Pedacetty volume 38 / Number 40 october 8, 2009

COUPONS INSIDE

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Not long after the New Year, my friend and neighbor here in Zacatitos, Marilyn Z, sent me an email saying that, at 81 years of age, she had lost her battle with cancer and had passed on to the other side.

# Reader



Rolando is sweet! — See page 107

#### ADVERTISING

Classified Ads
Antiques & Collectibles154
Appliances
Automotive
Business Opportunities133
Career Training
Classes/Lessons
Computers
Counseling/Support137
Electronics
Furniture
Garage Sales
Help Wanted
Massage
Miscellaneous For Sale
Motorcycles
Music
Natural Health & Fitness
Natural Living
Notices
Parent Resources 137
Pet Central
Real Estate
Rentals
Roommates 139
Services Directory
Sports
Stage Notes
Travel & Getaways
Wanted/Trade
Wedding/Party Guide137
<i>g</i> ,
Display Ads
Automotive
Career Training122
Health and Beauty41
Help Wanted120
Instruction
Music
Rentals
Research Studies28
Services
Singles Events
Special Event & Party Guide77
Travel & Getaways62

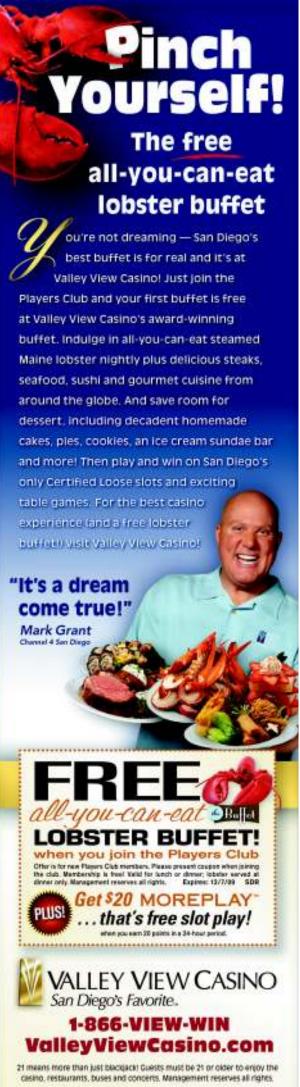
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October 8, 2009

#### NEWS & FEATURES

Please Don't Tell Anyone	
A wonderful world well south of the border. By Steve Sorense	en32
City Lights	
First they burn you out, now they make you pay for it;	_
and Under the Radar	
Sad days for the street dogs of Mexico; and Stringers	
Letters	12
Straight From the Hip	
Can you fix gray hair with a marking pen?	17
Red Zone	
High school football highlights	18
T.G.I.F.	
Friday night frights (Part II)	18
Movie Review and Guide	
Duncan Shepherd gazes at Bright Star	20
Diary of a Diva	
A stressful discussion about relaxing	28
Crasher	
Has-beens at an autograph show	30
Mostly a Jolly Place	
To be with neighbors and work the soil. By Rosa Jurjevics	46
Puzzle Wordsmiths play here	132
Sudoku Find fame in a numbers game	134
Typo Patrol Results	
Off the Cuff	
News of the Weird	149
Best Buys	
What a crock!	151
Back When	
Kids are better than the law	153
Sheep and Goats	
Sushi for breakfast? It's in the Bible	155
CALENDAR	
Events	
Outdoors, Special, Dance, Film, Food & Drink, For Kids,	
Galleries, In Person, Lectures, Sports, Museums & Public Art	61
Roam-O-Rama	
Absolute silence in Anza-Borrego's Mine Canyon	62
Gather No Moss	
Happy Zacatecas and the magic of Norway's fjords	63
Music	
Classical	66
Blurt	
Club Crawler	
Electro-dance-punk quartet the Attack!!	
Everyone's a Critic	
As I Hear It	
Happy Hour! Bargain sauce and snacks	103
Restaurant Reviews and Guide	
Burger safety	
Tin Fork	
	4.4**
Theater Review and Guide  May From Nebraska visits Cranet and it's Squaresh Districted	ion
Man From Nebraska visits Cygnet and it's Savannah Disputat at the Old Globe	





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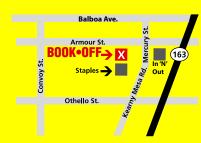
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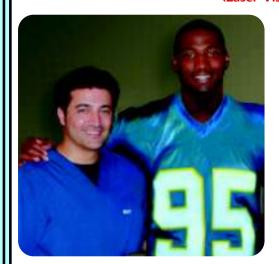


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#### **UNDER THE RADAR**

Price of influence Though it says it is hard up for money to fund the daily workings of government, the San Diego County Board of Supervisors is looking for a new lobbyist to influence affairs in the murky halls of Washington, D.C. According to a recent request for proposal, the representative would "foster strong bipartisan working relationships with officials in DC, provide advice and assistance on federal issues, and/or advocate County positions on legislative/regulatory matters." The proposed contract, for a one-year term beginning next January, with four two-year extension options, is worth between \$250,000 and \$500,000 a year. Bids were due September 18, with the lucky lobbyist set to be selected by the board of supervisors on November 3.

According to an attendance record for a "pre RFP conference" with county staff on September 1, at least three groups have displayed an interest: Dutko Worldwide/NSI, American Capitol Group, and Van Scovoc Associates. The latter bills itself as the "largest independent lobbying firm" in the capital and does work for SAIC, the local defense contractor that just announced it is moving its headquarters out of

Van Scoyoc is noted for its success in getting



members of Congress to earmark federal dollars for the firm's clients. According to a recent report by the D.C.based Center for Public Integrity, in 2008 SAIC got two earmarks worth \$4.4 million for "battlefield sensor net-C.W. Young ting and bioterrorism detection systems," thanks to GOP

congressman C.W."Bill"Young of Florida. Former Young legislative aide Bryan Blom is now a government relations manager for Van Scoyoc, and SAIC's PAC gave Young's campaign \$20,500, with another \$2250 contributed by company executives. Van Scoyoc told the center that Blom never lobbied Young.

This June, USA Today reported that Van Scoyoc had contributed \$2500 to the U.S. Capitol Historical Society for purchase of portraits of San Bernardino representative Jerry Lewis and two other GOP members of Congress. Lewis is a longtime friend of former San Diego congressman Bill Lowery, who was also involved in controversial earmarks. An aide told the paper Lewis had not solicited the contribution. "No one who has met with Congressman Lewis with business before Congress or the appropriations committee has mentioned the portrait or any donations that have been made," he said in an email. A county spokeswoman says the process is on schedule, but she couldn't provide details.

Top cash givers Politics is a year-around game, and the San Diego congressional delegation is busier than ever collecting money for next year's reelection races. But sometimes it takes a bit of detective work to find out where



the money is coming from. On the GOP side, top giver to coastal congressman Brian Bilbray is a political action committee run by Republican whip Eric Cantor of Virginia called Every Republican Is Crucial. Bilbray got \$10,000 Eric Cantor from the committee. Top donors to Cantor's PAC

included NORPAC, a pro-Israel group, with \$24,660; MacAndrews & Forbes, a holding company owned by billionaire Ronald O. Perelman, that gave \$15,000; and Altria Group, the big tobacco company, that kicked in \$5000. Bilbray's next-highest donor was defense contractor SAIC, Inc., which, along with some of its employees, gave a total of \$6400.

SAIC and employees were also kind to North County GOP congressman Darrell Issa, giving \$15,400. He picked up \$5000 each from AT&T and the National Rural Letter Carriers Association. Top donor to **Duncan D. Hunter**, another Republican congressman, who is in his first term after succeeding his father, was defense contractor General Dynamics with \$7500; SAIC checked in with \$6250; and Honeywell International, also big in military business, gave \$5500. Democrat Susan Davis collected \$5000 from the Operating Engineers Union; \$3400 from cell phone giant Qualcomm; and \$2500 from defense contractor BAE Systems. South Bay Democrat **Bob** Filner got \$10,000 from the Plumbers and Pipefitters Union; another \$10,000 from the United Transportation Union; and \$5000 from defense contractor Cubic Corporation.

**Mega-bucks** The City of San Diego has formed a "multi-department Mass Care and Shelter Planning Committee" to put together a plan to use Qualcomm Stadium during disasters such as the October 2007 wildfires. According to a

recent request for proposal, the City will pay \$24,000 to a consultant for "research and development of a mega-



shelter plan format, and identification of critical plan components, content, and requirements for the effective activation and operation of a megashelter at Qualcomm Stadium."

— Matt Potter

The Reader offers \$25 for news tips published in this column. Call our voice mail at 619-235-3000, ext. 440, or fax your tip to 619-231-0489.

# **Make the Victim Pay**

By Don Bauder

nomic Woody Allen once postulated I that murderers should be given the death penalty before they commit the crime,

thus sparing the life of the victim. That's typical of Woody's wild imagination, but it's no wilder than what's happening on today's regulatory scene: corporate wrongdoers want their victims to pick up the tab for companies' misbehavior, and pro-business government regulators nod approvingly.

You don't believe that? Get this: San Diego Gas and Electric is asking the Public Utilities Commission to charge ratepayers \$28.9 million a year because the company wants protection from soaring insurance costs resulting from the company's negligence in wildfire prevention. The commission's own Consumer Protection and Safety Division, along with the California Department of

Canyon fires of 2007, SDG&E was in violation of state utility rules. The company didn't properly maintain and run transmission and operation lines by following such safety measures as keeping trees away from those lines.

What's more, SDG&E did not cooperate in a timely fashion in the probe, according to investigators at the Consumer Protection and Safety Division. Then, the utility tried to get the com-



Forestry and Fire Protection (called Cal Fire), found that in the Witch Creek and Rice

Cock an Eyebrow at September Job Loss Data The unemployment rate ticked up to 9.8% from 9.7%.

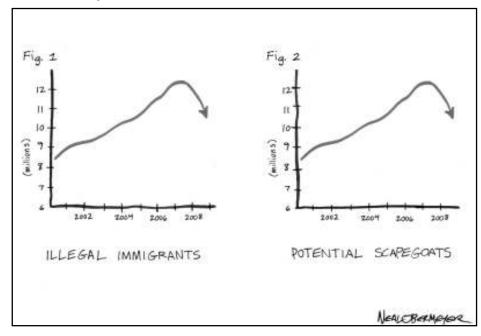
Teamsters Write U-T Advertisers Seeking Support The letter spoke of a "situation that should cause you grave concern."...

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mission to delay publication of the report, according to San Diego's Utility Consumers' Action Network (UCAN), a citizens' group that keeps an eye on the utility and other entities such as the city's water department.

> More than 1200 homes continued on page 8

#### **Neal Obermeyer**



San Diego Reader October 8, 2009

### CITYLIGHTS

# Dogs' Deathbed Gift

By Sheila Pell

t 2:00 a.m. on August 26, Donna Liebrich left San Diego and headed east on I-8 for the Mexican border. Mexicali,

her destination, is a good twohour drive, depending on the Border Patrol checkpoint and other unknowns. As she drove into the mountains, Liebrich focused on the mission. Officials estimated it would take 26 bottles of Zoletil and 26 bottles of xylazine each month regions, according to the 2007 documentary *Companions to None*. The film took three years to complete, including the year it took filmmaker Bill Buchanan to obtain permission in Mexico to show scenes of electrocution.

For years, animal advo-



Trucks at the Tijuana perrera

mainly into population control.

One San Diego rescue group, however, was founded solely to improve end-of-life conditions. The nonprofit Animal Advocates of the sure the dogs have humane euthanasia." Also on the itinerary: making sure dogs have food and water in their final days. Tijuana's *perrera* holds dogs for three days in case owners show up, which Revelan says happens "hardly ever."

United Hope for Animals, a nonprofit organization, has been funding Animal Advocates with three-month grants, which cover the cost of the euthanasia drugs (\$3000 per month) and the \$80-a-week salary of a full-time worker in Tijuana. Mexican vets are working on a plan to purchase the drugs in Mexico, where they are less expensive. "There is no need to have someone on site in Rosarito," Revelan says, "because those kennels have been compared to the Hilton." But Revelan wishes the grant afforded them help in Ensenada and Tecate. "We know they use humane euthanasia," she says, "but we don't know what the

continued on page 10



to humanely dispatch 3000 dogs, the number impounded by Mexicali's federal *perrera* in July. As the sky lightened, she picked up the pace in order to make it by 5:00 a.m., when the daily execution of dogs begins.

For Liebrich, the sun rose over a far brighter "sacrifice day," as the daily euthanasia of dogs is termed in Mexico, where the method used almost everywhere is electrocution. One week earlier, Mexicali — Baja's capital — joined Tijuana, Tecate, Ensenada, and Rosarito, as well as Saltillo, in the state of Coahuila, in trading that practice for lethal injection, which animal advocates refer to as "humane euthanasia." That puts much of northern Baja ahead of the pack in this country of over 100 million people — where dogs outnumber humans in some

cates on both sides of the border have decried Mexico's use of electrocution to euthanize unwanted animals. But most efforts to better the lives of dogs have focused on how those lives begin, not end. U.S.- and Mexico-based groups have put their resources

United States was launched in January 2009 by Marlene Revelan, Donna Liebrich, Erica Reynolds, and Laura Sandoval. "Only six locations in Mexico use lethal injection," Revelan says. "Our purpose is to go back and forth to Mexico six days a week to make



Tijuana's perrera

#### STRINGERS

# **Stopped in Their Tracks**

Balboa Park — At about 5:30 p.m. on October 1, cops swarmed the grounds outside the park's Sixth Avenue bathroom across



Arrested in Balboa Park

from St. Paul's Cathedral. Soon after, a tall, thin man wearing sweatpants, sneakers, and a baseball cap lay face-down on the ground in handcuffs. Officers wearing latex gloves searched the scene, eventually carrying away a plastic evidence bag.

The suspect, who was unshaven and appeared calm but distressed, turned away from a reporter's camera. Two women dressed in jogging clothes stood over him and chatted with the cops. The man had "exposed himself," according to one of the police officers.

By Sheila Pell, 10/2

#### **Killed for Dollars**

Tijuana — As 18-year-old José de Jesús Lamas Herrera walked along Virgo



Mario Ezequiel Pérez Casillas and Ignacio Gerardo Casillas Ramírez

Street on June 28 in Colonia Reacomodo Sánchez Taboada, someone walked up to him, pulled out a pistol, and shot him dead. Authorities now say they

know who did it and why — for \$1000.

During the weekend of September 26, acting on an arrest warrant, police took Mario Ezequiel Pérez Casillas and Ignacio Gerardo Casillas Ramírez into custody on charges of firstdegree murder and conspiracy to commit murder, the state attorney general announced in a press release.

Pérez Casillas and Casillas Ramírez were allegedly paid \$1000 for the killing by an unknown third party, the attorney general said.

The pair allegedly went out in search of Lamas Herrera after receiving the hit money, and, once they found him, Casillas Ramírez shot the 18-year-old dead with a single gunshot to his head, said the attorney general. Once the two men were satisfied the wounded man was not moving, they split the \$1000 between them and ran away, according to the press release.

By Bob McPhail, 10/3

# French Scope in Mexico

Ensenada — France has cut a deal with the Baja California government to house a French-made robotic telescope that will track the celestial movements of a French satellite known as SVOM, which is to be launched in 2012.

According to the daily

Frontera, the project will be located in the Sierra de San Pedro Martir, a mountainous area outside Ensenada, because of its alignment with the trajectory of

the satellite and the area's unusually clear skies devoid of light pollution.

The French ambassa-

continued on page 122

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CITY LIGHTS

# Make the victim pay

continued from page 6

were destroyed or damaged in those two fires. The residents were SDG&E customers. Now those same customers, known as ratepayers in utility lingo, are being asked to pick up the tab for the utility's increased insurance costs. The company wants its shareholders to get

off the hook on this expense. UCAN says it's "the most arrogant and bizarre rate hike ever demanded by a utility."

CITY LIGHTS

Says Michael Shames, head of Utility Consumers' Action Network, "SDG&E creates a fire that causes ratepayers damages and then tries to get the same ratepayers to pick up the cost. There is no accountability." The consumer group has filed protests against the utility's attempt to recoup costs from victims. Utility Consumers' Action Network also wrote the state insurance commissioner, complaining that "the state's insurers are cutting availability and increasing costs for fire-related insurance." The insurance companies are leaving the state "high and dry."

CITY LIGHTS

Similarly, Ruth Hendricks, a customer of San Diego Gas and Electric, filed a protest. "SDG&E's failure to comply with fire safety rules was sys-



temic and was based upon an apparent business decision to operate its business at unsafe levels of risk," says her filing. The utility's "negligent, reckless and knowing conduct resulted in predictable massive losses."

CITY LIGHTS

"The idea that SDG&E would go to the Public Utilities Commission and ask them to make ratepayers pay for the company's negligent behavior shows how absurd this is," says Mike Aguirre, Hendricks's attorney. "The best way to get SDG&E to be more careful is for the commissioners to do something that affects the company's bottom line."

But Shames holds out little hope that the Public Utilities Commission will do the right thing. The agency is "blatantly utility-friendly," says Charles Langley of UCAN. In attempting to get the commission to let it systematically shut off power to the backcountry during

continued on page 10



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## **Make the** victim pay

fire season, SDG&E noted that its own equipment had caused 167 fires in the five and a half years ended in mid-March of this year.

The notion that victims should pay for a company's malfeasance has rankled Judge Jed Rakoff of U.S. District Court in Manhattan. The case before him revolves around Bank of America's purchase of Wall Street's severely ailing Merrill Lynch, consummated early this year. Close observers of this imbroglio believe that during the banking crisis of late 2008, the U.S. Treasury Department and Federal Reserve pressured B of A into making the deal and not backing out after it became clear that the original price was absurdly high.

The Securities and Exchange Commission, which is supposed to regulate Wall Street, this year charged that Bank of America "materially lied" to its shareholders by not disclosing billions in bonuses that would be paid to Merrill executives when the merger went through. Presumably, the shareholders might have nixed the deal had they known of this largesse for a loser.

The New York attorney general and a House of Representatives committee are looking into the matter. So is a criminal grand jury, reportedly. Bank of America's claims that it did inform its shareholders simply make no sense. The Securities and **Exchange Commission took** its usual easy way out: Bank of America agreed to pay a fine of \$33 million without admitting or denying guilt. It's called a "consent decree." Wags describe it thusly: "I didn't do it, but I will never do it again."

The securities agency wraps up 90 percent of its cases through settlements.

But Rakoff was not buying the B of A agreement. "Shareholders who were the victims of the bank's alleged misconduct now pay the penalty for that misconduct," he wrote in a scathing decision rejecting the settlement. "If the bank is innocent of lying to its shareholders, why is it prepared to pay \$33 million of its shareholders' money as a penalty for lying to them?"

The bank said it took advice from its lawyers, and they are protected by the lawyer-client privilege. The securities agency asked the bank to waive the privilege, but it refused. So the agency said that pursuing the matter any further would be too expensive and time-consuming. Rakoff would have none of it: he wants the miscreants identified.

The judge says the case has to go to trial in February. The securities agency, although defending the original consent decree, says it will go to court and possibly make more charges against B of A. Cynics wonder what

will happen, because it certainly appears that Federal Reserve chairman Ben Bernanke and then-Treasury Secretary Hank Paulson may have been the bad guys holding the gun to the bank's head.

San Diegan Gary Aguirre (Mike's brother), who has been fighting the Securities and Exchange Commission for years, admires Rakoff's courage and logic. The agency fired Gary Aguirre when he wanted to pursue one of Wall Street's biggest big shots. Two congressional committees studied the matter and concluded Gary was right and the agency wrong. "It is utterly amazing to me that with the change of the guard at the SEC, they don't at least put on a pretense of getting serious about regulation," he

And that's the point: there is general agreement that there must be more regulation, particularly of the financial industry. But if the corporate wrongdoers can pass on the cleanup costs to their victims, what's the use? ■

# Dogs' deathbed

continued from page 7

other conditions are like.

"Every month, thousands of dogs are killed," Revelan says. "The numbers are staggering." The estimated monthly average: Tijuana, 1000; Rosarito, 200; Ensenada, 1000; Tecate, 100; Saltillo, 1000; and Mexicali, as the group just learned, 3000. (San Diego's three county-run shelters in Carlsbad, Bonita, and Mission Valley - combined killed 2205 stray dogs in fiscal year 2008-2009, according to county statistics.)

Although United Hope helped Tijuana switch to using humane euthanasia about three years ago, Rosarito, Ensenada, and Tecate started only this year. Animal Advocates and other Mexican and American groups, hopeful that euthanasia drugs could be provided to more locations in Mexico, met at the university in Mexicali in early August to discuss strategy.

Then on August 18, Revelan received a call from Dr.

Joaquín Villaseñor, the director of Rosarito's perrera, who told her that the director of the perrera in Mexicali, Dr. David Ibarra Ojeda, "had called him to set up a meeting to discuss humane euthanasia." The meeting was set for the following morning

To reach Mexicali in time for the meeting, Revelan and Liebrich left San Diego at 5:00 the next morning. They found the federal perrera"clean and under control," as Revelan describes it. "There were hardly any dogs even barking." The two women were joined in Ibarra's office by Dr. Villaseñor; Dr. Marco Antonio Tapia Miranda, the director of Tijuana's perrera; and Craig Neilson of the spay-neuter group Give Some Life Foundation. (Dr. Villaseñor is a cofounder of Give Some Life.)

"Dr. Ibarra walked into the room, handed out his business card, and said, 'I run this place," Revelan relates. Villaseñor and Tapia described to Ibarra how their perreras had transitioned to euthanasia by injection, explaining



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that, thanks to funding from United Hope for Animals and implementation by Animal Advocates, there are no electrocutions in Tijuana, Rosarito, Tecate, or Ensenada. Ibarra spoke mostly in Spanish, with Villaseñor translating his words for the English-only speakers."But we could tell that things were going well," Revelan says, "because everyone was agreeing and shaking their heads yes as they spoke Spanish.

"After what seemed like hours, Dr. Ibarra said that he would have no problem having his employees perform the procedure and, in fact, two already know how to do it." Liebrich requested that someone from Animal Advocates be there to make sure the drugs were used properly on the dogs. Ibarra replied that they could be there anytime to supervise his workers.

Mexicali's federal perrera

employs 18 workers, but Revelan says the perrera would like twice as many "and more trucks." Currently, six trucks scour the streets from morning to closing time, picking up strays. Each has room for 20 dogs. If only five of the trucks bring back 20 dogs each day, Revelan says, "They have their daily quota. I truly believe they pick up at least 100 dogs a day. Tijuana has only two trucks," she says, "and one is usually not working." But Tijuana "puts down over 100 dogs a day with far less staff and one-third of the trucks."

CITY LIGHTS

Tiiuana humanely euthanizes well over ten dogs each hour, Revelan says. "It's just a tiny needle in the back leg, and within minutes the dog is completely out. Then a second needle that takes probably a minute or two."

She adds that in Tijuana, "We are right there all the time. We know the dogs and are there when every single one is put down. There are no closed doors — even to the public. We are trying to convince Tijuana to put some down the same day they are caught, the ones in bad shape." Rarely do owners show up, but they hold the dogs for three days, she says, "and when it is over the weekend, it can be longer."

In the wake of recent disease outbreaks and mass culling of dogs, Revelan says the number impounded is increasing "due to greater pressure on animal control and people turning in their dogs because they think they carry a contagious disease."

It would not be more timeconsuming, Ibarra told them, to use injections. With electrocution, workers often get bitten when putting cables on the dogs. "So I guess they process each dog individually," Revelan says. "I immediately asked to change the conversation because none of us, at that point, wanted the details."

Revelan has never witnessed electrocution but knows she may have to if she wants to keep raising awareness about the procedure, which is said to be not only excruciatingly painful but slow and prone to errors. She gives credit to Liebrich for continuing with the work, despite the daily traumas. "I have never seen a dog brought into the perrera that has been burned, beaten, or hit by a car. She

Revelan stresses that their territory is huge, the drive to Mexicali long, and "four peo-

ple cannot be everywhere," but she says the group isn't quitting as long as electrocution is still in use. "We will continue our efforts throughout all of the kennels that are willing to change over but don't have the money." That includes Mexicali's smaller state perrera, which holds only about 20 dogs.

"Any parts of Mexico that any of us can convert is a gift for the animals." ■





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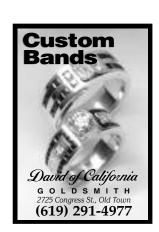
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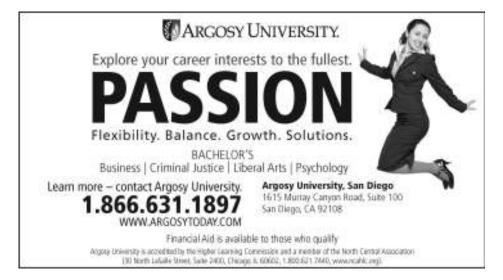


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#### **Reality In Writing**

I was crying (laughing) over Diva's column this week ("Diary of a Diva," October 1). Me being "Mom" to Barb and Stephanie's actual mom, I knew of these antics but would allow them to go in one ear and out the other when told of these. But to see these in writing, boy, puts a new twist on reality.

> Carole Kelsall via email

#### **Grim Expectations**

In agreement with and response to T.B. Beaudeau's October 1 "Stringers" Tijuana article ("Whaddya Gonna Do?"), I know of no Anglo using the pedestrian bridge who was not attacked and robbed in September, myself included. Tourism nonexistent, Mexico released 4000 prison inmates into downtown Tijuana to save money.

Several victims have been volunteers helping the poor, which has caused at least one major help program to close. Padre Chava's free breakfast for 300 to 600 people is no more. Callejon Zeta also had to cut back on its meals due to money robbed.

Yellow Cab Tijuana is implicated ("Cabs vs. Coach," by Bob McPhail, same issue, two articles later), as everyone either needs to use Yellow Cab or the bridge. Drivers get five times the going cab rate, as part of a border taxi cartel. Right now, the minimum wage in TJ is 25 cents (U.S.) per hour, or \$3 for a 12-hour day. Yellow Cab drivers get \$5 just to take you seven blocks to downtown. But, it's a very dangerous

seven blocks. Ultimately, the solution is to close the San Ysidro crossing as being in too dangerous a neighborhood and open several new crossings a long way from downtown Tijuana. In the meantime, if you go to Tijuana, expect to be robbed.

John Kitchin via email

#### **Headline Hijinks**

Re "Pop Goes Pop Warner" ("City Lights," October 1).

Good article outlining the tensions arising from expanding uses at Hoover, the impacts to neighbors, and the loss of the field's use to a kids' sports program.

But your headline writer, looking for a clever alliterative hook, got it wrong. As the writer Dorian Hargrove notes in his lead, the Balboa Raiders are members of the San Diego Youth Football League, an affiliate of the American Youth Football organization. "Pop Warner" (aka "Pop Warner Little Scholars Inc.") is a completely different organization. Both programs run youth football and cheer programs, but "Pop Warner" shouldn't be used as a synonym for youth football, any more than "Kleenex" should be used for "facial tissues." It's a separate brand.

Just thought you might like to clear up confusion in your production staff.

Scott Tillson via email

#### **Eeeek! Chanel No. 5!**

I'm very allergic to nicotine ("Holy Smokes!" Letters, October 1). Other types of smoke do not affect me so violently, although I'm not too happy around diesel smoke or *manufactured* illegal drugs. Some perfumes make me faint.

Dale Anne Thompson Clairemont

#### **Cheer The Reaper**

I was puzzled by the item in "Under the Radar" in the October 1 issue concerning a failure of the General Atomics MQ-9"Reaper" unmanned aircraft. The item reports that a Reaper "lost contact with its ground-based controllers" during a mission in Afghanistan and had to be shot down by an F-15

fighter/interceptor. The article goes on to report the Air Force statement that "this was the first Reaper of its particular model to go out of control." However, the next sentence seems to contradict this comment, stating that: "Reliability issues have shadowed the General Atomics drone program from its beginning." No information is given as to what those reliability issues might be. The obvious fact is that because this particular mission was being handled by an unmanned aircraft, we do not have a pilot who is dead, injured, or held captive by the Taliban or some Afghan warlord. All aircraft are subject to failure, and this is one of the reasons that UAVs (drones) are so valuable for many missions. I commend General Atomics for producing the Reaper, which in this case precluded potential loss of a human life when the inevitable equipment failure occurred. By the way, I have no financial interest in, or contact with, General Atomics. Steven S. Kane

ven S. Kane via email

#### **Gimme More**

Re "San Diego Became a Beautiful Blonde" (Cover Story, September 24).

More please! I hope you'll give Siobhan Braun her own weekly piece. She reads like a younger, fresher Anne Albright, whose remarkable column on her life with five children, 12 and under, was discontinued years ago. No skills? Not so. Ms. Braun is a talented, budding writer who is able to make even the mundane details of everyday life fascinating. I'll be looking for more from her.

Name Withheld by Request

#### **Strange Days**

"San Diego Became a Beautiful Blonde" (Cover Story, September 24) was a very touching read. How must it feel like being a fish out of water when newcomers are thrust into the California or San Diego scene without preparation.

How is one to know that moving to certain areas increases one's chances of living next to a crackhouse

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- 70 MOTOR VEHICLE ACCIDENTS
- 71 WRONGFUL DEATH/CATASTROPHIC
- 72 MEDICAL MALPRACTICE
- 73 TRAUMATIC BRAIN INJURIES
- 74 PREMISE LIABILITY/SLIP & FALL
- 75 EMPLOYMENT LAW
- 76 DEFECTIVE PRODUCTS
- 77 ABOUT JULIA E. HAUS LAW FIRM

#### ■ EXTENSION 1019 ■

#### SOCIAL SECURITY AND DISABILITY



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- 20 OVERVIEW OF SOCIAL SECURITY
- 2I FILING A CLAIM
- 22 RETIREMENT BENEFITS
- 23 SURVIVORSHIP BENEFITS
- **24** LUMP SUM DEATH BENEFITS
- 25 FAMILY RELATIONSHIPS
- 26 DISABILITY BENEFITS
- 27 HIV AS A DISABILITY

#### ■ EXTENSION 1007 ■

#### TENANT/LANDLORD

- 80 EVICTING A TENANT
- 81 CAN I BEAT MY LEASE?
- 82 WARRANTY OF HABITABILITY
- 83 RENTAL AGREEMENTS
- 84 SECURITY DEPOSITS
- 85 ENFORCEMENT OF THE LEASE
- 86 30-DAY NOTICE

#### ■ EXTENSION IOOI ■

#### **CRIMINAL LAW**

- 20 WHEN DO I NEED AN ATTORNEY?
- 21 WHAT IF I'M WRONGLY ACCUSED?
- 22 SHOULD I ANSWER QUESTIONS?
- 23 MUST I SUBMIT TO A SEARCH?
- 24 COULD I RESIST AN ARREST?
- 25 WHAT IF I FAIL TO APPEAR? 26 CAN MY RECORDS BE CLEARED?
- 27 ALCOHOL, DRUGS, HIGH CRIMES

#### ■ EXTENSION 1002 ■

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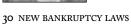
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- 31 WHAT IS CHAPTER 7 BANKRUPTCY?
- 32 WHAT IS CHAPTER 13 BANKRUPTCY?
- 33 WRONGFUL CREDITOR FEES & ACTIONS
- 34 COLLECTION AGENCY HARASSMENT
- 35 VEHICLE REPOSSESSION
- 36 FORECLOSURE ON YOUR RESIDENCE
- 37 INACCURATE CREDIT REPORTING

#### ■ EXTENSION 1018 ■

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- 12 EMPLOYMENT AGREEMENTS
- 13 HOSTILE WORK ENVIRONMENT 14 NON-COMPETITION AGREEMENTS
- 15 SEVERANCE AGREEMENTS
- 16 WAGE AND HOUR

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#### **FAMILY LAW**



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60 DIVORCE - AN OVERVIEW

- 61 WHAT WILL IT COST?
- 62 CHILD SUPPORT HOW MUCH?
- 63 CHOOSING A PARALEGAL
- 64 MILITARY FAMILY ISSUES
- 65 PREPARING FOR DIVORCE
- 66 MEDIATION AND THERAPY
- 67 WILLS AND TRUSTS

#### ■ EXTENSION 1003 ■

#### **INSURANCE CLAIMS**



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- 40 INSURANCE BAD FAITH
- AT DUTIES OF INSURANCE CO.
- 42 FIRST PARTY CLAIMS/HEALTH/ UM/UIM/AUTO/PROPERTY
- 43 TIME LIMITS
- 44 DISPUTES WITH INSURANCE CO.
- 45 DEPT. OF INSURANCE HELP LINE
- 46 DO I NEED AN ATTORNEY?

#### ■ EXTENSION IOIO ■ **IMMIGRATION**



Sponsored by John A. Quinn 3444 Camino Del Rio N. Suite 200, San Diego 619-284-8811 Fax: 619-284-8822

- 20 WAYS TO BE LEGAL
- 2I SPOUSES & CHILDREN
- 22 BUSINESS VISAS
- 23 EMPLOYMENT VISAS
- **24** INTERNATIONAL STUDENTS
- 25 CHANGING & EXTENDING VISAS 26 VISA DENIALS & DEPORTATION

#### ■ EXTENSION 1004 ■

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- 50 YOUR WORK-RELATED INJURY
- 51 WORKERS' COMP BENEFITS
- 54 THIRD-PARTY ACCIDENTS
- 55 UNSAFE WORKING CONDITIONS
- 56 WRONGFUL DISCHARGE
- 57 HARBOR & LONGSHOREMAN'S ACT

#### ■ EXTENSION 1015 ■

#### SEXUAL HARASSMENT/ WRONGFUL TERMINATION



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- 70 SEXUAL HARASSMENT
- 71 DISCRIMINATION
- 72 WRONGFUL TERMINATION
- 73 EXECUTIVE TERMINATION
- 74 WHISTLEBLOWER-RETALIATION
- 75 FRAUD AGAINST THE U.S. GOVERNMENT (FALSE CLAIMS ACT)
- 76 LEGAL FEES

#### ■ EXTENSION 1008 ■

#### TAX & ESTATE PLANNING

- 90 FILING TAX RETURNS
- 91 CRIMINAL TAX ISSUES
- 92 TAX LIENS
- 93 STATE TAXES
- 94 FEDERAL TAXES 95 AUDITS & APPEALS
- 96 TAX PLANNING 97 ESTATE PLANNING

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or seeing kids running around at all hours neglected?

I am a native, and yet sometimes I am befuddled by some of the weird stuff that goes on around me. At least the author had a nice family to buffer her somewhat from all the strange days. Yeah, the land of fruits and nuts is not always what it's cracked up to be, and this interesting article was a perfect example of that. Keep up the good work here on cover stories.

Gail Powell via email

#### We Promo?

I was quite disappointed, to say the least, in reading the article "San Diego Became a Beautiful Blonde" (Cover Story, September 24). I thought you were the authority on promoting San Diego. Frankly, I was surprised you would even print a negative article like that. Even when the author tried to be positive, it was with a lackluster shine.

I am proud to say San Diego has every activity here you could think of and can do almost anything yearround. We sometimes take for granted we live in a resort community! This year my family did a staycation because of that exact reason (well, that and the economy) and had a memorable time! (And we used the Reader to plan a lot of it!)

We are in driving distance to snow in the mountains (drive to, not shovel daily), riding motorcycles in the desert, surfing at the beach, and scenic beauty all around. If the author decided to live in the armpit of San Diego, that is her own fault. Sure, there are some not-nice areas and people, but every state has them. I visited Minnesota last year, very down-home, good ol' American people, with picturesque surroundings, but some of the areas (and people) were more questionable, run-down, dilapidated, and downright ghetto in their own right, kind of like the movie *Deliverance* (sorry, I had to go there).

Imagine a Californian going out to the Midwest,

staying for a few years, and degrading the terrible weather and the slow-paced, cousinmarrying town they moved to. I'm sure the locals wouldn't be too happy. Might get their pitchforks and have an oldfashioned lynching.

Though our two-bedroom homes are priced near a half million dollars, our condos are glorified apartments, and it can be swarming with all the tourists and traffic, we have great weather, a variety of places to go and things to do. Who wouldn't want to live here? If you don't want to live here or say back home is better, then go home! We could use the space.

> Lady 'Manda Escondido

#### **AKs For The Elite**

Re Bob Dorn's whining (Letters, September 24) that "praise for lukewarm machos carrying empty political guns" is a sign that the Reader could be working for the Republican National Committee.

I fail to see how protesting the never-ending efforts of our government (composed almost entirely of Republicans and Democrats) to make law-abiding citizens defenseless, or near defenseless, on behalf of criminals is a party

But if you want to make it so, know that "gun control" was originally for disarming African Americans on behalf of violent racists and today has rendered the ancient, fundamental human right of self-defense into a taxed privilege for the elite (through various forms of bribery or thousands of dollars in legal

If you're concerned about racism, as your highlighting "foreign pedicabbies" seems to indicate, why not be even more concerned about your government's decades of systemic racism and elitism?

> Name Withheld via email

#### We Were Metal

In regards to the "Blurt" section, "Secret Assassin," September 3 by Jay Allen Sanford. I enjoyed the story primarily because it mentioned the '80s metal scene in San Diego. Assassin were a heavy metal

band that I thought would become the next Mötley Crüe. In fact, Assassin had more talent than any L.A. band. All the horrible glam bands they were all s\*\*\*. Assassin was voted best local heavy metal band in all of San Diego in 1985.

For those of you who question San Diego's metal scene in the 1980s, here is a brief reminder of what was happening. The following heavy metal bands played live consistently here in San Diego: Aircraft, Prowler, Sabbatage, Victim, Ragged Lace, Kaos, Chalace, Stress, Gardian, Snakebyte, Bible Black, Street Liegal, Shok, Twin Wire, Britton, Sin, Aslan, Elysian, Destiny's Choice, Suspicion, Mistreated, etc. Contrary to belief or disbelief, there were venues to play in. Adams Avenue Theater, the Rock Palace, Carnation Hall, Silverado Ballroom, Winters Hall, Palisades Theater, the Bacchanal, SDSU's Backdoor, Park Place, Wabash Hall, Straita Head Sound, Rios, the Stratus, La Paloma Theatre, the Spirit, the old Roxy Theater; also the Fox Theater, Lyric Theater, the California Theatre, which were larger venues.

It is safe to say that we had no problem within the San Diego local metal community. The promoters and the venue owners were very involved and organized, supportive in every way. In early 1983, KGB-FM contributed to the cause, creating the first-of-its-kind KGB Metal Shop, hosted by DJ Pat Martin, on Saturday night at midnight. Pat would spin records and answer the phone for two hours. The demand for metal was overwhelming. Metal Shop was another success story throughout the '80s.

Also, we can't forget the free publication S.D. Loud and Clear metal magazine that made its debut in early 1985, the zine designed and created by Tom Farrwell. The first year, it went 20,000 circulation. By 1986 it reached 50,000. Metal was alive and well here in San Diego. In fact, almost every conceivable heavy metal band that you can think of from L.A.

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wanted to play here. San Diego was fully recognized as the place where the scene was happening.

September 17, 1983, KGB-FM presented Sky Show 8. Def Leppard, Mötley Crüe, and Uriah Heep performed at Jack Murphy Stadium to a crowd of 50,000. Another estimated 5000 partiers were in the parking lot, enjoying the freedom of grilling hamburgers, hot dogs, steaks, and chicken and drinking cold beer with a couple of thousand friends and neighbors who had decided the parking lot was the place to be, with no restrictions. In fact, the atmosphere was almost surreal. One thing for sure,

to enjoy the full impact of the gigantic KGB fireworks display, the parking lot was the best and was as close to ground zero as possible. The fallout zone, as I used to say. KGB employees actually handed out cardboard 3-D glasses to protect your eyes from falling ash. Protecting your clothes and hair was another story.

So, as you can see, San Diego is rich in metal history and events. And, of course, times have changed, but the memories are everlasting. One thing is certain, the 1980s were the best of times for all things metal.

Tony D. Metal Spring Valley **Comments from Reader Website** Comments are not edited for spelling, punctuation, or grammar.

#### Blurt ("More Pig-Head Press") Published Sept. 23

Posted by LEEWILLIAMS on Sept. 28, 12:07 p.m.

Seth, as I'm sure you know my "quote" was Ken paraphrasing what I was saying. The SDMA's are more affiliated with citybeat than the reader (thus the stacks of citybeat by the entrance) and the overall feeling at the award show was that a change is needed in the nomination and voting process... that's what peo-

ple were talking about. That's all I was saying.

Ken, We will continue to do whatever comes to our minds... without a thought of what you or any other "journalist" or "critic" has to say about it. Everything original and creative has at one time been critiqued harshly by those who don't appreciate or understand it, if artists lived with those critical words in their minds nothing would ever be created out of pure inspiration.

And I hope you continue to feel free enough to keep quoting a mock rockumentary that (I think) was made for the sole purpose of helping lazy rock critics get \$50 bucks for their blurt article... (You should watch "The pick of destiny", It's what the younger cats are comparing things to now... just lookin out)

Thank you for giving legitimacy to "eclectic art rock" I just pulled that out of my a\*\* to counter "vegan death metal" (which I may have made up as well) I'm not one to label musical genres unless it's for a joke. I make music, I don't label it.

You would have to pay for pigs heads, that's you. We don't go out and look for ideas... our ideas come to us.

Peace, love and burrito

fixings.

-Lee

Posted by Seth on Sept. 29, 1:24 a.m.

I figured as much Lee. I wrote what I did above more as a clarification for anyone reading this. It wasn't so much directed towards you, but more the lazy author. And I would add that your guys' performance was one of the few highlights of the evening. I told Adam that the other night and it's a shame it was such a s\*\*\*ty experience for you guys all around.



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Hevmatt!

I don't know what to do. I'm only in high school, but I found a gray hair on the side of my head a few days ago. My hair is turn-

ing gray already. What's making this happen? Do you know what's going to happen to me? Does this mean I'm getting old faster than my friends? How can a teenager get gray hair? I really hate this and hope there is something I can do to stop it.

Grandma swears that dealing with elves made her hair turn gray prac-

- No Name, No

Place

tically overnight. We were pretty sympathetic; but as it turns out, the scien

pathetic; but as it turns out, the science guys say with certainty, coping with stress, even elf-generated stress, doesn't cause gray hair. The main culprit in premature graying is genetics. That goes for Grandma and most likely goes for you, too. Somewhere in your genetic makeup is an instruction that shuts off the hair-color faucet earlier than other people. And we should say right away that premature gray hair doesn't indicate a premature aging of any other part of your body. Science hasn't found any link between premature gray hair and premature death. So, calm down and start looking for a nice hair-color product while we explain what's up

Head hair grows faster than any other body hair. A single strand lives four, maybe five years, then falls out and a new one takes its place. After eight or ten cycles, melanin, the hair-color substance, starts pooping out and hair begins to turn gray. Actually, the hair shaft becomes clear when the melanin splits, but it looks gray because you're seeing surrounding dark hair through the clear shaft.

Caucasians tend to gray earlier than other groups — around 40, maybe even 30. African-heritage people gray in their 40s or 50s. Asians a little later. One set of scientists opines that hydrogen peroxide that slowly builds up in the hair follicle eventually blocks the normal synthesis of melanin, causing graying. Like bleaching your hair from the inside out. And these ages of graying are averages. As you've found out, there's some variation. Teenage graying is unusual but not unheard of.

In spite of what you might read, there's really nothing you can eat or do to change your situation. No strange Indian berries or yogic mantras. There is an outside chance that your premature graying might be linked to a thyroid or nutrition disorder, but that's a medical situation, so check it out with your

doc. Odds are, though, you're perfectly fine, just acquiring a distinguished look way early.

Heymatt:

I can't help noticing, as I sit here in my cubicle, endlessly shuffling papers and marking up documents with my yellow, pink, and blue highlighters, that the new marks are much brighter than the marks I made the day before. Are these markers radioactive, and is the reason they lose intensity so fast because they are shedding electrons quicker than a chunk of

cesium in Chernobyl? The label tells me that they are "ACI certified AP nontoxic (conforms to ASTM D4236)." Is there really a governing body in charge of highlighter safety?

— Glowing in Sorrento Valley

One governing body? When it comes to marking pens, we're such boobs it takes two governing bodies to protect us from ourselves. You know every office has somebody who tries to crack up the joint by walking around with stuff stuck up his nose. If he uses markers but forgets to put the caps on them first, he could be in big trouble. The ACMI obviously has anticipated that scenario. They're the Art and Creative Materials Institute, a trade group founded in 1946 to test art materials for safety. "ACMI certified AP" means the formula for your marking-pen ink has been reviewed by toxicologists and declared safe to stick up your nose.

The standards the ACMI uses for potentially toxic markers are the same as those developed by the American Society for Testing and Materials. This is a much older trade group that sets safety and performance standards for, well, just about everything, as far as I can tell. D4236 is the ASTM's five-page "Standard Practices for Labeling Art Materials for Chronic Health Hazards." So, if one day the guy with the markers up his nose sticks his head into your cube and finds you passed out with pink and yellow markers in your hands, it won't be from the ink fumes. Just boredom. Oh, yeah. And the highlighters fade fast because they contain less pigment and color stabilizer than regular markers so you can read the text through the marks. Less pigment, faster fading. It can also be affected by the type of paper you're shuffling.

A searchable archive of past columns is available at SanDiegoReader.com

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# thed zone

#### By Anthony Gentile



Escondido players run through the banner after halftime

# Game of the Week: Rancho Bernardo at Escondido

Posted October 3, 2009

On the first drive of Friday night's game between Rancho Bernardo and Escondido, the Broncos shut down running back Ricky Seale and the Cougars' offense. Seale was nearly unstoppable for the rest of the game, helping Escondido to a 35-7 win.

"I thought tonight was a perfect performance. It was a great atmosphere, it was home-coming," Seale said. "Everyone from school was here, all our friends were here. All around it was a good night."

Seale broke a scoreless tie midway through the first quarter with an 81-yard touchdown run. The Cougars scored on three of their next four drives before halftime, including another 81-yard scoring run by Seale.

"It just kind of happened," Seale said about the touchdown runs. "On the first run, I just made a couple moves and I realized nobody was next to me. The next one was the same thing. They were a better defense than they looked like. They hit really hard. We just got lucky and the seams opened up for us."

Rancho Bernardo showed signs of life after halftime, taking the opening drive of the second half inside Escondido's five-yard line. But Escondido defensive back Riley Wilson ended that drive — and any chance of a comeback — with an interception in the end zone.

Seale had 25 carries for 290 yards and three touchdowns despite facing a Rancho Bernardo defense with a game plan focused on stopping him.

Fourth-ranked Escondido (4-0) will look to stay perfect when they host Vista this week. Rancho Bernardo (3-1) will open Palomar League play at home against Carlsbad.

# San Diego Section Building a Strong Rep

Posted October 2, 2009 Oceanside's win last Friday over national power Long Beach Poly was a landmark win not only for the Pirates but for the San Diego Section as a whole. This season, section schools have made waves by taking on — and beating — some of the best programs both inside and outside of California.

"We were challenging ourselves as a team, and we were trying to represent not just ourselves but also the county of San Diego," Oceanside head coach John Carroll said after the Pirates beat Poly.

Local schools started flexing their muscle from the season's opening whistle. On September 4, Oceanside and Bonita Vista notched wins over Nevada schools Shadow Ridge and Reed. And Valhalla hung with Our Lady of Good Counsel, currently ranked third in Maryland by *MDVarsity.com*, for three quarters before losing 28-16.

The following week, section schools went 5-2 against out-of-section opponents. The biggest win of that weekend was Francis Parker's 35-20 win over St. Margaret's of San Juan Capistrano on September 11, snapping the Tartans' statebest 44-game winning streak.

After Coronado knocked off Laguna Beach on September 18, the section notched a pair of big wins last week. In addition to Oceanside's win over Poly, La Costa Canyon knocked off Santa Margarita 28-14 on the road.



Oceanside is one of a handful of San Diego Section teams that have beaten out-of-section opponents

The Red Zone can be found at SDReader.com/football

# T. G. I. F.

BY JOHN BRIZZOLARA

#### "In my five quarterback sacks I removed the ball three freakin' times."

(Part II)

My friend Christian Cullen was telling me a story of how he was robbed in his apartment at dead-blank, carotidartery range by two inept assailants with a .45. They mistook Cullen for a major marijuana dealer instead of the minor dealer he was back in 1996. The men were African-American, he told me. In the end, they tied him up, took a quarter-ounce of grass, \$150, and Cullen's phone card.

"I busted out of the Christmastree lights [they'd tied me with] in about

one-and-a-half seconds," he continued. "I looked through the small peephole on my door and saw the backs of their heads as they ran away. I ran out the back door to alert my neighbor —

who'd already

confronted the men with his empty shotgun — that they were gone. Nothing else really happened. I stayed home the rest of the day, seething, still terrified. I'd had guns pointed at me by cops, but, you know, right up against your...." It is 13 years later, and the only ease Cullen finds is in the number of times he has retold the story.

The day after the robbery, Cullen had a football game to play with more than 20 black teammates or opponents he had been playing with for months. "I was the only white guy playing with these men for all this time. They called me Big Homie. I showed up late at Water Tower Park, what they now call Ted Williams Field, in North Park. It was halftime. My team was down 28-0. In the huddle they asked, 'Where you been?' I said I just got robbed by these two [expletive deleted]. The guys didn't like that. I said, 'Well, the good news is, everybody on the other team looks just like the guys that robbed me.' They laughed; they were more than okay with it."

Cullen went on to accomplish five quarterback sacks in the second half. "We ended up winning 56-49. In my five quarterback sacks, I removed the ball three freakin' times and it was recovered twice by my team with one of the guys going for a 99-yard return for a touchdown.

"Also, I almost got in a fight that day. Someone didn't like how well I was playing. He took out my ankles. I took umbrage at that and gave him whatfor from the other side of the ball. While he was standing there threatening me, one of his own teammates — must have weighed 275 — wrapped him up and dragged him away and said, 'Don't be fuckin' with Big Homie. He'll rip your fuckin' head right off.' That ended up being probably the best defensive performance of my entire life. I was voted MVP of the team."

Cullen shifted gears in his narrative as if *enough* about glory days, or possibly he was embarrassed at the anger that prompted such aggressive athleticism that day. "About three weeks later I got my phone bill. It included all the charges on the phone card that was stolen from me. Within four hours of the armed robbery there was a call to Bakersfield, a three-hour phone call. So, I got on the phone and with my best cop's voice [Cullen had extensive training as a police-

man but eventually chose otherwise], and I

called that number. A young girl answered. I said, 'This is Detective Sergeant Richardson of the SDPD.

We're investigating a burglary...'
I didn't even finish, and this girl started singing like she was on Amer-

*ican Idol.* 'Yeah, his name is James K., and he lives at blah blah Market Street in San Diego.'

"I staked out his home every night for two weeks with no luck." James K. was, as they say, in the wind. "As far as that game," Cullen blurted this out as if there were some mystery here, "that was fueled by anger. That is the absolute best emotion to have as a football player — defensive football player, I guess. It really seems to help. He stared off, reflecting. "It seems to add to any talent that might be missing." It is not exactly as if it was the first time this has occurred to him, but a sense of astonishment was still there

It might be noted that these events followed on the heels of another home robbery two years earlier; a similar deal involving twisted violence and revenge. In the wake of these things it is interesting to note Cullen's fascination with and enthusiasm for the oratory of Barack Obama during the Democratic Convention. "I was more than happy to work for him some 40 hours a week, working the phones from my house. I just wish he would start steamrolling again. Like, now."

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# **Rush to Judgment**

Campion can often be candidly carnal, and she certainly here is highly sensual.

MOVIE

DUNCAN SHEPHERD

France for a couple, three weeks, prior to the full-on rush of prize-hunters in the year's final quarter, and you find on your return that new

movies by Jane Campion, Michael Moore, Steven Soderbergh, and the Coen brothers are already or imminently

in play. Where summer seems to start earlier and earlier, so now does fall. Add to that a prescheduled four hours in the dentist's chair and an unscheduled crashed computer, taking with it all the secret codes essential to translate the peckings on the keyboard into a professionally formatted newspaper column, and the weary wayfarer might well yearn to have hunkered down till springtime within the fortified walls of medieval Carcassonne. All of which is by way of explaining that for the foreseeable future I shall have to dish out more injustice even than usual, and that, given the rpm of the revolving door at the multiplex, I may just have to wave bye-bye to the likes of *Cloudy*  with a Chance of Meatballs, I Hope They Serve Beer in Heaven, I Can Do Bad All by Myself, All about Steve, Love Happens, Fame, Gamer, Pandorum, Sorority Row, Jennifer's Body, and I

don't know what all.

The Campion, *Bright Star*, deserves the fullest and fairest justice, and by itself pro-

vides sufficient reason to abandon thoughts of hibernation. As recounted by the filmmaker, unusually taking sole screenwriting credit in addition to directing, the ill-starred love story of John Keats and Fanny Brawne is such as to make us ask ourselves when we last had on screen a love story we could believe in. (*In the Mood for Love*, maybe? 2001?) That, or more exactly the believability part of it, is truly saying something when the principal characters are so prone to recite poetry extemporaneously, not only the poet who wrote it — the perfect Platonic ideal of the Poet, or at any rate the Romantic incarnation of him, the poet who first brought into verse a personal, a confidential



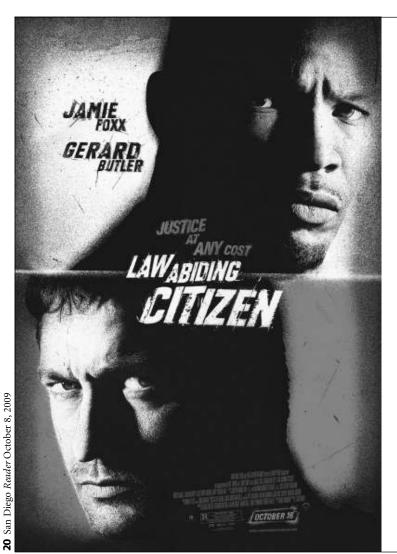
Bright Star

voice — but also the smitten one who, having invested in a copy of *Endymion* "to see if he's an idiot or not," has committed his words to memory: incontrovertible evidence of love. There is, what's more, some high-flown talk of poetry in a private tutorial ("Poems are a strain to work out," complains the beginning student), although a pedant might insist on pointing out that

Keats's famous dictum about poetry coming as naturally as leaves to a tree was no more than a rationale for his handicapping reluctance to rewrite and revise.

This is a closely observed affair, followed with patience and fascination, from spark to flame, a bonding of hearts with no assistance from lower organs, what once went unashamedly

and today goes blushingly by the name of True Love. With or without a capital "R," *Bright Star* is a deeply romantic movie. Campion can often be candidly carnal, as in *Sweetie*, *The Piano*, *Holy Smoke*, and *In the Cut*, and she certainly here is highly sensual, making great play of birdsong, breezes, snow, rain, gauze curtains, flapping sheets on clotheslines, a roomful of butter-



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flies, a human nest in a treetop, and while the inevitable Vermeery white light is nothing to get excited about, the color loses none of its vividness and precision for its paleness and delicacy. But the expressions of passion per se have been strictly limited to things like tender touches, first kiss, love letters, fetishistic fondling, and the physical pain of separation. The dirty deed is never approached, unless you can see a symbol in the needlework of the heroine, a cutting-edge fashionista of the early 19th Century, inspiration for some delightful period costumes. Abbie Cornish, a sort of plumper, healthier, not to mention younger Nicole Kidman, and a fey Ben Whishaw are completely convincing and captivating as the lovers, but then there isn't a wrong note down to the last and least of the cast members (special mention, all the same, of Paul Schneider as Keats's protective, possessive, misogynistic, boorishly plaid-pantsed fellow poet, Edie Martin as Fanny's precocious carrothaired little sister, Kerry Fox as their fretful though unmeddlesome mother, and Antonia Campbell-Hughes as the overawed illiterate maid). If I were to hunt out a misstep in the movie I would have to go as far into it as the clichéd hair-shearing of the heroine and her soliloquized sonnet after getting the news of Keats's death. This thoroughly enveloping movie had to let you go sometime. It may just let you go a minute or two early.

The Moore, Capitalism: A Love Story, needless to say is not a love story, believable or otherwise. "Capitalism is an evil, and you cannot regulate evil." In other words, Capitalism: A Horror Story, the moral of which might best be summed up as capitalism, no; democracy, yes a tricky distinction for simpletons who think the only alternative to capitalism is totalitarian communism. Moore's shtick as the schlumpy crusader, the Lieutenant Columbo of the Radical Left, has gotten a little tired, or maybe it's just Moore himself who has gotten tired, but in any case he now seems less funny and less inclined to be so than in the past. And as the wit and the invention have thinned, the whine and the sneer in his voice have proportionately thickened. He has still dug up some treasures of found footage (an educational documentary on the fall of Ancient Rome, a Ronald Reagan cowboy film, a newsreel of the near-death FDR proposing his Second Bill of Rights), and he engineers some amusing juxtapositions in the editing room, yet the vast bulk of his movie divides into arbitrary anecdotes of human interest, on the one hand, and on the other a rehash of a subject already well and recently covered, the Meltdown and the Bailout.

More simply, economics is by nature a dull subject on screen, and Moore has managed insufficiently to enliven it.

The Soderbergh, The Informant!, serves as a fact-based fictional ancillary to the Moore, detailing an impenetrable case of corporate skullduggery blown wide open by an ambiguous black-hatted whistleblower. It is the most challenging of the director's three or four films so far this year — Che: Part One, Che: Part Two, and The Girl*friend Experience* — if only because of its placement in the mainstream multiplex instead of the broad-minded art house: a kind of anti-Hitchcock suspense comedy, grudgingly putting any cards at all on the table, keeping the surprises coming only by keeping us in the dark, flouting the Master's tried-andtrue method of fully briefing us. (It's also anti-Hitchcock in its rosy, fuzzy, vaporous image.) The hero's meandering stream-of-consciousness narration ("I like my hands. I think they're my favorite part of my body") gives us constant clues as to the variety of nut we are dealing with; and the exclamation point in the title, the anachronistic Groovy Sixties lettering, and the chipper Marvin Hamlisch background music, all to ensure that we know this is a comedy, seem outsized for the actual level of amusement: seldom laugh-out-loud but often lip-twisting. Matt Damon puts up some surprisingly strong competition for future William Macy roles, in a stick-on mustache and a crimpy hairpiece which he waits an hour and a half to tug at, giving up all pretense of fooling anyone, and waits all the way to the epilogue to remove altogether. Scott Bakula effortlessly upstages him as the flathaired, furrowed-browed straight man, a straight-arrow FBI guy. Luckily for Damon, Bakula is much off-screen.

The Coen brothers', opening Friday, will have to wait. Not to be coy about it, *A Serious Man* is a special movie; like *Bright Star*, made out of the purest artistic impulse, to please its maker, and let the filmgoer catch up if he can. It, no matter how short a time it may stay in theaters, should outrun the entire generation and the next. I will do it injustice as soon as possible. I regret, meantime, that before it exited the Gaslamp theater I could say nothing about Jia Zhangke's rueful rumi-

nation on a factory closing in contemporary China, 24 City, a visually eloquent talking-heads movie, or really talking torsos against meaningful backgrounds, dispensing an indeterminable blend of truth and fiction (Joan Chen interviewed as a woman widely recognized as looking like Joan Chen). All I can do with it is snap it up as an appetizer to the San Diego Asian Film Festival, "2 Weeks, 200 Films, Endless Possibilities," October 15 through 29 at the UltraStar Mission Valley in Hazard Center (sdaff.org). Overlappingly but more intermittently, the San Diego Italian Film Festival, featuring a retrospective of director Paolo Virzì, runs from October 15 through November 7 at the Museum of Photographic Arts in Balboa Park (sandiegoitalianfilmfestival.com). And before all that, the San Diego Latino Film Festival juggles two films throughout the next week in its monthly Cinema en Tu Idioma series, Pablo Trapero's Leonera from Argentina and Pablo Larrain's Tony Manero from Chile, at the UltraStar Mission Valley. Finally, Friday evening at 7:00 at the D.G. Wills bookstore in La Jolla there will be a "hometown" launch party of

the long-aborning Farber on Film: The Complete Film Writings of Manny Farber, just over a year after the author's death, with his widow and late-period collaborator, Patricia Patterson, in attendance, along with the book's editor, Robert Polito. Something else to which to mete out injustice.

#### MOVIE LISTINGS

All reviews are by Duncan Shepherd. Priorities are indicated by one to five stars and antipathies by the black spot. Unrated movies are for now unreviewed. Thousands of past reviews sorted alphabetically, by year of release and by rating, are available online at SanDiegoReader.com.

Amreeka — Divorced Palestinian single mother (Nisreen Faour, a good actress in bad photography) moves to Illinois for a better life at the worst time - the thick of Operation Iraqi Freedom - and settles for a demeaning job at White Castle ("Support our oops" on the signboard outside), meets a sympathetic Jewish school principal ("You're not at all fat"), and imparts her wisdom to her troubled teenage son ("The important thing is that you can't let anyone question who you are"). Semi-autobiographical work by writer-director Cherien Dabis, didactic and preachy despite the sincerest efforts to maintain a sense of humor. With Melkar Muallem, Hiam Abbass,







San Diego Reader October 8, 2009

# Calendar

Joseph Ziegler. 2009.

★ (LA JOLLA VILLAGE)

**Bright Star** — Reviewed this issue. With Abbie Cornish, Ben Whishaw, Paul Schneider, and Kerry Fox; written and directed by Jane Campion.

★★★★ (FASHION VALLEY 18, FROM 10/2; FLOWER HILL 4; LA JOLLA VILLAGE)

**Capitalism: A Love Story** — Reviewed this issue. With Michael Moore; written and directed by Moore.

★ (CARMEL MOUNTAIN 14; FASHION VALLEY 18; FLOWER HILL 4; GROSSMONT CENTER 10; HORTON PLAZA 14; LA COSTA 6; LA JOLLA VILLAGE; MISSION VALLEY 7; MISSION VALLEY 20; OTAY RANCH 12; PALM PROMENADE 24; PARKWAY PLAZA 18; TOWN SOUARE 14)

#### Cloudy with a Chance of

Meatballs — Computer-animated children's fantasy in 3-D, co-directed by Phil Lord and Chris Miller.

(CARMEL MOUNTAIN 14; CHULA VISTA 10; DEL MAR HIGHLANDS 8; FASHION VALLEY 18; GROSS MONT CENTER 10; HORTON PLAZA 14; LA JOLLA 12; MISSION VALLEY 7; OTAY RANCH 12; PALM PROMENADE 24; PARKWAY PLAZA 18; PLAZA BONITA 14; POWAY 10; RANCHO DEL REY 16; RIVER VILLAGE 6; TOWN SQUARE 14)

**Coco before Chanel** — Biographical tale of fashion designer Gabrielle "Coco" Chanel, starring Audrey Tautou, written and directed by Anne Fontaine.
(HILLCREST CINEMAS)

**Couples Retreat** — Peter Billingsley's relationship comedy with Vince Vaughn, Malin Akerman, Jason Bateman, Kristen Bell, Jon Favreau, Kristin Davis.

(CARMEL MOUNTAIN 14; CHULA VISTA 10; DEL MAR HIGHLANDS 8; FASHION VALLEY 18; GROSS-MONT CENTER 10; HORTON PLAZA 14; LA COSTA 6; LA JOLLA 12; MISSION MARKETPLACE 13; MISSION VALLEY 7; MISSION VALLEY 20; OTAY RANCH 12; PALM PROMENADE 24; PARKWAY PLAZA 18; PLAZA BONITA 14; POWAY 10; RANCHO DEL REY 16; RIVER VILLAGE 6; SANTEE DRIVE IN; TOWN SOUARE 14; FROM 10/9)

The Cove — Call-to-action documentary by Louie Psihoyos, rather like a magnified detail from The End of the Line, a tight focus on a "little town with a really big secret," the Japanese fishing port of Taiii, where an estimated twenty-three thousand dolphins and porpoises are covertly slaughtered every year. Upon his return from there, Psihoyos has pictures of the blood-red water to prove it. His chief guide and ally in this endeavor is Ric O'Barry, the one-time dolphin trainer on the Flipper TV series in the Sixties, who flipped (if you will) when the aquatic star of the show, real name Kathy, committed "suicide." In large part the film is composed of standard talking-heads sermonettes, but it also records the hugger-mugger "mission" of an Ocean's Eleven commando team in the field: high-def video cameras concealed in fake rocks, and so forth. The operation, for all its justifiable paranoia, doesn't approach the pitch of excitement we would expect of a fictional thriller. But if it is not quite tense, at least it's present-tense. 2009. ★★ (LA PALOMA, FROM 10/9)

**District 9** — Neo-apartheid in South Africa: a million ghettoized extraterrestrials from a stalled spacecraft over Johannesburg. The documentary affectations, discontinued at convenience, make it seem initially a joke rather than a reality. And not a funny joke, either. The aliens — pejorative as well as descriptive term, "prawns" — are well visualized, and the *Fly*-like metamorphosis of a human into a partial prawn achieves a high degree of disgustingness.

With Sharlto Copley, David James, Nathalie Boltt, and Vanessa Haywood; directed by Neill Blomkamp. 2009.

★ (HORTON PLAZA 14; MISSION VALLEY 20; PALM PROMENADE 24; RANCHO DEL REY 16)

Extract — Mike Judge, the Office Space man, never mind the Beavis and Butt-head man, goes blue-collar at a food flavoring factory, where his fund of observations of workers on the job proves skimpier. The owner and central character comes close to a complete cipher, although Jason Bateman's flat-tire facial expressions serve as an adequate cover. Around him are more players than Judge can juggle — Kristen Wiig, Mila Kunis, Ben Affleck, J.K. Simmons, Clifton Collins, Ir., Gene Simmons, others - but at least two of them look likely to survive as memorable: the dimwitted, frosted-haired junior gigolo (Dustin Milligan) and, even likelier, the obtuse intrusive neighbor (David Koechner), guarding the adjacent driveway no less zealously than Cerberus the gate of Hades, incapable of cutting the conversation short, picking up the pace, or hearing the pleas of his prey: "Well, I'm not going to keep you long."

★ (GASLAMP 15)

**The Informant!** — Reviewed this issue. With Matt Damon, Melanie Lynskey, Scott Bakula, Tom Smothers, and Dick Smothers; directed by Steven Soderbergh.

★★★ (CARMEL MOUNTAIN 14; FASHION VALLEY 18; FLOWER HILL 4; GASLAMP 15; GROSS-MONT CENTER 10; LA COSTA 6; LA JOLLA 12; MISSION MARKETPLACE 13; MISSION VALLEY 7; MISSION VALLEY 20; PALM PROMENADE 24; PARKWAY PLAZA 18; POWAY 10; RANCHO DEL REY 16; RIVER VILLAGE 6; SANTEE DRIVE IN; TOWN SQUARE 14)

Inglourious Basterds — Quentin Tarantino takes no more than the risible title from Enzo G. Castellari's Dirty Dozen knockoff of 1978, and respells, misspells, that. (Did he ponder Basturds as possibly funnier?) Much of the movie, a revisionist revisitation of the French theater of operations in the Second World War, is unapologetically, unsanctimoniously silly. Yet the revisions give you plenty to chew on. You need no extraordinary expertise to realize that Tarantino has played fast and loose with the facts of how and when the Third Reich fell, has indeed set sail into a parallel universe. The size of the falsification (a Big Lie about the foremost perpetrator of the Big Lie) is the difference between just another sneaky Hollywood falsification and a brazen joke on all such falsifications. It perhaps goes without saying that Tarantino's treatment of Nazis is not motivated by any sense of horror and outrage (never mind sanctimony) over the philosophy of Aryan supremacy, the death camps, and so on, much less by any desire to "understand," but solely by the need of a universally acceptable villain. He wants to do nothing more to Nazis, nothing worse, than to conventionalize them, fictionalize them. Knowingly nudging his depiction beyond the silly and into the campy, he lures you onto the battlefield of aesthetics, safely away from politics. Once there, he's got you where he wants you. Where his movie can better repel attack. In the end — at the close of two and a half hours — it stands as arguably his best-made to date, scene after scene meticulously shaped and timed, not to mention gleamingly photographed by Robert Richardson. While he is serious where it counts — the architectonic solidity, the painstaking precision, the creative flair, of the camera angles and compositions — he is also funny wherever he chooses, picking his spots and racking up an impressive ratio of successes to attempts. Brad Pitt, Christoph Waltz, Mélanie Laurent, Daniel Brühl, Diane Kruger. 2009.

 $\bigstar\, \bigstar\, \bigstar$  (CARMEL MOUNTAIN 14; FASHION VALLEY 18; HORTON PLAZA 14; LA JOLLA 12; MIS-

SION MARKETPLACE 13; PALM PROMENADE 24; PARKWAY PLAZA 18; RANCHO DEL REY 16; TOWN SOUARE 14)

The Invention of Lying — High-concept comedy with and from Ricky Gervais, cowriting and co-directing with Matthew Robinson. It's set in an alternative universe where everyone by nature tells the brutal truth (even advertisers: "Pepsi, When They Don't Have Coke"), until the brutalized short portly hero, unable to make his rent, makes an evolutionary leap to deceit, and goes on from there to invent religion. The concept is certainly cheeky, if uncertainly funny, but the de riqueur romance takes it into sappy platitudes on skin-deep beauty and inner worth. With Jennifer Garner, Rob Lowe, Tina Fey, Louis C.K., Jonah Hill, Jason Bateman, Jeffrey Tambor, and uncredited cameos for Philip Seymour Hoffman and Edward Norton. 2009.

★ (CARMEL MOUNTAIN 14; DEL MAR HIGH-LANDS 8; FASHION VALLEY 18; GROSSMONT CENTER 10; HORTON PLAZA 14; LA COSTA 6; LA JOLLA 12; MISSION VALLEY 20; OTAY RANCH 12; PALM PROMENADE 24; PARKWAY PLAZA 18; PLAZA BONITA 14; POWAY 10; RANCHO DEL REY 16; TOWN SOUARE 14)

It Might Get Loud — Davis Guggenheim, the ignored director of An Inconvenient Truth (all glory to Al Gore), essays a different sort of documentary, arranging a "summit" of electric guitarists, Jimmy Page of Led Zeppelin, The Edge of U2, and Jack White of the White Stripes and the Raconteurs. Not much comes of the meeting of minds and fingers, but the individual background stories are not without interest (especially the childhood footage of Page and Edge). All of which tends, however, to point up the arbitrariness of the selection: why not Beck? Clapton? Slash? But as long as you can abide the sound of the instrument — the title serves fair warning - you should have no major cause for complaint. 2009.

★ (GASLAMP 15, FROM 10/9)

Julie and Julia — As per its punchy subhead, this is "based on two true stories, parallel stories of feminist self-determination, set half a century apart, then and now. One focuses on Julie Powell, self-made blogger, daily chronicler of a year-long project to cook her way through volume one of Mastering the Art of French Cooking, 365 days, 524 recipes. The other focuses on the American co-author of the aforesaid cookbook, Julia Child. Though each story in turn gets equal time, back and forth, the film suffers from a built-in imbalance. The women, no need to be overly polite about it, are not equal pioneers. The one — the earlier — the pathfinder — was, in her own humorously grandiose phrase, out to "change the world," while the other - the follower — the copier — the coattail rider — was only out to carve herself a niche in the blogosphere and eventually the publishing world. Nor are the players equal. Amy Adams is an agreeable light-comedy actress (not so agreeable a heavier actress), whose Julie has been drastically watered down from the real McCoy, the real Powell, evidently out of primary concern that everyone should like her and every woman identify with her. Meryl Streep, meanwhile, is nothing less than the prima donna of contemporary American cinema; and her Julia, far from a bland Everywoman, is a one-of-a-kind: a stylized self-parodist parodied to perfection, but softened and molded into a rounded, humanized, full-service screen character. We want at all times, not just half the time, to be with Julia; and we should probably be grateful to writer-director Nora Ephron, whose title comes from Powell's blown-up blog but whose source material expanded to encompass Child's autobiography, that we have Julia-slash-Meryl even half the time. It could have been less. Stanley Tucci, Chris Messina, Jane

Lvnch. 2009.

★★ (CARMEL MOUNTAIN 14; GASLAMP 15; RAN-CHO DEL REY 16; TOWN SQUARE 14)

The Maltese Falcon — The third and the most revered (but, please, not the definitive) movie version of Hammett's mystery novel. It insists on the fun involved in private-eye escapades, as it wobbles underneath the consequences of some whimsical casting and playing — Sidney Greenstreet, Peter Lorre, Elisha Cook, Mary Astor, and Bogart as Spade. This is John Huston's first directing job, and he seems determined to make a lark of it. Some of that spirit is contagious. 1941.

★★★ (CINEMA UNDER THE STARS, 10/8 THROUGH 10, 7:30 P.M.)

9 — Post-apocalyptic computer cartoon by Shane Acker, set in a rusty, dusty, colordeprived future. "But life," intones the rumbling narrator at the outset, "must go on," even if only in the form of Lilliputian clothdoll automatons hounded by Brobdingnagian mechanized cutlery. The realistic graphic style displays an endless devotion to tactility - the gunnysack skin of the automatons, the grainy wood, the weathered metal — and since the line between live action and computer animation continues to narrow and to blur, it would be no problem to populate the very same terrain with flesh-and-blood people instead of their disembodied voices (Elijah Wood, John C. Reilly, Christopher Plummer, Jennifer Connelly, Martin Landau). The engulfing visual experience provides sufficient distraction from, or compensation for, the rudimentary conflict of rebels against machines. 2009.

★ (CARMEL MOUNTAIN 14; CHULA VISTA 10; HORTON PLAZA 14; MISSION MARKETPLACE 13; MISSION VALLEY 20; OTAY RANCH 12; PALM PROMENADE 24; PARKWAY PLAZA 18; PLAZA BONITA 14; RANCHO DEL REY 16; TOWN SOUARE 14)

Paris — Multiple storylines encircle many facets of the French capital. The city looks splendid; the not very compelling characters (the brink-of-death Romain Duris excepted) keep getting in the way. Several liberating bits of dance, strictly gratuitous. With Juliette Binoche, Fabrice Luchini, Albert Dupontel, François Cluzet, and Mélanie Laurent; directed by Cédric Klapisch. 2008.

★ (HILLCREST CINEMAS)

The September Issue — R.J. Cutler's documentary version of The Devil Wears Prada, a revealing inside look at the putting-together of the year's fattest issue of Vogue, what turns out to be history's fattest issue ever. The bleeding and sweating, the fighting and dving, over the tiniest details will retain a degree of fascination no matter how trivial the details. (E.g., cover girl Sienna Miller's teeth, hair, etc. How does she dare show her face in public?) From a certain angle, the more trivial, the more fascinating. Editor-in-Chief Anna Wintour, Meryl Streep's counterpart, is touted as "the single most important figure in the fashion industry" and "the most powerful woman in the United States," yet she remains, with or without sunglasses, somewhat remote and inscrutable — behind a severe, facehiding bob, like curtains closing on her nose — while never receding into Streepian caricature. Her long-time and less-groomed associate, Creative Director Grace Coddington, confides much more to the camera, and rallies much more sympathy to her causes. 2009.

★★ (LA JOLLA VILLAGE, FROM 10/9)

A Serious Man — Reviewed next issue. With Michael Stuhlbarg, Sari Lennick, Richard Kind, and Aaron Wolff; written and directed by Joel and Ethan Coen.

 $\bigstar \bigstar \star \star \star \star$  (HILLCREST CINEMAS, FROM 10/9)



Still Walking — Japanese family gathering written and directed by Hirokazu Koreeda of After Life and Nobody Knows. (KEN. 10/9 THROUGH 15)

Surrogates — Vicarious living, virtual living, through flawless androids, so that this indeterminate future often bears an eerie likeness to a Ross Hunter production at Universal Studios circa 1959: "Life... only better." The basic situation is confusing enough without the murder mystery and the experimental zap gun that fries not just the brains of the robots but those of the distant humans hooked up to them. What's clear is the science-fiction fundamental of dehumanization and rehumanization. With Bruce Willis, Radha Mitchell, Rosamund Pike, Ving Rhames, and James Cromwell; directed by Jonathan Mostow. 2009.

