing A Foreclosure? File 7 or 13 Bankruptcy

Save your home or wipe out negative equity.  
Free consultation with experienced attorney.  
619-321-8125, 858-335-1162. [BankruptcySD.com](http://BankruptcySD.com).

## Accident? Injury?

Get the compensation you deserve.  
Law Offices of Robert T. Pope, 619-233-3893.

## Free Bankruptcy Consult

Direct with Attorney Thomas Shanner. Fast, easy,  
Affordable. 619-232-3057, [www.shannerlaw.com](http://www.shannerlaw.com).

## MrMilitaryLawyer@aol.com

Courts-Martial Defense. J.W. Carver — 619-390-2864.

## Social Security Disability

Free advice from experienced attorney.  
Dan R. Cohen, 760-888-7338.

## IRS Tax Solutions!

Stephen Jackman, Tax Consultant.  
619-225-9854 or [skjtax@earthlink.net](mailto:skjtax@earthlink.net).

## LavaLife Voice

Talk to sexy singles near you! Call now.  
619-894-8191. Must be 18+.

## San Diego's Best DUI-DMV & Ticket Attorneys

Stay out of jail. Avoid court. Keep your job. Clean  
your record. Save your license. Learn your rights:  
[www.mrdui.com](http://www.mrdui.com). 619-563-1010. [mrdui@mrdui.com](mailto:mrdui@mrdui.com).

## Criminal Defense Attorney

DUI, possession, domestic violence, etc. Visa/MC.  
Free consult. Scott Salmu, Esq., 619-232-4LAW (4529).

## Injury/Worker's Comp

Attorney. Free Consultation. No recovery, no fee.  
619-238-5252. Robert C Strong & Associates.

## Have a note or mortgage?

Get Cash!!!! Sell your note/loan. 877-584-4844.

## In A Hole — Stop Digging!

\$999 (includes filing fee!) unsecured debt  
Bankruptcy Chapter 7.  
Global Legal Resources, LLP. 888-846-8901.



## Sexually Harassed at Work? Hostile Work Environment? Discriminated Against? Wrongful Termination? Unpaid Overtime?

We are experienced in representing employees and will vigorously defend your rights. All too often, employees will ignore an unfair work situation, or will wait too long after a violation has occurred. Don't let this happen to you! Call Attorney Michael Sousa today for a free, no obligation consultation. 858-453-6122 x15.

## Bankruptcy \$300 Starts

Bankruptcy attorney. Affordable payment plans available. Raymond Schimmel, Atty, 619-275-1250.

## Check Your Police Record!

\$499, North County eligible misdemeanor expungements. Global Legal Resources, LLP. Call 888-846-8901.

## Divorce/Custody/Support

Affordable rates. Free 30-minute consultation. Military discounts. Happ Law Group P.C. 619-906-5800.

## Accident/Injury 24 Hours/Day

Free consultation! Most cases free unless you get paid! 619-559-6333 or therobinsonlawfirm.net.

## Chapter 13 Only

Foreclosure? Lien Strip? 24 years' experience in reorganizations. 619-544-0669.

## Experienced Tax Attorney

Master of Laws in Taxation. Solution to IRS, FTB, EDD and SBOE problems. Audits, Collections, Levies & Offers. Free consult. Atty. Ronson Shamoun, 619-595-1655, www.IRSsolution.com.

## Personal Injury Attorney

Car accidents, slip/fall, etc. No up-front fees. Free consult. Scott Salmu, Esq. 619-232-4LAW (4529).

## Quick & E-Z Divorce \$69.95/up

15 years' experience. Thousands of completed divorces. Issues: Child custody, support, property. 24/7 service. QuickandE-ZDivorce.com. 619-588-1871, 619-534-6065.

## Bankruptcy Attorney 7, 13 Stop Lawsuits & Repossessions

Call to speak to attorney. Debt Relief Agency. 858-335-1162. BankruptcySD.com.

## Bankruptcy— Low As \$750 Free Consult— Al Gross, Esq.

888-FAIR-PRICE (888-324-7774). AskAttorneyAl.com.

## IRS Problems Got You Down?

27 years' IRS experience. Income tax and collection problems. Audit and appeals representation. Tax return preparation. Current/unfiled returns. Free consultation. Reasonable rates. BJ Tax Consulting, 858-530-1675.

## Stop IRS/State Cold!

Easy pay plan. Ex IRS officer. 30 years' experience. 858-614-0223 or www.TaxSolutionServices.com.

## Trademark Law. Malpractice. Personal Injury.

Civil Litigation. Law Offices of Gaston & Gaston, 619-398-1882.

## Can Bankruptcy Help Me? Wipe Out Debt, Start Fresh

Free case evaluation. Flexible payment plans. Over 10 years' experience. Se Habla Espanol. www.molina-lawgroup.com. Call today, 619-517-4553.

## Lawyer For Less \$99/Hr./Up

30 years' experience, civil and criminal/DUI. Free consultation. 858-472-4550.

## Auto Accident? Other Injury?

Free advice! Injury Law Center, 619-338-8230.

## DUI? Free Consultation

Kerry L. Armstrong & Associates can help you stay out of jail, keep your license. 888-210-4234.

## Low Cost Divorce— Support

Custody, easy payments, online divorce available. MC/Visa. #7. www.Legal-Choices.com. 619-593-6000.

## LEGAL SOLUTIONS

# got lawyer?

**Personal Injury - Car Accidents, Slip & Fall  
Workers' Compensation - All Work Injuries**

**No recovery, no fee. Free consultation.**

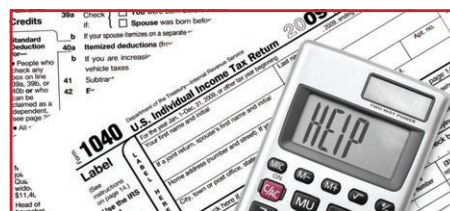


**Robert C. Strong, Attorney At Law**

605 C Street, Suite 300 • San Diego 92101

619-238-5252 • www.strong-law.com

**Se Habla  
Español**



## Don't Let the IRS Ruin Your Life!

Call **1-877-FIXABLE**  
for 24-hour recorded message and  
free report.

**Attorney Dave Greenberg**  
**858-292-0700**

www.fixabletax.com

## Personal Injury

**Motor Vehicle  
Accidents**

**Brain Trauma**

**Slip and Fall**

**Wrongful Death**

**Julia E. Haus  
Law Firm**

619-234-1100

www.hauslaw.com

## Immigration Issues?

- Visa extensions
- International students
- Deportations

**We want  
to help.  
Call today.**

**John A. Quinn**  
**619-284-8811**

## Sexually Harassed at Work?

We will vigorously  
defend your  
rights.

Call for a free,  
no-obligation  
consultation.

**Attorney Michael Sousa**  
**858-453-6122 x15**

## BECOME DEBT-FREE!

### CHAPTER 7 BANKRUPTCY

#### Wipe Out Debt:

Credit Cards • Medical Bills  
Wage Garnishment • Taxes  
Repossessions • Lawsuits  
Wipe out credit card debt &  
keep your car & home.

### CHAPTER 13 BANKRUPTCY

#### Consolidate:

Back Mortgage  
Credit Cards • Child Support  
Taxes • Car Loans  
Eliminate your second mortgage  
& keep your house.

Call today to schedule a  
**Free Consultation • 888-219-7566**



**\$100 OFF**  
**BANKRUPTCY or  
LOAN MODIFICATIONS**

Call for details. Expires 2/28/10.

**ONLY \$300**  
**STARTS ATTORNEY  
REPRESENTATION**

Call for details. Expires 2/28/10.

*Specializing in Bankruptcies & Loan Modifications*

501 West Broadway, Ste. 510 • Koll Center, 5th Floor • San Diego 92101  
We are an experienced team of bankruptcy & mortgage attorneys

## Aggressive Family Attorney Experienced in Divorce

Divorce, custody, support, property, paternity.  
Call 619-542-1100. www.RochaFamilyLaw.com.

## Legal Angels Paralegals

Divorces, Bankruptcies, and More! 619-646-9809.

## Affordable Legal Services

Do you need help with a criminal or civil matter?  
Call Attorney Mark G. Spencer at 619-233-8610.

## Discount DUI Law Center

Low Retainer Fee. Easy Payments. Free Consult. DMV  
Hearings. No Jail (Most Cases). Avoid Court! Call 24/7.  
Experienced DUI Lawyer Since 1973. 619-271-6441.

## Renters Facing Eviction!

Have you been served with a 3-day Notice or an Unlaw-  
ful Detainer? If so, we can help. We stop Sheriff's lock  
outs! We allow you to stay put & pay no rent for  
months. Know your tenant rights. Call today for your  
Free Consultation, 877-847-8797.  
www.EvictStoppers.com.

## El Cajon Bankruptcy Lawyer

Free Consultation, Reasonable Fees. Office in  
El Cajon. 619-794-0461, www.619Bankruptcy.com.

## Don't Let IRS Ruin Your Life!

Peace of mind is within your reach!  
Call 1-877-FIXABLE (24 hours) for recorded  
message and free report. Attorney Dave Greenberg,  
858-292-0700, www.fixabletax.com.

## DUI Defense Attorney

Experienced. Aggressive. Avoid court. Free consult.  
Foldenauer Law, 619-564-8877. Visa/MC/Amex.

## General Practitioner

Including Family Law, Estate Planning and  
Criminal Misdemeanors.  
Law Offices of Rosario B. Santoyo.  
Call for a free consultation, 619-328-7267.

## Divorce Easy \$79-Up

Affordable Legal Assistance, 619-479-4527.

## Become Debt Free!

\$100 off bankruptcy/loan modifications. Exp.  
2/28/2010. Only \$300 starts representation.  
Bankruptcy Legal Group, 888-219-7566.

## Personal Injury Attorney

Car accidents, slip/fall, etc. No up-front fees.  
Free consult. Scott Salmu, Esq., 619-232-4LAW (4529).

## Car Repo'd Or About To Be?

Call now to save it! 619-544-0669.

## Eliminate Debt, Boost Credit!

Without bankruptcy or settlement. Free analysis!  
Call Fred, 760-400-6196, Ext 1. or www.acgllc.net.

## Ch. 7 Bankruptcy From \$699

Free consult from Attorney V. Renda, 858-232-4000.

## Ex-IRS Tax Attorney

Beat any price. Problems, returns, etc. 619-234-8471.

## Got Warrants?

Compassionate attorneys who listen & fight for you.  
Unbeatable Prices/Plans! Abby Ertz, Esq. 619-840-4566.

## Is The IRS After You? Help Is At www.mtax.com

Call Curtis McAllaster, CPA, 619-523-3098.

## Bankruptcy: 7, 11, 13

Sound advice; reasonable fee. Payment plans available.  
C. McLaughlin, Esq. Call 760-431-2200, 619-295-1300.

## Relax. Rejuvenate. Reinspire.

Introductory acupuncture special: Free phone  
consultation & 20% off first visit! Also, Mei Zen  
facial or neck acupuncture treatment series:  
10% off package + free initial visit consultation.  
Ageless & Beautiful, Hillcrest: 619-299-0264.

## Need a Divorce!

\$750 plus costs. North County uncontested divorce.  
Global Legal Resources, LLP. Call 888-846-8901.

## Aggressive Female Attorney

Criminal/Family Law. Melissa S. Lubin, 619-232-2900.

## Busted for DUI or Drugs?

\$999 North County — 10 days to request DMV hearing!  
Global Legal Resources, LLP. 888-846-8901.



## Your pocket is empty

continued from page 6

employment has plunged 24.2 percent in the county. Now only 7.4 percent of county jobs are in manufacturing, down from 27 percent half a century ago. Why is that important? Local tool and die makers make \$49,510 a year. Electronics engineers make \$98,770 and mechanical engineers \$81,370.

Construction jobs have dropped 6.6 percent in the past decade. Had the real estate bubble not popped, they would have risen significantly. The average construction job pays \$47,780. Brick masons make \$62,500 and glaziers \$55,330.

While manufacturing and construction jobs have been falling, jobs in services have been rising sharply. The number of service jobs over the past ten years has soared 11 percent to more than one million. But look at the compensation in these fields. Retail jobs have gone up 4.2 percent. But retail salespersons make \$25,770 a year. Cashiers make \$22,390 a year.

Quintessential service jobs are in the restaurant business. In the past ten years, jobs in food services and drinking places have shot up 23 percent. With two people often working, families dine out more these days. But the business is not remunerative for those providing the service. Waiters and waitresses make \$20,200 (almost the same as laundry workers), although those serving meals do get tips. Fast-food cooks make \$18,600, short-order cooks \$23,490, and dishwashers \$18,890.

One service industry that does bring in money from the outside is tourism. The establishment wants taxpayers to pay for another expansion of the convention center, for example, and a whopping subsidy for a new Chargers stadium (although pro sports teams do *not* bring in significant amounts of money from the outside, contrary to

the propaganda). Tourism jobs have gone up 14 percent in the past ten years. But pay is dismal. Maids and housekeepers make \$20,490 a year. Hotel desk clerks make \$22,040.

Jobs in amusement, gambling, and recreation have soared 33.6 percent in the past decade. But recreation attendants make \$20,710 a year. Ushers and ticket takers gross \$20,270.

Information jobs have risen by 4.2 percent, but one subset has plunged: newspaper, periodical, and book jobs, down 36.6 percent, to no one's surprise. Reporters make \$42,770 — those that are working, anyway. Healthcare jobs have risen 17.3 percent. There is good money there: physicians and surgeons make more than \$200,000 on average while physical therapists make \$78,180 and dental hygienists \$83,810.

Government has provided a cushion — at a price. Total government jobs have risen 10.9 percent to more than 225,000. College physics and law professors gross more than \$100,000. Elementary schoolteachers make \$67,020. But controversy abounds: overly generous pension benefits and very early retirements of fire and police employees may very well break the City of San Diego financially.

Although some in the service industries make good money, it is clear that a metro area in which people do one another's laundry lacks economic oomph, or money coming in from outside.

But there are a plethora of variables holding down manufacturing employment. The biggest problem, of course, is the shipping of jobs overseas. That has been the rage since the 1980s and has wounded the U.S. economy. But there are other factors: companies increasingly use part-time and temporary employees. Through use of sophisticated electronics methods, firms have

continued on page 12

## "Well Worth the Drive"



I shopped online for my new car stereo system and Audio Sport had the best prices from all those I found. Their staff was completely knowledgeable, honest and fast. It was well worth the drive from Mira Mesa to get a good deal with guaranteed work. **Jeremy L., customer**

## AUDIO SPORT

### AUTO CUSTOMIZING

### 20% STUDENT & MILITARY DISCOUNTS

## WINDOW TINTING

# \$59



- Never fades to purple
- Computer-cut technology
- 3 back windows
- Most cars

## SALE! DVD Speaker Package

**JENSEN**  
DVD/MP3/WMA/SDcard  
Front Aux/ Touchscreen  
with (2) 6 1/2" 3-way speakers  
and (2) 6x9 speakers



**\$299** With ad. Expires 2/25/10.  
Double DIN # UV8020 V3365

## Window Tint + Alarm

- 1 Back Window
  - Any shade
  - Lifetime warranty
- 2 Remotes
  - Flashing light
  - Keyless entry
  - Starter / Kill

Was ~~\$399~~

**NOW \$199**

## 4 NEW TIRES

# \$99

175-70-13

**Pioneer #AVIC-X910BT**

- DVD
- Navigation
- Built in Bluetooth



Reg. price \$1099

**NOW \$649**

## In-dash 7" DVD Player



From **\$199**

## Rear View Camera



**\$149**

## Audio

**ALPINE** MP3 • Aux • USB



Was ~~\$149~~ **NOW \$149**

#CDE102

**SONY** MP3



**\$59** #GT130



**AM/FM CD Player**

- 200 watts High Power
- Detachable face • MP3
- Free Remote

From **\$49**

iPod-ready  
USB AUX  
SD

## Back-Up Parking Sensor



With unit display, built-in buzzer  
**\$89**

## Visual

## Flip-down Headrest DVD Package

- 15" flipdown monitor • 2 7" headrest monitors
- 2 wireless headphones • FM surround sound



As low as **\$39**  
per mo. OAC

**Pioneer #AVIC-U310B**



**4.3" Display In-Dash Navigation Receiver with CD Player & Built-in Bluetooth**

**NOW \$329**  
Limited quantity



## Two 7" Headrest Monitors

- Clear picture
- Display format
- Includes remote, headphones, and DVD player

Was ~~\$399~~

**NOW \$299**

## Accessories

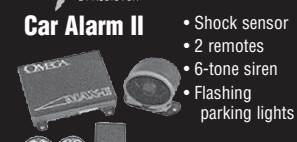
## CODE ALARM Car Alarm I



- Shock sensor
- 2 remotes
- 6-tone siren
- Flashing parking lights

**\$59**

## PRESTIGE BY AUDIOVOX Car Alarm II



- Shock sensor
- 2 remotes
- 6-tone siren
- Flashing parking lights

**\$149**

## Viper Alarm

The most trusted name in vehicle security

- 2 remotes
- Doubleguard shock sensor
- ESP 2 interface
- Clone safe
- Code hopping
- #350HV



**\$199**

## Custom Front Grills



from **\$89**



## Rims & Tires 17" from \$499 • 18" from \$699

## 20" from \$899 • 22" from \$1299 • 24" from \$1799

## Stereo + Speaker Package SONY



- CD/MP3 player
- 4x6 or 6.5" speakers

**\$89**



## 714 E. Valley Parkway, Escondido • 888-220-9469

Pictures are for illustration only. Regular prices only. Some cars require extra parts and labor at additional cost. With purchase of \$199 and up. Installation extra. No carryout. Carryout prices are higher. We do not honor warranties on carryout items. Prices subject to change without notice.





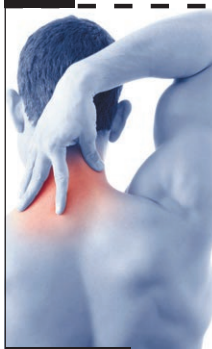
## 50% off dry cleaning

Excludes laundry, leather and alterations. Maximum value \$5. Not valid with any other offers.

**Martinizing Dry Cleaning**  
San Carlos: 8680 Navajo Rd.  
619-466-6584

Expires 3-11-10 • Coupon code: G1FSDR

Central



## Free exams & x-rays

Includes free consultation. For those who qualify. Risk-free trial. Call for details.

**Non-Surgical Spine Care Ctr.**  
Mission Valley:  
2555 Camino Del Rio South, Ste. 201  
San Marcos: 1595 Grand Ave., Ste. 106  
877-608-4748

Expires 3-11-10 • Coupon code: G1FSDR

Central | North



## 60-minute facial \$45

**Clean Slate Waxing**  
San Diego: 2454 3rd Ave.  
866-225-8590

Expires 3-11-10 • Coupon code: G1FSDR

Central



## Tempur-pedic style mattress from \$399

30-70% below retail every day!

**Real Deal Furniture**  
San Diego: 4810 Mercury St.  
866-685-3911

Expires 3-11-10 • Coupon code: G1FSDR

Central



## \$10 off dog grooming

With purchase of full grooming service. New clients only. Not valid with any other offer. Call for details.

**Priscilla's Grooming**  
Mission Gorge:  
8181 Mission Gorge Rd.  
619-265-7422  
Expires 3-11-10 • Coupon code: G1FSDR

Central



## \$10 UV-free Mystic Tan

Best bronzing solution ever. Not valid with other offers or prior purchases. Fresh towels and eyewear provided.

**Tan n Sea**  
Mission Valley: 10330 Friars Rd.  
#108 • 619-281-7702

Expires 3-11-10 • Coupon code: G1FSDR

Central



## Adult haircut \$13<sup>95</sup>

Regularly \$17. Long hair extra. Some restrictions.

**Fantastic Sams**  
Mira Mesa: 9460 Mira Mesa Blvd.  
877-280-2221

Expires 3-11-10 • Coupon code: G1FSDR

Central



## \$7 off any dry clean

\$35 or more. Some restrictions. One coupon per customer.

**Uptown Cleaners**  
Hillcrest: 1020 University Ave. D 105  
619-299-2378  
Downtown: 702 Ash St., Ste. C  
619-233-7560  
Kensington: 4134 Adams Ave.  
619-308-0781

Expires 3-11-10 • Coupon code: G1FSDR

Central



## Free bread loaf

Buy any Entenmann's, Oroweat, Thomas or Tia Rosa item and receive one of equal or lesser value free. Excludes fruit cakes. Valid at outlet stores only. One coupon per customer per day.

**Oroweat Bakery Outlet**  
San Diego: 5375 Kearny Villa Rd.  
858-277-6886  
El Cajon: 916 Broadway  
619-442-1847

Expires 3-11-10 • Coupon code: G1FSDR

Central | East



## 30 days women's fitness \$19<sup>95</sup>

Trial membership. Includes training. Cannot be combined with any other offer.

**Serenity Fitness Club & Spa**  
Allied Gardens: 5125 Waring Rd.  
619-582-2155

Expires 3-11-10 • Coupon code: G1FSDR

Central



## Watch batteries installed \$4<sup>49</sup>

Most watches. Limit 6 batteries.

**Carl's Jewelers**  
San Carlos: 8736 Lake Murray Blvd.  
619-461-7046

Expires 3-11-10 • Coupon code: G1FSDR

Central



## Spa Manicure & pedicure \$24<sup>95</sup>

We use OPI products. We specialize in solar nails, pink & white, color tips and gel nails.

**Nancy's Nails & Spa**  
Clairemont:  
7878-D Clairemont Mesa Blvd.  
858-279-5557

Expires 3-11-10 • Coupon code: G1FSDR

Central

### CITY LIGHTS

## Your pocket is empty

continued from page 11

learned to make do with fewer workers. That is why productivity has been soaring: output per worker-hour is rising.

A look at some San Diego companies is instructive. In ten years, revenues at digital wireless superstar Qualcomm have gone up more than two and a half times, from \$3.94 billion to \$10.4 billion. But the number of full-time, part-time, and temporary employees has only gone up 66 percent. At Cymer, a maker of semiconductor equipment, sales have shot up two and a half times while employment has risen 41.4 percent. At Callaway Golf, which makes golf equipment, sales have gone up 58 percent while employment has gone up 20 percent.

At WD-40, maker of lubricants and household cleansers, sales have doubled while employment has gone up 76.3 percent. Two local manufacturers have kept employment rising with sales: revenue at Cubic, maker of defense electronic and fare collection systems, has doubled along with employment. At Cohu, maker of semiconductor equipment, employment has gone up at a slightly higher rate than sales.

Biotechs have varying patterns. At Isis Pharmaceuticals, sales have gone up 2.7 times but employment has gone down 13.3 percent. Sales at Amylin have gone up 52 times while employment has risen 28.6 times. At Quidel, revenues have tripled while employment inched up 4 percent.

Low-paid cooks and order-takers are well-nigh ubiquitous at fast-food chain Jack in the Box. In ten years, the company's sales have risen from \$1.46 billion to \$2.47 billion. But employment has gone down 5.5 percent. That is deceiving. Increasingly, the company is franchising more outlets and owning fewer. In four years, Jack has gone from 25 percent franchised to 46 per-

### CITY LIGHTS

cent franchised. The employees of franchisees are not recorded on the books of Jack. So there are more people working in Jack outlets but fewer on the company's payroll.

Bottom line: employers hold the cards, especially as manufacturing recedes and services rise. High unemployment in the United States and San Diego could be around for quite a while. ■

## Put me in jail

continued from page 7

Riverside's police chief in January 1993. His tenure was credited with lowering the city's crime rate and modernizing the Riverside Police Department's organization.

But Fortier left Riverside under the cloud of repeated battles with the police union of Riverside, and in July 2000 he was appointed vice president of Geo-Wackenhut's western region. The company announced Fortier would be based in Irvine, California, and would manage "eight current facilities and one facility under development, with a total of 6,866 beds."

In multiple emails last summer to San Diego County staff, Fortier campaigned for Geo Group to gain control of the Descanso Correctional Facility, closed by the sheriff's department as a cost-saving measure last June, and to renew the lease on the downtown jail. Fortier contacted Carl Harry, Real Estate Services Division project manager for the county, on several occasions. Harry often referred to Fortier as a representative of Geo Group to other county officials.

"Ken represents GEO Group in California and Nevada and is currently working with both the U.S. Marshal and with I.C.E. [Immigration and Customs Enforcement] on programs to try and provide more inmate beds in San Diego County," said Harry in an October 12 exchange with April Heinze and Cal Fire unit chief Howard

### CITY LIGHTS

Windsor.

The California Department of Forestry and Fire Protection, usually known as Cal Fire, expressed an interest in the Descanso site. But between June and November, Fortier maintained constant contact with Harry and other members of county staff regarding the Descanso Detention Facility and the downtown jail. April Heinze acknowledged meeting with Fortier and McDade. Geo Group, which operates private prisons throughout the United States and specializes in the detainment of immigration detainees, was seeking to expand its base in San Diego through acquisition of the Descanso facility.

In September, the county decided to turn over the Descanso facility to the San Diego County Probation Department. But on November 26, the Probation Department announced it would not take the facility, citing expenses. Heinze said the Department of General Services contacted Geo Group and Cal Fire to let them know the facility was once more available. As of early this month, no decision had been made, but Corrections Corporation of America, the largest private prison corporation in the country, had also expressed an interest.

Fortier donated \$500 to Sheriff Gore's campaign on February 19, 2009, and gave a second donation of \$500 on June 30. Both times he identified himself as "retired" on Gore's campaign donation lists. Among other contributors to Gore's campaign were Wayne Calabrese, president and chief operating officer for Geo Group; Eric Noonan, warden at Geo's downtown facility; and Kyle Schiller, director of business management for Geo's western region.

When asked why his employment by Geo was not disclosed on Gore's campaign statements and why he had not registered with the county as a lobbyist, Fortier refused to comment and referred all questions to Geo Group's corporate headquarters in Florida.



Repeated calls to Calabrese or anyone in authority at Geo Group as to why they were contributing money to the Friends of Bill Gore campaign for sheriff were not returned.

According to Roman Porter of the California Fair Political Practices Commission, complying with the state's legal requirement to disclose contributors' true occupations is the responsibility of the campaign. A campaign has 60 days from the date of the donation to either correct the information or return the money. A December look into the campaign forms revealed no contributions returned or corrections made to Fortier's employment status.

Repeated calls to the Gore campaign were unreturned. ■

## STRINGERS

continued from page 7

day morning on February 10, a man was seen rummaging through a white Mercedes-Benz parked on the corner of Tenth and Island avenues in East Village. He immediately fled on foot after being confronted by two men. A chase then ensued, and a plainclothes police officer driving near the scene decided to join the pursuit.

According to witnesses, the police officer drove ahead of the suspect, exited his vehicle, and tackled the man. Residents from the area likened the chase to something out of a movie. The suspect was described by bystanders as a chubby adult male with red hair and a scraggly red goatee.

A building engineer from the M2i condominium (one of the men who confronted the perpetrator) said that a huge key ring was found in the suspect's possession. On the key ring were "hundreds" of keys and security fobs believed to access nearby condos. It was also discovered that the suspect had a lengthy criminal history and is out on parole. The man is suspected of being involved

in at least six car break-ins that have occurred in the area during the past two weeks.

By Nathaniel Uy  
Saturday, Feb. 13

## Tears for Buddha

### World's Largest Jade Buddha Visits S.D.

*Escondido* — Phap Vuong Monastery, a Buddhist temple nestled among pine trees in northern Escondido, is hosting the world's



Jade Buddha unveiled in Escondido

largest hand-carved gem-quality jade Buddha for the next two weeks.

To mark the beginning of its visit, an unveiling ceremony and festival was organized February 7. A hillside was sectioned off for parking for the more than 3000 people that were expected to come.

"Maybe only once in every thousand years does one get to see the Buddha," said an attendee who had driven from San Francisco. (The sculpture was completed two years ago.)

Festivities included live music (drumming and cymbal clashing), a parade, and addresses by local Buddhist leaders. Loud cheers erupted as the golden drape was removed and doves and balloons were released.

By Daniel Magos  
Tuesday, Feb. 9

## By the Book

### Mexican Passport Law Questioned

*Baja* — It appears that a Mexican law requiring citizens of the United States to carry passports when

crossing into Tijuana will go into effect beginning March of this year.

In an article published in *Frontera*, Mario Escobedo Carignan, president of Canaco (a Tijuana business association), said that the measure will have a negative effect on U.S./Mexico business relations and will put the squeeze on TJ's already battered economy.

The business leader was most unhappy with the notion that the federation was making its decisions unilaterally, then imposing them on Tijuana's business community. He also mentioned that there wasn't an "infrastructure" to process all the passports coming into Tijuana and that crossings into Mexico would add to the waits recently created by the SIAVE vehicle identification recording devices.

By T.B. Beaudeau  
Saturday, Feb. 13

## Comments

1. Guess those "Enhanced Drivers Licenses" some states use will be no good.

By Silvergate1  
4:36 p.m., Feb 13

## More Than a Catfight

### Two Women Busted in Bar Stabbings

*San Marcos* — On February 6, two women were arrested for assault with a deadly weapon and battery at the Jumping Turtle Bar and Grill in San Marcos.

Deputies responded to a call from a security guard at the restaurant who said "a large fight" had broken out, involving at least 20 people. A second caller — with sounds of a raging crowd going on in the background — instructed the dispatcher to "send as many cops as possible."

Every available deputy in the city (a total of 15) plus the fire department was dispatched to the scene. The first deputies to arrive found a stabbing

continued on page 14

# Need Contacts or Glasses?

Expires March 6, 2010



## Free Guess or Marc by Marc Jacobs Sunglasses

Free sunglasses with purchase of frame and lenses.  
Minimum purchase \$300.  
Cannot be combined with any other offer. Limited to current inventory. Some restrictions may apply.

## We accept most insurance.

Authorized center for: Prada • Fendi • Dolce & Gabbana  
Gucci • Bvlgari • Dior • Bebe • Nicole Miller • Ray Ban  
FYSH • Armani Exchange • Guess • Cole Haan  
Maui Jim • Klik • Moschino • Izod & more



Dr. Farzad Yaghouti, MD  
Medical Director  
Ophthalmologist

1-888-666-1549  
Global Laser Vision  
6950 Friars Road, Suite 100  
Across from Fashion Valley Mall

## Free Eye Exam

(With purchase of frame & lenses.)  
New patients only. With no insurance.  
Savings of up to \$190.  
Cannot be combined with any other offer.  
Please present coupon. Expires 3/6/10.

## Contact Lens Exam \$75

Includes eyeglass prescription, fitting, follow-ups, and solution kit.  
(Toric, multifocal and gas perms slightly higher.)  
New patients only. With no insurance.  
Savings of up to \$190.  
Cannot be combined with any other offer.  
Please present coupon. Expires 3/6/10.

## Routine Eye Exam

for evaluation of:

- Cataract • Corneal Diseases
  - Glaucoma • Dry Eye • Other Conditions
- We accept most insurance.

\$90 for new patients with no insurance.  
Savings of \$190. Does not include prescription for contacts or glasses.  
Expires 3/6/10.

facebook  
Become a fan

Se Habla Español  
Promo Code: RDR0218



Interested in iLasik? Call 1-888-667-7698 Today!

# Storage Delivered! As easy as 1, 2, 3

**FREE Delivery & Pickup**  
with 3 month minimum storage  
(a \$99 savings)

Have one or more Big Box storage units delivered to your apartment or house.


Load the Big Box at your convenience. Each measure 8'x5'x7' (LxWxH) and can hold up to a room and a half.

The Big Box will be picked up for secure indoor storing. Free storage access available 7 days a week.



Schedule a Big Box delivery by calling 888-245-6974 or online at [www.BigBox.com](http://www.BigBox.com). Rates as low as \$59 per month, backed by a low price guarantee!





## Free Arsenal vitamin pack

With whey protein purchase. MetRx or Dymatize.

**Pro Body Warehouse**  
El Cajon: 301 West Main St.  
619-593-0466

Expires 3-11-10 • Coupon code: G1FSDR

East



## \$4 off car wash

Any premium wash package #2, 3, 4, or 5. Not good with any other offer. Oversized vehicles extra.

**Casa De Oro Car Wash & Detail Center**  
Spring Valley: 10001 Campo Rd.  
619-670-7784

Expires 3-11-10 • Coupon code: G1FSDR

East



## 10% Off Any Purchase

Pickup only. Excluding hay. Not valid with any other offer.

**Ranch Feed & Pet Supply**  
Spring Valley: 12868 Campo Rd.  
866-926-3623

Expires 3-11-10 • Coupon code: G1FSDR

East



## Women's haircut & style \$20

Call for an appointment. Only valid with Ania. Some restrictions. New clients only. Located inside Millicent and Company Salon, the best new salon in La Mesa!

**Ania's Hair Passion**  
La Mesa: 4695 Palm Ave.  
619-838-4675

Expires 3-11-10 • Coupon code: G1FSDR

East



## 50% off haircuts, highlights, color or skincare

Not valid with any other offer.

**Salon Radiance**  
La Mesa: 4731 3rd St. • 619-567-6938

Expires 3-11-10 • Coupon code: G1FSDR

East



## Free cat or dog exam

With Dr. Mark Ford. New clients only. \$44.85 value. Full-service, state-of-the-art veterinary facility.

**Parkway Pet Hospital**  
La Mesa: 8200 Parkway Dr.  
619-463-9151

Expires 3-11-10 • Coupon code: G1FSDR

East



## Free golf

Two-for-one green fees. Any day from 10 am-2 pm. Golf cart included. Come play the redesigned lakes course with its new island green! May not be used in conjunction with any other discount, on holidays or in tournament play.

**Cottonwood Golf Club**  
El Cajon: 3121 Willow Glen Dr.  
888-890-9748

Expires 3-11-10 • Coupon code: G1FSDR

East



## 50% off haircut

Buy one haircut at regular price and get the next one half off. Select stylists. New clients only. Must present coupon before service.

**Coconuts Salon & Day Spa**  
La Mesa: 9340 Fuente Dr., Ste. 201  
619-697-6166

Expires 3-11-10 • Coupon code: G1FSDR

East



## \$15 UV-free sunless tan

Mystic Tan. Please call ahead. Cannot be combined with other offer or specials.

**My Escape Spa & Tan**  
El Cajon: 738 Jamacha Rd.  
619-442-2826

Expires 3-11-10 • Coupon code: G1FSDR

East



## Free photo restoration

Up to a \$25 value.

We also do photo enlargements up to 5 ft.

**Photo Art of Carlsbad**  
Carlsbad: 2744 Carlsbad Blvd.  
Ste. 116 • 760-729-1960

Expires 3-11-10 • Coupon code: G1FSDR

North



## Laundered shirts 99¢

Minimum 5 shirts.

**Cleaners Club**  
San Diego: 9919 Carmel Mtn. Rd.  
858-780-0895

Expires 3-11-10 • Coupon code: G1FSDR

North



## \$10 men's haircut

First-time clients only. Varsity cut. Some restrictions. The ultimate just-for-guys haircut experience!

**SportClips Haircuts**  
Rancho Bernardo:  
15731 Bernardo Heights Pkwy.  
858-592-4104

Expires 3-11-10 • Coupon code: G1FSDR

North

## CITY LIGHTS

### STRINGERS

continued from page 13

victim lying on the steps. He said that he had walked into the middle of a fight upon leaving the men's restroom and wouldn't identify his attackers if he could have. One patron, however, did say that a gang name had been shouted during the brawl.

Irene Cardenas, 32, of Escondido, was booked into Vista Jail on charges of assault with a deadly weapon. Her bail was set at \$30,000. Valerie Valadez, 32, also of Escondido, was cited for battery and released.

By Craig Vansant  
Tuesday, Feb. 9

### One-Sided Trimmed Tree Collapses on House

Ramona — Alisa McVay and husband Tim Lehr left home in a hurry last week after SDG&E arborist Michael Daleo informed the couple that they were "in imminent danger" and needed to leave immediately.

SDG&E, according to area residents, has been trimming trees on only one side for years, leaving the other side to grow. "I kept asking them to trim the other side," said McVay. "The tree was so big and heavy on one side. They said no.... The tree was leaning against the house, and we were told to not go back inside."

The tree, according to McVay, was leaning against the power lines, putting an "obvious strain" on the lines.

"It looked like the pole was going to get pulled down too," said McVay. "I called SDG&E and told them they needed to turn off the power or cut the lines. If the tree fell, it could cause fire hazards all over the place."

McVay said as the electrician from SDG&E cut the lines, the tree came down. ("The power lines

## CITY LIGHTS

## CITY LIGHTS



"The power lines were all that was holding it up."

were all that was holding it up.") The family is in temporary housing at the Riviera Oakes Resort in the San Diego Country Estates.

By Dixie Pettit  
Wednesday, Feb. 10

### Policing Pot Shops City Task Force Advises Limitations

Hillcrest — The recommendations from San Diego's 11-person medical marijuana task force are in: they include establishing a permitting process for dispensaries, restricting dispensaries from opening in residential areas as well as keeping them 1000 feet from schools and playgrounds and 500 feet from other dispensaries, requiring security guards to stand watch during business hours from 7 a.m. to 9 p.m., and prohibiting the storefronts from painting their storefront more than two colors and from excessive use of marijuana leaf designs outside the store.

On Tuesday, February 9, at the Joyce Beers Community Center in Hillcrest, Stephen Whitburn, vice chair of the task force and former city council candidate, addressed the community's questions and concerns.

"Why have such an early closing time?" asked one resident. "People can get other medications late into the night."

Whitburn answered by saying that the 9 p.m. closing time was recommended

to address concerns from many residents that the storefronts would be a magnet for crime if they were open late.

"Hillcrest is not all of San Diego and the attitudes for medical marijuana dispensaries is entirely different," he said. "We have to balance your perspective with perspectives from other parts of town."

By Dorian Hargrove  
Wednesday, Feb. 10

### Jaywalk to Moondoggies Bar Goers Cited, Face \$108 Fines

Pacific Beach — On Thursday, February 4, I saw at least seven people receive jaywalking tickets before 11 p.m. in front of PB Bar and Grill and Moondoggies on Garnet Avenue.

As I waited in line to get into Moondoggies, I watched two girls get tickets from two separate policemen next door. It took me a second to figure out what they could be getting tickets for because it was barely 10:30 p.m. — they were still standing, coherent and fairly sober-looking.

The more boisterous of the two girls was livid by the time she joined the line I was in, waving her ticket above her head, yelling, "I can't believe I just got a f@cking jaywalking ticket!" every time a new person showed interest. The look on her face went from anger to shock and disgust as someone turned



around to inform her how much her dash across the street would cost (\$108).

By Elena Buckley  
Wednesday, Feb. 10

## Zapped

**Man Gets 8 Months for Laser Pointing**

**San Diego** — Because he pointed a green laser at a police helicopter, a San Diego man was sentenced to eight months in state prison on February 8. Timothy Allen, 39, pleaded guilty to the charge in January.

In November, an SDPD helicopter had a series of green laser beams pointed at it. The pilots were unable to locate the Southeast San Diego residence from which the laser originated. Lindbergh Field control tower officials also received reports from several commercial jets that had green laser beams flashed at them while on approach to the airport.

On November 26, again someone from the same area used a green laser on SDPD pilots. That time, pilots were able to determine the source. Allen was arrested and charged with two counts of discharging a laser at an occupied aircraft.

By Craig Vansant  
Thursday, Feb. 11

## Prepped to Pump

**Storm Preparations in P.B. Pacific Beach** — At about 4:30 p.m. on February 9,



SD streets truck blocks P.B. parking lot

in the cul-de-sac where Mission Boulevard meets Pacific Beach Drive, a City of San Diego Street Division truck blocked cars from entering the parking lot between the Best Western Sea Lodge and the World Famous Restaurant. Some drivers, displeased with the barricade, drove their vehicles over the orange cones as if they weren't there.

The city worker inside the truck said that he was awaiting the storm and that additional pumps had been stationed on Pacific Beach Drive to minimize the potential for flooding.

Kimberly Black, working at the front desk of the nearby Surfer Beach Hotel, stated that this was the third time extra pumps had been placed in front of the hotel during this rainy season.

Black's eyes widened as she recounted having seen some individuals kayaking during the previous storm. "I've lived here all my life, and I've never seen anything like it — someone was actu-

ally kayaking down Mission Boulevard."

By Carolyn Grace Matteo  
Thursday, Feb. 11

## Factoring the Fringe

**DeMaio Objects to Council Salary Increases**  
**San Diego** — San Diego city councilmember Carl DeMaio continues his fiscal conservative crusade to drive away San Diego's structural deficit. In a February 9 letter, he objected to the Salary Setting Commission's recommendation to increase the salaries for the mayor and San Diego city councilmembers. DeMaio believes the salary increase is a poor idea considering the city's financial standing.

DeMaio asserts that the commission failed to include the "generous" pension benefits offered to the city's elected officials. He says that councilmembers' \$75,000 salary is not representative of their actual compensation — that after "fringe benefits" are included, a councilperson's annual compensation is more like \$135,000.

The council will vote on whether to accept or reject the panel's recommendations at a future city council meeting.

By Dorian Hargrove  
Wednesday, Feb. 10

## Bullet for a Brother

**T.J. Cops Shoot State Officer in Chase**  
**Tijuana** — In a contretemps that the TJ newspaper *La Segunda* referred to as a "confuso incidente," a patrol team of the city police shot a member of the state investigative police after he failed to pull his vehicle over at their behest on Sunday night, February 7.

The officer, with the sex crimes unit, remains gravely wounded (though stable) after being hit in the back by at least one shot fired during a high-speed chase along Bulevar Federico Benítez.

An investigation is under way to determine why the

incident occurred between the two police organizations and if excessive force was used by Tijuana cops.

By T.B. Beaudeau  
Thursday, Feb. 11

## Comments

1. This was not a traffic stop gone bad. "Patrol" isn't looking for vehicle code violations. Mr. State Officer was up to something, and whatever it was, the City cops didn't like it. Smells like dirty cops chasing another dirty cop.

By refriedgringo  
4:57 p.m., Feb 11

## Gracias por la Migra

**Copter Rescues Illegal Immigrant**  
**Jamul** — A Mexican immigrant who entered the country illegally was rescued from a mountain near Jamul on Wednesday, February 10, at about 4:00 a.m.

The 29-year-old male used his cell phone to call 911 at 9:00 p.m. Tuesday

night after becoming disoriented during the latest winter storm in the East County mountains.

The San Diego Border Patrol's Search and Rescue team responded to a 911 distress call from a mountainous region near Jamul. After assessing the situation, the border patrol requested a Customs and Border Protection helicopter unit to help with the rescue.

At around 3:00 a.m., the CBP helicopter pilot detected the faint light of the victim's cell phone and directed the rescue team to the location. Agents found the man, who was suffering from hypothermia and unable to walk.

By Steve Horvath  
Thursday, Feb. 11

Become a Stringer. Earn up to \$75 for your neighborhood news story, \$10 for photo, \$15 for video. See guidelines at [SDReader.com/stringers](http://SDReader.com/stringers).

CAREER TRAINING

**You Can Make More Money\* and Get a Better Job**

*We make it easy for you to start college!*

**MEDICAL**

**Courses in:**

Medical Assisting, Respiratory Therapy  
X-Ray Technology (Ltd.Scope), Laboratory Technology  
Pharmacy Technology, Healthcare Administration  
Medical Coding/Billing, Nursing Administration<sup>†</sup>  
Medical Specialties, Medical Office Administration

Preparation for Certifications/Licenses\*\*

**COMPUTERS  
BUSINESS & ACCOUNTING**

- Financial Aid Available for Qualified Students
- Associate's, Bachelor's & Master's<sup>†</sup> Degrees
- Employment Assistance for Graduates
- Preparation for Certifications and Licenses<sup>†</sup>
- Accredited Member ACCSC
- Programs Approved for Veterans

**Evening, Day & Online<sup>†</sup> Classes Start Next Month**

**LAPTOP COMPUTER!**

Use it in college and keep it when you graduate. Certain restrictions apply. Call for details.

**Call now for a free career assessment**

**888-881-3774**

[www.californiacollege.info](http://www.californiacollege.info)

## Kenwood Bass Package \$198\*

- 1000-watt Class D Amp
- Two 12" Subwoofers



## Pioneer CD Player \$68\*

- 200 watt • AM/FM • Detachable Face
- iPod Jack & RCA Output



## Car Alarm

- Installed • 2 Remotes
- Starter Kill • LED
- Shock Sensor
- Door Protection

**\$98**

## Window Tint

Up to Back 5 Windows.

**\$98**

## Pioneer Navigation

**\$598\***

- Touch Screen
- Bluetooth
- CD
- Double Din
- SD/Aux/USB



## Stereo Outlet

2707 Garnet Ave. • 858-581-2434 • [sandiegostereo.com](http://sandiegostereo.com)

\*Additional parts may be required. Carryout price slightly higher. Offers expire 3/15/10, with this ad.



# Yonder Lies It

MESSAGES FROM TIJUANA

by Lorena Mancilla

## A Schizoid City

Tijuana has suffered from multiple personality disorder for way too long. It's been a place for trade and fugitives — for anyone who needed to escape from anything, whether it be extreme poverty, a violent husband, a shotgun wedding, a jail sentence, a closeted gay life, or boredom. All were welcomed in Tijuana. In the past five years, though, it became a place to escape from.

Anyone who needed a dose of Mexican kitsch, a couple of prescriptions filled, a Cuban cigar, and a margarita found heaven on Avenida Revolución. This is the Tijuana most tourists knew, but now it's gone; La Revo is a ghost town of empty commercial spaces and former bars. Some say it happened because of the downturn in the U.S. economy, but we all know it was fear. The former visitors

of Tijuana were afraid that once they crossed the border they would be dodging bullets.

Tijuana's nightlife was always diverse. There were small bars, expensive clubs, lounges, and little cantinas all over the city. There was business for all of them until it became fashionable for gangsters (*narcos*) and gangster posers (the new term for them is *mangueras*) to flaunt their success by reserving tables with bottles of overpriced Remy that they mixed with grapefruit soda or Jumex orange juice. (You could spot them because they were the only ones in the trendy club with a juice box on their table.)

One night in late 2007, I accidentally bumped my shoulder into a man and as his jacket opened I saw a gun. After that, I decided to ditch my favorite dance club forever...so did everyone else

with a favorite place in Tijuana. Since 2007, few people dared run the risk of being at a *narco* hangout. People lived for the news, the newspapers. Morbid stories intensified the paralysis; fear became the most ubiquitous feeling throughout the city.

## The Last Ones Were the Younger Ones

Since the early '90s, downtown cantinas and dancehalls were a refuge for intellectuals and artists who visited them as tourists, walking the dark, downtown streets and the red-light district in the infamous Paseo Inmoral, going into any gloomy strip joint or cantina with a jukebox, scouting the bars for the cheaper beer, the ones that were more comfortable, getting to know the characters, the bartenders, the *ficheras*, and street musicians.

In 2004, art exhibits and

poetry readings were held at iconic cantinas such as Zaca-zonapan and Dandy del Sur. Bar Turístico in Plaza Santa Cecilia was (and still is) a meeting point for Universidad Autónoma de Baja California students, intellectuals, artists, and journalists. When all of this was happening, the Nortec Collective project was still launching; they played regularly at Don Loope, next to Jai Alai, and although they were independent electronic musicians with day jobs for decades, once they rescued the sound of the *norteño* street musicians and mixed it in their music, they went from dentists to rock stars.

The downtown scene was still underground but was attractive. Cine Bujazán, an old movie theater on Avenida Constitución, was destroyed by a fire in 1993 and it became an abandoned space until 2001, when Julio Orozco held a photo exhibit in its ruins (the roof burned completely). In 2004, the space was taken by a group of young music promoters; they called it Multikulti. It became an alternative venue for rock concerts and art exhibits. Then Radio Global, an internet radio station based in Tijuana, started to hold parties downtown. Yonkeart made a documentary on La Estrella, an old-school dancehall with

wooden benches.

In 2007, Sonidero Travesura, a music project that rescued the *cumbia* sound and the *grupero* style of musicians that usually play at *quinceañeras* and *bailes*, brought the younger crowd to La Estrella and the forgotten downtown cantinas. All of this had been documented since the early 2000s by emerging Tijuana bloggers who were long-standing visitors of the Centro nightlife. All of a sudden, everybody noticed that they could have fun in these places — there were no *narcos*, guns, or hard drugs (or even soft ones, with notorious

*continued on page 17.*



**Cine Bujazan:** Scorched theater becomes concert venue/exhibition hall



**Nortec Collective:** Rescuers of the *norteño* street musicians' sound



**Rafael Saavedra:** "No bar with a velvet rope will be successful here."

## \$200 Off English Class\*



### English as a Second Language Program ESL/TOEFL \$200 a month

\*\$100 off 1st two months w/ this ad. New students only. Not valid w/ any other offer. Exp. 2/28/10.

**Bachelor's, Master's, or Ph.D. degree in Psychology!**  
**Bachelor's and Master's Degrees in Business Administration for \$390-\$400 a month**  
**New Cambridge and Fri./Sat. TOEFL classes**  
**New Integrative Nursing Care Certificate**  
**New "Green" MBA \$400/month**  
**Classes also available online!**

Afternoon  
& evening  
classes

SEVIS  
approved  
I-20



# SDUIS

San Diego University  
for Integrative Studies

800.234.7041 or 619.297.1999

Now in Old Town • 3900 Harney St. • Come in today or call. [www.sduis.edu](http://www.sduis.edu)

## soft contacts

INCLUDES EXAM & FOLLOW-UP

Daily or extended wear • Bausch & Lomb SL38 • Some power restrictions

# 2 pair \$116 complete



### Eyeglass Special

Includes exam, frames, S.V. plastic lenses.

# \$143 complete

### Eye Exam Plus

Eye exam, one pair of glasses, & two pair of contact lenses.

# \$176

### Colored Contacts

With prescription.

# 3 Pair \$45

**DR. PHILLIP LEVY, O.D., FAMILY OPTOMETRIST**

5020-B Baltimore Dr., La Mesa (Next to Starbucks)

1.877.209.8142



Offers do not include previous purchases, other discounts, specials, or 3rd-party plans. We accept most union and insurance plans. Single-vision plastic lenses. Restrictions apply.





# Yonder Lies It

continued from page 16.

exceptions). The beer was cheaper than anywhere else (no wine or fancy martinis), and there was a jukebox that took pesos and dollar bills. There were candy sellers, Polaroid photographers, men who carried a generator on their neck and offered electroshocks for a tip, and the waitresses were long-haired señoras that brought a little *botanita* with the beer. It was a paradise for nostalgia lovers.

The traditional local-bar areas of Tijuana started to suffer from this migration, and the only customers left there were *narcos*, *mangueras*, and a couple of lost Tijuana *fresas* that didn't get the news on time: downtown was being taken over by every urban tribe any night of the week.

At some of the places, it became almost impossible on a Saturday — body heat, smoke, and poor ventilation made them uncomfortable. It was too much for the original bars, so others moved in. A whole bunch of bar owners escaped the expensive rents and the risks of other bar areas. They moved into old bookstores, former Chinese restaurants and camera-repair shops, turning places that were empty for decades into diverse bars among the traditional cantinas and old nightclubs.

## The Calle Sexta Phenomenon

During the '90s, I had a special outfit that I wore every time I went on the Paseo Inmoral or Tour Histórico Cultural (as some humanities students used to call it); the outfit's closest relative would be a potato sack — a pure wool *chuj* that I bought from an Indian in Chiapas many years ago. It was my armor because no one would take a woman wearing such a thing to the dance floor. We all did the same: no woman

who went to the downtown cantinas would dare wear a skirt or a sleeveless blouse if she didn't want to run the risk of being mistaken for a *fichera*. And we always went in a group. It was a tradition for many students to go cantina hopping, starting the tour in the red-light district and ending it on Calle Sexta. For veteran visitors, it can be a shock to see how the scene and crowd have changed. There are hordes of cute miniskirts and strapless dresses, shorts, and trendy boots; kids who get together to flat-iron their hair before they go out; guys with perfectly groomed beards and ear expansions. Some bars serve tomato *pulque* and *mocha mezcal*. At some of the hippest bars, a ten-peso coin can be exchanged for a Styrofoam cup of cold beer. There's even a little coffee shop that has a cinema club with art films. There are a couple of lounges that would fit in easily in Mexico City's Colonia Condesa, but also there is a bar that's a death trap of metal staircases, walls made of cyclone fence, and empty trash bags. Some say it's Tijuana gone *Mad Max*; I say if the Nazis ever dreamed of having a bar in Auschwitz, this would be it.

This radical change started when La Mezcalera opened in January of 2009, followed by many others. Even though business openings are great for Tijuana's economy, sometimes the new bars can feel weird...like a sterilized prototype designed to satisfy upper-middle-class hipsters, the same people that in other times would have never gone downtown because it was considered a dirty, poor, and dangerous place.

On the other hand, the migration back out into the night is seen as the way new generations of *tijuanenses* are reclaiming their city and their right to have fun and feel safe, to feel on par with the crowd that traditionally visited the old

cantinas, the ones that served a famous writer, a maquiladora worker, a taxi driver, or a Grammy winner. For decades, anyone who walked Avenida Revolución would be harassed and fought over by club workers competing for a commission on the customer's tab. In fancier *antros* or *discotecas*, the bouncers would profile people at the door and leave anyone outside who didn't meet their standards. These are practices that don't belong here.

Rafa Saavedra, the most notorious chronicler of Tijuana's nightlife says: "The rules have changed. No bar with a velvet rope will be successful here, cover charge is gone for good, there's no special treatment for anyone, none of the bars take reservations or offer full bottles. That's why it's very unlikely that *malandros* move in, since they like to be noticed, to get preferential treatment, and this won't happen here. The Calle Sexta phenomenon's secret is simple: celebration. We all like to be a part of it."

I can't deny it. I have mixed feelings toward the new popularity of Calle Sexta. I'm sure it will bring a new set of problems or revive some of the old ones, but today the most attractive part of visiting downtown at night is diversity. There's everything for any taste (except *narco-corridos*): industrial music, Japanese pop, '80s new wave, *cumbias*, *norteño* love songs, electronic pop from Spain, an occasional *tocada* of local and foreign indie bands or DJs. And even though the range of options keeps growing, there's nothing like exploring the old cantinas; when one finds a place with a jukebox full of José José songs, walls of mirrors, red vinyl booths, silk flowers, a little empty dance floor, a clean restroom, and two-dollar beers, one can forget about time, the economy, love, crime, and the fact that the car is at a public parking lot that closes at 1:00

a.m....well, that can be a problem.

Lorena Mancilla has a degree in philosophy and owned a cigar shop in Rosarito until the local economy tanked. She currently teaches literature and ethics in Tijuana. Her blog is at: lorena.mancilla.blogspot.com.

## Glossary

**Antro:** Nightclub.

**Botanita:** Little snack. There is a variety of snacks served in cantinas all over Mexico, most of the time served for free.

**Chuj:** A rigid, thick, square sweater woven by hand that falls below the hips.

**Colonia Condesa:** A Mexico City neighborhood that has a high concentration of cafés, bookstores, bars, and restaurants; a lot of artists and intellectuals live there.

**Fichera:** A woman whose job in a bar consists of drinking with customers or dancing with them; the bar pays her a commission (not to be mistaken with a stripper or sex worker).

**Fresa:** A person who belongs (or pretends to belong) to the upper-middle class.

**Malandro:** Delinquent, criminal.

**Manguera:** One who thinks it is glamorous to act, look, talk, like a drug trafficker, even when he only aspires to be one.

**Narco-Corridos:** Songs that pay homage to Narcos and their accomplishments, deaths, cars, guns, stories, codes, lifestyle.

**Pulque:** Fermented sap of the agave plant (very sour), served in many flavors, such as pineapple, mango, and strawberry.

**Tocada:** A small rock concert.

To read "Yonder Lies It" en español, go to [sdreader.com/yonder](http://sdreader.com/yonder)

## Go Green... Recycle Your Jewelry



Dealer 3711.1891

### Buyers of Gold, Platinum, Silver, Jewelry, Fine Watches and Estates

REDESIGN • REPAIR • RECYCLE

Step 1: Gather all of your jewelry & precious items.

Step 2: Make an appointment at Rock-n-Gold for our experienced staff to evaluate your jewelry.

Step 3: Upon your approval, we will provide you with either an immediate payment, estimate of cost to repair, or begin the redesign process.



www.rockngold.com

8199 Clairemont Mesa Blvd. Suite H • San Diego, CA 92111  
Appointment Recommended • 858-571-4560

REDESIGN • REPAIR • RECYCLE

We invite you to visit our showroom to view our exclusive designs and custom jewelry creations. The combination of our complete shop and GIA certified staff enables us to Redesign, Repair, or Recycle your jewelry at the highest level. RGC has been a designer and buyer for over 17 years and services all needs for bridal, fine jewelry, fine diamonds, and fine gemstones.

Recommended and featured by



# Sell & Buy

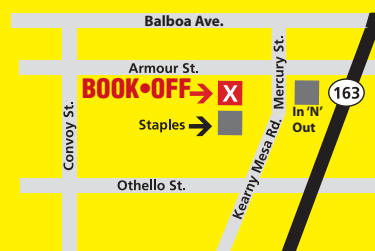


**Books, CDs, DVDs, Games**  
(We may not purchase certain titles.)

**All items are clean and in good condition!**

**SAN DIEGO STORE**  
4240 Kearny Mesa Road,  
Suite 128  
San Diego, CA 92111  
858-627-9600

**We sell**  
**Books starting at \$1.00**  
**CDs starting at \$1.00**  
**DVDs starting at \$3.00**



**BOOK-OFF®**

A never-before-seen used book store!  
**Open 7 days a week 10 am-8 pm**





## 30% off dry cleaning

New clients only. Some restrictions.

**Beasley's Cleaners**  
Carmel Valley: 3840 Valley Center  
#605 • 858-792-7578  
Carlsbad: 7668 El Camino Real  
#102 • 760-623-6858  
Torrey Highlands: 13350 Camino  
Del Sur #1 • 858-484-9845

Expires 3-11-10 • Coupon code: G1FSDR

North



## \$200 off your best car deal

Make your best deal and present this coupon for an additional \$200 off. Only valid at Encinitas Ford.

**Encinitas Ford**  
Encinitas: 1424 Encinitas Blvd.  
800-458-7107

Expires 3-11-10 • Coupon code: G1FSDR

North



## \$1 off per item dry cleaning

Prepaid only. Unlimited savings. Must present coupon with incoming order. One coupon per customer. Environmentally friendly cleaning.

**Continental Cleaners**  
Del Mar: 2741 Via de la Valle  
858-755-4887

Expires 3-11-10 • Coupon code: G1FSDR

North



## 50% off hair color or highlights

First-time clients only.

**Salon David Perez**  
UTC: 8650 Genesee Ave. #318  
888-400-4807

Expires 3-11-10 • Coupon code: G1FSDR

North



## \$3 off hand car wash

Any full-service car wash package. Oversize vehicles extra. Not valid with any other offer.

**Best Hand Car Wash**  
Poway: 12620 Sabre Springs Pkwy.  
858-486-5295

Expires 3-11-10 • Coupon code: G1FSDR

North



## \$1<sup>25</sup> men's dress shirts laundered

Valid for in-store customers only. One coupon per visit. Pre-paid only. Valid with 3 or more dry cleaning garments. Coupon must be presented with incoming order.

**LaPel's Dry Cleaning**  
Poway: 12336 Poway Rd.  
858-513-6365

Expires 3-11-10 • Coupon code: G1FSDR

North



## Hand car wash \$7<sup>99</sup>

Silver wash. Regular \$10.99. 100% hand wash, vacuum interior, body air blowdry, windows and wheels cleaned. Trucks, SUVs and vans extra. Not valid with other offers.

**Cardiff Valero Hand Car Wash**  
Cardiff: 820 Birmingham Dr.  
760-436-1820

Expires 3-11-10 • Coupon code: G1FSDR

North



## Free 14-day women's fitness class

14-day "no risk" trial membership. Only \$49 per month! Dynamic group classes, clean and discreet surroundings, unbeatable service.

**Breathe Fitness for Women**  
Poway: 13864 Poway Rd.  
858-513-1200

Expires 3-11-10 • Coupon code: G1FSDR

North



## Free spray tan

Buy one spray tan, get one free. First-time customers only. Not valid with any other offers. \$24.95 value.

**Sun on the Run**  
Vista: 1994 Hacienda Dr.  
866-242-9592

Expires 3-11-10 • Coupon code: G1FSDR

North



## 60-minute massage \$49

Must present this coupon.

**Palace Herbal Spa**  
Escondido: 1875 Centre City Pkwy.  
Ste. E • 888-714-8391

Expires 3-11-10 • Coupon code: G1FSDR

North



## 25% off dry cleaning

3 piece minimum. Good for two visits. Present coupon with order. Express service and/or special handling excluded. Not valid with any other offers.

**New Life Cleaners**  
Encinitas: 141 S. El Camino Real  
Ste. A • 760-942-5564

Expires 3-11-10 • Coupon code: G1FSDR

North



## \$3 off driving range golf balls

Get 153 range balls for only \$11. Not to be combined with range cards. Some restrictions.

**Carlsbad Golf Center**  
Carlsbad: 2711 Haymar Dr.  
760-720-GOLF (4653)

Expires 3-11-10 • Coupon code: G1FSDR

North

## LETTERS

We welcome letters pertaining to the contents of the Reader. Phone them in at 619-235-3000, ext. 460; address them to Letters to the Editor, Box 85803, San Diego CA 92186-5803; fax them to 619-231-0489; or use our web page at [SanDiegoReader.com/letters](http://SanDiegoReader.com/letters). Include your name, address, and telephone number. Letters may be edited for length and clarity.

### Got It, LT?

Re "Super Bowl Edition" ("Sporting Box," February 4).

I look forward to Patrick's Super Bowl result column. Drew Brees not only has a Super Bowl ring now but is also the MVP. L.T., if you want a Super Bowl ring, you know what you have to do...it's not too late.

Geoff Hill  
via email

### Scientists And Sailboats

Re "Global Warming Is Crap!" (Cover Story, January 28).

A record cold winter currently does not disprove global warming, nor does a single record hot summer verify it. We live in a scientific age. How many of us are really forming our opinions from science, from scientists?

The northwest passage is the sea route at the top of North America leading from one side to the other. Eight

boats transited the northwest passage last year — a record. Not big ships — small yachts unable to punch through ice, mostly sailboats. That's about eight more than the entire 20th Century. Let's not let our political biases determine our viewpoints about a very large topic which should be approached in the spirit of scientific inquiry. Let's look at actual data.

Mark Allen  
Harborside

### Sit Near The Sink

Naomi, you have a great column (Restaurant Reviews), and I read it every week. Are there any restaurants in SD that allow dinner parties to sit in or near the kitchen, similar to what they do in other large cities? Thank you.

Kenneth Selzer  
via email

*Ben Sally's Restaurant (at the Harbor Village Marriott) has a chef's table in the kitchen, and A.R. Valentien has a similar arrangement that includes a chef tasting dinner at a large "family" table. (I've heard raves about the latter.)*

— Naomi Wise

### Shoehorn Missing

Well, what happened to "Shoehorn Technique"? That was a perplexing and wonderfully ironic cartoon, and I miss it very much. What did you do with it? Will it come back?

Name Withheld  
via email

*Ben Katchor discontinued "Shoehorn Technique" in 2009.*  
— Editor

### Roam-o-Rama Published Feb. 10

*By GriffithParkWayist 1:39 p.m., Feb. 11, 2010*

A little fact correction — O'Melveny is either the 4th or 5th largest regional park in L.A. City, behind Griffith Park, Sepulveda Basin Recreation Area, Hansen Dam Recreation Area, and possibly Verdugo Hills Park.

It's still a gorgeous park and connects to county park land in Santa Clarita.

Of course, all of the park except park central was completely burned in wildfires 18 months ago, so expect an altered landscape from some of your lovely description.

Regardless, O'Melveny is one of our favorite LA City parks!

### Of Note (Medeski Martin & Wood) Published Feb. 10

*By veeprekins 4:19 p.m., Feb. 11, 2010*

MMW is way more than a "Jam" Band...I don't think words can describe///you have to see them

### City Lights ("A Town Left Dry") Published Feb. 10

*By lenny 6:56 a.m., Feb. 11, 2010*

If the situation gets any better in Borrego I may drive

*continued on page 54*

**\$1.50 sliders**



**\$3 microbrews**

**\$1 shots**



**\$15 hookas**



FIND THESE OFFERS AND MORE ON PAGES 101-103

# HAPPY HOUR

RESTAURANT/BAR OWNERS: Happy Hour listing \$20/week. 4-color ads \$66/week. Call 619-235-3000 for more information.



# BACK WHEN *in the Reader*

## Thirty-Five Years Ago

Watching Lyn Lott play the final hole on Sunday was an honest lesson in the pro golf version of catch-22.... On the seventy-second, par five, eighteenth hole, the left side of the green fronted by newly created water, Lott drove into the left rough, but had a good lie. Lott, two over par through seventy-one holes, rhetorically asked the gallery what they thought, then played safe, pitching his second hit short of the water hazard, chipping over the pond, then two putting for his par. His performance won him \$663.

— **"IN THE GREEN,"**  
Richard Pesin, February 20, 1975

## Thirty Years Ago

One adjective in the critic's lexicon which is often construed as pejorative is "pleasant." For example, Kenny Loggins is pleasant. Even though I can't imagine myself wrestling with insomnia over missing Loggins's upcoming concert Sunday night at the Sports Arena, I wouldn't mind attending it. His stuff with Jim Messina was always nice, soothing, and, well, pleasant.

— **MUSIC SCENE: "THIS WEEK'S CONCERTS,"** Steve Esmedina, February 21, 1980

## Twenty-Five Years Ago

Fellow tourists you encountered on the street have told you that there's a four-hour wait at the San Ysidro border crossing. But you've seen the local TV news coverage of the brand-new Otay Mesa crossing, and you've heard that there is virtually no wait to cross at the facility. The only trouble is that there's not a single sign on the entire length of Revolución that would indicate its whereabouts.

— **CITY LIGHTS: "LOOKING FOR SIGNS,"** Abe Opincar, February 21, 1985

## Twenty Years Ago

As Sooze sees it, the use of speed — methamphetamine — is rampant in Jacumba and Boulevard. "Not long after I first came here, I was working at a tavern in Boulevard," she relates, "and I said to one of the other waitresses, 'Why are all these people constantly going outside and then coming back in?' She said, 'Just how dumb are you, anyway? They're going out to have a little hit of speed, that's all.' She said you could tell the speed monsters by the little bumps

on their faces. I started watching for that, and before too long I realized that almost everyone who came into the place had those bumps."

— **"DOTS ON THE MAP: HEADING EAST ON OLD**

**HIGHWAY 80,"** Roger Anderson, February 22, 1990

## Fifteen Years Ago

San Diego and Imperial counties have the worst rate in the state for life-threatening birth defects, topping the list for five of the seven categories measured by state researchers.

Critics, who suspect that environmental pollution might be contributing to the problem, are calling for further study into the increased birth-

defect rate. Also alarming: due to budget cuts, San Diego County has been eliminated from the monitoring program altogether.

— **CITY LIGHTS: "BABIES OF A TOXIC BORDER,"** Melinda Powelson, February 16, 1995

## Ten Years Ago

I've just gotten off the trolley at 25th and Commercial, looking for breakfast. Here we're in WWII-era San Diego. Developer money won't touch it.

I cut up 30th Street toward Imperial. But lots of its shop fronts are locked and boarded.

That's when I get the whiff. Across 30th. Catalano's Pizza, a stucco place in an ancient corner building. I mean, I'd been hoping for sausages and eggs, but, hey, pizza guy's cooking in there.

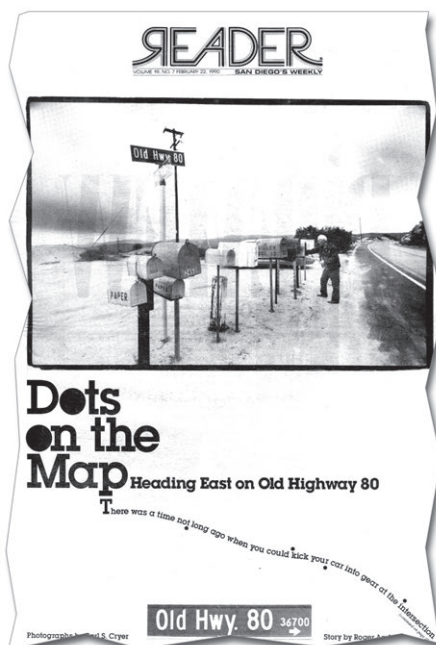
— **TIN FORK: "PIZZA FOR BREAKFAST,"** Ed Bedford, February 17, 2000

## Five Years Ago

Whenever I'd imagined myself in police cars, I was always in back. Cops were the bad guys, just the "man" out to get you. But that was before my sister Jenny began dating Brad a couple of years ago. When I found out he was a "CHiP," the first thing I thought was, *I guess Jen's not coming to any more of my parties.*

— **"BARBARELLA SWEEPS THE BEATS WITH THE HIGHWAY PATROL,"** Barbarella, February 17, 2005

For more stories by these authors, go to [sdreader.com](http://sdreader.com).



San Diego Reader, February 22, 1990



### 2-for-1 18 hole golf with cart

Mon.-Thurs. after 9:30 am.  
Fri.-Sun. after 12 pm. Present coupon at check-in. Some restrictions.

**Eagle Crest Golf Club**  
Escondido: 2492 Old Ranch Rd.  
877-797-4679

Expires 3-11-10 • Coupon code: G1FSDR

North



### Organic men's shirt cleaning \$1<sup>95</sup>

No chemicals. Some restrictions.

**Seagull Cleaners & Alterations**  
La Jolla: 5568 La Jolla Blvd.  
858-459-9911  
Pacific Beach: 4454 Ingraham  
(Inside Tammie's Alterations)  
858-274-9420

Expires 3-11-10 • Coupon code: G1FSDR

North | Beaches



### Free spinal consult

**RB Spine**  
Rancho Bernardo: 16980 Via Tazon  
#100 • 866-447-1908

Expires 3-11-10 • Coupon code: G1FSDR

North



### Acrylic nails \$25

New set. Acrylic pink and white. Regularly \$45. Not valid with any other offer.

**Chic Nails**  
Solana Beach: 116 Solana Hills Dr.  
866-303-6298

Expires 3-11-10 • Coupon code: G1FSDR

North



### Ring sizing \$28<sup>95</sup> and up

Not valid with any other offers.

Top dollar paid for unwanted jewelry!

**Classique Fine Jewelers**  
UTC: 8750 Genesee Ave. #248  
858-597-0800

Expires 3-11-10 • Coupon code: G1FSDR

North



### \$20 chiro consult, exam & x-rays

X-rays if needed. Normally \$250.

**Shea Family Chiropractic**  
Poway: 13526 Poway Rd.  
866-829-4781

Expires 3-11-10 • Coupon code: G1FSDR

North



### Free 30-day weight loss program + massage

30-minute massage. Restrictions apply. Call for details.

**Thrive Lifestyle**  
Oceanside: 2741 Vista Way  
Ste. 111 • 760-310-6893

Expires 3-11-10 • Coupon code: G1FSDR

North



### \$3 off hand car wash

Any full-service car wash package. Extra charge for size and condition of vehicle. Cannot be combined with any other offer.

**Scripps Poway Car Wash**  
12033 Scripps Summit Dr.  
858-549-8100

Expires 3-11-10 • Coupon code: G1FSDR

North



### \$2 off shoe repair

Any \$10 repair. Valid with incoming prepaid order. Not valid with any other offers or discounts.

**Anthony's Shoe Repair**  
Carmel Mtn. Ranch: 11885 Carmel Mtn. Rd. #902  
858-673-7207  
Solana Beach: 671 Lomas Santa Fe Dr.  
866-541-4904  
Carmel Valley: 12925 El Camino Real  
858-350-7506

Expires 3-11-10 • Coupon code: G1FSDR

North



### 20% off Brazilian hair treatment

And any salon service. First-time clients only. Some restrictions.

**Beauty Supply Salon 22**  
Del Mar: 12857 El Camino Real  
866-242-0057

Expires 3-11-10 • Coupon code: G1FSDR

North



### Free kids' art class

No purchase necessary! New customers only. Call for details. We offer small class sizes, individual instruction, affordable tuition, friendly educated instructors, enrichment classes.

**Little Artists**  
UTC: 4037 Governor Dr. • 858-268-2255  
San Carlos: 8680 Navajo Rd., Ste. 103  
619-462-1955  
Poway: 12222 Poway Rd., Ste. 18  
858-486-1555

Expires 3-11-10 • Coupon code: G1FSDR

North | Central



### \$5 off mobile pet grooming

\$5 off a 15-Step Groom. Full-service grooming for all breeds. Cats too! Call for details.

**Aussie Pet Mobile**  
800-PET-MOBILE (738-6624)  
[www.aussiepetmobile.com](http://www.aussiepetmobile.com)

Expires 3-11-10 • Coupon code: G1FSDR



## \$500 off synthetic turf

15-year warranty. Most experienced crew in Southern California. \$500 off any job of \$5,000 or more. Call for details.

**Pro Lawn Turf**  
866-242-5023  
www.prolawnturf.com

Expires 3-11-10 • Coupon code: G1FSDR

## Free wood or faux wood blinds

With purchase of three blinds. Call for details. Ask about our interest-free financing!

**The Blind & Shutter Pros**  
888-395-9266

Expires 3-11-10 • Coupon code: G1FSDR

## \$70 off any garage door repair

We repair all garage doors. 1-hour emergency service. 24 hours a day, 7 days a week. Call for details. Lifetime warranty.

**Patriot Garage Doors**  
888-872-3753  
www.patriotgaragedoors.com

Expires 3-11-10 • Coupon code: G1FSDR

## \$500 off cabinet refacing

Typical installation in 3-5 business days. Save thousands of dollars in remodeling costs and time! Call for details.

**Boyar's Kitchen Cabinets**  
7020 Carroll Rd., San Diego  
877-564-7122

Expires 3-11-10 • Coupon code: G1FSDR

## \$100 off grout and tile cleaning

Free estimate. Any approved project. Within 10 days of estimate. Some restrictions.

**Seal Systems**  
858-274-7700

Expires 3-11-10 • Coupon code: G1FSDR

## 35% off any tree service

Complete tree service. Residential and commercial. Lowest prices guaranteed. Free estimates. Call for details.

Lacing • Topping • Trimming  
Shaping • Removals • Stump grinding  
**A-1 Tree Care**  
800-420-4246

Expires 3-11-10 • Coupon code: G1FSDR

## Free 19" HDTV + DVR + install

Get over 120 top channels including local channels for \$24.99 per month. Authorized Dish Network retailer. Call for details.

**Dish For All**  
888-869-6243

Expires 3-11-10 • Coupon code: G1FSDR

## Free fridge cleaning

**Marcela's Cleaning**  
866-228-1525

Expires 3-11-10 • Coupon code: G1FSDR

## Laminate flooring \$3<sup>99</sup> per sq. ft. installed

450 sq. ft. minimum. Free estimates. Free no-interest financing (90 days O.A.C.). Call for details.

**MVP Flooring**  
13358 Poway Rd. • 866-319-5625

Expires 3-11-10 • Coupon code: G1FSDR

## Chimney inspection & cleaning \$139

Level one inspection and sweep certified. Member National Chimney Sweep Guild. Call for details.

**Sweeps Luck**  
866-889-3966 • sweepsluck.net

Expires 3-11-10 • Coupon code: G1FSDR

## Free hour of house cleaning

With the purchase of 4 hours of cleaning. Only \$65 for 5 hours!

The most thorough cleaning you've ever experienced.

**Rene's of La Jolla**  
858-455-0729

Expires 3-11-10 • Coupon code: G1FSDR

## \$75 off popcorn ceiling removal

With minimum 1000 sq. ft. purchase. With this coupon only. Call for details.

**Bell Acoustical**  
877-807-3711

Expires 3-11-10 • Coupon code: G1FSDR

# STRAIGHT FROM THE HIP

BY MATTHEW ALICE

Heymatt:

*With all the snow back East, I was wondering if any of the waterfalls freeze when the rivers freeze. Or is moving water not likely to freeze.*

— No name please, via email

Oh, yeah. The East Coast branch of the research elf family is having a time. They're on stilts with snowshoes on the bottom and little floppy Jack in the Box antenna heads on their bean-ies so they can be located if they blunder into a drift. They keep calling here. We know they want to come visit, so we pretend we're not home. When they're here, all they do is complain about the pizza, anyway.

But I'm sure somewhere back there there are a few frozen waterfalls. Niagara Falls has frozen, so anything is possible.

Moving water can freeze

if conditions are right. First we need sub-freezing temps. Below 32° Fahrenheit. We need to slow down the water molecules, and cold will do that. Next, we need a "seed" water molecule, one stuck to a rock, maybe. If the water is cold and slow enough, a second water molecule will eventually stick to the first, then another, then another. Pretty soon, we've got ourselves some ice stuck to rock. A good cold wind and maybe a little snow to act as a seed would speed things up. To get a good waterfall freeze takes a lot of details to fall into place.

Waterfalls and rivers usually freeze from their edges toward the middle, though that depends a little on the contours of the rock face behind the falls. Our ice seed maybe gets sprayed by the falling water hitting rocks, and that fine layer of water begins to build up into a pyramid at the foot of the falls or an icicle at the top. If ice has slowed the river enough, we might end up with a solid wall of ice that looks like icicle wallpaper. Perhaps the river is still flowing under its outer shell of ice, and water could be spilling behind the icicle wall. But if it gets cold enough, the ice walls can get thick enough to climb. It's rock climbers' favorite winter sport — sticking crampons, ice axes, and rope bolts into a big berg and working their way to the top.

Dear Matthew:

*I think we live in the First World, and I'm pretty sure places like Haiti are the Third World, so that means there must be a Second World, so what's*

*the deal with that?*

— First Worlder, via email

It was the Commies. The sneaky pinko weasels such as Russia and Cuba and China and Albania. All those countries out to conquer the world and turn it into a socialist workers' utopia. The whole scheme was a clever shorthand for the global situation during the Cold War. The First World of industrialized, capitalist countries such as us and England (the good guys); the Second World of the Red Menace (the bad guys); and everybody else, all those little countries that don't count, the Third World.

Matt:

*How come if a human being drinks seawater he'll probably get sick and die, but whales, dolphins, and walruses, and penguins can drink ocean water and thrive on it?*

— Curious Bob, University City

Yeah, a cup or two of Mission Bay water would do you in, that's for sure. I'm not even positive a walrus could handle it. But I have a surprise for you. Most marine mammals don't drink salt water. They couldn't deal with a constant diet of Pacific Ocean either. Scientists are a little bit in the dark about the drinking habits of whales and some dolphins, since they're hard to observe in the wild. But since the mammals need water, how do they get it? From the fish they eat. Fish are low-sodium tidbits, so marine mammal kidneys can handle it. In fact, they can extract water as they metabolize the fish to satisfy their needs. The salt content of marine mammals' blood is not so different from the blood of terrestrial critters.

Sea otters, seals, sea lions, and manatees have been observed occasionally drinking seawater. But they're capable of concentrating and excreting highly salty urine, so they can handle it. Any creatures (including birds, sharks, and snakes) that live in or even near a saltwater environment have some method of getting rid of excess sodium. For that matter, so do all marine fish. Too much salt apparently doesn't do anybody any good.

A searchable archive of past columns is available at [SanDiegoReader.com](http://SanDiegoReader.com)

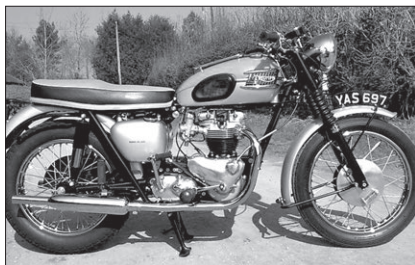
**Got a question you need answered?** Send an email to [hey matt@cts.com](mailto:hey matt@cts.com) or fax to 619-231-0489 or mail to Matthew Alice, c/o the Reader, Box 85803, San Diego, CA 92186.



# SportingBox

BY PATRICK DAUGHERTY

## Winter Olympics Backgrounder



Triumph Bonneville

The first time I visited Vancouver was in the late '60s. I was living in Fairbanks and decided to spend the winter *outside*, which is what we called any place not in Alaska.

Since it was August, the weather was still good, so I set upon a plan to buy a motorcycle and drive it to California. I'd never ridden a big bike before, but no matter: I bought the first one I looked at — a used, 650cc Triumph Bonneville.

Two days later, bike and long-haired self were headed south. No helmet, no gloves, and a day-pack for luggage. Mind you, my trip wasn't entirely irrational — the route was paved from Fairbanks to the Alaska/Yukon Territory border, thence 310 carefree miles on a hard-packed dirt road, thence reenter Alaska at Dalton Cache, and 40 paved miles later I'm parked in front of the Alaska ferry terminal in Haines (then a city of 800, built near the head of the Inside Passage). Thence, board the ferry, sleep on the deck, party with backpacking students, enjoy the restaurant, double-enjoy the bar, promenade, read a book, watch trees go by, and generally lollygag for the entire 39-hour ride to Prince Rupert, British Columbia. Thence disembark and drive on paved roads 1100 miles to Seattle.

Didn't look like a big deal to me, particularly the last leg. That looked like the standard San Diego-to-Portland two-day grind. And the ferry ride would be fun.

It was fun. I arrived in Prince Rupert refreshed and enlivened. I should back up here and tell you the motorcycle broke down three times during the 650-mile Fairbanks-to-Haines run. Saying that, the breakdowns were super convenient: I was at or ridiculously near a gas station or truck stop every time. The fixes were free or cheap. I took leave of Prince Rupert on good terms with the world.

But, as Tiger Woods knows, the world can turn on you. From PR on, I never drove 75 miles without a mechanical collapse. The relentless breakdowns were made worse by

my profound ignorance of internal engine world, a lifestyle choice that remains pure and unsullied to this day.

The first breakdown occurred 60 miles out from Prince Rupert. The motorcycle coughed twice and died. Now what?

Now nothing. No traffic...hadn't seen a house or building in a good while. I climbed off the odious metal dunghill to curse, sigh, and pace. A banged-up Ford pickup pulled up. Middle-aged man wearing a black-and-yellow CAT baseball cap stuck his head out the driver's window, asked, "Are you a hippie?"

I renounced hippies and all their works, then made a neat transition to the bike and its present situation. The man said, "Mind if I take a look?" Five minutes later, the cycle was restored.

Thanks, farewell, and on the road again. Thirty miles further on, the engine stopped. *Thutt*. Like that. *Thutt*. No drama. Engine just stopped. Very shortly, another man, this time driving a GMC, pulled up, asked, "Are you a hippie?"

And so it went. Every 30 to 70 miles, the engine quit. I'd dismount and wait for first, second, or third vehicle to pull over. I'd answer the hippie question and the bike would be restored.

It wasn't always men. Women, too. They wanted to know if I was okay. Everyone had this pre-Columbian, New World, forest-dwelling, never-seen-a-Conquistador-before expression on their faces. My life was awash in sincerity.

It took nine days to reach Vancouver. I crashed at a frat house next to the University of British Columbia and refused to leave until the motorcycle was stolen or sold.

The second time I visited Vancouver was four or five years later. I drove up from Las Vegas with Peggy O'Brien. I'd been thinking about buying land on one of the islets that lay between Vancouver Island and the mainland.

When we got to the border crossing at Blaine, the Canadian agent ordered us inside for questioning. Two agents questioned us together and then separately, and then we were brought together again and escorted to the plastic-chair room to sit for awhile. Awhile passed and we were walked to the wooden-chair room and told we would not be allowed to enter Canada. I asked the agent with the black mustache, "Why?"

I felt the heat of Canadian hatred: "You are traveling with an unmarried woman."

Unmarried woman and I returned to my truck, drove back to Seattle, over to Port Angeles, boarded the ferry to Victoria, thence to Lasqu Coast Island and thence to Vancouver. We stopped by the frat house for a beer.

Wishing Vancouver a glorious Winter Olympics...

Find Sporting Box online at [SDReader.com](http://SDReader.com)



### Steam clean carpets \$19<sup>95</sup>

2 rooms. Or 4 rooms for \$44.95. Free hallway cleaning. Same-day service. Call for details.

**Miller's Carpet Care**  
877-651-3935

Expires 3-11-10 • Coupon code: G1FSDR



### Free fireplace mantle

With whole house crown or baseboard. Free in-home estimate. Call for details.

**Archwood, Inc.**  
877-399-5262  
[www.archwoodusa.com](http://www.archwoodusa.com)

Expires 3-11-10 • Coupon code: G1FSDR



### \$79 organic carpet cleaning

3 rooms. 4 rooms \$99. Safe for children and pets. Outcleans chemicals. Dries in 30 minutes. Call for details.

**Pure Organic**  
800-295-5420

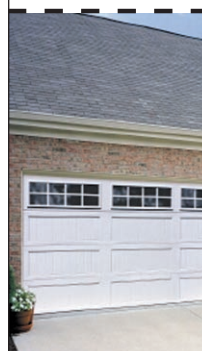
Expires 3-11-10 • Coupon code: G1FSDR



### Save \$64 per month with hi-tech pool pump

Average savings with 2hp variable-speed pump. Just \$800 installed after rebate. Call for details.

**Pools By Ben**  
877-230-1475 • [poolsbyben.com](http://poolsbyben.com)  
Expires 3-11-10 • Coupon code: G1FSDR



### \$10 off garage door repair

Lube, balance, tighten, adjust. Some restrictions. Not valid with any other offer. Call for details.

**Easy Open Door**  
877-655-6846

Expires 3-11-10 • Coupon code: G1FSDR



### \$100 off popcorn ceiling removal

With minimum purchase of 1,000 sq. ft. Some restrictions. Call for details.

**San Diego Painting & Home Improvement**  
877-526-5193

Expires 3-11-10 • Coupon code: G1FSDR



### Free sink & free hookup

With purchase of countertop. Basic hookup plumbing on same day as countertop installation. Solid surfaces, quartzites, soapstone, granite. 1-day demolition and install. On solid surfaces only. Some restrictions.

**The Countertop Company**  
877-651-8930  
[www.thecountertopcompany.biz](http://www.thecountertopcompany.biz)

Expires 3-11-10 • Coupon code: G1FSDR



### Carpets steam cleaned \$19<sup>95</sup> per room

Free spot cleaning and pre-conditioning treatments. Minimum three areas. Call for details.

**U.S. Carpet Care**  
866-491-4936 • [uscarpetcare.com](http://uscarpetcare.com)

Expires 3-11-10 • Coupon code: G1FSDR



### 30% off fountains

Any AI's or Avila's garden art fountain. Call for details.

**Backyard X-Scapes**  
10835 Sorrento Valley Rd.  
(at the 5-805 split)  
858-643-9030  
[www.BackyardXScapes.com](http://www.BackyardXScapes.com)

Expires 3-11-10 • Coupon code: G1FSDR



### \$25 off window cleaning

State-of-the-art equipment and supplies. First-time customers only. Call for details.

**Merry Maids**  
888-308-1521 • [merrymaids.com](http://merrymaids.com)

Expires 3-11-10 • Coupon code: G1FSDR



### 25% off pavers + free removal

25% off installation plus free removal of existing concrete or asphalt! Lifetime guarantee. Free estimate.

**Tuscany Pavers**  
Free estimate: 866-641-3509

Expires 3-11-10 • Coupon code: G1FSDR



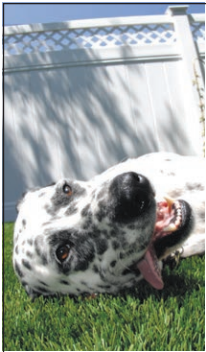
### Free fridge cleaning

With any house cleaning. New customers only.

**Molly Maids**  
866-429-5305

Expires 3-11-10 • Coupon code: G1FSDR





## 20% off synthetic lawn

20% off installations done by February 1, 2010. Call for details.

Incredibly realistic. Unmatched 15-year warranty.

**Easyturf**  
888-792-6202 • easyturf.com

Expires 3-11-10 • Coupon code: G1FSDR



## \$20 off any plumbing repair

Complete service and repair. Call for details.

**Black Mountain Plumbing**  
888-232-1557  
blackmountainplumbing.com

Expires 3-11-10 • Coupon code: G1FSDR



## Granite countertops in 5 days just \$2,995

Up to 50 sq. ft. Choice of ten colors and six edge profiles. Call for details.

**Stones Unlimited**  
877-211-0315  
www.stonesunlimited.com

Expires 3-11-10 • Coupon code: G1FSDR



## Garage door tune-up \$59

Balance and adjust, lubricate all moving parts, inspect opener, adjust springs. Parts extra. Call for details.

**ProCraft, Inc.**  
877-241-5608 • ProCraft1.com

Expires 3-11-10 • Coupon code: G1FSDR

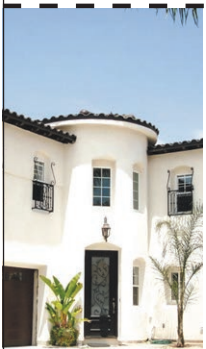


## \$750 off cabinet refacing

Custom cabinet refacing installed in 3-5 days. Financing available O.A.C. Call for details and a free in-home consultation.

**RZ Custom Inc.**  
866-463-3169  
www.rzcustomcabinets.com

Expires 3-11-10 • Coupon code: G1FSDR



## Quality remodeling 10% lower than any competitor!

We'll beat any estimate! Call for details.

**PRP Builders Inc.**  
888-475-8155 • PRPBuilders.com

Expires 3-11-10 • Coupon code: G1FSDR



## Engineered wood flooring \$6<sup>99</sup> per sq. ft.

Includes installation. Call for details.

**MSM**  
877-MSM-7769 • 858-549-7769  
10045 Carroll Canyon Rd.  
San Diego

Expires 3-11-10 • Coupon code: G1FSDR



## \$1,500 off interior or exterior painting

Featured on Channel 10's *Extreme Home Makeover*. Call for details.

**King of the Painters**  
888-458-6377  
www.kingofthepainters.com

Expires 3-11-10 • Coupon code: G1FSDR



## Free fridge cleaning

State-of-the-art equipment and supplies. First-time customers only. Call for details.

**Merry Maids**  
888-308-1521 • merrymaids.com

Expires 3-11-10 • Coupon code: G1FSDR



## 30% off pavers and block

Includes free demo of existing concrete or asphalt. Certified installer of Belgard, RCP, Orco, Ackerstone and Angelus Block. Call for details.

**Omega Pavers Inc.**  
866-641-7692

Expires 3-11-10 • Coupon code: G1FSDR



## \$600 off whole water treatment system

For home only. Free installation. Call for details.

**One Water Systems**  
877-455-6149

Expires 3-11-10 • Coupon code: G1FSDR



## \$59 duct plus carpet cleaning

Reg. \$129. Unlimited vents and returns. We brush and vacuum entire ductwork. Includes 2 rooms of carpet cleaning. Call for details.

**Zenair Services**  
760-230-0011 • 858-309-4829  
www.zenairsystems.com

Expires 3-11-10 • Coupon code: G1FSDR

# fast break

By Anthony Gentile



Torrey Pines guard Max Heller goes for a layup against Escondido forward Jesse Sahagun

## Mount Miguel beats Santana to climb closer to league crown

Posted February 13, 2010

Friday night, Mount Miguel took a big step toward winning the Grossmont Valley League. The Matadors beat Santana at home 72-63 to move within one win of a share of the crown. "It feels good. Mount Miguel boys haven't won a basketball league in a long time," said Matadors guard A.J. Stanford.

The teams combined for 24 fouls in the first half. "It was very physical," Stanford said. "We couldn't come out here playing soft. We knew it was going to be a real physical game."

Mount Miguel (21-6, 6-1) made their move in the third quarter by attacking the rim offensively and playing aggressive man-to-man defense. The Matadors closed out the quarter with a 15-2 run en route to a win in the rubber match between the two teams this season. Mount Miguel beat Santana in the DIII Challenge in December, and the Sultans returned the favor in their previous league meeting.

## No. 5 Torrey Pines holds Hudson to beat No. 9 Escondido

Posted February 10, 2010

After being gashed by Escondido guard Joe Hudson in their first meeting, No. 5 Torrey Pines vowed not to let it happen again. The Falcons kept Hudson in check after the first quarter and earned an 81-64 win over the ninth-ranked Cougars.

"We really made an effort to be in help defense and really make it hard on Joe to get points up," said Torrey Pines guard Max Heller. "We followed the game plan tonight."

From the opening tip, the game looked like it would be a fast-paced shootout. Escondido had a 25-22 lead after a first quarter in which Hudson scored 11 of his 26 points. Torrey Pines (21-3, 6-1 Avocado) tightened up their defense in the second quarter, holding Escondido to only six

points. The Falcons got a boost off the bench from Scott Mainquist, who scored 10 of his 13 points in the quarter.

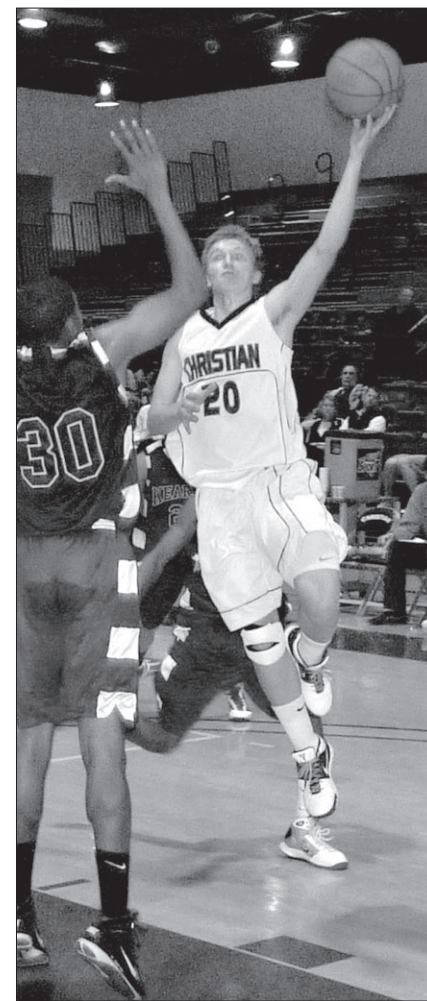
Escondido (15-9, 5-2) turned up the pressure to start the second half and just more than a minute in, Hudson hit a three to make it a five-point game. But Torrey Pines pulled away in the fourth quarter on their way to the 17-point victory.

## No. 6 Christian beats Kearny to extend win streak to 20

Posted February 9, 2010

The last time No. 6 Christian lost was so long ago that they might not remember how it feels. The Patriots (22-2, 9-0) won their 20th consecutive game on Tuesday night, beating Kearny 68-59.

Christian held Kearny (8-12, 4-5) to only eight points in the third quarter and led by double digits headed into the fourth. The Komets rallied to make it a five-point game with two minutes to play. But after a timeout Christian guard Cody Poteet hit a three that ended any chance of a Kearny comeback and allowed Christian to win going away.



Christian guard Icaro Parisotto goes up for a shot against a Kearny guard

Fast Break can be found at [SDReader.com](http://SDReader.com). Under "Stories" in menu bar, click on "Sports" then "High School Basketball."



# Best Buys

- EVE KELLY

We’ve been driving beaters almost since we got married. Our last “new” car was eight years old when we bought it. Every now and then I catch him noticing the new Dodge Challenger, and he knows how much I’d like a convertible PT Cruiser (oh, to take the top down and still be kid friendly).

On Valentine’s Day I teased him about the lack of a red PT in the driveway, even as I started thinking about maybe getting him a vanity plate that hinted at future glory: CHLNGER.

My first call was to Deen McKee at McKee’s Auto Registration in Lemon Grove (619-698-8818).

“You can order personalized plates online at [dmv.ca.gov](http://dmv.ca.gov), but the plate will be sent to the DMV,” she said. “You choose it online, but you have to go in and wait in line in order to actually get it assigned. But if you come to us, we can have it sent to our private DMV address — we pick it up for you and get it assigned for \$25. You don’t have to wait in line at all.” (McKee also does registration renewal for \$29.)

McKee said that it was a good idea to show up with a list of possible ideas and/or spellings for a desired phrase.

“Tons of personalized-plate sayings are already taken,” she says, “but I can check right away to see if what you’ve got on your list is available. And if it is, I can reserve it for you. After that it takes two or three months for your plate to get made. Once it’s ready, you get a card in the mail, and you bring in your old plates and your registration.”

A standard personalized plate costs \$49, with an additional \$38 a year (above regular registration costs) to renew.

If you want to spend a little more, the extra expense can do the world some good even as it satisfies your vanity. “There are probably 20 different types of plates that you can choose,” says McKee. “The plate with a whale tail gets your [additional] registration donated towards the beaches and public coastlines. The arts-council plate — the one with the palm trees and the sun setting over the ocean — means your proceeds go to California arts and education. The kids’ plate — you can choose a hand, a heart, a plus sign, or a star before your personalized message — puts proceeds toward children’s health and safety. I have the California Memorial plate — there’s a flag in the background, and it says, ‘We will never forget’ at the bottom. Proceeds go to

*“They won’t allow anything having to do with sex or gangs, and no cuss words.”*

antiterrorist work and a memorial scholarship fund.”

Specialty plates cost \$98, with a \$78 annual renewal fee, except for the kids’ plate, which is \$50 up front and \$40 a year after that.

Adds McKee, “They won’t allow anything having to do with sex or gangs, and no cuss words. The computer is programmed to kick back any inappropriate stuff.”

Finest City Registration (858-270-1471, [finestcityreg.com](http://finestcityreg.com)) offers the same services as McKee, but in a La Jolla location.

But this is “Best Buys,” and I’m all about the bargains. So I looked into getting Patrick a message he could send without changing the plates. Maybe something snappy around the edges?

Gina at Gunther Gifts in Carlsbad (760-476-9131; [gunthergifts.com](http://gunthergifts.com)) told me that her most popular license-plate frames were the personalized stainless steel (\$25) with the engraved message and the “superior chrome” (\$14.95), “which has engraved plastic strips that attach

to the frame. Our most expensive is ‘The Best in Chrome’ [\$80] — the inscription is cut out of the chrome and then color is painted into the groove. That one is made from solid brass.”

All Gunther offerings come with a choice of 14 different font styles. “Most plates take three to five days to make, and shipping is \$6 to \$6.50. You can put anything you want on it — we get some really interesting things.”

If you want same-day service, try Fast Keys & Engraving in Clairemont (858-278-1323; [fastkeys.com](http://fastkeys.com)).

“We have metal frames in black or chrome for \$15.99,” said employee Cesar. “We do the engraving on plastic inserts that we glue onto the metal. The inserts come in red, black, blue, gold, white, and silver, and there are four fonts to choose from. There’s room for about 20 letters on the top and 30 more on the bottom. And you can say anything you want.”

Jason at Pep Boys in Normal Heights (619-283-7107; [pepboys.com](http://pepboys.com)) says, “We have a range of frames from \$4 to \$30. If you want to personalize something, we sell one for \$12.99 that comes with plastic letters — you slide them in, and you can arrange them however you like.”

For more stories by this author, go to [sdreader.com](http://sdreader.com).



## \$10 off sofa or chair cleaning

Clean one sofa or two chairs for \$49.95. Most fabrics. Call for details.

**Mastercare**  
877-888-8853

Expires 3-11-10 • Coupon code: G1FSDR



## \$100 off water, fire, or mold restore

Guaranteed emergency response within 1-2 hours, any time of day or night. Call for details.

**PuroClean**  
866-483-8089 • [lbpuroclean.com](http://lbpuroclean.com)

Expires 3-11-10 • Coupon code: G1FSDR



## Granite countertop \$26<sup>95</sup> installed

Over 50 colors in stock. Fast 7-10 day turnaround. Call for details.

**Prefab Granite Depot**  
Miramar: 858-717-4321  
Oceanside: 760-529-7807

Expires 3-11-10 • Coupon code: G1FSDR



## \$500 off fences

\$1 off per linear foot up to \$500 on any fence. Wood, chain, iron, vinyl, trex, glass. Residential and commercial. Expert installation. Free estimates. Call for details.

**Scripps-Poway Fence Builders**  
877-414-5063 • [www.spfence.com](http://www.spfence.com)

Expires 3-11-10 • Coupon code: G1FSDR



## Free blind, shade or shutter

Purchase three blinds, shades or shutters and get one of equal or lesser value free. Free consultation. Call for details.

**Custom Window Coverings**  
866-463-7776  
[customwindowcoverings.com](http://customwindowcoverings.com)

Expires 3-11-10 • Coupon code: G1FSDR



## Bamboo floors \$1<sup>84</sup> per sq. ft.

12 months 0% financing available. Additional 10% off on orders of \$200 or more.

**Simple Floors**  
7934 Miramar Rd., San Diego  
866-483-7909  
[www.simplefloors.com](http://www.simplefloors.com)

Expires 3-11-10 • Coupon code: G1FSDR



## Travertine and marble \$10<sup>99</sup> per sq. ft.

Includes installation. Call for details.

**MSM**  
877-MSM-7769 • 858-549-7769  
10045 Carroll Canyon Rd.  
San Diego

Expires 3-11-10 • Coupon code: G1FSDR



## 25% off handyman

First \$500. Experienced, fully insured craftsman. Carpeting, painting, plumbing, tile, electrical, door & window replacement, remodeling and repair. Call for details.

**Handyman On Demand**  
866-447-1151  
[www.handymanondemand.com](http://www.handymanondemand.com)

Expires 3-11-10 • Coupon code: G1FSDR



## \$500 off lifetime paint alternative

Our Tex-Cote coating is 10 times thicker than paint. It will never chip, flake or peel. Call for details.

**Nu-Cote**  
866-447-1559 • [nucote.com](http://nucote.com)

Expires 3-11-10 • Coupon code: G1FSDR



## \$200 off bathroom remodel

Or free corner caddy. With purchase of bathroom remodel. Some restrictions. Call for details.

**CAL Bath**  
866-549-3120  
[www.calbath.com](http://www.calbath.com)

Expires 3-11-10 • Coupon code: G1FSDR



## 20% off floor restore

Let us restore the original beauty of your natural stone, marble, granite, travertine, limestone Mexican pavers and grout. Call for details.

**Blue Steam Tile & Stone Restoration**  
866-200-6868

Expires 3-11-10 • Coupon code: G1FSDR



## 25% off complete landscape construction

We design and build custom outdoor kitchens, palapas, and more! Call for details.

**Rivers Landscape**  
866-442-6038  
[www.riverslandscape.com](http://www.riverslandscape.com)

Expires 3-11-10 • Coupon code: G1FSDR





by Barbarella

# Brewskies

*Beer and rugby are more or less synonymous.*

— Chris Laidlaw

I like to think of myself as pretty hip. It's not as if I'm walking around with an iPad or anything, but when it comes to most things, I'm definitely more "early adopter" than "laggard." I was the first among my group of foodie friends to point out that burrata (a gooey-centered mozzarella) had become the chocolate lava cake of 2009 — the latest "in" food to appear on all restaurant menus.

On the day the iPhone was released in June 2007, I stood in line with David so he could be among the first to pick one up. When something fresh is produced, the sooner I acquire it the better, so that I can get as much use out of it as possible

**I offered my ration to a guy I'd just met, a naval submarine engineer who reacted as if I'd just handed him a 20-dollar bill.**

before the next thing comes along, beckoning me with its nerdy siren call. Us early adopters don't care much for what is; we want to know what's next.

But one cannot be forever vigilant. As hip as I like to think I am, one recent fad has just about passed me by, and it's my own damned fault. I was too busy huffing fermented grapes to notice that, to the rest of my comrades who pride themselves on being

in the know, beer had become the new wine.

Oh, there had been hints, but I could not fathom beer existing outside of its role as manly social lubricant. High school keggers and college parties fueled by Natural Light had fomented my prejudice against bitter beer.

The first time I went to Blind Lady Ale House in Normal Heights (one of many new beer-centric bars), I ordered a glass of wine. Only now do I realize what a fool I'd been, clinging to my glass of mediocre merlot as I shared pizza with a handful of draft devotees.

Toronado, Pizza Port, Karl Strauss, Stone Brewing, Ballast Point — I was familiar with a number of San Diego's brew-tastic joints; I'd even eaten at a few of them. But in the past five years, I could remember ordering a beer only once...and David was quick to tell me that didn't count because "pear cider is not exactly beer." Speaking of my man, he was way ahead

of me on this one — on our last few grocery runs, he'd been skipping the wine section and bringing home strange-looking bottles with even stranger names on the labels, such as Arrogant Bastard, Moose Drool, and La Fin Du Monde ("the end of the world").

"Where did you find those?" I asked. The only beer brands I knew were the ones I'd passed in the supermarket — the Buds and Coors whose gigantic displays featured digital clocks counting down to the Super Bowl; beers aimed at guys who consider drinking a hobby (with that low-alcohol content, you can pound 'em all day and remain standing long enough to hoot and holler at the television screen in the final minutes of the game).

"Whole Foods," David said, as he cleared space in the fridge for his bottles. "You know, you might like some of these."

"I seriously doubt it," I said.

Because I'm totally down with the slow-food trend, I was quick to RSVP when I caught wind of a "fresh dinner" event happening at Stone Brewing Company in Escondido. Each ingredient from the menu was to be procured from a local farm on the same day as the meal. The chef and his staff drove all over the county to collect fare from eight farms (including Peterson Specialty Produce, Wing Lee Poultry & Meats, Carlsbad Aqua Farm, and Suzie's Farm).

I don't really think about breweries making beer. It's not that I didn't under-

stand the concept, it's just that — having never sampled the concoctions from any of San Diego's 33-odd breweries — I tend to think of them more as restaurants that serve beer than breweries that serve food. It was David who informed me that Stone (makers of that Arrogant Bastard stuff he'd brought home) is favored among "beer geeks," the malty libation's version of the "wine snob." Still, as we drove from Hillcrest to Escondido, it had yet to register that I'd be ordering beer with dinner.

Before we were seated, patrons were allowed into the huge space that houses the fermentation tanks. Each of us received a tall glass of fresh, unfiltered beer, poured right from the tap of the tank. I had one sip and declared it too acrid for consumption. Back in the mingling area, I offered my ration to a guy I'd just met, a naval submarine engineer who reacted as if I'd just handed him a 20-dollar bill.

David assured me that not all beer is bitter and reminded me of the flavored Belgian lambics I'd enjoyed. When the server came around, I trusted David to make my selection for me. There is nothing that David is not particular about, be it liquor (Junipero is his favorite gin, Grey Goose his preferred vodka), wine (Carnival of Love, the Prisoner), or beer (Dark Lord, Bourbon County). He once tasted over a dozen different bottled-water brands in one sitting before settling on the Spanish Mondariz brand (which, he often laments, is no longer attainable

## NEED CONTACTS NOW?



**Complete contact exam & trial pair**

**\$84**  
Only

Includes eyeglass prescription and solution kit. Bifocals, Torics and gas-permeables \$99.

**EXAM & 7 PAIRS**

Biocurve disposables

**\$118.90**

**ACUVUE OASYS**

**\$19.38** per box

with min. purchase of 8 boxes. Price includes \$75 rebate.



Dr. Nick Selby, Optometrist

**CALL TODAY**

**858-566-4110**

9516 Miramar Rd. • San Diego • 92126

Right now, a family is beginning to heal.

**Right now, you could love your job more than ever.**

PSYCHOLOGY

BUSINESS

EDUCATION

**Graduate Programs at Argosy University**

Relationships are healing, education is improving, businesses are succeeding—thanks to the work of Argosy University graduates that make a difference every day. Advance your career potential and love your profession more than you ever thought possible.

**Make this your right now. Argosy University.**



**866.631.1897**  
**rightnowargosy.com**

Argosy University, San Diego  
1615 Murray Canyon Road, Suite 100  
San Diego, CA 92108

Financial Aid is available to those who qualify. Argosy University is accredited by the Higher Learning Commission and a member of the North Central Association (30 North LaSalle Street, Suite 2400, Chicago, IL 60602, 1.800.621.7440, www.ncahlc.org).



here).  
 “What do you have that’s on the sweet side and not hoppy?” David asked our server, his head gesturing my way, thereby outing me as the beer novice. The server brought me a glass of white ale. I was pleasantly surprised when the refreshing sour/floral flavor paired well with the first course.

David, always looking for new experiences, had ordered a dark and viscous Belgian beer that resembled motor oil (we were informed that Stone’s menu offers an extensive selection of

beers they don’t make themselves).

“Try this,” David said, sliding his glass toward me on the dark wood of the table.

“That’s okay, I’m liking this one,” I said.

He nudged the glass closer until it clinked against my plate and said, “Come on, can’t hurt.”

I raised the glass, sniffed at its muddy contents, and brought it to my lips, allowing barely a drop to enter my mouth. I made as if to return the glass but then hesitated and licked my lips as David watched my face. “Is that *caramel* I’m get-

ting on the aftertaste?”  
 “Yeah, I can see that,” David answered. “I was also getting a hint of fruit. And maybe chocolate.”

This time, I took a much bigger sip and allowed the liquid to linger on my tongue. It was only after David cleared his throat that I realized I had been reluctant to return his glass. Finally, I slid it back over to him and uttered words I never thought I’d hear myself say: “I think I’ll have another beer.” ■

For more stories and videos by this author, go to [sdreader.com](http://sdreader.com).



**BUY • SELL • TRADE**  
**GUILT-FREE**  
 Fashion

**Buffalo**  
 EXCHANGE®  
 New & Recycled Fashion

**PACIFIC BEACH:**  
 1007 Garnet Ave. (at Cass) 858-273-6227

**HILLCREST:**  
 3862 5th Ave. (at University) 619-298-4411

[BUFFALOEXCHANGE.COM](http://BUFFALOEXCHANGE.COM)



**MERCATO**


**OPEN YEAR ROUND, RAIN OR SHINE**

**Saturdays**  
**9 am-1:30 pm**

**100% Raw Almonds, Roasted Almonds, Almond Butter**  
 – \$1 off any purchase

Valid Saturday, February 20, 2010 only.  
 One coupon per customer per booth.

**HOPKINS AG**  
 KERN COUNTY, CALIFORNIA



**\$1 off bag of sweet, just-picked tangerines**

Valid Saturday, February 20, 2010 only.  
 One coupon per customer per booth.



**Polito Family Farms**

**\$1 off Famous Salmon Chowder or Salmon Burger!**

**Omega 'Me Well – San Diego's Best Gourmet Smoked Salmon!**

Valid Saturday, February 20, 2010 only.  
 One coupon per customer per booth.




**FREE size upgrade on any drink**

Valid Saturday, February 20, 2010 only.  
 One coupon per customer per booth.



**JOES ON THE NOSE**  
 THE ORANGE ORGANIC COFFEE TRUCK.

We're in the Big Orange Truck on the corner of Date & State.

**Inland Empire CSA Pickup now available!**  
[www.inlandempirecsa.com](http://www.inlandempirecsa.com)



**Sage Mountain Farm**

**\$1 OFF purchase of 4 lbs. fresh roasted chilis**

Valid Saturday, February 20, 2010 only.  
 One coupon per customer per booth.



**Richie's Roasted Peppers**

**\$1 off all bouquets**

Valid Saturday, February 20, 2010 only. One coupon per customer per booth.



**Maldonado Growers**

**GUACAMOLE TIME**  
**Buy 6 avocados, get 1 FREE**

Valid Saturday, February 20, 2010 only.  
 One coupon per customer per booth.



**Heritage Family Farms**

**\$1 off the purchase of 2 Paninis**

Valid Saturday, February 20, 2010 only.  
 One coupon per customer per booth.



**Seb's Paninis**

**\$2 off any 2 lbs. fresh pasta for your Valentine dinner**

Valid Saturday, February 20, 2010 only.  
 One coupon per customer per booth.



**Lisko Imports**

**Start your New Year off right with our fresh produce and nuts**

**"From our farms to your table"**

**Terra Bella Ranch**  
 Certified organic and sustainable produce. Near the corner of State & Date.



**Steamers, teapots, tabletop and more at the Top of the Market**



**Gourmet Fusion**  
 SPECIALTY FOODS AND QUALITY KITCHEN PRODUCTS

**Romaine just \$1 per head**  
[www.suziesfarm.com](http://www.suziesfarm.com)

Valid Saturday, February 20, 2010 only.  
 One coupon per customer per booth.




**\$1 off Avocado Oil – the perfect healthy cooking oil (regular or lemon flavored)**

Valid Saturday, February 20, 2010 only.  
 One coupon per customer per booth.



**Bella Vado**  
 SPLENDID OILS

**1 bunch broccoli FREE with two at regular price**

Valid Saturday, February 20, 2010 only.  
 One coupon per customer per booth.



**Suncoast Farms**

**Buy one lean BBQ Brisket Sandwich, get one 1/2 off!**

Valid Saturday, February 20, 2010 only.  
 One coupon per customer per booth.



**Ranchwood Deli & Catering**  
 Located at State & Date

**\$1 off any 3 items Hummus, Pita Bread, Pita Chips, Salads**

Valid Saturday, February 20, 2010 only.  
 One coupon per customer per booth.



**Baba Foods**

**Take advantage of all these amazing deals at the Little Italy Farmers' Market every Saturday morning!**

**LITTLE ITALY FARMERS' MARKET**

Visit the Little Italy Mercato at Date & India Streets  
 9 am to 1:30 pm Saturdays year-round, rain or shine.  
[www.littleitalymercato.com](http://www.littleitalymercato.com)





# HOME OWNER ASSOCIATION

## HORROR STORIES

We put out the call, “Tell us your HOA horror stories,” and you came back in your millions. Okay, your dozens. Okay, nearly a dozen. The issue was courage. How could people report on the hell they were living without incurring the wrath of their homeowner association condo-complex captains, who ruled members’ daily lives, from where to place their garbage bins, to what color to paint the doors of the homes they owned, to whether they could park in their own driveway?

Here’s “Ada” (not her real name — like many, she is afraid of retaliation), HOA-complex resident, venting: “Life in my complex? Think a

thousand little Watergates.

“Noisegate — I complained about the neighbor’s noise. The HOA board sent me a letter — and I was on the HOA board.

“Treegate — I got neighbors to complain about the board’s removing too many trees without notice, like the one outside my door. They tried to remove me from the board.

“Doorgate — The board harassed me, first by making me repaint my screen door twice, then making me remove it, taking away my only view.

“Petgate — I complained about cat poop and dog bark, and the board continued to

allow all sizes and number of pets.

“Woodgate — The property manager is replacing wooden decks needlessly, and the board is helpless to control them. And we’re expected to pay for them.

“Meetingate — The board canceled two meetings in four months when owners wished to complain. The board does not allow any discussion except for three-minute complaints. It holds secret sessions about contracts and claims this is the law.”

And more. You can get fazed by the largeness of the number of issues and the apparent smallness of each individual issue.





**“The [HOA] told me to paint [my screen door]. I painted it black. But they told me to paint it again. As soon as I had finished painting it green, they told me to remove it.”**

But Ada echoes a sentiment of the many condo homeowners living at the whim of the few, the powerbrokers who can do anything from fining you to actually foreclosing on your home in the vague legal atmosphere that governs the 6000 HOA condo complexes of San Diego County.

Why no easy-to-understand laws governing this very San Diego societal phenomenon? San Diego is the most HOA-dominated county in the state after Los Angeles. And interestingly,

*continued on page 28*



San Diego HOAs seem to be a lot richer: they have a total annual revenue of \$1.5 billion, just a hair behind L.A.'s \$1.6 billion, even though L.A. has 13,258 HOAs, double San Diego's 6000, according to figures put out by Levy Erlanger & Co., a San Francisco accounting firm representing 1000 HOAs in the state.

That shouldn't be a bad thing.

Homeowners' associations are supposed to be an exercise in democracy, right? The developers build the com-

plexes, people buy the condos, then take over responsibility for the upkeep and appearance and running expenses — and legal title to the place through their duly elected representatives on the HOA Board. So how come there seems to be a continuous chorus of complaints from people living what you might call the perfect kibbutzin, socialist-capitalist marriage: homes, but in a community setting, designed and grouped together to share grounds and gardens and values for harmonious living?

In a way, the whole HOA is a sucker's game set up by a collusion of developers and local governments. Unpaid HOA boards use HOA assessment fees to pay for what should be the municipality's responsibility, such basics as roads, electricity, sewage, and water. Developers create high-

profit, high-density housing and then hand it over, lock, stock, and all financial and legal responsibilities to these amateur boards not only to run what often amount to million-dollar businesses, but also to keep on paying property taxes to local government for the infrastructure services those authorities didn't actually have to provide or keep up. No wonder cities love them just as much as developers. No wonder HOA-run condo complexes have mushroomed sixfold, from 7000 in California 20 years ago to about 43,000 today, housing around 10 million, maybe a quarter of the state's entire population.

HOAs are basically nonprofit associations that homeowners form to maintain their development's common areas, with a bottom-line mandate to protect their property values.

Each homeowner pays a monthly "assessment," or fee, to finance common expenses, like maintenance of the landscaping, repairing of walks and roads, and keeping pools swimmable. Fees are also supposed to fund a reserve of money to take care of

assessments.

In the ultimate in outsourcing, some giant HOAs run virtual cities in the government's place. Irvine's Woodbridge Village Association has to maintain 35 parks and 48 swimming pools. The Aliso Viejo Community Association

But the one saving grace is this is supposed to be democracy in action. HOA boards are elected and work at the pleasure of homeowners.

\* \* \*

That's what Ada believed, too. "I live in a condo complex in a



**"They wanted to save water, so they cut all the bushes back to the bone. So now we don't have bushes, we have sticks."**

big jobs, such as reroofing, that might come up. Even though each owner has a deed to his/her home, they agree to a set of rules that restrict their independence — including a recognition of the HOA board's right to foreclose on your home, just for not keeping up with the monthly HOA

is responsible for over 15,000 housing units, a small metropolis of maybe 50,000. And authorities love these cities within cities. In fact, many mandate that any new developments be run by HOAs, because they always substantially relieve authorities of new infrastructure costs.

lower-income area on the border with Clairemont, and they're probably the cheapest ones in the Western Hemisphere. I paid \$40,000 for my studio in 1998. One-bedrooms were \$60,000 at that time. Now they're worth maybe three times that much. Our mortgage and the maintenance is

**Vintage Religion**

**COEXIST**

Inspired by religions & cultures of the world.  
Collectibles • Fine art • Jewelry  
Apparel • Accessories • Statuary

[www.vintagereligion.com](http://www.vintagereligion.com)

3821 32nd St.  
Near University Ave.  
North Park  
619.280.8408


Sahaja Meditation of San Diego presents

**An Introduction to Meditation**

Join us for a **free** session to learn how to silence stressful thoughts and find peace of mind.

**When:** Saturday, Feb. 20, 1-2 pm

**Where:** Sahaja Meditation Center  
7061 Clairemont Mesa Blvd. #222  
San Diego 92111  
[www.SahajaYogaSd.org](http://www.SahajaYogaSd.org)



**GOLF SHOP**  
in Kearny Mesa

**25% OFF COUPON**  
Re-gripping and Re-shafting

... Our shafts have won three straight World Long Drive Titles.  
... Come on in and test them on the Velocity Launch Monitor

**HOUSE OF FORGED LONG DRIVE TEAM**

M-F/9am-5pm 9125 Chesapeake Dr. San Diego, CA 92123 619-543-9990

**-RECORDS-  
-VINTAGE-  
BOOTS GALORE**

**THE JUNKYARD**  
3774 Park Blvd.  
Hillcrest • 619-291-0554  
Wed.-Fri. 11-7  
Sat. 10-7, Sun. 10-6

Now paying up to  
**\$100** for neighborhood news stories

To submit a story, go to: [SDReader.com/stringers](http://SDReader.com/stringers)

Now paying up to  
**\$100** for concert reviews

To submit your review, go to: [SDReader.com/critic](http://SDReader.com/critic)



\$600 a month. And this complex is half studios and half one-bedrooms. A lot of single people live here. Maintenance [assessment fees] started at \$150 per month, and now it's at \$250. It's 12 buildings with two levels. I'm a 'downstairs.' We have these patios that face each other. You go on your patio, you might as well be in my bedroom. Patio, studio/bedroom, that's it. Nowhere else to go. You can hear everything, but for that price, who's complaining?

"I got in here and I was so rah-rah. I volunteered for the board. I ran against no one and I got on the board."

That's when the problems of close-living started.

NOISEGATE: "I heard a scream in the middle of the night. [A neighbor] was watching a horror movie. [After I complained] the woman who made the noise

started yelling at me. And I just said, 'Hey, wait. I'm a volunteer [board member]. Don't treat me like that.' She comes down [to the board] and tells them that I was using my position on the board to tell her to be quiet.

"And they said to me, 'No, you're not allowed to do that.' It was nothing like me [throwing my weight around], telling her I'm on the board. But there were three people who just didn't want to hear from me or anyone else on the board.

"We had a woman with a 50 lb. dog that would jump off her bed every morning at 4:00. Thump! We had another lady who left her dog at home crying until 2:00 in the morning. We had people putting their dogs outside and [the dogs] barking all night. Also, parties late at night. There has been one quiet year since I

have moved in. Now they're saying we can't talk to our neighbors? We're supposed to go straight to the police? Come on. The police tell us, 'Work it out. With the board or whatever.' Right."

DOORGATE: "My screen door was that very dark brown-black metallic that it comes in. They were supposed to be black or green. The [HOA] told me to paint it. I painted it black. It was one of the colors that was allowed. But they told me to paint it again. And then as soon as I finished painting it green, they told me to remove it. Remove the door. They can do that. They were saying that it was too old. Except, if I wanted a view, I had to look out the screen door. Now I have no view. I don't think anybody else in the complex ever got asked to take their door off. I felt that that was a

certain amount of harassment. They can do things like that, so people are afraid. The atmosphere is just terrible."

TREEGATE: "They don't ask, they don't tell you that they're going to take down this tree that you've been living with for ten years. You wake up one morning to see people outside your door just cutting down your tree. I called up neighbors and said, 'If you don't want the tree removed, call up the president or someone on the board.' And

someone did and must have yelled at them. So they got very mad at me. It's 'You're not allowed to contact the board, except [for] that three minutes you're allowed at the [monthly] meeting. I said, 'Why did you remove this tree, when that [other] tree is the one overhanging the cars?' And they removed that one too. It's just awful. Nobody voted on this. Nobody votes for anything.

"Then they wanted to save water, so they cut all the bushes back to the bone. So now we don't have bushes, we have sticks...with little leaves growing out of the trunks. The hedge was here for ten years. All of a sudden it's dead. And now we have a little hedge here and there, and it's totally barren."

PETGATE: "I had an incident with a cat [pooping] on my porch for six months. And every time you bring it




**Busting Out?**  
of your bra  
Bras in hard-to-find sizes from B to L.  
Also swimwear, maternity, and sports bras.  
**The Enchantress**  
1400 Camino de la Reina #121  
Next to Mission Valley Hooters  
619.294.4544  
Appointment recommended

DAY CLASSES • 8:30-4:00 EVENING CLASSES • 6:00-9:30

# TRAFFIC SCHOOL

**\$30**  
20 yr ANNIVERSARY  
DMV cert. accepted by all courts  
SAVE This Coupon  
Expires 12/2010



Call for price  
Juvies & Level II  
DMV Licensed  
Law Enforcement

Visit our website: [atctrffic.org](http://atctrffic.org) (619) 659-1411  
Locations: San Diego, East & North County (760) 583-1496

## Cracked windshield?

We install all types of auto glass! We come to you!

**Windshield Replacement**  
**\$149.95** installed + tax  
Work guaranteed!  
Most automobiles.  
Must present coupon.

Two locations to serve you!  
San Diego: 619-265-2811  
Chula Vista: 619-422-9244  
[mywestcoastautoglass.com](http://mywestcoastautoglass.com)



## Building relationships... enhancing lives

### Foster Care for Disabled Adults

Open your heart and home by inviting an adult with disabilities to come live with you. We are looking for experienced Medical and Mental Health professionals to care for our adult clients with developmental disabilities in your own home. We offer a monthly stipend from \$1000-\$3400.

See if our program is right for you!

**Orientations held the 1st & 3rd Tuesday of every month at 2:00 pm**

 2525 Camino Del Rio South, Suite 160  
San Diego, CA 92108  
Please visit: [www.thementornetwork.com](http://www.thementornetwork.com)  
or contact a **Program Recruiter at (619) 293-0214**

# DISCOUNT GUNS

Save every day.

## Indoor range

- Hunting
- Recreation
- Protection



New! BENELLI Vinci - 12ga Max 4 camo, Comfortec Stock. MSRP \$1479.00 #10515  
**PRICED TOO LOW TO PRINT!**

Fiocchi 9mm 115gr ammo	\$10 <sup>99</sup> / 50
Fiocchi .40sw 165gr ammo	\$15 <sup>99</sup> / 50

TAURUS PT-92 AFS stainless steel slide, alloy frame, rubber grips and 2-ten round magazines. MSRP \$589.00  
**\$449<sup>99</sup>**




**BAD KITT**  
photography

We specialize in  
Intimate Photography  
for Women, Men  
Couples, Maternity &  
Bachelorette Parties!

619-589-6494

[www.badkittyphotography.com](http://www.badkittyphotography.com)

## Your resource for fish, corals, aquarium & pond products

- Hand-Selected Corals, Fresh & Saltwater Fish
- 28,000 Gallons of Fish and Invertebrates
- Full Line of Aquarium & Pond Products
- 1000's of Healthy, Colorful Koi
- Experts in Filtration Systems
- Everyday Discount Pricing



**WHOLESALE • OPEN TO THE PUBLIC**  
2599 State Street • Carlsbad • 760-729-4300  
[www.thepondsource.net](http://www.thepondsource.net)

Ruger & Springfield Armory Factory Showroom Truck at Santee store February 27th. This showroom is full of Ruger & Springfield Armory guns and Leupold optical products.

Special sale prices on featured brands.  
Saturday 2-27 9:00 AM - 5:00 PM



Sale February 27th, some items available later, quantities limited.

Handguns	<b>DISCOUNT GUN MART</b> & INDOOR RANGE Now 2 Locations: 1510 Morena Blvd. San Diego (619) 276-8730 8516 Magnolia Ave. Santee (619) 596-4099 <a href="http://www.discountgunmart.com">www.discountgunmart.com</a> Open Sun.-Thur. 10-9, Fri. 10-10, Sat. 9-10
Rifles	
Shotguns	
Ammo	
Cleaning Kits	

Accessories



up to them they say that a cat is a feral animal and they can't regulate it. People told me exactly who it was: it was somebody who had two cats, and one would stay on the property, and the other would have to go [poop] somewhere else. Until I finally took the droppings and brought it to whom I thought it was, and then, magically, it stopped."

PIPEGATE: "They gave us notice on a Monday. They were going to put locks on our door on Friday, start[ing] on Monday. We got one week's notice. And some people weren't even home.

They were [doing repairs, including] putting epoxy [lining] in our pipes, which we know is more toxic, but also only ten years' warranty, and we know that it can't be fixed. If anything rips again, we don't know what we're going to do. You can't replace epoxy-lined pipe."

Again, no consultation, she says.

"I mean, it's our property! We couldn't even get 30 days' notice. People had pets that they had to get rid of for two weeks, three weeks. We got one extra week's notice. The whole attitude in the letter was 'Remove your stuff or

we will remove it for you.' Just this attitude like a landlord. Very harsh. I was much happier as a renter. My worst landlord was a dream compared to these people."

BOARDGATE: "I found out that we [the homeowners] are supposed to vote for any contracts with vendors, like the landscapers. It's more than a year [since] I found that law, and they somehow have got around it. They go into secret session for contracts. I even asked them, 'Why is it secret?' 'Oh, it's the law.' Whenever you ask anything, they just tell you, 'It's the law.' For me, you're only secretive when you're fining somebody or when you're talking about an individual homeowner. I asked them to give notice [of meetings, for example], but they don't respond to things like that. Here it is 2010, and they don't communicate with us by email yet. They post things on a bulletin board that they're having a meeting, and that's it. We never get any minutes. We have to pay for minutes. Yeah. Real bad."

But can't an active majority of the homeowners sway the board? "They're not active! Not too many people come down to the meetings. We have a lot of apathy and a lot of younger people moving in who don't quite know what's up yet. And we have a lot of absentee landlords because we're probably 50 percent rental, so we have a lot of trouble with those owners, who don't even show up or take care of their tenants. There are some owners that I'm friendly with, but people are

afraid to make any waves. They just give up. I'm almost always there alone."

\* \* \*

**My Neighbor, the President:** Or, take Warren Reidel, living

specializing in gastroenterology at Scripps Clinic in Torrey Pines — lives on a four-acre swathe of Rancho Santa Fe, in the gated community of Rancho Farms Estates. The homes go for from

come through, then follow him in.

It looks idyllic — if you're into breaking the social contract and living a kind of apartheid life of exclusivity. But Reidel is at war with his HOA...and its presi-


## "Here it is 2010 and they don't communicate with us by email yet. They post things on a bulletin board."

proof that the rich don't escape HOA conflicts either. Those small, intensely annoying things between neighbors, and especially neighbors hog-tied to HOA rules, can create a war that makes only lawyers happy. Dr. Reidel — a physician spe-

\$1.5–\$8 million and range from 5000–10,000 square feet. There are 40 residences on four different streets. It's a 13-year-old development without guards, so you punch your code in or use your garage opener to open the gates. Or wait for a gardener to

dent, businessman Dean Reese, who is not only his neighbor but also accesses his home via Reidel's driveway.

"I live on a long private drive, which I own," Reidel says. "Only one neighbor on the driveway has access to drive his car in and out

**The Original**  **Since 1981**

**SHOTS FOR PETS**

**Low-Cost Pet Vaccinations**  
**Prices and Schedules at [ShotsForPets.com](http://ShotsForPets.com)**  
**FREE Rabies Vaccination**  
**(with any other vaccination)**  
**or \$3 off any vaccine.**  
With this coupon. (\$3-\$10 value!)  
**Countywide Service!**

Expires 3/4/10. **619-478-1387**



**98% Success Rate**  
**Quit smoking in one session!**

Eliminate anxiety, lose weight and more!  
 Chemical-free!

Dr. Marla Brucker • 858-587-0422  
 Motivational Institute of Hypnosis  
 9225 Chesapeake Dr., San Diego 92123  
[www.SanDiegoHypnosis.com](http://www.SanDiegoHypnosis.com)

Nice Rack!

Ski & snowboard racks for any vehicle.  
 Installation available.





**7582 Clairemont Mesa Blvd.**  
**858-560-8877**  
**THULE • YAKIMA**

### RESEARCH STUDIES

## Are you suffering from Back Pain?

**Have you been diagnosed with Degenerative Disc Disease (DDD)?**

**Does your pain intensify when sitting, lifting, standing or walking?**

**Have you tried medication and physical therapy in the past, but are still experiencing pain or worsening of the pain?**

**If you answered yes to any of these questions, are between the ages of 18 to 70, and have recently had CT or MRI, you may be a candidate for a research trial involving an investigational device called the PDS device. This device requires minimally invasive spine surgery.**

Dr. Scott P. Leary  
 Fellowship trained in complex spine surgery is currently enrolling patients in a research study for treatment of DDD.

Three locations in San Diego County including La Jolla, Kearny Mesa and College Area.



To see if you qualify, please call:

**(888) 305-2797**

Or Email: [Pdsclinicalstudy@i-spineinc.com](mailto:Pdsclinicalstudy@i-spineinc.com)



over my property to get to his house. Otherwise there are no homes on the street. So all was peaceful. Then a few years ago, [my wife and I] were parking our cars up our driveway in front of our garages, and when he [Mr. Reese] was driving by to his house, he would see them. He decided that he didn't like to see our cars parked in front of our garages. So, being the president of the homeowners' association, he sent out a letter saying, 'You're not allowed to park your car in front of your garage. It has to be in your garage.' Now the homeowner association's CC&R [covenants, conditions, and restrictions] just says everyone must have a garage. Doesn't say you have to park your car in the

garage. So he sent out this letter. He's the only one who can see my house. That was four years ago.

"And then we decided we would improve this driveway by planting it with lots of nice California peppers and bougainvilleas. We irrigated it and lighted it and I spent a lot of money. And while I was doing it, he said to me, 'This is great.'

Because he's getting a free driveway done. He gets to drive up my driveway. And he said, 'Oh, by the way, you have \$5000 that the previous owner had put down as a deposit for this landscape project, and when you finish your driveway, if you show them receipts for what you spent' — and I ended up spending \$20,000 on it — 'you can get that money

## RESEARCH STUDIES

### Paid Research Study Volunteers

#### Anxiety - Stress - Pain Sensitivity

Males or females, 18-65 years

If you have been diagnosed with PTSD, another anxiety disorder or do not have anxiety but would like to participate in research and are otherwise healthy, please call for more information.

You will be reimbursed a total of \$45.



Department of  
Psychiatry

858-534-2671

# CONSTIPATION..... .....STRAINING .....BLOATING

A 3-month clinical trial for men and women, from 20-80 years of age, who struggle with the bloating, discomfort, and straining associated with **chronic constipation** is underway. An oral investigational medication will be evaluated to see if it may address these and other symptoms of constipation.

To possibly qualify:

- Male or female, 20-80 years of age
- Have a history of chronic constipation (fewer than 3 bowel movements per week for at least 6 months)
- Bloating, straining and discomfort
- Not taking narcotics or medication which can cause constipation

Participants may receive at no cost all study-related:

- Exam and consultation with a board-certified specialist
- Labs, EKG, colonoscopy (if necessary) and study medications
- Compensation for your time and travel

Interested call:

**(619) 521-2841**

**Medical Center for Clinical Research**  
**www.mccresearch.com**



## Itchy from Eczema?

Therapeutics Clinical Research is conducting an 11-week research study of an investigational topical medication for eczema (also known as atopic dermatitis).

#### We need participants:

- with eczema of the legs, arms and/or torso
- 18-55 years of age, in general good health
- experiencing moderate to severe itchiness

#### Qualified participants will receive:

- Study-related evaluations by a board-certified dermatologist and study medication at no cost
- Compensation for time and travel

**No insurance required. Confidentiality maintained.**  
Conveniently located in Kearny Mesa.

**Call us at: 858-279-SKIN (7546)**

**THERAPEUTICS**  
CLINICAL RESEARCH

**9025 Balboa Avenue, San Diego, CA 92123**

E-mail: [info@therapeuticsresearch.com](mailto:info@therapeuticsresearch.com)  
Website: [www.therapeuticsresearch.com](http://www.therapeuticsresearch.com)

## Going, Going, Going Too Often at Night



A 16-week clinical research study is underway to evaluate a marketed oral medication taken daily for **urgent, frequent nighttime urinations in men and women over 18 years of age**. Getting up

numerous times at night causes interrupted sleep and subsequent tiredness. If you have been getting up multiple times nightly for at least 3 months, you may have nocturia, or frequent nighttime urination.

To possibly qualify to participate:

- Men or women, 18 years or older and experiencing overactive bladder symptoms with frequency and urgency, especially at night, for at least three months

Qualified participants may receive:

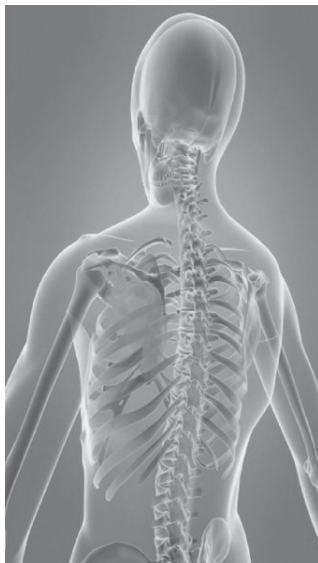
- Study-related examination and consultation by a board-certified physician
- Study-related labs and EKG at no cost
- Study-related medication or placebo (an inactive look-alike pill) at no cost
- Compensation for time and travel

**Medical Center for Clinical Research**  
**(619) 521-2841 • www.mccresearch.com**



# Chronic Low Back Pain?

VA/UCSD is conducting a research study using telephone-based treatments for **low back pain** problems.



## We are looking for:

- Men and women
- Ages 21 and up
- In good health except for low back pain



## Benefits:

- Back pain assessment
- Medical evaluation
- Lab testing
- Up to \$260 compensation for participation

For more information, please call:  
**Back Pain Research Office**  
**858-642-3830**

Principal Investigator: J.H. Atkinson, M.D.  
 San Diego VA Healthcare System/UC San Diego

back.'

"So this was two years ago. We finally finished the job, and they said, 'How wonderful, lighted at night, trees, all irrigated.' Of course, I'm paying for all the irrigation and electricity for the driveway that he gets to use, okay? So then when I finally brought the receipts in this last summer to the HOA, they said, 'Oh, there's no money. That was all gone years ago. There's no record of it here.'

"Then last year I built the swimming pool. It was expensive — about \$60,000. The whole backyard project cost \$120,000. I decided I would put a solar panel in to heat the pool. So we put that in. I must say it was big and

ugly, and it was on the side of my property facing his home area.

"Once it went up, and we didn't even finish it, he went berserk, and he planted large trees to block my sunlight. And you can't do that. There's something called the California Solar Rights Act. Then the homeowners sent me a 'cease and desist' letter. So we stopped in the middle of it. And they said, 'Now we want \$4500 as a deposit for you to finish your project, or we'll fine you.' We gave them \$4500 this last February, and they were obligated to respond to our plans within 45 days. So they said, 'We're going to have the architectural committee come over to your house and review what you've done, and we're

probably going to ask you to move your solar panel to a different location so it's not in his face.'

"In the meantime, he called the County Building Department on me to see if my solar panel was in a legal spot, and they said it's fine, it's legal. There's nothing he can do about it.

"And then he called the county on me to say that we did illegal grading, because when we built the swimming pool, we took some of the dirt out of the pool and put it on the side of the house on what's called Open Space. And we packed it down. We just added some more dirt to an area of dirt. So the county came out and said, 'It looks fine,' and that was the end of that."

## RESEARCH STUDIES

# Have Diabetes Type 2?

## Consider Volunteering for a Clinical Research Study

You may qualify if you:

- Are 18-70 years of age
- Have been diagnosed with type 2 diabetes
- Take oral medication to control your diabetes

As a qualified participant, you will receive study-related care, glucometer, investigational study medication at no cost and compensation for time and travel.

Please call:  
 Synergy Clinical Research  
**1-888-365-3203**



SYNERGY CLINICAL  
RESEARCH

Do you suffer from symptoms of depression?

Have you tried taking **ONE** or **TWO ANTI-DEPRESSANTS** but aren't relieved from your depression symptoms?

If so, please contact us today about our research study of an investigational depression medication.

### Qualified participants must:

- Be 18 to 65 years of age
- Have tried taking one or two anti-depressant treatments without relief from depression symptoms
- Have felt symptoms of depression for at least the past eight weeks

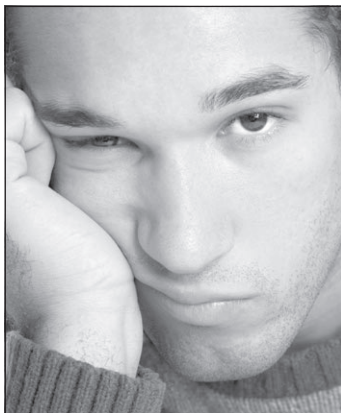
### Qualified participants receive

- All study-related care and study medication at no cost

To learn more, please call toll-free **1-888-899-2949** or visit **trdstudy.com**







## Struggling with Psoriasis?

Therapeutics Clinical Research, a center of excellence in psoriasis care, is conducting a research study of a topical psoriasis medication.

### **We need participants:**

- 18-75 years of age, in general good health
- Chronic mild to moderate plaque psoriasis

### **Qualified participants will receive:**

- Study-related evaluations by a board-certified dermatologist and study medication at no cost
- Compensation for participation

**No insurance required • Confidentiality maintained**

## THERAPEUTICS CLINICAL RESEARCH

*Conveniently located in Kearny Mesa*

9025 Balboa Avenue, San Diego 92123

Call us at 858-279-SKIN (7546)

info@therapeuticsresearch.com • www.therapeuticsresearch.com

## Diabetes Clinical Trial

If you have Type 2 Diabetes and are not taking insulin you may qualify to participate in a research study of an investigational medication for the treatment of Type 2 Diabetes.

If you qualify you may be compensated up to \$1040.



**For More Information Call  
1-877-500-3788**



## Hepatitis C Research Study

If you suffer from chronic Hepatitis C you may be eligible to participate in a research study of an investigational drug for Hepatitis C.

You may be eligible if you have:

- Chronic infection with Hepatitis C genotype 1
- Never been on prescription therapy for Hepatitis C
- Otherwise good health

If you qualify, you may receive study-related medical examinations, lab tests, and compensation for time and travel.



For more information, contact eStudySite toll-free at:

**1-877-500-eStudy  
(1-877-500-3788)**

**info@eStudySite.com**

## COUGHING, SHORTNESS OF BREATH, WHEEZING, YEARS OF SMOKING

eStudySite is participating in a world-wide research study to test an investigational treatment for chronic obstructive pulmonary disease **COPD**, also known as smoker's cough, chronic bronchitis or emphysema.



You may be eligible to participate in this study if you:

- Are 40 years of age or older
- Have a diagnosis of COPD
- Are a current smoker or were a smoker in the past

Compensation for time and travel may be available.



**For more information  
please contact eStudySite  
toll free at:**

**1-877-500-eStudy  
(1-877-500-3788)**





## Overweight? Underactive? Yoga and Stretch Study

University of California San Diego is conducting a study to see whether yoga or stretching therapy improves metabolic and cardiovascular risk factors.

### You may qualify for the study if you are:

- Between 21-65 years old and
- Overweight and Underactive

### If you qualify for the study, you will have:

- Either yoga or stretching classes for 1 year
- 2-hour Oral Glucose Tolerance Test and other blood tests; measures of sleep quality; abdominal CT scan measures

*You will be modestly compensated for your time.*  
If you are interested please call (858) 534-8118,  
email: [prysms@ucsd.edu](mailto:prysms@ucsd.edu) or visit our website:  
<http://coe.ucsf.edu/scor/prysms>

But still the war escalated.

"In 135 — not 45 — days, [the architectural committee] finally came over to my house, and they wanted me to move the solar panel and plant large ficus trees to the side of the panels, so fewer people could see it, including a neighbor who lives a quarter-mile away, up on a hill. The ficus trees were \$250 each. I said, 'Forget it. I'll take the solar panel down.' I removed it. Meantime, they charged me \$300 to have the landscape architect come around and say that 'you should plant the ficus trees over

here, and you should make your fence black instead of silver.'

"And then they said that some chain-link fence that I put up way over on the other side of the property was galvanized, silver color, and not black. One of the other neighbors said, 'Sometimes I can see the reflection of your galvanized fence from my property.' My house is 100 yards from hers."

At this point, Reidel says, he was seething. "At a homeowners' meeting two weeks ago I went with a demand letter. I wanted my [\$300] back, and I asked for money back for disman-

ting the solar panel. So I asked for \$1400 back.

"In the meantime, my neighbor who was so adamant that I couldn't park my cars in front of my garage has parked *his* cars for the last three years in front of his garage. The homeowners say you can't store a boat: he's had a boat in his back yard for three months. I took pictures of it every week. This is the president. He thinks he can break all the rules. He can store the cars [outside], he can bring a boat in, and then on top of that, in his back yard *he's* got silver-colored fencing with barbed wire on it. How come they don't make him change his silver-colored fencing?

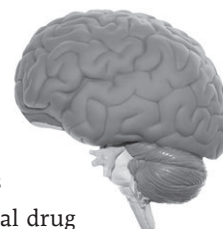
"You know what he says? 'It's not on my property.' But it surrounds his back yard. Then he's got this large shed in his back yard, and the CC&R says no sheds are allowed. He even has a flagpole, and I don't really care about his flagpole, but the CC&R says you're not allowed to have flagpoles. So he can break

## RESEARCH STUDIES

## Functional Magnetic Resonance Imaging Study

### Looking for:

- Healthy volunteers
- Ages 18-45 years
- No major medical problems
- No mental health problems
- No alcohol or drug problems



Study involves an investigational drug and FDA-approved medications and brain imaging while doing simple computer tasks. Compensation up to \$1250.

**For more information call: 858-405-6677**

## Do you have Diabetes?

**Are you experiencing pain, tingling, burning, or numbness in your legs or feet?**

You may be suffering from **painful diabetic neuropathy**, or nerve damage caused by diabetes.

Coordinated Clinical Research is conducting a clinical research study to determine the effect of an investigational drug and its ability to treat pain associated with diabetic neuropathy.

For more information call **858-455-5463** or email us at **ccr@sandiegotrials.com**.

Qualified participants will receive clinical evaluations, lab tests and investigational drug for up to 2 years. You may also be eligible to be reimbursed for \$50 per visit to cover meals and travel-related expenses.



**Coordinated Clinical Research**  
[www.sandiegotrials.com](http://www.sandiegotrials.com)  
Scripps Memorial Hospital (Ximed Building)

9850 Genesee Ave.  
Suite 320, La Jolla  
CA 92037

Are you or someone you know currently diagnosed with

## HIGH BLOOD PRESSURE AND DIABETES?

### Has your blood pressure been high recently?

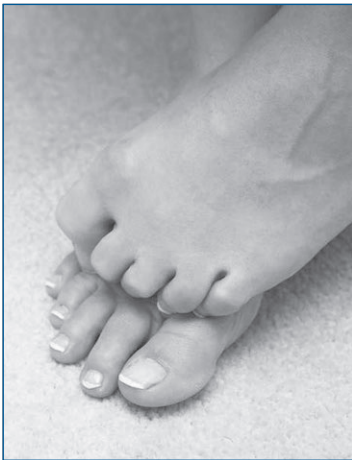
If yes, qualified participants may be eligible to be in a research study involving an investigational medication. Qualified participants will be compensated for time and transportation.

Please contact

**CNRI-San Diego**  
**at 619-481-5252**







## Afraid to show your feet?

### Do you have toenail fungus?

Therapeutics Clinical Research is conducting a clinical trial to evaluate the efficacy of an investigational, topical medication in the treatment of onychomycosis, also known as toenail fungus.

#### **We need participants:**

- 18-70 years of age
- With toenail fungus on at least one big toe

#### **Qualified participants will receive:**

- Examinations by a Board-Certified Dermatologist and study medication at no cost
- Compensation for time and travel

**No health insurance required.**

**THERAPEUTICS**  
CLINICAL RESEARCH

619-512-DERM (3376)  
**www.therapeuticsresearch.com**  
9025 Balboa Avenue, San Diego, CA 92123

## eStudySite is currently evaluating patients

for a research study who have a

### **RECENT WOUND INFECTION**

3 inches across or more and one of the following:

- Your wound hurts, or
- Your wound is swollen, or
- Your wound is warm to the touch, or
- Your wound is tender to the touch, or
- There is pus coming from your wound, or
- You have a fever, or
- You have any of the above signs or symptoms

There is no cost for participation. A doctor at our clinic will determine if this study is right for you. If you participate in the study, you will receive study-related medical care at no cost and may be compensated for time and travel. No insurance is required.



To learn more about this research study, please call eStudySite toll-free at:

**1-877-500-eSTUDY**  
**1-877-500-3788**

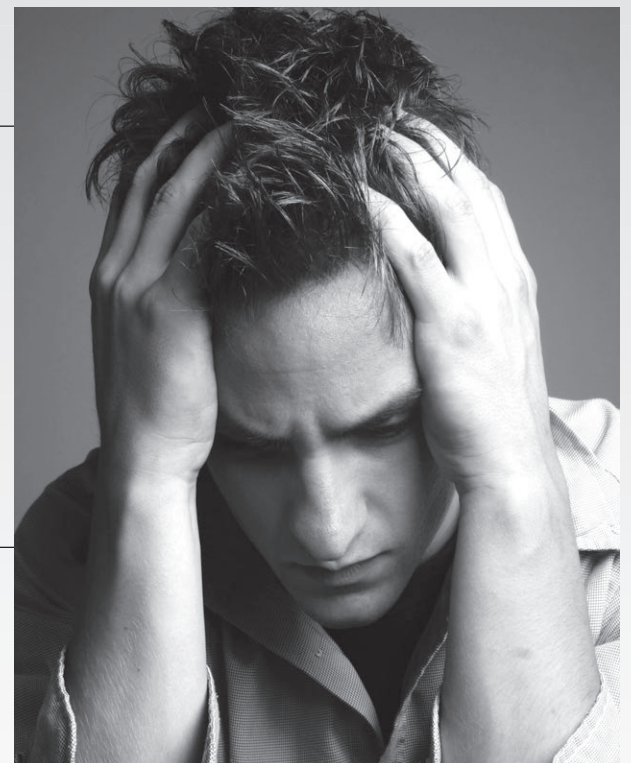


# Do you suffer from Schizophrenia?

Excell Research is starting several new  
**INPATIENT AND OUTPATIENT studies.**

Call now to see whether you  
may be eligible to participate.

**760-806-9200**



**BOARD-CERTIFIED PSYCHIATRISTS PROVIDING  
EXCELLENT PATIENT CARE AND QUALITY RESEARCH**

3998 Vista Way, Suite 100, Oceanside, CA 92056



# Smoking too much pot?

## WE WANT TO HELP YOU STOP!

Researchers at the Scripps Research Institute are working to develop treatments to help you quit smoking marijuana. This 12-week program involves medication.

