

SAN DIEGO

VOLUME 39 / NUMBER 4  
JANUARY 28, 2010

# Reader



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COUPONS  
INSIDE



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January 28, 2010

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Chicago takes back the waterfront.

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Started Jan. 7  
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### San Diego, Texas

Started Jan. 7  
News from our tiny twin.

### Poetry

Started Jan. 14  
The old and the new

### Media Hawk

Started Jan. 14  
Moss Gropen's cold eye

### Classical Music

Started Jan. 14  
Behind-the-scenes reporting

### Crush

Started Jan. 21  
Local wine stories

### Yonder Lies It

Started Jan. 21  
Tijuana bloggers

### SD on the Q.T.

Starts this issue, Jan. 28  
Almost factual stories

### Art

Starts this issue, Jan. 28  
Simone Di Piero monthly reviews

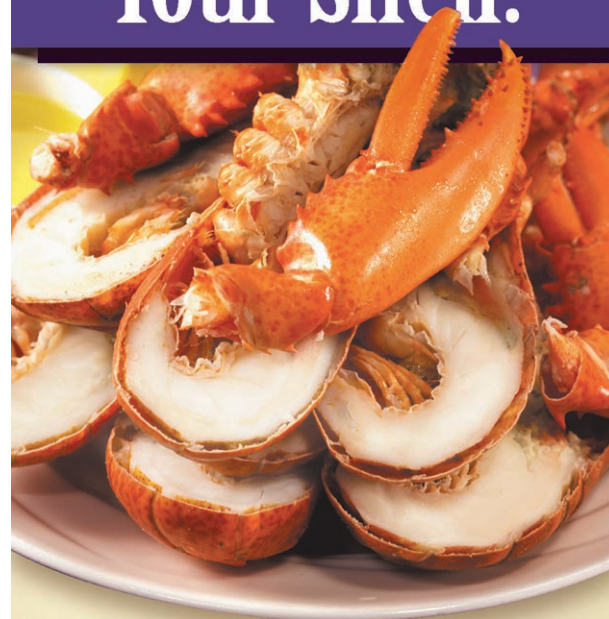
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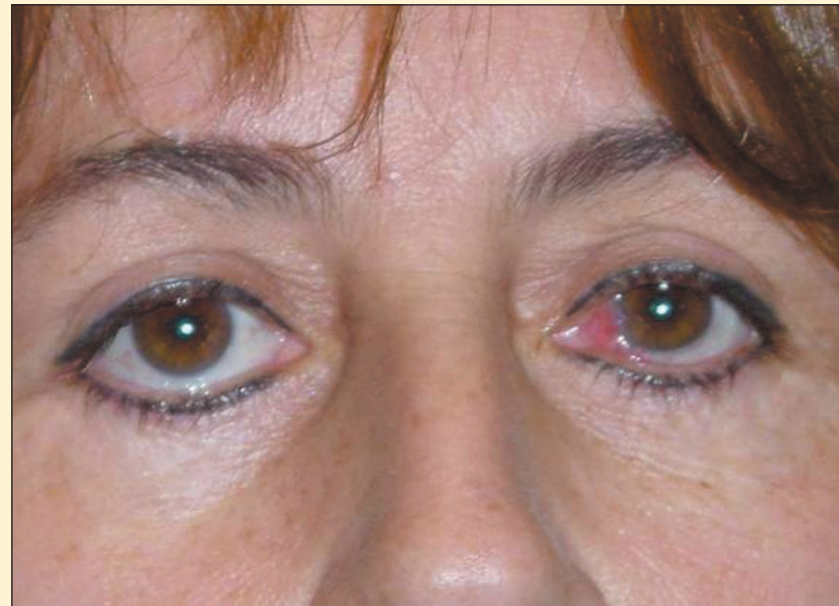
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**Insurance can cover  
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Schedule a consultation to see if you qualify.  
Call 1-888-230-7314. Ask for Alma.

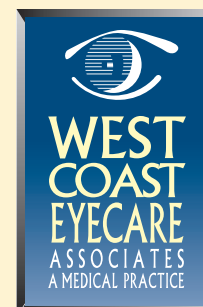
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## UNDER THE RADAR

**Cash and ethics** For decades, Chargers owner **Alex Spanos** has been a financial mainstay of Republicans far and wide, giving hundreds of thousands of dollars to a vast array of GOP candidates and officeholders, from city councilmembers and mayors, such as **Susan Golding** and **Pete Wilson**, to presidents of the United States, including **Jerry Ford**, **Ronald Reagan**, and



Alex Spanos

both **Bushes**. But Spanos, the Stockton-based billionaire builder who turned 86 in September, is suffering from a form of progressive dementia, according to his family, and is no longer taking care of daily business. Maybe that explains why Spanos and various family members, including son **Dean**, now president of A.G. Spanos Companies, have so far given a total of \$32,800 to the 2010 reelection bid of liberal Democratic senator **Barbara Boxer**, according to a *Congressional Quarterly* database. But other things may have been in play.

In September of last year, Alex, Dean, and their wives gave \$9600 to friend and fellow Greek-American **Alexi Giannoulis**, a Democrat running in next week's primary for the Illinois senate seat once held by

**Barack Obama**. On his website, 33-year-old Giannoulis, the state treasurer of Illinois, boasts that he is "the first U.S. Senate candidate from Illinois to refuse contributions from corporate PACs and federal lobbyists." An Obama ally and regular basketball partner, Giannoulis junketed to Greece, Turkey, and Cyprus last summer with Illinois senior senator **Dick Durbin**. The current occupant of the senate seat, **Roland Burris**, appointed by ousted Democratic governor **Rod Blagojevich**, had once been expected to seek election. Then, in February of last year, the Boxer-chaired Senate Ethics Committee opened an investigation into charges that Burris had failed to testify honestly before an Illinois House committee regarding a promise to raise campaign money for Blagojevich.

In late May, at the request of the committee, a federal judge unsealed a damaging wiretap of a Burris conversation with Blagojevich's brother about the promised contribution, which Burris ultimately didn't make. Burris soldiered on for a month, but in early July announced he was dropping out of the race, clearing the way for Giannoulis and others. The Spanos money to Boxer came in August. (In November, Burris was "admonished" by Boxer's committee.)

The Spanos clan hasn't totally abandoned

Republicans. In April of last year, Alex, Dean, and other family members gave a total of \$16,400 to the reelection bid of **John Ensign**, the GOP senator from Nevada. In June, Ensign made headlines for his affair with a staffer's wife. The Spanos operation has major holdings in Las Vegas. Alex also gave \$3000 to the National Republican Congressional Committee.

**Self-interested** Ex-San Diego schools chief and border business investor **Alan Bersin**, still awaiting senate confirmation of his appointment by President **Barack Obama** to become head of Customs and Border Protection, has hit the lecture circuit. On January 13, he told an audience at Houston's Rice University that "it is time for us to view borders not as lines that divide us but rather as flows of people and goods and ideas and capital."



Alan Bersin

Bersin — who as of last October held promissory notes valued between \$600,000 and \$1.25 million as proceeds from the sale of previous interests in a Mexicali industrial development and a San Ysidro-based Mexican travel insurance agency, according to a federal disclosure filing — added, "We must monitor together, we must assess the risks...together, and we must start to create the institutional relationships and mechanisms that will permit us to manage these flows in a productive way." A future stop: April's fourth annual Border Security Expo in Phoenix, which Bersin is set to co-keynote with GOP senator **John McCain**.

**Odds-on favorite** On Wednesday of this week, the State Race Track Leasing Commission was scheduled to approve a new request for proposals for a new lease of the Del Mar track. The Del Mar Thoroughbred Club, the track's current operator, is expected to be the favored, if not the only, bidder for the concession. Apparently taking no chances, the club has been spreading around political contributions to state legislators and legislative hopefuls. December beneficiaries included Democratic senatorial hopeful **Juan Vargas**, who got \$500; GOP senator **Mark Wyland** (\$1500 for the year); and Democratic assemblywoman **Mary Salas** (\$2000 for the year).



Mary Salas

— Matt Potter

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## National Football Liars

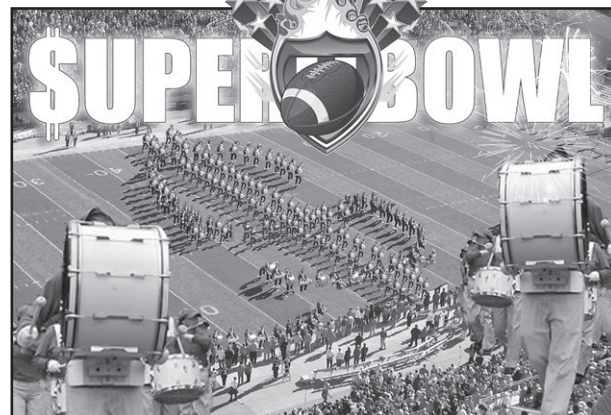
By Don Bauder

It's Big Lie season again. Super Lie. Specifically, Super Bowl Lie. It's that giddy time of the year when the National Football

League trots out its claim that the city that hosts the Super Bowl can expect more than \$350 million in economic benefits from the weekend of partying. Some host cities have claimed to reap \$400 million, even \$500 million from the phantom ripple effect — all of which goes to prove that if you pay a consultant enough money, he will come up with any number you want.

The projections are posterous, say economists who have studied the actual economic impact of a Super Bowl. Philip Porter, economist at the Tampa-based University of South Florida, did some of the seminal studies

deflating the National Football League's claims back in the 1990s. I



asked him about the impact of this year's Super Bowl: "I'd say \$50 million or less, maybe zero. It may actually

cost you to host the Super Bowl."

Says Roger Noll, economist at Stanford, "I'd say \$30 million to \$50 million."

"About \$35 million," says Dennis Coates, economist at the University of Maryland, Baltimore County.

All three economists have written extensively on the so-called economic impact of pro sports, including the onetime events such as the Super Bowl,

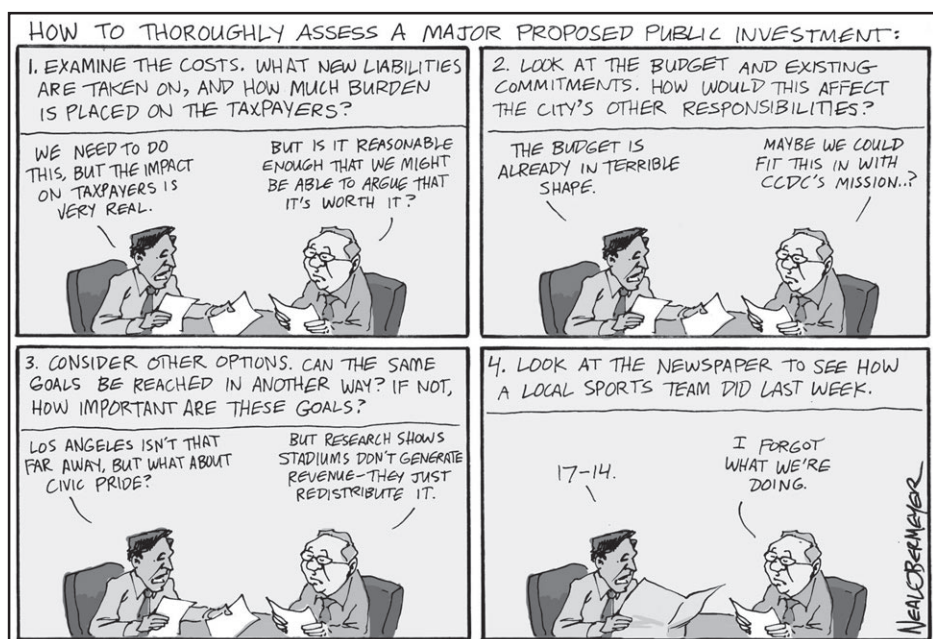
Olympics, and baseball All-Star Game.

One of the most perspicacious summations comes from Allen Sanderson, economist at the University of Chicago. "The National Football League can add and multiply, but it can't subtract or divide," says Sanderson. "If

continued on page 11

**Obama Proposes Restrictions on Banks** Finally showing some backbone and taking advice from former Federal Reserve...  
**Pension Costs Reach 69% of City Payroll, Says DeMaio** "When factoring in the cost of all city retirement benefits..."  
Read Don Bauder news updates like these every day at [SDReader.com](http://SDReader.com)

## Neal Obermeyer





## The Mad Hatter's Council Meeting

By Susan Luzzaro

**C**ommunication at a Chula Vista city council meeting hit an all-time low on December 15. The council was besieged when

one resident threw plastic eggs at the dais, claiming that councilmembers had “no backbone, no huevos, no balls.” The resident yelled to “get redevelopment out of the way and let the free market take its place.” On the other side of the dais, people also felt besieged. Residents who came to speak were angered when they felt their public testimony was belittled or negated by Mayor

Cheryl Cox and Councilmember Pamela Bensousan. The issue that produced this acrimonious exchange was a proposed five-year redevelopment plan.

Of most concern to residents who turned out for the meeting was the possibility that their neighborhood would be included in a redevelopment area

and declared blighted. People feared that a home in a blighted area would have less resale value, that residents would have less control over their neighborhood, and that their homes might even be threatened by eminent domain.

At the beginning of the discussion, Redevelopment Agency staff presented to the council a 40-page document that stated as its number-one objective “Expansion of Redevelopment Project Areas.” Most of the debate at the council meeting centered around whether the intent of the document was to begin the process of identifying blighted areas and expanding the project areas or whether the intent was simply to begin a community dialogue about expanding the areas. A second issue was money. By expanding the project areas, the agency’s revenue would also be expanded. Some residents and councilmembers questioned

whether the agency had shown sufficient achievement in the past to justify the expanded territory and increased revenue.

The Redevelopment Agency relies on bond sales and tax increment money for funding. A tax increment accrues after property is included in a project area. If a property increases in value, the assessed tax increase goes to the agency. Taxes going to the city’s general fund remain the same. As property values are very low now, but anticipated to rise, the Redevelopment Agency would be in a good position to capture that rise.

The issue of eminent domain seemed uppermost on the audience’s mind. Councilmember Bensousan asked agency staff whether Chula Vista’s Proposition C and the state’s Prop 99, approved by voters in the past few years to defend citizens from eminent domain seizure, afforded residents of Chula Vista protection from losing their homes if they were placed within a project area. City Attorney Bart Miesfeld said he had studied the point and he didn’t believe that even “coming through the back door,” through the Redevelopment Agency, that owner-occupied houses could be seized and sold to private developers. A moment later, however, he said that the city would be able to use eminent domain for public use.

During the public comment period, David Danciu, of the community organization Crossroads II, told the council that to expand the project areas “would start the process where the label of blight would be assigned to residential neighborhoods.” He asked the council to consider, “If you lived in those neighborhoods, would you want your houses, your neighbors’ houses, to be labeled blighted? I wouldn’t.”

Theresa Acerro, Gateway building in background

continued on page 12

## STRINGERS

### Abandon Whip!

Driver Leaves Stalled Car in Flood

La Jolla — On Tuesday afternoon, when heavy rains flooded a section of North Torrey Pines Road near



Stalled car on North Torrey Pines Road

Torrey Pines Scenic Drive, the driver of a silver compact was left stranded, according to San Diego police Capt. Chris Ball.

“He went into the water, the engine stalled, and the driver just simply abandoned the vehicle,” Ball said. Hours after the incident, police directing traffic around the flooded intersection had yet to hear from the driver.

By Steve Perez  
Thursday, Jan. 21

### Reservation Drugs

Traffic Stop Leads to Dealer's Arrest

Valley Center — On January 21 at about 9 p.m., sheriff's deputies arrested a resident of the San Pasqual Reservation after a traffic stop led to the discovery of numerous types of illegal narcotics and drug paraphernalia that suggested sales of drugs.

The suspect, Lupe Vasquez, 47, was a parolee at large, and the investigation developed sufficient information to obtain authorization from Vasquez's parole agent to conduct a search of his residence.

Vasquez was booked into the Vista Detention Facility. According to Sgt. Robert Niderostl (who pro-

vided information for this report), the investigation will continue.

by Craig Vansant  
Saturday, Jan. 23

### Would Kate Turn in Her Grave?

24-Hour Alcohol Ban for P.B. Park

Pacific Beach — A proposed change from Kate Sessions Park's 12-hour alcohol ban to a 24-hour alcohol ban was on the Santa Clara/Pacific Beach Recreation Council's agenda on Tuesday, January 19.

Some of the reasons given for the proposition included public urination, binge drinking, dogs off leashes, noise, broken glass, and drunk drivers.

An eight-year resident named Mike said, “The facility can’t handle something like Over-the-Line every weekend. There are fraternity guys running around in wigs and skirts. I think Kate Sessions would turn over in her grave if she saw how the park was being used.”

One resident claimed that 65 calls were placed to the SDPD between



Entrance to Kate Sessions Park

August and December of 2009.

While many disagreed about the imposition of a 24-hour ban, most agreed that taking alcohol off the beaches caused this problem and that taking alcohol out of the park will cause yet another.

According to a hand-out provided during the meeting, in San Diego

continued on page 13



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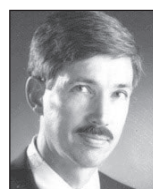
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## Football liars

continued from page 6

you take the number they give you and move the decimal point one place to the left, that's probably about right." That's also the finding of Rob Baade, economist at Lake Forest College in Chicago, who did a careful study of the impact.

Economists who have looked at the so-called ripple effect of the Super Bowl, All-Star Game, college basketball's Final Four, soccer's World Cup, and the Olympics "generally find that the impact is overstated by at least ten times," says Porter.

That's because well-paid consultants with sticky fingers report gross figures, not net figures. "They count everyone that comes to town and the money they spend, but they don't count the people who would have been in town anyway, and they don't count expenses such as police and fire," says Porter.

One of the best examples of this statistics-twisting is cited by Neil deMause, who runs the website *Fieldof-schemes.com* and cowrote a book that was revised two years ago, *Field of Schemes: How the Great Stadium Swindle Turns Public Money into Private Profit*. After basketball great Michael Jordan sat out a year before returning to the sport, *Fortune* magazine calculated that "his Airness was worth a cool \$10 billion a year to the U.S. economy," says deMause.

He explains, "Someone at *Fortune* took out a calculator and totaled up every economic exchange that was touched by MJ's blessed hand: every pair of Air Jordans sold, every pair of Hanes underwear worn, every 'Space Jam' video rented. Total up all the Jordan merchandise, Jordan-endorsed products, and Jordan-linked TV contracts, and you get \$10 billion."

But what's missing is what economists call the "substitution effect." Says deMause, "Most people, presumably,

would have watched videos and worn underwear even if Jordan hadn't been around to tell them to do so."

Similarly, there would be tourists in town even if there were no Super Bowl. And setting aside all hotel rooms for game guests can backfire. Porter explains that when Tampa got the 2001 Super Bowl, 35,000 rooms were reserved. Hoteliers insisted that the guests get a minimum seven-day reservation. But the guests only stayed for the weekend. The hotels did fine pocketing the money, but local restaurants, bars, retailers, and the like were shortchanged the rest of the week.

In Miami, the cost of a \$150 hotel room can escalate to \$450 on Super Bowl weekend, says Porter. But do hotel maids and clerks enjoy a tripling in their pay? Of course not. The difference goes to the hotel's coffers. And the hotel is generally owned out of town. "Paris Hilton gets that [extra money], and she is not in Miami," says Porter. (In fact, she may be in jail somewhere.)

"The Super Bowl does draw people from out of town, but these numbers get inflated because most of the money collected goes to the NFL or to the hotels, which are national companies," says Noll. Local vendors, retailers, and restaurants do bring in some money, but the local tax take is \$2 million or \$3 million, says Noll. Generally, he says, the Super Bowl is "a modest benefit if you are willing to put up with the noise and traffic jams."

Cities have computerized economic models that try to capture tourism's ripple effects. Onetime events such as the Super Bowl befuddle those models, says Porter. If the price of a hotel room triples, the model may assume that three people, rather than one, came to town and conclude that three times as many T-shirts were purchased and restaurant

meals eaten. The model may suggest that because of this manna, the city should build more hotels and restaurants and expand its airport, "but it is a short-duration effect," says Porter. (In San Diego, city fathers want to expand the convention center because of one event, Comic-Con.)

One way economists try to measure actual impact is to look at tax revenues from before a game and after. Coates did a study of the 2004 Super Bowl in Houston. He figured that sales tax revenues might have gone up by \$5 million. "For a city the size of Houston, that is piddling," he says. Coates didn't take costs into account. Houston's comptroller did and concluded that, overall, the city came out only \$900,000 ahead.

Boosters will claim that the city gets all that free publicity from a huge international TV audience, as well as worldwide press coverage. "But you have no idea what kind of press you are going to get out of it," says Coates. Porter points out that because press people couldn't find sufficient watering holes, Jacksonville became known as a sleepy town that rolls up its sidewalks at night. Coverage of a riot during Super Bowl time hurt Miami. At one Tampa Super Bowl, the media got obsessed with titty bars.

In trying to entice a city to subsidize a pro team, the National Football League will haul out the grossly inflated \$350 million-plus figure and promise future Super Bowls that would help offset the stadium cost. San Diego will be hearing that argument as the team and the establishment lobby for a subsidy of \$700 to \$800 million for a new Chargers stadium. But the whole idea is ridiculous. There are 32 teams. Even some in cold-weather cities may get Super Bowls. Maybe 20 cities are host candidates. "The ben-

continued on page 12



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## CITY LIGHTS

### Football liars

*continued from page 11*

efit of having a Super Bowl every 20 years is tiny compared to the cost of a facility,” says Noll. “You’d get at most two Super Bowls in the life of a stadium.”

But the public still swallows such nonsense. Councilmember Donna Frye remembers one Super Bowl year when a constituent asked what the city council would do with that \$350 million check it was getting from the National Football League. The league would like people to believe such nonsense. ■

### Mad Hatter meeting

*continued from page 7*

Theresa Acerro, president of the Southwest Chula Vista Civic Association, told the council, “We have these large residential areas in the southwest that have been in redevelopment since 1991, and the Redevelopment Agency has not spent one penny of tax increment money in those neighborhoods, even though they’ve raised a whole lot of tax increment money because of large condo-development homes that have been upgraded. So why in the world should we believe they’re going to do something good for the neighborhood if they expand into other neighborhoods?”

Acerro also had harsh words for the Redevelopment Agency. She said the agency, whose members are identical to the city council, has a terrible record of losing money and making poor investments. By way of example, she cited the Gateway project, a two-building commercial and office complex on Third Avenue and H Street. When the project started in 2000, the city hoped the new buildings would revitalize Third Avenue, but that hasn’t happened yet. According to a June 2009 staff report, in both buildings “many ten-

## CITY LIGHTS

ants have relocated or been unable to maintain their leases resulting in a vacancy of approximately 30 percent.” Acerro complained that to get the project going, the agency “used eminent domain to put businesses out of business, sold the land to the developer for less than what they paid, then they gave the developer millions of dollars....” Acerro went on to say that the developer — Jim Pieri, of MountainWest Real Estate — is now trying to sell or lease the Gateway buildings because the vacancy rate is so high, yet the agency would like to give him more money for a third building.

During council comments, Bensoussan held up a stack of letters from constituents and claimed that “these people” were misinformed and manipulated by a fearmongering campaign. She read excerpts from letters written by people who feared losing their homes to a “land grab.” Then she named Earl Jentz, a Chula Vista realtor and community activist, as the one who had stirred up residents’ fears.

When Mayor Cox’s turn came, she responded to Acerro’s comments about the Gateway project by defending the developer. “It’s hurtful and just pathetic to criticize a company that had a lot of leasors in the mortgage business, so the mortgage bankers don’t have mortgages to write and they tend to move out of the property, and that puts any business owner in a predicament,” she said.

Responding to Acerro’s comment that the agency had not spent one penny on residential neighborhoods in the southwest redevelopment area, Cox enumerated nonresidential projects the city or the agency had done there. These included Palomar shopping center, Palomar roadway improvements, and Harborside Park.

Mayor Cox and councilmembers Bensoussan and Mitch Thompson supported the redevelopment plan as

## CITY LIGHTS

written. Bensoussan said a vote for the plan would simply “open a dialogue” with the community on expanding project areas. She said the ultimate intent was getting the money to neighborhoods to “rehab” them. She assured residents that any added project areas would not have neon signs that said “Blight,” and she noted that “the whole city of Coronado is in redevelopment.”

Though not opposed to redevelopment per se, councilmembers Steve Castaneda and Rudy Ramirez had reservations about the plan and the agency’s past performance. Concerned about how neighborhoods have not gotten what they deserved in the past, Castaneda said, “We’re not telling them what we’re doing for them; we’re telling them what we want from them.”

Ramirez added to this by saying that the five-year plan “fell short” in giving clear direction. He pointed out that although “people” interpret the document to mean a communitywide dialogue will be initiated, “the words of the document actually say something else.” Ramirez said he found it suspicious that in recent meetings he’d attended “decision-makers” had already made up their minds “that this [expanding the project areas] was a good thing.” He characterized redevelopment in Chula Vista as being in an “infant state” and felt that public skepticism would not be so strong if the “redevelopment effort had seen some demonstrated results.”

In the end, only part of the five-year redevelopment plan was passed. The first vote, part A, pertained to projects in Town Centre I, which includes Chula Vista’s bayfront. The vote was 3–1 with Ramirez opposing it and Castaneda recusing himself due to a conflict of interest. In the second vote, part B, which pertained to Town Centre II and southwest Chula Vista, Thompson and Ramirez recused themselves



due to conflicts of interest. Castaneda had indicated he would not support the five-year plan as written, so Cox proposed for the time being to delete residential-redevelopment expansion from part B and it was approved.

In an interview a few days later, David Danciu, of Crossroads II, explained why he had attended the meeting. Danciu had been part of the Redevelopment Agency's advisory group, which was charged with generating the plan, but he said the expansion had come as a surprise to him.

"All of a sudden, we went to our very last meeting, and there it was — the redevelopment staff brought a document that said that one of the Redevelopment Agency's top three objectives was to expand redevelopment into residential areas," Danciu recalls. "It wasn't even specific to what areas."

Danciu said he asked the staff, "Well, what's this all about?" Staff answered him that there were other stakeholders.

"Apparently it came from the city council," said Danciu. "It was really a shock to me to see that pop up out of nowhere, and that led to us protesting it at the city council meeting."

Theresa Acerro said she'd spoken out at the meeting against the plan because "the Redevelopment Agency is essentially dysfunctional. Why would you want to expand something that is that dysfunctional?"

She pointed out contradictions in the mayor's and council's statements about community input. "On the one hand, they're saying at the beginning of the meeting that they're going to hire another consultant to do another community outreach, but then you have the councilmembers — or at least Mayor Cox and Councilmember Bensoussan — insulting people who are participating and commenting. Bensoussan actually quoted from letters people had writ-

ten to her and said that these people were uninformed and they didn't know what they were talking about. Even if you don't agree with people, you say, 'Well, thank you for giving us your input.' You don't attack a community activist by name like she did. That is just not acceptable. What does that say to Joe Schmoe out there who doesn't dare go over to city hall because he's scared. That's not the way to get people involved."

Acerro recently obtained documents through a public records request that shed light on her skepticism about the Redevelopment Agency's transactions in the southwest part of Chula Vista. Between 1990 and 2006, the agency received \$15,047,299 in tax increment money from properties in the southwest area. From this sum, money was paid out to the schools, the county, and the low-income housing set-aside, and a hefty debt service was paid. Agency staff was paid \$5,728,194, according to the document. After that, there was little left to spend on the area in which the money originated. The only expenditures that directly affect the southwest community were the widening of Palomar Street, which cost \$248,691, and the widening of Main Street, which cost \$500,000. Both are commercial streets. Of the \$15 million raised in the southwest area in this period, only \$748,691 was spent there.

Chula Vista's Redevelopment Agency generally does not get high marks. A recent *Union-Tribune* editorial titled "A Risky Road to Redevelopment" says of the agency, "Despite two decades of commercial redevelopment experience, the record is one of abject failure."

Danciu's feelings parallel this comment. "Oh, I think it's been a disaster. I don't see any redevelopment that I would even point to and say, 'Wow, this is really something neat about Chula Vista.'" Danciu said the

agency's only achievements in western Chula Vista are three housing developments — Seniors on Broadway, Los Vecinos, and Spotlight on Broadway — "but for the millions of dollars they've spent on those things, they're nothing. They only house 40 people each."

During one of the advisory meetings, Danciu says he asked Eric Crockett, head of the Redevelopment Agency, "What are you working on now?" Crockett had no answer. "What they're doing is taking redevelopment money and spreading it around to a lot of consultants," said Danciu. "It just gets burned up in these working groups, in staff time and consultants." ■

## STRINGERS

*continued from page 7*

**County there are 174 community and neighborhood parks; 153 have a 24-hour alcohol ban. The council voted to recommend the ban.**

*By Carolyn Grace Matteo  
Wednesday, Jan. 20*

## Ruthless Rains Storms Wreak Havoc in T.J.

**Tijuana — Residents of the Tijuana River Valley experienced localized flooding, mudslides in outlying colonias, and the usual accumulation of trash that flows down spontaneous streams and clogs storm drains.**

**A 50-foot-tall tree snapped off at the roots Tuesday and fell into the venerable Peanuts & Beer building downtown, causing alarm and consternation amongst the arriving hoochie-coochie dancers and the diners at the outdoor Foreign Club restaurant a few feet away.**

**Around town, vehicular traffic became bogged down in flooded calles and byways, some flooded to depths of two or more feet. Revolución Avenue was devoid of nearly all business, and harried shop-**

*continued on page 14*

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## STRINGERS

continued from page 13

keepers, those who remained open, used squeegees to push the encroaching rainwater out of their open-front *tiendas*.

Gutters gurgled and belched forth their foul contents while the mighty Tijuana River, usually little more than a drybed culvert containing a stagnant stream, roared ominously to the sea.

By T.B. Beaudeau  
Thursday, Jan. 21

### Sunshine Away Two Children Missing in Baja Flood

*Tijuana* — Two young children swept into a flash flood while inside an auto with their mother have yet to be found and are presumed drowned.

On Wednesday night, January 20, the two children (Virginia Cruz Mendez, age five, and her brother Hector, age two) were

flushed out of the vehicle by a torrent of rainwater during a sudden deluge that poured through the *colonia* Los Laureles. The children's mother managed to survive. Their overturned vehicle, a Honda Civic, was found hours after the incident in a canyon on top of a pile of rocks, mud, and trash.

Mexican authorities have been searching the runoff areas and storm drains for the past three days. U.S. search-and-rescue crews may take over the task on the U.S. side, but as yet, this has not been decided.

Source: *Frontera*

By T.B. Beaudeau  
Saturday, Jan. 23

**Torrey Pine Down**  
**Three-Story-High Tree Falls, Destroys Fence**  
*Cardiff-by-the-Sea* — Early in the morning on Friday, January 22, one of four large Torrey pine trees fell



Fallen Torrey pine

down at Ada Harris Elementary School. The tree, which suffered nearly a week of heavy rain and wind, was easily taller than a three-story building.

A fence was destroyed by the gigantic tree, which blocked the entrance to one of the school's main gates. The tree's ripped roots were exposed, and a huge hole was left on the playground's hill. The school's custodians removed the tree, limb by

limb, for over seven hours.

By Johnny Harrison  
Saturday, Jan. 23

### No Sale

**Thief Answers Craigslist Cell-Phone Ad**  
*La Mesa* — On Friday, January 15, two men attempting to sell a cell phone through Craigslist met up with a prospective buyer at a shopping-center parking lot near 5500 Grossmont Center Drive. Upon inspecting the cell phone, the "buyer" sprayed both men in the face with pepper spray and tried to run away with the phone. The perpetrator was described by police as a 5'11" black male, approximately 155 pounds.

According to a La Mesa Police Department report, the two victims caught up

with the suspect and were able to detain him until police arrived. There were no reports of injury during the incident. A second suspect — whom police believed to be the getaway driver — was found and arrested near the scene.

Both men are being charged with robbery and conspiracy and have been booked into downtown's Central Detention Facility.

By Nathaniel Uy  
Saturday, Jan. 23

### Dude...

**Tow-in Surfing Duo Cited**

*Carlsbad* — On Tuesday, January 19, a tow-in surf duo (a jet-ski rider pulling a guy on a surfboard) was apprehended and ticketed after enjoying the large surf near the Tamarack jetties in Carlsbad.

At 11:55 a.m., I spotted three surfers just south of the jetties, braving the wind, cold, rain, and runoff pollution to ride the well-overhead waves. The strong winds and stormy conditions made it difficult for the two traditional surfers to drop in, but the tow-in surfer was screaming down the line, throwing up huge arcs of spray and floating over the heavier sections.

As the jet-ski rider was retrieving his partner from the inside, a lifeguard vehicle pulled into the beach parking lot and onto the sand. The tow-in team immediately headed out past the lineup, then north toward Oceanside. The lifeguard vehicle briefly followed along the beach until the surfers disappeared from view.

The two men were later apprehended in Oceanside and face fines of up to \$1000. Tow-in surfing is not legal at any beaches in Southern California.

By Chad Brookman  
Thursday, Jan. 21

### P.L.A.G.U.E. Targets Caltrans

**Action Group Fights I-5 Expansion**  
*Del Mar* — Members of North County volunteer action group P.L.A.G.U.E. (Prevent Los Angeles Gridlock Usurping Environment) hope to spread their objections to a three- to four-billion-dollar Caltrans proposal to broaden Interstate 5 by a total of 22 lanes from Genesee Avenue in La Jolla to Oceanside. The group, consisting of 15-20 North County residents, is organizing town hall meetings. At their last

continued on page 16



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## STRINGERS

continued from page 14

meeting nearly 50 people showed support.

"We were told the project would be the largest project ever in the state," said Noel Spaid, P.L.A.G.U.E. chair and Del Mar resident.

"They are making this into a concrete jungle," he added. "When you build freeways bigger, more cars will come and things end up the same in five years. It is not a 21st-century plan at all. Los Angeles has been doing this for 40 years. It is a concrete jungle and it looks horrible."

The group is promoting ideas that involve better mass transit such as buses and high-speed rail as solutions to the increasing congestion in I-5.

For more on P.L.A.G.U.E. and to find out when they will hold another town hall meeting, visit their website at [i-5plague.com](http://i-5plague.com).

By Dorian Hargrove

Friday, Jan. 22

### Comments

1. Anyone stupid enough to buy 30 feet from a freeway shouldn't be surprised when CalTrans widens the freeway by 29 feet.

The real solution for I-5 is to double-deck the length of SD County. But that'll never happen because of all of the rich bitching about losing their ocean view.

By xians421

5:21 p.m., Jan 22

### Marketing Oceanside District Planned to Attract Tourism

Oceanside — Oceanside hoteliers and vacation property owners submitted petitions to the city and appeared at the Wednesday, January 20, city council meeting to present their

idea to start a tourism-marketing district.

Oceanside hoteliers offered 1.5 percent of their gross revenues, on top of the 10 percent transit occupancy tax (totaling approximately \$472,000), to be spent marketing the coastal North County city.

"We need the money to market to show people all over America why they need to come to Oceanside," said one hotel-industry representative during the meeting. "When we can put heads in our beds, we can bring more [transit occupancy rev-

enues] back to the city."

The council voted unanimously to accept the petitions. During the February 24 council meeting, residents will be able to state their position on starting a tourism-marketing district in Oceanside.

By Dorian Hargrove

Thursday, Jan. 21

### By Bus, For Free

Deportees Offered Free Rides in Mexico

Tijuana — Recently, after 30 illegal immigrants were deported by U.S. authorities and dropped off in Tijuana, they were given the

opportunity to be transported back to the interior of Mexico, via bus, for free.

Growing concern over increased U.S. deportation of Mexican nationals to Tijuana has led to the development of the free-transportation program by Repatriación Humana and the Instituto Nacional de Migración. Rides to interior states such as Sonora, Sinaloa, Nayarit, Jalisco, Michoacán, and Mexico City are available to deportees who are encouraged to take advantage of the chance to get back to their hometown.

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### MERCATO





Besides repatriation increasing due to work for illegals drying up, recently released and deported prisoners have come to inhabit Tijuana. There is a fear that the arrival of the deportees — with slim resources and no family or social networks to support them — will lead to an increase in crime and further damage to the frail economy.

Source: *Frontera*

By T.B. Beaudeau  
Thursday, Jan. 21

## Watch Your Butts

Campaign Takes Aim at Cigarette Litter

Mission Beach — The San Diego chapter of the Surfrider Foundation has been trying to reduce cigarette litter for over ten years, just about the time it takes for a butt to biodegrade and release its hundred-plus toxins into the environment.

On Thursday, January 21, at Belmont Park in Mission Beach, Surfrider Foundation chair and director of the Hold On to Your Butt campaign, Manase Mansur, announced Surfrider's latest attempt at stomping out cigarette litter.

Motorists who see a person flick their cig out of their car window can dial a national toll-free number: 1-877-211-BUTT (2888). The caller will leave the perpetrator's car make, color, location, and tag number. The information will then get sent to the California Highway Patrol, which will issue a warning letter.

Mansur has high hopes for the program to spread much like the wildfires he hopes to prevent: "We're doing this as a model that will be adopted across the country."

For more on the Hold On to Your Butt campaign, visit [surfridersd.org](http://surfridersd.org).

By Dorian Hargrove  
Wednesday, Jan. 20

## Comments

1. There ARE things we

can do everyday to make some significant changes in our local environment's levels of pollutions. Love your land, don't be lazy and s\*\*\* on it, right?

Industrial-sized water pollution isn't just for evil corporations anymore. We buy craploads of toxic chemicals to clean our homes with, and while the labels read "Dewdrops on Mountain Lavender" and "Baby Duck's Ass Soft Pine Needle Scented," these products contain highly polluting industrial-strength detergents and surfactants that are killing marine wildlife, polluting the oceans, and polluting the soil, too.

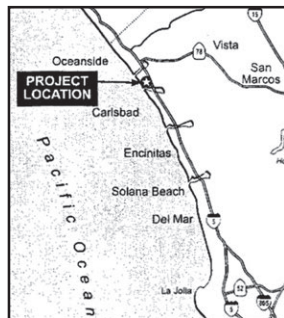
If we replace dish soap, dishwasher detergent, laundry soap, and all household products with environmentally sound ones, we can cut down on the pollution of the elements in our area. These products WORK and aren't that much more expensive in some cases (Costco even carries some safe product now).

By SDaniels 10:59 p.m.,  
Jan. 20

## Troubled Bridge

\$2.6M Construction to Start Soon

Carlsbad — The Encinas Creek Bridge will soon be demolished and replaced.



Site of Encinas Creek Bridge

Built in 1913, the 120-foot bridge is located on Carlsbad Boulevard, south of Palomar Airport Road. The bridge has been a concern for the City and res-

idents since receiving a poor safety rating from inspectors late in 2007.

Construction is expected to run from January 25 to May 28, 2010. During that time, the southbound lane on Carlsbad Boulevard will be closed to vehicles and pedestrians, and traffic will be diverted east to Avenida Encinas.

Money from the City's "planned local drainage area" fund and the South Carlsbad Coastal Redevelopment Area fund will be used to cover the construction cost of \$2.6 million.

By Nathaniel Uy  
Friday, Jan. 22

## Citifyin'

\$1.6M Promenade Redevelopment Approved

El Cajon — The downtown area of El Cajon will continue its transformation with the approval of the Prescott Promenade project by the El Cajon City Council.

The promenade is a small downtown park on Main Street between Magnolia and Claydelle Avenues that hosts outdoor events.

Promenade improvements will feature energy-efficient lighting, a new high-efficiency irrigation system, new benches, low-water turf grass, shrubs, trees, traffic signal work, and streetlights. A large canvas sail will be installed over a new stage area with a flat concrete space for portable stages.

The project is estimated to cost \$1.6 million, which will be paid with City of El Cajon Redevelopment Agency funds. Construction is anticipated to begin in April, and completion is expected by June 2010.

By Nathaniel Uy  
Wednesday, Jan. 20

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## LETTERS

We welcome letters pertaining to the contents of the Reader. Phone them in at 619-235-3000, ext. 460; address them to Letters to the Editor, Box 85803, San Diego CA 92186-5803; fax them to 619-231-0489; or use our web page at [SanDiegoReader.com/letters](http://SanDiegoReader.com/letters). Include your name, address, and telephone number. Letters may be edited for length and clarity.

### Bigfoot And God

Last night (and into the morning), I read with interest your article "I Found Bigfoot" (Cover Story, January 14). I believe you! "Things" did roam California early on. When I was a girl playing in a Sierras forest, I came upon a 12-foot granite rock that had the head of a crocodile and an oval back, with a broken-off tail. Whatever legs it once had were melted away, but the curve of a shoulder showed near its short neck. A baby snuggled alongside. I conjec-

ture that it was a concretion of an ancient saurid. When I told my mother, she listened attentively, then declared that it was probably just a big rock. But ever since, I have kept the picture of it in my memory.

As a child, I dug a lovely clamshell out of a cliff off Fairmount Avenue Extension, south of Mission Valley. Later, I visited a museum at the Mission de San Diego de Alcalá in town. Behold! A mastodon or mammoth tooth on display, dug up near there. Whalebones have appeared in Florida Canyon. At the north end of San Diego High School stadium, down by the 32nd Street Naval Station, and in La Mesa are lesser fossils of shellfish in the dirt. Something lived on earth before us.

I am an armchair scientist but purposeful student of religion, with a couple of predoctoral ancient-language classes taken at SDSU. I studied world religions under the tutelage of Orson Penoyer Jones Sr. and his wife Frances. They agreed that even before our Genesis era, God was rearranging things on our

planet from time to time, though they disbelieved in the theory of evolution. My science classes at college did not change my concept of their perspectives. I am not an evolutionist, though I do agree that some few things change in accord with their environment. I am a creationist, I suppose, though I don't think that all things in the universe were designed before the first half of the first verse of Genesis. What we know about our current environment could have been prepared after the middle of the verse.

Being naturally inquisitive, I have been considering evolution versus creationism all my long life and have connected some of the dots: from time to time, the Magnificent Mind designed marvelous changes here, redone into a "new" Earth numerous times. The first day after the middle of the first verse, a white-hot "light" dissolved water-ice glaciers from the revolving Earth's surface, so God could redesign it. Along came Adam and Eve, and the serpent. I believe that our current Earth-generation

needs now to look to God, through His prophet Jesus, for redemption from the conspiracy of the serpent. According to the Scriptures, another Earth — an eternal one — is in the offing. I am a Christian and look forward to that.

Sara Brown  
Guatay

### Look Out For The Big One

I am not on WIC, but my children are on Healthy Families. I feel for Elizabeth Salaam ("I Never Thought I'd Become a Welfare Queen," Cover Story, January 7). Why are most county or city employees very cruel, rude, and mean? Public service is supposed to be a noble job. They should be happy that they still have a job, serving the public *even if they could no longer afford the toys and luxuries they used to enjoy at the boom of the economy/market*. They ought to be *thankful* that they still have pensions and paid sick days and paid vacation days. My husband and I *do not* have any of the above. If we get sick,

then we are doomed, for we do not have health insurance. If my husband loses his job, then we will be homeless.

Please print an E. Salaam column every now and then; maybe these county/city employees will one day realize that people need people. The Big One — earthquake — may hit San Diego, and people who have gone through so much sorrow and pain are usually the ones who can survive and thus can help.

Name Withheld  
by Request  
via email

### Comments from Reader Website

*Comments are not edited for spelling, punctuation, or grammar.*

### Cover Story Published Jan. 13

*By SunshineDesign 10:05 a.m., Jan. 22, 2010*

I have to say this is a silly article and should only be given the topic for humor and how far people will go to promote their opinions and not any value for scientific inquiry.

I have spoken to the author and his conclusions and opinion have no basis in scientific fact nor reason. I also hike all around the hills of San Diego county and have many pictures of the very strange rock patterns due to wind, rain and fire on the granite of the region. I have seen many very interesting erosional patterns in the Mount Woodson granodiorite we have all around the area. For the article author to suggest that "bigfoot" left the impression in molten granite is laughable. The granite here is tens of millions of years old and was formed deep underground by the typical subduction processes that existed on SoCal coast 10-15 million years ago. In my opinion this article is solely for the purpose of self promotion and fantasy. I feel it greatly hurts the real research into strange undiscovered animals and brings the topic disrepute. Read it and have a good laugh by all means.

### Puzzle Published Jan. 20

*By marydakin 9:33 p.m.,*

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Jan. 23, 2010

Reader,

Please dig out some of the more interesting puzzles that used to be featured in the puzzle section. They were so much more fun and challenging than a mere crossword.

#### Feature Story

Published Jan. 20

By *refriedgringo* 1:22 p.m., Jan. 20, 2010

What a load of complete corruption. Great story, and a great example how injustices in many parts of the U.S. really works.

By *PistolPete* 3:24 p.m., Jan. 20, 2010

Nothing will change until WE THE PEOPLE, get off our lazy asses and do something about it. Save a doughnut-kill a cop...

By *reddragonfly* 1:08 p.m., Jan. 21, 2010

refriedgringo and Pistol Pete -

Just so I'm clear on where your heads are - what mental dysfunction have you been diagnosed with? This is a serious inquiry because you both comment regularly and I want

to be able to know that I'm not wasting my time since the Reader doesn't edit comments.

One commentor uses words of "corruption" and "injustice" because someone went to ANOTHER state; broke THEIR law and had to pay a fine.

The other one advocates murder just so he can smoke pot. A weed has more importance than a life. By the way, "WE THE PEOPLE" also includes those of us who don't care what illegal or self-destructive behaviour you do as long as you (and any other consenting adults) keep it within your four walls.

I appreciated that Mr. Graham's recounting of his experience in Arizona was informative, a "heads up" for others and respectful to Arizona's process. I'm sure Mr. Graham is intelligent enough to know that it's not all about the money for Arizona.

Mr. Graham's approach might make me vote for legalizing the purchase of marijuana even though I don't smoke - refried gringo's and Pistol Pete's would not.

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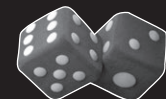
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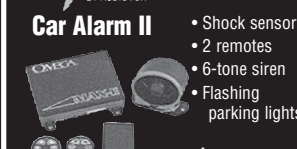
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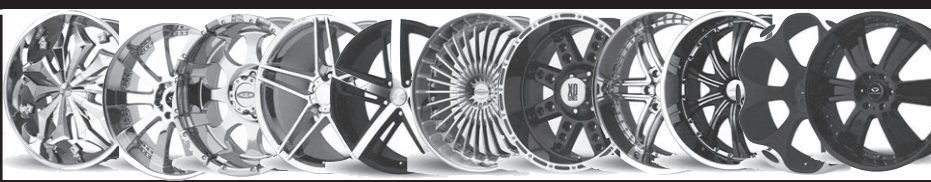
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# SD ON THE Q.T.

The News You Won't Find Anywhere Else

## Keeping San Diego Greens

### Golf Tourney Planned for Water Conservation Campaign

DOWNTOWN JOHNNY BROWN'S, TEN MINUTES BEFORE CLOSING (AP) — San Diego Water Department director Jim Barrett today unveiled details regarding San Diego's possibly annual "Water Hazard Classic" Celebrity Golf Tournament, the latest of the city's efforts in its \$1.8 million "No Time to Waste, No Water to Waste" campaign to raise awareness about regional water shortages.

"In golf, if you wind up in the water hazard, you're assessed a penalty," explained Barrett. "Here in San Diego, we've got our own sort of water hazard — drastically reduced supply brought on by drought and mounting legal restrictions on imported water delivery. We're being assessed a penalty as well — a Level 2 Drought Alert Condition. That brings with it some mandatory restrictions regarding landscape irrigation, car-washing, and water fountains. We need to get the word out, and what better way than a locally televised golf tournament featuring Jim Furyk, the number-five golfer in the world?" (Barrett noted that Furyk had not yet officially committed to appear in the Water Hazard Classic, but added, "Come on — Torrey Pines in May? On the City's dime? He'd be crazy to say no!")

Barrett expressed hope that the tournament, tentatively scheduled for this spring, would also attract the presence of locally based celebrities. "[San Diego Chargers quarterback] Philip Rivers would be cool," said Barrett. "He could wear one of those Chargers golf visors with the lightning-bolt thingy and a T-shirt with the address of our water-conservation website!" ([sandiego.gov/water/conservation/index.shtml](http://sandiego.gov/water/conservation/index.shtml))

When asked about the amount of water required to keep Torrey Pines (one of three municipal golf courses citywide) lush enough and green enough to look good on HD television, Barrett replied that it was "probably less" than the million gallons a day reportedly used in Palm Springs. But he stressed that mandatory water restrictions have never been about cutting city services to the community. Rather, "they're about helping private citizens to do their part to make it a better San Diego."

According to Section 7.0 of a November 2008 Report to the City Council on Emergency Water Regulations, at Drought Response Level 3 (Drought Critical Condition), "landscape irrigation is reduced to two assigned days per week" in summer and one in win-



Torrey Pines Golf Course

ter. "Carwashing is prohibited except at car-washes using re-circulated water," and "no new potable water service will be provided," except under specific conditions. However, "restrictions will not apply...to golf course greens." Section 8.0 — Level 4 Drought Emergency stipulates that landscape irrigation essentially shut down; however, "the maintenance of golf course greens...is allowed under a two day a week schedule."

When asked about the greens exemption, Barrett replied, "Well, of course. How else will the annual Water Hazard Classic be able to keep up the important work of raising awareness about San Diego's water shortage? I mean, geez — think before you ask a question, you know?"

## KIDZ CORNER

OH NO! THE WINDS OF CHANGE ARE THREATENING TO BLOW PROFESSOR SPANOS' ELECTRIC-CHARGER BALLOON AWAY (POSSIBLY TO LOS ANGELES)! HELP HIM STAY RIGHT HERE BY FILLING HIS TETHER-BASKET WITH HEFTY, HEFTY MONEY-BUSHEL! GET MOM AND DAD TO VISIT [WWW.PONYUPIFYOUWANTTOKEEPTHECHARGERSINSANDIEGOYOUBACKWARDSINGRATES.COM](http://WWW.PONYUPIFYOUWANTTOKEEPTHECHARGERSINSANDIEGOYOUBACKWARDSINGRATES.COM) AND MAKE A DONATION TODAY! HURRY!



## Nothing to Lose

San Diego City Beat Editor claims, "Unlike the Reader, we're not afraid to take on the breast augmentation industry."

### "The Whole Truth or Bust."

"The Reader started as a decent independent paper but has since ballooned to ridiculous, unnatural proportions, thanks in no small part to the careful work of plastic surgeons across the county," said City Beat Editor David Rolland. "Now, with the collapse of the paper's relatively small but honest classified section, the display-rich front of the book is grossly inflated, so that the whole thing looks top-heavy. Half the time, the 'news stories' they run feel puffed-up, or even fake."

Even worse than what the Reader does run, says Rolland, is what it doesn't. "They're so busy staring at those giant, half-page ads that they're totally unconcerned with what's behind them, however soulless or deceptive it might be. Mark my words: you will never see the Reader run an investigative story on the breast

augmentation industry. They're too busy squeezing those accounts to care about the truth."

But at City Beat, said Rolland, things are different.

"Our paper may average only 50 pages or so, but all 50 pages are genuine. We're working with what we have and striving to make the most of it. If that means we have to be more cre-

ative in our efforts to attract reader attention, well, maybe that's a good thing. We're not interested in the type of consumer who would grab something just because it's bigger."

Reader features editor Ernie Grimm dismissed the criticisms. "City Beat is just jealous," he sniffed. "If they had a sweet pair of advertisers like Dr. Shumway and Dr. Schafer, they'd be hanging them out there for everyone to see."



## WHO PLAYS WHO



**James Woods:** starred in *True Believer*; also, almost won an Oscar for playing a journalist who gets mixed up in politics



**Jim Holman:** pays journalists at the San Diego Reader; also, was a big enough true believer to get mixed up in politics and almost win.



On *Law & Order: Special Victims Unit*, **Christopher Meloni** presides over investigations into the grisly demises that make the headlines.

As the new publisher of the *San Diego Union-Tribune*, **Ed Moss** presides over the grisly demise of headline-making.



In the Harry Potter movies, **Richard Griffiths** plays Vernon Dursley, a man who hates magic and kept Harry in the Cupboard Under the Stairs.

As editor of *City Beat*, **David Rolland** hates magical economic thinking and was almost kept off the *Editor's Roundtable*.



## SAN DIEGO MEDIA MOGULS EDITION



# BACK WHEN *in the Reader*

## Thirty Years Ago

My Ocean Beach/Point Loma friends have taken offense to comments made by Lowell Gannon. He says he was embarrassed to say he lived in O.B., then moved to P.B.! I'd be embarrassed to say I was from macho, disco, phony New York. The majority of these people come out here and take advantage of anything and everybody, and for them to pass judgment on our town of O.B. is a joke. Anybody who has any interest in real life knows it exists in laid-back O.B., especially in the south end, and that P.B. is primarily for upward-mobility social/business types.

— LETTERS: "O.B. P.O.'D"

Terry Pfrimmer, Ocean Beach, January 31, 1980

## Twenty-Five Years Ago

"If anyone tells you they knew them, they're lying," one long-time San Diegan says when asked about the Putnam sisters. The wealthy, reclusive spinsters went to and from their Hillcrest mansion at Fourth Avenue and Walnut Street in a curtain-shrouded limousine. Only an occasional citizen glimpsed them. In 1938 the sisters began to lavish San Diego with Old Masters. They donated an El Greco; a Goya; a Van Dyck; a glorious Murillo; the Zurbarán *Agnus Dei*. For a time after World War II, helped by Putnam contributions, San Diego's Fine Arts Gallery (since 1978 the San Diego Museum of Art) became the largest holder of Old Masters this side of the Mississippi.

— "THE MYSTERY OF THE PUTNAM SISTERS,"

Judith Moore, January 31, 1985

## Twenty Years Ago

When Mr. O's liquor store closed last month as part of a remodeling job at the William Penn Hotel, its walls started talking. Until the mid-1960s, the space in the northwest corner of the hotel was occupied by the Hub Jewelry and Loan. The Hub became the site of the biggest shootout ever in San Diego, on April 8, 1965, when Robert Page Anderson walked in, asked to see a rifle, and shot the manager dead. For four hours, Anderson held 65 cops at bay, exchanging some 800 rounds of ammunition that ricocheted through the building, the crowded streets, and the legal system.

— CITY LIGHTS: "SHOOTER," Neal Matthews, February 1, 1990

## Fifteen Years Ago

This Sunday, 26 lucky San Diego public officials, including Mayor Susan Golding and assorted city-council members and aides, will be in Miami for the Super Bowl.

Unlike most San Diegans who managed to buy their way into Joe Robbie Stadium, these city officials did not have to endure long lines and lotteries. Nor did they have to fork over \$1000 or more per ticket.

Instead, each got to buy a pair of tickets at the face value of \$200, courtesy of Chargers owner Alex Spanos and his friend the mayor.

— CITY LIGHTS:

"GOLDING AND OTHER FRIENDLY POLS REAP A SUPER THANKS FROM SPANOS,"

Thomas K. Arnold, January 26, 1995

## Ten Years Ago

Dear Son,

On the occasion of your 21st birthday, I've considered all kinds of gifts but have decided on this: a list of some of the things I now know at 47 and wish I knew at the age of 21.

It is impossible not to think about my own 21st birthday. I only recall that your mother and I were just back from hitchhiking around Europe. We were broke and briefly sharing an apartment with a friend in Manhattan. I was working as Christmas help at a giant bookstore on Fifth Avenue, had long hair, a beard, and no January rent.

— "FATHER TIME," John Brizzolara,

January 27, 2000

## Five Years Ago

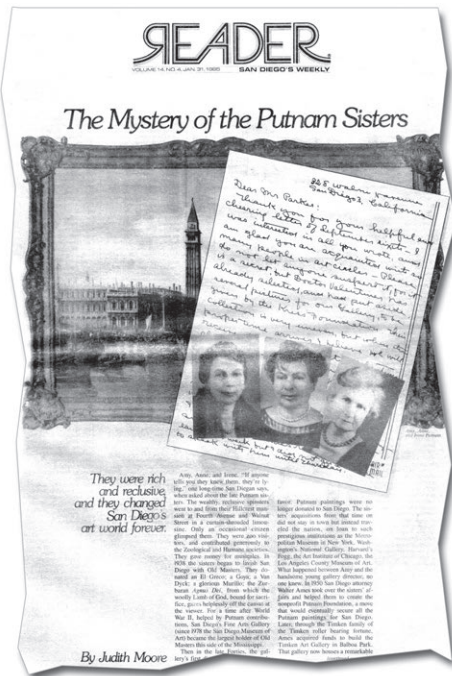
Abraham Lim, a senior at Mt. Carmel High School, arrived in San Diego from New York in May 2003.

"I went to school in Brooklyn, and you don't see me saying these 'gangsta' words and trying to act like one. I'm sorry, but there are no ghettos in San Diego."

— "THROWING MY FRIENDS AWAY,"

January 27, 2005

For more stories by these authors, go to [sdreader.com](http://sdreader.com).



San Diego Reader, January 31, 1985



Central

## \$10 off dog grooming

With purchase of full grooming service. New clients only. Not valid with any other offer. Call for details.

**Priscilla's Grooming**

**Mission Gorge:**  
8181 Mission Gorge Rd.  
619-265-7422

Expires 2-18-10 • Coupon code: G1FSDR



Central

## Watch batteries installed \$4<sup>49</sup>

Most watches. Limit 6 batteries.

**Carl's Jewelers**

**San Carlos:** 8736 Lake Murray Blvd.  
619-461-7046

Expires 2-18-10 • Coupon code: G1FSDR



Central

## \$7 off any dry clean

\$35 or more. Some restrictions. One coupon per customer.

**Uptown Cleaners**

**Hillcrest:** 1020 University Ave. D 105

619-299-2378

**Downtown:** 702 Ash St., Ste. C

619-233-7560

**Kensington:** 4134 Adams Ave.

619-308-0781

Expires 2-18-10 • Coupon code: G1FSDR



Central

## 50% off dry cleaning

Excludes laundry, leather and alterations. Maximum value \$5. Not valid with any other offers.

**Martinizing Dry Cleaning**

**San Carlos:** 8680 Navajo Rd.  
619-466-6584

Expires 2-18-10 • Coupon code: G1FSDR



Central

## Tempur-pedic style mattress from \$399

30-70% below retail every day!

**Real Deal Furniture**

**San Diego:** 4810 Mercury St.  
866-685-3911

Expires 2-18-10 • Coupon code: G1FSDR



Central

## 60-minute facial \$45

**Clean Slate Waxing**

**San Diego:** 2454 3rd Ave.  
866-225-8590

Expires 2-18-10 • Coupon code: G1FSDR



Central

## 30 days women's fitness \$19<sup>95</sup>

Trial membership. Includes training. Cannot be combined with any other offer.

**Serenity Fitness Club & Spa**  
**Allied Gardens:** 5125 Waring Rd.  
619-582-2155

Expires 2-18-10 • Coupon code: G1FSDR



Central

## \$10 UV-free Mystic Tan

Best bronzing solution ever. Not valid with other offers or prior purchases. Fresh towels and eyewear provided.

**Tan n Sea**

**Mission Valley:** 10330 Friars Rd.  
#108 • 619-281-7702

Expires 2-18-10 • Coupon code: G1FSDR



Central

## Manicure & pedicure \$21<sup>95</sup>

We use OPI products. We specialize in solar nails, pink & white, color tips and gel nails.

**Nancy's Nails & Spa**

**Clairemont:**

7878-D Clairemont Mesa Blvd.

858-279-5557

Expires 2-18-10 • Coupon code: G1FSDR



Central

## Adult haircut \$13<sup>95</sup>

Regularly \$17. Long hair extra. Some restrictions.

**Fantastic Sams**

**Mira Mesa:** 9460 Mira Mesa Blvd.  
877-280-2221

Expires 2-18-10 • Coupon code: G1FSDR



Central | North

## Free exams & x-rays

Includes free consultation. For those who qualify. Risk-free trial. Call for details.

**Non-Surgical Spine Care Ctr.**

**Mission Valley:**

2555 Camino Del Rio South, Ste. 201

**San Marcos:** 1595 Grand Ave., Ste. 106

877-608-4748

Expires 2-18-10 • Coupon code: G1FSDR



Central | East

## Free bread loaf

Buy any Entenmann's, Oroweat, Thomas or Tia Rosa item and receive one of equal or lesser value free. Excludes fruit cakes. Valid at outlet stores only. One coupon per customer per day.

**Oroweat Bakery Outlet**

**San Diego:** 5375 Kearny Villa Rd.

858-277-6886

**El Cajon:** 916 Broadway

619-442-1847

Expires 2-18-10 • Coupon code: G1FSDR





## 50% off haircut

Buy one haircut at regular price and get the next one half off. Select stylists. New clients only. Must present coupon before service.

**Coconuts Salon & Day Spa**  
La Mesa: 9340 Fuente Dr., Ste. 201  
619-697-6166

East

Expires 2-18-10 • Coupon code: G1FSDR



## \$15 UV-free sunless tan

Mystic Tan. Please call ahead. Cannot be combined with other offer or specials.

**My Escape Spa & Tan**  
El Cajon: 738 Jamacha Rd.  
619-442-2826

East

Expires 2-18-10 • Coupon code: G1FSDR



## Free cat or dog exam

With Dr. Mark Ford. New clients only. \$44.85 value. Full-service, state-of-the-art veterinary facility.

**Parkway Pet Hospital**  
La Mesa: 8200 Parkway Dr.  
619-463-9151

East

Expires 2-18-10 • Coupon code: G1FSDR



## 50% off haircuts, highlights, color or skincare

Not valid with any other offer.

**Salon Radiance**  
La Mesa: 4731 3rd St. • 619-567-6938  
Expires 2-18-10 • Coupon code: G1FSDR

East



## Free golf

Two-for-one green fees. Any day from 10 am-2 pm. Golf cart included. Come play the redesigned lakes course with its new island green! May not be used in conjunction with any other discount, on holidays or in tournament play.

**Cottonwood Golf Club**  
El Cajon: 3121 Willow Glen Dr.  
888-890-9748

East

Expires 2-18-10 • Coupon code: G1FSDR



## \$4 off car wash

Any premium wash package #2, 3, 4, or 5. Not good with any other offer. Oversized vehicles extra.

**Casa De Oro Car Wash & Detail Center**  
Spring Valley: 10001 Campo Rd.  
619-670-7784

East

Expires 2-18-10 • Coupon code: G1FSDR



## Free Arsenal vitamin pack

With whey protein purchase. MetRx or Dymatize.

**Pro Body Warehouse**  
El Cajon: 301 West Main St.  
619-593-0466

East

Expires 2-18-10 • Coupon code: G1FSDR



## Women's haircut & style \$20

Call for an appointment. Only valid with Ania. Some restrictions. New clients only. Located inside Millicent and Company Salon, the best new salon in La Mesa!

**Ania's Hair Passion**  
La Mesa: 4695 Palm Ave.  
619-838-4675

East

Expires 2-18-10 • Coupon code: G1FSDR



## 10% Off Any Purchase

Pickup only. Excluding hay. Not valid with any other offer.

**Ranch Feed & Pet Supply**  
Spring Valley: 12868 Campo Rd.  
866-926-3623

East

Expires 2-18-10 • Coupon code: G1FSDR



## Free spinal consult

**RB Spine**  
Rancho Bernardo: 16980 Via Tazon  
#100 • 866-447-1908

North

Expires 2-18-10 • Coupon code: G1FSDR



## Free spray tan

Buy one spray tan, get one free. First-time customers only. Not valid with any other offers. \$24.95 value.

**Sun on the Run**  
Vista: 1994 Hacienda Dr.  
866-242-9592

North

Expires 2-18-10 • Coupon code: G1FSDR



## \$20 chiro consult, exam & x-rays

X-rays if needed. Normally \$250.

**Shea Family Chiropractic**  
Poway: 13526 Poway Rd.  
866-829-4781

North

Expires 2-18-10 • Coupon code: G1FSDR

# STRAIGHT FROM THE HIP

BY MATTHEW ALICE

Dear Matt:

*I have some friends in Denver, and they keep wanting me to come visit. They say you can get drunk there faster and cheaper because of the altitude. I asked them why but they didn't know. They just said it works and that my money would go farther in a bar because I'd get drunk faster. Is there anything to this story? Can you explain why this would work? If it does work I'll be much more interested in going all that way to visit my friends and throw down a few brews.*

— Ray-Ray, via email

The elves hopped on this one, had their bags packed, and were checking in with their cousin, the Travelocity gnome, before I knew what was happening. Grandma Alice put a stop to it by locking them

in their bedroom until we were through. Then we set Grandma to checking out travel brochures for the area, but she came up empty. So, apparently this mile-high feature isn't advertised by the tourist board. Guess we'll have to look elsewhere, like poking around inside the science guys' brains. We invited them out for a cold one, and here's what we got:

Right away there was a faction that took over the meeting, loudly detailing all the whys and wherefores of high-altitude alcohol. First, we have the lower oxygen content of Denver air. Then, they say, there's Denver's lower air pressure. Add a Coors, and you have the start of a fine evening's drunk. Next, they set up their PowerPoint lecture. I heard a few groans from a corner of the room, and half the elves zipped outside while the science guys set up their computer.

When you hop off the plane in Denver, you're suddenly in a high-altitude environment where your blood can't absorb oxygen very well. Since your brain sucks up 20 percent of your heart's blood output, including the oxygen, right away you're a little goofy from lack of O<sub>2</sub>. Have trouble finding your backpack on the carousel? Blame it on Denver. But, anyway, eventually you drop off your stuff and head straight for a bar. Your first frosty one tastes great. Inside, though, your bloodstream is soaking up the alcohol, too. Unfortunately, that further interferes with your O<sub>2</sub> intake and also interferes with transfer of O<sub>2</sub> out of your

blood. But not to worry. A fine load of oxygen deprivation sends you right into some pretty good spinny fun. Euphoria! Boy, are you happy you took your friends up on that invitation. Denver is a cheap drunk, for sure. At least for the first two or three days, until your body gets used to the altitude.

While the science guys are reeling through their PowerPoint jive, we can see a few FAA and space-medicine geeks starting to wave their hands from the back of the room. "Wait a minute, Jack," they say. "We just ran a bunch of flyboys through some pretty exacting tests, and we think you're way overstating things." Turns out there have been several tests in which subjects were fed air with an O<sub>2</sub> content equal to an altitude of up to 12,500 feet, and none

of them showed any mental impairment on specialized tests, no matter their age or alcohol consumption. So, I guess according to the FAA, if you stagger around Denver acting like a dipshit, well, it's your own fault. Can't blame it on altitude. Personally, I don't see how both sets of information can coexist politely. I mean, the two groups of science guys started throwing wine and cheese at each other. And I guess this leaves you right back where you started from. Except I know you're going to Denver just to check it out. Which reminds me...one more thing: The big downside of Denver and its alleged cheap drunk is how you'll feel the next day. Denver's dry air combined with the diuretic properties of alcohol lead you straight down the ugly road to Hangoverville. So, hey, be careful out there.

Old Matt:

*I know where Old England is. I know where Old York is. I know where to find Old Hampshire, Old Mexico. Old Orleans. But where is Old Zealand?*

— Clueless, via email

New Zealand (original Maori name Aotearoa) was renamed Nieuw Zeeland in 1624 by explorer Abel Janszoon Tasman, lonesome for the Dutch province of Zeeland. In return, Abel's name has been stuck on an Australian state (Tasmania, formerly Van Diemen's Land), a sea, a mountain, a wolf, a national park, a small vicious animal, and a cartoon character.

A searchable archive of past columns is available at [SanDiegoReader.com](http://SanDiegoReader.com)

**Got a question you need answered?** Send an email to [heymatt@cts.com](mailto:heymatt@cts.com) or fax to 619-231-0489 or mail to Matthew Alice, c/o the Reader, Box 85803, San Diego, CA 92186.



# fast break

By Anthony Gentile



Hoover coach Ollie Goulston talks to the Cardinals during a timeout

## Bishop's beats LJCD in first of two battles for La Jolla

Posted January 21, 2010

Facing local rivals in consecutive games, Bishop's has no bigger stretch for bragging rights in La Jolla this season. The Knights completed the first half of that equation Wednesday night with a 70-44 win over La Jolla Country Day.

Bishop's used their transition offense to take control of the game in the first quarter. The Knights led 12-3 midway through the first quarter and were up 11 headed into the second.

"Coach [Tom Tarantino] had us practicing running the court, getting out and running our lanes so we can get our fast breaks," said Bishop's guard Maliik Love.

### COMMENTS

I admire Love's confidence. He's open about saying what he likes to do on the court, he acknowledges his size advantage, and he's not shy about his affinity for scoring. Seems like the kid has a good balance of knowing his abilities without being overly boastful. That's the kind of player that can set a good example for his teammates.

By Broncosdynasty24, Jan 21, 2010

## No. 9 Vista runs away from Rancho Bernardo

Posted January 19, 2010

Trailing in the second half against Rancho Bernardo Tuesday night, the Panthers went on a 31-4 run en route to a 70-53 win.

In the middle of Vista's massive run, guard Eric Miller had it all working offensively. The junior guard scored 11 of his game-high 23 points in the third quarter.

"I was just letting the offense come to me,



Rancho Bernardo center Tanner Clayton goes up for a layup against Vista forward Patrick Johnson

passing the ball around to my teammates, and luckily I made those shots," Miller said.

### COMMENTS

31-4! What a game to have been at. Scoring runs like that are very rare in league play of this level of competition. Kudos to Vista.

By Broncosdynasty24 Jan 20, 2010

## Leaf's scoring title highlights Elite Eight Showcase

Posted January 19, 2010

The University of San Diego Sports Center was the epicenter for San Diego high school hoops Monday, January 18, playing host to the San Diego Elite Eight Showcase. Eight of the section's best teams played in the showcase.

In the third game of the showcase, No. 3 Foothills Christian guard Troy Leaf scored 21 points in the game and now has 2982 for his career, passing the mark of 2962 set by Crawford's Tyrone Shelley. But No. 1 Hoover beat the Knights 74-71 in overtime in the most entertaining game of the day.

"It feels good to beat the record, but at the same time I wish it would have happened in a better way," Leaf said.

In the first game of the showcase, No. 4 Torrey Pines beat Francis Parker in a fast, physical game. The Falcons had the lead for most of the game and hung on for a 57-52 win.

The second matchup of the day featured El Camino and Horizon. The defending section champion Wildcats used runs at the end of each half to win 51-38.

The nightcap delivered the most decisive result, as No. 2 La Costa Canyon delivered a wire-to-wire victory over Maranatha Christian. The Mavericks led by eight at the end of the first quarter and never looked back en route to a 64-45 victory.

Fast Break can be found at [SDReader.com](http://SDReader.com). Under "Stories" in menu bar, click on "Sports" then "High School Basketball."



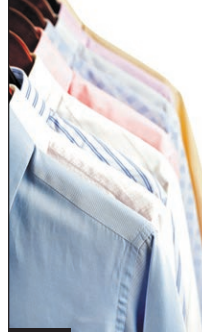
North

## 20% off Brazilian hair treatment

And any salon service. First-time clients only. Some restrictions.

**Beauty Supply Salon 22**  
Del Mar: 12857 El Camino Real  
866-242-0057

Expires 2-18-10 • Coupon code: G1FSDR



North

## 25% off dry cleaning

3 piece minimum. Good for two visits. Present coupon with order. Express service and/or special handling excluded. Not valid with any other offers.

**New Life Cleaners**  
Encinitas: 141 S. El Camino Real  
Ste. A • 760-942-5564

Expires 2-18-10 • Coupon code: G1FSDR



North

## \$10 men's haircut

First-time clients only. Varsity cut. Some restrictions. The ultimate just-for-guys haircut experience!

**SportClips Haircuts**  
Rancho Bernardo:  
15731 Bernardo Heights Pkwy.  
858-592-4104

Expires 2-18-10 • Coupon code: G1FSDR



North

## \$200 off your best car deal

Make your best deal and present this coupon for an additional \$200 off. Only valid at Encinitas Ford.

**Encinitas Ford**  
Encinitas: 1424 Encinitas Blvd.  
800-458-7107

Expires 2-18-10 • Coupon code: G1FSDR



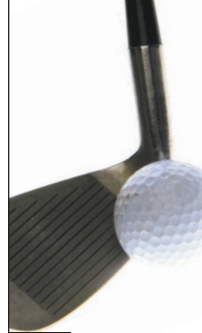
North

## \$1 off per item dry cleaning

Prepaid only. Unlimited savings. Must present coupon with incoming order. One coupon per customer. Environmentally friendly cleaning.

**Continental Cleaners**  
Del Mar: 2741 Via de la Valle  
858-755-4887

Expires 2-18-10 • Coupon code: G1FSDR



North

## 2-for-1 18 hole golf with cart

Mon.-Thurs. after 9:30 am. Fri.-Sun. after 12 pm. Present coupon at check-in. Some restrictions.

**Eagle Crest Golf Club**  
Escondido: 2492 Old Ranch Rd.  
877-797-4679

Expires 2-18-10 • Coupon code: G1FSDR



North

## \$3 off hand car wash

Any full-service car wash package. Extra charge for size and condition of vehicle. Cannot be combined with any other offer.

**Scripps Poway Car Wash**  
12033 Scripps Summit Dr.  
858-549-8100

Expires 2-18-10 • Coupon code: G1FSDR



North

## Free photo restoration

Up to a \$25 value.

We also do photo enlargements up to 5 ft.

**Photo Art of Carlsbad**  
Carlsbad: 2744 Carlsbad Blvd.  
Ste. 116 • 760-729-1960

Expires 2-18-10 • Coupon code: G1FSDR



North

## 60-minute massage \$49

Must present this coupon.

**Palace Herbal Spa**  
Escondido: 1875 Centre City Pkwy.  
Ste. E • 888-714-8391

Expires 2-18-10 • Coupon code: G1FSDR



North | Beaches

## Organic men's shirt cleaning \$1<sup>95</sup>

No chemicals. Some restrictions.

**Seagull Cleaners & Alterations**  
La Jolla: 5568 La Jolla Blvd.  
858-459-9911  
Pacific Beach: 4454 Ingraham  
(Inside Tammie's Alterations)  
858-274-9420

Expires 2-18-10 • Coupon code: G1FSDR



North

## Hand car wash \$7<sup>99</sup>

Silver wash. Regular \$10.99. 100% hand wash, vacuum interior, body air blowdry, windows and wheels cleaned. Trucks, SUVs and vans extra. Not valid with other offers.

**Cardiff Valero Hand Car Wash**  
Cardiff: 820 Birmingham Dr.  
760-436-1820

Expires 2-18-10 • Coupon code: G1FSDR



North

## Acrylic nails \$25

New set. Acrylic pink and white. Regularly \$45. Not valid with any other offer.

**Chic Nails**  
Solana Beach: 116 Solana Hills Dr.  
866-303-6298

Expires 2-18-10 • Coupon code: G1FSDR





## \$2 off shoe repair

Any \$10 repair. Valid with incoming prepaid order. Not valid with any other offers or discounts.

**Anthony's Shoe Repair**  
Carmel Mtn. Ranch:  
11885 Carmel Mtn. Rd. #902  
858-673-7207

**Solana Beach:** 671 Lomas Santa Fe Dr.  
866-541-4904  
**Carmel Valley:** 12925 El Camino Real  
858-350-7506

Expires 2-18-10 • Coupon code: G1FSDR

North



## 30% off dry cleaning

New clients only. Some restrictions.

**Beasley's Cleaners**  
Carmel Valley: 3840 Valley Center  
#605 • 858-792-7578

**Carlsbad:** 7668 El Camino Real  
#102 • 760-623-6858  
**Torrey Highlands:** 13350 Camino  
Del Sur #1 • 858-484-9845

Expires 2-18-10 • Coupon code: G1FSDR

North



## Free 30-day weight loss program + massage

30-minute massage. Restrictions apply. Call for details.

**Thrive Lifestyle**  
Oceanside: 2741 Vista Way  
Ste. 111 • 760-310-6893

Expires 2-18-10 • Coupon code: G1FSDR

North



## \$3 off driving range golf balls

Get 153 range balls for only \$11. Not to be combined with range cards. Some restrictions.

**Carlsbad Golf Center**  
Carlsbad: 2711 Haymar Dr.  
760-720-GOLF (4653)

Expires 2-18-10 • Coupon code: G1FSDR

North



## Ring sizing \$28<sup>95</sup> and up

Not valid with any other offers.

Top dollar paid for unwanted jewelry!

**Classique Fine Jewelers**  
UTC: 8750 Genesee Ave. #248  
858-597-0800

Expires 2-18-10 • Coupon code: G1FSDR

North



## Laundered shirts 99¢

Minimum 5 shirts.

**Cleaners Club**  
San Diego: 9919 Carmel Mtn. Rd.  
858-780-0895

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North



## 50% off hair color or highlights

First-time clients only.

**Salon David Perez**  
UTC: 8650 Genesee Ave. #318  
888-400-4807

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North



## \$3 off hand car wash

Any full-service car wash package. Oversize vehicles extra. Not valid with any other offer.

**Best Hand Car Wash**  
Poway: 12620 Sabre Springs Pkwy.  
858-486-5295

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North



## Free kids' art class

No purchase necessary! New customers only. Call for details. We offer small class sizes, individual instruction, affordable tuition, friendly educated instructors, enrichment classes.

**Little Artists**  
UTC: 4037 Governor Dr. • 858-268-2255  
**San Carlos:** 8680 Navajo Rd., Ste. 103  
619-462-1955  
**Poway:** 12222 Poway Rd., Ste. 18  
858-486-1555

Expires 2-18-10 • Coupon code: G1FSDR

North | Central



## \$1<sup>25</sup> men's dress shirts laundered

Valid for in-store customers only. One coupon per visit. Pre-paid only. Valid with 3 or more dry cleaning garments. Coupon must be presented with incoming order.

**Lapels Dry Cleaning**  
Poway: 12336 Poway Rd.  
858-513-6365

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North



## Free 14-day women's fitness class

14-day "no risk" trial membership. Only \$49 per month! Dynamic group classes, clean and discreet surroundings, unbeatable service.

**Breathe Fitness for Women**  
Poway: 13864 Poway Rd.  
858-513-1200

Expires 2-18-10 • Coupon code: G1FSDR

North



## \$5 off mobile pet grooming

\$5 off a 15-Step Groom. Full-service grooming for all breeds. Cats too! Call for details.

**Aussie Pet Mobile**  
800-PET-MOBILE (738-6624)  
www.aussiepetmobile.com

Expires 2-18-10 • Coupon code: G1FSDR

# BestBuys

— EVE KELLY

The family Suburban turns 16 this year and with a little help from my kids, the tinting on the rear windows looks even older. I'm not giving up my truck until it's dead, but I do need new tint.

Mike Sheurs at San Diego Tint (619-469-9393 in La Mesa; 858-202-0200 in Sorrento Valley; [sdtint.com](http://sdtint.com)) gave me a primer. "Tinting involves putting a film on your windows. There are three kinds of film: dyed, metalized, and ceramic. Dyed films are the standard — they look like factory tinting. Metal films will reflect more heat, and they'll give a bit of exterior reflectivity so that the window looks a little bit like a mirror. Technically, it's illegal to increase the reflectivity of any window. But some people like the look or they really want that heat reflection. Also, if you have a newer car — something with a satellite radio or a GPS system — the film will interfere with the reception. So, they're kind of being phased out." The relatively new ceramic film, he explained, will give you "the benefits of metal film without the interference issues."

Sheurs said that tinting's heat-reflective capability was mostly about "comfort while you're in your vehicle. Your car is a big block of metal; if it sits in the sun all day, it will get hot," tinting or no tinting. But "metalized or ceramic films will reject about 65 percent of the heat" that would normally radiate through the windows, compared to "about 45 percent" for dyed films.

Dyed films, however, will "block 99 percent of UV rays," just like metalized and ceramic. "That's what hurts your skin and damages the interior of the car. In Southern California, some kind of tinting is practically a necessity. If you're just looking to give the car a nice look and achieve some privacy," dyed film is an effective and less-expensive option. "They used to have a problem with the dye fading to purple over time, but now, reputable companies use what are called extruded dyes, where the dye is bled into the film. It used to be that you could only get a three-year warranty on dyed film. Now there are lifetime warranties."

According to Sheur, "reputable brands" include 3M, Solar Guard, Madico, and Llumar. "We carry all of them. It's kind of standard for a company to carry just one brand and say it's the best, but we try to pick the best from each manufacturer. Sometimes, a customer wants a specific shade, and not every manu-

*"It's kind of standard for a company to carry just one brand and say it's the best."*

facturer makes the same shades."

Sheur said that San Diego Tint's prices range from \$180 (for dyed film) to \$500 (for ceramic film). He urged customers to "make sure you get a manufacturer's guarantee in writing. Don't accept word-of-mouth and a handshake. For most manufacturers, if they offer a lifetime warranty, it's good nationwide. So, if you move, you should be able to contact the manufacturer and get referred to a local dealer for repair."

Javier at Oasis Trade Window Tinting, Inc., in Miramar (800-880-TINT; [oasistradetint.com](http://oasistradetint.com)) gave me a little detail on shades. "The

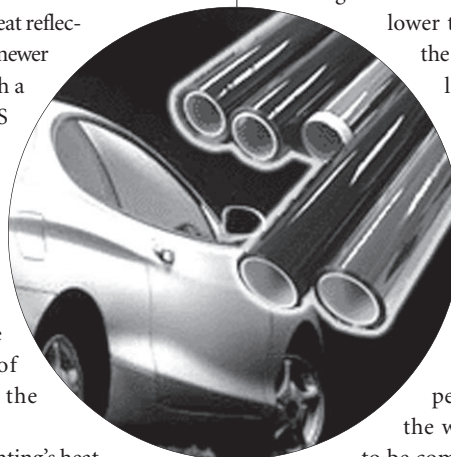
lower the number, the darker the tint. So, 70 percent is the lightest — it lets 70 percent of the light through. Limos tend to use 5 to 10 percent. You can make the rear windows as dark as you like. The front windows, legally, are supposed to be at least 70 percent. But most people ignore that." (And the windshield is supposed to be completely clear, save for a tint strip up top.)

He also took me through installation. "The film is installed on the inside of the window, but the technician fits the film to the outside first. He'll use a heat gun to shrink the film onto the glass, so it's sized exactly." That way, the installer never has to bring a cutting blade inside your car. "Then he removes it and installs it on the inside after removing the plastic coating from the adhesive side of the film. To make sure there are no air bubbles, he sprays the window with soapy water and then squeegees off the excess water. The whole process takes about two hours, but we recommend that you let the film cure for three to five days. Don't roll down your windows, don't open your sunroof."

Javier estimated tinting on a four-door sedan would run \$169–\$300, with the high end offering a lifetime warranty.

Theo Polo of Majestic Motorsports (866-447-9218; [majesticmotorsports.com](http://majesticmotorsports.com)) offers mobile tinting services. "We carry Johnson window films, which come with a lifetime manufacturer warranty. We have a location in Miramar or we can come to you. You can choose from several shades. Prices range from \$160 to \$180 for a two-door to \$200 for a sedan."

For more stories by this author, go to [sdreader.com](http://sdreader.com).







## \$200 off bathroom remodel

Or free corner caddy. With purchase of bathroom remodel. Some restrictions. Call for details.

**CAL Bath**  
866-549-3120  
www.calbath.com

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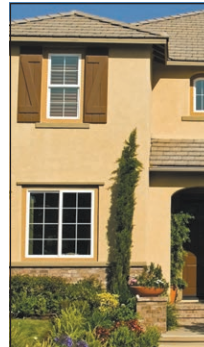


## \$750 off cabinet refacing

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www.rzcustomcabinets.com

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## \$500 off lifetime paint alternative

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**Nu-Cote**  
866-447-1559 • nucote.com

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## Engineered wood flooring \$6<sup>99</sup> per sq. ft.

Includes installation. Call for details.

**MSM**  
877-MSM-7769 • 858-549-7769  
10045 Carroll Canyon Rd.  
San Diego

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## 25% off pavers + free removal

25% off installation plus free removal of existing concrete or asphalt! Lifetime guarantee. Free estimate.

**Tuscany Pavers**  
Free estimate: 866-641-3509

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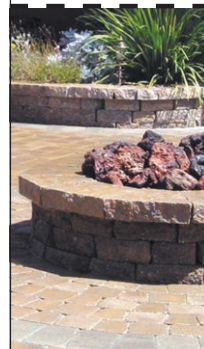
## Free hour of house cleaning

With the purchase of 4 hours of cleaning. Only \$65 for 5 hours!

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**Rene's of La Jolla**  
858-455-0729

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## 30% off pavers and block

Includes free demo of existing concrete or asphalt. Certified installer of Belgard, RCP, Orco, Ackerstone and Angelus Block. Call for details.

**Omega Pavers Inc.**  
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877-526-5193

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## Overhead garage storage \$550

Two 8'x4' racks installed. Holds up to 600 lbs. each. Call for details.

**Garage Concepts**  
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**Harp Pest Control**  
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www.harppestcontrol.com

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## \$70 off any garage door repair

We repair all garage doors. 1-hour emergency service. 24 hours a day, 7 days a week. Call for details. Lifetime warranty.

**Patriot Garage Doors**  
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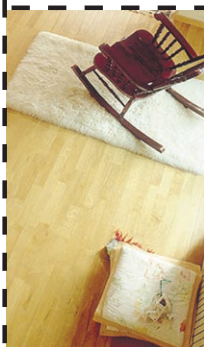


## 25% off handyman

First \$500. Experienced, fully insured craftsman. Carpeting, painting, plumbing, tile, electrical, door & window replacement, remodeling and repair. Call for details.

**Handyman On Demand**  
866-447-1151  
www.handymanondemand.com

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## Laminate flooring \$3<sup>99</sup> per sq. ft. installed

450 sq. ft. minimum. Free estimates. Free no-interest financing (90 days O.A.C.). Call for details.

**MVP Flooring**  
13358 Poway Rd. • 866-319-5625

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## \$79 organic carpet cleaning

3 rooms. 4 rooms \$99. Safe for children and pets. Outcleans chemicals. Dries in 30 minutes. Call for details.

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## \$10 off sofa or chair cleaning

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## Steam clean carpets \$19<sup>95</sup>

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15-year warranty. Most experienced crew in Southern California. \$500 off any job of \$5,000 or more. Call for details.

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www.prolawnturf.com

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## \$20 off any plumbing repair

Complete service and repair. Call for details.

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blackmountainplumbing.com

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Over 50 colors in stock. Fast 7-10 day turnaround. Call for details.

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Miramar: 858-717-4321  
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## Free blind, shade or shutter

Purchase three blinds, shades or shutters and get one of equal or lesser value free. Free consultation. Call for details.

**Custom Window Coverings**  
866-463-7776  
customwindowcoverings.com

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## 30% off fountains

Any AI's or Avila's garden art fountain. Call for details.

**Backyard X-Scapes**  
10835 Sorrento Valley Rd.  
(at the 5-805 split)  
858-643-9030  
www.BackyardXScapes.com

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## “Global warming?” says Steve Wampler. “Crap!”

This is unexpected because Steve trained as an environmental engineer at UC Davis.

But he’s serious. “There are 100,000 scientists out there who are saying it’s total crap too, but they get shunned, swept under the carpet because all this ‘global warming’ stuff is just money-making scare tactics. They prevent the opposing view from ever getting a fair hearing.”

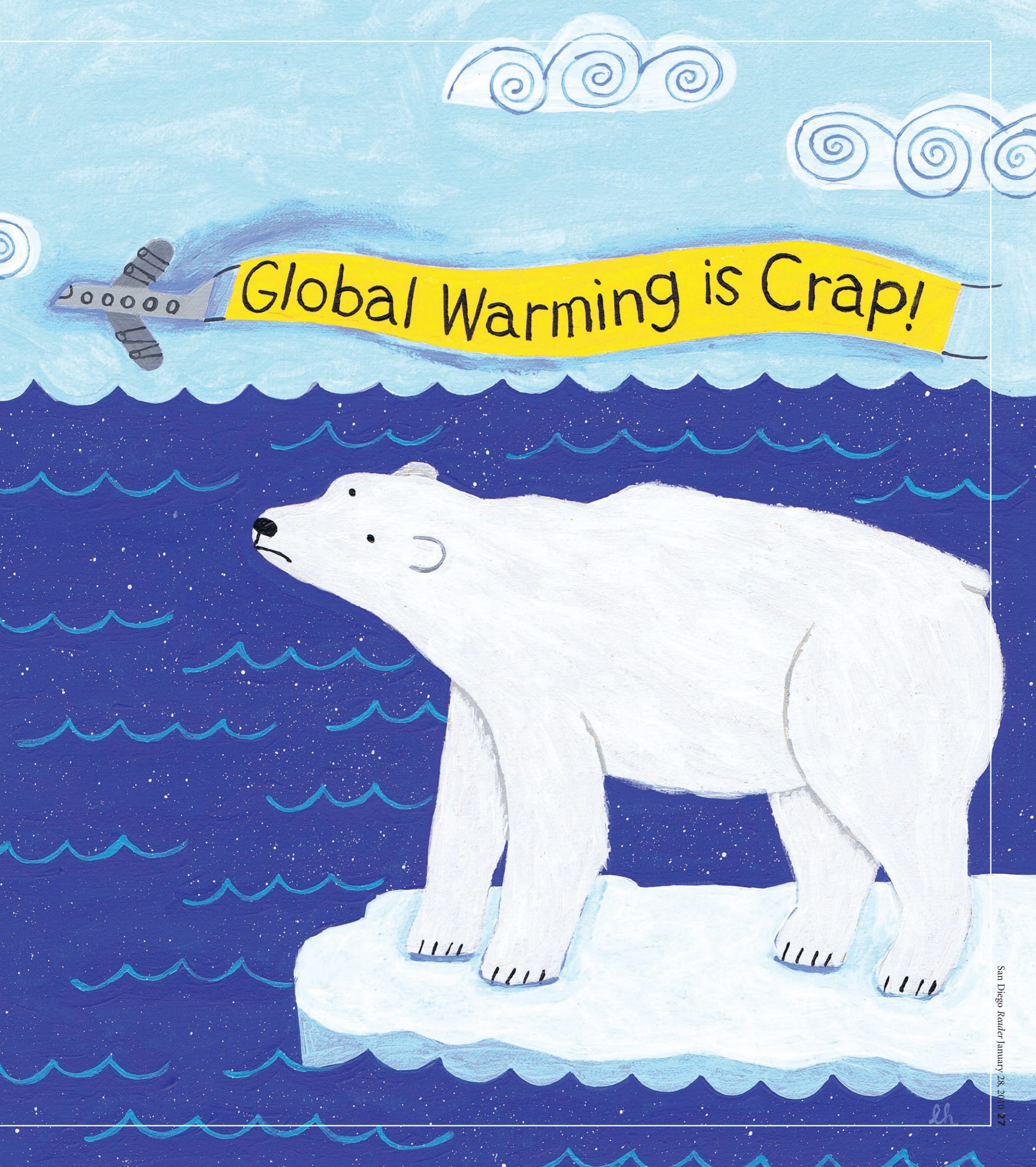
Steve. What a contradiction. I thought he’d be a global-warming shoo-in, a great first interview on my mission to find out what green San Diegans are doing, post-Copenhagen, to save the world. To undo – uninvent – global warming. Because it turns out (who knew?) that San Diego invented global warming, or at least discovered a way of understanding it.

*continued on page 28*

“This sea ice is no different than it was 30 years ago. [It’s] a hoax pulled by Al Gore!”







Global Warming is Crap!





## \$59 duct plus carpet cleaning

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www.zenairsystems.com

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## \$10 off garage door repair

Lube, balance, tighten, adjust. Some restrictions. Not valid with any other offer. Call for details.

**Easy Open Door**  
877-655-6846

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## Travertine and marble \$10<sup>99</sup>

per sq. ft. Includes installation. Call for details.

**MSM**  
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10045 Carroll Canyon Rd.  
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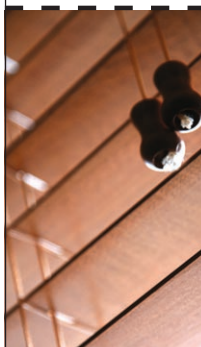
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## Free fridge cleaning

**Marcela's Cleaning**  
866-228-1525

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## Free wood or faux wood blinds

With purchase of three blinds. Call for details. Ask about our interest-free financing!

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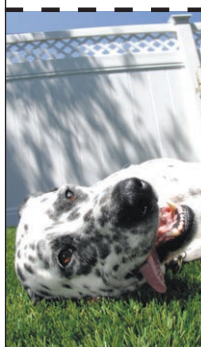


## Free sink & free hookup

With purchase of countertop. Basic hookup plumbing on same day as countertop installation. Solid surfaces, quartzites, soapstone, granite. 1-day demolition and install. On solid surfaces only. Some restrictions.

**The Countertop Company**  
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www.simplefloors.com

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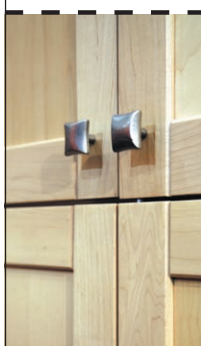


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## \$500 off cabinet refacing

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**Boyar's Kitchen Cabinets**  
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## Free fireplace mantle

With whole house crown or baseboard. Free in-home estimate. Call for details.

**Archwood, Inc.**  
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www.archwoodusa.com

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Just over 50 years ago, in March 1958, Charles Keeling of UCSD's Scripps Institution of Oceanography set up camp on the summit of Mauna Loa in Hawaii. His idea was to take daily measurements of the amount of carbon dioxide in the atmosphere, to see if that number was increasing as a result of humanity's use of fossil fuels.

And over the course of 50 years, the figures tell us it was. Keeling's graph does one sexy curve up, up, and up. Each notch equals more CO<sub>2</sub> in every molecule of air. The Keeling curve "marked a key moment in American science history," says Scripps, commemorating the anniversary in an article on its website. It's

"become one of the iconic images of science, rivaling the double helix, or Darwin's sketches of finches.... It turned speculations about increasing CO<sub>2</sub> from theory into fact."

brown clouds — clouds loaded with industrial soot that cause a reduction in solar radiation at the ocean surface.

The problem is, all the UCSD/Scripps people involved with

"For years, I was a voice in the wilderness," Oechel says.

So the question is: With all the urgent calls from Copenhagen, can San Diego help lead the world back from the brink? It turns out that our fair city bristles with experts and activists, from Keeling's son Ralph, also a climate scientist at UCSD, to Veerabhadran Ramanathan, who discovered the "ABC" — atmospheric

Copenhagen are apparently too busy to talk. Or, as in the case of Ralph Keeling, too apparently elitist. He didn't think the *Reader* a magazine worth speaking to (and we wonder why UCSD can't shake its town/gown image problems).

Which started me thinking. We need people who are actually doing something, not just forever analyzing the problem. From the Maldives drowning, to the crows invading San Diego (until recently, their southernmost limit was Carlsbad), to some pretty wild fire seasons, there is plenty of evidence that it's roll-up-your-sleeves time.

So here are a half-

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dozen San Diegans who decided not to wait for the arguments to end.

### The man who has looked into the abyss:

"For years, I was a voice in the wilderness," says Walter Oechel, a distinguished professor of biology at San Diego State. "I warned of this coming crisis." He doesn't hold up much hope for planet earth on its present trajectory. "The tipping point, our chance to avoid damaging change, passed in 2002, 2003. Now it's a question of damage control."

We're sitting in the old (1941) Faculty Staff Center on campus, one of the original buildings of San Diego State, during a noisy lunchtime. The place is filled with

staff members, eating, chatting, heading over to give orders to a chef who stands by the well-stocked buffet. The chef slices slivers of roast beef, serves up healthy sides. If Earth is the *Titanic*, SDSU staff are going down in style.

I've come to see Oechel because he's a legend in green circles. Long before most, he was studying the tundra in Alaska and Iceland for signs that it was about to begin defrosting. He's also known for resisting corporate pressures to play ball and stay quiet. He's authored pioneering papers detailing how a few degrees' warming is causing the Arctic tundra to change from a reliable frozen carbon sink to a potential car-

bon bomb, releasing thousands of years' worth of stored carbon in short order. After he published that, he says, the Department of Energy cut \$500,000 from his research grant in 1992. Two years later, when he published a paper demonstrating that higher CO<sub>2</sub> levels don't stimulate ecosystems long-term, a second \$500,000 was taken away. The last \$300,000 of his D.O.E. grant was withdrawn after another paper on carbon and global warming came out.

But he has hung in there, all the while training another generation of ecophysicologists like himself.

"The poles are the radiators for the planet," Oechel says. "They radi-

ate energy to outer space because of the reflections from snow, the clear sky, the low humidity. They're net exporters of energy to space, while the mid-latitudes and the equator are net importers of energy. The Arctic has become our canary in the coal mine."

But his contribution to the Copenhagen debate boils down to one word: population.

"I'm unaware of anyone dealing with this double-edged sword of an increasing population and an increasing resource use." We are approaching the Perfect Storm, he says: Just as Earth reaches her limits of tolerance for carbon emissions, the developing world is about to explode in fossil-fuel-

driven consumerism, led by China and India. "Over the 30 years I've been involved in climate-change research, China has gone from a per capita CO<sub>2</sub> emission of 1/32 of that of America to about 1/3. I'm not picking on China. Most of the developing world wants to develop, and if the developing world reaches just 1/3 the U.S.'s resource use — and if you apply that to the current population of almost 7 billion, let alone a likely future population of 13 billion or more — it just explodes in terms of CO<sub>2</sub> emissions and resource use."

Oechel is part of the first generation of eco-

academics who've had to muscle their way into an academe (along with their corporate backers) not ready for them.

"My formal training is as an ecophysicologist," he says. "Since the late '70s, the focus of my research has been on the impact of increasing atmospheric CO<sub>2</sub> on natural ecosystems. For instance, the new estimates for the Arctic now are that there may be 1.7 thousand gigatons of carbon in the upper three meters of soil. If any significant fraction of that came out as CO<sub>2</sub> and methane, it would have a huge perturbation on existing atmospheric CO<sub>2</sub> concentrations. Because the total

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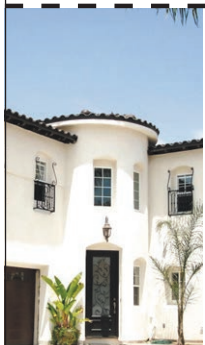


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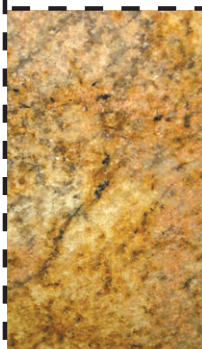


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atmospheric CO<sub>2</sub> now is less than 800 gigatons. So there's a huge potential impact of that organic matter being oxidized and released to the atmosphere as a greenhouse gas."

Oechel believes we're doing "more poorly than the worst emissions scenario we could imagine. It doesn't take much math to say, 'We've got an increasing population and an increasing per capita consumption.' It just doesn't pencil out. If we started draconian reduction scenarios now, we would still see 600 to 700 ppm [of CO<sub>2</sub>] in the atmosphere or more [up from 380 ppm now]. So, it really is misleading and cynical to talk about switching out lightbulbs and carpooling. Somebody's got to step back and say,

'Look, we've got a problem which goes well beyond these issues on the surface.' And it's not that we couldn't do something. It's just that there appears to be no political will to do it and very little education and

with him — for a couple of hours, and with his staff. He really thought technology was going to solve everything. I was astonished, someone as intelligent as Al Gore missing the big picture."

## It's the population explosion that is key.

information, so people don't even realize where we are and where we're headed."

Oechel once met with Al Gore for a couple of hours, long before Al released his movie. "In the lecture, he had nothing on [the effect of a burgeoning world] population and nothing on increasing global consumption. I talked with him — argued

So what should San Diego do? "In addition to the things on the table at Copenhagen, I think we need a big analysis like the IPCC [the UN's Intergovernmental Panel on Climate Change] but to include population and economic growth as well as analysis of the best available and emerging technologies. So far, people steer clear

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of anything that looks like population control. I believe that can't continue. For instance, I haven't seen anyone calculate the thermal output of humans. I think every person puts out heat the equivalent of a 75-watt incandescent lightbulb. So you take 7 billion people, you've got 525 billion watts in heat. That's not trivial [when you're calculating]. Just from human metabolism.

"Let's say San Diego adopted the [San Diego Foundation Regional Focus] 2050 report, and we reduced our carbon output by half, and that's doable. It would make San Diegans feel good, but then what? It would only be of use if it became a model for other communities and governments to pick up."

It's the population explosion, he insists, that is key but not popular — not politically correct — to talk about.

"I'm a great one to piss in the wind," he acknowledges. "But we have a crisis. They say it would require five-plus Earths to sustain us if

the whole world wanted to live at Western standards. It's physically not doable. So we have to decide: do we want fewer people, educated and living in a fairly appropriate manner, with enough to eat and shelter? Or do we want 14 billion living like cockroaches? Right now, we're going for the 14 billion cockroaches."

**The inspirers:** Not all teachers at State are as pessimistic as Oechel, but they recognize how heavy the subject is. "Given the enormity of the challenge," says Geoffrey Chase — he's the dean of undergraduate studies at State and leads a program that pushes sustainability in higher education — "people can take just so

much of it, and then they say, 'I need to get in my car and go get a beer!' So we have to talk about how we manage that in terms of our sense of self, our own lives. To say 'it's too late' sends a message that it doesn't matter what we do. We have to strike a balance. How do we prepare students to think differently about how they occupy their place on the planet, so that when they take positions in companies, schools, law firms, community agencies, here and around the world, how are they better able to deal with it?"

Chase's colleague Al Sweedler, who's a professor of physics, par-

tially agrees. "What we — San Diego — must do," he says, "is turn ourselves into a model city. We've made a good start. We are the most solar city in the United States. We were voted top public-transportation system nationwide last year. We are a center for biofuels.

I moved to California 40 years ago, and we could never have had this conservation push, this smart development, back then, never. And remember the threat of CFCs and the ozone holes over Antarctica?

The Montreal Protocols licked that problem. So we can do it. I'm an optimist."

"Just look at what our students [at State] are doing," says Chase. "We just received a \$2.4 million grant to put

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solar panels on campus. The students had a lot to do with that. They are ahead of faculty on this. Go ask Grant Mack and Erica Johnson.”

I head on over to the '60s-era student union building, Aztec Center, with its multiple giant columns that make it feel like Egypt's ancient Karnak or the temples at Luxor. I pass a scattering of people thrusting pamphlets and Bibles and petitions at you. The post-sunset sky has turned a deep, velvet blue, and the student union building shines golden within its vertical lighting.