★ (CARMEL MOUNTAIN 14; CHULA VISTA 10; FASHION VALLEY 18: GROSSMONT CENTER 10: HORTON PLAZA 14; LA JOLLA 12; MISSION MAR-KETPLACE 13; MISSION VALLEY 20; OTAY RANCH 12; PALM PROMENADE 24; PARKWAY PLAZA 18: PLAZA BONITA 14: POWAY 10: RAN-CHO DEL REY 16: RIVER VILLAGE 6: SANTEE DRIVE IN; TOWN SQUARE 14)

**Toy Story** — From Disney, the self-proclaimed First Fully Computer-Animated Feature Film: reason enough to disdain it on general principle. Reason in particular, and in plenty, is provided by the horrible forms of the figures — closer to Puppetoons, Claymation, Gumby, Speedy Alka-Seltzer, and the Pillsbury Doughboy than to the Disney family of cartoon characters. (Must we now include this with Snow White, Pinocchio, and the rest, in the studio's animation library?) The premise the activities, the feelings, the rivalries of assorted toys when their owner is out of sight — cannot bear much thinking about; the gags are rapid-fire and sophisticated; the few Randy Newman tunes do not bog things down; and the end is mercifully not far off. With the voices of Tom Hanks (as Woody the pull-string cowboy) and Tim Allen (Buzz Lightyear, battery-operated Space Ranger); directed by John Lasseter. 1995.

★ (CHULA VISTA 10; DEL MAR HIGHLANDS 8; FASHION VALLEY 18; GROSSMONT CENTER 10; HORTON PLAZA 14; LA COSTA 6; MISSION MAR-KETPLACE 13; MISSION VALLEY 7; MISSION VAL-LEY 20: OTAY RANCH 12: PLAZA BONITA 14: POWAY 10; RANCHO DEL REY 16; RIVER VILLAGE 6; TOWN SQUARE 14)

**Toy Story 2** — A sure bet to be enjoyed by all who enjoyed the first one. And endured by most others. The central theme of the built-in obsolescence of children's toys -Woody, the pull-string cowboy, has suffered a torn shoulder and is retired to the shelf while his owner goes off to summer camp

without him - gives rise to some difficult, even painful, questions on aging, mortality, the instability of relationships, the impermanence of love, and the like. ("Do you really think Andy is going to take you to college? Or on his honeymoon?") The easy answers will doubtless be more soothing the younger you are. Parents, in consequence, are to be cautioned not for their kids' sake, but for their own sake. On another front, the advances in computer animation since the original Toy Story are plain to see, particularly in the depth of field (including at times an artificially blurry foreground), the openness and airiness of the space, and the lifelikeness of some of the human figures (all the way to nose hairs and a bad combover). Sometimes it is hard to know, or to remember, what you are looking at. This development, if you are old enough to be unsoothed by the aforementioned easy answers, is apt to be too fraught with misgivings and forebodings (where will it lead? where will it end?) to be entirely enjoyable. With the voices of Tom Hanks, Tim Allen, Joan Cusack, Kelsey Grammer, Wayne Knight; directed by John Lasseter. 1999. ★ (CHULA VISTA 10; DEL MAR HIGHLANDS 8; FASHION VALLEY 18; GROSSMONT CENTER 10; HORTON PLAZA 14; LA COSTA 6; MISSION MAR-KETPLACE 13; MISSION VALLEY 7; MISSION VAL LEY 20: OTAY RANCH 12: PLAZA BONITA 14: POWAY 10; RANCHO DEL REY 16; RIVER VILLAGE 6; TOWN SQUARE 14)

Trucker — Michelle Monaghan as an independent truck driver reunited with her estranged young son, directed by James (GASLAMP 15, FROM 10/9)

The Way We Get By — Aron Gaudet's documentary on three senior citizens who volunteer as greeters for returning U.S. sol-

(GASLAMP 15, FROM 10/9)

Whip It — Petite, apathetic Ellen Page finds a new calling - as "Babe Ruthless" — in the rough-and-tumble of Austin roller derby, leading to a calendar conflict between the championship game and, her mother's dearest dream, the Bluebonnet Beauty Pageant, Drew Barrymore, who plays a minor supporting part, takes to the director's chair, a bully pulpit from which to spread the gospel of cuteness: a feeble feminist fable, all sugar, no spice, with nice photography by Robert Yeoman but unexciting, unconvincing sports action. Marcia Gay Harden, Daniel Stern, Alia Shawkat, Landon Pigg, Andrew Wilson, Kristen Wiig, Juliette Lewis, Jimmy Fallon. 2009.

• (CARMEL MOUNTAIN 14: CHULA VISTA 10: DEL MAR HIGHLANDS 8; FASHION VALLEY 18; HORTON PLAZA 14: LA JOLLA 12: MISSION VAL-LEY 20: OTAY RANCH 12: PALM PROMENADE 24: PARKWAY PLAZA 18; PLAZA BONITA 14; POWAY 10: RANCHO DEL REY 16: TOWN SQUARE 14)

**Zombieland** — Nerdy, neurotic Jesse Eisenberg, the unlikeliest Texan, narrates a postmodern post-apocalyptic road trip through a population of secondhand flesh-eating zombies, in the company of the only three surviving humans east of Bill Murray's mansion in Beverly Hills: the Twinkie-craving Woody Harrelson and two scamming sisters, Emma Stone and

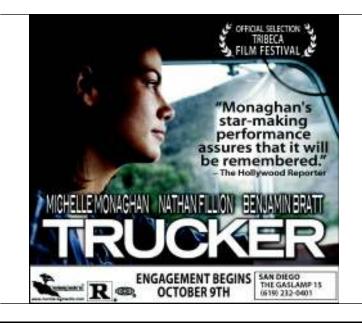
Abigail Breslin. Smart-ass comedy, not to say smart, forgetful as it is of its own rules and logic. Directed by Ruben Fleischer.

• (CARMEL MOUNTAIN 14; CHULA VISTA 10; DEL MAR HIGHLANDS 8; FASHION VALLEY 18; GASLAMP 15: GROSSMONT CENTER 10: MIS-

SION MARKETPLACE 13; MISSION VALLEY 7; MISSION VALLEY 20; OTAY RANCH 12; PALM PROMENADE 24; PARKWAY PLAZA 18; PLAZA BONITA 14; POWAY 10; RANCHO DEL REY 16; RIVER VILLAGE 6: TOWN SOUARE 14)



THE NEW FILM BY JOEL AND ETHAN COEN



# **MOVIE SHOWTIMES**

Showtimes subject to change. (Bargain showtimes in parentheses.)

#### CENTRAL

#### CARMEL MOUNTAIN

#### **Carmel Mountain 14** 11620 Carmel Mountain Road (800-326-3264

#2704)

Capitalism: A Love Story (R) Fri.-Sat. (11:20, 2:05) 4:45, 7:25, 10:10 Sun. (11:20, 2:05) 4:45. 7:25; Cloudy with a Chance of Meatballs (PG) Fri.-Sat. (11:00, 1:00, 3:10) 5:15, 7:20, 9:30 Sun. (11:00, 1:00, 3:10) 5:15, 7:20; **Cou**ples Retreat (R) Fri.-Sat. (11:50, 2:30) 5:00, 7:35, 10:15 Sun. (11:50, 2:30) 5:00, 7:35; **Fame** (PG) Fri.-Sat. (11:50, 2:20) 4:45, 7:10, 9:40 Sun. (11:50, 2:20) 4:45, 7:10; **The Informant!** (R) Fri.-Sat. (11:40, 2:10) 4:35, 7:05, 9:45 Sun (11:40, 2:10) 4:35, 7:05; Inglourious Basterds

(R) Fri.-Sat. 7:00, 10:05 Sun. 7:00p.m.; **The Invention of Lying** (PG-13) Fri.-Sat. (11:55, 2:30) 5:05, 7:30, 9:55 Sun. (11:55, 2:30) 5:05, 7:30; Julie and Julia (PG-13) Fri.-Sat. (11:25, 2:05) 4:50, 7:35, 10:10 Sun. (11:25, 2:05) 4:50, 7:35; **9** (PG-13) Fri.-Sun. (11:00, 1:00, 3:00) 5:00; **Surrogates** (PG-13) Fri.-Sat. (11:05, 1:10, 3:20) 5:30, 7:50, 10:00 Sun. (11:05, 1:10, 3:20) 5:30, 7:50; Toy Story & Toy Story 2 in 3D Double Feature (G) Fri.-Sun. (11:30, 3:15) 7:00; **Whip It** (PG-13) Fri.-Sat. (11:25, 1:55) 4:25, 7:15, 9:50 Sun. (11:25, 1:55) 4:25, 7:15; **Zombieland** (R) Fri.-Sat. (11:15, 1:15, 3:30) 5:45, 7:55, 10:05 Sun. (11:15, 1:15, 3:30) 5:45,

#### CLAIREMONT

#### Town Square 14

4665 Clairemont Drive (800-326-3264 #2722)

Capitalism: A Love Story (R) Fri.-Sun. (10:55, 1:50) 4:40, 7:35, 10:25; Cloudy with a Chance of Meatballs (PG) Fri.-Sun. (10:50,  $\begin{array}{c} 1:05,3:30)\ 5:40,7:50,10:20; \textbf{Couples Retreat} \\ (R)\ Fri.-Sun.\ (11:00,12:00,1:35,2:35)\ 4:15, \end{array}$ 5:15, 7:00, 8:00, 9:35, 10:30; **Fame** (PG) Fri.-Sun. (11:55, 2:25) 5:10, 7:40, 10:10; **The** Informant! (R) Fri.-Sun. (11:30, 2:00) 4:25, 7:20, 9:50; Inglourious Basterds (R) Fri.-Sun. (11:20, 2:40) 6:05, 9:20; **The Invention of Lying** (PG-13) Fri.-Sun. (11:35, 2:05) 4:30, 7:05, 9:40; Julie and Julia (PG-13) Fri.-Sun. (3:20) 6:10, 8:55; **My One and Only** (Not Rated) Fri.-Sun. (11:50, 2:20) 4:55, 7:25, 10:05; **9** (PG-13) Fri.-Sun. (11:15, 1:15); **Surrogates** (PG-13) Fri.-Sun. (11:05, 1:10, 3:25) 5:35, 7:55, 10:00; **Toy Story & Toy Story 2 in 3D Dou**ble Feature (G) Fri -Sun (11:45, 3:40) 7:30: Whip It (PG-13) Fri.-Sun. (11:25, 1:55) 4:35, 7:10, 9:55; Zombieland (R) Fri.-Sun. (11:10, 1:30, 3:35) 5:45, 8:05, 10:15

#### **DOWNTOWN**

#### Gaslamp 15

701 Fifth Avenue (800-326-3264 #2709) American Harmony (Not Rated) Fri.-Sun. (12:15, 2:15) 4:20, 6:15, 8:10, 10:20; **Extract** (R) Fri. (11:55, 2:10) 4:15, 6:20 Sat.-Sun. (11:55, 2:10) 4:15, 6:20, 8:25, 10:30; **The Hangover** (R) Fri.-Sun. (1:10, 3:15) 5:25, 7:35, 9:50; **The** Informant! (R) Fri.-Sun. (12:05, 1:05, 2:30, 3:25) 4:55, 5:50, 7:20, 8:15, 9:45, 10:35; lt Might Get Loud (PG) Fri.-Sun. (12:30) 5:05, 9:55; Jennifer's Body (R) Fri.-Sun. (12:10) 5:15, 10:25; **Julie and Julia** (PG-13) Fri.-Sun. (11:55, 2:40) 5:10, 7:45, 10:30; **Love Happens** (PG-13) Fri.-Sun. (12:20, 2:50) 5:20, 7:5 10:15; **Moon** (R) Fri.-Sun. (2:45) 7:30; **Pando**rum (R) Fri.-Sun. (12:25, 2:55) 5:30, 7:55, 10:35; Taking Woodstock (R) Fri.-Sun. (2:35) 7:40: Trucker (Not Rated) Fri -Sun (1:50, 3:50) 5:55, 8:05, 11:50; **The Way We Get By** (Not Rated) Fri.-Sun. (12:10, 2:05) 4:10, 6:10, 8:05.

10:05; **Zombieland** (R) Fri.-Sun. (12:00, 1:00, 2:00, 3:00) 4:05, 5:00, 6:05, 7:00, 8:00, 9:00, 10.00

#### Horton Plaza 14

Horton Plaza (619-444-FILM)

**Capitalism: A Love Story** (R) Fri. (1:20, 4:15) 7:15, 10:10 Sat.-Sun. (1:20) 4:15, 7:15, 10:10; Cloudy with a Chance of Meatballs (PG) 11. (1:03, 5:13, 5:25) 7:35, 9:45 Sat.-Sun. (1:05, 5:35) 5:25, 7:35, 9:45; **Couples Retreat** (R) Fri. (1:00, 1:30, 4:05, 4:35) 7:00, 7:30, 9:35, 10:05 Sat.-Sun. (1:00, 1:30) 4:05, 4:35, 7:00, 7:20 Sat.-Sun. (1:00, 1:30) 4:05, 4:35, 7:00, 7:30, 9:35, 10:05; **District 9** (R) Fri.-Sun. 7:40, 10:20; Fame (PG) Fri. (1:25, 4:20) 7:05, 9:40 Sat.-Sun. (1:25) 4:20, 7:05, 9:40; **500 Days of Summer** (PG-13) Fri. (1:45, 4:40) 7:20, 9:45 Sat.-Sun. (1:45) 4:40, 7:20, 9:45; **Free Style** (PG) Fri. (1:15, 3:30, 5:45) 8:00, 10:15 Sat.-Sun. (1:15, 3:30) 5:45, 8:00, 10:15; I Hope They Serve **Beer in Hell** (R) Fri. (1:40, 4:30) 7:25, 10:00 Sat.-Sun. (1:40) 4:30, 7:25, 10:00; **Inglourious** Basterds (R) Fri. (12:55, 4:10) 7:45 Sat.-Sun.

(12:55) 4:10, 7:45; The Invention of Lying (PG-13) Fri. (1:10, 4:05) 7:10, 9:50 Sat.-Sun (1:10) 4:05, 7:10, 9:50; **9** (PG-13) Fri. (1:30, 3:35, 5:40) Sat.-Sun. (1:30, 3:35) 5:40; **Surrogates** (PG-13) Fri. (1:05, 3:20, 5:35) 7:50, 10:00 Sun. (1:05, 3:20) 5:35, 7:50, 10:00; Toy Story & Toy Story 2 in 3D Double Feature (G) Fri.-Sun. 1:00, 7:00; Whip It (PG-13) Fri. (1:35, 4:25) 7:20, 9:55 Sat.-Sun. (1:35) 4:25, 7:20, 9:55

#### **KENSINGTON**

#### Ken

4061 Adams Avenue (619-819-0236) Still Walking (NR) Fri., Mon.-Thu. (4:20) 7:00, 9:40; Sat. & Sun. (1:40) 4:20, 7:00, 9:40

#### **LA JOLLA**

#### La Jolla 12

Villa La Jolla Drive (888-262-4386) Cloudy with a Chance of Meatballs (PG) Fri.-Sun. (11:20) 1:50, 4:20, 6:50, 9:15; Couples Retreat (R) Fri.-Sun. (10:30, 11:10) 1:20, 2:00, 4:10, 4:50, 7:00, 7:40, 9:50, 10:30; **Fame** (PG) Fri.-Sun. (11:25) 2:05, 4:40, 7:15, 10:00; I Hope They Serve Beer in Hell (R) Fri. (11:35) 2:15, 4:55, 7:30, 10:10 Sat. 2:15, 4:55, 7:30, 10:10 Sun. (11:35) 2:15, 4:55, 7:30, 10:10; **The Informant!** (R) Fri.-Sun. (10:55) 1:40, 4:35, 7:20, 10:05; **Inglourious Basterds** (R) Fri.-Sun. (11:30) 3:00, 6:25, 9:45; The Invention of Lying (PG-13) Fri.-Sun. (10:50) 1:30, 4:15, 6:55, 9:35; Love Happens (PG-13) Fri.-Sun. (11:05) 1:55, 4:45, 7:25, 10:20; **Surrogates** (PG-13) Fri. 12:15, 2:45, 5:20, 7:50, 10:15 Sat. (10:05) 12:20, 2:45, 5:20, 7:50, 10:15 Sun. 12:15, 2:45, 5:20, 7:50, 10:15; **Whip It** (PG-13) Fri.-Sun. (11:00) 1:45, 4:30, 7:10, 9:55; **Zombieland** (R) Fri.-Sun. (10:35) 12:50, 3:10, 5:35,

**La Jolla Village** 8879 Villa La Jolla Drive (619-819-0236) **Capitalism: A Love Story** (R) Fri., Mon.-Thu. (2:00, 5:00) 8:00; Sat. & Sun. (11:00) 2:00, 5:00, 8:00; Capitalism: A Love Story (R) Fri., Mon.-Thu. 9:50; Sat. & Sun. 9:50; The **September Issue** (PG-13) Fri., Mon.-Thu. (2:10, 4:40), (7:00); Sat. & Sun. (11:45) 2:10, (4:40), 7:00; **Amreeka** (PG-13) Fri., Mon.-Thu. (1:40, 4:50) 7:30, 9:40; No 7:30 pm show Tue., 10/13/09; Sat. & Sun. (11:30, 1:40, 4:50) 7:30, 9:40; **Bright Star** (PG) Fri., Mon.-Thu. (1:50, 4:30) 7:15, 10:00; Sat. & Sun. (11:15) 1:50, 4:30, 7:15, 10:00

#### **MIRA MESA**

#### Mira Mesa 18

24

10733 Westview Parkway (800-326-3264) Call theater for program information

#### **MISSION HILLS**

#### Cinema under the Stars

4040 Goldfinch Street (619-295-4221) The Maltese Falcon (NR)Thu.-Sat. 7:30

#### **MISSION VALLEY**

#### Fashion Valley 18

7037 Friars Road (888-262-4386) **Bright Star** (PG) Fri.-Sat. 2:50, 8:20 Sun. (11:10) 4:35, 9:55; **Capitalism: A Love Story** (R) Fri.-Sat. (10:20) 1:15, 2:55, 4:15, 7:15, 8:00, 10:05 Sun. (10:20) 1:15, 2:55, 4:15, 7:10, 8:00, 10:05; **Cloudy with a Chance of Meatballs** (PG) Fri.-Sun. (10:15) 12:30, 2:45, 5:00, 7:20, 9:35; Couples Retreat (R) Fri.-Sat. (11:15) 12:15, 2:00, 3:00, 4:45, 5:50, 7:30, 8:30, 10:10, 11:10 Sun. (11:15) 12:15, 2:05, 3:00, 4:50, 5:50 7:30, 8:30, 10:10; Fame (PG) Fri.-Sun. (11:40) 2:15, 5:05, 7:35, 10:15; **Free Style** (PG) Fri.-Sat. (10:25) 12:50, 3:10, 5:30, 7:50, 10:20 Sun. (10:40) 1:00, 3:20, 5:40, 8:05, 10:25; **The Informant!** (R) Fri.-Sat. (10:10) 12:45, 3:20, 5:55, 8:25, 11:00 Sun (10:45) 1:25, 4:05, 6:50, 9:25; Inglourious Basterds (R) Fri.-Sat. 12:00, 3:30, 7:10, 10:25 Sun. 12:00, 3:15, 6:30, 9:50; The Invention of Lying (PG-13) Fri.-Sat. (10:05) 12:35, 3:05, 5:35, 8:10, 10:45 Sun. (11:35) 2:10, 4:45, 7:25, 10:00; **Love Happens** (PG-13) Fri.-Sat. (11:55) 2:40, 5:10, 7:45, 10:30 Sun. (11:55) 2:40, 5:10, 7:45, 10:20; Pandorum (R) Fri.-Sat. 12:10, 5:40, 11:05 Sun. 1:50, 7:15; **Surrogates** (PG-13) Fri.-Sat. (10:00) 12:20, 12:40, 2:35, 4:55, 5:45, 7:05, 9:20, 10:55 Sun. (10:00) 12:20. 12:40, 2:35, 4:55, 5:45, 7:05, 9:20; **Toy Story & Toy Story 2 in 3D Double Feature** (G) Fri.-Sat. (10:30) 2:20, 6:10, 10:00 Sun. (10:05) 1:55, 5:40, 9:30; Whip It (PG-13) Fri.-Sat. (11:45) 2:30, 5:15, 7:55, 10:35 Sun. (11:45) 2:30, 5:15, 7:55, 10:30; **Zombieland** (R) Fri.-Sat. (11:25) 12:05, 1:40, 2:25, 3:55, 4:40, 6:15, 7:00, 8:35, 9:15, 10:50, 11:30 Sun. (11:25) 12:05, 1:40, 2:25, 3:55, 4:40, 6:15, 7:00, 8:35, 9:15

#### Mission Valley 20

1640 Camino Del Rio North (888-262-4386) Capitalism: A Love Story; Couples Retreat; District 9; Fame; Free Style; The Informant!; The Invention of Lying; 9; Pandorum; Surrogates; Toy Story & Toy Story 2 in 3D Double Feature; Whip It; **7ombieland** 

#### Mission Valley 7

7510 Hazard Center Drive (619-685-2841)



Tov Story & Toy Story 2 in 3D Double Feature (G) (12:00 3:40) 7:30; Cloudy with a Chance of Meatballs 3D (PG) (10:00 12:15 2:30) 4:45 7:15 9:30; No 9:30 Fri.; **Couples Retreat** (PG-13) (10:00 1:00 4:00) 7:00 10:00; Tony Manero (R) 10:30 3:30 8:30; Leonera (R) 1:00 6:00 10:45; Capitalism: A Love Story (R) (11:00 2:00) 5:00 8:00 10:45; **Zombieland** (R) (10:15 12:45 3:15) 5:45 8:15 10:30; **The In-** formant! (R) (11:30 2:15) 5:15 7:45 10:15; No 11:30 & 5:15 Sun.; No 5:15 & 7:45 Tues Spookley the Square Pumpkin (G) 10:30 am Sat.-Sun. only; La Bayadere Ballet 10:30 am Sun. only; Lewis Black: Stark Raving Black 10 pm Fri., 5 pm Sun., 8 pm Thu.; I Puritani Opera 7 pm Thu. only

No 9 pm-10:45 pm shows Sun.-Thu.

#### **UPTOWN**

#### **Hillcrest Cinemas**

3965 Fifth Avenue (619-819-0236)
A Serious Man (R) Fri., Mon.-Thu. (1:30, 4:30) 7:00, 9:30; No 7:00 pm show Mon., Tue., 10/12/09, 10/13/09; Sat. & Sun. (11:00) 1:30,  $4{:}30,\,7{:}00,\,9{:}30;$  A Serious Man (R) Fri.,Mon.-Thu. (3:00, 5:30) 8:00; Sat. & Sun. 12:30 3:00, 5:30, 8:00; **Coco before Chanel** (PG-13) Fri., Mon.-Thu. (1:45, 4:20) 7:10, 9:45; Sat. & Sun. (11:15) 1:45, 4:20, 7:10, 9:45; **Paris** (R) Fri., Mon.-Thu. (2:20, 5:15) 8:10; Sat. & Sun (11:30) 2:20, 5:15, 8:10; **The Boys Are Back** (PG-13) Fri., Mon.-Thu. (2:10, 4:40) 7:20, 10:00; Sat. & Sun. (11:45) 2:10, 4:40, 7:20,

Reuben H. Fleet Science Center 1875 El Prado, Balboa Park (619-238-1233) Call theater for program information.

#### **EAST COUNTY**

#### **FL CAJON**

#### Parkway Plaza 18

405 Parkway Plaza (619-401-3456) All about Steve; Capitalism: A Love Story; Cloudy with a Chance of Meatballs; Couples Retreat; Fame; Free Style; I Can Do Bad All by Myself; The Informant!; Inglourious Basterds; The Invention of Lying; Love Happens; 9; Pandorum; Surrogates; Whip It: Zombieland

#### LA MESA

#### **Grossmont Center 10**

5500 Grossmont Center Drive (800-326-3264 #2710

**Capitalism: A Love Story** (R) Fri.-Sun. (11:30, 2:15) 5:00, 7:45, 10:25; **Cloudy with a** Chance of Meatballs (PG) Fri.-Sun. (11:15, 1:20, 3:30) 5:35, 7:40, 9:45; Couples Retreat (R) Fri.-Sun. (12:05, 2:40) 5:15, 7:55, 10:30; Fame (PG) Fri.-Sun. (12:10) 5:05, 9:50; Free **Style** (PG) Fri.-Sun. (11:20, 1:30, 3:45) 5:55, 8:05, 10:15; **The Informant!** (R) Fri.-Sun. (2:10) 4:35, 7:00; **The Invention of Lying** (PG-13) Fri.-Sun. (12:00, 2:25) 4:50, 7:15, 9:40; Love Happens (PG-13) Fri.-Sun. (2:35) 7:25; Pandorum (R) Fri.-Sun. (11:45) 9:30; Surrogates (PG-13) Fri.-Sun. (11:55, 2:00) 4:05, 6:10, 8:15, 10:20; Toy Story & Toy Story 2 in 3D Double Feature (G) Fri -Sun (11:50 3:40) 7:30; Zombieland (R) Fri.-Sun. (11:40, 1:55) 4:10, 6:20, 8:30, 10:40

#### **RANCHO SAN DIEGO**

#### Rancho San Diego 15

2951 Iamacha Road (800-326-3264) Cloudy with a Chance of Meatballs (PG) Fri. (2:35, 5:00) 7:25, 9:55 Sat.-Sun. (12:05, 2:35) 5:00, 7:25, 9:55; **Couples Retreat** (R) Fri.-Sun. (12:00, 12:30, 3:00, 3:30) 7:00, 7:30, 9:45, 10:15; Fame (PG) Fri.-Sun. (12:35, 3:10) 6:55, 9:40; I Can Do Bad All by Myself (PG-13) Fri.-Sun. (12:55) 6:40; **The Informant!** (R) Fri.-Sun. (12:40, 3:40) 7:10, 9:50; Inglourious Basterds (R) Fri.-Sun. (11:55. 3:15) 6:50, 10:10; The Invention of Lying (PG-13) Fri.-Sun. (1:00, 3:40) 7:20, 10:20 Love Happens (PG-13) Fri.-Sun. (12:50, 3:25) 7:50, 10:30; **9** (PG-13) Fri. (12:25, 2:50, 5:10) 7:40, 10:00 Sat.-Sun. (12:25, 2:50) 5:10, 7:40, 10:00: Pandorum (R) Fri -Sun (3:35) 9:30: Surrogates (PG-13) Fri. (12:10, 2:45, 5:05) 8:00, 10:25 Sat.-Sun. (12:10, 2:45) 5:05, 8:00, 10:25; Toy Story & Toy Story 2 in 3D Dou**ble Feature** (G) Fri.-Sun. (2:20) 7:05; **Whip It** (PG-13) Fri.-Sun. (12:20, 3:20) 7:55, 10:35; Zombieland (R) Fri. (12:15, 12:45, 2:30, 3:05, 4:45, 5:20) 7:15, 7:45, 9:35, 10:05 Sat.-Sun. (12:15, 12:45, 2:30, 3:05) 4:45, 5:20, 7:15, 7:45,

#### **SANTEE**

#### Santee Drive In

10990 Woodside Avenue (619-448-7447) Couples Retreat (R); The Informant! (R); Love Happens (PG-13); Surrogates (PG-13)

#### **SOUTH BAY**

#### **CHULA VISTA**

#### Chula Vista 10

Broadway between H and I (619-338-4214)



Toy Story & Toy Story 2 in 3D Double Feature  $(G)\ (12{:}00\ 3{:}40)\ 7{:}30;$  Couples Retreat (PG-13) (11·30 2·15) 5·00 7·45 10·30: From Mexico with Love (PG-13) (11:00 1:30) 4:15 7:15 9:45: Zombieland (R) (11:00 1:15 3:45) 6:00 8:15 10:30; **Whip It** (PG-13) (12:15 3:00) 5:30 8:00 10:30; Love Happens (PG-13) (1:45) 7:15; Cloudy with a Chance of Meatballs (PG) (11:45 2:30) 4:45 7:00 9:30; Surrogates (PG-13) (12:30 2:45) 5:15 7:45 10:15; Pandorum (R) (12:45 3:15) 5:45 8:15 10:45; **9** (PG-13) (11:45 2:00 4:00) 6:15 8:30 10:45: Jennifer's Body (R) (11:15) 4:30 10:00: Barney: Jungle Friends (G) 10 am Sat. only; Spookley the Square Pumpkin (G) 10:30 am

No 9 pm-10:45 pm shows Sun.-Thu.

Expires 10/15/09.

#### Otav Ranch 12

Eastlake Parkway (at Olympic) (888-262-4386)
Capitalism: A Love Story; Cloudy with a Chance of Meatballs; Couples Retreat; Fame; The Invention of Lying; Love Hap-pens; 9; Surrogates; Toy Story & Toy Story 2 in 3D Double Feature; Whip It; Zom-

#### Palm Promenade 24

770 Dennerv Road (888-262-4386) All about Steve (PG-13); Capitalism: A Love Story (R); Cloudy with a Chance of Meatballs (PG); Couples Retreat (R); District 9 (R); Fame (PG); The Final Destination (R); Free Style (PG); Gamer (R); G.I. Joe: The Rise of Cobra (PG-13); The Informant! (R); Inglourious Basterds (R); The Invention of Lying (PG-13); Jennifer's Body (R); Love Happens (PG-13); 9 (PG-13); Pandorum (R); Sorority Row (R); Surrogates (PG-13); Whip It (PG-13); Zombieland (R)

#### Rancho Del Rey 16

1025 Tierra del Rey (off East H Street) (619-216-4707)

Cloudy with a Chance of Meatballs (PG) Fri.-Sun. (1:20, 3:35) 6:45, 9:00; **Couples Retreat** (R) Fri.-Sun. (12:30, 3:45) 7:25, 10:05; **District 9** (R) Fri. (1:35, 4:15) 6:50, 9:25 Sat.-Sun. (1:35) 4:15, 6:50, 9:25; **Fame** (PG) Fri.-Sun. (12:40, 3:30) 7:15, 9:45; **Free Style** (PG) Fri. (1:25, 4:30) 6:55, 9:15 Sat.-Sun. (1:25) 4:30, 6:55, 9:15; I Can Do Bad All by Myself (PG-13) Fri.-Sun. (1:10, 3:50) 7:05, 9:50; I **Hope They Serve Beer in Hell** (R) Fri. (1:15, 4:45) 7:35, 10:15 Sat.-Sun. (1:15) 4:45, 7:35, 10:15; **The Informant!** (R) Fri. (12:55, 4:10) 7:30, 10:10 Sat.-Sun. (12:55) 4:10, 7:30, 10:10 Inglourious Basterds (R) Fri.-Sun. (2:00) 6:15. 9:35; The Invention of Lying (PG-13) Fri. (12:35, 4:05) 7:10, 9:40 Sat.-Sun. (12:35) 4:05, 7:10, 9:40; **Julie and Julia** (PG-13) Fri.-Sun. (12:30, 3:40) 6:40, 9:30; 9 (PG-13) Fri.-Sun. (1:45, 3:55) 6:50; **Pandorum** (R) Fri.-Sun. 9:20p.m.; Surrogates (PG-13) Fri. (1:00, 3:15, 5:30) 7:40, 10:05 Sat.-Sun. (1:00, 3:15) 5:30,  $\begin{array}{l} 7:40,\,10:05;\,\textbf{Whip It}\,(PG-13)\,\,Fri.\,(1:05,\,4:25)\\ 7:20,\,9:55\,\,Sat.-Sun.\,(1:05)\,\,4:25,\,7:20,\,9:55;\\ \textbf{Zombieland}\,\,(R)\,\,Fri.\,\,(12:45,\,3:00,\,5:20)\,\,7:45, \end{array}$ 10:00 Sat.-Sun. (12:45, 3:00) 5:20, 7:45, 10:00

#### **IMPERIAL BEACH**

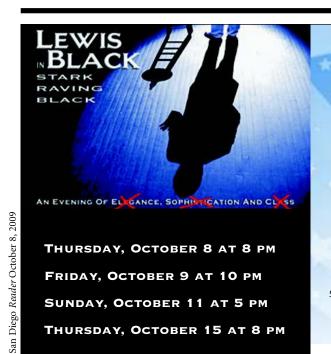
#### South Bay Drive In

2170 Coronado Avenue (619-423-2727) Call theater for program information.

#### NATIONAL CITY

#### Plaza Bonita 14

3030 Plaza Bonita Road (888-262-4386) Cloudy with a Chance of Meatballs (PG); Couples Retreat (R); Fame (PG); Free Style (PG); I Can Do Bad All by Myself (PG-13); The Invention of Lying (PG-13); Jennifer's Body (R); 9 (PG-13); Pandorum (R); Surrogates (PG-13); Toy Story (G); Toy Story 2 (G); Whip It (PG-13); Zombieland (R)



#### and Mission Valley Hazard Center. . Code M9-10-36 **Mission Valley Hazard Center**

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#### **Poway Creekside Plaza**

13475 Poway Rd. • Poway

7510 Hazard Ctr. Dr. • San Diego

#### **River Villag**

5256 S. Mission Rd. • Bonsall La Costa

#### 6941 El Camino Real • Carlsbad

Flower Hill 2630 Via de la Valle • Del Mar



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ADMISSION

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#### **NORTH INLAND**

#### **ESCONDIDO**

#### Escondido 16

350 West Valley Parkway (760-291-0119) Call theater for program information

#### River Village 6

5256 S. Mission Road (760-945-8784)



Toy Story & Toy Story 2 in 3D Double Feature (G)  $(12:00\ 3:40)\ 7:30;$  Couples Retreat  $(PG-13)\ (11:30\ 2:15)\ 5:00\ 7:45\ 10:30;$  Zombieland (R) (11:15 1:30 3:45) 6:00 8:15 10:30: Cloudy with a Chance of Meatballs (PG) (11:30 2:00) 4:30 7:00 9:30; Fame (PG) (11:15 1:45) 7:15; **Surrogates** (PG-13) (11:00 1:15 3:30) 5:45 8:00 10:15; The Informant (R) 4:15 9:45; Barney: Jungle Friends (G) 10 am Sat. only; **Spookley the Square Pumpkin** (G) 10:30 am Sat.-Sun. only No 9 pm-10:45 pm shows Sun.-Thu. No 10 am-3:45 pm shows Mon.-Thu.

#### **POWAY**

**Poway 10**13475 Poway Road (858-646-9423)



Toy Story & Toy Story 2 in 3D Double Feature (G) (12:00 3:40) 7:30; Cloudy with a Chance of Meatballs 3D (PG) (10:00 12:15 2:30) 4:45 7:15 9:30; **Couples Retreat** (PG-13)  $\begin{array}{c} (10:00\ 1:00\ 4:00)\ 7:00\ 10:00; \textbf{Free Style}\ (PG) \\ (11:15\ 1:30\ 3:45)\ 6:15\ 8:30\ 10:45; \textbf{The Inven-} \end{array}$ tion of Lying (PG-13) (10:00 12:30 3:00) 5:30 8:00 10:30; **Zombieland** (R) (11:00 1:15 3:30) 6:00 8:15 10:30; **Whip It** (PG-13) (10:15 12:45 3:15) 5:45 8:15 10:45; **Fame** (PG) (1:45) 7:00; Surrogates (PG-13) (10:15 12:30 2:45) 5:15 7:45 10:15; **Love Happens** (PG-13) (11:00) 4:15 9:45: The Informant! (R) (11:30 2:15) 5:00 7:30 10:15; Spookley the Square Pump kin (G) 10:30 am Sat.-Sun, only No 9 pm-10:45 pm shows Sun.-Thu.

#### SAN MARCOS

#### San Marcos 18

1180 W. San Marcos Boulevard (at Old California Walk) (800-326-3264) Call theater for program information

#### **VISTA**

**Vista Village** Highway 78 at Vista Village Drive (760-945-7469)

Capitalism: A Love Story (R) Fri.-Sun. (10:50, 1:40, 4:30) 7:20, 10:10; Cloudy with a Chance of Meatballs (PG) Fri.-Sun. (12:00, 2:25, 4:45) 7:05, 9:20; **Couples Retreat** (R) Fri.-Sun. (11:00, 11:40, 1:40, 2:20, 4:20, 5:00) 7:10, 7:55, 9:50, 10:30; **Fame** (PG) Fri.-Sun. (11:50, 2:30, 5:10) 7:45, 10:20; **Free Style** (PG) Fri.-Sun. (12:25, 2:45, 5:05) 7:30, 9:50; **The Informant!** (R) Fri.-Sun. (11:25, 2:00, 4:35) 7:15, 9:45; **The Invention of Lying** (PG-13) Fri.-Sun. (12:05, 2:35, 5:05) 7:30, 10:00; **Love Happens** (PG-13) Fri.-Sun. (11:30, 2:10, 4:50) 7:25, 10:05; **Surrogates** (PG-13) Fri.-Sun. (12:30, 2:50, 5:10) 7:35, 9:50; Toy Story & Toy Story 2 in 3D Double Feature (G) Fri.-Sun. (11:00, 12:00, 3:00, 4:00) 7:00, 8:00; **Whip It** (PG-13) Fri.-Sun. (11:45, 2:20, 5:00) 7:40, 10:20: **Zombieland** (R) Fri -Sun (12:10, 12:50, 2:30, 3:10, 4:50, 5:30) 7:10, 7:50, 9:30, 10:10

#### NORTH COASTAL **CARLSBAD**

#### Plaza Camino Real

2385 Marron Road (760-729-7469) Call theater for program information.

#### **DEL MAR**

#### Del Mar Highlands 8

El Camino Real at Del Mar Heights Road (858-646-9420)



Toy Story & Toy Story 2 in 3D Double Feature (G) (12:00 3:40) 7:30; Cloudy with a Chance of Meatballs 3D (PG) (10:00 12:15 2:30) 4:45 7:00 9:30; Couples Retreat (PG-13)

(10:00 1:00 4:00) 7:00 10:00; Free Style (PG) (10:15 12:30 2:45) 5:15 7:45 10:15; **The Invention of Lying** (PG-13) (10:00 12:30 3:00) 5:30 8:00 10:30; **Zombieland** (R) (11:00 1:15 3:45) 6:00 8:15 10:30; **Whip It** (PG-13) (10:15 12:45 3:15) 5:45 8:15 10:45; **Fame** (PG) (11:15 1:45) 4:30 7:15 9:45; **Spookley the Square Pump**kin (G) 10:30 am Sat.-Sun. only No 9 pm-10:45 pm shows Sun.-Thu.

#### Flower Hill 4

2630 Via de la Valle (858-646-9425)



The Boys Are Back (PG-13) (10:00 12:30 3:00) 5:30 8:00 10:30; **Capitalism: A Love Story** (R) (10:00 1:00 4:00) 7:00 10:00; **Bright** Star (PG) (10:30 1:30) 4:30 7:30 10:15; The Informant! (R) (10:15 12:45 3:15) 5:45 8:15

No 9 pm-10:45 pm shows Sun.-Thu.

#### **ENCINITAS**

471 South Coast Highway 101 (760-436-7469) The Cove (PG-13)

#### LA COSTA

#### La Costa 6

6941 El Camino Real (at Aviara/Alga) (760-599-8221)



Toy Story & Toy Story 2 in 3D Double Feature (G) (12:00 3:40) 7:30: No 7:30 Thu. Cloudy with a Chance of Meatballs 3D (PG) (10:00 12:15 2:30) 4:45 7:15 9:30; Couples Retreat (PG-13) (10:00 1:00 4:00) 7:00 10:00; The Invention of Lying (PG-13) (10:15 12:30 3:00) 5:30 8:00 10:30; **Capitalism: A Love Story** (R) (11:00 2:15) 5:00 7:45 10:30; Fame (PG) (10:15 3:15) 8:15; The Informant (R) (12:45) 5:45 10:45; Spookley the Square Pumpkin (G) 10:30 am Sat.-Sun. only; I Puritani Opera 7 pm Thu, only No 9 pm-10:45 pm shows Sun.-Thu.

#### **OCEANSIDE**

#### Mission Marketplace 13

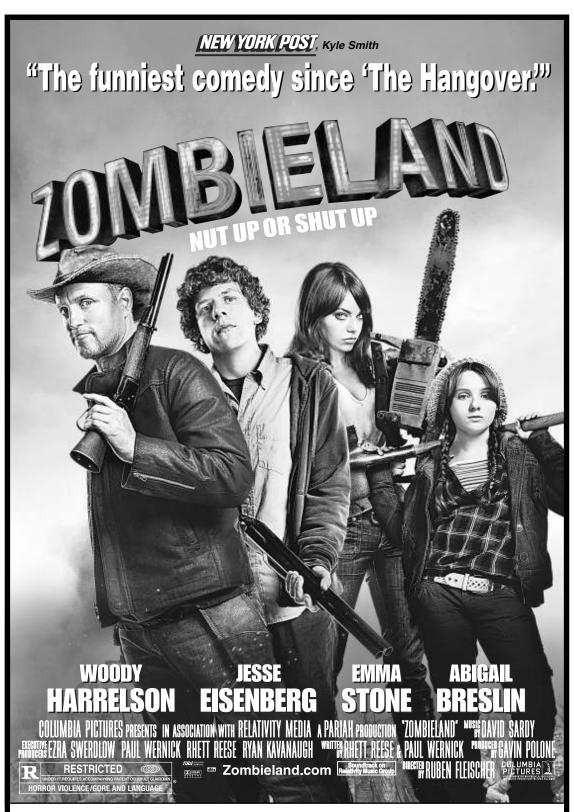
College Boulevard and Mission Avenue (760-806-1790)



Toy Story & Toy Story2 3D Double Feature (G) (12:00 3:40) 7:30; Cloudy with a Chance of Meatballs 3D (PG) (12:15 2:30) 4:45 7:15 9:30; Couples Retreat (PG-13) (11:00 1:45) 4:30 7:15 10:00; Will also play at 10:00 am on Wed.; From Mexico with Love (PG-13) (11:15 1:45 4:00) 6:15 8:30 10:45; **Zombieland** (R) (11:00 1:15 3:30) 6:00 8:15 10:30; **Love** Happens (PG-13) (11:45 2:15) 5:00 7:30 10:00; Fame (PG) (12:30 3:00) 5:30 8:00 10:30; **Surrogates** (PG-13) (12:45 3:15) 5:45 8:15 10:30; **Pandorum** (R) (12:15 2:45) 5:15 7:45 10:15; **The Informant** (R) (11:30 2:00) 5:00 7:45 10:15; No 7:45 Thu.; **I Can Do Bad All By Myself** (PG-13) (11:00 1:30) 4:15 7:00 9:45; **9** (PG-13) (11:45 2:00) 4:15 6:30 8:30 10:45; Inglourious Basterds (R) (12:00 3:45) 7:00 10:15; No 10:15 Fri.; No 12:00 & 3:45 Sun.; No 7:00 Thu.; Barney: Jungle Friends (G) 10 am Sat. only; Spookley the Square Pumpkin (G) 10:30 am Sat.-Sun. only; La Bayadere Ballet 10:30 am Sun. only; Lewis Black: Stark Raving Black 10 pm Fri., 5 pm Sun., 8 pm Thu.; I Puritani Opera 7 pm Thu.

#### No 9 pm-10:45 pm shows Sun.-Thu.

401 Mission Avenue (760-439-1733) Call theater for program information.



# **NOW PLAYING**

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#### Fresh basil \$1.50 a bunch (Reg. \$2) Complete your menu with our garlic, heirloom tomatoes, fresh herbs, summer squash, eggplant and more!

Valid Saturday October 10, 2009 only One coupon per customer per booth.



#### Schaner **Family Farms** Family owned and operated

since 1982. No herbicides, chemical fertilizers or sprays.

#### \$2 off \$12 fresh flower purchase

Valid Saturday, October 10, 2009 only. One coupon per customer per booth.



#### Maldonado Growers

at the corner of Date & India

## \$1 off any \$10 purchase



#### Live shellfish & fresh, local catch

Valid Saturday, October 10, 2009 only. One coupon per customer per booth.

<sup>\$</sup>2 off a Grilled Salmon Burger (Reg. §8) Comes on a grilled onion bun w/ dijon aioli, romaine, heirloom tomato & grilled red onions. Yummy!

Valid Saturday, October 10, 2009 only. One coupon per customer per booth

Omega'Me Well San Diego's Best Gourmet smoked salmon

### \$1 off Avocado oil or Avocado oil soap



Handmade ceramic garlic graters from Europe - perfect for mincing garlic, ginger, cheese, chocolate and spices Valid Saturday,

Valid Saturday, October 10, 2009 only.

\$5 off Herb Grinder - no limit



One coupon per customer per booth.

**Edward** Jacobucci

#### Wear an orange shirt, skirt or trousers for a FREE Cup o' Joe! I

Valid Saturday, October 10, 2009 only. One coupon per customer per booth.



JOES ON THE NOSE We're in the Big Orange Truck on the corner of

## \$1 off 2 baskets of fresh Fuji Apples

Valid Saturday, October 10, 2009 only. One coupon per customer per booth.



Heritage **Family Farms** 

## 1/2 off any spice blend

w/purchase of 2 at regular price



Valid Saturday, October 10, 2009 only. One coupon per customer per booth.

Just Spice

## Buy 1 BBQ sandwich, get one 1/2 off!

Valid Saturday, October 10, 2009 only. One coupon per customer per booth.



Ranchwood Deli & Catering Located at State & Date

#### \$1 off a \$5 minimum purchase

Valid Saturday, October 10, 2009 only. One coupon per customer per booth.



**Polito Family Farms** 

Citrus, avocados, fresh juice

### §1 off anv §5 purchase fresh red & green bell peppers

Valid Saturday, October 10, 2009 only. One coupon per customer per booth.

**Two Slices of** 

Pizza Just \$5



Randazzo **Farms** 

#### \$1 off any item **LOCAL ORGANIC VEGETARIAN FOOD**

Valid Saturday, October 10, 2009 only. One coupon per customer per booth.



#### \$2 off any Infuser Teapot! Cookware, tabletop & more!

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FREE Lemon Bar w/purchase of 1 pint of

"Almost Famous" Turkey Chili

Valid Saturday, October 10, 2009 only.

One coupon per customer per booth.

1 pack of pita bread



Gournact Fusion 🚙

of the Market!

# §3 off 3 bunches (regular \$9)

Valid Saturday, October 10, 2009 only.

Suncoast **Farms** 

# Asparagus - §6

One coupon per customer per booth.

# §1 off 1 lb. any fresh pasta

Valid Saturday, October 10, 2009 only. One coupon per customer per booth.



Lisko **Imports** at the corner of Date & India

#### Valid Saturday, October 10, 2009 only. One coupon per customer per booth.

**Lisko Imports** at the corner of Date & India

## of 2 Paninis Valid Saturday, October 10, 2009 only.

\$1 off the purchase



**Paninis** 

Montana's **Savories** & Sweets

#### §2 off Pomegranate Juice Quart bottle - reg. \$12

Valid Saturday, October 10, 2009 only. One coupon per customer per booth



**Lone Oak** Ranch

# \$1 off \$10 purchase



Valid Saturday. October 10, 2009 only. One coupon per customer per booth.

> Hidalgo **Flowers**

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**Natural Pet** 

NATURAL PET

#### for 99<sup>¢</sup> with purchase of 2 hummus! Valid Saturday, October 10, 2009

only. One coupon per customer per booth

# Baba Foods

Makes the finest Mediterranean cuisine. Our foods are made with all-natural ingredients and no preservatives.

### FREE 1/2 pound squash with \$10 purchase

Valid Saturday, October 10, 2009 only. One coupon per customer per booth.



Sage Mountain **Farms** 

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9 am to 1:30 pm Saturdays year-round, rain or shine.

www.littleitalymercato.com



# What's Zone?

## Top 10 of the Week

Week 6 Top 10

Posted October 4, 2009, 5:29 p.m.

- 1. Oceanside (II) (5-0) Rolled in Valley League opener
- 2. La Costa Canyon (I) (5-0) Mavs have won 14 in a row
- 3. Cathedral Catholic (III) (5-0) Dons riding 26-game winning streak
- 4. Escondido (I) (4-0) Seale and Zier take on the Blackshirts this week
- 5. Eastlake (I) (3-0-2) Won battle of the Titans
- 6. Helix (II) (4-1) Last two wins have come by average of 20
- 7. Valley Center (IV) (4-0) Week off to prepare for Valley slate
- 8. Lincoln (II) (3-0-1) Face Mission Bay this week
- 9. Scripps Ranch (II) (3-1) Fell out of section
- 10. Mission Bay (IV) (4-0) Can anyone stop Dillon Baxter?

#### Game of the week

Rancho Bernardo at Escondido

Posted October 3, 2009, 12:19 a.m.

On the first drive of Friday night's game between Rancho Bernardo and Escondido, the Broncos shut down running back Ricky Seale and the Cougars' offense....

## **Weekly Scoreboard**

Posted October 2, 2009, 11:10 p.m.

No. 1 Oceanside 56 at San Marcos 14

at No. 2 La Costa Canyon 38, Rancho Buena Vista 14

No. 3 Cathedral Catholic 48 at San Pasqual 6

at No. 4 Escondido 35, Rancho Bernardo 7....

#### **Sound Off**

Who is the most unlikely unbeaten of 2009?

Posted September 30, 2009, 9:36 p.m.

For a team that has finished 3-16 for the past two years and hasn't won more than four games in the past five seasons, it seemed improbable that Orange Glen would do anything different to start this season. That's why at 4-0, the Patriots are the most unlikely unbeaten of the early season....



**Best Pics** Posted September 29, 2009, 10:30 p.m.





Game of the Week

homepage.





by Barbarella

That which seems the height of absurdity in one generation often becomes the height of wisdom in another.

— Adlai Stevenson

sidled up to David and waited for him to finish explaining his artistic process to a group of his admirers. Silent and smiling, I took a moment to savor the vision of my man endearing himself to others with his artistic perfectionism and personal charm.

When I wasn't answering questions about my man's photographs (drawing from an osmotic knowledge acquired from years of gallery sidekicking), I spent my time appraising the trendy attire worn by the fashionistas strolling through the showrooms of Los Angeles's Pacific Design Center. Five hours later, fatigued from sustaining an unnatural level of agreeability, I was finally alone with David in our hotel room.

"Maybe this is just one of those age things that I'm not going to get. You know, like Gilligan's Island

or WKRP."

"How are you feeling?" I

"Good. Well, tired," said David. He sat on the bed and kicked off his shoes. "I was just thinking how nice it would be to have a break."

I removed the clip from my hair, shook out my curls, and sat down beside him. "Isn't this a break? I mean, we're out of town, away from our day-to-day responsibilities. It's nice to be away."

# **Generation Gap**

"I mean a *real* break, like a whole week where we don't think about any work at all."

"We'd have to go somewhere far away from civilization," I said. "I love technology, but we're slaves to being connected. The one major downside to working from home is that you never get to go home from work."

David nodded at my observation. Though we spend almost all of our time together, it's rare for us actually to be together in that New-Agey presence-ofmind sort of way. At home, we are each at our respective desks from the moment we're awake until we crawl into bed. As times have been getting harder (i.e., galleries closing and our home being worth less than we owe), David and I have been hustling with an everincreasing intensity. Our "downtime" has been relegated to sharing short breaks throughout the day, during which we're most likely thinking about what we should be doing instead of taking a break.

Over our anniversary weekend, David and I

attended the reception for his exhibition, visited with a handful of friends, and drove to San Luis Obispo to deliver and install one of his pieces. By Sunday morning I began to stress the way I always do on the last day of any trip as I start to visualize the pile of bills, emails, and chores that await me at home.

We were going through our usual checkout checklist, first packing our toiletries, then sweeping the room for any forgotten chargers, when I stopped and said, "Forget about this. We have plenty of time. Let's go have breakfast." I tossed a towel onto the bed to demonstrate my dedication to carefreeness and followed David out the door.

"I have an idea," said David. They were his first words since we were seated, and I was already on my second cup of coffee. I raised my brows in question. "We could make a ritual of doing the Sunday *New York Times* together — lots of people do it."

"Why would we do that? We can read the news on our laptops," I said.

"No, you're missing the point," David said, a frustrated edge creeping into his tone. "It's *not* about reading the news. It's about the Sunday magazine, the crossword —"

"You want to do puzzles together?"
"No!" David took a deep breath and let it out slowly as he considered an alternative approach. "There's an entire mood. Think about a lazy Sunday morning, the early morning light." His voice took on a dreamy quality. "A cup of tea or coffee, both in paja-

mas." I refrained from pointing out the fact

that we don't own pajamas and replaced the word with "robes" in my imagined scene. "We're both on the couch, the paper spread out, reading book reviews or theater reviews or lifestyle articles, doing the crossword puzzle. And we might share bits, like the travel section, and have classical music or any kind of music on the stereo. It's relaxing and indulgent. Definitely not the news — we wouldn't be reading articles about what Obama's doing. The point is to escape that."

"Then why not read books?" I said.
"Or we can bring our laptops to the couch and read the *New York Times* online."

This time, David laughed. "Maybe it's a generational thing," he said. Because we share so many interests, and people often mistake David and me for being the same age, I tend to forget there are 16 years between us.

"Just because I don't understand it yet doesn't mean I won't like it if I try it," I said. "Hey, why don't we do it today?"

"No, that wouldn't be a proper experience, the whole thing — remember? — the whole thing is to have a lazy Sunday morning. You can't have an un-lazy morning checking out of a hotel and driving home from L.A. and *then* be lazy. It just doesn't work that way. That would be like baking a cake and putting the eggs in after you baked it."

"Maybe you're right," I said. "Maybe this is just one of those age things that I'm not going to get. You know, like *Gilligan's Island* or *WKRP*, or any of those old shows you Netflixed."

"Or I Dream of Jeannie," David added.



# **CLINICAL RESEARCH**

SCHIZOPHRENIA • DEPRESSION • BIPOLAR DISORDER

Researchers at Sharp Mesa Vista Hospital are currently enrolling men and women in inpatient and outpatient studies.

Eligible participants may receive all study-related care at no cost, and may be reimbursed for time and travel.

Participation is confidential and trials are safely conducted under the supervision of experienced physicians and research specialists.

To learn more, call the Sharp Mesa Vista Hospital Clinical Research Center at **(858) 694-8350**.





"No, I like I Dream of Jeannie. Because there's magic in it."

David chuckled and shook his head. "Haven't you ever read newspapers?"

"My dad did," I said. "Oh, wait, yeah, I can remember taking the funnies out on Sundays because they were in color. But I don't understand what the difference is — if you want to read stories, we can read stories online. Heather and Sean have a Kindle. You can get the news on that, and we

wouldn't be distracted by email or other websites. We could focus on the one publication. You know, together."

"Right, while we're popping our frozen entrées in the microwave," David muttered.

"What is that supposed to mean?"

"People sometimes cook because the process is relaxing," said David. "Not just to get to the final product. It's not about ingesting the news like it's a pill."

"But we could read our laptops in our...pajamas," I said. "First thing in the morning. And we have an instant espresso machine. I could make us coffee'

"No, no, no," David said. "Spreading the New York Times out over the floor and sifting through the sections —'

"Sounds messy." David opened his mouth as if to argue, then dropped his shoulders in defeat and said, "Well,

For more stories and videos by this author, go to sdreader.com.

yeah. I guess it does." ■

# Where is your focus?

...on your overactive bladder?

Overactive bladder makes it difficult to perform daily activities. You do not know when the sudden, strong urge to urinate will happen.



The Women's Overactive Bladder Study is a research study testing the safety and effectiveness of a new delivery method of an overactive bladder medication for women. Qualified participants:

- are women age 18 and older
- are experiencing overactive bladder symptoms with urgency for over 6 months
- have not had three or more urinary tract infections in the past year

Qualified participants will receive study-related exams, lab tests and study drug at no charge.

For more information please call

**Medical Center for Clinical Research** 619-521-2841 mccresearch.com



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#### TWELFTH IN A SERIES

# Thought You'd Like to Know



"The Belly Up Tavern has been a loyal advertiser in the Reader for more than 30 years, practically our entire existence as a club. As the marketing manager of the club for over two years, I have no doubt as to the effectiveness of advertising with the Reader. We regularly track our marketing at shows, and the Reader pops up time and time again. It's a tried-and-true method of informing San Diego about all the great live music we bring to America's Finest City. We're in!"

- Beth Bennett, Belly Up Marketing and Events



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# Type 2 Diabetic Volunteers

Dr. Robert Henry and his associates at the VA Medical Center are looking for Type 2 Diabetic volunteers to evaluate the effects of dapagliflozin compared to placebo on insulin resistance and insulin secretion.

Approximately 24 weeks total: 11 clinical study site visits (The visits will include an initial screening visit and 10 clinic visits.)

If you meet the following criteria you may be eligible to participate. Inclusion Criteria:

- Males or females aged 35 to 70
- Diagnosed with Type 2 Diabetes A1c 7.0% to 10.0%

- Body Mass Index (BMI) less than or equal to 45 kg/m<sup>2</sup>
   You must be taking Metformin for at least 12 weeks at a dose of 500mg or greater OR Metformin greater than
- or equal to 500 mg plus a sulfonylurea (such as Glyburide and Glipizide or Prandin, Januvia)

   If you are a woman of childbearing potential you must agree to use an adequate method of contraception to

For more information, please contact Catherine DeLue at 858-552-8585 ext. 6740. Qualified participants will be compensated for participation up to \$1,400

# Crasher

## NO PICTURES, DUDE

by Josh Board

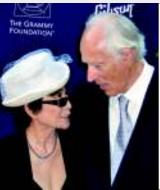
L.A. at an autograph and collectors' convention, I smiled at Playboy Playmate Candy Clark as I walked by her table. She was charging \$25 for her autograph.

I glanced at her price list and she smiled. I read her bio. I didn't want to seem rude by abruptly walking away. She didn't try a sales pitch but made small talk. Because I've never seen the movie Decapitated II or Devil's Blood, I had nothing to say and moved on.

As I was leaving, Lou Ferrigno sat down and began talking to her.

I waited in a long line of people to see Ami Dolenz, who's been in many horror movies and mainstream films. In between fans, she hugged her boyfriend. We talked about her dad (who's a Monkee), and then Epstein from Welcome Back, Kotter walked over. He interrupted, giving her his card and talking about his MySpace page.

I went back to the Autograph Magazine booth. An older guy came over and said he picks up the magazine once in a while. I said it could be conveniently delivered to his home. He replied, "You know what? I'll get a subscription. I'd rather give my





Left: Yoko Ono and Beatles producer George Martin; Right: The author and Tom Jones

\$29.95 to you than Horshack."

Lou Ferrigno was back at his booth with a long price list: \$25 for an autograph, \$30 for a photo. Someone said it cost more if you asked him to flex his muscles. I said, "You sign autographs, but do you arm wrestle?" I slapped my elbow on the table. He looked at me like I was nuts. A few people laughed. I left

> "I'd rather give my \$29.95 to you than Horshack."

before he hurt me.

Many of the cast members of Grease were there. I talked to actor Eddie Deezen (WarGames,

Zapped). I asked why he wasn't in Revenge of the Nerds. He said, "I made a movie with those guys and asked them. They said the joke was getting actors that weren't nerds to look nerdy. People always think I'm from that movie." I told him I like 1941, despite the fact that it got bad reviews. He said, "It was a little uneven. Someone told me earlier it was their favorite film of all

I asked how often he gets recognized. He replied, "Once in a while, every few weeks. Sometimes people think I'm Pee-Wee Herman. One time near a halfway house, they were so sure I was Pee-Wee. It was almost getting violent, so I finally just signed his name for them so I could get out of there."

I overheard a few fans talking. One lamented the expense of the autographs and then said,

"Where else am I going to see them? And look at Jeff Conaway on that Rehab show? He might not be around much longer."

I talked to Jamie Donnelly. who played Jan in Grease. I pointed to one of the cast members who had his T-birds jacket, and she said, "I asked for my Pink Ladies jacket. They said that stuff had to go back to wardrobe in case they needed to do a reshoot or for other promotional

I walked by Annette Cardona, who played Cha-Cha. I asked her if at that time her friends were jealous because she danced with Travolta. She said. "At that time? My friends now are, too!"

I ended up talking the longest with Barry Pearl, who played the role of Doody. He kept his leather jacket from the movie and jokingly said he'd sell it to the highest bidder. About them being hand-painted, he explained, "It looks more authentic for gangs to do that. I mean, the Jets and the Sharks? They had matching jackets. That would never happen."

Pearl told me he was initially reluctant to do shows like this but that a friend said something that made him look at it differently. He told me, "I went

to one, and it looked like a bunch of has-beens. She said I was a 'has-is."

I went back to the Autograph Magazine booth and met some interesting people. One guy drove to the show from La Mesa, and we talked about his collection of sports autographs.

I talked to another guy who bought a Wizard of Oz poster signed by the entire cast, including the paw print of Toto. It cost him over \$50,000.

I talked to Leatherface actor R.A. Mihailoff, from Texas Chainsaw Massacre III. I asked him what was the weirdest thing he's ever signed. He said, "Nothing you can print in your paper." We laughed about the body parts and things he's signed, and he said, "My big pet peeve is napkins or something that doesn't have value. Why would someone want me to sign those?"

I glanced over at the Grease booth and saw Jeff Conaway walking with a cane, hunched over as if he were about to die.

I walked over, and he was involved in a conversation with Pearl. I don't normally interrupt, but Pearl wouldn't shut up. I told Conaway, "Taxi is the best sitcom ever. A few of my friends think Seinfeld is." He replied, "You know why Taxi was better?

# **Sprained ankle** pain patch study

Local doctors are currently looking for adults who are experiencing pain due to a recent ankle sprain to help evaluate the pain-relieving capabilities of investigational medicated patches when applied directly to the injured ankle.

To be eligible for this study, you must:

- Be 18 years of age or older, AND
- · Be experiencing pain from an ankle sprain that occurred

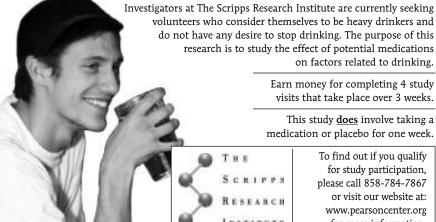
within the past 48 hours, AND

• Not have taken any pain medication or used compression to treat your ankle sprain.

Qualified participants will receive study-related medical evaluations and study patches at no cost. Reimbursement for time and travel may also be provided.

To learn more about this local study, please contact: San Diego Sports Medicine and Family Health Center • 619-229-3909

# Heavy drinkers not seeking treatment Investigators at The Scripps Research Institute are currently seeking volunteers who consider themselves to be heavy drinkers and



Earn money for completing 4 study visits that take place over 3 weeks.

on factors related to drinking.

This study <u>does</u> involve taking a medication or placebo for one week.

> To find out if you qualify for study participation, please call 858-784-7867 or visit our website at: www.pearsoncenter.org for more information.

Because Seinfeld was a show about nothing."

I walked over to take a picture of Tori Spelling. I figured she was the most famous person there. It would've been Paula Abdul. but she canceled at the last minute.

As I focused my camera, a tattooed arm blocked her face. I laughed, thinking the guy was just horsing around, but he wouldn't move his hand. I put my camera down, and he said, "No pictures, dude." I asked why and he said I had to pay for them. I said, "Isn't that only if I want my photo with Tori?" She looked uncomfortable. He explained, "You have to pay either way." I told him I was press. He said he didn't care.

Someone who witnessed the incident said I had the right to take a picture of anyone I want out in public.

Back at the Autograph booth, one guy was purchasing a few back-issues. He was excited by one with James Dean on the cover. His friend had been talking about how expensive some of the autographs were. I said, "Well, I would be glad to sign that magazine for free." The guy said, "Why? Are you in here?" I told him I wrote the story about David Crosby flipping me "the byrd" when I met him. He said, "Okay, cool." As I wrote an inscription, I asked his name. He said Bob, and I asked him how to spell it.

Another person saw me signing and asked for my autograph. I signed for him, realizing there was a good chance he had no clue who I was...but I wasn't charging \$25.

I left before the show ended because I had to go to a fund-raising event the Grammys were having that included George Martin. It

would be my last chance at meeting him.

I called my girlfriend from the road. She asked if anyone asked me for my autograph, and I said, "I signed a few." She seemed excited.

I basked in that for a few minutes before explaining, "I'm embarrassed to say, I had to solicit the signatures." She never stopped laughing long enough for me to tell the story.

Author's note: If you go to the Reader website, you can read the rest of the story, which includes my conversations with George Martin, Tom Jones calling my mom, and what Joe Walsh bought for \$15,000. ■

Crash your party? Call 619-235-3000 x421 and leave an invitation for Josh Board.

For more stories by this author, go to sdreader.com.

# **Diabetic Foot Ulcer?**

Therapeutics Clinical Research is currently looking for individuals with diabetic foot ulcers to participate in a research study of an investigational treatment.

#### We need participants:

- 18 years of age or older
- With a diabetic foot ulcer

#### **Qualified participants will receive:**

- Examinations by Dr. Dean Vayser
- Study-related evaluations and therapy at no cost
- · Compensation for time and travel

#### No health insurance required

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#### RESEARCH STUDIES

# **Diabetes Clinical Trial**

If you have Type 2 Diabetes and are not taking insulin you may qualify to participate in a research study of an investigational medication for the treatment of Type 2 Diabetes.

If you qualify you may be compensated up to \$1040.



# For More Information Call 1-877-500-3788

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As a study participant you will receive either an Investigational flu vaccine or an approved flu vaccine at no cost to you. Compensation for time and travel may be available.





To Learn More Call Toll Free: 1-877-500-eStudy

(1-877-500-3788)



# To ex-wives and the IRS, they might as well be dead.

Not long after the New Year, my friend and neighbor here in Zacatitos, Marilyn Z, sent me an email saying that, at 81 years of age, she had lost her battle with cancer and had passed on to the other side. Marilyn went on to say that when she left her beloved home in Baja to see an oncologist in New York, he told her that although things looked bad, she

still had two treatment options: chemo or radiation.

"Which would you recommend for your wife?" Marilyn asked.

"Well, my wife and I are divorced,
I pay her huge sums in alimony, and I
hate her dearly. So for her I would
recommend both."

continued on page 34



# Men 45-75 years old

- Urinating often?
- Weak or hesitant flow?
- Can't sleep the whole night without having to urinate?
- Feel your bladder is not completely empty?



If you are not interested in taking pills, or if pills do not seem to work, you may be interested in this Phase 3 clinical drug trial.

For more information about this clinical trial, please contact:



Call: 619-299-6500

You may qualify for a Phase 3 clinical drug trial

"Then I don't want either," Marilyn said.

"Good choice," the doctor replied.

It was the first time I had ever received an email from the other side, the first time I had ever heard such a thing was possible, but it didn't surprise me at all that it had come from Marilyn. She was always capable of surprises. I once watched her march bravely into surf higher than her head (she was only five feet tall), just for the pleasure of feeling the ocean toss her around. When people asked Marilyn why she painted her house in Zacatitos an outrageous purple and lime-green, she told them, "Because you can't do that in the U.S.!" For her, Baja was a chance to get a little more fun out of life at a time when most people her age were resigned to the slow daily death of TV and

trips to Walmart. Her courage was rewarded with a youthful, irreverent humor and a house full of friends to enjoy it with.

Besides sharing her cache of cold beer with me, when I had no means to keep a beer cold, and by the case. She told me her philosophy for living in Mexico was the same as living anywhere else: "Don't hurt anybody, and try to help somebody if you can."

And, she said, "Be sure to pay your property tax in January."

afford to retire here with some hope of squandering their old age in a similar way. You might think of this place as another chance at the Leucadia of the '70s, the place and decade my wife and I met. It's beautiful, it's peaceful, and it's still

# The gun violence doesn't exist here in Los Cabos.

allowing me to beat her at Scrabble on peaceful Sunday afternoons, Marilyn taught me some of the fundamentals of surviving in Baja: where to buy drinking water safe enough for a gringo's weak stomach; where to find good emergency medical care; where to get sopa de mariscos at Mexican — not tourist — prices; and where to get the best deal on Pacifico

So before the end of the month, I took my angelic friend's advice and drove the 10 kilometers of dusty road into San José del Cabo to pay my annual tax.

At 500 pesos, or less than \$50 per year, the property tax in Baja California Sur is so cheap that even unrepentant surfers like me, who squandered their youth on the beaches of San Diego, can fairly cheap.

And don't tell anybody, but the surf here is better than Leucadia ever was. Most of San Diego County doesn't get a south swell, which is why the surf is so poor in the summer. This place faces south, and in the winter, when the north swells arrive, you can drive over to the Pacific side in an hour. This place lacks the crowds of Califor-

RESEARCH STUDIES



# Participate in Our Research Studies

# Do you suffer from Bipolar Depression?



You may be eligible to participate in a clinical trial for the treatment of Bipolar Disorder.

Excell Research is currently enrolling for both inpatient and outpatient study.

Participants must be 18 years of age or older.

Compensation of up to \$1000 will be provided for time and transportation.

CALL US FOR MORE INFORMATION: 760-806-9200

# Do you have a history of depression?



Are you currently taking antidepressants that don't seem to be working?

You may be eligible to participate in an inpatient or outpatient clinical research trial for treatment-resistant depression.

Compensation of up to \$1900.

CALL US FOR MORE INFORMATION: 760-806-9200



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nia, the violence and racial tension of Hawaii, and you can get here in just about any vehicle with a thousand miles of abuse left in it. If the Mexicans deported us and shut down the border, we would have to hire coyotes to smuggle us back in.

It's not uncommon to see California's newly arrived surf refugees, like dust-bowl Okies, camped along Baja's beaches in broke-down, rusted-out vans, with an old gray-muzzled dog and a patched-up longboard. To ex-wives and the IRS, they might as well be dead. Their past may have been ugly, but for the first time in a long time they have a future.

As surfers who watched the California coastline ravaged in our lifetimes, we might prefer that people back in the U.S. go right on thinking

Mexico is too dangerous for them to live here. Some surfers here will resent my even talking about how good conditions are, for fear the crowds will become as intolerable as they are in California. And maybe they're right. If Americans prefer to keep their misconceptions about Mexico, maybe it's better things stay that way. But the truth is, except for those bad border towns, most of Baja is a more tranquil place than the typical American city. The gun violence taken for granted in the U.S. as a constitutional right simply doesn't exist here in Los Cabos.

A friend of mine who lives in Northern California, but spends half the year in Baja, was asked by somebody at home, "Isn't it dangerous to go to Mexico?" And my friend said, "Yes, it is. You have to pass right through L.A."

When my wife and I read a gruesome story about a man from Carlsbad who murdered his parents and fled, possibly to Baja, we were shocked. "That guy better be careful. Doesn't he know it's dangerous down here?"

Of course, our family and friends in the States think my wife and I are crazy for moving here. They watch way too much news on TV and think drug lords in black Escalades sweep through the streets every day, shooting and beheading people. When a friend heard we were moving to Mexico, he asked, "What in the hell inspired that? Insanity?"

"We just felt like somebody needed to move in the other direction," I said.

This misconception of Mexico being more

# Schizophrenia

A mystery to most and, for some, a major challenge in their lives.

California Clinical Trials is conducting a medical research study on an investigational medication for schizophrenia.

If you or someone you know is 18-65 years old and diagnosed schizophrenic or schizoaffective and qualifies for the study, there is:

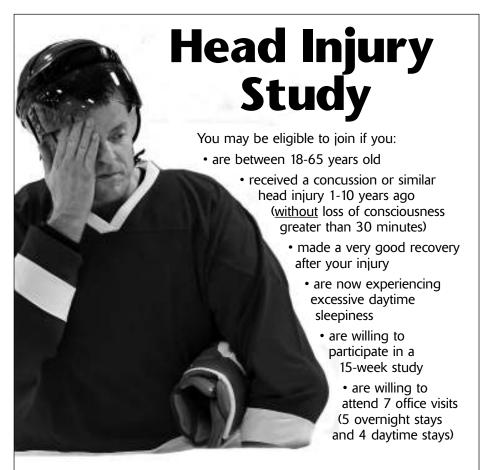
- Study-related medical services at no cost to you
  - Compensation up to \$2320

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# Clinical Research Opportunity

Therapeutics Clinical Research is conducting a research study of an investigational medication to reduce abdominal fat.\*

\*It is not known if the study drug will be effective in reducing subcutaneous fat.

#### We need participants:

- 18-65 years of age
- In general good health with stable weight and exercise routine
- Willing to receive multiple injections in abdominal fat once per week for 8 weeks
- Body Mass Index 18.5-28

#### **Qualified participants will receive:**

- Study-related examinations by a board-certified dermatologist and study medication at no cost
- · Compensation for time and travel

No Insurance Required, Confidentiality Maintained
Conveniently located in Kearny Mesa

#### Call us at 619-512-DERM (3376)

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THERAPEUTICS

—— CLINICAL RESEARCH

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- AVOID going to social events and meeting new people?



If you answered YES to any of the above, you may be eligible to participate in an experimental research study comparing several study drug options for social phobia. Medical assessment and clinical care are provided.



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### Attn: Heavy Drinkers

Researchers at The Scripps Research Institute are working to develop new treatments for people with alcohol problems.

Is your current alcohol use causing problems with your family, your work, your life? If you want to stop drinking, The Pearson Center for Alcoholism and Addiction Research is conducting a clinical trial to help you reach that goal.

Qualified participants receive lab tests, medication or placebo, individual counseling and compensation for travel. All information is confidential.

Call: 858-784-7867 (STOP) Or visit: www.pearsoncenter.org



dangerous than the U.S. hurts Mexico, which depends on the tourist business for about onethird of its revenue. Every time Lou Dobbs, or any of the other angry and embittered commentators on TV news, opens his scowling mouth, a few more Mexicans lose their jobs. This is a very real problem here. The American media's neurotic insistence on portraying Mexico as a more dangerous place than the United States serves no purpose other than to prop up Americans' damaged selfconfidence. It hurts hard-

working people.

The good thing is,
Mexicans always find a
way to survive. If the
hotel where you worked
as a tour guide lays you
off after the flu panic, you
wash cars in the supermarket parking lot. If you
lose your job as a waiter
after the American bank-

ing crisis, you sell ice cream on the street. If your back gives out after 40 years of laying block, you bag groceries for tips. All Mexicans work.

I took the beach road into San José and stopped along a stretch of white sand and tranquil place, and it fights to the death. A surfer friend of mine who likes to troll for fish from his paddleboard, trailing a lure from a line strapped to his ankle, was nearly pulled from his board and dragged underwater by a rooster-

## Mexicans always find a way to survive.

turquoise-colored water to drink a Pacifico in honor of Marilyn Z. Though she wasn't a fisherman, she was the first to tell me about a beautiful and bizarre-looking beast called a roosterfish that favors this coast. It has a huge silvery dorsal fin like an Aztecan headdress and an attitude like a guard dog. It attacks a feathered lure with ferocity totally inappropriate for such a

fish before the 40-pound test line snapped.

A person could live in the American suburbs, quiet as a casket, and never know such a remarkable creature existed.

At La Choya, I stopped for a minute to watch a crew of Mexican block-layers at work. Marilyn told me once, "Stop at any job site in Mexico and breathe the

RESEARCH STUDIES

Need dedicated women 18-35 years of age

Visit clinic twice weekly for 3 months. Willing to wear a hormonal patch applied to the skin. Compensation to \$3100.00. A clinical research study is underway to evaluate an investigational patch applied to the skin requiring twice weekly visits for 3 months. Can you commit?

Medical Center for Clinical Research 619-521-2841 www.mccresearch.com



### SYNERGY CLINICAL RESEARCH CENTER

"Together...we can make a difference!"

#### High Blood Pressure? Overweight? Worried about Diabetes?

If you are between 18-80 years old...

- We are conducting a research study, with medications that have been approved by the FDA, for the treatment of high blood pressure.
- Eligible participants for this study must: - have high blood pressure - be at risk for diabetes

Some risk factors for diabetes include:

- Family member with diabetes • Elevated cholesterol levels
- Elevated blood sugar levels
- Obesity and/or low levels of physical activity

Qualified participants will receive study-related medication and doctor visits at no charge.

For more information, please call:

1-888-365-3203



### Do you have

### TYPE 2 DIABETES?

We are looking for men and women between 18 and 70 years of age who have been diagnosed with type 2 diabetes.

If you have been on a stable treatment regimen for at least 3 months, taking only Metformin for your type 2 diabetes, you may qualify to participate in a clinical research study to test an investigational new study drug.

#### Qualified participants will receive at no cost:

- Study-related physical exams Study medication
- Study-related laboratory tests Compensation for time and travel



For more information, contact us at:

1-888-365-3203

Do you or someone you know suffer from

### **OSTEOARTHRITIS** OF THE KNEE OR HIP

- Over the age of 18
- Are in good general health
- Currently on a stable dose of oral NSAID therapy

YOU MAY BE ELIGIBLE TO PARTICIPATE IN A CLINICAL RESEARCH TRIAL.