For more information and to see if you qualify, please call **858-784-7867 (STOP)** or visit **www.pearsoncenter.org** for more detailed information.



all the rules.

"It has been a nightmare, and I'm ready to sue them in small-claims court if I don't get some satisfaction here."

And as with Ada, Reidel's problem is a dormant democracy. "Nobody who lives here really cares about the homeowners' association. These are wealthy people who mind their own business. At the meeting there was the president and two other people. That's it — plus me, the only homeowner who was not on the board of the committee. You've got this guy there [the president,

Dean Reese] who's making all the decisions, like, 'We should raise the homeowners' monthly fees,' and we should tear

'Get a life.' And 'I pity you.' I brought out pictures to the other two members. I said, 'Look. Here's a boat. It's been

**"It has been a nightmare, and I'm ready to sue them in small claims court if I don't get some satisfaction here."**

down a certain queen palm tree. For \$3000. He's happy to do that with my HOA money. When I read this demand letter, he said,

there for three months. I can see his boat, but I really don't care. But how come he complains about my silver fence when I can see his boat. Here's his flagpole, and here's his shed, and here's his barbed-wire gate.' They did nothing.

The final nail? "His wife sends us an email that says, 'Would you like to have the community Christmas party at your house this year?' First of all I'm Jewish, so that's one issue. Secondly, I hate them. Why would I want to spend my money holding a Christmas party at my house?"

Why doesn't Reidel run for president of the

## RESEARCH STUDIES

### Do You Have Type 2 Diabetes?

Dr. Henry and his associates have a clinical research study that is looking at the safety and effectiveness of an investigational medication (similar to aspirin) compared to placebo, in the treatment of Type 2 Diabetes. The study drug is approved by the FDA to treat arthritis, but it has not yet been approved for diabetes. See if the TINSAL study is right for you.

#### Duration:

- Approximately 55 weeks total: 11 clinical study site visits at UCSD
- Study visits may include: an initial screening visit, vitals, laboratory samples, physical exam, EKG, medical history, quality-of-life questionnaires, blood sugar readings from provided glucose monitor

If you meet the following criteria you may be eligible to participate.

#### Inclusion Criteria:

- Males or Females aged 18-74
- Diagnosed with Type 2 Diabetes
- Diabetes controlled with diet and exercise or up to 3 medications, stable for 8 weeks (excluding current use of Actos, Byetta, and insulin)
- HbA1c between 7.0-9.5%
- No recent weight loss of greater than 10 lbs. or currently on any weight loss drugs
- No Plavix, Heparin, Coumadin, or any other anticoagulants (aspirin OK)

If you have any questions about the study or would like to find out if you are eligible, please contact **Research Coordinator at: (858) 552-4326**. Qualified participants will be compensated for participation up to \$700.

## Do You Suffer from Excessive Shyness?

Have you experienced intense fear of being embarrassed or evaluated negatively by others in a variety of social and performance situations such as:



- Meeting new people?
- Talking in front of a group?
- Going to parties?
- Interacting with those you are attracted to?
- Dealing with authority figures?
- Eating or writing in front of others?



You may be eligible for a research study at UCSD Department of Psychiatry.

If you are 18 years of age or older, and are interested in this research program, please call:

**1-877-UCSD-SHY (1-877-827-3749)**  
or e-mail: **veryshy@ucsd.edu**

## Is COPD Leaving you Breathless?

*Coughing*  
*Wheezing*  
*Feeling of suffocation*  
*Breathlessness*

Right now we're enrolling adults with COPD ages 40+ years in a research study of an investigational medication for COPD (Chronic Obstructive Pulmonary Disease).

### Qualified participants will receive at no charge all:

- Study-related care and evaluations
- Study medication
- Compensation for travel may be provided

### Don't Let COPD Leave You Breathless

To learn more please call **619-229-3909**  
Ask for Rob.

**San Diego Sports Medicine & Family Health Center**

**6699 Alvarado Rd. #2100, San Diego, CA 92120**  
**www.sandiegosportsmed.com**



## Do You Have A Non-Healing Wound Or Sore On Your Leg?



We are conducting a clinical research study of Dermagraft®, a tissue-engineered dermal replacement, in the healing of venous leg ulcers.

### We need participants:

- 18 years of age or older
- With three or fewer leg wounds

### Qualified participants will receive:

- Examinations by a board-certified physician
- Study-related examinations and therapy at no cost
- Compensation for time and travel

No Health Insurance Required  
Confidentiality Maintained

# THERAPEUTICS

CLINICAL RESEARCH

Call us at 858-279-SKIN (7546)  
or email us at [info@therapeuticsresearch.com](mailto:info@therapeuticsresearch.com)

DO YOU HAVE  
**bipolar disorder?**

ARE YOU FEELING  
**depressed?**

If so, please contact us today about our research study of an investigational bipolar depression medication.

### QUALIFIED PARTICIPANTS MUST:

- Be 18 to 65 years of age
- Have had a manic, hypomanic or mixed episode of bipolar disorder
- Have suffered from a depressive episode for at least the past four weeks

### QUALIFIED PARTICIPANTS RECEIVE:

- All study-related care and study medication at no cost
- Compensation for time and travel

To learn more, please call toll-free

**1-866-428-9499**

or visit

**bdSTUDY.com**



## CLINICAL RESEARCH

SCHIZOPHRENIA • DEPRESSION • BIPOLAR DISORDER

Researchers at Sharp Mesa Vista Hospital are currently enrolling men and women in inpatient and outpatient studies.

Eligible participants may receive all study-related care at no cost, and may be reimbursed for time and travel.

Participation is confidential and trials are safely conducted under the supervision of experienced physicians and research specialists.

To learn more, call the Sharp Mesa Vista Hospital Clinical Research Center at **(858) 836-8350**.

Clinical  
Research Center  
**SHARP** Mesa Vista  
Hospital





HOA himself?  
 “Well, I could, and I could start by sending out an email, attaching all the pictures of his boat and his shed, and his barbed wire, and his flagpole, and then his cars, and then saying, ‘This is your president! He breaks all the rules! Maybe we should get rid of him!’”

Reidel thinks a moment. “The thing is there’s such a giant [lack of] interest in it, nobody wants to be the president. That’s why there are only three people at the meetings. Nobody cares!”

\* \* \*

“It’s a thankless job, being president of the

HOA, an unpaid, thankless job,” says Dran Reese, Dean Reese’s wife. Both are prominent in business and the social life of the county. “I’m not 1000 percent that my husband would want to give you an interview, only because there are so many things that go on in our neighborhood. We try to be so good with all

of our neighbors, but when you have neighbors who don’t care about you as a neighbor and don’t go by the good-neighbor policy and do what they feel like, it’s harmful to the rest of the community, and especially to immediate neighbors. And we deal with that. Not just one time, two times, three times, but multiple times. It’s like having a set of little children. And you can quote me on that. They’re childish! They’re petty and childish.”

But Dean does agree to talk, a day later. “I try not to let [this issue] rent space in my brain,” he says on the phone.

settled in this expansive (though less expensive than the coveted Covenant) area of Rancho Santa Fe.

**“It’s a thankless job, being president of the HOA. An unpaid, thankless job.”**

He and his wife made their money selling earthquake kits they created and now have

He emails me a packet of three photos. They show spacious yards in the foreground,

## RESEARCH STUDIES



# Do you have acne?

**Are you (or your child) 12-65 years of age?**

If so, you (or your child) may qualify for a research study involving an investigational topical medication for acne. No insurance needed.

Study includes at no cost:

- Study-related medical evaluations by a dermatologist
- Study-related medication
- Reimbursement for time and travel

For more information call **University Clinical Trials** at: **(858) 278-8470**  
 Ask for Julia or Eric. Visit our website at: **www.univct.com**



# Too Shy?

**Trouble with dating? Parties?  
 Public speaking? Starting conversations?  
 Speaking to authority figures?  
 Always worried about what other people think of you?**

Confidential help is available. You may be eligible to

## Receive Free Treatment

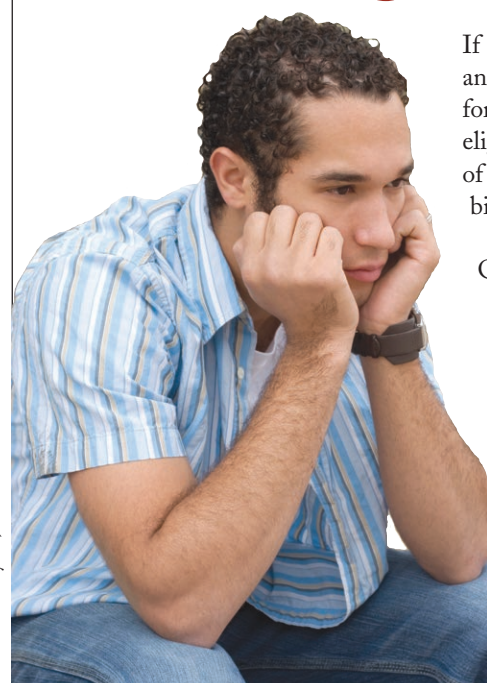
with computerized therapy as part of a research program. No medications!

Call: **619-229-3740** or e-mail: **SDSU.CUTA@gmail.com**  
<http://nas.psy.sdsu.edu>

---

CENTER FOR UNDERSTANDING AND TREATING ANXIETY  
 6386 Alvarado Court, Suite 301, San Diego

## Have you been diagnosed with **Bipolar Disorder** and are currently **Feeling Depressed?**



If so, and you are between the ages of 18 and 65 and currently taking medication for your bipolar symptoms you may be eligible to participate in a research study of an investigational medication for bipolar disorder.

Qualified participants will receive:

- No-cost study-related investigational medication and study-related medical care
- No-cost study-related medical evaluations
- Compensation for your time in the study



**WHERE INDIVIDUAL CARE  
 DRIVES GLOBAL SOLUTIONS**

858-278-3647  
[www.artemisSD.com](http://www.artemisSD.com)

Call 858-ARTEMIS (278-3647) today to see if you qualify for this research study. Confidentiality is strictly honored.

## Attn: Heavy Drinkers

Researchers at The Scripps Research Institute are working to develop new treatments for people with alcohol problems.

Is your current alcohol use causing problems with your family, your work, your life? If you want to stop drinking, The Pearson Center for Alcoholism and Addiction Research is conducting a clinical trial to help you reach that goal.

Qualified participants receive lab tests, medication or placebo, individual counseling and compensation for travel. All information is confidential.

Call: 858-784-7867 (STOP)  
 Or visit: [www.pearsoncenter.org](http://www.pearsoncenter.org)







## Forgetting simple tasks? Memory fading? Can't seem to complete projects?

### If you or someone you know is:

- Male or female • Between the ages of 45 and 90
- Experiencing memory loss? Unable to organize or plan? Forgetting simple tasks?
- In overall good health

If you answered yes to all of these questions, you may be eligible for our research study! If you qualify and choose to participate, you may receive an investigational study medication. You will also receive physician consultations, study-related medical examinations, laboratory evaluations and follow-up visits all at no charge. Health insurance is not required and compensation for time and travel is provided.



If you are interested in learning more about this study, please contact:

**(619) 688-6565**

See our website: [www.ari-inc.com](http://www.ari-inc.com)

## Infants & Toddlers

Infants & Toddlers  
are needed for an  
investigational Vaccine  
research study  
for RSV and  
Parainfluenza Virus.



Please call for more information

**888-250-9925**

Compensation for  
time and travel.

**CALIFORNIA  
RESEARCH  
FOUNDATION**

## Overactive Bladder?

Millions of people each day are bothered by urinary urgency. If you awaken at night to urinate, call to find out about our research study.

Participants receive  
up to \$200.

For more information call

**CALIFORNIA  
RESEARCH FOUNDATION**

**(619) 291-2321**



## Have you been diagnosed with schizophrenia and currently taking medication?

### Are you:

- Male or female between the ages of 18-55?
- Currently taking a stable dose of medication?
- Currently in a stable living situation?

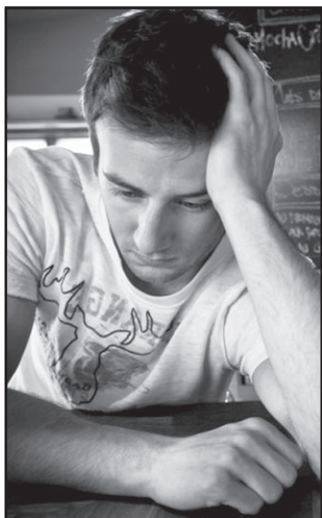
If you answered yes to all of these questions, you may be eligible for our investigational drug research study. If you qualify and choose to participate, you will receive physician consultations, study-related medical examinations, laboratory evaluations and follow-up visits at no charge. You may receive study medication to be used in addition to the schizophrenia medication you are currently taking. Health insurance is not required and compensation for time and travel is provided.



If you are interested in learning more about this study, please contact:

**(619) 688-6565**

See our website: [www.ari-inc.com](http://www.ari-inc.com)



## Sadness? Low energy? Trouble sleeping? Can't concentrate? These are symptoms of depression!

### If you, or someone you know, is:

- Between the ages of 18 and 55
- Currently experiencing a depressive episode
- In overall good health

If you answered yes to all of these questions, you may be eligible to participate in a research study for an investigational drug for depression. If you qualify and choose to participate, you will receive study-related consultations, study-related medical examinations, laboratory evaluations and follow-up visits at no charge to you or your insurance company.

You may be reimbursed for participation.



If you are interested in learning more about this study, please contact:

**(619) 688-6565**

See our website: [www.ari-inc.com](http://www.ari-inc.com)

Is  
alcohol  
running  
your  
life?



## Could a daily investigational medication break the cycle?

Participants will receive, at no charge, study-related:

- Physical Exams
- Laboratory Tests
- Study Medication

All participants will be monitored by a medical team and the study doctor.

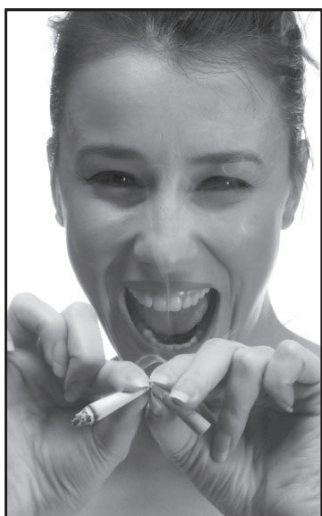
**All information is strictly confidential**

To learn more, please call:

**NCCR**

**North County Clinical Research**

**760-639-4378**



## Do you want to quit smoking?

Quitting smoking is one of the most important things you will ever do because:

- You are likely to live longer
- Quitting smoking will lower your chance of having a heart attack, stroke, or cancer
- The people you live with, especially your children, will be healthier
- You will have extra money to spend on things other than cigarettes

Affiliated Research Institute is conducting a clinical trial on an investigational vaccine that may help participants quit smoking and maintain smoking cessation. To qualify for this research study, you must be between the ages of 18 and 65 years and smoke an average of 10 cigarettes per day. If you qualify for participation, all research medication and study-related care will be provided at no cost to you. You will receive smoking cessation counseling to help you succeed in your effort to stop smoking.

Health insurance is not required and compensation for time and travel is provided.

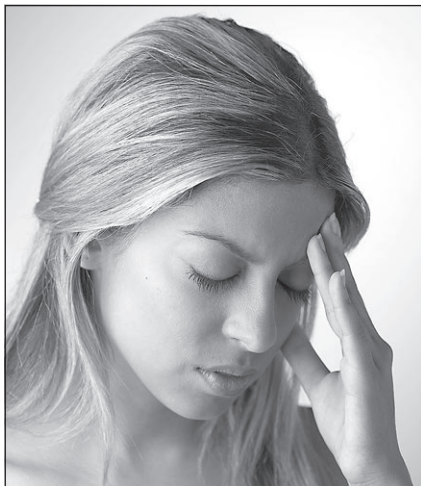


If you are interested in learning more about this study, please contact:

**(619) 688-6565**

See our website: [www.ari-inc.com](http://www.ari-inc.com)





# Menstrual Migraine Headaches

*Wishing your period  
would never come?*

A medical research study is underway to evaluate an investigational oral medication for women 18-34 years of age with regular periods **who have migraine headaches associated with their periods, in at least 2 out of the last 3 cycles.** Periods are tough enough without adding a migraine headache.

To possibly qualify:

- Females, 18-34 years, with regular periods
- Have had migraine headache associated with 2 of your last 3 periods
- Can be using medication at present to treat migraine headaches at a stable dose for at least 2 months

Participants may receive at no cost:

- Study-related examination and consultation with a board-certified physician
- All study-related medications, labs, and Pap smear
- Compensation for your time and travel

**Medical Center for Clinical Research**  
**(619) 521-2841**  
**www.mccresearch.com**

## Menopausal women...

*Where has  
the love gone?*



A 6-month clinical research study is underway to evaluate naturally menopausal women of any age who are bothered by a **decrease in their sexual desire** since entering menopause. An investigational medication for hypoactive sexual desire disorder (HSDD) in postmenopausal women will be evaluated.

**To possibly qualify for the study you must be:**

- 1) a healthy, naturally postmenopausal woman
- 2) presently on or off hormones
- 3) in a heterosexual relationship for at least 1 year
- 3) bothered by your decreased sexual desire, which you have experienced for at least 6 months

**Qualifying participants receive at no cost, study-related:**

- 1) consultation and examination by a board-certified OB-GYN
- 2) labs, EKG, Pap smears, and study drug
- 3) compensation for time and travel

Interested, call: **Medical Center for Clinical Research**  
**619-521-2841**  
**www.mccresearch.com**

with messy business going on next door, behind a band of young trees. Builders' barrows, lengths of pipe, construction debris. A long sloping frame, ready to accept solar panels.

"We dealt with this amount of garbage and this crap that we all had to look at for six months," he says. "We

requested on multiple occasions for Mr. Reidel to clean up this area and to do something about the drainage as well."

So how about the whole cars-outside-garages issue?

"If you were to drive up there right now, you would see most of his cars parked in front of his garage. Because he

has custom cars that take up all the space on one side. The other side is full of his personal whatever...[stuff]. That has not been an issue. But the association asked for people not to park their cars on the street overnight. Mr. Reidel had spare tires and debris and garbage in his front area — an eyesore — that we were asking for him to remove or relocate to another position, where it would not be visible from the street. He was able to build a small wall. Did a nice job. Looks good. Was able to cover all that stuff up. So kudos to him. Thank you very much for doing that.

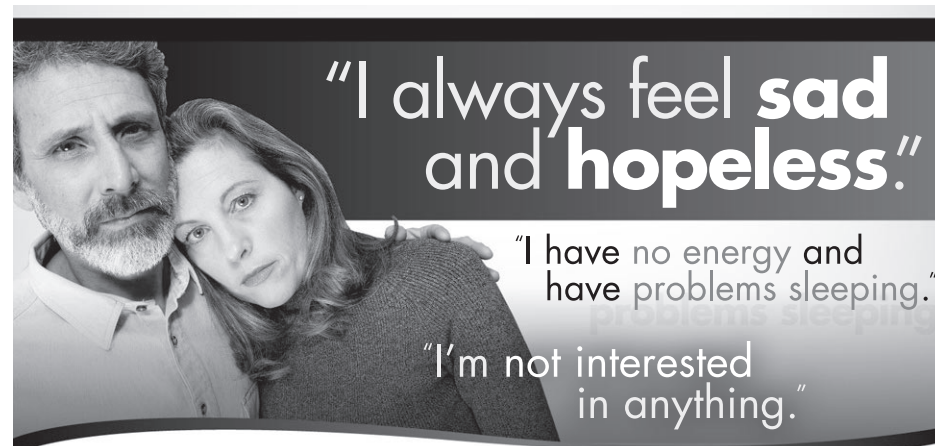
"With regard to my property: Yeah, in the summertime, sometimes I'll leave my boat there. I travel quite a bit so...should I have left it

## RESEARCH STUDIES

### ADDICTED TO METHAMPHETAMINE Want to Quit?

If you are otherwise healthy and at least 18 years of age, you may be eligible for confidential treatment in a research study. You will be compensated for your travel time.

**South Bay Treatment Center**  
4419 47th Street, San Diego, CA 92115  
For information and **confidential** screening,  
call: (800) 495-0001



If this sounds like you or a loved one, please contact us now about our medical research study of an investigational medication to treat the symptoms of depression.

**Qualified participants must be:**

- At least 18 years of age • Currently suffering from the symptoms of depression

Those who qualify will receive all study-related care and study medication at no cost.

**TO SEE IF YOU OR A LOVED**

**ONE MAY PRE-QUALIFY, PLEASE CALL 1-888-807-8023**

**OR VISIT**

*Ifeelblue.com*



there for as long as I did during the summer, when we were using it? No. Can anybody see my boat from anywhere

CC&R] that allows you to fly a United States flag. I'm not sure. I'll have to check on that one. If it really bothers

del has any issue with me doing anything, all he has to do is submit, in writing, to the architectural review committee, any complaint he might have. He has not done so. So until such time as he submits a written complaint, verbal complaints are not subject to action.

"There was a special hearing for Mr. Reidel sometime in the spring, when we asked him to submit plans. At that meeting, he did not submit complete plans, did not submit plans of the solar [array] and [its] location. He did submit a planning schedule, and an irrigation schedule, but he did not submit any schedule with regard to his fencing, or the solar.

"As one of the neigh-

**"If it really bothers him that much that I fly the American flag on Veterans' Day and Memorial Day, I'll tear down my flagpole."**

in the association property? No. When Mr. Reidel told me that it bothered him, I removed it.

"The flagpole? Actually I think that there might be something [in the HOA's

him that much, that I fly the American flag on Veterans' Day, Memorial Day, and those days acknowledging our fallen heroes, if it bothers him, I'll tear down my flagpole. If Mr. Rei-

## RESEARCH STUDIES



## Hand Eczema?

Therapeutics Clinical Research, a center of excellence in dermatological care, is conducting a clinical research trial of an investigational medication for hand eczema (also known as hand dermatitis).

### We need participants:

- 18-75 years of age
- with hand eczema lasting at least six months

### Qualified participants will receive:

- study-related evaluations by a board-certified dermatologist and study medication at no cost
- compensation for time and travel

### **No insurance required.**

Conveniently located in Kearny Mesa.

**Call us at: 619-512-DERM (3376)**

E-mail: [info@therapeuticsresearch.com](mailto:info@therapeuticsresearch.com)

Website: [www.therapeuticsresearch.com](http://www.therapeuticsresearch.com)

**THERAPEUTICS**  
— CLINICAL RESEARCH —

# NOW YOU CAN HAVE THE BODY YOU LOVE!

Procedures for Men & Women



**Silicone Implants**

A natural look and feel!

Actual Patient

## SHUMWAY COSMETIC SURGERY FACE ♥ BODY ♥ BREAST

Specializing in TUBA, Transumbilical Breast Augmentation.

No scars on breast, minimal healing time!

All approaches offered. Don't wait to feel beautiful ↓

**A special gift awaits you at**  
**[www.ShumwayCosmeticSurgery.com](http://www.ShumwayCosmeticSurgery.com)**

Be sure to see our "Before & After" photo gallery!

**Robert A. Shumway, MD, FACS**

9834 Genesee Ave., Suite 225

Scripps La Jolla Campus

**888.291.9843**

Complimentary Consultations



Diplomate of the American Board of Facial Plastic Surgery  
Diplomate of the American Board of Cosmetic Surgery





**Hair Transplants for Men and Women**  
Permanent, painless, one-day procedure.

## Hair Loss?

Let us help

With over 25 years' experience Dr. Shugufta Khan, M.D., trained cosmetic/plastic surgeon practicing in San Diego since 1995, is an expert in the field of Hair Transplantation, world renowned for creating a natural hairline and maximum density.

**3000 Hairs**  
**\$2499\***

Regular price \$6000.

For a free consultation:  
**800-211-HAIR (4247)**

*RENEW*  
Hair & Cosmetic Center  
**ILHT**  
San Diego • Chicago

**Free Financing**

2 years 0% interest



Grow & thicken hair  
with our  
**FDA-approved  
Laser Comb**

Visit us at **ILHT.com**

7930 Frost St., Suite 203, San Diego  
Open Saturdays. Financing available.

\*Offer expires 3/22/10. First procedure only. 3000 grafted hairs is the equivalent of 1200 grafts. OAC.



Actual Patient

bors put it at the Board meeting when Mr. Reidel was present: 'Please, just try to be a good neighbor. You're making everybody else suffer. Just get past this, and be a good neighbor. It's not that difficult.' We try to be good neighbors. But when somebody won't get out of their car and acknowledge you, or wave, or even look at you, then it's very difficult to be a good neighbor."

\* \* \*

**Stalled Parking:** Carol and Richard Reed's condo dream has been wrecked by a parking problem. They lived in San Diego for 25 years, then moved to the Phoenix area. Now, the retired couple has decided they want to

spend their summers in San Diego. Grandkids, friends, whatever.

"So we found a place that was right for us. It has 92 units. Looks beautiful. And it ended up that the price was right. It overlooks the Coronado Bridge. It's a two-bedroom, two-bath conversion that was done about six years ago. The price was \$120,000. It was very good because [even though] it borders on a bad location, it's a gated community right across from the police precinct. We put in an offer and tried to start wrapping up the details. But we came to realize that the preliminary deed did not refer to the parking stalls that we had been told would go with the unit. In this complex, the parking

stalls are not deeded spaces. They are controlled by the HOA. We were told it could not be a part of escrow, since they're not deeded spaces; that we would have to go to the HOA, and since the HOA doesn't really talk to prospective buyers, we would have to go to the management company that manages the complex for the HOA and have them verify the two parking spaces that went with the unit. We agreed on a price, based on our assumption that this unit had two parking stalls. We communicated with the management company in writing, and they confirmed to us that the parking stalls went with the unit, in writing. We closed on the property. "We went the fol-

HEALTH AND BEAUTY

**Eliminate your  
Smile Lines and  
Plump your Lips**  
w/ the Newest Juvederm XC  
and Juvederm Plus XC  
2<sup>nd</sup> syringe 50% off

Expires 3/15/10.

**Simply Beautiful  
Breast Augmentation**

Dr. Samimi will help you decide on your best options for breast augmentation, tummy tuck, face lift, liposuction or any other cosmetic procedure. Dr. Samimi is a board-certified plastic surgeon with many years' experience.

**RevivaMed**  
PLASTIC SURGERY

Member  
  
AMERICAN SOCIETY OF  
PLASTIC SURGEONS

**888-215-7896**  
Complimentary Consultations

Kian J. Samimi, M.D. | F.A.C.S. | Certified by the American Board of Plastic Surgery | La Jolla 7300 Girard Ave., Suite 101 | Gaslamp 711 Fourth Ave., Suite 200 | [www.RevivaMed.com](http://www.RevivaMed.com)





# Featuring Sleep Sedation Dentistry “Sleep through your procedure”

Visit our website: [www.softtouchdental.com](http://www.softtouchdental.com)  
Close spaces, correct crowding and brighten your smile with Empress Veneers!

**Porcelain Empress Veneers \$749** per tooth (Reg. \$1100 per tooth)

Free cosmetic consultation. Limited time only!



BEFORE\_ACTUAL PATIENT



AFTER\_ACTUAL PATIENT

VENEERS



**Invisalign**  
Starting at

**\$74** per month.  
OAC  
Contact Sheryl

**FREE Invisalign Consultation**

**\$0 down, 0% interest**

For 24 months OAC. No insurance needed.

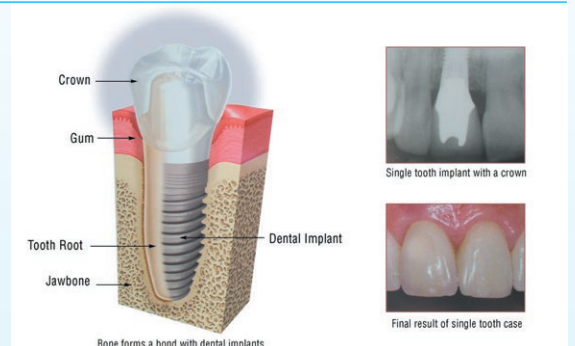
**Implant Specials**

**FREE Implant Consultation**

**FREE 2nd Opinion**

**\$0 down  
0% interest**

OAC. No insurance needed. Contact Sheryl



**Exam and Cleaning**  
**\$49** in the absence of gum disease

**ZOOM! Advanced Power™** Whiten your teeth up to 8 shades lighter in one hour!  
**\$249** Elsewhere \$600. As seen on ABC's *Extreme Makeover*.

**Free custom bleaching trays with ZOOM! Advanced Power™**

**Same-Day Emergency Appointments Available!**



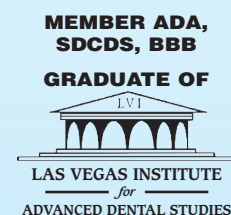
[www.softtouchdental.com](http://www.softtouchdental.com)

**888-262-0673**

**Dr. Fakhimi, DMD**

Family and Cosmetic Dentistry and Orthodontics

3735 Clairemont Mesa Blvd. (at Clairemont Drive) • Visit our website for a virtual tour!  
Most insurance accepted • Financing available • Military discounts • Senior discounts  
Discover, MasterCard, Visa, American Express, ATM





# Breast Augmentation

**\$4750\***

"I would recommend Dr. Pietraszek to anyone considering cosmetic surgery. I am so happy with my results!"

THE LA JOLLA INSTITUTE  
OF PLASTIC SURGERY

**James Casimir  
Pietraszek, M.D.**

Board Certified Plastic Surgeon  
25 years of plastic surgery experience

Senior Staff Surgeon at  
Scripps Memorial Hospital La Jolla

Free consultation  
858.450.3377  
[plasticsurgery.lajolla.com](http://plasticsurgery.lajolla.com)

\*Restrictions apply.  
Call us for details.  
Offer expires 3/22/10.



Actual patient

lowing week to move in and went into our parking stall — and immediately got a nastygram on our windshield that we were going to be towed because that was not our parking stall. And then the you-know-what hit the fan. The HOA came to us and said, 'You must be mistaken. You only have one parking place that goes with your unit.' And we said, 'Oh, no, no, no. We verified this in writing with your management company.' And they said, 'Sorry. Screw you. It comes with one space. You don't get [the second space].' And the bottom line is our real estate agent, our escrow agent, everyone told us there was no other way to verify this except from the

management company who maintain the records of what parking goes with which unit. So we had no recourse.

how badly they would get burned on something like this. "Because now we've sent hundreds of emails,

**"We contacted a lawyer about it, and he said, 'You've got a winning case, but it's going to cost you more to litigate this than the darned parking space is worth.'"**

And we're understanding that many complexes are like this. And I think the public is absolutely unaware of

we've had three meetings with the HOA, two meetings with the management company. And they have just flipped us

HEALTH AND BEAUTY

## February Specials

OFFERS GOOD ALL MONTH!

Choose Any Two only **\$99**

- European Facial
- Body Treatment
- 1-Hour Swedish Massage
- Spa Manicure & Pedicure

**Mini Day Spa \$90** (Valued at \$100) Includes: 1-hour facial with 15-minute head and neck acupressure and back massage, alpha hydroxy peel (smooths and softens skin texture and appearance), European facial, plus spa manicure and pedicure. A natural face-lift that helps cleanse the skin and removes fine lines, freckles and blemishes.

**Pamper Yourself Package \$124** (Valued at \$145) Includes: Deep pore cleansing facial, 1-hour full-body therapeutic massage, manicure and pedicure.

**Escape a Day Away \$159** (Valued at \$210) Includes: microdermabrasion, 1-hour full body massage, manicure, pedicure, and your choice of one spa body therapy.

**Microdermabrasion \$80/hour**, Series of 3 \$220, Series of 6 \$400

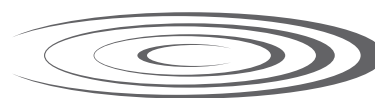
**Permanent Makeup** Eyeliner \$200 (\$300 value), Eyebrow \$200 (\$300 value), Lip-liner \$200 (\$300 value), Full Lip \$400 (\$500 value)

**Eyelash Extensions \$99** (Valued at \$130) New Japanese technique. Lasts 4-8 weeks. All natural.

**Series Discounts:** Any 6 spa services for the price of 5.



**Free Gift with Every Gift Certificate Purchase!**



*About You* day spa and salon

[www.aboutudayspa.com](http://www.aboutudayspa.com) • Visa/MC accepted

**Miramar**

9484 Black Mountain Rd., Suite D  
(858) 586-6626 • (858) 586-6245  
Mon.-Sun. • Open 7 days a week

**North Park**

3942 1/2 Illinois Street  
**NEW! NPspa.com** • (619) 297-3073  
Mon.-Sun. • Open 7 days a week



# Achieve the total look... Always Ageless & Beautiful

Hors d'oeuvres • Prizes • Discounts • Refreshments

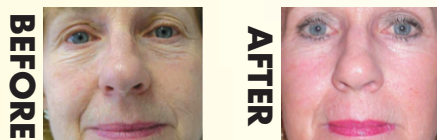
## ActiveFX™ Event\* Wednesday, Feb. 24, 6 pm

Presentation by Dr. Daneshmand. RSVP today!  
Only 25 seats. 888-281-7635

\*Special ActiveFX™ discount for seminar attendees.  
A portion of ActiveFX™ sales proceeds will be  
donated to nonprofit MiracleBabies.

### ActiveFX™ Face/Neck/Chest

ActiveFX™ is a fractional laser procedure performed in a single treatment with minimal patient downtime. Smooth out lines, wrinkles and scars, and remove dark spots and other irregularities. Special price for new clients only.



Discounted price on ActiveFX™ will apply one night only at the event.

### Vaser Ultrasonic Liposelection® \$2000 first area \$1250 each additional area

Vaser is a minimally invasive procedure which has smoother contouring than traditional lipo, and minimal downtime of only two to three days.



**\$25 Gift Certificates  
now available!**

Can be used toward a Facial, Micro, Peel or Massage.



### Free Latisse™

Buy two boxes of Latisse™ and receive  
a third box free! While supplies last.

**\$50 off all  
injectables!**

### Pain-Free Thermage™ Skin Tightening® plus free 20 Units Botox with package for face and eyes \$2700

Thermage™ Skin Tightening® for the eyes, face, neck, hands, stomach and body.  
No downtime. Procedure is good for all skin types.



### Thermage™ Hands \$1200 plus free IPL

### Full-Service Cosmetic Plastic Surgery

Breast Augmentation, Tummy Tuck, Neck Lift, Fat Transfer,  
Eyelid Lift, Vein Treatment

### Free Laser Hair Removal!

Buy 5 sessions and receive the 6th session FREE!

Back & shoulders \$299 Bikini \$99 Brazilian \$159 Full leg \$299  
Underarm \$79 Upper lip or chin \$59

**Metagenics™**  
Genetic Potential Through Nutrition

### Weight Loss

**Special financing CareCredit available for all procedures!** Up to 12 months interest-free!

Join us on **facebook** and look for weekly specials & events.

Medical Director: Dr. Sean Daneshmand, M.D., FACOG

1080 University Avenue, Ste. H201 • San Diego, CA 92103

888-281-7635 • agelessandbeautiful.com

Spa hours: Monday-Friday 9 am-5 pm, Saturday 9 am-5 pm



**ageless+beautiful**  
SPA AND COSMETIC SURGERY  
DR. SEAN DANESHMAND

*The Complete Approach*

A percentage of our sales goes to MiracleBabies, a nonprofit organization.

SDR



# Exam and Cleaning \$35

In the absence of gum disease. New patients only.

## Same-Day Implants and Crowns

### Veneers in one week

### Straighten and whiten your teeth in one week

No shots. No drilling. No grinding (minimal). No pain.



Actual patient

**invisalign**  
(clear braces)

from **\$58** (per month, OAC)

Plus free take-home bleaching upon completion of treatment.



**Zoom! \$249**  
reg. \$550

**Sedation (sleep dentistry) available.**  
**Free consultation.**

#### Extreme Smile Makeover

**Dr. A. Shojania • 858-751-5733**

5927 Balboa Avenue (Behind Bank of America)

Monday-Saturday 8 evening appointments available. Offers good thru 3-22-10 with this ad.



[brushed us off], told us, 'No way in heck are we doing anything for you. It's not our fault.'

"We contacted a lawyer about it, and he said, 'You've got a winning case, but it's going to cost you more to litigate this than the darned parking space is worth.' It has cost us so much time and energy and put such a terrible bad taste in our mouths with respect to this particular management company and the HOA, that it has been extremely difficult. We showed them their letter, they said, 'Sorry. We made a mistake.' So we have met a total roadblock. The HOA — and I understand that it's a thankless job — but at least they could show some respect. They told us that we screwed up.

Just unbelievable. In other condo situations, we've experienced members of the board who were on top of the situation, willing to listen. The board members in [our HOA condo complex in] Phoenix are extremely competent. And that was the case when we lived in San Diego before. This is the worst, most stressful experience we have ever had in our lives. We have never been talked to like this. And all over a parking space."

\* \* \*

**Property Management: Fiend or Friend?** Claudia Medina is so-o-o glad she's out of it. You try organizing a large complex's HOA, where that HOA is continually broke. Medina says she

was in effect a one-woman property management company for a 310-unit HOA just north of San Ysidro. Most owners and tenants are Spanish speakers — not a problem for Claudia; she's bilingual — but she says many don't understand their rights as community owners of the property and allow their HOA to assume too much power.

Medina, a realtor/property manager, is aware that property management companies, which most HOAs subcontract to do the actual running of their property, get a bad rap, often rightly so. Incompetent HOA boards throw money at them and hope they'll manage the condo community properly and

## HEALTH AND BEAUTY

## Safe and Affordable Cosmetic Surgery in Mexico

Travel and save up to 50%

**COSMETICSURGERYINMEXICO.COM**

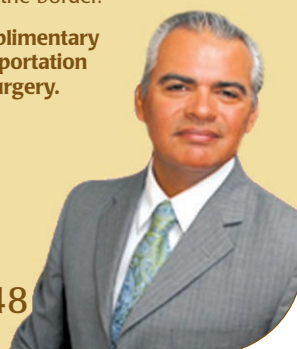
**Breast Augmentation \$3500**  
Limited Time!

**Tummy Tuck \$3800**

**Rhinoplasty \$2999**  
(Nose Job)

Dr. Manuel Gutierrez Romero  
Mexican Board Certified Plastic and Reconstructive Surgeon  
Only 150 yards walking distance from the border.

Complimentary transportation for surgery.



Taking care of San Diegans for 13 years. Some restrictions apply. Call for details.

Call now for a free consultation. 1-888-486-9148

## CREATING BEAUTY...ONE FACE AT A TIME

Introducing Latisse™ — FDA-approved treatment to grow longer, thicker eyelashes!

### FEBRUARY SPECIALS

Bring a new patient to our practice for Botox and you will both receive 1/2 off 20 units of Botox. Regular price \$225. Expires 2/28/10.

**Latisse \$100**

**Active FX CO<sub>2</sub> laser \$1,500 full face**

**Isolaz™ Acne Treatment**

Painless laser treatment for acne. Includes Blue Light. Call for acne packages.

\$225 per treatment

\$200 each when pre-purchasing a series of 3 (\$600)

\$175 each when pre-purchasing a series of 6 (\$1050)

**Restylane \$399** per 1cc syringe

**Perlane® \$420** 1cc

**Juvéderm Ultra® \$399** 1cc

**Juvéderm Ultra Plus® \$550** 1cc

**Photo Dynamic Therapy \$400**

**Dysport \$200** per area.

**Laser Hair Removal**

Upper lip \$45, Chin \$45, Underarm \$45, Bikini line \$99, Brazilian \$150

**Thermage - Call for prices**

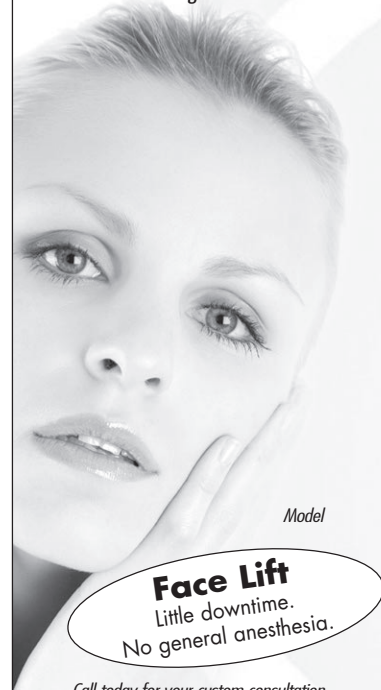
The only FDA-approved skin tightening for face, eyelids and body.

**Radiesse \$420** 1.5cc syringe

**IPL Photofacial Full Face \$199**

**Fat Transfer - Call for prices**

**Care Credit 0% Financing Available**



Model

**Face Lift**  
Little downtime.  
No general anesthesia.

Call today for your custom consultation.  
We will tailor a plan to suit your specific needs.

**Mario S. Yco, M.D., F.A.C.S.**

BOARD CERTIFIED BY THE AMERICAN BOARD OF FACIAL PLASTIC & RECONSTRUCTIVE SURGERY

**Gretchen Taylor, M.D.**

BOARD CERTIFIED OTOLARYNGOLOGIST

**Sarina Brumley, PA-C**

477 N. El Camino Real, Suite A-210, Encinitas

**760-944-4211**

**YCO**  
FACIAL PLASTIC SURGERY  
www.facesurgery.com





**\$199**  
Teeth Whitening

Faster and brighter than Zoom and Brightsmile with less sensitivity. Performed by a dentist in a relaxing spa setting.

**\$8**  
Botox

Frown Lines, Forehead Wrinkles, Crow's Feet. Per unit pricing.

**\$349**  
Juvederm

Smooth and natural results that last longer than Restylane, up to one year!

**Laser** Hair Removal

Lip or Chin \$40 | Underarms \$60 | Brazilian \$125  
Lower Legs \$145 | Lower Arms \$95 | Full Back \$275

No package purchase necessary!  
Pay as you go or buy five and get one free. Effective and safe on all skin types.

**Juvederm \$299/syringe**

Save \$50 through 2/28/10.  
Must mention ad at time of booking. Not valid with any other offers.

**re:vive**  
salon & spa

Med Spa | Teeth Whitening | Waxing | Massage  
Skin Care | Hair Studio | Cosmetic Bar | Nail Lounge

1425 Frazee Road, Mission Valley  
888-256-1806 | [revivesalonandspa.com](http://revivesalonandspa.com)

Owned & Operated by  
Vishal Verma, MD and Vinita Parekh, DDS





**Couple's Teeth Whitening**  
**\$299** per couple  
 Exp. 3/18/10

**Teeth Whitening**  
**\$249**  
 (Reg. \$500)

**invisalign**  
 As low as **\$154**/mo.



Free Invisalign consultation.  
 Some restrictions apply.

**Silver Fillings?**  
 Replace amalgam with white fillings.  
 Only **\$65-\$95**

**Spring Cleaning, Exam & X-rays**  
**\$35**  
 New patients only with no sign of periodontal disease.

**Dental Implants**  
 Starting at **\$995**

**Lumineers \$897**  
**For the perfect smile!**

Free consultations on all cosmetic work.



Houman Hivand, D.D.S.  
 Cosmetic & General Dentistry  
**888-205-8793**  
**Open Saturdays and evenings by appointment**  
 1707 Grand Ave. (at Jewell St.)  
**Pacific Beach 92109**  
**pacificbeachdental.com**  
 Gentle Dentistry • Flexible Payment Plans  
 Student/Senior/Military Discounts

honestly. But at least they know what they're doing. In hard times like these, says Medina, an increasing number of boards save money by dumping the management companies and trying to run things themselves.

"Condo associations are having a lot of problems, because there are so many foreclosures, and people are not making the money, and they're not paying their association fees. That's the bottom line," she says. "They don't have enough for maintenance." Not only that, but foreclosed properties are being bought up by investors, who then rent them out till condo unit prices rise enough to sell at a profit. "So what happens is that the per-

centage of renters goes up, and the home-owner-occupancy ratio gets lowered." And that, says Medina, has real consequences. For, say, first-time homeowner wannabes — and HOA-managed condo units are the classic entry-level opportunity — loans come with specific conditions. "In a VA or FHA government-backed loan, you have to have a certain homeowner occupancy rate in the association. It could be anywhere between 50–55 percent." She says the government may soon lower that to 45 percent. But "if there are too many renters in an association, that means a potential homeowner can't qualify for government loans." And investors

crowd out the market. "They bring down the value of the property," Medina says. "Also, the more renters you have, the less those renters care about the property. In the complex I managed, the majority of the problems were renters. Loud parties, dogs, cats, [ignoring] weight restrictions on dogs. With pools, they'd invite over huge numbers of guests. In associations, you only have a certain parking spot. But the tenants take up assigned owners' spots. That was a big issue. Every day somebody gets towed. I used to manage trying to collect the [HOA] fees. What a job! Especially right now. You have to be knocking on doors. People are running from you because

HEALTH AND BEAUTY

## Discount Botox and Dysport

### Our \$99 Laser Treatment Sale Continues!



- Botox **\$150/area**
- Dysport **\$150/area** (longer-acting competitor to Botox)
- Restylane **\$450/cc**

---

- Microdermabrasion + UltraSonic Pore Cleansing **\$99**
- IPL PhotoFacial **\$99**

**Laser Hair Removal**

- Bikini & Underarms **\$99**
- Upper or Lower Legs **\$99**
- Brazilian Bikini **\$99**
- Upper or Lower Back **\$99**
- Chest or Abdomen **\$99**

Prices are per treatment and good until March 4, 2010 for new and existing patients.

1/2 off the Triniti™ Total Facial Rejuvenation. Combines IPL PhotoFacial + ReFirme skin tightening + laser wrinkle reduction.  
 Three treatments in one session (for 5 sessions — no downtime) **\$2500**

**AM Institute for Aesthetic Medicine**  
 4150 Regents Park Row, Suite 360 • La Jolla, CA 92037  
 P. Scott Ricke, M.D., Medical Director  
**858-678-0220 • SDBodyImaging.com**

• Free consultations • Saturday and evening appointments available  
 The California Institute for Aesthetic Medicine, a Medical Corporation.

**NEW LOCATION!**

# finally...



## A new treatment for toenail fungus

- Latest in laser technology
- Painless without anesthesia
- No harmful UV radiation
- Board licensed physicians
- Free consultation
- As recently featured on *The Doctors* (CBS) and *Good Morning America* (ABC News)

**Kill your fungus NOW and have clear nail growth in time for summer.**

**Barefoot**  
 LASER CENTERS

**CALL TO SCHEDULE A FREE CONSULTATION**

<b>La Jolla</b> (858) 866-8463	<b>Escondido</b> (760) 670-3716
<b>Oceanside</b> (760) 536-5019	<b>Poway</b> (858) 386-4997

**www.BarefootLaserCenters.com**

ACCREDITED BUSINESS  
 BBB



they owe you money. And even if you file a lien on their property, you're not likely to get anything from them, because most of the time they're in default."

She says a lot of the problems come because HOA homeowners don't know they have a voice in running their association. "A lot, especially the Hispanics, don't know that they have certain rights or that they can vote. When I got to that association, because it's pretty much Hispanic — 80 percent — they didn't know that they could kick out board members. So they got the same [people representing them] over and over. And these board members tend to pretty much dominate. So I started giving advice: 'There are things you can do.'"

Where these essentially amateur boards, who have fired the management company, often fall short, she says, is in prioritizing money. "When a lot of homeowners say, 'The priority is, let's get our landscaping done,' I say, especially when you don't have any money, 'The priority is paying the water bill, your electricity bills, and the plumbing.' That was my biggest priority in that complex, the water and plumbing. They do patch-up jobs. Like water heaters. In my first two months I [told them they had to] replace three water heaters, \$5000 apiece. I said, 'It's better to spend the money now, because in the long run you'll be spending more.'"

"But often they wouldn't listen. And when you have HOAs not bringing in the \$30,000–\$40,000 a month they're supposed to, and you're only bring-

ing in \$10,000 and your water bill's \$10,000, and you have to pay your insurance of \$1800, and your electric bill, it was just a laugh.

"And here's the

thing: nobody was interested! Of the 310-plus homeowners, only ten would show up. This was their future. And that's how the board members would get away with

doing whatever they wanted. Plus, renters don't get to have a voice, and that's why, if it's more investor owned — investors don't care, as long as they get their

rent, right? — they just pay their HOA fees. They don't go up to the meetings. And right now, the number-one foreclosures are in the condo associations, because they're not

paying their dues. That association lives by those dues. Basically, those dues have to pay insurance, maintenance, water, gardeners, pool maintenance, roofs —

## HEALTH AND BEAUTY

# Beatitude

*Changing lives...one client at a time.*



BEFORE



AFTER

ACTUAL PATIENT. RESULTS MAY VARY.

"When I first came to Beatitude, my acne was so severe that it caused me not only pain but also embarrassment. Thankfully, Beatitude restored my confidence. The transformation of my skin is miraculous."

— Danielle L.

## We treat:

### Acne & Acne Scars

### Skin Rejuvenation

- Sun Damage / Brown Spots
- Rosacea
- Melasma / Hyperpigmentation
- Large Pores
- Skin Tags
- Spider Veins

### Anti-Aging & Wrinkles

- Botox
- Fillers (Juvéderm)
- Laser Skin Tightening

### Laser Body Shaping

- Zerona (myzerona.com)
- Velashape (velashape.com)

### Esthetician Services

- Facials
- Chemical Peels
- Microdermabrasion
- Hydrafacial
- Echo2 plus Oxygen

## We offer:

- Free Consultations
- Customized treatments
- Visible results
- Committed to excellence
- Latest technologies, safe for all skin types
- Little to no downtime
- Great values
- Treatments for men and women

## Botox \$99

includes 12 units and \$9/unit for additional units

## Laser Packages

starting at **\$999**

**Dr. Chang performs all consultations and medical procedures.**

*Beatitude*  
AESTHETIC MEDICINE & ACNE CENTER

**1-888-220-9476**

9040 Friars Rd., Suite 500

M-F 10 am-7 pm, Sat. by appointment

Conveniently located in Mission Valley, 2 blks. west of Costco

[www.beatitudemedspa.com](http://www.beatitudemedspa.com)

"The doctor is always in."



Aeria Chang, M.D.



# \$1,000 Off Any Surgery

Call office for details. Cannot be combined with any other offer.

- Breast Augmentation
- Liposculpture
- SmartLipo
- Tummy Tuck
- Botox and Fillers
- Fractional CO<sub>2</sub> Laser Resurfacing
- And much more...

## Free Latisse™

Text "Juvederm" to 686868 for details.



**Jeffrey A. Umansky, M.D., F.A.C.S.**

Certified by the American Board of Plastic Surgery

4150 Regents Park Row  
Suite 260, La Jolla 92037  
888.462.2047

[www.drumansky.com](http://www.drumansky.com)

Fellowship trained by  
Harvard Plastic Surgery  
Professors

Affordable financing  
options available



that's a big thing — paving — right now, that complex hasn't been paved, and it was going to be, like, \$100,000 just to do the whole paving of the place. They don't have \$100,000. They don't even have reserves. They were down to \$20,000–\$30,000. The last time they did the paving was about eight years ago. And even then, eight years ago, it was just a patch-up job, one of those coatings. It's so bad that the actual board members themselves started buying cement and patching up the holes. The actual board members. It was ridiculous." It also affected the complex's eligibility for FHA approval for prospective condo buyers. "You have to have a certain amount

of money in your bank account, and this complex didn't have those reserves. And that's why this complex was not approved for new homeowners. The majority of the board members don't get this. They get on this high and mighty trip sometimes. There are some people who have been [on the board] forever, and they just don't get it."

So Medina wanted to change the CC&Rs not to allow investors. "Investors are bringing down the home-occupancy rate, and you have problems with tenants, and homeowners don't want to live around tenants. That's why they bought a place, right?"

No luck. And the HOA said they could run the place without her.

Would she go back, if the board asked her? "That's what a lot of the homeowners asked me. I said, 'Look, if I don't get this association back in 30 days, then I won't come back, because I just know that they're going to mess it up so bad that it's not even worth it for me.' They have gone through three or four property-management companies in the last ten years. The same board members have been in position all along."

\* \* \*

So, do HOAs work? Yes, they provide entry-level buy-ins to the American Dream of home ownership, at least in good times, and privileged islands of compatibly wealthy folk and, for millions of middle-class

## HEALTH AND BEAUTY

# Immediate tooth replacement!



## Free consultation for implants & Lumineers

With immediate-function dental implants, patients receive **immediate results never before available** with other implants. **The only implant approved by the FDA for immediate load.** **No waiting period.** Tooth placed on the implant the same visit and you can eat immediately.

**Delayed Load Implant** as low as **\$700**  
(excludes crown & crown holder)

**Immediate Load Implant \$1900**  
(excludes crown & crown holder)

With this ad. Expires 3/4/10.

## Complete dental care:

- White Fillings \$65
- Silver Fillings \$50
- Full Dentures from \$800
- Partial Dentures from \$700
- Porcelain Crowns from \$600
- Lumineers from \$950

CareCredit®  
Financing  
Available  
Ask about  
0 Interest  
for 12 mos.

**We can create beautiful Hollywood smiles with Lumineers!**



Before

After

**Dr. S.T. Sawa** 619-401-0444

407 W. Madison Ave. • El Cajon

## Visit us online:

[immediatetoothreplacement.com](http://immediatetoothreplacement.com)  
[instantdentalcare.com](http://instantdentalcare.com)  
[sargondentalimplants.com](http://sargondentalimplants.com)



# FREE Cosmetic Surgery Information Pak™ \*

- Surgery pricing guides • 25 questions to ask your doctor
- Doctor referrals/FREE consultations • Before and after photos of procedures
- How to finance your surgery • Warnings & red flags/hidden pitfalls

**Find out what you MUST know about cosmetic surgery BEFORE your surgery!**

**Call 800-535-0380**

for immediate shipment. NO COST OR OBLIGATION.

**[www.cosmeticsurgerypak.com](http://www.cosmeticsurgerypak.com)**

Sponsored by: The Cosmetic Surgery Information Center™...a nonprofit public benefit organization providing information, education and assistance to the public since 1985.

\*Certain restrictions may apply. Paid for by an association of participating Board-Certified Physicians referred by Cosmetic Surgery Information Center.  
©2009 COSMETIC SURGERY INFORMATION CENTER, INC.™

Take  
advantage  
of today's  
bargains in  
pricing!



folk, clustered communities of relative security. Yet problems go beyond the mechanics of running them and access to management, to the concept itself: They were supposed to create high-density accommodation solutions for inner cities, but for a long time they bolstered the rush to suburbia. They were supposed to embody the democratic community, but as private enclaves, they are walled off from normal constitutional guarantees to the individual and the normal constitutional restrictions on the limits of the HOAs' powers. These "outsourced" mini-polities, like private armies, can become rogue fiefdoms where, if individual homeowners want to sue the HOA Board for, say, breach of duty, they have to pay for it from their own pockets. Whereas HOA insurance will pay not only for a board member's legal expense, but any judgment against him or her. More disturbingly, several court judgments have hinted that HOA boards may have the right to place limits on entrenched freedoms such as political speech. Could HOAs turn into little bubbles of not-America, where a private, corporate "constitution" trumps the national Constitution? HOA voting rights are based on property, not the individuals committed to living there. Shades of 18th-century England? And where maybe half of the properties are owned by investors, renters have no voting rights, and the investors become like absentee voters. The result is that permanent

owner-dwellers are underrepresented, the threat of a bullying, unimpeachable HOA government rises, and you get the scenario at Medina's complex

where 10 voters out of 310 regularly turn up to decide the future of all. Yes, there are probably thousands — millions — of satisfied customers out there. And

so many of the fights are neighbors' issues, not peculiar to HOA situations. But with a quarter of the nation's most populous state living under HOA rules, some-

body — an elected somebody — needs to take a hard look at how — if — HOAs fit into the greater society and the rights guaranteed by the U.S. Consti-

tution — or if they are a gathering force committed to sidestepping those freedoms behind walls of corporate law. Let the horror stories continue! ■  
— Bill Manson

## HEALTH AND BEAUTY

# Laser SKIN CARE

Call for complimentary consultation



MODEL

## Wrinkle Treatments

**Restylane®** To smooth away facial wrinkles.

**\$280**  
per syringe  
After \$50 mail-in rebate. \$330 before rebate.

**Perlane®** Corrects deeper lines and wrinkles.

**\$320**  
per syringe  
After \$50 mail-in rebate. \$370 before rebate.



For fuller lips & deep wrinkles.

**\$330**  
per syringe  
\$50 mail-in rebate with minimum 2 syringes.



Forehead, glabellar or crow's feet.  
All areas same day \$569.

**\$199**  
per area

**Dysport™**  
**Similar to Botox**

Wrinkle reduction treatment (forehead, glabellar or crow's feet).

**\$200**  
per area

## Sun-Damage & Pigment Treatments

**IPL® Photofacial**

For rosacea, sun spots and flushing.

**\$145\***  
full face

**Cosmelan -** Pigmentation disorders and melasma

**\$595**

## Exfoliation Treatments

**Vivité Glycolic Facial** - Improves clarity and smoothness.

**Skin Refresher Peel** - Fine lines, sun damage and acne.

**Microdermabrasion - FREE! Vivité Skin Care Core System**  
(\*250 value) With purchase of 5 microdermabrasion package for \$495.

## Laser Hair Removal

**FREE TREATMENT\*\***

**For Women**

Brazilian **\$99** Full Face **\$179**  
Lip or Chin **\$39** Underarm **\$49**  
Full Legs **\$229** (prices per treatment)

**For Men**

Full Back or Chest & Abdomen **\$230**  
per treatment

**NO PACKAGE PURCHASE NECESSARY!**

## Skin Firming Package

**Laser Collagen Rejuvenation.** No downtime.

Includes 5 free microdermabrasion treatments with purchase of package.

**\$259\***  
per session

## Acne Treatments

**Jessner's Peel** Acne and scarring.

**\$199**

**Laser Acne Reduction**

Package includes 5 laser and 5 microdermabrasion treatments.

**\$259\***  
per session

## Longer, Thicker Eyelashes



When purchased separately, \$99 each.

†Requires purchase of 2 Latisse at \$198 to receive 3rd free.

**\$66†**



**DR. FARZAD YAGHOUTI, MD**  
**MEDICAL DIRECTOR**

**1-866-BEST-LOOK**

(1-866-237-8566) • [www.GlobalLaserCosmetics.com](http://www.GlobalLaserCosmetics.com)

6950 Friars Road, Suite 100  
Across from Fashion Valley Mall  
Se Habla Español • Promo code: RD0218

**facebook**  
Become a fan

**GLOBAL**  
LASER COSMETICS, INC.

\*Price per treatment with purchase of package of 5. Applies to same area only. Offer expires 3/6/10.

\*\*Pay per session or purchase 5 treatments and receive one additional treatment free.  
Applies to same area only. Offer expires 3/6/10.



# El Cajon Boulevard Before Daybreak

I wake up at 5:30, and I'm usually out the door by 6:15. I can fit in three or four jogs around my neighborhood a week; the other days I walk the dog for a good hour. If you live nearby

I'm sure you've seen me — the only white girl jogging down El Cajon on dimly lit mornings.

I don't mind it. In fact, I look forward to it. We moved here from South Park nearly half a year ago, and it's not the respite from living in the hippest area known to man that centers me, but the break from the culture of La Jolla. I've worked in La Jolla for six years now, and I have never gotten used to it. Hey, I admit my perception of the place is limited to daytime excursions, but overall, condo-complexes and strip malls are not my thing.



PHOTO ©ISTOCKPHOTO.COM/ARISTOTOO

Not to say El Cajon Boulevard exactly is. In the mornings I'll head out of my alley and head toward 70th Street, and I typically have to wait for the light to turn before I head down my loop on El Cajon. I try to avoid stepping in those brown puddles near the curbsides — I hate having to wipe the dried, oil-coated water off my shins.

This routine gives me comfort. I'll see the same set of characters in a

week. Sometimes I'll see the same girls for days, then they'll disappear. Lately I've noticed someone new. It always looks as if she's wrapping up for the night, maybe trying for one last drive-by before the sun exposes too much. She's white, dresses in black, looks young, and she's always smoking a cigarette. I wonder how many times I need to pass by her before we make eye contact, before we say "good morning." Once in a while we'll cross at the bus



**Author:** Jennifer Emond  
**Neighborhood:** College Area  
**Age:** 34  
**Occupation:** Doctoral student, public health

*Editor's note: This is the winner of January's \$250 second-place prize for our monthly neighborhood-essay contest.*

*Deadline for the next contest is February 28, midnight.*

*To post your entry, go to [SDReader.com/neighborhoods](http://SDReader.com/neighborhoods), find your neighborhood or campus, and follow the instructions to create a blog.*

## HEALTH AND BEAUTY

## Thinning Hair?

*We have a non-surgical solution!*

Leading Specialists and Designers in Women's, Men's & Children's Hair Loss from: genetic (male pattern baldness), hormonal, stress, alopecia, chemo, burn, surgery and trichotillomania

- Non-surgical and state-of-the-art hair systems, hair extensions, custom wigs, supplies and repairs
- Undetectable & natural hairlines
- Private rooms
- Over 40 years' combined experience

Also Offering:

- European Keratin Hair Straightening
- Laser Hair Therapy for Men and Women to Promote Hair Growth

Call Collette for your complimentary consultation:

**888-207-9493**



*Specialist Collette*

**LA JOLLA  
HAIR CLINIC**

6110 Friars Road, Suite 205 • [www.lajollahairclinic.com](http://www.lajollahairclinic.com)  
(1 mile west of 163 Freeway and Fashion Valley Mall, next to NYPD Pizza)

## Don't like looking older?

YOU DON'T HAVE TO!



**Tatiana Rajsbaum | 34**

"Ever since I was a little girl, I was bothered by my nose. Thanks to La Jolla Cosmetic Laser Clinic, I am more confident, and best of all, I didn't have to go through surgery. And I love the results!"

Thermage CPT  
(San Diego's only 4-year Pinnacle Award winner!)  
CO<sub>2</sub> Lasers Active FX™ / DeepFX™  
Fraxel II Laser  
Photofacials (IPL) and Photodynamic Therapy (PDT) with Levulan™  
Laser Hair Removal & Leg Vein Treatment  
Melasma Skin Lightening  
Cellulite Treatment  
Liquid Face Lift by Sculptra™  
Fillers (Temporary & Permanent)  
BOTOX® / Dysport™

Liquid Lift by Sculptra \$750 (reg. \$1200). Expires 2/28/10.

Go to [www.LaJollaLaser.com](http://www.LaJollaLaser.com) to view all of our February Specials and receive a \$50 gift certificate when you join our VIP e-news.

Free Parking | Gift Certificates | 0% Interest Finance Plan  
Major Credit Cards Accepted | Les podemos atender en Español  
**Nasrin Mani, M.D., Board-Certified Founder and Medical Director**  
1111 Torrey Pines Rd., Ste 102, La Jolla, CA 92037  
877.387.3475 | [www.LaJollaLaser.com](http://www.LaJollaLaser.com)





stop outside some 1970s-era office building complex. She'll be with a man, embracing so completely inappropriately for this early in the morning that it makes me wince.

For the next 30 minutes I'll head down to La Mesa Village, turn up to University Avenue, and then make my way back to El Cajon. I enjoy the silence of the morning, the low hum of people driving to their jobs, people stopping to get gas before heading to their cubicle. The other half of the people I see don't seem to stray much from El Cajon.

There are two elderly men who live in one of the section 8 complexes, for example. The place is awful, no chance for romanticizing here...but every day those two are out. I've gotten the nerve to say "Hello," and now one guy sometimes throws me a few words as I pass: "Looking good, girl" or "Keep on pushing."

I don't expect to be in the College Area for long. I'll have finished my doctoral program in a few years, and if all goes as planned, my husband and I will be heading back East. But I don't necessarily look forward to moving. Yeah, I miss South Park and will still head out there on the weekends, but being where I am now, I feel more centered.

There's comfort in where I live. I think it's a general energy that's always out, like a low fog over the streets. Nobody needs to be pretentious; nobody needs to pretend that they don't see what's going on. You are who you are, and if you can't define that, well, that's when you might be in trouble. Because of that, there is a mutual respect that exists between the neighbors. We mind our own business, but when you need

a 20-foot ladder to change the batteries of that smoke detector on your cathedral ceiling, you know who to ask (I will never understand why our landlord put that thing up there...).

I like where I live. I feel comfortable where I live. Did I mention what my daytime gig in La Jolla was? I work on research programs in the public-health field. One day a few classmates and

I were participating in an informal interview from a professor about how we feel when someone next to us starts smoking.

"Disgusting," one girl said. "I hate the

smell." "I'd ask them to move," said another. I kept my mouth shut. All I could think of was El Cajon Boulevard and the face full of smoke I get when I jog past the bus stop near that office

building.

I kind of like the smell. It centers me. It makes me think there might be more important things to worry about than asking someone not to smoke. ■

## HEALTH AND BEAUTY

# Melt Away Ugly Fat From Your Stomach, Hips and Thighs!

## INTRODUCING COOL- LIPO™ BODY SCULPTING

- Gentle fat disruption & removal using laser technology
- Improves skin tightening
- Less invasive than traditional liposuction
- Safe – with minimal downtime (usually 48 hours)

*New Year Specials good through February 28, 2010*

**Breast Augmentation** (Garment & lab additional) ..... **\$3,995**

**Liposculpture\*** (1st area) ..... **\$1,995**

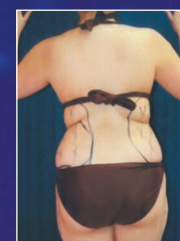
**Tummy Tuck\*** ..... **\$4,995**

\*Some weight restrictions apply. Garment & lab additional.

### Ask about our other services, including:

- VelaSmooth – FDA-approved cellulite treatment
- Breast enhancement and lifts • Facials, peels, waxing
- Lunch-hour mega peel • Face & eyelid lifts
- Tummy tuck • Facial & spider vein treatment
- Fotofacial™ (improves sun-damaged skin and rosacea without downtime)
- Botox, Juvéderm & Restylane
- Laser hair removal
- Full line of skin care products
- Now carrying Latisse™ (FDA approved for eyelash growth)

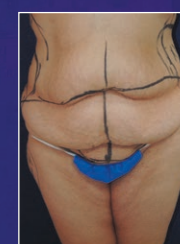
**Complimentary Consultation**



Actual patient – Before



After



Actual patient – Before



After

"In my lifetime I've had over nine surgeries and never had I felt like a family member until meeting Dr. Sarosy and his staff. Wonderful people!"

– Patty S.,  
El Cajon

"I found Dr. Sarosy and his team to be the most professional and warm, compassionate people. Thank you, everyone!"

–Carmen P.,  
San Diego

Actual Patient/Model

# Vein & Liposculpture

CENTER

*Certified by the American Board of Surgery*

**8881 Fletcher Parkway, Suite 241, La Mesa • 619-697-1325**

**www.veinlipocenter.com • Financing available**



# Health & Beauty Guide

Free 24-hour hotline for frequently asked questions: **619-233-9797**

Call anytime and enter a four-digit extension, or visit our website: [SDReader.com/health](http://SDReader.com/health)

## Extension 5611 Botox

- 1 What is Botox/Dysport?
- 2 Botox/Dysport & wrinkles
- 3 Effects of Botox/Dysport
- 4 How much does it cost?



**Venus Medical**  
3740 Rosecrans,  
Suite C, Point Loma  
619-758-9875  
[venusmedical.com](http://venusmedical.com)

## Extension 5615 Laser Hair Removal

- 1 What is it?
- 2 How does it work?
- 3 How is it performed?
- 4 What does it feel like?
- 5 Best candidates?



**Farzad Yaghouti, MD**  
**Global Laser Cosmetics**  
6950 Friars Rd., Suite 100  
Mission Valley  
866-237-8566  
[globallasercosmetics.com](http://globallasercosmetics.com)

## Extension 5612 Cosmetic Dentistry

- 1 About our office
- 2 Implants, dentures & partials
- 3 Invisalign, the clear straightener
- 4 Veneers & teeth whitening
- 5 Crowns, bridges & surgeries



**Dr. A. Shojania**  
**Extreme Smile Makeover**  
5927 Balboa Avenue  
Clairemont  
858-751-5733

## Extension 5616 Weight Loss

- 1 What should I eat?
- 2 How much can I lose?
- 3 Body Mass Index (BMI)
- 4 Is the Atkins Diet safe?
- 5 Exercise: How much?



**Viva Wellness**  
**Medical Group**  
3740 Rosecrans,  
Suite C, Point Loma  
619-222-5433  
[vivawellness.com](http://vivawellness.com)

## Extension 5613 Breast Surgery/ Augmentation

- 1 Breast augmentation
- 2 What type is right for you?
- 3 Breast lift
- 4 Breast reduction
- 5 Male breast surgery



**Kian J. Samimi, MD**  
711 Fourth Ave. #200  
Downtown  
7300 Girard Ave. #101  
La Jolla  
888-215-7896  
[revivamed.com](http://revivamed.com)

## Extension 5614 Laser Eye Surgery

- 1 About LASIK
- 2 Who is a candidate?
- 3 Your eye exam
- 4 Surgery
- 5 After surgery



**Farzad Yaghouti, MD**  
**Global Laser Vision**  
6950 Friars Rd.,  
Suite 100  
Mission Valley  
800-438-5274  
[globallaservision.com](http://globallaservision.com)

Other categories available for sponsorship include: Acupuncture, Cosmetic Fillers, Hormone Therapy, Permanent Makeup and Eyelid Surgery. Call 619.235.3000 to speak with a sales representative.

The professionals who provide this information are solely responsible for its content. This information does not address all medical situations, nor is it intended to replace a medical consultation. It is provided free, but if calling from outlying areas, you may incur toll charges on your telephone bill.

## LETTERS

continued from page 18

down from Oregon with my dogs and mountain bike and camp in the desert for the winter like I used to.

By dbauder 10:41 a.m., Feb. 11, 2010

Response to post #3: I'm sure Borrego would welcome you. It needs tourists. Best, Don Bauder

By Twister 11:35 a.m., Feb. 11, 2010

Economy used to be efficiency. The Borrego Valley is a model for the whole state, the world, San Diego, or any other subset. It is profit based on waste and other flim-flamming, not long-term survival or a level of quality of life which is (I hesitate to use the word) SUSTAINABLE. It's robbing Peter to

pay Paul. But once the parasites have milked Paul—or the resource (e.g. water) upon which they depend, they will crash too. In the real world, parasites “know” better; their populations adjust their consumption as their resource-base declines. In the “virtual” world of a cash economy that moves farther and farther into greater and greater fantasies, even the biggest snow-job they can imagine will not change the reality that you can't spend more than you take in, and if your lessees don't pay their rent, your gravy-train has got to start burning its cargo and do so until it runs out of steam.

**Cover Story**  
**(“Sweat Like a Rockstar”)**  
**Published Feb. 10**

By pellis 1:19 p.m., Feb. 10, 2010

This is not at all surprising for anyone in the industry and it shouldn't be surprising for anyone outside the industry. Look at what happened at Electronic Arts, for example. It was the same story.

At the same time I don't feel sorry for the engineers at game houses at all. They are living their dreams, and the nature of their dream is a high pressure work environment. It goes with the territory. It's similar to how long hour, low paying residencies goes with working as a doctor.

By refriedgringo 2:02 p.m., Feb. 10, 2010

Waaaah!

These wives and developers need to go read “Soul Of A New Machine”, by Tracy Kidder. It was written in the days of the dawning of the mini-computer wars between Data Electronics and Data

## HEALTH AND BEAUTY

**BOTOX®**  
as low as  
**\$7/unit**

BOTOX injections take as little as 15 minutes and last 3 to 9 months. **\$8 per unit** for first area, **\$7 per unit** for additional areas (25 units per area). Results may vary.

**\$25 off**  
When you bring a friend.

## Lose up to 12 lbs. a month!

We have new and innovative **medications** and regimens to help you lose weight without depleting your body of the nutrients it needs and help you feel satisfied: **bioidentical hormones & HGH**, lifestyle and nutrition training and **vitamin B-12 injections** are important contributors to your well-being and helpful in increasing your energy, heightening your metabolism and feeding your nervous system. Let Dr. Sterner develop an individualized program just for you.

**All visits with Dr. Sterner.**  
**Call: 888-263-0318**

Central Location.  
Near Airport

**ANTI-AGING ARTS**  
[www.antiagingarts.com](http://www.antiagingarts.com)

**Medical Center & Weight Control Medical Clinic**  
1516 W. Redwood St., Ste. 105  
San Diego 92101

**Robert F. Sterner, Jr., MD**  
Harvard 1978/UCLA 1982  
Serving San Diego Since 1984



Before

16 weeks after Latisse



**2009 Botox®, Juvéderm™ and Latisse™ Platinum Award Winner**

\*City Voter online poll, 2009

## Look 10 Years Younger Without Surgery!

**Voted Best Medical Spa in San Diego!\***

**BOTOX® COSMETIC \$9 per unit** (reg. \$11)  
No dilution. New clients only.

**JUVEDERM® ULTRA \$399 per syringe**  
Reg. \$550. Add volume and hydration for lips, smile lines or facial creases. Anesthesia included. New clients only.

**LATISSE™ Purchase 2 boxes for \$200**  
For longer, fuller and darker eyelashes!  
While supplies last. New and existing clients.

**DYSPORT™ \$4 per unit**

Botox® alternative. Plus receive \$75 mail-in rebate.  
Diminish moderate to severe frown lines. New clients only.

**VEIN TREATMENTS FOR SPIDER VEINS**  
**starting at \$300 per leg**

**MOLE REMOVAL starting at \$250**

**VIBRADERMABRASION \$99**

Crystal-free microderm. Reduce pore size, smooth skin. No downtime.

**TOTALFX RESURFACING 20% Off**  
Laser resurfacing for lines, wrinkles and acne scars.

**MESO-SLIM™ \$359 per treatment**  
Patented fat and cellulite reduction.

**LASER HAIR REMOVAL**

Chin \$70 • Bikini \$99 • Full Back \$300 • Underarms \$75  
Purchase any two areas and get one area of equal or lesser value free. Prices include numbing cream.

**Free Consultations**

with P. Alexander Atail, M.D., Medical Director

**888.220.9435**

**[www.Laser-Clinique.com](http://www.Laser-Clinique.com)**

Log on to see your procedure in 3D.

4765 Carmel Mountain Road, Suite 207  
San Diego • Torrey Hills Center  
(Conveniently located off the 5 or 56 freeways)

All our services are offered to men and women and are administered by Dr. Atail. Offers expire 3/4/10.

**LASER CLINIQUE™**  
Aesthetic Surgical, Medical and Dental Spa



General. See what those guys went through, for a lot less money.

*By capsandbottles 12:42 p.m., Feb. 12, 2010*

What the article doesn't talk about are entry level positions where the employees have to work 12 hours days, 6 days a week just to earn an adequate living wage since they are compensated at an hourly rate comparable to kids flipping burgers at In-N-Out. At a lot of companies, one would have to first work as a temp or contract worker for over a year before possibly being hired full time to receive benefits.

Even then, the raise is minimal while the hours remain as demanding. Sure, there are a lot of people making out quite well, but there are even more working just as many hours and barely getting by.

**Under the Radar  
("Well Insured")  
Published Feb. 10**

*By HonestGovernment 6:51 p.m., Feb. 11, 2010*

How does the \$146K compare to other candidates?

The curse of the re-appearing bad guys. The Hue-sos (all of 'em; they are all corrupt), Atkins, Kehoe...

*By a2zresource 11:47 a.m., Feb. 13, 2010*

One wonders if there are cross-purposes involved in the numerous Vargas supporters cited above and SDG&E's inability to find enough wildfire insurers for the Semptra Energy-owned public utility to withdraw its Wildfire Expense Balancing Account (WEBBA) application, now pending before the California Public Utilities Commission as a stealth rate increase to consumers of unknown size...

"And if a house be divided against itself, that house cannot stand" (Mark 3:25).



Promotional Offers:  
**New Patient Exam/Consult \$45**  
**Implant Crown \$740 • All-Porcelain Crowns \$450**  
**Root Canals \$490 • Fillings starting at \$75**  
**Simple Extractions \$95**  
**Porcelain Veneers \$740**  
**4 Veneers \$2800 • 6 Veneers \$3900**  
**Free X-Rays**

Promotional offers cannot be used in conjunction with insurance.

Same-Day Emergency Appointments Available • Immediate Pain Relief

**Open Weekends • Expanded Weekday Hours**

Straightforward, Hassle-Free Business Practices  
Discounted Menu for Cash Patients • PPO Dental Insurance Accepted  
Root Canals • Extractions including Wisdom Teeth  
Removable & Fixed Prosthodontics • Implant Placement and Veneers

5210 Balboa Avenue, Suite A-2, San Diego 92117  
(west of Rite Aid at Balboa & Genesee)

**858-279-3455 • www.BalboaDentist.com**

Joseph Tucker, D.D.S., with comprehensive experience in Endodontics, Fixed Prosthodontics, Oral Surgery and Implant Placement, is now accepting new patients.



# Hollywood's Top Hair Transplant Surgeon Is Now In San Diego!

**\$3 Hair Transplants** (Reg. \$5)

This offer saves you 40%. Offer ends 3/31/10.

You deserve hair transplant results that look impressively natural... Up to 3500 follicular graft/units with up to 8750 hairs in a single procedure.

Instead of minimum coverage where you must come back again and again, we deliver the maximum density medically safe, for a full, natural look.

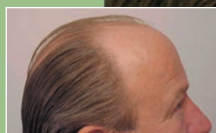
You can pay more elsewhere and you still won't find a softer, more natural looking hairline... honest. Compare results before you make this decision.

**La Jolla/Scripps Hospital**  
9834 Genesee Ave., Suite 428  
La Jolla, CA 92037

**New  
LookMD**

**Oceanside**  
2103 El Camino Real, Suite 101  
Oceanside, CA 92054

**888-535-5341 • NewLookMD.com**



# Eyelid Surgery \$2,499\*

Upper or lower eyelids.

**New approaches to eyelid surgery  
can make your eyes look young again,  
without the "surprised" look!**

- Natural looking
- Minimal recovery time
- More youthful appearance

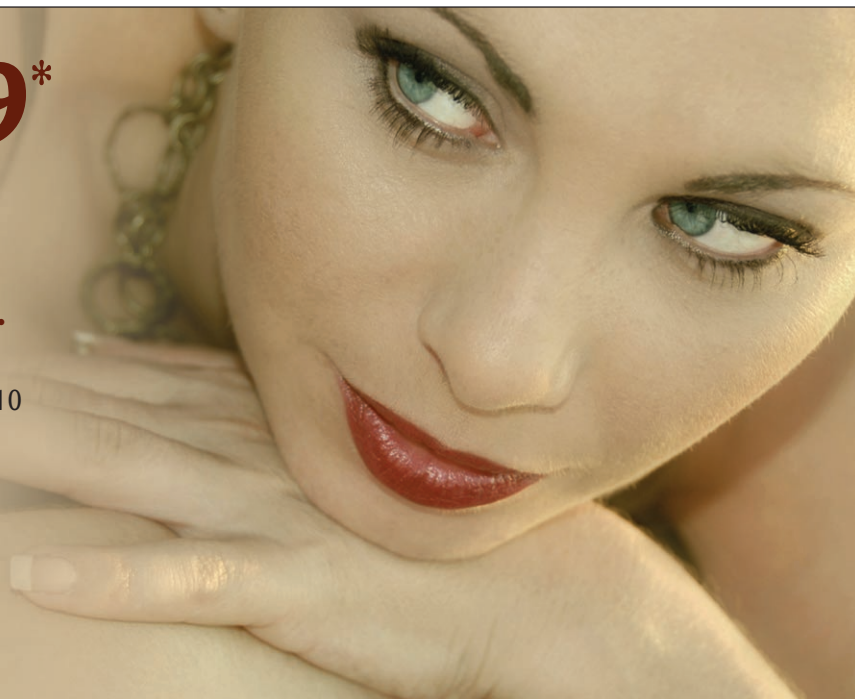
**Free consultation: 888-274-8749**

\*When you book surgery by March 3, 2010.

**Mark V. Garbutt, M.D.**

Eyelid Surgery Specialist  
230 Prospect Place, Suite 310  
Coronado, CA 92118

- Former Visiting Assistant Professor at the prestigious Jules Stein Eye Institute at UCLA
- 20+ years' experience
- Harvard/UC San Francisco
- Board-certified Ophthalmologist





# Just in Time for Spring!

**20% OFF Botox®, Restylane®, Perlane®, Juvéderm™, Artefill®, and Latisse®**

with this ad through February 28, 2010

Trust your body & face rejuvenation to a caring Board-Certified Plastic Surgeon

## Specializing in

- Breast Augmentation
- Breast Lift • Tummy Tuck
- Body Contouring After Weight Loss
- Face Lift/Neck Lift • Liposuction
- Endoscopic Brow Lift
- Eye Rejuvenation • Botox® Cosmetic
- Restylane® • Artefill®
- Juvéderm™ • Perlane®



**DIANA BREISTER GHOSH, M.D.**  
Certified, American Board of Plastic Surgery

## Two Convenient Locations:

9339 Genesee Ave., Plaza 39, San Diego • 858-677-0628  
6386 Alvarado Court, Ste. 340, San Diego • 619-286-6446

[www.PlasticSurgeryIsForMe.com](http://www.PlasticSurgeryIsForMe.com)

Financing Available

## Under the Radar ("The Big Payoff")

**Published Feb. 10**

By MURPHYJUNK 7:58 a.m., Feb. 11, 2010

its a shame we still get the same recycled trash running San Diego.

By a2zresource 10:50 a.m., Feb. 13, 2010

"Committee chairwoman Donna Frye asked staff to produce figures on the actual cost of the pickups over the previous two years, and when they couldn't, the committee voted to postpone the matter until February 24."

Has the mayor or anyone else in city administration provided the media with any hard numbers where members of the public can plainly see any advantage to this outsourcing plan?

If so, do the alleged savings significantly outweigh the reported political contributions

## Restaurant Review

**Published Feb. 10**

By Saint\_Steve 8:10 p.m., Feb. 13, 2010

Oh Naomi, how I miss dining with you. Reading your column on a regular basis keeps my 'Naomi fix' sated.

Sorry to hear your appetites weren't at Lighthouse.

Hope you're well.

-Steve

By Visduh 9:03 p.m., Feb. 14, 2010

Two stars. How generous. That restaurant has survived on its view for decades. Tourists in San Diego are often from areas where "gourmet" means charbroiled steak and onion rings. That operation can get them drunk on mai-tais and the view of the bay, to hell with the food. I must confess I haven't been there in over twenty years, and I'm mildly incredulous that it still is there, same name and all.

But on those few occasions that I remember in the 70's and the 80's the food was at best pedestrian, and terribly uninspired. But hey, with a view like that one, who needed a

chef or even a kitchen? Local dining tourist traps live!

## Neighborhood News from Stringers ("Ripped Up, Revamped")

**Published Feb. 3**

By tinastar 12:52 p.m., Feb. 5, 2010

I don't want them to chage TJ, I love going because the way that it is now;and always have. best taco place in TJ: Baja fish Tacos(he has everything;Andy) by the wax museum right b4 the arch. Best dive bar, Happy Fish!!! by Mcdonalds,ask for Wicked... and if you find a hot dog cart always get one, soo awesome!!... wrapped in bacon... mmmmm

## Neighborhood News from Stringers ("Pinched")

**Published Feb. 3**

By tinastar 1:02 a.m., Feb. 5, 2010

that is illegal and any "good" repo man should know that I would sue or at

## HEALTH AND BEAUTY

## Early Spring Specials

**Restylane 1cc \$275 + \$50 mail-in rebate**

**Dysport \$4 per unit** (Botox alternative) • **Botox \$9 per unit**

**Juvéderm Plus \$345 • Perlane 1cc \$345**

**Juvéderm \$295** Receive free Vivité Defining Lip Plumper (\$45 value) with purchase.

**Radiesse \$395 • Artefill** (permanent filler) **\$750**

**Latisse \$95** (\$120 value) **Free Latisse** with purchase of 2 Latisse, while supplies last.



Dr. Parvin Mani is a Platinum-Plus Award Winner for Botox

Platinum-Plus Award Winner for Juvéderm

Pinnacle Award Winner for Thermage Skin Tightening

Platinum Award Winner for Restylane

Platinum Award Winner for Perlane

**Introducing a new, faster and more comfortable laser: LightSheer Duet Laser from Lumenis**

### Free Underarm Laser

with purchase of any package.

- Brazilian Bikini \$99
- Regular Bikini \$69
- Full Chest & Abdomen or Full Back & Shoulders \$235
- Full Legs \$235
- Both Underarms \$49

- > **Labioplasty \$1950** by board-certified gynecologist.
- > **Cellulite Treatment with Velasmoth \$95** each with package of 10.
- > **IPL Photo Rejuvenation with Lumenis One \$125** each with a package of four.
- > **Mesotherapy Fat Reduction \$125** each with a package of four
- > **Cosmelan RX Peel \$595** For brown spots and hyperpigmentation.
- > **Liposuction** starting at \$2,500

State-of-the-art Thermage Technology with advanced tips for skin tightening and contouring. **\$200 off second area of Thermage or Fraxel.**

- > **Face** with 900 STC Tip **\$1,495**
- > **Eyes** with 450 STC Tip **\$1,195**
- > **Abdomen, thighs or arms** with 1200 DC Tip **\$1,595**
- > **Fraxel II** for smoothing and resurfacing skin, acne scars and brown spots. Special Package – 4 treatments for **\$1,960** While supplies last

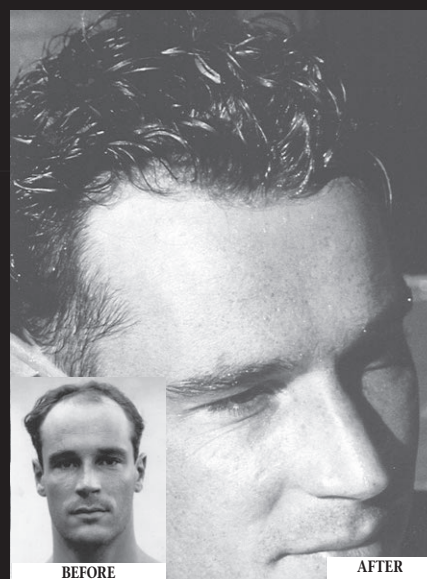
**Parvin Pam Mani, M.D., F.A.C.O.G.**

5555 Reservoir Drive, Suite 208 (by SDSU, off Alvarado Road) • 619-583-7555 • [www.sdcosmetyclaser.com](http://www.sdcosmetyclaser.com)

Call for a **free consultation**. Facial products and gift certificates available. Saturday appointments available on request. Payment plan available. Se habla español. Offers expire 2/28/10.

## HIGH-END HAIR REPLACEMENT

at Affordable Prices



**Guaranteed the most natural hairline.**  
**Be active in any sport.**

**Ultimate Hair Dynamics of San Diego** Since 1983

2221 Camino del Rio South, Ste. 108

**888-667-7703**

Easy financing available • Accepts Visa - Mastercard - American Express - Discover



- 26 years in business
- Largest non-surgical replacement center in San Diego
- Voted #1 hair replacement center (Who's Who in hair replacement)
- Chemo and burn patients welcome
- First service is FREE
- For men and women
- Offering senior discounts
- 100% satisfaction guarantee





## Korean-Style Scrub & Oil Massage

Women's Special:

**Scrub & Massage**  
**80 min.**

**\$90**

Men's Special:

**Scrub & Acupressure**  
**90 min.**

**\$120**

Experience the most thorough, complete head-to-toe exfoliation only the Korean Scrub skin stimulating magic can offer.

A complete Korean-style spa offering steam room, red clay sauna, hot and cold Jacuzzi and shower facilities.

**AQUA DAY SPA**

4637 Convoy St. #105 • SD, CA 92111  
858-279-8889 • aquadayspasandiego.com  
Monday-Sunday 8 am-11 pm  
Gift certificates available.

## Meet the Many Faces of the New Braces!

# Free Clear Braces!\*

\*\$500 value. With full orthodontic treatment.



**NeoLucent™**  
Ceramic Brackets



**Classic**  
Stainless Steel



**Self-Ligating**  
for faster results!

**Call today for your FREE Consultation.**



**Actual patients with the Smile Designer Team**

**Permanently straighten and whiten your teeth in one visit with porcelain veneers and crowns.**

## New Patient Special

**Exam, X-rays & Teeth Cleaning**

**\$85**

**Save \$170!**  
(Regularly \$255)

Discounts available for uninsured patients.

**White Smile. White Now!**

As seen on *Extreme Makeover*

**Zoom!** **\$250**  
Advanced Power Plus  
Save \$250 after discount (reg. \$500).



**invisalign®**  
as low as **\$85/month**



Based on individual case. O.A.C. Payment plans available. invisalign® has awarded Smile Designers with Premier Provider status, ranking us among top 5% clinicians in the nation!

## Full-Service Dental Clinic

White Fillings • Root Canals • 1-Day Crowns • Implants • Emergencies



**Smile Designers**

Family & Cosmetic Dentistry

Leila Khansari, D.M.D. • Reza Rafie, D.M.D.

**888-327-9914**

3365 Rosecrans St., Ste. C • sdsmiledesigners.com

(Located in the Henry's Shopping Center)

Members of American Association of Cosmetic Dentistry and American Dental Association  
Offers expire 3/3/10. Credit cards and CareCredit® accepted.

# Sex FOR LIFE!™

## Erection Problems

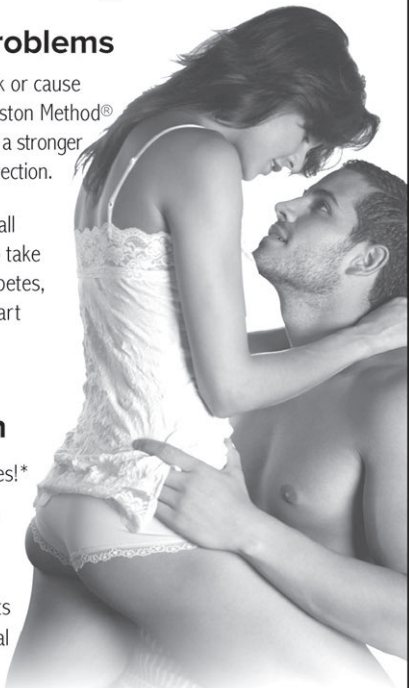
If ED pills don't work or cause side-effects, The Boston Method® can help you achieve a stronger and longer lasting erection.

Suitable for men of all ages and those who take nitrates or have diabetes, hypertension, or heart diseases.

## Premature Ejaculation

Last up to 60 minutes!\*

- Experienced MD's nationwide
- No herbal or surgical treatments
- Private, confidential and affordable



**Ask About Our Same Day Results!**  
**Call 866-725-9026**

**BOSTON MEDICAL GROUP**  
www.BostonMedicalGroup.com

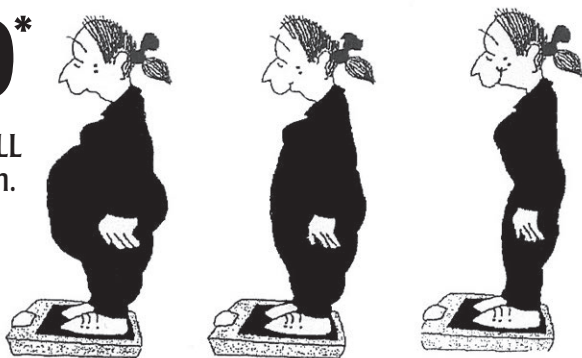
\*Results may vary. Pictures are models. An erection lasting longer than 4 hours requires immediate medical attention



# Losing Weight Doesn't Have to Cost a Fortune!

**\$80\***

Includes ALL medication.



- Proven prescription medication
- Convenient monthly appointments
- No contracts • Physician supervised
- Effective use of leading appetite suppressants

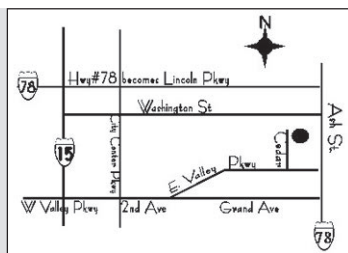
760-745-8431

**Luc Fontaine, MD**

430 North Cedar #C • Escondido

*\*Offer valid with coupon only.*

Initial consultation only. Regularly \$95.  
Includes all medications. Expires 3/21/10.



least raise hell.

*By PistolPete 1:10 a.m., Feb. 5, 2010*

LULZ @ that being illegal. What exactly is illegal about a Repo man doing his job? Sue? Puhleeze! Raise hell? Yeah. That'll do ya ALOT of good\*wink wink\*. Methinks tinastar has been watching too much Operation Repo.

## Neighborhood News from Stringers ("Tijuana, Refined") Published Feb. 2

*By SDaniels 12:57 a.m., Feb. 4, 2010*

"Now, scofflaws will be fined and ultimately closed down if they violate the new stipulations."

"Scofflaws!"

I love it! Where has this word been all my life?...

*By refriedgringo 2:31 a.m., Feb. 4, 2010*

Actually, scofflaw is a word invented during prohibition in 1924. Someone (the government?) held a national contest to come up with a

derogatory term for one who drinks (illegally, at the time). The winning prize was \$200 split between two entries that came up with the same word by chance. Mr. Beaudreau, who I suspect is a good friend of mine and continues to deny to me (for reasons I don't understand) that he is submitting these little stringer gems to the Reader, used the word quite appropriately.

## Neighborhood News from Stringers ("Sell It to the Jury") Published Feb. 2

*By Momfer 6:36 a.m., Feb. 3, 2010*

So how secure are the court documents that are electronically transferred throughout the building? And what about the professionals who work in or visit the building, attorneys, researchers, clerks etc. who could be dealing with private client information while in the building for court business? There are certainly

hackers capable of reviewing or altering court records in the guise of awaiting ordinary jury duty.

*By Fred\_Williams 7:40 p.m., Feb. 3, 2010*

Fear not, Momfer.

Internet access is not the same thing as network access. Hooking up to a wi-fi connection at the court house is the same as hooking up to a wi-fi connection at the coffee house.

On the other hand, one does wonder if the network itself is secure, if attorneys are required to use strong passwords (and change them regularly), and if the network administrators are able/willing to monitor their system for infiltration.

But that is completely different from the standard internet access point the court seems to be providing.

## Neighborhood Blog Winners ("Road Rage on Horseback") Posted Jan. 23

*By PistolPete 11:34 a.m., Jan. 23, 2010*

Something tells me this guy and his sons are Native Sandy Eggans. Midwesterners are taught to respect the trails. I don't ride bikes but I've done ALOT of boonin' and muddin' in my day and no matter how much I had to drink, I always made sure nobody was sharing the trail with me.

*By SDaniels 2:03 p.m., Jan. 23, 2010*

I do not use the word HATE lightly, and I absolutely HATE motorcycles in the preserves. Hikers and horseback riders have to put up with the incessant whine of

## HEALTH AND BEAUTY

# BRAZILIAN WAX \$10 OFF

(Reg. \$45) New clients only. Expires 3/31/10.



PRETTYKITTYWAX.COM

**PACIFIC BEACH**  
1968 Garnet Ave.  
858-483-PURR (7877)

**CHULA VISTA**  
320 3rd Ave.  
619-427-PURR (7877)

**LAS VEGAS**  
702-228-PURR (7877)

Open 7 days a week

# Dental Implants \$700

AS LOW AS  
Free consult/exam.  
Crown not included.

# Implant Crown \$699

Free consult/  
exam.

Bridges • Braces • Crowns • Root Canals • White Fills  
**Smile Design Center** A Dental Practice  
232 Third Ave. • Chula Vista, CA 91910  
619-827-0770 • www.smiledesigncentersd.com

**One day only online sale** Wednesday, February 17



**50%  
off**

**MicroPeel  
with  
Vitamin C  
Treatment**

Shumway Cosmetic Institute  
La Jolla

ReaderSteals.com



their machines, instead of getting the peace and quiet we all came to enjoy. Their selfish need to go fast out here, something they could do with aplomb in the city and on the freeways, ruins it for people who want to enjoy the little unspoiled land we have left—with respect.

Motorbikes should absolutely be banned on all county and state preserves. Of course one problem is that even if they are banned, they trespass—and with the supreme arrogance that only brain-dead yahdudes feel with a half ton of metal between their legs.

I've been unapologetically sprayed with mud while hiking, and I tell you what, derf, I would have gotten in that guy's face—and I'm a 5 foot 4 inch girl. It may be stupid, but motorbikes bring out the dumb animal rage your horse had the good sense not to feel.)

By SDaniels 2:10 p.m., Jan. 23, 2010

Forgot to add the exception: I have enjoyed riding a motorbike that was the

equivalent of a bicycle with a small engine in the desert, where it is allowed—places like Plaster City, where offroad vehicles reign. These areas have been open to riders of ATVs, ATCs, motorbikes, and dune buggies for many years, so there is no longer a question of whether or not we are ruining the indigenous flora of these limited areas. My cousin builds and races dune buggies in places like this, often near the border. One can share with others the joy of riding machines without guilt here—these designated areas are your motorcyclists should have gone—and they know it.

By MsGrant 5:16 p.m., Jan. 23, 2010

“Was I just trying to scare the rude, inconsiderate motorcyclist by giving chase for a minute or two? Or did I really want to catch this teenager and explain the rules of the trail and proper etiquette between motorcycles and horses?”

No, you wanted to kick his ass, and with good reason. Great story.

## HEALTH AND BEAUTY



### Sleep Apnea?

Do you find yourself drowsy, forgetful, moody, accident-prone, or lacking energy?

- Convenient home test now available
- Avoid overnight hospital stay
- Covered by most insurance

Dr. Kevin Byrne, M.D., M.P.H.  
858-472-6632  
kbyrne@corpmed.com

\*Sleep apnea may also be the cause of weight gain, high blood pressure, snoring, headaches and diabetes.

### Tattoo Removal

New laser technology can remove your tattoo.\*

\*Results may vary.

50% Off Your First Tattoo Removal Treatment

With this ad.

KAYOU CLINIC

450 Fletcher Pkwy., Suite 206, El Cajon • 619-447-1502  
www.kayouclinic.com

# Lose Pounds Safely & Effectively



Mari is an actual patient & mother of 5.

## “I Lost 90 Lbs.”

**Free Consultation**  
**plus \$50 Off Initial Fee.**  
**Bring a Friend!**  
**Get 2 Free Weeks**  
**for Both of You!**

With this ad. Hurry! Good through 3-3-10.

### A DOCTOR'S WEIGHT LOSS CLINIC

El Cajon (619) 440-8171

Clairemont (858) 279-7060

Chula Vista (619) 476-0060

Oceanside (760) 721-7088

Carmel Mountain Ranch (858) 673-8889

Murrieta (951) 894-7737 • Riverside (951) 784-5336

4weightclinics.com

\*Individual weight loss may vary.

## BAJA HEALTH & BEAUTY DIRECTORY

SAFE & PROFESSIONAL SERVICES DON'T HAVE TO BE EXPENSIVE!

### BOARD-CERTIFIED PLASTIC SURGEONS BY MEXICO'S BOARD OF PLASTIC SURGERY



**Francisco Bucio, M.D.** Board-Certified Plastic Surgeon. ISAPS Member. Face, Breast and Body. State-of-the-art clinic in the Grand Hotel Tijuana. High-Tech Med-Spa, Laser Center. IPL Photofacial, ACCENT non-Surgical Skin tightening, **CO<sub>2</sub> FRACTIONAL LASER for skin resurfacing and rejuvenation. BOTOX/DYSPOSPORT specials.**

Visa, MasterCard, American Express. 619-946-2156; 011-52-664-686-4588 • [www.franciscobucio.com](http://www.franciscobucio.com)



**Juan Carlos Fuentes, M.D.** Board-Certified Plastic Surgeon and corresponding member of the American Society for Aesthetic Plastic Surgery. Dr. Fuentes and his bilingual staff provide first-quality and artistic results in all fields of Aesthetic Surgery, performed in a state-of-the-art surgical facility. For more information or a complimentary consultation:

619-428-4803. Visit us online, to check before and after gallery, or get an online consultation. [www.juanfuentesmd.com](http://www.juanfuentesmd.com)



**Dr. Manuel Gutierrez Romero** Mexican Board-Certified Plastic Surgeon striving for excellence for the past 13 years. Female and male plastic & aesthetic surgery. Why pay more? We are only 150 yards from the border. Call for a FREE consultation. 1-888-486-9148

### CERTIFIED DENTISTS



**PRODENT, Alfonso Gracia A., D.D.S.** Simply the best just across the border. Gentle, Ethical, Antiseptic, Affordable. **Implants**, Cosmetic Dentistry, Porcelain Veneers, Ceramic Crowns, Root Canal Treatments, Oral Surgery, Sedation. Visa and MasterCard. Also in Rosarito at Hospital Bonanova. 619-308-7845, 1-877-215-1516

[www.dralfonsogracia.com](http://www.dralfonsogracia.com)



**TRUST Dental, Dr. Cirenía, 5 Specialists** and 4 Dentists experienced in Superior Quality **Cosmetic Dentistry**. Save **70%** on **Implants, Crowns, Root Canals, Veneers, Zoom 3!, Dentures**. Strict **OSHA** sterilization. **USA** lab materials. Financing, credit cards accepted. **FREE** Digital X-Rays, Oral Camera and checkup. 1/4 mile to border. **Free Shuttle**. 1-800-342-8419

[www.DENTISTatTIJUANA.com](http://www.DENTISTatTIJUANA.com)



**Erico Carreño, D.D.S.** 20 years of experience. UCLA, Loma Linda University, IAO-Certified Senior Instructor, Europe- and USA-trained, warranted quality and ethical dentistry. Top-of-the-line private office. The only Waterlase in Baja. Dental lab in San Diego. American Academy of Cosmetic Dentistry, ADA, HDA, WLCI, AAFD, IFUNA, IAO member. Insurances welcome. 619-308-7082; 011-52-664-684-8133. [www.drericocom](http://www.drericocom) • [www.biolase.com](http://www.biolase.com)



**Pacific Dental Tijuana**, PREMIER dental office. **Save 60%**. English-speaking staff. **USA LICENSED (USI, LOMA LINDA, HARVARD)**. Dr. Torres, Dr. Lutz, Dr. Romero. CAD CAM technology, implants, extreme makeovers. LUMINEERS, root canal, veneers, crowns, dentures. Our own dental lab on premises saves you \$1000s. All treatments guaranteed. **Featured on CBS & NBC as the Best Dental Office in Tijuana**. Offering service in EASTLAKE (USA prices apply). All credit cards. Financing. 1-866-804-1877, 619-739-4110. [tijuanamexicodentist.com](http://tijuanamexicodentist.com), [mexicotijuanadentist.com](http://mexicotijuanadentist.com)



**Dental del Mar** 18 years of experience. Loma Linda and Minnesota University. World-class office. Specialists in Root Canal and Implants. Cosmetic Dentistry, Extreme Makeovers, Porcelain Veneers, Ceramic Crowns. Free shuttle service, round-trip. Call us: 1-800-709-8330, 619-308-8330. [www.smile4less.com](http://www.smile4less.com)

### BOTOX ONLY

**Only Botox- \$5/unit** Certified Allergan product administered by certified doctors with years of experience. **FREE Shuttle** to and from the border. Ave Siqueiros #2800-215 Zona Rio Tijuana. Toll-free 1-877-238-1810

**USA Clinic in Chula Vista offering:** Diamond **Microdermabrasion**, **Chemical Peels**, Lactic Acid Peel & Jessner Peel. Fillers: Juvederm & Restylane. **Sclerotherapy** for Spider Veins. **Latisse** that makes eyelashes longer, darker & thicker. **Botox. Skin Cancer & Eyelid Surgery.** 345 F St., Suite 110, Chula Vista, CA. 619-422-1154

For information about this directory, contact: Alvaro 619-758-4209



# SPECIAL EVENT & PARTY SERVICES



**Personalized Weddings**  
Church services or barefoot on the beach.  
Call: 858-350-1053  
See: [www.personalizedweddings.zoomshare.com](http://www.personalizedweddings.zoomshare.com)  
E-mail: [sjwallace1053@yahoo.com](mailto:sjwallace1053@yahoo.com)

**BRIDAL BAZAAR**  
SUN., APRIL 25, 2010  
DEL MAR FAIRGROUNDS  
  
[www.BridalBazaar.com](http://www.BridalBazaar.com)

Perfect for Weddings  
and Special Events  
  
The Inn at Sunset Cliffs  
619-222-7901  
[WWW.INNATSUNSETCLIFFS.COM](http://WWW.INNATSUNSETCLIFFS.COM)

Any event, any budget!  
Affordable, high-quality  
photo, video, DJ  
and planning services  
  
[AzulProductions.com](http://AzulProductions.com)  
619-246-0915 • 760-224-8287

**Professional Guitarist at Your Event!**  
• Classical  
• Spanish  
• Flamenco  
619-300-6284  
Audio samples at:  
[williamwilson.com](http://williamwilson.com)

**Let us pour you a drink.**  
Bartenders for any occasion.  
  
Professional Bartenders School  
760-471-5500



**\$10 Off Craft Brewery tours!**  
On private tours Mon.-Thurs.  
• Great for corporate events & team-building!  
**Brewery Tours of San Diego**  
619-961-7999  
[BreweryToursOfSanDiego.com](http://BreweryToursOfSanDiego.com)  
License # TCP22199

**LAX \$150** Towncar, includes tax & fuel  
\$195 Limo Service.  
**SOUTH BAY LIMOUSINE • [www.SouthBayLimo.net](http://www.SouthBayLimo.net)**  
  
**888-243-1729**

**Music As You Like It**  
~DJ's  
~Live Music  
~Novelty Acts  
Weddings, Corporate Events, Parties  
400 Bands, All Types  
619-223-5732  
[musicasyoulikeit.com](http://musicasyoulikeit.com)

**Capture the Fun!**  
• Corporate Events  
• Theme Parties  
• Birthdays  
• Weddings  
**Photo Booth Rentals**  
  
Starting at \$1200/day  
★ **CAPITAL PHOTO BOOTH CO.** ★  
[CapitalPhotoBooths.com](http://CapitalPhotoBooths.com)  
714-376-1698

**Video to DVD \$9.99\***  
  
We have the best technology and know-how to transfer all of your videos to DVD.  
\*Up to 3 video transfers with this ad. Not valid with any other offers.  
  
**DVDYourMemories**  
The Leader in Family Media Transfer  
[dvdyourmemories.com](http://dvdyourmemories.com)  
858-503-7965

**3-hr. Special \$169**  
(Sun.-Thurs.)  
  
**Weddings • Birthdays • Wine Tours**  
**Casino Specials • Quinceañeras & more**  
888-474-6953  
[flamingolimosine.com](http://flamingolimosine.com)  
**Flamingo LIMOUSINE**  
TCP #24186



**New 3-hr. Special Sun.-Thurs. only \$195**  
**Kid's Birthday Specials**  
Includes Roller Coaster & Pizza.  
**Temecula Wine Tours**  
Starting at \$299  
  
**JOE'S CRAB SHACK**  
Joe's Crab Shack Dinner Special, Quinceañeras, Bachelor/Bachelorette Parties, Hollywood Tours & Corporate Packages! Call for details.  
**BLACK JET**  
RUSSOS & BALAGIS  
Party Buses \$89/hour  
888-234-7016 • [www.russoslimo.com](http://www.russoslimo.com)  
Servicing SD 22 years!

**Cali Party Bus**  
Luxury Limo and Party Buses [calipartybus.com](http://calipartybus.com)  
Where Nightlife Begins and Ends.  
Free VIP Nightclub Entry, Restrictions Apply  
  
A-List Award Winner  
[www.calipartybus.com](http://www.calipartybus.com) Voted #1 Limo Company in San Diego 858.345.5257  
California Experience LLC. Is fully licensed and insured TCP-A#22427.



# Your Week

## AND WELCOME TO IT

### Thursday | 18

#### I SWEAR TO GOOD YOU ARE GOD AT THIS

Holiday Matinee presents its “inspiring guide to being creative and making awesome” at Basic Urban Kitchen and Bar. The book-launch party features live performances by Joel P West, art installations from Sezio, interactive photography, presentations, DJs, and more, emceed by architect Graham Downes. See **IN PERSON**, page 71.

#### NEW IDEAS ON TIME

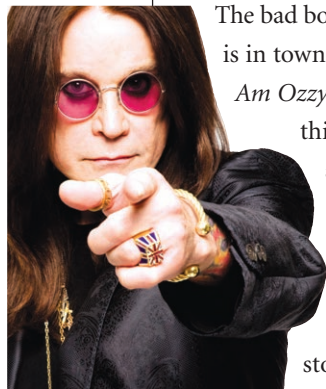
Looking to boggle your mind? Theoretical physicist Sean Carroll discusses and signs *From Eternity to Here: The Quest for the Ultimate Theory of Time*, which combines “accessible language with fascinating new ideas to explore the elusive arrow of time.” Fortunately for novices, a question-and-answer session follows. See **IN PERSON**, page 72.

### Friday | 19

#### THE PHYSICS OF SUPER-HEROES

Science professor and author James Kakalios discusses and signs *The Physics of Superheroes: Spectacular Second Edition*, an in-depth examination of the “real science behind comic-book heroes and villains.” See **IN PERSON**, page 71.

#### MEET A PRINCE OF DARKNESS — OZZY!



The bad boy himself, Ozzy Osbourne, is in town to sign his new memoir, *I Am Ozzy*. “I’ve done some bad things in my time...but I ain’t the devil.” Purchase a copy from Warwick’s and receive a ticket for the signing line (only books purchased at the store will be signed). See **IN PERSON**, page 72.

#### NIGHT OF THE LAUGHING DEAD... WE’RE DYING TO CAST YOU!

Mystery Café Dinner Theatre celebrates its 20th season with Victoria Valasco and James Pascarella’s interactive comedy. An eccentric director is doing a live broadcast of his full-length horror film, and the audience is encouraged to audition. Directed by Valasco. See **THEATER**, page 106.

### Saturday | 20

#### BURNING MAN FILM FESTIVAL

San Diego members of the Burning Man community will show their collection of shorts and feature-length films about the annual arts festival in Nevada’s desert. The after-party will be held at 4th&B. See **FILM**, page 70.

### Sunday | 21

#### BOOKS, BEER, AND ATTITUDE

“You have a beer, he’ll have the attitude!” While in town for his show *John Leguizamo — Diary of a Madman*, the actor and author is going to swing by Stone Brewing World Bistro and Gardens, where he’ll be happy to sign any of his books. See **IN PERSON**, page 70.



THURSDAY, FEBRUARY 18: I SWEAR TO GOOD YOU ARE GOD AT THIS

#### MUSHROOMS IDENTIFIED!



Vast displays of fresh fungi are promised during the 12th annual Mushroom Fair, hosted by the San Diego Mycological Society. Talk with experts in identification and cultivation of fungal life, and buy your own mushrooms, mushroom foods, and books. Also, a cooking demonstration and mushroom dyeing and crafts. See **SPECIAL**, page 66.

### Monday | 22

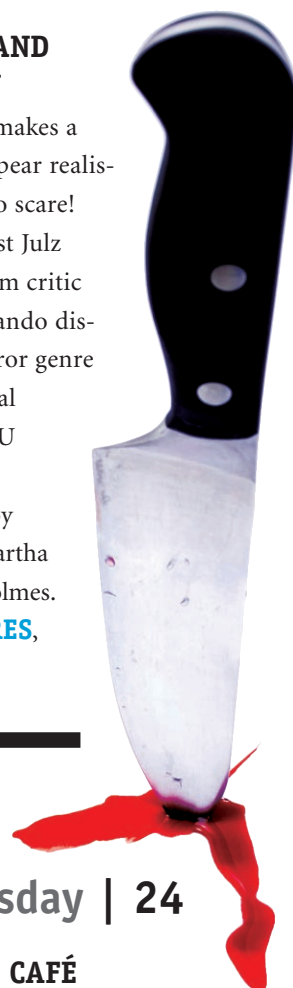
#### SECRETS OF IMPROVISATION COMEDY DIVULGED

From the comedy troupe Upright Citizens Brigade Tourco: “Mainstream comedy is for jerks. You don’t want to be a jerk, do you?” Prior to their show, the troupe will conduct a 90-minute workshop, sharing tips and tricks for the think-on-your-feet comedy genius. See **LECTURES**, page 73.

### Tuesday | 23

#### HORROR AND THE BODY

Learn what makes a fake gash appear realistic enough to scare! Makeup artist Julz Perez and film critic Beth Accomando discuss the horror genre and its special effects at CSU San Marcos, moderated by Professor Martha Stoddard-Holmes. See **LECTURES**, page 72.



### Wednesday | 24

#### TEEN ART CAFÉ

Teen artists can meet their peers and take part in art-making activities in conjunction with an exhibition of modern art representing some of the 20th Century’s most influential artists. Artist Hugo Crosthwaite will be on site and even doing some drawing. See **FOR KIDS**, page 70.



# Travel & Getaways

SPONSORED BY



## Let us plan your next vacation.

### Call AAA and save!!

Call your local AAA office for current rates and discounts.  
San Diego/Mission Valley, 2440 Hotel Circle North, 619-681-1570

Explore • Play • Unwind



**Sacred Rocks  
RESERVE**

Nature's Playground

(888) 519-7692

RV PARK • RETREAT • ARTIST COLONY

[www.sacredrocksreserve.com](http://www.sacredrocksreserve.com)



### Fall in Love Again

**In-room Jacuzzi  
& fireplace.  
\$129/night**

Includes breakfast &  
dinner. Thru 2/28/10.

Live Oak Springs Resort

Call us, 619-766-4288 or visit: [www.liveoaksprings.com](http://www.liveoaksprings.com)



### Valentine's Special

through February  
at

**Cupid's  
Castle  
Bed &  
Breakfast**



Voted most romantic.

In-room Jacuzzis.

Full breakfast.

Near casinos & wineries.

North County, San Diego.

Gift certificates available.

[www.adreamcastle.com](http://www.adreamcastle.com)

**760-742-3306**

## Gather No Moss

TRAVEL STORIES AND TIPS FROM OUR READERS



*From the end of Harford Pier, Avila Beach*

### Avila Beach, California

By Leonard Fry

Avila Beach is located in San Luis Obispo County between the county seat and Pismo Beach. As a south-facing community (similar to Santa Barbara), it enjoys milder weather than other nearby towns. It's reached via a long, winding road from Highway 101, past a series of wineries and hot springs.

Avila Beach was once known as the nearest town to the Diablo Canyon nuclear power plant. The town remained small due to a building moratorium and limited water supply. Then in 2000, Unocal agreed to undertake a massive cleanup of contaminated soil under the town, which involved demolishing all structures in a large part of town, removing the soil, and rebuilding the town.

When we first visited this town 20 years ago, it reminded us of Ocean Beach. It was out of the way, a little hard to access, and definitely caught in a time warp. When we returned, it more closely resembled Avalon on Catalina Island, which brought mixed emotions.

One local attraction was as we remembered it: At the end of Harford Pier in nearby Port San Luis, we had a great meal at the Olde Port Inn. It boasts a 360-degree view of the area and a variety of local seafood. They'll even prepare fish you bring in with you if it's not on their menu. A large part of the attraction for us was their extensive wine collection, including many from smaller local wineries.

### Sosúa, Dominican Republic

By Robert Isenberg

"My friend, my friend!" the men called as we passed. They started as the sun rose, drifting out of their kiosks. "You are hungry, yes? Here is a menu!"

"Pretty necklace for the lady?"

"See this painting! You like? Good price for you!"



*Rainforest reclaims Sosúa*

The beach of Sosúa stretches for a full mile, and all along the white dunes runs a wall of vendors' stalls. The hawkers approached with open arms; they

*continued on page 64*

## Romantic Winter Getaway...

Just 2 hours from San Diego.  
11 unique log cabins nestled  
among pines and cedars in  
the San Jacinto Mountains.  
From \$74 plus tax.  
Reservations required.



Pine Cove, CA



**951-659-2787 • [www.1cabin4u.com](http://www.1cabin4u.com)**

### Other Adventures



**BonnieMaffei:** Montezuma's  
Castle National Monument, near  
Sedona, Arizona



**Minda:** Zen-sational sunrise, Sanur  
Beach, Bali



**robvman:** An old barn in Thorn-  
ton, Colorado





SPONSORED BY



**It's still summer in Rosarito**  
Call today for special rates

888-354-9112  
RosaritoBeachHotel.com

**LAX \$150** Towncar, includes tax & fuel \$195 Limo Service.  
**SOUTH BAY LIMOUSINE • www.SouthBayLimo.net**

**888-243-1729**

**Cloud 9** TRANSPORTATION SOLUTION  
**SuperShuttle**

**ExecuCar** **BEST**

**Save 5% on your shuttle!** Use code HYED6  
supershuttle.com 800-974-8885

**Big Bear Lakefront Lodge**  
**Mid-Week Ski Package Specials!**

**\$79**  
**1 Night Stay & Lift Ticket**  
**Snow Summit & Bear Mountain\***  
Weekend and lakeview room upgrades available. Call Lodge for details:  
**909-866-8271**  
Toll free: **1-877-877-7011**  
**www.lakefrontlodge.com**  
\*Per person, per night. Double occupancy required. Some restrictions apply. Call for details.

**Travel the world with the Singles Travel Experts**

**Vietnam/Cambodia**  
March 30-April 10, 2010  
**Bali:** April 28-May 8, 2010  
**Galapagos:** June 11-20, 2010  
**Fiji:** July 28-August 8, 2010  
**Greece:** June 11-20, 2010

**Singles in Paradise**  
**1-800-954-5453**  
**SinglesInParadise.com**

**Going to France?**  
**French lessons**  
from \$9.99 an hour!

All levels, any age  
Children • Teenagers • Adults  
Private lessons • Small groups  
Tutoring • Corporate programs  
CALL today to schedule your **FREE LESSON.**  
Sophie: 619-339-7993  
sophie@fromenglishtofrench.com  
www.fromenglishtofrench.com  
License #B2003009811

Complimentary espresso and drinks!

**A COOL PLACE TO CRASH**

Fireplaces  
Hot tubs  
Pet-friendly

**1-800-550-8779**  
**909-866-7374**  
**BigBearCoolCabins.com**

**BIG BEAR COOL CABINS**

**Ski trips • Vegas • Wine tours • Corporate charters**

from only **\$20 per person!**

Arrive in style aboard a budget-friendly limo bus.

**www.calipartybus.com • 888-689-5873**



## OUTDOORS

**Ocean Water Temperatures**, of late in the high 50s Fahrenheit, are finally on the upswing this month as the daylight hours lengthen and the sun arcs higher

overhead in the sky each day. It will take about five months of spring and summer sunshine before the ocean's enormous mass and large heat capacity fully responds to the input of solar energy. A maximum water temperature in the low- to mid-70s is expected sometime between July and September.

**Ice Plant** is responsible for many of the carpet-like splashes of yellow, pink, red, and purple we're beginning to see around San Diego. Popular as a ground cover for concealing and stabilizing road cuts or any other easily eroded slope, ice plant covers the shoreline bluffs at La Jolla, road embankments in

Rancho Santa Fe and Balboa Park, and front and back yards from Point Loma to El Cajon.

**Ceanothus**, or wild lilac, begins its annual blooming cycle this month — at least in the warmer coastal areas. Assuming sufficient rainfall arrives, by March virtually every chaparral-covered canyon and hillside on the coastal strip may exhibit blue- or white-flowering specimens. The peak of the ceanothus bloom will work its way eastward, reaching Ramona and Alpine by March or April, and the Palomar, Cuyamaca, and Laguna mountains by April or May. For the next several years, ceanothus growth will be rampant in Cuyamaca Rancho State Park, where the devastating 2003 Cedar wildfire in-

cinerated nearly all of the trees and opened up opportunities for post-fire, pioneering vegetation such as the ceanothus species.

**Tree Heights** can be easily measured this week if the sun shines at midday. On or near February 18, at or very near 12 noon, the sun as seen from San Diego County stands at an altitude of 45 degrees above the horizon. Under those conditions, the length of a shadow cast by a vertical tree trunk on a horizontal surface equals the height of the tree trunk. Even if you lack a measuring tape, you can still use your own feet to pace the distance heel-to-toe: the length of an average adult male's shoe sole, for example, is very close to one foot.

**"Daley Ranch Scenery"** A diverse plant population, expansive views await those taking "occasionally strenuous" four-mile hike with naturalist Rick Paul. Ask about "the Daley Ranch keepsake." 760-839-4680. Sunday, February 21, 9am; free. Daley Ranch — Cougar Pass trailhead, North Broadway and Cougar Pass Road. (ESCONDIDO)

**"Discover Daley Ranch"** Meet naturalist William Sherrard for moderately paced seven-mile hike. 760-839-4680. Tuesday, February 23, 7am; free. Daley Ranch — La Honda trailhead, 3024 La Honda Drive. (ESCONDIDO)

**"Early Birds, Bugs, and Botany"** Naturalist Lee Dezan plans two- to three-hour hike

# ROAM--RAMA

A Guide to Unexpected San Diego and Beyond | by Jerry Schad

## ARROYO SECO & MONUMENT LOOP

Loop through Cuyamaca's southern area and discover a monument to an early aviation accident.

**Distance from downtown San Diego:** 44 miles  
**Hiking length:** 7.2 miles • **Difficulty:** Moderately strenuous



Plane-engine monument

**I**n Memory of Col. F. C. Marshall and 1st Lt. C. L. Weber who fell at this spot Dec. 7, 1922." Without this inscription, the presence of an old 12-cylinder engine permanently mounted in stone atop remote Airplane Ridge wouldn't make a lot of sense to hikers passing by. The looping hike in Cuyamaca Rancho State Park described here visits the Airplane Monument along with plenty of territory nicely recovering from the ravages of 2003's Cedar Fire.

To get to the starting point, follow Highway 79 15.2 miles south from Julian or 7.6 miles north from I-8 at Descanso to reach a large parking area and equestrian trailhead just south of the Sweetwater River bridge. This trailhead is located at mile 4.9, according to the Highway 79 mile markers.

From that starting point, walk north over the bridge and immediately turn left on a short spur trail that hooks up with the West Side Trail. Continue north about 0.4 mile, paralleling the highway, and then bear left on Japacha Fire Road. You now wind uphill, following the south side of the Japacha Creek canyon. After about 0.8 mile, you cross the flowing (in winter and spring, at least) creek. Bracken fern, sword fern, thimbleberry, and wild strawberry thrive in the shade

of oaks and sycamores along the creek bottom. The trees themselves are staging a slow but sure recovery from the fire.

Turning northeast to follow a shady draw, you soon come to a spur trail leading to Japacha Spring. The water merely dribbles from cracks in the bedrock, but nearby are some flat rocks to rest upon in a shady area.

Go back down to Japacha Fire Road and follow it north to the West Mesa Trail, where you turn left (south-

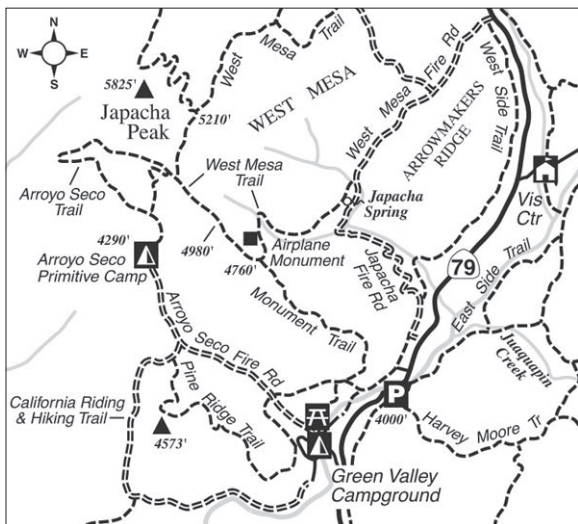
west). Climb gradually through encroaching chaparral and nascent oak/pine forest, and cross Japacha Creek once again. Now watch carefully for the small side path — on the right about 0.2 mile past the creek crossing — leading to the Airplane Monument. You can sit on the stone bench there while a breeze fans you and look northward toward Arrowmakers Ridge and distant Stonewall Peak.

Returning to the West Mesa Trail, you continue around a hairpin turn, doubling back to the northwest to follow the top of Airplane Ridge. (The Monument Trail

branches south from the hairpin turn, providing a shortcut to Green Valley Campground if you want to bail out of this trip early.) Continue for one mile along the top of the ridge, staying left at the next junction. Then, just afterward, turn left on a narrow, poorly maintained segment of the California Riding and Hiking Trail. The trail descends rapidly on a series of long switchbacks (watch for poison oak here) and passes an intermittent spring marked by an old water trough. Turn left at the bottom of the trail and continue downhill into Arroyo Seco Primitive Camp. The camp lies at the south end of a wide meadow frequented by mule deer and other wildlife.

Past the campground, continue downhill on Arroyo Seco Road toward Green Valley Campground, 1.5 miles away. Before you reach the campground take the cutoff trail on the left that slants over to West Side Trail. Then follow West Side Trail over to the Sweetwater River bridge.

This article contains information about a publicly owned recreation or wilderness area. Trails and pathways are not necessarily marked. Conditions can change rapidly. Hikers should be properly equipped and have safety and navigational skills. The Reader and Jerry Schad assume no responsibility for any adverse experience.



## Sosúa *continued from page 62*

embraced me around the shoulders and smiled like close relatives.

Hard to believe that Sosúa was once a Jewish kibbutz built by Jewish immigrants in the 1940s. Beginning in the late '30s, European Jews escaped to the Dominican Republic — the first country to openly accept Holocaust refugees. They built wooden houses, farmed the land, congregated at an ersatz synagogue, and spoke German and Yiddish.

A half-century later, the rainforest has reclaimed the meadows and fields. The wooden buildings are gone, and we couldn't even find the temple (where a few stragglers reportedly still worship on the Sabbath).

The only lasting monument is El Museo Judío de Sosúa, a small but moving museum that lies on a quiet avenue and is open at odd hours. Far from the hawkers forcing their wares, the *museo* offers a quiet exhibit of WWII-era documents and photographs. As we moved around the museum, it was more and more apparent how much the town has changed.

As we left the *museo*, we saw the baseball field across the street. Kids pitched and slammed homers. They ran and called excitedly. All of them were skinny and wore secondhand clothes.

## Oil City, Pennsylvania

By William Holman

Nestled in the Allegheny Mountains, Oil City might just be the most relevant small town in the world today. Here lie the remnants of the world's first commercially successful oil wells, dating from the 1860s. This former boomtown and the surrounding forest demonstrate how man's relationship with fossil fuels has been disastrous from the start. In the middle of town, the Allegheny River



Oil-well remnants of Oil City, Pennsylvania

is joined by Oil Creek, and history overflows.

Hiking trails surround the town, and you'd never know that Oil Creek, meandering lazily through the rolling hills, was once the site of mass industry — and massive pollution. The soft ground underfoot has given way to new growth since the last oil wells were closed down, but the musty smell of old wood and rusting metal still lingers.

Plaques along the trails depict historic moments and sites: Edwin Drake's original commercial oil well, for instance, and the point where the stream was once dammed (when that dam was dynamited, a man-made tidal wave propelled skiffs loaded with oil barrels downstream, piloted by prospectors with dollar signs in their eyes). A plaque shows the location of a once world-famous gusher, which produced oil faster than barrels could be made to contain it; oil overflowed into the little stream and blackened the water. That spot is now a thicket of briars and red berries.

The 7100 acres of state parkland surrounding the stream provide lively hiking and the three-sided Wolfkiel shelters for camping, but the real treasures await an explorer willing to venture off the beaten path. Remnants of oil-drilling operations still pepper the steep hillsides around the foggy valley, and multistory wooden shacks and century-old slabs of concrete conjure images of bustling industry.

**Win \$25 for your travel tips or a pair of movie passes for the best travel photo of the week. Go to [SDReader.com/travel](http://SDReader.com/travel) for more information.**



along moderate to easy trails (depending upon group). Wear hat, treaded footwear, bring water. Rain does not cancel! 760-839-4680. Saturday, February 20, 7:30am; free. Daley Ranch — La Honda trailhead, 3024 La Honda Drive. (ESCONDIDO)

**Rancho Santa Fe-sion Invasion** Walkabout adventurers “invade the serene and surreal realm” for brisk, three-hour amble. “Discover pristine pathways and tantalizing trails.” 619-231-7463. Sunday, February 21, 9:30am; free. Rancho Santa Fe Library, 17040 Avenida de Acacias. (RANCHO SANTA FE)

**Birding by Sound** “Fun and challenging way to find and identify birds.” Learn some bird sounds, increase identification skills when Claude Edwards leads outing in part of canyon supporting willows, live oaks, sage scrub, grassland. Expected birds: scrub jay, Nuttall’s woodpecker, red-shouldered hawk, house wren. 619-282-8687. Saturday, February 20, 8am; free. Peñasquitos Canyon Preserve, 12020 Black Mountain Road. (SORRENTO VALLEY)

**Birding in Buchanan Canyon** Friends of Buchanan Canyon host birding outing in the canyon. View many birds — thrashers, woodpeckers, warblers, finches — who call the canyon home. Wear good shoes, bring field glasses. 619-297-2957. Saturday, February 20, 9am; free. Johnson Ave., Johnson Avenue at Lincoln. (UNIVERSITY HEIGHTS)

**Black Mountain Peak Hike** Naturalist Linda King leads moderately paced hike promising early wildflowers, great vistas. 858-484-3219. Sunday, February 21, 8am; free. Black Mountain Open Space Park — Laurentian Drive trailhead, 9606 Laurentian Drive. (RANCHO PEÑASQUITOS)

**Discover Magnificent Beauty!** Nature walks led by trained naturalist. “Marvel at the reawakening vegetation throughout the reserve and be enchanted by fabulous flowers along the trails.” 760-436-3944. Saturdays, 10am; free. San Elijo Lagoon Ecological Reserve, 2710 Manchester Avenue. (CARDIFF)

**Hawkwatch 2010** Visit Ramona’s grasslands to witness resident and winter migration of hawks, falcons, eagles during outing led by Wildlife Research Institute. Events include demonstrations of hawk banding and tracking eagles with transmitters. Walks led by trained biologist every Saturday through February. Wear hiking or walking boots. Bring binoculars or spotting scopes if you have them. 760-789-3992. Saturdays, 9am; through Saturday, February 27; free. Wildlife Research Institute, 18030 Highland Valley Road. (RAMONA)

**Help the Western Snowy Plover** San Diego Audubon Society restores nesting habitat for threatened western snowy plover; join group to pick up trash and remove ice plant encroaching on nesting grounds. Wear old clothes, long pants, boots, or sturdy shoes. Work gloves, tools, snacks, water provided. Meet at entrance of bike

path on east side of street just as Marina Way curves to right; park along Marina Way or west of marina at Pepper Park. 619-550-9529 or 858-273-7800 x101. Saturday, February 20, 9am; free. Pepper Park, Tidelands Ave., south terminus. (NATIONAL CITY)

**Hike and Speak French!** Alliance Française hosts hike led by George. Bring cheese, fruit, or bread for informal pot luck picnic. Leashed dogs allowed. Donation.

RSVP: 858-550-0144. Sunday, February 21, 9am. Blue Sky Ecological Reserve, 16275 Espola Road. (POWAY)

**Hike Pinyon Wash** Canyoneers lead two-mile hike to Harper Flat, once the site of a large Indian camp. High-clearance vehicles needed to drive to end of Pinyon Wash to trailhead; hikers will consolidate into four-wheel drive or high-clearance vehicles to travel to trailhead. To reach spot, take I-8 to Highway

79, drive through Cuyamaca Rancho State Park to Julian; turn right on Highway 78. Meet leader at the Yaqui Pass Junction (Highway 78/S3). 619-255-0171. Saturday, February 20, 10am; free. Anza-Borrego Desert State Park, 200 Palm Canyon Drive. (BORREGO SPRINGS)

**Interested in Native Flora?** Join Friends of the Point Loma Native Plant Garden, learn about native flora while caring for collection of rare, endangered native

plants and trees. Watering, trail maintenance, invasive plant removal, other light gardening activities. Tools provided. Find garden next to GreenCliff Apartments, 4444 Greene St., Ocean Beach. 619-297-7380. Sunday, February 21, 9am; free. Point Loma Native Plant Reserve, Mendocino Boulevard and Greene Street. (POINT LOMA)

**Miracle of Rain** Open your eyes to “phenomenal growth and plant diversity” in park during trail guide-

led walk. 619-668-3281. Saturday, February 20, 9:30am; Sunday, February 21, 9:30am; Wednesday, February 24, 9:30am; free. Mission Trails Regional Park, One Father Junípero Serra Trail. (SAN CARLOS)

**Oak Grove Bird Watching** Explore an oak grove habitat with park’s resident birder and naturalist. Learn to spot and identify which birds call this area home. 619-668-3281. Saturday, February 20, 8am; free. Mission Trails Re-

**CIRQUE DU SOLEIL®**

**Kooza**

Written and Directed by David Shiner

PRESENTED BY iShares

**OPENS FEBRUARY 25 IN SAN DIEGO GET YOUR TICKETS NOW! CIRQUEDUSOLEIL.COM**

**UNDER THE GRAND CHAPITEAU AT DEL MAR FAIRGROUNDS**  
FOR PREFERRED SEATING, ASK FOR THE TAPIS ROUGE™ VIP EXPERIENCE  
GROUP SALES AND ☎: 1-800-450-1480

OFFICIAL SPONSORS: CGI, WYNDHAM Hotels and Resorts, Sun Life Financial, American Express

MEDIA PARTNER: NBC 739



# Calendar

## LOCAL EVENTS

**HOW TO SEND US YOUR LISTING:** Contributions must be received by 5 pm Friday the week prior to publication for consideration. Do not phone. Send a complete description of the event, including the date, time, cost, the precise address where it is to be held (including neighborhood), a contact phone number, and a phone number (including area code) for public information to **READER EVENTS**, Box 85803, San Diego, CA 92186-5803. Or fax to 619-881-2401. You may also submit information online at [SDReader.com](http://SDReader.com) by clicking on the events section.

gional Park, One Father Junipero Serra Trail. (SAN CARLOS)

**Rediscover Old Escondido East** Walking tour led by Escondido History Center guide, starting at southeast corner of Grand and Broadway. 760-743-8207. Saturday, February 20, 10am; free. Draper's and Damon's, 101 East Grand Avenue. (ESCONDIDO)

**Seeking Residents and Visitors!** Naturalist Sally Sanderson leads slow-paced bird walk of about three miles, focusing on "Bird Identification: Resident and Wintering Birds at Daley Ranch." Bring binoculars, water. Wear layers, walking shoes with good tread. Rain cancels. 760-839-4680. Sunday, February 21, 8am; free. Daley Ranch — La Honda trailhead, 3024 La Honda Drive. (ESCONDIDO)

**Walk and Write (Haiku)** Study haiku poetry with naturalist Liz Goetz during slower-paced hike, covering about three miles, with several stops to observe first wildflowers. Write some of these three-line poems for one-half hour at picnic tables. Don't wish to write? Join group to read or draw. 760-839-4680. Thursday, February 18, 3:15pm; free. Daley Ranch — La

Honda trailhead, 3024 La Honda Drive. (ESCONDIDO)

## SPECIAL

**"Art in the Heart of RB"** Reception for artists George Galaich, Aimee Jo Fahrner, Monica Cadish, Fujiko Isomura displaying recent artwork, describing their techniques. Refreshments, conversation. RSVP: 858-521-7000. Wednesday, February 24, 4:30pm. UBS Financial Services, Inc., 17140 Bernardo Center Dr., Suite 350. (RANCHO BERNARDO)

**Biblical Texts That Challenge** Open discussion revisits "hard Biblical texts that often keep people from exploring Christianity.... Seek new perspectives about God." Series opens with look at creation; creation stories in the Bible as well as from other cultures. Part of conversation examines debate between those who say humans were created sinful and those who think not. 619-466-4163. Wednesday, February 24, 7pm; free. 13 and up. La Mesa First United Methodist Church, 4690 Palm Avenue. (LA MESA)

**"Entre Nous"** Want to practice your French skills? Meet-up with Deborah of Alliance Française for two hours of French conversation. RSVP: 858-550-0144. Friday, February 19, 10am; free-\$5. Opera Patisseries Fines, 9254 Scranton Rd., Suite 101. (SORRENTO VALLEY)

**"Luscious Librarians"** Dr. Sketchy's Anti-Art School convenes for sketching session with members of Hell on Heels Burlesque Revue posing. Bring your art supplies. 619-501-9325. Saturday, February 20, 3pm; \$10. 21 and up. Ruby Room, 1271 University Avenue. (HILLCREST)

**"Opening to Love"** Gathering features vibrational healer, "certified advanced aromatherapist" Dana Plant leads "play with essential oils and invokes messages from the Devic Realm." Guided meditation with Elivia Melodey on her

singing crystal bowls. Explore aphrodisiacs. 760-471-7304. Sunday, February 21, 4pm; free. 7 and up. Harmony Grove Spiritualist Association, 2975 Washington Circle. (ESCONDIDO)

**"Our Bay—Our Lives—Our Future"** Chula Vista Kayak hosts event promising booths, speakers, performers including Running Grunion (Abel Silvas), He Nani O Polynesia Dance, the Fremonts, Nihon no Soran Gakuen, Chula Vista High School's Ballet Folklórico. 619-422-3600. Sunday, February 21, 11am; free. J Street Marina Park, 550 Marina Parkway. (CHULA VISTA)

**"PechaKucha Global Day for Haiti"** San Diego Architectural Foundation hosts "unique 'wave' presentation" in conjunction with Architecture for Humanity benefiting rebuilding efforts in Haiti. Global event sticks to "now-famed presentation format" of 20 images in 20 seconds, this time taking place in 200 cities. Guests include Howard Blackson of Placemakers and Josh Higgins of Haiti Poster Project; live music by Chad Farran and friends, Soul Choro, others. Donation: \$20. 619-232-1385. Saturday, February 20, 8pm. Whistle Stop Bar, 2236 Fern Street. (SOUTH PARK)

**"Taste of Japanese Teas of Winter"** These teas are more robust than summer tea. Participants make an assortment of tea bags to take home and a Japanese teacup during class led by Lisa Halverson. Registration: 619-232-2721 x102. Sunday, February 21, 10am; \$15-\$18. Japanese Friendship Garden, Pan American Road. (BALBOA PARK)

**"Trashing Our Seas"** Learn how to help save seas from trash overload. Meet Scripps scientists as they share stories, investigations of a large ocean garbage patch during "SEA Days" program. Become a scientist, investigate ocean samples, discover how a stuffed toy dog ended up 1000 miles off coast. Included in regular admission. 858-534-FISH. Saturday, February 20, 11am; free-

\$12. Birch Aquarium at Scripps, 2300 Expedition Way. (LA JOLLA)

**"What!"** Exhibition with works by artists Neko, Exist 1981, Tocayo; the latest fashion series from Claws and Fangs; music from Color Vision DJ duo. Benefit for Classics 4 Kids. 619-298-3830. Saturday, February 20, 7pm; free. 21 and up. Disconnected Salon, 3830 30th Street. (NORTH PARK)

**Goblin Market** Christina Rossetti's poem, featuring "remarkably sexual imagery," is discussed by San Diego Great Books group. Newcomers welcome. 619-440-5625. Saturday, February 20, 2pm; free. San Diego Public Library, 820 E Street. (EAST VILLAGE)

**Art, Wine, Food, Music** Mosaic Gallery opens with Rich Walker showing his "Project 365," a collection of 52 paintings, each made up of seven one-foot-by-one-foot panels, one for each day of year. Also on view through Saturday, March 20: abstract pieces by Sanford Wolcott. 435-770-8670. Saturday, February 20, 5pm; free. 21 and up. Mosaic Wine Bar, 3422 30th Street. (NORTH PARK)

**Baseball Fans Beckoned!** Photographs assembled by local baseball historian/author Andy Strasberg as part of his ongoing "Fantography" project to gather snapshots taken by fans over the last 100 years are currently on view at library. Strasberg visits library to accept submissions of fans' snapshots, listen to stories behind the pictures. "He is interested in photographs of players, ballparks, mascots, or almost anything else related to professional baseball" (though not photographs by professional photographers or pictures of baseball game action). 619-236-5810. Sunday, February 21, 1:30pm; free. San Diego Public Library, 820 E Street. (EAST VILLAGE)

**Bee and Books and Bites** Program sponsored by Warwick's Bookstore promises lunch and discussion with Chris Cleave, author of the amazing novel *Little Bee*. With purchase of *Little Bee*, lunch

tickets are \$20. Required reservations: 858-454-0347. Thursday, February 18, 12:30pm; \$20. Burgundy Grill & Wine Bar, 830 Kline Street. (LA JOLLA)

**Books to Good Homes** Bargain-priced books in all categories on offer. 619-297-3166. Saturday, February 20, 8am; free. University Heights Library, 4193 Park Boulevard. (UNIVERSITY HEIGHTS)

**Celebrate Year of the Tiger** Welcome lunar year 4708 during Chinese New Year Fair hosted by San Diego Chinese Center. See traditional lion and dragon dancing, Chinese acrobats, storytelling, children's activities, martial arts demonstrations, calligraphy, cultural exhibits. Food and wares for sale. 619-398-7025. Saturday, February 20, 10am; Sunday, February 21, 10am; free. Chinese Historical Society and Museum, 404 Third Avenue. (DOWNTOWN)

**Choices for Sustainable Living** Seven-part series considers "ties between lifestyle choices and their impact on the Earth." Donation. 619-298-9978 x8014. Sunday, February 21, 1pm. First Unitarian Universalist Church of San Diego, 4190 Front Street. (HILLCREST)

**Don't Be Daunted by Color!** Selecting the "right" paint color for a project can be daunting. Take in color design class led by an interior designer, receive one Perfect Palette sampler. 760-741-3633. Saturday, February 20, 11am; free. Dunn-Edwards Paint — Escondido, 505 North Broadway. (ESCONDIDO)

**Gray Whale Season Returns!** Outings hosted by Birch Aquarium at Scripps and San Diego Harbor Excursion boast Scripps naturalists on hand to share information about gray whales, the ecology, and history of San Diego Bay and Scripps Institution of Oceanography. Detect, listen to whale and dolphin sounds in real time using state-of-the-art research equipment from Scripps Institution of Oceanography. Dolphins, sea lions, marine birds make guest appearances. Registration: 619-234-4111.

Thursdays, 9:45am and 1:30pm; Fridays, 9:45am and 1:30pm; Saturdays, 9:45am and 1:30pm; Sundays, 9:45am and 1:30pm; Mondays, 9:45am and 1:30pm; Tuesdays, 9:45am and 1:30pm; Wednesdays, 9:45am and 1:30pm; through Sunday, April 4, \$15-\$35. San Diego Harbor Excursion, 1050 North Harbor Drive. (DOWNTOWN)

**KnitNight** Gather with fellow fiber artists for social knitting, crochet, spinning. 760-806-6744. Tuesdays, 7pm; free. 18 and up. Clever Knits, 214 South Indiana Avenue. (VISTA)

**Lion Dance and Kung Fu** See a traditional lion dance and kung fu demonstrations by Oceanside Shen Chinese Kung Fu Academy in celebration of Chinese New Year, on lawn at center of campus. 760-757-2121 x6477. Thursday, February 18, 12:15pm; free. Mira-Costa College, One Barnard Drive. (OCEANSIDE)

**Middle-Eastern Drum and Belly Dance Class** Doumbek drumming class for all levels taught by Frank Lazzaro (6-7pm), followed by tribal belly-dance class taught by Sabrina Fox with live drumming (7-8pm). \$12 per class. 760-703-1487. Mondays, 6pm; \$12. WorldBeat Cultural Center, 2100 Park Boulevard. (BALBOA PARK)

**Mushrooms Identified!** Vast displays of fresh fungi promised during 12th annual Mushroom Fair hosted by San Diego Mycological Society. Talk with experts in identification, cultivation. Mushrooms, mushroom foods and books for sale. Cooking, growing demonstrations; mushroom dyeing and crafts; lectures; education tables for children. 858-204-7142. Sunday, February 21, 10:30am; free. Casa del Prado, El Prado. (BALBOA PARK)

**Not Just Another Bridal Show** "Insight" event "guarantees wedding wisdom, applicable knowledge, new valuable resources, and candid feedback to help couples avoid stress and the possibility of becoming overwhelmed" for bridal planning. Attendees receive re-



**FRED ASTAIRE**  
FRANCHISED DANCE STUDIOS.

Tony Dovolani & Elena Grinenko from  
*"Dancing With The Stars"*

# Let's Dance

**Learn Social & Ballroom Dancing**

- Private & group classes • Wedding programs

**Enjoy the Benefits of Dancing**

- Exercise in a friendly environment
- Enjoy social interaction & relieve stress

**Succeed With Our Unique System of Teaching**

- Developed by Fred Astaire himself
- Taught by our certified instructors

**FRED ASTAIRE** [fredastairesd.com](http://fredastairesd.com)  
FRANCHISED DANCE STUDIOS.

**858-499-0180**  
8303 Clairemont Mesa Blvd.

**760-757-1700**  
845 S. Coast Hwy • Oceanside



**bach collegium san diego**

A Vocal and Period Instrument Ensemble  
Ruben Valenzuela *Music Director*

**The Seventh Season 2009-2010**  
**J.S. Bach: The Six Motets** BWV 225-230  
Conductor: Ruben Valenzuela

**Saturday, 20 February, 7 pm**  
St. James by-the-Sea Episcopal Church  
743 Prospect St., La Jolla, CA 92037

**Sunday, 21 February, 7 pm**  
Loyola Marymount University, Murphy Recital Hall  
1 LMU Dr., Los Angeles, CA 90045

**Gala Benefit Reception**  
*Following the San Diego performance*

J.S. Bach's Six Motets have served as a point of reference for the Bach Collegium San Diego's repertoire since the ensemble's founding. This season, the Chorus of the Bach Collegium San Diego will perform all six motets in one program, with varying vocal configurations, immediately displaying the breadth and vitality of Bach's vocal output. The motets have been admired by composers through the centuries as "pinnacles of absolute vocal music."

**For more information and advance tickets, please contact:**  
Bach Collegium San Diego, P.O. Box 33754, San Diego, CA 92163  
[www.bachcollegiumsd.org](http://www.bachcollegiumsd.org) • 619.341.1726



sources, sample timelines, planning guides, one-hour consultation gift certificate with veteran wedding planner, goodie bag, more. 858-793-0901. Saturday, February 20, 10am; \$150. Grand Del Mar, 5300 Grand Del Mar Court. (CARMEL VALLEY)

**One Love for V-Day** One Love yoga flow class hosted by Inner-Mission and Triad Productions benefits V-Day 2010. Suitable for all levels. 619-549-3408. Saturday, February 20, 2pm; \$20. 13 and up. Swedenborg Hall, 1531 Tyler Avenue. (UNIVERSITY HEIGHTS)

**Paint-Out** Paint/draw/explore Balboa Park, whether you work in oils, acrylics, watercolor, digital, charcoal, pencil, pastels, or mixed media. All artists, amateur to professional, encouraged to participate. Co-hosted by Maura McHugh and Lee Sautereau. At noon, meet back at SDAI for group discussion of work created, potluck meal (bring food and/or drink to share). 619-236-0011. Saturday, February 20, 9am; free. San Diego Art Institute: Museum of the Living Artist, 1439 El Prado. (BALBOA PARK)

**Rooftop Yoga** Yoga One leads vinyasa flow mixed-level classes for hotel guests (free) and public (\$15 per class). 619-544-0164. Thursdays, 5:30pm; Fridays, 9am; Sundays, 5:30pm; Mondays, 9am; Tuesdays, 5:30pm; Wednesdays, 9am; free-\$15. Porto Vista Hotel & Suites, 1835 Columbia Street. (LITTLE ITALY)

**Smile, Laugh, Relax** Laughter yoga class led by Dr. Funshine, a.k.a. Caroline Meeks, M.D. Dress warmly, bring a chair if needed to spot on grass just south of Visitors' Center. 858-490-6288. Sundays, 9:30am; free. Mission Bay Visitors' Center, 2688 East Mission Bay Drive. (PACIFIC BEACH)

**Sweetheart of a Book Sale** Books offered for \$3.50 per bag during sale promising live music by Molly (12:30pm), caricaturist (10am-noon). Book donations welcome. 858-220-3312. Saturday, February 20, 9am; free. North University Community Library, 8820 Judicial Drive. (UNIVERSITY CITY)

**The Art of the Circus!** Circus Vargas raises its new big top for performances around county. Circus "bridges the gap between old tradition and modern innovation." Prior to each show, audience is invited into center ring for "crash course in circus skills such as juggling, feather balancing, and hula-hooping." Tickets: 877-468-3861. Thursday, February 18, 7:30pm; Friday, February 19, 4:30pm and 7:30pm; Saturday, February 20, 1:30pm, 4:30pm and 7:30pm; Sunday, February 21, 1:30pm, 4:30pm and 7:30pm; Monday, February 22, 7pm; \$15-\$55. Westfield Plaza Bonita, 3030 Plaza Bonita Road. (NATIONAL CITY)

**The Death Penalty** Focus on Amnesty International with P&R Discussion Group. 619-370-1027. Thursday, February 18, 7pm; free. Filter, 4096 30th Street. (NORTH PARK)

**Timken in French** Alliance Française hosts guided tour led by

Susanna Hernandez Peredo, in French, of museum's Putnam Foundation Collection. Tour begins outside at museum entrance. Suggested donation for nonmembers: \$5. Reservations: 858-550-0144. Friday, February 19, 1am; Timken Museum of Art, 1500 El Prado. (BALBOA PARK)

**Tuesday Night Art** Artist-painter Geoffrey Stone leads workshops with subjects including perspective, beginning cartooning, basics of

acrylics. 760-767-5162. Tuesday, February 23, 6pm; \$10. Borrego Art Institute, 587 Palm Canyon Drive Suite 105. (BORREGO SPRINGS)

## CLASSICAL MUSIC

**"A Different Drum: Music for Organ and Percussion"** Civic organist emeritus Robert Plimpton and San Diego Symphony

principal timpanist Jason Ginter perform "innovative arrangement of Mussorgsky's 'Pictures at an Exhibition,'" ragtime pieces by George Hamilton Green, works by Karg-Elert, Creston, and Rheinberger to benefit California Music Project and American Near-East Refugee Aid. Offering. 619-297-4366. Sunday, February 21, 7pm. First United Methodist Church of San Diego, 2111 Camino del Rio South. (MISSION VALLEY)

**"Celebration of American Strings"** Hutchins Consort in concert featuring John Schneiderman on banjo and lute. Selections include "Appalachian Suite for Banjo and Octet" arranged by McNalley, "Octet Comparsas" by Walczyk, and "Concerto for Lute and Octet." 760-632-0554. Saturday, February 20, 7:30pm; \$15-\$25. Neurosciences Institute, 10640 John Jay Hopkins Drive. (LA JOLLA)

**Pinnacle of the Motet Tradition** J.S. Bach's "Six Motets," written in German in 1720s and 1730s, may be enjoyed during concert by Bach Collegium San Diego. Reception follows. 619-840-7353. Saturday, February 20, 7pm; \$15-\$35. Saint James by-the-Sea Episcopal Church, 743 Prospect Street. (LA JOLLA)

**"Secrets of Chopin's Music" Revealed!** Artist-in-residence Peter Gach draws on lifelong study of

**Spina Million!**

**FEBRUARY 16 – MARCH 22**

**One Lucky Spin Could Make You A Millionaire!**

- ★ Eleven winners EVERY MONDAY spin the wheel for guaranteed cash and a chance at \$1,000,000!
- ★ Club Sycuan members receive ONE FREE DAILY ENTRY!
- ★ Earn additional entries by playing slots, table games, bingo and poker!
- ★ Drawing Times: 2 pm • 7 pm • 8 pm • 9 pm

**\$300,000**  
Guaranteed Cash Prizes!

See Club Sycuan for Official Rules.

