September 17, 2009

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Experts
By Don Bauder

The world’s experts on all topics are huddling in Washington, D.C. One chap proclaims that he is the world’s ranking expert on goldfish. Inquires a layman, “Okay, how do you tell a male goldfish from a female goldfish?”

Says the expert, “I can tell you as an expert that the male goldfish eats male worms and the female goldfish eats female worms.” The layman then harrumphs, “Alright, how do you tell a male worm from a female worm?”

Shouts the expert, “Hey, I’m an expert on goldfish! I never said I was an expert on worms!”

Motley Fool recently looked at the predictions of self-professed experts (securities analysts) on the future of San Diego’s telecom superstar, Qualcomm. Fourteen analysts estimated long-term yearly earnings growth. The estimates ranged from 7 to 22 percent. Big spread. The price targets on the stock were from $30 to $63. Qualcomm was selling at $47 then; this means that by following the experts, you could experience anything from a loss of 36 percent to a gain of 34 percent.

One of today’s most contentious donnybrooks among economics experts is whether markets are rational. The so-called efficient market hypothesis is at the center of this battle. The idea is that the decisions of millions of rational investors, all trying to outsmart one another, provide the best judge of a stock’s or bond’s value. Prices on exchanges instantly and accurately reflect the best available information on the assets. Ergo, you can’t beat the market.

San Diegan Harry Markowitz, when a graduate student at the University of Chicago in the 1950s, basically started the efficient market hypothesis going as he applied mathematical concepts to the subject of risk. (Faculty member Milton Friedman, later to become one of the most eminent economists of the 20th Century, cracked that he wasn’t sure stock market theory belonged in the study of economics.) Markowitz, now an adjunct professor at the Rady School of Management at the University of California San Diego, was soon joined by other economists, and the theory of rational markets evolved into a near religion. Markowitz won a Nobel Prize.

Almost all the experts preached the theory, but it has come under fire because of the one-day crashes in 1987 and 2000, the dot-com/tech collapse of 2000–2002, and the current bear market, along with the real estate bubble and implosion. A new book by Justin Fox, The Myth of the Rational Market, tears apart the academics who stumped for the theory, sometimes making big bucks in the process. After the 1987 crash, Yale economist Robert Shiller, who has an excellent track record in forecasting the economy, called the efficient market hypothesis “one of the most remarkable errors in the history of economic thought.”

So which expert d’ya believe?

The British royalty demands performance from its experts. Last November, Queen Elizabeth visited the London School of Economics to inquire why none of its experts had anticipated the financial devastation. Chastened, a group of Britain’s most eminent economists wrote her a letter, confessing that they were guilty of “wishful thinking combined with hubris.” Figuratively bowing to the queen, they stated, “In summary, your majesty, the failure to foresee the timing, extent, and severity of the crisis and to head it off, while it had many causes, was principally a failure of the collective imagination of many bright people, both in this country and internationally, to understand the risks to the system as a whole.”

Of course, the same sins are attributable to America’s self-pronounced experts. Bernanke is now lauded for keeping us out of another Great Depression by flooding the system with liquidity: keeping interest rates inordinately low, bailing out financial institutions, in effect dumping money out of airplanes. But Bernanke took his post in 2006 and did not foresee the tsunami. He couldn’t see any housing bubble. In March of 2007 he said that the subprime mortgage problems were contained. Prior to the week of September 15, 2008, Bernanke again assured Americans that housing problems were limited and under control. Then he suddenly turned tail and declared that Treasury Secretary Henry Paulson’s $700 billion bailout for the banking industry was critically necessary to save the world economy. Among the newspapers denouncing opponents of the bailout was the Union-Tribune.

Alan Greenspan, Bernanke’s predecessor, proclaimed that central bankers can’t foresee or forestall bubbles. During the Clinton administration, Greenspan, Arthur Levitt, Robert Rubin, and Lawrence Summers led the effort to repeal the Glass-Steagall Act of 1933, which for decades had separated bankers and brokers and kept runaway greed at least partly in check. Then the same foursome made sure that derivatives, those extremely complex financial instruments that now threaten to bring down the whole financial system, be nonregulated.

Oh yes. Greenspan and Summers, along with the late Ken Lay of the late Enron, lectured then-California governor Gray Davis about the cause of the state’s 2000 energy crisis. It was excessive regulation, Greenspan, Summers, and Lay claimed, reminding the governor of their expertise. Summers is now President Obama’s key economics advisor.

And Greenspan? You can say this for him: he admitted his mistakes—well, sort of. Last year, he told a House committee, “Those of us who
But After All, He Was a Man
By Janice Donaldson

I’m standing in front of a real human body at Body Worlds and The Brain — Our Three Pound Gem, currently on exhibition at the San Diego Natural History Museum. It’s a real human body, all right, one that has undergone the process of plastination. According to the inventor of the process, Gunther von Hagens, plastination occurs when “bodily fluids and soluble fat in the specimens are...extracted and replaced through vacuum-forced impregnation with reactive resins and elastomers such as silicon rubber and epoxy.” According to the Body Worlds website, “After posing of the specimens for optimal teaching value, they are cured with light, heat, or certain gases,” which gives them “rigidity and permanence.”

I put my hands across my eyes, as I would from the sun. Between slices of bright light, I see Sagittal 3-D Slice Body, 1999. I learn more about the object of my fascination: This specimen presents the human body in thick frontal slices cut sagittally. As in the following example, not all of the organs and tissue have been sliced through but instead protrude three-dimensionally from the surface.

He’s remarkable because I think I can recognize a face: I imagine that there’s a dimple on the right side of his chin. His head is large and round, his features Shrekish, a thick jaw. A thick neck too, like a retired football or rugby player. I see the folds in the corner of his lips, the drooping, fleshy cheeks, the space between his brow and eye. A wide, expressive eye, as in a Renaissance painting. One of the man’s thick slices features his right nipple, his sagging breast, his protruding tummy. I look at his genitals; I can’t help it. I look at his legs; it is long, and the thigh seems much longer than the lower leg. He was chubby, I decide. But if I were his friend I would know him, despite what the plastination process claims: The body donor’s own identity is altered during the anatomical preparation. The process gives both the face and the body a new appearance on the basis of their internal anatomy. Therefore, a plastinated specimen could not be recognized from its external features — that would require complex reconstruction techniques.

I know that Sagittal 3-D Slice Body, 1999 is one of approximately 25 “artistically posed, whole-body plastinates.” I know that he donated his body to the Institute for Plastination’s Body Donor Program and that by doing so he will advance the cause of science and help foster the advance of knowledge in an unprecedented homage to humanity. But in my unplastinated heart and three-pound gem of a mind, I know of homage to humanity: a funeral, a burial, a cremation.

I know that the plastinates’ cremation will come, one day. That this splendid plastic human was, before anything, don’t last forever and that a hallowed mausoleum is the stuff of spooky Halloween stories as well as reverence and memories. In his article “The Dignity of Man,” Professor Franz Josef Wetz wrote that “the mourning for the death of a person cannot hurt forever. The memory of his or her life pales, and finally the once-inconsolable ones left behind die themselves; we cannot stop the past from slipping into nothingness. Finally a veil of forgetfulness covers us all, and even this forgetting is ultimately forgotten.”

But thank God for memories, because in my mind even a plastinated needs a funeral service. Surrounding me are real human bodies of what were perhaps Muslims, Jews, Christians, Buddhists, Hindus, Jains, atheists, and anybody else. How to provide a decent service for everyone? How can I go about this without insulting the dead? Who’s who in this wasteland of conscious oblivion?

There is just one plastinate with which I feel comfortable: Sagittal 3-D Slice Body, 1999. I find comfort in looking at his comfortable, easy face. I can imagine myself as a child, sitting on his lap, pinching his chubby grand-daddy cheeks. Although the literature of the exhibition stresses that “The focus of Body Worlds is on the nature of our physical being rather than on the personal histories or private tragedies of the donors,” this man was somebody’s grandfather, somebody’s zayde, nanna, from God and will find its ultimate resting place in an incinerator spewing plastic fumes from its source. I know that graves and graveyards are involved in a fight to the scene, “Ten males with bikes and skateboards were involved in a fight and were using the skateboards as weapons.”

An SDPD dispatcher told the units responding to the scene, “Ten males with bikes and skateboards were involved in a fight and were using the skateboards as weapons.”

The specimen presents the human body in thick frontal slices cut sagittally. As in a Renaissance painting. That this splendid plastic human was, before anything...
Experts
continued from page 6
have looked to the self-interest of lending institutions to protect shareholders’ equity, myself included, are in a state of shocked disbelief.” He had put too much faith in the ability of markets to self-correct. And quite frankly, he had never understood the tyranny of greed or the omnipresence of crooks. He had not learned the lesson that most of us learn from our mothers: “Don’t do it just because everybody else is doing it.” That’s how derivatives became a multitrillion-dollar nightmare. Banks were making money in this extremely risky business. “If others are doing it, we must too, so our profits can keep pace,” said the experts who were making money in this multitrillion-dollar nightmare. Banks and derivatives became a multitrillion-dollar nightmare. Banks were making money in this extremely risky business.

I am criticizing self-professed experts. I have never called myself an expert on anything. Since I arrived in San Diego in 1973, I have inveighed against financial engineering, phony accounting, greed, excessive debt at all levels, too much liquidity — the sins that brought us down. But in mid-2007, I wrote a column for the Reader. I correctly said that “stocks are propelled by financial engineering, not product engineering.” I predicted a market collapse. But I said it would come in two or three years. Actually, the calamity began to gain momentum only a few months later, and the following year was an utter disaster.

Maybe I should apply to President Obama as an expert on the economy. Or on goldfish.

He was a man
continued from page 7
pop-pop, grand-man. When was the last time you saw a picture of him with family and friends around, some with the torn lapel indicating bereavement? In the Body Worlds Catalog on the Exhibition, von Hagens informs the reader that the donors “expressly waived their right to burial.” But I design a little funeral service, right there, to honor Sagittal 3-D Slice Body, 1999. Guests include the other plastinates and all the specimens, bless them too.

I say the ancient blessing, a blessing I know is probably scandalous to say in this exhibition room, but I can’t stop myself:

Barukh atah Adonai Eloheinu melekh ha’olam, dayan ha-emet. (“Blessed are You, LORD, our God, King of the universe, the True Judge.”) And what if he were Christian? I can’t possibly cover every religion, but this I do remember, a prayer from the Book, so I say it to myself, for him:

In the resurrection and the life, saith the Lord; he that believeth in Me, though he were dead, yet shall he live; and whatsoever liveth and believeth in Me shall never die.

Here, there is no elaborate coffin, no best clothes, no burial clothing (burial clothing) that bodies wear for funerals. No wife, child, brother, or father placed something in his coffin, something to bring with him to the next life. But there is one thing that I can do for Sagittal 3-D Slice Body, 1999.

Tradition reminds me that when visiting a Jewish grave, even that of someone you never knew, take a small stone or a rock and leave it at the grave. It lets the family know that you were there and shows your contribution to the maintenance of the gravesite. Now this is where it gets a little twisted. I want to leave something for him, something for his gravesite, which has to be this place, for now. But there is no stone anywhere. I look through my purse: makeup, tissues, wallet, keys, cell phone, PDA, my inhaler. I have a few smashed soft chews — little squares of vitamin B, calcium, and vitamin K wrapped in aluminum — that look like Christmas presents. One of these will do fine. I seize my opportunity for anonymity. I place the square at Sagittal 3-D Slice Body’s foot and say, “This is for you. This is your stone that shows I have been here. I wish I could put a pair of beach shorts on you, a T-shirt from San Diego, drive you to the beach, place you on a blanket, place frosted real margaritas all around you like flowers, run like hell, and have you hear the ocean for five billion years, until everything disintegrates. Amen.”

I walk away from him pretty fast and continue my journey through the exhibition. It is my hope that the wrapped chew stays there, at least until it will be swept away that night. At least until he can see it, looking down from where he is. It still shines, even if it is smashed.

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J-1 Bad News

The exploitation of these J-1 visa students by the exchange industry has led to an investigation by the U.S. Department of State, which ignored the mounting problems for years (“Pedicab Wars,” Cover Story, September 10). The City of San Diego profited as well. The Committee for Safety of Foreign Exchange Students was instrumental in opening this investigation. The placement agencies rake in millions of dollars and pay no taxes. Check out their 990s. This public diplomacy program is a failure. The San Diego Office of the U.S. Department of Labor is also fielding complaints about the exploitation of these students. Sally Smith via email

Can’t We All Get Along?

I haven’t read the Reader in years, but a friend picked one up for me. I was interested in “Pedicab Wars” (“City Lights,” September 10). When I started to read it I was offended by the language and the obvious racism of the man who was speaking. I threw the whole thing out and will not recommend it to anyone.

This is a time when we should try to get along with our fellow man, as we are all in this world together.

Teressa Weddle via email

Double Fare For The Pit Bull

Joe Deegan’s story on San Diego’s public transit system shows that Joe Deegan rarely rides San Diego public transit (“If We’re the Best, Imagine the Worst,” “City Lights,” September 10). Bums with pit bulls are permitted by incompetent drivers to board buses. One need not imagine what will eventually happen. The senior monthly bus ticket, also used by handicapped people, went from $15 to $18 in less than a year. Drivers pull away from a stop, even if another bus is only half a minute behind. The 15 Limited regularly pulls away when the local bus Number 1 is about to park behind it, forcing transferring passengers to wait another 15 or 20 minutes in the hot sun. Many new drivers are totally unqualified and dangerous drivers. Some buses are often a half hour to 40 minutes late.

Nothing is done no matter how many complaints are lodged. In fact, complainants are discouraged and often hung up on.

Drivers do nothing to discipline dangerous and obnoxious who intimidate the elderly and women. The finest system in the country? I laugh.

Name Withheld via email

Stop It, Immediately!

What the #@! is wrong with you? Do not under any circumstances put out an edition without “Tin Fork”? And stop moving the location of the features around — movies and “T.G.I.F.” now in part 1? Why? A Regular Reader

Raider–Hater Gossip Junk

Can you attend any junior college to get a job as a tabloid gossip columnist, Hedda Jr. (“Sporting Box,” September 10)? Just another mindless article that only attempts to pile on the Raider-hater bandwagon. Get a life, write something with your crayons if you need to act childish!

Name Withheld via email

Nonsensical Bloodbath

Duncan Shepherd gives Inglourious Basterds three stars and calls it Tarantino’s best film to date because of...
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**STRAIGHT from the HIP**

**BY MATTHEW ALICE**

Heymatt:
Chollas Lake in College Grove has a radio tower that played a big role in WW2, or was the first radio tower of its kind in the U.S., or something fabulous. It’s still operational, I guess, ‘cuz I see its red lights stacked high into the sky from my bedroom window. I can’t get radio reception, except a few strong channels. There’s a conspiracy theory on my cul-de-sac that it’s due to the tower. I’ve tried to get to the bottom of this but now feel I have to hand it over to the elves, as I’ve reached too many dead ends. I am very interested in getting my favorite tunes (Grandma knows why).

— Rebecca in Oak Park

Muahahahaha! The Cul-de-Sac of Conspiracies. We’ve heard about you people. We much liked your theory that trash is collected by blundering CIA operatives, neatly explaining the weekly gyrations of old yogurt cups and phone bills left by clumsy-yet-crafty men who would later examine your toothpaste tubes and junk mail for incriminating evidence. By comparison, the Tower of Power conspiracy was easy: Tall, bulkling transmitter. Crappy radio reception. The connection draws itself: Yes, any radio receivers in the shadow of a big transmitter will be hijacked by the transmitter’s noise and transmissions. This looks like a case for Dr. Wave, our go-to broadcast engineer guy. There must be something you can do besides move, which was Grandma’s suggestion.

Dr. Wave’s final report to us begins with a brief yet snappy history lesson. The three renowned naval radio towers, landmarks in the Chollas area for 80 years, were dismantled in 1995, you boneheads. (Dr. Wave always enjoys making the rest of us look dense.) But not to worry, Rebecca. The area still hosts transmitters, but these are of the civilian, rock-and-roll type. Clear Channel’s towers beam out FM stations KHTS (93.3), KGB (101.5), and KLSD (106.5). KLSD’s AM signal (XTRA 1360) and KOGO (600) also come from Clear Channel’s towers. But KBNT-TV and KSON-FM (97.3) transmit from the area, so there are lots of people yelling at you and broadcast waves assaulting your radio as you spin around the dial. Do these stations sound familiar? The FM signals are powerful (50,000 watts; that’s a lot). Are they locked onto your radio like a pit bull on your face bone? What to do, what to do?

Moving on, Dr. Wave takes the opportunity to discuss your radio. Set he, your common household receiver just isn’t built well enough to untangle all the waves sent its way, particularly dim ones knocked out of the ring by the big guys. When you live in a broadcast combat zone as you do, you need a radio that has what electrogeeks call a “selective front end.” Helps pull in and neutralize distant signals so they are distinct. Also, a fancy dipole antenna stuck on your radio will help your FM reception. A good loop antenna will fix up the AM stuff. And remember that an AM antenna (you have one built into your radio) works directionally. Slowly spin your radio around and see if reception is better when it’s facing, say, the bathroom instead of the closet. Weird but effective.

But what do the tower keepers at Clear Channel have to say? Yes, they admit, living near a transmitter can give people reception problems. Also, AM signals are easily assaulted by everything from electric blankets, high-voltage power lines, channel changers, cell-phone chargers, electronic toys, and light dimmers, to those energy-saving compact fluorescent lamps, computers, power saws, and newfangled consumer electronics. Theoretically, by law, the manufacturers are supposed to place filters on any products with power emissions that can interfere with AM radio signals. But as FCC reports prove, this hasn’t been very successful. There are loopholes…

So, unfortunately, it’s pretty much on you and your neighbors to solve your problem. Grandma’s favorite suggestion — people person that she is — comes from both Dr. Wave and Clear Channel. Call or email the station you want to listen to but can’t receive and ask politely to talk to someone who can help you pull in their signal. Any decent, audience-hungry station will make the time to help you.

Hey, Matt:
Any idea what the TSA does with all the airport-confiscated stuff? I’m curious as to the final resting place of my new and unused SPF 70 sunblock cream.

— Sunburned in San Diego

What’s the ultimate solution to all our too-much-stuff problems? eBay, of course. (The LAX TSA takes 600,000 items a year, 10 percent lighters.) TSA contractors haul off our nail clippers and Swiss army knives from the airport. Fed law gives states the right to do with that plus-property stores or to eBay “PowerSellers,” who resell the stuff, natch. Or the states themselves resell it or donate it to nonprofits. Your sunscreen could be in a bin at a resale store or slathered on the face of a homeless person.

*See office for details. All offers not valid with certain plans or insurance. Cannot be combined with other offers. Must bring ad at time of visit. Offer expires 9/30/09.

*Faxed from San Diego Reader, September 17, 2009

A searchable archive of past columns is available at SanDiegoReader.com

**Got a question you need answered?** Send an email to heymatt@ctcs.com or fax to 619-231-0489 or mail to Matthew Alice, c/o the Reader, Box 85803, San Diego, CA 92186.
SportingBox  
BY PATRICK DAUGHERTY

Fire Poi Spinning

Jennifer Quest, aka HoopCharmer

This started out as a hula-hoop column. The primordial hula hoop was a dorky fad of the 1950s. I wondered if the beast still lived, and if so, who feeds it?

Onto the internet and after a surprisingly few clicks I found San Diego's own Jennifer Quest, aka HoopCharmer, at youtube.com/HoopCharmer. There are 28 videos to choose from. I pick the second one, "Hoopning on a Beautiful Day."

HoopCharmer, 25, is in her back yard dressed in olive bell bottoms, breechcloth, and a chestnut halter top. Bare midriff. Her hoop is much bigger than a hula hoop. It's striped and made out of something not plastic. The hoop moves up and down her body as if under its own power. Fast. HoopCharmer leans forward, then back, now the hoop goes over her head, turns on the peak of a raised elbow, and flies down to her waist. This is happening while she dances to the Samantha James tune "Deep Surprise." It's an ordinary practice day — everything simple, clean, and seamless.

I've never heard of hooping, but it returns 800,000-plus Google pages. There are hooping organizations, workshops, media stories, videos, events, marketing plans, the whole schmeer. I learn hooping began in clubs and festivals about ten years ago. Apparently hooping makes people feel happier, more grounded...actually changes their brainwaves. The enthusiasm reminds me of early hippies, early hip-hop, early any movement.

"I have...no clue...about this," I hear Jennifer laughing over the telephone.

"I discovered hooping at an underground festival a little over four years ago," Quest says. "I thought it was the most beautiful thing I'd ever seen. It wasn't that basic hula hooping from your childhood, it was dancing with abandon, expressing yourself fully. It's about self-expression and feeling free to do what so many people don't. Hooping does that for people, and it gives confidence. It's certainly done that for me."

"Confidence?"

Quest says, "I'm tall. I'm 6'1" and grew up all at once. By the time I was in the third grade I was 5'9''. "That must have been hideous."

"Yes, it was," Quest says. "Imagine how much I got made fun of. I had very low self-confidence and struggled to feel accepted. I wanted to express myself but never knew how."

"I discovered hooping. I didn't do it to become a performer. I did it because it felt good and it was beautiful and that inspired me. I'd go to concerts, festivals, events, wherever, and take my hoops out. I didn't care if people watched because it felt good. And I did it and I did it and I did it. My life changed. I now teach hoop-dance classes at the San Diego Ice Arena and perform for a living."

I say, "I've followed your trail around the internet [Facebook, YouTube, MySpace, Vimeo, Flickr, Tribe, Twitter]. You do a lot: hooping, fire-hooping, fire-dancing, belly-dancing, wing-dancing, and gigs at Burning Man, for starters. Are they all connected?"

"Absolutely," Quest says. "It's teaching your body a new form of movement. I also do fire-eating stuff, spinning PSI hoops, and fire poi spinning. It's muscle memory and training. I'll sit in front of a mirror and do a move over and over again. While doing squats sometimes," Quest laughs.

"What else?"

"I make and sell professional grade hula hoops. They're not like the hoops you'd find at Walmart. They're made out of irrigation tubing, so they're more firm and heavier. I do private parties, corporate events, lots of festivals. I perform with a fire troop here in San Diego called 'UniFer.' I also perform with Danyavaad and the Shimmee Sisters and Zen Arts up in L.A. I do fire performance, stilt-walking, wing-dancing, and glow hoops, which is my specialty."

"Might have to find a fire dance. "How did you get to San Diego?"

"I was born in Sonora. My parents got divorced when I was young. I lived with my mom until I was 16, 17, then moved in with my dad, graduated high school, and joined the Marine Corps. I was a satellite operator."

"That, somehow, fits. "How do you see your career evolving?"

"Definitely want to keep taking it further. I want to perform in more places. I want to travel the world and see more things and be a part of more festivals and show more people what's out there. Just like you said about 'Hoopning on a Beautiful Day,' that it was amazing. So many people have never seen it and when they do it, it's, like, 'Wow, this exists!'"

"That's exactly what I thought."
Hornets make big comeback to tie Titans

Lincoln and Eastlake ended their game Friday night tied 35-35. But they didn’t start out even by any means—after the first quarter the fourth-ranked Titans led by 20 points.

“I’m so proud of the kids because they didn’t quit,” said Lincoln head coach Ron Hamamoto.

Eastlake could not have dreamed of a better start to their home opener. Titans running back Chris Fletcher took the game’s opening kickoff 80 yards for a touchdown. They went up 14-0 when quarterback D’Angelo Barksdale found Fletcher for an 11-yard touchdown at 6:43 in the first quarter.

After a 55-yard Lincoln touchdown pass and a two-point conversion, Eastlake’s Tony Jefferson struck on touchdown runs of 51 and 48 yards, and the Titans lead 28-8 after a quarter.

But in the second quarter Lincoln capitalized on a Jefferson fumble with a touchdown. And then defensive lineman Kevin Dulin returned a bad pass 47 yards for a score to make it a seven-point game.

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Growing in numbers, perched on or behind the boardwalk concrete wall. Just after 8 p.m., the crowd consisted of 31 attendees including over a half dozen children. By 9:10 the onlookers number almost 60, drawn from the line awaiting tables at World Famous Seafood, random pedestrians, bicyclists, skateboarders, and those emerging from the underground parking lot. Fire Lane onlookers are exhorted to make a joyful noise and thus steadily increase their numbers throughout the 90-minute show. The sequined top hat is passed twice by Bunnyrabbitt after Nowaczyk points out the appropriate nature of five and ten-dollar bills. Eyeballing the gaudy circus hat, it appears Fire Lane just may eke out a living at this — at least tonight.

“The key,” Nowaczyk shouts at the fire-fascinated crowd, “to a great fire-eating, -breathing, -juggling, -spinning, acrobatic, balancing, and acro-balancing street show is a great audience! That’s you guys. The bigger and better response all you guys, girls, kids, and dogs give us two guys and one girl who thinks she’s a rabbit, the better we will do for you!” The viewers are encouraged to ooh, ahh, and high-five each other to attract even more viewers. This happens every few minutes as the ranks are swollen. At one point, the crowd is encouraged to watch for “intoxicated bicyclists.”

A volunteer, a teenaged girl with long, straight hair and a convulsive giggle, is selected and given a plastic fireman’s hat and medium-sized fire extinguisher. She is told to retreat exactly 15 feet down the sand while Nowaczyk balances atop an 8-foot metal ladder on a small wooden stage and balances flaming rods on his nose. The audience participation includes warning the performer when his ladder, constantly staggering, approaches the lip of the stage. If the acrobat/juggler’s ladder goes over the edge and into the sand... The image of a tumbling and flaming Nowaczyk and teenaged girl in a goofy hat spraying him with foam occurs in the mind’s eye of every audience member.

The show builds nicely. Instrumental background music pumps from a boom box in the sand. Though the jokes do not improve, oddly, they work very well.

Of the three performers, only Nowaczyk maintains another job: instructing at the Sophia Isadora Academy of Circus Arts, on Park Boulevard in University Heights. Fire Lane will be on hiatus during the month of September but should be back on the beach in October. For more information try planetjemini@live.com, myspace.com/planetjemini, sdcircus.com, or call 619-804-7305.

After the show, Keane Carlson discusses what is going on keeping in mind the 90 minute runs and allowed for the decline of the audience. Once the show is over, they all spread out to do different acts. When asked if they’ve ever been hurt in the short time they’ve been at this, Carlson and Nowaczyk alternate answers.

“Does a dancer ever miss a step?”

“Does a musician ever miss a note?”

“Does Dale Earnhardt ever hit the wall?”

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A volunteer, a teenaged girl with long, straight hair and a convulsive giggle, is selected and given a plastic fireman’s hat and medium-sized fire extinguisher. She is told to retreat exactly 15 feet down the sand while Nowaczyk balances atop an 8-foot metal ladder on a small wooden stage and balances flaming rods on his nose. The audience participation includes warning the performer when his ladder, constantly staggering, approaches the lip of the stage. If the acrobat/juggler’s ladder goes over the edge and into the sand... The image of a tumbling and flaming Nowaczyk and teenaged girl in a goofy hat spraying him with foam occurs in the mind’s eye of every audience member.

The show builds nicely. Instrumental background music pumps from a boom box in the sand. Though the jokes do not improve, oddly, they work very well.

Of the three performers, only Nowaczyk maintains another job: instructing at the Sophia Isadora Academy of Circus Arts, on Park Boulevard in University Heights. Fire Lane will be on hiatus during the month of September but should be back on the beach in October. For more information try planetjemini@live.com, myspace.com/planetjemini, sdcircus.com, or call 619-804-7305.

After the show, Keane Carlson discusses what is going on keeping in mind the 90 minute runs and allowed for the decline of the audience. Once the show is over, they all spread out to do different acts. When asked if they’ve ever been hurt in the short time they’ve been at this, Carlson and Nowaczyk alternate answers.

“Does a dancer ever miss a step?”

“Does a musician ever miss a note?”

“Does Dale Earnhardt ever hit the wall?”

“Does a dancer ever miss a step?”
Feel safer knowing that the Reader staff screens out scamsters and predators.

**Coming October 1**

**San Diego Reader**

**New Online Classifieds**

**NO MONSTERS**

Thought you’d like to know

Top 20 papers by page count in the Association of Alternative Newsweeklies.

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<thead>
<tr>
<th>Rank</th>
<th>Name of paper</th>
<th>Average # of pages</th>
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From page count Feb. 9–March 13 AAN survey of average number of pages per issue.

**BestBuys**

Eve Kelly

I’m 38 years old now, and my mother has been after me to get a mammogram for three years. So, me being me, I started calling around and ended up speaking with Anita LeBreque, director of mammography at Imaging Health Care Specialists in San Diego (866-558-4320, imaginghealthcare.com).

“There are three modalities for evaluating the breast,” explained LeBreque.

“Mammograms, ultrasound, and MRI — magnetic resonance imaging. The way a patient advances through those procedures depends on personal and family history. Each one helps to enhance the image the radiologist works to evaluate the breast for signs of breast cancer. We’re looking for minute things, things like calcifications that might be the size of a few grains of salt or mass densities that might be an early form of cancer.”

Most people start with mammograms. “Women between the age of 35 and 40 should get a baseline — first — mammogram, and after the age of 40, every woman should have a mammogram once a year.” LeBreque was sensitive to the hesitation a woman might feel. “It’s one of those procedures where you come in with absolutely no problems and can end up having something. So, it can be a scary exam. I spend time with women, especially first-timers, explaining the exam and making sure they are comfortable. Number one, I want to make sure they come back. And, number two, this isn’t something they should fear. It really is a good thing; if we do find something the size of a few grains of salt, there is a very, very good cure rate.” (LeBreque also noted that monthly self-exams are also important. “We provide information on how to do this at the center. It plays a key role because when you note changes in your breast is when you should get in touch with your doctor.”)

LeBreque described the mammogram procedure for me. “First, we ask that you not wear any powders, lotions, perfumes, or deodorants, since they can create artifacts on the images. The procedure itself is relatively painless. You’re asked to undress from the waist up, and then you go into the mammography room and your breast is gently placed on a platform, which is called a detector. Then a compression paddle comes down and compresses the breast.”

Compression of the breast tissue is crit-
<table>
<thead>
<tr>
<th>Offer</th>
<th>Details</th>
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<tr>
<td><strong>$1 off $10 purchase</strong></td>
<td>Valid Saturday, September 19, 2009 only. One coupon per customer per booth.</td>
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<tr>
<td><strong>FREE cup o' joe</strong></td>
<td>if wearing orange shirt and/or trousers Valid Saturday, September 19, 2009 only. One coupon per customer per booth.</td>
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<tr>
<td><strong>FREE lemon bar</strong></td>
<td>w/purchase of 1 pint of &quot;Almost Famous&quot; Turkey Chili Valid Saturday, September 19, 2009 only. One coupon per customer per booth.</td>
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<tr>
<td><strong>FREE cherry tomatoes</strong></td>
<td>with $20 purchase Valid Saturday, September 19, 2009 only. One coupon per customer per booth.</td>
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<tr>
<td><strong>$1 off any $5 purchase</strong></td>
<td>fresh red &amp; green bell peppers Valid Saturday, September 19, 2009 only. One coupon per customer per booth.</td>
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<tr>
<td><strong>FREE treats or FREE can of food</strong></td>
<td>with purchase of a bag of dry pet food Valid Saturday, September 19, 2009 only. One coupon per customer per booth.</td>
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<tr>
<td><strong>$2 off any Infuser Teapot!</strong></td>
<td>Cookware, tabletop &amp; more - at the top of the market Valid Saturday, September 19, 2009 only. One coupon per customer per booth.</td>
</tr>
<tr>
<td><strong>$2 off $10 purchase</strong></td>
<td>Valid Saturday, September 19, 2009 only. One coupon per customer per booth.</td>
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<tr>
<td><strong>$1 off the purchase of 2 Paninis</strong></td>
<td>Valid Saturday, September 19, 2009 only. One coupon per customer per booth.</td>
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<tr>
<td><strong>$1 off any 10 purchase</strong></td>
<td>Valid Saturday, September 19, 2009 only. One coupon per customer per booth.</td>
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<tr>
<td><strong>$1 off pizza slice</strong></td>
<td>Valid Saturday, September 19, 2009 only. One coupon per customer per booth.</td>
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<tr>
<td><strong>$2 off any bottle with purchase of one at regular price!</strong></td>
<td>Valid Saturday, September 19, 2009 only. One coupon per customer per booth.</td>
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<tr>
<td><strong>$1 off any item LOCAL ORGANIC VEGETARIAN FOOD</strong></td>
<td>Valid Saturday, September 19, 2009 only. One coupon per customer per booth.</td>
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<tr>
<td><strong>$2 off a 1/2lb. of mixed olives + a 1/2lb. of imported Greek Feta</strong></td>
<td>(Reg. price 12) Valid Saturday, September 19, 2009 only. One coupon per customer per booth.</td>
</tr>
<tr>
<td><strong>$5 off Herb Grinder - no limit</strong></td>
<td>Handmade ceramic garlic graters from Europe – perfect for mincing garlic, ginger, cheese, chocolate and spices Valid Saturday, September 19, 2009 only. One coupon per customer per booth.</td>
</tr>
<tr>
<td><strong>$1 off Avocado oil or Avocado oil soap</strong></td>
<td>Regular price $8. Valid Saturday, September 19, 2009 only. One coupon per customer per booth.</td>
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MOVIE LISTINGS

All reviews are by Duncan Shepherd. Priorities are indicated by one to five stars and antipathies by the black spot. Unrated movies are for now unreviewed. Thousands of past reviews sorted alphabetically, by year of release and by rating, are available online at SanDiegoReader.com.

All about Steve — Romantic comedy starring Sandra Bullock, Bradley Cooper, and Thomas Haden Church, directed by Phil Traill.

Big Fan — A man-child who lives and breathes the New York Giants, still at home with his mother in his mid-thirties, gets his ass kicked at a strip club by his favorite player: a true test of loyalty. Some amusing bits and pieces (the rough drafts of his nightly sports talk phone calls and the stumbling delivery of these over the air), but not sharpened to much of an edge or Stumbling delivery of these over the air), but not sharpened to much of an edge or

The Burning Plain — Directorial debut of the screenwriter of Babel, 21 Grams, Amores Perros, Guillermo Arriaga, firm in the belief that no story is so hokey it can’t be saved by being fractured, shattered, re-assembled out of order. (The connection between two widely separated time zones would have been easier to make if not for the seemingly migrating moles on the throats of two actresses sharing the same role.) Well-rooted camerawork by Robert Elswit and some striking locales in New Mexico and Oregon. Charlize Theron, as a self-absorbed and self-abuser, makes the most, probably too much, of her many minutes on screen. With Kim Basinger, Jennifer Lawrence, Joaquin de Almeida, José María Yazpik, Robin Tunney, and John Corbett.

Cloudy with a Chance of Meatballs — Computer-animated children’s fantasy in 3-D, co-directed by Phil Lord and Chris Miller.

The Baader Meinhof Complex — Uli Edel’s docudrama on the German radical terrorist organization of the 1970s, with Moritz Bleibtreu, Martins Gedeck, Bruno Ganz.

District 9 — Neo-apartheid in South Africa: a million ghettosized extraterrestrials from a stalled spacecraft over Johannes-

Extract — Mike Judge, the Office Space man, never mind the Beavis and Butt-head man, goes blue-collar at a food flavoring factory, where his fund of observations on workers on the job proves skimpier. The owner and central character comes close to a complete cipher, although Jason Bat-

Office Space

Pandorum

Win a Movie Pass for Two!

One winner and their “crew” will receive VIP seating and Pandorum prize pack courtesy of AMC

To enter, visit the Reader website and click on “contests.” SDReader.com

Deadline to enter is Friday, September 18 at 1:00 pm.

Limit one entry per person. NO PURCHASE NECESSARY.