Participants will receive free of charge:

- Study-related exams
- Investigational drug
- Compensation for time and travel

FOR MORE INFORMATION CALL: 1-888-365-3203

### **MAJOR DEPRESSION**

If you are one of the 15 million adults affected by depression, you may be eligible to participate in a research study of an investigational depression medication now being studied. You must be:

- 18-65 years of age
- Currently diagnosed with depression
- Symptoms greater than 2 months

#### Qualified participants will receive at no cost:

- Study-related exams
- Investigational drug or inactive placebo
- Compensation for time and travel

For more information, call:

1-888-365-3203



### Is DIABETES causing you PAIN in both legs or both feet... for at least the past 6 months?

If so, please contact us about our medical research study of an investigational medication for pain in both legs or both feet caused by diabetes.

Qualified participants:

- Are 18 to 70 years old Have pain in both legs or both feet caused by diabetes
- Have experienced this pain for at least the past 6 months

Qualified participants will receive all study-related care, evaluations and medication at no charge.

Participation is at no charge and compensation is available for time and travel.

For more information, call:

1-888-365-3203



### Synergy Clinical Research Centers

A research study with a pharmaceutical company evaluating the safety and effects of an investigational drug for Type 2 Diabetes is being conducted.

- Type 2 Diabetes 18-80 years of age
- Currently treated with metformin

#### If eligible, you may receive at no cost, these items:

- Office study visits Study-related laboratory tests
- Study-related physical exams
- Diet and diabetes counseling Study medication

To learn more about the Diabetes research study, please call: 1-888-365-3203





If you have chronic problems falling asleep and/or staying asleep, you may qualify for a research study and receive an investigational drug for poor sleep.

Qualified participants will receive at no cost:

- Compensation for time and travel
- Study-related drug and study-related medical care
- Medical evaluations

Call 858-ARTEMIS (278-3647) today to see if you qualify for this research study. Confidentiality is honored.



858-278-3647

ArtemisSD.com





### **Living with Psoriasis?**

Therapeutics Clinical Research is conducting a research study of an investigational medication. We are seeking individuals with moderate to severe psoriasis to participate.

#### We need participants:

- 18-65 years of age and in general good health
- Eligible for systemic treatment of psoriasis

#### **Qualified participants will** receive:

- Study-related evaluations by a boardcertified dermatologist and study medication at no cost
- · Compensation for participation

#### No Insurance Required. Confidentiality Maintained.

Conveniently located in Kearny Mesa 9025 Balboa Avenue, San Diego 92123

#### Call us at 619-512-DERM (3376)

info@therapeuticsresearch.com www.therapeuticsresearch.com

THERAPEUTICS - CLINICAL RESEARCH —

air. It smells of fabric softener." And she's right. The smell is like a gift of love from the workers' wives, who would never let their men, no matter how humble, go to work in dirty clothes.

Laying block is one of the hardest, most tedious jobs imaginable. But all of Mexico is built of block, and somebody has to do the work. People everywhere who work in crews enjoy a camaraderie that makes the difficult labor more tolerable, and it warms my heart to see how these workers laugh and joke with each other to pass the time. At one point in my life, I worked as hard as they do. I don't miss that work because I know

what it does to your body, and I have the surgery scars to prove it, but I do miss the camaraderie.

All over Mexico you can see older men who have spent a lifetime doing block work. Many of them drag one foot what neurosurgeons call "foot drop" — as a result of permanent damage to the sciatic nerve. In the U.S., a worker lucky enough to have medical insurance would have surgery to relieve the pain and pressure on the nerve, which results from a herniated spinal disc. In Mexico, the workers often wait until the pain goes away on its own, a sign the sensory nerve has died. But it's also a sign the motor nerve has died

as well, and the muscle will soon atrophy.

Sometimes, when it's hot and the afternoon is long, at these job sites you can hear the maestro singing to his young workers, teaching them how it's possible to make the day pass a little easier. Mexicans have a relationship with work you don't see much in the U.S. anymore. Just watching is an antidote for the anger and pessimism Americans suffer from these days. All the good qualities of character that Americans pride themselves on — honesty, hard work, love of family — can be found in the Mexican people. Mexicans are the kind of people many Americans

#### RESEARCH STUDIES



#### Parkinson's Disease Patients Needed for Learning and Memory Research Study

#### Who can participate?

- Males and females between the ages of 55 and 80 with a medically confirmed diagnosis of Parkinson's disease
- No other major medical or mental health problems
- No history of alcohol or drug problems

#### What is involved?

- Participants are asked to come to the San Diego VA Medical Center and take computerized
- and paper/pencil tests that will evaluate memory and attention
   Three appointments over 2-3 years; each appointment lasts approximately 2-3 hours
- Receive \$10/hour for participation

#### When will this take place?

- Each appointment will be made to accommodate your schedule, including nights and weekends
  Please call for further information and to determine whether you are appropriate for the study

#### If interested, call Robin Ellam: 858-552-8585 ext. 5593

Principal Investigator: J. Vincent Filoteo, Ph.D. VA San Diego Healthcare System and University of California San Diego

## Do you experience URINARY STRESS **INCONTINENCE?**

Characterized by the loss or leakage of urine during activities such as:

- Coughing, laughing or sneezing Climbing stairs or bending
  - · Lifting, straining or other stressful activity

If you, or someone you know, are suffering from these symptoms, we are seeking women, 18 years of age or older, to take part in a post-approval study to evaluate the long-term safety and effectiveness of a treatment of stress incontinence. To learn more about the study, please contact:

> **Incontinence Research Institute** 760-753-8373

think they are themselves but haven't truly been for a long time.

My Mexican friend Francisco told me, "When I was growing up, Americans who came here were happy, fun-loving people. I thought I wanted to be like Americans. Now they are angry and afraid. What happened?"

I couldn't really answer him. But I could

as easily have asked why Mexico has to export 10 percent of its population to another country in order for them to earn a living. Mexico has its problems, too.

I started the truck and started to pull out onto the rutted road, when I heard a rooster crow. I slammed on the brakes, thinking the rooster was in front of me,



#### Does major depression change your outlook?

A clinical research study – STEP-D (Safety, Tolerability, and Efficacy Program) – is now underway to explore an investigational medication for major depressive disorder (MDD) to see if it may work when taken with an approved antidepressant.

### You (or someone you know) may be eligible to participate in the STEP-D study if you:

- · Are 18 to 65 years of age · Have been told by your doctor that you have MDD
- · Are experiencing depression lasting at least 8 weeks
- Have tried at least one antidepressant without success

In addition to receiving study-related physical exams and laboratory services at no charge, participants may receive the investigational medication and will be monitored by a medical team, including a study doctor. After the STEP-D study ends, some participants may be eligible to take the investigational medication as part of another research study.

Ask your doctor if the STEP-D study is right for you.



If you are interested in learning more about this study, please contact:

(619) 688-6565

See our website: www.ari-inc.com

#### RESEARCH STUDIES

### research study related to

#### Congestive Heart Failure

VA San Diego and UCSD researchers are conducting a new NIH gene therapy study in patients with congestive heart failure (CHF).

#### 3 Requirements for Participation

- Active duty or retired military only
- 18-80 years of age (male or female)
- Diagnosed with heart failure (EF ≤ 35%)

Study-related medical care and tests will be provided at no cost. Participation is expected to last one year. You will receive \$200 to cover travel.

#### For more information

khammond@ucsd.edu or call 858-642-3542 and Dr. Hammond's research coordinator will contact you.



### Forgetting simple tasks? Memory fading? Can't seem to complete projects?

#### If you or someone you know is:

- · Male or female · Between the ages of 45 and 90
- Experiencing memory loss? Unable to organize or plan? Forgetting simple tasks?
- · In overall good health

If you answered yes to all of these questions, you may be eligible for our research study! If you qualify and choose to participate, you may receive an investigational study medication. You will also receive physician consultations, study-related medical examinations, laboratory evaluations and follow-up visits all at no charge. Health insurance is not required and compensation for time and travel is provided.



If you are interested in learning more about this study, please contact:

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See our website: www.ari-inc.com

## RESEARCH OPPORTUNITY

For Newly Diagnosed Type 2 Diabetes

Robert R. Henry, M.D. and his associates at the Center for Metabolic Research at the VA San Diego Healthcare System are currently looking for patients to assess the safety, tolerability and effectiveness of an investigational drug in patients with Type 2 Diabetes.

#### You may qualify if you are:

- Male or female between the ages of 18 and 74, with Type 2 Diabetes
- Not currently taking diabetes medication or taking metformin (glucophage) only to control your diabetes
- Willing to participate in a research study for up to 5 years
- Are currently in good health (other than your diabetes)
- Not pregnant or planning on becoming pregnant
- Willing to receive study drug injections under the skin

If you are eligible and choose to participate, all study-related medical care and study drug will be provided at no cost. Compensation is provided at each study visit.

If interested please contact the Research Coordinator at: 858-552-8585 ext. 2884



### Do you suffer from Depression?

### Does it feel like nothing matters? Do you feel lonely and sad most of the time?

If you feel this way, and even if you're on medication, we might be able to help.

Local researchers invite you to take part in a research study. Insurance is not required. Participants will receive treatment for depression and may receive compensation for time and travel. If you're between the ages of 18 and 55 call the confidential recruitment line to learn more and see if you qualify. This may be your first step to feeling better.



If you are interested in learning more about this study, please contact:

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#### Is your current Schizophrenia medicine treating all your symptoms?

If you are still having trouble with expressing emotions, social interactions, finding motivation to complete tasks, or have a reduced interest in family and friends, consider this research study of an investigational medication that is taken with your current antipsychotic.

In recent years, schizophrenia treatments have improved significantly, however, to date, they've shown success in reducing some symptoms more than others. A study is being conducted to evaluate the effectiveness of an investigational medication for its ability to help reduce negative symptoms of schizophrenia, such as a loss or decrease in ability to express emotion or enjoy pleasures in everyday life.

**To prequalify for this study, you must:** • Be 18 to 55 years of age • Have been diagnosed with schizophrenia for at least two years • Have negative symptoms of schizophrenia • Have been on a stable dose of antipsychotic medication for at least 12 weeks • Not have notable positive symptoms (delusions, unusual thoughts or perceptions) of schizophrenia, AND • Have no history of psychiatric crises, visits to the emergency room, hospitalization, or increased level of care for at least 12 weeks.

Qualified participants will receive study-related medical evaluations and study medication at no cost. In addition, reimbursement for time and travel may also be provided



If you are interested in learning more about this study, please contact:

(619) 688-6565 • See our website: www.ari-inc.com



### Menstrual Migraine Headaches

## Wishing your period would never come?

A medical research study is underway to evaluate an investigational oral medication for women 18-34 years of age with regular periods **who have migraine headaches associated with their periods, in at least 2 out of the last 3 cycles.** Periods are tough enough without adding a migraine headache.

To possibly qualify:

- Females, 18-34 years, with regular periods
- Have had migraine headache associated with 2 of your last 3 periods
- Can be using medication at present to treat migraine headaches at a stable dose for at least 2 months

Participants may receive at no cost:

- Study-related examination and consultation with a board-certified physician
- All study-related medications, labs, and Pap smear
- Compensation for your time and travel

Medical Center for Clinical Research (619) 521-2841 www.mccresearch.com where I couldn't see it. Then I realized it was the ringtone on my Mexican cell phone. It was my mother, back in the U.S. After two years, she's finally accepted the notion that I live in another country, and that if she wants to call me, she has to enter the correct international code. Now she calls me all the time.

Today, she was concerned about the quality of food here. "Do they have good beef?" she wanted to know. Once again, I explained that everything Americans know about raising cattle west of the Mississippi they learned from the Mexicans. Even the word cowboy comes from vaquero. The Mexicans taught us that in a desert you don't raise cattle the way they do in England, on 40 acres of irrigated pastureland, but on 4000 acres of near wasteland.

The American cowboy may be the very image of Americans, but everything about him, from his hat to his chaps and saddle, came from Mexico. Without Mexicans, the American cowboy on a horse would look and act more like Prince Charles than John Wayne. And yes, Mexico has very good beef.

"But do they know how to butcher it?" my mother asked.

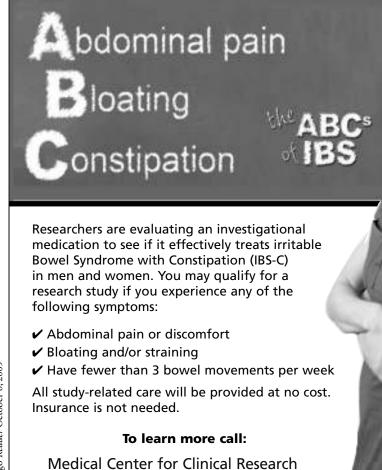
After a while, I parked outside the municipal office, in front of the fire station, where the firemen were selling T-shirts and empanadas to help pay for the cost of fighting fires. Then I took my place in line at the municipal office. It wasn't a long line.

The municipal government in Los Cabos knows it needs to collect more property taxes in order to provide the basic

services its citizens expect, like garbage collection, street repair, and a fireworks display every time Mexico wins a futbol match at the world cup. But Mexicans see that in California, where property taxes are one hundred times as high as they are here, the government still can't balance its budget. When things get that bad, not even a movie-star governor can help you. So what would be the point of raising taxes?

To encourage people to pay property taxes on time, the municipal government of Los Cabos offers a 10 percent discount if you pay in the month of January. We Americans like to pay our tax in January, not because we care so much about the \$5 discount, but because that's the way we are. We like to do things on time, or earlier

RESEARCH STUDIES



619-521-2841

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## Itchy from Eczema?

Therapeutics Clinical Research is conducting an 11-week research study of an investigational topical medication for eczema (also known as atopic dermatitis).

#### We need participants:

- with eczema of the legs, arms and/or torso
- 18-55 years of age, in general good health
- experiencing moderate to severe itchiness

#### Qualified participants will receive:

- Study-related evaluations by a board-certified dermatologist and study medication at no cost
- Compensation for time and travel

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if possible, because it allows us the illusion that we have things under control.

Mexicans are more accustomed to living with uncertainty. They don't trust control and aren't fooled by 10 percent discounts. They know very well they can get a 100 percent discount simply by not paying the property tax at all, and the government, understaffed and underfunded, as a good government should be, won't have the resources to collect.

When my turn finally came, I handed the clerk my receipt from last year's taxes, showing my name and property number. The clerk was a tall young man with coffeecolored skin and black hair. He looked at my receipt and asked in Spanish, "Where do you come from?"

"Santa Cruz de Los Zacatitos," I replied.

He nodded patiently.

"No, before that." "Well, California." But I knew as soon as I opened my mouth, it was the wrong thing to say to a Mexican. In the time of the Jesuit and Franciscan padres, there had been an Alta California and a Baja California. Now, in Mexico, there is a Baja California, and a Baja California Sur. In the U.S. we have appropriated the name "California" for ourselves, as if we possess the only California that matters, the one with the 37 million people. Those unfortunate souls who live below the Tijuana Sloughs can call their land whatever amuses them, but certainly not California. That is why Americans refer to Baja California as simply Baja, which often annoys Mexicans, even though they are too well mannered to show it. And that is why Mexicans sometimes refer to Alta California as "that state to the north," as if the misunderstand-

ing created by the Treaty of Guadalupe Hidalgo, which left Mexico without half its land, will be straightened out in due time, if they only have the patience to wait. And Mexicans do have the

patience to wait.

The young clerk chose not to correct my poor sense of history by bringing up the subject of the Mexican-American War, in which American soldiers invaded San José

del Cabo and established a garrison near the very place I was now standing and later killed one Mexican soldier, Lieutenant José Antonio Mijares, a hero who died defending his country and whose

name is now borne by the boulevard out front, more commonly known as "hotel row," where a hundred or more beefy, sunburned Americans now wandered timidly, ready to scatter at the

sound of gunshots or the sight of a black Escalade.

"No," the clerk said. "I mean before that."

Now I was lost. I had no idea what he meant. This is the most frightening thing about being an

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immigrant, this moment when all communication falls apart. The problem wasn't language — I understood his words well enough. Rather, I suspected, it was a failure to bridge some cultural gap. Was he ridiculing my immigrant status? Implying I might be an illegal alien? No, he looked too sincere. Was he a Mexican evangelical, of which there are many, trying to tempt me into a religious discussion about where we come from and where we are going? No, he had no time for such nonsense. Besides, gringos are the world's greatest exporters of evangelism, from Mormons to Mary Kay Cosmetics. It would be like trying to sell bananas to a Panaman-

ian, and this young man looked too smart for that.

It's disturbing to have somebody ask you where you come from and not be able to answer them, and it's a question that is more confusing

from this young man that we couldn't understand each other.

Just then my cell phone rang. I slapped at my pants pockets, trying to remember where I'd put it. But this time it

### "We are both Vikings with the same name!" Elisio said.

the older you get. If you've been to a lot of places, and lived in many of them, then you might have come from any one. The question raises vague anxieties about who you really are. In any case, wherever I came from, it was a place so different

really was a rooster out on the street.

The clerk smiled at my confusion and raised his palm in a way that said he would clear up our misunderstanding in a moment. He took my 500 pesos, punched a few keys on his computer, and

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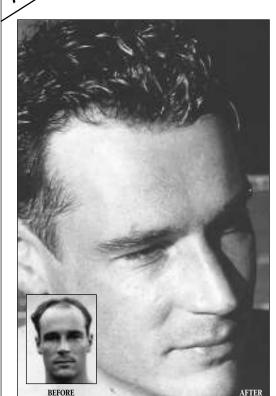
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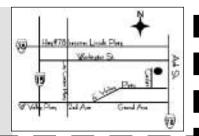
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the receipt began printing out. It was a beautiful piece of paper, with an image of the lovely 300year-old mission up the street, and a four-color municipal seal. The clerk handed me the receipt. He pointed with his pen to a line at the top, which indicated that the property owner was me, Steven Sorensen. Then he pointed to the line at the bottom, which indicated that he had been the clerk waiting on me. His name was Elisio Sorenson Orantes.

At the look of surprise on my face, Elisio laughed with delight. "My grandfather came from Sweden," he said.

"And my greatgrandfather came from Denmark," I said.

"We are both Vikings with the same name!" he said.

We shook hands under the glass window,

and as I looked more closely, I saw that, in spite of his dark skin, this young man had a nose much like my father, and a receding hairline like my nephew, and greenish-blue eyes eerily like my own. In spite of our differences in country, age, language, and culture, we had much in common. This man was my relative. His ancestors and mine had rowed a boat together across the North Sea for the heathen pleasure of kicking English asses, stealing their wine, and giving their women red-haired babies. And now, after all this time, we were compadres once again.

When we think we are different from other people, we are often mistaken. And when we think we are better than other people, we are always foolish. ■

– Steve Sorensen

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### Mostly a Jolly Place

athaniel Hawthorne once wrote, of a garden, in his 1854 collection of stories *Mosses from* an *Old Manse*: "I used to visit and revisit it a dozen times a day, and stand in deep contemplation over my vegetable progeny with a love that nobody could share or conceive of who had never taken part in the process of creation." A century and a half later, set against the desert backdrop of San Diego, rather than the damp of Salem, Massachusetts, local, avid gardeners are just as proud of their work. A handful of them, representing six public gardens throughout the city, sat down to talk plants, soil, and, most importantly, the bond forged between their communities and gardening.

A few scarecrows rise up from the plots.

HAROLD E. SMERDU COMMUNITY GARDEN

Location: 250 Laguna Drive, Carlsbad PLOTS: 48, 20' x 30' DUES: \$60/year

**ELIGIBILITY:** Must be a Carlsbad resident to get first

priority WAITING LIS

**WAITING LIST:** 80 people **SOIL TYPE:** Clay amended by gardeners individually **IRRIGATION:** Yes

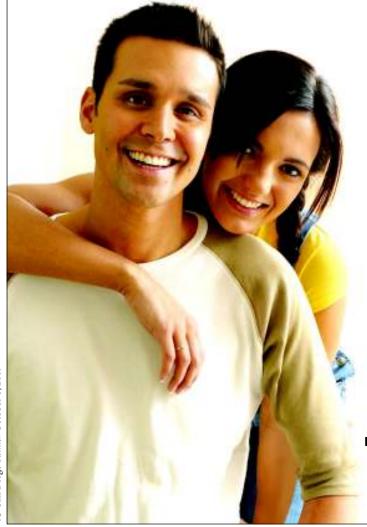
**PLANTS:** Vegetables and flowers, no tall trees **ORGANIC:** Yes

Twenty-five years ago, Harold Smerdu had a plan: to bring a community garden to the city



of Carlsbad. After talks with city hall officials, a vacant parcel on Laguna Drive was named the site, and the garden began to take shape.

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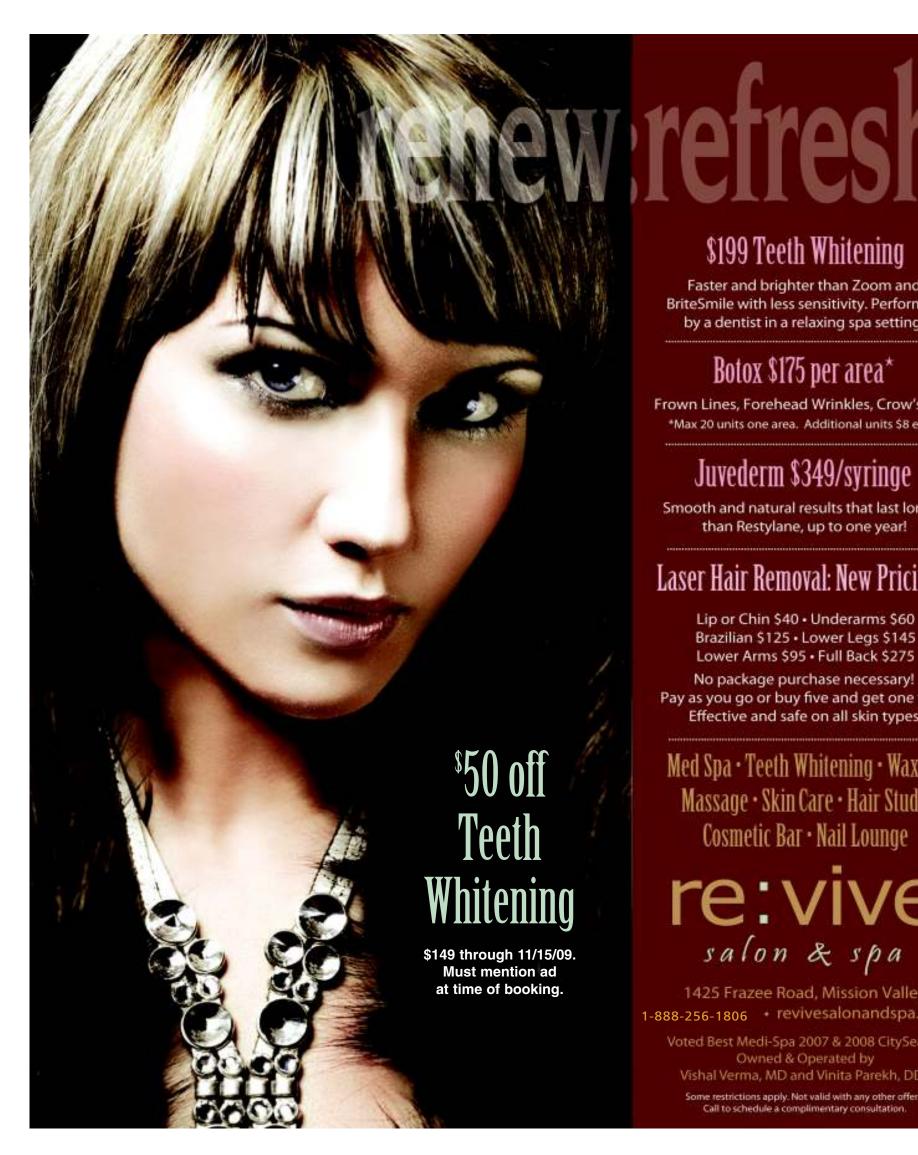
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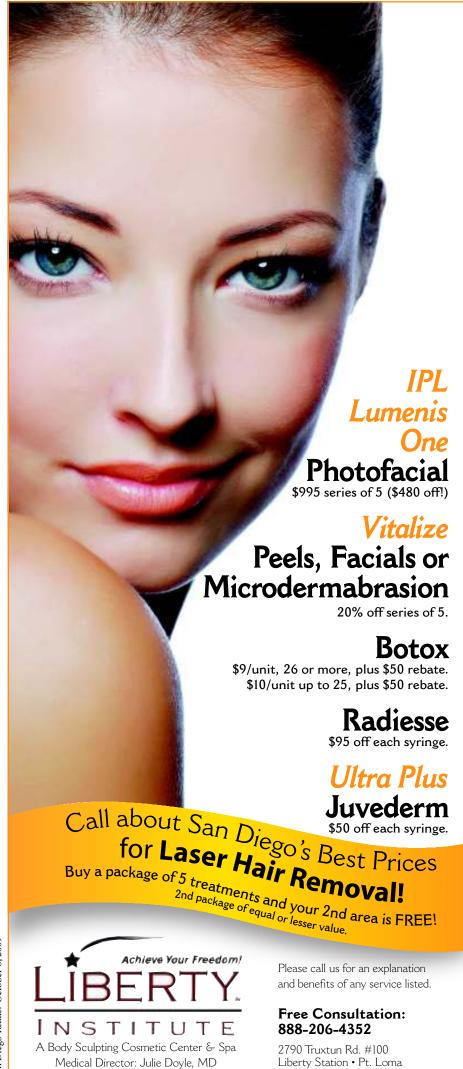
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street.

A sandy walkway divides the garden. Plots lie on either side behind a mishmash of fencing, as the gardeners are responsible for enclosing their spaces. In the background, palm trees wave in the wind against a backdrop of blue sky.

Vegetables of all types are in the process of ripening here; greens, peas, even artichokes. Cacti are interspersed between plants, aloe and agave, too. Flowers, in vibrant pinks, oranges, and yellows edge the plots, adding a dash of color.

The garden is co-headed by City of Carlsbad Parks and Recreation supervisor Michael Bliss and his colleague Connie Kessler.

"It's pretty pain free," he says, of running the garden, as he sits on a picnic bench just outside it. "The gardeners that come out here really love what they're doing, and many of these people have had these plots for years."

The turnover isn't high; there are currently 80 people on the waiting list, which, Bliss says, dates back to 2006.

"I would say the average [time] could probably work out to be about ten years, easy," Bliss says. "We've had some gardeners who have been here a long time. We've got 80 people on the waiting list, so people know, 'Yeah, I want to garden,' but you put them on a list and tell them 'Oh, you're the 81st...' It's tough. It shows you how popular it is. It's a shame. It would be nice if it were bigger."

The city foots the bill for much of the garden, including water and trash pickup, and the Carlsbad parks department spreads the wood chips across the walkway. Whenever needed, an irrigation technician is on call as well. The city spends \$200/month, according to Michael Bliss.

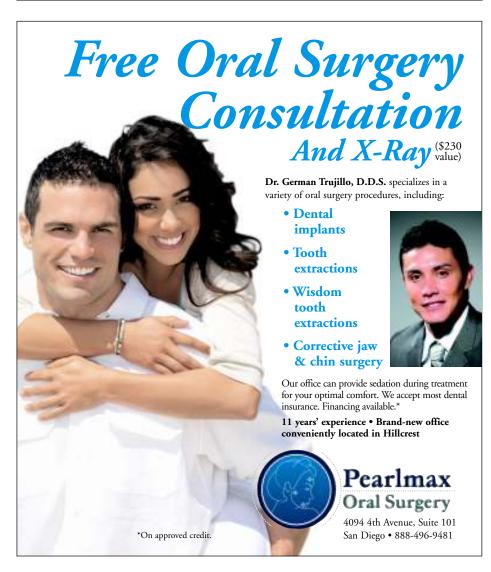
"There's some staff involvement," Bliss says. "You can't let it completely go. You have to make sure it stays fairly maintained."

As for rules, according to Bliss, it's mostly "common sense stuff. You don't want to keep a lot of junk in your little garden plot, You want to have it maintained, you want to continue on the upkeep, you don't want to let it grow over with weeds. Once you have a garden plot, you don't give it to someone else."

Generally, he doesn't have many problems with rule-breakers, and if someone inadvertently steps outside the boundaries, they are usually cooperative. At the time of this writing, there is a problematic tree that Bliss and his team have decided must be removed.

"We've just got to talk to the gardener," he says. "One of the gardeners said, 'It's starting to shade my area a little too much,' and the tree itself is getting to be too big, so we want to make sure we take care of that. We've sent her a letter, just letting her

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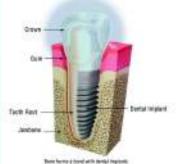
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know that we're going to have to take that tree out."

Aside from that, things are generally quiet around the garden. Bliss has noticed recently that a lot of neighboring cities want to start their own as well.

"I think it's gotten a lot of press recently, more so because the Obamas in the White House are talking about having a vegetable garden," he says. "Governor Schwarzenegger is trying to get something started around the mansion called a Victory Garden. People are jumping on the bandwagon — 'Shoot, if they've got one...'"

He glances at the apricot tree.

"It's a great community asset," he says.

### ESCONDIDO COMMUNITY GARDEN

**LOCATION:** Centre City Parkway between El North Parkway and Mission Ave, Escondido

**PLOTS:** 80+, 4' x 20'

**Before** 

**DUES:** \$20/6 months, \$30/year

**ELIGIBILITY:** Public **WAITING LIST:** 7 or 8 **SOIL TYPE:** Mushroom compost

IRRIGATION: Yes
PLANTS: Vegetables, fruit,
and flowers
ORGANIC: Yes

The Encinitas Community Garden is hard to miss. It lines the side of Centre City Parkway, a main drag that leads to the 78 freeway, and tall plants and the roof of a red shed are visible from the road.

Cars race along Centre City Parkway as Beth Mercurio, the garden's founder, sits under a trellis of wisteria.

"[The garden] was an idea that I had because of seeing the City Heights garden," she says, referring to a now-defunct spot. "They had large, dancing wooden vegetables on the fence outside their garden. I was lost down in San Diego and that's what

I found. And I said, 'What the heck is this? Let me write the phone number down.' It started from there. I started contacting people, met a couple of people in the city who were willing to listen..."

Now, the garden, which sits on what Mercurio — her official title is Garden Manager — estimates to be just over two acres of land, is run by a board.

"We have master composters [and] we have gardeners here that just give us their input," she says. "There are about eight people that run it, and we're a well-oiled machine at this point. The garden's been in existence for 15 years. Many of the people on the board have been on the board the whole time."

The land belongs to the city, Mercurio says, and the Escondido Community Garden leases it from the city for a dollar-a-year type of agreement, which, according to Mercurio, is "periodically [paid] in vegetables."

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HEALTH AND BEAUTY





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"They're a very big supporter, and I'd like to think that they're proud of us," she says. "We feel really, really lucky right now. There's a great big construction site next door, and that's going to be a brand-new police and fire station. For most of the gardens that are on public land, when something like that happens, the community garden goes."

The garden is laid out on a long stretch of land that is bordered on one side by a dead-ending gravel path. "No unauthorized vehicles," admonishes a sign at the entrance, trying to keep intrusive car traffic to a minimum.

Each plot is lined with gray cinder blocks, some raised higher than others; tilled earth rises in neat rows within them. Some plants are just starting to sprout, while others are getting ready for harvest. They are well and carefully tended. Some gardeners employ creative means for staking and sheltering, for instance, using curved branches to create lattices for their growing vines.

This is, in part, Mercurio points out, due to the differing ethnic backgrounds of the gardeners who work here, many of whom have extensive experience in their home countries.

"We have people from China, from the Philippines, from Iran, from France, from Mexico, so they're from all over the world," Mercurio says. "Many languages are spoken out here. We have seniors that are living nearby in the Salvation Army residence, and they are Chinese. So we have a group of Chinese men and women who walk over here each morning and each afternoon, and they're probably the best gardeners out here."

The cultural diversity, while a point of pride for the garden, at times causes tensions.

"The garden is a microcosm of the world, and the issues and the problems are the same," Mercurio says. "People come from different countries, and perhaps those countries notoriously don't get along, and I find they try

to bring that into the garden."

This was not always easily detected. Mercurio reports that, at times, the origin of a dispute would not be clear until it was pointed out that, perhaps, the individuals involved came from coun-

tries that have historically feuded with one another.

"I think the biggest issue is communication, because we have the different languages and the different culture," she says. "What one person says is not what another per-

son thinks they understand them to say."

Another issue that has popped up, says Mercurio, is the use of space.

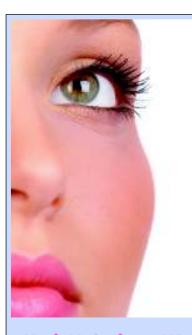
"In a lot of the Asian cultures, you don't waste space," she explains. "Space is at a premium, and the whole idea of these paths and these open areas is difficult for some of our Asian gardeners to understand. They tend to want to plant just anywhere. We try to keep rules — you stay inside your plot — and

I turn around two days later, and I've got plants that are in spots where they're not supposed to be. That type of thing."

People garden for different reasons, Mercurio says. "It provides exercise for [peo-

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ple]. It provides mental therapy for those who maybe need a little bit of an oasis, an escape from the rest of the world."

She pauses.

"And, for some, it's food that they're growing to eat tonight."

#### **NEW ROOTS COMMUNITY** FARM

**LOCATION::** 54th Street and Chollas Parkway, San Diego

PLOTS: 80

**DUES:** Sliding scale **ELIGIBILITY:** 20 plots will

be available to the public **WAITING LIST:** N/A **SOIL TYPE:** Clay, but will be amended with compost/mulch/manure

**IRRIGATION:** Yes **PLANTS:** Fruits and vegetables

**ORGANIC:** Yes

The New Roots Community Farm was, at the time of this writing, a project in process [The grand opening was September 10). Just off of Chollas Parkway and 54th Street in City Heights, it's currently being prepped for an irrigation line, and looks like a cleared lot with scattered tunnels of dug earth.

But, soon, says Amy Lint, Community Development Coordinator for the International Rescue Committee, it will be a full-scale organic garden designed to serve the growing refugee population of low-income, urban San Diego. Along with Bilali Muya, who works with the Somali-Bantu Organization, she and her team are laying the groundwork for the garden, which, she estimates, will end up costing around \$200,000. The money comes from a surplus at the International Rescue Committee, an organization dedicated to resettling refugees from all over the world in San Diego, and, with an influx of people arriving from agriculturally centered countries, the need for a garden arose.

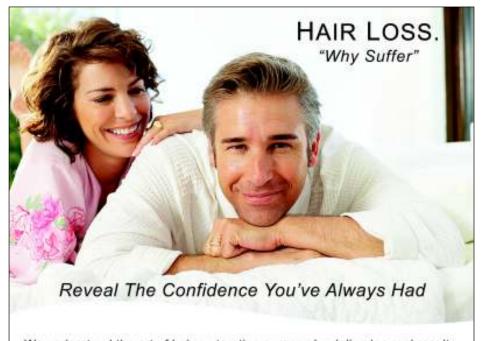
"There was some talk

about 'Well, what kind of support could we give this new [population] arriving to the United States? What kind of support could we give them in terms of food or nutrition?" "Lint says. "They come from an agrarian society and what they wanted was land [on which] to grow their own food. So we thought, 'Okay, how would [we] do that? We can't give people individual farms, they're all resettled right in City Heights in dense area, but what we could turn this into is more of an urban farm or a community farm.' So that's how this project got started."

To use the land, which is city owned, Lint and the International Rescue Committee had to obtain a threeyear permit, which cost \$20,000.

The parcel—a little over two acres—will have 80 plots. Each plot will be 600 square feet, enough, Lint says, to grow about 40 percent of a food-stamp budget.

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The idea, Lint says, is to create what she calls a "microenterprise," in which gardeners, who will mostly be recent and not-so-recent refugees from places like Somalia, will be able to grow enough food not only to feed themselves but to sell.

"We try and get people into the job market, and, of course, in this economy right now, it's even more challenging," Lint says. "But our organization is a partner in starting the City Heights Farmers Market, so if they're growing enough food, like small vegetables and such, and they have extra that they can't eat, they can actually take a small amount to the market."

Muya, who immigrated from Somalia four years ago, is also a driving force behind the project and plans to have a plot as well. He will, among other things, be growing sukuma wiki, a kale-like vegetable, which he grew in Somalia.

"I'm just going to grow

the natural food I've been I was given."

The land, while it may

"When I brought my community [here] and showed them this area, they kind of laugh[ed]," he says. "One person said, This is too small for me!' It's hard for us to get land. It's not like it was back home in Africa."

a plot will help his community immensely for a myriad of reasons.

"Most of them don't

growing my whole life," he says. "I'll be helping the refugees who speak Swahili in my community, as well to try and learn the new way of growing in this urban garden...My whole life I have been a farmer. My father, my grandfather [too]. So it's kind of reminding me that I'm continuing the heritage that

appear large for such a project, is actually small for farmers like Muya who, says Lint, could farm ten acres by hand if he had to.

But, Muya says, having







San Diego Reader October 8, 2009

53



work," he says of the Somali refugees. "It can help them spend their food stamps, like having some fresh veggies [that they can] get from their farm, instead of spending a lot on sale day."

The garden will be primarily divided between several organizations; 20 plots will go to the Somali-Bantu Organization, 20 to the Union of Pan Asian Communities, and 20 Proyecto Casa Saludables. Additionally, 20 plots will be available for use by other members of the San Diego community at large.

"We'd like to have this as a center for not only growing food for the 80 people who have plots here, but for the general public [as well]," says Lint. "Right now, we're going to get water rations by June or July. Working with different partners, we can have community-education classes here, where people can learn more about watersaving techniques and composting. And that's open to

the public and free. This is a place where people can see those demonstrations in action and take an outdoor class and just have an afternoon outside and learn."

### OCEAN BEACH COMMUNITY GARDEN

**LOCATION:** 2351 Soto Street, Ocean Beach

**PLOTS:** 51,200 square feet, some larger

**DUES:** \$45/6 months up to \$50/6 months, depending on plot size

**ELIGIBILITY:** Public **WAITING LIST:** 12

**SOIL TYPE:** Fine sand; amended by gardeners with chicken manure, topsoil, mulches, green sand, bloodmeal, bonemeal, and compost. **IRRIGATION:** Yes

**PLANTS:** Vegetables, fruit, flowers

**ORGANIC:** Yes

The Ocean Beach Community Garden is tucked at the foot of Collier Park on Soto Street, just past a storage shed

and scattering of picnic tables. Fifty-one plots in all, it covers a considerable space, flowers and vegetables co-mingling, some plots full, others just turning over after a recent harvest.

The roses in the rose garden, while not in full bloom at the time of this writing, cover a lattice-worked trellis, under which sit two benches for rose-viewing or lounging. A few scarecrows, one with the Chargers bolt emblazoned across its head, rise up from the plots, and they seem to work. There is not a crow in sight.

The garden itself is run by a board of directors, says Margaret Young, who is the community-coordinator contact for the garden.

The board consists of five members "in good standing," and the official positions are chairperson, a vice chairperson, secretary, treasurer and Young's own, community-coordinator contact.

"I look after the com-

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San Diego Reader October 8, 2009

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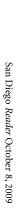
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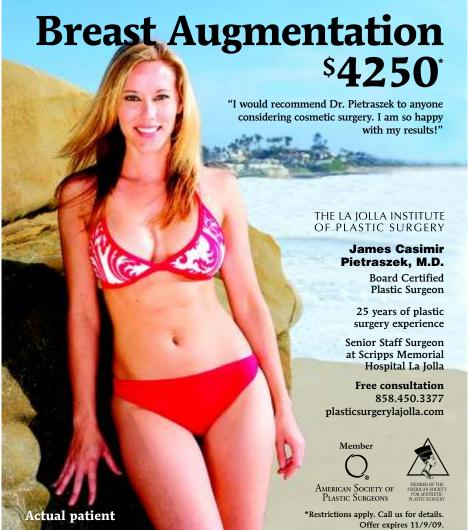


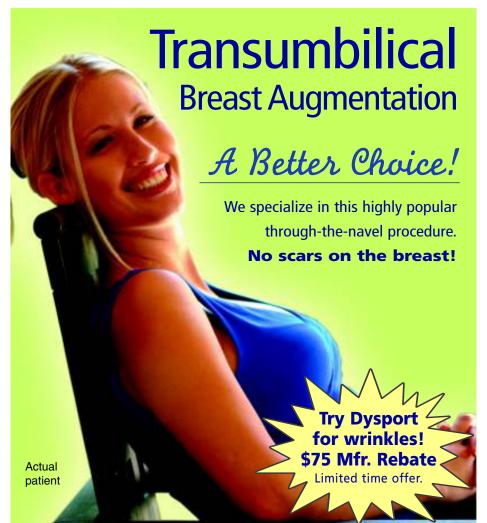
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munal areas in that garden," she says, of her position, as she sits on the couch in a house she is looking after for a friend. "I allocate volunteer work, which is mandatory for all gardeners to do at least once a month — they should [that is], but not all do, because they're busy with their lives and work. Or I find somebody at a loose end, and I ask them, 'Can you help out with this, can you help out with that'

Young has been gardening all her life. She started by watching and assisting her parents and grandparents in her hometown of Birmingham, England. Once she married and had children, she gardened an acre-wide stretch of land on her own. Now an Ocean Beach resident, she has her own private garden

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as well as a plot in the community space.

Many of the gardeners who currently have plots in Ocean Beach are experienced and have been there for a number of years. Some members have had their spaces since the early 2000s; Young has been on the board since 1995.

"In the '90s, there was a big turnover," she says. "The people were of a caliber that thought they wanted a garden and then would give up quite easily and disappear. But not now. People are very settled. They're the right type of people to be gardeners, I would say."

The garden has had a few bumps in the road, including a recent theft of tools and supplies. Overnight, Young says, several people broke in and stole whatever was on hand.

"They were looking for tool tools, not particularly garden tools, but hammers, saws," she says. "I think they had seen the progress of [our] greenhouse going up, so they were stealing screws and nails. They didn't touch any of the spades in our tool shed, but they certainly went on a big rampage and even took some garden ornaments and a few plants. Worst of all they, they uprooted two or three apple trees and stole those, and one gardener had two potted [citrus] trees, and they stole those too. They broke down the fence at the front, which we've repaired ourselves."

Still, says Young, these incidents are infrequent, and the garden is mostly a jolly place. During her time, she has piloted several successful programs for the gardeners, their families, and friends, one of which is a garden contest. Judges, including a staff member from the Balboa Park nursery and two park rangers, observe the gardens in secret and vote on them based on plot number only. Young tallies the votes for each category — Best New Garden, Best Salad Garden, and Gardener of the Year, for example — and the winners are announced at an annual

Last year, to bring everyone together even more, Young and the board threw a July garden party potluckbarbeque, complete with food contest. Each contestant brought a dish made with

party in October.

something from their garden, whether it was a side or a main meal.

"The treasurer brought along his barbeque pit, and we had the food contest," she says. "We had the potluck, and a wonderful afternoon."

While having a plot can be quite an undertaking, Young says her crop of gardeners is especially dedicated.

"It's a valuable resource to people, especially for apartment-dwellers and condo [owners]," she says, of the garden. "They have this really big feeling for growing vegetables, but they don't have the space to do it. Or they may have a shady balcony and then they get into problems trying to grow stuff.

"If you take a garden, be diligent," she says. "We have a strict board with strict rules, so the city will not frown on us as an organization. That's basically what we do, try to keep a good standing with the city so that the gate stays open."

#### **VERA HOUSE COMMUNITY** GARDEN

**LOCATION:**Corner of 34th Street and North Mountain View Drive, San Diego

**PLOTS:** 200 square feet, about 10' x 20'

**DUES:** 13

**ELIGIBILITY:** Normal Heights residents have first priority; public

**WAITING LIST: 22** 

**SOIL TYPE:** Clay and mulch **IRRIGATION:** Yes

**PLANTS:** Fruit, vegetables,

and flowers. **ORGANIC:** Yes

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nity Garden, the greeter on hand is a feline. A black-andwhite longhair, her name is Harmony and she is, as Katherine Rotherham, one of the garden board members, describes, their "organic gopher catcher."

There garden is small, with 11 individual plots and communal herb plot, located on a vacant parcel where 34th Street meets North Mountain View Road in Normal Heights. The streets are treelined, picturesque. Neighborhood houses generally have their own well-tended gardens, creating an abundance of plant life on the block.

The lot, according to Rotherham, was once occupied by a small house that had fallen to ruin some time ago. After a fire in Normal Heights, the remains were burned to the ground. The lot remained empty until the garden went in nearly 20 years ago.

"Fran Wilcox started the first community gardens in Normal Heights," Rotherham says, sitting at a small table in the center of the garden. "She had a children's garden at Adams Elementary School and a community garden on Bonnie Court, which is where I-15 is now. When that got taken away, she started looking for another one. She connected up with Lois Miller, who lives down the block here, and they found this place."

The namesake for the garden, Rotherham says, was a neighborhood woman named Vera, who "always thought it would be nice to have flowers" growing on the lot. House died of cancer in the late '80s, and when the garden went in not long after, it was dedicated to her memory.

Everything, Rotherham remembers, in the garden was put in for free by neighborhood dwellers, but not everyone was happy about its progress.

"When it started out, there was a renter next door, and she was very opposed to this garden," she says. "The city attorney had determined that this was an agricultural use of a residential plot, and it wasn't okay. But he also told us that they were revising the zoning code, and that if we worked with them, we could get community gardens okayed in residential areas."

Members of the Normal Heights community — and others — rallied together, getting petitions signed and attending meetings.

"[TV weatherman] Loren Nancarrow said he'd come out and handcuff himself to a pepper plant," Rotherham says with a smile. "Anyway, we got it into the zoning, and then we were okay here."

And in came the gardeners.

"We have a postman, we have a county worker, we have four retired people, we have a San Diego State professor, substitute teacher," Rotherham says. "I'd say the ages range from the 80s down to the late 30s, early 40s. The college professor brings her two children down. The baby will be here, watching what's going on."

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#### EASTSIDE COMMUNITY GARDEN

**LOCATION:** Civic Center Drive and North Weitzel Street, Oceanside

**PLOTS:** 55, size varies

DUES: None **ELIGIBILITY:** : Public

**WAITING LIST:** no plots currently available

SOIL TYPE: Varies IRRIGATION: Yes

**PLANTS:** Fruits and vegetables, some flowers

**ORGANIC:** Yes

The East Side Community Garden is enormous, as far as community gardens go. Pea plants stand tall on large plots, fenced in by strong string tied to posts, and corn stalks wave in the hot breeze, their husks browning slightly in the sun. The east edge of the garden, which overlooks I- 5, is lined with cacti. Vinetraced trellises stand among the plots, shading plants from the elements, and rows and rows of ground-hugging plants sit in even, unbroken lines

While Concha Greene, the chairperson for the Ocean-side community organization, community assistant for the city of Oceanside. and one of the garden's founders, is not sure of the exact dimensions, it could easily hold a decent-sized condominium complex.

"This was an empty lot that the city owned, and the people in the community needed a garden," says Green, who sits under a shady canopy in the center of the garden. "Most of them lived in apartments, and they didn't have the space, so people in the community came together and cleaned up this empty lot and proceeded to make a garden for themselves. There were about 50 [people]. They were adults, families, and kids"

They did all the work themselves, hauling out the rocks and debris left over when contractors destroyed the houses that once occupied the plot.

"We had to clear all that stuff out of here," Greene says. We did it with what we had, trucks from people in the community...The labor came from people in the community."

The garden was funded with part of a grant from the California Wellness Foundation, which poured \$1.2 million into the then-struggling Oceanside neighborhood 15 years ago.

"People were able to come and get the vegetables and whatever the gardeners had grown. to help themselves get food on the table, sharing," says Greene. "What they do is most of the residents that have a plot here in the garden have apartments, so when they pick their vegetables, they take it to the apartment complex. and they give them out to the people there."

That's the whole idea of the garden, which is restricted to vegetable- and fruit-growing only. Exchanging and gifting food is key. "Especially, now with the job market the way it is," Greene says. "Plus it provides a little bit of food on the table for the ones that can't really afford it."

Historically, not everyone has followed this rule. One man, Greene reports, even started selling his harvest to a local grocery store.

"I trailed him in my car," she says, with a sly grin. "Some of the gardeners told me [what he was doing], and that was a big no-no, because that's not what we had built this garden for, for self-profit. We built it to help the community, but evidently this guy was helping himself."

She followed him to the grocery store and watched him unload and make a sale.

"When he tried to deny it I told him'I saw it with my own eyes.' So that [was] it. Of course, he made it worse for himself by threatening me..."

The man was removed from the garden, along with several others who were using the garden for drinking and parties. Greene, who took an 11-month sick leave from her position, returned to find that some gardeners were taking "women of the night" into the shed — which has since been taken down — after dark.

"What really got me upset was that they started to fight amongst themselves," Greene says. "Because one was jealous of the other one. They would say, 'Oh, your plot is bigger' and blah, blah, blah, this and that. When I started back at work, and I called a meeting, we threw out the [offenders], [and] we reorganized. We made them sign a contract that all of the above they were doing was not going to be tolerated, no more excuses, they would be out on the first offense.

Since then, the garden has been peaceful. Greene says that the group handling the plots is now more diverse.

"Before, it was mostly people from the community, mostly Hispanics," she says, "But now that we have some people from the area north of here, we have Vietnamese, we have Japanese, we have Caucasians, we have Mexicans, and we have a few black people who are involved in the garden, which is great to me. Because that's the way it should be."

The garden, she says, helped the community come together at a time when it needed it most, 15 years ago.

"We're still fighting the gangs and we're still fighting the drugs, which we'll always be," Greene says, "but at least now it's livable."

Several garden contacts did not return calls for comment. Others preferred not to be included in this article.

— Rosa Jurjevics

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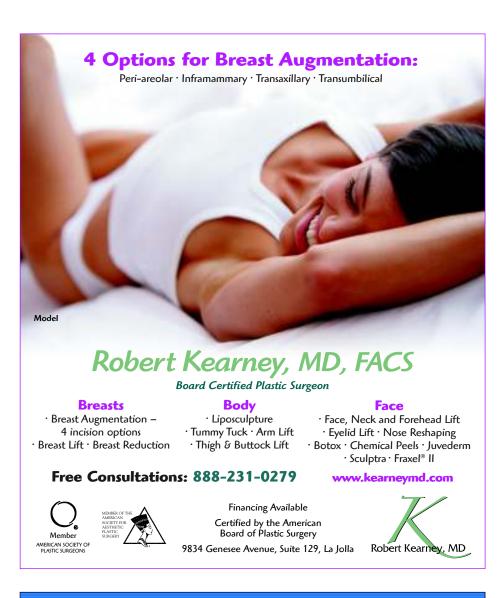
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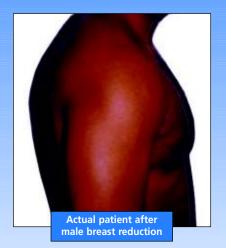






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#### Thursday | 8

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### "DEVELOPMENT: CREATING SUSTAINABLE JUSTICE"

See **FOR KIDS**, page 69.

As part of the University of San Diego's 20th-annual social issues conference, panelists from the University of San Diego's Hahn School of Nursing and Health Sciences will discuss their international missions in a lecture titled "Is Health a Human Right?" Keynote speaker is global health advocate Dr. Paul Farmer. See **LECTURES**, page 70.

#### Friday | 9

### DREAMS DO COME TRUE!

Glitter, dancing, and gliding on ice! Disney on Ice presents *Princess Classics*, combining "exceptional moments" from all your Disney favorites. It's a tale of triumph against

evil told through the eyes of eight characters (Cinderella, Jasmine, Ariel, Aurora, Belle, Pocahontas, Mulan, and Snow White). See **FOR KIDS**, page 69.

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ghouls and goblins. This "alloutdoor haunted attraction" follows a mile-long
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oaks. Be afraid, very.
See SPECIAL, page 66.



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rights"
in anticipation of an automated
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why. At the Robotic
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College, see engineering presentations,
exhibits, and competitions such as

### (LEGO) LUKE, I AM YOUR FATHER!

Team. See **SPECIAL**, page 66.

Feel free to dress up as your favorite *Star Wars* personality and enjoy "all things Lego Star Wars" at Warwick's Bookstore.

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Various *Star Wars* characters will be on hand, and you can take part in a costume contest and enjoy activities, food, and more, all to celebrate the launch of Dorling Kindersley's *Lego Star Wars: The Visual Dictionary.* 

See **FOR KIDS**, page 69.

of the ocean's most intriguing and leaststudied creatures for their Perspectives on Ocean Science lecture series. Learn about the sophisticated tools oceanographers employ to unravel the mysteries of the evolution of life...in the deep. See **LECTURES**, page 71.



See Tok Kibo, pa

#### Sunday | 11

#### LITTLE ITALY FESTA

Celebrate all things Italian at the Italian-American festival in the one neighborhood in San Diego that provides chairs on the sidewalks for pedestrians to sit and watch the goings-on. Food, art, retail vendors, entertainment stages, bocce ball tournament, stickball game, and more, plus the featured Gesso Italian Chalk Painting Contest.

#### Monday | 12

See **SPECIAL**, page 65.

#### "NEW DISCOVERIES IN DEEP-SEA ANIMAL DIVERSITY"

Scripps biological oceanographer Greg Rouse unveils his latest findings on some

### Tuesday | 13

#### SAMMY

Mr. Bojangles incarnate, Sammy Davis

Jr., is the subject of writer-composerlyricist Leslie Bricusse's musical biography premiering at the Old Globe



Theatre. Directed by Keith Glover. See **THEATER**, page 119.

#### Wednesday | 14

#### THE WEDDING SINGER

The Pearl Hotel's "dive-in theater" event combines "eclectic film choices," food, drink, and light conversation at its poolside lounge and outdoor theater. Feel free to bring a swimsuit, and if you feel like making a night of it, keep in mind that local residents get a discount on rooms.

See FILM, page 68.

Outdoors page62 | Local Events page64 | Classical Music page66 | Galleries page70 | Museums page75 | Pop Music page82 | Restaurants page105 | Theater page116

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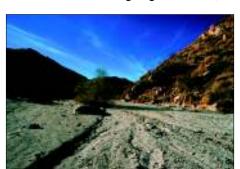
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ranquil Mine Canyon and its several tributaries slash deep into the Pinyon Mountains of central Anza-Borrego Desert State Park. Day after day, year after year, the parched ravines and boulder-splintered hillsides lie open to the searing rays of the sun. Once every several years or so, rain pours in buckets, and a fresh laver of sand, left behind by receding floods, coats the bottoms of the ravines and washes. Some of the water-borne sediment is carried down past the mouth of the canyon, where it accumulates on a broad, tilted alluvial plain, about four square miles in extent, known as Mescal Bajada. On this bajada (the Spanish word meaning "down-slope"), desert agave plants (a.k.a. century plants or mescal) grow in particular abundance.

The next blooming phase of desert annual and perennial plants in Mine Canyon is some months away, so the current appeal of the place centers on its warm, dry weather and the nearly complete absence of sound. Winds tend to be gentle or absent this time of year, and there's hardly a buzzing insect to be found. Only the distant hiss of an occasional high-flying airliner interrupts the silence.

Anza-Borrego has a free-ofcharge "open camping" policy that allows you to stay overnight along any park roadway or in any wilderness area. There are limitations, of course. You're not allowed to drive your vehicle off of approved roads, no ground fires are permitted, and you must not establish camp next to water sources (in deference to the watering rights of the local wildlife). Mine Canyon has

plenty of small roadside spaces for parking for the day or for overnight camping. If you plan to camp in October, try arriving in the later afternoon and departing the next morning before the sunshine gets too intense. Regardless of how long you plan to stay, be sure to bring along plenty of drinking water.

The unpaved road into Mine Canyon (which may not be suitable for low-slung passenger cars) intersects Highway 78 at a point about 16 miles east of Julian. More specifically, the intersection is 2.7 miles east of Tamarisk Grove Campground. Look for a sign, on the south side of the highway, designating "Mine Wash," which is the name of the lower part of the canyon. Work your way up the gently corrugated surface of Mescal Bajada for 1.6 miles to a parking area and interpretive plaque at the foot of a rocky ridge. Scattered amid the eroded granitic boulders and ironwood trees here you'll find old morteros, or mortar holes, a sure sign of prehistoric occupation by ancestors of today's Kumeyaay Indians.

As you drive farther along Mine Wash toward the Pinyon Mountains, notice how the vegetation changes from low-desert



wash at 3.9 miles from Highway 78. This is an especially nice spot for car camping. From there, the road into Mine Canyon continues uphill a final 0.7 mile south-southwest, and a roadless fork of Mine Wash ascends gently south-southeast. The latter wash, along with its several branching tributaries, is wonderful to explore on foot especially when long shadows fall across the sands at the beginning and the end of each day. Stoic Mormon tea shrubs poke up amid the rock rubble and bold

types, such as the smoke tree, to agaves and later junipers.

Pinyon pines, the namesake of

the mountains, grow at still higher

on the right at a major fork in the

There's a short spur road

elevations.

This article contains information about a publicly owned recreation or wilderness area. Trails and pathways are not necessarily marked. Conditions can change rapidly. Hikers should be properly equipped and have safety and navigational skills. The Reader and Jerry Schad assume no responsibility for any adverse experience.

specimens of teddy-bear and buck-

horn cholla cactus glisten in the

low-angle sunlight.

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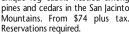
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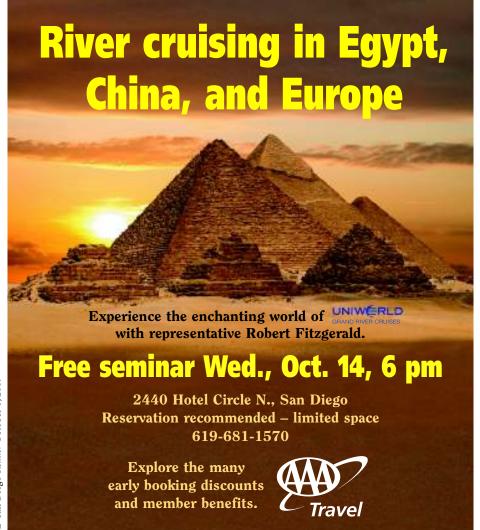
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San Diego Reader October 8, 2009

### Lalendar

**HOW TO SEND US YOUR LISTING:** Contributions must be received by 5 pm Friday the week prior to publication for consideration. Do not phone. Send a complete description of the event, including the date, time, cost, the precise address where it is to be held (including neighborhood), a contact phone number, and a phone number (including area code) for public information to READER EVENTS, Box 85803, San Diego CA 92186-5803. Or fax to 619-881-2401. You may also submit information online at SDReader.com by clicking on the events section.

#### **OUTDOORS**

The Tawny Hues of the black oak tree are just beginning to highlight the slopes of San Diego County's higher mountains. Named for the dark coloring of its bark, especially when wet, the black oak is the only deciduous oak native to the county. Associating with pines, firs, cedars, various evergreen oaks, and occasionally chaparral, the black oak lends a true autumn coloring to popular areas such as the Cuyamaca, Laguna, and Palomar Mountains.

Dense Ground Fogs are a trademark of the onset of autumn along San Diego's coastal strip. Fog materializes during the night and early morning hours when moist marine air that has settled in valleys and low areas is chilled below the dew point. These ground fogs are distinct from the low overcast that usually blankets the coastal strip on late-spring and summer mornings.

Spider Webs, decorated with myriads of tiny dew droplets, are a beautiful sight on foggy autumn mornings. Look for them in San Diego's wild canvons and park areas, or in your own backyard.

The Planet Jupiter Gleams high in the southern sky after dark during the entire month of October. Jupiter's Galilean satellites, the four largest and brightest moons circling the planet, can be easily observed this month using equipment as simple as firmly supported, high-power binoculars. First noted by Galileo in 1609, these satellites noticeably change their configuration from night to night as they swing around the

"Global Warming — The Future at Daley Ranch" Naturalist Dorothy Klitzing leads roughly three-mile hike over many trails, talking about global warming and its effect on our resources. 760-839-4680. Saturday, October 10, 8:30am; free. Daley Ranch, 3024 La Honda Drive. (ESCONDIDO)

**Asian Pacific Historic District** Tours Led on second Saturday of

each month, starting at Chinese Historical Museum. Required reservations: 619-338-9888. Saturday, October 10, 11am; \$2. Chinese Historical Society and Museum, 404 Third Avenue, (DOWNTOWN)

**Balboa Park Architectural Tours** San Diego Architectural Foundation hosts tours highlighting Spanish Colonial Revival buildings constructed for 1915 and 1935 International Expositions in Balboa Park. Tours start in front of Museum of Man, 619-232-1385, Saturday, October 10, 10am; \$8-\$15, 10 and up. San Diego Museum of Man. 1350 El Prado. (BALBOA PARK)

Blooms, Bugs, Butterflies, Birds Connect to local biological and natural resources during trail guide-led informative walk "through history and nature" at historic Old Mission Dam. 619-668-3281. Saturday, October 10, 8:30am; free. Kumeyaay Lake Campground entry station, Two Father Junípero Serra Trail. (SANTEE)

**Discover Magnificent Beauty!** Nature walks led by trained naturalist. "Marvel at the reawakening vegetation throughout the reserve and be enchanted by fabulous flowers along the trails." 760-436-3944. Saturdays, 10am; free. San Elijo Lagoon Ecological Reserve, 2710 Manchester Avenue. (CARDIFF)

Help in Sheppard Canyon Volunteers needed to help with restoration projects at Sheppard Canyon, including invasive plant and tree removal, native plant rescue, more. Some tools available; bring yours if you have them. RSVP: 858-627-0682. Saturday, October 10, 8am; free. Sheppard Canyon habitat restoration site, 5687 Santo Road. (TIERRASANTA)

**Nature Tour of Salt Ponds See** birds, learn about salt production during guided walking tour of a portion of salt ponds in South San Diego Bay led by San Diego Audubon. 858-273-7800. Saturday, October 10, 8:30am; free. 8 and up. Salt Works Trailhead, 1470 Bay Boulevard, (CHULA VISTA)

Palm Walk Offshoot Tours offers its monthly hour-long guided stroll exploring structure, growth habits, landscape value of palm trees. 619-235-1122. Saturday, October 10, 10am, Balboa Park Visitors' Center, 1549 El Prado. (BALBOA PARK)

Plant the Seeds of Nature Experience beauty of local natural environment on trail guide-led interpretive walk, 619-668-3281. Saturday, October 10, 9:30am; Sunday, October 11, 9:30am; Wednesday, October 14, 9:30am; free. Mission Trails Regional Park, One Father Junípero Serra Trail. (SAN CARLOS)

San Diego Field Ornithologists Expert birders lead bird walk on easy trail winding along Tecolote Creek. Bring binoculars, drinking water. 858-581-9944. Saturday, October 10, 9am; free. Tecolote Nature Center, 5180 Tecolote Road.

Tracking Walk Easy tracking walk for everyone (beginners and intermediates), starting at Los Peñasquitos Canyon Preserve Adobe Ranch House. Learn to track animals, discover their environments. 858-484-3219. Saturday, October 10, 8am; free. Los Peñasquitos Canyon Preserve, 12020 Black Mountain Road. (SORRENTO VALLEY)

#### SPECIAL

"Art at the Creekwalk" Enjoy a walk along creek, meet local artists displaying and selling their art. Workshop for kids. Find event next to Wave Waterpark. 760-224-8737. Sunday, October 11, 10am; free. The Wave Waterpark, 101 Wave Drive, (VISTA)

"Art, Music, and Wine Festival" Experience art by over 50 artists, live music by five bands, fine wines poured by various wineries and food vendors. 866-843-9946. Sunday, October 11, noon; free, 21 and up. Valley View Casino, 16300 Nyemii Pass Road. (VALLEY CENTER)

"Chad? — The Japanese Tea Ceremony" Museum presents "program to animate the implements of the tea ceremony featured in 'Rite and Ritual' exhibition." Demonstration of tea ceremony and contextualizing of it in the history, philosophy, contemporary understanding of Japanese culture. Seasonally appropriate tea and sweets served. Required reservations: 619-239-0003 x405. Saturday, October 10, 2pm; \$15-\$25. Mingei International Museum

North County, 155 West Grand Avenue. (ESCONDIDO)

"Concentration, Visualization, Meditation" Learn techniques for stress reduction, relaxation during meditation classes, as well as advanced breathing techniques, "essence of yogic philosophy." 619-640-4438. Tuesdays, 7:30pm; through Thursday, December 31, free. Pilgrimage of the Heart Yoga, 3301 Adams Avenue. (NORMAL HEIGHTS)

"Messages with Love from the Other Side" Clairvoyant medium readings by Reverend Roby Warren, who "will communicate with your loved ones who are no longer with you." Offering. 858-320-0090. Wednesday, October 14, 7pm. Celebration Center for Spiritual Living, 5820 Oberlin Drive #108. (SORRENTO VALLEY)

"Onions and Ogres" Chef Elizabeth - a.k.a. the Opera Singing Chef — shares some of her favorite onion recipes such as onion foccacia (from scratch), caramelized onion and garlic bisque with warlock toes breadsticks, more. Fee includes recipes, tastings with each dish. Required reservations: 760-436-3036 x206. Saturday, October 10, 1:30pm; \$25-\$30. San Diego Botanic Garden, 230 Quail Gardens Drive. (ENCINITAS)

"Room for One More" Monster Manor returns, with visits to the Ghastleys' haunted family home in their Victorian mansion during the night haunts (for those 13 and older). Manor transforms





### **YOUR WEEK** ON TV:

Tune in to NBC 7/39 News in the Morning to see footage of select events Thursday morning at 6:15 am.



for "lite frite," aimed at young children and families (October 17, 18, 24, 25, 31; noon-4pm; \$5). 858-222-4815. Friday, October 9, 7pm; Saturday, October 10, 7pm; \$5-\$12. Target Center, 8235 Mira Mesa Boulevard. (MIRA MESA)

"Surprised by Joy" Awards ceremony for 13 artists working in variety of styles participating in digital art show. Juror: Carolyn O'Barr. Viewing continues through October 17. 858-273-1480. Saturday, October 10, 10am; free. Saint Mark's United Methodist Church, 3502 Clairemont Drive. (CLAIREMONT)

Baskets and Botany 2009 Celebrate traditions of Southern California Native Americans with performances by local storyteller Abel Silvas, Nyemii Wildcat Singers, Jon Meza Cuero and the Aukas. Basket weaving demonstrations, bird walk, tribal song presentations by Native Kumeyaay people, Sky Hunters raptor education. Food for sale. 858-581-9944. Saturday, October 10, 10am; free. Tecolote Nature Center, 5180 Tecolote Road. (CLAIREMONT)

Bugs and Crime! Forensic entomologist David Faulkner plans slide-illustrated presentation about crime investigation using insects for clues and information. 619-588-3718. Saturday, October 10, 2:30pm; free. El Cajon Library, 201 East Douglas Avenue. (EL CAJON)

Charger Steve's Wild Rides and Classic Car Showdown See famous movie cars including General Lee, "a real Bandit" from Smokey and the Bandit, a time machine from Back to the Future, Herbie the Love Bug, a Batmobile, many others. Also on display: monster trucks, funny cars, NASCAR rides, dragsters. Celebrity guest Catherine Back, who played Daisy Duke in The Dukes of Hazzard, signs autographs. Entertainment. 619-562-2732. Saturday, October 10, 9am; \$12. Del Mar Fairgrounds, 2260 Jimmy Durante Boulevard. (DEL MAR)

Check-In Time at Haunted Hotel Experience all kinds of scares in this hostelry. Closed Mondays and Tuesdays except October 26 and 27. 619-696-SCARE. Thursdays, 7pm; Fridays, 6pm; Saturdays, 6pm; Sundays, 7pm; Wednesdays, 7pm; through Saturday, October 31, \$14-\$24. 10 and up. Haunted Hotel, 424 Market Street. (DOWNTOWN)

Cherokee Community Cultural Picnic Annual picnic meeting promises State of the Nation speech by Cherokee Nation Principal Chief Chad Smith, followed by picnic, arts and crafts demonstrations, games. Bring lawn chairs, food to share. 760-728-1688. Sunday, October 11, 10am; free. De Anza Cove, 3000 East Mission Bay Drive. (PACIFIC BEACH)

Coming Out Day — Pride at the Beach Music, food, games, vendors, community group exhibits hosted by LGBT North County community. 760-672-1848. Saturday, October 10, 11am; \$10. Oceanside Pier Plaza Amphitheatre, 200 North the Strand. (OCEANSIDE)

Designing a Garden? Professional landscape designer Jude Mendez offers personalized, 45-minute landscape design consultation. Bring photograph of your area, ideas from magazines, project dimensions for practical advice and suggestions for creating a low-water landscape. Required reservations: 619-660-0614 x10. Friday, October 9, 5pm; \$60-\$75. Water Conservation Garden, 12122 Cuyamaca College Drive West. (CUYAMACA COLLEGE)

Free Saturday at Lux Art lovers and their families invited to open house with studio tours, refreshments, live music by Zach Ashton. View marble sculpture and paper works by Elizabeth Turk, the most recent resident artist. 760-436-6611. Saturday, October 10, 11am; free. Lux Art Institute, 1550 South El Camino Real. (ENCINITAS)

**House of Spain** Lawn program with ethnic dancing, music, costumes. Food for sale. 619-234-0739. Sunday, October 11, 2pm; free. House of Pacific Relations, 2125 Park Boulevard. (BALBOA PARK)

Hymn Sing and Ice Cream Sundae Social Multi-congregational event with Dan Sharp of La Jolla Community Church leading the singing, teaching part-singing to "people of all ages, backgrounds, and denominations...to promote Christian unity." 619-297-4366 x135. Sunday, October 11, 2pm. First United Methodist Church of

San Diego, 2111 Camino del Rio South. (MISSION VALLEY)

**KnitNight** Gather with fellow fiber artists for social knitting, crochet, spinning. 760-806-6744. Tuesdays, 7pm; free. 18 and up. Clever Knits, 214 South Indiana Avenue. (VISTA)

La Jolla Art and Wine Festival Party celebrating La Jolla's artist colony roots promises juried art exhibit, live music and entertainment, gourmet food vendors, libations from local wineries and breweries, children's art center. 858-454-1699. Saturday, October 10, 9am; Sunday, October 11, 9am; free-\$7. La Jolla Art and Wine Festival, Girard Avenue at Pearl Street. (LA JOLLA)

Little Italy Festa Italian American festival promises food, art, retail vendors; two entertainment stages with array of musicians and performers; bocce ball tournament; stickball exhibition game; children's area. Also planned "Gesso Italian Chalk Painting Contest." 619-233-3898. Sunday, October 11, 10am; free. (LITTLE ITALY)

Middle-Eastern Drum and Belly-Dance Class Doumbek drumming class for all levels taught by Frank Lazzaro (6-7pm), followed by tribal belly-dance class taught by Sabrina Fox with live drumming (7-8pm). \$12 per class. 760-703-1487. Mondays, 6pm; \$12. WorldBeat Cultural Center, 2100 Park Boulevard. (BALBOA PARK)

### **Pacific Coast Skydiving**

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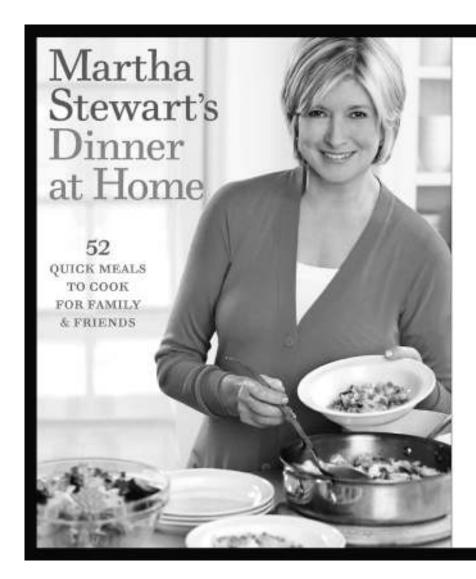
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### Calendar

Papel Picado Time Learn to make these cut-paper banners which have long been a staple of celebrations in Latin America and Mexico. Registration: 619-282-8708. Saturday, October 10, 1pm; \$15. 10 and up. Back from Tomboctou, 3564 Adams Avenue. (NORMAL HEIGHTS)

Rev It Up and Go! Fifth Avenue Auto Showcase 2009 promises free viewing "of luxury, high-performance automobiles ranging from the traditional classics to lavish modern vehicles" on Fifth Avenue (between E and Market Streets). While viewing cars along streets of Gaslamp Quarter, enjoy threecourse progressive dining experience of house specialties from Gaslamp Quarter restaurants (fee). Dining tickets: 619-233-5008, Sunday, October 11, noon, Gaslamp Quarter. (DOWNTOWN)

**Robots in Your Future?** Explore resources for all things robotic at Robotic Education Expo, during which Team X Robotics plans "chess throwdown" with human chess club. Presentations, exhibits (from Botball, First Robotics Competitions, iARoC, and Autonomous Underwater Vehicle Competition), SeaBotix, Wintriss

Technical School, Robo X Chess Team, more. In college's student center. 619-517-4288. Saturday, October 10, 9am; free. Cuyamaca College, 900 Rancho San Diego Parkway. (CUYAMACA COLLEGE)

Sacred Craft Consumer Surfboard Expo Expo brings "together all who love surfboards and all things surfboard." Expect "a sea of state-of-the-art surfboards, fins, and gear"; Tribute to the Masters Shape-off, a craftsman competition paying homage to legendary craftsman Dick Brewer in which competing shapers replicate a classic Brewer design; celebrity shaping, seminars by and for shapers, designers. 760-445-9770. Saturday, October 10, 10am; Sunday, October 11, 10am; free-\$5. Del Mar Fairgrounds, 2260 Jimmy Durante Boulevard, (DEL MAR)

Sweet Skulls! Maryann Luera and Ana Ibarra lead class, promising brief Day of the Dead history, symbolism of sugar skulls, and their use in altars. Learn basics of crafting and decorating sugar skulls; each student leaves with completed sugar skull. Required reservations: 619-280-8408. Thursday, October 8, 6pm; Saturday, October 10, 2pm; \$20. Vintage Religion, 3821 32nd Street. (NORTH PARK)

Sweets for the Dead Learn to make sugar skulls and decorate a skull (provided in class) during workshop covering this traditional Day of the Dead activity. Registration: 619-282-8708. Saturday, October 10, 11am; \$15. 8 and up. Back from Tomboctou, 3564 Adams Avenue, (NORMAL HEIGHTS)

Take the Haunted Trail This "all-outdoor haunted attraction," follows mile-long trail through twisted grove of pines and gnarled oaks. Closed Mondays and Tuesdays except October 26 and 27. 619-696-SCARE. Thursdays, 7pm; Fridays, 7pm; Saturdays, 7pm; Sundays, 7pm; Wednesdays, 7pm; through Saturday, October 31, \$14-\$24. 10 and up. Marston Point, Laurel Street at Sixth Avenue. (BALBOA PARK)

Tam Tam Mandingue! Drumming classes taught by Ali Thomas for beginning- and intermediatelevel drummers. Fee: \$40 for 4 classes; \$12 single class. Rental drums available for drop-ins. 619-825-9921. Thursday, October 8, 8pm; \$12-\$40. Well Within Traditional Healing Arts, 555 2nd Street.