**Sycuan CASINO**

san diego's daycation getaway!

5469 CASINO WAY, EL CAJON, CA | 619-445-6002 | SYCUANCASINO.COM

Must be 18 years of age or older to be in Casino, restaurants and theatre. Please play responsibly.



## Calendar LOCAL EVENTS

Frédéric Chopin's music to present lecture-recital highlighting inner workings of composer's style. Celebrate Chopin's 200th birthday! 760-744-1150 x2453. Sunday, February 21; \$8-\$12. Palomar College Performance Lab (room D-10), 1140 West Mission Road. (PALOMAR COLLEGE)

**All Bach!** On the occasion of 260th anniversary of death of J.S. Bach, renowned organist Anthony Newman performs "program of the Baroque giant's greatest compositions for organ." Program includes "Passacaglia and Fugue in C minor," "St. Anne Prelude and Fugue in E flat," "Fantasia and Fugue in G minor," "Toccata Adagio and Fugue in C." Offering. 858-459-3421. Sunday, February 21, 4pm. Saint James by-the-Sea Episcopal Church, 743 Prospect Street. (LA JOLLA)

**Bark in the Park 4** Concert of "animal-themed music" planned by dog lover, civic organist Carol Williams. Bring your pet for the pet parade. Benefit for San Diego Humane Society. 619-702-8138. Sunday, February 21, 2pm; free. Spreckels Organ Pavilion, 2211 Pan American Road. (BALBOA PARK)

**Breathtaking Virtuosity** Joshua Bell (who owns and plays the Gibson Stradivarius, described as "one of the world's great violins") is joined by pianist Jeremy

## Rhyme & Verse

Two poems by Christina Rossetti

### Song

When I am dead, my dearest,  
Sing no sad songs for me;  
Plant thou no roses at my head,  
Nor shady cypress tree:  
Be the green grass above me  
With showers and dewdrops wet;  
And if thou wilt, remember,  
And if thou wilt, forget.

I shall not see the shadows,  
I shall not feel the rain;  
I shall not hear the nightingale  
Sing on, as if in pain:  
And dreaming through the twilight  
That doth not rise nor set,  
Haply I may remember,  
And haply may forget.

### Remember

Remember me when I am gone away,  
Gone far away into the silent land;  
When you can no more hold me by the hand,  
Nor I half turn to go yet turning stay.  
Remember me when no more day by day  
You tell me of our future that you planned:  
Only remember me; you understand  
It will be late to counsel then or pray.  
Yet if you should forget me for a while  
And afterwards remember, do not grieve:  
For if the darkness and corruption leave  
A vestige of the thoughts that once I had,  
Better by far you should forget and smile  
Than that you should remember and be sad.



Christina Georgina Rossetti (1830-1894) was one of the leading poets of Victorian England. Deeply religious, she was opposed to slavery, war, animal research, and the exploitation of women. From 1859 to 1870 she served as a volunteer at a refuge for former prostitutes. The portrait of Christina Rossetti is by her brother, Dante Gabriel Rossetti, a founding member of the avant-garde Pre-Raphaelite movement, and for several of whose paintings Christina modeled.

Denk for La Jolla Music Society concert. 858-459-3728. Friday, February 19, 8pm; \$25-\$95. Coppley Symphony Hall, 750 B Street. (DOWNTOWN)

**Collaborations and Contexts** Performers from UCSD's department of music present "new music" ranging from Schoenberg, Schnittke, and Stockhausen to Feldman, Cage, and Maderna. 858-534-3229. Friday, February 19, 8pm; free. Conrad Prebys Music Center at UCSD, Russell Lane at Gilman Drive. (LA JOLLA)

**Concerto Competition Finals** Wind Symphony and Sinfonia student finalists perform their chosen concertos to compete for honor of playing their piece with their full respective ensembles at Spring Showcase Concert hosted by San Diego Youth Symphony. Winners selected by panel of music educators. 619-233-3232. Monday, February 22, 7pm; free. Casa del Prado Theatre, 1650 El Prado, Suite 208. (BALBOA PARK)

**Emerging Chamber Stars** The Atos Trio performs Schubert's "Piano Trio in B Flat Major (Sonaten-

satz)" and "Adagio in E Flat Major (Nocturne)," "Piano Trio No. 1" by Kirchner, the Brahms "Piano Trio No. 1 in B Major." 858-534-TIXS. Saturday, February 20, 8pm; \$46. Conrad Prebys Music Center at UCSD, Russell Lane at Gilman Drive. (LA JOLLA)

**Faculty Recital** USD instructor and guitarist Eric Foster performs with guest artists in French Parlor, Founders Hall. 619-260-4171. Friday, February 19, 8pm; free. University of San Diego, 5998 Alcalá Park. (LINDA VISTA)

**Mini-Concert for Lunch** Soprano Wyn Wilson and pianist Billy Wolfe take stage. 858-454-5872. Monday, February 22, noon; free. Athenaeum Music and Arts Library, 1008 Wall Street. (LA JOLLA)

**Paris Organist** Christophe Mantoux — organist of Church of Saint-Séverin in Paris and professor of organ at Conservatoire, Strasbourg, France — plays music of 17th-century German and Dutch composers on Baroque pipe organ for "Music on the Point" series. Reception follows. Donation: \$5. 619-223-6394 x13. Sunday, February 21, 4pm. All Souls' Episcopal Church, 1475 Catalina Boulevard. (POINT LOMA)

**Piano Recital** After eight years "of piano education," Robert Kwiatkowski plans concert with selections by Luxemburg, Chopin, Beethoven, Mozart, Joplin. 619-298-5313. Saturday, February 20, 4pm; free. PianoSD.com, 1233 Camino del Rio South. (MISSION VALLEY)

**Poulenc Trio** Oboist Vladimir Lande, bassoonist Bryan Young, pianist Irina Kaplan Lande perform for Barbara and William Karatz Chamber Concert Series. 858-454-5872. Wednesday, February 24, 7:30pm; \$30-\$35. Athenaeum Music and Arts Library, 1008 Wall Street. (LA JOLLA)

**Sights and Sounds of Spain and France** Take "visual and musical excursion through the churches and countrysides" when resident organist Janice Fehér performs organ compositions by Soler, Cabezon, Guridi, Couperin, Widor, Franck, and Boellmann, interspersed with photographs by Béla Fehér. Offering. 619-232-7513. Sunday, February 21, 7pm; 8 and up. First Presbyterian Church, 320 Date Street. (DOWNTOWN)

**The Bitwise Operators** Debut performance of UCSD's new laptop ensemble — made up of Cooper Baker, William Brent, Michelle Daniels, Ignacio Lopez, Daniel Shapira, Chris Warren — performing world-premiere compositions by Brent, Lopez, Warren for Winter Festival. Also: computer-aided improvisations by New Brutalists and Rick Snow. 858-534-4830. Thursday, February 18, 8pm; free. Conrad Prebys Music Center at UCSD, Russell Lane at Gilman Drive. (LA JOLLA)

**Verdi's First Masterpiece** San Diego Opera season continues with *Nabucco*. Cast includes Richard Paul Fink, Sylvie Valayre, Raymond Aceto. Conductor is Edoardo Müller; Lotfi Mansouri directs. Performed in Italian with English translations above stage. Reservations: 619-533-7000. Saturday, February 20, 7pm; Tuesday, February 23, 7pm; \$30-\$180. San Diego Civic Theatre, 1100 Third Avenue. (DOWNTOWN)

**Winter Chamber Heat** Enjoy chamber music performance by faculty and student musicians. 619-260-4171. Sunday, February 21, 2pm; \$5-\$12. Shiley Theatre at University of San Diego, 5998 Alcalá Park. (LINDA VISTA)

## DANCE

**"David Patrone \$10,000 Swing Dance Spectacular"** David Patrone Productions hosts swing dance competition and lessons. Contestant registration: 4-4:45pm; swing dance lessons with Jim and Margie (5-5:45pm); live music for swing dancing (6-9pm). Semifinals: March 21. Finals: March 28. 619-517-2719. Sunday, February 21, 5pm; free. 21 and up. Viejas Casino DreamCatcher Show Room, 5000 Willows Road. (ALPINE)

**Ballroom, Latin, Swing Mixer** Shawn Torgerson hosts ballroom, Latin, swing dancing, salsa, tango, and "everything in between." 858-565-9575. Saturday, February 20, 8pm; \$8. Dance for 2, 7528 Clairemont Mesa Boulevard. (KEARNY MESA)

**Belly Dance Showcase** Alethea, Annamaria, Nadirah, Rachel perform to live music by Middle-Earth Ensemble. Donation: \$5. 619-688-9845. Thursday, February 18, 8pm. Claire de Lune, 2906 University Avenue. (NORTH PARK)

**Cajun/Zydeco Dancing** Party with beginning dance lesson (7pm); DJ spins zydeco tunes (8-10:30pm). Free for first-time visitors; \$5 tickets include lesson, dance. 619-857-8409. Tuesdays, 7pm; 21 and up. Riley's Music Lounge, 2901 Nimitz Boulevard. (POINT LOMA)

**Contra Dance** Chris Page calls to tunes by the Remnants during dance hosted by San Diego Folk Heritage. Beginners' dance workshop: 7:30pm. Wear soft-soled shoes. 619-283-8550. Friday, February 19, 7:30pm; \$7. Trinity United Methodist Church, 3030 Thorn Street. (NORTH PARK)

**English Country Dancing** Chris Page calls for English country dancing. 858-676-9731. Sunday, February 21, 6pm; \$6. Jean Hart Academy of Dance, 12227 Poway Road. (POWAY)

**Jammin' Hustle Dance Party** DJ plays contemporary and retro hustle music plus nightclub mix for singles and couples of all ages. Hustle with New York-style lesson. 619-275-3533. Saturday, February 20, 8pm; \$8. Pattie Wells' Dance-time Center, 1255 West Morena Boulevard. (BAY PARK)

## Pacific Coast Skydiving

# \$125\* Tandem



\* Scenic flights over the ocean and downtown San Diego

\* Jump from altitudes over 2 miles above the ground

\* Ask about RVT video technology

Call or go online for reservations.

## (619) 661-0194

## www.pcskydiving.com

Open 7 days a week • MC/Visa

Gift certificates available.

\*Must purchase \$70 video (\$195 total cost). Weekdays only. Add \$20 for weekend jumps.

**AMERICA'S TREASURE CHEST**  
There is only one Gem Faire. BE THERE™

**GEM & BEAD FAIRE**

**Del Mar Fairgrounds**  
Exhibit Hall / 2260 Jimmy Durante Blvd.  
**March 5, 6, 7**  
FRI. 12pm-7pm SAT. 10am-6pm SUN. 10am-5pm

**FREE HOURLY DOOR PRIZES**  
UNUSUAL AND RARE GEMS & MINERALS  
SOMETHING FOR EVERYONE  
AT GEM FAIRE!!

**CLASSES & DEMONSTRATIONS**

Clip & bring this ad to receive  
**ONE FREE ADMISSION.**

General admission \$5 weekend pass.  
Not valid with any other offer. One coupon per admission.

**FREE PARKING**  
with purchase.  
For details visit  
GemFaire.com.

**FINE JEWELRY GEMS BEADS CRYSTALS SILVER MINERALS**

Sponsored by GEM FAIRE, INC. (760) 390-3599 info@gemfaire.com www.gemfaire.com

NATURAL HEALTH, PERSONAL GROWTH, PSYCHICS

**New Bigger Location**

# BODY MIND SPIRIT EXPO

FEBRUARY 20-21  
DOUBLETREE HOTEL  
7450 HAZARD CENTER DR  
SAT 10-6, SUN 11-5  
JUST \$12 FOR ALL WEEKEND

**\$2 Off**  
ONE ENTRY WITH AD

**Featuring**

DAVE MARKOWITZ  
HEALING WITH SOURCE

JOSEPH ERNEST MARTIN  
NEW THOUGHTS FOR A NEW YOU

**www.bmse.net**

**541.482.3722**



**Swing Fun** Firehouse swing school's roster includes "Lindy Hop 1" class focusing on eight-count Lindy basics; Lindy 2 ("Whip It Good: Vintage Dean/ Jewel Moves"); and a specialty class (California routine). Class fee includes admission to Firehouse Swing Dance (8-11:30pm) featuring DJ Doug LeClair and friends, return of "Pro-Am Jack 'n' Jill Contest." Fee: \$15 per class or \$50 for four weeks. All ages. 858-395-6060. Wednesday, February 24, 7pm; \$15-\$50. Firehouse Swing Dance, at San Diego Woman's Club: 2557 Third Avenue. (BANKER'S HILL)

**Swing Matinee** Enjoy music by the Swingin' Kings during event hosted by Firehouse Swing Dance. 858-395-6060. Saturday, February 20, 3pm; \$8-\$10. 21 and up. Belly Up Tavern, 143 South Cedros Avenue. (SOLANA BEACH)

**Trocks (Still) Rock!** Enjoy "ballet performed by blokes in drag" when Les Ballets Trockadero de Monte Carlo hit the stage replete with tutus, tiaras, tights! 619-570-1100. Thursday, February 18, 7:30pm; \$30-\$66. 6 and up. Balboa Theatre, 868 Fourth Avenue. (DOWNTOWN)

## FILM

**"A New Generation of Spike and Mike Animation"** Festival promises "flat-out best and funniest animated shorts the world has to offer." The 19 featured films include *Key Lime Pie*, *Stillwaters*, *A Town*

*Called Panic: Cake*. 858-459-8707. Saturday, February 20, 7:15pm and 9:30pm; \$12-\$15. 6 and up. Sherwood Auditorium at Museum of Contemporary Art San Diego, 700 Prospect Street. (LA JOLLA)

**Forever Enthralled** International Film Series features 2008 Chinese film by Chen Kaige about Mei Lanfang, regarded as most legendary opera performer in all of Chinese history. Screening takes place in room 204. In Chinese with English subtitles. 760-944-4449 x7758. Friday, February 19, 1pm; free. MiraCosta College San Elijo Campus, 3333 Manchester Avenue. Film repeats at 7pm on Oceanside campus, One Barnard Drive; free. (CARDIFF, OCEANSIDE)

**Forever Wild: Celebrating America's Wilderness** See film narrated by Robert Redford, "help the California Wilderness Coalition celebrate" successful preservation of thousands of acres of state's wild areas. Expect short presentation about coalition. RSVP: 909-946-1855. Tuesday, February 23, 4pm; free. Stone Brewing World Bistro and Gardens, 1999 Citracado Parkway. (ESCONDIDO)

**La Scorta** Ricky Tognazzi's film screens for "Anti-Mafia Film Series" hosted by San Diego Italian Film Festival. In Italian with English subtitles. Suggested donation: \$5. 619-238-7559. Thursday, February 18, 7pm. Museum of Photographic Arts, 1649 El Prado. (BALBOA PARK)

**Romancing the Stone** Michael Douglas, Kathleen Turner, Danny

DeVito — enjoy this 1984 flick during cinema social. Dive-In theater combines "eclectic film choices," food, drink, light conversation at hotel's poolside lounge and theater located outdoors. Early arrival suggested. Reservations: 619-226-6100. Wednesday, February 24, 8pm; free. Pearl Hotel, 1410 Rosecrans Street. (POINT LOMA)

**Root of All Evil?** Television documentary written by Richard Dawkins screens before roundtable discussion focusing on "alternative religion." 619-335-0206. Thursday, February 18, 6:30pm; free. 15 and up. San Diego County Health Building, 3851 Rosecrans Street. (MIDWAY DISTRICT)

**The Lady Eve** "Screwball Romantic Comedy" series concludes with 1941 film by Preston Sturges starring Barbara Stanwyck, Henry Fonda. Ann Zivotsky leads prefilm (5:30pm) and postfilm discussions. 760-602-2026. Wednesday, February 24, 6pm; free. Schulman Auditorium at Carlsbad City Library, 1775 Dove Lane. (CARLSBAD)

**The Lion's Journey** Screening of *The Story of Wadie Deddeh* in conjunction with "One Book, One San Diego" program. Film offers "portrait of retired California senator and San Diego-area Chaldean Iraqi leader, an Iraqi immigrant." 619-236-5817. Wednesday, February 24, 6:30pm; free. San Diego Public Library, 820 E Street. (EAST VILLAGE)

**Z** Award-winning 1969 film by Costa-Gavras is "fictionalized account of the events surrounding the




# It's the 15th Anniversary COASTER Crawl!

**On Saturday, February 27 explore downtown Oceanside, Carlsbad, Encinitas and Solana Beach.**

- Special Saturday COASTER pricing!
- Special retail offers and promotions in each city!
- Hop on at any train station from San Diego to Oceanside!

**2 for the price of 1!**

**2 for 1**

On February 27 Round Trip fares for two people are \$10-\$13 all day long (depending on the zones). Simply buy one ticket for two riders from machines at the station!

Whether you are a regular COASTER commuter or just "always wanted to try" the most beautiful train ride in America, celebrate the COASTER's 15th Anniversary by visiting four uniquely inviting communities.

**For train times and more details: [www.GoNCTD.com](http://www.GoNCTD.com) or call 511**



Brought to you by these community partners:



**NORTH COUNTY TRANSIT DISTRICT**

**GoNCTD.com**

# SEAWORLD ENTERTAINMENT OPPORTUNITIES

**If you've got talent, SeaWorld® has opportunities. Come and be a part of the fun, the wonder and the excitement.**

**Saturday, March 6**

SeaWorld Costume Characters

Sesame Street Costume Characters

Bilingual (Spanish and English Speaking) Show Hosts

Show Hosts

For more information including times, locations and position requirements visit **[SeaWorldSanDiegoAuditions.com](http://SeaWorldSanDiegoAuditions.com)**

All applicants must apply online prior to audition date and must be at least 18 years of age.

(Costume characters must be at least 16 years of age.)

SeaWorld San Diego is an Equal Opportunity Employer supporting a drug-free workplace. © 2010 SeaWorld Parks & Entertainment. All rights reserved.





## Calendar LOCAL EVENTS

assassination of Greek politician Grigoris Lambrakis in 1963." Film screens in French with English subtitles for Sunday Matinee series. 619-236-5800. Sunday, February 21, 2pm; free. San Diego Public Library, 820 E Street. (EAST VILLAGE)

**A "Nervy Philosophical Farce"** See the Coen brothers' latest film, *A Serious Man*, when it screens for Film Forum. 619-236-5800. Monday, February 22, 6:30pm; free. San Diego Public Library, 820 E Street. (EAST VILLAGE)

**Burning Man Film Festival** San Diego members of Burning Man community "show off for their city" with collection of shorts and feature-length films about the annual arts festival in Nevada's desert. Afterparty follows at 4th & B (10pm). 619-408-0039. Saturday, February 20, 5pm; \$20-\$35. 24 and up. Museum of Photographic Arts, 1649 El Prado. (BALBOA PARK)

**San Diego/Tijuana DANCEon-FILM Festival** Enjoy "international collection of experimental short dance films" following "latest dance filmmaking production technology from feature films to virtual worlds." Program includes *Becoming*, *Dot Dance*, *Entanglement Theory*, *Sunscreen Serenade*, others. 858-405-9555. Wednesday, February 24, 6pm; free. CSU San

Marcos, 333 South Twin Oaks Valley Road. (SAN MARCOS)

## FOOD & DRINK

**"Cooking with Passion"** Vegan San Diego club offers cooking class with featured dishes: variety sushi, heavenly salad, tofu club sandwich with special sauce. Food samples, gift bags, cookbook raffles. 858-705-3987. Saturday, February 20, 1pm; free. Del Mar Library, 1309 Camino del Mar. (DEL MAR)

**"Wintertime Treats"** Learn how to make snacks for cold winter days from chef Manjula Jain. Menu includes lentil soup, vegetable pakoras, *sooji halwa*, more. Fee includes food, beverages, appetizers, recipes. 858-578-2665. Friday, February 19, 9pm; \$49. Cooking With Class, 8290 Miramar Road. (MIRAMAR)

**What's Cooking?** Personal chef Betsy G. prepares gold-medal Reuben panninis, described as the "perfect Olympics-watching fare." Demonstration, samples. 619-906-4000. Sunday, February 21, 1pm; free. 1Mission, 845 Fort Stockton Drive. (MISSION HILLS)

## FOR KIDS

**"Faces: Using the Elements"** Instructor Nancy Isbell helps children have fun, explore use of line, shape, texture, color to draw faces.

Required reservations: 619-223-0058. Monday, February 22, 4pm; \$23-\$26. 12 and up. Bravo School of Art at NTC Promenade, 2690 Decatur Rd., studio 206. (POINT LOMA)

**"Presidents' Family Day"** Museum showcases information, examples of past presidential rail cars. Make an edible American train flag, learn some history of U.S. presidents. 619-696-0199. Sunday, February 21, 11am; free-\$7. San Diego Model Railroad Museum, 1649 El Prado. (BALBOA PARK)

**"Pretty and Pink"** Meet radiantly pink animals, learn how they show their love for each other during Kindernights and Kindermornings program. Hear "heart-felt stories," make a heart-healthy edible necklace while sipping on pink lemonade. Fee does not include admission to zoo. Required reservations: 619-557-3969. Friday, February 19, 6:30pm; \$12-\$15. 3 and up. San Diego Zoo, 2920 Zoo Drive. (BALBOA PARK)

**The Three Wishes** An old man and his wife "foolishly waste three wishes granted them by a fairy" when Puppet Express takes stage. 619-544-9203. Thursday, February 18, 10am and 11:30am; Friday, February 19, 10am and 11:30am; Saturday, February 20, 11am, 1pm and 2:30pm; Sunday, February 21, 11am, 1pm and 2:30pm; \$3-\$5. Marie Hitchcock Puppet Theatre, 2130 Pan American Road West. (BALBOA PARK)

**All Aboard!** Chula Vista Live Steam Club provides train rides.

Children under 48" must be accompanied by an adult. Donation: 50 cents. 619-421-5227. Saturday, February 20, noon; Rohr Park, 4548 Sweetwater Road. (BONITA)

**I Think I Can!** Help Eddie the Engine deliver a birthday present to Bunny Rabbit during *The Little Engine That Could* puppet shows by Big Joe Productions. 619-544-9203. Wednesday, February 24, 10am and 11:30am; \$3-\$5. Marie Hitchcock Puppet Theatre, 2130 Pan American Road West. (BALBOA PARK)

**Teen Art Café** Teen artists invited to meet other teen artists, take part in art-making activities in conjunction with exhibition of modern art representing some of 20th Century's most influential artists. Artist Hugo Crosthwaite will be on site drawing during event. Café activities include art making inspired by work of several modern artists. 619-232-7931. Wednesday, February 24, 6pm; free. San Diego Museum of Art, 1450 El Prado. (BALBOA PARK)

**About Printmaking** Explore, learn about "From Rembrandt's Studio: The Prints of Ferdinand Bol" exhibit through child-friendly tours, storytelling, art making during Family Drop-In Day for those with children 6-12 years old. Included in regular admission (\$12 general). 619-232-7931. Sunday, February 21, 1pm; 6 and up. San Diego Museum of Art, 1450 El Prado. (BALBOA PARK)

## GALLERIES

**"Intelligent Design"** Opening reception for exhibit of "witty and socially sharp clay pieces" by Johanna Hansen. See installation created of many clay and mixed-media creatures through Sunday, March 28. 760-765-1676. Saturday, February 20, 4pm; free. Santa Ysabel Art Gallery, 30352 Highway 78. (SANTA YSABEL)

**"Only Human"** Opening reception for exhibition of large oil paintings and small narrative drawings by figurative painter

Linda Kardoff. Closing reception: Saturday, March 13. 619-299-4278. Saturday, February 20, 6pm; free. San Diego Art Department, 3830 Ray Street. (NORTH PARK)

**Prints in the Artist's Studio: Rubens's Print Collection Reconstructed** Opening reception for exhibit focusing on "how old master prints were used in a 17th Century European artist's studio" with 20 objects by artists such as Andrea Mantegna, Albrecht Dürer, Hendrick Goltzius, Marcantonio Raimondi. Closes Sunday, May 9. 619-260-4261. Thursday, February 18, 5:30pm; free. University of San Diego, 5998 Alcalá Park. (LINDA VISTA)

**"Selections from Almost Alice...and More"** Opening reception for exhibition by Maggie Taylor. "After reading Lewis Carroll's classic story *Alice's Adventures in Wonderland* for the first time in many years, Taylor decided to create a series of images to accompany the original text.... Each of Taylor's 'Alices' is a different Victorian girl." Closes Saturday, March 3. 858-456-5620. Saturday, February 20, 5pm; free. Joseph Bellows Gallery, 7661 Girard Avenue. (LA JOLLA)

**Recent Paintings** Opening reception for exhibition of work by Los Angeles artist Charles Arnoldi. Through Saturday, April 3. 858-459-3917. Saturday, February 20, 5pm; free. R.B. Stevenson Gallery, 7661 Girard Ave., Suite 201. (LA JOLLA)

## IN PERSON

**"A Celebration of Toys and the Art of Play"** Michael Klam of Puna Press performs as part of museum's Joaquin Torres-Garcia's wood abstractions exhibition opening. Klam has written a series of poems as a teacher, father, and little boy in a grown man's body; poetry is in dialogue with Torres-Garcia's ideas about toys, games, play as an essential way for all to learn and create. 619-232-7931. Sunday, February 21, 3pm; free-

\$12. San Diego Museum of Art, 1450 El Prado. (BALBOA PARK)

**"Books, Beer, and Attitude!"** Actor, author John Leguizamo on hand for book signing and beer (in conjunction with La Jolla Playhouse performance of *John Leguizamo — Diary of a Madman*). 760-471-4999. Sunday, February 21, 1pm; free. Stone Brewing World Bistro and Gardens, 1999 Citracado Parkway. (ESCONDIDO)

**Bridge Over Troubled Waters** Grammy-nominated storyteller Diane Ferlatte weaves "tapestry of folktales, myths, legends, and personal stories that reflect a central theme: trouble may come, but it doesn't last forever." Storytellers of San Diego gather in Manchester Executive Conference Center for concert. 619-298-6363. Saturday, February 20, 7:30pm; \$10. 12 and up. University of San Diego, 5998 Alcalá Park. (LINDA VISTA)

**"Happiness Is a Warm Tommy Gun"** Technomania Circus presents "the Mob Show," promising two hours of mobsters and circus arts. Program boasts "acts featuring mobsters and their hit men, musical numbers conveying love of tommy guns, pink mobsters, Joe's SpeakEasy, the MoonShine Barn, mob Olympics," more. Reservations: 619-231-1950. Saturday, February 20, 8pm; \$15. 18 and up. Center for Amusing Arts, 2438 Commercial Street. (LOGAN HEIGHTS)

**"Intimate Miracles"** Sebastian presents "close-up" magic show. Tickets include two drinks. RSVP: 619-865-2973. Friday, February 19, 8pm; \$20. Wine Cabana, 2539 Congress Street. (OLD TOWN)


**"Something for Everyone"** Annual variety show by San Diego Choraleers adult mixed chorus, Women of Note, Serra-Naders, and Men of Note promises variety of music and dance. Reservations: 619-501-7298. Saturday, February 20, 4:30pm; free-\$10. Patrick Henry High School, 6702 Wandermere Drive. (SAN CARLOS)

**Ask Yourself This** New Thought teacher/Unity Center spiritual

# W H A L E W A T C H I N G

## Live a whale tale

TWICE-DAILY CRUISES NOW-APRIL 4  
Cruising daily at 9:45 a.m. and 1:30 p.m.



EMBARK ON AN UNFORGETTABLE JOURNEY WITH THE OCEAN EXPERTS FROM BIRCH AQUARIUM AT SCRIPPS

**\$5 off** (adult fare, up to 6)

**Whale Watching Cruise**

San Diego Harbor Excursion  
RSVP and Boarding:  
1050 N. Harbor Drive  
(at the foot of Broadway)  
619-234-4111 | sdhe.com

**\$2 off Admission** (up to 4)



**Birch Aquarium at Scripps**

2300 Expedition Way, La Jolla  
858-534-FISH  
aquarium.ucsd.edu

Code: Reader Expires: 4/4/10

**NEW!** Listen to whales and dolphins LIVE with our underwater microphones

Proud partners for 10 years

# Shoot a handgun, rifle and shotgun for the first time.

(It won't be your last.)

Come experience a hands-on seminar about the sport of target shooting. **Saturday, February 20 - 10:00 am**  
\$20 • Limited to 20 people. Reservations required.

## Free Gun Rental

with this ad. Indoor shooting range: \$12 first hour and \$6 each additional hour. See website for rental policy.

**P2K Range**  
EVERYBODY'S PLACE TO SHOOT

2082 Willow Glen Drive • El Cajon • Call 619-442-9971 • www.p2KRange.com

**FIRST SHOTS**  
First Shots is a program of The National Shooting Sports Foundation

www.firstshots.org  
First Shots is a program of The National Shooting Sports Foundation





leader Wendy Craig-Purcell discusses, signs her book, subtitled *Questions to Open the Heart, Expand the Mind and Awaken the Soul*. 858-454-0347. Tuesday, February 23, 7:30pm; free. Warwick's Bookstore, 7812 Girard Avenue. (LA JOLLA)

**Good Luck Life** Spend "An Evening with Rosemary Gong," author of this "essential guide to Chinese-American celebrations and culture," in Aztlan A and B rooms of student center. Event begins with book signing (5pm). Tickets include dinner buffet. 760-757-2121 x6477. Thursday, February 18, 5pm; \$30. MiraCosta College, One Barnard Drive. (OCEANSIDE)

**I Swear to Good You Are God at This** Book-launch party for "book of creative inspiration and a showcase for the work of people who do what they love" by Holiday Matinee. Fête promises live performance by Joel P West, art installations from Sezio, interactive photography, presentations, DJs, more. Emcee: Graham Downes. RSVP: 619-795-4505. Thursday, February 18, 7pm; free. 21 and up. Basic Urban Kitchen and Bar, 410 Tenth Avenue. (EAST VILLAGE)

**Life as a Sandwich** Author Eric Peterson signs books. 760-480-2760. Tuesday, February 23, 6pm; free. Barnes and Noble Bookstore Escondido, 810 West Valley Parkway. (ESCONDIDO)

**Muhammad Ali and the Greatest Heavyweight Generation** Former *San Diego Union-Tribune* sports editor Tom Cushman discusses his new book, chronicling "the behind-the-scenes stories of the great athletes in boxing's biggest-and-best age." 858-456-1800. Saturday, February 20, 7pm; free. D.G. Wills Books, 7461 Girard Avenue. (LA JOLLA)

**Outcasts United** Author Warren St. John discusses his "story of a refugee soccer team, a remarkable woman coach and a small Southern town turned upside down by the process of refugee resettlement." Read the book, participate in some "One Book, One San Diego" events. 619-531-1539. Thursday, February 18, 1:30pm; free. Point Loma Library, 3701 Voltaire Street. (POINT LOMA)

**The Ghost of Mt. Soledad** Author Joan Brady talks about and signs her new novel. Regional historical work is filled with "local color and charm." 619-232-4855. Thursday, February 18, 6:30pm; free. Upstart Crow Bookshop and Coffee House, 835 West Harbor Drive. (DOWNTOWN)

**The Physics of Superheroes** Science professor/author James Kakalios discusses and signs his *Spectacular Second Edition*, an in-depth examination of "real science behind comic book heroes and villains." 858-268-4747. Friday, February 19, 7pm; free. Mysterious Galaxy Books, 7051 Clairemont Mesa Blvd., Suite 302. (KEARNY MESA)

**Vietnam No Regrets: One Soldier's Tour of Duty** Author J. Richard Watkins signs copies of his book. Watkins presents brief history of his experiences in Vietnam, an-

swers questions (2pm). Included in museum admission. 619-239-2300. Saturday, February 20, 11am. Veterans Museum and Memorial Center, 2115 Park Boulevard. (BALBOA PARK)

**Actor/Director/Author** Amber Benson visits Galaxy to sign, discuss *Cat's Claw*. 858-268-4747. Tuesday, February 23, 7pm; free. Mysterious Galaxy Books, 7051 Clairemont Mesa Blvd., Suite 302. (KEARNY MESA)

**Awaken Your Vast Potential!** Patricia Kay and Dr. Barry Grundland, authors of *Cell-Level Meditation — Breathing with the Wisdom and Intelligence of the Cell*, on hand for book signing and discussion. 858-755-4254. Saturday, February 20, 11am; free. Earth Song Bookstore, 1440 Camino del Mar. (DEL MAR)

**Books and Produce!** Author J. Richard Watkins signs copies of *Vietnam No Regrets: One Soldier's Tour of Duty* during La Jolla Open Air Market (on school's upper playground). 858-454-1699. Sunday, February 21, 9am; free. La Jolla Elementary School, 1111 Marine Street. (LA JOLLA)

**Dirtbag Comedy Show** Comedian Jim Florentine (*Howard Stern Show*, *That Metal Show*, *Crank Yankers*) performs. 858-204-3111. Friday, February 19, 8pm; Saturday, February 20, 8pm; \$20. 17 and up. Dirtbag Music, 1135 Garnet Avenue. (PACIFIC BEACH)

**Hocus Pocus Hijinks** The 53rd annual edition of "It's Magic" features six "top magic and variety

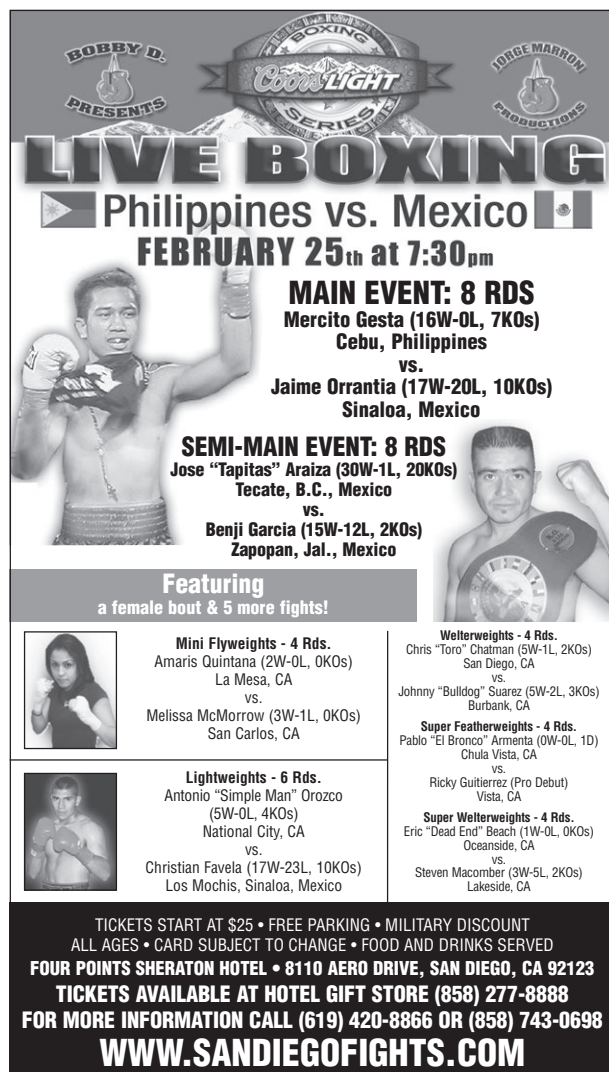
acts from around the world." 800-988-4253. Saturday, February 20, 7pm; \$22-\$35. California Center for the Arts, Escondido, 340 North Escondido Boulevard. (ESCONDIDO)

**Live Music and Paintings!** Enjoy event with "swanky musicians, composers, and poets" including Gladstone Bags, the Night Rocker, the Preteens, Alan Silva and the Cosmik Originals, Indian Camp, light show by Array Light Orchestra, original paintings. 619-519-4738. Friday, February 19, 8pm; free. Ice Gallery, 3417 30th Street. (NORTH PARK)

**Lunch and Book Signing** Bring lunch and join J. Richard Watkins, author of *Vietnam No Regrets: One Soldier's Tour of Duty*, for picnic at Liberty Station Marketplace (courtyard on corner of Womble and Historic Decatur Roads, next to Tender Greens). 619-573-9260. Wednesday, February 24, 11am;



**\$25 OFF**  
Per person, with coupon.  
Lowest price guaranteed.  
Magical Adventures BALLOON RIDES  
1-888-230-0789  
HotAirFun.com



**BOBBY D. PRESENTS**  
**LIVE BOXING**  
**Philippines vs. Mexico**  
**FEBRUARY 25th at 7:30pm**  
**MAIN EVENT: 8 RDS**  
Mercito Gesta (16W-0L, 7KOs) Cebu, Philippines  
vs.  
Jaime Orrantia (17W-20L, 10KOs) Sinaloa, Mexico  
**SEMI-MAIN EVENT: 8 RDS**  
Jose "Tapitas" Araiza (30W-1L, 20KOs) Tecate, B.C., Mexico  
vs.  
Benji Garcia (15W-12L, 2KOs) Zapopan, Jal., Mexico  
**Featuring a female bout & 5 more fights!**  
**Mini Flyweights - 4 Rds.**  
Amaris Quintana (2W-0L, 0KOs) La Mesa, CA  
vs.  
Melissa McMorrow (3W-1L, 0KOs) San Carlos, CA  
**Lightweights - 6 Rds.**  
Antonio "Simple Man" Orozco (5W-0L, 4KOs) National City, CA  
vs.  
Christian Favela (17W-23L, 10KOs) Los Mochis, Sinaloa, Mexico  
**Welterweights - 4 Rds.**  
Chris "Toro" Chatman (5W-1L, 2KOs) San Diego, CA  
vs.  
Johnny "Bulldog" Suarez (5W-2L, 3KOs) Burbank, CA  
**Super Featherweights - 4 Rds.**  
Pablo "El Bronco" Armenta (0W-0L, 1D) Chula Vista, CA  
vs.  
Ricky Gutierrez (Pro Debut) Vista, CA  
**Super Welterweights - 4 Rds.**  
Eric "Dead End" Beach (1W-0L, 0KOs) Oceanside, CA  
vs.  
Steven Macomber (3W-5L, 2KOs) Lakeside, CA  
**TICKETS START AT \$25 • FREE PARKING • MILITARY DISCOUNT**  
**ALL AGES • CARD SUBJECT TO CHANGE • FOOD AND DRINKS SERVED**  
**FOUR POINTS SHERATON HOTEL • 8110 AERO DRIVE, SAN DIEGO, CA 92123**  
**TICKETS AVAILABLE AT HOTEL GIFT STORE (858) 277-8888**  
**FOR MORE INFORMATION CALL (619) 420-8866 OR (858) 743-0698**  
**WWW.SANDIEGOFIGHTS.COM**



**SKYDIVE!**  
**Scenic views of the ocean, downtown, the mountains & more!**  
**San Diego's oldest, largest operation**  
**619.216.8416 | SkydiveSanDiego.com**  
Other conditions may apply.  
Must be 18 years of age and weigh less than 230 pounds.  
**Bring this ad for FREE VIDEO of your skydive on Sunday!**  
Expires 2/28/10.



## Calendar LOCAL EVENTS

free. NTC Promenade, 2640 Historic Decatur Road. (POINT LOMA)

**Meet a Prince of Darkness — Ozzy!** Ozzy Osbourne signs his new memoir, *I Am Ozzy*. “I’ve done some bad things in my time.... But I ain’t the devil.” Purchase a copy of *Ozzy* from Warwick’s and receive a ticket for signing line; only books purchased at Warwick’s will be signed. 858-454-0347. Friday, February 19, 7:30pm; free. Warwick’s Bookstore, 7812 Girard Avenue. (LA JOLLA)

**Mysterious Afternoon** Southern California mystery author Melinda Wells (*The Proof Is in the Pudding*) and “biblio” mystery author Kate Carlisle (*If Books Could Kill*) discuss, sign their books. 858-268-4747. Saturday, February 20, 2pm; free. Mysterious Galaxy Books, 7051 Clairemont Mesa Blvd., Suite 302. (KEARNY MESA)

**New Ideas on Time** Theoretical physicist Sean Carroll discusses, signs *From Eternity to Here: The Quest for the Ultimate Theory of Time*, combining “accessible language with fascinating new ideas to explore the elusive arrow of time.” Question and answer follows. 858-755-3735. Thursday, February 18, 7pm; free. Book Works, 2670 Via de la Valle. (DEL MAR)

**Open-Mike Night** Musicians, singers (including karaoke), actors, poets, comedians invited to entertain. Purchase requested. 619-299-9360. Sundays, 8pm. Café Libreria, 3834 Fifth Avenue. (HILLCREST)

**Pearl’s Palace** Talent and variety show with Eddie Green and his “Puppet Divas,” Boy Shakira, MC Granny Pearl. Tickets benefit Mama’s Kitchen. 760-737-7326.

Sundays, 8pm; through Sunday, May 9. Brass Rail, 3796 Fifth Avenue. (HILLCREST)

**Poetry, Music, Mayhem** Ted Washington and Pruitt Igoe read from their work for Drunk Poets Society. 619-222-3802. Monday, February 22, 6pm; free. 21 and up. Winstons, 1921 Bacon Street. (OCEAN BEACH)

**Sight & Sound** Preview night with musical performances by Buddy Akai, Mission:Valley, Gregory Page, Machete. See short production from Mo’olelo’s upcoming play *Self (The Remix)*. Art by Billy Martinez, Todd Sanders, Francis Camacho. Sculpture, video projections, more. MC: Rob Deez. 619-846-7180. Saturday, February 20, 7pm; \$10. 21 and up. Queen Bee’s Art and Cultural Center, 3925 Ohio Street. (NORTH PARK)

**Silly Saturdays** Comedy show hosted by D’Sean Ross, comedians Clayton Thomas and Tobe Hixx. 619-708-7975. Saturday, February 20, 8pm; \$10. 21 and up. McDini’s, 105 E. 8th Street. (NATIONAL CITY)

**Want to Be a Storyteller?** Learn art of basic storytelling from international storyteller Diane Ferlatte. Participants may have opportunity to join Black Storytellers of San Diego, Inc. Donations accepted. 619-422-7053. Sunday, February 21, 2:15pm. Joe and Vi Jacobs Center, 404 Euclid Avenue. (EMERALD HILLS)

**Spring Literary Series** Warren St. John, author of *Outcasts United*, the current “One Book, One San Diego” selection, reads from his work, signs books. 619-388-3596. Thursday, February 18, 9:35am; free. 14 and up. Saville Theatre at San Diego City College, 14th and C Street. (EAST VILLAGE)

**Storytelling Concert** Black Storytellers of San Diego Inc. present

international storyteller Diane Ferlatte. Donations accepted. 619-422-7053. Sunday, February 21, 3pm. Joe and Vi Jacobs Center, 404 Euclid Avenue. (EMERALD HILLS)

**Stress-Free Tuesdays** Comedy show by Thai Rivera, James Davis, Matt Morales, host Byron Bowers. No cover before 7:30pm. 619-708-7975. Tuesday, February 23, 7pm; free-\$5. 21 and up. U-31, 3112 University Avenue. (NORTH PARK)

**Sunset Poets** San Diego poet Chris Vannoy is featured reader. Open-mike reading follows. 760-758-2410. Sunday, February 21, 3pm; free. Pizarro’s Pizza, 2216 S. El Camino Real. (OCEANSIDE)

**Tone Road Ramblers** Group combines “toy instruments, micro-tonal music, improv, and other elements into their idiosyncratic sound.” 858-534-3229. Wednesday, February 24, 7pm; \$1-\$15. Conrad Prebys Music Center at UCSD, Russell Lane at Gilman Drive. (LA JOLLA)

**Train of Thought** Open-mike showcase for poets, storytellers, singers, songwriters, comedians, musicians. 619-255-5147. Wednesdays, 8:30pm; through Wednesday, December 29; \$5. Queen Bee’s Art and Cultural Center, 3925 Ohio Street. (NORTH PARK)

**Upright Citizens Brigade Tourco** This sketch comedy troupe “that birthed improv legends Amy Poehler and Horatio Sanz” takes stage for ArtPower performance. 858-534-TIXS. Monday, February 22, 9pm; \$10-\$12. Loft, 9500 Gilman Drive. (LA JOLLA)

**West Coast Funnies** Comedy variety show with Kurt Swann blends sketch and stand-up comedy. Headliner is Barry Diamond of HBO’s *Curb Your Enthusiasm*. 760-720-2460. Saturday, February 20, 8pm; \$20. 18 and up. Carlsbad Village Theatre, 2822 State Street. (CARLSBAD)

## LECTURES

**“A Critique of Love, Knowledge, and Pity”** USD professor Dennis Rohatyn divulges “The Three Passions of Bertrand Russell” during talk hosted by Humanist Fellowship of San Diego. How did “Russell’s three governing passions” guide his life and work, and why did they fail to bring him or anyone else the happiness he sought? 619-590-0491. Sunday, February 21, 2pm; free. San Diego Public Library, 820 E Street. (EAST VILLAGE)

**“André Kertész: On Reading”** Exhibition of 104 photographs by “one of the 20th Century’s most influential photographers” opens with lecture by Arthur Ollman, former director of Museum of Photographic Arts (4pm). Reception follows (5-7pm). Series illustrates Kertész’s “penchant for the poetry and choreography of life in both public and private moments, tapping the absorptive power of reading as a universal pleasure.” Exhibit continues through Sunday, April 18. 760-602-2021. Saturday, February 20, 4pm; free. William D. Cannon Art Gallery at Carlsbad Library, 1775 Dove Lane. (CARLSBAD)

**“Balancing Business and Love”** Ponder “The Joys and Challenges of Co-Preneurship” during panel discussion focusing on “starting a business with your significant other” hosted by Ladies Who Launch. Panelists include Jennifer Finch (Firehouse Brewing Company), Renata Carlseen (Kapreeza European Lingerie and Swimwear), Michelle Bartok (Innovative Body Science). 619-880-7852. Monday, February 22, 6pm; \$35. Cozymel’s Mexican Grill, 4303 La Jolla Village Drive. (UNIVERSITY CITY)

**“Building Health into Our Community Design”** Tracy Delaney — manager of Chronic Disease and Health Disparities for San Diego County’s Public Health Services — focuses on enhancing community health through environmental systems, policy change for Friends of San Diego Architecture. Requested donation: \$5; students free. 619-224-8584. Saturday, February 20, 9:30am. NewSchool of Architecture and Design, 1249 F Street. (EAST VILLAGE)

**“Finding Your Ancestors in the Old Country”** Anne J. Miller, education director for Temecula Valley Genealogical Society, speaks to North San Diego County Genealogical Society. Learn how to

find names, locations of your immigrant ancestors without “crossing the pond.” 858-509-4937. Tuesday, February 23, 10am; free. Carlsbad City Council Chambers, 1200 Carlsbad Village Drive. (CARLSBAD)

**“From Concept to Object”** James Brown, a principal of San Diego architecture firm Public, plans talk. 619-884-8783. Wednesday, February 24, 6:30pm; free. NewSchool of Architecture and Design, 1249 F Street. (EAST VILLAGE)

**“From Words to Actions to Architecture”** Vito Acconci speaks for “Public Culture” series in Visual Arts Facility Performance Space. 858-822-7755. Wednesday, February 24, 6:30pm; free. University of California San Diego, 9500 Gilman Drive. (LA JOLLA)

**“Fur Shui: Year of the Tiger”** Paula Brown “discusses animal communication and offers a fun introduction to the energy and characteristics of the Chinese New Year of the Tiger.” Brown is author of *Fur Shui: An Introduction to Animal Feng Shui*. 858-792-3707. Sunday, February 21, 1pm; free. Dexter’s Deli, 1229 Camino Del Mar. (DEL MAR)

**“Greenovation Forum: Nature and Sustainability”** Forum focuses on research, commercial activities “ranging from pharmaceuticals derived from marine organisms to biology-based next generation fuels and chemicals,” with speakers from Scripps Institution of Oceanography, San Diego Zoological Society, Synthetic Genomics, Inc. Program takes place in Calit2 Theatre at Atkinson Hall. RSVP: 858-822-2521. Wednesday, February 24, 4pm; free. University of California San Diego, 9500 Gilman Drive. (LA JOLLA)

**“Health-Care Reform in California and the Nation”** California Teachers Association health benefits specialist Kathy Rallings “explores the health-care crisis we face and possible solutions” for Life senior learning group, meeting in room 1068. Program includes discussion about pending legislation in California. 760-721-8124. Friday, February 19, 1pm; free. MiraCosta College, One Barnard Drive. (OCEANSIDE)

**“Hiking the Pacific Crest Trail”** East County resident Dana Law recounts his recent section hike along the PCT. Photographs promised. 619-463-3236. Friday, February 19, 10:30am; free. Casa de Oro

Library, 9805 Campo Road #180. (SPRING VALLEY)

**“Horror and the Body”** Makeup artist Julz Perez and film critic Beth Accomando discuss horror genre, special effects, the human body. Talk in Arts 240 moderated by Professor Martha Stoddard-Holmes. 760-750-4011. Tuesday, February 23, 6pm; free. CSU San Marcos, 333 South Twin Oaks Valley Road. (SAN MARCOS)

**“How to Conserve Water in Your Landscape”** Steve Jacobs of Nature Designs Landscaping shares knowledge on reducing water use while improving landscape when California Rare Fruit Growers meet in Horticulture Building room 7003. Fruit growers, gardeners, hobbyists welcome. 760-806-6678. Friday, February 19, 7pm; free. 10 and up. MiraCosta College, One Barnard Drive. (OCEANSIDE)

**“Iraq’s Secular Past”** Palestinian refugee Ibrahim Ebeid speaks for Atheist Coalition of San Diego. 619-342-7388. Tuesday, February 23, 6:30pm; free. North Park Recreation Center, 4044 Idaho Street. (NORTH PARK)

**“Managing Your Media in Final Cut Pro”** Jeff Underwood — Platt College’s new “Final Cut Pro” instructor, producer of “increasingly viral video” *FCP Muscle Memory* — discusses a recent project he’s producing for Media Arts Center. He will “share the workflow that has worked best for him.” Bring laptop with FCP if you’d like to follow along during seminar. 619-230-1938. Saturday, February 20, 1pm; \$10. 15 and up. Media Arts Center, 921 25th Street. (GOLDEN HILL)

**“One Book, One San Diego” Talk** Literature professor/library staffer Phillip Gunderson discusses *Outcasts United* by Warren St. John. 619-236-5817. Monday, February 22, 6:30pm; free. San Diego Public Library, 820 E Street. (EAST VILLAGE)

**“Prisoner Release 101”** Learn “truth about inmate release under new law” during forum sponsored by a New PATH (Parents for Addiction Treatment and Healing). “California’s inmate population will be reduced by 6500 this year to comply with law.” Speakers include Sheriff William Gore, Craig Gilmore, Caroline Stewart, Margaret Dooley-Sammuli, Reverend Dennis Malone, others. RSVP: 619-670-1184. Monday, February 22, 7pm; free. 16 and up. Joyce Beers Community Center, 4065 Vermont Street. (HILLCREST)

**“Reflections on Forging the 2010 U.S. Trade Agenda”** Dean Peter Cowhey draws on his experience serving in the Obama administration as senior counselor to Ambassador Ron Kirk at Office of the United States Trade Representative. Reception follows. Required reservations: 858-822-6756. Tuesday, February 23, 5pm; free. University of California San Diego, 9500 Gilman Drive. (LA JOLLA)

**“The Cloths of Heaven”** Artist talk planned by Siobhan Arnold in conjunction with her exhibition described as “a body of work in-

After 35 years  
Ladybug Art  
is closed...however,  
award-winning artist  
Susan Mae Hull  
will teach  
**Beginning Art  
The Grove**  
30th and Juniper  
in South Park.

Present this ad for  
**50% OFF**  
your 1st private  
**ART CLASS**  
of 2 hours or more.

Call 619-563-0082  
to schedule  
Expires June 1, 2010.

### ANZA BORREGO FILM SCREENING



Southern California's  
Outdoor Experts  
760-966-1700  
adventure16.com

Don't miss this special screening of three short films that wonderfully depict the beauty and wonder of Anza-Borrego Desert State Park. Even if you've never visited the Park, these spectacular films will leave you feeling inspired and ready for a visit. **FREE!**

Thursday, Feb. 25  
6:30 Wine & Cheese Happy Hour  
7-8pm presentation

2002 South Coast Hwy.  
Oceanside, CA 92054  
(South Coast Highway & Vista Way)

Intro lesson \$38  
**2-for-1**  
(Advance reservation required)

**Largest Climbing Gym in San Diego**

Student  
Mondays  
\$3 Off  
Day Pass  
(Excludes lessons.  
Call for details.)

**VERTICAL HOLD**  
Special Climbing Outfitters, Inc.

9580 Distribution Ave. • San Diego  
858-586-7572 • verticalhold.com

**Dance lesson only \$10\***

Latin and Ballroom  
Jitterbug and Swing  
Salsa and Merengue  
Classes still open. No contracts!

**\$32 for 4 weeks**  
with this ad

Pattie Wells Dancetime Center  
619-275-3533  
www.dancetime.com  
\*1-hour introductory class



spired by the historical representation of female figures from Biblical, allegorical, and mythological narratives." Photographs on display through Thursday, March 4. 760-795-6657. Thursday, February 18, 11am; free. Kruglak Gallery at MiraCosta College, One Barnard Drive. (OCEANSIDE)

**"Visiting Time: Contemporary Time-Based Art"** Boris Groys of New York University speaks for "Public Culture" series in Visual Arts Facility Performance Space. 858-822-7755. Thursday, February 18, 6:30pm; free. University of California San Diego, 9500 Gilman Drive. (LA JOLLA)

**Attractive to Butterflies?** "Create a Butterfly Garden with California Native Plants" when Greg Rubin of California's Own Native Landscape Design Company teaches how to attract butterflies, create a sustainable butterfly habitat. Registration: 619-660-0614 x10. Tuesday, February 23, 6:30pm; \$20-\$30. Water Conservation Garden, 12122 Cuyamaca College Drive West. (RANCHO SAN DIEGO)

**Beyond Pulling Weeds** Theresa Sinicropo Talley of Scripps Institution of Oceanography presents "Improving the Recovery of Coastal Ecosystems" for Tijuana Estuary Speaker Series. "Limited time, money, and person-power lead us to ask, 'Can we do more with existing resources to improve the recovery of coastal ecosystems?'" 619-575-3613. Saturday, February 20, 11am; free. Tijuana Estuary Visitor Center, 301 Caspian Way. (IMPERIAL BEACH)

**Computer Genealogy Society** Gather for user group for Roots-Magic, user groups on DNA and *ancestry.com* (9am). Aaron Underwood, developer of GenSmarts, speaks about this "add-on" software program (10:15am). 858-674-0749. Saturday, February 20, 9am; free. Robinson Auditorium complex at UCSD, off Pangea Drive. (LA JOLLA)

**Eminent Domain** Attorney Daral Mazzarella and others focus on eminent domain and Chula Vista's Proposition C during Southwest Chula Vista Civic Association meeting. Why is redevelopment agency paying off its debt to the city? 619-425-5771. Monday, February 22, 6:45pm; free. MAAC Charter School, 1385 Third Avenue. (CHULA VISTA)

**Exploring Frontiers of Science** Jason Shulman of Texas Center for Superconductivity, University of Houston, presents "Probing an Electrorheological Colloid: General Mechanism for Negative Capacitance." Campus location: 760-750-8575. Thursday, February 18, noon; free. CSU San Marcos, 333 South Twin Oaks Valley Road. (SAN MARCOS)

**First Aid for Dogs and Cats** American Red Cross class covers treatments for pet emergencies including choking, shock, poisoning, broken bones. Required reservations: 619-243-3424. Saturday, February 20, 1pm; \$60. San Diego Humane Society and SPCA, 5500 Gaines Street. (LINDA VISTA)

**Friendly Natives** See, touch, smell some drought-tolerant plants — such as salvias and California natives — when landscape designer Doug Kalal presents "Thirty Great Drought-Tolerant Plants for Your Garden." 619-200-7066. Monday, February 22, 6pm; free. Rancho Bernardo Library, 17110 Bernardo Center Drive. (RANCHO BERNARDO)

**Future's So Bright...** In *The Next Hundred Million*, social and economic trend analyst Joel Kotkin looks beyond short-term challenges to reveal why a brighter future for America may lie ahead. Kotkin speaks for Revelle Forum, focusing on evolution of more intimate units of American society (families, towns, neighborhoods, industries). Registration: 858-882-8000. Tuesday, February 23, 7pm; \$25. Neurosciences Institute, 10640 John Jay Hopkins Drive. (LA JOLLA)

**Get Grooming** Learn canine grooming techniques, basic flea-control strategies, options on preventing external parasites. "Discover at-home grooming equipment every dog owner should have as well as more advanced options." Class is for people only. Registration: 619-243-3424. Thursday, February 18, 6:30pm; \$12. San Diego Humane Society and SPCA, 5500 Gaines Street. (LINDA VISTA)

**Get a Job!** Looking for a new or part-time job? Learn basics of online job searching, gain hints and techniques to make searches more efficient, during class at Oasis. Fee: \$24 for two classes (February 18 and

25). 619-574-0674. Thursday, February 18, 10:15am. Westfield Mission Valley Center, 1640 Camino del Rio North. (MISSION VALLEY)

**How to Live Happily Ever After with Your Dog** Workshop covers topics such as house training, socialization with people and other animals, calmness in home, communication with your dog, basic nutrition, more. For people only. Required reservations: 619-299-7012 x2247. Thursday, February 18, 6:30pm; \$35. San Diego Humane Society and SPCA, 5500 Gaines Street. (LINDA VISTA)

**Myths Dispelled!** Debt-relief and bankruptcy seminar for consumers and business owners struggling with debts. Registration: 760-431-2200. Wednesday, February 24, 6pm; free. 18 and up. Legal Objective Law Firm, 2544 Campbell Pl., Suite 100. (CARLSBAD)

**Plant Propagation Made Easy** Learn everything you need to know about making new plants from cuttings during class taught by Connie Beck, experienced nursery manager and landscape designer. Learn successful techniques for preparing, storing, and planting seeds. Bring samples of plants and seeds you wish to propagate. Registration: 619-660-4350. Saturday, February 20, 9:30am; \$25. Water Conservation Garden, 12122 Cuyamaca College Drive West. (RANCHO SAN DIEGO)

**Rendering Judgment** Honorable Victor E. Ramirez, retired Superior Court of San Diego County

judge, presents "The California Judiciary: A Search for Justice in a Democratic Society" for San Diego Independent Scholars in Chancellor's Complex room 111A. 760-751-3094 or 619-296-4055. Saturday, February 20, 1:30pm; free. University of California San Diego, 9500 Gilman Drive. (LA JOLLA)

**Secrets of Improvisation Comedy Divulged!** Upright Citizens Brigade Tourco hosts workshop before show (9pm at Loft). Fee includes workshop and show. 858-534-8497. Monday, February 22, 6:30pm; \$18. Price Center at UCSD, 9500 Gilman Drive. (LA JOLLA)

**Seeking Attention?** Barbara Fisch and Sarah Shealy of Blue Slip Media (a children's book publicity and marketing agency) share insights into creating a media campaign for children's books. Talk hosted by Society of Children's Book Writers and Illustrators offered in USD's Hahn School of Nursing Building (Linda Vista Road and Marion Way). 619-713-5462. Saturday, February 20, 2pm; \$7-\$9. University of San Diego, 5998 Alcalá Park. (LINDA VISTA)

**Sogetsu School Ikebana** Learn basics of Sogetsu-style ikebana (Japanese flower arrangement) from Yumi Rakers. Materials list

upon required advance registration. Fee: \$15 per session, or \$40 for four sessions. Registration: 619-232-2721. Tuesday, February 23, 9:30am. Japanese Friendship Garden, Pan American Road. (BALBOA PARK)

**The Music of Mendelssohn** Carlsbad Music Guild presents "Music in Your Life" program. 760-633-1953. Tuesday, February 23, noon; free. Schulman Auditorium at Carlsbad City Library, 1775 Dove Lane. (CARLSBAD)

**What's Up with Ko'ie'ie Fishpond?** State parks historian Alex Bevil recently participated in restoration of Maui's 500-year-old Ko'ie'ie Fishpond, a spot listed on National Register of Historic Places. Bevil presents "Laulima: Reflections on the Restoration of an Ancient Hawaiian Fishpond" for San Diego Archaeological Society, divulging ancient fishpond history, construction, preservation. 858-538-0935. Tuesday, February 23, 7:30pm; free. Los Peñasquitos Ranch Adobe, 12122 Canyonside Park Drive. (RANCHO PEÑASQUITOS)

**Who Was Fawzi al-Qawuqi?** McGill University professor Laila Parsons focuses on "The Return of

Narrative to the Historiography of the Early 20th-Century Arab World" in Social Sciences Building room 104. "Using the life story of the Arab-nationalist soldier Fawzi al-Qawuqi as an example," Parsons argues "the historiography of the early 20th-century Arab Middle East can be further enriched by narrative histories and biographies in which the people of the region itself (rather than colonial bureaucrats) serve as the protagonists." 858-822-5297. Monday, February 22, 4pm; free. University of California San Diego, 9500 Gilman Drive. (LA JOLLA)

## SPORTS

**Alpine Climb** Join San Diego Bicycle Touring Society for 70-mile bike ride to Alpine for lunch (bring money). 619-561-3846. Sunday, February 21, 8:45am. McDonald's, 551 Telegraph Canyon Road. (CHULA VISTA)

**Big Lagoon Ride** Join San Diego Bicycle Touring Society bicyclists for 50-mile ride "up and around." 619-255-5360. Saturday, February

## SINGLES

**more  
local singles**  
**858.713.7268**  
**TRY FOR FREE** CODE 2744



More local numbers:  
1.800.210.1010  
livelinks.com 18+  
1.900.505.6789 99¢/min.



**Big beautiful women!**  
AND THE MEN WHO LOVE THEM

**Instant fun for Plus-Sized Ladies  
and the men that adore you!**  
Talk to real people in your area  
in minutes!

**Browse and  
record ads FREE!  
Talk privately and  
connect in the  
chat room.**

**619-270-4411  
858-764-2609  
760-494-2597**

**How Hot  
is RedHot?**  
**Call now to find out!**  
**619.308.3000**

Other Local Numbers:  
1.800.700.6666

**TRY FOR FREE**  
CODE 7888

1.900.505.5151 \$1.99/min. 1st min. \$4.99  
18+ redhotdateline.com

**RedHot  
dateline**

**THE PLACE TO MEET HOT**

**EXCITING SINGLES!** **lava life VOICE**

**FREE\* TO TRY!**

**CALL NOW! SAN DIEGO**  
**619-618-2320**  
LA JOLLA 858-866-8705 NORTH COUNTY 760-536-8890

18+ \*CARRIER CHARGES MAY APPLY

**AT HOME?**  
Collect Call Billing! 1-866-607-5282  
1-900 PRICING OPTIONS! 1-900-622-1100

**ON THE GO?**  
DIAL #CLICK (#25425) 79¢/min. Sprint, Boost, AT&T



# Calendar

## LOCAL EVENTS

20, 8:45am. Doyle Park, 8175 Regents Road. (UNIVERSITY CITY)

**California Classic Gymnastics Invitational** Youth gymnastics competition. Saturday, February 20, 9am; \$7-\$10. Del Mar Fairgrounds, 2260 Jimmy Durante Boulevard. (DEL MAR)

**Coastal Cruising** Knickerbikers bicyclists plan 40-miler along coastal back streets. Bring money for lunch in Carlsbad. 619-255-2890. Saturday, February 20, 9am. Glen Park, 2149 Orinda Drive. (ENCINITAS)

**Horse Hike to Hell Creek** Friends of Hellhole Canyon Open Space Preserve sponsor horse hike through challenging terrain surrounding this North County creek. Hike requires a trail horse of intermediate ability; horses must be able to cross water. Riders should bring water, snack. 760-751-9700. Saturday, February 20, 9am; free. Hellhole Canyon Open Space Preserve, 19324 Santee Lane. (VALLEY CENTER)

**NEDA Walk** UCSD's Eating Disorders Treatment and Research team hosts NEDA Walk in conjunction with Eating Disorders Awareness Week. 858-534-8026. Sunday, February 21, 9am; \$20.

Crown Point, 3700 Crown Point Drive. (PACIFIC BEACH)

**Running Clinic in the Park** Exercise physiologist/coach Dr. Jason Karp leads clinics, workouts in park for runners of all abilities. "Learn how to run smart and then experience the workouts." Different clinic and workout each week. 619-546-8386. Mondays, 6pm; through Monday, March 8, \$10. Nobel Athletic Fields and Recreation Center, 8810 Judicial Drive. (UNIVERSITY CITY)

## MUSEUMS & PUBLIC ART

**Birch Aquarium at Scripps** What makes the seahorse a fish, though it doesn't look like one? How do male seahorses get pregnant, give birth? "There's Something About Seahorses" explores biology, adaptations of these creatures. Exhibit includes more than a dozen species of live seahorses and their relatives, including pipefish, shrimpfish, sea dragons. Continues through December 2011.

Facility is a component of the Scripps Institution of Oceanography at UCSD. More than 60 tanks contain marine life of Pacific Northwest, California coastline, Mexico's Sea of Cortés, and South Pacific. The La Jolla Kelp Tank is a two-story-high tank with giant

kelp plants and nearly 30 species of local marine life. "Feeling the Heat: The Climate Challenge" examines science behind climate change; "Art of Deception" explores undersea camouflage. "Wonders of Water" waterplay area includes three interactive stations. The Lynne and Howard Robbins Shark Reef Exhibit features a 13,000-gallon shark tank with black tip, white tip, bamboo, and wobbegong sharks. 2300 Expedition Way, 858-534-3474. (LA JOLLA)

**Chula Vista Nature Center** Interactive living museum devoted to the endangered Southern California coastal wetlands, located in Sweetwater Marsh National Wildlife Refuge. Visitors use a bioscanner to view animals macroscopically, use a Wentzscope for views of microscopic organisms found in the "Sweetwater Soup," and interact with computerized videos exploring how tides affect the bay in the "Moons, Tides, and the San Diego Bay" exhibit. Pet sharks and rays in the David A. Wergeland Shark and Ray Experience, see burrowing owls and migratory birds, and enjoy the xerophytic gardens.

Visitors meet a shuttle bus at the Bayfront E Street Trolley Station or at the center's parking lot at the foot of E Street and Bay Boulevard. 1000 Gunpowder Point Dr., 619-409-5903. (CHULA VISTA)

**Coronado Museum of History and Art** Why are Navy SEALs called frogmen? Who were some of the streets of Coronado named

after? Find out in "Coronado: We Remember," combining stories, historical vignettes of artifacts, photographs, textiles, documents from archives of Coronado Historical Association. Closes Tuesday, June 1.

Ongoing exhibits explore the overall history of Coronado, Navy and Army, Tent City, and the Hotel del Coronado. 1100 Orange Ave., 619-435-7242. (CORONADO)

**Flying Leatherneck Museum** Museum is dedicated to Marines who provided air support, from the propeller-driven fighters and bombers of the 1940s to the modern jets and helicopters currently in use. Static displays of a variety of aircraft are included, along with equipment, insignia, paintings and photographs, scale models, and a research library. The museum is located in building T-2002, at Marine Corps Air Station Miramar. Miramar Road (Marine Corps Air Station), 858-693-1723. (MIRAMAR)

**Mingei International Museum** "Fisch Out of Water — Sea Creatures of Arline Fisch" is the designer craftsman's first major installation. The more than 150 objects crocheted from color-coated copper wire are life-sized re-creations of specific jellyfish species and objects suggesting sea anemones and coral. Fisch is professor of art (emerita) at SDSU, where she founded its program in jewelry and metalsmithing in 1961. Through Sunday, May 16.

"Transformed by Fire" is a career-spanning exhibition of 90 ob-

jects by June Schwarcz, considered the nation's premier enamelist. Also on view: "Fifty-Six Chinese Hat Boxes — And One Hat!" Exhibition of 56 Qing Dynasty (1644-1911) hatboxes created to hold officials' hats boasts boxes made of wood, lacquer, paper, leather, all from late 19th or early 20th Century. The hat in question is a summer hat. Both exhibits close Saturday, July 3.

"Sonabai: Another Way of Seeing" continues through Sunday, September 5. The self-taught artist lived in enforced isolation for 15 years in a remote village in central India, developing an innovative art form that she later taught to other artists. Exhibition includes 33 sculptures by Sonabai and her family as well as 38 works by four artists trained by Sonabai. 1439 El Prado, 619-239-0003. (BALBOA PARK)

**Museum of Contemporary Art San Diego, La Jolla** "Classic Contemporary: Lichtenstein, Warhol, and Friends" — opening Sunday, February 21 — showcases major pop, minimalist, color field works in museum's collection of American Art dating from 1960s and 1970s. View iconic pieces by Edward Ruscha, Ellsworth Kelly, Claes Oldenburg, Sol LeWitt, others through Sunday, March 21.

Also opening on February 21: "Pleasure Point: Celebrating 25 Years of Contemporary Collectors." Exhibit boasts "major highlights of the acquisitions" group has made possible during past 25 years, including works by Tony Oursler,

Doris Salcedo, Nancy Rubins. Closes Sunday, May 16. 700 Prospect St., 858-454-3541. (LA JOLLA)

**Museum of Making Music** "Waves of Inspiration: The Legacy of Moog," on view through Friday, April 30, highlights inventor Bob Moog's career, impact it had on world of music. See rare vintage synthesizers, other related Moog instruments and memorabilia from Bob Moog Archives and private collections. Exhibit explores numerous musicians, engineers, colleagues who played vital roles in evolution of Moog sound. Instruments featured trace history of Moog's work.

"ON! The Beginnings of the Electric Sound Generation" presents rarely seen examples of early, electrified instruments from 1900 to 1965. Exhibit includes iconic electric and electroacoustic guitars, lesser-known electric instruments such as banjos, violins, basses, keyboards, amplifiers, effects pedals, and unusual applications of electrification such as the electric zither. Through March.

The past 100 years of American music and music making are highlighted at the museum, with over 450 vintage instruments, hundreds of audio and video clips, and an interactive stage. 5790 Armada Dr., 760-438-5996. (CARLSBAD)

**Olaf Wieghorst Museum** Displays paintings and prints by Olaf Wieghorst and features exhibits of other artists' American West art. Adjacent to museum is courtyard with cactus gardens, 20x20-foot reproduction of Wieghorst's painting *Navajos at Castle Creek*, and original restored home Wieghorst lived in for many years starting in 1945. 131 Rea Ave., 619-590-3431. (EL CAJON)

**Ramona Pioneer Historical Society and Guy B. Woodward Museum** Complex of historical buildings includes the Verlaque House (the only Western adobe home of French provincial design still in existence), wagons, antique exhibits, and artifacts. There is a cowboy bunkhouse, women's clothing and accessories from 1700 to 1800, a ranch blacksmith shop and tack room. The Casey Tibbs Memorial Exhibit is dedicated to Tibbs, a local resident who was a world-champion rodeo rider. The Bancroft Memorial Rose Garden is on the grounds. Rare documents, historical exhibits, books, photographs, and a research library are also part of the complex. 645 Main St., 760-789-7644. (RAMONA)

**San Diego County Sheriff's Museum** The 150-year history of the sheriff's department is highlighted at the museum, which is located "just feet away" from the original cobblestone jail site, built in 1850. The museum boasts artifacts, photographs, equipment, uniforms, and vehicles, along with exhibits from each of the departments making up the organization such as crime scene, K-9, court service, detentions, crime lab, bomb squad, and many others. 2384 San Diego Ave., 619-260-1850. (OLD TOWN)

## SINGLES

## MEET LOCAL SINGLES

Voice Personals and Live Chat  
**Phone Dating!**  
No online photos needed!

**FREE  
CODE  
1209**

**San Diego**  
**(619) 295.5550**  
**(858) 707.7777**

El Cajon	(619) 387.0317
La Mesa	(619) 388.0770
Chula Vista	(619) 734.0083
La Jolla	(858) 713.5545
Mira Mesa	(858) 860.0177
Encinitas	(760) 516.0011
Oceanside	(760) 405.0899
Escondido	(760) 708.2199
Vista	(760) 509.1010

For other local numbers call

**1-888-MegaMates**

[www.MegaMates.com](http://www.MegaMates.com)

**1-888-634-2628**

## Singles Parties for 30+

Come socialize with other singles to meet that special someone!

**Thursdays 7-11 pm**  
**Characters Bar & Grill**

La Jolla Marriott  
4240 La Jolla Village Dr.  
DJ John Phillips & Dancing • \$11 Admission

**Tuesdays 7-11 pm**  
**94th Aero Squadron**

8885 Balboa Ave.  
DJ Smooth-Juan & Dancing • \$11 Admission

**Hotline: 858.259.6166**  
**SinglesinSanDiego.com**



Hosted by Darlena

**Meet hot  
Latino singles  
NOW!**

**Try it for FREE**  
Code 2916

**619.388.8433**

Other Cities: 1.800.831.1111

Ahora en  
Español

**fonochat™**

18+



# No Joke

*"The learning curve was like being shot out of a cannon," says new winemaker Linda.*

On Saturday, February 6, Mike and Linda McWilliams celebrated their one-year anniversary as owners of San Pasqual Winery. The brand itself dates back to the early '70s, when a lawyer, Mickey Fredman, and a judge, Charlie Froelich, decided to build a winery to process the grapes they harvested from a vineyard they planted in Escondido as a tax shelter. Pierce's disease got the better of them, and in 1986

they sold to real-estate man Paul Thomas and three members of the vineyard-rich Jaeger family, who changed the name to Thomas Jaeger Winery.

Local real-estate developer Paul Marx resurrected the San Pasqual name (though not the vineyard) in 1999. But distribution proved tricky, and in 2006, he sold to a young winemaker named Erik Humphrey. Humphrey moved the winemaking operation to a light industrial zone of Pacific Beach, started drawing thirsty visitors, and began making plans to move his facility into PB proper. His dream: "A wine bar that would be like a microbrewery, where you could see the tanks, see us making wine."

Enter the McWilliamses — he's a research psychologist for the Navy, she's a speech therapist at a middle school. "We were looking to start a wine bar downtown," explains Mike. "I was searching for 'wine bar' online, and 'urban winery for sale' popped up." The winery move had never quite happened for Humphrey, and San Pasqual was back on the block. "I showed [the ad] to Linda, and we kind of joked about it for a while" — until it stopped being a joke. "They had changed the law so that wineries could start serving wines by the glass, and so we could still have our wine bar downtown, but we'd be serving our own wine."

They visited, fell in love, contracted Humphrey as a consultant, and closed the deal. "I remember

the first day we showed up — we met Eric there on a Saturday," recalls Linda. "I thought, *Wow. We own this winery. What are we going to do?* Eric showed me the floating lids for the fermentation tanks and said, 'You need to scrub these.' I thought, *Oh — okay.*" Welcome to the glamorous world of wine.

The downtown part of the plan is still in the works. (Government regs and alcohol sales can make for a tricky mix, and the perfect location — walking distance from the convention center — has yet to present itself.) But in the meantime, the McWilliamses, longtime residents of La Mesa, have opened a tasting room/wine bar/art gallery on their own main drag. (Just now, celebrity portraits by Mike's brother Tim line one wall in the tasting bar; the warm yellow sitting area behind it features landscapes from local painter Grace Schlesier.)

On February 8, they hosted their first gathering in the high-ceilinged back room. The occasion, fittingly enough, was a meeting of the San Diego County Vintners Association. "The learning curve was like being shot out of a cannon," says new winemaker Linda. "Waking up in the middle of the night, thinking, *What am I doing?*"

Fortunately, she had Humphrey to answer the question. "I've got him on speed-dial, and we text all the time." She also had the association. "There are four winemakers who are helping me, and I can call anyone in the association. They've been so welcoming."

On the formal side, she took a wine-production class at Mira Costa College from Jim Hart, winemaker at Milagro Farm Vineyard & Winery in Ramona and son of Hart Winery's Joe Hart. "We had classroom work every week, but we also went out and did a harvest at Hart and went through crush and bottling and everything. I've got 14 gal-

**Crush**  
MATTHEW LICKONA



Mike and Linda McWilliams (left) and the crew at the San Pasqual tasting room

lons of Cabernet Franc from that class. The rest of the guys make fun of me — 'You have 500-gallon tanks of wine; what are you doing with this?' But I can play with it and not worry about screwing up 500 gallons." Classes in chemistry are still to come, as is winemaker certification from UC Davis.

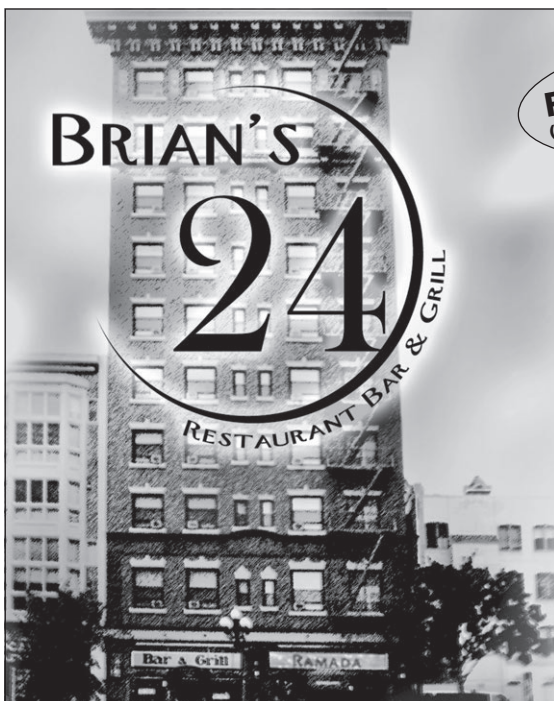
For now, San Pasqual is still selling through its wide-ranging back inventory — Humphrey's stuff, made mostly from Guadalupe Valley fruit brokered by Escondido's Belle Marie Winery. (The Sauvignon Blanc glides down with the Valley's distinctively unctuous character, and the '01 Nebbiolo-Cabernet blend reminds me of similar wines from L.A. Cetto.) But under its new owners, the winery has shifted its interests northward. Says Mike, "We did a collaborative buy with another winemaker, and there were a couple of other sources. But nothing from Mexico this year. We have fruit from Napa, Sonoma, Lake County, Mendocino, Monterey — and San Diego County."

"Fallbrook," adds Linda. "I'd like to do more wines made from local fruit. But this was our first crush. We're still sorting things out. We've got so many wines going, and there are going to be more.

Every Sunday during crush — from the end of August to October — we were doing something like 10 to 12 tons. We'd start at 7:00 in the morning and work until 1:00 the next morning. When we bought the winery, they advertised 1000 to 1500 cases. I think we'd like to get to double that but not get so big that I have to hire people to do the fun job of winemaking and tasting."

And on Sunday, February 14, the McWilliamses will bottle the first wine made entirely under their watch: the San Pasqual Passionfruit. The fruit comes in from San Marcos/ Vista and gets mixed with Mount Palomar spring water, "so it's all local product," says Linda. "Most people have a preconceived notion of what it's going to taste like, so we give away complimentary tastes. Almost everybody says, 'Wow, that's really good.' It's one of our best sellers — a lot of white grapefruit on the palate."

"People hear 'passionfruit' and think it's going to be sweet," adds assistant Brenda Nason from behind the tasting bar. "But it's not — it's tart." (It is, and it's a touch spritzzy-prickly, too. Refreshing, really.) "If people think it's *too* tart, I tell them it makes a great sangria." ■



**FREE DELIVERY**  
(LIMITED AREA & HOURS)

**Breakfast, lunch and dinner served 24 hours, 7 days a week**

**The best hotcakes you have ever tasted or they're free!**

We are so confident that our hotcakes are the best you'll ever taste that we're willing to put your taste buds to the test. Our pancakes are made from the finest flour and sweetest buttermilk on the planet. And the same goes for our old-fashioned malted waffles. Try them and you'll be hooked for life!

**Extraordinary portions served around the clock including:**

Gourmet Multi-Grain Hotcakes | Stuffed French Toast  
Chicken Strips Cordon Bleu Sandwich | Half-Pound Old-Fashioned Patty Melt

Complete menu and reservations available at [www.Brians24.com](http://www.Brians24.com)

**Check us out at [opentable.com](http://opentable.com)**

**The only 24/7 restaurant in Downtown**

**828 Sixth Avenue, between E and F Streets in the Gaslamp | 619-702-8410**



# Calendar RESTAURANTS

## RESTAURANT LISTINGS

A complete searchable list of over 1300 restaurants is available online at [SanDiegoReader.com](#). Price estimates are based on the latest information available for a midrange entrée. **Inexpensive:** below \$10; **moderate:** \$10 to \$19; **expensive:** \$20 to \$29; **very expensive:** more than \$30.

### Alpine

**Alpine Inn** 2225 Alpine Bl., Alpine, 619-445-5172. Beef-lovers heaven, with a juicy special ground-in-house (so rare-cooked is feasible) Texas burger. Crowded weekends. Moderate to expensive.

### Baja

From the United States use the prefix 011-52 when calling Mexico.

**Chiki Jai** Avenida Revolución #1388, Tijuana, 664-685-4955. The food's Spanish, so paella is big (with soup,

salad, French bread, and bleu cheese), but try baby eel appetizers, chorizo (pork sausages), *bacalao* (cod fish) *à la vizcaína*, trout with olive oil and garlic. Inexpensive to moderate.

**La Escondida** Santa Monica #1, Tijuana, 664-681-4458. House specialties at this hidden mansion are more interesting than the regular fare. Try the seafood casserole (*cacerola de mariscos*); the *tambor* (a dish of layered beef, cheese, and pork); or the roasted baby Monterrey goat (*cabrito tatemado*). Moderate.

**La Fonda** Baja Highway 1, km. 59, Rosarito, 646-155-0307. The bilingual menu, written on chalkboards, changes nightly, featuring American and Mexican seafood entrées and deluxe meats aged in-house, Baja wines. Great breakfasts, lavish Sunday brunch buffet, blissful patio seating. Inexpensive to moderate.

**Original Ortega's** Calle Principal (next to Casa de la Langosta), Puerto Nuevo. The spiny lobsters (once local but now from who-knows-where) are fried in lard, finished off on the grill, and served with melted margarine blend, frijoles, rice, tortillas, and salsa. Many other starters, entrées, desserts available. Moderate to high, low-moderate specials.

**Los Pelicanos** Calle Cedros #115, Rosarito, 661-612-0445. This hotel dining room is El Nido's little sister, with a shorter menu. It serves good steaks and surf 'n' turf in a handsome room and, at lunch, on a pretty ocean-view terrace. Moderate.

**Tacos Varios y Aguas Frescas** Corner of Constitución and Third, Tijuana. The cart is only here from 6pm to 6am, but from tongue to chicken mole to *milanesa*, steak ranchero, carne asada, *chile relleno*, and *pescado* (fish), they create meals right there. Inexpensive.

### Balboa Park

**Japanese Tea Pavilion** 2215 Pan American Way, Balboa Park, 619-231-0048. The teriyaki bowl with salmon, the sweetish *udon* *soba* noodle soup with tofu *kitsune*, and even the California sandwich piled high with "krab" meat are good and feel Japanese. Inexpensive.

**The Prado** 1549 El Prado, Balboa Park, 619-557-9441. Exquisite setting in the park offers generous portions on a something-for-everyone menu. Top choices: meaty crab cakes, slow-roasted pork loin, banana *tres leches* cake. Moderate to expensive.

### Banker's Hill

**Alex's Brown Bag** 2550 Fifth Ave., Banker's Hill, 619-231-2912. The re-born Alex's (now in the Mr. A's building) is a deli rightly famous for its Original Philadelphia Cheese Steak Sandwich. Inexpensive.

**Avenue 5** 2760 Fifth Ave., Banker's Hill, 619-542-0394. Chef-owner Colin MacLaggan offers a short, tasty menu of creative, seasonal, French-influenced California cuisine (and house-made desserts) in a chic, classy-casual neighborhood bistro. Happy-hour bargains at bar; otherwise high-moderate.

**Azuki Sushi Lounge** 2321 Fifth Ave., Banker's Hill, 619-238-4760. Skillful, creative sushi and sashimi in a convivial atmosphere. Don't miss the spicy Pon Hama (yellowtail sashimi with yuzu juice and chili powder) or the fusion-y RU Kidding Me roll, the owner's favorite. Moderate to expensive.

**Cucina Urbana** 505 Laurel St., Banker's Hill, 619-239-2222. Uptown food at neighborhood prices. The creative, playful Italian menu emphasizes light, shareable dishes — mini-bites on through appetizers, pizzas, polentas, and interesting pastas and entrées, with adventurous wines priced only \$7 over retail. Lively, comfortable, noisy. Bar grazing until midnight. Moderate.

**Joe's New York-Style Deli** 3401 First Ave., Banker's Hill, 619-295-7666. Go for wraps, jumbo hot dogs with sauerkraut, or East Coast-generous sandwiches like corned beef, dry Genoa salami, cotto salami, bologna, or liverwurst. That Boar's Head liverwurst is da bomb. Inexpensive.

### Carlsbad

**Joey's Smokin' B-B-Q** 6955 El Camino Real, Carlsbad, 760-929-1396. Also 4645 Carmel Mountain Rd., Carmel Valley, 858-350-1317. It's not Southern so much as SoCal "Q," but the meats are genuinely smoked. Pulled pork offers reasonably credible Memphis-style flavor; ribs come in three versions. Inexpensive to moderate.

**Pizza Port** 571 Carlsbad Village Dr., Carlsbad, 760-720-7007. Also 135 N. Coast Hwy. 101, Solana Beach, 858-481-7332. Pizza Port brews their own beer (try Sharkbite Red) and flings their own pizzas, New York style. Filling combos

can be great, like the Pizza Carlsbad or the Pizza Solana. Inexpensive.

### Carmel Mountain

**Athens Market Café** 11640 Carmel Mountain Rd., Carmel Mountain, 858-675-2225. Vickie Pappas (sis of Mary) serves up the Greek classics at this offshoot of Athens Market, with particularly flavorful lamb souvlaki and lamb chops. Inexpensive to moderate.

### Chollas View

**Thai Garden** 110 47th St., Chollas View, 619-527-8890. They do Thai here, but cognoscenti come for the Lao cooking. This place is the town's unofficial Lao Embassy, and the *larb* and fresh-pestled green papaya salad are the real thing. (A great place for buying Lao silks, too.) Inexpensive.

### Chula Vista

**La Bella Pizza Garden** 373 Third Ave., Chula Vista, 619-426-8820. Rustic-looking family-run restaurant offers Italian-American standards, big portions, low prices, late hours. The hit with kids is "Papa's Favorite" eight-inch pizza. Inexpensive.

**El Dorado Seafood & Grill** 311 Palomar St., Chula Vista, 619-426-4545. Zesty Peruvian dishes include *papa rellena* (creamy potato with a lively beef and raisin filling), *seco de cabrito* (young goat in a complex, herbal stew). Mexi-

can-style seafood served here, too. Inexpensive to moderate.

### City Heights

**El Borrego Restaurant** 4280 El Cajon Bl., City Heights, 619-281-1355. Specializes in fascinating Mexican lamb dishes, including spicy, smoky *mixiote* (lamb cooked inside thin maguey skin) and *pancita*, similar to haggis. Inexpensive.

**Red Sea Restaurant** 4717 University Ave., City Heights, 619-285-9722. You'll find richly seasoned Ethiopian cuisine served on a porous pancake, *injera*. The *kitfo* (spicy beef tartare) is good, the *gored gored* (meat in spicy butter) is excellent. Vibrant veggies, too. Inexpensive.

**Super Cocina** 3627 University Ave., City Heights, 619-584-6244. Mexican housewives prepare specialties for the restaurant. They're complex meat or poultry stews made without border compromises. The dozen entrées change daily from a rotating repertory of about 100. Inexpensive.

**Tom's Chinese BBQ** 4414 University Ave., City Heights, 619-563-8225. The roast ribs, roast pork, and BBQ spare ribs are excellent. So is pork fried rice and the dim sum. But you should also try the pig's rectum, duck's feet, stomach lining, ears, and wiggly small intestines. Inexpensive.

**Van Hoa Vietnamese Restaurant** 4016 54th St., City Heights, 619-582-2642. They have 20 versions of *pho* — *dac biet* ("special combo") is a good place to start — plus rice and rice vermicelli plates and Vietnamese crepes and spring rolls. Inexpensive.

**TONY ROMA'S**  
RIBS • SEAFOOD • STEAKS  
Family-owned Since 1986

Mon.-Thur.  
(11 am-4 pm)  
All day Tues.

One Pound of Pork or Beef Ribs & Two Sides **only \$9<sup>99</sup>**

Mon.-Thur.  
House Margaritas & House Long Island Teas **only \$3**

FREE WI-FI • MILITARY DISCOUNTS AVAILABLE  
20% Discount for To-Go Orders

**Lunch or Dinner**  
**\$5 Off**

\$20 purchase or more.

**\$10 Off**

\$40 purchase or more.

Offers valid at Pacific Beach location only with this ad. Max one coupon per table per party. Excludes all specials. Not valid with any other offers or on holidays. Expires 3/4/10.

**PACIFIC BEACH • 4110 MISSION BLVD.  
858-272-7427 • FREE PARKING (3-HR. MAX)  
WWW.TONYROMASPB.COM**

**50% off sushi**

Dine-in only. 5-item minimum order per party. Selected items only.

**Sushi - Tempura - Teriyaki - Noodles**

**Mikko**  
Japanese Cuisine

Low cholesterol, low fat, no MSG

1025 Carlsbad Village Drive  
760-730-0088

**hive**  
sushi • lounge

**Sushi • Cocktails Lounge**  
1409 C Street  
San Diego, CA 92101  
Now Open 7 days 5-10 pm  
Lunch Mon.-Fri. 11 am-2:30 pm with 10 pieces for \$10  
Happy Hour 5-7 pm  
619-702-6010  
www.hivesushilounge.com

**Happy Hour 5-7 pm, All Day Sundays!**

Philadelphia Roll \$2.99  
Spicy Tuna Roll \$2.99  
California Roll \$2.49  
Salmon Skin Hand Roll \$1.49  
California Hand Roll \$1.99  
Nigiri 1 pc. \$.99 (Mackerel, Albacore, Snapper, Salmon, Shrimp, Squid, Surf Clam)  
Spicy Garlic Edamame \$1.99  
Veggie Roll \$2.99  
Spicy Tuna Hand Roll \$2.49  
Spicy Scallop Hand Roll \$2.99  
Spicy Tempura Hand Roll \$2.49  
Spider Hand Roll \$2.99  
Seaweed Salad \$1.99 • Miso Soup \$.99  
Large Sake \$2.49 • Domestic Beer \$1.99  
\$3.99 Imports/Micros

**\$19 for \$40 worth of food and drink at the All American Grill**

7510 Hazard Center Drive in Mission Valley

**3-day online sale**  
Friday-Sunday,  
February 19-21

**ReaderSteals.com**  
Register early. We'll email you when the sale begins!



## Clairemont

**Boomerangs Gourmet Burger Joint** 4577 Clairemont Dr., Clairemont, 858-483-9500. Create-your-burger options include horseradish, artichoke hearts, carrots, cranberries, cheeses, and mushrooms. Chop and tuck these into raw burger meat, like a joey into mama roo's pocket. Inexpensive.

**Lightnin' Jack's BBQ** 4705-H Clairemont Dr., Clairemont, 858-270-8227. Mall atmosphere, but hickory-fueled Texas-style pit barbecue turns out tender, moist pork ribs and reasonably smoky brisket. Nice fried catfish, too. Hush puppies and sweet potato fries are the tastiest sides. Inexpensive to moderate.

## College Area

**4.0 Deli** 5844 Montezuma Rd., College Area, 619-281-4040. Try the Montezuma, a toasted sub with grilled chicken cutlets, chorizo, Monterey Jack, and a kick-butt Southwestern dressing. Inexpensive.

**San Diego Desserts** 5987 El Cajon Bl., College Area, 619-287-8186. What was just a wonderful bakery has expanded to include full sit-down lunch, dinner, and Sunday brunches. Comfort dishes like meatloaf and chicken pie, sandwiches, salads. Good wines, wicked desserts, great patio. Inexpensive to moderate.

**Woodstock's Pizza** 6145 El Cajon Bl., College Area, 619-265-0999. Crusts — white or sweetly robust whole wheat — are pressed, tossed, and folded over at the edge, producing a spongy, crunch-crustured rim. The mozzarella is rich, gooey whole milk; the marinara sauce is dark and spicy. Inexpensive.

## Coronado

**Bistro d'Asia** 1301 Orange Ave., Coronado, 619-437-6677. The relaxing restaurant attached to the hardy Lizard Lounge serves gentled-down dishes from East Asia. Good sushi bar in the Lounge. Moderate.

**Crown Room** Hotel Del, 1500 Orange Ave., Coronado, 619-435-6611. In this vaulted dining room, presidents, princes and Marilyn Monroe have chowed down. Open only for elaborate Sunday brunch, with cooking not quite up to the visual grandeur. Expensive.

**Island Pasta** 1202 Orange Ave., Coronado, 619-435-4545. Sidewalk tables, daily made-on-the-premises semolina pasta — and dog-friendly, too, plus a nice wine list. A good vegetarian special: *verdure* pasta, with artichoke hearts, spinach, capers, mushrooms, onions, and olives. Inexpensive.

**Mexican Village** 126 Orange Ave., Coronado, 619-435-3111. Old restaurant revives with new (Mexican) owner. Old Coronadans say the signature burritos (filled with tripe, pork and potato, chorizo and eggs, etc.) match even their gilded Korea- and Vietnam-era memories. Inexpensive to moderate.

**Rhinoceros** 1166 Orange Ave., Coronado, 619-435-2121. Meat and fish choices are prepared simply with generic veggie accompaniments. Why, then, is Rhino so popular? Pasta is the answer — that's where the kitchen shines. Moderate (pastas) to expensive.

## Del Mar

**Americana** 1454 Camino del Mar, Del Mar, 858-794-6838. Casual breakfast/lunch, serious dinners, with flavors of the American melting pot and summer veggies from the chef's home

Over 900 more  
restaurant listings at  
SanDiegoReader.com



garden. Breakfast and lunch inexpensive to moderate, dinner moderate to expensive.

**Osteria del Pescatore** 1201 Camino del Mar, Del Mar, 858-509-9293. Italian seafood, garden setting. Best are the daily specials, including spaghetti *a cartoccio* (baked in parchment) and lobster risotto. Save room for dessert, especially if offerings include *torta alla nonna*. High-moderate to expensive.

**Poseidon** 1670 Coast Bl., Del Mar, 858-755-9345. It's all about the glorious seaside view. Lunches run to sandwiches, burgers, and fried seafood. Dinner dishes mingle Pacific Rim-Mediterranean-Mexican flavors, with some emphasis on seafood. Moderate to expensive.

**Red Tracton's** 550 Via de la Valle, Del Mar, 858-755-6600. Manly retro atmosphere, huge portions. The selection is generous: steaks, prime rib, seafood, chicken, and pork — all expertly prepared and served in record time. Expensive.

**Sbicca American Bistro** 215 15th St., Del Mar, 858-481-1001. Pristine California cuisine highlights local produce in deluxe, seasonal dishes that engage



# OMG

**Bob's Big Boy is back!**

Those mouthwatering double-deck hamburgers.  
Old-fashioned, hand-dipped shakes and malts to die for!  
Lumberjack omelettes and Belgian waffles to fill any appetite.

Breakfast served all day • Open 9 am-9:30 pm

**Visit us at Parkway Plaza  
in El Cajon 415 Fletcher Parkway**  
(west entrance next to Walmart) • 619-440-9000  
Temecula • 27313 Jefferson Ave. • 951-699-2552




Tapas Bar - Restaurant

**"Sensational Spanish Cuisine!"**

NEWS 8

**Costa Brava**

Cocina Española

**Flamenco Show... Sunday 7pm**  
Flamenco singer Angelita Agujetas & Guitarist Juan "El Moro"

Paella Brunch Sat & Sun 11am-4pm / Banquet Facility / Catering  
Food, wine, music & culture direct from Spain... Open Daily 11:00am  
1653 Garnet Avenue, Pacific Beach. • (858) 273.1218 • www.costabravasd.com

# Oaxaca Festival!

El Agave Restaurant — one of the top 50 restaurants in the country!



Now-March 3rd!

## Come and try the regional specialties of Oaxaca.

Call for info & reservations.

**El Agave Tequileria**  
2304 San Diego Ave., Old Town  
Phone: (619) 220-0692  
www.elagave.com






# Calendar

## RESTAURANTS

the mind along with the palate, e.g., a lemon-pistachio cake that changes as you cut it, crumbling into a berry coulis. High-moderate to expensive.

### Downtown

**Acqua Al 2** 322 Fifth Ave., Downtown, 619-230-0382. Mainly plain Tuscan cuisine, highlighted by pleasing vegetarian pastas and risottos featuring earthy porcini mushrooms. Moderate (pasta) to expensive.

**Bandar Fine Persian Cuisine** 825 and 837 Fourth Ave., Downtown, 619-238-0101. Skillful, healthful cooking from an ancient high cuisine. Refined entrées featuring rice with poultry are elaborately garnished; rose-flavored Persian ice cream is a romantic ending. Moderate.

**Beach City Market** 3 Horton Plaza, Downtown, 619-232-2491. Enjoy soup-and-sandwich deals like minestrone and the Londonport roast beef sandwich flavored with port, white herbs, and spices; or the Deluxe roast beef with horseradish. Inexpensive.

**Café Sevilla** 555 Fourth Ave., Downtown, 619-233-5979. A loud, convivial tapas bar adjoins a quieter, romantic Spanish restaurant, but you can get tapas in the restaurant and entrées at the bar. At both, the choices are varied, interesting, and cosmopolitan. Great sangria. Moderate.

**Café de L'Opera** 1354 Fifth Ave., Downtown, 619-234-0425. Pastry chef Thierry Cahez offers a genuine French feeling and food, in a pâtisserie with exquisite dessert pastries, breakfast croissants, and Gallic lunches like mini-piz-

zas and *croque monsieurs* (toasted cheese sandwich with ham). Inexpensive.

**Candelas** 416 Third Ave., Downtown, 619-702-4455. Don't look for tacos here — chef Eduardo Baeza specializes in sophisticated, delectable Mexican haute cuisine made with French techniques. Interesting but expensive wine list; food expensive.

**China Too** 916 Fifth Ave., Downtown, 619-239-4283. The menu claims “New York-Style Fine Chinese Cuisine.” How about decent Bronx-style eat-in/take-out? Cheap but good fare, including huge lunch specials, made with no MSG, minimal cornstarch. Free delivery to a wide area. Inexpensive.

**Downtown Johnny Brown's** 1220 Third Ave., Downtown, 619-232-8414. At this Euro-style sidewalk café, try the spicy grilled breast of chicken burger with soup of the day or fries. Soup's bobbing with fresh-cut vegetables. Also salads: taco or Southwest chicken. Inexpensive.

**The Field Irish Pub and Restaurant** 544 Fifth Ave., Downtown, 619-232-9840. This spirited, colorful saloon, transported whole hog from the Ould Sod, offers Irish music live most nights. Try the herb-rich Irish stew, or the boxty — potato crepes with a variety of fillings (salmon, beef, etc.). Low-moderate.

**Greystone** 658 Fifth Ave., Downtown, 619-232-0225. The Italian steakhouse fare here centers on Prime beef, game meats, lobster, and pastas. Loud, conventioneer-y ambience. Extremely expensive.

**Hub Market & Deli** 748 Sixth Ave., Downtown, 619-544-1917. Take-out only, with a hot pastrami sandwich that draws long lines. Breakfast? Try the giant three-egg burrito stuffed with sausages and hash brown patties. Open morning till late night, daily. Inexpensive.

**Lou and Mickey's** 224 Fifth Ave., Downtown, 619-237-4900. Fifties-style surf 'n' turf owned by King's Seafood,

with fine fish quality, simple fare. Best dishes include New Orleans BBQ shrimp — a buttery, spicy Creole extravaganza (available as starter or entrée) — and the huge, juicy rib-eye Cowboy Steak. Fish moderate, meats expensive.

**McCormick & Schmick's Seafood Restaurant** Omni Hotel, 675 L St., Downtown, 619-645-6545. Nationwide seafood chain with good, simple, fresh-fish dishes. Awesome weeknight happy-hour offers. Each for under two bucks: steamed mussels, chicken satay, a half-pound burger and fries, California rolls, fish cakes, cheese plate. Regular entrées upper-moderate.

**Mister Tiki Mai Tai Lounge** 801 Fifth Ave., Downtown, 619-233-1183. Asian fusion items, elementary sushi, and the occasional sprint into fusion-cuisine seafood are ballast for the real gourmet fare: tropical umbrella drinks. Moderate.

**Morton's of Chicago** 285 J St., Downtown, 619-696-3369. Swanky, manly Chicago steakhouse offers juicy, marbled grain-fed beef in numerous cuts and sizes, wet-aged and grilled to your specification, or good fish. Pricey à la carte sides. Very expensive.

**Oceanaire Seafood Room** 400 J St., Downtown, 619-858-2277. The best dishes tend to be the least ambitious, from the “Simply Grilled and Broiled” section. Or you can gamble on more elaborately composed entrées. Great crab cakes. Happy hour at oyster bar moderate, dinner very expensive.

**Osetra Watergrill** 904 Fifth Ave., Downtown, 619-239-1800. Las Vegas glitzy decor here. Appetizers tilt Asian, but most entrées are Italianate seafood. The restaurant has switched from the endangered Caspian caviar it's named for to a California-farmed sturgeon product (at the same steep tab). Very expensive.

**The Palm** 615 J St., Downtown, 619-702-6500. The fare features tender dry-

aged and wet-aged USDA Prime beef from the chain's own wholesale butcher and, for high-rollers, monster-sized Nova Scotia lobsters. Also consider shrimp Bruno (with a Dijon sauce), baked crab cakes. Very expensive.

**Panda Inn** 506 Horton Plaza, Downtown, 619-233-7800. Family-friendly menu offers greaseless dishes to suit all tastes. Tofu with eggplant and the Mongolian Hotpot, a meatball casserole with Chinese cabbage, are among the more authentic choices. Lunches inexpensive, dinners moderate.

**RA Sushi** 474 Broadway, Downtown, 619-321-0021. Big and splashy, this Arizona-based chain restaurant creates a high-energy atmosphere with loud music and louder decor. The grazing menu features sushi, sashimi, and hosts of Asian-oid appetizers, plus substantial noodle dishes and entrées. Moderate.

**Super Jr. Market & Deli** 1036 Seventh Ave., Downtown, 619-232-6367. Sandwiches include Boar's Head meat, cheeses, and fixings galore. Hot dishes sold by the pound: pork loin, chicken fajitas, honey ham, turkey, catfish, tilapia — all with two side dishes like rice, veggies, baked potato. Inexpensive.

**Taka** 555 Fifth Ave., Downtown, 619-338-0555. Top-quality seafood enlivens exquisite sushi, with rice freshly made all evening and savory appetizers like miso-baked cod and mushroom-topped *agedashi* (lightly fried) tofu. Reserve and go early for quiet. Most dishes inexpensive, but they add up.

### East Village

**Gen Lai Sen Hakka Seafood Restaurant** 1065 12th Ave., East Village, 619-239-5478. Stick to their Hakka specialties, like the sizzle plate stuffed tofu — deep-fried crisp rectangles with a pork meatball inserted in the tender centers, resembling meat-

flavored roasted marshmallows. Mainly inexpensive.

**Juice in the Raw** 1060 J St., East Village, 619-550-1240. Algae, anyone? This fitness bar serves raw, organic, meal-sized smoothies loaded with stuff like goji berries, almond butter, hemp protein, bee pollen, ground chia seeds, blueberries, plus bars loaded with blue-green algae from Lake Klamath. Just call it antioxidant central.

**Sole Luna Café** 702 Ash St., East Village, 619-232-0436. Umbrella-strewn terrace is fun. Many items taste straight from Milano, like the breakfast croissant with prosciutto and smoked mozzarella, the Rustico Panino, and the Siciliana salad. Inexpensive to moderate.

**El Vitral Restaurant** 815 J St., East Village, 619-236-9420. This huge spiffy room with Petco-facing patio offers creative, deluxe revisions of multi-regional Mexi-classics, backed by an impressive array of house-made *masa* creations. Huge tequila list, multinational wine list. Expensive mains, but better yet are affordable grazes on soups, starters, gourmet tacos.

### El Cajon

**Downtown Café** 182 E. Main St., El Cajon, 619-440-5687. A Mexican-style patio restaurant serving gringo food. Reasonable prices for baby-back pork ribs, burritos, or Louisiana chicken strips. Or even the veggie burger. Inexpensive to moderate.

**Geno's Barbecue** 291 W. Main St., El Cajon, 619-444-3667. Try #5, pulled pork and slaw, or #9, shredded beef, melted Jack, and sautéed onions. Sides like dirty rice and cornbread are good, but if you're light of pocket go for the Ripcurl (hot dog). Inexpensive.

**Greek Town Buffet** 345 W. Main St., El Cajon, 619-441-9708. Have gy-

ros, but also try chicken souvlaki (grilled lemon chicken) or start with excellent dolmades (grape leaves wrapped around beef and rice). Don't skip Greek desserts. Inexpensive.

### Encinitas

**Jamroc 101 Caribbean Grill** 101 N. Coast Hwy. 101, Encinitas, 760-436-3162. Kick back to reggae with a fresh coconut water and the Jamaican sampler, including luscious soft-fried plantains and splendid patties (empanadas to you and me) with a choice of fillings. The jerk's way mild. Inexpensive.

**Savory** 267 N. El Camino Real, Encinitas, 760-634-5556. Chef-owner Pascal Vignau serves a changing menu of southern French and Mediterranean cooking spotlighting seasonal local produce. Highlights include a rich macaroni-and-ham casserole. Moderate.

**Tomiko** 87 Encinitas Bl., Encinitas, 760-633-3587. Great sushi, including fabulous *uni*, world-beating silky *toro*. Appetizers like salmon tower tartare and drunken black cod are rewarding, as are the simple, excellent fusion-tinged seafood entrées. Moderate.

**I Trulli Trattoria** 830 S. Coast Hwy. 101, Encinitas, 760-943-6800. The signifiers of seriousness are the pink peppercorns, goat cheese, sun-dried tomatoes, and light cream sauces that coexist with the more traditional mozzarella-tomato sauce arrays. Moderate.

**Tuscan Sun Italian Deli** 1070 N. El Camino Real, Encinitas, 760-633-4546. Domestic and imported meats and cheeses, fresh-baked breads and focaccia, marinated veggies, and gourmet products from Italy. The specialty is the Caprese sandwich on focaccia bread. Inexpensive.



## Free NY style deli entrée

With the purchase of any entrée of equal or greater value and two beverages. Some restrictions.

**Elijah's Restaurant**  
La Jolla: 8861 Villa La Jolla Dr.  
858-455-1461

Expires 3-11-10 • Coupon code: G1FSDR



## Free 12" cheese pizza

With purchase of large pizza at the regular price of \$15. Not valid with any other offer. Valid with coupon only. Some restrictions.

**Pizza Pronto**  
La Jolla: 7556 Fay Ave.  
888-895-5606

Expires 3-11-10 • Coupon code: G1FSDR



## 50% off entrée

Buy one entrée and get second of equal or lesser value 50% off. Some restrictions.

**Bird Rock Pizza & Sports Grill**  
La Jolla: 5373 La Jolla Blvd.  
858-456-2473

Expires 3-11-10 • Coupon code: G1FSDR



## 10" 1-topping pizza \$5

Some restrictions.

**Ocean's Pizzeria**  
Pacific Beach: 4150 Mission Blvd.  
866-580-1414

Expires 3-11-10 • Coupon code: G1FSDR



## 50% off Extreme Pizza

Buy one pizza and get a second pizza for 50% off.

**Extreme Pizza**  
La Jolla: 834 Kline St.  
866-264-0533

Expires 3-11-10 • Coupon code: G1FSDR



## Free 3-oz. frozen yogurt

With minimum \$3 purchase. Not valid with any other discount.

Boba • Tea • Smoothies • Coffee Sandwiches • Spring Rolls

**Yum Yum Yo**  
San Diego: 4444 El Cajon Blvd., Ste. 1 (Next to Hoover High)  
619-487-9399

Expires 3-11-10 • Coupon code: G1FSDR



## \$2 off lunch \$3 off dinner

**All-You-Can-Eat**  
\$5 off min. purchase of \$25. \$10 off min. purchase of \$40. One coupon per customer. Sat/Sun/Holiday dinner price. Not valid with any other discount. Clairemont location only.

**VIP Oriental Buffet**  
San Diego: 5541 Clairemont Mesa Blvd. (In Madison Sq. Plaza, west of 805)  
858-571-8473

Expires 3-11-10 • Coupon code: G1FSDR



## Two sushi rolls \$7<sup>25</sup>

Sixteen pieces of sushi. Choose from ten rolls. Dine-in only. Cannot be used with any other offers.

**Jump Tokyo Sushi House**  
Mission Valley: 10450 Friars Rd. Ste. R • 619-280-4043

Expires 3-11-10 • Coupon code: G1FSDR



## Free Sizzler entrée

Up to \$10.99. Purchase one adult entrée with two beverages and receive one adult entrée of equal or lesser value free.

**Sizzler**  
San Diego: 2855 Midway Dr.  
619-224-3347

**Escondido:** 355 N. Escondido Blvd.  
760-741-2568

**Oceanside:** 3805 Plaza Dr.  
760-630-1551

Expires 3-11-10 • Coupon code: G1FSDR



## Free burrito

Buy a Monster Burrito at regular price and receive any burrito of equal or lesser value free! Valid at San Diego County locations only. One coupon per customer. Not valid with any other offer.

**Los Primos**  
Visit [losprimosmexicanfood.com](http://losprimosmexicanfood.com) to find a location near you!

Expires 3-11-10 • Coupon code: G1FSDR



## Thai dinner for two \$20

Pick one appetizer and two entrées. Served all day. Ask for menu options. Not valid with any other offer. Some restrictions.

**Basil Thai College:** 5157 College Ave.  
619-582-THAI

**La Mesa:** 8680 Navajo Rd. #104  
619-460-THAI

Expires 3-11-10 • Coupon code: G1FSDR



## \$7<sup>99</sup> Indian lunch buffet

11 am-3 pm. Reg. price \$8.99. Limit one per customer. Buffet includes Paneer Tikka Masala, Tandoor Chicken, Beef Boti, Naan and more.

**Village Indian Cuisine**  
San Diego: 9187 Clairemont Mesa Blvd.  
858-874-3663

Expires 3-11-10 • Coupon code: G1FSDR



## Escondido

**Bistro 221** 221 E. Grand Ave., Escondido, 760-737-7398. Simple dishes shine at this genteel bistro, like sophisticated lunch quesadillas and dinner appetizers like Florida gumbo and Maryland crab cake. Moderate.

**El Galeón** 503 W. Mission Ave., Escondido, 760-746-5951. Mexican seafood stars here. Shrimp and langostino ("squat lobster" in fishermen's terms) are house specialties. Consider a marlin taco (squeeze some lime onto this rich, strong fish) or savory *albondigas* soup. Inexpensive to moderate.

**Hacienda de Vega** 2608 S. Escondido Bl., Escondido, 760-738-9805. In gorgeous surroundings (mansion and garden), Señora Vega offers sophisticated Mexico City cuisine. You'll find interesting appetizers along with entrées featuring complex sauces and a huge bargain-priced Sunday brunch. Inexpensive to moderate.

## Fallbrook

**El Parque** 2659 Reche Rd., Fallbrook, 760-731-2775. Good combination plates include the tostada with beef taco and the burrito with enchilada. Better yet, on Sunday morning, agricultural workers pour in here for menudo, cooked in a three-foot-high pot. Inexpensive.

**Wayside Café** 507 South Main Ave., Fallbrook, 760-723-9633. The place used to be a gas station. You can even sit in the old lube bay to eat. Count on generous servings, especially the mountain piles of red-skinned home fries as a side at breakfast. Inexpensive.

## Hillcrest

**Babbo Grande** 1731 University Ave., Hillcrest, 619-269-8038. This is becoming your neighborhood drop-in place for Uptowners. Big breakfasts, really

cheap-but-plentiful daily lunch specials like beef stroganoff with mushrooms, sour cream, wine sauce. Beautiful, dog-friendly patio out back. Inexpensive.

**Baby Back Jack's Barbecue** 1290 University Ave., Hillcrest, 619-574-1644. Jack's Sampler (four-bone baby back ribs, one half chicken, one portion of BBQ beef, fries, and slaw) is a good intro. Or pork-rib tips or just a Cajun sausage sandwich or one of Jack's chili cheeseburgers with bacon. Inexpensive.

**Bread and Cie** 350 University Ave., Hillcrest, 619-683-9322. Crusty European peasant breads include anise fig and black-olive loaves. Focaccia pizza and savory sandwiches (many with thick bread and thin fillings) are available to take out or eat on the spot. Inexpensive.

**City Delicatessen** 555 University Ave., Hillcrest, 619-295-2747. Some folk come for the Jewish-American food (chicken-in-the-pot, brisket of beef, chopped liver), others to soak in the art-deco colors until midnight (3am week-ends). Inexpensive to moderate.

**Ichiban** 1449 University Ave., Hillcrest, 619-299-7203. The best values are at lunch, with weekday specials like Bento combos (sushi rolls, crab, salmon, rice) and filling soups overflowing with veggies and thick *udon* noodles. Inexpensive.

**Lucky Buck's Patio Bar and Grill** 1459 University Ave., Hillcrest, 619-297-0660. The only question: which burger? The Buck 'n' Bleu Ribbon Burger (with bleu cheese, bacon, onion strings, and chipotle sauce)? Buck's on Fire (pepper Jack, bacon, and jalapeño peppers)? Buck's Lucky Mushroom? Inexpensive.

**Pasha Mediterranean Grill & Café** 3614 Fifth Ave., Hillcrest, 619-294-4444. Turkish specialties (including grilled beef cubes over eggplant mashed with garlic and yogurt) distinguish this Turkish-Lebanese *halal* restaurant from generic Middle Easterners, with which it shares a menu of kebabs, *shawerma*, salads, et al. Loads for vegans. No alcohol. Moderate.

**Picasso Spanish Restaurant** 3923 Fourth Ave., Hillcrest, 619-294-3061. Some top Basque tapas here include chicken-stuffed empanadillas, baby eels in garlic sauce, stuffed green lip mussels, and an outstanding paella (available as both a tapa and entrée). Moderate.

**Pizza Fusion** 3827 Fifth Ave., Hillcrest, 619-278-0057. Everything's green and organic at this eco-conscious chain. The pizzas are odd-shaped but tasty, with multigrain oval crusts, plenty of veggies, cheese, and sweet Italian sausage or organic steak. Inexpensive to moderate.

**St. Tropez** 3805 Fifth Ave., Hillcrest, 619-497-0297. Additional locations in Encinitas, Rancho Bernardo, downtown. These bright cafés with indoor-outdoor seating offer scores of yummy house-baked breakfast pastries, desserts, and good coffee, plus Parisian-style *croque monsieur* and *madame*, crepes, quiche, onion soup, sophisticated sandwiches, and panini. Simple French dinners at some branches. Inexpensive.

**Terra** 3900 Vermont St., Hillcrest, 619-293-7088. Generously sized tapas can serve as appetizers or as a sustaining bite before venturing into Trader Joe's across the street. The dinner menu changes seasonally, featuring barbecue items during the summer, comforting fare in colder weather. Moderate.

# \$10 off Moroccan Cuisine

Please call for reservations. Order one feast and receive \$10 off the second feast. One coupon per couple, maximum three coupons per party. Dine-in only. No sharing. Not valid with any other offer or on holidays. Expires 3/4/10. With this ad.

**Daily Lunch Specials 11:30 am-3 pm** In the outdoor patio!

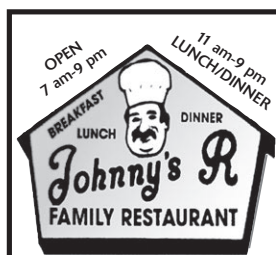
A la carte items always available.

**Now Offering Hookah!**  
(La Jolla & Studio City Only)

## MARRARESH

**La Jolla** 634 Pearl Street 858-454-2500

**Costa Mesa** 949-645-8384 • **Studio City** 818-788-6354



**(619) 291-8239**  
2611 El Cajon Blvd.

**BREAKFAST ALL DAY**  
Pies • Ice Cream  
Beer • Wine

**3 EGGS  
3 PANCAKES  
3 BACON OR SAUSAGE** **\$5.49**

**\$200\* OFF**  
Any Menu Entrée

\*Valid on any entrée \$6 or more, limit 4 people, excludes holidays, dine-in only. Expires 2/25/10.

**OPEN FOR LUNCH**

## Gasbar's

**(858) 488-7311**

**3768 Mission Boulevard • Mission Beach**

**\$16\* off Second Entree**

## Twosomes Dinner Hour

**Monday - Friday  
5:00-7:00 pm**

Buy any dinner entree and get a second entree of equal or lesser value discounted up to a max value of \$16\* with this coupon

15% gratuity will be added to the total before discount. Not valid with any other specials or promotions. No to-go orders. Offer expires February 28, 2010.

**Z O A C O V**

## Peruvian & Brazilian Cuisine

"Fascinating... delicious... authentic!" – S.D. Reader  
"Latin Chef has quickly become dear to the hearts of locals."  
– CityBeat

**50% off** 2nd entrée with purchase of 1 entrée of equal or greater value and 2 drinks. Expires 3/11/10.

**Latin Chef RESTAURANT**  
1142 Garnet Ave., Pacific Beach  
858-270-8810 • [www.thelatinchef.com](http://www.thelatinchef.com)

## Maine Lobster Special \$11.95

Sunday thru Wednesday after 4 pm.  
Dine-in only. Promotion excludes holidays.

Big Band Ballroom dancing every Thursday 7-9:30 pm.

Dim Sum available all day.

Bring in this ad and get a **FREE BEER** or a **GLASS OF OUR HOUSE WINE** with purchase. Good 7 days a week. Exp. 2/28/10.

**LuckyStar Seafood Restaurant**  
3893 54th St., San Diego • 619-229-8228  
[www.luckystaronline.com](http://www.luckystaronline.com)

# Korean BBQ at Jeong Won

## All-u-can-eat Korean BBQ Buffet

**Dinner & Weekends \$19.95**  
4pm-close (Mon-Fri) & ALL DAY Sat., Sun. & Holidays

**Super Wild Deal \$16.95**

11:30am - 4pm (Mon - Fri), Except Holidays  
Children 6,7,8,9 \$9.95 Seniors \$16.95

**Jeong Won (Happy Place)**  
4690 Convoy Street #104  
San Diego, CA 92111  
858-292-4670

Business Hours:  
Sun - Wed 11:30am - 9:30pm  
Thurs - Sat 11:30am - 10:30pm

TV & Draft Beer!  
Go to [JeongWonKoreanBBQ.com](http://JeongWonKoreanBBQ.com)

All charges will be presented on one guest check. Maximum 3 payments per group. We apologize for the inconvenience!!

**- COUPON -**

**HAPPY HOUR 4-7 PM MON.-FRI.**

**Su Casa**

**Fresh Guacamole prepared at tableside!**

VOTED THE BEST MEXICAN FOOD SINCE 1967 Award-Winning Cuisine Mexican and Seafood Specialties VOTED THE BEST MARGARITA

## 2 FOR 1 LUNCH OR DINNER

**OPEN 11:30 AM (excludes seafood)**

Order one entrée at regular price and **two beverages** and receive a second entrée of equal or lesser value free. No take-out. Not valid with any other discount or Happy Hour. Valid for 2 to 4 people. One check, one coupon per table. Offer expires 3/3/10.

**6738 LA JOLLA BLVD. • (858) 454-0369 • PARKING**  
[www.sucasarestaurant.com](http://www.sucasarestaurant.com)



# Calendar RESTAURANTS

## Imperial Beach

**Olive Oil Organic Café** 600 Palm Ave., Imperial Beach, 619-429-1779. Great vegan sandwiches on ciabatta or focaccia — the eggplant Baby Greens and the Vegan Fusion (imitation smoked turkey and salami, cheese). But the carnivorous sandwiches are also way better than they have to be. Also pizzas, salads, house-made soups. Inexpensive.

**The Tin Fish** 910 Seacoast Dr., Imperial Beach, 619-628-8414. Also 170 Sixth Ave., Downtown, 619-238-8100 (lunch only). The bill of fare features fish — fried, grilled, chowdered, or wrapped into burritos, tacos, or sandwiches. Great crab cakes. Inexpensive to low-moderate.

## Imperial Valley

**Owl Café** 674 Main St., Imperial Valley, 760-336-0298. This café, over 50 years old, serves rib-sticking food. Try breakfast special #1: pancakes, two eggs, and two bacon strips. For lunch, the French dip sandwich. Full-plate diners include roast beef and chicken-fried steak. Inexpensive.

## Kearny Mesa

**B & B Deli & Catering** 8690 Aero Dr., Kearny Mesa, 858-292-1636. Airmen's Comfort Food Central, offering plate-bursting lunch specials with all the fixin's: roast pork loin, meat loaf,

curried chicken, Polish sausage, pepper steak, cabbage rolls. Generous breakfasts, too. Inexpensive.

**Dumpling Inn** 4619 Convo St., Kearny Mesa, 858-268-9638. Tiny, plain setting offering authentic northern Chinese and Szechuan dishes. Ten fish and green-chive dumplings, spicy three-ingredient lo mein (with jumbo shrimp, calamari, and chicken) and superb jellyfish salad are challenging and exciting. Inexpensive.

**The Philadelphia Sandwich Company** 3904 Convo St., Kearny Mesa, 858-571-0888. The menu centers on Philly's two cult sandwiches: the hoagie and the cheese steak. The mixed-meat hoagie is more flavorful than a mere hero. For cheese steak, try the luscious "everything" with provolone, unless you're a Philly-born purist. Inexpensive.

**San Tong Palace** 4690 Convo St., Kearny Mesa, 858-571-6837. Hybrid Korean-Chinese menu draws from these regions' tastiest styles. Try the delicious Rainbow Salad and outstanding dumplings, especially the seafood ones. The jellyfish salad is a treat for the adventurous. Inexpensive.

## La Jolla

**Barbarella** 2171 Avenida de la Playa, La Jolla, 858-454-7373. Nestled in an English garden, you can dine indoors or out enjoying house-baked sourdough and a daily changing eclectic menu, cooked with imagination. Outstanding fresh fruit crepes in season. Moderate.

**Clay's La Jolla** 7955 La Jolla Shores Dr., La Jolla, 858-551-3620. With a penthouse view of La Jolla, chef-owner Clay Bordan cooks up a seasonal California-fusion menu with international flavors, featuring organic vegetables, wild fish, naturally raised meats and fowl. Expensive.

# What the Chef Eats by Pamela Hunt-Cloyd

## CRAIG'S SUNDAY PANCAKES (GLUTEN FREE)

BY CRAIG COWLING

Chef/Owner, O'Brothers

The whole concept for our restaurant started in my backyard. We had a party and I was grilling up these organic burgers and my brother Derek kept noticing people's responses. People were, like, "This is the best burger I've ever had in my life." Derek said, "We have got to do something with this," so we decided to open up a restaurant. We actually had no experience in the restaurant industry, so it was a shot in the dark. But that's how O'Brothers was born.

Everything we serve in our restaurant — from the oil we cook our french fries in to the burgers and the buns — is organic. We are the only 100 percent certified organic restaurant in the world. It's a natural thing for me because everything I cook at home is organic. It all started back in about 2000 and was spurred on by my wife and two kids. My daughter was only six but on the path to being overweight, and I weighed about 315 pounds. We realized we really needed

to change our diets.

You know, America is number one in the world for cancer, diabetes, and obesity. We're going the wrong way, and I think it's all due to our diets. Something has to give. All these chemicals and pesticides and partially hydrogenated oils. Our bodies don't know what to do with all that. Since I started eating organic, I feel great. I lost about 65 pounds and my daughter is 16 now and so healthy and beautiful. I haven't had a cold in years, and my energy level



"I cook up some organic bacon and roll it up in the pancakes."

is through the ceiling.

We still cook all the time at home. We do a lot of egg whites and salsa and my kids love my Chicken Crunchies, which are tortillas toasted on the grill with chicken and cheddar. For the last three to four weeks we've been doing these gluten-

**Come On In** 1030B Torrey Pines Rd., La Jolla, 858-551-1063. Suave Euro bistro with tree-shaded patio, serving sophisticated breakfasts and healthy

lunches like fruit plates and veggie-mozzarella sandwiches. Inexpensive to moderate; dinners a little more expensive.

**George's at the Cove — Ocean Terrace** 1250 Prospect St., La Jolla, 858-454-4244. This informal rooftop eatery has the best view of anywhere of the La

Jolla Cove, but the food isn't the fine cuisine of the Dining Room downstairs — it's essentially spiffy grazing. Excellent mussels are the sole memorable dish.



## Free entrée

With the purchase of any entrée of equal or greater value and 2 beverages. One coupon per table. Dine-in only. Max value \$10. Not valid with any other offer. Not valid on holidays. Lunch specials not included.

**DiMille's Italian Restaurant**  
Kensington: 3492 Adams Ave.  
619-283-3153

Expires 3-11-10 • Coupon code: G1FSDR

Central



## 50% off entrée

Buy one entrée at regular price and get a second entrée of equal or lesser value for half off.

**Skewers**  
Mira Mesa: 9254 Scranton Rd., Ste. 106  
858-658-0109

Expires 3-11-10 • Coupon code: G1FSDR

Central



## Free Thai lunch or dinner

With the purchase of any entrée of equal or greater value and two beverages. Up to a \$10 value. Not valid on holidays. One per table.

**Jade Thai Cuisine**  
Mission Gorge: 10330 Friars Rd.  
#105 • 619-280-4048

Expires 3-11-10 • Coupon code: G1FSDR

Central



## Free special sushi roll

Buy one special roll and get a second of equal or lesser value free.

Our special rolls include the rainbow roll, fire roll, caterpillar roll and more!

**Convoy Sushi & Fish Market**  
Kearny Mesa: 7905 Engineer Rd.  
858-634-3233

Expires 3-11-10 • Coupon code: G1FSDR

Central



## \$1 off Indian buffet

Limit one per customer.

**Sher Punjab Indian Cuisine**  
Mira Mesa: 9254 Scranton Rd.  
Ste. 102 • 858-458-2858

Expires 3-11-10 • Coupon code: G1FSDR

Central



## Free buttermilk pancakes

Short stack with purchase of two entrées. May not be combined with any other offer. One coupon per table. Not valid on holidays.

**The Trails Neighborhood Eatery**  
San Carlos: 7389 Jackson Dr.  
619-667-CAFE

Expires 3-11-10 • Coupon code: G1FSDR

Central



## Free entrée or sushi roll

With purchase of a second entrée of equal or greater value and two drinks at regular price. Maximum value \$8. Not valid with any other offer. One coupon per table or per party.

**Kirin Sushi**  
San Diego: 4111 Voltaire St.  
619-223-3388

Expires 3-11-10 • Coupon code: G1FSDR

Central



## Free Asian fusion entrée

Buy any lunch or dinner entrée and two beverages, receive a second entrée of equal or lesser value free. Some restrictions.

**Khan's Cave**  
Kearny Mesa: 9350 Clairemont Mesa Blvd., Ste. F  
858-279-9799

Expires 3-11-10 • Coupon code: G1FSDR

Central



## Free Mexican combo plate

With purchase of a combo plate of equal or greater value and two drinks. Some restrictions. Valid Mon.-Thurs. only. Only combos 1-16.

**Emiliano's Mexican**  
Del Cerro: 6690 Mission Gorge Rd.  
Ste. E • 619-284-2460

Expires 3-11-10 • Coupon code: G1FSDR

Central



## Free Italian entrée

With purchase of any entrée of equal or greater value and two beverages. One coupon per table. Dine-in only. Max value \$10. Lunch specials not included. Not valid with any other offer or on holidays.

**Da Nino's**  
Bay Park: 410 Ashton St.  
619-275-0321 • 619-275-4395

Expires 3-11-10 • Coupon code: G1FSDR

Central



## Free taco

With purchase of \$5 or more. Not to be combined with any special offers or coupons. Extras not included. Limit one coupon per customer.

**Sombrero Mexican Food**  
Visit [www.sombreromex.com](http://www.sombreromex.com) to find a location near you!

Expires 3-11-10 • Coupon code: G1FSDR

Central | East | North



## 50% off breakfast or lunch

Purchase one entrée and two beverages at regular price and receive a second entrée of equal or lesser value at 50% off. Some restrictions.

**Honey's Café**  
San Diego: 7947 Balboa Ave.  
858-565-4244

Expires 3-11-10 • Coupon code: G1FSDR

Central



What the Chef Eats

free pancakes. These pan-cakes are amazing. I’m not kidding. My wife and daughter eat them with butter and maple syrup. What I do — and this grosses my wife and daughter out — is I cook up some Applegate organic bacon and roll it up in the pancakes and eat it like that. They’re the best. Seriously, you’ve got to try them.

**INGREDIENTS**  
**SERVES 4**  
*1–2 tbsp. butter or oil*  
*1 1/4 cup buttermilk*  
*2 tbsp. olive oil*  
*1 egg*  
*1 cup Bob’s Red Mill Gluten-Free Pancake Mix*

**HOW TO DO IT**  
Heat a griddle or large pan on the stove. Griddle is ready when a drop of water sizzles on the sur-

face. Melt 1–2 table-  
spoons of butter or oil on the griddle and spread evenly until the griddle is coated.  
In a medium bowl, whisk together butter-milk, olive oil, and egg. Add pancake mix and stir until well combined. Bat-ter will be slightly lumpy. Pour about a quarter of a cup of batter onto the hot griddle. Flip pancakes

when the edges look cooked and the batter bubbles on the top. Serve hot with butter, jam, syrup, or all three.  
**NOTE:** You can purchase Bob’s Red Mill products at health food stores like Whole Foods or online at: bobsredmill.com  
To get other recipes from local chefs, go to sreader.com.

Skip the owner’s “famous” bean soup, a vanity item. High-moderate.  
**The Marine Room** 2000 Spindrift Dr., La Jolla, 858-459-7222. Sea-level ocean view and Chef Bernard Guillas’s oceanic culinary inventiveness with fresh, exotic ingredients make every visit a voyage of discovery. Preparations are so elaborate, each menu listing reads like a whole tasting dinner. Expensive.  
**Nine-Ten** 910 Prospect St., La Jolla, 858-964-5400. Chef Jason Knibb’s culi-nary sophistication is big-city smart, offering adventurous seasonal cuisine emphasizing fresh sustainable or or-ganic ingredients and fresh ideas, with flawless flavor matches. Expensive.  
**Sante Ristorante** 7811 Herschel Ave., La Jolla, 858-454-1315. Fresh seafood specials are available every

night. Excellent pasta with mushrooms, ravioli with quail, and lamb chops. Moderate (pastas) to expensive.  
**Trattoria Acqua** 1298 Prospect St., La Jolla, 858-454-0709. The seasonally changing menu could be called avant-garde Italian, a style that more than pushes the Italian envelope with inter-national influences. Desserts are superb. Moderate (pastas) to very expensive.  
**La Mesa**  
**Mario’s de La Mesa** 8425 La Mesa Bl., La Mesa, 619-461-9390. Tasty gringo-Mex food. Tamales are rich, pil-lowy clouds of cornmeal surrounding richer shredded pork scattered with

raisins. Pork also gets loving treatment in the *carnitas rojas*, browned to the barest crisp. Inexpensive.  
**Lakeside**  
**The Neighbor’s Pub and Grub** 12169 Woodside Ave., Lakeside, 619-561-8890. A neighborhood place beloved by locals serves until midnight (2am weekends). Big portions of sim-ple, filling food, with standard pub grub and daily specials like meat loaf, roast beef, fish ‘n’ chips, pork tender-loin. Inexpensive.

**Linda Vista**  
**Andrés Restaurant** 1235 Morena Bl., Linda Vista, 619-275-4114. Nice in-troduction to Cuban cuisine, including lush “Cuban sandwiches” of pork, ham and cheese, and *ropa vieja* (“old clothes”) — shredded beef sautéed with mushrooms, peppers, tomatoes. Inex-pensive to moderate.  
**Sushi Diner** 7530 Mesa College Dr., Linda Vista, 858-565-1179. Most places, you can eat good or cheap. Here, you can eat good *and* cheap. No surprise that students from Mesa College cram in at lunchtime for rolls, bowls, curries. Inexpensive.

**Logan Heights**  
**Las Cuatro Milpas** 1857 Logan Ave., Logan Heights, 619-234-4460. The Estudillo family has been serving Mexican food here for three genera-tion. Rice, beans, pork tacos (no beef), pork tamales, chorizo with eggs — that’s about it. Breakfast/lunch only. Inexpensive.  
**Tamale Cart** 1852 National Ave., Lo-gan Heights, 619-338-9140. The choice of goodies stuffed in the middle can in-clude pork, beef, chicken, cheese, pineapple, strawberries, or coconut. Try the *champurrado* drink: milk mixed with masa, chocolate, and cinnamon. Inexpensive.

**Midway District**  
**Brazil by the Bay Restaurant and Sports Bar** 3770 Hancock St., Mid-way District, 619-692-1410. Dishes of Bahia, Rio, and São Paulo. You can make a meal of appetizers like *coxinhas*, *paste-*  
**Rudford’s**  
*Established 1949*  
**Famous Homestyle Cooking**  
Serving Breakfast All Day  
**\$2.00 OFF**  
Any one menu entrée of \$6 or more. Limit 4 persons per coupon. Must present coupon at time of order. Not valid on holidays. Dine-in only through 3/4/10.  
Mon.-Fri. Specials  
**Twin Double \$4.79**  
2 pancakes, 2 eggs, 2 bacon or sausage  
**The Big 3 \$5.49**  
3 pancakes, 3 eggs, 3 bacon or sausage  
Open 24/7.  
2900 El Cajon Blvd.  
619-282-8423  
www.Rudfords.com



**Free Thai entrée**

With purchase of an entrée and two drinks. Dine-in only. Excludes lunch special. One per table. Maximum discount of \$8. Some restrictions.

**Thai Time II & III**  
Midway: 3545 Midway Dr. 619-224-3245  
Clairemont: 4310 Genesee Ave. #111 • 858-278-4949  
Expires 3-11-10 • Coupon code: G1FSDR

Central



**Free Mexican entrée**

With purchase of a second entrée of equal or greater value and two beverages. Maximum value \$7. Some restrictions.

**El Indio**  
Mission Hills: 3695 India St. 619-299-0333  
Expires 3-11-10 • Coupon code: G1FSDR

Central



**Free sushi roll**

With purchase of a sushi roll of equal or greater value and two beverages. Maximum value \$12.95. Dine-in only. Not valid during Happy Hour. Some restrictions.

**Nami Sushi Bar & Fusion Japanese**  
Hillcrest: 501 University Ave. 619-297-7888  
Expires 3-11-10 • Coupon code: G1FSDR

Central



**\$5 off Mexican cuisine**

Any check over \$25. Some restrictions.

**Casa Machado**  
College Area: 6390 El Cajon Blvd. 619-287-6858  
**Montgomery Field:**  
3750 John J. Montgomery Dr. 858-292-4716  
Expires 3-11-10 • Coupon code: G1FSDR

Central



**Free breakfast, lunch or dinner**

With purchase of equal or greater value and two drinks. Excludes manager & window specials. Some restrictions. Max \$7 value.

**ChickeNest**  
La Mesa: 7200 Parkway Dr. 619-589-0088  
Expires 3-11-10 • Coupon code: G1FSDR

East



**\$1.50 off dinner buffet**

Asian and American cuisine. Over 150 items daily. With purchase of dinner at regular price. Valid for up to 2 people. One coupon per table. Some restrictions.

**Panda Garden Buffet**  
Santee: 70 Town Center Pkwy. Ste. C • 619-596-4888  
Expires 3-11-10 • Coupon code: G1FSDR

East



**Free Italian entrée**

With purchase of an entrée and two beverages. One per table. Max value \$13.95. Not valid on Friday or Saturday or for lunch specials. Some restrictions.

**Taste of Italy**  
Rancho San Diego: 2512 Jamacha Rd. • 619-660-6300  
Expires 3-11-10 • Coupon code: G1FSDR

East



**Free smoked BBQ sandwich**

With the purchase of a sandwich of equal or greater value and two large beverages. Some restrictions.

**Geno’s BBQ**  
El Cajon: 291 West Main St. 619-444-3667  
Expires 3-11-10 • Coupon code: G1FSDR

East



**Free Italian entrée**

With the purchase of an entrée of equal or greater value and two beverages. Up to a \$9.95 value. Excludes pizza and calzones. Not valid on Fridays. Dine-in only with this coupon. Some restrictions.

**Ottavio’s Cucina Italiana**  
El Cajon: 101 Jamacha Rd. 619-444-9522  
Expires 3-11-10 • Coupon code: G1FSDR

East



**50% off any entrée**

With purchase of another entrée of equal or greater value and two drinks. Valid only at La Mesa location. Dine-in only.

**Pedro’s Mexican Cocina**  
La Mesa: 6155 Lake Murray Blvd. 619-668-1090  
Expires 3-11-10 • Coupon code: G1FSDR

East



**Free frozen yogurt**

Buy any yogurt for \$2.50 or more and get a free yogurt valued up to \$2.50. Some restrictions.

**YoYo’s Frozen Yogurt**  
El Cajon: 2650 Jamacha Rd. 619-660-7362  
Expires 3-11-10 • Coupon code: G1FSDR

East



**Italian dinner for two \$16<sup>95</sup>**

Or lunch. Dine-in. Monday-Thursday. Includes salad and choice of six pasta entrées. Some restrictions.

**Little Roma Cucina Italiana**  
La Mesa: 5575 Baltimore Dr. 619-461-7000  
Expires 3-11-10 • Coupon code: G1FSDR

East





## Free Mexican entrée

With purchase of an entrée and two drinks. Not valid with any other coupon or discount.

**Broken Piñata Bar & Grill**  
**El Cajon:** 1221 Broadway  
619-447-5665

Expires 3-11-10 • Coupon code: G1FSDR



## Free torta or quesadilla

With purchase of entrée and two drinks. Not valid with any other offer. One coupon per customer.

**La Torta Café**  
**Mexican Deli**  
**La Mesa:** 8356 Allison Ave.  
619-741-6230

Expires 3-11-10 • Coupon code: G1FSDR



## 50% off Greek entrée

With purchase of one entrée of equal or greater value and two beverages. Some restrictions.

**Taste of Athens**  
**El Cajon:** 1784 Main St.  
619-447-0886

Expires 3-11-10 • Coupon code: G1FSDR



## Free steak, chicken or gyro wrap

With purchase of wrap and two drinks.

**Spinners**  
**Fresh Mediterranean**  
**El Cajon:** 2654 Jamacha Rd.  
Ste. 101 • www.ilovespinners.com

Expires 3-11-10 • Coupon code: G1FSDR



## Free American entrée

With purchase of regular-priced entrée of equal or greater value and two drinks. Valid Mon.-Thurs. Max value \$10. Not valid with specials. Dine-in only.

**Ranch House Restaurant**  
**Santee:** 11510 Woodside Ave.  
619-448-2087

Expires 3-11-10 • Coupon code: G1FSDR



## Free frozen yogurt

Buy one frozen yogurt for \$3.50 or more and get a free yogurt valued up to \$3.50. Limit one coupon per party. Not valid with any other offers.

Self-serve. Over 60 toppings and 12 premium flavors.

**Penguin Yogurt Factory**  
**Santee:** 9621 Mission Gorge Rd.  
619-562-1879

Expires 3-11-10 • Coupon code: G1FSDR



## 10% off catering

Not valid with any other offer or discount.

**Rally's Burgers**  
**El Cajon:** 1216 E. Main St.  
877-758-9837

Expires 3-11-10 • Coupon code: G1FSDR



## \$11<sup>99</sup> large one-topping

(Original thin crust only.) Additional fee for thick crust. Not valid with other offers, promos or discounts. Dine-in, carry-out or delivery. \$20 minimum purchase for free delivery. Limited delivery area and hours. Some restrictions.

**Round Table Pizza**  
**La Mesa:** 8032 La Mesa Blvd.  
619-462-8800

Expires 3-11-10 • Coupon code: G1FSDR



## 50% off Mexican entrée

With purchase of one entrée of equal or greater value and two beverages. Max discount \$7.95. Valid Monday-Thursday. One coupon per customer. Some restrictions.

**Hacienda Casa Blanca**  
**El Cajon:** 700 N. Johnson  
619-442-9827

Expires 3-11-10 • Coupon code: G1FSDR



## Free frozen yogurt

Purchase 8 oz. or more frozen yogurt and receive 8 oz. free. Not valid with any other offer. Some restrictions.

16 premium flavors. Over 60 toppings.

**Crave Yogurt**  
**San Carlos:** 8680 Navajo Rd.  
619-337-7888

Expires 3-11-10 • Coupon code: G1FSDR



## Free Mexican entrée

With purchase of another entrée of equal or greater value and two beverages. One coupon per table. Present coupon before ordering. Some restrictions.

**Casa Nueva**  
**Santee:** 10757 Woodside Ave.  
619-258-5557

Expires 3-11-10 • Coupon code: G1FSDR



## Free Japanese entrée

With purchase of an entrée of equal or greater value. One per party/table. Cannot be combined with any other offers.

**Sushi Fun**  
**Santee:** 8790 Cuyamaca St., Ste. K  
619-562-5151

Expires 3-11-10 • Coupon code: G1FSDR



## \$5 off breakfast or lunch

Any purchase of \$20 or more. Not valid on holidays or weekends. Cannot be combined with any other offer.

**The Omelette Factory**  
**La Mesa:** 5270 Baltimore Dr.  
619-460-4423

Expires 3-11-10 • Coupon code: G1FSDR



## 50% off pasta, pizza, or entrée

With purchase of one of equal or greater value and two beverages. Some restrictions.

**D'Lish**  
**Chula Vista:** 386 East "H" St.  
619-585-1371

Expires 3-11-10 • Coupon code: G1FSDR



## \$15 off upscale Mexican cuisine

With minimum purchase of \$40 in the dining room area. One per table. Some restrictions.

**Romescos**  
**Bonita:** 4346 Bonita Rd.  
619-475-8627

Expires 3-11-10 • Coupon code: G1FSDR



## Two Sunday champagne brunches \$20<sup>95</sup>

Includes champagne, mimosas, coffee or orange juice. Some restrictions.

**Murrieta's Fine Mexican Food**  
**Bonita:** 5170 Bonita Rd.  
619-479-8024

Expires 3-11-10 • Coupon code: G1FSDR



## 50% off Asian-Pacific entrée

Buy one regular entrée, get the second of equal or lesser value at 50% off. With purchase of two drinks. Excludes lunch specials, salads, wraps and sushi. Some restrictions.

**Ono's Cafe**  
**Bonita:** 4154 Bonita Rd.  
619-470-ONOS

Expires 3-11-10 • Coupon code: G1FSDR



## \$10 off dinner

Buy 2 entrées and 2 beverages, get \$10 off. One coupon per customer. Not valid on holidays or with any other offers.

**Café La Maze Steakhouse**  
**National City:** 1441 Highland Ave.  
619-474-3222

Expires 3-11-10 • Coupon code: G1FSDR



## Free Mexican entrée

When you purchase one of equal or greater value. Monday thru Wednesday only. One coupon per table. Some restrictions.

**Jalisco Café**  
**Bonita:** 4026 Bonita Rd.  
619-267-7855

Expires 3-11-10 • Coupon code: G1FSDR



## Free pizza

When you purchase one pizza. Dine-in only. One coupon per table. Cannot be combined with any other offer. Some restrictions.

**The Brewhouse at Eastlake**  
**Chula Vista:** 871 Showroom Place  
619-656-BREW (2739)

Expires 3-11-10 • Coupon code: G1FSDR



## 50% off Chinese entrée

Buy one entrée at regular price, get a second of equal or lesser value at 50% off. Not valid on party trays, lunch menu, dinner combinations or family dinner. Some restrictions.

**Panda Chef**  
**Chula Vista:** 2260 Otay Lakes Rd.  
#104 • 619-421-7777

Expires 3-11-10 • Coupon code: G1FSDR



## Free pasta dish

Buy one pasta dish and two drinks, get one pasta dish free. Dine-in and take-out only. Excludes other offers.

**Big Red Pizza**  
**Carlsbad:** 7740 El Camino Real  
Ste. F • 760-635-9000

Expires 3-11-10 • Coupon code: G1FSDR



## Free Indian cuisine entrée

With purchase of one entrée and two beverages. Some restrictions.

**Star of India Restaurant**  
**Carmel Valley:** 3860 Valley Centre Dr.  
858-792-1111  
**Downtown/Gaslamp:** 423 Fir St.  
619-234-8000

Expires 3-11-10 • Coupon code: G1FSDR



## Free entrée

With purchase of an entrée of equal or greater value and two beverages. Dine-in only. Not valid with any other offer.

Fresh ground burgers, specialty pizzas, steaks, seafood and pastas.

**The Bullpen Bar & Grill**  
**Encinitas:** 149 S. El Camino Real  
760-635-9020

Expires 3-11-10 • Coupon code: G1FSDR



les, *croquetas*, and *kube* (the Brazilian version of Lebanon's *kibbe*). Moderate.

### Mira Mesa

**Bamboo Hut** 9172 Mira Mesa Bl., Mira Mesa, 858-348-0414. A strip-mall taste of Hawaiian plate lunch and sushi, with outdoor wood-roofed patio. Un-even, but ahi poke, chicken katsu, and Rainbow Roll are good. Inexpensive.

**Popeye's Chicken & Biscuits** 9045 Mira Mesa Bl., Mira Mesa, 858-530-1664. Several San Diego locations. Wherever you go, if you find a Popeye's, you'll be eating Louisiana flavors. The étouffée (whether of chicken or craw-fish, when available) is surprisingly de-cent. Inexpensive.

### Mission Hills

**Blue Water Seafood Market and Grill** 3667 India St., Mission Hills, 619-497-0914. Delicious simple fish cookery in no-frills eatery, plus a fish counter offering restaurant-quality fresh raw seafood including big, buttery oysters. Inexpensive to low-moderate.

**Saffron Noodles and Saté** 3737 India St., Mission Hills, 619-574-7737. It's the smell of the spicy Thai chicken grilling that gets you. Choice of five sauces, from peanut to sweet pepper. Also try delicious, spicy noodle soups, like Tom Yum with shrimp. Inexpensive.