A booth at the top of the steps says “Associated Students.” I ask one of the guys behind the stacks of literature if he knows Grant Mack or

Erica Johnson. Grant, I'm told, is the green commissioner for Associated Students, the students' organization. A moment later, a 20-year-old...kid, a junior-year student, comes up and introduces himself. Mack is one of the student executives who run Associated Students, a — get this — \$23 million, student-controlled corporation that owns eight of the campus's main buildings, including Aztec Center. He's just completed negotiations to tear the center down and build a new one.

“It's going to be green,” he says, “very green: a LEED-certified building. That stands for Leadership in Energy and Environmental Design. It's a

green-building rating system set up by the U.S. Green Building Council. And not just LEED, but LEED Platinum, the most strictly regulated sustainable building possible. This is a first on any campus in the U.S., and, we think, the world. And guess what? It was the students who voted to tax themselves an extra \$45 per year to pay for a very green replacement. We don't get big-buck grants like UCSD. This is a bottom-up campus. We prefer it that way because this is ours. We students are the ones making it happen.”

Not that it wasn't a battle to persuade the campus bigwigs — who have to sign off on maxi-projects and pass them through the uni-

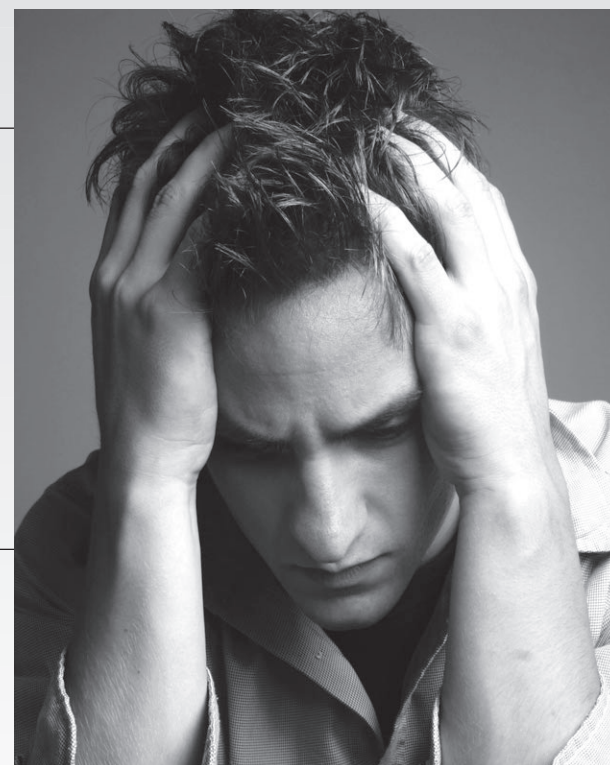
RESEARCH STUDIES

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### To qualify for the study you must:

- 1) be a healthy premenopausal woman
- 2) be in a heterosexual relationship for at least 1 year
- 3) be bothered by your decreased sexual desire for at least 6 months
- 4) have no history of depression

### Qualifying participants receive at no cost, study-related:

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- 3) compensation for time and travel

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versity architects — to approve the two percent more that Mack estimates a LEED Platinum building will cost. “Erica and I made that happen,” he says proudly. “I was the fixer, she was the scrapper, the voice, the speechifier on the soapbox. She bullied the university to create this symbol of our green future. You really should ask her about it.”

**True (solar) grid:** You can see right away that Erica Johnson, the girl racing up to the deck outside Starbucks, here beside the Euclid trolley station, is always in a hurry. She is all vivid movements, and her speech sounds like a tape recorder on fast playback. She has an hour away from Sullivan

Solar, where she works as a publicist and as their lobbyist at City Hall. Until this year, she was completing a degree in environmental studies and public relations

**“I was the fixer, she was the scrapper, the voice, the speechifier on the soapbox.”**

at San Diego State. And by now, she should have been starting work on her master’s in PR and business at UC Berkeley. But the battle for the new student union building changed that.

“The fight for our LEED Platinum building? Oh boy,” she says. She sits down and takes a gulp of coffee. She has

fighting, playful eyes. “When I first got involved as a student leader at SDSU, it was through this progressive organization named Enviro-Business

Society — usually known as E3, because it seeks to bring together ecology, ethics, and economics. This was 2005. People said, ‘Environment and business? That’s an oxymoron.’”

As president, Johnson turned E3 into the largest student organization on campus. “And that’s when they started

## RESEARCH STUDIES

## Chronic Low Back Pain?

VA/UCSD is conducting a research study using telephone-based treatments for **low back pain** problems.



### We are looking for:

- Men and women
- Ages 21 and up
- In good health except for low back pain



### Benefits:

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Principal Investigator: J.H. Atkinson, M.D.  
San Diego VA Healthcare System/UC San Diego

## Afraid to show your feet?



### Do you have toenail fungus?

Therapeutics Clinical Research is conducting a clinical trial to evaluate the efficacy of an investigational, topical medication in the treatment of onychomycosis, also known as toenail fungus.

### We need participants:

- 18-70 years of age
- With toenail fungus on at least one big toe

### Qualified participants will receive:

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## Do you have Type 2 Diabetes?

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Medical researchers are studying an investigational oral medication to see if it can help improve blood sugar levels.

### To pre-qualify for this study, you must:

- Be 18 years of age, and
- Have been diagnosed with Type 2 Diabetes, and
- Be currently taking either Lantus<sup>®</sup>, Levemir<sup>®</sup>, Humulin<sup>®</sup> N or Novolin<sup>®</sup> N with or without metformin and/or Actos<sup>®</sup> and your dose has been unchanged for the last several weeks.

Qualified participants will receive all study-related medical evaluations and study medication at no cost. You may also receive reimbursement for time and travel.

For additional information, please call:



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You may be eligible to participate in this study if you:

- Are 40 years of age or older
- Have a diagnosis of COPD
- Are a current smoker or were a smoker in the past

Compensation for time and travel may be available.



For more information  
please contact eStudySite  
toll free at:

**1-877-500-eStudy  
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## Have you or someone you love been diagnosed with Alzheimer's Disease?



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### What is the purpose of this study?

The purpose of this study is to test whether a nutritional drink is effective and safe for the dietary management of Alzheimer's disease.

### What will you be asked to do?

You will be asked to consume a nutritional drink once every day for a period of 6 months. During this time, you will be regularly monitored and tested by study staff for any changes in your memory and thinking abilities.

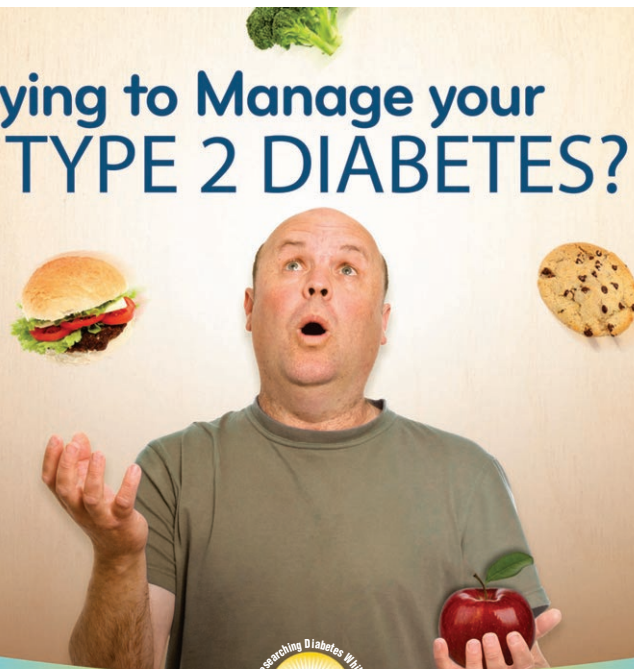
### To be eligible to participate in this study, you must be:

- Clinically diagnosed with mild-to-moderate Alzheimer's Disease
- Taking an FDA-approved medication for Alzheimer's Disease (Aricept, Exelon, Razadyne, and or Namenda) for the past 4 months
- 50 years of age or older
- Not previously diagnosed with vascular dementia, Huntington's Disease, Parkinson's Disease or seizures
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- 12-40 years of age with moderate to severe facial acne
- In general good health

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to take us seriously.”

Like with the Bike Crusades.

“People were being ticketed up to \$250 for riding bicycles or skateboards on campus. So students who lived within a mile of the university started driving to school every day. Unnecessary pollution! We tried to get a bike lane on campus. On Bike Crusade Day we would walk our bikes on campus, in long lines. We said: Think of all the carbon emissions. Eventually, they agreed to establish bike lanes throughout campus. It’s a passion-driven organization. I had no idea we

would be so successful.”

She became a green commissioner. “The Green Love Board — it allocates funds for green actions, like solar installations at the pool — made us the most environmentally progressive student government in the nation. It institutionalized sustainability at SDSU.”

The student union building was a challenge of a different magnitude. “Students voted a long time ago to increase the fees they paid to make this new building a reality,” Johnson says. “I just wanted it to be green. I started talking about LEED cer-

tification, which guarantees sustainable building and design practices. Nobody knew what it was. But I kept turning up to the meetings, kept saying, ‘Well, what if we incorporated renewable energy, a building that will produce its own energy for 50 to 60 years...’”

Johnson wanted the highest-rated LEED Platinum building, which meant asking students to shell out more money.

“You have no idea how nervous and scared I was. I was about to graduate. I had exams that I was supposed to be studying for. I had to convince the council. I stayed up for, like, two full days writing a resolution.

“At the council, people said, ‘Why are we spending more money?’ And I said, ‘This is the most responsible decision you guys are going to make. This is going to be your legacy.’ But the [University] architect — and especially the developer — they were saying, ‘This is going to cost millions and millions of dollars. It’s not

## RESEARCH STUDIES



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**You may be eligible to participate in this study if you:**

- Are 40 years of age or older
- Have a diagnosis of COPD
- Are a current smoker or were a smoker in the past

In addition to receiving study-related physical exams and laboratory services at no charge, participants will receive study medication and will be monitored by a medical team including the study physician.

Ask your doctor if this study is right for you.

For more information, call:

**1-888-365-3203**



SYNERGY CLINICAL  
RESEARCH

## A research study with a pharmaceutical company evaluating the safety and effects of an investigational drug for Type 2 Diabetes is being conducted.

- Type 2 Diabetes • 18-80 years of age • Currently treated with metformin

**If eligible, you may receive at no cost these items:**

- Office study visits • Study-related laboratory tests
- Study-related physical exams • Diet and diabetes counseling
- Study medication

To learn more about the diabetes research study, please call:

**1-888-365-3203**



SYNERGY CLINICAL  
RESEARCH

## Do you have Bipolar Disorder? Are you feeling depressed?

If so, please contact us today about our research study of an investigational bipolar depression medication.

**Qualified participants must:**

- Be 18 to 65 years of age
- Have had a manic, hypomanic or mixed episode of bipolar disorder
- Have suffered from a depressive episode for at least the past four weeks

**Qualified participants receive:**

- All study-related care and study medication at no cost
- Compensation for time and travel

To learn more, please call toll-free:

**1-888-365-3203** or visit [bdSTUDY.com](http://bdSTUDY.com)



SYNERGY CLINICAL  
RESEARCH

## Do you have pain from chronic pancreatitis?

Sanofi Aventis is leading a research study using an investigational drug to see if it reduces pain from chronic pancreatitis.

**sanofi aventis**

- Chronic pancreatitis pain moderate to severe
- 18-80 years old
- Single infusion of study drug or placebo

**1-888-365-3203**



SYNERGY CLINICAL  
RESEARCH

## Do You Suffer From Symptoms of Depression?

Have you tried taking ONE or TWO ANTI-DEPRESSANTS but aren't relieved from your depression symptoms?

If so, please contact us today about our research study of an investigational depression medication.

**Qualified participants must:**

- Be 18-65 years of age
- Have tried taking one or two anti-depressant treatments without relief from depression symptoms
- Have felt symptoms of depression for at least the past eight weeks

**Qualified participants receive:**

- All study-related care and study medication at no cost
- Compensation for time and travel

To learn more about this study, please call:

**1-888-365-3203**



SYNERGY CLINICAL  
RESEARCH

1908 Sweetwater Rd., National City, CA 91950  
[www.synergysandiego.com](http://www.synergysandiego.com)





# Hand Eczema?

Therapeutics Clinical Research, a center of excellence in dermatological care, is conducting a clinical research trial of an investigational medication for hand eczema (also known as hand dermatitis).

## **We need participants:**

- 18-75 years of age
- with hand eczema lasting at least six months

## **Qualified participants will receive:**

- study-related evaluations by a board-certified dermatologist and study medication at no cost
- compensation for time and travel

## **No insurance required.**

Conveniently located in Kearny Mesa.

**Call us at: 619-512-DERM (3376)**

E-mail: [info@therapeuticsresearch.com](mailto:info@therapeuticsresearch.com)

Website: [www.therapeuticsresearch.com](http://www.therapeuticsresearch.com)

**THERAPEUTICS**  
CLINICAL RESEARCH

even possible to have a LEED building?

"Then I found Drew George. He founded the United States Green Building Council LEED San Diego chapter. He helped develop the LEED certification. He lives right here in Pacific Beach.

Drew George confirmed that "Platinum will definitely cost more."

"Drew met with me for 6½ hours. He told me developers are against LEED because it's checked by third parties. There's no cutting corners. There's a certification process. Contractors want to make money. They don't like that someone is coming and checking that the wood is from 50

miles away, max. That they're using recycled materials. That they're covering every single thing at night, and there's no chemicals being put in.

**"We are the green generation, unless you happen by a fraternity house on a Friday night."**

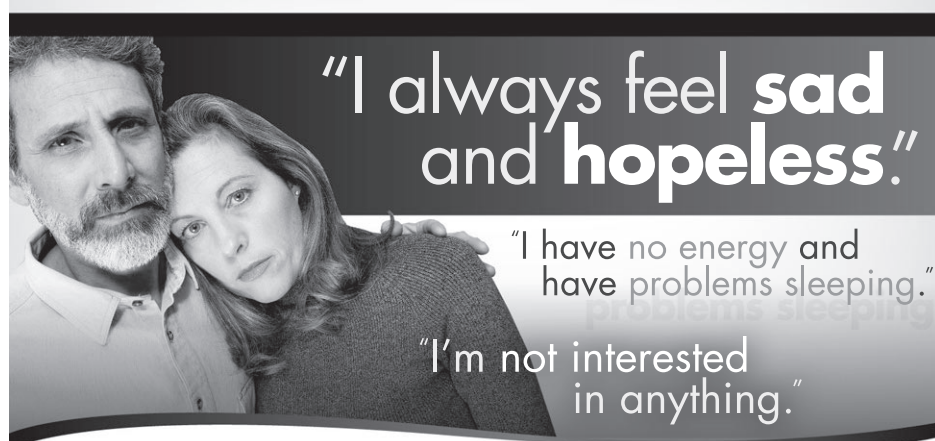
"We went through the costs. The architect, the manager, they were all sitting around. This is the final day, when I'm going to the AS council for a vote. And it's 30 minutes before, and we're trying to cost this, top university officials and Drew and me,

22, a student struggling to pass her final exams.

"I said, 'I need everybody to agree that we can do a LEED Platinum building with the LEED premium [extra

costs]. Some said those costs would be 3 percent, others 7 percent. So I said, 'How about 5 percent?' And they agreed. I included that clause, went to the council, told them LEED could be had for 5 percent premium, and it passed!

## RESEARCH STUDIES



If this sounds like you or a loved one, please contact us now about our medical research study of an investigational medication to treat the symptoms of depression.

## **Qualified participants must be:**

- At least 18 years of age • Currently suffering from the symptoms of depression

Those who qualify will receive all study-related care and study medication at no cost.

TO SEE IF YOU OR A LOVED

ONE MAY PRE-QUALIFY, PLEASE CALL **1-888-807-8023**

OR VISIT

*Ifeelblue.com*

# Attn: Heavy Drinkers

Researchers at The Scripps Research Institute are working to develop new treatments for people with alcohol problems.

Is your current alcohol use causing problems with your family, your work, your life? If you want to stop drinking, The Pearson Center for Alcoholism and Addiction Research is conducting a clinical trial to help you reach that goal.

Qualified participants receive lab tests, medication or placebo, individual counseling and compensation for travel. All information is confidential.

Call: 858-784-7867 (STOP)

Or visit: [www.pearsoncenter.org](http://www.pearsoncenter.org)

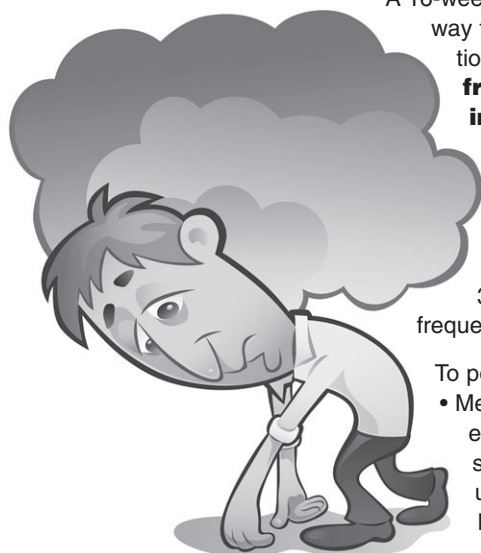


THE  
SCRIPPS  
RESEARCH  
INSTITUTE





# Going, Going, Going Too Often at Night



A 16-week clinical research study is underway to evaluate a marketed oral medication taken daily for **urgent, frequent nighttime urinations in men and women over 18 years of age.** Getting up numerous times at night causes interrupted sleep and subsequent tiredness. If you have been getting up multiple times nightly for at least 3 months, you may have nocturia, or frequent nighttime urination.

To possibly qualify to participate:

- Men or women, 18 years or older and experiencing overactive bladder symptoms with frequency and urgency, especially at night, for at least three months

Qualified participants may receive:

- Study-related examination and consultation by a board-certified physician
- Study-related labs and EKG at no cost
- Study-related medication or placebo (an inactive look-alike pill) at no cost
- Compensation for time and travel

**Medical Center for Clinical Research**  
(619) 521-2841 • [www.mccresearch.com](http://www.mccresearch.com)

# Bad cramps... ...with your period?

Are you suffering moderate to severe cramping pain in your lower abdomen or headaches during your period? Tried numerous remedies without success? A clinical research study is underway to evaluate the effects of a new oral drug on moderate to severe menstrual cramps.

**To possibly qualify for the study:**

- 1) 18-50-year-old females (including smokers 35 years or younger)
- 2) Regular cycles between 25-35 days
- 3) Must have moderate to severe cramps and/or headaches with your period

**Participants may receive at no cost:**

- 1) Study-related examination and consultation with a board-certified physician
- 2) Study-related Pap smear and labs
- 3) All study medication at no cost
- 4) Compensation for your time and travel

**MEDICAL CENTER  
FOR CLINICAL RESEARCH**  
619-521-2841 • [www.mccresearch.com](http://www.mccresearch.com)

**A**bdominal pain  
**B**loating  
**C**onstipation

the **ABC<sup>s</sup>**  
of **IBS**

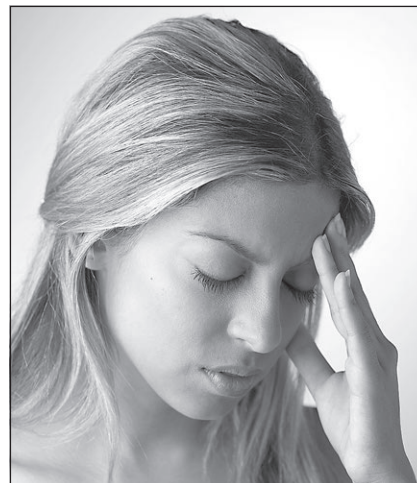
Researchers are evaluating an investigational medication to see if it effectively treats irritable Bowel Syndrome with Constipation (IBS-C) in men and women. You may qualify for a research study if you experience any of the following symptoms:

- ✓ Abdominal pain or discomfort
- ✓ Bloating and/or straining
- ✓ Have fewer than 3 bowel movements per week

All study-related care will be provided at no cost. Insurance is not needed.

**To learn more call:**

**Medical Center for Clinical Research**  
619-521-2841  
[mccresearch.com](http://mccresearch.com)



# Menstrual Migraine Headaches

***Wishing your period  
would never come?***

A medical research study is underway to evaluate an investigational oral medication for women 18-34 years of age with regular periods **who have migraine headaches associated with their periods, in at least 2 out of the last 3 cycles.** Periods are tough enough without adding a migraine headache.

**To possibly qualify:**

- Females, 18-34 years, with regular periods
- Have had migraine headache associated with 2 of your last 3 periods
- Can be using medication at present to treat migraine headaches at a stable dose for at least 2 months

**Participants may receive at no cost:**

- Study-related examination and consultation with a board-certified physician
- All study-related medications, labs, and Pap smear
- Compensation for your time and travel

**Medical Center for Clinical Research**  
(619) 521-2841  
[www.mccresearch.com](http://www.mccresearch.com)



"I was so nervous, the whole time I was doing it. I had all these fears about failing my classes. Because I really wanted to go to Berkeley for grad school. I told myself, 'Berkeley's not going to happen if I do this.' And that's what happened. My grades definitely suffered, my last year of college. But it was an opportunity to make an impact for future generations. I hope this building does."

This summer Johnson graduated from SDSU, although not summa cum laude. That was the price she paid to get her building. That,

and no acceptance into UC Berkeley. Fortunately, Sullivan Solar, a solar-power company based in San Diego, snapped her up to become its lobbyist and PR person. She is 23. The average age at Sullivan Solar is 27. "I like to think that the green boom is driven by this young generation," she says. "We are the green generation, definitely, unless you happen by a fraternity house on a Friday night. There's nothing green about that."

**The gardener:** "Karibu!" Sitey Mbere waves goodbye to her friend.

"Assantay!"

Sitey Mbere is a Bantu woman from Somalia. Right now, she could be back home, in the gardens she had to abandon when disintegration of the central government made life impossible. Sitey is hoeing around her *kundai* — black-eyed peas. To her taste, they're not perfect here. East Africans eat the leaves of the plants more than the peas. The strains available in San Diego are mean on the leaves and push out peas early.

But Sitey Mbere says she's thrilled to have a garden. To be

able to grow her own spinach, long beans, cilantro, peanuts, mustard greens, eggplant, and soybeans makes her feel whole again. It saves on grocery bills. It teaches her grandsons that their grandmother has skills that can be useful after all.

"And," says Ellee Igoe, the young Anglo mom who brought me here, "the plants help put oxygen back into San Diego's air."

We're in City Heights, standing in the middle of what should be a big fat road, Chollas Parkway, near 54th Street. Luckily for the 80 gardeners and their

families here, the City decided not to extend Chollas Parkway across 54th, while also never terminating its status as a right-of-way. "Basically, the City gave it to us," says Igoe. She has her baby son Madix on her hip. Rows of everything from long beans to corn to unfamiliar greens radiate out in a large paddock-sized space that wedges between Chollas Creek and the hills. It's a green swath for the houses nearby, and everything grown here, whether by Somali Bantu, Cambodians, Mexicans, or Anglos, is consumed.

It's called New Roots Community Farm, and it's Ellee Igoe's brainchild. "I work for the International Rescue Committee," she says. "And I've noticed that so many of the people we settle, from Asia, Africa, the Caribbean, they all miss their plot of land, a place where they can grow their own food and where they can get together. Loneliness is the curse of newly settled refugees. We had a bit of spare money, so we went out and talked to folks primarily in the Somali-Bantu community and asked them, 'In relation to food and

## RESEARCH STUDIES



# Do you have acne?

**Are you (or your child) 12-65 years of age?**

**If so, you (or your child) may qualify for a research study involving an investigational topical medication for acne. No insurance needed.**

**Study includes at no cost:**

- Study-related medical evaluations by a dermatologist
- Study-related medication
- Reimbursement for time and travel

**For more information call University Clinical Trials at: (858) 278-8470**  
Ask for Julia or Eric. Visit our website at: [www.univct.com](http://www.univct.com)

# Type 2 Diabetic Volunteers

Dr. Robert Henry and his associates at the VA Medical Center are looking for Type 2 Diabetic volunteers to evaluate the effects of Dapagliflozin compared to placebo on insulin resistance and insulin secretion.


**Duration:**  
Approximately 24 weeks total: 11 clinical study site visits  
(The visits will include an initial screening visit and 10 clinic visits.)

If you meet the following criteria you may be eligible to participate.

**Inclusion Criteria:**

- Males or females aged 35 to 70
- Diagnosed with Type 2 Diabetes
- A1c 7.0% to 10.0%
- Body Mass Index (BMI) less than or equal to 45 kg/m<sup>2</sup>
- You must be taking Metformin for at least 12 weeks at a dose of 500mg or greater OR Metformin greater than or equal to 500 mg plus a sulfonylurea (such as Glyburide and Glipizide or Prandin, Januvia)
- If you are a woman of childbearing potential you must agree to use an adequate method of contraception to avoid pregnancy

**For more information, please contact Catherine DeLue at 858-552-8585 ext. 6740.**  
Qualified participants will be compensated for participation up to \$1,400.



# Abdominal pain Bloating Constipation



the ABCs of IBS

Researchers are evaluating an investigational medication to see if it effectively treats Irritable Bowel Syndrome with Constipation (IBS-C) in men and women. You may qualify for a research study if you experience any of the following symptoms:

- ✓ Abdominal pain or discomfort
- ✓ Bloating and/or straining
- ✓ Have fewer than 3 bowel movements per week

All study-related care will be provided at no cost.  
Insurance is not needed.

**To learn more call:**  
**CALIFORNIA RESEARCH FOUNDATION**  
**(619) 291-2321**

# The Center for Metabolic Research

## RESEARCH OPPORTUNITY

### Have you been newly diagnosed with Type 2 Diabetes?

Robert R. Henry, M.D. and his associates at the Center for Metabolic Research, at the VA San Diego Healthcare System, are currently looking for patients to assess the safety, tolerability and effectiveness of an investigational drug in patients with Type 2 Diabetes.



**You may qualify if you are:**

- Male or female between the ages of 18 and 74, with Type 2 Diabetes.
- Not currently taking diabetes medication, OR taking metformin (glucophage) only to control your diabetes.
- Have an A1c of 7% or higher (A1c is a test to see how well your blood sugar is controlled over a 3-month period).
- Willing to participate in a research study for up to 5 years.
- Currently in good health (other than your diabetes).
- Not pregnant or planning on becoming pregnant.
- Willing to receive once-monthly study drug injections under the skin.

If you are eligible and choose to participate, all study-related medical care, study drug, metformin (if needed), glucose meter and test strips will be provided at no cost.

Compensation is provided at each study visit (please call for more details).

**If interested please contact the Research Coordinator at: (858) 552-8585 ext: 2884**  
[www.vacmr.org](http://www.vacmr.org)



health, what do you want?' And they said, 'We want access to land to grow our own food.' So I and my coworker said, 'Okay. Let's look around for some land.' This was one of the first parcels we identified. It was large, and it belonged to the city, so we didn't have to purchase it."

The farm has 2.3 acres, around 80 individual plots given out to families since the place opened last June. The only rule: no fertilizers or pesticides.

But how will 2.3 acres save the planet?

"We forget that we live in a desert," says Igoe. "If we're looking at how we should use our water, it makes sense to prioritize the things that we need to

survive, like food. And to grow it locally, so we're not adding to global climate change."

We're walking and talking, greeting people, older women mostly, with grandkids in tow, as they weed, pick, water, and hoe.

Igoe says two things drove the project. "First, giving people an opportunity to produce their own food and not have to ask for a handout is a huge boost to mental health."

Also, she says, isolation is a big killer for refugee immigrants. "One of the coolest things about the garden is that it's bringing the generations together. The young people...- it's, like, 'Wow! Look, my parents have this

## RESEARCH STUDIES

## Urinate Often?



As part of a national research study, we are looking for people who awaken at night to urinate. To learn more about the study, please give us a call.

Participants receive up to \$200.

For more information call

**CALIFORNIA  
RESEARCH FOUNDATION**  
(619) **291-2321**

## ADDICTED TO METHAMPHETAMINE Want to Quit?

If you are otherwise healthy and at least 18 years of age, you may be eligible for confidential treatment in a research study. You will be compensated for your travel time.

**South Bay Treatment Center**  
4419 47th Street, San Diego, CA 92115  
For information and **confidential** screening,  
call: (800) 495-0001



## Forgetting simple tasks? Memory fading? Can't seem to complete projects?

### If you or someone you know is:

- Male or female • Between the ages of 45 and 90
- Experiencing memory loss? Unable to organize or plan? Forgetting simple tasks?
- In overall good health

If you answered yes to all of these questions, you may be eligible for our research study! If you qualify and choose to participate, you may receive an investigational study medication. You will also receive physician consultations, study-related medical examinations, laboratory evaluations and follow-up visits all at no charge. Health insurance is not required and compensation for time and travel is provided.



If you are interested in learning more about this study, please contact:

**(619) 688-6565**

See our website: [www.ari-inc.com](http://www.ari-inc.com)



## Have you been diagnosed with schizophrenia and currently taking medication?

### Are you:

- Male or female between the ages of 18-55?
- Currently taking a stable dose of medication?
- Currently in a stable living situation?

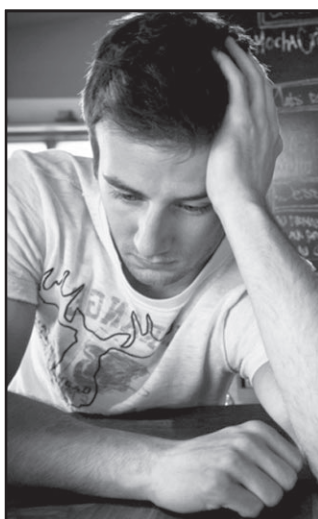
If you answered yes to all of these questions, you may be eligible for our investigational drug research study. If you qualify and choose to participate, you will receive physician consultations, study-related medical examinations, laboratory evaluations and follow-up visits at no charge. You may receive study medication to be used in addition to the schizophrenia medication you are currently taking. Health insurance is not required and compensation for time and travel is provided.



If you are interested in learning more about this study, please contact:

**(619) 688-6565**

See our website: [www.ari-inc.com](http://www.ari-inc.com)



## Sadness? Low energy? Trouble sleeping? Can't concentrate? These are symptoms of depression!

### If you, or someone you know, is:

- Between the ages of 18 and 55
- Currently experiencing a depressive episode
- In overall good health

If you answered yes to all of these questions, you may be eligible to participate in a research study for an investigational drug for depression. If you qualify and choose to participate, you will receive study-related consultations, study-related medical examinations, laboratory evaluations and follow-up visits at no charge to you or your insurance company.

You may be reimbursed for participation.



If you are interested in learning more about this study, please contact:

**(619) 688-6565**

See our website: [www.ari-inc.com](http://www.ari-inc.com)



## Do you want to quit smoking?

Quitting smoking is one of the most important things you will ever do because:

- You are likely to live longer
- Quitting smoking will lower your chance of having a heart attack, stroke, or cancer
- The people you live with, especially your children, will be healthier
- You will have extra money to spend on things other than cigarettes

Affiliated Research Institute is conducting a clinical trial on an investigational vaccine that may help participants quit smoking and maintain smoking cessation. To qualify for this research study, you must be between the ages of 18 and 65 years and smoke an average of 10 cigarettes per day. If you qualify for participation, all research medication and study-related care will be provided at no cost to you. You will receive smoking cessation counseling to help you succeed in your effort to stop smoking.

Health insurance is not required and compensation for time and travel is provided.



If you are interested in learning more about this study, please contact:

**(619) 688-6565**

See our website: [www.ari-inc.com](http://www.ari-inc.com)

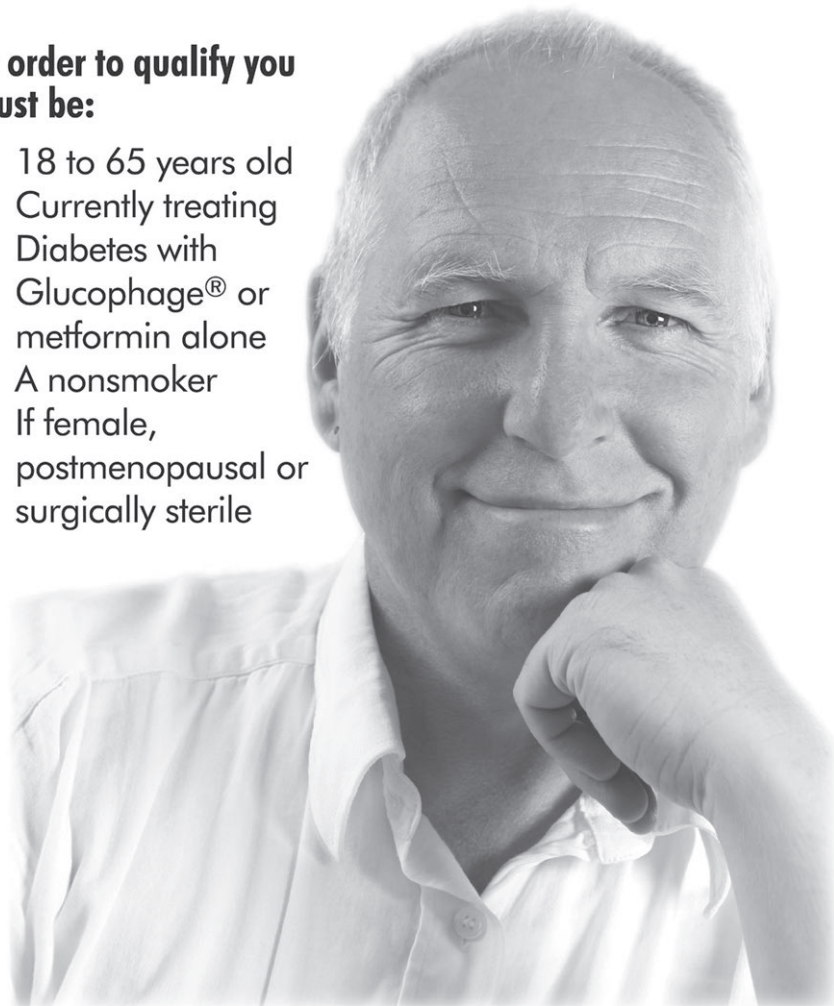


# Do you Have Type 2 Diabetes? Currently taking Glucophage® or Metformin?

If so, consider participating in a clinical trial at Profil Institute for Clinical Research. Profil is currently conducting a clinical research study to evaluate an investigational drug in people diagnosed with Type 2 Diabetes. This research study is not intended to treat a medical condition.

In order to qualify you must be:

- 18 to 65 years old
- Currently treating Diabetes with Glucophage® or metformin alone
- A nonsmoker
- If female, postmenopausal or surgically sterile



If you qualify you may be compensated up to \$3515. 16 consecutive overnights will be required.

For more information, call Profil  
Toll Free at **+1 (866) 245-7181**



specialized knowledge. That's awesome.' The elders come out and enjoy the scene as well. They get a new respect. And we have Cambodian, Karen, Somali-Bantu — people separated by language and background. But when you walk around this farm, you see similar crops. So they're learning, like, 'Oh wow! That's great! You grow amaranth too.' 'What are you doing with your okra? Yours looks really beautiful.' There are things to talk about. Reasons to reach across those language barriers. And they're cleaning the air, plant by plant, creating food that doesn't need to be transported hundreds of miles in polluting trucks to the consumer.

It's a model for San Diego's future."

**But when will city policy catch up?** Igoe says community gardens could be expanded big-time throughout the

lies has," she says. "In the odd angles, we're going to plant fruit trees and blueberries and blackberries and olive trees — the Palestinians love that — also, we want to do an orchard

"I was surrounded by farms, but I wasn't necessarily a farmer."

county, if the authorities only encouraged it, rather than throwing up bureaucratic barriers. Production ramp-up could be significant. She says a 1991 study claims you can grow \$500 worth of produce per season on a 600-square-foot garden plot. "That's what each of these fami-

back there. You know, the potential of this space is pretty fantastic."

Are there examples elsewhere that we should be learning from? "Oh, yes. The gardens in San Francisco are integrated in the schools. They're supported by the municipal government. The City of

## RESEARCH STUDIES

Do you suffer from symptoms of depression?

Have you tried taking **ONE** or **TWO ANTI-DEPRESSANTS** but aren't relieved from your depression symptoms?

If so, please contact us today about our research study of an investigational depression medication.

*Qualified participants must:*

- Be 18 to 65 years of age
- Have tried taking one or two anti-depressant treatments without relief from depression symptoms
- Have felt symptoms of depression for at least the past eight weeks

*Qualified participants receive*

- All study-related care and study medication at no cost

To learn more, please call toll-free **1-888-899-2949** or visit **trastudy.com**





# New Year, New You Specials!

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## Pain-Free Thermage™ Skin Tightening® plus free 20 Units Botox with package for face and eyes \$2700

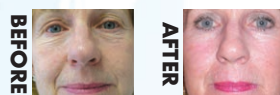
Thermage™ Skin Tightening® for the eyes, face, neck, hands, stomach and body. No downtime.  
Procedure is good for all skin types.



## Thermage™ Hands \$1200 plus free IPL

## ActiveFX™ \$895 full face!

ActiveFX™ is a fractional laser procedure performed in a single treatment with minimal patient downtime.  
Smooth out lines, wrinkles and scars, and remove dark spots and other irregularities. Special price for new clients only.



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Perlane® \$499    Sculptra® \$899 per vial    Radiesse® \$695 per syringe

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Actual patient

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Diplomate of the American Board of Cosmetic Surgery

San Francisco just passed a composting ordinance, and they're picking up everybody's food waste from their house and composting it and then giving it free to their community gardens. That's a beautiful vision. San Diego can't even recycle every other week. We've got a long way to go, as far as thinking that way."

Ellee grew up in Fallbrook. "I was surrounded by farms, but I wasn't necessarily a farmer. I lived in Oregon for a long time and had a huge garden and grew all my own food. I learned that way and fell in love with being self-sufficient, the confidence it gives you, the amazing flavor of fruits and vegetables when you grow them yourself.

We were able to produce enough in our own backyard to primarily feed six adults and two kids. But we're vegan, so we're used to eating vegetables. We would purchase lentils and beans and rice, but all the fruits and vegetables were ours. In Oregon, you grow year-round, but production slows down in the winter. But we would can and save a lot of things that we grew in the summer.

"I learned a lot in Oregon, but one of the things I missed was the diversity of people, the diversity of life experience that you have here in San Diego. In my opinion, communities of color, and immigrants, are really kept invisible [to the larger community]. That's

unfortunate, what with all the knowledge they bring and the vibrant contributions they make to communities. Despite Oregon's liberal attitude, they're missing the boat on that. It's very vanilla."

But surely, ordinary folk could never afford the time or money for this kind of organic food? The question lights Ellee up.

"The reason supermarket produce is cheaper is because the externalities are not included," she says. "Shipping, road tax... we're not talking about all the things that are happening there. We don't pay rent on this land. The city gives it to us free, which is amazing. If you had to pay rent on it, the only cost-

## HEALTH AND BEAUTY



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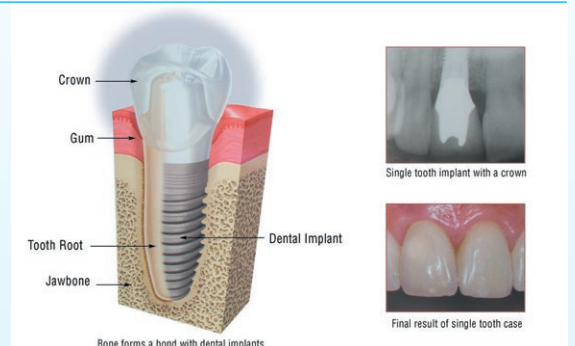
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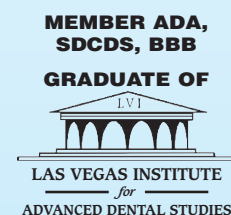
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effective thing would be to put up condos, which is our problem in the first place. Everything's structured toward [building] structures and externalizing costs."

She says that launching a "green" project like this — one that helps reverse pollution and creates green jobs, literally — can be a nightmare because the bureaucracy doesn't know how to handle you. "IRC paid something like \$15,000 in legal fees to get this [garden] up and running. Global warming, and the natural disasters it can bring, is scary. Like, what happens when we become unable to ship in our food? You can externalize for a long time, but someday the chickens are going

to come home to roost.

"Another irony is that a local garden like this can be a disruptive element for poor locals, because having one can raise property values in the surrounding area. Long-term community members may have to move out as property values and rents go up. Because you're taking vacant lots and making them vibrant, amazing spaces."

But will a patchwork of gardens like this really help San Diego to breathe and slow global warming? "It's a beginning," Ellee says. "A group of people getting together and showing what's possible. It gives other people ideas. Then the multiplier effect of that... Who knows if it can save the earth? But

what's really important is that the people who are here right now are doing their part. All we can do is act as an example, learn from each other, do the best that we can. At least our story, our personal story, won't be one of destruction. It'll be one of doing our darnedest to turn things around."

**The lobbyist:** Marshall Saunders doesn't look happy. "Don't you just sometimes feel like crying?" he says. "We're never going to stop this. Not in a million years. We're cooked."

We've met by chance here at the Cafe Madrid, outside Bay Books in Coronado. I've known Marshall as a do-gooder extraordinaire for a few years.

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He's one of those people who quietly goes about doing, not preaching. Right now, he's training people around the country to lobby Congress to adopt a carbon tax. But the fire he feels isn't setting others alight, particularly politicians.

"No politician," he says, "not even Bob Filner, who's good, will be an actual *champion*, like Gandhi, or JFK, taking a stand for something and saying, 'This will be!' They just won't go that far. And the president doesn't seem as committed as he was."

Saunders lives a comfortable life in Coronado with his wife Pam, financed in part by his family's great success, Big Red, a soft drink line that's still popular in his home state of Texas. It has allowed him to spend his own money setting up organizations like Grameen de la Frontera, a micro-credit organization that lends small amounts to the poorest of poor women in Mexico, to help them launch tiny businesses like sewing, or growing and selling fruit. "We were in the process of pushing up from 3000 to 10,000 active borrowers. Then I read that sea level is predicted to go up by one meter by the year 2039, and I remembered that Bangladesh is a very low-lying country, a delta of three rivers, and I thought, Lord. We're going to gain 5000 borrowers in northern Mexico and lose 25 million in Bangladesh. And I thought, 'I've got to work on this climate problem.' This was at the beginning of 2007." The first thing he did was get training to give Al Gore's famous

slide show to as many audiences as he could. "I was trained by Gore himself, spent two days with him in Nashville in January 2007. I practiced up that talk, and I

gave it to 43 groups over the next ten months." Saunders traveled the country, urging people to change lightbulbs and swap their cars for more fuel-efficient ones.

"But then I would sit down at the kitchen counter in the morning and read the newspaper, and it said that Congress had passed a law to give the oil and coal

companies \$18 billion in tax credits. I'd got people to change lightbulbs...and Congress gave oil and gas the green light and, almost in the same breath, let

the tax credits for wind and solar expire! And I thought, 'How wrong can the Congress get things?'"

He realized he had to be able to talk to

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power, to members of Congress. "I had been lobbying the Congress on hunger and poverty issues and funding for micro-credit for about 15 years. So the next step was 'There's got to be an organization that teaches ordinary people to lobby the Congress on environmental issues and climate issues.'"

He started making lists of people he thought would be interested. "I'd call them — I'm an old salesman — and tell them what's up. But they wouldn't have a frigging clue what I was talking about."

He persisted, and somehow, over the last two years, he has created the Citizen's Climate

Lobby, which has 15 chapters, from Coronado to Encinitas to Seattle to Atlanta to Tuscaloosa to Miami.

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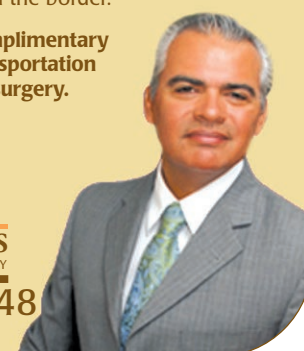
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suade Congress that we must reduce the carbon in the atmosphere to 350 parts per million. "Look at it now. We have 380, 390 ppm, storms, droughts, pine beetles killing forests...how obvious does it have to become? You have to put a price on carbon consumption so it becomes cheaper to go green."

He despairs at President Obama bending to Senate and House plans to reduce the emissions of CO<sub>2</sub> by 17 percent in the House bill, and 20 percent in the Senate, by 2020. Then 80 percent by 2050. "You're going to get to 2020, and the actual amount of carbon in the atmosphere is going to be greater than it is today," he laments. "When you get to 2050, the earth is cooked. So 350 ppm is the magic number. As soon as we climbed above that, all this crazy stuff started to happen. The glaciers started to melt rapidly, the polar ice cap started melting rapidly... So, that's what we have to haul back to if we are to have a chance. A goal like 20 percent of something at some time in the future is bullshit! There's a time to compromise and a time not to compromise, and with the biosphere of the planet at stake, I can't compromise. Not just man, but all of life depends on us. That's why I want to cry."

**What the kids think:** Maybe the most important scene was the one I missed — the one with the kids, mostly third and fourth graders at Bethune Elementary School in the Bay Terraces area, inland from National City. That's where Andrea Cook told

me she'd be on a Thursday night in November, kicking off her "green learning adventure." Cook's another of "Geoff's kids," a graduate from San Diego

State whom Dr. Chase mentored. She received her Ph.D. (at UC Davis — SDSU doesn't do Ph.D.s) in climate change, largely thanks to the tutelage of Walter

Oechel. She now helps run the state-funded California Center for Sustainable Energy. On this night, she was going to show kids how to survive the environ-

mental legacy our generation is leaving them to cope with.

I was late arriving. By the time I found the street and curled down into the glen where the

school nestles, all was dark. One solitary car remained.

"You missed something pretty special," Cook said when I later called her. "This was our

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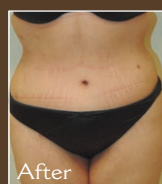
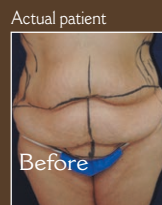
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Actual patient

first, a pilot. We showed the kids everything from how much energy they need to generate [on a bike, pedaling to create electricity] to power LED lights [the easiest because they're the most efficient], CFLs [compact fluorescent lights], and the hardest [because they guzzle the most juice],

traditional, incandescent bulbs. They can do the LEDs, they can light up one CFL, but when we turn it up to 2, then 3, then 4 CFLs, they start failing, though a really good pedaler can light all four. So that's cool. Then we have them try to light up just one old-fashioned incandescent bulb —

like the ones most people have at home — and none of the kids could create enough energy. So they can see, and feel in their legs, the comparison of how much energy it takes to illuminate different bulbs."

Cook says that making this connection between human energy and the power we use is

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new to the kids, and to their parents. She'll be taking her road show to 40 schools this year, starting this January. It includes dozens of challenges. "One has kids interacting with pizzas. We ask: fresh or frozen? Which has a bigger environmental impact? Is it better to buy frozen pizza or fresh pizza? We talk about the manufacturing process. Like, the frozen one gets made in Minnesota, then has to go on a refrigerated truck across the nation, and then gets put in a freezer in a store under a lot of lights, and then it goes home to your freezer. And then you have to [re-]cook it. It can take ten times as much energy to bring that frozen pizza to your plate as fresh pizza, which you just cook once."

Getting through to kids about consequences can be tough. Cook tells the kids how U.S. consumers go through twice the packaging Europeans do, over ten times what their cousins in the Third World do. But the kids get it more easily than their parents, with girls strangely more receptive than boys.

This whole "green learning adventure" was Cook's idea. It's been uphill all the way. "I've had a lot of teachers call up and ask us [to come help them get going]. But to have them attend the training and then test if they can do it, that's another level of effort — and funding. Right now, there aren't even environmental education standards in California."

If you look at her mentor Walter Oechel's figures, isn't all this belated activity just

rearranging proverbial deck-chairs on the *Titanic*? A self-comforting *illusion* of fighting the unstoppable implications of global warming? Cook studied for

years under Oechel, but she doesn't share his gloom. "Dr. Oechel has given up, at some level," she says. "This whole *Titanic* idea depends on your time scale. If you

look at geologic time, yes, humans are going to go extinct. No species has lasted 6 billion years. [Of earth's 4.5 billion years, humans have been around for 190,000

years, a blip.] But I have hope that we can still make steps in the right direction. We're not going to get there to stop [global warming], but we can decrease it,

and we can adapt to it. I'm not ready to throw in the towel. He's ready to retire. He's worked his life for it. It is tough. It's a big one. But that doesn't mean it's the

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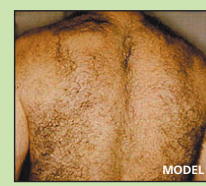
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*Titanic.* My argument is, let's at least take steps and quit arguing about what numbers we should aim for. Let's start walking, not just stand here at the starting line."

**The unbelievable activist:** And what of the unbeliever, Steve Wampler? We're in his office in Coronado, staring at his computer screen. Above all, he says, don't get swept up in the panic. The sky is not falling in.

"Look, right here," he says. "This sea ice is no different than it was 30 years ago. They're saying the Arctic ice sheet is going to be gone. Do you see anything disappearing there? No! A hoax pulled by Al Gore!"

We're looking at a University of Illinois website called The Cryosphere Today. Satellite views of North Polar ice compare today's overhead shot with one taken on this date in 1979. Sure looks as if the pink areas — ice — are about the same.

"In 2007, they were saying global warming was inevitable, it was coming, the polar ice cap would be gone in ten years, and it was the lowest point ever seen on record. Little did the American or world population [know] that there was an underwater volcano in the Arctic Ocean that was erupting during the summer of 2007. Then in 2008, there was ice again — 500,000 square miles

more ice than 2007. I tell you, global warming is a media and governmental story that's been blown way out of proportion. Because it makes money. It's making billions of dollars. Al Gore is selling these stupid carbon credits. He's investing in green technology. The government is changing the way factories, corporations are functioning today. Not that I'm saying it's wrong, but we should be doing our part to lower pollution emissions, not greenhouse emissions."

Wampler does recognize that pollution affects our quality of life. "Yes, it's causing environmental degradation, as far as acid rain, cancer-causing plumes in the air. I believe in reducing that as much

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as possible. But when the government says it's causing our planet to *warm*, they have no evidence whatsoever to substantiate that.... I studied this crap 25 years ago, before this even became an issue. And I knew it was bogus because all the data showed there was no difference whatsoever."

So what's the biggest contradiction in Steve Wampler? You have only to look outside his and his wife

Elizabeth's office at the rear of their house. These two are doing more than their part to save the planet. Steve has created a self-sustaining garden. He suffers from cerebral palsy, and his legs won't do as they're told. His speech is affected. Yet he has made an ecosystem that gives life to wild plants, animals, insects, and fish — and yes, it's become a net creator of oxygen. "I don't have to filter the water. I pump

from one pond to another pond five feet up, and the water that flows from that is naturally filtrated through the roots of the plants in the water: water hyacinth, papyrus, grasses, other water plants. That's why the water's so clear. [The garden's] got ferns, cat-tails, mosses, lichens, impatiens. I've got bullfrogs, and they feed on crickets. My only input is compost from the kitchen, crickets, which

I buy, and occasional fish food for the goldfish."

Then he waits for Nature, life, to come to him. Which it does. Next to the big, active compost heap is a huge man-high milkweed plant, poisonous to humans, nectar to monarch butterflies. And then you see them: monarchs in the dozens. Black-and-orange wings, with white-speckled black tips, flapping, coasting, shivering as they drink milkweed nectar from the yellow and red flowers. Some seem to swoop and collide and flap as though they're in aerial combat.

"They are," says Steve. "They're fighting for breeding rights."

One male breaks off and flutters down toward

the milkweed, lands, unrolls its proboscis till it's more than an inch long, and takes a long suck of energy from inside a flower. The trailing edge of its right wing has been shredded in the fight.

"He's probably only got a day or two left," he says. "But he has done his duty. See? There's been a whole lot of breeding going on."

He points to the milkweed, covered, I see now, in hundreds of bulging two-inch-long caterpillars, each a combination of yellow and black and white, munching away.

"I planted that for them," says Steve. "It's what they need to feed on, on their way south from Canada to Mexico. Milkweed's invasive, so

farmers cut it down, which means these fellows are losing feeding, breeding, and resting stations by the day. It takes four generations for them to reach Mexico. It's the second generation that has started coming into my garden as a wintering spot to rest, breed, breed another generation, and then carry on. Five years ago, there were no monarchs that I knew of in Coronado, and now, as you can see, here it's almost December and they're flying around, and they lay eggs on this exact plant, the milkweed. About two months ago, 150 butterflies came out of their chrysalis. That's these guys' parents."

That second generation, who arrive and reproduce, create a smaller, shorter-lived generation that never leaves the garden. They feed up and produce much larger offspring — the caterpillars we see here. This fourth generation lives about four months and makes the final stage of the trip, from Coronado to the Sierra Madre Mountains of central Mexico.

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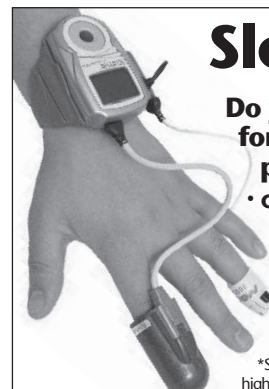
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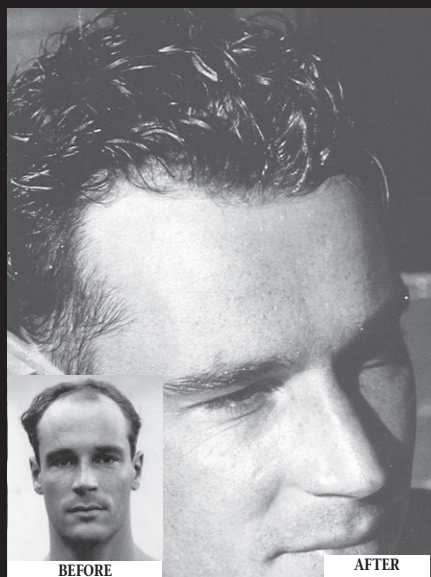
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Steve runs Camp Wampler, which gives disabled kids a place in the woods to play and learn about nature. He's planning a headquarters north of Tahoe, built on green principles. To pay for it, he's training to make a sponsored ascent of El Capitan's sheer face in Yosemite next summer. That means hauling himself up ropes by his arms for six days, with

five nights sleeping on the cliff face. The man is beyond eco-hero.

He and his wife have two kids, Charlotte, aged ten, and Joseph, nine. Steve says he's not worried about their future on Planet Earth.

"If I were telling a Martian about the state of the earth, I would say the earth is absolutely fine. Carbon [and CO<sub>2</sub>] can keep coming because we don't know where that threshold is. I'm not anti-green. I'm just saying that the fear-mongering is coming from the president, the media, and scientists who refuse to see the real data. We need to get in touch with the world around us, maybe start recycling, paying a little more attention to what we're throwing out and consuming. But

overall, the health of the planet atmospherically is fine. As of last year, we're going into a 30-year cooling cycle. That's a fact. Because of fewer sunspots."

It doesn't bother him that most of academia's conclusions are 180 degrees out from his.

"Academia is notoriously [composed of] Democratic, liberal, tree-hugging people, and one thing that bugged the living crap out of me when I went to UC Davis 25 years ago is that it was a very liberal, tree-hugging, democratic-society school — it made me more Republican, more conservative than I had been going in, because they were so out there."

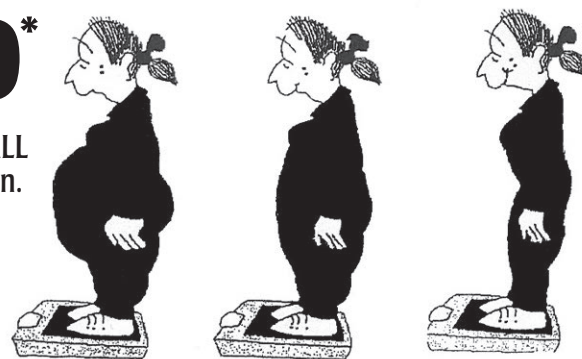
**Man in the street:** Main Street seems to back

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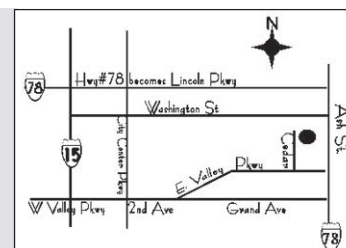


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Wampler up, if casual questions to customers at the Cafe Madrid are anything to go by. Like Jeff and his buddy Rick. Jeff's a lawyer. Rick's a retired Border Patrol officer.

"Global warming?" says Jeff. "It's a massive hoax. The science is uncertain. Thirty years ago, the same advisers who are advising Obama now about global warming were warning of global cooling. So I don't believe it. Obama's going to drastically increase the cost of energy, based on something unproven. Hoax? I think the scientists know it's unproven, and they have a political agenda. My understanding is Al Gore has a company which profits from carbon credits. You wouldn't want to put your faith in somebody who's got a financial interest in the outcome,

would you?"

"There is some agreement that the globe is warming and that it's manmade," says Rick. "But there's no agreement that the solution would resolve the problem. The U.S. could stop spewing carbon tomorrow, but if China and India aren't onboard, what's the point? It's like getting a flat tire and then, instead of fixing it, washing the car to make yourself feel good."

**Confused:** I go home, sadder but no wiser. Yes, San Diegans are making efforts that could lead us to becoming a model city for a warming (or not)

world. But I feel a bit like Voltaire's 18th-century cautionary character Candide. After believing his friend Pangloss's credo that all is for the best in the best of all possible worlds, Candide concludes that the only way to salvage any remnant of contentment is to go home and cultivate your garden.

Sun's slanting in. I check the mini-garden in front of our cottage. It's a little microclimate with banana trees, elephants' feet saved from the garbage pickup in the alley, and avocados sprung from stones we've gouged out of luscious yellow flesh. Haven't paid

this little Eden much attention these fall-winter months. I walk among the big paddle fronds of the bananas. Green? No. Urgh. They're splotted brown and black. So are the leaves of the umbrella tree. Pollution. It's probably particles from those Navy jets that coast in overhead every day. I get a bucket of water and a big sponge. Start wiping. Hey, did Voltaire say anything about *washing* your garden? I start humming. The Mamas and the Papas. "California Dreamin'." *All the leaves are brown...* ■

— Bill Manson

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#### Botox

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- 2 How does it work?
- 3 How is it performed?
- 4 What does it feel like?
- 5 Best candidates?



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# Your Week

## AND WELCOME TO IT

### Thursday | 28

#### WORLDS OF FANTASY

Disney on Ice comes to the San Diego Sports Arena! The latest show features stories from *Cars*, *The Little Mermaid*, *The Lion King*, and Tinker Bell and her fairy friends. See **FOR KIDS**, page 71.

#### SAN DIEGO'S GOT TALENT

A political reporter/reggae musician, a business reporter/hula extraordinaire, an editor who can sink 100 free-throw baskets in a row, and more! Come see these journalists show off their (hidden?) skills at this talent show featuring 15 acts from members of the media industry. Hosted by KGTV reporter Robert Santos. See **IN PERSON**, page 72.

### Friday | 29

#### CANE-DO

Kung fu-trained Giuseppe Aliotta demonstrates defensive techniques tailored for seniors using everyday items to fend off attackers, and the author of *Contrarian*, Peter F. Kaye, presents a lecture entitled "State of the Fourth Estate," offering an overview of the state of journalism and the "symbiotic world of politics and the news media." Both events at MiraCosta College. See **LECTURES**, page 72.

#### A HILARIOUS, HIGH-ENERGY MUSICAL

The California Youth Conservatory Theatre presents the Broadway musical *13*, which poses the question: "Can Evan survive divorce, his bar mitzvah, and puberty all at the same time?" Rock score by Tony Award-winning composer Jason Robert Brown. See **FOR KIDS**, page 71.

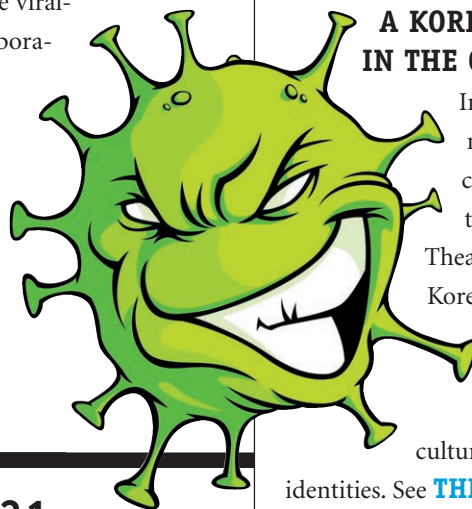
### Saturday | 30

#### GEESE, GREBES, COOTS...

Visit this "fine winter-birding location" bordering the Camp Pendleton Marine Corps base. San Diego Audubon Society birders will lead you across the area's rolling hills, grassland, and marsh areas that serve as havens for our feathered friends. See **OUTDOORS**, page 66.

#### A TALE OF FEAR, GRIEF, BRAVERY

How do viruses infect cells? How do our immune systems attack and destroy viruses? Michael B.A. Oldstone, professor and head of the viral-immunobiology laboratory at Scripps Research Institute, discusses his book *Viruses, Plagues, and History: Past, Present, and Future*. See **IN PERSON**, page 72.



### Sunday | 31

#### GLORIOUS! THE TRUE STORY OF FLORENCE JENKINS, THE WORST SINGER IN THE WORLD

Florence Foster Jenkins was a wealthy eccentric who sang badly...but with such bliss that she had a small, devoted following that included Cole Porter and Irving Berlin. The North Coast Repertory Theatre presents this version of her life, starring Susan



Denaker, David McBean, and Annie Hinton. See **THEATER**, page 111.



SUNDAY, JANUARY 31: HIP-HOP KIM-BOP: A KOREAN HERSTORY IN THE CITY OF ANGELS

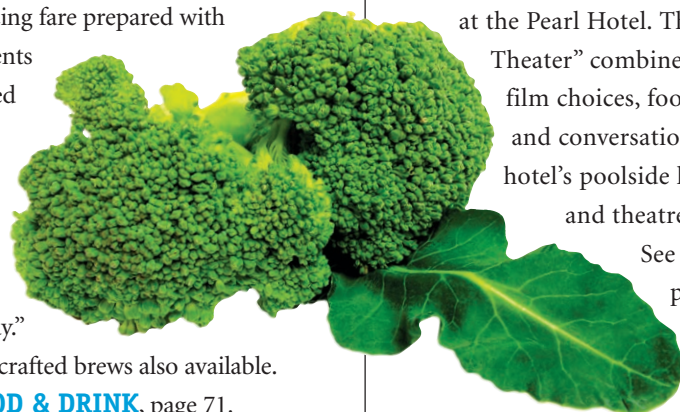
#### HIP-HOP KIM-BOP: A KOREAN HERSTORY IN THE CITY OF ANGELS

In Elise Kim Prosser's new contemporary comedy presented at the Don Powell Theatre at SDSU, four Korean women named Kim come together during jury duty and discover their cultural and personal identities. See **THEATER**, page 112.

### Monday | 1

#### FRESH DINNER!

Chef Alex Carballo and the Stone Brewing crew turn to organic farms for the freshest food. Enjoy "several courses of amazing fare prepared with ingredients harvested from local fields the very same day." Locally crafted brews also available. See **FOOD & DRINK**, page 71.



### Tuesday | 2

#### VOICES OF IRELAND — A PREVIEW

If there's one thing the Irish love to do, it's tell a good story. Walter Ritter — executive director of Write Out Loud, a local theatrical company that reads short stories for live audiences — will speak as part of the "Coffee, Culture, Conversation" program at the San Diego Museum of Man. See **LECTURES**, page 73.

### Wednesday | 3

#### JUST ONE WORD: 'PLASTICS'

Hang out with fellow movie enthusiasts for a screening of the 1967 classic *The Graduate* during this week's social at the Pearl Hotel. The "Dive-In Theater" combines eclectic film choices, food, drink, and conversation at the hotel's poolside lounge and theatre. See **FILM**, page 71.



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St. Simons Island Tree Spirit

### Tree Spirits of St. Simons Island, Georgia

By Lydia Cobb

One of our nation's quirky roadside attractions has soul. Mysterious faces, called Tree Spirits, are carved into live oaks and hardwoods throughout St. Simons Island off the Georgia coast.

In 1982, local sculptor Keith Jennings carved his first Tree Spirit with hand tools in a backyard tree. "I had too much time and too little money," Jennings said of his motivation.

Admire how Jennings uses chisels and a mallet to shape haunting, often contemplative features from knots in trees or arching branches. He creates Tree Spirits by hand in two to four days.

Local legend says that these faces

represent sailors lost at sea. Not so, says Jennings. He works with each tree's soul. "The trees do it all," Jennings said. "I don't have that much to do with it. The wood speaks to you, ya know? I like the way they age as they get older. The bark starts rolling over the edges and gives each one a spooky, eerie appearance."

There are 20 Tree Spirits commissioned on St. Simons Island. Five are in public areas along Demere Road, Mal-lory Street, Redfern Village, and Freder-ica Road. The others are on private prop-erty. To view photos, go to [treespirits.net](http://treespirits.net).

### The Alhambra, Granada, Spain

By Bonnie Maffei

Against the backdrop of the magnificent Sierra Nevada mountains in Granada, the Alhambra (which means "red castle" in Arabic) was named for the reddish-golden hue of its walls.

Dating back to the 9th Century, the Alhambra became a royal residence of the Muslim rulers of Granada in the 13th Century. Later, in 1492, when Isabel and Ferdinand conquered Granada, the Alhambra was transformed into a Chris-tian court.

Declared a national monument in 1870, it's a stunning example of Moorish architecture. The Patio of Myrtles, the Patio of the Lions, the Alcazaba, the pro-fusely decorated Hall of the Amba-

*continued on page 66*

### Other Adventures



**chendri887:** Found art across the street from the convention center in Palm Springs



**wabang70:** Rock climbing at sun-set on the cliffs in Santa Barbara



**misshottie45:** Lone hiker on the Wall Street trail in Bryce Canyon National Park, Utah





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<b>Fiji</b> July 28th - Aug 8th 8-nights with air - \$1,789. 2-islands, luxury resorts	<b>Greece</b> June 11th - 20th 9-nights with air - \$3,095. Land tours staying on 3 islands!	

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## OUTDOORS

**Exceptionally High and Low Tides** are set to occur on several days during the end of January. These tides coincide with the full moon (January 29). A peak high tide of +6.5 feet occurs on Thursday, January 28, at 7:07am. Friday's high tide of +6.7 feet occurs at 7:54am. Saturday's high tide of +6.7 feet crests at 8:40am. Sunday's high tide of +6.3 feet peaks at 9:26am. If any strong winter storm happens to arrive from the west during these extreme high-tide episodes, then flooding of low-ly-

ing coastal areas around San Diego is likely. Several exceptionally low tides will also occur within the same time period. On Wednesday, January 28, the tide falls to -1.4 feet at 1:34pm. Thursday's low tide of -1.7 feet bottoms out at 2:12pm. Friday's low of -1.8 feet occurs at 2:50pm. Saturday's low sinks to -1.7 feet at 3:28pm. Sunday's lowest tide of -1.5 feet happens at 4:05pm. These low tides are among the lowest in all of 2010, and they may be perfect for exploring marine life in the tidepool areas along San Diego County's coastline.

**Mars** comes to opposition with the sun on Friday, January 29,

meaning that it appears opposite (180 degrees from) the sun in the sky. The "Red Planet," which looks like a reddish or rusty-colored bright pinpoint to the naked eye, remains in the sky all night at opposition, rising at sundown and setting at sunrise. Close to Mars, as seen in binoculars later in the evening, is a star cluster called the "Beehive Cluster."

**The Full Moon** rises impressively from the east horizon at around 5:10pm on Friday, January 29, just as the sun is going down in the west. The reddish "star" to the left is, of course, the planet Mars, which lies at opposition to the sun

on this date. Some folk names for January full moons include "chaste moon," "cold moon," "quiet moon," "snow moon," and "wolf moon."

**Groundhog Day** comes Sunday, February 2. If the sleepy woodchuck sees his shadow, so the story goes, he'll hole up for another six weeks of winter cold. None of this means much in San Diego, where a February warm spell can easily push the thermometer into the 80s.

**"Full Moon Over Stanley Peak"** Sunset and moonrise are within 15 minutes of each other; naturalist Rita Ospelt leads hike at brisk pace to top of Stanley Peak to view both events. Total distance is eight miles with some steep up-hills and downhill. Not suitable for children. Bring at least two

liters of water. 760-839-4680. Friday, January 29, 4pm; free. Daley Ranch — La Honda trailhead, 3024 La Honda Drive. (ESCONDIDO)

**Connect to the Natural World** Trail guide-led nature hike promises facts and stories of park's geology, ecology, flora, fauna, history, culture. 619-668-3281. Saturday, January 30, 9:30am; Sunday, January 31, 9:30am; Wednesday, February 3, 9:30am; free. Mission Trails Regional Park, One Father Junipero Serra Trail. (SAN CARLOS)

**Discover Magnificent Beauty!** Nature walks led by trained naturalist. "Marvel at the reawakening vegetation throughout the reserve and be enchanted by fabulous flowers along the trails." 760-436-3944. Saturdays, 10am; free. San Elijo Lagoon Ecological Reserve, 2710 Manchester Avenue. (CARDIFF)

**Feathered Friends** Learn "five simple techniques" for identifying birds and how to use field guides (bring one if you have one) during Birding Basics class. 619-668-3281. Saturday, January 30, 1pm; free. Mission Trails Regional Park, One Father Junipero Serra Trail. (SAN CARLOS)

**Geese, Grebes, Coots...** Hit this "fine winter birding location...bordering the Marine Corps Base Camp Pendleton" with San Diego Audubon Society birders. Open rolling hills support grassland above marsh-bordered water with clumps of willow trees. 619-282-8687. Saturday, January 30, 8am; free. Whelan Lake Bird Sanctuary, 3650 North River Road. (OCEANSIDE)

**Hawkwatch 2010** Visit Ramona's grasslands to witness resi-

## Spain *continued from page 64*

sadors, Hall of the Boats, and the Alhambra Gardens are only a few of the Alhambra's ornate wonders.

During the Fiesta de la Reconquista (which takes place annually on January 2) and at Easter time, there are colorful processions in the streets of Granada. At the end of May, you can enjoy the International Theater Festival, and at the end of June, the International Music and Dance Festival takes place, with performances held in the palaces of the Alhambra and in an open-air theater in the Generalife Gardens.

Granada's Bodegas Castaneda, at Calle de Elvira 5, serves yummy tapas and local wines. Hotel Carlos V, Plaza de los



Hotel Carlos V

Campos, 4, offers brightly colored rooms within minutes of the Alhambra, 49 euros per night ([hotelcarlosvgranada.com](http://hotelcarlosvgranada.com)).

## Mendocino, California

By Jan Austin

If you're feeling stressed and want to step back to a time when life was simpler and more tranquil, the 650-mile trip north from San Diego to the small coastal town of Mendocino might be what you need.

Trying to describe Mendocino without using trite adjectives such as "quaint," "cozy," or "charming" is like trying to describe milk without the words "white" or "liquid." Content to exist in an earlier century, Mendocino has succeeded in shunning fast-food



Victorian house in Mendocino

restaurants, strip malls, and chain hotels — it's the only coastal California town designated as a historical landmark.

Mendocino sits atop verdant headlands at the edge of the Pacific Ocean. A New England-style village is replete with grand Victorian houses, saltbox cottages, romantic bed-and-breakfast inns, and world-class restaurants. The rugged coastline is breathtaking, and gray whales can be seen November through April as they migrate.

If you're a fan of the television show *Murder She Wrote*, you'll recognize Blair House as the home of Angela Lansbury's character. Rooms are \$100 to \$200 per night, and pets are welcome ([info@blairhouse.com](mailto:info@blairhouse.com)). Book a hot tub and massage at Sweetwater Spa & Inn, and you'll float out the door in a state of blissful relaxation ([sweetwaterspa.com](http://sweetwaterspa.com)).

Lush, fragrant gardens are ubiquitous in Mendocino. The Mendocino Coast Botanical Gardens offers 47 acres of nature's finest flora. Van Damme State Park, just south of town, has a pygmy forest and is ideal for an afternoon hike.

Win \$25 for your travel tips or a pair of movie passes for the best travel photo of the week. Go to [SDReader.com/travel](http://SDReader.com/travel) for more information.

# ROAM-O-RAMA

A Guide to Unexpected San Diego and Beyond | by Jerry Schad

## SYCAMORE CANYON/PUENTE HILLS

Explore a sycamore-dotted crease in the pillowy Puente Hills near Whittier.

Distance from downtown San Diego: 112 miles  
Biking length: 2 miles (round trip) • Difficulty: Easy



Sycamore Canyon, Puente Hills

The name "Sycamore Canyon" in California geography plays a rather redundant role. How many canyons have specimens of native sycamore, and how many of those were named (either in English or in Spanish) after that tree? Surely dozens.

One such Sycamore Canyon lies in the rambling Puente Hills, which keep at bay the vast urban sprawl of the San Gabriel Valley to the north and Orange County to the south. A large part of the Puente Hills has been set aside for habitat preservation and public recreation. Just off the freeway, so to speak, you can discover Sycamore Canyon and spend an hour or so strolling down its length. The canyon harbors some fine riparian habitat overlooked by some rather dramatic, eroded cliffs. There are several large and twisted specimens of California sycamore trees to admire, as well as willows, cottonwoods, and toyons — the latter bearing clusters of bright, red berries in late fall and winter.

To get there, exit Interstate 605 at Beverly Boulevard in Whittier. Go east on Beverly for 0.6 mile and turn left (north) on Workman Mill Road. Go 0.4 mile north to the obscure gated entrance to Sycamore Canyon on the right. There is no parking lot, but you can park your vehicle alongside the curb.

From the curbside trailhead, bypass the vehicle gate and proceed east up the narrow trail, following signs. You'll pass a groaning oil well (one of the relatively few still operating in the L.A. Basin), and bend left to join a

wider path, which is an old roadbed that currently functions as the Sycamore Canyon Trail. Note the contrast between the sheer and barren south-facing canyon wall on the left, which bears the full force of sunlight, and the more gently sloping north-facing, grassy slopes on the right.

After 1.0 mile of travel, the main trail turns sharply right and wastes no time in ascending those grassy slopes. Straight ahead (east) lies a sketchy trail that continues up Sycamore Canyon toward a tributary ravine called Dark Canyon. This juncture is a good place to turn around and return if your hike is going to be a casual one. If you decide to hike farther into Sycamore Canyon, then watch out for poison oak.

This article contains information about a publicly owned recreation or wilderness area. Trails and pathways are not necessarily marked. Conditions can change rapidly. Hikers should be properly equipped and have safety and navigational skills. The Reader and Jerry Schad assume no responsibility for any adverse experience.





dent and winter migration of hawks, falcons, eagles during outing led by Wildlife Research Institute. Events include demonstrations of hawk banding and tracking eagles with transmitters. Walks led by trained biologist every Saturday through February. Wear hiking or walking boots. Bring binoculars or spotting scopes if you have them. 760-789-3992. Saturdays, 9am; through Saturday, February 27, free. Wildlife Research Institute, 18030 Highland Valley Road. (RAMONA)

## Help Restore the Preserve

Help with weeding and trail maintenance with San Diego Audubon Society. Work gloves, tools, water, snacks provided. Required reservations: 760-295-1548. Saturday, January 30, 9am; free. Anstine-Audubon Nature Preserve, 2437 Hutchison Street, (VISTA)

## Lopez Homestead History

**Hike** Anthropologist Will Bowen leads hike into Lopez Canyon to see old Lopez Homestead, a small turn-of-the-century dairy farm. Visit remains of barn, home, milking station, smoke house. 858-484-3219. Sunday, January 31, 3pm; free. Peñasquitos west-end staging area, 4300 Sorrento Valley Boulevard. (SORRENTO VALLEY)

## SPECIAL

**“Art. Life. Yoga.”** Yoga classes led by Shelby Lafrinere. Yoga Fusion for mixed levels on Wednesdays; expect “vinyasa class full of surprises.” On Sundays: mixed-level vinyasa class (1:15pm); and mixed-level vinyasa class incorporating “more in-depth meditation and/or *pranayama*” (breathing practices). Bring a mat if possible. 858-354-6294. Sundays, 1:15pm and 2:30pm; Wednesdays, 6pm; \$10. Thumbprint Gallery, 2637 University Avenue. (NORTH PARK)

**“Clouds of Orion”** Take “digital tour” of night sky during “The Sky Tonight” planetarium show, then view real sky through telescopes after show (weather permitting). 619-238-1233. Wednesday, February 3, 7pm; \$9-\$10. Reuben H. Fleet Science Center, 1875 El Prado. (BALBOA PARK)

**"Flowing with Nature"** Paisley Close leads anasara yoga classes, helping students "align with universal principles of goodness." All levels. Wear comfortable clothing, bring a mat. Offering. 619-303-6609. Wednesdays, 5:30pm. Vision Center for Spiritual Living, 11260 Clairemont Mesa Boulevard. (TIERRASANTA)

**“Plastic Fantastic”** Preview reception introduces exhibition of work by Allison Renshaw, referencing “today’s open-source culture of sampling and recycling” in vibrant mixed-media compositions. 760-435-3720. Saturday, January 30, 5pm; free-\$10. Ocean-side Museum of Art, 704 Pier View Way. (OCEANSIDE)

**"Soul Food for the Body"**  
 Marcus Freed of London presents four "Bibliyoga workshops to offer physical-spiritual uplift

through a powerful yoga that is infused with ancient wisdom from the Hebrew Bible and Kabbalah." The four "Ethics of the Yogis — Achieving Peace and Prosperity Through Embodied Spirituality" presented for all levels of yoga. Fee: \$25 per class, \$80 for all four. Registration: 858-720-8084. Thursday, January 28, 7:15pm; 13 and up. Asana Yoga, 1130 Camino del Mar, Suite D. (DEL MAR)

**"Treasures, Etc."** Hundreds of objects donated to Mingei over the years but never accessioned into the collection on offer, including furniture, textiles, sculptures, pottery, toys, more. 619-239-0003 x133. Saturday, January 30, 10am; free. Mingei International Museum, 1439 El Prado. (BALBOA PARK)

**Button, Button, Who's Got the Button?** San Diego Button Club hosts annual sale and show with 14 dealers offering buttons

from mid-18th Century to late 20th Century. Collector, crafters welcome. 760-315-0709. Saturday, January 30, 9am; free. Tecolote Nature Center, 5180 Tecolote Road. (CLAIREMONT)

**Celebrate Local Authors** The 44th annual “Local Authors Exhibit” opens when SD authors who published a book in 2009 will be on hand to display, sign copies, discuss their works with readers. 619-236-5800. Saturday, January 30,

6:30pm; free. San Diego Public Library, 820 E Street. (EAST VILLAGE)

**Craft Club** Group gathers to create unique items for sale in garden's gift shop. Reservations: 619-232-2721. Monday, February 1, 10am; \$5. Japanese Friendship Garden, Pan American Road. (BALBOA PARK)

**Don't Be Daunted by Color!**  
Selecting the “right” paint color for a project can be daunting. Take in color design class led by an interior designer, receive one Perfect

Palette Sampler. 760-945-1199.  
Saturday, January 30, 11am; free.  
Dunn-Edwards Paint — Vista,  
1970-1972 Hacienda Drive. (VISTA)

**Focus on Arts and Computers**  
Artists thinking of publishing giclée prints, writers hoping to illustrate books may speak with artist Hyacinthe, “computer expert” Steve about art and computer needs. RSVP: 760-408-1881. Wednesdays, 6pm; through Wednesday, March 31, free. Com-

**\$10**  
 Prime Rib Buffet  
 served nightly at 4 pm



# FAST CASH MONDAYS

Win your share of

# \$15,000

Every Monday Night!

January 5 – February 1

- Club Sycuan members get one free daily entry!
- Earn bonus entries playing your favorite slots, table games and bingo!
- Prizes grow larger at every drawing!
- \$15,000 cash GUARANTEED every Monday!

## Drawing Times\*

7:00 pm.....\$1,000	8:30 pm.....\$2,500
7:30 pm.....\$1,500	9:00 pm.....\$3,000
8:00 pm.....\$2,000	9:30 pm.....\$5,000

\* You must be present to win. Each cash prize rolls over to the next drawing if not claimed within 5 minutes. The final 9:30 pm drawing will include all prior drawing rollovers and names will be called until a winner is present!

See Club Sycuan for Official Rules.

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BY SONIA ELIOT

### What are you reading?

"Guns, Germs & Steel: The Fates of Human Societies by Jared Diamond. My wife gave it to me. Basically, [the author] asks the question, 'Why did the Spanish conquer the Aztecs and Incas instead of the other way 'round?' He's an anthropologist, and he answers from an anthropological point of view, looking at the way people spread out from Africa years ago, with Europe and the Middle East being settled before Australia and the New World. Basically, people had a head start: domesticating animals, coming up with defenses against diseases, developing technology. And so the Spanish, with 120 soldiers, were able to defeat 80,000."

### Compare it to other books you've read.

"I read Diamond's *Collapse*, which was about why some societies are able to maintain themselves for centuries and others are very quick to die out. Say, why the Vikings didn't

make it in Greenland but the Inuit did."

### Do you have a favorite author?

"I like a couple of books by Sinclair Lewis — he's the first American to win the Nobel Prize for Literature. He was very American, and although he wrote his books in the '20s, they would be relevant today. I liked *Elmer Gantry* — it was a good book about religion."

### What book has been most life-changing for you?

"I wouldn't say it was life-changing, but I read Jonathan Kozol's *Death at an Early Age*, which was about conditions in Boston's inner-city schools. And after that, I taught at a school in New York for a while. It was interesting that there could be a system that was so screwed up."

### Do you read any newspapers or magazines?

"I subscribe to *The New Yorker* and *The Atlantic*



*Monthly*. I like *The New Yorker* a little better. I like the Malcolm Gladwell articles — I'm reading one of his books now. He's always asking interesting questions and analyzing things in an interesting way. In *The Atlantic*, I sometimes think the articles by Sandra Tsing Loh are kind of over-the-top — like, 'I'm going to write this because I write for *The Atlantic*, and look at how interesting and cool I am for having this idea.' She writes about marriage, and she cheated on her husband and he left her, and now she's living amongst friends. She writes about reading to her kids in the car because she has nowhere to go, and it's, like, 'Okay, that's all well and good because you write for *The Atlantic* and you can afford these things.' There was a cartoon in *The New Yorker* where someone says, 'She's a bad mother who says she's a bad mother but really thinks she's a good

mother.' I thought, *Ooh, that's directed right at her.*"

### Do you talk to your friends about reading?

"Mostly my wife. We just moved from Anchorage, and we went to one book club there. When I was a teacher, I had a book club with another teacher; we'd go to the bar and drink beer and talk about the book."

### Do you ever get into heated debates?

"Mostly it's nice — 'Oh, I didn't think of it that way...' But when we read *A Million Little Pieces* by James Frey, I said, 'Wow, this guy — it's bad what he did'" (i.e., fabricating details in a memoir). "And this girl was, like, 'I don't think it's that bad.' But when I read it, I said, 'This isn't true. You don't do these things and then write about it and act like you're a good guy. It just isn't true.'"

For more stories by this author, go to [sdrader.com](http://sdrader.com).

puter Arts Gallery, 4985 Voltaire Street. (OCEAN BEACH)

**Germany's Contributions** What has Western culture gained from Germany? Ponder with P&R Discussion Group. 619-370-1027. Thursday, January 28, 7pm; free. Filter, 4096 30th Street. (NORTH PARK)

**Gray Whale Season Returns!** Outings hosted by Birch Aquarium at Scripps and San Diego Harbor Excursion boast Scripps naturalists on hand to share information about gray whales, the ecology, and history of San Diego Bay and Scripps Institution of Oceanography. Detect, listen to whale and dolphin sounds in real time using state-of-the-art research equipment from Scripps Institution of Oceanography. Dol-

phins, sea lions, marine birds make guest appearances. Registration: 619-234-4111. Thursdays, 9:45am and 1:30pm; Fridays, 9:45am and 1:30pm; Saturdays, 9:45am and 1:30pm; Sundays, 9:45am and 1:30pm; Mondays, 9:45am and 1:30pm; Tuesdays, 9:45am and 1:30pm; Wednesdays, 9:45am and 1:30pm; through Sunday, April 4, \$15-\$35. San Diego Harbor Excursion, 1050 North Harbor Drive. (DOWNTOWN)

**Here Comes the...** Bridal Bazaar with over 300 wedding professionals offering their wares and services, fashion shows (11:30am, 1pm, 2:45pm). 760-334-5500. Sunday, January 31, 10am; \$10. San Diego Convention Center, 111 West Harbor Drive. (DOWNTOWN)

**Home Decorating and Remodeling Show** Annual event promise exhibits of items to improve, remodel, renovate homes. Displays of home products, services. Parking: \$9. 800-999-5400. Friday, January 29, 10am; Saturday, January 30, 10am; Sunday, January 31, 10am; free. Del Mar Fairgrounds, 2260 Jimmy Durante Boulevard. (DEL MAR)

**KnitNight** Gather with fellow fiber artists for social knitting, crochet, spinning. 760-806-6744. Tuesdays, 7pm; free. 18 and up. Clever Knits, 214 South Indiana Avenue. (VISTA)

**Middle-Eastern Drum and Belly Dance Class** Doumbek drumming class for all levels taught by Frank Lazzaro (6-7pm),

followed by tribal belly-dance class taught by Sabrina Fox with live drumming (7-8pm). \$12 per class. 760-703-1487. Mondays, 6pm; \$12. WorldBeat Cultural Center, 2100 Park Boulevard. (BALBOA PARK)

**New Writers Welcome** Join established writers' group, in which participants read, critique their own work. 760-931-1845. Friday, January 29, 6pm; free. 18 and up. Encinitas Library, 540 Cornish Drive. (ENCINITAS)

**Rooftop Yoga** Yoga One leads vinyasa flow mixed-level classes for hotel guests (free) and public (\$15 per class). 619-544-0164. Thursdays, 5:30pm; Fridays, 9am; Sundays, 5:30pm; Mondays, 9am; Tuesdays, 5:30pm; Wednesdays, 9am;

free-\$15. Porto Vista Hotel & Suites, 1835 Columbia Street. (LITTLE ITALY)

**San Diego Sunroad Boat Show** Boat Show is back with "new name, look, and location." Boats for sale, boating seminars, boat rides, exhibitor booths. 619-497-5254. Thursday, January 28, noon; Friday, January 29, noon; Saturday, January 30, 10am; Sunday, January 31, 10am; free-\$10. Sunroad Resort Marina, 955 Harbor Island Drive. (DOWNTOWN)

**Share (Artistic) Ideas** Join Sargent Art Group, formed as a networking group for established and emerging artists. Group meets for encouragement, to "learn and grow, share ideas, and enjoy being creative people." Membership fee: \$30 per year. 949-322-2662 or 760-

918-0593. Saturday, January 30, 2pm. Solana Beach Library, 157 Stevens Avenue. (SOLANA BEACH)

**Turkish Delights** Zorba Stars dancers plan Turkish-themed belly dance stage show. Greek buffet with Turkish specialties, live Turkish music, open dancing after show. Reservations recommended: 619-422-8853. Friday, January 29, 6:30pm; \$15. Zorba's Greek Buffet, 100 Broadway. (CHULA VISTA)

**Udon and Socks...** Bring a pair of socks when Mayumi Masubuchi leads *teuchi udon* (Japanese noodle) class. Learn to make these traditional Japanese noodles from scratch. 619-232-2721 x102. Saturday, January 30, 10am; \$20-\$25. Japanese Friendship Garden, Pan American Road. (BALBOA PARK)

# \$15 for Church Ads in the Reader

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Sundays 10 am • Pastor Al Hester  
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(619) 561-1965  
[www.hillcountrychurch.org](http://www.hillcountrychurch.org)

**New Beginnings Open House**

Come meet our new Pastor and discover what South Bay Baptist Church is all about!  
**Sunday, Jan. 31** – 10 am worship  
OPEN HOUSE to follow.  
Meet the Staff – Snacks – Tours  
Information Booths – BounceHouse for kids  
**EVERYONE WELCOME!**  
**South Bay Baptist Church**  
960 Fifth Ave., Chula Vista  
(619) 422-0105  
Visit our website: [southbaybaptist.com](http://southbaybaptist.com)

**Padre Pio Devotions**

First Monday of every month.  
7:00 pm. Rosary, confessions, Mass, and benediction.  
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State and Date Streets.  
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**Faith Is a Journey**

Walk with us at Plymouth Church. The Congregational way is open to dialogue, not doctrine.  
Sunday Service: 9:45 am  
Pastor Wayne Riggs  
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2717 University Ave.  
San Diego, CA 92104  
619-297-3289

**Create a New Life!**

Sunday services 10:30 am  
Deep Meditation 9:50 am (1/2 hour)

**TEACHING OF THE INNER CHRIST**  
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"Ready, Set, Grow"  
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The Higher Vision Choir  
January 24 at 10 am

**Fun & Games Night!! • No fee**  
January 27  
6:00 pm Potato Bar & Dessert  
7:00 pm Fun & Games!!

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**Vintage to Modern** Everything photographic offered during Bargain Camera Show. 310-578-7446. Sunday, January 31, 10am; free-\$2. Al Bahr Shrine Center, 5440 Kearny Mesa Road. (KEARNY MESA)

**What's Falun Dafa?** Learn during "meditation exercise workshop" focusing on this ancient Chinese *qigong* mind-body practice. All ages. 619-252-5256. Monday, February 1, 6:30pm; free. San Diego Public Library, 820 E Street. (EAST VILLAGE)

## CLASSICAL MUSIC

**"All in the Family: Meet the Bachs"** Orchestra Nova explores "the Bach boys" — "Johann Sebastian and his many extraordinary and influential sons." 858-350-0290. Friday, January 29, 7:30pm; \$22-\$60. Saint Paul's Cathedral, 2728 Sixth Avenue.

Missed it Friday? Try Saturday, January 30, 8pm; \$30-\$99. Qualcomm Hall, 5775 Morehouse Drive. Missed it Saturday? Try Monday, February 1, 7:30pm; \$35-\$45. Sherwood Auditorium at Museum of Contemporary Art San Diego, 700 Prospect Street. (BANKER'S HILL, SORRENTO VALLEY, LA JOLLA)

**"Roman Carnival"** Enjoy this Berlioz overture when Redlands Symphony performs for Fallbrook Music Society. Program includes Schumann's "Symphony No. 1 in

B-flat Major (Spring Symphony)" and "Cello Concerto in B minor" by Dvořák. 760-451-8644. Sunday, January 31, 3pm; \$10-\$38. Bob Burton Center for the Performing Arts, 2400 South Stagecoach Drive. (FALLBROOK)

**"The Funny Side of Music"** Conductor Philip Mann, sopranos Anna Belaya and Julia Teal Kermott join San Diego Symphony for Family Festival concert. Program features music by Haydn, Rossini, Gershwin, Peter Schick-ele, others. 619-235-0804. Sunday, January 31, 2pm; \$10-\$25. Copley Symphony Hall, 750 B Street. (DOWNTOWN)

**An Evening with the Stars** Los Angeles Balalaika Orchestra presents concert of Russian folk and classical music with guests Vladimir Chernov (baritone), Sussanna Poretsky (mezzo-soprano), and prima domra musician

Tamara Volskaya, soloists and dancers from Russia and Ukraine. 626-483-2731. Sunday, January 31, 3pm; \$25-\$30. First Unitarian Universalist Church of San Diego, 4190 Front Street. (HILLCREST)

**Brazilian Guitar Quartet** Described as "one of the world's leading guitar ensembles," the Brazilian Guitar Quartet performs for Barbara and William Karatz Chamber Concert Series. 858-454-5872. Thursday, January 28, 7:30pm; \$40-\$45. Athenaeum Music and Arts Library, 1008 Wall Street. (LA JOLLA)

**Cello Concert** UCSD cellist Ashley Walters performs works by Wolfgang von Schweinitz, Nicholas Deyoe, Alvin Lucier, Paul Hindemith, Lisa Coons. 858-534-3229. Friday, January 29, 8pm; free. Conrad Prebys Music Center at UCSD, Russell Lane at Gilman Drive. (LA JOLLA)

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# Calendar

## LOCAL EVENTS

**HOW TO SEND US YOUR LISTING:** Contributions must be received by 5 pm Friday the week prior to publication for consideration. Do not phone. Send a complete description of the event, including the date, time, cost, the precise address where it is to be held (including neighborhood), a contact phone number, and a phone number (including area code) for public information to **READER EVENTS**, Box 85803, San Diego, CA 92186-5803. Or fax to 619-881-2401. You may also submit information online at [SDReader.com](http://SDReader.com) by clicking on the events section.

**Discovery Series** Violist David Aaron Carpenter performs selections by Bowen, Clarke, Prokofiev, Piazzolla, Paganini-Primrose for La Jolla Music Society. The award-winning 22-year-old Carpenter is studying with Pinchas Zuckerman. 858-459-3728. Sunday, January 31, 3pm; \$5-\$30. Neurosciences Institute, 10640 John Jay Hopkins Drive. (LA JOLLA)

**Flute Concert** Kimberly Turney plays pieces for solo flute composed by Joan Tower, Harvey Sollberger, Burt Levy. 858-534-3229. Saturday, January 30, 8pm; free. Conrad Prebys Music Center at UCSD, Russell Lane at Gilman Drive. (LA JOLLA)

**Humor in Classical Music** Tifereth Israel Community Orchestra joined by pianist Sylvia L. Hartman in "a piano concerto to end all piano concertos." Soprano Delynn Ketcherside performs as well. Program boasts selections by Mozart, Haydn, Rossini, Ibert, Peter Schickele (a.k.a. PDQ Bach), Franz Reizenstein. 619-697-6001. Tuesday, February 2, 7:30pm; \$10-\$15. Tifereth Israel Synagogue, 6660 Cowles Mountain Boulevard. (SAN CARLOS)

**Organ Concert** Civic organist Carol Williams in concert. 619-702-8138. Sunday, January 31, 2pm; free. Spreckels Organ Pavilion, 2211 Pan American Road. (BALBOA PARK)

**Simple Yet Passionate** San Diego Opera season opens with "one of the greatest love stories ever told." Giacomo Puccini's *La bohème*. Cast includes soprano Ellie Dehn, tenor Piotr Beczala, San Diego soprano Priti Gandhi, baritone Jeff Mattsey, bass-baritone Alfred Walker, many others. Conductor is Karen Keltner, director is E. Loren Meeker. Performed in Italian with English translations above stage. Reservations: 619-533-7000. Saturday, January 30, 7pm; Tuesday, February 2, 7pm; \$35-\$210. San Diego Civic Theatre, 1100 Third Avenue. (DOWNTOWN)

**Singers from 5 to 30!** The San Francisco Girls' Chorus — a San Francisco musical institution celebrating its 30th anniversary — performs for Saint James Music Series. 858-459-3421 x109. Sunday, January 31, 4pm; \$25. Saint James by-the-Sea Episcopal Church, 743 Prospect Street. (LA JOLLA)

## DANCE

**"David Patrone \$10,000 Swing Dance Spectacular"** David Patrone Productions hosts swing dance competition and lessons. Contestant registration: 4-4:45pm; swing dance lessons with Jim and Margie (5-5:45pm); live music for swing dancing (6-9pm). Semi-finals: March 21. Finals: March 28. 619-517-2719. Sunday, January 31, 5pm; free. 21 and up. Viejas Casino DreamCatcher Show Room, 5000 Willows Road. (ALPINE)

**"Intimate Cabaret Dances"** Jean Isaacs San Diego Dance Theater performs "steamy" dances in small, cabaret-like setting. Tickets: \$35 includes food and wine before show; \$20 show only; \$15 for students. Two shows nightly. 619-225-1803. Saturday, January 30, 6pm and 8:30pm. Dance Place San

## DOVER BEACH

The sea is calm to-night.  
The tide is full, the moon lies fair  
Upon the straits; on the French coast the light  
Gleams and is gone; the cliffs of England stand,  
Glimmering and vast, out in the tranquil bay.  
Come to the window, sweet is the night-air!

Only, from the long line of spray  
Where the sea meets the moon-blanced land,  
Listen! you hear the grating roar  
Of pebbles which the waves draw back, and fling,  
At their return, up the high strand,  
Begin, and cease, and then again begin,  
With tremulous cadence slow, and bring  
The eternal note of sadness in.

Sophocles long ago  
Heard it on the Aegean, and it brought  
Into his mind the turbid ebb and flow  
Of human misery; we  
Find also in the sound a thought,  
Hearing it by this distant northern sea.

The Sea of Faith  
Was once, too, at the full, and round earth's shore  
Lay like the folds of a bright girdle furled.  
But now I only hear

Its melancholy, long, withdrawing roar,  
Retreating, to the breath  
Of the night wind, down the vast edges drear  
And naked shingles of the world.

Ah, love, let us be true  
To one another! for the world, which seems  
To lie before us like a land of dreams,  
So various, so beautiful, so new,  
Hath really neither joy, nor love, nor light,  
Nor certitude, nor peace, nor help for pain;  
And we are here as on a darkling plain  
Swept with confused alarms of struggle and flight,  
Where ignorant armies clash by night.



The English poet and critic Matthew Arnold (1822-'88) was one of the leading intellectual figures of the Victorian era. A plea for unwavering constancy in a world filled with violence and in an age of dwindling faith, the poem exemplifies Arnold's stylistic austerity and nobility of temper. Addressed to Frances Lucy Wightman, the poet's wife, it was most likely composed in 1851, the year of their marriage.