Time to Scream! Del Mar "Scaregrounds" hosts annual Scream Zone, boasting "House of Horror" with rooms filled with "terrifying scenes and scares," haunted hayride through haunted barns on racetrack, and "the Chamber," promising "the largest spinning tunnel in San Diego." Call to confirm hours, open dates: 858-755-1161 x2855. Thursdays, 7pm;

Fridays, 7pm; Saturdays, 7pm; Sundays, 7pm; Mondays, 7pm; Tuesdays, 7pm; Wednesdays, 7pm; through Saturday, October 31, \$14-\$27. Del Mar Fairgrounds, 2260 Jimmy Durante Boulevard. (DEL MAR)

#### Torch-Worked, Etched, Fused...

All manner of items on offer during ninth annual patio show and sale hosted by Art Glass Guild and Art Glass Association of Southern California in studio 25, 619-702-8006. Saturday, October 10, 10am; Sunday, October 11, 10am; free. Spanish Village Art Center, 1770 Village Place. (BALBOA PARK)

Train Song Festival San Diego Folk Heritage event promises traditional music inspired by history and culture surrounding railroads. Enjoy performances by Trails and Rails, Baja Blues Boys, Ken Graydon, Tanya Rose, Patty Hall, others. Also planned: kids' railroad costume contest (12:30pm), train stories by Steve Gregory (3:45pm), train-related vendors. 858-668-4576. Saturday, October 10, 10am; free. Old Poway Park, 14134 Midland Road. (POWAY)

Ukes and Hula Ukulele Society of America gathers to play, teach ukulele. People hula as well. 760-729-4131. Thursdays, 6pm; free. Ocean House, 300 Carlsbad Village Drive. (CARLSBAD)

Velvet Cat Home Tour This year's tour offered by Fallbrook Woman's Club includes a 900-square-foot tree house built sometime in the 1920s, a Southwestern estate, an "upsidedown house," and a Mediterraneanstyle home. 760-728-6010. Saturday, October 10, 10am: \$15, Fallbrook Woman's Club, 238 West Mission Road, (FALLBROOK)

What Is Wrong with Congress? Can it be fixed? Consider topic

with P&R Discussion Group. 619-370-1027. Thursday, October 8, 7pm; free, Filter, 4096 30th Street. (NORTH PARK)

What's the "Hydroponic Wick Method"? Find out when Ag PALS lead workshop to help participants "Build a Sustainable Grow Box." Learn principles of applying hydroponics as a sustainable agriculture and landscape method, then set up grow box with fall veggies, herbs. Required advance registration: 760-436-3036 x206. Saturday, October 10, 9am; \$70-\$90. San Diego Botanic Garden, 230 Quail Gardens Drive.

#### Wolf Awareness Week 2009

Celebrate "recovery of the Yellowstone ecosystem" when Emmy Award-winning wildlife cinematographer Bob Landis premieres new footage, speaks about wolf behavior and its impact on Yellowstone National Park. Tickets: \$35 for noon program, \$80 for 4:30pm program. Required reservations: 619-234-WOLF. Saturday,

October 10, noon and 4:30pm; \$35-\$80. California Wolf Center, 18457 Tall Pine Road, (JULIAN)

#### CLASSICAL MUSIC

"Angelus Sacred Music Series"

Solo organ recital featuring Los Angeles-based artist Andrea Anderson in Founders Chapel, Founders Hall. 619-260-4171. Friday, October 9, 8pm; \$8-\$12. University of San Diego, 5998 Alcalá Park. (LINDA VISTA)

"Invisible Architecture" UCSD pianist Katalin Lukács performs pieces by Sciarrino, Liszt, and UCSD composer Philippe Manoury. 858-534-3229. Thursday, October 8, 8pm; free. Conrad Prebys Music Center at UCSD, Russell Lane at Gilman Drive. (LA JOLLA)

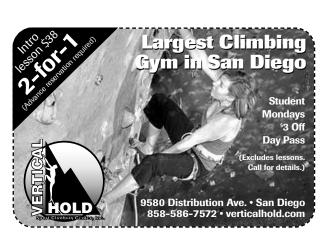
"The French Harpsichord"

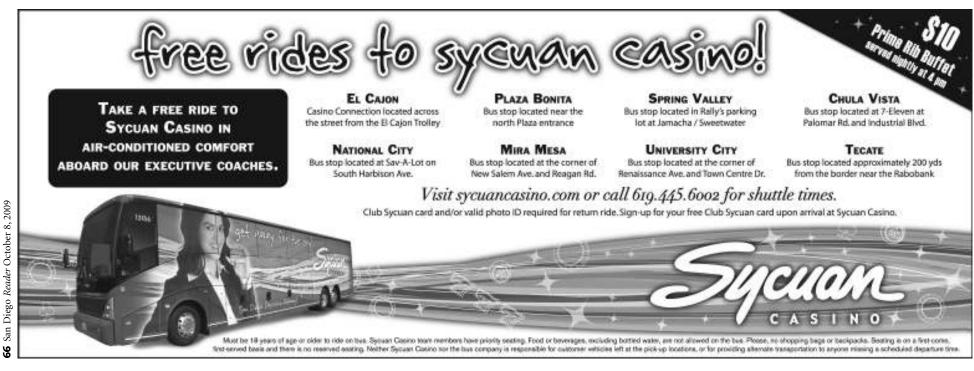
Blandine Rannou plays selections by Louis, Française and Armand-Louis Couperin, Forqueray, and Balbastre on harpsichord for San Diego Early Music Society. 619-291-8246. Friday, October 9, 8pm; \$10-\$22. The Congregational Church of La Jolla, 1216 Cave Street. (LA JOLLA)

"Young Composers" New music from Nathan Singhapok and Jesse Mandapat in Recital Hall, honoring students in composition









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Lobster Bob (Seaside stage) 4:00 \* Emcee Jose Sinatra presides \*



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6am - 6pm (or OB time)

in UCSD's department of music. 858-534-3229. Friday, October 9, 8pm; free. Conrad Prebys Music Center at UCSD, Russell Lane at Gilman Drive. (LA JOLLA)

Classical Music for the Family Soprano Mariko Kanamitsu, pianist Mizue Shapiro, cellist Takashi Kiyoizumi perform trios by Handel, Schubert, Bernstein, and Previn; duets for cello and piano by Piazzolla and Chopin; and several pieces for soprano and piano for family music program. 858-522-1668. Wednesday, October 14, 7pm; free. Carmel Valley Library, 3919 Townsgate Drive. (CARMEL VALLEY)

Harpsichord Concert Harpsichordist Mary Barringer performs for mini-concert series. Bring your lunch! 858-454-5872. Monday, October 12, noon; free. Lyceum Theatre, 79 Horton Plaza. (DOWNTOWN)

Here's to Handel Alison Luedecke (continuo organ) and Victoria Martino (violin) honor the 250th anniversary of death of George Frederic Handel, performing some of Handel's sonatas on a one-of-akind, custom-made continuo organ. 858-454-5872. Sunday, October 11, 2pm; \$20-\$25. Athenaeum Music and Arts Library, 1008 Wall Street. (IA JOLLA)

#### DANCE

**"Belly Dance Nights"** Belly dance showcase featuring Sabrina, Dilek, Heather, Maha Dansuri. Live drumming by Frank Lazzaro and Cairo Beats. 619-282-0437. Wednesday, October 14, 9pm; \$5. Lestat's Coffee House, 3343 Adams Avenue. (NORMAL HEIGHTS)

"Surface Tension" Malashock Dance presents "short pieces that are both physically challenging and emotionally arousing." Program includes After Dust, Apologies from the Lower Deck, and Wayward Glances. 619-544-1000. Saturday, October 10, 8pm; Sunday, October 11, 7pm; \$14-\$28. Lyceum Theatre, 79 Horton Plaza. (DOWNTOWN)

Ballroom and Latin Dance Classes Classes meet for ballroom dance (7pm), Latin dance (8pm). Beginners welcome. Fee: \$10 per single class, \$8 if paid monthly. 858-248-0593. Tuesdays, 7pm; \$8-\$10. California Center for the Arts, Escondido, 340 North Escondido Boulevard. (ESCONDIDO)

**Bedouin Bazaar** Belly-dancing convention with belly dancing, live music, vendors. Seminars in "Turkish Oriyantal Tanzi," zill combos, Gypsy fusion (\$40). Live music with John Bilezikjian and the Bedouin Bazaar Band. Tickets: \$12 per day, \$20 both days. 619-757-3308. Saturday, October 10, 11am; Sunday, October 11, noon; \$12-\$20. Al Bahr

Shrine Center, 5440 Kearny Mesa Road. (KEARNY MESA)

**Cajun and Zydeco Dancing** Zydeco lesson and dance. Beginners' dance lessons at 7pm; open dancing to recorded tunes 8pm. 619-857-8409. Tuesdays, 7pm; \$5. Tio Leo's, 5302 Napa Street. (LINDA VISTA)

Dance Like No One Is Watching DanceJam hosts "barefoot boogies" every Friday. Contact improvisation classes on second and fourth Friday (8-9pm); improvisational jams with live music and dancers on first and third Fridays. DJs spin dance mixes 9-midnight. Fee: \$10 for class/jam and barefoot boogie; \$5 for barefoot boogie before 9:30pm, \$7 for after 9:30pm. 760-758-8270. Fridays, 8pm. Eveoke Dance Theatre, 2811 University Ave., Suite A. (NORTH PARK)

Fall Studio Showing Take in "A Mexico City Preview" presented by Jean Isaacs San Diego Dance Theater, choreographed by Isaacs; danced by principal company dancers Annie Boyer, John Diaz, Bradley Lundberg; and joined by Erica Nordin Ruse from San Francisco. Show will be performed at Teatro de la Danza in Mexico City in mid-October. 619-225-1803. Monday, October 12, 8pm; \$15. Dance Place San Diego in NTC Promenade, 2650 Truxtun Rd., Suite 108. (POINT LOMA)

**Firehouse Swing Matinee** Warm up with DJ'ed swing music (3:30-4pm). Beginning swing lesson (4-4:30pm), followed by swing and jazz standards from Beston

Barnett and the Zzymzzy Quartet (4:30-7pm). Swing dance contest with winners awarded tickets to Big Bad Voodoo Daddy show (October 23). 858-395-6060. Sunday, October 11, 3:30pm; \$8-\$10. 21 and up. Belly Up Tavern, 143 South Cedros Avenue. (SOLANA BEACH)

Hustle Dance Party Hustle workshop for intermediate/advanced dancers with Melanie Dawson (\$10 members, \$15 nonmembers). Hustle dance party follows 8pm-midnight (\$5 members, \$7 nonmembers), with beginner lesson 8-8:30pm (included in admission). 760-803-9982. Saturday, October 10, 7pm; \$5-\$15. Dance North County, 535 Encinitas Blvd., Suite 100. (ENCINITAS)

Time to Swing Dance! Firehouse swing school's classes include "Lindy Hop 1b" instruction with Giselle and Nelson focusing on six-count basics; and "Lindy 2" routines with Joel and Emily (7-8pm). Class fee includes admission to Firehouse swing dance (8-11:30pm) with music by DJ Jack Pham. Fee: \$15 per class or \$50 for four weeks. Dance only: \$8 general, \$5 students. All ages. 858-395-6060. Wednesdays, 7pm; through Wednesday, October 28, \$15-\$50. Firehouse Swing Dance, at San Diego Woman's Club: 2557 Third Avenue. (BANKER'S HILL)

West Coast Swing and Country Dance Party DJ plays West Coast swing, country and western two-step, night club music, and requests for singles, couples. Dance lesson 8pm; open dancing 8:30-10:30pm. First time is free. 619-275-3533. Saturday, October 10, 8pm; \$4-\$7. Pattie Wells' Dance-

time Center, 1255 West Morena Boulevard. (BAY PARK)

#### FILM

"Art:21 — Art in the Twenty-First Century" Sneak preview of fifth season of PBS series. See episode 2: "Fantasy" (6:30pm) and episode 3: "Transformation" (8pm). Informal discussion led by Kara Leen following each episode. Required reservations: 760-436-6611. Thursday, October 8, 6:30pm and 8pm; free. Lux Art Institute, 1550 South El Camino Real. (ENCINITAS)

13 Most Beautiful "Pop art icon Andy Warhol settled his cool cinematic gaze on a baker's dozen of willing subjects," including Nico, Lou Reed, Edie Sedgwick, Dennis Hopper. Dean and Britta (of Luna) provide live music to accompany these screen tests, shot between 1964 and 1966 at Warhol's Factory. 858-534-TIXS. Friday, October 9, 8pm and 10pm; \$26. The Loft, 9500 Gilman Drive. (LA JOLLA)

Buongiorno, Notte (Good Morning, Night) Marco Bellocchio's 2003 film is based on true story of 1978 kidnapping of Aldo Moro by Brigate Rosse (Red Brigades). Film Forum screening in Italian with English subtitles. 619-236-5800. Monday, October 12, 6:30pm; free. San Diego Public Library, 820 E Street. (EAST VILLAGE)

Loose Change 9/11: An American Coup Documentary screening of film "that tears down the official narrative" hosted by 9/11 Truth. Writer, director Dylan Avery answers questions after film. Donation. 619-222-2120. Sunday, October 11, 6:30pm. Joyce Beers Community Center, 4065 Vermont Street. (HILLCREST)

Motorcycle Diaries International Film Series continues with story of Ché Guevara, who motorcycled across South America with his friend Alberto Granado in 1951-52; odyssey crystallized Guevara's budding revolutionary beliefs. Screening takes place in room 204; film repeats at 7pm on Oceanide campus in room 3601. 760-944-4449 x7758. Friday, October 9, 1pm; free. MiraCosta College San Elijo Campus, 3333 Manchester Avenue. (CARDIFF)

My Dear Enemy This 2008 South Korean film from Tribeca Film Festival screens for ArtPower! Film series. 858-534-TIXS. Tuesday, October 13, 8pm; \$8. The Loft, 9500 Gilman Drive. (LA JOLLA)

The Color of Freedom Joseph Fiennes and Dennis Haysbert star in this film telling story of a white prison guard who helped incarcerate Nelson Mandela for 27 years. Free popcorn. 858-581-9637. Wednesday, October 14, 7:30pm; free. 17 and up. North University Community Library, 8820 Judicial Drive. (UNIVERSITY CITY)

The Wedding Singer "Dive-in theatre" combines "eclectic film choices," food, drink, light conversation at hotel's poolside lounge and theater (outdoors). Reservations: 619-226-6100. Wednesday, October 14, 8pm; free. Pearl Hotel, 1410 Rosecrans Street. (POINT LOMA)

Why Worry? Silents on Sundays series curated by Kelle Anzalone continues with films from 1923 including *Rythmus 23*. Catch flick in Seuss Room. 858-834-8074. Sunday, October 11, 7pm; free. UCSD Arts Library, Geisel Library, 9500 Gilman Drive. (LA JOLLA)

Zuo You (In Love We Trust)
This 2007 tale of love, loyalty, and responsibility among China's middle class by Xiaoshuai Wang screens
— in Mandarin with English subtitles — for Sunday Matinee series.
619-236-5800. Sunday, October 11,
2pm; free. San Diego Public Library, 820 E Street. (EAST VILLAGE)

**Celebrate the Spooky** See *Coraline* when Carlsbad Library film series continues. Evenings include prefilm (5:30pm) and postfilm discussions. 760-602-2026. Wednesday, October 14, 5:30pm; free. Schulman Auditorium at Carlsbad City Library, 1775 Dove Lane. (CARLSBAD)

### FOOD & DRINK

Oktoberfest Beer and Cheese, Week II Beer and cheese tasting boasts "world-class beers and fine hand-crafted artisan cheeses." Tom Nickel and George Palmer discuss each pairing, offer background on featured beer and cheese. 858-715-1745. Sunday, October 11, 6:30pm;



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\$40. O'Brien's Pub, 4646 Convoy Street. (KEARNY MESA)

What's Cooking? Culinary arts students host five-course dinners in Culinary Arts patio dining area near student center. Dinners include appetizer, intermezzo, entrée, dessert, coffee service; vegetarian meals available. Dinners are fundraisers for students to compete in state and national culinary competitions, as well kitchen maintenance, equipment, supplies. Reservations: 619-644-7550 or 619-644-7549. Thursdays; through Thursday, November 5, \$15, Grossmont College, 8800 Grossmont College Drive. (EL CAJON)

Wine and Food Festival
Restaurant and winery showcase
sponsored by San Diego Coastal
Chamber of Commerce and
Solana Beach Chamber of Commerce. Tickets: 858-755-4844.
Thursday, October 8, 5:30pm; \$50.
Hilton Del Mar, 15575 Jimmy Durante Boulevard. (DEL MAR)

#### FOR KIDS

"An Unscary Story" Millie Patterson's Weaver's Tales present Witches Brew, a Halloween tale told with hand puppets. 619-544-9203. Wednesday, October 14, 10am and 11:30am; \$3-\$5. Marie Hitchcock Puppet Theatre, 2130 Pan American Road West, (BAL ROA PARK)

"Green Skills for Life" Environmentally themed family day promising range of activities to help children learn skills to help save money, energy, the environment. Exhibitors presenting hands-on activities include Sally Ride Science, San Diego Zoo, San Diego Natural History Museum, Reuben H. Fleet Science Center, Sierra Club, San Diego Junior Theatre, Rerip surfboards. Up to 3 kids under age 12 are free with paid adult admission (\$15). 619-234-8291. Saturday, October 10, 10am. San Diego Air and Space Museum, 2001 Pan American Plaza. (BALBOA PARK)

"Seeing Spots and Stripes"
Take bus tour of zoo, on lookout for zebra stripes, giraffe spots, other animal patterns. Make spots and stripes cookies, hear Ziggy the Zebra story. Fee does not include admission to zoo. Required reservations: 619-557-3969. Friday, October 9, 6:30pm; \$12. 3 and up. San Diego Zoo, 2920 Zoo Drive, (BALBOA PARK)

(Lego) Luke, I Am Your Father! Put on your Star Wars costume (if you have one) and enjoy "all things Lego Star Wars." On tap: visits by Star Wars characters, costume contest, activities, food, more, all in celebration of launch of DK's LEGO Star Wars: The Visual Dictionary. 858-454-0347. Saturday, October 10, 2pm; free. Warwick's Bookstore, 7812 Girard Avenue. (LA JOLLA)

**Snow White and the Seven Dwarfs** You're invited to shows by
Gaston's Puppets. 619-544-9203.
Thursday, October 8, 10am and
11:30am; Friday, October 9, 10am

and 11:30am; Saturday, October 10, 11am, 1pm and 2:30pm; Sunday, October 11, 11am, 1pm and 2:30pm; \$3-\$5. Marie Hitchcock Puppet Theatre, 2130 Pan American Road West. (BALBOA PARK)

**All Aboard!** Chula Vista Live Steam Club provides train rides. Donation: 50 cents. Children under 48" must be accompanied by an adult. 619-421-5227. Saturday, October 10, noon; free. Rohr Park, 4548 Sweetwater Road. (BONITA)

Bats: Frightful Faces! Preschoolers (2-5) and parents learn fun facts, take short hike, make craft during Ant-Sized Adventures led by Linda Hawley. 619-582-6261. Thursday, October 8, 10am; Friday, October 9, 10am; Monday, October 12, 10am; Tuesday, October 13, 10am; Tuesday, October 14, 10am; free-\$5. 2 and up. Mission Trails Regional Park, One Father Junípero Serra Trail. (SAN CARLOS)

Dreams Do Come True! Disney on Ice presents "Princess Classics," combining "exceptional moments" from Disney's Cinderella, Aladdin, The Little Mermaid, Sleeping Beauty, Beauty and the Beast, Mulan, and Snow White and the Seven Dwarfs. Tale of triumph against evil is told through eyes of seven princesses. 619-220-TIXS. Thursday, October 8, 7:30pm; Friday, October 9, 11am and 7:30pm; Saturday, October 10, 11am, 3:30pm and 7:30pm; Sunday, October 11, 1:30pm and 5:30pm; \$17-\$53. San Diego Sports Arena,

3500 Sports Arena Boulevard. (MIDWAY DISTRICT)

**Early Ecologist** Budding naturalists invited to preschool story time. "Enjoy an imaginative journey into nature through dynamic readings and visits to exhibitions." Recommended for ages 1-5. Included in museum admission (\$13 adults, \$7 children). 619-255-0203. Thursday, October 8, 11am. San Diego Natural History Museum, 1788 El Prado. (BALBOA PARK)

Make and Fly Foam and Balsa Gliders During family science day. Sessions last 45 minutes, included in paid admission. Reservations: 619-234-8291 x19. Saturday, October 10, 2:30pm; free-\$15. San Diego Air and Space Museum, 2001 Pan American Plaza. (BALBOA PARK)

Story Time with Marie Story program in French. Children must be accompanied by parent. Donation. 858-550-0144. Wednesday, October 14, 10:30am. Alliance Française de San Diego, 6640 Lusk Boulevard Suite 104. (SORRENTO VALLEY)

**Teen Art Café** Teen artists invited to meet other teen artists, take part in art-making activities in conjunction with "Calder Jewelry" exhibition. 619-232-7931. Monday, October 12, 6pm; free. San Diego Museum of Art, 1450 El Prado. (BALBOA PARK)

**Tots and Tales** Interactive story time for preschoolers with crafts and animals. Reservations: 619-243-3432. Tuesday, October 13,





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Bachelor of Science in Construction Management
Master of Landscape Architecture

8

### Calendar

10:30am; \$3. San Diego Humane Society and SPCA, 5500 Gaines Street. (LINDA VISTA)

#### GALLERIES

"Agitprop: Brain Trust" Closing reception for Agitprop, moving "into a new phase of agitation and propaganda by illustrating some of the work it has done in the past and asking you to participate in future projects by being part of a 'brain trust.' " View installation addressing social economics, art markets, commodities trading, and community engagement through Sunday, October 11. 619-384-7989. Saturday, October 10, 6pm; free. Art Produce Gallery, 3139 University Avenue. (NORTH PARK)

"Art of Nature" Reception for exhibit by 22 PhotoArts Group members. Through Friday, November 6. 760-480-4101. Saturday, October 10, 5:30pm; free. Inner-Space Gallery, 262 East Grand Avenue. (ESCONDIDO

"Image-in Project, Bali" Reception, auction for photographic images taken by underprivileged children in Southeast Asia. "Image-in Project travels to underdeveloped regions with gathered resources, including donated digital cameras, to provide orphaned and/or abandoned children with the opportunity to experience the artistic and creative art of photography." 760-230-2680 or 817-235-2404. Saturday, October 10, 7pm; free. Andrews Gallery, 1002 N. Coast Hwy. 101. (LEUCADIA)

"Legend" Opening reception for exhibition of work by Anjela Piccard, who "slathers paint deep into the canvas, as thick and delicious as a dulce de leche coating." Wow! Artists reception follows on October 10. Through October. 619-2979663. Thursday, October 8, 7pm; Saturday, October 10, 7pm; free. Planet Rooth Gallery, 3811 Ray Street. (NORTH PARK)

"Nature's Bounty" Reception for Maryellene Deason and Carole Mathios, whose exhibition of paintings in oil, acrylic, mixed media is on display through Thursday, October 15, in Gallery 23. 619-232-3522. Saturday, October 10, 1pm; free, Spanish Village Art Center, 1770 Village Place. (BALBOA PARK)

"Striptease" Opening reception for exhibition with work by seven artists "focusing on the beautiful female through a variety of interpretations of the burlesque/pinup theme." Guests encouraged dress in burlesque style; prize for best dressed! Closes Saturday, December 5. 760-781-5779. Saturday, October 10, 6pm. Distinction Gallery, 317 East Grand Avenue. (ESCONDIDO)

"Super Fun" Opening reception for exhibit of work by artist Tony Larson. 858-792-9685. Saturday, October 10, 6pm; free, Project X: Art, 320 South Cedros Avenue. (SOLANA BEACH)

**Pre-Katrina Paintings** Opening reception for artist Judith Iarcho. displaying paintings from her New Orleans series created before Hurricane Katrina hit. Through Saturday, November 28. 619-462-5760. Friday, October 9, 6pm; free. Gallery La Mesa, 8808 La Mesa Boulevard. (LA MESA)

#### **IN PERSON**

"A Night of Comedy and Wine" Comedy show with headliner Tom Segura, feature act Eddie Pence, host Mal Hall benefiting Leukemia and Lymphoma Society. 619-892-0637. Thursday, October 8, 7pm; \$20. 21 and up. Candelas, 416 Third Avenue, (DOWNTOWN)

"Global Spirit" Oceanside Music Festival hosts liturgical and world folk music performed by Saint John of Damascus Orthodox Church Choir, North Coast Youth Singers Chorus, Eastern European folklore music by Zhena Folk Chorus. Offering. 760-433-3632. Sunday, October 11, 2pm. Saint Mary, Star of the Sea Parish, 609 Pier View Way. (OCEANSIDE)

"Rhythm and Jazz" Oceanside Music Festival continues with concert by the Blues Pharaohs, Frequency Vocal Jazz Ensemble, and Will Sumner. Family pass: \$25.760-433-3632. Friday, October 9, 7pm; \$10-\$15. Sunshine Brooks Theatre, 217 N. Coast Hwy. (OCEANSIDE)

"Scared Sh\*tless" "So Sav We All" convenes for "multimedia extravaganza about surprising, hilarious, heartbreaking, and pantssoiling stories about sheer unmitigated terror!" How can you resist? 801-330-4491. Monday, October 12, 9pm; free, Whistle Stop Bar, 2236 Fern Street. (SOUTH PARK)

Back in Charge! Clinical psychologist, author Dr. Adrianne Ahern discusses and signs her new Guide to Harnessing the Magic of Your Brain to Create the Life You'll Love. 858-454-0347. Wednesday, October 14, 7:30pm; free. Warwick's Bookstore, 7812 Girard Avenue. (LA JOLLA)

Farber on Film Artist Manny Farber was considered by many to have reinvented film criticism with his unusual, pointed prose; while pursuing art full-time, he worked as a film critic from 1940 until late 1970s. Scholar, editor Robert Polito and Farber's wife and collaborator Patricia Patterson discuss The Complete Film Writings of Manny Farber. 858-456-1800. Friday, October 9, 7pm; free. D.G. Wills Books, 7461 Girard Avenue, (LA JOLLA)

The Ninth Daughter Historical mystery author Barbara Hamilton signs, discusses her new book. 858-268-4747. Sunday, October 11, 2pm; free. Mysterious Galaxy Books, 7051 Clairemont Mesa Blvd., Suite 302. (KEARNY MESA)

Boo the Villain, Cheer the Hero! Time for Julian Triangle Club's annual old-time melodrama and olio, a comedy loosely based

upon Julian history entitled Flume of Doom, or One Slip Was to Be Her Downfall. Between acts, enjoy an "olio" (variety show) featuring local talent with guitar and dulcimer players, singers, junior cancan dancers, and (in)famous Iulian Floozies, 760-765-1857, Fridays, 7:15pm; Saturdays, 1:15pm and 7:15pm; Sundays, 1:15pm; through Sunday, October 25, free-\$10. Julian Town Hall, 2129 Main Street. (IULIAN)

Celebrity Sonnets Educators, dancers, musicians, actors, authors "bring Shakespeare's sonnets to life" for San Diego Shakespeare Society and you. 619-675-2007. Monday, October 12, 7:30pm; \$10-\$20. The Old Globe Theatre, 1363 Old Globe Way. (BALBOA PARK)

Comedy on the Crest Improv sketch comedy show by members of Comedy Under Construction. 858-550-8088. Wednesdays, 8pm; through Wednesday, November 18, \$5. 14 and up. Café Libertalia, 3834 Fifth Avenue. (HILLCREST)

**Cropper Writers Series** Bharati Mukherjee, author of The Middleman and Other Stories, winner of 1988 National Book Critics Circle Award, reads from her work for series. Mukherjee is distinguished professor of English at UC Berkeley, and National Endowment for the Arts Award recipient. 619-260-4783. Friday, October 9, 7pm; free. Joan B. Kroc Institute for Peace and Justice, University of San Diego, 5998 Alcalá Park. (LINDA VISTA)

**Hinges Improv Comedy Show** Enjoy "Prime Time" show, an homage to fall television shows, "and whatever crazy silliness you bring in your suggestions." Troupe performs series of sketches based upon audience suggestions. Los Angeles entertainers Steve Greene and Jason Horton perform. DJ spins tunes at after party (10pmmidnight), 619-414-7723, Saturday, October 10, 8pm; \$8-\$10. 21 and up. Queen Bee's Art and Cultural Center, 3925 Ohio Street. (NORTH PARK)

Horror, Thrills, Suspense! Authors Sarah Langan (Audrey's Door), Rhodi Hawk (The Twisted Ladder), and Alexandra Sokoloff (The Unseen) discuss and sign their books, 858-268-4747, Saturday, October 10, 2pm; free. Mysterious Galaxy Books, 7051 Clairemont Mesa Blvd., Suite 302, (KEARNY MESA)

Laugh It Up "Aaaah...Sh!t Comedy Show" hosted by T'Shaun Barrett, presented by Real West Entertainment every other Wednesday. Free admission for those on guest list (RealWestEntguestlist@yahoo. com). 760-433-8850. Wednesday, October 14, 9pm; \$10. 21 and up. Beachside Grill, 215 N. Coast Hwy. 101. (OCEANSIDE)

Liquid Bells Tibetan Bowl Concert "Damien Rice has completely devoted his life to working with sound vibration as a revealing and healing source of spiritual experience." Vibrations from the 20 Tibetan bowls "take you into a place of deep relaxation and meditation." 619-640-4438. Saturday, October 10, 8pm; \$15. Pilgrimage of the Heart Yoga, 3301 Adams Avenue. (NORMAL HEIGHTS)

#### **Russia's Greatest Living Poet!**

Poet, literary legend Yevgeny Yevtushenko - who has written novels, memoirs, made movies - will discuss his work (in English) and read his poems (in the original Russian). Professor Martha Andresen will read translations of the poems in English. Books available for purchase, signing. 760-602-2012. Thursday, October 8, 7pm; free, Schulman Auditorium at Carlsbad City Library, 1775 Dove Lane (CARLSBAD)

**Sound Meditation Concert** Sarasvati's Dream, Tibetan bowl, and Chiron gong concert by Diane Mandle, who "weaves harmonics of sacred sound." 619 338-9642. Saturday, October 10, 6pm; \$20-\$25. 12 and up. Ginseng Yoga, 2985 Beech Street. (SOUTH PARK)

The Gelato Poetry Series Una Nichols Hynum reads her poetry followed by open-mike perform-

ances. 760-434-1240. Friday, October 9, 7pm; free. Korky's Ice Cream and Coffee, 2375 San Diego Avenue. (OLD TOWN)

Treasure for Pet Lovers Inspired by his new books — A Treasury for Dog Lovers and A Treasury for Cat Lovers - Richard Lederer will share wit and wisdom about our most popular pet companions. Books available for purchase, signing, 760-602-2012, Tuesday, October 13, 7pm; free, Schulman Auditorium at Carlsbad City Library. 1775 Dove Lane. (CARLSBAD)

Why Are Emotions Contagious? UCSD political science professor James H. Fowler divulges the answer to this question, and discusses and signs his new book, Connected: The Surprising Power of Our Social Networks and How They Shape Our Lives. 858-454-0347. Thursday, October 8, 7:30pm; free. Warwick's Bookstore, 7812 Girard Avenue. (LA JOLLA)

#### **LECTURES**

"Climate Conversations" Examine "Climate Change and Predication" during talk hosted by João Teixeira of Jet Propulsion Laboratory, who highlights major climate changes currently taking place in Earth's climate. Utilization of climate models to predict the future of climate explained in detail. Series moderated by Naomi Oreskes of UCSD. 619-238-1233. Wednesday, October 14, 5:30pm; free. Reuben H. Fleet Science Center, 1875 El Prado. (BALBOA PARK

"Development: Creating Sustainable Justice" "Is Health a Human Right?" Panelists from USD Hahn School of Nursing and Health Sciences address experiences from international missions on October 8 (4-5:30), at Joan B. Kroc Institute for Peace & Justice.

Keynote speaker is global health advocate Paul Farmer, October 8 (7pm). Lecture is sold out, but overflow seating will be offered at Joan







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B. Kroc Institute for Peace & Justice to watch live broadcast via closedcircuit television. 619-260-4206. Thursday, October 8, 4pm and 7pm; free. University of San Diego, 5998 Alcalá Park. (LINDA VISTA)

"Everyone Is an Athlete" Fitness trainer Paul Chek discusses obstacles "that need and can easily be overcome in training and conditioning any type of person." Paraplegic athlete Briana Walker explains her desire to "Dance Anyway"; she is training with C.H.E.K. Institute to climb Mt. Kilimanjaro in January 2010. Donation: \$25, benefiting Fit 4 Kili Climb Project. 800-552-8789. Friday, October 9, 8pm. Carlsbad Village Theatre, 2808 State Street. (CARLSBAD)

#### "How to Get Thousands of Dollars of Free Money for College" Workshop divulging information "regardless of your income level or how good a student you have been."

Pizza provided. 760-438-9095. Thursday, October 8, 7:15pm; free. Round Table Pizza, 1161 East Washington Street, (ESCONDIDO)

#### "Latina Success Conference — Mujeres Con Exito 2009"

MANA de San Diego hosts workshops on topics including housing, finance, jobs, leadership, health. Registration: 619-297-0115. Wednesday, October 14, 7:30am; \$30. 17 and up. Joan B. Kroc Institute for Peace and Justice, University of San Diego, 5998 Alcalá Park. (LINDA VISTA)

#### "Memory, Longing, Desire" UCSD visual art professor Ernest

Silva talks about his painting and sculpture for Bronowski Art and Science Forum, offering "a format for intellectual discourse on the commonalities of art and of science." 858-442-3030. Thursday, October 8, 7pm; free. Burnham Institute for Medical Research, 10905 Road to the Cure. (LA JOLLA)

"New Discoveries in Deep-Sea Animal Diversity" Scripps biological oceanographer Greg Rouse unveils latest findings on some of the ocean's most intriguing and least-studied creatures for "Perspectives on Ocean Science Lecture Series." Learn about sophisticated tools oceanographers use to understand evolution of life in ocean. Reservations: 858-534-5771. Monday, October 12, 6:30pm; \$5-\$8. Birch Aquarium at Scripps, 2300 Expedition Way. (LA JOLLA)

#### "Now Is the Time to Plant!"

Designer Jan Tubiolo shares secrets of proper planting techniques and teaches why now is the time to plant water-smart gardens. 619-660-0614 x10. Wednesday, October 14, 6pm; \$20-\$30. Water Conservation Garden, 12122 Cuyamaca College Drive West. (CUYAMACA COLLEGE)

"Petition and Protest in Authoritarian Egypt" Over past 15 years, Egyptian citizens have been increasingly resorting to courts, street protests to demand citizenship rights. What explains rise of street protest, legal mobilization in contemporary Egypt? Mona El-Ghobashy, assistant professor in department of political science at Barnard College, focuses on this question in Eleanor Roosevelt Col-

# MISSION VAL



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### Calendar LOCAL EVENTS

lege (ERC) Administration Building room 115. Registration: 858-822-5297. Thursday, October 8, 4pm; free. University of California San Diego, 9500 Gilman Drive. (LA JOLLA)

"Photography, Post-Witnessing, and the Holocaust" CSU San Marcos faculty member, Holocaust scholar Andrea Liss examines topics from her recently published book, *Trespassing Through Shadows*, shedding light on "process by which we remember the Holocaust and the critical role that photographs play in stirring and shaping our memory." 760-435-3720. Thursday, October 8, 6:30pm; free-\$5. Oceanside Museum of Art, 704 Pier View Way. (OCEANSIDE)

"Seeds of Success" Brian Endress focuses on "Securing San Diego's Incredible Plant Diversity" during talk for San Diego Horticultural Society. Endress is from San Diego Zoo's Institute for Conservation Research. Plant forum follows. 760-295-7089. Monday, October 12, 6pm; free-\$5. Surfside Race Place at Del Mar Fairgrounds, 2260 Jimmy Durante Boulevard. (DEL MAR)

"Solar/Sustainable Energy Plans and Rebates for Chula Vista Residents" City of Chula Vista's Department of Conservation and Environmental Services director Michael Meacham and others discuss options available for Chula Vista residents and the city's recent and upcoming efforts, during Northwest Civic Association's monthly town hall meeting. 619-307-3460. Monday, October 12, 6pm; free. Jimmy's by the Park Restaurant, 333 Third Avenue. (CHULA VISTA)

"Space Race Triumphs and Tragedies" Francis French, director of education at San Diego Air and Space Museum, commemorates 40th anniversary year of first moon landings with details of human achievements by both USA and Soviet Union. Talk for LIFE learning group in room 1068 starts at 1pm. Celebrate "Leif Erikson Day at LIFE" when Roy W. Tobin discusses first recorded Nordic explorer to have visited New World, technical aspects of open-ocean voyaging of Viking Age (2:30pm). 760-721-8124. Friday, October 9, 1pm; free. MiraCosta College, One Barnard Drive. (OCEANSIDE)

"The Karmic Code" Professional astrologer Dennis Harness explains "Exploring Our Spiritual DNA through Vedic Astrology" for San Diego Astrological Society. 619-307-1636. Friday, October 9, 7:30pm; \$6-\$12. Joyce Beers Community Center, 4065 Vermont Street. (HILLCREST)

"The Magic of Turning Underwear Into Outerwear" San Diego Creative Stitchery Guild gathers for lecture and trunk show by Bonnie Cady, who will demonstrate "how to take your undies and make them beautiful outerwear." 619-993-0599. Monday, October 12, 6:30pm; free. Al Bahr Shrine Center, 5440 Kearny Mesa Road. (KEARNY MESA)

"The New CD Entertainment Summit" Event to "educate artists, labels, producers, songwriters, and other members in the entertainment industry," with many panel discussions planned. 619-567-3413. Saturday, October 11, 9am; Sunday, October 11, 9am; \$75. Hilton Del Mar, 15575 Jimmy Durante Boulevard. (DEL MAR)

"Van Gogh and Cézanne" Art history lecture series with Linda Blair focusing on "the art, the meaning of art in their lives, and the possible relationship between their burdened personalities and the art they produce." Registration: 858-454-5872. Tuesdays, 7:30pm; through Tuesday, October 13, \$12-\$17. Athenaeum Music and Arts Library, 1008 Wall Street. (LA JOLLA)

What's New at Ancestry. com? Randy Seaver examines this "popular subscription genealogy website which is available free at many public libraries" for Computer Genealogy Group of North San Diego County Genealogical Society. Nonmembers welcome. 760-967-8635. Tuesday, October 13, 10am; free. Carlsbad City Council Chambers, 1200 Carlsbad Village Drive.

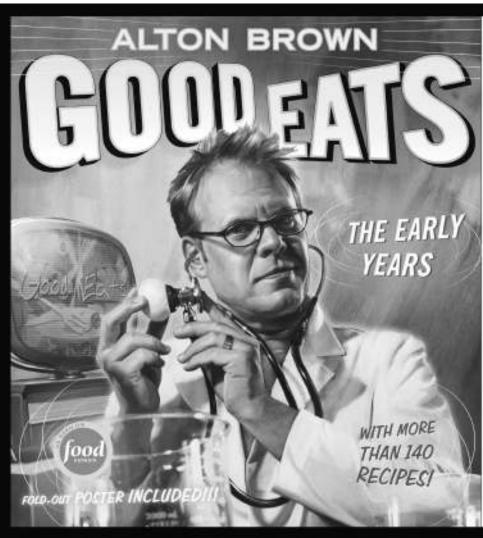
**AIDS/HIV Education** Medical library faculty from Pacific College of Oriental Medicine lead instruc-

tional workshop to teach patrons skills to access information about HIV/AIDS online. Learn to use widely available and authoritative online resources to answer questions about HIV/AIDS, gain information about clinical trials, current treatment and guidelines, alternative therapies, FDA-approved and investigational drugs, other news. 619-527-3405. Wednesday, October 14, 6pm; free. Malcolm X Library, 5148 Market Street. (VALENCIA PARK)

Art Biz! Professional Artist Lecture Series continues when Laurie Ramsey of SCORE San Diego presents "Learn What It Takes to Start Your Art Business." 619-236-0011. Wednesday, October 14, 6pm; \$5-\$10. San Diego Art Institute: Museum of the Living Artist, 1439 El Prado. (BALBOA PARK)

Banish Stress of the Collegiate Variety! College Assistance Plus offers workshop entitled "How to Take the Stress Out of Planning and Paying for College" for parents of college-bound students. RSVP: 858-395-6125. Saturday, October 10, 10:30am; free. Encinitas Community and Senior Center, 1140 Oak Crest Park Drive.

Early San Diego Conference Take in panel discussions on Spanish and Mexican history of San Diego by descendants of Old Town's pioneers, local historians. Entertainment, exhibits. 619-709-2062. Saturday, October 10, 8:30am; free. Old San Diego Cultural/His-



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### **ALTON BROWN**

at a book signing of GOOD EATS THE EARLY YEARS

Saturday October 17 • 11 a.m.



2345 Fenton Pkwy. San Diego, CA 92108

FOR COSTCO MEMBERS ONLY

torical Program Headquarters, 3939 Conde Street. (OLD TOWN)

Every Drop Counts! Bill Toone, Ecolife Foundation executive director, shares options for rainwater harvesting for homeowners. Learn about current and future water scarcity issues on local, national, global levels. Registration: 619-660-0614 x10. Saturday, October 10, 10am; \$20-\$30. Water Conservation Garden, 12122 Cuyamaca College Drive West. (CUYAMACA COLLEGE)

**Extreme Entrepreneurship** Tour National collegiate entrepreneur tour featuring many young entrepreneurs who made their mark before age of 30, as well as successful local businesspeople. Workshop is designed to provide inspiration, practical advice for emerging entrepreneurs, students. Keynote speakers: Raj Lahoti and Shira Lazar. Panel discussion with local entrepreneurs Ralph Rubio and MiraCosta student Mary Tamsin Thoren, winner of the spring 2009 Young Entrepreneur's Project (YEP). Lunch served. Registration: 760-331-3173. Wednesday, October 14, 11am; free. MiraCosta College, One Barnard Drive. (OCEANSIDE)

Planning for the Future Jonathan Brindle, Escondido director of community planning, presents "Escondido's General Plan Update: The Community's Opportunity to Shape Its Future" for Escondido Democratic Club. Open to all. 760-740-8595. Thursday, October 8, 7pm; free. Joslyn Senior

Center-Escondido, 210 Park Avenue. (ESCONDIDO)

Prepared to Pay? College financial aid planning workshop. Suggested reservations: 800-758-1752. Tuesday, October 13, 6:30pm; free. 4S Ranch Library, 10433 Reserve Drive. (RANCHO BERNARDO)

Sogetsu School Ikebana Learn basics of Sogestsu style ikebana (Japanese flower arrangement) from Yumi Rakers. Materials list upon required advance registration. Fee: \$15 per session, or \$40 for three sessions. Registration: 619-232-2721. Tuesdays, 9:30am; through Tuesday, October 27, \$15. Japanese Friendship Garden, Pan American Road, (BALBOA PARK)

Write Technology Panel of technology experts examines ways for writers and illustrators to use technology to get and stay connected with editors, agents, writers, illustrators, readers, Society of Children's Book Writers and Illustrators gathers in Hahn School of Nursing. 619-713-5462. Saturday, October 10, 2pm; \$7-\$9. University of San Diego, 5998 Alcalá Park. (LINDA VISTA)

You Are Getting Healthy! Barbara Cox plants "seeds in your subconscious mind that will grow joy, optimism, health, and wellness during "Self-Hypnosis for Optimal Health." Donation. 619-298-9978 x8014. Tuesday, October 13, 6:30pm. First Unitarian Universalist Church of San Diego, 4190 Front Street. (HILLCREST)

### LIVE MUSIC

Omara Portuondo Cuban, Saturday, October 10, 8pm; \$35-\$56. Centro Cultural Tijuana, Paseo de los Héroes and Mina Street. (BAJA)

### **SPORTS**

BeachFest 8k All Sand Run/ Walk Course heads from Crystal Pier to Mission Bay jetty and back. Day-of-race registration: 6:45am; race starts at 7:30am at Grand Avenue lifeguard tower. Saturday, October 10, 6:45am; \$30. Pacific Beach, Garnet Avenue. (PACIFIC BEACH)

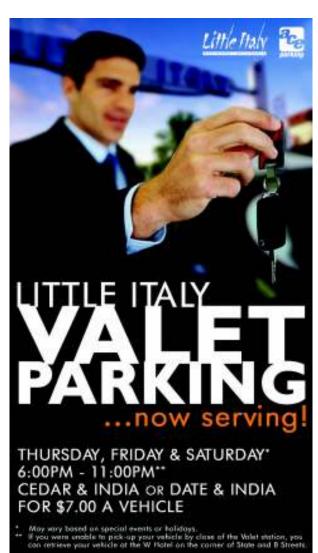
Bike MS Bay to Bay Tour Charity bike tour benefits National Multiple Sclerosis Society. The 30mile coastal loop of the Bike MS Bay to Bay Tour which begins and ends in Carlsbad on October 10 features route along coast. Final leg of 100- and 150-mile routes departs Carlsbad on Sunday, finishes at Mission Bay. 800-486-6762. Saturday, October 10, 8am; Sunday, October 11, 7am. Westfield Plaza Camino Real, 2525 El Camino Real. (CARLSBAD)

Fishing Fun Catch and release bass fish up to seven pounds. Fishing for all ages. 619-442-9891. Fridays, 5pm; Saturdays, 5pm; Sundays, 5pm; through Saturday, October 31, \$10. Cottonwood Golf Club Bar & Restaurant, 3121 Willow Glen Drive. (RANCHO SAN DIEGO)









# Calendar LOCAL EVENTS

Jim Beam Surftag Eight to 16 surf teams compete in tag-team tournament format to determine which club has best team of surfers. Free for spectators. 424-653-1900. Saturday, October 10, 7am; free. Oceanside Harbor, 1540 Harbor Drive. (OCEANSIDE)

**Oktoberfest Ride** Join Knickerbikers bicyclists for 25-mile ride out to El Monte Park and then to the German American Club's seasonal festivities (bring money). 619-562-7677. Sunday, October 11, 9:30am. Santee Trolley Square Town Center, 9884 Mission Gorge Road. (SANTEE)

Pedal a Metric Century Little Italy Festa Metric Century promises wave starts from 7-8am, with 25-, 48-, and 60-mile route options towards Otay Lakes. Saturday, October 10, 7am; \$95. County Administration Building, 1600 Pacific Highway. (DOWNTOWN)

Poker Ride and Stride Twin Oaks Valley Equestrian Association hosts annual fundraiser open to walkers and horseback riders. Horseback riders check in at 8am, walkers check in at 9:30am. Fees for non-poker participant: \$35; regular poker participant: \$100; high-stakes poker participant: \$500. Pony rides, petting zoo, line dancing, music by the Wild Oats.

Registration: 760-744-9128. Sunday, October 11, 8am; \$35-\$500. Walnut Grove Park, Olive Street at Sycamore Drive. (SAN MARCOS)

**San Marcos Blast** Take an "easy" 65-mile bicycle adventure with Bicycle Touring Society riders. 619-255-5360. Sunday, October 11, 8:45am; free. Doyle Park, 8175 Regents Road. (UNIVERSITY CITY)

Showpark Fall Festival Horse Show 858-481-9085. Thursday, October 8, 8am; Friday, October 9, 8am; Saturday, October 10, 8am; Sunday, October 11, 8am; free. Del Mar Horsepark, 14550 El Camino Real. (DEL MAR)

Walk on the Wild Side Funds raised during this 2.5-mile walk benefit zoo's polar bear conservation efforts. Route inside zoo passes flamingos, big cats, elephants, polar bears. After event, animal encounters presented by SD Zoo's conservation ambassador Joan Embery, keeper talks, live entertainment, vendor booths. Walkers receive free zoo admission for that day. 619-231-1515. Saturday, October 10, 7:30am; \$20-\$30. San Diego Zoo, 2920 Zoo Drive. (BALBOA PARK)

World's Longest Mountain-boarding Race! Riders bomb, carve, "try to stay in one piece as they compete for the fastest run down Nate Harrison Grade, a seven-mile fire road." Last year's winning time was under 19 minutes. Can anyone beat Kody Stewart? To reach Nate Harrison Grade, take I-15 towards Highway 76;



head east. Follow Highway 76 about 12 miles; after Cole Grade Rd., turn left on Nate Harrison Grade, follow to start of dirt road. 858-382-0355. Saturday, October 10, 9am; free. Nate Harrison Grade. (VALLEY CENTER)

# MUSEUMS & PUBLIC ART

Bonita Museum and Cultural Center Ninth annual "Community Art Show" presented by Chula Vista Art Guild was juried by local artist Jeff Yeomans. See work by local and regional artists through Friday, November 13.

Museum features exhibits of local history and fine arts, striving "to preserve and celebrate the spirit of Bonita in its two spacious galleries." Stories of Bonita's 100 year history are told with artifacts, photographs. Displays include Native American culture, lemon orchard period, events of the flood of 1916, and transformation of family life by technology. 4355 Bonita Rd., 619-267-5141, (BONITA)

California Center for the Arts, Escondido Museum "Quint: Three Decades of Contemporary Art," a survey of artists represented by Quint Contemporary Art, explores "how the vision of one local gallery has contributed to the commonwealth" and documents "changes seen in the artistic community of San Diego, in the art world, and for each individual

artist as they have found their notoriety and artistic voice." Exhibition features paintings, sculptures, installations, drawings and prints by artists such as Jean Lowe, Sol Lewitt, Mel Bochner, Kim Mac-Connel, Julian Opie, Ryan McGinness, Manny Farber, and Patricia Patterson. Through Thursday, December 31. 340 North Escondido Blvd., 760-839-4120. (ESCONDIDO)

Campo Railroad Museum

Campo Railroad Museum, show-casing more than 130 years of American railroad history and technology through static and operating exhibits, the museum includes cabooses, steam and diesel locomotives, track motorcars, 1880s "Jim Crow" segregated passenger cars. Interpretive 1.5-hour train rides offered each weekend (11am, 2:30pm) over portion of the San Diego and Arizona Eastern Railway. 31123-1/2 Highway 94, 619-465-7776. (CAMPO)

**Centro Cultural Tijuana** Center includes Museo de las Californias, cultural and artistic exhibits. "Buda Guanyin: Treasures of Compassion" continues through December. Currently screening in the CE-CUT Omnimax: *Vamos a la Luna* and *India, El Reino del Tigre*. 011-52-664-687-9650. Paseo de los Héroes and Mina Street. (BAJA)

Chinese Historical Society and Museum "The Many Faces of Cantonese Family Locks" features "a collection of exquisite Chinese locks" from the Qing Dynasty (1638-1911 CE). "From Chinese

character combination locks to animal-shaped padlocks, these antique brass pieces are works of art in themselves."

See artifacts from San Diego's Chinese and Chinese-American history, culture, and art. Current museum artifacts include a 1920s warlord's bed, exhibits on Chinese footbinding and Chinese-American veterans. The museum is in a building originally built in 1927 for the Chinese Mission. Adjacent to the building is an Asian garden with koi pond and waterfall. 404 Third Ave., 619-338-9888. (DOWNTOWN)

Chula Vista Heritage Museum

"The Way We Learned: Education in the South Bay" illustrates history of buildings, campuses, and people attending school through photographs, artifacts, school annuals, student memorabilia.

The museum features glimpses of Chula Vista's past; exhibits feature lemon packing-crate labels, photographs of downtown Chula Vista, doors and adobe blocks from the original *Star* newspaper building, and relics from the Otay Watch Company. 360 Third Ave., 619-427-8092. (CHULA VISTA)

Craftsmanship Museum The Joe Martin Foundation hosts this museum and machine shop with displays of projects in metal and wood at the small end of the size-scale, including working miniature gas and steam engines, aircraft models, cars, trains, clocks, miniature tools and guns. Machinist mans the shop (Tuesday-Friday)

for machining demonstrations. Museum is also open on first Saturday each month (10am-3pm). 3235 Executive Ridge, 760-727-9492. (VISTA)

**Creation Museum** A museum contrasting the evolution and creation worldviews. 10946 Woodside Avenue North, 619-448-0900. (SANTEE)

Embarcadero Urban Trees 5 Public art exhibit of 30 "urban trees" along North Embarcadero on Harbor Drive (between cruise ship terminal and Hawthorn Street). Artists were supplied with a 12-foot-tall pole placed in a concrete planter to serve as tree's base; artists alter the pole by attaching materials to create their sculptures. 619-686-6200. Along Harbor Drive, (DOWNTOWN)

Heritage Walk Museum The museum includes the restored Victorian house, the city's original Santa Fe Train Depot, a railroad car with model train, working blacksmith shop, and a barn. Find Heritage Walk in Grape Day Park. 321 North Broadway, 760-743-8207. (ESCONDIDO)

House of Pacific Relations International Cottages are open every Sunday, noon-4pm, presenting history and traditions of 30 ethnic groups. On fourth Tuesday of each month, *Children around the World* videos screened in Hall of Nations, select cottages open. 2125 Park Blvd., 619-234-0739.

J.A. Cooley Museum An eclectic collection of items — including displays on phonographs, clocks, electric trains, and 20 other types of collections — is featured at the museum. The current featured attraction is an "Industrial Product Collection," with examples of the historical progression of auto technology from 1886-1915, "some classics and a concept car." 4233 Park Blvd., 619-296-3112. (UNIVERSITY HEIGHTS)

Kellogg Library at CSU San Marcos "Earth from Space" features 20 satellite images from the Smithsonian Institute. Pieces offer "rare views of events such as dust storms, wildfires, volcanic eruptions, and hurricanes...accompanied by text explaining satellite imagery and remote-sensing technology." Closes Saturday, December 19. 333 South Twin Oaks Valley Rd., 760-750-4378. (SAN MARCOS)

Leo Carrillo Ranch Historic Park Leo Carrillo Ranch Historic Park, old adobe buildings were once vacation retreat and working rancho of actor Leo Carrillo. Tours on Saturdays (11am, 1pm) and Sundays (noon, 2pm). 6200 Flying Leo Carrillo Lane, 760-476-1042. (CARLSBAD)

Marine Corps Recruit Depot Museum Housed in a historic building, the museum features five permanent galleries with artifacts, uniforms, vehicles, weapons, and photographs depicting Marine Corps history. The museum is located in Building 26 at MCRD, just inside Gate 4, off Pacific Highway. Witherby Street and Hancock St., 619-524-6038. (DOWNTOWN)

Mingei International Museum North County "Rite and Ritual: Ceremonial Art Across the Cultures" focuses on beauty of objects used for special familial, tribal, community events in traditional cultures such as birth, childhood, initiation, marriage, death, and festivals and in various religious expressions among the world's peoples. Closes Saturday, October 16, 2010. 155 West Grand Ave., 760-735-3355. (ESCONDIDO)

Museum of Contemporary Art San Diego, Downtown Closed for installation. Reopens Sunday, October 25. 1100 and 1001 Kettner Blvd., 858-454-3541.

Museum of Photographic Arts "Picturing the Process: The Photograph as Witness" explores the variety of ways photographers and photographs document people, places, events throughout history. Exhibit from museum's permanent collection closes Saturday, February 6.

The interface between nature and urban technological culture is explored in "Jo Whaley: Theater of Insects." Over the last 25 years,

SINGLES





# Gregorian Chant Mass

Schola and congregational singing. Hymnals/missals provided with Latin-English pages.

Sunday, October 11, 4:00 pm Our Lady of the Rosary Church

San Diego's Jewel Box of Baroque and Rococo Art State and Date Streets (Little Italy) Downtown San Diego



### Calendar LOCAL EVENTS

Whaley's photographs have ranged from allegorical nudes to a revision of the "vanitas" still-life tradition to fusion of natural history and environmental issues. Pieces juxtapose organic and man-made elements to reflect issue of environmental degradation in an imaginative manner. Through Tuesday, October 13.

"Through the Lens: Selections from MoPA's Education Programs" may be seen through Sunday, January 24, showcasing works created by students who have participated in museum programs.

"Beloved Daughters: Photographs by Fazal Sheikh," opening Saturday, October 10, includes over 100 photographs focusing on women in India. "Moksha" explores lives of dispossessed widows cast out by their families, denying them legal, economic, human rights. "Ladli" examines perils faced by girls and young women in modern India. Closes Saturday, January 30. 1649 El Prado, 619-238-7559. (BALBOA PARK)

### **Museum of San Diego History**

"100 Years of Art," continuing through March, showcases a century of artwork by San Diego artists. "Place of Promise: Stories of San Diego" lets visitors "literally walk on San Diego"; a map of county extends from wall to wall across the floor. Also featured in ongoing exhibit are two large 1930s murals by artist Charles Reiffel and a 1910 San Diego streetcar. Stories of San Diego are interpreted through images, artifacts, oral histories from society's collection. The museum is located in the Casa de Balboa building. 1649 El Prado, 619-232-6203. (BALBOA PARK)

New Americans Museum in NTC Promenade 2825 Dewey Road Suite 102, 619-255-8908.

New Children's Museum "Animal Art," opening October 11, explores the powerful relationship between humans and animals. How do you communicate and interact with animals? What do you do each day to help save the environment? If you were an animal, what would you be? 200 West Island Ave. 619-233-8792. (DOWNTOWN)

Parsonage Museum of Lemon Grove "Messages from the World: The Story of the Lemon Grove Post Office" follows evolution of local post office from horse and buggy days through modern times. Also on view: a recreation of the Sonka Brother's General Store, "The Children's Room," "The Parents' Room," "The Sewing Room," offering installations evoking life in the parsonage from 1900-1940.

3185 Olive St., 619-460-4353.

(LEMON GROVE)

SINGLES

local singles

Reuben H. Fleet Science Center Ongoing exhibitions include "So WATT! An Illuminating Look at Energy," "Aging for All Ages," "Kid City" (for preschoolers). "Escape from Dino Island" is theme for motion simulator ride. Films shown daily in IMAX theater. 1875 El Prado. 619-238-1233. (BALBOA PARK)

San Diego Air and Space Museum "The Da Vinci Experience" reveals how Leonardo Da Vinci's conceptual designs for many technological wonders were centuries ahead of their time. "For the past 50 years a group of Florentine artisans have pored over Da Vinci's notes and drawings in an attempt to faithfully create replicas of his many inventions, relying solely on materials that were available in 15th-century Italy. The result is over two dozen fully functional models, 11 of which are fullsized." The interactive models are displayed with a facsimile of relevant Leonardo Da Vinci drawing. Closes Sunday, January 3, 2010.

Concurrently, see "The History of Commercial Aviation in America." A section of exhibit celebrates 40-year history of PSA, with original graphics, a re-creation of the airline's first ticket booth at Lindbergh Field, uniforms and memorabilia donated by former employees. Ongoing.

The museum offers exhibits of over 65 aircraft, including an RQ-1K Predator UAV (unmanned aerial vehicle) on indefinite loan from the National Museum of the United States Air Force at WrightPatterson Air Force Base, which "saw action over the Balkans in the late 1990s"; a replica of *Spirit of St. Louis*, a Fokker Scourge (or Fokker Eindecker E-III), a World War I Spad VII, flight deck of the USS *Yorktown*, and a Lockheed Blackbird spy plane; 1400 scale models, 10,000 aviation-related items, and memorabilia from Montgolfier hot-air-balloon era to Space Age, along with an International Aerospace Hall of Fame. 2001 Pan American Plaza, 619-234-8291.

San Diego Archaeological Center Center hosts monthly archaeological-themed lectures, workshops, and family events on second Saturday of each month. Museum is dedicated to curating and sharing archaeological collections with public for educational, scientific, cultural use. 16666 San Pasqual Valley Rd., 760-291-0370. (ESCONDIDO)

### San Diego Automotive Museum

More than 80 automobiles and motorcycles from horseless carriages to future prototypes are included in the museum's permanent collection. Find the museum near the Starlight Bowl. 2080 Pan American Plaza, 619-231-2886. (BALBOA PARK)

### San Diego Hall of Champions

Ongoing exhibits include "Bird Watching — Tony Hawk in Flight," "Surfing in San Diego," exhibits of baseball card art, fencing, local rugby history. The museum is dedicated to promoting, recognizing, and preserving athletic achievement. 2131 Pan American Plaza, 619-234-2544. (BALBOA PARK)



### San Diego Maritime Museum

"San Diego's Navy," based upon book by same name written by Bruce Linder, is said to be "the only comprehensive exhibit depicting the extraordinary contribution the Navy has made to the history of the San Diego region."

The museum features permanent exhibits documenting the history of San Diego's waterfront and the building of the West Coast by sea, the old San Diego-Coronado ferryboats, the tuna-fishing industry, and the military. The museum fleet consists of the 1863 bark *Star of India*, the 1898 San Francisco ferryboat *Berkeley*, and the 1904 Scottish steam yacht *Medea*. The HMS *Surprise*, used in film *Master and Commander*, is permanently on exhibit; see artifacts, costumes, props used in making of the flick.

Also open for touring: the USS *Dolphin*, also known as the "world's deepest-diving submarine"; and a B-39 Soviet attack submarine, among the largest conventionally powered submarines ever built. This Project 641/Foxtrot class diesel-electric submarine was designed to track U.S. and NATO warships throughout the earth's oceans. There are also nautical exhibits, ship carpenters, model building, ships in bottles, woodcarvers, complete research library. 1306 North Harbor Dr., 619-234-9153. (DOWNTOWN)

### San Diego Museum of Man

"Skull Stories: The Art of Ancient Surgery" marks "the first time the museum will use an entire collection of its own artifacts for an exhibit display." Trephining, or removing a piece of bone from the skull, is oldest surgical procedure known from antiquity; skulls exhibiting different degrees of healing after trephination will be displayed, as well as skulls that have been trephined using different techniques. Trephination tools, instruments such as obsidian blades, tumis, chisels also displayed.

The "Retablos" exhibit features retablo art of Peru, originating as a popular religious art form during the Romanesque period. Retablos are small portable altars. Exhibition shares information about people who make them: how the events and traditions around them have influenced their lives, specifically featuring Andean artist

Nicario Jimenez Quispe. Closes Sunday, January 24.

Permanent anthropology exhibit "Footsteps Through Time: Four Million Years of Human Evolution" features "more than a hundred touchable replicas of early humans, primates, and futuristic cyborgs (part human, part machine)." 1350 El Prado, 619-239-2001. (BALBOA PARK)

### San Dieguito Heritage Museum

The museum offers informative displays on the North County coastal history including Native Americans, early homesteaders, and recent times, as well as photographic collections and archives. 450 Quail Gardens Dr., 760-632-9711. (ENCINITAS)

San Elijo Lagoon Ecological Reserve Nature center's building is a "green" facility made from recycled materials, using solar panels, irrigated roof plants, recycled water. Facility features an array of interactive exhibits exploring the natural and cultural history of the San Elijo Lagoon, one of the few remaining coastal wetlands in our area. Guided nature walks offered every Saturday (10-11am). 2710 Manchester Ave., 760-436-3944.

**San Marcos Historical Society Museum** 270 West San Marcos Blvd., 760-744-9025. (SAN MARCOS)

San Pasqual Battlefield State Historic Park Commemorates the clash (on December 6, 1846) during the Mexican War between the U.S. Dragoons, bolstered by sailors and volunteers from San Diego, and California militia. Narrated slide-show screens throughout the day, telling the story of the war in Mexico and California. Self-guided tour recounts the events of the battle and profiles the leaders of the forces and also describes the lives of the Indians indigenous to the valley, 16666 San Pasqual Valley Rd., 760-737-2201. (ESCONDIDO)

**Timken Museum of Art** Permanent collection includes European old master paintings, 18th-and 19th-century American paintings, and Russian icons. *Saint Bartholomew*, the only Rembrandt painting on public display in San Diego, is featured. 1500 El Prado, 619-239-5548. (BALBOA PARK)



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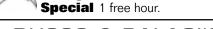
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# Navajo

8515 Navajo Road • 619-465-1730

(Albertsons shopping plaza at Navajo & Lake Murray)

Thursday, October 8

### **Southern Storm • Ancient Astronaut**

Friday & Saturday, October 9 & 10 • 9 pm



Classic Rock
6
One
9

Sunday, October 11

# Three Fifths Human • Eken is Dead Dive Bombers

Monday, October 12

Karaoke

Wednesday, October 14

Sergulath • Diabolic Slaughter Ruins Ov Abaddon • Within the Swarm

### Santee

**8528 Magnolia Avenue • 619-596-8350** (Corner of Prospect & Magnolia)

Thursday, October 8

Downfall 2012 • Industry • Old Man

Friday & Saturday, October 9 & 10 • 9 pm



Classic Rock
Serious
Guise

Monday, October 12

Karaoke

Wedensday, October 14

Jester's Fate

Pool Tables • Dart Boards • Free Parking Hot Spot & Lotto • Free WiFi Access



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October 17 DJ Solomon

October 24 DJ Homicide

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October 31 DJ Mel

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October 2nd – 4th | Centro Cultural Tijuana October 5th – 8th | Alternative venues

During the first weekend of October, Tijuana will once more celebrate art and music in a way only this international Mecca can, with a kaleidoscope of exhibits, striking public art displays, cutting-edge musical performances and more.

Experience an unprecedented fusion music concert by the Orchestra of Baja California and Nortec Collective Bostich + Fussible on Sunday, October 4th.

Discover a new world of art and culture —at your doorstep, but be warned: You will never think of this city in the same way.

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San Diego Reader October 8, 2009

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Don't Sit Under the Apple Tree... "We're not an Apple licensee, so we have to be careful how we market them," says Digital Group Audio president Erik Groset, creator of the portable Livespeakr system, designed (but not licensed) for empty niche," says Groset, "but the first hurdles were technical, like shielding the speakers from interference noise that most speakers make when they get near a cell phone."

Based in Carlsbad, Groset and company vice president

the inside track

iPhones and iPods. The tiny speakers are built onto a protective cradle that holds the device and flips to both portrait (upright) and landscape Robin DeFay (both aged 25) grew up as friends in San Marcos. "For Livespeakr," says Groset, "we had no background in manufactur-



ERIK GROSET, YOU'RE ON LIVESPEAKR

(horizontal) modes for movie viewing, to provide a sound system that Apple and its many licensees have so far overlooked. "We saw an ing or engineering, and we did a lot of our own guerilla marketing, like going out to local malls and sitting in front of Apple stores, showing it to people."

The 15-watt speakers also work with portable DVD players, Walkmans, and other devices, but Livespeakr (\$79.99 retail) was specifically designed for Apple products such as the iPhone, iPhone 3G, iPhone 3GS, iPod Touch, iPod Touch 2G, and iPod Classic. "We met with Apple up in Cupertino," says DeFay, "but we chose not to do the [license] certification for this product. So, we can't put that it's made for iPod or say it's an Apple-licensed product or put certifications on our boxes, so that hurts us in a way.... Licensing didn't make sense financially, and we wanted to be first to market with a portable speaker system that worked with the iPhone."

"If we had gone with the Apple licensing, it would have taken another year. But we have some other products in development that we hope to work with them on."

Investor DeFay spent several years as a professional poker player, and betting on Livespeakr seems to have paid off. Even without Apple's seal of approval, the duo's company was already one of five nominees in Wired magazine's Small Business Program, and Groset has been inducted into the Young Inventor's International Hall of Fame.

— Jay Allen Sanford

### Finger-Pickin' Good

Local acoustic picker Jim Earp went to the annual Walnut Valley Music Festival in Winfield, Kansas, this year this year, the second-place winner from last year greeted me and introduced himself and gave me his business card and was all smiles and very



EARP'S FOURTH-PLACE PLAQUE IS MICROWAVEABLE

and came home with honors. Earp says he tied for fourth place in the International Finger Style Guitar Championship out of a field of 40 competitors from around the globe. Did he win a prize? No, he says. "First-, second-, and third-place winners take home guitars and trophies. I got a nice little plaque that doubles as a microwave hot plate. In fourth place you're an alsoran," he says, "but it's nice."

Earp says that he finds the atmosphere at Winfield (that's what the locals call the festival, now in its 38th year) more collegial than the scene here on his home turf.

"When I made the finals

friendly. In contrast, when I do an acoustic showcase in San Diego and there are singer-songwriters onboard, I can usually muster up friendly conversation before the show. But, I am hard-pressed to see those same formerly talkative folks saying so much as a word to me after the show. I chalk it up to the general strong competitiveness that's intrinsic to singersongwriters and the fact that there isn't always a lot of friendliness from singersongwriters toward acoustic artists who approach things differently than they do."

What song did Earp play that caught the judges' ears at Winfield? "I performed a

hymn, an arrangement of 'Jesus Loves Me' from my third collection of hymns. I turned it into a Celtic dance piece. I've made the finals twice with that song."

And as for the local attitude? "Suffice it to say, I prefer setting up my own local acoustic-music showcases these days," Earp says. "I just make sure the local songwriters I bring in — most of which are below the local-scene radar — are pretty secure in what they do and don't carry around a lot of the aforementioned baggage."

Earp will host Rebecca's Presents: Acoustic Friends Showcase with Chris Del Priore, Brian Akers, Christiane Lucas, and Jared Lawrence on October 24 at Rebecca's Coffee House in South Park.

— Dave Good

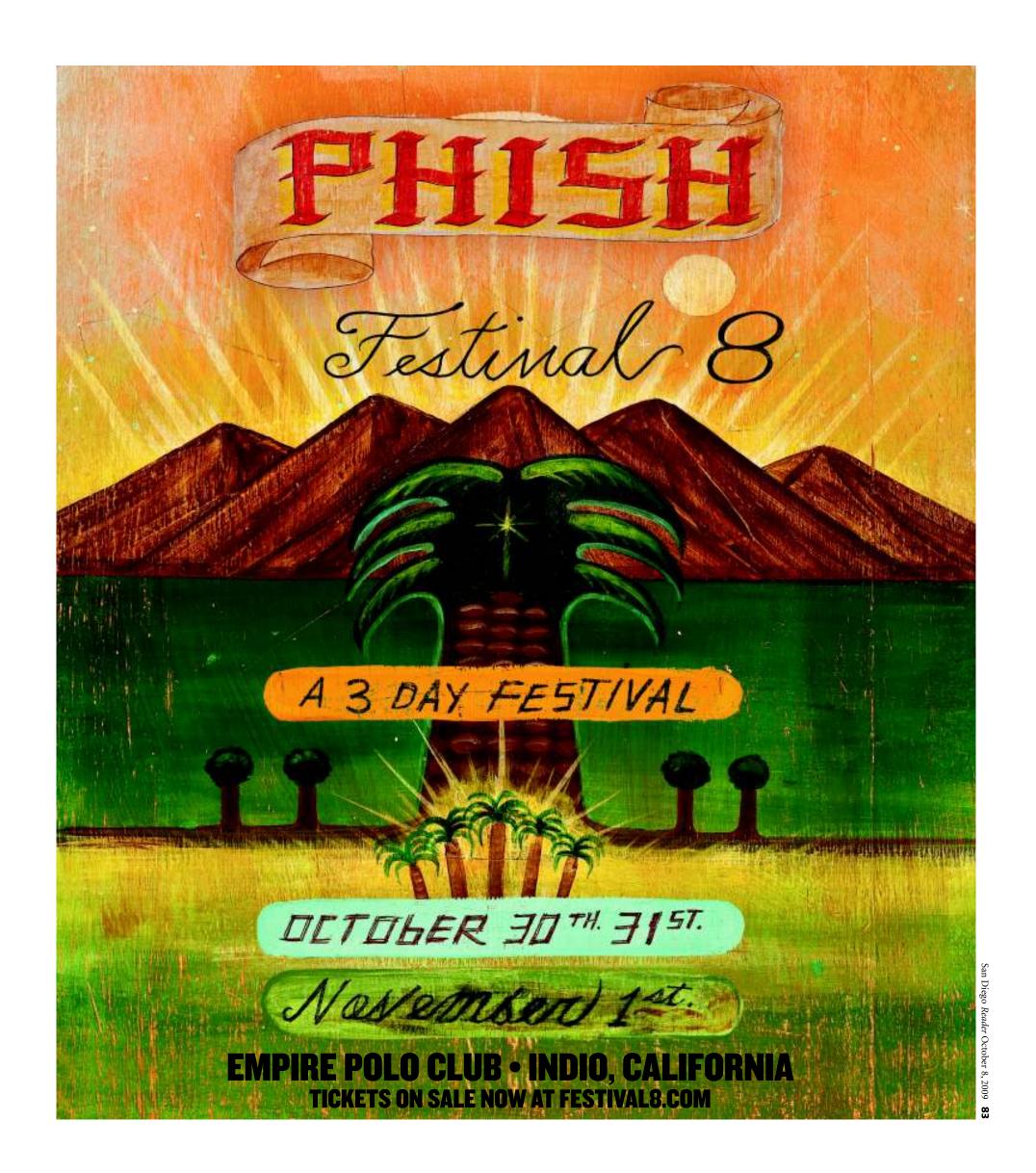
### Anthology Hits the

**Airwaves** Starting on October 9, Little Italy venue Anthology will join forces with KPRI (102.1 FM) to broadcast a live, two-hour music show, *Homegrown Fridays Live*.

Airing from 10 p.m. to midnight, additional concerts will take place on October 23, 30 and November 6 and 27. Then, starting in January 2010, the program will become a weekly affair. The first program is set to feature Endoxi, Nova, and Tori Roze.

(continued on page 84)





# **burt**

Though Anthology books a variety of music, it is known primarily as a jazz club. Michael Pritchard, the venue's director of music operations, sees this program as a way to alter that perception. "It's a way to expand our audience base," he said. "But, it's also a way to showcase what we have to offer here, musically, in San Diego."

Pritchard notes that Anthology and KPRI have copromoted concerts in the past. "We've been associated with them for various events since we opened two years ago. Basically, we really wanted to partner more with them and do something special on a regular basis. In fact, we iniwith Cathryn Beeks, host of KPRI's Saturday-night Homegrown Hour, to book performers. As for the type of music to expect, "We're looking for bands that fit into the KPRI AAA [adult album alternative] format; though, down the line we may expand that," Pritchard says. "The first few dates will feature three bands, and then in January, we'll go to two groups per show."

According to Beeks, the program is open to all genres, but a performer's draw is a consideration. "There are a lot of artists that want to play on-air, and it's not that they're not great live, but for this, I'm really trying to get the higher-drawing bands so we can keep the thing going."

While the show will be a live concert broadcast, there will be commercial breaks.



BEEKS TO HOST LIVE RADIO IN LITTLY ITALY

tially talked about this idea a year and a half ago, but the timing wasn't right."

Pritchard will be working

Although the club will use a backline to facilitate quick artist changeovers, Pritchard considers the downtime

OVERHEARD IN SAN DIEGO: BROOKS & DUNN



OVERHEARD? EMAIL JAS2669@ACL.COM - IF WE USE YOUR TIP, YOU GET THE ARTWOR

between bands to be essential. "During that time, we'll be doing interviews and background stories on the performers," he says.

According to Pritchard, setting up the venue for a radio broadcast wasn't difficult. "Anthology is [a] state-of-the-art [venue] and was constructed with this sort of thing in mind. All we had to do was add one piece of equipment, and we were good to go."

— Bart Mendoza

### Norton's Infinite

Adventure "I moved to Paris to pursue my own music as a composer," says San Diego singer-guitarist Nick Norton (a Park Tradition, Honest Iago), who last year was awarded a scholarship by the European American Musical Alliance to study composition at the Ecole Normale de Musique in France. "I got to experience adventures like having to sleep outside a train station, in pouring rain, in a

little town in northern France, where Radiohead and Sigur Rós had played, until after the last train back to Paris, where my apartment was."

Improved public transport and budget accommodations were among the perks behind his relocation to London. "The modern classical music scene here is unbelievable.

Concerts of music by

Messiaen, Xenakis, and many lesser-known composers of the 20th Century and today are extremely well attended. There's an attitude that truly progressive music is a worthwhile thing to spend time on. People [in London] tend to

take 'art music' — though I hate that term — to be more important than we do at home.

NU-MUSIC NOMAD NICK NORTON

"Part of that is the price of tickets. Seeing the L.A. Philharmonic starts at \$50, while the London Symphony Orchestra has concerts for five bucks. That's why I moved here."

Booming nu-classical

aside, Norton reports, "The British music industry doesn't seem all that different from America, but the average Brit seems to have less knowledge of underground bands. I think my view might be a bit skewed being in London, where commercialism seems to have run rampant, but the best local scenes here are in the small towns."

SANFORD/FOX

Norton is returning soon to San Diego, having made the most of his low-budget overseas adventures. "I once flew to Iceland, on a whim, right after their economy crashed, because I knew that would be the only time I could afford it. I ended up riding a horse through a lava field. That was pretty surreal."