Opens in theatres September 25
**The Final Destination** — To the chain of chain-reaction predstined deaths — fourth installment in series, even numbers directed by David R. Ellis — is added the amount of 3-D, which transforms the people into 3-D paper dolls slotted into the middle distance, air in front and air behind. A lot of gore, and a little waiting, in barely an hour and a quarter. Bobby Cannavale, Shantel Vansanten, Haley Webb, Nick Zano, Mykelti Williamson. 2009.  
**(CHULA VISTA 10; FASHION VALLEY 18; GASLAMP 15; LA JOLLA 12; MISSION MARKET-PLACE 13; MISSION VALLEY 20; PALM PROMENADE 24; RIVER VILLAGE 7; TOWN SQUARE 14)**

500 Days of Summer — Chronicle of the relationship of a young couple brought together at the office, a greeting-card company, through their shared taste for the music of the Smiths, among other things: “She likes Magritte and Hopper!” It is a maddeningly mixed experience, beginning (and continuing) with the two leads. A dimply superficial movie, opening deftly in 17th-century France before advancing to a science-fictional “not too distant future,” is a live-action cartoon from the maker of *The Mummy* and *The Mummy Returns*, Stephen Sommers, or at any rate live-action as far as its actors, Channing Tatum, Marlon Wayans, Simon Baker, Dennis Quaid, Joseph Gordon-Levitt, Christopher Eccleston, et al., though the actual action is predominantly computer-generated cartoon, dead and deadening on arrival. It comes to a bitter end when a sequel is pledged: “You know, Duke, this has only just begun.” Gulp. 2009.  
**(GASLAMP 15; MISSION VALLEY 20; PALM PROMENADE 24; PLAZA BONITA 14)**

**G.I. Joe: The Rise of Cobra** — Like *Transformers*, this enterprise — this franchise — has put the merchandising first, produced in disguise as an overstuffed armchair, a promising shape-shifting gift never glimpsed again. The laden production — muggy atmospheric, congested decors, piles of bric-a-brac, oodles of CGI — further gums up the plot machinery, impedes forward progress; and the inept action, when it comes, comes out of nowhere and quickly returns thereto. Toward the end, the sustained scene in the cavern does attain a degree of creepiness, not hard to do when you’ve got a battalion of the mutant offspring of Gollum from Lord of the Rings, and this admirably is followed by a Major Development. To get to that, however, oughtn’t to have required a two-and-a-half hour running time. If anything, we seem further from a final resolution than we seemed at the finish of the previous episode, with two more still to go. The entire series shapes up as the exemplary opposite of economical storytelling, and the exasperated spectator can but concur with the character who declares at the curtain, “It was all a waste, all of it.” Daniel Radcliffe, Rupert Grint, Emma Watson, Michael Gambon, Alan Rickman. 2009.  
**(FASHION VALLEY 18)**

**Experience the Terror**

**The Sisters of Theta Pi Are Dying to Keep a Secret**

**Sorority Row**

**Gamer** — Futuristic action film starring Gerard Butler and co-directed by Mark Neveldine and Brian Taylor.  
**(CHULA VISTA 10; FASHION VALLEY 18; GASLAMP 15; LA JOLLA 12; MISSION MARKET-PLACE 13; MISSION VALLEY 20; OTAY RANCH 12; PALM PROMENADE 24; PLAZA BONITA 14; TOWN SQUARE 14)**

**The Goods: Live Hard, Sell Hard** — Write hard, direct hard, act hard. Laugh light, if at all. Neal Brennan’s high-pressure capitalist satire, on a travelling team of mercenary car salesmen summoned to Temecula for a Fourth-of-July blowout, takes con- tinual leaves of sense and senses in pursuit of jokes. With Jeremy Piven, Ving Rhames, David Koechner, Kathryn Hahn, Jordana Spiro, Ed Helms, James Brolin, and a cameo (or three) for co-producer Will Ferrell. 2009.  
**(HORTON PLAZA 14)**

**Harry Potter and the Half-Blood Prince** — Part VI — Part VI comes close to a complete cheat. The once child actors, children no more, are developing faster than the story, and indeed the foretold war with the Dark Lord tends here to be crowded out by assorted amusing hankering-ings among Hogwarts classmatess. (Those bromosucks for games of Quidditch are now looking more phallic than first.) Whatever climax we had built to by the end of episode five, directed as was this one by David Yates, is no longer in evidence, as we begin a new school year with a new guest star in the cast, Jim Broadbent (more or less assuming the prior guest spots of Imelda Staunton and Miranda Richardson) as the faculty’s new Potions Master, first intro-duced in disguise as an overstuffed armchair, a promising shape-shifting gift never

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I Can Do Bad All by Myself — Director and star Tyler Perry reprises his Madea persona, with Taraji P. Henson. 2009. 7/1/09

SAN DIEGO — Director BONITA 14; POWAY 10) RANCH 12; PALM PROMENADE 24; PLAZA BONITA 14; POWAY 10)

The Informant! — Matt Damon as a real-life corporate whistleblower, directed by Steven Soderbergh.

Inglourious Basterds — Quentin Tarantino takes on no more than the risible title from Elia Kazan’s Dirty Dozen knockoff of 1967, and repulsed, misbegotten, that. (Did he ponder Banksy as possibly funnier?) Much of the movie, a revisionist recreation of the French theatre of operations in the Second World War, is unconventionally silly. Yet the revisions give you plenty to chew on. You might as well ponder that Tarantino has played fast and loose with histories — the architectonic solidity, the point of no return. Perhaps goes without saying that Tarantino’s Big Lie is the difference between just an opinion and a chemically induced delusion.

Jennifer’s Body — High-school horror written by Joss’s Diablo Cody and directed by Karyn Kusama, with Megan Fox and Amanda Seyfried.

Julie and Julia — A per-its-punchy-subtitle, this is “based on two true stories,” parallel stories of feminist self-determination, set half a century apart, then and now. Our focus is on Julie Powell, self-made blogger, daily chronicler of a year-long project to cook her way through volume one of Mastering the Art of French Cooking, 365 days, 524 recipes. The other focuses on the American co-author of the aforementioned cookbook, Julia Child. Though each story in turn gets equal time, back and forth, the film suffers from a built-in imbalance. The women, no need to be overly polite about it, are not equal pioneers. The one — the earl — was in her own humorously grandiose phrase, out to “change the world,” while the other — the follower — the copier — the coo — was only out to carve herself a niche in the blogosphere and eventually the publishing world. Nor are the players equal. Amy Adams is an agreeable light-comedy actress (not so great here a heavier actress), whose Julie has been brazenly watered down from the Michelle McNamara, the real Powell, evidently out of primary concern that everyone men, etc. — Hagan sets off little fire-cracker detonations of vivacious color, or noisy dynamic blasts of color, or noises nuclear clouds of color (gauzy blue, slinky green), creating an effect not unlike the random lat- and-run lyricism of Mimi. No less intriguing is Hagan’s eye for faces and broad- ices, for assorted physical types. And in his lead actress. Toni Collette, he has one of those chameleon types who can look completely different at different times, all the way from moresely homely to lumi- nously comic, with intermediate steps at points like blankly innocent and raz- ingly and regressive infants. The pro- tagonist’s personal odyssey gives her a rich variety of opportunity: from Popoose Spitz (“Jewel of the North Coast”) to Sydney (“City of Brides”) and back again; from Muriel to Muriel and, again, back, from a dysfunctional family of undergraduates and couch potatoes to open insulation (“You’re terrible, Muriel,” her slut-like sister says), and ultimate independence; from someone who thinks that marriage is the answer to everything to someone who thinks up new questions entirely. Over the course of all this, she becomes a walking billboards for the benefits of Attitude Ad- justment. With Rachel Griffiths, Jennie Dry-
to the precarious ecological balance, but no narrative developments quite live up to the apocalyptic rhetoric. A modertly fair tale of personal liberation (sung loudly after The Little Mermaid of Hans Christian Andersen), with its ambiguous father figures and idealized mothers, proves nevertheless to be compelling enough on its own, and the sustained climax rises sufficiently high with the coming of a typhoon, the slanting rain and bending wind, the swelling whale-like waves, the flooding of a landscape we have come to know well, the navigating of the roads by bus in place of cars, and the proto-change-a-formation of a toy boat into a serviceable little putt-putt to navigate the surface. With the voices of Tina Fey, Liam Neeson, Cate Blanchett, Matt Damon, Noah Cyrus (little sister of Miley), and Frankie Jonas (little brother of the Jonas Brothers). 2009.

Ken Babbs, directed by Stewart Hendler. (CHULA VISTA 10; FASHION VALLEY 18; GASLAMP 15; LA JOLLA 12; MISSION VALLEY 20; OTAY RANCH 12; PALM PROMENADE 24; PLAZA BONITA 14; PVON 10; TOWN SQUARE 14)

Taking Woodstock — Ang Lee, evidently still banking on the critical goodwill since Brokeback Mountain, whips up some in- nocuous nostalgia around the milestone music festival of the summer of 1969, a fortieth anniversary fictionalized addendum to Michael Wadleigh's official Woodstock, complete withimitative split-screen effects. This documentarily, so much of it, never gets near the music — no nearer than the en- blematic mud slide — so that the movie's a sense of purpose, a raisen d'être. A few fractured tensions arise along the way — Mafia buttonhooks, inhospitable townsfolk, congested traffic — but nothing to derail the prevailing love-in. We get our fill, never fear, of “far out” and “cool” and “groovy” and “hazy” and we get a handful of hand- sight drolldries: “Can you believe it? A dol- lar for water?” Imelda Staunton, a building in two-toned glasses frames, claims the limelight from both the protagonist (her on-screen son) and a supporting cast of half a million, in the part of a Russian Jewish immigrant who, as proprietress of the mom-and-pop El Monaco Motel, pinches pennies on a pathological scale (one dollar per toilet), an indispensable candidate for a bash brouhaha. A yestidick, that brouhaha, of the filmmaker’s idiole conventionality. With Demetri Martin, Henry Goodman, Liev Schreiber, Jonathan Groff, Eugene Levy, Emile Hirsch. 2009.

★ ★ ★ ★ ★ (GLASGOW 15)

The Time Traveler’s Wife — Lifetime Channel science fiction to do with a passive time-tripper who has no control over his departures or arrivals (leaving behind a pile of clothes and taking with him only his birthday suit) and no power to alter events. One can’t be sure that these rules are strictly adhered to. The lifelong love affair that be- gins with a naked adult man and a six-year-old girl seems to have potential as a metaphor of female loyalty and male inconstancy, but despite the astent efforts of Rachel McAdams (mallocibly) and the Rant, the potential gives way to gloss and goo. Directed by Robert Schwentke. 2009.
CLAREMONT
Town Square 14
Located at 1400 E. 1st Street (868-3264/4722)
All about Steve (PG-13) Fri.-Sun. (11:30, 2:30, 5:30)
Cloudy with a Chance of Meatballs (PG) Fri.-Sun. (12:00, 2:45, 5:45)
Julie and Julia (PG) Fri.-Sun. (12:00, 2:20, 4:40)
Jennifer’s Body (R) Fri.-Sun. (11:30, 2:00, 4:30)
Super 8 (PG-13) Fri.-Sun. (12:00, 2:20, 4:40)

DOWNTOWN
Gaslamp 15
250 10th Ave. (868-3264/4729)
Extract (R) Fri.-Sun. (12:00, 2:30, 4:40)
Love Happens (PG-13) Fri.-Sun. (11:30, 2:00, 4:30)
Julie and Julia (PG) Fri.-Sun. (12:00, 2:20, 4:40)

MISSION HILLS
Mission Valley
7171 Hazard Center Drive (619-685-2841)

Cloudy with a Chance of Meatballs (PG) Fri.-Sun. (11:00, 1:30, 2:30, 4:45, 7:00, 9:45)

Santee
9000 Westview Avenue (868-4478-4747)

Cloudy with a Chance of Meatballs (PG) Fri.-Sun. (12:45, 2:45, 4:45, 7:00, 9:45)

SANTISE
Santee Drive In
8000 Westview Avenue (868-558-2262)

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Cloudy with a Chance of Meatballs (PG) Fri.-Sun. (12:45, 2:45, 4:45, 7:00, 9:45)
Insidious Infections

by Barbara

In the nineteenth century, men lost their fear of God and acquired a fear of microbes.

— Author Unknown

Swine flu is tearing my family apart. Okay, maybe not the flu itself so much as the fear of it. I guess to be fair to the pigs I should refer to it as H1N1 and acknowledge that this particular strain of influenza — the same kind that killed my great-grandfather in 1918 — is also known as avian flu. Sorry, birds, but you have to share the rap on this one — the porkers aren’t working alone... even humans are partly to blame. But regardless of which and how many species contributed to the nasty bug, the fact remains that H1N1 — the CDC’s top concern and the media’s new pet phobia — is putting a serious damper on my familial relationships.

When my mom phoned and invited me down to her house over Labor Day weekend, I reacted as if she’d asked me to suck on a salmonella pop. I figure the only way to stay healthy is to avoid Petri dishes or anyone who is regularly exposed to what I call “sickness sanctuaries.” Unfortunately, this includes my sister the teacher and her two sons, my mother the school-district employee, my other sister the hospital-hopping pharmacist, and her two daughters (each of whom attends a different school). They are the ambassadors of at least seven sickness sanctuaries.

After a considerable pause, during which my face went through a series of horrified expressions my mother couldn’t see but probably sensed through the phone, I responded to her invitation with a question: “What’s Heather’s status?”

“Fine,” Mom responded without hesitation.

“And Jane?”

“Jane’s great. And all of the kids.” Then, because she knew what I was getting at, Mom said, with a sardonic lilt, “The strep is gone, but the stink is still here.”

“Ha,” I said flatly. I found it hard to believe they were all well. As sure as I am that tadpoles have tails, I knew that at least one of the ambassadors had to have some kind of virus. After the last family gathering (to celebrate my nephew Brian’s fifth birthday), Heather had come down with strep throat. She was diagnosed the day after the family party at a small emergency room in Anaheim while Sean and the boys waited for her to go to Disneyland. With a shot of penicillin in her butt and a huge dose of steroids to dull the pain in her throat, Heather was able to power through the weekend and avoid disappointing her sons. A few days of partying it up with Mickey and friends later, Heather returned home, along with a revitalized and debilitating bout of the bacterial infection.

When I returned from my weekend in Santa Barbara, I learned that Jane had also contracted strep and could only surmise that she’d gotten it from Heather. As Jane described her torment to me over the phone, I silently gave thanks for the doctor who excised my tonsils and adenoids, thus ridding me of tonsils and adenoids, those nefarious clumps of tissue that pretend to fight infection while serving as incubators to all kinds of bacteria. Growing up, I endured one ENT (ear, nose, throat) infection after another. However, once my throat was stripped bare, my problems vanished. Still, empty esophaguses or not, I wasn’t taking any chances.

In a kissy-huggy Irish-Ionian family like mine, a sudden aversion to touch does not go unnoticed. My parents taught us to fight infection while serving as incubators to all kinds of bacteria. Growing up, I endured one ENT (ear, nose, throat) infection after another. However, once my throat was stripped bare, my problems vanished. Still, empty esophaguses or not, I wasn’t taking any chances.

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number is not so high if you consider: of the 2.4 million people in this country who die of all kinds of causes each year, 75 percent are over 65, and 36,000 die of the regular flu each year, which is 7000 fewer deaths than are caused by car accidents. But projections can be wrong, and it would be imprudent for me to go around licking doorknobs (or shaking hands) when the stakes are so high.

Hence, my little problem with large family gatherings. Because my mother doesn’t understand any two-letter word that begins with N, I found myself sitting in her living room over the holiday weekend despite my better judgment. To the left of me, Bella sneezed. A moment later, to my right, Sean coughed. My eyes widened in trepidation. “Something must have tickled her nose,” Jane said to explain her daughter’s sneeze, while Sean assured me his cough was due to the dry air. “It’s swine flu,” said Mom, a mischievous gleam in her eye. I pretended not to hear her and surreptitiously put my hand over my nose and mouth and tried not to breathe.

For more stories and videos by this author, go to sdreader.com.
My girlfriend told a coworker who was going out of town for two weeks that she’d watch her dog for her. As we were walking the woman’s yellow Lab through downtown streets, we noticed a dog party at a park. We walked toward the gathering with the Lab and my Maltese in tow.

There were various signs on trees. One read, “Lacey — Happy Birthday,” another, “Water,” and the last, “Puppy Poo.” I thought that was odd and wondered if they had some useful thinking as to where our dogs would decide to go. It wasn’t until later that I noticed the letter L, helping to spell “Puppy Pool.” I didn’t notice the kiddie pool, either. A few dogs splashed around in it.

There were all kinds of dogs here: French bulldogs, English bulldogs, Labs, Yorkies, a pug, a Pomeranian–shih tzu mix, and a few other mutts I wasn’t sure about.

There was a dog missing a leg that was walking around as if nothing was wrong. I asked Rick, the owner, about it. He said, “It was a cancerous tumor on his joint. It was spreading.” Rick went into details about how the tumor was drawing calcium out of the bone and how after two days in the hospital, it took the dog two weeks to learn how to walk. When I asked how much it all cost, he paused before saying, “When it was all said and done, about $9000.”

The dog didn’t seem too slow when Sherry brought out cake and ice cream. She had made the ice cream with yogurt, carrots, and organic meat. The cake had Milk Bones on top. One dog stole those and ate them at the other end of the park. The dogs chomped on the cake — which had bacon bits around the sides — as though they hadn’t eaten in weeks.

Yoshi the pug never made it to the cake, as he didn’t want to leave his ice cream, which was quickly melting on the hot sidewalk. A few of the dogs were wearing party hats Sherry had made. One dog pawed at his hat, trying to get the thing off his head. Another dog kept trying to hump Lacey. Sherry said, “Well…maybe that’s her birthday present from him.”

She handed out really neat goody bags that had dog toys, lots of treats, and a magnetic, wooden picture frame she made that was shaped like a bone. I said, “The only thing this party doesn’t have is a piñata. You could’ve gotten one that was a big cat and just let the dogs go at it.”

Later that afternoon we went to a party in Serra Mesa. We were told the dog was welcome there, too, because Hester and her roommates have three dogs.

The occasion for the party was a tenth-anniversary celebration for a photo club called “Social Junky.” Hester explained, “It was one of the very first grassroots, local networking type of sites. They have a lot of good, solid people that belong to it and share photos.”

One guy at the party had a huge camera and was taking pictures. I asked how he got roped into taking photos of this event, and he said, “Well…they let me stay at their place in Prague. I told them I’d definitely do this.” I’d been to parties at the same house before, years ago, when a bunch of SDSU students were renting it. The house is on a hill, overlooking a canyon, with a big backyard and pool.

This ’70s-style home was decorated well: lots of musical artifacts in the living room, including a Beatles photo and framed Jimi Hendrix poster surrounded by a fireplace and graffiti-style art and poems. There was a huge blue stand-up bass next to an old Lowrey organ and an old-fashioned radio. They were ready for a jam session at any time.

My dog quickly ran around to check out the new digs and play with a huge dog and friendly pug named Biff that never stopped sniffing his backside. One room was set up for a band that would be playing later in the evening. The room was decorated with life-sized cutouts of Humphrey Bogart, Chewbacca, and a model I couldn’t identify.

Hester talked about a musical she wrote that sounded interesting. She told me that the title, The Gardener, was already a movie, so she renamed it The Atrium but feared not enough people would know what that was. I told her that so many movie titles have been reused, she shouldn’t worry about her original title.

The play’s plot had to do with a widower and his son, who yearned for his father to find love and a mother figure for himself. Hester talked about how she was going to have to cast the right dog for a certain part, and I thought about turning into one of those stage moms for my pooch. I was about to say, “Look at how cute my dog is. He’s great at memorizing lines, too.” But just...
as I was about to pitch my dog for the lead role, Hester headed to the door to greet some guests.

The big dog at the party had the funniest tail; when he walked over to visit my dog, it was wagging in circles like a helicopter blade.

We were going to Street Scene that night and had to split before the DJ or the band showed up. The band was called Spaceman Spill, after something in the Calvin and Hobbes comic strip. Someone said, “You have to stay for them. They have Ivan, who’s the bassist for the Devastators.”

I said I’d catch them another time.

I still have the address of this house. I’m thinking about dropping off my dog’s résumé and head shots on the porch.

Crash your party? Call 619-235-3000 x421 and leave an invitation for Josh Board.
I’m King Of This

WIVES DRIVE BY, YELL AT HUSBANDS TO GET HOME, THEN ROAR OFF.

Xavier Nuez photographs alleys.

His candy-colored images of urban decay have been exhibited internationally, including here at the San Diego Art Institute, and featured on NPR.

Ruin is his gig. “History,” Nuez says. “Rust, bent metal, all the garbage strewn about.” He scouts locations in cities across North America and shoots alone, at night, in the “shunned places” people avoid even during the day. Recently in an Indianapolis alley he was “almost clobbered by a street gang.” He’s been held at gunpoint more than once.

But something even worse happened to Nuez last spring in Barrio Logan. The alleys were too good, he tells me. Too clean, too new, and too safe.

I’m interviewing him by phone at his home in the Bay Area. Nuez assures me he can find a “dirty corner” in any city, but, he says, “San Diego falls into the not-so-run-down category, which is great for San Diego” and not so great for him.

I can’t hold back. Passion overrides what little journalistic detachment I possess.

It’s because, I tell Nuez, we’re paradise-in-rehab. Our façade is what’s history. Crispy lawns. No jobs. More potholes than tourists. Alleys are where our life is! They’re like the last frontier —

The demilitarized zone in the people’s eternal war against the city —

Maybe even our greatest seminatural resource —

I mean, really, I ask him — Has he ever seen cooler alleys?

On the other end of the phone, there’s dead silence. I’ve totally blown this interview.

Finally, the closest thing to a national authority on the subject of urban alleys as I can find speaks.

“I agree. I think the word ‘cool’ is the right word,” says Xavier Nuez.
Coors, Girls
Google/Bing “San Diego alley,” and nine out of ten hits will start with the words “Body found in.” Photographer Nuez eventually admits he’d lined up a police detective who’d promised him a tour of San Diego’s worst alleys, and the guy flaked.

But today this Pacific Beach alley south of Chalcedony is sunny and deserted. Palm fronds clatter softly. Bougainvillea overwhelms low backyard fences. From where I stand in the dark garage, the alley outside is so neatly framed by the open garage door that it looks like a stage set of the perfect San Diego morning.

Jack Whalen hands me a beer. “I’m king of this alley,” Whalen says, then points west. “Down there, the king of that next alley is Tom Sweet. He’s 97.”

Whalen is a laconic, tan man in shorts and a chartreuse T-shirt. He’s been king of this Pacific Beach alley for 20 years, ever since he rented the two-car garage in which we’re standing. By law, he explains, landlords must provide parking with beach rentals, but some rent out garages separately because there’s such a demand for them. All Whalen’s friends rent illegal garages. It’s an alley subculture.

In Whalen’s case, the garage provides storage for his work tools, his mother’s Christmas decorations, and a bunch of stuff he’s picked up shopping in “Alleymart,” including a poster of Richard Nixon, a radial arm saw, and a parachute.

But the real value of “The Compound,” as he lovingly refers to his garage, is its social function. “It’s definitely a very text,” Whalen says. “Once I open the garage door, they just start coming.” If his blue truck is parked out front, everyone knows the Coors is on ice. Seven days a week, daylight hours only. “I don’t want to piss off my neighbors,” says Whalen.

What exactly does his alley mean to him? I ask. “Privacy,” he shoots back. “The wives are in the house. Police are on the street. In PB, you can’t go out front and drink a beer anymore,” says Whalen. “This is all we’ve got left.” Whalen speaks fondly of his 80-year-old neighbor Ben, who in the last years before he passed away would sneak down the alley to Whalen’s garage to smoke and hide from his wife.

Once in a blue moon, Whalen says, the meter maid makes a stink about his buddies’ trucks parked in the alley. “Drive-by bitchouts” are the worst. That’s when wives drive by, stop outside Whalen’s garage, yell at husbands to get home, then roar off.

“Girls hate the alley,” says Whalen.

My friend Mary Trombley agrees. Growing up in Clairemont, she says, “You just always

From Amazon.com
Fascinating But Subjective Biography, July 21, 2009
Judith Moore’s final work, sadly published three years after her death from colon cancer, was the biography of San Diego Mafia leader Frank Bompensiero,…

Moore not only includes details about Bomp’s life, information gleaned from his daughter and other relatives, retired officers who knew him, and anonymous informants, but she includes details about how she got that information. It is almost as much an autobiography of her as much as a biography of him,…

Moore went a long way from Fat Girl to A Bad, Bad Boy. I wonder what she would have done next.

Frank Bompensiero
“Killing fellow mobsters was his specialty.”
— Crime Magazine

“In the treacherous world of Mafia hit men, few characters proved shittier than Frank ‘Bomp’ Bompensiero.”
— The Mafia Encyclopedia

Available now in bookstores and online at Amazon.com, BarnesandNoble.com, and SDReader.com/books

Matt Potter, senior editor for the Reader, and Jim Holman, editor/owner of the Reader, will read from Bad Boy and share stories of Judith Moore in San Diego.

Sat., September 19, 4-6 pm
Borders Books Eastlake, 878 Eastlake Parkway, Chula Vista
619-482-9863
30% off retail price to those who came to the Borders reading in August and missed the speakers.
knew nothing good happened to girls in alleys."

My Texas friend Barbara copies me on an email featuring a woman at a firing range, wearing a T-shirt that says, "Gun Control: The theory that a woman found dead in an alley, raped and strangled with her own pantyhose, is somehow morally superior to a woman explaining to police how her attacker got that fatal bullet wound."

But a few blocks from Jack Whalen's garage, in an alley near Grand and Hornblend, jazz floats from the open door of Alicia Raposa's duplex, wafting bits of Ella Fitzgerald down the otherwise barren canyon of automatic garage doors.

Raposa, 24, lives in the only rental on the alley, and her front door is always open. "My dad swears I'm gonna get broken into, but I never have." In four years of living here, the only trespassers have been stray cats who abuse the open-door policy.

A surfing instructor and SDSU double major in literature and furniture-making, Raposa needed something affordable. "When I first saw this place, I thought, 'Cool. It'll be cheaper because people won't like the negative connotation of being in an alley.' " It was cheaper. It's also bright and quiet.

Raposa points to a battered surfmobile just outside the front door. "You forget something in your car, and there it is. This is the best place I ever lived," she says.

Across the alley, Heather Wilson sorts golf balls into a plastic bag. She's standing outside an open garage, whose contents spill out and flood the pavement knee-deep around her. Like Jack Whalen, Wilson rents her Pacific Beach garage. She uses it to store the things she finds in alleys, on the street, or in the course of her work as owner of Heather's Helping Hands, a cleaning and maintenance company.

"Some people across the way," Wilson says as she points to a condo complex abutting the alley, "mentioned they were going to buy beach chairs. Well, I had beach chairs. I just pulled some out and gave them away. Another girl, over there, she hurt her leg, and I gave her crutches." Parked beside us, her boyfriend's SUV is loaded with pillows Wilson will deliver to an elderly widower for whom she cleans. (We Southerners would call Wilson's garage a "getting place," after the outbuildings where our ancestors hoarded potentially useful items in hard times.) From what I see, there doesn't appear to be much that Wilson doesn't have to give. "I once found a full nitrogen tank in a La Jolla alley, but I didn't know what to do with it so I left it," she says.

"I bring all my clut-
I’m a girl. I like walking in alleys.

low alley walkers. Their gait says it all. Alley walkers cut loose. We stride, walk abreast, gesture wildly. These two are also waving and calling out to folks working inside the open delivery doors.

I introduce myself.

Coworkers Debbie Bales and Art Walker take this alley almost every day. It’s the most direct route from work to the deli for lunch. “Or to Starbucks,” Bales says. “And to the bank,” Walker says. In the alley there’s less traffic, they say. “No stopping at lights,” Bales says. “No

boxes. A Sasquatch-sized man, he also keeps the alley safe. No vehicle or person gets past him that doesn’t belong.

“I’d introduce you,” Bales says, “but he’s sleeping over there, in front of that truck. He usually sleeps till the afternoon because he guards everything at night.”

“All the local businesses support him,” says Walker. “Every business on the alley does,” says Bales. “We all do,” says Walker.

“Shoes, money, whatever,” says Bales. She makes me promise not to tell where the alley is, so

as not to endanger Jeffery or his livelihood, I promise.

When I go around the corner to buy my sandwich, I ask the woman behind the counter if she knows the homeless man who lives

in the alley. She smiles and nods.

“Sure. Everybody knows Jeff.”

Curves

Mission Beach has more alleys per square foot than any other part of the city.

According to the Journal of San Diego History, in the early 20th Century John D. Spreckels and his developers divvied up the primo waterfront property into lots situated on walkways. For vehicle access (of little concern at the time), they squeezed in a series of narrow alleys that bisect and parallel Mission Boulevard.
Andy wants to pitch for Chula Vista’s Parkview Little League Champions. He begs them for a spot in their rotation by offering an

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ITEM OF THE WEEK
PHASE LINEAR 7˝ Touch Video Screen which Plays MP3/WMA/USB/SD Card/DVD and has a front panel Auxiliary Input. Also this unit is iPod Ready, has a rear camera input and is remote control capable with 2 composite video outputs. HURRY THESE WON’T LAST LONG!!

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The World’s Leader in Mobile Audio Technology Rewards Car Audio Heaven. We are celebrating by offering this unprecedented Ultimate Amp Package:

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Our Window Tint Department has tripled in size with outstanding quality. Rear 3 windows some cars $99

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RESEARCH OPPORTUNITY
For Newly Diagnosed Type 2 Diabetes
Robert R. Henry, M.D. and his associates at the Center for Metabolic Research at the VA San Diego Healthcare System are currently looking for patients to assess the safety, tolerability and effectiveness of an investigational drug in patients with Type 2 Diabetes.

You may qualify if you are:
• Male or female between the ages of 18 and 74, with Type 2 Diabetes
• Not currently taking diabetes medication or taking metformin (glucophage) only to control your diabetes
• Willing to participate in a research study for up to 5 years
• Are currently in good health (other than your diabetes)
• Willing to receive study drug injections under the skin
• Not pregnant or planning on becoming pregnant
• Are currently in good health (other than your diabetes)
• Willing to participate in a research study for up to 5 years
• Not currently taking diabetes medication or taking metformin (glucophage) only to control your diabetes
• Willing to receive study drug injections under the skin
• Not pregnant or planning on becoming pregnant

If interested please contact the Research Coordinator at:
858-552-8585 ext. 2884

All my favorite alleys have curves.

That’s why driving down Mission, you’ll see that the walkways (courts) have names and most side streets (which are really alleys) don’t.

Today I’m alley strolling in South Mission with Jan Hensley Gable and her mom Betty Walker, 87. As we walk eastward on the alley south of Balboa Court, Walker tells me that in the 1960s it was safe enough for a child of 5 to run all the way to the jetty via the alleys.

As we walk eastward on the alley south of Balboa, mother and daughter tell me more about their history on South Mission.

Gable and Walker live in the Balboa Court bungalow where Gable grew up, with the understandable noblesse oblige of original residents. After all, Gable’s first pet was an octopus. “On the court,” says mom Walker, “we had five families and six religions. Jew, Christian, Catholic, Mormon, atheist, and Self-Realization. All the kids played dodgeball and hide-and-seek in the alley till it was so dark you couldn’t see,” says her daughter. At cocktail hour the grown-ups would sit out, not on the court side, but in their tiny unfenced backyards.

If you are eligible and choose to participate, compensation of up to $1000 will be provided. Compensation is provided at each study visit.

Research Coordinator at:
858-552-8585 ext. 2884

RESEARCH STUDIES

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Do you suffer from Bipolar Depression?

You may be eligible to participate in a clinical trial for the treatment of Bipolar Disorder. Excell Research is currently enrolling for both inpatient and outpatient study. Participants must be 18 years of age or older. Compensation of up to $1000 will be provided for time and transportation.

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Do you have a history of depression?

Are you currently taking antidepressants that don’t seem to be working? You may be eligible to participate in an inpatient or outpatient clinical research trial for treatment-resistant depression. Compensation of up to $1900.

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Are you living with Depression?

Women from across the United States are joining this study to help researchers look for better ways to treat depression.

You (or someone you know) may qualify for this study if you:

• A woman 18 to 64 years of age
• Diagnosed with major depression

Participants will receive:

• An initial evaluation of past and current mental and physical health
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Potential compensation for time and travel.

If you are interested in learning more about this study, please contact:

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Affiliated Research Institute specializes in clinical research programs, both inpatient and outpatient, with an emphasis on psychiatric and neurological disorders.

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If you are interested in learning more about this study, please contact:

(619) 688-6565
See our website: www.ari-inc.com

Sleeplessness

Occasional lack of sleep can affect your overall well-being. But if you frequently wake up in the morning after a night of fitful or disturbed sleep with widespread muscle pain that lasts through the day, you could have a condition called Fibromyalgia.

We are conducting a research study of an investigational drug for the sleep difficulties associated with Fibromyalgia.

You may qualify for this study if:

• You are 18 years of age or older
• Maintain a normal daytime/awake, nighttime/asleep schedule, including 6 ½ to 8 hours in bed at night
• Have been diagnosed with Fibromyalgia, or regularly experience the symptoms associated with the condition, including muscle pain, stiffness, headache and fatigue
• Have experienced difficulty sleeping for at least three days out of the week

Qualified participants will receive study medication and all study-related tests at no cost and may be compensated for time and travel.

For more information, please contact:

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San Diego, CA 92102
619-481-5252

Does major depression change your outlook?

A clinical research study – STEP-D (Safety, Tolerability, and Efficacy Program) – is now underway to explore an investigational medication for major depressive disorder (MDD) to see if it may work when taken with an approved antidepressant.

You (or someone you know) may be eligible to participate in the STEP-D study if you:

• Are 18 to 65 years of age • Have been told by your doctor that you have MDD
• Are experiencing depression lasting at least 8 weeks
• Have tried at least one antidepressant without success

In addition to receiving study-related physical exams and laboratory services at no charge, participants may receive the investigational medication and will be monitored by a medical team, including a study doctor. After the STEP-D study ends, some participants may be eligible to take the investigational medication as part of another research study.

Ask your doctor if the STEP-D study is right for you.

If you are interested in learning more about this study, please contact:

(619) 688-6565
See our website: www.ari-inc.com

Forgetting simple tasks? Memory fading?

Can’t seem to complete projects?

If you or someone you know is:

• Male or female • Between the ages of 45 and 90
• Experiencing memory loss? Unable to organize or plan? Forgetting simple tasks?
• In overall good health

If you answered yes to all of these questions, you may be eligible for our research study! If you qualify and choose to participate, you may receive an investigational study medication. You will also receive physician consultations, study-related medical examinations, laboratory evaluations and follow-up visits all at no charge.

Health insurance is not required and compensation for time and travel is provided.

If you are interested in learning more about this study, please contact:

(619) 688-6565
See our website: www.ari-inc.com
you a little of Harry Potter’s Diagon Alley, albeit a larger, more paradisiacal version. Bayside Lane winds its way the length of Mission Beach, behind the houses along the bay. It’s interrupted by Mission Bay Park for a few blocks but explodes in a burst of glory at the rear of architect Ken Kellogg’s Babcock House: a 1959 tiki hut on steroids-laced LSD. (Side note: Researchers Thomas Herzog and Jennifer Flynn-Smith found that people judged alleys with curves to be safer than straight alleys. I concur. All my favorite alleys, like Bayside Lane, have curves.)

At Babcock House, we turn to head back. Gable’s dog scarpers ahead. When cops and summer tenants aren’t happy to see her dogs off-leash in the alley, Gable is sanguine. “It’s hard for them to understand,” she says. “All of this used to be my backyard.”

Do-Whatever-You-Do
I met Steve Marchand in the alley I always take when I walk to the library. Marchand, a trim man in Italian cycling gear, was fiddling with his truck’s innards. A buddy sat on a chrome chopper so shiny the bicycle looked as if it was made of water. An open storage shed revealed a veritable Tiffany’s of man-junk.

Something about Marchand’s imperious command of the Clairemont alley’s space made an unlikely tableau, not unlike the time I took a dark passageway in Manchester, England, and came upon a statue of Abraham Lincoln.

A few weeks later, we sit in the alley under a beach umbrella, which is as much fun as it sounds. Of the parade of people who walk or ride by, all of them know Marchand and speak, except for the

Right now, medical professionals in your area are conducting the Adolescent Bipolar Depression Research Study: a clinical research study evaluating an investigational drug (an approved medication for adults with bipolar I disorder) for use in adolescents experiencing a depressive episode due to bipolar I disorder. Study participation lasts for about 8 weeks (possibly up to 14 weeks), and includes study-related assessment and monitoring, study visits, and study drugs – all at no cost.

TO LEARN MORE, PLEASE CONTACT:
Sharp Mesa Vista Hospital
Clinical Research Center
Jana Horowitz, Psy.D.
(858) 694-8311

www.AboutThisStudy.com/bipolar

Do you have Type 2 Diabetes?

We are looking for men and women between 18 and 70 years of age who have been diagnosed with type 2 diabetes.

If you have been on a stable treatment regimen for at least 3 months, taking only Metformin for your type 2 diabetes, you may qualify to participate in a clinical research study to test an investigational new study drug.