Diego in NTC Promenade, 2650 Truxtun Rd., Suite 108. (POINT LOMA)

**"Music That Moves Us"** Showcase "with no less than 20 performances and wonderful music." 858-565-9575. Saturday, January 30, 7pm; \$25. Dance for 2, 7528 Clairemont Mesa Boulevard. (KEARNY MESA)

**Argentine Tango** Class taught by Florintino and Isabel for all levels. 858-451-3775. Thursdays, 8pm; through Thursday, January 28, \$10. Dance Motions, 12120 Alta Carmel Court, Suite 410D. (RANCHO BERNARDO)

**English Country Dancing** Ellen Riley calls for English country dancing. Beginners' instruction at 6pm. 858-676-9731. Sunday, January 31, 6pm; \$6. Jean Hart Academy of Dance, 12227 Poway Road. (POWAY)

**It's Fierce!** Professional hip-hop choreographer Ruben "Fusion" Monet leads classes. He has worked with Beyonce, Akon, P. Diddy, Missy Elliott, Ludacris, Will Smith, others. 858-451-3775. Wednesdays, 6:30pm; \$17. Dance Motions, 12120 Alta Carmel Court, Suite 410D. (RANCHO BERNARDO)

**Music That Moves Us Showcase** Dance for 2 and friends "bring you dazzling dances and melodious music." 858-565-9575. Saturday, January 30, 7pm; \$25. Dance for 2, 7528 Clairemont Mesa Boulevard. (KEARNY MESA)

**Old Twine String Band** Provides music, Graham Hempel calls for contra dancing hosted by San Diego Folk Heritage. Beginners' dance workshop 7:30pm; dances taught and called to live music 8-11pm. Wear soft-soled shoes. 619-283-8550. Friday, January 29, 7:30pm; \$7. Trinity United Methodist Church, 3030 Thorn Street. (NORTH PARK)

**Ready to Waltz?** San Diego Vintage Dance Society offers pre-ball dance workshop in advance of annual "Viennese Nights: A Grand Ball" (6:30pm). 858-414-6516. Sat-

urday, January 30, noon; \$15-\$20. Balboa Park Club, 2150 Pan American Road West. (BALBOA PARK)

**Salsa Mondays** Salsa classes for beginners (6:30pm), intermediates (7:15pm). No partner needed. 858-451-3775. Mondays, 6:30pm; \$10-\$15. Dance Motions, 12120 Alta Carmel Court, Suite 410D. (RANCHO BERNARDO)

**Singing and Dancing** Mary Ann Downs leads singing workshop of "favorite Balkan dances," followed by regular international folk dancing. 619-281-5656. Saturday, January 30, 7:30pm. Folk Dance Center, 4569 30th Street. (NORTH PARK)

**Swing Matinee** Enjoy music by the Hi-Lo Playboys, a local Western swing band, during event hosted by Firehouse Swing Dance. 858-395-6060. Saturday, January 30, 3pm; \$10. 21 and up. Belly Up Tavern, 143 South Cedros Avenue. (SOLANA BEACH)

**Viennese Nights: A Grand Ball** San Diego Vintage Dance Society hosts sixth annual winter ball as Grand Pacific Waltz Orchestra plays waltzes, polkas, country dances, more. Non-dancers wel-

come. Semiformal or formal evening wear required; period ball attire encouraged. Light refreshments included. 858-414-6516. Saturday, January 30, 6:30pm; \$25-\$40. Balboa Park Club, 2150 Pan American Road West. (BALBOA PARK)

## FILM

**"Not-So-Silent Films: Siren of the Tropics"** Legendary performer Josephine Baker made her feature-film debut in this 1927 rags to riches tale. Scott Paulson and the Teeny-Tiny Pit Orchestra for Silent Films provide accompaniment. 858-534-TIXS. Tuesday, February 2, 8pm; \$12. Loft, 9500 Gilman Drive. (LA JOLLA)

**Hot Rod Girls Save the World** "Bedlam Cinema" hosted by the Mental Eclectic boasts "underground films from around the globe." Can the hot rod girls save the town and the world? 619-255-5147. Thursday, January 28, 7pm; \$8. Queen Bee's Art and Cultural Center, 3925 Ohio Street. (NORTH PARK)

**The Eyes of Me** Keith Maitland's film offers "up-close look at four

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teens who have lost their sight, following their various high school experiences over the course of one dynamic year." Vicki Fox of Braille Institute and students from institute's youth program on hand to answer questions after screening. 619-236-5817. Wednesday, February 3, 6:30pm; free. San Diego Public Library, 820 E Street. (EAST VILLAGE)

**The Last of the Gunslingers** Documentary chronicling squad of Border Crime Task Force created to curb crime problem along the border, based on events as described in Joseph Wambaugh's book *Lines and Shadows*, screens poolside (8pm). Meet some original task force members, see pictures, the trailer, interview clips. Salsa performance follows (9pm). 347-226-0940. Tuesday, February 2, 7pm; free. Pearl Hotel, 1410 Rosecrans Street. (POINT LOMA)

**How About a "Kinetic Frontier Saga"?** Sam Rockwell stars in *Moon*, a 2009 space odyssey screening for Film Forum. 619-236-5800. Monday, February 1, 6:30pm; free. San Diego Public Library, 820 E Street. (EAST VILLAGE)

**Just One Word — Plastics!** Enjoy *The Graduate* (1967) during this week's cinema social. Dive-In theatre combines "eclectic film choices," food, drink, light conversation at hotel's poolside lounge and theater located outdoors. Early arrival suggested. Reservations: 619-226-6100. Wednesday, February 3, 8pm; free. Pearl Hotel, 1410 Rosecrans Street. (POINT LOMA)

**Les Lutins du Court-Métrage** Alliance Française de San Diego presents this selection of "best short movies of the year." More than 2000 film professionals vote each year to determine the included films. All movies in French with English subtitles, screened in Bishop Maher Hall. 858-550-0144. Saturday, January 30, 4pm; free-\$12. 15 and up. University of San Diego, 5998 Alcalá Park. (LINDA VISTA)

**Sappy New Year!** Saps at Sea Tent of Laurel and Hardy fans gather for screenings of *Sugar Daddies* (1957), *On the Loose*, *Bonnie Scotland* (1935). Donation: \$6. 619-417-9032. Saturday, January 30, 6:30pm. Trinity Presbyterian Church, 3902 Kenwood Drive. (SPRING VALLEY)

## FOOD & DRINK

**"Fresh Taps"** Taste over half a dozen San Diego brews on tap that were all kegged on February 1. Between 5 and 8pm, guests may purchase an unfiltered Stone brew poured directly from the fermenter tank into a glass. 760-471-4999. Monday, February 1, 5pm; 21 and up. Stone Brewing World Bistro and Gardens, 1999 Citracado Parkway. (ESCONDIDO)

**"Live Cooking Show"** Enjoy "delicious vegan food samples," gift bags, short video seminar. Advance reservations: 858-705-3987. Sunday, January 31, 3pm; free. Loving Hut, 1905 El Cajon Boulevard. (NORTH PARK)

**Fresh Dinner!** Chef Alex Carballo and Stone Brewing crew descend upon organic farms for "the freshest food" on offer. Enjoy "several courses of amazing fare prepared with ingredients harvested from local fields the very same day." Fresh, locally crafted brews also available. Fee includes tax, tip. Reservations: 760-471-4999. Monday, February 1, 6pm; \$49. Stone Brewing World Bistro and Gardens, 1999 Citracado Parkway. (ESCONDIDO)

**Reject Winter Doldrums!** Chef Daci Corlett illuminates winter produce with recipes such as goat cheese with passion fruit and honeyed walnuts, barley and mushroom soup with sausage, more. Fee includes food, wine/beverages, appetizers. 858-578-2665. Thursday, January 28, 6pm; \$59. 18 and up. Cooking With Class, 8290 Miramar Road. (MIRAMAR)

## FOR KIDS

**"Snow Critters"** What features do creatures have for living in snow? Find out through storytelling and by meeting some animals. Make a snowy scene for a critter, enjoy hot cocoa and cinnamon "icicle" during Kindernights and Kindermornings program. Fee does not include admission to zoo. Required reservations: 619-557-3969. Friday, January 29, 6:30pm; \$12-\$15. 3 and up. San Diego Zoo, 2920 Zoo Drive. (BALBOA PARK)

**"Worlds of Fantasy"** Disney On Ice presents show with stories from *Cars*, *The Little Mermaid*, *Lion King*, Tinker Bell and her fairy friends. January 31, 3:30 performance is in Spanish. 800-745-3000. Thursday, January 28, 11am; Friday, January 29, 11am and 7:30pm; Saturday, January 30, 11am, 3:30pm and 7:30pm; Sunday, January 31, 11am, 3:30pm and 7:30pm; \$16-\$53. San Diego Sports Arena, 3500 Sports Arena Boulevard. (MIDWAY DISTRICT)

**Chu Chu the Dragon** Millie Patterson's Weaver's Tales present story of a thieving dragon who steals a precious pearl from Mother Chin; which of her brave sons will retrieve the gem? 619-544-9203. Wednesday, February 3, 10am and 11:30am; \$3-\$5. Marie Hitchcock Puppet Theatre, 2130 Pan American Road West. (BALBOA PARK)

**The Very Hungry Caterpillar** Enjoy "three fast-moving stories" for preschoolers performed by Big Joe Productions. 619-544-9203. Thursday, January 28, 10am and 11:30am; Friday, January 29, 10am and 11:30am; Saturday, January 30, 11am, 1pm and 2:30pm; Sunday, January 31, 11am, 1pm and 2:30pm; \$3-\$5. Marie Hitchcock Puppet Theatre, 2130 Pan American Road West. (BALBOA PARK)

**A "Hilarious, High-Energy Musical"** California Youth Conservatory Theatre presents the Broadway musical *13*, asking and answering the question "Can Evan survive divorce, his bar mitzvah, and puberty all at the same time?" Rock score by Tony Award-winning composer Jason Robert Brown. 619-977-7376. Thursdays, 7pm; Fridays, 7pm; Saturdays, 2pm and 7pm; Sundays, 2pm; through Sunday, January 31, \$18-\$30.

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# Calendar

## LOCAL EVENTS

Lyceum Theatre, 79 Horton Plaza. (DOWNTOWN)

**Bullets Outta Guns** City Heights poet Jim Moreno offers poetry writing workshop with micro-phone skills and performance skills for middle school to high school students. 760-802-2449. Tuesdays, 4pm; through Monday, December 20, free. 11 and up. Queen Bee's Art and Cultural Center, 3925 Ohio Street. (NORTH PARK)

**Find Fuego** Mingei International Museum invites families to join a treasure hunt. Each participating family gets a printed guide (also available in Spanish) leading them to spots in the museum where they may find pictures of "Fuego the Coyote," a carved wooden mascot. Those who complete the hunt get a prize. Family admission \$5, individuals \$3. 619-239-0003. Sunday, January 31, noon. Mingei International Museum, 1439 El Prado. (BALBOA PARK)

**Game Day** "Saturdays in the Park" series promises "old-fashioned games," contests such as gunnysack races with prizes, giant games (checkers, chess, pick-up sticks, dominoes). 760-743-8207. Saturday, January 30, 2pm; free.

Grape Day Park, 321 North Broadway. (ESCONDIDO)

**Kids at Lux** Kids (6-12) invited for guided tour through studio, question-and-answer session with resident artist Iva Gueorguieva, hands-on art project. Reservations: 760-436-6611. Saturday, January 30, 10am; free-\$20. 6 and up. Lux Art Institute, 1550 South El Camino Real. (ENCINITAS)

## IN PERSON

**"Isadora Duncan: A Unique Recital"** Kres Mersky offers portrait of this early 20th-century woman whose views on art, women's rights, education, marriage, and love "inspire to this day." Tickets for "Free First Wednesdays" series available on first-come, first-served basis, one hour prior to curtain. 800-988-4253. Wednesday, February 3, 4pm and 7pm; free. California Center for the Arts, Escondido, 340 North Escondido Boulevard. (ESCONDIDO)

**"Puppet Mashup"** Puppeteers of Technomania Circus plan "variety puppetry and humorous puppet short stories using shadow puppets, blacklight illusion, and rod puppetry." 619-220-8663. Friday, January 29, 7pm; Saturday, January 30, 7pm; \$10. North Park Vaudeville and Candy Shoppe, 2031 El Cajon Boulevard. (NORTH PARK)

**"San Diego's Got Talent"** Journalists show off their (hidden?) talents during talent show featuring 15 acts from within the media industry, hosted by ABC Channel 10 reporter Robert Santos. Judges include Jenny Hamel, Neil Senturia, Ken Kramer. 619-234-5757. Thursday, January 28, 6pm; \$10-\$15. 21 and up. Fifty Seven Degrees, 1330 G Street. (DOWNTOWN)

**"Stand-Up Is Dead"** Comedians Ari Shaffir, Nick Youssef, Mack Lindsay, Steven Kendrick perform for Ocean Beach Comedy (7pm). Open-mike comedy (6-7pm) precedes show. 619-222-6822. Friday, January 29, 6pm; \$5. Winstons, 1921 Bacon Street. (OCEAN BEACH)

**"The Improv Gridiron"** Hinges improv comedy show with opening set by Chad Cavanaugh, after-party with DJ Johnny Tran. Benefit for House of Hope. 619-414-7723. Saturday, January 30, 8pm; \$8-\$10. Queen Bee's Art and Cultural Center, 3925 Ohio Street. (NORTH PARK)

**(Classic) Cerebral Comedy** Enjoy famous characters during "An Evening of Classic Lily Tomlin." Question and answer from audience concludes performance. 619-570-1100. Thursday, January 28, 7:30pm; \$44-\$79. Balboa Theatre, 868 Fourth Avenue. (DOWNTOWN)

**36 Arguments for the Existence of God** Novelist Rebecca Goldstein discusses, signs her new novel during conversation with Roger Bingham of Science Network. Book "plunges into the great debate of our day: the clash be-

tween faith and reason." 858-454-0347. Friday, January 29, 7:30pm; free. Warwick's Bookstore, 7812 Girard Avenue. (LA JOLLA)

**Have Golf Swing, Will Travel** Local author, former LPGA Tour player Christy Erb signs, discusses her book about what it is like playing professional golf. What goes on in minds and lives of players? Fee: \$20 paperback, \$25 hardcover. 858-254-6591. Sunday, January 31, 3pm. Bonita Golf Club, 5540 Sweetwater Road. (BONITA)

**Please God Save Us** Signing by politician/book co-author Kent Smith. Signed copies of book: \$25. 619-573-7153. Thursday, January 28, 6pm; free. Filter, 4096 30th Street. (NORTH PARK)

**Please God Save Us, Again** Signing by politician/book co-author Kent Smith. Signed copies of book: \$25. 619-573-7153. Friday, January 29, 7pm; free. Red Crow Studio, 3812-A Ray Street. (NORTH PARK)

**The Power of Many** California gubernatorial candidate/former eBay CEO Meg Whitman discusses, signs her new book, subtitled *Values for Success in Business and in Life*. Receive two tickets with purchase of Whitman's book from Warwick's. 858-454-0347. Monday, February 1, 7pm. La Jolla Library, 7555 Draper Avenue. (LA JOLLA)

**The Spirit Lens** Fantasy author Carol Berg signs books. 858-268-4747. Saturday, January 30, 2pm; free. Mysterious Galaxy Books, 7051 Clairemont Mesa Blvd., Suite 302. (KEARNY MESA)

**A Tale of Fear, Grief, Bravery** Michael B.A. Oldstone, professor and head of Viral-Immunobiology Laboratory at Scripps Research Institute, discusses his book *Viruses, Plagues, and History: Past, Present, and Future (Revised and Expanded Edition)*. 858-456-1800. Saturday, January 30, 7pm; free. D.G. Wills Books, 7461 Girard Avenue. (LA JOLLA)

**Belly-Dance Dinner Show** Showcase featuring Talia and Oriental Jewels, music by John Bilezikjian and Frank Lazzaro. No cover. 760-603-9672. Tuesday, February 2, 7pm. Greek Village, 6030 Paseo del Norte. (CARLSBAD)

**Comedy at Dirtbag** Comics Ryan Shores, Allison Gill, Arian

Porter, Joe Robinson, Jim Unwin, Kyle Ray, Fiduce, Diane Jean perform. 858-273-3332. Saturday, January 30, 8pm; \$10. 17 and up. Dirtbag Music, 1135 Garnet Avenue. (PACIFIC BEACH)

**Del Mar's Favorite Gardener!** Start your garden off right in 2010 when Pat Welsh discusses, signs *Pat Welsh's Southern California Organic Gardening*. Book offers "easy-to-follow practical advice on how to amend the soil, feed plants, and control pests using a multitude of organic techniques." 858-755-3735. Sunday, January 31, 2pm; free. Book Works, 2670 Via de la Valle. (DEL MAR)

**Don't Make Pike Mad** Author Robert Crais discusses, signs his latest "Joe Pike" novel, *The First Rule*. 858-454-0347. Thursday, January 28, 7:30pm; free. Warwick's Bookstore, 7812 Girard Avenue. (LA JOLLA)

**Loyalty, Family, Love** Garth Stein discusses, signs *The Art of Racing in the Rain*, a novel narrated by wise and wonderful Enzo, an unusually gifted canine. 858-454-0347. Tuesday, February 2, 7:30pm; free. Warwick's Bookstore, 7812 Girard Avenue. (LA JOLLA)

**Men Are Pigs...** So said Tim Allen years ago. Laughs guaranteed when the comedian and actor takes the stage. 877-946-7252. Saturday, January 30, 8pm; \$45-\$85. 21 and up. Pala Casino, 35008 Pala Temecula Road. (PALA)

**Open-Mike Night** Musicians, singers (including karaoke), actors, poets, comedians invited to entertain. Purchase requested. 619-299-9360. Sundays, 8pm. Café Liberta, 3834 Fifth Avenue. (HILLCREST)

## LECTURES

**"Better Soil, Better Veggies"** Master gardener Diane Hollister divulges "how to improve your vegetable garden organically to get it ready for spring planting and learn year-round soil care." Required advance registration: 760-436-3036 x206. Saturday, January 30, 10am; \$25-\$30. San Diego Botanic Garden, 230 Quail Gardens Drive. (ENCINITAS)

**"Cane-Do"** Kung Fu-trained Giuseppe Aliotta shows defensive techniques tailored for seniors us-

ing everyday items to fend off attackers when Life at Mira Costa senior learning group meets in room 1068. *Contrarian* author Peter F. Kaye presents "State of the Fourth Estate," offering overview of the state of journalism, "symbiotic world of politics and the news media." 760-721-8124. Friday, January 29, 1pm; free. MiraCosta College, One Barnard Drive. (OCEANSIDE)

**"Climate Change Challenges"** Look at allegations of research misconduct, and what one should make of those allegations in context of climate change research, when Exploring Ethics series continues. Bring questions, join discussion. Registration: 858-822-2647. Wednesday, February 3, 5:30pm; free. Reuben H. Fleet Science Center, 1875 El Prado. (BALBOA PARK)

**"Downtown Sound Bites"** Bring your lunch and listen when Seaport Village general manager Terry Hall discusses past, present, future of Seaport Village and the old police headquarters. Question-and-answer session follows. Talk hosted by Centre City Development Corporation (located above CVS). 619-235-2222. Tuesday, February 2, noon; free. Downtown Information Center, 193 Horton Plaza. (DOWNTOWN)

**"Emerald Cities"** Forrest McGill, chief curator of South and Southeast Asian Art at Asian Art Museum of San Francisco, discusses "Arts of 19th-Century Siam and Burma" for Asian Arts Council. 619-232-7931. Thursday, January 28, 10:30am; \$50-\$10. San Diego Museum of Art, 1450 El Prado. (BALBOA PARK)

**"Life and Work of Sister Dorothy Stang"** Maryknoll missionary priest David Stang and Sister Maryann Gillespie discuss Sister Dorothy Stang, who "worked for both the poor in the town of Anapu, Brazil, and the preservation of the Amazon" before her murder. Stang has just returned from Brazil and will talk about the trial of the murderer. 619-222-5676. Saturday, January 30, 8:30am; free. Gethsemane Lutheran Church, 2696 Melbourne Drive. (SERRA MESA)

**The Spirituality for the Future** Five-part "Matters of Faith Controversy" series entitled "Beyond Fundamentalism" presented by Reverend Arvid Straube. Dona-

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tion. 619-298-9978 x8014. Wednesday, February 3, 6:30pm. First Unitarian Universalist Church of San Diego, 4190 Front Street. (HILLCREST)

**"Traditional Church Music for Today's Youth"** Session explores "how to transmit traditional church music to the interests of today's youth." Fee includes lunch. 619-238-0649. Saturday, January 30, 9am; \$15. Saint Mark's United Methodist Church, 3502 Clairemont Drive. (CLAIREMONT)

**Voices of Ireland — A Preview** Enjoy some Irish storytelling! Walter Ritter — executive director of Write Out Loud, a local theatrical company that reads short stories in front of live audiences — speaks for "Coffee, Culture, Conversation" program. 619-239-2001. Tuesday, February 2, 4pm; free. San Diego Museum of Man, 1350 El Prado. (BALBOA PARK)

**"Wintering Birds — Who, Why, and When"** During first months of each year, casual birders have opportunity to see greater variety of birds than can be found during summer months at San Elijo Lagoon. Explore facts about shorebird behavior, learn about birds one is likely to encounter on a winter lagoon walk when Andy Mauro speaks for life group in room 201. 760-757-2121 x7782. Friday, January 29, 1pm; free. MiraCosta College San Elijo Campus, 3333 Manchester Avenue. (CARDIFF)

**Lohengrin, Part Two** Carlsbad Music Guild explores Richard Wagner's romantic opera during part two of this opera-appreciation lecture. 760-633-1953. Tuesday, February 2, noon; free. Schulman Auditorium at Carlsbad City Library, 1775 Dove Lane. (CARLSBAD)

**Law of Attraction** Lita MacDonald instructs on "how to do, be, or have anything that you desire through the use of raja yoga (breathing meditation) and visualization techniques" during workshop based on book *The Law of Attraction: The Teaching of Abraham*. 619-303-6609. Wednesday, February 3, 7pm; 18 and up. Vision Center for Spiritual Living, 11260 Clairemont Mesa Boulevard. (TIERRASANTA)

**Orchid Travels in Ecuador** Orchid enthusiast Ron Kaufman speaks, presents orchid culture class on his orchid travels and adventures in Ecuador for Palomar Orchid Society. 760-214-4371. Wednesday, February 3, 6:30pm;

free. Woman's Club of Carlsbad, 3320 Monroe Street. (CARLSBAD)

**Sogetsu School Ikebana** Learn basics of Sogetsu-style ikebana (Japanese flower arrangement) from Yumi Rakers. Materials list upon required advance registration. Fee: \$15 per session, or \$40 for four sessions. Registration: 619-232-2721. Tuesdays, 9:30am; through Tuesday, February 23. Japanese Friendship Garden, Pan American Road. (BALBOA PARK)

**State of the Heart** Curtiss Stinis, M.D., discusses "newest treatment and technology care for your heart." Reception: 5:30pm; program: 6pm. Registration: 800-727-4777. Thursday, January 28, 5:30pm; free. Scripps Memorial Hospital La Jolla, 9888 Genesee Avenue. (LA JOLLA)

**Why Go Organic?** Local gardening expert Connie Beck divulges basic principles for creating a wildlife habitat in your own backyard during "Gardening Nature's Way: Create an Organic Wildlife Oasis." Go organic for "a more beautiful garden than you ever dreamed possible." 619-660-0614 x10. Saturday, January 30, 9:30am; \$25-\$35. Water Conservation Garden, 12122 Cuyamaca College Drive West. (RANCHO SAN DIEGO)

## SPORTS

**Get to Know Dulzura** Expect "some hills but nothing steeper than Torrey Pines" when Knickerbikers bicycle through great scenery to Dulzura Diner (bring money). The 50-mile adventure starts in parking lot near Outback Steakhouse. 619-545-2229. Sunday, January 31, 9am. Westfield Plaza Bonita, 3030 Plaza Bonita Road. (NATIONAL CITY)

**San Marcos Blast** Pedal this 65-mile bicycle adventure with Bicycle Touring Society riders. Bring money for lunch. 619-255-5360. Sunday, January 31, 8:45am; free. Doyle Park, 8175 Regents Road. (UNIVERSITY CITY)

## MUSEUMS & PUBLIC ART

**Bonita Museum and Cultural Center** "In Bronze and On Canvas: The Art of Mehl Lawson and Jeffrey R. Watts" is exhibition of Western sculptures by Lawson, impressionistic paintings and realistic

drawings by Watts. Closes Saturday, February 27.

Museum features exhibits of local history and fine arts, striving "to preserve and celebrate the spirit of Bonita in its two spacious galleries." Stories of Bonita's 100-year history are told with artifacts, photographs. Displays include Native American culture, lemon orchard period, events of the flood of 1916, and transformation of family life by technology. 4355 Bonita Rd., 619-267-5141. (BONITA)

**Campo Railroad Museum** Showcasing more than 130 years of American railroad history and technology through static and operating exhibits, the museum includes cabooses, steam and diesel locomotives, track motorcars, 1880s "Jim Crow" segregated passenger cars. Interpretive 1.5-hour train rides offered each weekend (11am, 2:30pm) over portion of the San Diego and Arizona Eastern Railway. 31123-1/2 Highway 94, 619-465-7776. (CAMPO)

**Centro Cultural Tijuana** Center includes Museo de las Californias, cultural and artistic exhibits. "Buda Guanyin: Treasures of Compassion" continues through December. Currently screening in the CE-CUT Omnimax: *Vamos a la Luna* and *India, El Reino del Tigre*. 011-52-664-687-9650. Paseo de los Héroes and Mina Street. (BAJA)

**Chinese Historical Society and Museum** "Five Dynasties of Chinese Pottery" features collection of pottery ranging from Han Dynasty to Ming Dynasty, tracing Chinese pottery from its humble, utilitarian origins to its culmination as an elite art form. Exhibit includes roof tile ends, grave goods, funerary jars, sculptures of horses and carriages, porcelain vessels.

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## Calendar LOCAL EVENTS

museum artifacts include a 1920s warlord's bed, exhibits on Chinese footbinding and Chinese-American veterans. The museum is in a building originally built in 1927 for the Chinese Mission. Adjacent to the building is an Asian garden with koi pond and waterfall. 404 Third Ave., 619-338-9888. (DOWNTOWN)

**Embarcadero Urban Trees 6** Public art exhibit of 30 "urban trees" along North Embarcadero on Harbor Drive (between cruise ship terminal and Hawthorn Street). Artists were supplied with a 12-foot-tall pole placed in a concrete planter to serve as tree's base; artists alter the pole by attaching materials to create their sculptures. 619-686-6200. Along Harbor Drive. (DOWNTOWN)

**Leo Carrillo Ranch Historic Park** Leo Carrillo Ranch Historic Park, old adobe buildings were once vacation retreat and working rancho of actor Leo Carrillo. Tours on Saturdays (11am, 1pm) and

Sundays (noon, 2pm). 6200 Flying Leo Carrillo Lane, 760-476-1042. (CARLSBAD)

**Marine Corps Recruit Depot Museum** Housed in a historic building, the museum features five permanent galleries with artifacts, uniforms, vehicles, weapons, and photographs depicting Marine Corps history. The museum is located in Building 26 at MCRD, just inside Gate 4, off Pacific Highway. Witherby Street and Hancock St., 619-524-6038. (DOWNTOWN)

**Mingei International Museum North County** "Rite and Ritual: Ceremonial Art Across the Cultures" focuses on beauty of objects used for special familial, tribal, community events in traditional cultures such as birth, childhood, initiation, marriage, death, and festivals and in various religious expressions among the world's peoples. Closes Saturday, October 16. 155 West Grand Ave., 760-735-3355. (ESCONDIDO)

**Museum of Contemporary Art San Diego, Downtown** "Tara Donovan" features sculptures and installations from past decade. Show traces "ambitious

process of this young artist," who takes mass quantities of a single everyday item (tape, plastic cups, straws, pins, toothpicks, buttons) and "assembles them in different ways." Closes Sunday, February 28. 1100 and 1001 Kettner Blvd., 858-454-3541. (DOWNTOWN)

**Museum of Photographic Arts** "Picturing the Process: The Photograph as Witness" explores the variety of ways photographers and photographs document people, places, events throughout history. Exhibit from museum's permanent collection closes Saturday, February 6.

"Through the Lens: Selections from MoPA's Education Programs" may be seen through Sunday, January 24, showcasing works created by students who have participated in museum programs.

"Beloved Daughters: Photographs by Fazal Sheikh" includes over 100 photographs focusing on women in India. "Moksha" explores lives of dispossessed widows cast out by their families, denying them legal, economic, human rights. "Ladli" examines perils faced by girls and young women in modern India. Closes Saturday, January 30. 1649 El Prado, 619-238-7559. (BALBOA PARK)

**Museum of San Diego History** "100 Years of Art," continuing through March, showcases a century of artwork by San Diego artists. "Place of Promise: Stories of San Diego" lets visitors "literally walk on San Diego"; a map of county extends from wall to wall across the floor. Also featured in ongoing exhibit are two large 1930s murals by artist Charles Reiffel and a 1910 San Diego streetcar. Stories of San Diego are interpreted through images, artifacts, oral histories from society's collection. The museum is located in the Casa de Balboa building. 1649 El Prado, 619-232-6203. (BALBOA PARK)

**San Diego Air and Space Museum** Ongoing exhibition "The History of Commercial Aviation in America." A section of exhibit celebrates 40-year history of PSA, with original graphics, a recreation of the airline's first ticket booth at Lindbergh Field, uniforms and memorabilia donated by former employees.

The museum offers exhibits of over 65 aircraft, including an RQ-1K Predator UAV (unmanned aerial vehicle) on indefinite loan from the National Museum of the United States Air Force at Wright-Patterson Air Force Base, which "saw action over the Balkans in the late 1990s"; a replica of *Spirit of St. Louis*, a Fokker Scourge (or Fokker Eindecker E-III), a World War I Spad VII, flight deck of the USS *Yorktown*, and a Lockheed Blackbird spy plane; 1400 scale models, 10,000 aviation-related items, and memorabilia from Montgolfier

hot-air-balloon era to Space Age, along with an International Aerospace Hall of Fame. 2001 Pan American Plaza, 619-234-8291. (BALBOA PARK)

**San Diego Archaeological Center** Center hosts monthly archaeological-themed lectures, workshops, and family events on second Saturday of each month. Museum is dedicated to curating and sharing archaeological collections with public for educational, scientific, cultural use. 16666 San Pasqual Valley Rd., 760-291-0370. (ESCONDIDO)

**San Diego Automotive Museum** More than 80 automobiles and motorcycles from horseless carriages to future prototypes are included in the museum's permanent collection. Find the museum near the Starlight Bowl. 2080 Pan American Plaza, 619-231-2886. (BALBOA PARK)

**San Diego Museum of Man** Who are we? Where did we come from? Though we look so different, are we all related? "The Genographic Project" aims to unravel the tale that genes can tell: where we originated. Exhibition is mounted in partnership with National Geographic Society.

Permanent anthropology exhibit "Footsteps Through Time: Four Million Years of Human Evolution" features "more than a hundred touchable replicas of early humans, primates, and futuristic cyborgs (part human, part machine)." 1350 El Prado, 619-239-2001. (BALBOA PARK)

**San Dieguito Heritage Museum** The museum offers informative displays on the North County coastal history including Native Americans, early homesteaders, and recent times, as well as photographic collections and archives. 450 Quail Gardens Dr., 760-632-9711. (ENCINITAS)

**San Marcos Historical Society Museum** 270 West San Marcos Blvd., 760-744-9025. (SAN MARCOS)

**San Pasqual Battlefield State Historic Park** Commemorates the clash (on December 6, 1846) during the Mexican War between the U.S. Dragoons, bolstered by sailors and volunteers from San Diego, and California militia. Narrated slide-show screens throughout the day, telling the story of the war in Mexico and California. Self-guided tour recounts the events of the battle and profiles the leaders of the forces and also describes the lives of the Indians indigenous to the valley. 16666 San Pasqual Valley Rd., 760-737-2201. (ESCONDIDO)

**Timken Museum of Art** Permanent collection includes European old master paintings, 18th- and 19th-century American paintings, and Russian icons. *Saint Bartholomew*, the only Rembrandt painting on public display in San Diego, is featured. 1500 El Prado, 619-239-5548. (BALBOA PARK)

**Valley Center History Museum** The museum features an educational exhibition centered around a California grizzly bear, described as "the only one on view in San Diego." Also on exhibit: model of an 1862 settler's cabin, collection of Indian baskets, and aerospace display. 29200 Cole Grade Rd., 760-749-2993. (VALLEY CENTER)

**William Heath Davis House Museum** Museum is said to be the oldest surviving structure in the new town area of downtown San Diego. The house is a well-preserved example of a pre-framed lumber "salt box" family home, shipped from the East Coast to California by boat around Cape Horn in 1850. 410 Island Ave., 619-233-4692. (DOWNTOWN)

**Women's History Museum** 2323 Broadway, Suite 107, 619-233-7963. (GOLDEN HILL)

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# Claiming Space

*It used to be a dreary mess of rail lines, parking lots, and the dodgy Grant Park.*

A few years ago, when the Museum of Contemporary Art downtown converted the Santa Fe Depot's old baggage-claim area, it did what museums all over the country have been doing in recent years, from remote, high-desert Marfa, Texas, to malingering old New England mill towns: it created hangar-sized space for new, gargantuan art. To this chilly exhibition venue (now called the Jacobs Building), the Contemporary fastened a trim extension (the Copley Building) to house an auditorium and offices. The Jacobs' accommodations complement its pre-established, more compact sister building across the street at 1001 Kettner. The Red Line Trolley that ropes around both facilities creates a kind of circuitry and gives them a tenuous coherence. But then, MCASD's mother-ship displays its wares far off in La Jolla.

When the Museum of Photographic Arts expanded in the late 1990s — it moved to Balboa Park in 1983, after being a consortium of photographers and supporters that organized ad hoc exhibitions around town — it remained discreetly tucked inside the Casa de Balboa. Too discreetly, maybe: the quality of its exhibitions should be vacuuming up park visitors, but the

recessive site doesn't help. It certainly has a lot to offer. While you pony up the entrance fee you're already facing compelling imagery on the atrium wall, undistracted by the museum store

off to one side. (MoPA was brave to gently shove aside the museum-as-tchotchke-boutique concept.) The exhibition galleries

are sized and partitioned to let curators install tightly argumentative exhibitions, each discrete area a half-opened surprise gift. And yet MoPA doesn't *feel* like a major venue because it isn't freestanding.

Balboa Park comes closer than most places to being an available, centralized culture-cluster folded into mixed-use recreational space. For better or worse, though, its grandiose architectural homogeneity, the zoo, and the stadium-ish Aerospace Museum all create a vaguely theme-park ambience. On my trips from San Francisco to San Diego to cover the art beat, I've sometimes wondered how the city might design and situate a complex — this is zany fantasy, I know, but bear with me — that constellated its art facilities in one location (where else but harborside?) and streamed them into a mixed-use recreational space that made no concessions to theme park-ness.

## ART

W.S. DI PIERO



Cloud Gate

Recent visits to Chicago make me think that a working model for such a massive public project, anywhere really, would be the Millennium Park/Art Institute combo in the Loop. I've lived in Chicago and go often enough to have watched this visually harmonic entity take shape. First came Millennium Park, which opened in 2004. One block north, the Art Institute recently opened its new American Wing. The Park faces Michigan Avenue and hums with activity day and night. You'd never

know it used to be a dreary mess of commuter rail lines, parking lots, and the dodgy, druggy waste of Grant Park. When Chicago reclaimed what many call the city's "front yard," it was really refashioning its identity. If you plan a (post-winter) visit, it's the best place to start.

Millennium Park's salient forms announce its ambitions. The Music Pavilion's band shell, designed by Frank Gehry, wings out cowls of brushed stainless steel that look like sails catching the lakefront's unforgiving wind. Trellised

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bars leap from these billowing sheets and crisscross an oval fixed-seating area and lawn that can accommodate 11,000 listeners. Programming covers everything from Bach to funk to gamelan and jazz, so crowds come from all corners of Chicago's boisterous social mix. (And a dense mix it is: the city's 60618 zip code contains the most ethnically and racially diverse population in America.) The Music Pavilion spreads out behind a colossal stainless-steel sculpture, a pinched, pumped-up ellipsoid that the artist, Anish Kapoor, titled *Cloud Gate* but which elbows-on-the-bar Chicagoans immediately dubbed "the Bean." The curved surface of this trendy but classy bit of postmodernism reflects, as in a convex mirror, several blocks of Michigan Avenue's classic lineup of late 19th- and early 20th-century architecture lidded by the big prairie sky. Come late fall, an ice-skating rink throws off a fluorescent radiance, and it's a primal pleasure to watch young people do what they've always done at skating rinks: glide (or chop and stagger) hand in hand. When the weather warms and the rink closes, kids stomp around a wading pool (sufficient to splash in but impossible to drown in) bookended by Jaume Plensa's fanciful humane answer to the Bean's austerity: two 50-foot-high slabs of glass blocks behind which LED screens project changing



Plensa's picture fountain

photographs of faces of 1000 Chicago citizens. Every few minutes, a face's pursed lips jet water onto the heads of delirious kids.

I visited just a few months ago, again amazed that a city could get a public space so *right* and curious to see how the Art Institute's Modern Wing was integrated (or not) into Millennium Park's finely braided design and rhythms. Its architect, Renzo Piano — you can sample his work at the Los Angeles County Museum of Art's Broad Pavilion — wanted the building to stream out of Chicago's extraordinary architectural past and its topography. After the Great Fire of 1871, much

of the town was rebuilt with innovative steel-framed structures supporting wide expanses of glass. We think of Chicago as muscular and beefy, but it's also a city of supple lightness. It has a topographical order that pleases both eye and spirit. Piano reminds us that the city's layout matches true compass points: "When you look north, north is exactly what you see." True enough. When I eyeball the grand north-south axis of Michigan Avenue, whether streetwise or on the Bean, I feel somehow balanced and reassured by the orientation. Piano's idiom is composed mostly of very narrow columns with glass

draperies. His squared-off, ascetic structure sets itself apart from Gehry's and Kapoor's plumped forms, but he integrated his design with theirs via a "flying carpet," a floating truss-supported roof (assembled from 2656 curved blades) that peels up above the double curtain of glass that faces the park, as if prized up by the wind. Inside, the north-facing galleries, with their broad theatrical views of Millennium Park, create some strange effects. In one room, for instance, Giacometti's spindly figures look bounded by infinite space, but that made it even harder for me to forget that Giacometti's studio, where these things were

made, was about as large as the Modern Wing's men's room and that Giacometti's own rest room was an outdoor Turkish toilet. But that's just me.

At any rate, Piano believes that interior light should breathe as exterior light does, so photovoltaic cells embedded in the glass constantly adjust available light so that you don't suffer steady-illumination fatigue. Movement matters in other ways. For his structure to enter the dance already started by the happily functioning elements of Millennium Park, Piano designed an elevated 620-foot-long walkway that swoops over Monroe Street and "wires" the museum to the park: its stainless-steel cladding greets the material of the Music Pavilion and the Bean. Pause at a certain point on the ramp and you get a panoptic view of human experience. South is the art tabernacle that awaits your reverence. North you see Plensa's colorful slabs, Kapoor's shimmering punched pillow, and Gehry's gulls. Ranked east are the elegant, alert overseers constructed after the fire, and west — beyond the lush expanse of a now-vivacious Grant Park — is the great lake. The self-defining human artifice of art and architecture, the natural order of fields and lake — they're all right there. Then look down and see the world of hard industry, the remains of a Chicago that once was but exists now like glassed-

over excavations of Etruscan dwellings you see in Italian cities: rail lines, with a few dilapidated Amtrak coaches finally taking retirement. ■

## GALLERIES

**"Back Step Up"** See "multigenre art show" with work by Torreyanna Barley (graphite, ink, acrylic paint); Chobo (displaying his new movie, *Melodrum*); and CmeH6 (color photographs). 619-497-0912 or 858-205-7558. Friday, January 29, 7pm; free. Brokers Building Gallery, 402 Market Street. (DOWNTOWN)

**"Connectivity"** Opening reception for installation by Miya Hannan which "puts the viewer in harmony with its ethereal imagery and fluid compositions." Closes Thursday, February 25. 619-644-7299. Tuesday, February 2, 7pm; free. Hyde Art Gallery at Grossmont College, 8800 Grossmont College Drive. (GROSSMONT COLLEGE)

**"Love Is a Dog"** Reception for exhibition of "50 small paintings" by Dan Adams, along with "Unnatural Ways" by Anna Jenkins. Also on view: juried, awarded artwork from "Outstanding Visual Artists" of region. Through Sunday, February 21. 619-236-0011. Friday, January 29, 6pm; \$3. San Diego Art Institute: Museum of the Living Artist, 1439 El Prado. (BALBOA PARK)

**"M(other)land"** Opening reception for exhibition of work by Bay Area video artist Lauren Woods. "These works both reflect and question the quintessentially American impulse to draw on fiction and myth to make sense of individual identity in a fragmented world." Closes Saturday, March 20. 858-534-2107. Wednesday, February 3, 5pm; free. University Art Gallery at UCSD, 9500 Gilman Drive. (LA JOLLA)



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# Taste of the Tropics

Planning a trip to India years ago, I set my sights on the south of the country (Kerala and Tamil Nadu). Why? To eat. I'd heard that the southern food was really spicy and really good, and most of it lived up to that billing. It's a land of tamarind, coconuts, mangos (eaten young and sour as well as ripe and sweet), bananas, fresh-caught fish, of local-grown spices (particularly Kerala's fragrant, seductive cardamom), and of numerous varieties of hot peppers. The food can be simple and bland to the point of asceticism or overwhelmingly rich and complex. Just as the temples of Madras are covered with hundreds of brightly painted sculptures of the Hindu gods while the streets below them teem with crowds of mortals, some of the curries I ate were thronged with innumerable spices and condiments that formed unexpected harmonies.

India is just barely one country cobbled together by the British Empire: It's more diverse than Europe, with dozens of languages, hundreds of local dialects and regional subcultures, some 2000 ethnic groups, and two main sub-races, the Aryans of the north (descended from Euro-Asian invaders who arrived millennia ago) and the original, darker-skinned Dravidians, whom the Aryan invaders pushed to the south. That's the reason I've bemoaned the state of Indian restaurants in California since my return — we get lots of North Indian food but almost nothing from South India's distinctive cuisines. In all those cookie-cutter Punjabi menus (apparently modeled on the successful international chain Gaylord's), only the inevitable vindaloo (from Goa) is the token representative of the vast land mass south of New Delhi.

But now there's a new option to explore South India. Bombay in Hillcrest was the start of an empire of North Indian restaurants, expanding to Monsoon and Masala in the Gaslamp. Recently, the flagship moved across the street (to the former Corvette Diner space), and in its former



PHOTOGRAPH BY ALAN DECKER

digs, the Monsoon Group has opened Banana Leaf South Indian Restaurant. The room is handsome — wood tables and wood waffle-backed chairs, red banquettes, colored glass lanterns and wall-panels, but the lighting during dinner is too dim for full appreciation of the decor (or menu-reading).

Bamboo Leaf's menu includes the basic staple dishes of the south, plus an abridged selection of curries, each from a different subregion. All the appetizers are purely southern, too (don't look for samosas or pakora). The two best dishes of our meal were a pair of soups with a strong southern accent. Rasam is a tangy, spicy broth seasoned with tamarind, whole serrano chilis afloat along with diced vegetables, tiny soft lentils, and black mustard seeds. The spicing was a perfect medium-hot (plus there are those serranos to chomp on if you want to

ramp it up). Even better was a rich, turmeric-gold Keralese coconut soup with a tenderly grainy texture. Salty, with a pleasant edge of sourness, the broth included bits of onion, scallions, and tomatoes. The flavors were almost complex enough for an entire dinner.

*Chilli bhaji* are appetizer versions of Indian *chiles rellenos* —

smaller but hotter chilis (probably plump jalapeños) deep-fried in batter and stuffed with mashed potatoes. If you eat the half with the seeds and stem, you'll be swallowing fire. (When sharing an order, better cut the chilies vertically.) *Aloo bonda* is likable, with more mashed potatoes, this time fried in a lentil-flour batter and served, if I remember correctly, with "the chef's special chutney," a rich, thin brown sauce — basically a *sambar* (lentil gravy) — with whole raw serranos afloat. (We also ordered a chutney as-

## DINING REVIEW

NAOMI WISE

### Banana Leaf South Indian Restaurant

★★½ (Good to Very Good)

3975 Fifth Avenue, Hillcrest, 619-298-8888, [www.bananaleafsd.com](http://www.bananaleafsd.com).

**HOURS:** Monday–Sunday, 11:00 a.m.–2:30 p.m. lunch; 5:00–9:00 p.m. dinner.

**PRICES:** Appetizers and soups, \$5.95; *dosas* (crêpes) and *utthappam* (pancakes), \$6.95–\$9.95; curries, \$9–\$13; rice, \$2.95–\$4.95; breads, \$2.95; chutneys, \$2.95–\$4.95; desserts, \$3.50–\$6.95.

**CUISINE AND BEVERAGES:** Food from South India, including choice of vegetarian or "non-veg" curry garnishes. Wide selection of Indian beers (including Kingfisher on tap), a few wines, full bar with creative tropical cocktails, including nonalcoholic variations, plus Indian beverages.

**PICK HITS:** Coconut soup, *rasam* soup, *chilli bhajia*, *dosas*, and *utthappam* (vegetarian versions), Kerala curry with fish, rosewater *kulfi* ice milk. Good bet: Goa curry with lamb or chicken.

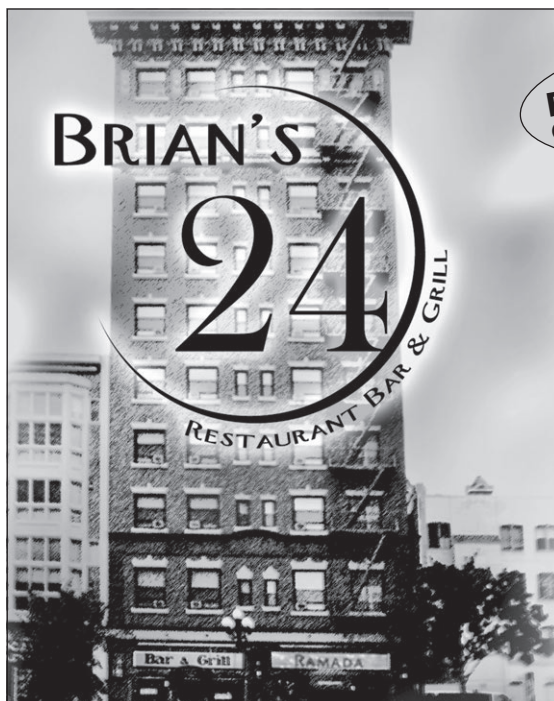
**NEED TO KNOW:** Validated parking in adjacent garage. Anglos ordering "hot" will likely receive low-medium spicing. Everything on menu vegetarian or vegan, with "non-veg" options available.

Ratings reflect the reviewer's reaction to food, ambience, and service, with price taken into consideration. Menu listings and prices are subject to change.

Go to [SanDiegoReader.com](http://SanDiegoReader.com) to find hundreds of past reviews.

sortment, so forgive the mild confusion about which chutney came with what.)

I didn't order either variation of the *vada*, lentil-flour dumplings, because they're always heavy and I just don't like them; I did order the *idli*, rice dumplings in tomato broth (as served here), but the kitchen was out that evening. *Idli* are sort of breakfast food, anyway. A mango salad was a waste of six bucks — an ordinary small green salad with a few mango slices, BFD.



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*Dosas* (plate-size thin crêpes) and *utthappam* (thick, lacy, rice-flour pancakes with gooey centers) are southern staples. In South Asia, from Sri Lanka to Nepal, silverware (beyond spoons) is pretty much confined to fancier restaurants with a significant percentage of foreigners among their clientele. Otherwise, the norm is eating with your right hand (this turns out to be pleasant and sensual, once you've sat on your left hand long enough to learn not to use it), and most restaurants have sinks right in the dining room for diners to wash up before and after meals. So, these crêpes and pancakes, when served "plain," often serve the same function as *injera* does in Ethiopian meals or tortillas in Mexican cuisine — as wraps to scoop up wetter foods. However, they're also frequently topped or stuffed with simple garnishes, to eat as self-contained vegetarian starters or main dishes. I wonder, next time, if I ignore the silverware and eat with my right hand, whether the staff will see that I'd spent time in India and might be seasoned enough in the cuisine to merit genuinely spicy cooking when I ask for it?

There are a zillion recipes for *dosas* and *utthappam* — regional recipes, tribal recipes, your grandma's, my grandma's, etc. In Madras (Chennai), *dosas* often combine rice flour with lentil flour for a more nutritive but heavier rendition. At Banana Leaf, the chef goes for the most refined version, with rice flour only. Foolish Yankee carnivore, I succumbed to the lure of a weighty minced-chicken stuffing. It would be

fine in another context but was ruinous to the delicacy of the crêpe. Similarly, with the *utthappam*, I chose the "chef's special" with a heavy, sweet topping of raisins, cashews, and minced veggies.

My mistake — shun the fancy *dosas*, go for the plainer ones! Next time, I'll choose the masala *dosa* (potatoes and *sambar* lentil gravy) or the Mysore *dosa* (with shredded beets and spinach, plus onion chutney) and for *utthappam*, the masala version (onions, tomatoes, peppers) or the jalapeño-and-onion version, if the topping is cooked, not raw. Or like a real Keralan, I might just get a plain *utthappam* and use it to sop up a curry.

If you're ordering these wraps in simple versions, consider adding the chef's plate of chutneys (tomato, coconut, tamarind) to garnish them. Lovers of fierce flavors may want to try an order of *achar*, hot-and-sour green mango and lime pickle, addictive if you develop a taste for it.

The menu offers a half-dozen curries from various southern regions, ranging from Hyderabad (in the state of Andhra Pradesh, just barely in the southern half, with a cuisine more similar to Punjabi than other southern states) on through Bangalore, Chettinad (a region in the state of Tamil Nadu), Goa, and Kerala. Protein choices include tofu, fish, shrimp, lamb, veggies, or the "mock duck" beloved of vegans who miss meat.

Our best choice was the Kerala curry with coconut water, chilies, ginger, and unspecified "spices." Kerala's "signature" dish is an incendi-

ary red fish curry, *meen mulligattath*. At the seaside in Ernakulam are a line of awesome onshore fishing rigs, soaring hand-cranked cranes with huge nets attached to their ends, set on the beach, each manned by about 20 loin-clothed men who dip the nets into the water and, a few minutes later, crank them back up filled with wriggling seafood. (A quick boat ride across the water from grungy "Erna" is the enchanting ancient spice-port of Cochin, with its small whitewashed buildings where huge heaps and sacks of cardamom seeds perfume the air near the harbor.) So I chose fish as the protein for the Keralese curry, not caring which species. Happily, it proved a steaky fish, probably sea bass thickly sliced into a smooth pinkish curry, as aromatic with cardamom as I'd hoped, the fish nicely cooked. The spicing was medium, despite our table's universal request for spicy dishes to be served really hot. (Next night, the leftovers had escalated to semi-hot.) It wasn't Kerala's famed fish curry (I think this one is called *meen molee*), but it was tasty.

It's hard to believe that, in a veteran chain like the Monsoon Group, the kitchen of its latest offshoot would be thrown off its stride by an order for a mere three curries simultaneously — but both our other curries were disappointing due to overcooking. Hyderabi curry (almonds, mint, yogurt, masala) is a natural for lamb, but the meat slices were dried out and the sauce somewhat congealed. The Chettinad curry (tamarind, curry leaves, garlic,

and ginger) was overthickened, too, with shriveled shrimp. Neither was remotely spicy. The default rice (served in lieu of the more exotic one we ordered) was Pullao (basmati, subtly amended with finely diced vegetables and gentle masala spices), and it was tender and buttery.

The service we encountered was sweet but discombobulated: lots of servers (three, plus a busboy) periodically fluttered around us. I think our original waitress could have handled it better without all the help. They were young, pleasant, attractive, but there seemed to be little communication — we had to repeat several requests more than once. Wine and beer arrived quickly, but three tablemates' booze-free cocktails, ordered early, while we were still working on our food order, required a reminder and didn't arrive until just before the appetizers. An order for an exotic rice dish with tamarind and peanuts didn't show up until the end of the meal, right before the table was cleared. (It was removed from our bill without our asking. However, the buser didn't box it up for take-home, so I barely got to taste it.) And you already know that our request for "spicy" went nowhere, unless you count the occasional raw whole chilies in chutneys. (Young male Texans of my acquaintance chomp raw chilies to prove their machismo. I am none of the above and believe hot peppers should generally be chopped up and cooked into something that will welcome and absorb them into a company of flavors.)

Banana Leaf has one of the most alluring dessert menus of local Indian restaurants. I liked the nutmeg-sprinkled pistachio *kulfi* (ice milk), with its classic fudgy texture, but my tablemates didn't (guess it's a developed taste). The rosewater *kulfi* had a smoother texture and floral aroma and vanished lickety-split. *Faloodi* is a dish of Medieval Persian origins, a sort of noodle-rosewater sorbet. Here, it's supposedly made with noodles, milk, rosewater syrup, and basil seeds, but where were the noodles? Were they puréed into the thick, fragrant sorbet? And carrot *halwa* (pudding) was a coarse mash that would make a great side dish for Bubble's pot roast, rather than dessert. Among the several sweets we didn't order is a whipped-cream coconut mousse, which I don't believe you're likely to encounter anywhere in India except, perhaps, at luxury hotels for foreigners.

Given the unexpected cooking and service glitches, I suspect that Bamboo Leaf hasn't quite matured. I look forward to trying it again a little further down the road. For one thing, they've got an intriguing curry from Goa: its contents are coconut milk, tamarind, cumin, and red chilis. "Vindaloo" was the culinary response of Goan cooks to the Portuguese colonists' introduction of vinegar, but tamarind fruit is the local sour ingredient of South India. Could this be a pre-Portuguese version of vindaloo? (And would they make it as spicy as an authentic vindaloo if you begged?)

If this report intrigues you,

there are two other restaurants serving South Indian food locally that I know of — neither sporting anything like Banana Leaf's relatively upscale decor. Frequented mainly by local Tamil families, Madras Café on Black Mountain Road serves an all-vegetarian menu emphasizing *dosas*, *utthappam*, *idli*, etc. As a family place, they don't make their food spicy, but you'll get several incendiary table sauces if you ask for them. And at the base of Horton Plaza, near the main garage entrance, is Gourmet India, specializing in the food of Mumbai but lightly and adeptly covering all regions, including a very tasty *utthappam*.

#### Good News Food Gossip:

Foodies living south of I-8 have a couple of causes to rejoice. Carl Schroeder, chef-owner of Market, is opening a city branch, taking over the Banker's Hill space vacated by Modus — tentatively naming it Banker's Hill. And at the Loewe's Coronado Bay Resort on the Silver Strand, famed French chef Marc Ehrler has taken over the food operations, hiring his old colleague Patrick Ponsaty (of BernardO's and El Bizcocho) to take charge of cooking at the beautiful Mistral. That sounds like a perfect fit. Look to April or so for both dreams to come true.

#### Bad News Gossip:

The wonderful fusion restaurant Jai, amidst the tall trees on the UCSD campus, is an endangered species and may soon close. If you want to taste the best soft-shell tempura crab ever, and the most exquisite marinated black cod, run there now. Maybe you can save it! ■

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# Moon Over My Taco

*Next light, Shanghai, China...or is it Kyushu, Japan? A long swim, whichever.*

Pacific Beach is more mysterious at night. Silent runners materialize like ghosts along the boardwalk, murmuring couples huddle in shadows, the odd drunken brown-bagger holds up a lamp-post, groups burst out of eateries like the Green Flash. Then you look west and you've got nothing but the Big Black. Next light, Shanghai, China...or is it Kyushu, Japan? A long swim, whichever.

Talk about the sublime and the ridiculous: a few paces away from all this heavy thinking and I'm in Bud Light–Britney Spears territory. Moondoggies.

Why? 'Cause it's Tuesday night, and just about every eatery in this town has turned Tuesday into Taco Tuesday. It's a phenom. And, hey, I'm not immune to a bargain.

Besides, once you get over the whole "this is just one big PBSB (Pacific Beach Sports Bar) meat-market thing," Moondoggies is quite a cool joint. There are sports playing on screens everywhere (42 of them, Deanna the waitress says), and guys are cruising, checking out the talent. The talent checks them out right back. So I get to a table and it's heads-down into the book of a menu. Stay out of trouble.

Wow. Lots of stuff. Like, pan-seared ahi for \$14.50, or rib-eye steak, \$19. But the deals are, like, everywhere. They've got those Taco Tuesday specials, starting with tacos, \$2 each, served from 11:00 a.m. until close. They include chicken, steak, fish, or shrimp, and you can get flour or double corn tortillas. Then you've got \$3 quesadillas. Cheese, chicken, steak, or shrimp. Also served all day. Plus, \$2.50 Dos Equis (no amber), and Sol, and check this out: \$3 house margaritas (\$5 for "specialty" ones).

All day. These guys even have a live comedy show happening tonight at 10:00.

"This used to be the Comedy Store, before Brett took it over," says Kerry. Turns out she's the manager. "Brett's a San Diego State alum. He started off with the Dog, a bar down here. Then he opened Moondoggies. Now he's opened Tower 23, the hotel on the beach, and he has Gringo's, and he's building in

places like Lake Havasu. Quite a guy."

I get things rolling with one of those house margaritas. And I order a fish taco. Ooh... shoulda come last night: Mondays, 5:00–10:00 p.m., they have \$4 build-your-own half-pound burgers. There's pretty much some way to eat and drink cheap every night, from a \$4 hummus-and-pita plate to \$6 nachos or fried calamari. Lunchtime, they have a mix 'n' match \$6 half-a-sandwich, wrap, pizza, or quesadilla, plus a side dish such as salad, pasta, onion rings, or soup.

The house margarita tastes great to me. Strong flavor and plenty of it. The taco comes with the double corn tortillas laid out flat, a pile of fish, lettuce, tomatoes, and cheese mounded on top. It's good, 'specially with the Cholula hot sauce Deanna brings. I'm already kinda full.

They're amping up the music. Rap. Sounds like Eminem. Guess this inside-outside part here was the Comedy Store. Out on the way-big patio, strings of lights give it a romantic look. I glug down the margarita and start dreaming about a Dos Equis and a quesadilla. The Dos Equis promo card set up around the salt and pepper shakers catches my eye. It says: "Always have a trick up your sleeve."

Huh. They're talking table-tricks. Looks

**TIN  
FORK**  
ED BEDFORD



Kerry

pretty neat. Like the one where you bet friends they can't remove a dollar bill from under an upside-down empty beer bottle. (The trick? Slowly, tightly, roll the bill up, letting the paper push the bottle.) Or how to remove pepper sitting on top of salt. (Solution? Rub a plastic straw hard on some cloth to generate static electricity, then hold the straw over the pile. The pepper will jump up, the salt won't.) This is when a bunch of ultra-cute blonde girls in cream head-scarves come around, stopping by each table. They ask if I'm drinking Dos Equis, say they have this \$1 certificate. Hey. My lucky night. So, when Deanna again appears, I order a shrimp quesadilla and what's now a \$1.50 bottle of beer. Cool.

When she comes back with the *cerveza*, I have to ask what da heck "Moondoggies," the

name, is about.

"You never saw *Gidget*?" she says, staring like I'm a visitor from the moon. "Moondoggie was her boyfriend. James Darren."

The shrimp quesadilla's fine, though the fish taco was da bomb. Luscious, tasty, plenty of sauce and cheese and salad to sex it up. By now, the place is turning into a sea of turned-around caps, and women with a finger in one ear and a cell phone in the other, and guys texting. So, either I get Carla down here or I go to her. Feel my wallet. Guess I'll go to her. I check the bill. Hmm... \$11.42. What about that dollar off the beer?

Whatever, I ain't complaining. It's a good deal for two dishes, two drinks, 42 screens, and thumping music they can probably hear over there in Shanghai, China. ■

**The Place:** Moondoggies, 832 Garnet Avenue, Pacific Beach, 858-483-6550

**Type of Food:** American

**Prices:** Weekend breakfasts like Simple Simon (three eggs with bacon, sausage, ham, potatoes), \$7.50; three pancakes, fruit, \$7; daily lunch special, mix 'n' match half-sandwich, wrap, pizza, or quesadilla, with side dish (salad, pasta, onion rings, soup), \$6; hummus and pita plate, \$4; nachos, \$6; fried calamari, \$6; Taco Tuesday tacos (chicken, steak, fish, shrimp), \$2 from 11:00 a.m. till close; quesadillas (cheese, chicken, steak, or shrimp), \$3, Tuesdays; \$4 build-your-own half-pound burgers, 5:00–10:00 p.m., Mondays only; pan-seared ahi entrée, \$14.50; rib-eye steak, \$19

**Bar Hours:** 11:00 a.m.–2:00 a.m., Monday–Friday; 9:00 a.m.–2:00 a.m., Saturday–Sunday; kitchen open till 10:00 p.m., Monday–Thursday; till 11:00 p.m., Friday–Sunday

**Buses:** 8, 9, 27, 30

**Nearest Bus Stops:** Mission and Hornblend (8); Garnet and Bayard (9); Bayard at Garnet (27); Mission and Felspar (30)

## Valentine's Weekend in Spain!

Friday, February 12, 7:30 pm  
Flamenco  
Dinner Show  
\$39<sup>50</sup> pp

Saturday, February 13, 7 pm  
Gipsy Fusion  
Dinner Show  
4-Course Meal \$59<sup>pp</sup>

Sunday, February 14  
Flamenco Dinner Show  
5-Course Meal \$69<sup>pp</sup>  
3 Restaurant Seatings: 4, 6, 8 pm  
2 Club Seatings: 5 & 7:30 pm  
(includes salsa lessons @ 9 pm)



Saturday & Sunday dinners feature our  
Heart-Shaped Cupidan Cake for Two.  
Call for more information and reservations!

\*Tax, tip & beverages not included.

"A feast for the palate and the eyes!" – Rachael Ray's Tasty Travels

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## RESTAURANT LISTINGS

A complete searchable list of over 600 restaurants is available online at [SanDiegoReader.com](http://SanDiegoReader.com). Price estimates are based on the latest information available for a midrange entrée. **Inexpensive:** below \$10; **moderate:** \$10 to \$19; **expensive:** \$20 to \$29; **very expensive:** more than \$30.

### Allied Gardens

**Brothers Family Restaurant** 5150 Waring Rd., Allied Gardens, 619-287-0880. All the staples: country-fried steak and eggs, pork chops with eggs, Grandma Jennie's pancakes with ham, bacon, and sausage — even hefty beef or tuna or turkey sandwiches with soup. Inexpensive.

### Alpine

**Fred's Old Fashioned Burgers** 2754 Alpine Bl., Alpine, 619-445-1264. You get a bang for your burger buck, from the junior burger to quarter-pounders and half-pounders to Fred's three-quarter-pound "monster burger." Even the BLT sandwich comes loaded with six slabs of bacon. Inexpensive.

### Baja

From the United States use the prefix 011-52 when calling Mexico.

**Cien Años** Calle Jose Maria Velazco #1407, Tijuana, 664-634-3039. Mexican haute cuisine, with complex sauces based on Mexican ingredients including tropical fruits, nuts, and chili peppers. Treats: mushrooms steeped in beef marrow, crocodile-meat mini tacos, posole with crabmeat. Moderate.

**Happy Face Restaurant** In Plaza Viva Tijuana (near Yellow Cab parking area), Tijuana. Breakfast (all day) includes *chilaquiles* with chips doused in cheese, a thin steak, frijoles, rice, chips, salsa, coffee, and a house salad. Inexpensive.

**Manzanilla** Boulevard Teniente Azueta #139, Ensenada, 646-175-7073. Sophisticated "nuevo" Mexican cuisine at this Euro-style bistro features seasonal menus with fresh-caught seafood, locally grown vegetables, and

mesquite smoke from the wood-burning grill. A spectacular rib-eye steak, tender and intensely beefy, is a constant. Moderate.

**El Nido** Boulevard Benito Juárez #67, Rosarito, 661-612-1430. In a restaurant full of caged birds (and a patio with free birds a-wing), enjoy sublime mesquite-grilled aged steaks, quail with garlic sauce, or venison — especially the savory *machaca de venado* (meat strips with peppers, onions, and tomatoes). Mostly moderate; cash only.

**Rica Torta** Niños Héroes Avenida #890, Tijuana, 664-685-8579. This café may have the best *tortas* (call them Mexican-style hamburgers) in Tijuana. Six-inch rashers of marinated carne asada, slices of ham, squares of cheese, chopped salad, tomato slices, fresh-scooped avocado. Inexpensive.

**Salón Azteca** Rosarito Beach Hotel (south end of Blvd. Benito Juárez), Rosarito, 661-612-1111. This fabled old hotel's all-you-can-eat Sunday brunch buffet offers a great excuse to check out the gorgeous architecture and meet other travelers in town. Somewhat expensive for the area.

### Banker's Hill

**Hexagone** 495 Laurel St., Banker's Hill, 619-236-0467. This urban spin-off of Rancho Bernardo's French Market Grille offers provincial "bourgeois cuisine" (snails, frog legs, bouillabaisse) nearly identical to that of the mother ship — including the inconsistent nightly quality. Moderate to expensive.

**Hob Nob Hill** 2271 First Ave., Banker's Hill, 619-239-8176. All-day breakfasts and sandwiches, and at dinner, while there are à la carte choices, affordable three-course prix fixe dinners (with a regular entrée for each day of the week, Mom style) are the order of the day. Inexpensive to low-moderate.

### Bay Park

**Bay Park Fish Company** 4121 Ashton St., Bay Park, 619-276-3474. Go big (surf 'n' turf can cost you thirty-plus) or small: a filling seafood stew or the panko-crusted halibut tacos go for \$10. Lunch, dinner daily. Inexpensive to expensive.

## 50% off sushi

Dine-in only. 5-item minimum order per party. Selected items only.

**Sushi - Tempura - Teriyaki - Noodles**



**Mikko**  
Japanese Cuisine

Low cholesterol, low fat, no MSG

1025 Carlsbad Village Drive  
760-730-0088

### Borrego Springs

**Olde Homestead Fudge Co.** 590 Palm Canyon Dr., Borrego Springs, 760-767-7782. The chocolate walnut fudge is delicious, but the masterpiece when in season is the Date Shake — a cold quaff that's ambrosial on a hot afternoon. Inexpensive.

**Pablito's of the Desert** 590 Palm Canyon Dr., Borrego Springs, 760-767-5753. The most authentic dishes come from the Specialties section of the menu, including a good pork in green chile sauce, enchiladas, and *chilaquiles*. Inexpensive to low-moderate.

### Cardiff

**Beach House** 2530 S. Coast Hwy. 101, Cardiff, 760-753-1321. Branch of a beachy mini-chain. Great oceanfront view, but stay with the simplest foods — burgers, steak, unfussy eggs. Weekend brunch moderate, dinner moderate to very expensive.

### Carlsbad

**Fidel's Carlsbad** 3003 Carlsbad Bl., Carlsbad, 760-729-0903. It's not upscale modern Mex, but who gives a flyin' fajita when you can order just about any

traditional SoCal-Mexican dish and know it's gonna be good? Inexpensive.

**Vivace** 7100 Four Seasons Point, Carlsbad, 760-603-3773. First-class ingredients enliven skillfully executed Italian haute cuisine — think Medici princes, not *mamma mia*. Four-course tasting dinner a relative bargain, but wine list may blow the budget. Moderate (pastas) to very expensive.

### Carmel Valley

**Jimbo's, Naturally!** 12853 El Camino Real, Carmel Valley, 858-793-7755. Organic grocery chain with prepared foods to go. Best deals at the hot case are usually the daily specials, like vegan seitan stew (a low-fat meat sub-




## Peruvian & Brazilian Cuisine

"Fascinating... delicious... authentic!" — S.D. Reader  
"Latin Chef has quickly become dear to the hearts of locals."  
— CityBeat

### 50% off

2nd entrée with purchase of 1 entrée of equal or greater value and 2 drinks. Expires 3/4/10.



**Latin Chef** RESTAURANT  
1142 Garnet Ave., Pacific Beach  
858-270-8810 • [www.thelatinchef.com](http://www.thelatinchef.com)



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Mon.-Thur. (11 am-4 pm) All day Tues.  
only **\$9.99**



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Monday-Thursday only **\$3**

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**\$5 Off** \$20 purchase or more. | **\$10 Off** \$40 purchase or more.  
Offers valid at Pacific Beach location only with this ad. Max one coupon per table per party. Excludes all specials. Not valid with any other offers or on holidays. Expires 2/11/10.

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**Gasbar's**  
(858) 488-7311

3768 Mission Boulevard • Mission Beach

**\$16\* off**  
Second Entree

## Twosomes Dinner Hour

Monday - Friday  
5:00-7:00 pm

Buy any dinner entree and get a second entree of equal or lesser value discounted up to a max value of \$16\* with this coupon

15% gratuity will be added to the total before discount. Not valid with any other specials or promotions. No to-go orders.

Offer expires February 28, 2010.

## The Best Value on the Beach! Restaurant Week continues...3 courses \$30

### 8 Appetizers including:

Maryland-style Crab Cake  
Hawaiian Ahi Sashimi  
Bacon-wrapped BBQ Shrimp Skewer

### 8 Entrées including:

Filet Mignon • Maine Lobster Thermidor  
Hoisin-glazed Scottish Loch Duart Salmon  
Georges Bank Diver Sea Scallops

### Homemade Desserts

New York Cheesecake • Vanilla Bean Cream Brulée • Tiramisu

## AVAILABLE ALL NIGHT, EVERY NIGHT!

Offer expires February 10, 2010.

### Nightly Sunset Specials

4:30-6:30 pm • \$11.95-\$19.95

### Lunch

Monday-Friday 11 am-2:30 pm

### Daily Happy Hour

Specials from \$2.95 • 4-7 pm

### Champagne Brunch

Saturday & Sunday 9 am-2:30 pm



2530 South Coast Highway 101 • Cardiff-by-the-Sea  
760-753-1321 [thebeachhouse.com](http://thebeachhouse.com)



# Calendar

## RESTAURANTS

stitute) or Shelton’s jerk turkey in fig sauce. Inexpensive to moderate.

**Oggi’s Pizza & Brewing Co.** 12840 Carmel Country Rd., Carmel Valley, 858-481-7883. Several San Diego locations. House-made brewskis and American-style pizzas, with thick, slightly sweet crusts, many with elaborate toppings. Also pub grub and vaguely Italian food. Inexpensive.

**Sammy’s Woodfired Pizza** 12925 El Camino Real, Carmel Valley, 858-259-6600. Additional locations in La Jolla, La Mesa, Mission Valley, University City, and Downtown. The crusts are Californian: thick and slightly sweet. The toppings range from ordinary to exotic. The menu includes many salads and a handful of American-Italian entrées. Inexpensive.

**Spices Thai Café** 3810 Valley Centre Dr., Carmel Valley, 858-259-0889. Additional locations in Mira Mesa and Rancho Bernardo. Not only elegant, but the food contains no MSG and very little fat. The seafood dishes rate highly. Among other delicacies are duck and frog legs. Inexpensive to moderate.

### Chollas View

**Asia Café** 4710 Market St., Chollas View, 619-527-1917. Rare Laotian restaurant’s dishes include the famous *larb-kai* (chicken salad with hot peppers, lemon grass, and sticky rice). Inexpensive.

**Thai Garden** 110 47th St., Chollas View, 619-527-8890. They do Thai here, but cognoscenti come for the Lao cooking. This place is the town’s unofficial Lao Embassy, and the *larb* and

fresh-pestled green papaya salad are the real thing. (A great place for buying Lao silks, too.) Inexpensive.

### Chula Vista

**The Family House of Pancakes** 562 Broadway, Chula Vista, 619-425-5133. Famous for Grandma’s buckwheat pancakes, banana-pecan pancakes, and rolled pancakes. Other good bets: deluxe burger with french fries, tomatoes, and house sauce, and grilled tuna sandwich with fries. Inexpensive.

**Miguel’s Cocina** 970 Eastlake Parkway, Chula Vista, 619-656-2822. Additional locations in Coronado and Point Loma. Soups are built on fine stocks, salads can be vibrant, and seafood is treated so tenderly that the shellfish-stuffed tortilla concoctions (shrimp enchiladas, lobster burritos) are luscious. Great for kids. Moderate.

**Zorba’s Greek Buffet** 100 Broadway, Chula Vista, 619-422-8853. Families are here for the buffet, spooning up the *spanakopita* (spinach in flaky pastry), dolmas (ground beef and rice rolled in grape leaves), moussaka (eggplant, zucchini, and ground beef), and lamb. Inexpensive.

### City Heights

**Asmara Eritrean Restaurant** 4155 University Ave., City Heights, 619-677-3999. Similar to Ethiopian food, with a long, interesting menu, including a fine three-meat combo platter, luscious veggies. Seasoned to your specifications: “hot” means “hot!” Cash only. Inexpensive.

**Canada Steak Burgers** 3604 University Ave., City Heights, 619-283-4345. Run by a Greek-American family for 30 years, their hamburgers and especially

their steak burgers are nicely seasoned and a great value. Interesting Greek choices include gyros souvlaki (skewered lamb), chicken kebabs. Inexpensive.

### College Area

**D.Z. Akin’s** 6930 Alvarado Rd., College Area, 619-265-0218. A full range of European-Jewish specialties including deli meats and smoked fish, house-baked breads and pastries, huge sandwiches and dinner entrées (including a lively Rumanian skirt steak and an ethnic sampler platter). Moderate.

**The Living Room Café and Bistro** 5900 El Cajon Bl., College Area, 619-286-8434. Additional locations in Old Town, Point Loma, La Jolla, and National City. This Swiss-owned café is a student hangout with good breakfast food in huge quantities. Try “The Works” omelet. Inexpensive.

**Toshi Sushi** 5943 El Cajon Bl., College Area, 619-287-3536. The tempura special roll takes battered whitefish and wraps it around the seaweed casing, which is filled with whitefish and garnishes. The Johnny roll shows octopus at its most tender. Inexpensive to moderate.

### Coronado

**Bino’s European Coffees and Crepes** 1120 Adella Ave., Coronado, 619-522-0612. House-baked breads and croissants and crunchy imaginative sandwiches like the Brie Fantasy (Brie, chicken, roasted peppers). Bino’s Austrian wife makes great Viennese-style coffee. Inexpensive.

**Burger Lounge** 922 Orange Ave., Coronado, 619-435-6835. Additional locations in Kensington and La Jolla. Their Tallgrass beef is juicy, tastes

sweeter, and comes only from grass-fed cattle. Inexpensive, if you avoid extras like fries and onion rings.

**Lil’ Piggy’s Bar-B-Q** 1201 First St., Coronado, 619-522-0217. They call themselves “Memphis style” and indeed cook their meats and tender chicken in a hickory-fueled smoker. Consistency problem — some days you taste smoke, other days not a whiff. Local delivery available. Moderate.

**Primavera Ristorante** 932 Orange Ave., Coronado, 619-435-0454. Classic fine Italian cooking with creative nightly specials. Stuffed pastas are made in-house and rolled thin, gnocchi are expertly crafted, and entrées are more interesting than the appetizers. The *osso buco* is outstanding, as is a summertime special of white king salmon. Expensive.

**Village Pizzeria** 1206 Orange Ave., Coronado, 619-522-0449. Mootime Creamery owner David Spatafore decided to set up a cheap, back-east Italian, red-and-white tablecloth, dangle-gling-Chianti-bottle eatery where local families and amateur sports teams can come in and pig out on great pizza and calzone. Inexpensive.

### Del Mar

**Il Fornaio** 1555 Camino del Mar, Del Mar, 858-755-8876. Also 1333 First St., Coronado, 619-437-4911. Regional Italian dishes range from *filatino con bisteccina* (thin grilled steak on a baguette with creamy Dijon and salad) to a mesquite-grilled 22-ounce *bistecca alla fiorentina*. Great breads, of course. Moderate.

**Shimbashi Izakaya** Del Mar Plaza, 1555 Camino Del Mar, Del Mar, 858-523-0479. Izakaya-style restaurant and sake bar with ocean-view dining serving fusion sashimi, tempura, shiitake

seafood sandwich, sushi rolls, grilled yakitori, and desserts.

### Downtown

**Anthony’s Fish Grotto** 1360 N. Harbor Dr., Downtown, 619-232-5103. Additional locations in La Mesa and Chula Vista. 18 fish to choose from, available seasonally, most prepared simply. Moderate.

**Anthony’s Fishette** 1360 N. Harbor Dr., Downtown, 619-232-5103. Fast fish, mainly fried, but the clam chowder — New England or Fisherman — is fresh, thick, tasty. Inexpensive.

**Brickyard Coffee and Tea** 675 G St., Downtown, 619-696-7220. You sit under poplar trees in a brick patio — and except for the wind, it’s blissfully silent. With light fare like quiche, salads, and *panini*, it’s the nearest thing to a French country café downtown. Inexpensive.

**Buster’s Beach House & Longboard Bar** 807 W. Harbor Dr., Downtown, 619-233-4300. The real Buster surfed the world — Baja, Oahu, Fiji, Naples, Ocho Rios, Phuket. Here there’s a surfer-pub dish from each of those waters, not one of them authentic. Bay view. Prices cover the waterfront.

**Le Cake Château** 1152 Seventh Ave., Downtown, 619-325-0977. This true French pâtisserie offers golden croissants, gorgeous pastries, and terrific lunches including *croque monsieur* (grilled ham-and-cheese sandwich covered with a Mornay sauce) and crepes with seasonal fruit and sweet cream cheese. Inexpensive.

**Cheese Shop** 427 Fourth Ave., Downtown, 619-232-2303. Also 2165 Avenida de la Playa, La Jolla, 858-459-3921. Not much retail cheese anymore. They still have all-cheese sandwiches but now specialize in overstuffed spit-roasted meat sandwiches like lamb and roast beef. Inexpensive.

**Chopahn Authentic Afghan Cuisine** 750 Sixth Ave., Downtown, 619-236-9236. Enjoy grilled-to-order marinated meats (especially lamb), stews, rice dishes, and appetizers like leek ravioli (*aushak*), leek or meat turnovers (*bulanee*), and battered vegetables (*pakawra*). Moderate.

**City Pizzeria** 1125 Sixth Ave., Downtown, 619-531-0955. Definitely West Coast pizza, with specialties like the Ranch Chicken pie with garlic chicken, basil, and ranch dressing, or the BBQ chicken with pineapple, red onion, BBQ sauce, and mozzarella. Inexpensive.

**Croce’s** 802 Fifth Ave., Downtown, 619-233-4355. Live music comes free with dinner. Seasonal, creative menu, but simple dishes are best here, like the shrimp carbonara fettuccine in white garlic cream sauce. Fun people-watching from window tables. Expensive.

**Jsix** 616 J St., Downtown, 619-531-8744. The chef’s charcuterie — sausage, cured beef, and smoked ham — is impossible to pass up. Waitstaff talks up the seafood, but the beef dishes are better — rib eye and Angus short ribs, especially. Grazing meals moderate to expensive, full dinners very expensive.

**Maryjane’s Coffee Shop** Hard Rock Hotel, 207 Fifth Ave., Downtown, 619-764-6950. Back to the ’50s with frozen peas and instant-tasting mash. The meaty meat loaf may improve on Mom’s, but the chicken pot pie is barely better than Morton’s. Moderate.

**Ocean Room and Lounge** 630 Fifth Ave., Downtown, 619-501-6550. Pleasant dishes include mussels *marinière*, Cajun seafood pasta, seafood pan roast, and Fanny Bay oysters on the half-shell. Or try the oyster shooters. Expensive (but less than average for the neighborhood).

**Operacaffe** 835 Fourth Ave., Downtown, 619-234-6538. True Tuscan cuisine, not austere but simple and sensual, priced for a song — with salads to sing about, unique Florentine home



## 10" 1-topping pizza \$5

Some restrictions.

**Ocean’s Pizzeria**  
Pacific Beach: 4150 Mission Blvd.  
866-580-1414



## 50% off entrée

Buy one entrée and get second of equal or lesser value 50% off. Some restrictions.

**Bird Rock Pizza & Sports Grill**  
La Jolla: 5373 La Jolla Blvd.  
858-456-2473



## Free NY style deli entrée

With the purchase of any entrée of equal or greater value and two beverages. Some restrictions.

**Elijah’s Restaurant**  
La Jolla: 8861 Villa La Jolla Dr.  
858-455-1461



## 50% off Extreme Pizza

Buy one pizza and get a second pizza for 50% off.

**Extreme Pizza**  
La Jolla: 834 Kline St.  
866-264-0533



## Free large cheese pizza

With purchase of another large pizza at the regular price of \$15. Not valid with any other offer. Valid with coupon only. Some restrictions.

**Pizza Pronto**  
La Jolla: 7556 Fay Ave.  
888-895-5606



## \$2 off lunch \$3 off dinner

**All-You-Can-Eat**  
\$5 off min. purchase of \$25. \$10 off min. purchase of \$40. One coupon per customer. Sat/Sun/Holiday dinner price. Not valid with any other discount. Clairemont location only.

**VIP Oriental Buffet**  
San Diego: 5541 Clairemont Mesa Blvd. (In Madison Sq. Plaza, west of 805)  
858-571-8473



## Free 3-oz. frozen yogurt

With minimum \$3 purchase. Not valid with any other discount.

Boba • Tea • Smoothies • Coffee Sandwiches • Spring Rolls

**Yum Yum Yo**  
San Diego: 4444 El Cajon Blvd, Ste. 1 (Next to Hoover High)  
619-487-9399



## 50% off entrée

Buy one entrée at regular price and get a second entrée of equal or lesser value for half off.

**Skewers**  
Mira Mesa: 9254 Scranton Rd., Ste. 106  
858-658-0109



## Free Italian entrée

With purchase of any entrée of equal or greater value and two beverages. One coupon per table. Dine-in only. Max value \$10. Lunch specials not included. Not valid with any other offer or on holidays.

**Da Nino’s**  
Bay Park: 410 Ashton St.  
619-275-0321 • 619-275-4395



## Free special sushi roll

Buy one special roll and get a second of equal or lesser value free.

Our special rolls include the rainbow roll, fire roll, caterpillar roll and more!

**Convoy Sushi & Fish Market**  
Keamy Mesa: 7905 Engineer Rd.  
858-634-3233



## Free sushi roll

With purchase of a sushi roll of equal or greater value and two beverages. Maximum value \$12.95. Dine-in only. Not valid during Happy Hour. Some restrictions.

**Nami Sushi Bar & Fusion Japanese**  
Hillcrest: 501 University Ave.  
619-297-7888



## Free Mexican entrée

With purchase of a second entrée of equal or greater value and two beverages. Maximum value \$7. Some restrictions.

**El Indio**  
Mission Hills: 3695 India St.  
619-299-0333



dishes, and sublime seasonal specials. This one's for us, not conventioners. Low-moderate.

**Organic to Go** 1143 Sixth Ave., Downtown, 619-236-0086. Lunch for most is a lunge at the salad bar, but they make a cheddar albacore tuna melt, a toasted meat loaf sandwich, and a vegan Thai-style veggie wrap. Other interesting dishes include mango-chutney-curry chicken salad sandwich. Inexpensive.

**Osteria Panevino** 722 Fifth Ave., Downtown, 619-595-7959. The glory days have passed, but starters (mozzarella campagnola, fritto misto) still shine, and pastas can be excellent. Osso buco with marrow is best entrée. Try the lemon torte, leave the cannoli. Expensive on up.

**Roy's** Marriott Hotel, 333 W. Harbor Dr., Downtown, 619-239-7697. Also 8670 Genesee Ave., La Jolla, 858-455-1616. Our outpost of top Hawaiian chef Roy Yamaguchi's ever-expanding chain, serving Pacific Rim fusion and sushi on a daily changing, seafood-oriented menu. End with the signature chocolate soufflé. Very expensive.

**Royal India** 329 Market St., Downtown, 619-269-9999. Standard North Indian Sikh menu. The lunch buffet costs a bit more than rock bottom, but is a decent deal if you care about flavor — none of the dishes have that sludgy sameness that mars cheaper buffets. Moderate to expensive.

**Sadaf** 828 Fifth Ave., Downtown, 619-338-0008. Also 613 Pearl St., La Jolla, 858-551-0643. Good Persian food, better at the more adult-oriented L.J. branch. Try skewers of chicken or ground filet mignon with rice or salad, or *albalou polo* (rice, dried cherries, and chicken). Inexpensive to moderate.

**Suite & Tender** Hotel Sè, 1047 Fifth Ave., Downtown, 619-515-3003. Celeb chef Christopher Lee officially presides — phoning it in from Manhattan. Cocktails are more creative than the corpo-

rate, Vegas-created “pick hits” menu. Fine raw bar and surf ‘n’ turf combos won’t rock your world. Expensive.

**Tabule** 535 Fourth Ave., Downtown, 619-238-0048. Offshoot of popular Tijuana restaurant offers eclectic, Mexican-based global fusion including fine steaks, duck, seafood, in unexpected preparations — with glimpses of the owner's native Persia and Southeast Asia. Long menu is made for play, no boredom. Low-moderate to expensive.

**Toscana Café and Wine Bar** 238 Fifth Ave., Downtown, 619-231-5788. This clubby bistro/coffee/wine place offers reasonable breakfasts with organic coffees, lunch specials, and elegant happy-hour specials on bites, wines, upscale beers. Inexpensive to moderate.

**Vela** 1 Park Boulevard (at Harbor Drive), Downtown, 619-564-3333. “Farm to fork” local-grown dinners include surprise international luxury ingredients, and first week of the month offers a bargain prix fixe exploring a national cuisine. Vibrant starters and lush desserts could make a great grazing meal with a view. Expensive, but not very.

Over 900 more  
restaurant listings at  
SanDiegoReader.com



**The Westgate Room** Westgate Hotel, 1055 Second Ave., Downtown, 619-238-1818. New, less-formal dining room brings air and modernity to a formerly stuffy venue. Skip the old menu classics; French chef Fabrice Hardel uses modern techniques to create thrilling, fresh seafood dishes with pleasure-value well beyond their price. Upper-moderate to very expensive.



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sweetheart on  
Valentine's Day with our  
special menu & price!  
Open all day  
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**New! Top Sirloin Steak**  
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**& Teppanyaki Grill!**

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Best Japanese/Sushi  
Restaurants  
for the past 10 years!**  
—Union-Tribune Readers' Poll

Catch all the sports on our TV's while enjoying your meal!

# 10% off\* the world's largest Japanese seafood buffet

**Seniors** (over 65) **20% off** (Dinner only)  
**Children** (5 feet and under) **50% off** or more from adult price

45 kinds of sushi | 20 selections of salad | sashimi | fresh salmon  
18 different hot food entrées including beef, chicken and pork  
shrimp tempura | green lip mussels | Japanese noodle soup  
fresh seasonal fruit | 20 delicious French-style desserts  
and much, much more!

**Evening menu selections also include: Maine  
lobster, jumbo shrimp, crab legs and oysters**

Lunch	Dinner
Mon.-Fri. 11:30 am-2:30 pm	Mon.-Fri. 5:30-9 pm
Sat. 11:30 am-2:30 pm	Sat. 5-9 pm
Sun. 11:30 am-3 pm	Sun. 5:30-9 pm

**Party platters and catering  
now available.**

\*Valid only Mon. through Thurs.  
with ad. Not valid on holidays or  
with any other offers.

**Expires 2/11/10.**



2828 Camino del Rio So.  
(off Fwy 8 @ Texas St. S.,  
left on Camino del Rio S.,  
under the 805 overpass)  
**619-299-8996**

[todaisandiego.com](http://todaisandiego.com)



## Free taco

With purchase of \$5 or more. Not to  
be combined with any special offers  
or coupons. Extras not included.  
Limit one coupon per customer.

**Sombrero Mexican Food**  
Visit [www.sombreromex.com](http://www.sombreromex.com)  
to find a location near you!

Expires 2-18-10 • Coupon code: G1FSDR

Central | East | North



## Free Thai entrée

With purchase of an entrée and two  
drinks. Dine-in only. Excludes lunch  
special. One per table. Maximum  
discount of \$8. Some restrictions.

**Thai Time II & III**  
Midway: 3545 Midway Dr.  
619-224-3245  
Clairemont: 4310 Genesee Ave.  
#111 • 858-278-4949

Expires 2-18-10 • Coupon code: G1FSDR

Central



## Free Sizzler entrée

Up to \$10.99. Purchase one adult  
entrée with two beverages and  
receive one adult entrée of equal or  
lesser value free.

**Sizzler**  
San Diego: 2855 Midway Dr.  
619-224-3347  
Escondido: 355 N. Escondido Blvd.  
760-741-2568  
Oceanside: 3805 Plaza Dr.  
760-630-1551

Expires 2-18-10 • Coupon code: G1FSDR

Central | North



## \$1 off Indian buffet

Limit one per customer.

**Sher Punjab Indian Cuisine**  
Mira Mesa: 9254 Scranton Rd.  
Ste. 102 • 858-458-2858

Expires 2-18-10 • Coupon code: G1FSDR

Central



## Free pasta, ravioli or lasagna dinner

With purchase of a pasta, ravioli  
or lasagna dinner and two drinks.  
Some restrictions. Valid Sun.-Thurs.  
Dine-in only.

**Mona Lisa Italian Foods**  
Del Cerro: 5156 Waring Rd.  
619-286-2242

Expires 2-18-10 • Coupon code: G1FSDR

Central



## \$5 off Mexican cuisine

Any check over \$25.  
Some restrictions.

**Casa Machado**  
College Area: 6390 El Cajon Blvd.  
619-287-6858  
Montgomery Field:  
3750 John J. Montgomery Dr.  
858-292-4716

Expires 2-18-10 • Coupon code: G1FSDR

Central



## Free Mexican combo plate

With purchase of a combo plate  
of equal or greater value and two  
drinks. Some restrictions. Valid  
Mon.-Thurs. only. Only combos 1-16.

**Emiliano's Mexican**  
Del Cerro: 6690 Mission Gorge Rd.  
Ste. E • 619-284-2460

Expires 2-18-10 • Coupon code: G1FSDR

Central



## Thai dinner for two \$20

Pick one appetizer and two entrées.  
Served all day. Ask for menu options.  
Not valid with any other offer.  
Some restrictions.

**Basil Thai**  
College: 5157 College Ave.  
619-582-THAI  
La Mesa: 8680 Navajo Rd. #104  
619-460-THAI

Expires 2-18-10 • Coupon code: G1FSDR

Central | East



## Free Thai lunch or dinner

With the purchase of any entrée  
of equal or greater value and two  
beverages. Up to a \$10 value. Not  
valid on holidays. One per table.

**Jade Thai Cuisine**  
Mission Gorge: 10330 Friars Rd.  
#105 • 619-280-4048

Expires 2-18-10 • Coupon code: G1FSDR

Central



## Free Asian fusion entrée

Buy any lunch or dinner entrée and  
two beverages, receive a second  
entrée of equal or lesser value free.  
Some restrictions.

**Khan's Cave**  
Kearny Mesa:  
9350 Clairemont Mesa Blvd., Ste. F  
858-279-9799

Expires 2-18-10 • Coupon code: G1FSDR

Central



## \$7<sup>99</sup> Indian lunch buffet

11 am-3 pm. Reg. price \$8.99. Limit  
one per customer. Buffet includes  
Paneer Tikka Masala, Tandoor  
Chicken, Beef Boti, Naan and more.

**Village Indian Cuisine**  
San Diego:  
9187 Clairemont Mesa Blvd.  
858-874-3663

Expires 2-18-10 • Coupon code: G1FSDR

Central



## Free buttermilk pancakes

Short stack with purchase of two  
entrées. May not be combined with  
any other offer. One coupon per  
table. Not valid on holidays.

**The Trails  
Neighborhood Eatery**  
San Carlos: 7389 Jackson Dr.  
619-667-CAFE

Expires 2-18-10 • Coupon code: G1FSDR

Central



# Calendar

## RESTAURANTS

### East Village

**La Casita** 1247 C St., East Village, 619-531-0044. Some of the best *chorizo con huevos* (spicy pork sausage with eggs) in town. Most delicious is watching Anglo city-hallers trying to love the house-made menudo (tripe soup). Inexpensive.

**J. Wok** 744 Market St., East Village, 619-231-1088. Brave attempt to fuse Asian and American foods. Eat on the sidewalk or inside under *The Tiger* (a great mural by local artist Mark Richmond). Try the “Modern Mix” side of the menu — with, say Korean BBQ getting the Philly treatment — or the “Traditional” side, with standards like pad thai. Open daily, lunch till late. Inexpensive.

**Lotus Thai** 906 Market St., East Village, 619-595-0115. Also 3761 Sixth Ave., Hillcrest, 619-299-8272. The chefs are from northwest Thailand, and something in their cooking hints of their region — a zestiness, a love of strong citrus and herbs — evokes the Ping River and the hills of Chiang Mai. Low-moderate.

**Neighborhood** 777 G St., East Village, 619-446-0002. This mainly male-patronized, rackety gastro-pub’s menu centers on fine half-pound burgers, plus steak tartare, sweet potato fries with bleu cheese curls, creative deviled eggs, mac ‘n’ cheese, and big, interesting salads. Inexpensive to very low-moderate.

**Pokéz Mexican Restaurant and Vegetarian Cuisine** 947 E St., East Village, 619-702-7160. Hipster atmosphere and mainly Mexican vegetarian

fare (with some carnivore dishes like steak ranchero or sautéed chicken fajitas). Inexpensive.

**Zanzibar Café** 707 G St., East Village, 619-230-0125. Also 976 Garnet Ave., Pacific Beach, 858-272-4762. Casual food until 11pm or later. The three-egg breakfast scramble is great. So are the avocado fontina cheese omelet and eggs Benedict with non-Canadian bacon, and the indulgent blueberry buttermilk pancakes. Inexpensive.

### El Cajon

**Ali Baba Restaurant** 421 E. Main St., El Cajon, 619-442-3622. Chaldean specialties served until midnight, in a “sheik’s oasis” atmosphere, offering airy house-baked bread, kebabs, lamb shanks, yummy “potato pie,” and a “Feast for Three” that will feed five. Inexpensive to moderate.

**Hacienda Casa Blanca** 700 N. Johnson Ave., El Cajon, 619-442-9827. Old California-style family-friendly Mexican atmosphere and food, including lively *camarones al tequila* and *enchiladas suizas* in tangy green sauce. Brunch and all-day buffet Sundays. Inexpensive to low-moderate.

**Hammurabi Family Restaurant** 401 W. Main St., El Cajon, 619-401-3200. This Chaldean eatery in Iraqi-rich El Cajon offers exotica like stuffed honeycombs and intestines, along with comforting kebabs, marinated lamb shank, crushed wheat pie stuffed with beef, and baklava. Inexpensive to expensive.

**Jasmine Bistro** 315 Parkway Plaza, El Cajon, 619-588-8228. By day, the fare centers on fresh Chinese dim sum (finger food) offered by cart and by menu. At night, multiethnic chefs step in to cook up a pan-Asian panoply. Mainly moderate (except for some special entrées).

### Encinitas

**Bubby’s Gelato** 937 S. Coast Hwy. 101, Encinitas, 760-436-3563. Sandwiches include intriguing Mediterranean combinations. Gelati are twice as rich as Häagen-Dazs and feature bold flavors, e.g., vanilla rosewater and chocolate cinnamon. Inexpensive.

**Kim’s Restaurant** 745 First St., Encinitas, 760-942-4816. Both Vietnamese and Chinese dishes are offered in a calm atmosphere with quick, pleasant service. Huge menu highlighted by Vietnamese house specialties and seafood also includes a whopping 45 vegetarian/vegan dishes. Moderate.

**Potato Shack Café** 120 W. I St., Encinitas, 760-436-1282. You’ll find generosity here, of the North County-hang-loose-surfer kind. You can split a plate for no charge, get bottomless coffees, endless fries (French or “American cottage fries”), “manhole-cover size” pancakes (weighing as much as their name implies), good pork chop breakfasts, great lunch burgers, and huge trees to sit under.

**Roxy Natural Foods Restaurant** 517 N. Coast Hwy. 101, Encinitas, 760-436-5001. The focus is vegan and vegetarian, but they’ve added fish and a garlicky chicken pizza. Most popular item: falafel burger (made of garbanzo beans) on a bun with melted cheese. Inexpensive.

**Swami’s Café** 1163 S. Coast Hwy. 101, Encinitas, 760-944-0612. There are standard dishes, like eggs Benedict or black-bean burrito, but the emphasis is health. Try the protein veggie wrap, with avocado, feta cheese, tofu, and mole, or the Indian curry with tofu. Inexpensive.

### Escondido

**Golden Egg Omelet House** 316 W. Mission Ave., Escondido, 760-489-6420. Omelets are light, thin crepe-like eggs wrapped around mounds of elaborate fillings. Thick waffles can be topped with fresh fruit. And then there are eggs, hash, crepes, potato casseroles, humongous burgers, and sandwiches. Inexpensive.

**Hernandez’ Hide-Away** 19320 Lake Dr., Escondido, 760-746-1444. The margaritas (rocks, not slush-ee) are terrific, on a par with Baja’s best. The food is a standard menu of Cal-Mex specialties. A pleasant “enchilada pie” is as good as any Midwestern mom’s. Inexpensive to moderate.

### Golden Hill

**Pizzeria Luigi** 1137 25th St., Golden Hill, 619-233-3309. Also 2121 El Cajon Blvd., North Park, 619-294-9417. Real New York pizza, with just-right sauce and crusts thin enough to fold in a V and eat on the run. Better yet: get a whole pie to enjoy at leisure. Neighborhood delivery available. Inexpensive.

### Hillcrest

**Aladdin’s Mediterranean Restaurant** 1220 Cleveland Ave., Hillcrest, 619-574-1111. Also 5420 Clairemont Mesa Bl., Clairemont, 858-573-0000. Middle-Eastern favorites (hummus, tabbouleh, kebabs, *shawerma*, etc.). Hillcrest branch offers more authentic Lebanese flavors. Inexpensive to moderate.

**Café on Park** 3831 Park Bl., Hillcrest, 619-293-7275. The place looks

trendy, but don’t expect PC food. Plates overflow with hearty American fodder. Breakfast especially popular, with huge elaborate scrambles and the prize plate of ’49er miners who struck gold: the Hangtown Fry, marinated oysters in scrambled eggs. Moderate.

**Crest Café** 425 Robinson Ave., Hillcrest, 619-295-2910. “Hearty Home-made Comfort Food” is both the boast and the cuisine, including Sloppy Joes, honey-glazed pork chops, steamed veggie basket, and 11 types of burger (including salmon). Open early to mid-night, daily. Inexpensive.

**Hong Kong Restaurant** 3871 Fourth Ave., Hillcrest, 619-291-9449. Quick service until 2:30am from a huge menu of vaguely Szechuan-Mandarin fare. Consider fried pork-filled wontons on raw cabbage, curry-tinged Singapore-style rice noodles, shrimp with lobster sauce, scallion ginger chicken. Inexpensive.

**Kazumi Sushi** 3975 Fifth Ave., Hillcrest, 619-682-4054. Kazumi’s simple but imaginative rolls are distinctively seasoned to flatter the particular fish’s flavor. For families, the Ultimate Boat is a huge, encyclopedic platter of sushi, *gyoza*, assorted appetizers, yakitori, teriyaki, and terrific tempura. Inexpensive to moderate.

**Kous Kous Moroccan Bistro** 3940 Fourth Ave., Hillcrest, 619-295-5560. Witty staffers treat you like dinner guests. Start with chicken or shrimp *b’stila* in cinnamon-dusted phyllo. Lamb Tagine with honey, nuts, and fruit and Chicken Tagine with olives and lemon are standouts. Moderate.

**Ortega’s Bistro** 141 University Ave., Hillcrest, 619-692-4200. You’ll find Baja-style cuisine featuring seafood and grilled foods, with a focus on lobster. Unlike the Baja Ortega’s, the lobster isn’t deep-fried before grilling. Fun margarita variations. Mainly moderate (lobsters and Kobe skirt steak expensive).

**The Tractor Room** 3687 Fifth Ave., Hillcrest, 619-543-1007. Menu highlights include identical stews of wild boar and buffalo, grilled salmon, and Prime-grade bone-in rib eye, plus good sides of acorn squash and heavy-cream mashed potatoes and gravy. Moderate to very expensive.

**Whole Foods Market** 711 University Ave., Hillcrest, 619-294-2800. Also 8825 Villa La Jolla Dr., La Jolla, 858-642-6700. Gourmet organic grocery eat-in/take-out selections offer healthy plates like Emerald Mushrooms salad and couscous studded with almonds, raisins, scrambled egg, and veggies. Inexpensive to moderate.

### Imperial Beach

**Giant Pizza King** 600 Palm Ave., Imperial Beach, 619-423-7601. If pizza size matters to you, try on these nine-inch-wide, foot-long, loaded pizza slices. The fish ‘n’ chips dish is generous, they make a large lasagna with garlic bread and salad, and the half-pound shrimp combo is a good value. Inexpensive.

**MZM Seacoast Bistro** 875 Seacoast Dr., Imperial Beach, 619-424-5800. Serious gastronomy, low price. Weekend breakfasts tend to be simple but sophisticated, like frittata with Polish sausage, prime rib steak and eggs, or scrambled eggs with smoked salmon. Creative dinner fare varies nightly. Inexpensive to moderate.

### Julian

**Jeremy’s on the Hill** 4354 Highway 78, Julian, 760-765-1587. What a surprise — out here, an ambitious, sophisticated, but well-priced, chef-owned, California-fusion eatery, with dishes like brie and mango quesadilla, mush-



## 50% off breakfast or lunch

Purchase one entrée and two beverages at regular price and receive a second entrée of equal or lesser value at 50% off. Some restrictions.

**Honey’s Café**  
San Diego: 7947 Balboa Ave.  
858-565-4244

Expires 2-18-10 • Coupon code: G1FSDR



## Free burrito

Buy a Monster Burrito at regular price and receive any burrito of equal or lesser value free! Valid at San Diego County locations only. One coupon per customer. Not valid with any other offer.

**Los Primos**  
Visit [losprimosmexicanfood.com](http://losprimosmexicanfood.com) to find a location near you!

Expires 2-18-10 • Coupon code: G1FSDR



## Free entrée or sushi roll

With purchase of a second entrée of equal or greater value and two drinks at regular price. Maximum value \$8. Not valid with any other offer. One coupon per table or per party.

**Kirin Sushi**  
San Diego: 4111 Voltaire St.  
619-223-3388

Expires 2-18-10 • Coupon code: G1FSDR



## Two sushi rolls \$7<sup>25</sup>

Sixteen pieces of sushi. Choose from ten rolls. Dine-in only. Cannot be used with any other offers.

**Jump Tokyo Sushi House**  
Mission Valley: 10450 Friars Rd.  
Ste. R • 619-280-4043

Expires 2-18-10 • Coupon code: G1FSDR



## Free entrée

With the purchase of any entrée of equal or greater value and 2 beverages. One coupon per table. Dine-in only. Max value \$10. Not valid with any other offer. Not valid on holidays. Lunch specials not included.

**DiMille’s Italian Restaurant**  
Kensington: 3492 Adams Ave.  
619-283-3153

Expires 2-18-10 • Coupon code: G1FSDR



## \$11<sup>99</sup> large one-topping

(Original thin crust only.) Additional fee for thick crust. Not valid with other offers, promos or discounts. Dine-in, carry-out or delivery. \$20 minimum purchase for free delivery. Limited delivery area and hours. Some restrictions.

**Round Table Pizza**  
La Mesa: 8032 La Mesa Blvd.  
619-462-8800

Expires 2-18-10 • Coupon code: G1FSDR



## Free frozen yogurt

Purchase 8 oz. or more frozen yogurt and receive 8 oz. free. Not valid with any other offer. Some restrictions.

16 premium flavors. Over 60 toppings.

**Crave Yogurt**  
San Carlos: 8680 Navajo Rd.  
619-337-7888

Expires 2-18-10 • Coupon code: G1FSDR



## \$5 off breakfast or lunch

Any purchase of \$20 or more. Not valid on holidays or weekends. Cannot be combined with any other offer.

**The Omelette Factory**  
La Mesa: 5270 Baltimore Dr.  
619-460-4423

Expires 2-18-10 • Coupon code: G1FSDR



## Free Italian entrée

With purchase of an entrée and two beverages. One per table. Max value \$13.95. Not valid on Friday or Saturday or for lunch specials. Some restrictions.

**Taste of Italy**  
Rancho San Diego:  
2512 Jamacha Rd. • 619-660-6300

Expires 2-18-10 • Coupon code: G1FSDR



## Free Japanese entrée

With purchase of an entrée of equal or greater value. One per party/table. Cannot be combined with any other offers.

**Fun Sushi**  
Santee: 5970 Cuyamaca St., Ste. K  
619-562-5151

Expires 2-18-10 • Coupon code: G1FSDR



## Italian dinner for two \$16<sup>95</sup>

Or lunch. Dine-in. Monday-Thursday. Includes salad and choice of six pasta entrées. Some restrictions.

**Little Roma Cucina Italiana**  
La Mesa: 5575 Baltimore Dr.  
619-461-7000

Expires 2-18-10 • Coupon code: G1FSDR



## Free torta or quesadilla

With purchase of entrée and two drinks. Not valid with any other offer. One coupon per customer.

**La Torta Café**  
Mexican Deli  
La Mesa: 8356 Allison Ave.  
619-741-6230

Expires 2-18-10 • Coupon code: G1FSDR



room burgers, and bison steaks. Inexpensive to moderate.

Kearny Mesa

**94th Aero Squadron** 8885 Balboa Ave., Kearny Mesa, 858-560-6771. Built to mimic a WWI French farmhouse taken over by Yankee flying aces, offering classic American fare and mighty cocktails. Moderate.

**Nijiya Market** 3860 Convoy St., Kearny Mesa, 858-268-3821. Pass by Nijiya's steam trays and heat lamps and go straight to the coolers, where you'll find delicious Japanese chicken cutlets, fresh sushi, and chilled noodles, as well as dessert delicacies like a sweet-bread roll filled with sweet bean paste. Inexpensive.

**Phuong Trang Vietnamese Seafood Restaurant** 4170 Convoy St., Kearny Mesa, 858-565-6750. Vietnamese "people's food" emphasizing noodle soups, but there are more elegant house specialties, including the "Special Sauce" Dungeness crab from the live tank. Inexpensive to moderate.

**Seoul B.B.Q.** 4344 Convoy St., Kearny Mesa, 858-505-8700. Try the Korean BBQ marinated short ribs or thick marbled slices of sirloin, which come with a bevy of small accompaniment dishes. Adventurous? Go for the goat meat hot pot or Korean steak tartare (*yukhoe*). Moderate.

**Shanghai City Restaurant** 3860 Convoy St., Kearny Mesa, 858-278-5883. Local Chinese come here for Shanghai seafood dishes or clay hot pots filled with eel and chestnuts or steamed rockfish on a big oval platter. Open to midnight. Inexpensive to moderate.