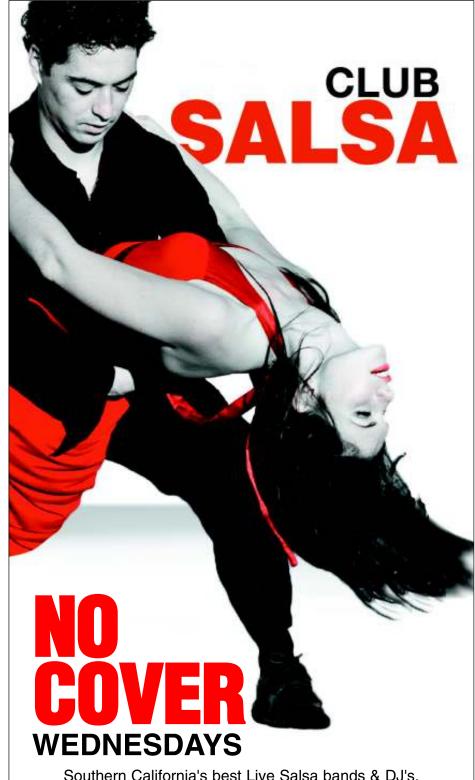
— Jay Allen Sanford

### CONTRIBUTORS

William Crain, Dave Good, Larry Harmon, Ken Leighton, Bart Mendoza, Jay Allen Sanford, David Stampone







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# This Week In Music

Thursday

"Solo cholo" Kid Congo will have his Pink Monkey Birds at, appropriately enough, Bar Pink tonight. Kid Congo Powers is the stage name of



journeyman guitarist Brian Tristan, former Cramp, former Gun Club. former Bad Seed. Taste the Space takes off his latest In the Red voodoo rocker Dracula Boots. Greasy, grimy gopher guts, yo. Garagestomp numerologists **Drug** Wars will set

the stage for this gig

to get to.... Texas trio Reverend **Horton Heat** preaches to the rock-roll choir at House of Blues The psychobilly saint is out to tout his latest Yep Roc'r, Laughin' and Cryin' with the Reverend Horton Heat. Atlanta barroom band Nashville Pussy opens the show.... Another Atlanta band, the **Bastard Suns**, a quintet of the ska-punk varietal, will dial in at Radio Room... And Sonoma, CA's nureggae big band **Groundation** jazzes up dem riddims at Belly Up. DJ Emmanuel will spin round sets there.

Friday

Former Luna leaders Dean & Britta have returned to Earth with a whole new electrofolk arrangement: just two. And they do a lot of covers. Wareham fans know it's all lush and lilting and thoroughly engaging. And Britta Phillips...OMG! Anyway, anyone interested in the Boston/NYC art-rock scene surrounding Galaxie 500 and Luna should check out Wareham's title Black Postcards. Really good DEAN & BRITTA AT THE LOFT read. They play the Loft at UCSD Friday night. You should go.... More of the lush stuff at Bar Pink, as Tucson chanteuse Marianne **Dissard** plays the Francophile fare off debut L'entredeux, a Calexico-curated collection.... For those thinking meaty, beaty, big, and bouncy, Austinites ... And You Will Know Us by the

Trail of Dead roll their latest The Century of Self, through Casbah behind the Future of the Left.... Soda Bar fills a pop-rock bill with the Hot Toddies, the Modlins, and Foxes.... And local hit Eddie Vedder returns with his band Pearl Jam, which slams on SDSU's Viejas Arena. Ben Harper opens, and there's a Target nearby if you want to pick up either of their new discs.

Saturday

'Twelve songs, 12 months, 1 goal," reads the Mae website. The Virginia alt-rock trio is releasing a song a month, each a buck, and all proceeds go to "humanitarian aid." They'll visit Soma Saturday night with Locksley, Deas Vail, and Good Morning Milo. Dead revivalists Dark Star Orchestra hit Mission Beach's Wave House Saturday night. Doors at 8p.... The Rumble: San Diego hits Casbah with **Fitz & the** Tantrums, Lady Dottie & the Diamonds, and the Blakes. Smart money's on Lady D. More at myspace.com/therumblefs.

Sunday "Punk as F\*\*k" Andrew Kenny of indie-

tastic Texans American Analog Set has a new joint called Wooden Birds. Their Barsuk debut is called Magnolia, and it's got that AmAnSet vibe, which is a good-to-great thing. The Birds land at Bar Pink with Portland rap-rock trio the Quick and Easy Boys.... Seattle math punks These Arms Are Snakes slither

into Casbah with like-minded locals Fever

Sleeves. You know what you get when you put snake arms into fever sleeves, kids? Spam Hands, a super-awesome speed-metal uke band from Kenosha. That would be awesome, but they're not on the bill. You

actually get Canadian collective dd/mm/yyyy, and they're pretty awesomé too.. Long Island indie act As Tall as Lions has a Billboard

Parkway Drive.

hit with their latest arena-pop record You Can't Take It with You. The Lions'll den at House of Blues with tour mates Mutemath.... And Soma stages Florida pop-punks a Day to Remember with Aussie act

Monday

Melodic minimalists **Christmas** Island will drop their In the Red debut disc Blackout Summer at Casbah's Anti-Monday meet-up this week. Check the indie kids' sunny punk sounds at myspace.com/xmasisland. The

Intelligence and Wounded Lion are also on the bill.... Outlaw poet Steve Earle will play a solo show at Belly Up. The Grammy winner's last studio gig was playing on and producing Joan Baez's comebacker Day After Tomorrow, a real cool covers collection for folk-rock fans...

Monday-night mentionables: Electronicat Moby hits House of Blues...and NYC band Bowery Boy Blue joins Hey! Ho! Let's Go! at Ruby Room.

Tuesday

British trip-hopper Mike Skinner brings the **Streets** to Belly Up Tuesday night. The artist has had a bit of a critical and commercial slide since his '04 hit A Grand Don't Come for Free, and word



THE STREETS AT BELLY UP



is he's got something "ravey" in the works. Oh, Mike. Nosaj Thing and Hey Champ will set the Solana Beach stage.... Death-metal doods the **Black Dahlia Murder** bury Soma Tuesday night hot on the heels of their new Metal Blade record Deflorate. It means deflower.... And **Nomeansno**. The Canadian math-core crew joins fellow Canuck garage-punks Pack A.D. and like-minded locals Long and Short of It at Casbah.

Still tix at this typing for the Jesus Lizard at Casbah. Un-freaking-believable, San Diego. Last Tuesday Touch & Go released a remastered Down. With bonus tracks. Why don't you go wrap your mitts around that piece of art-punk perfection, clear Wednesday night, and get on the stick for a ticket? Jesus Lizard. Casbah. Nothing else matters. Oh, except that the ripping  $\boldsymbol{\mathsf{Model}/\mathsf{Actress}}$  opens the show, and they are also Club Crawler-tested. Club Crawler-approved.

- Barnaby Monk





# Jazz Nights

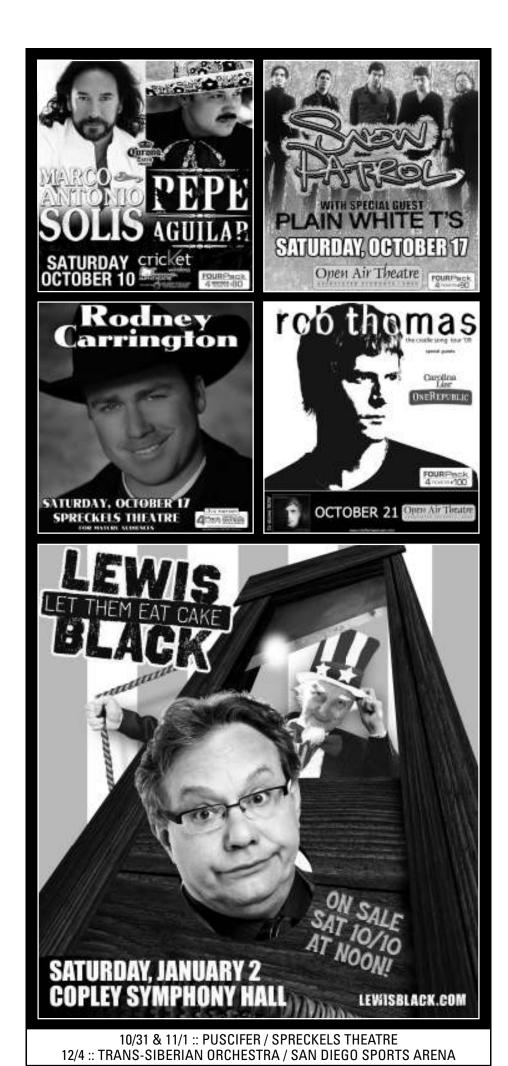
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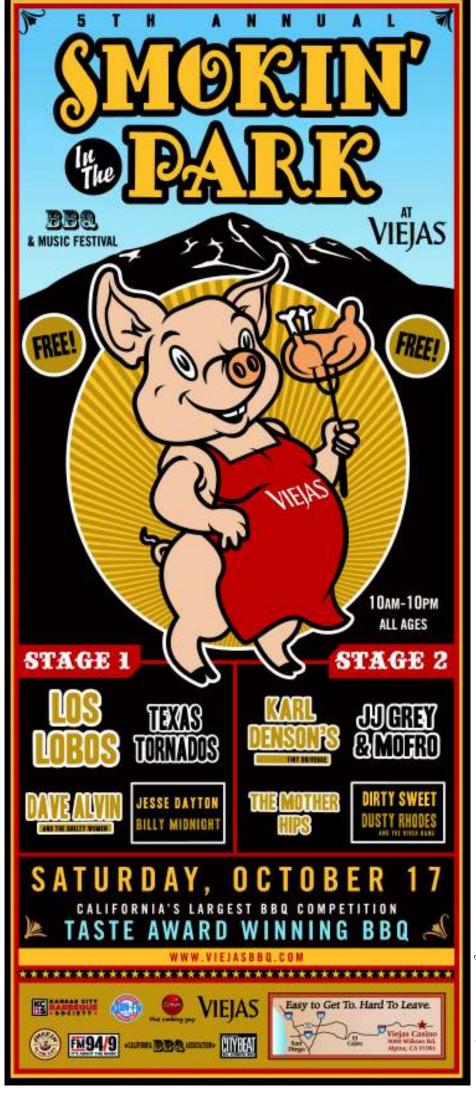
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# **Keep Life Punk Rock**

"There are so many bands who have forgotten what rock and roll is."

lectro-dance-punky quartet the Attack!! was founded in 2008 by singer-guitarist ■ Ivan Tamayo (Kiss Me Katelynn, Suspect Jones) and drummer Bryan Famous (London

Ghost Show). After playing their first gig at L.A.'s Viper Room, they were joined by guitarist Mitch Scott and bassist Ken Lindstrom.

The band self-released their debut single "Dancefloor" earlier this year, and they're currently working on an EP. They appear with Irradio on Saturday, October 24, at the Tin Can Ale House in Banker's Hill.

### WHAT'S IN YOUR CD PLAYER?

Ken Lindstrom

- 1. The Postal Service, Give Up. "These tunes start the day off right."
- 2. Glassjaw, Everything You Ever Wanted to Know about Silence. "Wakes me up better than a double shot of espresso."
- 3. Detektivbyrån, Wermland. "Makes me think of hard times in the old country."
- 4. Frank Sinatra, The Reprise Collection. "Keeps me classv."
- 5. The Ramones, Loud, Fast. "Reminds me to keep life punk rock — dirty and simple."

Ivan Tamavo

1. Johnny Cash, Greatest Hits. "Every track hits you like a rock."

Mitch Scott

- 1. Does It Offend You, Yeah? You Have No Idea What You're Getting Yourself Into. "I make an ass out of myself to this album."
- 2. Pink Floyd, Dark Side of the Moon. "Above-average effort of creativity, almost indescribable."
- 3. The Locust, Plague Soundscapes. "Way ahead of its time."

Bryan Famous

- 1. Silversun Pickups, Swoon. "Beautiful, dirty, and rocking all at once."
- 2. Castledoor, Shouting at Mountains. "Reminds me of autumn leaves falling in Wisconsin."

3. Miles Davis, Kind of Blue. "You can't f\*\*k with the classics."

### MOST-VISITED WEBSITES?

Lindstrom

JAY ALLEN SANFORD

- 1. Craigslist.org. "The internet's trailer-park yard sale is how the band found me."
- 2. Everydayisgarbageday.com. "Quite possibly the funniest blog on the internet, written by the funniest nihilist on the web."
- 3. *Iheartchaos.com*. "It's like the Grammy awards for internet stupidity and, by extension, the world's stupidity. My favorite part of the site is called
- 4. Icanhascheezburger.com. "Cute kittens with 'lolspeak' slogans to brighten up your day."
- 1. Chordie.com. "I get all the tabs to my favorite
- 2. MySpace.com. "I keep up on the bands we like in San Diego."
- 3. Geekologie.com. "Keeps you up on cool tech toys."

Scott

- 1. Facebook.com. "Instant family reunions without the awkwardness of having to be in their
- 2. Yahoo.com. "Advertisements, MySpace, and Facebook notifications are becoming obsolete."

### **FAVORITE QUOTE?**

Lindstrom: "When the going gets weird, the weird turn pro." — Hunter S. Thompson

Tamayo: "This is the strangest life I've ever known." - Iim Morrison



Scott: "I hope life isn't a big joke, because I don't get it." - Jack Handey

### WHAT PISSES YOU OFF?

Lindstrom: "People who talk on cell phones while driving. I guess it's more important to some people to schedule an appointment for a butt wax than to pay attention to the road and not kill the bicyclist next to them."

Tamayo: "Where music is heading. There are so many bands who have forgotten what rock and

Scott: "Lack of support for local bands. Seems nowadays everybody wants a DJ."

### **WORST MOVIE EVER?**

Tamayo: "The Happening, with Marky Mark and his Funky Bunch running away from wind." Scott: "Space Zombie Bingo!!! I'll be darned if you can figure out what the heck is going on, but somehow it's still entertaining."

Famous: "Anything David Lynch puts out. People try to say it's all artistic and deep, but honestly, it's all garbage and doesn't make any sense."

### **BEST THING YOU'VE EVER WON?**

Lindstrom: "A second chance." Scott: "A fishing-boat potluck in Miami." Famous: "Her heart."

### WHAT'S YOUR POISON?

Lindstrom: "Rum 'n' Coke."

Tamayo: "Jameson whiskey. D-to-the-capital licious."

Scott: "Newcastle."

Famous: "Cerveza and Smartwater."

### SOMETHING ABOUT YOU FEW WOULD **KNOW OR GUESS?**

Tamayo: "I grew up in Ensenada, Mexico." Scott: "My age, especially when clean-shaven." Famous: "I love to cook." ■

Friday, October 9 <u> Etix</u> **PLANET** ΔSIΔ **CHASE • ENO** THE EVEN KEEL **OUT OF ORDER** Friday, October 16

**KITTIE** 

SOIL • ARKAEA STRAIGHT LINE STITCH **DESPITE THE WOLVES SEASONS AFTER** 





**FAT CITY REPRISE** Saturday, October 10

LEDA ATOMICA • ON THE LINE **AMBROSE** 

Sunday, October 11

FLOATER THE GET DOWN AUTOMATIC

THE DEVIL MAKES THREE

Saturday, October 17 **GRANDVIEW • MANIC DIFFUSION** LISTEN ON MUTE

**OLD MAN MARKLEY** 

**EDUCATE PHILIP ANDRE WHITE** Friday, October 23 MY ELYSIAN **OCTOBER BURNING** 

**KOFFIN KATS HARDFALL HEARTS KASKET KRAWLERS EMBALMERS** 

Tuesday, October 27

Friday, October 30 **BLUEBLOODRED CITRADORA OPUS DAI OPIUM BRIDE** 

11/1 Brigitte Handley & The Dark Shadows 12/12 The Business • Control • Resevior Tips 1/13 Allan Holdsworth • Terry Bozzio • Tony Levin • Pat Mastellato M revolver syon Saturday, October 31 Ctix



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Friday, October 9 5 pm • Irish Folk

### Skelpin

9:30 pm • R&B/Dance

### **Federal Funk**



Saturday, October 10 9:30 pm • Latin Rock

### Viva Santana



Sunday, October 11 8 pm • Smooth Jazz

### **Matt Marshak**



Monday, October 12 7 pm • Blues

### **Nathan James Trio**

Tuesday, October 13 7 pm • Jimmy Buffett Tribute

### **Trade Winds**

Wednesday, October 14 9:30 pm • R&B

### Stelita

UPCOMING

Saturday, October 24

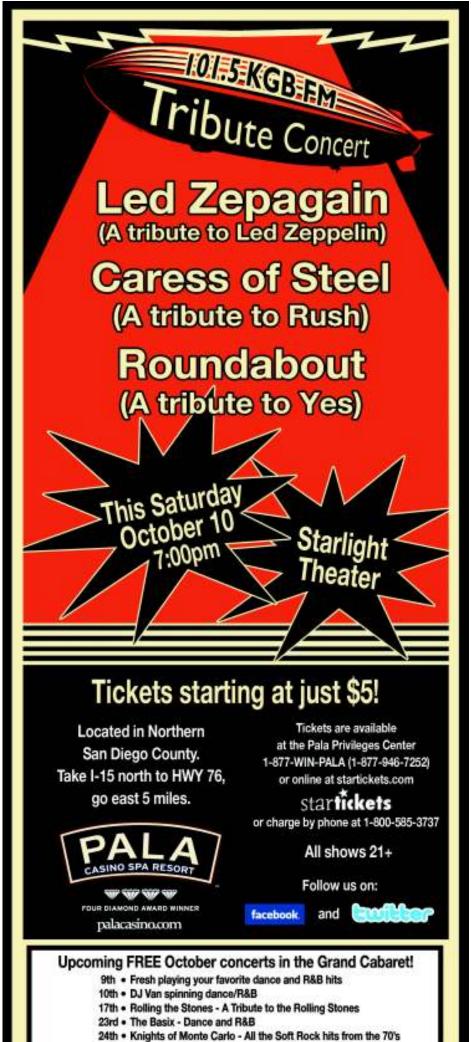
### Laurie Morvan & Ronnie Baker Brooks

Sunday, October 25
Michael Ward

Michael Ward

Friday, October 30 **Coco Montoya** 





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# Calendar

Classical listings can be found in the Classical Music Guide. Music videos, driving directions, maps, event alerts, coupons, and more available online at SanDiegoReader.com.

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night or day by 5pm Friday, the week prior to publication. To send weekly or monthly schedules, fax to 619-231-0489 or mail to Reader Music Scene, P.O. Box 85803, San Diego, CA, 92186. You may also submit information online at SanDiegoReader.com by clicking on the music section.

### THIS WEEK'S SHOWS

4th&B: 345 B St., Downtown, 619-231-4343. Saturday, 8pm — Rodrigo y Gabriela. Pop/rock. \$35. 21 and up.

### AcousticMusicSanDiego:

4650 Mansfield St., Normal Heights, 619-303-8176. Saturday, 7:30pm — Willy Porter. Acoustic/country/folk. \$20. Sunday, 7:30pm — Eliza Gilkyson. Acoustic/folk. \$22.

Anthology: 1337 India St., Little Italy, 619-595-0300. Thursday, 7:30pm — Shawn

Colvin. Acoustic/covers/folk. \$45. Friday, 9:30pm - Endoxi. With

Nova and Tori Roze. Reggae/rock.

Friday, 7:30pm — Shawn Colvin. Acoustic/covers/folk. \$45. Saturday, 7:30pm and 9:30pm — Mindi Abair. Jazz. \$22-\$28. Tuesday, 7pm — The Anthology House Band. Jazz. \$5. Wednesday, 7:30pm — Randi Driscoll. With Larry Mitchell. Pop/rock. \$18.

Bar Pink: 3829 30th St., North Park, 619-564-7194. Sunday, 8pm — The Quick & Easy Boys. Funk/punk/rock. 21 and up.

Beachside Grill: 215 N. Coast Hwy. 101, Oceanside, 760-433-

Saturday, 8pm — Top Shelf. With Lil Hitt. Reggae. \$8. 21 and up.

Belly Up Tavern: 143 South Cedros Ave., Solana Beach, 858-481-8140.

Thursday, 9pm — Groundation. Reggae. \$20. 21 and up. Friday, 9pm — Super Diamond. A tribute to Neil Diamond. \$18-\$20. Saturday, 4pm - SoulRaye. With Danielle Lo Presti & the Masses. Indie. \$15. 21 and up. 9pm -Cash'd Out. A tribute to Johnny Cash. \$15-\$17. Sunday, 4pm — The Zzymzzy

Quartet. Jazz. \$8-\$10. 21 and up. Monday, 7pm — Steve Earle. Acoustic/country/rock. \$32-\$34. 21 and up. 10:15pm — Pretty Lights. With DJ Rootz. Dance/rock. \$12-

\$14. 21 and up.

Tuesday, 8pm — The Streets. With Nosaj Thing and Hey Champ. Hiphop/rap. \$23-\$25. 21 and up.

Boar Cross'n: 390 Grand Ave., Carlsbad, 760-729-2989. Thursday, 9pm — The Minor Keys.



BY WILLIAM CRAIN

When the Andy Warhol Museum decided recently to hire a band to write a soundtrack for Warhol's famous silent-film screen tests, it couldn't have picked a more appropriate act than **Dean** & Britta. Watching the resulting DVD, you'll find the images of the glamorous and seedy denizens of Warhol's Factory (Lou Reed, Nico, Edie Sedgwick, and Dennis Hopper among them) are nicely paired with Dean & Britta's beautiful but aloof music. Dean Wareham and Britta Phillips have been working toward this kind of mix of music and film, sophistication and simplicity since their old band. Luna, broke up in 2005. Maybe longer.

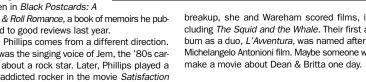
Wareham first gained national attention in Galaxie 500, the band he founded with Damon Krukowski and Naomi Yang when all three were students at Harvard in the late '80s. That band's sparse, slow sound would eventually become a big influence on certain corners of the indie-rock universe. It also set the template for the personal style Wareham has put on ever since - smart, somewhat reserved, and vaguely disreputable. It's a cool persona for the stage, but Wareham uses it even in Black Postcards: A

Rock & Roll Romance, a book of memoirs he published to good reviews last year.

She was the singing voice of Jem, the '80s cartoon about a rock star. Later, Phillips played a drug-addicted rocker in the movie Satisfaction alongside Julia Roberts and Liam Neeson. She joined Luna in 2000, and after that band's

**DEAN & BRITTA** breakup, she and Wareham scored films, including The Squid and the Whale. Their first album as a duo, L'Avventura, was named after a Michelangelo Antonioni film. Maybe someone will

> **DEAN & BRITTA: The Loft, Friday, October** 9, 8 p.m. and 10 p.m. 858-534-8497. \$26.



With the Paragraphs and guests. Rock. 21 and up.

Sunday, 7pm — The Burning of Rome. With Irieside, Reason the Citizen, @TheGents, Language Arts Crew, Motis & Cause, Tactik, and DJ Robi. Indie/reggae/rock.

**Borders Books and Music:** 3030 Plaza Bonita Rd., National City, 619-479-4732. Saturday, 7pm — Kim Evans. Acoustic/blues/rock. Free.

Brick by Brick: 1130 Buenos Ave., Linda Vista, 619-275-5483. Thursday, 7:30pm — Mark

Mallman, With Hello Drama, No Longer Atlas, Fat City Reprise, and Tan Sister Radio. Indie/rock. \$10. 21 and up.

Friday, 8pm — Planet Asia. With Chase, Eno, Even Keel, and Out of Order. Hip-hop/rap. \$12-\$15. 21 and up.

Saturday, 9pm — Leda Atomica. With On the Line. Alternative/ indie/rock. \$8. 21 and up. Sunday, 8pm — Floater. With the Get Down Automatic. Rock. \$10. 21 and up.

Wednesday, 8pm — The Devil Makes Three. With guests.

Acoustic/blues/punk, \$14-\$15, 21 and up.

Calvin's Sports Bar and Restaurant: 28841 Old Highway 80, Alpine, 619-473-1266. Friday, 8pm — Majid and His Majik Guitar. Covers/standards.

Canes: 3105 Ocean Front Walk, Mission Beach, 858-488-1780. Thursday, 9pm — Keith Haman and His Transcontinental Singers. With Self Preservation, 321 Stereo, and Moxy Bullets. Rock. Thursday, 7pm — 321 Stereo. With Self Preservation and Moxy Bullets.

Pop/reggae/rock, \$6, 21 and up. Friday, 9pm — Diego Roots. With Mr. Green Project. Reggae. \$20. 21

and up.
Saturday, 9pm — Ooklah the Moc. Reggae/dub/roots. \$20. 21 and up. Sunday, 9pm — Monsters of Rock. Covers/metal. 21 and up.

The Casbah: 2501 Kettner Bl., Little Italy, 619-232-4355. Thursday, 8:30pm - Swim Party. With Low Red Land, This Is Not My Life, and Roxy Iones. Acoustic/alternative/rock. \$6, 21



San Diego Reader October 8, 2009









THURS. OCT 8

CARNIFEX
C SAT. OCT 10

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TUES. OCT 13

THE BOOK DALLAMAN

THURS. OCT 15

PASSION PIT

FRI. OCT 16

YO LA TENGO

SAT. OCT 17

# The Audition

MISDELPHIA
A DULL SCIENCE
HE IS THE PAINTER

TUES. OCT 27

HIT THE LIGHTS
THERE FOR TOMORROW
FIREWORKS
SPARKS THE RESCUE

WED. NOV 11

AT ACKAT ACK! SET MY FRIENDS ON FIRE

SAT. NOV 14

FLOROTS

SUN. NOV 15

FUN.

THE RIVER BAND WHITE APPLE TREE

THURS. NOV 19

FINC.H

FRI. NOV 20

WINDS OF PLAGUE STICK TO YOUR GUNS

SUN. DEC 6

MAIG OWENS

SAT. DEC 19

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San Diego Reader October 8, 2

Friday, 8:30pm — ...And You Will Know Us by the Trail of Dead. With Future of the Left, and guests. Alternative/rock. \$18-\$20. 21 and up.

Saturday, 8:30pm — The Rumble San Diego. With Fitz & the Tantrums, Lady Dottie & the Diamonds, and the Blakes. Blues/soul/rock. Free. 21 and up. Sunday, 8:30pm — These Arms Are Snakes. With dd/mm/yyyy and Fever Sleeves. Indie/punk. \$10-\$12. 21 and up.

Monday, 8:30pm — The Intelligence. With Christmas Island and Wounded Lion. Pop/rock. \$8. 21 and up.

Tuesday, 8:30pm — Nomeansno. With Pack AD and the Long and Short of It. Punk. \$15. 21 and up. Wednesday, 8:30pm — The Jesus Lizard. Rock. 21 and up.

### **Centro Cultural Tijuana:** Paseo de los Héroes and Mina St.,

Baja.

Saturday, 8pm — Omara

Portuondo. Cuban. \$35-\$56.

**The Coyote Bar & Grill:** 300 Carlsbad Village Dr., Carlsbad, 760-729-4695.

*Thursday*, 6pm — Red Lane. Blues/rock.

Friday, 6pm — Restless Natives. Blues/reggae/rock. Saturday, 3pm — Billy Watson. Blues/jazz/soul. 6pm — Scott Carter & New Breed. Funk/reggae/

Sunday, 2pm — Fabulous Woodies. Rock. 5pm — Nathan James. Jazz.

### Cricket Wireless Amphitheatre: 2050

**Amphitheatre:** 2050 Entertainment Circle, Chula Vista, 619-671-3600. Saturday, 8pm — Marco Antonio Solis y Pepe Aguilar. Latin. \$35-

Sunday, 6pm — Jason Mraz. With Brett Dennen and Bushwalla. Acoustic/pop/rock. Free.

**Davina's Cabo Grill:** 212 North Tremont St., Oceanside, 760-637-2450

Friday, 6pm — Franklin Lounge. Bluegrass/country/folk. Saturday — Subliminal Trip. Rock Monday — Steve Payne & Friends.

Wednesday — Michael Tiernan.

**Dizzy's:** 200 Harbor Dr., Downtown, 858-270-7467. *Tuesday*, 8pm — Pierre Bensusan. World. \$15-\$20.

**El Cajon Grand:** 351 W. Main St., El Cajon, 619-444-0949. *Friday*, 9pm — Stone Wolf. Rock. 21 and up.

**The Enchanted Village:** 2202 Alpine Boulevard #B, Alpine, 619-445-1452. *Saturday*, 5pm — Karin Carson.

With guests. Jazz. Free. **Epicentre:** 8450 Mira Mesa Bl.,
Mira Mesa, 858-271-4000.

Sunday, 6:45pm — Horse the band. Electronic/hardcore. \$12. Estancia La Jolla Hotel and

**Spa:** 9700 North Torrey Pines Rd., La Jolla, 858-550-1000. Sunday, 3pm — Gregg Karukas. Jazz. \$37.

Fannie's Nightclub: 9143 Campo Rd., Spring Valley, 619-698-2204.

*Friday*, 9pm — Dark Possession. Rock. Free. 21 and up.



BY DAVE GOOD

When **As Tall as Lions** played the Casbah this summer, **Dan Nigro** told the audience that he'd been waiting 27 years (basically, his entire life) to rock the Casbah. "It was a joke, you know? 'Rock the Casbah,' the Clash song?" The remnants of a high school buddy band that continued into college, As Tall as Lions hail from a part of New York not known for alt or indie rock.

"It's hard coming from Long Island," says Nigro. "Actually, I feel like there's no good music coming out of Long Island, and everybody's kind of stuck in this...I don't know what it is...this cock-rock, jock-rock, or emo type of music. That's really popular there."

Back home, Nigro says, friends, family,

and the band members have formed a sort of music underground through which they filter new and classic poprock to each other. "The group that I've discovered recently that's an older group is the Cocteau Twins," he says. "That's my new obsession."

It would be easy to say that As Tall as Lions is knocking at Coldplay's door, but that would be a simplification. A rocker's body with jazz brains, the band's music is anthemic in places, thorny in others. Think of the late Jeff Buckley, who once called his music a "low-

down dreamy bit of the psyche, part quagmire and part structure." The same could be said for every song on 2006's You Can't Take It with You. Nigro says, "I went through a phase where I listened to Jeff Buckley for probably two years straight. I'm very well versed in Jeff Buckley's catalog."

It turns out the band's name is about showing nerve against bad odds. "When we were



in college, we dropped out to do the band. Our parents were saying, 'What are you doing? Are you crazy?' In that sense, we were standing up for what we believed in, right?"

MuteMath headlines.

AS TALL AS LIONS: House of Blues, Sunday, October 11, 7 p.m. 619-299-2583. \$19.50.

Saturday, 9pm — Aloft in the Sundry. With the Fucklords, Hocus, and Dead Days. Punk/rock. Free. 21 and up.

### Four Points by Sheraton:

8110 Aero Dr., Kearny Mesa. *Saturday*, 9pm — Zamore Band. Funk. \$7-\$10. *Wednesday*, 7pm — Kashious. Jazz/soul. \$5.

Friendly Grounds Coffee House: 9225 Carlton Hills Bl., Santee, 619-249-0519.

*Friday*, 7pm — Tom Smerk. Acoustic/folk/rock.

### **Hooleys Irish Pub & Grill:** 2955 Jamacha Rd., Rancho San

Diego, 619-670-7468. Friday, 9pm — Tony Cummins. World. Free. Saturday, 9pm — The Stilettos. Blues/jazz/rock. Free.

**House of Blues:** 1055 Fifth Ave., Downtown, 619-299-2583. *Thursday*, 7pm — Reverend Horton Heat. With Nashville Pussy. Rock/rockabilly. \$22-\$37. 21 and up.

Friday, 8pm — Bonfire. A tribute to AC/DC with Platinum Rock Stars. Covers/rock. \$12-\$15. 21 and up.

Sunday, 7pm — MuteMath. With As Tall as Lions. Indie. Monday, 7:30pm — Moby. Electronic/pop/rock. \$27-\$45. 21 and up.

**Humphrey's by the Bay:** 2241 Shelter Island Dr., Point Loma, 619-224-3577.

Wednesday, 8pm — Jesse Cook.
Flamenco/Latin/jazz. \$37.

**The lvy Hotel:** 600 F St., Downtown, 619-814-1000. *Friday*, 9pm — Robert Sanchez. Electro/house. 21 and up.

**The Jumping Turtle:** 1660 Capalina Rd., San Marcos, 760-471-7778

Monday, 8pm — Detente. Metal.



San Diego Reader October 8, 2009

Kit Carson Park: 3333 Bear Valley Parkway, Escondido. Sunday, 4pm — Hot Blues Engines Festival. Featuring Otis Taylor and more. Blues.

**Lake Henshaw Resort:** 26439 Highway 76, Santa Ysabel, 760-782-3501.

Saturday, 6pm - Steve Phillips and the Pescadero Pickers. Blues/ country/rock. Free.

UCSD, 858-534-8497. Thursday, 8pm — Metronomy. Pop. \$5-\$8. Friday, 8pm — Dean & Britta. Electronic/indie, \$10.

The Loft: 9500 Gilman Dr.,

Mangia Italiano on Third:

248 Third Ave., Chula Vista, 619-623-3553.

*Thursday*, 7pm — Bill Cabalerro. With guests. Jazz. Free. Friday, 7pm — Sublime Jazz. Jazz.

Manhattan Cocktail Lounge: 400 Broadway, Chula Vista, 619 422-6641.

Friday, 9pm, Saturday, 9pm — Tommy Budd's Windy City. Blues/funk/rock.

McCabe's Beach Club: 1145 S. Tremont St., Oceanside, 760-439-6646

Saturday, 5pm — Loss of Control.

McDini's: 105 E. 8th St., National City, 619-474-6771.

Thursday, 9pm — Kolorz. Pinoy/ funk.

Friday, 9:30pm — Almost Islanders. Reggae.

Molly Malone's: 1270 Main St., Ramona, 760-789-9050. Friday, 9pm — Coldfire, Rock, Saturday, 9pm — American Rock Experience. Rock.

Nico's Steak & Chop House: 2015 Birch Rd., Chula Vista, 619-421-9500.

Saturday, 7:30pm — David Patrone. Blues/jazz/lounge. Free.

O'Connells Pub and

Nightclub: 1310 Morena Bl., Linda Vista, 619-276-5637. Friday, 7pm — Fat Man's Misery. Blues/garage/rock. 9:30pm — New Day Mile. With Julie's Rubbish and Ratz. Rock. 21 and up. Saturday, 9:30pm — Lisa the Lush. With Hargo and Roosevelt. Alternative/pop/rock. 21 and up. Sunday, 9:30pm — Voodoo Organist. Blues/rock. 21 and up. Tuesday, 9:30pm — Country Rockin Rebels, Blues/country/rock, 21 and up. Wednesday, 9:30pm — 2000 Tons of TNT. With the Phenomenauts

and Go Jimmy Go! Reggae/rock/ ska. 21 and up. O'Harlevs Sports Bar & Grill:

13437 Community Rd., Poway, 858-486-7422. Thursday, 9pm — Myron and the

Kyniptionz. Blues/soul/rock.

Ocean Beach Farmers' Market: 4900 Newport Ave., Ocean Beach, 619-279-0032. Wednesday, 6:30pm — Tony

Taravella, Jazz, Ocean House: 300 Carlsbad Village Dr., Carlsbad, 760-729-

Saturday, 9pm — Audiophix, With Jet West and Raiz Muzik. Reggae/rock. \$10. 21 and up.

Pal Joey's: 5147 Waring Rd., Allied Gardens, 619-582-6699. Friday, 9pm — Night Shift. Rock. Free.

Saturday, 9pm — Slight Return. Covers/rock.

Pala Casino: 35008 Pala Temecula Rd., Pala, 877-946-7252. Saturday, 7pm — 101.5 KGB FM's Tribute Concert. Featuring Led Zepagain, Roundabout, and Caress of Steel. Tributes to Led Zeppelin, Yes, and Rush. Covers/rock. \$5-\$25.

**Palomar College** Performance Lab (room D-**10):** 1140 West Mission Rd., Palomar College.

Thursday, 12:30pm — Tomcat Courtney. Blues. Free.

Patrick's II: 428 F St. Downtown, 619-233-3077. Thursday, 9pm — Michele Lundeen & Blues Streak. Blues/funk/rock. Friday, 9pm - Gino Matteo and Family Phunk. Blues/funk. Saturday, 9pm — Johnny "V" Vernazza, Blues/soul/rock, Sunday, 9pm — Chet and the Committee. Blues. Monday, 9pm - Len Rainey & the Midnight Players. Blues/jazz.

Wednesday, 9pm — The Bill Magee Blues Band, Blues,

Pechanga Resort & Casino: 45000 Pechanga Parkway, Temecula, 951-693-1819. Thursday, 8pm - Kenny Rogers. Country. \$60-\$85.

**Prohibition:** 560 Fifth Ave., Downtown, 619-702-8068. Thursday, 9pm — David Patrone. With Sky Ladd and Grant Clarkson. Covers/jazz/lounge. Free.

RT's Longboard Grill: 1466 Garnet Ave., Pacific Beach, 858-270-

Friday, 9pm — Radioactive. Rock. Saturday, 9pm — The Pheromones. Rock/soul/blues.

Radio Room: 3519 El Cajon Bl., North Park, 619-284-3323. Sunday, 9pm — Heretic. Alternative/hardcore/rock. \$6.21

Ramona Mainstage Nightclub: 626 Main St., Ramona, 760-789-7008. Saturday, 8pm — Pantera'd. Metal/rock. \$15.

**Rebecca's Coffee House: 3015** Juniper St., South Park, 619-284-

Friday, 8pm — Randy Phillips. Jazz.

Second Wind (Magnolia):

8528 Magnolia Ave., Santee, 619-

Thursday, 9pm — Downfall 2012. With Industry and Old Man. Rock. 21 and up.



more than just blackjack. Guests must be 21 or older to enjoy the Wilkey View Casino Art. Music & Wine Festival, casino, restaurants, buses and concorts. Munagement reserves all rights

Second Wind (Navajo): 8515 Navajo Rd., San Carlos, 619-465-1730.

Thursday, 9pm — Ancient Astronaut. Rock. 21 and up.

### The Sky Box Sports Grill:

4805 Clairemont Dr., Clairemont, 858-274-7269. Friday, 9pm — Drive By Jones. Reggae/rock. \$5.

Soda Bar: 3615 El Cajon Bl., City Heights, 619-255-7224. Friday, 9pm — The Modlins. With Gray Ghosts, the Hot Toddies, and Foxes. Alternative/pop. 21 and up.

Soma: 3350 Sports Arena Bl., Midway District, 619-226-7662. *Thursday*, 7pm — Austrian Death Machine. With guests. Hardcore/ metal. \$12.

Saturday, 7pm — Mae. With Locksley and Deas Vail. Indie/pop/ rock. \$15.

Sunday, 6pm — A Day to Remember. With Parkway Dr., In Fear and Faith, and I See Stars. Hardcore/pop/punk. \$16. Tuesday, 7pm — The Black Dahlia Murder. With Skeletonwitch, Toxic Holocaust, and Trap Them. Metal.

St. Patrick's Church: 3585 30th St., North Park, 619-295-2157. Friday, noon, Saturday, noon -Fall Music and Family Festival. Featuring This Amp Goes to 11, Blues Mercenaries, Audrina, Roxy Iones, Red Light D, Theresa Romo, Swamp Kats, and Bucket of Fish. Blues/pop/rock.

### **Sunshine Brooks Theatre:** 217 N. Coast Hwy., Oceanside, 760-529-9140.

Friday, 7pm — 8th Annual



### Make It a Double

Few could accuse San

**CD Review** by Michael Caldwell

Diego metal-core stalwarts Mower of playing it safe. Half of their latest album, Make It a Double, is performed as Slower, the group's loungeinspired alter-ego. "Road Rage" — a punishing blast on their previous effort, Not for You — loses none of its impact slowed and turned

down here. Yet, other tracks, regardless of speed or amplification, feel incomplete. "Sicko" is a dizzving 1:50 minute smack upside the head of double-bass drum over shouted lyrics like "The Hippocratic oath buried under fiscal growth." Despite its brevity, the song feels too long. "Sicko" would have worked better as an instrumental, as Anthrax's Rob Caggiano lends a guitar solo that sounds like a dentist's drill.

Mower's sense of humor and sociopolitical lyrics remain intact here, but Make It a Double might have been more interesting if the band's split personalities overlapped, maybe by adding more melodic vocals to the heavy tracks. The band remains a brooding storm cloud that has all of the potential to unleash a devastating lightning strike, but too often settles for a rumble.

**ARTIST:** Mower

**LABEL:** Suburban Noize

SONGS: "The Party," "Wolves," "The Start," "Shneak," "The Song We Don't Speak Of," "Escaped," "Sicko," "Alien," "Faded," "Road Rage," "Pieces," "Undone," "U Turn," "Shut Up and Skate"

### Music Reviews from Our Readers

**Concert Review** by Earl Dove

**Old Crow** 

**Medicine Show** 

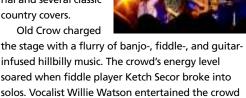
Friday night, September 22, Old Crow Medicine Show took the stage at 4th&B with a driving set of bluegrass, folk, and rock. I first saw these guys in Nashville in 1999, transitioning, at that time, from street performers into the current touring act. They have not lost their roots or energy over the years.

Chuck Mead, lead singer for alt-country act BR549, opened the show with a strippeddown set - just himself and a standup-bass player. Mead ran

through a collection of solo and BR549 mate rial and several classic country covers.

Old Crow charged

expect from such a frail guy.



Chuck Mead joined OCMS on stage for the Moon Mullican classic "Cherokee Boogie." Other highlights included their dedication of the song "Methamphetamine" to the city of El Centro and when the crowd sang along to a rousing version of OCMS hit "Wagon Wheel." For their encore, the band took the stage with electric instruments in a Dylan-esque transition. They played the melancholy and heartfelt "We're All in This Together," followed by covers of the Beatles's "Get Back" and the Waylon Jennings classic "Are You Ready for the Country."

with an energy and intensity you simply would not

For full reviews, go to sdreader/critic.com

Oceanside Music Festival. Featuring Blues Pharaohs, Frequency Vocal Jazz Ensemble, and Will Sumner. Jazz. \$10-\$25.

Swedenborg Hall: 1531 Tyler Ave., University Heights.

Saturday, 8pm — Carlos Olmeda. With Jason Ford and Richie Blue. Acoustic/pop/rock. \$12-\$15.

Tiki House: 1152 Garnet Ave. Pacific Beach, 858-273-9734. Thursday, 9:30pm — The United

Saints of America. Rock. Friday, 9:30pm — Tornado Magnet. Alternative/country/rock. Saturday, 9:30pm — The Nards. Wednesday, 9:30pm — Justin

Tin Can Ale House: 1863 Fifth Ave., Banker's Hill, 619-955-8525. Friday, 9pm — The Howls. With the Apes of Wrath and Sunday Times. Alternative/rock.

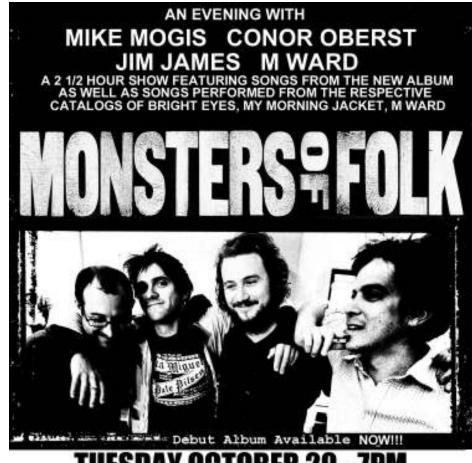
Tio Leo's: 5302 Napa St., Linda Vista, 619-542-1462. Friday, 8pm — Roxy Monoxide. With Three Chord Justice. Pop/rock. Wednesday, 8pm — Classic Soul and R&B Night.











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EARLY MAN

FRIDAY • OCTOBER 23

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THE STYLETONES

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**University Christian Church:** 

3900 Cleveland Ave., Hillcrest, 619-295-4146.

Saturday, 7pm — Jeff Davis. Piano. \$10.

Valley View Casino: 16300 Nyemii Pass Rd., Valley Center, 866-843-9946.

Friday, 8pm — REO Speedwagon. Rock. \$45-\$55.

Viejas Arena: 5500 Canyon Crest Dr., SDSU, 619-594-6947. Friday, 8pm — Pearl Jam and Ben Harper. With the Relentless 7. Alternative/rock. \$61.

WaveHouse Bar & Grill: 3125 Ocean Front Walk, Mission Beach, 858-228-9283.

Saturday, 8pm — The Dark Star Orchestra. Grateful Dead tribute band, \$27.

Wine Cabana: 2539 Congress St., Old Town, 619-574-WINE. Sunday, 5pm — Bob Bartosik, Jazz.

Winstons: 1921 Bacon St., Ocean Beach, 619-222-6822. Thursday, 8pm — Labor of Love. A tribute to UB40. Covers/reggae. Free. 21 and up.

### **UPCOMING SHOWS**

4th&B: 345 B St., Downtown, October 17 — Gogol Bordello.

October 24 — Mandy Lion.

November 6 — Enrique Bunbury. November 8 — Tiesto.

November 14 - Insane Clown

AcousticMusicSanDiego:

4650 Mansfield St., Normal Heights, 619-303-8176.

October 17 — Kelly Joe Phelps.

October 22 — Tony Furtado. October 24 — The Ditty Bops.

October 25 — Catie Curtis.

October 30 - Tim Flannery

November 6 — The Battlefield

November 11 — Hot Buttered Rum.

November 14 - Peter Mulvev.

November 21 — Ambrosia.

November 28 — Po' Girl. December 4 — Tom Russell.

December 13 - John Gorka.

Anthology: 1337 India St., Little

Italy, 619-595-0300. October 15 — Earl Thomas.

October 17 — The Eldar Djangirov

October 21 — Charles McPherson. October 22 — California Transit Authority.

October 23 - Astra Kelly October 27 — The Anthology

House Band. October 29 — NovaMenco.

November 4 — Jean-Luc Ponty.

November 5 — Tyrone Wells. November 7 — Bill Champlin.

November 11 — Great Big Sea. November 12 — The Gin Blossoms.

November 13 — Chris Pierce.

November 13 - John Mayer.

November 14 — Hiroshima November 18 — Charles

McPherson.

November 19 - Jake Shimabukuro. November 21, November 21 — Joe Sample.

November 25 — Eve Selis. November 27 — Colin Hay.

Athenaeum Music and Arts Library: 1008 Wall St., La Jolla,

858-454-5872.

October 19 - Michael Sellers. October 19 - Joe Rathburn. November 2 — Jaeryoung Lee Jazz

November 9 - Sara Petite

Belly Up Tavern: 143 South Cedros Ave., Solana Beach, 858-481-8140.

October 15 — Federico Aubele.

October 17 — Buju Banton.

October 19 - Our Lady Peace.

October 20 — Bob Mould. October 21 — Grizzly Bear.

October 22 — Poncho Sanchez.

October 23 — Big Bad Voodoo Daddy.

October 28 — The Tragically Hip.

October 29 — Gift of Gab. October 30, October 31 — The

Nightmare Before Halloween.

November 2 — Minus the Bear. November 3 — Edward Sharpe and

the Magnetic Zeros. November 4 — Dinosaur Jr.

November 6, November 7 — The

English Beat.

November 11 — Loud & Rich. November 12 — The Raveonettes

November 13 — Elijah Emanuel & the Revelations.

November 14 — Keller Williams. November 15 — Pinback.

as i hear it

Artist: Derren Raser

Song: "Home in This Direction" (from the CD Home in This Direction)

Heard by: Jason B., Normal Heights



The song had a lot of warmth and immediacy to it. It was almost like he was performing that in a bedroom for you. Typically, it's not what I'm into as far as that softer style goes, but he at least has a good ear

for melody. Some of the tones on it were really nice. There was spare percussion and a good twang on the guitar. There's a fraction of alt-country in there, but overall, it's singer-songwriter stuff. The lyrics were about running away and escaping and figuring out if that's the course of action for him. There were certain moments that made it worthwhile, but, ultimately, it's tough for me to get into stuff like that.

### SAN DIEGO SONGS TAKE THE STREET TEST

Artist: Trophy Wife

Song: "Crashing into Walls" (from their two-track sampler CD)

Heard by: Miguel Estrada, Normal Heights



I liked the good rhythms that it had. The bass line kicks in real good, and the drums are nice and solid all the way through with the cowbell. It starts off with an older style, almost like

country, and then it flows into something edgy like it just wants to go full blast. It mellows out real nice at the end. The guitar reminded me a lot of older Santana. It has that upbeat rhythm and an almost Latin flavor. The only negative thing I could say is that the music drowned out the vocals a little bit, but I'm pretty sure live that could be fixed. It has that quality where 91X could pick it up. I'd rate that song a solid 8 out of 10.

Artist: The Verso

Song: "Stay the Course" (from the CD

Crime of Love)

Heard by: Nick Leutza, Normal Heights



I liked it a lot. The first band I think of is Fugazi, but this definitely has more of a popular sound to it. whereas Fugazi is more "punkish," for lack of a better word. It was like a mixture of slowed-

down, post-hardcore music with some of Morrissey's work. It had a constant beat that was very good, and it changed up a little bit. It didn't have a climax or crescendo to the song, and I thought if they had that and pushed it a little more, it could be catchier. I could see them getting radio airplay but not anything that would be as big as a band like Shinedown. I'd give that song an 8 out of 10.

### TO GET YOUR LOCAL CD HEARD, PLEASE MAIL IT TO:

Music Editor, As I Hear It, San Diego Reader, P.O. Box 85803, San Diego, CA 92186-5803

November 17 — They Might Be Giants.

November 18 — David Lindley and John Hammond.

November 19 — Roger Clyne & the Peacemakers. November 20 - West Indian Girl.

November 21 — Sara Petite.

November 22 — B.B. King. November 25 — Buck-O-Nine. November 27 — The Aggrolites.

Brick by Brick: 1130 Buenos Ave., Linda Vista, 619-275-5483.

October 16 - Kittie. October 17 — Grandview.

October 27 - Koffin Kats. October 31 — Halloween Bash.

November 1 — Brigitte Handley & the Dark Shadows

California Center for the Arts, Escondido: 340 North Escondido Bl., Escondido, 760-839-

4438

October 31 — Heartbreaker.

Canes: 3105 Ocean Front Walk. Mission Beach, 858-488-1780.

October 15 - Mayer Hawthorne.

October 16 — Sean Kingston.

October 17 — The Butthole Surfers.

October 21 — Brother Ali. October 22 — Platinum Rock Stars.

October 23 — Daniel Johnston October 24 — Lyrics Born.

October 25 — Peaches.

October 29 - Rakim October 30 - Inner Circle.

The Cashah: 2501 Kettner Bl Little Italy, 619-232-4355.

October 16 — The Soft Pack. October 17 — The Black Heart

Procession.

October 18 — Wax Tailor. October 20 — Jay Reatard.

October 21 — Noah and the Whale. October 22 - Valient Thorr.

October 24 — Blind Pilot.

October 28 — Art Brut.

October 31 — The Night Marchers. November 8 — The Revival Tour.

November 10 — Electric Six.

November 20 — Friendly Fires. **Copley Symphony Hall:** 750 B

St., Downtown, 619-235-0804. December 8 - Morrissey.

December 12 — Smooth Jazz

**East County Performing Arts** Center: 210 East Main St., El

Cajon, 619-440-2277. January 17 — Kris Kristofferson.

Harrah's Rincón: 777 Harrah's Rincón Way, Valley Center, 760-

751-3100. October 31 — Alice Cooper.

House of Blues: 1055 Fifth Ave., Downtown, 619-299-2583. October 15 - Honor Society October 16 — The Academy Is... and Mayday Parade. October 18 — KMFDM. October 19 — The Pogues.

October 20, October 21 — Brand

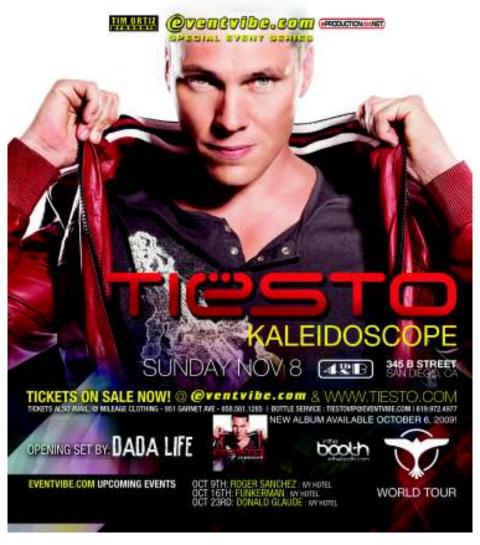
October 22 — Lila Downs October 23 — The Sounds.

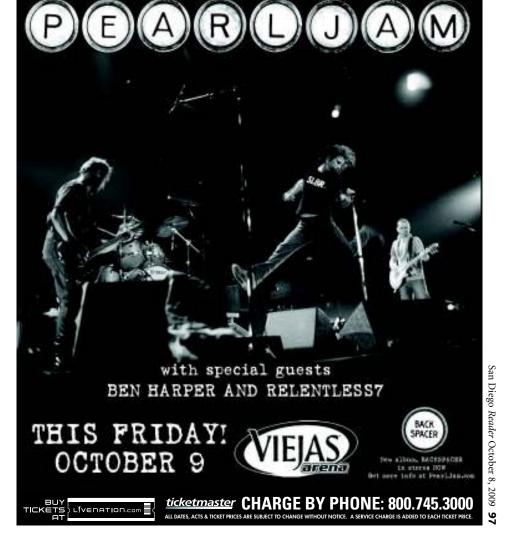


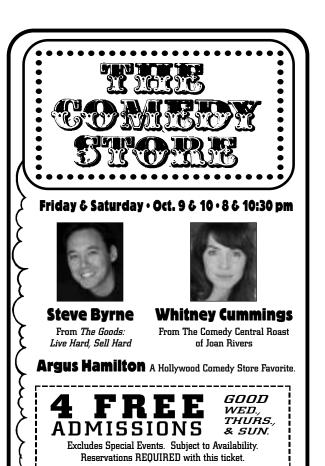












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October 24 — Tech N9ne. October 25 - Rick Ortiz. October 26 — Regina Spektor. October 28 — Flo Rida. October 29 — The Bouncing Souls. October 31 — The Halloween Block Party. November 1 — Deadmau5. November 2 — The Brayery. November 3 — The Airborne Toxic November 4 - Boyz II Men. November 5 — Robert Randolph and the Family Band. November 6 — All Time Low. November 7 — Matt Kearney. November 8 — Hanson. November 12 - Saul Williams. November 14 - Julian Plenti. November 15 — GWAR. November 18 — Peter Bjorn &

John.

November 21 — Say Anything. November 22 — The Black Crowes. Humphrey's by the Bay: 2241 Shelter Island Dr., Point Loma, 619-224-3577. October 15 — Loggins & Messina. October 18 — Roger Daltrey. The Loft: 9500 Gilman Dr., UCSD, 858-534-8497. October 15 — Patrick Watson. October 27 — Yasmin Levy. October 28 — Cyro Baptista's Banquet of the Spirits. October 29 — Zion I. November 2 — Port O'Brien. November 21 — eighth blackbird. December 3 — Jenny Scheinman.

Lyceum Theatre: 79 Horton Plaza, Downtown, 619-544-1000. October 26 - Michael Sellers.

November 19 - Iration.

November 9 — The Jaeryoung Lee Jazz Trio. November 23 — The Ian Tordella

**Open Air Theatre:** 5500 Campanile Dr., SDSU, 619-594-6947.

Jazz Trio

October 17 — Snow Patrol. October 21 — Rob Thomas

Pechanga Resort & Casino:

45000 Pechanga Parkway, Temecula, 951-693-1819. October 16 - Steely Dan. October 23 — Rob Thomas. November 5 — Billy Currington. November 11 — 311. November 19 — Julio Iglesias.

San Diego Civic Theatre: 1100 Third Ave., Downtown, 619-570-1100.

November 14 — The Ultimate

Doo-Wop Show. December 3 — Mannheim Steamroller.

San Diego Sports Arena: 3500 Sports Arena Bl., Midway

District, 619-224-4171. October 17 - Wisin v Yandel. October 18 — Barry Manilow. November 27 — Kiss. December 4 — Trans-Siberian Orchestra.

Soma: 3350 Sports Arena Bl., Midway District, 619-226-7662. October 15 — Passion Pit. October 16 — Yo La Tengo. October 17 — The Audition. October 24 — Boys Like Girls. October 27 — Hit the Lights. November 5 — The Dropkick Murphys.

November 11 — Attack Attack.



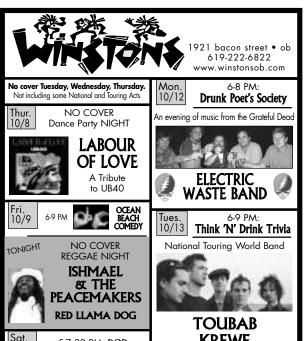


















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Grammy Winning Mexican Alternative Rock



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AN EVENING WITH STEVE EARLE **SOLO ACOUSTIC** 

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INSPIRE FEAT.

SOULRAYE

DANIELLE LO PRESTI & THE MASSES

O BENEFIT THE ECIAL OLYMPIC

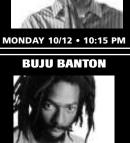
**SATURDAY 10/10 • 4 PM** 

MATINEE



THE EVANGENITALS BILL CARDINAL & THE CANYON BAND

SATURDAY 10/10 • 9 PM



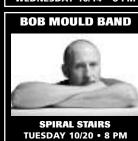
**GRAMPS MORGAN OF** 

**SATURDAY 10/17 • 9 PM** 











11/5 Sea Wolf • 12/12 Son Volt ADDED!



11/22 B.B. King

11/27 The Aggrolites



**UPCOMING SHOWS:** 10/30 & 10/31 Halloween Heat - Two-night 10/11 & 10/18 Salsa Sunday feat. Halloween Bash! Orquesta Primo 10/23 Big Bad Voodoo Daddy w/Skanic 10/24 Tommy Castro Band 10/25 fakebook - Matinee 10/25 Salsa Sunday feat. Orquesta Primo 10/27 KAI&I Radio presents The Soul Shakedown w/Diversified, Self Made Man, Pau Hana, Almost

Islanders & DJ Kingsley 10/28 The Tragically Hip 10/29 Gift of Gab (of Blackalicious)

11/2 Minus the Bear 11/3 Edward Sharpe & the **Magnetic Zeroes** 11/4 Dinosaur Jr. 11/6 & 11/7 English Beat

11/11 Loud & Rich: Loudon Wainright III & Richard Thompson 11/12 The Raveonettes

11/13 Elijah Emanuel & The Revelations 11/14 Keller Williams 11/15 Pinback

11/17 They Might Be Giants 11/18 David Lindley & John Hammond

11/19 Roger Clyne & The Peacemakers 11/20 West Indian Girl 11/21 Stripes and Lines

12/16 Gary Ho Ho Hoey's X-mas Show

12/29 Cracker & Camper Van Beethoven

1/8 Pato Banton & Now Generation

11/25 Buck-O-Nine w/Skanic

12/17 Venice Christmas Show

12/13 Average White Band

1/2 40 Oz to Freedom

1/7 Robben Ford

1/13 Stan Ridgway

1/15 Keb' Mo

Wine, dine & skip the line next door at the Wild Note Café • 858-720-9000

November 14 - Flobots. November 15 — Fun.

November 17 — Dashboard Confessional.

November 19 - Finch and Bless the Fall.

November 20 — Winds of Plague. November 21 — The Whigs.

**Spreckels Theatre: 121** Broadway, Downtown, 619-235-9500.

October 17 — Rodney Carrington. October 20 — Monsters of Folk. October 31, November 1 — Puscifer.

Sushi Performance & Visual Art: 390 11th Ave., East Village, 619-235-8466.

November 3 — James Moore and Pablo Gomez.

December 1 — G.E. Stinson.

Tiki House: 1152 Garnet Ave. Pacific Beach, 858-273-9734. October 15 - Michael Tiernan. October 16 — Joey Harris and the Mentals.

October 17 — Wonka Bar. October 22 — Full Moon Fever: A Tribute to Tom Petty and the Heartbreakers.

October 23 — The Dirty Dishes. October 24 — Pushin Rope. October 30 — The Tighten Ups.

University of California San Diego: 9500 Gilman Dr., UCSD, 858-534-2230.

October 24 — Yacht. November 4 — Susan Narucki. November 18 — Aleck Karis. November 24 — Justin Nozuka

Viejas Casino DreamCatcher Show Room: 5000 Willows Rd., Alpine, 619-445-5400.

October 30 — Jamey Johnson and Randy Houser.

November 7 — Billy Currington. November 14 — Buddy Guy. December 12 — Tower of Power.

### DI

### How to submit a DJ listing:

Call 619-235-3000 x405, night or day by 5 pm Friday, the week prior to publication. To send weekly or monthly schedules, fax to 619-231-0489 or mail to Reader Music Scene, P.O. Box 85803, San Diego, CA, 92186. You may also submit informa tion online, get directions, maps, event alerts, RSS feeds, club coupons, and more at SanDiegoReader.com.

### Air Conditioned Lounge:

Fridays: DJ Junior. Disco, funk, and '80s music. Saturdays: Juicy. With Mike Czech and DJ SG. Sundays: Guest DJ Night. Guest DJs to be announced. Mondays: Rock N Bowl. With guest DJ. Tuesdays, 11:30pm: Big Sonic Chill. Sponsored by San

Diego's 94.9. Wednesdays: Rotating Crew. Spin house, electro, and hiphop. 4673 30th St., Normal Heights. 619-501-9831

Bacchus House: Thursdays, 9pm: Club '80s. With DJs Bryan Pollard and Arzola1, '80s/ industrial/underground. 3054 University Ave., North Park. 619-299-2032.

Bar Dynamite: Thursdays, 9pm: Dynamite Thursdays. Featuring Sound Selectors Smoovgroovs, Hobbs One, Eclektic, and Thumbprint. Hip-hop/soul/ dancehall, Wednesdays, 9pm: Deep House Nite. DJs Duane, Lil Ryan, and Johnny D spin house music. 1808 W. Washington St., Mission Hills. 619-295-8743.

Bar Leucadian: Thursday. 9:30pm: Live DJ. Hip-hop/funk. 1542 N. Coast Hwy. 101, Leucadia. 760-753-2094.

### Basic Urban Kitchen and Bar:

Tuesdays, 7pm: Basic Tuesdays. Featuring art, fashion, and music. Free. 410 Tenth Ave., East Village. 619-531-8869.

Beauty Bar: Tuesdays, 9pm: Trans Am Tuesdays. New wave '80s dance party with DJ Heather Hardcore. Free. 4746 El Cajon Bl., Kensington-Talmadge. 619-516-4746.

Belo: Saturday, 9pm: Epic Saturdays. Hip-hop/house. 21 and up. *Friday*, 9pm: Flaunt Fridays. Featuring DJ Ironic and guests. Electronic. 21 and up. 919 Fourth Ave., Downtown, 619-231-9200.

The Brew House at Eastlake: Saturdays: Brew 30 DJ. Dance, 871 Showroom Pl., Chula Vista. 619-656-2739.

Café Sevilla: Thursdays, 10pm: DI New Yo Rican, Salsa, Fridays, 9:30pm: Blazin' Fridays. Hip-hop and reggaeton with Blazin' 98.9. Tuesdays, 10pm: DJ Israel. Bachata. 555 Fourth Ave., Downtown, 619-233-5979

Calvin's Sports Bar and Restaurant: Friday, 8pm: DJ Gerry and His Gang. Country/hiphop/rock. 28841 Old Highway 80, Alpine. 619-473-1266.

Camel's Breath Inn: Fridays. Saturdays: Live DJ. 21 and up. 10330 Friars Rd., Mission Valley. 619-281-1722.

Candelas: Thursdays: DJ ALA. Deep soulful house music. Fridays: Sessions at 420 Third Avenue, DI Chris Renzulli and DJ Eric B. Adult/contemporary. 416 Third Ave. Downtown 619-702-4455

Confidential: Fridays, 10pm: DJ Henry Diaz. With Tone Capone and Omar. Electronic/hip-hop/ lounge. 901 Fourth Ave. Downtown, 619-696-8888

### The Coyote Bar & Grill:

Thursdays, 10:30pm: DJ Earl Henry. Fridays, 10:30pm: DJ Steve Hasty. Saturdays, 10:30pm, Wednesdays 10:30pm: DJ Paul Dumesnil. 300 Carlsbad Village Dr., Carlsbad. 760-729-4695

### Deco's Restaurant &

Nightclub: Thursdays: Krush. Hosted by Chase Costello, Steve Kamp, Jack Kennedy, and more. Hip-hop/mashups/party rock. 18 and up. 731 Fifth Ave., Downtown 619-696-3326.

El Caion Grand: Fridays, 8:30pm: DJ Neko. Spins classic rock and other hits. Saturdays, 8:30pm: DJ Chuck. Spins classic rock and other hits. 351 W. Main St., El Cajon. 619-444-0949.

Fannie's Nightclub: Thursdays, 8pm: DJ Mick B. Spins hip-hop tunes. Thursdays, 9pm: DJ Undaground. With guests Hiphop/rap/reggae. Sundays, 9pm: DJ Demond. '80s/hip-hop/pop. Free. 21 and up. Mondays, 9pm: DI Undaground. With guests Hip-hop/rap/reggae. Wednesdays, 9pm: J & Biko. Hip-hop/reggae. 9143 Campo Rd., Spring Valley. 619-698-2204.

The Filling Station: Fridays, 9pm, *Saturdays*, 9pm: DJ Dance Party. 9522 Miramar Rd., Mira Mesa. 858-578-0757.

The Flame: Wednesdays, 9pm: Cookies with DJ Dirty Kurty. 3780 Park Bl., Hillcrest. 619-295-4163.

The Fleetwood: Saturdays: DI Ramsey. '80s/hip-hop/house. 639 J St., Downtown. 619-702-7700.

The Flying Bridge: Fridays, 9pm: DJ Ricardo. Reggaeton/salsa. Saturdays, 9pm, Sundays, 9pm: DJ Waistline. Hip-hop/R&B. 1105 N. Coast Hwy., Oceanside. 760-722-

Gaslamp Tavern: Thursdays, 8pm, Fridays, 4pm, Wednesdays, 8pm: C-Phish. 868 Fifth Ave., Downtown, 619-239-3339,

Harney Sushi: Wednesdays, 9pm: Hot Like Wasabi Wednesdays, With DJ Matty A. Electronic. 3964 Harney St., Old Town. 619-295-3272.

### Hawthorn's Restaurant:

Wednesdays: DJ Kiki. 2895 University Ave., North Park. 619-295-1688

Inferno Young Adult Nightclub: Fridays, 9pm,

Saturdays, 9pm: DJ Kool T. Spins Top 40, techno, and '80s. 15 and up.



San Diego Reader October 8, 2009



Free Buffet Breakfast Sundays 10-11:45 am

1/2 price award-winning

Blue Cheese Wings BBQ Pulled Pork Nachos

3112 University Ave.

North Park





Tuesdays

<sup>\$</sup>2 Busch

\$1 Tacos 10 am-8 pm

619-236-8685

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Happy Hour 4-7 pm daily \$2.75 Wells • \$2.50 Beer-of-the-Month 4 Regulation Pool Tables Shuffleboard • Darts

Free Pool Tues.-Thurs. 11 am-7 pm Wireless Internet Available

Every Tuesday Open Mic Night

Wednesday Night Reggae Night with DJ Roger Orange

Thursday, October 8 **DI Fish Fonics DJ Digital Opinion** DJ Frankie Lektro

Friday, October 9 Here No Evil

Saturday, October 10 P.R.I.

775 Metcalf St., Escondido. 760-741-1271.

**The lvy Hotel:** *Thursday*, 10pm: Ruckus. With DJs Nate, STZ, and Dirty Dee. Electro/house. \$10. 21 and up. 600 F St., Downtown. 619-814-1000.

**Kadan:** *Tuesdays*, 9pm: Darkwave Garden. Featuring B. Pollard, Heather Hardcore, MarieScaryMary, and guests. Gothic/industrial. *Saturday*, 9pm: Club '80s. Featuring DJs Bryan Pollard, Arzola 1, 101G, and Roxanne Redlight. Industrial/ underground. 4696 30th St., North Park. 619-640-2500.

**McDini's:** *Tuesdays*, 9pm: '90s Throwback Tuesdays. Hosted by Zerland of Pali Roots. 105 E. 8th St., National City. 619-474-6771. **Moondoggies Pacific Beach:** *Saturdays*, 9pm: What's Good. DJs Enigma and Cisco. Hip-hop, R&B, and Top 40. Free. 832 Garnet Ave., Pacific Beach. 858-483-6550.

Ocean House: Friday, 10pm: DJ Grim. With Harmony Park. Electronic. \$5. 21 and up. 300 Carlsbad Village Dr., Carlsbad. 760-729-4131.

Onyx/Thin: Saturday, 9:30pm: Electronic Oktoberfest. Featuring DJ Ciel and Hessian. Electronica. 21 and up. 852 Fifth Ave., Downtown. 619-235-ONYX.

Pacific Beach Bar & Grill: Wednesdays, 10pm: DJ Tony. 860 Garnet Ave., Pacific Beach. 858-272Pierview Pub/Bub's Whiskey Dive Bar: Mondays, 6:30pm:

**Dive Bar:** *Mondays*, 6:30pm: Metal Mondays. Metal all night long. 301 Pier View Way, Oceanside. 760-757-2827.

RT's Longboard Grill: Mondays, 9pm, Wednesdays, 9pm: DJ Famous Dave. Mixes music videos. 1466 Garnet Ave., Pacific Beach. 858-270-4030.

### Riley's Music Lounge:

Thursdays: '80s Night. Fridays: Hip-Hop Night. Mondays: College Night. With guest DJ. 2901 Nimitz Bl., Point Loma. 619-255-8635.

Sapphire Mediterranean Cuisine & Lounge: Saturdays, 9pm: Rasta Nation Posse. Reggae. 4076 Bonita Rd., Bonita. 619-470-8000.





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M-F 11-2:30pm / 5-11pm Sat & Sun 5-10pm

Happy Hour 7 Days A Week That's how we roll...



### Happy Hour Specials Mon-Sat 5-7pm & Sun 5pm-close \$.99 Nigiri (1 piece)

Albacore • Mackerel • Salmon Snapper • Shrimp • Squid • Surf Clam

\$2.99 Rolls (8 pieces)

California · Philadelphia · Spicy Tuna · Veggie

### Hand Rolls

Salmon Skin \$1.99 Spider Roll \$2.99 Spicy Tuna \$2.49 Shrimp Tempura \$2.49 Spicy Scallop \$2.99

### **Appetizers**

Edamame \$.99 Miso Soup. \$.99 Seaweed Salad \$1.99 Industry Happy Hour Daily 9pm-close



### PRESENTS

~ Friday ~ October 9th @ 9pm

~ Saturday ~ October 10th @ 9pm





Classic & Modern Rock

JNDA

90's Alternative Rock

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El Cajon's Football Station!

Watch Your Favorite Team Every Sunday.

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Every Wednesday & Thursday @ 8:30 pm Largest selection of songs for you to sing from. So get on our stage, under the lights & be a star

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San Diego Reader October 8, 2009 101



### **Upcoming Event**



**Little Italy Festa** Metric Century Bicycle Ride

Saturday, October 10 7 am

Post-ride pasta, veggies & fruit buffet in Little Italy.

www.shadowtour.com

For more information on upcoming events visit sdreader.com

Satin Lounge: Thursdays, 9pm: Hot Latin Beats. Reggaeton, salsa, and meringue. 18 and up. *Fridays*, 8pm: Funky Fresh Fridays. Hiphop/mash-ups. 18 and up. Saturdays, 9pm: DI Dizzy D. Spins hip-hop, old skool, and techno. 18 and up. Wednesdays, 9pm: Blazin' 98.9 Night. With guest DJs. 6195 University Ave., College Area. 619-

Seau's: Thursdays, 7pm: DJ FOS. Hip-hop/jazz. 1640 Camino del Rio North, Mission Valley. 619-291-

Side Bar: Thursdays, 9pm: Ruby Thursdays, 536 Market St., Downtown. 619-696-0946

### Sixty-Seven Bar and Grill:

Thursdays: Tattoo Thursdays. With DI Viktor and DI KB. Fridays: DI Tony Sleeze. Spins Top 40 and hiphop hits. Saturdays: DJ Girth. Spins hip-hop and rock hits. Sundays: Soul Glo Sundays. With DJ Girth and friends. Wednesdays: Beer Pong. With DJs. 10109 Maine Ave., Lakeside. 619-561-6767.

Expressway to Yr Skull. Punk/rap/rock. Free. 21 and up. 255-7224.

9pm: DJ CC. 1125 Sixth Ave., Downtown. 619-702-7933.

Fridays, 10pm: DJ BDP. Saturdays, 10pm: DJ BDP. With DJ MIC-E. Wednesdays, 10pm: DJ WhO. Hiphop/rock. 1200 Garnet Ave., Pacific Beach, 858-272-6066.

Tiki House: Tuesdays, 9:30pm:

Soda Bar: Thursdays, 9pm: 3615 El Cajon Bl., City Heights. 619-

Static Lounge: Saturdays, 9pm: Club Backbeat. Hip-hop/rap. \$15-\$20, 18 and up, 634 Broadway, Downtown. 619-544-1609.

Stingaree: Fridays, 9pm: Live Fridays. Featuring DJs Sanjay and Jorge Luna. 21 and up. 454 Sixth Ave., Downtown. 619-544-0867.

Stout Public House: Fridays.

### Tavern at the Beach:

Thursdays, 10pm: DJ D-Skwiz.

Tunes by Trent. Every Tuesday. 1152 Garnet Ave., Pacific Beach. 858-273-

DJ Waly Mayhem. Mondays, 10pm: DJ Wonderbread. Tuesdays, 10pm: DI WhO, Hip-hop/rock, 3815 30th St., North Park. 619-291-3815. U-31: Thursdays, 8pm: DJ Artistic. With Cros 1. '80s and '90s hip-hop. 21 and up. Fridays, 9pm: Feel the

True North: Thursdays, 10pm: DJ

Bacon Bits. *Fridays*: DJ Ramsey. '80s/hip-hop/house. *Sundays*, 10pm:

Noise. With Gabe Vega and Saul Q. Dance/indie/rock. 21 and up. Sundays, 9pm: Tribe of Kings. Featuring DJs Jestor, Peril, Dash Eye, Unite, and Rashi. Reggae. 21 and up. 3112 University Ave., North Park. 619-584-4188.

Whiskey Girl: Fridays, 9pm, Saturdays, 9pm: DJ Marc Thrasher. Mixes music videos, Sundays, 9pm: DJ Famous Dave. Mixes music videos. Mondays, 9pm: U-Call-It Mondays. With DJ Marc Thrasher. Tuesdays, 9pm, Wednesdays, 9pm: DJ Famous Dave. Mixes music videos. 600 Fifth Ave., Downtown. 619-236-1616.

Whistle Stop Bar: Sundays, 9pm: Too Many Creeps. With DJ Mario O and guests. Post-punk. 21 and up. *Tuesdays*, 9pm: Friends Chill. Board games and mellow grooves every Tuesday night. Free. 21 and up. 2236 Fern St., South Park. 619-284-6784.

Xavier's Bar & Grill: Thursdays, 9pm: Almost Famous Thursdays. Electro/funk/house. Fridays, 10pm: Red Carpet Fridays. Dance/top 40. Saturdays, 9pm: Special Screening Saturdays. Featuring rotating DJs. 750 Fifth Ave., Downtown. 619-233-









Roller Skating Excitement Now every Tuesday 7:30-10:30 pm §8

Adult Learn-to-Skate Clinic 6

Every Tuesday 6:30-7:15 pm Coupon applies to session only.

Skate rental and blade rental extra. Family Fun Saturday & Sunday <sup>\$7</sup> All Day • 1:30-5 pm

Admission Adults-Only Night!

Valid Tuesday, October 13, 2009. \*Buy 1 admission and receive 2nd admission free. Now recruiting for a new team:

Come join the fun! for



6907 Linda Vista Rd. • 858-560-9349 or further info: 858-560-9278 (3 blocks south of Genesee,1 mile north of USD)

# **HAPPY** HOLID

More information about these establishments can be found online at SDReader.com/drinks. including driving directions, coupons, food specials, and more.

**HOW TO SUBMIT A DRINK SPECIAL:** Call 619-235-3000 x700, night or day by 5pm Friday. the week prior to publication. You may also fax to 619-231-0489, mail to Reader Happy Hours, P.O. Box 85803, San Diego, CA 92186, or submit information online at SDReader.com/drinks.

### **ALLIED GARDENS**

Pal Joey's: Sunday, 7pm-close: \$1

### ALPINE

Alpine Inn: Monday-Friday, 3-7pm: \$2.50 drafts, \$3.75 wells, house wine, \$4.75 calls.