### Mission Valley

**Bali Thai Café** 407 Camino del Rio South, Mission Valley, 619-297-0800. This cute spot mingles chefs and dishes from Indonesia and Thailand. Standard Thai fare, but unique Balinese corn fritters, spicy shrimp, comforting chicken noodle soup. No reservations on week-ends. Low-moderate.

**Seau's** 1640 Camino del Rio North, Mission Valley, 619-291-7328. Vast sports bar offers 70 TV screens and varied pub grub: pizza, hefty burgers, wings with three sauces, sushi, and Junior Seau's family recipe of Samoan teriyaki "plate lunch." Inexpensive to moderate.

### National City

**Dakine's Plate Lunches** 1635 Sweetwater Rd., National City, 619-477-8494. Although the Hawaiian-style kalua pig here isn't cooked in a hole in the ground, it tastes like the real thing and comes with an islander platemload of cabbage, rice, mac salad, and kimchi. Inexpensive.

**Point-Point Joint** 916 E. 8th St., National City, 619-474-2866. Dozens of Filipino dishes are available, from the familiar (chicken grilled on a bamboo spit) to more mysterious choices like *kare-kare* (peanut butter sauce with beef and tripe) and *dinuguan* (pork meat and blood stew). Inexpensive.

### Normal Heights

**Antique Row Café** 3002 Adams Ave., Normal Heights, 619-282-9750. Fill up on all-day breakfasts including huge omelets; Philly Steak Heaven (you choose: steak, ham, or turkey) is a popular lunchtime dish. Inexpensive.

### North Park

**El Comal** 3946 Illinois St., North Park, 619-294-8292. Also 262 Third Ave., Chula Vista, 619-420-3811. Home

cooking from the mainland (Michoacan, Guerrero, others). Stuffed tortilla dishes (no numbered combos) are appetizers or lunches. For entrées, look to casseroles like tongue in tomatillo sauce, tender goat in a lively red "barbecue" sauce, and sweet-spicy mole poblano chicken. Inexpensive.

**Old World Deli & Café** 3930 30th St., North Park, 619-238-0568. Fine mittel-European casual food, with house-made sauerkraut the badge of honor. Try the bounteous sausage plat-ter or the Great Grilled Grueben sand-wich. Inexpensive.

**The Philly Grill** 2041 University Ave., North Park, 619-688-9437. This tiny café takes Philly cheese steak seriously: delicious thin slabs of rib-eye steak with "fourteen-ingredient seasoning" plus onions, cheese, optional mushrooms — and garlic. Plus a Philly hoagie and an Atkins Lite Philly (on lettuce). Moderate.

### Ocean Beach

**The Bar-B-Que House** 5025 New-port Ave., Ocean Beach, 619-222-4311. Genuine "Q" of meats and poultry smoked "low and slow" over oak, then charbroiled. Southern-style sandwich (choice of protein plus coleslaw and tangy, spicy sauce) is a good value. Inexpensive.

**Kaiserhof** 2253 Sunset Cliffs Bl., Ocean Beach, 619-224-0606. Big, convivial German *Bierstube* with all the usual dishes. Good schnitzels, potato pancakes. Avoid entrées with one-sauce-fits-all brown gravy. The excel-lent apple strudel is the only dessert made in-house. Moderate.

### Oceanside

**101 Café** 631 S. Coast Hwy. 101, Oceanside, 760-722-5220. Cooks have been flipping burgers here since 1928. Try the Original Cheeseburger with se-cret sauce. Inexpensive.

**Johnny Mañanas** 308 Mission Ave., Oceanside, 760-721-9999. On the mainly Mexican menu there's a Caribbean chocolate-y, black bean, pa-prika, curry-in-the-rice thing going on. Pescado Veracruz (fish marinated in lime juice and garlic with rice, beans, and green salad) is good. The roasted chicken is delicious. Inexpensive.

**Oceanside Café** 1938 S. Coast Hwy. 101, Oceanside, 760-722-7337. This lit-tle place does lunch, with good burgers, but breakfast's what a lot of folks come for. Dieter's Downfall — a three-egg omelet stuffed with ham, bacon, sausage, tomato, Jack, and cheddar — is wicked. Inexpensive.

### Old Town



**Oaxaca Festival**

Now-March 3rd

**El Agave Tequileria**

2304 San Diego Ave. Old Town (619) 220-0692

elagave.com

**El Agave** 2304 San Diego Ave., Old Town, 619-220-0692. Serious Mexican food highlighting mainland regional cuisines, including five different Oax-acan moles (plus a sixth from Chiapas). Moderate.

**Harney Sushi** 3964 Harney St., Old Town, 619-295-3272. Also 301 Mission Ave., Oceanside, 760-967-1820. These trendy spots draw mainly under-35

scenesters with a DJ turning up the amps, a vast choice of sakes, and a menu of sushi (heavy on the party rolls), Japanese appetizers, and a few mixed-ethnicity entrées. Sushi lower than most, entrées moderate.

**Zócalo Grill** 2444 San Diego Ave., Old Town, 619-298-9840. Tropical something for everyone — a stacked salad of shrimp and avocados or co-conut-shrimp kebabs emerging from a pineapple or a huge, beautifully grilled lobster with avocado salsa. Moderate.

### Pacific Beach

**Baleen** 1404 Vacation Rd., Pacific Beach, 858-490-6364. The menu fea-tures seafood and land creatures in re-fined renditions, in a room with a wa-ter view and monkey-motif decor. Very expensive.

**Bare Back Grill** 4640 Mission Bl., Pacific Beach, 858-274-7117. Also 624 E St., Downtown, 619-237-9990. The Kiwi owners guarantee healthy, hor-mone-free, organic beef and lamb from New Zealand — mainly in burg-ers, from grass-fed organic beef burg-ers to lamb burgers with wasabi dip. Inexpensive.

**Café Athena** 1846 Garnet Ave., Pa-cific Beach, 858-274-1140. Sister restau-rant, Apollonia Greek Bistro, in UTC. With a more upscale, eye-catching decor and a longer and more serious menu than most Greek cafés, this is a popular destination. Inexpensive to low-moderate.

**Costa Brava** 1653 Garnet Ave., Pa-cific Beach, 858-273-1218. The garlic-rich Spanish cuisine here includes tasty tapas and, among the entrées, a paella that's made to order (sized to serve two or four; call ahead for larger groups). Moderate.

**The Fishery** 5040 Cass St., Pacific Beach, 858-272-9985. The Fishery's menu is extensive, covering SoCal ba-sics (excellent mahimahi burrito), lunchtime standards (sandwiches, fine malt-dredged fish 'n' chips), sushi, and an ambitious lineup of dinnertime en-trées. Moderate to expensive.

**Hoboken Pizza & Beer Joint** 1459 Garnet Ave., Pacific Beach, 858-270-7766. They offer thin-crust East Coast-style pizza or inch-thick, square Sicilian pizza. Crusts are airy and crunchy, and they paddle-slide your slice into the oven to finish it off, fresh and hot. Open late. Inexpensive.

**Isabel's Cantina** 966 Felspar St., Pa-cific Beach, 858-272-8400. Cheerful spin-off of Mission Café serves Latin-Asian-sorta health food. Breakfast and lunch are the main meals and include luscious scrambled eggs, huge sand-wiches. Competent Latin-style dishes include tamales with airy masa. Inex-pensive to low-moderate.

**The Surfside** 4527 Mission Bl., Pa-cific Beach, 858-273-2979. You'll find fresh sushi, sashimi, and California coastal cuisine, e.g., fusion-y tapas, many going for half-price during week-night happy hours. Sushi bar with friendly chefs takes reservations. Inex-pensive to low-moderate.

### Point Loma

**C-Level** 880 Harbor Island Dr., Point Loma, 619-298-6802. The name is the grade for food, but nice for visiting aunts, with scenic heated patio at wa-ter's edge and California-Mediterranean comfort food from chef Deborah Scott in laid-back mode, lovely for a sunshiny lunch. Moderate to expensive.

**Humphrey's by the Bay** 2241 Shelter Island Dr., Point Loma, 619-224-3577. The kitchen features seafood, juicy meats, and Prime steaks with sea-sonal veggie garnishes. Preshow prix fixe upper-moderate, à la carte expen-sive/very expensive.



North

## 15% off seafood lunch or dinner

We don't have a "fresh fish of the day" because all our fish are always fresh! Call for offer details. Not valid with any other offer. Excludes catering and alcohol.

**Solana Beach Fish House**  
**Solana Beach:** 124 Lomas Santa Fe Dr. 858-481-FISH (3474)

Expires 3-11-10 • Coupon code: G1FSDR



North

## 50% off entrée

Buy one entrée with two beverages and receive a second entrée at 50% off.

**Boston Sports Café**  
**Mira Mesa:** 6625 Flanders Dr. 858-200-2101

Expires 3-11-10 • Coupon code: G1FSDR



North

## Free entrée

With purchase of any entrée and two beverages at regular price. Receive second entrée of equal or lesser value free. Up to \$8 value. Dine-in only. Not valid with breakfast specials, discounts, on holidays or with any other offer. One coupon per table.

**Keith's Restaurant**  
**Mira Mesa:** 9449 Kearny Mesa Rd. 858-271-4670

Expires 3-11-10 • Coupon code: G1FSDR



North

## Large pepperoni pizza \$5<sup>99</sup>

Plus tax. Carry-out only. No limit.

**Pizza Depot**  
**Mira Mesa:** 9430 Mira Mesa Blvd. Ste. 5C • 866-820-4949

Expires 3-11-10 • Coupon code: G1FSDR



North

## Free yogurt

With purchase of another yogurt.

**YoFresh**  
**Escondido:** 1022 W. El Norte Pkwy 760-432-8090

Expires 3-11-10 • Coupon code: G1FSDR



North

## 50% off burger

Buy any burger and get a second burger of equal or lesser value for half off. Valid at this location only.

**Cheeburger Cheeburger**  
**Carmel Mountain Ranch:** 12002 Carmel Mountain Rd. 858-613-1576

Expires 3-11-10 • Coupon code: G1FSDR



North

## 50% off yogurt

Buy one yogurt, get 50% off second cup of equal or lesser value.

**Yogurt Heaven**  
**Scripps Ranch:** 12010 Scripps Summit Dr. 858-549-9205

Expires 3-11-10 • Coupon code: G1FSDR



North

## Free pizza or large salad

Free Z10" pizza or large salad with purchase of any extra-large specialty pizza Z18".

**ZPizza**  
**Carmel Mountain:** 11975 Carmel Mtn. Rd. 858-675-9300

Expires 3-11-10 • Coupon code: G1FSDR



North

## Free French dinner

Buy one entrée with one alcoholic beverage and receive a second entrée free! Up to \$18.75 value. Limited to one coupon per table. Not valid with any other offer or on holidays.

**La Bonne Bouffe**  
**Encinitas:** 471 Encinitas Blvd. 760-436-3081

Expires 3-11-10 • Coupon code: G1FSDR



North

## 50% off chicken pie

Buy one entrée and get a second entrée for 50% off.

**Chicken Pie Diner & Fueling Station**  
**Poway:** 14727 Pomerado Rd. 858-748-2445

Expires 3-11-10 • Coupon code: G1FSDR



North

## Smoked baby back ribs \$7<sup>95</sup>

Includes coleslaw, beans and bread. Good with this coupon only. One coupon per person.

**Chicken Plus Greek Cuisine**  
**Escondido:** 309 W. Mission Ave. 760-480-1348

Expires 3-11-10 • Coupon code: G1FSDR



North | Central

## Two large pizzas \$20<sup>99</sup>

Two 14" pizzas with two toppings. Delivery special. Call for details.

**New York Giant Pizza**  
**Mira Mesa:** 11255 Camino Ruiz 858-566-9666

**San Diego:** 3715 India Street 619-692-1169

**Rancho Penasquitos:** 12812 Rancho Penasquitos Blvd. • 858-538-6868

Expires 3-11-10 • Coupon code: G1FSDR





## \$5 off bundt cakes

Any purchase of \$25 or more. Incredibly moist! Flavors from chocolate chocolate chip to pecan praline. Some restrictions.

**Nothing Bundt Cakes**  
**Poway:** 12205 Scripps Poway Pkwy.  
#104 • 866-777-5064

Expires 3-11-10 • Coupon code: G1FSDR



## 50% off Mexican entrée

With purchase of another entrée and two beverages. Monday-Thursday only. Not valid with any other offers.

**La Tapatia**  
**Escondido:** 340 W. Grand Ave.  
760-747-8282

Expires 3-11-10 • Coupon code: G1FSDR



## Free Texas Bar-B-Q sandwich

Buy two sandwiches at regular price and receive a third sandwich of equal or lesser value free. Valid at Miramar location only. Not valid with any other offers or discounts.

**Abbey's Real Texas Bar-B-Q**  
**Miramar:** 6904 Miramar Road  
858-566-2333

Expires 3-11-10 • Coupon code: G1FSDR



## Free large cheese pizza

With purchase of family meal. With this coupon. Not valid with any other offer. One coupon per visit.

**Bread Bites and More**  
**Carmel Valley:** 7845 Highland Village Place, Ste. C101  
858-780-2501

Expires 3-11-10 • Coupon code: G1FSDR



## Free entrée, side or dessert

Choose from any item on our menu! With purchase of a lunch or dinner plate and two beverages.

**Pita King**  
**Escondido:** 1061 W. El Norte Pkwy.  
760-480-5662

Expires 3-11-10 • Coupon code: G1FSDR



## \$5 off any speciality pizza

**Bobby D's**  
**Vista:** 425 S. Melrose Dr.  
760-295-3851

Expires 3-11-10 • Coupon code: G1FSDR



## 50% off Thai entrée

With purchase of an entrée and two beverages. Dine-in or take-out. Excludes seafood, BBQ and specialties. Not valid with any other offer. One coupon per customer.

**Bua Thai**  
**Poway:** 12378 Poway Rd., Ste. C  
858-679-7073

Expires 3-11-10 • Coupon code: G1FSDR



## Free frozen yogurt

Buy one frozen yogurt, get one free. Not valid with any other offer.

**Seaside Yogurt**  
**Del Mar:** 1231 Camino Del Mar  
858-720-1168

Expires 3-11-10 • Coupon code: G1FSDR



## Family special \$22<sup>95</sup>

Includes one 18" one-topping pizza, one large family salad, and one order of garlic knots. \$2 extra for specialty pizza. Not valid with any other offer.

**Flippin' Pizza**  
**La Costa:** 760-436-7499  
**Vista:** 760-598-8005  
**Encinitas:** 760-632-1497  
**Carlsbad:** 760-434-4468

Expires 3-11-10 • Coupon code: G1FSDR



## Free steakhouse appetizer

With purchase of two entrées and two beverages. Steakhouse menu only. Not valid with any other offers.

**Steakhouse at Jalapeño Grill**  
**Escondido:** 503 W. Grand Ave.  
760-233-1104

Expires 3-11-10 • Coupon code: G1FSDR



## Free yogurt

With purchase of yogurt of equal or greater value. Not valid with any other offer.

**Desserted Island Yogurt & More**  
**Solana Beach:** 153 N. Highway 101  
858-345-1451

Expires 3-11-10 • Coupon code: G1FSDR



## \$5 off BBQ

Minimum purchase of \$25. Not valid with any other offers or discounts.

**Kaminski's Bar-B-Que Sports Lounge**  
**Poway:** 12735 Poway Rd.  
858-748-1106

Expires 3-11-10 • Coupon code: G1FSDR

## Calendar RESTAURANTS

**Umi Sushi** 2806 Shelter Island Dr., Point Loma, 619-226-1135. Japanese and Korean entrées such as *teppanyaki* (cooked in the kitchen) chicken/seafood/beef, Korean ribs, and excellent beef teriyaki. Sushi highlights include lemony *ama ebi*, rich garlic tuna, and spicy Crazy Boy "krab" roll. Inexpensive to moderate.

### Rancho Bernardo

**Bernard'O Restaurant** 12457 Rancho Bernardo Rd., Rancho Bernardo, 858-487-7171. Brilliant modern takes on French classics. You want to know what genuine (California-adapted) bouillabaisse should be? Or squab at its best? This is the place — and desserts are ravishing, too. Expensive but not exorbitant.

### Rancho Santa Fe

**Cavaillon** 14701 Via Bettona, Rancho Santa Fe, 858-433-0483. A great neighborhood French bistro where Philippe Verpiand offers seasonal dishes emphasizing his home region, Provence. Don't miss *panisse*, a chickpea cake with marshmallow texture. Great coq au vin, slow-baked salmon, crisp-skinned duck confit. Moderate to very expensive.

### Solana Beach

**Pacific Coast Grill** 437 S. Coast Hwy. 101, Solana Beach, 858-794-4632.

A free-form menu integrates Mexican, Hawaiian, and Asian flavors into So-Cal comfort cooking. Try the Bag of Bones (house-smoked pork ribs) and any fruit creation for dessert. Moderate to expensive.

### Sorrento Valley

**Karl Strauss Brewing Company** 9675 Scranton Rd., Sorrento Valley, 858-587-2739. Additional locations in La Jolla, Carlsbad, and Downtown. Go for honest-but-beautiful dishes like the mountainous Hump Day meat loaf (Wednesday). Beer influence is everywhere. Filet mignon has an Amber Lager glaze. Ribs boast a Red Trolley Ale barbecue sauce. It can get pricey; try to hit happy hour. Moderate.

**WineSeller and Brasserie** 9550 Waples St., Sorrento Valley, 858-450-9557. Luxurious modern French cooking, upscale but comfortable, with vast wine list at minimal markups from wine store downstairs. Lunches high-moderate, dinners very expensive.

### South Park

**Alchemy** 1503 30th St., South Park, 619-255-0616. Arty décor and playful international grazing plates and seasonal entrées make eating fun. Cooking and service are adept. But with no reservations for small parties and noise-amplifying architecture, eat early on weeknights to avoid waits and din at this neighborhood favorite. Moderate.

### Tierrasanta

**Andiamo! Ristorante Italiano** 5960 Santo Rd., Tierrasanta, 858-277-

3501. This is right up where Tierrasanta meets Miramar, but it's worth the trip for — seriously — the bread. Rosemary focaccia with addictive tomato basil dip. Also butternut squash soup, lasagnas, and prosciutto and fig pizzas. Live music on patio Saturdays. Inexpensive.

### University City

**Fleming's Prime Steakhouse & Wine Bar** 8970 University Center Lane, University City, 858-535-0078. Also 380 K St., Downtown, 619-237-1155. Less-masculine atmosphere than many steakhouses, but wet-aged Prime steaks are still the main event. Great wine list. Very expensive.

### University Heights

**Adams Avenue Grill** 2201 Adams Ave., University Heights, 619-298-8440. Eclectic, ever-changing menu can be hit or miss, but soups are good, and lavender-infused crème brûlée makes an aromatic dessert. Inexpensive to moderate.

**Gulf Coast Grill** 4130 Park Bl., University Heights, 619-295-2244. The kitchen does best with the straight Southern dishes, turning out divine fried soft-shelled crabs, airy hush puppies, and delicious corn muffins. Cajun-Creole efforts are uneven. Moderate to slightly expensive.

**Park Boulevard Cafe** 4646 Park Bl., University Heights, 619-298-5248. The menu offers authentic Iraqi dishes plus echoes of Vietnam and Italy. Try Vietnamese-style coconut milk soup or lamb shank with red curry sauce and couscous. Open until late except Mondays. Inexpensive.

Thursday, February 18

One day only online sale

# 50% off gourmet sandwiches!

California Grinders • 921 6th Ave., Downtown San Diego



## ReaderSteals.com



**Willie Psycho vs. the Pyrate Punx** Phone messages posted January 31 on YouTube are alleged to be recordings of promoter-performer Willie Carter Tuckerson, aka Willie Psycho, threatening rival promoter Captain Sid of the San Diego

Sid said, "I'm actually headed up to Escondido right now to file a police report [about Psycho's threats]. I would love for you to do a story on us about this, but I don't want to throw myself under the bus on this. I just don't wanna expose what we do too much,

for years. The dude used to do security at the gutter shows I used to book. I fired him.... Ever since then, the dude has been spreading rumors, acting like a f\*\*\*ing baby, trying to be the king of the punk scene."

As reported in the *Reader* in 2006, several shows presented by Psycho with Pyrate Punx resulted in destruction and police intervention at venues such as the Heartland Masonic Lodge (El Cajon) and Brengle Terrace Park (Vista). Psycho alleges that Sid, in an attempt to stop him from promoting competitive punk shows, was the first to issue threats.

"My wife, who has terminal cancer, has received over 20 threats from Sid," according to Psycho. "He also posted our business number on craigslist in the hooker section, advertising my wife as a prostitute, [and he left] 73 messages on our business line.... You threaten my wife or my kid, you better be ready to lay your f\*\*\*ing life down."

Both Psycho and Sid have filed police reports alleging threats from the other. At this writing, only Sid has posted related phone messages online.

San Diego Pyrate Punx will hold a free Monday-night concert at the Radio Room on February 22. Willie Psycho appears February 24 at the Jumping Turtle.

— Jay Allen Sanford

**North County's Dying Cabaret** Three longtime North County music venues are silenced. One promises to return.

The Calypso Mediter-

closed in November, it left the Belly Up as the only music venue in Solana Beach. A block from the beach, the Surf & Saddle had bands four nights a week.



LAST CALL, REALLY

anean Cafe in Leucadia had live music since it opened in 1995. Artists such as Jack Tempchin, Candye Kane, Danny Way, and Semisi filled out the seven-night-a-week blues, jazz, Latin, and acoustic lineups. A kitchen fire closed the café in September. Owner Gilles Knafo says complying with city regulations is slowing down Calypso's reopening. "We have to bring everything up to code now," says Knafo, noting that previous deviations from building codes, including wheelchair access, had been grandfathered in. The Calypso is located in a former house on Highway 101. "I don't want to move anywhere else. Leucadia is very low key."

When the Surf & Saddle

Co-owner Patti Gilstrap says her lease at the 58-year-old bar was to expire last month. But she had to leave earlier than planned. The state Alcoholic and Beverage Control (ABC) department revoked her license in October because one of her bartenders sold pot on the job. "If it had been some 23-year-old with tattoos and piercings, maybe you could say I made a bad decision in hiring," says Gilstrap. "But it was a lady in her late 50s who lived in a senior-citizen complex. She had worked for the phone company for 25 years.... She served 90 days at Las Colinas." Gilstrap says she eventually sold her liquor license to her landlord, who plans to reopen the bar as an Irish pub without music.

For eight years, Tami Ridley hosted blues, acoustic flamenco, and Irish bands at her Spanish restaurant and wine bar in San Marcos, Friar's Folly. "We were doing well, but I just decided I wanted to take a break for a while." Ridley never charged admission as she hosted Skelpin, Ruby and the Redhots, Flamenco Nova, Lisa Sanders, and Jimmy Patton Wednesday through Saturday nights.

"My dream is to eventually open up something that would be a cross between the Belly Up and Anthology — more supper club than the Belly Up but not as high-end as Anthology."

Ridley says the space in Restaurant Row that housed Friar's Folly has been vacant since she closed last August.

— Ken Leighton

## Nothing Serene About It

San Diego screamo band a City Serene has had an eventful 2010 so far. In January, the band discovered they were voted the third top unsigned band in *Alternative Press Magazine* for the year 2009. Their post-hardcore tune "With Swords Crossed" was the number-one song on *purevolume.com* for two weeks, and in January, *smartpunk.com* announced a City Serene was the "Top-Selling Unsigned Artist" on the website.

(continued on page 86)

# the inside track blurt

Pyrate Punx. A few excerpts:

"If you wanna come and get into some f\*\*\*ing gang shit, then come handle your business, homie.... There's 20 motherf\*\*\*ers that I know that just rolled up off of your spot, dude.... I can only control my f\*\*\*ing homies, dude, I can only control them for so long. They are f\*\*\*ing seriously ready to f\*\*\*ing start s\*\*t and, dude, this isn't a game anymore.... You guys wanna bring it up and start some kind of gang shoot, dude, you guys can deal with the homies."

Contacted the next day,

'cause we do a lot of shows in illegal places and don't want too much attention."

Willie Psycho provided



PYRATE PUNX PREP FOR RENEGADE SETS

the *Reader* with his account of what led to the phone messages, which he admits leaving. "Sid from SDPP and myself have hated each other

Friday, February 19 **etix**

## DEADBOLT

HARD FALL HEARTS

EMBALMERS

CHANGO REY & HIS  
BROKEN HEART BEAT



Saturday, February 27

## DESPITE THE WOLVES

OBSDIAN

INSTINCT OF  
AGGRESSION



## BRICK BY BRICK

Wednesday, February 17  
**FAKING GENIUS • YTTRIUM**

Thursday, February 18  
**LISTEN ON MUTE  
BOOMSNAP • OFF TRACK  
PRIVATIZED AIR • HOCUS**

Saturday, February 20  
**CASTILLO • ELEVATION**

Sunday, February 21  
**ACOUSTIC ALLIANCE**  
For bands & more information visit  
[listenlocalsd.com](http://listenlocalsd.com)

Thursday, February 25  
**LOS INCONTENIBLES  
DEL AMOR**

Friday, February 26  
**MONKEYS IN SPACE  
THE GAMETES**

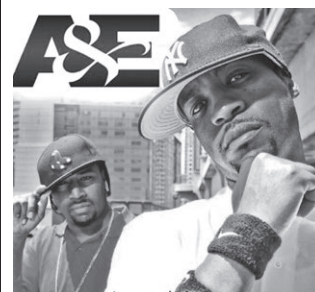
3/12 Sik World presents **Into The Presence** • 3/19 **Devil Makes Three**  
3/26 **Evidence** (Dilated Peoples) • 3/28 **Hugh Cornwell** (Strangers) • 4/10 **Flight 93 Benefit**  
4/20 **Koffin Kats** • 4/21 **Marcy Playground** • 5/22 **Nashville Pussy**

Sunday, February 28  
**SLOW BURNING CAR  
CYANIDE VOGUE**

Friday, March 5  
**CALL ME THE BREEZE  
THE GETDOWN  
WATCH US BURN  
THIS IS MUSIC  
BREAK HER FALL**

Saturday, March 6  
**CAUSTIC FELON  
OPEN WOUND  
RA(Z)NER  
REMAINS FORGOTTEN**

Wednesday, March 10  
**THE TROLLEY STATION  
SUMMER CIRCUS  
THE NEW LEAD DETECTIVES**

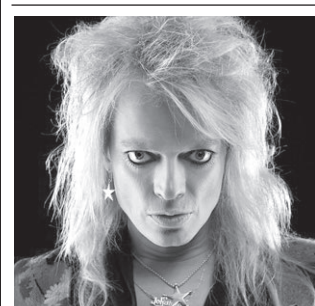


Thursday, March 4 **etix**

A&E House of Rep presents

## MASTA ACE & EDO G

MR. BRADY • ZOOLAY  
BROKEN DREAMS  
BREAD & BUTTER



Saturday, March 13 **etix**

## MICHAEL MONROE

(HANOI ROCKS)

ELECTRIC DYNAMITE



A pleasant change for the group, considering that it was last September when a truck crossed over the median outside of Bakersfield and collided headfirst into their tour bus, sending the entire band to the hospital and two of the members (drummer Mike Buxbaum and the band's female vocalist, Carly

was a perfect opportunity," the band writes in an email about their latest venture. But recording the video didn't go without incident, such as when police nearly arrested them for trespassing at an abandoned lot in San Marcos, or when they nearly got mugged during a shoot in North Park. And then there's the ongoing recovery. "It made the video really tough to shoot," reads the email. "Kris [Renfro] can't stand up for more than a



YOUNG AND RESILIENT A CITY SERENE

Baker) into comas. Despite spending the remainder of 2009 in hospital rooms and rehab facilities, the band did not lose focus. In January, when members weren't working on new material or getting their chops back, they were busy shooting a music video for their song "With Swords Crossed." "Since we won't be able to do any shows until everyone is healed up a little better, we needed something to keep the band going, build buzz, until we get back onstage, so this

couple seconds without feeling really out of it. Mike [Buxbaum] isn't back enough to really play drums all that well right now, but it was good enough to kind of fake it. So, after lots of good edits and hard work from our director Kevin Longwell, you would never know we ever got in an accident." On March 5, a City Serene will release the new music video at an invitation-only event at Mira Mesa all-ages venue the Epicentre. After the premiere, the



OVERHEARD? EMAIL JAS2669@AOL.COM - IF WE USE YOUR TIP, YOU GET THE ARTWORK



WWW.MYSPACE.COM/JAYALLENSANFORD

band plans to record a full-length record this summer and then hopes to get back on the road later in the year. — Dorian Hargrove

## The Six-String Circle of Life

"Suzy Bogguss and I knew each other when we were teens," says Jessica Baron. "I was a music teacher who gigged a little bit. Suzy was already an early celebrity. She would come through Chicago in her tour bus.... We got to be friends," she says, "because we were peripherally part of the same music scene. Then, we lost touch for a long time."

Jessica Baron is founder and executive director of a national outreach called Guitars in the Classroom that is headquartered in Solana Beach. Suzy Bogguss's country albums reached platinum and gold sales in the '80s and '90s; to date, she has had six top-ten singles.

Baron says that when she learned her old friend would be performing at Anthology, she reached out. "I said the people who own that club [Marsha and Howard Berkson] support Guitars in the Classroom. And Suzy said, 'Well, let's do something. I don't know what, but let's put something in the evening.'"

To date, Anthology has donated five pairs of tickets to Bogguss's February 18 concert with profits to benefit GITC, and a Martin guitar donated by a GITC supporter will be raffled as part of the event.

Guitars in the Classroom has been active for more than a decade. Their website states that they have trained 9000 teachers in 29 states. Unlike

other charitable music programs, GITC puts instruments in the hands of teachers.

"We're a train-the-trainer model," says Baron. "We train the educators. We loan the



BOGGUSS BACKS GUITARS IN THE CLASS

teachers the guitar, and when they feel secure on the instrument, they give it back and we pass the guitar along to the next teacher."

She says that there are currently 100 local teachers enrolled in the program, which is evenly divided between Crown Point

Elementary and Oak Park Elementary schools.

Baron says that if an instructor wants to continue on as a classroom troubadour after the loaner guitar has been returned, he or she must purchase their own.

"Then, you become a customer of the music-products business, which is how we get funded by NAMM." Baron says that NAMM, a trade association for music-product companies, has given them grant money for five years. "When a teacher does purchase a guitar, there is a good chance that they will become a customer of a NAMM member business."

"I started the program as an experiment. It's just grown from there," says Baron.

— Dave Good

## CONTRIBUTORS

William Crain, Dave Good, Larry Harmon, Ken Leighton, Bart Mendoza, Jay Allen Sanford, David Stampone

## Live at the Kraken!

### Blues • Dance Rock 'n' Roll

The bar with a definite beach atmosphere

6 TVs • 2 Satellites  
Pinball Games  
Pool Tables • ATM

On Highway 101  
Restaurant Row  
Cardiff • (760) 436-6483  
www.myspace.com/thekrakenbar



## BC's BBQ: Sat. and Sun. Noon 'til Midnight

Thursday, February 18 • No Cover  
**THE PIECES**

Friday, February 19 • No Cover  
**BILL MAGEE**

Saturday, February 20 • No Cover  
**HIGH PLANES DRIFTERS** (day)  
**FOO-U** (night)

Sunday, February 21 • No Cover  
**BLUES JAM** anchored  
by the **BLUES BROKERS**

Mondays and Tuesdays  
**DOUG ALLEN** and **SUZY BONGO**

Wednesday, February 24  
**JEFF MOORE**

Thursday, February 25 • No Cover  
**ALTHENA & CO.**  
with **DANNY DiCARLO**

SERIOUS PLAYERS ONLY!



FRIDAY • FEBRUARY 19  
EARLY SHOW 6 PM

**MATT HIRES**  
**JASON CASTRO**  
**CAITLIN CROSBY**

LATE SHOW 9 PM  
**THE DONKEYS**  
**THE HOT MOON**  
**THE MODLINS**  
**JOEL P. WEST**

SATURDAY • FEBRUARY 20  
**ANYA MARINA**  
**WIREPONY**  
**THE SOFTLIGHTES**

SUNDAY • FEBRUARY 21  
**HARLEM**  
**J. WORTHINGTON**  
**SOULFELLOWS**  
**GLOSSINES**

MONDAY • FEBRUARY 22  
ANTI-MONDAY LEAGUE PRESENTS  
**METROFIQUE**  
**SAMUEL STEWART**  
**LONGSTAY**

## THE Casbah

COCKTAILS • LIVE MUSIC • 21 w/ID  
2501 KETNER BLVD. • 232-4355

TUESDAY • FEBRUARY 23  
TERRIBLE TUESDAYS  
**AUTHOR AND PUNISHER**  
**RIVERVERB**  
**FORTRESS OF AMPLITUDE**

WEDNESDAY • FEBRUARY 24  
**THE SOUNDTRACK**  
**OF OUR LIVES**  
**NICO VEGA • THE LOONS**

THURSDAY • FEBRUARY 25  
**CHAIN AND THE GANG**  
**STRANGE BOYS**  
**HEAVY HAWAII**

FRIDAY • FEBRUARY 26  
**ADOLESCENTS**  
**YOUTH BRIGADE**  
**THE WATUSIS**

SATURDAY • FEBRUARY 27

**MOVING UNITS**  
**THE DABBERS**  
**BEATERS**

SUNDAY • FEBRUARY 28  
THE LOCAL 94.9 PRESENTS  
A FREE SHOW • DOORS 7 PM

**SCREAMIN' YEEHAWES**  
**THE FARMERS**  
**BEHIND THE WAGON**  
**THE FOOKS**  
FREE FOOD FROM LUCHA LIBRE  
TACO SHOP

MONDAY • MARCH 1  
**THE HOUNDS BELOW**  
(FORMER VON BONDIES)  
**BIG BANG**

TUESDAY • MARCH 2  
**SHRINEBUILDER**

WEDNESDAY • MARCH 3  
**THE APPLESEED CAST**

THURSDAY • MARCH 4  
**THE CLIENTELE**

casbahtickets.com

Charge by phone:  
888-512-7469

thecasbah.com



# FIRST THE RING. THEN THE BRACELET.



## MARCH 18 – 30

### CHAMPIONSHIP EVENT KICK-OFF MARCH 29 AT NOON!

Date	Event #	Tournament	Buy-In	Entry Fee
Thurs 3/18/10	1	No-Limit Hold 'Em @ Noon	\$200	\$30
Thurs 3/18/10		Pot Limit Omaha Hi-Lo @ 4pm	\$200	\$30
Thurs 3/18/10		No-Limit Hold 'Em @ 6pm	\$100	\$25
Fri 3/19/10	2	No-Limit Hold 'Em @ Noon	\$300	\$40
Fri 3/19/10		6-Handed No-Limit Hold 'Em @ 4pm	\$200	\$30
Fri 3/19/10		No-Limit Team Event @ 6pm (3 Players)	\$150 Each	\$25
Sat 3/20/10	3	No-Limit Hold 'Em @ Noon	\$500	\$50
Sat 3/20/10		No-Limit Hold 'Em @ 4pm	\$200	\$30
Sat 3/20/10		Partners No-Limit Hold 'Em @ 6pm	\$150 Each	\$25
Sun 3/21/10	4	No-Limit Hold 'Em @ Noon	\$300	\$40
Sun 3/21/10		Seniors No-Limit Hold 'Em @ 4pm	\$200	\$30
Sun 3/21/10		No-Limit Hold 'Em @ 6pm	\$100	\$25
Mon 3/22/10	5	No-Limit Hold 'Em @ Noon	\$300	\$40
Mon 3/22/10		Limit Omaha Hi-Lo @ 4pm	\$200	\$30
Mon 3/22/10		Crazy Pineapple @ 6pm	\$100	\$25
Tue 3/23/10	6	No-Limit Hold 'Em @ Noon	\$200	\$30
Tue 3/23/10		6-Handed No-Limit Hold 'Em @ 4pm	\$200	\$30
Tue 3/23/10		No-Limit Hold 'Em @ 6pm	\$100	\$25

Date	Event #	Tournament	Buy-In	Entry Fee
Wed 3/24/10	7	No-Limit Hold 'Em @ Noon	\$300	\$40
Wed 3/24/10		Pot-Limit Omaha Hi-Lo @ 4pm	\$300	\$40
Wed 3/24/10		No-Limit Hold 'Em @ 6pm	\$100	\$30
Thurs 3/25/10	8	No-Limit Hold 'Em @ Noon	\$300	\$40
Thurs 3/25/10		H.O.R.S.E. @ 4pm	\$200	\$30
Thurs 3/25/10		No-Limit Hold 'Em @ 6pm	\$100	\$25
Fri 3/26/10	9	No-Limit Hold 'Em @ Noon	\$500	\$50
Fri 3/26/10		Mega 1K Seat @ 4pm	\$200	\$30
Fri 3/26/10		No-Limit Hold 'Em @ 6pm	\$100	\$25
Sat 3/27/10	10	No-Limit Hold 'Em @ Noon	\$1,000	\$80
Sat 3/27/10	11	Ladies No-Limit Hold 'Em @ 4pm	\$100	\$25
Sat 3/27/10		No-Limit Hold 'Em @ 6pm	\$200	\$30
Sun 3/28/10		Mega 5k Seat @ 10am	\$300	\$40
Sun 3/28/10		Mega 5k Seat @ 1pm	\$500	\$50
Sun 3/28/10		Mega 5k Seat @ 4pm	\$500	\$50
Sun 3/28/10		Mega 5k Seat @ 7pm	\$300	\$40
Mon 3/29/10	12	Championship Event @ Noon	\$5,000	\$150
Tue 3/30/10		Last Chance No-Limit @ Noon	\$200	\$30
Tue 3/30/10		Championship Event Final Table @ Noon		

Visit [www.HarrahsRincon.com](http://www.HarrahsRincon.com) for hotel packages and special group rates. For more information call 760-751-3184.

**Harrahs**  
RINCON  
SAN DIEGO NORTH

[www.HarrahsRincon.com](http://www.HarrahsRincon.com)

Must be 21 or older to gamble. Know When To Stop Before You Start.® Gambling Problem? Call 1-800-522-4700. Owned by the Rincon Band of Luiseño Indians. Managed by HCAL, LLC. ©2010, Harrah's License Company, LLC.





# club crawler

This Week  
In Music

## Thursday 18

English goth-rockers the **Damned** will finish up their two-night stint at Casbah. Sold out, it is.... So go check out Motörhead Lemmy's new joint the **Head Cat** at Belly Up. They're a rockabilly super-trio, featuring Slim Jim Phantom of the Stray Cats on drums and guitarist Danny Harvey of the Lonesome Spurs. Lemmy's naturally singing and "slappin' de bass." Get a taste of the stage show off of *Rockin' the Cat Club: Live From the Sunset Strip*. The **Buzzbombs** and **Grass Heat** go first.... Austin artist **Bob Schneider** plays House of Blues. His last one — his 11th full-length — was last year's *Lovely Creatures* and was reportedly about his breakup with actress Sandra Bullock. Bob says, "Nu-uh".... A new proggy post-punk project called **Scales** checks in at the Tin Can Ale House in Banker's Hill. Give them a listen here: [myspace.com/wearescales](http://myspace.com/wearescales). They've got a bit of Slint/June of 44 in 'em. That works.... Uptown, you got L.A. psych-rock outfit **Lemon Sun** shining on Bar



THE DAMNED AT CASBAH

Pink...and Soda Bar sets up garage gang the **Old In Out** with O.C. pop-punks **Some Days**. They're all named Day, and the drummer is the singer. How fun.

## Friday 19

Start your Friday-night club crawl at a bookshop. The iron man of metal, **Ozzy Osbourne** will be signing copies of his new tome, *I Am Ozzy*, at Warwick's in La Jolla. So bizarre. *SHA-RON! I've come up wif a ti-tull...* Out with the old: some San Diego scene perennials will be hitting the boards Friday night, starting with **Steve Poltz's** 50th birthday bash at Belly Up with his new band the **Cynics**, his old band the **Rugburns**, and Eagle killer **Mojo Nixon** sets the Solana Beach stage...barroom



WILD YAKS AT KEN CLUB

rockers **Joey Harris and the Mentals** fly over the Tiki nest in P.B. behind their s/t debut....while Brick by Brick in Bay Park exhumes the scariest band in the land, **Deadbolt**.... And in with the new: indie-pop chanteuse **Maren Parusel** makes a Whistle Stop stop. She'll be off to SXSW in the spring...sunshiny folk-pop foursome the **Donkeys** clop into Casbah behind **Hot Moon**, the **Modlins**, and **Joel West**...and indie kids the **Fascination**, **Drowning Men**, and **Deadly Syndrome** fill a bill at the Beauty Bar.... Brooklyn screamo act **Wild Yaks** features guitarist Sean Kennerly from NorCal's '90s punx Samiam. They'll do whatever wild yaks do with **Reverse Cowboys** at the Ken.... Singer-songwriter **J.R. Richards** of alt-rock hits Dishwalla visits House of Blues. His debut solo, *A Beautiful End*, dropped via download last year.

## Saturday 20

Got some serious aping going on Saturday night as the **'80s for Haiti** benefit hits 4th&B, featuring some of the more convincing tribute acts in the biz covering that decade's darlings: U2, the Cure, the Smiths, Duran Duran, the Police, Depeche Mode, GNR, and on and on. Starts at 7p, and all the green goes to the victims of January's Haiti earthquake.... And up at Belly Up, more of that with **Platinum Rockstars** playing like arena rockers Led Zeppelin, Boston, Journey, Def Leppard, Bon Jovi, and Van Halen. **Damn the Torpedoes**, a Tom Petty trib, will warm it up.... Hip-hoppin' rocker **P.O.S.** will take the mic at UCSD's Loft space. The Minneapolis rapper is out to tout last year's *Never Better*, which made *Spin's* "Top 10 Best Albums You Might Have Missed."

Check him out: [myspace.com/pos](http://myspace.com/pos). Dude's got it, and I don't even know what it is.... Ladera skateboards' Winter Blackout comes to House of Blues, featuring heavy-hit reggae by the **Expendables** and Hawaiian dub dudes **Iration**.... Uptowners can get with **Recordable Colors**, which is playing a CD-release at the Ken with **Mia Valentine** and the **Canton Mudders**...or troubadour **Jack Tempchin** ("Peaceful Easy Feeling") at AcousticMusicSanDiego's church on Mansfield Street.

## Sunday 21

Austin garage-pop group **Harlem** meets like-minded Los Angelinos **Thee Makeout Party** at Casbah. With locals the **Glossines**, that's a trick triple bill right there.... Banjo-jamming throwback **Frank Fairfield** rolls into Belly Up Sunday night. For more on this vintage cat, have a look at what rock critic Andrew Hamlin wrote in these pages last month: [sandiegoreader.com/news/2010/jan/17/frank-fairfield/](http://sandiegoreader.com/news/2010/jan/17/frank-fairfield/). Pop-rock Raconteur **Brendan Benson** headlines.... Up thataway at the Ché Café, it'll be up-and-coming goth-rockers **Blessure Grave** with **Blacklisted, OK?**, and **Nails**. SanDago's Blessure Grave is a [stereogum.com](http://stereogum.com) band to watch.... SanFran instrumental band **Silian Rail** hits Bar Pink behind debut *And I You, to Pieces*. The boy-girl, guitar-drum duo hit like post-rock groping for classic-pop melodies and rhythm. Way cool. Go here: [myspace.com/sil](http://myspace.com/sil)



ROYAL CROWN REVUE AT VIEJAS

[ianrailmusic.com](http://ianrailmusic.com). **Fever Sleeves** opens the show.... Else: **Bedlam of Cacophony**, **Hanab Ku**, and **Dead Ghosts** haunt Radio Room with grindcore...and L.A. big-band revivalists **Royal Crown Revue** swings into Viejas' DreamCatcher thing.

## Monday 22

Casbah's Anti-Monday team tags local acoustic-pop duo **Metrofrique**, Hollywood-via-London one-man band **Samuel Stewart**, and



AL DI MEOLA AT ANTHOLOGY

Americana crew **Longstay**.... The Pyrate Punx shanghai Radio Room with **Ms. Fits**, **Blood Stained Reality**, **Abject**, and **Nuclear Tomorrow**. More on the Pyrates' latest plunders in this week's "Blurt".... Comedy troupe **Upright Citizens Brigade** returns to the Loft.

## Tuesday 23

Jersey boy and jazz-fusion guitarist **Al Di Meola** checks into Anthology for two nights starting Tuesday. Al D. recently reunited with his old band Return to Forever for last year's live catchall *Returns*. Suffice to say, the player's in fine form for you fusion fans.... Need something noisier? Get thrashed with **Kavana**, **John Wayne Gacy Daycare**, **Toreback**, and **Race Against Space** at Radio Room.

## Wednesday 24

Hump-night highlights look like this: Casbah's got Swedish psych-rock big band the **Soundtrack of Our Lives**, which is touring in support of 2009's ambitious double disc *Communion*. L.A. alt-rock trio **Nico Vega** goes first.... Belly Up fills a locals-only alt-pop bill with ready-to-blow-up **Dynamite Walls**, **Republic of Letters**, and **Tommy Graf**.... And Scot indie-rock band **We Were Promised Jetpacks** lands at the Loft behind Fat Cat debut *These Four Walls*. Not bad once you get past the accents, but Jetpacks are so Hanna-Barbera.

— Barnaby Monk



### Adult Night Skating

*Roller Skating Excitement*  
Now every Tuesday 7:30-10:30 pm \$8

**Adult Learn-to-Skate Clinic \$6**

Every Tuesday 6:30-7:15 pm.

Coupon applies to session only.

Skate rental and blade rental extra.

**Family Fun Saturday & Sunday**

\$7 All Day • 1:30-5 pm

Come join the fun!

**\$2 OFF**

*Admission Adults-Only Night!*

Valid Tuesday, February 23, 2010.

Now recruiting for a new team:

"Starlettes"



**SKATEWORLD**

[sandiegoskateworld.com](http://sandiegoskateworld.com)  
[myspace.com/SanDiegoSkateworld](http://myspace.com/SanDiegoSkateworld)

**6907 Linda Vista Rd. • 858-560-9349**  
or further info: **858-560-9278**

(3 blocks south of Genesee, 1 mile north of USD)

**Davina's CABO GRILL & CANTINA**

**Sunday Champagne Brunch**  
10 am-3 pm  
Extended hours open 'til 1 am  
Happy Hour Menu 3-6 pm  
Late Nite Happy Hour Menu 10-CL

**Ocean-view dining • Live entertainment • DJs & dancing • No cover**

**In the basement**  
Every Friday Night: **Inzanity Night**  
Hip-hop • Mash-ups • Old School  
Reggaeton • Top 40 • More

Every Saturday Night:  
Sinnsation Productions w/ **DJ Sinn**  
Club hits • R & B • Hip-hop

Every Monday Night: **More Inzanity**  
Hip-hop • Mash-ups • Old School  
Reggaeton • Top 40

**This week**  
Thurs., Feb. 18  
**Miklo** from **Stone Senses**  
Fri., Feb. 19 • 3-Piece Classic Rock  
**Von Swayzi**  
Sat., Feb. 20  
**Skelpin** Upstairs  
**Eternal Wu Tang** Downstairs  
Sun., Feb. 21 • Acoustic Solo • 1-4 pm  
**Lisa Campbell**  
Wed., Feb. 24 • Acoustic Solo  
**Quintinn**

**Food served 'til 1 am!** • Dress code strictly enforced in the Basement  
21 and over for the basement • All ages on Street Level & Rooftop  
**212 N. Tremont St., Oceanside • 760-637-2450**  
Hours: Mon.-Thurs. 11:30 am-midnight & Fri. 11:30 am-1 am,  
Sat. 10 am-1 am & Sun. 10 am-midnight

© Male & female piercers  
© APP Members  
2079 Garnet Ave. & Noyes St.  
**858-274-9950**  
Open noon-10 pm 7 days  
3041 Adams Ave. below Avalon II  
**619-516-4343**  
Open noon-8 pm 7 days

**enigma.**  
PROFESSIONAL PIERCING  
[enigmapiercing.com](http://enigmapiercing.com)



# HOUSE of BLUES® SAN DIEGO

1055 FIFTH AVE  
(BETWEEN BROADWAY & C STREET)

JUST ANNOUNCED!

**PENNYWISE**  
THE AGGROLITES & DARLINGS  
MAR. 17  
ST. PATTY'S DAY SHOW ON SALE NOW!  
9IX

**STEEL PANTHER**  
ON SALE NOW  
MAR. 31  
101KGB  
WORLD CHAMPION  
ROCK 103.3

**emily osment**  
ON SALE NOW  
MAY 2  
ALL AGES  
citi  
Preferred Rewards  
for cardmembers  
officialbeloevent.com

**LED-ZEP AGAIN**  
FAN HALEN  
ON SALE FRI. 2/19 @ 10AM  
JUNE 18

KMI ENTERTAINMENT AND ICS CONCERTS PROUDLY PRESENTS:  
**Kamelot**  
ON SALE SAT. 2/20 @ 10AM  
OCT. 2 ALL AGES

ON SALE NOW

**bob schneider**  
FEB. 18  
smile smile  
derek evans

**LIGHTS**  
The Ultimate Tribute to Journey  
JUMPING JACK FLASH  
FEB. 19

**GLADERA**  
WINTER BLACKOUT 2010  
THE EXPEDITION  
IRATION PASSAFIRE  
FEB. 20 ALL AGES

**DASHBOARD CONFESSIONAL**  
IVES THE BAND  
FEB. 25 ALL AGES

**George Thorogood**  
AND THE DESTROYERS  
FEB. 28  
SURF ASYLUM

**Rebellion**  
WINTER TOUR  
WITH SPECIAL GUESTS  
MAR. 4 (ALL AGES)  
MAR. 5 (21+)  
SOJA  
ZION+1

2/19 :: JR RICHARDS-III DELTA ROOM  
2/19 :: ELLIOT RANDALL-SALVATION ALLEY STAGE-FREE SHOW  
2/24 :: LAUREN SHERA-SALVATION ALLEY STAGE-FREE SHOW  
2/26 :: PAPA RAZZ  
3/6 :: EL GUARO DE CINALOA  
3/7 :: MANCHESTER ORCHESTRA  
3/11 :: BRANDI CARLILE  
3/12 :: MELISSA FERRICK 5TH AVE. SIDE STAGE

3/12 :: STEVE AOKI  
3/13 :: BLACK REBEL MOTORCYCLE CLUB  
3/16 :: TONY SLV-FROM NO USE FOR A NAME-SALVATION ALLEY STAGE FREE SHOW  
3/18 :: SICK PUPPIES  
3/19, 3/20 & 3/21 :: BAD RELIGION  
3/21 :: FRONTIER RUCKUS SALVATION ALLEY STAGE FREE SHOW!

3/24 :: KREATOR  
3/26 :: AP TOUR FEAT. NEVER SHOUT NEVER  
3/28 :: HAMMERFALL  
4/1 :: ALKALINE TRO  
4/7 :: FIVE FOR FIGHTING  
4/9 :: ROLLING THE STONES  
4/14 :: VINY NATION  
4/15 :: RAMON AYALA  
4/19 :: SIA  
4/21 :: OVERKILL

4/22 :: HIM  
4/23 :: BLOODY BEETROOTS  
4/29 :: THE AVETT BROTHERS  
5/5 :: MASTADON  
5/15 :: STEEL PULSE  
5/30 :: CLUB VIKTORY PRESENTS THE BLOCK PARTY MEMORIAL DAY WEEKEND  
6/19 :: THE ORIGINAL WAILERS

RESTAURANT NOW OPEN  
M-F AT 11:30 AM FOR LUNCH!  
SAT-SUN OPEN AT 2PM

FOR PRESALES AND SPECIAL OFFERS FOLLOW US ON TWITTER @LIVENATIONSND OR BECOME A FAN AT FACEBOOK.COM/HOBSANDIEGO  
All dates, acts and ticket prices subject to change without prior notice. Subject to applicable service charges.

AT PARTICIPATING BLOCKBUSTER STORES

BUY TICKETS AT

LIVENATION.com

citi

LIVE NATION SPECIAL FOURPack OFFER

**belo**  
restaurant+nightlife

**THU 18** **TRYST THURSDAYS • 18+ EVENT • BATTLE OF THE DJS!**  
FEATURING SOME OF THE HOTTEST LOCAL DJS FROM UCSD, SDSU, & USD!  
REPORT TO DANCEFLOOR ON THIS THURSDAY AS SDSOCIAL & SDYOUNGPROS INVITE YOU TO TRYST THURSDAY. COME ROCK THE NIGHT AWAY AT DOWNTOWN'S HOTTEST THURSDAY NIGHT DESTINATION AS WE MIX UP AMAZING MUSIC BY SOME OF YOUR FAVORITE COLLEGIATE DJS WITH BEAUTIFUL FACES FOR A NIGHT YOU WON'T FORGET! FEATURING MUSIC BY RESIDENT DJS ALONG WITH UCSD DVC AND SPECIAL GUEST DJS. \$3 DRINK SPECIALS & \$5 JAGER SHOTS, ASK YOUR FAVORITE BARTENDER FOR MORE INFO!  
TO RSVP: GUESTLIST@SDSOCIALPRESENTS.COM • WWW.SDSOCIALPRESENTS.COM

**FRI 19** **FLAUNT FRIDAYS • "REMEMBER THE 90'S" EVENT!**  
FEATURING A LIVE PERFORMANCE BY SKEE-LO!!  
PRESENTED BY SDSOCIAL, WANTED, & RIDICULOUS  
GRAB YOUR HOTTEST OUTFIT, MATCHING KILLER HEELS AND COME ROCKOUT WITH HUNDREDS OF BEAUTIFUL PEOPLE AS WE PRESENT SKEE-LO PERFORMING "I WISH" "SUPERMAN" "AT THE MALL" "JUST YOU" LIVE!  
\$2 BEERS 9-10PM, \$3 DRINK SPECIALS, \$5 JAGER SHOTS & \$7 JAGER BOMBS.  
\$5 U4RIK VODKA DRINKS ALL NIGHT • FOR VIP RESERVATIONS, CALL OREAN @ 619.933.5081  
TO RSVP: GUESTLIST@SDSOCIALPRESENTS.COM • WWW.SDSOCIALPRESENTS.COM

**SAT 20** **EPIC SATURDAYS**  
EPIC SATURDAYS WITH EPIC EVENTS AT BELO NIGHTCLUB!  
COME PARTY WITH US IN SAN DIEGO'S HOTTEST NIGHTCLUBS AS OUR DJ'S PHOBIC • MIKESKI • BIG DADDY SPIN THE BEST IN TOP 40, MASH-UPS, PARTY ROCK & 80'S!  
\$2 BEERS & \$3 WELLS 9-10PM • \$5 U4RIK VODKA DRINKS 'TIL 11PM  
FOR VIP GUESTLIST • EPIC\_EVENTS@LIVE.COM

**THU 25** **TRYST THURSDAYS • 18+ EVENT**  
**DRESS LIKE LADY GAGA/HIPSTER COSTUME PARTY!!**  
GET ON YOUR CRAZIEST HIPSTER ATTIRE, REPORT TO DANCEFLOOR, AND GET READY TO... JUST DANCE THIS THURSDAY AS SDSOCIAL & SDYOUNGPROS INVITE YOU TO TRYST THURSDAY! COME ROCK THE NIGHT AWAY AT DOWNTOWN'S HOTTEST THURSDAY NIGHT DESTINATION AS WE MIX UP AMAZING MUSIC WITH BEAUTIFUL FACES FOR A NIGHT YOU WON'T FORGET! CASH PRIZE FOR BEST DRESSED & DISCOUNT FOR EVERYONE IN THEME COSTUME ATTIRE UNTIL 11PM, SO DON'T BE SHY, DRESS UP!!  
\$3 DRINK SPECIALS & \$5 JAGER SHOTS, ASK YOUR FAVORITE BARTENDER FOR MORE INFO!  
TO RSVP: GUESTLIST@SDSOCIALPRESENTS.COM • WWW.SDSOCIALPRESENTS.COM

**FRI 26** **FLAUNT FRIDAYS • LADIES NIGHT OUT SPECIAL EVENT!**  
FEATURING A SPECIAL HOSTED CHAMPAGNE, APPETIZER HORS D'OEUVRES, & PARTY FAVORS FROM 9-10PM. SINGLE LADIES, GRAB 5 OF YOUR HOTTEST FRIENDS AND COME HAVE A LADIES NIGHT OUT ON US! DANCE THE NIGHT AWAY AS SDSOCIAL INVITE YOU TO FLAUNT FRIDAY! GRAB YOUR HOTTEST OUTFIT WITH MATCHING KILLER HEELS AND COME FLAUNT IT AT THE HOTTEST NEW FRIDAY NIGHT DESTINATION IN DOWNTOWN AS WE MIX UP FRESH BEATS WITH BEAUTIFUL FACES FOR AN UNFORGETTABLE NIGHT OF DRUNKEN DEBAUCHERY. PRESENTED BY SDSOCIAL, WANTED, & RIDICULOUS  
\$3 DRINK SPECIALS & \$5 JAGER SHOTS, ASK YOUR FAVORITE BARTENDER FOR MORE INFO!  
TO RSVP: GUESTLIST@SDSOCIALPRESENTS.COM • WWW.SDSOCIALPRESENTS.COM

**SAT 27** **EPIC SATURDAYS**  
EPIC SATURDAYS WITH EPIC EVENTS AT BELO NIGHTCLUB!  
COME PARTY WITH US IN SAN DIEGO'S HOTTEST NIGHTCLUBS AS OUR DJ'S SPIN THE BEST IN TOP 40, MASH-UPS, PARTY ROCK & 80'S!  
\$2 BEERS & \$3 WELLS TILL 10PM • \$5 IMPERIA VODKA ROCKSTARS 'TIL 11PM  
FOR VIP GUESTLIST • EPIC\_EVENTS@LIVE.COM

VIP BOTTLE SERVICE STARTING @ \$200 (NOT INCLUDING GRATUITY)  
BOTTLE SERVICE HIGHLY RECOMMENDED  
FOR VIP RESERVATIONS, CALL OREAN @ 619.933.5081

919 4TH AVENUE SD • 619.231.9200 • BELOSANDIEGO.COM  
21+ DOORS OPEN @ 9PM • CLUB ATTIRE REQUIRED & ENFORCED  
DRESSCODE & ADMISSION IS AT THE DOORMAN'S DISCRETION

**CLUB LIST NOW**  
WWW.CLUBLISTNOW.COM  
VIP ACCESS TO THE HOTTEST EVENTS IN YOUR AREA



# Jumpin' at the Raw End

*"My mom says I started playing guitar when I was six, but what does she know?"*

Robin Henkel hoots, hollers, walks out into the audience with his guitar, sits at their tables, and tells stories. He favors the raw end of what his instrument can sound like, and when he sings it comes out in an unexpected baritone.

Henkel is a self-styled blues man, a revisionist, and an expert in performing the country music of the Delta. As such, he makes both bottleneck slide and lap steel guitar look easy. Favoring the use of severely dated axes that look to be on their last leg, Henkel plucks solos from them like a man taking aim with a bow and arrow. It's the high tension he keeps on the action of the strings, he explained once, that is partly responsible for his distinctive sound.

And while it is true that the two-time San Diego Music Award recipient has, for a number of years, looked upon the acoustic music of the Mississippi Delta of the 1930s and '40s as his muse, Henkel is also a student of country swing, funk, fusion, bop, and Americana.

That's where his side project for the past couple of decades comes in. It is a dual sax with trumpet-guitar-bass-and-drums horn band. "Robin Henkel with Horns" performs at Lestat's in Normal Heights on Sunday, February 28.

## WHAT'S IN THE WORKS?

"I'm creating arrangements for my horn band. I've sat at the piano for a long time, harmonizing and reharmonizing the diminished chords in [Duke Ellington's] 'Caravan.' I'm also in the second semester of Spanish at Grossmont College."

## HOW LONG HAVE YOU BEEN PLAYING GUITAR?

"Fifty years. I'm 58. My mom says I started when I was 6, but what does she know?"

## HOW DID YOUR STYLE DEVELOP?

"As a kid I listened to and played Josh White songs. Musically, he was like a father. Later, I thought Jimi Hendrix was the ultimate best, and although I do not really sound like him today, his phrasing and style made some core-level

impact on me. Phrases that I learned when I took lessons from Peter Sprague in the late 1970s still pop out all over the place in my playing today. Last and most certainly, the influence of the country-blues guitarists — Robert Johnson, Mississippi Fred McDowell, and Lightnin' Hopkins — has left a stamp on my style."

## YOU REMIND ME A LITTLE OF BOB WILLS...

"Around the early 1990s I picked up a Bob Wills tape. It caused me to reminisce that the 'ah-ha' sound that my dad used to make was possibly imitative of Wills. His music is so contagious."

## WHICH OF YOUR ORIGINALS IS YOUR BEST?

"I have particular fondness for 'Mahtochiquala.' Also, 'Egg' is a standout, and so is 'Paddy Cake.' You rerecord a lot of your songs. Each new recording carries with it the possibility that this will be the one. When combining the skills and sensitivity of the musicians with the recording process, there is always the factor of chance that each new



Robin Henkel looks upon the acoustic music of the Mississippi Delta as his muse.

version will be special."

## NO MORE HOME VIDEOS AT GIGS?

"Sometimes it's hard to find a peaceful balance between being egotistically self-indulgent and just sharing what I have to offer. Maybe I should get the videos going again."

## DID YOU GET INTO MUSIC TO GET RICH?

"No. Apart from loving music and wanting to make it my career, my agenda was probably to be popular and meet women."

## WHERE DO YOU SHOP FOR CLOTHES?

"I've purchased cowboy shirts in Nevada and Utah. I get those shiny pants at Lee's Menswear. You can buy a pimp suit there. In *American Pimp*, one of the retired pimps had become a blues singer. He said one of the reasons he liked playing the blues was because he could wear the same clothes as when he was in the game."

## LAST FIVE BOOKS READ?

1. *Mexicanos: A History of Mexicans in the United States* by Manuel G. Gonzales
2. *The Broken Spears: The Aztec Account of the Conquest of Mexico* by Miguel León-Portilla
3. *A Pictorial History of the Confederacy* by Lamont Buchanan
4. *From Slavery to Freedom: A History of African Americans* by John Hope Franklin
5. *The Bay of Pigs: The Untold Story* by Peter Wyden

## FAVORITE BANDS OR PERFORMERS?

"Miles Davis playing bop or pop fusion such as *Birth of the Cool* and *Tutu* is great stuff. Antonio Carlos Jobim's *Stone Flower* is wonderful. My interest in Duke Ellington has been growing. While going through my records from the 1970s I found several by George Duke and realized how much I still love his infectious rhythm. Herbie Hancock's 'Watermelon Man,' Chick Corea's [band] *Return to Forever*...this could go on for a long time." ■

**SAN DIEGO'S GASLAMP QUARTER**  
**PATRICK'S II**  
 Blues, Soul & Rock n' Roll

**LIVE MUSIC in the Gaslamp**  
 Thursday, Feb. 18  
**145TH STREET DELUXE BLUES**  
 Friday, Feb. 19  
**MISSY ANDERSEN**  
 Saturday, Feb. 20  
**SHARI PUERTO**  
 Sunday, Feb. 21  
**BURNSVILLE**  
 Monday, Feb. 22  
**CHET CANNON**  
 Tuesday, Feb. 23  
**JASPER'S "AIN'T MISBEHAVIN'"**  
 Wednesday, Feb. 24  
**BILL MAGEE**  
 HAPPY HOUR DAILY TILL 8 pm  
 428 F Street • Downtown  
 (619) 233-3077  
 www.patricksii.com

*The new*  
**Morena Club**

**Happy Hour**  
 2-7 pm Every Day

Thursdays • '90s Night  
**\$2.50 U-Call-Its**

Fridays  
**KARAOKE!**

Sundays  
**\$2 Drafts**  
**\$3 Screwdrivers**  
**\$4 Bloody Marys**

Mondays & Tuesdays  
**\$2 Domestic Drafts**  
**\$2 Well Drinks**  
**\$3 Jäger & Rumpy Shots**

Wednesdays • College Night  
**1/2-Price Pitchers**

1319 Morena Blvd.  
 619-276-1620

**18+ Hookah Lounge**

**Happy Hour**  
 Tue.-Sat. 5-9 pm  
 Full Bar, DJs, Food

**Saturday, Feb. 20**  
**LIVE Latino Band**

**Tuesday, Feb. 23**  
**1/2 off Hookah all night**  
**DJ Rigo/Karaoke**

**Wednesday, Feb. 24**  
**Salsa Night**  
**FREE class from 7-8 pm**

**Friday, Feb. 26**  
**DJ KA**  
**Spinning Old School, R&B, Latin music**  
**11 pm: Belly Dancers**

**Sapphire Lounge**  
 4076 Bonita Rd.  
 619.470.8000  
 myspace.com/sapphirelounge08

**U-37**

**NOW SERVING FOOD!**  
 'til 9 pm every day  
 Wednesday:  
**\$1 Fish Tacos**  
 Thursday:  
**2-for-1 Hamburgers**  
 Saturday 12-6 pm  
**\$3 Burgers • \$3 Drinks**

EVERY MONDAY  
**LADY DOTTIE & THE DIAMONDS**  
 Wed., Feb. 17 • Live Wednesdays \$7  
**AGUA DULCE**  
 Sat., Feb. 20 • \$5 cover  
 Dance party with  
**DANCES WITH WHITE GIRLS (BROOKLYN)**  
**BUBBLE GUM SCI FI**  
**RICHY THE KID**  
 Wed., Feb. 24 • \$5 cover  
 Live Wednesday & Kultura present  
 Live Cumbia Pachanga with  
**SONIDO DE LA FRONTERA**  
**DJ SLOEPOKE GOMEZ COMES ALIVE**  
**DJ UNITE**  
 3112 University Ave., North Park  
 myspace.com/u31sandiego

**San LEUCADIAN**  
 US 101  
 "Your Friendly Neighborhood Bar"

1542 N. Coast Hwy. 101  
 Leucadia • 760.753.2094

**Happy Hour 4-7 pm daily**  
 \$2.75 Wells • \$2.50 Beer-of-the-Month  
 4 Regulation Pool Tables  
 Shuffleboard • Darts  
 Free Pool Tues.-Thurs. 11 am-7 pm  
 Wireless Internet Available

Every Tuesday  
**Open Mic Night**

Wednesday Night  
**Thump Night with DJ Beau Doiron**

Thursday, February 18  
**DJ Fish Fonics • DJ Digital Opinion**  
**DJ Frankie Lektro**

Friday, February 19  
**Project Out of Bounds**

Saturday, February 20  
**Red Handed**

Sundays • 8:30 pm  
 Karaoke with Spencer  
 12 TVs • We get all the games!

Relax at the air-conditioned  
**AERO Club**

"Where bartenders come for a cold beer"

**45 Beers**  
**120 Vodkas**  
**170 Whiskeys**

3365 India St. • Since 1947  
 Aeroclubbar.com  
 619.297.7211 • Wifi

**AERO Club**  
 COCKTAILS  
 SINCE 1947  
 20 Beers On Tap





## DREAM STREET LIVE


2228 Bacon Street • Ocean Beach  
619-222-8131 • [www.dreamstreetlive.com](http://www.dreamstreetlive.com)

BARTENDER SHIFTS AVAILABLE • PROMOTERS WELCOME

<b>THUR., FEB. 18</b> SUPAJEN PRESENTS THRASHIN' THURSDAYS FEATURING	 <b>THE WALKING TOXINS</b> <b>THE LUGERS • AD-SEG</b> PLUS <b>COMEDY HYPNOTIST LORI FAY</b> 7-8 PM
<b>FRI., FEB. 19</b> LIVE ROCK & BLUES FEATURING PLUS SPECIAL GUESTS	<b>ROXY BLUE &amp; THE HANDFUL</b> <b>JD COMBS &amp; THE SOUL STEALERS</b> <b>BLUES &amp; GREENS</b> 
<b>SAT., FEB. 20</b> LIVE ALTERNATIVE ROCK & COVERS FEATURING	<b>HAWK AUBURN • GYST</b> <b>SOUTHERN STORM</b> <b>PRIVATIZED AIR</b> (CD RELEASE PARTY) 
<b>SUN., FEB. 21</b> LIVE REGGAE & JAM BAND FEATURING	<b>SOUTH BAY WAILERS</b> <b>WHEATSTONE</b> 
<b>TUES., FEB. 23</b> PAULIE CADILLAC PRESENTS HILLBILLY SHOWDOWN FEATURING	<b>CHEETA &amp; THE RADIO FLYERS</b> <b>ROCKABILLION TRIO</b> <b>HONK A TONK</b> 
<b>WED., FEB. 24</b> METAL LOUNGE FEATURING	<b>NORTHERN LIGHTS</b> <b>IMBALANCED</b> <b>MOMENT OF SILENCE</b> 

**UPCOMING** FRI. 3/5: **KICKING K8** • SAT. 3/13: **MAD LIFE** • FRI. 3/19: **MURDER FM**

Now booking all genres. Call Billy or Drew: 619-222-8131 • Attention bands! Go to: [myspace.com/dreamstreetlive](http://myspace.com/dreamstreetlive)



# PENNYWISE

THE  
AGGROLITES  
& THE DARLINGS



**MAR. 17** ST. PATTY'S DAY SHOW ON SALE NOW!

**HOUSE of BLUES** 9IX

1055 FIFTH AVE  
(BETWEEN BROADWAY & C STREET)  
**SAN DIEGO**

FOR PRESALES AND SPECIAL OFFERS FOLLOW US ON TWITTER @LIVENATIONSND OR BECOME A FAN AT FACEBOOK.COM/HOBSANDIEGO

All dates, acts and ticket prices subject to change without prior notice. Subject to applicable service charges.

RESTAURANT NOW OPEN M-F AT 11:30 AM FOR LUNCH! SAT-SUN OPEN AT 2PM

AT PARTICIPATING  STORES BUY TICKETS AT   

# DreamCatcher at VIEJAS

<b>DAVID SANBORN</b> LIVE IN CONCERT <b>FRIDAY NIGHT!</b>  <b>FEB 19</b>	14th Annual Women's Professional Billiard Association <b>2010</b> <b>9</b> March 11-14 <b>WPBA at Viejas</b> <b>MAR 10-14</b>
<b>THUNDER FROM DOWN UNDER</b>  <b>MAY 7&amp;8</b>	<b>Lisa Lisa</b>  <b>MAY 15</b>
<b>THE TEMPTATIONS</b>  <b>JUN 12</b>	<b>Ultimate Music Challenge 4</b> ultimate music challenge <b>SIGN UP YOUR BAND!</b> <a href="http://www.UltimateMusicChallenge.com">www.UltimateMusicChallenge.com</a> <b>ONE BAND WILL WIN \$25,000</b> Sundays April 11-June 20

### DreamCatcher

**FEB 20** 80's Betamaxx 9PM-1:30AM  
Kix 96.5 Neon Beat

**FEB 26** MAGIC 25 9PM-1:30AM  
Siren's Crush/DJ 2Rille

### THE V LOUNGE

**FEB 19** MAGIC 25 8PM-1AM  
Ascension/DJ 2Rille

**FEB 20** 8PM-1AM  
Popvinyl

Easy to Get To. Hard To Leave.



Viejas Casino  
5000 Willows Rd.  
Alpine, CA 91901

## VIEJAS ENTERTAINMENT & PRODUCTION

TICKETS AVAILABLE AT THE VIEJAS GIFT SHOP  
PRINT TICKETS TODAY! :: [FRONTGATETICKETS.COM](http://FRONTGATETICKETS.COM)  
CHARGE BY PHONE 888.512.SHOW :: MUST BE 21+



## COME ON BABY LIGHT MY FIRE

**RAY MANZAREK**  
(OF THE DOORS)  
& **ROY ROGERS**  
FEB 28



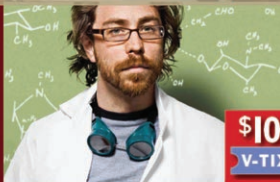
\$10  
V-TIX

**2/18 POP COUNTRY**  
**SUZY BOG GUSS**



\$10  
V-TIX

**2/19 SINGER/**  
**SONGWRITER**  
**JONATHAN**  
**COULTON**  
w/ PAUL & STORM



\$10  
V-TIX

**2/19 BLUES ROCK**  
**TONY LUCCA &**  
**KEATON SIMONS**  
W/ THE GREENING



\$10  
V-TIX

**2/23,24 JAZZ**  
**AL DI MEOLA**



\$10  
V-TIX

**2/25,26 ROCK**  
**DAVE MASON**



\$10  
V-TIX

**2/26**

INDIE FEST  
PREVIEW W/  
VERONICA MAY,  
DLPM, COLLECTIVE  
PURPOSE, & NOMIS

**3/3**

MIKE DOUGHTY  
- FORMERLY OF  
SOUL COUGHING

**3/4**

TREVOR DAVIS &  
DR. SEAHORSE

All shows subject to change.

**TICKETS ON SALE NOW!**  
[www.AnthologySD.com](http://www.AnthologySD.com) • 888 237 2696  
1337 India Street, San Diego

## Calendar MUSIC SCENE

Classical listings can be found in the *Classical Music Guide*. Music videos, driving directions, maps, event alerts, coupons, and more available online at [SanDiegoReader.com](http://SanDiegoReader.com).

**HOW TO SUBMIT A MUSIC LISTING:** Call 619-235-3000 x405, night or day by 5pm Friday, the week prior to publication. To send weekly or monthly schedules, fax to 619-231-0489 or mail to Reader Music Scene, P.O. Box 85803, San Diego, CA 92186. You may also submit information online at [SanDiegoReader.com](http://SanDiegoReader.com) by clicking on the music section.

## THIS WEEK'S SHOWS

**710 Beach Club:** 710 Garnet Ave., Pacific Beach, 858-483-7844. *Friday*, 9pm — Mower. With Split Finger and Pushin Rope. Metal/rock.

**AMSDconcerts:** 4650 Mansfield St., Normal Heights, 619-303-8176. *Saturday*, 7:30pm — Jack Tempchin. Blues/rock.

**Anthology:** 1337 India St., Little Italy, 619-595-0300. *Thursday*, 7:30pm — Suzy Bogguss. Country. Some proceeds to benefit Guitars in the Classroom, [guitarsintheclassroom.org](http://guitarsintheclassroom.org). \$25. *Friday*, 9:30pm — Tony Lucca & Keaton Simons. With the Greening. Blues/rock. \$14.

*Tuesday, Wednesday*, 7:30pm — Al Di Meola. Jazz. \$39.

**Athenaeum Music and Arts Library:** 1008 Wall St., La Jolla, 858-454-5872. *Thursday*, 7:30pm — The La Paz Trio. Brazilian/jazz. \$19-\$24.

**Bar Pink:** 3829 30th St., North Park, 619-564-7194. *Thursday*, 10pm — Lemon Sun. With Red Arrow Messenger. Rock/alternative.

**Beachside Grill:** 215 N. Coast Hwy. 101, Oceanside, 760-433-8850. *Friday*, 8pm — The Optimators and Irusalem. Reggae/ska.

**Beaumont's:** 5662 La Jolla Bl., La Jolla, 858-459-0474. *Thursday*, 9pm — Allegra. Acoustic/alternative/covers. Free. *Friday*, 9pm — Mark Fisher. Acoustic/covers/rock. Free.

**Belly Up Tavern:** 143 South Cedros Ave., Solana Beach, 858-481-8140. *Thursday*, 8pm — The Head Cat. Lemmy (Motörhead), Slim Jim Phantom (the Stray Cats), and Danny B. Harvey (Rockats, 13 Cats, Lonesome Spurs). Rock 'n' roll. \$20-\$22.

*Friday*, 9pm — Steve Poltz 50th Birthday Bash. With the Rugburns, the Cynics, and Mojo Nixon. Folk/rock. \$20-\$22.

*Saturday*, 9pm — Platinum Rockstars. With Damn the Torpedoes and DJ Man-Cat. Recreations of Led Zeppelin, Boston, Journey, Def Leppard, Bon Jovi, Van Halen, and Tom Petty. \$10-\$12. *Sunday*, 8pm — Brendan Benson. Raconteurs member gives show, with Frank Fairfield. Indie/rock. \$12-\$14. *Monday*, 8pm — Trio Elettrico

Armandinho. Music and dance of authentic Brazilian Carnival. With Dodo and Osmar Band. Latin. \$15-\$17. *Tuesday*, 9pm — Tarrus Riley. With Sherieta Lewis, Dean Fraser, and the Blak Soil Band. Reggae. \$18-\$20. *Wednesday*, 8pm — Dynamite Walls. With Republic of Letters and Tommy Graf. Indie-rock/ alternative. \$8.

**BlueFire Grill:** 2100 Costa del Mar Rd., Carlsbad, 800-854-5000. *Thursday*, 6pm — David Patrone. With Sky Ladd and Grant Clarkson. Jazz/lounge.

**Boar Cross'n:** 390 Grand Ave., Carlsbad, 760-729-2989. *Thursday* — Jonah Matranga. With Alyssa Jacey and Heather Green. Rock/acoustic. *Friday* — Steal Dawn. With DJ Big Dude. Rock/covers.

**Brick by Brick:** 1130 Buenos Ave., Linda Vista, 619-275-5483. *Thursday*, 9pm — Privatized Air. With Off Track and Hocus. Alternative/rock/punk.

**Bub's Dive Bar:** 1030 Garnet Ave., Pacific Beach, 858-472-1713. *Thursday*, 9pm — DMF. With 8 Ft Face and Reservoir Tips. Punk. \$3.

**Cabo Cantina:** 1050 Garnet Ave., Pacific Beach, 858-270-0805. *Sunday*, 7pm — The Ambassador & the Chosen Few. Reggae/ska.

**California Center for the Arts, Escondido:** 340 North Escondido Bl., Escondido, 760-839-4438. *Friday*, 8pm — Richard Elliot. With special musical guest Rick Braun. Jazz. \$30-\$90.

**Capri Blu:** 10436 Craftsman Way Suite 120, Rancho Bernardo, 858-

673-5100. *Friday*, 7pm — Keith Jacobson. Jazz saxophone. Free.

**The Casbah:** 2501 Kettner Bl., Little Italy, 619-232-4355. *Thursday* — The Damned. With Ping. Punk/rock. \$20. *Friday*, 9pm — The Donkeys. With Hot Moon, the Modlins, and Joel P. West. Alternative/blues/rock. \$8. *Saturday*, 9pm — Anya Marina. With Wirepony and the Softlights. Acoustic/indie/alternative. \$13-\$15. *Sunday* — Harlem. With Thee Makeout Party and the Glossines. \$8-\$10. *Tuesday* — Author & Punisher. With Riververb. Experimental/ noise/rock. \$5. *Wednesday* — The Soundtrack of Our Lives. With Nico Vega. Rock. \$15.

**The Coyote Bar & Grill:** 300 Carlsbad Village Dr., Carlsbad, 760-729-4695. *Thursday*, 6pm — Boneyard. Rock. *Friday*, 6pm — Smokestaxx. Motown/funk. *Saturday*, 6pm — Len Rainy & the Midnight Players. Blues/soul. *Sunday*, 5pm — The Pheromones. Blues/soul/funk/rock. *Wednesday*, 6pm — Scott Carter Duo. Reggae/R&B.

**Dizzy's:** Harbor Club Towers, Downtown, 858-270-7467. *Friday*, 8pm — Fred Benedetti & George Svoboda. Flamenco/jazz/ world. \$10.

**Downtown Café:** 182 E. Main St., El Cajon, 619-440-5687. *Sunday*, 2:30pm — Chet and the Committee. Open blues jam. Free.

**Dream Street Live:** 2228 Bacon St., Ocean Beach, 619-222-8131. *Saturday*, 9pm — Privatized Air. Alternative rock/punk. \$5. *Tuesday* — Cheetah & the Radio Flyers. With Rockabillion Trio. Country/rock/rockabilly.

**Ducky Waddle's Emporium:** 414 N. Coast Hwy. 101, Leucadia, 760-632-0488. *Thursday*, 8pm — Candye Kane. With guitarist Skip Heller. Blues/soul/jazz. \$10.

**El Cajon Grand:** 351 W. Main St., El Cajon, 619-444-0949. *Friday*, 10pm — The Cured. A tribute to the Cure. Rock/pop. \$5. *Saturday*, 9pm — Full Moon Fever. Tom Petty & the Heartbreakers cover band. *Sunday*, 3pm — Southbound Jonny. Country.

**Fannie's Nightclub:** 9143 Campo Rd., Spring Valley, 619-698-2204. *Friday*, 9pm — The 921 Band. Variety. *Saturday*, 9pm — The San Diego Jazz Quintet. *Saturday*, 9pm — Ramones Tribute Band. With Tiny Frank. Punk/rock.

**Good Samaritan Episcopal Church:** 4321 Eastgate Mall, La Jolla, 858-458-1501. *Saturday*, 7pm — Yve Evans & Company Benefit Concert. For Burundi Friends International. Blues/soul/gospel/jazz. \$10-\$20.

**The Harp:** 4935 Newport Ave., Ocean Beach, 619-222-0168. *Tuesday*, 7pm — Chet and the Committee. Blues. Free. 21 and up.

**Harrah's Rincón:** 777 Harrah's Rincón Way, Valley Center, 760-751-3100. *Saturday*, 8pm — Tyghtship. R&B/soul.

# BOAR CROSSIN

www.myspace.com/BOARCROSSN

## Weekly Specials

Happy Hour 7 days a Week from Open until 8pm

<b>TUESDAY</b> \$5 Any Beer Plus a Shot	<b>FRI-SAT</b> \$1 Dos Equis From 8-10 p.m. Plus Live Music & DJ's	<b>THURSDAY</b> \$1 New Castle From 8-10 p.m.
---	---	---

### LIVE AT BOAR CROSS'N

**KILLAH PRIEST**  
WITH **ETERNAL PYRAMID**  
THE LOST ANGEL CREW  
AND MORE!!!

**THURSDAY. MAR. 4TH**  
\$10 MYSPACE.COM/BOARCROSSN  
SHOW STARTS AT 9PM. GOOD NEIGHBOR  
390 GRAND AVE. CARLSBAD. 92008 JATTOO.COM

<b>Feb. 18</b> <b>JONAH MATRANGA</b> (Far, New End Origiianl, OneLineDrawing) ALYSSA JACEY HEATHER GREEN	<b>Feb. 19</b> <b>STEAL DAWN</b> WITH DJ BIG DUDE	<b>Feb. 20</b> <b>TOMMY DUBS</b> WITH DJ NICKY Z
<b>Feb. 28</b> FREE BASS AUDIO PRESENTS <b>IRIESIDE &amp; SOUND SYSTEM</b>	<b>Feb. 27</b> <b>DROP JOY</b> WITH DJ JOEL B	<b>Mar. 4</b> <b>KILLA PRIEST</b> <b>ETERNAL PYRAMID</b>
<b>Mar. 6</b> <b>TROUBLE</b> IN THE <b>WIND</b>		

**390 grand ave. carlsbad 92008** 21+ w/ valid ID **760.729.2989**





TICKETS & INFO  
BellyUp.com • 858-481-8140

For presales, contests and other special offers, follow us on:

facebook myspace.com twitter

Or sign up for our VIP email list!

**Thu, Feb 18th @ 9:00PM**  
**HEAD CAT**  
featuring: Lemmy of *Motörhead*, Slim Jim Phantom of *The Stray Cats* and Danny B Harvey  
w/ The Buzzbombs & The Grass Heat

**Fri, Feb 19th @ 9PM**  
**STEVE POLTZ B-Day Bash!**  
with friends  
**The Rugburns • The Cynics**  
**Mojo Nixon • Anya Marina**  
**Berkley Hart • A.J. Croce**  
**Gregory Page**

**PLATINUM ROCKSTARS**  
RE-CREATING LED ZEPPELIN, JOURNEY, BON JOVI AND MORE  
**DAMN THE TORPEDOS**  
DJ MAN-CAT  
SATURDAY 2/20 • 9 PM

FM 94.9 PRESENTS  
**BRENDAN BENSON**  
(OF THE RACONTEURS)  
**FRANK FAIRFIELD**  
SUNDAY 2/21 • 8 PM

BRAZILIAN NIGHTS PRESENTS  
**CARNAVAL OF BAHIA**  
**TRIO ELECTRICO ARMANDINHO**  
DODO • OSMAR BAND  
MONDAY 2/22 • 8 PM

**TARRUS RILEY**  
JUST ADDED! STRANGER  
**SHERIETA LEWIS BACKED BY**  
DEAN FRASER AND  
THE BLAK SOIL BAND  
TUESDAY 2/23 • 9 PM

**DYNAMITE WALLS**  
**REPUBLIC OF LETTERS**  
TOMMY GRAFF  
WEDNESDAY 2/24 • 8 PM

**WILLIE K AND JOE CANO**  
**AVI RONEN**  
THURSDAY 2/25 • 8 PM

**JOHNNY CASH BIRTHDAY PARTY**  
FEATURING CASH'D OUT,  
PUSHIN' ROPE & OFF THE WAGON  
**FRIDAY 2/26 • 9 PM**

**THE MOTHER HIPPS**  
OR, THE WHALE  
BILLY MIDNIGHT  
SATURDAY 2/27 • 9 PM

**RAUL MALO - SOLO**  
SEATED SHOW  
**NENA ANDERSON**  
SUNDAY 2/28 • 8 PM

**MIDLAKE**  
**MATTHEW AND THE ARROGANT SEA**  
TUESDAY 3/2 • 9 PM

AN EVENING WITH  
**GALACTIC**  
FEATURING CYRIL NEVILLE  
(OF THE NEVILLE BROTHERS)  
**WEDNESDAY 3/3 • 9 PM**

GFU CREW PRESENTS  
**SHORELINE ROOTZ**  
**PROJECT: OUT OF BOUNDS**  
DJ MAN-CAT  
THURSDAY 3/4 • 8 PM

**COMMON SENSE**  
**GOOD INTENTIONS**  
FRIDAY 3/5 • 9 PM

**PINE MOUNTAIN LOGS**  
**MATT COMMERCE**  
SATURDAY 3/6 • 9 PM

**BLIND BOYS OF ALABAMA**  
**SUNDAY 3/7 • 8 PM**

**STOCKHOLM SYNDROME**  
FEATURING ERIC MCFADDEN,  
DANNY LOUIS, WALLY INGRAM  
**THESE UNITED STATES**  
TUESDAY 3/9 • 9 PM

3/11 Beaters w/Maren Parsuel and Wirepony — S.D. CityBeat, Bud Light and FM 94.9 Showcase  
3/30 The Neil Schon Band  
4/3 Dead Man's Party  
4/11 Patty Griffin—on sale Friday at noon

**JUST ADDED!**

4/19 The Temper Trap—on sale Friday at noon  
5/7 Stanton Moore Trio w/Anders Osborne and Robert Walter  
5/15 CSI: NY Gary Senise  
5/25 Shelby Lynne—on sale Friday at noon  
6/27 Sharon Jones and The Dap Kings—on sale Friday at noon

**HAPPY HOURS 5:30 PM**  
2/19 The Mar Dels  
3/5 Atomic Groove

**\$5**

Upcoming shows:  
2/20 Firehouse Swing Matinee w/Swingin' Kings  
2/28 The Shells—matinee  
3/7 Laugh for Recovery—matinee  
3/10 Trombone Shorty & Orleans Avenue and The New Master Sounds  
3/12 One Drop  
3/13 Karl Denson's Tiny Universe w/Delta Nove  
3/14 Backwater Blues Band—matinee  
3/14 Sol E Mar Funky Samba Party  
3/17 St. Patty's Day Bash! Lexington Field & Geezer

3/18 Michelle Shocked  
3/19 Junior Reid, Andrew & Wada Blood and the One Blood Band  
3/20 Wild Child—an amazing re-creation of a Doors concert  
3/21 Stephen Stills  
3/25 Devendra Banhart and the Grogs  
3/26 Boogie Nights—Danger Kitty  
3/27 Tainted Love  
3/28 BLUSD Matinee w/The Smokin' Knights  
3/28 Salsa Sunday  
4/7 BFD presents Buddy Akai, DJ Gabe Vega

4/9 40 Oz. to Freedom  
4/10 Super Diamond  
4/14 Cheap Trick  
4/21 John Brown's Body & Toubab Krewe  
4/22 Nanci Griffith  
4/27 Rogue Wave  
4/30 & 5/1 Dark Star Orchestra  
5/6 Martin Sexton  
5/17 Groundation  
5/13 & 5/14 Midnite  
5/23 Kaki King  
5/24 Nada Surf

Wine, dine & skip the line next door at the Wild Note Café • 858-720-9000

# FREE COMEDY TICKET!

Good for up to 12 people. Reservations recommended. Seating to capacity. Valid Sunday thru Thursday. Excludes special events. All shows 21+, 2 drink minimum per person. Doors open at 6 pm.

## MEATBALL MONDAYS

**\$1.99 Spaghetti & Meatball Dinner**



## TACOS TUESDAY

**3 Tacos for \$1\***  
10 comedians.  
Doors open at 6 pm. Show at 8 pm.



## HUMPDAY WEDNESDAY

Featuring 8 of Hollywood's best comedians

**Hot Dogs \$1\***

Doors open at 6 pm. Show at 8 pm.



## THURSDAY

National headliner

**Erik Knowles**

Plus up to 8 other comedians from Hollywood!  
Thursday, Feb., 18 • 8 pm

## FRIDAY & SATURDAY

From Spike TV it's **Will C!!!**

Two nights only!  
Show at 8 pm  
\$20 cover

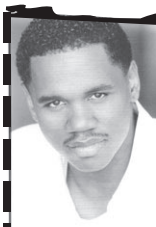


## SUNDAY

From HBO and Comedy Central it's...

**Eric Blake!!!**

One night only.  
Sunday, Feb. 21 • 8 pm



## STAND-UP COMEDY CLASS

Sign up this week!

Call for details.



**THE COMEDY PALACE**

San Diego's Premiere Comedy Club

For reservations: 858-573-9067

21 or older. 2 drink minimum.

\*Some restrictions apply. May be cancelled without notice.

Open every day • 8878 Clairemont Mesa Blvd.

www.thecomedypalace.com



**Hooleys Irish Pub & Grill (La Mesa):** 5500 Grossmont Center Dr., La Mesa, 619-713-6900. *Friday*, 9pm — The Stilettoes. Blues/jazz/rock. Free.

**Hooleys Irish Pub & Grill (RSD):** 2955 Jamacha Rd., Rancho San Diego, 619-670-7468. *Friday*, 9pm — Tony Cummins. World. Free.

**House of Blues:** 1055 Fifth Ave., Downtown, 619-299-2583. *Thursday*, 8pm — Bob Schneider with Smile Smile. \$20-\$37. *Friday*, 8pm — Lights. Journey tribute band. \$15. 21 and up. *Saturday*, 8pm — Winter Blackout 2010. Featuring the Expendables. Reggae. \$17-\$19.

**Humphrey's Backstage Music Club:** 2241 Shelter Island Dr., Point Loma, 619-224-3577. *Thursday*, 7pm — Paradise. With Michele Lundeen. Latin funk and dance. \$5. *Friday*, 9:30pm — Rockola. Classic rock. \$12. *Saturday*, 9:30pm — Detroit Underground. Motown, dance. \$12. *Monday*, 7pm — Michele Lundeen & Blues Streak. Blues/funk/rock. Free. *Tuesday*, 7pm — Blow by Blow. Jeff Beck tribute band. \$5. *Wednesday*, 7pm — Rhythm & the Method. Acoustic/blues/rock. \$5.

**Java Joe's at Café Libertalia:** 3834 Fifth Ave., Hillcrest, 619-299-9360. *Thursday*, 8pm — Rob Dee. With Lindsay White. Acoustic/alternative/hip-hop. \$5.

**Kashtan European Market and Bistro:** 12125 Alta Carmel Court, Rancho Bernardo, 858-485-

5856. *Wednesday*, 7pm — The Ted Apollo Trio. Jazz. Free.

**The Kraken:** 2531 South Highway 101, Cardiff, 760-436-6483. *Thursday* — The Pieces. Free.

**Larry's Beach Club:** 1145 S. Tremont St., Oceanside, 760-439-6646. *Saturday*, 5pm — Live Wire. Covers. Free. 21 and up.

**Last Call:** 4977 El Cajon Bl., City Heights, 619-287-9505. *Friday* — The Subtitles. Covers/rock/surf. Free. *Wednesday*, 8pm — Taters Invaders. Blues/funk/jazz. Free.

**Lestat's Coffee House:** 3343 Adams Ave., Normal Heights, 619-282-0437. *Friday*, 9pm — Rob Dee. With Chad Cavanaugh. Acoustic. \$5. *Saturday* — Matthew Ryan. Acoustic, rock, folk. *Sunday*, 8pm — Kasey Anderson, Michael Miller, Beth Thornley. Acoustic/alternative/rock. \$5. *Wednesday*, 9pm — Ramekega. Alternative/rock/pop. \$5.

**The Loft:** 9500 Gilman Dr., UCSD, 858-534-8497. *Thursday*, 8pm — Mauger. Jazz. \$16. *Saturday*, 9:30pm — P.O.S. Hip-hop/rap. \$10. *Sunday*, 8:30pm — Luminance. Featuring Asian American musicians Jenny Suk, J.R. Aquino, Dawen, and Legaci. Pop/funk/R&B. \$10. *Wednesday*, 8:30pm — We Were Promised Jetpacks. Rock. \$12.

**Main Tap Tavern:** 518 E. Main St., El Cajon, 619-749-6333. *Friday*, 9pm — Hugh Gaskins & the

G String Daddies. Blues/soul/rockabilly.

**Mangia Italiano on Third:** 248 Third Ave., Chula Vista, 619-623-3553. *Wednesday*, 7pm — The Bonita Jazz Band. Free.

**Manhattan Cocktail Lounge:** 400 Broadway, Chula Vista, 619-422-6641. *Friday*, *Saturday*, 9pm — Tommy Budd's Windy City. Rock/covers. Free. 21 and up.

**McP's Irish Pub and Grill:** 1107 Orange Ave., Coronado, 619-435-

5280. *Thursday* — Big City Shaman. *Friday* — Harmony Road. *Saturday* — 4-Way Street. Rock. *Tuesday* — Jackson/Jesus. *Wednesday* — Laguna.

**MiraCosta College:** One Barnard Dr., Oceanside. *Friday*, 7:30pm — MiraCosta Faculty Concert. Music instructors perform vocal and instrumental selections, including classical, jazz, funk, rock, Latin, and more. All proceeds will go toward a MiraCosta music scholarship. At the MiraCosta College Concert Hall, Bldg. 2400.

"Dessa Darling of Doomtree." Born Margret Wander, Dessa is a published poet, has a degree in philosophy, and teaches at a music college. She got into hip-hop by way of the spoken-word scene and also because she happened to live next door to most of Doomtree. (Remember what I said about neighborliness?)

But no matter what brought her to hip-hop — what Dessa brings with her is a fierce intelligence and beautiful musicality. NPR described her as a combination of Dorothy Parker's wit and Mos Def's beats, but she's actually more original than that. On her recently released debut solo album, *A Badly Broken Code*, she uses her songs to create characters and short stories that explore the many meanings of "family" in an urban setting. She also combines hip-hop with classical music through the song "Chaconne," which was inspired by Bach. And the combination



Fierce intelligence, beautiful musicality

works both ways. Dessa is also a member of a mostly female a cappella act, the Boy Sopranos, in which the singers sometimes vocalize hip-hop beats behind more or less traditional choral arrangements.

**P.O.S.** headlines.

**DESSA: The Loft, Saturday, February 20, 9:30 p.m. 858-534-8497. \$10.**

**Molly Malone's:** 1270 Main St., Ramona, 760-789-9050. *Friday*, 9pm — Fuzz-Huzzi. Alternative/pop/punk.

**Museum of Making Music:** 5790 Armada Dr., Carlsbad, 760-438-5996. *Sunday*, 2pm — Latin Jazz and Beyond. Composer, producer, and musician Allan Phillips is joined by leading musicians to present a musical journey of the history of Latin jazz. Free.

**O'Connell's Pub and Nightclub:** 1310 Morena Bl., Linda

Vista, 619-276-5637. *Friday*, 7:30pm, *Saturday*, 8pm — "International Pop Overthrow." \$10. *Sunday*, 4:30pm — "International Pop Overthrow." \$10. *Sunday* — Left Alone (Hellcat Records). With Back Alley Hooligans, Eskera, and 2000 Tons of TNT. *Monday*, 8pm — Blues Jam. Hosted by Mystery Train. *Tuesday* — Irusalem. With Fiery I, Seven Seal Dub Band, and Madison Row. Reggae. *Wednesday* — Knockout Bell. With DJ Gonzo.

80'S  
HAITI

Tribute Band-Aid Concert to Benefit  
the Victims of the Haiti Earthquakes  
SATURDAY FEB 20th @ 4th & B  
All Proceeds to Benefit the CLINTON BUSH HAITI FUND

11 of California's Top 80s Bands

with Tributes to 80s icons

The Cure Depeche Mode The Smiths U2  
The Cured Blasphemous Rumours Sweet & Tender Hooligans The Joshua Tree  
The Cameltones The Metro Radiostar  
80s Hits Gone WILD!! 80s Dance Party New Wave with a Hard Rock Twist

Duran Duran The Police The Ramones GNR  
Tribute Band - Rio Tribute Band - Ghost in the Machine Tribute Band - Gabba Gabba Heys Dust n Bones

Hosted by Steve West and Special Guest John Easdale of Dramarama



Music Zirconia  
Tribute Bands  
SENNHEISER



Sheraton



Tickets are \$22 advance & \$27 day of show

Doors 6:30 Show 7:00 - 21& up

4thandbevents.com ticketmaster



# RAMONA MAINSTAGE

San Diego's #1 Venue for Cutting-Edge Music

## FEBRUARY 19:

PAUL Di'ANNO (Original Killers-era Iron Maiden vocalist, for the first time in 25 years!) • ICARUS WITCH  
NIHILIST • SICARUS • AVENTALE • METATONIC • REBIRTH FROM ASH • SATRAMOTE

## FEBRUARY 20:

THE ANGRY SAMOANS • D.I. • UNLOADED • THE 383s • SOCIAL SPIT • LOOSE NUTTS • T.F.L.

## FEBRUARY 26:

SADISTIC INTENT • COFFIN TEXTS  
RUINES OV ABADDON  
PHANTASM • SERGULATH

## MARCH 5:

WARREL DANE (frontman of Nevermore)  
BONDED BY BLOOD • DRAIND  
WITHIN THE SWARM • METATONIC

## MARCH 13:

BOBAFLEX • DOWNSTAIT  
AGHORI  
INTERIM DRIVE

## MARCH 21:

PENTAGRAM • RADIO MOSCOW  
MEDIUS • RED OCTOPUS  
LEATHER NUN • THE GREEN HOUSE

## APRIL 2:

OTEP • BURY YOUR DEAD • THROUGH THE EYES OF THE DEAD • DESTROPHY  
LOOT-N-ROCK • DROWNSWERVE • LORD OF WAR • FIGHT THE SHARK

**FEBRUARY 21:** GORILLA PRODUCTIONS BATTLE OF THE BANDS

**FEBRUARY 25:** THE AMALGAMATED • BANDULUS (TX) • 2000 TONS OF TNT • SHERM THE BAND  
BOSS SELECTOR SKARINA & DJ MASTER BLASTER FROM FIRE CORNER SOUND SYSTEM

**MARCH 18:** BANG TANGO • **MARCH 19:** THE DREAMING

**MARCH 20:** SUIDAKRA • **APRIL 21:** DAVID ALLEN COE

626 Main St. • Ramona • 760-789-7008

Purchase tickets online at: [www.ramonamainstage.com](http://www.ramonamainstage.com)  
For booking inquiries call Joe Troutman: 760-532-8609

Rent Ramona  
Mainstage for your  
private event

# The SHOUT! House

## Rock n Roll Duelling Pianos



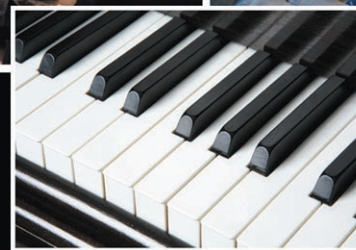
**SUN, TUE, WED, THUR**

Open at 7pm,  
Pianos at 8pm

**NO COVER SUN-WED**

**FRI, SAT**

Open at 6pm,  
Pianos at 6:30pm



655 4th Ave, Gaslamp Quarter  
[WWW.THESHOUTHOUSE.COM](http://WWW.THESHOUTHOUSE.COM)

on harney street

Wednesday  
**Wasabi Wednesdays**

by  
MATTY A and friends  
all specialty martinis \$5

Thursday



Friday

**Stormshadow** (open)

**Dj Mahjestik** (close)

Saturday

**Kingsley**

hip hop, 80's, mash-ups

3964 Harney St.  
San Diego, Ca. 92110  
619.295.3272



MISO  
**HARNEY**  
**sushi**

music for your mouth, sushi for your soul

sushi til midnight  
super lunch combos  
late night happy hour  
we do catering and private parties

**Lunch:** mon-fri 11:30am to 3pm

**Dinner:** mon-sun 5:30pm to 12am

[www.harneysushi.com](http://www.harneysushi.com)

at oceanside pier

Wednesday  
Z90.3's  
very own

**Dj Mahjestik**

Thursday

**Thirsty Thursdays**

all specialty martinis \$5

Friday



Saturday

**HeadPhone Jones**

soul, funk and rare grooves

301 Mission Ave.  
Oceanside, Ca. 92054  
760.967.1820

best sushi~Citybeat magazine

best sushi~Channel 10

best first date spot~Citysearch

award of excellence~Zagat





# HAPPY HOUR

EVERY DAY 5-7 PM

# 1/2 OFF ALL DRINKS & FOOD

Excludes holidays & concert nights.

**Oceanside Library:** 330 N. Coast Hwy., Oceanside.  
*Saturday*, 9:30pm — The Fishtank Ensemble. Cross-pollinated Gypsy music. World. \$15.

**Onyx/Thin:** 852 Fifth Ave., Downtown, 619-235-6699.  
*Sunday*, 8:30pm — 619 Lexington. Alternative/reggae/rock. Free.

**Pal Joey's:** 5147 Waring Rd., College Area, 619-582-6699.  
*Friday* — West of 5. Rock.

**Pala Casino:** 35008 Pala Temecula Rd., Pala, 877-946-7252.  
*Friday*, 4pm — Willovealot. Blues/soul. Free.  
*Friday*, 9pm — Spuntaneous. R&B/soul/pop. Free.

*Sunday*, 4:30pm — American Asian Variety Show. With the Rising Star Band and impersonators of Michael Jackson, Rick James, Prince, and Morris Day & the Time and Philippine cultural dancers.

**Pannikin Coffee & Tea:** 1234 Via de la Valle, Del Mar, 858-481-8007.  
*Friday*, 8pm — Mark Lopez and Tony Taravella. Jazz guitar.

**Patrick's II:** 428 F St., Downtown, 619-233-3077.  
*Thursday*, 9pm — 145th Street Deluxe Blues Band.  
*Friday*, 9pm — Missy Andersen. Blues/funk/soul.  
*Saturday*, 9pm — Shari Puorto and the Rhythm Addicts. Blues/rock.  
*Sunday*, 9pm — Burnsville Blues.  
*Monday* — Chet Cannon & the Committee. Blues/soul, rock.  
*Tuesday*, 9pm — Jasper and Ain't Misbahavin'. Rock.  
*Wednesday*, 9pm — The Bill Magee Blues Band.



humphreysbackstage.com  
2241 Shelter Island Drive  
**619.224.3577**

Thursday, February 18  
7 pm • Latin, Funk & Dance

**Paradise featuring Michele Lundeen**

Friday, February 19  
9 pm • Classic Rock

**Rockola**



Saturday, February 20  
5 pm • Country Blues

**Slim Crowbar & the IOUs**

9 pm • Motown & Dance

**Detroit Underground**



Sunday, February 21  
8 pm • Smooth Jazz

**Reggie Smith**  
with  
**DJ John Phillips**



Monday, February 22  
7 pm • Scorchin' Blues

**Michele Lundeen**

Tuesday, February 23  
7 pm • Classic Rock

**Blow by Blow Jeff Beck Tribute Band**

Wednesday, February 24  
7 pm • Original Rock

**Rhythm & the Method**

UPCOMING

Thursday, February 25  
**The Insomniacs**

Friday, February 26  
**Guitar Shorty**

Saturday, February 27  
**Zac Harmon**

**Patrick's Irish Pub:** 13314 Poway Rd., Poway, 858-486-0764.  
*Friday*, 9pm — Myron and the Kynptionz. Blues/soul/rock.

**Porter's Pub at UCSD:** 9500 Gilman Dr., UCSD, 858-587-4828.  
*Sunday*, 4pm — Dynamic All-Star Jazz Lineup. With Michael Paulo, Blake Aaron, Greg Karukas, Freddie Washington, Land Richards, and Maia Hassan. UCSD box office, 858-534-TIXS or Ticketmaster. \$10-\$50.

**Pounders:** 125 West Grand Ave., Escondido, 760-739-1288.  
*Friday, Saturday*, 9pm — Stone Wolf. Rock covers.

**Prohibition:** 560 Fifth Ave., Downtown, 619-702-8068.  
*Thursday, Friday, Saturday*, 9:30pm — David Patrone. Jazz/lounge. Free.

**Queen Bee's Art and Cultural Center:** 3925 Ohio St., North Park, 619-255-5147.  
*Saturday*, 7pm — Buddy Akai. With Mission:Valley, Gregory Page, Machete. Pop. \$10.  
*Saturday*, 8pm — Rob Dee. With Gregory Page. \$5.

**RT's Longboard Grill:** 1466 Garnet Ave., Pacific Beach, 858-270-4030.  
*Thursday* — Chimney Fish. Rock.  
*Friday* — Flock of '80s. Covers/pop/rock.  
*Saturday* — Stepping Feet. A tribute to Dave Matthews Band. Alternative/rock.

**Ramada Inn:** 5550 Kearny Mesa Rd., Kearny Mesa, 619-596-9777.  
*Friday*, 9pm — The Legends Doo-Wop 'n' Roll Revue. Flashback to the music of the '50s and '60s. \$8.

**Ramona Mainstage Nightclub:** 626 Main St., Ramona,



BY DAVE GOOD

It's a great name for a band, **We Were Promised Jetpacks**. The Glasgow indie quartet is something like a motorcycle — their songs are made for speed. The faster WWPJ plays them, the better and more stable they sound. Not a band to stray too far from the basic 4/4 rock beat, We Were Promised Jetpacks is propelled by the simple but most effective rhythm team of **Sean Smith** on bass guitar and **Darren Lackie** on drums.

The band's roots are in American post-punk-pop, with songs that go for days on two or three chords. The chorus is where WWPJ gets you. The song hooks are on loan from Blink or the Strokes, minus the pretension. The band

plays hard in that clean, indie-rock band way with a unified feel of sincerity; singer-guitarist **Adam Thompson's** vocals often trip the Bono meter for sheer passion.

And that's where the band should fall apart. Thompson's got a thick accent and a voice that climbs into the higher registers. Smith and Lackie should pound him clean off the soundboard, but they don't. What would be a bloody struggle for any other singer with Thompson's vocal register isn't. He holds his own, and the rest of the band finds balance within the contrasting dynamics.

WWPJ is a young band. Theirs is a story of rock-and-roll cliché: less than a decade ago, while still in high school, four dudes form a band, play school dances, and lie about their ages to get into clubs. Music-industry attention comes via a MySpace page, and their debut *These Four Walls* gets them chart traction in



The faster they play, the better they sound

America and abroad. You get a sense (especially from the obtuse lyrics) that WWPJ has little in the way of backstory, but there's room to grow. We haven't heard their best work yet.

**WE WERE PROMISED JETPACKS: The Loft, Wednesday, February 24, 8:30 p.m. 858-534-8497. \$12.**

Broadmoor, Fiziks, and Willie PSYCHODizzy Renegade.

**Round Up BBQ Grill:** 26439 Highway 79, Santa Ysabel, 760-782-2729.  
*Saturday*, 5pm — Steve Phillips and the Pescadero Pickers. Blues/soul/rock/surf. Free.

**Scripps Miramar Ranch Library:** 10301 Scripps Lake Dr., Scripps Ranch.  
*Sunday*, 2:30pm — The Israel Maldonado Band. Latin rhythms of samba and cumbia fused with funk, reggae, and rock.

**Second Wind (Magnolia):** 8528 Magnolia Ave., Santee, 619-596-8350.  
*Friday, Saturday* — Monsters of Rock. Classic rock/covers.

**Second Wind (Navajo):** 8515 Navajo Rd., San Carlos, 619-465-1730.

*Thursday* — Moxie. With Bewilderness.

**Soma:** 3350 Sports Arena Bl., Midway District, 619-226-7662.  
*Friday*, 7pm — Children of Nova. With Misc. Ailments, the Silent Comedy, the Tyler Beach Band, the Spill, and the City Freeze. Indie-rock/alternative. \$8-\$10.  
*Saturday*, 7pm — Strung Out. With Rufio and Chasing Claymores. Indie-rock. \$15.  
*Sunday*, 6:30pm — Sherwood. With Hot Chelle Rae, Black Gold, Reece, and Roosevelt. Alternative/pop/rock. \$12.

**South Park Bar & Grill:** 1946 Fern St., South Park, 619-696-0096.  
*Friday*, 7pm — The Paul Ingram Quartet. With Michela Dalla Pozza. Jazz. Free.

**Swedenborg Hall:** 1531 Tyler Ave., University Heights.  
*Sunday*, 7:30pm — Songwriters' Acoustic Nights. With Mary Dolan, Chelsea Flor, Rusty Jones, John Lall, Seaholm-Mackintosh, and Reverend Stickman. \$7.

**Tiki House:** 1152 Garnet Ave., Pacific Beach, 858-273-9734.  
*Thursday* — The Celebrities.  
*Friday* — Joey Harris and the Mentals. Rock/country/blues/soul.  
*Sunday* — Open Mic.

guitarist Michael Mandrell present an evening of healing music.

**Viejas Casino DreamCatcher Show Room:** 5000 Willows Rd., Alpine, 619-445-5400.  
*Friday*, 8pm — David Sanborn. Jazz. \$25-\$35.  
*Sunday*, 4pm — The Royal Crown Revue. Swing. Includes dance competition. Free. 21 and up.

**Winstons:** 1921 Bacon St., Ocean Beach, 619-222-6822.  
*Thursday*, 9pm — Tristan Palmer. Reggae.  
*Friday*, 9:45pm — Vokab Kompany. Indie/hip-hop/ electronica.  
*Saturday* — The Devastators. With the Self-Made Men. Reggae/ska/rock.  
*Tuesday*, 9pm — Juno What?! With the Earful. Jazz/electronica/funk.  
*Wednesday*, 9pm — The Self-Made Men. With the Cue Dubs. Reggae/ska.

**WorldBeat Cultural Center:** 2100 Park Bl., Balboa Park, 619-230-1190.  
*Thursday*, 7pm — Three Houses Down. With Fiji. Reggae/ska. \$22-\$27.  
*Saturday*, 8pm — Here II Here. Conscious pop/rock/soul.


**UPCOMING SHOWS**

**4th&B:** 345 B St., Downtown, 619-231-4343.  
*February 26* — Scarface.  
*February 27* — Hot for Teacher.  
*February 28* — W.A.S.P.

**AMSDconcerts:** 4650 Mansfield St., Normal Heights, 619-303-8176.  
*February 28* — SD Music Foundation & Matt Wadleigh LoVe Foundation Benefit Concert.

**Anthology:** 1337 India St., Little Italy, 619-595-0300.  
*February 25, 26* — Dave Mason.  
*February 27* — Acoustic Alchemy.  
*February 28* — Ray Manzarek.  
*March 3* — Mike Doughty.

**Athenaeum Music and Arts Library:** 1008 Wall St., La Jolla, 858-454-5872.  
*February 25* — The Eric Vloeimans Trio.  
*March 6* — Kate McGarry.



THURSDAY: FEBRUARY 18  
KARAOKE  
Hosted by Celine-KJ of the Year

FRIDAY: FEBRUARY 19, 7:30 PM  
International Pop Overthrow  
PLASTICSOUL • ROXY MONOXIDE  
THE MCGRATH PROJECT  
BULLET & SNOWFOX  
WENDY BAILEY & TRUE STORIES  
THE SHAMEY JAYS • THE SYRUPS  
THE NEW LEAD DETECTIVES

SATURDAY: FEBRUARY 20, 8 PM  
International Pop Overthrow  
GREG FRIEDMAN • MAPLE MARS  
SVEN-ERIK SEAHOLM  
PHILIP VANDERMOST  
SECRET SEVEN • TRENCHTOWN  
STATIC HALO • THE BIGFELLAS

SUNDAY: FEBRUARY 21, 4:30 PM  
International Pop Overthrow  
ROYAL CAMPAIGN • S03  
EUGENE EDWARDS BAND  
FOUR EYES • THE SHAMBLES  
THE DEEP ONES • COLA-COLA  
THE MONTHLIES • SUITE 100

SUNDAY: FEBRUARY 21, 9 PM  
LEFT ALONE • ESKERA  
BACK ALLEY HOOLIGANS  
2000 TONS OF TNT

TUESDAY: FEBRUARY 23  
IRUSALEM • FIERY 1  
SEVEN SEAL DUB BAND  
MADISON ROW

**O'CONNELLS**  
1310 MORENA BLVD. • 619.276.5837  
MYSAPCE.COM/OCONNELLS • 21+  
POOL • FOOTBALL • DARTS

# Bartending Academy

1 to 2 week course  
Weekend classes available  
Job Placement Assistance

Call for information:  
**619-296-0600**





**Balboa Theatre:** 868 Fourth Ave.,  
Downtown, 619-570-1100.  
February 28 — David Garrett.  
April 11 — Elvis Costello.

**Bar Pink:** 3829 30th St., North  
Park, 619-564-7194.  
March 13 — Arctic Monkeys.

**Belly Up Tavern:** 143 South  
Cedros Ave., Solana Beach, 858-481-  
8140.  
February 25 — Willie K.  
February 27 — The Mother Hips.  
February 28 — Raul Malo.  
March 2 — Midlake.  
March 3 — Galactic, featuring Cyril  
Neville.

**The Casbah:** 2501 Kettner Bl.,  
Little Italy, 619-232-4355.  
February 25 — Chain and the Gang.  
February 26 — The Adolescents.  
February 27 — Moving Units.  
February 28 — The Screamin'  
Yeehaws.  
March 1 — The Hounds Below.  
March 2 — Shrinebuilder.  
March 3 — The Applesed Cast.

**Copley Symphony Hall:** 750 B  
St., Downtown, 619-235-0804.  
March 3 — Tegan and Sara.

**The Coyote Bar & Grill:** 300  
Carlsbad Village Dr., Carlsbad, 760-  
729-4695.  
February 25 — Missy Andersen.

**Cricket Wireless  
Amphitheatre:** 2050  
Entertainment Circle, Chula Vista,  
619-671-3600.  
April 11 — Los Tres.  
June 4 — Tim McGraw.

**Dizzy's:** Harbor Club Towers,  
Downtown, 858-270-7467.  
February 27 — The Music of Larry  
Zeiger.

**House of Blues:** 1055 Fifth Ave.,  
Downtown, 619-299-2583.  
February 25 — Dashboard  
Confessional.  
February 28 — George Thorogood  
& the Destroyers.  
March 4, 5 — Reblution.  
March 6 — El Chapo de Sinaloa.  
March 7 — Manchester Orchestra.

**Java Joe's at Café Libertalia:**  
3834 Fifth Ave., Hillcrest, 619-299-  
9360.  
February 25 — Rob Dee.  
February 26 — The Smart Brothers  
and Gregory Page.

**Lestat's Coffee House:** 3343  
Adams Ave., Normal Heights, 619-  
282-0437.  
February 28 — The Robin Henkel  
Band.

**The Loft:** 9500 Gilman Dr., UCSD,  
858-534-8497.  
February 28 — Zee Avi.  
March 10 — Broadside Ballads  
Series.  
March 10 — Dawes.  
March 13 — The Ruby Suns.


**Pala Casino:** 35008 Pala Temecula  
Rd., Pala, 877-946-7252.  
February 26 — Pop Vinyl.  
April 18 — Tony Bennett.

**Pechanga Resort & Casino:**  
45000 Pechanga Parkway, Temecula,  
951-693-1819.  
April 15 — Mark Knopfler.

**Poway Center for the  
Performing Arts:** 15498 Espola  
Rd., Poway, 858-748-0505.  
April 24 — Leon Redbone.

**San Diego Civic Theatre:** 1100  
Third Ave., Downtown, 619-570-  
1100.  
May 7 — Celtic Women.


# CLUB SALSA



**TUESDAYS**  
"Tropical Tuesdays"  
Dedicated to Bachata & Merengue!  
Bachata lessons @ 8:30 pm

**NO COVER WEDNESDAYS**  
So Cal's best Live Salsa bands & DJs.  
No cover all night.  
Best in Salsa & Merengue.  
Live dance lessons @ 8:30 pm by Valerie.

**THURSDAYS**  
Salsa, Merengue & Cha-Cha  
Dance lessons @ 8:30 pm  
by Valerie



555 Fourth Avenue  
San Diego's Gaslamp  
myspace.com/cafevillasalsa



## MARTIN LAWRENCE

### Pala Events Center

**Friday,  
March 5  
at 8 pm**

**Tickets on  
sale now!**



## MEANEST BULLS TOUGHEST RIDERS

### Professional Bull Riding

**May 22-23**

**Tickets on sale now!**



FOUR DIAMOND AWARD WINNER  
PALACASINO.COM


Visit us on **facebook** and **twitter**

TICKETS ARE AVAILABLE AT  
THE PALA PRIVILEGES CENTER  
1.877.WIN.PALA (1-877-946-7252),  
BY PHONE 1.800.585.3737

OR ONLINE AT  
**startickets**  
startickets.com

**4th and B WEST COAST HALL OF FAME**

THE BEST OF BOTH WORLDS  
**HOT FOR TEACHER**  
the Van Halen Experience  
www.h4t2008.com



**SATURDAY FEB. 27th 2010**  
\$10 (\$5 active military) • DOORS 8PM • 21+

Blue Angel, 10KGB, Guitar Center, 4th and B, ticketmaster

308 B STREET SAN DIEGO, CA • www.4thandbevents.com • 619-231-4343

WASP 4th and B \$20  
West Coast Hall of Fame  
Presents



**Sunday Feb 28**  
doors 7:00pm  
21 and up with ID

4th and B  
345 E Street  
San Diego, Ca. 92101  
619-231-4343  
www.4thandbevents.com  
tickets available at 4th and B box office or  
ticketmaster.com

**Friday, Feb. 19 - 2 Much and Kings of Hyphy**  
**Saturday, Feb. 20 - Haiti Relief Concert with**  
**Blasphemous Rumors (Depeche Mode tribute band) and The Cured**  
**Saturday, Feb. 20 - After Hours (Doors 2AM)**  
**Friday, Feb. 26 - Scarface (show postponed) • Friday, Mar. 12 - E-40**  
**Friday, Mar. 19 - Outkast • Wednesday, Mar. 24 - Hank Williams III**

**\$5 Event Parking**  
at the  
Parking Palace Garage  
1350 Sixth Ave.,  
the corner of  
6th & A

For upcoming events  
**4thandbevents.com**  
345 B STREET  
DOWNTOWN  
**619-231-4343**

Tickets available at:  
**ticketmaster**  
www.ticketmaster.com



**San Diego Sports Arena:** 3500 Sports Arena Bl., Midway District, 619-224-4171.

March 2 — The Zac Brown Band.  
March 23 — Hank III & Assjack.

**Soma:** 3350 Sports Arena Bl., Midway District, 619-226-7662.  
February 27 — The Toasters.  
March 5 — Unearth.  
March 6 — Scary Kids Scaring Kids.  
March 7 — Alesana.

**Spreckels Theatre:** 121 Broadway, Downtown, 619-235-9500.

April 21 — Pat Metheny.

**Sushi Performance & Visual Art:** 390 11th Ave., East Village, 619-235-8466.  
March 6 — The Cedar Tavern Singers.  
March 16 — Scott Amendola.

**Viejas Casino DreamCatcher Show Room:** 5000 Willows Rd., Alpine, 619-445-5400.  
February 28 — Hot Rod Lincoln.  
March 7 — The Stilettoes.  
March 21 — Campus Five.

## DJ

**HOW TO SUBMIT A DJ LISTING:** Call 619-235-3000 x405, night or day by 5 pm Friday, the week prior to publication. To send weekly or monthly schedules, fax to 619-231-0489 or mail to Reader Music Scene, P.O. Box 85803, San Diego, CA 92186. You may also submit information online, get directions, RSS feeds, club coupons, free mp3 downloads and more at SanDiegoReader.com.

**Bacchus House:** Thursdays, 9pm: Club '80s. With DJs Bryan Pollard

# EVERYONE'S A CRITIC

## Nirvana: Bleach Deluxe

CD Review  
by Andrew Hamlin

Some noise, yes, very nice. And that was my only thought on this white-vinyl Sub Pop thingy my brother dragged home. I wish I could tell you I was hip to from the first snarly moan and diseased power chord. But that would not be true.

Later on, of course, I went with them all the way, or as far as I knew how to go at least. When "In Bloom" spilled out of a boom box at a bus stop tuned to a classic-

rock station, I figured the war was over and we won. Yeah, I was young and stupid. It was a hell of a moment, and I hadn't lived through a moment like that before.

I wish I still had the friends I had from in and around that moment, but nobody calls or writes.

My brother went through a bad patch and sold the white vinyl, but he did emerge alive, unlike others we could name. The singer's obsessions with decay and helplessness and nightmares and dragged, smeared repetitions (how many different ways can one mangle the word "alcohol") would sear the Western world. But how fascinating to hear the revolution still confined to someone's basement.

Or somebody's small theater. The live tracks have no spectacular audience-baiting (Kurt painted his neck red for one early show), but they blister. Some noise. Yes. Nicer all the time.



No spectacular audience-baiting

## Music Reviews from Our Readers

## Kottarashky: Opa Hey!

CD Review  
by Mary Leary

With his goatee and hat, smoking a cig for all his photos, the intently hip Kottarashky (aka Nikola Gruev) is a Bulgarian architect by day. On this debut, he's mixed a compelling collage of his particular "World" ingredients: rhythms mashing train bells, field samples, accordions, horns, and gypsy groans and shouts. Among the CD's near trance-outs is

"Tempe," with sounds just shifting/intelligent enough to pull cognition back in, which can be a bit jarring, but is one of the best ways to exercise mental muscles.

Whether it's through his introduction of samples collected from around Bulgaria or from more established Balkan artists, including Fanfare Ciocarlia and Jony Iliev, Kottarashky blends it all to convey warm urban and rural snapshots. More than a few tracks, like the Latin/gypsy-beat-based "Chetiri," provide fodder for what I like to call "interpretive dance." But the whole ends up feeling more contemplative than clubby, especially through interludes conveying more than a digital heart, as with the touching "September," and, to some degree, "Mandra," which is alluring and catchy. I'd get his next one just to see if he comes up with more tracks like those two.



A collage of "world" ingredients

\$75 for your concert review, \$25 for your CD review. Submit at [SDReader/critic.com](mailto:SDReader/critic.com)

and Arzola1. '80s/industrial/underground. 3054 University Ave., North Park. 619-299-2032.

**Bar Dynamite:** Thursdays, 9pm: Dynamite Thursdays. Sound Selectors Smoovgrooves, Hobbs One, Eclectic, and Thumbprint. Hip-hop/soul/dancehall. 1808 W.

Washington St., Mission Hills. 619-295-8743.

**Basic Urban Kitchen and Bar:** Tuesdays, 7pm: Basic Tuesdays. Art, fashion, and music. Free. 410 Tenth Ave., East Village. 619-531-8869.

**The Brew House at Eastlake:** Saturdays: Brew 30 DJ. Dance. 871

Showroom Pl., Chula Vista. 619-656-2739.

**Café Sevilla:** Thursdays, 10pm: DJ New Yo Rican. Salsa. Tuesdays, 10pm: DJ Israel. Bachata. 555 Fourth Ave., Downtown. 619-233-5979.

**Camel's Breath Inn:** Fridays, Saturdays: Live DJ. 21 and up. 10330

Friars Rd., Mission Valley. 619-281-1722.

**Candelas:** Fridays: Sessions at 420 Third Avenue. DJ Chris Renzulli and DJ Eric B. Adult/contemporary. 416 Third Ave., Downtown. 619-702-4455.

**Club 67:** Wednesdays, 9pm: DJ Power. Electronica. Free. 10109 Main St., Lakeside. 619-443-4100.

**Confidential:** Fridays, 10pm: DJ Henry Diaz. With Tone Capone and Omar. Electronic/hip-hop/lounge. 901 Fourth Ave., Downtown. 619-696-8888.

**The Coyote Bar & Grill:** Sunday, 5pm: The Phormones. Blues/soul, funk, rock. Thursdays, 10:30pm: DJ Swoll. Fridays, 10:30pm: DJ Gary B. Saturdays, 10:30pm: DJ Paul D. Saturdays, 10:30pm: DJ Paul Dumesnil. Friday, 6pm: Smokestaxx. Motown/funk. 300 Carlsbad Village Dr., Carlsbad. 760-729-4695.

**El Cajon Grand:** Fridays, 8:30pm: DJ Neko. Spins classic rock. Saturdays, 8:30pm: DJ Chuck. Spins classic rock. 351 W. Main St., El Cajon. 619-444-0949.

**Fannie's Nightclub:** Thursdays, 9pm: DJ Underground. With guests Hip-hop/rap/reggae. Thursdays, 8pm: DJ Mick B. Spins hip-hop tunes. Sundays, 9pm: DJ Demond. '80s/hip-hop/pop. Free. 21 and up. Mondays, 9pm: DJ Underground. With guests Hip-hop/rap/reggae. Wednesdays, 9pm: J & Biko. Hip-hop/reggae. 9143 Campo Rd., Spring Valley. 619-698-2204.

**The Flame:** Wednesdays, 9pm: Cookies with DJ Dirty Kurty. 3780 Park Bl., Hillcrest. 619-295-4163.

**The Fleetwood:** Saturdays: DJ Ramsey. '80s/hip-hop/house. 639 J St., Downtown. 619-702-7700.

**The Flying Bridge:** Fridays, 9pm: DJ Ricardo. Reggaeton/salsa. Saturdays, 9pm, Sundays, 9pm: DJ Waistline. Hip-hop/R&B. 1105 N. Coast Hwy., Oceanside. 760-722-0081.

**Gaslamp Tavern:** Thursdays, 8pm, Fridays, 4pm, Wednesdays, 8pm: C-Phish. 868 Fifth Ave., Downtown. 619-239-3339.

**Harney Sushi:** Wednesdays, 9pm: Hot Like Wasabi Wednesdays. With DJ Matty A. Electronic. 3964 Harney St., Old Town. 619-295-3272.



# 4 FREE ADMISSIONS

GOOD WED, THURS. & SUN. Excludes Special Events.  
Subject to Availability. Reservations REQUIRED. With this ad.

## FRIDAY & SATURDAY FEB. 19 & 20 • 8 & 10:30 PM

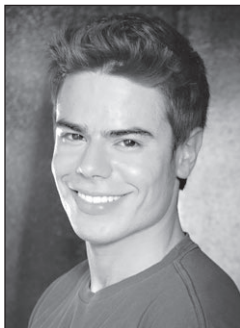
## Sebastian Maniscalco

From "Vince Vaughn's Wild West Comedy Show" and his own Comedy Central Special *Sebastian Live*



## Francisco Ramos

A world-famous Hollywood Comedy Store favorite



**STAND-UP COMEDY WORKSHOP** BEGINS MARCH 14TH.

To register visit: [www.sandishore.com](http://www.sandishore.com) • Conducting workshops since 1992!

To purchase tickets, call (858) 454-9176

916 Pearl Street • La Jolla • [comedystorelajolla.com](http://comedystorelajolla.com) Must be 21 — All shows 2-drink minimum



# Lips

## The Ultimate In Drag Dining!

Where The Boys Are Men... And So Are The Girls!

### TUESDAY

Retro 80's Night @ 7pm

### WEDNESDAY

Bitchy BINGO @ 7pm

### THURSDAY

Dinner with the Divas @ 7pm

### FRIDAY & SATURDAY

Glitz & Glamour Night @ 6 & 9pm

### SUNDAY

World Famous Gospel Brunch @ 11am  
FLAVA/Industry Night @ 7pm

## Dinner & Shows Tuesday - Sunday

## THE BEST PLACE IN SAN DIEGO TO CELEBRATE YOUR BIRTHDAY!

1 (888) 284.5716 • [www.LipsUSA.com](http://www.LipsUSA.com)  
3036 El Cajon Blvd. • North Park  
San Diego • New York City • Ft. Lauderdale



# EVERYONE'S A CRITIC

## Music Reviews from Our Readers

### Dave Rawlings Machine

Concert Review  
by Dennis Donley

Touring behind the critically acclaimed *Friend of a Friend*, Dave Rawlings Machine made their second appearance in the past year at the Belly Up. A full house was treated to two covers-heavy sets, with selections ranging from Dylan's "Dear Landlord" and the Grateful Dead's "Candyman," to "Cortez the Killer" and "This Land Is Your Land," which was worked into "I Hear Them All." There were also generous portions of the new

CD; "Ruby" and "Sweet Tooth" were highlights.

Rawlings proves to be a guitarist with few equals with his intricate picking on his 1935 Epiphone Olympic; his solo on Dylan's "Queen Jane Approximately" was sublime.

Gillian Welch, a frequent Rawlings coconspirator, provided vocal harmony and rhythm guitar throughout the evening and contributed some of her own tunes, including crowd favorite "Look at Miss Ohio" and an unreleased tune from her upcoming CD. Local folk guitarist Sean Watkins (Nickel Creek) joined the Machine for the encore covers of the Stones' "Dead Flowers," "The Weight" by the Band, and "To Be Young (Is to Be Sad, Is to Be High)," which Rawlings cowrote with Ryan Adams.

**Concert:** Dave Rawlings Machine

**Show date:** February 2

**Venue:** Belly Up Tavern

**Seats:** side of stage



A guitarist with few equals

### Soft Pack 'Em In

Concert Review  
by Rollo Cabeza

Ten days before the Soft Pack take the stage on the David Letterman show, the San Diego band formerly known as the Muslims returned to the Tower Bar in City Heights to release their s/t debut. The show was free, and by 10 p.m. the venue reached capacity. Outside, a line wrapped around the building. Inside, more than a hundred fans elbowed up next to each other to hear the group's newest material.

Playing in front of a projector screen show-

ing '70s porn, the Soft Pack started the gig in usual fashion: Matt Smith cracked a steady and loud snare beat, Dave Lantzman picked distorted and busy bass lines, Matty McLoughlin strummed clean, raw, reverb-heavy guitar riffs, and Matt Lamkin yelled out punchy vocals while filling it out with garage-inspired rhythm-guitar tones.

The quartet mixed new songs, such as "C'mon" and "Down on Loving" with older tunes like "On My Time." By the eighth song, "Bright Side," the crowd bobbed their heads and pumped their PBR tall boys in the air, helping the band with the chorus.

The Soft Pack ended the same way they finish the new album, with busy snare beats, choppy guitar riffs, fuzzy bass lines, and Lamkin's punk-croon vocals on crowd favorite "Parasites."

**Concert:** The Soft Pack

**Show date:** February 2

**Venue:** Tower Bar

**Seats:** Underneath dangling speaker



A line wrapped around the building

\$75 for your concert review, \$25 for your CD review. Submit at [SDReader@critic.com](mailto:SDReader@critic.com)

**Hawthorn's Restaurant:** Wednesdays: DJ Kiki. 2895 University Ave., North Park. 619-295-1688.

**Inferno Young Adult Nightclub:** Fridays, 9pm,

Saturdays, 9pm: DJ Kool T. Spins Top 40, techno, and '80s. 15 and up. 775 Metcalf St., Escondido. 760-741-1271.

**Kadan:** Tuesdays: Darkwave Garden. With DJ Bryan Pollard, DJ

Heather Hardcore, Adamnation, Pet M1. Gothic/industrial. Wednesdays: Night Vision. Drum 'n' bass with live MCs. DJ. Free. 4696 30th St., North Park. 619-640-2500.

**Lips Restaurant:** Tuesdays: Ladies of the 80s Retro Night. \$13. 3036 El Cajon Bl., North Park. 619-295-7900.

**McDini's:** Tuesdays, 9pm: '90s Throwback Tuesdays. Hosted by

Zerland of Pali Roots. 105 E. 8th St., National City. 619-474-6771.

**Ocean House:** Friday: DJ Grim and Justin Marx. Spinning in both rooms. \$5 after 10 pm. Saturday: DJ Dam presents Damnation. With DJ

Upendaspot. \$10 after 9 pm. 300 Carlsbad Village Dr., Carlsbad. 760-729-4131.

**The Office:** Sunday, 8pm, Sundays, 10:30pm: Club '80s. Featuring DJs Bryan Pollard, Adamnation, Ambone. DJ/electronic. 21 and up. 3936 30th St., North Park. 619-450-6632.

**Pacific Beach Bar & Grill:** Wednesdays, 10pm: DJ Tony. 860 Garnet Ave., Pacific Beach. 858-272-7278.

**Pierview Pub/Bub's Whiskey Dive Bar:** Mondays, 6:30pm: Metal Mondays. Metal all night long. 301 Pier View Way, Oceanside. 760-757-2827.

**RT's Longboard Grill:** Mondays, 9pm, Wednesdays, 9pm: DJ Famous Dave. Mixes music videos. 1466 Garnet Ave., Pacific Beach. 858-270-4030.

**Ramada Inn:** Saturdays, 9pm: Dance Party. Hip-hop/reggae/dancehall. DJ. Free. 5550 Kearny Mesa Rd., Kearny Mesa. 619-596-9777.

**Riley's Music Lounge:** Tuesdays, 8pm: Zydeco Dance. Dance lessons at 7 pm. DJ, blues, folk/roots. Free. 2901 Nimitz Bl., Point Loma. 619-255-8635.

**SIN Niteclub:** Sundays, 9pm: Reggae Sundays at Sin. With DJ Ez Doe, DJ Hektik, and DJ Winston T. Dancehall, reggae, hip-hop, and soca. 526 West F St., Downtown. 619-232-4746.

**Sapphire 18+ Lounge & Hookah:** Saturdays, 9pm: Rasta Nation Posse. Reggae. 4076 Bonita Rd., Bonita. 619-470-8000.



Since 1986

### Navajo

8515 Navajo Road • 619-465-1730  
(Albertsons shopping plaza at Navajo & Lake Murray)

Thursday, February 18

**Moxie  
Bewilderness**

Friday & Saturday, February 19 & 20

**'80s Rock  
6one9**

Monday, February 22

**Karaoke**

Wednesday, February 24

**Reverse Cowgirl Junkie**

Thursday, February 25

**Steel Horse  
Cory Wilkins Band**

### Santee

8528 Magnolia Avenue • 619-596-8350  
(Corner of Prospect & Magnolia)

Friday & Saturday, February 19 & 20

**Classic Rock  
Monsters  
of Rock**

Thursday, February 25

**Eken Is Dead  
Industry  
Interim  
Divine  
Dive  
Bomber**

Pool Tables • Dart Boards • Hot Spot & Lotto • Free WiFi Access  
[www.secondwindbars.com](http://www.secondwindbars.com) • Free Parking • ATM & credit cards welcome.

LA  
JOLLA  
PLAY  
HOUSE

**Raw, real and funny as hell!**

John Leguizamo's trademark energy explodes on stage in this uncensored show about his life, love and career. Uproarious, heartfelt and honest, he's baring it all for those willing to come along for the ride.

**JOHN  
LEGUIZAMO**  
DIARY OF A MADMAN  
March 4 - 14, 2010

A PAGE TO STAGE WORKSHOP PRODUCTION, BY SPECIAL  
ARRANGEMENT WITH WESTBETH ENTERTAINMENT

CREATED AND PERFORMED BY  
JOHN LEGUIZAMO

DIRECTED BY  
FISHER STEVENS

**\$30** TICKETS

**\$15** STUDENTS

WITH VALID ID

JOHN LEGUIZAMO IN JOHN LEGUIZAMO'S DIARY OF A MADMAN;  
photo by Carol Rosegg.

Adult content and language

[lajollaplayhouse.org](http://lajollaplayhouse.org) (858) 550-1010





**SOMA San Diego**

**REVOLVER**  
ATTICUS METAL TOUR II  
**UNEARTH**  
STICK FIGURE  
GHOSTHOUSE  
CARPENTER  
PLUS SPECIAL GUESTS ON SELECT DATES  
darkest hour STRAY FROM THE PATH  
CATCH THE ACTICUS METAL TOUR II LIVE AT  
**FRI. MAR 5**  
Metal Blade Records  
Metal Blade Records  
ATTICUS

**petas M Presents**  
**THE EXHIBITS TOUR**  
**ALIESANA**  
ASKYLIT DRIVE  
MICE MEN  
LORD OF THE RINGS  
LUCAS ARCADE

**SUN. MAR 7**  
6PM - LUNATIKS  
MUSIC  
MUSIC  
ANTHONY  
HARRIS

**SPRING BREAKDOWN**  
TOUR NORTH AMERICA 2010  
**BLEEDING THROUGH**  
born again  
Sleeping Giant  
LEGEND  
STAY FROM THE PATH  
NO A BUSTING ROUT  
STONKART

**FRI. APR 9**  
\$15 - 6:30 - LUNATIKS.COM  
SOMA BOX OFFICE

**A DAY TO REMEMBER**  
WITH SPECIAL GUESTS  
**AUGUST BURNS RED**  
SILVERSTEIN  
ENTER SHOKAR  
WADA  
GORAPRO  
NORTH AMERICA  
**toursick 2010**  
**SAT. MAY 1**  
\$20 - 6:30 - LUNATIKS.COM  
adtr.com

**SOMASD.COM**  
3350 SPORTS ARENA  
619.226.7662 ALL AGES

**CHILDREN NOVA**  
Misc. Ailments - The Silent Comedy  
The Tyler Beach Band  
The Spill - The City Freeze  
**SAT. FEB 20**  
**A DULL SCIENCE**  
Chasing Claymores  
Plane Without A Pilot  
Best Regret - Nods To Nothing  
A Bad Goodbye  
**SUN. FEB 21**  
**SHERWOOD**  
HOT CHELLE RAE  
BLACK GOLD  
REECE  
ROOSEVELT  
**FRI. FEB 26**  
**Athena**  
GOODNIGHT CAULFIELD  
HE IS THE PAINTER  
FLAGSHIP ARMADA  
DEAF ZERO - YOUNG GOODMAN  
**SAT. FEB 27**  
**the Toasters**  
LOS KUNG FU MONKEYS  
FABULOUS RUDIES  
BUCKET OF FISH  
MAYORS OF SEXYTOWN  
**SAT. MAR 6**  
FAREWELL TOUR  
**SCARY SCARING KIDS**  
**THE SLEEPING MODSUN ADESTRIA**  
A SHATTERED HOPE  
**FRI. MAR 12**  
**GET BACK LORETTA**  
Trains And Clouds  
Add The Color - Meseta  
**SAT. MAR 13**  
**SECONDS FROM DISASTER**  
(EP RELEASE)  
**FRI. MAR 19**  
**MURDER ON THE DANCEFLOOR**  
JEREMIAH JOHNSON  
**FRI. MAR 26**  
**JONNY CRAIG**  
**TIDES OF MAN**  
ROMANCE ON A ROCKETSHIP  
EYE ALASKA\* AD MODSUN  
**APR 2 + 3**  
**PIERCE THE VEIL**  
2 nights - SOMA sidestage!  
(Fri. Electric + Sat. Acoustic)  
**FRI. APR 16**  
**STRUNG OUT**  
AGENTS OF THE UNDERGROUND  
NEW RECORD IN STORES NOW  
**RUFIO**  
A DULL SCIENCE  
CHASING CLAMORES  
**SAT. MAY 29**  
**LABRA LITRATA**  
**30H!3**

**Live Music**  
710 Garnet Ave.

**710 BEACH CLUB & GRILL**

**Thurs. 18th** Rock **Fri. 19th**

**Rock Out Karaoke**  
7-10pm

**Split Finger**  
PUSHIN ROPE

**Sat. 20th** Reggae **Feb. 26th 9pm** **Upcoming**

**Mystic Roots**  
STICK FIGURE  
THE HOUNDS

**Polynesian Underground**  
**HOOIGANS**  
Fortunate Youth  
CORNERSTONE  
J.A.A.M. KWEST

**- EVERY SUN. - WEDS. NO COVER -**

**Sun- Music Industry Night**

**Mon- MikDago/ Stand Up Comedy**

**Tues- Game Night/Beer Pong Tourn.**

**Weds- Never Say Die/ Live Local Bands**  
\$3 Drafts All Night

**SPORTS** WE SHOW ALL **UFC 110**  
**PREMIER LEAGUE GAMES HERE** FEB 20th 6pm  
NOGUEIRA VS VELASQUEZ

**GRILL** Check out what the locals are raving about!

- CheeseSteaks 25 cent Wings  
(Tues. 8-close)  
- Baja Fish Tacos \$2 Fish Tacos  
(All Day Fri.)  
- Seared Ahi

**Details at: 710bc.com / (858) 483-7844**

**Winstons** 1921 bacon street • ob  
619-222-6822  
www.winstonsob.com

**Thur. 2/18** International Reggae Artist  
**TRISTON PALMA**  
CHAULLI  
SOMO UNO  
ORGANIKA  
SOUND SYSTEM

**Fri. 2/19** OCEAN BEACH COMEDY with  
RJ DHARNI & CHASE BROCKETT  
TONIGHT: Dance Party, Hip-hop,  
Electronica & Reggae  
**VOKABKOMPANY**  
**PSYDECA**

**Sat. 2/20** 2:30-7 PM: A Sandi  
Shaner Food Drive  
THE WILD OLDER WOMEN • EDDIE JASON COVEN  
CHELSEA FLOR • THE GRACE ELLEN TRIO  
BAD SCIENCE FICTION • SISTER VENUS  
TONIGHT  
**THE DEBASTATORS**  
SELF PRESERVATION

**Sun. 2/21** 7-9 PM:  
The Matt Cook Show  
Ocean Beach's first live TV show  
TONIGHT  
**OB•O•KE**  
HOSTED BY  
JOSE SINATRA  
\$2 drinks 9 pm to close

**Mon. 2/22** 6-8 PM:  
**Drunk Poets Society**  
An evening of music from the Grateful Dead  
**ELECTRIC WASTE BAND**  
**Tues. 2/23** 6-9 PM:  
Think 'N' Drink Trivia  
Featuring members of Motet  
**JUNO WHAT?! THE EARFUL**  
**Wed. 2/24** 4-8 PM: Dub Master Cue  
meets Seismic Levelers  
TONIGHT  
San Diego Reggae & Dub  
**HIGH TIDE TOMMY DUBBS**  
& guests  
**UPCOMING:**  
2/26: Tomorrow's Bad Seeds  
2/27: eoto  
3/4: Cash Only (An Evening of Johnny Cash)  
3/13: Ocean Beats

**Satin Lounge:** Thursdays, 9pm: Hot Latin Beats. Reggaeton, salsa, and merengue. 18 and up. **Fridays,** 8pm: Funky Fresh Fridays. Hip-hop/mash-ups. 18 and up. **Saturdays,** 9pm: DJ Dizzy D. Spins hip-hop, old skool, and techno. 18 and up. **Wednesdays,** 9pm: Blazin' 98.9 Night. With guest DJs. 6195 University Ave., College Area. 619-544-1177.

**Seau's:** Thursdays, 7pm: DJ FOS. Hip-hop/jazz. 1640 Camino del Rio North, Mission Valley. 619-291-7328.

**Side Bar:** Thursdays, 9pm: Ruby Thursdays. 536 Market St., Downtown. 619-696-0946.

**Sixty-Seven Bar and Grill:** Thursdays: Tattoo Thursdays. With DJ Viktor and DJ KB. **Fridays:** DJ Tony Sneeze. Spins Top 40 and hip-hop hits. **Saturdays:** DJ Girth. Spins hip-hop and rock hits. **Sundays:** Soul Glo Sundays. With DJ Girth and friends. **Wednesdays:** Beer Pong. With DJs. 10109 Maine Ave., Lakeside. 619-561-6767.

**Soda Bar:** Thursdays, 9pm: Expressway to Yr Skull. Punk/rap/rock. Free. 21 and up. 3615 El Cajon Bl., City Heights. 619-255-7224.

**Static Lounge:** Saturdays, 9pm: Club Backbeat. Hip-hop/rap. \$15-\$20. 18 and up. 634 Broadway, Downtown. 619-544-1609.

**Stout Public House:** Fridays, 9pm: DJ CC. 1125 Sixth Ave., Downtown. 619-702-7933.

**Tavern at the Beach:** Thursdays, 10pm: DJ D-Skwiz. **Fridays,** 10pm: DJ BDP. **Saturdays,** 10pm: DJ BDP. With DJ MIC-E. **Wednesdays,** 10pm: DJ WhO. Hip-hop/rock. 1200

Garnet Ave., Pacific Beach. 858-272-6066.

**Tiki House:** Tuesdays, 9pm: Tunes by Joe Marson. Every Tuesday. 1152 Garnet Ave., Pacific Beach. 858-273-9734.

**True North:** Thursdays, 10pm: DJ Bacon Bits. **Fridays:** DJ Ramsey. '80s/hip-hop/house. **Sundays,** 10pm: DJ Waly Mayhem. **Mondays,** 10pm: DJ Wonderbread. **Tuesdays,** 10pm: DJ WhO. Hip-hop/rock. 3815 30th St., North Park. 619-291-3815.

**U-31:** Thursdays, 8pm: DJ Artistic. With Cros 1. '80s and '90s hip-hop. 21 and up. **Fridays,** 9pm: Feel the Noise. With Gabe Vega and Saul Q. Dance/indie/rock. 21 and up. **Saturdays,** 9pm: Dance Party Mash-Ups. 21 and up. **Sundays,** 9pm: Tribe of Kings. Featuring DJs Jester, Peril, Dash Eye, Unite, and Rashi. Reggae. 21 and up. 3112 University Ave., North Park. 619-584-4188.

**Whiskey Girl:** Fridays, 9pm, Saturdays, 9pm: DJ Marc Thrasher. Mixes music videos. **Mondays,** 9pm: U-Call-It Mondays. With DJ Marc Thrasher. 600 Fifth Ave., Downtown. 619-236-1616.

**Whistle Stop Bar:** Sundays, 9pm: Too Many Creeps. With DJ Mario O and guests. Post-punk. 21 and up. 2236 Fern St., South Park. 619-284-6784.

**The Wit's End:** Fridays, 5pm: DJ Artistic. 420 Robinson Ave., Hillcrest. 619-294-4848.

**Xavier's Bar & Grill:** Thursdays, 9pm: Almost Famous Thursdays. Electro/funk/house. **Fridays,** 10pm: Red Carpet Fridays. Dance/top 40. 750 Fifth Ave., Downtown. 619-233-0500.

## San Diego's #1 Irish Pub

Happy Hour 3-8 pm Mon.-Fri., 11 am-3 pm weekends  
\$3 wells, \$5 shot + a pint, \$8/\$10/\$12 pitchers

**Thursday** Reggae Thursday with  
\$3 Heineken  
Light bottles  
\$3.50 Heineken Pints  
**Revival**

**Friday** Happy Hour with Jason Ott, then  
**Lyphe** (Hip-Hop)

**Saturday**  
**UFC 110**  
**The Mighty Regis** (Irish)  
and DJ Chelu

**Wednesday** Blues with  
\$4 Jack Daniels  
All Night  
**Lady Dottie & The Diamonds**

**Sunday** **Happy Hour 11 am-3 pm**  
\$3 Bloody Marys, Screwdrivers,  
Greyhounds, Mimosas  
**Monday** Open Mic with  
Jodi Wood  
Great specials!  
**Tuesday** Game Night  
\$7 domestic  
pitchers!

Our motto:  
**Love,**  
**Friendship,**  
**Loyalty**



Never a cover!  
Drink specials  
nightly!



**Gallagher's**  
PUB

5046 Newport Ave., O.B.  
619-222-5300  
www.gallagherspubob.com  
www.myspace.com/gallagherspubob



# HAPPY HOUR

More information about these establishments can be found online at [SDReader.com/drinks](http://SDReader.com/drinks), including driving directions, coupons, food specials, and more.

**HOW TO SUBMIT A DRINK SPECIAL:** Call 619-235-3000 x700, night or day by 5pm Friday, the week prior to publication. You may also fax to 619-231-0489, mail to Reader Happy Hours, P.O. Box 85803, San Diego, CA 92186, or submit information online at [SDReader.com/drinks](http://SDReader.com/drinks).

## ALPINE

**Donato's Italian Restaurant:** Monday-Saturday, 4-7pm: \$2.50 domestics, \$3.50 imports & house wine, \$6 Long Islands, \$3 wells.