**Spice House Café** 9035 Clairemont Mesa Bl., Kearny Mesa, 858-565-1028. Greek-American cuisine, mainly. We don't know if it's the Ortega chiles or Jack cheese or tangy tomato sauce, but

some guys find relief with the Hang-over Omelet. Other choices: Portuguese sausage with three eggs and the Italian sausage frittata. Inexpensive.

La Jolla

**Adobe el Restaurante** 9700 N. Torrey Pines Rd., La Jolla, 858-550-1000. California-Mediterranean creative seasonal dishes with local produce and something for every taste. Moderately expensive.

**Bull and Bear Bar and Grill** 1271 Prospect St., La Jolla, 858-551-0077. Bond-trader atmosphere, prole prices. Best bang for the buck: the Hot Stock Burger, a half-pound patty with a split Louisiana sausage on top. Inexpensive.

**Cliff Hanger Café** 2800 Torrey Pines Scenic Dr., La Jolla, 858-452-9858. Spectacular ocean view. Try the Launch (a breakfast burrito with scrambled eggs, bacon, cheese, onions, bell peppers, and salsa). Also great and grilled right there are generous half-pound hamburgers. Inexpensive.

**La Jolla Rancherita** 7404 La Jolla Bl., La Jolla, 858-459-5877. When local spiny lobsters are in season (typically from late October to about February), here's one place that does them right. The juicy critters come with two melted-butter dips, tart coleslaw, and comforting mashed potatoes. Moderate.

**Marrakesh** 634 Pearl St., La Jolla, 858-454-2500. A dramatic Moroccan restaurant with tented ceilings and low-banquette "sheik" seating offers five-course prix fixe dinners with superb lentil soup, salad, chicken-filled phyllo pie, entrée, and orange-flower perfumed almond baklava. Best entrées: lamb with honey (when available), chicken with olives, duck. Moderate.

**Roppongi** 875 Prospect St., La Jolla, 858-551-5252. Gorgeous interior, large, heated street patio, Euro-Asian fusion menu with tapas and sushi as well as entrées. The treats of any size add up to expensive.

**The Shores Restaurant** 8110 Camino del Oro, La Jolla, 858-456-0600. The hotel restaurant with close-up sea views serves "Neighborhood American Cuisine" with a fun wine list.

Tapas Bar - Restaurante



Cocina Española

Costa Brava





"Sensational Spanish Cuisine!"



Flamenco Show... Sunday 7pm

Flamenco singer Angelita Agujetas & Guitarist Juan "El Moro"

Paella Brunch Sat & Sun 11am-4pm / Banquet Facility / Catering

Food, wine, music & culture direct from Spain... Open Daily 11:00am

1653 Garnet Avenue, Pacific Beach. • (858) 273.1218 • www.costabravasd.com



50% off Greek entrée

With purchase of one entrée of equal or greater value and two beverages. Some restrictions.

Taste of Athens

El Cajon: 1784 Main St.

619-447-0886

Expires 2-18-10 • Coupon code: G1FSDR



Free Italian entrée

With the purchase of an entrée of equal or greater value and two beverages. Up to a \$9.95 value. Excludes pizza and calzones. Not valid on Fridays. Dine-in only with this coupon. Some restrictions.

Ottavio's Cucina Italiana

El Cajon: 101 Jamacha Rd.

619-444-9522

Expires 2-18-10 • Coupon code: G1FSDR



50% off Mexican entrée

With purchase of one entrée of equal or greater value and two beverages. Max discount \$7.95. Valid Monday-Thursday. One coupon per customer. Some restrictions.

Hacienda Casa Blanca

El Cajon: 700 N. Johnson

619-442-9827

Expires 2-18-10 • Coupon code: G1FSDR



Free frozen yogurt

Buy any yogurt for \$2.50 or more and get a free yogurt valued up to \$2.50. Some restrictions.

YoYo's Frozen Yogurt

El Cajon: 2650 Jamacha Rd.

619-660-7362

Expires 2-18-10 • Coupon code: G1FSDR



Free frozen yogurt

Buy one frozen yogurt for \$3.50 or more and get a free yogurt valued up to \$3.50. Limit one coupon per party. Not valid with any other offers.

Penguin Yogurt Factory

Santee: 9621 Mission Gorge Rd.

619-562-1879

Expires 2-18-10 • Coupon code: G1FSDR



10% off catering

Not valid with any other offer or discount.

Rally's Burgers

El Cajon: 1216 E. Main St.

877-758-9837

Expires 2-18-10 • Coupon code: G1FSDR



\$1.50 off dinner buffet

Asian and American cuisine. Over 150 items daily. With purchase of dinner at regular price. Valid for up to 2 people. One coupon per table. Some restrictions.

Panda Garden Buffet

Santee: 70 Town Center Pkwy.

Ste. C • 619-596-4888

Expires 2-18-10 • Coupon code: G1FSDR



Free Mexican entrée

With purchase of an entrée and two drinks. Not valid with any other coupon or discount.

Broken Piñata Bar & Grill

El Cajon: 1221 Broadway

619-447-5665

Expires 2-18-10 • Coupon code: G1FSDR



Free Mexican entrée

With purchase of another entrée of equal or greater value and two beverages. One coupon per table. Present coupon before ordering. Some restrictions.

Casa Nueva

Santee: 10757 Woodside Ave.

619-258-5557

Expires 2-18-10 • Coupon code: G1FSDR



Free American entrée

With purchase of regular-priced entrée of equal or greater value and two drinks. Valid Mon.-Thurs. Max value \$10. Not valid on specials. Dine-in only.

Ranch House Restaurant

Santee: 11510 Woodside Ave.

619-448-2087

Expires 2-18-10 • Coupon code: G1FSDR



Free smoked BBQ sandwich

With the purchase of a sandwich of equal or greater value and two large beverages. Some restrictions.

Geno's BBQ

El Cajon: 291 West Main St.

619-444-3667

Expires 2-18-10 • Coupon code: G1FSDR



Free steak, chicken or gyro wrap

With purchase of wrap and two drinks.

Spinners Fresh Mediterranean

El Cajon: 2654 Jamacha Rd.

Ste. 101 • www.ilovespinners.com

Expires 2-18-10 • Coupon code: G1FSDR

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# Calendar

## RESTAURANTS

Moderate to high, with weeknight inexpensive happy-hours bites 4 to 6pm

**Sky Room** La Valencia Hotel, 1132 Prospect St., La Jolla, 858-551-3744. After renovation in 2007, Sky Room is now modern, sleek, and quietly chic, with a simplified menu of California cuisine and slightly lower (still steep) prices. The romantic, panoramic view remains, of course. Expensive.

**La Taverna** 927 Silverado St., La Jolla, 858-454-0100. Italian home-style, including chef-owner Mary Ann Vitale's house-made Sicilian-style fennel sausage. If the feather-light potato gnocchi is on special, just say "yes." Moderate.

**Truluck's** The Aventine, 8990 University Center Lane, La Jolla, 858-453-2583. Florida-based surf 'n' turf chain offers irony-free retro '50s décor and dinners featuring crustaceans (including seasonal stone crabs), other seafood, and natural meats — all carelessly cooked, but the meals are piled high with starches. Towering sweet desserts, fun wines. Moderate to very expensive.

### La Mesa

**Himalayan Cuisine** 7918 El Cajon Bl., La Mesa, 619-461-2503. Nepalese-Indian-Tibetan food, ranging from high-country exotica to steam-table buffet clichés — but subtly different from standard Punjabi renditions. Worth the detour: Tibetan momos (steamed dumplings) resembling fine dim sum, stuffed with beautifully seasoned lean lamb or gentle greens. Also: Nepalese samosas. Inexpensive.

**Jitters Coffee** 8201 La Mesa Bl., La Mesa, 619-460-4800. This small corner café is a local morning favorite. Flyin' Hawaiian waffle has macadamias, chocolate, banana syrup, whipped cream, but "plain" standards like the breakfast burrito are plain good. Lunches offer homemade soups, sandwiches, and salads. Inexpensive.

### Lemon Grove

**Charley's Famous Hamburgers** 8213 Broadway, Lemon Grove, 619-460-2690. An old red-and-white gas station that looks like a café. The palm and ficus trees have replaced the gas pumps. The menu is a long list of hamburgers, hot dogs, sandwiches, and kebabs. Inexpensive.

### Leucadia

**La Especial Norte** 604 N. Coast Hwy. 101, Leucadia, 760-942-1040. It's famed for superb soups — the Mexico City-style chicken soup is laden with avocados, chicken shreds, cilantro, and rice, and the eggplant soup includes airy little croutons of puffed *relleno* batter. Inexpensive.

**A Little Moore Coffee Shop** 1030 N. Coast Highway 101, Leucadia, 760-753-8228. Standard but generous breakfast and lunch fare in an old-time atmosphere has kept the place humming since the 1950s. Specials named after local characters. Inexpensive.

### Lincoln Park

**Magnolias** 342 Euclid Ave., Lincoln Park, 619-262-6005. Soul food from Louisiana: the fried chicken is beyond

compare, the jambalaya well-nigh perfect, and the BBQ shrimp, crawfish bisque, and étouffée are splendid. Great side dishes include candied sweet potatoes and cornbread dressing. Low-moderate.

### Linda Vista

**Bull's BBQ** 1129 W. Morena Bl., Linda Vista, 619-276-2855. Genuine BBQ, tender meats, and poultry dry-rubbed with spices, smoked over mesquite-applewood chips, lightly sauced. (Order at the counter.) Master-piece dish: dark, spicy, file gumbo, served with a spectacularly moist jalapeño-spiked corn muffin. Patio seating. Moderate.

### Little Italy

**Pappalecco** 1602 State St., Little Italy, 619-238-4590. Copy of a café in Pisa that three brothers created there, and now here. Meals are mostly salad-charcuterie-cheese combos. One delicious combo: the Rustico, varied Italian cold cuts with pungent goat cheese and bread. Inexpensive to moderate.

**Vincenzo Ristorante Italiano** 1702 India St., Little Italy, 619-702-6181. The specialty at this tourist favorite is Sicilian seafood. Succulent veal is expertly grilled, and the Italian sausages (from Pete's Meats, up the block) are zesty. Moderate.

### Logan Heights

**La Fachada** 20 25th St., Logan Heights, 619-236-8566. Open until 3am (and 24 hours on weekends), this restaurant serves both Mexican and

Anglo food. Good Western omelet breakfast, great Mexican seafood soups, and fun outdoor eating evenings until 11 pm. Inexpensive.

**Patty's Fruitland** 1789 National Ave., Logan Heights, 619-239-3085. The specialty is fruits — in drinks, salads, and combos like *pico de gallo* (rooster's beak) with fresh-sliced fruit and raw veggies (jicama, cucumber dusted with cayenne). Also meat sandwiches, shrimp tostadas, hot dogs. Inexpensive.

### Mira Mesa

**Gateway to India** 9520 Black Mountain Rd., Mira Mesa, 858-566-5522. Friday or Saturday, it's crowded with Indian families coming for the all-you-can-eat buffet of Punjabi and Gujarati specialties, including aloo curry, *chhole* (garbanzo beans), *bengan bartha* (eggplant), and sensational Asian-mango desserts. Inexpensive.

### Mission Beach

**The Mission Café and Coffee House** 3795 Mission Bl., Mission Beach, 858-488-9060. Eco-conscious breakfasts and lunches. Outstanding are cinnamon French toast, blackberry-banana pancakes, and roast beef hash with rosemary potatoes and eggs. Chino-Latino lunch items. Inexpensive.

### Mission Hills

**Gathering Bar and Grill** 902 W. Washington St., Mission Hills, 619-260-0400. Familiar comfort fare, like the Southwest burger (avocado, Jack cheese, and salsa) or the Monte

Cristo sandwich. Owner does magic card tricks around 6pm some evenings. Inexpensive.

**El Indio Mexican Restaurant** 3695 India St., Mission Hills, 619-299-0333. The deep-fried taquitos are their top-selling item. But try Burrito Indio, a wheat tortilla stuffed with marinated zucchini, corn, beans, onions, cheese, and tomato, and the potato burrito, another good vegetarian choice. Inexpensive.

### Mission Valley

**24-Hour Valley Kitchen Family Restaurant** 875 Hotel Circle South, Mission Valley, 619-819-1017. Hot French dip is great and burgers are generous. Better yet, breakfast around the clock. Inexpensive to moderate.

**Uno Chicago Bar and Grill** 7007 Friars Rd., Mission Valley, 619-298-1866. Also Escondido, Pacific Beach, Fashion Valley, Chula Vista. Deep-dish pizzas have become one of Chicago's better-known exports. Now Uno does serious steak too, with Angus top sirloins. Inexpensive to moderate.

### National City

**The Barbecue Pit** 920 E. Plaza Bl., National City, 619-477-2244. Rustic timber, knotty pine, animal heads on the walls, and meats cooked true Southern BBQ style, over oak. Inexpensive.

**China Super Buffet** 3007 Highland Ave., National City, 619-336-9989. This buffet promises "over 100 items daily." Many are very good — marinated baby octopuses, mussels topped with melted cheese, roast beef au jus. Plus groaning salad bars, adequate sushi. Inexpensive.

### North Park

**Chicken Pie Shop of San Diego** 2633 El Cajon Bl., North Park, 619-295-0156. Now, as in the '30s, chicken pie comes with chicken meat, doused with white gravy and accompanied by mashed potatoes, veggies, coleslaw, a roll, and dessert. Inexpensive.

**Sea Rocket Bistro** 3382 30th St., North Park, 619-255-7049. It's easy being green with a menu of sustainable, mainly local seafood and produce. Sea urchin bisque and grilled fresh sardines are top picks, along with plump, seared Baja scallops, and any dish with Carlsbad mussels. Noisy room. Moderate.

**Urban Solace** 3823 30th St., North Park, 619-295-6464. American comfort food with a faint Southern accent, including, sweet potato fries, a big burger made of Brandt Natural Beef "cooked your way" (and rare is reasonably safe). Great "bluegrass brunches" with live music. Moderate.

**Zensei Sushi** 3396 30th St., North Park, 619-546-6171. The sushi is well made and based on seafood from the same fishmonger used by Ota and Nobu. The party rolls (like Stuffed Tomato or Honeymooners) may not be original, but they're delicious fun. Moderate.

### Ocean Beach

**Roots** 4976 Newport Ave., Ocean Beach, 619-222-9000. Tiny vegan-organic eatery offers crunchy wraps like the Thai Peanut and the Arti (artichoke hearts, feta cheese). Interesting sandwiches include portobello mushroom with tomato and provolone on ciabatta or the Avo (avocado, onion, and tomato). Inexpensive to moderate.



**Mexican Sunday brunch \$8<sup>95</sup>**

Regular \$10.95. 9 am-2 pm. Good for up to 4 guests. Dine-in only. Not valid with any other offer or discount.

**Pedro's Mexican Cocina**  
La Mesa: 6155 Lake Murray Blvd.  
619-668-1090

Expires 2-18-10 • Coupon code: G1FSDR

East



**50% off Chinese entrée**

Buy one entrée at regular price, get a second of equal or lesser value at 50% off. Not valid on party trays, lunch menu, dinner combinations or family dinner. Some restrictions.

**Panda Chef**  
Chula Vista: 2260 Otay Lakes Rd.  
#104 • 619-421-7777

Expires 2-18-10 • Coupon code: G1FSDR

South



**\$10 off dinner**

Buy 2 entrées and 2 beverages, get \$10 off. One coupon per customer. Not valid on holidays or with any other offers.

**Café La Maze Steakhouse**  
National City: 1441 Highland Ave.  
619-474-3222

Expires 2-18-10 • Coupon code: G1FSDR

South



**Free pizza**

When you purchase one pizza. Dine-in only. One coupon per table. Cannot be combined with any other offer. Some restrictions.

**The Brewhouse at Eastlake**  
Chula Vista: 871 Showroom Place  
619-656-BREW (2739)

Expires 2-18-10 • Coupon code: G1FSDR

South



**Free Mexican entrée**

When you purchase one of equal or greater value. Monday thru Wednesday only. One coupon per table. Some restrictions.

**Jalisco Café**  
Bonita: 4026 Bonita Rd.  
619-267-7855

Expires 2-18-10 • Coupon code: G1FSDR

South



**50% off pasta, pizza, or entrée**

With purchase of one of equal or greater value and two beverages. Some restrictions.

**D'Lish**  
Chula Vista: 386 East "H" St.  
619-585-1371

Expires 2-18-10 • Coupon code: G1FSDR

South



**\$15 off upscale Mexican cuisine**

With minimum purchase of \$40 in the dining room area. One per table. Some restrictions.

**Romesco**  
Bonita: 4346 Bonita Rd.  
619-475-8627

Expires 2-18-10 • Coupon code: G1FSDR

South



**50% off Asian-Pacific entrée**

Buy one regular entrée, get the second of equal or lesser value at 50% off. With purchase of two drinks. Excludes lunch specials, salads, wraps and sushi. Some restrictions.

**Ono's Cafe**  
Bonita: 4154 Bonita Rd.  
619-470-ONOS

Expires 2-18-10 • Coupon code: G1FSDR

South



**Two Sunday champagne brunches \$20<sup>95</sup>**

Includes champagne, mimosas, coffee or orange juice. Some restrictions.

**Murrieta's Fine Mexican Food**  
Bonita: 5170 Bonita Rd.  
619-479-8024

Expires 2-18-10 • Coupon code: G1FSDR

South



**Free Texas Bar-B-Q sandwich**

Buy two sandwiches at regular price and receive a third sandwich of equal or lesser value free. Valid at Miramar location only. Not valid with any other offers or discounts.

**Abbey's Real Texas Bar-B-Q**  
Miramar: 6904 Miramar Road  
858-566-2333

Expires 2-18-10 • Coupon code: G1FSDR

North



**50% off entrée**

Buy one entrée with two beverages and receive a second entrée at 50% off.

**Boston Sports Café**  
Mira Mesa: 6625 Flanders Dr.  
858-200-2101

Expires 2-18-10 • Coupon code: G1FSDR

North



**Large pepperoni pizza \$5<sup>99</sup>**

Plus tax. Carry-out only. No limit.

**Pizza Depot**  
Mira Mesa: 9430 Mira Mesa Blvd.  
Ste. 5C • 866-820-4949

Expires 2-18-10 • Coupon code: G1FSDR

North





## Free entrée

Buy one entrée and get a second of equal or lesser value for free. Max value \$10. Dine-in only. Not valid with any other offer.

**Lumberyard Tavern**  
Encinitas: 967 S. Coast Highway 101  
760-479-1657

North

Expires 2-18-10 • Coupon code: G1FSDR



## Free yogurt

Buy one yogurt, get one free. One per family per visit. Limit 6 oz. Additional oz.'s at regular price.

**RB Yogurt**  
Rancho Bernardo: 16588 Bernardo Center Dr. #130 • 858-673-5300

North

Expires 2-18-10 • Coupon code: G1FSDR



## 50% off pizza

Buy one pizza and get a second of equal or lesser value for half off. Valid only at Poway location.

**Bongiorno's New York Pizzeria**  
Poway: 13332 Poway Rd.  
858-679-FAST (3278)

North

Expires 2-18-10 • Coupon code: G1FSDR



## 50% off chicken pie

Buy one entrée and get a second entrée for 50% off.

**Chicken Pie Diner & Fueling Station**  
Poway: 14727 Pomerado Rd.  
858-748-2445

North

Expires 2-18-10 • Coupon code: G1FSDR



## 50% off yogurt

Buy one yogurt, get 50% off second cup of equal or lesser value.

**Yogurt Heaven**  
Scripps Ranch: 12010 Scripps Summit Dr.  
858-549-9205

North

Expires 2-18-10 • Coupon code: G1FSDR



## \$5 off bundt cakes

Any purchase of \$25 or more. Incredibly moist! Flavors from chocolate chocolate chip to pecan praline. Some restrictions.

**Nothing Bundt Cakes**  
Poway: 12205 Scripps Poway Pkwy.  
#104 • 866-777-5064

North

Expires 2-18-10 • Coupon code: G1FSDR



## 50% off pizza

Buy one pizza, get 50% off second pizza. Any size.

**Giovanni's Firehouse Italian Bistro**  
Carmel Mtn. Ranch: 11640 Carmel Mtn. Rd.  
858-592-6890

North

Expires 2-18-10 • Coupon code: G1FSDR



## \$5 off BBQ

Minimum purchase of \$25. Not valid with any other offers or discounts.

**Kaminski's Bar-B-Que Sports Lounge**  
Poway: 12735 Poway Rd.  
858-748-1106

North

Expires 2-18-10 • Coupon code: G1FSDR



## 50% off Thai entrée

With purchase of an entrée and two beverages. Dine-in or take-out. Excludes seafood, BBQ and specialties. Not valid with any other offer. One coupon per customer.

**Bua Thai**  
Poway: 12378 Poway Rd., Ste. C  
858-679-7073

North

Expires 2-18-10 • Coupon code: G1FSDR



## Free sushi roll anytime!

**Izumi Sushi**  
Poway: 12245 Poway Rd.  
858-391-3080

North

Expires 2-18-10 • Coupon code: G1FSDR



## Free pizza or large salad

Free Z10" pizza or large salad with purchase of any extra-large specialty pizza Z18".

**ZPizza**  
Carmel Mountain: 11975 Carmel Mtn. Rd.  
858-675-9300

North

Expires 2-18-10 • Coupon code: G1FSDR



## Free bottled water

With any purchase over \$3.50.

We believe that "fresher is better." Open 24 hours.

**Santana's Mexican Grill**  
Visit [www.freshmxfnfood.com](http://www.freshmxfnfood.com) to find a Santana's near you!

North | Beaches | Central

Expires 2-18-10 • Coupon code: G1FSDR



## Free Italian cuisine entrée

With the purchase of an entrée of equal or greater value and two beverages.

**Dominic's Italian Gourmet**  
Escondido: 391 N. Escondido Blvd.  
866-545-3736

North

Expires 2-18-10 • Coupon code: G1FSDR



## Free Hooters entrée

With purchase of one entrée at regular menu price. Max value \$9.99. One coupon per table. Dine-in only. Some restrictions.

**Hooters Oceanside:** 3186 Vista Way  
760-433-4668

North

Expires 2-18-10 • Coupon code: G1FSDR



## Free Greek, Armenian or Persian lunch

With purchase of another lunch item and two drinks.

**Kabob Cuisine**  
Vista: 1688 S. Melrose Dr.  
760-727-2212

North

Expires 2-18-10 • Coupon code: G1FSDR



## 20% off sushi

20% off your entire bill. Not valid with any other offer or on Happy Hour Menu.

**Hooked On Sushi**  
Carlsbad: 2508 El Camino Real  
760-434-8811

North

Expires 2-18-10 • Coupon code: G1FSDR



## Free entrée

With purchase of an entrée of equal or greater value and two beverages. Dine-in only. Not valid with any other offer.

Fresh ground burgers, specialty pizzas, steaks, seafood and pastas.

**The Bullpen Bar & Grill**  
Encinitas: 149 S. El Camino Real  
760-635-9020

North

Expires 2-18-10 • Coupon code: G1FSDR



## Free pasta dish

Buy one pasta dish and two drinks, get one pasta dish free. Dine-in and take-out only. Excludes other offers.

**Big Red Pizza**  
Carlsbad: 7740 El Camino Real Ste. F • 760-635-9000

North

Expires 2-18-10 • Coupon code: G1FSDR



## Free steakhouse appetizer

With purchase of two entrées and two beverages. Steakhouse menu only. Not valid with any other offers.

**Steakhouse at Jalapeño Grill**  
Escondido: 503 W. Grand Ave.  
760-233-1104

North

Expires 2-18-10 • Coupon code: G1FSDR



## Free yogurt

With purchase of another yogurt.

**YoFresh**  
Escondido: 1022 W. El Norte Pkwy  
760-432-8090

North

Expires 2-18-10 • Coupon code: G1FSDR



## Free French dinner

Buy one entrée with one alcoholic beverage and receive a second entrée free! Up to \$18.75 value. Limited to one coupon per table. Not valid with any other offer or on holidays.

**La Bonne Bouffe**  
Encinitas: 471 Encinitas Blvd.  
760-436-3081

North

Expires 2-18-10 • Coupon code: G1FSDR



## 50% off Mexican entrée

With purchase of another entrée and two beverages. Monday-Thursday only. Not valid with any other offers.

**La Tapatia**  
Escondido: 340 W. Grand Ave.  
760-747-8282

North

Expires 2-18-10 • Coupon code: G1FSDR



## Family special \$22<sup>95</sup>

Includes one 18" one-topping pizza, one large family salad, and one order of garlic knots. \$2 extra for specialty pizza. Not valid with any other offer.

**Flippin' Pizza**  
La Costa: 760-436-7499  
Vista: 760-598-8005  
Encinitas: 760-632-1497  
Carlsbad: 760-434-4468

North

Expires 2-18-10 • Coupon code: G1FSDR



## Smoked baby back ribs \$7<sup>95</sup>

Includes coleslaw, beans and bread. Good with this coupon only. One coupon per person.

**Chicken Plus Greek Cuisine**  
Escondido: 309 W. Mission Ave.  
760-480-1348

North

Expires 2-18-10 • Coupon code: G1FSDR





## Free entrée

With purchase of any entrée and two beverages at regular price. Receive second entrée of equal or lesser value free. Up to \$8 value. Dine-in only. Not valid with breakfast specials, discounts, on holidays or with any other offer. One coupon per table.

**Keith's Restaurant**  
**Mira Mesa:** 9449 Kearny Mesa Rd.  
858-271-4670

Expires 2-18-10 • Coupon code: G1FSDR



## 50% off burger

Buy any burger and get a second burger of equal or lesser value for half off. Valid at this location only.

**Cheeburger Cheeburger**  
**Carmel Mountain Ranch:**  
12002 Carmel Mountain Rd.  
858-613-1576

Expires 2-18-10 • Coupon code: G1FSDR



## \$5 off any speciality pizza

**Bobby D's**  
**Vista:** 425 S. Melrose Dr.  
760-295-3851

Expires 2-18-10 • Coupon code: G1FSDR



## 50% off Nigiri & Sushi rolls

23 nigiri and 36 sushi rolls to choose from.

**Sushihana**  
**San Diego:** 9869 Carmel Mtn. Rd.  
858-484-5300

Expires 2-18-10 • Coupon code: G1FSDR



## 15% off seafood lunch or dinner

We don't have a "fresh fish of the day" because all our fish are always fresh! Call for offer details.

**Solana Beach Fish House**  
**Solana Beach:** 124 Lomas Santa Fe Dr.  
858-481-FISH (3474)

Expires 2-18-10 • Coupon code: G1FSDR



## Free yogurt

With purchase of yogurt of equal or greater value. Not valid with any other offer.

**Desserted Island**  
**Yogurt & More**  
**Solana Beach:** 153 N. Highway 101  
858-345-1451

Expires 2-18-10 • Coupon code: G1FSDR



## Two large pizzas \$20<sup>99</sup>

Two 14" pizzas with two toppings. Delivery special. Call for details.

**New York Giant Pizza**  
**Mira Mesa:** 11255 Camino Ruiz  
858-566-9666  
**San Diego:** 3715 India Street  
619-692-1169  
**Rancho Penasquitos:** 12812 Rancho Penasquitos Blvd. • 858-538-6868

Expires 2-18-10 • Coupon code: G1FSDR



## Free entrée, side or dessert

Choose from any item on our menu! With purchase of a lunch or dinner plate and two beverages.

**Pita King**  
**Escondido:** 1061 W. El Norte Pkwy.  
760-480-5662

Expires 2-18-10 • Coupon code: G1FSDR



## Free cupcake

With purchase of any one cupcake of equal value. We specialize in perfectly decorated, baked-from-scratch cupcakes with only the finest ingredients.

**Cupcake Love**  
**Solana Beach:** 437 S. Highway 101  
Ste. 106 • 858-755-5506

Expires 2-18-10 • Coupon code: G1FSDR



## Free Indian cuisine entrée

With purchase of one entrée and two beverages. Some restrictions.

**Star of India Restaurant**  
**Carmel Valley:** 3860 Valley Centre Dr.  
858-792-1111  
**Downtown/Gaslamp:** 423 Fir St.  
619-234-8000

Expires 2-18-10 • Coupon code: G1FSDR



## Free frozen yogurt

Buy one frozen yogurt, get one free. Not valid with any other offer.

**Seaside Yogurt**  
**Del Mar:** 1231 Camino Del Mar  
858-720-1168

Expires 2-18-10 • Coupon code: G1FSDR



## Free Thai entrée

Purchase one dinner entrée and two beverages, get a second dinner entrée of equal or lesser value free. Maximum value \$10.95. Dine-in only. Some restrictions.

**Taste of Thai**  
**Del Mar:** 15770 San Andres Dr.  
858-793-9695  
**Hillcrest:** 527 University Ave.  
619-291-7525

Expires 2-18-10 • Coupon code: G1FSDR

## Calendar RESTAURANTS

**Sapporo Japanese Restaurant**  
5049 Newport Ave., Ocean Beach, 619-222-6686. Lunchtime specials give you a miso soup, salad, and a combo like chicken teriyaki and California rolls and white rice. Other specials include *yaki soba*, *champon* noodle soup, and the chicken bowl. Inexpensive.

### Oceanside

**Azafran** 1001 S. Coast Hwy. 101, Oceanside, 760-435-0005. Cuban cuisine. Try the house-baked breads, the tender roast pork with garlicky *mojo* sauce, or the traditional Cuban pressed sandwich oozing ham, roast pork, cheese, mustard, pickles. Inexpensive.

### Old Town

**Berta's Latin American Restaurant**  
3928 Twiggss St., Old Town, 619-295-2343. The culinary pick hits of all the Americas including superb Chilean empanadas and *pastel de choclo* corn pudding, Peru's herbal *seco de cordero* meat stew, earthy Guatemalan *chilemal*. Moderate.

### Pacific Beach

**ROCKY'S CROWN PUB**  
  
Serving great burgers for 32 years!  
3786 Ingraham St.  
858-273-9140

**The French Gourmet** 960 Turquoise St., Pacific Beach, 858-488-1725. Classic French dishes — pâté, ratatouille, calf's liver — in a homey atmosphere. Start off with escargots or mussels and hope that the soup du jour is gingered cream of carrot. Fine dessert pastries and cheese plate. Moderate to expensive.

**Great Moon Buffet** 1840 Garnet Ave., Pacific Beach, 858-273-6868. Classy Chinese all-you-can-eatarama offers great surf 'n' turf possibilities, like prime rib and jumbo shrimp or crab and roast duck. Or choose mayonnaise mussels or caramel-y Japanese charcoal-grilled eel (*unagi*) on rice. Inexpensive.

**Kono's** 704 Garnet Ave., Pacific Beach, 858-483-1669. Chow down on a patio on the pier at this inside-outside café, the prototypical California surfer hangout. Tourists and locals alike flock here for generous breakfasts and burgers. Inexpensive.

**World Famous** 711 Pacific Beach Dr., Pacific Beach, 858-272-3100. Right on the boardwalk with sea view, the prime rib, surf 'n' turf, and tournedos are fine. To beat the big prices, try the beach burger or seared ahi Caesar salad. Breakfast and lunch inexpensive; dinners moderate to expensive.

**Zanzibar Café** 976 Garnet Ave., Pacific Beach, 858-272-4762. Also 707 G St., Downtown, 619-230-0125. Casual food until 11pm or later. The three-egg breakfast scramble is great. So are the avocado fontina cheese omelet and eggs Benedict with non-Canadian bacon,

and the indulgent blueberry buttermilk pancakes. Inexpensive.

### Point Loma

**Roseville** 1125 Rosecrans St., Point Loma, 619-450-6800. Chef Amy DiBiase invokes French classics but with twists and local produce, e.g., asparagus subbing for frisée in a bistro salad with pancetta and egg or flawless duck confit that's France's answer to Peking duck. Expensive.

**Tender Greens** 2400 Historic Decatur Rd., Point Loma, 619-226-6254. This "healthy food" chain features great soups, desserts, and local, organic produce served cafeteria style with or without mesquite-grilled natural beef, free-range chicken, or local tuna in salads or ciabatta sandwiches. Inexpensive.

### Ramona

**Kountry Kitchen Ramona** 826 Main St., Ramona, 760-789-3200. They still open at 5am for the farmers. Try the Italian Sausage breakfast, a sausage with a rich, sharp flavor, with eggs and hash browns. Or the Cowpoke Country Special, a buttermilk short stack with eggs and sausage or bacon. Inexpensive.

### Rancho Bernardo

**Pearl Chinese Cuisine** 11666 Avena Pl., Rancho Bernardo, 858-487-3388. Authentic Hong Kong cuisine, beautiful setting. Daytime dim sum includes irresistible Shanghai soup dumplings. Dinners range from folk food to "gold cup" dishes. Try the sea bass with pine nuts. Moderate, with some expensive specialties.

### Rancho Santa Fe

**Mille Fleurs** 6009 Paseo Delicias, Rancho Santa Fe, 858-756-3085. The daily changing menu sports first-rate modern French/Euro cuisine by chef Martin Woesle. The menu's often most exciting on weeknights, when chefs have time to stretch, but more luxurious dishes appear on weekends. New "bistro menu" of casual French cuisine and weeknight three-course prix fixe offer some affordable choices. Otherwise expensive.

### Santee

**The Omelette Factory** 7941 Mission Gorge Rd., Santee, 619-596-9686. You can't beat their omelets, all 19 of them, from the Just Say Cheese (with Swiss, Jack, cheddar, or American) to the Factory Omelette (a build-your-own: up to four meats, veggies, or cheeses). Inexpensive.

### Scripps Ranch

**Chez Nous Gourmet Deli-Café** 9821 Carroll Canyon Rd., Scripps Ranch, 858-566-4766. Their roast beef with ginger-garlic and Dijon sandwich, their spicy chicken melt, or the leg of lamb they roast each day to make a juicy lamb sandwich — all original. Inexpensive.

### Solana Beach

**Nobu Gourmet Japanese Restaurant** 315 S. Coast Hwy. 101, Solana Beach, 858-755-7787. The friendly sushi bar of our local, not-famous Nobu offers fine classic sushi and

sashimi, or settle into a booth for a standard Japanese dinner. Try monk-fish liver pâté and *chawan mushi* (egg custard) soup. Mostly moderate; some delicacies expensive.

**Pamplemousse Grille** 514 Via de la Valle, Solana Beach, 858-792-9090. Favorites from an often-changing menu include white fish served any style, mushroom cappuccino soup, and tarte tatin. Dinners expensive.

**Samurai Japanese Restaurant** 979 Lomas Santa Fe Dr., Solana Beach, 858-481-0032. The sushi is ultra-fresh, and the friendly chefs make their compositions look beautiful. Also Japanese dinners, special *kaiseki* meals, and a *teppan* room. Mostly moderate; *kaiseki* and some *teppan* items expensive.

### Sorrento Valley

**The Grill** 10920 Roselle St., Sorrento Valley, 858-587-7940. The Greek owners give it character with generous but cheap breakfast dishes like the Mediterranean omelet and lunch specials like the luscious Philly cheese steak. Inexpensive.

### South Park

**Vagabond** 2310 30th St., South Park, 619-255-1035. Eclectic bistro fare, French-based but with ever-changing global menu. Don't miss the *moules-frites* or the deep-flavored Peruvian *seco de carne* meat stew. Noisy when full. Moderate.

### Southcrest

**Elaine's Coffee Shoppe** 1212 S. 43rd St., Southcrest, 619-264-6525. A bright, '70s-style breakfast-all-day spot where long-time owner Su Cha Yang also caters to vegetarian, Muslim, and Korean customers. Try the ham, bacon, mushroom "hunter" omelet, or fill up on the pork chop plate. Inexpensive.

### University City

**Café Japengo** 8960 University Center Lane, University City, 858-450-3355. Chic scene where men with Bentleys and glam gals nibble above-average sushi and Asian fusion, especially on jam-packed Thursday nights. Best bet: graze on appetizers and creative party rolls. No reservations for sushi bar, so come early. Very expensive.

### University Heights

**Brians' American Eatery** 1451 Washington St., University Heights, 619-296-8268. Open all night on weekends, and late night is a scene. But for many, breakfast is the thing: Charbroiled top sirloin with eggs and potatoes is a Saturday morning treat. Inexpensive.

**Mama's Bakery and Lebanese Deli** 4237 Alabama St., University Heights, 619-688-0717. The round Lebanese oven cooks flat bread (*sajj*) that goes with baba ghanoush (eggplant dip) and *fool madamas* (fava and garbanzo stew). Must-haves include beef *shawerma* wrap, falafel wrap, and savory meat pie. Inexpensive.

**Muzita Abyssinian Bistro** 4651 Park Bl., University Heights, 619-546-7900. Hospitable intro to veg-rich Ethiopian/Eritrean cuisine, served family-style, to eat using healthy whole-grain spongy pancakes to pick up savory morsels. Try Ethiopian beers or crisp honey wine. No wheelchair access to interior. Moderate.



**Jumping Turtle Still Has Some Spring** “The Jumping Turtle is not going out of business,” says owner Matt Hall, despite having lost his most recent appeal to keep the City of San Marcos

of Rock, and Beth Vinas, who runs the CCMusicArts School. “We do a lot of things with music students.... The City should be more worried about the methadone clinic down the street.”

office.... I don’t think there’s ever been another [entertainment permit] revocation in San Marcos.”

Other San Marcos clubs offering live music have included the Longshot, closed in September 2006 over state Alcoholic Beverage Control violations and a reported stabbing, and the Boulevard, which had its liquor license suspended for a time before closing in 2008.

For now, Hall says he’s operating under “business as usual. Our permit is not [currently] revoked, but they have the power to do so anytime they want. They can even tell me what color to paint my building if they want. So now we’re just waiting for the city council to decide what they’re gonna do.

“Probably the only reason they haven’t revoked us yet is because they’re in the process of changing lawyers.”

— Jay Allen Sanford

### A Mountain of Noise Pop

For Travis Trevisan, vocalist and guitarist for San Diego discordant-pop three-piece Tape Deck Mountain, the 5.1 rating out of a possible 10 they received from music website *pitchforkmedia.com* for debut full-length *Ghost* doesn’t faze the band.

“I wish the score would have been lower and the review more negative,” writes Trevisan in a January 4 email. “That seems to get

almost as much buzz on the street as the positive reviews. I read the review and it seems like they spent time

Shins, and Jeff Tweedy of Wilco.

Acts for this year’s festival include the Magnetic

catching as many great acts as we can see and hopefully turning some heads with our set of noise and pop.”

— Dorian Hargrove

### Jazz in the Park Has New Signage

Jazz in North Park is the new name for an old concert series that hopes to pick up where it left off over a year ago. In 2008, Jazz in the Park (as in Balboa Park) went dark when its host, the San Diego Museum of Art, pulled the plug after a seven-year run.

“I had to leave there when the museum gave our hall to the Old Globe Theatre, while they were rebuilding for a year and a half,” says series music director Holly Hofmann, a San Diego-based jazz flutist.

Hofmann says that there were offers to move the concert series to other venues but that she wanted to maintain the same calendar footprint as she’d had in Balboa Park. Jazz in the Park shows were held on the first Wednesday of every month, she explains, and among the series’ suitors, only the Birch North Park Theatre was able to accommodate her.

“I have wonderful people working with me at [the Birch]. They’re committed to the artist and for all the right reasons.”

Jazz in North Park will kick off February 3 for an initial run of six months.

(continued on page 90)

# the inside track blur

from revoking his venue’s entertainment permit.

“City Hall hired a hearing officer who reviewed the claims against us, and she went back to two supposed noise violations as the main reason to revoke. I’ve never been cited [for a noise violation] in seven years; it was just two sheriffs who basically said, ‘Yeah, I pulled in to the Turtle once and I heard music.’”

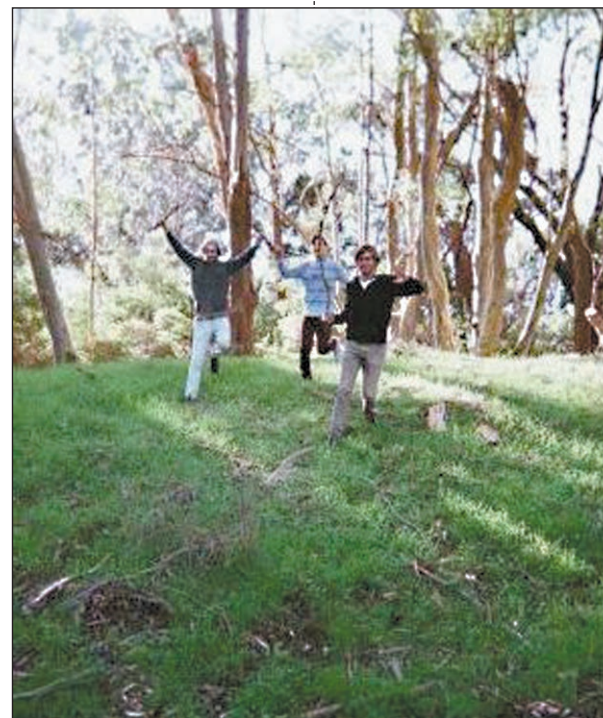
Hall’s appeal included testimonials in favor of allowing the Turtle to host concerts, especially all-age events, provided by supporters such as Meliesa McDonnell, music director of Vista School

Shortly after his last appeal hearing, according to Hall, “San Marcos city clerk Susie Vasquez served this let-



DON'T REVOKE OUR ROCK

ter of intent to revoke, which she has the power to do because that particular permit comes out of her



COMIN' DOWN TAPE DECK MOUNTA-A-AIN!

with the record. That’s all I ask. When you make art or music, not everyone is going to get it or like it.”

And while the December 10 review considered Tape Deck Mountain’s first LP an “undergraduate” effort, the buzz about the band intensifies. TDM was asked to play San Francisco’s annual Noise Pop Festival, an independent music showcase, on February 24.

In the past 17 years, the festival has featured Modest Mouse, the White Stripes, the

Fields, Rogue Wave, and Mark Kozelek of the Red House Painters.

“I’m excited just to go to Noise Pop festival; playing is icing on the cake,” writes Trevisan regarding the gig, where his band will be the opening act for British singer-songwriter Scout Niblett.

“I’ve been a fan of Magnetic Fields and Mark Kozelek for some time now, and tons of other amazing bands are also performing at Noise Pop. We’re excited to run around San Francisco

Friday, January 29 **etix**

## AGNOSTIC FRONT

(25th Anniversary Tour)

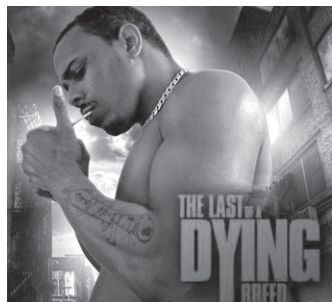
DEATH BY STEREO  
SYSTEMATIC ABUSE  
SAN DEVIATES



Friday, February 5  
Philly Phil presents

## THE LAST OF A DYING BREED

MACJAMES • THE JOAT  
DJ DROK • ON-KEY



## BRICK BY BRICK

Wednesday, January 27  
**THAT 1 GUY • SCHMALTZ**  
Thursday, January 28 **NSD**  
**SHARON HAZEL TOWNSHIP**  
**SUBLIMINAL TRIP**  
**SIMPLE GREEN • FRONT YARD**

Saturday, January 30  
**UNDER THE STONE**  
**STREAMVIEW • AGHORI**  
**IN EVERY BREATH**

Wednesday, February 3 **NSD**  
**LOS HOLLYWOOD**  
**PANORAMA • MANZANA**  
**LOS INCONTIBLES DEL AMOR**  
**RULETTA**

Thursday, February 4  
**SONS OF AUDIO**  
**VOICE IN THE DARK**  
**THE INHERITANCE**

2/21 **Acoustic Alliance** • 2/27 **Despite the Wolves / Obsidian / Instinct of Aggression**  
3/6 **Cautic Felon** • 3/12 Silk World presents **Into The Presence**  
3/13 **Michael Monroe** (Hanoi Rocks) • 3/19 **Devil Makes Three**

Saturday, February 6 **NSD**

**TRIPP • GRANDVIEW • CAXTON**  
**WHITE HEAT • BLOW ME DOWN**

Wednesday, February 10 **etix**  
**THE CREEPSHOW**  
**LONGWAY**  
**CRITICAL ME**

Thursday, February 11 **NSD**  
**SUBMISSION**  
**CHASE DREAMS ENT.**  
**BLACK RESUME**  
**SYLVIA J**  
**ZOOCLICK GANG**

Friday, February 12  
Frank & Sulo's Birthday Bash  
**UNSET • AUTHENTIC SELLOUT**  
**SHUVEL • UNLOADED**  
**BEHIND THE WAGON**



Saturday, February 13

## “HELL ON HEELS”

Burlesque Revue

## “The Hanky Panky Show”

Sunday, February 14 **etix**

Klub Therapy presents

## CHRISTIAN DEATH

THE ORDER OF THE FLY  
ETERNAL UNBORN  
BLESSURE GRAVE  
DJ BRYAN POLLARD • DJ AMBONES  
DJ GRIMDERELLA





"I've just booked the first six months because we want to see how it's going to go." The format, she says, will once again be traditional jazz.

In the past, Hofmann has featured jazz luminaries such as Hank Jones, Diana Krall, Joe Pass, and Kenny Burrell. She says that Jazz in the Park attendance had a healthy

promising. "I didn't know if this was the right time, but the people at the North Park Theatre encouraged me because they see in their own audience numbers that things are turning around a bit."

— Dave Good

## Dope and a Pistol Ad

Seg is not just a name for a local four-piece hardcore punk band. It's short for "administrative segregation" (also known as "the hole"). It's the isolation area you go to if



WELCOME TO YOUR NEW HOME, MISS HOFMANN

average, in the neighborhood of 375–400. At times, she says, it was SRO in the 500-seat venue, and they had to scramble to find extra seating. The Birch North Park Theatre can accommodate up to 700 concertgoers. Is Hofmann concerned about having to manage larger expectations?

"I'm not looking to fill it, per se, just to have a user-friendly arts house in which to have concerts."

So far, Hofmann says that advance ticket sales are

you're bad in prison. It's also where singer-guitarist Ivan Orr wrote many of his lyrics.

"On my first night in jail," says Orr, "I hadn't been in there one hour when all these cops rushed in. A guy had been stabbed 13 times. You get desensitized."

But he says he always had plenty of rage.

"When I was locked up, all the stuff going on inside me inspired me to write the songs we play. I sent all those lyrics home." When he got out in

April after three years in L.A. County jail and then five years in Wasco State Prison in Kern County, he says he had 30 songs in the can. "All of our songs except two or three were written in prison."

Not everyone can relate to Orr's lyrics.

"'Burden Child' is about a kid who goes in and out of prison who sucks off his family. 'Mind Fuck System Shot' is about how our correctional system is shot. About how the correctional officers suck on the tit of the state. They get \$60,000 plus double or triple overtime for being babysitters. They don't do shit. Every time we play that song, I dedicate it to those fools. The amount of money that is spent on prisons is unreal. It's become an industry. There are 180,000 people locked up in 34 California prisons. Inmates who work in prison get paid pennies an hour."

Ad Seg has been together for seven months. Orr reunited with two former bandmates whom he played with in the Antelope Valley bands Fed Up and Ripped to Shreds. "Everybody relocated here."

"I got mixed up selling drugs and guns." He says he shot someone in self-defense who drew a gun on him. "The gun wasn't registered. I didn't call the cops, and I left the scene of the crime." He was charged with manslaughter, reduced from first-degree murder.

Ad Seg regularly plays Fannie's in El Cajon and at guerrilla shows staged by Pyrate Punx at random locations.

Orr, 32, works as a chef

and does auto-detailing. "I'm getting a degree in psychology from Cal State San Marcos. My goal is to get a



"CROOKED IVAN" ORR OF AD SEG

doctorate in clinical psychology. I want to look out for would-be gang-bangers and find out what got them there in the first place."

He will not let up on the

Department of Corrections and Rehabilitation.

"A lot of these prisons are run backwards. Arnold [Schwarzenegger] cut back on rehabilitation. There is no more anger management or Alcoholics Anonymous or counseling, making it impossible for anybody to better themselves if they are so inclined.... When you get out they give you money. It's not uncommon that the first thing most of these guys buy when they are released with their \$200 in gate money is dope and a pistol. Seventy percent [of inmates] end up going back in."

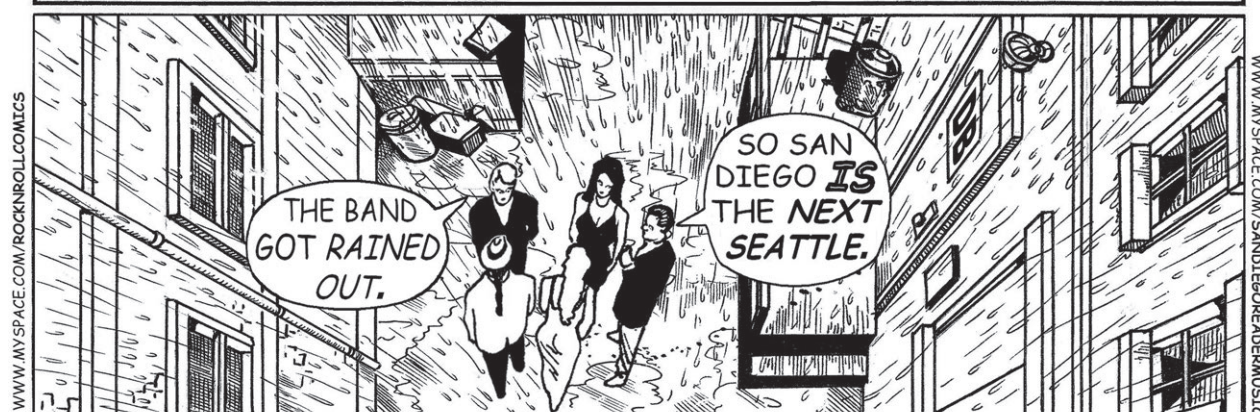
Ad Seg appears January 28 at Ramona Mainstage and February 1 at the Radio Room.

— Ken Leighton

## CONTRIBUTORS

William Crain, Dave Good, Larry Harmon, Ken Leighton, Bart Mendoza, Jay Allen Sanford, David Stampone

## OVERHEARD IN SAN DIEGO: NORMAL HEIGHTS JAY ALLEN SANFORD



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## BLASTING IDIOTS (night)

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FRANKIE DEE

Thursday, February 4 • No Cover

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SATURDAY • JANUARY 30  
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WEDNESDAY • FEBRUARY 10  
ALEC OUNSWORTH  
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FRIDAY • FEBRUARY 12  
YARD DOGS  
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SATURDAY • FEBRUARY 13  
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MADISON BLOODBATH

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Sunday, February 7



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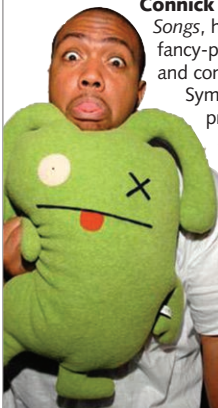


# club crawler

This Week In Music

## Thursday 28

He's got Grammys, he's got Emmys, he's got a velvet croon and a watch-out-for-your-girlfriend grin. This renaissance man-about-town is **Harry**



TIMBALAND AT HOUSE OF BLUES

**Connick Jr.**, and he's bringing *Your Songs*, his umpteenth collection of fancy-pants jazz as both composer and conductor, to Copley

Symphony Hall tonight.... Pop producer **Timbaland** will appear right 'round the bend at the House of Blues in support of his third solo do, *Shock Value II*, a follow-up collaborations collection to his platinum-selling *Shock Value*. The Grammy-winning producer's currently got four singles off the 13-song collection in *Billboard's* Hot 100.... If yer uptown and, let's face, under a certain age, the gig to get to would be **Dead**

**Meat** at Bar Pink. These bicoastal rockers are on a West Coast swing this month. The SanFran-slash-Miami band is a trio that plays provocative psychedelic sludge rock. Check 'em out:

[myspace.com/deadmeatdredbeats](http://myspace.com/deadmeatdredbeats). (Think they've tasted some Scratch Acid?) **Black Hondo's** up first.... And also: indie-pop act **Irradio's** at Soda Bar with **Get Down! to Brass Tacks** and **Marquez**...scatological locals the **Bertos** and Bay Area boy-girl band **Slow Trucks** pull into Radio Room.... And Ruby Room fills an odd-pop bill with **Manuok**, **Confessions of a Corn Silo**, and **By Sunlight**, who are down from Seattle to play a pair here this weekend.

## Friday 29

NYC hardcore crew **Agnostic Front** will play a 30-year anniversary set at Brick by Brick Friday night with O.C. punx **Death by Stereo** and like-minded locals **Systematic Abuse** and **San Deviants**.... Detroit-born, Chicago-basted bluesman **John Lee Hooker Jr.** will rattle glasses at Humphrey's Backstage Lounge. The pipes on this

cat do Dad proud.... Skate-punk throwbacks **Rats Eyes** (ex-Locust, Sirhan Sirhan, Hostile Comover, and Bloodflowers) are playing a freebie at Whistle Stop. Grab the new seven-inch from the merch guy while you're there.... Alt-rock supergroup the **Midnight Rivals** (ex-Lucy's, Rocket, Convoy, and Louis) will be up the street at Bar Pink. They haul in **Drowning Men** to split this damn fine double bill.... The ever-touring **Count Basie Orchestra** checks in at Anthology for two nights. The brassy big band has been blowing since 1955! They're touring with multi-Grammy vocalist **Carmen Bradford**.... The best of the rest: dramatic-pop act **Transfer** stops at Casbah behind their debut *Future Selves*. **Hong Kong** and **Wire Pony** canter in first...House of Blues has punk-pop hits **New Found Glory** and **Saves the Day**...the **Helen Earth Band** headlines an alt-pop bill at Soda Bar with the **Cousins**, **Addison May**, and aforementioned Seattleites **By Sunlight**...while Radio Room dials up a plethora of power pop, featuring SoCal kids **Feel Free**, **Chasing Claymores**, **Crushed on You**, and **Red Devil Squadron**, with lone Zonies **Treasure Mammal**.

## Saturday 30

UCSD campus club Ché Café's Ché Underground will host reunion sets at Casbah inviting back bands of yore **Town Criers**, **Manual Scan**, and a one-off by yet another supergroup, the **Blues**



THE TOWN CRIERS AND THE UNKNOWNNS AT CASBAH

**Gangsters** (ex-Wallflowers, Rockin' Dogs, Answers, and Everybody Violet). And check this out: unconfirmed rumors of the **Unknowns** throwing one down are confirmed right frickin'

here: [cheunderground.com/blog/?tag=mark-neill](http://cheunderground.com/blog/?tag=mark-neill).... Apparently there are early sets to catch, too, if you got zero else to do Saturday, as "Technicolor pogo punks" the **Polysics** from Tokyo take the place at 6p with garage-rockers the **Beaters**. The Beaters got some props from *Stereogum* last week: [stereogum.com/archives/mp3/new\\_beaters](http://stereogum.com/archives/mp3/new_beaters). Go, Beaters!... Up at the Ché proper, it'll be Vegas noise boys the **Caravels** with homers

**Weatherbox** and **Boomsnake**, who are wrapping up a tour behind their latest release. Gig to look forward to has Boomsnake opening for the Thermals next week up at Belly Up.... Soda Bar sets up silky smooth chanteuse **Mia Valentine** ("Yea, obviously I pretty much love the key of F. So.") with **Flowerthief**, the **Mashtis**, and **Queen Guard**.... And a couple of L.A. acts drop in on Bar Pink, as ambient experimentalists **Normandie** share the stage with the hard-rocking **Night Horse**. Talk about your odd couples...

## Sunday 31

Casbah kicks down a 94/9 freebie Sunday night with the return of hard-rock hits **Firethorn**. Get with the takes off of 2008's *Pollution for the Fountain of Youth* for a primer on these guys. (Where've they been since then?) **Heavy Glow**, **Boyscout**, and **Nautical Disaster** will set the Middletown stage, Lucha Libre will be dishing free eats, and the radio gang will be broadcasting from the Atari.... Greenville, SC, death-metal dudes **Nile** flow through House of Blues behind their latest soul-shaker *Those Whom the Gods Detest*. **Immolation**, **Krisiun**, **Rose Funeral**, and **Dreaming Dead** go first.

## Monday 1

From Raleigh in the other Carolina, freak folkie friends of Devendra the **Bowerbirds** alight at the Loft at UCSD. The trio's well-received sophomore set is called *Upper Air* and is out now on Dead Oceans.... Orlando ska quintet **Supervillains** are set to skank up an Anti-Monday meeting at Casbah after reggae-influenced acousticat **Mike Pinto** sets the stage.

## Tuesday 2

Get out to Tower Bar Tuesday night for the homecoming of the **Soft Pack**. The indie-pop four-piece will play a CD-release show in support of their hotly anticipated s/t debut. More here: [pitchfork.com/forkcast/13665-cmon/](http://pitchfork.com/forkcast/13665-cmon/). And get to their Space for fun-times vid "Answer to Yourself," shot at Del Mar Pizza. The **Beaters** will heat it up.... Belly Up books the **Dave Rawlings**



THE SOFT PACK AT TOWER BAR

**Machine**. Guitarist-singer Rawlings is a frequent second-fiddle to Gillian Welch and has been tapped by indie-rock icons Conor Oberst and Ryan Adams. The Machine's first disc, *A Friend of a Friend*, an Americana collection in the Nashville sense, dropped last year to critical acclaim but commercial indifference. Fans of Monsters of Folk and/or Old Crow Medicine Show would do well to give it a spin.

## Wednesday 3

Helluva hump night here, but I'm out of words, so real quick with the headliners: Canadian heavy-metal hangers-on **Anvil** will land on House of Blues. Anyone who saw the '08 doc *Anvil! The Story of Anvil* simply can't not go....

If you missed that flick, let me recommend you see it, or: check out former Dead Milkman **Joe Jack Talcum** at Bar Pink...**Rhett Miller** and the **Serial Lady Killers** will be stalking the Belly Up Bettys...Brit-folk songstress **Laura Marling** visits Casbah...and Brooklyn psych-pop trio **Ultra Violent Lights** shines on Ruby Room.



JOE JACK TALCUM AT BAR PINK

— Barnaby Monk

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# Tim Allen



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# Martin Lawrence



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**Saturday, January 30**  
The Highwayman – Performing  
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Waylon Jennings, Kris Kristofferson  
and Johnny Cash  
8 pm

**Friday, February 5**  
Superfreaks (R&B/Dance hits)  
9 pm

**Saturday, February 6**  
Lee Rocker from the Stray Cats  
8 pm

**Friday, February 12**  
The Backstreet Band (R&B/Dance hits)  
9 pm

**Saturday, February 13**  
Room At The Top – A tribute to  
Tom Petty and the Heartbreakers  
8 pm



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# I Love Flashbacks

*"I would rob Prince blind if I had the coordination."*

**'S**ome people say we sound kind of like groovy '60s music, and some people say we sound kind of like surf punk," says Erica Putis, bassist in the alt-rock trio Recordable Colors.

Putis says that a little over a year ago she and drummer Abe Deleon were in different bands, playing on the same bills.

"Abe and I were sitting at the bar one night before a show, and he said, 'I have this friend, and we'd like to start a side band, and we were wondering if you'd like to check it out because it'd be kinda cool to have a girl in the band.' And I said, 'Okay, why not?'"

The friend was guitarist Dorian Tucker. Putis says the three of them were a good fit from the beginning.

The band has opened for Greg Laswell and performs around town at venues such as the Ken Club and the Soda Bar.

"We played the House of Blues, and it was kind of cool," says Putis. "But there was no sound check, and with six or seven bands playing that night, we were stressed out. They actually have a clock, and if you're not done by a certain time, they just turn off your sound without telling you. They said, 'You have to be finished by 11:25, otherwise your sound will be shut off.'" Did they get cut off? "No, no," she laughs. "We finished early."

Recordable Colors performs at Tin Can Ale House on Friday, January 29.

## WHAT IS THE BAND WORKING ON RIGHT NOW?

**Dorian:** "At the moment we are working on art-work for our CD. This year we are proud to say we've accomplished a lot of things. We have created a website, made a music video, and now we've just finished recording the tracks for our first

full-length album with Christopher Hoffee [Truckee Brothers] at Chaos Recorders."

## WHAT PERFORMERS HAVE SHAPED YOUR STAGE PRESENCE?

**Dorian:** "That's a strange question...come to think of it, aside from my hands and trying to get close to pitch, I'm not sure what the rest of my body is doing up there. I'll have to figure that out sometime. But, if I had the option, I would choose Prince. I would rob him blind if I had the coordination."

**Abe:** "Ziggy Stardust and the Spiders from Mars. They should shape everyone's stage presence."

## IS THERE A COMMON THREAD RUNNING THROUGH YOUR SONGS?

**Erica:** "Well, we all [the band members] come from a different place, and because we all write lyrics and sing, each song is unique. I suppose most musicians have a common thread running through their songs, and they are usually about human emotions that most people can relate to. I assume we are no different."

## IS IT BETTER TO SELL INDIVIDUAL DOWNLOADS ONLINE OR CDS AT A GIG?

**Dorian:** "I've never known much success with either. For one, we are pitiful salespeople...and also I think most people are used to getting their music for free at this point."

**Erica:** "I agree, most people are getting their music for free, and we are trying to figure out how we can work with the changing music scene instead of against it."

## IF MUSIC DOESN'T WORK OUT, WHAT'S PLAN B?

**Abe:** "Star in a reality TV show about the life of



Recordable Colors

PHOTOGRAPH BY MARIA LOPEZ

an antique dealer."

**Dorian:** "I'm not sure that music is the plan A. Of course, it's a passion and a pleasure, but I've never been one to force expectations."

**Erica:** "I have a clothing company called Nuclear Clothing and an event company, IndieGo Park. It's very difficult to make a living off music, so I think it's smart to have other things going on so that you don't feel defeated if music doesn't work out."

## CAN YOU THINK OF A GREAT BAND THAT NEVER GOT CREDIT FOR BEING GREAT?

**Abe:** "The Specials' singer Terry Hall did a band called Fun Boy Three. They put out two albums, and both are underrated genius albums."

## I LIKE TO LISTEN TO VAN HALEN BEFORE LIGHTS OUT. YOU?

**Abe:** "From the Hip, an album by Section 25. It's great for making out as well."

## WHERE DO YOU GUYS SHOP FOR CLOTHES?

**Erica:** "I will shop anywhere, but I don't spend a lot of money, so sometimes that limits my places to shop to thrift stores and the clearance section at Target. But, locally, I love Flashbacks. I find most of the dresses I wear onstage there."

**Abe:** "I'll tell you where I don't shop: Urban Outfitters, American Apparel, H&M, the mall, or any other trendy hipster place." ■

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2/26 :: PAPA RAZZI  
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4/25 :: HIM-ON SALE FRI.,  
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## THIS WEEK'S SHOWS

**AMSDconcerts:** 4650 Mansfield St., Normal Heights, 619-303-8176.  
**Friday, 7:30pm** — Tom Chapin. Folk.  
**Saturday, 7:30pm** — The California Guitar Trio. With Tom Griesgraber. Acoustic/folk. \$18-\$22.

**Anthology:** 1337 India St., Little Italy, 619-595-0300.  
**Thursday, 7:30pm** — Janiva Magness. Blues. \$18.  
**Friday, 7:30pm and 9:30pm,**  
**Saturday, 7:30pm and 9:30pm** — The Legendary Count Basie Orchestra. Jazz. \$32-\$39.  
**Wednesday, 7:30pm** — Otro Mundo. With Rebecca Kleinmann, Mark Lamson, and Julien Cantelm. Latin jazz. \$10.

**The Bailey Wood Pit**  
**Barbecue:** 2307 Main St., Julian, 760-765-3757.  
**Saturday, 8pm** — Bad Landing.

**Bar Pink:** 3829 30th St., North Park, 619-564-7194.  
**Tuesday, 9pm** — Fat Skeleton. Experimental/indie. \$5. 21 and up.

**Beauty Bar:** 4746 El Cajon Bl., Kensington-Talmadge, 619-516-4746.  
**Thursday** — Perfect Blue. With Reni Lane, Ellamae residency, and DJ Miss Lady D. Acoustic/pop/rock/DJ. \$5.  
**Friday** — Synesthetic. With Soday Assassin and Amongst the Lost. Rock. \$5.  
**Wednesday, 8pm** — Stella. With a Dull Science and To Walk the Night. Punk.



New Found Glory, January 29, House of Blues

**Belly Up Tavern:** 143 South Cedros Ave., Solana Beach, 858-481-8140.  
**Thursday, 9pm** — Stranger. With DJ Carlos Culture. Reggae. 21 and up.  
**Friday, 9pm** — Stepping Feet. Dave Matthews tribute band.  
**Saturday, 9pm** — Atomic Punks. A tribute to Van Halen. Covers/rock. \$15-\$17. 21 and up.  
**Wednesday, 8pm** — Rhett Miller. With the Serial Lady Killers. Alternative/indie/rock. \$18-\$20. 21 and up.

**Birch North Park Theatre:** 2891 University Ave., North Park, 619-239-8836.  
**Wednesday, 7pm** — Jazz in North Park. With the Jeff Hamilton trio. \$27.

**BlueFire Grill:** 2100 Costa del Mar Rd., Carlsbad, 800-854-5000.  
**Thursday** — David Patrone. Jazz/lounge.

**Boar Cross'n:** 390 Grand Ave., Carlsbad, 760-729-2989.  
**Thursday** — Nihilist. With Open Wound. Metal. 21 and up.  
**Saturday** — Project Out of Bounds. Reggae. 21 and up.

**Brick by Brick:** 1130 Buenos Ave., Linda Vista, 619-275-5483.  
**Thursday, 7pm** — Sharon Hazel Township. With Rough and Steady, and Simple Green. Reggae/roots. \$10.  
**Friday, 8pm** — Agnostic Front. With Death by Stereo, Systematic Abuse, and San Deviants. Hardcore/rock/punk. \$12-\$14.  
**Saturday, 8:30pm** — Under the Stone. With Streamview, In Every Breath, and Aghori. Hard rock/metal. \$8.  
**Wednesday, 7pm** — Los Hollywood. With Panorama, Los Incontables and Del Amor. Latin. \$10.

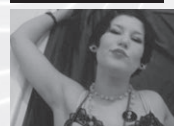
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**UPROOT**  
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**Sat. 30th** Rock/Alternative  
**DEAF ZERO**  
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<b>REGGAE NIGHTS</b> <b>STRANGER</b>  DJ LE CHUD THURSDAY 1/28 • 9 PM	<b>STEPPING FEET:</b> <b>DAVE MATTHEWS</b> <b>BAND EXPERIENCE</b>  ROB CARONA FRIDAY 1/29 • 9 PM	<b>ATOMIC PUNKS</b>  I-90 GENERATOR SATURDAY 1/30 • 9 PM	<b>SUNDAYS</b> <b>SALSA</b>  Orquesta Prima SUNDAY 1/31 • 8 PM
<b>AN EVENING WITH</b> <b>THE DAVE RAWLINGS</b> <b>MACHINE</b>  W/SPECIAL GUESTS TUESDAY 2/2 • 8 PM	<b>RHETT MILLER &amp; THE</b> <b>SERIAL LADY KILLERS</b>  LESLIE & THE BADGERS WEDNESDAY 2/3 • 8 PM	<b>THE MIGHTY</b> <b>DIAMONDS</b>  YELLOW WALL DUB SQUAD THURSDAY 2/4 • 9 PM	<b>FM 94.9 PRESENTS</b> <b>THE THERMALS</b>  THAO WITH THE GET DOWN STAY DOWN BOOMSLAKE SUNDAY 2/7 • 9 PM

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**Fri. 1/29** **OCEAN BEACH COMEDY** with **ARI SHAFFIR**  
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**THE PIMPIN' JOYTIME**

**JERRY JOSEPH & WALLY INGRAM**

**Sat. 1/30** 5-8 PM: **THE CARLOS BLUES EXPERIENCE**  
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**NAKED FUNK**  
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**Sun. 1/31** 8 PM: **THE MATT COOK LIVE SHOW**  
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TONIGHT **OB•O•KE**  
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**Mon. 2/1** 6-8 PM: **Drunk Poets Society**  
An evening of music from the Grateful Dead

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**Tues. 2/2** 6-9 PM: **Think 'N' Drink Trivia**  
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**Wed. 2/3** 4-8 PM: **Dub Master Cue** meets **Seismic Levelers**  
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**UPCOMING:**

2/4: Jacob Fred Jazz Odyssey and Telepath

2/5: Agua Dulce

2/6: Polynesian Underground presents **Hi Roots**, **Tribal Theory**, **Fortunate Youth**

2/10: Garaj Mahal

**TWO NIGHTS!** **THE ENGLISH BEAT**  
Fri, Feb 5th w/ The Lifters  
Sat, Feb 6th w/ .38 Specials Education

**ALO**  
  
STRIPES AND LINES  
THURSDAY 2/11 • 9 PM

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DJ TOMMY COXX  
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FRIDAY 2/12 • 9 PM

**HENRY ROLLINS**  
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WEDNESDAY 2/17 • 8 PM

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2/22 Carnival of Bahia, featuring Trio Electrico Armandinho, Dodo and Omar Band

3/20 Wild Child

3/26 Boogie Nights

**MATINEES**

1/30 Firehouse Swing w/Hi Lo Playboys 3 PM

1/31 Nathan James Blues 4:15 PM

**HAPPY HOURS 5:30 PM**

1/29 The Credentialed **\$5**

2/5 Atomic Groove

**Upcoming shows:**

2/19 Steve Poltz Birthday Bash w/The Rugburns, Steve Poltz & The Cynics and Mojo Nixon	2/28 Raul Malo—seated show	3/12 One Drop
2/20 Platinum Rock Stars w/Damn the Torpedos	3/2 Midlake	3/13 Karl Denson's Tiny Universe
2/21 Brendan Benson	3/3 Galactic feat. Cyril Neville (of the Neville Brothers)	3/17 St. Paddy's Day Bash feat. Lexington Field & Geezer
2/23 Tarrus Riley	3/5 Common Sense	4/21 John Brown's Body & Toubab Krewe
2/24 Dynamite Walls	3/6 Pine Mountain Logs	4/22 Nanci Griffith
2/25 Willie K & Joe Cano	3/7 Laugh for Recovery – Matinee	4/27 Rogue Wave
2/26 Johnny Cash Birthday Party featuring Cash'd Out	3/7 Blind Boys of Alabama	4/30 & 5/1 Dark Star Orchestra
2/27 The Mother Hips	3/9 Stockholm Syndrome	5/13 & 5/14 Groundation
	3/10 Trombone Shorty & Orleans Avenue and The New Master Sounds	5/17 Midnite
		5/23 Kaki King
		5/24 Nada Surf

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**El Camino Country Club:** 3202 Vista Way, Oceanside. *Sunday*, 10am — The Royal Mardi Gras Brunch. With the Phil Burns Trio. Jazz. Traditional New Orleans cuisine and beverages. Silent auction and raffle. \$50-\$65.

**Candelas:** 416 Third Ave., Downtown, 619-702-4455. *Thursday*, 8pm — Romenco. Flamenco fusion/Latin/mariachi. Free.

**Candelas on the Bay:** 1201 First St., Coronado, 619-435-4900. *Saturday*, 6pm — Mark Langford. Latin/Tejano/mariachi. Free.

**The Casbah:** 2501 Kettner Bl., Little Italy, 619-232-4355. *Thursday* — The Apes of Wrath. With Hot Moon and Circus Minor. Alternative/indie-rock. \$8. *Friday* — Transfer. With Wire Pony and Hong Kong. Alternative rock. \$14.

*Saturday*, 9pm — The Che Underground Showcase. With the Blues Gangsters (debut performance), Bart Mendoza, Manual Scan, the Town Criers (20th Anniversary reunion), the Unknowns, and DJ Louis Mello (aka DJ Dirty Bird). Rock/country. \$10-\$12. *Sunday*, 9pm — Heavy Glow. CD-release party. Alternative/blues/soul/rock. Free.

*Monday* — The Supervillians. With Mike Pinto. Acoustic/reggae. \$10-\$12. *Tuesday* — Tiltwheel. With Sunnyside, Breaker One Niner. Punk/alternative/rock. \$5. *Wednesday* — Laura Marling. Folk/pop.

**Chateau Orleans:** 926 Turquoise St., Pacific Beach, 858-

488-6744. *Friday*, 6:30pm — Robin Henkel. Blues/soul. Free.

**Copley Symphony Hall:** 750 B St., Downtown, 619-235-0804. *Thursday*, 8pm — Harry Connick Jr. Blues/jazz/standards. \$55-\$80.

**Dirk's Niteclub:** 7662 Broadway, Lemon Grove, 619-469-6344. *Friday, Saturday* — TNT.

**Downtown Café:** 182 E. Main St., El Cajon, 619-440-5687. *Sunday*, 2:30pm — Open Jam. Blues.

**Dream Street Live:** 2228 Bacon St., Ocean Beach, 619-222-8131. *Friday* — Blues and Southern Rock. With Roxy Blue & the Handful, the Greybeards, and Southern Storm. *Saturday* — Alternative Rock. With One I Red, Bad Craziness, and Soul of the River.

**E Street Café:** 128 E St., Encinitas, 760-230-2038. *Saturday*, 7pm — Jon Swift and Fernando Apodaca. Acoustic/alternative/country. Free.

**El Cajon Grand:** 351 W. Main St., El Cajon, 619-444-0949. *Friday and Saturday*, 9pm — Zone 4. Covers/rock.

**Fannie's Nightclub:** 9143 Campo Rd., Spring Valley, 619-698-2204. *Friday*, 9pm — The 921 Band. Variety. *Saturday*, 9pm — Wickhauser. Rock.

**Friendly Grounds Coffee House:** 9225 Carlton Hills Bl., Santee, 619-249-0519.

# NOTE

BY WILLIAM CRAIN

If there's one story we love, it's the story of a young person who pursues his dream in the face of obstacles — with his money running out, with his family begging him to get a real job, with the public utterly uninterested — until he finally triumphs. And if there's one kind of story we find pathetic, it's that of the middle-aged person who is still hanging on to a youthful dream — who didn't know when to grow up. The two stories seem to contradict each other, but the Canadian metal band **Anvil** represents both. In 2008, the excellent documentary *Anvil!*

*The Story of Anvil* started winning rave reviews. Bandleaders Steve "Lips" Kudlow and Robb Reiner saw an opportunity and started touring along with the film last year, playing a live set in movie theaters after the show. Never mind that the film shows them at some pretty humiliating moments — they knew that they were not going to have a chance like this again. And it worked. They were able to use this newfound attention to get bigger shows than they had played in decades. They turned what could have been a pathetic story into a story of triumph.

How long can Kudlow and Reiner keep this resurgence going? Their current tour was originally going to include a showing of the film, followed by a live set. But on Anvil's website, Kudlow now says he's dropping that idea in or-



der to make the show "all about the music." Only time can tell if that's enough to keep Kudlow and Reiner's dream alive for another 20 years.

**ANVIL: House of Blues, Wednesday, February 3, 7 p.m. 619-299-2583. \$20.**

*Friday*, 7pm — Ricky Ruis. Acoustic. Free.

**Gallagher's Pub & Grill:** 5046 Newport Ave., Ocean Beach, 619-222-5300. *Saturday*, 9pm — Dannicus Live. Acoustic/metal/rock. Free.

**Gaslamp Tavern:** 868 Fifth Ave., Downtown, 619-239-3339. *Sunday*, 8pm — Stella. With a Dull Science and To Walk the Night. Punk.

**The Harp:** 4935 Newport Ave., Ocean Beach, 619-222-0168. *Tuesday*, 7pm — Chet and the Committee. Blues. Free. 21 and up.

**Harrah's Rincón:** 777 Harrah's Rincón Way, Valley Center, 760-751-3100.

*Friday*, 8pm — Aunt Kizzy's Boyz. Blues/rock/soul. Free. *Saturday*, 8pm — Superfreaks. With DJ Van. Covers/pop.

**Hooleys Irish Pub & Grill:** 5500 Grossmont Center Dr., La Mesa, 619-713-6900. *Friday*, 9pm — The Edge. Free. *Saturday*, 9pm — Steelin' Tin. World. Free.

**House of Blues:** 1055 Fifth Ave., Downtown, 619-299-2583. *Thursday*, 8pm — Timbaland. With Honor Society. Hip-hop/rock/alternative. \$35-\$37.

*Friday*, 9pm — New Found Glory. With Saves the Day, Hellogoodbye, and Fireworks. Punk/rock. \$19-\$22. *Saturday*, 8pm — Tainted Love. Covers/rock. \$7. 21 and up. *Sunday*, 8pm — Nile. With Immolation, Krisiun, Abigail Williams, and Dreaming Dead. Metal. \$20-\$23. *Wednesday*, 7pm — Anvil. With the Suicide Chords. Metal/rock. \$20.

**Humphrey's Backstage Music Club:** 2241 Shelter Island Dr., Point Loma, 619-224-3577. *Friday*, 9:30pm — John Lee Hooker Jr. Blues/R&B/jazz.

**La Paloma:** 471 S. Coast Hwy. 101, Encinitas, 760-436-7469.

*Friday and Saturday*, 7:30pm — George Winston. Solo piano. Jazz. \$35.

**Lestat's Coffee House:** 3343 Adams Ave., Normal Heights, 619-282-0437. *Friday*, 9pm — Jordan Reimer and Catherine Feeny. Acoustic. \$8. *Saturday*, 9pm — Joey Degraw. With Josh Damigo and Shane Alexander. Acoustic/blues/soul/pop/rock.

**The Loft:** 9500 Gilman Dr., UCSD, 858-534-8497. *Monday*, 9pm — Bowerbirds. With Julie Doiron. Folk/pop. \$12.

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**John Lee Hooker, Jr.**

Saturday, January 30  
6 pm • Jazz/Rock  
**Thomas Connor**

9:30 pm • Disco & Dance  
**Rising Star**

Sunday, January 31  
8 pm • Smooth Jazz Guitarist  
**Patrick Yandall**

Monday, February 1  
7 pm • Blues  
**Missy Andersen**

Tuesday, February 2  
7 pm • Original Acoustic  
**Songwriters Showcase Competition**

Wednesday, February 3  
8 pm • Sweet Soul Music  
**The Soul Persuaders**

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Saturday, February 13  
**NovaMenco**

Sunday, February 14  
**Presidents' Day Jazz Fest**

Thursday, February 25  
**The Insomniacs**

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**Mandeville Auditorium at UCSD:** 9500 Gilman Dr., UCSD. *Tuesday*, 8pm — Gospel Choir. Gospel. \$15.

**The Marble Room:** 535 Fifth Ave., Downtown, 619-702-5595. *Thursday*, 7:30pm — Mardi Gras Burlesque Show. Burlesque dancers, live comedy, and soulful blues-and-jazz stylings of Missy Andersen. Free. 21 and up.

**McCabe's Beach Club:** 1145 S. Tremont St., Oceanside, 760-439-6646.

*Saturday*, 5pm — Fleetwood MAX. A tribute to Fleetwood Mac. Rock. Free.

**McP's Irish Pub and Grill:** 1107 Orange Ave., Coronado, 619-435-5280. *Thursday* — Jackson/Jesus. *Friday*, 9pm — The Elevators. Rock/covers. *Saturday* — The Stilettos. Rockabilly.

**The Metaphor Café:** 258 East 2nd Ave., Escondido, 760-747-1882. *Sunday*, 4pm — Recollection, Nightmare's Riot, Emancipate, Desolace, Angle Johnson, Panorama, Another Day Away, and Empty Houses. Alternative/metal/hardcore/rock. \$5.

**Milano Coffee Company:** 8685 Rio San Diego Dr., Mission Valley, 619-688-1882. *Thursday*, 8pm — John Batdorf Feature Showcase. Acoustic.

**Molly Malone's:** 1270 Main St., Ramona, 760-789-9050. *Friday*, 9pm — Cory Wilkins. Alternative/rock/blues. *Saturday*, 9pm — Seas of Cheese. With Handgun Heroin. Rock.

**Moondoggies Pacific Beach:** 832 Garnet Ave., Pacific Beach, 858-483-6550.

*Friday*, 7pm — John Hull. With Fabianne. Acoustic. \$10.

**O'Connells Pub and Nightclub:** 1310 Morena Bl., Linda Vista, 619-276-5637. *Friday*, 9pm — Raging Bettie. With London Falling, the Regime, and a Pretty Mess. Punk. \$5.

*Saturday*, 9pm — John Miller & the Payback. With Moxie, Lisa the Lush, and more. Rock.

**Old Time Music:** 2852 University Ave., North Park, 619-280-9035. *Friday*, 7pm — Chris Acquavella. With Nate Jarrell. Classical mandolin and guitar. First 25 reservations receive complimentary CD. \$20. *Friday*, 8pm — Steve Kaufman. Bluegrass. \$20.

**Pala Casino:** 35008 Pala Temecula Rd., Pala, 877-946-7252. *Friday* — Siren's Crush. Dance. *Sunday*, 7pm — Bowerbirds. A tribute to Pink Floyd. Covers/rock. \$25-\$35.

**Patrick's II:** 428 F St., Downtown, 619-233-3077. *Sunday*, 9pm — The Road Dogs. Blues. *Monday* — Chet Cannon & the Committee. Blues/soul, rock. *Tuesday*, 9pm — Jasper and Ain't Misbahavin'. Rock. *Wednesday*, 9pm — Jeff Moore & the Witch Doctors. Blues/rock.

**Point Loma Nazarene University:** 3900 Lomaland Dr., Point Loma, 619-849-2433. *Friday*, 7:30pm — The Mellowtones Jazz Orchestra. Featuring the music of Duke Ellington and Billy Strayhorn. Free.

# NOTE

BY DAVE GOOD

In 1969 **Tom Chapin** was the sound guy on a film crew that spent several months at sea in search of great white sharks. The footage resulted in the spooky nature thriller *Blue Water, White Death*. Director Jim Lipscomb also included footage of Chapin's shipboard singing, from which he culled the movie's soundtrack. *Blue Water, White Death* was the first time an underwater film crew went eye-to-eye with great whites and is said to have inspired Steven Spielberg during the making of *Jaws*. Perhaps this adventure also served to inspire Chapin, who comes from a strong musical family, to take a job later in life as

host of *National Geographic Explorer*.

Tom Chapin started performing in the late 1950s, and since 1976 he has released 20 albums of folk music. His first shot at stardom was with his brothers Steve and Harry. Harry went on to fame and an early grave; he recorded a hit about a taxi driver and another about growing up called "Cat's in the Cradle." Tom Chapin came out of the Greenwich Village folk revival and tried, like many folkies, to carry the Pete Seeger flame — to luke-warm reception. But sometime during the 1980s, Chapin redefined himself and created *Sesame Street*-ish children's music, for which he has received five Grammy nominations.

Simple, effective, and carefree, even Chapin's adult music now comes off like a child's garden of rhymes and verses: "Go away, Sarah Palin, go away/ You've had more airtime than Britney, you're okay/ Your ideas



**TOM CHAPIN**

were unspecific, but your outfits were terrific/ Go away, Sarah Palin, go away/ Pass the torch/ Go on watching Russia from your porch..." You get the idea.

**TOM CHAPIN: AMSDconcerts, Friday, January 29, 7:30 p.m. 619-303-8176. \$20.**

**Pounders:** 125 West Grand Ave., Escondido, 760-739-1288. *Friday, Saturday* — West of 5. Covers/classic rock/rock. Free.

**RT's Longboard Grill:** 1466 Garnet Ave., Pacific Beach, 858-270-4030. *Thursday* — The Pheromones. Blues/rock/soul. *Friday* — Flock of 80s. Covers/pop/rock. *Saturday*, 9pm — The Pheromones. Blues/rock/soul.

**Radio Room:** 3519 El Cajon Bl., Normal Heights, 619-284-3323. *Wednesday*, 8pm — Problem With

Dragons. With Bantamfeather. Punk, rock. \$5.

**Ramona Mainstage Nightclub:** 626 Main St., Ramona, 760-789-7008. *Thursday* — PC 415. Loose Nutts, the Runts, Abject, AD-SEG, and Generation Kill. Metal. *Friday* — Arkaik. With To Violently Vomit (Disgorge), Downspell, Bedlam of Cacophony, Ossification, Perdition, and Imbalanced. Metal. *Saturday*, 7:30pm — Metal Mayhem. With Caustic Felon, Her Bed of Thorns, Off Track, and Peaches Rage. Metal/rock. \$10.

**Rosie O'Grady's:** 3402 Adams Ave., Normal Heights, 619-284-7666. *Saturday*, 9pm — Hugh Gaskins & the G String Daddies. Blues/soul/rockabilly.

**Ruby Room:** 1271 University Ave., Hillcrest, 619-299-7372. *Thursday*, 8pm — Manuok. With By Sunlight and Confessions of a Corn Silo. Acoustic/experimental/noise.

**Schulman Auditorium at Carlsbad City Library:** 1775 Dove Lane, Carlsbad. *Wednesday*, 7pm — International Guitar Night. IGN founder Brian

Gore is joined by some of the world's foremost acoustic guitarists. Acoustic. \$10.

**Soda Bar:** 3615 El Cajon Bl., City Heights, 619-255-7224. *Friday*, 9:30pm — The Helen Earth Band. With By Sunlight, Cousins, and Addison May. Alternative. \$5.

**Soma:** 3350 Sports Arena Bl., Midway District, 619-226-7662. *Friday*, 7pm — Four Year Strong. With Strike Anywhere, This Time Next Year, and Title Fight. Rock.

**Tango Del Rey:** 3567 Del Rey St., Pacific Beach, 858-794-9044.

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Thursday, 6:30pm — Chet and the Committee. Live recording and dance party. Blues.  
 Sunday, 7:30pm — The Sam Johnson Jazz Group. Jazz. \$5-\$10.

**Tiki House:** 1152 Garnet Ave., Pacific Beach, 858-273-9734.  
 Friday — Mississippi Mudsharks. Blues/punk/roots.  
 Sunday — Open Mic.

**Viejas Casino DreamCatcher Show Room:** 5000 Willows Rd., Alpine, 619-445-5400.  
 Sunday, 4pm — Stompy Jones. Swing. Includes dance competition. Free. 21 and up.

**Wine Steals:** 1953 San Elijo Ave., Cardiff, 760-230-2657.  
 Thursday, 8pm — Robin Henkel. Blues/jazz. Free.

## UPCOMING SHOWS

**4th&B:** 345 B St., Downtown, 619-231-4343.  
 February 6 — Lizzy Borden.  
 February 12 — I Love Hip-Hop.  
 February 26 — Scarface.  
 February 28 — W.A.S.P.  
 March 26 — Andre Nickatina.  
 April 19 — Jeff Beck.

**AMSDconcerts:** 4650 Mansfield St., Normal Heights, 619-303-8176.  
 February 6 — Eric Bibb.  
 February 9 — Fred Eaglesmith.  
 February 12 — Chris Smither.  
 February 20 — Jack Tempchin.  
 March 5 — Ellis Paul.  
 March 6 — Incendio.  
 March 12 — Lucy Kaplansky.

March 13 — Berkley Hart.  
 April 17 — Houston Jones.  
 April 26 — Rory Block.  
 May 1 — Neil Innes.

**Anthology:** 1337 India St., Little Italy, 619-595-0300.  
 February 5 — Mark Hummel's Harmonica Blowout.  
 February 10 — Me'Shell Ndegéocello.  
 February 11 — Tommy Emmanuel.  
 February 12 — Al Stewart and Johnny Polanco.  
 February 14 — Anthology House Band: Motown Revue.  
 February 18 — Suzy Bogguss.  
 February 23, February 24 — Al DiMeola.  
 February 25, February 26 — Dave Mason.  
 February 28 — Ray Manzarek.  
 March 3 — Mike Doughty.




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THANK GOD IT'S FRIDAY

San Diego Reader January 28, 2010 101



## Athenaeum Music and Arts

**Library:** 1008 Wall St., La Jolla, 858-454-5872.

February 7 — Classical Piano.

February 10 — Holly Hofmann and Bill Cunliffe.

February 18 — The La Paz Trio.

February 25 — The Eric Vloeimans Trio.

**Balboa Theatre:** 868 Fourth Ave., Downtown, 619-570-1100.

February 28 — David Garrett.

April 11 — Elvis Costello.

April 21 — Monterey Jazz Festival.

**Belly Up Tavern:** 143 South Cedros Ave., Solana Beach, 858-481-8140.

February 4 — The Mighty Diamonds.

February 5 & 6 — The English Beat.

February 7 — The Thermals.

February 8 — Jake Shimabukuro.

February 11 — ALO.

February 13 — Los Lonely Boys.

February 14 — Valentine's Day Ball.

February 18 — The Head Cat.

February 19 — Steve Poltz 50th Birthday Bash.

February 20 — Platinum Rockstars.

February 22 — Trio Eletrico Armandinho.

February 23 — Tarrus Riley.

February 24 — Dynamite Walls.

February 25 — Willie K.

February 27 — The Mother Hips.

March 3 — Galactic.

March 9 — Stockholm Syndrome.

March 10 — Trombone Shorty & Orleans Avenue.

**Birch North Park Theatre:** 2891 University Ave., North Park, 619-239-8836.

February 27 — Arturo Sandoval.

April 30 — Eddie Palmieri.

## EVERYONE'S A CRITIC



### The Bran Flakes: *I Have Hands*

CD Review  
by Mary Leary

*I Have Hands* should appeal to know-it-alls who've "heard everything." The Bran Flakes is a mash-up creature conceived between 'zinesters in 1992. The resulting child is more like Rosemary's baby than the innocent newborn for which most par-

ents pray. At their fiercest, the Flakes convey the visceral creepiness of Little Marcy (the dummy mouthpiece for an evangelical ventriloquist whose recordings were aimed at helpless children). The trick is in how this is made palatable by being mixed with Teletubbie banality and almost-pretty cuts like "I Have a Friend."

Incredibly, the BF's are able to hold attention through this CD's 30 tracks. Some, like the vaguely European roller-rink tones of "Rodeo Butterfly," are odd fun. "Stumble Out of Bed," which samples Dolly Parton, the Osmonds, and Survivor, is more than amusing, satirizing a "normality" once dominating Middle America. And on it goes, through "I Comb My Hair Sideways" and the chilling "You Can Do Most Anything." How can you assess the quality of Track 14, "Do You Want Salad with Your Taco"? I'm just appalled at how long I had to wait for it.

*I Have Hands* reveals how the kid who's characterized as "so quiet and normal" can turn into a serial killer, especially if he or she is left alone for long with the sort of children's media from which the Flakes source.

## Music Reviews from Our Readers

### Oneohtrix Point Never: *Rifts*

CD Review  
by Luke Winkie

The one-man space-ambient project of Daniel Lopatin, Oneohtrix Point Never is more concerned with the background than the foreground. His debut *Rifts* smothers you with arcane haze, apocalyptic drone, and dementia-inducing synth for 27 difficult but rewarding tracks. Like his heroes Aphex Twin and Boards of Canada, Daniel creates electronic music for the

brain rather than the hips. He's unafraid to author dense, claustrophobic, sonic prisons, reveling in the same sort of blackness Nurse With Wound did.

For an album with several songs beyond the seven-minute mark, *Rifts* is surprisingly stripped down; the record focuses on long, immortal sounds. The 17-minute epic "When I Get Back From New York," for all of its grandiosity, is centered by a single gurgling chip-twinkle. Even the historically spastic interludes are fixated on an individual strain of music. It gives the album a delightfully abundant feel, conjuring an image of a Lopatin eagerly moving from concept to concept.

*Rifts* is not an album for everyone, nor does it try to be. It's long, caliginous, and pretty impetrable. But with patience, it comes clear that Oneohtrix Point Never has created something worth unraveling.



\$50 for your concert review, \$20 for your CD review. Submit at [SDReader/critic.com](http://SDReader/critic.com)

May 15 — Poncho Sanchez Latin Jazz Band.

**Brick by Brick:** 1130 Buenos Ave., Linda Vista, 619-275-5483.  
February 4 — Voice in the Dark.  
February 5 — The Last of a Dying Breed.

February 6 — Tripp.

February 11 — NSD Presents Hip-Hop.

February 14 — Bloody Valentine's Day.

February 26 — NSD Presents.  
February 27 — Despite the Wolves.  
March 3 — NSD Presents.

**California Center for the Arts, Escondido:** 340 North Escondido Bl., Escondido, 760-839-4438.  
February 13 — Bobby Caldwell.

February 19 — Richard Elliot.  
February 28 — Keyboard Conversations: Chopin for Lovers.  
April 14 — The Guthrie Family Rides Again.

**The Casbah:** 2501 Kettner Bl., Little Italy, 619-232-4355.  
February 4 — Vivian Girls.  
February 5 — Nomo.  
February 6 — Astra.

February 8 — Langhorne Slim.  
February 9 — The Old In Out.  
February 10 — Alec Ounsworth.  
February 11 — Hotel St. George.  
February 13 — Drag the River.  
February 15 — Chris Shiflett (of the Foo Fighters).  
February 16 — Old Man Markley.  
February 20 — Anya Marina.

**Copley Symphony Hall:** 750 B St., Downtown, 619-235-0804.  
March 3 — Tegan and Sara.

**Cricket Wireless Amphitheatre:** 2050 Entertainment Circle, Chula Vista, 619-671-3600.  
June 4 — Tim McGraw.



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## Music Reviews from Our Readers

San Diego Reader January 28, 2010 **103**



**San Diego Civic Theatre:**  
1100 Third Ave., Downtown, 619-570-1100.  
*May 7* — Celtic Women.

**San Diego Sports Arena:**  
3500 Sports Arena Bl., Midway District, 619-224-4171.  
*February 15* — Tribute to the Reggae Legends.

**Soma:** 3350 Sports Arena Bl., Midway District, 619-226-7662.  
*February 5* — Casino Madrid.  
*February 6* — Emmure Terror.  
*February 10* — Breathe Carolina.  
*February 12* — Abacabb.  
*February 13* — In Fear and Faith.  
*February 19* — Children of Nova.  
*February 20* — Strung Out.  
*February 27* — The Toasters.  
*March 5* — Uneath.  
*March 6* — Scary Kids Scaring Kids.  
*March 7* — Alesana.  
*April 8* — Lights.

**Spreckels Theatre:** 121 Broadway, Downtown, 619-235-9500.  
*April 21* — Pat Metheny.  
*April 24* — Norah Jones.

**Sushi Performance & Visual Art:** 390 11th Ave., East Village, 619-235-8466.  
*February 5* — Steven Schick.  
*March 16* — Scott Amendola.  
*April 6* — Kenny Wollesen.

**Viejas Arena:** 5500 Canyon Crest Dr., SDSU, 619-594-6947.  
*February 12* — 92.5 Old School Valentine's Show.

**Viejas Casino DreamCatcher Show Room:** 5000 Willows Rd., Alpine, 619-445-5400.  
*February 14* — The Fremonts.  
*February 19* — David Sanborn.  
*February 21* — The Royal Crown Revue.  
*February 28* — Hot Rod Lincoln.  
*March 7* — The Stilettoes.  
*March 21* — Campus Five.

**WorldBeat Cultural Center:** 2100 Park Bl., Balboa Park, 619-230-1190.  
*February 12* — Azar Lawrence.  
*February 20* — Here II Here.

## DJ

**How to submit a DJ listing:**  
*Call 619-235-3000 x405, night or day by 5 pm Friday, the week prior to publication. To send weekly or monthly schedules, fax to 619-231-0489 or mail to Reader Music Scene, P.O. Box 85803, San Diego, CA 92186. You may also submit information online, get directions, maps, event alerts, RSS feeds, club coupons, and more at SanDiegoReader.com.*

**Bacchus House:** *Thursdays*, 9pm: Club '80s. With DJs Bryan Pollard and Arzola. '80s/industrial/underground. 3054 University Ave., North Park. 619-299-2032.

**Bar Dynamite:** *Thursdays*, 9pm: Dynamite Thursdays. Sound Selectors Smoovgrooves, Hobbs One, Eclectic, and Thumbprint. Hip-hop/soul/dancehall. 1808 W. Washington St., Mission Hills. 619-295-8743.

**Basic Urban Kitchen and Bar:** *Tuesdays*, 7pm: Basic Tuesdays. Art, fashion, and music. Free. 410 Tenth Ave., East Village. 619-531-8869.

**Beauty Bar:** *Saturday*: DJ War. Hosted by #1Julius. HeadShake, HVC3, Kellen Holt. *Thursday*: Perfect Blue. With Reni Lane, Ellamae residency, and DJ Miss Lady D. Acoustic, pop, rock, DJ. \$5. *Saturday*, 8pm: Hodge Podge. Fashion Trunk show, film viewing, and art show featuring local artists with DJ War, Head\$shake, HVC3, and Kellen Holt. Electronica, dub. \$5. 21 and up. 4746 El Cajon Bl., Kensington-Talmadge. 619-516-4746.

**The Brew House at Eastlake:** *Saturdays*: Brew 30 DJ. Dance. 871 Showroom Pl., Chula Vista. 619-656-2739.

**Café Sevilla:** *Thursdays*, 10pm: DJ New Yo Rican. Salsa. *Tuesdays*, 10pm: DJ Israel. Bachata. 555

# as i hear it

BY BRIAN CARVER

Artist: **The Touchies**  
Song: **"Ur Friendz Suck"** (from [sandiegoreader.com/mp3](http://sandiegoreader.com/mp3))  
Heard by: **Jimmy Wigdahl**, San Diego



Jimmy

It's your average punk song. It has three chords. It's something that you listen to that's fast and makes you want to run around in a mosh pit. Metal is more my preference, but I play guitar and I've had

some punk influences. This seems a little more mainstream than a lot of older punk — more [influenced by] American punk than British punk. The lyrics were about partying — stuff that's pretty punk. It's short and sweet, how punk songs should be. I could see it being played on the radio, like, 94.9. I'd probably give that song a 7 out of 10.

Artist: **The Odd Get Even**  
Song: **"Kinetics"** (from [sandiegoreader.com/mp3](http://sandiegoreader.com/mp3))  
Heard by: **Jerry Guern**, University Heights



Jerry

I couldn't really get into it. It's not something that you just sit and enjoy listening to. It was almost like music for the credits of a TV show. It's sort of like jazz or pop, but they overuse the electronics. They

rely too heavily on them. It seemed like they were letting the electronics do their work for them. It was played well, but it didn't seem like a very difficult piece to play because it was so repetitive. It seemed like they put a lot more work into figuring out what sound they wanted the keyboard to make than composing a complex piece of music. It's all instrumental. I'd give it an average 5 out of 10. It didn't really move me either way.

### TO GET YOUR LOCAL CD HEARD, PLEASE MAIL IT TO:

Music Editor, As I Hear It, San Diego *Reader*, P.O. Box 85803, San Diego, CA 92186-5803

Artist: **Lil' Pizzas**  
Song: **"Neverending Pizza Journey"** (from [sandiegoreader.com/mp3](http://sandiegoreader.com/mp3))  
Heard by: **Cory Davis**, North Park



Cory

It was reminiscent of what is typical for sitcoms or the theme music of a television show. Acoustic music is good for that, it seems like nowadays. Very airy. It has a contemporary component, given

the humorous sample about pizza at the end of the song. It's a love song. It seemed like it would be the theme song for the band, given that they're called the Lil' Pizzas — unless they have pizza references in all their songs. It's hard to say who I'd compare them to. It reminds me of the theme song to *The Wonder Years*. There's some clear differences, but I kind of relate the two for some reason.

Fourth Ave., Downtown. 619-233-5979.

**Camel's Breath Inn:** *Fridays*, *Saturdays*: Live DJ. 21 and up. 10330 Friars Rd., Mission Valley. 619-281-1722.

**Candelas:** *Fridays*: Sessions at 420 Third Avenue. DJ Chris Renzulli and DJ Eric B. Adult/contemporary. 416 Third Ave., Downtown. 619-702-4455.

**Club 67:** *Wednesdays*, 9pm: DJ Power. Electronica. Free. 10109 Main St., Lakeside. 619-443-4100.

**Confidential:** *Fridays*, 10pm: DJ Henry Diaz. With Tone Capone and Omar. Electronic/hip-hop/lounge. 901 Fourth Ave., Downtown. 619-696-8888.

**The Coyote Bar & Grill:** *Saturdays*, 10:30pm: DJ Paul Dumesnil. 300 Carlsbad Village Dr., Carlsbad. 760-729-4695.

**El Cajon Grand:** *Fridays*, 8:30pm: DJ Neko. Spins classic rock. *Saturdays*, 8:30pm: DJ Chuck. Spins classic rock. 351 W. Main St., El Cajon. 619-444-0949.

**Fannie's Nightclub:** *Thursdays*, 8pm: DJ Mick B. Spins hip-hop tunes. *Thursdays*, 9pm: DJ Undaground. With guests Hip-hop/rap/reggae. *Sundays*, 9pm: DJ Demond. '80s/hip-hop/pop. Free. 21 and up. *Mondays*, 9pm: DJ Undaground. With guests Hip-hop/rap/reggae. *Wednesdays*, 9pm: J & Biko. Hip-hop/reggae. 9143 Campo Rd., Spring Valley. 619-698-2204.

**The Flame:** *Wednesdays*, 9pm: Cookies with DJ Dirty Kurty. 3780 Park Bl., Hillcrest. 619-295-4163.

**The Fleetwood:** *Saturdays*: DJ Ramsey. '80s/hip-hop/house. 639 J St., Downtown. 619-702-7700.

**The Flying Bridge:** *Fridays*, 9pm: DJ Ricardo. Reggaeton/salsa. *Saturdays*, 9pm, *Sundays*, 9pm: DJ Waistline. Hip-hop/R&B. 1105 N. Coast Hwy., Oceanside. 760-722-0081.

**Gaslamp Tavern:** *Thursdays*, 8pm, *Fridays*, 4pm, *Wednesdays*, 8pm: C-Phish. 868 Fifth Ave., Downtown. 619-239-3339.