### **BALBOA PARK**

The Prado: Tuesday-Friday, 4-6pm, 8-10pm: \$3.50 wells, pints, house wine, house margaritas. Lounge only.

### **BANKER'S HILL**

Bertrand at Mister A's: Monday-Friday, 2:30-6pm: Specially priced cocktails, beer, wine, small plates on patio.

Pizzicato: Every day, 3-7pm: \$3 pints, house wine; \$6 pizza slice + pint or wine.

Offshore: Tuesday-Friday, 3-7pm: \$2 domestic, \$3 sangria, well and micro import, \$5 Tommy Bahama moji-

### CARLSBAD

The Alley: Every day, 11am-7pm:

Boar Cross'n: Thursday-Saturday. 8-9pm: \$1 Bud & Bud Light.

### CARMEL VALLEY

Tio Leo's: Monday-Friday, 3-7pm: \$3 pints. \$4 wells, house margaritas.

### CLAIREMONT

Viva Vino: Monday-Saturday, all day: \$.99 domestic beer.

### COLLEGE AREA

Casa Machado: Monday-Friday, 4-7pm: \$2.75 domestic, \$3.75 margarita, wells. Free nachos and quesadillas.

Shimbashi Izakaya: Monday-Friday, 4-7pm: \$5 cocktails, \$5 glass of wine, \$3 draft beer. Sake & appetizer specials. Saturday-Sunday, 12-7pm: \$5 cocktails, \$5 glass of wine, \$3 draft beer, 1/2-off Asahi & Sapporo. Sake & appetizer specials.

### DOWNTOWN

50% off

cocktails

Happy Hour 5-7 PM

\$3 Beer

**EVERY DAY** 

**OCEANSIDE** 

760-439-3283

2415 VISTA WAY

**Downtown Johnny Brown's:** Monday-Friday, 3-6pm: \$3 domestic bottled beer, \$3.50 pints of the day. 40% off appetizers.

The Local: Monday, 4pm-close: \$3 Bud Light, Miller Lite. \$6 burgers. Tuesday, 4pm-close: \$3 Corona, Pacifico, Dos Equis. \$2.50 chicken/steak tacos, \$3 lobster/fish tacos, Wednesday, 4pm-close: \$10 big pitchers, \$2 BBO pork slider, corn dogs. Thursday, 4pmclose: \$3 Jäger, wells, drafts, bottled beer. \$3 lobster tacos. Friday, 3-7pm:

\$1 off wells, wine, drafts. Saturday, 8-10pm: \$5 premium liquors.

McCormick & Schmick's Seafood Restaurant: Every day, 3-7pm; 9-11:30pm: Wine and drink specials; 1/2-lb. cheeseburgers \$2.95, other \$1.95 specials. Join us for Padres games, next to Petco Park.

Sally's Seafood on the Water: Monday, 2:30-5:30pm: \$3 local beer on tap. *Tuesday*, 2:30-5:30pm: \$4 margaritas, \$3 Mexican bottled beers. *Wednes*day, 2:30-5:30pm: \$3 hot sake, \$3 Japanese bottled beers. Thursday, 2:30-7pm: \$3 drafts, \$5 wells/house wine.

Tivoli Bar: Every day, 4-7pm: \$1 off pitchers, \$.50 off liquor.

Xavier's Bar & Grill: Tuesday-Saturday, 4-8pm; \$3 wells, drafts, \$2 off wine. \$2 off appetizers.

### EAST VILLAGE

Fillina

Station

PUB & GRILL

Daily

**Happy Hour** 

11:30 am to 7 pm

**Nightly Drink** 

**Specials** 

THURSDAYS

52 Pints & 56 Pitchers

after 7 pm

FREE Pool at 7 pm

**Halloween Party!** 

Call for details

FRIDAY & SATURDAY NIGHTS

DJ Dance Party/

Karaoke 9 pm-1 am

SUNDAY THRU THURSDAY

Karaoke 9 pm-1 am

9522 Miramar Rd.

858-578-0757

Northeast corner of Miramar

Road & Black Mountain Road

East Village Tavern and Bowl: Monday-Thursday, 3-7pm: \$3 drafts, wells, wine. \$4 premium drafts, margaritas. Friday-Saturday, 11pmclose: \$3 drafts, wells, wine. \$4 premium drafts, margaritas. \$4 Jäger, Bacardi, Svedka.

Jewel Box: Monday, \$2 PBR drafts. Wednesday, 6pm-2am: \$5 Jäger bombs w/military ID. *Thursday*, 8pm-2am: Industry Night. \$3.75 calls. Must show apron/pay stub.

### **EL CAJON**

Double D's on Broadway: Every day, 10am-noon, 4-7pm: \$2.50 domestics, \$.50 off mixed drinks, \$1 off shots.

Thornton's Irish Pub and Grill: Wednesday-Sunday, 11-6pm: \$2 wells, \$3 drafts.

### **ESCONDIDO**

Tango Restaurant & Lounge: Every day, 4-7pm: \$1 off all drinks; 1/2-off bar menu.

### **GOLDEN HILL**

Turf Supper Club: Friday-Sunday, 12-4pm: \$5 lunch: 1/2-lb. burger, chicken sandwich, or 2 Louisiana hot links + bag of chips. 12-4pm: \$1 off all beer/wine/spirits. All day: \$1 off sirloin steaks, surf and turf.

### GRANTVILLE

**Tio Leo's:** *Monday-Friday*, 5-7pm: \$3 wells, domestic drafts. \$4 margarita (keep shaker).



§3 Personal Pitchers 🖣

Sunday • Free Pool all day & night 7 pm College Night — \$1 shots all night

Monday Madness

**\*** <sup>\$</sup>2 wells & domestics Tuesday • Karaoke 9 pm-1 am

Host Ashley

Wild on Wednesday — Live Band Jam Bring your voice, sticks, guitar & talent. Feat, Danny DiCarlo & Althea.

Karaoke singers welcome. Thursday • Karaoke 9 pm-1 am Host Jesse

Friday & Saturday • 9 pm-1 am

Live Music – No Cover

Friday 10/9 • Night Shift

Saturday 10/10 • Slight Return

Fri. 10/16 • Funk's Most Wanted Saturday 10/17 • Beta Max

### HILLCREST

Cafe Eleven: Every day, 2-6pm: \$4 house margaritas, \$3 wells, house wine, bottled beer. \$3 appetizers: shrimp cocktail, stuffed mushrooms, thai chicken skewers, more

Café Bleu: Every day, 3-7pm: \$5 wines, specialty cocktails, \$6.50 specialty martinis, food specials.

### **KEARNY MESA**

94th Aero Squadron: Monday-Friday, 3:30-6:30pm: \$2.75 Bud Light on tap, \$3 wells. Saturday-Sunday, 1/2price bottles of wine.

Khan's Cave Grill & Tavern: Monday, Friday, 3-6:30pm: \$1 off draft, \$1 off glass of wine. Tuesday, 3-6:30pm: \$1 off draft, \$1 off glass of wine. 3-close: 1/2-off bottles of wine.

Wednesday, 3-close: \$1 off draft, \$1 off glass of wine, Thursday, 3-6:30pm; \$1 off draft, \$1 off glass of wine \$5 martinis. Saturday, 3-close:1/2-off bottles of wine.

### KENSINGTON-TALMADGE

The Kensington Club: Every day. 10am-6pm: \$2.50 wells, drafts, domestic bottles

### LA JOLLA

La Jolla Brew House: Monday-*Friday*, 3-7pm: \$3 wells, house drafts. \$4 house wine. \$5 premiums.

Lupi Italian Restaurant: Tuesday Sunday, 5-7pm: \$3-\$5 martinis, beer, wine. Free doggie treats.

The Melting Pot: Every day, 5-7pm: 1/2-off cheese fondue, salads, chocolate fondue.



Doors open @ 9 am • Breakfast till 2 pm \$10 House Pitchers • \$4 Bloody Mary Bar

### Monday Night Football

**HAPPY HOUR till 9 pm** Halftime Trivia • Team Gear Giveaways

**BOTTLED BEERS \$2.50 · WELLS \$3** DRAFT PINTS \$3 · CALLS \$4 **MARGARITAS \$4 · BLOODY MARYS \$4** 

**TUESDAYS: HAPPY HOUR ALL NIGHT!** 

**ALL NIGHT DRINK SPECIALS** 

**IAGER BOMBERS \$5** 

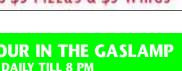
**IRISH CAR BOMBS \$5** 

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Diego Reader October 8, 2009 103

# **HAPPY** HOUR

### LA MESA

Hooleys Irish Pub & Grill: Every day, 3-7pm; 10pm-close: \$1.50 off drafts, \$1 off all mixed drinks, bottled

### LEUCADIA

The Calypso Café: Every day, 5:30-7pm: \$4 wells, sangria, margaritas. \$4 house wine. \$3.50 beer.

### LINDA VISTA

Brick by Brick: Every day, 3-6pm: \$2.50 house wine. 1/2-off beer.

### LITTLE ITALY

Anthology: Monday-Friday, 5:30-7pm: \$6 wells, wine specials. \$8 margaritas, \$9 martinis.

### **MIDWAY DISTRICT**

Brick Alley Bar & Grill: Every day. 3-7pm, 9pm-close: \$1 off pints, \$2 off tall beers

Wine Steals: Wednesday, 5:30-7pm: \$5 wine tasting. Saturday, 4-6:30pm: \$10 wine tasting.

### MIRA MESA

The Filling Station: Monday, \$2 kamikazes. Wednesday, premium beer \$3.50/pint, Saturday, \$3 Bloody Marys. Sunday, \$3 mimosas.

### MISSION BEACH

Guava Beach Bar & Grill: Monday-Friday, 4-7pm: 2-for-1 cocktails, beer, shots. Saturday-Sunday, \$12 Bionic Beavers, \$2.50 kamikazes, \$8 Bud/Bud Light pitchers.

### MISSION HILLS

The Aero Club: Every day, 2-7pm: \$4 drafts, \$3 bottles.

Starlite: Monday-Saturday, 5-7pm: \$3 drafts, wells, \$1 off other. Sunday night: \$5 mules, \$15 off wine bottles.

### MISSION VALLEY

950 Lounge: Wednesday, \$3 wells, beer, house wine.

### **NATIONAL CITY**

Lai Thai Restaurant: Every day, 4-

### NORMAL HEIGHTS

Blind Lady Ale House: Tuesday-Friday, 5-6pm: \$20 60-oz. pitcher local beer and margherita pizza. Saturday-Sunday, 11:30am-6pm: \$20 60-oz. pitcher local beer and margherita pizza.

### **NORTH PARK**

Apertivo: Tuesday-Friday, 5-6:30pm: \$3 glass of wine, imported beers. Sunday, all day: \$2.75 glass of

Redwing Bar & Grill: Monday-Thursday, 11am-6pm: \$2.75 wells, domestic bottles. Friday-Sunday, 10am-6pm: \$2.75 wells, domestic bottles.

Toronado: Monday, 11:30am-5pm \$1 off drafts. Tuesday-Sunday, 11:30am-5pm; \$1 off drafts.

### **OCEAN BEACH**

Winstons: Monday-Saturday, 1-8pm; \$3.50 wells. \$1 off all beer/wine.

### **OCEANSIDE**

The Flying Bridge: Every day, 4pm-7pm: \$3 beer, \$4 wine, 20% off appe-

Hana Japanese Restaurant: Every day, 5-7pm: \$3 beer, 1/2-off cocktails.

Wine Cabana: Monday, till close: \$5 off Malbec. Tuesday, till 7pm: 1/2price appetizers. Wednesday, Girl's Night Out: complimentary chocolate fondue. Thursday, till 7pm: \$3 beers, 1/2-price appetizers. Friday, Cabana Magic Show (usually monthly). Saturday, till 7pm: \$3 beers, disco with DJ & PJ. Sunday, till close: \$4 Sangria, live jazz at 5pm.

### PACIFIC BEACH

The Australian Pub: Monday-Friday, 7-9pm: \$3 Long Islands. Saturday, \$2.50 Karl Strauss, Sunday, \$3 Bloody Marvs.

Big Kahuna's: Monday-Friday, 3-7pm: \$2.50 beer, wine.

The Dog: Monday-Thursday, Sunday, \$6 pitchers.

Miller's Field: Monday-Friday, 3-7pm: \$1 wells. \$2 street tacos

Sinbad Café: Every day, 4-8pm: \$1 drafts, \$1.50 wells, shots, \$2 imports. \$3.50 appetizers. 11am-8pm: \$12-\$15 hookahs

### **POINT LOMA**

The Boathouse: Every day, 2:30-5pm: \$1.99 house margaritas (\$3 Cuervo Gold), \$3 beer of the month, \$4 wine of the month.

C-Level: Monday-Friday, 3:30-5:30pm: \$3.50 Bud Light, Karl Strauss, Stone IPA, \$5 specialty drinks, wells, house wine. \$5 crispy calamari, ahi tuna poke, steamed Fox River mussels, more.

Point Loma Sports Grill & Pub: Monday-Friday, 4-7pm: 1/2-price appetizers.

Riley's Music Lounge: Monday, 4-7pm: \$4 calls. *Tuesday*, *Sunday*, 4-7pm: \$2.50 pints. Wednesday, 4-7pm: \$4 Jäger bombs. Thursday, 4-7pm: \$3 kamikazes, \$4 Jäger bombs. Friday, 4-7pm: \$3 calls. Saturday, 4-7pm: \$5 Long Island/Long Beach.

### **POWAY**

Phileas Fogg's Bar & Restaurant: Monday-Friday, 4-7pm: \$2.50 domestic pints/\$7.95 pitcher, \$3.50 import pints/\$11.95 pitcher. \$2.95 cheese quesadilla, \$3.95 chicken wings,

### RANCHO BERNARDO

Café on the Park: Monday-Friday, 5-6:30pm: \$3 wells, \$4 house margaritas, 1/2-off house wine by the glass, \$1 off beer. Complimentary cheese & crackers, 1/2-off appetizers.

### **RANCHO SAN DIEGO**

Cottonwood Golf Club Bar & Restaurant: Every day, 4-6pm: \$2 drafts. 1/2-off all appetizers including pizza, quesadillas, wings, calamari.

### **RANCHO SANTA FE**

Cavaillon: Monday-Thursday, Sunday, 5-6pm: 1/2-off glass of wine. \$19.95 two-course menu.

### SAN MARCOS

The Jumping Turtle: Monday, 11am-close: PBR \$2.75/pint, \$6.75/pitcher. \$5 cheeseburger w/ fries or salad. Tuesday, 11am-close: \$2 Corona, Pacifico, margaritas. 3pm-close: \$2 tacos. Wednesday, 11am-close: \$4 drop drinks. \$6 monster sandwich w/ fries or salad. Thursday, 7pm-close: \$3 Jäger, \$2.50 Bud Lime. 3-11pm: \$.50 chicken wings. Friday, 5pm-midnight: \$5 Long Islands. \$5 12-inch two-topping pizza. Saturday, 11am-close: \$3 Orange Patron, Tanqueray. \$5.75 Reuben sandwich w/ fries or salad. Sunday, 11amclose: \$2.50 Bloody Marys. \$5 Hole-in-One ham sandwich w/ fries

### SERRA MESA

Channel 1 Sports Bar and Grill: Monday-Friday, 8am-11am: \$1.50 drafts, wells.

### **SOLANA BEACH**

The Fish Market: Monday-Friday, 3:30-9:30pm: \$3.50 wells, discounted beer & wine. \$.95 oysters, \$4.25 smoked trout quesadilla. Saturday-Sunday, 11am-4pm: \$3.50 wells, discounted beer & wine, \$.95 ovsters, \$4.25 smoked trout que-

Pacific Coast Grill: Every day, 4-7pm: \$5 gold margaritas, \$1 off draft, wells, wines by the glass, 25% off wine hottles

### **SORRENTO VALLEY**

Ali Baba's Cave: Every day, 4-6pm: 2-for-1 drinks, \$9 hookahs

**Karl Strauss Brewing Company:** Monday-Friday, 4-6:30pm: \$3.50 beer.

### **SOUTH PARK**

Alchemy: Monday-Friday, 4-6pm: \$2 off wells, including Skyy, Seagram's, Jim Beam, Sauza Gold, \$2 off wines/glass, draft.

Hamilton's Tavern and Café: Every day, 5-8pm: \$1 off local drafts.

Whistle Stop Bar: Every day, 2-8pm: \$1 off all cocktails, pints.

### **SPRING VALLEY**

California Comfort: Every day, 4-7pm: \$2.50 domestic pints, wells, house wine. \$5 appetizers.

### **TIERRASANTA**

Bud's Louisiana Café: Tuesday-Friday, 1-2:30pm; 4:30-6pm: 1/2-price wine and beer. Saturday, 4:30-6pm: 1/2-price wine and beer.

JP's Pub: Monday-Friday, 3-5pm: \$2.50 wells, domestic drafts, \$3.25 house wine.

### UNIVERSITY CITY

Café Japengo: Monday-Friday, 5-7pm: \$3 drafts, sake, \$4.50 wells. \$4 chicken spring rolls, duck potstickers, California rolls.

### **UNIVERSITY HEIGHTS**

Gulf Coast Grill: Monday, all night: \$3.95 wells, drafts, wine. Tuesday-Sunday, 4:30-6:30pm: \$3.95 wells, drafts,

Jumping Bean Cafe & Mexicali **Grill:** Monday-Saturday, 3-6pm: \$1 Coronitas, Pacifiquitas, \$2 domestic, imports, \$2.75 margaritas, \$3 wells, microbrews, \$4 Leaping Horse wine.









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# **Rare Burgers? Rarely**

Trekking in Nepal involved 25 grueling vegan days of rice, lentils, mustard greens, noodles, barley stew, and boiled potatoes (and one glorious night of smoky yak steak and real mashed potatoes from the best darned Sherpani innkeeper in all of Sagarmatha National Park). When my partner and I returned to Kathmandu, we did what Americans do: we ate thin, well-done buff-burgers at the Thamel branch of Neroli's famous Indian burger and ice cream chain. Unfortunately, the water buffalo must have been local, made from the hunks of carcasses sitting out on the street at the nearby butcher's, covered with flies. We both caught vile cases of salmonella. In the 20 years since then, I've eaten maybe ten burgers.

On October 4, the *New York Times* carried an exhaustive report on a virulent strain of E. coli in American ground beef. (The *U-T* reprinted a short extract). This type of bacteria comes from cow poop (not flies): most cattle are fattened up standing cheek-by-cud in crowded feedlots, up to their knees in manure. An FDA honcho quoted in the story was doubtful that the usual health procedures used at home (e.g., cooking the meat well-done and washing the chopping board) were sufficient — this strain of E. coli is so evil, it infects even aprons and towels in the same kitchen.

The villain — nearly unavoidable in supermarket ground beef — is mass-processed meat coming from multiple sources, including low-on-the-cow "spare parts" that are most vulnerable to contamination from manure. The parts are all ground together at a mass slaughterhouse/meat processor.

Scarier yet, there's no way consumers can know how thoroughly the mass processors clean their grinders of clinging, germy meat. The FDA is *not* standing by to inspect the equipment at every slaughterhouse and processor; in fact, as the *Times* revealed, they are as protective of the meat industry as they are of the public. When my friend Bruce Aidells was starting up as a sausage-maker, he used a fine, ethical local German sausage processor to



mix his sausage meats — but for uncured (raw meat) sausages like his chicken-apple breakfast links, he had a smaller, separate grinder on the premises reserved for this use alone.

### How To Be Safe(r)

If you regularly eat "burger joint" burgers — well, now you know the risk, even if you choose well done.

But if you love burgers, you lower the risks by choosing single-sourced, branded, "free-range," "natural," or "grass-fed" ground beef, and/or going to burger joints that grind their own from scratch. At home, you can buy ground meat that's inspected for E. coli *after* grinding, or grind the beef yourself from a single hunk of solid meat. (The specific victim the story cited had eaten frozen patties with the classy-sounding "Angus Burgers" label, but Angus is merely a popular breed, not a specific ranch.)

For cooking at home, Costco is the only mass-

market retailer that actually inspects and tests its meat for E. coli after grinding. Their ground beef is most likely to be worth a gamble for homemade burgers.

> In restaurants that don't grind their own, look for a brand name or for guarantees of organic, "natural," free-range, or grass-raised beef. For instance, local Brandt Beef

in Imperial County does herd together their freerange cattle to be finished off on grain, but their feedlot (at least, per their online videos) still leaves room enough for the animals to prance around (so, less filth on the ankles). Better yet, they use a small meat processor in L.A. — the only other client is Matt Rimel's pristine grass-fed Palomar Mountain Beef.

Whether "free-range, "grass-fed," or "Kobe," branded high-class meats can't risk contaminating their names with grinder remnants of meat contaminated by mass-produced beef. Hence, I've

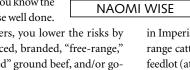
trusted Snake River Kobe and ground bison burgers to make Ethiopian raw-beef "tartare," *kitfo*. Never any ill effects.

### **DIY Ground Meat**

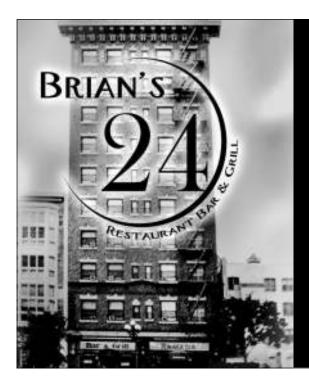
Regular readers may have noticed that I regularly eat raw beef in restaurants as carpaccio, steak tartare, and *kitfo*. The secret is that none of these is made from ground beef; all are made from a single piece of steak, sliced or chopped just before serving. A well-cleaned, refrigerated slab of muscle (that hasn't been sitting out on the hot streets of Kathmandu) is fairly unlikely to harbor serious bacterial contamination.

My friend Teresa, a former restaurateur and cooking teacher from Haiti, taught me an invaluable lesson in cleaning animal proteins, whatever you mean to do with them. (This technique is common all over the Caribbean and throughout West Africa — a brilliant remnant of prerefrigeration eras. If only they'd used it in Nepal!) Cut a lemon or large lime in half (or two, for a larger piece). Lay the meat (or poultry or fish) on a cutting board and, using heavy pressure, rub half the cut citrus all over it, scrubbing hard. Flip and repeat, using the other half of the citrus. Then rinse the meat under very hot tap water until the surface turns gray. (For fish, use cool water.) This procedure removes all traces of the surface moisture that's liable to harbor contaminants.

For burgers, start with a cheap steak (e.g., round, chuck, top sirloin) and trim off silverskin around the edge and excess fat. (Save some fat to add back in; burgers need about 20 percent fat.) After cleaning the meat as above, cut it into manageable chunks. Grind (with some fat) in a meat grinder or run in a food processor until minced. If food-processed, spread meat on a clean cutting board. Quickly, with fingers or tweezers, pull out and discard all the silvery pieces of gristle you can find. (If using an extra-lean cut, you can melt a little butter and mix it into the meat...or, you can



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# Calendar

plant a pat of butter in the center of your patty.) Season meat as desired. If not using immediately, refrigerate until ready to use.

With these precautions, your risks from a rare or medium-rare burger are minimized (but don't sue me—this is no guarantee). As for supermarket ground beef, I still buy it from time to time to use for long-cooked dishes like Latin American *picadillos* and stews. Never for burgers—not since Nepal. And when I do use

supermarket ground beef from now on, afterward I will sterilize my cutting board with bleach.

### **Chef Celebration Dinners**

The annual Chef Celebration fundraising dinner series is back for its 14th year, with extraordinary dinners hosted by Pamplemousse, 1540 Kitchen, Cowboy Star, Cucina Urbana, and Terra Restaurant. The way these work is: The chef at the host restaurant picks a group of colleagues from other restaurants, and together these chefs plan a dinner with each chef in the group responsible for a single course. Are chefs a

little competitive? Would you guess? The result: fabulous food, as each chef does his very best. (I've eaten a number of these dinners. Believe me.) The chefs donate their time, and many of the ingredients are donated by local farms and food vendors.

The cause is a scholarship fund that sends local working chefs from the lower-to-middle kitchen ranks to the Culinary Institute of America (CIA) in Napa for hands-on courses from America's top chefs. Many of your favorite local "top toques" benefited from these scholarships back when they were line chefs or

sous chefs.

The dinner series takes place every Tuesday in October. Each dinner requires a \$65 donation per person (plus beverages and tips), with \$35 tax-deductible going toward the nonprofit scholarship fund. (The other \$30 goes to such necessary overhead as kitchen staff, dishwashing, laundry, etc.) For menu information and to make reservations, please contact host restaurants directly by phone or email. For complete details visit chefcelebration.org. Unfortunately, word about these dinners leaked out late this year, so you've already missed the first couple of dinners. What's left is still awesome:

### Cowboy Star Tuesday, October 13

640 Tenth Avenue, downtown, 619-450-5880; thecowboystar.com Chefs

Victor Jimenez: Cowboy Star Bernard Guillas: Marine Room Brian Malarkey: Oceanaire Christian Graves: Jsix David McIntyre: Crescent Heights

### Cucina Urbana Tuesday, October 20

505 Laurel Street, Banker's Hill, 619-239-2222; sdurbankitchen.com Chef:

Joe Magnanelli and Ben Rollin: Cucina Urbana Colin MacLaggan: Avenue 5 Nathan Coulon: Quarter Kitchen

# Hanis Cavin: Kensington Grill **Kitchen 1540**

**Tuesday, October 27** 1540 Camino Del Mar, Del Mar,

858-793-6460; laubergedelmar.com/kitchen1540

<u>Chefs</u>
Paul McCabe: Kitchen 1540
Matt Gordon: Urban Solace
Jeff Jackson: The Lodge at
Torrey Pines

Christopher Kurz: Grant Grill Jim Phillips: Barona Casino ■











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# **Dessert Oasis**

"Rolando" was dreamed up by developers in the 1920s, to combine "rolling" and "land."

**ED BEDFORD** 

nchor: "And now for a special live report from the border, here's our border-affairs reporter, Ed Bedford. Ed?"

Cue Ed: "Yes, Cindy. I'm actually standing

on the border. One foot on either side, my right planted squarely in El Cerrito, my left in Rolando. You may hear some banging in the background. That's the sound of, uh, pots and pans. Because the extraordi-

nary fact is that this line passes through the entrance of San Diego Desserts. We have Mark here — step a little closer, into the shot, Mark, thanks. Now, you're the owner of San Diego Desserts. It's a question of identity, isn't it? Mark, the world wants to know: What are you, an El Cerritan or a Rolandian?"

"'Scuse me. You okay?"

Oh Lord, it's Mark. He's shaking my shoulder. Fantasizing again. Been a long day.

"Uh, you were saying...?" I ask.

"Only that the demarcation line between El Cerrito and Rolando runs through our front entrance."

I'm at 60th and El Cajon because I needed to refuel, fast. Just finished an all-day job up here. Dizzy in the heat. No lunch. Now it's nearly 8:00 p.m. Saw this low building with a big sign on its roof: "King Pawn." For a moment I thought it said "King Prawn." No such luck. But underneath is another sign that says "Desserts." So I come up, have a look-see, and yes! They've added "...and local bistro!" to the title. They do meals, not just desserts. Lunches and dinners, mostly, with a brunch on Sunday. Plus, they have a wall of wine and a cute-looking patio with white trellises and jungle plants and wispy Moroccan drapes. Of course, the main room displays pastries and

cookies and wedding cakes. Guess they are a bakery that grew. Whatever, quite a little dessert oasis — heh-heh — this far up El Cajon.

I go on through and take a seat in the "gar-

den" area, at a table near to where three women and a man are eating and talking up a storm. I want to see what's on their plates, to get ideas.

One's got a pasta dish. I check the menu. Fettuccini with

chicken and creamy garlic sauce. That's \$9, plus \$2 for the chicken. So, we're talking mid-range, not big-time cheap. The lunches are a little easier on the wallet, in the \$7–\$8 range. A roast-beef sandwich is \$7, quiche is \$8.

The second woman's eating pâté. Ah, yes. Chicken-liver pâté with, uh, "toast points," \$6. The gent and the third woman have a salad. I see little fruit quarters scattered around the top, bright red, like mini-watermelons. Must be the figs of the fig salad. That one comes with "mixed greens, goat cheese, and walnut dressing, \$7."

"Decided?"

It's Mark, order book in hand. But I'm still checking out the menu. I see braised short-ribs with polenta and a green salsa, the most expensive item at \$12. Or pan-seared chicken breast (\$11), "airline chicken," whatever that is, over "spinach-Parmesan potatoes." Roasted salmon's \$10, chicken pot pie's \$8, and meat loaf with mash goes for \$10.

There's another page with appetizers such as poached shrimp (\$7.50), fried polenta (\$7), and a "deconstructed" niçoise salad, meaning items all separated on the plate, I guess (\$9).

Hmm... Kinda hungry. Got a couple of Jacksons aboard, as it happens. So, I go a little crazy and order that fig salad, plus the meat loaf. And, gotta say, when the fig dish arrives,

it's super-delish. Those little sweet bursts, along with the goat cheese, make for a salad you can actually love. Nothing "eat your greens!" about it. 'Specially with the interesting bread Mark has brought.

The meat loaf is comfort food, but no way boring. It has bacon on top and good cheesy mashed potatoes. Trouble is, I'm distracted, rappin' with the folks next door. Started when I took their picture for them. Turns out, Charlie's been a clarinet player with orchestras around the world. Elisa, his wife, is a teacher. Sue's just spent four years out in the Nicaraguan boonies, helping educate women about preventing cervical cancer. And Tanja, who's, like, still a wild woman at 84, runs something called the Peace and Democracy Action Group. "It's simple," she says. "We're trying to stop goddamn war."

After the gang has left, I ask Mark, "So, really, what's this about being on the border?" That's when he tells me about the invisible line. And how El Cerrito means "Little Hill," and the name "Rolando" was dreamed up by developers back in the 1920s, to combine "rolling" and "land." They gave it a romantic Spanish twist by adding an *o* at the end.

Who knew? Meantime, I go completely over the top and order a *tres leches* cake (\$4.75) before I've finished the meat loaf, seeing as how Mark's fixing to close. It's sponge, with layers of that wicked vanilla-fudge-tasting filling that's addic-



Mark

tive like caramel. I never miss getting a stick of it when I'm in TJ — even if I'm there to see Dr. Solorio, the dentist. This has a less intense taste but makes a nice light end to the meal.

Outside, I cross back into El Cerrito territory and head for the 15 bus stop. Already decided what I'll have when I bring Carla here. Glass of port ('cause they have that) and a chocolate-caramel bombe, which I almost got instead of the *tres leches*. Oh, man. That should cost about \$12. And if Tanja and Sue and Elisa and Charlie are there, that'll be the icing on the cake.

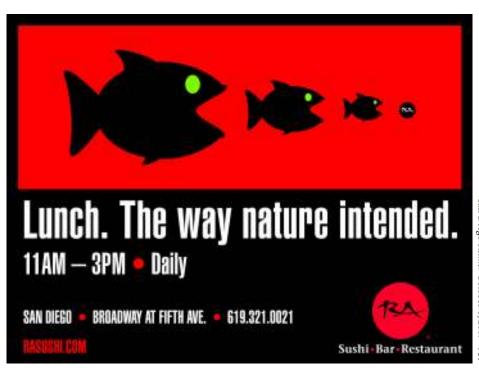
**The Place:** San Diego Desserts, 5987 El Cajon Boulevard, Rolando 619-287-8186 **Type of Food:** American

**Prices:** Sunday brunch smoked-salmon platter, \$8; San Diego scramble (with Brie, turkey sausage, potatoes, mushrooms), \$7; roast-beef lunch sandwich, \$7; chicken pot pie, mixed greens, \$8; bacon and Swiss quiche, salad, \$8; dinner fig salad, \$7; chicken liver pâté, \$6; braised short-ribs with polenta, \$12; pan-seared chicken breast, spinach-Parmesan potatoes, \$11; roasted salmon, \$10; meat loaf with mash, \$10

Hours: 6:00 a.m.-8:00 p.m., Monday—Thursday; till 9:00 p.m., Friday, Saturday; 7:00 a.m.-8:00 p.m., Sunday Buses: 1, 15

Nearest Bus Stops: El Cajon and 59th





# Calendar

### RESTAURANT LISTINGS

A complete searchable list of over 600 restaurants is available online at SanDiegoReader.com. Price estimates are based on the latest information available for a midrange entrée. Inexpensive: below \$10; moderate: \$10 to \$19; expensive: \$20 to \$29; very expensive: more than \$30

### Allied Gardens

Brothers Family Restaurant 5150 Waring Rd., Allied Gardens, 619-287-0880. All the staples: country-fried steak and eggs, pork chops with eggs, Grandma Jennie's pancakes with ham, bacon, and sausage — even hefty beef or tuna or turkey sandwiches with soup. Inexpensive.

### Alpine

Fred's Old Fashioned Burgers 2754 Alpine Bl., Alpine, 619-445-1264. You get a bang for your burger buck, from the junior burger to quarter-pounders and half-pounders to Freds three-quarter-pound "monster burger." Even the BLT sandwich comes loaded

with six slabs of bacon. Inexpensive.

### Baja

From the United States use the prefix 011-52 when calling Mexico.

Cien Años Calle Jose Maria Velazco #1407, Tijuana, 664-634-3039. Mexican haute cuisine, with complex sauces based on Mexican ingredients including tropical fruits, nuts, and chili peppers. Treats: mushrooms steeped in beef marrow, crocodile-meat mini tacos, posole with crabmeat. Moderate.

**Happy Face Restaurant** In Plaza Viva Tijuana (near Yellow Cab parking area), Tijuana. Breakfast (all day) includes *chilaquiles* with chips doused in cheese, a thin steak, frijoles, rice, chips, salsa, coffee, and a house salad. Inexpensive.

Manzanilla Boulevard Teniente Azueta #139, Ensenada, 646-175-7073. Sophisticated "nuevo" Mexican cuisine at this Euro-style bistro features seasonal menus with fresh-caught seafood, locally grown vegetables, and mesquite smoke from the wood-burning grill. A spectacular rib-eye steak, tender and intensely beefy, is a constant. Moderate.

El Nido Boulevard Benito Juárez #67, Rosarito, 661-612-1430. In a restaurant full of caged birds (and a patio with free birds a-wing), enjoy sublime mesquite-grilled aged steaks, quail with garlic sauce, or venison — especially the savory machaca de venado (meat strips with peppers, onions, and tomatoes). Mostly moderate: cash only.

**Rica Torta** Niños Héroes Avenida #890, Tijuana, 664-685-8579. This café may have the best *tortas* (call them Mexican-style hamburgers) in Tijuana. Six-inch rashers of marinated carne asada, slices of ham, squares of cheese, chopped salad, tomato slices, fresh-scooped avocado. Inexpensive.

**Salón Azteca** Rosarito Beach Hotel (south end of Blvd. Benito Juárez),

Rosarito, 661-612-1111. This fabled old hotel's all-you-can-eat Sunday brunch buffet offers a great excuse to check out the gorgeous architecture and meet other travelers in town. Somewhat expensive for the area.

### Banker's Hill

Hexagone 495 Laurel St., Banker's Hill, 619-236-0467. This urban spin-off of Rancho Bernardo's French Market Grille offers provincial "bourgeois cuisine" (snails, frog legs, bouillabaisse) nearly identical to that of the mother ship — including the inconsistent nightly quality. Moderate to expensive.

Hob Nob Hill 2271 First Ave., Banker's Hill, 619-239-8176. All-day breakfasts and sandwiches, and at dinner, while there are a la carte choices, affordable three-course prix fixe dinners with a regular entrée for each day of the week, Mom style) are the order of the day. Inexpensive to low-moderate.

### Bay Park

Bay Park Fish Company 4121 Ashton St., Bay Park, 619-276-3474. Go big (surf 'n' turf can cost you thirtyplus) or small: a filling seafood stew or the panko-crusted halibut tacos go for \$10. Lunch, dinner daily. Inexpensive to expensive.

### **Borrego Springs**

**Olde Homestead Fudge Co.** 590 Palm Canyon Dr., Borrego Springs, 760-767-7782. The chocolate walnut fudge is delicious, but the masterpiece when in season is the Date Shake — a

cold quaff that's ambrosial on a hot afternoon. Inexpensive.

Pablito's of the Desert 590 Palm Canyon Dr., Borrego Springs, 760-767-5753. The most authentic dishes come from the Specialties section of the menu, including a good pork in green chile sauce, enchiladas, and *chilaquiles*. Inexpensive to low-moderate.

### Cardiff

**Beach House** 2530 S. Coast Hwy. 101, Cardiff, 760-753-1321. Branch of a beachy mini-chain. Great oceanfront view, but stay with the simplest foods — burgers, steak, unfussy eggs. Weekend brunch moderate, dinner moderate to very expensive.

### Carlsbad

Fidel's Carlsbad 3003 Carlsbad Bl., Carlsbad, 760-729-0903. It's not upscale modern Mex, but who gives a flyin' fajita when you can order just about any traditional SoCal-Mexican dish and know it's gonna be good? Inexpensive.

**Vivace** 7100 Four Seasons Point, Carlsbad, 760-603-3773. First-class ingredients enliven skillfully executed Italian haute cuisine — think Medici princes, not *mamma mia*. Four-course tasting dinner a relative bargain, but wine list may blow the budget. Moderate (pastas) to very expensive.

### Carmel Valley

Jimbo's, Naturally! 12853 El Camino Real, Carmel Valley, 858-793-7755. Organic grocery chain with prepared foods to go. Best deals at the hot case are usually the daily specials, like vegan seitan stew (a low-fat meat substitute) or Shelton's jerk turkey in fig sauce. Inexpensive to moderate.

**Oggi's Pizza & Brewing Co.** 12840 Carmel Country Rd., Carmel Valley, 858-481-7883. Several San Diego locations. House-made brewskis and American-style pizzas, with thick, slightly sweet crusts, many with elaborate toppings. Also pub grub and vaguely Italian food. Inexpensive.

Sammy's Woodfired Pizza 12925 El Camino Real, Carmel Valley, 858-259-6600. Additional locations in La Jolla, La Mesa, Mission Valley, University City, and Downtown. The crusts are Californian: thick and slightly sweet. The toppings range from ordinary to exotic. The menu includes many salads and a handful of American-Italian entrées. Inexpensive.

**Spices Thai Café** 3810 Valley Centre Dr., Carmel Valley, 858-259-0889. Additional locations in Mira Mesa and

Rancho Bernardo. Not only elegant, but the food contains no MSG and very little fat. The seafood dishes rate highly. Among other delicacies are duck and frog legs. Inexpensive to moderate.

### Chollas View

**Asia Café** 4710 Market St., Chollas View, 619-527-1917. Rare Laotian restaurant's dishes include the famous *larb-kai* (chicken salad with hot peppers, lemon grass, and sticky rice). Inexpensive.

### Chula Vista

The Family House of Pancakes 562 Broadway, Chula Vista, 619-425-5133. Famous for Grandma's buckwheat pancakes, banana-pecan pancakes, and rolled pancakes. Other good bets: deluxe burger with french fries, tomatoes, and house sauce, and grilled tuna sandwich with fries. Inexpensive.

Miguel's Cocina 970 Eastlake Parkway, Chula Vista, 619-656-2822. Additional locations in Coronado and Point Loma. Soups are built on fine stocks, salads can be vibrant, and seafood is treated so tenderly that the shellfish-stuffed tortilla concoctions (shrimp enchiladas, lobster burritos) are luscious. Great for kids. Moderate.

**Zorba's Greek Buffet** 100 Broadway, Chula Vista, 619-422-8853. Families are here for the buffet, spooning up the *spanakopita* (spinach in flaky pastry), dolmas (ground beef and rice rolled in grape leaves), moussaka (eggplant, zucchini, and ground beef), and lamb. Inexpensive.

### City Heights

### Asmara Eritrean Restaurant

4155 University Ave., City Heights, 619-677-3999. Similar to Ethiopian food, with a long, interesting menu, including a fine three-meat combo platter, luscious veggies. Seasoned to your specifications: "hot" means "hot!" Cash only. Inexpensive.

Canada Steak Burgers 3604 University Ave., City Heights, 619-283-4345. Run by a Greek-American family for 30 years, their hamburgers and especially their steak burgers are nicely seasoned and a great value. Interesting Greek choices include gyros souvlaki (skewered lamb), chicken kebabs. Inexpensive.

El Borrego Restaurant 4280 El Cajon Bl., City Heights, 619-281-1355. Specializes in fascinating Mexican lamb dishes, including spicy, smoky *mixiote* (lamb cooked inside thin maguey skin) and *pancita*, similar to haggis. Inexpensive.

### College Area



For over 20 years 6161 El Cajon Blvd. #A 619-229-9050 www.SalaThaiSD.com

**Sala Thai** 6161 El Cajon Bl., College Area, 619-229-9050. Classy atmosphere, tame spicing. You'll have to ask for "hot." Chicken *mussaman* is delicious with taste-boosters like kaffir lime leaves. Health treat: *som tum*, green papaya salad. Inexpensive.

**D.Z. Akin's** 6930 Alvarado Rd., College Area, 619-265-0218. A full range of European-Jewish specialties including deli meats and smoked fish, house-baked breads and pastries, huge sandwiches and dinner entrées (including a lively Rumanian skirt steak and an ethnic sampler platter). Moderate.

The Living Room Café and Bistro 5900 El Cajon Bl., College Area, 619-286-8434. Additional locations in Old Town, Point Loma, La Jolla, and National City. This Swiss-owned café is a student hangout with good breakfast food in huge quantities. Try "The Works" omelet. Inexpensive.

**Toshi Sushi** 5943 El Cajon Bl., College Area, 619-287-3536. The tempura special roll takes battered whitefish and wraps it around the seaweed casing, which is filled with whitefish and garnishes. The Johnny roll shows octopus at its most tender. Inexpensive to moderate.

### Coronado

Bino's European Coffees and Crepes 1120 Adella Ave., Coronado, 619-522-0612. House-baked breads and croissants and crunchy imaginative sandwiches like the Brie Fantasy (Brie, chicken, roasted peppers). Bino's Austrian wife makes great Viennesestyle coffee. Inexpensive.

**Burger Lounge** 922 Orange Ave., Coronado, 619-435-6835. Additional locations in Kensington and La Jolla. Their Tallgrass beef is juicy, tastes sweeter, and comes only from grass-fed cattle. Inexpensive, if you avoid extras like fries and onion rings.

**Island Pasta** 1202 Orange Ave., Coronado, 619-435-4545. Sidewalk

# Free Thai Entrée with purchase of one entrée and 2 beverages. Lunch or dinner. Expires 10/22/09. Lunch specials from \$4.95 • Mon.-Sat. Happy Hour 4-7 pm daily • House wine / Beer (South end of Blvd. Benito Juárez), BANGKOK Thai Bistro 540 University Ave. San Diego (619) 269-9209 619-727-4423





tables, daily made-on-the-premises semolina pasta — and dog-friendly, too, plus a nice wine list. A good veg-etarian special: *verdure* pasta, with artichoke hearts, spinach, capers, mushrooms, onions, and olives. In-

Lil' Piggy's Bar-B-Q 1201 First St., Coronado, 619-522-0217. They call themselves "Memphis style" and indeed cook their meats and tender chicken in a hickory-fueled smoker. Consistency problem — some days you taste smoke, other days not a whiff. Local delivery available. Moderate.

**Mexican Village** 126 Orange Ave., Coronado, 619-435-3111. Old restaurant revives with new (Mexican) owner. Old Coronadans say the signature burritos (filled with tripe, pork and potato, chorizo and eggs, etc.) match even their gilded Korea- and Vietnam-era memories. Inexpensive to moderate.

Primavera Ristorante 932 Orange Ave., Coronado, 619-435-0454. Classic fine Italian cooking with creative nightly specials. Stuffed pastas are made in-house and rolled thin, gnocchi are expertly crafted, and entrées are more interesting than the appetizers. The osso buco is outstanding summertime special of white king salmon. Expensive

Village Pizzeria 1206 Orange Ave., Coronado, 619-522-0449. Mootime Creamery owner David Spatafore decided to set up a cheap, back-east Italian, red-and-white tablecloth, dangling-Chianti-bottle eatery where local families and amateur sports teams can come in and pig out on great pizza and calzone. Inexpensive.

#### Del Mar

Il Fornaio 1555 Camino del Mar, Del Mar, 858-755-8876, Also 1333

First St., Coronado, 619-437-4911. Regional Italian dishes range from filatino con bistecchina (thin grilled steak on a baguette with creamy Dijon and salad) to a mesquite-grilled 22-ounce bistecca alla fiorentina. Great breads, of course. Moderate.

#### Downtown



Anthony's Fish Grotto 1360 N. Harbor Dr., Downtown, 619-232-5103. Additional locations in La Mesa and Chula Vista, 18 fish to choose from available seasonally, most prepared simply. Moderate.

www.BreadonMarket.com

Anthony's Fishette 1360 N. Harbor Dr., Downtown, 619-232-5103, Fast fish, mainly fried, but the clam chow- New England or Fisherman is fresh, thick, tasty. Inexpensive.

Brickyard Coffee and Tea 675 G St., Downtown, 619-696-7220. You sit under poplar trees in a brick patio and except for the wind, it's blissfully silent. With light fare like quiche, salads, and *panini*, it's the nearest thing to a French country café downtown. Inexpensive

Buster's Beach House & Longboard Bar 807 W. Harbor Dr., Down town, 619-233-4300. The real Buster surfed the world — Baja, Oahu, Fiji, Naples, Ocho Rios, Phuket. Here there's a surfer-pub dish from each of those waters, not one of them authentic. Bay view. Prices cover the waterfront.

Le Cake Château 1152 Seventh Ave., Downtown, 619-325-0977. This true French pâtisserie offers golden croissants, gorgeous pastries, and terrific lunches including *croque monsieur* (grilled ham-and-cheese sandwich covered with a Mornay sauce) and crepes with seasonal fruit and sweet cream cheese. Inexpensive.

Cheese Shop 427 Fourth Ave., Downtown, 619-232-2303. Also 2165 Avenida de la Playa, La Jolla, 858-459-3921. Not much retail cheese anymore. They still have all-cheese sandwiches but now specialize in overstuffed spitroasted meat sandwiches like lamb and roast beef. Inexpensiv

Chopahn Authentic Afghan **Cuisine** 750 Sixth Ave., Downtown, 619-236-9236. Enjoy grilled-to-order marinated meats (especially lamb), stews, rice dishes, and appetizers like leek ravioli (aushak), leek or meat turnovers (bulanee), and battered vegetables (pakawra). Moderate.

City Pizzeria 1125 Sixth Ave., Downtown, 619-531-0955. Definitely West Coast pizza, with specialties like the Ranch Chicken pie with garlic chicken, basil, and ranch dressing, or the BBQ chicken with pineapple, red onion, BBQ sauce, and mozzarella. Inexpensive.

Croce's 802 Fifth Ave., Downtown, 619-233-4355. Live music comes free with dinner. Seasonal, creative menu, but simple dishes are best here, like the shrimp carbonara fettuccine in white garlic cream sauce. Fun people-watching from window tables. Expensive.

Jsix 616 J St., Downtown, 619-531-8744. The chef's charcuterie — sausage, cured beef, and smoked ham — is impossible to pass up. Waitstaff talks up the seafood, but the beef dishes are bet-



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## Calendar

ter — rib eye and Angus short ribs, especially. Grazing meals moderate to expensive, full dinners very expensive.

Maryjane's Coffee Shop Hard Rock Hotel, 207 Fifth Ave., Downtown, 619-764-6950. Back to the '50s with frozen peas and instant-tasting mash. The meaty meat loaf may improve on Mom's, but the chicken pot pie is barely better than Morton's. Moderate.

Ocean Room and Lounge 630 Fifth Ave., Downtown, 619-501-6550. Pleasant dishes include mussels marinière, Cajun seafood pasta, seafood pan roast, and Fanny Bay oysters on the half-shell. Or try the oyster shooters. Expensive (but less than average for the neighborhood).

**Operacaffe** 835 Fourth Ave., Downtown, 619-234-6538. True Tuscan cuisine, not austere but simple and sensual, priced for a song — with salads to sing about, unique Florentine home dishes, and sublime seasonal specials. This one's for us, not conventioneers. Low-moderate.

**Organic to Go** 1143 Sixth Ave., Downtown, 619-236-0086. Lunch for most is a lunge at the salad bar, but they make a cheddar albacore tuna melt, a toasted meat loaf sandwich, and a vegan Thai-style veggie wrap. Other interesting dishes include mango-chutneycurry chicken salad sandwich. Inexpensive.

**Osteria Panevino** 722 Fifth Ave., Downtown, 619-595-7959. The glory days have passed, but starters (mozzarella campagnola, fritto misto) still shine, and pastas can be excellent. Osso buco with marrow is best entrée. Try the lemon torte, leave the cannoli. Expensive on up.

Roy's Marriott Hotel, 333 W. Harbor Dr., Downtown, 619-239-7697. Also 8670 Genesee Ave., La Jolla, 858-455-1616. Our outpost of top Hawaiian chef Roy Yamaguchi's ever-expanding chain, serving Pacific Rim fusion and sushi on

a daily changing, seafood-oriented menu. End with the signature chocolate soufflé. Very expensive.

Royal India 329 Market St., Downtown, 619-269-9999. Standard North Indian Sikh menu. The lunch buffet costs a bit more than rock bottom, but is a decent deal if you care about flavor — none of the dishes have that sludgy sameness that mars cheaper buffets. Moderate to expensive.

**Sadaf** 828 Fifth Ave., Downtown, 619-338-0008. Also 613 Pearl St., La Jolla, 858-551-0643. Good Persian food, better at the more adult-oriented L.J. branch. Try skewers of chicken or ground filet mignon with rice or salad, or *albalou polo* (rice, dried cherries, and chicken). Inexpensive to moderate.

**Suite & Tender** Hotel Sè, 1047 Fifth Ave., Downtown, 619-515-3003. Celeb chef Christopher Lee officially presides — phoning it in from Manhattan. Cocktails are more creative than the corporate, Vegas-created "pick hits" menu. Fine raw bar and surf 'n' turf combos won't rock your world. Expensive.

#### East Village

**Neighborhood** 777 G St., East Village, 619-446-0002. This mainly malepatronized, rackety gastro-pub's menu centers on fine half-pound burgers, plus steak tartare, sweet potato fries with bleu cheese curls, creative deviled eggs, mac 'n' cheese, and big, interesting salads. Inexpensive to very low-moderate.

#### El Cajon

Ali Baba Restaurant 421 E. Main St., El Cajon, 619-442-3622. Chaldean specialties served until midnight, in a "sheik's oasis" atmosphere, offering airy house-baked bread, kebabs, lamb shanks, yummy "potato pie," and a "Feast for Three" that will feed five. Inexpensive to moderate.





Hacienda Casa Blanca 700 N. Johnson Ave., El Cajon, 619-442-9827. Old California-style family-friendly Mexican atmosphere and food, including lively *camarones al tequila* and *enchiladas suizas* in tangy green sauce. Brunch and all-day buffet Sundays. Inexpensive to low-moderate.

Hammurabi Family Restaurant 401 W. Main St., El Cajon, 619-401-3200. This Chaldean eatery in Iraquich El Cajon offers exotica like stuffed honeycombs and intestines, along with comforting kebabs, marinated lamb shank, crushed wheat pie stuffed with beef, and baklava. Inexpensive to expensive.

Jasmine Bistro 315 Parkway Plaza, El Cajon, 619-588-8228. By day, the fare centers on fresh Chinese dim sum (finger food) offered by cart and by menu. At night, multiethnic chefs step in to cook up a pan-Asian panoply. Mainly moderate (except for some special entrées).

#### Encinitas

**Bubby's Gelato** 937 S. Coast Hwy. 101, Encinitas, 760-436-3563. Sandwiches include intriguing Mediterranean combinations. Gelati are twice as rich as Häagen-Dazs and feature bold flavors, e.g., vanilla rosewater and chocolate cinnamon. Inexpensive.

Kim's Restaurant 745 First St., Encinitas, 760-942-4816. Both Vietnamese and Chinese dishes are offered in a calm atmosphere with quick, pleasant service. Huge menu highlighted by Vietnamese house specialties and seafood also includes a whopping 45 vegetarian/vegan dishes. Moderate.

**Potato Shack Café** 120 W. I St., Encinitas, 760-436-1282. American fries (served all you can eat), french fries, potato patties, and baked potatoes with various toppings are the heart of the menu. Lunch runs to deli sandwiches (with potatoes) or a hearty bowl of chili con carne. Inexpensive.

Roxy Natural Foods Restaurant 517 N. Coast Hwy. 101, Encinitas, 760-436-5001. The focus is vegan and vegetarian, but they've added fish and a garlicky chicken pizza. Most popular item: falafel burger (made of garbanzo beans) on a bun with melted cheese. Inexpensive.



**Swami's Café** 1163 S. Coast Hwy. 101, Encinitas, 760-944-0612. There are standard dishes, like eggs Benedict or black-bean burrito, but the emphasis is health. Try the protein veggie wrap, with avocado, feta cheese, tofu, and mole, or the Indian curry with tofu. Inexpensive.

#### Escondido

Golden Egg Omelet House 316 W. Mission Ave., Escondido, 760-489-6420. Omelets are light, thin crepe-like eggs wrapped around mounds of elaborate fillings. Thick waffles can be topped with fresh fruit. And then there are eggs, hash, crepes, potato casseroles, humongous burgers, and sandwiches. Inexpensive.

Hernandez' Hide-Away 19320 Lake Dr., Escondido, 760-746-1444. The margaritas (rocks, not slush-ee) are terrific, on a par with Baja's best. The food is a standard menu of Cal-Mex specialties. A pleasant "enchilada pie" is as good as any Midwestern mom's. Inexpensive to moderate.

#### Golden Hill

**Pizzeria Luigi** 1137 25th St., Golden Hill, 619-233-3309. Also 2121 El Cajon Blvd., North Park, 619-294-9417. Real New York pizza, with just-right sauce and crusts thin enough to fold in a V and eat on the run. Better yet: get a whole pie to enjoy at leisure. Neighborhood delivery available. Inexpensive.

#### Hillcrest

Aladdin's Mediterranean Restaurant 1220 Cleveland Ave., Hillcrest, 619-574-1111. Also 5420 Clairemont Mesa Bl., Clairemont, 858-573-0000. Middle-Eastern favorites (hummus, tabbouleh, kebabs, *shawerma*, etc.). Hillcrest branch offers more authentic Lebanese flavors. Inexpensive to moderate.

**Café Bleu** 530 University Ave., Hillcrest, 619-291-1717. French-accented, wine-friendly seasonal cuisine with local produce and grazing options to ac-

company international wines, including fine mushroom vol-au-vent, short ribs with vanilla sauce. Happy-hour bargains, Sunday \$25 three-course dinner. otherwise moderate/expensive.

Café on Park 3831 Park Bl., Hill-crest, 619-293-7275. The place looks trendy, but don't expect PC food. Plates overflow with hearty American fodder. Breakfast especially popular, with huge elaborate scrambles and the prize plate of '49er miners who struck gold: the Hangtown Fry, marinated oysters in scrambled eggs. Moderate.

Crest Café 425 Robinson Ave., Hill-crest, 619-295-2910. "Hearty Home-made Comfort Food" is both the boast and the cuisine, including Sloppy Joes, honey-glazed pork chops, steamed veggie basket, and 11 types of burger (including salmon). Open early to midnight, daily, Inexpensive.

Hong Kong Restaurant 3871 Fourth Ave., Hillcrest, 619-291-9449. Quick service until 2:30am from a huge menu of vaguely Szechuan-Mandarin fare. Consider fried pork-filled wontons on raw cabbage, curry-tinged Singapore-style rice noodles, shrimp with lobster sauce, scallion ginger chicken. Inexpensive.

**Kazumi Sushi** 3975 Fifth Ave., Hill-crest, 619-682-4054. Kazumi's simple but imaginative rolls are distinctively seasoned to flatter the particular fish's flavor. For families, the Ultimate Boat is a huge, encyclopedic platter of sushi, *gyoza*, assorted appetizers, yakitori, teriyaki, and terrific tempura. Inexpensive to moderate.

Kous Kous Moroccan Bistro 3940 Fourth Ave., Hillcrest, 619-295-5560. Witty staffers treat you like dinner guests. Start with chicken or shrimp *b'stila* in cinnamon-dusted phyllo. Lamb Tagine with honey, nuts, and fruit and Chicken Tagine with olives and lemon are standouts. Moderate.

Ortega's Bistro 141 University Ave., Hillcrest, 619-692-4200. You'll find Bajastyle cuisine featuring seafood and grilled foods, with a focus on lobster. Unlike the Baja Ortega's, the lobster isn't deep-fried before grilling. Fun margarita variations. Mainly moderate (lobsters and Kobe skirt steak expensive).

**The Tractor Room** 3687 Fifth Ave., Hillcrest, 619-543-1007. Menu highlights include identical stews of wild boar and buffalo, grilled salmon, and Prime-grade bone-in rib eye, plus good sides of acorn squash and heavy-cream mashed potatoes and gravy. Moderate to very expensive.

Whole Foods Market 711 University Ave., Hillcrest, 619-294-2800. Also 8825 Villa La Jolla Dr., La Jolla, 858-642-6700. Gourmet organic grocery eat-in/take-out selections offer healthy plates like Emerald Mushrooms salad and couscous studded with almonds, raisins, scrambled egg, and veggies. Inexpensive to moderate.

#### **Imperial Beach**

**Giant Pizza King** 600 Palm Ave., Imperial Beach, 619-423-7601. If pizza size matters to you, try on these nine-inchwide, foot-long, loaded pizza slices. The fish 'n' chips dish is generous, they make a large lasagna with garlic bread and salad, and the half-pound shrimp combo is a good value. Inexpensive.

MZM Seacoast Bistro 875 Seacoast Dr., Imperial Beach, 619-424-5800. Serious gastronomy, low price. Weekend breakfasts tend to be simple but sophisticated, like frittata with Polish sausage, prime rib steak and eggs, or scrambled eggs with smoked salmon. Creative dinner fare varies nightly. Inexpensive to moderate.

#### Julian

Jeremy's on the Hill 4354 Highway 78, Julian, 760-765-1587. What a surprise — out here, an ambitious, sophisticated, but well-priced, chef-owned, California-fusion eatery, with dishes like brie and mango quesadilla, mushroom burgers, and bison steaks. Inexpensive to moderate.

#### Kearny Mesa

**94th Aero Squadron** 8885 Balboa Ave., Kearny Mesa, 858-560-6771. Built to mimic a WWI French farmhouse taken over by Yankee flying aces, offering classic American fare and mighty cocktails. Moderate.

**Nijiya Market** 3860 Convoy St., Kearny Mesa, 858-268-3821. Pass by Nijiya's steam trays and heat lamps and go straight to the coolers, where you'll find delicious Japanese chicken cutlets, fresh sushi, and chilled noodles, as well as dessert delicacies like a sweet-bread roll filled with sweet bean paste. Inexpensive.

Phuong Trang Vietnamese Seafood Restaurant 4170 Convoy St., Kearny Mesa, 858-565-6750. Vietnamese "people's food" emphasizing noodle soups, but there are more elegant house specialties, including the "Special Sauce" Dungeness crab from the live tank. Inexpensive to moderate.

**Seoul B.B.Q.** 4344 Convoy St., Kearny Mesa, 858-505-8700. Try the Korean BBQ marinated short ribs or thick marbled slices of sirloin, which come with a bevy of small accompaniment dishes. Adventurous? Go for the goat meat hot pot or Korean steak tartare (*yukhoe*). Moderate.

Shanghai City Restaurant 3860 Convoy St., Kearny Mesa, 858-278-5883. Local Chinese come here for Shanghai seafood dishes or clay hot pots filled with eel and chestnuts or steamed rockfish on a big oval platter. Open to midnight. Inexpensive to moderate.

Spice House Café 9035 Clairemont Mesa Bl., Kearny Mesa, 858-565-1028. Greek-American cuisine, mainly. We don't know if it's the Ortega chiles or Jack cheese or tangy tomato sauce, but some guys find relief with the Hangover Omelet. Other choices: Portuguese sausage with three eggs and the Italian sausage frittata. Inexpensive.







#### La Jolla

**Adobe el Restaurante** 9700 N. Torrey Pines Rd., La Jolla, 858-550-1000. California-Mediterranean creative seasonal dishes with local produce and something for every taste. Moderately expensive.

**Bull and Bear Bar and Grill** 1271 Prospect St., La Jolla, 858-551-0077. Bond-trader atmosphere, prole prices. Best bang for the buck: the Hot Stock Burger, a half-pound patty with a split Louisiana sausage on top. Inexpensive.

Cliff Hanger Café 2800 Torrey Pines Scenic Dr., La Jolla, 858-452-9858. Spectacular ocean view. Try the Launch (a breakfast burrito with scrambled eggs, bacon, cheese, onions, bell peppers, and salsa). Also great and grilled right there are generous half-pound hamburgers. Inexpensive.

La Jolla Rancherita 7404 La Jolla Bl., La Jolla, 858-459-5877. When local spiny lobsters are in season (typically from late October to about February), here's one place that does them right. The juicy critters come with two melted-butter dips, tart coleslaw, and comforting mashed potatoes. Moderate.

Marrakesh 634 Pearl St., La Jolla, 858-454-2500. A dramatic Moroccan restaurant with tented ceilings and lowbanquette "sheik" seating offers five-course prix fixe dinners with superblentil soup, salad, chicken-filled phyllo pie, entrée, and orange-flower perfumed almond baklava. Best entrées lamb with honey (when available), chicken with olives, duck. Moderate.

**Roppongi** 875 Prospect St., La Jolla, 858-551-5252. Gorgeous interior, large, heated street patio, Euro-Asian fusion menu with tapas and sushi as well as entrées. The treats of any size add up to expensive.

The Shores Restaurant 8110 Camino del Oro, La Jolla, 858-456-0600. The hotel restaurant with closeup sea views serves "Neighborhood American Cuisine" with a fun wine list. Moderate to high, with weeknight inexpensive happy-hours bites 4 to 6pm

**Sky Room** La Valencia Hotel, 1132 Prospect St., La Jolla, 858-551-3744. After renovation in 2007, Sky Room is now modern, sleek, and quietly chic, with a simplified menu of California cuisine and slightly lower (still steep) prices. The romantic, panoramic view remains, of course. Expensive.

**La Taverna** 927 Silverado St., La Jolla, 858-454-0100. Italian home-style, including chef-owner Mary Ann Vitale's house-made Sicilian-style fennel sausage. If the feather-light potato gnocchi is on special, just say "yes." Moderate.

**Truluck's** The Aventine, 8990 University Center Lane, La Jolla, 858-453-2583. Florida-based surf 'n' turf chain offers irony-free retro '50s décor and dinners featuring crustaceans (including seasonal stone crabs), other seafood, and natural meats — all carelessly cooked, but the meals are piled high with starches. Towering sweet desserts, fun wines. Moderate to very expensive.

#### La Mesa

Jitters Coffee 8201 La Mesa Bl., La Mesa, 619-460-4800. This small corner café is a local morning favorite. Flyin' Hawaiian waffle has macadamias, chocolate, banana syrup, whipped cream, but "plain" standards like the breakfast burrito are plain good. Lunches offer homemade soups, sandwiches, and salads. Inexpensive.

Over 900 more restaurant listings at SanDiegoReader.com



#### Lemon Grove

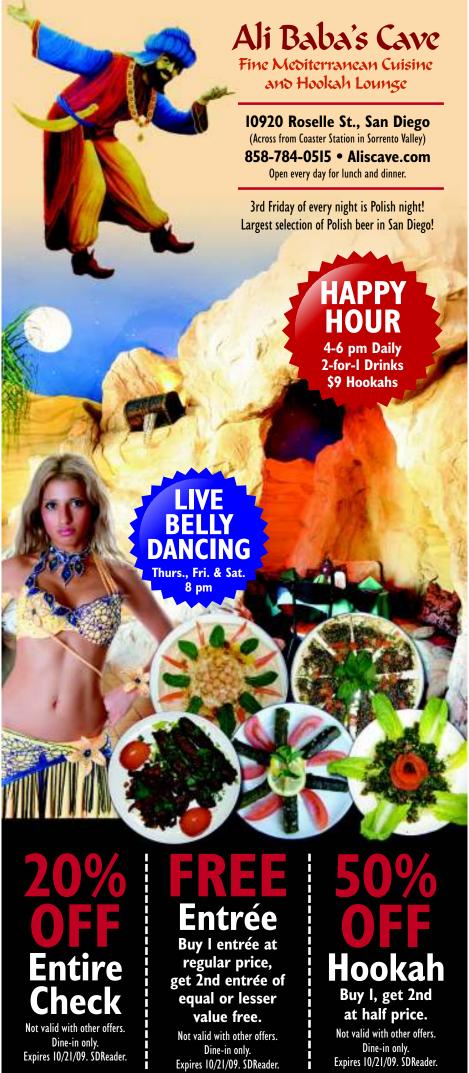
Charley's Famous Hamburgers 8213 Broadway, Lemon Grove, 619-460-2690. An old red-and-white gas station that looks like a café. The palm and ficus trees have replaced the gas pumps. The menu is a long list of hamburgers, hot dogs, sandwiches, and kebabs. Inexpensive.

#### Leucadia

La Especial Norte 604 N. Coast Hwy. 101, Leucadia, 760-942-1040. It's famed for superb soups — the Mexico City-style chicken soup is laden with avocados, chicken shreds, cilantro, and rice, and the eggplant soup includes airy little croutons of puffed *relleno* batter. Inexpensive.

A Little Moore Coffee Shop 1030 N. Coast Highway 101, Leucadia, 760-753-8228. Standard but generous breakfast and lunch fare in an old-time atmosphere has kept the place humming since the 1950s. Specials named after local characters. Inexpensive.





San Diego Reader October 8, 2009











### Free French press coffee



### Half off pizza

Buy one pizza and get a second pizza of equal or lewer value for half off.



#### Free entrée

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sushi

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menu

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item

Hilltrest

Mami

Expires 19-22-09 • Coupon code: G1PSD8





70 Town Center Pkwy, Ste. C Santee

619-596





San Diego 619-233-3388 8790 Cuyamaca Rd., Ste. N



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25% off frozen yogurt



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#### Free entrée

Buy one entrée and two beverages and get a second entrée of equal or lesser value free. Dine-in only

Free dinner

entrée

with any other offers. One coupon per table

a second of equal or lesses value live with purchase of two beverages. Not waid



12205 Scripps Poway Pkwy. #E106

Poway 858-549-1818

Rancho San Diego

Expires 10-22-09 - Coupon code: G1FSDR

JAPAN HOUSE



50% off pizza

Buy one pizza and get a second of equal or lesser value for half off, Valid only at Poway location.



New York pizzeria

15% off

food bill



### Free pasta dinner

With purchase of another pesta dinner of equal or greater value plus two drinks. Dine in only.



Carlsbad 760-720





Expires 19-22-09 - Coupon code: G1FSDR



pizza free medium one-topping pizza with purchase of large two-topping pizza. Not valid



with any other offer.



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entrée

Expires 10-22-09 - Coupon code: G1PSDR



10330 Friars Road #114

Grantville



336 W. Valley Plovy. Escondido 760-737-7455

19-22-09 - Coupon code: G1PSDR

3870 Valley Centre Dr., Suite 303 Carmel Valley

Expires 10-22-09 - Coupon code: G1PSDR



\$5 off

Your next purchase of \$20 more. Not valid on fridays 4:30pm-9:00pm.

6 free

bagels With purchase of six bagels at regular price

Expires 10-22-09 - Coupon code: G1PSDR

Del Mar

Hillcrest 619-291-7525

13307 Poway Rd

B58-486-4558

527 University Ave



#### Free sushi

THAT

Buy one sushi roll and get a second of equal or lesser value for free





1030-B Torrey Pines Rd

La Jolia 858-551-1063



value free. Dine-in only Not valid Thurs, Max value \$15

Court On Is!

\$2 off

entrée

Free

dinner







## Free burrito

ay one bean & cheese burnto and get one free. Offer only good at Tierrasanta location.



buffet Not valid on holidays. not be combined with any other offer

15% off



With the outsthose of one entrée and one drink at regular price. Limit 4 per coupon. One coupon per table. No separate checks. Not valid on weekends, holidays, private parties, or with any other offer

own San Diego





### Free kids' meal (Ages 3-8) from the kids menu with purchase of

2110 Birch Rd. Ste. 102 Otay Ranch

San Ysidro 6/9-690-1494

Expires 19-22-09 - Coupon code: G1PSDR



two regular entrées.

Not waid on weekends.

San Diego Reader October 8, 2009

Expires 19-22-09 - Coupon code: G1FSDR

Rancho Bernardo Expires 10-22-09 - Coupon code: G1PSD1



## Calendar

#### Lincoln Park

Magnolias 342 Euclid Ave., Lincoln Park, 619-262-6005. Soul food from Louisiana: the fried chicken is beyond compare, the jambalaya well-nigh perfect, and the BBQ shrimp, crawfish bisque, and étouffée are splendid. Great side dishes include candied sweet potatoes and cornbread dressing. Low-moderate.

#### Little Italy

Just Burgers 2034 Kettner Bl., Little Italy, 619-234-7900. Juicy, healthy, grass-fed beef from happy healthy cows, with a wide choice of burger garnishes. Not cheap, but congratulations — you're PC. Inexpensive-moderate.

Pappalecco 1602 State St., Little Italy, 619-238-4590. Copy of a café in Pisa that three brothers created there, and now here. Meals are mostly salad-charcuterie-cheese combos. One delicious combo: the Rustico, varied Italian cold cuts with pungent goat cheese and bread. Inexpensive to moderate.

Vincenzo Ristorante Italiano 1702 India St., Little Italy, 619-702-6181. The specialty at this tourist favorite is Sicilian seafood. Succulent veal is expertly grilled, and the Italian sausages (from Pete's Meats, up the block) are zesty. Moderate.

#### Logan Heights

**La Fachada** 20 25th St., Logan Heights, 619-236-8566. Open until 3am (and 24 hours on weekends), this restaurant serves both Mexican and Anglo food. Good Western omelet breakfast, great Mexican seafood soups, and fun outdoor eating evenings until 11 pm. Inexpensive.

Patty's Fruitland 1789 National Ave., Logan Heights, 619-239-3085. The specialty is fruits — in drinks, salads, and combos like pico de gallo (rooster's beak) with fresh-sliced fruit and raw veggies (jicama, cucumber dusted with cayenne). Also meat sandwiches, shrimp tostadas, hot dogs. Inexpensive.

#### Midway District

**Bull's BBQ** 1129 W. Morena Bl., Midway District, 619-276-2855. Genuine BBQ, tender meats, and poultry dryrubbed with spices, smoked over

mesquite-applewood chips, lightly sauced. (Order at the counter.) Masterpiece dish: dark, spicy, filé gumbo, served with a spectacularly moist jalapeño-spiked corn muffin. Patio seating. Moderate.

#### Mira Mesa

Ashoka the Great 9474 Black Mountain Rd., Mira Mesa, 858-695-9749. Classic North Indian menu specializing in tandoori dishes. Numerous vegan and vegetarian choices, too. Buffet lunch daily and some dinners. Inexpensive.

Gateway to India 9520 Black Mountain Rd., Mira Mesa, 858-566-5522. Friday or Saturday, it's crowded with Indian families coming for the allyou-can-eat buffet of Punjabi and Gujarati specialties, including aloo curry, chhole (garbanzo beans), bengan bartha (eggplant), and sensational Asianmango desserts. Inexpensive.

#### Mission Beach

The Mission Café and Coffee House 3795 Mission Bl., Mission Beach, 858-488-9060. Eco-conscious breakfasts and lunches. Outstanding are cinnamon French toast, blackberry-banana pancakes, and roast beef hash with rosemary potatoes and eggs. Chino-Latino lunch items. Inexpensive.

#### Mission Hills

Gathering Bar and Grill 902 W. Washington St., Mission Hills, 619-260-0400. Familiar comfort fare, like the Southwest burger (avocado, Jack cheese, and salsa) or the Monte Cristo sandwich. Owner does magic card tricks around 6pm some evenings. Inexpensive.

El Indio Mexican Restaurant 3695 India St., Mission Hills, 619-299-0333. The deep-fried taquitos are their topselling item. But try Burrito Indio, a wheat tortilla stuffed with marinated zucchini, corn, beans, onions, cheese, and tomato, and the potato burrito, another good vegetarian choice. Inexpensive.

#### Mission Valley

**24-Hour Valley Kitchen Family Restaurant** 875 Hotel Circle South, Mission Valley, 619-819-1017. Hot French dip is great and burgers are generous. Better yet, breakfast around the clock. Inexpensive to moderate.

Uno Chicago Bar and Grill 7007 Friars Rd., Mission Valley, 619-298-1866. Also Escondido, Pacífic Beach, Fashion Valley, Chula Vista. Deep-dish pizzas have become one of Chicago's

## What the Chef Eats by Pamela Hunt-Cloyd

#### GREEN PAPAYA AND MANGO SEAFOOD SALAD

BY GERALD WARNER
Executive Sushi Chef, Café Japengo

Cooking is a family thing for me. We live in a cul de sac, so sometimes the neighbors come over, too. A lot of times, I cook on the grill. I do steaks and chicken dishes that go with what we grow in our garden. Every night we have a cheese board with dinner. We do some melted Brie and sharp Parmesan before dinner with good wine. Sometimes we have fresh artichokes or other vegetables in season. It's just family

The kids grew up with me in the garden, planting seeds. My kids pick green

time. It's how I grew up.

beans and cucumbers and I give them a butter knife so they can help prep salads and cut up vegetables. They love to help. In our garden we grow carrots, asparagus, cucumbers, peas, green beans, corn, and peaches and oranges. We also have chickens so we can always have farmfresh eggs. I go out with the kids and they have a partnership with what they are eating. Anytime I need to plant I have the kids help. I say, "This is your corn. These are your green beans." I say, "Go get me some carrots," and they feed the tops to the rabbits.

Once I told my kids that if they ate beets it would turn their pee pink. They try things and like them and vegetables become the norm.

I grew up in Poway with a big garden and loved to cook with my mom, slicing and dicing in the kitchen. I was always big into the outdoors, too, and got a degree in fitness from Humboldt State. I started making sushi because my Japanese history professor at Humboldt had a Japanese restaurant and he hired me. I love to fish and bring in abalone, so making



sushi fit right in. When I started at Japengo, I was a little tempura boy in the back of the restaurant and the sushi chefs bossed me around. But I worked my way up the ranks and now I'm the executive sushi chef at Japengo. I love the interaction with people in the restaurant. I ask, "Hey, what do you like?" and when they tell me, I make new combinations of sushi for them.

better-known exports. Now Uno does serious steak too, with Angus top sirloins. Inexpensive to moderate.

#### **National City**

**The Barbecue Pit** 920 E. Plaza Bl., National City, 619-477-2244. Rustic timber, knotty pine, animal heads on the walls, and meats cooked true Southern BBQ style, over oak. Inexpensive.

China Super Buffet 3007 Highland Ave., National City, 619-336-9989. This buffet promises "over 100 items daily." Many are very good — marinated baby octopuses, mussels topped with melted cheese, roast beef au jus. Plus groaning salad bars, adequate sushi. Inexpensive.

#### North Park

**Apertivo** 3926 30th St., North Park, 619-297-7799. Wine-bar/bistro offers tapas of scaled-down Italian clas-

sics, including tasty prosciuttowrapped shrimp, eggplant rollatini, lemon cheesecake mousse. Noisy, no reservations, packed on weekends. Inexpensive.

Chicken Pie Shop of San Diego 2633 El Cajon Bl., North Park, 619-295-0156. Now, as in the '30s, chicken pie comes with chicken meat, doused with white gravy and accompanied by mashed potatoes, veggies, coleslaw, a roll, *and* dessert. Inexpensive.

**Sea Rocket Bistro** 3382 30th St., North Park, 619-255-7049. It's easy being green with a menu of sustainable, mainly local seafood and produce. Sea urchin bisque and grilled fresh sardines are top picks, along with plump, seared Baja scallops, and any dish with Carlsbad mussels. Noisy room. Moderate.

**Urban Solace** 3823 30th St., North Park, 619-295-6464. American comfort food with a faint Southern accent, including, sweet potato fries, a big burger made of Brandt Natural Beef "cooked your way" (and rare is reasonably safe). Great "bluegrass brunches" with live music. Moderate.