Qualified participants will receive at no cost:
• Study-related physical exams
• Study medication
• Study-related laboratory tests
• Compensation for time and travel

For more information, contact: 888-365-3203
SYNERGY CLINICAL RESEARCH CENTERS

Participants Needed for Learning and Memory Research Study

Who can participate?
• Healthy males and females between the ages of 55 and 80
• No major medical or mental health problems
• No history of alcohol or drug problems

What is involved?
• Participants are asked to come to the San Diego VA Medical Center and take computerized and paper/pencil tests that will evaluate memory and attention
• Three appointments over 2-3 years; each appointment lasts approximately 2-3 hours
• Receive $10/hour for participation

When will this take place?
• Each appointment will be made to accommodate your schedule, including nights and weekends
• Please call for further information and to determine whether you are appropriate for the study

If interested, call Robin Ellam: 858-552-8585 ext. 5593
Principal Investigator: J. Vincent Filoteo, Ph.D.
VA San Diego Healthcare System and University of California San Diego

Attn: Heavy Drinkers

Researchers at The Scripps Research Institute are working to develop new treatments for people with alcohol problems.

Is your current alcohol use causing problems with your family, your work, your life?
If you want to stop drinking, The Pearson Center for Alcoholism and Addiction Research is conducting a clinical trial to help you reach that goal.

Qualified participants receive lab tests, medication or placebo, individual counseling and compensation for travel. All information is confidential.

Call: 858-784-7867 (STOP)
Or visit: www.pearsoncenter.org

RESEARCH STUDIES
Pain from Endometriosis?
A 16-week clinical research study is underway to evaluate a non-hormonal, injectable, investigational medication versus placebo for the relief of pelvic pain caused by Endometriosis. Have you tried a variety of hormonal medications without success over the years of dealing with Endometriosis cramps and pain? This study is for women who have a surgically confirmed diagnosis in the last 8 years.

To possibly qualify for the study, must be:
1. 18-49 year old females, regularly having periods
2. Surgical confirmation of Endometriosis in the last 8 years (operative report must be available)
3. Moderate to severe period cramps and pelvic pain

Qualified participants may receive:
1. Exam and consultation with a board-certified gynecologist
2. All study-related labs, EKG, and study medication
3. Compensation for your time and travel

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Need dedicated women 18-35 years of age
Visit clinic twice weekly for 3 months. Willing to wear a hormonal patch applied to the skin. Compensation to $3100.00. A clinical research study is underway to evaluate an investigational patch applied to the skin requiring twice weekly visits for 3 months. Can you commit?

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Where is your focus? ...on your overactive bladder?
Overactive bladder makes it difficult to perform daily activities. You do not know when the sudden, strong urge to urinate will happen.

The Women’s Overactive Bladder Study is a research study testing the safety and effectiveness of a new delivery method of an overactive bladder medication for women. Qualified participants:
1. are women age 18 and older
2. are experiencing overactive bladder symptoms with urgency for over 6 months
3. have not had three or more urinary tract infections in the past year

Qualified participants will receive study-related exams, lab tests and study drug at no charge.

For more information please call
Medical Center for Clinical Research
619-521-2841
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Difficult Concentrating?
Disorganized?
Absent Minded or Forgetful?
Irritable or Impatient?
Trouble with Relationships or Work?

Distracted?
You may have Attention Deficit Hyperactivity Disorder, or ADHD. We are seeking men & women ages 18 to 65 to participate in a clinical research study of an investigational medication for ADHD. If you qualify you will receive study-related care & study medication at no cost.

Insurance not needed
Itchy from Eczema?

Therapeutics Clinical Research is conducting an 11-week research study of an investigational topical medication for eczema (also known as atopic dermatitis).

**We need participants:**
- with eczema of the legs, arms and/or torso
- 18-55 years of age, in general good health
- experiencing moderate to severe itchiness

**Qualified participants will receive:**
- Study-related evaluations by a board-certified dermatologist and study medication at no cost
- Compensation for time and travel

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Website: www.therapeuticsresearch.com

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Diabetes Clinical Trial

If you have Type 2 Diabetes and are not taking insulin you may qualify to participate in a research study of an investigational medication for the treatment of Type 2 Diabetes.

Compensation for time and travel may be available.

For More Information Call 619-955-5246

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FLU VACCINE Clinical Study

For ages 65 +

As a study participant you will receive either an Investigational flu vaccine or an approved flu vaccine at no cost to you.
Compensation for time and travel may be available.

To Learn More Call Toll Free: 1-877-500-eStudy (1-877-500-3788)

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girl who needs a light.
She doesn’t know him personally but has seen him “working on his truck a lot.” He introduces himself before he lights her cigarette.

“This is a community back here. It’s not like on the sidewalk, where people won’t look you in the eye. I assure you, when somebody moves in here, it’s ‘Hi! How you doing? Need anything? My name’s Steve. Here’s my number.’ I can’t see people for a year and not know their name.”

On cue, a lady yells across the alley to Steve, “Is it recycle day today?”
“Next week,” he yells back. “She’s a new neighbor. Lots of kids.” He tells me the story of an alley-neighbor woman who pulled a van up to her garage and loaded her things in a fury. Steve pulled his “Hi, how’s it going,” and the woman let loose: “Well, when he gets home, he’ll sure have a surprise.” Steve didn’t see the man come home, but he says he did see him not long after and that he “was in a pretty foul mood for about a month” until he moved his new ladyfriend in.

“There was a whole party culture here in the ’70s,” says Marchand. “You could have a full night’s do-whatever-you-do, walking from one end of this alley to the next. Garage doors open. People partying, one garage to the next.”

For all his alley geniality, Marchand insists that he is a backstage guy. He’s been a stagehand, sound engineer, and electronics installer and has the stuff to prove it. Marchand can make just about anything happen, or as he puts it, “I like to play Oz.” The alley affords him space for projects that are “too big or not appropriate to the yard,” which included the life-sized Santa in a drag racer (with real flames!) Marchand mounted on the roof of his family’s Clairmont home last Christmas.

Behind us, a motley crew of handmade out-
Controlling Your Diabetes without Insulin?

Volunteers are needed for a research study of an investigational medication conducted by Profil Institute for Clinical Research.

To qualify, you must be:
- 18-60 years of age
- Managing your Type 2 Diabetes without insulin
- (If female) post-menopausal or surgically sterile
- A nonsmoker
- Otherwise healthy

For more information, call Profil Toll Free @ 1.866.245.8173

Too Shy?


Confidential help is available. You may be eligible to receive free treatment with computerized therapy as part of a research program. No medications!

Call: 619-229-3740 or e-mail: SDSU.CUTA@gmail.com
http://nas.psy.sdsu.edu

Sprained ankle pain patch study

Local doctors are currently looking for adults who are experiencing pain due to a recent ankle sprain to help evaluate the pain-relieving capabilities of investigational medicated patches when applied directly to the injured ankle.

To be eligible for this study, you must:
- Be 18 years of age or older, AND
- Be experiencing pain from an ankle sprain that occurred within the past 48 hours, AND
- Not have taken any pain medication or used compression to treat your ankle sprain.

Qualified participants will receive study-related medical evaluations and study patches at no cost. Reimbursement for time and travel may also be provided.

To learn more about this local study, please contact:
San Diego Sports Medicine and Family Health Center • 619-229-3909

Volunteers are needed for a research study of an investigational medication conducted by Profil Institute for Clinical Research.

To qualify, you must be:
- 18-60 years of age
- Managing your Type 2 Diabetes without insulin
- (If female) post-menopausal or surgically sterile
- A nonsmoker
- Otherwise healthy

For more information, call Profil Toll Free @ 1.866.245.8173

If you qualify and choose to participate you may be compensated up to $2,000 for time and travel. Four overnights may be required.

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- Otherwise healthy

For more information, call Profil Toll Free @ 1.866.245.8173

If you qualify and choose to participate you may be compensated up to $2,000 for time and travel. Four overnights may be required.
Menstrual Migraine Headaches

Wishing your period would never come?

A medical research study is underway to evaluate an investigational oral medication for women 18-34 years of age with regular periods who have migraine headaches associated with their periods, in at least 2 out of the last 3 cycles. Periods are tough enough without adding a migraine headache.

To possibly qualify:
- Females, 18-34 years, with regular periods
- Have had migraine headache associated with 2 of your last 3 periods
- Can be using medication at present to treat migraine headaches at a stable dose for at least 2 months

Participants may receive at no cost:
- Study-related examination and consultation with a board-certified physician
- All study-related medications, labs, and Pap smear
- Compensation for your time and travel

Medical Center for Clinical Research
(619) 521-2841
www.mccresearch.com

Abdominal pain
Bloating
Constipation

ABCs of IBS

Researchers are evaluating an investigational medication to see if it effectively treats irritable bowel syndrome with constipation (IBS-C) in men and women. You may qualify for a research study if you experience any of the following symptoms:

☑ Abdominal pain or discomfort
☑ Bloating and/or straining
☑ Have fewer than 3 bowel movements per week

All study-related care will be provided at no cost. Insurance is not needed.

To learn more call:
Medical Center for Clinical Research
(619) 521-2841
mccresearch.com

Heavy drinkers not seeking treatment

Investigators at The Scripps Research Institute are currently seeking volunteers who consider themselves to be heavy drinkers and do not have any desire to stop drinking. The purpose of this research is to study the effect of potential medications on factors related to drinking.

Earn money for completing 4 study visits that take place over 3 weeks.

This study does involve taking a medication or placebo for one week.

Medical Center for Clinical Research
(619) 521-2841
www.mccresearch.com

Always worrying?
Anxious?
Panic attacks?

Researchers in the Department of Psychiatry at UCSD are conducting a brain imaging study that provides free psychological treatment to individuals experiencing excessive worry or panic attacks. Compensation is provided. You must be between the ages of 18-65, a nonsmoker, and not currently taking psychiatric medication. Other eligibility criteria apply. Please call 858-534-6445 for more information and to see if you qualify.
composed of trash cans, telephone poles, patchy pavement, and an occasional drug deal.

Looking at a roomful of his work, I don’t recognize the exact locations, but I feel as though I know all the alleys in his canvases. “It’s the palm trees,” Windsor says. “In San Diego alleys, there’s always a palm tree.”

Signs were early that his artistic talent might take him down a road less traveled. When Windsor was five, he upset his mother by throwing away the directions to the little paint-by-numbers kit she gave him and painting the canvas his own way.

A former combat illustrator in the Marines, where he rode rodeo bulls in his free time, Windsor sang classical tenor in the San Diego Opera chorus. When he painted, he painted for fun, mostly martial arts scenes. Gallery owners liked his realist style but not the subject.

“I walked everywhere in those days, and the alleys were my short-cuts. I turned down this one alley, and the sun was just cresting down and squeaking through the buildings. I ran home to get my little cheap camera to capture it, but when I got back the light had changed,” says Windsor.

That was it. Soon he was painting on-site and selling the miniature watercolors of alleys at neighborhood coffee-houses. He graduated to larger canvases, acrylic paints, and a better camera to photograph alleys. (Windsor’s large paintings and his after-dark ones are composites created from his library of photographs.)

One cold night, Windsor was shooting in a North Park alley when police cars pulled up in front of him and behind.

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Researchers at Sharp Mesa Vista Hospital are currently enrolling men and women inpatient and outpatient studies. Eligible participants may receive all study-related care at no cost, and may be reimbursed for time and travel. Participation is confidential and trials are safely conducted under the supervision of experienced physicians and research specialists.

To learn more, call the Sharp Mesa Vista Hospital Clinical Research Center at (858) 694-8350.

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DO YOU HAVE Hip or Knee Pain?

Consider volunteering for a clinical research study

To qualify, you must:

☐ Be at least 18 years of age
☐ Have joint pain caused by arthritis
☐ Other criteria will apply

As a qualified participant, you will see a study doctor to discuss your pain. All study-related care is included and no insurance is required.

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• Have prostate enlargement (BPH) symptoms
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Participation is confidential and trials are safely conducted under the supervision of experienced physicians and research specialists.

To learn more, call the Sharp Mesa Vista Hospital Clinical Research Center at (858) 694-8350.
One of the cops got out and demanded to see identification, which Windsor had left in his car a few blocks away. He was struggling to explain what he was up to when a second cop walked up.

“Dude, is that you?” said the second cop. Turns out he knew Windsor from Twigg’s, where he’d bought one of the alley paintings.

Now Windsor is director of exhibits at the USS Midway, and his work is shown by fine art galleries in Laguna Beach and Carlsbad. “People who come to my shows often tell me how they grew up playing in alleys,” Windsor says. He tells them he played football in the grass alley behind his Texarkana, Texas, home. He asks Windsor if he has a favorite San Diego alley.

He does. It’s in North Park between Boundary and Bancroft, behind the Thrifty convenience store on University, he says, where the alley goes up a hill and the sky is crosshatched by hundreds of power lines.

And then he shows me the painting.

Treasures
The little Honda puts along a rutted alleyway in the heart of Imperial Beach, and I wish Jack Whalen could hear the girl-squeals inside the car. We sound like a shopping spree in Beverly Hills. “That way!” “No, down there!” “Look!” “Look!”

We’re searching for treasures, Jane Campbell, her daughter Caroline Kaine, 12, and I. Campbell honed her treasure-hunting skills in Coronado, where residents know to scour alleys for leftovers after the weekly garage-sale day.

Now Campbell lives in Imperial Beach, where the alleys are “simplex.” (That’s her kind way of saying FB alleys tend to be a bit humbler in the treasure department. Campbell is a special ed teacher at Hilltop High School and a kinder than usual human being.)

Campbell’s bungalow is full of rehabilitated, self-confident objects that pass for heirlooms. And this is what we’re prospecting for today, Campbell reminds me. Not trash put out in the alley, but treasures that “need love and attention and that you can add your own ‘ism’ to. Your own flair or art and make it uniquely yours.”

(In his Clairemont alley Steve Marchand found a 1907 pump organ, which he completely restored.)

Today all we see are old couches. Five dirt-colored, puffy-pillowed bookcase, two baskets, and a trivet. I hop out. The bookcase is fiberboard. The shelves are collapsed. All the love in the world won’t save it. I grab the baskets and trivet.

“We’ll see,” says her mom.

Kyle Kaine, 15, is home when we get back. He’s only mildly curious about our alley adventure until his sister mentions the couches.

La Jolla’s alleys are free of tourists and full of quirky landmarks.

In the car we examine our treasures. “Pretty!” Campbell says, tracing the design on the trivet. “Mushrooms, blueberries. It’s ema neled!” “Will you hang it in the kitchen?” Caroline asks from the back seat.

“Cool,” Kyle says. “A free couch! Wow, I could put it on the roof and sit up there all day.”


Landmarks
La Jolla alleys are lanes, couches parked in five different alleys. Campbell says cheerily, “Well, I guess we’re learning what’s not in style these days.”

Finally, I spot gold. By a clump of trash cans at the end of a short driveway stand a small
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According to Carol Olten of the La Jolla Historical Society, this affection was most likely the doing of Ellen Browning Scripps, the London-born culturist who almost single-handedly drove her dusty hamlet into the 20th Century. “Miss Scripps decided that La Jolla should have lanes and that they should have names, preferably nice names,” suggests Olten. If that’s true, I survived my first year in San Diego thanks to Miss Scripps. I had moved cross-country from North Carolina to a rental in La Jolla village because my teenage son had opted for post-divorce life with Dad. (Dad’s pad was a block from Windansea.)

No job. No friends. No money.

I walked.

And I walked. My Jack Russell terriers and I knew every inch of La Jolla alleyways, which were blessedly free of tourists and full of quirky landmarks such as the Villa Waldos, a yellow Victorian built by La Jolla’s first woman realtor and moved in the 1930s to its current location in Drury Lane. Along Roslyn Lane, I’d visit with the gentleman tailor whose mother bought the tiny walk-up coffee shop to save him from more unsavory pursuits. I saw little of my son, between school and Windansea and his job as a fishmonger. But in the alleys, occasionally my heart bounced when I’d spot his tag — a single word that is his middle name and mine — artfully scripted on an electrical box or bit of tarp, and so discreet only a mother’s eye would see. I
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When Sister Aimee Came to Town

“It isn’t all a bed of roses, this thing of being in a high place as a leader.”

he’d send, she proclaimed, “a message from above.”

On Thursday, January 27, 1921, evangelist Aimee Semple McPherson stood in the cockpit of a Curtiss JN-4 “Jenny.” Wearing a leather coat and cap, tinted goggles across her forehead, she gave a sermon at Aviation Field, Jim Hennessey’s training school at the foot of B Street. “I’m taking my flight against the devil to the skies!” she said in a voice scratched by years of shouting. She would drop 15,000 leaflets announcing that her hugely successful series of revivals would conclude with two outdoor events at Balboa Park’s Organ Pavilion.

If she was nervous, people couldn’t tell. McPherson should have been, though. She’d never flown before. The flight, which made the San Diego Union and even the L.A. Times, marked “the first time [that] an airplane was used as a pulpit” (Union).

She climbed into the front seat. Hennessey, who’d donated the ride for free, piloted the biplane. As they rose into an overcast sky, McPherson had a God’s-eye view of San Diego. But she didn’t see rooftops scrolling beneath her, or dark hat brims perching the sidewalks, or Balboa Park on a green mesa to the east. Everywhere she saw “deception, sorrow, and sin.”

Hennessey banked to the right. As the Jenny soared over Broadway, its engine roaring like a buzz saw, McPherson’s “message from above” fluttered down. Instead of being afraid, McPherson felt relief, even safety, in the air. This was one of the few times during her five-week stay in San Diego that the pain-wracked masses couldn’t mob her, trail her home, interrupt a meal, clutch her white...
Sufficient, "wrote the San Diego Sun of one supplier's outfit, plead for a cure. "It isn't all a bed of roses, this thing of being in a high place as a leader," McPherson, by then a household name, wrote ten years later. "Sometimes I wish I didn't have to carry on the Lord's work in such a conspicuous capacity."

She came to San Diego a relative unknown. After her first week of revivals at Dreamland Boxing Arena, she decided that, to attract more sinners, she would hold healing services. Crowds came, then hordes, so many that she needed a much larger venue than the 3000-seat house. Her mother, Minnie Kennedy, suggested that, since no building could accommodate their audience, how about outdoor services at the Organ Pavilion? They could seat two or three thousand, with standing room for thousands more on the slope facing the pavilion.

The idea of an outdoor revival wasn’t original, McPherson wrote, but “such a gathering has never been assembled since the days of Christ upon the earth.” When she asked an audience at Dreamland what they thought, “The response was deafening.”

The initial service, held Wednesday, February 1, jammed the colonnaded pavilion to capacity. When McPherson asked, “How many see God performing miracles here today?” between 4000 and 6000 hands shot up, a long queue of human misery unleashed “a babel of voices beating upon us.” McPherson had mixed feelings about her most spectacular service. She had “cheered thousands of lives,” but, she added, “I would rather face a battery of guns than… the disappointment of those who have sat here all night and day without food or drink, waiting to be prayed for, [when] we leave.”

As part of her farewell revival—Tuesday, February 8—McPherson asked every Christian in San Diego to “fast and pray for the spiritual and physical healing of the sick and afflicted.”

Given the response, they did even more. Every one of them, it seemed, went to Balboa Park.
That Tuesday, McPherson left her hotel on 6th Avenue at 9:45 a.m. Since the revival wouldn’t begin until 10:30, she had plenty of time, she felt, to make the short drive. But a mass of humanity clogged Laurel Street and the Cabrillo Bridge. They looked like refugees fleeing a holocaust: on crutches, in stretchers and wheelchairs, wagons and handcarts. Some carried children on their shoulders, others babies in their arms. The sightless, heads down, grasped the shoulders of guides. Many were wrapped in bandages, pus or blood seeping through the gauze. Few spoke, though several moaned or made bottomless, tubercular coughs.

The handrails on both sides became repositories for pipes, cigars, and stomped-out cigarettes, signs that, for smokers, the healing had already begun.

McPherson’s driver honked the horn. Marines, who volunteered for the event, rode the running boards and shouted, “Clear the way,” and “Coming through.” But the crowd was so thick the car inched along the narrow bridge. McPherson feared she wouldn’t arrive on time.

Her mother, Minnie Kennedy, had been at the pavilion since dawn. She and a staff of 20 nurses — all in white, with crimson sashes — interviewed candidates, in part to eliminate cranks eager to expose the “heaven peddler” as a fraud. Those without faith would not be healed, she warned, adding that supplicants should “take part in the meetings as though they were going to Mayo Brothers or any great hospital for an operation” and had been “preparing for days, obeying each order.” She handed them numbered cards.

By 10:00 a.m., when McPherson finally crossed the bridge and drove under the arch toward the Plaza de Panama, Mrs. Kennedy had distributed over 500 cards.

They parked the car on circular curbing near the pavilion.

Dressed all in white with a blue serge cape — like a military nurse, wrote a biographer — McPherson ascended the broad platform and saw a sea of dark coats and hats that filled not only the pavilion but all surrounding areas. The San Diego Union made a “conservative” estimate of between 7000 and 9000. Police and park commissioners said that “through the day” — as some left and others took their place — 30,000 people attended. In order to see, photographers and reporters had to stand on rooftops, above beige facades filigreed like wedding cake for the 1915 Exposition.

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and waving date palms, McPherson identified “pale and emaciated faces; some almost skeletons, human bodies in cages of steel and plaster; the children doloreed with the results of Tia Juana’s sins.” She heard “no jesting, and very little talking and at first seldom a smile.” She felt guilty she had kept them waiting.

On the platform she joined a choir, a Salvation Army band — piano, cornet, and trombone — and local ministers from many denominations. She raised her hands. The crowd hushed. She knelt. “Dear Lord, here we are, just the same poor, old, heart-broken, sin-stricken world that we were when you walked upon the earth…”

After the prayer, McPherson asked, “How many of you have friends you would like to see healed?” Thousands of handkerchiefs zig-zagged in the air.

“Everybody stand,” she shouted. “Everybody! Everybody who held up their hands!” The assemblage rose to its feet.

“Higher!” she shouted. The mass stood on tip-toe, faces turned upward, and prayed out loud for two minutes.

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started down the aisle. Those who could held both arms in the air. Ushers, wearing green labeled “Fisher” checked registration cards. And the process began, accompanied by soft organ music.

McPherson dipped her fingers into a silver cup and anointed each forehead with oil. Then she prayed: “Oh Lord, Jesus, in Thy name we command this paralysis [or deafness, or goiter, or cancer] to fall like a mantle that is worn and old.”

Some proclaimed instant healing. One man, a cripple, danced a jig down the platform steps. He threw his crutches into the audience and yelled, “Use ‘em for firewood!”

Some claimed relief from symptoms. Others, wrote McPherson, stood “like a piece of wood, while we pray for them.” They have come “to see if we can heal. Of course, we have no power within ourselves and try to get their eyes on Jesus.”

A man in the front row, wearing a three piece suit, stood up and shouted “Wheee!”

“Sit down, Charles,” his wife fussed, grabbing his coattails, “You’re forgetting yourself! Sit down!”

By one o’clock, McPherson—
The day darkened. McPherson, who often improvised her performance, made an instinctive move: "Thinking to reach more in a shorter time," she hopped down the platform steps to "pray from seat to seat."

At the foot of the stairs, the throng swarmed the white figure — grabbing, shoving her back. As police and marines tried to rescue her, a surge of supplicants trampled invalids and mothers holding infants. Plead-
ing hands tossed barriers and bodies aside, canes and crutches swung like weapons. Breathless, as if drowning, McPherson raised her arms. Police and marines raced to her side, formed a phalanx, and ushered her up the stairs to the platform.

She clung to a banister, “for protection and, incidentally, for support,” still praying for her flock. Soon after, Dr. Ferris said a closing prayer, and McPherson, “walking as though on the deck of a heaving vessel,” fled to the courtesy car.

Throughout her career, McPherson swore she wasn’t a miracle worker. She wanted to save souls, not cure ailments. “Jesus is the healer,” she repeated often. “I’m only the office girl who opens the door and says, ‘Come in.’” Of the San Diego revivals, which vaulted her into the national spotlight, she wrote: “No wonder that in certain instances where Jesus healed the sick, he commanded them to tell no man of it.”

QUOTATIONS
1. Rolf McPherson: “It was a phenomenon peculiar to the times… Patients had more faith in God because they had less faith in science.”
2. Charlie Chaplin (to McPherson): “Whether you like it or not, you’re a great actress [giving] your drama-starved people, who absented themselves from the theater through fear, a theater they can reconcile with their narrow beliefs.”
3. McPherson: “Few people know as I did what it is to be lonely in a crowd.”

SOURCES
McPherson, Aimee Semple, This Is That; Los Angeles, 1923; In the Service of the King, New York, 1927.
…articles from the San Diego Union, the San Diego Sun, and the Los Angeles Times.

— Jeff Smith

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Ricardo Alvarez, D.D.S.  

Michael Bolton is following me. In perfect cadence, he belts "When a Man Loves a Woman," down the boardwalk. Okay, so maybe he’s inside this 60-year-old’s iPod, rigged to the back of his bike cruiser and amplified through portable projection speakers. Yet, I feel his presence, and so does every other living entity within a seven-block radius. I slow, veer my beach cruiser to the right and let Michael pass.

I did not choose to join the ranks of San Diego beach cruisers. It chose me. Pulling my Achilles tendon finally convinced me to ditch running shoes for rims. An athlete by nature, ADHD by diagnosis, I needed some form of outdoor activity to occupy my afternoon hours.

My search landed me on the steps of a beach-cruiser shop in Pacific Beach. The shop was of course "temporarily out of stock" of the $99 model they had plastered over every plaster-able surface of the storefront. I upgraded to the second-crappiest model on the lot and pedaled out of the store and directly into a pedestrian. And so began my cruising bruising.

Luck favors me twofold. I am female, and I am wearing a low-cut shirt. I say sorry loud enough and enough times that I manage to mask his yelps of pain. My victim introduces himself as Marty, and we muse over whether his bruise will include the spiny imprints of new-bicycle rubber. He gives me his number, so I can call and check up on the bruise formation later in the week. I throw mine in for good measure. Luck favors me.

Not to be dissuaded, I pedal forward. A Saturday-evening boardwalk, with the sun setting at eye level, is not for the novice bike cruiser. Yet, when challenge calls, I ring my bell.

Well, I would ring my bell, except that I don’t have one. After smoothing out every bill in my wallet and talking the sales boy into a $3 discount, my bank account was depleted by my recent purchase.

While dogs communicate by barking, and cars communicate by honking, bike cruisers communicate by bell-ringing. Two longer dings mean I’m approaching, and I’m slowly going to pass you on the left. Three rapid-succession dings mean I’m barreling down on you, get out of my way as fast as possible, and what the hell are you doing on my boardwalk, anyway?

Not only does quantity and intensity matter in the world of bell-dinging, so too does tone. There are the high-pitched Tinker Bell bells. There are the low, resonating-gong bells. There are the Chitty Chitty Bang Bang bells. Like the dog-walkers and their canines in 101 Dalmatians, every bell resembles its owner. Tinker Bell whistles are your Paris Hilton types. Chitty Chitty Bang Bang, tourist. Gong bells, well, they’re just ringing for the hell of it because these fat asses are never going to pedal fast enough to pass you anyway. Unless of course, you are one of them.

In place of bell, I’m just being cautious, especially with my recent wounding. I slow for a tot chasing a pigeon. A home-less man smashing a can. A tourist in a three-for-$10 Golden Gate tee making a beeline for a temporary tattoo booth. I have traveled precisely one block. I have also found a crumpled $5 bill in my pocket. Tired of being cautious, I pull over for a margarita. Some-
thing else to add to my equipment wish-list is a bike lock. Saddling my cruiser alongside the patio railing, I jump across. Still holding onto the handlebar, I yell my order toward the window.

The drink appears in the window, and I take a long glance up the boardwalk, then down, profiling every shady character in sight. Slowly, cautiously, I move toward the margarita, my back to the window, my eye on the bike. My back bumps against the counter’s edge. I whirl around, toss the crumpled $5 down, grab the margarita, and sprint back to the bike.

One hand on the sweating cup, the other holding on to my handlebar, I make quick history of the bottom-shelf tequila. I run my tongue around the salty rim. Michael Bolton cruises by on another lap, and I tap my toe, jump back across the railing, and onto my cruiser.

After the margarita, I’m not feeling so cautious. I want wind in my hair. I want people out of my way. With no bell to announce my approach, I improvise. I am not a gong, a fog horn, or a Tinker Bell. I am not a Chitty Chitty Bang Bang. I am an individual. I try warbling like a pigeon, but it ends up getting caught in my throat and choking me. I settle on a crow’s call. Down my throat and into it. Finally, with minimal brusking, I park the bike in my living room. I drink a gallon of faucet water. My guzzling is interrupted by the ringing phone. Marty doesn’t move to me, I move to it. Then into it.

“Hi Marty, it’s John. John Lennon’s head. He’s going to show me tonight over a margarita.”

— Julie Hagy
Letters continued from page 10

the director’s technical skills in filming a brutal, nonsen- sical bloodbath, which barely rises to the level of a comic book. The story is filled with absurdities (a Jewish girl, alone and on the run from the SS, miraculously appears in Paris as the owner of a movie theater; American commandos, dropped into occupied France, are able to terrorize the Germans by ambushing and scalping their soldiers. In reality, the Ger- mans, after the first loss, would simply have taken 10 French villagers out and shot them. And then 50. And then 100). The reviewer ignores the silliness of the story line because he admires Taranto’s carefully crafted scenes. But, like a slowly deflating balloon, the scenes lose their impact because the director drags them out to the point of boredom (the film itself is dragged out to two and one half hours).

Andrew Crane via email

Mostly Innocent

I’d like to sympathize with Mr. Wyant (“They Have No Concrete Proof,” “City Lights,” September 3), but I am wonder- ing if he is as innocent as he portrays. For example, when he writes, “When a small amount of cement spilled onto the road, I had tools ready for proper cleanup.” I wonder how much is a small amount? Did he completely clean it up? And what tools can completely clean up cement on a road?

Further, he writes, “We explained how we had taken every reasonable precaution to avoid spills, which implies there might have been some spills, and it is my understand- ing that no amount of cement is okay to spill into the street that eventually goes to the storm drain and into our waterways. It is great that he cleaned the tools and equip- ment into a hole in the yard, thereby avoiding the bigger discharge that would have resulted from cleanup. Per- haps if he did all of the mix- ing and other work over the yard there would have been no “small amount of cement spilled into the road.” It is my understanding that the City storm water regulations require zero discharge of pol- lutants, which might not be the case if one only takes what they consider to be “reason- able precautions.”

Name Withheld by Request

Dana Wyant responds: The level of the property made it impossible to transfer the con- crete from the mixer to the wheelbarrows any way other than in the street. The concrete that was spilled was cleaned up with a flat shovel and broom immediately, and none of the
residue went into the gutter or storm drain. The only thing left was the stain, which we did not wash down with a hose. Even if it had rained afterward, there was nothing that would have gotten into the gutter or storm drain. As we had put sandbags in the gutter before doing the work, even if there had been larger spills, the concrete would not have entered the storm drain.

As far as any concrete left on the street: when the City is repairing broken water mains, the hole created from the work is filled with concrete and then leveled to the street; it’s then allowed to dry and cure with stains around it — no different than any residue that was left by my small spill.

The Storm Water Department, in their determination, stated that they felt there was a significant discharge into the storm water drain system. How was it determined that the residue in the gutter was even concrete? The fact is that the samples Ms. Flores took were never tested. The residue that she found could have been from someone backwashing a pool or any other possible combination of events, but we will never know since the samples taken were lost.

Clown Council
Mr. Kendrick and the rest of the clowns on city council (including the mayor of El Cajon) should be canned (“I Blow Smoke On Your Law,” “City Lights,” August 27). All of this city government in El Cajon (city council and mayor) are either extreme religious fanatics and/or “a follower.” I say this because one of them voted with the majority because of a fear of causing waves, not because she has her own ideas. (There’s only one woman on the city council.) This city government is one step shy of communism with their pushing of laws that reflect their own beliefs, not the majority’s (i.e., nonsmoking law and others). When the hell is it against the law to smoke outside in public? Obviously, in El Cajon (again, a stupid move).

Also the fact that they have screwed El Cajon tax-payers numerous times in the past. A number of years ago these people (city council and mayor) rejected a request/license from a well-known ice cream shop in the area to conduct business in the downtown area because they wanted a “high-scale eating establishment” in downtown but had to settle for Hometown Buffet instead. Then a few years later the city council bought the old Social Security building on Broadway with federal block grant money for a nonprofit, with expectations of being paid money back via rent from tenants of the building, which backfired, and they had to foreclose on it. (Very bad move.)

These people should be canned; instead, they are reelected. I’m starting to believe the old saying about El Cajon being nothing but crackheads and tweeters [sic]; otherwise, who in their right mind would be voting for them?

In 2004 I moved out of the El Cajon city limits but still consider El Cajon my hometown. (I have lived in the area since 1981.) If I were able to run for El Cajon City Council, these jokers would be afraid of me, considering I’d run for open government and make sure the citizens’ voices of this fine city were heard and every item in a closed council meeting was known to every citizen.

Instead we have this self-serving lamebrains. What is your preference?

Name Withheld via email

Heads Up, People
My letter here is directed to people who are convinced that they have no skin in the game (“PUG Loves SDG&E,” “City Lights,” September 3). If this is your thinking, you are deluding yourself, and it just might cost you your home, your belongings, and possibly your very life.

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**Heads Up, People**

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Any fire that starts in the outback will threaten the whole of the North County. Look at the L.A. Station Fire, if you need proof! Every area in San Diego County is in jeopardy! This is not a local fight. Fire is no respecter of borders or property lines.

My next point is that someone sent me an article regarding a recent brushfire in Hemet, starting the fire? What else could have blown those insulators and metal parts to smithereens? Surely, not a drop of 50 feet from the top of power poles? They are insulators and bits of metal that started in Hemet and moved towards Idyllwild. Fire investigators found small bits of ceramic power line insulators and bits of metal strewn about.

Did you know that there are explosive charges at the top of power poles? They are designed to save the power line circuits from overloading and destroying the circuit. When the circuit breaker trips, these explosive charges ignite to blow the wires from the circuit to short-circuit the line.

Now, I submit to you a question: is it not possible that one of these explosive charges could have gone off prematurely or malfunctioned in Hemet, starting the fire? What else could have blown those insulators and metal parts to smithereens? Surely, not a drop of 50 feet from the top of a power pole.

Another point. Early on, most of the news media were under the delusion that this whole protest against SDG&E was about preventing SDG&E from pulling the plug on the folks in the above-mentioned towns. This was incorrect! SDG&E already has the authority to pull the plug. They did so earlier this month — three times. SDG&E needs no PUC ruling for this.

However, what they do need is a rule modification that gives them tort immunity from doing so. This means that they can pull the plug and be free from lawsuits! Great strategy.

So, in a nutshell, SDG&E pulls the plug when certain weather criteria are met. We sit in the dark for 24 hours or longer. A small fire starts and begins to gain momentum. Firefighters arrive only to find that there is no water in the fire hydrants to draw from. Yes, firefighters have 1000 gallons on board, but how long is that going to last on a quarter-acre fire pushed along in a 50-mile-per-hour winds? Small fires don’t stay small in 50-mile-per-hour winds.

The handwriting is on the wall. folks in the above-mentioned towns. This was about preventing SDG&E from doing so. This means that they can pull the plug and be free from lawsuits. No one person, no entity needs to be held accountable for their actions, no matter how altruistic or well meaning their intentions.

Alain Michel Valley Center/Pauma Valley On September 10, the PUC rejected SDG&E’s power shut-off proposal, although giving SDG&E the opportunity to file a new plan. — Editor Just Another Money Grab Reference is made to the article entitled “They Have No Concrete Proof” (“City Lights,” September 3) by Dana Wyant, regarding the couple who did concrete work at their home in Rancho Peñasquitos. Assuming what was related is factual and true, then the action taken by the City of San Diego is outrageous and unfair. It smells of just another creative and shameless way the City digs into its taxpayers’ pockets.

On another parallel, Sunroad Enterprises was found at fault when their Centrum 12 edifice, which was built next to Montgomery Field, exceeded the height restriction. How much was Sunroad required to deposit into the City’s piggy bank in fines?

Name Withheld September Isn’t Winter A small but important bit of information (“Best Buys,” August 20), John Hoffman of Grangetto’s Farm and Garden Supply gave Ever some bum info. Winter squash are not planted in September. They are winter squash because they are hard shell and keep in a cool place for over a year. I have one butternut and one spaghetti squash left from last fall’s harvest, which was about 45 pounds of squash total. Plant them right at the same time as other squash. Gardens are wonderful, particularly for the food and tranquility they offer.