## BALBOA PARK

**The Prado:** Tuesday-Friday, 4-6pm, 8-10pm: \$3.50 wells, pints, house wine, house margaritas. Lounge only.

## BANKER'S HILL

**Azuki Sushi Lounge:** Every day, 5-7pm: \$5 large Saki, \$5 large Sapporo. \$4 sushi rolls, discounted specialty rolls and appetizers.

**Pizzicato:** Every day, 3-7pm: \$3 pints, house wine; \$6 pizza slice + pint or wine.

## BAY PARK

**Bay Park Fish Company:** Every day, 3-5pm: \$2 fish tacos, 20% off sushi rolls, 25% off draft beers, wines by the glass, and appetizers.

**Offshore:** Tuesday-Friday, 3-7pm: \$2 domestics, \$3 sangria, well and micro imports, \$5 Tommy Bahama mojitos.

## BONITA

**Sapphire 18+ Lounge & Hookah:** Tuesday, 5-9pm: Two-for-one well drinks. \$4 six-piece chicken wings, falafel, or mozzarella sticks, \$5 small hummus, \$2 six-piece dolmades. All day: 1/2-off hookahs. Wednesday-Saturday, 5-9pm: Two-for-one well drinks. \$4 six-piece chicken wings, falafel, or mozzarella sticks, \$5 small hummus, \$2 six-piece dolmades.

## CARDIFF

**Besta-Wan Pizza House:** Monday-Friday, 11am-6pm: \$1 pint, glass of house wine; \$3 pitcher.

**Chart House:** Monday-Friday, 4:30-7pm: \$3 domestic drafts, \$4 premium drafts, wells, glass of wine, \$5 cocktails, \$6 martinis.

## CARLSBAD

**Argyle Steakhouse/Golf Club-house:** Monday-Friday, 4-7pm: Drinks priced by the hour (4-5pm: \$4, 5-6pm: \$5, etc.), offering wine, beer, premium liquors.

**Bistro West:** Monday-Friday, 3:30-6:30pm: Discounted wine, draft, well, specialty martinis, bar appetizers.

**Boar Cross'n:** Thursday-Saturday, 8-9pm: \$1 Bud & Bud Light.

**The Coyote Bar & Grill:** Monday-Wednesday, 4-6pm: \$3 wells, beer, margaritas. \$3 off appetizers. 10pm-midnight: \$3 beer, wine, well drinks. Thursday-Friday, 4-6pm: \$3 wells, beer, margaritas. \$3 off appetizers. 10-11pm: \$3 beer, wine, well drinks. Saturday, 10-11pm: \$3 beer, wine, well drinks. Sunday, 10pm-midnight: \$3 beer, wine, well drinks.

**Greek Village:** Monday-Thursday, Sunday, 4-7:30pm: 1/2-off beer, wine by the glass, wells.

## CARMEL MOUNTAIN

**Conway's Irish Pub:** Monday-Saturday, 10am-8pm: \$2.50 domestic bottles. \$2.75 wells (short). \$3.25 wells (tall).

## CARMEL VALLEY

**Arterra:** Every day, 4-8pm: \$3 snacks, \$10 grilled calamari, \$5 premium drafts, \$6 Arterra wines, \$7 specialty signature collection.

## CHULA VISTA

**Achiote Restaurant:** Every day, 4-7pm: Two-for-one drinks, \$5 appetizers.

**Black Angus:** Monday-Friday, 4-7pm: 1/2-off well, draft, appetizers.

**Blue Haven:** Every day, open-7pm: \$2.50 domestic beer, \$3.50 imports.

**D'Lish Gourmet Pasta:** Monday-Saturday, 3-5pm \$2.50 domestic beer, house wine, slice of pizza, Texas brisket slider, 3 St. Louis ribs, mozzarella sticks, pulled pork sandwich.

**El Dorado Seafood & Grill:** Monday-Friday, 4-7pm: \$2 margaritas. \$1.50 tacos.

**Veni Vidi Vici:** Monday-Friday, 5-7pm: \$1 off all drafts, wells.

## CLAIREMONT

**Boomerangs Gourmet Burger Joint:** Monday-Friday, Sunday, 4-7pm: Discounted draft beer. \$3.50 house wine. Saturday, 4-7pm: Discounted draft beer. \$3.50 house wine

**Fat Tony's Pizza:** Thursday, 5pm-close: \$2 Karl Strauss, \$4 taps.

**Joe's Pizza:** Thursday, 6-9pm: \$2 any tap or bottled beer, glass of wine.

**Viva Vino:** Monday-Saturday, all day: \$.99 domestic beer.

## COLLEGE AREA

**4.0 Deli:** Monday-Friday, 4-7:30pm: \$6.75 Stella, \$5.75 Uncle Jesse/Shock Doc/Hefeweizen, \$4.75 Bud Light.

**Cucina Fresca and Sons:** Every day, 3-5pm: \$1.75 domestic beer.

**Pal Joey's:** Every day, all day: \$3 personal pitchers.

## CORONADO

**Bistro d'Asia:** Monday-Friday, 5-7pm: \$3 domestic beer, \$3.75 draft beer, \$4.50 house wine. \$5-\$7 appetizers, \$1 off hand rolls.

**Café 1134:** Monday-Friday, 4-7pm: discounted beer, wine, and appetizers.

**Clubhouse Bar & Grill:** Monday-Friday, 3-6pm: \$2 domestic drafts. \$3 domestic bottles, wells, house wine, appetizers.

**Lil' Piggy's Bar-B-Q:** Monday-Friday, 3-6pm: \$3 beer, wine. \$1 off appetizers, \$1.50 sliders. All day: \$3 beer of the month.

**Yummy Sushi:** Monday-Friday, 3-6pm: \$3 pints, \$4 large hot sake. 20-50% off appetizers.

## DEL MAR

**Brigantine:** Every day, 4-6pm: \$1 off Kenwood wines; \$5.50 Georgia Peach Mezzacorona, chardonnay; \$4 Alaska white ale, Brig Brew golden ale; \$4 house margarita.

**Clubhouse Grill:** Every day, 4-7pm: 1/2-off draft beer, wines by the glass.

## DOWNTOWN

**923 Dive Lounge:** Wednesday-Saturday, 8-10pm: \$2 wells/drafts.

**Altitude Sky Lounge:** Monday-Friday, 5-7pm: \$4 domestic drafts. \$5 premium wells. 1/2-off Artesian flat bread.

**Asti Ristorante:** Every day, 3-6pm: 1/2-price cocktails & appetizers.

**Bice:** Every day, 5-6:30pm: \$5 house wine, wells, draft Moretti. \$5 bar menu items.

**Buster's Beach House & Long-board Bar:** Every day, 2-6pm: \$3 Buster's pale ale, amber; \$3.50 mai tai, margarita, Long Island Ice Tea.

**Café Sevilla:** Monday, 5-6:30pm: 1/2-price mojitos. Tuesday, 5-6:30pm: 1/2-price wine bottles. Wednesday, 5-6:30pm: 1/2-price martini. Thursday, Sunday, 5-6:30pm: 1/2-price sangarita. Friday-Saturday, 5-6:30pm: 1/2-price garabato.

**Candelas:** Every day, 5-7pm: All drinks 1/2 price.

**Chianti:** Every day, 4-7pm, 9-11pm: \$5 martinis, house wine. \$6-\$7 appetizers.

**Dobson's:** Monday-Friday, 4-7pm: \$2 drafts. \$4 margaritas. \$5 wells. \$8-\$11 appetizers: fried calamari, steamed muscles, muscle bisque soup, brie.

**The Field Irish Pub and Restaurant:** Monday-Friday, 11am-7pm: \$3 domestics, \$4 imports. Saturday-Sunday, open-5pm: \$3 domestics, \$4 imports.

**The Fish Market:** Monday-Thursday, 3-6pm: \$3.75 draft, \$3.95 wells, \$2.95 domestic beer. \$.95 oysters, \$4 fish tacos, \$5.75 mahi mahi sliders.

**Fuddruckers:** Monday-Friday, 5-7pm: \$4.50 Bud Light/Coors Light pitchers. \$1 off all beer, wine.

**Gaslamp Tavern:** Monday-Friday, 3-7pm: \$3 drafts, house wine, wells. Sunday, all day: \$3 drafts, house wine, wells.

**Las Hadas Bar & Grill:** Monday-Saturday, 5-7pm; 10pm-midnight: \$2 Bud Light/Coors Light drafts, \$3 margaritas, wine, wells, sangria. 1/2-off seafood bar and appetizers.

**Horton's Bar & Grill:** Monday-Friday, 4-7pm: \$3 drafts, \$5 wells, \$6 house wine, \$7 margaritas/cosmopolitans; \$7 potato skins/mozzarella sticks; \$7.50 nachos grande/buffalo wings.



94TH AERO SQUADRON  
A Restaurant

**AVIATOR'S SPECIALS**

**HAPPY HOUR** Monday-Friday 3:30-6:30 pm  
**FREE HAPPY HOUR BUFFET**  
**AND REDUCED DRINK PRICES FROM \$2.50**

**MARTINI MONDAY** 4-9 pm in the lounge  
**PREMIUM MARTINIS \$5**  
**BUD LIGHT (16 OZ. TAP) \$2**

**TUESDAY SINGLES PARTY**  
with DJ & dancing 7-11 pm  
**1/2-PRICE APPETIZERS** 4-8 pm in the lounge

**1/2-PRICE WEDNESDAY**  
**1/2-PRICE APPETIZERS** 4-8 pm in the lounge

**MARTINI THURSDAY**  
**PREMIUM MARTINIS \$5** 4-9 pm in the lounge

**BBQ FRIDAY** until 7 pm on our patio  
**SHRIMP & CHICKEN KABOBS,**  
**RIBS & CARNE ASADA TACOS \$3** and up  
with DJ & dancing 6:30 pm-1:30 am

**WEEKEND WINE NIGHTS**  
**1/2-PRICE BOTTLES OF WINE** Sat. & Sun.

8885 Balboa Avenue • Kearny Mesa • 858-560-6771  
[94thasquadron.signonsandiego.com](http://94thasquadron.signonsandiego.com)

**Pacific Beach's Best Happy Hour!**

**4-8 pm Daily & ALL DAY Mon. & Wed.!**

**\$1 Domestic Drafts**  
**\$2 Import Drafts**  
**\$1.50 Shots/Drinks**  
**\$3.50 Appetizers**  
**\$12 Hookahs and \$10 refills**  
11 am-8 pm daily



1050 GARNET AVE.  
PACIFIC BEACH  
858-866-6006



# HAPPY HOUR

**House of Blues:** *Every day, 2-7pm:* \$2 drafts, \$3 wells & wines, \$4 martinis, 1/2-off select appetizers.

**McCormick & Schmick's Seafood Restaurant:** *Every day, 3-7pm; 9-11:30pm:* Wine and drink specials; 1/2-lb. cheeseburgers \$2.95.

**Patrick's II:** *Every day, 10am-8pm:* \$2.50 bottle beer, \$3 wells, Bud Light pints, \$4 calls, margaritas, Bloody Marys.

**Rockin' Baja Lobster:** *Monday-Friday, 3-6pm:* \$3.50 margaritas. \$4 Long Islands. \$3-\$5 drafts.

**San Diego Wine and Culinary Center:** *Tuesday-Saturday, 5-8pm:* \$5 house wine, wells, \$7 Christopher's Cuvee. Noon-9pm: tasting flights.

**Tabule:** *Monday-Friday, 5-6pm:* 1/2-off all drinks and appetizers. *Saturday-Sunday, 2-6pm:* 1/2-off all drinks and appetizers.

**Tom Ham's Lighthouse:** *Monday-Friday, 4-6pm:* \$3 house wine, domestic/import.

**Urban Bar & Grill:** *Tuesday-Saturday, 4-7pm, 9pm-close:* \$3 drafts, \$4 wells, \$5 signature cocktails, \$5 house wine. 1/2-off appetizers.

## EAST VILLAGE

**Café Chloe:** *Monday-Friday, 4-6pm:* \$4 verdejo, Côtes du Rhône, oatmeal stout; \$5 white bordeaux, Monte Buciano, blonde ale; \$6 chardonnay, zinfandel, Trapezoidale.

**Hive Sushi Lounge:** *Every day, 5-7pm:* \$2 domestic, \$4 micro, \$2.50 sake, \$3.50 well, \$4 house wine. Miso, edamame, \$9.99.

**Jewel Box:** *Monday, \$2 PBR drafts. Wednesday, 6pm-2am:* \$5 Jäger bombs; happy hour all night w/military ID. *Thursday, 8pm-2am:* Industry Night. \$3.75 calls.

## EL CAJON

**The Broken Pinata:** *Wednesday-Sunday, 11-6pm:* \$2 wells, \$3 drafts.

**Flinn Springs Inn:** *Monday-Friday, 4-6pm:* \$2 domestic drafts, \$2.25 domestic bottles, \$3 wells.

## ENCINITAS

**Bullpen Pub & Grill:** *Monday-Friday, 2-7pm, 10pm-2am:* \$1 off draft beer, \$3 off pitcher, \$2 off wine.

**D Street Bar and Grill:** *Monday-Friday, 4-7pm:* \$2 wells. \$2.50 domestic drafts. 1/2-off all appetizers.

## ESCONDIDO

**Tango Restaurant & Lounge:** *Every day, 4-7pm:* \$1 off all drinks; 1/2-off bar menu.

## FALLBROOK

**Aqua Terra:** *Monday-Friday, 4-6:30pm:* \$3 domestic beer by the glass, \$9 pitcher, \$4 imported beer by the glass, \$12 pitcher, \$5-\$6 appetizers, 1/2 off sushi rolls (no sushi on Monday).

## GOLDEN HILL

**Turf Supper Club:** *Friday-Sunday, noon-4pm:* \$1 off all beer/wine/spirits. \$5 lunch: 1/2-lb. burger, chicken sandwich, or two Louisiana hot links + chips.

## GRANTVILLE

**Tio Leo's:** *Monday-Friday, 3-7pm:* \$3 pints, \$4 house margaritas, wells, \$5 appetizers.

## HILLCREST

**Baja Betty's:** *Monday-Friday, 2-6pm:* \$3 bottled beer, salsa margarita, wells, house wine, sangria, appetizers, quesadilla.

**Bangkok Thai Bistro:** *Every day, 4-7pm:* 1/2-off wine, beer, appetizers.

**Cafe Eleven:** *Every day, 2-6pm:* \$4 house margaritas, \$3 wells, house wine, bottled beer. \$3 appetizers: shrimp cocktail, stuffed mushrooms, Thai chicken skewers.

## IMPERIAL BEACH

**Baja Oyster Bar:** *Monday-Thursday, All day:* \$.99 fish tacos. 3-6pm: Two-for-one domestic bottle, discounted special roll.

## KEARNY MESA

**94th Aero Squadron:** *Monday-Friday, 3:30-6:30pm:* \$2.75 Bud Light on tap, \$3 wells. *Saturday-Sunday, 1/2-price bottles of wine.*

**Pampas Argentine Grill:** *Tuesday-Saturday, 5-7pm:* \$3 beer/wells. \$4 margaritas/wine specials. \$2.50 empanadas (bar only).

## KENSINGTON-TALMADGE

**Kensington Cafe:** *Every day, 3-7pm:* \$3 all beers, \$4-\$5 all glasses of wine, all tapas under \$5.25.

**Kensington Vine:** *Monday-Friday, 3-6pm:* \$5 fine wine. \$5 appetizers.

## LA JOLLA

**Aloha Sushi Hawaiian Grille:** *Every day, 4-6:30pm:* \$2.50 small saki, \$4 large saki, \$1.95 select hand rolls, \$3 cucumber roll, \$3.50 California, spicy tuna, veggie roll.

**Bull and Bear Bar and Grill:** *Monday-Friday, 3-7pm:* \$2 Bud/Bud light, \$3.50 wells, Bull & Bear reserve wine, \$4.95 appetizers.

**La Jolla Brew House:** *Monday-Friday, 3-7pm:* \$3 wells, house drafts. \$4 house wine. \$5 premiums.

**La Jolla Rancherita:** *Monday-Friday, 3-6pm:* \$4 wells, \$2.50 domestics, \$2.75 imports.

**The Melting Pot:** *Every day, 5-7pm:* 1/2-off cheese fondue, salads, chocolate fondue.

**The Shores Restaurant:** *Sunday, 3-7pm:* Red/white sangria: \$7 glass, \$25 pitcher.

**Sushi on the Rock:** *Every day, 5-6:30pm:* \$2 hot sake, Coors Light, \$3 cold sake, \$4 Soju spritz, \$5 house wine. \$1.75 vegetarian roll, spicy krab roll, \$2.75 spicy tuna roll.

**Whaling Bar & Grill:** *Monday-Friday, 4-7pm:* \$3 bottled beer, \$4 drafts. \$5 house wine. \$7 specialty cocktails.

## LA MESA

**Casa de Pico:** *Monday-Friday, 3-7pm:* Free appetizer with purchase of bar drink. \$3.95 margarita.

**Charcoal House:** *Monday, 3-7pm:* \$.75-off all drinks. \$1-off all appetizers. *Tuesday-Sunday, 11-7pm:* \$.75-off all drinks. \$1-off all appetizers.

**Hearth House:** *Every day, 4-7pm:* \$2 domestic beers, \$3 premium beers, wine & wells. \$2 bratwurst & fries, \$3 burger & fries.

## LAKESIDE

**Coo Coo Club:** *Monday-Friday, 6-8pm:* \$2.75 wells, domestic bottles, drafts.

## LEUCADIA

**The Calypso Café:** *Every day, 5:30-7pm:* \$4 wells, sangria, margaritas. \$4 house wine. \$3.50 beer.

## LINCOLN PARK

**L & L Hawaiian BBQ at Market Creek Plaza:** *Monday-Friday, 4-8pm:* \$2 domestic drafts. \$1 off appetizers. *Sunday, all day:* \$1 drafts. \$1 tacos & wings.

## LINDA VISTA

**Brick by Brick:** *Every day, 3-6pm:* \$2.50 house wine. 1/2-off beer.

**Bull's Smokin' BBQ:** *Monday-Friday, Sunday, 3-6pm:* \$2.50 bottled beer, \$3 draft pint, \$9.50 pitcher.

## LITTLE ITALY

**Anthology:** *Tuesday-Friday, 5:30-7pm:* \$6 wells, wine, featured beer, martinis, margaritas. \$4-\$8 appetizers.

**Fat City Steakhouse:** *Monday-Friday, 4-7pm:* \$2 drafts, \$3 wells, \$4 wine. 1/2-off appetizers.

## MIDWAY DISTRICT

**Brazil by the Bay Restaurant and Sports Bar:** *Monday-Friday, 4-7pm:* \$2.50 draft beer, \$8 pitcher, \$2.50 french fries, \$4.50 chicken wings.

**Desi N' Friends Bar and Grill:** *Monday-Friday, 2-7pm:* \$2 well drinks, domestic beers. 11pm-midnight: \$3 draft.

## MIRA MESA

**Callahan's Pub & Brewery:** *Monday-Friday, 4-7pm:* \$3 house beer, domestic drafts, well drinks, house wine, \$1 off appetizers.

## MIRAMAR

**Abbey's Real Texas Bar-B-Q:** *Monday-Friday, 4-6pm:* \$2.49 small sandwich, \$1.99 hot link, \$2.49 pint Bud, \$2.99 Hefeweizen, Shiner Bock.

**The Filling Station:** *Monday, 7pm-close:* \$4 margaritas. *Tuesday, 7pm-close:* \$2 kamikazes. *Wednesday, 7pm-close:* \$3.50 premium drafts. *Thursday, 7pm-close:* \$2 wells, domestic beers, \$6 domestic pitchers. Free pool. *Saturday, noon-7pm:* \$3 mimosas. *Sunday, noon-7pm:* \$3 Bloody Marys.

## MISSION BEACH

**Guava Beach Bar & Grill:** *Monday-Friday, 4-7pm:* Two-for-one cocktails, beer, shots.

## MISSION HILLS

**Bar Dynamite:** *Monday-Saturday, 5-9pm:* \$2 domestics bottles and drafts, \$3 wells. Free food from Lucha Libre Taco Shop.

**Shakespeare Pub & Grille:** *Every day, 4-7pm:* \$4.95 imported 20-oz. beer, \$3.75 well drinks, \$1 off bottled beer and house wine by the glass.

## MISSION VALLEY

**Adam's Steak & Eggs:** *Monday-Friday, 3:30-7pm:* Double well drinks, complimentary hors d'oeuvres.

## NATIONAL CITY

**Café La Maze:** *Tuesday-Friday, 4-6pm:* \$1 off all drinks; 1/2-off appetizers in the bar.

## NORMAL HEIGHTS

**Air Conditioned Lounge:** *Monday-Friday, 4-8pm:* \$3 draft, Bloody Marys, \$5 you call it, \$6 Jayne's Gastropub fare.

**Triple Crown Pub:** *Saturday, noon-5pm:* \$1 off all pints, \$2 off beer pitchers. *Sunday, noon-2am:* \$1 off all pints, \$2 off beer pitchers.

## NORTH PARK

**Cricket's Pub and Grill:** *Monday-Friday, 8am-2pm:* \$2 domestic pint, \$6 domestic pitchers.

**Lips Restaurant:** *Sunday, all night:* Industry Night. \$3.50 wells, \$5.50 calls. 25% off entrées & appetizers. Must show employee ID or pay stub.

**The Office:** *Every day, 5-8pm:* Two-for-one price on all drinks.

**Toronado:** *Monday, 11:30am-5pm:* \$1 off drafts. *Tuesday-Sunday, 11:30am-5pm:* \$1 off drafts.

## OCEAN BEACH

**Cheswick's West:** *Monday, Wednesday-Friday, 5-7pm:* domestic bottles. \$3 wells. \$6 domestic pitchers. *Tuesday, 5-7pm:* domestic bottles. \$3 wells. \$6 domestic pitchers. All day: free pool.

**Dream Street Live:** *Tuesday-Saturday, 4-6pm:* \$2 wells, domestic pints. \$4 Guinness pints.

**Portugalia:** *Tuesday-Sunday, 10pm-1am:* \$3 domestic beer, \$5 wine; \$4-\$10 food specials.

## OCEANSIDE

**333 Pacific:** *Every day, 4-7pm, 9-10pm:* \$7 vodka cocktails (100+ types of vodka). \$7 appetizers (calamari, oyster trio, Caesar salad).

**Rockin' Baja Lobster:** *Monday-Friday, 3-6pm:* \$3 pints, wells, \$4 wines, margaritas, \$5 Long Islands, 25-oz. drafts. 1/2-off starters. *Saturday-Sunday, 9pm-close:* \$3 pints, wells, \$4 wines, margaritas, \$5 Long Islands, 25-oz. drafts. 1/2-off starters.

## OLD TOWN

**Alamo Mexican Cafe:** *Monday-Friday, 3:30-6:30pm:* 1/2-price drinks, food specials.

**Barra Barra:** *Monday-Friday, 4-7pm:* \$2 drafts, house wine, \$3 house margaritas, \$2 off absinthe specials. \$2 flat-bread tacos.

**Casa Guadalajara:** *Monday-Friday, 4-7pm:* Free appetizers. \$3.50 well drinks, margaritas, drink specials.

  
**the Filling Station PUB & GRILL**  
**Daily Happy Hour**  
**11:30 am to 7 pm**  
**Nightly Drink Specials**

THURSDAYS  
**\$2 Pints, \$6 Pitchers & FREE Pool after 7 pm**

FRIDAY & SATURDAY NIGHTS  
**DJ Dance Party/ Karaoke** 9 pm-1 am

SUNDAY THRU THURSDAY  
**Karaoke** 9 pm-1 am

**9522 Miramar Rd. 858-578-0757**  
Northeast corner of Miramar Road & Black Mountain Road


  
**HAPPY HOUR IN THE GASLAMP**  
**DAILY TILL 8 PM**  
**BOTTLED BEERS \$2.50**  
**WELLS \$3**  
**DRAFT PINTS \$3**  
**CALLS \$4**  
**MARGARITAS \$4**  
**BLOODY MARYS \$4**

**ALL NIGHT DRINK SPECIALS**  
**JAGER BOMBERS \$5**  
**IRISH CAR BOMBS \$5**

**LIVE MUSIC NIGHTLY**  
**428 F Street • Downtown (619) 233-3077**  
**www.patricksii.com**

**Late Night**  
**3 BUCK HAPPY HOUR**  
**in Carlsbad**

Daily 4-6 pm and late night starting at 10 pm

  
**300 Carlsbad Village Dr. 760-729-4695**  
**CoyoteCarlsbad.com**

  
**HAPPY HOUR**  
Monday thru Friday 3-6 pm  
**WEDNESDAYS UNCORKED**  
1/2 off bottles of wine 5-10 pm  
**THURSDAYS \$2 HOUSE BEERS**  
plus \$3 U-CALL-ITS 10 pm-close  
Lunch and dinner daily 9 AM weekend breakfast  
Extended Patio Hours Now Open 'til 2 am!

**721 Grand Ave. in P.B. 858-581-BEER**  
**pbalehouse.com**

  
2732 Midway Dr., Pt. Loma 619-225-8110  
Mon.-Sat. 3-7 pm, all day Sun.

**\$2.50 Wells & Beers**  
Bottled domestics  
**\$6.50 domestic pitchers**  
**35¢ Wings**  
Every Thursday  
**\$6 Fish & Chips**  
Every Friday  
Sunday 2-8 pm  
**Babes & Beers \$2 Domestic Drafts**  
**Guest Bartender**  
**1/2-Price Breakfast**  
Mon.-Fri. 8-9:30 am. Dine-in only. Beverage purchase required.

  
**Happy Hour**  
**7 Days, 5-6:30 pm**  
Sake \$2/\$3 [hot/cold]  
Hand Roll \$1.75  
911 Roll \$4.50  
Crunchy Roll \$7  
Potstickers \$4  
Spicy Calamari \$4

**1025 Prospect #250**  
**Ocean-View Outdoor Patio**  
**Underground Parking**  
**La Jolla • 858-459-3208**  
**sushiontherock.com**



## PACIFIC BEACH

**710 Beach Club:** *Monday-Friday, 1-7:10pm: \$7.10 beer & shot. Saturday-Sunday, noon-7pm: \$7 pitchers.*

**Big Kahuna's:** *Monday-Friday, 3-7pm: \$2.50 beer, wine.*

**Bub's Dive Bar:** *Monday-Friday, 4-7pm: \$3 drafts. \$10 pitchers. Saturday, 7-9pm: 1/2-off pitcher of anything, \$1 chicken tacos.*

**Chateau Orleans:** *Wednesday, all day: 1/2-off all wine bottles. Thursday, all day: \$5 Louisiana hurricanes, margaritas. 1/2-off champagne bottles.*

**Costa Brava:** *Every day, 4-6pm: 1/2-price sangria. 1/2-price tapas.*

**The Dog:** *Monday-Thursday, Sunday, \$6 pitchers.*

**Hennessey's Tavern:** *Monday-Friday, 4-7pm: \$2.50 domestic drafts, \$1 off house wine, wells, \$3 well shot/\$4 call shot, \$5 drink specials. Saturday-Sunday, till 1pm: \$3 Bloody Marys.*

**Miller's Field:** *Monday-Friday, 3-7pm: \$1 wells. \$2 street tacos.*

**Moray's Lounge:** *Every day, 4-7pm: \$2.50 drafts, \$3.50 wells, \$4.50 house wine. 4-6pm: \$4 appetizers: spicy chicken wings, fried calamari, potato skins.*

**Pacific Beach Ale House:** *Monday-Saturday, 3-6pm: \$3 drafts, wells, house wines. 1/2-price appetizers.*

**Sinbad Café:** *Every day, 4-8pm: \$1 drafts, \$1.50 wells, shots, \$2 imports. \$3.50 appetizers. 11am-8pm: \$12-\$15 hookahs.*

**Society Billiard Cafe & Bar:** *Monday, Wednesday, Sunday, all day: \$3 wells/Bud Light pints, \$4 flavored Smirnoff, premium draft pints, Heradura tequila shots. Tuesday, Thursday, all day: \$8 12-oz. bottle of beer and a shot, \$3 pints of Bud Light. Friday-Saturday, noon-10pm: \$3 Bud Light pints, \$4 flavored Smirnoff, premium draft pints.*

**Tavern at the Beach:** *Monday-Saturday, noon-7pm: \$3 drafts, bottles, wells, wine. Sunday, noon-7pm: Industry Night: \$3 domestic beers, \$2 make your drink a double, \$3 calls for industry. Pay stub required.*

**Tony Roma's:** *Monday-Friday, 4-6pm: \$2 house margaritas, Long Island Ice Teas, \$3 wells, draft beer. Appetizer specials.*

**The Turquoise, Café-Bar Europa:** *Monday-Thursday, Sunday, 5-7pm: \$3 cask wine, sangria, draft. \$3 tapas selection.*

## POINT LOMA

**Blue Wave Bar & Grill:** *Monday-Friday, 5-7pm: \$1 off drinks, \$2 off appetizers.*

**The Boathouse:** *Every day, 2:30-5pm: \$1.99 house margaritas (\$3 Cuervo Gold), \$3 beer of the month, \$4 wine of the month.*

**C-Level:** *Monday-Friday, 3:30-5:30pm: \$3.50 Bud Light, Karl Strauss, Stone IPA, \$5 specialty drinks, wells, house wine. \$5 crispy calamari, ahi tuna poke, steamed Fox River mussels.*

**Captain's Quarters:** *Every day, 3-7pm: \$2 you-call-it wells, \$2.25 domestic drafts, \$2.25 domestic bottles, discounted shots.*

**Humphrey's Backstage Music Club:** *Every day, 5-7pm: 1/2-off all drinks & menu items. Excludes holiday/concert nights.*

**Paradise Lounge and Grill:** *Monday-Friday, 3-7pm: \$2.50 well drinks, domestic bottles, \$6.50 domestic pitchers. 8-9:30am: 1/2-off breakfast.*

**Pete's Grill:** *Every day, 4-7pm: \$2.50 Bud drafts, \$3 microbrew drafts, house wines. \$0.99 sliders, \$1.99 fish tacos, \$.59 for a 1/4-lb. burger, fries, small soda or Bud draft.*

**Riley's Music Lounge:** *Monday, 4-7pm: \$4 calls. Tuesday, Sunday, 4-7pm: \$2.50 pints. Wednesday, 4-7pm: \$4 Jäger bombs. Thursday, 4-7pm: \$3 kamikazes, \$4 Jäger bombs. Friday, 4-7pm: \$3 calls. Saturday, 4-7pm: \$5 Long Island/Long Beach.*

## POWAY

**Brigantine:** *Every day, 3-6:30 pm: \$3-\$9 appetizers, \$1 off draft beer, \$3.50 champagne, \$4.75 house margarita, \$5.75 chardonnay, red wine, \$7.50 Cuervo Gold hand-shaken margarita.*

**Kaminski's BBQ & Sports Bar:** *Monday, Wednesday-Friday, 3-6pm, 9-11pm: \$1 off all wells, drafts, bottles, & wine. \$5 appetizers.*

**Phileas Fogg's Bar & Restaurant:** *Monday-Friday, 4-7pm: \$2.50 domestic pints/\$7.95 pitcher, \$3.50 import pints/\$11.95 pitcher. \$2.95 cheese quesadilla, \$3.95 chicken wings, more.*

## RAMONA

**Boll Weevil Restaurant:** *Monday-Friday, 3-5pm: \$2 off all pitchers.*

**Cheers of Ramona:** *Monday, 2-5pm: \$1 off drinks. \$10 steak. Tuesday, 2-5pm: \$1 off drinks. \$1 tacos. Wednesday, 2-5pm: \$1 off drinks. \$50 wings. Thursday, 2-5pm: \$1 off drinks.*

## RANCHO BERNARDO

**Bernard'O Restaurant:** *Monday-Saturday, 4:30-7pm: \$4 wells, \$2.75 domestic, \$3.50 imported/specialty, \$4.75 house margarita, \$5 house wine.*

**Café on the Park:** *Monday-Friday, 5-6:30pm: \$3 wells, \$4 house margaritas, 1/2-off house wine by the glass, \$1 off beer. Complimentary cheese & crackers, 1/2-off appetizers.*

**Capri Blu:** *Monday-Saturday, 3-7pm: 1/2-price drafts, wells, discounted bar menu food. Sunday, All day: 1/2-price drafts, wells, discounted bar menu food.*

**Carvers Steak & Chops:** *Monday-Friday, 2-6:30pm: 1/2-off drinks. \$3-\$4 off appetizers.*

**Kelly's Public House:** *Monday-Friday, 3-7pm: \$2 domestic drafts, \$8 pitchers, \$3.50 wells, house wines.*

## RANCHO SAN DIEGO

**Cottonwood Golf Club Bar & Restaurant:** *Every day, 4-6pm: \$2 drafts. 1/2-off all appetizers including pizza, quesadillas, wings, calamari.*

## RANCHO SANTA FE

**Cavillon:** *Monday-Thursday, Sunday, 5-6pm: 1/2-off glass of wine. \$19.95 two-course menu.*

**Delicias:** *Every day, 4-6pm: \$5 draft beers, house wines, wells.*

## SAN MARCOS

**Alfresco's Italian Buffet:** *Every day, 5:30-7:30pm: All drinks 1/2 price.*

**Back Alley Grill:** *Every day, Every-day: \$3 domestics. \$4.50 imports. \$4 house wines.*

**Cow Shed Bar and Grill:** *Every day, 4-7pm: \$3 domestic. \$3.50-\$4 wells.*

**Dalton's Road House:** *Monday-Friday, 4-7pm: \$1 off house wines, wells. \$5 margaritas. 1/2-off appetizers: cheesy fries, potato skins, buffalo wings.*

**The Jumping Turtle:** *Monday, 11am-close: PBR \$2.75/pint, \$6.75/pitcher. Tuesday, 11am-close: \$2 Corona, Pacifico, margaritas. Wednesday, 11am-close: \$4 drop drinks. Thursday, 7pm-close: \$3 Jäger, \$2.50 Bud Lime. Friday, 5pm-midnight: \$5 Long Islands. Saturday, 11am-close: \$3 Orange Patron, Tanqueray. Sunday, 11am-close: \$2.50 Bloody Marys.*

## SERRA MESA

**Channel 1 Sports Bar and Grill:** *Sunday, \$2.50 mind erasers, kamikazes. \$3.50 mimosas, Bloody Marys.*

## SOLANA BEACH

**Blanca:** *Monday-Thursday, 5:30-9:30pm: \$2-\$7 domestic/imported draft beer. \$4-\$10 craft domestic/imported beer. \$5-\$8 wine by the glass. \$7 specialty drinks.*

**The Fish Market:** *Monday-Friday, 3:30-6:30pm: \$3.50 wells, \$3.95 drafts, domestic bottles, house wine. \$9.5 oysters, \$4.25 smoked trout quesadillas, \$4.95 mahi mahi sliders. Saturday-Sunday, 11am-4pm: \$3.50 wells, \$3.95 drafts, domestic bottles, house wine.*

**Stout Public House**  
**OLYMPIC HOCKEY HEADQUARTERS**

Happy Hour M-F 4-8 pm  
1/2 off apps • \$3 bottle beer  
\$4 pints & wells • \$5 cosmos

1125 6th Ave. • Downtown  
619-702-7933  
www.stoutsd.com

\$9.5 oysters, \$4.25 smoked trout quesadillas, \$4.95 mahi mahi sliders.

**Pacific Coast Grill:** *Every day, 4-7pm: \$5 gold margaritas, \$1 off draft, wells, wines by the glass, 25% off wine bottles.*

## SORRENTO VALLEY

**Ali Baba's Cave:** *Every day, 4-6pm: Two-for-one drinks.*

**Karl Strauss Brewing Company:** *Monday-Friday, 4-6:30pm: \$3.50 beer.*

## SOUTH PARK

**Alchemy:** *Monday-Friday, 4-6pm: \$2 off wells, including Skyy, Seagram's, Jim Beam, Sauza Gold, \$2 off wines/glass, draft.*

**Hamilton's Tavern and Café:** *Every day, 5-8pm: \$1 off local drafts.*

**Whistle Stop Bar:** *Every day, 2-8pm: \$1 off all cocktails, pints.*

## SPRING VALLEY

**California Comfort:** *Every day, 4-7pm: \$2.50 domestic pints, wells, house wine. \$5 appetizers.*

## TIERRASANTA

**Bellagio Ristorante & Bakery:** *Monday, 4-7pm: 10% off for military. \$2 drafts. Tuesday, 4-7pm: Kids eat free with purchase of two entrées. Wednesday, 4-7pm: 1/2-off select wine bottles. Thursday, 4-7pm: \$20 three-course meal. Friday, 4-7pm: \$10 wine flights.*

**Bud's Louisiana Café:** *Tuesday-Friday, 1-2:30pm, 4:30-6pm: 1/2-price wine and beer.*

**JP's Pub:** *Monday-Friday, 3-5pm: \$2.50 wells, domestic drafts, \$3.25 house wine.*

## UNIVERSITY CITY

**Apollonia Greek Bistro:** *Every day, 3:30-6:30pm: \$3 ouzo apéritif, \$2 bottled beers, \$3 wine by the glass, \$3-\$8 appetizer menu.*

**Café Japengo:** *Monday-Friday, 5-7pm: \$3 drafts, sake, \$4.50 wells. \$4 chicken spring rolls, duck potstickers, California rolls.*

**P. F. Chang's China Bistro:** *Every day, 3-6pm: \$3-\$6 food and drink specials.*

## UNIVERSITY HEIGHTS

**Gulf Coast Grill:** *Monday, all night: \$3.95 wells, drafts, wine. Tuesday-Sunday, 4:30-6:30pm: \$3.95 wells, drafts, wine.*

## VALLEY CENTER

**Casa Reveles Mexican & Seafood Restaurant:** *Monday-Friday, 2-6pm: \$2 domestic. \$3 imports, wells. Discounted appetizers.*

## VISTA

**Chili Coast Burgers:** *Monday-Friday, 3-6pm: \$.50-\$.75-off tap beer. \$2-\$10 appetizers.*

**Jumping Bean Cafe & Mexicali Grill:** *Monday-Friday, 3-6pm: \$2 domestic, imports, \$2.75 margaritas, \$3 wells, microbrews, \$4 Leaping Horse wine. 3-5pm: \$1.50 chicken or carnitas street tacos.*

Free Parking!

**The "FATest" Happy Hour!**

Mon - Fri 4 - 7

**Fat City Steakhouse**

- \$2.00 Drafts
- \$3.00 Well
- \$4.00 Wine
- Half Off Appetizers

2137 Pacific Hwy  
(In Little Italy)  
619.232.9303 ~ Dinner nightly.  
www.fatsrestaurants.com

**Lips** The Ultimate In Drag Dining!

**FLAVA PRESENTS**

**INDUSTRY NIGHT** hosted by Maiva

**EVERY SUNDAY NIGHT**

For Employees In  
» Hospitality  
» Non-Profit  
» Food & Beverage

- » 25 % Off Entrees & Apps.
- » Reduced Cover Charge
- » \$3.50 Well Cocktails
- » \$5.00 Frozen Cozmos

THE BEST PLACE IN SAN DIEGO TO CELEBRATE YOUR BIRTHDAY!

1 (888) 284.5716  
www.LipsUSA.com  
3036 El Cajon Blvd. • North Park  
San Diego • New York City • Ft. Lauderdale

**Jewel Box Bar & Grill**

**HAPPY HOUR DAILY 4-8 pm**

WED \$5 Jaeger Bombs Military Night  
MON All-You-Can-Eat Wings \$8.95  
\$2 PBR Drafts All Day  
TUES \$2 Busch \$1 Tacos 10 am-8 pm

619-236-8685  
805 16th St. & F Downtown

**Happy Hour**

**Tuesday-Saturday 5-9 pm**

2-for-1 All Well Drinks  
\$4 6-pc. Falafel, Chicken Wings or Mozzarella Sticks  
\$5 Small Hummus  
1/2 off Hookahs all day Tuesdays!  
18+ Lounge every day

**SAPPHIRE Lounge**

4076 Bonita Road  
619.470.8000  
myspace.com/sapphirelounge08

**SIZE MATTERS**

HOME OF THE **20 oz. PINTS**

**\$3 DOMESTICS \$4 IMPORTS**

**HAPPY HOUR EVERY DAY**  
M-F 11 am-7 pm • Sat./Sun. Open-5 pm

**1/2-PRICE APPETIZERS**

**THE FIELD**  
544 Fifth Ave. • Gaslamp  
619-232-9840 • thefield.com

**Happy Hour 4-7 pm Every Day**

**\$3 BURGERS & OTHER FOOD SPECIALS**

**\$2 DOMESTIC BEERS \$3 PREMIUM BEERS, WINE & WELL DRINKS**

**Hearth House**  
A NEIGHBORHOOD TAVERN

(619) 462-1103  
5505 Jackson Dr.  
La Mesa, CA 91942

FREE POOL EVERY SUNDAY!



# The Right Life

*“There’s a missing link between the mind and the body,” he says.*

A patient of Dr. Oliver Sacks suffered a massive stroke. “Mrs. S” retained her intelligence and humor but could no longer see anything left of her nose. “She has totally lost the idea of left,” Sacks wrote, “with regard to the world and her own body.” Damage to the right hemisphere of her brain blocked half of her visual field. She couldn’t make left turns, saw only half of her plate when eating — and complained of small portions — and only applied makeup to the right side of her face, which drew laughter whenever she went out.

Mrs. S understood the problem intellectually, Sacks wrote, “but it is impossible for her to know it directly” because patients with the syndrome (“unilateral neglect”) behave as if “nothing of any importance could be expected to occur there.”

Sacks wrote his observations in *The Man Who Mistook His Wife for a Hat*, the 1985 bestseller that drew attention to a relatively unknown subject: syndromes related to the right hemisphere of the brain. While the rational left hemisphere controls language, math, and logic, the allegedly more “primitive” right controls how we perceive — space, recognizing faces, imagery — and also music. In effect, Sacks contends, damage to the right hemisphere can take away “the emotional, the

concrete, the personal,” and the real. “It is singularly difficult,” he adds, “for even the most sensitive observer, to picture the inner state, the ‘situation,’ of such patients, for this is almost unimaginably

remote from anything he himself has ever known.”

Sir Peter Brook’s play *The Man Who*, based on Sacks’s book, depicts right-hemisphere syn-

dromes: twins who have “direct cognition, like angels,” or a man convinced his left leg is someone else’s. When Brook began the project, he wanted the patients to be epic adventurers, like Odysseus, exploring unknown parts of the brain/mind. Onstage, however, this approach led to melodrama, so he and cowriter Marie-Hélène Estienne pared down the stories and the theatricality.

In New Village Arts’ staging, it’s clear that director Kristianne Kurner wants to avoid turning *The Man Who* into a freak show (at times, however, atonal notes in Scott Paulson’s otherwise excellent soundscape suggest ghoulish comments; two circles on the rear wall, zapping electric charges, also contribute to this sense). Less clear is what has replaced it. The approach, for the most part, is cold and clinical: an overhead projection announces a condition (“Broca’s aphasia,” “loss

## THEATER REVIEW

JEFF SMITH



Playwright Peter Brook wanted the patients to be epic adventurers (*The Man Who*)

**The Man Who** by Peter Brook and Marie-Hélène Estienne

**New Village Arts Theatre**, 2787 State Street, Carlsbad  
**Directed by Kristianne Kurner**; cast: Ron Choularton, Sandra Ellis-Troy, Manny Fernandes, Walter Murray; scenic design, Tim Wallace; costumes, Amanda Sitton; lighting, Jason Bieber; original score and sound design, Scott Paulson

**Playing through February 26**; Thursday through Saturday at 8:00 p.m. Matinee Saturday at 3:00 p.m. 760-433-3245.

**The Revenger's Tragedy**, author unknown

**UCSD Theatre & Dance, Potiker Theatre**, University of California, San Diego

**Directed by Christopher Ashley**; cast: Marshel Adams, Maren Bush, Maritxell Carrero, Mark Christine, Ross Crain, Johnny Gill, Zachary Harrison, Hugo Medina, Jenni Putney, Jessica Watkins, Bowman Wright; scenic design, Robert Tintoc; costumes, Sarah Cogan; lighting, Stephen Siercks; sound designer/composer, Alyssa Ishii; digital media designer, Ian Wallace

**Playing through February 20**; Thursday through Saturday at 8:00 p.m. 858-534-4574.

welktheatresandiego.com

Wellk  
RESORTS  
THEATRE  
entertainment is here.

★★★★

“all-around outstanding performance!”



G General Audience.

feb 4 – march 7

**20% Regular OFF Evening Ticket\***

\*Offer exclusive for I Do! I Do! Does not apply to other shows. Not valid for previously purchased tickets. All sales are final. Not to be combined with any other offers. Expires 5/2/10.

“surprisingly jolly, highly enjoyable!”

★★★★



G General Audience.

march 11 – may 2

**20% Regular OFF Evening Ticket\***

\*Offer exclusive for Pirates of Penzance. Does not apply to other shows. Not valid for previously purchased tickets. All sales are final. Not to be combined with any other offers. Expires 5/2/10.

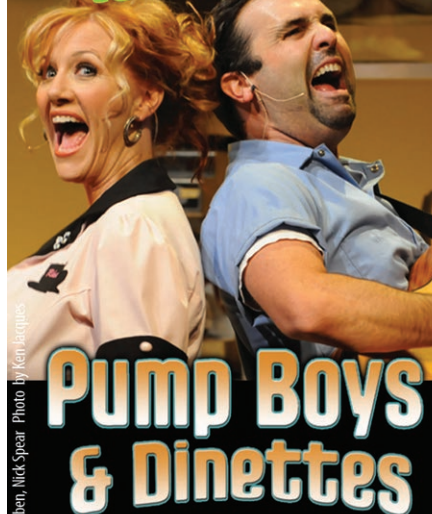
(888) 398 4266

8860 lawrence welk dr escondido ca 92026

15349

LPT DOWNTOWN

**EXTENDED!**  
to March 28



**Pump Boys & Dinettes**

**EVERYBODY'S FAVORITE FEEL-GOOD MUSICAL**

Created by John Foley, Mark Hardwick, Debra Monk, Cass Morgan, John Schimmel, and Jim Wann

Directed by Deborah Gilmour Smyth

Musical Direction by Deborah Gilmour Smyth and Patrick Marion

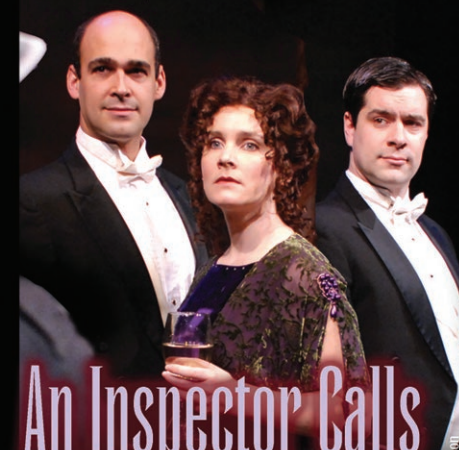
Choreography by Colleen Kollar Smith

at the **HORTON GRAND THEATRE**  
444 Fourth Ave., Gaslamp Quarter

LPT CORONADO

No Candlestick. No Billiard Room.

And in this Game  
the Inspector Holds the Cards.



**An Inspector Calls**

**J. B. Priestley's Thrilling Mystery**

Directed by Robert Smyth and Deborah Gilmour Smyth

**Now Playing!**

1142 Orange Ave, Coronado

**LAMB'S PLAYERS THEATRE**

**LAMBSPLAYERS.ORG**  
619-437-6000

Lance Arthur Smith, Colleen Kollar Smith, Jon Lorenz Photo by Nathan Petrus



of proprioception”), and a scene demonstrates it as merely a pathology. But what Sacks wanted was the human side of these case studies (the right brain, he says several times, is “the self,” and at one point, “the soul”). Most of the 90-minute show has a rational, left-brain quality.

Toward the end, breakthrough scenes reveal what a patient’s “situation” feels like. Ron Choularton plays “Witty Ticky Ray,” who has Tourette’s syndrome. He twitches, growls, and shakes uncontrollably and is both happier and angrier than anyone else in the room. Four-letter words blast from a smile. He even imitates his condition; then it dominates him. Then he jokes about it. “There’s a missing link between the mind and the body,” he says. “Joking apart, it’s no joke to be like this.”

In “Jargon,” Manny Fernandes speaks in orderly, deeply felt sentences. If you could turn off your inner dictionary, he’d make complete sense. But many of his words are just jumbles of letters. They frustrate him to no end when others just shake their heads.

\* \* \*

“The true story of a political dynasty...they agreed to have their lives on TV.”

How often have we seen 400-year-old plays given a “concept” that lets the designers frolic in a period-paradise but doesn’t serve the text? *Hamlet*, for example, has been reset in almost every era — and most countries. Many shifts of this sort, like a witness relocation program, are merely cosmetic. At UCSD, however, director Christopher Ashley has turned *The Revenger’s Tragedy*, a Jacobean, vengeance-driven bloodbath, into reality TV — and it works! Cameras stalk the plotters, mikes broadcast confessions and teeth-gnashing asides. And the staging raises a persistent question: if they weren’t being filmed, would the killers be so bold?

On Robert Tintoc’s splendid multilevel set, walls drop or rise, revealing posh rooms and even a hot tub, where the dynasty — with emphasis on *nasty* — frolics. Projections on TV monitors and the walls make the actors at once life-

sized, onstage, and gigantic, emblazoned across huge screens. The result’s as surreal as real.

The opening-night performances were less fluid. Many in the cast delivered the iambic pentameter lines — most likely written by Thomas Middleton (though I hear a young John Webster) — stiffly. The words were clear, but they had yet to bulge emotions and hair-on-fire vengeance through them. Those who did both, like Jessica Watkins as fickle Gratiana and Maritxell Carrero as con-niving Ambitosio, stood out.

The director keeps the concept alive even during intermission. When the lights come down, the Duke sprawls on the floor, poisoned by Vin-dice and Hippolito. Instead of the actor stealthing offstage in the shadows, two others drag him off. The Duke isn’t an actor. He’s a real corpse! ■

## THEATER LISTINGS

*Theater listings and commentary are by Jeff Smith. Information is accurate according to material given us, but it is always wise to phone the theater for any last-minute changes and to inquire about ticket availability. Many theaters offer discounts to students, senior citizens, and the military. Ask at the box office.*

### Ain’t Misbehavin’: The Fats Waller Musical Show

Fourthwall Entertainment presents the musical tribute to Thomas “Fats” Waller. Songs include “Honey-suckle Rose” and “Ain’t Misbehavin’” 619-817-8130. LAFAYETTE HOTEL & SUITES, 2223 EL CAJON BLVD., UNIVERSITY HEIGHTS. 7:30PM FRIDAYS, 7:30PM SUNDAYS, THROUGH FEBRUARY 28.

### Aurélia’s Oratorio

For 70 minutes, the elastic, irrepressible Aurelia Thierrée un-jibes time and space: effects (like a kite flying its handler or an alarm clock putting her to sleep) cause their causes; inanimate objects assault people (beware of sport coats bearing gifts); and fictions, like a toothy cartoon monster, can have a devastating chomp. Thierrée becomes an Alice in a dualistic Wonderland, like a photograph and its negative, and her stage, like space itself, is warped. Objects move backwards or upside down. At one point, Jaime Martinez, a lithe dancer and Thierrée’s co-contortionist, walks up a curtain. The evening has several lulls, in part because while some effects are magical, others don’t translate (prompting thought — what did that last one mean? — rather than wonder). Nonetheless, when Thierrée’s dangling by her ankles from a red sash, or rain on a dotted lace scrim pelts her, she not only makes the stage a Wonderland, she owns it.

***Worth a try.***

LA JOLLA PLAYHOUSE, 2910 LA JOLLA VILLAGE DR., UCSD. 858-550-1010. 8PM THURSDAYS, 8PM FRIDAYS, 2PM AND 8PM SATURDAYS, 2PM SUNDAYS, 7:30PM TUESDAYS, 7:30PM WEDNESDAYS, THROUGH FEBRUARY 28.

### Birds of Paradise

SDSU Theatre presents Winnie Holzman’s musical about an amateur theater group rehearsing a musical based on Chekhov’s *Seagull* whose characters begin to resemble the actors (performed by the 2010 MFA Musical Theatre candidates). SDSU’S EXPERIMENTAL THEATRE, 5500 CAMPANILE DR., COLLEGE AREA. 619-594-6884. 8PM THURSDAY, 8PM FRIDAY, 8PM SATURDAY, 2PM SUNDAY, THROUGH FEBRUARY 21.

### The Canaris Enigma

Project Vanguard presents a staged reading of Robert Landis’s drama about the secret services of wartime Berlin and London. The story comes from documents and Landis’s own experiences in WWII. WESTMINSTER THEATER, 3598 TALBOT ST., POINT LOMA. 619-224-6263. 2PM WEDNESDAY.

### Companion Piece

OnStage Playhouse presents a staged reading of Kevin Armento’s drama about a lonely computer repairman whose only companion is a life-sized doll named Rosemary. Then an actual woman enters his life. Jenna Long directed. ONSTAGE PLAYHOUSE, 291 THIRD AVE., CHULA VISTA. 619-422-7787. 7PM SUNDAY, THROUGH FEBRUARY 21.

### Culture Clash in AmeriCCa

The San Diego Rep brings back one of local theater’s most popular groups, this time with stories — presented in “performance collages” — from around the country. LYCEUM THEATRE, 79 HORTON PLAZA, DOWNTOWN. 619-544-1000. 2PM AND 7PM SUNDAYS, 7PM TUESDAYS, 7PM WEDNESDAYS, THROUGH MARCH 7.

### A Delicate Balance

OnStage Playhouse offers Edward Albee’s portrait of a complacent couple taken aback when longtime friends arrive at their door. Michael Thomas Tower directed. ONSTAGE PLAYHOUSE, 291 THIRD AVE., CHULA VISTA. 619-422-7787. 8PM THURSDAYS, 8PM FRIDAYS, 8PM SATURDAYS, 2PM SUNDAYS, THROUGH FEBRUARY 27.

### Hansel and Gretel

Lyric Opera San Diego presents Engelbert Humperdinck’s musical, based on the children’s fairy tale. LYRIC OPERA SAN DIEGO, 2891 UNIVERSITY AVE., SUITE 1, NORTH PARK. 619-239-8836. 2:30PM SUNDAYS, OPEN-ENDED RUN.

### Jacques Brel Is Alive and Well and Living in Paris

For three performances only, Point Loma Actors Theatre stages the off-Broadway musical based on the legendary songwriter’s music. John H. Cochran directed. POINT LOMA ASSEMBLY, 3035 TALBOT ST., POINT LOMA. 619-225-0044. 8PM FRIDAY, 8PM SATURDAY, 7PM SUNDAY.

### A Little Night Music

Lyric Opera San Diego presents Stephen Sondheim’s Tony Award-winning musical, based on Ingmar Bergman’s film *Smiles of a Summer Night*. J. Sherwood Montgomery directed. BIRCH NORTH PARK THEATRE, 2891

UNIVERSITY AVE., NORTH PARK. 619-239-8836. 7:30PM THURSDAY, 7:30PM FRIDAY, 7:30PM SATURDAY, 2:30PM SUNDAY, THROUGH FEBRUARY 21.

### Little Women

North Coast Repertory Theatre stages the world premiere of Jacqueline Goldfinger’s “adaptation of a play with music,” based on Louisa May Alcott’s novel. Kirsten Brandt directed. NORTH COAST REPERTORY THEATRE, 987-D LOMAS SANTA FE DR., SOLANA BEACH. 858-481-1055. 8PM SATURDAYS, 2PM AND 7PM SUNDAYS, THROUGH MARCH 14.

### Lost in Yonkers

In Neil Simon’s Pulitzer Prize-winning drama, young Jay and Artie Kurnitz move in with their grandmother, a Germanic glacier who runs her walk-up apartment with Hitlerian control. But what promises to be a battle between wise-cracking kids and a cane-wielding battle-ax instead focuses on a sad, in some ways tragic couple: Grandma K and her 35-year-old, mentally challenged daughter Bella, whose mind, a boy quips, “is closed for repairs.” In the Old Globe production, Judy Kaye doesn’t need the persistently melodramatic effects — lights suddenly dimming, her cane thumping the ground — to accompany the grandmother’s entrances,

since Kaye makes her an iron-gray cold-front set to storm on all opposition, including Jennifer Regan’s Bella, a grown woman trapped in a child’s mind. Stephen Kaplan and Austyn Myers play the young brothers with impressive minimalist choices. Jeffrey M. Bender’s Louie, a mob “henchman,” has been a survivor, up to now. Amanda Naughton and Spencer Rowe contribute in minor roles. And Alejo Vitti’s costumes evoke the period — 1942 — and the family’s strapped economic status. (Note: Due to popular demand, the Old Globe Theatre has extended the run of this show.) ***Worth a try.*** SHERYL AND HARVEY WHITE THEATRE, 1363 OLD GLOBE WAY, BALBOA PARK. 619-234-5623. 8PM THURSDAYS, 8PM FRIDAYS, 2PM AND 8PM SATURDAYS, 2PM AND 7PM SUNDAYS, 7PM TUESDAYS, 7PM WEDNESDAYS, THROUGH MARCH 7.

### The Man Who

New Village Arts presents the play based on Oliver Sacks’s best-seller, *The Man Who Mistook His Wife for a Hat*, about the inner workings of the mind and dealing with extreme mental trauma. NEW VILLAGE ARTS THEATRE, 2787-B STATE ST., CARLSBAD. 760-433-3245. 8PM THURSDAYS, 8PM FRIDAYS, 3PM AND 8PM SATURDAYS, 2PM SUNDAYS, THROUGH FEBRUARY 26.

### The Marriage Bed

In Nona Shepphard’s comedy, Val’s a radical lesbian feminist convinced that marriage is an ancient patriarchal institution. Her partner of seven years, Jenaya, is a middle-class lawyer who has concealed her sexual preference from her Hindu family. When the British government passes the Civil Partnership Act, which recognizes and gives rights to gay and lesbian partnerships, the should’s and should-not’s stack up swiftly. For Diversionary Theatre, director Rosina Reynolds has crafted a charming two-hander with deft theatrical touches, including shadow- and real puppets. Craig Noel Award-winner Dana Hooley (Val) and a sprightly Dre Slaman (Jenaya) perform in, on, and around a prominent four-poster bed. Accentuated by Jennifer Brawn Gittings’s excellent costumes, Val and Jenaya are at once diverse — the one extroverted, the latter intro- — and a keenly matched pair.

***Worth a try.*** DIVERSIONARY THEATRE, 4545 PARK BLVD., UNIVERSITY HEIGHTS. 619-220-0097. 7:30PM THURSDAYS, 8PM FRIDAYS, 8PM SATURDAYS, 2PM AND 7PM SUNDAYS, 7:30PM WEDNESDAYS, THROUGH FEBRUARY 28.



**AIN'T MISBEHAVIN'**  
The "FATS WALLER" Musical Show

February 12-14, 19-21  
and 26-28, 2010  
Doors Open at 6:00pm for Dinner & Drinks  
Show starts at 7:30pm  
Drinks Will Be Served Throughout the Evening

Tickets available by Phone, Internet or at the door  
\$25.00 General Admission | \$5.00 off for student, senior & military  
(619) 817-8130 | [www.fourthwallentertainment.com](http://www.fourthwallentertainment.com)

Lafayette Hotel  
2223 El Cajon Blvd.  
San Diego, CA 92104

**fourthwall**  
ENTERTAINMENT  
Presents at the  
Historic Lafayette Hotel's  
Mississippi Ballroom



**BE PART OF OUR NEW SHOW!**

"To be or ... oh, never mind..."

**NIGHT OF THE LAUGHING DEAD**

**WE'RE DYING TO CAST YOU!**  
written by  
James Pascarella & Victoria Velasco  
directed by  
Victoria Velasco

**BEST DINNER THEATRE**  
SAN DIEGO MAGAZINE

We invite you to audition for our "killer" production. Your casting session includes a four course meal, a hilarious show and a chance to be part of the fun. Every night is another chance to become a "star"!

**\$59.50 PER PERSON**  
includes 4 course meal & tax (does not include gratuity)

**FRIDAYS & SATURDAYS - 8pm**  
**The Imperial House Restaurant**  
505 Kalmia St • San Diego CA 92101

**619-460-2200** **www.MysteryCafe.net**



# Calendar THEATER

## mother killer

The Theatre, Inc., stages Marianne McDonald's new translation of Euripides' *Orestes*. Because she murdered his father, Orestes kills his mother. Douglas Lay directed. THEATRE, INC., 899 C ST., EAST VILLAGE. 619-216-3016. 8PM SATURDAYS, 7PM SUNDAYS, THROUGH MARCH 21.

## National Comedy Theatre

The National Comedy Theatre presents a 100-minute improv comedy show based completely on audience suggestions. The show is "appropriate for all audiences." NATIONAL COMEDY THEATRE, 3717 INDIA ST., MISSION HILLS. 619-295-4999. 7:30PM AND 9:45PM FRIDAYS, 7:30PM AND 9:45PM SATURDAYS, OPEN-ENDED RUN.

## Nevermore: An Evening With Edgar Allan Poe

The North Coast Repertory Theatre celebrates the bicentennial of Edgar Allan Poe's birth with this biographical drama. On a cross-country speaking tour, Poe descends into madness. Stuart Gordon directed.

NORTH COAST REPERTORY THEATRE, 987-D LOMAS SANTA FE DR., SOLANA BEACH. 858-481-1055. 7:30PM WEDNESDAY, 7:30PM TUESDAY.

## A Night of Broadway in Song

As part of Black History Month, Community Actors Theatre presents a musical revue celebrating "a

few of the many colorful contributions by African-Americans to the Broadway musical."

COMMUNITY ACTORS THEATRE, 2957 54TH ST., COLLEGE AREA. 619-264-3391. 8PM FRIDAYS, 8PM SATURDAYS, 3PM SUNDAYS, THROUGH MARCH 7.

## Night of the Laughing Dead...We're Dying to Cast You!

Mystery Cafe Dinner Theatre celebrates its 20th season with Victoria Valasco and James Pascarella's interactive comedy. An eccentric director is doing a live broadcast of his full-length horror film, and the audience is encouraged to audition. Valasco directed.

MYSTERY CAFÉ, 505 KALMIA ST., BANKER'S HILL. 619-544-1664. 7:30PM FRIDAYS, 7:30PM SATURDAYS, OPEN-ENDED RUN.

## On the Horizon

Common Ground Theatre, in conjunction with Ira Aldridge Repertory Players, San Diego Black Ensemble, and the Vagabond Theatre, presents a series of staged readings by writers of diversity at the Lyceum Underground. 619-263-7911. LYCEUM THEATRE, 79 HORTON PLAZA, DOWNTOWN. 7:30PM MONDAY, THROUGH FEBRUARY 22.

## On the Horizon II

Due to popular demand, Cygnet Theatre will host special encore performances of the San Diego Black Theatre Collective's staged reading series featuring new plays by writers of diversity. Readings on Monday at the Lyceum will be followed by Tuesday night encores at the Old Town Theatre.



*A Little Night Music*, based on an Ingmar Bergman film

CYGNET THEATRE — OLD TOWN, 4040 TWIGGS ST., OLD TOWN. 619-337-1525. 7PM TUESDAY, THROUGH FEBRUARY 23.

## The Piano Lesson

In August Wilson's Pulitzer Prize-winning drama, a family heirloom prompts a ferocious tug-of-war. It's a piano with the family's history carved on its polished wood. To Berniece the piano's priceless. To her brother, Boy Willie, its sale would earn enough money to buy a handsome piece of land in the South. As she did for Cygnet Theatre's *Fences*, director Delicia Turner Sonnenberg displays a deep affinity for Wilson. So does her top-notch cast and design team (Jerry Sonnenberg, set; Megan Schmidt, costumes; Eric Lotze, lighting). Mark Christopher Lawrence is a terrific Boy Willie. Born in a "time of fire," he will do anything — even wrestle a ghost — to fulfill his dream. As Berniece, Monique Gaffney is a force for preservation. Her toe-to-toe battles with Lawrence attain such an epic

stature that their dilemma feels unsolvable (other than Solomon the piano in half). But the play's ending, "from somewhere old," makes for a dramatic, terrifying, and ultimately moving resolution.

## Critic's pick.

CYGNET THEATRE — OLD TOWN, 4040 TWIGGS ST., OLD TOWN. 619-337-1525. 7:30PM THURSDAYS, 8PM FRIDAYS, 2PM AND 8PM SATURDAYS, 2PM AND 7PM SUNDAYS, 7:30PM WEDNESDAYS, THROUGH FEBRUARY 28.

## Pump Boys and Dinettes

This spunky musical functions just like its subject. It's set at a filling station/diner on Highway 57 between Smyrna and Frog Level, North Carolina. While tourists make pit stops to replenish themselves for the road ahead, the musical encourages its audience to make the theater a rest area, where the world slows down, the "pump rock" music can be raucous or soothing, and — except for the owner of the Winnebago on the blocks awaiting overdo repairs — everyone's a forgiving soul. Lamb's Players director Deborah Gilmour Smyth has coaxed just the right spirit from her cast of six, each doing a standout number: among them Leonard Patton's "Mona," Jim Mooney's "Serve Yourself" ("I may be a retard but I ain't no spare"), Marci Anne Wuebben's "Be Good or

Be Gone," and Season Duffy's "Best Man (I Never Had)." Led by Nick Spear and backed by Oliver Shirley's steady bass, the band's as adept at country as at rock. They perform on Mike Buckley's set, a combination of realistic details and, as lit by Buckley, a mite larger than life glow. 619-437-0600. (Due to popular demand, Lamb's has extended the run of this show.)

## Worth a try.

HORTON GRAND THEATRE, 444 FOURTH AVE., DOWNTOWN. 7:30PM THURSDAYS, 8PM FRIDAYS, 4PM AND 8PM SATURDAYS, 2PM SUNDAYS, THROUGH MARCH 28.

## Re-Drowning Ophelia

In Katie Henry's comedy, "Six girls try to survive St. Dymphna's [the patron saint of mental illness] without falling into the trap of becoming an Ophelia, an Alpha, an Omega, or a Gamma girl." Katie Rodda directed.

LYCEUM THEATRE, 79 HORTON PLAZA, DOWNTOWN. 619-544-1000. 10AM THURSDAYS, 7:30PM SATURDAYS, 7:30PM TUESDAYS, THROUGH FEBRUARY 28.

## The Revenger's Tragedy

UCSD Theatre & Dance presents the Jacobean drama of revenge (possibly by Thomas Middleton), which director Christopher Ashley converts to a reality TV show. UNIVERSITY OF CALIFORNIA SAN DIEGO, 9500 GILMAN DR., UCSD. 858-534-2230. 8PM THURSDAY, 8PM FRIDAY, 8PM SATURDAY, THROUGH FEBRUARY 20.

## The Seagull

UCSD Theatre & Dance presents Anton Chekhov's comedy-drama about young aspirations, among them love, and older certitudes. Tom Dugdale directed. UNIVERSITY OF CALIFORNIA SAN DIEGO, 9500 GILMAN DR., UCSD. 858-534-2230. 8PM THURSDAYS, 8PM FRIDAYS, 8PM SATURDAYS, 8PM WEDNESDAYS, THROUGH FEBRUARY 27.

## The Secret Garden

Patio Playhouse stages the popular musical version of Frances Hodgson Burnett's novel, celebrating its 100th anniversary. Geoffrey Cox directed. PATIO PLAYHOUSE, 201 EAST GRAND AVE., ESCONDIDO. 760-746-6669. 8PM FRIDAYS, 8PM SATURDAYS, 2PM SUNDAYS, THROUGH MARCH 14.

## Swingtime Canteen

Moonlight Stage Productions presents the San Diego premiere of this "canteen musical." Hollywood star Marian Ames gathers up her "gal pals" to entertain the troops during WWII. Don Ward directed. AVO PLAYHOUSE, 303 MAIN ST., VISTA.

760-724-2110. 7:30PM THURSDAY, 7:30PM FRIDAY, 2PM AND 7:30PM SATURDAY, 2PM SUNDAY, THROUGH FEBRUARY 21.

## Ten Minute Madness III

The North Park Vaudeville & Candy Shoppe's ensemble cast performs seven new short plays by playwrights from around the country. NORTH PARK VAUDEVILLE AND CANDY SHOPPE, 2031 EL CAJON BLVD., NORTH PARK. 619-647-4958. 8PM FRIDAYS, 8PM SATURDAYS, THROUGH MARCH 6.

## They're Playing Our Song

Scripps Ranch Theatre stages the musical — book by Neil Simon, music by Marvin Hamlisch, lyrics by Carol Bayer Sager — about a straight-laced composer and a free-spirited lyricist. Rick Shaffer directed.

SCRIPPS RANCH THEATRE, 10455 POMERADO RD., SCRIPPS RANCH. 858-578-7728. 8PM FRIDAY, 8PM SATURDAY, THROUGH FEBRUARY 20.

## Whisper House

The idea behind Duncan Sheik and Kyle Jarrow's new musical has potential: What if only certain characters sing? And what if they're ghosts haunting a lighthouse during WWII? Death in the midst of heightened life. But what could be a daring experiment — a Goth musical — ends up a dismal hybrid with each side tripping over the other. Sheik (who wrote the magnificent score for *Spring Awakening*) and Jarrow cram in every cliché about death, but without enough menace to hold the various elements together. The ghosts (who must kill someone to escape their plight) aren't tormented. — They're rock stars. David Poe and Holly Brook sing quite well, but when they do they drop character and a concert breaks out. Except for Mare Winningham and Arthur Acuna, who smartly underplay their roles, the rest of the cast play stock characters overburdened with lengthy exposition, and the story evolves around predictable lines. OLD GLOBE THEATRE, 1363 OLD GLOBE WAY, BALBOA PARK. 619-234-5623. 8PM THURSDAY, 8PM FRIDAY, 2PM AND 8PM SATURDAY, 2PM AND 7PM SUNDAY, THROUGH FEBRUARY 21.

## The Wild Party

The Coronado Playhouse presents Andrew Lippa's musical, based on Joseph Moncure March's 1928 poem about a violent, boozy 1920s party. David Kelso directed. CORONADO PLAYHOUSE, 1835 STRAND WAY, CORONADO. 619-435-4856. 8PM THURSDAYS, 8PM FRIDAYS, 8PM SATURDAYS, 2PM SUNDAYS, THROUGH MARCH 6.

## SMART TICKETS



THE OLD GLOBE  
BROADWAY'S BEST AND SAN DIEGO'S FINEST

# CRITIC'S CHOICE!

"Laughs don't get lost in the Old Globe's absorbing, beautifully acted take on the seldom staged Pulitzer-winner."

SAN DIEGO UNION-TRIBUNE



Steven Kaplan, Jennifer Engen and Austin Myers. Photo by Craig Schwartz.

# NEIL SIMON'S LOST IN YONKERS

NOW - MAR 7 | SHERYL AND HARVEY WHITE THEATRE

(619) 23-GLOBE (234-5623)

www.TheOldGlobe.org | GROUP SALES: (619) 231-1941 x2408

EXTENDED  
BY POPULAR  
DEMAND!  
ONE WEEK ADDED.

# 50% off Tickets

February 18, 19 and 20 only.

## Stephen Sondheim's A Little Night Music

The show that made "Send in the Clowns" famous.

## LYRIC OPERA SAN DIEGO

at the Birch North Park Theatre  
2891 University Ave.  
Tickets: (619) 239-8836  
Show info: lyricoperasandiego.org  
Offer not available online.

# 50% OFF

At the box office with this ad.

## Orestes by Euripides

Most disturbing, violent and hilarious tales ever told.  
February 20th thru March 21st

## THE THEATRE, INC.

899 C Street  
Downtown San Diego  
(619) 216-3016  
www.thetheatreinc.com

# \$15 STUDENT RUSH TICKETS

Only at the NCR box office  
day of show beginning at  
noon.

## NORTH COAST REP

987 Lomas Santa Fe Dr.,  
Suite D  
Solana Beach  
www.northcoastrep.org  
858-481-1055  
With valid student ID only.  
No other discounts apply.

# \$7 Tickets

For youth 16 and under.  
Just \$15 seniors/military/students  
with valid school ID.

## Hit Broadway Musical The Secret Garden

February 19 thru March 14

## PATIO PLAYHOUSE

201 E. Grand Avenue • Escondido  
(entrance on Kalmia St.)  
Tickets: (760) 746-6669  
www.patioplayhouse.org





# Services Directory



## Auto

### Transponder Chip Key

Have a spare made today! We produce/program automotive transponder chip keys for domestic/ foreign vehicles. Don't pay dealer prices! Gerry, 619-742-7789.



## Home

**NOTICE TO READERS:** California law requires that anyone performing construction work on jobs that total \$500 or more in labor and materials must be licensed by the Contractors State License Board.

### Asphalt & Seal

Asphalt repairs and maintenance. New installation. Pot hole repair. Sealcoating. Striping. Commercial and Residential. License #919989. coastalasphalt@hotmail.com, 760-315-1968.

### General Home Repair

Carpentry, doors and windows. Patios and decks. Flooring, siding, retaining walls, fences, flagstone, concrete, plumbing, electrical, roofing, kitchen and bath remodeling. French door installation. Interior and exterior painting. We service rental, residential and commercial properties. Contractor quality for an affordable price. No job too small. American Heroes Remodeling & Construction. Free estimates! License #900139. Call 619-977-6637.

### Cheap Handimen

Home remodeling, plumbing, electrical. Additions. Rental properties. Property flips. 7 days/ week, after hours. Licensed, insured. North County, 760-298-3850. San Diego, 619-906-7563. www.cheaphandimen.com.

### Flooring Broker

Save big money! Carpet, hardwood, laminate, tile, granite countertops. All products from wholesale outlets and wholesale product distributors. Servicing all San Diego. Free estimates. Licensed contractors for installations. References. Honest. Dependable. Mike, 619-792-9891, padresfan59@yahoo.com. Lic #797459.

### Free Estimates!

All your electrical needs. Fast, friendly service. Commercial/ residential. Service upgrades, remodels, troubleshooting, ceiling fans, can lights. Satisfaction guaranteed. Lic#917066. Rotunda Electric, 619-818-9726.

### Garcia's Construction

Specializing in: New homes, remodels, additions, painting, drywall, stucco, tile, plumbing repair. Roofing. Concrete. Lowest rates! Lic#898089. Bonded/ Insured. Cell, 619-788-1646.

### Scott's Pool Service

Professional servicing. Lowest rates for commercial and residential weekly maintenance. Free estimates. 619-871-6022.

### A & R HAULING

**25% Discount for First-time Customers**

Free estimates • 7 days a week  
Same or next day service.

**Frank: 619-962-6014**  
FrankGuadiana@hotmail.com

## 45-MIN. AVG. RESPONSE

No extra charge for weekends or nights!

SOS Rooter, available 24/7.  
Serving San Diego for over 35 years.

**MENTION THIS AD FOR A \$20 DISCOUNT.**

619-231-6670 • 858-566-2662  
760-480-1700 • Lic#696549.

### Free Estimates!

Highly reviewed and respected local company. Painting, bath/ kitchen remodeling, flooring, fencing, plumbing, electrical and much more! Licensed. Bonded. Insured. www.AHS-SD.com. Call Alpha Handyman at 619-690-1237.

### Jack-O-All Trades

Bath remodels. Interior/ Exterior painting. Flooring, electrical, plumbing. All types of repairs. Free estimates. Guaranteed satisfaction. Christopher's Home Improvement. 619-269-4120.

### M.A.R. Handyman

Electric/ plumbing. Carpentry. Tile, flooring. Home repair. Free estimates. Quality work done the first time! Lic#921601. BBB Member. Mark, business: 619-269-0585; cell, 619-674-3253.

### "One Call" Does It All!

12 years professional painter/ handyman. Unlicensed. Commercial/ residential (inside/out). Paint, install, maintain, repair. Free estimates! Low rates. Inquire about discounts! References. Satisfaction guaranteed! Name it. We can do it! 619-260-3791.

### Pereda's Landscaping

Specializes in Retaining Walls, Fences, Stamped Concrete, Installation of Artificial Grass, Complete Yard Remodeling/ Maintenance. Competitive Rates! Call David, 619-446-7221. E-mail peredahandyman2@hotmail.com.

### QualityHome Remodeling.com

Please give us a chance to earn your business. Free consultation and estimate. Worry- free experience promised. Great transformations on time and budget. Lic#804151. 619-252-3415.

### AC Plastering

Reasonable. Work Guaranteed! 20 plus years' experience. Interior plastering, repairs. Exterior, re-stucco. Custom quality work, clean, reliable. Lic-694956. Arlex, 619-846-2734; 619-265-9294.

### Tub And Shower

Doors. Mirror doors. Patio doors, windows and screens. Textured glass. Heavy glass to 3/4" thick. Install/ repair/ sales. Lic-471954. Jeff, 858-576-4321. akaglassguy.com.

### Tubs Refinished

Refinish your old, worn-out bathtubs/ sinks to look like new! Fiberglass and porcelain. All work guaranteed. Lic-560438. Bathtubs & Sinks Refinishing Company. 619-464-5141.

### United Flooring Co.

Hardwood, carpet, resurfacing, vinyl, laminate, tile/ VCT. Save \$\$\$ today! Don't spend a fortune, call us first, then compare. We do it all at the best price in town. Lic # 824009. 619-646-2474



## Cleaning

### Carpet/Upholstery

Professional cleaning of carpets, sofa, rugs, chairs. Includes pre-treatment and deep cleaning. \$15/room. 10 years in service. Licensed/ insured. Free Estimates! 619-218-5568.

## Hauling only \$99

*Residential junk:* yard clippings, appliances, furniture, recyclables, demolition, concrete, sod removal. Insured. **858-200-7130**

### \*\*CALL NOW\*\*

**619-264-9999**  
**858-353-4888**

**FREE** camera inspections.\*  
**Drain cleaning, water heaters.**  
**All plumbing needs!**  
**DRAINS...DRAINS**



Licensed/Bonded • Visa/Mastercard  
\*Ask for details.

### Housecleaning

and carpet cleaning services. Apartments, townhomes, minimum 3 bedrooms. Sofa. Upholstery. Truck mounted. Free estimates. No hidden fees. Ask for yard cleaning. 619-715-8466.

### Rosa's Cleaning

Basic house cleanup. Apartments, offices, garages, party cleanups. Move in/ outs! Including supplies/ vacuum. Weekdays/ weekends. 619-957-0982.

### Special! 1 Area \$19

\$59 Sofas! Superior carpet/upholstery cleaning. Spot treatment, steam clean, spin-dry. 25 years' experience. 100% satisfaction guarantee. JPC Cleaning, 619-322-3673.



## Yard

### \$99 Clear Your Junk

\$99 Special on Residential Junk. Yard clippings, appliances, furniture, recyclables. Demolition, concrete, sod removal. Insured. 858-200-7130.

### A & R Hauling

25% discount for First-Time customers. Free estimates. 7 days a week. Same or next day service. Frank, 619-962-6014. FrankGuadiana@hotmail.com.

### Bobcat Services

Rototilling, trenching, demolition, clearing, brush mowing, excavation and pool demolition. Serving all San Diego County with professionalism, affordable rates. Champion Services, Inc. 619-787-6716.



## Moving

**NOTICE TO READERS:** Companies moving household goods within California must be licensed by the California Public Utilities Commission and display their CAL-T permit number.

### Birditt Moving

We are a full-service moving company. Specializing in senior citizen relocation. Serving San Diego 18 years. We help you downsize, ship, pack, move, unpack, resettle, organize. Free estimates, wardrobes. Professional. Courteous. Reliable. Licensed, insured. (CAL-T 176377.) Call 619-258-8155.

### Stern Moving

We will be proud to move you. Individually owned. Terrific references. Experienced. The most reasonable rates. Insured/licensed. Cal-T-145775. Please call 619-697-1694.



## Painting

### 25% Off All Jobs!

Same day service. Save \$! Interior/ exterior. Specialty coats/ waterproofing. Southwest Coast Painting, serving San Diego since 1985. Lic. #627032. 619-200-0337. 619-422-0222.

### Custom Painting

18 years' experience. All phases of painting. Clean and dependable. Low rates. Free estimate. Licensed and insured. License #815137. Ask for Jim, 619-246-2410.

### Licensed Painter

Great prices and a BBB Member. Available for any size project— home or business. Reliable and honest. For a personal estimate, call 619-300-2096.



## Plumbing

### 45-Minute Average Response

SOS Rooter, available 24/7 including holidays for all your plumbing and drain needs. Serving entire San Diego County for over 35 years. No extra charge for weekends or nights! License #696549. Mention this ad for \$20 discount. 619-231-6670. 858-566-2662. 760-480-1700.

### Bell Plumbing

and Drain Service. Faucets, toilets, pressure regulators, disposals, water heaters. CA License #411756. 38 years' experience. Ask for senior discounts. 619-206-6048 or 619-562-4780.

### Bill Harper's

Plumbing & Heating. \$58/ first hour. Repairs, repipes, fixture installation only (estimates given for additional services). BBB member since 1986. Lic-#504044. 619-224-0586.

### Low-Cost Plumber

Affordable. \$40 drain cleaning. 17 years' experience. Leak detection/ repairs for gas/ water/ sewer. Phone quotes. First-time discounts. Lic#895420. 619-565-3543; 858-603-2256.

### Plumbing

Free camera inspections, ask for details. Drain cleaning, water heaters, all plumbing needs! Licensed/bonded. Visa/Mastercard accepted. Call now: 619-264-9999 or 858-353-4888.

### Uncle Joe's

Plumbing and drains. Any drain \$50. Hablamos espanol. Senior discounts. Visa. (Lic#857197). 24 hours, 7 days week. Same-day service. 619-422-0948.



## Real Estate

### 360° Virtual Tours

Premiere Panoramic Virtual Tour Business Solutions/ Photography in San Diego. Real estate, Commercial Property, Hotels/ Resorts, Internet Marketing. Call 858-348-4746. www.PhotoTravelTrips.com.

### Attention Sellers!

We'll buy your house in 11 days or pay you \$500 cash! 24-hour information: 800-398-8864, Box 305.

### Demolition Professional

Insured demolition and trash removal. Specializing in residential outdoor, indoor services. Includes clean up, recycling and removal. License #934706. All Star Demolition, 619-227-8512.

### We Buy Houses Fast

Foreclosure help! No equity? No problem! We take over payments! 858-480-1980.



## Financial

### \$50 Off Tax Prep!

New clients only. Call today, same-day refunds, offer by Chase Bank. Military and Senior discounts. Habla Espanol. 619-466-4171. www.1040.com/abetttertax

### Bankruptcy

#### \$1099 Complete

Includes fees. Attorney Roger Stacy, 888-210-4813. Free consultation. Appointments available on Saturdays. Se habla Espanol.

### Bankruptcy Attorney

Free consultation. Stop creditor calls and foreclosure. Erase debt forever. Erase second mortgage. \$100 starts attorney protection. Daniel Shay Law. www.SanDiegoBankruptcyNow.com. 619-222-SHAY(7429).

### Become Debt Free!

Chapter 7 Bankruptcy: Wipe out debt from Credit Cards, Medical Bills, Wage Garnishment, Taxes, Repossessions, Lawsuits. Wipe out credit card debt, keep your home and car. Chapter 13 Bankruptcy: Consolidate back mortgage, credit cards, child support, taxes, car loans. Eliminate your second mortgage and keep your house. \$100 off Bankruptcy or Loan Modifications. Only \$300 starts attorney representation. Call for details. Expires 2/28/10. Bankruptcy Legal Group, specializing in Bankruptcies and Loan Modifications. 501 West Broadway, #510, San Diego 92101. Free Consultation: 888-219-7666.

### Income Tax Returns

Affordable, no out-of-pocket cost! Federal, State, E-File, starting from \$15.95. Receive a \$10 discount on your first return! Promocode: MMTS10. Accurate, personal, certified, and quick. Call today for an appointment! 858-348-4746. www.MiraMesaTaxServices.com.

### Bankruptcy Attorney

Low fees, payment plans. Evening and weekend appointments. Free consultation. Call today. 619-794-0461, or visit our website at www.619Bankruptcy.com.

### Tax Preparation

Starting at \$65! Get your refund today! No out-of-pocket expense! Prompt, reliable service. Quick and accurate. Tax Group of San Diego. 619-928-2590. www.TaxGroupSD.com



• Bobcat • Hauling • Auger holes  
• Trenching • Rototilling  
• Brush Mowing • Grading  
• Demolition • Excavation • Cleanup  
**619-787-6716**  
ChampionServicesInc@gmail.com



## Family

### Angels 4 Healing

#### Hospice Care

Services for hospice, stroke, Respite care for families. Personal bathing, grooming, dressing, walking, errands, physical therapy. Servicing all of San Diego. CNA #00727874. Call 916-821-6304.

### Traffic School

Day/ evening. \$30 when you mention this ad, \$25 when you bring a friend. San Diego, East and North County locations. Call 619-659-1411. Or visit us: [atcTraffic.org](http://atcTraffic.org).

### Super Brows

Eyebrow and facial threading and henna tattoos. 100% natural. We accept all competitors' coupons! 5500 Grossmont Center Drive, La Mesa, CA 91942. 619-589-0732. www.superbrows.com.



## Computer/ Technical

### Complete E-Commerce

Custom website packages from \$150. Shopping carts, interactivity, inventory management, dynamic websites. Databases, animation, graphic design, secure hosting. Excellent Customer Service. www.AdExtend.com, 619-758-4055.

### Computer Repair

Flat-rate on-site computer repair. \$95 flat, one-time labor fee. Pickup and delivery included. Money back guarantee. Loaner laptop provided if available. 888-427-9504, [contact@attella.net](mailto:contact@attella.net).

### Dave's Computer

Services. \$50 first hour, \$25 additional hours. Virus removal. Windows restore. Network setup. Hardware testing and installation. Consultation and setup of new computers. Lic#2009006140. DavidWarschauerT@gmail.com. \*82 619-508-8883.

### Free Web Page!

Graphic designs, coupons, tickets, business cards, flyers, video, 3D animation, custom logos, photo restoration. Satisfying customers for 21 years. SWATeam.com. 760-434-4000.

### Graphic Services

Web, graphic design, photo restoration, logos, 2D and 3D, ads, individual tutoring, Photoshop and other software. Reasonable rates. [paul@hartworks.net](mailto:paul@hartworks.net). 619-269-8939.

### Macintosh Guru

Apple specialists since 1996. Visit our office for free diagnosis or schedule a house call. Networks, Repairs, Music, Graphics "...yeah, we can do that." www.macintoshguru.com 858-576-0980

### Telephone Expert

Business/ residential. Replaces AT&T. 24 years. Phone jacks, roommates, fax, computer networking, cable TV, wall-mount TVs. Professional, honest, dependable. Lic-807261. 858-452-7413; 619-992-7413.

### Dave's Computer Services \*82 619-508-8883

\$50 First Hour • \$25 Additional Hours  
• Virus Removal • Windows Restore  
• Network Setup • Hardware Testing & Installation  
• Consultation & Setup of New Computers

DavidWarschauerT@gmail.com  
License #2009006140

\*\*\*\*\*  
UNITED FLOORING CO.  
★619.646.2474★  
• Hardwood • Carpet  
• Resurfacing • Vinyl  
• Laminate • Tile/VCT  
★ Don't spend a fortune. Call us first, then compare. We do it all for the best price in town. ★  
★ Save \$\$\$ today. Lic. #824009 ★  
\*\*\*\*\*

**"One Call" Does It All!**  
12 years' professional painter/handyman. Unlicensed. Commercial/residential (inside/out). Paint, install, maintain, repair. Free estimates! Low rates. Inquire about discounts! References. Satisfaction guaranteed! Name it...we can do it!  
**619-260-3791**

**coastal**  
Asphalt & Seal  
**(858)273-2042**  
Asphalt Repairs, New Installation,  
Pot Hole Repair, Seal Coating  
Commercial/Residential Lic. #919989

**Attella**  
**Computer Repair/Services**  
– \$95 flat, one-time labor fee  
– Pickup and delivery included  
– Money back guarantee  
– Loaner laptop provided, based on availability  
**888-427-9504**  
email: [contact@attella.net](mailto:contact@attella.net)



# Natural LIVING

Keeping an open mind  
to healthy alternatives.

Dr. Donsbach's Healthy Items  
**Nutritional Supplements!**  
**HealthyItems.com**  
**10% off**

Coupon Code: Reader1

- Liposomals • Anti-Aging
- Energy • Detox
- Natural Pain Relief

**877-499-5881**



**\$30 Off Permanent Cellulite Reduction!**

Also for men & women:

- Colon Hydrotherapy
- Weight Loss
- Liver Detox
- Lymphatic Decongestive Therapy

**Cove Wellness • 858-551-9228**  
**www.detoxspaoflajolla.com**



**YOU CAN DO IT!**  
**We can help.**

All-natural. No drugs. No side effects.

**Psych Assist Hypnotherapy Clinic**  
**619-579-2100**



**Acupuncture or Chiropractic**  
from \$35 each visit!

**Free Detox Foot Bath**  
With initial treatment and ad.



**Adams Avenue Integrative Health**

3412 Adams Avenue  
888-704-0279 • althealnet.org

A project of the Alternative Healing Network, a 501(c)(3) nonprofit.

**Drug-Free Allergy Relief**

**Eczema • Asthma • Hives**

**Food & Environment Sensitivities**



**Jill Nahama, L.Ac., O.M.D.**  
**2437 Morena Blvd. #201**  
**619-275-4501**  
**EliminateAllergies.com**

**Healthy & Happy Wellness Services**

**Personal Training**

- Lose Weight, Get in Shape!
- Equipped, Private Gym
- Very Affordable Rates
- 12 Years' Experience
- Degreed & Certified
- Free Session & Consultation

**619-347-5440**  
**RussellRowe.com/new**



**Russell Rowe, M.S.**  
**Personal Trainer**  
**Spring Valley Area**

## Events Calendar

**Body, Mind, Spirit Expo.** Sat., February 20, 10am-6pm and Sun., February 21, 11am-5pm. Inside the expo: Natural Health, Personal Growth, Metaphysics, America's Top Psychics, Seminars and Workshops, Aura Photos, Music, Massage and Reiki, Demonstrations and much more! Featuring: Dave Markowitz, "Healing With Source," and Joseph Ernest Martin, "New Thoughts For A New You." Weekend Admission \$12. Doubletree Hotel, 7450 Hazard Center Drive, San Diego 92108. [www.bmse.net](http://www.bmse.net).

**Mind, Body Fitness and Wellness Clinics.** Thurs., Feb. 18, Tues., Feb. 23. 5pm Fitness class: Core strength stability and conditioning mat class. 6pm Yoga: Hatha Vinyasa mix. 7:30pm Alternative Wellness Clinic: Acupuncture/ Massage/ Energy Medicine. Learn meditation healing and more. \$10 donation. Kensington Community Church, 4773 Marlborough Drive, San Diego 92116. 619-884-2662. [prakasheffulgence@yahoo.com](mailto:prakasheffulgence@yahoo.com).

**Diabetes/High Blood Pressure? You may be at risk for Kidney Disease.** Sun., February 28, 10am-2pm. Do you or a family member have diabetes or high blood pressure? Does an immediate family member have kidney disease? If you answered yes, you are at risk for kidney disease. Our FREE KEEP SCREENING is just for you! Make your FREE appointment today! Space is limited! Call the National Kidney Foundation serving Southern California & Southern Nevada at the Jackie Robinson YMCA, 151 YMCA Way, San Diego 92101, 800-747-5527.

**Building Health into Our Community Design.** Sat., Feb. 20, 9:30 am. Tracy Delaney — manager of Chronic Disease and Health Disparities for San Diego County's Public Health Services — focuses on enhancing community health through environmental systems, policy change for Friends of San Diego Architecture. Requested donation: \$5; students free. NewSchool of Architecture and Design, 1249 F Street, San Diego 92101. 619-224-8584.

**Smile, Laugh, Relax.** Sun., February 21, 9:30am. Laughter yoga class led by Dr. Funshine, a.k.a. Caroline Meeks, M.D. Dress warmly, bring a chair if needed to spot on grass just south of Visitors' Center. 2688 East Mission Bay Drive, San Diego 92109. Free. 858-490-6288.

**Concentration, Visualization, Meditation.** Tues., February 23, 7:30pm. Learn techniques for stress reduction, relaxation during meditation classes, as well as advanced breathing techniques, "essence of yogic philosophy." Free. Pilgrimage of the Heart Yoga, 3301 Adams Avenue, San Diego, 92116. 619-640-4438.

**Awaken Your Vast Potential!** Sat., February 20, 11am-2pm. Patricia Kay and Dr. Barry Grundland, authors of *Cell-Level Meditation — Breathing with the Wisdom and Intelligence of the Cell*, on hand for book signing and discussion. Free. Earth Song Bookstore, 1140 Camino del Mar, Del Mar 92014. 858-755-4254.

**"Fur Shui: Year of the Tiger."** Sun., February 21, 1pm. Paula Brown "discusses animal communication and offers a fun introduction to the energy and characteristics of the Chinese New Year of the Tiger." Brown is author of *Fur Shui: An Introduction to Animal Feng Shui*. Free. Dexter's Deli, 1229 Camino Del Mar, Del Mar 92014. 858-792-3707.

**\$40 Ultra Detox**

- Footbath
- Power Massage (1-hr session)

Joint Pain? Cancer?  
No Energy? Foggy Brain?  
Major Cause:  
**Toxins**

**800-984-0064**

10415-C San Diego Mission Rd.  
**www.wholefoodenergy.com**

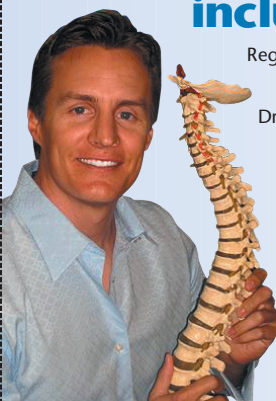
FDA-Sanctioned



For our first 25 clients  
**\$37 chiropractic exam, including x-rays!**

Reg. \$250. Includes initial examination with x-rays and report of findings.

Dr. Robert Walcher, Palmer graduate, voted Pacific Beach's top chiropractor



**personalized chiropractic**

4747 Mission Blvd. #1  
Pacific Beach • 858-866-3345  
**www.PBChiropractor.com**

**FREE X-RAYS!**

for first-time clients (\$125 value)

- Safe removal of mercury fillings • Environmentally clean/healthy office

**LAYTON DENTAL**  
NATURAL DENTAL SOLUTIONS

**www.LaytonDental.com • (760) 753-7700**



**Grant H. Layton, DDS**  
**Chris H. Layton, DDS**  
285 N. El Camino Real  
Suite 102  
Encinitas, CA 92024



# Bad Lot

*The marauding wolfmen are quick as Bugs Bunny.*

Jessica Alba, Kathy Bates, Jessica Biel, Bradley Cooper, Eric Dane, Patrick Dempsey, Hector Elizondo, Jamie Foxx, Jennifer Garner, Topher Grace, Anne Hathaway, Ashton Kutcher, Queen Latifah, Taylor Lautner, George Lopez, Shirley MacLaine, Emma Roberts, Julia Roberts, Taylor Swift. —There. That's about all that

need be said about *Valentine's Day*, and the ad already said it. In grudging addition, it might be considerate to say, by way of warning, that out of the multicultural, multigenerational, multidemographical alphabetical all-stars, Jennifer Garner and Ashton Kutcher command the most attention. And it might be charitable to say that only Topher Grace and Anne Hathaway demand any more. It might, too, be appropriately pointless to point out the unbilled cameo of Joe Mantegna. Apart from the celebrity merry-go-round, no other focus of interest will be found within the movie. (Without, there might be some slight interest in contractual and

scheduling matters.) In Katherine Fugate's screenplay, the navigation of the human heart, morning to night on the Fourteenth of February in Los Angeles, is as a leaf afloat on a puddle:

superficial on top of shallow. But then, director Garry Marshall has never been one to venture so deep on any subject as to bother about rolling up his pants cuffs.

*The Wolfman*, under the drillmasterly direction of Joe Johnston, emerges as your basic tale of Oedipal lycanthropy, an Oedipus simplex if you will (the ungovernable son, for good measure, has been playing Hamlet on the London stage), so basic that it takes place in the 19th Century, unearths an archetypal gypsy fortune teller (a gaunt and gaudy Geraldine Chaplin), and fashions its werewolf makeup in the classic style of Lon Chaney, Jr.'s. The human drama, however Freudian, proves to be refreshingly unpretentious and earnest, as well as stoutly acted by Benicio Del Toro, Anthony

## MOVIE REVIEW

DUNCAN SHEPHERD



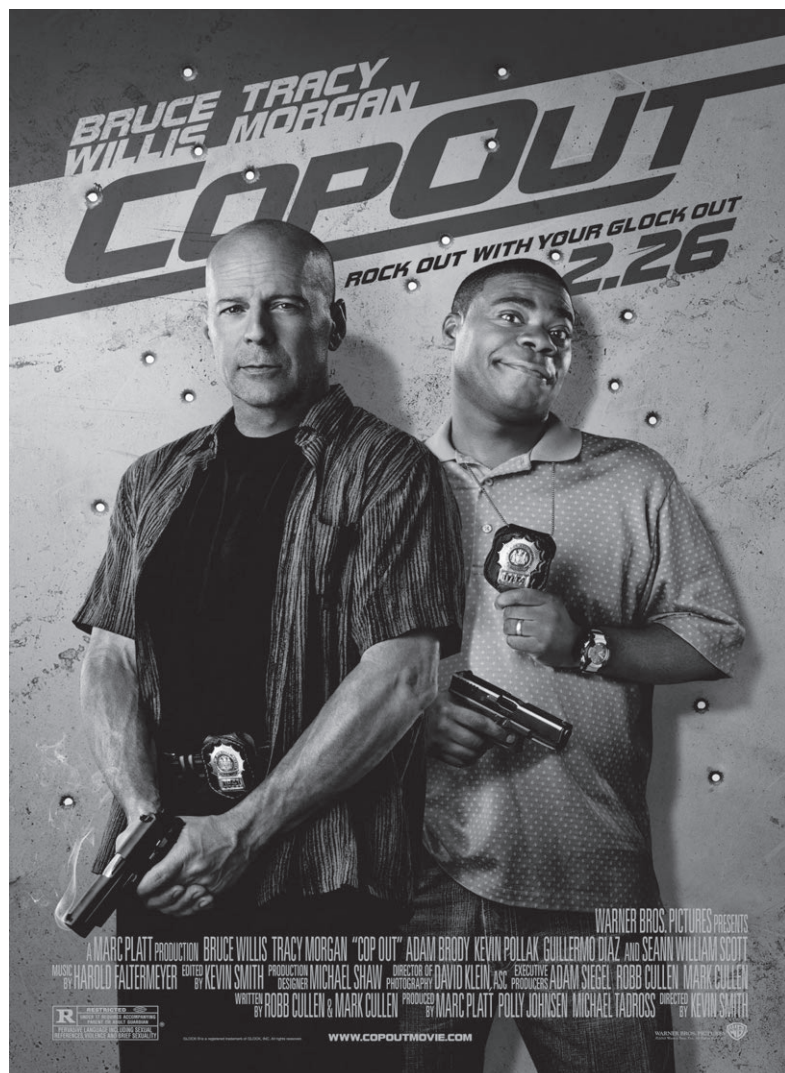
*The Wolfman*

Hopkins, Emily Blunt, and Hugo Weaving, though it is never quite so dramatic as the Caspar David Friedrich smoky skies, a variegation of nacreous grays. The marauding wolfmen (plural, yes) on the other hand, completely modern in their dispensing of gore, are quick as Bugs Bunny, rapid as the Road Runner, fleet as Speedy Gonzales, which only makes sense when you

stop to consider that they are after all primarily computer cartoons, and they seem not in the least to be subject to the erosions of age. One might ask, on that point, why the crisis, the curse, has only just come to a head, why the villagers have not until now had to reach for their rifles and pitchforks. The Oedipal pater over the course of his lifetime has seen many and many

a full moon.

It would be hard to conceive a more painful introduction to Greek mythology than *Percy Jackson and the Olympians: The Lightning Thief*. Or reintroduction, even more. Chris Columbus, who directed the first couple of Harry Potter entries, is here looking literally for another lightning bolt — Zeus's stolen one — in the



# WIN A MOVIE PASS FOR TWO!

## COP OUT

To enter, visit the *Reader* website and click on “contests.” [SDReader.com](http://SDReader.com)

Deadline to enter is Thursday, February 18 at 1:00 pm.

Limit one entry per person.

NO PURCHASE NECESSARY.

**In Theaters February 26**



# Calendar MOVIES

quest of a dyslexic present-day teenager, the unknowing bastard spawn of Poseidon, teamed up *ad hoc* with a same-aged demigoddess and semigoat (“The politically correct term is satyr”), to retrieve his mother from Hades (located beneath the Hollywood sign), solve the mystery of the missing bolt, and avert an apocalypse. Under these circumstances, the language is appallingly banal even for a movie populated with teenagers and targeted to their juniors: “Check this out,” as an example, gets spoken no fewer than three times during the visit to Medusa’s lair and twice more in its immediate sequel. The computer-generated Fury, Minotaur, Hydra, etc., interject only technology, no magic.

*Creation*, tracing the origin of *The Origin of Species*, is the sort of stuffy biopic that once would have starred Paul Muni. Granted, in those days the achievement of Charles Darwin would not have been summed up in such bellicose terms as “You’ve killed God, sir,” and this alone may be sufficiently satisfying for the acolytes of Bill Maher. But the writing of a book, even one containing “the biggest single idea in

the history of thought,” is inherently not a screen-friendly subject, and it will not be warmed up by exhibitionistic struggles with health and sanity, hallucinations, bad dreams, ghostly apparitions, laboratory specimens coming to life in their glass jars. And the climax where the conflicted naturalist leaves the fate of his book in the hands of his God-fearing wife is as hokey as it is unsuspenseful. Paul Bettany and Jennifer Connelly, in those roles, submit graciously to Jon Amiel’s graceless closeups.

*Saint John of Las Vegas*, the feature debut of writer-director Hue Rhodes, is a pack-following independent film caroming from oddball to oddball: a midget boss, a sunny secretary surrounding herself with yellow Smiley Faces, a wheelchair stripper, a gun-toting militant nudist, a sideshow human fireball, and so forth. It’s nice, or it ought to be, to see Steve Buscemi once again in a lead role, and he certainly has the casino pallor, not to mention the riverboat sideburns and the slicked-back hair, to pass as a recovering and relapsing gambling addict. But the anticipated laughs never come, and the transparent *hommages* to Dante — characters named John Alighieri, Virgil, and Lou Cypher (get it?) — bring

only frowns.

The practice, the custom — is it yet a tradition? — of Landmark Theatres to exhibit in separate programs the Academy Award nominees for animated and live-action shorts, at the Ken Cinema for the next week, warrants special mention this year for the inclusion in the animated category of a new Wallace and Gromit outing by Nick Park, *A Matter of Loaf and Death*. Back to the wieldy length of under a half-hour after the cumbersome feature-length puff-up of their last outing, and even if a shade off top form, it serves as a vivid reminder that nowhere in contemporary cinema exists a continuing character more admirable or endearing than that devoted yet doubting dog, a humbling example to us all. ■

## MOVIE LISTINGS

All reviews are by Duncan Shepherd. Priorities are indicated by one to five stars and antipathies by the black spot. Unrated movies are for now unreviewed. Thousands of past reviews sorted alphabetically, by year of release and by rating, are available online at SanDiegoReader.com.

**Avatar** — Ambitious merger of live action and computer animation, with at least one groundbreaking 3-D effect: English subtitles for the language spoken on the celestial body of Pandora inserted on a plane in the middle distance between a foreground figure and an upstage figure, as if the foreground one could look down and read the subtitle himself. This effect is silly, is pretentious, is pointless, and nonetheless is fun. Much the same could be said of the movie as a whole. Silly, pretentious, pointless, and fun is surely less than writer and director James Cameron had in mind for his first feature film since *Titanic* twelve years before, a two hour and forty-five minute “visionary” science-fiction epic that dishes up an allegory on globalism, a warm-over of the old science-versus-military debate, a dose of Noble Savage romanticism, a Capt. Smith and Pocahontas culture-clash romance, an ecological message, and a tree-



**Creation** — The writing of a book is inherently not a screen-friendly subject.

falling that insistently recalls the toppling of the World Trade Center. There appears little doubt that Cameron drew upon all his mental powers, yet happily those powers prove too feeble, too reliant on convention and stereotype, or if you wish to make it sound better, on tradition and archetype, to ruin the fun. The powers themselves, with their rumble of self-importance and their straining for significance, are part and parcel of the kitschy fun. Sam Worthington, Sigourney Weaver, Stephen Lang, Giovanni Ribisi, Michelle Rodriguez. 2009.

★★ (CARMEL MOUNTAIN 14; CHULA VISTA 10; DEL MAR HIGHLANDS 8; FASHION VALLEY 18; GROSSMONT CENTER 10; HORTON PLAZA 14; LA COSTA 6; LA JOLLA 12; MISSION MARKETPLACE 13; MISSION VALLEY 7; MISSION VALLEY 20; OTAY RANCH 12; PALM PROMENADE 24; PLAZA BONITA 14; POWAY 10; RIVER VILLAGE 6; TOWN SQUARE 14)

**The Blind Side** — Soft warm cozy sports story from the maker of *The Rookie*, John Lee Hancock, about a headstrong well-to-do white Memphis housewife who takes under her wing and under her roof a homeless black gentle giant, an irresistible force meeting an immovable object. Sandra Bullock stays obstinately on the surface of her

role, and Quinton Aaron is touchingly minimalist as Michael Oher, a future first-round NFL draft pick. Very late in the game a couple of aspersions are cast on the motives of Oher’s adoptive parents, aspersions which, if shown to be even fractionally valid, might have made a more interesting movie. With Tim McGraw, Jae Head, Lily Collins, Kathy Bates, and assorted college-football coaches as themselves, Nick Saban, Phil Fulmer, Lou Holtz, et al. 2009.

★ (CARMEL MOUNTAIN 14; HORTON PLAZA 14; TOWN SQUARE 14)

**The Book of Eli** — Post-apocalyptic chic. In metallic monochrome, in sterilizing shafts of light, in portentous slo-mo, Denzel Washington safeguards the only extant copy of the King James Bible, with his archer’s bow, shotgun, pistol, and terrible swift sword: the new Messiah. One of many head-scratchers is why on earth the tin-pot town boss in the middle of the Southwest desert, lording it over a bunch of illiterate ruffians, wants to get his hands on the book, much less knows of its existence. With Gary Oldman, Mila Kunis, and the ever-lovely Jennifer Beals; directed by the Hughes Brothers. 2010.

● (FASHION VALLEY 18; MISSION VALLEY 20; OTAY RANCH 12; PALM PROMENADE 24; PLAZA BONITA 14)

**Crazy Heart** — Jeff Bridges is pretty much the whole show, and a generous show it is. His Bad Blake, given name to be held back for the gravestone, is an over-the-hill and down-on-his-luck C&W singer still living the life of a C&W song, four marriages behind him, long lonely drives and cheap motels and cheaper women in front of him, a chain smoker and a hard-at-it alcoholic (preferred poison, fictitious McClure’s bourbon) on a free fall to the unseen bottom and, on impact, the uncertain bounce-back to redemption. As one of his lyrics neatly sums it up: “I used to be somebody, now I’m somebody else.” The actor’s singing voice amounts to a dull blade that has a hard time cutting through the expert arrangements by T Bone Burnett, who with the late Stephen Bruton co-wrote the original songs in the crying-in-your-beer genre. But then too, the actor’s speaking voice, a low rumble through a mouthful of marbles, has a hard enough time cutting through thin air, as if he could use a hit of oxygen before and after each utterance. To outward appearances, he’s approximately one-third Kris Kristofferson (the constipated voice and the wheezy wince to produce it) and two-thirds Waylon Jennings (the greasy

**2 ACADEMY AWARD® NOMINATIONS**  
BEST ACTRESS • HELEN MIRREN • BEST SUPPORTING ACTOR • CHRISTOPHER PLUMMER

“★★★★★”  
(OUT OF FOUR STARS)  
—Alison Gang, THE SAN DIEGO UNION-TRIBUNE

**THE LAST STATION**  
WRITTEN FOR THE SCREEN AND DIRECTED BY MICHAEL HOFFMAN

R SONY PICTURES CLASSICS™

**NOW PLAYING**

<b>LANDMARK'S HILLCREST</b> 3965 Fifth Ave (619) 819-0236	<b>LANDMARK'S LA JOLLA VILLAGE</b> 8879 Villa La Jolla Dr (619) 819-0236	<b>ULTRASTAR FLOWER HILL CINEMA</b> 2630 Via de la Valle Del Mar (858) 646-9425
---	--	---

VIEW THE TRAILER AT [WWW.THELASTSTATIONFILM.COM](http://WWW.THELASTSTATIONFILM.COM)

“A FASCINATING AND COMPELLING LOOK AT A DRIVEN, PASSIONATE GENIUS.”  
—Jeffrey Lyons, KNBC/LYONS DEN RADIO

PAUL BETTANY JENNIFER CONNELLY

**CREATION**  
THE TRUE STORY OF CHARLES DARWIN

PG-13

STARTS FRIDAY, FEBRUARY 19TH

LANDMARK THEATRES  
**La Jolla Village**  
8879 Villa La Jolla Dr. • (619) 819-0236

**SHORTS INTERNATIONAL PRESENTS**  
82ND ANNUAL ACADEMY AWARD® NOMINEES FOR LIVE ACTION AND ANIMATED SHORT FILM

**THE OSCAR® NOMINATED SHORT FILMS 2010**  
CATCH THEM WHILE YOU CAN

**TWO SEPARATE PROGRAMS:**

**PROGRAM A**  
BEST LIVE ACTION SHORT FILM NOMINEES

**THE DOOR**  
Juanita Wilson and James Flynn / IRELAND (IN RUSSIAN)

**INSTEAD OF ABRACADABRA**  
Patrik Eklund and Mathias Fjellström / SWEDEN

**KAVI**  
Gregg Helvey / US, INDIA

**MIRACLE FISH**  
Luke Doolan and Drew Bailey / AUSTRALIA

**THE NEW TENANTS**  
Joachim Back and Tivi Magnusson / US, DENMARK

**PROGRAM B**  
BEST ANIMATED SHORT FILM NOMINEES

**FRENCH ROAST**  
Fabrice O. Joubert / FRANCE

**GRANNY O'GRIMM'S SLEEPING BEAUTY**  
Nicky Phelan and Darragh O'Connell / IRELAND

**THE LADY AND THE REAPER**  
Javier Recio Gracia / SPAIN

**LOGORAMA**  
H5 / FRANCE

**A MATTER OF LOAF AND DEATH**  
Nick Park / UK

**PLUS ADDITIONAL ANIMATED SHORTS!**

at&t | Uverse 1789 | iTunes | SHORTESTSD.COM | THEOSCARSHORTS | Available On Demand | magnolia pictures

“OSCAR” is a trademark of the Academy of Motion Picture Arts and Sciences (“A.M.P.A.S.”). This program not affiliated with A.M.P.A.S.

**EXCLUSIVE ENGAGEMENT STARTS FRIDAY, FEBRUARY 19**

LANDMARK THEATRES  
**Ken Cinema**  
(619) 819-0236

CALL THEATRE OR CHECK DIRECTORIES FOR SHOWTIMES



stringy hair, the bedraggled beard, the shades, the leather vest, the paunch), in no part original but in every part authentic. With Maggie Gyllenhaal, Colin Farrell, and Robert Duvall; directed by Scott Cooper. 2009.

★★★ (FLOWER HILL 4; GROSSMONT CENTER 10; HILLCREST CINEMAS; LA JOLLA 12; TOWN SQUARE 14)

**Creation** — Reviewed this issue. With Paul Bettany, Jennifer Connelly, Jeremy Northam, Toby Jones, and Benedict Cumberbatch; directed by Jon Amiel.

● (LA JOLLA VILLAGE, FROM 2/19)

**Dear John** — Wartime romance beginning in the spring of 2001 (you know what's coming) and stretching up to the present, staggeringly basic and banal in its specifics, turning on a senseless withholding of information for the sole purpose of contrived misunderstanding and revealed nobility. It issues from a novel by Nicholas Sparks, always a harbinger of goopy absurdity, and the chief function of director Lasse Hallstrom, at one time a halfway serious filmmaker, is to pour sunlight, moonlight, and firelight over it like syrup. The buggy-eyed Amanda Seyfried manages to convey maybe a month's worth of maturation over the decade-long storyline, but Channing Tatum makes a tiptop military type, a strong, silent type, guarded, humble, a tad pent-up, a tad petulant, several tads chivalrous. He merits some sort of medal for his recitation of the "I am a coin" letter to his dying numismatist dad. With Richard Jenkins and Henry Thomas. 2010.

● (CARMEL MOUNTAIN 14; CHULA VISTA 10; DEL MAR HIGHLANDS 8; FASHION VALLEY 18; GASLAMP 15; GROSSMONT CENTER 10; LA COSTA 6; LA JOLLA 12; MISSION MARKETPLACE 13; MISSION VALLEY 7; MISSION VALLEY 20; OTAY RANCH 12; PALM PROMENADE 24; PLAZA BONITA 14; POWAY 10; RIVER VILLAGE 6; TOWN SQUARE 14)

**Edge of Darkness** — Mel Gibson, in his first starring role in eight years, comes back strong, and gracefully aged, as a Boston police officer tracking down his daughter's shotgun killer. The detective work — the mistaken first assumption is that the detective himself was the intended target — is solid and followable, and it offers a fair share of ah-ha moments. (Nice one: the lock of the daughter's hair snipped on the coroner's slab later reads as radioactive on the Geiger counter in her personal effects.) If the investigation depends overmuch on bullish Dirty Harry tactics to move it along, it at least pulls up short of the overscaled action — the outrageous chases, the explosions, the Hong Kong combat — that has so numbed the contemporary action film. There are other ways to heighten the scale, however. And at this late date we can scarcely be surprised, we can at best be resigned, that a grade-A mainstream murder mystery (based, like Steven Soderbergh's *Traffic* and Kevin Macdonald's *State of Play*, on a British TV miniseries) would lead ultimately to matters of national security and nuclear weaponry. Ray Winstone, Danny Huston, Bojana Novakovic, Caterina Scorsone; directed by Martin Campbell. 2010.

★★ (CHULA VISTA 10; FASHION VALLEY 18; GROSSMONT CENTER 10; HORTON PLAZA 14; MISSION MARKETPLACE 13; MISSION VALLEY 7; MISSION VALLEY 20; OTAY RANCH 12; PALM PROMENADE 24; PLAZA BONITA 14; SANTEE DRIVE IN; TOWN SQUARE 14)

**An Education** — A precocious English schoolgirl of 1961 (a cellist, a Francophile, a devotee of the Pre-Raphaelites, a sneaky smoker for sophistication), on track for Oxford, gets rerouted by a shady older man who shows her the finer things of life: a Ravel concert, a Christie's auction, night-clubs, Paris. The foreseeable end is a bit of a slog, but the film in the early stages is very



**From Paris with Love** — A self-admiring U.S. superspy with the demeanor of a Hell's Angel...

good on the pretensions of intelligent youth, and very good on the heady intoxication of growing up fast. Peter Sarsgaard's British accent is hit-and-miss; and the prim schoolmarm of Olivia Williams, a beauty disguised in eyeglasses and pulled-back hair, is strictly stock; and the comic portraits of the heroine's hidebound dad, a

same-aged fumbling suitor, and a blond bimbo (Alfred Molina, Matthew Beard, Rosamund Pike, in order) are sharp but narrow. Keeping things fully alive throughout, however, is Carey Mulligan in the lead, showing off, among her other talents, the freshest smile since Eleanor Powell: plenty of teeth with a demure downturn at the corners of the mouth. And Sally Hawkins, back to reality from the giddy heights of *Happy-Go-Lucky*, has a tiny but vital part to play. With Cara Seymour, Dominic Cooper, Emma Thompson; directed by Lone Scherfig. 2009.

★★★ (CARMEL MOUNTAIN 14; FLOWER HILL 4; HILLCREST CINEMAS)

**From Paris with Love** — John Travolta, totally unrestrained, as a self-admiring U.S. superspy with the demeanor of a Hell's Angel ("Tell me that wasn't some impressive shit!"), shooting up the City of Light in a grainy sallow digital image. Jonathan Rhys Meyers affects a credible American accent as his timid embassy liaison, perhaps the only credible thing in the movie. Directed by

Pierre Morel. 2010.

● (CARMEL MOUNTAIN 14; CHULA VISTA 10; FASHION VALLEY 18; GROSSMONT CENTER 10; HORTON PLAZA 14; LA JOLLA 12; MISSION MARKETPLACE 13; MISSION VALLEY 7; MISSION VALLEY 20; OTAY RANCH 12; PALM PROMENADE 24; PLAZA BONITA 14; POWAY 10; TOWN SQUARE 14)

**The Hurt Locker** — Fictitious countdown of the final six weeks in the twelve-month tour of an army bomb squad in Baghdad. The living and working conditions in a color-free wasteland appear perfectly credible, and the quasi-science-fictional details of the job — the spaceman protective suits, the remote-control bomb-sniffing robot, the tangle of colored wires, the hide-and-seek triggers — are highly enlightening. And the defusing of bombs — the constant prospect of their blowing up in our faces — carries a guaranteed tension, as witness such forerunners as Robert Aldrich's *Ten Seconds to Hell* or Michael Powell's and Emeric Pressburger's *The Small Back Room*. The ambush in mid-desert, outside the squad's normal sphere of

**RollingStone**

“SHUTTER ISLAND’ SIZZLES  
WITH SO MUCH NERVE-FRYING SUSPENSE  
THAT IT’S HOT TO THE TOUCH.”

A MARTIN SCORSESE PICTURE  
**LEONARDO DiCAPRIO**  
**SHUTTER ISLAND**

PARAMOUNT PICTURES PRESENTS A PHOENIX PICTURES PRODUCTION  
IN ASSOCIATION WITH SIKELIA PRODUCTIONS AND APPIAN WAY A MARTIN SCORSESE PICTURE  
LEONARDO DiCAPRIO MARK RUFFALO BEN KINGSLEY MICHELLE WILLIAMS "SHUTTER ISLAND"  
EMILY MORTIMER PATRICIA CLARKSON AND MAX VON SYDOW MUSIC BY ROBBIE ROBERTSON  
EXECUTIVE PRODUCERS CHRIS BRIGHAM LAETA KALOGRIDIS DENNIS LEHANE GIANNI NUNNARI LOUIS PHILLIPS  
PRODUCED BY MIKE MEDAVOY ARNOLD W. MESSER BRADLEY J. FISCHER MARTIN SCORSESE  
BASED ON THE NOVEL BY DENNIS LEHANE SCREENPLAY BY LAETA KALOGRIDIS DIRECTED BY MARTIN SCORSESE

PHOENIX PICTURES R RESTRICTED  
SOME MATERIAL MAY BE INAPPROPRIATE FOR CHILDREN UNDER 13  
DISTURBING VIOLENT CONTENT, LANGUAGE AND SOME DRUG USE  
SOUNDTRACK ALBUM ON RHINO RECORDS  
READ THE NOVEL FROM HARPERCOLLINS  
PG-13 PARENTS STRONGLY CAUTIONED  
SOME SEXUAL MATERIAL AND BRIEF PARTIAL NUDITY

ShutterIsland.com

**STARTS FRIDAY, FEBRUARY 19  
IN THEATRES EVERYWHERE**

TEXT ISLAND TO 33287 FOR MOVIE TIMES AND MOBILE UPDATES FROM PARAMOUNT! CHECK DIRECTORIES FOR THEATRES AND SHOWTIMES SPECIAL ENGAGEMENT - NO PASSES OR DISCOUNT TICKETS ACCEPTED

“YOU’LL FALL IN LOVE  
WITH ‘VALENTINE’S DAY.’”  
Tony Toscano, TALKING PICTURES

“HILARIOUS,  
CHARMING AND IRRESISTIBLE.”  
Jeanne Wolf, PARADE

“THE CAST IS TERRIFIC  
AND THE FILM IS FILLED WITH SURPRISES.”  
Clay Smith, THE INSIDER

“THE PERFECT DATE MOVIE!”  
Toni Gonzalez, NBC-TV

JESSICA ALBA KATHY BATES JESSICA BIEL BRADLEY COOPER  
ERIC DANE PATRICK DEMPSEY HECTOR ELIZONDO  
JAMIE FOXX JENNIFER GARNER TOPHER GRACE ANNE HATHAWAY  
ASHTON KUTCHER QUEEN LATIFAH TAYLOR LAUTNER GEORGE LOPEZ  
SHIRLEY MACLAINE EMMA ROBERTS JULIA ROBERTS TAYLOR SWIFT

**VALENTINE’S DAY**

NEW LINE CINEMA PRESENTS A WAYNE PACE/KARZ ENTERTAINMENT PRODUCTION A GARRY MARSHALL FILM "VALENTINE'S DAY" JESSICA ALBA KATHY BATES  
JESSICA BIEL BRADLEY COOPER ERIC DANE PATRICK DEMPSEY HECTOR ELIZONDO JAMIE FOXX JENNIFER GARNER TOPHER GRACE ANNE HATHAWAY ASHTON KUTCHER QUEEN LATIFAH  
TAYLOR LAUTNER GEORGE LOPEZ SHIRLEY MACLAINE EMMA ROBERTS JULIA ROBERTS TAYLOR SWIFT MUSIC BY JOHN DEBNEY PRODUCTION DESIGNER TONY EMMERICH EXECUTIVE PRODUCERS SAMUEL J. BROUIN MICHAEL DISCO  
EXECUTIVE PRODUCERS DIANA POKORNY STORY BY KATHERINE FUGATE AND ABBY KOHN MUSIC BY MARC SILVERSTEIN SCREENPLAY BY KATHERINE FUGATE PRODUCED BY WAYNE PACE DIRECTED BY GARRY MARSHALL

PG-13 PARENTS STRONGLY CAUTIONED  
Some Material May Be Inappropriate for Children Under 13  
SOME SEXUAL MATERIAL AND BRIEF PARTIAL NUDITY

SOUNDTRACK INCLUDES TAYLOR SWIFT JEWEL MAROON 5 JOSS STONE NOW AVAILABLE  
Soundtrack Album On WaterTower Music

NEW LINE CINEMA www.valentinesdaymovie.com  
WARNER BROS. PICTURES  
MOBILE USERS: For Showtimes, Text Message VALENTINE and your ZIP CODE to 43KIX (43549)

**NOW SHOWING - CHECK DIRECTORIES FOR LISTINGS**



# Calendar MOVIES

operations, is if anything even tenser: more unpredictable, more open to possibilities. Kathryn Bigelow, one of the rare female action directors, dead-set on matching any man in muscle, favors here the combat-footage filmmaking style of jostles and jars to the camera, punchy zooms, whiplashing pans, and a chronic shaky hand, not necessarily restricted to scenes of combat. This is trendy at best, a tired cliché at worst. (The amplified heartbeat and the slo-mo explosion ought to be put to bed for a rest period of not less than a generation.) She takes a lot of time on the action scenes, or more broadly the tension scenes, and not much time in between, so that the three principals — Jeremy Renner, Anthony Mackie, Brian Geraghty, each of them looking the part — are thin on character, static in development, no more than generic as opposed to individual soldiers. With Guy Pearce, Ralph Fiennes, David Morse. 2009. ★★ (CARMEL MOUNTAIN 14; FLOWER HILL 4; GASLAMP 15)

**The Imaginarium of Doctor Parnassus** — A Terry Gilliam exercise in excess, as dense, as heavy, as torquifying as a Christmas fruitcake. (Or as *Brazil*, *The Adventures of Baron Munchausen*, *The Brothers Grimm*.)

The muffled narrative, revolving around an immortal travelling showman, his magic-mirror portal to the realm of imagination, and his deal with the Devil, gets overpowered by the relentless production: the desolate stark smoky post-apocalyptic real world and the digitalized escape-scapes, a bit of Oz, a bit of Wonderland, a bit of Middle-Earth, a bit of Maxfield Parrish crossed with Salvador Dali. Just to make the weird weirder, all of it's apt to be shot in bulbous wide angles. Released nearly two years after his death in mid-shoot, this constitutes Heath Ledger's final screen appearance, a supporting role (given deceitful top billing) resourcefully completed by a tag team of Johnny Depp, Jude Law, and Colin Farrell, each of whom, uniformly dressed and groomed, appears more engaged in the role. In the last analysis it deposits a spot of tarnish, a smudge of dullness, on the Ledger legend. Christopher Plummer, Andrew Garfield, Lily Cole, Tom Waits. 2009. ★ (GASLAMP 15; LA JOLLA VILLAGE)

**It's Complicated** — Romantic-comic triangle composed of a fifty-something divorcee, her remarried but re-interested ex-husband, and her too-good-to-be-true divorced architect: "Your age is one of my favorite things about you." The grown children have no problems of their own, and the level of affluence — not to forget level of gourmet cuisine — removes all other problems, so that a hypothetical air prevails. In truth, it's complicated enough already.



**Percy Jackson and the Olympians** — The language is appallingly banal even for a movie populated with teenagers.

(The chorus of confidantes drops out of sight when we need them most.) Meryl Streep brings to her role her usual fine detail and wide dynamics, and Alec Baldwin brings an amusing girth. With Steve Martin, John Krasinski, and Lake Bell; written and directed by Nancy Meyers. 2009. ★ (FASHION VALLEY 18; FLOWER HILL 4; HORTON PLAZA 14; POWAY 10)

**The Last Station** — Light sport made of a great figure, Tolstoy in his "eccentric" later years of anti-materialism, nonresistance,

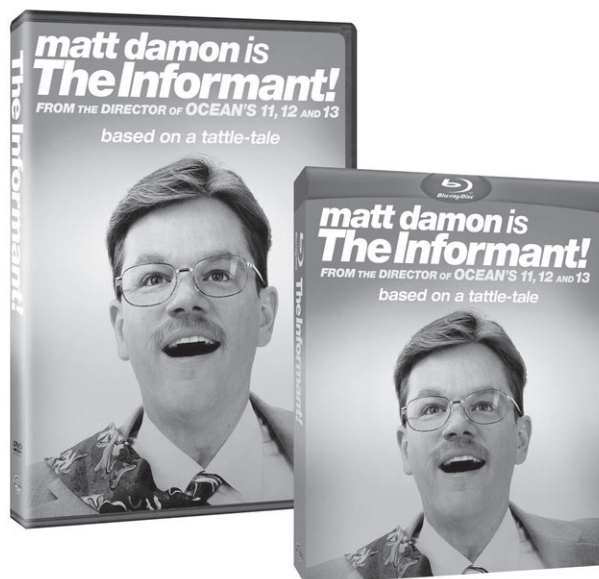
celibacy, vegetarianism, or, in short, Tolstoyanism. Under the starry eye of the author's new secretary, a battle of wills, including a battle over the literal will, boils up between his leading disciple and his long-time wife, the latter not fully behind the concept of giving away their private property: "You all think he's Christ, don't you?" It remains for the most part a spectacle of disinterested amusement, although something deeper develops around the deathbed. Expertly, if theatrically, acted by Christopher Plummer and Helen Mirren, and

archive footage of the real personages during the closing credits affirms the studiousness of the project. With James McAvoy, Paul Giamatti, Anne-Marie Duff, and Kerry Condon; written and directed by Michael Hoffman. 2009. ★ (FLOWER HILL 4; HILLCREST CINEMAS; LA JOLLA VILLAGE)

**Legion** — The fate of the world plays out at a roadside diner in Paradise Falls at the edge of the Mojave Desert: the Archangel Michael and the Archangel Gabriel battle over the imminent illegitimate baby of a dirty-blond hash-slinger. Bombastic horror film with idiotic dialogue: "Either your child lives or mankind dies." Paul Bettany, Adriaenne Palicki, Lucas Black, Dennis Quaid, Tyrese Gibson; directed by Scott Stewart. 2010. ● (CHULA VISTA 10; HORTON PLAZA 14; MISSION VALLEY 20; PALM PROMENADE 24)

**The Lovely Bones** — Fourteen-year-old rape and murder victim, marooned in "the in-between," a/k/a "the blue horizon" dividing life and afterlife, continues to watch over her family, friends, and unapprehended killer, a quintessential creep who looks to be guiltily, self-incriminatingly, in disguise: Stanley Tucci with a blond comb-over hairpiece, paste-on matching mustache, aviator glasses, and cotton-stuffed cheeks. Some of the depictions of the closeness of the two realms are reasonably subtle and well done: the cold gray dreamscape occupied by the fresh murder victim who doesn't yet realize she's dead and doesn't understand why she can't connect with the people she sees; or the flickering reflection of an unflickering candle flame by which the girl makes her presence known to her grieving father. But too much of the Other Side, in particular the climactic communion of all the victims of the serial killer, is spoiled by the music-video vulgarity of the CGI. With Saoirse Ronan, Mark Wahlberg,

Enter to win a *The Informant* DVD  
at [www.SanDiegoReader.com](http://www.SanDiegoReader.com).  
Click on "Contests."



*The Informant* — funny and original with two Golden Globes nominations: Best Actor and Best Original Score. A rising star at agri-industry giant Archer Daniels Midland (ADM), Whitacre (Matt Damon) suddenly turns whistleblower. Based on a true story about an overeager corporate executive turned FBI informant whose ever-changing account of the situation makes it almost impossible to decipher what is real and what is the product of his active imagination.

**Buy it on Blu-ray™ Combo Pack, DVD,  
and for Download 2/23/10!**

The Informant © 2009 Warner Bros. Entertainment, Inc.  
Distributed by Warner Home Video. All rights reserved.

A Special Live performance.  
February 23rd & 24th  
Celebrate the bicentennial of  
Edgar Allen Poe's birth with  
Jeffrey Combs, the star of  
Re-Animator,  
From Beyond, and Star Trek: Deep  
Space Nine & Enterprise.

**JEFFREY COMBS**  
IN  
**Nevermore...**  
AN EVENING WITH EDGAR ALLAN POE

Directed by Stuart Gordon Written by: Dennis Paoli  
For tickets :[www.northcoastrep.org](http://www.northcoastrep.org)  
Box Office Hotline: 858-481-1055



Rachel Weisz, and Susan Sarandon; directed by Peter Jackson. 2009.  
★ (HORTON PLAZA 14; PALM PROMENADE 24)

**Percy Jackson and the Olympians: The Lightning Thief** — Reviewed this issue. With Logan Lerman, Brandon T. Jackson, Alexandra Daddario, Pierce Brosnan, and Uma Thurman; directed by Chris Columbus.  
● (CARMEL MOUNTAIN 14; CHULA VISTA 10; DEL MAR HIGHLANDS 8; FASHION VALLEY 18; GASLAMP 15; GROSSMONT CENTER 10; LA COSTA 6; LA JOLLA 12; MISSION MARKETPLACE 13; MISSION VALLEY 7; MISSION VALLEY 20; OTAY RANCH 12; PALM PROMENADE 24; PLAZA BONITA 14; POWAY 10; RIVER VILLAGE 6; SANTEE DRIVE IN; TOWN SQUARE 14)

**Police, Adjective** — Romanian *policier* revolving around, in fact never abandoning for a single scene, a droopy narc (Dragos Bucur) reluctant to bust an adolescent casual user. The long takes and solid frames have much integrity and almost as much tedium; the dismal locales are for better or worse completely immersing; and the climax, a lengthy lesson in semantics from the policeman's haughty superior, is one of a kind. Written and directed by Corneliu Porumboiu. 2009.  
★★ (KEN, THROUGH 2/18)

**Precious: Based on the Novel Push by Sapphire** — A bit of well-meaning manipulation, unevenly photographed, al-



**Valentine's Day** — The navigation of the human heart is as a leaf afloat on a puddle: superficial on top of shallow.  
ternately oversaturated and washed-out and glossy and grainy, centered around a Harlem African-American illiterate obese unwed teenage mother of a Down's daughter, now pregnant again, expelled from school, abused and battered at home by her welfare mother, an incestuous rape victim of her absentee father, and oh, HIV-positive. We don't find out all of that at once. It piles up. Some interesting effects are gotten from the heroine's first-person voice-over, interwoven at competitive volume with the dialogue, such that it plays as interior monologue rather than expository narration. The fantasy scenes almost attain a sim-

ilar musing quality, triggered as they are by the heroine's urgent desire to escape, but the actual content of these fantasies — a red-carpet Hollywood premiere, a mirror reflection of a slender beautiful blonde in place of a fat black, a subtitled black-and-white takeoff on a telecast of De Sica's *Two Women*, etc. — exhibit a consistent inanity which works to rob sympathy from either the film's heroine or its director, Lee Daniels. One or the other. You choose. With Gabourey Sidibe, Mo'Nique, Paula Patton, and Mariah Carey. 2009.  
★ (CARMEL MOUNTAIN 14; HORTON PLAZA 14; KEN, THROUGH 2/18)

**Pulp Fiction** — A title as self-conscious although not as accurate as Samuel Beckett's *Film*. Yes, Quentin Tarantino's cast of characters accommodates some staple figures of the form: the small-time heisters, the mob torpedoes, Mr. Big's sex-bomb mate, the boxer bribed to throw a fight. But the writer-director borrows his narrative devices from a more "experimental" stripe of novelist: the nonlinear storyline (the un-attuned spectator might suspect a reel out of order when a dead character resurfaces near movie's end, and an earlier plot thread is picked up right where it was left); no single focal character or situation, but instead an idle shuffle of them; the leaping-over of a climactic bit of action. (Maybe *Meta-Pulp Fiction* would be more accurate, without being a lot more self-conscious.) And the first and foremost thing to be said about his dialogue would be that it is "bookish": Elmore Leonard-ish tangents of doubtful rel-

# 

Showtimes subject to change.  
(Bargain showtimes in parentheses.)

## CENTRAL

### CARMEL MOUNTAIN

**Carmel Mountain 14**  
11620 Carmel Mountain Road (800-326-3264 #2704)  
**Avatar** (PG-13); **The Blind Side** (PG-13); **Dear John** (PG-13); **An Education** (PG-13); **From Paris with Love** (R); **The Hurt Locker** (R); **Percy Jackson and the Olympians: The Lightning Thief** (PG); **Precious: Based on the Novel Push by Sapphire** (R); **Shutter Island** (R); **Up in the Air** (R); **Valentine's Day** (PG-13); **When in Rome** (PG-13); **The Wolfman** (R)

### CLAIREMONT

**Town Square 14**  
4665 Clairemont Drive (800-326-3264 #2722)  
**Avatar** (PG-13); **The Blind Side** (PG-13); **Crazy Heart** (R); **Dear John** (PG-13); **Edge of Darkness** (R); **From Paris with Love** (R); **Percy Jackson and the Olympians: The Lightning Thief** (PG); **Shutter Island** (R); **Up in the Air** (R); **Valentine's Day** (PG-13); **When in Rome** (PG-13); **The Wolfman** (R)

### DOWNTOWN

**Gaslamp 15**  
701 Fifth Avenue (800-326-3264 #2709)  
**Dear John** (PG-13); **The Hurt Locker** (R); **The Imaginarium of Doctor Parnassus** (PG-13); **Percy Jackson and the Olympians: The Lightning Thief** (PG); **Shutter Island** (R); **Up in the Air** (R); **Valentine's Day** (PG-13); **The Wolfman** (R); **The Young Victoria** (PG)

**Horton Plaza 14**  
Horton Plaza (619-444-FILM)  
**Avatar** (PG-13) Fri. (1:00, 4:25) 8:00 Sat.-Sun. (1:00) 4:25, 8:00; **Avatar 3D** (PG-13) Fri.-Sun. (3:00) 6:30, 9:50; **The Blind Side** (PG-13) Fri. (1:05, 4:20) 7:05, 10:05 Sat.-Sun. (1:05) 4:20, 7:05, 10:05; **Edge of Darkness** (R) Fri. (1:00, 1:30, 4:05, 4:35) 7:00, 7:30, 9:45, 10:15 Sat.-Sun. (1:00, 1:30) 4:05, 4:35, 7:00, 7:30, 9:45, 10:15; **From Paris with Love** (R) Fri. (1:15, 1:45, 4:15,

4:45) 7:15, 7:45, 9:30, 10:00 Sat.-Sun. (1:15, 1:45) 4:15, 4:45, 7:15, 7:45, 9:30, 10:00; **It's Complicated** (R) Fri. (1:50, 4:30) 7:10, 9:50 Sat.-Sun. (1:50) 4:30, 7:10, 9:50; **Legion** (R) Fri. (1:25, 4:20) 7:15, 9:40 Sat.-Sun. (1:25) 4:20, 7:15, 9:40; **The Lovely Bones** (PG-13) Fri. (1:10, 4:10) 7:05, 10:05 Sat.-Sun. (1:10) 4:10, 7:05, 10:05; **Precious: Based on the Novel Push by Sapphire** (R) Fri. (1:35, 4:40) 7:25, 9:55 Sat.-Sun. (1:35) 4:40, 7:25, 9:55; **Sherlock Holmes** (PG-13) Fri. (1:20, 4:25) 7:20, 10:10 Sat.-Sun. (1:20) 4:25, 7:20, 10:10; **Tooth Fairy** (PG) Fri. (1:30, 4:35) 7:10, 9:35 Sat.-Sun. (1:30) 4:35, 7:10, 9:35; **When in Rome** (PG-13) Fri. (1:40, 4:50) 7:35, 9:50 Sat.-Sun. (1:40) 4:50, 7:35, 9:50

### KENSINGTON

**Ken**  
4061 Adams Avenue (619-819-0236)  
**The Oscar® Nominated Short Films 2010: Animated** (G or PG) **French Roast** (France), **Granny O'Grimm's Sleeping Beauty** (Ireland), **The Lady and the Reaper (La Dama y la Muerte)** (Spain), **Logorama** (Argentina), **A Matter of Loaf and Death** (U.K.), **Partly Cloudy** (U.S.A.), **The Kinematograph** (Poland), **Runaway** (Canada) Fri., Mon.-Thu. 7:35, Sat. & Sun. (1:05) 3:15, 7:35; **The Oscar® Nominated Short Films 2010: Live Action** (NR) **The Door** (Ireland, in Russian), **Instead of Abracadabra** (Sweden), **Kavi** (India), **Miracle Fish** (Australia), **The New Tenants** (Denmark) Fri., Mon.-Thu. (5:25) 9:45; Sat. & Sun.: (5:25), 9:45; **Pulp Fiction** (R) Sat. 12:00 midnight

### LA JOLLA

**La Jolla 12**  
8657 Villa La Jolla Drive (888-262-4386)  
**Avatar**; **Crazy Heart**; **Dear John**; **From Paris with Love**; **Percy Jackson and the Olympians: The Lightning Thief**; **Sherlock Holmes**; **Shutter Island**; **Up in the Air**; **Valentine's Day**; **The Wolfman**

**La Jolla Village**  
8879 Villa La Jolla Drive (619-819-0236)  
**The Last Station** (R) Fri., Mon.-Thu. (1:50 4:30) 7:10, 9:50, Sat. & Sun. (11:10) 1:50, 4:30, 7:10, 9:50; **Creation** (PG-13) Fri., Mon.-Thu. (2:10, 4:50) 7:20, 9:30, Sat. & Sun. (11:30) 2:10, 4:50, 7:20, 9:30; **The Imaginarium Of Doctor Parnassus** (PG-13) Fri., Mon.-Thu. (1:40, 4:20), 7:00, 9:40, Sat. & Sun. (11:00) 1:40,

4:20, 7:00, 9:40; **The Young Victoria** (PG) Fri., Mon.-Thu. (2:00, 4:40) 7:30, 10:00, Sat. & Sun. (11:20) 2:00, 4:40, 7:30, 10:00

### MIRA MESA

**Mira Mesa 18**  
10733 Westview Parkway (800-326-3264)  
Call theater for program information.

### MISSION VALLEY

**Fashion Valley 18**  
7037 Friars Road (888-262-4386)  
**Avatar**; **The Book of Eli**; **Dear John**; **Edge of Darkness**; **From Paris with Love**; **It's Complicated**; **Percy Jackson and the Olympians: The Lightning Thief**; **Sherlock**

**Holmes**; **Shutter Island**; **Tooth Fairy**; **Up in the Air**; **Valentine's Day**; **When in Rome**; **The Wolfman**

Still throwing away \$4 to rent a movie that sucks?



Sister Act 2 ●

Let the torture end. There are over 7,000 movie reviews by Duncan Shepherd on our website. He's watched them so you don't have to. See how your favorite movie measures up. Log on to: [www.sandiegoreader.com/movies](http://www.sandiegoreader.com/movies)



**Mission Valley 7**  
7510 Hazard Center Drive (619-685-2841)



**Shutter Island** (R) Fri. & Sat.: (12:00, 3:45), 7:15, 10:15; Sun.-Wed.: (12:00), (3:45), 7:15; Thu.: (10:00, 12:00), (3:45), 7:15; **Percy Jackson & the Olympians: The Lightning Thief** (PG) Fri. & Sat.: (11:00, 1:45), 4:30, 7:30, 10:15; Sun.-Thu.: (11:00, 1:45), 4:30, 7:30; **Valentine's Day** (PG-13) Fri. & Sat.: (11:15, 2:00), 4:45, 7:45, 10:45; Sun.-Thu.: (11:15, 2:00), 4:45, 7:45; **The Wolfman** (R) Fri. & Sat.: (12:45, 3:15), 5:45, 8:15, 10:45; Sun.-Thu.: (12:45, 3:15), 5:45, 8:15; **Dear John** (PG-13) Fri. & Sat.: (12:30, 3:00), 5:30, 8:00, 10:30; Sun.-Thu.: (12:30, 3:00), 5:30, 8:00; **From Paris With Love** (R) Fri. & Sat.: (11:00, 1:30, 4:00), 6:15, 8:30, 10:45; Sun. & Mon.: (11:00, 1:30, 4:00), 6:15, 8:30; Tue.: (11:00, 1:30, 4:00); Wed.: (1:30, 4:00), 6:15, 8:30; Thu.: (11:00, 1:30, 4:00), 8:30; **Avatar 3D** (PG-13) Fri. & Sat.: (11:45, 3:30), 7:00, 10:30; Sun.-Thu.: (11:45, 3:30), 7:00; **Don Quixote Ballet** Wed.: 10:30 am; **Super Why!: Attack Of The Eraser** (G) Sat. & Sun.: 10:30 am

**Mission Valley 20**  
1640 Camino Del Rio North (888-262-4386)  
**Avatar**; **The Book of Eli**; **Dear John**; **Edge of Darkness**; **From Paris with Love**; **Legion**; **Percy Jackson and the Olympians: The Lightning Thief**; **Sherlock Holmes**; **Shutter Island**; **Tooth Fairy**; **Valentine's Day**; **When in Rome**; **The Wolfman**

**UPTOWN**  
**Hillcrest Cinemas**  
3965 Fifth Avenue (619-819-0236)  
**Crazy Heart** (R) Fri., Mon.-Thu.: (1:40, 4:25), 7:10, 9:55; Sat. & Sun.: (11:05), 1:40, 4:25, 7:10, 9:55; **A Single Man** (PG-13) Fri., Mon.-Thu.:

(2:10, 4:45), 7:30, 10:15; Sat. & Sun.: (11:25), 2:10, 4:45, 7:30, 10:15; **The Last Station** (R) Fri., Mon.-Thu.: (1:30, 4:15), 7:00, 9:45; Sat. & Sun.: (10:55), 1:30, 4:15, 7:00, 9:45; **An Education** (PG-13) Fri., Mon.-Thu.: (1:50, 4:35), 7:20, 10:05; Sat. & Sun.: (11:15), 1:50, 4:35, 7:20, 10:05; **The White Ribbon** (R) Fri., Mon.-Thu.: (2:00, 5:15), 8:30; Sat. & Sun.: (10:45), 2:00, 5:15, 8:30

**Reuben H. Fleet Science Center**  
1875 El Prado, Balboa Park (619-238-1233)  
Call theater for program information.

**EAST COUNTY**

**EL CAJON**  
**Parkway Plaza 18**  
405 Parkway Plaza (619-401-3456)  
**Alvin and the Chipmunks: The Squeakquel** (PG) Fri. (12:15, 2:25, 4:55) Sat.-Sun. (12:15, 2:25) 4:55; **Avatar 3D** (PG-13) Fri. (12:00, 12:25, 3:20, 3:50) 6:40, 7:15, 10:00 Sat.-Sun. (12:25, 3:50) 4:50, 7:15, 8:15; **The Blind Side** (PG-13) Fri.-Sun. (1:00, 3:50) 7:20, 10:30; **The Book of Eli** (R) Fri. (12:00, 2:35, 5:10) 7:45, 10:30 Sat.-Sun. (12:00, 2:35) 5:10, 7:45, 10:30; **Celine: Through the Eyes of the World** (Not Rated) Sat.-Sun. 2:00p.m.; **Crazy Heart** (R) Fri. (12:10, 2:45, 5:25) 8:00, 10:35 Sat.-Sun. (12:10, 2:45) 5:25, 8:00, 10:35; **Dear John** (PG-13) Fri. (12:05, 2:40, 5:15) 7:50, 10:25 Sat.-Sun. (12:05, 2:40) 5:15, 7:50, 10:25; **Edge of Darkness** (R) Fri.-Sun. (1:20) 7:00; **From Paris with Love** (R) Fri. (12:35, 2:55, 5:05) 7:35, 9:55 Sat.-Sun. (12:35, 2:55) 5:05, 7:35, 9:55; **Legion** (R) Fri.-Sun. 7:15, 10:05; **Percy Jackson & the Olympians: The Lightning Thief** (PG) Fri. (1:10, 1:40, 4:20, 4:50) 7:20, 7:45, 10:10, 10:35 Sat.-Sun. (1:10, 1:40) 4:20, 4:50, 7:20, 7:45, 10:10, 10:35; **Shutter Island** (R) Fri. (1:00, 1:30, 4:05, 4:35) 7:10, 7:40, 10:15, 10:45 Sat.-Sun. (1:00, 1:30) 4:05, 4:35, 7:10, 7:40, 10:15, 10:45; **Tooth Fairy** (PG) Fri. (12:25, 2:50, 5:20) 7:55, 10:20 Sat.-Sun. (12:25, 2:50) 5:20, 7:55, 10:20; **Valentine's Day** (PG-13) Fri. (12:45, 1:20, 3:55, 4:30)

7:00, 7:50, 9:55, 10:40 Sat.-Sun. (12:45, 1:20, 3:55) 4:30, 7:00, 7:50, 9:55, 10:40; **When in Rome** (PG-13) Fri. (4:10) 9:50 Sat.-Sun. 4:10, 9:50; **The Wolfman** (R) Fri. (12:10, 12:30, 2:40, 3:00, 5:05, 5:30) 7:30, 8:10, 10:20, 10:40 Sat.-Sun. (12:10, 12:30, 2:40, 3:00) 5:05, 5:30, 7:30, 8:10, 10:20, 10:40

**LA MESA**  
**Grossmont Center 10**  
5500 Grossmont Center Drive (800-326-3264 #2710)  
**Avatar** (PG-13); **Crazy Heart** (R); **Dear John** (PG-13); **Edge of Darkness** (R); **From Paris with Love** (R); **Percy Jackson and the Olympians: The Lightning Thief** (PG); **Shutter Island** (R); **Valentine's Day** (PG-13); **The Wolfman** (R)

**RANCHO SAN DIEGO**  
**Rancho San Diego 15**  
2951 Jamacha Road (800-326-3264)  
Call theater for program information.