**Zensei Sushi** 3396 30th St., North Park, 619-546-6171. The sushi is well made and based on seafood from the same fishmonger used by Ota and Nobu. The party rolls (like Stuffed Tomato or Honeymooners) may not be original, but they're delicious fun. Moderate.

#### Ocean Beach

Roots 4976 Newport Ave., Ocean Beach, 619-222-9000. Tiny vegan-organic eatery offers crunchy wraps like the Thai Peanut and the Arti (artichoke hearts, feta cheese). Interesting sandwiches include portobello mushroom with tomato and provolone on ciabatta or the Avo (avocado, onion, and tomato). Inexpensive to moderate.

**Sapporo Japanese Restaurant** 5049 Newport Ave., Ocean Beach, 619-222-6686. Lunchtime specials give you a miso soup, salad, and a combo like chicken teriyaki and California rolls and white rice. Other specials include

yaki soba, champon noodle soup, and the chicken bowl. Inexpensive.

#### Oceanside

**Azafran** 1001 S. Coast Hwy. 101, Oceanside, 760-435-0005. Cuban cuisine. Try the house-baked breads, the tender roast pork with garlicky *mojo* sauce, or the traditional Cuban pressed sandwich oozing ham, roast pork, cheese, mustard, pickles. Inexpensive.

Hill Street Cafe & Gallery 524 S. Coast Hwy. 101, Oceanside, 760-966-0985. Organic in O'side, including Cajun chicken for lunch and breakfasts of tofu/spinach scramble and *pan perdu* (to us peasants that's French toast) with fresh fruit and syrups. Inexpensive.

#### Old Town

Berta's Latin American Restaurant 3928 Twiggs St., Old Town, 619-295-





I love to cook. Even when I am off work, I cook.

#### INGREDIENTS

1 cup shredded green papaya (shoestring style) 1 cup shredded English cucumber (shoestring style) ½ cup strips of fresh mango 1/4 cup cleaned cilantro leaves 1/3 cup ponzu (citrus soy sauce) 1/2 teaspoon grated or minced

ginger (not pickled ginger) 1/2 teaspoon sesame oil

1 teaspoon toasted sesame seeds 1 teaspoon chili sauce (optional)

½ cup chuka seaweed salad (sometimes called "ocean salad," available in Asian markets)

1 cup assorted sashimi grade fish (tuna, fresh salmon, yellowtail, octopus, crab) HOW TO DO IT

Slice papaya and cucumber into very thin, shoestringsize slices or run through a mandolin. Slice fresh mango and chop cilantro. In a medium bowl, mix the ponzu, ginger, sesame oil, sesame seeds, and chili sauce (if desired). Add vegetables, chuka seaweed salad, and fish and gently combine. Serve in bowls or

on beveled plates.

NOTE: Sushi ingredients can be purchased at: Catalina Offshore Products. 5202 Lovelock St. San Diego, CA 92110 Phone: 619-297-9797 Fax: 619-297-9799

To get other recipes from local chefs, go to sdreader.com.

style, mushroom cappuccino soup, and tarte tatin. Dinners expensive.

Samurai Japanese Restaurant 979 Lomas Santa Fe Dr., Solana Beach 858-481-0032. The sushi is ultra-fresh. and the friendly chefs make their compositions look beautiful. Also Japanese dinners, special kaiseki meals, and a teppan room. Mostly moderate; kaiseki and some teppan items expensive.

#### Sorrento Valley

The Grill 10920 Roselle St., Sorrento Valley, 858-587-7940. The Greek owners give it character with generous but cheap breakfast dishes like the Mediterranean omelet and lunch specials like the luscious Philly cheese steak. Inexpensive.

#### South Park

Vagabond 2310 30th St., South Park, 619-255-1035. Eclectic bistro fare, French-based but with ever-changing global menu. Don't miss the moulesfrites or the deep-flavored Peruvian seco de carne meat stew. Noisy when full.

#### Southcrest

Elaine's Coffee Shoppe 1212 S. 43rd St., Southcrest, 619-264-6525. A bright, '70s-style breakfast-all-day spot where long-time owner Su Cha Yang also caters to vegetarian, Muslim, and Korean customers. Try the ham, bacon, mushroom "hunter" omelet, or fill up on the pork chop plate. Inexpensive

#### **University City**

Café Japengo 8960 University Center Lane, University City, 858-450-3355. Chic scene where men with Bentlevs and glam gals nibble above-average sushi and Asian fusion, especially on jam-packed Thursday nights. Best bet: graze on appetizers and creative party rolls. No reservations for sushi bar, so come early. Very expensive.

#### University Heights

Brians' American Eatery 1451 Washington St., University Heights, 619-296-8268. Open all night on weekends, and late night is a scene. But for many, breakfast is the thing: Charbroiled top sirloin with eggs and potatoes is a Saturday morning treat. Inexpensive.

Mama's Bakery and Lebanese **Deli** 4237 Alabama St., University Heights, 619-688-0717. The round Lebanese oven cooks flat bread (saii) that goes with baba ghanoush (eggplant dip) and fool madamas (fava and garbanzo stew). Must-haves include beef shawerma wrap, falafel wrap, and savory meat pie. Inexpensive.

Muzita Abyssinian Bistro 4651 Park Bl., University Heights, 619-546-7900. Hospitable intro to veg-rich Ethiopian/Éritrean cuisine, served family-style, to eat using healthy wholegrain spongy pancakes to pick up savory morsels. Try Ethiopian beers or crisp honey wine. No wheelchair access to interior. Moderate.

#### 2343. The culinary pick hits of all the Americas including superb Chilean empanadas and *pastel de choclo* corn pudding, Peru's herbal *seco de cordero* meat stew, earthy Guatemalan chilemal. Moderate.

#### **Pacific Beach**

The French Gourmet 960 1725. Classic French dishes — pâté, ratatouille, calf's liver — in a homey atmosphere. Start off with escargots or mussels and hope that the soup du jour is gingered cream of carrot. Fine dessert pastries and cheese plate. Moderate to

Great Moon Buffet 1840 Garnet Ave., Pacific Beach, 858-273-6868. Classy Chinese all-you-can-eatarama offers great surf 'n' turf possibilities, like prime rib and jumbo shrimp or crab and roast duck. Or choose mayonnaise mussels or caramel-y Japanese charcoal-grilled eel (unagi) on rice. Inexpensive

Kono's 704 Garnet Ave., Pacific Beach, 858-483-1669, Chow down on a patio on the pier at this inside-outside café, the prototypical California surfer hangout. Tourists and locals alike flock here for generous breakfasts and burgers. Inexpensive.

World Famous 711 Pacific Beach Dr., Pacific Beach, 858-272-3100. Right on the boardwalk with sea view, the prime rib, surf 'n' turf, and tournedos are fine. To beat the big prices, try the beach burger or seared ahi Caesar salad. Breakfast and lunch inexpensive; dinners moderate to expensive.

Zanzibar Café 976 Garnet Ave., Pacific Beach, 858-272-4762. Also 707 G St., Downtown, 619-230-0125. Casual

food until 11pm or later. The three-egg breakfast scramble is great. So are the avocado fontina cheese omelet and eggs Benedict with non-Canadian baconand the indulgent blueberry buttermilk pancakes. Inexpensive.

#### **Point Loma**

Roseville 1125 Rosecrans St., Point Loma, 619-450-6800. Chef Amy DiBiase invokes French classics but with twists and local produce, e.g., asparagus subbing for frisée in a bistro salad with pancetta and egg or flawless duck confit that's France's answer to Peking duck. Expensive.

Tender Greens 2400 Historic Decatur Rd., Point Loma, 619-226-6254. This "healthy food" chain features great soups, desserts, and local, organic produce served cafeteria style with or without mesquite-grilled natural beef, freerange chicken, or local tuna in salads or ciabatta sandwiches. Inexpensive.

#### Ramona

Kountry Kitchen Ramona 826 Main St., Ramona, 760-789-3200. They still open at 5am for the farmers. Try the Italian Sausage breakfast, a sausage with a rich, sharp flavor, with eggs and hash browns. Or the Cowpoke Country Special, a buttermilk short stack with eggs and sausage or bacon. Inexpensive.

#### Rancho Bernardo

Pearl Chinese Cuisine 11666

3388. Authentic Hong Kong cuisine, beautiful setting. Daytime dim sum in-cludes irresistible Shanghai soup dumplings. Dinners range from folk food to "gold cup" dishes. Try the sea bass with pine nuts. Moderate, with some expensive specialties.

#### Rancho Santa Fe

Mille Fleurs 6009 Paseo Delicias, Rancho Santa Fe, 858-756-3085. The daily changing menu sports first-rate modern French/Euro cuisine by chef Martin Woesle. The menu's often most exciting on weeknights, when chefs have time to stretch, but more luxurious dishes appear on weekends. New "bistro menu" of casual French cuisine and weeknight three-course prix fixe offer some affordable choices. Otherwise expensive.

#### Santee

The Omelette Factory 7941 Mission Gorge Rd., Santee, 619-596-9686 You can't beat their omelets, all 19 of them, from the Just Say Cheese (with Swiss, Jack, cheddar, or American) to the Factory Omelette (a build-yourown: up to four meats, veggies, or

9821 Carroll Canyon Rd., Scripps Ranch, 858-566-4766. Their roast beef with ginger-garlic and Dijon sandwich, their spicy chicken melt, or the leg of lamb

#### Nobu Gourmet Japanese **Restaurant** 315 S. Coast Hwy. 101, Solana Beach, 858-755-7787. The friendly sushi bar of our local, not-famous Nobu offers fine classic sushi and sashimi, or settle into a booth for a standard Japanese dinner. Try monkfish liver pâté and chawan mushi (egg custard) soup. Mostly moderate; some delicacies expensive. Pamplemousse Grille 514 Via de la Valle, Solana Beach, 858-792-9090. Favorites from an often-changing menu include white fish served any

they roast each day to make a juicy lamb

Solana Beach

sandwich - all original. Inexpensive



#### Scripps Ranch

Chez Nous Gourmet Deli-Café



nan's Cave Grill & Tayern Asian Fusion @ its Finest 10 News' A List BEST 09 Khanscave.com 858-279-9799 \$ 9 Angus Steak & Fries all day Sunday & Monday & Watch NFL Football on HD TVs with Champagne & \$5 Magarita Shaker Full Liquor Happy Hour 3p-6:30p Mon -Fri, All Evening Wednesday Martini Night Thursday 3 - 9 [55 Selected Premium] \$9 Menu Sat, Sun, Mon & Tue 4pm -9pm Half Priced Bottled Wines Tuesday & Saturday with Dinner. Patio Dining with Fire Pics.

9350 Clairemont Mesa Blvd. N.W corner of Ruffin Rd behind WF Bank

## **Ken Falls Hard**

"I don't believe in God," he says. "Join the club," says Tamyra.

JEFF SMITH

en Carpenter doesn't look like a dramatic lead. Soft-spoken, bespectacled, a slight humble stoop in the shoulders, the 57-year-old's a successful insurance salesman in Lincoln,

Nebraska. He's been with one woman for the past 40 years, and on his own just once in the past 20. In the first few scenes of Tracy Letts's *Man From Nebraska*, Ken and wife

Nancy have such ingrained routines that lengthy pauses engulf the few words they utter. They've lived this way for decades and will, they're certain, forevermore. The opening scenes are so dull — deliberately — that neither we nor Ken see it coming.

Was it sudden, triggered by his mother's terminal illness, or building up for years? Ken doesn't say. But one night the gravest anxiety attack of all throws him to the floor: "I don't think...there's a God," he tells a stunned Nancy. Asked what he believes in, Ken can only reply, "I don't know."

Though Ken has spasms, the attack isn't physical. Nor is it the sexual yearning of a midlifer bemoaning lost youth. It wasn't even a "decision," he says. Flashes came on him. Now his head is "clear" and he "can't understand the stars." He hasn't just tumbled outside the box. The box has disappeared.

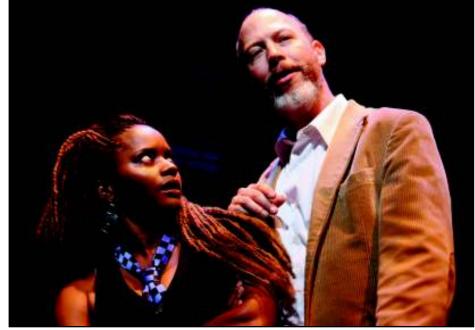
On the advice of his preacher, Ken takes his cri-

sis of faith to England, where he joins up with Tamyra and Harry, artists living, most likely, a permanent economic crisis in London's East End. ("I don't believe in God," he says. "Join the club," says

Tamyra.) A kind of cultural exchange takes place: Ken, the emotionally blank have-everything (else), learns from the creative havenothings.

Man From Nebraska joins a long line of lost-mooring dramas — David Mamet's Edmond among them. What separates it from most: Ken really falls hard, his whole existence gouged of meaning; and the playwright pens a subplot you could call Woman From Nebraska, since Letts includes wife Nancy's crisis. She too plunges like Icarus, and compared to Ken, her options are less than zilch.

Letts adds drama by creating leads barely able to articulate their pain (they're most eloquent when rendered speechless). For Cygnet Theatre, Brian Redfern's minimal set creates visual silences. Enhanced by Eric Lotze's excellent lighting, the stage can be dead blank or brimming with stars. George Ye's sounds and Jason Connors, combined with Jessica John's detailed costumes, demarcate two worlds: steel guitars and cotton prints for Nebraska; scat and jazz, florid reds and Bo-hunk mufti for England.



Monique Gaffney, Michael Rich Sears in Man from Nebraska

Man From Nebraska by Tracy Letts

Cygnet Theatre, 4040 Twiggs Street, Old Town

Directed by Francis Gercke; cast: Robin Christ, John DeCarlo, Sandra Ellis-Troy, Monique Gaffney, Jeffrey Jones, Linda Libby, Jack Missett, Michael Rich Sears, Amanda Sitton; scenic design, Brian Redfern; costumes, Jessica John; lighting, Eric Lotze; sound, George Ye; composer, Jason Connors

**Playing through November 1;** Wednesday and Thursday at 7:30 p.m. Friday and Saturday at 8:00 p.m. Sunday at 7:00 p.m. 619-337-1525.

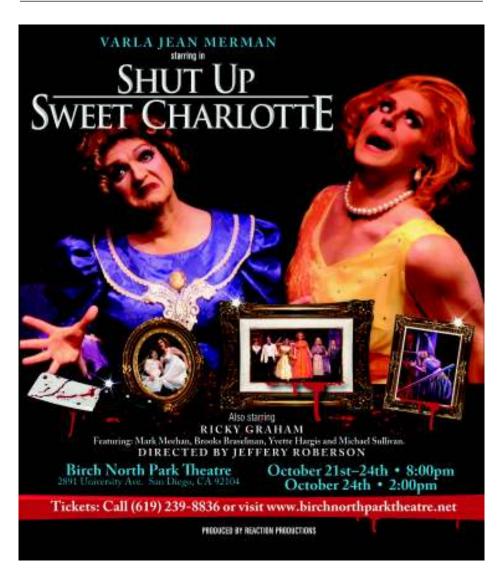
The Savannah Disputation by Evan Smith

Old Globe Theatre, Simon Edison Centre for the Performing Arts, Balboa Park

**Directed by Kim Rubinstein;** cast: Nancy Robinette, Mikel Sarah Lambert, James Sutorius, Kimberly Parker Green; scenic design, Deb O; costumes, Judith Dolan; lighting, Alan Burrett; sound, Paul Peterson

**Playing through November 1;** Sunday, Tuesday, and Wednesday at 7:00 p.m. Thursday through Saturday at 8:00 p.m. Matinee Saturday and Sunday at 2:00 p.m. 619-234-5623.





The supporting cast brims with sharp cameos, among them: Sandra Ellis-Troy's Cammie, the mother on life-support reduced to begging for food; Jeffrey Jones and Monique Gaffney as the tweaking Brit artistes; Amanda Sitton as purse-lipped daughter Ashley; and Linda Libby, a hoot as a pleasure-loving, modern Wife of Bath.

Michael Rich Sears takes a while to empty Ken convincingly. Gestures indicate but feel unconnected to actual hurt. Once inside, though, Sears expresses how it feels to lose one's sense of

What do you really want?

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by jonathan marc sherman directed by lisa berger

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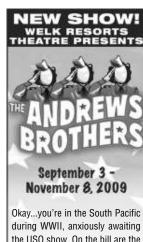
**TIX** / 760.433.3245 / WWW.NEWVILLAGEARTS.ORG

As Nancy, an almost wordless Robin Christ fights that loss harder in each new scene. She struggles to keep her world from breaking and herself from breaking down.

Melissa's a "Catholic missionary" — she tries to convert them — from the Evangelical Church of the Holy Spirit Alliance Church. She goes door-to-door in Savannah, Georgia, dropping off booklets and praying for lost souls. Melissa hits pay-dirt with Mar-

garet, a lapsing Catholic who's so cranky she "slams the door on Girl Scouts selling dry little cookies for seven-fifty."

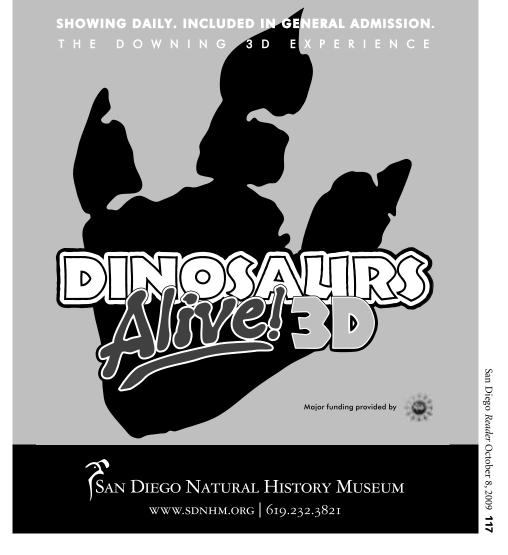
Melissa's chipper proselytiz-



the USO show. On the bill are the Andrews Sisters and a pin-up girl a la Betty Grable. Trouble ensues when the ladies are forced to cancel their appearance at the last minute...that is, until a trio of backstage buffoons save the day!







## Calendar

hundredfold, in part because Melissa's religion uses the word "church" twice in its name. Margaret's quick to shoo Melissa away. You have to, she says, otherwise missionaries like her keep coming back. They're like...cats."

Obviously Melissa's got her hands full and knows it: her cell phone plays the theme from Mission Impossible.

Evan Smith's Savannah Disputation creates the illusion of one. Melissa squares off with Margaret, her sister Mary, and Father Murphy, their priest. The play takes potshots at religious rigidities. Some strike home (the woman next to me uttered several knowing "mmm-hmms"). But the playwright takes his theme and characters only so far: all four face Man From Nebraska-sized crises. But Smith keeps the stakes comparatively small. He'd much rather entertain than enlighten or, perish the thought, offend. The 90-minute play is funny throughout. But it concludes with such a sweet sitcom gift wrap that the characters return to their one-note ways with most scratches healed by the curtain.

The Old Globe cast received a standing ovation on opening night and deserved one. Throughout Nancy Robinette (beatific Mary), Mikel Sarah Lambert (feisty Margaret), James Sutorious (pensive Father Murphy), and Kimberly Parker Green (perky Melissa) tried to make a joke-driven play characterdriven. Their spiky interplay made the ride enjoyable — at least while the ride lasted.

Deb O built her cluttered set on a familiar expression. Piles and piles of Bibles hold up the stage: the foursome literally testifies on stacks of Bibles. ■

#### **THEATER** LISTINGS

Theater listings and commentary are by Jeff Smith. Information is accurate according to material given us, but it is always wise to phone the theater for any last-minute changes and to inquire about ticket availability. Many theaters offer discounts to students, senior citizens, and the military. Ask at the box office.

#### **The Andrews Brothers**

Like Forever Plaid. The Andrew Brothers is a musical revue held together by a sketchy plot. When Laverne of the Andrews Sisters has chicken pox, the trio's quarantined. So three male stagehands, burning to strut their stuff, cross-dress as Patty, Laverne, and Maxene. The males entertain the troops with the tight, boogie-woogie harmonies that made the sisters famous - including "Don't Sit Under the Apple Tree," "Beat Me, Daddy, Eight to the Bar," and "Bei Mir Bist Du Schoen." Andrews Brothers won't usurp Hamlet's pedestal in the realms of gold. It's about sheer forget-vour-troubles entertainment. And the expert cast at Welk Resorts Theatre provides it. Bets Malone, Jeffrey Parsons, David Engel, and Johnny Bisom have worked together before, and it shows. Their voices blend beautifully. Even their shenanigans are flawless. Musical director Justin Gray added two trumpets to his band. And one of them - don't know which - gets to be the immortal "Boogie-Woogie Bugle Boy (of Company B)."

#### Worth a try.

WELK RESORT THEATRE, 8860 LAWRENCE WELK DR., ESCONDIDO. 888-802-7469. 1:45PM AND 8PM THURSDAYS, 1:45PM AND 8PM SATUR-DAYS 1:45PM SUNDAYS 1:45PM AND 8PM TUESDAYS, 1:45PM WEDNESDAYS. THROUGH NOVEMBER 8.

#### **Anything Goes**

Lyric Opera San Diego opens its 31st season with the 1934 Cole Porter musical with "mismatched lovers, supersized characters, and more onstage marriages than a Shakespearean comedy." David Brannen directed. BIRCH NORTH PARK THEATRE, 2891

UNIVERSITY AVE., NORTH PARK. 619-239-8836, 7:30PM THURSDAY, 7:30PM FRIDAY, 7:30PM SATURDAY, 2:50PM SUNDAY, THROUGH OCTOBER 11.

#### Creditors

La Jolla Playhouse stages the worldpremiere adaptation of August Strindberg's 1888 tragicomedy about a sculptor, his wife, and another man. Doug Wright directed. LA JOLLA PLAYHOUSE, 2910 LA JOLLA VILLAGE DR., UCSD, 858-550-1010. 8PM THURSDAYS, 8PM FRIDAYS, 2PM AND 8PM SATURDAYS, 2PM AND 7PM SUNDAYS, 7:30PM TUESDAYS, 7:30PM WEDNESDAYS, THROUGH OCTOBER 25.

#### Fires in Heaven

The Theatre, Inc., of San Diego presents the world premiere of Marianne McDonald's drama about Rabid Al-Adawayii, the eighth-century Sufi saint. Douglas Lay directed. THE THEATRE, INC., 899 C ST., EAST VILLAGE, 619-216-3016, 8PM THURS DAYS, 8PM FRIDAYS, 8PM SATURDAYS, 2PM AND 7PM SUNDAYS, THROUGH OCTOBER 24.

#### Godspell

Lamb's Players presents this musical, by Stephen Schwartz and John-Michael Tebelak, telling parables of Jesus as found in the gospel of Matthew. Robert Smyth directed. 619-437-0600. HORTON GRAND THEATRE, 444 FOURTH

AVE., DOWNTOWN, 7:30PM THURS-DAYS, 8PM FRIDAYS, 4PM AND 8PM SATURDAYS, 2PM SUNDAYS, THROUGH NOVEMBER 22.

#### I Love You, You're Perfect, **Now Change**

Dagnabit Productions presents the popular "mating game" musical

about "the joys of dating, romance, marriage, lovers, husbands, wives, and in-laws." Arielle Rosenbaum directed.

CSU SAN MARCOS, 333 SOUTH TWIN OAKS VALLEY RD., SAN MARCOS. 760-750-4000 8PM SATURDAYS THROUGH OCTOBER 17.

#### I'm Not Rappaport

Picture Murray Burns of A Thousand Clowns as an 81-year-old social activist railing against injustices. Place him with the grounded realist Midge, an 80-year-old African-American, and the two men with gray goatees become a modern version of Don Quixote and Sancho. Only the windmills are thugs and pushers and an apartment complex going co-op next month. And society regards Nat and Midge as "ghosts" who belong in a "Home for the Forgotten." Rappaport loses credibility when the pair play mobsters to fool a hoodlum, but the play blends an unpopular theme, discrimination against the elderly, with what you could call "sit-down" comedy routines, since Nat and Midge "perform" on a Central Park bench and are very funny. In the Scripps Ranch production (featuring an arched masonry footbridge straight from NYC), Charlie Riendeau sustains Nat's intensities admirably and gives his tall tales an improvisational feel. Noel Award-winner Antonio "TI" Johnson deftly unreels Midge's barriers and gives him a practical wisdom. It's as if Midge has already read the play and knows he should change benches, but after all, the stories do entertain and keep both men's spirits young.

SCRIPPS RANCH THEATRE, 10455 POMERADO RD., SCRIPPS RANCH, 858 578-7728. 8PM FRIDAY, 8PM SATURDAY, THROUGH OCTOBER 10.

#### The Laramie Project: Ten Years Later

The La Jolla Playhouse presents a reading of Tectonic Theatre Project's new work, an epilogue to its Laramie Project about the longterm effects of the murder of Matthew Shepard. LA JOLLA PLAYHOUSE, 2910 LA JOLLA VILLAGE DR., UCSD. 858-550-1010.

#### Light Up the Sky

Palomar Performing Arts stages Moss Hart's paean to the theater. Claws emerge when a show smells like a flop. Dana Case directed. PALOMAR COLLEGE, 1140 WEST MIS-SION RD., SAN MARCOS. 4PM THURS-DAY, 8PM FRIDAY, 8PM SATURDAY, 2PM SUNDAY, THROUGH OCTOBER 11.

#### **Long Story Short**

The San Diego Rep opens its new season with Brendan Milburn and Valerie Vigoda's "audacious musical" about the 50-year relationship of Hope and Charles. SAN DIEGO REPERTORY THEATRE 79 HORTON PLAZA, DOWNTOWN. 619-544-1000, 8PM FRIDAYS, 2PM AND 8PM SATURDAYS, 2PM AND 7PM SUNDAYS, 7PM TUESDAYS, 7PM WEDNESDAYS, THROUGH NOVEMBER 1.

#### Man from Nebraska

Cygnet Theatre stages Tracy Lett's' "darkly comic look at faith and love." Ken loses, then goes in search of, God. Francis Gercke directed. CYGNET THEATRE — OLD TOWN, 4040 TWIGGS ST., OLD TOWN. 619-337-1525.



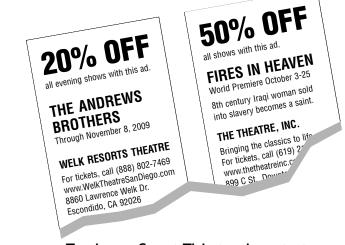
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#### Rumors

Star Theatre stages Neil Simon's comedy about a tenth wedding anniversary party that begins with the host shooting himself and his wife missing.

STAR THEATRE, 402 N. COAST HWY., OCEANSIDE. 760-721-9983. 7:30PM THURSDAYS, 7:30PM FRIDAYS, 2PM AND 7:30PM SATURDAYS, 2PM SUN-DAYS, THROUGH OCTOBER 17.

#### **Ruthless**

Vista's Broadway Theater presents a musical comedy spoof of the entertainment world. When young Tina auditions for the school production of *Pippi Longstocking* she will do anything, "including eliminating the competition."

BROADWAY THEATRE, 340 EAST BROADWAY, VISTA. 760-806-7905. 7:30PM THURSDAYS, 7:30PM FRIDAYS, 2PM AND 7:30PM SATURDAYS, THROUGH NOVEMBER 1.

#### Sammy

The Old Globe Theatre presents the world premiere of a musical biography of Sammy Davis Jr., book, music, and lyrics by Leslie Bricusse, directed by Keith Glover.

OLD GLOBE THEATRE, 1363 OLD GLOBE WAY, BALBOA PARK. 619-234-5623.

8PM THURSDAYS, 8PM FRIDAYS, 2PM AND 8PM SATURDAYS, 2PM AND 7PM SUNDAYS, 7PM TUESDAYS, 7PM WEDNESDAYS, THROUGH NOVEMBER 8.

#### The Savannah Disputation

The Old Globe Theatre presents Evan Smith's comedy about the day Margaret's faith began to waver. Kim Rubenstein directed. OLD GLOBE THEATRE, 1363 OLD GLOBE WAY, BALBOA PARK. 619-234-5623. 8PM THURSDAYS, 8PM FRIDAYS, 8PM SATURDAYS, 2PM AND 7PM SUNDAYS, 7PM TUESDAYS, 7PM WEDNESDAYS, THROUGH NOVEMBER 1.

#### The Side Man

An unsentimental appreciation of jazz musicians whose total gone devotion makes the art form a religion. Young Clifford recalls life with his father Gene — a trumpet player as

humble as he is brilliant - and mother Terry, driven to near madness by Gene's inattention. Their relationship's so dysfunctional you wonder how Clifford kept sane. Side Man's a risk for a newly formed company. The memory play spans decades as fast as Gene scales octaves. Newly formed Bang! Productions, however, makes an impressive debut. The cast, led by Eddie Yaroch, Amanda Cooley Davis, and Brian Mackey as the volatile family, has no weak links. And Tom Hall's Jonesy, a one-eyed, smacked-out trombonist, is outstanding. Credit as well to Michael McKeon's inventive, accordion-like set (walls creating different playing spaces and eras) and to Matt Lescault's sound design, a remarkable assemblage of jazz trumpet greats. Worth a try.

DIVERSIONARY THEATRE, 4545 PARK BLVD., UNIVERSITY HEIGHTS. 619-220-0097. 7:30PM THURSDAY, 8PM FRIDAY, 4PM AND 8PM SATURDAY, 2PM SUNDAY, THROUGH OCTOBER 11.

#### State of the Art

In Craig Abernethy's popular comedy a trio of characters wrestle in the mind of the playwright wanting to "get what they do, done...dowise." Robert May directed. 619-985-4855.

TWIGGS BAKERY COFFEEHOUSE, 4590 PARK BLVD., UNIVERSITY HEIGHTS. 8PM FRIDAYS, 8PM SATURDAYS, THROUGH OCTOBER 24.

#### Strictly a Formality

Mesa College stages Roy Conboy's "battle of wits" between a government interrogator and a dissident historian.

MESA COLLEGE, 7250 MESA COLLEGE DR., KEARNY MESA. 8PM FRIDAY, 8PM SATURDAY, 7PM SUNDAY, THROUGH OCTOBER 11.

#### The Tempest

Grossmont College Theatre Arts presents Shakespeare's late comedy about a fantasy island where reality threatens to intrude. Beth Duggan directed.

GROSSMONT COLLEGE, 8800 GROSSMONT COLLEGE DR., EL CAJON. 619-644-7000. 7:30PM WEDNESDAYS, 7:30PM THURSDAYS, 7:30PM FRIDAYS, 7:30PM SATURDAYS, 2PM SUNDAYS, THROUGH OCTOBER 17.

#### Things We Want

In Jonathan Marc Sherman's "suicide comedy," Sty, a blackout alcoholic, recites Reinhold Niebuhr's "Serenity Prayer" with enough irony to build a skyscraper. He and his brothers, older Teddy and younger Charlie, live in their parents' old apartment (where their father jumped out the window and, five years later, then their mother). The trio has serial addictions: to al-

cohol or recovery, to unreachable illusions, to love. A year from now each could flip-flop (or skydive ten floors). That said, this is one hip, and hilarious play, especially when young Stella arrives. Shuffle the dialogue and it'd make little difference, since all four roles use an identical, deliberately literate style. But that's where New Village Arts and director Lisa Berger come in: a fine cast grounds each role in telling physicality: gestures and idiosyncrasies. Adam Brick and Tim Parker connect as Sty and Charlie. Rachael Van Wormer (is there anything she can't do?) charms as Stella, Joshua Everett Johnson leaves for New York in a month. As chronically intense Teddy, Johnson, gives local theater

a masterful going-away present. <u>Worth a try.</u>

NEW VILLAGE ARTS THEATRE, 2787 B STATE ST., CARLSBAD. 760-433-3245. 8PM THURSDAY, 8PM FRIDAY, 3PM AND 8PM SATURDAY, 2PM SUNDAY, THROUGH OCTOBER 11.

#### Who's Afraid of Virginia Woolf?

Compass Theatre stages Edward Albee's emotional steeplechase, in which George and Martha wind up after a long night. Shana Wride directed.

COMPASS THEATRE, 3704 SIXTH AVE., HILLCREST. 619-688-9210. 8PM THURS-DAYS, 8PM FRIDAYS, 8PM SATURDAYS, 2PM SUNDAYS, THROUGH OCTOBER 24.

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  - What type of van do you have?
    - Where do you live?
- What areas do you prefer delivering to (if any)?
- Your phone number and the best time to reach you

continued from page 7

Baja in October in order to finalize the deal with the governor and initiate construction of the observatory that will house the satellite-tracking superscope.

By T.B. Beaudeau, 10/2

#### **No Nonsense Padre**

Tijuana — A priest and a sacristan fought off and subdued a would-be robber at María Madre de la Iglesia parish in Colonia Jardines del Rubí neighborhood on Wednesday

night, September 30, according to a municipal police report.

CITY LIGHTS

**Father Francisco Javier** Montes Ramírez, who is pastor at the church, and sacristan José Alfredo Espinoza Corona told officers they surprised the would-be thief in *flagrante* delicto and that even though the crook threatened to slice up the priest with a pair of scissors, the two men were able to overpower him.

By the time police arrived, Father Montes and Espinoza had subdued Álvaro Domínguez Villa, 30, and then they turned him over to the officers.

The incident at the Catholic church is at least the second in recent weeks in which crime victims have fought back against their attackers.

On the night of September 21, two armed men tried to rob a tortillería in the Lomas de Amistad neighborhood only to find angry employees and neighbors not in the mood to be victims. Neighbors were

able to subdue the pair before they could get away. One of the thieves pulled out and fired a revolver, but the bullet hit the thief in his own

Officers said the 1600 pesos taken in the robbery (about \$123) was recovered from the thieves.

By Bob McPhail, 10/2

#### **Porn Peddler in the Parque**

Tijuana — An alleged sex offender on the lam from California since 2007 was captured by Baja

Alleged sex offender and police

California state police early Wednesday morning, September 30, in front of Parque de la

Amistad in the Mesa de Otay neighborhood. A special unit of the

continued on page 123

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continued from page 122

Baja California department of public security arrested Thomas Michael Benhoff, 53, "thanks to an anonymous tip," according to Tijuana news outlets.

Mexican authorities earlier had been advised by U.S. officials that Benhoff might be living in Baja California. He faces a California arrest warrant as a "sexual offender."

State police officers who apprehended Ben-

hoff confirmed he was a fugitive from justice in the U.S. at the time of his arrest. The officers said they found Benhoff carrying a small suitcase containing two hard discs with child pornography, 29 compact discs with child pornography, a camera, some marijuana, and a folder outlining his criminal record.

CITY LIGHTS

**Investigators said Ben**hoff told them he had more pornographic material at his home in Ensenada and allegedly offered to pay a bribe of about \$85

for his release.

By Bob McPhail, 10/1

#### **Blood and Ghosts**

Normal Heights—On Thursday, October 1, at the Soda Bar, Los Angelesbased synthpop duo Former Ghosts played their first-ever San Diego show. At some point during the band's set, a man ran into the bar covered in blood. screaming that someone was trying to kill him.

An ambulance and five police cars responded to the scene. Later, someone said that the bloody man was the victim of a bar fight down the street.

By Karen Guarnotta, 10/2

#### **Tsunami Facers**

Cardiff — After the earthquake in Samoa on Tuesday, September 29, the Tsunami Warning Center in Palmer, Alaska, at 7:24 p.m., issued its sixth update for the California and Oregon coast.

The advisory specific for the Southern California area stated, "A tsunami has been generated which could impact the advisory region. Low-lying coastal

areas should be alert to instructions from their local emergency officials.... Persons in tsunami advisory areas should move out of the water...off the beach and out of harbors and marinas."

CITY LIGHTS

The advisory stated that the "six to eight inches" of tsunami waves should hit La Jolla at 9:16 p.m. At 9:00 p.m., I parked on the beach-view bluff on San Elijo Avenue, overlooking the reef at Cardiff beach. I placed myself well east of the tsunami evacuation zone signs permanently posted at the corner of Coast Highway 101 at Chesterfield Drive.

The floodlights from the Chart House restaurant lit up the shoreline. For 25 minutes, I watched the gently rolling one- to two-foot waves with no notice of increased tidal or wave action. There was, however, very light traffic on the Coast Highway, unusual for that time of night.

At 9:25, I headed for the beach parking area south of the Chart

continued on page 124

leave message (or fax) 24 hours: 877-286-5339.

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continued from page 123

House to watch the ocean with 15 other tsunami observers. They said nothing had changed in the past half hour.

By Ken Harrison, 9/30

#### **Train Chatter**

Sorrento Valley — An Amtrak passenger train operating from San Diego to Los Angeles Sunday night, September 27, experienced a delay near **Sorrento Valley that may** have been due to an engine fire.

At about 8:45 p.m., a train dispatcher from the Metrolink San Diego subdivision asked Amtrak train number 595, via a railroad radio frequency, if they needed the fire department to respond. A crewmember from the train reported they were near the Sorrento Valley train station. A few minutes later, the dispatcher told train personnel that the fire department was on the way.

CITY LIGHTS

An elderly male passenger at the Solana Beach train station who was traveling to Fullerton said an employee at the station announced that "Train 595 had a major mechanical problem and would be delayed. There will be another train in about an hour and it should be about on time."

the station employee announced that train 595 and 597 would "hook up together" and go to Los Angeles as one train. At about 9:50 p.m. he made an announcement stating, "All passengers should go to track two for Orange

Shortly after 9:00 p.m.,

**County and Los Angeles** stations. The train left San Diego at 9:30 and should arrive shortly after

By T.B. Weipert, 9/29

#### Psvch!

City Heights — A patient who reportedly escaped from a nearby psychiatric facility was successfully apprehended by San Diego police officers late Sunday night, September 27.

Police dispatchers first reported that the patient was sighted on the 4000

block of 52nd Street near **University Avenue just** before 10:30 p.m. The escapee tried to evade incoming police units by running back and forth near University Avenue between 52nd Street and Shiloh Road, According to police radio chatter, the man was jumping fences in order to avoid

By Nathaniel Uv, 9/29

#### **Tried to Die**

San Diego State — At 7:51 a.m. Monday, September 28, SDSU police were con-

being caught by authorities.

tacted by an individual who claimed that he was losing a lot of blood from a suicide attempt. The subject — described by police reports as a male in his mid-30s — was in Parking Structure I, located on College Avenue.

Several units, including San Diego police, fire engines, and paramedics responded to the scene to assist SDSU campus police with the incident.

According to police radio chatter, the subject's self-inflicted injuries

continued on page 125

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continued from page 124

were from a knife. He was found on the southside stairwell of the parking structure between levels two and three.

By Nathaniel Uy, 9/30

#### **Troubled Bridge**

*Valley Center* — The County of San Diego's Department of Public Works has started work on Valley Center Road's bridge over the San Luis Rey River, just west of Harrah's Rincon Casino.

This year, the Federal

**Highway Administration** revised its inspection standards to identify any bridge without enough existing foundation information to be evaluated as a "scour critical" structure. Since the existing bridge was completed in 1939 and evaluated as having an unknown foundation, the administration deemed it as "scour critical."

CITY LIGHTS

According to state bridge maintenance engineer Barton Newton, "More than half of all bridge failures in the United States are caused by scour,

where flowing water erodes supporting material from bridge piers and abutments."

The new two-lane bridge will be built next to the existing bridge and will have a foundation that meets federal bridge standards, be wider, and have sidewalks. Demolition of the old bridge will be completed when the new one opens to traffic.

The estimated total project cost is \$6,316,062 and will be funded by the Federal Highway Admin-

istration and gas-tax revenue. The project is expected to be completed in early spring 2011.

By FT Yoshida, 10/3

#### **Diverted**

City Heights — On Friday, September 25, the San **Diego Police Department** conducted a curfew sweep in the Mid-City area. Fortythree juveniles under the age of 18 who violated the 10 p.m. to 6 a.m. curfew were picked up and brought in to the command post set up at Fay **Elementary School on**  52nd Street.

After processing, approximately 95 percent of those detained were deemed "divertible" and placed in diversion programs offered by various community and faithbased organizations, thereby avoiding court and fines. The remaining curfew violators were considered "not divertible" due to prior criminal records, outstanding warrants, or a history of noncompliance with diversion-program policies.

By Elizabeth Salaam, 9/29

#### Comments

1. What time were they picked up — 10:05? You know how hot and stifling it was that evening. You think these kids parents have air conditioning. It doesn't even cool down during the heat wave till 12:00 a.m.

> By whyigotahaveid 9:32 p.m., Sep 29

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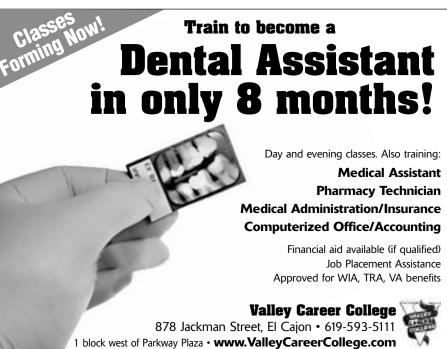
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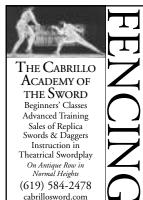
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1) Submit your completed puzzle to the *Reader* each week for our ongoing contest! We keep track of each puzzle you successfully complete and the results are posted online each week to sandiegoreader.com. But your submission will only be counted when you successfully complete a puzzle AND get it to us by 7:00 a.m. Monday.
2) Be one of the first 100 people who

submit the correct answers to the puzzle and we will print your name in the paper along with your brief message (10 words or less, no URLs or phone numbers). This is optional, but it's a great way to express yourself. You may submit a new message weekly. We reserve the right to edit or reject inappropriate text.

3) The puzzle-contest ranking, shown

online and in the paper, will begin anew every three months beginning October 1, 2009. Complete the journey four times a year!

4) Entries must be faxed to 619-231-**0489** or **619-233-7907** or mailed to Reader Puzzle, P.O. Box 85803, San Diego, CA 92186-5803, or delivered through our mail slot at 1703 India Street in Little Italy, or scanned and e-mailed to: puzzles@sdreader.com. Submissions by e-mail must be attached in JPG format, 800 by 800 pixels, maximum file size of 1MB Submissions that don't fit the format will not be counted or viewed.

5) 5 Reader T-shirts are awarded weekly to contenders chosen randomly! And now for the really small print:

1) All answers must be legible and entered in the spaces provided. 2) Late entries will not be considered 3) One entry per person per week or

you will be disqualified. 4) Employees of the *Reader* and their immediate families are not eligible.

#### Across

- 1. "Yeah ... whatever!"
- 5. Limit
- 8. Low-volume sound
- 14. George Herman Ruth, Jr.'s nickname
- 15. "What \_ \_\_\_ the odds?"
- 16. Nissan model
- 17. Five-dollar bills, slangily

- 19. X-ray follow-up
- 20. "Animal House" fraternity
- 23 Pres. elected in '48
- 24. "Children of the
- Tenements" author Jacob
- 25. Bausch's partner
- 27. Secretary of Energy under Obama
- 31. State Farm competitor
- 35. Lewis Carroll's "slithy" thing
- 36. Liverpool lav
- 37. "Sophie's Choice" author
- 38. Abbr. in a help wanted ad
- 39.2005 Pussycat Dolls hit
- 41. Suffix with ranch
- 42. Vermont skiing mecca, for short
- 44. Fort Worth sch.
- 45. What a myrmecologist studies
- 46. Riverboat hazard
- 47. 2003 Ana Menendez novel
- 49. Weather service agcy.
- 51. Slangy denials
- 52. Opposite of post-55. "I'm the One That I Want" comedienne
- 60. Private line?
- 62. Noted convert to Islam in 1964
- 63. Part of a parka
- 64. Not on time for
- 65. Wild scene
- 66. Switzerland's longest
- 67. Number of colleges in the Big Ten
- 68. "District 9" characters, for short
- 69. Fr. holy women

1. Bon Jovi's "You Give Love Name"

- 2. Physical feature of the extinct Smilodon
- 3. "That's my understanding"
- 4. Holidavish
- 5. Skipper: Abbr.
- 6. It may be gray
- 7. Where the Guinea pig was first domesticated
- 8. Like a manly man
- 9. Final proposals
- 10. NFL blockers: Abbr.
- 11. Wisc. neighbor
- 12. Thurman and Pemmaraju
- 13. Tirade
- 21. Enzyme suffix
- 22. Gulager of "The Virginian"
- 26. Jazz singer Andy
- 27. They support plants
- 28. Sweet'\_
- 29. Bamboozle
- 30. Too \_\_\_\_ handle
- 32. McGruff the Crime Dog wears one
- 33. Popular Hawaiian vacation spot
- 34. Win by \_
- 37. Feng \_
- 39. Mineral in marble
- 40. 205, in old Rome
- 43. Tandoor-baked bread
- 45. Christie and others
- 47. Choreographer Lubovich 48. Opposite of SSW
- 50. "The West Wing" creator Sorkin
- 52. Gomer of TV
- 53 Sincere
- 54.90 degrees from sur
- 56. Intent look
- 57. Oodles
- 58. They run through South America
- 59. Keats feats
- 61. A few: Abbr.

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## We cannot accept your entry without the following: Address: Neighborhood/City: \_\_\_ Zip Code: Circle T-shirt size: L XL Personal Message: \_\_\_

#### **SOLUTION TO LAST WEEK'S PUZZLE:**

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#### THIS WEEK'S CONTENDERS:

indicates T-shirt winner.

Ken A., Ocean Beach, 1. Why do transplants wear football jerseys? Flo Abena, Rancho Peñasquitos,

Gabby Albasia, San Diego, 1. Now? How about now?

- Lucy Alderson, Chula Vista, 1. Newsflash: Werewolf solves puzzle
- by light of full moon! Woody Anderson, Carmel Valley, 1. Jag hade födelsedagen

med mina barn! Mary Arana, Encinitas, 1. Yippee! Thomas Baggot, Carlsbad, 1.

Chargers and Steelers - even odds L. Barling, El Cajon, 1. Learn tolerance. Love diversity. Protect nature. Respect each other. Change!

Shannon Barry, Pine Valley, 1. Oh Lyle, you got - styles. Jeff Battles, Ocean Beach, 1. So happy you're back on the day shift

baby. Dennis Beabout, Temecula, 1.

Olga Betteridge, Ocean Beach, 1. The summer is over...

Tim Betteridge, Hillcrest, 1. We're baaaack!

Evelyn Bowser, Hillcrest, 1. 70God be the glory. Glory Cadenhead, Clairemont,

1. Look outside the box Eric Cash, Escondido, 1, Princess Lilypad got her huge brain from her Daddv.

Richard Chaput, San Diego, 1. Never a winner Leslie Chase, Campo, 1. Open-

ing for one - 1 orange October! Glen and Tesi Chavira-

Cournoyer, Chula Vista, 1. Pads season is over. Tay moved out. Joseph Ciprian, Little Italy, 1. Nobody can bring you peace but

Maria Coda, Oceanside, 1. Hi

Jon Connor, Oceanside, 1. /// Ben Cooper, Gaslamp, 1. t

goes without saying. Victor Correa, San Ysidro, 1. San Diego is a Mickey Mouse City. Betsy Cory, Chula Vista, 1. Puzzlers, help me be strong next week.

Craig Curtis, Escondido, 1. Hev

- no French verbs. Oh happy day!

Bernardo, 1. Thanks for the tee! Jan Dawson, North Harbor, 1. Only blue skies, smiles, and a pot of gold.

William Cushing, Rancho

Thomas Diehl, Escondido, 1. Electric clocks reveal to you, precisely when your fuses blew!

**Gary Dismukes, Scripps** Ranch, 1. One last time for old times' sake. So long everyone!

Kurt Dornbusch, Mission Valley, 1. Why can't we all just get along: John L. Drehner, North Park, 1. Don't knock the rock!

Dale Duffala, La Jolla, 1. Happy Birthday to me! Alfred Egaran, San Diego, 1. Congrats to Jeff and Ann Marie

Saturday should be fun. George Elam, Vista, 1. What happened to you, Jim?

Harry Engel, La Jolla, 1. Happy Birthday, Liza, Love you. Ben Espe, Mission Valley, 1.

We need a bye week! Manny Faria, Point Loma, 1. Have fun with Raine my love! Love you Pooh!

D. Faulkner, University Heights, 1. Ride your bike more. Gas prices will drop.

Phyllis Grant, San Diego, 1.

Ralph Hayward, El Cajon, 1. UCSD! Ellie Hoey, Spring Valley, 1. /

love New York Sean Holt, Ocean Beach, 1. 1:30 a.m., nothing I'd rather be

doing than a crossword.

Diana Holt, Hillcrest, 1, Happy 21st Birthday Cameron! You rock! Edward C. Horbett, Jr., Crown Point, 1. "Aya" Aya has a tee.

Ron Hootman, Santee, 1. Hoot 101: I'm working on it! It's Autumn in Santee.

Jenny Hughes, Escondido, 1. Whuh?

Jake Jacoby, University City, 1. Zoe was the best ol' dog. Rest in

Norman Kenney, Carlsbad, 1. Kiera! Bodo! Back in action! Sara Khwaja, Poway, 1. Ready for

cool weather! Tom Laurin, Chula Vista, 1. Back with a vengeance...like the Padres and Chargers!

Emily Marie, North Park, 1. /t's not easy to tell a story in ten words. Kyle Matzke, Vista, 1. Let's go to Copenhagen and grovel; what a disgrace Pres!

Michael McGriffin, Bay Park, 1. Term limits for US Congress!

Thomas McVeagh, Lakeside, 1. The first hit is always free.

Ron Meyer, Santee, 1. Hi Hunny. Happy Birthday Month! Douglas Meyers, La Mesa, 1. Great starting puzzle and a shout

out to UCSD! Rumir Miravalles, San Diego, 1. Goodbye, Papana, Rest in peace.

Susan Morfey, Little Italy, 1. Anyone remember Dennis Gibson? Keep that feeling Bolts fans!

Joe Musser, Encinitas, 1. Kazoom! Elizabeth Noll, Alpine, 1. It is

better to travel well than to arrive. -

Sunny Nelson, El Cajon, 1. Welcome autumn - cooler weather! Marge Nelson, El Cajon, 1.

Yahoo! We start anew! Robert Ott, Mira Mesa, 1. Verv

Lisa Overton, Spring Valley, 1. With much thanks to Liz! Michael Panther, Point Loma,

1. Thermos helmet! Burr Passenheim, Linda Vista, 1. Thanks for the T-shirt.

Carly Perna, San Diego, 1. Why worry?

Claire Phillips, Clairemont, 1. Noisv Puzzler

John Pertle, Santee, 1. John 6:35: John 8:12: John 10:11: John 11:25-26; John 14:6.

Bill Pischke, Ramona, 1.

Orange you glad we met? Don Reckles, Carmel Valley, 1. Happy BDay Auntie Pat. Wishing all

the best. Love, KDRS. Janie Redmond, Cardiff, 1. Thanks for the game!

Jerry Riccio, Rancho Bernardo, 1. Here we go again. I aim to stay on top. Jack Rohrer, Clairemont, 1, A / Smith: Please draft some stud line-

Jean B Rolfes, San Diego, 1. Pick me!

men next vear.

Henry Romero, San Diego, 1. Go Bears!

Don Romero, Ramona, 1. Hang in there, sweet Mei Ling!

Matthew Rosello, San Diego, 1. It is gone

Eric Sandquist, Allied Gardens, 1. Back to squares 1. Ted Scafidi, Hillcrest, 1. Happy 10th Joe and Carrinna! Stay classy! Walter Scheib, Oceanside, 1.

No references or software used. Tom Seaman, Alpine, 1. So long and thanks for all the fish

Rich Sewell, Ocean Beach, 1. Great job Towers, but no champion-

ships!

Clinton Smith, La Mesa, 1. Iran's fraudulent elections reveal the country's weakness to the

world

Thelma Strickland-Hicks, Del

Mar, 1. Happy Birthday Marcy, Gail, Nancy. Carson is blessed by

Elenore Stephens, Potrero, 1. Eddie O. Spaghettio! For real?

Gayle Studer, Mission Valley, 1. I banged, blared, and boomed, but it's probably bad news.

Ed Summers, Santee, 1. A cold beer, a good friend, a nice chat priceless

Duane Tremaine, East Village, 1. Amazing, Molly - the love inside,

Andrea Vollmer, Vista, 1. Cute shirt! Thanks.

Glenn Walker, Pacific Beach,

1. Click, click, kaboom.

vou take it with you.

Susan Williams, North Park, 1. Autumn at last!

Norman Williams, San Diego, 1. What da fuss?

Ric Witt, Clairemont, 1. My 16month old T-shirt is worn out. M. Zimmermann, Vista, 1.

Peace is Liberty in Tranquility.

Patzy and Leah, El Cajon, 1. San Diego Web Drivers rule the roadi

Samantha Loveira and Matt Palmer, College Area, 1. Thrash metal forever!



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## Another Chance for Fame and Glory!

#### THE READER SUDOKU PUZZLES:

#### RULES OF THE GAME

1) Submit one completed puzzle of any difficulty level (Easy, Medium, Hard or Evil) to the *Reader* each week for our ongoing contest! We keep track of each puzzle you successfully complete and the results are posted online at sandiegoreader.com. But your submission will only be counted when you successfully complete a puzzle AND get it to us by 7:00 a.m. Monday.

2) Be one of the first 100 people who submit the correct answers to one of the

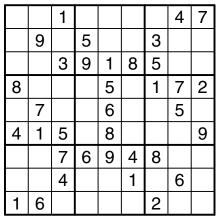
puzzles and we will print your name in the paper along with your brief message (10 words or less, no URLs or phone numbers). This is optional, but it's a great way to express yourself. You may submit a new message weekly. We reserve the right to edit or reject inappropriate text.

3) The puzzle-contest ranking, shown online and in the paper, will begin anew every three months beginning October 1, 2009. Complete the journey

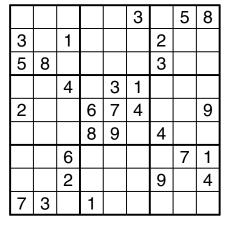
4) Entries must be faxed to **619-233-7907** or mailed to Reader Puzzle, P.O. Box 85803, San Diego, CA 92186-5803, or delivered through our mail Sudoku@sdreader.com. Submissions by e-mail must be attached in JPG format, 800 by 800 pixels, maximum file size of 1MB. Submissions that don't fit the format will not be counted or viewed.

- 5) 5 Reader T-shirts are awarded weekly to contenders chosen randomly!
- 6) All answers must be legible and entered in the spaces provided.
- 7) Late entries will not be considered. 8) One entry per person per week or you will be disqualified.
- 9) Employees of the Reader and their immediate families are not eligible

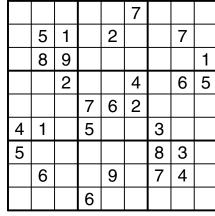
#### **EASY:**



#### MEDIUM:



#### HARD:



#### **EVIL:**

6	2			7				
		9			3		4	2
					5			1
					9		2	
3				8				7
	1		თ					
1			7					
2	8		9			5		
				4			3	9

#### We cannot accept your entry without the following: Name:

Address:

Neighborhood/City: \_\_\_

\_Zip Code: \_ Circle T-shirt size: L XL

Personal Message:

**SOLUTION TO LAST WEEK'S SUDOKU PUZZLES:** 

2	9	3	7	4	8	6	5	1
8	4	6	3	1	5	7	9	2
5	7	1	6	2	9	8	3	4
9	1	2	8	5	3	4	7	6
4	3	5	2	6	7	9	1	8
7	6	8	4	9	1	3	2	5
3	2	9	1	8	6	5	4	7
1	8	7	5	3	4	2	6	9
6	5	4	9	7	2	1	8	3

#### **MEDIUM:**

4	9	6	7	8	2	5	1	3
5	8	3	9	1	4	7	2	6
2	1	7	6	5	3	8	9	4
9	2	1	3	7	5	4	6	8
7	6	8	4	2	9	1	3	5
3	5	4	8	6	1	2	7	9
1	4	2	5	3	6	9	8	7
8	3	9	2	4	7	6	5	1
6	7	5	1	9	8	3	4	2

#### HARD:

8	4	6	5	3	9	1	7	2	9	6	4	ĺ
2	3	5	1	7	6	9	8	4	1	7	3	
9	1	7	8	4	2	6	5	3	8	2	5	
4	6	8	9	5	3	7	2	1	5	1	6	
7	9	2	4	6	1	5	3	8	7	9	2	
1	5	3	2	8	7	4	6	9	4	3	8	
6	8	1	7	2	4	3	9	5	2	8	7	
5	7	9	3	1	8	2	4	9	3	4	0	
3	2	4	6	9	5	8	1	7	6	5	1	ĺ

#### EVII .

		E V I	•							
7	2	9	6	4	5	3	8	7	2	1
8	4	1	7	З	4	6	2	5	9	8
5	З	8	2	5	7	9	1	З	6	4
2	1	5	1	6	9	4	7	2	8	3
3	8	7	9	2	1	8	3	4	5	6
6	0	4	3	8	2	5	6	1	7	9
9	5	2	8	7	3	1	9	6	4	5
4	6	3	4	9	6	2	5	8	1	7
1	7	6	5	1	8	7	4	9	3	2

#### **SEE YOUR RANKING ONLINE!**

Now you can go online to check your ranking and communicate with each other! Simply visit: www.SDReader.com/puzzle. The new ranking is posted each Wednesday. To use the "comments" feature, you must be a registered site member.

#### THIS WEEK'S CONTENDERS:

indicates T-shirt winner.

#### **EASY:**

Don Bowman, Santee, 1.

...Sitting on a wall and had a great fall...but..

Cherie Calvo, San Diego, 1. Here we go again

M. Elliott, Ranch Bernardo, 1. Home again, home again, jiggety-jig! Joy E. Fernandez, Chula Vista,

1. Yes, I love technology. Always and forever

Saad Ghulam, Escondido, 1. Make it easy for me to get a tshirt Simon Hubble, Alpine, 1.

OPTIONS? Breeding competition amongst insurance companies? Unamerican as Fox Noise!!!

John Pertle, Santee, 1. Receiving eternal life is easy: belive

in the lord Jesus. Ed Rull, San Diego, 1. Can't

wait for the t-shirt Terry Thomas, Chula Vista, 1. Great days to visit our nature cen-

Glenn Walker, Pacific Beach,

ter museum and marina

1. Easy does it

#### **MEDIUM:**

Dali, Point Loma, 1. Crissy my sleezy trailor trash that smokes Skully, San Diego, 1. We miss you Monkeyboy. Do what you gotta do

Kathleen Allegri, Pacific Beach, 1. You got to believe! Go

Erika Aparadh, San Ysidro, 1. Love you Chloe!

Roy Bartolome, San Diego, 1. How long is this going to take? Alyssa Ketcham, East Village,

1. In the beginning, man. Kodukso, Poway, 1. Only swines get the flu... get a shot1

Pablo Lagverta, San Diego, 1.

Bernie Malihan, Mira Mesa, 1. I want my shirt already! Hi Bhurd! Tony Marsh, San Carlos, 1. And then there was 10

Pauline O'Mally, Point Loma, 1. Love Sudoku puzzles

Oscar Ortz-Martinez, San Diego, 1. Legalize it!!!

#### Jefferna Oscar, Potomaic

Falls, 1. I love Peaches we love stepmonster and Jeffrena!!Speras Jeoffry Ross, Chula Vista, 1. happy birthday to me. Thank you for everything kitten. XOXO

Dr. Dave Spera, Point Loma, 1. Mike the ... crown wasn't yours

Jolice Wiedenhoff, Carlsbad, 1. S.I.L.A.D

Felicitas Yakut, East Village, 1. Alex's Red Barn Sherry is yum

#### **HARD:**

Amada Garcia, Chula Vista, 1. Hi Miss Revels enjoy your vacations!

Ralph Hayward, El Cajon, 1. These shoes stay on my fee Lark Herrick, Alpine, 1. We

love you tooo Hayden Michael Hess, Escondido, 1. Go Cowboys!

Ray Hunt, Rancho Penasquitos, 1. Sundevils 27 Romona Bulldogs 6 Yea Billy Ray

Jacqueline Jordan, San Diego, 1. Submitting my one entry correctly and on time again- maybe...

Stephen Loughrane, Bankers Hill, 1. Always and forever, pol

Bruce C. Mengler, Solana Beach, 1. Ready, set, go!

Douglas Mevers, La Mesa, 1, / won't be trapped by your evil seeds! Edvin Shahmoradian.

**Escondido**, **1.** Hope you had a great BD Madi!

Marty Sinigayan, Point Loma, 1. My game has been shaky, but

now I'm back, suckas! Mandy Smith, Boulevard, 1. The earth belongs to no one. Be nice

Lonhell Stevens, San Diego, 1. Da King...here!! John Strauch, Point Loma, 1.

Beat Alzheimer's at Adventures in Bridge

Glenn R. Walker, La Jolla, 1. Hi to Hary (L.J.)

Carolyn Woodbury, Chula Vista, 1. Please water less ofter and use CLF bulbs

**Daniel Aames, Carmel Valley,** 1. Nice to be back!

Flo Abena, Rancho Peñasquitos, 1. Natural disasters- boo Woody Anderson, Carmel

Valley, 1. Conundrum: is the Reader a newspaper or a magazine?

#### Joe Arbusto, Rancho

Peñasquitos, 1. Convicted Felons deserve "obscurity", not "publicity", leave TV Tom Delay

Bliss Beedle, Encinitas, 1. Full tilt blues. J. Joplin

Delfin Bernardo, National City, 1. Pinoy ako na bumabati sa inyo Olga Betteridge, Ocean

Beach, 1. ... Our love is not! Tim Betteridge, Hillcrest, 1. We may have been away, but our

love never left Jean Bradley, Spring Valley, 1.

Lets see if it works for me- Shirt Robert Bradley, Spring Valley,

1. Thanks shirt does happen Cyrus Chang, San Diego, 1. Pour Alix Truche- Maigret

Greg Chauncey, La Jolla, 1. Real evil was up all four corners blank center

Clyde Christie, East Village, 1. Chamberlain and Obama-Both have sold out to easturn Europe Joseph Ciprian, Little Italy, 1. True friends stab you in the front Gena Clark, Mission Hills, 1. Class of 1969. You look old. I still look fabulous

Robert Crumrine. **Downtown, 1.** B of A is robbing

Thomas Daley, San Diego, 1.

Never give up! Roger Doughman, San Diego,

1. Search-find-celebrate luke 15 Robb Dusa, Rancho

Peñasquitos, 1. Where has Gary

George Elam, Vista, 1. Evil is evil Go Chargers!

D. Faulkner, University Heights, 1. Here we go again Rick Gildersleeve, La Mesa, 1. Too little too late Padres

B. Graily, San Diego, 1. Life is rusult of your pwn decisions- not your conditions

Linda J. Hall, La Mesa, 1. Thank you Rubio's for the fantastic party at

Dan Holslin, San Diego, 1. Evil

is easy, but good is hard Zdenek Hostomsky, La

Jolla, 1. Starting the quarter

afresh- but still shirtless Eden Isordia, La Mesa, 1. Evil-I'm back

Steve Koenig, Bay Park, 1. Love you- ball of goof

San Diego Reader October 8, <u>%</u>

#### THIS WEEK'S CONTENDERS CONTINUED:

Lynnette Lampton, La Mesa, 1. This one was easy

Raymond Land, Escondido, 1. Calm down! This too, shall pass Kimberly Larsen , Spring

Valley, 1. Way to bring on the Fall, SD. p.s. Heeey Michael

Ralph Levy, La Jolla, 1. Looks

like you did it Jody

Karen Maegley, Sorrento Mesa, 1. Is it day 1 yet? Julio Magno, San Diego, 1. USPostal Sudoku expert

Mike Maniss, Lakeside, 1. You rock Tortoise from the hair Anthony Marca, Encinitas, 1.

Fs-Con-Di-Do Super Chargers! Dean McCov, Vista, 1. let it rain! Michael McGriffin, Bay Park,

1. Term limits for US Congress! P.J. Mole, Point Loma, 1. Call

Martin Mucciarone, Carlsbad,

1. Combinations flow, like water over pebbles, finding the right way Bruce Ness, Mira Mesa, 1.

Does Mary Bentley still play dominoes? Please call

Jerry Noser, Bankers Hill, 1.

Go Jake! Have a good game!

Bill Petty, Bay Ho, 1. 328 Evil Wins!

Roy Respress, Carlsbad, 1. /

am so good at doing evil, Ahaaaaa

**David Schwartz, Clairemont,** 1. Huzzah for Hockey! Go Kings

Joe Selig, San Diego, 1. Kauai,

Joe Steinbach, Clairemont, 1.

Save gas -ride a bicycle

Yuko T., San Diego, 1. Go Saints!

Ted Tarris, Serra Mesa, 1.

Michael Moore: Giant, Socialist, Weasel

Duane D. Termaine, E. Village, 1. Call me Shang-Chi, as my father did

Bill Vaughan, Coronado, 1. I love you, Dominic and Grace

Harry Walker , La Jolla, 1. Hi, brother Glenn (LJ). Let's bet again! Susan Williams, North Park,

1. Let's ban leaf blowers

Ric Witt, Clairemont, 1. Rocks first sand last in the priority jar Tony Zuban, Carmel Valley,

1. To fill the time with a broken left arm. Evil...

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## **Typo Patrol Results**

p.26 adrenalin should be adrenaline

California in My Rearview Mirror

p.58 22 should be .22

Kathleen Turner (Santee) \$20

**Red Zone** 

p.17 Lancers's should be Lancers'

**Pop Goes Pop Warner** 

p.6 Raiders' should be Raiders

Mtume Salaam (City Heights) \$20

Soon There Won't be a Barrio Logan

p.36 value add should be value-added

**Events Listings** 

p.65 Shaeffer should be Schafer

Clyde Christie (Coronado) \$20

#### **California in My Rearview Mirror**

p.57 never should be ever

**Events Listings** 

p.62 It's should be Its Jeanne Tourville (Paradise Hills) \$20

#### **Events Listings**

p.91 Dave Matthew's should be Dave Matthews

Karen Guarnotta (Linda Vista) \$10

Your Week and Welcome to It

p.61 missing text at end

Kilian Roever (Bay Park) \$10

Issue of October 1, 2009

#### **Everyone's a Critic**

p.94 the Dodo's should be the Dodos'

Brian Slipper (Del Mar) \$10

Thanks. Brian! You've reached the \$300 annual limit.

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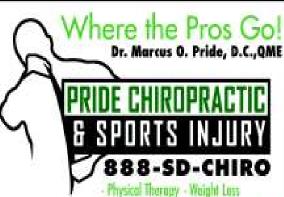
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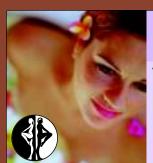
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## **Events Calendar**

Parmela Sawhney, MD, Board Certified Holistic Practitioner, teaches ancient, natural Ayurveda Anti-Aging secrets to wellness and beauty. Cynthia Mendolia, Certified Yoga Instructor — bring yoga mat, eye mask or towel, two blankets, one pillow. \$35 pre-registration, \$40 same day. Family Gym, 1033 B Avenue, top floor, Coronado. 619-435-4488, 619-495-8646,

"Telepathic Communication with Animals": Thurs., Oct. 15, 6:30-8pm. Ever wondered what your pet was thinking or feeling? Learn about telepathic communication with animals from renowned animal communicator/author/teacher Brigitte Noel. Cost \$12 per person, includes materials, light snacks, non-alcoholic refreshments. Note classes are for people only; please leave your pets at home. Register: 619-234-3424

Healing Roundtable with Jeff Abbott: Mon., Oct. 12, 7:30-9:30 pm. Bring your specialty of healing modality. Request and exchange healings and move out those issues that seem to be stuck. Learn which modalities are having the most success and how others are healing similar issues. \$20. Intuitive Insights, 4455 Morena Blvd, Suite 108, San Diego 92117. Call 858-509-7582 to RSVP.

Sound Meditation Concert: Sat., Oct. 10, 6pm, Ages 12 and up. Sarasvati's Dream, Tibetan bowl, and Chiron gong concert by Diane Mandle. Admission \$20-\$25. Ginseng Yoga, 2985 Beech Street. 619-338-9642.

You Are Getting Healthy! Tues., Oct. 13, 6:30pm. Barbara Cox plants "seeds in your subconscious mind that will grow joy, optimism, health, and wellness" during "Self-Hypnosis for Optimal Health." Donation. First Unitarian Universalist Church of San Diego, 4190 Front Street. 619-298-9978 x8014.

The Karmic Code: Fri., Oct. 9, 7:30pm. Professional astrologer Dennis Harness explains "Exploring Our Spiritual DNA through Vedic Astrology" for San Diego Astrological Society. Admission \$6-\$12. Joyce Beers Community Center, 4065 Vermont Street, 619-307-1636.

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#### **NOTICES**

ACTIVE/RETIRED FEDERAL employees: hear how NAREE protects earned benefits. Third Wednesday monthly, 1pm. El Cajon Community Center. 175 East Douglas. Free. Refreshments/ parking. 619-464-2987.

AL-ANON. Grupo paz mental. Sufre por el alcoholismo en su familia? Juntas sesionan Martes, 5:30pm-7pm, y Sabados, 1-2:30pm. 3450 Bonita Road, #207, Bonita, CA 91902.

ALCOHOLICOS ANONIMOS. Reunion de 0am. Desea dejar de beber? Lleve vida util v feliz! 3450 Bonita Road.

ALCOHOLICOS ANONIMOS. Problemas con el alcohol? Nosotros le ayudamos a vivir mejor. Sesiones Lunes-Viernes, 7am y 8pm. Sabados, 8am y 7pm. Domingo, 8am y 5pm. Grupo Bonita Hlspano, 3450 Bonita Road #207. 619-280-7224.

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		Property Name	Phone	Starting rate	Bedrooms	Short-term/Corporate	W/D in unit	Laundry Facility	Balcony/Patio	Pets	Pool	Garage/Covered Parking	Fitness Center
	9	Bella Terra	864-400-1723	\$1,495	1,2								
	10	Rising Glen	864-400-2070	\$1,300	1,2		Н				•		
ľ	11	Casoleil	864-400-2542	\$1,285	1,2,3								
	12	Parkway Plaza	864-400-2916	\$1,125	2,3								
ľ	13	Nobel Court	866-960-6695	\$1,435	1,2								
	14	One Park	864-400-2383	\$1,075	1,2								
ľ	15	Navajo Bluffs	864-400-2348	\$800	5,1								
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16



Andy Scott Car Dealer Escondido

 $\mathbf{I}$ 'm guessing you don't mean annually. A lot of people probably wouldn't be comfortable answering that. But I can tell you about some stocks I made money on. I bought Las Vegas Sands back five months ago for \$2 a share, when everything was in the basement, pricewise. I sold it two weeks ago at \$12.50 a share and made about 5K



Tonya Gonzalez Hotel Business Normal Heights

om Leykis, the radio talk-show host, was doing an appearance in town. Our driver didn't want to pick him up in P.B., so I did. He and his manager were in the backseat, and I was talking to him about a show I heard the previous day. He had been saying that overweight women were the worst drivers because they'll stop anywhere to eat. We talked the whole way there, and his manager gave me a \$20 tip. When [Leykis] got out of the car, he was touching my arms in a flirty way. He's a heavy guy, and he was all sweaty. It was creepy. But he also tipped me \$20. And I ended up getting a few more tips that day. I told the driver later



Rebecca Arriaga Clothing Company San Diego

The clothing company I work for, well, it seems they have a lot more rules in California than the other states they're located in. And someone in Ohio was suing, saying they didn't get all their breaks. A lawsuit was filed and they called me up asking about my breaks. I told them I had them all. I don't know if it's just easier for companies to settle. I told them they didn't owe me anything, but they called back a few weeks later saying all the employees that worked a certain time would be getting a \$2000 check. They told me they'd pay me even though I was refusing it. I was contacted later by the IRS for not paying taxes on it, and I owed them \$700.



Al Santiago Engineer

Kearny Mesa

I don't know, maybe the condo we sold. We made a little money on that. Oh, I got a good one — the Cash for Clunkers [government program]. We got a Kia Spectra for my daughter. We had a '93 Isuzu Trooper my brother gave my daughter to use as a first car. It started having problems and became my car. We traded it in at the Kia dealer and got \$4500. Then Kia gave us another \$3500 as a rebate for the car we chose. All in all, we made \$8000 on a 16-yearold car. Not a bad take.



Jeff Vroom Carpenter

Ramona

I bought a mint-condition Mickey Mantle baseball card for a dollar when I was a kid. The same person I got that from...I also got a few other players from the '60s that were all-stars — Hank Aaron and a Pete Rose rookie card that I think showed him and another player. He wanted all my Padres cards. So, he got an Ozzie Smith, Randy Jones, and Dave

Winfield. I made out in the deal. I sold

the collection ten years later and got

around \$10,000.



Steph Summers

Teacher

San Iose

I bought a Gordon & Smith surf-board at a garage sale for \$5. I ended up using it a few times before deciding to just hang it on the wall of my garage. A few years later some-one offered me \$500 for it. I took it in a heartbeat. Hey, I had a credit card bill to pay off. I'm sure they're now talking about it as the best deal they've ever gotten. It was in excellent condition, so I'm sure it's worth something in the thousands.

CHULA VISTA. Cozy furnished bedroom. Washer/ dryer. Includes cable/ utilities. Near Southwestern College. No pets/ smoking/ drugs/ drama. Available Mid-October/ November. Female only. 619-857-1859.

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CLAIREMONT. Bedroom/ bath. Furnished home. Easy access to UCSD, Mesa, Beach. All amenities plus: Wireless, yard, spa, maid office. Available now. \$700, utilities shared. 858-449-9454.

CLAIREMONT. \$500. Near Mesa College and bus stop. No pets/ smoking. Male only. Cable TV and utilities included. Call after 5pm, 858-571-0383, 858-337-2770, 858-353-4449.

858-353-4449.

CLAIREMONT. \$550 includes utilities, TV, Internet, cleaning, lawn. \$550 deposit. Sunny room, large house with yard. No smoking/ drugs/ pets/ perfumes. Massage chair. Celeste, 858-467-0776.

CLAIREMONT. \$530. Furnished temporary rental through February 1. House near Clairemont Square, UCSD, UTC, Mesa College. Near freeways, buses. Kitchen/laundry. No pets/ drugs. 858-337-1349. 858-337-1349

CLAIREMONT/ NORTHWEST. \$450/ month, \$300 deposit. Utilities, internet, Dish TV, laundry included. Shared bath, in quiet house. No smoking, pets, drugs. Mike 619-246-7447, message

CLAIREMONT/ NORTHWEST. 2

including utilities and cable/ Internet, security \$500. Nice neighborhood. Near Intersection 52 and I-5. Ron at 858-581-2019; 619-573-7209.

and he was mad.

CROWN POINT/ PACIFIC BEACH. \$750. 1 bedroom, full bath, walk-in closet. Close to bay. 1/2 utilities. Laundry in unit. No pets. 858-232-7641.

**EASTLAKE** home, furnished, bedroom, private bath, pool, washer/ dryer, own refrigerator. No smoking, no drugs. \$470 plus utilities. Female only. 619-781-2408.

LA JOLLA. Elegant sober living. Co-ed. Female shared room \$600. \$50 deposit. 50% off October's rent. Shared utilities. Jacuzzi. Vaulted ceilings. Granite kitchen counters and bathroom vanity tops.
Plasma TV. Furnished. Near bus/ shops.
Call 858-450-9823.

LA JOLLA. \$875. \$150 off first month! 1

bedroom, 1 bath, room has own washer/ dryer, garage. Near UCSD, shopping. Pool, tennis. Female preferred. No pets, nonsmoking. 619-218-6883.

LA JOLLA/ UTC. \$570. Bedroom with private bath. Furnished. No smoking/ pets. Clean house. Quiet neighborhood. \$500 deposit. Available November 1.

LA JOLLA/ UTC. Furnished bedroom own bathroom. Wireless connectivity/ utilities included. Near beaches, UCSD. No smoking/ pets. Garage \$30 additional/ month. \$1000/ month, deposit. 858-531-8983.

LA JOLLA/ UTC. \$720/ month plus utilities, includes Internet access. Master bedroom, shared bath in quiet, upstairs apartment, off- street parking. Pool. No pets. 858-453-4977.