Greg Gieselman OB/Point Loma Try Me Occasionally I find P.S. Mueller’s cartoons in your publication. The last one was truly pathetic!! They are not only poorly drawn but have no humor attached to them. Hopefully you are not paying Mr. Mueller for these pathetic and amateurish cartoons. I am a cartoonist myself and have been drawing for over 40 years. Mine are funny and far better looking than Mr. Mueller’s. I would be more than happy to send some to you for your viewing pleasure. How about it? Jerry Sackett via email

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858-566-4110
Dr. Nick Sonski, Optometrist
9516 Miramar Rd.
San Diego 92126
**Thursday | 17**

**UCI BMX SUPERCROSS WORLD CUP**
Check out the newly constructed ABA (American Bicycle Association) BMX track at the U.S. Olympic Training Center. “Elite riders and Olympic athletes from all over the globe” will compete in this event, held in conjunction with the U.S. Open Amateur National. (UCI is the Union Cycliste Internationale, if you didn’t know.) See **SPORTS**, page 75.

**YACHTFEST 2009**
Sub-millionaires, here’s your chance to peek inside some of the “world’s most luxurious floating vessels.” Or, if you’ve been itching to sell that house and sail around the world, consult with salespeople and charter brokers eager to introduce you to the sea-cruising lifestyle. See **SPECIAL**, page 66.

**Friday | 18**

**SAN DIEGO QUILT SHOW**
Just when you thought the weekend couldn’t get any more exciting, we bring you...quilts! Over 400 quilts will be on display at the convention center, where you can ogle the thread designs or buy materials to make your own. The event includes a fashion challenge, quilting bee, a cloth-doll exhibit, and a charity auction. See **SPECIAL**, page 66.

**Saturday | 19**

**ENVIROFEST**
You don’t need to be a grown-up to save the planet. Start your kids on the right path now at this celebration hosted by the San Diego Girls Alliance, with environmental science education and arts activities for children, recycling, gardening, and composting, plus general fun: face-painting, laughter yoga, hip-hop for all ages, music, food, and more. See **SPECIAL**, page 65.

**Sunday | 20**

**BOW WOW BRUNCH**
Bring your pooch to the port for Pet Day on the Bay Brunch Cruise, offered by Hornblower Cruises to raise money for the Helen Woodward Animal Center. Dogs can eat at the pet buffet, after which they can retire, if necessary, to the “dog-relief area” set up on the sundeck. See **SPECIAL**, page 64.

**Monday | 21**

**APPLES, APPLES, APPLES**
Learn about Julian, Johnny Appleseed, create an apple craft, and gobble up a piece of apple pie during the “History for Half-Pints” program at the Museum of San Diego History for children aged three to five. See **FOR KIDS**, page 70.

**Tuesday | 22**

**SAVORY AND SWEET DELIGHTS**
Explore Indian culinary traditions through vegetarian-cooking demonstrations by cooking expert Manjula Jain, who will focus on chutneys and pakoras (a deep-fried snack of India). Fee includes tastings, demonstration, recipe book, spices, and two tickets to the Mingei International Museum’s exhibit Sonabai — Another Way of Seeing. See **FOOD & DRINK**, page 70.

**Wednesday | 23**

**CHILDREN’S READING “RECOMMENDS NIGHT”**
The kids are hitting the textbook, but there’s more to be read. Warwick’s Bookstore hosts representatives from three top publishing houses for a lively exchange about children’s books. The titles to be discussed are based on book reviews, customer feedback, and book-seller must-reads. See **SPECIAL**, page 64.
**Travel & Getaways**

**Outdoor Events**

**Fall Officially Begins** at 2:19pm Pacific Daylight Time on Tuesday, September 22 — a good excuse to try region, now’s the time to think about fat-tire-biking adventures through next weekend (September 19–21). The Zodiacal Light, as the zodiac, and especially those zodiacal constellations closest to the direction of the sun. An old name for this phenomenon is “false” — a good description of the effect under clear and very dark skies.

**Check out the Dam Birds!** Join resident birder at Old Mission Dam for morning of active bird watching. Wading birds and shorebirds are abundant this time of year and you should still be able to see some breeding, field guide if you have them. 619-686-2266. Saturday, September 19, 9am. free. Kumeyaay Lake Campground entry station, Two Father Junípero Serra Trail. (San Diego)

**Rewarding Workout!** Naturalist Don Parnell leads “some times strenuous, but always interesting” 12-mile hike promising some of the best views on the ranch.” Expect to be on trails for about 3.5 hours, bring snacks, minimum of 1.7 litres of water. 619-686-2266. Saturday, September 19, 8am. free. Daley Ranch, 3034 La Honda Drive. (San Diego)

**Views but no Hills!** Join walk about explorers for walk at moderate pace with optional lunch break. 619-231-7463. Friday, September 18, 10am. free. Mission Hills Park, 1521 Washington Place. (Mission Hills)

**In-Room Jacuzzis** Hiking, massage, fine dining, cabinets. Near Golden Acorn Casino, Air conditioning & HBO. Breakfast/dinner packages, 858-484-3219. Live Oak Springs Resort Call us, 619-766-4288 or visit: www.liveoaksprings.com

**Cupids’s Castle B&B** Rates $75-$180 per night. Large log cabin accommodation with log furniture and decor. Includes complimentary breakfast, your choice of coffee, tea or cocoa. Call 619-657-2787 or visit: www.kabeduk.com

**Relaxing Getaway** Just 2 hours from San Diego, Cupid’s Castle B&B offers a unique log cabin nestled among rolling hills and eucalyptus and oak trees, mountains. From $74 plus tax. Reservations required. 951-657-2787 • www.kabeduk.com

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**Big Bear Cool Cabins** Cabin or luxury homes on or near lake. Fireplaces, BBQ, Wifi, Kitchen, hot tub and more. Professional housekeepers and linens are included. Check rates & book online. Big Bear Lake, 1-800-550-8775

**Redrock Reservoir** Walking tour by Ecostudies History Center guide, starting at southeast corner of Grand and Broadway; 600-743-8207. Saturday, September 19, 11am. free. Draper’s and Damons, 101 East Grand Avenue. (Escondido)

**Nighttime Hike** Naturalist Mike Kelly leads moderately paced loop walk to Carsons’ Crossing. Participants have “good chance of encountering mule deer, owls, bats, and more.” Park and meet by kiosk. 858-484-3219. Friday, September 18, 7pm. free. Pechesquitos Creek Park, 8021 Park Village Road. (Pechesquitos)

**Future Hike** Summer Twilight Walk includes many changes occurring at dusk during trail guide-led educational walk. Reservations: 619-686-2268. Saturday, September 19, 6pm; free. Lake Murray Reservoir, 5450 Kiowa Drive. (Lake Murray)

**Tree Walk** Offshoot Tours offers hour-long guided tour highlighting various Balboa Park trees. 619-231-1742. Saturday, September 19, 10am. free. Balboa Park Visitors’ Center, 1549 El Prado (3230). (Balboa Park)

their own.

SBT offers a tour given by former street children who have been helped by the organization. It can be eye-opening for tourists who want to see beyond monuments to discover how so many of the children live.

Street children often work together in packs, scavenging items near or on the trains to survive. Girls are more vulnerable than boys, often falling into prostitution. Many of the boys experience sexual abuse and drug addiction.

Anil, a 20-year-old guide, spoke of how fortunate he was to have found Salaam Baalak Trust. The organization was established by Mira Nair, the director of The Namesake and an upcoming movie on Amelia Earhart. Twenty years ago, she attracted the attention of Hollywood while directing a movie about Indian street children called Salaam Bombay! It became a minor hit on the art-house circuit, and she used some of the proceeds to start Salaam Baalak Trust to provide aid to the homeless children who appeared in the movie.

We entered two classrooms filled with children of all ages. They loved the attention — many of them reached out to shake my hand and pose to have their pictures taken. I was left with a greater understanding of a societal issue that’s often swept under a rug.

The Butterfly House, Pacific Grove

By Jan Austin
The first time I wandered past 309 Ninth Street in Pacific Grove, I felt like a child who had stumbled onto a magical enchanted wonderland in an otherwise typical residential neighborhood. A kaleidoscope of vivid pinks, oranges, greens, yellows, reds, and purples enveloped me. Butterflies were everywhere — some painted, some ceramic, some metal.

When homeowner J Jackson came out to chat, my eyes filled with tears as he related the story behind their home. This one-of-a-kind creation was a gift from him to his wife of nearly 40 years, Sonja.

The eye disease retinitis pigmentosa has been slowly stealing Sonja’s eyesight. When doctors told them that bright colors would be the easiest thing for her to see, J got out a paintbrush and began transforming their once-ordinary house.

He’s been working on his creation for four hours a day for nearly eight years. It’s a seven-and-a-half hour drive from San Diego and a sight that you’ll never forget (thebutterflyuniverse.com).

Known as “Butterfly Town, USA,” Pacific Grove is home to wintering monarch butterflies.

Travel & Getaways

Sight and Sound: Preview night with performances by the Vis-
vion of a Dying World and the Hot Moons, along with “(pseudo) video projection, hula hoop dancers, live artists,” DJs. Proceeds benefit Autism Research Institute. Complimentary beverage with paid admis-
sion before 8pm. 619-846-7180. Saturday, September 19, 7pm. $5. 21 and up. Architecture, 3956 30th Street, (EAST PARKWAY).

Colors of Jean Schlumberger: Collection of pieces by jewelry de-
signer Jean Schlumberger may be seen through Sunday, October 4. Highlights include Schlumberger’s renowned “Bird on a Rock” setting.
All interested applicants must be at least 18 years of age.

If interested, please visit the SeaWorld Employment Center to apply.

Open Monday thru Friday from 9 a.m.–5 p.m.
Meditation
Concentration, Visualization, Hwy. 101.
free. Encinitas Smog, 682 S. Coast
Coronado Art Walk
First Street. Ferry Landing Marketplace, 1201
September 20, 10am; free. The
tlett sculptures, photography, glass, ce-
Designing a Garden? Professional landscape designer Jude
Mendez offers personalized 45-
minute landscape design consul-
tion. Bring photograph of your
area, ideas from magazines, project
dimensions for practical advice
and suggestions for creating a low-
water landscape. Required reserva-
tions: 619-660-0614 x10. Saturday,
September 19, 9am; $5. San Diego Natural History Mu-
seum, 1788 El Prado. (BALboa Park)

Heal! Healing clinic offered. Also
planned: lecture on biofeedback
(12:30pm), consultations by prac-
titioners in reiki, theta, jin shin
jyutsu, more ($25 per consulta-
tion). 619-298-3422. Saturday,
September 22, 6-30pm; $5. San Diego Natural History Mu-
seum, 1788 El Prado. (BALboa Park)
House of Austria Enjoy home-
made pastries and sachertorte dur-
ning lawn program with dance, mu-
sic, cultural costumes, and food
(for sale). 619-234-0379. Saturday,
September 20, 2pm; free. House of
Pacific Relations, 2125 Park Boule-
vard. (BALboa Park)
Japanese Flower Show Japanese
flower-arrangement show, with
work by various schoolteachers.
858-759-2640. Wednesday, Sep-
tember 23, 10am; free. Casa del
Prado, El Prado. (BALboa Park)

Kitten Races! Open house cele-
brating 80th anniversary of
Friends of Cats includes games and
contests (guess the weight of huge
cat, number of cat treats in jar, kit-
ten races), barbecue, raffle. 619-
561-0861. Saturday, September 19,
11am; free. Friends of Cats, 15387
Olde Highway 80. (CLairemont)

KnitNight Gather with fellow
fiber artists for social knitting, cro-
chet, spinning. 760-806-6744.
Tuesdays, 7pm; free. 18 and up.
Clever Knits, 214 South Indiana
Avenue. (ENCINITAS)
Laugh a Lot! Exercise your hu-
mor and creativity with "variety of
lively interactive exercises from the
world of improvisation" to give
your funny bone a workout dur-
ing event led by Jacque Lowell.
388-581-0850. Wednesday, Sep-
tember 23, 7pm; $20. 14 and up.
Friendship Senior Center, 4425
Bannock Avenue. (CLairemont)

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Reyna Grande, Rick Halsey, Lucía Gbaya-Kanga, Larry Keough, Cheryl Klein,
Roberta Labastida, Lowell Lindsay, José Lozano, David Lucero, Michael Orelas,
Wylie Perdomo, William Powers, P. J. Sánz, Barry Sanders, Michelle Serra, Ursula Tania
CONCERT by Grammy nominee Perla Batalla, 9 p.m., Oct. 2
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Nonmoginity by Terrence Stubbs, World Beat Center
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Oceanside Harbor Days

Sunday, September 20, 10am; free.
Saturday, September 19, 10am; Live entertainment. 619-233-5008.

uchen to Poway Step back in time — “enjoy the rich smells of campfires, the boom of a Civil War-era cannon, rifle firing, and tomahawk-throwing demonstrations, mock gunfights, and train robberies” during this living history event. Gold panning for children (equipment provided). Visitors can ride Poway Midland Railroad’s 1907 Baldwin Steam Engine (nominal fee). Hobo campfire sing-along (7-8:30pm). 858-668-4736. Saturday, September 19, 10am; Sunday, September 20, 10am. Free. Old Poway Park, 1415 Midland Road. (POWAY)

Safety is No Accident Whether you need an infant carrier, regular car seat, or booster seat, learn which is appropriate for your child, how to use it correctly to keep kids safe during Sitter Socials car seat safety event. Bring your car seat. Experts on hand to answer questions. 858-271-4667. Saturday, September 19, noon, free. Westfield Mission Valley Library, 8300 Sport Street. (MIRA MESA)

You’ve heard the term “toton” — feel free to experience it for yourself on Wednesday of each month. Reservations: 619-393-2205. Wednesdays, 5pm; through Wednesday, September 30, Sophie’s Gallery, 109 Bea Avenue. (CAsd)

Qi Gong Meditations Healing meditations with Qi Gong and Oriental medicine practitioner Dawn Allen on alternating Tuesdays. 858-621-2666. Tuesday, September 22, 7-8:30pm; Thursday, September 17, 11am; Friday, September 18, 10am; Saturday, September 19, 10am; free. San Diego Convention Center, 111 West Harbor Drive. (SAN DIEGO)

Qi Gong Meditations Healing meditations with Qi Gong and Oriental medicine practitioner Dawn Allen on alternating Tuesdays. 858-621-2666. Tuesday, September 22, 7-8:30pm; Thursday, September 17, 11am; Friday, September 18, 10am; Saturday, September 19, 10am; free. San Diego Convention Center, 111 West Harbor Drive. (SAN DIEGO)

Rendezvous in Poway Step back in time — “enjoy the rich smells of campfires, the boom of a Civil War-era cannon, rifle firing, and tomahawk-throwing demonstrations, mock gunfights, and train robberies” during this living history event. Gold panning for children (equipment provided). Visitors can ride Poway Midland Railroad’s 1907 Baldwin Steam Engine (nominal fee). Hobo campfire sing-along (7-8:30pm). 858-668-4736. Saturday, September 19, 10am; Sunday, September 20, 10am. Free. Old Poway Park, 1415 Midland Road. (POWAY)

San Diego Quilt Show View over 400 quilts on display, quilts and accessories for sale, Quilts of Valor, over 60 vendor booths, 200 SDQS Fashion Challenge, quilting bee, doll exhibit, charity auction. Featured artist is machine quilter Shirley Greenhout. 619-445-2706. Tuesday, Thursday, September 17, 11am; Friday, September 18, 10am; Saturday, September 19, 10am; free-88. San Diego Convention Center, 111 West Harbor Drive. (SAN DIEGO)

Tea for You? Taste “some moderne tea with cookies, blend your own tea, and then make your own tea” during workshop led by Lisa Kopp. Participants will arrange tea bags into gift arrangement. Registration: 619-232-7211 x102. Saturday, September 20, 10am; $10-$12. Japanese Friendship Garden, Pan American Road. (SAN DIEGO)

University Heights Arts Open First stroll neighborhood sampling delicious from University Heights restaurants ($20). Then take free self-guided tour of arts, showcasing work by over 100 artists, playwrights, performers, musicians. Trolley Barn Park will feature visual artists of all mediums, historic groups, community groups, children’s activities. 619-297-3166. Sunday, September 20, 12 noon; free-520. Trolley Barn Park, 1000 Adams Avenue at Florida Street. (UNIVERSITY HEIGHTS)

Wine and a Bite Art Walk Swirl, meander, nosh your way through summer art walk event promising food from Brothers Bistro, La Caeta, Pali Mesa, Pali Casino, Lae Apron, and Sweet Si- cilian Bakery, with wine from Fallbrook Winery. Five stops showcase range of fine art experiences. 760-451-3282. Saturday, September 19, 5pm; 50-$25. 21 and up. Downtown Encinitas. (ENCINITAS)

Stamp-Collecting Show stamp and cover dealers offer their wares. 619-218-7835. Sunday, September 20, 10am-6pm. At Al Bahr Shrine Center, 5775 Morehouse Drive. (SPRING VALLEY)

Yachtfest 2009 Seasoned sailors and aspiring yachties may glimpse inside some of “world’s most lux- urious floating vessels,” ranging from 40 to 122 feet. On hand: sales and charter brokers, yachting products, “luxury goods associated with the sea-cruising lifestyle.” Two-day general admission tickets available: 858-836-0133. Thursday, September 17, 11am, Friday, Sep- tember 18, 11am; Saturday, Sep- tember 19, 11am; Sunday, Sep- tember 20, 11am. Shaffer Island Marina, 2011 Shelter Island Drive. (SHOREHAM)

CLASSICAL MUSIC

“Romance of the Tango” California Conserv, a five-piece en- semble led by bassist/racconter Bert Tuernyk, celebrates music of Astor Piazzolla for Concert Hour Series. 760-744-1150 x2316. Thursday, September 17, 12:30pm; free. Palomar College Performing Arts Lab (room D-10), 1140 West Mis- sion Road. (PALOMAR COLLEGE)

“The Many Faces of Mozart” Orchestra Nova joined by vocalist Lindsay Deutsch to play “Ther German Dances,” “Viola Concerto No. 1” and “Symphony No. 40” Or- chestra was formerly named San Diego Chamber Orchestra. 858-350-0290. Saturday, September 19, 8pm; $30-$89. Qualcomm Hall, 5775 Morehouse Drive. (MIRA MESA)

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Sept. 21: Peter Piper Pizza, Rancho San Diego Target Center
Sept. 22: Peter Piper Pizza, National City Highland Ave.
Sept. 23: Boomers, off Clairemont Mesa Blvd.

**Registration Deadline:** September 31

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**ENDLESS SUMMER FRIDAYS!**

**Dinner and Cruise on the Bay**

Enjoy a CARIBBEAN BUFFET at the Café Bahia followed by a cruise on Mission Bay on the Bahia Bella with live music and dancing.

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Every Friday through November 5-9pm

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Experience an unprecedented fusion music concert by the Orchestra of Baja California and Nortec Collective Bostich + Fusible on Sunday, October 4th.

Discover a new world of art and culture — at your doorstep, but be warned: You will never think of this city in the same way.

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MÉXICO
www.visitmexico.com
The Adventures of a Cello Cellist Carlos Prieto performs and presents his book. He will play four movements from “Suite in C Major for Unaccompanied Cello” by JS. Bach and two movements from “Suite for Solo Cello” by Samuel J.S. Bach and two movements from “Suite in C Major for Unaccompanied Cello” by J. S. Bach. 10111 North Torrey Pines Road, free. Institute of the Americas, Wednesday, September 23, 7pm; Reservations: 858-453-5560.


Toy Piano Fun Family concert starring Scott Paulson and his toy piano collection, with bass clarinet, piano; Piece for Bubble Wrap and Toy Piano; “Petite Suite for Toy Piano” by John Cage, Paulson’s “Fanfare for Toy Piano; Piece for Bubble Wrap and Toy Piano;” finale of “1812 Overture” by Tchaikovsky, others. 619-297-4366. Sunday, September 20, 2:30pm. San Diego Public Library, 201 E Street. (619) 238-5810. Saturday, September 19, 2:30pm; free. San Diego Public Library, 201 E Street.

Music on the Point The Kensington Trio opens the new season of concerts. Reception follows. Donation: $5. 619-223-6394 x13. Sunday, September 20, 4pm. All Souls’ Episcopal Church, 1475 Catalina Boulevard. (858) 238-2226.

Organ Concert Civic organist Carol Williams performs. 619-702-8138. Sunday, September 20, 2pm; free. Spreckels Organ Pavilion, 2111 Pan American Road. (858) 239-8138.

Classical Guitar Concert Guitarist Douglas T. Smith performs solo works by Bach, Sor, Carcassi, others during annual Village Art Show. 619-233-8500. Friday, September 18, 6:30pm; free. Paul Village, 1501 Imperial Avenue. (858) 531-0818.

Ballroom Mixer Shawn Torger- son hosts ballroom, Latin, swing dancing, salsa, tango, and more. 858-565-9575. Saturday, September 19, 8pm. $8. Dance for 2, 7528 Clairmont Mesa Boulevard. (858) 555-0888.

The Haunted Trail Park opens Sept 25th

LOCAL EVENTS

San Diego Reader September 17, 2009

DANCE

“Dance n’ Dine” The PGK Project series continues with D’shire Dance Collective performance. Fee includes three-course meal, wine, dance. Reservations: 619-474-3222. Saturday, September 19, 7pm; $45. Café La Mezze, 1441 Highland Avenue. (National City)

Do You Need A Lawyer?

Ask-A-Lawyer Saturday, September 26, 2009 • 9 am-1 pm

Village Walk at Eastlake Eastlake Parkway at Miller Drive, Chula Vista, CA 91915
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DANCE

“Dance n’ Dine” The PGK Project series continues with D’shire Dance Collective performance. Fee includes three-course meal, wine, dance. Reservations: 619-474-3222. Saturday, September 19, 7pm; $45. Café La Mezze, 1441 Highland Avenue. (National City)

DANCE

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**English Country Dancing**

**Hustle and Nightclub Dance**
Night 37 plays hustle, nightclub two-step, and requests. For singles and couples of all ages. Hustle lesson: 8pm. First time free. 619-273-3533. Saturday, September 19, 8pm; free. 858-451-3775. Fridays, 7:15pm; through Wednesday, September 23, 6:30pm; free. San Diego Public Library, 820 E Street.

**Breakfast at Tiffany’s**
‘Cinema social’ combines “eclectic film choices,” food, drink, light conversation at hotel’s poolside lounge and theater (outdoors). Reservations: 619-226-6100. Wednesday, September 23, 8pm; free. Pearl Hotel, 1410 Rosecrans Street. [POINT LOMA]

**Camille**
Sienna Miller and James Franco star in Greg MacKenzie’s “loopy romantic opus,” screening for Film Forum series. 619-236-5800. Monday, September 21, 6:30pm; free. San Diego Public Library, 820 E Street.

**Fidel: The Untold Story**
Suzie Bravo’s glimpse of “emerging Third World consciousness” screens for Sunday Matinee series. Film looks into Castro’s personal life, offering new view of the controversial leader. Documentary is in English and Spanish with English subtitles. 619-236-5800. Sunday, September 20, 2pm; free. San Diego Public Library, 820 E Street.

**Food for Thought Film Series**
See The Power of Community: How Fresh Air Films ArtPower! Film series gets underway with Stanley Kubrick’s 1964 ‘apocalypse masterpiece’ Dr. Strangelove or: How I

**Jeffery Broussard and the Creole Cowboys**
Band makes music for dance hosted by Bon Temps Social Club and Gator by the Bay Festival. Dance instruction at 6-20pm, live music from 7-10:30pm. 858-496-6655. Saturday, September 19, 6:20pm; $14. War Memorial Building, 3325 Zoo Drive.

**Live music by oudist John Bilezikjian, with Dave Dhillon and Frank Lazzaro (percussion). Donation: $5. 619-688-9845. Thursday, September 17, 7:30pm. Claire de Lune, 2906 University Avenue. 30. $60. Dance Motions, 12120 Alta Carmel Court, Suite 410D. 7:40pm; $7. San Diego Center for Spiritual Living, 1009 G Street.

**Luna**
Boulevard, 3030 Thorn Street.

**Mt. Sylvan**
3533. Saturday, September 19, 2pm; free. San Diego Public Library, 820 E Street.

**Nobody’s Business Returns!**
Steve Barlow calls to tunes by this band for contra dance hosted by San Diego Folk Heritage. Beginners’ dance workshop: 7:30pm. Wear soft-soled shoes. 619-283-8550. Friday, September 18, 7:30pm; $7. Trinity United Methodist Church, 3030 Thorn Street.

**Ping Pong Playa**
Pack your blankets, enjoy Jessica Walter’s family comedy. RSVP: 619-327-6161. Friday, September 18, 6pm; free. Market Creek Plaza, Euclid Avenue and Market Street.

**The Celestine Prophecy Movie**
Described as “a spiritual adventure film chronicling the discovery of ancient scrolls in the rain forests of Peru” based on James Redfield’s novel. Post-screening discussion led by Reverend John Polieski. Reservations: 619-491-3087. Friday, September 18, 5:30pm and 7-4pm; $7. San Diego Center for Spiritual Living, 1009 G Street.

**Fresh Air Films**
ArtPower! Film series.

**Fresh Air Films ArtPower! Film series**
Food for Thought Film Series See The Power of Community: How Fresh Air Films ArtPower! Film series gets underway with Stanley Kubrick’s 1964 ‘apocalypse masterpiece’ Dr. Strangelove or: How I
Learned to Stop Worrying and Love the Bombs, screening on east lawn of Price Center. Evening begins with live music, 8:55-3:50 TTSX. Wednesday, September 23, 7:30pm; free. Price Center at UCSD, 9500 Gilman Drive, La Jolla.

Movies at the Park Catch the baseball flick Field of Dreams during event hosted by Centre City Development Corporation at Petco Park’s “Park at the Park.” Bring blankets for seating. Encourage donations of canned food for St. Vincent de Paul Village. 619-533-7148. Saturday, September 19, 6pm; free. Petco Park, 100 Park Boulevard. (DONATE)

FOOD & DRINK

“Beer and Cheese Regional Pairing: Pacific Northwest” Resident Beer and cheese guru Bill Sykas showcases “some of the best the Pacific Northwest has to offer”: 760-471-4999. Thursday, September 17, 7pm; $30.21 and up. Stone Brewing World Bistro and Gardens, 1999 Citracado Parkway. (RESERVATION)

“Iron Chef — Round Two” Bring friends, form a team, cook, compete, eat. Guests divided into three groups; each group prepares a menu, sets up buffet presentation for dinner. Groups then judged on presentation, preparation, taste. Everyone enjoys complete dinner. Reservations: 858-638-1400. Tuesday, September 22, 6:30pm; $65. Behind the Scenes Catering Co., 9888 Waples Street. (MBA AREA)

“Shiraz or Syrah?” Taste two styles of same grape. “If it is called Shiraz, it follows the Australian new world recipe, featuring big juicy, berry flavors and high alcohol. If a producer refers to the grape as syrah, expect an old world style with subtle flavors, often with deep concentration on the mid-palate.” 760-591-9113. Friday, September 18, 7pm; Saturday, September 19, 8pm; $15; 21 and up. Vino 100, 133 South Las Posas Road. (SAN MARCO)


Anniversary Beer Dinner Company celebrates 20th anniversary with beer dinners, four-course menu paired with beers. Reservations: 760-431-2739. Monday, September 21, 6:30pm; $45.21 and up. Karl Strauss Brewing Company, 5801 Armada Drive. (CARLSBAD)

Celebrate Chuaq! Chuaq Chocola- terie celebrates seventh anniversary with free scoops of gelato (one scoop per person, noon-2pm), $1 bonbons and truffles all day (while supplies last). 760-635-1446. Sunday, September 20, noon; free. Chuaq Chocolatier Chocolate Café Encinitas, 937 S. Coast Hwy. 101. (MIRAMAR)


San Diego Festival of Beer Fifteenth annual event produced by San Diego Professionals Against Cancer boasts “more brews to taste and sample than ever before,” with 120 microbrews from around the United States offer. On music by Len Rainey and the Midnight Players, Nightlife, 5 South Band, and路径 Kaan. Friday, September 20, 6pm; $30.21 and up. Downtown San Diego, Columbia Street and West B Street. (DOWNTOWN)

Savory and Sweet Delights Explore Indian culinary traditions through vegetarian cooking demonstrations by Indian cooking expert Manjula Iain. This week, fo cus on chutneys and pakoras. For includes food tastings, demon stration, recipe book, spices. Non members also receive two tickets to Migente International Mu seum’s “Sonabai — Another Way to See” exhibit. Reservations: 619-239-0003 x133. Tuesday, September 22, 5:30pm; $65-85. Bloomingsdale’s Fashion Valley, 7075 Friars Road. (MIRSAN VALLEY)

Senses Will Be Stimulated! Wine tasting “will stimulate just about all your senses and may leave you wanting more.” 619-795-4850. Sunday, September 20, 6:30pm; $15. Cirillo Gallery, 3803 Ray Street. (NORTH PARK)

Special Show Attraction

“Venetians: 6 creative rooms in a variety of styles created by ASID pros. MEET THE DESIGNERS:


Gardens: 6 creative rooms in a variety of styles created by ASID pros. MEET THE DESIGNERS:

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Seniors Friday only $1
E Tickets $6; with special code $5

Special Show Prices

On products and services for your home.

Fall Home/Garden Show 20th Annual

Learn to Stop Worrying and Love the Bombs, screening on east lawn of Price Center. Evening begins with live music, 8:55-3:50 TTSX. Wednesday, September 23, 7:30pm; free. Price Center at UCSD, 9500 Gilman Drive, La Jolla.

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Kids at Lux: Kids (6-12) invited for guided tour through studio, question-and-answer session with resident artist Elizabeth Turk, hands-on art project. Reservations: 760-436-6611. Saturday, September 19, 11am; free.-SLOV

Lyle the Crocodile: "On Solid Ground" Opening reception for annual display of artwork by Miriam Coates at her art center. Through Thursday, October 1. 619-795-6675. Tuesday, September 18, 6:30pm; free. Krugallery Gallery at Miriam Coates, One Barnard Drive.-SLOV

“Facts and Formulas” Receptions for group art show with local artists exhibiting work inspired by science and religion. Closes Saturday, October 17. 619-354-6294. Saturday, September 26, 5:30pm; free. Hallmark Galleries, 1391 North El Camino Real.-SLOV

“Spilt, Splice, Splay, Display” Opening reception for exhibition of new works by Roman de Salvo. “Pulling from the structure and movement created in his process conduit works, the new body of work…explores de Salvo’s fascina- tion with wood and the natural patterns found in its structure.” Closes September, October 17. 619-454-5409. Thursday, September 17, 6pm; free. Quint Contemporary Art, 7739 Drury Lane.-SLOV

“Can’t Blame It” Opening reception for exhibition of Cheryl Sorg’s “huge, intricate works constructed from books.” View several of these huge pieces, along with photographs and sketches documenting the creation process. Through October. 619-436-1440. Saturday, September 19, 1pm; free.-SLOV

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San Diego Reader September 17, 2009

Calendar
LOCAL EVENTS

11160 Rancho Carmel Drive.
(CARMEL MOUNTAIN)

Chronicle of a Busting Megalopolis
Journalist David Lax discusses, signs First Stop in the New World: Mexico City, the Capital of the 21st Century. Book “captures the kaleidoscopic nature of life in a city…hanging in limbo between the developed and underdeveloped worlds.” 858-456-1810. Tuesday, September 22, 7pm; free.

D.G. Wills Books, 7461 Girard Avenue. (LA Jolla)

Comedy on the Crest
Improv sketch comedy show by members of Comedy Under Construction. 858-350-8088. Wednesdays, 8pm; through Wednesday, November 18, $5: 14 and up. Café Libertalia, 3834 Fifth Avenue. (HILLCREST)

Meet a Post-Punk Hero!
Renowned poet Eileen Myles reads from her new book The Importance of Being Ireland. “Myles has always operated in the art, writing, and queer performance scenes as a kind of observant flaneur.” 858-456-1800. Saturday, September 19, 7pm; free. D.G. Wills Books, 7461 Girard Avenue. (LA Jolla)

Squeaky-Clean Comedy!
Family-friendly show for all ages. 858-433-1457. Saturdays, 7pm; $5. Navèd’s Comedy Club at Bella Roma Pizza and Restaurant, 6830 La Jolla Boulevard #103. (LA Jolla)

Star Awards San Diego Performing Arts League’s annual tribute to volunteers who work for San Diego arts organizations. Evening includes performances by Gustavo Romero, Broadway cast of Long Story Short, California Ballet, SDSU Musical Theatre performers, North Coast Singers, ACT San Diego, San Diego Youth Symphony, Conrado School for the Arts student performers, San Diego Children’s Choir, others. 619-497-5000. Monday, September 21, 7:30pm; $35. Balboa Theatre, 868 Fourth Avenue. (DOWNTOWN)

Travel Enthusiast?
Writer, nature-enthusiast Bette Biaudes Pegas discusses her new travel memoir Chasing a Dream in the Galapagos: A Personal Evolution. Presentation includes slide show of photographs from her recent trip to the Galapagos. Book signing follows. 619-670-5198. Saturday, September 19, 1pm; $5. Heritage of the Americas Museum, 12110 Carmanac College Drive West. (RANCHO SAN DIEGO)

Urban Comedy on Offer! “One Mike…San Diego: The Comedy Show” features Terrell Battle, Cool Aide, and Henry Coleman, hosted by Aida Rodriguez. 619-708-7975. Sunday, September 20, 8pm; $10-$15; 21 and up. Up! Lounge, 505 Fifth Avenue. (DOWNTOWN)

Wanna Feel Like a Star?
Sing to gain experience during “Live Band Night.” 619-996-8908. Friday, September 18, 7pm; $5. Connect the Dots Entertainment, 2110 Hancock Street. (OCEANSIDE)

West Coast Funnies
Comedy variety show with Kurt Swan combines sketch and stand-up comedy. Headliner: John C. McDonnell. 619-997-3033. Saturday, September 19, 8pm; $13-$20. 16 and up. Carlsbad Village Theatre, 2808 State Street. (CARLSBAD)

LECTURES

“And Many More, Sir” Mira Costa College English professor and “18th-Century aficionado” Rob Archer discusses lexicographer/poet/journalist/scholar/critic/moralist/aconteur/provocateur Samuel Johnson for LIFE Learning group in room 1068 (2:30pm). This talk follows Palomar College president Robert P. Deegan focusing on “Enriching Palomar College” (1pm). 760-721-8124. Friday, September 18, 1pm; free. Mira Costa College, One Barnard Drive. (OCEANSIDE)

“Artists’ Books and Their Stories” “Artists who choose books as vehicles for their art have evolved in the last few years to a group of determined authors/artists that insist on visual and literal interplay in their work.” Jill Berry discusses work by many artists, their particular stories. Presented with San Diego Book Arts. 858-454-5872. Friday, September 18, 7:30pm; free. Athenaeum Music and Arts Library, 1088 Wall Street. (LA JOLLA)

“Baja California: The Hope for an Alternative Future” Na-
n national Geographic photographer Ralph Lee Hopkins discusses Baja California’s endangered wild coast. Stay after lecture for opening reception for Baja California photography exhibition. 619-235-0203. Saturday, September 19, 9am-11:12. San Diego Natural History Museum, 1788 El Prado. (BALBOA PARK)

“Collaborating for Children” Law professor Janet Weinstein examines “Why We Need to Move Away from the Adversarial System.” Weinstein proposes a new approach to better serve the child’s best interests in a family law case. 619-531-3900. Tuesday, September 22, 12 noon, free-$5. San Diego County Public Law Library, 1105 Front Street. (DOWNTOWN)


“Dive Into Drip” Kathy Eagle, director of ornamental horticulture at Barona Valley Ranch Resort and Casino, teaches how to tune up existing irrigation to make it water smart. Gain introduction to drip irrigation, pros and cons of drippers, appropriate applications for drip, demonstration of basic drip system installation. Reservations: 619-660-0614 x10. Saturday, September 19, 9am; $20-$30. Wa ter Conservation Garden, 12122 Pangea Drive. (ENCINITAS)

“Early National City” Co-authors Marilyn Carnes and Matthew Nye focus on history of National City and its many firsts for “Third Thursday Author Series.” Free. $35 at door includes lecture, book, pay $15 for lecture only. Tickets: 619-297-9327. Thursday, September 17, 6pm; $15-$35. Adobe Chapel, 3963 Conde Street. (OLD TOWN)

“Generational Shifts: Aging, Work, and Retirement” James W. Walker explores ways in which baby boomer generation, as it matures, continues to change American landscape. San Diego Independent Scholars meet in Chancellor’s Complex room 111A, 760-751-3094 or 619-286-4035. Saturday, September 19, 1:30pm, free. University of California San Diego, 9500 Gilman Drive. (LA JOLLA)


“Introduction to (Pet) Reiki” “Reiki is used to accelerate the natural healing process and provide relaxation in both animals and humans.” Reiki may help enhance your pet’s positive behaviors while relieving pain, stress. Class is for people only. Registration: 619-243-3424. Thursday, September 17, 6:30pm; $12. San Diego Humane Society and SPA, 5500 Gaines Street. (DOWNTOWN)

“Menu for the Future” Take this Northwest Earth Institute course exploring the connection between food and sustainability. Donation: 619-298-9978 x8014. Saturday, September 20, 1pm. First Unitarian Universalist Church of San Diego, 4190 Front Street. (HILLCREST)

“New Innovations at Golden County” Architect Manuel Oncina — who has designed many of SD’s community libraries — opens Friends of San Diego Architecture’s fall season. Discussion follows lecture. Requested donation: $5. 619-224-8584. Saturday, September 19, 9:30am. New School of Architecture and Design, 1249 F Street. (DOWNTOWN)

“Publishing a Family History Book in the Internet Age” Tom Underhill divulges ways “to preserve your genealogy for generations to come and get new people excited about the past” when Computer Genealogy Society of San Diego (10:15am). User groups meet for Family Tree Maker, RootsMagic, and user group on “Computer Genealogy 101” (9am). 619-426-8295. Saturday, September 19, 9am; free. Robinson Auditorium complex at UCSD, off Pangea Drive. (LA JOLLA)

“Save Water, Build Habitat” Mike Evans, co-founder of Tree of Life Nursery, chronicles “why we should use California natives in our urban and suburban gardens, and the crucial need to build habitat within the urban environment” when California Native Plant Society gathers in room 101. Bring mystery plants for identification. 619-630-9120. Tuesday, September 22, 2009 Reader.
Institute. Event hosted by United UCSD's Sustainability Solutions Change Week” activities include presentation, discussion with Lisa Shaffer, executive director of UCSD's Sustainability Solutions Institute. Event hosted by United Nations Association of San Diego begins at 6pm in Santa Fe Room. 619-233-3970. Monday, September 21, 6pm; free; Balboa Park Club, 2150 Pan American Road West. (balboapark.org)

“The Geology of Earth” Kirk Krieg presents program for Vista Gem and Mineral Society. 760-724-0395. Thursday, September 17, 7pm; free; McClellan Senior Library. (760-867-8727)

AIDS/HIV Education Medical library faculty from Pacific College of Oriental Medicine lead instructional workshop to teach patrons skills to access information about HIV/AIDS online. Learn to use widely available and authoritative online resources to answer questions about HIV/AIDS, gain information about clinical trials, current treatment and guidelines, alternative therapies, FDA-approved and investigational drugs, other news. 619-236-5800. Wednesday, September 23, 6pm; free; San Diego Public Library, 820 E Street. (sdcc.edu)

Defending a Civil Suit? Attorney Eric Fagan is host of How to Defend Your Own Civil Suit, an instruction book for consumers who represent themselves in civil law suits. Fagan will explore four options available to those who get sued. 619-533-1900. Wednesday, September 23, noon; free, San Diego County Public Library, East Avenue Library, 1050 Front Street. (sdcc.edu)

Get Educated (on HIV/AIDS) Medical Library faculty from Pacific College of Oriental Medicine lead instructional workshop to teach patrons skills to access information about HIV/AIDS online. Learn to use widely available and authoritative online resources to answer questions about HIV/AIDS, gain information about clinical trials, current treatment and guidelines, alternative therapies, FDA-approved and investigational drugs, other news. 619-333-9802. Monday, September 21, 6pm; free; California Rolando Library, 6600 Montezuma Road, College area.