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*Sunday, Jan. 31*  
**DELTA HEAT**

*Monday, Feb. 1*  
**CHET CANNON**

*Tuesday, Feb. 2*  
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*Wednesday, Feb. 3*  
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**TUESDAY: FEBRUARY 2**  
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**Friday, Feb. 5**  
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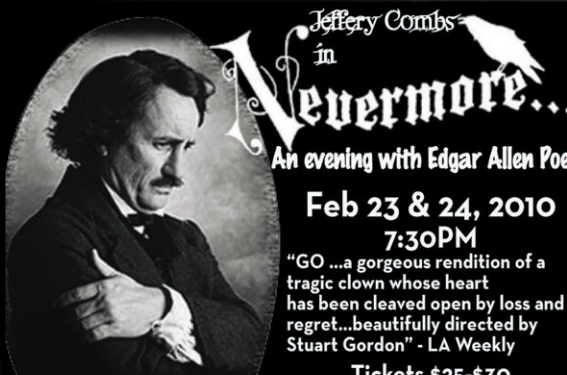
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Saturday, February 6

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Thursday, February 11

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**Harney Sushi:** *Wednesdays*, 9pm: Hot Like Wasabi *Wednesdays*. With DJ Matty A. Electronic. 3964 Harney St., Old Town. 619-295-3272.

**Harrah's Rincón:** *Thursday*, 8pm: Noche Latina. With DJ Don Jose. Electronica, Latin. 777 Harrah's Rincón Way, Valley Center. 760-751-3100.

**Hawthorn's Restaurant:** *Wednesdays*: DJ Kiki. 2895 University Ave., North Park. 619-295-1688.

**Inferno Young Adult Nightclub:** *Fridays*, 9pm, *Saturdays*, 9pm: DJ Kool T. Spins Top 40, techno, and '80s. 15 and up. 775 Metcalf St., Escondido. 760-741-1271.

**Kadan:** *Tuesdays*: Darkwave Garden. With DJ Bryan Pollard, DJ Heather Hardcore, Adamnation, Pet M1. Gothic/industrial. *Wednesdays*: Night Vision. Drum 'n' bass with live MCs. DJ. Free. *Monday*, 9pm: Gimmie Gimmie Gimmie. With DJs Brian Pollard, Adamnation, Barnesey, and Stem. Old-school punk/new wave. Free. 4696 30th St., North Park. 619-640-2500.

**McDini's:** *Tuesdays*, 9pm: '90s Throwback *Tuesdays*. Hosted by Zerland of Pali Roots. 105 E. 8th St., National City. 619-474-6771.

**The Office:** *Sundays*, 10:30pm: Club '80s. Featuring DJs Bryan Pollard, Adamnation, MasterBlaster, and Roxanne Redlight. Industrial/underground.



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**Pacific Beach Bar & Grill:** *Wednesdays*, 10pm: DJ Tony. 860 Garnet Ave., Pacific Beach. 858-272-7278.

**Pechanga Resort & Casino:** *Saturday*: DJ Chachi. \$20. 21 and up. 45000 Pechanga Parkway, Temecula. 951-693-1819.

**Piervue Pub/Bub's Whiskey Dive Bar:** *Mondays*, 6:30pm: Metal *Mondays*. Metal all night long. 301 Pier View Way, Oceanside. 760-757-2827.

**RT's Longboard Grill:** *Mondays*, 9pm, *Wednesdays*, 9pm: DJ Famous Dave. Mixes music videos. 1466 Garnet Ave., Pacific Beach. 858-270-4030.

**Ramada Inn:** *Saturdays*, 9pm: Dance Party. Hip-hip/reggae/dancehall. \$10 after 11 pm. DJ. Free. 5550 Kearny Mesa Rd., Kearny Mesa. 619-596-9777.

**Riley's Music Lounge:** *Tuesdays*, 8pm: Zydeco Dance. Dance lessons at 7 pm. DJ, blues, folk/roots. Free. 2901 Nimitz Bl., Point Loma. 619-255-8635.

**SIN Niteclub:** *Sundays*, 9pm: Reggae *Sundays* at Sin. With DJ Ez Doe, DJ Hektik, and DJ Winston T. Dancehall/reggae/hip-hip/soca. 526



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West F St., Downtown. 619-232-4746.

**Sapphire 18+ Lounge & Hookah:** *Friday*: DJ KA. Spinning old skool, R&B, and Latin. Belly dancers at 11 pm. *Saturdays*, 9pm: Rasta Nation Posse. Reggae. 4076 Bonita Rd., Bonita. 619-470-8000.

**Satin Lounge:** *Thursdays*, 9pm: Hot Latin Beats. Reggaeton, salsa, and merengue. 18 and up. *Fridays*, 8pm: Funky Fresh *Fridays*. Hip-hop/mash-ups. 18 and up. *Saturdays*, 9pm: DJ Dizzy D. Spins hip-hop, old skool, and techno. 18 and up. *Wednesdays*, 9pm: Blazin' 98.9 Night. With guest DJs. 6195 University Ave., College Area. 619-544-1177.

**Seau's:** *Thursdays*, 7pm: DJ FOS. Hip-hop/jazz. 1640 Camino del Rio North, Mission Valley. 619-291-7328.

**Side Bar:** *Thursdays*, 9pm: Ruby *Thursdays*. 536 Market St., Downtown. 619-696-0946.

**Sixty-Seven Bar and Grill:** *Thursdays*: Tattoo *Thursdays*. With DJ Viktor and DJ KB. *Fridays*: DJ Tony Sneeze. Spins Top 40 and hip-hop hits. *Saturdays*: DJ Girth. Spins hip-hop and rock hits. *Sundays*: Soul Glo *Sundays*. With DJ Girth and friends. *Wednesdays*: Beer

Pong. With DJs. 10109 Maine Ave., Lakeside. 619-561-6767.

**Soda Bar:** *Thursdays*, 9pm: Expressway to Yr Skull. Punk/rap/rock. Free. 21 and up. 3615 El Cajon Bl., City Heights. 619-255-7224.

**Static Lounge:** *Saturdays*, 9pm: Club Backbeat. Hip-hop/rap. \$15-\$20. 18 and up. 634 Broadway, Downtown. 619-544-1609.

**Stout Public House:** *Fridays*, 9pm: DJ CC. 1125 Sixth Ave., Downtown. 619-702-7933.

**Tavern at the Beach:** *Thursdays*, 10pm: DJ D-Skwiz. *Fridays*, 10pm: DJ BDP. *Saturdays*, 10pm: DJ BDP. With DJ MIC-E. *Wednesdays*, 10pm: DJ WhO. Hip-hop/rock. 1200 Garnet Ave., Pacific Beach. 858-272-6066.

**Tiki House:** *Tuesdays*, 9pm: Tunes by Joe Marson. Every Tuesday. 1152 Garnet Ave., Pacific Beach. 858-273-9734.

**True North:** *Thursdays*, 10pm: DJ Bacon Bits. *Fridays*: DJ Ramsey. '80s/hip-hop/house. *Sundays*, 10pm: DJ Waly Mayhem. *Mondays*, 10pm: DJ Wonderbread. *Tuesdays*, 10pm: DJ WhO. Hip-hop/rock. 3815 30th St., North Park. 619-291-3815.

**U-31:** *Thursdays*, 8pm: DJ Artistic. With Cros 1. '80s and '90s hip-hop. 21 and up. *Fridays*, 9pm: Feel the Noise. With Gabe Vega and Saul Q. Dance/indie/rock. 21 and up. *Saturdays*, 9pm: Dance Party Mash-Ups. 21 and up. *Sundays*, 9pm: Tribe of Kings. Featuring DJs Jestor, Peril, Dash Eye, Unite, and Rashi. Reggae. 21 and up. 3112 University Ave., North Park. 619-584-4188.

**Whiskey Girl:** *Fridays*, 9pm, *Saturdays*, 9pm: DJ Marc Thrasher. Mixes music videos. *Mondays*, 9pm: U-Call-It *Mondays*. With DJ Marc Thrasher. 600 Fifth Ave., Downtown. 619-236-1616.

**Whistle Stop Bar:** *Sundays*, 9pm: Too Many Creeps. With DJ Mario O and guests. Post-punk. 21 and up. 2236 Fern St., South Park. 619-284-6784.

**The Wit's End:** *Fridays*, 5pm: DJ Artistic. 420 Robinson Ave., Hillcrest. 619-294-4848.

**Xavier's Bar & Grill:** *Thursdays*, 9pm: Almost Famous *Thursdays*. Electro/funk/house. *Fridays*, 10pm: Red Carpet *Fridays*. Dance/top 40. *Saturdays*, 9pm: Special Screening *Saturdays*. Featuring rotating DJs. 750 Fifth Ave., Downtown. 619-233-0500.



**Live Music • Dining**  
**Dancing • Cocktails**

Every Wednesday

**CLASSIC SOUL**  
**& R&B**  
Late Night Dancing

Every Thursday



**KARAOKE**  
(No cover)

Friday, January 29

**VERA'S VEIL**

Saturday, January 30

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Sunday, Jan. 31 • 5 pm  
If you are from Michigan...  
If you have ever been to Michigan...  
Or if you have relatives in Michigan...  
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**All Day & Night**  
**\$3 Personal Pitchers**   
32 oz. Natural Light

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7 pm College Night — \$1 shots all night

 **Monday Madness**  
**\$2 wells & domestics**  
**\$6 steak + 2 sides 5:30 pm**  
Tue./Thur. • **Karaoke** 9 pm-1 am

**Wild on Wednesday —**  
**Live Band Jam**

Friday & Saturday • 9 pm-1 am  
**Live Music — No Cover**  
Jan. 29 Trunk Monkey  
Jan. 30 Misty & The Mobys



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Every Tuesday

**Open Mic Night**

Wednesday Night  
**Reggae Night with**  
**DJ Roger Orange**

Thursday, January 28  
**DJ Fish Fonics • DJ Digital Opinion**  
**DJ Frankie Lektro**

Friday, January 29  
**The Tighten Ups**

Saturday, January 30  
**Ristban**

**Sundays • 8:30 pm**  
**"Karaoke" with Spencer**  
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# HAPPY HOUR

More information about these establishments can be found online at [SDReader.com/drinks](http://SDReader.com/drinks), including driving directions, coupons, and more.

**HOW TO SUBMIT A DRINK SPECIAL:** Call 619-235-3000 x700, night or day by 5pm Friday, the week prior to publication. You may also fax to 619-231-0489, mail to Reader Happy Hours, P.O. Box 85803, San Diego, CA 92186, or submit information online at [SDReader.com/drinks](http://SDReader.com/drinks).

## ALPINE

**Donato's Italian Restaurant:** Monday-Saturday, 4-7pm: \$2.50 domestics, \$3.50 imports & house wine, \$6 Long Islands, \$3 wells.

## BALBOA PARK

**The Prado:** Tuesday-Friday, 4-6pm, 8-10pm: \$3.50 wells, pints, house wine, house margaritas. Lounge only.

## BANKER'S HILL

**Azuki Sushi Lounge:** Every day, 5-7pm: \$5 large Saki, \$5 large Sapporo. \$4 Classic sushi rolls, discounted specialty rolls and appetizers.

**Pizzicato:** Every day, 3-7pm: \$3 pints, house wine; \$6 pizza slice + pint or wine.

## BAY PARK

**Bay Park Fish Company:** Every day, 3-5pm: \$2 fish tacos, 25% off all appetizers, 20% off sushi rolls, 25% off draft beers and wines by the glass.

**Offshore:** Tuesday-Friday, 3-7pm: \$2 domestics, \$3 sangria, well and micro imports, \$5 Tommy Bahama mojitos.

## BONITA

**Sapphire 18+ Lounge & Hookah:** Tuesday, 5-9pm: Two-for-one well drinks. \$4 six-piece chicken wings, falafel, or mozzarella sticks, \$5 small hummus, \$2 six-piece dolmades. All day: 1/2-off hookahs. Wednesday-Saturday, 5-9pm: Two-for-one well

drinks. \$4 six-piece chicken wings, falafel, or mozzarella sticks, \$5 small hummus, \$2 six-piece dolmades.

## CARDIFF

**Beach House:** Every day, 4-7:30pm: \$2.95 draft, domestic. \$3.95 margarita, Bloody Mary, mai tai, house wine.

**Besta-Wan Pizza House:** Every day, 11am-6pm: \$1 pint, glass house wine, \$3 pitcher, bottle of wine, appetizers \$5-\$7.

## CARLSBAD

**The Alley:** Every day, 11am-7pm: \$2.75 wells, domestics.

**Argyle Steakhouse/Golf Clubhouse:** Monday-Friday, 4-7pm: Drinks priced by the hour (4-5pm: \$4, 5-6pm: \$5, etc.), offering wine, beer, premium liquor.

**Boar Cross'n:** Thursday-Saturday, 8-9pm: \$1 Bud & Bud Light.

**The Coyote Bar & Grill:** Monday-Friday, 4-6pm: \$3 wells, beer, margaritas. \$3 off appetizers.

**Karl Strauss Brewing Company:** Monday-Friday, 4-6:30pm: \$3.50 beer.

## CARMEL VALLEY

**Arterra:** Every day, 4-8pm: \$3 snacks, \$10 grilled calamari, \$5 premium drafts, \$6 Arterra wines, \$7 specialty signature collection.

**Tio Leo's:** Monday-Friday, 3-7pm: \$3 pints. \$4 wells, house margaritas. \$5 appetizers.

## CHULA VISTA

**Anthony's Fish Grotto:** Wednesday-Friday, 3-6pm: \$1 off drafts, house wine, margaritas, appetizers.

**BJ's Brewhouse:** Monday-Friday, 3-7pm, 10pm-close: \$1 off beer, cocktails, 1/2-off mini pizza, \$2 off appetizers.

**Black Angus:** Monday-Friday, 4-7pm: 1/2-off well, draft, appetizers.

**El Dorado Seafood & Grill:** Monday-Friday, 4-7pm: \$2 margaritas. \$1.50 tacos.

**Veni Vidi Vici:** Monday-Friday, 5-7pm: \$1 off all drafts, wells.

## CLAIREMONT

**Fat Tony's Pizza:** Thursday, 5pm-close: \$2 Karl Strauss, \$4 taps.

**Viva Vino:** Monday-Saturday, all day: \$.99 domestic beer.

## COLLEGE AREA

**California Kebab:** Every day, 4-8pm: \$2 Heineken, Sam Adams, \$5 Coors Light pitchers, \$6 sangria carafes.

**Cucina Fresca and Sons:** Every day, 3-5pm: \$1.75 domestic beer.

**Marie Callender's:** Monday-Friday, 3-7pm: \$1.95 draft, \$2.50 well, \$3.50 house margarita. 1/2-price appetizers (in bar only). Saturday-Sunday, \$2 Bloody Mary/mimosa w/ purchase.

**Pal Joey's:** Monday-Saturday, all day: \$3 personal pitchers. Sunday, all day: \$3 personal pitchers. 7pm-close: \$1 Kamikaze shots.

**Satin Lounge:** Thursday, 9pm-close: \$1 Bud drafts.

## CORONADO

**Beach 'n' Diner:** Monday-Friday, 3-6pm: \$3 beer, wine. \$2 off shakes, floats, malts, appetizers. All day: \$3 beer of the month.

**Bistro d'Asia:** Monday-Friday, 5-7pm: \$3 domestic beer, \$3.75 draft beer, \$4.50 house wine. \$5-\$7 appetizers, \$1 off hand rolls.

**Brigantine:** Tuesday-Friday, 3-7pm: \$1 off Brig brew, Karl Strauss IPA, featured red and white wines, 4.75 house margarita, \$5.50 house chardonnay, \$5.75 house red wine, \$7.50 Cuervo Gold hand-shaken margarita.

**Lil' Piggy's Bar-B-Q:** Monday-Friday, 3-6pm: \$3 beer, wine. \$1 off appetizers, \$1.50 sliders. All day: \$3 beer of the month.

**Village Pizzeria:** Monday-Friday, 3-6pm: \$3 beer, wine. \$3 slices, 1/2-off appetizers. All day: \$3 beer of the month.

**Yummy Sushi:** Monday-Friday, 3-6pm: \$3 pints, \$4 large hot sake. 20-50% off all appetizers.

## DEL MAR

**Brigantine:** Every day, 4-6pm: \$1 off Kenwood wines; \$5.50 Georgia Peach Mezzacorona, chardonnay; \$4 Alaska white ale, Brig Brew Golden Ale; \$4 house margarita.

**Bully's Del Mar:** Monday-Friday, Sunday, 3-7pm, 10pm-close: \$3 bottle beer, \$3 domestic pints, \$4 micro-brew pints, \$4.50 wells, \$3 house wine by the glass, \$6 wine by glass. 1/2-off appetizers.

**Pacifica del Mar:** Every day, \$1 off all drinks. Discounted bar menu items.

## DOWNTOWN

**400 West:** Monday-Friday, 4-7pm: \$4 domestic, \$5 wells, imported beer, appetizers.

**Asti Ristorante:** Every day, 3-6pm: 1/2-price cocktails & appetizers.

**Athens Market:** Monday-Friday, 3:30-6:30 pm: \$5 appetizer menu, \$4 shots, Jameson, Jack Daniels, Jaggermeister, Jose Cuervo Gold.

**Bandar Fine Persian Cuisine:** Friday, \$6 pomegranate martini. Saturday, \$6 cosmos.

**Bella Luna:** Monday-Friday, 3-6pm: \$5 house wine, 1/2-off appetizers.

**The Bitter End:** Every day, 5-7pm: All drinks, bottles of wine 1/2-price.

**Café Sevilla:** Monday, 5-6:30pm: 1/2-price mojitos. Tuesday, 5-6:30pm: 1/2-price wine bottles. Wednesday, 5-6:30pm: 1/2-price martini. Thursday, Sunday, 5-6:30pm: 1/2-price sangarita. Friday-Saturday, 5-6:30pm: 1/2-price garabato.

**Candelas:** Every day, 5-7pm: All drinks 1/2 price.

**Chianti:** Every day, 4-7pm, 9-11pm: \$5 martinis, house wine. \$6-\$7 appetizers.

## P.B.'s Best Happy Hour

4-8 pm Daily  
& ALL DAY  
Mon. & Wed.!

\$1 Domestic Drafts  
\$2 Import Drafts  
\$1<sup>50</sup> Shots/Drinks  
\$3<sup>50</sup> Appetizers  
\$12 Hookahs  
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**Downtown Johnny Brown's:** Monday-Friday, 3-6pm: \$3 domestic bottled beer, \$3.50 pints of the day. 40% off appetizers.

**The Field Irish Pub and Restaurant:** Monday-Friday, 11am-7pm: \$3 domestics, \$4 imports. Saturday-Sunday, open-5pm: \$3 domestics, \$4 imports.

**La Fiesta:** Every day, 11am-6pm: \$2.50 drafts, \$2.30 domestic bottles, \$3 house margaritas, \$4 frozen mojitos. 3-6pm: \$1.50-\$2 tacos, \$2.50-\$3 Fiesta favorites.

**The Fish Market:** Monday-Thursday, 3-6pm: \$3.75 draft, \$3.95 wells, \$2.95 domestic beer. \$.95 oysters, \$4 fish tacos, \$5.75 mahi mahi sliders.

**The Fleetwood:** Monday-Friday, 5-6pm: \$4 calls.

**Funky Garcia's Mexican Restaurant:** Every day, 3-7pm: 1/2-off all drinks; \$1.50 carne asada and pollo asado tacos.

**Gaslamp Tavern:** Monday-Friday, 3-7pm: \$3 drafts, house wine, wells. Sunday, all day: \$3 drafts, house wine, wells.

**Las Hadas Bar & Grill:** Monday-Saturday, 5-7pm; 10pm-midnight: \$2 Bud Light/Coors Light drafts, \$3 margaritas, wine, wells, sangria. 1/2-off seafood bar and appetizers.

**Horton's Bar & Grill:** Monday-Friday, 4-7pm: \$3 drafts, \$5 wells, \$6 house wine, \$7 margaritas/cosmopolitans; \$7 potato skins/mozzarella sticks; \$7.50 nachos grande/buffalo wings.

**Jsix:** Monday-Friday, 5-8pm: 1/2-price wine by the glass, \$2 off bottle & draft beer, including local brews.

**The Local:** Monday, 4pm-close: \$3 Bud Light, Miller Lite. \$6 burgers. Tuesday, 4pm-close: \$3 Corona, Pacifico, Dos Equis. \$2.50 chicken/steak tacos. \$3 lobster/fish tacos. Wednesday, 4pm-close: \$10 big pitchers. \$2 BBQ pork slider, corn dogs. Thursday, 4pm-close: \$3 Jäger, wells, drafts, bottled beer. \$3 lobster tacos. Friday, 3-7pm: \$1 off wells, wine, drafts. Saturday, 8-10pm: \$5 premium liquors.

**McCormick & Schmick's Seafood Restaurant:** Every day, 3-7pm; 9-11:30pm: Wine and drink specials; 1/2-lb. cheeseburgers \$2.95, other \$1.95 specials.

**O'Brothers:** Every day, 3:30-6:30pm: \$3 bottled beer, \$5 glass of wine. \$7 sliders with fries.

**Patrick's II:** Every day, 10am-8pm: \$2.50 bottle beer, \$3 wells, Bud Light pints, \$4 calls, margaritas, Bloody Marys.

**RA Sushi:** Monday-Saturday, 3-7pm: 1/2-off select sushi & appetizers; \$1 hot sake, \$2 domestics, \$3 wells, imports, \$4 specialty cocktails and wine, \$5 Kinn with sake.

**Rockin' Baja Lobster:** Monday-Friday, 3-6pm: \$3.50 margaritas. \$4 Long Islands. \$3-\$5 drafts.

**Sally's Seafood on the Water:** Monday, 2:30-5:30pm: \$3 local beer on tap. Tuesday, 2:30-5:30pm: \$4 margaritas, \$3 Mexican bottled beers. Wednesday, 2:30-5:30pm: \$3 hot sake, \$3 Japanese bottled beers. Thursday, 2:30-7pm: \$3 drafts, \$5 wells/house wine.

**San Diego Wine and Culinary Center:** Tuesday-Saturday, 5-8pm: \$5 house wine, wells, \$7 Christopher's Cuvee, 12-9pm: tasting flights.

**Stage Saloon:** Every day, 5-8pm: 1/2-off all wells, beer, wine.

**Tabule:** Every day, 5-6pm: 1/2-off all drinks and appetizers.

**Taste & Thirst on Fourth:** Monday-Saturday, 3-8pm: All drinks two-for-one.

**Tivoli Bar:** Every day, 4-7pm: \$1 off pitchers, \$.50 off liquor.

**Tom Ham's Lighthouse:** Monday-Friday, 4-6pm: \$3 house wine, domestic/import.

**Xavier's Bar & Grill:** Tuesday-Saturday, 4-8pm: \$3 wells, drafts. \$2 off wine. \$2 off appetizers.

**Yard House:** Monday-Friday, 3-6pm: \$3.50 domestic pints, \$4 craft/import pints, \$4.50 goblets, \$4.25 wells, \$5.75 house martinis, \$2 off wine by the glass. \$6.50 sliders, 1/2-off select appetizers & pizzas.

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\$12 Hookahs  
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11 am-8 pm daily

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**ROYAL DIVES**

Thursday, Jan. 28  
**Hula Guns**

Friday, Jan. 29 • 9 pm  
**Silent Comedy**  
**Trouble in the Wind**  
**The Howls**

Saturday, Jan. 30 • 9 pm  
First show in 9 years  
**Helvis and the Helvettes**  
**Sound System**

Open Mic Tuesdays  
with this week's host  
**Zack Carpenter**

Friday, Feb. 5  
**Jaguar Love**  
**(ex-Blood Brothers)**

Friday, Feb. 12  
**Joey Harris and the Mentals**

Happy Hour 3-7 pm  
and all day Sunday  
\$2 domestic drafts

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AFTER NINE YEARS... FIRST AND ONLY APPEARANCE

**SOUND SYSTEM**  
**THE LOADED**

SATURDAY • JANUARY 30TH

**ROYAL DIVES**



# HAPPY HOUR

## EAST VILLAGE

**Hive Sushi Lounge:** *Every day, 5-7pm:* \$2 domestic, \$4 micro, \$2.50 sake, \$3.50 well, \$4 house wine. Miso, edamame, \$.99.

**Jewel Box:** *Monday, 5-7pm:* \$2 PBR drafts. *Wednesday, 6pm-2am:* \$5 Jäger bombs & happy hour all night w/military ID. *Thursday, 8pm-2am:* Industry Night. \$3.75 calls.

## EL CAJON

**The Broken Pinata:** *Wednesday-Sunday, 11-6pm:* \$2 wells, \$3 drafts.

**Double D's on Broadway:** *Every day, 10am-noon, 4-7pm:* \$2.50 domestics, \$.50 off mixed drinks, \$1 off shots.

**Flinn Springs Inn:** *Monday-Friday, 4-6pm:* \$2 domestic drafts, \$2.25 domestic bottles, \$3 wells. *Saturday, 5-9pm:* \$14.99 prime rib dinner. *Sunday, 4-9pm:* Kids eat free.

## ENCINITAS

**Bullpen Pub & Grill:** *Monday-Friday, 2-7pm, 10pm-2am:* \$1 off draft beer, \$3 off pitcher, \$2 off wine.

**Savory:** *Monday-Thursday, Sunday, 5-6pm:* 30% off food & beverages in the bar & lounge area. *Friday-Saturday, 5-6pm, 9-10:30pm:* 30% off food & beverages in the bar & lounge area.

## ESCONDIDO

**Brigantine:** *Tuesday-Saturday, 3:30-7pm:* \$2-\$9 appetizers, \$1 off draft beer, \$4.75 house margarita, \$5 red wine, \$7 Krista vodka cosmo, \$7.50 Brig hand-shaken margarita.

**Holiday Wine Cellar:** *Monday, 5:30-7:30pm:* \$5 for five wine tastings.

**Tango Restaurant & Lounge:** *Every day, 4-7pm:* \$1 off all drinks; 1/2-off bar menu.

## GOLDEN HILL

**Turf Supper Club:** *Friday-Sunday, 12-4pm:* \$5 lunch: 1/2-lb. burger, chicken sandwich, or two Louisiana hot links + bag of chips. 12-4pm: \$1 off all beer/wine/spirits. All day: \$1 off sirloin steaks, surf and turf.

## GRANTVILLE

**Tio Leo's:** *Monday-Friday, 3-7pm:* \$3 pints, \$4 house margaritas, wells, \$5 appetizers.

## HILLCREST

**Baja Betty's:** *Monday-Friday, 2-6pm:* \$3 draft, house margarita, well, house wine, sangria, \$3 quesadilla.

**Bangkok Thai Bistro:** *Every day, 4-7pm:* 1/2-off wine, beer, appetizers.

## KEARNY MESA

**94th Aero Squadron:** *Monday-Friday, 3:30-6:30pm:* \$2.75 Bud Light on tap, \$3 wells. *Saturday-Sunday, 1/2-price* bottles of wine.

**Churasan:** *Monday, Monday night football special:* \$4 hot dog, garlic fries, small beer. *Tuesday-Friday, 5-8pm:* \$4 large Japanese beers. \$3 appetizers. *Sunday, Sunday football special:* \$4 hot dog, garlic fries, small beer.

**Khan's Cave Grill & Tavern:** *Monday-Friday, 3-6:30pm:* \$1 off draft, \$1 off glass of wine. *Saturday, 3pm-close:* 1/2-off bottles of wine.

**Pampas Argentine Grill:** *Tuesday-Saturday, 5-7pm:* \$3 beer/wells. \$4 margaritas/wine specials. \$2.50 empanadas (bar only).

**Shogun Kobe Restaurant:** *Monday-Friday, 3-7pm* (sushi bar only): 30% off sushi and rolls (excludes sea urchin, giant clam, toro & cocktails). 30% off sake and beer.

## KENSINGTON-TALMADGE

**Kensington Cafe:** *Every day, 3-7pm:* \$3 all beers, \$4-\$5 all glasses of wine, all tapas under \$5.25.

**The Kensington Club:** *Every day, 10am-6pm:* \$2.50 wells, drafts, domestic bottles.

**Kensington Vine:** *Monday-Friday, 3-6pm:* \$5 fine wine. \$5 appetizers.

## LA JOLLA

**Aloha Sushi Hawaiian Grille:** *Every day, 4-6:30pm:* \$2.50 small saki, \$4 large saki, \$1.95 select hand rolls, \$3 cucumber roll, \$3.50 California, spicy tuna, veggie roll.

**Clay's La Jolla:** *Every day, 4-7pm:* \$3 drafts, \$4 wells, \$5 sangria, \$6 house wine.

**Karl Strauss Brewing Company:** *Monday-Friday, 4-6:30pm:* \$3.50 beer.

**La Jolla Brew House:** *Monday-Friday, 3-7pm:* \$3 wells, house drafts, \$4 house wine. \$5 premiums.

**Lupi Italian Restaurant:** *Tuesday-Sunday, 5-7pm:* \$3-\$5 martinis, beer, wine. Free doggie treats.

**The Melting Pot:** *Every day, 5-7pm:* 1/2-off cheese fondue, salads, chocolate fondue.

**Roppongi:** *Every day, 3-6pm:* 1/2-off Asian tapas & sushi rolls.

**La Sala:** *Monday-Friday, Sunday, 4-7pm:* \$3 bottled beer, \$4 drafts. \$5 house wine. \$7 specialty cocktails.

**The Shores Restaurant:** *Monday-Friday, 4-6pm:* Five for \$5 menu food/drink specials. *Sunday, 3-7pm:* \$7 glass, \$25 pitcher red/white sangria.

**The Steakhouse at Azul:** *Monday, 4-9:30pm:* \$1 off all beers, \$2 off all wines by the glass, \$6 Appletinis, Lemon Drops, Cosmopolitans, margaritas. 1/2-off all lounge, patio appetizers. *Tuesday-Sunday, 4-7pm:* \$1 off all beers, \$2 off all wines by the glass, \$6 Appletinis, Lemon Drops, Cosmopolitans, margaritas. 1/2-off all lounge, patio appetizers.

**Su Casa:** *Monday-Friday, 5-7pm:* 1/2-off wells; 1/2-off appetizers (excludes seafood & guacamole).

**Sushi on the Rock:** *Every day, 5-6:30pm:* \$2 hot sake, Coors Light, \$3 cold sake, \$4 Soju spritz, \$5 house wine. \$1.75 vegetarian roll, spicy krab roll, \$2.75 spicy tuna roll.

**Whaling Bar & Grill:** *Monday-Friday, 4-7pm:* \$3 bottled beer, \$4 drafts. \$5 house wine. \$7 specialty cocktails.

## LA MESA

**Anthony's Fish Grotto:** *Monday-Friday, 3-6pm:* \$1 off drafts, house wine, margaritas, appetizers.

**Hooleys Irish Pub & Grill:** *Every day, 3-7pm; 10pm-close:* \$1.50 off drafts, \$1 off all mixed drinks, bottled beers, glass of wine.

**Tarroz Sports Bar:** *Monday, Wednesday-Sunday, 2-7pm:* \$2.50 domestic beer, tequila shots, \$3 imported beer, \$4 premium drafts.

## LAKE SIDE

**Coach Stop:** *Monday-Friday, 9am-12pm, 4-7pm:* \$2.50 large drafts, domestic bottles. 7-11pm: \$1.50 12-oz. drafts, \$6.50 60-oz. pitchers.

**Coo Coo Club:** *Every day, 6-8pm:* \$2.75 wells, domestic bottles & drafts.

## LEUCADIA

**Bar Leucadian:** *Monday-Friday, Sunday, 4-7pm:* \$2.75 wells. \$2.50 domestics. \$3 Corona, Pacifico, Imperial.

**The Calypso Café:** *Every day, 5:30-7pm:* \$4 wells, sangria, margaritas. \$4 house wine. \$3.50 beer.

## LINCOLN PARK

**L & L Hawaiian BBQ at Market Creek Plaza:** *Monday-Friday, 4-8pm:* \$2 domestic drafts. \$1 off appetizers. *Sunday, all day:* \$1 drafts. \$1 tacos & wings.

## LINDA VISTA

**Brick by Brick:** *Every day, 3-6pm:* \$2.50 house wine. 1/2-off beer.

**The New Morena Club:** *Every day, noon-7pm:* \$2 domestic drafts, \$2.50 domestic bottles, wells.

**Tio Leo's:** *Tuesday-Friday, 5-7pm:* \$3 wells, domestic drafts. \$4 margarita (keep shaker).

## LITTLE ITALY

**Anthology:** *Tuesday-Friday, 5:30-7pm:* \$6 wells, wine, feature beer, martinis, margaritas. \$4-\$8 appetizers.

**Fat City Steakhouse:** *Monday-Friday, 4-7pm:* \$2 drafts, \$3 wells, \$4 wine. 50% off appetizers.

**Puerto la Boca:** *Monday-Saturday, 4:30-7:30pm:* \$3 glass of house wine, \$3.50 draft beer, well drinks, \$6 house martini. 30% off appetizers. *Sunday, noon-close:* \$3 glass of house wine, \$3.50 draft beer, well drinks, \$6 house martini. 30% off appetizers.

## MIDWAY DISTRICT

**Brick Alley Bar & Grill:** *Every day, 3-7pm, 9pm-close:* \$1 off pints, \$2 off tall beers.

**Desi N' Friends Bar and Grill:** *Monday-Friday, 2-7pm:* \$2 well drinks, domestic beers. 11pm-midnight: \$3 draft.

## MIRA MESA

**Bamboo Hut:** *Every day, 3-6pm:* Buy a large beer, get a small house sake free. \$2.75 small beer, \$3.25 glass house wine.

**Mira Mesa Lanes:** *Monday-Friday, 3-6pm:* \$2 domestic pints, \$7 pitchers. \$3 import pints, \$10 pitchers. \$2.50 wells. \$3.50 chicken strips, chicken wings.

## MIRAMAR

**Abbey's Real Texas Bar-B-Q:** *Monday-Friday, 4-6pm:* \$2.49 small sandwich, \$1.99 hot link, \$2.49 pint Bud, \$2.99 hefeweizen, shiner bock house pale.

**Excaltibur Cigar Lounge & Wine Bar:** *Monday-Friday, 3-6pm:* \$3 select pints, \$5 house wine.

**The Filling Station:** *Monday, 7pm-close:* \$4 margaritas. *Tuesday, 7pm-close:* \$2 kamikazes. *Wednesday, 7pm-close:* \$3.50 premium drafts. *Thursday, 7pm-close:* \$2 wells, domestic beers, \$6 domestic pitchers. Free pool. *Saturday, noon-7pm:* \$3 mimosas. *Sunday, noon-7pm:* \$3 Bloody Marys.

## MISSION BEACH

**Coaster Saloon:** *Friday, 10pm-close:* \$2 wells, all drafts.

**Guava Beach Bar & Grill:** *Monday-Friday, 4-7pm:* 2-for-1 cocktails, beer, shots. *Saturday-Sunday, 12 Bionic Beavers, \$2.50 kamikazes, \$8 Bud/Bud Light pitchers.*

## MISSION HILLS

**The Aero Club:** *Monday-Tuesday, Thursday-Sunday, 2-7pm:* .50 cents off beer. *Wednesday, 2-7pm:* \$4 drafts, \$3 bottles.

**Bar Dynamite:** *Monday-Saturday, 5-9pm:* \$2 domestics bottles and drafts, \$3 wells. Free food from Lucha Libre Taco Shop.

**Shakespeare Pub & Grille:** *Every day, 4-7pm:* \$4.95 all imported 20 oz. draught beers, \$3.75 well drinks, \$1 off all bottled beers and house wines by the glass.

**Starlite:** *Monday-Saturday, 5-7pm:* \$3 drafts, wells, \$1 off other. *Sunday, all night:* \$5 mules. \$15 off wine bottles.

## MISSION VALLEY

**950 Lounge:** *Wednesday,* \$3 wells, beer, house wine.

**All American Grill:** *Monday-Friday, 4-7pm:* \$3.75 selected craft beers, \$5 specialty drinks, \$2 off wine by the glass and grazing menu.

**Bully's East:** *Monday-Friday, 4:30-7pm, 10pm-close:* \$2.50 domestic, draft; \$3.50 wells, \$5 wine: chardonnay, merlot, Jacobs Creek cabernet.

**The Little Fish Market Restaurant:** *Every day, 4-6pm, 8:30-close:* \$4.25 fish tacos, \$3.75 spicy tuna roll, \$4.50 Cajun shrimp skewers.

## NATIONAL CITY

**Café La Maze:** *Tuesday-Friday, 4-6pm:* \$1 off all drinks; 1/2-off appetizers in the bar.

**McDini's:** *Monday-Friday, 5-7pm:* \$2 off domestic pitchers, \$3.50 wells.

## NORMAL HEIGHTS

**Air Conditioned Lounge:** *Monday-Friday, 4-8pm:* \$3 draft, Bloody Marys, \$5 you call it, \$6 Jayne's Gastropub fare.

**Triple Crown Pub:** *Saturday, noon-5pm:* \$1 off all pints, \$2 off beer pitchers. *Sunday, noon-2am:* \$1 off all pints, \$2 off beer pitchers.

## NORTH PARK

**Crazee Burger:** *Every day, 3-6pm:* \$2.99 drafts, \$15 pitchers of beer, \$3.99 select glasses of wine. \$2.99 bratwurst, \$3.99 turkey burger.

**Lips:** *Sunday,* \$5 homojitos. \$10 build-your-own tacos.

**The Office:** *Every day, 5-8pm:* 2-for-1 prices on all drinks.

**Redwing Bar & Grill:** *Monday-Thursday, 11am-6pm:* \$2.75 wells, domestic bottles. *Friday-Sunday, 10am-6pm:* \$2.75 wells, domestic bottles.

**Toronado:** *Monday, 11:30am-5pm:* \$1 off drafts. *Tuesday-Sunday, 11:30am-5pm:* \$1 off drafts.

**West Coast Tavern:** *Every day, 4-7pm:* \$1 off all drinks. Five menu items for \$5 each.

## OCEAN BEACH

**The Arizona Bar:** *Every day, 4:30-6:30pm:* \$3 house wines, 20-oz. domestics, microbrew pints, wells, 1/2-off all pitchers. \$3 food specials.

**Dream Street Live:** *Tuesday-Saturday, 4-6pm:* \$2 wells, domestic pints. \$4 Guinness pints.

**Portugalia:** *Tuesday-Sunday, 10pm-1am:* \$3 domestic beer, \$5 wine; \$4-\$10 food specials.

**The Vine:** *Every day, 4-6pm:* 1/2-price entire wine and specialty beer list.

**Winstons:** *Monday-Saturday, 1-8pm:* \$3.50 wells. \$1 off all beer/wine.



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## OCEANSIDE

**333 Pacific:** *Every day*, 4-7pm, 9-10pm: \$7 vodka cocktails (100+ types of vodka). \$7 appetizers (calamari, oyster trio, Caesar salad).

**Harney Sushi:** *Thursday*, \$5 specialty cocktails.

**PCH Sports Bar & Grill:** *Every day*, 4-7pm: \$2 domestics, \$1 off premiums, \$3 house wines.

**Pierview Pub/Bub's Whiskey Dive Bar:** *Tuesday*, 4-7pm: \$2 cans of Tecate.

**Rockin' Baja Lobster:** *Monday-Friday*, 3-6pm: \$3 pints, wells, \$4 wines, margaritas, \$5 Long Islands, 25-oz. drafts. 1/2-off starters. *Saturday-Sunday*, 9pm-close: \$3 pints, wells, \$4 wines, margaritas, \$5 Long Islands, 25-oz. drafts. 1/2-off starters.

## OLD TOWN

**Acapulco Mexican Restaurant:** *Monday-Friday*, 4-7pm: 1/2-price appetizers, \$1 soft taco, \$3 draft beer, \$3.50 well, house wine, \$3.95 house margarita.

**Fred's Mexican Cafe Old Town:** *Monday-Saturday*, 4-7pm: \$3 12-oz. house margaritas, \$5 20-oz. house margaritas, \$2.50 14-oz. domestic drafts, \$3.50 20-oz. domestic drafts.

**Harney Sushi:** *Wednesday*, \$5 specialty cocktails.

## PACIFIC BEACH

**710 Beach Club:** *Monday-Friday*, 1-7:10pm: \$7.10 beer & shot. *Saturday-Sunday*, 12-7pm: \$7 pitchers.

**Bare Back Grill:** *Monday-Friday*, 3-6pm: \$3 Miller Lite, amber ale, well drinks.

**Big Kahuna's:** *Monday-Friday*, 3-7pm: \$2.50 beer, wine.

**Costa Brava:** *Every day*, 4-7pm: 1/2-price sangria, 1/2-price tapas.

**The Dog:** *Monday-Thursday, Sunday*, \$6 pitchers.

**Miller's Field:** *Monday-Friday*, 3-7pm: \$1 wells. \$2 street tacos.

**Moondoggies Pacific Beach:** *Tuesday-Sunday*, 3-7pm: \$2 wells, house wine. \$3 imports, microbrews. \$2 off all drafts.

**Moray's Lounge:** *Every day*, 4-7pm: \$2.50 drafts, \$3.50 wells, \$4.50 house wine. 4-6pm: \$4 appetizers: spicy chicken wings, fried calamari, potato skins.

**Pacific Beach Ale House:** *Monday-Saturday*, 3-6pm: \$3 drafts, wells, house wines. 1/2-price appetizers.

**Pacific Beach Bar & Grill:** *Tuesday*, \$2.50 Mexican bottled beer, \$3 frozen margaritas. *Wednesday*, \$2 off all drinks, \$2 beers. *Thursday*, 8pm-close: \$2 wells, drafts, 1/2-price drinks. *Friday*, 3-10pm: \$2 drafts, wells, 1/2-price drinks. *Saturday*, 4-10pm: \$3 wells, wine, drafts.

**Sinbad Café:** *Every day*, 4-8pm: \$1 drafts, \$1.50 wells, shots, \$2 imports. \$3.50 appetizers. 11am-8pm: \$12-\$15 hookahs.

**Society Billiard Cafe & Bar:** *Monday, Wednesday*: \$3 wells/Bud Light pints, \$4 flavored Smirnoff, premium draft pints, Herradura tequila shots, margaritas, sunrises. \$6 small pizzas. *Tuesday, Thursday*: \$8 12-oz. bottle of beer and a shot, \$3 pints of Bud Light. \$4 appetizers. *Friday, Saturday*, noon-10pm: \$3 Bud Light pints, \$4 flavored Smirnoff, premium draft pints. All appetizers \$4. *Sunday*: \$3 wells/Bud Light pints, \$4 flavored Smirnoff, premium draft pints, Herradura tequila shots, margaritas, sunrises. All appetizers \$4. *Every day*, noon-7pm: Free pool when you spend \$10 on food/drink per person. Free Wi-Fi.

**Tavern at the Beach:** *Monday-Saturday*, 12-7pm: \$3 drafts, bottles, wells, wine. *Sunday*, 12-7pm: Industry Night: \$3 domestic beers, \$2 make your drink a double, \$3 calls for industry. Pay stub required.

**Tony Roma's:** *Monday-Friday*, 4-6pm: \$2 house margaritas, Long Island Iced Teas, \$3 wells, draft beer. Appetizer specials.

**The Turquoise, Café-Bar Europa:** *Monday-Thursday, Sunday*, 5-7pm: \$3 cask wine, sangria, draft. \$3 tapas selection.

## POINT LOMA

**The Boathouse:** *Every day*, 2:30-5pm: \$1.99 house margaritas (\$3 Cuervo Gold), \$3 beer of the month, \$4 wine of the month.

**Brigantine:** *Every day*, 4-7pm: \$2-\$9 appetizers; \$4 Brig brew, Alaskan amber ale, house champagne; \$5 featured cabernet; \$7 Brigantine 40th anniversary chardonnay, featured cabernet; \$7.50 margarita, pomegranate margarita.

**C-Level:** *Monday-Friday*, 3:30-5:30pm: \$3.50 Bud Light, Karl Strauss, Stone IPA, \$5 specialty drinks, wells, house wine. \$5 crispy calamari, ahi tuna poke, steamed Fox River mussels.

**Extreme Pizza:** *Monday*, all day: \$1.50 domestic drafts. *Tuesday*, \$6 wine carafes, beer pitchers. *Wednesday*, \$5.50 wings night. *Thursday*, 3-6pm; 8-10pm: 1/2-off any pizza. *Friday*, \$18 large pizza and pitcher of beer. *Saturday*, \$2 bottled beer of the month. *Sunday*, \$5 domestic beer pitchers.

**Humphrey's Backstage Music Club:** *Every day*, 5-7pm: 1/2-off all drinks & menu items. Excludes holiday/concert nights.

**Paradise Lounge and Grill:** *Monday-Friday*, 3-7pm: \$2.50 well drinks, domestic bottles, \$6.50 domestic pitchers. 8-9:30am: 1/2-off breakfast. *Saturday*, 3-7pm: \$2.50 well drinks, domestic bottles, \$6.50 domestic pitchers. *Sunday*, all day:

\$2.50 well drinks, domestic bottles, \$6.50 domestic pitchers.

**Pete's Grill:** *Every day*, 4-7pm: \$2.50 Bud drafts, \$3 microbrew drafts, house wines. \$0.99 sliders, \$1.99 fish tacos, \$5.99 for a 1/4-lb. burger, fries, small soda or Bud draft.

**Point Loma Sports Grill & Pub:** *Monday-Friday*, 4-7pm: 1/2-price appetizers.

**Riley's Music Lounge:** *Monday*, 4-7pm: \$4 calls. *Tuesday, Sunday*, 4-7pm: \$2.50 pints. *Wednesday*, 4-7pm: \$4 Jäger bombs. *Thursday*, 4-7pm: \$3 kamikazes, \$4 Jäger bombs. *Friday*, 4-7pm: \$3 calls. *Saturday*, 4-7pm: \$5 Long Island/Long Beach.

## POWAY

**Brigantine:** *Every day*, 3-6:30 pm: \$3-\$9 appetizers, \$1 off draft beer, \$3.50 champagne, \$4.75 house margarita, \$5.75 chardonnay, red wine, \$7.50 Cuervo Gold hand-shaken margarita.

**Kaminski's BBQ & Sports Bar:** *Monday, Wednesday-Friday*, 3-6pm; 9-11pm: \$1 off all wells, drafts, bottles & wine. \$5 appetizers.

**Phileas Fogg's Bar & Restaurant:** *Monday-Friday*, 4-7pm: \$2.50 domestic pints/\$7.95 pitcher, \$3.50 import pints/\$11.95 pitcher. \$2.95 cheese quesadilla, \$3.95 chicken wings, more.

## RANCHO BERNARDO

**Bernard'O Restaurant:** *Monday-Saturday*, 4:30-7pm: \$4 wells, \$2.75 domestic, \$3.50 imported/specialty, \$4.75 house margarita, \$5 house wine.

**Café on the Park:** *Monday-Friday*, 5-6:30pm: \$3 wells, \$4 house margaritas, 1/2-off house wine by the glass, \$1 off beer. Complimentary cheese & crackers, 1/2-off appetizers.

**Capri Blu:** *Every day*, 3-7pm: 1/2-price drafts, wells.

**Carvers:** *Monday-Friday*, 2-6:30pm: \$2.75 beers, \$3.95 wells, \$4.25 house wines, \$4.75 well martinis.

  
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**Kelly's Public House:** *Monday-Friday*, 3-7pm: \$2 domestic drafts, \$8 pitchers, \$3.50 wells, house wines.

## RANCHO SAN DIEGO

**Cottonwood Golf Club Bar & Restaurant:** *Every day*, 4-6pm: \$2 drafts. 1/2-off all appetizers including pizza, quesadillas, wings, calamari.

## RANCHO SANTA FE


**Cavaillon:** *Monday-Thursday, Sunday*, 5-6pm: 1/2-off glass of wine. \$19.95 two-course menu.

**Delicias:** *Every day*, 4-6pm: \$5 draft beers, house wines, wells.

## SAN MARCOS

**Alfresco's Italian Buffet:** *Monday-Saturday*, 5:30-7:30pm: All drinks 50% off. *Sunday*, 4-7:30pm: All drinks 50% off.

**The Jumping Turtle:** *Monday*, 11am-close: PBR \$2.75/pint, \$6.75/pitcher. \$5 cheeseburger w/ fries or salad. *Tuesday*, 11am-close: \$2 Corona, Pacifico, margaritas. 3pm-close: \$2 tacos. *Wednesday*, 11am-close: \$4 drop drinks. \$6 monster sandwich w/ fries or salad. *Thursday*, 7pm-close: \$3 Jäger, \$2.50 Bud Lime. 3-11pm: \$5.00 chicken wings. *Friday*, 5pm-midnight: \$5 Long Islands. \$5 12-inch two-topping pizza. *Saturday*, 11am-close: \$3 Orange Patron, Tanqueray. \$5.75 Reuben sandwich w/ fries or salad.

  
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*Sunday*, 11am-close: \$2.50 Bloody Marys. \$5 Hole-in-One ham sandwich w/ fries or salad.

## SERRA MESA

**Channel 1 Sports Bar and Grill:** *Monday-Friday*, 8am-11am: \$1.50 drafts, wells.

## SOLANA BEACH

**Pacific Coast Grill:** *Every day*, 4-7pm: \$5 margaritas, \$1 off draft, wells, wines by the glass, 25% off wine bottles.

## SORRENTO VALLEY

**Ali Baba's Cave:** *Every day*, 4-6pm: 2-for-1 drinks.

**Karl Strauss Brewing Company:** *Monday-Friday*, 4-6:30pm: \$3.50 beer.

## SOUTH PARK

**Alchemy:** *Monday-Friday*, 4-6pm: \$2 off wells, including Skyy, Seagram's, Jim Beam, Sauza Gold, \$2 off wines/glass, draft.

**Hamilton's Tavern and Café:** *Every day*, 5-8pm: \$1 off local drafts.

**Whistle Stop Bar:** *Every day*, 2-8pm: \$1 off all cocktails, pints.

## SPRING VALLEY

**California Comfort:** *Every day*, 4-7pm: \$2.50 domestic pints, wells, house wine. \$5 appetizers.

## TIERRASANTA

**Bud's Louisiana Café:** *Tuesday-Friday*, 1-2:30pm; 4:30-6pm: 1/2-price wine and beer. *Saturday*, 4:30-6pm: 1/2-price wine and beer.

## UNIVERSITY CITY

**Apollonia Greek Bistro:** *Every day*, 3:30-6:30pm: \$3 ouzo apéritif, \$2 bottled beers, \$3 wine by the glass, \$3-\$8 appetizer menu.

## UNIVERSITY HEIGHTS

**Gulf Coast Grill:** *Monday*, all night: \$3.95 wells, drafts, wine. *Tuesday-Sunday*, 4:30-6:30pm: \$3.95 wells, drafts, wine.

## VISTA

**Jumping Bean Cafe & Mexican Grill:** *Monday-Friday*, 3-6pm: \$2 domestic, imports, \$2.75 margaritas, \$3 wells, microbrews, \$4 Leaping Horse wine. 3-5pm: \$1.50 chicken or carnitas street tacos.

  
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# Death Over Life

*And the ghosts? They aren't tormented at all. They're rock stars.*

The idea behind Duncan Sheik and Kyle Jarow's new musical has potential: What if only certain characters sing? And what if they're ghosts haunting a lighthouse during World War II? The people in the "real world" live heightened lives (German U-Boats spotted off the Maine coast), while the ghosts' songs lace the proceedings with a spectral veneer.

But the only haunting aspect of *The Whisper House* is why the Old Globe produced it. The answer: Duncan Sheik wrote the angry, fearless songs for *Spring Awakening*. His ten numbers for *House* sound pretty much the same — a mix of U2 and Mark Knopfler doing salty dog shanties — and the lyrics (by Sheik and Kyle Jarow) cram in every cliché about death but without menace. "It's good to be a ghost," one sings, "but even better to be dead." What could be a Goth musical ends up a dismal hybrid with each side tripping over the other's toes.

For *Spring Awakening*, Sheik had Franz Wedekind's remarkable story about repressed youth to work with. The book for *House* wouldn't pass Playwriting 1A. Young Christopher's father was shot down in air combat. His mother went mad. So the boy goes to live with his Aunt Lilly. In the show's only nuance (if you don't count that she

salts her oatmeal), Lilly has no use for children. She runs a lighthouse near where a yacht sank in 1912. Two lovers and a seven-piece band drowned. The lovers need to kill someone so they can be released,

or something like that; the fuzzy miking system obscures their mandate.

Young boy, ghosts, lighthouse — guess where the climactic scene takes place (the only missing element: strobed lightning). Can life reaffirm triumph over death? Jarow peoples a stock situation with stock characters. The only unpredictable moment (thanks to smartly underplayed performances by Mare Winningham and Arthur Acuña): when Yasuhiro, who works for Lilly, declares his true intentions.

And the ghosts? They aren't tormented at all. They're *rock stars*. David Poe and Holly Brook have strong voices. But when they sing, a concert breaks out. Poe tilts toward a floor mike — à la Bono — and croons to the audience, with Brook accompanying. The songs fracture the fourth wall, and the singers drop character. Instead of menacing spirits desperate to escape their fate, they're cool dudes, so above it all you wonder why they haven't figured a way out already.

The singers, director, and authors should spend

## THEATER REVIEW

JEFF SMITH



David Poe, Holly Brook in *The Whisper House*

**The Whisper House** by Duncan Sheik, music and lyrics, and Kyle Jarow

**Old Globe Theatre, Balboa Park**

**Directed by Peter Askin;** cast: David Poe, Holly Brook, Mare Winningham, Arthur Acuña, Eric Zutty, Ted Koch, Kevin Hoffmann; scenic design, Michael Schweikardt; costumes, Jenny Mannis; lighting, Matthew Richards; sound, Dan Moses Schreier

**Playing through February 21;** Sunday, Tuesday, and Wednesday at 7:00 p.m. Thursday through Saturday at 8:00 p.m. Matinee Saturday and Sunday at 2:00 p.m. 619-234-5623.

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the cast of Pump Boys and Dinettes, 2005 Photo by Nathan Peirson

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In musicals, songs not only express inner feelings and develop the narrative but also reveal backstory. *House's* don't. As a result, the nonsinging characters have no depth, and the spoken scenes fall flat with exposition. People sit around the kitchen table and recall the past. Whatever energy the songs generate evaporates during these explanation-fests.

Except for the band that drowned — seven musicians behind a scrim in top hats with black circles around their eyes — the production values don't help. Director Peter Askin provides few mystical touches, and the set, an iron staircase spiraling up to an oval lamp, requires too much excessive movement from locale to locale to be useful.

\* \* \*

The San Diego Theatre Critics Circle held its annual awards ceremony last Monday. Craig Noel Award winners for 2009: **Special Awards:** DJ Sullivan, Darko Tresnjak **Resident Musical:** *42nd Street*, Moonlight Stage Productions **New Musical:** *Bonnie and Clyde*, La Jolla Playhouse **Special Theatrical Event:** *Looking for an Echo*, Ira Aldridge Players **Direction of a Musical:** Jeff Calhoun, *Bonnie and Clyde*, La Jolla Playhouse **Musical Direction:** John McDaniel, *Bonnie and Clyde*, La Jolla Playhouse; Mark Danisovszky, *The Threepenny Opera*, San Diego Rep **Lead Performance in a Mu-**

**sical, Female:** Colleen Kollar, *Bed & Sofa*, Cygnet Theatre; Laura Osnes, *Bonnie and Clyde*, La Jolla Playhouse

**Lead Performance in a Musical, Male:** Obba Babatundé, *Sammy*, Old Globe Theatre

**Featured Performance in a Musical, Female:** Sara Chase, *First Wives Club*, Old Globe Theatre; Melissa van der Schyff, *Bonnie and Clyde*, La Jolla Playhouse

**Featured Performance in a Musical, Male:** Jordan Miller, *Bed & Sofa*, Cygnet Theatre

**Choreography:** Keith Young, *Sammy*, Old Globe Theatre

**Music for a Play:** Christopher R. Walker, *Twelfth Night*, Old Globe Theatre; David Van Tieghem, *Creditors*, La Jolla Playhouse

**Touring Production:** *The 39 Steps*, La Jolla Playhouse

**New Play or Adaptation:** Doug Wright, *Creditors*, La Jolla Playhouse

**Outstanding Young Artist:** Ian Brininstool, *Over the Tavern*, North Coast Rep

**Sound Design:** Lindsay Jones, *Opus*, Old Globe Theatre

**Costume Design:** Linda Cho, *Twelfth Night*, Old Globe Theatre

**Lighting Design:** Japhy Weideman, *Creditors*, La Jolla Playhouse

**Scenic Design:** Michael McKeeon, *Killer Joe*, Compass Theatre; Robert Brill, *Creditors*, La Jolla Playhouse

**Ensemble Award:** *Opus*, Old Globe Theatre; *The Dresser*, North Coast Repertory Theatre; *Noises Off*, Cygnet Theatre

**Featured Performance in a Play, Female:** Amanda Sifton, *Doubt*, San Diego Rep; Harriet Harris, *Unusual Acts of Devotion*, La Jolla Playhouse

**Featured Performance in a Play, Male:** Armin Shimerman, *The Seafarer*, San Diego Rep

**Lead Performance in a Play, Female:** Karson St. John, *The Little Dog Laughed*, Diversionary Theatre; Dana Hooley, *Frozen*, Ion Theatre

**Lead Performance in a Play, Male:** Patrick Page, *Cyrano de Bergerac*, Old Globe Theatre

**Direction of a Play:** Darko Tresnjak, *Cyrano de Bergerac*, Old Globe Theatre

**Outstanding Production:** *Cyrano de Bergerac*, Old Globe Theatre ■

## THEATER LISTINGS

Theater listings and commentary are by Jeff Smith. Information is accurate according to material given us, but it is always wise to phone the theater for any last-minute changes and to inquire about ticket availability. Many theaters offer discounts to students, senior citizens, and the military. Ask at the box office.

### Aurelia's Oratorio

The La Jolla Playhouse presents Aurelia Thierree and Victoria Thierree Chaplin's dreamlike piece, its stage illusions inspired by "the magic of music hall and circus." LA JOLLA PLAYHOUSE, 2910 LA JOLLA VILLAGE DR., UCSD. 858-550-1010. 7:30PM WEDNESDAYS, THROUGH FEBRUARY 28.

### boom

The fish suspect trouble. So does Jules. The gay marine biologist lives in an old bomb shelter and expects a comet to strike the earth soon. Since he might become the next

Adam, Jules places an ad for meaningful sex. Jo, his one respondent, wants "no strings" but becomes a "postapocalyptic cohabitant." Peter Sinn Nachtreib's doom-drenched comedy raises questions about where — and who, and even if — we are. Except for blaring almost every sentence as a HEADLINE (which saps energy from the final scenes), the Rep's staging's a good one. Rachael VanWormer and Steven Lone, a deft mismatch, flit around David Lee Cuthbert's cinder-block set like gymnasts. Barbara, the narrator, pulls levers and cues effects (esp. Tom Jones's house-rocking galactic intrusion) like a corporate Wizard of Oz. San Diego favorite Sylvia M'Lafi Thompson makes her both regal and insecure (and funny) and suggests throughout that there's something fishy going on.

### Worth a try.

SAN DIEGO REPERTORY THEATRE, 79 HORTON PLAZA, DOWNTOWN. 619-544-1000. 8PM THURSDAY, 8PM FRIDAY, 8PM SATURDAY, 2PM AND 7PM SUNDAY, THROUGH JANUARY 31.

### Copenhagen

OnStage Playhouse presents a staged reading of Michael Frayn's psychological thriller about the meeting between Werner Heisenberg and Niels Bohr in 1941. Did Heisenberg want to give Hitler the atom bomb? Daniel Zisko directed. ONSTAGE PLAYHOUSE, 291 THIRD AVE., CHULA VISTA. 619-422-7787. 8PM FRIDAY, 8PM SATURDAY.

### An Evening of Classic Lily Tomlin

San Diego Theatres opens its new season with Lily Tomlin's one-per-

son show. Due to popular demand, an extra performance has been added.

BALBOA THEATRE, 868 FOURTH AVE., DOWNTOWN. 619-570-1100. 7:30PM THURSDAY.

### Expecting Isabel

Miranda and Nick never thought they wanted to have a child. When they did, they couldn't. So in Lisa Loomer's lengthy comedy-drama they become rats in a bureaucratic maze, jumping through every adoption hoop — and they are legion — in the process. *Expecting Isabel* presents a serious subject through sketch comedy. No problem for Moxie Theatre, led by Jo Anne Glover's Miranda (she writes condolence greeting cards) and Stephen Elton's Nick. They begin like Jack Sprat and his wife — she's dour, unsentimental; he's worry-free. Around midway, the traits intersect. The versatile supporting cast includes Robin Christ as an ethereal receptionist and as Miranda's hilarious, martini-swilling mother ("I brought groceries," Miranda says at one point, handing her a bottle of green olives); Rhona Gold's Russian cabdriver's a hoot; and Amanda Cooley Davis plays prim or primitive characters equally well. Mark Petrich, Justin Lang, and Sandra Ruiz also contribute.

### Worth a try.

MOXIE AT ROLANDO THEATRE, 6663 EL CAJON BLVD., SUITE N, COLLEGE AREA. 858-598-7620. 8PM THURSDAYS, 8PM FRIDAYS, 8PM SATURDAYS, 2PM SUNDAYS, 8PM WEDNESDAYS, THROUGH FEBRUARY 7.

### Glorious! The True Story of Florence Jenkins, the Worst Singer in the World

Before it had a name, Florence Foster Jenkins was a cult classic. The wealthy eccentric sang so badly, but with such bliss, that her small, devoted following included Cole Porter and Irving Berlin. She became, says playwright Peter Quilter, "a symbol to all those who dream, but never dared." Her story, however, doesn't make for much of a play. *Glorious* is a one-joke show. Once you've heard Susan Denaker sing, you get the point; then again, and again. Denaker has a knack for singing horribly (no mean feat: she just misses notes and ping-pongs through Mozart's "Der Holle Rache" with ear-splitting panache) but has almost nothing, other than a rose-colored attitude, to work with. David McBean is elegant and funny as the pianist Cosme McMoon (much of the show's humor comes from his reactions, a tactic that grows old before intermission); and versatile Annie Hinton plays an assemblage of supporting characters decked in Renetta Lloyd's apt period costumes. NORTH COAST REPERTORY THEATRE, 987-D LOMAS SANTA FE DR., SOLANA BEACH. 858-481-1055. 8PM THURSDAYS, 8PM FRIDAYS, 2PM AND 8PM SATURDAYS, 2PM AND 7PM SUNDAYS, THROUGH FEBRUARY 7.

### Hansel and Gretel

Lyric Opera San Diego presents Engelbert Humperdinck's musical, based on the children's fairy tale. LYRIC OPERA SAN DIEGO, 2891 UNIVERSITY AVE., SUITE 1, NORTH PARK. 619-239-8836. 2:30PM SUNDAYS, OPEN-ENDED RUN.

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# Calendar THEATER

## Hip-Hop Kim-Bop: A Korean Herstory in the City of Angels

In Elise Kim Prosser's new contemporary comedy, four Korean women named Kim meet at jury duty and discover cultural and personal identities.

DON POWELL THEATRE, 5500 CAMPANILE DR., SDSU. 8PM FRIDAY, 8PM SATURDAY, 2PM SUNDAY, THROUGH JANUARY 31.

## The House of Yes

Compass Theatre stages Wendy MacLeod's "dark comedy" about a hurricane, a neighbor of the Kennedys' named Marty, and a threat to Jackie-O. Jay Mower directed.

COMPASS THEATRE, 3704 SIXTH AVE., HILLCREST. 619-688-9210. 7:30PM THURSDAYS, 7:30PM FRIDAYS, 7:30PM SATURDAYS, 2PM SUNDAYS, THROUGH FEBRUARY 14.

## Hurlyburly

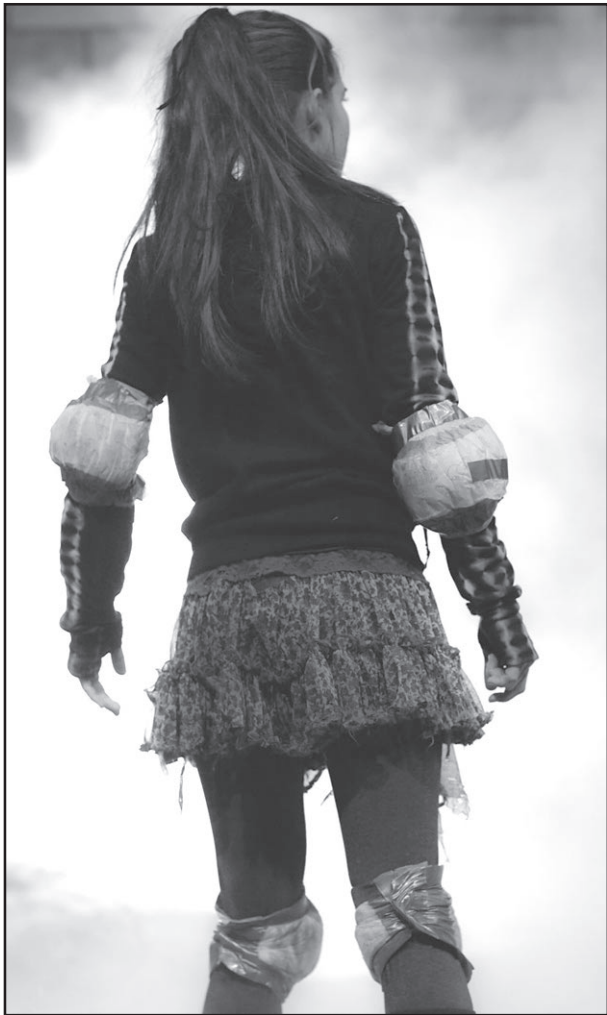
Four men gather at a house in the Hollywood Hills, early 1980s, to trash women and, for variety, each other. If they can't find "clarity," they'll take "oblivion," egged on by cocaine, weed, and whiskey. Problem is: they can't stop analyzing every spec of their lives for significance. They'd rather "discuss the experience," as the saying went, than have one. Actors love David Rabe's comedy-drama-blizzard for its juicy roles, but few producers dare to stage its incessant, three-hour, mean-spirited mania (so mean-spirited you want to shout, "Enough, already!"). Ion Theatre's full-bore, let-God-sort-it-out production ranks among its finest. Fran Gercke's Eddie's the consummate narcissist, an outstanding effort. Well directed by Glenn Paris, the quality cast — especially Tom Hall as a hair-trigger thug and Karson St. John as an assertive stripper — turns Claudio Raygoza and Matt Scott's minutely detailed set into a war zone.

### Critic's pick.

DIVERSIONARY THEATRE, 4545 PARK BLVD., UNIVERSITY HEIGHTS. 619-220-0097. 7:30PM THURSDAY, 8PM FRIDAY, 8PM SATURDAY, THROUGH JANUARY 30.

## La Mandragola

UCSD Theatre stages Nicolò Machiavelli's comedy about a man attempting to seduce a virtuous



boom

woman — a really virtuous woman. Isis Saratial Misdary directed. UNIVERSITY OF CALIFORNIA SAN DIEGO, 9500 GILMAN DR., UCSD. 858-534-2230. 8PM FRIDAYS, 2PM AND 8PM SATURDAYS, THROUGH FEBRUARY 6.

## The Last Days of Judas Iscariot

Stephen Adly Guirgis's drama puts the red-haired Galilean on trial. In the long, unwieldy script, litigation tries to determine the ineffable: How can someone catatonic with guilt forgive himself? The play's set in Hope, a bad-smelling section of "downtown" Purgatory. Big-name witnesses testify, and get shot down (especially Freud and Mother Teresa), and the imaginative setup, after one or two cross-examinations, becomes predictable. Guirgis tackles the big questions: free will versus destiny; the Problem of Evil. But even lacing them with contem-

porary slang and four-letter epithets can't convert what's essentially a lecture into courtroom drama. The play's flaws might be less obvious if Triad Productions' staging were more effective. The show sports a sharp look, but most of the actors are obviously "acting" a role. Only rarely, in performances by Merrick McCarthy as Pilate, Brendan Cavalier as Thomas, and Charles Peters as Caiaphas, does something genuine come from within. TENTH AVENUE THEATRE, 930 TENTH AVE., EAST VILLAGE. 619-237-4510. 8PM THURSDAY, 8PM FRIDAY, 8PM SATURDAY, 3PM SUNDAY, THROUGH JANUARY 31.

## A Letter from Ethel Kennedy

PowPAC's Reader's Theater Series presents Christopher Gorman's autobiographical drama. A man, dying of AIDS, searches for love and recognition from his parents and former lover. POWPAC, POWAY'S COMMUNITY THE-



Glorious! The True Story of Florence Jenkins, the Worst Singer in the World

ATER, 13250 POWAY RD., POWAY. 858-679-8085. 8PM SUNDAY.

## Lost in Yonkers

The Old Globe Theatre stages Neil Simon's Pulitzer Prize-winning play about brothers, in the summer of 1942, living with their financially strapped grandmother. Scott Schwartz directed. SHERYL AND HARVEY WHITE THEATRE, 1363 OLD GLOBE WAY, BALBOA PARK. 619-234-5623. 8PM THURSDAYS, 8PM FRIDAYS, 2PM AND 8PM SATURDAYS, 2PM AND 7PM SUNDAYS, 7PM TUESDAYS, 7PM WEDNESDAYS, THROUGH FEBRUARY 28.

## The Music in Me

Write Out Loud, the popular story-reading company, presents "stories of the music in our lives." CYGNET THEATRE — OLD TOWN, 4040 TWIGGS ST., OLD TOWN. 619-337-1525. 7PM MONDAY.

## My Year of Living Anxiously

The San Diego Rep presents Moira Keefe's one-person show. Based on their diaries and letters, Keefe develops a growing respect for her parents. Kim Rubenstein directed. LYCEUM THEATRE, 79 HORTON PLAZA, DOWNTOWN. 619-544-1000. MONDAYS, TUESDAYS, 7:30PM, THROUGH FEBRUARY 2.

## National Comedy Theatre

The National Comedy Theatre presents a 100-minute improv

comedy show based completely on audience suggestions. The show is "appropriate for all audiences." NATIONAL COMEDY THEATRE, 3717 INDIA ST., MISSION HILLS. 619-295-4999. 7:30PM AND 9:45PM FRIDAYS, 7:30PM AND 9:45PM SATURDAYS, OPEN-ENDED RUN.

## No Child

For one night only, as a benefit of the La Jolla Playhouse's educational outreach program, Nilaja Sun performs her award-winning solo piece about the New York City public school system. LA JOLLA PLAYHOUSE, 2910 LA JOLLA VILLAGE DR., UCSD. 858-550-1010. 7PM SATURDAY.

## On the Horizon

Common Ground Theatre, in conjunction with Ira Aldridge Repertory Players, San Diego Black Ensemble and the Vagabond Theatre, presents a series of staged readings by writers of diversity at the Lyceum Underground. 619-263-7911. LYCEUM THEATRE, 79 HORTON PLAZA, DOWNTOWN. 7:30PM MONDAYS, THROUGH FEBRUARY 22.

## The Piano Lesson

Cygnnet Theatre stages August Wilson's drama about an old piano with strange carvings; it's either a priceless legacy or a means of buying land. Delicia Turner Sonnenberg directed. CYGNET THEATRE — OLD TOWN, 4040 TWIGGS ST., OLD TOWN. 619-337-1525. 2PM AND 8PM SATURDAYS, 2PM AND 7PM SUNDAYS, 7:30PM WEDNESDAYS, THROUGH FEBRUARY 28.

## Postmortem

New Vision Theatre Company stages Ken Ludwig's "Sherlock Holmes-type whodunit." The famous actor William Gillette holds a séance, to which comes his murderer. OLD GLOBE THEATRE, 1363 OLD GLOBE WAY, BALBOA PARK. 619-234-5623. 8PM THURSDAYS, 8PM FRIDAYS, 2PM AND 8PM SATURDAYS, 2PM AND 7PM SUNDAYS, 7PM TUESDAYS, 7PM WEDNESDAYS, THROUGH FEBRUARY 21.

## Pump Boys and Dinettes

Lamb's Players stages the popular roadside musical about a diner and filling station down on Highway 57 where locals entertain the customers. Deborah Gilmour Smyth directed. 619-437-0600. HORTON GRAND THEATRE, 444 FOURTH AVE., DOWNTOWN. 7:30PM THURSDAYS, 8PM FRIDAYS, 4PM AND 8PM SATURDAYS, 2PM SUNDAYS, OPEN-ENDED RUN.

## Swingtime Canteen

Moonlight Stage Productions presents the San Diego premiere of this "canteen musical." Hollywood star Marian Ames gathers up her "gal pals" to entertain the troops during WWII. Don Ward directed. AVO PLAYHOUSE, 303 MAIN ST., VISTA. 760-724-2110. 7:30PM THURSDAYS, 7:30PM FRIDAYS, 2PM AND 7:30PM SATURDAYS, 2PM SUNDAYS, THROUGH FEBRUARY 21.

## They're Playing Our Song

Scripps Ranch Theatre stages the musical — book by Neil Simon, music by Marvin Hamlisch, lyrics by Carol Bayer Sager — about a straight-laced composer and a free-spirited lyricist. Rick Shaffer directed. SCRIPPS RANCH THEATRE, 10455 POMERADO RD., SCRIPPS RANCH. 858-578-7728. 8PM FRIDAYS, 8PM SATURDAYS, 2PM SUNDAYS, THROUGH FEBRUARY 20.

## Whisper House

The Old Globe Theatre presents the world premiere of Duncan Sheik and Kyle Jarrow's (creators of *Spring Awakening*) new musical. At the height of WWII, Christopher lives with a reclusive aunt at a remote lighthouse, where strange music seeps through the walls. Peter Askin directed. OLD GLOBE THEATRE, 1363 OLD GLOBE WAY, BALBOA PARK. 619-234-5623. 8PM THURSDAYS, 8PM FRIDAYS, 2PM AND 8PM SATURDAYS, 2PM AND 7PM SUNDAYS, 7PM TUESDAYS, 7PM WEDNESDAYS, THROUGH FEBRUARY 21.

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# Gray Day

*Curiosity is liable to be in constant contention with boredom.*

Reveries aside, we are lucky to get one black-and-white film a year. So we must count ourselves lucky, already in January, to get Michael Haneke's *The White Ribbon*, a common choice in cultural hubs as the Best Foreign Film of 2009 and the choice of the Los Angeles Film Critics in particular for Best Cinematography (Christian Berger's, to give credit where due). Well of course, for the reason cited, it certainly stands out from all other pieces of cinematography in the past year. It just as certainly would not have so stood out from the pieces of, shall we say, fifty years past. Black-and-white has become a prime candidate for the growing list of things that movies have forgotten how to do, an endangered species, a lost art. Practice, whether or not it makes perfect, is at least apt to make competent.

The black-and-white on exhibit here maintains the narrowest range of shades of gray, sometimes milky, sometimes metallic, but everywhere flat,

monotonic, monolithic, lacking the properties that have made black-and-white arguably superior to color: more pliable, more moldable, more sensual, more sculptural, more topographical, more dimensional than even 3-D. The starchiness and asceticism of the image in *The White Ribbon* might be said to be appropriate to and expressive of the subject matter. But I myself could not say that without feeling I was reaching, and the film on the whole does not inspire me to reach.

The subject matter, without any question somber and severe, has to do with the unsettling goings-on — unsettling being Haneke's staff of life — in a Protestant town in northern Germany in the year leading up to the First World War. If the reminiscing narrator, in old man's voice, hadn't suggested at the outset that the events "could perhaps clarify some things that happened in this country" — presumably things that happened in the lead-up to the Second World War — it is doubt-

## MOVIE REVIEW DUNCAN SHEPHERD



*The White Ribbon*

ful whether the viewer would find much significance in the goings-on or would be much disposed to search for some. It sets up an expectation. Ominousness, at the least, would not be hard to find or far to seek.

For openers, the local doctor is grievously injured and his horse put out

of its misery after they are tripped up on their daily ride by an all but invisible wire. A peasant's wife then dies in an apparent factory accident, and her husband is soon an apparent suicide. A cabbage patch is vandalized, a barn set afire, a pet bird decapitated. The landowner's son gets strung up,

depantsed, and caned; a retarded boy has his eyes poked out. Plainly all of these occurrences cannot be ascribed to one single motive or laid at any one person's feet, but often present or not far off are the several feet of a pack of children who seem to be in rehearsal for a remake of *Village of the Damned*.

channing tatum amanda seyfried

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**In Theaters February 5**



# Calendar MOVIES

Two of them, fair-headed daughter and son of a rigid and repressive pastor worthy of Ingmar Bergman, are forced to wear the titular ribbon to remind them of the purity and innocence to which they should aspire.

Although all of that might sound like a busy schedule of goings-on, they are dispersed over a two-and-a-half-hour running time, and with only one exception (the cabbage-patch caper) they come to pass offscreen. There is accordingly a disconnectedness about them — the chronology is difficult to recall with precision — and little tension or suspense in between, so that the unsettlement may be noted but not truly felt. And the mystery of it all is deepened by the question of why we can't get the two abused boys simply to tell us who did it to them. My own sense is that Haneke works better when he works closer to genre conventions, cre-

ating tension in his strain to keep a goodly distance from them, in the French *Caché* or in the Austrian *Funny Games* or in his shot-for-shot remake of the latter in the English language.

There can be no mistaking his seriousness, his gravity. If the aberrant black-and-white photography — always something of a stunt these days — and the grueling two-and-a-half-hour running time weren't sufficient, the director's characteristic abstinence from background music would settle the matter. Curiosity, however, of a whodunit type, is liable to be in constant contention with boredom: whocareswhodunit. Besides, in one sense the solution is obvious: Haneke done it. As some wag once observed, the primary ailment of the people in a Bergman film is that they are in a Bergman film. (Or words to that effect.) Similarly the people in a Haneke film. The benign character of the first-person narrator — at the time of the story a young, chubby, rubber-faced schoolteacher in a pair of pince-nez — gives us, through his courtship of a

demure country girl employed as a nanny, someone to warm up to, someone to pull for, though someone on the outside looking in, a trustworthy but ineffectual witness. In the end, it's difficult to escape the feeling that the whole infested village couldn't just as well be plunked down in Sweden or Holland. And what would be the significance of that?

\* \* \*

Festival season opens this week at the UA Horton Plaza, Thursday the 28th through Sunday the 30th, with the San Diego Black Film Festival, self-described as "The Third Largest Black Film Festival in the Country." (By what measure I couldn't say.) Guests of Honor will be Danny Glover at the Opening Day Reception and Spike Lee two days later at the Awards Dinner and Gala. Full information may be found at [sdbff.com](http://sdbff.com). This event will soon be followed by the venerable (twentieth annual) San Diego Jewish Film Festival, February 10 through 21 at several venues, the AMC La Jolla principally, the UltraStar Mission Valley and La Costa, the Reading Carmel Mountain, and the David and Dorothea Garfield Theatre at the Lawrence Family Jewish Community Center. The slick twenty-eight-page catalog betrays no evidence of economic belt-tightening. If you cannot lay your hands on one of those, go to [lfjcc.org/sdjff](http://lfjcc.org/sdjff) for the same info. ■

# MOVIE LISTINGS

All reviews are by Duncan Shepherd. Priorities are indicated by one to five stars and antipathies by the black spot. Unrated movies are for now unreviewed. Thousands of past reviews sorted alphabetically, by year of release and by rating, are available online at [SanDiegoReader.com](http://SanDiegoReader.com).

**Avatar** — Ambitious merger of live action and computer animation, with at least one groundbreaking 3-D effect: English subtitles for the language spoken on the celestial body of Pandora inserted on a plane in the middle distance between a foreground figure and an upstage figure, as if the foreground one could look down and read the subtitle himself. This effect is silly, is pretentious, is pointless, and nonetheless is fun. Much the same could be said of the movie as a whole. Silly, pretentious, pointless, and fun is surely less than writer and director James Cameron had in mind for his first feature film since *Titanic* twelve years before, a two hour and forty-five minute "visionary" science-fiction epic that dishes up an allegory on globalism, a warm-over of the old science-versus-military debate, a dose of Noble Savage romanticism, a Capt. Smith and Pocahontas culture-clash romance, an ecological message, and a tree-felling that insistently recalls the toppling of the World Trade Center. There appears little doubt that Cameron drew upon all his mental powers, yet happily those powers prove too feeble, too reliant on convention and stereotype, or if you wish to make it sound better, on tradition and archetype, to ruin the fun. The powers themselves, with their rumble of self-importance and their straining for significance, are part and parcel of the kitschy fun. Sam Worthington, Sigourney Weaver, Stephen Lang, Giovanni Ribisi, Michelle Rodriguez. 2009. ★★ (CARMEL MOUNTAIN 14; CHULA VISTA 10; DEL MAR HIGHLANDS 8; FASHION VALLEY 18;

GROSSMONT CENTER 10; HORTON PLAZA 14; LA COSTA 6; LA JOLLA 12; MISSION MARKETPLACE 13; MISSION VALLEY 7; MISSION VALLEY 20; OTAY RANCH 12; PALM PROMENADE 24; PLAZA BONITA 14; POWAY 10; RIVER VILLAGE 6; TOWN SQUARE 14)

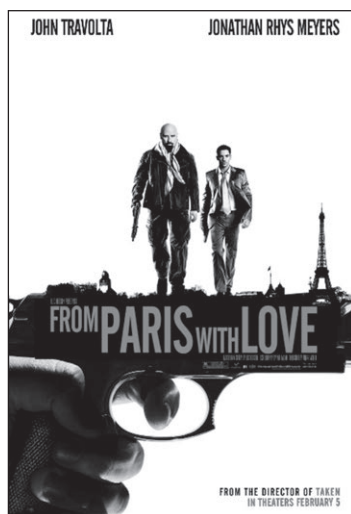
**The Big Lebowski** — There are actually two Lebowskis, a big one and a little one, a multimillionaire philanthropist and a lazy, laid-back bowler, both christened Jeffrey; and when the latter — who prefers to be addressed as "the Dude" — is mistaken for the other by a pair of dim-bulb thugs, he is pulled into an apparent kidnapping plot of rapidly deepening complexity: "a lot of ins, a lot of outs, a lot of what-have-yous." The Coen brothers, writer-director Joel and writer-producer Ethan, are here having fun with, among other things, complexity per se. Fun with the very idea of complexity. Fun with the concrete and mountainous evidence of complexity. And one of the richest sources of fun, played off in the sharpest contrast to complexity, is the glorious spectrum of stupidity on exhibit: the dope-addled but groggily rational Dude (Jeff Bridges); the big lug who is always absolutely sure he is right in spite of the fact that he has never been right yet (John Goodman); the woolgatherer who falls behind in the slowest of conversations (Steve Buscemi); the several teams of hired "muscle" (all brawn, no brains), one team of which are self-styled Nihilists; the nympho bimbo; the adolescent joyrider who afterwards forgets his corrected homework ("Use a dictionary," "Spelling") in the abandoned car. The complexity is no illusion. It is right there in front of us in frightening and multiplying detail. It brutally illuminates the stupidity. And at the same time it forms the philosophical foundation for a broad and accepting, if aloof and frosty, view of humankind. The Coens — who better? who else? — are able to make wonderful sport of deadbeats and boneheads from the high ground of diligence and ingenuity. They never play "down" to the audience. They demand effort and intelligence, and they reward these by the truckload: lively characterizations, flavorful dialogue, dense atmosphere, clever and convoluted plotting, rich and well-developed themes, abundant allusions, "in" jokes, grace notes, and red herrings, each element teamed with the others in common purpose. Julianne Moore, David Huddleston, Sam Elliott, Peter Stormare, Ben Gazzara, John Turturro, Jimmie Dale Gilmore. 1998. ★★★★★ (KEN, 1/30 MIDNIGHT)

**The Blind Side** — Soft warm cozy sports story from the maker of *The Rookie*, John Lee Hancock, about a headstrong well-to-do white Memphis housewife who takes under her wing and under her roof a homeless black gentle giant, an irresistible force meeting an immovable object. Sandra Bullock stays obstinately on the surface of her role, and Quinton Aaron is touchingly minimalist as Michael Oher, a future first-round NFL draft pick. Very late in the game a couple of aspersions are cast on the motives of Oher's adoptive parents, aspersions which, if shown to be even fractionally valid, might have made a more interesting movie. With Tim McGraw, Jae Head, Lily Collins, Kathy Bates, and assorted college-football coaches as themselves, Nick Saban, Phil Fulmer, Lou Holtz, et al. 2009. ★ (CARMEL MOUNTAIN 14; FASHION VALLEY 18; HORTON PLAZA 14; MISSION MARKETPLACE 13; MISSION VALLEY 20; PALM PROMENADE 24)

**The Book of Eli** — Post-apocalyptic chic. In metallic monochrome, in sterilizing shafts of light, in portentous slo-mo, Denzel Washington safeguards the only extant copy of the King James Bible, with his archer's bow, shotgun, pistol, and terrible swift sword: the new Messiah. One of many head-scratchers is why on earth the tin-pot town boss in the middle of the Southwest

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desert, lording it over a bunch of illiterate ruffians, wants to get his hands on the book, much less knows of its existence. With Gary Oldman, Mila Kunis, and the ever-lovely Jennifer Beals; directed by the Hughes Brothers. 2010.

● (CARMEL MOUNTAIN 14; CHULA VISTA 10; DEL MAR HIGHLANDS 8; FASHION VALLEY 18; GASLAMP 15; GROSSMONT CENTER 10; LA COSTA 6; LA JOLLA 12; MISSION MARKETPLACE 13; MISSION VALLEY 7; MISSION VALLEY 20; OTAY RANCH 12; PALM PROMENADE 24; PLAZA BONITA 14; POWAY 10; RIVER VILLAGE 6; SANTEE DRIVE IN; TOWN SQUARE 14)

**Broken Embraces** — Almodóvar, as is his wont, gives you splatters and splashes, swatches and swaths, of vibrant color, and he gives you the occasional rock-you-on-your-heels image (a teardrop on a ripe tomato, lovers writhing within a white-sheet cocoon), and he gives you deliberately over-the-top domestic melodrama played steadfastly straight: a blind filmmaker (shades of Woody Allen's *Hollywood Ending*, albeit darker shades), a kept woman turned movie starlet, a manipulative millionaire, his conniving gay son, etc. He doesn't, however, give you much to believe in, except in this instance the undoubted radiance of Penelope Cruz, who in her mid-thirties would appear to have yet done nothing surgically to disfigure herself. It's a sad comment on our times that that's worthy of comment about an actress of her age. With Lluís Homar, José Luis Góez, Blanca Portillo. 2009.

★ (HILLCREST CINEMAS; LA JOLLA VILLAGE)

**Crazy Heart** — Jeff Bridges is pretty much the whole show, and a generous show it is. His Bad Blake, given name to be held back for the gravestone, is an over-the-hill and down-on-his-luck C&W singer still living the life of a C&W song, four marriages behind him, long lonely drives and cheap motels and cheaper women in front of him, a chain smoker and a hard-at-it alcoholic (preferred poison, fictitious McClure's bourbon) on a free fall to the unseen bottom and, on impact, the uncertain bounce-back to redemption. As one of his lyrics neatly sums it up: "I used to be somebody, now I'm somebody else." The actor's singing voice amounts to a dull blade that has a hard time cutting through the expert arrangements by T Bone Burnett, who with the late Stephen Bruton co-wrote the original songs in the crying-in-your-beer genre. But then too, the actor's speaking voice, a low rumble through a mouthful of marbles, has a hard enough time cutting through thin air, as if he could use a hit of oxygen before and after each utterance. To outward appearances, he's approximately one-third Kris Kristofferson (the constipated voice and the wheezy wince to produce it) and two-thirds Waylon Jennings (the greasy stringy hair, the bedraggled beard, the shades, the leather vest, the paunch), in no part original but in every part authentic. With Maggie Gyllenhaal, Colin Farrell, and Robert Duvall; directed by Scott Cooper. 2009.

★★★ (FLOWER HILL 4; HILLCREST CINEMAS; LA JOLLA 12)

**Daybreakers** — Yellow-eyed, blue-lit vampires dominate the world of the future, to such extent that the blood supply is running out. Some bumptious social comment amid repulsive special effects: fire-hose projectile vomit, exploding head, decapitation, etc. With Ethan Hawke, Willem Dafoe, Claudia Karvan, Michael Dorman, and Sam Neill; directed by the Spierig Brothers. 2010.

● (FASHION VALLEY 18; HORTON PLAZA 14; MISSION VALLEY 20; PALM PROMENADE 24; PLAZA BONITA 14)

**Edge of Darkness** — Detective story with Mel Gibson, Ray Winstone, and Danny Huston, directed by Martin Campbell.

(CARMEL MOUNTAIN 14; CHULA VISTA 10; DEL MAR HIGHLANDS 8; FASHION VALLEY 18; GROSSMONT CENTER 10; HORTON PLAZA 14; LA COSTA 6; LA JOLLA 12; MISSION MARKETPLACE 13; MISSION VALLEY 7; MISSION VALLEY 20; OTAY RANCH 12; PALM PROMENADE 24; PLAZA BONITA 14; POWAY 10; RIVER VILLAGE 6; SANTEE DRIVE IN; TOWN SQUARE 14; FROM 1/29)

**Extraordinary Measures** — Pedestrian disease-of-the-week movie (Pompe Disease by name, a form of muscular dystrophy), typically "inspired by true events" and aptly produced by CBS Films. Giving it big-screen cred is Harrison Ford as the crusty Cornhusker who provides the breakthrough in treatment: a bass-fishing eccentric at the University of Nebraska, listening loudly to classic rock at all hours in the lab. With Brendan Fraser and Keri Russell; directed by Tom Vaughan. 2010.

★ (CARMEL MOUNTAIN 14; CHULA VISTA 10; FASHION VALLEY 18; FLOWER HILL 4; GROSSMONT CENTER 10; HORTON PLAZA 14; LA JOLLA 12; MISSION MARKETPLACE 13; MISSION VALLEY 20; OTAY RANCH 12; PALM PROMENADE 24; PLAZA BONITA 14; POWAY 10; RIVER VILLAGE 6; TOWN SQUARE 14)

**Fantastic Mr. Fox** — Wes Anderson's wised-up children's film, a labor-intensive stop-motion animated adaptation of the Roald Dahl animal tale (reportedly he never visited the London set, but directed from Paris by E-mail) about a vulpine sophisticate who moves up in the world — out of a hole and into a tree — but can't escape his animal nature. (See him, for example, drop the act and rip into his food before regaining his composure: "Dinner was pitch-perfect.") Though the droll result has its charms, such as the use of "cuss" as an all-

purpose cussword, as in "I sure the cuss hope so," it's not so much for children as a group or adults as a group as it is specifically for devotees of Anderson, who is able to pursue with puppets and miniature sets his standard visual predilections: squared-up and flattened compositions, lateral action and tracking shots, a clump-clump editing rhythm. On the eclectic soundtrack (the Rolling Stones, the Beach Boys, the Wellingtons, Burl Ives), the director resorts to thievery from the film scores of Georges Delerue, like Scorsese in *Casino*, for the moments of peak emotion. With the voices of George Clooney, Meryl Streep, Jason Schwartzman, Eric Anderson, Bill Murray, Michael Gambon. 2009.

★★ (GASLAMP 15; LA PALOMA)

**44 Inch Chest** — Four chums of a cata-tonic cuckold devise a plan to help him regain his manhood: abduct the offender so that the offended may exact revenge. An initial hint of stylishness yields to staginess, despite the flashbacks, the fantasies, and the illustrative footage from Cecil B. De Mille's *Samson and Delilah*. Ripe dialogue and robust performances, all rather showy. With Ray Winstone, Tom Wilkinson, John Hurt, Ian McShane, Stephen Dillane, Joanne Whalley, and Melvil Poupaud; directed by Malcolm Venville. 2009.

★ (KEN, 1/29 THROUGH 2/4)

**The Hurt Locker** — Fictitious count-down of the final six weeks in the twelve-month tour of an army bomb squad in Baghdad. The living and working conditions in a color-free wasteland appear perfectly credible, and the quasi-science-fictional details of the job — the spaceman protective suits, the remote-control bomb-sniffing robot, the tangle of colored wires,

the hide-and-seek triggers — are highly enlightening. And the defusing of bombs — the constant prospect of their blowing up in our faces — carries a guaranteed tension, as witness such forerunners as Robert Aldrich's *Ten Seconds to Hell* or Michael Powell's and Emeric Pressburger's *The Small Back Room*. The ambush in mid-desert, outside the squad's normal sphere of operations, is if anything even tenser: more unpredictable, more open to possibilities. Kathryn Bigelow, one of the rare female action directors, dead-set on matching any man in muscle, favors here the combat-footage filmmaking style of jostles and jars to the camera, punchy zooms, whiplashing pans, and a chronic shaky hand, not necessarily restricted to scenes of combat. This is trendy at best, a tired cliché at worst. (The amplified heartbeat and the slo-mo explosion ought to be put to bed for a rest period of not less than a generation.) She takes a lot of time on the action scenes, or more broadly the tension scenes, and not much time in between, so that the three principals — Jeremy Renner, Anthony

Mackie, Brian Geraghty, each of them looking the part — are thin on character, static in development, no more than generic as opposed to individual soldiers. With Guy Pearce, Ralph Fiennes, David Morse. 2009.

★★ (GASLAMP 15)

**The Imaginarium of Doctor Parnassus** — A Terry Gilliam exercise in excess, as dense, as heavy, as torpifying as a Christmas fruitcake. (Or as *Brazil*, *The Adventures of Baron Munchausen*, *The Brothers Grimm*.) The muffled narrative, revolving around an immortal travelling showman, his magic-mirror portal to the realm of imagination, and his deal with the Devil, gets overpowered by the relentless production: the desolate stark smoky post-apocalyptic real world and the digitalized escape-scapes, a bit of Oz, a bit of Wonderland, a bit of Middle-Earth, a bit of Maxfield Parrish crossed with Salvador Dali. Just to make the weird weirder, all of it's apt to be shot in bulbous wide angles. Released nearly two years after his death in mid-shoot, this constitutes Heath Ledger's final screen appearance, a



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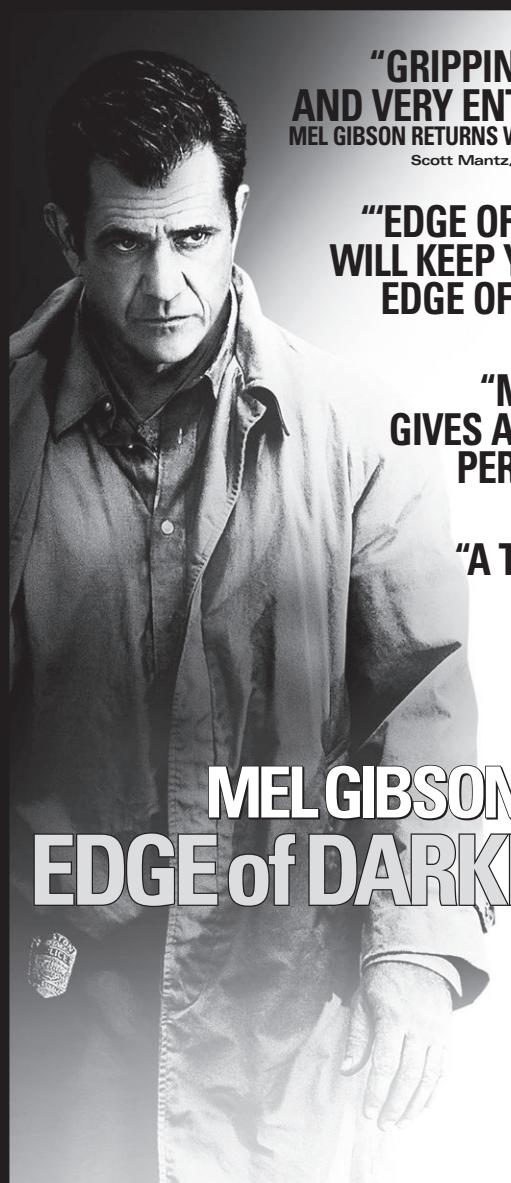
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San Diego Reader January 28, 2010 115



# Calendar MOVIES

supporting role (given deceitful top billing) resourcefully completed by a tag team of Johnny Depp, Jude Law, and Colin Farrell, each of whom, uniformly dressed and groomed, appears more engaged in the role. In the last analysis it deposits a spot of tarnish, a smudge of dullness, on the Ledger legend. Christopher Plummer, Andrew Garfield, Lily Cole, Tom Waits. 2009. ★ (GASLAMP 15; LA JOLLA VILLAGE; PALM PROMENADE 24)

**Invictus** — Doubtless not the sort of project that fans of director Clint Eastwood want from him, a Big Statement, no matter how characteristically understated. Marrying elements of the Great Man biography and the inspirational true sports story, it tells of Nelson Mandela's first years as the first black president of South Africa — timely parallel to somebody closer to home — and his outwardly frivolous, inwardly farsighted interest in his country's hosting of the Rugby World Cup, 1995, as an opportunity to unify a divided populace. (An anti-revenge film, a reconciliation film, it could have been titled *Forgiven* to round out the course of contrition Eastwood undertook way back with *Unforgiven*.) The extensive speechmaking does not get in the

way of the director's serene craftsmanship, the slanted compositions solidly hinged together and unfolded at a steady and imperturbable pace, stretching out customarily to a wieldy and evenly balanced two and a quarter hours. Morgan Freeman as Mandela (put a batik shirt on his back and a smile on his face and it's amazing how well he can pass) and Matt Damon as the rugby team captain, François Pienaar, struggle to outdo one another in stoical underplaying, and neither struggles noticeably with the accent. Eastwood, meantime, has his own struggle in making an unfamiliar sport comprehensible ("So, it is very important that we beat Australia"), and although he fails at that on the field of play, he succeeds stirring in the stands and on the streets and in front of the nation's televisions. 2009. ★★★ (GASLAMP 15)

**It's Complicated** — Romantic-comic triangle composed of a fifty-something divorcee, her remarried but re-interested ex-husband, and her too-good-to-be-true divorced architect: "Your age is one of my favorite things about you." The grown children have no problems of their own, and the level of affluence — not to forget level of gourmet cuisine — removes all other problems, so that a hypothetical air prevails. In truth, it's complicated enough already. (The chorus of confidantes drops out of sight when we need them most.) Meryl Streep brings to her role her usual fine detail and wide dynamics, and Alec Baldwin

brings an amusing girth. With Steve Martin, John Krasinski, and Lake Bell; written and directed by Nancy Meyers. 2009. ★ (CARMEL MOUNTAIN 14; FASHION VALLEY 18; FLOWER HILL 4; GASLAMP 15; GROSSMONT CENTER 10; LA JOLLA 12; MISSION VALLEY 7; MISSION VALLEY 20; OTAY RANCH 12; PALM PROMENADE 24; POWAY 10; TOWN SQUARE 14)

**Killing Kasztner** — Holocaust documentary on "the Jewish Schindler," directed by Gaylen Ross. (GASLAMP 15)

**Leap Year** — A New York control freak gets it into her head to join her boyfriend of four years on a business trip to Dublin, planning to take advantage of the local leap-year custom of "ladies' privilege" in proposals of marriage. Instead she gets rerouted to Wales by bad weather, thence by boat to Dingle (somehow) on the far side of the island; and under the spell of Celtic magic and of a devil-may-care pub owner and sometime cab driver, she discovers her inner romantic. It's a standard formula, the predestined lovers butting heads till locking lips, with the standard ton of pop songs on the soundtrack, and it lives or dies entirely on the charms of its stars: Amy Adams, whose charms are well known and on full display, and the manneristically elongated Matthew Goode (body by El Greco), whose charms are her match. She and he bring the mechanism precariously to life. With Adam Scott and John Lithgow; directed by Anand Tucker. 2010.

★ (CARMEL MOUNTAIN 14; FASHION VALLEY 18; GROSSMONT CENTER 10; HORTON PLAZA 14; TOWN SQUARE 14)

**Legion** — The fate of the world plays out at a roadside diner in Paradise Falls at the edge of the Mojave Desert: the Archangel Michael and the Archangel Gabriel battle over the imminent illegitimate baby of a dirty-blond hash-slinger. Bombastic horror film with idiotic dialogue: "Either your child lives or mankind dies." Paul Bettany, Adrienne Palicki, Lucas Black, Dennis Quaid, Tyrese Gibson; directed by Scott Stewart. 2010.

● (CARMEL MOUNTAIN 14; CHULA VISTA 10; DEL MAR HIGHLANDS 8; FASHION VALLEY 18; GROSSMONT CENTER 10; HORTON PLAZA 14; LA JOLLA 12; MISSION MARKETPLACE 13; MISSION VALLEY 20; OTAY RANCH 12; PALM PROMENADE 24; PLAZA BONITA 14; POWAY 10; TOWN SQUARE 14)

**The Lovely Bones** — Fourteen-year-old rape and murder victim, marooned in "the in-between," a/k/a "the blue horizon" dividing life and afterlife, continues to watch over her family, friends, and unapprehended killer, a quintessential creep who looks to be guilty, self-incriminatingly, in disguise: Stanley Tucci with a blond comb-over hairpiece, paste-on matching mustache, aviator glasses, and cotton-stuffed cheeks. Some of the depictions of the closeness of the two realms are reasonably subtle and well done: the cold gray dreamscape occupied by the fresh murder victim who doesn't yet realize she's dead and doesn't understand why she can't connect with the people she sees; or the flickering reflection of an unflickering candle flame by which the girl makes her presence known to her grieving father. But too much of the Other Side, in particular the climactic communion of all the victims of the serial killer, is spoiled by the music-video vulgarity of the CGI. With Saoirse Ronan, Mark Wahlberg, Rachel Weisz, and Susan Sarandon; directed by Peter Jackson. 2009.