LA MESA. 2 rooms in 3 bedroom house, \$540/\$500. Canyon view. Fireplace. Central— trolley/SDSU. Washer/dryer. No pets. Great location. Female preferred. 858-243-1911. LA MESA. 2- story house, has rooms for rent, in nice neighborhood. Big pool, SDSU close, no pets. \$750/ up. 858-772-0005.

LINDA VISTA. Move- in special! \$460. 3-bedroom home. Ocean view, central, tropical yard. Quiet. Marble. Laundry. \$300 deposit. No smoking/ pets. Male preferred. 858-518-1517.

MIRA MESA. 1/2 off October. \$550, plus utilities. Large home. \$250/ deposit. Fireplace. Large kitchen. Dayroom. Dishwasher. Washer/dryer. Pool. Maid service. No pets. Available now. Tom, 619-708-4925.

PACIFIC BEACH. Female to rent room in furnished home. Quiet street, walk to bay and beach. \$850 plus utilities.

PACIFIC BEACH. \$750. Share large 2 bedroom, 2 bath condo. Gated parking/pools/spas/tennis. 24- hour security. Male/ female. Utilities/ cable included. Tom, 619-972-6386.

POINT LOMA/ OCEAN BEACH. Share large house. Nice location. Views. Near beach/ everything. Easy-going, respectable roommates. Laundry, Wi-Fi. No pets/ smoking. \$650 includes utilities. 619-241-9845.

RANCHO PENASQUITOS. Camino Del Sur, off 1-56, new community. \$600. DSL Dish Network. No smoking/ pets. Leave message or call after 7pm. 858-780-

RANCHO PENASQUITOS, \$650 includes utilities, cable, shared bath, 3/4 mile to 56 and I-15. Quiet. No pets, nonsmoking. Available now. 858-518-4117.

SAN DIEGO/ BONITA. Room in townhouse, \$525. Pool, Jacuzzi. Call for the many extras. Share SDG&E. Near freeway 54. Must have own phone, 619-987-0865.

SAN MARCOS. Beautiful complex. Pool, spa, extra closet. Private bath. Wira access. Garage. Near UCSM. No smoking/ pets. Female only. \$660/ month. 760-745-0482.

SERRA MESA. Room available. \$450, \$100 deposit. Female only. Utilities/ cable/ laundry included. Nice area. No drugs/ alcohol. Call Rebecca: 858-384-7331 or 619-849-0451.

SERRA MESA. Room in 3 bedroom, 2 bath. No drugs/ pets. Patio smoking OK. Female only. \$500/ month, utilities and cable included. \$500/ deposit. 858-715-1640.

SOUTH SAN DIEGO. \$450. Furnished room. Female preferred. Shared bathroom. Utilities and cable included. Available now. Patio. No drugs/ smoking/ alcohol. 619-243-6492.

SPRING VALLEY/ LA MESA. \$85-\$105/ week. No deposit. Utilities, furnishings, amenities included (Cable, Internet, free long distance, gym equipment). At 94/125 freeways. No drugs/ alcohol. Thomas, The Treehouse. 714-787-8744.

TALMADGE. \$700.7 minutes SDSU.
Beautiful residential area. Quiet, clean
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entrance, bath. Freeway close. 2 cats.
Available October 20. 619-286-6778.

TIERRASANTA. Renting furnished room. Available. Quiet place. Clean. Freeways 15/52. Close to all. Kitchen privileges. 475 includes utilities. Available now. 858-565-7664.

VISTA. \$550, plus deposit. Share bath. Includes utilities, Internet, cable, laundry, kitchen privileges, parking. Near 78 freeway. No smoking/ pets. Available now. 760-599-3956.

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net.

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PACIFIC BEACH. Retail store front, 1337 square feet. \$2400/ month. Available now. 1453 Garnet Avenue. Call Chris, 858-270-4492 x203

POINT LOMA. 1262 Scott Street. \$800. Office with bathroom, upstairs, approximately 613 square feet. 2- year lease. 619-226-7368 or www.bkbinc.com.

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CARMEL VALLEY, 12655 Intermezzo, 4 large loft, 3- car garage, plan 3, private yard. Chuck, 619-528-9773.

CHULA VISTA. \$950. 1 bedroom, 1 bath cottage. New carpet and paint. Wood floors in bedroom, on-site laundry. 217 A Glover. If you can find one better rent it! Call Rachael, 619-804-1044, or Jeff, 619-713-1044.

CHULA VISTA. \$2300. 4 bedroom, 2 bath house, large yard, garage, laundry room, new carpet, remodeled, pet on approval. Section 8 OK. 209 H Street. www. sdforrent.com. 619-640-7530.

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CITY HEIGHTS. Reduced move- in. 2

CITY HEIGHTS. Reduced move- in. 2 bedroom, 1 bath house. Newly remodeled. Washer/ dryer hookups, yard. Section 8 OK. \$1400. 2954 40th Street. www.sdforrent.com. 61 9-640-7530.
CITY HEIGHTS. \$1045. Woodsy 1 bedroom cottage. Cul-de-sac. Fireplace, wood floors, large closets. Sun porch/back porch/ laundry. Skylight over kitchen. Quiet. No dogs. 619-269-7211.
CITY HEIGHTS. 3879 39th Street. 1 bedroom cottage. \$695. Refrigerator, stove. No pets. 619-226-7368 or www.bkbinc.com.

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CLAIREMONT. 2 bedroom, 1 bath. 1- car garage. Bay view. Small, fenced yard. Quiet cul-de-sac. No pets. 619-276-4681. CLAIREMONT. \$1675. 3- bedroom, 1-

bath home. 1- car garage, washer/ dryer, small pet OK with additional deposit. 4819 Boise Avenue. 858-483-3534. www.

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Ngeill, 019-299-4034.

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COLLEGE AREA. Lovely, quiet 3 bedroom, 2 bath plus den, fireplace, double garage. Garden with fruit trees. Fully equipped. Near shops. \$1800. 619-

COLLEGE AREA. \$1550. 3- bedroom, 1.5- bath home with new carpet and paint. 2- car garage. Large yard. 5714 Baja Drive. www.cal-prop.com. 858-483-

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890-9122. **EAST VILLAGE.** 1750-1/2 National Avenue. 1 bedroom with patios, \$900. Off- street parking. Storage. Private laundry. Tons of light! Newly remodeled. Drive by, then call 619-890-9122.

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ESCONDIDO. \$1650 Newly remodeled 3 bedroom, 1.5 bath. Dual garage. New carpet/ paint/ water heater. Central air. heat. Appliances. Landscaped fenced yard. No pets. 760-484-2328.



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619-787-7434.

HILLCREST. 3 bedroom, 2 bath.

Fireplace, fenced yard, covered patio, double garage plus extra parking. All appliances. Washer/ dryer. Pets OK. No smoking. \$2500. 619-750-4012.

smoking. \$2500. 619-750-4012.

HILLCREST. \$2300. 3- bedroom, 2- bath
2- story home. Downstairs basement.
Large living room, kitchen, washer/ dryer,
appliances. Fenced backyard. Airport
close. Freeway access. 619-518-1034.

HILLCREST. \$895. 1 bedroom cottage with private patio, shared lawn area, coin laundry. Cat OK with additional \$300 deposit. Available 10/16/09. 3925 Centre. Del Sol Property Management, www. delsolpm.com. Broker, 858-270-2071

HILLCREST/ MISSION HILLS, \$3500, 5 bedroom, 4- bath, 2- car garage. Offi 3433 square feet, 2005 construction. Laundry hookups, stainless steel appliances. No pets at 1189 West Upas Street. 619-299-4034.

KENSINGTON look- alike, Historical 3 RENSINGIUN look- alike. Historical 3 bedroom, 2 bath. Palm- lined street, private park- like yard, double patio. Formal dining room, fireplace, freshly painted, new carpets, laundry, garage. \$1750. Peg/ Virginia: 619-448-5592, 619-282-7083, 619-855-0377.

SERVICES

LA JOLLA/ BIRD ROCK. 3 bedroom, 3 bath remodeled house with ocean view. Master upstairs with balcony. Courtyard. Detached garage. Pets welcome. 612 Forward. \$3895. 760-445-7592.

LA MESA. 3 bedroom, 1 bath. Totally remodeled. Near all. Quiet. 1- car garage. Laundry. Big yard. Pet OK. 7460 Ohio Place. \$1600. 619-931-8129. 619-888-

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885-925-9238; 885-273-4820.

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laundry. 619-288-6436.

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MISSION HILLS/ NORTH. \$2700. 3 bedroom, 2 bath Spanish on canyon Hardwood floors, new carpet in bedrooms. Fireplace. Garage. 3 private patios. Great location. 619-297-2449.

MT. HELIX. 2 bedroom, 2 bath duplex house, furnished. View. Wood floors. Balcony. Quiet. Garage. Air conditioning. Lease. References. \$1750 utilities included. Crestview Drive. 619-992-7791.

NORMAL HEIGHTS. \$775 rent, \$700 deposit. 1 bedroom, 1 bath detached cottage, parking, no pets, at 4826 Mansfield Street. Agent, 619-299-8515.

Mansield Street. Agent, 619-299-8515.

NORMAL HEIGHTS. \$1600 rent, \$1000 deposit OAC. 2 bedroom, 2 bath house, extra room, dining room, garage, laundry hookups, no pets, north of Adams Avenue at 4851 Mansfield Street. Agent, 610 200 8515

NORTH PARK, House \$1025 1 bedroom, 1 bath cozy cottage, stove and refrigerator, garage, on-site laundry. Cat OK. 4620 Cleveland Street. Call 619-296-6699. www.centrecity.net.

NORTH PARK. 1/2 off 1st! Beautiful 2 bedroom, 1 bath home, \$1650. Den, laminate floors, 1- car garage, washer and dryer hookups, backyard. Pet negotiable. 3149 Boundary Street. 619-

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PACIFIC BEACH. Riviera Drive. \$1500 plus security. 2 bedroom, 2 bath house. Front porch, small back patio, off-street parking, on-site laundry facility. 858-272-8741.

PACIFIC BEACH. 3 bedroom, 1 bath. FACIFIC BEACH. 3 Degroom, 1 Datn. Fireplace, patio, refrigerator, stove, garage, private parking. Water/gardener paid. No pets. Near bay. \$2250 plus deposit. Available now. 858-270-7497.

PACIFIC BEACH. \$2195. 3 bedroom, 2 hath bruse 1 aundry. Parking. No nets

bath house. Laundry. Parking. No pets. Lease required. Call Coldwell Banker Property Management. 858-488-2228.

PACIFIC BEACH. \$1650. 2 plus bedroom 1.5 bath home. 2 parking spaces. Large backyard, large bonus den/ office, washer/ dryer hookups. No pets. 1842 Grand Avenue. 858-483-3534. www.cal-prop.com.

POINT LOMA. \$2100. Spacious 2

POINT LOMA. 3024 Garrison Street. 3 bedroom house. \$1800. Small yard, washer/ dryer hookups. No pets. 858-692-6601 or 619-226-7368, www.bkbinc

POWAY. \$2195. Tri- level 4 bedroom, bonus room. 2.5 baths. New paint, carpet, flooring. Dishwasher, laundry hookups. Vineland Hills community po trails, Agent, 619-298-7724

RANCHO PENASQUITOS. \$1425. 2

yard. Gardener. Special. Available. No

SAN CARLOS. 3 bedroom, 2 bath, 1650 square feet. Lovely, upgraded home. Large kitchen with cook top, double oven, all appliances with open floor plan to family room with fireplace. Fenced harmin from with repeate. Fefteed backyard with covered patio. 2- car garage that also enters into home. Washer/dryer hookups, A/C, gardener weekly, quiet neighborhood, and close to shopping. Available early October. \$2195. 7515 Rowena. 619-683-9274.

#### San Carlos

Beautiful garden yard. Corner lot Walk to park. Benchlev Weinberg Walk to park, Benchley Weinberger School. Close to shopping, freeway access. Quiet neighborhood, 2- car garage, dishwasher, new bathroom tile, large backyard. Must see! No Pets. 619-697-5811.

#### San Diego

3- bedroom, 2- bath house. \$2000 Beautiful garden yard. Corner lot. Walk to park, Benchley Weinberge School. Clase to all School. Close to shopping, freeway paccess. Quiet neighborhood, 2- car garage, dishwasher, new bathroom ille, large backyard. Must see! No pets. 619-697-5811.

**SANTEE.** 4 bedroom, 2 bath. Central air/heat. Washer/dryer. 2 car garage. RV parking. Pool, Jacuzzi. Pool maintenance included. 1735 square feet. \$2100. 619-

SOUTH PARK, \$1100 Detached house 2 bedroom, 1 bath. Garage. No laundry. Available now. 2326 30th Street. www. stevenleeproperties.com. 619-295-1161

UNIVERSITY HEIGHTS, \$1650/ month UNIVERSITY HEIGHTS. \$1550/ month. Remodeled. 3 bedroom, 1 bath, hardwood floors. Small garden. Great neighborhood. West of Park Boulevard/ Madison Avenue. Available 11/1. www.oceansideinsider.com/ 1433.html. 760-586-3546.

#### **RENTALS APARTMENTS /** CONDOS

ALPINE. Alpine Creek Apartments. Huge 1 bedroom apartment, \$825. 2 bedroom, 1-1/2 bath townhome, \$1050. 800-1200 square feet, stone flooring in entry and kitchen, spacious living room and dining room, washer/ dryer in unit. No pets. 1950 Arnold Way. Move- in bonus! Call 619-445-8392. 619-445-8392.

**ALPINE.** 55+. Spacious, luxury living. 1 bedrooms, \$945. 2 bedrooms, \$1075. \$99 deposit OAC. Creekside Meadows, 1750 Arnold Way. Call 619-445-2480.

ALPINE. 2 bedrooms and 2 baths, \$1095. \$99 deposit OAC. Newly remodeled. Private garages, fireplaces, vaulted ceilings. Resort-size pool and spa. Alpine Woods, 1829 Arnold Way. 619-445-1341.

ALPINE, \$950. Beautiful Alpine Oaks ALFINE: 399U. Beautiful Alpine Oaks Complex. Large upper 1 bedroom. Fireplace, deck, part furnished. Close to pool, spa, clubhouse, laundry. Section 8 rental approved. Close to village businesses and bus line. Call Diana, 858-483-9683.

BALBOA PARK. \$895. 1 bedroom, 1 bath charming upstairs apartment with laundry! Gated entry! No pets. 2812 6th Avenue. Call 619-222-4836x14 or www.

BANKER'S HILL. \$875, utilities paid. Studio apartment, corner unit, extra windows, remodeled building, electronic entry. Parking. On-site laundry. 1820 4th Avenue. No pets. 619-300-1365, 619-

588-410.

BANKER'S HILL. \$680. Large studio, downtown view! Quiet, well- kept classic building designed by Gil. Appliances, gas included. Laundry. Near bus. No pets. 619-236-0452.

BANKER'S HILL. \$715. Studio bedroom,

Albatross Street #3. Cat OK with deposit

Albatross Street #3. Cat U.N. wiri uspus 858-483-3534. www.cal-prop.com.

BANKER'S HILL. \$950. 1 bedroom, 1 bath. Classic 1920s, hardwood floors, balcony. No pets. 2230 Albatross Stree #10. 858-483-3534. www.cal-prop.com

BANKER'S HILL. La Prima Apartments at Banker's Hill. 1 bedroom, 1 bath. Unique floor plan has 750 square feet of open living space. Large bathroom, roomy living space. Large bathroom, roomy kitchen, dishwasher, refrigerator. Large, private patio. \$1250/ month, \$500 security deposit. No pets. 1/2 off first month's rent with 12- month lease. Open House Sunday, October 11, from 11am-3pm. 140 W. Kalmia at Front Street,

3pm. 140 W. Kalmia at Front Street, 92101. Call Lindsey at 619-231-1059. BANKER'S HILL. Move- in special: 1/2 off 1st month's rentl 1 bedroom, 1 bath downstairs unit, \$950. Assigned parking. On-site laundry. Fenced patio. Pets OK. 304 W. Hawthorn #5. Agent, 858-560-1178.

BAY PARK. \$1100 includes utilities, \$800 deposit. 2 bedroom, 1 bath. Parking. Laundry facilities. Pet OK. Walk to Fiesta Island. Westwind Apartments, 619-275-

BAY PARK/MISSION BAY. \$785 Remodeled, large studio apartment. Parking. Paid utilities. No pets. New appliances. New carpet/ paint. Laundry. 3431 Del Rey Street. 619-275-3455.

CARDIFF. \$1795. Large lower- level 2 bedroom, 1 bath. Walk to beach, library. Washer/ dryer. Reserved parking. Quiet Washer/ dryer. Reserved parking. complex. No smoking/ pets. 2111 Manchester. 760-942-7559.

Manchester. 760-942-7559.

CARLSBAD. Rising Glen apartments offers 1, 2 and 3 bedroom homes. Gournet all- electronic kitchens, breakfast bars. Vaulted ceilings, spectacular views. Private balcony or patio. Fireplaces. Central air. Fitness center pool- side barbecues. 1 bedroof from \$1300. 2 bedrooms from \$1420, 888-252-6823, www. Rising, GlenCarlsbad.com.

CARLSBAD. \$1250. Spacious 2 bedroom, 1 bath apartment, completely renovated, beautiful landscaping. Carport, on-site laundry. Close to village/ beach. No pets. Lease. www. thepalmsapts.info. 760-505-7736.

repairnsapis.into. 760-505-7736.

CARLSBAD. \$795. Small studio cottage in village. Complete separate kitchen/ bath. Approximately 400 square feet. Funky with uneven floors. Parking. No pets. Lease. 760-505-7736.

CARLSBAD. Beautiful 1 and 2 bedrooms from \$1150. Some with fantastic views! from \$7150. Some with fantasite views!

I month free with 1. year lease,
or 1/2 off with 6 months. Pool,
community laundry. Gated parking.
Barbecue areas, spacious floor plans.
Walk to the beach! No pets. 2303 Ocean
Street. 760-434-7721.

CARLSBAD. \$1325. 2 bedroom, 1-1/2 vantabaru. §1525. 2 pedroom, 1-1/2 bath townhouse- style apartment with large patio, 3 blocks to beach, near Tamarack Avenue. Secluded garden complex. 2 parking spaces. No pets. 350-370 Chinquapin Avenue. TPPM, 760-729-8132.

CARLSBAD/ LA COSTA, \$1175 2bedroom, 2- bath apartment! 3 bedroom, 2- bath apartment! 3 bedroom, 2- bath \$1300. Must leave deposit by 10/12/09 to qualify for this reduced rent and special. 1 month free with lease! Quiet. Hot tub. Assigned covered parking. Indoor cat OK. On-site laundry, \$700 deposit. Great neighborhood, 7552 Gibraltar Great neignbornood. 7552 Gibraitar Street. 760-943-7590. 760-402-8325.

CARMEL VALLEY. Del Mar Villas. 2 bedroom, 2 bath, fully equipped kitchen washer/ dryer, spacious grounds, club house, sauna, fitness center. Pool, spa. \$1650. 858-792-6564. CARMEL VALLEY. 1 and 2 bedroo

remodeled apartments, new appliances. Full- size washer/ dryer. State- of- the- art fitness center, complimentary personal trainer. Heated competition lap pool. Lighted tennis courts. Free tennis/ swimming lessons. Pro tennis instructor Sorry, no pets. The Club Torrey Pines, 12646 Torrey Bluff Drive. 1-866-354-2096. www.torrey.cc.

CARMEL VALLEY, \$1395. Large 1 bedroom condo. Large loft. Carport. No pets. Washer/ dryer. Fireplace. Skylight. Pool. Dishwasher. Hardwood floors. 4049 Carmel View Road, #76. 619-275-3455.

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CHULA VISTA. One Park Apartments spacious 1 and 2 bedroom floor plans.
Fully equipped kitchen, air conditioning.
European- style cabinets. Select units
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\$1075. 2 bedrooms from \$1285. 888-3653205, www.OneParkApartments.com.

3205, www.OneParkApartments.com.

CHULA VISTA. Large 2 bedroom, 2 bath apartment, new carpet, dishwasher, central air, patios. Gated, laundry, offstreet parking. No pets. \$1200. Deposit \$800. 619-425-6511.

pout. 619-425-6511.

CHULA VISTA. \$800. Beautiful 2
bedroom, 1 bath. Spacious kitchen. Quiet
senior's community. New paint/ carpet/
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CHULA VISTA, \$775/ month. Low \$150 deposit. 1 bedroom, fully furnished or unfurnished. 2 blocks from Chula Vista Centel and trolley. Off- street parking. Laundry room. 521 Park Way. Office open daily (near Fifth and G). Call 619-420-5084.

CHULA VISTA. 2 bedroom, 1 bath \$1125/ month, \$900 deposit. 1 bedroom, 1 bath, \$865/ month, \$800 deposit. Laundry room. Close to mall/ freeway. No pets. Available October 10. 433 D Street. Call

CHULA VISTA. 585 E Street. Utilities included. \$875. 1 bedroom. Pool, laundry, parking. No pets. 619-200-1657 or www. bkbinc.com.

CHULA VISTA. 1 bedroom apartments, \$695/ month. Deposit \$500. All utilities included. Pool, off- street parking. Laundry facilities. Call Park Regency nts 619-422-0792

Apartments. 619-422-0792.

CHULA VISTA. \$825.1 bedroom, 1 bath with all utilities included! New paint, flooring. Best deal in South Bay. On-site parking and pool. Clean, quiet, secure. 540 Flower Street. Call Krista: 619-425-5451; or Rachael: 619-804-1044.

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CHULA VISIA/ SOUTH DATA LEnger bedroom apartment, \$82.5. 1/2 off first month's rent. Gated. Air conditioning. Parking, laundry. No pets. 619-691-9377.

CITY HEIGHTS. \$775. 1 bedroom. Credit check \$25 fee. Move- in incentives. Gated community. Secured assigned parking. On-site laundry. Pool. New carpet, new appliances. Clean and excellent. Convenient location, close to shops and dining, buses/ transits. Nearby Fay Elementary School and Colina Del Sol Park. No pets. Contact Art at 619-283-9993.

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CITY HEIGHTS. 2 bedroom, 1 bath. Pachabbed New caret, paint tile.

Rehabbed. New carpet, paint, tile. Second- story unit. Parking. Washer/ dryer. Bright. Separate vanity area. \$799. Deposit \$799. 619-368-9410.

CITY HEIGHTS. \$750 plus deposit. 1 bedroom, 1 bath. Laundry on site. Pet negotiable. 4814 Castle Avenue, 92105. Se habla espanol. 619-995-1925 or 619-995-1924.

CITY HEIGHTS. 1 bedroom, 1 bath apartment, \$700. Assigned parking, tile floors, upstairs, water/ sewer/ trash included, Section 8 OK. 4366 51st Street, #6, #7 and #8. People Helping Others Property Management, 619-282-5400. peoplehelpingothers.com.

CITY HEIGHTS. 1 bedroom, 1 bath apartments, \$700. One upstairs, one downstairs. Water/ sewer/ trash included. 1 parking space, coin laundry, 650 square feet. 4358 51st Street #3 and #7. People Helping Others Property Management, 619-282-5400. peoplehelpingothers.com.

CITY HEIGHTS. 2 bedroom, 1 bath CITY HEIGHTS. 2 bedroom, 1 bath apartments, \$895 month- to- month. Water/ sewer/ trash included, community laundry room. 4361 and 4361-1/2 49th Street. People Helping Others Property Management, 619-282-5400. peoplehelpingothers.com. CITY HEIGHTS. \$650. Reduced move- in. 1 bedroom, 1 bath. Senior 62+ in a gated community, elevator, on-site laundry, off-

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CITY HEIGHTS. 1 bedroom downstairs apartment, \$775. New carpet, vinyl. Gated complex. Laundry. 1 parking. 4344 Van Dyke. More Property Management,

CITY HEIGHTS. \$700. 4265 Chamoune Avenue. 1 bedroom, 1 bath, downstairs, carpet, central A/C, laundry room, plenty of parking not assigned. No pets. Section 8 OK. Phillips Realty, 619-291-6686.

CITY HEIGHTS. 1 bedroom apartment, \$695. Downstairs unit. Very clean. Laundry and parking! 2617 Highland Avenue. Agent, 619-820-2584.

CITY HEIGHTS. Move- in special: 1/2 off 1st month's rent! 1 bedroom, 1 bath, \$725. Lower unit available, parking, on-site laundry, gated complex. 4453 51st Street. Agent, 858-560-1178.

CITY HEIGHTS/ MID-CITY. Totally remodeled 2 bedroom, 1-1/2 bath townhome. New kitchen, wood floors. Tile bath. Patio. 2 parking spaces. Private canyon setting. Laundry. Open: 4485 Quince #5, 92105. \$999. 858-568-5081.

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CLAIREMONT. 1/2 off first month! \$850, 1 bedroom. \$1150, 2 bedroom. Balcony pool, laundry, off- street parking. 7322 Mesa College Drive. 858-560-6204.

CLAIREMONT. Move-in special! From \$1195. 2 bedroom, 1-1/2 bath. Large, sunny townhomes. Pool. Parking. No pets. The Gardens, 5544 Balboa Arms Drive. Call 858-278-5862.

CLAIREMONT. Free continental breakfast buffet, maid/ linen service! No lease! Free utilities! Studios starting \$1195/ month\*, weekly starting \$300° (\*subject to change, based on availability). Ask about our 6-month lease program. Heated pool/ spa. Laundry. Microwave. Refrigerator. High- speed Internet. California Suites Hotel, 5415 Clairemont Mesa Boulevard. 1-888-475-7147. www.californiasuiteshotel. com.

CLAIREMONT. \$1250. 2 bedroom, 1.5 bath townhouse. Parking, laundry on site, pool. 1- year lease. 5188 Balboa Arms Drive. Call Chris, 858-541-7683.

CLAIREMONT. 1 bedroom, 1 bath: \$995. Parking, pool. Laundry on site. Gated. 5150 Balboa Arms Drive. Call Thea, 858-571-0104.

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ool, spa, laundry, air conditioning dishwasher. Sorry, no pets. \$950-\$1275/ month. Photos at www. wexfordliving.com. 7870 Stalmer Street. Call 858-277-4843.

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COLLEGE AREA. \$1220. \$300 off. Gigantic 3 bedroom, 1 bath plus garage. Fireplace. Patio. Laundry. No pets. Nonsmoking. No section 8. 940 Streamview Drive. 619-251-

COLLEGE AREA. Large 3 bedroom, 1 bath, \$1350; and 2 bedroom, 1 bath, \$950. Patio, off- street parking, new carpet, on-site laundry. No pets. Call for special! 619-564-8764.

COLLEGE AREA. 1 bedroom, \$900. Open

parking, New carpet, paint, blinds. Quiet. Section 8 OK. No pets. On bus line. Walk to SDSU. Laundry. 619-546-9542.

COLLEGE AREA. Newly refurbished 2 bedroom, 2 bath, \$1100. Brand new carpeting, paint, tile. All amenities, controlled entry, parking, laundry on premises. Park- like setting. Fine residential area near all 4566-52nd. residential area near all. 4546 52nd Street. 619-287-1996.

COLLEGE AREA. Brand- new 2- bedroom condominium, full- size washer/ dryer, new stainless steel appliances, air conditioning in unit, lush landscape, pool, spa, carport garage, near all major highways. \$1350. Move- in special. 619-881-7331.

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COLLEGE AREA. \$850. Nice 2 bedroom apartment. Quiet building. Upstairs. Large rooms. Coin laundry. Cat OK. 4438 Menlo Avenue. Agent, 619-469-7790. www.

westmanproperties.com.

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COLLEGE AREA. \$775. Studio with walk-in closet. On-site laundry. If you can find one better, rent it! 7240 El Cajon Boulevard. Call 619-602-0959 or Bachael at 619

COLLEGE AREA. \$745. 1 bedroom, 1 bath. On-site parking. New carpet and paint. Clean, quiet, secure. \$450 University Avenue. Call Rachael, 619-804-1044; or Jeff, 619-713-1044.

COLLEGE AREA. Huge 2 bedroom, 1 bath, \$995. Complete remodel. New carpet, paint, and countertops. On-site parking/ laundry. Clean, quiet, secure. 4752 Seminole Drive. If you can find one better, rent it! Call Rachael, 619-804-1044, or Jeff,

COLLEGE AREA, \$1000-\$1349, 2 bedroom. 2 bath apartment, air conditioning, parking, coin- operated laundry. Near SDSU. Available now. 5565 Hardy Avenue. www. stevenleeproperties.com. 619-295-1161.

COLLEGE AREA. \$650 rent, \$700 deposit, OAC. Upper 1 bedroom apartment. Vaulted ceilings, parking, laundry. No pets, at 6735 El Cajon Boulevard #B-1. 619-299-8515.

COLLEGE AREA. 3 bedroom, 2 bath condo, \$1600. College Park Townhomes, a gated COLLEGE AREA. 3 DEUTOUTI, 2 DEUT COMP.
\$1600. College Park Townhomes, a gated community. 2- car garage, central heat and air, remodeled kitchen, 3 stories with balconies. 3962 60th Street #66. People Helping Others Property Management, 619-282-5400. peoplehelpingothers.com.

COLLEGE AREA. 1 bedrooms, \$810-\$825. Large units with patio or balcony areas, dishwasher, parking, laundry. No pets. Near SDSU. 4914 67th Street. Agent, 619-549-

COLLEGE AREA. 1- bedroom apartment, \$795. Very nice! Upstairs unit! New plush carpet throughout! Great location! Close to all! Very quiet. Small complex of only 3 units. 6- month lease, 6026 Estelle Street. Agent, 619-820-2584.

COLLEGE AREA/ TALMADGE. \$925 rent, 8800 deposit OAC. Large 2 bedroom, 2 bath, laundry, parking, newer carpet, no pets, at 4423 Menlo Avenue #9. Agent, 619-299-8515 or 619-990-5021

CROWN POINT. \$1395. 2 bedroom, 1 bath apartment. Coin laundry, charming upstairs unit, no pets. 2014 Oliver Avenue #4. www. .com. 858-483-3534.

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www.cai-prop.com. 858-483-3554. CROWN POINT/ PACIFIC BEACH. \$1575. 2 bedroom, 2 bath townhouse. Granite counters. Fully remodeled. Patio. Laundry. Off- street parking. No pets. 4073 Promontory. 619-990-9301; 858-586-9996.

9301; 858-586-9996.

DEL MAR. \$1695. 3 bedroom, 2 bath condo in Del Mar Bluffs. Clean, quiet, secure building. On-site laundry/ parking. 13754 Mango Drive. Call Rachael for move- in special, 619-804-1044.

DEL MAR. Furnished 1 bedroom guest unit. \$1600. Private entry, patio. Utilities paid. Includes cable/ Internet. Jacuzzi. Parking. No pets. Lovely area. Walk to beach. 12822 Via Nestore. 619-435-0387, 619-206-3089.

DEL MAR. 1 bedrooms from \$1480. 1 month free with 1- year lease or 1/2 off with 6- month lease. Garage, heated pool, spa, fitness center. Close to the beach. Agent,

DEL MAR. 1 bedroom, \$1545. 2 bedroom, 2 baths, \$1895-\$2295, ocean views!
Washer/ dryer in units. Gated, nonsmoking community. 201 Fourth Street. 858-481-9585; mikeatla@aol.com. www. nerpacific.com.

DOWNTOWN. Beautiful building, new furnished rooms. Refrigerator, microway TV, cable. Starting at \$175 weekly. 920 Beech Street. Call 619-234-1952.

Beech Street. Call 619-234-1952.

DOWNTOWN. Premier location. Furnished studios with full baths, from \$199/weekly. Two award-winning buildings to choose from, 24-hour staff, gyms, laundry rooms, sundecks. Free wireless Internet. Island Ins. 202 Island Avenue (Second/ Island), 619-232-4138. J Street Inn: 222 J Street, 619-696-6922. www.affordablehousingsd.com.

DOWNTOWN. Fully furnished studios with utilities included. Rates start at \$160/week Free wireless Internet. Baltic Inn: 521 6th Avenue. 619-237-0687. www. affordablehousingsd.com



ownTown. Studios with kitchen and ath, \$625-\$700. Single room with private athroom, \$550-\$595. Nonsmoking. No pets. 10th and E Street. Hughes Management, 619-231-2385. www.



DOWNTOWN. Comfortable rooms, \$450/ up. Studios, \$650/ up. Near Gaslamp District. Very quiet and clean. Free cable TV, on-site laundry, vending machines, community kitchen, shared bathrooms. Near shopping, restaurants, movie theatres and Horton Plaza. No pets. Arlington Apartments, 701 7th Avenue. Hughes Management, Lic#955724, 619-231-2385. www.HughesManagement.net. www.sdreader.com/news/rent2097.



**DOWNTOWN.** Economical furnished DOWNTOWN. Economical furnished rooms, \$450-\$550, best price, save money. Conveniently located on C Street trolley line, near restaurants, free cable TV, shared bathrooms, on-site laundry facilities, vending machines, elevator service, no pets, 636 C Street (between 6th and 7th), C Street Inn, Hughes Management, Lic#955724, 619-234-4165. www.HughesManagement.net. www.sdreader.com/news/rent2098.



DOWNTOWN. Cozy rooms, \$486-\$625. Very comfortable, convenient location. Historic building near C Street Trolley. Choice of shared or private bathrooms. Free cable TV, on-site laundry, vending machines, modern elevator, no pets. Southern Hotel, 1159 6th Avenue at B. Hughes Management, Lic#955724, 619-239-3808. www.HughesManagement.net, www.sdreader.com/news/rent2099.



DOWNTOWN. Gaslamp area. \$425-\$550 Community kitchen, shared bath, on-site laundry, vending machines, no pets. Star Hotel, 522 7th Avenue. Hughes Management, Lic#955724, 619-235-



**DOWNTOWN.** Outstanding furnished rooms, \$450-\$500. Heart of Gaslamp. Shared bathrooms. Community kitchen

Free cable. No pets. Windsor Hotel, 843 4th Avenue. Hughes Management Lic#955724, 619-239-3808. www. HughesMai



**DOWNTOWN.** Attractive rooms. Shared DOWNTOWN. Attractive rooms. Shared rooms. Shared baths. Utilities included. Near City College, \$450-\$595/ month. 719 14th Street. Villa Victoria. Hughes Management, Lic#955724, 619-239-1639 x103. www.HughesManagement.net.

College. Single rooms with kitchenettes from \$140/ week, deposit (long- term). Includes utilities/ cable. Quiet, secure. Shared bath/ laundry. Hotel Medite 619-231-8656. www.hotelmed-sd.com.

DOWNTOWN. \$175/ weekly. Nice, furnished rooms, some with private baths. Free cable/ WiFi. On-site laundry. 24- hour desk. 1450 4th Avenue (at Ash). Mention Reader for special. 619-233-4439.

Reader for special. 619-233-4439.

DOWNTOWN. Stay the week, stay the month! Monthly rates from \$21.87/ night. Wireless Internet in all rooms. 1-2 blocks to bus, train. Flat- screen TVs. Weekly rates from \$37.14/ night: Community kitchen and dining area. European- style detached bathrooms. Monthly rentals must qualify under the San Diego Housing Commission's low-income program. Subject to availability. Taxes not included. 500 West Hotel, 500 West Broadway. 500West Hotel, 500 West Broadway. 500 vvest เทอเยเ, 500 west Broadway. 500WestHotel.com. Toll free: 888-281-2676 or 619-234-5252.

or 619-234-5252.

DOWNTOWN. 777 Lofts. \$1245-\$1625.
Incredible 1 bedroom lofts across from The lvy. Best rental loft/ condominiums, one block to Downtown's popular 5th Avenue. Washer/ dryer. Small pet considered. A must seel TPPM, 619-544-0017, or stop by 777 6th Avenue at F Street.

DOWNTOWN/ CORTEZ HILL. 1 bedroom, \$915. Limited access building, charming, quiet. Residential neighborhood. Utilities paid. On-site laundry. No pets. Call 619-299-8746. DOWNTOWN/ GASLAMP. Las Flores

Hotel. Small, quiet. \$125/ week and up. Four- week minimum. Color TV with basic cable. Refrigerator in most rooms. Secure. 619-235-6820.

DOWNTOWN/ GASLAMP. Move- in specials. Livel work lofts in heart of The Gaslamp! Roof decks with barbecue. Laundry on every floor. Parking available Seven locations Downtown. Select pets OK. Visit loft leasing office: 315 Fourth Avenue. 619-231-1505 x12. www. nagement.com Also visit www. der.com/news/rent2064.

### **Urban Mini Lofts**

Downtown/ Gaslamp. Historic Beaumanor, unique urban mini lofts, \$550-\$900. Several sizes, 12' ceilings, brick, hardwood floors, near Horton Plaza. Hardwood furniture available. Paid cable/ electric/ water. Most include sleeping decks. Refrigerator/ microwave included. High-speed Internet available. On-site laundry, barbecue deck, outdoor kitchen. Impeccable renovation. No

pets. 927 6th Avenue. Michael, 619-232-1517. beaumanor927@yahoo.com. http://www.sdreader.com/news/

DOWNTOWN/ HARBOR SIDE, \$750. 1 bedroom 1 bath. Private porch. 1 bedroom 1 bath. Private porch. 1 parking space. Near bay. Harborside trolley. SD Naval base, General Dynamics. \$500 deposit. 619-233-1700. DOWNTOWN/ LITTLE ITALY, \$1375 DOWNIOWN/ LITE THAT, 31573.

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DOWNTOWN/ LITTLE ITALY. From \$800/ month. Private bath, cable TV, microwave, refrigerator. Utilities included. Secure, quiet, charming. Efficiency apartments with laundry. Near trolley/ bus lines, blocks from harbor. On-site manager. Villa Caterina, 1654 Columbia Street. 619-232-3400.

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DOWNTOWN/ MARINA DISTRICT.

DOWNTOWN/ MARINA DISTRICT.
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EAST SAN DIEGO. \$725. Spacious 1 bedroom, upstairs, in our lovely, small, gated community. On-site laundry. Assigned parking. No pets. 4336 Estrella Avenue. 619-298-7724.

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EL CAJON. Spacious apartments. 1 bedrooms, upstairs, \$800. 1 bedroom downstairs, \$850. 2 bedroom upstairs, \$950. Pool, on- site laundry, assigned parking, freeway close. Pets welcomel Anabel Court Apartments, 303 East Madison Avenue. Ask about our move- in specials! 619-579-5640.

specialsi 619-579-5640.

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**EL CAJON.** 1 bedroom apartments, \$750-\$775. New carpet, paint. Assigned

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fourwindsapts.info.

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ENCINITAS. \$750 and up. Sick of roommates? Cozy beach trailers in quiet park. Near beach, Coaster, restaurants, shops. 152 North Coast Highway 101. No 760-753-4101.

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ESCONDIDO. Beautiful updated

ESCONDIDO. Beautiful updated townhome. Includes new appliances, cozy fireplace, roomy bedrooms, washer/dryer. Available furnished. \$1495/ month, or furnished \$1395/ month. 140 East El Norte Parkway. 619-471-2201.

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FASHION VALLEY. \$1025. 1 bedroom, 1 bath upstairs apartment with views to Mission Bay and Mission Valley. Next to USD. Cat OK. 5946 Lauretta Street, #11. Call 619-296-6699. www.centrecity.net.

**FASHION VALLEY.** \$1395 rent, \$800 deposit OAC. Walk to USD. 2 bedroom, bath townhouse, laundry in unit, granite counters, balcony, parking for 2 cars, no pets, at 1333 Brunner Street #B. Agent, 619-299-8515. FASHION VALLEY. \$975-\$1100. Large 1 and 2 bedroom apartments. Huge walk closets. Dishwashers. On-site parking. Balcony. No pets. 5720 Gaines Street. 619-299-3477.

FASHION VALLEY. \$1550. The Courtyards. 1176 square feet, 2 bedroom, 2 bath, underground parking, resort-like complex. Lease. No pets/ smoking. ETS Realty, rosie2801@aol.com, 858-560-

5564. **FASHION VALLEY.** \$1295. 2 bedroom, 1 bath condo. Near USD, upgraded with granite counters and stainless steel appliances, washer/ dryer in unit. No pets 1205 Colusa Street #1. 858-483-3534.

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FASHION VALLEY. \$1395. Large 2 bedroom, 2 bath condo. 2 parking. Air conditioning. No pets. Gated. Carpet/ paint Dishwasher. Pool/ gym. 6406 Friars Road, #237. Juno, 619-275-3455.

#237, Juno, 619-276-3455.

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FASHION VALLEY/ WEST. \$825. 1 bedroom. Nice lower unit, across from USD. Near bus, shops, golf course and freeways. No pets. 5674 Mildred Street. Agent, 619-296-3189.

FASHION VALLEY/ WEST. \$1450. 3-FASHION VALLEY/ WEST. \$1450. 3-bedroom, 2- bath units. Upstairs and downstairs available! Some with balconies! Washer/ dryer hookups! Across from USD. 5845-5865 Lauretta Street. 619-222-4836x14, www.liveatthebeachnow.com.

FASHION VALLEY/ WEST. \$1250. Presidio Place. 1/2 off first month's rent. Luxury resort. Spacious 1 bedroom, 1-1/2 bath. Pools, lagoon, spa, tennis. 24- hour gate attendant. No pets. Agent, 619-582GOLDEN HILL. \$1595. 3 bedroom, 1 bath townhome. Contemporary setting, fully remodeled. Upstairs patio. 1300 square feet. Minutes to downtown. Garage. Laundry facility. 3035 Broadway. 619-247-7327.

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GOLDEN HILL. \$795. Studio. Historic building, Golden Hill. Laundry. Parking. Available now. 2472 B Street #F. www. amgsd.com. 619-295-1165.

amgsuconi. of page 37-295-1105 at https://doi.org/10.1016/10.1

GOLDEN HILL. \$895. 2 bedroom, 2 bath condo. Quiet complex. Air conditioning. Dishwasher, fireplace, underground parking. Available immediately. 3093 C 619-222-9308.

HILLCREST. \$750. Cozy studio, with lots of tile, on-site laundry. Great location. Near bus lines. No pets. Agent, 619-298-

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HILLCREST. \$1050 rent. \$800 deposit OAC. 2 bedroom, 2 bath, parking space, laundry, no pets, at 3745 7th Avenue #10. Agent, 619-299-8515.

HILLCREST. \$895. 1 bedroom. Stove, refrigerator, shared lawn area. Cat OK with additional \$300 deposit. Great location on the bus line. Available now. 3749 Fourth. Del Sol Property Management. www.delsolpm.com Broker, 858-270-2071.

HILLCREST. \$1250. 2 bedroom, 1 bath. Next to Whole Foods. Parking, laundry, upstairs unit. Sorry, no pets. Available now! 3820 8th Avenue #4. www.amgsd. com. 619-295-1165.

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■ Inspect cooling system &

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apartment. Downstairs, spacious, coin laundry on site. No pets. 1263 Pennsylvania #2. www.cal-prop.com. 858-483-3534.

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com.

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New paint. Berber carpet, dishwasher,
laundry, 2- car private garage, garden
setting. Available 10/5. 3672 Georgia
Street. 619-542-0708.

HILLCREST. 1/2 off 1st! Views of Downtown! Charming 1 bedroom, 1 bath cottage, \$995. Gated, wood floors, patio, near Balboa Park. 1930 3rd Avenue. 619-300-9487.

HILLCREST. 1/2 off 1st! \$795. Beautiful studio on the 3rd floor, near Balboa Park. Wood floors, custom paint, walk-in closet, laundry. 2241 4th Avenue #303. 619-804-

HILLCREST. \$1200. 2 bedroom, 1 bath upstairs apartment. Off- street parking, laundry on site, small pet on approval. Section 8 OK. \$1200. 4109 Front Street

#5. 619-640-7530.

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HILLCREST. \$1000. 1 bedroom, 1 bath in beautifully landscaped gated property.
Beautiful hardwood floors, breakfast nook with built-in table and seats. Laundry on site. A must seel Available now. 3718
Park Boulevard #3730. www.cethron.
com. 619-295-1100.

com. 619-295-1100.

HILLCREST. \$825. 3820 Georgia Street between Robinson and University Avenue. Large 1 bedroom, 1 bath. Carpet, 4 closets, upstairs, laundry room, one assigned parking. No pets. Phillips Realty, 619-291-6686.

Realty, 619-291-6686.

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Avenue (behind The Crypt). Lovely 2

bedroom, 1 bath cottage. Breakfast nook,
gas stove, hardwood floors, laundry

room. Street parking (offer first come, first

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Phillips Realty, 619-291-6686.

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HILLCREST. \$1150. 2 bedroom, 1 bath, large top-floor unit in small, quiet complex near zoo. New designer paint and gas stove, air conditioning, parking, laundry. Call today! *Open Saturday* 12:30-1:30pm. 3706 Georgia Street #7. TPPM, 619-296-8802.

#7. IPPM, 619-296-8002.

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HILLCREST/ BANKER'S HILL. \$1000. 1 bedroom, upstairs. Stove, refrigerator, coin laundry, shared courtyard, gated entry. Cat OK with additional \$300 deposit. Available 11/10/09. 3502 First Avenue. Del Sol Property Management, Broker, 858-270-2071. Manager, Michael, 619-296-1918.

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347-0003.

HILLCREST/ MISSION HILLS, 2
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Freshly painted, new carpet, washer and
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HILLCREST/ MISSION HILLS. \$1025.
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IMPERIAL BEACH. 750 11th Street. 1/2 off 1st month! 1 and 2 bedroom, \$875-\$1100. Parking, laundry. No pets. 619-200-1657 or www.bkbinc.com.

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804-3325.

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LA JOLLA. \$895. Great location! Near The Village and La Jolla Cove. Charming studio with full kitchen, ceiling fan, mirrored closet door. 7529 Herschel Avenue #4. 619-804-3325.

Avenue #4. 619-604-3529.

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LA JOLLA. \$1495. 1 bedroom. Walk to Marine Street Beach. Close to restaurants and shops on Prospect Street. Coin laundry. Street parking. No pets. 333 Prospect Street. TPPM, 858-

LA JOLLA SHORES, \$2225, Roomy 2 bedroom, 1 bath in charming garden complex near Beach and Tennis Club. Fireplace, parking and beautiful patios. 7836 El Paseo Grande #7. TPPM, 858-



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MISSION BEACH, South. Studio, upstairs. All utilities paid. On-site parking. 2980 Mission Boulevard, south of roller coaster. \$8257 month, lease required. 858-488-5463, 760-887-2000.

MISSION BEACH. \$1295. Lease. Large 1 bedroom, 1 bath. Block to beach. Parking. Fantastic bargain! Patio. No pets. Available. 811 Island Court. 858-

MISSION BEACH. \$1895. Large oceanfront 2 bedroom. Parking or garage, tile floors, all appliances, laundry facility, and large front patio. 4003 Ocean Front Walk. 858-272-9547.

MISSION BEACH, \$1350. Downstairs 1 bedroom, hardwood floors, 1 parking. No pets. 805 Venice Court. More Property Management, 858-514-8201.

MISSION BEACH. \$745. Studio. Steps to bay! Walk to beach, shopping, restaurants. Includes utilities. Excellent condition. Gas appliances. 3264 Bayside Lane. Shore Management, 858-274-

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MISSION HILLS/ HILLCREST. 1 bedroom, \$950, Recently remodel pedroom, \$950. Recently remodeled. Pool, barbecue, dishwasher, on-site laundry, covered parking. No pets. Call 619-299-8746.

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NORMAL HEIGHTS. Move-in specials! \$750, 1 bedroom, 4263 42nd. On-site laundry. No pets. Drive by to view, then call 760-672-0425.

NORMAL HEIGHTS. 2 bedroom, \$940/ month. Spacious. Pool. Off- street parking. On-site laundry. Close to major freeways. Sorry, no pets! Available now 4841 West Mountain View Drive. Call 4841 West Mountain View Drive. Cai 619-282-6440. Sunriseliving.com. NORMAL HEIGHTS. \$1025. Lovely 2

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NORMAL HEIGHTS. 4681 35th Street #1. \$200 off 1st month! \$895, 1 bedroom, downstairs. Parking. Laundry. No pets. 619-226-7368 or www.bkbinc.com.

NORMAL HEIGHTS. 4465 Mississippi Street #4. \$400 off first month! \$1300. 2 bedroom, 1.5 bath townhome with garage, washer/ dryer. 619-226-7368 or www.bkbinc.com.

NORMAL HEIGHTS. \$800. 1 bedroom, 1 bath, remodeled kitchen, on-site laundry Off- street parking. Gated community. Call 619-255-0382. www.sdaptbrokers.

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NORMAL HEIGHTS. Large 1 bedroom, 1 bath apartment, \$895. Gated, patio, walkin closet, all appliances, A/C, laundry, parking. Pet negotiable. 4670 36th Street #3. 619-804-3325.

NORMAL HEIGHTS. 1/2 off 1st! Extra large 2 bedroom, 2 bath, \$1110. All appliances, A/C, laundry, parking. Pet negotiable. 4469 Kansas Street #1. 619-

NORMAL HEIGHTS. 2 bedroom, 2 bath apartment, \$1100. Laundry. Parking. No pets. 4840 West Mountain View Drive. More Property Management, 858-514-

NORMAL HEIGHTS. 4655 33rd Street. 1 bedroom, \$800. 1/2 off 1st month! Laundry. Parking. No pets. 619-200-1657

NORMAL HEIGHTS. 4669 lowa Street. 1 bedroom, \$750. 1/2 off first month!

Parking, laundry. No pets. 619-200-1657 NORMAL HEIGHTS. 1/2 off 1st! Lower 1 bedroom, 1 bath, \$925. Tile countertops, breakfast nook, laundry. Just off of Adams Avenue. Cat OK. 4733 Utah #2.

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NORMAL HEIGHTS. \$925. Nice, clean, quiet 2 bedroom, 1 bath, downstairs; new paint, carpet. Well maintained. Refrigerator. Laundry on premises. No pets. Conveniently located. 619-563-0779.

apartment, \$775. Gated entrance story! Close to all. Pet on approva Laundry on site. 6- month lease. Adams Avenue. Agent, 619-820-2584.

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#### **LEAD STORY**

 Lonely Japanese men (and a few women) with rich imaginations have created a thriving subculture (otaku) in which they have all-consuming relationships with figurines that are based on popular anime characters. "The less extreme," reported a New York Times writer in July, obsessively collect the dolls. The hardcore otaku "actually believes that a lumpy pillow with a drawing of a [teenage character] is his girlfriend" and takes her out in public on romantic dates. "She has really changed my life," said "Nisan," 37, referring to his gal, Nemutan. (The otaku dolls are not to be confused with the life-size, anatomically correct dolls that other lonely men use for sex.) One forlorn "2-D" (so named for preferring relationships with two-dimensionals) said he would like to marry a real, 3-D woman, "[b]ut look at me. How can someone who carries this [doll] around get married?"

#### **Cultural Diversity**

 Thousands of Koreans and some tourists joined in the messy events of July's Byryeong City Mud Festival, which glorifies the joys of an activity usually limited to pigs. Mud-wrestling, mud-sliding, a "mud prison," and colored mud

baths dominated the week's activities, but so unfortunately did dermatological maladies, which hospitalized 200 celebrants.

 National Specialties: (1) In May, Singapore's Olympic Council, finding no athlete good enough, declined to name a national Sportsman of the Year. (2) A survey of industrialized nations by the Organization for Economic Cooperation and Development revealed that Japanese and Koreans sleep the least, while the French spend the most time at both sleeping and eating. (3) A Tokyo rail passenger company, Keihin, installed a face-scanning machine recently so that employees, upon reporting for work, can tell whether they are smiling broadly enough to present a good impression.

#### **Latest Religious Messages**

— The director of a child advocacy group told the Associated Press in June that, since 1975, at least 274 children have died following the withholding of medical treatment based on religious doctrine. In one high-profile case this year, the father of a girl said turning her over to doctors would violate God's word (she died), but in another, a Minnesota family that had trusted their son's cancer to prayer, based on advice from something called the Nemenhah Band, changed

course and allowed chemotherapy, which so far appears to have prolonged the boy's life.

#### **Questionable Judgments**

· Maryland corrections officials, hoping to improve juvenile rehabilitation by a gentler approach to incarceration, opened its New Beginnings Youth Center in May. The lockdown facility had declined to use razor wire, instead merely landscaping its chainlink fences with thorny rose bushes. After one inmate easily escaped on the second day of operation, razor wire was installed.

- Britain's National Health Service of Sheffield issued a "guidance" to schools this summer to encourage teaching students alternatives to premarital sex, including masturbation. According to the Daily Telegraph, the leaflet (titled "Pleasure") contains the slogan "[A]n orgasm a day keeps the doctor away" and likens the health benefits of eating fruits and vegetables and exercising to the benefits of masturbating twice a week.

#### **Rock People**

(1) Chicago police arrested motorist Daniel Phelan, 27, in August and charged him in connection with a three-week spree of drive-by rockthrowing at other cars. Officers discounted ordi-

nary road rage as a cause, in that Phelan appeared to have been driving around during that time with an arsenal of rocks in the passenger seat. (2) A 22-year-old man was arrested in Kitsap, Wash., in August after tossing a barrage of rocks at people, leading some to chase him until police intervened. The man explained that he is preparing to enter ultimate fighting championship contests but had never actually been in a fight and wanted experience at getting beaten up.

#### **Least Competent Cops**

(1) The supreme court of Spain tossed out assault charges against Henry Osagiede in August because of unfairness by Madrid police. Osagiede, a black man, was convicted after the victim identified him as her attacker from a lineup in which he was the only black man. (2) Six Ormond Beach, Fla., motorcycle officers, detailed to chaperone the body of prominent Harley-Davidson dealer Bruce Rossmeyer from the funeral home to the cemetery, accidentally collided with each other en route, sending all six riders and their bikes sprawling.

Send your Weird News to Chuck Shepherd, San Diego Reader, P.O. Box 85803, San Diego, CA 92186 or to WeirdNewsTips@Yahoo.com

NORMAL HEIGHTS/ KENSINGTON. \$775 rent, \$700 deposit OAC. Large 1 bedroom, laundry, no pets, at 4742 East Mountain View Drive #8. Agent, 619-299-8515.

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### **BestBuys**

-EVE KELLY

**'Y**ou are Crocktastic!"

"Well, they don't call me Crockalicious for nothing." This back-and-forth at our family reunion happened between hubby Pat and sis Meg, aka Crock-Pot Queen. The Kelly home doesn't even own a Crock-Pot. Dinner prep here is at a more traditional

hour, six o'clock, stomachs growling while Eve searches the fridge for meal options. That has to change. The Kelly kitchen needs a slow cooker.

Of course, I started my info quest with Mrs. Crockalicious herself, "I own a Hamilton Beach Deluxe Stay or Go," offered Meg (Target: \$41.29 for the six-quart cooker). "It latches; that's the 'stay or go' part, so when I travel with it, it doesn't spill anywhere. It seals nicely so it cooks better — it's not letting out any warmth on the sides like other pots. It comes with a plastic serving spoon that can snap into the lid handle; it has high, low, and warm settings; and there's a stoneware bowl that you can take out and wash so you don't have an electrical wire issue

Meg's hubby likes "the dried Italian soup mix: Tuscan bean soup. I whip that up in the Crock-Pot. I also make beef stew. Throw in some raw meat, potatoes, a package of beef-stew seasoning, and call it a day. It's nine a.m., and I couldn't be happier."

Friend Katie was certain about what she didn't like — the Rival Six-Quart

Crock-Pot with a Little Dipper (\$39.99 from Costco). "It's stainless steel with the black inside, oval shaped, and it comes with a side Crock-Pot. It's really hot, cooks too fast, and overcooks everything. I'd put frozen meat in, and it would be done within just a couple of hours. And it would burn stuff - like the

chili, it would burn it on the bottom. That defeats the purpose of slow cooking."

Another dilemma with the Costco Crock-Pot — it sits up too high. "It's very prone to tipping over," continued Katie. "If you scoot it on the counter to try to move it a little bit, it kind of wobbles because it is so top-heavy. It is a bad

Katie's hubby bought her a six-quart Cooks Slow Cooker (\$49.99 at JCPenney). "It has a stoneware bowl that comes out, and it's just off, low, and high, really simple. But it works well. I do a lot of soups in it, and chicken dishes. I put in frozen bone-in chicken breasts and then a little bit of juice, and it makes its own broth. All the leftovers I shred up and put them in the freezer for casserole-type dishes."

"I put a pork shoulder or a Boston butt in there. The leftovers make great sandwiches."

Bernice loves her Not Your Mother's Slow Cooker Cookbook (\$15.16 at barnesandnoble.com). "The recipes are updated for the modern time. The book does say that you really need a certain size Crock-Pot, depending on what you are making. If you put a medium-sized recipe in a large Crock-Pot, it changes it a little bit. So, if you have a bigger Crock-Pot than the recipe calls for, you might need to add more liquid."

Bernice's pot — a stainless steel GE six- to seven-quart slow cooker (\$39.88 at Walmart.com) gets a bit in the way in the kitchen. "It takes up a lot of surface space on the counter. Ideally, I would have my Crock-Pot stored up high for when I do roasts and whole chickens and keep a round fourto five-quart pot for the chilis, soups, and stews on the counter."

Bernice likes to make shredded pork in the Crock. "I put a pork shoulder or a Boston butt in there, and I usually add a little bit of broth and

maybe some onions. When it's all done, I shred it up and I add my favorite barbecue sauce. The leftovers make great sandwiches throughout the week on buns."

"If money were no object," said sis Nancy, "I'd own a Williams-Sonoma All-Clad Deluxe Slow Cooker [\$299.95 at williams-sonoma.com]. You can put the insert right on the stovetop to sauté and then move it to the Crock-Pot. It cuts down on pots to wash."

The following day, while at Target checking prices, I was taken by the barn-red Rival Stoneware Slowcooker Crock-Pot (\$19.99 for the four-quart pot). *The color will match the* cabinets, I thought. But it only holds a fourpound roast, I read. Not big enough for dinner and next-day sandwiches.

Further down the aisle I noticed a definite item for the Christmas wish-list: the Trio Cook & Serve Slow Cooker (\$99.99 for the three 2.5-quart-capacity stoneware bowls by Crock-Pot). Great for some holiday parties, I ruminated. It could keep the meatballs, chili, and nacho cheese warm all at once for Patrick's football parties.

For more stories by this author, go to sdreader.com.

1: Hamilton Beach Deluxe Stay or Go

deposit. 2-1/2 block to ocean. Coin laundry. Parking. Available 11/20/09. 950 Chalcedony. Del Sol Property Management, www.delsolpm.com. Broker, 858-270-2071.

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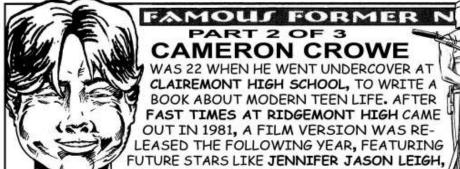
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https://doi.org/10.1016/10.101

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UNIVERSITY HEIGHTS. 2 apartments available. \$1150/\$1175. 2 bedroom, 2 bath. Washer/dryer, air, fireplace. Off-street parking. 8- unit complex. 4026 Alabama Street. 619-296-9557, 619-286-4320.

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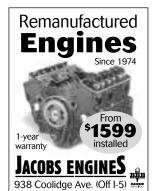


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2009

### **Thirty Years Ago**

Dear Matthew Alice: While standing in the license-renewal line for an hour and a half the other day at the Department of Motor Vehicles, I realized that this chore is one of our society's great levelers. Everyone — Paul Bloom, Dr. Thomas Day, Don Coryell — must stand in line at the DMV in order to obtain a license. Am I right?

Sara Kassara, Mission Beach. Not long ago I met someone in line who looked remarkably like Ioan Didion. (She resembled the photograph on Didion's latest book, The White Album.) I introduced myself and she said, "I had better tell you what I am doing here. What I am doing here is trying to pass a test that corresponds, in some totemic way, to everything in California that I have been taught to believe in. To say that this line is in some way better than the eight-items-or-less line at the Mayfair in Hillcrest is beside the point."

— STRAIGHT FROM THE HIP, Matthew Alice, October 11, 1979

### **Twenty-Five Years Ago**

Daniel Muñoz is the publisher of San Diego's Mexican-American newspaper La Prensa. In mid-July of last year, he filed a suit against Rachael Ortiz, executive director of Barrio Youth Center in Logan Heights. Muñoz states that on May 6, 1983, he and his wife attended a social function at the Casa Bonita restaurant on Sweetwater Road in National City. At 8:30 p.m., someone told him that a woman was calling him from across the room. It was Rachael Ortiz, Muñoz's suit claims that she made obscene gestures at him. She then reached up and slapped him.

[I]t was not surprising when in May of this year Ortiz filed a crosscomplaint alleging libel and conspiracy on the part of Daniel Muñoz as well as his attorney Denise Moreno Ducheny and her husband Alvin

--- CITY LIGHTS: "SLAPPED SLAPS SUIT ON SLAPPER," Abe Opincar,

October 11, 1984

#### **Twenty Years Ago**

My baby loves the Grateful Dead. Loves 'em so much that the quickest cure at our place for an onset of persistent fussiness is rockin' Ariel in her daddy's arms to "Touch of Gray," "China Cat Sunflower," "Bertha," or any other GD tune of ancient or recent vintage.

- CITY LIGHTS: "THE DIAPER DEEJAY." Alan Reder, October 12, 1989

#### Fifteen Years Ago

I've finally seen what I feel to be the very best moment of local television broadcast this year. It was Tuesday last week. Johnatan George, the 36year-old "career criminal" who two years ago made headlines by bolting from a sheriff's van in the Gaslamp Quarter and shooting to death Michael Champion, a 28-year-old

motorist, testified on his own behalf.

"If [Champion] had not knocked the gun out of my hand, it would not have discharged," George said.

--- AS SEEN ON TV: "REMAIN CALM," Abe Opincar, October 6, 1994

### **Ten Years Ago**

Unlike a lot of my classmates, I don't practice law anymore. I stay at home with my kids. On a good day, I'm happy about my decisions. I wouldn't trade Johnny's smiles and Rebecca's first word and Angela and Lucy's make-believe games for the billablehour grind most lawyers endure.

--- KID STUFF: "A LONG WALK DOWN A NARROW CORRIDOR," Anne Albright, October 7, 1999

#### **Five Years Ago**

Sunday's startling endorsement by the *Union-Tribune* of Democrat Mike Aguirre for San Diego city attorney seems to have turned conventional wisdom on its head. But there is a big reason behind the *U*-

Straight from the Hip

San Diego Reader, October 11, 1979

T's seeming madness, according to newspaper insiders: the death of publisher Helen Copley.

Though Republican, David Copley, 52, quietly gave \$5000 to leftleaning gubernatorial candidate Arianna Huffington, even as his mother's paper was endorsing Republican movie star Arnold Schwarzenegger.

- CITY LIGHTS: "OVER MOM'S DEAD BODY," Matt Potter, October 7, 2004

For more stories by these authors, go to sdreader.com.

UNIVERSITY HEIGHTS, \$1050. Parking space. Laundry. Air conditioning. Purified water. Ceramic ile. Available 10/1/09. 4521 Park Boulevard. Han, 619-750-6600.

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\$99 deposit, OAC. Town Park Villas, 4633 Governor Drive. 858-453-0441. UTC/ LA JOLLA area. \$1495. 2-bedroom, 1- bath townhouse. 1- car garage. Laundry. New carpet, paint, refrigerator. No pets. Call Coldwell Banker Property Management. 858-488-2228.

UTC/ LA JOLLA. \$1895. 2 bedroom, 2 bath condo. Tri- level, attached 2- car pain condo. Tri- level, attached 2- car garage, wood floors, balconies, large patio, washer/ dryer. Pets OK with deposit. 3276 Via Marin #93. 858-483-3534. www.cal-prop.com.

UTC/ LA JOLLA. \$1695. 1/2 off first month's rent. 2 bedroom, 2 bath at Verano. First floor. 3 parking spaces. Washer, dryer, large deck with storage Hiking trails, pools, saunas, etc. Nonsmoking. No pets. Agent, 619-582-

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Avenue, 92115. Call 619-265-3622.

OCEANSIDE. Ocean Village townhouse on Fire Mountain. 2 bedroom, 2 bath. Move- in ready, many upgrades. Quiet, well- kept community, pool, Jacuzzi, clubhouse. Owner, 760-547-6776.

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San Diego *Reader* October 8,

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extra. Some cars labor extra. Platinum plugs extra.

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### **GARAGE SALES**

CITY HEIGHTS Fairmount Park whole heighborhood sale: 10,10,05, 8am. Man households participating. Between 805/ 94/ 15. Maps available morning of sale; Gateway and Home Avenue.

CLAIREMONT. Saturday, 10/10; Sunday, 10/11, 7am-1pm. Some higher end items Bike, laptop, computers, framed artwork, camera equipment, men's/ women's clothing, tools. 4983 Clayford Street.

DOWNTOWN. St. Paul's Cathedral Dorcas House, foster home for children. Donate items 10/10/09, 9am-5pm. Open

FALL FASHION AND FUNCTION Sale Saturday, October 10th, 9am. North Pacific beach 1119 Turquoise Street, 92109. Top name brands, mens, womens, juniors. Mostly new. Incredible prices! Apparel, snowboards, boots, bindings, surfboards, wetsuits, sandals, surplesses.

GOLDEN HILL. Saturday, October 10, 8am-noon. Odds and ends. 1119 19th

NATIONAL CITY. Yard/ food sale, charity auction. 10/18/09, 7am. Household goods, furniture, clothing. 11am food sale begins. Holding charity auction; gift items. 309 Saint Rita Court.

SERRA MESA. Final moving sale. October 10, 9am-3pm. No early birds! North 163- Genesee east exit. South 163-Genesee exit, turn left. 2440 Cardinal Drive #10.

SOLANA BEACH. Estate sale, Sunday 10/11/09, 9am-3pm. Antiques, collectibles, vintage clothing, jewelry, pottery, new Pottery Barn items, etc. 695 S. Nardo #g8, 92075.

### MISCELLANEOUS

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Reader October 8, San Diego 72

## SHEEP AND GOATS

PLACES OF WORSHIP REVIEWED

**Denomination**: nondenominational Address: 11740 Bernardo Plaza Court, Rancho

Bernardo, 858-592-2434 Founded: 1992

Senior pastors: Harry Kuehl and Jeanette

Moffett

Congregation size: 3000

**Staff size**: 40 (including part-time) Sunday school enrollment: 500

**Annual budget**: 10 percent given to missions Weekly giving: n/a

Singles program: yes Dress: casual to semiformal

**Diversity**: majority Caucasian, but mixed

Sunday worship: 9 a.m., 11 a.m.

**Length of reviewed service**: 1 hour, 5 minutes

**Website**: *thechurchatrb.org* 

As my eyes adjusted to the half-light of the church and my ears absorbed the happy boom of the band, I thought, is that the theme from Friends?

It was. A little ways into the service, the Friends-bell sounded again as the choir and congregation chanted: "I am a friend of God/ I am a friend of God/ I am a friend of God/ He calls me friend." It swelled from both band and congregation, like a pop anthem at a concert, like the repeated mantra at the end of the Beatles' "All You Need Is Love."

The Church at Rancho Bernardo is in the midst of its Delicious series, which asks the question, "Are you satisfied?" and then seeks to provide answers through culinary images tied to sanctified living. Sample from Sunday's bulletin: "Eating fish is an essential part of a healthy lifestyle, but eating fish with friends is the recipe for a fully delicious

The theme of Sunday's service was "sushi with friends," a reference to John 21. Jesus, newly risen from the grave, calls out to His disciples from the shore as they are fishing in their boat: "Friends! Have you caught any fish?" John recognizes Him and tells Peter; Peter swims ashore to find Jesus cooking fish over an open fire. As Pastor Kuehl put it, "Jesus looks at Peter and smiles, and says, 'Pete, come and have breakfast with me'...Jesus slips away from His own cosmic party"in heaven, following His resurrection - "to anxiously wait for some heavyhearted friends. To tell them the news, 'I'm back!""

Kuehl told the story via video, played on one of the huge screens suspended over the semicircular stage. He stood beside a firepit on the beach, frving a fish in a cast-iron skillet, half his face aglow with sunlight. "So, what do you say? Shall we have breakfast? Our Lord Jesus teaches us the recipe

for real friendship."

(Before Kuehl came out onto the stage for the sermon proper, music minister Gerry Moffett took a moment to note that Sunday marked the 17th anniversary of the church's first service. "I think of the different friendships that we've had through the years, and the grace that you have given me...as friends. Have you experienced that grace — not only from God the Father, but from friends here on Earth?" Moffett also introduced a video concerning an upcoming seminar put on by Crown Financial Ministries, one that promised to "transform your life, helping you get control of your finances God's way.... If you're looking for real change in your finances, for solid biblical answers, then now is the time to begin your journey to financial freedom.")

Recipe-ingredient number one: friends hook and release. "The three most important words in the language of friendship are 'let it go,'" said Kuehl."If you want friendship, then you will pay a high price called forgiveness. Jesus teaches us how to do that." His own friends abandoned Him, but "on the cross, He whispered, 'Father, forgive them.' You see, Jesus loved these guys."

Ingredient number two: friends swim in deep waters. "When you walk through deep troubles with a friend, you develop a bond that transcends the differences you have. Suffering unites." To demonstrate, Kuehl asked everyone who had ever somehow been affected by cancer to stand. (Nearly everyone stood.) He asked them to shake hands in silence. "A couple of moments ago, complete strangers. When I mentioned this specific suffering, almost instantly, we felt a connection. We share this love, this solidarity. Many of you wear crosses; they remind you of the God who suffered like you...who bled like you

Harry Kuehl & Jeanette Moffett

### The Church at Rancho Bernardo **Rancho Bernardo**

Sermon **★**★<sup>1</sup>/<sub>2</sub> content delivery \*\*\* Liturgy  $\pm^{1}/_{2}$ Music congregation al\*\* band  $\star \star ^{1/2}$ Snacks **★**1/2 **Architecture**  $\star \star ^{1/2}$ **Friendliness**  $\bigstar^{1}/_{2}$ 

Poor to satisfactory (none) Good

Very good Extraordinary \*\*\*\*

Ingredient number three: friends are fish out of water. helping us find supernatural supplies of oxygen. "We need friends who can remind us, even on the Good Friday days

of our lives, that Easter Sunday

is coming. And Jesus is Easter,

reminding His friends that

there is always hope. So, this morning, as you assess, 'How good a friend am I?' remember first how good a friend Iesus is to you."

Kuehl closed with prayer: "Lord Jesus, I know that from the seashore of heaven. You're shouting'Friend!' to everyone in Your house today.... You are the best friend we ever could have. Help us to look around."

The bulletin offered further questions for personal study, such as, "How do our friendships demonstrate the character and love of God to those outside the faith?"

What happens when we

"Well," said Kuehl, "if you have invited Jesus Christ to be the savior and lord of your life, you'll go straight to heaven and if you haven't, you won't. But I would add to that: we will be blown away by how gracious a God we serve. People you don't think will be there, will be there."

— Matthew Lickona

Videos of this church and others featured in this column are available at sandiegoreader.com.

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TRAVEL STORIES AND TIPS FROM OUR READERS





## Sognefjord, Norway By Derek Ray

A trip to Norway is incomplete without getting out on the water to experience the fjords. The sea plays an essential role in the history of Norway, exemplified by some of its most notable museums: the Viking, the Fram, the Kon-Tiki, and the

Norwegian Maritime Museum. But inland waterways and fjords reveal the country's essence and striking beauty.

After experiencing Oslo, one of the most underrated cities in Europe, I made my way to Bergen on the west coast. From Bergen I booked a one-day cruise on the Sognefjord, considered one of the

#### **Other Adventures**



Mango: A stunning glass mosaic inside the mid-century modern Valley Station of the Palm Springs Aerial Tramway



**sanso66:** The Greeks would interrupt wars with each other to compete peacefully on this field in the ancient Olympics.



**BonnieMaffei:** Clay relief of the Palio, Siena, Italy, by sculptor, Marco Zeno

most spectacular fjords in Norway.

The first train from Bergen to Myrdal had some lovely scenery, but views were simply amazing on the second leg, Myrdal to Flam, as we descended into the valley. The train stopped briefly at a waterfall and other scenic locations for picture-taking.

The weather was a bit gloomy as I climbed aboard a crowded vessel with tourists from all over the world, but the spectacular nature of the fjords revealed itself despite the clouds. I wandered inside the ferry as a light rain began to fall and was puzzled by the sight of a few tourists who were oblivious to the surrounding wonder, particularly one Japanese gentleman sleeping like a baby. Why would somebody come so far to take a nap amidst this beauty? I decided that despite the drizzle and wind, outside was the place to be. This is Norway, after all; you can't expect the same skies as the Italian Riviera.

As we rounded each bend, our view opened up to awe-inspiring green cliffs and valleys. I occasionally spotted a little farm dwarfed by the mountains. Eventually the sun poked through the clouds, producing magical vistas.

After the boat docked, a beautiful rainbow graced the countryside — a fitting way to cap off the journey.

## Zacatecas, Mexico By Ana Forsythe

Our plane flew into Zacatecas in the midst of rainfall. The airport had one runway surrounded by red unpaved dirt, the smallest baggage claim I'd ever seen, and the most charming people I'd ever met. You may not be blown away by your first impression of Zacatecas, but once you make your way into the city and experience it, you find it has much more to offer than you expected.

From nightly "tequila marches" to weekly band performances, the city loves to have fun and entertain. Its museums are also a must-see, many displaying pieces from the Mexican Revolution. The architecture around Zacatecas is art itself — beautiful arches, elaborate cathedrals, and flat-roofed adobe houses scattered across hillsides.

Though the hike to the top of Cerro de la Bufa may sound unappealing, the view at the top is well worth it. If hiking's not for you, a tramway that runs over the city takes you to the same view.

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# World Famous Puerto Nuevo Lobster Village Celebrates With Lobster Festival This Sunday



### The Story Of How A Little Lobster Built A Big Village

If you live in Southern California, you might be among the millions who have made a pilgrimage to Puerto Nuevo, one of the world's Meccas for lobster lovers.

But even if you've been to that famous village 12 miles south of downtown Rosarito --- which will host its 17th annual lobster festival Sunday --- you might not know how it started.

We'll get to that in a second. But first a few words about the festival. It's from 12 to 6 this Sunday on Renteria Street, the main street through the picturesque village. There this Sunday you can get a plate of perfect Puerto Nuevo-style lobster and three drinks for \$15, while enjoying Mexican mariachi and dazzling dancers in a seaside setting.

We could say a lot more about the event that celebrates the start of fresh lobster season, But just come and see for yourself.

If a picture's worth a thousand words, the taste of Puerto Nuevo-style lobster is worth at least a million --- and that's about how many are served each year along the Rosarito coast.

Most of that glorious consumption is because of Puerto Nuevo, which began its life about 60 years ago as a modest fishing village, perched on the cliffs near a road with a Newport cigarette billboard.

(The billboard --- Newport translates into Puerto Nuevo --- gave the village its name. Back then, the billboard was the easiest way to find it.)

In the late 1940s and early 1950s, local fisherman in their small panga boats would take to the Pacific for the day to harvest lobster and other delicacies of the sea.

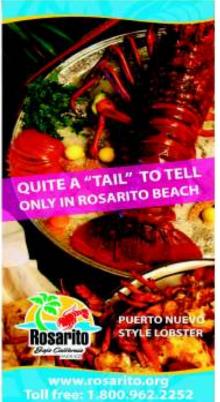
(For the uninitiated, these are Pacific lobsters. Unlike their New England counterparts, they have no claws but a larger tail. A pound is typical.) When fishermen returned, their wives often prepared them meals of the freshest fried lobster, rice, beans and delicious homemade tortillas. In days before refrigeration in the village, it was an easy meal to make.

Fishermen's wives also served this flavorful meal to many Americans who came down for the day to fish. Fame and demand for luscious lobster prepared Puerto Nuevo-style grew.

In the early 1950s a small lobster stand opened near that Newport cigarette billboard and many restaurants opened soon thereafter. That Newport cigarette billboard is long gone but more than 30 restaurants and many shops now dot what has become one of the most famous lobster destinations in the world, Six will participate in the festival.

"We want to show our visitors the real Rosarito: its food, colors, culture and warmth of our people," said Daniel Cortes, President of the Rosarito Chamber of Restaurants, one of the festival sponsors.

The family friendly festival will include Baja wine tasting, Baja beer breweries and traditional Mexican candies. And did we mention fresh lobster, prepared Puerto-Nuevo style?



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