Going Solar? Baker Electric solar team on hand to answer questions, provide information about neighborhood solar program. Learn of “long-term environmental and fi nancial benefits that come with owning and creating your own electric utility.” 877-543-8765. Sunday, September 20, 11am; free; San Eliso Hills Community Center, 1105 Elfin Forest Road. (saneljog.com)

Heading to College? Learn about maximizing fi nancial aid, scholarships, SAT/ACT scores, tax strategies, more during college funding strategies workshop hosted by National College Fund ing Strategies. Recommended reservations: 619-579-0728. Monday, September 21, 6-9pm; free. Cajon Library, 201 East Douglas Avenue. (sdcc.edu)

Hillside Gardening Landscape designer Connie Beck shows “how to make the most of gardening on a slope,” focusing on erosion control, plant choices, terracing, retaining walls. Required registration: 619-660-0614 x10. Thursday, September 17, 6-8pm; $25. Water Conservation Garden, 12122 Cuyamaca College Drive West. (cuyamaca.cc)

Home Grown: Fall Planting Keep the veggies growing year-round after you attend community gardening seminar with master gardeners Diane Hollister and Pete Ash hosted by Agri Service Inc. Reservations: 800-262-4187 x4. Saturday, September 19, 11:30am-3pm; free. El Coronado compost facility, 3210 Oceanview Boulevard. (elcoronado.com)

How to Live Happily Ever After with Your Dog Workshop covers topics such as house training, socialization with people and other animals, calories in home, communication with your dog, basic nutrition, more. For people only. Required reservations: 619-299-7012 x247. Tuesday, September 22, 6-9pm; $35. San Diego Humane Society and SPCA, 5500 Gaines Street. (sandiegohumane.org)

Hummer! Learn “everything you want to know about hummingbirds” when Denise Gillem shows pictures, share stories, answers questions about these amazing little birds for Miracosta Horticultural Club in student center. Visitor welcome. 760-729-8172. Saturday, September 19, 12-4pm; free. Miracosta College, One Barnard Drive. (ocmusic.com)

Is Religion All in Your Head? “Is God just a concept, an idea that viruses that infect our lives and culture?” Darrel Ray discusses his book The God Virus: How Religion Infects Our Lives and Culture for Humanist Association of San Diego. 619-646-2191. Saturday, September 19, noon; free; San Diego Public Library, 820 E Street. (sandiegohumanist.org)

Making the Most of the Alurak Chicoan Park is home to more than 40 historic murals. When San Diego County Archaeological Society meets, Marty Rosen, heritage resource coordinator for Caltrains District 11, discusses history of the murals, Caltrains’ success obtaining a $1.6 million grant to restore them, restoration work starting in six months. 858-538-0985. Tuesday, September 22, 7:30pm; free. Los Peñasquitos Ranch Adobe, 12112 Canyonside Park Drive. (sandiegohumane.org)

Meet the Natives Landscape designer Doug Kalacs focuses on “Thirty Great Drought-Tolerant Plants for Your Garden,” including salvias and California natives. 619-200-7066. Tuesday, September 22, 6-9pm; free. La Mesa Library, 8704 Allison Avenue. (la Mesa)

Smart Irrigation Landscape designer Jan Taborlo focuses on “Irrigation System Design” for ongo- ing “Design Your Landscape” class. Learn to plan your new, water-smart irrigation. Registration: 619-660-0614 x10. Wednesday, September 23, 6-8pm; $25.35. Water Conservation Garden, 12122 Cuyamaca College Drive West. (waterconservation.org)

Mexican School Reba na Learn basics of Sogostec style ikatana (Japanese flower arrangement) from Yumi Rakers. Materials list upon required advance registration. Fee: $15 per session, or $40 for three sessions. Registration: 619-232-2271. Tuesdays, 9:30am; through Tuesday, October 27, 8:15. Japanese Friendship Garden, Pan American Road. (japanesegarden.org)

Wanna Grow Orchids? Learn about orchids during gardening class. 619-224-8271. Saturday, Sep- tember 19, 9am; free. Walter Andersen Nursery — Poway, 12755 Danielson Court. (walterandersennursery.com)

Women of Achievement Nobel Prize winners discussed by author Judith L. Hand when Federation luncheons. 619-670-4197. Saturday September 19, 9-30am, free. San Diego Public Library, 820 E Street. (sdcc.edu)

“Walk Like MADD 2009” This 5k fun walk is fundraiser for MADD San Diego County, with live music, food, health and safety fair, kids’ zone, teen zone, memo- rials, in Liberty Station area. Discount: 858-564-0780. Sunday, September 20, 2pm; free; San Diego Public Li- brary, 820 E Street. (sdcc.edu)

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“Walk Like MADD 2009” This 5k fun walk is fundraiser for MADD San Diego County, with live music, food, health and safety fair, kids’ zone, teen zone, memo- rials, in Liberty Station area. Discount: 858-564-0780. Sunday, September 20, 2pm; free; San Diego Public Li- brary, 820 E Street. (sdcc.edu)

What’s Happening on the Border? John Faustell and Jill Holban present “Life on the Line — Immigration Reform from a Human Perspective” for Activist San Diego. Learn latest on negoti- ations to restore public access to Friendship Park when these Friends of Friendship Park coalit- ion members speak. Donation. 619-528-4383. Monday, September 21, 7pm; Joyce Bees Commu- nity Center, 4065 Vermont Street. (lomand.org)

Who Was Billy Meier? Find out what Terry Luullin, MUFON (Mu- tual UFO Network) “research spe- cialist in nuclear physics and in- vestigative UFO researcher,” presents “The Billy Meier Case Re- visited After 30 Years.” 760-733- 2456. Sunday, September 20, 6pm; free. Sizzler, 3755 Murphy Canyon Road. (sandiego.edu)

Winter Veg Richard Wirt focuses on winter vegetables during gardening class. 858-513-4900. Sat- urday, September 19, 9-30am, free. Walter Andersen Nursery — Poway, 12755 Danielson Court. (walterandersennursery.com)

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Ravens during first home game of regular season. Game broadcast on CBS. 800-745-3000. Sunday, September 20, 1:15pm; free. Del Mar Horsepark, 14550 El Camino Real. (DEL MAR)

Snorke! with Sharks! *Adventures among harmless leopard sharks, guitarfish, and smooth hound sharks during outings hosted by Birch Aquarium-Museum. Reservations: 858-534-7336. Saturday, September 19, 8am; $10. 10 and up. La Jolla Shores, 8200 Camino del Oceano. (LA Jolla)

Touring the Town *Join Knickerbockers bicyclists for ride starting at South Shore boat ramp, heading around Mission Bay, Sunset Cliffs, and Harbor Island. Bring money for Liberty Station lunch. 619-255-7733. Sunday, September 20, 8:30am; free. South Shores Park, 300 Sea World Drive. (MISSION BEACH)

UCI BMX Supercross World Cup *Event held in conjunction with American Bicycle Association’s U.S. Open Amateur National event on a newly constructed ABA BMX track. “Elite riders and Olympic athletes from all over the globe will compete.” 480-961-1903. Thursday, September 17, 9am and 5:30pm; Friday, September 18, 2pm; Saturday, September 19, 8am; Sunday, September 20, 9am; free. Del Mar Horsepark, 14550 El Camino Real. (DEL MAR)

MUSEUMS & PUBLIC ART

Birch Aquarium at Scripps Institution of Oceanography *Facility is a component of the Scripps Institution of Oceanography at UCSD. More than 60 tanks contain marine life of Pacific Northwest, California coastline, Mexico’s Sea of Cortez, and South Pacific. The La Jolla Kelp Tank is a two-story-high tank with giant kelp plants and nearly 30 species of local marine life. “Feeling the Heat: The Climate Challenge” examines science behind climate change; “Art of Deception” explores undersea camouflage. “Wonders of Water” waterplay station includes three interactive stations. The Lynne and Howard Robbins Shark Reef Exhibit features a 13,000-gallon shark tank with black tip, white tip, bamboo, and wobegon sharks. 2300 Expedition Way, 858-534-3474. (LA Jolla)

California Surf Museum Along with a timeline of surfboards, featured opening exhibit at new location is “Sidewalk Surfers,” offering historic look at roots of skateboarding. The skateboard evolved as a method of enjoying feeling of surfing while waves were flat or inaccessible. Display focuses on surfboard shapers and professional riders and their skateboard models over the years. 312 Pier View Way, 760-721-6876. (ODENDE)

Chula Vista Nature Center Interactive living museum devoted to the endangered Southern California coastal wetlands, located in Sweetwater Marsh National Wildlife Refuge. Visitors use a bioscope to view microscopic organisms found in the “Sweetwater Soup,” and interact with computerized videos exploring how tides affect the bay in the “Moons, Tides, and the San Diego Bay” exhibit. Pet sharks and rays in the David A. Wergeland Shark and Ray Experience, see burrowing owls and migratory birds, and enjoy the xerophytic gardens.

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Olf Wieghorst Museum
Displays paintings and prints by Olaf Wieghorst and features exhibits of other artists’ American West art. Adjacent to museum is courtyard with cactus gardens, 20x20 foot re-production of Wieghorst’s painting, Navajos at Castle Creek, and original restored home Wieghorst lived in for many years starting in 1945. 131 Rea Ave., 619-390-3431. [Map] (Baja)

San Diego Museum of Art “Calder Jewelry” boasts approximately 90 works by the famed modernist — including necklaces, bracelets, brooches, earrings and tiaras — demonstrating the artist’s love of abstraction and his mastery of this wearable art form. “Concepting of his objects as ‘wearable mobiles’, Calder individually hammerered, chiselled, shaped, and composed more than 1800 pieces of jewelry”. Closes Sunday, January 3, 2010. “In the Company Manner,” on display through Sunday, September 27, explores aspects of works in museum’s Edwin Binney 3rd Collection of Indian Painting. Exhibition features works by Indian artists who adjusted their painting styles to suit tastes of British patrons affiliated with East India Company during 18th and 19th Centuries in India. “Oceanic Art: A Celebration of Form” features 97 works of art primarily from Melanesia and Polynesia, as well as objects from Micronesia and Taiwan. Closes Sunday, January 3, 2010. 1439 El Prado, 619-239-0003. [Map] (Balboa Park)

San Diego Natural History Museum “Gunther von Hagens’ Body Worlds 2 and The Brain — Our Three-Pound Gem: The Original Exhibition of Real Human Bodies” showcases “the original, precedent-setting public anatomical exhibitions of real human bodies, by physician, anatomist, and inventor of Plastination, Dr. Gunther von Hagens.” Exhibition offers visitors in-depth view of the intricately designed human body, comparative anatomy showing wellness and disease, and mysterious world of the brain. Closes Sunday, October 4.

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Current “giant-screen films” are dinosaurs to mastodons, discover and continuing through Sunday, January 3. In addition to photographs by Hopkins, images by American and Mexican photographers may be seen. Also on view: “Fossil Mysteries,” a permanent exhibition. From dinosaurs to mastodons, discover the rich fossil history of our region. Current “giant-screen films” are “Human Body: Pushing The Limits — Brain Power, Planet Earth: Pole to Pole and Ocean Crisis.” 1788 El Prado, 619-232-3821. [Map] (Balboa Park)

USI Midway Museum Permanent exhibits include 25 restored aircraft. Former World War II pilots and other veterans share personal stories with guests in front of a restored SBD Dauntless dive bomber on Wednesdays, Fridays, Saturdays, Sundays. Navy knot-tying demonstrations and activities for youngsters offered most weekends. Self-guided audio tour narrated by former Midway sailors. 910 North Harbor Dr., 619-344-9601. [Map]

Veterans Museum and Memorial Center Memorial to men and women who served in U.S. Armed Forces, Coast Guard, and Wartime Merchant Marine. Located in the former San Diego Naval Hospital Chapel, the museum features original service-inspired stained glass, as well as historical murals painted by Richard Delhost. Main exhibit hall features displays, exhibits of historic artifacts, documents, photographs, memorabilia, artwork honoring men and women who served. Museum is also home to San Diego Vietnam Peace Memorial and Veterans Memorial Garden. 2115 Park Blvd., 619-239-2300. [Map]

Wells Fargo History Museum Museum features a working agents’ office staffed by guides in period costumes and contains a walking telegraph for visitors to send and receive messages. Short films on California and Wells Fargo history, a gold display, part of the collection assembled by Wells Fargo agent Samuel Dossey at the end of the 1800s; an exhibit of Concord Coach #251, a restored stagecoach built in 1867; and the Davies watch. The museum is located in the reconstructed Col- orado House. 2733 San Diego Ave., 619-238-3929. (Old Town)

Imagery by National Geographics photographer/authors/ex- pedition leader Ralph Lee Hopkins is gathered in “Baja California,” opening Saturday, September 19, and continuing through Sunday, January 3. In addition to photographs by Hopkins, images by American and Mexican photographers may be seen. Also on view: “Fossil Mysteries,” a permanent exhibition. From dinosaurs to mastodons, discover the rich fossil history of our region. Current “giant-screen films” are “Human Body: Pushing The Limits — Brain Power, Planet Earth: Pole to Pole and Ocean Crisis.” 1788 El Prado, 619-232-3821. [Map] (Balboa Park)

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10/19 Our Lady Peace
10/20 Bob Mould Band
10/21 Grizzly Bear
10/22 Poncho Sanchez
10/23 Big Bad Voodoo Daddy
10/24 Tommy Castro Band
10/28 The Tragically Hip
10/30 & 10/31 Halloween Heat – Two-night
11/2 Minus the Bear
11/4 Dinosaur Jr.
11/6 & 11/7 English Beat
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San Diego Reader

Problems at the Palace

“It’s just sitting there empty,” says local reggae radio personality Makeda “Dread” Cheatom of the 1800-capacity Tijuana venue named Iguanas. “We’re coming in to reclaim it.” Iguana’s will have its first headlining show in over 15 years next February, says Cheatom, who has booked the room for her annual Bob Marley Day event.

Promoter Harlan Schiffman, who promoted most of Iguana’s shows 15–20 years ago, says the owners of the building wanted it to be used every night as a bar instead of just two or three times a week as a concert venue.

“The last show there was Sepultura,” he says. The unexpected closure of the venue caused him to move a 1994 Ramones show to UCSD. “After Iguana’s, it was a bar for several years, then a video arcade, then a disco.” Schiffman says Iguana’s has a rare magic to it. “You were seeing a show in a foreign country. It had a surreal design. There was a spiral staircase that dropped down into the sunken floor. Guests could watch the bands in the pit or from two other levels.

Cheatom says one way she plans to make it safer is by having buses take fans from San Ysidro directly to the venue and then back again after the show.

“People are afraid to promote shows in Mexico,” admits Cheatom. “You have to really know Tijuana. It’s like a jungle out there, but you just have to know what you’re doing and deal with people.” She says she will bring down a security crew from the U.S. to help with the show. “They just can’t carry guns. You have to have your own cart,” she joked.

Cheatom thinks the recent decriminalization of small amounts of marijuana in Mexico will help the tourist industry rebound. “They are doing everything they can to turn Mexico around. Pretty soon it’s going to be like Amsterdam down there. Tourism will rise back up.”

The Bob Marley Days event at Iguanas will be February 12 and 13, 2010, and will feature Don Carlos, the Skatalites, Inner Circle, and Gondwana from Chile. The $15 tickets will be available in November at the World Beat Center in Balboa Park and D’Volada in Tijuana.

— Ken Leighton

The Geography of Jazz

The East West Quintet’s name says a lot, geographically speaking. If you pick up the jazz-rock combo’s ambitious second album (this year’s Vast), you will see a shoutout to their East Coast base on closing track “Brooklyn.” As for the “West” of the quintet, three of the five members hail from San Diego.

EWQ keyboardist Michael Cassidy is the son of Steven Cassidy, a UCSD professor who is also an accomplished pianist. Cassidy, who grew up in Del Mar and graduated from the Bishop’s School in La Jolla in 1998, acknowledged his dad as “my first piano teacher, and I still take classical lessons from him when we’re both in the same city.” He and EWQ’s guitarist Simon Kafka, a 2001 graduate of the San Diego School of Creative and Performing Arts and former Mission Hills resident, augment their incomes in NYC by teaching music. Bassist Benjamin Campbell, another SDSU grad (’99), has music-making in his DNA: his father Glen plays cello and his mother Rebekah plays viola in the San Diego Symphony.

“Being in Brooklyn has influenced our music a great deal…We all moved to New York to be a part of an East Coast creative music scene together…so we all knew each other before moving to New York.”

The East West Quintet returns to play Dizzy’s at its new downtown San Diego Wine & Culinary Center location on Wednesday, September 23.

— David Stampone

See this week’s music feature for more on the East West Quintet.

(continued on page 82)
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entrances and the outer concourse, paint and colors and lighting, and all-new lower-level seats. The eight rows of riser seats at the arena that have been here since day one are all getting replaced with 2200 state-of-the-art seats.

Construction has also begun on “a special club for our sponsors and club-seat holders” in the old Arena Club space, set to open later this year. Club 3500 (the facility’s address) will be 6500 square feet, with a 350-person capacity accessed via membership only. “When you walk in,” says Hahn, “it’s going to feel like a downtown club — really swank, hip, sophisticated. It’ll be close to a dedicated seating section at stage right, which will be put aside for our club members.”

Annual membership is $2450, with the option to purchase up to four “dedicated seating” tickets for events you want to attend.

The 42-year-old Hahn grew up locally, with parents who were San Diego Mariners hockey season ticket holders in the ’70s (“Lower level one, two seats on the end, across from the visiting penalty box”). He began at the facility as an event coordinator in June of 1991.

As for selling naming rights to the building after a short-lived stint as the iPayOne Center, Hahn says, “Through the global partnerships division of AEG, we’re working with a lot of sponsors, some who just recently stepped up, and we’re in discussions with a couple who will hopefully bid or ultimately come in as a naming-rights partner.”

AEG sold naming rights for Berlin’s 02 Arena last year for $37.5 million.

— Jay Allen Sanford

**When I Say “Ocean,” You Say “Side”**

Members of North County bands Wanted Dead and Irieside have come together to form Sound System. Wanted Dead is a hardcore street-punk band known for their wild stage presence, anti-authority anthems, and rambunctious fans. Irieside inspires more of a good-times vibe, playing reggae, rock, and hip-hop.

So what do you get when from-the-streets, for-the-streets vendetta rock meets beachy head-bobbers? These bands may seem like opposites, but their ties to one another in the North County scene have been growing.

Beyond their ability to draw crowds is their enthusiasm for Oceanside. It is not uncommon to go to a Wanted Dead show in Escondido or Carlsbad and hear someone yell “OSIDE!” between songs. Irieside gigs often have band-crowd interaction in the vein of “When I say ocean, you say ‘side!’”

According to singer Skillet, the “O’side pride” comes from the fact that “Oceanside is one of the last old-school beach communities that isn’t really upscale and clean-cut…. It’s the kind of town you think about when you listen to ska or skate-punk. I also think it’s ‘cause we’re like the underdog of all the SD beach communities. When someone says, ‘Oh, you’re from Oceanside,’ they say it with a snobby tone, but we’re always quick to represent.”

Wanted Dead front man Skillet teamed up with Irieside’s Ben Blessing, Stew, and Sid Hilarides to form Sound System because “I’ve always liked that kind of music [ska]… and at this stage in my life, now that I’m a father, I want to play shows that my kids and my parents would be able to enjoyably attend, do something that has a good vibe. I’m always gonna be a punk rocker, so I think that’s gonna come out in any music that I do.”

Forged from punk rock and reggae, Sound System will unveil their “old-school, tattooed, SoCal ska-rock” Friday night, September 18, at Blurt contributor Ken Leighton’s Royal Dive in O’side.

— Adam Crawley
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The Cat Family 8 pm-12 am

Friday, September 18 • In our Basement
DJ Sinn Club Hits, R&B, Hip-Hop, and Classics • 9 pm-1 am

Saturday, September 19 • On our Roof
Superwave 2-5 pm

Sunday, September 20 • On our Roof
Still Smokin’ Blues Band 2-5 pm • DJ kidRIZ 6-9 pm

Monday, September 21 • On our Roof
Karaoke Goodtimes with late-night specials! 7-10 pm

Wednesday, September 23 • In our Basement
The Gents 8 pm-12 am

Friday, September 25 • In our Basement
DJ Sinn weekly guest DJs • 9 pm-1 am
Spinning Club Hits, Hip-Hop, R&B, Top 40s & more

Saturday, September 26 • On our Roof
Gregory Michaels 2-5 pm

Sunday, September 27 • In our Basement
NFL Sundays! with live music & food specials! Starts at 10 am
On our Roof
Still Smokin’ Blues Band 2-5 pm

Monday, September 28 • On our Roof
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Thursday 17
Belly Up brings a bucket of Southern-fried psych rock to the club tonight with Phoenix family band the Meat Puppets, Athens, Ga’s Dead Confederate, and Australian Ume. Puppets Curt and Chris Kirkwood have lived the rock-and-roll cliche, done the implosion thing, and last year regrouped as a trio to record and release their 12th proper. Together, a title that pretty much tells the tale on this collection. Revisit their mid-’80s output, when the brothers passed from punk to prettier pastures. The Kirkwoods are best known for appearing beside Kurt Cobain on Nirvana’s landmark Unplugged set. Cobain played three tracks off Meat Puppets II (1984) that night. Dead Confederate’s debut Wrecking Ball is hinting high hopes for the alt-rock quintet whose sound is loud and lazy in a mid-’80s output, (1984) that night. Dead Confederate’s debut

Friday 18
Viejas books Vegas quartet the Killers out at their East County casino for the hot ticket Friday. The Grammy nominees have been a commercial coup for Island Records, racking repeated radio hits for Island Records, racking repeated radio hits. The Grammy nominees have been a commercial coup for Island Records, racking repeated radio hits. The Grammy nominees have been a commercial coup for Island Records, racking repeated radio hits. The Grammy nominees have been a commercial coup for Island Records, racking repeated radio hits. The Grammy nominees have been a commercial coup for Island Records, racking repeated radio hits. The Grammy nominees have been a commercial coup for Island Records, racking repeated radio hits. The Grammy nominees have been a commercial coup for Island Records, racking repeated radio hits. The Grammy nominees have been a commercial coup for Island Records, racking repeated radio hits. The Grammy nominees have been a commercial coup for Island Records, racking repeated radio hits. The Grammy nominees have been a commercial coup for Island Records, racking repeated radio hits. The Grammy nominees have been a commercial coup for Island Records, racking repeated radio hits. The Grammy nominees have been a commercial coup for Island Records, racking repeated radio hits. The Grammy nominees have been a commercial coup for Island Records, racking repeated radio hits. The Grammy nominees have been a commercial coup for Island Records, racking repeated radio hits. The Grammy nominees have been a commercial coup for Island Records, racking repeated radio hits. The Grammy nominees have been a commercial coup for Island Records, racking repeated radio hits. The Grammy nominees have been a commercial coup for Island Records, racking repeated radio hits. The Grammy nominees have been a commercial coup for Island Records, racking repeated radio hits.

Saturday 19
Sucks to be Saturday this week. Well, not totally, as Long Beach funky soul brother War ("Spill the Wine.") and the local keepers Dynamic Walls, Royal Campaign, and the yummy-sounding Brandy Alexander Band (occupational hazard).

Sunday 20
Things pick up Sunday when J-pop duo 2Up drop on Chi Cafe with (check this quadruphonic bill!) the Dubbers, the Vaginals, and Rats Eyes. Yow-to-the-zas, that’s a lot of noisy-pop for six bucks. You have to go to myspace.com/2up and give a listen to “Duskordan.” Now...
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BONTAJ ROULET: BONNIE RAITT & TAJ MAHAL
PLAYING ALONE AND TOGETHER
Mon/Tues, Sept. 28/29 • 7:30
CROSBY, STILLS & NASH

MONDAY!

PINK MARTINI
SUNDAY, SEPTEMBER 27 • 8:00

Friday, October 2 • 8:00
CHRIS BOTTI
Sunday, October 4 • 7:30
CECILIO & KAPONO
Wednesday, October 14 • 8:00
JESSE COOK
Thursday, October 15 • 7:30
LOGGINS & MESSINA
with special guest Gabe Dixon Band
Saturday, October 17 • 8:30
CARLOS MENCIA
Sunday, October 18 • 7:00
ROGER DALTREY
with special guest Paper Zoo

FRIDAY!

LEANN RIMES
with special guest Chris Ayer
FRIDAY, SEPTEMBER 18 • 7:30

WANDA SYKES
with special guest Keith Robinson
SATURDAY, SEPTEMBER 19 • 8:00

BEACH BOYS
FRIDAY, SEPTEMBER 25 • 7:30

KEALI’I REICHEL
SATURDAY, SEPTEMBER 26 • 7:30

Friday, September 17 • 7:00
BONTAJ ROULET: BONNIE RAITT & TAJ MAHAL
PLAYING ALONE AND TOGETHER
Mon/Tues, Sept. 28/29 • 7:30
CROSBY, STILLS & NASH

SATURDAY!

SAN DIEGO READER
SEPTEMBER 17, 2009
85
High Notes

“It breaks my heart to see Marlon Brando play a piano duet with a midget.”

The East West Quintet may be Brooklyn-based, but three of the band’s five members are from San Diego and migrated east, hence the band name.

“My parents are both members of the San Diego Symphony,” says bassist Benjamin Campbell, who spent last month at the La Jolla Playhouse playing with the onstage band in B.D. Wong’s Herringbone. Keyboardist Mike Cassedy’s father is a professor at UCSD, and guitarist Simon Kafka grew up in San Diego.

“Our music falls between genres, somewhere between jazz and indie rock,” says Benjamin. “We started as twentiesomething jazz musicians who were burnt out on jazz and felt more like rock. So we quit being dogmatic and started incorporating all the other musical influences we’ve had, all the way back to San Diego.”

Simon describes the band’s music as “instrumental rock music with improvisation.” Mike says, “Think Art Blakey meets Radiohead.

Touring behind their new album, the East West Quintet hits Dizzy’s downtown on Wednesday, September 23.

WHAT’S IN YOUR MUSIC PLAYER? Benjamin: “Grizzly Bear, Vekatimast. Amazing singing and innovative orchestrations, with a ton of great bass sounds. I love how a track will start singing and innovative orchestrations, with a ton

Mike: “Aretha Franklin, Rare and Unreleased. It’s great to hear Aretha singing on something that was never meant to make it onto an album. It’s full of risks, mistakes, and a whole lot of character.”

MOST VISITED WEBSITES?

Benjamin: 1. canahascheezburger.com. Anthropomorphized cats are really funny.

Simon: 1. talkingpointsmemo.com. “It’s a great news site and blog.”

2. thunderup.com. “I love watching that show!”

Mike: 1. hulu.com. “I don’t have a TV, but I still like to watch TV.”

WORST MOVIE EVER?

Benjamin: “Darío Argento’s The Mother of Tears. This might not count because this movie was so bad it was good. I love how a track will start singing and innovative orchestrations, with a ton of great bass sounds. I love how a track will start singing and innovative orchestrations, with a ton

Simon: “Indiana Jones and the Kingdom of the Crystal Skull. Indiana Jones must have Nazi villains to be awesome. They should have learned that lesson after Temple of Doom.”

Mike: “The Island of Doctor Moreau. It’s a classic.”

BEST MOVIE EVER?

Benjamin: “Super Mario Brothers 3. It never gets old, and the addition of the frog suit was a real boon to the game.”

Simon: “Occasionally I’ll play some Tetris. It’s a classic.”

Mike: “Super Mario World for Super Nintendo. For me, this was the apex of video games. It was all downhill from there.”

NAME YOUR POISON...

Benjamin: “Cappuccino made by our own personal in-band barista and trumpet player Phil Rodriguez, my coffee mentor.”

Simon: “I enjoy a cold beer from time to time.”

Mike: “A good whiskey on the rocks.”

BIGGEST DIFFERENCE BETWEEN THE BROOKLYN AND SAN DIEGO MUSIC SCENES?

Benjamin: “The sheer quantity of musicians and bands in Brooklyn. There are so many amazing musicians in my neighborhood alone. It’s generally really hard to hear a shitty band.”

Simon: “I would say that the music in Brooklyn might lean toward being more experimental and not nearly as laid-back.”

Mike: “Brooklyn is so flooded with musicians that you really have to find your voice to be heard.”

See this week’s Blurt by David Stampone for more on the East West Quintet.

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**THOSE GUYS**

**FRIDAY**

**King Fish Turner Band**

Saturday, September 19 • No Cover

**GHOST RIDERS**

Sunday, September 20 • No Cover

**Blues Jam**

by the **Blues Brokers**

Mondays and Tuesdays

**DOUG ALLEN**

of the **Mar Deis**

Wednesday, September 23 • No Cover

**JEFF MOORE & THE WITCHDOCTORS**

**BC’s BBQ: Sat. and Sun. Noon ‘til Midnight**

**THOSE GUYS**

Friday, September 18 • No Cover

**King Fish Turner Band**

Saturday, September 19 • No Cover

**GHOST RIDERS**

(Day)

Sunday, September 20 • No Cover

**Blues Jam**

by the **Blues Brokers**

Mondays and Tuesdays

**DOUG ALLEN**

of the **Mar Deis**

Wednesday, September 23 • No Cover

**JEFF MOORE & THE WITCHDOCTORS**

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**LIVE MUSIC IN THE GASLAMP**

NO COVER SUN.-THURS. • 5 PM-1 AM

**Wednesday, September 23**

**Bill Magee**

Blues

---

**Saturday, September 19**

**Dennis Jones**

“Passion for the Blues”

---

**Thursday, September 17**

**145th St. Deluxe Blues Band**

“We’re the Blues Lives”

---

**Friday, September 18**

**Gino Matteo’s Family Phunk**

“Funky Bluesman”

---

**Saturday, September 19**

**Len Rainer & The Midnight Players**

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**Monday, Sept. 21**

**Burnsville Blues**

---

**Sunday, Sept. 20**

**428 F Street • Downtown • (619) 233-3077 • www.patricksil.com**

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**Pasadena Gazette**

**86 San Diego Reader • September 17, 2009**

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**High Notes**

**“It breaks my heart to see Marlon Brando play a piano duet with a midget.”**

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**Simon Kafka, Mike Cassedy, Ben Campbell**
Thursday, September 17
9:30 pm • Rock & Blues
Ruby and the Red Hots

Friday, September 18
9:30 pm • Rock
5 Miles High

Saturday, September 19
2 pm • Blues
BLUSD Competition
9:30 pm • Indie
Indie By Design

Sunday, September 20
9:30 pm • Smooth Jazz
Reggie Smith with DJ John Phillips

Monday, September 21
9:30 pm • Classic Rock
Fish & The Seaweeds

Tuesday, September 22
7 pm • Jazz Vocalist
Jesse Davis

Wednesday, September 23
8 pm • Sweet Soul Music
The Soul Persuaders

UPCOMING
Sunday, September 20
Cleo Von CD Release

Thursday, September 24
Albert Cummings

Saturday, October 24
Ronnie Baker Brooks

UPCOMING
Sunday, September 20
Cleo Von CD Release

Thursday, September 24
Albert Cummings

Saturday, October 24
Ronnie Baker Brooks

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San Diego Reader, September 17, 2009
**Calendar Music Scene**

**THIS WEEK’S SHOWS**

**4th & B:** 845 B St., Downtown, 619-251-4343.
*Friday, 7pm — Los Teo de Habana. Cuban/pop/rock. $20.*
*Saturday, 7:30pm — Y&T. Metal/rock. $20.*

**Acoustic Music San Diego:** 4650 Manfield St., Normal Heights, 619-323-8176.
*Friday, 7:30pm — Pieta Brown. Country/folk. $20.*

**Alpine Inn:** 2225 Alpine Rd., Alpine, 619-445-5172.
*Friday, 7pm — Rocksteady. Covers/standards/rock. Free.*

**Lunch:** mon-fri 11:30am to 3pm

**Dinner:** mon-sun 5:30pm to 12am

**Old Town**

**Wednesday**

**All cocktails $5**

**Hot Like Wasabi!**

*with Matty A and Yards*

**Thursday**

**Friday**

**DJ Storm Shadow**

**DJ EJ**

**Saturday**

**DJ Kingsley**

**Oceanside**

**Wednesday**

**Z90’s own**

**DJ Mahjestic**

**Thursday**

**Friday**

**Saturday**

**Headphone Jones**

On Harney Streeet

3945 Harney St.
San Diego, Ca 92102
619.295.5272

At Oceanside Pier

300 Mission Ave.
Oceanside, CA 92054
760.921.8030

**With Project: Out of Bounds.**

**Friday,** 7:30pm — Stanley Jordan. Jazz guitar. $28.

**Saturday,** 9pm — Stone Wolf. Rock.

**Anthology:** 1337 India St., Little Italy, 619-595-0100.
*Friday, 7pm — Oleta Adams. Gospel/jazz/soul. $34. 9:30pm — Haute Chile. Covers/standards. $13.*
*Saturday, 7:30pm and 9:30pm — War. Funk/rock. $36-$46.*
*Wednesday, 7:30pm — Stanley Jordan. Jazz guitar. $28.*

**Athenaeum Music and Arts Library:** 1008 Wall St., La Jolla, 858-454-5872.
*Mondays, noon — The Ian Tordella Jazz Trio. Jazz. Free.*

**Bar Pink:** $29 50th St., North Park, 619-384-7194.
*Friday, 10pm — Scarlet Symphony. With Weatherbox. Indie/rock. Free.*
*Friday, 10pm — The Most Sensible Republic. With Da Bears. Alternate/indie. Free.*
*Wednesday, 10pm — Limin Zanyaki. Jazz/swing. Free.*

**Beachside Grill:** 215 N. Coast Hwy, 101, Oceanside, 760-433-8830.
*Thursday, 8pm — PFX. With the Exxperimental Hip Hop/rap.*
*Friday, 9pm — The Devastators. With Project: Out of Bounds. Reggae/rock.*

**Belly Up Tavern:** 143 South Cedros Ave., Solana Beach, 858-481-8140.
*Thursday, 8pm — The Meat Puppets. With Dead Confederate and Ume. Alternative/rock. $14-$16.*
*Friday, 9pm — Rubber Subs. With Rolling the Stones and Damn the Torpedoes. Tributes to the Beatles, the Rolling Stones, and Tom Petty. Covers/rock. $10-$12.*
*Saturday, 4pm — The Swingin’ Kings. Swing. 8-10pm. $6. $34. 9:30pm — Common Sense. Reggae/rock. $15-$17.*
*Sunday, 9pm — The B-52s. Pop/rock. $16.*
*Tuesday, 8pm — Stan Ridgway. With Sara Petite. Acoustic/folk. $15-$17.*
*Wednesday, 9pm — The Robert Casy Band. Blues. $40-$52.*

**Bing Crosby’s Restaurant and Piano Lounge:** 7007 Friars Rd., Mission Valley, 619-898-2464.
*Friday, 7pm — David Patmore. With Sky Ladd and Grant Clarkson. Jazz/lounge. Free.*

**Bear Cross’n:** 390 Grand Ave., Carlsbad, 760-729-2889.
*Thursday, 9pm — Stone Sense. With Natural Incent and Key West. Reggae/rock/indie.*

**Boar Cross’n:** 1130 Burnos Ave., Linda Vista, 619-275-5485.
*Saturday, 4pm — Hell on Heels. Garage/indie/rock.*
*Sunday, 5pm — Acoustic Alliance. Featuring Jessica Lerner, Lindsay White, Pobnik Nowhere, Jacqueline Grace, and more. Acoustic/indie. $8.*
*Monday, 8pm — Gallin Room. Indie/punk/rock. $8.*
*Tuesday, 8pm — Caskets on Parade. With Six Reasons, Flatline, and Skinlab. Metal/rock. $5.*
Experience Amazing Art, Live Music & Fine Wines All In One Place

Don’t Miss This Free Event At Valley View Casino
Sunday, October 11th • Noon to 6pm

Don’t miss this free event! Join us for a fun-filled day of art, music and wine all at Valley View Casino’s outdoor venue. Local artists will be exhibiting and selling fine art at special rates for Valley View Casino Players Club members. Plus you’ll enjoy live music throughout the day, gourmet food vendors, wine tasting and more.