★ (CARMEL MOUNTAIN 14; CHULA VISTA 10; DEL MAR HIGHLANDS 8; FASHION VALLEY 18; GROSSMONT CENTER 10; HORTON PLAZA 14; LA JOLLA 12; MISSION MARKETPLACE 13; MISSION VALLEY 20; OTAY RANCH 12; PALM PROMENADE 24; PLAZA BONITA 14; POWAY 10; TOWN SQUARE 14)

**The Missing Person** — Michael Shannon grunts and groans his way through a lethargic private-eye case as a gin-soaked gumshoe tailing, for reasons unknown, a middle-aged bald man and a Mexican boy from Chicago to Los Angeles. Comfortless low-budget indie written and directed by Noah Buschel. With Amy Ryan, Frank Wood, Linda Emond, Margaret Colin. 2009. ● (KEN, THROUGH 1/28)

**Nine** — Former choreographer Rob Marshall's third directorial effort, a restaging of the Broadway musical based on Fellini's *8½*. In essence the filmmaker has taken an intensely personal film (so named as it was Fellini's eighth and a half opus, counting three collaborations as halves) and depersonalized it, trivialized it, into nostalgic cinephilia circa the mid-Sixties and secondarily into generic Italophilia, the cultural divide highlighted by a principal cast of non-Italians, Daniel Day-Lewis as the Fellini figure, Penelope Cruz, Marion Cotillard, Nicole Kidman, Kate Hudson, Judi Dench, pop singer Fergie, excepting only Sophia Loren, not all of them pretending to be Italians. Each gets to perform at least one would-be showstopper. Cruz (dubbed? — it scarcely matters in her scanties) and Fergie come closest to attainment of that goal, and Cotillard outside of her would-be showstopper attains a loftier goal of tangible humanity. Somehow the notion of a Broadway show of this origin seems less objectionable because it's in a different medium and not in direct competition. Dion Beebe's rich ripe cinematography is commendable on its own merits when not dipping into directly competitive black-and-white. 2009. ★ (GASLAMP 15)

**Precious: Based on the Novel Push by Sapphire** — A bit of well-meaning manipulation, unevenly photographed, alternately oversaturated and washed-out and glossy and grainy, centered around a Harlem African-American illiterate obese unwed teenage mother of a Down's daughter, now pregnant again, expelled from school, abused and battered at home by her welfare mother, an incestuous rape victim of her absentee father, and oh, HIV-positive. We don't find out all of that at once. It piles up. Some interesting effects are gotten from the heroine's first-person voice-over, interwoven at competitive volume with the dialogue, such that it plays as interior monologue rather than expository narration. The fantasy scenes almost attain a similar musing quality, triggered as they are by the heroine's urgent desire to escape, but the actual content of these fantasies — a red-carpet Hollywood premiere, a mirror reflection of a slender beautiful blonde in place of a fat black, a subtitled black-and-white takeoff on a telecast of De Sica's *Two Women*, etc. — exhibit a consistent inanity which works to rob sympathy from either the film's heroine or its director, Lee Daniels. One or the other. You choose. With Gabourey Sidibe, Mo'Nique, Paula Patton, and Mariah Carey. 2009. ★ (HILLCREST CINEMAS; LA PALOMA)

**The Princess and the Frog** — Throwback Disney cartoon, a blessed retreat from plumped-up computer animation and smart-aleck anachronisms. The updated and retailored fairy tale serves primarily as a valentine to Old New Orleans: jazz, voodoo, gumbo, beignets, riverboat, streetcar (okay, one sneaky anachronism: "Stell-ahhhh!"). The songs, though they mostly stay true to the place and period, are unmemorable, and the ending approaches the endless. With the voices of Anika Noni Rose, Bruno Campos, Keith David, Michael-Leon Wooley, Jim Cummings, and Jennifer Lewis; directed by Ron Clements and John Musker. 2009. ★★ (CHULA VISTA 10; FASHION VALLEY 18; PALM PROMENADE 24)

**Sherlock Holmes** — Horrors! A Sherlock Holmes for the 21st Century, a man of action, a martial artist, more of a 19th-century James Bond or alternatively an urban *Wild Wild West*-erner, with a pretty-boy Dr. Watson (Jude Law) and a megalomaniacal archenemy (Mark Strong) who foretells "a journey that will twist the very fabric of nature," not to mention the re-colonization of America. The worst of it, worse than the hero's unseemly number of brushes with death or his embarrassing gullibility to feminine wiles, worse even than the blanketing darkness and the teeth-rattling sound and music imposed by director Guy Ritchie, is the insouciance of Robert Downey, Jr. (never mind his bad accent) in the title role. In a rare bow to discretion, he at least lays off the cocaine. Rachel McAdams, Eddie Marsan. 2009. ● (CARMEL MOUNTAIN 14; CHULA VISTA 10; FASHION VALLEY 18; GROSSMONT CENTER 10; HORTON PLAZA 14; LA COSTA 6; LA JOLLA 12; MISSION MARKETPLACE 13; MISSION VALLEY 7; MISSION VALLEY 20; OTAY RANCH 12; PALM PROMENADE 24; PLAZA BONITA 14; POWAY 10; TOWN SQUARE 14)

**A Single Man** — Adaptation of the Christopher Isherwood novel detailing the planned last day of a homosexual English professor (an exquisitely tortured Colin Firth) grieving his dead lover, anally-compulsively tying up loose ends, saying his guarded goodbyes, practicing the proper posture to shoot himself in bed, laying out his burial attire with the helpful note, "Tie in a Windsor knot." Fashion "guru" Tom Ford, in his directing debut, sees to it that the dumps are *très chic*, almost to be envied and emulated. He demonstrates convincingly a photographic eye to go along with a curatorial taste in the early-Sixties period, although the total ambience resembles that of a retro pictorial in *Harper's Bazaar* rather than an accurate depiction of a gloomy Brit in sunny So-Cal during the Kennedy Era. And he controls the color saturation of his imagery as if through an IV, maintaining gray drained faded tones for the present tense, pedantically contrasted with florid flushed flashbacks; and any passing sensory sensation in the faded present, any flicker of life, any tremor of reanimation, any stir of passion, will bring a sudden surge of saturation. It's a definite idea, even if a transparent one. With Julianne Moore, Nicholas Hoult, and Matthew Goode. 2009. ★ (FLOWER HILL 4; HILLCREST CINEMAS; LA JOLLA VILLAGE)

**Tooth Fairy** — Family comedy-fantasy with Dwayne "The Rock" Johnson, Ashley Judd, and Julie Andrews, directed by Michael Lembeck. (CARMEL MOUNTAIN 14; CHULA VISTA 10; DEL MAR HIGHLANDS 8; FASHION VALLEY 18; HORTON PLAZA 14; LA COSTA 6; LA JOLLA 12; MISSION MARKETPLACE 13; MISSION VALLEY 7; MISSION VALLEY 20; OTAY RANCH 12; PALM PROMENADE 24; PLAZA BONITA 14; POWAY 10; RIVER VILLAGE 6; SANTEE DRIVE IN; TOWN SQUARE 14)

**Up in the Air** — A comedown from Jason Reitman's auspicious first two features, *Thank You for Smoking* and *Juno*, narrowly centered as it is on a narrowly self-centered hero, a travelling corporate downsizer, a hired hatchet man, now a potential dinosaur whose way of life is threatened — by long-distance terminations via the innovation of video conferencing — before he can reach his lone life's goal of becoming just the seventh man in history, and the youngest ever, to log ten million air miles and to reap the benefits that come with that milestone. The smirky smugness of a backsliding George Clooney, back at least as far as Danny Ocean if not all the way to Dr. Ross on *ER*, makes him an unlikely candidate to be handing out pink slips, unless as a grotesque expressionistic subjective projection of the pink-slip recipients. The

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recipients themselves, while widely varied in type, many of them having been down-sized in real life, are for the most part penned up in bum’s-rush montages. And the movie overall seems to share rather too much of the protagonist’s glibness and frigidity. Waiting for a crack to appear in his façade is a sufficiently conventional plot hook, and patching up the crack afterwards is an insufficiently unconventional ending. Vera Farmiga, Anna Kendrick, Jason Bateman, Melanie Lynskey, Danny McBride. 2009.

★ (CARMEL MOUNTAIN 14; DEL MAR HIGHLANDS 8; FASHION VALLEY 18; GASLAMP 15; LA JOLLA 12; MISSION VALLEY 7; MISSION VALLEY 20; TOWN SQUARE 14)

**When in Rome** — Kristen Bell and Josh Duhamel in a romantic comedy in the Eternal City, directed by Mark Steven Johnson. (CARMEL MOUNTAIN 14; CHULA VISTA 10; DEL MAR HIGHLANDS 8; FASHION VALLEY 18; GROSSMONT CENTER 10; HORTON PLAZA 14; LA COSTA 6; LA JOLLA 12; MISSION MARKETPLACE 13; MISSION VALLEY 7; OTAY RANCH 12; PALM PROMENADE 24; PLAZA BONITA 14; POWAY 10; RIVER VILLAGE 6; TOWN SQUARE 14; FROM 1/29)

**The White Ribbon** — Reviewed this issue. With Christian Friedel, Leonie Benesch, Ulrich Tukur, Burghart Klaussner, and Rainer Bock; written and directed by Michael Haneke.

★ (HILLCREST CINEMAS)

**The Young Victoria** — And the young Albert. (Psst, wanna see the Queen in her teddies?) The story of the first occupant of the spanking new Buckingham Palace is a



Legion

story of protofeminist liberation — “Even a palace can be a prison” — and a testament to the capacity of British thespians, specifically Emily Blunt, Rupert Friend, Paul Bettany, Miranda Richardson, Mark Strong,

Harriet Walter, Jim Broadbent, among others, to play any dry and droning history lesson as if it were Shakespeare. The rather bland love story ultimately nudges out the pungent family relations, and the only

goose bumps come courtesy of Handel and high volume. Directed by Jean-Marc Vallée. 2009.

★ (FASHION VALLEY 18; GASLAMP 15; LA JOLLA VILLAGE)

# MOVIE SHOWTIMES

*Showtimes subject to change.  
(Bargain showtimes in parentheses.)*

## CENTRAL

### CARMEL MOUNTAIN

**Carmel Mountain 14**  
11620 Carmel Mountain Road (800-326-3264 #2704)  
**Avatar** (PG-13); **The Blind Side** (PG-13); **The Book of Eli** (R); **Edge of Darkness** (R); **Extraordinary Measures** (PG); **It's Complicated** (R); **Leap Year** (PG); **Legion** (R); **The Lovely Bones** (PG-13); **Sherlock Holmes** (PG-13); **Tooth Fairy** (PG); **Up in the Air** (R); **When in Rome** (PG-13)

### CLAIREMONT

**Town Square 14**  
4665 Clairemont Drive (800-326-3264 #2722)  
**Alvin and the Chipmunks: The Squeakquel** (PG) Fri.-Sun. (11:00, 1:05, 3:10) 5:20; **Avatar** (PG-13) Fri.-Sun. (11:30, 2:45) 6:05, 9:25; **Avatar 3D** (PG-13) Fri.-Sun. (12:20, 3:45) 7:00, 10:20; **The Book of Eli** (R) Fri.-Sun. (10:40, 1:30) 4:10, 7:00, 8:00, 9:30, 10:25; **Edge of Darkness** (R) Fri.-Sun. (11:05, 12:05, 1:50, 2:50) 4:25, 5:30, 7:10, 8:10, 9:45, 10:45; **Extraordinary Measures** (PG) Fri.-Sun. (12:10, 2:35) 4:55, 7:15, 9:40; **It's Complicated** (R) Fri.-Sun. (12:15) 7:25, 10:00; **Leap Year** (PG) Fri.-Sun. (2:55) 5:10; **Legion** (R) Fri.-Sun. (10:40, 12:55, 3:15) 5:45, 8:00, 10:15; **The Lovely Bones** (PG-13) Fri.-Sun. (10:50, 1:40) 4:30, 7:20, 10:10; **Sherlock Holmes** (PG-13) Fri.-Sun. (11:20, 2:05) 4:50, 7:40, 10:25; **The Tooth Fairy** (PG) Fri.-Sun. (10:45, 1:00, 3:20) 5:40, 7:55, 10:10; **Thomas & Friends: Thomas & the Runaway Kite** (G) Fri. Sat. (10:30a.m.) Sun.; **Up in the Air** (R) Fri.-Sun. (10:55, 1:25) 4:15, 7:05, 9:35; **When in Rome** (PG-13) Fri.-Sun. (11:10, 1:20, 3:25) 5:35, 7:45, 9:55

### DOWNTOWN

**Gaslamp 15**  
701 Fifth Avenue (800-326-3264 #2709)  
**Alvin and the Chipmunks: The Squeakquel** (PG) Fri.-Sun. (11:00, 1:00, 3:05) 5:05, 7:10, 9:15; **The Book of Eli** (R) Fri.-Sat. (11:05, 12:00, 1:40, 2:40) 4:20, 5:20, 7:00, 8:00, 9:40,

10:40 Sun. (11:05, 12:00, 1:40, 2:40) 4:20, 5:20, 7:00, 8:00, 9:40; **Fantastic Mr. Fox** (PG) Fri.-Sun. (11:40, 1:45) 4:05, 6:10, 8:10, 10:15; **The Hurt Locker** (R) Fri.-Sun. (12:55, 3:55) 7:05, 10:00; **The Imaginarium of Doctor Parnassus** (PG-13) Fri. (1:00) 5:15, 7:55, 10:35 Sat. (11:55, 2:35) 5:15, 7:55, 10:35 Sun. (11:55, 2:35) 5:15, 7:55; **Invictus** (PG-13) Fri.-Sun. (11:00, 1:50) 4:40, 7:35, 10:20; **It's Complicated** (R) Fri.-Sun. (11:30, 1:55) 4:30, 7:00, 9:30; **Killing Kasztner** (Not Rated) Fri.-Sun. (11:35, 2:10) 4:45, 7:25, 10:05; **Nine** (PG-13) Fri.-Sun. (12:30, 3:10) 5:30, 7:50, 10:20; **The Spy Next Door** (PG) Fri.-Sun. (11:25, 1:30, 3:35) 5:40, 7:45, 9:55; **3 Idiots** (Not Rated) Fri.-Sun. (11:15, 2:50) 6:25, 9:50; **Up in the Air** (R) Fri.-Sun. (11:45, 12:45, 2:15, 3:15) 4:50, 5:45, 7:15, 8:05, 9:35, 10:25; **The Young Victoria** (PG) Fri.-Sun. (12:35, 2:55) 5:35, 7:50, 10:10

**Horton Plaza 14**  
Horton Plaza (619-444-FILM)  
**Avatar 3D** (PG-13) Fri.-Sun. (3:00) 6:30, 9:50; **The Blind Side** (PG-13) Fri.-Sun. (1:45) 7:05; **Bold and Fresh Tour: O'Reilly and Beck LIVE** (Not Rated) Sat. 5:00p.m.; **Edge of Darkness** (R) Fri. (1:00, 1:30, 4:15, 4:45) 7:00, 7:30, 9:45, 10:15 Sat.-Sun. (1:00, 1:30) 4:15, 4:45, 7:00, 7:30, 9:45, 10:15; **Extraordinary Measures** (PG) Fri. (1:10, 4:25) 7:35, 10:05 Sat.-Sun. (1:10) 4:25, 7:35, 10:05; **Legion** (R) Fri. (1:25, 4:15, 4:45) 7:10, 9:30, 10:00 Sat. (1:25) 4:45, 7:10, 9:30, 10:00 Sun. (1:25) 4:15, 4:45, 7:10, 9:30, 10:00; **The Lovely Bones** (PG-13) Fri. (1:15, 4:10) 7:15, 10:10 Sat.-Sun. (1:15) 4:10, 7:15, 10:10; **Sherlock Holmes** (PG-13) Fri. (1:20, 4:20) 7:20, 10:15 Sat.-Sun. (1:20) 4:20, 7:20, 10:15; **The Tooth Fairy** (PG) Fri. (1:00, 4:05) 7:00, 9:25 Sat.-Sun. (1:00) 4:05, 7:00, 9:25; **When in Rome** (PG-13) Fri. (1:10, 3:20, 5:30) 7:40, 9:55 Sat.-Sun. (1:10, 3:20) 5:30, 7:40, 9:55

### KENSINGTON

**Ken**  
4061 Adams Avenue (619-819-0236)  
**44 Inch Chest** (R) Fri., Mon.-Thu. (5:15) 7:30, 9:45, Sat. & Sun. (12:45) 3:00, 5:15, 7:30, 9:45; **The Big Lebowski** (R) Sat. 12:00 midnight

### LA JOLLA

**La Jolla 12**  
8657 Villa La Jolla Drive (888-262-4386)  
**Avatar; The Book of Eli; Crazy Heart; Edge of Darkness; Extraordinary Measures; It's Complicated; Legion; The Lovely Bones; Sherlock Holmes; Tooth Fairy; Up in the Air** When in Rome

**La Jolla Village**  
8879 Villa La Jolla Drive (619-819-0236)  
**The Imaginarium Of Doctor Parnassus** (PG-13) Fri., Mon.-Thu. (1:30, 4:15) 7:00, 9:45, Sat. & Sun. (10:45) 1:30, 4:15, 7:00, 9:45; **Sat. & Sun. (10:45) 1:30, 4:15, 7:00, 9:45; The Young Victoria** (PG) Fri., Mon.-Thu. (1:40, 4:25) 7:10, 9:55, Sat. & Sun. (10:55) 1:40, 4:25, 7:10, 9:55; **A Single Man** (PG-13) Fri., Mon.-Thu. (1:50, 4:35) 7:20, 10:05, Sat. & Sun. (11:05) 1:50, 4:35, 7:20, 10:05; **Broken Embraces** (R) Fri., Mon.-Thu. (2:10, 5:05) 8:00, Sat. & Sun. (11:15) 2:10, 5:05, 8:00

### MIRA MESA

**Mira Mesa 18**  
10733 Westview Parkway (800-326-3264)  
Call theater for program information.

### MISSION VALLEY

**Fashion Valley 18**  
7037 Friars Road (888-262-4386)  
**Alvin and the Chipmunks: The Squeakquel; Avatar; The Blind Side; The Book of Eli; Daybreakers; Edge of Darkness; Extraordinary Measures; It's Complicated; Leap Year; Legion; The Lovely Bones; The Princess and the Frog; Sherlock Holmes; The Spy Next Door; Tooth Fairy; Up in the Air; When in Rome; The Young Victoria; Youth in Revolt**

**Mission Valley 7**  
7510 Hazard Center Drive (619-685-2841)



**Dr. Wayne Dyer: Wishes Fulfilled** (NR); Thu.: 7:30 pm; **Edge of Darkness** (R) Fri. & Sat.: (11:45, 2:30), 5:15, 8:00, 10:45; Sun.-Thu.: (11:45, 2:30), 5:15, 8:00; **When in Rome** (PG-13) Fri. & Sat.: (12:15, 3:00), 5:45, 8:15, 10:45; Sun.-Wed.: (12:15, 3:00), 5:45, 8:15; Thu.: (10:00, 12:15, 3:00), 5:45, 8:15; **The Tooth Fairy** (PG) Fri. & Sat.: (11:00, 1:30), 4:15, 7:00, 9:30; Sun.-Tue.: (11:00, 1:30), 4:15, 7:00; Wed.: (11:00, 1:30), 4:15; Thu. (11:00, 1:30), 4:15, 7:00; **The Book of Eli** (R) Fri. & Sat.: (11:30, 2:15), 5:00, 7:45, 10:30; Sun.-Thu.: (11:30, 2:15), 5:00, 7:45; **It's Complicated** (R) Fri. & Sat.: (11:00), 4:30, 10:00; Sun.-Thu.: (11:00), 4:30; **Sherlock Holmes** (PG-13) Fri. & Sat.: (11:15, 2:00), 4:45, 7:30, 10:30; Sun.-Wed.: (11:15, 2:00), 4:45, 7:30; Thu.: (11:15, 2:00), 4:45; **Up in the Air** (R) Fri.-Thu.: (1:45), 7:15; **Avatar 3D** (PG-13) Fri. & Sat.: (12:00, 3:30), 7:00, 10:30; Sun.-Thu.: (12:00, 3:30), 7:00; **Winter Daydreams** (G) Sat. & Sun.: 10:30 am

**Mission Valley 20**  
1640 Camino Del Rio North (888-262-4386)  
**Alvin and the Chipmunks: The Squeakquel; Avatar; The Blind Side; The Book of Eli; Daybreakers; Edge of Darkness; Extraordinary Measures; It's Complicated; Legion; The Lovely Bones; Sherlock Holmes; The Spy Next Door; To Save a Life; Tooth Fairy; Up in the Air; Youth in Revolt**

### UPTOWN

**Hillcrest Cinemas**  
3965 Fifth Avenue (619-819-0236)  
**Crazy Heart** (R) Fri., Mon.-Thu. (1:50, 4:35) 7:20, 9:55, Sat. & Sun. (11:15) 1:50, 4:35, 7:20, 9:55; **Broken Embraces** (R) Fri., Mon.-Thu. (1:30, 4:15) 7:00, 9:45, Sat. & Sun. (10:55) 1:30, 4:15, 7:00, 9:45; **A Single Man** (PG-13) Fri.,

**Youth in Revolt** — A cut-above teen comedy whose nerdy hero is an anachronistic Sinatra fan, aspiring novelist, voracious reader, condemned virgin. When he stumbles on a prospective soul mate who seems his equal in youthful pretension — a Francophile who loves Gainsbourg and *Breathless*, but who can also correct him on his misidentification of the Japanese director of his “favorite” film, *Tokyo Story* — he develops an anarchic alter ego, François Dillinger, outfitted with cigarettes, dark shadows under his eyes, a pencil mustache, and a mile-wide cruel streak, to counsel him in his courtship. An even bigger question than how long till Michael Cera, twenty-one, can no longer get away with playing teenagers is the question of when his on-screen persona, a/k/a his shtick, will lose its freshness and find fatigue. The answer to both questions, somewhat surprisingly, is not yet. His insecurity and interiority are built to last, and his diffident, apologetic, unexpected way with a funny line (agreeing to a hike: “Like John Muir, I enter the wilderness armed with nothing more than my journal and a childlike sense of wonder”) is long on charm. In addition to which, the alter ego, the devil over his shoulder and in his ear, with whom he both divides and shares screen time, gives him a refreshing new persona, new shtick. It affords an opportunity to stretch himself without the obligation of credibility. Portia Doubleday, Jean Smart, Steve Buscemi, Justin Long; directed by Miguel Arteta. 2010.

★ (FASHION VALLEY 18; HORTON PLAZA 14; MISSION VALLEY 20; PALM PROMENADE 24)

Mon.-Thu. (2:10, 4:45) 7:30, 10:05, Sat. & Sun. (11:25) 2:10, 4:45, 7:30, 10:05; **The White Ribbon** (R) Fri., Mon.-Thu. (2:00, 5:15) 8:30, Sat. & Sun. (10:45) 2:00, 5:15, 8:30; **Precious: Based On The Novel 'Push' By Sapphire** (R) Fri., Mon.-Thu. (1:40, 4:25) 7:10, 9:35, Sat. & Sun. (11:05) 1:40, 4:25, 7:10, 9:35

**Reuben H. Fleet Science Center**  
1875 El Prado, Balboa Park (619-238-1233)  
**Alaska: Spirit of the Wild** (G) Fri. 6:00p.m.; **Mysteries of Egypt** (Not Rated) Fri. 2:00, 5:00, 8:00 Sat.-Sun. 11:00, 2:00, 5:00; **Under the Sea** (G) Fri. 1:00, 4:00, 7:00 Sat. 10:00, 1:00, 4:00, 7:00 Sun. 10:00, 1:00, 4:00

## EAST COUNTY

### EL CAJON

**Parkway Plaza 18**  
405 Parkway Plaza (619-401-3456)  
Call theater for program information.

### LA MESA

**Grossmont Center 10**  
5500 Grossmont Center Drive (800-326-3264 #2710)  
**Alvin and the Chipmunks: The Squeakquel** (PG) Fri.-Sun. (11:40, 1:45, 3:55) 6:00; **Avatar 3D** (PG-13) Fri.-Sun. (12:05, 3:30) 7:00, 10:20; **The Book of Eli** (R) Fri.-Sun. (11:50, 2:30) 5:10, 7:50, 10:30; **Edge of Darkness** (R) Fri.-Sun. (11:25, 2:00) 4:35, 7:20, 10:00; **Extraordinary Measures** (PG) Fri.-Sun. (12:00, 2:25) 4:50, 7:15, 9:40; **It's Complicated** (R) Fri.-Sun. (11:00, 1:40) 4:20, 7:05, 9:45; **Leap Year** (PG) Fri.-Sun. 8:05, 10:15; **Legion** (R) Fri.-Sun. (11:15, 1:30, 3:45) 6:05, 8:20, 10:40; **The Lovely Bones** (PG-13) Fri.-Sun. (10:55, 1:50) 4:40, 7:30, 10:25; **Sherlock Holmes** (PG-13) Fri.-Sun. (11:05, 1:55) 4:45, 7:40, 10:35; **When in Rome** (PG-13) Fri.-Sun. (11:10, 1:25, 3:35) 5:45, 8:00, 10:10

### RANCHO SAN DIEGO

**Rancho San Diego 15**  
2951 Jamacha Road (800-326-3264)  
**Alvin and the Chipmunks: The Squeakquel** (PG) Fri. (11:55, 2:10, 4:45) 7:05, 9:25 Sat.-Sun. (11:55, 2:10) 4:45, 7:05, 9:25; **Avatar** (PG-13) Fri.-Sun. (11:30, 3:00) 6:40, 10:15; **Avatar 3D**



(PG-13) Fri.-Sun. (11:50, 3:20) 7:00, 10:35; **The Blind Side** (PG-13) Fri.-Sun. (11:45, 2:50) 7:20, 10:25; **The Book of Eli** (R) Fri. (11:35, 2:25, 5:10) 8:00, 10:45 Sat.-Sun. (11:35, 2:25) 5:10, 8:00, 10:45; **Edge of Darkness** (R) Fri. (11:30, 2:15, 5:00) 7:45, 10:30 Sat.-Sun. (11:30, 2:15) 5:00, 7:45, 10:30; **Extraordinary Measures** (PG) Fri.-Sun. (12:30, 3:05) 7:25, 10:05; **It's Complicated** (R) Fri.-Sun. (12:20, 3:15) 6:50, 9:40; **Leap Year** (PG) Fri.-Sun. 6:55, 9:35; **Legion** (R) Fri. (11:40, 2:20, 4:55) 7:50, 10:20 Sat.-Sun. (11:40, 2:20) 4:55, 7:50, 10:20; **The Lovely Bones** (PG-13) Fri.-Sun. (12:10, 3:25) 7:15, 10:40; **Sherlock Holmes** (PG-13) Fri.-Sun. (12:05, 3:10) 6:45, 9:50; **The Spy Next Door** (PG) Fri.-Sun. (12:25, 2:45); **The Tooth Fairy** (PG) Fri.-Sun. (12:15, 2:55) 7:10, 9:45; **Up in the Air** (R) Fri. (12:35, 4:50) 7:35, 10:10 Sat.-Sun. (12:35) 4:50, 7:35, 10:10; **When in Rome** (PG-13) Fri. (12:00, 2:40, 5:05) 7:30, 9:55 Sat.-Sun. (12:00, 2:40) 5:05, 7:30, 9:55

SANTEE

**Santee Drive In**  
10990 Woodside Avenue (619-448-7447)  
**Alvin and the Chipmunks: The Squeakquel** (PG); **The Book of Eli** (R); **Edge of Darkness** (R); **Tooth Fairy** (PG)

SOUTH BAY

CHULA VISTA

**Chula Vista 10**  
Broadway between H and I (619-338-4214)



**Dr. Wayne Dyer: Wishes Fulfilled** (NR) Thu.: 7:30 pm; **Edge of Darkness** (R) Fri. & Sat.: (11:30 , 2:15), 5:00, 7:45, 10:45; Sun.: (11:30, :15), 5:00, 7:45, Mon.-Thu.: 5:00, 7:45;

**When in Rome** (PG-13) Fri. & Sat.: (11:00, 1:15, 3:45), 6:00, 8:15, 10:30; Sun.: (11:00, 1:15, 3:45), 6:00, 8:15; Mon.-Thu.: (3:45), 6:00, 8:15; **Extraordinary Measures** (PG) Fri. & Sat.: (3:00), 8:00, 10:45; Sun.-Thu.: (3:00), 8:00; **Legion** (R) Fri. & Sat.: (12:45, 3:15), 5:45, 8:00, 10:15; Sun.: (12:45, 3:15), 5:45, 8:00; Mon.-Thu.: (3:15), 5:45, 8:00; **The Tooth Fairy** (PG) Fri. & Sat.: (11:15, 1:30, 4:00), 6:15, 8:30, 10:45; Sun.: (11:15, 1:30, 4:00), 6:15, 8:30, Mon.-Thu.: (4:00), 6:15, 8:30; **The Book of Eli** (R) Fri. & Sat.: (11:00, 1:45), 4:30, 7:15, 10:00; Sun.: (11:00, 1:45), 4:30, 7:15; Mon.-Thu.: 4:30, 7:15; **The Spy Next Door** (PG) Fri.-Sun.: (11:45), 5:15; Mon.-Thu.: 5:15 pm; **The Lovely Bones** (PG-13) Fri. & Sat.: (1:00), 4:15, 7:15, 10:00; Sun.: (1:00), 4:15, 7:15; **Sherlock Holmes** (PG-13) Fri. & Sat.: (2:00), 7:30, 10:15; Sun.: (2:00), 7:30; Mon.-Wed.: 7:30 pm; **Alvin and the Chipmunks: The Squeakquel** (PG) Fri. & Sat.: (12:15, 2:30), 4:45, 7:00, 9:30; Sun.: (12:15, 2:30), 4:45, 7:00; Mon.-Wed.: 4:45, 7:00; Thu.: 4:45 pm; **Avatar 3D** (PG-13) Fri. & Sat.: (12:00, 3:30), 7:00, 10:30; Sun.: (12:00, 3:30), 7:00; Mon.-Thu.: (3:30), 7:00; **The Princess and the Frog** (G) Fri.-Sun.: (12:30), 5:30; Mon.-Thu.: 5:30 pm; **Thomas & Friends: Thomas & the Runaway Kite** (G) Sat.: 10:00 am; **Winter Daydreams** (G) Sat. & Sun.: 10:30 am

**Otay Ranch 12**  
Eastlake Parkway (at Olympic) (888-262-4386)  
**Alvin and the Chipmunks: The Squeakquel** (PG) Fri.-Sat. (10:40) 2:25, 4:50, 7:35, 9:55 Sun. (11:45) 2:25, 4:50, 7:35, 9:55; **Avatar 3D** (PG-13) Fri.-Sun. (11:15) 2:45, 6:15, 9:50; **Bold and Fresh Tour: O'Reilly and Beck LIVE** (Not Rated) Sat. 5:00p.m.; **The Book of Eli** (R) Fri.-Sun. (11:00) 1:55, 4:45, 7:40, 10:30; **Edge of Darkness** (R) Fri. (10:45) 1:40, 4:35, 6:45, 7:30, 9:40, 10:25 Sat. (10:45) 1:40, 4:35, 7:35, 8:15, 10:25 Sun. (10:45) 1:40, 4:35, 6:45, 7:30, 9:40, 10:25; **Extraordinary Measures** (PG) Fri.-Sun. 4:10, 9:15; **It's Complicated** (R) Fri.-Sun. (10:55) 1:50, 4:40, 7:25, 10:10; **Legion** (R) Fri.-Sun. (10:50) 1:50, 4:15, 7:05, 9:45; **The Lovely Bones** (PG-13) Fri.-Sat. (11:20) 1:00, 4:05, 7:10, 10:15 Sun. 1:00, 4:05, 7:10, 10:15; **Sherlock Holmes** (PG-13) Fri.-

Sat. (10:35) 1:20, 4:20, 7:20, 10:20 Sun. 1:20, 4:20, 7:20, 10:20; **The Spy Next Door** (PG) Fri.-Sun. (11:05) 1:35, 6:50; **The Tooth Fairy** (PG) Fri. (10:30, 11:10) 1:05, 1:45, 3:45, 4:25, 7:15, 10:00 Sat. (10:30, 11:10) 1:05, 1:45, 4:25, 7:15, 10:00 Sun. (11:10) 1:05, 1:45, 3:45, 4:25, 7:15, 10:00; **When in Rome** (PG-13) Fri.-Sun. (11:30) 2:00, 4:30, 7:00, 9:30

**Palm Promenade 24**  
770 Denmy Road (888-262-4386)  
**Alvin and the Chipmunks: The Squeakquel** (PG); **Avatar** (PG-13); **The Blind Side** (PG-13); **The Book of Eli** (R); **Daybreakers** (R); **Edge of Darkness** (R); **Extraordinary Measures** (PG); **The Imaginarium of Doctor Parnassus** (PG-13); **It's Complicated** (R); **Legion** (R); **The Lovely Bones** (PG-13); **The Princess and the Frog** (G); **Sherlock Holmes** (PG-13); **The Spy Next Door** (PG); **Tooth Fairy** (PG); **When in Rome** (PG-13); **Youth in Revolt** (R)

**Rancho Del Rey 16**  
1025 Tierra del Rey (off East H Street) (619-216-4707)  
Call theater for program information.

IMPERIAL BEACH

**South Bay Drive In**  
2170 Coronado Avenue (619-423-2727)  
Call theater for program information.

NATIONAL CITY

**Plaza Bonita 14**  
3030 Plaza Bonita Road (888-262-4386)  
**Alvin and the Chipmunks: The Squeakquel** (PG); **Avatar** (PG-13); **The Book of Eli** (R); **Daybreakers** (R); **Edge of Darkness** (R); **Extraordinary Measures** (PG); **Legion** (R); **The Lovely Bones** (PG-13); **Sherlock Holmes** (PG-13); **The Spy Next Door** (PG); **To Save a Life** (PG-13); **Tooth Fairy** (PG); **When in Rome** (PG-13)

NORTH INLAND

ESCONDIDO

**Escondido 16**  
350 West Valley Parkway (760-291-0119)  
Call theater for program information.

FALLBROOK

**River Village 6**  
5256 S. Mission Road (760-945-8784)



**Edge of Darkness** (R) Fri. & Sat.: (11:15, 2:00), 5:00, 7:45, 10:45; Sun.: (11:15, 2:00), 5:00, 7:45; Mon.-Thu.: 5:00, 7:45; **When in Rome** (PG-13) Fri. & Sat.: (12:45, 3:00), 5:15, 7:30, 9:45; Sun. (12:45, 3:00), 5:15, 7:30; Mon.-Thu.: (3:00), 5:15, 7:30; **Extraordinary Measures** (PG) Fri. & Sat.: (12:30, 3:15), 5:45, 8:15, 10:45; Sun. (12:30, 3:15), 5:45, 8:15; Mon.-Thu.: (3:15), 5:45, 8:15; **The Tooth Fairy** (PG) Fri. & Sat.: (12:15, 3:00), 5:30, 8:00, 10:15; Sun. (12:15, 3:00), 5:30, 8:00; Mon.-Thu.: (3:00), 5:30, 8:00; **The Book of Eli** (R) Fri. & Sat.: (11:00, 1:45), 4:30, 7:15, 10:00; Sun.: (11:00, 1:45), 4:30, 7:15; Mon.-Thu.: 4:30, 7:15; **Avatar 3D** (PG-13) Fri. & Sat.: (12:00, 3:30), 7:00, 10:30; Sun.: (12:00), (3:30), 7:00; Mon.-Thu.: (3:30), 7:00; **Thomas & Friends: Thomas & the Runaway Kite** (G) Sat.: 10:00 am; **Winter Daydreams** (G) Sat. & Sun.: 10:30 am

POWAY

**Poway 10**  
13475 Poway Road (858-646-9423)



**Dr. Wayne Dyer: Wishes Fulfilled** (NR) Thu.: 7:30 pm; **Edge of Darkness** (R) Fri. & Sat.: (11:15, 2:00), 4:45, 7:30, 10:15; Sun.-Thu.: (11:15, 2:00), 4:45, 7:30; **When in Rome** (PG-13) Fri. & Sat.: (12:30, 3:00), 5:30, 7:45, 10:00; Sun.-Tue.: (12:30, 3:00), 5:30, 7:45; Wed.: (10:00, 12:30, 3:00), 5:30, 7:45; Thu.: (12:30, 3:00), 5:30, 7:45; **Extraordinary Measures** (PG) Fri. & Sat.: (12:45, 3:15), 5:45, 8:15, 10:45; Sun.-Thu.: (12:45, 3:15), 5:45, 8:15; **Legion** (R) Fri. & Sat.: (11:00, 1:15, 3:45), 6:00, 8:30, 10:45; Sun.-Thu.: (11:00, 1:15, 3:45), 6:00, 8:30; **The Tooth Fairy** (PG) Fri. & Sat.: (12:00, 2:30), 5:00, 7:30, 10:00; Sun.-Thu.: (12:00, 2:30), 5:00, 7:30; **The Book of Eli** (R) Fri. & Sat.: (11:30, 2:15), 5:15, 8:00, 10:45; Sun.-Thu.: (11:30, 2:15), 5:15, 8:00; **It's Complicated** (R) Fri. & Sat.: (11:00, 1:45), 4:30, 7:15, 10:15; Sun.-Thu.: (11:00, 1:45), 4:15, 7:00; Thu.: (1:00), 4:15; **Sherlock Holmes** (PG-13) Fri. & Sat.: (11:15, 2:00), 4:45, 7:45, 10:30; Sun.-Thu.: (11:15, 2:00), 4:45, 7:45; **Avatar 3D** (PG-13) Fri. & Sat.: (11:45, 3:30), 7:00, 10:30; Sun.-Thu.: (11:45, 3:30), 7:00; **Winter Daydreams** (G) Sat. & Sun.: 10:30 am

SAN MARCOS

**San Marcos 18**  
1180 W. San Marcos Boulevard (at Old California Walk) (800-326-3264)  
**Alvin and the Chipmunks: The Squeakquel** (PG) Fri. (1:50, 4:30) 7:05 Sat.-Sun. (1:50)

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www.UltraStarMovies.com  
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# CLASSIFIED ADS

Check out ads at **SDReader.com**  
Each print ad comes with an online ad.

**TO PLACE AN AD:** Call 619-235-8200 8:30am to 5pm Monday through Friday.

**WALK-IN:** 1703 India Street (at Date), Little Italy, 92101

## HELP WANTED ACCOUNTING / FINANCE

**COLLECTION PERSON NEEDED.** Collections experience necessary. Pay range \$8-\$12 depending on experience, plus bonuses. Monday-Friday, 8:30am-4:30pm. Kearny Mesa. E-mail resume to jobs@ssfundraising.com.

## HELP WANTED DOMESTIC SERVICE

**AIDE NEEDED. Female only!** Get me up, make breakfast. 1 hour in morning, 1 hour in afternoon, 1 hour at night, Saturday and Sundays. \$9/ hour. Friendly, easygoing. References. Own transportation. Ramona area. Nonsmoking. 760-788-7595.

## HELP WANTED DRIVERS / DELIVERY

**DRIVERS.** \$1700-\$2400 monthly. Fuel paid. Auto parts delivery with late model pickup truck, car, van, Clean DMV. Local and North County. Bonus paid. Independent contractors. 619-461-2048.

## HELP WANTED HEALTH CARE

**ADULT FOSTER CARE.** Experienced Medical and Mental Health professionals to care for our adult clients with developmental disabilities in your own home. Monthly stipend: \$1000-\$3400. Learn more! Orientations held the 1st and 3rd Tuesday each month, 2pm. 2525 Camino Del Rio South, #160, San Diego, 92108. Visit: [www.thementornetwork.com](http://www.thementornetwork.com). Program Recruiter: 619-293-0214.

**CAREGIVERS** needed immediately. 1 year experience. All shifts available. Hourly and live in. Assertive Care at Home Inc., 3774 Grove Street, #L-1, Lemon Grove. 619-466-6890.

**CAREGIVERS, CNAs, HHAs.** Immediate openings throughout San Diego and North County. Full time, part time, hourly and live-in available. Call for an interview 9am-5pm, Monday-Friday: 760-730-3955. Avalon Home Care, 2541 State Street, Suite 111, Carlsbad, CA 92008.

**CAREGIVERS: LIVE-INS,** 2, 3, 4 or 5 days/week, \$120/day (including sleep and meal periods). Weekends and hourly. Top pay, flexible shifts 24/7, 401(k), production bonus, rewards for good work. Requires valid driver's license, vehicle/insurance, registration, one year of paid elder caregiving experience, eligibility to work in the United States. \$150 hiring bonus for employees accepting North County live-in assignments (after 90 days of employment). Free seminar at our San Diego office: "What It Takes To Be A Comfort Keeper," first Monday of each month at 5pm. Space is limited, call for a reservation. Comfort Keepers, San Diego: 619-795-6036. San Marcos: 760-598-3400.

**CAREGIVERS/ COMPANIONS.** Minimum 1 year's experience non-medical home care for seniors. Valid California driver's license. Serving Santee/ La Mesa/ Del Cerro/ San Carlos. Visiting Angels, 619-749-7525.



**CAREGIVERS/ COMPANIONS.** Home care agency has immediate openings for compassionate and experienced Caregivers in the El Cajon, Lakeside, Granite Hills, Bostonia, Rancho San Diego, Alpine and Julian areas. Must have 2+ years healthcare experience, valid CA driver's license and reliable transportation. Background check required. Visiting Angels, 619-987-4910.

**CAREGIVERS/CNAs/HHAs.** Immediate openings. Hourly, Live-in, Nights. Cheerful Caregivers needed to assist seniors in-home. Minimum 1- year experience. Premium pay/bonuses/ benefits, 24-hour office support. Age Advantage, 619-660-8881, 760-720-7272.

**HEALTHCARE: RNs, LVNs, AIDES.** Join La Jolla Nurses! Looking for Home Health Aides, ongoing assignments. Also per diem work—you pick the days, hours and shifts! Competitive pay rates, excellent work assignments. State-licensed home health agency. Medical, dental and vision benefits; referral bonus. La Jolla Nurses HomeCare, 858-454-9339. [www.lajollanurseshomecare.com](http://www.lajollanurseshomecare.com).

### Caregivers Needed

Highest pay, flexible hours. High profile clients. Includes classes at exclusive culinary school. Interviewing Monday- Friday, 10-4. No appointment required. **Home Care Assistance**, 162 South Rancho Santa Fe Road, B-10, Encinitas. [www.HCA-sd.com](http://www.HCA-sd.com). 877-254-4860.

Check out ads at **SDReader.com**  
Each print ad comes with an online ad.

**DEADLINES:** 4pm Monday for ads in Help Wanted, Career Training, Employment Services, Employment Agencies, and Business Opportunities.  
5pm Tuesday for all other ads.

in providing home health care services. We offer full-time, part-time, per diem 1:1 private duty shift care (including school cases countywide), competitive pay and excellent support system. Join our team and make a difference! Requires: Valid LVN license, at least one year actual LVN work experience, current CPR card, valid CA driver's license, reliable auto with proof of insurance and registration. Call 800-590-0030, fax 800-607-3307, or e-mail [aasuncion@accentcare.com](mailto:aasuncion@accentcare.com). [www.accentcare.com](http://www.accentcare.com). EOE.

**SOCIAL SERVICES.** Promising Futures, Inc., is hiring reliable, caring individuals to work with the developmentally disabled in East County and Ramona. Part- and full- time positions. \$8-\$10/ hour plus benefits. Overtime opportunities available. [pficareer@yahoo.com](mailto:pficareer@yahoo.com). Fax resume: 619-592-4878. Call 619-592-4850.

**LICENSED VOCATIONAL NURSES.** AccentCare is a national leader in providing home health care services. We offer full-time, part-time, per diem 1:1 private duty shift care (including school cases countywide), competitive pay and excellent support system. Join our team and make a difference! Requires: Valid LVN license, at least one year actual LVN work experience, current CPR card, valid CA driver's license, reliable auto with proof of insurance and registration. Call 800-590-0030, fax 800-607-3307, or e-mail [aasuncion@accentcare.com](mailto:aasuncion@accentcare.com). [www.accentcare.com](http://www.accentcare.com). EOE.

**NON-RN NURSING.** Certified Nursing Assistants and Healthcare Assistants (C.N.A. and EKG Certification required). Palomar Pomerado Health is hiring. **Apply online from any computer at: [www.PPH.org](http://www.PPH.org)** or in person, Monday- Friday, 7:30am-4:30pm: Human Resources Administrative Offices for Palomar Pomerado Health, 456 East Grand Avenue, Escondido, 92025; Pomerado Hospital: Applications available via computer kiosk in main hospital lobby, 15615 Pomerado Road, Poway, 92064; Palomar Continuing Care Center: Applications available via computer kiosk in main hospital lobby, 1817 Avenida del Diablo, Escondido, 92029. All PPH campuses are smoke-free.

**NURSES: LICENSED VOCATIONAL** Nurses. AccentCare is a national leader

appointments, etc. Mileage reimbursement only. 619-276-3728.

**JOB WANTED.** Multi-degreed lady seeking work as confidant, companion, travelmate, elderly caregiver, personal assistant, housekeeper. Will work for you. Please call Ginger today, 619-444-7679.

**JOB WANTED.** Professional English nanny/ nurse, 20 years' childcare experience, specializing premature newborn toddlers, reliable love for children. Excellent local references. Nursing degree. All background checks. 619-297-6480.

**UNEMPLOYED HOMELESS VETERANS.** You may be eligible: Job search/resume preparation, placement assistance, support services, job-related clothing/ tools, housing referrals. VA benefits referrals. Appointment: 619-449-5513.

## HELP WANTED MANAGEMENT / PROFESSIONAL

**DIRECTOR OF MEDIA.** Catholic Answers seeks Director of Media, Education and Communication in El Cajon, California. Use extensive knowledge of Catholic Theology and magisterial teachings in daily radio interviews, address serious spiritual and social issues on air in light and accessible manner. Write intelligently and grammatically on similar issues. Masters Catholic Theology or equivalent required. Clear, articulate radio voice and experience and skill in impromptu interviewing. Resume and voice demo to *Catholic Answers HR* 2020 Gillespie Way, El Cajon, CA. 92020.

## HELP WANTED MISCELLANEOUS

**CIRCULATE ALL PETITIONS.** Collect signatures on statewide petitions. No

## HELP WANTED

OHI is a mission of the Free Sacred Trinity Church, a non-denominational church that has been operating spiritual retreats since 1976.

### Assistant Kitchen Manager

\$14.36-\$17.95/hr. Must have 1+ years' supervisory experience, 2 years' food prep experience in fast-paced hotel or healthcare facility.

### Food Prep Worker

\$8.84-\$10.40/hr. 1 year food prep experience.

### House Person

\$10.63-\$12.50/hr. 2 years' housekeeping experience in hotel or healthcare facility.

All positions: High school graduate or GED. Must speak English.

**Apply online: [www.optimumhealth.org](http://www.optimumhealth.org)**  
**or in person: 9665 Granite Ridge Dr., Suite 310, San Diego, CA 92123, or call: 858-634-5519**

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### OUTER LOT ATTENDANT FOR NORTH COUNTY

Full-time and part-time available. No experience required. Training provided. Qualified candidates should possess excellent communication skills, written and verbal, be able to multi-task and be detail-oriented and reliable. Must be punctual, have own transportation, and be able to work independently. Computer experience is required. Knowledge of inventory control a plus.

Competitive pay and comprehensive benefits package including 401(k), medical, dental, life insurance and more.

Fax résumé: 619-295-6892

Attn: Human Resources — Outer Lot

E-mail: [humanresources@westerntowing.com](mailto:humanresources@westerntowing.com),

Subject: Outer Lot



Drug-free/EOE



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- Close to public transportation
- Medical & Dental Benefits



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**[jgrey@pmonarch.com](mailto:jgrey@pmonarch.com)**



experience necessary. Paid 2x/ week. \$10-\$30+ / hour. Independent contractor, immediate openings. Full-/ part- time. 619-615-8703.

**CUSTOMIZED EMPLOYMENT Program for Veterans separated within the last 48 months. Space is limited. Call 619-424-6860.**

**DONATE QUALIFIED PLASMA**, earn money every week. Requirements: 18-65 years old, good health, proof of Social Security number, proof of current address, current photo ID. Bring in this ad and receive a \$5 bonus after your first donation! OctaPharma Plasma, 3232 Duke Street, San Diego (off Midway), 619-758-9278. www.octapharmaplasma.com.

**EARN MONEY EVERY WEEK** for qualified plasma donations. Requirements: 18-65 years old, good health, proof of Social Security number, proof of current address, current photo ID. Bring in this ad and receive a \$5 bonus after your first donation! OctaPharma Plasma, 3232 Duke Street, San Diego (off Midway), 619-758-9278. www.octapharmaplasma.com.

**EVENT LINGERIE MODELS.** Have fun, get 25% off at our store, build your portfolio! Send your Name, Age, Height, Weight, Contact info, Picture(s) to cs@lalalingerie.com.

**EXTRAS FOR MOVIES.** To stand in the background of a major film production. Earn up to \$150/ day. No experience required. All looks needed. 800-605-6021.

**GET PAID TO SHOP!** Mystery Shoppers. Earn up to \$200/day. Experience not required. Call now: 800-486-7204.

**INSTRUCTORS.** Part time and Evening. All formats. Mind/ Body Instructors strongly encouraged. Luxury residential and corporate facilities. All client types. Minimum certification and 2 years' experience required. E-mail: Fitx@fitxsandiego.com. Fax resume: 858-715-8681. Call 858-715-8611.



**OUTER LOT ATTENDANT**, North County. Western Towing is seeking energetic, self-motivated individuals to manage our outer lots. Full/part time available. No experience required. Training provided. Requires excellent communication skills, computer experience, ability to multi-task and work independently. Must be punctual, have own transportation. Knowledge of inventory control a plus. Comprehensive benefits package

includes: 401(k), medical, dental, life insurance and more. Fax resume: 619-295-6892, Attn: Human Resources—Outer Lot; or e-mail humanresources@westerntowing.com, Subject: Outer Lot. Drug free/EOE.

**PETITION CIRCULATORS.** Circulate petitions/ collect signatures. Must be qualified to register to vote in California (US citizen, California resident, not on parole). Repair California, 619-940-7516. www.repaircalifornia.org.

## HELP WANTED OFFICE / ADMINISTRATIVE

**FRONT DESK.** Part Time. Doctor's office, phones, data entry, assisting patients. Near Downtown. Monday-Friday 2-6pm. Saturday and Sunday 10-4pm. Starts \$10/ hour. 619-543-1061.

**REIMBURSEMENT SPECIALIST.** Palomar Pomerado Health is hiring. **Apply online from any computer at: www.PPH.org** or in person, Monday-Friday, 7:30am-4:30pm: Human Resources Administrative Offices for Palomar Pomerado Health, 456 East Grand Avenue, Escondido, 92025; Pomerado Hospital: Applications available via computer kiosk in main hospital lobby, 15615 Pomerado Road, Poway, 92064; Palomar Continuing Care Center: Applications available via computer kiosk in main hospital lobby, 1817 Avenida del Diablo, Escondido, 92029. All PPH campuses are smoke-free.

## HELP WANTED RESTAURANT / HOTEL / CLUB

**FOOD PREP WORKER.** Full-time position. \$8.84-\$10.40/hour. 1 year or equivalent Food Prep experience. High school graduate or GED. Flexible work schedule including weekends and holidays. OHI is a mission of the Free Sacred Trinity Church, a non-denominational church that has been operating spiritual retreats since 1976. Nonsmoking, drug-free environment. Benefits. Apply online at www.optimumhealth.org or in person: 9665 Granite Ridge Drive, Suite 310, San Diego 92123. 858-634-5519.

**RESTAURANT/ DELI** Sandwich Maker/ Prep. Minimum 1 year's experience in deli. Full time. Long-term benefits. Hourly plus tips. La Mesa. Leave message at 619-318-0187.

## HELP WANTED SALES / MARKETING

**ADVERTISING SPECIALTIES.** Underpaid? Overworked? Be your own boss. Set your own hours. **Highest Commissions Anywhere!** Professional closers only. 619-402-3198.

**APPOINTMENT SCHEDULER.** \$15/ hour plus bonus. Appointment setting business- to- business via phone, no selling. Part time only. Morning hours, 7:30-11:30am, Miramar area. Paid training. Can earn up to \$20/ hour. E-mail resume to employment@versacall.com or send resume to Scheduler, 7047 Carroll Road, San Diego, CA 92121. 858-677-6766.

**GREAT DOLLARS** plus Career Opportunities for your future! Immediate openings. Energetic environment. Great job! 401(k), medical, dental. Vacation/ holiday pay. Daily cash spiffs. Average close \$60K+/ year! If you are disciplined, coachable and looking to join a great team with an easy- to- sell product that's high integrity, call us today! Leah, Media All-Stars, 858-300-9734. www.MediaAllstars.com.

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**INSURANCE.** Sports & Entertainment Life Insurance & Annuities Agents. Unlimited money/ incentives. Award vacations. Life- licensed agents or registered representatives only apply. Brooks Financial & Entertainment Consultants, 619-575-0242.

**MARKETING.** Pacific Home Remodeling's San Diego branch averages \$1.5 million in sales each month. We offer the highest pay in the industry, with our Marketers averaging \$1100 per week, and some no less than \$1600. Immediate openings for top-notch individuals! Call to schedule an interview

with Bert: 858-866-0183. www.pacifichomeremodeling.com.

**PART-TIME SALES.** Great potential! High income. Flexible hours. Call 858-633-1099.

**RESERVATION AGENTS.** Great pay! Fun environment. Day and night shifts available. Close to public transportation. Medical and dental benefits. Call today to schedule an interview: 619-516-4276. jgrey@pmonarch.com.

**SALES—\$100K.** Have you heard about the tax credit? The government is pushing huge rebates on all of Pacific Home Remodeling's eco-friendly, green products. We are the #1 organization that will supply you with appointments, so 80% of your time will be with homeowners making money! Call to schedule an interview: 858-866-0148. www.pacifichomeremodeling.com.

**SALES: EASY SELLING.** Earn \$10K/ month, residual income. No territory restrictions. Call 760-436-7667.

**SALES: HIRING FAIR.** My Wireless, an exclusive retail and outside event partner of AT&T, is conducting a Hiring Fair! Join a professional and dynamic outside sales team offering the most advanced television, Internet and voice-over IP solutions in San Diego. We are seeking credible, energetic, customer-centric, income-motivated individuals who want to sell only what they believe in! Benefits include: lucrative sales commission structure, guaranteed income floor, company-provided sales leads and events, company-provided sales materials, communication device and professional uniforms, paid training. Requires ability to generate business through: Residential, commercial, and sports/recreational outside events, door-to-door opportunities, mall outlets and retail stores. Interested candidates should attend our hiring fair and e-mail résumés to resume@mywirelessadvantage.com. January 29, 2010, 10am-6pm, Sequoia, La Jolla, and Baja Rooms – WoodFin Hotel, 10044 Pacific Mesa Blvd., San Diego, 92121.

**SALES.** Supplement your income. Excellent income potential! \$10 starts you in a new career. Full- or part-time. Build your business working with top-selling Avon representatives. Perfect for self-starters with a commitment to helping others succeed. Kathleen: 619-429-1253; 888-429-1253. www.youravon.com/kennis.

**SALES.** Think you have what it takes? 39-year-old aggressive sales company in San Diego needs bright people who want to learn how to sell. Must be able to read. No experience necessary. Apply today, start tomorrow! 3 locations. Paid training.

Monday-Friday, 7am-3pm. 401(k), medical, dental, vision (after 90 days). Don't let this opportunity pass you by! Kearny Mesa: Allen, 800-854-1549 x101. Sorrento Valley: Kevin, 800-854-2830 x232. Oceanside: Aaron, 619-600-9922.

**SALES. Highest commissions anywhere! Advertising Specialties. Set your own hours. Be your own boss. If you're a professional closer, call for details. Don't miss this opportunity! 619-402-3198.**



**SALES/ CUSTOMER SERVICE.** Western Towing is seeking a self-motivated, detail-oriented individual for full-time, entry-level outside sales/ customer service representative position. No experience necessary. Training provided. Ideal candidate should: Possess excellent communications skills, written and verbal. Be reliable, outgoing and positive. Be able to multitask. Possess exceptional organizational skills. Have a driver's license and clean DMV. Have knowledge of San Diego area

streets. Spanish speaking a plus. Comprehensive benefits package includes: 401(k), medical, dental, life insurance and more. Fax resume: 619-295-6892, Attn: Human Resources; or email resume to humanresources@westerntowing.com. Drug free, EOE.

## Closers Wanted!

Sales/ Fundraising. Looking for experienced closers, starting pay \$10/ hour plus commission. Fundraising for school athletics. Fun, relaxed environment, easy job, great pay. 8:30am-4:30pm, Monday- Friday. E-mail resume to jobs@ssfundraising.com or call 858-650-0718.

**SALES/TELEMARKETING.** Needed: 7 motivated salespeople to sell ad listings for online Internet promotion. 40% commission paid on every ad space sold. Sales are not difficult although there are no guarantees. A skilled professional could be making \$500-\$1500 by the end of the first week! Typical annual wages for a mediocre salesperson should be \$50,000+ per year. Experienced sales reps should earn \$20,000+ per month. Tools, scripts and training provided. No upfront cost! You can work from home. Must have a computer and telephone. Leave message, 24 hours. All calls returned, 888-743-9952.

## HELP WANTED

# WE ARE HIRING!

**My Wireless**, an exclusive retail and outside event partner of AT&T, is conducting a **Hiring Fair!** Be a part of a professional and dynamic outside sales team offering the most advanced television, Internet and voice-over IP solution in San Diego. We are looking for credible, energetic, customer-centric, and income-motivated individuals who want to sell only what they believe in!

**Team member benefits include:** Lucrative sales commission structure, guaranteed income floor, company-provided sales leads and events, company-provided sales materials, communication device and professional uniforms, paid training

**Qualified candidates must have the ability to generate business through the following venues:** Residential, commercial, and sports/recreational outside events, door-to-door opportunities, mall outlets and retail stores

Interested candidates should attend our hiring fair **and email** their résumés to resume@mywirelessadvantage.com to participate in immediate interviews.

**January 29, 2010, 10 am-6 pm,  
Sequoia, La Jolla, and Baja Rooms – WoodFin Hotel  
10044 Pacific Mesa Blvd., San Diego 92121**

# Motivated Marketing Professionals

Pacific Home Remodeling's San Diego branch averages \$1.5M in sales each month. We offer the highest pay in the industry, with our Marketers averaging \$1100 per week, and some no less than \$1600. The quality of our team members is as important to us as the quality of our products — immediate openings for top-notch individuals!

Call to schedule an interview with Bert:

**858-866-0183**

**6875 Nancy Ridge Drive  
San Diego, CA 92121**

**www.PacificHomeRemodeling.com**



Western Towing is looking for a self-motivated, detail-oriented individual for a full-time, entry-level position as

## OUTSIDE SALES/MARKETING REPRESENTATIVE

We are a large property management vendor seeking a Marketing Representative with property management background. No experience necessary. Training is provided.

**Ideal candidates should:**

- Possess excellent communication skills, written and verbal
- Be reliable, outgoing and positive
- Be able to multi-task
- Possess exceptional organizational skills
- Have a CA driver's license and clean DMV
- Have knowledge of San Diego area streets
- Spanish speaking a must

We offer a comprehensive benefits package including 401(k), medical, dental, life insurance and more.

Fax résumé to: 619-295-6892, Attn: Human Resources  
or email résumé to: humanresources@westerntowing.com

Drug-free/EOE



# SALES – \$100K

**Highly Motivated & Competitive, Driven to Succeed!**

**Have you heard about the tax credit?**

The government is pushing huge rebates on all of our eco-friendly, green products. Pacific Home Remodeling offers a variety of green products and the most important thing... appointments, appointments, appointments! We are the #1 organization that will supply you with appointments, so 80% of your time will be with homeowners making money!

Check out our website at: **www.PacificHomeRemodeling.com**



Call to schedule an interview:

**858-866-0148  
6875 Nancy Ridge Drive  
San Diego, CA 92121**

Western Towing is seeking energetic, self-motivated, reliable

## TOW TRUCK OPERATORS

**for North County.**

Uniforms provided. All positions are full-time.

**Successful Candidate must:**

- be CHP certifiable
- be able to work nights and weekends

**Candidate should also possess:**

- CA driver's license and clean DMV record
- knowledge of San Diego County roads
- excellent communication skills
- ability to multi-task and work independently

Competitive pay and comprehensive benefits package including 401(k), medical, dental, life insurance and more.

Fax résumé and copy of clean DMV record:  
619-295-6892, Attn: Human Resources—Driver  
Or apply in person with the above at:  
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**SAT/ ACT TEST PREP.** Outbound call center. Earning potential: Bad week: \$530.00. Average week: \$880.00. Good week: \$1088.00. Great week: \$1900.00. Leave message: 800-858-9673 x331.

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**TELEMARKETING.** \$500-\$1000 weekly! Monday-Friday, \$8/hour while you train. No experience necessary. 619-220-7025.

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**HAIRSTYLIST.** Model Call Salon & Spa, with locations in La Jolla and Hillcrest, seeks enthusiastic professionals to join our exclusive Bumble & Bumble Salon. Great education and training. For more information, please call 619-296-8021.

**HAIRSTYLISTS WANTED.** Open house Monday, February 1, 3pm-7pm. Full/Part time. Atria Salon Professionals, 1730 Alpine Blvd., Suite 205, Alpine 91901. Call Tina, 619-445-7975.

**HAIRSTYLISTS.** Expanding hair-care business has exciting opportunities for motivated professionals. We offer: Competitive wages, health insurance, great incentives, upbeat environment, best training in industry, growth opportunities. Schedule your interview today! 858-380-5882.

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**SECURITY PROFESSIONALS.** Secure a new career in the growing field of Security and Asset Protection. Full/part time and flexible schedules. Excellent compensation. Professional certification. Benefits include: 401(k) with company match, medical, dental, vision, life, disability, accident, much more! Free classes and training! Requires valid CA driver's license, current CA Guard Card, phone, transportation. Must be able to read/write/understand English. Apply Monday-Friday, 8am-4pm, at: 8001 Vickers Street, San Diego 92111. Call: 858-244-1896; e-mail: DG\_GuardRecruiting@GMIweb.com. Lic #PP011072.

## HELP WANTED TRADES / LABOR

### ASSISTANT KITCHEN MANAGER.

\$14.36-\$17.95/hour. Must have 1 or more years' supervisory experience, 2 years' Food Prep experience in a fast-paced hotel or healthcare facility. High school graduate or GED. Must speak English. Optimum Health Institute is a mission of the Free Sacred Trinity Church, a non-denominational church that has been operating spiritual retreats since 1976. Submit your resume and cover letter to kitchen-jobs@optimumhealth.org or fax to 858-634-5029.

**HOUSEPERSON.** \$10.63-\$12.50/hour. 2 years' Housekeeping experience in hotel or healthcare facility. High school graduate or GED. Must speak English. Valid driver's license required. OHI is a mission of the Free Sacred Trinity Church, a non-denominational church that has been operating spiritual retreats since 1976. Nonsmoking, drug-free environment. Benefits. Apply online at www.optimumhealth.org or in person: 9665 Granite Ridge Drive, Suite 310, San Diego 92123. 858-634-5519.

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**TOW TRUCK OPERATOR,** North County. Western Towing is seeking energetic, self-motivated, reliable drivers. Uniforms provided. All positions are full time. Candidates must: be CHP certifiable, be able to work nights and weekends. Requires: CA driver's license, clean DMV, knowledge of San Diego County roads, excellent communication skills, ability to multi-task and work independently. Competitive pay. Comprehensive benefits package includes: 401(k), medical, dental, life insurance and more. Fax resume and copy of clean DMV record: 619-295-6892, Attn: Human Resources—Driver Position. Or apply in person: 4370 Pacific Highway, San Diego, with copy of clean DMV record. Drug free, EOE.

**WAREHOUSE MANAGER.** Growing technology company. Motivated, detail-oriented. Prior management experience required. High-tech office environment. Must be able to lift 40lbs and willing to

work as well as supervise. Must be very computer savvy. Include salary requirements and reference code: WM01. jobssdr@discountechnology.com. Fax: 619-491-9419.

## HELP WANTED COMPUTER/ TECHNICAL

**PC TECHNICIAN.** Pre/Post-sales tech support and customer service for web store/consulting firm. Windows/DOS/NT, general IT hardware required. Geek at heart. Include salary requirements and reference code: PCT01.jobssdr@discountechnology.com. Fax: 619-491-9419.

**SHIPPING/RECEIVING/** Inventory Clerk. Growing technology company. Motivated, detail-oriented. High-tech office environment. Must be able to lift 40 pounds and must be very computer savvy. Include salary requirements and reference code: SRC01. jobssdr@discountechnology.com. Fax: 619-491-9419.

**TECHNOLOGY SALES EXEC.** for B2B Web store. Must be very computer savvy. Excellent telephone manners. Prefer tech/engineering background. Base plus commission. Include salary requirements and reference code: SE01. jobssdr@discountechnology.com. Fax: 619-491-9419.

**WEB GURU/CONTENT CREATOR** wanted to develop/grow web store (front and back end). Applicants should be very expert in HTML and Photoshop. Knowledge of XML, CSS, Javascript, SOAP, SQL, Netsuite preferred. Include salary requirements and reference code: WCC01. jobssdr@discountechnology.com. Fax: 619-491-9419.

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**COMPUTERS, BUSINESS, Accounting:** Day, evening, and online classes start soon! Also offered: Medical Assisting, Respiratory Therapy, X-ray Technology (limited scope), Lab Technology, Pharmacy Technology, Healthcare Administration, Medical Coding/Billing, Nursing Administration, Medical Specialties, Medical Office Administration. Associate's/Bachelor's degrees, Certifications and Licenses, Programs approved for Veterans. Accredited member ACCSCT. See Job Giant, page 5. Job placement assistance for graduates, financial aid (if qualified). Classes begin each month! Enroll today! California College San Diego, 2820 Camino Del Rio South, San Diego (92108). 1-888-887-1740. Visit: [www.californiacollege.info](http://www.californiacollege.info).

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**RED MEAT**

# RED MEAT

rust-colored rivulets of regret

from the secret files of **max cannon**

I like stargazin' after all, Dad. Maybe I'll be an astronomer someday. Whoa! Did you just see that big bright flash on the moon?

Yes I did, Son...and I'm pretty sure that was the reflection of our sun exploding.

I'm guessing that we've probably got a few seconds before we're vaporized. So much for those future career plans, eh?

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developed by a Naturopath in Australia, is now available in the U.S. Learn how to eat and properly combine foods to keep the body burning fat! 858-279-7600. [www.DrAmes.net](http://www.DrAmes.net), click on Ultra Lite.

**MARIJUANA EVALUATIONS** in Hillcrest and Temecula. \$100 evaluations for those with diagnosis. \$150 evaluations for those without prior diagnosis. *Chronic Disease Consultants:* Hillcrest, 760-420-9228; Temecula, 951-204-5829.

**NEW TAI CHI** and Qi Gong classes. First class is free. Visitors welcome. Taoist Sanctuary, 4229 Park Boulevard, San Diego, 92103, 619-692-1155 or [www.taoistsanctuary.org](http://www.taoistsanctuary.org).

**NON-SURGICAL FACELIFT! Holistic Skin Clinic. Tightens, hydrates, rejuvenates the skin. Microdermabrasion with tightening facial masque, regularly \$100, now \$75. First-time clients only; expires 2/28/10. Fanie botanical products. No synthetics, animal fats, waxes, glycolic acids, perfumes. Also facials and Body Contour Wraps, non-fluid inch loss for men and women. Karie Hayden & Associates, 858-581-3321. [KarieHayden.net](http://KarieHayden.net).**

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**STOP SMOKING/ WEIGHT LOSS \$20** Acupuncture Treatments (\$100 off initial consult, exam, and treatment!) Melt your holiday stress away with a 1 hour Massage n Only \$45! My Acu Spa. 4747 Mission Blvd. Suite 7. 858-337-7417

**PET CENTRAL**

**AQUARIUM SALE** at Octopusus Garden. 20H aquarium, \$20; 29 for \$29; 40R, \$40. Even a 60E is just \$60. Other tank specials also. Lots of healthy saltwater fish and beautiful corals. Protein skimmers. Lighting systems, pumps, decorations and supplies at low prices at Octopusus Garden. Noon-9pm, 7 days. Call 858-576-7449.

**AQUARIUMS AND PONDS!** Freshwater/ saltwater fish. Extensive reef animals. 9000 square feet. Low warehouse prices! Expertise not found in Southern California cookie-cutter stores! Aquatic Warehouse. 5466 Complex Street #204, San Diego. Behind Superior Courthouse, off Clairemont Mesa Boulevard. [www.aquaticwarehouse.com](http://www.aquaticwarehouse.com). Daily, 10am-7pm. Saturday, 10am-6pm. Sunday, 11am-6pm. 858-467-9297.

**BARK IN BALBOA PARK 4.** Sunday, February 21, 2pm. Spreckels Organ Concert and Pet Parade by Dr. Carol Williams. Benefit San Diego Humane Society. All pets welcome. [www.sosorgan.com](http://www.sosorgan.com).

**BENGAL LEOPARD** babies. All aglow with glitter. Raised in our home. TICA registered. Jacob sheep babies from Israel found in Genesis 28-30. North County, 760-724-9316.

**BICHON FRISE**, spayed, young, very sweet, gentle, rescued. Healed from knee surgery. Older kids OK. Shots, license, microchip. \$150. 619-583-5122.

**BUY/SELL/TRADE** reptiles, amphibians, turtles, tortoises, snakes, lizards. Largest reptile selection in Southern California. Voted #1 in San Diego. Pet Kingdom, 619-224-2841.

**CATS/ KITTENS.** Petco on Morena. 1210 West Morena Blvd., 92110. Monday-Saturday 9am-9pm; Sunday until 7pm. Interact with kitties Saturday 11am-1pm; Sunday 4-6pm; most weekday evenings. Fee includes spaying/neutering, vaccination, microchip, more. Photos/ locations: [www.rescuehouse.org](http://www.rescuehouse.org).

**CATS/ KITTENS.** Clairemont Mesa Petco. 3994-A Clairemont Mesa Blvd. (Clairemont Town Square). Monday-Saturday 9am-9pm; Sunday until 7pm. Interact with kitties Saturday 3-5pm; Sunday 4-6pm; most weekday evenings. Fee includes spaying/neutering, vaccination, microchip, more. Photos/ locations: [www.rescuehouse.org](http://www.rescuehouse.org).

**CATS/ KITTENS.** Mira Mesa Petco. 8290 Mira Mesa Blvd./ Camino Ruiz. Monday-Saturday 9am-9pm; Sunday until 7pm. Interact with kitties Saturday 11am-1pm; Sunday 4:30-6:30pm; most weekday

**WEDDING & PARTY GUIDE**

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**BRIDAL BAZAAR.** Sunday, January 31, 2010. San Diego Convention Center.

evenings. Fee includes spaying/ neutering, vaccination, microchip, more. Photos/ locations: [www.rescuehouse.org](http://www.rescuehouse.org).

**CATS/ KITTENS.** Carmel Mountain Petco. 11160 Rancho Carmel Dr. (I-15/56 and Carmel Mountain Rd.) Monday-Saturday 9am-9pm; Sunday until 7pm. Interact with kitties Saturday 2-4pm; Sunday 12-2pm; most weekday evenings. Fee includes spaying/ neutering, vaccination, microchip, more. Photos/ locations: [www.rescuehouse.org](http://www.rescuehouse.org).

**CHIHUAHUA.** 2 years, 11 pounds, tan, sunny personality. Full of life. Very sweet, docile. No young children. Shots, license, microchip. \$150. 619-466-0426.

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**FRENCH BULLDOG PUPPIES** for sale! AKC pure bred males. White with black spots. UTD shots, deworming, vet health check included. \$1700+ or best offer. 858-405-2120.

**GOLDEN RETRIEVER PUPPIES.** Born December 2, 2009. Cute, playful males and females. Call 619-575-7526.

**KITTENS,** short-haired, approximately 3-1/2 months. \$30. 619-408-4621.

**KITTENS/ CATS.** La Costa Petco. 3239 Camino De Los Coches, 92009. Monday-Saturday 9am-9pm; Sunday until 7pm. Interact with kitties Saturday 9am-1pm; Sunday 10am-2pm; most weekday evenings. Fee includes spaying/

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10am-4pm. Over 250 exhibitors with everything for your wedding. Info, coupons, [www.bridalbazaar.com](http://www.bridalbazaar.com).

**CLASSICAL/SPANISH GUITAR.** Professional guitarist will play at your wedding/ special event. Classical, Spanish, Flamenco guitar. Audio samples and more at [www.williamwilson.com](http://www.williamwilson.com). Contact William, 619-300-6284.

neutering, vaccination, microchip, more. Photos/ locations: [www.rescuehouse.org](http://www.rescuehouse.org).

**KITTENS/ CATS.** Encinitas Petco. 154 Encinitas Blvd., west of I-5. Monday-Saturday 9am-9pm; Sunday until 7pm. Interact with kitties Saturday 9-11am, 5-7pm; Sunday 9-11am, 4-6pm; most weekday early mornings/ evenings. Fee includes spaying/neutering, vaccination, microchip, more. Photos/ locations: [www.rescuehouse.org](http://www.rescuehouse.org).

**KITTENS/ CATS.** Mission Valley Petco. 10310 Friars Road/ Mission Gorge. Monday-Saturday 9am-9pm; Sunday until 7pm. Interact with kitties Saturday/ Sunday 1-3pm; most weekday evenings. Fee includes spaying/neutering, vaccination, microchip, more. Photos/ locations: [www.rescuehouse.org](http://www.rescuehouse.org).

**KITTENS/ CATS.** La Mesa Petco. 8501 Fletcher Parkway, 91942. Monday-Saturday 9am-9pm; Sunday until 7pm. Fee includes spaying/neutering, vaccination, microchip, defleaing, more. Photos/ locations: [www.rescuehouse.org](http://www.rescuehouse.org).

**KOI-KOI, THE ORIGINAL** mobile pond shop for ponds and water gardens. Free water testing— ask for details. Maintenance and installations, commercial and residential. Since 1988. 619-441-9275.

**LABRADOR PUPPIES,** born January 13. Black, yellow, chocolate. Reserve yours today. Ready in 6-8 weeks. Call for details and photos. 858-578-5591.

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\*With this ad.

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# Astound your friends & become famous!

## THE READER PUZZLE:

### RULES OF THE GAME

1) Submit your completed puzzle to the *Reader* each week for our ongoing contest! We keep track of each puzzle you successfully complete and the results are posted online each week to [sandiegoreader.com](http://sandiegoreader.com). But your submission will only be counted when you successfully complete a puzzle AND get it to us by 7:00 a.m. Monday.

2) Be one of the first 125 people who submit the correct answers to one of the puzzles and we will print your name in the paper along with your brief message (10 words or less, no URLs or phone numbers). Entries must include a message. This is a great way to express yourself. You may submit a new message weekly. We reserve the right to edit or reject inappropriate text.

3) The puzzle-contest ranking, shown online and in the paper, will begin anew every three months. Complete the journey four times a year!

4) Entries must be faxed to **619-231-0489** or **619-233-7907** or mailed to Reader Puzzle, P.O. Box 85803, San Diego, CA 92186-5803, or delivered through our mail slot at 1703 India Street in Little Italy, or scanned and e-mailed to: [puzzles@sdreader.com](mailto:puzzles@sdreader.com). Submissions by e-mail must be attached in JPG format, 800 by 800 pixels, maximum file size of 1MB. Submissions that don't fit the format will not be counted or viewed.

5) 10 *Reader* T-shirts are awarded weekly to contenders chosen randomly!

And now for the really small print:

1) All answers must be legible and entered in the spaces provided.

2) Late entries will not be considered.

3) One entry per person per week or you will be disqualified.

4) Employees of the *Reader* and their immediate families are not eligible.

### Across

- 1. Jettison
- 6. Stable newborn
- 10. "\_\_\_\_ Lama Ding Dong" (1961 hit)
- 14. Lock horns
- 15. Schick Quattro competitor
- 16. Apt nickname for 20-Across and 48-Across and, of course, 35-Across

- 17. Sniffer's need
- 18. Underwater growth
- 19. Player in a docking station
- 20. He created #3 and #6 on the Top Ten list of famous sculptures featured on Statue.com
- 23. Go for \_\_\_\_ in the pool
- 24. Nintendo game console
- 25. "\_\_\_\_ Town" (2009 Renee Zellweger movie)
- 29. Write
- 30. Hunk's pride
- 31. Taboo
- 33. "Vive le \_\_\_\_!"
- 34. "And ..."
- 35. Youngest player in Major League history to reach 500 career home runs
- 38. She played Jane in "Fun With Dick and Jane"
- 39. Bring home
- 40. Daughter of King Minos
- 41. \_\_\_\_ ejemplo
- 42. LummoX
- 45. "The Teflon Don"
- 46. Efron of "High School Musical"
- 47. Converse competitor
- 48. She founded the Body Shop in 1976
- 52. Dud
- 55. R&B singer India.\_\_\_\_
- 56. Gulf State resident
- 57. Wicked
- 58. Teri of "Tootsie"
- 59. Substitute (for)
- 60. London's \_\_\_\_ Gallery
- 61. Unlocks, in poetry
- 62. Business VIPs

### Down

- 1. Sportscaster Dick
- 2. "Impression: Sunrise" painter Monet

- 3. Welcomed, as the New Year
- 4. Invite to one's penthouse
- 5. \_\_\_\_ Ed.
- 6. Bouncer fooler
- 7. "SNL" alum Cheri
- 8. Singer Guthrie
- 9. "The Shield" force: Abbr.
- 10. Postponed, in a way
- 11. Pioneering Dadaist
- 12. Cattle call
- 13. Recipe verb
- 21. Caddie's offering, perhaps
- 22. It has no decimal point
- 26. Used a loom
- 27. Don Juan's mother
- 28. \_\_\_\_ Tamid (synagogue lamp)
- 30. Confined
- 31. Swe. neighbor
- 32. Venezuelan river
- 33. Not unconnected
- 34. 1501, on a monument
- 35. Dynamic opening?
- 36. Cafe au \_\_\_\_
- 37. Married
- 38. Chasing game
- 41. Kitchen gadgets
- 42. Do the Wright thing?
- 43. Eat out?
- 44. "The Gross Clinic" painter
- 46. Congo, once
- 47. Blend
- 49. Othello's undoer
- 50. Lint collector
- 51. Two aspirin, say
- 52. Put money (on)
- 53. Eggs in labs
- 54. Sch. near Harvard

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60						61					62			

We cannot accept your entry without the following:

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Neighborhood/City: \_\_\_\_\_

State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

Circle T-shirt size: L XL

Personal Message: \_\_\_\_\_

### SOLUTION TO LAST WEEK'S PUZZLE:

A	P	R	O	N		S	A	A	B	S		T	G	I
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A	S	T		A	P	H	I	D		W	A	S	N	O

## THIS WEEK'S CONTENDERS:

☛ indicates T-shirt winner.

**Sheila Agahan-Price, Oceanside, 3.** *I think that's the murder!*  
**Ron Akers, Sabre Springs, 3.** *Hike for fun and fitness*  
**Lucy Alderson, Chula Vista, 3.** *Whew!*  
**Mary Arana, Encinitas, 3.** *You can make a difference*  
**Leo Baggerly, Encinitas, 3.** *Hind-sight, foresight--> insight*  
**Thomas Baggot, Carlsbad, 3.** *Next root for the padres*  
**Charlotte Brown, Clairemont, 3.** *Thanks for the rain!*  
**Marvin A Brown, Clairemont, 3.** *Next year Super Bowl.*  
**Eric Cash, Escondido, 3.** *Eavan is ready for a T-bone steak now.*

**Leslie Chase, Campo, 3.** *Love that orange*  
**Joseph Ciprian, Little Italy, 3.** *Sometimes I feel I was just put here to disapoint*  
**Betsy Cory, Chula Vista, 3.** *Happy birthday Robert Burns, born in a storm like this*  
**Craig Curtis, Escondido, 3.** *Rosie a Grandmother? Austin and Vanessa are having baby too!*  
☛ **William Cushing, Rancho Bernardo, 3.** *Happy Birthday Bubster*  
**Dale Duffala, La Jolla, 3.** *Happy Birthday Wayde*  
**D. Faulkner, University Heights, 3.** *Ride your bike for health*

**Jacque Glick, El Cajon, 3.** *Rain, rain go away*  
**Iggie Guerrero, Bay Ho, 3.** *"Rain" Got a free car wash*  
**Ellie Hoey, Spring Valley, 3.** *I love you New Youk*  
**Richard Hutchings, Santee, 3.** *Clever puzzle with the four "tree Rings"*  
**Dorothy Kruse, Carlsbad, 3.** *A hard one.*  
**Michael McGriffin, Bay Park, 3.** *Term Limits for US Congress!*  
**Thomas McVeagh, Lakeside, 3.** *Thank you Chargers for a great season*  
**Ron Meyer, Santee, 3.** *Chargers next year lets go all the way!*  
**Douglas Meyers, La Mesa, 3.** *What's the point to save the forest...*  
**Susan Morfey, Little Italy, 3.** *It was a great season! I know... next year!*

**Elizabeth Noll, Alpine, 3.** *Fingers crossed for #3*  
**Jim Odell, Vista, 3.** *Missing the paper and the sun. Thanks for the t-shirt*  
**Robert Ott, Mira Mesa, 3.** *4 trees in a circle*  
☛ **P. Drew Papas, La Jolla, 3.** *Happy Birthday Becky!*  
**Burr Passenheim, Linda Vista, 3.** *Happy birthday Marilyn*  
**John Pertle, Santee, 3.** *Jesus Christ paid for your eternal salvation. Believe and receive.*  
**Claire Phillips, Clairemont, 3.** *Rain rain go away*  
**Bill Pischke, Ramona, 3.** *Up up and away on vitamin O*  
**Janie Redmond, Cardiff, 3.** *...Where bright angel feet have trod...*  
**Jerry Riccio, Rancho Bernardo, 3.** *Happy birthday, Shannon, I love you*

**Matthew Rosello, San Diego, 3.** *It is gone*  
**Jay Sato, Carmel Valley, 3.** *Japanese tastes best in the whole world*  
☛ **Ted Scafidi, Hillcrest, 3.** *Go Chargers! Please...*  
**Rich Sewell, Ocean Beach, 3.** *Drew Brees didn't go to strip club before game*  
**Clinton Smith, La Mesa, 3.** *Lord's arm on my shoulder; his hand over my mouth*  
**Elenore Stephens, Potrero, 3.** *If wishes were kings!*  
**Norman Williams, San Diego, 3.** *What da fu??*  
**Ric Witt, Clairemont, 3.** *Anyone else sense a wave of voters remorse?*  
**Stuart A. Young, San Diego, 3.** *Money walks and BS talks.*  
**Ken A., Ocean Beach, 2.** *I hate being a San Diego sprots fan*

**Woody Anderson, Carmel Valley, 2.** *Mass. Touchdown I'm down with Senator Brown in DC town*  
**Derek "Turtle" Anderson, San Diego, 2.** *Turtle can't do "evil" sudoku.*  
**Dennis Beabout, Temecula, 2.** *Go Saints!*  
☛ **Evelyn Bowser, Hillcrest, 2.** *God is Good*  
☛ **Dianne Collingsgru, Escondido, 2.** *Tony Tatman - I love you!*  
**Jon Connor, Oceanside, 2.** *What do they call a 1/4 pounder in France?*  
**Vince Cuseo, San Marcos, 2.** *Time for a pan-galactic gargle blaster!*  
**Bob Dean, Escondido, 2.** *Go Padres!*  
**Thomas Diehl, Escondido, 2.** *Honey, Happy birthday feb seven; add you to me = heaven*



THIS WEEK’S CONTENDERS CONTINUED:

☛ indicates T-shirt winner.

**Kurt Dornbusch, Mission Valley, 2.** *These puzzles are puzzling*  
**George Elam, Vista, 2.** *Use a throat lozenge next time Kaeding.*  
**Ben Espe, Mission Valley, 2.** *Wait til next season, again!*  
**Manny Faria, Point Loma, 2.** *Pooh this week kicked my butt.*  
*Love you*  
**Irvin C. Gavidor, Golden Hill, 2.** *The moving sale continues at India Ink Papers.*

**Marty Ferullo, Pacific Beach, 2.** *No Mor Chargers*  
**Phyllis Grant, San Diego, 2.** *By the time this is out I'll be 85!*  
**Scott Heimer, Mission Valley, 2.** *Rain rain go away*  
**Ron Hootman, Santee, 2.** *Hoot101 used a P used a Y instead of an I oops*  
**Janet Kaye, Linda Vista, 2.** *Leno drives a 1925 Model T on the freeway!*

**Carmen Jacobo, Clairemont, 2.** *This is fun! Hope it's...*  
**Norman Kenney, Carlsbad, 2.** *Rain at last! Kiera Bodo!*  
**Wayne Lund, Poway, 2.** *Thanks for drenching Mother Nature!*  
**B.J. Lundquist, San Diego, 2.** *Nature is amazing!*  
☛ **Emily Marie, North Park, 2.** *Michael McCarthy, you simply have to get through it!*  
**Marge Nelson, El Cajon, 2.** *Go Vikings!*  
**James C. Nelson, El Cajon, 2.** *Go Minnesota*

**Michael Panther, Point Loma, 2.** *Go Chargers! Win the Super Bowl!*  
**Don Romero, La Mesa, 2.** *Chargers stink but mei ling is sweet!*  
**Michael Sheridan, San Diego, 2.** *Bon mot*  
**Dave Small, San Carlos, 2.** *Happiness is a brand new shiny white t-shirt*  
**Gayle Studer, Mission Valley, 2.** *Time flies when you're having fun.*  
**Duane Tremaine, East Village, 2.** *Or if the slain think he is slain*  
☛ **Andrea Vollmer, Vista, 2.** *Ready for 2010 football season!*

**Jennifer Vuksinich, El Cajon, 2.** *Wow!*  
**Al Alcazar, National City, 1.** *Lakers Rule! Chargers superbowl 2011*  
**Kaye Benton, San Diego, 1.** *Reader needs a new T-shirt design!*  
**Eric Bowser, Hillcrest, 1.** *God is good*  
☛ **Margarite Daniel, Vista, 1.** *Thanks my love Tony*  
**Gian Ghio, Chula Vista, 1.** *Yay, it's baseball season soon... oh, wait*  
**Nanette Lehr, Rancho Santa Fe, 1.** *Could not get out...*

**Steve Lundquist, San Diego, 1.** *A way with words.*  
**Susan Naslund, San Diego, 1.** *Kiss, Kiss!*  
☛ **John Pilch, San Carlos, 1.** *Right now, it's warmer in Cleveland than SD.*  
**Ray Schwartz, Rancho Bernardo, 1.** *Rain Finally!*  
☛ **Carly Stone, San Diego, 1.** *Why does it take a disaster to bring out compassion?*  
**Lisa Torrescano, Spring Valley, 1.** *Did I make it?*

STAGE NOTES

**ABANDON YOUR ACTING FEARS!** Actors' Workshop Studios. San Diego's #1 film/ TV studio! Professional 3-camera set. Weekly in-house auditions with Hollywood/local casting directors, producers, agents. www.actorsworkshopstudios.com; 858-587-6666.  
**ABILITY THROUGH TRAINING.** The Robert Wald Actor's Studio focuses on moment-to- moment reality training. These classes unlock the actor's ability to work spontaneously and with the realism and intensity advocated by the industry's creative legends. Beginners welcome. Thursday evening class available, 6:30pm-10:30pm, or Saturday mornings. Call for information. 619-542-1216.  
**EXTRAS.** Registration: Saturday, January 30, 11 am to 3 pm, at 3108 5th Avenue, Suite C, San Diego, 92103. Casting line: 619-298-1766 or 619-298-0544. www.TinaRealCasting.com.

Models/Internet Video

Females 18+. Reality- based/ art photography. Excellent pay. Flexible hours. Comfortable with body. Seeking all body types/ races. Paid daily. David, 619-203-3327.  
**FEMALES NEEDED,** 3, for exercise book. Must be physically fit, over 5'4", muscular, feminine. Book involves, dance, weight training. Please call for details, 858-483-9011.

Free Acting Class!

Get all 6 workshop classes, for the price of 5. Monologues, cold readings, audition techniques directed by Patricia Elmore Costa. Monday nights, 2/22/2010-3/29/2010, pelmore@san.rr.com, www.sdactorstheatre.net.

**GOT DRAMA?** The drama doctor is in. Acting/improv performance enhancement workshop. Why wait when you can act? All ages. Free! Act now. 619-569-4922.

**MODELS.** Amateur models needed for photo, video, web work. Ages 18-60. All types. No experience necessary. Cash paid. Professional setting. Call Jenn, 619-379-4964.

**MOVIE EXTRAS NEEDED.** Earn \$150 to \$300 per day. All looks, types and ages. Feature films, television, commercials, and print. No experience necessary. 1-800-340-8404 x2001. (AAN CAN)

**PAST WOOSTER GROUP SHOWS** can now be viewed online. At \$100/ viewing, who can afford them! Seeking Wooster friends to share cost/ after- show conversation. Shows to be projected on a screen via laptop. Email Greg: setinvenice@cox.net.

**TALENT WANTED.** New San Diego pilot station television network needs director, camera men, television host/ models, web developer, bookkeeper, singers. 323-329-1331, email resume and pictures to spaceboxtv@yahoo.com.

COUNSELING & SUPPORT GROUPS

**NOTICE TO READERS: The advertisers in this section include licensed mental health providers, unlicensed counselors, and support groups.**

**ARE YOU MAD?** Learn how to manage your anger constructively. Gain power, control, reduce conflict and improve your relationships. Classes begin soon. Mission Valley, Jay Schneider. LCSW. Lic-9573. www.manageangerdaily.com. 858-538-5587.

**ARE YOU STUCK? STRESSED?** Experiencing crisis? Relationship issues? Career problems? Family conflicts? Grief? Past trauma? Take back your power! Trish Deignan, LCSW21861. Free consultation: 619-723-9244.

**CLINICAL HYPNOTHERAPY.** "What the mind can conceive, the body can

achieve." All issues addressed. Free consultation. Patricia R. Parlin, Ed.D. CHT403-250. Call 619-442-3661 or 619-504-1935.

**EMOTIONAL WOUNDS** from childhood? Heal Inner Child wounds from dysfunctional family. Terrific adjunct for people in recovery. Thought Field Therapy eliminates phobias and traumas. Counseling for individuals, couples' enrichment and family bonding. Sharon Goodlove, TFT Diagnostician; Glenn Goodlove, LCSW-1450. Goodlove Counseling Center, 858-569-8975, www.goodlove-online.com.

**GAY/ BISEXUAL MEN:** Supportive individual therapy. Depression, anxiety, confusion, addictions, spiritual/ religious issues. Married, closeted welcome. Discretion, confidentiality assured. Mel Karmen, PhD, MFC-12709. 619-296-9442.

**HERPES/ HUMAN PAPILLOMAVIRUS** Support Group. Accurate medical information and support. Call: 619-491-1194. www.SanDiegoCityHELP.org.

**LIFE COACHING.** Explore and enhance life! Deal with career, legal, financial, family, personal, and relationship issues. Call Ron Day: An understanding senior, long-term attorney, counselor/ therapist, investor, and teacher. Sliding fees. Hear Ron at Radio AM-1000, Saturdays at 10am! 619-298-0658. RonBDay@cox.net.

**PRIVATE COUNSELING.** Your journey can be clearer, more peaceful; relationship issues, body image, self-esteem, anger. I can help. Work toward self- acceptance. Negotiable fee. 619-838-6817.

**PSYCHOLOGICAL CONSULTANT.** Unsure you need/want therapy? We walk, you talk. Someone to process with, vent. 25+ years' experience. 30- minute complimentary initial visit. 619-808-5218.

NOTICES

**ACTIVE/RETIRED FEDERAL** employees invited to hear how NARFE protects earned benefits. Third Wednesday monthly, 1pm. El Cajon Community Center. 175 East Douglas. Free admission/refreshments/parking. 619-464-2987.

**ADDICTED TO INTERNET** pornography/ sex? Out of control? You are not alone. Call Sex and Love Addicts Anonymous, a 12- step fellowship. P.O. Box 3791, San Diego 92163 or 619-685-7211 or www.slaa-san-diego.org.

**AL-ANON.** Grupo paz mental. Sufre por el alcoholismo en su familia? Juntas sesionan Martes, 5:30pm-7pm, y Sabados, 1-2:30pm. 3450 Bonita Road, #207, Bonita, CA 91902.

**ALCOHOLICOS ANONIMOS.** Reunion de mujeres. Sesión Miercoles, 9am-10:30am. Desea dejar de beber? Lleve una vida util y feliz! 3450 Bonita Road, Suite #207. 619-280-7224.

**ALCOHOLICOS ANONIMOS.** Problemas con el alcohol? Nosotros le ayudamos a vivir mejor. Sesiones Lunes-Viernes, 7am y 8pm. Sabados, 8am y 7pm. Domingo, 8am y 5pm. Grupo Bonita Hispano, 3450 Bonita Road #207. 619-280-7224.

**AMAZING HAIR SECRETS!** Your hair replacement alternative! Offering full-service hair addition while you wait. Custom hairpieces, private rooms. Free Consultation! Hablamos Espanol. 858-273-2337, 619-954-7717, amazinghairsecrets@att.net.

**ARTIST PROJECT ROOM.** \$200 per month. 619-427-7541.

**CAN PRAYER HEAL?** Discover freedom and wellness. Find out how prayer works for you to eliminate chronic disease, pain, fear, anxiety, depression. 858-272-3246.

**CANNABIS PATIENT ACT.** (Association Cannabis Therapeutics). Nonprofit. Seeks caregiver/ patient interns with questions about cooperatives, clones, medicine, growing guidelines. Proposition 215 guidelines. Meth kills. 619-528-0907.

**CO-OP.** Assorted food items. \$15 per share. Terrific value and it's always different. Thursdays in North Park, 5pm-6pm. Must be reserved. Call 9am-noon Thursday to reserve yours, 619-283-3066.

**DEBTORS ANONYMOUS** is a 12- Step program for people with problems with money and debt. Contact us at www.dasandiego.org or 619-525-3065.

**DINNER-ON-A-DOLLAR.** Free newsletter. Get yours: http://www.dinneronadollar.org/newsletter.html. email: hungry@ dinneronadollar.org. Can cost \$1.99, but under \$2. We need your recipes, too. Thanks. Claudia, 858-693-3939.

**EATING DISORDERS** Anonymous. 12- step meeting. Tuesday 6-7pm, 4319 Park Avenue. There are no dues or fees. Balance- not abstinence is our goal. For more info, email juliesd77@gmail.com. www.eatingdisordersanonymous.org.

**FAMILIA DE ALIMENTOS.** Donacion .50 centavos minimo. Pan, pasteles aveces, otros productos. Martes 12:30-2:15pm, Iglesia de Grace, esquina Fairmount Avenue en Redwood y Poplar. No necesita reservar.

**FAMILY FOOD LINE.** Donation requested. 50 cents minimum. Bread, sometimes pastries, produce, others. Tuesdays 12:30-2:15pm, Grace Church, corner of Fairmont Avenue at Poplar & Redwood. No reservation needed.

**FIRE SENATOR BOXER!** ancientone1@cox.net.

**FREE CUSTOMIZED EMPLOYMENT** Program for **Veterans with a Service Connected Disability** or those **Honorably Discharged within the last 48 months.** Space is limited. Call 619-424-6860.

**FREE EVENT! Trade Stocks, Get Rich! Learn how to rent stocks for profit. Inside tactics of the pros! January 28, 1pm or 6pm. Live demonstration. Limited seating. All attendees receive a free DVD, "Secrets of Millionaire Traders." All events held at 2667 Camino del Rio South, #313, San Diego, CA, 92108. Register, call 866-540-6950. www.investskillsacademy.com.**

**FREE PRESCHOOL.** Alpha Kappa Alpha Head Start is now enrolling children ages 3-5 years old from low- income families in the East County, and children with special needs/ disabilities. 619-444-0503.

**INTERIOR PAINTING** by See Worthy Painting. See our ad this week in the Reader's Services Directory. Call for a free quote, 858-583-5272.

**KAYAK EVENT.** Saturday, February 6, 6pm-8pm. Presentation by Freya Hoffmeister, first woman to solo circumnavigate Australia by kayak. Event held at Adventure 16, 4620 Alvarado Canyon Road, San Diego 92120. 619-283-2374.

**MOVIE BUFFS.** Interested in watching movies and then discussing them afterwards (like book clubs)? Ages 25 to mature welcome. Please call 619-850-6075 or 858-231-0647.

**OBSESSIVE COMPULSIVE** Anonymous. 12 step meeting for people with OCD/ interested others. Free. Mondays, 6-7pm. Department of Health Services Complex, 3851 Rosecrans Street, Harbor Room. ocaseandiego@hotmail.com.

**OVEREATERS ANONYMOUS.** Meetings daily. No dues or fees. 619-521-2538. www.oasandiego.org.

**PARENTS, FAMILIES AND FRIENDS** of lesbians and gays (PFLAG). Find help, support and understanding. Meetings: Hillcrest, East County, North County. www.pflag.com. Call for details, 619-579-7640.

**PRAYER-BASED SOLUTIONS** for problems. Achieve inner peace and balance, eliminate chronic disease, pain, lose crippling fear, addiction. 858-272-3246.

**PREGNANT? CONSIDERING ADOPTION?** Talk with caring agency specializing in matching birthmothers with families nationwide. Living expenses paid. Call 24/7, Abby's One True Gift Adoptions, 866-413-6293. (AAN CAN)

Gain National Exposure

Reach over 5 million young, active, educated readers for only \$995 by advertising in 110 weekly newspapers like this one. **Call The Reader at 619-235-8200.** (AAN CAN)

**RESEARCH STUDY VOLUNTEERS.** Do you have Type 2 Diabetes? Dr. Henry and his associates have a Clinical Research Study that is looking at the safety and effectiveness of an investigational medication (similar to aspirin) compared to placebo, in the treatment of Type 2 Diabetes. The study drug is approved by the FDA to treat arthritis, but has been approved for Diabetes. See if the TINSAL study is right for you. Duration: approximately 55 weeks total; 11 clinical study site visits at UCSD. Study visits may include an initial screening visit, vitals, laboratory samples, physical exam, EKG, medical history, quality of life questionnaires, blood sugar readings from provided glucose monitor. If you meet the following criteria, you may be eligible to participate. Inclusion Criteria: males or females aged 18-74. Diagnosed with Type

2 Diabetes. Diabetes controlled with diet and exercise of up to 3 medications, stable for 8 weeks (excluding current use of Actos, Byetta and insulin). HbA1c between 7.0-9.5%. No recent weight loss greater than 10 pounds or currently on any weight loss drugs. No Plavix, Heparin, Coumadin or any other anticoagulants (aspirin OK). Qualified participants will be compensated for participation up to \$700. To find out if you are eligible, please contact Research Coordinator at 858-552-4326.

**SHOP ONLINE - 20% TO CHARITY!** Place your Avon orders online, choose the event or charity you want to support and 20% of the gross proceeds will be donated. Fundraising available for your group. www.youravon.com/kennis.

**SURTIDO DE ALIMENTOS.** CO-OP. \$15 por donacion. Siempre diferente. Jueves en Parque Norte, 5pm-6pm. Primero debe llamar para ser reservados de 9am-12pm Jueves, al 619-283-3066.

**TRADE STOCKS, GET RICH! Free Event! Learn how to rent stocks for profit. Inside tactics of the pros! February 9, February 10, February 11, 1pm or 6pm. Live demonstration. Limited seating. All attendees receive a free DVD, "Secrets of Millionaire Traders." All events held at 2667 Camino del Rio South, #313, San Diego, CA, 92108. Register, call 866-540-6950. www.investskillsacademy.com.**

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Another Chance for Fame and Glory!

THE READER SUDOKU PUZZLES:

RULES OF THE GAME

1) Submit one completed puzzle of any difficulty level (Easy, Medium, Hard or Evil) to the Reader each week for our ongoing contest! We keep track of each puzzle you successfully complete and the results are posted online at sandiegoreader.com. But your submission will only be counted when you successfully complete a puzzle AND get it to us by 7:00 a.m. Monday.  
2) Be one of the first 125 people who submit the correct answers to one of the

puzzles and we will print your name in the paper along with your brief message (10 words or less, no URLs or phone numbers). Entries must include a message. This is a great way to express yourself. You may submit a new message weekly. We reserve the right to edit or reject inappropriate text.  
3) The puzzle-contest ranking, shown online and in the paper, will begin anew every three months. Complete the journey four times a year!  
4) Entries must be faxed to 619-233-7907 or mailed to Reader Puzzle, P.O. Box 85803, San Diego, CA 92186-5803, or delivered through our mail slot at 1703 India Street in Little Italy, or scanned and e-mailed to:

Sudoku@sddreader.com. Submissions by e-mail must be attached in JPG format, 800 by 800 pixels, maximum file size of 1MB. Submissions that don't fit the format will not be counted or viewed.  
5) 10 Reader T-shirts are awarded weekly to contenders chosen randomly!  
6) All answers must be legible and entered in the spaces provided.  
7) Late entries will not be considered.  
8) One entry per person per week or you will be disqualified.  
9) Employees of the Reader and their immediate families are not eligible.

EASY:

3				8	5		6	2
	9	6			2	5		
2			7	6			9	3
	6		8		3			
		3				8		
			6		1		3	
9	3			2	8			5
		1	5			3	4	
6	8		4	3				9

MEDIUM:

			7	8				
2						4	8	
				4	6	7	5	
	1		6	9		2		
8								7
		9		2	5		1	
	4	7	3	5				
	9	3						5
				6	1			

HARD:

		7			3	9		5
		3	8					1
				1			4	
							3	
3	8	4		6		2	5	9
	9							
	4			9				
6					4	5		
5		1	3			7		

EVIL:

2		6		1				3
		7	6					
						6		8
					5	3		
7	5		9		3		6	2
		3	4					
9		1						
					8	9		
4				3		7		5

We cannot accept your entry without the following:

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Neighborhood/City: \_\_\_\_\_

State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

Circle T-shirt size: L XL

Personal Message: \_\_\_\_\_

SOLUTION TO LAST WEEK'S SUDOKU PUZZLES:

EASY:

9	6	3	5	1	2	7	4	8
7	8	2	6	3	4	9	5	1
4	5	1	9	8	7	6	3	2
8	1	4	3	7	6	2	9	5
5	3	9	4	2	8	1	6	7
2	7	6	1	9	5	4	8	3
3	9	5	2	4	1	8	7	6
6	2	8	7	5	9	3	1	4
1	4	7	8	6	3	5	2	9

MEDIUM:

5	9	8	6	7	4	3	1	2
6	7	3	2	8	1	5	9	4
4	1	2	3	9	5	8	7	6
9	8	5	7	4	2	1	6	3
7	4	6	5	1	3	9	2	8
2	3	1	9	6	8	7	4	5
3	2	4	1	5	7	6	8	9
8	6	7	4	3	9	2	5	1
1	5	9	8	2	6	4	3	7

HARD:

5	7	8	3	4	9	6	1	2
1	9	2	7	6	5	3	8	4
4	6	3	8	2	1	9	7	5
3	8	9	4	5	2	7	6	1
6	2	5	1	9	7	4	3	8
7	4	1	6	3	8	5	2	9
9	3	7	2	8	4	1	5	6
2	5	6	9	1	3	8	4	7
8	1	4	5	7	6	2	9	3

EVIL:

8	3	5	2	6	7	1	9	4
2	6	4	1	8	9	3	7	5
9	1	7	5	4	3	8	6	2
3	7	2	6	1	5	4	8	9
4	9	6	7	2	8	5	3	1
1	5	8	9	3	4	6	2	7
6	4	9	8	7	1	2	5	3
7	2	3	4	5	6	9	1	8
5	8	1	3	9	2	7	4	6

SEE YOUR RANKING ONLINE!