**SANTEE**  
**Santee Drive In**  
10990 Woodside Avenue (619-448-7447)  
**Edge of Darkness** (R); **Percy Jackson and the Olympians: The Lightning Thief** (PG); **Tooth Fairy** (PG); **Valentine's Day** (PG-13)

**SOUTH BAY**

**CHULA VISTA**  
**Chula Vista 10**  
Broadway between H and I (619-338-4214)



**Shutter Island** (R) Fri. & Sat.: (12:30, 2:30,

3:45), 7:00, 8:00, 10:15; Sun.-Wed.: (12:30, 2:30, 3:45), 7:00, 8:00; **Percy Jackson & the Olympians: The Lightning Thief** (PG) Fri. & Sat.: (11:00, 1:45), 4:30, 7:15, 10:00; Sun.-Wed.: (11:00, 1:45), 4:30, 7:15; **Valentine's Day** (PG-13) Fri. & Sat.: (11:30, 2:15), 5:00, 8:00, 10:45; Sun.-Wed.: (11:30, 2:15), 5:00, 8:00; **The Wolfman** (R) Fri. & Sat.: (11:45, 12:45, 2:15, 3:15), 4:45, 5:45, 7:15, 8:15, 9:45, 10:45; Sun.-Wed.: (11:45, 12:45, 2:15, 3:15), 4:45, 5:45, 7:15, 8:15; **Dear John** (PG-13) Fri. & Sat.: (12:15, 2:45), 5:15, 7:45, 10:15; Sun.-Wed.: (12:15, 2:45), 5:15, 7:45; **From Paris With Love** (R) Fri.-Wed.: (12:00), 5:30; **Legion** (R) Fri. & Sat.: (3:45), 8:15, 10:45; Sun.-Wed.: (3:45), 8:15; **Tooth Fairy** (PG) Fri. & Sat.: (11:15, 1:30, 4:00), 6:15, 8:30, 10:45; Sun.-Wed.: (11:15, 1:30, 4:00), 6:15, 8:30; **Alvin and the Chipmunks: The Squeakquel** (PG) Fri.-Wed.: (11:00, 1:15), 6:00; **Avatar 3D** (PG-13) Fri. & Sat.: (11:45, 3:30), 7:00, 10:30; Sun.-Wed.: (11:45, 3:30), 7:00; **Super Why!: Attack Of The Eraser** (G) Sat. & Sun.: 10:30 am

**Otay Ranch 12**  
Eastlake Parkway (at Olympic) (888-262-4386)  
**Avatar**; **The Book of Eli**; **Dear John**; **Edge of Darkness**; **From Paris with Love**; **Percy Jackson and the Olympians: The Lightning Thief**; **Shutter Island**; **Tooth Fairy**; **Valentine's Day**; **When in Rome**; **The Wolfman**

**Palm Promenade 24**  
770 Dennerly Road (888-262-4386)  
**Alvin and the Chipmunks: The Squeakquel** (PG); **Avatar** (PG-13); **The Book of Eli** (R); **Dear John** (PG-13); **Edge of Darkness** (R); **From Paris with Love** (R); **Legion** (R); **The Lovely Bones** (PG-13); **Percy Jackson and the Olympians: The Lightning Thief** (PG); **Sherlock Holmes** (PG-13); **Shutter Island** (R); **The Spy Next Door** (PG); **Tooth Fairy** (PG); **Valentine's Day** (PG-13); **When in Rome** (PG-13); **The Wolfman** (R)

**Rancho Del Rey 16**  
1025 Tierra del Rey (off East H Street) (619-216-4707)  
Call theater for program information.

**IMPERIAL BEACH**  
**South Bay Drive In**  
2170 Coronado Avenue (619-423-2727)  
Call theater for program information.

**NATIONAL CITY**  
**Plaza Bonita 14**  
3030 Plaza Bonita Road (888-262-4386)  
**Avatar** (PG-13); **The Book of Eli** (R); **Dear John** (PG-13); **Edge of Darkness** (R); **From Paris with Love** (R); **Percy Jackson and the Olympians: The Lightning Thief** (PG); **Shutter Island** (R); **Tooth Fairy** (PG); **Valentine's Day** (PG-13); **When in Rome** (PG-13); **The Wolfman** (R)

**NORTH INLAND**

**ESCONDIDO**  
**Escondido 16**  
350 West Valley Parkway (760-291-0119)  
Call theater for program information.

**FALLBROOK**  
**River Village 6**  
5256 S. Mission Road (760-945-8784)



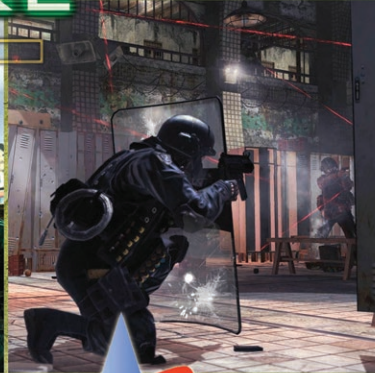
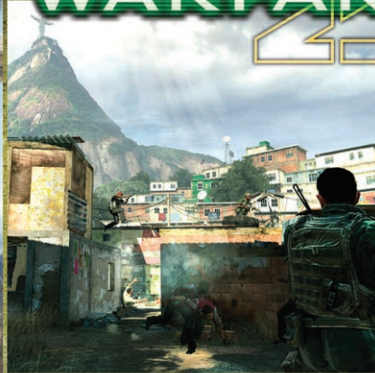
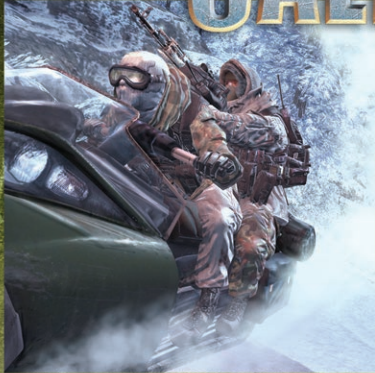
**Shutter Island** (R) Fri. & Sat.: (12:30, 3:45), 7:00, 10:00; Sun.: (12:30, 3:45), 7:00; Mon - Thu: (3:45), 7:00; **Percy Jackson & the Olympians: The Lightning Thief** (PG) Fri. & Sat.: (11:00, 1:45), 4:30, 7:15, 10:00; Sun.: (11:00, 1:45), 4:30, 7:15; Mon.-Thu.: 4:30, 7:15; **Valentine's Day** (PG-13) Fri. & Sat.: (11:15, 2:00), 4:45, 7:30, 10:15; Sun.: (11:15, 2:00), 4:45, 7:30; Mon.-Thu.: 4:45, 7:30; **The Wolfman** (R) Fri. & Sat.: (12:15, 3:00), 5:15, 7:45, 10:15; Sun.: (12:15, 3:00), 5:15, 7:45; Mon.-Thu.: (3:00),

# Gaming Tournament

on the GIANT Pure Digital Screen!

CALL OF DUTY

MODERN WARFARE 2



Watch your friends blow up on the giant screen!  
**Call of Duty: Modern Warfare 2 Tournament • Friday, 2/19 only!**  
UltraStar Poway • 13475 Poway Road. Registration begins at 9 pm, Tournament at 9:45 pm.  
\$20 through 2/18, \$25 day of event. \$3 spectator fee.  
Killer prizes for 1st-4th place. Awesome raffle and giveaways.









SEEN ON  
DVD



The Animatrix

ALETHIA ESPINAL

10th grader, Waldorf School  
of San Diego

*The Animatrix* is a movie with several short animations, each by a different artist. The animations are based on *The Matrix* universe from a “back story” point of view. I think it’s brilliant to have ten different artists animating short-yet-captivating stories that broaden the *Matrix* universe in a creative and original way. *The Matrix* would be incomplete without any of the ten. My personal favorite is the animation “Beyond,” by Koji Morimoto. Yoko, a character from the animation, took me to my own secret runaway world through incredible scenes and the magic of anything being possible in an artistic and poetic way. The loss of Yoko’s world to the authorities is something that the little girl inside me knows as a painful process of growing up. I highly recommend this movie to any *Matrix*/anime fan or just anyone who wants to escape from reality.

**THE ANIMATRIX** (USA) 2003,  
Warner Brothers  
List price: \$14.98



Titanic

MOLLY RHIANNON STONE

10th grader, Waldorf School

I’m the biggest fan of the blockbuster movies *Titanic* and *Pearl Harbor*. These films feature great love stories and historical moments that keep you deeply involved. James Cameron, the director of *Titanic*, did a wonderful job. The scenery and the acting were spectacular. Leonardo DiCaprio and Kate Winslet play the lovers. Not only was the movie amazing, but also the music was great. The music, composed by James Horner, was filled with heartfelt emotion.

Michael Bay did a perfect job directing *Pearl Harbor*. Like *Titanic*, the scenery and acting were amazing. *Pearl Harbor* starred Ben Affleck, Josh Hartnett, and Kate Beckinsale as three lovers during the time of the bombing of Pearl Harbor. Hans Zimmer did a spectacular job composing the score!

**TITANIC** (USA) 1997,  
Paramount  
List price: \$14.98

**PEARL HARBOR** (USA) 2001,  
Touchstone/Disney  
List price: \$19.99



Castle in the Sky

MAKI SUZUKI

10th grader, Waldorf School

Imagine one of the oldest stories in your village is about a majestic castle in the sky hidden among the clouds and protected by lightning. That’s what I believed ever since I saw *Castle in the Sky* at age three. The film made me want to be adventurous. Another amazing part of this film is the music. The theme is sad but hopeful. Even though it’s simple, it still makes my heart squeeze.

When I first saw *Princess Mononoke*, I was so worn out with excitement and wonder about the forest gods that ruled over nature that I couldn’t sleep. As I noticed the world around me more, I started to view this film differently. The theme music is very heartwarming and deep; it brings you to a state of peace. Most of all Miyazaki’s films have some deep occult secrets that are powerful to me and will forever capture my heart.

**CASTLE IN THE SKY** (Japan)  
1986, Disney  
List price: \$29.99

**PRINCESS MONONOKE** (Japan)  
1997, Disney  
List price: \$22.99

To get an online version of this column, go to [sdreader.com](http://sdreader.com)

Uma Thurman, Bruce Willis. 1994.  
★★ (KEN, 2/20 MIDNIGHT)

**Saint John of Las Vegas** — Reviewed this issue. With Steve Buscemi, Romany Malco, Sarah Silverman, and Peter Dinklage; written and directed by Hue Rhodes.  
● (LA JOLLA VILLAGE, THROUGH 2/18)

**Sherlock Holmes** — Horrors! A Sherlock Holmes for the 21st Century, a man of action, a martial artist, more of a 19th-century James Bond or alternatively an urban *Wild Wild West*-erner, with a pretty-boy Dr. Watson (Jude Law) and a megalomaniacal archenemy (Mark Strong) who foretells “a journey that will twist the very fabric of nature,” not to mention the re-colonization of America. The worst of it, worse than the hero’s unseemly number of brushes with

death or his embarrassing gullibility to feminine wiles, worse even than the blanketing darkness and the teeth-rattling sound and music imposed by director Guy Ritchie, is the insouciance of Robert Downey, Jr. (never mind his bad accent) in the title role. In a rare bow to discretion, he at least lays off the cocaine. Rachel McAdams, Eddie Marsan. 2009.

● (FASHION VALLEY 18; HORTON PLAZA 14; LA JOLLA 12; MISSION VALLEY 20; PALM PROMENADE 24)

**Shutter Island** — Martin Scorsese’s Fifties-period thriller from a Dennis Lehane novel, with Leonardo DiCaprio, Mark Ruffalo, Ben Kingsley, Michelle Williams. (CARMEL MOUNTAIN 14; CHULA VISTA 10; DEL MAR HIGHLANDS 8; FASHION VALLEY 18; GASLAMP 15; GROSSMONT CENTER 10; LA

COSTA 6; LA JOLLA 12; MISSION MARKETPLACE 13; MISSION VALLEY 7; MISSION VALLEY 20; OTAY RANCH 12; PALM PROMENADE 24; PLAZA BONITA 14; POWAY 10; RIVER VILLAGE 6; TOWN SQUARE 14; FROM 2/19)

**A Single Man** — Adaptation of the Christopher Isherwood novel detailing the planned last day of a homosexual English professor (an exquisitely tortured Colin Firth) grieving his dead lover, anally-compulsively tying up loose ends, saying his guarded goodbyes, practicing the proper posture to shoot himself in bed, laying out his burial attire with the helpful note, “Tie in a Windsor knot.” Fashion “guru” Tom Ford, in his directing debut, sees to it that the dumps are *très chic*, almost to be envied and emulated. He demonstrates convincingly a photographic eye to go along with a curatorial taste in the early-Sixties period, although the total ambience resembles that of a retro pictorial in *Harper’s Bazaar* rather than an accurate depiction of a gloomy Brit in sunny So-Cal during the Kennedy Era. And he controls the color saturation of his imagery as if through an IV, maintaining gray drained faded tones for the present tense, pedantically contrasted with florid flushed flashbacks; and any passing sensory sensation in the faded present, any flicker of life, any tremor of reanimation, any stir of passion, will bring a sudden surge of saturation. It’s a definite idea, even if a transparent one. With Julianne Moore, Nicholas Hoult, and Matthew Goode. 2009.

★ (HILLCREST CINEMAS)

**Up in the Air** — A comedown from Jason Reitman’s auspicious first two features, *Thank You for Smoking* and *Junio*, narrowly centered as it is on a narrowly self-centered hero, a travelling corporate downsizer, a hired hatchet man, now a potential dinosaur whose way of life is threatened — by long-distance terminations via the innovation of video conferencing — before he can reach his lone life’s goal of becoming just the seventh man in history, and the youngest ever, to log ten million air miles and to reap the benefits that come with that milestone. The smirky smugness of a backsliding George Clooney, back at least as far as Danny Ocean if not all the way to Dr. Ross on *ER*, makes him an unlikely candidate to be handing out pink slips, unless as a grotesque expressionistic subjective projection of the pink-slip recipients. The recipients themselves, while widely varied in type, many of them having been downsized in real life, are for the most part penned up in bum’s-rush montages. And the movie overall seems to share rather too much of the protagonist’s glibness and frigidity. Waiting for a crack to appear in his façade is a sufficiently conventional plot hook, and patching up the crack afterwards is an insufficiently unconventional ending. Vera Farmiga, Anna Kendrick, Jason Bateman, Melanie Lynskey, Danny McBride. 2009.

★ (CARMEL MOUNTAIN 14; FASHION VALLEY 18; GASLAMP 15; LA JOLLA 12; LA PALOMA; TOWN SQUARE 14)

**Valentine’s Day** — Reviewed this issue. With Ashton Kutcher, Jennifer Garner, Toopher Grace, Anne Hathaway, Hector Elizondo, Shirley MacLaine, and Julia Roberts; directed by Garry Marshall.

● (CARMEL MOUNTAIN 14; CHULA VISTA 10; DEL MAR HIGHLANDS 8; FASHION VALLEY 18; GASLAMP 15; GROSSMONT CENTER 10; LA COSTA 6; LA JOLLA 12; MISSION MARKETPLACE 13; MISSION VALLEY 7; MISSION VALLEY 20; OTAY RANCH 12; PALM PROMENADE 24; PLAZA BONITA 14; POWAY 10; RIVER VILLAGE 6; SANTEE DRIVE IN; TOWN SQUARE 14)

**When in Rome** — Frightfully unfunny romantic-comic fantasy revolving around a

junior curator at the Guggenheim, a single girl in Rome for her younger sister’s wedding, who does as the Romans do not: pilfering five coins from the Fontana d’Amore and in magical consequence drawing their last owners to her like a magnet. If nothing else, with creamy-dreamy cinematography by John Bailey, this serves as a test of whether or not the chiselled and clenched Kristen Bell (*Forgetting Sarah Marshall*, *Couples Retreat*, etc.) can carry a movie by herself, albeit only a balsa-light one. Reckless would it be, off the results, to repeat the experiment taking away the helping hand of the casually confident Josh Duhamel or adding a bobby pin of extra weight. With Angelica Huston, Danny DeVito, Jon Heder, Will Arnett, Dax Shepard, Alexis Dziena, and Don Johnson; directed by Mark Steven Johnson. 2010.

● (CARMEL MOUNTAIN 14; DEL MAR HIGHLANDS 8; FASHION VALLEY 18; HORTON PLAZA 14; MISSION VALLEY 7; MISSION VALLEY 20; OTAY RANCH 12; PALM PROMENADE 24; PLAZA BONITA 14; TOWN SQUARE 14)

**The White Ribbon** — In starchy, flat, monotonic black-and-white, Michael Haneke details the unsettling goings-on — unsettling being Haneke’s staff of life — in a Protestant town in northern Germany in the year leading up to the First World War. If the reminiscing narrator, in old man’s voice, hadn’t suggested at the outset that the events “could perhaps clarify some things that happened in this country” — presumably things that happened in the lead-up to the Second World War — it is doubtful whether the viewer would find much significance in the goings-on or would be much disposed to search for some. They’re dispersed over a two-and-a-half-hour running time, such that there’s a disconnectedness about them and little tension or suspense in between. In the end, it’s difficult to escape the feeling that the whole infested village couldn’t just as well be plunked down in Sweden or Holland. And what would be the significance of that? Christian Friedel, Leonie Benesch, Ulrich Tukur, Burghart Klausner, Rainer Bock. 2009.

★ (HILLCREST CINEMAS)

**The Wolfman** — Reviewed this issue. With Benicio Del Toro, Anthony Hopkins, Emily Blunt, and Hugo Weaving; directed by Joe Johnston.

★ (CARMEL MOUNTAIN 14; CHULA VISTA 10; DEL MAR HIGHLANDS 8; FASHION VALLEY 18; GASLAMP 15; GROSSMONT CENTER 10; LA COSTA 6; LA JOLLA 12; MISSION MARKETPLACE 13; MISSION VALLEY 7; MISSION VALLEY 20; OTAY RANCH 12; PALM PROMENADE 24; PLAZA BONITA 14; POWAY 10; RIVER VILLAGE 6; TOWN SQUARE 14)

**The Young Victoria** — And the young Albert. (Psst, wanna see the Queen in her teddies?) The story of the first occupant of the spanking new Buckingham Palace is a story of protofeminist liberation — “Even a palace can be a prison” — and a testament to the capacity of British thespians, specifically Emily Blunt, Rupert Friend, Paul Bettany, Miranda Richardson, Mark Strong, Harriet Walter, Jim Broadbent, among others, to play any dry and droning history lesson as if it were Shakespeare. The rather bland love story ultimately nudges out the pungent family relations, and the only goose bumps come courtesy of Handel and high volume. Directed by Jean-Marc Vallée. 2009.

★ (GASLAMP 15; LA JOLLA VILLAGE)



# CLASSIFIED ADS

Check out ads at **SDReader.com**  
Each print ad comes with an online ad.

**TO PLACE AN AD:** Call 619-235-8200 8:30am to 5pm Monday through Friday.

**WALK-IN:** 1703 India Street (at Date), Little Italy, 92101

**DEADLINES:** 3pm Monday for ads in Help Wanted, Career Training, Employment Services, Employment Agencies, and Business Opportunities.  
4pm Tuesday for all other ads.

## HELP WANTED CALL CENTERS



**DISPATCHERS.** Western Towing seeks full-time, energetic, self-motivated Call Center Dispatchers. All shifts available. Fast-paced environment. Qualified candidates should possess excellent communication and computer skills and be able to multitask. Must have dispatch experience and knowledge of the San Diego County roads. Competitive pay and comprehensive benefits package including 401(k), medical, dental, life insurance and more. Apply in person: 4370 Pacific Highway, San Diego; Fax resume: 619-295-6892, Attention: Human Resources; or e-mail: [humanresources@westerntowing.com](mailto:humanresources@westerntowing.com). Drug-free, EOE.



**TELEPHONE INTERVIEWERS.** No sales! Friendly, outgoing and dependable. CSR and Sales experience a plus. Parking. Hourly pay plus paid training and benefits. [www.luthresearch.com](http://www.luthresearch.com). Accepting applications at Luth Research, 1365 Fourth Avenue, downtown. Job Hotline: 619-243-8045. [www.luthresearch.com](http://www.luthresearch.com).

## HELP WANTED CUSTOMER SERVICE

**BARTENDER OPENINGS.** No experience required. Earn \$150- \$250/ day. Will train. Call now, 760-621-0860.

**CUSTOMER SERVICE.** Immediate full- and part-time openings. Flexible schedule. Customer service, sales, promotions or marketing experience a plus but not required. E-mail resume: [bryne10@yahoo.com](mailto:bryne10@yahoo.com).

## HELP WANTED DOMESTIC SERVICE

**ASSISTANT COMPANION** needed for mature executive in the San Diego area. Must have a medical background and minimum of 10 years' experience. Must be able to care for antiques and collectibles. Clean driving record and great references required. Salary: \$48K. Call 310-274-6436 or e-mail resume to [info@canyceleb-staffing.com](mailto:info@canyceleb-staffing.com).

## HELP WANTED DRIVERS / DELIVERY

**DISPATCHER/ BILINGUAL** Office Assistant. Full time, 5:30-9:30am and 1-5pm Monday- Friday. Must have valid Class-B license with passenger endorsement, computer and office experience and know the transportation industry. Call Sandra for details: 619-287-0628.

**DRIVER/ COURIER.** Part-time shifts available. Must have pickup with shell, mini-van or cargo van. Excellent pay, mileage and benefits! Call 858-444-2350.

**DRIVERS.** \$1700-\$2400 monthly. Fuel paid. Auto parts delivery with late model pickup truck, car, van. Clean DMV. Local and North County. Bonus paid. Independent contractors. 619-461-2048.

**DRIVERS.** Must have Class B license with passenger endorsement and at least 6 months' experience working with the elderly and/ or developmentally disabled. Fixed route, Monday- Friday, 37-40 hours/ week. Six openings— 4 bilingual required. Call 619-287-0628.

## HELP WANTED EDUCATION

**EDUCATION:** UHS Schools- Steele Canyon (El Cajon) seeking Moderate/ Severe Teacher, On- Site Supervisor and Education Assistant for students with challenging behaviors. [EdJoin.org](mailto:EdJoin.org) or [Julie.Ellis@uhsinc.com](mailto:Julie.Ellis@uhsinc.com).

**EDUCATION.** Harmonium Children's Programs seeks quality full-time and part-time staff to work on school grounds: Activity Leaders and Inclusion Facilitators for before/after school care. Infant/Toddler Teachers for licensed day care. License #376700280. E-mail resumes to [jobs@harmoniumsd.org](mailto:jobs@harmoniumsd.org). [www.harmoniumsd.org](http://www.harmoniumsd.org).

## HELP WANTED EMPLOYMENT AGENCIES

**GOVERNMENT JOBS.** Earn \$12-\$48/ hour. Full medical benefits/ paid training.

Clerical, administrative, health care, law enforcement, construction, park service, more! Call 7 days. 1-800-858-0701 x2005. (AAN CAN)

## HELP WANTED HEALTH CARE

**ADULT FOSTER CARE.** Experienced Medical and Mental Health professionals to care for our adult clients with developmental disabilities in your own home. Monthly stipend: \$1000-\$3400. Learn more! Orientations held the 1st and 3rd Tuesday each month, 2pm. 2525 Camino Del Rio South, #160, San Diego, 92108. Visit: [www.thementornetwork.com](http://www.thementornetwork.com). Program Recruiter: 619-293-0214.

**CAREGIVER WANTED.** Spring Valley, 2 days/ week for male quad. Must have experience, valid CA driver's license, pass background check. Male preferred. Call Allen: 619-697-1806.

**CAREGIVER, LIVE-IN/ HOUSEKEEPER.** 6- bed Residential Care Facility Elderly (RCFE). Assist with showers, etc. Room and board plus salary. Security fingerprint check required. 619-460-2272.

**CAREGIVERS, CNAs, HHAs.** Immediate openings throughout San Diego and North County. Full time, part time, hourly and live-in available. Call for an interview 9am-5pm, Monday-Friday: 760-730-3955. Avalon Home Care, 2541 State Street, Suite 111, Carlsbad, CA 92008.

**CAREGIVERS: LIVE-INS,** 2, 3, 4 or 5 days/week, \$120/day (including sleep and meal periods). Weekends and hourly. Top pay, flexible shifts 24/7, 401(k), production bonus, rewards for good work. Requires valid driver's license, vehicle/insurance, registration, one year of paid elder caregiving experience, eligibility to work in the United States. \$150 hiring bonus for

employees accepting North County live-in assignments (after 90 days of employment). Free seminar at our San Diego office: "What It Takes To Be A Comfort Keeper," first Monday of each month at 5pm. Space is limited, call for a reservation. Comfort Keepers, San Diego: 619-795-6036. San Marcos: 760-598-3400.

**CAREGIVERS/ COMPANIONS.** Minimum 1 year's experience non-medical home care for seniors. Valid California driver's license. Serving Santee/ La Mesa/ Del Cerro/ San Carlos. Visiting Angels, 619-749-7525.



**CAREGIVERS/ COMPANIONS.** Home care agency has immediate openings for compassionate and experienced Caregivers in the El Cajon, Lakeside, Granite Hills, Bostonia, Rancho San Diego, Alpine and Julian areas. Must have 2+ years healthcare experience, valid CA driver's license and reliable transportation. Background check required. Visiting Angels, 619-987-4910.

**CAREGIVERS/CNAs/HHAs.** Immediate openings. Hourly, Live-in, Nights. Cheerful Caregivers needed to assist seniors in-home. Minimum 1- year experience. Premium pay/bonuses/ benefits, 24-hour office support. Age Advantage, 619-660-8881, 760-720-7272.

**HEALTHCARE: RNs, LVNs, AIDES.** Join La Jolla Nurses! Looking for Home Health Aides, ongoing assignments. Also per diem work—you pick the days, hours and shifts! Competitive pay rates, excellent work assignments. State-licensed home health agency. Medical, dental and vision benefits; referral bonus. La Jolla Nurses HomeCare, 858-454-9339. [www.lajollanurseshomecare.com](http://www.lajollanurseshomecare.com).

**IN-HOME CARE.** Caregivers and Companions. Minimum 1 year's experience non-medical home care for seniors. Valid California Driver's License. Serving Santee/La Mesa/Del Cerro/San Carlos. Visiting Angels, 619-749-7525.

**JOB COACHES.** Community-oriented Center for Independent Achievement is seeking dependable individuals in East County. 1:4 group ratio maximum. \$8.50-\$9.50/ hour. Annual raises. Bonuses for exceptional performance. Benefits with full-time. [pficareer@yahoo.com](mailto:pficareer@yahoo.com). Fax: 619-592-4878. 619-592-4850.

**LICENSED VOCATIONAL NURSES.** AccentCare is a national leader in providing home health care services. We offer full-time, part-time, per diem 1:1 private duty shift care (including school cases countywide), competitive pay and excellent support system. Join our team and make a difference! Requires: Valid LVN license, at least one year actual LVN work experience, current CPR card, valid CA driver's license, reliable auto with proof of insurance and registration. Call 800-590-0030, fax 800-607-3307, or e-mail [aasuncion@accentcare.com](mailto:aasuncion@accentcare.com). [www.accentcare.com](http://www.accentcare.com). EOE.

HELP WANTED

## Fundraising

A national Telemarketing firm with over 20 years in business, specializing in fundraising for the Democratic Party and charities, is currently hiring Telemarketers for its San Diego center.

- \$9.50/hour • Paid training • Performance bonuses
- Medical/dental • 401(k) • Hiring 12:30-9 pm shift
- Convenient Kearny Mesa location



9620 Chesapeake Drive, Suite 108  
San Diego, CA 92123-1369

Call 10 am-5 pm for interview: 858-496-2100

Marketing

## Best Preparation in Town \$800-\$1200/Week

Pacific Home Remodeling has the best training system to put \$\$\$ in your pocket. We don't sell, but promote energy-efficient, eco-friendly products for homeowners. Are you looking for a fun job that will work with your schedule? If the following traits describe you, please contact us!

- Trainable • Enthusiastic • Hardworking • Ambitious • Team Player



Call to schedule an interview:

**(858) 866-0183**

6875 Nancy Ridge Drive  
San Diego, CA 92121

[www.PacificHomeRemodeling.com](http://www.PacificHomeRemodeling.com)

## Professional Sales Opportunity!

Is money a problem?  
Then we have the solution!

Seeking candidates who speak  
**ENGLISH - SPANISH - KOREAN**  
Call our customers and start earning full-time pay  
on a part-time basis! Flexible part-time hours.  
Represent nationally recognized companies  
and non-profit organizations.

**858-292-8822**



Apply online at  
**[www.dialamerica.com/sandiego](http://www.dialamerica.com/sandiego)**



## Caregivers Needed

Live-in caregivers, 3 and 4 days shifts. High profile clients. Interviewing Monday- Friday, 10- 4. No appointment required. Home Care Assistance, 162 S. Rancho Santa Fe Road, B-10, Encinitas. www.HCA-sd.com 877-254-4860.

**NON-RN NURSING.** Certified Nursing Assistants and Healthcare Assistants (C.N.A. and EKG Certification required). Palomar Pomerado Health is hiring. **Apply online from any computer at: www.PPH.org** or in person, Monday-Friday, 7:30am-4:30pm: Human Resources Administrative Offices for Palomar Pomerado Health, 456 East Grand Avenue, Escondido, 92025; Pomerado Hospital. Applications available via computer kiosk in main hospital lobby, 15615 Pomerado Road, Poway, 92064; Palomar Continuing Care Center: Applications available via computer kiosk in main hospital lobby, 1817 Avenida del Diablo, Escondido, 92029. All PPH campuses are smoke-free.

**NURSES: LICENSED VOCATIONAL NURSES.** AccentCare is a national leader in providing home health care services. We offer full-time, part-time, per diem 1:1 private duty shift care (including school cases, countywide), competitive pay and excellent support system. Join our team and make a difference! Requires: Valid LVN license, at least one year actual LVN work experience, current CPR card, valid CA driver's license, reliable auto with proof of insurance and registration. Call 800-590-0030, fax 800-607-3307, or e-mail aauncion@accentcare.com. www.accentcare.com. EOE.

**SOCIAL SERVICES.** Promising Futures, Inc., is hiring reliable, caring individuals to work with the developmentally disabled in East County and Ramona. Part- and full-time positions. \$8-\$10/ hour plus benefits. Overtime opportunities available. pficareer@yahoo.com. Fax resume: 619-592-4878. Call 619-592-4850.

## HELP WANTED JOBS WANTED

**COMPANION HELPER FOR ELDERLY.** Looking for compatible person to serve. Honest, reliable, trustworthy, experienced. References. CNA, HHA, CPR trained. Call Lisa, 858-353-6344. Central coastal area.

**EXPERIENCED NANNY** seeking position. With glowing references to care for infant/ toddler in your home. Detail

oriented, with a loving touch. Own transportation. Mainly Spanish speaking. 619-646-7795.

**I AM A VOLUNTEER DRIVER** seeking individuals who need help with pickups/ deliveries, errands, shopping, appointments, etc. Mileage reimbursement only. 619-276-3728.

**JOB WANTED.** I would like to be your personal assistant. Certified. Enthusiastic, reliable. Learn and easily adapt to new career environment. English/ Spanish speaking. 619-715-7374.

**JOB WANTED.** Professional English Nanny/ nurse. 20 years' childcare experience. Specialties: Premature, newborn, toddlers. Reliable, love for children, excellent local references. Nursing degree. Background check. 619-297-6480.

**JOB WANTED. Caregiver, house cleaning, driving, cooking, shopping. Can do it all. Many years of experience. Excellent references. Available anytime. 619-231-8602.**

**JOB WANTED.** Compassionate, sweet lady, 15 years' experience. References. TLC, caregiver, nanny, housekeeper, pet sitter, confidant. 619-444-7679.

**UNEMPLOYED HOMELESS VETERANS.** You may be eligible: Job search/resume preparation, placement assistance, support services, job-related clothing/ tools, housing referrals. VA benefits referrals. Appointment: 619-449-5513.

## HELP WANTED MISCELLANEOUS

**ALL NORTH COUNTY.** (56 north): Circulate State-wide petitions; no experience, no sales, Petitioners (circulators) earn \$20-\$50+/ hour as independent contractors. Full/ part time. 760-643-1150.

**CIRCULATE ALL PETITIONS.** Collect signatures on statewide petitions. No experience necessary. Paid 2x/ week. \$10-\$30+/ hour. Independent contractor, immediate openings. Full-/ part-time. 619-615-8703.

**CUSTOMIZED EMPLOYMENT Program for Veterans separated within the last 48 months. Space is limited. Call 619-424-6860.**

**DONATE QUALIFIED PLASMA,** earn money every week. Requirements: 18-65 years old, good health, proof of Social Security number, proof of current address, current photo ID. Bring in this ad and receive a \$5 bonus after your first donation! OctaPharma Plasma, 3232 Duke Street, San Diego (off Midway),

619-758-9278. www.octapharmaplasma.com.

**EARN MONEY EVERY WEEK** for qualified plasma donations. Requirements: 18-65 years old, good health, proof of Social Security number, proof of current address, current photo ID. Bring in this ad and receive a \$5 bonus after your first donation! OctaPharma Plasma, 3232 Duke Street, San Diego (off Midway), 619-758-9278. www.octapharmaplasma.com.

**GET PAID TO SHOP!** Mystery Shoppers. Earn up to \$200/day. Experience not required. Call now: 800-486-7204.

**PILATES INSTRUCTORS.** Evening Instructors. Luxury Residential and Corporate facilities. All client types. Minimum certification and 2 years' experience required. E-mail: fitx@fitxsandiego.com. Fax resume: 858-715-8681. Call 858-715-8611.

## HELP WANTED RESEARCH STUDIES

**PAID RESEARCH STUDY** Volunteers. UCSD Department of Psychiatry, Anxiety, Stress, Pain Sensitivity. Males or females, 18-65 years of age. If you have been diagnosed with PTSD, another anxiety disorder or do not have anxiety but would like to participate in research and are otherwise healthy, please call for more information. You will be reimbursed a total of \$45. 858-534-2671.

## HELP WANTED RESTAURANT / HOTEL / CLUB

**FOOD PREP WORKER.** Full-time position. \$8.84-\$10.40/hour. 1- year Food Prep experience. High school graduate or GED or minimum 3 years' experience related to kitchen/ Food Prep. Flexible work schedule including weekends and holidays. OHI is a mission of the Free Sacred Trinity Church, a non-denominational church that has been operating spiritual retreats since 1976. Nonsmoking, drug-free environment. Benefits. Apply online at www.optimumhealth.org or in person: 9665 Granite Ridge Drive, Suite 310, San Diego 92123. 858-634-5519.

**HOTEL POSITIONS:** Front Desk, Housekeeper and Night Auditor openings at the Inn at Mission Bay. Must be able to work a flexible schedule. Apply in person or by e-mail: 4545 Mission Bay Drive, San Diego, CA 92109. kumar@palaciohotels.com.

## HELP WANTED RETAIL

**RETAIL: TARGET LEADERS** (Hourly Department Managers). Lead teams that provide fast, fun and friendly service to Target guests, both face-to-face and by supporting sales floor teams. Areas available throughout the store. To apply, visit Target.com/careers. Or apply in person at any of our stores. Please submit your application to the Oceanside, Encinitas, Balboa and El Cajon stores to be considered for one of these positions. EOE/drug-free workplace.

## HELP WANTED SALES / MARKETING

**APPOINTMENT SCHEDULER.** \$15/ hour plus bonus. Appointment setting business- to- business via phone, no selling. Part time only. Morning hours, 7:30-11:30am, Miramar area. Paid training. Can earn up to \$20/ hour. E-mail resume to employment@versacall.com or send resume to Scheduler, 7047 Carroll Road, San Diego, CA 92121. 858-677-6766.

**FUNDRAISING** for national charities and the Democratic Party. Over 20 years in business. \$9.50/hour. Paid training. Performance bonuses. Medical, dental, 401(k). Hiring 12:30pm-9pm shift. Convenient Kearny Mesa location. Apply at Gordon & Schwenkmeyer: 9620 Chesapeake Drive, San Diego, 92123-1369. Please call 10am-5pm for interview: 858-496-2100.

**GREAT DOLLARS** plus Career Opportunities for your future! Immediate openings. Energetic environment. Great job! 401(k), medical, dental. Vacation/ holiday pay. Daily cash splits. Average closer \$60K+/ year! If you are disciplined, coachable and looking to join a great team with an easy- to- sell product that's high integrity, call us today! Shannon, Media All-Stars, 858-300-9734. www.MediaAllstars.com.

**INSIDE SALES.** Great money plus career opportunities! Immediate Sales openings for entry-level and closers. Great work environment. Convenient location. 401(k), medical, dental, paid vacations, holidays. If you are disciplined, coachable and looking to join a great team with an easy-to-sell product and high integrity, call today! Average closer \$60K+/ year! Media All-Stars, 8525 Gibbs Drive #206, 92123. Ask for Shannon, 858-300-9734. www.MediaAllStars.com.

**INSIDE SALES.** Sales/ Fundraising. Part/ full time. 401(k), medical, dental, paid vacations, holidays. Fun, relaxed

environment, easy- to- sell product. Average closer \$70K+/ year! E-mail resume to jobs@biggameproduction.com or call Big Game Productions, 800-359-5666, ask for Tony.

**INTERNET SALES.** Home-based business income opportunity. Like to earn up to \$250K a year? Live the life you've always dreamed about. Small start- up. 858-380-7974.

**MARKETING.** \$800-\$1200/week. Pacific Home Remodeling has the best training system to put money in your pocket. We don't sell, but promote energy-efficient, eco-friendly products for homeowners. If you are a trainable, enthusiastic, hardworking team player, please contact us! 858-866-0183. www.pacifichomeremodeling.com.

**Attention Life Agents** Mortgage protection closer needed. Free write- in leads. Work San Diego County. Big money! Hard working, loyal. Spanish speaking a plus. 213-387-9284.

**PART- TIME SALES.** Great potential! High income. Flexible hours. Call 858-633-1099.

**RELOADER'S PARADISE:** 2 front rooms producing leads. Best commission and bonus structure. Most extensive product line. Embroidered hats and full clothing line. Contests for you and your customers. Build your own database. Sign-on bonuses available for established Reloaders. Call Gary: 619-220-7025.

**RESERVATION AGENTS.** Great pay! Fun environment. Day and night shifts available. Close to public transportation. Medical and dental benefits. Call today to schedule an interview: 619-516-4276. jgrey@pmonarch.com.

**SALES OPPORTUNITY!** Professional Sales. Is money a problem? Then Dial America Marketing has the solution! Seeking candidates who speak English, Spanish or Korean. Call our customers and start earning full-time pay on a part-time basis! Flexible part-time hours. Represent nationally recognized companies and non-profit organizations. 858-292-8822. Apply online at www.dialamerica.com/sandiego.

**SALES.** Come on in and give it a try! 39-year-old aggressive sales company in San Diego needs smart, funny people who want to learn how to sell. Must be able to read. No experience necessary. Apply today, start tomorrow! 3 locations. Paid training. Monday-Friday, 7am-3pm. 401(k), medical, dental, vision (after 90 days). Don't let this opportunity pass you by! Kearny Mesa: Allen, 800-854-1549 x101. Sorrento Valley: Dan, 800-854-2830 x233. Oceanside: Mike, 619-701-3631.

**SALES.** Supplement your income. Excellent income potential! \$10 starts you in a new career. Full- or part-time. Build your business working with top-selling Avon representatives. Perfect for self-starters with a commitment to helping others succeed. Kathleen: 619-429-1253; 888-429-1253. www.youravon.com/kennis.

**SALES. Highest commissions anywhere! Advertising Specialties. Set your own hours. Be your own boss. If you're a professional closer, call for details. Don't miss this opportunity! 619-402-3198.**

**TELEMARKETING.** Fundraising for Democratic Party and national charities. Over 20 years in business. \$9.50/hour. Paid training. Performance bonuses. Medical, dental, 401(k). Hiring 12:30pm-9pm shift. Convenient Kearny Mesa location. Apply at Gordon & Schwenkmeyer: 9620 Chesapeake Drive, Suite 108, San Diego, 92123-1369. Please call 10am-5pm for interview: 858-496-2100.

**TELEPHONE INTERVIEWERS.** No sales! Conduct opinion polls in our Kearny Mesa office. No experience necessary. Paid training. Part-time, full time, afternoons, evenings, weekends. Flexible schedules. Looking for good communicators with basic computer skills. Bilingual English/ Spanish is a plus. \$9/ hour; bilingual \$9.50/ hour to start. EOE. 858-637-4000.

**TURN HEALTH INTO WEALTH!** Part-time opportunities. Call 858-633-1099.

**WORK FROM HOME!** Great potential! High income. Flexible hours. Call 858-633-1099.

## HELP WANTED SALONS

**BARBERS WANTED.** Licensed barbers wanted for brand- new barber shop. Fully equipped, located near downtown San Diego. Booth rental: \$125/ week. Call William: 619-415-6491.

## Busy Gaslamp Salon Seeks Booth Renters

Hair Designers. Make great money! Walk- ins available! Great urban loft environment, convenient parking, \$700/ month. Move- in incentives. 619-231-7588.

**HAIRSTYLIST.** Model Call Salon & Spa, with locations in La Jolla and Hillcrest, seeks enthusiastic professionals to join our exclusive Bumble & Bumble Salon. Great education and training. For more information, please call 619-296-8021.

**HAIRSTYLIST.** Crimson Chic, Downtown's premier hair salon, is seeking a Hair Designer to join our talented team. Booth rent preferred, commission considered. Telephone 619-231-2442.

**HAIRSTYLISTS WANTED.** Full/ Part time. Commission or booth rental. Good location! Atria Salon Professionals, 1730 Alpine Blvd., Suite 205, Alpine 91901. Call Tina, 619-445-7975.

**HAIRSTYLISTS.** Got style? Established salon has great opportunities for hardworking, creative Stylists. We offer: Generous pay, health insurance, great

## HELP WANTED

## COME ON IN & GIVE IT A TRY!

39-year-old aggressive sales company in San Diego is in need of smart, funny people who want to learn how to sell. Must be able to read. No experience necessary. Apply today, start tomorrow. 3 locations.

- Paid training (Mon-Fri 7 am-3 pm) • 401(k)
- Medical • Dental • Vision (after 90 days)

## DON'T LET THIS OPPORTUNITY PASS YOU BY!

**Kearny Mesa: 800-854-1549 x101, Allen Sorrento Valley: 800-854-2830 x233, Dan Oceanside: 619-701-3631, Mike**

## Earn Extra \$\$ Every Week For Qualified Plasma Donations

### Requirements:

- 18-65 years old • Good health
- Proof of Social Security number
- Proof of current address • Current photo ID

Bring in this ad and receive a \$5 bonus after your first donation!

octapharma  
plasma

Formerly known as Pyramid Biological Corporation & Life Sera  
3232 Duke St. (off Midway Dr.) • 619-758-9278



## Reservation Agents Needed

- Great Pay • Fun environment
- Day & night shifts available
- Close to public transportation
- Medical & Dental Benefits



Call today to schedule an interview:  
**619-516-4276**  
**jgrey@pmonarch.com**

## MYSTERY SHOPPERS

Get paid to shop!

Earn up to  
\$200 per day.

Experience  
NOT required.

Call NOW:  
(800) 775-9924





incentives, upbeat environment, best training in industry, growth opportunities. Call to schedule your interview today! 858-380-5882.

**NEW SALON.** Looking for Hairstylists, Manicurists, Estheticians. Booths available. Next to Grossmont Center in La Mesa. Affordable rent: \$165- Hair; \$150- Esthetician; \$110- Nails. Sharing OK. Call Ania, 619-838-4675.

## HELP WANTED SECURITY

**SECURITY GUARDS** needed for prestigious Downtown San Diego sites. Must be customer-service oriented, computer literate, and have excellent communication skills. All shifts available! Securitas offers: Free Guard Card training, medical/ dental/ vision and 401(k), excellent working environment, free uniforms. For fastest response, apply online now! [www.securitasjobs.com](http://www.securitasjobs.com), or call San Diego: 619-641-0049; San Marcos: 760-591-3733; Temecula: 951-676-3954. EOE/M/F/N/D, drug free. PPO 14827.



**SECURITY OFFICERS.** Allied Barton Security Services. Full/ part time, variety of shifts available. Up to \$12/ hour, medical/ dental/ vision, 401(k) with company match, holiday pay, paid vacation, free uniforms, Guard Card class offered, uniform cleaning allowance, free life insurance/ full term. Must be at least 18 years of age and have a high school diploma/ GED. Apply online: [www.AlliedBarton.com](http://www.AlliedBarton.com) or [www.GreatSecurityJobs.com](http://www.GreatSecurityJobs.com). Or apply in person 8am-4pm, Monday-Friday: 9370 Sky Park Court, Suite 150, San Diego, 92123. Call: 858-874-8200.



**SECURITY PROFESSIONALS.** Secure a new career in the growing field of Security and Asset Protection. Full/ part time and flexible schedules. Excellent compensation. Professional certification. Benefits include: 401(k) with company

match, medical, dental, vision, life, disability, accident, much more! Free classes and training! Requires valid CA driver's license, current CA Guard Card, phone, transportation. Must be able to read/write/understand English. Apply Monday-Friday, 8am-4pm, at 8001 Vickers Street, San Diego 92111. Call: 858-244-1896; e-mail: [DG\\_GuardRecruiting@GMIweb.com](mailto:DG_GuardRecruiting@GMIweb.com). Lic #PP011072.

## HELP WANTED TRADES / LABOR

**ASSISTANT HOUSEKEEPING Manager.** \$14.36-\$17.95/ hour. 2+ years' experience in a fast-paced hotel or healthcare environment. High school graduate or GED. Must speak English. Optimum Health Institute is a mission of the Free Sacred Trinity Church, a non-denominational church that has been operating spiritual retreats since 1976. Apply online: [www.optimumhealth.org](http://www.optimumhealth.org) or apply in person at 9665 Granite Ridge Drive, Suite 310, San Diego 92123. 858-634-5519.

**ASSISTANT KITCHEN MANAGER.** \$14.36-\$17.95/ hour. Must have 1 or more years' supervisory experience, 2 years' Food Prep experience in a fast-paced hotel or healthcare facility. High school graduate or GED. Must speak English. Optimum Health Institute is a mission of the Free Sacred Trinity Church, a non-denominational church that has been operating spiritual retreats since 1976. Submit your resume and cover letter to [kitchen-jobs@optimumhealth.org](mailto:kitchen-jobs@optimumhealth.org) or fax to 858-634-5029.

**BEE REMOVAL TECHNICIAN** Clean driving record. Drug free. Good communication skills. Ability to pass background check. Light construction helpful. Paid training for qualified candidates. 619-866-6173.

**HOUSEKEEPER II/ Room Attendant.** \$10.63-\$12.50/ hour. Full time. Must have 3 years' hotel experience and speak English. High school graduate or GED. Optimum Health Institute is a mission of the Free Sacred Trinity Church, a non-denominational church that has been operating spiritual retreats since 1976. Apply online at [www.optimumhealth.org](http://www.optimumhealth.org) or in person: 9665 Granite Ridge Drive, Suite 310, San Diego 92123. 858-634-5519.

## CAREER TRAINING

## FIND YOUR NEW CAREER IN LESS TIME FOR LESS \$\$

### Medical • Business • Investigative

Medical Biller • Medical Office Administrator  
Medical Administrative Secretary • Medical Transcriptionist  
Computerized Office Specialist • Certified Phlebotomy Tech 1  
Clinical Medical Assistant • Advanced Medical Coder  
Administrative & Clinical Medical Assistant  
Private Investigator

— Military Spouses Free Training to those who are qualified —

Universal Schools & Colleges  
of Health and Human Services



San Diego • 619.858.3480  
San Marcos • 760.918.8198  
[www.uscmcd.com](http://www.uscmcd.com)



Text USCMED to 74700  
for \$250 OFF your Enrollment

# You've been promising yourself a new career— Mueller College has new programs!

For the first time in its 33-year history, Mueller College has added to its well-known massage and bodywork programs by offering Personal Fitness Trainer and Hypnotherapist programs.



### Hypnotherapist

- Learn how to open your own practice as a professional hypnotherapist
- Get real-world experience and start building your client base *before* you graduate
- Have fun while becoming a life-management expert
- Our experienced practicing hypnotherapists are ready to show you how to gain the success you have been looking for
- Picture yourself helping others to achieve their personal goals, while achieving your own!

### Personal Fitness Trainer

- Learn to be a fitness professional in just one year!
- Learn from industry pros like Mr. Olympia Jay Cutler at our exclusive Boot Camp in Las Vegas
- Learn by doing – you will be working with real clients in real fitness institutions
- Prepare to pass the highly-sought-after NSCA certification to give you an edge in the market
- Our experienced trainers will give you the real-world experience to manage your career like a pro!

### Massage/ Holistic Health

- Be your own boss in as little as 9 months!
- Start working with actual clients while still in school – build your practice as you learn
- Learn from Holistic Health Practitioners, doctors and other practicing professionals
- Gain experience in our Community Wellness Center
- Three in-depth programs available:
  - Holistic Health Practitioner
  - Massage Therapist - Asian Modalities
  - Massage Therapist - Western Modalities

MUELLER COLLEGE



HOLISTIC STUDIES

4607 Park Boulevard, San Diego  
888-299-1408 • [www.mueller.edu](http://www.mueller.edu)

Institution accredited by ACCSC.  
Financial Aid available for those who qualify.

**TO TRAIN FOR A NEW CAREER NOW, TEXT "CAREER" TO 88467**

Standard text messaging rates may apply.



# Life's good working as a Medical Assistant

## We offer training for:

- Respiratory Therapy
- Dental Assistant
- Medical Assistant
- Surgical Technology
- Massage Therapy
- Vocational Nursing
- Insurance Coding & Billing Specialist

Call daytime, evenings or Saturdays!

**1-800-249-7303**

[www.concorde4me.com](http://www.concorde4me.com)

**CONCORDE**  
CAREER COLLEGE  
Specializing in Healthcare Training

4393 Imperial Avenue, Suite 100  
San Diego, CA 92113  
VA Approved for Eligible Veterans.  
Financial Aid available to those who qualify.  
Accredited Member, ACCSC.

## Professional Bartenders School

- 1- & 2-week courses
- Weekend classes available
- Job placement program

**Lowest tuition!**

Call today

**760-471-5500**

[www.ProBartendingSchool.com](http://www.ProBartendingSchool.com)

**SHIPPING/ RECEIVING/** Inventory Clerk. Growing technology company. Motivated, detail-oriented. High- tech office environment. Must be able to lift 40 pounds and must be very computer savvy. Include salary requirements and reference code: SRC01. jobssdr@discounttechnology.com. Fax: 619-491-9419.

**WAREHOUSE MANAGER.** Growing technology company. Motivated, detail-oriented. Prior management experience required. High- tech office environment. Must be able to lift 40lbs and willing to work as well as supervise. Must be very computer savvy. Include salary requirements and reference code: WM01. jobssdr@discounttechnology.com. Fax: 619-491-9419.

**WAREHOUSE SPECIALIST.** DIRECTV Home Services is currently recruiting for the following position: Warehouse Specialist (San Diego, CA) - 1000218. Please reference "Newspaper" as your referral source. If you are not able to access our Website, DIRECTV.com, please mail your resume and salary requirements to: DIRECTV Home Services, Attn: Recruiting, 6501 E. Bellevue Avenue, Suite 500, Englewood, CO 80111. Please also include the reference number for the position in which you are interested. EOE.

**WATER SYSTEMS OPERATOR I/II/III** \$23.21-\$33.59/ hour. Otay Water District is seeking a Water Systems Operator I/II/III to perform a variety of duties involving monitoring and operating potable water distribution, disinfection, pumping, and storage systems. Additional functions may be required depending upon level of appointment. Please visit our online Employment Center at [www.otaywater.gov](http://www.otaywater.gov) for more information and to submit an online application. Applications will be accepted until 5pm on February 26, 2010. EOE.

## HELP WANTED COMPUTER/ TECHNICAL

**PC TECHNICIAN.** Pre/ Post-sales tech support and customer service for web store/ consulting firm. Windows/ DOS/ NT, general IT hardware required. Geek at heart. Include salary requirements and reference code: PCT01.jobssdr@discounttechnology.com. Fax: 619-491-9419.

**TECHNOLOGY SALES EXEC.** for B2B Web store. Must be very computer savvy. Excellent telephone manners. Prefer tech/engineering background. Base plus commission. Include salary requirements and reference code: SE01. jobssdr@discounttechnology.com. Fax: 619-491-9419.

**WEB GURU/ CONTENT CREATOR** wanted to develop/grow web store (front and back end). Applicants should be very expert in HTML and Photoshop. Knowledge of XML, CSS, Javascript, SOAP, SQL, Netsuite preferred. Include salary requirements and reference code: WCC01. jobssdr@discounttechnology.com. Fax: 619-491-9419.

## CAREER TRAINING

**A ACADEMY OF BARTENDING.** Make money! Fun! New friends! Learn behind real bar. 1-2 week course. Weekend classes available. Part- and full-time. Job placement assistance. Please call 619-296-0600.

**ACCOUNTING JOBS!** Are you analytical? A problem solver? A good communicator? If so, our five- month training program will teach you the skills to take advantage of the unlimited opportunities in this rewarding profession. Morning and evening

sessions. The Accounting Academy, 760-510-1990. [www.theaccountingacademy.com](http://www.theaccountingacademy.com).



**ACCOUNTING, COMPUTERS, Medical:** Day, evening, and online classes start soon! Also offered: Medical Assisting, Respiratory Therapy, X-ray Technology (limited scope), Lab Technology, Pharmacy Technology, Healthcare Administration, Medical Coding/Billing, Nursing Administration, Medical Specialties, Medical Office Administration. Associate's/Bachelor's degrees, Certifications and Licenses, Programs approved for Veterans. Accredited member ACCSC. See Job Giant, page 5. Job placement assistance for graduates, financial aid (if qualified). Classes begin each month! Enroll today! California College San Diego, 2820 Camino Del Rio South, San Diego (92108). 1-888-887-1740. [www.californiacollege.info](http://www.californiacollege.info).



**ADMINISTRATIVE MEDICAL Assistant.** Comprehensive course provides the skills and knowledge required for entry-level position in the healthcare industry. Medical Assisting Profession. Interpersonal Skills and Human Behavior, Medicine and Ethics, Medicine and Law, Computer Concepts, Patient Reception and Processing, Written Communications, Medical Records Management, Basics of Health Insurance, Financial and Practice Management. Course length: 10 weeks. Tuition assistance available for those eligible. Votec Training, 8304 Clairemont Mesa Boulevard #103, San Diego, 92111. 858-565-0663; Fax 858-565-0411. [www.votectraining.com](http://www.votectraining.com).

## CAREER TRAINING

**CAREER TRAINING**  
**You Can Make More Money\* and Get a Better Job**  
*Get the right degree for the New Year!*



**MEDICAL**  
*Courses in:*  
 Medical Assisting  
 Respiratory Therapy  
 X-Ray Technology (Ltd.Scope)  
 Laboratory Technology  
 Pharmacy Technology  
 Healthcare Administration  
 Medical Coding/Billing  
 Nursing Administration\*  
 Medical Specialties  
 Medical Office Administration  
 Preparation for Certifications/Licenses\*\*

**COMPUTERS  
BUSINESS & ACCOUNTING**

- Financial Aid Available for Qualified Students
- Associate's, Bachelor's & Master's Degrees
- Employment Assistance for Graduates
- Preparation for Certifications and Licenses\*\*
- Accredited Member ACCSC
- Programs Approved for Veterans

*Evening, Day & Online\* Classes Start Next Month*

**LAPTOP COMPUTER!**  
Use it in college and keep it when you graduate.  
Certain restrictions apply. Call for details.



**California College San Diego**  
2820 Camino Del Rio South, San Diego, CA 92108

**888-881-3774**  
[www.californiacollege.info](http://www.californiacollege.info)

\*www.census.gov/population/www/socdemo/education/igs2006.html (See Table 6) \*\*Certifications/licenses may require additional study and cost.  
†Offered fully online by Stevens-Henager College\* Salt Lake City/Murray an affiliated college.

FIRST STEP TOWARDS YOUR NEW CAREER

## Train to become a Dental Assistant in only 8 months!\*

Also training:

- Medical Assistant
- Medical Administration/Insurance
- Pharmacy Technician
- Computerized Office/Accounting

**Valley Career College**  
878 Jackman St. ▪ El Cajon  
1 block west of Parkway Plaza

619-593-5111

[valleycareercollege.com](http://valleycareercollege.com)

Financial Aid Available (if qualified)  
Approved for WIA, TRA, VA benefits  
Day & Evening Classes ▪ Job Placement Assistance

\*Evening classes in 9 months





**CONCORDE**  
CAREER COLLEGE  
Specializing in Healthcare Training

# Massage Therapy

*An In-Demand Career!*

In as few as **9 MONTHS\*** you can be ready for your career as a...

- Medical Assistant
- Insurance Coding & Billing Specialist
- Dental Assistant
- Massage Therapy

We also offer programs in:

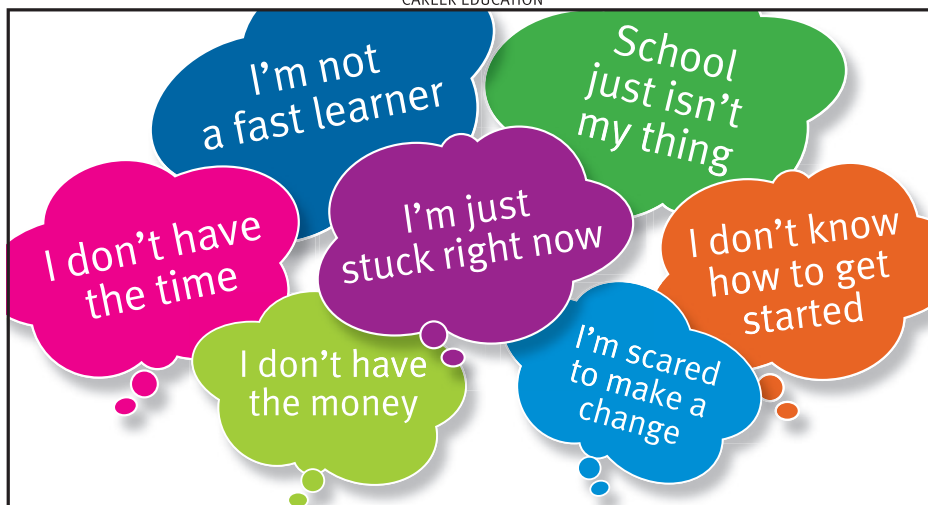
- Respiratory Therapy — (AS)
- Vocational Nursing
- Surgical Technology

*Call right now for more info!*

**1.888.844.6753**  
[www.concorde4me.com](http://www.concorde4me.com)

**Now Offered at our San Diego campus!**  
4393 Imperial Ave., Ste. 100 | San Diego, CA 92113  
\*Program length varies.  
VA Approved for Eligible Veterans.  
Financial Aid available to those who qualify.  
Accredited Member, ACCSC.





## Enough with the Excuses!

At **Kaplan College** you could train for a new career in less time than you think.

Career Placement Assistance • High School Diploma or GED Required

**CALL NOW FOR A BROCHURE!**  
**800-983-8644** DEPT. 682  
[www.KaplanCollege.com](http://www.KaplanCollege.com)



**KAPLAN  
COLLEGE**

San Diego Campus  
 Vista Campus  
 Chula Vista Campus

Ask about our  
 Professional  
 Development  
 Classes.

**3D ANIMATION  
 GRAPHIC DESIGN  
 VIDEO PRODUCTION  
 WEB DESIGN**

**CALL NOW**  
**866.752.8826**  
[www.MediaArtSchool.com](http://www.MediaArtSchool.com)

- Bachelor & Associate Degrees
- Financial Aid (for those who qualify)
- Approved for V.A. benefits
- Job placement assistance
- Day & evening classes
- Inverted curriculum
- Fixed tuition costs



**PLATT COLLEGE**  
 SAN DIEGO

## **UEI COLLEGE** **IS PROUD TO** **ANNOUNCE OUR NEWEST** **CAMPUS IN SAN MARCOS**

Career Education

**NO  
 HIGH SCHOOL  
 DIPLOMA  
 OR GED  
 REQUIRED**

**Train for careers in:**

- Business Management – AAS Degree Program<sup>+</sup>
- Medical Assistant
- Dental Assistant
- Massage Therapy<sup>+</sup>
- Pharmacy Technician\*
- Medical Billing & Insurance Coding
- Business Office Administration
- Computer Systems Technician
- Criminal Justice<sup>++</sup>

**CALL TODAY**

**888-784-1683**

[WWW.TRANSFERTOEICOLLEGE.COM](http://WWW.TRANSFERTOEICOLLEGE.COM)

**NOW SERVING THE  
 NORTH COUNTY AREA**

**UEI**  
 College

Not All Programs Available at All Campuses  
 Financial Aid Available if Qualified  
 Lifetime Job Placement Assistance  
<sup>+</sup> Length of Programs May Vary  
<sup>\*</sup> HS Diploma/GED Required

Chula Vista / San Diego / San Marcos, CA



Give us **8** months

We'll give you a career

Train to become a Medical Assistant.

We also train for

- » Massage Therapy<sup>+</sup>
- » Business Office Administration
- » Medical Billing & Insurance Coding
- » Dental Assistant
- » Pharmacy Technician\*
- » Computer Systems Technician
- » Business Management—AAS Degree Program<sup>+</sup>
- » Criminal Justice<sup>+</sup>\*

[www.infofromuei.com](http://www.infofromuei.com)

Call Today!

**877.749.6433**

**UEI**  
College

Chula Vista / San Diego / San Marcos, CA

Not All Programs Available at All Campuses

Financial Aid Available if Qualified

Lifetime Job Placement Assistance

<sup>+</sup> Length of Programs May Vary

\* HS Diploma/GED Required

**PLATT COLLEGE**  
SAN DIEGO

**ANIMATION—3D** Video Production, Web Design, Graphic Design. Platt College offers Bachelor and Associate degrees, fixed tuition costs, day and evening classes, placement assistance, financial aid if qualified. Call today for a free info pack: 1-866-752-8826. Visit: [www.MediaArtSchool.com](http://www.MediaArtSchool.com).

**BARTENDERS** in demand. No experience necessary. Make up to \$300 per shift. Part time, day, evening, night shifts available. Training, placement, certification provided. Call 877-879-9153. (AAN CAN)

**BARTENDING SCHOOL.** Hands-on training. Learn to bartend from San Diego's #1 bartending school. Affordable two-week course, job placement assistance, financing available. Make great money. San Diego Bartending School, 6690 Mission Gorge Road, Suite K, San Diego, CA 92120. Call today for a free tour! 619-281-2345. [www.SanDiegoBartending.com](http://www.SanDiegoBartending.com).

**BECOME A BARTENDER!** North County's only Professional Bartenders School. Offering 1 and 2 week courses, weekend

classes and job placement opportunities. [www.probartendingschool.com](http://www.probartendingschool.com) Call today 760-471-5500.

**BECOME A CERTIFIED NURSING Assistant in 24 days!** Lowest tuition in San Diego. Must have High School degree or G.E.D. 99% passing and hiring rate. Next classes start March 15. Financing available. 7750 Dagget Street, #101, San Diego, CA 92111. [ihg.info@gmail.com](mailto:ihg.info@gmail.com).



**CALIFORNIA MEDICAL COLLEGE**

**BILLING AND CODING.** Fast and affordable. 20% tuition reduction for 2009! Start a new career in 6 months. Job placement assistance, financing, free books/ supplies. Train with San Diego's best doctors. Small classes, free tutoring, more certifications in less time. Best value guaranteed. Call 888-585-7537. [www.CMCSanDiego.com](http://www.CMCSanDiego.com).

**UEI**  
College

**BUSINESS OFFICE ADMINISTRATION.**

Business Admin. UEI also offers programs for Pharmacy Technician, Dental Assistant, Medical Billing/ Insurance Coding, Massage Therapist, Computer Systems Technician. Approved Veterans, Rehab, WIA. Job Placement Assistance, Financial Aid (if qualified). United Education Institute, 3666 Kearny Villa Road, #100, 92123; 310 3rd Avenue, #C6, Chula Vista 91910. Call today! 1-877-206-1915. Visit our website: [www.infofromuei.com](http://www.infofromuei.com).



**BUSINESS, COMPUTERS** and Accounting: Day, evening, and online classes start soon! Also offered: Medical Assisting, Respiratory Therapy, X-ray Technology (limited scope), Lab Technology, Pharmacy Technology, Healthcare Administration, Medical

Coding/Billing, Nursing Administration, Medical Specialties, Medical Office Administration. Associate's/Bachelor's degrees, Certifications and Licenses. Programs approved for Veterans. Accredited member ACCSC. See Job Giant, page 5. Job placement assistance for graduates, financial aid (if qualified). Classes begin each month! Enroll today! California College San Diego, 2820 Camino Del Rio South, San Diego (92108). 1-888-887-1740. Visit: [www.californiacollege.info](http://www.californiacollege.info).

**COLEMAN UNIVERSITY.** Technology Sciences. New name, same excellence in education. Classes begin soon! Be career ready in one year! Over 90% placement rate. VA approved, career services available, financial aid available for those who qualify. Kearny Mesa/ San Marcos. Visit: [www.coleman.edu](http://www.coleman.edu), and call today! 800-430-2030.

**COMPUTER COURSES.** Coleman University. New name, same excellence in education. Classes begin soon! Be career ready in one year! Over 90% placement rate. VA approved, career services available, financial aid available for those who qualify. Kearny Mesa/ San Marcos. Visit: [www.coleman.edu](http://www.coleman.edu), and call today! 800-430-2030.

**UEI**  
College

**COMPUTER SYSTEMS TECHNICIAN.** UEI also offers programs for Pharmacy Technician, Dental Assistant, Business Office Administration, Massage Therapist, Medical Billing & Insurance Coding. Approved Veterans, Rehab, WIA. Job Placement Assistance, Financial Aid (if qualified). United Education Institute, 3666 Kearny Villa Road, #100, 92123; 310 3rd Avenue, #C6, Chula Vista 91910. Call today! 1-877-206-1915. Visit our website: [www.infofromuei.com](http://www.infofromuei.com).



**COMPUTERIZED OFFICE:** and Accounting. Start training for a new career! Morning, afternoon and evening classes forming now. Small classes, free tutoring. VA benefit approved. Job

**A New Healthcare Career In Just 6 Weeks!**

**Become a Phlebotomy Technician**



The training program consists of a combination of classroom instruction and a clinical externship at our affiliated hospitals and clinics.

- No Experience Necessary
- Must Have High School Diploma/Equivalent



Call for details:  
**Family Health Services**  
**619.955.1007**

[www.familyhealth-services.com](http://www.familyhealth-services.com)

BPPVE Register #3708721

**Certified Nurse Assistant in 24 days!**

Lowest tuition in San Diego.

**Next class starts March 15.**

7750 Dagget St. #101  
San Diego, CA 92111  
[ihg.info@gmail.com](mailto:ihg.info@gmail.com)

**INTERNATIONAL HEALTH GROUP, INC.**  
**1-888-354-1507**

**Life's good working as a Dental Assistant**

**We offer specialized training for:**

- Medical Assistant
- Surgical Technology
- Respiratory Therapy
- Insurance Coding & Billing Specialist
- Dental Assistant
- Vocational Nursing
- Massage Therapy

**CONCORDE**  
CAREER COLLEGE  
Specializing in Healthcare Training

**Call daytime, evenings or Saturdays!**  
**1-888-715-9886**  
[www.concorde4me.com](http://www.concorde4me.com)

4393 Imperial Ave., Ste. 100 • San Diego, CA 92113  
VA Approved for Eligible Veterans. Financial Aid available to those who qualify. Accredited Member, ACCSC.



placement assistance. Financial aid available (if qualified). Accept non-high school graduates. Valley Career College, 878 Jackman Street, El Cajon, 1 block west of Parkway Plaza. 619-593-5111. [ValleyCareerCollege.com](http://ValleyCareerCollege.com).



**COMPUTERS, BUSINESS,** Accounting: Day, evening, and online classes start soon! Also offered: Medical Assisting, Respiratory Therapy, X-ray Technology (limited scope), Lab Technology, Pharmacy Technology, Healthcare Administration, Medical Coding/Billing, Nursing Administration, Medical Specialties, Medical Office Administration. Associate's/Bachelor's degrees, Certifications and Licenses. Programs approved for Veterans. Accredited member ACCSCT. See Job Giant, page 5. Job placement assistance for graduates, financial aid (if qualified). Classes begin each month! Enroll today! California College San Diego, 2820 Camino Del Rio South, San Diego (92108). 1-888-887-1740. Visit: [www.californiacollege.info](http://www.californiacollege.info).

**COOKING SCHOOL:** Culinary, Baking, Advanced Pastry programs. See what makes National Schools the best culinary and baking school in San Diego: Small classes with private hands-on instruction from the best teachers in the industry—all ACF certified! Convenient La Mesa location with plenty of parking. Job placement assistance upon completion of program. Lowest prices in town! Call 619-461-2800 for a tour and sit in on a class. [www.nationalschools.com](http://www.nationalschools.com).

**COSMETOLOGY.** The beauty industry offers you the personal freedom and financial rewards you desire! Full-time day or part-time evening training, with classes starting year-round. Financial Aid available for those who qualify. Come take a tour! We guarantee a 5-minute, stress-relieving scalp treatment with every haircut or your haircut is free! We do great color, brilliant highlights, full-head bleaches, perms and waves, prom and bridal up-style, relaxers and more! Appointments available Monday through Saturday. All services performed by students under the direction of an instructor. **Paul Mitchell The School—San Diego, 410 A Street, San Diego 92101. 619-398-1590. [www.pmtssandiego.com](http://www.pmtssandiego.com).**

**COURT REPORTING.** Build your future with Sage College! Excellent career opportunities. Financial aid available for those who qualify. Online classes available; AA degree offered. Fully accredited. Call now for your Admissions Appointment! Mission Valley: 2820 Camino del Rio South, Suite 100, San Diego; 619-683-2727. Moreno Valley: 12125 Day Street, Building L; 951-781-2727. [www.sagecollege.edu](http://www.sagecollege.edu).



**CRIMINAL JUSTICE.** Introducing the 9 month Criminal Justice Program from UEI College. Learn a career you can be proud of: Hotel, Retail, and Gaming Surveillance, Private Investigation, Evidence Management. Financial aid available if qualified. Chula Vista and San Diego campuses. Call today! 877-206-1915. [www.infofromuei.com](http://www.infofromuei.com).



**CRIMINAL JUSTICE.** Crime Scene Investigation, Casino Surveillance, Corrections, and more. Kaplan College offers on-the-job training, career placement. Financial aid available for those who qualify. Kaplan College, San Diego, North County and Chula Vista campuses. 800-982-2543, Dept. 684. [www.KaplanCollege.com](http://www.KaplanCollege.com).

**DENTAL ASSISTANT TRAINING:** Work chair-side assisting dentists as they examine and treat patients. Graduate in 9 months! Morning, afternoon, evening classes; lifetime job placement assistance and financial aid if qualified. Pima Medical Institute, 1-888-746-2778. 780 Bay Boulevard, Chula Vista (I-5 at J Street). [www.pmi.edu](http://www.pmi.edu).

## CAREER TRAINING

### Begin Your Career As A VIDEO GAME ARTIST!



THE **PIXEL YARD**  
SCHOOL OF ART

858-427-1616

[WWW.THEPIXELYARD.COM](http://WWW.THEPIXELYARD.COM)

# Serious about Nursing?

## Train to be a Vocational Nurse

Career Placement Assistance  
Approved for VA & WIA Benefits  
Financial Aid Available for Those Who Qualify



CALL NOW FOR A BROCHURE!

**800-984-3658** Dept. 683

[www.KaplanCollege.com](http://www.KaplanCollege.com)

San Diego Campus • Vista Campus

High School Diploma or GED required



## Discover A New Career in Acupuncture, Oriental Medicine, and Massage

**Now Enrolling for Spring and Fall Semesters**

### Admissions Open House Information Orientation

Wednesday, March 10, 6:00 – 8:00 p.m.

#### Learn about:

- The different modalities of Oriental Medicine and Asian Body Therapy
- Full or part-time Associate's, Bachelor's, and Master's programs
- The admissions process and how to finance your education

\*Accredited by ACCSC and ACAOM

**Financial Aid Available**  
(For those who qualify)

**For More Information or to RSVP:**

**1-800-618-8121**



**Pacific College of  
Oriental Medicine**

[www.PacificCollege.edu](http://www.PacificCollege.edu)

7445 Mission Valley Road, Suite 105 • San Diego, CA 92108




RED MEAT

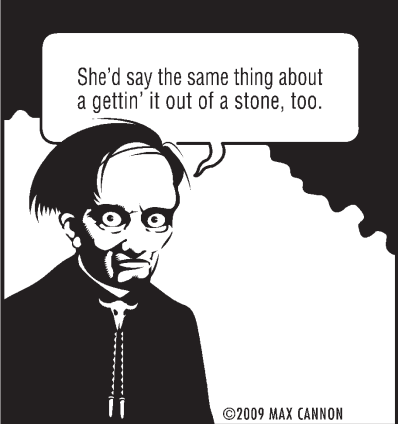
flop sweat shirt squeezings

from the secret files of  
Max Cannon

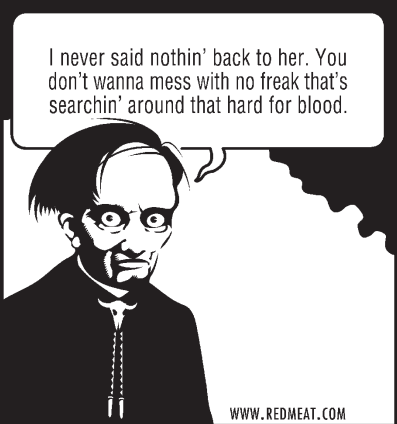
My mom always use'ta say, "you can't get no blood from a turnip."



She'd say the same thing about a gettin' it out of a stone, too.



I never said nothin' back to her. You don't wanna mess with no freak that's searchin' around that hard for blood.



©2009 MAX CANNON

WWW.REDMEAT.COM



**VALLEY CAREER COLLEGE**

**DENTAL ASSISTANT:** Start training for a new career! Morning, afternoon, and evening classes forming now. Small classes. Free tutoring, in-the-field training. WIA, VA benefit approved. Job placement assistance, financial aid available (if qualified), accept non-high-school graduates. Valley Career College, 878 Jackman Street, El Cajon, 1 block west of Parkway Plaza. 619-593-5111. [ValleyCareerCollege.com](http://ValleyCareerCollege.com).

**DENTAL ASSISTANT.** Now enrolling, call today! Concorde Career Institute, 4393 Imperial Avenue, Suite 100, San Diego

92113. 888-283-6911. [www.Concorde4me.com](http://www.Concorde4me.com).



**UEI College**

**DENTAL ASSISTANT.** Classes for Massage Therapist, Business Office Administration, Medical Billing/ Insurance Coding, Pharmacy Technician, Computer Systems Technician! Approved Veterans, Rehab, WIA. Job Placement Assistance, Financial Aid (if qualified). Call and visit our campuses! United Education Institute, 3666 Kearny Villa Road, #100, 92123; 310 3rd Avenue, #C6, Chula Vista 91910. Call today! 1-877-206-1915. [www.infofromuei.com](http://www.infofromuei.com).

CAREER TRAINING



**KAPLAN COLLEGE**

**DENTAL ASSISTING.** You could work with doctors. Call Kaplan College today to find out more. According to the Bureau of Labor Statistics, Dental Assistant careers are expected to grow 29% through the year 2016. That's about 82,000 new jobs! Campus locations in North County and San Diego. 800-982-3915, Dept. 684. [www.KaplanCollege.com](http://www.KaplanCollege.com).



**CALIFORNIA MEDICAL COLLEGE**

**EKG TECHNICIAN:** Get your EKG Certification—only 64 hours. Earn both

state and national certificates. Taught by physicians. Course includes classes and practical hands on clinical externship. Small class sizes, free tutoring, books and materials. Financing available. Call 858-357-8800 to enroll. [www.CMCsandiego.com](http://www.CMCsandiego.com).



**VOTEC TRAINING**

**ELECTRONIC EQUIPMENT ASSEMBLY. IPC-610D.** Job Training! Start your new career in only 8 weeks. Day and evening classes. Extensive hands-on course to provide basic skills and knowledge for entry-level position. Course covers Safety, Circuit Boards and Components, PCB Soldering and Construction, Fundamentals of Soldering and Desoldering, Wiring Techniques, Surface Mount and Through-Hole Soldering, NASA Workmanship Standards, Externship, and more. Tuition Assistance



**FOOD HANDLER EDUCATION**

Certificate. County "Health Card." Required for employees of restaurants and other food- service businesses. Attend a 3- hour class and receive a card valid for three years. Classes are available days, evenings and weekends. 619-294-2192. Foodservice Managers Certification. Se habla espanol. Call 619-757-1017.

**FREE ADVICE!** We'll help you choose a program or degree to get your career and your life on track. Call Collegebound Network Today! 1-877-892-2642. (AAN CAN)

**FREE GUARD TRAINING.** (For those qualified). Guard Card, Firearm, Baton, Pepper Spray/Mace, Taser, CPR/ First Aid, Report Writing, Tactical Verbal, Defensive Tactics, Handcuffing, Loss Prevention. Veterans, job placement assistance, ongoing support if qualified. Serving San Diego County for 21 years, Nanpor Security Academy, 601 Mission Avenue, Oceanside (92054). [www.nanpor.com](http://www.nanpor.com), 760-439-6400.



**KAPLAN COLLEGE**

**HEALTHCARE CAREER.** In 6 Weeks! Become a Phlebotomy Technician. Classroom instruction and clinical externship at affiliated hospitals and clinics. No experience necessary. Requires high school diploma/equivalent. Bureau for Private Postsecondary and Vocational Education Register (BPPVE) #3708721. Family Health Services, 619-955-1007. [www.familyhealth-services.com](http://www.familyhealth-services.com).

**HEALTHCARE CAREERS.** Train to become a Medical Assistant, Pharmacy Technician, Nursing Assistant, Dental Assistant, Nursing, Back Office, Massage Therapy. Not all programs offered at every location. Kaplan College offers on-the-job training, career placement. Financial aid available for those who qualify. Kaplan College San Diego, North County and Chula Vista campuses. Call today! 800-983-9801, Dept. 684, or visit [www.KaplanCollege.com](http://www.KaplanCollege.com).



**PLATT COLLEGE**  
SAN DIEGO

**GRAPHIC DESIGN—3D ANIMATION,** Video Production, Web Design. Platt College offers Bachelor and Associate degrees, fixed tuition costs, day and evening classes, placement assistance, financial aid if qualified. Call today for a free info pack: 1-866-752-8826. Visit: [www.MediaArtSchool.com](http://www.MediaArtSchool.com).

**GRAPHIC DESIGN.** Coleman University. New name, same excellence in education. Classes begin soon! Be career ready in one year! Over 90% placement rate. VA approved, career services available, financial aid available for those who qualify. Kearny Mesa/ San Marcos. Visit: [www.coleman.edu](http://www.coleman.edu). Call today! 800-430-2030.

**HAIR DESIGN. Paul Mitchell The School - San Diego.** The beauty industry offers you the personal freedom and financial rewards you desire! Full-time day or part- time evening training,


available for those eligible. Votec Training, 8304 Clairemont Mesa Boulevard, Suite 103, San Diego 92111. 858-565-0663. [www.votectraining.com](http://www.votectraining.com).

with classes starting year- round. Financial Aid available for those who qualify. Come take a tour! We guarantee a 5-minute, stress- relieving scalp treatment with every haircut or your haircut is free! We do great color, brilliant highlights, full- head bleaches, perms and waves, prom and bridal up-style, relaxers and more! Appointments available Monday through Saturday. All services performed by students under the direction of an instructor. **410 A Street, San Diego 92101. 619-398-1590. [www.pmtssandiego.com](http://www.pmtssandiego.com).**



**CAREER COLLEGE OF SAN DIEGO**  
**career college SD**

**HEALTHCARE CAREERS.** Start a brand- new career today! Day and evening classes available, financial aid for those who qualify, no high school diploma required or GED required. Call now! Career College of San Diego, 877-792-4283. [www.CareerCollegeSanDiego.com](http://www.CareerCollegeSanDiego.com).



**Augie Barajas, M.Div. '07**

Pastor, Victory Outreach of Eagle Rock, California

**LESSON LEARNED:** God transcends borders.

**MY STORY:** When I was a teenager in Mexico City, my family attempted to escape extreme poverty by immigrating to Los Angeles. This began a journey that would one day lead me across more borders—to Africa.

To learn more about Augie's inspiring story and explore APU's graduate theology programs:

CLICK

CALL

EMAIL

[www.apu.edu/explore/theology](http://www.apu.edu/explore/theology)


(800) TALK-APU

[agilbert@apu.edu](mailto:agilbert@apu.edu)

**AZUSA PACIFIC UNIVERSITY**

**GRADUATE SCHOOL**

**OF THEOLOGY**



**AZUSA PACIFIC UNIVERSITY**

124 San Diego Reader February 18, 2010



**HIGH SCHOOL DIPLOMA!** Fast, affordable and accredited. Free brochure. Call now! 1-800-532-6546 x97, [www.continentalacademy.com](http://www.continentalacademy.com). (AAN CAN)

**INSURANCE CODING/BILLING.** Concorde also offers: A.S. in Respiratory Therapy, Massage Therapy, Surgical Technology, Medical Assistant, Dental Assistant, Vocational Nursing courses. Now enrolling, call today! Concorde Career Institute, 4393 Imperial Avenue, Suite 100, San Diego 92113. 888-254-6904; [www.ContactConcorde.com](http://www.ContactConcorde.com).

**LEARN BARTENDING. 1-2 week course. Learn behind a real bar. Make new friends! Fun! Money! Weekend classes available. Part- and full-time. Job placement assistance. Call 619-296-0600.**

**MESSAGE THERAPIST LICENSE. New fast-track program! Train to meet the new California state licensing requirements. State and nationally certified school. Classes starting now! Vitality College of Healing Arts, 6353 El Camino Real, Suite B, Carlsbad 92009. 760-931-0704. [www.vitalitycollege.com](http://www.vitalitycollege.com).**

**MESSAGE THERAPIST LICENSE. Train to meet the new California state licensing requirements. New fast-track program! State and nationally certified school. Classes starting now! Vitality College of Healing Arts, 6353 El Camino Real, Suite B, Carlsbad 92009. 760-931-0704. [www.vitalitycollege.com](http://www.vitalitycollege.com).**



**MESSAGE THERAPIST.** Massage Course at UEI. We also offer programs for Pharmacy Technician, Business Office Administration, Medical Billing/Insurance Coding, Dental Assistant, Computer Systems Technician, Approved Veterans, Rehab, WIA. Job Placement Assistance, Financial Aid (if qualified). United Education Institute,

3666 Kearny Villa Road, #100, 92123; 310 3rd Avenue, #C6, Chula Vista 91910. Call today! 1-877-206-1915. Visit our website: [www.infofromuei.com](http://www.infofromuei.com).



**MESSAGE THERAPY** and other professional medical courses offered at Kaplan College. Not all programs offered at both locations. Kaplan College offers on-the-job training, career placement. Financial aid available for those who qualify. Kaplan College San Diego and North County campuses. Call today! 800-986-2522, Dept. 684, or visit [www.KaplanCollege.com](http://www.KaplanCollege.com).

## CAREER TRAINING



## Train for a new career in 8 months!\*

# Computerized Office/Accounting

Also offering: Medical Assistant, Dental Assistant, Pharmacy Technician & Medical Administration/Insurance

**Valley Career College**  
878 Jackman St. • El Cajon  
1 block west of Parkway Plaza  
**619-593-5111**  
[valleycareercollege.com](http://valleycareercollege.com)

Financial Aid Available (if qualified)  
Approved for WIA, TRA, VA benefits  
Day & Evening Classes • Job Placement Assistance

\*Evening classes in 9 months.



# Ready to Change Your Life?

Become a

# Court Reporter



- Excellent Career Opportunities
- Financial Aid Available for Those Who Qualify
- Online Classes Available
- Associate Degree Offered
- Fully Accredited

## Call NOW for YOUR Admissions Appointment!

**San Diego Location**  
(619) 683-2727  
2820 Camino del Rio South, Suite 100  
**Moreno Valley Location**  
(951) 781-2727  
12125 Day Street, Building L  
[www.sagecollege.edu](http://www.sagecollege.edu)



Build your future with  
**Sage College!**

## CAREER TRAINING

# You Can Make More Money\* and Get a Better Job



**Accountants make \$59,430\*\* & Financial Analysts make \$73,150\*\***

*"Employment is expected to grow by 22 percent between 2008 and 2018."\*\* - U.S. Bureau of Labor Statistics*

## BUSINESS & ACCOUNTING

Courses in:

Business Management, Accounting  
Office Management, Administration Asst.  
Desktop Publishing, Database Management  
Tax Planning/Preparing, Internet Commerce

Preparation for Certifications/Licenses\*



**Network & Computer Systems Administrators make \$66,310\***

*"Employment is expected to grow much faster than the average, and job prospects should be excellent."\*\**

*- U.S. Bureau of Labor Statistics*

## COMPUTERS

Courses in:

Networking, Web Page Design  
Programming, Computer Technology  
Systems Administration, Visual/C++  
Internet Programming, Telecommunications

Preparation for Certifications/Licenses\*

*Degree Programs in Medical and Graphic Arts also available.*

- Financial Aid Available for Qualified Students • Associate's, Bachelor's & Master's<sup>†</sup> Degrees • Employment Assistance for Graduates • Preparation for Certifications & Licenses\*
- Accredited Member ACCSC • Programs Approved for Veterans • *Evening, Day & Online<sup>†</sup> Classes Start Next Month*



**California College San Diego**  
2820 Camino Del Rio South, San Diego, CA 92108

We make it easy to start college — *Call Now!*

# 888-808-0074

[www.californiacollege.info](http://www.californiacollege.info)

## LAPTOP COMPUTER!

Use it in college and keep it when you graduate.

Certain restrictions apply. Call for details.



\*[www.census.gov/population/www/socdemo/education/cps2006.html](http://www.census.gov/population/www/socdemo/education/cps2006.html) (See Table 8) \*\* <http://www.bls.gov/oco/ocos001.htm#earnings> Median annual wages, May 2008 +Certifications/licenses may require additional study and cost. †Offered fully online by Stevens-Henager College\* SLC/Murray, an affiliated college. \*<http://www.bls.gov/oco/ocos305.htm> ++<http://www.bls.gov/oco/ocos301.htm>



# BELIEVE

YOU CAN HAVE A NEW CAREER  
IN JUST 8 MONTHS

UEI College has believed in their  
students for over **25 years.**

## TRAIN IN THE FOLLOWING PROGRAMS:

- ▶ Business Management – AAS Degree Program\*
- ▶ Medical Assistant
- ▶ Dental Assistant
- ▶ Massage Therapy\*
- ▶ Pharmacy Technician\*
- ▶ Medical Billing & Insurance Coding
- ▶ Business Office Administration
- ▶ Computer Systems Technician
- ▶ Criminal Justice\*\*

NO HIGH SCHOOL  
DIPLOMA  
OR GED REQUIRED

[www.myuei.com](http://www.myuei.com)

CALL TODAY

# 877-355-9044

Chula Vista / San Diego / San Marcos, CA

Not All Programs Available at All Campuses

Financial Aid Available if Qualified

Lifetime Job Placement Assistance

\* Length of Programs May Vary

\* HS Diploma/GED Required

**UEI**  
College



**MEDICAL ADMIN.** Medical Billing and Coding Specialist courses offered for Medical Administrative careers at Kaplan College. We offer on-the-job training, career placement. Financial aid available for those who qualify. Chula Vista, San Diego and North County campuses. Call today! 800-984-1088, Dept. 684, or visit [www.KaplanCollege.com](http://www.KaplanCollege.com).



**MEDICAL ADMINISTRATION/** Insurance. Morning, afternoon and evening classes. Train in claim processing, MediCal, Medicare, coding, collections and computerized account management. 160 hours of your training will take place off campus in the real-world setting of a clinical facility. Small classes, free tutoring. Approved for WIA, VA benefits. Job placement assistance, financial aid available (if qualified). Valley Career College, 878 Jackman Street, El Cajon, 1 block west of Parkway Plaza. 619-593-5111. [ValleyCareerCollege.com](http://ValleyCareerCollege.com).

**MEDICAL ASSISTANT TRAINING:** Assist physicians in the examination and treatment of patients ranging from newborns to senior citizens, as well as perform routine office tasks. Graduate in 9 months! Morning, afternoon, evening classes, lifetime job placement assistance and financial aid if qualified. Pima Medical Institute, 1-888-746-2778. 780 Bay Boulevard, Chula Vista (I-5 at J Street). [www.pmi.edu](http://www.pmi.edu).

**MEDICAL ASSISTANT.** Now enrolling, call today! Concorde Career Institute, 4393 Imperial Avenue, Suite 100, San Diego 92113. 888-283-6911. [www.Concorde4me.com](http://www.Concorde4me.com).



**MEDICAL ASSISTANT.** Medical Assistant. UEI also offers programs for Pharmacy Technician, Dental Assistant, Business Office Administration, Massage Therapist. Approved Veterans, Rehab, WIA. Job Placement Assistance, Financial Aid (if qualified). United Education Institute, 3666 Kearny Villa Road, #100, 92123; 310 3rd Avenue, #C6, Chula Vista 91910. Call today. 1-877-206-1915. Visit our website: [www.infofromuei.com](http://www.infofromuei.com).



**MEDICAL ASSISTANT.** Classes begin each month. Day, evening, and online classes. Medical Assisting, Respiratory Therapy, X-ray Technology (limited scope), Lab Technology, Pharmacy Technology, Healthcare Administration, Medical Coding/ Billing, Nursing Administration, Medical Specialties, Medical Office Administration. Associate's/Bachelor's degrees, Certifications and Licenses. Programs approved for Veterans. Accredited member ACCSCT. See Job Giant, page 5. Job placement assistance for graduates, financial aid (if qualified). Enroll today! California College San Diego, 2820 Camino Del Rio South, San Diego (92108). 1-888-887-1740. [www.californiacollege.info](http://www.californiacollege.info).



**CALIFORNIA  
MEDICAL  
COLLEGE**

**MEDICAL ASSISTING.** Fast and affordable. 20% tuition reduction for 2009! Start a new career in 6 months. Job placement assistance, financing, free books/ supplies. Train with San Diego's best doctors. Small classes, free

tutoring, more certifications in less time. Best value guaranteed. Call 888-585-7537. [www.CMCSanDiego.com](http://www.CMCSanDiego.com).

**VOTEC  
TRAINING**

### MEDICAL BILLING/ CODING.

Comprehensive course offers the skills needed to solve insurance billing and coding problems, complete insurance claim forms, trace delinquent claims and to appeal denied claims. CPT Coding book (Introductions, Guidelines, Evaluation and Management, Surgery, Radiology, Laboratory and Medicine Procedures for Physician Billing); ICD-9 Coding Book (Introduction and Guidelines for Diagnosis Coding and Hospital Procedure Coding); the HCPCS Coding Manual for Supplies; learning the rules and regulations of the basic third party payers (insurances) and reimbursement. Includes a computer lab module that simulates working at a doctor's office using the computer, beginning with making appointments right through to sending claim forms and patient bills. Course length: 12 weeks. Tuition assistance available for those eligible. Votec Training, 8304 Clairemont Mesa Boulevard #103, San Diego, 92111. 858-565-0663. [www.votectraining.com](http://www.votectraining.com).



**MEDICAL CODING/ BILLING.** Classes start soon! California College San Diego offers day, evening, and online classes. Medical Assisting, Respiratory Therapy, Lab Technology, Pharmacy Technology, X-ray Technology (limited scope), Healthcare Administration, Nursing Administration, Medical Specialties, Medical Office Administration. Associate's/ Bachelor's degrees, Certifications and Licenses. Programs approved for Veterans. Accredited member ACCSCT. See Job Giant, page 5. Job placement assistance for graduates, financial aid (if qualified). Classes begin each month! Enroll today! CCSD, 2820 Camino Del Rio South, San Diego (92108). 1-888-887-1740. [www.californiacollege.info](http://www.californiacollege.info).

**UEI  
College**

**MEDICAL INSURANCE.** Billing Medical Insurance. UEI also offers programs for Pharmacy Technician, Dental Assistant, Business Office Administration, Massage Therapist. Approved Veterans, Rehab, WIA. Job Placement Assistance, Financial Aid (if qualified). United Education Institute, 3666 Kearny Villa Road, #100, 92123; 310 3rd Avenue, #C6, Chula Vista 91910. Call today! 1-877-206-1915. Visit our website: [www.infofromuei.com](http://www.infofromuei.com).



**MEDICAL SPECIALTIES:** Medical Assisting, Respiratory Therapy, X-ray technology (limited scope), Lab Technology, Pharmacy Technology, Healthcare Administration, Medical Coding/Billing, Nursing Administration, Medical Specialties, Medical Office Administration. Associate's/Bachelor's degrees, Certifications and Licenses. Programs approved for Veterans. Accredited member ACCSCT. See Job Giant, page 5. Job placement assistance for graduates, financial aid (if qualified).

Classes begin each month! Enroll today! California College San Diego, 2820 Camino Del Rio South, San Diego (92108). 1-888-887-1740. [www.californiacollege.info](http://www.californiacollege.info).

**MEDICAL. BUSINESS. INVESTIGATIVE.** Medical Biller. Medical Office Administrator, Medical Administrative Secretary, Medical Transcriptionist. Certified Phlebotomy Tech 1, Advanced Medical Coder. Administrative & Clinical Medical Assistant. Computerized Office Specialist. Private Investigator. Find your new career in less time for less money! Free training to those who are qualified and military spouses. Universal Schools & Colleges of Health and Human Services. U. S. Colleges. San Diego, 619-858-3480. San Marcos, 760-918-8198. [www.uscmed.com](http://www.uscmed.com).

**MEDICAL. BUSINESS. INVESTIGATIVE.** Medical Biller. Medical Office Administrator, Medical Administrative Secretary, Medical Transcriptionist. Certified Phlebotomy Tech 1, Advanced Medical Coder. Administrative & Clinical Medical Assistant. Computerized Office Specialist. Private Investigator. Find your new career in less time for less money! **Free training to Military Spouses who are qualified.** Universal Schools & Colleges of Health and Human Services. U. S. Colleges. San Diego, 619-858-3480. San Marcos, 760-918-8198. [www.uscmed.com](http://www.uscmed.com). **Text USCMED to 74700 for \$250 off your enrollment.**

**MS-INFORMATION SCIENCES.** Coleman University. New name, same excellence in education. Classes begin soon! Be career ready in one year! Over 90% placement rate. VA approved, career services available, financial aid available for those who qualify. Kearny Mesa/ San Marcos. Visit: [www.coleman.edu](http://www.coleman.edu). Call today!! 800-430-2030.



**NURSING ADMINISTRATION:** Day, evening, and online classes start soon! Also offered: Medical Assisting, Respiratory Therapy, Lab Technology, Pharmacy Technology, X-RAY Technology (limited scope), Healthcare Administration, Medical Coding/Billing, Medical Specialties, Medical Office Administration. Associate's/Bachelor's degrees, Certifications and Licenses. Programs approved for Veterans. Accredited member ACCSCT. See Job Giant, page 5. Job placement assistance for graduates, financial aid (if qualified). Classes begin each month! Enroll today! California College San Diego, 2820 Camino Del Rio South, San Diego (92108). 1-888-887-1740. [www.californiacollege.info](http://www.californiacollege.info).



**NURSING CAREERS.** Nursing and Medical Career Training offered at Kaplan College. Kaplan College offers on-the-job training, career placement. Financial aid available for those who qualify. San Diego and North County campuses. Call Kaplan College today! 800-984-3658, Dept. 684, or visit [www.KaplanCollege.com](http://www.KaplanCollege.com).

**CAREER COLLEGE OF SAN DIEGO**  
**career collegeSD**

**OFFICE ASSISTANT COURSE.** Includes laptop to keep when you graduate! Get your diploma in Computer Business Applications. Day and evening classes available, financial aid for those who qualify, no high school diploma required or GED required. Call now! Career

## CAREER TRAINING



## Become a certified Private Security Guard in just 2 weeks!

52-hour training and certification course includes:

- Guard Card
- Power to arrest
- Firearm training
- Baton training
- CPR/first aid
- Public relations
- Liability and legal aspects
- Observation & documentation
- Communication and significance

### No cost to qualified veterans!

Other services: Guard Card renewal, firearm requalification and baton permit

### Coast Career Institute

311 Third Ave., Chula Vista  
619-420-0437

TIB 1657  
TIF 1840

Earn great \$\$ ■ Meet new people ■ Work part or full time

## San Diego's #1 Bartending School

Finish our course in  
only 2 weeks!

We specialize in Bartending *only*.  
Not a Casino Dealing or Cooking school.

**Call for a free tour: 619-281-2345  
and ask about our tuition special!**

Job placement assistance ■ Financing  
Excellent student testimonials

**San Diego Bartending School**

[www.SanDiegoBartending.com](http://www.SanDiegoBartending.com)

6690 Mission Gorge Rd., Ste. K ■ San Diego, CA 92120



Hurry!  
Classes Start  
This Week!

## A Career in Accounting Is a Bright Idea!

- ✓ Good wages & job security
- ✓ Be job-ready in 5 months
- ✓ All the skills you need

**ACCOUNTING ACADEMY**  
SAN DIEGO TRAINING CENTERS

**KEARNY MESA** 7370 Opportunity Road, Ste. G San Diego, CA 92111  
**SAN MARCOS** 1635 Lake San Marcos Dr., Ste. 108 San Marcos, CA 92078

Request a **FREE** information packet. Call: **760-510-1990**  
or go online to: [www.theaccountingacademy.com](http://www.theaccountingacademy.com)







Yulia Solovko  
*Esthetician*  
*Mission Valley*

I would go to when I was 19. You're already grown up; you do all the crazy stuff that grownups do, but you still don't have as much worry. You know how to relax. You have fun. It's not just money, money, money — you don't think about it. I think I would do some things differently but, in general, I don't regret anything. I traveled a lot, I par-tied, and I had fun. A good combination of things.



Keith Kelly  
*Candy Man*  
*Downtown*

I know what I'd say if I had the chance to do it all over again, but I know I'd make the same mistakes I made the first time. I guess I would travel to the year before my mother died, to spend more time with her. My mother died in '01.



Becky Chait  
*Court Interpreter*  
*Bonita*

I think it would be my early teens. I come from a very big family. We all used to come home from school, and each one of us had many, many friends. So, there was always, like, 20 people at my house. We used to get on the roof and jump in the swimming pool. Basically, it was the neighborhood house. My mother had big pots of food for everybody. She treated everybody like they were her children. So, that was a very happy time for me because it was just very free and without cares.



Rebecca Leisorek  
*Barista*  
*Bonita*

I have to say when I found out I was adopted. I think I was five. My mom explained everything to me. It was just very special. For a five-year-old to grasp all that and understand how much you're loved.... I'd have to say that was the best time.



Michael Dombroski  
*Chiropractor*  
*Little Italy*

I would go to 1969 because that's when I was born. It just seems like it was a really cool year. Things were definitely at a creative peak... y'know, man landed on the moon. I would really just want to see what was going on with my parents around the time I was conceived — that energy. Most of the patterns that a person develops in their life — from conception, what the family goes through, up until about age four — are, like, 85 percent of what a person repeats for the rest of their lives. So, to be present and see what was going on at that time would be really invaluable. I'd want to know about that.



Zach Feetz  
*DJ*  
*Kensington*

Nineteen eighty-eight. I was born that year. I'd go, not necessarily to start all over, but to get more of a perspective of what it was like, because I don't really remember.

College of San Diego, 877-792-4283. [www.CareerCollegeSanDiego.com](http://www.CareerCollegeSanDiego.com).  
**PARALEGAL OR COURT REPORTER.** Associate Degree available. Excellent career opportunities! Fully accredited. Financial aid available for those who qualify. Online classes available. Sage College, Moreno Valley: 12125 Day Street, Building L, 92557. 951-781-2727. San Diego: 2820 Camino Del Rio South, #100, 92108. Call now for your Admissions appointment! 619-683-2727. [www.sagecollege.edu](http://www.sagecollege.edu).



**PHARMACY LAB TECH.** Day, evening, and online classes start soon! Medical Assisting, X-ray Technology (limited scope), Respiratory Therapy, Healthcare Administration, Medical Coding/ Billing, Nursing Administration, Medical Specialties, Medical Office Administration. Associate's/Bachelor's degrees, Certifications and Licenses, Programs approved for Veterans. Accredited member ACCSCT. See Job Giant, page 5. Job placement assistance for graduates, financial aid (if qualified). Classes begin each month! Enroll today! California College San Diego, 2820 Camino Del Rio South, San Diego (92108). 1-888-887-1740. [www.californiacollege.info](http://www.californiacollege.info).



**PHARMACY TECH.** UEI also offers programs for Medical Coding/ Billing, Dental Assistant, Business Office Administration, Massage Therapist. Approved Veterans, Rehab, WIA. Job Placement Assistance, Financial Aid (if qualified). United Education Institute, 3666 Kearny Villa Road, #100, 92123; 310 3rd Avenue, #C6, Chula Vista 91910. 1-877-206-1915. [www.infofromuei.com](http://www.infofromuei.com).

**PHARMACY TECHNICIAN TRAINING:** Assist licensed Pharmacists in providing medication and healthcare products to patients. Graduate in 8 months! Morning, afternoon, evening classes; lifetime job placement assistance and financial aid if qualified. Pima Medical Institute, 1-888-746-2778. 780 Bay Boulevard in Chula Vista (I-5 at J Street). [www.pmi.edu](http://www.pmi.edu).



**PHARMACY TECHNICIAN.** Train to become a Pharmacy Technician or other Medical Professional at Kaplan College. Kaplan College offers on-the-job training, career placement. Financial aid available for those who qualify. San Diego and

North County campuses. Call today! 800-984-8543, Dept. 684, or visit [www.KaplanCollege.com](http://www.KaplanCollege.com).



**PHARMACY TECHNICIAN.** Start training for a new career! Morning, afternoon and evening classes forming now. Small classes. The Externship phase of the training is offered in most programs. 160 hours of your training will take place off campus in the real-world setting of a clinical facility. WIA, TRA and VA benefit approved. Job placement assistance. Financial aid available (if qualified). Valley Career College, 878 Jackman Street, El Cajon, 1 block west of Parkway Plaza. 619-593-5111. [ValleyCareerCollege.com](http://ValleyCareerCollege.com).



**PHARMACY TECHNICIAN.** Intensive course, providing the skills and knowledge leading to licensure as a Pharmacy Technician. Work under the direction of a licensed Pharmacist. Assist the Pharmacist in filling prescriptions, compounding medications, assisting patients and ordering supplies. Carry out calculations required for common dosage determination, employing both metric/apothecary systems. Identify/employ pharmaceutical and medical terms, abbreviations, symbols commonly used in prescribing, dispensing, record keeping of medications. Identify drugs, dosages, routes of administration, dosage forms, storage requirements. Perform procedures and techniques relating to manufacturing, packaging, labeling of drug products. Course length: 12 weeks. Tuition assistance available for those eligible. Votec Training, 8304 Clairemont Mesa Boulevard #103, San Diego, 92111. 858-565-0663. [www.votectraining.com](http://www.votectraining.com).



**PLATT (MEDIA ARTS) COLLEGE** offers classes in Web Design, Graphic Design, Video Production, 3D Animation.

Bachelor and Associate degrees, fixed tuition costs, day and evening classes, placement assistance, financial aid if qualified. Call today for a free info pack: 1-866-752-8826. Visit: [www.MediaArtSchool.com](http://www.MediaArtSchool.com).

**PRIVATE INVESTIGATOR.** Start a new career in 2 months or less at U.S. College! Morning, afternoon and evening classes. WIA and low cost funding, workers comp, small classes. Universal

Schools and Colleges of Health and Human Services, San Diego: 619-858-3480; San Marcos: 760-918-8198. [www.uscmed.com](http://www.uscmed.com).



**CALIFORNIA MEDICAL COLLEGE**

**PROFESSIONAL MEDICAL TECH.** Fast and affordable. 20% tuition reduction for 2009! Start a new career in 6 months. Job placement assistance, financing, free books/ supplies. Train with San Diego's best doctors. Small classes, free tutoring, more certifications in less time. Best value guaranteed. Call 888-585-7537. [www.CMCSanDiego.com](http://www.CMCSanDiego.com).



**RESPIRATORY THERAPY COURSE.** Day, evening, and online classes start soon! Also offered: Medical Assisting, Lab Technology, Pharmacy Technology, X-ray Technology (limited scope), Healthcare Administration, Medical Coding/Billing, Medical Specialties, Medical Office Administration. Associate's/Bachelor's degrees, Certifications and Licenses, Programs approved for Veterans. Accredited member ACCSCT. See Job Giant, page 5. Job placement assistance for graduates, financial aid (if qualified). Enroll today! CCSD, 2820 Camino Del Rio South, San Diego (92108). 1-888-887-1740. [www.californiacollege.info](http://www.californiacollege.info).

**RESPIRATORY THERAPY:** (Associate of Occupational Science). Train in less than two years for this specialty that focuses on prevention, diagnoses, treatment, management and rehabilitation of patients with breathing or other cardiopulmonary disorders. Pima Medical Institute, 1-888-746-2778. 780 Bay Boulevard, Chula Vista (I-5 at J Street). [www.pmi.edu](http://www.pmi.edu).

**RESPIRATORY THERAPY.** Concorde offers: A.S. in Respiratory Therapy, Massage Therapy, Surgical Technology, Medical Assistant, Dental Assistant, Vocational Nursing, Insurance Coding & Billing courses. Now enrolling, call today! Concorde Career Institute, 4393 Imperial Avenue, Suite 100, San Diego 92113. 888-254-6904; [www.Concorde4me.com](http://www.Concorde4me.com).

**SECURITY GUARD TRAINING.** Become a fully trained and certified Private Security Guard in just 52 hours/2 weeks! Certificate: Power to Arrest, Liabilities and Legal Aspects, Observation and Documentation, Communication and Significance. BSIS Car/Permits: Guard Card/Baton Permit, Firearm Permit/Tear Gas, First Aid/CPR. Now accepting: WIA/ TAA, Vocational Rehab, Dislocated Workers, Private Pay and others. Coast Career Institute, 311 Third Avenue, Chula Vista, CA 91910, 619-420-0437.

### Fast Track Employment

State Approved Certified Phlebotomy Technician, CPT1, 6 days + 40 hours externship. Start a new career now, call today 800-818-2408, enroll online [www.hcareersnow.com](http://www.hcareersnow.com) — Seating limited.

**SURGICAL TECHNOLOGY.** Start an exciting new career. We also offer courses in Massage Therapy, Medical Assisting, Respiratory Therapy, Insurance Coding and Billing, Dental Assisting, and Vocational Nursing. Call today for more information! Concorde Career College, 4393 Imperial Avenue, Suite 100, San Diego. 888-254-6904; [www.Concorde4me.com](http://www.Concorde4me.com).



**TELECOMMUNICATIONS TECHNICIAN.** Includes Fiber Optics Technician Certification. Get into an expanding field! A new career in 12 weeks! Telecommunications Technicians install networks of low-voltage and fiber optic cabling that are used for the transmission of video, voice and data or other types of signaling. 858-565-0663. [www.votectraining.com](http://www.votectraining.com).

**THEOLOGY CAREERS.** Azusa Pacific University's Graduate School of Theology, Azusa Pacific University. Visit [www.apu.edu/mystery/augeb](http://www.apu.edu/mystery/augeb). Call 800-TALK-APU. E-mail [aligbert@apu.edu](mailto:aligbert@apu.edu).

### Grief Coaching

Train for this rewarding career. On average coaches earn \$200/ hour with the right training! Call 866-344-3108. Visit [www.GriefCoachAcademy.com](http://www.GriefCoachAcademy.com) for your free CD.

**TRUCK DRIVING. Get your career rolling! Exceptional earnings. Drive big trucks. Western Truck School offers the most comprehensive training program in the industry for Drivers with classroom and over-the-road instruction. Only school in California offering On-Line Classroom! We have a job waiting for you, if qualified. No layoffs. No outsourcing. Veteran/ WIA approved. Tuition reimbursement. Day, night, weekend classes. Job placement assistance. 619-670-3384. [www.westerntruckschool.com](http://www.westerntruckschool.com).**

**VETERINARY ASSISTANT PROGRAM:** Just 30 weeks to a career filled with fur and fun! Love your patients and your job as you nurture the health and well-being of animals. Pima Medical Institute offers financial aid if qualified and lifetime job placement assistance. 1-888-746-2778. 780 Bay Boulevard, Chula Vista. [www.pmi.edu](http://www.pmi.edu).

**VIDEO GAME ART.** We teach Maya, Photoshop, ZBrush, the latest industry standards. Characters, Environments, Animation, Concept. Small class sizes.

858-427-1616. **The Pixelyard School of Art.** [www.ThePixelyard.com](http://www.ThePixelyard.com)



**PLATT COLLEGE**  
— SAN DIEGO —

**VIDEO PRODUCTION.** Web Design, Graphic Design. Platt College offers Bachelor and Associate degrees, fixed tuition costs, day and evening classes, placement assistance, financial aid if qualified. Call today for a free info pack: 1-866-752-8826. Visit: [www.MediaArtSchool.com](http://www.MediaArtSchool.com).

**VOCATIONAL NURSING.** Concorde also offers: A.S. in Respiratory Therapy, Massage Therapy, Surgical Technology, Medical Assistant, Dental Assistant, Insurance Coding/ Billing courses. Now enrolling, call today! Concorde Career Institute, 4393 Imperial Avenue, Suite 100, San Diego 92113. 888-254-6904; [www.ContactConcorde.com](http://www.ContactConcorde.com).



**PLATT COLLEGE**  
— SAN DIEGO —

**WEB DESIGN, GRAPHIC DESIGN, 3D Animation, Video Production.** Platt College offers Bachelor and Associate degrees, fixed tuition costs, day and evening classes, placement assistance, financial aid if qualified. Call today for a free info pack: 1-866-752-8826. Visit: [www.MediaArtSchool.com](http://www.MediaArtSchool.com).

## INSTRUCTION

## French lessons from \$9.99 an hour!

All levels, any age  
Children • Teenagers • Adults

Private lessons • Small groups  
Tutoring • Corporate programs

CALL today to schedule your

**FREE LESSON.**

Sophie: 619-339-7993

[sophie@fromenglishtofrench.com](mailto:sophie@fromenglishtofrench.com)

[www.fromenglishtofrench.com](http://www.fromenglishtofrench.com)

License #B2003009811

Complimentary  
espresso and drink!



Astound your friends & become famous!

THE READER PUZZLE:

RULES OF THE GAME

1) Submit your completed puzzle to the Reader each week for our ongoing contest! We keep track of each puzzle you successfully complete and the results are posted online each week to sandiegoreader.com. But your submission will only be counted when you successfully complete a puzzle AND get it to us by 7:00 a.m. Monday.  
2) Be one of the first 125 people who submit the correct answers to one of the puzzles and we will print your name in the paper along with your brief message (10 words or less, no URLs or phone numbers). Entries must include a message. This is a great way to express yourself. You may submit a new message weekly. We reserve the right to edit or reject inappropriate text.  
3) The puzzle-contest ranking, shown online and in the paper, will begin anew every three months. Complete the journey four times a year!  
4) Entries must be faxed to 619-231-0489 or 619-233-7907 or mailed to Reader Puzzle, P.O. Box 85803, San Diego, CA 92186-5803, or delivered through our mail slot at 1703 India Street in Little Italy, or scanned and e-mailed to: puzzles@sreader.com. Submissions by e-mail must be attached in JPG format, 800 by 800 pixels, maximum file size of 1MB. Submissions that don't fit the format will not be counted or viewed.  
5) 10 Reader T-shirts are awarded weekly to contenders chosen randomly!  
And now for the really small print:  
1) All answers must be legible and entered in the spaces provided.  
2) Late entries will not be considered.  
3) One entry per person per week or you will be disqualified.  
4) Employees of the Reader and their immediate families are not eligible.

Across

- 1. Heavyweight champ Willard
- 5. Twinkie alternative
- 9. Suffix with Kafka
- 14. "On the Waterfront" director Kazan
- 15. Big name in faucets
- 16. Goes bad
- 17. Kottballe

- 20. :50
- 21. "Ugly Betty" network
- 22. Fed. agency that's ass backwards?
- 23. Pain
- 31. "We're not supplying liquor," in an invitation
- 32. Harlem Renaissance author Jean
- 33. "Thanks, but \_\_\_\_ already"
- 36. "Time \_\_\_\_ the essence"
- 39. Spanish silver
- 40. Shui jiao
- 43. Mardi Gras giveaway
- 44. Hawaii's state bird
- 45. Longfellow's "The Bells of San \_\_\_\_"
- 46. Oscar winner Tomei
- 48. \_\_\_\_ Poupon mustard
- 50. Arroz
- 53. Drop a bit
- 56. Lendee's note
- 57. She's holding an Emmy next to the headline "Finally, Susan!" on the cover of a 1999 issue of People
- 59. Condimento
- 66. "Going Rogue" author
- 67. Incense output
- 68. Coward of the theater
- 69. Got the squeaks out of
- 70. 1984 N.L. MVP Sandberg
- 71. "The King \_\_\_\_"

Down

- 1. Kids
- 2. Cary of "The Princess Bride"
- 3. Touristy town in Tuscany
- 4. Masochistic beginning?
- 5. Initials at sea
- 6. "Wow!"
- 7. Virile guy

- 8. Final non-A.D. year
- 9. Body shop fig.
- 10. More than whimper
- 11. Sine \_\_\_\_ non
- 12. Link letters
- 13. Subj. for some immigrants
- 18. Questionable
- 19. Number after sieben but before neun
- 24. Louis et Charles, par exemple
- 25. Buddy of "The Beverly Hillbillies"
- 26. Hale-\_\_\_\_ comet
- 27. Pass, as years
- 28. It's often filtered
- 29. UnitedHealth rival
- 30. Moves with a mouse
- 31. V.S. Naipaul's "A \_\_\_\_ the River"
- 33. Cold War weaponry
- 34. "You're in \_\_\_\_ of trouble!"
- 35. Bejeweled topper
- 37. Lyric poem
- 38. Mold and mildew
- 41. They, in Tuscany
- 42. Thermometer fill: Abbr.
- 47. Where Indians live
- 49. Marine shockers
- 51. Pay tribute to
- 52. Rosy-cheeked
- 53. Descendant
- 54. Broken out, in a way
- 55. It won the Razzie Award for Worst Picture of 2003
- 58. Annapolis sch.
- 59. Stock mkt. debut
- 60. \_\_\_\_ chi
- 61. Entirely
- 62. Fib
- 63. Neither Rep. nor Dem.
- 64. Politico Paul
- 65. Afore

1	2	3	4			5	6	7	8		9	10	11	12	13
14						15					16				
17					18					19					
20								21							
22					23	24	25				26	27	28	29	30
			31						32						
33	34	35			36		37	38		39					
40					41					42					
43						44					45				
46					47			48		49					
50						51	52						53	54	55
					56					57	58				
59	60	61	62	63				64	65						
66						67					68				
69						70					71				

We cannot accept your entry without the following:

Name: \_\_\_\_\_  
Address: \_\_\_\_\_  
Neighborhood/City: \_\_\_\_\_  
State: \_\_\_\_\_ Zip Code: \_\_\_\_\_  
Circle T-shirt size: L XL  
Personal Message: \_\_\_\_\_

SOLUTION TO LAST WEEK'S PUZZLE:

O	B	A	M	A		H	A	S	T	A		U	R	L
P	O	T	T	Y		A	S	C	A	P		N	C	O
R	O	M	A	N	O	V	C	H	I	P		C	C	V
Y	R	S				W	A	H	L			S	L	O
						C	O	E	N		E	G	G	C
B	R	I	E	F	D	A	A	P	P	R	O	V	A	L
O	W	L	E	T			S	P	A	R	T	A		
G	E	L				E	S	P	Y	S			N	N
						I	N	C	I	T	E		R	A
F	E	T	A	L	R	O	N	H	U	B	B	A	R	D
A	V	E	N	U	E	C		A	S	I	S			
C	A	R	A			K	A	R	O			Z	I	T
A	D	A				E	X	T	R	A	C	H	E	E
D	E	T				B	O	O	T	S		I	S	A
E	S	E				B	O	N	E	S		S	A	L

THIS WEEK'S CONTENDERS:

☛ indicates T-shirt winner.

Sheila Agahan-Price, Oceanside, 6. Welcome Adolfo and Rebekah Ortiz.  
Ron Akers, Sabre Springs, 6. I'm glad I don't live back east.  
Lucy Alderson, Chula Vista, 6. ? Equals mental aerobics  
Mary Arana, Encinitas, 6. What happened last week?! Hi Charles  
Leo Baggerly, Encinitas, 6. Why not?  
Thomas Baggot, Carlsbad, 6. It's getting warmer  
Charlotte Brown, Clairemont, 6. There you go again.  
Marvin A Brown, Clairemont, 6. Will trade: New Toyota for Reader T-shirt.

Eric Cash, Escondido, 6. Eavan has decided that the bed is hers.  
Leslie Chase, Campo, 6. Hi! My funny Valentine. Sweet orange day  
Joseph Ciprian, Little Italy, 6. My friends are the most stupidest people I know.  
Betsy Cory, Chula Vista, 6. You're in print, Reed, or is it Reid?  
Craig Curtis, Escondido, 6. Cold weather is a bummer, hurry up-come on summer  
William Cushing, Rancho Bernardo, 6. Happy birthday, Tyler  
Dale Duffala, La Jolla, 6. IKO, IKO, OOOps, Its lent already!  
Harry Engel, La Jolla, 6. Hi to UBH Gang

D. Faulkner, University Heights, 6. Move your body, ride your bike.  
Jacque Glick, El Cajon, 6. Hope I'm not too late!  
Iggie Guerrero, Bay Ho, 6. God bless our troops  
Ellie Hoey, Spring Valley, 6. I love New York  
Richard Hutchings, Santee, 6. Global warming is a hot topic- keep cool!  
Michael McGriffin, Bay Park, 6. Please don't replace hypocrite Arnold with inept Jerry.  
Thomas McVeagh, Lakeside, 6. I'm going to Disneyland!  
Douglas Meyers, La Mesa, 6. Who's out there fightin' for our children's chance?  
Susan Morfey, Little Italy, 6. Long ride-bright lights-no clocks-money eaters-Las Vegas!

Elizabeth Noll, Alpine, 6. Not happy with 94.9 from 6am-10am sigh  
Jim Odell, Vista, 6. Mine is be happy  
P. Drew Papas, La Jolla, 6. Pretty chezzzy!  
Burr Passenheim, Linda Vista, 6. Still waiting for fame.  
John Pertle, Santee, 6. I was dead for years. Now in Christ I live.  
Jerry Riccio, Rancho Bernardo, 6. Does President's day honor Nixon, Clinton, Kennedy and Johnson too?  
☛ Matthew Rosello, San Diego, 6. It is gone.  
Jay Sato, Carmel Valley, 6. Happy belated V-day berry face. I'm yours.  
Ted Scafidi, Hillcrest, 6. Set 'em up, we'll knock 'em down  
Rich Sewell, Ocean Beach, 6. I survived Valentine's Day!

Clinton Smith, La Mesa, 6. Never pet a burning dog.  
Tom Somich, Clairemont, 6. Happy birthday Jennifer  
Elenore Stephens, Potrero, 6. Trying 4-6  
Bob Vollmar, La Jolla, 6. Piper cub is the safest airplane. It can just barely kill you.  
Norman Williams, San Diego, 6. What da fuss??  
Ric Witt, Clairemont, 6. Toyota's woes-coincidence or Washington plan?  
Stuart A. Young, San Diego, 6. ...man avoids it.  
Woody Anderson, Carmel Valley, 5. Tim and Linda-great Super Bowl party this year!  
Jeff Battles, Ocean Beach, 5. The best vacations are those when you leave wanting more.

Evelyn Bowser, Hillcrest, 5. Love to all!  
Maria Coda, Oceanside, 5. Hi All! Happy birthday!  
Jon Connor, Oceanside, 5. "Look the part to be the part" Prop Joe  
Thomas Diehl, Escondido, 5. Win an Espy: pour kard on your bree and feta...  
Kurt Dornbusch, Mission Valley, 5. Not too shabby  
George Elam, Vista, 5. My whole world is soggy, give me sun-shine.  
Ben Espe, Mission Valley, 5. USA! USA! USA! Viva El Nino!  
Manny Faria, Point Loma, 5. I love our pre bowling ritual pooh! Love you  
Phyllis Grant, San Diego, 5. If I got this right, I'll be amazed



THIS WEEK’S CONTENDERS CONTINUED:

☛ indicates T-shirt winner.

**George Jackson, Oceanside, 5.** *Don’t blame me; I voted for “None of the above”*  
**Norman Kenney, Carlsbad, 5.** *Hi Kiera! Hi Bodo! Happy Valentine’s Day!*  
**Susie Lektorich, Coronado, 5.** *Happy Birthday Superstar Dylan!*  
**Ron Meyer, Santee, 5.** *Hunny I hope you and Alex have a great time...*  
**Rumir Miravalles, San Diego, 5.** *I got lazy.*  
**Michael Panther, Point Loma, 5.** *These are gonna be some really nice ice cubes.*

**Bill Pischke, Ramona, 5.** *Orange Valentines are cool*  
**Don Romero, La Mesa, 5.** *Please be my Valentine, sweet Mei Ling*  
**Dave Small, San Carlos, 5.** *Happy Anniversary, Brian and Donna.*  
**Duane Tremaine, East Village, 5.** *And one to me are shame and fame*  
**Al Alcazar, National City, 4.** *I want a Reader t-shirt*  
**Rick Chambless, San Diego, 4.** *How about them Saints!!*  
**Vince Cuseo, San Marcos, 4.** *Zaphod’s Just this guy, you know?*  
**Marty Ferullo, Pacific Beach, 4.** *Where’s the warm weather SD?*

**Ralph Hayward, El Cajon, 4.** *Wanda Sykes is hilarious!*  
**Ron Hootman, Santee, 4.** *Hoot101 “How come I didn’t get listed? 4:25 on the 4th is too late?”*  
**Emily Marie, North Park, 4.** *I gave you everything, you gave me the flu*  
**Pam Mecklenborg, Pacific Beach, 4.** *I love Larry. Larry loves me and poker. Texas hold’em :)*  
**John Pilch, San Carlos, 4.** *Who dat? Who dat say dey gonna beat dem Saints!*  
**Ray Schwartz, No Clairmont, 4.** *Goodbye, L.T. We will always love you.*  
**Michael Sheridan, San Diego, 4.** *Old Down*

**Carly Stone, San Diego, 4.** *Missed you buckets baby.*  
**Gayle Studer, Mission Valley, 4.** *Quite a stretch to come up with cheesy answers.*  
**Lisa Torrescano, Spring Valley, 4.** *Hi to all my friends...*  
**Sean Holt, Ocean Beach, 3.** *Toni, something smells like puke.*  
**Martha Klages, Encanto, 3.** *Farewell Donny. You will be missed.*  
**Linda Morris, Encanto, 2.** *L.T.- hate to see you go!*  
**Adrienne Richter, Cardiff, 2.** *Lovely T-Shirt, Thanks.*  
**Henry Romero, San Diego, 2.** *Snaw everywhere but in San Diego.*  
**David Wray, El Cajon, 2.** *Hey baby Chase, Boompa did it!!*

**Susan Williams, North Park, 2.** *Hello crossword players at Starbucks North Park.*  
**Dean and Bob Bekken, San Diego, 1.** *Go Cubs, Go!*  
**Relissa Clark, Hillcrest, 1.** *Relissa loves Phil! Shannon Loves James!*  
**Victor Correa, San Ysidro, 1.** *Happy Chinese new year*  
**Jan Dawson, North Harbor, 1.** *Life well, life is short.*  
**Walter Deegan, San Diego, 1.** *Glad to be back! Windchill factor in Boston 12 degrees!*  
**Greg Del Campo, Temecula, 1.** *Hello M.P.*  
**Michael Faria, Point Loma, 1.** *I love you Tiffanie! Thanks for the help bro.*

**Mark Henshaw, San Diego, 1.** *Hurray for Kitty!*  
**Mike Hodgson, , 1.** *Turtle finished the crossword for me.*  
**Richard Markson, Indio, 1.** *50th Anniversary, March 27th*  
**Joe Musser, Encinitas, 1.** *Equity abhors a fraud-the law does not favor one.*  
**Robert Page, Fallbrook, 1.** *Word magic is fun!*  
**Michell Thitathan, Downtown, 1.** *Nabucco is in town. Let’s go to the opera!*  
**Katie Whelan, Coronado, 1.** *Jeff is coming from MPLS! Yea! Too bad Eileen.*  
**Leslie Wittman, Seattle, 1.** *Hello San Diego! Thanks Mo!*

BUSINESS OPPORTUNITIES

**AVON.** Excellent income potential! Full time or part time. \$10 gets you started. Perfect for self- starters with a commitment to helping others succeed. Let our top- selling representatives show you how to build a successful business. [www.youravon.com/kennis](http://www.youravon.com/kennis). Call Kathleen, independent sales representative: 619-429-1253; 888-429-1253.

**BE A TRILLIONAIRE FROM HOME!** Healthy energy drinks! Make thousands of dollars monthly! Get \$75 for each new sign up. [www.dianehinkle.info](http://www.dianehinkle.info), 619-283-5185, 619-920-8749.

**BE YOUR OWN BOSS.** Join the fastest growing, new commercial cleaning franchise business in the U.S.! Full time/ part time. Guaranteed customers. We provide training, equipment and financing. Let our 50 years of experience work for you. \$1400 down. 760-930-2051. [www.system4usa.com](http://www.system4usa.com).

**HELP WANTED.** Earn extra income assembling CD cases from home. No experience necessary! Call our live operators now! 1-800-405-7619 x2450. [www.easywork-greatpay.com](http://www.easywork-greatpay.com). (AAN CAN)

**HOME-BASED INTERNET.** Business income opportunity. Like to earn up to \$250K a year? Live the life you’ve always dreamed about. Small start-up. Call 858-380-7974.

**SUCCESS IS A CHOICE.** Choose now! Work from home with a solid Southern California- based travel company. Professional training/ support. 6- figure potential. [www.WealthSystem2010.com](http://www.WealthSystem2010.com). 619-550-3335.

**SURFER’S DREAM BUSINESS.** Searching for motivated individuals with an entrepreneurial mindset and the drive to succeed. Home- based office, 3-4 hours a day. \$250K first year potential. Don’t believe me? Don’t call. [www.6FigureSurfer.com](http://www.6FigureSurfer.com). 800-439-1160.

**WANTED: ENTERPRISING PEOPLE** to participate in a 31- day paid marketing experiment. Make up to \$10,000. Free Information Kit, write: Zaken Corporation, 2610 Conego Spectrum St., Suite 55392- B, Thousand Oaks, CA 91320.

CLASSES / LESSONS

**ACCLAIMED INTERNATIONAL** singer/ pianist/ songwriter/ recording artist/ producer offering voice/ piano lessons. Fully equipped studio. Launch your music career! \$55/ hour. Celeste, 858-467-0776. [www.celestecenter.com](http://www.celestecenter.com).



**BECOME A DJ/PRODUCER.** Learn to DJ — Basic to advanced techniques. DJs master your skills with progressive and dynamic classes in music production — create and produce music with Ableton, Logic, Pro Tools and Reason. Offering classes taught by San Diegols top producers and DJs. Create own tracks in our sound proof DJ/ Recording booth. *Fundamentals Progressive Concepts and DJ Academy.* [www.FundamentalBeat.com](http://www.FundamentalBeat.com) — [Info@FundamentalBeat.com](mailto:Info@FundamentalBeat.com) — 858-581-9466.

Traffic School

Day/ evening. \$30 when you mention this ad, \$25 when you bring a friend. San Diego, East and North County locations. Call 619-659-1411. Or visit us: [atcTraffic.org](http://atcTraffic.org).

**DRUM INSTRUCTION. I teach what you want and need to know. Get more playing enjoyment. Be musical! All levels accepted. Hoffman Drum Studio, Kirk, 619-287-6518.**

**ENGLISH TUTORING. Master’s degree instructor. English as a second language, TOEFL, grammar, writing, pronunciation. Native speaker grammar, refinement. Reasonable rates. jaygo@cox.net, 619-528-8663 or 619-410-2002.**

**FREE INTRODUCTORY WORKSHOP.** “How to Start a Business” (for individuals with disabilities). Joe and Vi Jacobs Center, located behind the Market Creek Plaza. 404 Euclid Avenue, San Diego 92114. Tuesday, March 23. 1-4pm. Off- street parking available in lot behind the center. Sponsored by Able-Disabled Advocacy. Call Cindy Lennon to reserve your spot, 619-231-5990, x 315.

**FREE SEWING CLASSES.** All skills levels welcome. Contact instructor for details: [jmckenna@sdccd.edu](mailto:jmckenna@sdccd.edu), 619-588-2244. Or check the blog: [www.sewnproductsdiva.blogspot.com](http://www.sewnproductsdiva.blogspot.com).

**FREE VEGAN COOKING CLASSES.** Food included. Raffle. Carmel Valley Library, Saturday, February 20, 12-2pm. 3919 Townsgate Drive. Simple, healthy, delicious. [www.vegansandiego.com](http://www.vegansandiego.com). Lisa, 858-705-3987; email: [info@vegansandiego.com](mailto:info@vegansandiego.com).

**FREE WRITERS’ WORKSHOP.** Reopening. All skill levels, genres. Barnes & Noble (Westview parking— Mira Mesa). First Tuesday of each month, 7:00pm. Claudia, 858-693-3939 or [info@cre8ink.com](mailto:info@cre8ink.com).

**FRENCH LESSONS.** The best, most popular French lessons in San Diego, from \$9.99/hour. Learn with a teacher

from Paris! All levels, any age. Private and small group lessons, tutoring, corporate programs. Complimentary espresso and drinks. Call today to schedule your Free Lesson: Sophie, 619-339-7993. E-mail: [sophie@fromenglishtofrench.com](mailto:sophie@fromenglishtofrench.com). [www.fromenglishtofrench.com](http://www.fromenglishtofrench.com).

**GUITAR INSTRUCTION:** Degreed professional, 30 years’ experience. All styles. Especially good with young people and children. Your first lesson is free! Call Gary at 619-655-0499.

**GUITAR LESSONS/RECORDING.** Learn to play, sing your favorite songs. Experienced instruction tailored to your goals. Record a demo; session work. Craig Blaine, 619-417-4080. [www.jcbmusic.com](http://www.jcbmusic.com).

**MATH AND SCIENCE TUTOR.** Masters in Mathematics. SAT preparation. Has tutored many to help improve grades, pass tests, and prepare for college. Shelly, Shelly.Ruderman@yahoo.com. 760-579-2923.

**PIANO ACHIEVEMENT:** Free lesson/ interview. Classical, popular, jazz. Very patient master teacher/ performer offers top quality, individualized instruction for all ages, beginning through advanced. Check [www.LeeGalloway.com](http://www.LeeGalloway.com) for info. 619-281-8118.

**SINGLE! Tired of dating duds and kissing frogs? Attract Love and Prosperity Expo/ Seminar,** Saturday, February 20, 8:30am-12:00pm, NTC Promenade, Liberty Station.

**SPANISH LESSONS. Private tutoring. Master’s degree and credentialed instructor. Conversation, writing, and grammar. Bilingual. Competitive rates. References. E-mail: jaygo@cox.net, Jay, 619-528-8663 or 619-410-2002.**

**STAND-UP COMEDY CLASS.** Start this week! Call for details: 888-282-0789 or visit:[www.madhousecomedyclub.com](http://www.madhousecomedyclub.com). We are located at 10066 Pacific Heights Boulevard, 92121.

MASSAGE

**ALISON’S CUSTOM MADE.** Special massage! Indulgence for your body and mind in your home, office or hotel. Sensational. Credit cards accepted. 7 days. Lic-93007588. 619-708-1261.

**THE ALMOST PERFECT MASSAGE.** 1-1/2 hours, \$75. Absolutely first-rate, deep muscle Swedish massage. Luxurious, overall wellness massage. Legitimate, nonsexual, references. Lic-97005459. Jim, 619-459-6872.

**AWESOME MASSAGE THERAPY.** Couples massage therapy. Individuals too! \$1/ minute special! Awesome rates! Acupuncture/ cosmetologist/ hypnotherapist also available. Located in Hillcrest. Lic-G028769. Call Maureen, 619-300-7229.

**ASIAN MASSAGE.** \$40- 30 minutes, \$60- 1 hour. Deep tissue, Swedish, Sports, Thai, stretching. Couples. Foot reflexology. Pain relief. Ionic foot detox, \$30. Salt scrub and body glow, \$60. Open 7 days, 11am-8pm (Weekends to 7pm). Lic-2009012846. [Tranquilitysd.com](http://Tranquilitysd.com). 3333 Midway Dr., Suite #201. San Diego. 619-226-2056.

**SUMIKO SPA!** Asian touch! Skilled in ultimate Oriental massage. One hour, \$10 discount. Half- hour, \$5. HHP-23991. 9:30am-11pm. Call now. 2629 El Cajon Boulevard. 619-574-0522.

**LUXURIOUS EUROPEAN** Massage. \$70/ hour includes body shampoo. 1-1/2 hours, \$95. Optimal relaxation! Caring, skilled, intuitive. Deeper to lighter touch. Swedish, Shiatsu. Park Boulevard. In/ outcalls. Lic-930070051. Brigitte, 619-297-8600; Isabella, 619-581-1101.

**CHRIS BLISS TOUCH MASSAGE.** Experience soothing, reassuring, exquisite care. Surround yourself in a beautiful, relaxing environment. Lic-HHP1991008706. 7 days, 10am-6pm. Credit cards welcome. 619-206-0992.

**RELAX IN MY HANDS.** Satisfying stress-release massage by professional, experienced HHP. You’ll like it! Lic-22746. Call Ken, 619-417-1350.

**LOVELY HANDS BY DESTINY!** Best light touch and deep massage with warm oil. In- call available. MTP-0969. Call 760-415-8155.

**HILLCREST/ NORTH PARK** location. 16 years’ experience. Swedish, myofascial release, deep tissue, reflexology and Lomi Lomi. ATM, credit cards accepted. MT#16384. Frank, 619-933-7477. [frank@frankarce.com](mailto:frank@frankarce.com).

**SIMPLY IRRESISTIBLE!** Sensational massage! Talented touch that is unique, customized to suit your body. Rejuvenate your tired body and spirit. My fingertips are like rose petals, my voice is soothing and hypnotic to lull you into deep relaxation. In office or outcalls. MTP-6352. Call Mia, 760-603-1010.

**SENSATIONAL, LIGHT** to deep soothing massage. Experience the paradise of my blissful touch. Let my warm hands relieve

your tension and stress. MT-0922. Rachel, 760-723-8944.

**GIGI’S WORLD CLASS MASSAGE.** Experienced and private. Sensitive and sweet. 7 days a week! Gift certificates available. Eastern and Western styles. National Lic #95001894. 858-259-6677.

**KRIZIA’S SECRET!** A blissful indulgence. Be dazzled by private matters. Stars as our light. A massage that will leave you with a feeling of complete renewal. HHP-0088. Krizia, 858-454-6664.

**READY TO BE TREATED** like royalty? In a beautiful atmosphere with a skilled masseuse. Full body therapeutic. Deep to soothing light. 10am-9pm. Lic#664. Juliah, 619-209-0430.

SERVICES

**PACIFIC BEACH**  
1943 Grand Avenue  
**Yoshi Massage**  
**858-274-5371**  
Oriental Spa & Hot Tub  
Swedish • Deep Tissue  
9 am-10 pm, 7 days  
Lic. 99005303

**Best Oriental Massage In Town!!!**



Jacuzzi shower  
Walk-ins welcome

*We invite you to experience one of the best massages by professional staff!!*

**ASIA SPA**  
829 S. Escondido Blvd.  
Corner of 9th & Escondido  
**760-738-9553**  
Open 7 days • 9 am-9 pm  
License# 152498

15 FWY. Escondido Blvd. 8th St.  
9th St.

Granite kitchen countertops only \$1,499

Includes 30 square feet of granite, bullnose edging, plywood subtop, demo and disposal of old counters and undermount sink cutout. Certain restrictions apply. Expires 3/3/10.

Free in-home estimates. View your future kitchen with our free advanced 3D visualization program!



Kitchen remodels at wholesale prices!

9550 Distribution Ave.  
San Diego 92121  
Lic. #915821  
[www.dodca.com](http://www.dodca.com)  
Se habla español

Free in-home estimates  
**888-281-5390**



# Another Chance for Fame and Glory!

## THE READER SUDOKU PUZZLES:

### RULES OF THE GAME

- 1) Submit one completed puzzle of any difficulty level (Easy, Medium, Hard or Evil) to the *Reader* each week for our ongoing contest! We keep track of each puzzle you successfully complete and the results are posted online at sandiegoreader.com. But your submission will only be counted when you successfully complete a puzzle AND get it to us by 7:00 a.m. Monday.
- 2) Be one of the first 125 people who submit the correct answers to one of the

- puzzles and we will print your name in the paper along with your brief message (10 words or less, no URLs or phone numbers). Entries must include a message. This is a great way to express yourself. You may submit a new message weekly. We reserve the right to edit or reject inappropriate text.
- 3) The puzzle-contest ranking, shown online and in the paper, will begin anew every three months. Complete the journey four times a year!
- 4) Entries must be faxed to **619-233-7907** or mailed to Reader Puzzle, P.O. Box 85803, San Diego, CA 92186-5803, or delivered through our mail slot at 1703 India Street in Little Italy, or scanned and e-mailed to:

- Sudoku@sdreader.com. Submissions by e-mail must be attached in JPG format. 800 by 800 pixels, maximum file size of 1MB. Submissions that don't fit the format will not be counted or viewed.
- 5) 10 *Reader* T-shirts are awarded weekly to contenders chosen randomly!
- 6) All answers must be legible and entered in the spaces provided.
- 7) Late entries will not be considered.
- 8) One entry per person per week or you will be disqualified.
- 9) Employees of the *Reader* and their immediate families are not eligible.

### EASY:

7			2		1		9	
		3				1		
	6				8	4	7	5
	7	1		3				
2		5				7		4
				4		3	1	
3	4	9	5				8	
		6				9		
	2		9		4			1

### MEDIUM:

	4		5	9			8	
8						2	6	
		1			7	5	4	3
5				3	9			
1								2
			6	4				1
3	7	6	2			9		
	1	5						6
	8			6	1		3	

### HARD:

5		1				8		
				3	9	2		4
			7				5	
		2			7		6	8
				2				
6	9		1			7		
	1				6			
2		7	3	1				
		3				1		2

### EVIL:

	9						6	3
			1			5		
	5			7	4			2
	3		4	6				
7								8
				9	3		7	
5			7	1			4	
		9			8			
6	4						1	

We cannot accept your entry without the following:

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Neighborhood/City: \_\_\_\_\_

State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

Circle T-shirt size: L XL

Personal Message: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

## SOLUTION TO LAST WEEK'S SUDOKU PUZZLES:

### EASY:

6	7	5	9	3	1	2	4	8
2	1	3	8	5	4	9	6	7
4	9	8	2	6	7	3	5	1
8	6	1	3	4	9	7	2	5
5	2	9	6	7	8	4	1	3
3	4	7	1	2	5	6	8	9
1	8	2	7	9	6	5	3	4
7	5	6	4	1	3	8	9	2
9	3	4	5	8	2	1	7	6

### MEDIUM:

9	7	5	4	6	8	3	2	1
6	1	2	9	7	3	5	4	8
3	8	4	5	1	2	9	6	7
5	6	8	7	3	4	1	9	2
7	9	3	1	2	5	6	8	4
2	4	1	6	8	9	7	5	3
4	3	9	2	5	1	8	7	6
8	2	6	3	9	7	4	1	5
1	5	7	8	4	6	2	3	9

### HARD:

2	6	7	1	4	3	5	8	9
5	4	8	9	7	6	2	3	1
3	9	1	2	5	8	7	6	4
8	7	3	4	9	2	1	5	6
9	2	6	5	3	1	4	7	8
4	1	5	8	6	7	3	9	2
7	3	2	6	1	9	8	4	5
1	5	9	7	8	4	6	2	3
6	8	4	3	2	5	9	1	7

### EVIL:

5	9	6	2	7	1	3	4	8
2	3	8	9	4	5	1	7	6
4	1	7	3	6	8	2	5	9
7	6	5	1	8	9	4	2	3
8	2	1	4	3	7	6	9	5
9	4	3	5	2	6	8	1	7
6	8	9	7	1	2	5	3	4
3	7	2	6	5	4	9	8	1
1	5	4	8	9	3	7	6	2

## SEE YOUR RANKING ONLINE!

Now you can go online to check your ranking and communicate with each other! Simply visit: [www.SDReader.com/puzzle](http://www.SDReader.com/puzzle). The new ranking is posted each Wednesday. To use the "comments" feature, you must be a registered site member.

## THIS WEEK'S CONTENDERS:

☛ indicates T-shirt winner.

### EASY:

- Aaron Abramson, Williamstown, 6.** *I need a big t-shirt! Surfer Team*
- Don Bowman, Santee, 6.** *Honor our Veterans*
- Cherie Calvo, San Diego, 6.** *...is buzzing...*
- M. Elliott, Ranch Bernardo, 6.** *Bob is a good person*
- John Pertle, Santee, 6.** *I Peter 2:21-24; 2 Corinthians 5:20-21; I Peter 3:18; 2 Peter 3!*
- D. Stiewig, Santee, 6.** *Life is a blessing*
- Terry Thomas, Chula Vista, 5.** *Happy Birthday, Mr. Lincoln*
- ☛ **Sara Pretty, Ocean Beach, 4.** *Hare you can run; but you can't hide*
- Stuart A. Young, San Diego, 4.** *... the shoe leather express never does*
- Pauline O'Malley, Point Loma, 3.** *About ready to give up on Sudoku puzzles*

### ☛ Mike Wiehe, Poway, 2.

*Congrats! Baby number 2 on the way!*

**Obie Fox, Escondido, 1.** *Happy Valentine Mary Gordan Sierra and moms*

**Marquette Gooch-Nelson, Relando, 1.** *Trust none, BS all*

**Richard Markson, Indio, 1.** *50th anniversary March 27th*

**Emily Posedel, San Diego, 1.** *Easy peasy*

**Josie Ranches, San Diego, 1.** *Hello everyone*

### MEDIUM:

- Betty Archer, La Jolla, 6.** *Hi to Donna and Glenn*
- Dave Small, San Carlos, 6.** *Happy anniversary, Brian and Donna*
- David Tomasin, San Diego, 6.** *Twas Brilling*
- Roy Bartolome, San Diego, 5.** *You cant eat strawberries without bananas!*

### Henry Chung, San Diego, 5.

*Snowboarding was fun this past weekend, lets do it again!*

**Dr. Dave Spera, Point Loma, 5.** *Wow Tay-Tay 4.3 love you daddy*

**William Stiewig, Vallejo, 5.** *Love my Teddy*

**Hans Butikofer, Mission Beach, 4.** *Happy Valentine's week to all!*

☛ **Juli Richardson, Chula Vista, 3.** *I'm back!*

**Nicole Tui, East Lake, 3.** *I love your hairy brown spider*

**Paul Boland, Bay Park, 2.** *Thanks for the rain*

☛ **Eleanor Burbank, Escondido, 2.** *And she walks with Jesus and her loved ones waiting*

☛ **Marcia Metzger, San Diego, 2.** *If at first you don't succeed...*

**Diem Nguyen, San Diego, 2.** *3-day-holiday-relax*

**Ed Rull, San Diego, 1.** *Happy Valentines*

**Leslie Wittman, Seattle, 1.** *Phoenix, Grand Canyon he we come!*

### HARD:

**Amada Garcia, Chula Vista, 6.** *Hola, Madolina, disfrute sus uaca-clones en San Diego*

**Esther Hays, La Mesa, 6.** *Avoid loud and aggressive persons, they are vexations to the soul*

**Bruce C. Mengler, Solana Beach, 6.** *Five for five*

**Douglas Meyers, La Mesa, 6.** *We shouted "yes we can" and then let it pass*

**Skully, San Diego, 6.** *Monkey-boy's in the home stretch-Kitten, Oldman Steve, Goldmember, R1Rabbit*

**Stephen Loughrane, Bankers Hill, 4.** *Happy halmark day Rabbitz!*

**Robert Lindahl, College Area, 3.** *Happy late Valentine's day Phyllee, I love you!*

**Mandy Smith, Boulevard, 3.** *Our planet needs more than a Band-Aid. Help it now!*

☛ **Henry Romero, San Diego, 2.** *Happy Birthday, George and Abe!*

**Lonhell Stevens, San Diego, 1.** *Outside of Popeyes eatin' chicken and fries!*

### Rei-Lan Tang, San Diego, 1.

*I am blessed*

**C. Clair Tucker, Escondido, 1.** *Outsmarted you this time*

**Rachelle Wolfe, San Diego, 1.** *This is a fun and challenging game!*

*Thank you*

### EVIL:

**Joe Arbusto, Rancho Peñasquitos, 6.** *A "Word" in hand is NOT worth "Sarah-teletubby-Palin"*

**Rainier Bernardo, San Diego, 6.** *Shop the Spare room Ladies Consignment in bonita*

**Loren Boyer, El Cajon, 6.** *Michele says "do this right. Hit me... ah 21"*

**Jean Bradley, Spring Valley, 6.** *Pay your fair short- get unregistered vehicals of f the street*

**Robert Bradley, Spring Valley, 6.** *It's time for another desert trip*

**Joseph Ciprian, Little Italy, 6.** *Grandmothers shouldn't raise grandchildren-why repeat the mis-take again*

**Alford Claiborne, Encanto, 6.** *No hill for a climber*

**Larry Clark, Clairemont, 6.** *May the fleas of a thousand camels infest your armpits*

### Roger Doughman, San Diego, 6.

*Christ's forgiveness is a gift. One no one of us deserves*

**Butch Hays, La Mesa, 6.** *Go placidly amid the noise and haste, and remember what...*

**Dan Holslin, San Diego, 6.** *Religion: adaptation or by product?*

**Belmont Hope, Vista, 6.** *No Messages!*

**Jacqueline Jordan, San Diego, 6.** *Wk 6- 2010- tricky*

**Norman Kenney, Carlsbad, 6.** *Go De-icers! Hi Kiera! Hi Bodo!*

**Lynnette Lampton, La Mesa, 6.** *Happy birthday Uncal Denny!!*

**Raymond Land, Escondido, 6.** *No matter how right you feel, you're wrong*

**Ralph Levy, La Jolla, 6.** *Drive alertly, don't fall asleep at traffic lights*

**Julio Magno, San Diego, 6.** *Hi Ella!*

**Mike Maniss, Lakeside, 6.** *Lets get this over with!*

**Michael McGriffin, Bay Park, 6.** *Do not replace hypocrite Arnold with inept Jerry*

**P.J. Mole, Point Loma, 6.** *Time for a t-shirt*



THIS WEEK'S CONTENDERS CONTINUED:

☛ indicates T-shirt winner.

**Bruce Ness, Mira Mesa, 6.** Does Mary Bentley still play dominoes? Please call

**Tom Norris, Santee, 6.** Remember to watch for pigs on the wing!

**Michael Panther, Point Loma, 6.** But it is always swimmers who drown

**Roy Respress, Carlsbad, 6.** An arrow through the heart of evil...

**David Schwartz, Clairemont, 6.** Geaux Saints!

**Rich Sewell, Ocean Beach, 6.** Tribute to the Legends, off the hook!

**Joe Steinbach, Clairemont, 6.** save gas - bicycle

**John Strauch, Point Loma, 6.** Walked Torrance St Climbed Mud Palisades

**Joi Taylor, Mission Valley, 6.** Bosses lie and dissappoint

**Duane D. Tremaine, E. Village, 6.** The vanished gods to me appear

**Susan Williams, North Park, 6.** Keep conserving water!

**Ric Witt, Clairemont, 6.** Now Bapack Harry and Nancy want to make nice

**Mark Xitco, San Diego, 6.** One more time

**Michael Boyko, Spring Valley, 5.** All the way from San Jose

**Paul Brugger, Downtown, 5.** Happy Valentine's day Lindsay Laurie Kelly and Jeannie

**Robert Crumrine, Downtown, 5.** Pick me — I really need a Reader t-shirt

**Paula Davis, Spring Valley, 5.** Happy Valentine Big Biscuit.

**Michelle Dutra, Serra Mesa, 5.** Good luck Jenny

**D. Faulkner, University Heights, 5.** Get stronger, ride your bike

**Karen Friedman, Kensington, 5.** Laa...number 5

**Lou Guillou, Winoma, 5.** Three to go

**Linda J. Hall, La Mesa, 5.** Divan and Thamar- you are the best

**Mickei Hodgson, Tierra Santa, 5.** Turtle is really smart. For a turtle

**Zdenek Hostomsky, La Jolla, 5.** PARP may be in danger again, hope not

**Linda Kokel, Tierrasanta, 5.** Happy birthday Marlene

**Karen Maegley, Sorrento Mesa, 5.** The good old days weren't all good, but they're missed

**Charles Reader, Del Mar Heights, 5.** Reader reads Reader

**Harry R. Walker, La Jolla, 5.** Glad we don't get snow

**Rob Welder, El Cajon, 5.** When will it end?

**George Elam, Vista, 4.** Station 37/a Really miss my peeps. Be safe

**Sean Hammer, SDSU, 4.** Chelene Nightingale for Governor

**Ralph Hayward, El Cajon, 4.** This one was hard

**Christine Hennes, San Diego, 4.** Only love can break your heart

☛ **David Holbo, San Carlos, 4.** Enjoy the season on a detour

**Stuart Lester, Santee, 4.** To Guy and Vicky, .....Lizzzzzzzards!

**Terri Okerlund, San Diego, 4.** Spread kindness

**Michael Shaw, Lakeside, 4.** Want high gov. debt? Just say no!

☛ **Stan Alexander, Ocean Beach, 3.** We want Rita back

☛ **Jorge Castro, Alpine, 3.** Let's go Padres!

**Lark Herrick, Alpine, 3.** I agree flash forward is a great show

**Gary Lorenc, Encinitas, 3.** Well, that wasn't so bad, now, was it, Buddy?

☛ **Charles Rion, Allied Gardens, 3.** I waited 43 years thank you Saints!