The fun continues inside the casino with exciting slots and table games, live entertainment and a free lobster buffet when you join the Players Club!

Visit ValleyViewCasino.com for the most updated information on the event.

Hornblower Cruises: 1086 North Harbor Dr., Downtown, 619-686-8715. Thursday, 8pm — West of 5. Covers/rock

Monday, 7pm, Tuesday, 7pm — Flogging Molly. With Fitz and the Tantrums and Hypercat. Rock. $29-$34.
Wednesday, 8-10pm — Better Than Ezra. Alternative/rock, $20-$37.
Humphrey’s Backstage Music Club: 2241 Shelter Island Dr., Point Loma, 619-224-3577.
Saturday, 2pm — BLUUS Competition. Blues. $3.
Tuesday, 11am — Chlo Von. Jazz. $5.
Humphrey’s by the Bay: 2241 Shelter Island Dr., Point Loma, 619-224-3577.
Thursday, 7pm — Bonita Roulé. Featuring Bonnie Raitt and Taj Mahal. Country and blues. $89.
Friday, 7-10pm — LeAnn Rimes. Country. $65.
Monday, 7-10pm — The Australian Pink Floyd Show. A tribute to Pink Floyd. Covers/rock. $5.
Java Joe’s at Café Libertalia: 3834 Fifth Ave., Hillcrest, 619-239-9360.
Thursday, 8pm — The Gregory Page Show. Acoustic.
Friday, 8pm — Joe Rathburn. With John Foltz and Nicole Torres. Folk/rock.
Saturday, 8pm — Buried Under Carrots. With Kenny Eng and guests. Indie/rock.
Sunday, 8pm — Happy Ron’s Open-Mike Night. Featuring Laura Kurbel.
Friday, 8pm — Almost Is Nothing. With Dark Possession and Deco/v.
Saturday, 8pm — Logar’s Theory. With Metamorphic and Lock n’ Load. Rock.
The Kava Lounge: 2812 Kentish Bl., Little Italy, 619-343-9033.
Thursday, 9-10pm — Wookie Garcia. Rock. $5.
Last Call: 4977 El Cajon Bl., City Heights, 619-287-9005.
Thursday, 9pm — Wookie Garcia. Rock. $5.
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Thursday, 9-10pm — Wookie Garcia. Rock. $5.
Last Call: 4977 El Cajon Bl., City Heights, 619-287-9005.
Thursday, 8pm — Big City Shaman. Rock.
Friday, 9pm — The Offbeats. Covers/rock.
Saturday, 9pm — Bluefrog. Blues/rock.
Sunday, 8pm — 2 Guys Will More 17 Rock.
Wednesday, 8pm — Laguna. Rock.
Molly Malone’s: 1270 Main St., Ramona, 760-798-9505.
Friday, 9pm — Flashback Rock. Rock.
Saturday, 9pm — Kontious & the Ko-Op. Featuring BTA. Hip-hop.
O’Connells Pub and Nightclub: 1510 Moreno Bl., Linda Vista, 619-276-5637.
Friday, 7pm — Fat Man’s Misery. Blues/garage/rock. 9pm — Jon Goodine. With Mi Baudier’s Tattoo, Tabernacle, Fat City Reprise, and Stitch Hopeless Rock.
Saturday, 9pm — Bad Science Fiction. With guests. Experimental/noise/rock. $5. Sunday, 7pm — The Or/In/Terior. With the Rathiads. Indie/rock.
Wednesday, 9pm — Continuo & the Ko-Op. Featuring BTA. Hip-hop.
Oceanside Farmers’ Market: Pier View Way at Coast Hwy., Oceanside, 619-440-5027.
Thursday, 9pm — Lipstick N Leather. Metal/rock.
Oceanside Museum of Art: 704 Park View West, Oceanside, 760-435-3720.
Thursday, 7pm — The Sue Palmer Quintet. Jazz/swing. $10-$15.
On Broadway: 615 Broadway Ave., Downtown, 619-231-0011.
Saturday, 9pm — Mickey Avalon. With DJs Chachi and Kurch. Punk/rap/rock.
Onyx/Thind: 852 Fifth Ave., Downtown, 619-235-ONYX.
Saturday, 9pm — Roy Davis Jr. Electronic/hip-hop/techno. $10.
Friday, 9pm — Benchmark. Blues/country/rock. Free.
Saturday, 9pm — Misty and the Mobys. Covers/rock.

Wednesday, September 23
PLACMA 1 LAST NOVEMBER
Thursday, September 24
OPIUM BRIDE
Saturday, September 26
Deeper Purple

THE PAINS OF BEING PURE AT HEART

BY WILLIAM CRAN

Twenty-three years ago, the British music paper NME (New Musical Express) released C86 on cassette, featuring 22 songs by 22 new bands. Soon, music critics started using the term “C86” to describe other bands that featured un schooled voices singing simple melodies along with jangly or distorted guitar. In fact, if you track down the compilation today you might be surprised by how few of the songs really sound like that. Still, the term has come up often over the past couple of years in connection with New York bands like Crystal Stilts and Vivian Girls. But no New York band has done more to associate itself with the tradition than The Pains of Being Pure at Heart, who de scribe themselves on their website as being a cross between the Pastels and Black Tambourine. Both of those are relatively obscure reference points, but never mind. What’s really important is that nothing on the C86 tape, and precious few of the C86 inspired acts come along after it, have been anywhere near as good as The Pains of Being Pure at Heart.

POBPAH have the slightly tery male-fe male vocals and fuzzy guitars you might expect from seeing their list of influences. They hit all the bases of anglophilic indie pop, from the nerve up rockers about sunny days to the hazy bald lads set to a Phil Specter-by-way-of-the-Jesus- and Mary-Chain beat. Their lyrics also show the mix of childlike naïveté and dirty mindedness you might expect from their twee name. So far, predictable. But POBPAH’s powerful rhythm section and songwriting chops make them much more than a revival act. Their debut full-length is the best album I’ve heard this year.

Cymbals Eat Guitars and Depression Guild also perform.

THE PAINS OF BEING PURE AT HEART:
The Casbah, Monday, September 21, 8:30 p.m. $12 advance; $14 day of show. 619-232-4355.
**Patrick's II:** 428 F St., Downtown, 619-233-3077. Thursday, 9pm — 145th Street Deluxe Blues Band. Blues/funk.
Saturday, 9pm — Gino Matteo and Family Phunk. Blues/funk.
Sunday, 9pm — Dennis Jones. Blues/rock.

**Midnight Players:** 428 F St., Downtown, 619-233-3077. Friday, 9pm — The Big Mange Blues Band. Blues.
Saturday, 9pm — MoonDance. Blues.
Sunday, 9pm — The Burnsville Band. Blues.

**Pechanga Resort & Casino:** 45000 Pechanga Parkway, Temecula, 951-493-1819. Friday, 9pm — Train. Pop/rock. $55-$75.

**Cultural Center:** Queen Bee's Art and R&B/soul. $66-$91.
North Park, 619-255-5147.

**GT's Longboard Grill:** 4166 Garnet Ave., Pacific Beach, 619-270-4030. Friday, 9pm — Helicopter. Rock.
Saturday, 9pm — The Alternatives. Rock.

**Radio Room:** 3519 El Cajon Bl., North Park, 619-284-3323. Friday, 10pm — Barat-Zan. With the Mission Creeps, the Metronos, and DJ Mikey Ratt. Punk/rock. $5.
Saturday, 11pm — Second Wind (Magnolia): The Casbah, Monday, 9pm — Squirrelly Arts. Indie/rock. Friday, 9pm — The Casbah, Tuesday, 9pm — Sheryn Regis. Pop/rock.
Saturday, 9pm — The Casbah, Wednesday, 9pm — Kings of Spade. Blues/funk/rock.
Sunday, 9pm — The Casbah, Thursday, 9pm — Sheryn Regis. Pop/rock.


**Soda Glory:** 992 Palm Ave., Imperial Beach, 619-429-1120. Friday, 9pm — Bluefrog. Blues/rock.
Seaport Village: 849 West Harbor Dr., Downtown.
Serra Mesa-Kearny Mesa Branch Library: 596-8350.

**Cymbals Eat Guitars:** The Casbah, Monday, 8pm — Sheryn Regis. Pop/rock.
Saturday, 9pm — The Big Wheel. Rock.

**The Salty Frog:** 596-8350.

**The Red Parrot Lounge at Seaport Village:** Tokyo SWAT. Covers/rock. $15.
Ramona Mainstage Nightclub: 826 Main St., Ramona, 760-789-2088. Friday, 9pm — The Big Wheel. Stunt Show. With US Drag and Stunt Show. Cover/rock. $15.

**The Royal Diner:** 2949 San Luis Rey Blvd., Oceanside, 760-722-1911. Saturday, 9pm — MoonDance. Blues.

**Midway District, 619-226-7662.**

**The Salty Frog:** 992 Palm Ave., Imperial Beach, 619-429-1120. Friday, 9pm — Bluefrog. Blues/rock.
Seaport Village: 849 West Harbor Dr., Downtown.
Sunday, 9pm — The Rhythm Masters. Jazz/Free.
Monday, 9pm — Catapult. Rock.
Tuesday, 9pm — Sheryn Regis. Pop/rock. $5.
Wednesday, 7pm — Squirrelly Arts.
With guests. Metal/rock.

**Soda Glory:** 992 Palm Ave., Imperial Beach, 619-429-1120. Friday, 9pm — Bluefrog. Blues/rock.
Seaport Village: 849 West Harbor Dr., Downtown.
Sunday, 9pm — The Rhythm Masters. Jazz/Free.
Thursday, 9pm — One Theory. Metal/rock.
Monday, 9pm — Catapult. Rock.
Tuesday, 9pm — Sheryn Regis. Pop/rock. $5.
Wednesday, 7pm — Squirrelly Arts.
With guests. Metal/rock.

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Tuesday, 9pm — Sheryn Regis. Pop/rock. $5.
Wednesday, 7pm — Squirrelly Arts.
With guests. Metal/rock.
Gods of the Earth CD Review
by Michael Caldwell

The Sword doesn’t tinker with the formula they borrow from Black Sabbath, first used to create debut Age of Winters. Instead of trying to reinvent the metal wheel, the Austin-based quartet focuses on the details. That’s where the devil resides, and the group has once again enlisted him into their camp.

With mystical musings and precision riffs, Gods of the Earth plays like the soundtrack to classic Conan the Barbarian comics — crushing your enemies as they are driven before you and hearing the wails of their women! There is plenty of crushing, driving, and wailing to be found here, metal fan.

The album’s opening salvo, the instrumental “Sundering,” evokes a swirling dust storm as the horse approaches. Until the last track, the charge seldom abates. Not since early Iron Maiden has a group perfected such a ferocious gallop. Go to myspace.com/the sword and check out “Fire Lances of the Ancient Hyperzephyrians.” It’s a prime example of the Sword’s mad cavalry charge.

ARTIST: The Sword
ALBUM TITLE: Gods of the Earth

Never Too Old to Rock
Concert Review by Rebecca Marler

I saw AC/DC for the first time at the San Diego Sports Arena in the early ’70s and many times since. As a seasoned fan, I wasn’t sure what to expect at the arena Sunday night, September 6. Could AC/DC still deliver the rock-and-roll goods?

The Aussie act performed at the top of their game, with a dignity that comes from having done it for over 35 years. I spoke with many die-hard fans after the show who all agreed that this one was as great as it gets.

Angus Young was as exuberant as ever. Blistering guitar riffs held the nearly sold-out crowd in awe as AC/DC rocked the house with staple treasures such as “For Those About to Rock,” “Back in Black,” “Hells Bells,” “You Shook Me All Night Long,” as well as older favorites such as “The Jack,” “Whole Lotta Rosie,” and “Let There Be Rock.”

Singer Brian Johnson belted out the well-known lyrics, hitting most of the high notes, and for any that were missed, the audience gladly obliged by singing along.

All of us gray-haired saints can take heart. We’re getting older and older, but this AC/DC show was a reminder that we are in excellent company.
**UPCOMING SHOWS**

4thB: 345 B St., Downtown, 619-231-4433

September 25 — Old Crow Medicine Show.

September 26 — Angel y Kloriz.

October 10 — Rodrigo y Gabriela.

October 17 — Gogol Bordello.

November 6 — Enrique Bunbury.


September 26 — Adams Ave., Normal Heights.

December 13 — John Gorka.

October 24 — Tim Flannery.

November 28 — Ambrosia.

November 14 — The Ditty Bops.

October 30 — Tim Finnery.

November 6 — The Battlefield Band.

November 11 — Hot Buttered Rum.

November 14 — Peter Mulvey.

November 21 — Ambrosia.

November 28 — Po’ Girl.

December 4 — Tom Russell.

December 13 — John Gorka.


October 27 — The Deltime Bups.

October 25 — Cacht Curis.

October 30 — Tim Finnery.

November 6 — The Battlefield Band.

November 11 — Hot Buttered Rum.

November 14 — Peter Mulvey.

November 21 — Ambrosia.

November 28 — Po’ Girl.

December 4 — Tom Russell.

December 13 — John Gorka.

Athenaeum Music and Arts Library: 1008 Wall St., La Jolla, 653-4372.

September 28 — Robin Henkel.

October 5 — The Jazz Pigs.

October 19 — Joe Rathburn.

November 2 — Jaeyoung Lee Jazz Trio.

November 9 — Gregory Page.

Bar Pink: 3829 30th St., North Park, 619-366-7194.

September 24 — Sherman.

September 25 — Normandie.

September 26 — The Sun Alice Group.

October 1 — Brawley.

October 11 — The Quick & Easy Boys.

Belly Up Tavern: 143 South Cedars Ave., Solana Beach, 653-4372.

September 24 — Spin Doctors.

October 1 — The Jazz Pigs.

October 19 — Joe Rathburn.

September 24 — Jaeyoung Lee Jazz Trio.

October 25 — Normandie.

October 26 — The Sun Alice Group.

October 1 — Brawley.

October 11 — The Quick & Easy Boys.

October 12 — Pretty Lights.

October 19 — Our Lady Peace.

October 20 — Rob Mould.

October 21 — Grizzly Bear.

October 22 — Poncho Sanchez.

October 23 — Big Bad Voodoo Daddy.

October 25 — The Tragically Hip.

November 3 — The Nightmare Before Halloween.

November 4 — Dinosaurs Jr.

November 6 — The Aggrolites.

November 13 — Average White Band.

November 17 — Venice.

December 29 — Cracker and Camper Van Beethoven.

Birch North Park Theatre: 2891 University Ave., North Park, 619-239-8836.

October 30 — The Dirty Projectors.

February 27 — Arturo Sandoral.


September 25 — The Revolving Clocks.

September 26 — Lost Boys Reunited.

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Classes are held after school and meet one day a week.

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BY ROSS JUJEVICS

poetry, U-31 on Thursdays, and purple spandex with gold trim. Okay, maybe not the spandex, but the gold trim is a keeper. It’s all about knowing who you are, being comfortable with who you are, and expressing yourself authentically. That’s all swagger is. When you are honest with yourself, and being who you are, you become something that no one else can be.

Where does the title of the song come from? “Swagger Street” is really an expression. It’s not a geographic location. It’s that braggart presence that you find in music, the idea that as an artist you believe that you are the best. Regardless of what the Kama Sutra says, the best position is on top.

You guys came together to create this song. Who did what to write and record it?

We were working on different projects with Mag Flux/Pac 10. We wanted to do a side project to keep good music circulating while we worked on the second installment of Mag Flux/Pac 10. All the technical side in terms of beat production and audio engineering was done by Acromic. The lyrics as far as hooks and verses were done collectively between me and Acromic.

**Acromic**

**Mag Flux**
Navajo
8515 Navajo Road • 619-465-1730
(Albertsons shopping plaza at Navajo & Lake Murray)

Thursday, September 17
Pivrol Motion • Steel Foundation
Friday & Saturday, September 18 & 19 • 9 pm

Classic Rock
Serious Guise

Monday, September 21
Karaoke

Wednesday, September 23
Suspects in Crime Midnight

Santee
8528 Magnolia Avenue • 619-596-8350
(Corner of Prospect & Magnolia)

Thursday, September 17
Mike Got Spiked
Friday & Saturday, September 18 & 19 • 9 pm

Classic Rock
6 One 9

Sunday, September 20
Eternal Unborn

Monday, September 21
Karaoke

Tuesday, September 22
Shotty

Individual Destruction Sequence
Wednesday, September 23
Ruins Ov Abbadon • Damcyan
Squirrelly Arts • Bad Karma

Pool Tables • Dart Boards • Free Parking
Hot Spot & Lotto • Free WiFi Access
EYEGATE • OCTOBER 7
10-11 • CONCERT IN THE PARK
WEDNESDAY • OCTOBER 7
THE DAD鹡 SCIENCE
MYSTERY SHIP
— A Dull Science.
October 15 — Passion Pit.
October 16 — Yo La Tengo.
October 24 — Boys Like Girls.
October 27 — Hit the Lights.
November 4 — Thrice.
November 5 — The Dropkick Murphys.
November 11 — Attack Attack.
November 17 — Dashboard Confessional.
November 19 — Finch and Bless the Fall.
November 21 — The Whips.
December 19 — Sioson.
Valley View Casino: 16300 Nyemii Pass Rd., Valley Center, 619-843-9946.
September 28 — The Beach Boys.
October 3 — The Temptations and the Four Tops.
October 9 — REO Speedwagon.
Viejas Arena: 5510 Canyon Crest Dr., 619-445-3400.
October 3 — Brooks & Dunn.
October 30 — James Johnson and Rody House.
November 7 — Billy Currington.
November 14 — Buddy Guy.
December 12 — Tower of Power.
February 19 — David Sanborn.
San Diego Wine and Culinary Center: Thursday, 2:30-5:30 pm; $5 house wine, wells, $7 Christopher’s Cove, $10 domestic fish tacos. Thursday, 2:50-5:00 pm; $5 Miller Lite drafts, $10 Miller High Life buckets, $2 lunchbox shorts. Friday, 6:7-1:20 am; 2:30 domestic wells, $3 wells, $7 Happy Hours, P.O. Box 85803, San Diego, CA 92118, or visit call 619-231-0489, mail to Reader HAPPY HOURS, P.O. Box 85803, San Diego, CA 92118, or visit call 619-231-0489, mail to Reader

HOW TO SUBMIT A DRINK SPECIAL: Call 619-231-0489, and leave your name and phone number. You may also fax to 619-231-0489, mail to Reader HAP

Allied Gardens

Pal Joey’s: Sunday, 7pm-close: $1 shots.

Alpine

Alpine Inn: Monday-Friday, 3pm-8pm: $2.50 domestic beers, wine, special shots, wells, $5 - $7 Margaritas.

Balboa Park

The Prado: Monday-Friday, 3pm-8pm: $2.50 domestic beers, wine, special shots, wells, $5 - $7 Margaritas.

Barker’s Hill

Banker’s Hill

PD’s: Monday-Friday, 3pm-8pm: $2.50 domestic beers, wine, special shots, wells, $5 - $7 Margaritas.

Bayside

Washington Bar & Café: Monday-Tuesday, 9pm-2am: 1/2-off all drinks. $16 domestic $18 specialty cocktails.

Bay Park

Shoreline Rootz: Monday-Friday, 3pm-7pm: $1 off all drinks, $1 off all drinks. $16 domestic $18 specialty cocktails.

Café on the Park

Courtyard by Marriott: Every day, 11am-6pm: $2 domestic, $3 premium, beer, $4 wells. $10 all day, all drinks. $16 domestic, $18 specialty cocktails.

CARLSBAD

Boar Cross’n: Monday-Friday, 3pm-7pm: $1 off all drinks, $1 off all drinks. $16 domestic $18 specialty cocktails.

Carlsbad

Shoreline Rootz: Monday-Friday, 3pm-7pm: $1 off all drinks, $1 off all drinks. $16 domestic $18 specialty cocktails.

Castroville

Patio Del Monte: Monday-Friday, 4pm-8pm: $1.75 domestic, $2.25 select premium, $3.50 specialty, beer, wine, $4 all drinks.

Chula Vista

Zephyr: Monday-Friday, 4pm-8pm: $1.75 domestic, $2.25 select premium, $3.50 specialty, beer, wine, $4 all drinks.

COMMUNITY

Depew

Smashisizaya: Monday-Friday, 4pm-8pm: 1/2-off all drinks. $16 domestic $18 specialty cocktails.

Downtown

Ari Ristorante: Every day, 3pm-7pm: 1/2-off all drinks. $16 domestic $18 specialty cocktails.

Downtown

Bandar Fine Persian Cuisine: Friday, 6pm pomegranate martini. Saturday, 6pm cosmos.

Downtown

Basic Urban Kitchen and Bar: Monday-Friday, 4pm-8pm: $1.75 domestic, $2.25 select premium, $3.50 specialty, beer, wine, $4 all drinks.

Candles

Every day, 4pm-7pm: All drinks 1/2-price.

Downtown Johnny Brown’s: Monday-Friday, 4pm-8pm: $1.75 domestic, $2.25 select premium, $3.50 specialty, beer, wine, $4 all drinks.

East Village Tavern and Bowl: Monday-Thursdays, 4pm-8pm: $1.75 domestic, $2.25 select premium, $3.50 specialty, beer, wine, $4 all drinks.

Ft. Point

Mayfair: Monday-Friday, 4pm-8pm: $1.75 domestic, $2.25 select premium, $3.50 specialty, beer, wine, $4 all drinks.

Gaslamp Tavern: Monday-Friday, 4pm-8pm: $1.75 domestic, $2.25 select premium, $3.50 specialty, beer, wine, $4 all drinks.

La Gran Tapas: Tuesday-Saturday, 4pm-8pm: $1.75 domestic, $2.25 select premium, $3.50 specialty, beer, wine, $4 all drinks.

La Hadas Bar & Grill: Monday-Saturday, 11am-9pm: $1.75 domestic, $2.25 select premium, $3.50 specialty, beer, wine, $4 all drinks.

Jewel Box: Monday, $12 PBR drafts. Wednesday, 6pm-8pm: $1.75 domestic, $2.25 select premium, $3.50 specialty, beer, wine, $4 all drinks.

King Strauss Brewing Company: Monday-Friday, 4pm-8pm: $1.75 domestic, $2.25 select premium, $3.50 specialty, beer, wine, $4 all drinks.

La Fiesta: Every day, 4pm-7pm: 1/2-price cocktails, wells, taps, beers, house wine, house margaritas. 1/2-priced appetizers: ceviche, nachos, chicken pizza, tacos.

The Local: Monday, 4pm-close: $1 Bud Light, Miller Lite. $6 burgers. Tuesday, 4pm-close: $3 Corona, Pacifico, Dos Equis. $2.50 chicken/street tacos. Thursday, 4pm-close: $3 Corona, Pacifico, Dos Equis. $2.50 chicken/street tacos. Thursday, 4pm-close: $4.50 Bud Light/Coco Light pitchers. $1 off all beer, wine. Saturday, 1pm-midnight: $4.50 Bud Light/Coco Light pitchers. $1 off all beer, wine.

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**OCEAN BEACH**

*Blue Parrot:* Monday-Friday, 2-6pm: $2 off glass of wine, $3 margaritas, $2.50 tacos, $2.50 nachos. Saturday, 3pm-5pm: $2.50 mimosas. $2.75 screwdrivers, tequila sunshine, greyhounds.

*Dream Street Live:* Tuesday-Saturday, 4-6pm: $2 wells, domestic pits, $4 Guinness pits.

*Winestems:* Monday-Saturday, 1-8pm: $3.50 wines. $1 off all beer/wine.

**WINE COUNTRY**

*Harney Sushi:* Every day, 5-7pm: $3 beers, $4 wine, 20% off appetizers.

*Hana Japanese Restaurant:* Every day, 4pm-7pm: $3 beer, $4 wine, 20% off specialty cocktails.

*Pierview Pub/Bub's Whiskey Miums:* Every day, 5-7pm: $3 house wines.

*The Aussie Pub:* Wednesday-Sunday, 11am-2am: $3 wells, microbrews, $3 house wine. $5 domestic pints, $7.95 pitcher.

*The Turquoise, Café-Bar Europat:* Thursday-Sunday, 5-7pm: $3 wells, $4.75 well martinis.

**PIERVIEW PUB**

*Gallop:* Monday-Saturday, 8pm-1am: $3 well shot, $4 Jäger bombs.

**PALEO**

*Dream Street Live:* Monday-Friday, 11am-2am: $3 well mixers, $3 house wines.

**OCEAN DEEP**

*太平洋:* Monday-Saturday, 4-8pm: $2.50 domestic drafts, $3 well mixers.

*The Australian Pub:* Monday-Saturday, 4-8pm: $2.50 domestic drafts.

*The Flying Bridge:* Monday-Saturday, 4-8pm: $2.50 domestic drafts, $3 well mixers.

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THE READER

THURSDAYS, 7:30PM FRIDAYS, RACE, VISTA. 760-724-2110. 7:30PM MOONLIGHT AMPHITHEATRE IN BERMER season, Moonlight Amphitheatre, through November 8. 8PM TUESDAYS, 1:45PM WEDNESDAYS, 1:45PM SATURDAYS, 1:45PM AND SUNDAYS, 1:45PM AND.

THE ANDREWS BROTHERS

With Resorts Theatre presents Roger Bean's musical about a USO in WWII where the top acts (including the "Andrews Sisters") fail to show, and a trio of "backstage buffoons" must save the day. In Elsinore, Steve Rankin's fight choreography, usually an ally, has actors make tentative threats and parries, as if careful not to do harm. Darío Trenejak, an always inventive director, devised some remarkable overlapping battles and their consequences appear as if coming from the mind of Coriolanus's domineering mother, Volumnia. In Trenejak's insightful reading, the gods answer her prayers, but in the extreme. Celeste Ciulla's haunted Volumnia watches nightmares unfolded as if staring into a furnace. (Note: Coriolanus runs in repertory at the Festival Stage.)

Cyrano de Bergerac

Okay, it's a long show — over three hours — but Darío Trenejak's staging and Patrick Page's commanding performance make the time fly. Everyone probably knows his nose and how Cyrano became the 17th century equivalent of a "Renaissance Man," skilled and courageous in all things save his heart's desire. One of the fascinating aspects of Page's performance: where most Cyrano accentuate the positive — the panache, the swashbuckling, the Disney of it all — Page faces the rift in the man head on. He admirably walks his own path but pays for being an absolute outsider (in a strange way, the hyperboreal, romantic Cyrano resembles Shakespeare's Coriolanus, who also excels at war and walks himself from intimacy.) And the witty Roxane (a terrific Dana Green) pays as well. The Old Globe production unfolds like a puppet. Anna R. Oliver's splendid period outfits dazzle the eye, and Christopher R. Walker's sound merits special mention. When Page whispers, every word is clear. (Note: Cyrano runs in repertory at the Festival Stage.)

Coriolanus

Legend has it that Shakespeare's wheel flower unspooled from mind to pen to paper. Coriolanus, an early Roman warrior, had the same ability. In Shakespeare it's a gift, in Coriolanus a curse, since he cannot be other than himself. Greg Derrilian's Coriolanus at the Old Globe. Though he has an amazing habit of delivering most speeches as HEADLINES, his close-cropped hair and snarler give him instant stature in the modern-dress (circa 1930) production. He could trounce anyone else on stage, which is a problem since stronger opponents would have made him the Roman, who fights "dragon-like," even stronger (Steve Rankin's fight choreography, usually an ally, has actors make tentative threats and parries, as if careful not to do harm). Darío Trenejak, an always inventive director, devised some some remarkable overlapping battles and their consequences appear as if coming from the mind of Coriolanus's domineering mother, Volumnia. In Trenejak's insightful reading, the gods answer her prayers, but in the extreme. Celeste Ciulla's haunted Volumnia watches nightmares unfolded as if staring into a furnace. (Note: Coriolanus runs in repertory at the Festival Stage.)

A CRITIC'S CHOICE

"A stylish and madly inspired comedy." 
San Diego Union-Tribune

THE WELK RESORTS THEATRE PRESENTS

"Cyrano de Bergerac"

Directed by Darko Tresnjak

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Hamlet

For its 13th annual Free Shakespeare Production, the Coronado Playhouse stages the Bard’s tragedy of delay and revenge.

CORONADO PLAYHOUSE, 1835 PACIFIC BEACH. 858-481-1055. 8PM THURSDAYS, 8PM FRIDAYS, 8PM SATURDAYS, 2PM AND 7PM SUNDAYS, THROUGH SEPTEMBER 19.

The Taming of the Shrew

Patio Playhouse gives Shakespeare’s comedy an updated version, in which “Kate gets a Mad Men treatment.” Christa Sherman directed.

PATIO PLAYHOUSE, 201 EAST GRAND AVE., DOWNTOWN. 619-235-5555. 8PM THURSDAYS, 8PM FRIDAYS, 8PM SATURDAYS, 2PM AND 7PM SUNDAYS, THROUGH SEPTEMBER 26.

Sealed for Freshness

O’shoflache presents Doug Stone’s comedy about a Tupperware party gone awry when five Midwestern housewives “want their party gone awry.”

ONSTAGE PLAYHOUSE, 291 THIRD AVE., CHULA VISTA. 619-422-7787. 8PM THURSDAYS, 8PM FRIDAYS, 8PM SATURDAYS, 3:30PM AND 8PM SATURDAYS, THROUGH SEPTEMBER 12.

The Sorrows of Sophia

PowPAC presents Barbara Seagren’s melodrama, with “good versus evil running in a Wild West showdown, during which audiences are free to ‘hoot and holler.’”

POWPAC, POWAY’S COMMUNITY THEATER, 12205 DEER RUN RD., POWAY. 858-679-8085. 7PM FRIDAYS, 7PM SATURDAYS, 4:30PM AND 8PM SUNDAYS, THROUGH SEPTEMBER 19.

Speed-the-Plow

The comedy an updated version, in which “Mamet’s scathing critique of commercial Hollywood. After years in the cubicles, Gould is now head of production and must make a choice: green-light the prison-buddy buddy moneymaker or the “arty” novel about radiation saving the world. The choice reveals Gould’s soul, or lack thereof. Although the Lion Theatre’s opening night had yet to internalize Mamet’s precise/compressionistic dialogue completely, the cast showed every sign they will. Claudia Ragno (especially when leaning humpbacked on the desk) adds Richard Nixon notes to his stark portrayal of Gould, the promoted-promoter. Though a little too harried in her early scenes, Sara Beth Morgan nicely unveils the motives behind Karen’s “naiveté.” And as Charlie Fox, Gould’s stogie for 11 years, Matt Scott does some of his best work. Almost every word combines kiss-fawning with four-alarm rage.

Worlds a Few

SUDDEN PERFORMANCE & VISUAL ARTS, 301 11TH AVE., DOWNTOWN. 619-235-5555. 8PM FRIDAYS, 8PM SATURDAYS, 3:30PM AND 8PM SUNDAYS, THROUGH SEPTEMBER 19.

The Housewives

In this rock musical comedy, three “young moms get their humble ‘dud’ start at the PTA talent show” and become a hit “domestic rock band.”

LAMB’S PLAYERS THEATRE, 1142 ORTIZ ST., MISSION HILLS. 619-295-4999. 7:30PM THURSDAY, 8PM FRIDAYS, 4PM AND 8PM SATURDAYS, 2PM SUNDAY, THROUGH OCTOBER 3.

What do you really want?

NVA presents the Regional Premiere of Things We Want by Jonathan Marc Sherman directed by Lisa Berger

NEW VILLAGE ARTS, 930 11TH AVE., DOWNTOWN. 619-432-4747. 8PM FRIDAYS, 8PM SATURDAYS, 2PM SUNDAYS, THROUGH OCTOBER 26.

The Sorrows of Sophia presents Barbara Seagren’s melodrama, with “good versus evil running in a Wild West showdown, during which audiences are free to ‘hoot and holler.’”

POWPAC, POWAY’S COMMUNITY THEATER, 12205 DEER RUN RD., POWAY. 858-679-8085. 7PM FRIDAYS, 7PM SATURDAYS, 4:30PM AND 8PM SUNDAYS, THROUGH SEPTEMBER 19.

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The comedy an updated version, in which “Mamet’s scathing critique of commercial Hollywood. After years in the cubicles, Gould is now head of production and must make a choice: green-light the prison-buddy buddy moneymaker or the “arty” novel about radiation saving the world. The choice reveals Gould’s soul, or lack thereof. Although the Lion Theatre’s opening night had yet to internalize Mamet’s precise/compressionistic dialogue completely, the cast showed every sign they will. Claudia Ragno (especially when leaning humpbacked on the desk) adds Richard Nixon notes to his stark portrayal of Gould, the promoted-promoter. Though a little too harried in her early scenes, Sara Beth Morgan nicely unveils the motives behind Karen’s “naiveté.” And as Charlie Fox, Gould’s stogie for 11 years, Matt Scott does some of his best work. Almost every word combines kiss-fawning with four-alarm rage.

Worlds a Few

SUDDEN PERFORMANCE & VISUAL ARTS, 301 11TH AVE., DOWNTOWN. 619-235-5555. 8PM FRIDAYS, 8PM SATURDAYS, 3:30PM AND 8PM SUNDAYS, THROUGH SEPTEMBER 19.

The Sorrows of Sophia presents Barbara Seagren’s melodrama, with “good versus evil running in a Wild West showdown, during which audiences are free to ‘hoot and holler.’”

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the suspect was described as a Hispanic
male in his 20s with a shaved head and wearing
a dark blue shirt and baggy jeans. Police radio reported
that there was at least one resident who was hid-
ing and “...lying on the floor next to the bed”
minutes after the reported break-in, offi-
cers were able to catch up to the man two blocks
away on Salem Court.

By Nathaniel Uy, 9/12

Downtown San Diego —
Police searched the Santa Fe train depot for a miss-
ing person on Friday night, September 11. They were
looking for an Orange County woman who had
been reported missing ear-
lier that day. Police
described her as a 36-year-
old Asian female, about
five feet, four inches tall, named Annie.