Now you can go online to check your ranking and communicate with each other! Simply visit: www.SDReader.com/puzzle. The new ranking is posted each Wednesday. To use the "comments" feature, you must be a registered site member.

THIS WEEK'S CONTENDERS:

☛ indicates T-shirt winner.

EASY:

Aaron Abramson,  
Williamstown, 3. This is still fun  
Don Bowman, Santee, 3.  
Running out of Stamps  
Cherie Calvo, San Diego, 3.  
January is almost over  
M. Elliott, Ranch Bernardo, 3.  
Got the shirt last year thanks.  
Erin Nogle, Ocean Beach, 3.  
Happy Birthday Dawn and Duane!  
John Pertle, Santee, 3.  
Tithing? 2 Corinthians 9:7. Grace  
abrogates tithing  
☛ Justino Rochin III, San  
Diego, 3. iperdona mi!  
Ed Rull, San Diego, 3. What's  
up with this rain?  
D. Stiewig, Santee, 3. We need  
a big back  
Stuart A. Young, San Diego, 3.  
There is no lack of evil from excess  
talk  
Sara Pretty, Ocean Beach, 2.  
Hare please makeout with me.  
Love you

Betty Archer, La Jolla, 1. Rain  
rain go away!  
Julie Simons, City Heights, 1.  
Greetings Bq, Boann and Herbie

MEDIUM:

Betty Archer, La Jolla, 3. Rain  
rain go away!  
☛ Robyn Johnson, Vista, 3.  
Do not defend the kettle!  
Dave Small, San Carlos, 3.  
Happiness is a brand new shiny  
white t-shirt  
David Tomasín, San Diego, 3.  
Done by candlelight  
Dennis Beabout, Temecula, 2.  
Go Saints!  
Linda Bible, El Cajon, 2. Sharp  
Hospice care is a blessing  
Erik Carroll, San Carlos, 2.  
Chargers in 2010!  
Pauline O'Malley, Point Loma,  
2. I am into sudoku puzzles  
Josie Ranches, San Diego,  
2. Oh my it's raining cats and  
dogs

Juli Richardson, Chula Vista,  
2. Go Padres! Peace out SD!  
☛ Kelly Sakoi, Rancho  
Peñasquitos, 2. Love the rain  
Dr. Kenneth Selzer, Carmel  
Valley, 2. Go Mavericks  
Hans Butifofer, Mission  
Beach, 1. I did it!  
Adriana Carlos, La Mesa, 1.  
Stay spiffy pigeon trainers!  
Elliott Estrine, Poway, 1. Rain-  
rain-go-away-come next month  
Rachel Moore, La Mesa, 1.  
I love being Mrs Eric Moore  
Steve Schorr, Encinitas, 1.  
I made it through the rain  
Mandy Smith, Boulevard, 1.  
The rain and snow was much  
needed and loved.  
Diem Nguyen, San Diego, 1. A  
t-shirt for my honey

HARD:

Amada Garcia, Chula Vista, 3.  
Sex is good for you. Juan Feliz  
Compleanos Joan  
Saad Ghulam, Escondido, 3.  
How nice to have rain in America's  
finest city  
Esther Hays, La Mesa, 3. For  
every drop of rain, a flower grows

Stephen Loughrane, Bankers  
Hill, 3. Hot Pockets!!!  
Bruce C. Mengler, Solana  
Beach, 3. Three for tea party  
Douglas Meyers, La Mesa, 3.  
If we cannot save the trees?  
Skully, San Diego, 3. Monkeyboy  
avoided the rain, lucky! Oldman  
Steve, Kitten, Goldmember, R1Rabbit  
Glenn R. Walker, La Jolla, 3.  
Go Lakers!  
Bill Calderwood, Clairmont, 2.  
Beware of the deadly double!  
☛ Margaret Chen, Carmel  
Valley, 2. See you soon grammy!  
Robert Lindahl, College Area,  
2. Its fun time again I've missed  
you cutie pie!  
☛ Jeffry Ross, Chula Vista,  
2. I'm the burninator!  
Linda J. Blevins, Oceanside, 1.  
Happy birthday Allen and Jeri!  
Dennis Jardim, Oceanside, 1.  
Rule infraction! Why D. Tomosin get  
2 entries??

EVIL:

Joe Arbusto, Rancho  
Peñasquitos, 3. "Where Igno-  
rance = Bliss, Wisdom = Folly!"-  
Welcome 2 fascist USA!

Rainier Bernardo, San Diego,  
3. Shop the Spare Room Ladies  
Cosignment in Bonita  
Loren Boyer, El Cajon, 3.  
Meltdown! Smoking hot eco,  
shampoos ultra pretty Cameron  
Jean Bradley, Spring Valley, 3.  
You deliver the Reader on time, I'll  
do the puzzle  
Robert Bradley, Spring Valley,  
3. Global warming is a scam!  
Joseph Ciprian, Little Italy, 3.  
The SDReader has a very polite  
and efficient receptionist  
Alford Claiborne, Encanto, 3.  
Taking my oxygen first  
Larry Clark, Clairemont, 3. I love  
the rain, it makes things new again  
Robert Crumrine, Downtown,  
3. Do good, and good things come  
back to you  
Roger Doughman, San Diego,  
3. I will praise you, O Lord, with all  
my heart. Ps 9:1  
Butch Hays, La Mesa, 3. Fight  
entropy ... it threatens our very exis-  
tence.  
Mickei Hodgson, Tierra Santa,  
3. I gotta shirt I am somebody  
Dan Holstin, San Diego, 3. Go  
Vikings go!

Belmont Hope, Vista, 3.  
EZ evil  
Jacqueline Jordan, San Diego,  
3. Week 3 still hanging  
Norman Kenney, Carlsbad, 3.  
Sun at last! Kiera! Bodo!  
Lynnette Lampton, La Mesa,  
3. Why is honesty so hard for some  
people?  
Raymond Land, Escondido, 3.  
Thanks Chargers- its fun!  
Ralph Levy, La Jolla, 3. Lots of  
leaves, and fallen trees  
BJ Lundquist, San Diego, 3.  
How about that surf?  
Julio Magno, San Diego, 3.  
The cupcakes are coming!!!  
Mike Maniss, Lakeside, 3.  
Oregon???  
Michael McGriffin, Bay Park,  
3. Term Limits for US Congress!  
PJ Mole, Point Loma, 3. Rain,  
thunder, hail, tornados next locust  
Bruce Ness, Mira Mesa, 3.  
Does Mary Bently still play domi-  
noes????? Please call  
Tom Norris, Santee, 3. Batten  
down the hatches! We're getting  
kinda soggy!  
Michael Panther, Point Loma,  
3. I am son of protein powder



THIS WEEK’S CONTENDERS CONTINUED:

☛ indicates T-shirt winner.

**Roy Respress, Carlsbad, 3.**  
*Another evil and I was good for my b-day...*  
**David Schwartz, Clairemont, 3.**  
*Let’s go swimming in Morena Blvd!*  
**Rich Sewell, Ocean Beach, 3.**  
*bringon baseball, go Padres!*  
☛ **Joe Steinbach, Clairemont, 3.**  
*save water - fix leaks*  
**John Strauch, Point Loma, 3.**  
*Walked Thomson Ct, Thom St and Tingley Ln*  
**Joi Taylor, Mission Valley, 3.**  
*I love to snuggle big daddy*  
**Larry Terbell, Golden Hill, 3.**  
*The natural progression of things is for government to gain...*  
**Harry R. Walker , La Jolla, 3.**  
*Great Republican wins in Massa-chusetts!*

**Duane D. Tremaine, E. Village, 3.**  
*If the red slayer think he slay*  
**Rob Welder, El Cajon, 3.**  
*Good guys finish last*  
**Susan Williams, North Park, 3.**  
*That was a storm*  
**Ric Witt, Clairemont, 3.**  
*Barack/ Nancy/ Harry- wake up call in tax-achusetts!*  
**Carolyn Woodbury, Chula Vista, 3.**  
*Take the re-usable bags shopping*  
**Mark Xitco, San Diego, 3.**  
*Rain, rain, rain!*  
**Michael Boyko, Spring Valley, 2.**  
*For Susi and 2010*  
**Paula Davis, Spring Valley, 2.**  
*Happy Birthday Crystal! Love Mom and Dad.*  
**Michelle Dutra, Serra Mesa, 2.**  
*Look out Vegas Here comes CT*

**Paul Brugger, Downtown, 2.**  
*Each dollar of insurance company wealth detracts from everyone’s health*  
**George Elam, Vista, 2.**  
*Didn’t need a pencil this time*  
**D. Faulkner, University Heights, 2.**  
*Don’t be square, ride your bike*  
**Jane Flammang, Encinitas, 2.**  
*Sudoku- good for a rainy afternoon*  
☛ **Karen Friedman, Kensington, 2.**  
*Sympathy for Delicious should win at Sundance*  
**Junito Gerardo, Mira Mesa, 2.**  
*Obama’s spin: Bush-Cheney haters elected Brown. “We’re not stupid!”*  
**Lily Gonzalez, Logan Heights, 2.**  
*What happened? Love the rain, it brings flowers*  
**Lou Guillou, Winoma, 2.**  
*Water, water, everywhere*  
**Linda J. Hall, La Mesa, 2.**  
*No tornados!*

**Christine Hennes, San Diego, 2.**  
*With a little help from my friends*  
**Karen Maegley, Sorrento Mesa, 2.**  
*Welcome to the family Coyote*  
**Terri Okerlund, San Diego, 2.**  
*The rest of your life is the best of your life*  
**Emily A. Posedel, San Diego, 2.**  
*Tx 4 the shirt*  
**Ann Quam, San Diego, 2.**  
*To Kent Zopf- Look dad, I’m perspicacious!*  
**Charles Reader, Del Mar Heights, 2.**  
*Reader reads Reader*  
**Joe Selig, San Diego, 2.**  
*Happy 90th mom!*  
☛ **Tess C. Sutton, San Diego, 2.**  
*Happy 34th Anniversary Sweet-heart!*  
**Stan Alexander, Ocean Beach, 1.**  
*R.C. taught me!*  
**Greg Boss, San Diego, 1.**  
*Obama- Liar, liar, pants on fire!*

**Eleanor Burbank, Escondido, 1.**  
*She flew up to heaven on the wings of angels*  
**Jorge Castro, Alpine, 1.**  
*Got to wait another year for championship*  
**Brenda Edgecomb, San Marcos, 1.**  
*The easy evil ever*  
**John Fitzgerald, Point Loma, 1.**  
*Love this page- first time all four*  
**Sean Hammer, SDSU, 1.**  
*Scott Brown wins! No Obamacare! Hur-ray!*  
**Lark Herrick, Alpine, 1.**  
*Made it to evil this week*  
**Jeannie Higbee, Spring Valley, 1.**  
*Amanda you will never win*  
**Kelly Jackson, Chula Vista, 1.**  
*Yeah, shots!*  
**Stuart Lester, Santee, 1.**  
*For Bobbi and the twins!*  
**Emily Marie, University Heights, 1.**  
*We love and miss you, Mile Williams!*  
**Dean McCoy, Vista, 1.**  
*Happy 2010 to all!*

**Ken Pae, San Diego, 1.**  
*I love YMS*  
**August Scampone, San Diego, 1.**  
*Thank you New York Jets*  
**Michael Shaw, Lakeside, 1.**  
*UPS delivers brown*  
**Joel Shienbaum, Oceanside, 1.**  
*All good things come to an end*  
**Art Spencer, Oceanside, 1.**  
*Who’s been praying for rain- got it*  
☛ **Jackson Sutton Clark, Coronado, 1.**  
*Say 3 times fast: I smart fellow, he felt smart*  
**Ken Swift, Oceanside, 1.**  
*1-4-3, Kelsey!*  
**Lee Tri, San Diego, 1.**  
*Happy New Year!*  
**Leah Valmidiano, Kensington, 1.**  
*I heart sudokus!*  
**Katie Whelan, Coronado, 1.**  
*Everyone loves Ollie*  
**Bulent Yoldas, Ramona, 1.**  
*Mike Boyko now you have one less problem to solve*

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MUSIC EQUIPMENT / INSTRUMENTS

**AMPS AND GUITARS:** 1968 Guild Slim Jim T-100D \$999, 1975 Guild D-50 \$899, 2005 BC Rich Mockingbird \$1199, Mexican Telecaster Thinline \$799, 2003 Gibson model 333 \$995, 2005 Gibson SG \$875, Epiphone Lucille \$599, Fender Pro Jr. \$299, 1953 Martin 0-15 \$995. At [www.mozeguitars.com](http://www.mozeguitars.com). 619-698-1185.

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**A CAPPELLA SINGERS.** Ladies of all ages for chorus. Have fun singing 4- part harmony. Tenors (high part) especially needed. Mondays, 7pm, La Mesa. Information, 619-287-4253.

**BAND AUDITIONS.** Professional bass player needed immediately. Must have experience with live performances and own professional bass rig. Contact us for an audition: [www.philbellante.com](http://www.philbellante.com).

**COLLABORATOR WANTED.** Lyricist, singer, songwriter seeks guitarist as songwriting partner. I’ve written over 1400 songs based on blues, folk, rock, country, bluegrass. Mike, 858-922-0808.

**COUNTRY WESTERN BAND.** Anyone interested in joining together to form a band? Guitar, fiddle, mandolin, keyboard, steel guitar players and singers welcome. Bob, 858-753-1775.

**DJ WANTED.** Working band. Focus: weddings/ corporate events. Material: Black Eyed Peas, Linkin Park. Backup vocals/ instrumental skills a plus. [jukeboxsd.com](http://jukeboxsd.com). Email bio/ photo: [john@pisanosales.com](mailto:john@pisanosales.com).

**GUITARIST AVAILABLE.** Reggae, pop, jazz/ rock, hip hop, lead/ rhythm, CD/ tour credits: Pato Banton, Mikey Dreed, Fully Fullwood, Majek Fashek, Scientist. Dale, 858-401-2973; [myspace.com/dalehauskins](http://myspace.com/dalehauskins).

**GUITARIST WANTED.** Rock band seeks guitarist to learn 10 originals. We have label interest; we’re seeking someone

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**SINGERS.** Very groovy jazz ensemble looking for singers. Must be able to sight-read. 858-558-2139.

**SINGERS.** Ladies, start the New Year singing 4 part harmony with women’s chorus. All ages welcomed. Performances throughout the community. Mondays at 7pm. Call 619-449-7107.

MUSIC SERVICES

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MUSIC

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Tabbie Smith  
Stylist  
Dehesa Valley

Usually we hang out in my backyard quite a bit. Then my husband loves to take them to Sunset Cliffs. He loves to take them over there by Ocean Beach. I think it's absolutely *boring*, but he loves to take them there. They have the binoculars up on top. We go to the ocean quite a bit. And then we take 'em to different clubs. But usually the club's in our backyard.



Julian Rodriguez  
Advisor  
Chula Vista

I love to take them to Little Italy. It's my favorite part of San Diego. I love the feeling down there — it's comforting, the food's great, the people are nice. There's a great artistic feel down there; that's kind of what I love about it. There's so much diversity. And downtown...to the marina...all over. I live in South Bay, so I stay in South Bay a lot because I have a lot of family. There's a lot of culture in South Bay, too — it's really great. I always do Coronado. I love the Hotel Del. I want to get married there.



Kira Kenworthy  
Assistant Manager  
Pacific Beach

The La Jolla Cove, to go tide-pooling. I think that's pretty cool. It makes me feel like a little kid again, and I think everybody likes jumping around on all those different rocks. Obviously P.B., because that's where I live. We can walk everywhere — to the restaurants and bars and stuff. But I like going to the zoo and to the aquarium with people who've never been here. The last time I took them somewhere was to the aquarium. The zoo, especially, is wonderful. They were from the Bay Area, and the San Francisco Zoo is pretty depressing. There's botanical gardens here, and there's concrete there. I do like to take people to Mission Bay, too, because I used to row.



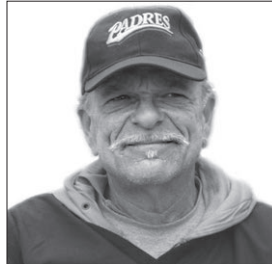
Nicholas Turnowicz  
Drink Artist  
Mira Mesa

When they come to visit me here, you definitely gotta take them to the zoo. It's the number-one spot. But my favorite place to take them is SeaWorld because that's my favorite place to go ever. I have a Fun Pass. I'd go every weekend if I could. I *love* SeaWorld. The whole Balboa area: the park, the museums. And the mall. The mall's really nice.



R. Jay Hernandez  
Salesman  
Escondido

I take them to the wineries — the ones in Temecula. There's a lot over there. It's pretty good. They have the wine tastings. You pay, like, 12 bucks and you can taste different kinds of wine.



Dan Jones  
Business Owner  
Downtown

Oh, the usual. Y'know, the zoo. I don't go to the Wild Animal Park; it's too far. I try to get them to go to the mountains, but my parents are elderly so they're not gonna do that. But if it's my brothers or someone like that, we'll go hiking in the mountains — Cleveland National Forest, mainly. I like the big trees. We go to the beach. I refuse to take them to Disneyland. If they want to go to Disneyland, they can go by themselves because I know every square inch of it by now!

**CARLSBAD.** \$750. \$500 deposit. Large house with yard. Near La Costa Resort. 6- month lease. 1/2 utilities. Outside smoking. No pets. See to appreciate. 561-901-7656.

**CARLSBAD.** Room in quiet household. Nonsmoking. 20 fruit trees and large organic garden. 3 blocks from Batiquitos Lagoon. \$600/ month rent, \$40 utilities. Marcus. 760-944-7277.

**CARLSBAD.** \$675. \$400 deposit, all utilities included. Private bath. Spacious condo. Serrano Community. Pool, Jacuzzi. 6- month lease. Military welcome. Available now. 760-525-5663.

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**CARLSBAD/ PACIFIC BEACH/ Oceanside/ Vista.** \$590, \$650, \$950 (master suite). New home, ocean view, fireplace, granite, view patios, hardwood. Military OK. Rebate. Mature. 760-201-3818.

**CARMEL MOUNTAIN.** \$500. Upstairs sunny room, share bath. Great neighborhood. Pool, spa, washer/ dryer. Wi-fi/ cable ready. Male only. No pets/ smoking. Peaceful, quiet. 858-673-4799.

**CLAIREMONT.** Upgraded bedroom/ bath. Female preferred. Furnished home. Easy access to UCSD, Mesa. All amenities plus: Wireless, yard, spa, maid, office. \$700, utilities shared. 858-449-9454.

**CLAIREMONT.** \$545, utilities included. Large room. Female to share 3 bedroom, 2 bath house. Share bath with female. No

smoking/ pets. Owner occupied. Gary, 858-531-4993.

**CLAIREMONT.** Nonsmoker. \$600. Rent reduced to \$300 in exchange for light respite- care duties. Ideal for person on fixed income with no outside job. Help female homeowner, shower, etc. Includes privileges, in luxury condo complex. Large pool, game/ weight room. Great location. Utilities included. Shared bathroom. Bob. 858-337-8694.

**CLAIREMONT.** \$550 includes utilities. Room in 4 bedroom house adjacent to Mesa College. Clean, quiet atmosphere. Laundry. Close to everything. Call/ text after 9:30pm, 619-379-1635.

**CLAIREMONT.** 1 room available in nice 4- bedroom canyon- ridge home. Share with 2 males, friendly dog, shy cat. \$525. Includes utilities. 858-273-6531.

**CLAIREMONT.** \$625/ month. Quiet, clean, convenient. Laundry, view, own bath. Available now. Female preferred. 858-829-3338.

**CLAIREMONT.** \$550, includes utilities, TV, Internet, cleaning, lawn. Laundry. Parking. \$550 deposit. Sunny room, large house with yard. No smoking/ drugs/ pets/ perfumes. Celeste, 858-467-0776.

**CLAIREMONT.** Room in nice 3 bedroom house with 2 roommates, outside dog, Spa, Hawaiian- style backyard with bar, washer/ dryer, Internet. \$650. Travis, 858-414-2247. Travisbowman@gmail. com.

**CLAIREMONT.** \$500. Near Mesa College and bus stop. No pets/ smoking. Male only. Cable TV and utilities included. Call after 5pm, 858-337-2770, 858-353-4449.

**CLAIREMONT.** 2 rooms, \$550/ \$615. Smaller room- large closet. Both rooms- big windows. Detached recreational room for entertaining. Yard, gardener included. Deposit, 1/3 utilities. 619-300-5974.

**COLLEGE AREA.** Sober living, nicest in town. Separate men's and women's houses. Children accepted. Single and shared rooms. Starting \$430/ month, no deposit. Kent, 619-414-9694.

**COLLEGE AREA.** 2 bedroom apartment on lower level of funky farmhouse on one acre. Separate unit. Private parking. Quiet. Nonsmoker. References. Male only. \$800, shared utilities. 619-264-9356.

**COLLEGE AREA.** \$580. 1/4 utilities, \$200 deposit. Furnished/ unfurnished room available. Clean, quiet home. No drugs/ drama. Housekeeper twice/ month. Available February 5. 619-302-3530.

**COLLEGE AREA/ LA MESA.** \$500 plus utilities. Large bedroom (14' x11-1/2") in house with hardwood floors, yard, washer/ dryer. No smoking/ drugs/ pets. 619-466-0310.

**COLLEGE/ SDSU.** Nice room in a property close to SDSU, bus, and trolley. All utilities included. \$475/ month. Female preferred. 619-403-3549.

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**DEL CERRO.** \$600, includes utilities. Master suite, private bath. Parking space, indoor laundry, pool/ spa, gym, clubhouse, patio, BBQ. Quiet, serene environment. No pets. 858-750-5198.

**EL CAJON.** \$550. \$350 deposit. Private entrance. Near all. No smoking/drugs. 3 bedrooms, 1.5 bath. 2 patios. Large yard. Laundry room. 619-442-1749.

**ENCINITAS.** West of I-5. Large room, \$695. Tiny cottage, \$550. Plus utilities. Walk to Moonlight Beach/ shops/

downtown. Share nice view house. Internet/ laundry. 760-944-8400.

**GOLDEN HILL/ SOUTH.** \$450. Male only. Share small 2 bedroom house, utilities included. Renovated. Centrally located. First/ last/ references. 9'x7' room, storage, washer/ dryer. 619-688-1205.

**GROSSMONT/ SAN CARLOS.** Master bedroom/ bath, \$625. 2nd bedroom, \$525. Utilities included. Yard, storage, washer/ dryer. Full house privileges. Nice, quiet neighborhood. Pet possible. 619-818-8746.

**HILLCREST.** \$650, 1/3 utilities, \$300 deposit. Master bedroom, attached bath. Quiet, gated community. Central: coffee shops, restaurants, grocery, Balboa Park. Coin laundry, no pets. 619-251-7735.

**JAMUL.** \$500. Share 4 bedroom, 2.5 bath home on 3 acres. Pool, Jacuzzi, basketball court, and more Must see. 619-659-3939. 619-654-3097.

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**LA MESA.** \$525, including utilities. Deposit. Share house. Hardwood floors, skylights, piano. Remodeled bath/ kitchen. Laundry. Cable, Internet. Big yard. Nice area. For 1 person only. 619-466-7500.

**LA MESA/ SAN CARLOS.** \$520/ month. Furnished. Includes utilities. Laundry. All

amenities. Nonsmoking. References. Pool, Jacuzzi, sauna. Excellent location. Secure household. Deposit. Available now. 619-469-3468, 619-750-6432.

**LEMON GROVE.** \$500/ 1 bedroom, \$950/ 2 bedrooms. Share large home. \$250 deposit. Large yard. Driveway. No smoking/ drugs/ drinking. Nice, quiet neighborhood. Kim, 619-490-6210.

**LITTLE ITALY.** \$900 plus utilities. Share large 3 bedroom, 2 bath house with 1. Large room, bathroom. Washer/ dryer, garage, big backyard. No pets. 805-550-9908.

**MIRA MESA.** \$725. Master bedroom with bathroom, large house, safe neighborhood, all utilities— gas, electric, water, high-speed Internet included. Washer/ dryer. No pets/ smoking. 858-699-7870.

**MIRA MESA.** \$575, includes utilities, high- speed Internet. Single room, large house. Washer/ dryer. No pets/ smoking. 858-699-7870.

**MIRA MESA.** \$495. Including utilities. Large home. Cable, Internet. Pool. Near Miramar College, gym, lake, bus, I-15. Male. No smokers, drugs, pets. Available now. 858-361-1094.

**MIRA MESA.** 1/2 off first month. \$525, utilities. Large home. \$250/ deposit. Fireplace. Large kitchen. Dayroom. Dishwasher. Washer/ dryer. Maid service. No pets. Available. Tom, 619-708-4925.

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colleges. Now available. Todd, 858-357-6337.

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**POINT LOMA.** \$575. Roommate wanted to share 5 bedroom, 3 bath home. Views of the city. Easy access to Gaslamp, freeways, beaches. Bill, 619-222-0329.

**POINT LOMA/ SUNSET CLIFFS.** \$675. Room in 3 bedroom, 3 bath Sunset Cliffs home, 3 blocks to ocean. Seeking male. No smoking/ pets. 619-269-6626, 619-347-3552.

**RANCHO BERNARDO.** \$725 plus utilities. 2 rooms, 1 bath. Quiet, clean, private top floor. Cat OK. Share with 2 women. Available now. 858-208-8482.

**SAN CARLOS.** Room for rent. Share bathroom. \$600/ month. \$250 security deposit. No drugs/ smoking. Male or female. References required. 619-698-3435.

**SAN DIEGO/ BONITA.** Room in townhouse, \$475. Pool, Jacuzzi. Call for the many extras. Share SD&E. Near freeway 54. Must have own phone, 619-987-0865.

**SERRA MESA.** Room for rent in beautiful house. Cable/ Internet, laundry, modern kitchen, spacious bathroom. \$650, utilities included. \$400 deposit. No drugs, pets, smoking. 858-277-7003 or 858-449-6449.

**SERRA MESA.** Room in 3 bedroom, 2 bath house. Game room, pool, Jacuzzi. \$650, month to month, plus 1/2 utilities. Central location, street parking. 619-571-3361.

**SOLANA BEACH.** \$950, 1/2 utilities. Share furnished townhome. Private bath and patio. Cable, Internet, laundry, and pool. Quiet. Nonsmoker. Must love dogs.

SERVICES

**ORIENTAL THERAPY**

New Staff!

**Stress Relief  
Acupressure  
Hot Baths**

**760.233.7877**

1645 E. Valley Parkway  
Escondido  
7 days 9 am-10 pm  
License No. 145302

Grand Opening

**THERAPEUTIC MASSAGE**

Daily 10 am-10 pm

**\$20 OFF**

**(619) 988-6591**

4009 Park Blvd., Suite 12  
(cross street of Lincoln Ave.)  
MTP #37107

DEEP TISSUE, SHIATSU OR SWEDISH

**ORIENTAL MASSAGE**

**\$20 OFF**

Includes a 1-hour massage and your choice of body shampoo, sauna or steam room. With this ad.

*Naomi Spa*

MASSAGE CENTER

3960 4th Ave., Hillcrest  
619-299-9519  
Open 10 am-10 pm daily  
Lic. #Z00604054

**Aria Spa**

**Oriental Massage**

**Stress reduction  
Body Shampoo  
Japanese Jacuzzi**

**(858) 495-0777**

3904 Convoy Street, Suite 118  
(Next to Original Pancake House, additional parking and entrance in the rear)

License #Z008000924

**GRAND OPENING!**

**Oriental Chi Spa**

**\$20 off 1-hour massage**

**\$10 off 1/2-hour massage**

Therapeutic Jacuzzi  
Body shampoo  
Stress reduction & relaxation

Lic. #00012847

**6786 University Ave. (near SDSU) 619-265-8500**



Andrew, andrewtwatts@yahoo.com or 858-775-3635.

**SPRING VALLEY.** Sober living. Shared room: \$495, 50% off of February rent if moved in by February 1. Non-shared room: \$645. Males only. Furnished. Shared utilities. Near bus and shops. 2 homes available. Owner, 951-544-7242; 619-303-1301.

**SPRING VALLEY/ LA MESA.** \$85-\$105/ week. No deposit. Utilities, furnishings, amenities included (cable, Internet, free long distance, gym equipment). At 94/ 125 freeways. No drugs/ alcohol. Thomas, The Treehouse. 714-787-8744.

**TIERRASANTA.** \$650. Share Portofino townhome. Upstairs bedroom, bath, office. Share kitchen, etc. Community pool, basketball, etc. \$50 1/2 utilities. Freeway close. No pets. Single occupancy. Mike, 858-560-5459.

**VISTA.** \$550, plus deposit. Shared bath. Includes utilities, Internet, cable, laundry, kitchen, parking. Near 78 freeway. Must like dogs, no pets/ smoking. Available now. 760-599-3956.

ROOMMATE SERVICES

**ALL AREAS. ROOMMATES.COM.** Browse hundreds of online listings with photos and maps. Find your roommate with a click of the mouse! Visit: www.Roommates.com. (AAN CAN)

**CLAIREMONT/ NORTH.** 4 bedroom, 2 bath home on cul-de-sac. Canyon view, pool, garden, Ping-Pong, friendly dog possible. No smoking/ drugs. \$450, share utilities. 858-272-0362.

RENTALS COMMERCIAL

**BANKER'S HILL/ DOWNTOWN:** Secure 2- car garage plus storage; \$200 month. Call Steve, 619-696-7500.

**DOWNTOWN. On Broadway near Gaslamp. 3000 square foot retail. Entertainment ready/ club. 619-233-3522.**

**EL CAJON COMMERCIAL/** retail space, \$725. 1st month free! Great location! Busy intersection of 2nd Street and Broadway. 1333 Broadway Street. 619-804-3325.

**EL CAJON OFFICE SUITES** with baths near courts and downtown. 1 ground floor left, 360 square feet. 140 and 152 W. Park Avenue. Vic Zeman, 619-442-8871.



**GASLAMP ART SPACE!** \$150/ up. High ceilings, tall windows. Gallery venue for shows. Uniquely affordable. 100-600 square feet. 402 Market. Hughes Management, Lic#955724, 619-239-1639 x103. www.HughesManagement.net.

**HILLCREST GARAGE/ STORAGE** unit located in apartment complex. \$150/ month. 10'x19.5'. Near Uptown Village. 619-299-8746.

**MESSAGE ROOM FOR RENT** at centrally located, professional massage center. Includes table, linen, blanket, towel/ warmer, music. Must be licensed/ insured. \$25/ hour. contact@healinghands-sd.com. 619-574-0053.

**MISSION BAY/ CLAIREMONT.** Office suite. 481 square feet at \$1.05. Upstairs. Clean. Near I-5. Easy access. Free parking. Near shopping center. 2445 Morena Boulevard. 619-275-3455.

**NATIONAL CITY.** Commercial warehouse, 4,000 square feet. Office suite, bathroom, roll- up doors front and rear (alley with dock). Next to trolley; easy Freeway 5 access. Many possible uses. \$2499/ month. 2120 Wilson. 619-236-8159.

**NORTH PARK.** Space for rent, 300-square-foot room in rear of retail store. \$20/ hour or 10% of fee- based events (whichever is greater). \$10 extra for out-of- store- hour times. Perfect for classes, meetings, or performances. 619-280-8408.

**POINT LOMA.** 1262 Scott Street. \$800. Office with bathroom, upstairs, approximately 613 square feet. 2- year lease. 619-200-1657 or www.bkbinc.com.

RENTALS HOUSES

**CARDIFF.** \$2695. 4- bedroom, 3- bath house with 2- car garage, fireplace, large yard. Year lease. 2000 square feet. 726 Mackinnon Court. 760-753-6575.

**CARDIFF.** \$1597. 2 bedroom, 1 bath. Fenced yard, patio, garage, hookups. Bright and cheery. Cat OK. 926 Woodlake Drive. 619-818-8254.

**CARLSBAD.** \$2450 or \$3550. Spectacular ocean/ canyon views. 4/ 3 bedroom. Newer homes. Granite fireplaces, microwaves. Family rooms, decks. Executive homes. Large master suites. 760-201-3818.

**CHULA VISTA.** \$2300. 4 bedroom, 3 bath house with yard. Laundry hookups. Pets OK with deposit. Garage. A must see! Available 2/15/10. 19 Casselman Court. Elisa, 619-295-1100. www.cethron.com.

**CHULA VISTA.** \$2300. 4 bedroom, 2 bath. 2071sqft. Pet considered. Ideal location, near 805. Fireplaces, garage, skylights. New paint/ wood floors. 274 Cheryl Place. 619-606-2043.

**CHULA VISTA.** \$1925. 4 bedroom, 2 bath house. Large yard, garage, laundry room, new carpet, remodeled. Pet on approval. Section 8 OK. 209 H Street. www.sdforrent.com. 619-640-7530.

**CITY HEIGHTS.** 2 bedroom, 1 bath. All utilities paid. Secure parking. Fenced yard. Washer/ dryer. Stove, refrigerator. No pets. \$1150/ month, \$850 deposit. 619-282-5574.

**CLAIREMONT MESA/ GENESEE.** \$1895 rent. \$1800 deposit OAC. Newer 3 bedroom, 2-1/2 bath. 1325- square- foot duplex townhouse. Garage, ample parking. Laundry hookups. No pets at 4439 Clairemont Mesa Boulevard #1A. Agent, 619-299-4034.

**CLAIREMONT.** \$1395. 3 bedroom, 2 bath. Large canyon rim home on clu- de-sac. Dishwasher, washer/ dryer, private driveway. Pets. 6530 Lanston Street, 92111. 858-272-2069.

**CLAIREMONT.** \$1900. \$500 deposit. 3 bedroom, 2 bath. Pet OK. Gardener. Recently renovated. Air conditioning, 2- car garage. 858-278-2774.

**COLLEGE AREA.** \$1095. 2 bedroom, 1 bath house. Hardwood floors, all appliances. Off- street parking. Fenced yard. Near all. Near SDSU. 5820 El Cajon Boulevard, 92115. 619-285-3822.

**CROWN POINT.** \$2250. 3 bedroom, 2 bath home. 1- car garage. Only 2 short blocks to bay. Vaulted ceilings, fireplace, balcony. No pets. 3922 Shasta Street. 858-483-3534. www.cal-prop.com.

**EAST VILLAGE.** Large 2 bedroom, 1 bath house, \$1100. Completely remodeled, hardwood floors, most appliances, washer/ dryer hookups. Pets? 1720 J Street. John/ Christine. 619-546-4136.

**EL CAJON.** \$1875. Beautiful Spanish- style 3 bedroom, 2 bath with family room. Fireplace, air conditioning. Washer/ dryer hookups, garage. RV parking. No pets. 619-444-3506.

**EL CAJON.** \$1650. 4 bedroom, 2 bath house. \$800. 1 bedroom duplex. Both properties painted, have hardwood floors. Available now. Laundry facilities. Parking. 619-971-1145; 619-442-5353.

**ESCONDIDO.** \$1495. 3 bedroom, 2 bath. Live in this gated community with all amenities while on the market for sale. No smoking, no pets. Brian, 619-261-8991.

**ESCONDIDO.** \$1600. Spacious 2- bedroom, 2- bath home. Stove, refrigerator, dishwasher. Central heat/ air. 2- car garage. Fenced yard. Washer/

dryer hookups. Pet considered. 619-298-7724.

**GOLDEN HILL.** \$650 plus utilities. Studio apartment in small complex. Hardwood floors, shared patio area, close to Downtown. Nonsmoking only. Quiet neighborhood close to freeway access, City College, public transportation. 1140- 1/2 20th Street. Leasing Unlimited, Lic#00976056, 760-436-7273.

**HILLCREST.** Beautiful 3 bedroom, 2 bath. Remodeled kitchen. Deck overlooking canyon. 1 block from Balboa Park. Pets welcome. \$3500 rent. 619-787-7434.

**HILLCREST.** \$1975. 2 bedroom, 1 bath house. 2 parking spaces. Washer/ dryer. Remodeled cottage with beautiful bamboo floors, granite counters, new appliances. Small pet OK. 3788 10th Avenue. 858-483-3534. www.cal-prop.com.

**HILLCREST/ MISSION HILLS.** \$3500. 5- bedroom, 4- bath, 2- car garage. Office, 3433 square feet, 2005 construction. Laundry hookups, stainless steel appliances. No pets at 1189 West Upas Street. Agent, 619-299-4034.



**KENSINGTON.** \$995, 1 bedroom, 1 bath, appliances, enclosed. Small yard. 1/2 off first month's rent! 2 off- street parking spaces. 4625 Terrace Drive. 619-698-6911. www.goldenmanagement.com.

**LA JOLLA/ WINDANSEA.** Lovely completely furnished cottage, ocean view. 1 bedroom, 1 bath. Quiet, clean, safe neighborhood. No smoking/ pets. References. \$1450. All amenities. 858-336-1545.

**LA MESA.** 3 bedroom, 1-1/4 bath house, \$1550. Hardwood and tile floors, A/C and heat, 1- car garage, washer/ dryer, fenced backyard, pets OK, gardener included. 7354 Princeton Avenue. People Helping Others Property Management, 619-282-5400. peoplehelpingothers.com.

**MISSION HILLS.** \$1695. 2 bedroom, 2 bath, 1600 square feet, garage, hardwood floors, fireplace, patio. No pets/ smoking. All appliances. Quiet. On-site laundry. 619-298-6436.

**NORMAL HEIGHTS.** 2 bedroom, 1 bath small house with yard. Near Adams Avenue and shopping. Water paid, washer/ dryer, parking. \$1300/ month, \$400 deposit. 619-922-7888.

**NORTH PARK.** \$1495. 2 bedroom on huge fenced yard. Washer/ dryer, refrigerator, new carpet/ paint. Storage shed. Alley access. 3943 Oregon Street. \$1400 deposit. 619-981-2770.

**NORTH PARK.** \$775. 1 bedroom, 1 bath, lower unit. Laundry, parking. Centrally located, close to freeway. Newer carpet. 4553 Texas Street #2. www.amgsd.com. 619-295-1165.

**NORTH PARK.** \$1150. 2 bedroom, 1 bath. Reduced move- in. Detached small houses. Laundry on site, street parking. Small pet on approval. Section 8 OK. 4349 Utah Street. www.sdforrent.com. 619-640-7530.

**NORTH PARK.** \$1075 rent, \$800 deposit OAC. 2 bedroom, 1 bath house, 1-1/2 car garage, private, deck, laundry, no pets, at 3820 Pershing Avenue. Agent, 619-299-8515.

**NORTH PARK.** Move-in special: 1/2 off first month's rent! 1 bedroom, 1 bath, \$695. Senior or disabled citizen complex. Laundry, parking. 4122-4126 39th Street. Agent, 858-560-1178.

**OCEANSIDE.** 209 Surfrider Way #E. \$600. Studio, 1 bath. Utilities included. Parking, laundry. No pets. 619-200-1657 or www.bkbinc.com.

**PACIFIC BEACH.** New interior. 4 bedroom, 2 bath plus den. 1 block to bay. No garage/ pets. Includes gardener. 1152 Pacific Beach Drive. \$3200. 619-441-1115.

**PACIFIC BEACH.** \$1875. 1 bedroom, 1 bath. 1 parking. Bike to bay and beach. Upgraded kitchen and bathroom. No pets. 2167 Reed Avenue. 858-483-3534. www.cal-prop.com.

**PACIFIC BEACH.** \$1200. 1 bedroom, 1 bath. Reduced move- in. Front house.

BASIC INSTRUCTIONS

by Scott Meyer ©2010

BASIC INSTRUCTIONS

How to Show Some Class

by Scott MEYER

Be considerate. Lack of consideration is the root of all rudeness. Consideration for others is the definition of class.



On a related note, having class means knowing quality when you see it, and insisting on the best when it's available.



© 2009: Scott Meyer

A class-act knows that anything worth doing is worth doing right. Attention to detail is the hallmark of class.



Squandering money is never classy, but neither is penny pinching. Don't be afraid to spend money when necessary.



basicinstructions.net

Off- street parking, small yard, Pergo floors. Small pet on approval. 1919 Oliver Street. www.sdforrent.com. 619-640-7530.

**PACIFIC BEACH.** 2 bedroom, 1 bath. 2 story, fireplace. Washer/ dryer. 2 off- street parking. Gardener included. 2016 Felspar. \$1600/ month. Water included. 858-735-8593.

**PACIFIC BEACH.** \$850. 1 bedroom house. Parking. Close to transportation, shopping, churches. No pets. Call Coldwell Banker Property Management, 858-488-2228.

**PACIFIC BEACH.** \$1595. 3 bedroom, 1 bath house. Patio. Close to freeway. No

pets. Call Coldwell Banker Property Management, 858-488-2228.

**PACIFIC BEACH/ MISSION BEACH.** Charming 1920's house on ocean side of Boulevard. \$2000. 3 bedroom, 1 bath. Steps to the ocean. Patio. No pets. Call Coldwell Banker Property Management, 858-488-2228.

**PACIFIC BEACH/ NORTH.** \$1925. 2 bedroom house. Stove, refrigerator, dishwasher, microwave, washer/ dryer. Large, fenced backyard. Parking. Fireplace, wood floors. Cat OK with extra deposit. Available now. 838 Sapphire. Del Sol Property Management, Broker. www.delsolpm.com. 858-270-2071.

SERVICES

Little Italy \$20 off 1-Hr. Massage

- Deep tissue • Swedish
- Table shower • Jacuzzi
- Hong Kong Massage

Open 7 days 10 am-11 pm  
**Ami's Spa**  
2443 Kettner Blvd.  
619-231-1917  
License #30672



\$10 OFF MASSAGE

1 hour \$90 • 45 min. \$70 • 30 min. \$50.  
Choose deep tissue, Swedish, or acupressure with table shampoo.

Friendly Spa

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Escondido • 760-294-1764  
Open 7 days  
10 am-9 pm  
Visa • MC • Discover  
License #165277



1-hour Foot Massage \$30

Includes: head, shoulders and back.  
Grand Opening  
**Green Bamboo Foot Spa & Massage**  
629 8th Avenue, Downtown  
619-564-8960  
License #2009037300



PACIFIC BEACH

1943 Grand Avenue

Yoshi Massage 858-274-5371

Oriental Spa & Hot Tub  
Swedish • Deep Tissue

9 am-10 pm, 7 days

Lic. 99005303





E.J. Pettinger's

# Mild Abandon

EJP©2009 mildabandon.net



“Ahh, crap.. I think I’m a nihilist again.”

**POINT LOMA.** \$2175. Small 3 bedroom, 2 bath. Large, fenced yard, includes gardener. Pets OK. Hardwood floors, fireplace. Garage not currently available. Includes 2 off-street parking spaces. 619-222-6947.

**POINT LOMA.** \$1500. 1 bedroom. Large yard. City view. All utilities paid. Boat/ RV parking. Pets OK. 3240-1/2 Lowell. Near Rosecrans. 619-435-0387, 619-206-3089.

**RANCHO BERNARDO.** 3 bedroom, 2 bath. 2- car garage. Nice neighborhood. Near 15/ 56 freeways. No pets. \$2195.

\$1000 deposit. Section 8 OK. 858-776-1144. 858-618-3321.

**SERRA MESA.** 3 bedroom, 2 bath. Appliances, skylights, 2- car garage, laundry hookups, fireplace, canyon lot, panoramic view. Available now. 3301 Dorchester Drive. \$2100. 858-272-3410.

**SOUTH SAN DIEGO.** \$1650, 3 bedroom, 2 bath. Fenced yard. \$1650 deposit. 1132sqft. New master bedroom/ bath. All new carpet. New washer/ dryer. Carport. 619-746-4053.

**TALMADGE.** \$2350. Beautiful 3 bedroom plus den, 2 bath. Wood floors. Fenced

yard with treehouse! Too much to list! Gardener included. 4832 Winona. Manager, 619-820-2584.

## RENTALS APARTMENTS / CONDOS

**ALPINE.** Alpine Creek Apartments. Huge 1 bedroom apartment, \$775. 800 square feet, stone flooring in entry and kitchen, spacious living room and dining room, washer/ dryer in unit. No pets. 1950 Arnold Way. Move- in bonus! Call 619-445-8392.

**ALPINE.** 55+. Spacious luxury living. 1 bedroom, \$945. 2 bedroom, 1 bath, \$1065. 2 bedroom, 2 bath, \$1095. Creekside Meadows, 1750 Arnold Way. 619-445-2480.

**ALPINE.** 2 bedrooms and 2 baths, \$1195. \$250 deposit OAC. \$100 off for same-day lease sign! Newly remodeled. Alpine Woods, 1829 Arnold Way. 619-445-1341.

**BALBOA PARK. \$825. 1 bedroom apartment in quiet, picturesque building. Beautiful street! Assigned parking, laundry, patio. No pets. 2449 A Street. 619-549-9542; 858-278-6135.**

**BALBOA PARK.** \$1000. 1 bedroom, 1 bath. Upstairs, on-site laundry facility. Gated entry, across from the park. No pets. 2820 6th Ave #7. Call 619-222-4836x14, www.liveatthebeachnow.com.

**BALBOA PARK/ EAST.** 2 bedroom, 1 bath, \$1250. Forest- like setting. Big balcony. Vaulted ceiling. Remodeled kitchen. Storage. Carport. Secured building. Very quiet. Laundry. Gated community. No pets. 619-347-0003.

**BANKER'S HILL.** \$700-\$800 studios, \$825-\$900 1 bedrooms. Cozy, affordable units in vintage building. Close to park and Downtown. Some utilities paid. Laundry facility. Call for information. 619-234-7572.

**BANKER'S HILL.** \$1275 with garage. 1 bedroom plus den, view, wood floors. Air conditioning/ heating. St. Jean Apartments. 2149 2nd Avenue. By appointment, 619-518-6985; 619-992-7791.

**BANKER'S HILL.** \$875, utilities paid. Studio apartment, corner unit, extra windows, remodeled building, electronic entry. Parking. On-site laundry. 1820 4th Avenue. No pets. 619-300-1365, 619-588-4106.

**BANKER'S HILL.** \$660. Lovely, immaculate studio. Quiet, well- kept classic building designed by Gil. Appliances, gas included. Laundry. Near bus. No pets. 619-280-5177; 619-236-0452.

**BANKER'S HILL.** Downtown/ Little Italy area. Studio apartment. Street parking, air conditioning, on-site laundry. Rent: \$795. Deposit: \$500. 2027 Front Street. Call Mike, 858-490-1600.

**BANKER'S HILL.** \$1695. Large 2 bedroom, hardwood floors. Laundry hookups, appliances, 1/2 garage, covered patio and backyard. Close to Little Italy/ downtown. 2355 Curlew Street. 858-272-9547.

**BANKER'S HILL.** \$900. Huge 1 bedroom, wood floors, parking, laundry, gated. 1822 3rd Avenue (Elm cross street). Indoor pet OK. By appointment, 619-518-6985; 619-992-7791.

**BANKER'S HILL.** 1/2 off 1st! Beautiful gated studios, \$825-\$845. All utilities included! Full kitchen, walk-in closet, built-in dresser, on-site laundry, elevator. Near Downtown! 1747 5th Avenue. 619-702-4887.

**BANKER'S HILL.** \$775. 1/2 off first! Gated studio, hardwood floors, appliances, large closet with built-ins, on-site laundry, 2 blocks from Balboa and more! 401 Juniper Street. 619-300-9487.

**BANKER'S HILL/ DOWNTOWN.** \$1195. 1 bedroom townhouse. Very private. Spacious. Hardwood floors. Laundry. Patio. Free parking. Pets OK. Available 2/ 1. Call Steve, 619-696-7500.

**BANKER'S HILL/ HILLCREST.** \$1075 rent, \$800 deposit OAC. Large 2

bedroom, 1 bath apartment, laundry, no pets, at 2655 First Avenue (at Nutmeg). Agent, 619-299-8515.

**BANKER'S HILL/ LITTLE ITALY.** Studio apartment. On-site laundry, air conditioning. Rent: \$825. 2011 Front Street. Call Mike, 858-490-1600.

**BAY PARK.** 2 bedroom, 1 bath. Small and larger units, \$1150-1250. Includes utilities. \$1000 deposit. Pet negotiable. Parking. Laundry facilities. Westwind Apartments. 619-275-2176.

**BAY PARK/ MISSION BAY.** \$750. Remodeled, large studio apartment. Parking. Paid utilities. No pets. New appliances. New carpet/ paint. Laundry. 3431 Del Rey Street. 619-275-3455.

**BERNARDO HEIGHTS.** \$1575. Sunny, gated, third- floor 2- bedroom, 2- bath condo. Lots of closet space. Pool, tennis, washer/ dryer, garage. Cat OK. 619-913-0107.

**CARLSBAD.** \$1250. Spacious 2 bedroom, 1 bath apartment, completely renovated, beautiful landscaping. Carport, on-site laundry. Close to village/ beach. Lease. Cats OK. www.thepalmsapts.info. 760-505-7736.

**CARLSBAD.** Tiny studio cottage in village, \$795. Completely separate, private. Fenced patio. Parking. Couple of blocks to beach. No dogs. 1- year lease. \$600 security. 760-505-7736. www.lomascenic.com.

**CARLSBAD.** \$1375. 2 bedroom, 1-1/2 bath townhouse- style apartment in small complex. Great view, large deck, 2 parking spaces. 2950 C La Costa Avenue. Leasing Unlimited, Lic#00976056, 760-436-7273.

**CARLSBAD.** \$900. 1 bedroom townhome- style apartment 3 blocks to beach. Large patio, near Tamarack Avenue, secluded garden complex, parking. No pets. 350-370 Chiquapin Avenue. TPPM, 760-729-8132. www.torreyepinespm.com.

**CARLSBAD/ LA COSTA.** \$1595. Large, luxury 3 bedroom, 2 bath in beautiful garden complex with views over La Costa Golf Course. Fireplace, washer/ dryer, air conditioning, pool/ spa/ sauna. 2391 Caringa Way. Alicante Views. TPPM, 760-431-7575. www.alicantevIEWS.com.

**CARMEL VALLEY.** Mention ad for move-in special! 3 and 4 bedroom townhomes from \$1653. Affordable properties. Section 8 welcome. Sorry, no pets. Call 858-793-0951.

**CARMEL VALLEY.** \$100 Visa Gift Card! Per each adult leaseholder for new lease signed by February 14, 2010 (minimum 6 months, with this ad). Affordable luxury living, 1 and 2 bedroom apartment homes. Washer/ dryer. Covered parking. Award- winning school district. State-of-the-art fitness center. Complimentary personal trainer. Heated pool. Tennis courts. Free tennis/ swimming lessons. No pets. 12646 Torrey Bluff Drive, San Diego, 92130. 858-354-2096. www.torrey.cc.

**CHULA VISTA.** \$915. Upstairs 1 bedroom, 1 bath. Hardwood floors, on-site laundry, shared courtyard. Near historic Old Town. Cat OK. 270 #B, Church Street. 619-300-1365.

**CHULA VISTA.** Large 2 bedroom, 2 bath apartment, new carpet, dishwasher, patios. Gated, laundry, off- street parking. No pets. \$1200. \$200-\$600 move- in discount. 619-425-6511.

**CHULA VISTA.** 1 bedroom apartments, \$695/ month. Deposit \$500. All utilities included. Pool, off- street parking. Laundry facilities. Call Park Regency Apartments. 619-422-0792.

**CHULA VISTA. \$775/ month. Low \$150 deposit. 1 bedroom, fully furnished or unfurnished. 2 blocks from Chula Vista Center and trolley. Off- street parking. Laundry room. 521 Park Way. Office open daily (near Fifth and G). Call 619-420-5084.**

**CHULA VISTA.** \$1075. 2 bedroom/ 2 bath downstairs unit, new paint, new carpet, gated, on-site laundry, easy access to freeway. No pets. 210 Quintard Street. 858-483-5111 ext. 30.

**CHULA VISTA.** \$795. 1 bedroom. Beautiful garden courtyard. Controlled access. Very clean. Air conditioning. No

pets. \$400 Move- in Special! **Open Saturday 2:00-4:00. \$400 off Move- in Special!** 540 Naples Street. TPPM, 619-422-5709. www.torreyepinespm.com.

**CHULA VISTA.** \$795. 1 bedroom, 1 bath with **all utilities included!** New paint, flooring. Best deal in South Bay. On-site parking and pool. Clean, quiet, secure. Pool on site. 540 Flower Street. Call Krista: 619-733-6928; or Rachael: 619-804-1044.

**CHULA VISTA.** \$895. 1 bedroom in upscale property with central vacuum and air conditioning. Beautiful garden setting, controlled access parking, no pets. 144 Garrett Avenue. TPPM, 619-585-1959, www.torreyepinespm.com.

**CITY HEIGHTS.** \$775. 1 bedroom. Credit check \$25 fee. Move- in incentives. Gated community. Secured assigned parking. On-site laundry. Pool. New carpet, new appliances. Clean and excellent. Convenient location, close to shops and dining, buses/ transits. Nearby Fay Elementary School and Colina Del Sol Park. No pets. Contact Art at 619-283-9993.

**CITY HEIGHTS.** 2 bedroom, 1 bath. Rehabbed. New carpet, paint, tile. Second- story unit. Parking. Washer/ dryer. Bright. Separate vanity area. \$799. Deposit \$799. 619-281-2989.

**CITY HEIGHTS.** \$1125. Duplex. 3822 47th Street. 2 bedroom, 1 bath. Renovated. New carpet, paint, blinds, drapes. Yard. Parking. No smoking/ pets. Shops, bus. Section 8 OK. 619-275-2648.

**CITY HEIGHTS.** Mention ad for move-in special! Spacious 2 bedroom, 1 bath. Newly refurbished. Quiet gated community, close to everything! Pantry, huge linen/ coat closet. Section 8 welcome. No pets. 4054 Cherokee Avenue. Call 619-527-7724 or email cizardi@sdhc.org.

**CITY HEIGHTS.** Mention ad for move-in special! Quaint 55+ gated community. Around the corner from everything! 1 bedroom, \$790 per month. Section 8 welcome. Sorry, no pets. Call Anna at 619-527-7723.

**CITY HEIGHTS.** Mention ad for move-in special! 1 bedroom, \$793. Downstairs unit. 4164 Altadena Ave. #3. Section 8 welcome. Sorry, no pets. Call Ana at 619-266-3663 for more information.

**CITY HEIGHTS.** \$695. Call about move-in special! Spacious 1 bedroom upstairs apartment. Lots of windows. Hardwood floors. No pets. 5020 Orange Ave. 619-298-7724.

**CITY HEIGHTS.** 1 bedroom, 1 bath apartment, \$650. Assigned parking, tile floors, upstairs, water/ sewer/ trash included, Section 8 OK. 4366 51st Street #7. People Helping Others Property Management, 619-282-5400. peoplehelpingothers.com.

**CITY HEIGHTS.** 2 bedroom, 2 bath apartment, \$850. Water/ sewer/ trash included. Assigned parking, tile floors, A/ C, community laundry. 4316 52nd Street #8. People Helping Others Property Management, 619-282-5400. peoplehelpingothers.com.

**CITY HEIGHTS.** 2 bedroom, 1 bathroom, upstairs, gated unit. Laundry, parking. Available 2/10. 4380 Van Dyke #2. More Property Management, 858-514-8201.

**CITY HEIGHTS.** 1 bedroom, 1 bathroom. \$775 rent. Available 2/10. 4344 Van Dyke Avenue #6. Downstairs unit. Laundry, parking. More Property Management, 858-514-8201.

**CITY HEIGHTS.** \$650. Spacious and clean studio. Brand- new carpet/ paint! Walk-in closet. Section 8 OK! Parking/ laundry on site. No pets. 4216 50th Street. Manager, 619-820-2584.

**CITY HEIGHTS.** 2 bedroom, 1-1/2 bath, \$1250. Large, upper unit with balcony, laundry, parking. 4453 51st Street #4. Agent, 858-560-1178.

**CITY HEIGHTS.** \$745-900. Nice 1 and 2 bedroom apartments. Quiet building. Large rooms. Coin laundry. Cat OK. 4438 Menlo Avenue. Agent, 619-469-7790. www.westmanproperties.com.

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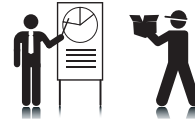
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**DOWNTOWN.** Outstanding furnished rooms, \$450-\$500. Heart of Gaslamp. Shared bathrooms. Community kitchen. Free cable. No pets. Windsor Hotel, 843 4th Avenue. Hughes Management, Lic#955724, 619-239-3808. www.HughesManagement.net.



**DOWNTOWN.** Attractive rooms. Shared rooms. Shared baths. Utilities included. Near City College. \$450-\$595/ month. 719 14th Street. Villa Victoria. Hughes Management, Lic#955724, 619-239-1639 x103. www.HughesManagement.net.



**DOWNTOWN.** Located near Petco Park, Horton Plaza and Gaslamp. The Arthur at 723 Market Street brings the best of Downtown to your doorstep! Studios available, \$750-\$795. Hughes Management, 619-239-1639 x103.



**DOWNTOWN.** 10th Avenue Apartments. Urban 1 bedrooms, \$750/ month. Located near Downtown Library, Horton Plaza and Gaslamp. On-site laundry. Month-to-month rent. Hughes Management, 619-239-1639 x103.

**DOWNTOWN.** Brand new rooms near City College. Single rooms with kitchenettes from \$140/ week, deposit (long-term). Includes utilities/ cable. Quiet, secure. Shared bath/ laundry. Hotel Mediterranean. 619-231-8656. www.hotelmed-sd.com.

**DOWNTOWN.** \$165/ weekly. Nice, furnished rooms, some private baths. Cable/ WiFi. On-site laundry. 24-hour desk. 1450 4th Avenue (at Ash). Mention Reader Special. 619-233-4439.

**DOWNTOWN.** \$565 and up plus deposit. Furnished room available in residential hotel with shared kitchen/ bath. Includes microwave, refrigerator, cable TV. 1545 Second Avenue, between Beech and Cedar. 619-795-1398.

**DOWNTOWN.** Paris Hotel. Stay 5 weeks, get 6th week free! Fully furnished studios. Small, quiet hotel. Private bath. From \$175/ week. 759 4th Avenue. 619-238-1833.

**DOWNTOWN.** \$775. Studio. Move-in special! All utilities included! Laundry, street parking. No pets. Close to Balboa Park. 1758 6th Avenue. Agent, 619-298-7724.

**DOWNTOWN.** \$1750. Treo. Gorgeous condo with large loft bedroom. Granite counters, stainless steel appliances, all amenities. No pets. 1240 India St. #300. Agent 619-469-7790, www.westmanproperties.com.

**DOWNTOWN.** 777 Lofts. \$1575. **Move-in special!** Incredible 1 bedroom loft across from The Ivy. Best rental loft/ condominiums, one block to Downtown's popular 5th Avenue. Washer/ dryer. Small pet considered. **A must see!** TPNM, 619-564-7864, or stop by 777 6th Avenue at F Street. www.torreyepinespn.com.

**DOWNTOWN/ BALBOA PARK.** \$219 and up/ week. Very nice budget hotel. Microwave, small refrigerator, free cable and Wi-Fi, laundry. 1840 Fourth Avenue (at Fir). 619-236-1600.

**DOWNTOWN/ CORTEZ HILL.** Studio, \$795. Move-in special. Limited access building, charming, quiet, residential neighborhood. Utilities paid. On-site laundry. No pets. EOH. Call 619-299-8746.

**DOWNTOWN/ EAST VILLAGE.** \$600. Charming studio. Laundry facilities. Ceiling fan. Large closets. Quiet building. Easy downtown/ freeway access. Street parking. No pets. Available 2/1. 619-231-7456.

**DOWNTOWN/ GASLAMP.** Las Flores Hotel. Small, quiet. \$125/ week and up. Four-week minimum. Color TV with basic cable. Refrigerator in most rooms. Secure. 619-235-6820.

**DOWNTOWN/ GASLAMP.** Move-in specials. Live/ work lofts in heart of The Gaslamp! Roof decks with barbecue. Laundry on every floor. Parking available. Seven locations Downtown. Select pets OK. Visit loft leasing office: 315 Fourth Avenue. 619-231-1505 x12. www.trilogymanagement.com. Also visit www.sdrreader.com/news/rent2064.

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Downtown/ Gaslamp. Historic Beamanor, unique urban mini lofts, \$650-\$900. Several sizes, 12' ceilings, brick, hardwood floors, near Horton Plaza. Hardwood furniture available. Paid cable/ electric/ water. Most include sleeping decks. Refrigerator/ microwave included. High-speed Internet available. On-site laundry, barbecue deck, outdoor kitchen. Impeccable renovation. No pets. 927 6th Avenue. Michael, 619-232-1517. beaumanor927@yahoo.com. http://www.sdrreader.com/places/beaumanor.

**DOWNTOWN/ HARBOR SIDE.** \$799. 1 bedroom, 1 bath. Private porch. 1 parking space. Near bay. Harborside trolley. SD Naval Base, General Dynamics. \$500 deposit. 619-233-1700.

**DOWNTOWN/ LITTLE ITALY.** Bright corner studio apartment, \$895. 9' ceilings. Nice kitchen. Ideal location. Secure, quiet building with laundry. 1534 Front, near Beech. 619-233-7428.

**DOWNTOWN/ LITTLE ITALY.** From \$800/ month. Private bath, cable TV, microwave, refrigerator. Utilities included. Secure, quiet, charming. Efficiency apartments with laundry. Near trolley/ bus lines, blocks from harbor. On-site manager. Villa Caterina, 1654 Columbia Street. 619-232-3400.

**DOWNTOWN/ LITTLE ITALY.** 3 bedroom, 2.5 bathroom units, \$1800/ month. Available now. Parking available, laundry facilities, on-site staff. Income-restricted property. For details, 619-236-9353. villamaria@baronegalasso.com.

**DOWNTOWN/ NORTH.** \$985. 1 bedroom, large, downstairs, front. Stove, refrigerator, dishwasher. Large, private, fenced patio/ yard area. Small pet OK with extra deposit. Easy freeway access, entry intercom, parking, coin laundry. Available now. 215 West Grape. Del Sol Property Management, Broker, 858-270-2071.

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# Events Calendar

**All About Detox.** Saturday, January 30, 2-3:30pm. Body's natural detoxification system: Effects/ symptoms caused by intoxication. Different detoxification systems. Herbal, Dietary and lifestyle techniques for cleansing and detoxifying. Benefits and dosing regimens involved with typical cleanses and detoxes. Side effects and precautions. Cost \$20, plus 10% off all products during class time. RD Alchemy Natural Products, 2613 Lemon Grove Avenue, Lemon Grove 91945. 619-825-6078.

**Mind, Body Fitness and Wellness Clinics.** Thursday, January 28, 5pm: Fitness class – core strength stability and conditioning mat class. 6pm: Yoga – Hatha Vinyasa mix. 7:30pm: Alternative Wellness Clinic – Acupuncture/Massage/Energy Medicine. \$10 donation for the evening. Kensington Community Church, 4773 Marlborough Drive, San Diego 92116. 619-884-2662.

**Messages with Love from the Other Side.** Thursday, January 28, 7pm. Clairvoyant medium readings by Rev. Roby Warren. Requested donation: \$15. Celebration Center for Spiritual Living, 5820 Oberlin Drive #108, San Diego 92121. 858-320-0090.

**Law of Attraction.** Wednesday, February 3, 7pm. Lita MacDonald instructs on "how to do, be, or have anything that you desire through the use of raja yoga (breathing meditation) and visualization techniques" during workshop based on book *The Law of Attraction: The Teaching of Abraham*. Vision Center for Spiritual Living, 11260 Clairemont Mesa Boulevard, San Diego 92124. 619-303-6609.

**Why Go Organic?** Saturday, January 30, 9:30am-12:30pm. Local gardening expert Connie Beck divulges basic principles for creating a wildlife habitat in your own backyard during "Gardening Nature's Way: Create an Organic Wildlife Oasis." Go organic for "a more beautiful garden than you ever dreamed possible. Admission \$25-\$35. Water Conservation Garden, 12122 Cuyamaca College Drive West, El Cajon 92019. 619-660-0614 x10.

**Connect to the Natural World.** Saturday, January 30, 9:30am. Trail guide-led nature hike promises facts and stories of park's geology, ecology, flora, fauna, history, culture. Admission free. Mission Trails Regional Park, One Father Junipero Serra Trail, San Carlos 92119, 619-668-3281.

**Group Meditation & Discussion.** Thursday, January 21, 7pm. Learn how to deal with stress, anxiety, anger, sadness and depression by developing a meditation practice. Free. Buddha For You, 619-582-1100 or [buddhaforyoutwo@gmail.com](mailto:buddhaforyoutwo@gmail.com).

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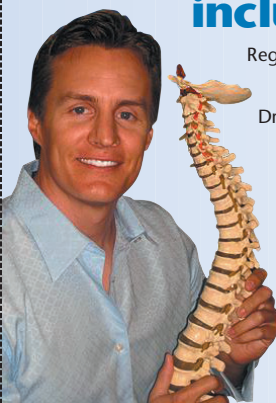
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PICTURE STORY

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John Stewart Harbison, c. 1870s. The Pennsylvania beekeeper brought his first shipment of bees to California in 1857. He settled near Sacramento and had such success that many others tried their hand at honey production. “The California newspapers called it the ‘bee fever,’ stating that every steamship arriving in San Francisco had beehives piled on its decks,” according to a 1969 *Journal of San Diego History* article.

Harbison eventually came to San Diego and formed a partnership with an R.G. Clark. “By 1873 they...produced over 30 tons of comb honey.... “In the spring of 1874, Harbison moved with his wife and daughter, Florence, to San Diego County, taking up a homestead near the Sweetwater River 23 miles from San Diego in a little valley now known as Harbison Canyon.” — by Robert Mizrachi

You can purchase this photo and many more at the San Diego Historical Society Research Library or online at [www.sandiegohistory.org](http://www.sandiegohistory.org). For more information, call 619-232-6203, ext. 127.

**DOWNTOWN/ SHERMAN HEIGHTS.** Charming, small studio, 300 square feet, tile, bathroom, parking. Close to downtown. Bright, private. \$525 rent, \$525 deposit. Military discount. Section 8. \$100 signing bonus. 619-368-9410.

**EAST SAN DIEGO.** \$710. Spacious 1 bedroom, upstairs, in our lovely, small, gated community. On-site laundry. Assigned parking. No pets. 4336 Estrella Avenue. 619-298-7724.

**EAST SAN DIEGO.** \$695. Furnished studio alcove apartment. Complete living room, bedroom and kitchen furniture. No SDG&E deposit or hookup fee required. Near 52nd and University. 5101 Towle Court. Close to SDSU. Laundry room. Off- street parking. Low deposit. Call 619-281-9451.

**EAST VILLAGE.** Move- in special! 1 bedroom condo. Walk-in closet, granite, stainless appliances, washer/ dryer, air, balcony, underground parking, gym. \$1650 water/ trash included. 858-277-3410.

**EL CAJON.** \$800. Clean, quiet 1- bedroom apartments. Gated parking. Pool. Laundry room. Barbecue. Stove, refrigerator, ceiling fans. Central air/ heat. Lease. 619-312-0606.

**EL CAJON.** \$900 and up. 2 bedrooms, 1 and 2 stories. Amenities. Pool, park- like grounds, laundry on premises, parking. Near town, shops, bus. 743 South Magnolia Avenue. 619-579-0174 or 619-464-1818.

**EL CAJON.** 1/2 off 2nd month OAC! 1 bedroom, \$750; 2 bedroom, \$850+. Appliances, on-site laundry, air, pool, off-street parking. Lushly landscaped. 294 Ballantyne. **619-334-7934** or 858-703-4932.

**EL CAJON.** Cajon Villas. 3 bedroom, 2 bath: \$1275. 2 bedroom, 2 bath: \$950. 1 bedroom, 1 bath: \$735. Pool. Parking. Air conditioning. Laundry room. No pets. Available now. 933 Peach Avenue. 619-447-9193.

**EL CAJON.** \$1100: 2 bedroom, 1-1/2 bath townhome. \$400 deposit. New paint, appliances, carpet. Small yard. Small gated community. Laundry facilities. Pool. No pets. Available now. 1397 East Washington. 619-593-6602. [www.strafordarmsapts.com](http://www.strafordarmsapts.com).

**EL CAJON.** Spacious apartments. 2 bedroom, upstairs, \$980, \$600 deposit; available now. Pool, on-site laundry, assigned parking, freeway close. Pets welcome! Anabel Court Apartments, 303 East Madison Avenue. Ask about our move- in specials! 619-579-5640.



**EL CAJON.** \$1195. First month free on approved credit application with 1- year lease. 520 Grape Street #B. 3 bedroom, 2 bath triplex. Tiled throughout, new paint, all appliances, air conditioning, small backyard, laundry on site. Water and trash paid. Section 8 OK. 619-698-6911. [www.goldenmanagement.com](http://www.goldenmanagement.com).

**EL CAJON.** \$750-\$800. 1 bedroom, 1 bath. New carpet, coin- operated laundry and pool. On-site manager “Brian,” 619-456-5663. Move- in special 1/2 off 1st month’s rent O.A.C. Available now! 506 Emerald Avenue #1 and #12. [www.AMGSD.com](http://www.AMGSD.com). 619-295-1165.

**EL CAJON.** \$1150. 2 bedroom, 1.5 bath, 2- story condo. Near all. Gated, private access to pool. On-site laundry. Covered parking. Section 8 OK. 858-277-6502.

**EL CAJON.** 1/2 off 1st! Charming, secluded 1 bedroom, 1 bath, \$675. A/C, ceramic floors, refrigerator, ceiling fans, off- street parking. Cat OK. 1327 Broadway. 619-804-3325.

**EL CAJON.** 1/2 off 1st! 1 bedroom, 1 bath, \$795. Upper unit, central A/C, balcony, laundry, pool, BBQ, eat- in kitchen, near all. 798 McClure #16. 619-804-3325.

**EL CAJON.** \$705. 1 bedroom in most attractive, well maintained property with beautiful courtyard. Gated access and quiet location. **\$250 Move- in Special!** 340 Orlando. TPPM, 619-818-9939, [www.northwindapts.com](http://www.northwindapts.com).

**EL CAJON.** \$705. 1 bedroom in beautiful property with sparkling pool. Walk to courthouse and Main Street shopping. A must see! No pets. **\$199 Deposit!** 163 Ballantyne Street. TPPM, 619-579-6248, [www.tradewindsapts.info](http://www.tradewindsapts.info).

**EL CAJON.** 1/2- off February rent! Spacious 2 bedroom, 1.5 bath townhome. Refrigerator, stove/ oven, dishwasher, microwave, washer, dryer. Community pool, spa. One assigned parking. 445 S. Lincoln. \$1050/ month. Agent, 619-471-2201.

**EL CAJON.** \$815. 2 bedroom, 1 bath. 3 bedroom, 1.5 bath, \$945. Very clean, great location with on-site parking and laundry. 432 Dominguez Way. TPPM, 619-405-4500. [www.torreypinespm.com](http://www.torreypinespm.com).

**EL CAJON.** Fully renovated, high-end luxury apartments. 2 and 3 bedrooms from \$1250. All stainless steel appliances, granite countertops, cherry wood cabinets and stackable washer and dryer. Call Sherry, 760-845-3468.

**EL CAJON.** 2 bedroom, 2.5 bath condo. \$1395. Deposit \$1095. 2- car garage and space upgraded. Available to move in now. 1268 square feet. 514 Jamacha Road, #25J. 619-220-4840. [v@sdcpm.net](mailto:v@sdcpm.net).

**EL CAJON.** Gated community park. Trailers for rent, different sizes. From \$550-\$850. Plus utilities/ deposit. Conveniently located, close to trolley, bus, shopping. No pets. 619-933-5189.

**EL CAJON.** \$725. 1 bedroom in fabulous pool/ courtyard complex. Super clean apartments. No pets. 314 Wisconsin Street. TPPM, 619-742-7600, [www.palmestates.info](http://www.palmestates.info).

**ENCANTO.** Mention ad for move- in special! Beautifully terraced garden community. Large 2 and 3 bedroom floor plans from \$1039! Section 8 welcome. Sorry, no pets. Call Anna at 619-527-7723.

**ENCINITAS.** \$2095. Spacious 2 bedroom, 2 bath apartment. Close to beach, restaurants and shops. Just remodeled! Laundry on site. 1- year lease. No pets. 843 4th Street. 760-753-6575.

**ENCINITAS.** 1 bedroom, \$1185. 2 bedroom, 2 bath, \$1375. Patio or balcony. Small complex. Assigned parking. Laundry. New paint. Bright, airy. Garden setting. 1 block to beach. Close to shopping, freeway, Coaster. No pets/ smoking. 760-929-1950.

**ENCINITAS/ LEUCADIA.** \$2900. 2 bedroom, 2 bath luxury duplex. Steps to beach, best area. All new/ remodeled. Pool, wood floors, fireplace, washer/ dryer. Huge deck with ocean view. No pets. 1571 Neptune Drive. TPPM, 760-436-6441. [www.torreypinespm.com](http://www.torreypinespm.com).

**ESCONDIDO.** 1 and 2 bedroom apartments starting at \$775/ month. Call 858-748-7516.

**FASHION VALLEY.** \$975. 1 bedrooms. \$1100. 2 bedrooms. Large apartments. Huge walk-in closets. Dishwashers. On-site parking. Balcony. Pets considered. 5720 Gaines Street. 619-299-3477.

**FASHION VALLEY.** 5946 Lauretta Street. 2 bedroom, 1.5 bath. Modern appliances, cedar closets, off- street parking, on-site laundry, \$1200. 619-296-6699, [www.centrecity.net](http://www.centrecity.net).

**FASHION VALLEY.** \$985. Remodeled, large 1 bedroom condo. No pets. Parking. Gated. Walk-in closet. New carpet. Dishwasher. Balcony. Pool. Gym. 6780 Friars Road, #316. 619-275-3455.

**FASHION VALLEY/ USD.** \$1150 rent, \$800 deposit OAC. Walk to USD! 2 bedroom, 2 bath, laundry, parking, no pets, at 1330 Eureka Street #7, #18 or #35. Agent, 619-298-5820.

**FASHION VALLEY/ WEST.** \$1395. Open house Saturday and Sunday, 11am- 4pm! 2 bedroom, 2 bath with extra room!

Washer/ dryer hookups! Parking! Near USD! Minutes to the beach and much more! 5845 Lauretta Street #1, 5865 Lauretta Street #8. No pets. Call 619-222-4836x14, [www.liveatthebeachnow.com](http://www.liveatthebeachnow.com).

**GOLDEN HILL.** Charming 1 bedroom, 1 bath. \$850/ month. Hardwood floors. Great neighborhood, on-site laundry. No dogs. Available now. 2412 E Street. 619-857-3706.

**GOLDEN HILL.** Charming 1 bedroom, 1 bath. \$775/ month. Hardwood floors. Great neighborhood, on-site laundry. No dogs. Available now. 2421 E Street. 619-857-3706.

**GOLDEN HILL.** \$765/ month, \$700 deposit. 1 bedroom. Near all freeways. All new paint, carpet, wood blinds throughout. Free laundry, 1 off- street parking. Credit check, \$15. 2851 C Street (behind 2849 C). Available now. Nonsmoking. No pets. 619-213-2706.

**GOLDEN HILL.** \$1200. Huge, dramatically beautiful, restored Craftsman. 1 bedroom/ astounding harbor view. Huge attic for storage. Dining room, maple floors, birch doors, original Douglas fir trim around doors/ windows. No pets. 619-280-5177.

**GOLDEN HILL.** \$1400. 3 bedroom, 1 bath townhome. Contemporary setting, fully remodeled. Upstairs patio. 1300 square feet. Minutes to downtown. Garage. Laundry facility. 3039 Broadway. 619-247-7327.

**GOLDEN HILL.** \$850: 1 bedroom, 1 bath. \$1150: 2 master bedrooms, 2 baths. 2 weeks free— 2nd month. Appliances, elevator, laundry, parking. Small pet OK. 1010 33rd Street. 760-724-0558.

**GOLDEN HILL.** Charming 1 bedroom Victorian. Wood floors, high ceilings. Deck. Yard. Laundry. Secured entrance. \$900. 2449 G Street. #4. 858-568-5081.

**GOLDEN HILL.** \$1450. Huge 3 bedroom 2 bath, 1335 square feet. Upstairs. Washer/ dryer hookups. Convenient location. No pets. 2806 B Street. Agent, 619-469-7790 [www.westmanproperties.com](http://www.westmanproperties.com).

**GOLDEN HILL/ DOWNTOWN.** Studios and 1 bedrooms, \$795-\$850. Most with hardwood floors, decorator colors, on-site laundry, in historical buildings. On bus line. Pets considered with deposit. 619-231-8723.

**HILLCREST.** \$200/ week and up. Refrigerators, cable TV and HBO. Embassy Hotel, 3645 Park Boulevard, San Diego 92103. 619-296-3141.

**HILLCREST.** Spacious 2 bedrooms from \$1295. Fireplace, spa, gym, intercom and elevator. Sorry, no pets. Hillcrest Summit, 4134 4th Avenue. See photos at [www.wexfordliving.com](http://www.wexfordliving.com). Call 619-299-0047.

**HILLCREST.** \$1195. 1 bedroom, 1 bath cottage. Freshly painted, hardwood floors, washer/ dryer hookups, private yard, shared garage with off- street parking space included. Near bus line to Downtown. Cat OK. Available now. 3308- 1/2 Reynard Way. Agent, 619-298-7232. [www.sbayproperties.com](http://www.sbayproperties.com).

**HILLCREST. First month free with year lease!** Studios: \$795-\$850. 1 bedrooms: \$950. 24- hour laundry room, barbecue, Jacuzzi. Cats OK with deposit. Nightingale Apartments, 619-295-4351.

**HILLCREST.** Hillcrest Palms. Senior complex, 55+-. \$800. 1 bedroom apartments. Gated community. Convenient location. Near hospitals, restaurants, shopping. No pets. 4042 Albatross Street. 619-574-0784.

**HILLCREST.** \$1350.00. Quiet, deluxe. 2 bedroom, 2 bath. Fireplace, all appliances, washer/ dryer hookups. Private Garage. 1 Cat OK. Close to downtown, zoo, restaurants, major freeways. 4048 Alabama St. Available approximately mid-February. 619-269-5237.

**HILLCREST.** \$925. 1 bedroom, remodeled. Stove, refrigerator, dishwasher, microwave, coin laundry. In the heart of Hillcrest. Cat OK with extra deposit. Available now. 3730 First Avenue. Del Sol Property Management, Broker. [www.delsolpm.com](http://www.delsolpm.com). 858-270-2071.

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**HILLCREST.** \$1175. 1 bedroom, large, downstairs. Formal dining room with built-in buffet. Stove, refrigerator, coin laundry, small garage, and wood floors. Cat OK with extra deposit. On the park. Available now. 1632 Upas. Del Sol Property Management, www.delsolpm.com. 858-270-2071.

**HILLCREST.** \$1275. 2 bedroom, 2 bath condo. Washer/ dryer inside unit. Fireplace. Air conditioning. Street parking. Water/ trash paid. 1234 Robinson Avenue. No pets. 619-225-8909.

**HILLCREST.** \$950. 1819 University Avenue (behind The Crypt). Cottage. 1 bedroom, 1 bath. Breakfast nook, carpet, gas stove, laundry room shared with tenants. Street parking (we offer some spaces no charge, first come, first served). No pets. Phillips Realty, 619-291-6686.

**HILLCREST.** \$1250. 3843 Park Boulevard. Second floor (The Crypt is downstairs). Renovated 2 bedroom, 1.5 bath. Full bathroom, new ceramic- tiled. Half bath ceramic- tiled. New blinds. New light fixtures. Gas stove. Laundry room shared with tenants. Street parking. We offer some first come, first served spaces, no charge. No pets. Available now. Phillips Realty, 619-291-6686.

**HILLCREST.** \$1250. 2 bedroom, 2 bath Senior (62+) or disabled available now. Elevator. Parking. Close to public transportation, shops and freeways near. Small pet (25lbs) with deposit. Hillcrest Regency, 1050 Essex Street. Ask about our Move- In Special. Call Daniel, 619-294-4146.

**HILLCREST.** 1 bedroom, 1 bath. Secure building, laundry on site, parking. Small dog OK. Rent: \$980, 1033 Robinson. Call Rachel, 619-295-1210.

**HILLCREST.** 2 bedroom, 1 bath. Parking, storage, laundry on site. Sorry, no pets. Rent: \$1250. 4226 Cleveland Avenue. Call Kenny, 619-255-4944.

**HILLCREST.** \$1000. 1 bedroom, 1 bath. In a beautifully landscaped, gated property. Hardwood floors. Laundry on site. A must see! Available 2/5. 3718, 3724-1/2 Park Boulevard. Elisa, 619-295-1100. www.cethron.com.

**HILLCREST.** \$750. Cozy studio, with lots of tile, on-site laundry. Great location. Near bus lines. No pets. 3878-1/2 Park Blvd. Agent, 619-298-7724.



**HILLCREST.** \$850/ month. First month free on approved credit application with 1- year lease. Charming 1 bedroom, 1 bath. New carpet/ paint. All utilities paid. Near Downtown. 129 Brookes. 619-698-6915. www.goldenmanagement.com.

**HILLCREST.** Studios, 1 and 2 bedrooms available at Sleepy Hollow Apartments. Rent from \$800-\$1375. Pool, recreation room, off- street parking, scenic views, cats OK. 4201 Sixth Avenue. 619-296-6699. www.centrecity.net.

**HILLCREST.** Studio, \$795. Move-in special. Lovely garden courtyard with fountain. Walk to Uptown Village. Hardwood floors, blinds, on-site laundry. Cat OK. EOH. 619-299-8746.

**HILLCREST.** 2 bedroom, 2 bath condo, \$1895. Pets OK. Stainless steel appliances, fireplace, water/ sewer/ trash included, covered parking. 1756 Essex Street #309. People Helping Others Property Management, 619-282-5400, peoplehelpingothers.com.

**HILLCREST.** \$875. First month free with lease! 1 bedroom. Senior, 62 plus. Best deal in Hillcrest! Come make new friends at the ParkView Robinson Senior Complex. Units are painted in designer colors. Range, refrigerator, ceiling fan and air conditioning included. Bedroom has a walk-in closet. There is an activities room, elevator, and on-site laundry. Building is gated with intercom. \$300 deposit. We welcome Section 8 participants. 1220 Robinson Avenue, San Diego, CA 92103. Cats and small dogs OK. Contact the resident manager at 619-291-7284, scott@hendershawandassociates.com.

**HILLCREST.** Studio, \$775. Ask about our Move-in Special! Great floor plans, easy freeway access. 4124 Campus Avenue. 619-793-4013.

**HILLCREST.** \$1050. Spacious 2 bedroom, 1 bath, upstairs. Brand- new paint and flooring throughout! Laundry on site. Quiet complex! Cat considered. 4274-78 Campus Avenue. Manager, 619-820-2584.

**HILLCREST.** \$1025 rent, \$800 deposit OAC. Large 2 bedroom, 1 bath, parking space, laundry, no pets, at 3745 7th Avenue #5. Agent, 619-299-8515.

**HILLCREST.** 1 month free! Extra large studio, \$825. Wood floors, full kitchen, laundry. Near Balboa Park. Pet negotiable. 2311 4th Avenue. 619-804-2654.

**HILLCREST.** 2 bedroom, 2 bath available now. Upgraded, garage and on-site laundry. 1268 Pennsylvania Avenue. No

pets. \$1300. 619-501-5866. www.poseidonproperty.com.

**HILLCREST.** 1 and 2 bedrooms from \$950. Spanish- style Vintage building. Gated, garden courtyard. Onsite laundry. Cat OK. 3924 8th Avenue. 619-298-2069.

### Seniors 62+

Hillcrest. \$1100. Attractive senior complex. Extremely large 2 bedroom, 1-1/2 bath. Dishwasher, self- cleaning oven, air conditioning. Brand new condition. Park- like grounds, peaceful living. Sheltered patio, laundry on premises, controlled entry. Near bus and shops. 4574 Campus Avenue. No pets. 858-703-4932 or 619-461-9415.

**HILLCREST/ BALBOA PARK.** \$1395. Large 2 bedrooms. On-site laundry, 1 off- street parking space. Sorry, no pets. 3511 6th Avenue at Upas. 619-400-6881.

**HILLCREST/ BANKER'S HILL.** \$865. Studio with full kitchen, upstairs. Stove, refrigerator. Shared courtyard, gated entry, coin laundry. Cat OK with extra deposit. Available 2/25/10, 3502 First. 858-270-2071. Manager Michael, 619-296-1918; mtcerda@pacbell.net.

**HILLCREST/ MISSION HILLS.** \$1275. Move- in special! Great location! Large 2 bedroom, 2 bath. Security gated. Balcony. Elevator. Dishwasher. Quiet. Parking. Laundry. 4063 Albatross. 619-543-0455.

**HILLCREST/ MISSION HILLS.** \$895 rent, \$800 deposit OAC. 1 bedroom with balcony, new carpet, parking space, laundry, no pets, at 4030 Front Street #11. Agent, 619-299-8515.

**HILLCREST/ MISSION HILLS. \$695- \$775. Low \$150 deposit. Fully furnished studios, alcoves, in excellent hillside location. Free basic cable. 1616 Guy Street. 619-298-6242.**

**HILLCREST/ NORTH PARK.** \$1175 rent, \$800 deposit, OAC. Large 2 bedroom, 2 bath, hardwood floors, parking, no pets at 1930 Georgia Court #9 and #21. Agent, 619-501-5542.

**HILLCREST/ NORTH PARK.** \$875 rent, \$800 deposit OAC. Large 1 bedroom, new carpet, parking, laundry, no pets at 1930 Georgia Court #24. Agent, 619-501-5542.

**IMPERIAL BEACH.** 1 bedroom apartment, stove, refrigerator. \$895-\$995. 2 bedroom \$1450. Feet from the beach. Pets negotiable. Laundry facilities. Off- street parking. Conveniently located. 619-424-9233.

**KEARNY MESA.** 1 and 2 bedrooms, \$850-\$1195. Large upper/ lower units, balcony, parking, laundry and pool. Near Mesa College, freeways. No pets. Agent, 858-576-6396.

**KENSINGTON.** \$825. 1 bedroom, downstairs. Gated complex. Stove, refrigerator, carpets. Off- street parking. Laundry facilities. Water/ trash paid. No pets. Available now. 619-971-1145; 619-579-8027.

**KENSINGTON.** \$1245. Very large 2 bedroom, 2 bath. Corner apartment in security building. All amenities, parking, on-site laundry. Garage also available. Sorry, no pets. 619-548-1826.

**KENSINGTON.** \$1195. 2 bedroom, 2 bath apartment. 1 parking space. Balcony. Upper corner unit. Walking distance to shops/ dining. 4656 Edgeware Road #7. 858-483-3534. www.cal-prop.com.

**KENSINGTON.** 1 bedroom, 1 bath: \$950. 2 bedroom, 2 bath: \$1195. Ask about move-in special! Gated, shared garage parking, and on-site laundry. Air conditioning. No pets. 4101 Park Place. Call Mike, 858-490-1600.

**KENSINGTON/ TALMADGE.** \$1200. Spacious 2- bedroom, 2- bath apartment. Condo- quality building. Washer/ dryer included. Fireplace. Carport. No pets.

4444 Highland Avenue. Agent, 619-469-7790. www.westmanproperties.com.

**LA JOLLA.** \$1295. Studio. Includes utilities. Block to bus, beach, Starbucks, restaurants. UCSD and Scripps by bus or bicycle. Living room, kitchen. Appliances. Walk-in Closet. Laundry. Pets ok. 858-336-0252.

**LA JOLLA.** \$1800. 2 bedroom, 2.5 bath condo. 2 parking. Granite counters, stainless appliances, washer/ dryer in unit, balcony. Complex has pool. Pet OK with additional rent and deposit. 3989 Nobel Drive #358. 858-483-3534. www.cal-prop.com.

**LA JOLLA.** 396 Kolmar Street. Studio 2 blocks from beach, big closets, eat- in kitchen, on-site laundry, off- street parking. Cats OK. \$1050. 619-296-6699. www.centrecity.net.

**LA JOLLA.** \$1495. Spacious 2 bedroom, 1 bath apartment. Near Windansea. Fresh paint. New carpet. Gas stove, refrigerator. 436 Rosemont Street. Shore Management, 858-274-3500, shoremgmt.com.

**LA JOLLA.** \$1050. Spacious studio. Complete upgrade. Granite counter, stainless steel appliances. On-site laundry and parking. 3136 Via Alacante. Call Rachael, 619-804-1044.

**LA JOLLA.** Beautiful 1 bedroom, 1 bath, \$1295. New laminate flooring, custom paint, appliances, laundry. Walking distance to many shops and UCSD! 1125-A Torrey Pines. 619-804-3325.

**LA JOLLA.** Bungalow- style studio, \$995. Appliances, eat- in area, fenced patio, blocks from ocean and UCSD. Cat OK! 445 Ravina Street #A. 619-804-3325.

**LA JOLLA/ UTC.** \$1700. 3 bedroom, 1.5 bath, 2- story condo. Canyon setting, large yard, pool, 1 carport parking, washer/ dryer. No pets. 4308 Caminito Del Zafiro #69. 858-483-3534. www.cal-prop.com.

**LA JOLLA/ VILLAGE.** \$1140. 1 bedroom, 1 bath unfurnished apartment. Appliances. Laundry. Bright and airy. Cat OK. Garden complex. 7417 Herschel Avenue. 858-459-8789. Cell: 323-365-8084.

**LA JOLLA/ WINDANDSEA.** \$1485. 2 bedroom, 1 bath, large, upstairs front unit in 5-plex. Large, private balcony. Stove, refrigerator, dishwasher, microwave, coin laundry, parking. Near Windansea Beach. Cat OK with extra deposit. Available now. 6231 La Jolla Boulevard. Del Sol Property Management, www.delsolpm.com. 858-270-2071.

**LA JOLLA/ WINDANSEA.** \$1595. 2 bedroom, 1 bath. Large, upstairs front unit. Remodeled. Stove, refrigerator, dishwasher, microwave. Large, private balcony; garage with opener. Quiet cul-de-sac near Windandsea Beach. Cat OK with extra deposit. Available now. 6236 Dowling. Del Sol Property Management, Broker, www.delsolpm.com. 858-270-2071.

**LA MESA.** 1 bedroom, 1 bath starting at \$750 plus \$25 credit check fee and deposit. Nice and clean. New carpet, new appliances, gated with community pool. Near SDSU area. Within walking distance from local stores, bar, etc. No pets. Keeney Plaza Apartments. 5010 Keeney Street, 91941. Contact Robaia, 619-698-0777.

**LA MESA.** 1/2 off first month's rent. \$725 and up. 1, 2, and 3 bedrooms available. Laundry room, pool, parking. Water/ trash included. 619-466-6149.

**LA MESA.** Huge apartment homes in great La Mesa neighborhood. Storage space. Near shopping and public transportation. 1 bedroom, 1 bath, \$925. 2 bedroom, 2 bath, \$1095-\$1195. 2- bedroom townhouse, \$1195 and up. Community pool, laundry, covered parking. 619-697-3285. For photo, floor plans, map and directions, see website: www.sdreader.com/news/rent1035.

**LA MESA.** Newly remodeled affordable apartment. 2 bedroom and 1 bath. Brand new interior features: Flooring (carpet and vinyl), paint, windows, cabinets, stove (gas). Quiet cul-de-sac location,

# Typo Patrol Results

Issue of January 21, 2010

## Under the Radar

p.6 including *should* be included

## Fast Break

p.19 "Fallbrook *should* be Fallbrook

## Events listings

p.67 El North *should* be El Norte

p.74 Turquoise, *should* be Turquoise

## Music listings

p.96 Waddles *should* be Waddle's

## Everyone's a Critic

p.103 Gatlin *should* be Gatling

**Armin Moths (San Diego) \$60**

## Diary of a Diva

p.20 GrandmÈre *should* be Grandmère

## I Seek Knowledge of the Real World

p.30 , " *says should* be , " says

## Gather No Moss

p.64 next *should* be last

## Events listings

p.75 "FlexAbility *should* be "FlexAbility

**Linda J. Cox (San Diego) \$40**

You must send in a copy of the printed error — either the actual page or a copy (including page number). Exceptions: direct quotations, slang, colloquialisms, house/writer style idiosyncrasies. Exempt: ads, blogs, user reviews, movie showtimes, puzzle results, and letters to the editor. Submissions accepted until Monday at 7 a.m. after the issue in question. First identification of error wins \$10 or a Reader T-shirt (indicate preference). Winnings limited to \$300/year per household. Mail to: Typo Patrol, SD Reader, Box 85803, San Diego, CA 92186; or fax to 619-231-0489; or deliver to 1703 India Street in Little Italy (we have an after-hours mail slot).

playground, business computer center. After- school program, job training and resume assistance (coming soon), mommy and me yoga classes (coming soon). Income restrictions apply. Call for details. Se habla espanol. Village Green, 4150 Bonillo Drive, San Diego, CA 92115. 619-583-7236. www.-villagegreen@conam.net.

**LA MESA.** \$1150. 1 bedroom (Lake Park Condos), top floor, lots of sun, private balcony, all amenities. Next to pool. Available immediately. 5704 Baltimore Drive #322. 858-212-3636.

**LA MESA.** Mellmanor Apartments. \$890/ up, 1 bedroom. \$1210/ up, 2 bedroom. Across Grossmont Center, trolley, Costco. Quiet, spacious units. Pools. 8750 Mellmanor Drive. 619-461-1940.

**LA MESA.** Villa Morocco. 1 bedroom, starting at \$870. 2 bedroom, \$1190. Spacious. Near Grossmont Center. Great neighborhood. Near all. 5545 Morro Way. 619-589-8854.

**LA MESA.** \$1195. 2 bedroom, 2 bath large apartment. 1250 square feet. 1 month rent free. Spacious downstairs and upstairs units. Air conditioning, pool, coin

laundry. 1 parking. No pets. 8600 Lemon Avenue #12 and #4. 858-483-3534. www.cal-prop.com.

**LA MESA.** \$775. Spacious studio. New carpet and vinyl. Large closets, patio. Garage and utilities included. On-site laundry. Call 619-462-1550, www.sdaptbrokers.com.

**LA MESA.** Move- in special. 1 bedroom, \$995. On-site laundry. Parking. Easy freeway access. 5027 Guava. Call Tami: 619-244-3115 or 858-490-1600.

**LA MESA.** 1 bedroom, 1 bath. On-site laundry. Pool, gated, parking. New rent: \$835. 1/2 off first month's rent. 4905 73rd Street. Call: 619-697-8458.

**LA MESA.** 1 bedroom: \$825. 2 bedroom, 2 bath: \$1050. Parking, on-site laundry, pool. 5436 Vincetta Court. Call Sarka, 619-417-4964.

**LA MESA.** 1 free month with one- year lease! 2 bedroom, 2 bath, \$1150/ month with \$500 deposit. Storage. No pets. \$25 credit. 5435 Morengo Avenue. Call 619-698-7926. www.villaknollsapts.com.

**LA MESA.** 1 free month with one- year lease! 1 bedroom, 1 bath, \$925/ month

with \$450 deposit. Storage. No pets. \$25 credit. 5435 Morengo Avenue. Call 619-698-7926. www.villaknollsapts.com.

**LA MESA.** Studio, \$780/ month with \$350 deposit. 1 free month with one- year lease! Storage. No pets. \$25 credit. 5435 Morengo Avenue. Call 619-698-7926. www.villaknollsapts.com.

**LA MESA.** Spacious 2 bedroom, 2 bath. Dishwasher, central heating/ air, park-like setting, pool, views. Near 94, 125 and 8 Freeways. Pets welcome. 619-204-0610.

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San Diego Reader January 28, 2010 143



# Rental Communities Directory



## Apartment Homes Starting at \$1265

**\$0 Deposit OAC**

[www.gables.com](http://www.gables.com)



**GABLES  
POINT LOMA**

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San Diego, CA 92106



**619-223-6577**

### RESIDENCE FEATURES:

- City and bay views • Heated resort-style pool • Stainless steel gourmet appliances
- Custom Euro-style cabinetry • Bamboo laminate floors • Sculpted carpet in bedrooms • Barbecue • Fire pit and lounge area • Air conditioned comfort
- Oversized hot tub • Fitness center • Covered parking available
- Pet-friendly



## Downtown live/work lofts

- Several downtown locations • Roof decks with BBQ
- Laundry on every floor • Parking available
- Most pets allowed



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[www.trilogymanagement.com](http://www.trilogymanagement.com)

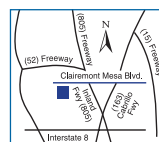
Leasing office: 315 4th Avenue  
619-231-1505 ext. 12

## Weekly starting at \$300 Studios starting at \$895/mo.

- Free continental breakfast buffet ➤ Free maid/linen service!
- No lease! ➤ Free utilities!

- Heated pool and spa
- Laundry facilities
- Microwave ➤ Refrigerator
- Easy freeway access ➤ Centrally located
- High-speed Internet service

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SUITES  
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### California Suites Hotel

5415 Clairemont Mesa Blvd.  
San Diego, CA 92117

**1-888-475-7147**

[www.californiasuiteshotel.com](http://www.californiasuiteshotel.com)

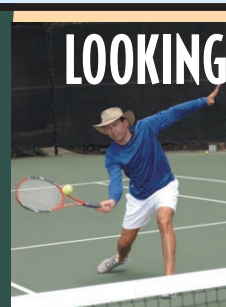
Rates subject to change.



	Property Name	Phone	Starting rate	Bedrooms	Short-term/Corporate	W/D in unit	Laundry Facility	Balcony/Patio	Pets	Pool	Covered Parking	Fitness Center
1	Gables Point Loma	619-223-6577	\$1265	1, 2	■		■		■	■	■	■
2	Trilogy	619-231-1505 ext. 12	CALL	S, 1, 2	■		■	■	■		■	
3	California Suites Hotel	888-475-7147	\$895	S	■		■			■		
4	The Club Torrey Pines	866-354-2096	CALL	1, 2, 3	■	■	■	■		■	■	■
5	Bay Pointe	888-451-8713	\$895	S, 1, 2	■		■	■	■	■		■
6	Albert's College	800-760-5518	\$899	S, 1, 2, 3	■		■	■		■	■	
7	Village Green	619-583-7236	CALL	2			■	■		■		

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## LOOKING FOR AFFORDABLE LUXURY LIVING?

The Club Torrey Pines is a pleasant place to call home. We are nestled in a quiet neighborhood of Carmel Valley.

### \$100 Visa Gift Card!

Per each adult leaseholder for new lease signed (minimum 6 months) by Feb. 14, 2010. Valid with this ad.



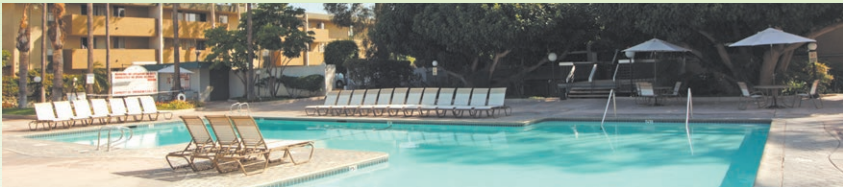




5

## Winter Break Specials!

**Studios \$895 • 1 bedrooms \$1195 • 2 bedroom/2 baths \$1495**  
**\$0 deposit OAC. Call for additional January specials.**



Olympic-size pool, 2 spas, 2 basketball courts, 5 lighted tennis courts w/pros, clubhouse & barbecue area, 6 laundry facilities, movie night, heat & A/C, close to freeways, cats welcome, Saturday continental breakfast, new business center

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6

**Under new management**

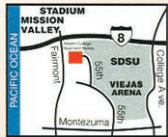


## OMG! GOTTA LIVE @ ALBERT'S COLLEGE APARTMENT HOMES

Over-sized studios, 1, 2, 3 bedrooms starting at **\$899**

- Less than 15 minutes from the beach, downtown and military bases
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- Fantastic city views of San Diego
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7

## NEWLY REMODELED AFFORDABLE APARTMENT!

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**2 BDRM/1 BA**

### BRAND-NEW interior features include:

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- Paint • Windows • Cabinets
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### Community features include:

- Quiet cul-de-sac location
- Playground
- Business computer center

### Resident services:

- After-school program
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Income restrictions apply.  
Call for details.  
Se habla español!

**Village Green**  
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**San Diego, CA 92115**  
**Ph: (619) 583-7236**  
**www.villagegreen@conam.net**



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California's Own Circus!

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Balboa Park  
Feb. 4-15

**El Cajon**  
Westfield Parkway  
Feb. 25-Mar. 8

**National City**  
Westfield Plaza Bonita  
Feb. 18-22

**Vista**  
Hwy 78 at Vista Village Dr.  
March 11-15

**Mira Mesa**  
Mira Mesa Community Park  
March 18-22

**Temecula**  
Temecula Promenade  
March 25-29

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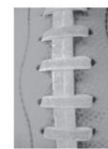
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SAN DIEGO  
**Reader**



## \$25 for \$50 certificate at Casa de Reyes in Old Town!

Certificate also can be used  
at Barra Barra Saloon next door.

**FOR SALE 3 DAYS ONLY**

Friday, January 29–Sunday, January 31

**Certificates available only at**  
**ReaderSteals.com**

During the sale, as more people buy, the \$50 certificate can sell for as low as \$20! No matter when you buy, we'll wait to charge your credit card at the lowest price reached.



**LA MESA.** \$1275. Remodeled 2 bedroom, 2 bath, \$650 move-in discount. Move-in Special: Save money when you rent from us. \$650 off 1st month's rent with year's lease. Available now is this recently remodeled 2 bedroom, 2 bath apartment located in the Lake Murray region. This is a family-owned and -operated complex, and we take great pride in offering our tenants a superior apartment at an affordable price. As soon as you walk in, you can't help but notice the attention to detail and the quality of the craftsmanship that went into this remodel, from the ceramic tile floors with granite accents to the tiled countertops, crown moldings, new interior doors, light fixtures, ceiling fan, all new hardware, range, refrigerator, dishwasher, microwave, and air conditioning. Master bedroom has walk-in closet with built-in organizer. Painted in designer colors. Enclosed private patio. We surely have the most bang for your buck. Comes with 1 off-street parking space and on-site laundry. Low deposit of \$500. Easy access to Freeway I-8. We will consider small dogs 15 pounds and under. 5543 Shasta Lane, La Mesa, CA 91942. To schedule a showing, contact the manager at 619-460-9107, email scott@hendershawandassociates.com.