**Linda J. Blevins, Oceanside, 2.** Evil again

**Greg Boss, San Diego, 2.** Premier Limousine. Outta biz in record time thanks Jason

**Juanito Gerardo, Mira Mesa, 2.** Over tax my employer! "There goes my pay raise"

**Katie Whelan, Coronado, 2.** Maureen and Colleen are simps

**Tracy Banda, La Mesa, 1.** I love you Amy Brooks

**Bill Black, La Jolla, 1.** It is my first — Evil virgin

**Vincent Blas, San Diego, 1.** Once again, another typical Chargers season in the books!!

**Dennis Jardim, Oceanside, 1.** Returning to evil feels good again

**Beata Jedrzejczak, San Diego, 1.** Going zippy!

**Ted Jerm, Roseville, 1.** Too much to do? Do Sudoku

**Tiger Lucky, Oceanside, 1.** Heck with Slis! I love Sudoku

**Anne Ngo, Clairemont, 1.** Happy Valentines and New Year Beo

**P. Drew Papas, La Jolla, 1.** 1st times the charm

**Joe Richter, Mission Hills, 1.** Finally some warmer weather

**Marjie Souza, Ocean Beach, 1.** Good Luck Maury

**Wang Tang, San Diego, 1.** Happy

\$50 Off Any Massage

First-time clients. Walk in—float out. 8 years' experience. Ladies and gentlemen welcome. We also offer Russian Sport Massage, Hot Stone Massage, Therapeutic Massage including stretching. Quiet spa setting, including shower. Holistic Therapeutic by Candy. MT#653. 7am to 8pm. 619-339-8191.

**PEACE OFFERINGS** by Aphrodite. A haute flourishing holistic eclectic buzz. Experience balance, nourishment in earth's element. Sublime delight! Seven days of unending bliss. In/ out calls. Hotel visits. HHP-0088. www.aphroditessmassage.com, 858-454-6664.

**BARE ESSENTIALS.** Sensational massage! Velvet touch, soothing beauty, tension taming. Moments of magic. In office/ outcalls. Hotels/ credit cards welcomed. MT-6352. Victoria, 760-726-1100.

**MIREILLE'S MASSAGE.** Customized touch to each individual to please and fulfill your need. Out calls available. 20 years experience. Lic-006369. www.healingtouchbymireille.com. Mireille, 619-994-9147.

**AFFORDABLE DEEP TISSUE / SPORTS** Massage. Specializing in migraine headaches, neck, shoulder, back, tightness/ injury. Flexible hours. Centrally located. \$60. BTC#06002949. Health and Vision Acupuncture and Massage Center. www.DeepTissueMassage.biz. 619-519-5335.

**START THE YEAR NEW!** A great massage will do. Discover the secret so good you will want to share it. Open 7 days. Lic-20003001485. 619-226-0378.

**GODDESS AWAKENING.** Indulge your senses in an exhilarating state of euphoria. Underground secret of the elite. Lucid dreams! Ephemeral passage! Mystic realms! A journey beyond time. Flower explosions infused with 100% exotic essential oils. 90 minutes 90 dollars. Outcalls! HHP-0088. www.aphroditessmassage.com, 858-454-6664.

**MESSAGE BY BODYBUILDER,** for your health and pleasure. Consistently told, "The best massage I've ever had!" Friendly. Professional. IPSB graduate. gr8massagepro@aol.com or call Robert, 619-232-2142.

**COME ON, JUST MAKE THE CALL** and take a one-hour break to experience the royal treatment! I give a seriously great massage. I'm located off I-5 and Manchester exit. Relaxing, private atmosphere. HHP. Lic-96001467. Kim, 619-417-9226.

**PUERTO RICAN MASSEUR.** Swedish and deep-tissue bodywork by certified fitness- trainer athlete. Military discounts. Lic-960009528. Daytime and evening appointments available. Revitalizing effect! masculineCMT@sbcglobal.net. 619-688-0668.

**YVONNE'S MAGIC HANDS.** Enjoy a nurturing light touch for deep relaxation. These are hands you will never forget. Lic-93004782. For appointment, call 619-260-1950.

NATURAL HEALTH & FITNESS

**ALL PORCELAIN CROWN, \$450.** Fillings starting at \$75. Porcelain veneers, \$740. Simple extractions, \$95. New patient exam/ consult, \$45, X-rays included. Joseph Tucker, D.D.S., is now accepting new patients. Emergencies and walk-ins

welcome. Now with expanded hours: Open Mondays, Wednesdays, Fridays and Saturdays. Discounted menu for cash patients. Now accepting PPO insurance. Comprehensive experience in Endodontics, Fixed Prosthodontics, Oral Surgery and Implant Placement. Root canals, extractions including wisdom teeth, removable and fixed prosthodontics. 5210 Balboa Avenue, San Diego 92117 (west of Rite-Aid at Balboa and Genesee). 858-279-3455. www.BalboaDentist.com.

**BODY CONTOUR WRAPS. Up to 38% off on 3 Body Contour Wraps! Non-fluid inch loss! For men and women. Tones. Improves skin texture. \$52/ one wrap (Regularly \$70). \$130/ three wraps (Regularly \$210). First-time clients only. Facials. Fanie botanical products. No synthetics. No animal fats, waxes, glycolic acids, perfumes. 858-581-3321. Karie Hayden & Associates. KarieHayden.net.**

**CHEN TAI CHI** with master Jan Silberstorff. February 25-28, 2010. Taoist Sanctuary, 4229 Park Boulevard, 92103. 619-692-1155 or www.taoistsanctuary.org.

**COLONICS.** La Jolla Colon Hydrotherapy, in La Jolla 17 years. Let us be your personal fountain of youth! Liver Detox. Lymphatic Decongestive Therapy. Cellulite. Organic Facials and Waxing. Detox Spa of La Jolla, 7946 Ivanhoe Avenue, #202, La Jolla. 858-551-9228. www.detoxspaoflajolla.com.

**EAT REAL FOOD, STILL LOSE WEIGHT!** Lose weight naturally and have more energy. No starving the body. No meal replacements or special foods to buy. No drugs or surgery. Ultra Lite, the professional weight loss system, developed by a Naturopath in Australia, is now available in the U.S. Learn how to eat and properly combine foods to keep the body burning fat! 858-279-7600. www.DrAmes.net, click on Ultra Lite.

**EMERGENCY DENTISTRY. Walk-ins and emergencies welcomed. Open Weekends, Expanded Weekend Hours! New patient exam/ consult \$45, X-rays included. Discounted menu for cash patients. PPO dental insurance accepted. All porcelain crowns, \$450. Implant crown, \$740. Porcelain veneers, \$740. Simple extractions, \$95. Fillings starting at \$75. \*Promotional offers cannot be used in conjunction with insurance. Comprehensive experience in Endodontics, Fixed Prosthodontics, Oral Surgery and Implant Placement. Root canals, extractions including wisdom teeth, removable and fixed prosthodontics. Joseph Tucker, D.D.S., 5210 Balboa Avenue, San Diego 92117 (west of Rite-Aid at Balboa and Genesee). www.BalboaDentist.com. 858-279-3455.**

**FANIE SKIN CARE. Special: Up to 38% off on 3 Body Contour Wraps! Facials and Waxing also**

**available. Organic, botanical products for people of all ages. No synthetics, animal fats, waxes, glycolic acids or perfumes. Heals the skin, not seals it! Karie Hayden & Associates, 975 Hornblend, Suite D, San Diego. 858-581-3321. www.kariehayden.net.**

**FREEDOM FOR TRAUMA SURVIVORS.** Physical or Emotional. Auto Accidents, Injuries, Anger, PTSD, Depression. Trauma Touch Therapy releases negative emotions from body tissues. Unique body/ mind approach. Permanent change. Free initial consultation. Sharon Gleason-Pecic, CMT, TTT. Certified Trauma Touch Therapist #08158. 760-500-1768.

**HOLISTIC SUPERSTORE.** World famous Dr. Donsbach's "Healthy Items" store. Anti-aging, energy, supplementation and beauty. Everything natural, completely holistic! Online store: HealthyItems.com or call 877-499-5881.

**LATISSE EYELASH GROWTH!** The only FDA- approved eyelash growth formula made by Allergan, makers of Botox and Juvederm. Ageless and Beautiful Spa and Cosmetic Surgery, 1080 University Avenue, Suite H201, San Diego 92103. Call today; supplies are limited. 888-281-7635. www.AgelessandBeautiful.com.

**LOSE INCHES IN HOURS: Iono-Trim. 20% discount with mention of this ad. Sean Daneshmand, M.D., FACOG. Ageless & Beautiful Medical Spa, 1080 University Avenue, Suite H201, San Diego**

DEEP TISSUE, SHIATSU OR SWEDISH

**ORIENTAL MASSAGE**

**\$20 OFF**

Includes a 1-hour massage and your choice of body shampoo, sauna or steam room. With this ad.

*Naomi Spa*

MASSAGE CENTER

3960 4th Ave., Hillcrest  
619-299-9519  
Open 10 am-10 pm daily  
Lic. #Z00604054

**Aria Spa Oriental Massage**

**Stress reduction  
Body Shampoo  
Japanese Jacuzzi**

**(858) 495-0777**

3904 Convoy Street, Suite 118  
(Next to Original Pancake House, additional parking and entrance in the rear)

Licence #2008000924

**92103. Call 888-281-7635. agelessandbeautiful.com.**

**LOSE WEIGHT NATURALLY!** Increase energy! Eat real food and still lose weight. No starving the body. No meal replacements or special foods to buy. No drugs or surgery. Ultra Lite, the professional weight loss system, developed by a Naturopath in Australia, is now available in the U.S. Learn how to eat and properly combine foods to keep the body burning fat! 858-279-7600. www.DrAmes.net, click on Ultra Lite.

**MARIJUANA EVALUATIONS** in Hillcrest and Temecula. \$100 evaluations for those with diagnosis. \$150 evaluations for those without prior diagnosis. *Chronic Disease Consultants:* Hillcrest, 760-420-9228; Temecula, 951-204-5829.

**NEW TAI CHI** and Qi Gong classes. First class is free. Visitors welcome. Taoist Sanctuary, 4229 Park Boulevard, San Diego, 92103, 619-692-1155 or www.taoistsanctuary.org.

**NON-SURGICAL FACELIFT! Holistic Skin Clinic. Tightens, hydrates, rejuvenates the skin. Micro-**

**dermabrasion with tightening facial masque, regularly \$100, now \$75. First-time clients only; expires 2/28/10. Fanie botanical products. No synthetics, animal fats, waxes, glycolic acids, perfumes. Also facials and Body Contour Wraps, non-fluid inch loss for men and women. Karie Hayden & Associates, 858-581-3321. KarieHayden.net.**

**NOW OPEN!** The Happy Co-op. \$10 off (minimum donation \$60). 5703 Oberlin Drive, Suite 201, San Diego 92121. Hours of operation: Monday- Saturday, 10am-8pm. Sunday, 10am-6pm. In accordance with Prop 215, SB 420, H&S 11362.5, 858-550-0445. thehappycooperative.org.

**PERMANENT CELLULITE REDUCTION!** La Jolla Colon Hydrotherapy. Weight Loss. Liver Detox. Lymphatic Decongestive Therapy. For men and women. Let us be your personal fountain of youth! Also organic Facials and Waxing. Detox Spa of La Jolla, 858-551-9228. www.detoxspaoflajolla.com.

SERVICES

**Pain Relief  
Massage  
20% off**

Chinese Deep Tissue  
Swedish  
4-hand • Reflexology

**858-481-3669  
536 Stevens Ave.  
Solana Beach**

By appointment only  
www.AngelaSpa.com

Lic. HHP#33131

**Grand Reopening  
A-1 Health  
Acupressure**

**\$10 off  
with coupon**

940 E. Valley Parkway  
Suite H • Escondido

Open Daily 9 am-9 pm  
**760-745-2018**  
Lic. #164251

**Best massage in Escondido!**

**\$10 off 1-hour massage**

Deep tissue  
Aromatherapy  
Swedish ~ Shiatsu ~ Thai

**Touch of Health  
651 E. Grand Ave.  
(corner of Fig & E. Grand)  
760-432-0083**

Open 7 days 9 am-9 pm

Visa & Mastercard accepted. Lic. #162807



**Hypnosis!**  
*The easiest way to lose weight, stop smoking or relieve PTSD. Call Merrill at the Psych Assist Hypnotherapy Clinic, 619-579-2100.*

**WEDDING & PARTY GUIDE**

**AZUL PRODUCTIONS.** Creative services for your special occasion. Photography, videography, DJs and event coordinators for all occasions! We offer affordable, high quality services for every budget. Serving all of San Diego. www. azulproductions.com, 619-246-0915 or 760-224-8287.

**BRIDAL BAZAAR.** Sunday, April 25, 2010. San Diego Convention Center. 10am-4pm. Over 250 exhibitors with everything for your wedding. Info, coupons, www.bridalbazaar.com.

**CLASSICAL/SPANISH GUITAR.** Professional guitarist will play at your wedding/ special event. Classical, Spanish, Flamenco guitar. Audio samples and more at www.williamwilson.com. Contact William, 619-300-6284.

**EXOTIC AND SPARKLES** are what she wants for a gift. Give her both with ***jewelry imported from India*** Contact us for her gift. *Corrine's Boutique* 619-787-5283. Corinnes\_Boutique@yahoo.com.

**MAGNIFICENT YACHT WEDDING.** Premiere Yacht Charters. Romantic, memorable wedding/ reception on board luxury sailing/ power yacht. Gorgeous sunset backdrop! Catering, video, music, etc. available. *PremiereYachtCharters.com.* 619-410-5222.

**STAGE NOTES**

**ABANDON YOUR ACTING FEARS!** Actors' Workshop Studios. San Diego's #1 film/ TV studio! Professional 3-camera set. Weekly in-house auditions with Hollywood and local casting directors, producers, agents. www.actorsworkshopstudios.com; 858-587-6666.

**PET CENTRAL**

**AQUARIUM SALE** at Octopuss Garden. 20H aquarium, \$20; 29 for \$29; 40R, \$40. Even a 60E is just \$60. Other tank specials also. Lots of healthy saltwater fish and beautiful corals. Protein skimmers. Lighting systems, pumps, decorations and supplies at low prices at Octopuss Garden. Noon-9pm, 7 days. Call 858-576-7449.

**AQUARIUMS AND PONDS!** Freshwater/ saltwater fish. Extensive reef animals. 9000 square feet. Low warehouse prices! Expertise not found in Southern California cookie-cutter stores! Aquatic Warehouse. 5466 Complex Street #204, San Diego. Behind Superior Courthouse, off Clairemont Mesa Boulevard. www.aquaticwarehouse.com. Daily, 10am-7pm. Saturday, 10am-6pm. Sunday, 11am-6pm. 858-467-9297.

**BARK IN BALBOA PARK 4.** Sunday, February 21, 2pm. Spreckels Organ Concert and Pet Parade by Dr. Carol Williams. Benefit San Diego Humane Society. All pets welcome. www.sosorgan.com.

**ABILITY THROUGH TRAINING.** The Robert Wald Actor's Studio focuses on moment- to- moment reality training. These classes unlock the actor's ability to work spontaneously and with the realism and intensity advocated by the industry's creative legends. Beginners welcome. Thursday evening class available. 6:30pm-10:30pm, or Saturday mornings. Call for information. 619-542-1216.

**AUDITIONS.** Saturday, March 6. SeaWorld Entertainment Opportunities. If you've got talent, SeaWorld has opportunities. Come and be a part of the fun, the wonder and excitement. SeaWorld Costume Characters, Sesame Street Costume Characters, Bilingual (Spanish and English Speaking) Show Hosts, Show Hosts. For more information including times, locations and position requirements visit SeaWorldSanDiegoAuditions.com. All applicants must apply online prior to audition date and must be at least 18 years of age. (Costume characters must be at least 16 years of age.) SeaWorld San Diego is an Equal Opportunity Employer supporting a drug-free workplace.

**CITY'S GOT TALENT.** To show off your talent, try out for San Diego City College's talent show. Prizes awarded: 1st, 2nd, 3rd place. Who can try out: Anyone ages 16+. San Diego City College Saville Theater, March 20, 7pm. 1313 Park Boulevard. Tryouts held: 2/16, 6-9pm, Room C114. 2/17, 5-9pm, Room A214. 2/21, 1-5pm, room C114. Tickets: in advance- \$10, at the door- \$12. All proceeds go to San Diego City College Scholarship Fund. Any questions, contact Tandy Ward, Talent Coordinator, San Diego City faculty member: tward@sdcc.edu. 619-341-0051.

**GOT DRAMA?** The drama doctor is in. Acting! improv performance enhancement workshop. Why wait when you can act? All ages. Free! Act now. 619-569-4922.

**HANNAH MONTANA** casting director Howard Meltzer in San Diego 1 day only, March 7. Conducting 2 acting workshops at Mission Bay Hotel. Ages 10-19. www.howardmeltzersandiego.com.

**MODELS.** Amateur models needed for photo, video, web work. Ages 18-60. All types. No experience necessary. Cash

paid. Professional setting. Call Jenn, 619-379-4964.

**COUNSELING & SUPPORT GROUPS**

**NOTICE TO READERS: The advertisers in this section include licensed mental health providers, unlicensed counselors, and support groups.**

**ARE YOU MAD?** Learn how to manage your anger constructively. Gain power, control, reduce conflict and improve your relationships. Classes begin soon. Mission Valley. Jay Schneider. LCSW. Lic-9573. www.manageangerdaily.com. 858-538-5587.

**ARE YOU STUCK? STRESSED?** Experiencing crisis? Relationship issues? Career problems? Family conflicts? Grief? Past trauma? Take back your power. Trish Deignan, LCSW21861. Free consultation: 619-723-9244.

**CLINICAL HYPNOTHERAPY.** "What the mind can conceive, the body can achieve." All issues addressed. Free consultation. Patricia R. Parlin, Ed.D. CHT403-250. Call 619-442-3661 or 619-504-1935.

**EMOTIONAL WOUNDS** from childhood? Heal Inner Child problems from dysfunctional family. Free preview: February 18th and Monday, the 22nd. Thought Field Therapy eliminates phobias and traumas. Counseling for individuals, couples' enrichment and family bonding. Sharon Goodlove, TFT Diagnostician; Glenn Goodlove, LCSW-1450. Goodlove Counseling Center, 858-569-8975. www.goodlove-online.com.

**GAY/ BISEXUAL MEN:** Supportive individual therapy. Depression, anxiety, confusion, addictions, spiritual/ religious issues. Married, closeted welcome. Discretion, confidentiality assured. Mel Karmen, PhD, MFC-12709. 619-296-9442.

**HERPES/ HUMAN PAPILLOMAVIRUS** (HSV/HPV) Support Group. Accurate medical information and support. Recorded message: 619-491-1194. www.SanDiegoCityHELP.org.

Interact with kitties Saturday 2-4pm; Sunday 12-2pm; most weekday evenings. Fee includes spaying/ neutering, vaccination, microchip, more. Photos/ locations: www.rescuehouse.org.

**CHIHUAHUA**, long hair, neutered, 6 pounds, 7 months, dark brown with tan. No small kids. Recovered from fracture. Shots, microchip. \$250. 619-466-0426.

**Free Vaccinations**  
for Rabies with any other vaccination purchase, when you mention this ad. Countywide service since 1981. Call 619-478-1387 or visit [www.ShotsForPets.com](http://www.ShotsForPets.com).

**GOLDEN RETRIEVER PUPPY.** 1st shots and dewormed. Parents on site. Born December 2, 2009. Cute, playful. Call 619-575-7526.

**KITTENS/ CATS.** La Costa Petco, 3239 Camino De Los Coches, 92009. Monday-Saturday 9am-9pm; Sunday until 7pm. Interact with kitties Saturday 9am-1pm; Sunday 10am-2pm; most weekday evenings. Fee includes spaying/ neutering, vaccination, microchip, more. Photos/ locations: www.rescuehouse.org.

**KITTENS/ CATS.** Encinitas Petco. 154 Encinitas Blvd., west of I-5. Monday-Saturday 9am-9pm; Sunday until 7pm. Interact with kitties Saturday 9-11am, 5-7pm; Sunday 9-11am, 4-6pm; most weekday early mornings/ evenings. Fee includes spaying/neutering, vaccination, microchip, more. Photos/ locations: www.rescuehouse.org.

**KITTENS/ CATS.** Mission Valley Petco. 10310 Friars Road/ Mission Gorge. Monday-Saturday 9am-9pm; Sunday until 7pm. Interact with kitties Saturday/ Sunday 1-3pm; most weekday evenings. Fee includes spaying/neutering, vaccination, microchip, more. Photos/ locations: www.rescuehouse.org.

**KITTENS/ CATS.** La Mesa Petco. 8501 Fletcher Parkway, 91942. Monday-Saturday 9am-9pm; Sunday until 7pm. Fee includes spaying/neutering, vaccination, microchip, defleaing, more. Photos/ locations: www.rescuehouse.org.

**KOI-KOI, THE ORIGINAL** mobile pond shop for ponds and water gardens. Free water testing— ask for details. Maintenance and installations, commercial and residential. Since 1988. 619-441-9275.

**LABRADOR PUPPIES.** 4 weeks old. 4 yellow, 6 black, 3 chocolate. Ready in 4 weeks. Reserve yours today! Call for details and photos. 858-578-5591, 858-382-8139.

**LOVE BIRDS.** Tame, sweet, hand-fed. Indoor raised. Black masked and blue masked. 4 months old. \$20 each. 619-222-1516. sandiegolovebird@aol.com.

**PEKINGESE,** spayed, 7 years young, darling. Gold and tan, small. Not good with children. Needs to warm up, then is very sweet. \$100. 619-583-5122.

**LIFE COACHING.** Explore and enhance life! Deal with career, legal, financial, family, personal, and relationship issues. Call Ron Day: An understanding senior, long-term attorney, counselor/ therapist, investor, and teacher. Sliding fees. Hear Ron at Radio AM-1000, Saturdays at 10am! 619-298-0658. RonBDay@cox.net.

**PRIVATE COUNSELING.** Your journey can be clearer, more peaceful; relationship issues, body image, self-esteem, anger. I can help. Work toward self- acceptance. Negotiable fee. 619-838-6817.

**NOTICES**

**ACTIVE/RETIRED FEDERAL** employees invited to hear how NARFE protects earned benefits. Third Wednesday monthly, 1pm. El Cajon Community Center. 175 East Douglas. Free admission/refreshments/parking. 619-464-2987.

**AL-ANON.** Grupo paz mental. Sufre por el alcoholismo en su familia? Juntas sesionan Martes, 5:30pm-7pm, y Sabados, 1-2:30pm. 3450 Bonita Road, #207, Bonita, CA 91902.

**ALCOHOLICOS ANONIMOS.** Reunion de mujeres. Sesión Miércoles, 9am-10:30am. Desea dejar de beber? Lleve una vida útil y feliz! 3450 Bonita Road, Suite #207. 619-280-7224.

**ALCOHOLICOS ANONIMOS.** Problemas con el alcohol? Nosotros le ayudamos a vivir mejor. Sesiones Lunes-Viernes, 7am y 8pm. Sabados, 8am y 7pm. Domingo, 8am y 5pm. Grupo Bonita Hispano, 3450 Bonita Road #207. 619-280-7224.

**AMAZING HAIR SECRETS!** Your hair replacement alternative! Offering full-service hair addition while you wait. Custom hairpieces, private rooms. Free Consultation! Hablamos Espanol. 858-274-2337. 619-954-7717. amazinghairsecrets@att.net.

**ARTIST PROJECT ROOM.** \$200 per month. 619-427-7541.

**BOOK SALE.** The Friends of the Solana Beach Library will hold a used book sale February 25-27, 10am-4pm, 157 Stevens Avenue, Solana Beach. Choose books, \$4/ bag. 858-755-1404.

**CAN PRAYER HEAL?** Discover freedom and wellness. Find out how prayer works for you to eliminate chronic disease, pain, fear, anxiety, depression. 858-272-3246.

**CANNABIS PATIENT ACT.** (Association Cannabis Therapeutics). Nonprofit. Seeks caregiver/ patient interns with questions about cooperatives, clones, medicine, growing guidelines. Proposition 215 guidelines. Meth kills. 619-528-0907.

**CO-OP.** Assorted food items. \$15 per share. Terrific value and it's always different. Thursdays in North Park, 5pm-6pm. Must be reserved. Call 9am-noon Thursday to reserve yours, 619-283-3066.

**DEBTORS ANONYMOUS** is a 12- Step program for people with problems with money and debt. Contact us at www.dasandiego.org or 619-525-3065.

**DINNER-ON-A-DOLLAR.** Free newsletter. Get yours: <http://www.dinneronadollar.org/newsletter.html>. email: hungry@ dinneronadollar.org. Can cost \$1.99, but under \$2. We need your recipes, too. Thanks. Claudia, 858-693-3939.

**EATING DISORDER SUPPORT** groups, ANAD, at Healthy Within, Sorrento Valley. Free. Individuals in recovery: Wednesdays, 6-7pm. Friends/family: Mondays, 7-8pm. 5665 Oberlin Dr., Suite 206. 858-622-0221. www.healthywithin.com.

**FAMILIA DE ALIMENTOS.** Donacion .50 centavos minimo. Pan, pasteles aveces, otros productos. Martes 12:30-2:15pm, Iglesia de Grace, esquina Fairmount Avenue en Redwood y Poplar. No necesita reservar.

**FAMILY FOOD LINE.** Donation requested. 50 cents minimum. Bread, sometimes pastries, produce, others. Tuesdays 12:30-2:15pm, Grace Church, corner of Fairmount Avenue at Poplar & Redwood. No reservation needed.

**FREE CUSTOMIZED EMPLOYMENT** Program for ***Veterans with a Service Connected Disability*** or those ***Honorably Discharged within the last 48 months***. Space is limited. Call 619-424-6860.

**FREE PRESCHOOL.** Alpha Kappa Alpha Head Start is now enrolling children ages 3-5 years old from low- income families in the East County, and children with special needs/ disabilities. 619-444-0503.

**FREE PSYCHIC HEALING/** Lecture Clinic. Free readings for new visitors. Mondays, 7:30pm, 3/1, 4/5, 5/3, 6/7. Vessa's Clairvoyant Program students. 4455 Morena Boulevard, #108. 858-509-7582.

**HALF OFF FACIAL/ WAXING!** 1/2 off all facials and waxing for all of February! (1st time clients only.) New, fun, unique salon Downtown! www.dermallyll.com, 619-265-6193.

**LEARN HOW TO RENT STOCKS** for profit. Inside tactics of the pros! Call for upcoming events and more information. 866-540-6950. www.investskillsacademy.com.

**MOVIE BUFFS.** Interested in watching movies and then discussing them afterwards (like book clubs)? Ages 25 to mature welcome. Please call 619-850-6075 or 858-231-0647.

**NORIC FINE ART GALLERY.** Art auction: February 5-26. Proceeds help homeless/ needy, www.godsextenededhand.com. Bid: www.zhibit.org/finearbybn. 8183 Center Street, La Mesa. Norma. 619-337-1254.

**OBSESSIVE COMPULSIVE** Anonymous. 12- step meeting for people with OCD/ interested others. Free. Mondays, 6-7pm. Department of Health Services Complex, 3851 Roscreans Street, Harbor Room. ocasandiego@hotmail.com.

**OSHO ENSENADA.** Therapy/ meditation center. Workshop: "From Fear To Trust." Explore ways to become aware of fear which leads our lives. April 9-11. oshoensenad@gmail.com. www.espiral.nush.com.

**OVEREATERS ANONYMOUS.** Meetings daily. No dues or fees. 619-521-2538. www.oasandiego.org.

**PARENTS, FAMILIES AND FRIENDS** of lesbians and gays (PFLAG). Find help, support and understanding. Meetings: Mission Valley, East County, North County, www.pflag.com. Call for details, 619-579-7640.

**PRAYER-BASED SOLUTIONS** for problems. Achieve inner peace and balance, eliminate chronic disease, pain, lose crippling fear, addiction. 858-272-3246.

**PREGNANT? CONSIDERING ADOPTION?** Talk with caring agency specializing in matching birthmothers

with families nationwide. Living expenses paid. Call 24/7, Abby's One True Gift Adoptions, 866-413-6293. (AAN CAN)

**Gain National Exposure**

Reach over 5 million young, active, educated readers for only \$995 by advertising in 110 weekly newspapers like this one. ***Call The Reader at 619-235-8200.*** (AAN CAN)

**RESEARCH STUDY VOLUNTEERS.** Do you have Type 2 Diabetes? Dr. Henry and his associates have a Clinical Research Study that is looking at the safety and effectiveness of an investigational medication (similar to aspirin) compared to placebo, in the treatment of Type 2 Diabetes. The study drug is approved by the FDA to treat arthritis, but has been approved for Diabetes. See if the TINSAL study is right for you. Duration: approximately 55 weeks total; 11 clinical study site visits at UCSD. Study visits may include an initial screening visit, vitals, laboratory samples, physical exam, EKG, medical history, quality of life questionnaires, blood sugar readings from provided glucose monitor. If you meet the following criteria, you may be eligible to participate. Inclusion Criteria: males or females aged 18-74. Diagnosed with Type 2 Diabetes. Diabetes controlled with diet and exercise of up to 3 medications, stable for 8 weeks (excluding current use of Actos, Byetta and insulin). HbA1c between 7.0-9.5%. No recent weight loss greater than 10 pounds or currently on any weight loss drugs. No Plavix, Heparin, Coumadin or any other anticoagulants (aspirin OK). Qualified participants will be compensated for participation up to \$700. To find out if you are eligible, please contact Research Coordinator at 858-552-4326.

**SEX/ RELATIONSHIP PROBLEMS?** Out of control? You're not alone. Call Sex and Love Addicts Anonymous. 12 Step fellowship. PO BOX 3791, San Diego, 92163. 619-685-7211. www.slaa-sandiego.org.

**SHOP ONLINE - 20% TO CHARITY!** Place your Avon orders online, choose the event or charity you want to support and 20% of the gross proceeds will be donated. Fundraising available for your group. www.youravon.com/kennis.

**SURTIDO DE ALIMENTOS.** CO-OP. \$15 por donacion. Siempre diferente. Jueves en Parque Norte, 5pm-6pm. Primero debe llamar para ser reservados de 9am-12pm Jueves, al 619-283-3066.

**TWELVE STEPS NOT WORKING** for you? Try a self- empowering, skill- building approach with S.M.A.R.T. Recovery. Free support groups. www.practicalrecovery.com.

**WEDDING HELP.** Vote for my brother and his fiancé to win their perfect wedding. Good karma, it's really quick. Help a San Diegan out. www.ultimateweddingcontest.com/entries/23109.

**WIN FREE PLANE TICKET** by voting for Ian and Katy! Free entry, just vote for us to win our dream wedding! Visit [sewingandsoymlk.blogspot.com](http://sewingandsoymlk.blogspot.com) for details.

**WRITERS** looking for short, uplifting stories of homeless "Rescued Pets" by people who did, to be published with photos, if possible, please. 858-693-3939, pet7@writersetc.com.

# Granite kitchen countertops only \$1,499

Includes 30 square feet of granite, bullnose edging, plywood subtop, demo and disposal of old counters and undermount sink cutout. Certain restrictions apply. Expires 3/31/10.

Free in-home estimates. View your future kitchen with our free advanced 3D visualization program!



## Kitchen remodels at wholesale prices!

9550 Distribution Ave.  
San Diego 92121  
Lic. #915821  
[www.dodca.com](http://www.dodca.com)  
Se habla español

**Free in-home estimates**  
**888-281-5390**



132 San Diego Reader February 18, 2010



**25% OFF FRESHWATER FISH!\***

See our all-new freshwater fish section.

\*With this ad.

**CORAL • FISH • LIVE ROCKS • COMPLETE SUPPLIES**

**Octopuss Garden**

4865 Convoy Street  
San Diego • 858-576-7449



# Typo Patrol Results

Issue of February 11, 2010

### Media Hawk

p.18 who *should be* whom

### Events listings

p.74 Chefs One *should be* Chefs, One

**Linda Cox (San Diego) \$20**

### Stringers

p.7 Unos *should be* Uno

**Nathaniel Uy (Riverside) \$10**

### Media Hawk

p.18 in *should be* on

p.19 can't pass up *should be* can't-pass-up

### Events listings

p.72 tangos *should be* tango

**John Mann (Linda Vista) \$30**

### Events listings

p.70 America *should be* American

**David Batterson (San Diego) \$10**

You must send in a copy of the printed error — either the actual page or a copy (including page number). Exceptions: direct quotations, slang, colloquialisms, house/writer style idiosyncrasies. Exempt: ads, blogs, user reviews, movie showtimes, puzzle results, and letters to the editor. Submissions accepted until Monday at 7 a.m. after the issue in question. First identification of error wins \$10 or a Reader T-shirt (indicate preference). Winnings limited to \$300/year per household. Mail to: Typo Patrol, SD Reader, Box 85803, San Diego, CA 92186; or fax to 619-231-0489; or deliver to 1703 India Street in Little Italy (we have an after-hours mail slot).

## TRAVEL & GETAWAYS

**BIG BEAR COOL CABINS.** Cabin or luxury home on or near the lake. Fireplace, BBQ, DVD, kitchen, hot tub and more. Professional housekeeping, towels, and linens are included. Pet-friendly available. Check rates and book online. [www.bigbearcoolcabins.com](http://www.bigbearcoolcabins.com) or 800-550-8779.

**CUPID'S CASTLE B&B.** Fall special \$50 off with ad. Fairytale castle near Harrah's Casino. Jacuzzis, balconies, TVs, bathrobes, breakfast, snacks. Voted most romantic getaway. Near wineries. Wedding facility. Cupid's Castle B&B. [www.adreamcastle.com](http://www.adreamcastle.com). 760-742-3306.

### Napa Valley Getaway

Fabulous Wine and Dine Weekend in Napa Valley wine country. Enjoy 4-course menu paired with wines from one of Napa's finest wineries from the Napa Wine Train! Champagne brunch followed by hot air balloon, or spa treatment. Deluxe accommodations. Register by March 22: <http://www.finelivingenthusiast.com/Destinations.html>.

**REDUCE YOUR STRESS!** For a relaxing getaway, we have cabins from \$74 plus tax! Southern California's 2nd best kept secret, 6200' in the sky! 11 individual log cabins, fireplaces, kitchens. Reservations: Edelweiss Lodge, 951-659-2787. [www.1cabin4u.com](http://www.1cabin4u.com).

**SINGLES IN PARADISE.** Travel the world with the singles travel experts! Vietnam, Bali, Galapagos, Fiji and Greece all coming up! Call 800-954-5453 or visit us: [www.SinglesInParadise.com](http://www.SinglesInParadise.com)

**TIMESHARE.** Lawrence Welk Timeshare. Must sell. Discounted price. Call 619-286-9466.

## PERSONALS

**THANK YOU, HOLY SPIRIT,** for prayers answered. MYSTE

## MUSIC EQUIPMENT / INSTRUMENTS

**AMPS AND GUITARS:** PRS SE Custom 22, \$375. Epiphone Casino, \$550. G&L Will Ray Model, \$499. Eric Clapton Strat "Blackie," \$1199. Kustom Quad 100 head with 412 cabinet, \$399. Fender Princeton Reverb RI, \$750. Fender Cyber Twin, \$499. Guild D25, \$385. At [www.mozeguitars.com](http://www.mozeguitars.com), 619-698-1185.

**APEX MUSIC SINCE 1952!** Get the gear you need at affordable prices. Sales, repairs and rentals. No one compares! 6210 El Cajon Boulevard. 619-583-1431. [www.apex4me.com](http://www.apex4me.com).

**BOSS QUIETCOMFORT,** 2 noise-canceling headphones, \$125. Lexicon LXP-15 digital reverb, \$125. Samson PL1602 Rackmount stereo keyboard mixer, \$90. 619-397-3463.

**GUITAR.** Ovation acoustic electric, 1983, Legend model #1617, American made, mother-of-pearl inlaid fretboard, like new, with case, \$350. 619-670-4317.

## MUSIC MUSICIANS AVAILABLE / WANTED

**BASS PLAYER NEEDED.** Serious rock bass player between ages 25-35. Must have live and recording experience, good gear, dedication. Vocals a plus. [www.myspace.com/liveagainmusic](http://www.myspace.com/liveagainmusic). Contact: [soulriderlcc@yahoo.com](mailto:soulriderlcc@yahoo.com).

**COUNTRY WESTERN BAND.** Anyone interested in joining together to form a band? All instruments and singers welcome. Bob, 858-753-1775.

**ELECTRIC GUITARIST WANTED.** Diamond is Forever tribute band. Seeking flexible, passionate musician: Abilities ranging from jazz to high energy rock. No drugs/ alcohol. [www.davidjsherryproductions.com](http://www.davidjsherryproductions.com). CeCe, 760-839-0277.

**GUITARIST AVAILABLE.** Reggae, pop, jazz/ rock, hip hop, lead/ rhythm, CD/ tour credits: Pato Banton, Fully Fullwood, Majek Fashek, Scientist, Micah Nyne.

Dale, 858-401-2973; [myspace.com/dalehauskins](http://myspace.com/dalehauskins).

**GUITARIST NEEDED.** For cruise gig. Australia/ New Zealand, May-August. Top 40, contemporary, classic rock. Must have passport/ good attitude. No drugs. \$2000/ month, includes expenses. 760-717-8989.

**MALE SINGERS!** In aChord, a 12-voice men's choral ensemble, holding auditions: tenors, baritones, basses with diverse cultural backgrounds and solid work ethic. 619-501-1074. [JimJazz@aol.com](mailto:JimJazz@aol.com).

**MYSTIC ROOTS BAND** live on tour! Constant Struggle: Award Winning album in stores now! Saturday, February 20, at 8:30pm. \$8, 21+, at 710 Beach Club, 710 Garnet Avenue, San Diego. [myspace.com/mysticrootsband](http://myspace.com/mysticrootsband).

**PRODUCER** seeks prolific, talented composers, performers, any age, original material. Interns, copyists. Have professional tools. Need protocoler, lexicon user. 619-528-0907. [www.myspace.com/shiriloquez](http://www.myspace.com/shiriloquez). [www.myspace.com/isitfrankzappa](http://www.myspace.com/isitfrankzappa). [www.myspace.com/phyllispryor](http://www.myspace.com/phyllispryor). [www.myspace.com/mindcontrolemoneys](http://www.myspace.com/mindcontrolemoneys). [www.myspace.com/concretesummersday](http://www.myspace.com/concretesummersday).

## MUSIC SERVICES

**AUDIO RECORDING SERVICES.** Free consultation by appointment. Spacious commercial location. 60-channel console. ProTools, ADAT, analog systems, Steinway piano. Professional microphones/ signal processors. [www.hitsinglerecording.com](http://www.hitsinglerecording.com). 619-258-1080.

**BLITZRECORDING.COM.** Tracking, mixing and mastering professionals. Transfer/ restore analog or ADAT tapes to ProTools HD for vocal tuning, drum replacement and remixing as low as \$40/ hour. 619-260-0837.

**BLUE GUITAR.** Fine repairs and restoration by Yuris Zeltins and staff since 1961. Classical guitars through custom electrics. 5959 Mission Gorge Road. 619-283-2700. [www.theblueguitar.com](http://www.theblueguitar.com).

**CD AND DVD DUPLICATION** and replication. Complete 100-piece retail-ready packages from \$230. 1000-piece CD packages from \$925. Full print and packaging. 760-747-2734.

**CD COPIES** and mastering. Near SDSU. Print art directly to CD. We will beat any price. No minimums for CD duplication. 619-540-5827.

**CD DUPLICATION SPECIAL!** 100 CDs in jewel cases with 2-panel cover, tray liner and shrink wrap. Full color, \$2.40 each. Call 858-541-0256.

**GUITAR REPAIR.** Quick turnaround on routine jobs, setups, and adjustments. Fast, professional service. Now open Mondays. Bill Meyer, Tecolote Guitar Works, Bay Park, 619-276-1677. [www.tecoloteguitarworks.com](http://www.tecoloteguitarworks.com).

**JAZZ GROUP—** Rehearse here, \$150-\$250 per month. Nice and clean. 619-427-7541.

**RECORD A DEMO at HobarTrax.** Efficient, experienced engineer. Pro Tools, Mackie, Avalon, etc. Session musicians available, all styles. Creative, inspiring atmosphere, \$30/ hour. [www.hobartrax.com](http://www.hobartrax.com), 858-243-7728.

**RECORD at CV STUDIOS.** San Diego's best value! ProTools, professional gear. Rates from \$25/ hour. Get the sound you want without pressures of expensive studios. Jon, 858-414-2143.

**RECORD at EARTHLING Studios.** Analog and digital multitrack recording and mastering services. Call Mike for rates at 619-441-8341.

**RECORD at KING'S RANSOM Studio.** Top vintage and contemporary gear for fat, warm sound. All styles music welcome. I care about your project as much as you do! Fast and efficient. \$30/ hour and up. 619-278-8752.

**REHEARSAL IN OCEAN BEACH** at Spotless. 1922 Bacon Street across from Winston's. 3 air-conditioned rooms with PA, available for hourly rentals. Parking, loading. 619-523-3073.

**REHEARSAL STUDIO.** Upscale facility, Kearny Mesa. All rooms have individual air conditioning, high ceilings and 24-hour access. Monthly rooms available. Adder Studios, 858-505-8644. [www.adderstudios.com](http://www.adderstudios.com).

**REHEARSAL STUDIOS for musicians, artists. Handy College Area location. Available. Monthly rental. Air conditioning. Make appointment. 858-335-8455.**

**REHEARSAL STUDIOS:** 24-hour, air-conditioned lockout studios, \$250, \$350 and \$450. PA, drum sets, amplifiers available. North County. Call 619-957-5686.

**REHEARSAL STUDIOS!** Current special: \$100 off first month's rent with ad! Miramar Road. Monthly and hourly rates available. Universal Sound, 619-306-2222; 858-401-2973.

## SERVICES

**SD BAY SPA**  
*Near Old Town & Airport*  
**Massage \$60–1 Hr.**  
*Deep Tissue, Swedish, Sports, Thai stretching*  
**Couple's Massage \$120/hr.**  
**Ionic Foot Detox \$30**

 **619-226-2056**  
3333 Midway Dr., Ste. 201  
San Diego, CA 92110

Open 7 days 11 am-8 pm (weekends to 7 pm)  
[tranquilitysd.com](http://tranquilitysd.com) • Lic. #2009012846

**PLAZA ORIENTAL MASSAGE**

16769 Bernardo Center Dr.  
Suite K-28  
Rancho Bernardo Plaza  
(near the post office)  
**(858) 675-0048**  
[www.AsianBodyCare.org](http://www.AsianBodyCare.org)  
7 days – 9 am-9 pm  
We accept major credit cards  
Lic. #2006010764

**\$25 off 1-hour Oriental massage**  
**\$50 1/2-hour massage**  
Includes your choice of hot tub, Jacuzzi or table shower.  
Featuring deep tissue and Swedish massage.

**Royal Spa**  
6124 University Ave.  
At College Ave. Plenty of parking in back.  
**619.229.0509**  
Visa • MasterCard • Amex • Disc • ATM  
Open 7 days 9 am-10 pm

Lic. #2009006514

Formerly Chula Vista Spa

**\$10 off massage**  
Any session. With this ad.

**GOLDEN TOUCH WELLNESS** New Staff!  
*Beyond Relaxation*  
619-423-3377  
1515 Palm Ave., Ste. G  
next to Honey KO in Imperial Beach  
Credit cards welcome.  
Lic. #B1995011569

**Grand Opening!**  
**Moonlight**  
ACUPRESSURE  
**'20 Off One Hour**  
The Best Oriental Massage  
760-796-4122  
301 E. Washington Ave.  
Suite A (at Juniper) • Escondido  
Visa & MasterCard accepted.

• Spanish Concert Classics and Flamenco  
• Huss & Dalton, Taylor, Tom Anderson, Santa Cruz and McPherson Guitars  
• **Legendary Repairs by Yuris Zeltins, Drew Gallahar, Pat Quinn & William Dominick**  
• Lessons with Robin Henkel, Steve Nichols, & Zack Coffman  
• G&L • Blueridge Guitars • Deering Banjos  
• Ko'olau, Pono, Kanelele & Kamaka Hawaiian Ukuleles  
• Amplifiers from Victoria, Orange, Savage, Fishman, Roland & more

**New NAMM Show Orange Amps Now in stock!**



**The Blue Guitar** Established 1961  
5959 Mission Gorge Rd., Ste. 101, Mission Valley (across from S.D. Toyota)  
619.283.2700 • [www.theblueguitar.com](http://www.theblueguitar.com)  
New Hours: Mon.-Fri. 11-7 • Sat. 11-3 • Closed Sun.

 The Blue Guitar

**BE 8-20 INCHES SLIMMER IN JUST ONE HOUR!**  
NOT A TEMPORARY WATER LOSS!

• Melt inches from thighs, hips & waistline  
• Detoxify  
• Get rid of cellulite

**\$10 OFF FAT BURNER WRAP, DOUBLE MINERAL WRAP or AIRBRUSH TAN**  
As seen on the Tyra Banks & Ellen shows!  
New clients only.



Burn up to 4,000 calories & 5% Body Fat in 1 treatment w/ French Sudatonic.

**SUDDENLY SLIMMER**  
THE Body Wrap  
[www.suddenlyslimmer.net](http://www.suddenlyslimmer.net)  
858-551-5196

**Little Italy**  
**\$20 off 1-Hr. Massage**

• Deep tissue • Swedish  
• Table shower • Jacuzzi  
• Hong Kong Massage  
Open 7 days 10 am-11 pm

**Ami's Spa**  
2443 Kettner Blvd.  
619-231-1917  
License #30672



**25% OFF ALL PAINTING JOBS**  
Same-Day Service  
Compare & Save \$\$\$  
Interior/Exterior  
Free estimates  
(619) 200-0337 • (619) 422-0222



Workman's/ Liability Insured  
CA State Lic. #627032

 **Valentine Massage Specials!**  
**\$20 off 1-hour \$10 off 30-min.**

Oriental • Full Body  
Hot Stone • Therapeutic  
Jacuzzi • Body Shampoo  
Steam Sauna

**858-560-0680**  
Mercury Spa & Massage  
4411 Mercury St. #104  
License #B2007028882

**NORTH PARK**  
**Genie Massage**

ORIENTAL SPA & BATH  
3395 El Cajon Blvd.  
(between Hwy. 15 & 805)  
**619-284-0888**  
Lic. #2005012879



1

## NEWLY REMODELED AFFORDABLE APARTMENT!

2 BDRM/1 BA

### BRAND-NEW interior features include:

- Flooring (carpet and vinyl)
- Paint • Windows • Cabinets
- Stove (gas)

### Community features include:

- Quiet cul-de-sac location
- Playground
- Business computer center

### Resident services:

- After-school program
- Job training & résumé assistance (coming soon!)
- Mommy & Me Yoga Classes (coming soon!)

Income restrictions apply.  
Call for details.  
Se habla español!

**Village Green**  
**4150 Bonillo Drive**  
**San Diego, CA 92115**  
**Ph: (619) 583-7236**

[www.villagegreen@conam.net](http://www.villagegreen@conam.net)



2

## BRAND-NEW "LOW INCOME" HOUSING! Now open in Downtown San Diego!

Please visit our community Monday through Friday.  
Studio apartments available!

Income restrictions apply.  
One person: Max \$34,680  
Two persons: \$39,660  
Three persons: \$44,580

- Underground, assigned parking
- Community center • Outdoor deck
- Views • Wired for cable/internet
- "Green"/Non-smoking community
- Studio \$778
- 1 Bedroom \$888
- 2 Bedroom \$996

**Parkside Apartments**  
**515 13th Street**  
**San Diego 92101**  
**Call toll-free:**  
**877-280-5568**



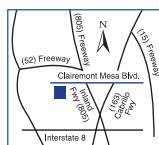
3

## Weekly starting at \$300 Studios starting at \$895/mo.

- Free continental breakfast buffet ➤ Free maid/linen service!
- No lease! ➤ Free utilities!

- Heated pool and spa
- Laundry facilities
- Microwave ➤ Refrigerator
- Easy freeway access ➤ Centrally located
- High-speed Internet service

**CALIFORNIA  
SUITES  
HOTEL**



**California Suites Hotel**  
5415 Clairemont Mesa Blvd.  
San Diego, CA 92117  
**1-888-475-7147**  
[www.californiasuiteshotel.com](http://www.californiasuiteshotel.com)  
Rates subject to change.



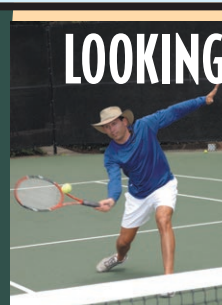
# Rental Communities Directory

	Property Name	Phone	Starting rate	Bedrooms	Short-term/Corporate	W/D in unit	Laundry Facility	Balcony/Patio	Pets	Pool	Covered Parking	Fitness Center
1	Village Green	619-583-7236	CALL	2				■	■	■		
2	Parkside Apartments	877-280-5568	\$778	S, 1, 2, 3				■	■		■	
3	California Suites Hotel	888-475-7147	\$895	S	■			■		■		
4	The Club Torrey Pines	866-354-2096	CALL	1, 2, 3	■	■	■	■		■	■	■
5	Island Village	888-325-4573	\$585	S				■	■			
6	Bay Pointe	888-451-8713	\$895	S, 1, 2	■			■	■	■		■
7	Trilogy	619-231-1505 ext. 12	CALL	S, 1, 2	■			■	■		■	

4

## Comfortable... Exceptional... Apartment Homes

- Friendly, professional staff
- Full-size washer/dryer included
- Reserved covered parking
- Award-winning school district
- State-of-the-art fitness center
- Complimentary personal trainer
- Heated competition lap pool
- Lighted tennis courts
- Free tennis and swimming lessons
- Pro tennis instructor
- Sorry, no pets



Visit our website at:  
[www.torrey.cc](http://www.torrey.cc)

**The Club**  
TORREY PINES

12646 Torrey Bluff Drive  
San Diego, CA 92130  
(866) 354-2096  
[ClubTorreyPines\\_DouglasAllred@crossfiremail.com](mailto:ClubTorreyPines_DouglasAllred@crossfiremail.com)

## LOOKING FOR AFFORDABLE LUXURY LIVING?

The Club Torrey Pines is a pleasant place to call home. We are nestled in a quiet neighborhood of Carmel Valley.

**\$500 Off\***

Move in. Vacant ready 2 bdrm.

**\$350 Off\***

Move in. Vacant ready 1 bdrm.

\*6-month or longer lease  
signed by March 20, 2010.







**5**


## 1/2 off 1st & 2nd months' rent

# \$585 per month

including utilities!

With 12-month lease. Single occupancy. (Income qualify — ask for details!)

(Restrictions apply.) 3 months of free cable.




Features:

- Air conditioning
- Full bath
- Kitchenette
- Balcony with bay/ballpark views
- Cable ready

- Microwave
- Internet access
- 4 laundries on-site
- Clubhouse
- Business center
- Gated community


- Courtyard
- On-site management
- Close to shopping, restaurants, entertainment
- Easy access to bus/trolley
- Near freeways



## Island Village

1245 Market Street, San Diego 92101  
Located in East Village near Petco Park

**Daily from 8 am to 6 pm**  
Call toll-free:  
**1-888-325-4573**



**6**

## Winter Break Specials!

**Studios \$895 • 1 bedrooms \$1195 • 2 bedroom/2 baths \$1695**  
**Zero deposit OAC.**



Olympic-size pool, 2 spas, 2 basketball courts, 5 lighted tennis courts w/pros, clubhouse & barbecue area, 6 laundry facilities, movie night, heat & A/C, close to freeways, cats welcome, Saturday continental breakfast, new business center

**Bay Pointe Apartments • 3866 Ingraham St., Pacific Beach • 1-888-451-8713**  
E-mail: baypointe@progressmanagement.net • www.baypointeapartmenthomes.com

**7**



## Downtown live/work lofts

- Several downtown locations • Roof decks with BBQ
- Laundry on every floor • Parking available
- Most pets allowed



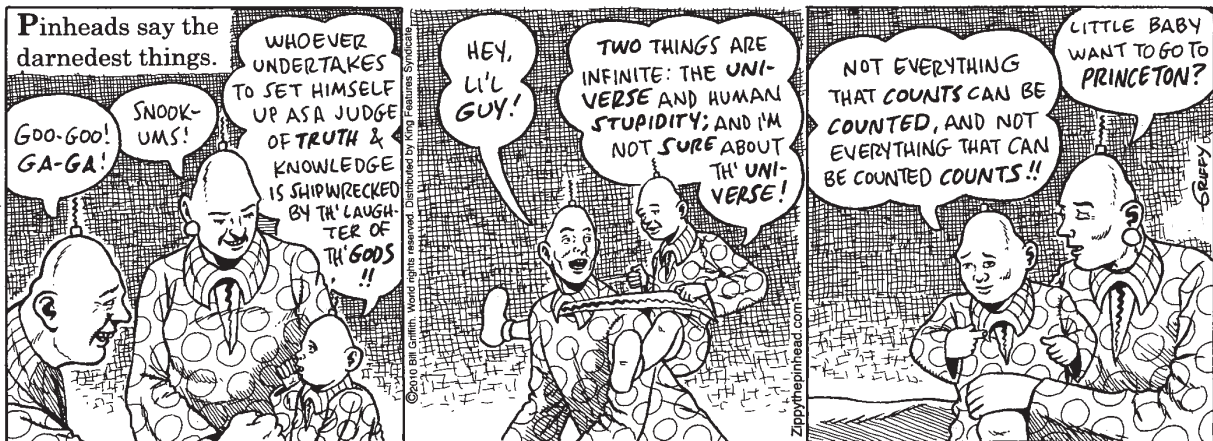
## TRILOGY

REAL ESTATE MANAGEMENT INC.

Please check our website for availability:  
[www.trilogymanagement.com](http://www.trilogymanagement.com)

Leasing office: 315 4th Avenue  
619-231-1505 ext. 12





**REHEARSE AT HINDSIGHT**, Miramar. Hourly rooms, fully equipped (drum kit, two half stacks, bass rig, PA), starting \$18/ hour. PA only \$16/ hour. 858-635-9611, [www.hindsightrehearsal.com](http://www.hindsightrehearsal.com).

**REHEARSE IN SOUTH BAY** \$250 to \$450/ monthly. Very soundproof at Sweetwater Studios, 619-427-7541.

## SERVICES

**ORIENTAL THERAPY**  
New Staff!  
Stress Relief  
Acupressure  
Hot Baths  
760.233.7877  
1645 E. Valley Parkway  
Escondido  
7 days 9 am-10 pm  
License No. 145302

**NORTH PARK**  
\$20 off 1 hr.  
\$10 off 1/2 hr.  
Bring ad.  
- New Staff -  
Hot Baths/Body Scrubs  
All Types of Massage  
Oriental #1 Spa  
619-563-7949  
3134 El Cajon Boulevard  
(1 blk west of 805) Free parking in back  
Daily 10 am-11 pm • License #16467

# DENTAL IMPLANTS

Free Consultation/Exam  
Lifetime Warranty

Call Dr. D. George Oates:  
858-273-9435

## ROOMMATES

**BALBOA PARK.** \$625. Large room in 3 bedroom, 1.5 bath house with backyard. Hardwood floors, washer/ dryer, beautiful safe neighborhood. Dog OK. Female only. 619-977-1957.

**BONITA.** \$745 includes utilities/ all upstairs rooms: bedroom, bath, den. Fully furnished, totally private. Walk-in closet. Off-street parking. Centrally located. Deposit/ references. 619-267-4311.

**CARDIFF.** \$880, 1/2 utilities. Spectacular, 180- degree whitewater view. 2 bedroom, 2 bath, furnished townhome.

Huge balcony, laundry, fireplace, cable, garage. Nonsmoking/ pets. Jeff, 760-436-6426.

**CARLSBAD.** \$650. \$400 deposit, all utilities included. Own room, private bath. Spacious condo. Serrano Community. Pool, jacuzzi. 6- month lease. Military welcome. Available now. 760-525-5663.

**CARLSBAD.** Great location. Walking distance to all. Spacious room in beach house, shared bath. 2 large windows. Large kitchen. Large yard. Parking. Storage. \$885. 760-207-6293.

**CARLSBAD/ PACIFIC BEACH/ Oceanside/ Vista.** \$590, \$650, \$950 (master suite). New home, ocean view, fireplace, granite, view patios, hardwood. Military OK. Rebate. Mature. 760-201-3818.

**CARMEL MOUNTAIN.** \$500. Upstairs sunny room, share bath. Great neighborhood. Pool, spa, washer/ dryer. Wi-Fi/ cable ready. Male only. No pets/ smoking. Peaceful, quiet. 858-673-4799.

**CLAIREMONT.** Nonsmoker. \$600. Rent reduced to \$300 in exchange for light respite- care duties. Ideal for retired mentally active person on social security or pension with no outside job. Help female homeowner, shower, etc. Includes privileges, in luxury condo complex. Large pool, game/ weight room. Great location. Utilities included. Shared bathroom. Bob, 858-337-8694.

**CLAIREMONT.** Upgraded bedroom/ bath. Female preferred. Furnished home. Easy access to UCSD, Mesa. All amenities plus: Wireless, yard, spa, maid, office. \$700, utilities shared. 858-449-9454.

**CLAIREMONT.** \$475. Near Mesa College, grocery store, and bus stop. No pets/

smoking. Male only. Cable TV and utilities included. 858-337-2770, 858-353-4449.

**CLAIREMONT.** \$550. Room in 3 bedroom, 1 bath house with recreational room for entertaining friends. Large closet. Large yard overlooking the canyon. No pets. 619-300-5974.

**COLLEGE AREA.** \$610. Utilities included, \$200 deposit. Furnished/ unfurnished room available. Clean, quiet home. No drugs/ drama. Housekeeper twice/ month. Available now. 619-302-3530.

**COLLEGE AREA/ University.** View, patio, kitchenette, laundry, cable TV. Private bath. Share kitchen. \$675, includes utilities. No smoking, alcohol, drugs, pets. Couple OK. 619-584-2244.

**DEL MAR.** Spacious 5 bedroom home near Village, ocean. Pool, sauna, Jacuzzi. Large room with separate entrance, full bath. \$900 includes utilities. Monee: 619-787-4399; e-mail: monee.-gagliardo@gmail.com.

**ENCANTO.** Furnished room to rent. Own private bath. Utilities, cable included. Near bus/ trolley lines. \$500 rent, \$200 deposit. Female only. No smoking. 619-884-0081.

**FASHION VALLEY** Courtyards. Share condo with female nonsmoker. No pets. Bedroom with view. Private bath. Gated community. All amenities with lake and fountains. Underground parking. Unfurnished. Available 3/1. \$700, including utilities, \$200 deposit. 619-252-3245.

**GOLDEN HILL/ SOUTH.** \$425. Male only. Share small 2 bedroom house, utilities included. Renovated. Centrally located. First/ last/ references. 9x7' room, storage, washer/ dryer. 619-688-1205.

**GOLDEN HILL/ SOUTH PARK.** \$750. "Do you/ couple and your dog need a home?" Bedroom in large 2- story Craftsman. Cable/ all utilities included. Washer/ dryer. Rain forest garden. Available 3/1. 619-232-3937.

**LA COSTA.** Room for rent with tremendous view. Jacuzzi, pool. Separate bath. Parking. Close to beach, shopping. Furnished, \$680/ month for 3 months. 619-818-9206.

**LA MESA.** \$525, including utilities. Deposit. Share house. Hardwood floors, skylights, piano. Remodeled bath/ kitchen. Laundry. Cable, Internet. Big yard. Nice area. For 1 person only. 619-466-7500.

**LA MESA.** \$470. Room in 3 bedroom, 2 bath house. Quiet area. Large lot. Off-street parking. Includes utilities, washer/ dryer, TV, internet. Ted, 619-589-6122.

**LA MESA.** \$600, immaculate extra large room in 4 bedroom, 2-1/2 bath house. Great view. Pool/ spa, big screen TV, Internet, nice neighborhood. dremy1948@yahoo.com; 619-460-2824.

**LEMON GROVE.** \$475 plus \$100 deposit, utilities included. Furnished/ cable TV, internet. Laundry. Shared bathroom/ kitchen. Male only, nonsmoker. Credit check. No drugs/ pets. 619-602-1824.

**MIRA MESA.** Very clean house, \$700/ month. \$350 deposit. Includes utilities. Own bathroom. Washer/ dryer. Internet/ cable. Kitchen privileges. No smoking/ pets. 858-733-1195.

**MIRA MESA.** 1/2 off first month. \$525, utilities. Large home. \$250/ deposit. Fireplace. Large kitchen. Dayroom. Dishwasher. Washer/ dryer. Maid service. No pets. Available. Tom, 619-708-4925.

**MISSION VALLEY.** \$700. Sunny, bright condo. All amenities. Skylights, fireplace, newer carpet, vaulted ceilings, balcony, pool, Jacuzzi, gym. Close to beach. No smoking/ pets. kewltriathlete@yahoo.com.

**MISSION VALLEY/ ALLIED GARDENS.** \$550, \$350 deposit, \$50 key. Unfurnished upstairs condo, shared kitchen, private bedroom/ bath. Laundry, pool, Jacuzzi. Utilities included. No pets, nonsmoking. March 1. 619-229-9903.

**MISSION VALLEY/ COLLEGE AREA.** \$545. Looking for roommate. Female a must. To live with my daughter and me. Beautiful home. Bathroom, parking. Prestigious neighborhood. Close to all. No pets. Habla Espanol. Leave a message. Mary, 619-487-1610.

**OAK PARK.** House to share. 2 bedroom, 1 bath. \$750/ month, \$500 deposit. You get larger bedroom. Gas/ electric, cable

included. Washer/ dryer. Small pet OK. Couple/ single. 619-262-6264.

**PACIFIC BEACH.** \$875/ month plus 1/2 utilities. Couples OK or single. Best condo in Pacific Beach! Share 2 bedroom, 2-1/2 bath. Private bedroom, bath, and balcony. Furnished. Cable, Internet. Washer/ dryer. Garage parking, storage area. Available March 1. Call home phone, 858-483-3865, or cell, 510-773-0734.

**PACIFIC BEACH/ NORTHWEST.** \$650. Room, 2 bedroom apartment. Small complex. Interesting, quiet neighborhood. Buses. Street parking. Laundry. No pets. After 7pm weekdays/ 9am weekends. 858-274-8466.

**POINT LOMA.** Partly furnished room with bath. \$800, \$200 deposit. Includes utilities, cable, bottled water, dust/ vacuum room, clean towels weekly, clean bathroom daily. 619-224-2249.

**RANCHO PENASQUITOS.** \$550. Nice room with shared bathroom. Common areas. Utilities included: Internet, cable, gas, water. House privileges. Washer/ dryer. Close to shopping, freeways. 858-484-2053.

**RANCHO PENASQUITOS.** \$425/ month, includes utilities. Female only. Unfurnished room. Share large double sink bath. Large, clean house. No pets/ drugs. 858-538-7820.

**ROLANDO/ COLLEGE.** \$625. Master bedroom. Private bath, Jacuzzi tub. Spacious 3 bedroom home. Quiet neighborhood. Washer/ dryer. Comfortable, inviting backyard. Month-month. Female preferred. 619-994-4422.

**SAN CARLOS.** Near SDSU, I-8 west/ east. Female preferred. \$500, 1/2 utilities, \$200 deposit. Beautiful, updated condo. No pets, smoking, drugs. Pool/ Wi-Fi cable. 619-265-2740.

**SAN CARLOS/ LAKE MURRAY.** 2 bedroom townhouse. Walk to all. Plus 1/2 garage. \$675/ month, 1/2 utilities. Male preferred. 619-838-1819.

**SAN DIEGO.** Nice room in newer home. Share kitchen. \$500 includes Internet, cable, utilities. \$300 deposit. No drugs/ alcohol/ pets. Near freeways. Year lease. 619-887-2365.

**SAN DIEGO/ COLLEGE AREA.** Rooms for rent. \$500 and \$450. Near SDSU and freeways. Nice 3 bedroom, 2 bath house. Female preferred. Available now. 619-644-1240.

**SANTEE. Master bedroom/ private bath, \$550, small deposit. Share utilities. Near shopping/ bus. Available immediately. Male preferred. No drugs/ alcohol. 619-995-9659 or leave message, 619-562-3812.**

**SERRA MESA.** \$650, utilities included. \$400 deposit. Room for rent in beautiful house. Cable/ Internet, laundry, modern kitchen, spacious bathroom. No drugs, pets, smoking. 858-277-7003 or 858-449-6449.

**SERRA MESA.** Room in 3 bedroom, 2 bath house. Game room, pool, Jacuzzi. \$650, month to month, plus 1/2 utilities. Central location, street parking. 619-571-3361.

**SPRING VALLEY/ LA MESA.** \$85-\$105/ week. No deposit. Utilities, furnishings, amenities included (cable, Internet, free long distance, gym equipment). At 94/ 125 freeways. No drugs/ alcohol. Thomas, The Treehouse. 714-787-8744.

**TIERRASANTA.** Furnished rooms. Quiet. Near all, freeway 15/ 52 convenient. Kitchen privileges. Internet. \$465, \$480 and \$495. With utilities. No drugs/ smoking. Available. 858-565-7664; 858-717-5224.

**VISTA.** \$550, plus deposit. Shared bath. Includes utilities, Internet, cable, laundry, kitchen, parking. Near 78 freeway. Must like dogs, no pets/ smoking. Available now. 760-599-3956.

**VISTA.** \$600. Furnished/ unfurnished room, private bath in estate home on 1 acre with ocean view. Pool, Jacuzzi. Quiet, private location. No smoking/ pets. 760-639-0014.

## ROOMMATE SERVICES

**ALL AREAS. ROOMMATES.COM.** Browse hundreds of online listings with photos and maps. Find your roommate with a click of the mouse! Visit: [www. Roommates.com](http://www.Roommates.com). (AAN CAN)

## RENTALS COMMERCIAL

**BANKER'S HILL/ DOWNTOWN:** Secure 2- car garage plus storage; \$200 month. Call Steve, 619-696-7500.

**DOWNTOWN. On Broadway near Gaslamp, 3000 square foot retail. Entertainment ready/ club. 619-233-3522.**

**EL CAJON OFFICE SUITES** with baths near courts and downtown. 1 ground floor left, 360 square feet. 140 and 152 W. Park Avenue. Vic Zeman, 619-442-8871.

## MASSAGE

Aroma body shampoo,  
aroma Jacuzzi,  
Oriental massage  
& table shower

760-743-1421

255 North Ash #107  
7 days 9 am-9 pm  
Lic. #162163

## \$50 off any massage.

First-time clients.

## Best Massage in P.B.!

Holistic Therapeutic  
by Candy  
Lic. #653

619-339-8191

**\$10 OFF MASSAGE**  
1 hour \$90 • 45 min. \$70 • 30 min. \$50.  
Choose deep tissue, Swedish, or acupressure with table shampoo.  
**Friendly Spa**  
200 W. El Norte Pkwy #200  
Escondido • 760-294-1764  
Open 7 days  
10 am-9 pm  
Visa • MC • Discover  
License #165277

**GRAND OPENING!**  
**Oriental Chi Spa**  
\$20 off 1-hour massage  
\$10 off 1/2-hour massage  
Therapeutic Jacuzzi  
Body shampoo  
Stress reduction & relaxation  
Lic. #00012847  
6786 University Ave. (near SDSU) **619-265-8500**





**GASLAMP ART SPACE!** \$150/ up. High ceilings, tall windows. Gallery venue for shows. Uniquely affordable. 100-600 square feet. 402 Market. Hughes Management, Lic#955724, 619-239-1639 x103. [www.HughesManagement.net](http://www.HughesManagement.net).

**HILLCREST GARAGE/ STORAGE** unit located in apartment complex. \$150/ month. 10'x19.5'. Near Uptown Village. 619-299-8746.

**LA JOLLA.** \$2500. Approximately 2800sqft of commercial space for lease in Bird Rock area. Previously was Bully's Restaurant, tenant improvements negotiable. 5755 La Jolla Boulevard. 619-296-6699. [www.centrecity.net](http://www.centrecity.net).

**MESSAGE ROOM FOR RENT** at centrally located, professional message center. Includes table, linen, blanket, towel/ warmer, music. Must be licensed/ insured. \$25/ hour. contact @ [healinghands-sd.com](mailto:healinghands-sd.com). 619-574-0053.

**MISSION BAY/ CLAIREMONT.** Office suite. 481 square feet at \$1.05. Upstairs. Clean. Near I-5. Easy access. Free parking. Near shopping center. 2445 Morena Boulevard. 619-275-3455.

**NATIONAL CITY.** Commercial warehouse, 4000 square feet. Office suite, bathroom, roll-up doors front and rear (alley with dock). Next to trolley; easy Freeway 5 access. Many possible uses. \$2499/ month. 2120 Wilson. 858-568-5081.

**NORTH PARK.** Space for rent, 300-square-foot room in rear of retail store. \$20/ hour or 10% of fee-based events (whichever is greater). \$10 extra for out-of-store-hour times. Perfect for classes, meetings, or performances. 619-280-8408.

**PACIFIC BEACH.** Commercial building for lease. 1559 Garnet Avenue. 3500 square feet. Air conditioning, 4 parking, building remodeled 2004. Principals only. Micki, agent/ owner, 619-861-3076.

**PACIFIC BEACH.** \$950. Office/ retail space in heart of Pacific Beach. Private bathroom. Reserved parking. Approximately 767 square feet with good frontage and customer parking. 4426 Ingraham Street. TTPM, 858-454-4200 x115. [www.torreyepinespm.com](http://www.torreyepinespm.com).

**POINT LOMA GARAGE** for rent (storage only). 2-car garage, \$350 month- to-month, 3112 Jarvis Street, 92106. Lance, 619-222-6020.

**POINT LOMA.** 1258 Scott Street. \$800. Office with bathroom, upstairs, approximately 613 square feet. 2-year lease. 619-200-1657 or [www.bkbcinc.com](http://www.bkbcinc.com).

## RENTALS HOUSES

**ALLIED GARDENS.** \$1850. Beautiful 3 bedroom, 2 bath house. Fenced all around, family/ living/ dining rooms. Carpeted. 2-car garage. Laundry hookups. 619-971-1145; 619-579-8027.

**BAY PARK/ CLAIREMONT.** 1 bedroom, 1 bath, \$750. Hardwood floors. Stove, refrigerator. Parking. Small pet negotiable. Available 3/4/10. 2045 Morena Boulevard. Agent, 858-705-1444.

**BAY PARK/ USD.** Walk to USD. Large 1 bedroom, 1 bath. Private, lower unit. Newly remodeled. All appliances. Pet OK. Available now. \$1150/ month. 1303 Brunner Street. 858-775-7970.

**CARDIFF.** \$1497. Beautiful 2 bedroom, 1 bath. Fenced yard, patio, garage, hookups. Bright and cheery. Cat OK. 926 Woodlake Drive. Available now. 619-818-8254.

**CHULA VISTA.** \$2300. 4 bedroom, 2 bath. 2071sqft. Pet considered. Ideal location, near 805. Fireplaces, garage, skylights. New paint/ wood floors. 274 Cheryl Place. 619-606-2043.

**CHULA VISTA.** \$1925. 4 bedroom, 2 bath house. Large yard, garage, laundry room, new carpet, remodeled. Pet on approval. Section 8 OK. 209 H Street. [www.sdforrent.com](http://www.sdforrent.com). 619-640-7530.

**CHULA VISTA.** \$2300. 4 bedroom, 3 bath house with yard. Laundry hookups. Pets OK with deposit. Garage. A must see! Available 2/20/10. 19 Casselman Court. Elisa, 619-295-1100. [www.cethron.com](http://www.cethron.com).

**CITY HEIGHTS.** \$850. Reduced move-in. 1 bedroom, 1 bath house. Street parking. Section 8 OK. 4022 36th Street. [www.sdforrent.com](http://www.sdforrent.com). 619-640-7530.

**CITY HEIGHTS.** 2 bedroom, 1 bath. All utilities paid. Secure parking. Fenced yard. Washer/ dryer. Stove, refrigerator. No pets. \$1150/ month, \$500 deposit. 619-282-5574.

**CLAIREMONT.** \$1900. \$500 deposit. 3 bedroom, 2 bath. Pet OK. Gardener. Recently renovated. Air conditioning, 2-car garage. 858-278-2774.

**CLAIREMONT MESA/ GENESEE.** \$1895 rent. \$1800 deposit OAC. Newer 3 bedroom, 2-1/2 bath. 1325-square-foot duplex townhouse. Garage, ample

parking. Laundry hookups. No pets at 4439 Clairemont Mesa Boulevard #1A. Agent, 619-299-4034.

**CROWN POINT.** \$2250. 3-bedroom, 2-bath home. 1-car garage. Only 2 short blocks to bay. Vaulted ceilings, fireplace, balcony. No pets. 3922 Shasta Street. 858-483-3534. [www.cal-prop.com](http://www.cal-prop.com).

**EL CAJON.** \$800. 1 bedroom duplex. Both properties painted, have hardwood floors. Available now. Laundry facilities. Parking. 619-971-1145; 619-442-5353.

**EL CAJON.** \$1875. Beautiful Spanish-style 3 bedroom, 2 bath with family room. Fireplace, air conditioning. Washer/ dryer hookups, garage. RV parking. No pets. 619-444-3506.

**EL CAJON.** \$2600. 3 bedroom, 2-1/2 bath. Updated kitchen, A/C, washer/ dryer, outdoor kitchen, gated pool/ spa, pool maintenance/ gardener included. Pets OK. Meredith, 619-997-3989.

**ESCONDIDO.** \$1500. Spacious 2-bedroom, 2-bath home. Stove, refrigerator, dishwasher. Central heat/ air. 2-car garage. Fenced yard. Washer/ dryer hookups. Pet considered. 619-298-7724.

**GOLDEN HILL.** \$650 plus utilities. Studio apartment in small complex. Hardwood floors, shared patio area, close to Downtown. Nonsmoking only. Quiet neighborhood close to freeway access, City College, public transportation. 1140-1/2 20th Street. Leasing Unlimited, Lic#00976056, 760-436-7273.

**HILLCREST.** Beautiful, remodeled 3 bedroom, 2 bath house overlooking canyon. Washer/ dryer, large deck. 1 block from Balboa Park. 1516 Myrtle. Available now. \$3400. 619-787-7434.

**HILLCREST.** \$1975. 2 bedroom, 1 bath house. 2 parking spaces, washer/ dryer. Remodeled cottage with beautiful bamboo floors, granite counters, new appliances. Small pet OK. 3788 10th Avenue. 858-483-3534. [www.cal-prop.com](http://www.cal-prop.com).

**HILLCREST/ MISSION HILLS.** \$3500. 5-bedroom, 4-bath, 2-car garage. Office, 3433 square feet, 2005 construction. Laundry hookups, stainless steel appliances. No pets at 1189 West Upas Street. Agent, 619-299-4034.

**IMPERIAL BEACH.** Quiet, cottage, large 2 story, 1 bedroom, 1 bath with balcony. Walk-in closet. Yard. \$885. 619-424-9832, 619-948-4118.



**KENSINGTON.** \$1595. 3 bedroom, 1 bath house. Breakfast nook, dining room, patio. Laundry hookups. Hardwood floors. 2-car garage. 4369 Marlborough Avenue. 619-698-6911. [www.goldenmanagement.com](http://www.goldenmanagement.com).

**LA MESA.** \$200 off first month! \$1550. 2 bed, 1 bath. 1250 sq.ft. 1-car garage. Ideal location. Large backyard, deck, A/C, hookups. Pets? 619-954-5286.

**LEMON GROVE.** 2 bedroom, 1 bath house. Fenced yard. Available March 1. \$1300/ month. Recent remodel. 619-463-7292.

**LEMON GROVE.** Completely new 3 bedroom, 1.5 bath. Hardwood/ tile floors. Deck. Laundry. Hookups. Near Monterey School/ trolley. Parking. New windows. \$1795, plus security. 619-890-4561.

**MIRA MESA.** \$2000. 3-bedroom, 2-bath house. 2-car garage, large yard, new carpet and paint. No pets. 7742 Acama Street. 858-483-3534. [www.cal-prop.com](http://www.cal-prop.com).

**NATIONAL CITY.** Charming 3 bedroom/ 2 bath. Quiet, clean. New wood flooring/ window blinds. Cozy fireplace, vaulted ceiling, tile. Garage, laundry room. Large backyard. 619-295-5344.

**NORMAL HEIGHTS.** 2 bedroom, 1 bathroom home, \$1500. 1-car garage plus parking space, fireplace, washer/ dryer. Water/ trash/ gardening included. 4551 Wilson Avenue. 619-933-4166.

**NORMAL HEIGHTS.** \$1500/ month. 2 bedroom, 1 bath Spanish-style house with garage. All appliances, hardwood floors, private yard, washer/ dryer. Nonsmoker. Call 619-299-7348.

**NORTH PARK.** 3 bedroom, 1-3/4 bath, \$1795. Stove, refrigerator, hardwood floors, laundry hookups, fireplace, parking. No pets. Near Morley Field. 3814 Villa Terrace. Agent, 619-232-6811.

**NORTH PARK.** Move-in special: One full month's rent free! 1 bedroom, 1 bath, \$695. Senior or disabled citizen complex. Laundry, parking. 4122-4126 39th Street. Agent, 858-560-1178.

**NORTH PARK/ CITY HEIGHTS.** 3 bedroom, 1 bath, enclosed yard. Stove, refrigerator. Nice house. \$1400, \$1200 deposit. Plenty of parking. No pets. Available now. 619-887-8786.

**OCEAN BEACH** \$1600. Ocean Beach house. 910 sq.ft 2 bedroom, 1 bath, 1-car garage and 1 additional space. Small yard, washer/ dryer. Jim, 619-273-9798.

**OCEAN BEACH.** \$1550. 1 bedroom, 1 bath, house with garage! Front and backyard! Washer/ dryer, dishwasher! Near Sunset Cliffs! Small pet on approval! 4755 Del Mar Ave. 1-year

lease. Call 619-222-4836x14, [www.liveatthebeachnow.com](http://www.liveatthebeachnow.com).

**PACIFIC BEACH.** 2 bedroom, 2.5 bath, 2-story, 2 parking, on-site laundry. Month-to-month or lease. Beach less than mile. 1705 Hornblend. \$1650. 858-740-8595.

**PACIFIC BEACH.** 874 Archer. Cute 3 bedroom, 2 bath home. Hardwood floors. 2-car garage. Washer, dryer. Close to beaches. Pets negotiable. Available 3/1. \$2950. Alta Vista Properties. [www.altavistaproperties.net](http://www.altavistaproperties.net). 858-274-3600.

**PACIFIC BEACH.** \$1200. 1 bedroom, 1 bath. Reduced move-in. Back duplex, off-street parking, small yard, Pergo floors. Small pet on approval. 1919 Oliver Street. [www.sdforrent.com](http://www.sdforrent.com). 619-640-7530.

**PACIFIC BEACH.** 2 bedroom, 1 bath with den. Front house. 2 parking, yard, washer/ dryer hookups. \$1750. 2112 Thomas Street. Call Mike, 858-490-1600.

**PACIFIC BEACH.** \$1875. 2 bedroom, 1 bath house. 1 parking. Bike to bay and beach. Upgraded kitchen/ bathroom. No pets. 2167 Reed Avenue. 858-483-3534. [www.cal-prop.com](http://www.cal-prop.com).

## AUTOMOTIVE

**CASH FOR YOUR CAR**

- Any make or model, 1990 and up.
- Not smogged? No problem!
- No title? No problem! • Running or not!
- Cash on the spot!

**(619) 843-0042**  
[CashCars@hotmail.com](mailto:CashCars@hotmail.com)

## SAN DIEGO SMOG & AUTO REPAIR CENTER



4664 Park Blvd. (at Adams Avenue) • 619-543-4828

Hours: Mon.-Fri. 8 am-5:30 pm

Sat. 8 am-3:30 pm

[www.sdsmogandrepair.com](http://www.sdsmogandrepair.com)

We Repair & Certify Gross Polluters

2 Locations to Serve You



We install Quality NAPA parts

## CLIFF BROWN AUTOMOTIVE

4491 Park Boulevard (Park & Monroe) • 619-297-4204

Serving San Diego Since 1947

Hours: Mon.-Sat. 8 am-5:30 pm

Sun. 9 am-2 pm

[www.cliffbrownautomotive.com](http://www.cliffbrownautomotive.com)



Coupons must be presented prior to service. Senior discounts available.

### CLUTCH SPECIAL

\$50 off quoted price with coupon

Includes: throwout bearing, pilot bearing bushings, disk, clutch cover. Most vehicles. Limited time offer. Front-wheel drive extra.

### LUBE • OIL FILTER

FROM \$24<sup>95</sup>

Up to 5 qts. oil. Most vehicles to 1995. Limited time offer.

### CATALYTIC CONVERTER

\$30 off quoted price with coupon

Mufflers \$20 off quoted price All types of custom muffler work done. We'll beat any competitor's price by 10%. Most vehicles. With ad. Limited time offer.

### C.V. BOOT

FROM \$39<sup>95</sup>

Includes: boot, parts, labor, grease. 1/2 price for the 2nd boot on same axle. Most vehicles. Limited time offer.

### SMOG CHECK

\$16<sup>75</sup>\*

+ \$8.25 cert. & \$2 V.I.D.

Most vehicles. Trucks, vans & European cars extra. Limited time offer. Must bring DMV renewal notice. \*All 1995 and older vehicles \$10 extra.

### Test Only Smog Check \$39<sup>75</sup>

+ \$8.25 cert. & \$2 V.I.D. San Diego Smog location only.

We Test, Repair & Certify Test Only & Gross Polluters.

### ENGINE STEAM CLEAN \$49<sup>95</sup>

Most vehicles. With ad. Limited time offer.

### 30,000-MILE SERVICE SPECIAL

Service includes:

- Maintenance tune-up
- Oil and filter change
- Lube chassis
- Radiator coolant change
- Air filter replacement
- Fuel injection cleaning
- Check brakes, suspension

FROM \$179<sup>95</sup> 4 cyl. Most vehicles.

### TIMING BELT SPECIAL

\$50 off quoted price

Recommended at 60K miles. Most vehicles. Limited time offer.

### COOLING SYSTEM SPECIAL

\$39<sup>95</sup>

FROM Includes: flush radiator and up to one gallon of coolant. Special coolant extra. Most vehicles to 1995. With ad. Limited time offer.

## GO GREEN with FTS AUTO REPAIR

We recycle every year:

Over 600 gallons of oil • Over 500 filters  
Over 800 gallons of coolant • Over 8,000 pounds of metal  
**SAVE MONEY & THE EARTH – SHOP AT FTS AUTO REPAIR**

90 Days  
Same as Cash!  
Instant credit OAC  
No payments for 90 days  
No interest  
No annual fee

**“Worry-Free”  
Nationwide  
Warranty!**

Free  
Pickup  
& Delivery†  
Free Shuttle  
Service†

**12-Month/12,000-Mile Warranty on Parts  
Lifetime Warranty Available  
6-Month/6,000-Mile Warranty on Labor**

**Dealer  
Alternative**

**30/60/90/120K  
Major Service**

- Includes:
- Maintenance tune-up
  - Drain & refill radiator
  - Change air filter
  - Install spark plugs
  - Inspect brakes
  - Adjust emergency brake
  - Flush brake fluid

- Check suspension
- Check radiator, radiator cap & all hoses
- Top off fluids
- Lubricate chassis
- Change engine oil
- Change oil filter
- Inspect fuel filter
- Check differential fluid

- Change manual transmission fluid
- Check timing
- Adjust idle to specs
- Clean battery terminals
- Check & tighten all belts
- Rotate four tires
- Balance four tires

We can stamp your warranty book to verify servicing. We also honor most extended warranties.

**188<sup>50</sup>\*** 6-cyl. **\$259<sup>50</sup>\***  
4-cyl. **\$289<sup>50</sup>\*** 8-cyl.

We follow manufacturer's service schedule on inspection, adjustments, and replacement parts. Timing belt extra.

## Maintenance Brake Service

• Install new pads/shoes  
• Inspect drums & rotors  
• Inspect hydraulic system  
• Clean caliper guides • Test drive vehicle

**\$99\*** per axle

## 15/45/75/105K Minor Service

- Change engine oil • Change air filter
- Change oil filter • Change wiper blades
- Tire rotation • Top off fluids
- Check brakes – suspension

**\$89\*** 4-cyl.



**Catalytic  
Converters  
From \$229**

Performance exhaust systems available. Call for prices.

## Computerized Alignment

**\$49\*** Most cars!  
• Inspect shocks & struts • Computerized printout upon request • Inspect steering linkage  
• Inspect suspension • Inspect tires  
• Inflate tires to manufacturer's specs

## Oil Change w/synthetic blends

- Up to 5 qts. 5W-30 oil
- New standard oil filter • Check fluids

**\$10** With any other service.

## Head Gaskets Replaced 10% OFF

## CV Boots CV Axles 10% OFF

**We also do:** Timing belts • Water pumps • Radiators • Struts • Shocks  
• CV boots • Axle shafts • Suspension work • Headgaskets • Batteries  
• Alternators • Starters • Belts • Hoses & much, much more

**FTS Auto®**



All offers expire 2/25/10. • \*Additional work may be needed at additional cost. †Within 5-mile radius. Most cars with repair.

Hours: Mon.-Fri. 7:30 AM-5:30 PM • Sat. 7:30 AM-2 PM

Certified Technicians

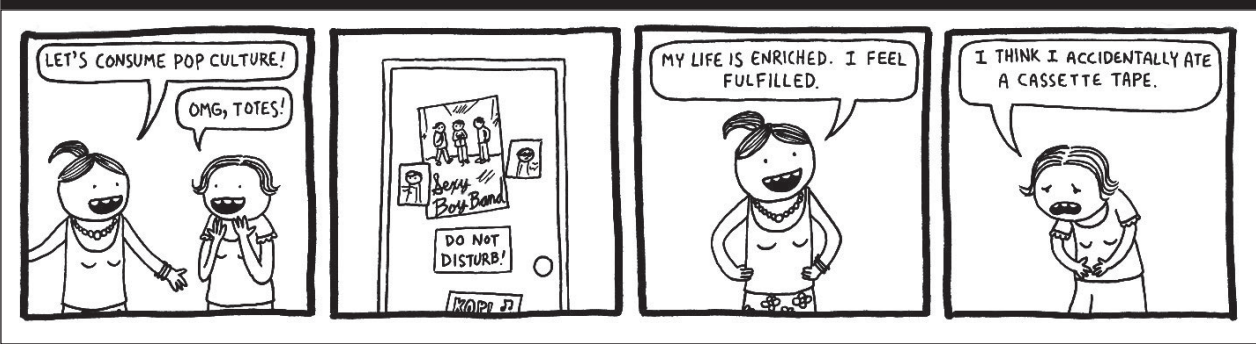
**KEARNY MESA 3727-A CONVOY ST. 1-888-306-8675**

**VISIT OUR WEB SITE FOR MORE SPECIALS:  
[www.ftsauto.com](http://www.ftsauto.com)**



THINGPART

by Joe Sayers ©2010



**POINT LOMA.** \$4000. 4 bedroom, 4 bath house, 4000 square feet, 3 stories, full bar. Master bedroom 20x25 with Jacuzzi tub. Month to month. 619-251-5626.

**POINT LOMA.** \$1475. 1 bedroom. Large yard. City view. All utilities paid. Boat/ RV parking. Pets OK. 3240-1/2 Lowell. Near Rosecrans. 619-435-0387, 619-206-3089.

**POINT LOMA/ SUNSET CLIFFS.** Steps to the ocean. 1 bedroom, 1 bath, backyard, shared garage. \$1500. Available 3/1. 619-222-6020.

**POWAY.** Townhome. 2- master bedrooms, 2.5- baths. 2- car attached garage. Upgraded kitchen, community pool/ spa. Close to all. \$1700 rent; includes water, trash. 858-776-8888.

**SAN MARCOS.** \$2395. Gorgeous 4 bedroom, 2.5 bath home, gated community. Open floor plan, fireplace, newer appliances. 2- car garage. Yard. Pets OK. Lease. 760-471-4994.

**SERRA MESA.** Move- in special! 3 bedroom, 2 bath. Appliances, skylights, 2- car garage, laundry hookups, fireplace, canyon, panoramic view. 3301 Dorchester Drive. \$1995. 858-277-3410.

**SPRING VALLEY.** 3- bedroom, 1.5- bathroom townhouse. 2- car covered port. Stove, dishwasher, laundry. Section 8 considered. Deposit required. \$1550 rent. Move- in ready. 619-991-9665.

RENTALS  
APARTMENTS /  
CONDOS

**ALPINE.** 55+. Spacious luxury living. 1 bedroom, \$925. 2 bedroom, 1 bath, \$1065. 2 bedroom, 2 bath, \$1095. Creekside Meadows, 1750 Arnold Way. 619-445-2480.

**ALPINE.** 2 bedrooms and 2 baths, \$1195. \$250 deposit OAC. \$100 off for same day lease sign! Newly remodeled. Alpine Woods, 1829 Arnold Way. 619-445-1341.

**ALPINE.** Alpine Creek Apartments. Huge 1 bedroom apartment, \$775. 800 square feet, stone flooring in entry and kitchen,

spacious living room and dining room, washer/ dryer in unit. No pets. 1950 Arnold Way. Move- in bonus! Call 619-445-8392.

**BALBOA PARK.** \$825. Newly decorated 1 bedroom apartment in quiet, picturesque building. Beautiful street! Assigned parking, laundry, patio. No pets. 2449 A Street. 619-549-9542; 858-278-6135.

**BALBOA PARK.** \$1000. 1 bedroom, 1 bath, upstairs unit available. On-site laundry facility. Gated entry, across from the park. No pets. 2820 6th Ave, #7. Call 619-222-4836x14, www. liveatthebeachnow.com.

**BALBOA PARK/ EAST.** 2 bedroom, 1 bath, \$1200; 3 bedroom, 2 bath, \$1750. Forest- like setting. Big balcony. Vaulted ceiling. Remodeled kitchen. Storage. Carport. Secured building. Very quiet. Laundry. Gated community. No pets. 619-347-0003.

**BANKER'S HILL.** \$900. Huge 1 bedroom, wood floors, parking, laundry, gated. 1822 3rd Avenue (Elm cross street) . Indoor pet OK. By appointment, 619-518-6985; 619-992-7791.

**BANKER'S HILL.** \$1195. Remodeled, large 1 bedroom, 1 bath with large balcony, peak-a-boo view. Harbor. Blocks from park. Parking garage. Secure building. 619-885-0765.

**BANKER'S HILL.** \$700-\$800 studios, \$825-\$900 1 bedrooms. Cozy, affordable units in vintage building. Close to park and Downtown. Some utilities paid. Laundry facility. Call for information. 619-234-7572.

**BANKER'S HILL.** \$875, utilities paid. Studio apartment, corner unit, extra windows, remodeled building, electronic entry. Parking. On-site laundry. 1820 4th Avenue. No pets. 619-300-1365, 619-588-4106.

**BANKER'S HILL.** 1 bedroom, 1 bath apartments: \$1075- \$1125. 2 bedroom bay view apartment: \$1500. Air conditioning, balcony, secured parking included. On-site laundry. Greg, 619-239-7313.

**BANKER'S HILL.** Cute 1 bedroom, 2149 Second Avenue, wood floors, air conditioning, security, garage optional. Also 1822 3rd Avenue. 1 bedroom, \$900,

wood floors. St. Jean Apartments, security. Drive by, appointment. 619-518-6985; 619-992-7791.

**BANKER'S HILL.** Downtown/ Little Italy area. Studio apartment. Street parking, air conditioning, on-site laundry. Rent: \$795. Deposit: \$500. 2027 Front Street. Call Mike, 858-490-1600.

**BANKER'S HILL.** \$1695. Large 2 bedroom, hardwood floors. Laundry hookups, appliances, 1/2 garage, covered patio and backyard. Close to Little Italy/ downtown. 2355 Curlew Street. 858-272-9547.

**BANKER'S HILL.** \$825. Studio bedroom, 1 bath apartment. Amazing views. Classic 1920s. Cat OK. 2230 Albatross Street #5. 858-483-3534. www.cal-prop.com.

**BANKER'S HILL.** 1/2 off 1st! Beautiful gated studios and 1 bedrooms starting at \$795. All utilities included! Full kitchen, walk-in closet, built-in dresser, on-site laundry, elevator. Near Downtown! 1747 5th Avenue. 619-702-4887.

**BANKER'S HILL.** \$775. 1/2 off first! Gated studio, hardwood floors, appliances, large closet with built-ins, on-site laundry, 2 blocks from Balboa and more! 401 Juniper Street. 619-300-9487.

**BANKER'S HILL.** 1 bedroom, \$1050/ month. Second and Fir. Bay view. Gas and electric paid. New flooring. On-site laundry. No smoking. No pets. 619-464-1023.

**BANKER'S HILL.** \$640-\$780. Lovely, immaculate studios. 1 with fabulous harbor view. Quiet, well- kept classic building designed by Gil. Appliances, gas included. Laundry. Near bus. No pets. 619-280-5177; 619-236-0452.

**BANKER'S HILL.** Large studio, \$850 includes utilities. Large backyard. Victorian building. Completely renovated. Hardwood. \$500 deposit. OAC. Private entrance. Small pet OK. 2132 Albatross. 619-549-9726.

**BANKER'S HILL/ DOWNTOWN.** \$1195. 1 bedroom townhouse. Very private. Spacious. Hardwood floors. Laundry. Patio. Free parking. Pets OK. Available 2/ 1. Call Steve, 619-696-7500.

**BAY PARK.** 2 bedroom, 1 bath. 1/2 off second month. Smaller units, \$1100 and larger units, \$1150. Includes utilities. Flexible deposit. Pet negotiable. Parking. Laundry facilities. Westwind Apartments, 619-275-2176 or 805-341-0793.

**BAY PARK/ MISSION BAY.** \$750. Remodeled, large studio apartment. Parking. Paid utilities. No pets. New

appliances. New carpet/ paint. Laundry. 3431 Del Rey Street. 619-275-3455.

**CARLSBAD.** \$1250. Spacious 1 bedroom, 1 bath apartment, completely renovated, beautiful landscaping. Carport, on-site laundry. Close to village/ beach. Lease. Cats OK. www. thepalmsapts.info. 760-505-7736.

**CARLSBAD.** \$1195. Spacious 1 bedroom, 1 bath with deck. In village near beach. New carpet, 1- car garage. No pets. 975 Laguna Drive. 760-729-0575.

**CARLSBAD/ LA COSTA.** *Live in la Costa for Oceanside prices! 1 month free with lease! \$1175, 2- bedroom, 2- bath apartment. Must leave deposit by 2/21/09 to qualify for this reduced rent and special. Quiet. Hot tub. Assigned covered parking. Indoor cat OK. On-site laundry. \$700 deposit. Quiet neighborhood. 7552 Gibraltar Street. 760-943-7590. 760-402-8325.*

**CARMEL VALLEY.** 2 bedroom, 2 bath condo, great school district, pets, appliances, granite, pool, tennis, club house, fitness, 2- car parking, \$1750. Call 858-212-2760, 858-335-2027.

**CARMEL VALLEY.** \$500 off move in for vacant, ready 2 bedroom! \$350 off 1 bedroom! (6 month or longer lease, signed by March 20, 2010.) Affordable luxury living, 1 and 2 bedroom apartment homes. Washer/ dryer. Covered parking. Award- winning school district. State-of-the-art fitness center. Complimentary personal trainer. Heated pool. Tennis courts. Free tennis/ swimming lessons. No pets. 12646 Torrey Bluff Drive, San Diego, 92130. 858-354-2096. www. torrey.cc.

**CARMEL VALLEY/ DEL MAR.** 1 bedroom, 1 bathroom condo. All appliances. New tile/ wood floors. Garage, fitness center, pool. Near all. 3/1. \$1500/ month. 858-232-8943.

**CHULA VISTA.** \$875. Upstairs 1 bedroom, 1 bath. Hardwood floors, on-site laundry, shared courtyard. Near historic Old Town. Cat OK. 270 #B, Church Ave. 619-300-1365.

**CHULA VISTA.** Large 2 bedroom, 2 bath apartment, new carpet, dishwasher, patios. Gated, laundry, off- street parking. No pets. \$1200. \$200-\$600 move- in discount. 619-425-6511.

**CHULA VISTA.** \$1295. 2 bedroom, 1 bath, 1000 square foot. Built in 1927, hardwood floors. In- unit laundry, 1 parking, storage garage. Remodeled kitchen. 329 G Street, Apt. C. 619-300-1365.

**CHULA VISTA.** \$1050 2 bedroom/ 2 bath downstairs, new paint, assigned parking space, on-site laundry, gated and quiet building, easy access to freeway. No Pets. 210 Quintard Street. 858-483-5111, ext 30.

**CHULA VISTA. \$775/ month. Low \$150 deposit. 1 bedroom, fully furnished or unfurnished. 2 blocks from Chula Vista Center and trolley. Off- street parking. Laundry room. 521 Park Way. Office open daily (near Fifth and G). Call 619-420-5084.**

**CHULA VISTA.** \$795. 1 bedroom. Beautiful garden courtyard. Controlled access. Very clean, super location. No pets. **Open Saturday 2:00-4:00. \$400 off Move in special!** 540 Naples Street. TPPM, 619-422-5709, www.torreypinespm.com.

**CITY HEIGHTS.** \$775. 1 bedroom. Credit check \$25 fee. Move- in incentives. Gated community. Secured assigned parking. On-site laundry. Pool. New carpet, new appliances. Clean and excellent. Convenient location, close to shops and dining, buses/ transits. Nearby Fay Elementary School and Colina Del Sol Park. No pets. Contact Art at 619-283-9993.

**CITY HEIGHTS.** 2 bedroom, 1 bath. Rehabbed. New carpet, paint, tile. Second- story unit. Parking. Washer/ dryer. Bright. Separate vanity area. \$799. Deposit \$799. 619-281-2989.

**CITY HEIGHTS.** Large 1 bedroom, 1 bath. Rehabbed. New carpet, paint, tile. First level. Parking. Laundry. Bright. \$750. Deposit \$750. Near golf course. 4058 51st. Street. 562-299-2105.

**CITY HEIGHTS.** \$675. Upper, quiet 1 bedroom, 1 bath. Water and trash included. Available now. 4070 Highland Avenue. 619-282-5979; 619-674-0412.

**CITY HEIGHTS.** 1 bedroom, 1 bathroom. \$775 rent. Available now. 4344 Van Dyke Avenue #6. Downstairs unit. Laundry, parking. More Property Management, 858-514-8201.

**CITY HEIGHTS.** 2 bedroom, 1 bathroom, upstairs, gated unit. Laundry, parking. Available now. 4380 Van Dyke #2. More Property Management, 858-514-8201.

**CITY HEIGHTS.** Move- in special: 1/2 off 1st month's rent! 2 bedroom, 1-1/2 bath, \$1195. Large, upper unit with balcony, walk-in closet, laundry, parking, gated complex. 4453 51st Street #4. Agent, 858-560-1178.

**CLAIREMONT.** \$1365 plus deposit. Extra large 2 bedroom, 2 bath. Over 1200 square feet. 5 closets. New carpet, fresh paint. Carport. Gated entry. Indoor kitchen OK. Wood- burning fireplace, ice-maker. On-site laundry room. 858-337-8054 or 858-206-2566.

**CLAIREMONT.** 1 month free! \$845, 1 bedroom. \$1125, 2 bedroom. New carpet, patio, pool, laundry, parking. 7322 Mesa College Drive. 858-560-6204.

**CLAIREMONT.** \$900: 1 bedroom, 1 bath. \$1150: 2 bedroom, 1 bath. \$1300: 2 bedroom, 2 bath apartments available. Pets welcome. Water/ trash included. Pool, BBQ, on-site laundry. Garages available: \$75. 3010 Cowley Way, 619-276-3222

**CLAIREMONT.** \$1050. 1 bedroom. Private living room. Internet, cable, utilities included. Hardwoods, skylight, fireplace, backyard and deck. No

smoking . Available 2/20. Call 858-401-3191or 858-401-307.5

**CLAIREMONT.** 1 bedroom, 1 bath: \$995. Studio: \$875. Parking, pool. On-site laundry. Gated. 5150 Balboa Arms Drive. Call Thea, 858-571-0104.

**CLAIREMONT.** 1 bedroom, 1 bath, \$925. 2 bedroom, 1.5 bath townhouse, \$1250. Gated, parking, on-site laundry. No pets. Call Irena, 858-279-9590.

**CLAIREMONT.** 2 bedroom, 1.5 bath: \$1225. Gated, parking, laundry on site. 5188 Balboa Arms Drive. Call Chris, 858-541-7683.

**CLAIREMONT.** Weekly starting at \$300\*. Studios starting at \$895/ month\*. Free continental breakfast buffet, maid/ linen service! No lease! Free utilities! Heated pool/ spa. Laundry. Microwave. Refrigerator. Easy freeway access, centrally located. High- speed Internet service. (\*Rates subject to change.) California Suites Hotel, 5415 Clairemont Mesa Boulevard. 1-888-475-7147. www. californiasuiteshotel.com.

**CLAIREMONT.** Move-in special! From \$975. 1 bedroom/ 1 bath, 2 bedroom/ 1-1/2 bath. Large, sunny townhomes. Pool. Parking. No pets. The Gardens, 5544 Balboa Arms Drive. Call 858-278-5862.

**CLAIREMONT.** \$1275. 2 bedroom, 1 bath duplex. Stove, refrigerator, large fenced yard. Ask about pet with extra deposit. Garage. Available now. 4574 Clairemont Mesa Boulevard. Del Sol Property Management, Broker. www.delsolpm.com. 858-270-2071.

**CLAIREMONT.** Large 2 bedroom, 1.5 bath, \$1150. All appliances, plus washer/ dryer in unit, balcony, fireplace. Near all. Pet negotiable. 4910 Longford. 619-804-3325.

**Senior 55+**  
Clairemont. 1 bedroom, \$885. Quiet interior courtyard unit. Upstairs. New carpet. Must see! On-site laundry. Near bus. Section 8 welcome. Won't last! 858-735-5587.

**CLAIREMONT/ BAY HO.** 4482 Caminito Federal. 3 bedroom, 2 bath Stonehaven townhome. 2- car garage. Pool, spa, tennis, racquetball, 2 lakes, jogging. Washer, dryer, fireplace. No pets. \$2200. Joan, agent, 619-200-5410.

**CLAIREMONT/ BAY PARK.** 2 bedroom, 1 bath, \$1000. Large, upgraded upper unit, on-site laundry and assigned off- street parking. 2537 Chicago Street #12. Agent, 858-560-1178.

**CLAIREMONT/ KEARNY MESA.** Wexford Manor. Large 1 and 2 bedrooms in beautiful complex with pool, spa, laundry, air conditioning, dishwasher. Sorry, no pets. \$950- \$1275/ month. Photos at www. wexfordliving.com. 7870 Stalmer Street. Call 858-277-4843.

**COLLEGE AREA.** \$1450. 3 bedroom, 2 bath apartment in contemporary building, central air conditioning. Security underground parking. Year lease. 4742 Seminole Drive. Call 619-469-0031.

**COLLEGE AREA.** \$800. 1 bedroom, 1 bath. Reduced move- in. Condo in gated community. Laundry on site, off- street parking. Sorry, no pets. Section 8. 4310 54th Street #320. www.sdforrent.com. 619-640-7530.

We speak  
Japanese  
to your  
car!

12-Month/12,000-  
Mile Complete  
Warranty, 100%  
Parts & Labor!



**Brakes** Free brake inspection. Front or rear. Includes labor, new parts and semi-metallic pads. Machine rotors or drums. Inspect calipers, hydraulics, seals, rotors or drums. Most cars and light trucks. **\$88<sup>95\*</sup>**

**Complete Axle** \$119<sup>\*</sup> Plus labor  
Replace clicking axles before they break. Most cars. Lifetime warranty available.

**New Clutch** \$209<sup>\*</sup>  
Includes new parts and labor. Some cars and trucks slightly higher. Starting at

CV Boots

Includes boot, clamps, grease and labor. Free inspection. 2nd boot 1/2 price, only on same axle.

As low as **\$39<sup>95\*</sup>** each

Timing Belts

60,000-mile replacement recommended. Old, cracked belts can break due to age and mileage and cause expensive engine damage. Most cars. Some cars and trucks extra. Starting at **\$89<sup>\*</sup>** Labor only



Japanese Auto Plus

Toll-Free 888-502-9168

7645 Carroll Road (just off Miramar Rd.)

www.JapaneseAutoPlus.com

FREE TOWING (within 10 miles) with major repair (over \$300)

Mon.-Fri. 8-5:30, Sat. 8-3. Please call for appointment so we may better serve you.

All offers expire 4/21/10. \*Most cars. Not valid with any other discounts.

Factory-Scheduled Services

We use premium parts to improve your performance. Per manufacturer's recommendation. Timing belt extra if required.

**15K Service** starting at **\$49<sup>95\*</sup>**

**30K Service** starting at **\$99<sup>95\*</sup>**

**60K Service** starting at **\$129<sup>95\*</sup>**

**15K or 30K service may not require all services or parts listed.**  
■ Change spark plugs  
■ Change air filter  
■ Change oil filter  
■ Replace engine oil with up to 5 quarts of Castrol oil  
■ Change fuel filter  
■ Check distributor points  
■ Compression test  
■ Adjust timing  
■ Valve adjustment (if adjustable)  
■ Adjust carburetor (if applicable)  
■ Adjust fuel-to-air mixture  
■ Inspect clutch

■ Adjust clutch  
■ Inspect brakes  
■ Adjust brakes  
■ Adjust emergency brake  
■ Inspect & replenish all fluids  
■ Inspect all exposed belts  
■ Check electrical fuses  
■ Lube front end  
■ Check & recharge battery (if necessary)  
■ Rotate tires (if needed)  
■ Check air pressure  
■ Lube door hinges  
■ Inspect cooling system & hoses  
■ Check exhaust system  
■ Road-test

Prices valid for most cars. Call for price on your model.



**COLLEGE AREA.** 2 bedroom, 2 bath condos. Hardwood floor/ tile/ carpet. Balcony/ patio. Gas stove, microwave. Central air/ heat. Dishwasher. Washer/ dryer hookups. Gated. 2 miles to SDSU. Near all/ golf course. Pets upon approval. Furnishings optional. 5170 Orange Avenue, 92115. \$1295+. **1 month free** on approved credit. For details call 619-397-8722.

**COLLEGE AREA.** \$750. Newly decorated upper 1 bedroom apartment in small complex. Beautiful patio, assigned parking, air conditioning. No pets. 4444 49th Street. 619-549-9542. 858-278-6135. 619-339-8512.

**COLLEGE AREA.** 2 bedroom, 2 bath condo, \$1700. 1 month free with 1- year lease! 2- car tandem parking, stainless steel appliances, marble countertops, patio. 5540 Lindo Paseo #3. People Helping Others Property Management, 619-282-5400. www.peoplehelpingothers.com.

**COLLEGE AREA.** Large 1 bedrooms, \$795. Dishwasher, garbage disposal, microwave, air conditioning. Laundry facility, permit/ assigned parking. Close to drive- through Starbucks. No pets. 6725 Amherst Street. 858-483-5111.

**COLLEGE AREA.** Move- in special! \$850/ up. 1 and 2 bedrooms. Fireplace. Central heat/ air. Microwave, dishwasher. Balcony. Gated. Intercom entry. 4828 Art Street. 619-298-7724.

**COLLEGE AREA.** 1 bedroom from \$749. \$400 off 1st month's rent. Pool, laundry, and barbecue. Close to SDSU and all conveniences. No pets. 4333 College Avenue. 619-287-8380.

**COLLEGE AREA.** \$750-775. 1 bedrooms. Near bus, shops, SDSU. Laundry room. No pets. 6769 El Cajon Boulevard. Apartments in rear courtyard. 858-866-5636.



**COLLEGE AREA.** \$950. Gorgeous 1 bedroom, 1 bath condo. Close to SDSU, freeway, shopping, restaurants. Beautifully remodeled— granite counters, maple cabinets, gorgeous floor tile. Fully equipped kitchen. Fenced private patio. On-site laundry, gated assigned parking. Small pet on approval. Call for move- in special. Drive by 6333 College Grove Way #2107. 619-698-6911. www.goldenmanagement.com.

**COLLEGE AREA.** \$850. 2 bedroom, 1 bath. New paint/ carpet! On-site parking.

Clean, quiet, secure. 7240 El Cajon Boulevard #23. If you can find one better, rent it! Call Lynette, 619-602-0959, or Rachael, 619-804-1044.

**COLLEGE AREA/ CITY HEIGHTS.** \$695. Spotless 1 bedroom. Downstairs unit available. Move- in Special! Laundry on site. Don't miss out! Behind 4466 Winona. Manager, 619-820-2584.

**COLLEGE AREA/ MISSION VALLEY.** Free Rent! Spacious 2 bedroom, 2 bathroom. Huge 3 bedroom, 3 bathroom. Washer/ dryer hookups, central heat and A/C, fireplace, walk- in closets. Dogs/ cats OK. Check us out for a tour. 619-284-5285.

**COLLEGE AREA/ TADMADGE.** 1 bedrooms \$835. 2 bedroom \$1025. Gated community minutes from SDSU. Great move in specials. Refrigerator, stove, pool. University Terrace Apartments. 619-286-5407.

**COLLEGE AREA/ TADMADGE.** \$700. 1 bedroom, 1 bath. New carpet and vinyl, off- street parking, on-site laundry. Call 619-287-2282. www.sadaptbrokers.com.

**COLLEGE AREA/ TADMADGE.** \$725-825. Nice 1 and 2 bedroom apartments. Quiet building. Large rooms. Coin laundry. Cat OK. 4438 Menlo Avenue. Agent, 619-469-7790. www.westmanproperties.com.

**COLLEGE AREA/ TADMADGE.** \$900 rent, \$800 deposit OAC. Large 2 bedroom, 2 bath, laundry, parking, newer carpet, no pets, at 4423 Menlo Avenue #9. Agent, 619-299-8515 or 619-990-5021.

**CROWN POINT.** \$1350. 2 bedroom, 1.5 bath. Patio, parking, dishwasher. Laundry. Pet deposit. Very clean. 4 blocks to bay on a tree- lined street. 858-483-9009.

**CROWN POINT.** \$805. Studio, 1 bath downstairs apartment. Walk to bay, bike to beach. 1 parking. No pets. 4121 Kendall Street #4. 858-483-3534. www.cal-prop.com.

**CROWN POINT.** \$1295. 2 bedroom, 2 bath condo. Move- In Special, 1/2 off first month's rent. 2 parking, ground floor, great location in quiet neighborhood. No dogs. 1740 Roosevelt Avenue #C. 858-483-3534. www.cal-prop.com.

**CROWN POINT.** \$1050. 1- bedroom, 1- bath apartment. Charming unit with spacious bedroom. 1- car garage, coin laundry. No pets. 2014 Oliver Avenue #3. 858-483-3534. www.cal-prop.com.

**DEL MAR.** 1 bedroom plus den, \$1795. 2 bedrooms, \$1695-\$2175 (some ocean

views). Block to ocean. Washer/ dryer in units. 201 Fourth Street. 858-481-9585; mikeatla@aol.com. www.summerpacific.com.

**DEL MAR.** Fully furnished 1 bedroom, 1 bath condo, \$1300. Garage, gated, all appliances, pool, spa, balcony, BBQ. Most utilities paid! Month to month! 13727 Mango Drive. 858-755-1135.

**DOWNTOWN.** Paris Hotel. Stay 5 weeks, get 6th week free! Fully furnished studios. Small, quiet hotel. Private bath. From \$175/ week. 759 4th Avenue. 619-238-1833.

**DOWNTOWN.** Beautiful building, new furnished rooms. Refrigerator, microwave, TV, cable. Starting at \$175 weekly. 920 Beech Street. Call 619-234-1952.

**DOWNTOWN.** Stay 5 weeks, get 6th week free! Fully furnished studios with utilities included. Rates start at \$150/ week. Free wireless Internet. Baltic Inn: 521 6th Avenue. 619-237-0687. www.affordablehousingdsd.com.

**DOWNTOWN.** Stay 5 weeks, get 6th week free! Premier location. Furnished studios with full baths, from \$179/weekly. Award-winning buildings. 24-hour staff, gyms, laundry rooms, sun decks. Free wireless Internet. Island Inn: 202 Island Avenue (Second/ Island), 619-232-4138. J Street Inn: 222 J Street, 619-696-6922. www.affordablehousingdsd.com.

**DOWNTOWN.** \$565 and up plus deposit. Furnished room available in residential hotel with shared kitchen/ bath. Includes microwave, refrigerator, cable TV. 1545 Second Avenue between Beech and Cedar. 619-559-4413.



**DOWNTOWN.** Studios with kitchen and bath, \$625-\$700. Single room with private bathroom, \$550-\$595. Nonsmoking. No pets. 10th and E Street. Hughes Management, 619-231-2385. www.HughesManagement.net.

A U T O M O T I V E

# ACE TIRE

## Auto Care Experts

# Oil Change

\$14<sup>95</sup>

BRAND OIL

• Up to 5 quarts 5W20 • Tire rotation  
 • New filter • Vehicle inspection  
 Good with coupon.

**A \$24.95 value - over 30% off**

CALL FOR TIRE PRICES NOT LISTED				
TIRE SERVICE	NATIONWIDE WARRANTY ON ALL REPAIR SERVICES			
	40,000 Mile Rated Tire 195/60R15 <b>\$45</b> <sup>EA</sup>	40,000 Mile P215/60R16 or P225/60R16 <b>\$60</b> <sup>EA</sup>	<b>DUNLOP</b> Limited supply. 215/40R18 <b>\$75</b> <sup>EA</sup>	<b>KUMHO TIRES</b> KRZ1 85,000 mile • 185/70R14 <b>\$45</b> <sup>EA</sup>
TIRE SERVICE	Computerized Alignment 2 or 4 wheel <b>\$49<sup>95</sup></b> Add \$20 for lifetime.	Brakes <b>\$35</b> off per axle	Rotate & Balance <b>\$9<sup>95</sup></b> 4 tires. Up to 17" rims.	Fuel System Cleaning Full Throttle Brand 2 step process <b>\$29<sup>95</sup></b>
	<b>Kearny Mesa</b> 4183 Convoy 858-278-6200	<b>Lemon Grove</b> 6994 Broadway 619-698-5410	<b>El Cajon</b> 130 W. Bradley 619-449-7600	<b>Chula Vista</b> 1135 Broadway 619-425-8677

**DEALERSHIP ALTERNATIVE – FOREIGN & DOMESTIC**  
Alignments • Shocks & Struts • Tune-ups • Engine Repair • Power Steering • Starters • Alternators • Cooling Systems • A/C  
Free estimates • Financing available OAC • Active Military discount • Free towing (5 miles with major repairs)

**SMOG CHECK**  
Free retest when repairs completed here.  
All inclusive.  
Chula Vista location only.  
Total Price Including Certificate  
**\$30<sup>60</sup>**  
Cars '96 or newer. Vans, trucks, SUVs & motorhomes extra.

**FAILED SMOG DIAGNOSTIC**  
We repair gross polluters!  
Chula Vista location only.  
**\$44<sup>95</sup>**

**CHECK ENGINE LIGHT DIAGNOSTIC**  
With repair.  
Includes 1-hour diagnostic.  
**FREE**

**FREE BRAKE INSPECTION**  
With repairs. Lifetime warranty.  
**30K/60K/90K SERVICE**  
**10% Off Labor**  
Call for a FREE ESTIMATE.

**PRECISION MOTORS**  
CHULA VISTA  
619 K STREET Behind 7-11  
619-425-2886 • SDPrecisionMotors.com

**PETRO AUTO CARE**  
SPRING VALLEY  
8740 Jamacha Rd. Across from Sears  
619-644-5377 • petroautocare.com

## SPEEDY AUTO SERVICES

Import & Domestic • Complete Auto Repair  
Classic Vehicles Service & Performance

<p><b>Factory Scheduled Service</b> Call for more information. Starting at 15K <b>\$49<sup>95</sup></b> 30K <b>\$99<sup>95</sup></b> 60K/90K <b>\$139<sup>95</sup></b></p>	<p><b>Pre-Purchase Inspection</b> <b>\$39<sup>95</sup></b></p>	<p><b>A/C Service</b> Starting at Air Conditioning performance check Parts &amp; labor. Includes up to 2 lbs. Freon R134a. Most cars &amp; light trucks. • Inspect systems &amp; belts • Check for leaks • Includes evacuation &amp; recharge systems <b>\$79<sup>95</sup></b></p>	<p><b>Oil Change</b> <b>\$14<sup>95</sup></b> Most cars. With any repair We help you save money and prioritize any maintenance that's needed. With coupon and appointment only.</p>
<p><b>Brakes</b> Starting price. Front or rear. Plus parts. Labor only. Most cars. <b>\$79<sup>95</sup></b></p>	<p><b>Transmission Service</b> Includes filter Starting at Most cars. <b>\$78<sup>95</sup></b></p>	<p>• Classic auto service &amp; restore • Performance updates • Aftermarket add-ons</p>	<p><b>"Check engine" light on?</b> Computer scan <b>FREE</b> Most cars.</p>
<p><b>Radiator Service</b> <b>\$29<sup>95</sup></b> from Most cars. Coolant extra.</p>	<p><b>New Axles</b> Starting at Installed! Rebuilt avail. Lifetime warranty! <b>\$129<sup>95</sup></b></p>		

6696 Miramar Rd. #L (Near 805) Serving Miramar 10 years! (858) 824-1747  
Open Monday thru Saturday Se habla español

Ray Frey

# Auto Center, Inc.

Complete Auto Service & Detailing

Scheduled Maintenance • Brakes • Tune-up • A/C

**Ray Frey**

**Smog Check**  
**\$19<sup>95</sup>\***

Plus certificate and transfer fee.  
'95 and older \$10 additional.  
\*Monday-Friday only.

**State-of-the-art equipment**

Serving the Kearny Mesa area for 30+ years with honesty and integrity.

**10% senior and military discounts**  
Discount applicable only to non-advertised repairs.

**7696 Vickers Street**  
**858-278-7077**

**"Check Engine" Light On? Computer Diagnostic**

Most vehicles and light trucks. Includes:

- "Service Engine Soon" light
- "Check Engine" light
- Hesitation • Hard starting
- Runs rough
- Poor gas mileage
- Dead battery
- Carburetor or fuel injection problems

**\$39<sup>95</sup>**

---

**A/C Service**  
**\$19<sup>95</sup>**

Most vehicles. Freon extra.  
Includes: • Recovery • Evacuate  
• Leak test • Check hoses and belts  
• Test operation

---

**Professional Detailing** Starting at **\$79<sup>95</sup>**

---

**Free hand car wash with any automotive service**





**DOWNTOWN.** Comfortable rooms, \$450/ up. Studios, \$650/ up. Near Gaslamp District. Very quiet and clean. Free cable TV, on-site laundry, vending machines, community kitchen, shared bathrooms. Near shopping, restaurants, movie theatres and Horton Plaza. No pets. Arlington Apartments, 701 7th Avenue. Hughes Management, Lic#955724, 619-231-2385. [www.HughesManagement.net](http://www.HughesManagement.net). [www.sandiegoreader.com/places/arlington-apartments/](http://www.sandiegoreader.com/places/arlington-apartments/).



**DOWNTOWN.** Cozy rooms, \$486-\$625. Very comfortable, convenient location. Historic building near C Street Trolley. Choice of shared or private bathrooms. Free cable TV, on-site laundry, vending machines, modern elevator, no pets. Southern Hotel, 1159 6th Avenue at B. Hughes Management, Lic#955724, 619-239-3808. [www.HughesManagement.net](http://www.HughesManagement.net). [www.sandiegoreader.com/places/southern-hotel/](http://www.sandiegoreader.com/places/southern-hotel/).



**DOWNTOWN.** Economical furnished rooms, \$450-\$550, best price, save money. Conveniently located on C Street trolley line, near restaurants, free cable TV, shared bathrooms, on-site laundry facilities, vending machines, elevator service, no pets, 636 C Street (between 6th and 7th), C Street Inn, Hughes Management, Lic#955724, 619-234-4165. [www.HughesManagement.net](http://www.HughesManagement.net). [www.sandiegoreader.com/places/c-street/](http://www.sandiegoreader.com/places/c-street/).



**DOWNTOWN.** Gaslamp area. \$425-\$550. Community kitchen, shared bath, on-site laundry, vending machines, no pets. Star Hotel, 522 7th Avenue. Hughes Management, Lic#955724, 619-235-6068. [HughesManagement.net](http://HughesManagement.net).



**DOWNTOWN.** Outstanding furnished rooms, \$450-\$500. Heart of Gaslamp. Shared bathrooms. Community kitchen. Free cable. No pets. Windsor Hotel, 843 4th Avenue. Hughes Management, Lic#955724, 619-239-3808. [www.HughesManagement.net](http://www.HughesManagement.net).



**DOWNTOWN.** Attractive rooms. Shared rooms. Shared baths. Utilities included. Near City College. \$450-\$595/ month. 719 14th Street. Villa Victoria. Hughes Management, Lic#955724, 619-239-1639 x103. [www.HughesManagement.net](http://www.HughesManagement.net).



**DOWNTOWN.** Located near Petco Park, Horton Plaza and Gaslamp, The Arthur at 723 Market Street brings the best of Downtown to your doorstep! Studios available, \$750-\$795. Hughes Management, 619-239-1639 x103.



**DOWNTOWN.** 10th Avenue Apartments. Urban 1 bedrooms, \$750/ month. Located near Downtown Library, Horton Plaza and Gaslamp. On-site laundry. Month-to-month rent. Hughes Management, 619-239-1639 x103.

**DOWNTOWN.** Brand new rooms near City College. Single rooms with kitchenettes from \$140/ week, deposit (long-term). Includes utilities/ cable. Quiet, secure. Shared bath/ laundry. Hotel Mediterranean. 619-231-8656. [www.hotelmcd-sd.com](http://www.hotelmcd-sd.com).

**DOWNTOWN.** \$775. Studio. Move-in special! All utilities included! Laundry, street parking. No pets. Close to Balboa Park. 1758 6th Avenue. Agent, 619-298-7724.

**DOWNTOWN.** \$1995. 2 bedroom, 2 bath. Stainless steel appliances! Corner unit! 2 parking spaces! Central air. No pets. 620 State Street. Agent 619-820-2584.

**DOWNTOWN.** 777 Lofts. \$1575. **Move-in special!** Incredible 1 bedroom loft across from The Ivy. Best rental loft/condominiums, one block to Downtown's popular 5th Avenue. Washer/ dryer. Small pet considered. **A must see!** TTPM, 619-564-7864, or stop by 777 6th Avenue at F Street. [www.torreyjpinestpm.com](http://www.torreyjpinestpm.com).

**DOWNTOWN/ BALBOA PARK.** \$219 and up/ week. Very nice budget hotel. Microwave, small refrigerator, free cable and Wi-Fi, laundry. 1840 Fourth Avenue (at Fir). 619-236-1600.

**DOWNTOWN/ CORTEZ HILL.** Studios, \$795. Move-in special. Limited access building, charming, quiet, residential neighborhood. Utilities paid. On-site laundry. No pets. EOH. Call 619-299-8746.

**DOWNTOWN/ EAST VILLAGE.** Half off 1st/ 2nd month's rent! \$585 including utilities with 12-month lease, single occupancy (income qualify—ask for details). Furnished. Air conditioning. Full bath. Kitchenette. Internet. Balcony with bay/ ballpark views. Clubhouse. Business center. Gated community. Near bus/ trolley. Island Village. 1245 Market Street. 1-888-325-4573. [sdreader.com/places/island-village/](http://sdreader.com/places/island-village/).

**DOWNTOWN/ GASLAMP.** Las Flores Hotel. Small, quiet. \$125/ week and up. Four-week minimum. Color TV with basic cable. Refrigerator in most rooms. Secure. 619-235-6820.

**DOWNTOWN/ GASLAMP.** Move-In Specials. Live/ work lofts in heart of The Gaslamp! Roof decks with barbecue. Laundry on every floor. Parking available. Seven locations Downtown. Select pets OK. Visit loft leasing office: 315 Fourth Avenue. 619-231-1505 x12. [www.trilogymanagement.com](http://www.trilogymanagement.com). Also visit [www.sdreader.com/news/rent2064](http://www.sdreader.com/news/rent2064).

### Urban Mini Lofts

Downtown/ Gaslamp. Historic Beaumanor, unique urban mini lofts, \$650-\$900. Several sizes, 12' ceilings, brick, hardwood floors, near Horton Plaza. Hardwood furniture available. Paid cable/ electric/ water. Most include sleeping decks. Refrigerator/ microwave included. High-speed Internet available. On-site laundry, barbecue deck, outdoor kitchen. Impeccable renovation. No pets. 927 6th Avenue. Michael, 619-232-1517. [beaumanor927@yahoo.com](mailto:beaumanor927@yahoo.com). <http://www.sdreader.com/places/beaumanor>.

**DOWNTOWN/ LITTLE ITALY.** From \$800/ month. Private bath, cable TV, microwave, refrigerator. Utilities included. Secure, quiet, charming. Efficiency apartments with laundry. Near trolley/ bus lines, blocks from harbor. On-site manager. Villa Caterina, 1654 Columbia Street. 619-232-3400.

**DOWNTOWN/ LITTLE ITALY.** Bright corner studio apartment, \$895. 9' ceilings. Nice kitchen. Ideal location. Secure, quiet building with laundry. 1534 Front, near Beech. 619-233-7428.

**DOWNTOWN/ LITTLE ITALY.** Move-In Special! 3 bedroom, 2.5 bathroom unit, \$1800/ month. Available now. Parking available, laundry facilities. Income-restricted property. For details, 619-236-9353. [villamaria@baronegalasso.com](mailto:villamaria@baronegalasso.com).

**EAST SAN DIEGO.** \$695. Furnished studio alcove apartment. Complete living room, bedroom and kitchen furniture. No SDG&E deposit or hookup fee required. Near 52nd and University. 5101 Towle Court. Close to SDSU. Laundry room. Off-street parking. Low deposit. Call 619-281-9451.

**EAST VILLAGE.** Move-in special! 1 bedroom condo. Walk-in closet, granite, stainless appliances, washer/ dryer, air, balcony, underground parking, gym. \$1650, water/ trash included. 858-277-3410.

**EL CAJON.** \$1100. 2 bedroom, 1-1/2 bath townhome. \$400 deposit. New paint, appliances, carpet. Small yard. Small gated community. Laundry facilities. Pool. No pets. Available now. 1397 East Washington. 619-593-6602. [www.strafordarmsapts.com](http://www.strafordarmsapts.com).

**EL CAJON.** Spacious apartments. 1 bedroom, upstairs, \$795, \$500 deposit. 2 bedroom, upstairs, \$980, \$600 deposit! Available now. Pool, on-site laundry, assigned parking, freeway close. Pets welcome! Anabel Court Apartments, 303 East Madison Avenue. Ask about our move-in specials! 619-579-5640.

**EL CAJON.** \$900 and up. 2 bedrooms, 1 and 2 stories. Amenities. Pool, park-like

grounds, laundry on premises, parking. Near town, shops, bus. 743 South Magnolia Avenue. 619-579-0174 or 619-464-1818.

**EL CAJON.** Cajon Villas. 3 bedroom, 2 bath: \$1275. 2 bedroom, 2 bath: \$950. 1 bedroom, 1 bath: \$735. Pool. Parking. Air conditioning. Laundry room. No pets. Available now. 933 Peach Avenue. 619-447-9193.

**EL CAJON.** \$750-\$800. 1 bedroom, 1 bath. New carpet, coin-operated laundry and pool. On-site manager "Brian," 619-456-5663. 1st month's rent free! OAC. Available now! 506 Emerald Avenue #6 and #12. [www.amfsd.com](http://www.amfsd.com). 619-295-1165.

**EL CAJON.** 1/2 off 1st! 1 bedroom, 1 bath, \$775. Upper unit, central A/C, balcony, laundry, pool, BBQ, eat-in kitchen, near all. 798 McClure #16. 619-804-3325.

**EL CAJON.** Large condo. \$925. 2 bedroom, 2 bath. Air conditioning, pool, fenced patio, laundry room, covered carport. \$800 deposit. Water/ trash paid. 619-697-5743; 619-463-7073.

**EL CAJON.** \$900. 2 bedroom 1 bath. Single-story complex! Pet on approval! Laundry hookups in unit! 1100-1154 North Mollison Avenue. Manager, 619-590-0811.

**EL CAJON.** Fully renovated, high-end luxury apartments. 2 and 3 bedrooms from \$1250. All stainless steel appliances, granite countertops, cherry wood cabinets and stackable washers and dryers. Call Sherry, 760-845-3468.

**EL CAJON.** 1/2 off 2nd month OAC! 1 bedroom, \$750; 2 bedroom, \$850+. Appliances, on-site laundry, air, pool, off-street parking. Lushly landscaped. 294 Ballantyne. 858-703-4932.

**EL CAJON.** \$705. 1 bedroom in most attractive, well-maintained property with beautiful courtyard. Gated access and quiet location. **\$250 Move-in Special!** 340 Orlando. TTPM, 619-818-9939. [www.northwindapts.com](http://www.northwindapts.com).

**EL CAJON.** \$705. 1 bedroom in beautiful property with sparkling pool. Walk to courthouse and Main Street shopping. A must see! No pets. **\$199 Deposit!** 163 Ballantyne Street. TTPM, 619-579-6248, [www.tradewindsapts.info](http://www.tradewindsapts.info).

**EL CAJON.** \$845. 2 bedroom, 1 bath. 3 bedroom, 1.5 bath, \$945. Very clean, great location with on-site parking and laundry. 432 Dominguez Way. TTPM, 619-405-4500. [www.torreyjpinestpm.com](http://www.torreyjpinestpm.com).

**EL CAJON.** \$1200. Beautiful 2 bedroom, 2 bath condo. Big patio. 2 assigned parking. 605 South Mollison. Small pet considered. Call Linda for appointment, 619-220-0791.

**EL CAJON.** Gated community park. Trailers for rent, different sizes. From \$550-\$850. Plus utilities/ deposit. Conveniently located, close to trolley, bus, shopping. No pets. 619-933-5189.

**EL CAJON.** \$725. 1 bedroom in fabulous pool/ courtyard complex. Super clean apartments. No pets. 314 Wisconsin Street. TTPM, 619-742-7600. [www.palmestates.info](http://www.palmestates.info).

**ENCINITAS.** 1 bedroom, \$1125 and up. Patio or balcony, garden setting. Small complex. Assigned parking. Laundry. New paint. Bright, airy. 1 block to beach. Close to shopping, freeway, Coaster. No pets/ smoking. 760-929-1950.

**ENCINITAS.** \$2095. Spacious 2 bedroom, 2 bath apartment. Close to beach, restaurants and shops. Just remodeled! Laundry on site. 1-year lease. No pets. 843 4th Street. 760-753-6575.

**ENCINITAS.** \$850 and up. Sick of roommates? Cozy beach trailers in quiet park. Near beach, Coaster, restaurants, shops. 152 North Coast Highway 101. No pets. 760-753-4101.

**ENCINITAS/ LEUCADIA.** \$2900. 2 bedroom, 2 bath luxury duplex. Steps to beach, best area. All new/ remodeled. Pool, wood floors, fireplace, washer/ dryer. Huge deck with ocean view. No pets. 1571 Neptune Drive. TTPM, 760-436-6441. [www.torreyjpinestpm.com](http://www.torreyjpinestpm.com).

**ESCONDIDO.** 1 month free rent! \$1200-\$1450. Tired of apartment living? 2 and 3 bedroom mobile homes offer spectacular hilltop views. Full-sized washer/ dryer, some small yards. Peaceful community. Sorry, no pets. 1924 Sheridan Avenue. 760-745-1677.

**ESCONDIDO.** 1 and 2 bedroom apartments starting at \$775/ month. Call 858-748-7516.

**ESCONDIDO.** 1/2 off 1st! 3 bedroom, 2 bath condo, \$1375. All appliances, washer/ dryer hookups, fireplace, pool, spa, parking. Some utilities paid! 520 Sandalwood Drive. 858-755-1135.

**FASHION VALLEY.** \$975. 1 bedrooms. \$1100. 2 bedrooms. Large apartments. Huge walk-in closets. Dishwashers. On-site parking. Balcony. Pets considered. 5720 Gaines Street. 619-299-3477.

**FASHION VALLEY.** \$1150. 2 bedroom, 1.5 bath near USD. Completely renovated units, cedar closets, off-street parking, on-site laundry, cats OK. 5946 Lauretta Street. 619-296-6699. [www.centrecity.net](http://www.centrecity.net).

**FASHION VALLEY.** \$950. Remodeled, large 1 bedroom condo. No pets. Parking. Gated. Walk-in closet. New carpet. Dishwasher. Balcony. Pool. 6780 Friars Road, #316. 619-275-3455.

**FASHION VALLEY/ USD.** \$1150 rent, \$800 deposit OAC. Walk to USD! 2 bedroom, 2 bath, laundry, parking, no pets, at 1330 Eureka Street #7, #18 or #35. Agent, 619-298-5820.

**FASHION VALLEY/ USD.** \$1250 rent, \$800 deposit OAC. Large 2 bedroom, 2-1/2 bath townhouse, underground parking for 2 cars, laundry room, no pets, at 5550 Mildred Street #20. Agent, 619-218-4226.

**FASHION VALLEY/ WEST.** 1 bedroom, \$850. Upper unit, view of Presidio. Near USD, bus, shops, golf course, etc. Tenants pay water. No pets. Agent, 619-296-3189.

**FASHION VALLEY/ WEST.** \$1350. Open house Saturday and Sunday, 11am-4pm! 3 bedroom, 2 bath. Washer/ dryer hookups! Parking! Near USD! Minutes to the beach and much more! 5845 Lauretta Street #1, 5865 Lauretta Street #8. No pets. Call 619-222-4836x14. [www.liveatthebeachnow.com](http://www.liveatthebeachnow.com).

**GOLDEN HILL.** Charming 1 bedroom, 1 bath. \$775/ month. Hardwood floors. Great neighborhood, on-site laundry. No dogs. Available now. 2421 E Street. 619-857-3706.

**GOLDEN HILL.** \$1000. 1 bedroom. Computer/ sunroom. Renovated: New paint, flooring, kitchen cabinets/ counters. Built-in bookcases. Washer and dryer. Free Internet. Section 8. 619-318-9444.

**GOLDEN HILL.** \$1295. Clean, quiet condo. 2 bedroom, 2 bath. Newly renovated. Updated appliances, granite counters throughout, washer/ dryer. Balcony, fireplace. Secure parking. call 858-272-3649.

**GOLDEN HILL.** \$850. 1 bedroom, 1 bath. \$1150. 2 master bedrooms, 2 baths. 2 weeks free—2nd month. Appliances, elevator, laundry, parking. Small pet OK. 1010 33rd Street. 760-724-0558.

**GOLDEN HILL.** \$1050. Huge, dramatically beautiful, restored Craftsman. 1 bedroom, good skyline view. Dining room, maple floors, birch doors, original Douglas fir trim around doors/ windows. No pets. 619-280-5177.

**GOLDEN HILL.** \$1500. Upgraded 2 bedroom, 2 bath condo with modern stainless steel appliances, washer/ dryer and garage included, patio, no pets. 2913 A Street. 619-296-6699. [www.centrecity.net](http://www.centrecity.net).

**GOLDEN HILL.** Charming 1 bedroom, 1 bath. \$850/ month. Hardwood floors. Great neighborhood, on-site laundry. No dogs. Available now. 2412 E Street. 619-857-3706.

**GOLDEN HILL/ DOWNTOWN.** \$1025. Spacious 1 bedroom, 1 bath in charming Golden Hill Victorian. Hardwood floors, shared yard, laundry on site. One parking space. Utilities included. No pets. Deposit \$800. Call Loren at 619-699-9379.

**HILLCREST.** \$200/ week and up. Refrigerators, cable TV and HBO. Embassy Hotel, 3645 Park Boulevard, San Diego 92103. 619-296-3141.

## AUTOMOTIVE

Tint all your car windows for



**February Special!**  
Regularly \$199.  
Gift certificates available!

Any shade. Any car. No games. No gimmicks.

50%

35%

20%

5%

Walk-ins welcome or call for appointment.



**San Diego**  
(619)237-9200  
3280 Main St.

**National City**  
(619)477-7979  
1316 National City Blvd.

**Oceanside**  
(760)637-2688  
1203 S. Coast Hwy.

[www.autosoundandimage.com](http://www.autosoundandimage.com)

California legal restrictions apply. \*Up to 5 windows. Expires 3/3/10.

# WINDOW TINT \$89<sup>95</sup>

Rear 3 windows. Lifetime warranty.

\*Most cars. Call for details.

*THE EXECUTIVES GARAGE*

[www.executivesgarage.com](http://www.executivesgarage.com)

Lemon Grove: 8373 Broadway • 619-886-4675

Mission Valley: 5801 Mission Gorge Rd., 92120 • 619-282-1800

Santee: 10438 Mission Gorge Rd., 92071 • 619-669-8283

### WENTWORTH AUTOMOTIVE

**Family owned & operated.**

**Serving Kearny Mesa for 11 years!**

Test Only and Test and Repair. Must present this coupon.

# SMOG CHECK

Valid for most cars. With DMV renewal notice. **\$21<sup>75</sup>** + \$8.25 certificate. Vans extra. 1995 and older \$31.75. Diesels extra.

Servicing all domestic and Asian vehicles.

We participate in the Consumer Assistance program for smog failures.

We certify gross polluters. Compare our prices to any dealership.

We give you dealership quality for much less!

Precise Auto Care • 7755 Othello Ave. • (858) 541-1044

Just west of Convoy on Othello Ave. behind 7-Eleven store.

Visit: [wentworthautomotive.net](http://wentworthautomotive.net) for more specials.





**HILLCREST.** Spacious 2 bedrooms from \$1295. Fireplace, spa, gym, intercom and elevator. Sorry, no pets. Hillcrest Summit, 4134 4th Avenue. See photos at [www.wexfordliving.com](http://www.wexfordliving.com). Call 619-299-0047.

**HILLCREST.** \$1150. Nice, large, 1 bedroom, 1 bath apartment. All utilities included. Kitchen. Wooden floors. Laundry facilities. Storage compartment. Shared yard/patio. Pets OK. 858-229-8049.

**HILLCREST.** \$1195. 1 bedroom, 1 bath cottage. Freshly painted, hardwood floors, washer/ dryer hookups, private yard, shared garage with off-street parking space included. Near bus line to Downtown. Cat OK. Available now. 3308-1/2 Reynard Way. Agent, 619-298-7232. [www.sbayproperties.com](http://www.sbayproperties.com).

**HILLCREST. \$825. Charming, old-fashioned building. 1 bedroom facing courtyard. Stove, refrigerator, laundry facility. Near 163 and Uptown shops. No dogs. 619-298-3229**

**HILLCREST.** Hillcrest Palms. Senior complex, 55+-. \$800. 1 bedroom apartments. Gated community. Convenient location. Near hospitals, restaurants, shopping. No pets. 4042 Albatross Street. 619-574-0784.

**HILLCREST.** 1 bedroom, 1 bath. Secure building, laundry on site, parking. Small dog OK. Rent: \$980. 1033 Robinson. Call Rachel, 619-295-1210.

**HILLCREST.** 2 bedroom, 1 bath. Parking, storage, laundry on site. Sorry, no pets. Rent: \$1200. 4226 Cleveland Avenue. Call Kenny, 619-255-4944.

**HILLCREST.** \$1000. 1 bedroom, 1 bath. In a beautifully landscaped, gated property. Hardwood floors. Laundry on site. A must see! Available now! 3718, 3724-1/2 Park Boulevard. Elisa, 619-295-1100. [www.cethron.com](http://www.cethron.com).

**HILLCREST.** \$975. 1 bedroom, 1 bath apartment. Charming building, large

bedrooms, 3 closets. No pets. 3673 Georgia Street. 858-483-3534. [www.cal-prop.com](http://www.cal-prop.com).

**HILLCREST.** 1/2 off first month's rent! 2 bedroom, 2 bath condo, \$1795. Pets OK. Stainless steel appliances, fireplace, water/ sewer/ trash included, covered parking. 1756 Essex Street #309. People Helping Others Property Management, 619-282-5400, [peoplehelpingothers.com](http://peoplehelpingothers.com).

**HILLCREST.** \$895-\$950. 1 bedroom, remodeled. Stove, refrigerator, dishwasher, microwave, coin laundry. In the heart of Hillcrest. Cat OK with extra deposit. Available now. 3730 First Avenue. Del Sol Property Management, Broker. [www.delsolpm.com](http://www.delsolpm.com). 858-270-2071.

**HILLCREST.** \$750. Cozy studio with lots of tile, on-site laundry. Great location. Near bus lines. No pets. 3878-1/2 Park Blvd. Agent, 619-298-7724.

**HILLCREST.** 2 bedroom, 2 bath, \$1595. Top-floor unit, stove, refrigerator, microwave, dishwasher, washer/ dryer, fireplace, A/C, underground parking. No pets. 3633 Indiana Street #34. Agent, 619-232-6811.

**HILLCREST.** 1/2 off 1st month! 1 bedroom, 1 bath loft style, starting at \$775. Hardwood floors, appliances, walk-in closet, laundry. Cat OK. 2441 4th Avenue. 619-300-9487.

**HILLCREST.** 1 month free! Extra large studio, \$825. Wood floors, full kitchen, laundry. Near Balboa Park. Pet negotiable. 2311 4th Avenue. 619-804-2654.

**HILLCREST.** 1/2 off 1st! Gated 1 bedroom, 1 bath, \$1050. All appliances plus washer/ dryer, private balcony, new carpet and paint, elevator, underground parking! 4155 Georgia Street #107. 619-297-7662.

**HILLCREST.** \$1395. 2 bedroom, 2-1/2 bath townhouse. New paint, large, neighborhood views, high ceilings, dishwasher, fireplace, laundry, 2-car parking, garden setting. Available now. 3672 Georgia Street. 619-542-0708.

**HILLCREST.** \$1250. 3843 Park Boulevard. Second floor (The Crypt is downstairs). Renovated 2 bedroom, 1.5 bath. Ceramic tiled. New carpet, new

blinds. New light fixtures. Gas stove. Laundry room shared with tenants. Street parking. We offer some first-come, first-served spaces no charge. No pets. Available now. Phillips Realty, 619-291-6686.

**HILLCREST.** \$950. 1819 University Avenue (behind The Crypt). Cottage. 1 bedroom, 1 bath. Breakfast nook, carpet, gas stove, laundry room shared with tenants. Street parking (we offer some spaces no charge, first come, first served). No pets. Phillips Realty, 619-291-6686.

**HILLCREST.** \$825. 3820 Georgia Street between Robinson and University Avenue. 1 bedroom, 1 bath. New carpet, large kitchen, 4 closets, upstairs, laundry room, one assigned parking. No pets. Phillips Realty, 619-291-6686.

**HILLCREST.** Studio, \$775. Ask about our Move-in Special! Great floor plans, easy freeway access. 4124 Campus Avenue. 619-793-4026.

**HILLCREST.** \$1050. Spacious 2 bedroom, 1 bath, upstairs. Brand-new paint and flooring throughout! Laundry on site. Quiet complex! Cat considered. 4274-78 Campus Avenue. Manager, 619-820-2584.

**HILLCREST.** Studio. \$795. Move-in special. Lovely garden courtyard with fountain. Walk to Uptown Village. Hardwood floors, blinds, on-site laundry. Cat OK. EOH. 619-299-8746.

**HILLCREST.** 1 bedrooms available at Sleepy Hollow Apartments. Quiet 5-acre community has pool, recreation room, off-street parking, scenic views, cats OK. 4201 6th Avenue. \$925-1050, 619-296-6699. [www.centrecity.net](http://www.centrecity.net).

**HILLCREST.** \$1275. 2 bedroom, 1 bath cozy cottage has been completely renovated with all new flooring, appliances, light/ bathroom fixtures. Off-street parking, patio area, and extra storage available. 213 West Robinson. 619-296-6699. [www.centrecity.net](http://www.centrecity.net).

**HILLCREST.** \$925. Beautiful, remodeled studios. Move-in special. Come and enjoy Hillcrest living at its best in the beautifully remodeled Park Towers Building. Our studio units have gone through an extensive remodel in excess of \$20K. Full ceramic tile countertops. Maple cabinets, bar-top dining area. Range and refrigerator included. Italian ceramic tile floors with granite accents and new plush carpeting. Crown moldings, ceiling fan, lots of closet space and built-in dresser, full-tile bathroom, all new fixtures and window treatments. Property features a pool, gated access with intercom and on-site laundry. \$400 deposit. \$600 off first month's rent with a 1-year lease. Will consider small dogs under 15 pounds. Available now! 3563 Sixth Avenue, San Diego, 92103. Call Manager, 619-542-0377; [scott@hendershawandassociates.com](mailto:scott@hendershawandassociates.com).

**HILLCREST.** \$875. First month free with lease! 1 bedroom. Senior, 62 plus. Best deal in Hillcrest! Come make new friends at the ParkView Robinson Senior Complex. Units are painted in designer colors. Range, refrigerator, ceiling fan and air conditioning included. Bedroom has a walk-in closet. There is an activities room, elevator, and on-site laundry. Building is gated with intercom. \$300 deposit. We welcome Section 8 participants. 1220 Robinson Avenue, San Diego, CA 92103. Cats and small dogs OK. Contact the resident manager at 619-291-7284. [scott@hendershawandassociates.com](mailto:scott@hendershawandassociates.com).

**HILLCREST.** \$995 rent, \$800 deposit OAC. Large 2 bedroom, 1 bath, parking space, laundry, no pets, at 3745 7th Avenue #5. Agent, 619-299-8515.

### Seniors 62+

Hillcrest. \$1100. Attractive senior complex. Extremely large 2 bedroom, 1-1/2 bath. Dishwasher, self-cleaning oven, air conditioning, parking. Brand

new condition. Park-like grounds, peaceful living. Sheltered patio, laundry on premises, controlled entry. Near bus and shops. 4574 Campus Avenue. No pets. 858-703-4932 or 619-461-9415.

**HILLCREST/ MISSION HILLS. \$695-\$775. Low \$150 deposit. Fully furnished studios, alcoves, in excellent hillside location. Free basic cable. 1616 Guy Street. 619-298-6242.**

**HILLCREST/ MISSION HILLS.** \$875 rent, \$700 deposit OAC. 1 bedroom, parking space, laundry, no pets, at 4030 Front Street #9. Agent, 619-299-8515.

**HILLCREST/ NORTH PARK.** \$1175 rent, \$800 deposit, OAC. Large 2 bedroom, 2 bath, hardwood floors, parking, no pets at 1930 Georgia Court #9 and #21. Agent, 619-501-5542.

**HILLCREST/ UPTOWN.** \$1050. 2 bedroom, 1.5 bath. Small, fenced patio. Recently renovated. Very quiet complex/ great location! Laundry/ parking on site. No pets. 3620 Georgia Street. Manager, 619-820-2584.

**IMPERIAL BEACH** \$1650. 3 bedroom, 1 bath condo. New carpet, newly painted, stainless steel appliances, granite countertops, private patio, washer/ dryer. Pet OK. 925-890-4969.

**IMPERIAL BEACH.** 1 bedroom apartment, stove, refrigerator. \$895-\$995. 2 bedroom \$1450. Feet from the beach. Pets negotiable. Laundry facilities. Off-street parking. Conveniently located. 619-424-9233.

**KEARNY MESA.** Enjoy classy ambiance of city-like living. 2 bedroom, 2 bath townhome with 1008 estimated square feet. Balcony, forced heating, A/C refrigerator, stove/ oven, dishwasher, microwave. Garage. 4879 Haight Trail. \$1695/ month. Agent, 619-471-2201.

**KENSINGTON.** 1 bedroom, 1 bath: \$950. 2 bedroom, 2 bath: \$1195. Ask about move-in special! On-site laundry. No pets. 4101 Park Place. Call Mike, 858-490-1600.

**KENSINGTON.** \$1275. 2-bedroom, 1-bath apartment. 1-car garage, coin laundry. No pets. 4146 Hilldale Road. 858-483-3534. [www.cal-prop.com](http://www.cal-prop.com).

**KENSINGTON.** \$825. 1 bedroom, downstairs. Gated complex. Stove, refrigerator, carpets. Off-street parking. Laundry facilities. Water/ trash paid. No pets. Available now. 619-971-1145; 619-579-8027.

**KENSINGTON.** \$1195. Very large 2 bedroom, 2 bath. Corner apartment. Secured building. All amenities, parking, on-site laundry. Garage also available. Sorry, no pets. 858-922-5044, 619-548-1826.

**LA JOLLA.** \$1195. Studio. Includes utilities. Block to bus, beach, Starbucks, restaurants. UCSD and Scripps by bus or bicycle. Living room, kitchen. Appliances. Walk-in closet. Laundry. Pets ok. 858-336-0252.

**LA JOLLA.** \$1400 plus utilities. Small efficiency apartment, with separate sleeping area. Steps to beach and the Village. Resident Manager: 858-456-0407.