Shortly after 9:15 p.m.,
four San Diego police units
arrived at the Santa Fe
train station on Kettner
Boulevard near Broadway.
“We received a ping
from her cell phone from
a nearby cell tower,” said
a police officer, “and she
might still be in the area.”
One of the ticket clerks
told the officer, “The last
Amtrak train left at 9:15
p.m., but there was a 10:00
p.m. bus to Bakersfield
and a Coaster train to
Oceanside after the Padres
baseball game.... The Pacific
Surfliner route is unre-
served, so even if she was
on one of our trains it may
not show on a specific one
if she purchased her ticket
in advance.”

By Steve Horvath, 9/13

Cardiff — At about 7:15
p.m., Wednesday, Sep-
tember 9, San Diego
sheriff’s deputies, para-
medics, and other emer-
gency personnel responded
to a 911 call about a per-
son struck by a train two

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miles north of the Solana Beach station. A 55-year-old man reportedly stepped in front of the southbound Amtrak train.

According to the San Diego County medical examiner’s report, “The decedent was identified as Rodrick Loren Jones... who resided with friends in Cardiff-by-the-Sea. On the night of 09/09/09, he walked down to the train tracks near the 100 block of Liverpool Drive. He was witnessed to stand on the tracks of an on-coming train. Upon paramedic’s arrival, death was confirmed. The manner of death was listed as suicide, and the cause of death was multiple blunt force trauma.”

After the sheriff’s department completed its investigation, it released the Amtrak train from the scene. The train from Santa Barbara continued on to San Diego, where it arrived over two hours late.

By T.B. Weipert, 9/13

No Trucks  
Point Loma — Nearly 200 residents packed the Point Loma Library on the evening of September 9 to discuss a city-approved methane-gas-recycling project.

The project, slated to begin in 2010, involves the trucking of compressed natural gas from the Point Loma Wastewater Facility to two other sites, where it would be utilized to supply renewable energy. The 45-foot, 38-ton trucks would travel along residential surface streets (Catalina and Chatsworth boulevards, as well as Rosecrans Street) six times per night, seven days a week, between the hours of 10:00 p.m. and 6:00 a.m.

District two councilman Kevin Faulconer, who hosted the meeting, began by announcing a new development: SDG&E and Biofuels Energy, the private company heading the project, have agreed to examine the possibility of injecting the gas directly into SDG&E’s existing fuel lines instead of transporting the gas.

Faulconer credited Point Loma residents for the recent turn of events. “We wouldn’t have gotten there without community support — a lot of pressure, a lot of pushing,” he said. John Pedersen, a resident who went door to door for weeks to raise the $55 cap on all 4g eights.

continued on page 118

A TYPICAL STONER

DAVE WAS DIAGNOSED WITH CLINICAL ANXIETY

He’s a regular user of medical marijuana. After an unsuccessful bout with anti-depressants, he found that medical marijuana helps with panic attacks, anxiety, heart palpitations, and stress. Now Dave comes to work rested and relaxed, and his symptoms are under control.

Dave never thought he was the type of person who would use marijuana as medicine, until he did - and realized that MARIJUANA WORKS.

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 aware of the trucking issue, stood before the crowd and voiced his concerns. “If there is an accident that explodes the truck, it has the potential to take out a square mile of homes.”

The analysis to determine the impact of injecting the methane gas directly into SDG&E’s fuel lines is expected to take about two months.

By Cindy Winslow, 9/11

**Monopoly Money**

Downtown San Diego —

Looking to patch the cracks in California’s state budget, legislators look to take funds from cities’ redevelopment agencies as temporary filler. Statewide, more than $1.3 billion will be transferred from redevelopment accounts to state government coffers. For San Diego redevelopment agencies, that translates to a $55 million money grab.

At the September 10 Budget and Finance Committee meeting, Janice Weinrick, deputy director of the San Diego Redevelopment Agency and board member for the California Redevelopment Association, told the five committee members that the board plans to file a lawsuit to prevent the transfer of those funds. However, that lawsuit could take years to develop.

In the meantime, the city’s redevelopment agencies will be digging into their pockets and shelling out cash. For Centre City Development Corporation that means $40 million, for the city’s Redevelopment Division it’s around $13 million, and for the Southeastern Redevelopment Corporation, they’ll have $2 million less spending cash.

By Cindy Winslow, 9/11

**Burrito Money**

Mira Mesa —

A robbery occurred at Roberto’s Taco shop on the corner of Black Mountain Road and Mira Mesa Boulevard at around
11:55 p.m. on Tuesday, September 8. Two men reportedly went inside the store wearing white bandanas and threatened employees with a knife as they robbed the store of cash. Police reported to the scene to discover that the perpetrators had fled eastbound from the back of the store.

As units in the area were on alert, dispatch relayed additional description of the suspects over police radio — one suspect was wearing a gray shirt and the other a blue shirt. An officer who was at the scene of the incident added, "Both had black baseball caps." No other descriptions of the suspects were issued.

Authorities searched for the two men on Hillery Drive from Black Mountain Road and all the way east near Maya Linda Road. They searched nearby shopping-center parking lots, including the area surrounding Edwards Cinemas, but came up empty-handed.

By Nathaniel Uy, 9/10

Top Contestants
Chula Vista — The results have been tallied and the city council has spoken — through a two-paragraph press release dated September 9. The top three finalists to replace councilmember John McCann during his yearlong deployment to Iraq are planning commission member Mitch Thompson, contractor Kevin O’Neill, and former interim port commissioner William Hall.

"I didn’t know they were releasing the names, but I did expect them to do so hastily. This isn’t a surprise," says Ed Herrera, president of the Chula Vista Civic Association and McCann supporter.

Ever since the council decided to fill McCann’s

continued on page 110
Vista councilmember.
By Dorian Hargrove, 9/10

H1N1 Takes Another One
Tijuana — According to Frontera newspaper, a 27-year-old elementary schoolteacher who was teaching at a school in Las Playas contracted the swine flu virus on around August 25 and two weeks later died of complications.

The teacher was hospitalized at the time of his death. He was teaching classes when he first exhibited symptoms and was told by the school’s administration to stay home as a matter of policy. It was confirmed during his hospitalization that he had contracted the H1N1 flu virus; however, his death has been attributed to the pneumonia that developed as a complication.

By T.B. Brandt, 9/10

Shot in the Dark
Imperial Beach — Shortly before 5:00 a.m. on Tuesday morning, September 8, shots rang out at the Imperial Sands Mobile Home Park. Lupe F., who has lived in the park for 30 years, was getting ready for work and heard some loud bangs but wasn’t concerned until she “saw more cops than I’ve ever seen in my life” descend on her neighbor’s green trailer in the 1800 block of Cathy Street.

Her neighbor’s son and friend had returned home, and, according to SDPD Lt. Ernest Herbert, as the friend exited the vehicle, “two male Hispanics came out of the shadows of the buildings and both shot the victim.”

A neighbor reported hearing five gunshots and then the sounds of a car peeling out, possibly a red Honda that was seen by another resident prowling the small streets before the incident. “Everybody here knows each other,” he said.

The victim, possibly in his 30s and not a resident of the park, died at the scene, and neighbors said their children had to walk by the body on their way to the bus stop.

By Peter C. Salisbury, 9/8

Mayor Just Says No
Downtown San Diego — On September 8, the city council met to discuss forming a medical marijuana task force. All sides were represented except for the City’s Development Services Department, and Mayor Jerry Sanders’s office.

Tuesday’s meeting wasn’t the first time Mayor Sanders blew off talks about forming a medical marijuana task force. On July 29, when the Public Safety and Neighborhood Services committee discussed creating a task force to establish land-use guidelines for dispensaries to operate under, a member of Mayor Sanders’s staff informed the committee that no representatives from the mayor’s office or any department under his authority would participate.

“It seems rather odd that the police department wouldn’t be here to answer questions and support this undertaking,” said councilmember Carl DeMaio from the dais during the September 8 city council meeting.

After public testimony was given, the council voted in favor of creating a medical marijuana task force. Council president Ben Hueso was absent, and councilmember DeMaio opposed the measure.

Nominees for the 11-person medical marijuana task force comprised medical marijuana patients, community planners, legal professionals, and dispensary owners. The final task force will be selected by each council district.

By Dorian Hargrove, 9/9

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110 San Diego Reader • September 17, 2009
Alchemy doesn’t turn lead into gold, but its kitchen does turn good ingredients into palate-pleasers.

Open seven months and well populated since Day One, it was bound to be a hit, given all the starving grown children of South Park. It’s only the third sophisticated restaurant along the whole 30th/Fern Street corridor from Switzer Canyon (dividing North from South Park) down to the concrete banks of the MLK freeway. It’s also, to my palate, the top choice. Given the automatic clientele, the food is delightfully better than it has to be—paraphrasing the old Lovin’ Spoonful hit, “You didn’t have to be so nice, we would have loved you anyway.” You sense a bohemian, multi-culti idealism built into the operation here, not solely a raw profit motive — that’s the South Park spirit!

Co-owners and former school friends Matt Thomas and Ron Troyamo started renovating the building (a few steps south of well-known Hamilton’s Bar) long before the restaurant opened but were foiled by a fire that gutted the property. They resumed and persevered, finally opening last February. The room is bright and golden-toned from all the wood, with local artists’ paintings on the walls and a huge “tree” sculpture dominating the dining room. But with uncarpeted floors, unoiled tables, and ambient music played loud, noise bounces around the hard surfaces. Looks great, sounds raucous, getting worse as the night progresses.

The only 24/7 restaurant in Downtown San Diego’s South Park neighborhood, Alchemy offers small bites to substantial tapas, with a few full-size entrées and token desserts. “No fries for you this time, young lady,” I warned the liquor-licenced waiter. “Too many other interesting items to try.” Mark and tall, dark, Scottish Sue completed the group. We began with a couple of tiny plates called “Snacks.” Melitzana Salata (eggplant tapa) and Calamari de Cadiz (oyster “gazpacho” market-fresh vegetable lasagna; crispy Jidori chicken) were novices, to my surprise, and they were thrilled, scooping up so much sauce we needed to order extra bread. (“You must eat tapas in PB at Costa Brava,” I told them. “You’ve been missing a great cuisine. And the owner is charming and major cute, too.”)

Seasoned local chef Ricardo Heredia worked on the menu with a consulting chef from a chic New York restaurant. The food is light, healthy, sophisticated, designed for the fun of sharing among friends or feeding a happy singleton at the bar. Irene, smart server/ sommelier from the late Better Half (for anonymity, I ate there on her night off), has been the house manager since opening, which may be why service seems more professional than at other idealistic restaurants on both sides of the canyon.

The menu consists mainly of grazes, ranging from small bites to substantial tapas, with a few full-size entrées and token desserts. “No fries for you this time, young lady,” I warned the liquor-licenced waiter. “Too many other interesting items to try.” Mark and tall, dark, Scottish Sue completed the group. We began with a couple of tiny plates called “Snacks.” Melitzana Salata (eggplant tapa) with lavash bread was minuscule but lavish in flavor — tender eggplant and puffs of salty cheese (tasted like feta, could be ricotta or robiola) atop a gorgeous little salsa of ripe, fresh tomato chunks in herbed olive oil alongside to spread on torn-off pieces of lavash bread. Only problem: no spoon! Eggplant lovers may want one portion per person; I could have made a meal of this dish. Even so, it was eclipsed by winey-sweet piquillo peppers (a flavorful Spanish variety roasted over wood, available canned) stuffed with tender shreds of heritage Berkshire pork — a real “ta-da!” number.

Larger grazes are called “Smalls.” The plate of oysters and white gazpacho is small indeed, just two little farm-raised oysters from Carlsbad. They were rich and sweet — sweetened further by a scattering of champagne grapes, a fresh, clever combination. They came with a shot glass of strange, pale, salty liquid with more grapes atop — unidentifiable and odd. I suspect last winter’s green gazpacho (tomatillos) was more rewarding, but I’m a sucker for any oysters this impeccably fresh.

It’s also a treat to find un-fried calamari, a species adaptable to numerous creations, of which trendy frying is the least exciting. Calamari de Cadiz features juicy tender rings and tentacles in a mini-casserole with country ham, white wine, and saffron butter, with lemon pugliese bread for dipping. Our table did a lot of dipping. And dipped even more into the sauce for gambas al ajillo, a classic Spanish tapa of shrimp served in a cast-iron mini-skillet with a sauce of olive oil, garlic, and pa-ricka.  For Spanish-food veterans Sue and I, it was a good, ordinary rendition. But Lynne and Mark were novices, to my surprise, and they were thrilled, scooping up so much sauce we needed to order extra bread. (“You must eat tapas in PB at Costa Brava,” I told them. “You’ve been missing a great cuisine. And the owner is charming and major cute, too.”)

Ceviche of minced fresh local sea bass was pleasing but ordinary, despite some elusive pickled mango supposedly hidden in there and (better...
yet) delicious toasted coriander seeds.street all around. Long, faintly sweet strips of ripe
cripped plantain served alongside—thick disc of corn kernels sur-
rounded by avocado and cucumber slices—was mildly disappointing, corn
sweet, but needing a zestier dressing with more acidity or piquancy.
After another scorching day, the night was as warm and hu-
imid as New Orleans (cooking "swamp magnolia under moonlight"—if only!) and we
needed a lightly cold bottle of white to refresh bodies and
souls. The wine list comes in a
rim. "Never thought lasagna could
be so light," said Lynne happily."I never thought lasagna could
be so light, " said Lynne happily.

The essence of balmy late sum-
mer entrées. Based on del-
cious toasted coriander


summer entrées. Based on del-
crate, fresh-made thin pasta, it
included baby spinach, roasted
crémé mushrooms, and grilled
eggplant, plus ricotta and fresh
mozzarella, basil, and fresh
tomato sauce. Grilling the egg-
plant made it firm-tender,
avoiding the oiliness of the
sauteed vegetable. Ditto, roast-
ing the mushrooms. With these
firm-tender textures, meat was
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The Real Middle East Deal

“I used to make these for foreign diplomats in Ankara, the capital of Turkey.”

R uss? “Yup.” “It’s me. I’m in El Cajon.” I’m calling on my first-ever cell phone. Hate the end of freedom. But now I need this thing.

“That Dubai restaurant you were crazy about? It’s closed! I need another place. Hungry. Hour to the last bus!”

Russ is my man in El Cajon. Like me, he’s gotten himself hooked on Middle Eastern food, the kebobs, the rice, the Arabian tea, the well, the ceremony. And El Cajon has turned into Middle East Central, foodwise.

“Sorry. You’re on your own, man,” Russ says, “I don’t know what’s down that end.”

So I head west, back along East Main. Find Italian, Greek, hot dog, but no Middle Eastern. Getting dark. Just about to give up when I notice a country and western—looking place. A big new banner says: “Palms Family Restaurant.”

Hmm... The palm trees on the sign look Arabian. Worth a look-see. I walk up onto the veranda and in through the swing door. Whoa. Biig room. Lots of round tables. First two are filled with middle-aged Middle Eastern men playing cards. I cross a door that says “Midnight Cafe,” pass six foot-high photos of 1920s downtown Los Angeles and Marilyn with her skirt blowing up. Must be hangovers from the last incarnation. A flat-screen shows Iftar TV — Middle Eastern music videos.

“You know we serve only Arabic food here, Middle Eastern?” says this well-dressed guy, struggling with his English, as I start to sit down at one of the way-big tables.

“No problem,” I say, and wait for him to bring a menu. But “we don’t have any yet,” he says. “I don’t know what’s down that end.”

As he struggles to make himself understood, I get a little thrill inside. Think I’ve stumbled across the real thing here. Not a Middle Eastern showcase for westerners, but a meeting place for the locals — Iraqis, Kurds, Syrians.

Naturally, I can’t decide, so they decide for me. Plate of two beef shish kebab and shawarma on yellow rice ($11, and I could’ve had four kebabs for the same price), I ask for tea, Arab-style — that is, in a glass cup, no milk, with a sugar-shaker to up-end it into.

More people are coming in. Men, that is. Can’t tell if they’re speaking Arabic or Aramaic or what. The first nice surprise is an appetizer dish that comes with the meal: a little gold-rimmed plate, divided into four, with hummus (chickpea-and-lemon-juice mash), baba ghanoush (mashed roasted eggplant dish with tahini — sesame seed paste — olive oil, lemon, and garlic), tabouleh (a micro-chopped parsley, bulgur wheat, mint, and tomato mini-salad — “de-lish”), and the most luscious of all, eggplant salad, which is more like sauteed eggplant strips with red bell peppers. Two hot pita breads steam away in a basket, ready to be ripped and gripped around the appetizers.

Wow. Now the well-dressed waiter brings over a beautiful — and big — square china plate loaded with the two kebabs and a sea of shawarma strips loaded on a pile of yellow rice. Sour, pickled, curried cauliflower, tomato, onions, parsley, and slices of lemon sit around the rim. Wisest thing I do is twist the lemon slices over the rice and meat, ’cause, oh man. What flavors. The shawarma is the best, but those kebabs really fill out the vacant spaces.

“They have excellent appetizers here, like the eggplant and tabouleh,” says Jimmy, who’s Iraqi Chaldean, from Baghdad.

He’s at the next table with his friend Sam, also Chaldean. “Everything’s fresh. And have you seen the kitchen? Clean.”

“They’re the best in El Cajon,” says Sam. And Sam ought to know. He and his son have been running a restaurant themselves, nearer downtown El Cajon, for ten years. “These people only opened a month ago,” he says. “That’s why they don’t have a menu yet.”

Whew. Now I’m outside. Full moon gleams down from above the “Palms” sign. I think back to poor Dubai. Then I remember the place next to it. Baklava place. Sultan Baklava. And, hey, still 20 minutes till that last 815 bus... dessert!

Two minutes later, I’m inside this little palace of baklavas, and this guy Saban is showing me around his display of golden treats. Noodle flour with cream pistachios, showing me around his display of golden treats. Noodle flour with cream pistachios, traditional Turkish with green pistachio... all $1.50–$2 each.

I end up trying one of his own inventions, “country-style,” with chocolate and pistachios. Not drippingly sweet, which is good. And that flaky phyllo-dough pastry... oh, man. Little chunk of pink Turkish Delight on the side. I used to make these for foreign diplomats in Ankara, the capital of Turkey.”

Sultan Baklava, 131 Jamacha Road, El Cajon, 619-440-1901

The Place: Palms Family Restaurant, 1255 East Main Street (in Main Street Village), El Cajon
Type of Food: Middle Eastern
Prices: (menu not yet fixed) Shawarma sandwich, $6; kebab sandwich, $6; appetizer plate (including tabouleh, hummus, baba ghanoush, olives), $5; four-kebab entrée with rice, veggies, $11; shawarma with sides, $11
Hours: 5:00–11:00 p.m., daily

The Place: Sultan Baklava, 131 Jamacha Road, El Cajon, 619-440-1901
Type of Food: Middle Eastern deserts
Prices: Most baklavas from $1.50–$2
Hours: 10:00 a.m.–9:00 p.m., daily

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Shabon
RESTAURANT LISTINGS

A complete searchable list of over 609 restaurants is available online at SanDiegoReader.com. Price estimates are based on the latest information available for a midrange entrée. Inexpensive: below $10; moderate: $10 to $19; expensive: $20 to $29; very expensive: more than $30.

Alpine

Mediterraneo 1347 Tavern Rd., Alpine, 619-445-9992. Tasteful, ambitious little trattoria with scenic patio dining. The price is outstanding with airy, silken croutons. Entrées change with the seasons. Desserts are big and sweet. Expensive.

Baja

From the United States use the prefix 011-52 when calling Mexico.

Big Boy Restaurant Boulevard Alegre Calleton 10092, Tijuana, 664-634-3780. Besides having excellent Mexican-American food and big gringo breakfasts this Big Boy knock-off does a cross-section of Baja big shot. Open 24 hours. Inexpensive.

La Espadana Avenida Sanchez Taboada #10813, Tijuana, 664-634-1488. This place does great oven-cooked leg of lamb, tasting like vine, garlic, and herbs, but the owners insist it’s just Tex-Mex lamb baked slowly in its juice with oregano. Terrific flame-grilled beefsteaks, too. Moderate.

Mercado Sobre Ruedas Colonia Lucero Blanco (from Tijuana, on roll road, take first Rosarito exit; turn left at third), Rosarito. This huge flea market materializes every Sunday (mornig to mid-afternoon); food booths offer a carnival of authentic dishes like barbequed mutton, savory Jalisco-style goat stew, street tacos. Rock-bottom prices; cash only.

El Rincon del Oso Mercado Hilisboa, Calle Victoria 447, Tijuana. Kid for breakfast! You scoop the juices and meat into a hot corn tortilla, adding cilantro, lime, grated onions, and a splash of salsa. It’s meaty, slightly rich, almost gamy — like deer or buffalo. Inexpensive.

El Rodeo Boulevard Salinas #1647, Tijuana, 664-630-5640. Steak haven with Old West decor. Entire price includes soup of meat broth (taco, beans, a quesadilla, a salad, two tortitas/mush) plates, and a beef-door medley with any cut of steak you want. Or try the parillada, a multi-meal BBQ sitting on a tabletop grill. Inexpensive to low-moderate.

Banker’s Hill

Bertrand at Mister A’s 2350 Fifth Ave., 12th floor, Banker’s Hill, 619-239-1377. Bertrand Hug’s airy, open eatery offers a panoramic city view with a casual chic, romantic ambiance and fine modern French cuisine. Expensive.

Inn at the Park 3615 Fifth Ave., Banker’s Hill, 619-239-0199. Despite a touch of mango here, chipotle there, it’s the nice, conservetive, meat-and-potatoes comfort food that the regulars here prefer. Wilder hits include calamari frito mixto, duck breast, and coconut-lime crème brûlée. Desserts are big and sweet. Expensive to low-moderate.

Bonita

Romesco 1456 Bonita Rd., Bonita, 619-475-9027. Sophisticated Mexican food, including smoked mahi mahi carpaccio, grilled duck breast, and ceviche. The whole menu is worth exploring, full of surprising treats. Moderate to expensive.

Carlsbad

Armenian Café 3126 Carlsbad BL, Carlsbad, 760-720-2233. Lamb shish kebabs is the house specialty, but even better are the owner’s mom’s kibbeh (stuffed lamb marshmallows) and rosewater-scented kasha for dessert. Lovely devoted patio. Moderate-plus.

Carmel Valley

Ruth’s Chris Steak House 11582 El Camino Real, Carmel Valley, 858-755-4434. Also 1355 N. Harbor Dr., Downtown, 619-233-1422. Flash-cooked steaks of USDA Prime, topped with butter and parsley, are the hallmark of this chain. Side dishes are a la carte. The broiled tomatoes are a delight. Very expensive.

Chula Vista

D’Lish Pizza and Pasta 386 E. H St., Chula Vista, 619-543-1371. This chain prides itself on its Italian-California pastas, pizzas, and salads. Now it’s adding marinated flank steak and a rib eye to the “bistro entrees.” Moderate.

Galley at the Marina 530 Marina Parkway, Chula Vista, 619-422-5714. The tasty happy-hour specials make a visit worth the trip: Have a 1/2 pound hamburger with french fries, chicken Caesar salad with sourdough toast, or a filet mignon steak plate with steak fries. Inexpensive.

Village Club Card Room 429 Broadway, Chula Vista, 619-423-3333. Down-home dishes like grilled chicken breast sandwiches, spaghetti with meatballs, or garlic shrimp with fried rice and egg, plus Chinese dishes including Kung Pao beef or chicken, Mongolian beef, and a good wonton soup with noodles. Inexpensive.

City Heights

African Spice Restaurant 6044 54th St., City Heights, 619-242-5945. Fascinating Somali food, just seven dollars — as much rice, salad, spaghettis, goat meat, beef, chicken (lamb and tilapia when available) as you can fit in.

San Diego Reader September 17, 2009 15
your polystyrene box, along with a bun to break up and mix in, Somali-
style. Inexpensive.

Sala Thai
1001 C Ave., Coron-
ado, 619-435-8010. An island of seren-
ty, with gently done dishes cooked with care.
The complex but soothing coconut-
chicken soup can wash away all woes, and the calms in seafood arrays is limi-
tioned to achieve sheer tenderness.

Inexpensive.

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Inexpensive.
ers garden seating and light eating, mainly breakfast or lunch sandwiches named after the volcanoes of the world (get it?). Inexpensive.

**Hillcrest**

Arrivederci 3845 Fourth St., Hillcrest, 619-299-6822. A narrow, overcrowded room with a long menu offering a familiar regional Italian potpourri, including reliable veal in a tomato sauce, tandoor-baked breads and sauces, tandoor-baked breads and meats, rich and complex but mildly seasoned. Sister restaurant, Monsoon, 729 Fourth Ave., Downtown, 619-234-5555. Moderate.

Baja Betty’s 2412 University Ave., Hillcrest, 619-269-8510. Extensive cocktail, margarita, and tequila list and regular Cal-Mex food in a lively atmosphere. Inexpensive to moderate.

Bombay Exotic Cuisine of India 3755 Fifth Ave., Hillcrest, 619-298-3155. We’re talking northern India here — lots of lamb, potatoes, creamy sauces, tandoor-baked breads and meats, rich and complex but mildly seasoned. Inexpensive.

Kemo Sabe 3958 Fifth Ave., Hillcrest, 619-220-6802. In Chef Deborah Scott’s cooking, Southeast Asia meets the Southwest. Good choices include a mushroom omelet. Inexpensive.

**Imperial Beach**

Lydia’s Café and Nightclub 1628 Palm Ave., Imperial Beach, 619-456-6279. Solid food, like yakiniku, similar to Korean BBQ (minus the fire side dishes) — offers cook-it-yourself over tabletop grills. Kobe bottomless short ribs and sange are the superstars here. Japanese tapas, nودles, tempura, etc. fill out the bill. Inexpensive.


**Kensington-Talmadge**

Kensington Grill 4035 Adams Ave., Kensington-Talmadge, 619-281-4014. This comfortable-but-sophisticated neighborhood restaurant has found a fine formula for seasonal California cuisine and a well-executed bar program. Boneless short ribs and tongue are the superstars here. Japanese tapas, noodles, tempura, etc. fill out the bill. Inexpensive.

La Jolla 1628 Convoy St., Kearny Mesa, 858-456-5098. Cakes are light, moist, rich, and available as pies, tarts, and all sizes. Extremely noisy. Moderate.

Lydia’s Café and Nightclub 1628 Palm Ave., Imperial Beach, 619-456-6279. Solid food, like yakiniku, similar to Korean BBQ (minus the fire side dishes) — offers cook-it-yourself over tabletop grills. Kobe bottomless short ribs and sange are the superstars here. Japanese tapas, noodles, tempura, etc. fill out the bill. Inexpensive.

**La Jolla**

Brockton Villa 1235 Coast Blvd., La Jolla, 619-454-7393. Great Cove view, with best food at breakfast/brunch: Coast Toast, the French toast of your happiest dreams. Puffy and airy with orange flavor. Coffee is excellent. Moderate to expensive.

La Jolla Brown House 7308 Soledad Ave., La Jolla, 858-456-6278. Solid food, like the prime rib sandwich (which goes great with their Russian salad) or the roasted potato. Best of all, the hefty, lose-calorie beefsteak burger. Inexpensive to moderate.

Michele Coulon Pastries 756-D For Ave., La Jolla, 619-456-3908. Cakes are light, moist, rich, and available as pies, tarts, and all sizes. Extremely noisy. Moderate.

Sunday Pre-game Tailgate Buffet at the DoubleTree Hotel

Sunday, September 20 • 6:30 am-1 pm

Park at the hotel, walk to the trolley!

- Cooked-to-order eggs and omelets
- A selection of breakfast meats
- Local fruits
- Assorted hot and cold cereals
- Freshly baked pastries and breads
- Coffee, juice, and tea
- And much more...

With the purchase of full breakfast:
$3 Bloody Marys • $3 Mimosas • $3 Bellini Cocktails

Game Day Happy Hour 4-6 pm

$4 Domestic Drafts • $3 Import Drafts • $5 Wells • $4 Appetizers

All Day Sunday • Pint & Meal Combo

Choice of: 1-topping medium pizza or Baja burger & fries

Coors Light Combo $10 • Blue Moon Combo $12
Mardi Gras Café 3138 Midway Dr., Clairemont, 858-568-2556. This creole-fusion joint with a New-Orleans flair doesn’t look at all New Orleans, but it serves great food: all-you-can-eat French dips, all-you-can-eat BBQ beef ribs, “n’awlins-style food to eat in, to go, or to have catered at your party. Délis gauss also sells the ingredients, including ready-made sauces, Cajun source (spiced ham), brûléed blin (rice sausage), and crawfish sausage in season. Inexpensive.

Mira Mesa
Abbey’s Real Texas Bar-B-Q 6193 Minneman Rd., Mira Mesa, 858-536-2333. Texas-style "Q" featuring mustard-marinated meats and poultry smoked "low and slow" over mesquite until tender, with picnic-fare sides. Inexpensive to moderate.

Bolsa Vietnamese Restaurant 9255 Mesa Blvd., Mira Mesa, 858-965-3565. Hospitable chef-owner Kim Trang makes excellent pho bo (noodle soup) but also offers hundreds of other items, all cooked home style. Inexpensive.

Madras Café 9484 Black Mountain Rd., Mira Mesa, 858-695-6229. Vegetarian cafe of South India, centering on stuffed pancakes — from thin, crisp, crepe-like dosas stuffed with vegetable curry to keyi rice-fare asporte dunked in coconut milk to buffalo-fat-taste-like attupitta. (Try the last with the current best curry: hot and sour, with picante. So much so, the garlic and hot sauce that go with it are not hot and spicy enough.) Inexpensive.

Mission Hills
Izakaya Mesa 520 S. Strickland Dr., Mission Hills, 858-342-1354. Friendly spot serves interesting Japanese dishes. Among the hits: crunchy, spicy eel skewer (eel-stick/skewer), fried oysters (fatty), dressed tofu (broth), kani-agy (spicy fried fish). Inexpensive to moderate.

Shakespeare Pub & Grille 3701 India St., Mission Valley, 619-299-4250. English pub grub is bluff and plain-until tender, with picnic-fare sides. Inexpensive to moderate.

Rainwater’s on Kettner 4024 Kettner Blvd., Midway District, 619-223-5056. This everyday deli does the usual sandwiches, burgers, and dogs. Overpriced, but the usual sandwiches, burgers, and dogs. Inexpensive.

Serving dinner until 12 am Fridays & Saturdays • Family Owned and Operated

www.GreekVillageTaverna.com • Live Lobster & Rack of Lamb • All-you-can-eat Japanese • Chinese • Seafood • Italian
$9.99 Lunch (includes drink) $5 Dinner (includes drink)
Over 150 dishes alternated daily!

VIP Oriental Buffet 5541 Clairemont Mesa Blvd. • 858-571-8473
(In Madison Square plaza just west of the 805)
Open Sun.-Thurs. 11 am-9 pm Fri. & Sat. 11 am-9:30 pm

Four words to describe this San Diego restaurant option: delicious! and customer service:

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Microwave Coffee & Tea 7467 Girard Ave., La Jolla, 858-454-5453. Additional locations in Del Mar and Encinitas. Caffeine décor. Breakfasts are mostly steamed-egg variations, including the popular Greek eggs and breakfast burritos. For lunch try chicken curry or fresh, genuine "panmiches" like ham or tuna. Inexpensive.


L a M e s a
Johnny B’s 6724 Fourth St., La Mesa, 619-464-2465. This “Burgers and Brew” has a real ’50s feel. Burgers and fries, beans, and salad is a must-eat. Inexpensive.

Lake Murray Café 5465 Lake Mur- ry Bl., La Mesa, 619-455-0480. Comfort food in generous quantities. All the soups are four-eggers, with sides like salads and pasta. Amazing meals include meat loaf, liver and onions, stuffed pork chops, whole (bacon-on) fish. Inexpensive.

West Coast Barbecue 6128 Lake Murray Bl., La Mesa, 619-462-5963. Pit-smoked Texas-style “Q”, but more like the Buxton of Crawford than the usual chain-branch BBQ. A full-flavored rib, chicken wings, and authentic Texas barbecue-fried chicken with classic fries. Low-moderate.

Ye Olde Bicycle Place and Café 7777 University Dr., La Mesa, 619-582-4024. A bike museum with food offers tasty toasted pecan and cold sandwiches. Inexpensive.

Leucadia
The Calypso Café 576 N. Coast Hwy., Leucadia, 760-432-8532. This Caribbean-inspired beach café serves home cooking, Mexican-inspired dishes, and blue plate specials. Inexpensive.

Logan Heights

El Pollo Loco 2799 Main St., Logan Heights, 619-262-1047. Several San Diego locations. The flame-broiled pollo has crisp, easily assailed skin; the flesh can vary from barely done to overdone, but usually is just right. Inexpensive.

L incoln Park


Midway District
Hancock Street Café 3345 Han-cock St., Midway District, 619-296-2060. Organic is from New York and known by his fans. THIS is a good-value special, like spaghetti and meatballs. Sometimes he’ll throw in a bottle of red wine. Inexpensive.

Mission Beach
Jake’s Tiki Bar at Mission Bay Dell 6140 Quivira Way, Mission Bay, 619-223-1006. This everyday deli does the usual sandwiches, burgers, and dogs for buyout crews — but on Sunday afternoon don’t miss the scene at the palapa with beer and live music. It’s one of this town’s best-kept secrets. Daily till dark. Inexpensive.

Sasha’s & Sasha’s Sushi 3768 Mis- sion Bl., Mission Valley, 619-268-2665. Victorville local steak-and-seafood joint that tries harder, from the thin homemade teriyaki sauce (sweet up front, fading to bitter ginger) for the well- cooked (if mild-flavored) fish to the cut-on-the-premises aged beef. Service till midnight or later. Moderate.

Sportsmen’s Seafoods 1617 Quito Rd., Mission Beach, 619-224- 3551. The menu does depend on the “fruits of the sea” and includes a seafood platter (shrimp, squid, clams, fish, and salad). And, of course, a crispy fish ‘n’ chips plate. Inexpensive.

Mission Valley
Bully’s East 9041 Camino del Rio South, Mission Valley, 619-488-2665. Word is, they serve more prime rib with as ins and horseradish than any eatery in San Diego. Or try the Bully Burger of other items, all cooked home style. Inexpensive.

El Pollo Loco 3701 India St., Mission Valley, 619-224-1354. Friendly spot serves interesting Japanese dishes. Among the hits: crunchy, spicy eel skewer (eel-stick/skewer), fried oysters (fatty), dressed tofu (broth), kani-agy (spicy fried fish). Inexpensive to moderate.

Shakespeare Pub & Grille 3701 India St., Mission Hills, 619-299-4250. English pub grub is bluff and plain-until tender, with picnic-fare sides. Inexpensive to moderate.

Rainwater’s on Kettner 4024 Kettner Blvd., Midway District, 619-223-5056. This everyday deli does the usual sandwiches, burgers, and dogs. Overpriced, but the usual sandwiches, burgers, and dogs. Inexpensive.

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$9.99 Lunch (includes drink) $5 Dinner (includes drink)
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Open Sun.-Thurs. 11 am-9 pm Fri. & Sat. 11 am-9:30 pm

DINE, DRINK & DANCE LIKE THE GREEK GODS

Live Lobster & Rack of Lamb Dinner for Two $39.95 (Reg. $99.95)
With the purchase of 2 drinks. Served with soup or salad, potatoes, fresh vegetables and pita bread. Valid every day. With coupon. Expires 10/1/09.

LIVE GREEK MUSIC & DANCING THURS.-SAT.
Free Lunch or Dinner purchase of lunch or dinner of equal or greater value and 2 drinks. With coupon. Expires 10/1/09.

Serving dinner until 12 am Fridays & Saturdays • Family Owned and Operated

www.greekvillage.com • View our online video at VisitSanDiego.com
Best all-you-can-eat sushi in San Diego County!

All fresh fish! All-you-can-eat lunch until 4 pm only $19.95 All-you-can-eat dinner 4 pm-close only $24.95

20% off specialty rolls 50% off cocktails Limit 2 per person. With this ad.

Lunch Special $5.75 stir-fry chicken and vegetables served with miso, salad and rice!

Baja Japanese Restaurant 2415 Vista Way in Ocean Beach • 760-439-3283 OPEN 7 DAYS A WEEK • 11:30 AM-9:30 PM

Calendar

RESTAURANTS

McGrady’s 103 E. 8th St., National City, 619-474-6771. Open continuously since 1999 in various locations, now under a new owner who spilled up the room. The eats are hearty dinner-style food like Irish breakfasts, meat leaf sandwiches, meatlof. Inexpensive to moderate.