**LA MESA.** \$895. Spacious 2 bedroom, 1 bath. Large kitchen. New paint/ carpet. Washer/ dryer hookups. Parking. Patio. No pets. 619-298-7724.

**LA MESA.** 1 month free! Extra large 1 bedroom, 1 bath, \$825, BBQ, A/C, appliances, new carpet and paint, laundry, parking. Near all. Section 8 OK. 4325 Lowell Street. 619-460-1074.

**LA MESA.** 1 month free! Extra large 1 bedroom, \$825. All appliances, A/C, on-site laundry, off-street parking. Near trolley and Downtown La Mesa. 619-466-6450.

**LA MESA.** 2 bedroom, 2 bath, nice upstairs unit with parking. Laundry on site. With pool. Walk to trolley. \$1050/ month. Call Rick, 619-254-5378.

### Move-In Special \$99 1st Month Rent!

La Mesa. 2 bedrooms, \$995. Huge patio, A/C. Section 8 welcome. Cats OK. Call Faith for appointment to view, 619-713-5971.

**LA MESA/ MOUNT HELIX.** 1 bedrooms, \$945-\$995. 2 bedroom, 2 bath, \$1145-

\$1195. 3 bedroom, 2 bath, \$1395-\$1445. Air/ heat. Huge patios/ balconies. Gated access, parking. Small pets OK. Elegant, sculptured courtyards with flower gardens, fountains, gas lamps, park benches. Charming New Orleans ambience. 3903 Conrad Drive. 866-894-6343; 619-462-1212. www.sdreader.com/news/rent/1017.

**LA MESA/ MT. HELIX.** \$1049, 2 bedroom, \$1199, spacious 3 bedroom, 2 bath. Air conditioning. Laundry. Garages. Balconies. Pool. Pets OK. Espanol. 619-857-0365.

**LAKE-SIDE.** \$750. 1 bedroom, 1 bath. \$500 move-in special. OAC. Laundry. Parking. Available now! On-site manager, 619-561-4155. 12718 Mapleview Avenue #3. www.amgsd.com. 619-295-1165.

**LAKE-SIDE.** \$895. 2 bedroom, 1 bath. \$500 move-in special. OAC. Laundry. Parking. Available now. On-site manager, 619-561-4155. 12718 Mapleview Avenue #7. www.amgsd.com. 619-295-1165.

**LAKE-SIDE. Move-in special: 1/2 off first month! Great value! 2 bedroom, 1 bath, \$800. On-site laundry. Freshly painted. Assigned parking. 12346 Parkside Street. northcuttproperties.com. Agent, 858-505-1300.**

**LAKE-SIDE.** 2 bedroom, 1 bath, \$810. Near shopping. Easy freeway access. Off-street parking. On-site laundry. 12369 Lakeshore Drive. northcuttproperties.com. Agent, 858-505-1300.

**LEMON GROVE** \$1380. 2 bedroom, 1.5 bath. Quiet cul-de-sac. Close to park. Washer/ dryer, storage. Patio. Community pool. Section 8 OK. Small pets OK. 619-866-1475.

**LEMON GROVE.** Move in today! 2 bedroom, \$950/ month. 1 bedroom, \$750/ month. Quiet, clean, well-located complex. Credit check required. Leave message. 619-916-9187.

**LEMON GROVE.** 2 bedroom, 1 bath. Washer/ dryer. 3 parking spaces. Rent: \$1175. 7130 Central. Call Myra, 619-697-8458.

**LEMON GROVE.** \$1295. 3 bedroom, 2 bath with A/C. On-site parking and laundry. New paint, carpet, countertop in kitchen. Ready now! 3262 Buena Vista Avenue #6. If you can find one better, rent it! Hurry, won't last! Call Rachael, 619-804-1044; or Jeff, 619-713-1044.

**LEUCADIA.** \$1180 plus utilities. 1 bedroom, 1 bath apartment. Washer/

dryer. Off-street parking, patio area, good location. 1105 N. Vulcan. Leasing Unlimited, Lic#00976056, 760-436-7273.

**LINDA VISTA.** Mention ad for move-in special! 3 bedroom, 1-1/2 bath townhome, \$1404 per month. 1058 square feet. Section 8 welcome. No Pets. 7556 Fulton Street. Call 858-271-0191 today!

**LINDA VISTA.** February move-in special: \$625-\$1095 rent, \$400-\$800 deposits! No pets. Studios (utilities included), 1, 2 and 3 bedrooms. 2249 Ulric Street. 858-565-6400.

**LINDA VISTA.** \$1375. Charming 2 bedroom, 1 bath duplex. 2-car garage, separate entrance, breakfast nook, washer/ dryer hookups! Near all! 2057 Drescher Street. 619-804-3325.

**LINDA VISTA.** 3 bedroom, 1 bath townhome. Rent \$1095. Deposit \$695. Space upgraded. Available to move in now. 918 square feet. 6534 Kelly Street. 619-220-4840; v@sdcpn.net.

**LINDA VISTA.** 2/1 townhomes for \$981 and \$1081 and bungalows for \$1031 and \$1131 for 6 months! Deposit \$400. Plus a **Secret Special.** 619-249-9585. Office at 7025 Eastman St. For more info and pictures go to www.sdvilleagepts.com.

**LINDA VISTA.** Special 12th month free! 2 bedroom, 1-1/2 bath townhome, \$1249/ month. Just remodeled— all new from windows to appliances. Washer/ dryer hookups, dishwasher, tankless water heater, fully carpeted, private backyard, 2 parking spaces, in the heart of San Diego, close to Fashion Valley and USD. No pets, please. Come and check us out! Office at 7025 Eastman Street. Call 619-249-9585.

**LINDA VISTA.** Mention this ad for move-in special! \$1404. 3 bedroom, 2 bath. Close to schools and convenient locations. Section 8 welcome. No pets. For details, call 858-271-0191.

**LITTLE ITALY.** \$1800. 2 bedroom, 2 bath condo. Palermo complex downtown. Beautiful views! All appliances. 2 parking spots. Pool, Jacuzzi, fitness center. No pets. 619-787-7161.

**LOGAN HEIGHTS.** \$800. 1 bedroom, 1 bath. Reduced move-in. Newly remodeled upstairs apartment. Sorry, no pets. Section 8 OK. 3144 National

Avenue. www.sdforrent.com. 619-640-7530.

**MIRA MESA.** Mention ad for move-in special! 2 bedroom, 2 bath, \$1264. Near all— on bus line. Section 8 welcome. Sorry, no pets. Call 858-793-0951.

**MIRA MESA.** 2 bedrooms, \$1150-\$1225. Near schools, shopping and freeways. New appliances, cabinets and carpet. Section 8 welcome. Sorry, no pets. Call today! 858-271-0191.

**MIRA MESA/ SORRENTO VALLEY.** \$1150. Beautiful upstairs condo. 1 bedroom, 1 bath. New carpet. Freshly painted. Granite counters. Kitchen appliances. Washer/ dryer. Dual-pane windows, 598 square feet. 858-549-8015.

**MISSION BAY.** 1 bedroom penthouse. Bright/ modern. Bay-front with all amenities. Pool, sauna, Jacuzzi, gym, BBQ, parking. \$1600. Available now. Call 619-957-5297.

**MISSION BAY/ BAY PARK.** Pristine 1 bedroom for \$845 and 2 bedroom for \$1095 in Bay Park's best maintained property with beautiful courtyard and sparkling pool. Perfect Mission Bay location with easy access to Pacific Beach and freeway. No pets. 2520 Chicago Street. TPPM, 619-405-7200, www.debonairapts.com.

**MISSION BEACH.** Nice downstairs studio. \$800. \$800 deposit. 6-month lease required. Clean, on-site parking. No pets. 3375-381 Mission Boulevard/ Kingston Court. Available now. 619-224-7655.

**MISSION BEACH.** 1 bedroom upstairs. Quiet bay side. Parking. \$1375/ month. 1-year lease. No smoking, no pets. 809 Venice Court. More Property Management. 858-514-8201.

**MISSION BEACH.** \$795. Studio. Steps to ocean and bay. Includes parking and utilities. Full kitchen. Very clean. 3665 Mission Boulevard. Shore Management, 858-274-3500, shoremgmt.com.

**MISSION BEACH.** Nice, large, totally remodeled 1 bedroom apartment on quiet court. new carpets, recessed lighting. Steps to beach. 721 Kingston Court #A. Available 2/1/2010. \$1075. 858-689-0602.

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Includes: boot, parts, labor, grease. 1/2 price for the 2nd boot on same axle. Most vehicles. Limited time offer.

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\$16<sup>75</sup>\* + \$8.25 cert. & \$2 V.I.D.  
Most vehicles. Trucks, vans & European cars extra. Limited time offer. Must bring DMV renewal notice.  
\*All 1995 and older vehicles \$10 extra.

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\$39<sup>75</sup>  
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We Test, Repair & Certify Test Only & Gross Polluters.

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Service includes:  
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• Lube chassis  
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• Fuel injection cleaning  
• Check brakes, suspension  
FROM \$179<sup>95</sup> 4 cyl.  
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\$50 off quoted price  
Recommended at 60K miles. Most vehicles. Limited time offer.

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FROM  
Includes: flush radiator and up to one gallon of coolant. Special coolant extra. Most vehicles to 1995. With ad. Limited time offer.

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Includes:  
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• Install spark plugs  
• Inspect brakes  
• Adjust emergency brake  
• Flush brake fluid

• Check suspension  
• Check radiator, radiator cap & all hoses  
• Top off fluids  
• Lubricate chassis  
• Change engine oil  
• Change oil filter  
• Inspect fuel filter  
• Check differential fluid

• Change manual transmission fluid  
• Check timing  
• Adjust idle to specs  
• Clean battery terminals  
• Check & tighten all belts  
• Rotate four tires  
• Balance four tires

We can stamp your warranty book to verify servicing. We also honor most extended warranties.

**188<sup>50</sup>\*** 6-cyl. **\$259<sup>50</sup>\***  
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We follow manufacturer's service schedule on inspection, adjustments, and replacement parts. Timing belt extra.

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• Inspect hydraulic system  
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**\$99\*** per axle

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• Check brakes – suspension  
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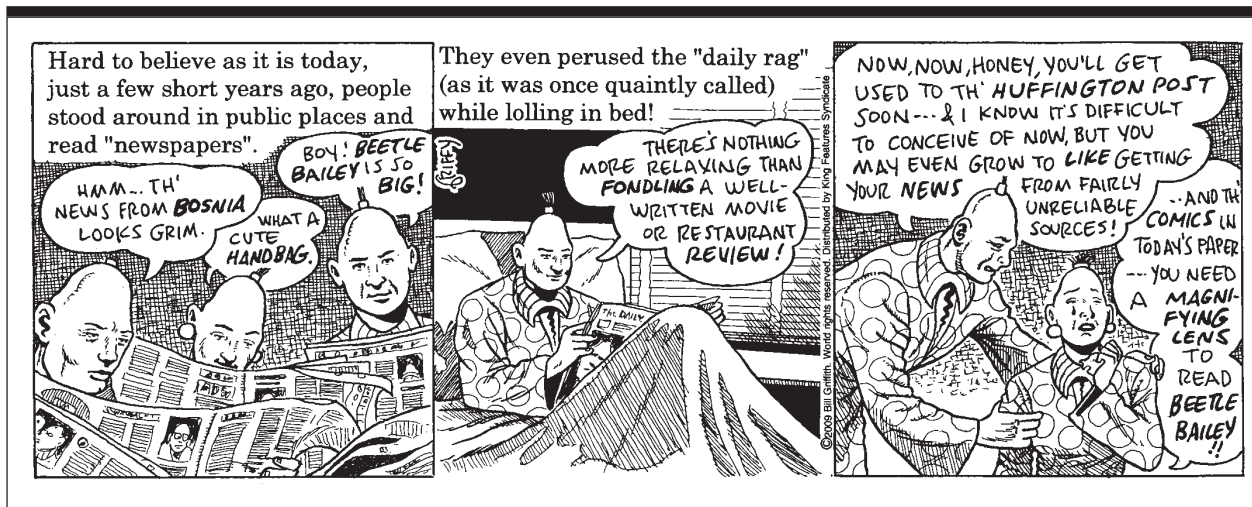
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**MISSION BEACH/ SOUTH.** \$1095. 1 bedroom, downstairs. Stove, refrigerator, shared courtyard. Coin laundry. Close to beach and bay. Cat OK with extra deposit. Available 2/16/10. 725-1/2 Ensenada Court. Del Sol Property Management, www.delsolpm.com. Broker, 858-270-2071.

**MISSION HILLS.** 1/2 off first month's rent. Available for immediate move in. \$1175. 2 bedroom, 1.5 bath. 900 square feet. Assigned Parking. Canyon view, on-site laundry. No smoking, no pets. Quiet. 619-298-6436.

**MISSION HILLS.** \$925. 1 bedroom, 1 bath, 730 square feet. Downstairs unit. Covered parking. Patio. On-site laundry. No smoking, no pets. Quiet. Canyon Views. Swimming pool. 619-298-6436.

**MISSION HILLS.** Immaculate 1 bedroom apartment in very private, quiet, view 4-plex. Laundry, parking. No pet/ smoke. \$910. 619-299-0384 or 760-789-0981.

**MISSION HILLS.** \$925. \$200 off. 1 bedroom, 1 bath apartment. Spacious. Near downtown/ airport/ shopping. Laundry facilities. Parking. \$700 deposit. 619-298-6436.

3468 Reynard Way. Mary, 619-584-5900.

**MISSION HILLS.** 1682 Puterbaugh. \$1300. 2 bedroom, downstairs, parking, laundry. No pets. 619-200-1657 or www.bkbinc.com.

**MISSION HILLS.** 2 bedroom, 1 bath. Garage, on-site laundry, cat OK. Rent: \$1250. 723-735 Torrance Street. Call Mike, 858-490-1600.

**MISSION HILLS/ HILLCREST.** 1 bedroom, \$895. Move-in special. Pool, barbecue, dishwasher, on-site laundry, covered parking. No pets. EOH. 619-299-8746.

**MISSION HILLS/ HILLCREST.** 2 bedroom, 2 bath, \$1525. 1 bedroom, \$950. Move-in special. Recently

remodeled. Pool, barbecue, dishwasher, on-site laundry, covered parking. No pets. EOH. 619-299-8746.

**MISSION VALLEY.** Move-in special: Receive 1/2 off first month! Large 1- and 2- bedroom apartments, \$875-\$1075/ month. Close to malls, beaches and freeways. 619-683-7805.

**MISSION VALLEY.** Charged up with scoring deals! Huge 1 and 2 bedrooms: \$977 and up. Assorted recreational facilities. Hurry! 619-563-1856.

**MISSION VALLEY.** \$895. Large 1 bedroom condo. No pets. Parking. New carpet/ paint. Dishwasher. Balcony. Clean. Nice. Pool. Gym. 1621 Hotel Circle South, #E111. 619-275-3455.

**MISSION VALLEY.** \$1175. Friars Pointe. Nice 2 bedroom, 1 bath condo. Downstairs, carport, pool, spa. Cat OK. 6354 Rancho Mission Road, #501. Agent, 619-469-7790. www.westmanproperties.com.

**MISSION VALLEY/ EAST.** \$850. Spacious one bedroom downstairs unit. Spotless with huge Move-in Special! Pool, parking, laundry on-site. No pets. 4550 Vandever. Manager, 619-282-8000.

**MISSION VALLEY/ USD.** 2 master bedrooms, \$1600 (includes water). New appliances. Remodel, washer/ dryer in unit, panoramic views, 2 parking, hardwoods, private patio. Pets OK. Available now. \$300 off first month! 858-353-6878.

**MISSION VALLEY/ WEST/ USD.** From \$700. Unique, nicely upgraded studios. Near trolley. Super short leases, monthly thereafter. High ceilings. Gated. Landscaped courtyard/ sun deck. http://www.info101.net. 619-297-3000.

**NATIONAL CITY.** Off 805 and Sweetwater Road. Small trailer in large, private yard. Secure, quiet and clean. \$550. All utilities included. 858-254-4469.

**NATIONAL CITY. \$775/ month. 1 bedroom, fully furnished. Low \$150 deposit. No SDG&E deposit or hookup is required. 624 East 24th Street. Office open daily. Call 619-474-3787.**

**NORMAL HEIGHTS.** \$1475. North of Adams. 3 bedroom, 2 bath. Garage, patio, newer secure building, parking, on-site laundry, appliances, new paint/ carpet. Cats OK (no dogs), 4743 Hawley Boulevard. Available 3/1. 760-796-7685.

**NORMAL HEIGHTS.** \$1295. 3 bedroom, 2 bath upstairs 4-plex. Like new! Gorgeous new kitchen! All appliances. Laundry, 2 parking spaces. 4481 36th. No pets. 619-286-3400.

**NORMAL HEIGHTS.** Mention ad for move-in special! 3 bedroom, 2 bath. Washer/ dryer hookups. \$1404. Near all, on bus line. Section 8 welcome. Sorry, no pets. Call 858-793-0951.

**NORMAL HEIGHTS.** Mention ad for move-in special! 2 bedroom, 1 bath, \$1118 per month. Quiet area. Walking distance to all. Close to I-805 freeway and Adams Avenue. Laundry room. 1 assigned parking space. Section 8 welcome. No pets. Call 858-638-7886.

**NORMAL HEIGHTS.** \$925. Nice, clean, quiet 2 bedroom, 1 bath. New paint, carpet. Well maintained. Refrigerator. Laundry on premises. No pets. Nonsmoking. Conveniently located. 619-563-0779.

**NORMAL HEIGHTS.** \$100 first month. Extra large 2 bedroom, 2 bath, \$1200. Off I-15 and Adams. New carpet and appliances. Laundry. Off-street parking. 619-861-1715.

**NORMAL HEIGHTS.** Studio apartment. Newly remodeled. 400 square feet. Rent: \$720. 3235 Collier Avenue. Call Mike: 619-640-8834 or 858-490-1600.

**NORMAL HEIGHTS.** \$900. 2 bedroom, 1 bath. Upstairs unit. Gated complex. Laundry. Available now. 4580 39th Street, 4584-1/2. www.cethron.com. 619-295-1100.

**NORMAL HEIGHTS.** \$575. 1 bedroom half-studio with shower. No pets. 4438 30th St. 619-298-7724.

**NORMAL HEIGHTS.** \$825. 1 bedroom, 1 bath. Parking, laundry, gated. Quiet complex. Available now. 4511 35th Street #6. www.amgsd.com. 619-295-1165.

**NORMAL HEIGHTS.** \$775. 1 bedroom, 1 bath apartment. Coin-operated laundry room. Available now. 4669 Cherokee Avenue #F. www.stevenleproperties.com. 619-295-1161.

**NORMAL HEIGHTS.** \$1050. 2 bedroom, 1 bath. Reduced move-in. Downstairs apartment. Laundry on site, street parking. Small pets on approval. 2621 Monroe Avenue. www.sdforrent.com. 619-640-7530.

**NORMAL HEIGHTS.** 2 bedroom, 1 bathroom. Upstairs unit with new carpet, laundry and parking. \$1000 rent. 4640 Wilson Avenue #3. Available 1/10/10. Call 858-514-8201.

**NORMAL HEIGHTS.** 2 bedroom, 2 bath apartment, \$1125. Laundry. Parking. No pets. 4840 West Mountain View Drive.

## AUTOMOTIVE

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Most cars.  
Replace up to 5 quarts & filter

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Rebuilt. 3-year/36,000-mile warranty. Most cars.

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Includes boot, clamps, grease and labor. Free inspection.

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**\$39<sup>95</sup>\*** each

As low as

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60,000-mile replacement recommended. Old, cracked belts can break due to age and mileage and cause expensive engine damage. Most cars. Some cars and trucks extra.

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Free brake inspection. Front or rear. Includes labor, new parts and semi-metallic pads. Machine rotors or drums. Inspect calipers, hydraulics, seals, rotors or drums. Most cars and light trucks.

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Replace clicking axles before they break. Most cars. Lifetime warranty available.

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**We use premium parts to improve your performance.** Per manufacturer's recommendation. Timing belt extra if required.

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**30K Service** starting at **\$99<sup>95</sup>\***

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15K or 30K service may not require all services or parts listed.

- Change spark plugs
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- Change fuel filter
- Check distributor points
- Compression test
- Adjust timing
- Valve adjustment (if adjustable)
- Adjust carburetor (if applicable)
- Adjust fuel-to-air mixture
- Inspect clutch

- Adjust clutch
- Inspect brakes
- Adjust brakes
- Adjust emergency brake
- Inspect & replenish all fluids
- Inspect all exposed belts
- Check electrical fuses
- Lube front end
- Check & recharge battery (if necessary)
- Rotate tires (if needed)
- Check air pressure
- Lube door hinges
- Inspect cooling system & hoses
- Check exhaust system
- Road-test

Prices valid for most cars. Call for price on your model.



More Property Management, 858-514-8201.

**NORMAL HEIGHTS.** Move-in special: 1/2 off first month's rent! 1 bedroom, 1 bath, \$695. Upstairs unit, gated complex, assigned parking, deposit 1 month's rent. 4563 38th Street #8. Agent, 858-560-1178.

**NORMAL HEIGHTS.** 1/2 off 1st! Extra large 2 bedroom, 1-1/2 bath, \$1025. Large kitchen, walk-in closet, stove, refrigerator, laundry, parking. Pets OK. 4609 Bancroft #2. 619-804-3325.

**NORMAL HEIGHTS.** Charming upper 1 bedroom, 1 bath, \$775. Walk-in closet, A/C, ceiling fans, appliances, laundry, off-street parking, near all. 4625 35th Street #13. 619-804-3325.

**NORTH PARK.** \$1300- 2 bedroom, 1 bath house, newly remodeled. Laundry hookups. \$650- attached attic studio with divided sleeping area, private entrance. Charming, new carpet. 3568 Nile St. 619-347-0003.

**NORTH PARK.** Mention ad for move-in special! Available now! 2 and 3 bedroom townhomes. 1120 square feet. \$1366. 4343 38th Street #3. Section 8 welcome. No pets. Call 858-715-1770.

**NORTH PARK.** Mention ad for move-in special! 2 bedroom, 1 bath townhome. \$1102. Central location. Close to schools and freeways. 4758 35th Street. Section 8 welcome. No pets. Call 858-715-1770.

**NORTH PARK.** \$795. Large 1 bedroom, very clean, freshly painted, wall-to-wall closet. Built-in bookcase. Well-maintained, gated complex. Parking. Laundry. No pets. 4354 Utah Street. 619-994-1672.

**NORTH PARK.** \$895. 1 bedroom downstairs condo in canyon at end of Robinson near Florida. Stove, refrigerator, dishwasher, microwave. Shared Jacuzzi and deck, air conditioning, parking. Available now. 2044 Robinson. Pacific Isle Property Management. 858-270-2071.

**NORTH PARK.** \$895. 1 bedroom, upstairs in 4 unit property. Stove, refrigerator, garage, deck. Small pet OK with extra deposit. Available 3/19/10. 4046 Oregon. Del Sol Property Management, Broker, 858-270-2071. www.delsolpm.com.

**NORTH PARK.** \$675. Studio. On-site laundry. New carpet/ vinyl, remodeled kitchen. Cat welcome. Great location. Call 619-298-4474. www.sdapbtbrokers.com.

**NORTH PARK.** \$950. 2 bedroom, 1 bathroom apartment. 1 parking, coin laundry, wall air conditioning. No pets. 4328 Louisiana Street #4. 858-483-3534. www.cal-prop.com.

**NORTH PARK.** 4334 Texas Street. Utilities included! 1/2 off 1st month! 2 bedroom, \$1050. Laundry. No pets. 858-692-6601 or www.bkbinc.com.

**NORTH PARK.** \$800. 1 bedroom, 1 bath. \$300 off 1st month's rent, OAC. Lower unit in small, quiet complex with parking. Available now. 4177 Illinois Street #2. www.cethron.com. 619-295-1100.

**NORTH PARK.** \$1600. 2 bedroom, 1 bath, with yard. Water paid. Call Rick at 858-442-6951.

**NORTH PARK.** \$725. Spacious upstairs 1 bedroom, 1 bath with balcony. Cathedral ceilings, gated community, parking. No pets. 3753 Cherokee. www.seetheunit.com, 619-298-7724.

**NORTH PARK.** 1 bedroom, 1 bath apartment, \$850. Newer carpet/ flooring. Freshly painted. Gas/ water paid. Pool. Gated, quiet, no pets, on-site laundry. 619-281-1714.

**NORTH PARK.** \$750/ month. Available immediately. **Wheelchair accessible.** Very nice 1- bedroom apartment in small (25- unit) complex. Quiet and secure. Many long-time residents in this complex— we insist on quiet and security. Gated. Manager on site. Laundry on site. Assigned off- street parking. Near public transit. Near freeways. Retail outlets and stores and variety of eateries within walking distance. Call 619-818-8414.

**NORTH PARK.** \$750/ month. Available immediately. Very nice 1- bedroom apartment in small (25- unit) complex. Quiet and secure. Many long-time residents in this complex— we insist on quiet and security. Gated. Manager on site. Laundry on site. Assigned off- street parking. Near public transit. Near freeways. Retail outlets and stores and variety of eateries within walking distance. Call 619-818-8414.

**NORTH PARK.** \$950. 2 bedroom, 1 bath apartment. 1 parking spot. Coin- operated laundry. Available now. Section 8 OK. 4123-1/2 Kansas Street. www.stevenleepropties.com. 619-295-1161.

**NORTH PARK.** Spacious 1 and 2 bedrooms, great built-in bookshelves and closet space. Laundry on site. \$925-1050. 4613 Alabama Street, #9. Call 619-296-6699. www.centrecity.net.

**NORTH PARK.** \$790. 1 bedroom, 1 bath apartment. Fireplace, private patio, on-site laundry, off- street parking. Quiet neighborhood. Gated building. 3674 Nile Street. San Diego, CA 92104. No pets. 619-284-3324.

**NORTH PARK.** \$1400, \$1000 security deposit. Large townhome, 3- bedroom, 1-1/2- bath. 1- car parking, new carpet/ paint. Quiet 4-plex. Kansas Street. 858-270-7699.

**NORTH PARK.** \$900. Large 1 bedroom, 1 bath apartment, refrigerator, stove. Carpet, new paint. Gated, laundry, parking. Section 8 OK. 619-697-6746.

**NORTH PARK.** Newly refurbished 1 bedrooms from \$850. One with private patio. Ask about our move-in special! Small complex. Parking, on-site laundry. Cat OK. 4155 Alabama Street. 619-793-4013.

**NORTH PARK.** \$950 rent, \$800 deposit OAC. 2 bedroom, 2 bath. Laundry, parking, no pets, at 4222 Alabama Street #17. Agent, 619-299-8515.

**NORTH PARK.** \$995 rent, \$800 deposit OAC. 2 bedroom, 2 bath triplex, laundry, no pets, at 3640 Bancroft Street #101. Agent, 619-299-8515.

**NORTH PARK.** \$725 rent, \$700 deposit OAC. Large studio, hardwood floors and new carpet, no pets, at 3804 Pershing Avenue #8. Agent, 619-299-8515.

**NORTH PARK.** \$775 rent, \$700 deposit OAC. Large 1 bedroom, parking space, laundry, no pets, at 4178 Kansas Street #6. Agent, 619-299-8515.

**NORTH PARK.** \$795 rent, \$700 deposit OAC. 1 bedroom detached cottage, parking space, no pets, at 3986 or 3988-1/2 Kansas Street. Agent, 619-299-8515.

**NORTH PARK.** \$750. Remodeled, large studio apartment. Parking. No pets. Gated. Appliances. New carpet/ paint. Balcony. Walk-in closet. Laundry. 3909 Florida Street. 619-275-3455.

**NORTH PARK.** \$990. Upper 2 bedroom, 1 bath. Clean, bright, gated, parking, laundry, \$500 off first month or rent to be \$950 with 1- year lease. 4220 34th Street. No pets. 619-540-0448.

**NORTH PARK.** 2 bedroom, 1 bath on ground floor. Secure, gated complex. On-site laundry. Ceiling fans. \$995 rent plus deposit. \$35 parking space. 4127 Wabash Avenue. 619-971-0486.

**NORTH PARK.** \$1800. 2 bedroom, 2 bath furnished, upgraded condo. 3-6 month lease max. Upper unit, washer and dryer, balcony, parking, A/C, fireplace. Cat OK. 4036 Utah Street #7. Agent, 858-560-1178.

**NORTH PARK.** Move-in special: 1/2 off first month's rent! 1 bedroom, 1 bath, \$700. Upper and lower units, senior or disabled citizens complex, gated. \$300 deposit. 4086 Swift Avenue. Agent, 619-501-7790.

**NORTH PARK.** \$795. Upgraded, cozy 1 bedroom, 1 bath. Assigned parking, large yard, utilities included in rent. Cat OK. Near all. 4687 Hamilton Street. Agent, 858-560-1178.

**NORTH PARK.** 1/2 off 1st! Extra large 2 bedroom, 2 bath, \$1250. Gated, balcony, underground parking, A/C, all appliances, new paint and flooring. 3928 Illinois. 619-843-0796.

**NORTH PARK.** 1/2 off 1st! Completely remodeled 1 bedroom, 1 bath, \$795. New appliances, cabinets, wood floors, paint and blinds, laundry, Section 8 OK. 4213 Kansas Street #3. 619-804-3325.

**NORTH PARK.** 1/2 off 1st! Upper 1 bedroom, 1 bath, \$750. Gated, appliances, built-ins, parking, laundry. Pet negotiable. 4275 35th Street. 619-804-3325.

**NORTH PARK.** 1/2 off first! Large 3 bedroom, 2 bath, \$1295. Completely remodeled, kitchen with bar, appliances, laundry, 1- car garage. Near all 4325 Texas #1. 619-804-3325.

**NORTH PARK.** \$1150. Nice 2 bedroom apartment, 2- car garage. Small, quiet complex, gated entry, balcony, storage. No pets. 4045 Mississippi Street. Agent, 619-469-7790. www.westmanproperties.com.

**NORTH PARK/ CITY HEIGHTS.** \$775. 1 bedroom, 1 bath top- floor corner apartment. Pets OK. Laundry. 3842 36th Street. Xilarent.com. 619-683-7638.

**OCEAN BEACH.** \$300 off 1st month's rent! No application fee. Blocks to the beach! 1 bedroom, \$950. Clean. Parking. Laundry. No pets. Includes water/ trash. Seacoast Apartments, 5030 Lotus. Call Doris, 619-204-1651, 619-224-0759.

**OCEAN BEACH.** Beautiful beachfront view! Studio, \$995. 1 bedroom, \$1100- \$1350. 2 bedroom, \$1500- \$1700. Some with great ocean views! Serene, security, garden buildings. Hardwood floors, ceramic tile, laundry. Garages available. Pets considered. For address and availability, call 619-224-1748. For applications, call 619-501-5553.

**OCEAN BEACH.** \$725. Studio, mile from beach in quiet tropical setting. Laundry. Available immediately. 4166-68 Udall St #2. 619-222-9308.

**OCEAN BEACH.** Walk to beach! 1 bedroom, \$900; and 2 bedroom, \$1200. \$500 security deposit. Off- street parking. Keyed entry. Laundry room. 1/2 utilities paid. No pets. Nonsmoking. Call 619-223-3946.

**OCEAN BEACH.** \$950— bargain! Large, very nice 1 bedroom. Near beach, bus, pier and shopping. Off- street parking, coin- operated laundry. No pets. 619-269-7624.

**OCEAN BEACH.** 2 bedroom, 2 bathroom. Hardwood floors, washer/ dryer, dishwasher. Two blocks from beach. Pets OK. Utilities, cable, Internet included. \$1700/ month. Call 619-565-3220.

**OCEAN BEACH.** 5039 Voltaire Street #4. Utilities included! Studio/ 1 bath, \$800. Laundry. No pets. 619-200-1657 or www.bkbinc.com.

**OCEAN BEACH.** \$875. 1 bedroom, 1 bath, downstairs. Front House with paid utilities! Parking! Hardwood floors! No pets. 4377 Rialto St. Call 619-222-4836x14. www.liveatthebeachnow.com.

**OCEAN BEACH.** \$895. 1 bedroom, 1 bath upstairs and downstairs units available. Minutes to the beach! On-site laundry! No pets. 4154 Udall Street #4, #5. Call 619-222-4836x14. www.liveatthebeachnow.com.

**OCEAN BEACH.** \$925. Downstairs studio, block to beach. Hardwood floors! Deck off unit! On-site laundry! Small pet on approval. 5034 Brighton Ave. Call 619-222-4836x14. www.liveatthebeachnow.com.

**OCEAN BEACH.** \$975. 1 bedroom, 1 bath downstairs attached cottage! Block to the beach! No pets. 5065-1/2 Cape May Avenue. Call 619-222-4836x14. www.liveatthebeachnow.com.

**OCEAN BEACH.** \$850. Large studio, approximately 400 square feet. 1.5 blocks from beach. Fresh paint. On-site laundry. Near shopping/ restaurants. No pets. 6-month lease. 619-890-5088.

**OCEAN BEACH.** \$1050- \$1075. 1 bedroom, 1 bath, downstairs attached cottages! Block to beach! On-site laundry! Pet on approval! 5067 and 5069 Brighton Ave. Call 619-222-4836x14. www.liveatthebeachnow.com.

**OCEAN BEACH.** \$925- \$1250. 1 bedroom/ 1 bath, or 2 bedroom/ 1 bath. Large downstairs units near Robb Field! On-site laundry! Parking! No pets. 4918 W. Point Loma Blvd. Apts. C and D. Call 619-222-4836x14. www.liveatthebeachnow.com.

**OCEAN BEACH.** \$950. 1 bedroom, 1 bath downstairs attached cottages on beach! On-site parking and laundry! No pets. 5113-1/2 and 5115 Saratoga Ave. Call 619-222-4836x14. www.liveatthebeachnow.com.

**OCEAN BEACH.** \$850. Large downstairs studio on beach! Parking and laundry! No

pets. 1984 Abbott St. Call 619-222-4836x14. www.liveatthebeachnow.com.

**OCEAN BEACH.** \$975. 1 bedroom, 1 bath, downstairs unit available! Hardwood floors! Block to beach! No pets. 5022-1/2 Cape May Ave. Call 619-222-4836x14. www.liveatthebeachnow.com.

**OCEAN BEACH.** \$1175. 2 bedroom, 1 bath, downstairs with laundry facility! Blocks to beach! No pets. 4820 Muir Ave. Call 619-222-4836x14. www.liveatthebeachnow.com.

**OCEAN BEACH.** \$1345. Bright, upper 2 bedroom apartment. Parking, 2 blocks to ocean. Vinyl windows, laundry. 4873 Niagara Avenue. Shore Management, 858-274-3500. shoremgmt.com.

**OCEAN BEACH.** \$1295 rent, \$800 deposit OAC. Large 2 bedroom, 2 bath townhouse, 1 block to beach, 2 parking spaces, no pets, at 5124 Brighton Avenue. Agent, 619-299-8515.

**OCEAN BEACH.** \$750. Great studio with eat-in kitchen two blocks to beach and one block to Newport Avenue, laundry, no pets. 4960 Santa Monica Avenue. TTPM, 619-224-2110. www.torreyepinespm.com.

**OCEAN BEACH/ SOUTH.** \$100. Garage available NOW! Dry storage or small collector car. Call now! 4769 1/2 Orchard Avenue. TTPM, 858-699-3851. www.torreyepinespm.com

**OCEANSIDE.** Large 2 bedrooms, \$1150/ month, west of Interstate 5, just 8 blocks to beach, in vibrant downtown village. Beautiful, remodeled units. 508 North Nevada Street. See photos at www.wextfordliving.com. Call 760-433-8810.

**OCEANSIDE.** \$1095. 1 bedroom, 1 bath apartments. Granite countertops, wood floors, yard, pool, spa, laundry, gated parking. Cat OK. www.casavistaapartments.com. 760-439-5728.

**OCEANSIDE.** Special rates, ends February 12th! Studios- \$805. 1 bedroom- \$925. Upgraded, spacious, quiet, pool, laundry, gated parking. Close to shops, transportation, and beaches. Indoor cat OK. 760-722-6421. www.westwoodvillageapartments.com.

**OCEANSIDE.** \$800. Newly remodeled studio near beach with private backyard, nice kitchen, full bath, covered/ gated parking, on-site laundry. Walking distance to Sprinter train. 760-658-3142.

**Smog check \$15<sup>75</sup>\***  
Most 4-cyl. cars. Truck and van extra. With coupon. Plus \$8.25 cert. and \$3 VID.

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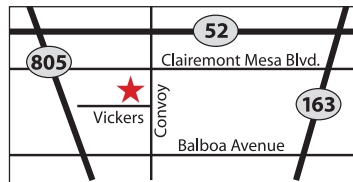
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Change spark plugs, check distributor cap and rotor, check air filter.

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2 wheels. Install new economy lining. Resurface drums or rotors extra. Premium lining extra.

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Plus \$8.25 for certificate. Most 1976-1995 cars only.

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THE DINETTE SET

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**OLD TOWN.** \$950. Cozy 1 bedroom, garage. Great location. Well-maintained duplex, hardwood floors, tiled kitchen and bath. Shared laundry with washer and

dryer hookups. Front and backyards. Gardener. Across from Historic Park. Short walk to trolley and some shopping. 10 minutes to beach. 5 minutes to

Interstates. Nice neighborhood. 2630 Juan Street. Call Mary, 619-584-0900.

**OTAY MESA.** \$1395. 1/2 off first! Secluded 3 bedroom, 2 bath townhome. All appliances, washer/ dryer hookups, granite countertops, fenced patio, pool, 2 parking spaces. Near all. Pet negotiable. 3560 Arey Drive #9. 619-804-3325.

**PACIFIC BEACH.** Studio \$825. Large, quiet. Utilities included. Sun deck. Easy access to I-5. Indoor cat considered. 2176 Thomas Avenue. 858-270-0929.

**PACIFIC BEACH.** \$1200. 1- bedroom, 1-bath luxury condo at The Plaza. Second floor. Carpet/ paint. Lushly landscaped. Laundry. Microwave. Dishwasher. Pools. 2 Parking. Tennis. Billiards. Health club. Sauna. 24- hour security. Available now. No pets. 1801 Diamond Street. 619-888-6604.

**PACIFIC BEACH.** 2 bedroom, 1 bath, downstairs. \$1150. 1 month free on approved credit with lease (must move in by 1/31/10 to qualify). Sorry, no pets allowed. Call Elaine, 760-402-8325.

**PACIFIC BEACH.** \$1495. 2 bedroom, 2 bath apartment. Balcony. Centrally located. Clean/ quiet. 950 square feet. New paint/ carpet. 2 parking. Laundry. Nonsmoker. 858-272-7616/ 619-379-3771.

**PACIFIC BEACH.** \$1750. Spacious 2 bedroom, 2-1/2 bath townhome. Crown Point 3 blocks. Washer/ Dryer, cherrywood floors, fireplace, breakfast room, patio, balcony. 1961 Reed. 619-286-3400.

**PACIFIC BEACH.** Cute, remodeled 1 bedroom. 1-1/2 blocks to beach, \$1000- \$1050. New floors throughout, new kitchen/ bath. Pool, laundry facility. 930 Thomas Avenue. Call 619-822-9110 or 760-720-1400.

**PACIFIC BEACH.** 2 bedroom, 1 bath 1-1/2 blocks to beach. Bright, clean. On-site laundry. No pets. \$1525. 858-273-3233.

**PACIFIC BEACH.** Great values. Nice, clean, convenient apartments in multiple Pacific Beach locations. Studios from \$785. 1 bedrooms from \$965. 2 bedrooms from \$1355. Parking, laundry. Some buildings with gated entry, pool and/ or deck. No pets. 858-483-3796.

**PACIFIC BEACH.** \$1275, 1 bedroom. \$1475 and \$1595, 2 bedrooms, 1 and 2 baths. Intercom entry. Bright and clean. Dishwasher. Laundry. Lovely courtyard, heated pool, parking. Cat OK. 858-272-4398.

**PACIFIC BEACH.** 1 bedroom, 700 square feet, \$950/ month, 1846 Oliver Avenue. Near Mission Bay, 1st-floor units, no pets, off-street parking, laundry facility, approximately 500 square feet, month-to-month rental. Photos on our website: <http://www.freewebs.com/lefrontenac/>. Contact "on-site manager": lefrontenac@inbox.com or 858-272-2825.

**PACIFIC BEACH.** 2 bedroom, 1 bath. Remodeled bathroom, garage, coin laundry, parking. \$1695 rent, plus deposit. 1-year lease. Available now. 1766 Missouri Street. 858-405-4737.

**PACIFIC BEACH.** \$1545. 2 bedroom, 1 bath. Near beach! Dishwasher, coin laundry. Barbecue, courtyard. Water/

trash included. No pets. \$1000 deposit. 1063-1/2 Hornblend. 858-336-7997.

**PACIFIC BEACH.** Studios \$895, 1 bedrooms \$1195, 2 bedrooms \$1495. \$0 deposit, OAC. Call for additional January Specials. Olympic-size pool, spas, basketball, tennis with pros, clubhouse, laundries, movie night, cats welcome, Saturday continental breakfast, business center. Bay Pointe Apartments, 3866 Ingraham, Pacific Beach. Toll-free: 1-888-451-8713. baypointe@progressmanagement.net; [www.baypointeapartmenthomes.com](http://www.baypointeapartmenthomes.com).

**PACIFIC BEACH.** \$1125. 1 bedroom, large, upstairs, remodeled. Stove, refrigerator, microwave, dishwasher, elevator, coin laundry. Pool. Cat OK with extra deposit. Available now. 1433 Oliver. Del Sol Property Management, Broker. [www.delsolpm.com](http://www.delsolpm.com). 858-270-2071.

**PACIFIC BEACH.** \$1095. 1 bedroom; duplex. Stove, refrigerator, dishwasher, wood floors, 4 blocks to ocean. Ask about pet upon approval with extra deposit. Available 2/14/10. 4417 Dawes. 858-270-2071. Del Sol Property Management, Broker. [www.delsolpm.com](http://www.delsolpm.com).

**PACIFIC BEACH.** \$1195. 1 bedroom, end unit in triplex. Stove, refrigerator, coin laundry, garage with opener. Nice shared lawn area. Cat OK with extra deposit. Available now. 1362 Reed. Del Sol Property Management, Broker. [www.delsolpm.com](http://www.delsolpm.com). 858-270-2071.

**PACIFIC BEACH.** \$2195. 3 bedroom, 2.5 bath condo. 2 underground parking. All new and modern. Stylish granite counters, stainless steel appliances, air conditioning, washer/ dryer. 3509 Del Rey Street #207. [www.cal-prop.com](http://www.cal-prop.com). 858-483-3534.

**PACIFIC BEACH.** \$810. Spacious studio bedroom, 1 bath apartment. 1 underground parking. Gated community. Walk-in closet. No pets. 1845 Hornblend Street #1. [www.cal-prop.com](http://www.cal-prop.com). 858-483-3534.

**PACIFIC BEACH.** \$950. 1 bedroom, 1 bath apartment. 1 parking space. Convenient to Mission Bay/ Pacific Beach shopping, beaches, nightlife. No pets. 2112 Balboa Avenue #7. 858-483-3534. [www.cal-prop.com](http://www.cal-prop.com).

**PACIFIC BEACH.** 1 bedroom: \$1025 rent, \$550 deposit. 2 bedroom: \$1350 rent, \$675 deposit. 5 blocks to beach/ bay. Upper units in gated garden building. No pets. No cosigners. 4445 Fanuel Street. 858-483-3221.

**PACIFIC BEACH.** \$1495. 2 bedroom, 1 bath apartment. Only 3 short blocks to the beach. Upgraded upstairs unit. Remodeled kitchen, walk-in closet. No pets. 1044 Sapphire Street #8. 858-483-3534. [www.cal-prop.com](http://www.cal-prop.com).

**PACIFIC BEACH.** \$1895. Large townhouse. 2 bedroom, 2 bath. 2 parking. Only 2 short blocks to beach. Private patio. 915 Diamond Street #D. 858-483-3534. [www.cal-prop.com](http://www.cal-prop.com).

**PACIFIC BEACH.** \$1995. 2 bedroom, 2 bath condo. 2 parking. Steps to Sail Bay.

Very light and bright. Balcony, pool, fireplace, washer/ dryer in unit. 4016 Gresham Street #A2. 858-483-3534. [www.cal-prop.com](http://www.cal-prop.com).

**PACIFIC BEACH.** \$2695. 2 bedroom, 2 bath condo. 2 parking. On Sail Bay. Amazing views, 5th floor penthouse, pristinely renovated. 2 walk-in closets, washer/ dryer in unit, fireplace, balcony. Complex has pool, BBQ area, gym, and beach access. No pets. 3940 Gresham Street #252. 858-483-3534. [www.cal-prop.com](http://www.cal-prop.com).

**PACIFIC BEACH.** \$1100. 1 bedroom, 1 bath unit, 630 square feet, parking, laundry on premises, patio, cable ready, security door. Near Mission Bay. 858-270-1605; 619-224-8454.

**PACIFIC BEACH.** 4418 Bond Street. 1/2 off 1st month. \$1195. 2 bedroom. Parking, laundry. No pets. 858-692-6601 or 619-226-7368 or [www.bkbnc.com](http://www.bkbnc.com).

**PACIFIC BEACH.** 1 bedroom, 1 bath. Downstairs, on-site laundry, shared garage. \$1000. 2128 Thomas Avenue. 858-490-1600.

**PACIFIC BEACH.** 3 bedroom, 2.5 bath condo. Dishwasher, washer/ dryer hookups, microwave, 1 parking space. Rent: \$2150. 2027 Emerald Street. Call Mike, 858-490-1600.

**PACIFIC BEACH.** 2 bedroom, 1 bath cottage. \$1150 rent. Close to all. Laundry, parking, no pets. 4115 Ingraham Street. 858-270-4674.

**PACIFIC BEACH.** \$2600. Clean, light, airy 3-bedroom, 3-bath townhouse. 2-car garage. Cathedral ceilings. Fireplace. Washer and dryer, patio, deck, no pets. 1539 Hornblend. Call Chris, 858-270-4492 x203.

**PACIFIC BEACH.** \$1050. 1 bedroom, 1 bath apartment. Upper level. Off-street parking. Laundry on site. No pets. 4451 Haines Street. Call Chris, 858-270-4492 x203.

**PACIFIC BEACH.** \$900. Studio apartment. 3 blocks to beach. Assigned off-street parking. On-site laundry, no pets. Available. 1050 Hornblend. 858-270-4492 x203.

**PACIFIC BEACH.** \$1600. Large 2 bedroom, 2 bath condo. 2 parking. No pets. Gated. Storage. New carpet/ paint. Dishwasher. Pool/ Jacuzzi. 4730 Noyes Street. 619-275-3455.

**PACIFIC BEACH.** \$1495. 2 bedroom, 2 bath condominium. Fireplace, balcony. Pools, spa, tennis, gym, security. Walk to shopping. No pets. Shore Management, 858-274-3500, [shoremgmt.com](http://shoremgmt.com).

**PACIFIC BEACH.** \$1245. 2 bedroom, 1 bath apartment. 4 blocks to the ocean. Fresh paint. Laundry facilities. Courtyard setting. 1165 Felspar Street. Shore Management, 858-274-3500.

**PACIFIC BEACH.** \$2695. Large 3 bedroom, 3 bath townhouse in Crown Point area. 2-car garage plus large storage room. Fireplace. Washer/ dryer. No pets. Call Coldwell Banker Property Management, 858-488-2228.

AUTOMOTIVE

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\$15<sup>95</sup>  
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Plus \$8.95 certificate and \$1.50 transfer fee.  
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Most cars. Includes up to 5 qts. and new filter. Cash only.

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4-cyl. \$25/6-cyl. \$35/8-cyl. \$45\*  
Includes spark plugs. Additional parts extra. Most cars.

**TIMING BELT SPECIAL \$95\***  
Includes parts & labor. Most 4-cyl. cars. 1995 and older. Dual overhead cam extra.

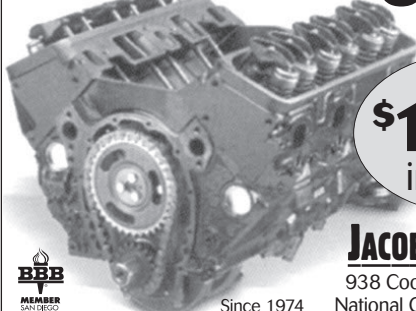
**BRAKES...\$10 OFF**  
Front & rear. Turn rotors, drums, new pads, lining. Most cars, 4WD extra.

**STEVE AUTO REPAIR**

1370 Garnet Ave. • Pacific Beach  
(858) 274-1195



Remanufactured **Engines**



1-year warranty

From  
**\$1599**  
installed

**JACOBS ENGINES**

938 Coolidge Ave. (Off I-5)  
National City • 619-474-2556

Since 1974



**Oil Change \$18<sup>95</sup>** Most vehicles.

**Smog Check \$29<sup>95</sup>\***

One flat rate - no more, no less!

Includes visual & functional tests of emissions control as required by the State of California. Includes DMV renewal. \*Smog certs. issued for passing test at no additional cost.

**"Check Engine" Light \$29<sup>95</sup>**

Pull codes and provide a written description.

**Sports Arena/Pt. Loma**

For more specials visit: [Precisiontune.com](http://Precisiontune.com)  
**3425 Midway Dr. (Behind Shell station)**  
**1-888-281-5381**

Coupons must be presented at time of service. Not valid with any other offer or discount or for prior service. See manager for details. All coupons expire 2/11/10.



Approved Auto Repair

**FAILED SMOG DIAGNOSTIC \$44<sup>95</sup>**

We'll evaluate your system & determine why it failed.  
We repair gross polluters.

**Precision Tune Auto Care**

**RUN RITE AUTO REPAIR**

**PREMIUM OIL CHANGE**

Includes:  
• Up to 4 qts. of 10/30 premium oil  
• Oil filter • Lubricate chassis, if necessary  
• Check fluid levels  
• Check filters  
• Check belts & hoses  
**\$14<sup>99</sup>** 4x4 Extra

**BRAKE SPECIAL**

Includes:  
• Install new brake pads  
• Top off brake fluid • Inspect rotors, drums, lines, hoses, seals, master cylinder, hardware & calipers  
• 4-wheel drive extra  
**\$65\*** Per Axle Plus Parts. Most cars.

**"SERVICE ENGINE" DIAGNOSTIC**

Includes:  
• Trouble-shoot sensors for malfunctions  
• Check engine light & computer for codes  
**\$25** Most cars.

**RADIATOR FLUSH**

Includes:  
• Up to 1 gal. coolant  
• Drain and fill  
**\$49<sup>99</sup>** Most cars.

**TIMING BELT**

Includes:  
• Remove & install timing belt, check for leaks  
• Perform necessary adjustments (tear down & removal of parts & accessories extra)  
**\$95\*** Most 4-cyl. 6-Cyl. & 8-Cyl. higher. PARTS EXTRA

**30/60/90K SERVICE**

Includes:  
• Oil/filter change, lube chassis • Install new plugs  
• Check timing • Replace air filter, crankcase filter  
• Drain & refill radiator fluid  
• Rotate tires  
• Inspect brake system  
• Inspect belts & hoses  
• Check charging system  
**\$139<sup>99</sup>\*** 6-Cyl. & 8-Cyl. Higher

\*Additional parts/labor may be required at extra cost. Most cars. Expires 2/11/10.

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We Honor Extended Warranties

**MISSION VALLEY**  
725 Camino De La Reina  
SAN DIEGO  
619.294.4445





**PACIFIC BEACH.** \$1500. 2 bedroom, 1 bath with loft and garage. Quiet Northeast Pacific Beach location. \$500 deposit. 2108 Garnet. Corner of Garnet and Noyes. 858-866-5636.

**PACIFIC BEACH.** Call about move-in special! 3 bedroom, 2 bath. Close to beach. Washer/ dryer. Fireplace. Patio. Sorry, no pets. 1420 Reed Avenue. Call Agent, 619-582-4119.

**PACIFIC BEACH.** \$1995. Extra large 3 bedroom, 2 bath in small complex, completely remodeled, washer/ dryer hookups, private yard, ceramic tile. Near bay! 2054 Thomas Avenue. 619-804-3325.

**PACIFIC BEACH.** 1/2 first month! Large 2 bedroom, 1 bath, \$1350. Near ocean and shopping. Spacious kitchen, ceiling fans, plenty of space! Pets negotiable. 4406 Dawes Street. 619-804-3325.

**PACIFIC BEACH.** 1/2 off 1st! Gated 1 bedroom, 1 bath, \$995. Appliances, on-site laundry, footsteps from ocean and Crystal Pier, near all! 4751 Mission Boulevard. 619-804-3325.

**PACIFIC BEACH.** \$1275. Excellent 2-bedroom top/ third-floor corner unit with neighborhood views. Designer paint colors, pool, barbecue. Great value and location, steps to Vons Shopping Center. 1930 Emerald Street. TPPM, 619-206-8578. www.torreypinespm.com.

**PACIFIC BEACH.** January move-in special! Newly remodeled 700- square-foot 1 bedroom, 1 bath, \$995. Quiet. Ceiling fans, microwave, dishwasher, laundry, reserved parking. Building well maintained. No pets. Available now. 619-279-0031.

**PACIFIC BEACH.** Well-maintained 1 bedroom from \$875, and newly remodeled 2 bedroom, 1 bath, \$1195. Clean, quiet, parking, laundry, ceiling fans, pool. No pets. Available now. 619-279-0031.

**PACIFIC BEACH.** \$895. 1 bedroom. Convenient location only a few blocks to Mission Bay and a short bike ride to the beach. 2009 Thomas Avenue. TPPM, 858-699-3851, www.torreypinespm.com.

**PACIFIC BEACH.** \$1395- 1495. 2 bedroom, 2 bath with designer paint. Centrally located, close to shopping and all Pacific Beach has to offer. **Open Saturday 11:30-12:30.** 1938 Felspar Street #1 and unit #2. TPPM, 858-699-3851. www.torreypinespm.com.

**PACIFIC BEACH.** Starting at \$845. 1 bedroom. Garden setting, easy access location. Pool, recreation room, no pets. **Move in special! 1/2 off first month's rent!** 2710 Grand Avenue. TPPM, 858-273-8657. www.torreypinespm.com.

**PACIFIC BEACH.** \$950. 1 bedroom, 1 bath downstairs apartment. Blocks to ocean/ bay. Patio, on-site laundry. Quiet complex. No pets. 1264 Reed Ave. #2. 619-269-2691.

**PACIFIC BEACH.** \$925. Spacious 1 bedroom, 1 parking space with balcony facing Rose Creek. Located in Pacific Woodlands West. TPPM, 858-699-3851. www.torreypinespm.com.

**PACIFIC BEACH/ CROWN POINT** \$1450. 2 bedroom, 2 bath in very nice property with pool. Fantastic location. One block to Sail Bay. 3773 Haines St. TPPM, 858-273-8657. www.torreypinespm.com.

**PACIFIC BEACH/ CROWN POINT** \$1495. Spacious 2 bedroom, 2 bath. Pool, parking. Close to Crown Point Shores. 3850-3860 Haines Street. TPPM 858-272-9635 www.torreypinespm.com.

**PACIFIC BEACH/ CROWN POINT** \$1075. Large 1 bedroom. Walk to Sail Bay. 4015

Haines Street. TPPM 858-699-3851, www.torreypinespm.com.

**PACIFIC BEACH/ CROWN POINT.** \$1285. 2 bedroom, 1 bath, large. Stove, refrigerator, dishwasher, microwave, coin laundry, shared courtyard, garage space. Cat OK with extra deposit. Available now. 3711 Ingraham. Del Sol Property Management, Broker. www.delsolpm.com. 858-270-2071.

**PACIFIC BEACH/ CROWN POINT.** \$1285. 2 bedroom, 1 bath. Large, upstairs front unit. New carpet. Quiet area, coin laundry, garage space. Available now. 1768 Thomas. Del Sol Property Management, Broker. www.delsolpm.com. 858-270-2071.

**PACIFIC BEACH/ CROWN POINT.** \$1395. 2 bedroom, 2 bath, large, upstairs. Stove, refrigerator, dishwasher, garage, coin laundry, fireplace. Unit behind 4118. Available now. 4122 Jewell. Del Sol Property Management, www.delsolpm.com. 858-270-2071.

**PACIFIC BEACH/ CROWN POINT.** \$1495. 2 bedroom, 2 bath. Stove, refrigerator; large; upstairs; lots of closet space; balcony; garage space. Available now. 1768 Thomas. Del Sol Property Management, Broker. www.delsolpm.com. 858-270-2071.

**PACIFIC BEACH/ CROWN POINT.** \$1195. 2 bedroom, 1 bath, large, upstairs. Vaulted ceilings, stove, refrigerator, coin laundry, parking. Cat OK with extra deposit. Available 2/10/10. 2152-1/2 Reed. 858-270-2071. Del Sol Property Management, Broker. www.delsolpm.com.

**PACIFIC BEACH/ CROWN POINT.** Studio. \$895 rent, \$500 deposit. Large, upper unit. Right on Mission Bay. No pets, no cosigners. 3976 Morrell Street. 858-483-3221.

**PACIFIC BEACH/ CROWN POINT.** 3848 Lamont: 1 bedroom, \$1150 rent, \$575 deposit. 3854 Lamont: 2 bedroom, 1 bath plus garage, \$1650 rent, \$825 deposit. Spacious units right on Mission bay. No pets. No cosigners. 858-483-3221.

**PACIFIC BEACH/ CROWN POINT.** \$700. Upstairs studio in small complex near Mission Bay Boardwalk. Must see! 1926 Fortuna Avenue. TPPM, 858-699-3851, www.torreypinespm.com.

**PACIFIC BEACH/ CROWN POINT.** \$1575. 2 bedroom, 1.5 bath townhome in the Heart of Crown Point, walk to Bay, custom interior colors, laundry, parking, and courtyard with shared barbecue. 3710 Yosemite Street. TPPM, 858-699-3851, www.torreypinespm.com.

**PACIFIC BEACH/ CROWN POINT.** \$1375. Bright 2 bedroom, 1 bath corner unit. Half block to Sail Bay. Laundry, parking. **Open Saturday 1:00-2:00.** 3809 Riviera Drive. TPPM 858-699-3851, www.torreypinespm.com.

**PACIFIC BEACH/ LAW STREET BEACH.** \$1515. 2 bedroom, 1 bath in incredible beach location across from Law Street Beach. No pets. **Open Saturday 10:00-11:00.** 721 and 7250 Chaldeony Street. TPPM, 858-699-3851, www.torreypinespm.com.

**PACIFIC BEACH/ NORTH.** \$870 or \$1090 (first month). Block ocean. Sunny, upstairs 1 bedroom. Remodeled kitchen/ bath. Berber carpet. Big windows. 849/ 851.5 Diamond. 760-201-3818.

**PACIFIC BEACH/ NORTH.** \$1090. 1 bedroom, large downstairs, completely remodeled, stove, refrigerator, dishwasher, microwave, new carpet, shared courtyard, coin laundry, parking. Cat OK with extra deposit. Available now. 1546 Diamond. Del Sol Property Management, www.delsolpm.com. Broker, 858-270-2071.

**PACIFIC BEACH/ NORTH.** \$865. Studio with all utilities paid. Full kitchen with stove and refrigerator, coin laundry, 3 blocks to ocean. Cat OK with extra deposit. Available now. 5049 Cass Street. Del Sol Property Management, Broker. www.delsolpm.com. 858-270-2071.

**PACIFIC BEACH/ NORTH.** \$1385. 2 bedroom, 1 bath, large, upstairs in triplex behind 1852. Stove, refrigerator, dishwasher, fireplace, garage. Cat OK with extra deposit. Available now. 1854 Chaldeony. Del Sol Property Management, broker. www.delsolpm.com. 858-270-2071.

**PACIFIC BEACH/ NORTH.** \$1385. 2 bedroom, large, downstairs, stove, refrigerator, coin laundry. New carpet. Cat OK with extra deposit. 2-1/2 blocks to ocean. Available now. 959 Chaldeony. Del Sol Property Management, Broker. www.delsolpm.com. 858-270-2071.

**PACIFIC BEACH/ NORTH.** \$1395. 2 bedroom, 1 bath, large upstairs front unit. Stove, refrigerator, private balcony, coin laundry, parking, 3 blocks to ocean. Available now. 1051 Diamond. Del Sol Property Management, Broker. www.delsolpm.com. 858-270-2071.

**PACIFIC BEACH/ NORTH.** \$1475. 2 bedroom, 1 bath, downstairs, large. Stove, refrigerator, coin laundry, garage space. Cat OK with extra deposit. Available now. 945 Chaldeony. Del Sol Property Management, Broker. www.delsolpm.com. 858-270-2071.

**PACIFIC BEACH/ NORTH.** \$1185. 1 bedroom, large, remodeled, downstairs. Stove, refrigerator, dishwasher, microwave, coin laundry, pool. 2 blocks to ocean. Cat OK with extra deposit. Available 2/15/10. 812 Tourmaline. Del Sol Property Management, www.delsolpm.com. 858-270-2071.

**PACIFIC BEACH/ NORTH.** \$1575. 2 bedroom, 1-1/2 bath townhome in 3-plex behind 979. Stove, refrigerator, dishwasher, parking. Close to ocean. Cat OK with extra deposit. Available 2/17/10. 981 Loring. 858-270-2071. Del Sol Property Management, Broker. www.delsolpm.com.

**PACIFIC BEACH/ NORTH.** \$1095. 1 bedroom, large, upstairs. Stove, refrigerator, private balcony, coin laundry, parking, 3 blocks to ocean. Cat OK with additional \$300 deposit. Available 2/20/10. 1032 Beryl. Del Sol Property Management, Broker. www.delsolpm.com. 858-270-2071.

**PACIFIC BEACH/ NORTH.** \$1595. 2 bedroom, 2 bath, remodeled upstairs in 4 unit property. Refrigerator, dishwasher, coin laundry, pool. 2-1/2 blocks to ocean. Available now. 824 Tourmaline. 858-270-2071. Del Sol Property Management, Broker. www.delsolpm.com.

**PACIFIC BEACH/ NORTHWEST.** \$1695. 2 bedroom, 1 bath. 1/2 block to beach. Hardwood floors. Parking. Pet on approval. Felspar at Mission Boulevard. 858-483-9009.

**PACIFIC BEACH/ SAIL BAY.** \$1595. Large 2 bedroom townhouse, attractive interior, private patio. Small complex, parking (2 cars). Laundry, no pets. 2 blocks to bay. Available. 4073 Gresham. 858-274-7980.

**POINT LOMA.** \$1600. 2 bedroom, 2 bath. Fireplace, washer/ dryer in unit, 2 parking spaces, security. No unit above. View—Sea World. Available 2/2. 619-871-9912.

**POINT LOMA.** No deposit, on approved credit.\* 1 bedroom, 1 bath starting at \$960. Close to ocean. Off-street parking. Spa area, on-site laundry. Cats/ dogs 20 pounds OK. Water and trash included.

\*Limited time offer, on approved credit, see manager for details. 2449 Soto Street, Apartment #102, San Diego, 92107. 619-224-1973. Or visit us on our website at www.sdrenting.com.

**POINT LOMA.** 1 bedroom, 1 bath in garden setting. Upstairs, laundry facilities, storage, small pet with deposit. Close to all. \$975 rent, \$1000 deposit. 619-224-2849.

**POINT LOMA.** \$2250. 2 bedroom, 2 bath condo. 2- car garage. Granite counters, stainless appliances, washer/ dryer in unit, balcony, 3461 Spring Tide Terrace. 858-483-3534. www.cal-prop.com.

**POINT LOMA.** \$1450. Spacious 2 bedroom, 1-1/2 bath townhouse. Upgraded carpeting. 12" tile floors, marble vanities, walk-in closet, patio. Pool, saunas. No pets. 619-226-8158.

**POINT LOMA.** \$1200. 2 bedroom, 2 bath. Fireplace, garage parking, laundry, 950 square feet. Walk to all. 619-226-6999.

**POINT LOMA.** \$1050 rent, \$800 deposit OAC. 2 bedroom with garage, parking, laundry, near bay, no pets, at 2839 Shelter Island Drive. Agent, 619-299-8515.

**POINT LOMA/ OCEAN BEACH.** \$1195. 2 bedroom, upstairs. Four-plex. New paint wood floors. Rent includes water, trash, gardener. No pets. 3668 Voltaire Street. Agent, 619-463-2971.

**POINT LOMA/ OCEAN BEACH.** Move-in special! Large 1 bedrooms, \$950 plus \$950 deposit. Parking— one vehicle. Laundry. Cats negotiable. Near all. Available now. 619-523-3969.

**SMOG CHECK**  
Including Test Only & Repair  
**\$19.95**  
Plus \$8.25 for certificate and \$2.50 communication fee. Most cars. Trucks, vans & SUV's \$5 extra. \*95 and older add \$10 for evap. test. No appt. necessary.

**ADAMS IMPORT**  
Mon.-Fri. 8 am-5 pm  
3166 Adams Avenue  
(next to 8 & 805)  
619-282-5555  
With ad. Expires 2/25/10.  
www.adamsimport.com

**RANCHO BERNARDO.** \$1450. 2 bedroom, 2 bath condo. 2 parking. Washer/ dryer in unit. Immaculate downstairs unit. Pergo and slate flooring. Fireplace. Tennis courts, weight room, gym, 2 pools. No pets. 17161 Alva Road #811. 858-483-3534. www.cal-prop.com.

**RANCHO PENASQUITOS.** 1/2- off February rent! Clean 2 bedroom, 1 bath townhome. 924 estimated square footage. Stove/ oven, refrigerator, shared washer, dryer, heating. Community pool/ Jacuzzi. 13833 Via Rimini. \$1150/ month. Agent, 619-471-2201.

**RANCHO SAN DIEGO.** \$1450. 2 bedroom, 2 bath condo, 1 car garage. 2 master bedrooms, washer/ dryer, 2 patios, fireplace, pool. Small pet OK. 3629 Avocado Village Court #130. 858-483-3534. www.cal-prop.com.

**RANCHO SAN DIEGO.** Move-in special! 1 bedrooms, brand new resort- style community! \$1075. Granite, tile, washer/ dryer in unit, parking, pool, tennis, gym. Pets OK. 619-279-0031.

**SAN CARLOS.** Super special! 2 bedroom townhouses. \$1375/ month and up. Stove, dishwasher, garage, large patio, pools, laundry facilities. Lakewood Villa Townhomes, 8492 San Carlos Drive, San Diego. Available now. Call 619-469-3585; 619-944-0671.

**SAN CARLOS.** \$1050. 1/2 off first month's rent! 2 bedroom, 1 bath upstairs unit. Community pool, extra storage area. 2 parking spots. Bell Bluff Avenue. 619-582-4119.

**SAN CARLOS.** \$895. Nice 1 bedroom condo in Casa Dorada. Carport, quiet complex, pool, spa. Great location. 8671 Lake Murray Boulevard #5. Agent, 619-469-7790. www.westmanproperties.com.

**SAN DIEGO.** Mention ad for move-in special! Near Naval Base. 3 bedroom, 1-1/2 bath. Townhome community. Lots of storage. Patio off courtyard. Section 8 welcome. No pets. Call 619-527-7724. E-mail clizardi@sdhc.org.

**AUTOMOTIVE**

**ATEK AUTO REPAIR JAPANESE CAR SPECIALIST** **232-5505**  
WWW.ATEKAUTO.COM  
2488 C ST., SAN DIEGO (CORNER OF C & 25TH)

<b>BRAKES</b> Pads or shoes and labor. <b>\$49<sup>95</sup>*</b>	<b>CLUTCH</b> Includes: • Disc Plate • Pressure Plate • T/D Beam <b>\$159<sup>95</sup>*</b>
<b>MUFFLER \$49<sup>95</sup>* INSTALLED</b>	<b>CV AXLE</b> Axle and labor. <b>\$99<sup>95</sup>*</b>
<b>CALL FOR MORE DETAILS ON OTHER VEHICLES:</b> • Head Gasket • Struts • CV Boot • Catalytic Converter * For Nissan Sentra '95	<b>TUNE-UP</b> 4-cyl. Includes: 4 plugs <b>\$24<sup>95</sup>*</b>
<b>CV BOOT INSTALLED \$24<sup>95</sup>*</b>	

**ACE TIRE**

**Auto Care Experts**

**Oil Change \$14<sup>95</sup>**

• Up to 5 quarts 5W/20 • Tire rotation  
• New filter • Vehicle inspection  
Good with coupon until 3/7/10. **A \$24.95 value - over 30% off**

<b>CALL FOR TIRE PRICES NOT LISTED</b>				
<b>TIRES</b>	40,000 Mile Rated Tire 195/60R15 <b>\$45<sup>EA</sup></b>	<b>GOODYEAR</b> Eagle LS2 195/65R15 <b>\$59<sup>95</sup><sup>EA</sup></b>	<b>DUNLOP</b> Limited supply. 215/40R18 <b>\$75<sup>EA</sup></b>	<b>KUMHO TIRES</b> KRZ1 85,000 mile • 185/70R14 <b>\$45<sup>EA</sup></b>
	<b>NATIONWIDE WARRANTY ON ALL REPAIR SERVICES</b>			
<b>SERVICE</b>	<b>Computerized Alignment</b> 2 or 4 wheel <b>\$49<sup>95</sup></b> Add \$20 for lifetime.	<b>Brakes</b> <b>\$35</b> off per axle	<b>Rotate &amp; Balance</b> <b>\$9<sup>95</sup></b> 4 tires. Up to 17" rims.	<b>Fuel System Cleaning</b> Full Throttle Brand 2 step process <b>\$29<sup>95</sup></b>
	<b>Kearny Mesa</b> 4183 Convoy 858-278-6200	<b>Lemon Grove</b> 6994 Broadway 619-698-5410	<b>El Cajon</b> 130 W. Bradley 619-449-7600	<b>Chula Vista</b> 1135 Broadway 619-425-8677

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**COMPLETE AUTOMOTIVE CENTER**  
SINCE 1989 • FOREIGN & DOMESTIC

**MIRAMAR • (858) 558-8562**  
6696 Miramar Rd., Suites I & J  
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<b>Free brake inspection!</b> <b>BRAKE SPECIAL \$30 OFF!</b>	<b>Free alignment inspection!</b> (With appointment, please) <b>Computerized Alignment \$39<sup>95</sup></b> <b>Thrust Angle 4-Wheel Alignment \$49<sup>95</sup></b> Set toes to specs. Most cars. Shims & cams extra.	<b>Shock &amp; Strut Special</b> BUY THREE, GET THE FOURTH <b>FREE KYB MONROE</b> <b>Oil Change \$17<sup>95</sup></b> Synthetic oil available Includes 5 quarts 10W/30 oil and new filter. Most cars.
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**CALL FOR SPECIAL READER PRICES ON:**  
**Factory-Scheduled Service • Clutch • Timing Belt • Axles 30K/60K/90K • New Radiator • Tune-up • New Belts & Hoses**  
Monday-Friday 8 am-5:30 pm • Saturday 8 am-4 pm. Call for details. Please call for an appointment.



THINGPART

by Joe Sayers ©2010



**SAN MARCOS.** \$1200. 2 bedroom, 2 bath condo. Private, upstairs. Washer/dryer. Fireplace. Near freeways, CSUSM, Palomar. Mission Park. 203 Woodland Parkway. Gloria, 858-513-1701, 858-395-8125.

**SAN YSIDRO.** Mention ad for move-in special! 3 bedroom, 1-1/2 bath. Minutes to shopping, bus line, trolley, I-5 and I-805 freeways and International border. Se habla espanol. Section 8 welcome. Sorry, no pets. For more information, call Letty at 619-578-7441.

**SANTEE.** 2 bedroom, 1 bath condo. \$1075. 1- car garage. Water/ sewer/ trash included. Small pets OK. Community pool. 9849 Mission Greens Court #3. People Helping Others Property Management, 619-282-5400. peoplehelpingothers.com.

**SDSU.** Under new management! Studios, 1, 2, 3 bedrooms starting at \$895. Very near campus, around the corner from Peterson gym/ recreation center. 6 swimming pools. Large apartment homes. Fantastic views of San Diego. Leasing office available 7 days a week. Albert's College

Apartments. 5460 55th Street, San Diego, 1-800-760-5518.

**SERRA MESA.** \$1295. 3 bedroom, 2 bath. Parking, laundry on site. Available now. 8604 Huribut Street. www.amgsd.com. 619-295-1165.

**SHERMAN HEIGHTS.** Studio. Rent \$645, deposit \$515. Upgraded street. Available to move in now! 322 sqft. 532 21st Street #6. v@sdcpm.net. 619-220-4840.

**SOUTH PARK.** \$715: Small 1 bedroom duplex. Balcony, canyon view. Nice, quiet neighborhood. Water/ trash paid. Strictly nonsmoking. Pet on approval. 1841 Bancroft. 619-435-0387, 619-206-3089.

**TALMADGE.** \$895. 1 month free! Beautiful, spacious 1 bedroom. New interior. Air conditioning. Elevator. Keyed entry. Parking garage. Freeway close. 4471 44th Street. 619-255-8084, 619-569-6396.

**TALMADGE.** \$99 move-in special! Spacious 1 and 2 bedrooms. Gated, new

floors, A/C, dishwasher, balcony. Parking. pool. 619-284-1045.



**TALMADGE.** \$995. Large 2 bedroom, 2 bath upstairs corner unit. Dishwasher. Air conditioning. Washer/ dryer hookups. Parking. Small pet. 4435 Estrella Avenue #4. 619-698-6911. www.goldenmanagement.com.

**TALMADGE/ COLLEGE.** \$775. 1 bedroom, 1 bath, charming Spanish- style complex, private patio, all appliances, on-site laundry, off- street parking. Near all. 4451 48th Street #2. 619-804-3325.

**TIERRASANTA** \$1600. Beautiful 2 bedroom, 1.5 bath condo. Quiet neighborhood. Dishwasher, stove, refrigerator. Washer/ dryer in unit. Patio with storage. Pool, tennis court. 619-298-7724.

**TIERRASANTA.** \$1795. 3 bedroom, 2.5 bath townhouse with over 1500 square feet. 2 parking spaces, pool, laundry, patio, quiet area. Central San Diego location. No pets. Call Coldwell Banker Property Management, 858-488-2228.

**UNIVERSITY CITY.** \$1625. 3 bedroom, 1.5 bath. Garage, stove, refrigerator. Laundry area inside. No pets. Near park, UCSD and shopping. Pool. University Woods. 858-292-6046.

**UNIVERSITY CITY.** \$895. 1 bedroom in 62+ complex. Balcony. New carpet, paint. Close to shopping, transportation and freeways. No pets. Available now. Call Coldwell Banker Property Management, 858-488-2228.

**UNIVERSITY HEIGHTS.** Apartment available, \$1150. 2 bedroom, 2 bath. Washer/ dryer, air, fireplace. Off-street parking. 8- unit complex. 4026 Alabama Street. 619-296-9557, 619-286-4320.

**UNIVERSITY HEIGHTS.** \$1125. 2 bedroom, 2 bath. Downstairs, spacious. Stove, refrigerator, dishwasher. On-site laundry/ parking. No pets. 4460 Cleveland Ave. 619-298-7724.

**UNIVERSITY HEIGHTS.** \$1150. 2 bedroom, 1 bath in charming complex, all appliances, private balcony, A/C, built-in bookshelf, laundry, pets negotiable. 4360 Hamilton Street #7. 619-804-3325.

**UNIVERSITY HEIGHTS.** \$750. All utilities included! Charming studio. Private, fenced yard; walk-in closet; ceiling fan. Small pet negotiable. 4385 Alabama Street. 619-804-3325.

**UNIVERSITY HEIGHTS.** 1/2 off 1st! 1 bedroom, 1 bath, \$850. Gated complex, wood cabinets and built-in bookshelves, appliances, on-site laundry, off- street parking. Near all. 4452 Louisiana Street. 619-804-3325.

**UNIVERSITY HEIGHTS.** \$975. 1 bedroom, 1 bath remodeled with granite, stainless steel appliances, designer carpeting and paint. Gas stove, dishwasher, large closet, laundry, and parking. Beautiful garden setting. Walk to Antique Row and night life. No pets. 4676 Hamilton Street. TPPM, 619-296-8802. www.torreypinespm.com.

**UNIVERSITY HEIGHTS.** \$1145. 2 bedroom, 1.5 bath. Bright top- floor unit with neighborhood views. Remodeled with designer carpet and paint. Garden setting, large closets, parking, laundry. Cat OK. **Open Saturday 1:00-3:00.** 4381 Utah #6. TPPM, 619-296-8802, www.torreypinespm.com.

**UTC.** New interior. 3 bedroom, 2 bath townhouse. Hookups. Small yard. Carport. No pets. 9570 Easter Way. \$1800. 619-441-1115.

**UTC.** 55+. Spacious luxury living. 1 bedroom, \$995. 2 bedrooms/ 1 bath, \$1035. \$250 deposit, OAC. \$100 off for same- day lease sign. Town Park Villas, 4633 Governor Drive. 858-453-0441.

**UTC.** 55+. Brand new! 2 bedroom, 2 bath, \$1650. \$250 deposit, OAC. \$100 off for same- day lease sign. La Jolla Del Rey, 4627 Pavlov Avenue. 858-677-1713.

**UTC.** 2 bedroom, 1 bath condo, \$1900. Washer and dryer in condo, stainless

appliances, new carpet and paint, balcony, community pool, spa and clubhouse. 8158 Avenida Navidad #22. People Helping Others Property Management, 619-282-5400. peoplehelpingothers.com.

**UTC.** 3 bedroom, 2 bath condo, \$1795— 1/2 off first month's rent with 1- year lease! A/C, fireplace, washer/ dryer, 1- car garage, community pool. 5767 Erlanger Street. People Helping Others Property Management, 619-282-5400. peoplehelpingothers.com.

**UTC/ LA JOLLA.** 2 master bedrooms, 2.5 bath. 2- car enclosed garage. Appliances included. Pools, tennis courts. No pets/ smoking. 1- year lease. \$2000. 858-792-5217.

**UTC/ LA JOLLA.** Beautiful 3 bedroom, 1- 1/2 bath townhome. Minutes from freeways, UCSD, UTC mall and MCAS. Section 8 welcome. Sorry, no pets. Ask about blowout move-in special! Call Dulce Ochua, 858-638-7886.

RENTAL SERVICES

**PROPERTY MANAGEMENT.** Alta Vista Properties, a full- service management company for residential, small HOAs and commercial properties, specializes in coastal areas. For a complete list of services, please call 858-274-3600. www.altavistaproperties.net.

REAL ESTATE HOUSES

**BAY PARK.** Remodeled 4 bedroom plus bonus room. Quiet cul-de-sac. Granite, stainless, crown molding. Open layout. Park- like backyard. Regular sale. Open house: 1/30, 1-4pm. \$795,000. 619-454-1567.

**MEXICO.** Homes for sale and rent in La Mision, Baja California. 2 bedroom, 1 bath. Beautiful ocean view, 24-hour security guard, gated community. Best beach in Baja. 760-250-7055.

**OAK PARK.** \$30,000. Move-in ready 3 bedroom, 1.75 bath mobile home. Newer appliances, air, bamboo flooring, wide driveway. Gated community. \$790/ month. 858-722-8395. 619-303-1223.

REAL ESTATE MISCELLANEOUS

**APARTMENTS FOR SALE!** We find you an apartment property and get you a loan! San Diego's small investment property specialists. Visit www. AllApartmentLoans.com. Or call 760-672-2180.

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**Oil Change Special '14<sup>95</sup>**  
Most 4-cyl. cars. Includes new oil filter, EPA, up to 5 qts. oil.  
6-cyl. & 8-cyl. extra, some oil filters extra.

**Smog Check '19<sup>75</sup>**  
+\$8.25 certificate +\$2 ET.  
Most cars. Bring DMV notice. Extra \$6 for vans, SUVs, trucks, V8, and European.  
(Model years 1976-1995 \$10 extra for Evap test.) RVs: call for details.

**A/C Service '20**  
Plus Freon. Call for details.

**Basic Tune-Up** with oil change  
4-cyl. **'35** 6-cyl. **'39<sup>95</sup>** 8-cyl. **'49<sup>95</sup>**  
Most cars. Includes new plugs and oil filter. Inspect cap, rotor wire, air filter. Some oil filters extra. Some cars labor extra. Platinum plugs extra.

**60K/90K/120K Services**  
4-cyl. from **'149<sup>95</sup>**  
6-cyl. and 8-cyl. extra. Platinum plugs extra.  
**Call for details.**

**"Check Engine" Light On?**  
**OBDI! Diagnostic Car Fail Smog?**  
**Diagnostic Free with Repair**  
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Starting at **\$109\*** 4-cyl.  
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Starting at **\$190** Installed Most cars.

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Starting at **\$1200\*** Installed. 6-cyl., 8-cyl. extra. Call for details.

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**LEAD STORY**

— Commercial test-preparation courses are already popular for applicants to top colleges and graduate schools, and recently also for admission to prestigious private high schools and grade schools. Now, according to a November *New York Times* report, such courses and private coaching are increasingly important for admission to New York City’s high-achiever public kindergartens, even though the applicants are just three and four years old. Basic coaching, which may cost more than \$1000, includes training a child to listen to an adult’s questions and to sit still for testing. Minimum qualification for top-shelf kindergartens are scores at the 90th percentile on the Olsat reasoning test and the Bracken School Readiness knowledge test.

**Police Report**

— In the past three years, at least 39 drivers in Dallas have been ticketed by police officers for the “offense” of being “a non-English speaking driver,” according to a *Dallas Morning News* investigation in October. The software for officers’ in-car computers features a check-off box with the phrase, perhaps leading officers (and their sergeants) to believe it constituted a sepa-

rate traffic offense rather than merely an indication that the motorist might not have understood an officer’s instructions. The police chief expressed shock at the report and promised to end the practice.

— Five people were arrested in Los Angeles in October and charged with kidnapping and “torturing” two “loan modification” agents who had taken fees while promising to save their home from foreclosure but had allegedly failed to help.

— Daniel Adler, 61, was arrested in October in Stony Point, N.Y., and charged with assault. Police said Adler had been solicited by a Sears Home Improvement telemarketer and had agreed to an appointment but that when the employee arrived, Adler allegedly punched him in the face. Adler said he had scheduled the appointment only to “advise” Sears, in person, to stop calling him.

— In an October incident, an off-duty Jacksonville, Fla., sheriff’s deputy forgot to leave her service weapon outside when accompanying her mother to Shands Jacksonville hospital for an MRI. The powerful magnet sucked her Glock away in a flash, trapping the deputy’s hand between the machine and the gun. Repairs, plus the lengthy powering-down and re-powering of

the machine, was said to have cost the hospital \$150,000.

**Government In Action**

— In September, Nebraska prison guard Michal Preclik, 32 (who had been on the job for a year and had just been promoted), was discovered to be on the lam from Interpol for drug and fraud crimes in the Czech Republic. The corrections department’s background check, on the FBI’s National Criminal Information Center database, had turned up nothing, but when officials subsequently Googled Preclik, the Interpol wanted poster was one of the top results.

— The government of the state of Terengganu initiated a campaign in November to halt the growing divorce rate by offering premarital classes in sensuality. Also, because newlyweds have identified spousal body odor and ugly pajamas as turn-offs, the government invited cosmetics firms and lingerie sellers to improve their offerings.

— U.S. Homeland Security officials confirmed in October that an estimated 200,000 temporarily admitted foreign visitors to the U.S. since the Sept. 11 terrorist attacks are still in the country illegally with overstayed visas and that there is still no system in place to catch them. The problem

had surfaced in September when a 19-year-old Jordanian man (legally admitted on a since-expired tourist visa) was arrested and accused of plotting to blow up a Dallas skyscraper. He had been arrested two weeks before that on a traffic violation, and even though he was on an FBI watch list because of visits to a jihadist website, he had no immigration “record” and thus was released after paying the traffic fine.

**Democracy in Action**

— When the DRP party candidate for president of Mexico City’s most populous borough lost in the primary this year, party officials hatched a plot to elevate a street peddler, “Juanito” Angeles, to run in the general election, with the “understanding” that he would step aside if victorious, in favor of the original candidate, Clara Brugada. Helped by his “everyman” image (according to a *New York Times* dispatch), Angeles won the election. However, he refused to relinquish the presidency. (He finally agreed, in September, but only after receiving concessions from the party.)

Send your Weird News to Chuck Shepherd, San Diego Reader, P.O. Box 85803, San Diego, CA 92186 or to WeirdNewsTips@Yahoo.com

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**VISTA** mobile home and land by owner. \$110,000 negotiable. 2 bedroom, 1-1/2 bath, 55+ community. Small animal permitted. RV parking. \$170 HOA, includes water, trash, cable. 760-295-3514.

**SPORTS**

**BALLY TOTAL FITNESS.** Lifetime membership. Can be used nationwide. Private party. 858-277-5029.

**GOLF BAG,** Top Flite, black, lightweight, like-new condition. \$25. 619-523-1782.

**GOLF BAGS,** 2 brand- new Maxfli men's and women's Datrek bags, \$60 each. Used bags, clubs, putters and pull cart, starting at \$10. 858-864-2708.

**GOLF CLUBS,** beautiful, like new, full set, left hand comes with new bag, cart, extra clubs. Leadbetter DVD, instructional golf books, many extras, \$185. 619-683-3811.

**KAYAK EVENT. Presentation by Freya Hoffmeister, first woman to solo circumnavigate Australia by kayak. Saturday, February 6, 6-8pm: Adventure 16, 4620**

**Alvarado Canyon Road, San Diego 92120. 619-283-2374.**

**MEN'S SOFTBALL TEAM,** Sunday, needs a third baseman and a second baseman and outfielder. Call Lyle, 619-940-2230.

**SNOWBOARDS AND CLOTHING,** surfboards, wetsuits, wakeboards wanted. We pay cash for good quality used surf, wake, scuba, water sports gear. We also buy golf, skate, softball equipment; exercise and weight machines; rollerblades; roller skates; and more. Get cash or trade for other sports and fitness equipment. Play It Again Sports. Find locations: playitagainsd.com. 858-490-0222.

**SOFTBALL COED** Thursday nights. Looking for couples to play in a fun, social atmosphere. 619-295-0385.

**SOFTBALL MEN'S TEAM** needs shortstop and left fielder. Call Tom, 858-270-0123.

**SOFTBALL TEAM** needs third baseman, pitcher and 2 outfielders. 619-517-5791.

**SOFTBALL.** Shortstop and center fielder wanted for men's softball team. Jeff, 619-823-2852.

**SPRING LEAGUE** now accepting teams. Games starting after 3/1/10. For program overview/ registration/ team and players' message board, visit: www.softballsd.com. John, Softball San Diego. johng@softballsd.com.

**PHOTO**

**CAMERA SHOW.** Vintage to Digital. Many sellers! Sunday, January 31, 10am-3pm. Al Bahr Center, 5440 Kearney Mesa Rd. San Diego. \$21 310-578-7446, www.BargainCameraShows.com.

**CANON.** VC-1 8mm camera. \$200. Pat, 619-540-5604.

**PROJECTOR.** Bell & Howell slide projector, TDC headliner 303 with Selectron semimatic slide changer (not carousel), 30 slides. Works great. \$50. 619-224-4820.

**COMPUTERS**

**LAPTOP** computer, XP/ Office, wireless Internet. Good condition. Must sell. Se habla espanol. 619-715-7764.

**SCANNER,** flatbed Canonscan LIDE 50, works great, just not with Windows 7, 64 bit. \$20. 619-542-1306.

**WANTED / TRADE**

**BROKEN APPLE IPHONES.** 3G/ 3GS. Broken/ cracked display? Water damage? I'll pick up phone within County, pay cash. tamayojeffrey@gmail.com. Text/ call Google voice number: 619-512-2049.

**CARPENTER/ LANDSCAPER** wanted in exchange for room and utilities. Address: 7505 Gayneswood Way, San Diego, CA 92139.

**CASH FOR WALT DISNEY** autographs, items, books, paper, Disneyland original animation, comic art, any comics before 1970, autograph collections. No records/ videos. 619-465-3090.

**FISHING TACKLE.** Collector wants for his personal collection wooden lures, reels, and miscellaneous by Heddon, Pflueger, Creek Chub, South Bend, Shakespeare, to name a few. 619-972-3488.

**MOTORCYCLE WANTED** by enthusiast to restore. Older motorcycle, any make or

model. Any condition. Can pick up. Fair cash price paid. 760-315-1774.

**POOL TABLE WANTED** by family. In good condition. Reasonable price. 619-501-1883.

**WANTED.** Struggling musician needs old, outdated computer, to download Worship Team songs. Escondido. Please call Mark, 760-738-8059.

**ANTIQUES & COLLECTIBLES**

**ANSTEAD'S AUCTION.** We buy antiques, collectibles, household furniture, appliances, TVs, home electronics, pianos. Prompt service. Local buyers. Licensed/ bonded. Serving San Diego since 1971. 619-233-3148; 1-888-722-2002.

**ANTIQUE BOOK,** 1912 book, "Sinking of the Titanic" by Russell, \$250. 619-286-3939.

**BOOK.** "Shirley Temple Dolls and Collectibles," second series, 1979, hardback with colorful jacket, 9"x11", signed by author Patricia R. Smith. \$15. 760-845-3024.

**CHINA SETS.** Noritake china, 4 complete sets, starting at \$275. Service for 12 (94 pieces), \$895. Comparable to \$1495 elsewhere. Pictures available. 619-280-5155.

**DESK, BED.** Tiger oak desk, barley twist legs, drawer. Curved, fancy wood top, nice original finish, \$250. Bed, many carvings, side rails, needs refinish, \$295. 619-997-8913.

**GAS RANGE,** O'Keefe & Merritt range, circa 1940s-1950s, white, excellent condition, \$425 negotiable. Contact Norman, 619-846-7579.

**RECORD COLLECTION,** 1960s, 1970s, 1980s, vinyl LPs, Beatles, Stones, Hendrix, Floyd, Marley, Motown, Jackson 5, blues, surf, more. 619-523-1782.

**RECORD COLLECTION, 45s,** classic rock hit singles, 1960s-1970s. Mint condition. 619-523-1782.

**STAMP SHEETS.** Declaration of Independence, Philadelphia; Washington Crossing Delaware; Washington Reviewing Army, Valley Forge; Surrender of Cornwallis at Yorktown. All \$35. 760-599-0249.

**WANTED: OLD ORIENTAL RUGS** or Navajos. Call toll free 1-800-660-8938.

**APPLIANCES**

**APPLIANCES FOR LESS:** megalandd.com. New and used appliances and flat-screen HDTVs, a fraction of retail prices! 2256 Main Street #7, Chula Vista. 619-575-4227.

**STEREO/CASSETTE,** compact DVD disk player. Digital audio system, super T-base, new condition, AIWA. \$40. Spring Valley, 619-466-8663.

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**BED \$139, A ABSOLUTE BARGAIN!** Mattress Orthopedic Deluxe. New in plastic with warranty. Queen, \$139. All other sizes available. Credit cards accepted. Free delivery. Call 800-464-6420 or 800-464-6490. www.mattresscodirect.com.

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Most vehicles. All offers valid with this ad. PB location only. Expires 2/11/10.

**Lube, oil & filter \$9<sup>98</sup>**  
Most vehicles. Includes up to 5 qts. oil (5W-30 or 10W-30 premium oil), filter, lube and 21-point safety inspection. Plus \$2 waste fee.

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Most vehicles. Improves gas mileage and engine performance. Chemically clean. 14-point safety inspection.

**Transmission Flush \$69<sup>98</sup>**  
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**30K/60K/90K \$129<sup>98</sup>** 4-cyl.  
**Dealer Warranty Recommended Services**  
See Manager for details on 6- & 8-cyl. prices. Most vehicles. Valid with coupon. PB location only.

**Gas saver performance package \$49<sup>98</sup>**  
Most 4-cyl. cars. 6-cyl. \$69.98, 8-cyl. \$79.88. Improves gas mileage and engine performance. Includes tune-up with "Super Bosch" spark plugs, fuel injection service, lube, oil & filter (choice of 5W-30 or 10W-30 premium oil), and 14-point safety inspection.

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**MATTRESS, A PLUSH PILLOWTOP.** Mattress Orthopedic. New in plastic with warranty. Queen, \$299, King, \$399. Free delivery. Credit cards accepted. Call 800-464-6420 or 800-464-6490, www.mattresscodirect.com.

**NIGHTSTANDS** or as nice end tables, white with slight gold trim, 2 drawers each, heavy, good condition. \$25 each. Spring Valley, 619-466-8663.

## GARAGE SALES

### Auctions Wednesdays!

Electronics, home furnishings, antiques, collectibles, jewelry and more! Every Wednesday at 4:30 pm. At 130 East 8th Street, National City. Consignments available. 619-474-8296.

**PACIFIC BEACH.** Alley garage sale. TVs, scanner, tables, toys, lawnmower, California King mattress, vintage stove, tile, clothes, blinds. 1/30, 7am-9am. Alley behind 1143 Wilbur Avenue.

**PACIFIC BEACH.** Saturday, January 30. 8am to 11pm only! Tools, TVs, toys, clothes, decor, books, golf balls, office/ kitchen supplies, and more. 1275 Loring Street.

**RANCHO PENASQUITOS.** Church community sale. Family donations. High-end household, couch, electronics, furniture, more. Saturday, January 30, 7am-? Liquidation starts 12pm. 13103 Old West Avenue.

## MISCELLANEOUS

**AIR PURIFIERS.** 2 Ionic Breeze Quadra air purifiers from Sharper Image. Never need filters. Like new. Must buy both, \$100 pair. 619-338-9144.

**ART POTTERY** and glass, old mesh purse, fountain pens, old books, signed costume jewelry, cloisonné lamp, Deco crystal perfumer, Roseville, Fulpur. 619-297-7636.

**ART: PORTRAITS/ PAINTINGS** of pets, people, etc. Also do murals, sculpture, signs, illustrations; teach. Oil, acrylic, pastel, mixed-media. 19 years' experience. Flexible prices. Bob: 619-405-7487.

**BED \$139! ORTHOPEDIC.** New mattress in plastic with warranty. Queen, \$139. Twin, full and king also available. Free delivery. Call 800-464-6420 or 800-464-6490. www.mattresscodirect.com.

**BED FRAME,** adjustable, great condition, \$10. 619-490-5143.

**BIKE, BOYS',** 20", red/ black. \$20. Extra tire tube free. Antique- look pendulum clock, 30", \$10. Lemon Grove area. 619-464-4026.

**BOOK.** New, "Notary Signing Agent Certification Course," \$25. Message, 619-696-1265.

**BOOTS,** black, women's, 9-1/2 wide, calf height, side zipper, front strap with silver buckle. High wedge black sole. New. \$12. Spring Valley. 619-466-8663.

**BOOTS.** Ladies' duck boots. Good condition, size 7 medium, warm and toasty for snow, cold weather. Only \$15/ best, cash. Del Mar, 858-254-8881.

**CEMETERY PLOT.** Single. Prime location. El Camino Park, San Diego. Private party. 858-277-5029.

**DECANTERS,** Amvets and VFW vintage decanters, 1970s, \$10-\$15. Fleet reserve, Redfin Submarine decanters, others, lots of gold and platinum trim. 619-296-9415.

**GET DISH.** Free installation, \$19.99/ month. HBO and Showtime free, over 50 HD channels free. Lowest prices. No equipment to buy! Call now for full details, 877-238-8413. (AAN CAN)

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**HANGERS.** Plastic, tubular and wire. 858-277-5029.

**HOT WATER SYSTEM,** ISE, 190 degrees at a push of a button, new in the box, \$50. Whiskey decanters, 4 large, 5 small, all for \$150. 760-599-0249.

**LAWNMOWER ENGINES.** My private collection of 20 years. 27 assorted, 3-5 horsepower, B&S, some Honda. All good, some as new, many extras. \$850/ all. 760-732-1315.

**MATTRESS SET.** Queen size mattress set and metal frame; name- brand mattress, firm, excellent condition, \$235. Sheets and mattress pad also available. 619-426-9319.

**MIRROR,** Art Deco, old 1930s, 1/4" bevel, 32"Hx16-1/2"W. \$65. 619-296-7185.

**MISCELLANEOUS.** Ice skates, 11-2/3. Microwave oven, guitar, horror videos and many others, movie poster collection, photos of film people, men's magazines, poetry books, record albums. 619-420-3312.

**MOVING SALE.** Aquarium/ stand, refrigerator, washer/ dryer, freezer, dishwasher, microwave, TVs/ stands, stereo, beds, daybed, dressers, recliner, coffee/ end table, chairs, vacuum, bikes. 619-670-7821.

**PICTURE FRAMES.** 2" bronze wood frame, measures 30-1/2" x 37-1/2", \$10. 1" gold wood frame, measures 26" x 38", no glass, \$5. 619-490-5143.

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# SHEEP AND GOATS

## PLACES OF WORSHIP REVIEWED

**Denomination:** Maronite Catholic  
**Address:** 750 Medford Street, El Cajon, 619-337-1350  
**Founded locally:** 1990  
**Senior pastor:** Nabil Mouannes  
**Congregation size:** 300 families  
**Staff size:** n/a  
**Sunday school enrollment:** n/a  
**Annual budget:** n/a  
**Weekly giving:** n/a  
**Singles program:** no  
**Dress:** semiformal to formal  
**Diversity:** majority Lebanese, but mixed  
**Sunday worship:** 9:30 a.m., 11 a.m.  
**Length of reviewed service:** 1 hour, 5 minutes  
**Website:** [stephrem.org](http://stephrem.org)

The circular interior of St. Ephrem's church might serve as an eclectic museum of Catholic devotional art. So many styles, drawn from so many traditions: a golden mosaic rendering of the icon of Our Lady of Perpetual Help; sweetly pious etchings of the Immaculate Heart of Mary and the Sacred Heart of Jesus; brightly painted plaster statues of St. Francis, St. Therese, and St. Joseph. Marble-relief Stations of the Cross that would be right at home in a Gothic cathedral. A modern-day icon of the Cure of Ars — a Western saint portrayed in an Eastern style.

Amid all this varied display, it would be easy to miss the small evergreen in the Sanctuary, hung with gold ornaments and...photographs of priests? But Father Mouannes does not miss it — he pauses after ascending the stairs to turn a couple of the photos so that the congregation may see the faces. And before the beginning of Mass, the deacon announces that the Maronite Church spends the Sundays leading up to the penitential season of Lent by remembering the dead, starting with “our deceased priests.”

“We connect ourselves with the Church,” explains Mouannes. “We are the Church on Earth that is working very hard in the battle. We connect with the Church that is suffering in Purgatory or with the Church in heaven. We are one body, and we stop and pray for priests.”

Priests, as the tiny choir reminds us at the outset, “guide us on the way, leading us to heaven.” Their style and intonation seem much closer to that of a Jewish cantor than a Roman Catholic scholar, especially

when they sing in Syriac: “*Qadeeshat aloho; Qadeeshat hyeltono; Qadeeshat lomoy-outo.*” (“Holy are You, God; Holy are You, O Strong One; Holy are You, O Immortal One.”) And when the Peace is passed from the hands of the priest to the hands of the deacon to the hands of the congregation in the pews, I can't help thinking of Jews touching their prayer shawls to the Torah as it is processed along the aisles.

Much of the liturgy is given over to prayer, and much of that to pleas for mercy and cleansing and forgiveness. (“Do not hand us over to the burning flame that causes weeping and mourning, affliction and torment...rather, have mercy on us.”) The devil also comes in for a number of mentions (“Deliver us from the evil powers who wrestle with us”), and Mouannes's homily frankly proclaims that “Satan does exist, my friends.... There are only two authorities in the world...the authority of God, and the authority of evil. Those two authorities are in battle. There is no neutrality in nature.

I'll tell you why people don't talk about it...they don't want to battle anymore with the world and with evil. But I want you to realize that you are in a battle.”

Mouannes says that we are in the battle because Jesus came “to restore the authority of God. Who is Jesus? The highest priest — it's written in the letter to the Hebrews. God gave us the power and the authority through the priesthood — priesthood is the authority on Earth. That's why, when people try to destroy your faith, they attack the priests first.” And quoting from the Catholic Catechism, he says, “The whole community of believers is, as such, priestly. The faithful exercise their baptismal priesthood through their participation, each according to his own vocation, in Christ's mission as Priest, Prophet, and King.” And if we share in Jesus' priesthood, we must join the fight.

“Use your power,” he exhorts. “Pray the Mass with all your heart, and imagine you can change the world.”

When I introduce myself



Nabil Mouannes

### St. Ephrem Maronite Church El Cajon ★★

<b>Sermon</b>	
content	★★½
delivery	★★½
<b>Liturgy</b>	★★★
<b>Music</b>	
congregational	★½
band	★★½
<b>Snacks</b>	★
<b>Architecture</b>	★★
<b>Friendliness</b>	★★
Poor to satisfactory	(none)
Good	★
Very good	★★
Excellent	★★★
Extraordinary	★★★★

to Mouannes after the Mass, he grins and says, “You must come on February 9 at 7:30 p.m. It's the feast of Saint Maron, who founded the Maronite Church. This will be the 1600th anniversary of his death.”

What happens when we die?

From Mouannes's homily: “One day, Jesus will ask you, ‘What have you done with this little talent I have given you? I gave it to you to be a priest. What have you done with it? You ran away? You didn't understand it? You ignored it? That's not an answer. No excuses.’”

From the sung prayers for priests: “May hands that transformed bread and wine into Your flesh and blood now hold branches of praise as they meet You.”

From the liturgy: “...the guardians of Your Church deserve a memorial eternally written in the book of Your heavenly kingdom.... Grant peace and serenity to the priests who have gone before us to Your holy dwellings.... Let none of Your deceased ministers be tempted by the devil and his legions. May the marks of Your holy Mysteries shelter and protect them on their journey to You.”

— Matthew Lickona

Videos of this church and others featured in this column are available at [sandiegoreader.com](http://sandiegoreader.com).

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 Rev. Patti Paris  
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 Dr. Susan Shumsky  
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 619-296-2237 or 858-487-4442  
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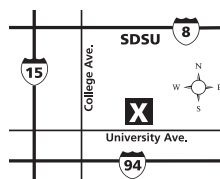
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