**LA JOLLA.** \$1050. Spacious studio. Complete upgrade. Granite counter, stainless steel appliances. On-site laundry, parking, pool. 3136 Via Alacante. Call Rachael, 619-804-1044.

**LA JOLLA.** \$1750. 2 bedroom, 2.5 bath condo. 2 parking, granite counters, stainless appliances, washer and dryer in unit, balcony, complex has pool. Pet OK with additional rent and deposit. 3989 Nobel Drive, #358. 858-483-3534. [www.cal-prop.com](http://www.cal-prop.com).

## AUTOMOTIVE



**Earl Scheib**  
AUTO • PAINT • BODY • SINCE 1937

Expert Collision Repair & Auto Paint Specialists

6 SAN DIEGO AREA LOCATIONS, ONE NEAR YOU! CALL FOR FREE ESTIMATE 1.888.245.9236

**\$99**

ACT NOW!  
OFFER  
EXPIRES  
3/3/10

**Bumper Special\***

\*Limits and exclusions apply. May not be combined with other offers. Must present coupon at time of estimate. SDR01

**\$249**

ACT NOW!  
OFFER  
EXPIRES  
3/3/10

**Paint Service\***

\*Silver Level Paint Service. EXCLUDES Prep, Bodywork, Replacement Parts and Pearl Colors. \$25.00 Environmental Compliance charge applies except in PA. Trucks, vans, sports utility vehicles and some colors slightly higher. May not be combined with other offers. Must present coupon at time of estimate. SDR01

**Oil Change**  
**\$20<sup>95</sup>**

Includes new oil filter and up to 4 qts. of oil. Hazardous waste fee \$2.

**Timing Belts**  
**\$90** and up

**Tune-up**  
**\$29<sup>95</sup>** and up

Change spark plugs, check distributor cap and rotor, check air filter.

**30K/60K/90K Factory Service**

Call for specials!

**Brakes**  
**\$89<sup>95</sup>** and up

2 wheels. Install new economy lining. Resurface drums or rotors extra. Premium lining extra.

**Smog Check**  
**\$16<sup>75</sup>**

Plus \$8.25 for certificate. Most 1976-1995 cars only.

**Radiator Flush**  
**\$24<sup>95</sup>**

Plus coolant.

**Fuel Injector Cleaning**  
**\$39<sup>95</sup>**

**Catalytic Converter Special**  
Call for price.

**3D Technology Alignment & New Tires Available. Most Major Brands. Call for Reader Special.**

All offers valid on most cars, with coupon. Offers expire 3/28/10.

**Good Auto Repair at a Good Price**

"This place is not one of those chains, but it's a great place to get your car fixed. I have been going there for years. The mechanics are honest and tell you exactly what is wrong." – B.W.

**Thao Auto Repair & Advanced Machine in one location to better serve you!**

**THAO AUTO REPAIR**  
3400 El Cajon Blvd. • (619) 640-4606  
(Near I-805 at 34th Street)  
Visa • MasterCard • Se habla español  
Special rates for auto body repair without insurance.

**ADVANCED MACHINE**  
PARTS • SERVICE • WELDING  
Your Complete Automotive Machine Shop  
3400 El Cajon Blvd. • 619-640-4609

**Nationwide Warranty!**

**MR International Auto Repair**

7030 Carroll Road • 858-455-5440  
(Near Miramar Road)

**Unlimited Mileage Warranty!** Call for details.  
**Your Friendly & Honest Auto Service Center**

**NEW! 90-Day Financing No Credit Check**  
Call for details

**Brake Special**

GOOD **\$69\*** BETTER **\$89\*** BEST **\$139\***

Front or rear. Call for details! Parts & labor. Resurfacing rotors additional for the \$69 price. \$89 or higher includes resurfacing rotors.

**Water Pump**

Starting at **\$129\*** 4-cyl.

**New Axles**

Starting at **\$139<sup>95</sup>\*** Installed! Rebuilt available. Lifetime warranty.

**30K/60K/90K Factory Service**

Starting at **\$109\*** 4-cyl.

- Replace engine oil & filter • Check timing
- Inspect air filter • Rotate tires • Replenish all fluids
- Inspect brake system & adjust brakes • Other services as needed

**Rebuilt Transmission**

Parts extra. **\$399\*** Most cars.

**Starters & Alternators**

Starting at **\$190** Installed Most cars.

**Clutch Special**

Starting at **\$180\*** Plus parts. Rear wheel.

**Japanese Engine Replacement**

Starting at **\$1200\*** Installed. 6-cyl., 8-cyl. extra. Call for details.

**Manager's Special! \$24<sup>99</sup>\* Synthetic Blend Premium Oil Change**

Includes filter and up to 5 quarts synthetic blend oil. Most cars. Plus \$3.50 disposal fee.

**Also available:**

- Timing Belt
- Head Gasket
- Transmission Service

**"Check engine" light on? FREE Computer Scan**

**Fuel System Flush \$75<sup>95</sup> 2 Stage**

**Engine Rebuild – Call for Special Price!**

**Import & Domestic • Shuttle Service Available • TOWING AVAILABLE**

\*Most cars. **10% Military Discount** MasterCard / Visa / Discover





**LA JOLLA.** \$925. 1/2 off first! Beautiful studio, appliances, new carpet, paint and blinds, A/C, laundry, off- street parking! 1129 Torrey Pines #5. 858-337-2022.

**LA JOLLA.** \$1710. Gorgeous 2 bedroom, 2 bath condo. Washer/ dryer. Vaulted ceilings, bamboo floors, Berber carpets, granite counters. Deck, fireplace. No smoking/ pets. 714-840-5439.

**LA JOLLA.** Studio 2 blocks from the beach. Big closets, eat-in kitchen, on-site laundry, off- street parking. Cats OK. \$1050. 396 Kolmar Street. 619-296-6699. www.centrecity.net.

**LA JOLLA.** Ocean View! \$1550. A must-see modern 2 bedroom, 1 bath apartment in Bird Rock. Balcony, 2 parking spaces, coin laundry, controlled access. 5530 La Jolla Boulevard #2D. TPPM, 858-699-3851. www.torreypinespm.com.

**LA JOLLA.** \$1750. A must see 2 bedroom, 1 bath unit in beautiful garden complex just one block from Windansea!! Fireplace. One-car garage. 338 Palomar Ave. TPPM, 858-699-3851, www.torreypinespm.com.

**LA JOLLA/ UTC.** \$1700. 3 bedroom, 1.5 bathroom, 2- story condo. Canyon setting, large yard, pool, 1 carport parking, washer/ dryer. No pets. 4308 Caminito Del Zafiro #69. 858-483-3534. www.cal-prop.com.

**LA JOLLA/ WINDANSEA.** \$1485. 2 bedroom, 1 bath, large, upstairs front unit in 5-plex. Large, private balcony. Stove, refrigerator, dishwasher, microwave, coin laundry, parking. Near Windansea Beach. Cat OK with extra deposit. Available now. 6231 La Jolla Boulevard. Del Sol Property Management, www.delsolpm.com. 858-270-2071.

**LA JOLLA/ WINDANSEA.** \$1595. 2 bedroom, 1 bath. Large, upstairs front unit. Remodeled. Stove, refrigerator, dishwasher, microwave. Large, private balcony; garage with opener. Quiet cul-de-sac near Windansea Beach. Cat OK with extra deposit. Available now. 6236 Dowling. Del Sol Property Management, Broker, www.delsolpm.com. 858-270-2071.

**LA JOLLA/ WINDANSEA.** \$1395. 1 bedroom in garden setting. Steps to beach. Patio, coin laundry, parking. 354 Nautilus Street, TPPM, 858-699-3851. www.torreypinespm.com.

**LA MESA.** 1 bedroom, 1 bath starting at \$750 plus \$25 credit check fee and deposit. Nice and clean. New carpet, new appliances, gated with community pool. Near SDSU area. Within walking distance from local stores, bar, etc. No pets. Keeney Plaza Apartments. 5010 Keeney Street, 91941. Contact Robaia, 619-698-0777.

**LA MESA.** Huge apartment homes in great La Mesa neighborhood. Storage space. Near shopping and public transportation. 1 bedroom, 1 bath, \$895. 2 bedroom, 2 bath, \$1095-\$1195. 2-bedroom townhouse, \$1195 and up. Community pool, laundry, covered parking. Photos, floor plans, map, directions, see website: www.sdreader.com/news/rent1035. (5810 Amaya Drive,) 619-697-3285.

**LA MESA.** 1 free month with one-year lease! 2 bedroom, 2 bath, \$1150/ month with \$500 deposit. Storage. No pets. \$25 credit. 5435 Morengo Avenue. Call 619-698-7926. www.villaknollsapts.com.

**LA MESA.** 1 free month with one-year lease! 1 bedroom, 1 bath, \$925/ month with \$450 deposit. Storage. No pets. \$25 credit. 5435 Morengo Avenue. Call 619-698-7926. www.villaknollsapts.com.

**LA MESA.** Studio, \$780/ month with \$350 deposit. 1 free month with one-year lease! Storage. No pets. \$25 credit. 5435 Morengo Avenue. Call 619-698-7926. www.villaknollsapts.com.

**LA MESA.** 1/2 off first month's rent. \$725 and up. 1, 2, and 3 bedrooms available. Laundry room, pool, parking. Water/ trash included. 619-466-6149.

**LA MESA.** Newly remodeled affordable apartment. 2 bedroom and 1 bath. Brand new interior features: Flooring (carpet and vinyl), paint, windows, cabinets, stove (gas). Quiet cul-de-sac location, playground, business computer center. After-school program, job training and resume assistance (coming soon), mommy and me yoga classes (coming soon). Income restrictions apply. Call for details. Se habla espanol. Village Green, 4115 Bonillo Drive, San Diego, CA 92115. 619-583-7236. www.villagegreen@conam.net.

**LA MESA.** Mellmanor Apartments. \$890/ up, 1 bedroom. \$1210/ up, 2 bedroom. Across Grossmont Center, trolley, Costco. Quiet, spacious units. Pools. 8750 Mellmanor Drive. 619-461-1940.

**LA MESA.** Villa Morocco. 1 bedroom, starting at \$870. 2 bedroom, \$1190. Spacious. Near Grossmont Center. Great neighborhood. Near all. 5545 Morro Way. 619-589-8854.

**LA MESA.** \$995. 1 bedroom, 1 bath. 1/2 off first month or \$913/ month on 6-month lease! OAC. Laundry. In old town La Mesa. Cats welcome. 4515 3rd Street. 619-469-5010.

**LA MESA.** Move-in special. 1 bedroom, \$995. On-site laundry. Parking. Easy freeway access. 5027 Guava. Call Tami: 619-244-3115 or 858-490-1600.

**LA MESA.** 1 bedroom, 1 bath. On-site laundry. Pool, gated, parking. New rent: \$835. 1/2 off first month's rent. 4905 73rd Street. Call: 619-697-8458.

**LA MESA.** Studio apartment. Gated, air conditioning, laundry on site, parking. Rent: \$700/ month. 4851 73rd. Call Myra, 619-697-8458.

**LA MESA.** 2 bedroom, 2 bath. \$1050. Parking, on-site laundry, pool. 5436 Vincetta Court. Call Sarka, 619-417-4964.

**LA MESA.** \$1195. 2 bedroom, 2 bath. Move-in special: one month free rent. Large apartment. 1250 square feet. Air conditioning, pool, parking. No pets. 8600 Lemon Avenue #10. 858-483-3534. www.cal-prop.com.

**LA MESA.** \$775. Spacious studio. Call about our Move-In Special. New carpet and vinyl. Large closets, patio. Garage and utilities included. On-site laundry.

Call 619-462-1550, www.sdaptbrokers.com.

**LA MESA.** \$950. 1 bedroom, 1 bath. Location, location—in La Mesa Village. Hardwood floors, new carpet/ paint. Clean, quiet, secure, charming, new countertop. Small pet friendly. If you can find one better, rent it. 8465 La Mesa Boulevard #5. Jeff, 619-713-1044 or 619-618-8111.

**LA MESA.** \$950. 2 bedroom, 1 bath. Clean, quiet, new carpet, paint. Ready now! 7240 El Cajon Boulevard #22. 619-713-1044, or Mike, 619-602-0959.

**LA MESA.** \$1095. Beautiful 2 bedroom, 1 bath. Large kitchen, appliances, A/C, huge private balcony, laundry, off- street parking. 6004 Lake Murray Boulevard. 619-804-3325.

**LA MESA.** 1 month free! Extra large 1 bedroom, \$825. All appliances, A/C, on-site laundry, off- street parking. Near trolley and Downtown La Mesa. 619-466-6450.

**LA MESA.** 1 month free! Extra large 1 bedroom, 1 bath, \$825. BBQ, A/C, appliances, new carpet and paint, laundry, parking. Near all. Section 8 OK. 4325 Lowell Street. 619-460-1074.

**LA MESA.** \$975 for 1 bedroom. Award-winning community for beautiful landscaping. Pool and spa. Great location. No pets. 5500 Morro Way. TPPM, 619-884-7900, www.villageaptslamesa.com.

**LA MESA.** 4 bedroom, 2.5 bath near Grossmont College. Large lot, 2-car garage. Living, family, dining rooms. \$1950 plus security deposit. 8178 Tommy Drive. 619-254-5378.

**LA MESA.** \$1275. Remodeled 2 bedroom, 2 bath. \$650 move-in discount. Move-in Special: Save money when you rent from us. \$650 off 1st month's rent with year's lease. Available now is this recently remodeled 2 bedroom, 2 bath apartment located in the Lake Murray region. This is a family- owned and -operated complex, and we take great pride in offering our tenants a superior apartment at an affordable price. As soon as you walk in, you can't help but notice the attention to detail and the quality of the craftsmanship that went into this remodel, from the ceramic tile floors with granite accents to the tiled countertops, crown moldings, new interior doors, light fixtures, ceiling fan, all new hardware, range, refrigerator, dishwasher, microwave, and air conditioning. Master bedroom has walk-in closet with built-in organizer. Painted in designer colors. Enclosed private patio. We surely have the most bang for your buck. Comes with 1 off- street parking space and on-site laundry. Low deposit of \$500. Easy access to Freeway I-8. We will consider small dogs 15 pounds and under. 5543 Shasta Lane, La Mesa, CA 91942. To schedule a showing, contact the manager at 619-460-9107, email scott@hendershawandassociates.com.

**LA MESA.** \$725, 1 bedroom. Well-maintained property with meandering

courtyard. Quiet and private. 4444 Parks Avenue. TPPM, 619-463-3882, www.villaparks.com.

**Move-In Special First Month Free!**

La Mesa. 1 bedroom, \$725. Huge patio, A/C. Section 8 welcome. Cats OK. Call Faith for appointment to view, 7130 Waite Drive. 619-713-5971.

**LA MESA/ MOUNT HELIX.** 1 bedrooms, \$945-\$995. 2 bedroom, 2 bath, \$1145-\$1195. 3 bedroom, 2 bath, \$1395-\$1445. Air/ heat. Huge patios/ balconies. Gated access, parking. Small pets OK. Elegant, sculptured courtyards with flower gardens, fountains, gas lamps, park benches. Charming New Orleans ambiance. 3903 Conrad Drive. 866-894-6343; 619-462-1212. www.sdreader.com/news/rent/1017.

**LA MESA/ MT. HELIX.** \$1049, 2 cuartos. \$1199, espaciosos 3 cuartos, 2 banos. Aire acondicionado. Lavanderia. Garage. Balcones. Picina. Mascotas OK. Espanol. 619-857-0365.

**LA MESA/ MT. HELIX.** \$1049, 2 bedroom. \$1199, spacious 3 bedroom, 2 bath. Air conditioning. Laundry. Garages. Balconies. Pool. Pets OK. Espanol. 619-857-0365.

**LAKESIDE.** 2 bedroom, 1 bath cottage-style mobile home. Adjacent covered carport/ patio. Washer/ dryer hookups. New cooler, landscaping, paint, carpet, vinyl, mini-blinds throughout. Nestled in lovely 55+ community with clubhouse, heated pool. \$897/ month. Ridgecrest Community, 619-443-3600.

**LAKESIDE.** \$750. 1 bedroom, 1 bath. 1st month free! Special OAC. Laundry, parking. Available now! On-site manager, 619-561-4155. 12718 Mapleview Avenue #3. www.amgsd.com. 619-295-1165.

**LAKESIDE.** \$895. 2 bedroom, 1 bath. 1st month free! Special OAC. Laundry. Parking. Available now. On-site manager, 619-561-4155. 12718 Mapleview Avenue #7. www.amgsd.com. 619-295-1165.

**LAKESIDE. Move-in special: 1/2 off first month! Great value! 2 bedroom, 1 bath, \$800. On-site laundry. Freshly painted. Assigned parking. 12346 Parkside Street. northcutproperties.com. Agent, 858-505-1300.**

**LEMON GROVE.** 1 bedroom, 1 bath, \$775. 2 bedrooms, 1 baths, \$975. Great location. Cat welcome. Pool, laundry, parking. Free Wi-Fi. 8413-8427 Broadway. 619-462-6798. www.sdaptbrokers.com.

**LEMON GROVE.** Move in today! 2 bedroom, \$925/ month. 1 bedroom, \$725/ month. Quiet, clean, well-located complex. Credit check required. Leave message. 619-916-9187.

**LEMON GROVE.** Sundance Trailer Park. Trailer space rental, \$450 monthly. Trailer with space, \$650 monthly. Upgraded shower facilities available. New on-site coin laundry. Peaceful. Front- secured electric gate. Near trolley/ freeway. Lease. Deposit. No dogs; cats considered. Manager, 619-463-0902.

**LEMON GROVE.** 2 bedroom, 1 bath. Washer/ dryer. 2 parking spaces. Rent: \$1250. 7165 Central. Call Myra, 619-697-8458.

**LEMON GROVE.** \$1050. 2 bedroom, 1 bath. Large and comfy, new carpets, paint, no pets. Wonderful complex—quiet, clean, secure. 3267 Buena Vista Avenue. Rachael, 619-804-1044, 619-713-1044.

**LEUCADIA.** \$1180 plus utilities. 1 bedroom, 1 bath apartment. Washer/ dryer. Off- street parking, patio area, good location. 1105 N. Vulcan. Leasing Unlimited, Lic#00976056, 760-436-7273.

**LINDA VISTA.** February move-in special: \$625-\$1095 rent. \$400-\$800 deposits! No pets. Studios (utilities included), 1, 2 and 3 bedrooms. 2249 Ulric Street. 858-565-6400.

**LINDA VISTA.** 2 bedroom, 1 baths for \$1045, \$1095, \$1145, \$1195. Deposit \$400. **Special \$500 off second month's rent. Additional special on February 20th!** 619-249-9585. Office at 7025 Eastman St. For more info and pictures go to www.sdvilleageapts.com.

**LINDA VISTA.** 1/2 off 1st! Charming 2 bedroom, 1 bath, \$1250. 2-car garage, separate entrance, breakfast nook, washer/ dryer hookups! Near all! 2057 Drescher Street. 619-804-3325.

**LINDA VISTA.** 3 bedroom, 1 bathroom. Upstairs. Near USD. \$1550/ month. 5605 Mildred Street. More Property Management. 858-514-8201.

**LINDA VISTA.** \$1100. Close in. Ground floor of duplex. 1 bedroom. Private yard and parking. Includes all utilities. 858-514-7852.

**LINDA VISTA/ USD.** 2 bedroom, 2 bath upstairs. Fireplace, dishwasher, double garage. Gated complex, on-site laundry. \$1500. 5530 Riley Street #5. More Property Management, 858-514-8201.

**LITTLE ITALY.** Large 2 bedroom, 1 bath apartment, \$1395. New kitchen/ appliances, granite countertops, new bathroom, washer/ dryer, backyard, storage. 535 W. Juniper Street. 619-952-7056.

**LOGAN HEIGHTS.** \$800. 1 bedroom, 1 bath. Reduced move-in. Newly remodeled duplex downstairs. Sorry, no pets. Section 8 OK. 3144 National Avenue. www.sdforrent.com. 619-640-7530.

**MIRA MESA/ SORRENTO VALLEY.** \$1600. Reduced move-in. 2 bedroom, 2 bath condo with loft. Off- street parking. Pool. 11535 Caminito La Bar #64. www.sdforrent.com. 619-640-7530.

**MISSION BAY.** 1 bedroom penthouse, bright/ modern, bayfront. All amenities: pool, sauna, Jacuzzi, gym, barbecue, parking. Available now. \$1550, first/ last month, plus \$1550 deposit. 619-957-5297.

**MISSION BAY/ BAY PARK.** Pristine 1 bedroom for \$845 and 2 bedroom for \$1095 in Bay Park's best maintained property with beautiful courtyard and sparkling pool. Perfect Mission Bay location with easy access to Pacific Beach and freeway. No pets. 2520 Chicago Street. TPPM, 619-405-7200, www.debonairapts.com.

**MISSION BEACH.** Duplex, 1 bedroom. Garage. \$1175. New stove, refrigerator, carpet, paint and wall heater. 808 Nahant. 858-488-7117.

**MISSION BEACH.** 1 bedroom upstairs. Quiet bay side. Parking. \$1375/ month. 1-year lease. No smoking, no pets. 809 Venice Court. More Property Management. 858-514-8201.

**MISSION BEACH.** \$995. Nice 1 bedroom apartment, upstairs. Newer carpet, ceramic tile. Steps to beach. 725 Queenstown Court #B. Available 2/ 20/2010. Gas/ water paid. 858-689-0602.

**MISSION BEACH/ SOUTH.** \$895. Cute studio, Murphy bed, parking, utilities paid, year round. Steps to beach. 2826 Mission Boulevard. No pets. 858-488-5463, 858-488-0690.

**MISSION BEACH/ SOUTH.** \$995. 1 bedroom, downstairs. Stove, refrigerator, shared courtyard. Coin laundry. Close to beach and bay. Cat OK with extra deposit. Available 2/16/ 10. 725-1/2 Ensenada Court. Del Sol Property Management, www.delsolpm.com. Broker, 858-270-2071.

**MISSION HILLS.** 1/2 off first month's rent. Available for immediate move-in. From \$1150. 2 bedroom, 1 bath. All appliances, parking garage. Canyon view, balcony/ patio, on-site laundry. No smoking, no pets. Quiet. 619-298-6436.

**MISSION HILLS.** Immaculate 1 bedroom apartment in very private, quiet, view 4-plex. Laundry, parking. No pet/ smoke. \$890. 619-299-0384 or 760-789-0981.

**MISSION HILLS.** \$1575. Spacious 2 bedroom, 2 bath. Top floor, security building, fireplace, balcony, skylights, washer/ dryer in unit, new stainless appliances. 917 Torrance. 619-246-8393.

**MISSION HILLS.** 2 bedroom, 1 bath. Garage, on-site laundry, cat OK. Rent: \$1200. 723-735 Torrance Street. Call Mike, 858-490-1600.

**MISSION HILLS.** \$825. 1 bedroom, 1 bath apartment. Pool- side. 1 parking. No pets. 1767 Torrance Street #102. 858-483-3534. www.cal-prop.com.

**MISSION HILLS.** 1682 Putterbaugh. \$1300. 2 bedroom, 1 bath, parking, laundry, microwave. Close to all. No pets. 619-200-1657 or www.bkbinc.com.

**MISSION HILLS.** \$1245. 2 bedroom, 2 bath apartment. Top- floor corner unit with spectacular views of San Diego Bay and Downtown. 1 parking space. No pets. 1767 Torrance Street #314. 858-483-3534. www.cal-prop.com.

**MISSION HILLS.** \$1350. 2 bedroom, 2 bath apartment. Balcony, 1 parking, spacious soundproof windows, coin laundry. No pets. 3737 Keating Street #2. www.cal-prop.com. 858-483-3534.

**MISSION HILLS/ HILLCREST.** 2 bedroom, 2 bath, \$1525. Move-in special. Recently remodeled. Pool, barbecue, dishwasher, on-site laundry, covered parking. No pets. EOH. 619-299-8746.

**MISSION HILLS/ HILLCREST.** \$775 rent, \$700 deposit OAC. Large studio, new carpet, parking space, laundry, no pets at 4030 Front Street #13. Agent, 619-299-8515.

**MISSION VALLEY.** \$1100. 1 bedroom, 1 bath condo on second floor. Reduced move-in. Dishwasher, laundry on site. 1 off- street parking space. Section 8 OK. www.sdforrent.com. 619-640-7530.

**MISSION VALLEY.** \$1850. 2 bedroom, 2 bath condo. Parking available. Washer/ dryer in unit. Available now. 8211 Station Village Drive #1311. www.stevenleproperties.com. 619-295-1161.

**MISSION VALLEY.** \$1600. 2 bedroom, 2 bath furnished condo with private patio. Parking available. Available now. 5605 Friars Road #279. www.stevenleproperties.com. 619-295-1161.

**MISSION VALLEY.** \$1150. 1 bedroom, 1 bath condo. 1 parking, air conditioning, granite counters, marble floors, balcony. Complex has pool and spa. No pets. 10737 San Diego Mission Road #312. 858-483-3534. www.cal-prop.com.

**MISSION VALLEY.** \$925. Large 1 bedroom condo. No pets. Parking. New carpet/ paint. Dishwasher. Balcony. Clean. Nice. Pool. Gym. 1621 Hotel Circle South, #E111. 619-275-3455.

**MISSION VALLEY/ EAST.** \$850 Spacious one bedroom downstairs unit. Spotless with huge Move-in Special! Pool, parking, laundry on-site. No pets. 4550 Vandever. Manager, 619-282-8000.

**MISSION VALLEY/ FASHION VALLEY.** \$1395. 1 bedroom, 1 bath. Large, renovated. Walk-in closet, appliances, A/C. Security. Parking. Patio. Laundry in unit. Near 163/8. Dmiller6241@att.net. 619-606-2043.

**MISSION VALLEY/MISSION RIDGE.** \$1250. Light and airy 1 bedroom, 1.5 bath, 868 square feet. Tree and sky view. Air conditioning, balcony, entry hall, fireplace, appliances. Elevator, laundry facility. Carport plus one space. Beautiful gardens, clubhouse, gym, lighted tennis, heated pool. No pets/ smoking. Available March 10. 10250 Caminito Cuervo, #11. Agent: 858-395-7237, jansjag@aol.com.

**MISSION VALLEY/ USD.** 2 master bedrooms, \$1550 (includes water). New appliances. Dishwasher. Remodel, washer/ dryer in unit, panoramic views, 2 parking, hardwoods, private patio. Pets OK. Available now. \$150 off first month! 858-353-6878.

**MISSION VALLEY/ WEST/ USD.** From \$695. Unique, nicely upgraded studios. Near trolley. 3-month leases, monthly thereafter. High ceilings. Gated. Landscaped courtyard/ sun deck. http:// www.info101.net. 619-297-3000.

**NATIONAL CITY.** Move-In Special: \$200 off first month! 1 bedroom apartment, \$825/ month. Newly renovated. Gated community. Laundry on site. Available now. No pets. Hilltop Villas, 315 East 30th Street. Call 619-477-7442. www.melroyproperties.com.

**NATIONAL CITY.** Move-In Special: \$99 off first month's rent! Studio, \$650/ month. Deposit \$650. 1 bedroom \$830, deposit \$830. Parking space. Water paid. 116 Palm. 619-474-4441.

**NATIONAL CITY. \$775/ month. 1 bedroom, fully furnished. Low \$150 deposit. No SDG&E deposit or hookup is required. 624 East 24th Street. Office open daily. Call 619-474-3787.**

**NORMAL HEIGHTS.** \$1425. North of Adams. 3 bedroom, 2 bath. Garage, patio, newer secure building, parking, on-site laundry, appliances, new paint/ carpet. Cats OK (no dogs). 4743 Hawley Boulevard. Available 3/1. 760-796-7685.

**NORMAL HEIGHTS.** \$1200. 3 bedroom, 2 bath upstairs 4-plex. Like new! Gorgeous new kitchen! All appliances. Laundry, 2 parking spaces. 4481 36th. No pets. 619-286-3400.

**NORMAL HEIGHTS.** Studio apartment. Newly remodeled. 400 square feet. Rent: \$695. 3235 Collier Avenue. Call Mike: 619-640-8834 or 858-490-1600.

**NORMAL HEIGHTS.** \$850. 1 bedroom, 1 bath. \$500 off 1st month's rent! Parking, laundry, gated. Quiet complex. Available now. 4511 35th Street #6. www.amgsd.com. 619-295-1165.

**NORMAL HEIGHTS.** \$775. 1 bedroom, 1 bath apartment. Coin- operated laundry. Available now. 4669 Cherokee Avenue #F. www.stevenleproperties.com. 619-295-1161.

**NORMAL HEIGHTS.** \$925. 2 bedroom apartment. Fresh paint. Laundry facilities. Parking space. 4525 34th Street. Shore Management. Call manager, 619-280-1334, shoremgmt.com.

**NORMAL HEIGHTS.** 1/2 off first! 1 bedroom, 1 bath, \$775. Walk-in closet, A/C, ceiling fans, appliances, laundry, off- street parking, near all. 4625 35th Street #13. 619-804-3325.

## AUTOMOTIVE

### Pacific Beach 92109

Free broke inspection with any service!

### Oil Change Special '14<sup>95</sup>

Most 4-cyl. cars. Includes new oil filter, EPA, up to 5 qts. oil.  
6-cyl. & 8-cyl. extra, some oil filters extra.

### Smog Check '19<sup>75</sup>

+\$8.25 certificate +\$2 ET.  
Most cars. Bring DMV notice. Extra \$6 for vans, SUVs, trucks, V8, and European.  
(Model years 1976-1995 \$10 extra for Evap test.) RVs: call for details.

### A/C Service '20

Plus Freon. Call for details.

### Basic Tune-Up

with oil change  
4-cyl. **\$35** 6-cyl. **\$39<sup>95</sup>** 8-cyl. **\$49<sup>95</sup>**  
Most cars. Includes new plugs and oil filter. Inspect cap, rotor wire, air filter. Some oil filters extra. Some cars labor extra. Platinum plugs extra.

### 60K/90K/120K Services

4-cyl. from **\$149<sup>95</sup>**  
6-cyl. and 8-cyl. extra. Platinum plugs extra.  
Call for details.

### FREE

**Failed Smog and "Check Engine" Light Diagnostic**  
with onsite repair.

**Chris's Auto Smog & Repair Center**  
2920 Damon Ave. #C & D  
(Behind In-N-Out Burger)  
**858-270-1888**

Must present coupon at time of service.  
Not to be combined with any other offer.  
Expires 3/4/10.

### Remanufactured

# Engines

1-year warranty

From  
**\$1599**  
installed

## JACOBS ENGINES

938 Coolidge Ave. (Off I-5)  
National City • 619-474-2556



MEMBER  
SANTO DOMINGO

Since 1974

**SMOG CHECK**  
**\$15<sup>95</sup>**  
Most cars.

Free retest when we do repair.  
Plus \$8.25 certificate and \$1.50 transfer fee.  
1995 & older, \$15 for evap test. Vans, trucks & European cars extra. Cash only.  
Must present DMV renewal notice.  
\*All prices plus tax. With this ad. Exp. 3/92/10.

### OIL CHANGE \$23<sup>95</sup>\*

Most cars. Includes up to 5 qts. and new filter. Cash only.

### BASIC TUNE-UP

4-cyl. **\$25/6-cyl. \$35/8-cyl. \$45<sup>95</sup>**  
Includes spark plugs. Additional parts extra. Most cars.

### TIMING BELT SPECIAL \$95<sup>95</sup>

Includes parts & labor. Most 4-cyl. cars. 1995 and older. Dual overhead cam extra.

### BRAKES...\$10 OFF

Front & rear. Turn rotors, drums, new pads, lining. Most cars, 4WD extra.

### STEVE AUTO REPAIR

1370 Garnet Ave. • Pacific Beach  
**(858) 274-1195**



## mobile window tinting

Competitive prices.  
Lifetime guarantee.  
18 years' experience.

We come to your home or office.

619-892-2263





**NORMAL HEIGHTS.** 1 and 3 bedrooms starting at \$775. All appliances plus A/ C, laminate flooring, balcony, laundry, off- street parking. No petse. 4389 39th Street. 619-804-3325.

**NORMAL HEIGHTS.** 1 bedroom, 1 bath ground- floor condo. Walk to shopping, restaurants. Washer/ dryer, central air/ heat, parking, fenced patio. \$1100 rent, deposit. 619-299-6381.

**NORMAL HEIGHTS.** First month free! Extra large 2 bedroom, 1-1/2 bath, \$1025. Large kitchen, walk-in closet, stove, refrigerator, laundry, parking. Pets OK. 4609 Bancroft #2. 619-804-3325.

**NORMAL HEIGHTS.** 2- story, 2 bedroom, 2.5 baths, \$1195. All appliances, central air conditioning and heater, balcony, 1- car garage, fenced yard, laundry. 4627 34th Street. 619-804-3325.

**NORMAL HEIGHTS.** 2 bedroom, 2 bath apartment, \$1125. Laundry. Parking. No pets. 4840 West Mountain View Drive. More Property Management, 858-514-8201.

**NORMAL HEIGHTS.** 2 bedroom, 1 bathroom. Move- In Special! Upstairs unit with new carpet, laundry and parking. \$995 rent. 4640 Wilson Avenue #3. Call 858-514-8201.

**NORMAL HEIGHTS.** Large 1 bedroom, 1 bath, \$825. Appliances, off- street parking and storage, footsteps from library and post office. 3746 31st Street. 619-804-3325.

**NORMAL HEIGHTS/ TALMADGE.** Unique 1 bedrooms, newly redecorated, new paint and flooring, appliances. Walk to college. All amenities, controlled entry, parking, laundry on premises. Park- like setting. Fine residential area near all. 4546 52nd Street, \$850, 619-287-1996 or 619-461-9415. 4631 Idaho Street, \$800, 619-697-3993.

**NORTH PARK.** 1 bedroom, 1 bath apartment, \$850. Newer carpet/ flooring. Freshly painted. Gas/ water paid. Pool. Gated, quiet, no pets, on-site laundry. 619-281-1714.

**NORTH PARK.** \$650- Attached attic studio with divided sleeping area, private entrance. \$1300- 2 bedroom, 1 bath house, newly remodeled. Laundry hookups. Charming; new carpet. 3568 Nile St. 619-260-0752.

**NORTH PARK.** \$995/ month. Excellent location, near library. Remodeled 2 bedroom, 1 bath. No pets. Laundry and parking. Available now. 3738 31st Street. 619-887-8786.

**NORTH PARK.** \$800. 1 bedroom, 1 bath. \$300 off first month rent OAC. Lower unit in small, quiet complex with parking. Available now. 4177 Illinois Street #2. www.cethron.com. 619-295-1100.

**NORTH PARK.** \$795. 1 bedroom, 1 bath. Nice unit. Parking, laundry. Available 2/20. 4333 Mississippi Street #6. www.amgsd.com. 619-295-1165.

**NORTH PARK.** \$750. 1 bedroom, 1 bath. Walking distance to transportation, shopping, groceries, cafe, and parks. Available 3/1. 4228 Hamilton Street #B. www.amgsd.com. 619-295-1165.

**NORTH PARK.** Small studio with kitchen and bath. Hardwood floors and tile. Bright. Parking spot. Washer/ dryer on site. Cats OK. \$599, \$599 deposit. www.innorenterprises.com. 858-245-9909.

**NORTH PARK.** Spacious 2- bedroom, 2- bath. \$1400. Remodeled unit. Wood floors throughout, stainless steel appliances. Pool, gated community. 619-756-7645. www.sdaptbrokers.com.

**NORTH PARK.** \$950. 2 bedroom, 1 bath apartment. 1 parking. Balcony, coin laundry, wall air conditioning. No pets. 4328 Louisiana Street #4. 858-483-3534. www.cal-prop.com.

**NORTH PARK.** 1 bedroom, 1 bath apartment. \$750. Water sewer, trash included, laundry room, downstairs. Month to month. 4019 Utah Street #2. People Helping Others Property Management, 619-282-5400; peoplehelpingothers.com.

**NORTH PARK.** \$895. 1 bedroom downstairs condo in canyon at end of

Robinson near Florida. Stove, refrigerator, dishwasher, microwave. Shared Jacuzzi and deck, air conditioning, parking. Available now. 2044 Robinson. Pacific Isle Property Management. 858-270-2071.

**NORTH PARK.** \$895. 1 bedroom, upstairs in 4- unit property. Stove, refrigerator, garage, deck. Small pet OK with extra deposit. Available 3/19/10. 4046 Oregon. Del Sol Property Management, Broker, 858-270-2071. www.delsolpm.com.

**NORTH PARK.** \$850. 1 bedroom, large, downstairs, front. Stove, refrigerator, air conditioning, coin laundry, parking, easy freeway access. Cat OK with extra \$300 deposit. Available 3/1/10. 4152 Utah Street. Del Sol Property Management, www.delsolpm.com. Broker, 858-270-2071.

**NORTH PARK.** 1 bedroom, 1 bath, \$995. Stove, refrigerator, hardwood floors, laundry room, garage. Near Morley Field. No pets. 3583 Persian Avenue. Agent, 619-232-6811.

**NORTH PARK.** 1 month free! Completely remodeled 1 bedroom, 1 bath, \$795. New appliances, cabinets, wood floors, paint and blinds, laundry. Section 8 OK. 4213 Kansas Street #3. 619-804-3325.

**NORTH PARK.** Ask about February move- in special! \$750/ month. Available immediately. Very nice 1- bedroom apartment in small (25- unit) complex. Quiet and secure. Many longtime residents in this complex— we insist on quiet and security. Gated. Manager on site. Laundry on site. Assigned off- street parking. Near public transit. Near freeways. Retail outlets and stores and variety of eateries within walking distance. Call 619-818-8414.

**NORTH PARK.** Ask about February move- in special! \$750/ month. Available immediately. **Wheelchair accessible.** Very nice 1- bedroom apartment in small (25- unit) complex. Quiet and secure. Many longtime residents in this complex— we insist on quiet and security. Gated. Manager on site. Laundry on site. Assigned off- street parking. Near public transit. Near freeways. Retail outlets and stores and variety of eateries within walking distance. Call 619-818-8414.

**NORTH PARK.** 2nd floor, 1 bedroom, central location, walk to bus and shops. Gas stove, on-site laundry, includes garage with extra storage space. \$875. 4124 Texas Street. 619-296-6699. www.centrecity.net.

**NORTH PARK.** \$1800. 2 bedroom, 2 bath fully furnished, upgraded condo. 3- 6 month lease max. Upper unit, washer and dryer, balcony, parking, A/C, fireplace. Cat OK. 4036 Utah Street #7. Agent, 858-560-1178.

**NORTH PARK.** Move- in special: One full month's rent free! 1 bedroom, 1 bath, \$695. Upper and lower units, senior or disabled citizens complex, gated. \$300 deposit. 4086 Swift Avenue. Agent, 619-501-7790.

**NORTH PARK.** \$750. Remodeled, large studio apartment. Parking. No pets. Gated. Appliances. New carpet/ paint. Balcony. Walk-in closet. Laundry. 3909 Florida Street. 619-275-3455.

**NORTH PARK.** \$790. 1 bedroom, 1 bath apartment. Fireplace, private patio, on-site laundry, off- street parking. Quiet neighborhood. Gated building. 3674 Nile Street. San Diego, CA 92104. No pets. 619-284-3324.

**NORTH PARK.** \$950 rent, \$800 deposit OAC. 2 bedroom, 2 bath triplex, laundry, no pets, at 3640 Bancroft Street #101. Agent, 619-299-8515.

**NORTH PARK.** \$750 rent, \$700 deposit OAC. Large 1 bedroom, parking space, laundry, no pets, at 4178 Kansas Street #8 or #11. Agent, 619-299-8515.

**NORTH PARK.** \$750 rent, \$700 deposit OAC. 1 bedroom detached cottage, parking space, no pets, at 3986 or 3988-1/2 Kansas Street. Agent, 619-299-8515.

**NORTH PARK.** \$950 rent, \$800 deposit OAC. 2 bedroom, 2 bath. Laundry, parking, no pets, at 4222 Alabama Street #17. Agent, 619-299-8515.

**NORTH PARK/ NORMAL HEIGHTS.** \$950 rent, \$800 deposit OAC. Upper 2 bedroom, 1 bath fourplex, new carpet, parking space, laundry room, no pets at 4541 Hamilton Street #4. Agent, 619-299-8515.

**OCEAN BEACH.** \$300 off 1st month's rent! No application fee. Blocks to the beach! 1 bedroom, \$950. Clean. Parking. Laundry. No pets. Includes water/ trash. Seacoast Apartments, 5030 Lotus. Call Doris, 619-204-1651, 619-224-0759.

**OCEAN BEACH.** Beautiful beachfront view! Studio, \$995; 1 bedroom, \$1100- \$1350. 2 bedroom, \$1500- \$1700. Some with great ocean views! Serene, security, garden buildings. Hardwood floors, ceramic tile, laundry. Garages available. Pets considered. For address and availability, call 619-224-1748. For applications, call 619-501-5553.

**OCEAN BEACH.** \$725. Studio, mile from beach in quiet tropical setting. Laundry. Available immediately. 4166- 68 Udall St #2. 619-222-9308.

**OCEAN BEACH.** Studio apartment. 1 block from ocean. 400 square feet. Basic utilities included. Rent: \$750. 2126 Abbott. Call Mike, 858-490-1600.

**OCEAN BEACH.** \$1395. 2 bedroom, 2 bath. Private patio with ocean bay view. Dishwasher, trash compactor, off- street parking. Year lease. No pets. 619-540-0462. 619-225-2372. 619-807-7277.

**OCEAN BEACH.** \$1395. 2 bedroom, 1- 3/4 bath. Stove, refrigerator, laundry room, parking. Close to beach. No pets. 5077 Cape May Avenue #5. Agent, 619-232-6811.

**OCEAN BEACH.** \$1025. 1 bedroom, 1 bath, downstairs, attached cottage! Block to beach! On-site laundry! Pet on approval! 5067 Brighton Ave. Call 619-222-4836x14. www.liveatthebeachnow.com.

**OCEAN BEACH.** \$950. 1 bedroom, 1 bath downstairs attached cottage on beach! On-site parking and laundry! No pets. 5115 Saratoga Ave. Call 619-222-4836x14. www.liveatthebeachnow.com.

**OCEAN BEACH.** \$825. Large downstairs studio available! On the beach! Parking and laundry! No pets. 1984 Abbott St. Call 619-222-4836x14. www.liveatthebeachnow.com.

**OCEAN BEACH.** \$1175. 2 bedroom, 1 bath, downstairs, with laundry facility! Blocks to beach! No pets. 4820 Muir Ave. Call 619-222-4836x14. www.liveatthebeachnow.com.

**OCEAN BEACH.** \$995. Large downstairs studio with tile floors throughout! Steps to sand! Ocean view! Includes utilities! Parking! No pets. 5064 Niagara Ave, Apt. B. Call 619-

222-4836x14. www.liveatthebeachnow.com.

**OCEAN BEACH.** \$1250. 2 bedroom, 2 bath, upstairs and downstairs units available, with patio! Laundry facility! Dishwasher! Minutes to the beach! No pets. 4241 Voltaire St. #3; 4231 Voltaire St. #1. Call 619-222-4836x14. www.liveatthebeachnow.com.

**OCEAN BEACH.** \$1350. 2 bedroom, 2 bath, large downstairs unit. Laundry, blocks to the beach! No pets. 4965 Muir Ave. #3. Call 619-222-4836x14. www.liveatthebeachnow.com.

**OCEAN BEACH.** \$1295. 2 bedroom, 1 bath. Large downstairs apartment. Laundry on site, parking, and dishwasher! No pets. 4836 Cape May Ave. #4. Call 619-222-4836x14. www.liveatthebeachnow.com.

**OCEAN BEACH.** \$1295. 3 bedroom, 3 bath, downstairs, 2- story townhome with fireplace, dishwasher, washer/ dryer in unit! Parking! No pets. 2231 Mendocino Blvd, Apt. A. Call 619-222-4836x14. www.liveatthebeachnow.com.

**OCEAN BEACH.** \$725. Great studio with eat-in kitchen two blocks to beach and one block to Newport Avenue, laundry, no pets. 4960 Santa Monica Avenue. TPPM, 619-224-2110. www.torreypinespm.com.

**OCEAN BEACH.** From \$925. Super clean 1 bedrooms in well-maintained, small, gated complex. One block to Ocean Beach People's Food Co-op. Parking, laundry. No pets. 4649 Voltaire Street. TPPM, 619-225-2304. www.torreypinespm.com.

**OCEAN BEACH/ Sunset Cliffs.** \$1395. 2 bedroom, 1 bath. Stove, refrigerator, dishwasher, laundry room, parking. No pets. 4736 Point Loma Avenue #9. Agent, 619-232-6811.

**OCEANSIDE.** \$800. Newly remodeled studio near beach with private backyard, nice kitchen, full bath, covered/ gated parking, on-site laundry. Walking distance to Sprinter train. 760-658-3142.

**OCEANSIDE.** Large 2 bedrooms, \$1150/ month, west of Interstate 5, just 8 blocks to beach, in vibrant downtown village. Beautiful, remodeled units. 508 North Nevada Street. See photos at www.wexfordliving.com. Call 760-433-8810.

**OCEANSIDE.** Special rate, ends February 19! Studios- \$805. 1 bedroom- \$925. Upgraded, spacious, quiet, pool, laundry, gated parking. Close to shops, transportation, and beaches. Indoor cat OK. 760-722-6421. www.westwoodvillageapartments.com.

**OCEANSIDE.** \$1075- \$1095. 1 bedroom apartments. New remodeled interior. Granite countertops, wood floors, yard. Pool, spa, laundry, gated parking. Cat OK. www.casavistaapartments.com. 760-439-5728.

**PACIFIC BEACH.** \$1200. 1- bedroom, 1- bath luxury condo at The Plaza. Second floor. Carpet/ paint. Lushly landscaped. Laundry. Microwave. Dishwasher. Pools. 2 Parking. Tennis. Billiards. Health club. Sauna. 24- hour security. Available now. No pets. 1801 Diamond Street. 619-888-6604.

**PACIFIC BEACH.** \$1495. 2 bedroom, 2 bath apartment. Centrally located. Clean/ quiet. 950 square feet. New paint/ carpet. 2 parking. Laundry. Nonsmoker. 858-272-7616/ 619-379-3771.

**PACIFIC BEACH.** \$950/ month. 1 bedroom, 700 square feet, 1846 Oliver Avenue. Near Mission Bay, 1st- floor units, no pets, off- street parking, laundry facility, month- to- month rental. Photos on our website: http://www.freewebs.com/ lefrontenac/. Contact "on-site manager": lefrontenac@inbox.com or 858-272-2825.

**PACIFIC BEACH.** \$1495. Special! 2 bedroom, 1 bath. Near beach! Dishwasher, coin laundry. Barbecue, courtyard. Water/ trash included. No pets. \$1000 deposit. 1063-1/2 Homblend. 858-336-7997.

**PACIFIC BEACH.** 2 bedroom, 1 bath 1-1/2 blocks to beach. Bright, clean. On-site laundry. No pets. \$1525. 858-273-3233.

**PACIFIC BEACH.** Great values. Nice, clean, convenient apartments in multiple Pacific Beach locations. Studios from \$975. 1 bedrooms from \$915. 2 bedrooms from \$1335. Parking, laundry. Some buildings with gated entry, pool and/ or deck. No pets. 858-483-3796.

**PACIFIC BEACH.** \$1250, 1 bedroom. \$1450 and \$1575, 2 bedrooms, 1 and 2 baths. Intercom entry. Bright and clean. Dishwasher. Laundry. Lovely courtyard, heated pool, parking. Cat OK. 858-272-4398.

**PACIFIC BEACH.** Studios, \$895. 1 bedrooms, \$1195. 2 bedrooms, \$1695. \$0 deposit. OAC. Olympic- size pool, spas, basketball, tennis with pros, clubhouse, laundries, movie night, cats welcome, Saturday continental breakfast, business

center. Bay Pointe Apartments, 3866 Ingraham, Pacific Beach. Toll- free: 1-888-451-8713. baypointe@progressmanagement.net; www.baypointeapartmenthomes.com.

**PACIFIC BEACH.** Studio, \$825. Large, quiet unit with private patio. Utilities included. Sundeck. Easy access to I-5. 2176 Thomas Avenue. 858-270-0929.

**PACIFIC BEACH.** 1 bedroom, 1 bath. Downstairs, on-site laundry, shared garage. \$1000. 2128 Thomas Avenue. 858-490-1600.

**PACIFIC BEACH.** 3 bedroom, 2.5 bath condo. Dishwasher, washer/ dryer hookups, microwave, 1 parking space. Rent: \$2150. 2027 Emerald Street. Call Mike, 858-490-1600.

**PACIFIC BEACH.** Studio apartment, 400 square feet. Parking close to the point. \$750. 4006 Ingraham Street. Call Mike, 858-490-1600.

**PACIFIC BEACH.** Call about move- in special! 3 bedroom, 2 bath. Close to beach. Washer/ dryer. Fireplace. Patio. Sorry, no pets. 1420 Reed Avenue. Call Agent, 619-582-4119.

**PACIFIC BEACH.** \$1395. Sunny 2 bedroom duplex, private garage, appliances. Beautiful hardwood floors. Close to bay and freeway access. 3959 Haines Street. Available now. 858-272-9547.

**PACIFIC BEACH.** \$875, plus \$850. Huge 1 bedroom. Parking, laundry. Water/ gardener. No dogs. 2130 Grand #2. Open house 2/21, 10:30-11:30am. Available now. 619-224-7583.

**PACIFIC BEACH.** \$795, \$795 deposit. Huge studio. Ocean view. Laundry. New carpet. No dogs. 2130 Grand Avenue. #5. Open House 2/21, 10:30am-11:30pm. Available now. 619-224-7583.

**PACIFIC BEACH.** \$2495. 3 bedroom, 2.5 bath townhouse. Off- street parking, fireplace, washer/ dryer, patio. No pets. 1030 Agate #2. 963 Loring #1 and #2. Year lease. 619-807-7277, 858-488-4919.

**PACIFIC BEACH.** 2 bedroom, 1 bath cottage. \$1100 rent. Close to all. Laundry, parking, no pets. 4115 Ingraham Street. 858-270-4674.

**PACIFIC BEACH.** \$2095. 3 bedroom, 2.5 bath condo. 2 underground parking. All new and modern. Stylish granite counters, stainless steel appliances, air conditioning, washer/ dryer. 3509 Del Rey Street #207. www.cal-prop.com. 858-483-3534.

**PACIFIC BEACH.** \$820. Studio bedroom, 1 bathroom apartment. 1 underground parking, gated community, full kitchen, spacious studio. No pets. 1845 Homblend Street #23. 858-483-3534. www.cal-prop.com.

## AUTOMOTIVE

# Window Tint

with warranty

Any Shade  
Up to Rear 5  
windows

\$99

Tint Removal \$29  
from

Car  
Alarm

\$98

- Installed
- 2 Remotes
- Starter Kill
- Shock Sensor
- LED
- Door Protection

## STEREO OUTLET

2707 Garnet Ave. • 858-581-2294 (Next to Chase Bank) • Open 7 Days

## Transmissions Rebuilt

Foreign & domestic



- 2-year warranty • Unlimited miles
- Free tow & rental with major job
- Free diagnostic
- Used transmissions available

## Ruffner Transmissions

4645 Ruffner St., Kearny Mesa  
858-874-2571

# engines

Rebuilt. 3-year/36,000-mile warranty. Plus installation. \$900 and up

# transmissions

Rebuilt. 3-year/36,000-mile warranty. Most cars. \$700

## FREE TOWING and ESTIMATES

SUNRISE AUTO • 5909 Mission Gorge Road  
619.624.0442

## SMOG CHECK

Including Test Only & Repair

\$19.95

Plus \$8.25 for certificate and \$2.50 communication fee. Most cars. Trucks, vans & SUVs \$5 extra. '95 and older add \$10 for evap. test. No appt. necessary.

## ADAMS IMPORT

Mon.-Fri. 8 am-5 pm  
3166 Adams Avenue  
(next to 8 & 805)

619-282-5555

With ad. Expires 3/18/10.

www.adamsimport.com



**PACIFIC BEACH.** \$1125. 1 bed, 1 bath, remodeled apartment. Hardwood floors. Patio. Parking. 4329 Morrell Street. Xilarent.com. 619-683-7638.

**PACIFIC BEACH.** \$950. 1 bedroom, 1 bath apartment. Ground floor, 1 parking space. Convenient to Mission Bay/ Pacific Beach shopping, beaches, nightlife. No pets. 2112 Balboa Avenue #2. 858-483-3534. www.cal-prop.com.

**PACIFIC BEACH.** \$1795. Large townhouse, 2 bedroom, 2 bath apartment. 2 parking. Only 2 short blocks to beach. Private patio, 915 Diamond Street #D. 858-483-3534. www.Cal-Prop.com.

**PACIFIC BEACH.** \$1895. 2 bedroom, 2 bathroom condo, 2 parking, steps to Sail Bay, very light and bright, balcony, pool, fireplace, washer and dryer in unit. 4016 Gresham Street #A2. 858-483-3534. www.cal-prop.com.

**PACIFIC BEACH. Live in Pacific Beach for Clairemont prices! 2 bedroom, 1 bath, downstairs. \$1150. 1 month free on approved credit with lease (must move in by 2/21/10 to qualify). Sorry, no pets allowed. Call Elaine, 760-402-8325.**

**PACIFIC BEACH.** \$1495. 2 bedroom, 1 bath apartment. 3 short blocks to beach. Remodeled kitchen, walk-in closet. No pets. 1044 Sapphire Street #8. 858-483-3534. www.cal-prop.com.

**PACIFIC BEACH.** \$925. 1 bedroom, 1 bath apartment. Charming, large upstairs unit. Quick access to freeway and short distance to the beach and bay. No pets. 2658 Figueroa. 858-483-3534. www.cal-prop.com.

**PACIFIC BEACH.** \$1595. 2 bedroom, 1 bath apartment. Upgraded interior, new cabinets, newer flooring. No pets. 1065 Missouri Street. 858-483-3534. www.cal-prop.com.

**PACIFIC BEACH.** \$1400. 2- bedroom, 1- bath. Hardwood floors, tile, carpet, granite countertops. Washer/ dryer, large yard, 2 off- street parkings. 2063 Felspar. 619-884-3399. jeffstorey1@aol.com.

**PACIFIC BEACH.** \$900/ month. 1- bedroom cottage. Enclosed yard, walk-in closet, optional 2- car garage for additional \$300/ month. 619-884-3399; jeffstorey1@aol.com.

**PACIFIC BEACH.** \$1075-\$1125. 1 bedroom, large, remodeled. Stove, refrigerator, microwave, dishwasher, elevator, coin laundry. Pool. Cat OK with extra deposit. Available now. 1433 Oliver. Del Sol Property Management, Broker. www.delsolpm.com. 858-270-2071.

**PACIFIC BEACH.** \$1195. 1 bedroom, end unit in triplex. Stove, refrigerator, coin laundry, garage with opener. Nice shared lawn area. Cat OK with extra deposit. Available now. 1362 Reed. Del Sol Property Management, Broker, www.delsolpm.com. 858-270-2071.

**PACIFIC BEACH.** \$1625. 2 bedroom, 2 bath. Stove, refrigerator, dishwasher, microwave, private balcony. Coin laundry, parking. Available 3/10/10. 1346 Pacific Beach Drive. Del Sol Property Management, www.delsolpm.com. Broker, 858-270-2071.

**PACIFIC BEACH.** \$2400. 3 bedroom, 2 bath. Stove, refrigerator, dishwasher, washer/ dryer in unit, fireplace, private balcony with bay view, entry system, shared garage, storage unit, top floor. Cat OK with extra deposit. Available now. 3907 Gresham. Del Sol Property Management, Broker. www.delsolpm.com. 858-270-2071.

**PACIFIC BEACH.** \$1495. 2 bedroom, 2 bath condominium. Fireplace, balcony. Pools, spa, tennis, gym, security. Walk to shopping. No pets. Shore Management, 858-274-3500, shoremgmt.com.

**PACIFIC BEACH.** \$1595. 3 bedroom, 1 bath apartment. 4 blocks to beach! New carpet. Gas appliances. Ceramic tile. 1213 Felspar Street. Shore Management, 858-274-3500, shoremgmt.com.

**PACIFIC BEACH.** \$1495. 2 bedroom, 1-1/2 bath townhome. Small yard. Storage. New paint. Gas appliances. Parking. No pets. Dawes Street. Shore Management, 858-274-3500, shoremgmt.com.

**PACIFIC BEACH.** 3 bedroom, 2 bath, \$2095. Stove, refrigerator, dishwasher, washer/ dryer, parking. No pets. 1119 Oliver Avenue #3. Agent, 619-232-6811.

**PACIFIC BEACH.** 1/2 off 1st! Extra large 3 bedroom, 2 bath, \$1995. Completely remodeled, washer/ dryer hookups, private yard. Near bay! 2054 Thomas Avenue. 619-804-3325

**PACIFIC BEACH.** \$1395. 2 bedroom, 1 bath. Stove, refrigerator, dishwasher, laundry room, parking, patio. No pets. 1735 Reed Avenue #9. Agent, 619-232-6811.

**PACIFIC BEACH.** 1/2 off 1st! Gated 1 bedroom, 1 bath, \$995. Appliances, on-site laundry, footsteps from ocean and Crystal Pier, near all! 4751 Mission Boulevard. 619-804-3325.

**PACIFIC BEACH.** 1/2 off 1st! Large 2 bedroom, 1 bath, \$1350. Near ocean and shopping. Spacious kitchen, ceiling fans, plenty of space! Pets negotiable. 4406 Dawes Street. 619-804-3325.

**PACIFIC BEACH.** \$1225. 1 bedroom. Completely remodeled. New paint, new carpet. One parking space. 3 blocks to beach. No pets. Available 2/15. 1156 Hornblend. 858-483-5111.

**PACIFIC BEACH.** \$2600. Clean, light, airy 3- bedroom, 3- bath townhouse. 2- car garage. Cathedral ceilings. Fireplace. Washer and dryer, patio, deck, no pets. 1539 Hornblend. Call Chris, 858-270-4492 x203.

**PACIFIC BEACH.** \$1050. 1 bedroom, 1 bath apartment. Upper level. Off- street parking. Laundry on site. No pets. 4451 Haines Street. Call Chris, 858-270-4492 x203.

**PACIFIC BEACH.** \$2500. 3- bedroom, 3- bath townhouse. 3- car garage. Fireplace, washer/ dryer, patio, deck. Clean, fresh paint. No pets. Available March. 1829 Grand Avenue. Call Chris, 858-270-4492 x203.

**PACIFIC BEACH.** \$1050. Large downstairs 1 bedroom plus den, 8 blocks to beach. Updated kitchen. Laundry close. Available March 1. Small pet negotiable. 1566 Hornblend (west of Inghram). 619-906-9550.

**PACIFIC BEACH.** \$2495. Large 3 bedroom, 3 bath townhouse in Crown Point area. 2- car garage plus large storage room. Fireplace. Washer/ dryer. No pets. Call Coldwell Banker Property Management, 858-488-2228.

**PACIFIC BEACH.** \$1275. Excellent 2- bedroom top/ third- floor corner unit with neighborhood views. Designer paint colors, pool, barbecue. Great value and location, steps to Vons Shopping Center. 1930 Emerald Street. TPPM, 619-206-8578. www.torreypinespm.com.

**PACIFIC BEACH.** \$895. 1 bedroom. Convenient location only a few blocks to Mission Bay and a short bike ride to the beach. 2009 Thomas Avenue. TPPM, 858-699-3851, www.torreypinespm.com.

**PACIFIC BEACH.** \$1250. 2 bedroom in attractive building with garden courtyard. Flexible lease terms. Perfect central location. Parking, laundry. **Open Saturday 2:30-3:30.** No pets. 1461 Missouri Street #5. TPPM, 858-699-3851. www.torreypinespm.com.

**PACIFIC BEACH.** Starting at \$845. 1 bedroom. Garden setting, easy access location. Pool, recreation room, no pets. **Move in special! 1/2 off first month's rent!** 2710 Grand Avenue. TPPM, 858-273-8657. www.torreypinespm.com.

**PACIFIC BEACH.** \$1500. Large 2 bedroom, 2 bath condo. 2 parking. No pets. Gated. Storage. New carpet/ paint. Dishwasher. Pool/ Jacuzzi. 4730 Noyes Street. 619-275-3455.

**PACIFIC BEACH.** February move- in special! Newly remodeled 700- square-foot 1 bedroom, 1 bath, \$995. Quiet. Ceiling fans, microwave, dishwasher, laundry, reserved parking. Building well maintained. No pets. Available now. 619-279-0031.

**PACIFIC BEACH.** Well- maintained 1 bedroom from \$875, and newly remodeled 2 bedroom, 1 bath, \$1195. Clean, quiet, parking, laundry, ceiling fans, pool. No pets. Available now. 619-279-0031.

**PACIFIC BEACH.** \$875. Spacious 1 bedroom, 1 parking space with balcony. Located in Pacific Woodlands West. 2609 Pico Place. TPPM, 858-699-3851, www.torreypinespm.com.

**PACIFIC BEACH.** \$1550. Senior building (ages 62+). Spacious 2 bedroom, 2 bath in controlled access building. Balcony, immaculate, elevator, washer/dryer, fireplace, secured parking. Some with ocean views. 1625 Chalcedony Street.

TPPM 619-806-5760. www.torreypinespm.com.

**PACIFIC BEACH/ CROWN POINT.** \$1285. 2 bedroom, 1 bath, large. Stove, refrigerator, dishwasher, microwave, coin laundry, shared courtyard, garage space. Cat OK with extra deposit. Available now. 3711 Inghram. Del Sol Property Management, Broker, www.delsolpm.com. 858-270-2071.

**PACIFIC BEACH/ CROWN POINT.** \$1495. 2 bedroom, 2 bath. Stove, refrigerator; large; upstairs; lots of closet space; balcony; garage space. Available now. 1768 Thomas. Del Sol Property Management, Broker, www.delsolpm.com. 858-270-2071.

**PACIFIC BEACH/ CROWN POINT.** \$700. Upstairs studio in small complex near Mission Bay Boardwalk. Must see! 1926 Fortuna Avenue. TPPM, 858-699-3851, www.torreypinespm.com.

**PACIFIC BEACH/ CROWN POINT.** \$1450. 2 bedroom, 2 bath in very nice property with pool. Fantastic location. One block to Sail Bay. 3773 Haines St. TPPM, 858-273-8657. www.torreypinespm.com.

**PACIFIC BEACH/ CROWN POINT.** \$1525. 2 bedroom, 1.5 bath townhome in the Heart of Crown Point, walk to Bay, custom interior colors, laundry, parking, and courtyard with shared barbecue. **Open Saturday 10:00-11:00.** 3710 Yosemite Street. TPPM, 858-699-3851, www.torreypinespm.com.

**PACIFIC BEACH/ CROWN POINT.** \$1495. Spacious 2 bedroom, 2 bath. Pool, parking. Close to Crown Point Shores. 3850-3860 Haines Street. TPPM, 858-272-9635, www.torreypinespm.com.

**PACIFIC BEACH/ CROWN POINT.** \$1325. Bright 2 bedroom, 1 bath corner unit. Half block to Sail Bay. Laundry, parking. 3809 Riviera Drive. TPPM, 858-699-3851, www.torreypinespm.com.

**PACIFIC BEACH/ LAW STREET BEACH.** \$1495. 2 bedroom, 1 bath in incredible beach location across from Law Street Beach. No pets. **Open Saturday 11:30-12:30.** 725 ½ Chalcedony St. TPPM, 858-699-3851, www.torreypinespm.com.

**PACIFIC BEACH/ MISSION BAY** \$2100. Must- see 2 bedroom in gorgeous Sail Bay front apartment. Remodeled unit with private patio looking out to Sail Bay sunsets. Coin laundry, 1 parking space. 3918 Gresham Street. TPPM, 858-699-3851. www.torreypinespm.com.

**PACIFIC BEACH/ NORTH.** \$1065. 1 bedroom, large downstairs, completely remodeled, stove, refrigerator, dishwasher, microwave, new carpet, shared courtyard, coin laundry, parking. Cat OK with extra deposit. Available now. 1546 Diamond. Del Sol Property Management, www.delsolpm.com. Broker, 858-270-2071.

**PACIFIC BEACH/ NORTH.** \$825. Studio with all utilities paid. Full kitchen with stove and refrigerator, coin laundry, 3 blocks to ocean. Cat OK with extra deposit. Available now. 5049 Cass Street. Del Sol Property Management, Broker. www.delsolpm.com. 858-270-2071.

**PACIFIC BEACH/ NORTH.** \$1365. 2 bedroom, 1 bath, large, upstairs in triplex behind 1852. Stove, refrigerator, dishwasher, fireplace, garage. Cat OK with extra deposit. Available now. 1854 Chalcedony. Del Sol Property Management, broker, www.delsolpm.com. 858-270-2071.

**PACIFIC BEACH/ NORTH.** \$1385. 2 bedroom, large, downstairs, stove, refrigerator, coin laundry. New carpet. Cat OK with extra deposit. 2-1/2 blocks to ocean. Available now. 959 Chalcedony. Del Sol Property Management, Broker, www.delsolpm.com. 858-270-2071.

**PACIFIC BEACH/ NORTH.** \$1395. 2 bedroom, 1 bath, large, upstairs front unit. Stove, refrigerator, private balcony, coin laundry, parking, 3 blocks to ocean. Available now. 1051 Diamond. Del Sol

Property Management, Broker, www.delsolpm.com. 858-270-2071.

**PACIFIC BEACH/ NORTH.** \$1185. 1 bedroom, large, remodeled, downstairs. Stove, refrigerator, dishwasher, microwave, coin laundry, pool. 2 blocks to ocean. Cat OK with extra deposit. Available now. 812 Tourmaline. Del Sol Property Management, www.delsolpm.com. 858-270-2071.

**PACIFIC BEACH/ NORTH.** \$1595. 2 bedroom, 2 bath, remodeled in 4- unit property. Refrigerator, dishwasher, coin laundry, pool. 2-1/2 blocks to ocean. Available now. 824 Tourmaline. 858-270-2071. Del Sol Property Management, Broker, www.delsolpm.com.

**PACIFIC BEACH/ NORTH.** \$1195. 1 bedroom, large, upstairs, remodeled. Stove, refrigerator, dishwasher, microwave, private balcony. Coin laundry, parking. Cat OK with extra deposit. Available 2/25/10. 950 Chalcedony. Del Sol Property Management, www.delsolpm.com. Broker, 858-270-2071.

**PACIFIC BEACH/ NORTH.** \$1150. 1 bedroom, duplex in quiet 4- plex. Private, fenced patio area. Stove, refrigerator, washer/ dryer, wood floors. Cat OK with extra deposit. Parking. Available 2/23/10. 1782 Diamond. Del Sol Property Management, www.delsolpm.com. Broker, 858-270-2071.

**PACIFIC BEACH/ NORTH.** \$1750. 3 bedroom, 2 bath. Stove, refrigerator, dishwasher, small garage plus parking space, 3 blocks to beach. 1- year lease. Available 3/13/10. Quiet 3- plex behind 1070. Coin laundry. 1072 Diamond. Del Sol Property Management, Broker, www.delsolpm.com. 858-270-2071.

**PACIFIC BEACH/ NORTH.** \$1500. A must see 2 bedroom, 2 bath unit with tons of light! Parking included. On-site laundromat. 935 Turquoise St. TPPM, 858-699-3851, www.torreypinespm.com.

**PACIFIC BEACH/ NORTH.** \$950. 1 bedroom in cottage- style triplex, walking distance to Tourmaline Surfing Beach. **Open Saturday 1:00-2:00.** 960 Opal Street. TPPM, 858-699-3851.

**PACIFIC BEACH/ NORTHWEST.** \$1650. 2 bedroom, 1 bath. Beach: 1/2 block. Beautiful, refurbished hardwood floors. Fresh paint. Driveway parking. Pet on approval. 818 Felspar. 858-483-9009.

**PACIFIC BEACH/ SAIL BAY.** \$2500. 3 bedroom, 2 bath condo. Italian tile, large deck, gated entry, 2 parking, heated pool. Fanuel Park, 1235 Parker. 619-286-3400.

**PACIFIC BEACH/ SAIL BAY.** \$1595. Large 2 bedroom townhouse, attractive interior, private patio. Small complex, parking (2 cars). Laundry, no pets. 2 blocks to bay. Available. 4073 Gresham. 858-274-7980.

**POINT LOMA** \$1250 year lease. Shorter term negotiable. 1 bedroom, 1 bath, resort- style condo complex. Fully furnished right down to silverware. Small dog. 3050 Rue D'orleans. 619-469-0031.

**POINT LOMA.** 1 bedroom, 1 bath in garden setting. Upstairs, laundry facilities, storage, small pet with deposit. Close to all. \$975 rent, \$1000 deposit. 619-222-2849.

**POINT LOMA.** 2 bedroom, 1 bath in a park- like setting. \$1050. Hardwood floors. Laundry. Parking. Close to all. 1715 Evergreen Street. No pets. 619-990-3083.

**POINT LOMA.** \$2250. 2+ bedroom, 2 bath condo. 2- car garage, granite counters, stainless appliances, washer/ dryer in unit, balcony. 3461 Spring Tide Terrace. 858-483-3534. www.cal-prop.com.

**POINT LOMA.** No deposit, on approved credit.\* 1 bedroom, 1 bath starting at \$960\*. Close to ocean. Off- street parking. Spa area, on-site laundry. Cats/ dogs 20 pounds OK. Water and trash included. \*Limited time offer, on approved credit, see manager for details. 2449 Soto Street, Apartment #102, San Diego, 92107. 619-224-1973. Or visit us on our website at www.sdrrenting.com.

**POINT LOMA.** \$1485. 2 bedroom, 1-1/2 bath townhouse. \$1555. 2 bedroom, 2

bath. Huge closets. New carpet, tile/ marble, patio, pool, saunas. No pets. 619-226-8158.

**POINT LOMA.** \$1050 rent, \$800 deposit OAC. 2 bedroom with garage, parking, laundry, near bay, no pets, at 2839 Shelter Island Drive. Agent, 619-299-8515.

**POINT LOMA/ OCEAN BEACH.** Move- in special! Large 1 bedrooms, \$950 plus \$950 deposit. Parking— one vehicle. Laundry. Cats negotiable. Near all. Available now. 619-523-3969.

**POINT LOMA/ OCEAN BEACH.** \$1399. 2 bedroom, 1 bath duplex, 1/2 block to ocean, washer/ dryer in back. Brand new kitchen. New paint. Ceramic tile. 619-957-1969; 619-334-8220.

**RANCHO BERNARDO.** \$1375. 2 bedroom, 2 bath condo. Immaculate downstairs unit with 2 parking spaces, washer/ dryer in unit, Pergo and slate flooring, fireplace, tennis courts, weight room and gym, 2 pools. No pets. 17161 Alva Road, #811. 858-483-3534. www.cal-prop.com.

**RANCHO BERNARDO.** \$1395. 2 bedroom, 1 bath condo. 2 parking, stainless appliances, granite counters, fireplace, mountain view. No pets. 15078 Avenida Venusto #197. 858-483-3534. www.cal-prop.com.

**RANCHO BERNARDO.** \$1375. 2 bedroom, 2 bath. Beautiful community with 2 pools, 2 fitness centers, 2 tennis courts. Condo has mountain view, fireplace, washer/ dryer included, and vaulted ceilings. 17161 Alva Road. 619-296-6699. www.centrecity.net.

**RANCHO PENASQUITOS.** \$1300. 2 bedroom, 1 bath condo. Spacious living room, washer/dryer hookups. Shared garage, community pool, new carpet. Sorry, no pets. Call 858-397-2351.

**RANCHO PENASQUITOS.** \$1795. 2 bedroom, 2 bath plus loft, 2- car attached garage, 2 balconies, washer and dryer in garage, community pool. 9332 Babauta Road #85. Agent, 858-560-1178.

**RANCHO SAN DIEGO.** \$1550. 2- bedroom, 2- bath condo, 1- car garage. 2 master bedrooms, washer/ dryer, 2 patios, fireplace, pool. Small pet OK. 3629 Avocado Village Court #133. 858-483-3534. www.cal-prop.com.

**SAN CARLOS.** Super special! 2 bedroom townhouses. \$1375/month and up. Stove, dishwasher, garage, large patio, pools, laundry facilities. Lakewood Villa Townhomes, 8492 San Carlos Drive, San Diego. Available now. Call 619-469-3585; 619-944-0671.

**SAN CARLOS.** \$975. 1/2 off first month's rent! 2 bedroom, 1 bath upstairs unit. Community pool, extra storage area. 2 parking spots. Tot lot on premises. Bell Bluff Avenue. 619-582-4119.

**SAN CARLOS.** \$995. 1 bedroom, 1 bath condo. 1 parking. Quiet corner unit with view. Immaculate, newly renovated. New carpet, vinyl, dishwasher, stove, kitchen countertops, bathroom counter/ fixtures. No pets. 6930 Hyde Park Drive #212. 858-483-3534. www.cal-prop.com.

**SERRA MESA.** \$1295. 3 bedroom, 2 bath. Parking, laundry on site. Available now! 8604 Hurlbut Street. www.amgsd.com. 619-295-1165.

**SHELLTOWN.** Renovated, cozy studio. Water/ trash included. On-site laundry. \$500. 3735 Dalbergia Street. 619-231-0374. www.centrecity.net.

**SOUTH PARK.** \$1450-\$1500. 2 bedroom, 1 bath. Street parking. Coin- operated laundry on site. Newly remodeled. Available now. 3206-1/2 and 3208-1/2 30th Street. www.stevenleepropties.com. 619-295-1161.

**SPRING VALLEY.** \$1050. 2925 Cherry Lane. 2 bedroom, 1 bath duplex with large, fenced yard, covered patio. Ready for move- in. Good references/ credit required. **\$300 off 1st month with year lease!** Agent, 619-585-9471.

**TALMADGE.** \$99 move- in special! Spacious 2 bedrooms. Gated, new floors, A/C, dishwasher, balcony. Parking, pool. 619-284-1045.

**TALMADGE.** \$825. Reduced move- in. 1 bedroom, 1 bath apartment, upstairs. Laundry on site, gated complex, street parking. Section 8 OK. Sorry, no pets. 4457 48th Street #6. www.sdforrent.com. 619-640-7530.



**TALMADGE.** \$995. Large 2 bedroom, 2 bath upstairs corner unit. Dishwasher. Air conditioning. Washer/ dryer hookups. Parking. Small pet. 4435 Estrella Avenue #1. 619-698-6911. www.goldenmanagement.com.

**TALMADGE.** \$725— 1 bedroom, 1 bath. Dishwashers, fireplaces, laundry on site, underground gated parking. No pets. Move- in special. 619-298-7724.

**TIERRASANTA.** \$1000, 1 bedroom, 1 bath. Senior housing 62+. Freshly remodeled, large patio, first floor, walking distance to grocery store and shopping. 4906 La Cuesta Drive. 858-278-4910, www.centrecity.net.

**UNIVERSITY CITY.** \$1625. \$500 rent credit. 3 bedroom, 1.5 bath. Garage, stove, refrigerator. Laundry area inside.

## AUTOMOTIVE

# \$10 OFF SMOG TEST

Valid on posted price. With this coupon.  
Expires April 4, 2010. We accept area competitors' coupons.  
We certify all vehicles.

## San Diego Smog Test Center Only

2912 Adams Avenue  
619-516-3536 • www.sdsdmog.com  
Monday-Friday 8 am-7 pm  
Saturday 8 am-4 pm  
Sunday 9 am-3 pm



## RUN RITE AUTO REPAIR

### PREMIUM OIL CHANGE

**Includes:**  
• Up to 4 qts. of 10/30 premium oil  
• Oil filter • Lubricate chassis, if necessary  
• Check fluid levels  
• Check filters  
• Check belts & hoses

**\$16<sup>99</sup>**  
4x4 Extra

### BRAKE SPECIAL

**Includes:**  
• Install new brake pads  
• Top off brake fluid • Inspect rotors, drums, lines, hoses, seals, master cylinder, hardware & calipers  
• 4-wheel drive extra

**\$65\***  
Per Axle Plus Parts. Most cars.

### "SERVICE ENGINE" DIAGNOSTIC

**Includes:**  
• Trouble-shoot sensors for malfunctions  
• Check engine light & computer for codes

**\$39<sup>99</sup>**  
Most cars.

### TIMING BELT

**Includes:**  
• Remove & install timing belt, check for leaks  
• Perform necessary adjustments (tear down & removal of parts & accessories extra)

**\$95\***  
6-Cyl. & 8-Cyl. Higher. PARTS EXTRA

### RADIATOR FLUSH

**Includes:**  
• Up to 1 gal. coolant  
• Drain and fill

**\$49<sup>99</sup>**  
Most cars.

### 30/60/90K SERVICE

**Includes:**  
• Oil/filter change, lube chassis • Install new plugs  
• Check timing • Replace air filter, crankcase filter  
• Drain & refill radiator fluid  
• Rotate tires  
• Inspect brake system  
• Inspect belts & hoses  
• Check charging system

**\$139<sup>99</sup>\***  
6-Cyl. & 8-Cyl. Higher

\*Additional parts/labor may be required at extra cost. Most cars. Expires 3/4/10.

**FREE CAR WASH  
WITH ANY SERVICE!**  
(Mission Valley only.)

**We Honor  
Extended  
Warranties**

**MISSION VALLEY**  
725 Camino De La Reina  
SAN DIEGO  
**619.294.4445**

**COLLEGE**  
5249 El Cajon Blvd.  
SAN DIEGO  
**619.287.7702**

# Smog Check \$16<sup>75</sup>

'98 & newer

Plus \$8.25 certificate. No hidden costs.  
\$29.95 '95 and older. Vans and trucks extra.  
**Free retest when we do the repair.**

**Free  
shuttle  
service**

**GENERAL AUTO REPAIR**  
367 15th St. • Downtown San Diego  
**619-237-1043**  
Offers good with this ad. Expires 3-22-10.

### Oil Change

**\$15<sup>95</sup>** + tax  
Most cars.  
Replace up to 5 quarts & filter

### Tune-Up & Oil Change

**\$39<sup>95</sup>** 4-cyl.  
Most cars.

• Drain and replace up to 5 quarts of oil • Install oil filter • Install spark plugs • Check belts & hoses • Check air, fuel filters, emissions

### "Check Engine" Light

&lt;



LEAD STORY

— A December *USA Today* analysis revealed that during the first 18 months of the recent recession, beginning December 2007, the number of federal employees with six-figure salaries shot up from 14 percent of the federal workforce to 19 percent. Defense Department civilian executives earning more than \$150,000 went from 1,868 to more than 10,000, and the Department of Transportation, which had only one person earning \$170,000 in December 2007, now has 1,690. The average federal salary is \$71,206, compared with the private sector’s \$40,331.

Compelling Explanations

— Being the first licensed male prostitute in Nevada (and thus the U.S.), explained “Markus” in a January interview for *Details* magazine, is to him “a civil rights thing.” “It’s just the same as when Rosa Parks decided to sit at the front [of the bus] instead of the back.”  
— Ex-convict John Stephens told a Floyd County (Ind.) judge in December that he had a full-time job and intended to turn his life around but had slipped when he tried to rob the Your Community Bank. “If I hadn’t been watching the news and seeing [other successful] bank robberies,” he

said, he wouldn’t have been tempted.  
— In Kansas City, Mo., in December, the mother of Charles Irving tried to protect her 27-year-old son from a charge of being a felon in possession of a gun. She told police (without success) that he had needed the gun to protect her from vampires.  
— Rod Jetton, a former speaker of the Missouri House of Representatives and creator of Common Sense Conservative Consulting, LLC, was charged with felony assault in December after visiting a woman in her home in Sikeston, apparently for a sexual encounter. The woman later charged that Jetton punched her in the head and choked her into unconsciousness as his idea of foreplay, but Jetton said the “assault” was consensual, in that she was to utter a pre-arranged “safe word [phrase]” if things got too rough and that he would have immediately stopped. Jetton told police that the woman never spoke the agreed-on phrase “green balloons.”

Why Africans Remain Impoverished

— The huge, \$27 million statue (“African Renaissance”) being built in Dakar, Senegal, was conceived to boost tourism and be a point of African pride, acting as a magnet for visitors and museumgoers. Problems have arisen (the statue was

built by North Korean labor, has no distinct African theme, and features a female who reveals perhaps too much thigh). However, according to a November BBC News dispatch, Senegal’s president Abdoulaye Wade remains optimistic and has declared that, though the concept was his idea, he will take only 35 percent of the revenue streams generated from visitors.  
— By 2004 presidential proclamation and 2007 statute, the U.S. government made it clear that no foreign official or family members would be allowed into the country if they are “involved in corruption” regarding oil or other natural resources in their home countries. However, as the *New York Times* reported in November, Equatorial Guinea’s oil minister (and son of its president) owns a \$35 million estate in Malibu, Calif., that he visits regularly in his Gulfstream jet even though the U.S. Justice Department regards him as a major agent of corruption. (U.S. companies manage Equatorial Guinea’s oil production, and the State Department is reluctant to challenge the country, according to officials cited by the *Times*.)

Fine Points of the Law

— In November, Powhatan County, Va., prosecutors dismissed charges against five corrections

officers despite evidence that they were involved in inappropriately fondling a K-9 service dog. During training, officers are expected to “bond” with their dogs, and one of the men was seen “touching the dog’s penis with his hand,” according to a prosecutor. However, Virginia law requires that the state prove “cruelty” to the dog, and the prosecutor, after consulting with veterinarians, concluded that he could not win the case.

Redneck Crime

— In Morehead, Ky., in December, two men, ages 44 and 18, were charged with theft for allegedly swiping an 18-inch-long bearded dragon lizard from the Eagles Landing Pet Hospital and trying, in two beverage stores, to exchange it for liquor.  
— Daniel Gable, 61, was arrested for breaking and entering a neighbor’s apartment in Fargo, N.D., in December. He had triggered the resident’s “burglar alarm,” which consisted of the stack of empty beer cans the resident places just inside his front door every night.

Send your Weird News to Chuck Shepherd, San Diego Reader, P.O. Box 85803, San Diego, CA 92186 or to WeirdNewsTips@Yahoo.com

No pets. Near park, UCSD. Pool. University Woods. 858-292-6046.  
**UNIVERSITY HEIGHTS.** \$750. All utilities included! Charming studio. Private, fenced yard; walk-in closet; ceiling fan. Small pet negotiable. 4385 Alabama Street. 619-804-3325.

**UNIVERSITY HEIGHTS.** 1/2 off 1st! 1 bedroom, 1 bath, \$825. Gated, wood cabinets and built-in bookshelves, appliances, on-site laundry, off-street parking. Near all. 4452 Louisiana Street. 619-804-3325.

**UNIVERSITY HEIGHTS.** Apartments available, \$1150-\$1175. 2 bedroom, 2 bath. Washer/ dryer, air, fireplace, off-street parking. 8-unit complex. 4026 Alabama Street. 619-296-9557, 619-286-4320.

**UNIVERSITY HEIGHTS.** \$1025. Charming unit with garage. 1 bedroom. Available March. Small pet considered. 4517-1/2 Georgia. Call Linda up to 7pm for appointment. 619-220-0791.

**UTC.** 2 bedroom, 1 bath condo, \$1795. Washer and dryer in condo, stainless appliances, new carpet and paint, balcony, community pool, spa and clubhouse. 8158 Avenida Navidad #22. People Helping Others Property Management, 619-282-5400. peoplehelpingothers.com.

**UTC.** 3 bedroom, 2 bath condo, \$1795— 1/2 off first month’s rent with 1-year lease! A/C, fireplace, washer/ dryer, 1-

car garage, community pool. Small pet OK. 5767 Erlanger Street. People Helping Others Property Management, 619-282-5400. peoplehelpingothers.com.

**UTC.** 55+-. Spacious luxury living. 1 bedroom, \$995. 2 bedrooms/ 1 bath, \$1045. \$250 deposit, OAC. \$100 off for same-day lease sign. Town Park Villas, 4633 Governor Drive. 858-453-0441.

**UTC.** 55+-. Brand new! 2 bedroom, 2 bath, \$1650. \$250 deposit, OAC. \$100 off for same-day lease sign. La Jolla Del Rey, 4627 Pavlov Avenue. 858-677-1713.

**UTC/ LA JOLLA.** Beautiful 3 bedroom, 1-1/2 bath townhome. Minutes from freeways, UCSD, UTC mall and MCAS. Section 8 welcome. Sorry, no pets. Ask about blowout move-in special! Call Dulce Ochoa, 858-638-7886.

**VISTA.** \$1050/ month. **Move-In Special: \$500 off remodeled 2 bedroom, 2 bath in beautiful, gated, hillside community.** New carpet, new paint, air conditioning, refrigerator, dishwasher. Large balcony, storage. Call 760-672-6405.

RENTAL SERVICES

**ALL AREAS.** Houses for rent. Browse thousands of rental listings with photos and maps. Advertise your rental home for

free! Visit [www.RealRentals.com](http://www.RealRentals.com). (AAN CAN)

REAL ESTATE HOUSES

**FORECLOSURES/ DEFAULTS.** New properties listed daily. Buy real estate like a Pro. Free trial: Use promo code SDR5. Free consultation/ mentoring and tutorials. [www.CountyRecordsResearch.com](http://www.CountyRecordsResearch.com). 1-800-664-2567.

**MEXICO.** Homes for sale and rent in La Mission, Baja California. 2 bedroom, 1 bath. Beautiful ocean view, 24-hour security guard, gated community. Best beach in Baja. 760-250-7055.

REAL ESTATE MISCELLANEOUS

**ARE YOU UP TO FIRE CODE?** We’ll get you up to code while saving you money! Will beat any service price by 10%, guaranteed. Annual Maintenance, Extinguishers, First-Aid, Exit Lights, Safety Signs, Evacuation Plans, Employee Training, and more! Call now for your free estimate: 619-501-1715, [www.GoldenStateFireProtection.com](http://www.GoldenStateFireProtection.com).

**ARIZONA,** 1/3 acre, underground utilities, great mountain views, paved streets, 2-car garage. Doctor, dentist, pharmacy. No HOA. Near Prescott Valley. \$45,000/ best offer. 1-888-790-9363.

Money to Lend!

Buying, selling, stopping foreclosure, short sale, behind on mortgage. Low rates! Let me help you. Carole Hanks, Lic#01206222. 858-485-9234. [carolehanks@gmail.com](mailto:carolehanks@gmail.com). carolehanks.com.

**HOTEL OWNER WANTS TO BUY** property anywhere. Small houses, big houses, condos, apartments, commercial, vacant land and notes. Call 619-204-0610.

SPORTS

**GOLF BAG,** Top Flite, black/ blue, like-new condition. \$20. 619-523-1782.

**GOLF BAG,** \$20. Good condition. Cash only. 858-395-6193.

**GOLF CLUBS,** beautiful, like new, full set, left handed, new bag, cart, extra clubs. Instructional golf books, many extras, \$225. 619-683-3811.

**GOLF CLUBS,** Titanium woods and Irons. Woods 1, 3, 5. Irons 3 to pitching wedge, putter, bag, balls and pull cart. All for \$85. 760-599-0249.

**SNOWBOARDS AND CLOTHING,** surfboards, wetsuits, wakeboards wanted. We pay cash for good quality used surf, wake, scuba, water sports gear. We also buy golf, skate, softball equipment; exercise and weight machines; rollerblades; roller skates; and more. Get cash or trade for other sports and fitness equipment. Play It Again Sports. Find locations: [playitagainsd.com](http://playitagainsd.com). 858-490-0222.

**SOFTBALL PLAYERS NEEDED** for men’s team. Shortstop and left fielder. Call Tom, 858-270-0123.

**SOFTBALL TEAM** needed for Wednesday night league, February 17. Monday night men’s slow pitch. 619-517-5791.

**SPRING LEAGUE** now accepting teams. Games starting after 3/1/10. For program overview/ registration/ team and players’ message board, visit: [www.softballsd.com](http://www.softballsd.com). John, Softball San Diego. [john@softballsd.com](mailto:john@softballsd.com).

**TENNIS LEAGUE.** Join the fun at the #1 league in San Diego, started 17 years ago. Intermediate to advanced skill levels. Leagues starting now. 858-794-1800; [www.tennisleague.com](http://www.tennisleague.com).

**WEIGHT SET.** 500 pounds, steel with bars and dumbbell. Excellent condition. \$100. 619-462-8131.

COMPUTERS

**LAPTOP,** Acer AMD64X2, 15.4” widescreen, DVD burner, 2GB RAM, 120GB HD, Windows Vista, office, wireless, camera, excellent condition. No viruses, \$345. 858-273-2290 or <http://acdk.tripod.com/>.

BICYCLES

**MOUNTAIN BIKES.** Specialized Rockhopper, mountain bike, Shimano, solid MTB, Shimano, aluminum, front suspension, 27-speed, \$350. Basic MTB, 15-speed, good brakes, reliable commuter, \$65. 858-273-2290 or <http://acdk.tripod.com/>.

AUTOMOTIVE

The Fastest SMOG CHECK in San Diego!  
Get in and out fast! • 2 smog machines • No waiting

**SMOG CHECK \$11<sup>95</sup>**  
With coupon only. Plus \$8.25 for certificate and \$3 transfer fee. Retest free when repair done on site. VIP service, 2 machines. No appointment necessary. Most 4-cyl. cars only. European cars extra. 1995 and older \$10 extra.

**FREE** (\$75 value)  
**FAILED SMOG AND “CHECK ENGINE” LIGHT DIAGNOSTIC** (with on-site repair)

**MAJOR SERVICE 30K/60K/90K** Most 4-cyl. cars. As low as **\$139<sup>95</sup>**  
Includes:  
• Install spark plugs  
• Drain & refill radiator  
• Change engine oil and filter  
• Inspect brakes  
• Clean & adjust rear brakes  
• Check all belts  
• Replace air filter  
• Inspect suspension  
• Transmission service—drain and refill  
• Top off all fluids  
• 4 tires rotation  
• 38-point inspection

**ALIGNMENT \$39<sup>95</sup>** Most 4-cyl. cars

**TRANSMISSION FLUSH \$49.95**  
Complete transmission flush by Trans Tech 2000 flush machine, unique in its class, flushing 100% of old fluid out and adding new fluid in. Labor only. Most 4-cyl. cars. Ask for details.

**OIL CHANGE \$16.95** With free brake and 32-point inspection. Most 4-cyl. cars. Plus \$2.50 disposal fee.  
**BRAKE SPECIAL \$99.95** Most 4-cyl. cars. Front or rear. Parts & labor.  
**BRAKE & LAMP INSPECTION \$69.95** Plus certificate. Most 4-cyl. cars

CALIFORNIA MOTOR WORKS & TIRES

WELCOME ALL FLEET ACCOUNTS • AAA APPROVED

Certifying Gross Polluters

Foreign & Domestic • Full Maintenance & Repair Service  
We Do: Overhaul • Brakes • Carburetor • Electrical • Shocks  
• Struts • Tires • Alignment • Balance • Smog And More

8025 Clairemont Mesa Blvd., San Diego, CA 92111

**(858) 560-1245**

Open Monday-Friday 8 am to 6 pm, Saturday 8 am to 3 pm  
Se habla español • SDS11108525-X3 • Coupons expire 2/25/10.



**SUSPENSION PLUS**  
COMPLETE AUTOMOTIVE CENTER  
SINCE 1989 • FOREIGN & DOMESTIC

Free brake inspection!  
**BRAKE SPECIAL \$30 OFF!**

Prices subject to change without notice. Must present coupon at time of service.



TOWING AVAILABLE

Free alignment inspection! (With appointment, please)  
**Computerized Alignment \$39<sup>95</sup>**  
**Thrust Angle 4-Wheel Alignment \$49<sup>95</sup>**  
Set toes to specs. Most cars. Shims & cams extra.

**Shock & Strut Special**  
BUY THREE, GET THE FOURTH  
**FREE KYB MONROE**  
**Oil Change \$17<sup>95</sup>** Synthetic oil available  
Includes 5 quarts 10W/30 oil and new filter. Most cars.

**CALL FOR SPECIAL READER PRICES ON:**  
**Factory-Scheduled Service • Clutch • Timing Belt • Axles 30K/60K/90K • New Radiator • Tune-up • New Belts & Hoses**

Monday-Friday 8 am-5:30 pm • Saturday 8 am-4 pm. Call for details. Please call for an appointment.



# SHEEP AND GOATS

## PLACES OF WORSHIP REVIEWED

An old *B.C.* comic strip holds down one corner of the picture window that looks in on the Dharma Bum temple — a whimsical accent tacked onto an otherwise serene and tasteful tableau:

“Whatcha doing today?” one caveman asks another.

“Nothing.”

“You did that yesterday.”

“I wasn’t finished.”

For Dharma Bum Jeff, who runs the temple’s Sunday-night introductions to Buddhism, it’s an example of Western culture illuminating Eastern wisdom. After the eight souls gathered into the temple’s cozy loft have taken time to settle their minds by sitting and focusing on breathing, Jeff asks, “What did you do to make the mind so still? Nothing. We need to take time to do nothing and just sit. There

are causes and conditions to everything that goes on in our day, and you have to slow it down a little bit to recognize what’s in your mind. The stillness...is your own mind’s reaction to what’s happening around you. What we’re working on in meditation is learning to react quietly and peacefully. When you begin to settle the mind, you learn to adapt to whatever condition is around you, and that’s where peace lies.”

As the evening progresses, he cites other examples: in *Groundhog Day*, Bill Murray escapes the endless repetition of Groundhog Day only after each of his intentions has been purified, and “everything in Buddhism is about intentions.” When I ask about seeking pleasure

through drugs, he goes after the root cause of the desire for such pleasure: “More often than not, we use them to escape from our everyday situation. Look at the causes and conditions of your long week. Scene 23 of *Fight Club*, a very graphic but beautiful movie. Tyler Durden is holding a gun to the back of the head of a guy who works at a convenience store and asking, ‘What do you want to do with your life?’ If you want to work at a convenience store, beautiful. If not, find out what you want to do with your life. If you are doing what you want to do, then come Friday, you’re fine. You don’t need to let go” via drugs or alcohol. “Fun stuff. Welcome to Buddhism.”

But let’s back up, back

## The Dharma Bum Temple

**Sunday-night introduction to Buddhism, 7 p.m.**  
**541 Second Avenue, Downtown, 858-922-8811; [thedharmabums.org](http://thedharmabums.org)**



In the Dharma Bum Temple, “the Zendo is your mind.”

to the beginning: arriving through the heavy door, removing shoes, ascending the crooked stair, and passing through the carved gate into the loft space tucked under the curving roof. Stepping over the threshold with the tiny sign at your feet: “The Zendo is your mind. Please take care of it.” Settling onto the round cushion and tak-

ing in the sign on the cranberry-red wall: “I have arrived. I am home.”

Below the sign is a bronze statue of an emaciated man sitting cross-legged with a blanket over his legs. Jeff lights incense and bows before the statue, then sits in front of it and assumes the same posture. “What are you all doing here?” he asks. “That’s

probably the most important thing I’ll say all night: ‘Why are you here?’”

“To practice clearing my mind,” comes a reply. “Peaceful, joyous, and free,” comes another. “To sit.”

Jeff rings the bell three times, and we begin by reciting the Heart Sutra, which “is in itself a meditation. Don’t

*continued on page xx.*

## WANTED / TRADE

**BROKEN APPLE IPHONES.** 3G/ 3GS. Broken/ cracked display? Water damage? I’ll pick up phone within County, pay cash. [tamayojeffrey@gmail.com](mailto:tamayojeffrey@gmail.com). Text/ call Google voice number: 619-512-2049.

**CARPENTER/ LANDSCAPER** needed in exchange for furnished room and utility. Please call 619-479-4212.

**CASH FOR WALT DISNEY** autographs, items, books, paper, Disneyland original animation, comic art, any comics before 1970, autograph collections. No records/ videos. 619-465-3090.

**EXCHANGE.** I’m disabled. Am looking for a person to help in house in exchange for furnished room, utility. Address: 7505 Gayneswood Way, San Diego, CA 92129.

**FISHING TACKLE.** Collector wants for his personal collection wooden lures, reels, and miscellaneous by Heddon, Pflueger, Creek Chub, South Bend, Shakespeare, to name a few. 619-972-3488.

**MOTORCYCLE WANTED** by enthusiast to restore. Older motorcycle, any make or model. Any condition. Can pick up. Fair cash price paid. 760-315-1774.

**STEREO GEAR/ LP RECORDS.** Cash paid! Vintage/ newer. Old amps, tuners, speakers, turntables. McIntosh, JBL, Marantz, etc. Prerecorded reel tapes, jazz/ rock records. John, 619-889-5237.

**TOYOTA PICKUP.** 1984-1999. From the original to second owner. With low to average miles. Please, no dealers. 619-306-1910.

## ANTIQUES & COLLECTIBLES

**ANSTEAD’S AUCTION.** We buy antiques, collectibles, household furniture, appliances, TVs, home electronics, pianos. Prompt service. Local buyers. Licensed/ bonded. Serving San Diego since 1971. 619-233-3148; 1-888-722-2002.

**BREAKFRONT AND SECRETARY.** Antique, 5’6”x6’10”, glass doors, drawers on each side, pull-out secretary, 2 sections. \$150/ best. 619-825-6406.

**BUD MAN STICKERS.** Vintage, 5, framed under glass, 25”x20”, \$45. Also have Seagrams, Schlitz, Herman Josephs, Falstaff, Beam Budweiser, Blue Nun, other signs. 619-296-9415.

**DESK,** antique tiger oak, barley twist legs, fancy paper separator on top, nice original finish, \$250. Magazine collection, Monsters Lots, Vampirella, Dracula, Frankenstein. 619-997-8913.

**RECORD COLLECTION,** 1960s, 1970s, 1980s, vinyl LPs, Beatles, Stones, Hendrix, Led Zeppelin, all classic Rock, Motown, blues, surf, more. 619-523-1782.

**RECORD COLLECTION, 45s,** for sale, classic rock hit singles, 1960s-1970s. Mint condition. 619-523-1782.

**SEWING MACHINE,** antique Singer, \$250. Beautiful antique electric with cabinet and upholstered stool, spindles, plates, bobbins, various feet and lamp. Well maintained. Cash only. 858-395-6192.

## APPLIANCES

**APPLIANCES FOR LESS:** megalandd.com. New and used appliances and flat-screen HDTVs, a fraction of retail prices! 2256 Main Street #7, Chula Vista. 619-575-4227.

**APPLIANCES, ALL SIZES.** Refrigerator, stove, washer/ dryer. \$119 and up. Removal, delivery, repair available. Year warranty, 24 hours. Leon, English: 619-702-3270. Spanish: 619-269-7559.

**WASHERS AND DRYERS.** Guaranteed. \$100-\$195 each. Over 200 to choose from. In- shop/ in- home service and we sell parts. Stoves, refrigerators, dishwashers, too. Can deliver. Calwest Appliance Exchange, 619-723-1545.

## ELECTRONICS

**GET DISH.** Free installation, \$19.99/ month. HBO & Showtime free, over 50 HD channels free. Lowest prices. No equipment to buy! Call now for full details, 877-242-0974. (AAN CAN)

**GET DISH.** Free installation, \$19.99/ month. HBO and Showtime free, over 50 HD channels free. Lowest prices. No equipment to buy! Call now for full details, 877-238-8413. (AAN CAN)

**SPEAKERS.** Elite Digital 400W, \$375 for pair. Panasonic fax, plain paper, \$25. 858-273-2290 or <http://acdk.tripod.com/>.

**SPEAKERS.** BOSE Acoustimass 15 Series II speaker system, \$500. Like new. 619-863-5882.

## FURNITURE

### BED \$139, A ABSOLUTE BARGAIN!

Mattress Orthopedic Deluxe. New in plastic with warranty. Queen, \$139. All other sizes available. Credit cards accepted. Free delivery. Call 800-464-6420 or 800-464-6490. [www.mattresscodirect.com](http://www.mattresscodirect.com).

**BEDS.** Sealy Posterapedic full, queen or king mattress and box spring with optional frame. Recently purchased, can

separate. \$500 for all/ best offer/ trade. 858-705-0958.

**BEDS.** Bunk bed/ futon/ day bed/ trundle. Very versatile, can separate or sleep multiple individuals. Compare at \$259, asking \$80. 619-990-5487.

**CONCRETE PATIO TABLE.** Seats 6, high grade. Your choice of tile installed, all weather. \$300. Credit cards accepted. 760-250-7055.

**DAY BED.** High quality. Barely used. Powder coated, antique white finish. Excellent for guest bedroom/ girls’ room. \$125. 619-284-9656.

### MATTRESS, A PLUSH PILLOWTOP.

Mattress Orthopedic. New in plastic with warranty. Queen, \$299. King, \$399. Free delivery. Credit cards accepted. Call 800-464-6420 or 800-464-6490, [www.mattresscodirect.com](http://www.mattresscodirect.com).

**ROCKING CHAIR,** beige swivel rocking chair, \$40. Beautiful 7’ sofa, both sides recline, comfortable. No rips, tears, stains. Sell individually or both \$120. Cash only. 858-395-6192.

**SOFA,** 7’, both sides recline if desired, \$100. Also beige swivel rocker, \$40. Comfortable. No rips, tears, stains. Sell individually or both \$120. Cash. 858-395-6192.

## GARAGE SALES

**ALPINE.** Multi-unit apartment sale. Clothes, reptile enclosures, furniture, baby clothes/ items, tools, tires, household, computer items, more. 8am, Saturday 2/20. 2275 West Victoria Drive.

**CLAIREMONT.** TVs, refrigerator, furniture, clothes. Saturday, 2/20, and Sunday, 2/21. 7am-noon. 3346 La Junta Avenue.

## God’s Nine Hidden Mysteries Now Made Known

The Apostle Paul said, “...for God gave me to present to you the word of God in its fullness – the mystery that has been kept hidden for ages and generations but is now disclosed.” (Col. 1:25, 26)

**GRACE BAPTIST CHURCH**  
3844 Georgia St.  
(one block east of Park Blvd.)  
Sunday 10:30 am  
Pastor Mike Delamarian, Jr.  
619-296-2237 or 858-487-4442

## Daily Confession

Monday-Friday  
7:15-7:45 am & 5:15-5:45 pm  
Saturday  
4-5 pm

### ST. MARY CATHOLIC CHURCH

1160 S. Broadway  
Escondido, CA 92025  
(760) 745-1611  
[www.stmarysescondido.com/](http://www.stmarysescondido.com/)

## Faith Is a Journey

Walk with us at Plymouth Church. The Congregational way is open to dialogue, not doctrine.

Sunday Service: 9:45 am  
Pastor Wayne Riggs

### PLYMOUTH CONGREGATIONAL CHURCH

2717 University Ave.  
San Diego, CA 92104  
619-297-3289

## Christ Preached from All the Scriptures

Receive Christ in Word and Sacrament every Sunday. Reverent worship. Biblical, expository preaching of Law and Gospel. Catechism for all ages, including adults, taught by Dr. Michael Horton, Prof. of Theology at Westminster Seminary.

**CHRIST UNITED REFORMED CHURCH**  
10333 Mast Blvd., Santee 92071  
619-258-8500  
[www.christurc.org](http://www.christurc.org)

## Scripture alone, Faith alone, Christ alone, Grace alone, God’s glory alone.

### COMMUNITY CHURCH OF SAN DIEGO

7811 Mission Gorge Rd.  
San Diego, CA 92120  
(619) 583-8200  
[www.cc-sandiego.com](http://www.cc-sandiego.com)

## Create a New Life!

Sunday services 10:30 am  
Deep Meditation 9:50 am (1/2 hour)

### TEACHING OF THE INNER CHRIST

1114 N. 2nd Street  
El Cajon, CA 92021  
619-447-7007

## Welcome from Pastor Al

Here at Hill Country Community Church, the doors are wide open to people just like you! When you visit our service, you will find great worship music, relevant teaching from the Bible, a casual atmosphere (don’t worry about what you wear), and a safe and loving environment for your children. Whether you are just beginning your spiritual journey or you’ve been on this path a long time, we invite you to come discover everything that a relationship with Jesus Christ means for your life. Sunday, Feb. 21 Sermon Guest speaker Jesse Craycraft “Don’t Quit!” Hebrews 12:1-2 March 7: Bluegrass Sunday

**HILL COUNTRY COMMUNITY CHURCH**  
8950 Lakeview Road, Lakeside  
(619) 561-1965  
[www.hillcountrychurch.org](http://www.hillcountrychurch.org)



SHEEP AND GOATS CONTINUED

be concerned with understanding it. Just recite it, and eventually, it will...still confuse you.” It’s easy to see why he says this because it’s hard to get your mind around thoughts like “form is precisely emptiness and emptiness precisely form.” Jeff says that the Four Noble Truths of Buddhism are suffering, the cause of suffering, the cessation of suffering, and the path that leads to the cessation of suffering. And here is the Heart Sutra, telling us that “there is no suffering, no cause of suffering, no cessation of suffering, and no path.” We close with the great mantra of wisdom: “Gate Gate Parasamgate Bodhi Svaha.” (One possible translation: “Gone, gone beyond, gone utterly beyond. Enlightenment hail!”)

“When you have a headache, do you forget to take Advil?” asks Jeff. “When you’re hungry, do

you forget to eat? We want to bring ourselves to a place where we view meditation that way” — as the remedy for our suffering, the “stress and anxiety and anger and sadness and depression” in our lives.

After the meditation, Jeff gives a short talk. “We talk a lot about the six paramitas here: generosity, morality, patience, diligence, concentration, and wisdom.” Tonight’s focus is on morality; specifically, the Five Precepts. “Roughly translated into English, they are: no lying, no killing, no stealing, no sexual misconduct, and no use of intoxicants, drugs, or alcohol. These precepts are not meant to put a burden on your life. They’re there to help you achieve a state of liberation and end your suffering.”

He delves a little into the particulars of each. No lying includes withholding information. No killing means no killing — bugs included. “Be

“When you begin to settle the mind, you learn to adapt to whatever condition is around you, and that’s where peace lies.”

mindful. Have compassion for the bug. And what right do we have to just kill?” No stealing includes stealing “people’s time, energy, attention. Things that aren’t ours, but the sense of self says, ‘I want.’” As for sex, “We’re not saying, ‘Don’t have sex.’ We’re saying, ‘What are your intentions? Do you understand the causes and conditions that will result from these actions?’” And intoxicants?

Intoxicants “cloud the mind. We want to settle the mind.”

What about pleasure? “Is it really pleasure? What is it based in? A sense of self. A sense of physical enjoyment. The Heart Sutra talks about the senses — the things we see and touch and taste bring pleasure. What happens when we don’t have that pleasure?” We seek it. And, says Jeff, “desire or craving is the cause of our suffering.”

What happens when we die?

From Jeff’s talk: “The idea is to be liberated from a state of suffering, into a state of nirvana — or peace, or bliss.... The cessation of suffering is nirvana, extinction.” He also mentions karma and “the cycle of rebirth.”

— Matthew Lickona

Videos of this church and others featured in this column are available at sandiegoreader.com.

**GET DISH.** Free installation, \$19.99/month. HBO and Showtime free, over 50 HD channels free. Lowest prices. No equipment to buy! Call now for full details, 877-238-8413. (AAN CAN)

**LAWN MOWER ENGINES.** My private collection of 20 years. 27 assorted, 3-5 horsepower, B&S, some Honda. All good, some as new, many extras. \$850/all. 760-732-1315.

**LIGHT FIXTURES,** bathroom, \$15. 3 household lighting fixture set, \$20. Stairwell light, \$20. Dining room light, \$35. Brass finish, clear glass, bulbs. Sell individually or all \$80. Cash. 858-395-6192.

**MIRROR,** Art Deco, old 1930s, 1/4" bevel, 32"Hx16-1/2"W. \$65. 619-296-7185.

**MISCELLANEOUS.** Ice skates. Microwave oven, guitar, horror films and many others. Movie poster collection, photos of film people, poetry books, record albums and 45 RPMs, much more. 619-420-3312.

**MISCELLANEOUS.** Yamaha piano, \$500. 52" TV, \$100. Pickup, \$375. 1992 Caravan, \$725. Rims, \$50. Running boards, \$50. Flatbed, 8'x6-1/2", \$150. Bedliner, \$75. Rack, \$50. 619-670-0271.

**MISCELLANEOUS.** Barbecue, 4 burner, works fine, \$30. Girl's figure skates, size 6, \$50/ best offer. 858-452-8631.

**MOVING SALE.** Aquarium/ stand, refrigerator, washer/ dryer, freezer, dishwasher, microwave, TVs/ stands,

stereo, beds, daybed, dressers, recliner, coffee/ end table, chairs, vacuum, bikes. 619-670-7821.

**OIL PAINTING,** \$50. Beautiful oil painting, 55"Wx31"L. Landscape with mountains, lake, trees. Perfect for living room or over couch. Hues of blue/ gold. Frame included. Cash only. 858-395-6192.

**PANTALONES** de vestir para hombre, 26 pares, tamaño 38x40x42, casi nuevos, \$8 cada uno. Sacos \$8. Chalecos \$5. Cinturones, \$3. Carteras de piel, \$5. 619-583-3751.

**PENDANT LIGHTS.** From Restoration Hardware. Excellent condition. "Optic" lights, currently selling for \$239 in store. Asking \$100 each. 11" in diameter. 619-284-9656.

**POWER WHEELCHAIR.** Practically new Permobil C350 Corpus power wheelchair for sale in Xtreme Yellow. Incredible turning radius, adjustable suspension, charging station & great drive. \$3000. 619-997-0201

**SAUNA:** Health Mate 2- person cedar sauna with AM/FM CD player, HM-NSE-2-CD. Like new, only used 3 times! \$2500 or best offer. 619-715-7559.

**SLATE-TOP BUFFET** and server, black. Buffet 71"x20"x30", server 46"x20"x30". Both in perfect condition. \$360. 619-665-3103.

**SPA/ HOT TUB DELUXE.** 2010 model. Neck jets, therapy seat. Never used!

Warranty. Can deliver. Worth \$5950. Sell \$1950. 858-530-0980.

**TABLE,** glasstop, 36"x59"x59", \$25. Desks, 2, \$20 each. Comforter, king size, \$20. Child's restraint seat, \$10. Wedding dress, hat, shoes, size 8. \$50 all. 858-277-7197.

**TILE SAW:** QEP 60010, 10 inch, D-S tile saw, 2HP, only been used for one job, almost new, \$400. 619-715-7559.

**WHEELCHAIR,** Pronto electric, never used. All operating instructions. Cost \$4400 new, sacrifice \$2500. 619-561-2460.

MOTORCYCLES

**BEGIN2RIDE/** Continue to Ride Motorcycle Training and Rentals! Excellent riding classes for beginners and beyond. \$98/ three-hour riding session includes bike/ helmet. Call: 877-234-4624. www.begin2ride.com.

**HARLEY DAVIDSON.** 2002. Custom 1200cc Sportster. 8000 miles. Leather saddle bags. \$5000. Michael, 619-581-1081.

**HONDA PASSPORT.** 1981. c70, yellow, only 690 original miles. Like new. 80 miles per gallon. Mission Hills. \$1000. Michael, 619-581-1081.

AUTOMOTIVE CARS

**BUICK CENTURY LIMITED.** 2000. \$1000 down drives you away. Buy here, pay here. Vin #334744. A Plus Truck and Car Rentals, Inc. 760-633-3552.

**FORD FOCUS.** 2003. \$500 down drives you away. Buy here, pay here. Vin #295466. A Plus Truck and Car Rentals, Inc. 760-633-3552.

**LINCOLN TOWNCAR.** 1998. \$1000 down drives you away. Buy here, pay here. Vin #612285. A Plus Truck and Car Rentals, Inc. 760-633-3552.

**MERCEDES 220 SE.** 1962. 6 cylinder, 2 carburetors, clean, drives great. 4 speed on the column. White with black leather inside. 4 door. \$1500. Michael, 619-581-1081.

**NISSAN MAXIMA.** 2000. \$1000 down drives you away. Buy here, pay here. Vin #525704. A Plus Truck and Car Rentals, Inc. 760-633-3552.

**TOYOTA COROLLA S.** 2003. Low miles, super clean, fully loaded. \$9900. Vin #042056. A Plus Car Truck and Car Rentals, Inc. 760-633-3552.

**TOYOTA COROLLA.** 1990. \$500 down drives you away. Buy here, pay here. Vin #299742. A Plus Truck and Car Rentals, Inc. 760-633-3552.

**VOLVO 850.** 1995. \$500 down drives you away. Buy here, pay here. Vin

#096837. A Plus Truck and Car Rentals, Inc. 760-633-3552.

**VOLVO 850.** 1996. \$1000 down drives you away. Buy here, pay here. Vin #240990. A Plus Truck and Car Rentals, Inc. 760-633-3552.

**VOLVO S80.** 1999. \$1000 down drives you away. Buy here, pay here. Vin #026596. A Plus Truck and Car Rentals, Inc. 760-633-3552.

**VOLVO V70.** 2000. \$1000 down drives you away. Buy here, pay here. Vin #676291. A Plus Truck and Car Rentals, Inc. 760-633-3552.

AUTOMOTIVE TRUCKS / VANS / SUVS

**CADILLAC ESCALADE.** \$14,000. 2002. Fully loaded, extra clean, TVs, towing package. Vin #111085. A Plus Truck and Car Rentals, Inc. 760-633-3552.

**CHEVROLET SILVERADO.** 2001. \$1000 down drives you away. Buy here, pay here. Vin #134503. A Plus Truck and Car Rentals, Inc. 760-633-3552.

**FORD F-150.** 2003 with V8 engine and off-road tires. Low 59K miles. \$14,000 obo. Call Lenay 619-222-1713.

**FORD RANGER.** 2000. \$1000 down drives you away. Buy here, pay here. Vin

#B80181. A Plus Truck and Car Rentals, Inc. 760-633-3552.

**FORD RANGER.** 2000. \$1000 down drives you away. Buy here, pay here. Vin #B63847. A Plus Truck and Car Rentals, Inc. 760-633-3552.

**FORD RANGER.** 2001. \$1000 down drives you away. Buy here, pay here. Vin #B25904. A Plus Truck and Car Rentals, Inc. 760-633-3552.

**HUMMER H2.** \$25,000. 2003. Full loaded, towing package, super clean. Vin #123845. A Plus Truck and Car Rentals, Inc. 760-633-3552.

**NISSAN FRONTIER.** 1998. \$1000 down drives you away. Buy here, pay here. Vin #367590. A Plus Truck and Car Rentals, Inc. 760-633-3552.

AUTOMOTIVE PARTS

**1970 NOVA WHEEL** covers set, mint condition, \$150. Set rims, Chevy 60s. 5" bolts, 5, straight. Good tires, 185-75-14 on rims, \$175. 619-997-8913.

It's Not Who You Are-It's Whoze You Are!

Sunday services  
10 am San Diego;  
3 pm Oceanside

CHRIST CHAPEL WORLD MINISTRIES

One Church, Two Locations

3094 El Cajon Blvd.  
San Diego  
1680 Oceanside Blvd.  
Oceanside  
(619) 542-1113

Spiritual But Not Religious

**Awesome music.  
Conscious people.  
Enlightened message.**

Sunday Service 10:30 am

THE CELEBRATION CENTER FOR SPIRITUAL LIVING

5820 Oberlin Drive #108  
San Diego, CA 92121  
858-320-0090  
www.TheCelebrationCenter.org

Can you contact your divine nature through meditation?

A New Thought Spiritual Learning Center in the heart of Mission Valley. Sundays 10 am.

OM SPIRITUAL CENTER

Take the Auto Circle exit off Highway 8 to Camino Del Rio S., drive east towards Sheraton Hotel, and follow our signs to parking behind Piano San Diego.

www.omspiritualcenter.org  
858-213-7061

Carrying Around Guilt and Regrets?

Still yearning for peace in life? Join us for our series: *The 7 Deadly Sins* to find true and lasting freedom from guilt and regret. God has real healing for you! **Sundays at 10:00 am**

COMMUNITY LUTHERAN CHURCH

*Bible-Centered & Family-Focused*  
4507 Mission Avenue  
Oceanside, CA 92057  
(760) 722-3337  
www.cloceanside.com

St. Jude's Novena

May the Sacred Heart of Jesus be adored, glorified, loved and preserved throughout the world, now and forever. Sacred Heart of Jesus, pray for us. St. Jude, worker of miracles, pray for us. St. Jude, helper of the hopeless, pray for us. (State intention.)

*Say the above novena sincerely nine times a day for eight consecutive days, and promise to publish it or otherwise distribute it to others. It has never been known to fail.*

A Place To Call Home

Sunday services 8:30 and 10:30 am. KidZone for kids both services. Engage for Youth 9 am. Free refreshments and Starbucks Coffee.

CHRIST COMMUNITY CHURCH

Meets at Miramar College in Mira Mesa  
(858) 549-2479  
www.gotoChrist.com  
Celebrating 22 years serving the San Diego community

CHURCH IS FUN!!!

Good food, laughter and board games.

February 24th  
6:00 pm for food  
7:00 pm for games

VISION

**A Center for Spiritual Living**  
11260 Clairemont Mesa Blvd.  
www.visioncsl.com

The Alpha Course: An open invitation to explore Christian faith

Saturdays, 4:30 - 6 p.m.  
February 6 - March 27

Find out more about Christian faith in a relaxed, friendly environment. Each of eight weekly sessions covers a specific aspect of this spiritual tradition and includes a meal, a brief presentation and small group conversation. Child care is provided. All free of charge.

Registration requested but not required. Find out more at: [www.grace-sd.org/ALPHA](http://www.grace-sd.org/ALPHA)  
619.475.5943

**GRACE**  
**A ministry of the Bonita Valley Adventist Church**  
3737 Sweetwater Rd.  
National City 91950



## San Diego's Best DUI-DMV & Ticket Attorneys

Stay out of jail. Avoid court. Keep your job. Clean your record. Save your license. Learn your rights: [www.mrdui.com](http://www.mrdui.com). 619-563-1010. [mrdui@mrdui.com](http://mrdui@mrdui.com).

## Divorce Easy \$79-Up

Affordable Legal Assistance, 619-479-4527.

## Injury/Worker's Comp

Attorney. Free Consultation. No recovery, no fee. 619-238-5252. Robert C Strong & Associates.

## Bankruptcy Attorney 7, 13 Stop Lawsuits & Repossessions

Call to speak to attorney. Debt Relief Agency. 858-335-1162. [BankruptcySD.com](http://BankruptcySD.com).

## ThomasHurleyLaw.com

Bankruptcy & Foreclosure prevention. Eliminate credit card debt. Wipe out 2nd mortgage. Law Office of Thomas Hurley, 760-730-4610.

## DUI? Don't Go It Alone!

Attorney R. Pasieczny, 619-512-3412. [RPLawyer.com](http://RPLawyer.com).

## Free Bankruptcy Consult

Direct with Attorney Thomas Shanner. Fast, easy, Affordable. 619-232-3057, [www.shannerlaw.com](http://www.shannerlaw.com).

## Sexual Harassment

Free consultation. Call 619-239-1300 or email [ang@sandiegolegal.com](mailto:ang@sandiegolegal.com).

## Hypnosis— All Issues!

Smoking, weight, habits. Lori (CHT), 858-457-2100.

## Eliminate Debt, Boost Credit!

Without bankruptcy or settlement. Free analysis! Call Fred, 760-400-6196, Ext 1. or [www.acgllc.net](http://www.acgllc.net).

## DUI? Free Consultation

Kerry L. Armstrong & Associates can help you stay out of jail, keep your license. 888-210-4234.

## DUI and Criminal Defense

Affordable rates. Visa/MC, flexible payment plans. Free consult. Attorney David Boertje, 619-229-1870.

## Criminal Defense Attorney

We get off on getting you off! Free consult. MC/Visa. Law Offices of Bahar Ansari, 619-787-0604.

## Divorce "Self-Help" From \$85

Lowest cost services since 1976— Reg. #54 Custody/Visit/Support, etc. Direct: 619-454-0994.

## Sexually Harassed at Work? Hostile Work Environment? Discriminated Against? Wrongful Termination? Unpaid Overtime?

We are experienced in representing employees and will vigorously defend your rights. All too often, employees will ignore an unfair work situation, or will wait too long after a violation has occurred. Don't let this happen to you! Call Attorney Michael Sousa today for a free, no obligation consultation. 858-453-6122 x15.

## Car Repo'd Or About To Be?

Call now to save it! 619-544-0669.

## IRS Tax Solutions!

Stephen Jackman, Tax Consultant. 619-225-9854 or [skjtax@earthlink.net](mailto:skjtax@earthlink.net).

## Free Hypnosis Session

Buy one, get one free. Quit smoking, lose weight, sleep better. 20 yrs. exp. San Diego. 818-774-1973.

## Can Bankruptcy Help Me? Wipe Out Debt, Start Fresh

Free case evaluation. Flexible payment plans. Over 10 years' experience. Se Habla Espanol. [www.medina-lawgroup.com](http://www.medina-lawgroup.com). Call today, 619-517-4553.

## Bankruptcy— Low As \$750 Free Consult— Al Gross, Esq.

888-FAIR-PRICE (888-324-7774). [AskAttorneyAl.com](http://AskAttorneyAl.com).

## IRS Problems Got You Down?

27 years' IRS experience. Income tax and collection problems. Audit and appeals representation. Tax return preparation. Current/unfiled returns. Free consultation. Reasonable rates. BJ Tax Consulting, 858-530-1675.

## Renters Facing Eviction!

Have you been served with a 3-day Notice or an Unlawful Detainer? If so, we can help. We stop Sheriff's lock outs! We allow you to stay put & pay no rent for months. Know your tenant rights. Call today for your Free Consultation, 877-847-8797. [www.EvictStoppers.com](http://www.EvictStoppers.com).

## Divorce/Custody/Support

Affordable rates. Free 30-minute consultation. Military discounts. Happ Law Group P.C. 619-906-5800.

## Have a note or mortgage?

Get Cash!!!! Sell your note/loan. 877-584-4844.

## Affordable Criminal Attorney

Free 1-hour criminal law consultation with attorney. [www.criminal-attorney-sandiego.com](http://www.criminal-attorney-sandiego.com), 888-233-5446.

## In A Hole — Stop Digging!

\$999 (includes filing fee!) unsecured debt Bankruptcy Chapter 7. Global Legal Resources, LLP. 888-846-8901.

## \$999 Chapter 7 Bankruptcy Includes Court Fees

Attorney rep. \$100 starts. Asaph Abrams, Esq. Free consultation. [BankonitSD.com](http://BankonitSD.com). 858-344-0500.

## DUI Defense Attorney

Experienced. Aggressive. Avoid court. Free consult. Foldenauer Law, 619-564-8877. Visa/MC/Amex.

## LavaLife Voice

Talk to sexy singles near you! Call now. 619-894-8191. Must be 18+.

## Stop IRS/State Cold!

Easy pay plan. Ex IRS officer. 30 years' experience. 858-614-0223 or [www.TaxSolutionServices.com](http://www.TaxSolutionServices.com).

## General Practitioner

Including Family Law, Estate Planning and Criminal Misdemeanors. Law Offices of Rosario B. Santoyo. Call for a free consultation, 619-328-7267.

## Aggressive Female Attorney

Criminal/Family Law. Melissa S. Lubin, 619-232-2900.

## Sleep At Night- File Bankruptcy

Stop all creditor harassment immediately and get a fresh start on your credit. 858-335-1162. [BankruptcySD.com](http://BankruptcySD.com). Low rates/ payment plans.

## Aggressive Family Attorney Experienced in Divorce

Divorce, custody, support, property, paternity. Call 619-542-1100. [www.RochaFamilyLaw.com](http://www.RochaFamilyLaw.com).

## Start Your Credit Fresh

Bankruptcy made easy. [bankruptcysd.com](http://bankruptcysd.com), 858-335-1162.

## Bankruptcy: 7, 11, 13

Sound advice; reasonable fee. Payment plans available. C. McLaughlin, Esq. Call 760-431-2200, 619-295-1300.

## Check Your Police Record!

\$499, North County eligible misdemeanor expungements. Global Legal Resources, LLP. Call 888-846-8901.

## Personal Injury Attorney

Car accidents, slip/fall, etc. No up-front fees. Free consult. Scott Salmu, Esq. 619-232-4LAW (4529).

## Chapter 13 Only

Foreclosure? Lien Strip? 24 years' experience in reorganizations. 619-544-0669.

## MilitaryLawyer@aol.com

Courts-Martial Defense. J.W. Carver — 619-390-2864.

## Experienced Tax Attorney

Master of Laws in Taxation. Solution to IRS, FTB, EDD and SBOE problems. Audits, Collections, Levies & Offers. Free consult. Atty. Ronson Shamoun, 619-595-1655, [www.IRSsolution.com](http://www.IRSsolution.com).

## Divorcing? Try Mediation!

Avoid the courthouse and high legal fees. Call A Fair Way Mediation Center, 619-702-9174 or [www.afairway.com](http://www.afairway.com).

## Relax. Rejuvenate. Reinspire.

Introductory acupuncture special: Free phone consultation & 20% off first visit! Also, Mei Zen facial or neck acupuncture treatment series: 10% off package + free initial visit consultation. Ageless & Beautiful, Hillcrest: 619-299-0264.

## Legal Angels Paralegals

Divorces, Bankruptcies, and More! 619-646-9809.

## Ch. 7 Bankruptcy From \$699

Free consult from Attorney V. Renda, 858-232-4000.

## Personal Injury Attorney

Car accidents, slip/fall, etc. No up-front fees. Free consult. Scott Salmu, Esq., 619-232-4LAW (4529).

## Social Security Disability

Free advice from experienced attorney. Dan R. Cohen, 760-888-7338.

## Wipe Out 2nd Mortgages File Chapter 13 Bankruptcy

All work done by attorneys with 20 years' experience. 858-335-1162.

## www.bankruptcysd.com Free Attorney Consult

858-335-1162, 619-233-4415.

## Bankruptcy \$300 Starts

Bankruptcy attorney. Affordable payment plans available. Raymond Schimmel, Atty, 619-275-1250.

## Don't Let IRS Ruin Your Life!

Peace of mind is within your reach! Call 1-877-FIXABLE (24 hours) for recorded message and free report. Attorney Dave Greenberg, 858-292-0700, [www.fixabletax.com](http://www.fixabletax.com).

## Quick & E-Z Divorce \$69.95/up

15 years' experience. Thousands of completed divorces. Issues: Child custody, support, property. 24/7 service. QuickandE-ZDivorce.com. 619-588-1871, 619-534-6065.

## Ex-IRS Tax Attorney

Beat any price. Problems, returns, etc. 619-234-8471.

## Affordable Legal Services

Do you need help with a criminal or civil matter? Call Attorney Mark G. Spencer at 619-233-8610.

## Facing A Foreclosure? File 7 or 13 Bankruptcy

Save your home or wipe out negative equity. Free consultation with experienced attorney. 619-321-8125, 858-335-1162. [BankruptcySD.com](http://BankruptcySD.com).

## Is The IRS After You? Help Is At www.mtax.com

Call Curtis McAllaster, CPA, 619-523-3098.

## Got Warrants?

Compassionate attorneys who listen & fight for you. Unbeatable Prices/Plans! Abby Ertz, Esq. 619-840-4566.

## Need a Divorce!

\$750 plus costs. North County uncontested divorce. Global Legal Resources, LLP. Call 888-846-8901.

## Criminal Defense Attorney

DUI, possession, domestic violence, etc. Visa/MC. Free consult. Scott Salmu, Esq., 619-232-4LAW (4529).

## Low Cost Divorce— Support

Custody, easy payments, online divorce available. MC/Visa. #7. [www.Legal-Choices.com](http://www.Legal-Choices.com). 619-593-6000.

## Bankruptcy 760-944-0841

Free consultation with Attorney David Wiese.

## Stop Deportation!

Become Legalized. Experienced attorney. 619-236-1136.

## Drunk Driving Attorney

Felonies/misdemeanors/DMV/drugs. 619-338-9500. J. D'Ambrosio. Free consult. Visa/MC/Amex.

## Arrested For DUI?? Make One Call Learn Your Rights

Free consultation. Affordable payment options. We can help keep you out of jail and keep your license. [www.klacrimaldefense.com](http://www.klacrimaldefense.com) Kerry L. Armstrong & Associates, 888-210-4234.

## Southern California's Premier Destination Parachute Center Skydive San Diego

Which life-changing experience do you want? Tandem skydive with an instructor— from \$189. Or try Solo skydive with your own parachute, same training as the Navy Seals— from \$319. Click [SkydiveSanDiego.com](http://SkydiveSanDiego.com) or call 619-216-8416.

## Become Debt Free!

\$100 off bankruptcy/loan modifications. Exp. 2/28/2010. Only \$300 starts representation. Bankruptcy Legal Group, 888-219-7566.

## Bankruptcy Chapters 7 & 13 \$300 Starts Representation

All work done by experienced Bankruptcy Attorney. [BankruptcySD.com](http://BankruptcySD.com). 619-321-8125; 858-335-1162.

## In A Hole — Stop Digging!

\$999 (includes filing fee!) unsecured debt Bankruptcy Chapter 7. Global Legal Resources, LLP. 888-846-8901.

## Stop Home Foreclosure Ch. 13 Bankruptcy or Loan Modification

All work done by experienced attorneys with practice limited to bankruptcy mortgage laws. 858-335-1162.

## El Cajon Bankruptcy Lawyer

Free Consultation, Reasonable Fees. Office in El Cajon. 619-794-0461, [www.619Bankruptcy.com](http://www.619Bankruptcy.com).

## Lawyer For Less \$99/Hr./Up

30 years' experience, civil and criminal/DUI. Free consultation. 858-472-4550.

## Bankruptcy- Ch. 7, 11 & 13

Free consultation. Honest advice from an attorney. A debt relief agency. [Avatarlegal.com](http://Avatarlegal.com), 858-793-9880.

## Auto Accident? Other Injury?

Free advice! Injury Law Center, 619-338-8230.

## Keep Your Home!

Forensic loan audits. Debt settlement. Ch. 7 & 13 Bankruptcy. Solutions Law Center, 619-817-6001.

## Discount DUI Law Center

Low Retainer Fee. Easy Payments. Free Consult. DMV Hearings. No Jail (Most Cases). Avoid Court! Call 24/7. Experienced DUI Lawyer Since 1973. 619-271-6441.

## Traffic Tickets?

Don't pay. Hire an attorney to fight for \$100. No attorney fee if ticket not dismissed. Contact Law Offices of Elizabeth Aronson, 760-685-8242 or [SanDiegoTrafficTickets.com](http://SanDiegoTrafficTickets.com).

## Bankruptcy?? Only \$800 Attorney's Fees

For unsecured debt. 24 years' experience. This combo can't be beat. 619-544-0669.

## Criminal/DUI Attorney

Little or no money down, affordable payments. Superior Law Center. 24/7. 888-205-8961.

## Ch 7 Bankruptcy \$1099 Complete Includes Filing Fee

Debt relief agency. Free Consultation. Payment plans available. 8am-8pm, Monday-Friday; and 9am-5pm, Saturdays. Over 9 years of experience. Se habla Espanol. Attorney Roger Stacy, 619-253-8141.

## In A Hole — Stop Digging!

\$999 (includes filing fee!) unsecured debt Bankruptcy Chapter 7. Global Legal Resources, LLP. 888-846-8901.

## Busted for DUI or Drugs?

\$999 North County — 10 days to request DMV hearing! Global Legal Resources, LLP. 888-846-8901.

## Renters Facing Eviction!

Have you been served with a 3-day Notice or an Unlawful Detainer? If so, we can help. We stop Sheriff's lock outs! We allow you to stay put & pay no rent for months. Know your tenant rights. Call today for your Free Consultation, 877-847-8797. [www.EvictStoppers.com](http://www.EvictStoppers.com).

## Bankruptcy- Divorce

Mediation, low-cost child support. 619-238-5680.

## Trademark Law. Malpractice. Personal Injury.

Civil Litigation. Law Offices of Gaston & Gaston, 619-398-1882.





**\$25 Off**  
New Evaluations

**\$99**  
Renewals

**\$10 Off**  
For Referrals

CALMED420.COM

Open Mon.-Sat., Sunday by Appt.  
3045 Rosecrans St. (west of Midway)  
**619.222.3839**



**KNOWLEDGEABLE  
FEMALE STAFF**

Green Earth Herbal Collective  
936 Garnet Avenue • San Diego, CA 92109  
p: (858) 270-4342 • f: (858) 272-4342  
7 days: 11 a.m.-9 p.m.  
[www.greenearthherbalcollective.com](http://www.greenearthherbalcollective.com)

Relaxed, friendly atmosphere

**The Beach Collective**  
4852 Voltaire Street • Ocean Beach  
619-226-3300  
Mon.-Sat. 10-8, Sun. 10-6  
In compliance with Prop 215, SB420

**FREE  
gift**

for all new patients.

**NO 1/8 OVER \$45 EVER!**

Free gram for all new patients with min. \$45 donation.

6902 La Jolla Blvd. #B • 858-729-9927

Corner La Jolla Blvd. & Nautilus St.

Look for the blue awning. Plenty of safe parking.

**Monday-Saturday 11 am-8 pm, Sunday 11 am-6 pm**

In accordance with Prop. 215, SB420, and CA H&S code, sections 11362.5, 11362.7



**\$10 off**

Not valid with any other offer. Minimum purchase of \$60. Expires 2/22/10.

**Free gift** for first-time patients.



**California's Best Meds**  
**619-582-4035**

**Quality meds at great prices.**

Doctor referrals • Non-profit • Handicap accessible   
Community service advocates

**7 days a week**

Mon.-Sat. 10 am-9 pm, Sun. 10 am-8 pm

Patients must have a recommendation from a licensed doctor.  
Recommendations will be verified. Our compassionate care is distributed only in accordance with California's Health and Safety Code 11362.5 and 11362.7, Prop 215, and SB 420.



6186 University Ave.  
(near SDSU)

**GOURMET  
GREEN  
ROOM**

**10% OFF**

For all patients. With this ad.

5121 Santa Fe St., San Diego, CA 92109

**Open 9 am-9 pm, 7 days**

**Office: 858-273-9300**

**E-mail: [green\\_room@verizon.net](mailto:green_room@verizon.net)**

[www.gourmetgreenroom.com](http://www.gourmetgreenroom.com)

SoCal's Premire Caregiver

**Wes+Coast Farmacy**

Compassion and quality above the rest!

**FREE  
JOINT**

with any 8<sup>th</sup> donation.

Coupon must be present to redeem.  
Not valid during early bird special.  
One coupon per patient per visit.  
Expires 2/24/10

**\*Daily Specials!**

**\*Early Bird**  
7-9am M-F  
All 8<sup>th</sup> \$50

**\*Free Gift for**  
1st time Patients.

**\*31 Different Flavors!**  
**\*Largest Facility in SD.**

**\*Safe & Convenient Parking.**

**\*Highest Quality Cannabis in SD!**

**College / SDSU**  
6956 El Cajon Blvd 92115

NW Corner of 70th & El Cajon

(619) 465-4217

Mon - Fri 7am - 9pm  
Sat & Sun 11am - 9pm

**Downtown / Little Italy**  
2215 Kettner Blvd 92101

Airport Exit off I-5

(619) 238-3538

Mon - Fri 7am - 8pm  
Sat & Sun 10am - 8pm

[westcoastfarmacy.com](http://westcoastfarmacy.com)





# Free Gram

with \$50 donation (new patients only)

**Grand Opening! Open 10 am-9 pm daily**

**GREEN POWER** Medical Marijuana Collective

9960 Campo Road, Suite 107 • Spring Valley, CA 91977 • 619-321-8766

## IN BANKERS HILL



# ATHC

Alternative Therapy  
Herbal Center

## \$25<sup>00</sup> COUPON

New Qualified Patients Only  
Minimum Order of \$60

## (619) 825-0955

3251 FOURTH AVENUE San Diego, CA 92103

Operating in accordance with Prop. 215 - S.B. 420 - H&S 11362.5



Protect yourself  
under  
California Law.

Court-approved state license.

Visa | MasterCard  
Debit

## Get Legal!

### Medical Marijuana Evaluations

## \$50 off \$99

for new patients  
Mention this ad and price is \$125.  
Patient ID cards included.

Renewals  
ASA certified.  
FAST, SIMPLE,  
CONFIDENTIAL

2515 Camino Del Rio S. #340 • Mission Valley  
619-297-3800 • [www.MC2SD.com](http://www.MC2SD.com)

## Medical Marijuana Recommendations

Greenleaf & Care

Low-cost and Confidential  
Recommendation allows you to possess  
and use medical marijuana legally.

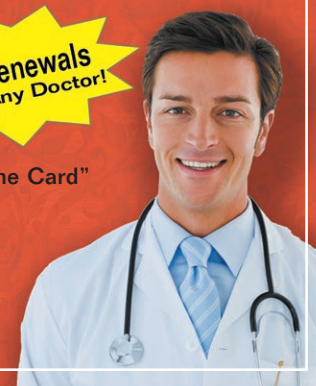
### 888-774-7076

[greenleafclinics.com](http://greenleafclinics.com)

Carlsbad Village  
Mission Valley

\$89 Renewals  
From Any Doctor!

"Get the Card"



THE EMPEROR NEEDS OUR HELP DETAILS AT ORGANIC EXPERIENCE

# ORGANIC EXPERIENCE

7841 Balboa CA  
San Diego, CA 92111

Recommend 10 patients  
\$100 free top shelf gift

[www.organicexperience.web.com](http://www.organicexperience.web.com) for our menus

HELP JACK HERER WITH DONATIONS  
FOR MEDICAL NEEDS



## Medical Marijuana Evaluations

• Appts. 7 days • Walk-ins welcome

• 24-hr. -7 days/week online verification service

**\$100 Renewals**

Discounts for SSI, Disability & Unemployment.

Legitimate and affordable. Dr. Sterner has **13 years'**  
experience working with medical marijuana patient needs.

Anti-Aging Arts  
1516 W. Redwood St., #105  
(near airport)  
**888-220-2931**

24-Hr recorded info 619-442-4215  
[www.medicalmarijuana-sandiego.com](http://www.medicalmarijuana-sandiego.com)

## East County Cooperative

**\$5 off** with minimum \$20 donation.

7200 Parkway Dr. #102 (near Lake Murray Blvd.)  
Monday-Friday 11-7, Saturday 1-6, Sunday Closed  
619-713-5922 • [EastCountyCoop.org](http://EastCountyCoop.org)

Free gift.  
for new members.

# Medical MARIJUANA

EXPERT PROP 215  
PATIENT EVALUATIONS



# MM SD

MEDICAL MARIJUANA OF SAN DIEGO  
NOW OFFERING 24/7 VERIFICATIONS

## 888.215.HERB

Bob Blake, M.D.

[www.mmofsd.com](http://www.mmofsd.com)

Online Prequalification  
**FREE**  
**SAVE \$25**



In Mission Valley!



**\$89 Evaluations in Minutes!**  
\*For legal use of Medical Marijuana

- No Patient Records Needed
- Renewals only \$59

**Holistic Enterprise Medical Partners**  
2815 Camino Del Rio South, Suite 275  
San Diego 92108

Call 619-294-HEMP  
(619-294-4367)

## CANNABIS CENTER

If you suffer from Migraines, Nausea, Chronic Pain, Cancer, Stress, Depression, Anxiety, AIDS/HIV, Insomnia, High Blood Pressure, Loss of Appetite, or any other condition for which marijuana provides relief under Prop 215 then you may qualify for Medicinal Cannabis.

Call us now to schedule an appointment to possess and use marijuana legally!

**NEW EVALUATION ONLY \$99**

ID Card Included  
\$80 Renewals

BY APPOINTMENT ONLY

3235 FOURTH AVENUE, SAN DIEGO  
619 866 4579 / [WWW.CANNABISRXCENTER.COM](http://WWW.CANNABISRXCENTER.COM)

# Medical Marijuana Cards

Get Legal  
**New Evaluation \$99**

Open 7 days • Walk-ins • Compassionate Confidential Care



420 Cannabis Cards  
3780 Hancock #G, Sports Arena Area  
**888-554-4404**

# \$10 OFF

(Minimum donation \$60)

## 4 1/2 Gram Eighths / 8 Gram Fourths

(First-time members only)



**Mon.-Sat. 10 am-8 pm**  
**Sun. 10 am-6 pm**  
5703 Oberlin Drive, Suite 201  
San Diego, CA 92121  
**858-550-0445**  
[thehappycooperative.org](http://thehappycooperative.org)

In accordance with Prop 215, SB 420, H&S 11362.5



# Medical Cannabis

You've had the right.  
Now you have the right source.

Must have doctor's recommendation.

**La Jolla**  
**858.456.1779**  
1012 Prospect St., #300  
(On the top floor of the English Language Center)

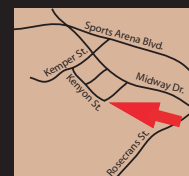


**San Diego**  
**619.221.2932**  
3405 Kenyon St., #201



10 am-7 pm, 7 days a week  
**sacmedicinal.com**

In accordance with Prop 215, SB 420, H&S 11362.5





IN ACCORDANCE WITH PROP 215 S.B. 420 H&S 11362.5

**UNIFIED COLLECTIVE** *San Diego's* **FINEST** 40+ strains

WINNER - SAN DIEGO MEDICAL CANNABIS CUP

619-299-6600 • 2815 CAMINO DEL RIO S #2A • OPEN 10:00 AM TO MIDNIGHT - DAILY  
WWW.UNIFIEDCOLLECTIVE.COM • LOCATED IN CENTRAL MISSION VALLEY • MEMBERS ONLY - 21+

OPEN TILL 12AM!

**FREE GIFT FOR FIRST TIME MEMBERS**

**\$5.00 OFF**

WITH COUPON ANYTIME MINIMUM DONATION OF \$50

ONE COUPON PER MEMBER, PER VISIT COUPON NOT VALID W/ ANY OTHER OFFER

**North County Delivery** Coastal & R.S.F.

• Guaranteed on time!  
• Free delivery!

**Avail** (760) 525-4575  
10 am-8 pm/Mon.-Sat.

Free gift for new patients!

MEDICAL MARIJUANA **FREE DELIVERY!**

Verification onsite or over the phone.  
Variety of Meds to select from onsite after verification.

**25% off new patients**

**Wellness Center Delivery**  
**858-309-2309**  
Mon.-Sun. 9 am-5 pm.

A non-profit organization in compliance with Prop 215, SB 420 and HS 11362.5

**\$5 OFF / FREE GRAB BAG!**

with 1/8 or more purchase. First-time patients only.

**Absolute Collective** for absolute compassionate care

2801 4th Ave. (at Olive), San Diego 92103  
Mon.-Sat. 10 am-6 pm  
619-630-2727 • absolutesandiego@gmail.com

In accordance with Prop 215, S.B. 420, H&S 11362.5

**North County's only non-profit Medical Cannabis Cooperative**

Free limited membership  
Free delivery • Handicap accessible

**SOCAL WELLNESS**

1990 S. Santa Fe Avenue  
Vista, CA 92083 • 760-509-4800

In strict accordance with prop 215, SB 420 and H&S 11362.5

**Ocean Beach WELLNESS CENTER**

Visit San Diego's newest dispensary, offering safe legal access to Medical Marijuana from friendly knowledgeable staff.

**4851 Newport Ocean Beach, CA 92107**  
**(619) 226-2653**  
admin@obwellnesscenter.com

Diverse and effective strain menu available daily, with updates.

New patients receive gift. Love dispensed to all patients.

Open daily, 11am - 7pm

a collective established in the spirit of Prop. 215 and SB 420

**MEDIMAR**

BE EVALUATED BY A DOCTOR.  
GET YOUR MEDICAL MARIJUANA RECOMMENDATION.

TOTALLY CONFIDENTIAL • 24-HOUR VERIFICATION • FAST & SIMPLE

**DO IT LEGALLY & DO IT NOW!**

Do you suffer from: AIDS, depression, nausea, glaucoma, migraines, anxiety, chronic pain, cancer?  
"Or any other illness for which marijuana provides relief" - Prop. 215

**\$99 for new patients**  
**\$75 renewals**

Other discounts available. Expires 3/31/10.

CALL FOR AN APPOINTMENT:  
**877-627-1644**

WWW.MEDIMARCLINIC.NET • 9 am-6 pm 7 Days a Week  
2121 5th Ave. #100 in Banker's Hill near Downtown  
(Along MTS routes 3 & 5)

**OPEN IN PACIFIC BEACH**

**\$10 OFF**

Not valid with any other offer.  
Minimum purchase of \$60.  
Expires 2/23/10.

**First-time patients also receive a free gift.**

**SAN DIEGO ORGANIC WELLNESS ASSOCIATION**

QUALIFIED PATIENTS WELCOME

1150 Garnet Ave.  
www.SDOWA.org

**(858) 750-2401**  
12-8 pm Monday-Sunday

Mission Blvd.	SDOWA	Garnet Ave.	I-5
	Ingraham	Grand Ave.	





**BCC**

Beneficial Care Collective

619-702-2110  
www.sandiegobcc.com

740 Broadway  
Downtown location  
Free parking  
behind building

**\$10 Off**

With minimum donation  
of \$45. One coupon  
per member.

**Free Gift**

First-time members  
with donation.  
One per person.



**Free 16th**  
**No Purchase Required**

*20+ Top Shelf Strains*

*Light The Way's Private Reserve O.G.  
Master O.G.  
Bubba Kush  
Indoor Sour Diesel at \$295.00 oz.*

*6330 Nancy Ridge Road, Suite 108  
San Diego 92121*

**(858)550-0450**

Holistic non-profit collective  
Free offer extended to first-time qualified patients only.

*"The most knowledgeable and friendly  
staff in San Diego." – D. Hoover*

**Daily  
Specials!**

**CANNABIS CREATIONS  
WELLNESS COOPERATIVE**

**Open in North Park!**  
**2505 El Cajon Blvd. (near Texas St.)**  
**9 am-9 pm / 7 days a week**  
**(858) 356-7967**

 Gift for new patients

 **ATM  
MACHINE  
AVAILABLE**

A non-profit coop in compliance with Prop 215,  
SB 420, H&S 11362.5 • Handicap accessible 

**MEDICAL MARIJUANA**  
Confidential, Professional Recommendation from Licensed, Board-Certified M.D.

Many Therapeutic Applications  
**New evaluations \$135**  
**Renewals \$100**

CA Prop 215 protects you.  
24/7 verification.  
ID cards provided.



**North County  
Medical Marijuana**  
**760-815-6505**  
**www.marijuanahealing.com**  
**Encinitas – by appointment only**

**Got green?**

**Free joint for each new patient.**

*The California Green Room • 619-582-5420  
5234 El Cajon Blvd. • CaliforniaGreenRoom.org  
In compliance with Prop 215, SB 420, and HS Code 11362.5*



**North County's Medical Marijuana  
Delivery Service**

9 am-9 pm Daily. Must be 21+  
Call or fax your pre-verification information.  
Phone: (888) 379-9681 • Fax: (760) 730-0269

**GRASS OF THE EARTH**  
**www.grassoftheearth.moonfruit.com**

A non-profit organization. In compliance with Health and Safety Code 11362.5, Prop 215, SB 420



**Miramar's Premier Medical Marijuana Cooperative**  
**8400 Miramar Rd. #150, San Diego, CA 92126**

M-F: 11 am-7 pm  
Sat.: 11 am-5 pm

 858-271-7700  
DeltaNineHealing.org

A not-for-profit in compliance with SB 420 & Prop 215

**4g eighths!**  
High-quality medications • Open 11 am-11 pm • [www.alternativecaregroup.org](http://www.alternativecaregroup.org)

*Alternative Care Group*

3930 Oregon St., Suite 260, San Diego, CA 92104 • (619) 795-1887  
Non-profit. Members only. Friendly and knowledgeable staff. ATM available.  
In compliance with Prop 215 and Senate Bill 420. Free WiFi available.

**ALLGREEN**

3740 5th Avenue  
San Diego, CA 92103

**HILLCREST**  
FREE GIFTS TO NEW PATIENTS / 21 & UP  
**619-269-1824**  
[www.ALLGREENCOOP.com](http://www.ALLGREENCOOP.com)  
420/215 COMPLIANT



**We've Moved!**

**7949 Mission Gorge Rd.**  
**5200 square feet of inventory space**

More customer service  
More inventory  
Better pricing  
Indoor loading zone

*Santee Hydroponics*  
THE PROFESSIONAL GROWERS CHOICE  
Open 7 days a week 11 am-7 pm  
(619) 270-8649 • [SanteeHydro.com](http://SanteeHydro.com)







# Pantytime® 2010

## Buy 2 intimates get the 3rd free.\*

Made in Downtown LA  
Sweatshop Free  
[www.americanapparel.net](http://www.americanapparel.net)

\*Third item must be of equal  
or lesser value. Cannot be  
combined with other discounts  
or promotional offers.

Visit us online for additional  
Pantytime deals and to enter  
our Search for the Best Bottom  
in the World.

Select styles 50% off.  
See stores for details.

American Apparel®

# Feb. 4-21