Normal Heights


North Park

The Linkery 3794 30th St., North Park, 619-235-8778. The artisanal “slow food” cuisine here features local ingredi- ents and made-from-scratch prepa- rations. The focus is on sausages. Some ingredients and made-from-scratch prepa- rations. The focus is on sausages. Some

Ocean Beach

3rd Corner Wine Shop & Bistro 2603 Bacon St., Ocean Beach, 619-233-7780. Also 497 S. Coast Hwy. 101, Encinitas, 760-462-1034. Edible dishes designed to go with wine until late evening, with bottles a pitance over re- tail. Moderate.

Portugalia 4399 Newport Ave., Ocean Beach, 619-223-7874. The menu is split between the homeland and Brazil, including coconut-milk- madeoulied seafoods from tropical Bahia rarely found locally. Enjoy salt cod fritters, fried pastry pockets filled with shrimp, codfish with chickpeas. Moderate.

Ranchos Cocina 1830 Sunset Cliffs Bl., Ocean Beach, 619-226-7619. Also 9310 30th St., North Park, 619-574-1288. Healthy, creative Mexican and vegetable cuisine in a tropical setting. A big plus: zero attitude. Top picks are the seafood dishes and the house-made mole sauce with a zillion ingredients. Inexpensive.

Point Loma

The Pearl 4410 Rosecrans St., Point Loma, 619-226-6160. The San Diego-Beach, 858-633-8412. Charming setting with Asian-fusion touches like a sea bream carpaccio with lychees. The chef cooks from scratch with mainly local or organic ingredients, including brandless. Inexpensive. Moderate.

Solana Beach

California Pizza Kitchen 437 1st Ave., Solana Beach, 858-270-0670. The chain’s first hit, is their top seller. It has been replaced by California Pizza Kitchen. Inexpensive. Moderate.

Sorrento Valley

Sorozzo Ristorante Lounge 2820 Rosebud Rd., NTC Promenade, Point Loma, 619-236-6761. Northern Italian cuisine with Asian-fusion touches like a sea bream carpaccio with lychees. The chef cooks from scratch with mainly local or organic ingredients, including brandless. Inexpensive. Moderate.

South Park


Southcrest

Sang Dao 4212 National Ave., Southcrest, 619-283-9744. Family-run Vietnamese restaurant offers delicious, es- pecially spiced catfish, BBQ beef, corn (pupusas), and especially the spicy minted meat sandwich called laver, the national dish. Inexpensive.

Spring Valley

Ranas 9863 Campos Rd., Spring Val- ley, 619-589-1801. Mexican City-style

University City

Donovan’s Steak and Chop House 4140 La Jolla Village Dr., Uni- versity City, 858-450-6646. Classic steakhouse atmosphere and menu, with traditional appetizers, not-aged Prime beefsteak grilled to order (with po- tato and vegetable included). Steaks are extra, and a sale of creamed spinach is worth its price. Very expensive.

University Heights

Sultan Banoo Persian Eatery & Tearoom 1643 Park Blvd., University Heights, 619-298-2801. Try the pome- grauate soup or the strawberry tab- boulé salad. Grover’s winner is a lamb stew. Kooyk-Jaycen is a hit of bar- mies with lamb, eggs, onions, and plans. Inexpensive.

Valley Center

Fiore’s 7774 Harlistz Way, Valley Center, 760-777-2457. The casual’s most upscale restaurant offers luxurious Ar- gentine steaks and numerous seafood en- trées. For lighter eating there’s an oys- ter bar attached. Best attraction: the long, adventurous wine list. Moderate oyster bar, upper-moderate to very ex- pensive in restaurant.
HELP WANTED DOMESTIC SERVICE

Nanny Needed Female only! Get the job done. 1 hour in afternoon, 1 hour at night, 2 hours on Saturday and Sunday. Must have driving privileges, own transportation. Starting rate: $10/hour. Call: 858-684-6947.

HELP WANTED DRIVERS / DELIVERY

DRIVER/ COURIER. Delicatessen needs delivery person to deliver to local supermarkets and stores. Must have own vehicle, DMV, criminal background check required. Call: 858-477-9155.

HELP WANTED CALL CENTERS


HELP WANTED HOME CARE

CAREGIVERS. Independent contractors. 619-461-2048. Partial- or full-time. Position available. Must have pickup with shell, driver's license preferred. Provide quality care for children with developmental disabilities at our non-medical home care facility. Minimum 12 months' experience in a similar environment and must have valid CA driver's license and clean DMV. Background check required. Call: 619-780-7572. Each print ad comes with an online ad. To place an ad: 1703 India Street (at Date), Little Italy, 92101.

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Fax résumé and copy of clean DMV record to: 619-923-3211. Attn: Human Resources–Parking Safety
Or apply in person with the above at:

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Drug-free/EOE
HELP WANTED

SECURITY OFFICERS, Allied Barton Security Services. Full time, variety of shifts available. Up to $13/hr. medical/dental/vision. 401(k) with company match; holiday pay; paid vacation; free uniforms; Guard Card (if eligible); uniform cleaning allowance. Free the institutional full term.

Must be at least 16 years of age and have a high school diploma. GDP. Apply online at www.AlliedBarton.com or call 619-274-5207.

HELP WANTED


Security, Bank Eagle Security hiring licensed Security Officers. Full time, part time, Downtown San Diego Location. No police or military experience required. Starting at $11 per hour, mostly swing and graveyard plus every weekend. Background check, EEO/Drug Free. Health benefits available. Call 858-350-0221; e-mail: jandm@bank-eagle.com.

HELP WANTED

TRADES / LABOR


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The page contains advertisements for various training programs, including:

- **Kaplan College**
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- **Family Health Services**
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- **Kaplan Academy**
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These programs offer a range of courses in fields such as healthcare, technology, business, and culinary arts. The page also includes information about credit hours, job placement assistance, and enrollment details for each program. The text is in English and appears to be aimed at adult learners seeking vocational training.
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*www.census.gov/population/www/socdemo/education/cps2006.html (See Table 8) **Certifications/licences may require additional study and cost.
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THE READER PUZZLE:

RULES OF THE GAME
1) Submit your completed puzzle to the Reader each week for our ongoing contest. We keep track of each puzzle and the results are posted online each week to sandiegoobserver.com. But your submission will only be counted when you successfully complete a puzzle AND get it to us by 7:00 a.m. Monday.
2) Be one of the first 100 people who submit the correct answers to the puzzle and we will print your name in the paper along with your brief message (10 words or less, no URLs or phone numbers)! This is optional, but it's a great way to express yourself. You may submit a new message weekly. We reserve the right to edit or reject inappropriate text.
3) The puzzle-contest ranking, shown online and in the paper, will begin anew every three months beginning October 1, 2009. Complete the journey four times a year.
4) Entries must be faxed to 619-231-0489 or 619-231-7967 or mailed to Reader Puzzle, P.O. Box 85803, San Diego 92138-5803, or delivered through our mail slot at 1763 India Street in Little Italy, or scanned and e-mailed to puzzles@sdreader.com. Submissions by e-mail must be attached as an HTML file, 800 by 800 pixels, maximum file size of 6MB. Submissions that don't fit the format will be returned.
5) Reader T-shirts are awarded weekly to contestants chosen randomly. And now for the really small print:
6) All answers must be legible and entered in the spaces provided. We reserve the right to edit or reject inappropriate text.
7) 5 Reader T-shirts are awarded weekly to contestants chosen randomly.
8) Any entry per person per week or per employee of the Reader and their immediate families are not eligible.
9) This week's contenders:
10) One entry per person per week or you will be disqualified.
11) Employees of the Reader and their immediate families are not eligible.

Across
1. European peninsula
2. Mogadishu-born
3. Kind of master
4. “It won’t be missed”
5. You can see through it
6. Send packing
7. Fails to
8. Admits
9. Button-down shirt, pocket protector, thick glasses, etc.
10. Number opposite VI on a clock
11. It’s a matter of time
12. Actor Nicolas
13. Pathetically caffeine-addicted person?
15. Raced
16. This puzzle’s theme
17. Google search result
18. Shadow
19. Texter’s “I didn’t need to know that”
20. Aircraft that can also travel by foot?
21. Bar
22. Poisonous: Prefix
23. W-2 ID
24. Apt comment when being shown a “carotte” or “tomate”?
25. Post office alternative
26. 1966 Mary Martin musical
27. Spot
28. They’re often drawn
29. Director Wei
30. Do lunch
31. It’s listed as a synonym for “jeans” in Roge’s Thesaurus
32. They’re big eyes
33. Down
34. The Dow, e.g.
35. Gets down
36. Mournful poet
37. Hashanah
38. “The end ___!”
39. The world, according to Shakespeare
40. Holder of many tracks
41. Bryn College
42. Hathaway or Heche
43. Harrison of “Cleopatra”
44. Kin to -kin
45. Gillespie, to friends
46. Muir host
47. Curved bench
48. Aquarius fish
49. Lat-end ing abbr.
50. Alder or elder
51. Big kid?
52. What’s the ___?”
53. Shade of green
54. Filched
55. Thermal protective covers?
56. W-2 ID
57. Airline tickets
58. Clock
59. Musical
60. Ages!
61. Alder or elder
62. Minus
63. Weight
64. What does it all mean?
65. No one win a T-shirt this week?
66. Steve says using Star wars
67. T-shirts are awarded
68. Filming site
69. They’re often drawn
70. They don’t trust!
71. They’re big eyes
72. It’s a matter of time
73. They’re big eyes
74. We cannot accept your entry without the following:
75. Name:
76. Address:
77. Neighborhood/City:
78. State: Zip Code:
79. Circle T-shirt size: L XL
80. Personal Message:

SOLUTION TO LAST WEEK’S PUZZLE:

THEOC TANG STAB LEECH ILLE PARR
CREDE NIAL ALMA RBH CHOPS
HURRIED DENNIS ALOE NICE R STY
IN LEFT NOKIA ALFRED MENIU
SOPUP MINUS USE 2 FIT GADS
PADDED ENVELOPES EATS
SCIENTIFIC EASTOFE DEN
TREK PLEA ELATE SASS AFAR ROYCE

THIS WEEK’S CONTENDERS:

Flo Abena, Rancho Peñasquitos, 35. Standby Dan for music needs in NYC/CT.
Mary Arana, Encinitas, 35. Special delivery.
Gary Dismukes, Scripps Ranch, 35. Hire an admiring at the top of the $899.
Gary Mech, Ocean Beach, 35. Pot for snicks. 524RM.
Eddie O. Spaghetti, Coronado, 35. WB143DEB! Dreaming away’s. I’m a dictionaryless birthday drafet! CUM.
Ric Witty, Clairemont, 35. I love my country - it’s the government I don’t trust.

Betsy Cory, Chula Vista, 34. I work at megalol. I love to do Prayer of Jabez.
Ben Espe, Mission Valley, 34. Work the Evans! Go Chargers!
Glenn Walker, Pacific Beach, 34. Anyway, thank you Reader for the Surf shirt.
Luky Alderson, Chula Vista, 33. I work for health care reform!
Ben Cooper, Gaslamp, 33. Have you heard his words? You can do it!
Jerry Riccio, Rancho Bernardo, 33. Great to have you back, Annette. You can do it!
Shelby Alpahan-Price, Oceanside, 32. Post all comes - some of us work.
Joseph Ciprian, Little Italy, 32. Everyone dies - but everyone does not truly live.
Thomas Dieth, Escondido, 32. Who said “I am a tragedy, one that is born too soon”?
Kurt Donnbusch, Mission Valley, 32. With what does all mean?
Kyle Mathie, Vista, 32. Single payer healthcare? taxpayer being single payer?
Thomas McGough, Lakeside, 32. Go Chargers!
Richard Ott, Mira Mesa, 32. I am a genius.
Ann Winder, Hillcrest, 32. What’s the problem to have- another vacation?
Thomas Baggot, Carlsbad, 31. Padres are having a renaissance.
Clint Smith, La Mesa, 31. Why can’t a woman be more like a man?
M. Zimmermann, Vista, 31. When you’re done learning, you’re done.
Iggie Guererro, Bay Ho, 30. What does it all mean?
Alfred Morgan, San Diego, 30. No local Blackstone! See you at the T this Sunday.
Susan Morley, Little Italy, 31. Why dig out the perfectly good middle, kosher John?
Michael Panther, Point Loma, 31. We are the champions - Chula Vista LL.
Donna Crosta, Chula Vista, 29. Going for 29!
Elizabeth Noll, Alpine, 28. I love you!

SOLUTION TO LAST WEEK’S PUZZLE:

THEOC TANG STAB LEECH ILLE PARR
CREDE NIAL ALMA RBH CHOPS
HURRIED DENNIS ALOE NICE R STY
IN LEFT NOKIA ALFRED MENIU
SOPUP MINUS USE 2 FIT GADS
PADDED ENVELOPES EATS
SCIENTIFIC EASTOFE DEN
TREK PLEA ELATE SASS AFAR ROYCE
THIS WEEK’S CONTENDERS CONTINUED:

Marty Perello, Pacific Beach, 27.
No playoff for Chargers this year.

Hit other’s people.

George Elms, Vista, 26.
SDGE must lobby really well.

Scott Heinman, Mission Valley, 26.
Rate to your Social Security statement’s waring.

Matthew Rosello, San Diego, 26.
It’s gone.

Maria Codia, Oceaniendo, 25.
It and thanks!

Ebdit, welcome to the Vital!

William Cushing, Rancho Bernardo, 24.
Flair, look at the answer – you’re there!

I.C. Garcia, Golden Hill, 18.
Cause you are a biocatalyst monopolized small brain homand that’s.

Marjorie Stewart, Point Loma, 18.
Peace, please.

Susan Williams, North Park, 17.
Eating for a healthcare program someday soon.

Rubber Chicken Research Team, Mission Hills, 15.
Enjoy Stockholing China.

Dorothy Kruso, Carlsbad, 14.
One.

F.A. Nau, El Cajon, 13.
These can be in revolving.

Obama lost, you lost your job.

Paul Wright, Lemon Grove, 12.
Why I am more tired after a vacation?

Jean Marie Barnes, Granville, 11.
And kaye and Darrell.

Lizzy Henry, Encinitas, 11.
Pranay are legumes, not nut.

Joe Musser, Encinitas, 11.
Sea no ka oi!

Jan Dawson, North Harbor, 10.
I am not number one regarded.

Montana Eury, San Diego, 10.
Which is you to La Mesa.

Julie and Jacqueline Angelini, University Heights, 10.
Happy 24th Tony Welcome to your mid-20th ELOV5S6.

D. Asenico Jr., Ramona, 9.
Some.

Alice Bryant, Mission Hills, 9.
Welcome home beautiful honey.

Jacquie Gluck, El Cajon, 8.
Still trying to get back on the kit.

Kelley Wilson, Santee, 7.
Need a Toot.

Bob Carlton, Serra Mesa, 6.
Go Chargers!

Leslie Wittman, Seattle, 5.
Go Sounders.

Norman Williams, San Diego, 5.
What do at all.

Paty and Leah, El Cajon, 4.
SDWO Prepares a monoband.

Geoffrrey Martin, San Diego, 3.
I think you are diggin into my lip.

Jon Nuanez, Downtown, 3.
Perform and Honoral Decisions, closures.

Chris Thelen, University Heights, 3.
Can you tell me how to get to Sorrento Val? Street?

Kenney Yu, San Diego, 3.
What’s for dinner?

Eric Cash, Escondido, 2.
My daughter Eauva has a huge breast too!

Del Cozart, San Diego, 1.
The trousers are gone – we’re rock SD.

Emily Marie, North Park, 1.
Nee? Very tidy!

Jeff Newman, La Mesa, 1.
The Dude dades....

Carly Stone, San Diego, 1.
Save California!

Duane Tremaine, East Village, 1.
In other Canas; llate of Calmen, dark-haired, sunny-eyed.

Robert Underhill, Del Mar, 1.
The public option is not optional.

Samantha Loevea and Matt Palmer, College Area, 2.
The needle’s breaking out!

David Wray, El Cajon, 1.
Skin it Peterson.
Another Chance for Fame and Glory!

THE READER SUDOKU PUZZLES:

RULES OF THE GAME
1) Submit one completed puzzle of any difficulty level Easy, Medium, Hard or Evil to the Reader each week for our ongoing contest. We keep track of each puzzle you successfully complete and the results are posted online at sandiegoreader.com. But your submission will only be counted when you successfully complete a puzzle AND get it to us by 7:00 a.m. Monday.
2) Be one of the first 100 people who submit the correct answers to one of the puzzles and we will print your name in the paper along with your brief message (10 words or less, no URLs or phone numbers). This is optional, but it’s a great way to express yourself. You may submit a new message weekly. We reserve the right to edit or reject inappropriate text.
3) The puzzle-contest ranking, shown online and in the paper, will begin anew every three months beginning October 1, 2009. Complete the journey four times a year!
4) Entries must be faxed to 619-233-7907 or mailed to Reader Puzzle, P.O. Box 85883, San Diego, CA 92138-5883, or delivered through our mail slot at 1703 India Street in Little Italy, or scanned and e-mailed to Sudoku@sdreader.com. Submissions by e-mail must be attached in PDF format, 800 by 800 pixels, maximum file size at 1MB. Submissions that start in the margin will not be counted or reviewed.
5) 9 Reader T-shirts are awarded weekly to contenders chosen randomly!
6) All answers must be legible and entered in the spaces provided.
7) Late entries will not be considered.
8) One entry per person per week or you will be disqualified.
9) Employees of the Reader and their immediate families are not eligible.

SOLUTIONS TO LAST WEEK’S SUDOKU PUZZLES:

EASY:
6 1 4 7 2 3 5 9 8 9
5 3 8 6 1 4 2 9 7 1
2 9 8 4 1 6 3 7 5 3
8 3 6 2 4 5 1 7 9 4
3 5 1 9 8 6 7 4 2 7 6
7 2 8 1 4 9 3 5 6 8 9
4 6 5 7 9 3 1 2 8 5 8
3 1 5 6 7 2 9 8 4 9
9 4 8 6 7 3 2 1 5 3 8

MEDIUM:
6 1 4 7 2 3 5 9 8 9
5 3 8 6 1 4 2 9 7 1
2 9 8 4 1 6 3 7 5 3
8 3 6 2 4 5 1 7 9 4
3 5 1 9 8 6 7 4 2 7 6
7 2 8 1 4 9 3 5 6 8 9
4 6 5 7 9 3 1 2 8 5 8
3 1 5 6 7 2 9 8 4 9
9 4 8 6 7 3 2 1 5 3 8

HARD:
6 1 4 7 2 3 5 9 8 9
5 3 8 6 1 4 2 9 7 1
2 9 8 4 1 6 3 7 5 3
8 3 6 2 4 5 1 7 9 4
3 5 1 9 8 6 7 4 2 7 6
7 2 8 1 4 9 3 5 6 8 9
4 6 5 7 9 3 1 2 8 5 8
3 1 5 6 7 2 9 8 4 9
9 4 8 6 7 3 2 1 5 3 8

Sudoku@sdreader.com.

SEE YOUR RANKING ONLINE!

Now you can go online to check your ranking and communicate with each other! Simply visit: www.SDReader.com/puzzle. The new ranking is posted every Wednesday. To use the “comments” feature, you must be a registered site member.

THIS WEEK’S CONTESTANTS:

EASY:
Ellen Stokel, La Jolla, 16.
She desires a relationship with you.
Believe in Jesus
Cherie Cahlo, San Diego, 8.
I Go Chargers!
Don Bowman, Santee, 9.
Phone ringing... Oh my! Be right over! Don’t worry.
Terry Thomas, Chula Vista, 7.
You enjoy peace, joy, and harmony always.
Jawaid Wiedenhoff, Carlsbad, 5.
Go Cowboy! Who said “easy” isn’t a good thing?
Simon Hubble, Alpine, 4.
President speaks truth, disrespectful, redneck.
Rehabguy speaks with faked tongue.
Jason Kron, Lakeside, 3.
Since Can’t win run naked. How about AT&T Fiber optic?

MEDIUM:
Marty Sinipigay, Point Loma, 10.
Thank for your reply's! I love you guys!
Wan-Chen Wu, San Diego, 9.
It’s possibly my last entry this year.
Douglas Meyers, La Mesa, 8.
Quote from Hermann Hesse
“Jalhabara”
Jane Flamman, Encinitas, 7.
Thanks for the puzzle!
Amanda Garcia, Chula Vista, 6.
Hi Juan. I love you 1
George Elam, Vista, 5.
He is not president yet ever.
Bennie Conwell, San Diego, 2.
Yeah Park How Little League, Go Chargers.
Lily Gonzalez, Logan Heights, 2.
Same at last week.
Lark Nordvik, Alpine, 2.
Charlie and Ove we miss you.
Stephen Laughrane, Bankers Hill, 2.
Gotta love the rabbit.
Zina Wyman, Carlsbad, 2.
Same evil 2 weeks in a row.
Shawn, you were our hero.

HARD:
Glenn R. Walker, La Jolla, 17.
I love you mom.
Sally Lukes, Serra Mesa, 15.
Still plugging away.
Howard Donnelly, Mission Valley, 13.
Last wk or 2. Bad spots.

We cannot accept your entry without the following:
Name: ____________________________
Address: __________________________
Neighborhood/City: ___________________
State: __________ Zip Code: __________
Circle T-shirt size: L XL
Personal Message: ____________________

Chris Dunn, Lemon Grove, 1.

This is optional, but it’s a great way to express yourself. You may submit a new message weekly. We reserve the right to edit or reject inappropriate text.

1) Submit one completed puzzle of any difficulty level Easy, Medium, Hard or Evil to the Reader each week for our ongoing contest. We keep track of each puzzle you successfully complete and the results are posted online at sandiegoreader.com. But your submission will only be counted when you successfully complete a puzzle AND get it to us by 7:00 a.m. Monday.
2) Be one of the first 100 people who submit the correct answers to one of the puzzles and we will print your name in the paper along with your brief message (10 words or less, no URLs or phone numbers). This is optional, but it’s a great way to express yourself. You may submit a new message weekly. We reserve the right to edit or reject inappropriate text.
3) The puzzle-contest ranking, shown online and in the paper, will begin anew every three months beginning October 1, 2009. Complete the journey four times a year!
4) Entries must be faxed to 619-233-7907 or mailed to Reader Puzzle, P.O. Box 85883, San Diego, CA 92138-5883, or delivered through our mail slot at 1703 India Street in Little Italy, or scanned and e-mailed to Sudoku@sdreader.com. Submissions by e-mail must be attached in PDF format, 800 by 800 pixels, maximum file size at 1MB. Submissions that start in the margin will not be counted or reviewed.
5) 9 Reader T-shirts are awarded weekly to contenders chosen randomly!
6) All answers must be legible and entered in the spaces provided.
7) Late entries will not be considered.
8) One entry per person per week or you will be disqualified.
9) Employees of the Reader and their immediate families are not eligible.

Go Cowboys! Who said “easy” isn’t a good thing?
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Typo Patrol Results
Issue of September 17, 2007

No Gain No Moth
p.65 feint should be faint

Best Bugs
p.18 should be red

Wifina Mulka (Granville) $10

Howard Gele (Mountain View) T-shirt

Pedicab Wars
p.32 Rhodes should be Rhodes

p.49 He's should be He is

Clyde Christie (Coronado) $20

You must send in a copy of the printed error — either the actual page or a copy (including page number).
Exceptions: direct quotes, slang, typos, section breaks, headlines, little-tech writing.
Exempt: ads, blogs, user reviews, movie showtimes, puzzle results, and letters to the editor. Submissions accepted until Monday at 7 a.m. after the issue in question. First identification of error wins $10 or a Reader T-shirt (indicate preference).

Winnings limited to $300/year per household. Mail to: P.O. Box 5870, San Diego, CA 92116; or fax to 619-231-0489, or deliver to 1703 India Street in Little Italy (we have after-hours mail slot).
ALPINE WOODS, 1829 Arnold Way. 619-222-7737.

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Events Calendar


Medical Intuitive Caroline Sutherland. Thursday, Sept. 24, 7-9pm. Caroline shares her healthy-aging secrets and wisdom, answers questions and does spot readings from the audience. $15 in advance/$20 at the door. Seaside Center for Spiritual Living, 1613 Lake Drive, Encinitas. www.seasidcenter.org. 760-753-5786, ext #651.

“Calming Stress with Prayer,” Tim Meyers CS. Saturday, Sept. 19, 10am. $12 entrance to Body Mind Spirit Expo; the talk is free. Scottish Rite Center, 1895 Camino Del Rio South, Room #2. Call 619-297-0397 for directions.


Active Recovery Wellness Fair. Saturday, Sept. 19, 10am-2pm. In recognition of National Recovery Month, enjoy fitness, yoga classes, wellness workshops; demonstrations raising public awareness about roles of health, fitness, nutrition in addiction treatment. Free. Del Mar Shores Park, 9th Street and Stratford Court. 858-735-6457.

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### RENTALS

<table>
<thead>
<tr>
<th>Type</th>
<th>Location</th>
<th>Description</th>
<th>Contact Information</th>
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<tbody>
<tr>
<td>1/2 off 1st &amp; 2nd months rent</td>
<td><strong>$684 each</strong></td>
<td>Including utilities!</td>
<td>With 1/2 month lease. Single occupancy. (Income qualify — all for detail) (Restricts) applies to 1 month of free cable.</td>
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- **Air conditioning**
- **Full bath**
- **Elevator**
- **Balcony with bay/ball park view**
- **Cable ready**
- **Microwave**
- **Internet access**
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- **Business center**
- **Gated community**
- **Courtyard**
- **On-site management**
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- **Easy access to bus/chen, freeway**

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# Rental Communities Directory

Advertise your community here... reach 507,000 renters monthly!

<table>
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<tr>
<th>Property Name</th>
<th>Phone</th>
<th>Structure</th>
<th>Bedrooms</th>
<th>Short-term</th>
<th>Corporate</th>
<th>W/D in Unit</th>
<th>Laundry Facility</th>
<th>Pets</th>
<th>Pool</th>
<th>Garage/Covered Parking</th>
<th>Fitness Center</th>
<th>Pool</th>
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PACIFIC BEACH. $1500, 2 bedroom, 2 bath. Great location, near beach, restaurants, bars, movie theaters. 3773 Florida Street, 858-483-3534.

PACIFIC BEACH. $1800, 2 bedroom, 2 bath. 3 blocks from the beach, 3774 California Street, 858-273-4542.

PACIFIC BEACH. $2000, 3 bedroom, 2 bath. Ocean and bay views, 3776 California Street, 858-273-4542.

PACIFIC BEACH. $2200, 3 bedroom, 2 bath. Ocean and bay views, 3778 California Street, 858-273-4542.

PACIFIC BEACH. $2500, 3 bedroom, 2 bath. Ocean and bay views, 3780 California Street, 858-273-4542.

PACIFIC BEACH. $2650, Clean, light and bright, 3782 California Street, 858-273-4542.

PACIFIC BEACH. $2850, Updated, hardwood floors, fireplace, two covered parking spaces, 3784 California Street, 858-273-4542.

PACIFIC BEACH. $3000, Upgraded, two covered parking spaces, 3786 California Street, 858-273-4542.

PACIFIC BEACH. $3200, Location, location, location, 3788 California Street, 858-273-4542.

PACIFIC BEACH. $3500, Location, location, location, 3790 California Street, 858-273-4542.

PACIFIC BEACH. $3750. Extra large studio, washer/dryer, granite countertops, all appliances included, 7115 Diamond Street.

PACIFIC BEACH. $4000. Luxury, chef's kitchen, large balcony, fireplace, new hardwood floors, 7117 Diamond Street.

PACIFIC BEACH. $4250. High ceilings, fireplace, 7119 Diamond Street.

PACIFIC BEACH. $150, 2 bedroom, 1 bath. Great location, 37th and Fremont, 858-483-3534.

PACIFIC BEACH. $180, 2 bedroom, 1 bath. On the 36th floor, 37th and Kettner, 858-483-3534.

PACIFIC BEACH. $200, 2 bedroom, 1 bath. Great location, 37th and Kettner, 858-483-3534.

PACIFIC BEACH. $220, 2 bedroom, 1 bath. Great location, 37th and Kettner, 858-483-3534.

PACIFIC BEACH. $240, 2 bedroom, 1 bath. Great location, 37th and Kettner, 858-483-3534.

PACIFIC BEACH. $260, 2 bedroom, 1 bath. Great location, 37th and Kettner, 858-483-3534.

PACIFIC BEACH. $280, 2 bedroom, 1 bath. Great location, 37th and Kettner, 858-483-3534.

PACIFIC BEACH. $300, 2 bedroom, 1 bath. Great location, 37th and Kettner, 858-483-3534.

PACIFIC BEACH. $320, 2 bedroom, 1 bath. Great location, 37th and Kettner, 858-483-3534.

PACIFIC BEACH. $340, 2 bedroom, 1 bath. Great location, 37th and Kettner, 858-483-3534.

PACIFIC BEACH. $360, 2 bedroom, 1 bath. Great location, 37th and Kettner, 858-483-3534.

PACIFIC BEACH. $380, 2 bedroom, 1 bath. Great location, 37th and Kettner, 858-483-3534.

PACIFIC BEACH. $400, 2 bedroom, 1 bath. Great location, 37th and Kettner, 858-483-3534.

PACIFIC BEACH. $420, 2 bedroom, 1 bath. Great location, 37th and Kettner, 858-483-3534.

PACIFIC BEACH. $440, 2 bedroom, 1 bath. Great location, 37th and Kettner, 858-483-3534.

PACIFIC BEACH. $460, 2 bedroom, 1 bath. Great location, 37th and Kettner, 858-483-3534.

PACIFIC BEACH. $480, 2 bedroom, 1 bath. Great location, 37th and Kettner, 858-483-3534.

PACIFIC BEACH. $500, 2 bedroom, 1 bath. Great location, 37th and Kettner, 858-483-3534.

PACIFIC BEACH. $520, 2 bedroom, 1 bath. Great location, 37th and Kettner, 858-483-3534.

PACIFIC BEACH. $540, 2 bedroom, 1 bath. Great location, 37th and Kettner, 858-483-3534.

PACIFIC BEACH. $560, 2 bedroom, 1 bath. Great location, 37th and Kettner, 858-483-3534.

PACIFIC BEACH. $580, 2 bedroom, 1 bath. Great location, 37th and Kettner, 858-483-3534.

PACIFIC BEACH. $600, 2 bedroom, 1 bath. Great location, 37th and Kettner, 858-483-3534.

PACIFIC BEACH. $620, 2 bedroom, 1 bath. Great location, 37th and Kettner, 858-483-3534.

PACIFIC BEACH. $640, 2 bedroom, 1 bath. Great location, 37th and Kettner, 858-483-3534.

PACIFIC BEACH. $660, 2 bedroom, 1 bath. Great location, 37th and Kettner, 858-483-3534.

PACIFIC BEACH. $680, 2 bedroom, 1 bath. Great location, 37th and Kettner, 858-483-3534.

PACIFIC BEACH. $700, 2 bedroom, 1 bath. Great location, 37th and Kettner, 858-483-3534.
Thirty Years Ago
FAMILY OF PSA air crash victim (Sept. ’78) would appreciate hearing from other such families.
WAVE JUNKIE: A dozen years of surfing and swimming experience and a desire to meet you. I am Cliffs Local.
WILLIE: Was that you getting down at Flannigan’s last Saturday? See ya at Ashford & Simpson the 30th. You sure know the moves!
BOREID! Let’s walk on the beach. Meet me on the rocks behind the Hydras at 5 p.m. I’m the guy in the cut-offs.
—GASSPRDL, September 20, 1979

Twenty-Five Years Ago
Those who really take it on the chin during San Diego’s summer, a new sight—smearing a child at the Mission Bay Tourist Information Center. There they sit on their high stools as up to 1500 people stream by the center on a busy summer day.

Wiffy recalls answering questions regarding how to preserve a fruitcake and how to make flat-seam sails, and a man called from Buffalo, New York, wanting to know if his wife had filed for divorce.
—OTTI'S “THE ANSWERS,” Abe Oppen, September 20, 1984

Twenty Years Ago
Recently, Neil Morgan’s Tribune column announced that the Zoological Society was formulating a new “mission statement” for the Wild Animal Park. The San Pasqual facility, it noted, has lost money every year except 1982. The item revealed that the park will no longer be marketed as an entertainment but as “a haven for the propagation of endangered species.”
In 1983 less than half the number of people who visited the zoo visited the Wild Animal Park. The park ended that year $720,000 short. The official explanation? The Park is “insufficiently attractive to visitors.”

Fifteen Years Ago
Briges tell me their life stories. They groan and like aging weightlifters with bad backs and sore knees, then press thousands of tons into the air anyway. Earthquakes make them nervous, tense. Transients camp underneath, blackening their concrete bellies.
I drive the roads of San Diego County with an agenda; you don’t know when you might spot another canyon dancer, a remote Nunami. I hike and find them in places called Goat Canyon and Pine Valley Creek.

—“WHEN BRIDGES FALL DOWN”
ENGINEERS LEAVE AT NIGHT,” Peter Jensen, September 15, 1994

Ten Years Ago
Labor Day Monday, Megan Reina, a 10th grader at Montgomery High School in the South Bay, saw The Blair Witch Project with 11th grader Susan Macknight and 9th grader Macahal Vanderweer. All three are under 17, so how did they get into the R-rated movie? Megan explained that her mom accompanied the girls into the movie and then left them.
“She only stayed about five minutes,” Megan said.
—CITY TIMES: “HOW TO RATE THE RATING,” James McCoy, September 16, 1999

Five Years Ago
“The worst that ever happened to me was one time when I went down to Chula Vista. Somebody asked me to move his bees. When I left my home, I was on my way to T.J., and I thought, Piece of cake. Oh, big mistake.
First of all, in San Marcos it was sunny, warm. I thought, it’s going to be a very good day to move those bees. When I got there, the weather was completely different than in San Marcos. It was breezy and cold. It was a very bad time to work with the bees. In that weather, they are all inside.
I got, like, 60 stings in my hands. My only hands were working. One of the guys — a friend that was helping me — said, “I hope you’re not allergic to bees.” of the price. $6-$19 each. Framed. 619-985-8652.

—“HIVE MENTALITY,” Shari McCullough, September 16, 2004

For more stories by these authors, go to sdreader.com.

ELECTRONICS
COMPUTER MONITOR: Flat screen, $515 tv with remote, 13”. $40, 619-282-9861.

FURNITURE
ADJUSTABLE BED: Craftmatic twin size, Local. Used. $500. Local, 858-613-8899.

MR International Auto Repair
7030 Carroll Road • 858-455-5440
(Miramar Road)
Unlimited Warranty! Call for details
Your Friendly & Honest Auto Service Center

Brake Special
GO $69 BETTER $89 BEST $139
Front or rear Call for details! Parts & labor
Resurfacing included for the $69 price.
$100 or higher includes resurfacing rotors.

30K/60K/90K Factory Service
Starting at $109.16• Replace engine oil & filter
• Check timing
• Head Gasket
• Impact at tires & rotation
• Replace all fluids
• Inspection brake system & adjust brakes
• Other services as needed

Manager’s Special
Synthetic Blend
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$248

Includes filter and up to 5 quarts synthetic blend oil. Must call. Plus $3.50 disposal fee.

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Your Complete Certified Full-Service Repair Facility

Car got you down? Need a little help with repairs?

This coupon entitles holder to receive 10% off up to $100 all non-advertised service and repairs at Convoy Auto Repair and Towing

San Diego Reader, September 17, 2009

San Diego Reader, September 16, 2004

For more stories by these authors, go to sdreader.com.
Wayne Riggs served as a Navy chaplain from 1957 to 1988. Two years later, he put his collar back on and took over at Plymouth Church. The sleek collection of buildings fronting University Avenue was run down, and he found himself painting over graffiti several times a week. There were 15 worshippers on Sunday, and there was $10,000 in debt. “We were not going to be able to rebuild an inner-city church as a family church,” he realized. “So our mission statement became, ‘To serve God by serving the people of this community.’”

Three years after Riggs formulated a bond offering to handle the $100,000 the church was debt-free. Today, three other churches meet for worship in the space, modernized and decorated with the close acoustics — one is Korean, another Hispanic. Six AA groups hold meetings onsite. Riggs opened the school building to Head Start; toy basketball hoops dot the church courtyard. SupportiveParents Information Network, an organization devoted to helping people from welfare to self-sufficiency, has its office upstairs. On Fridays, an East County farmer sends a truckload of produce to the church, and the folks from SPIN make the calls for people who need it to come in and get it. The paint on the buildings is bright and pristine.

“Congregationalists have really been about what some would call ‘social activists’ forever,” said Riggs. “We’re the ones who helped with the Underground Railroad in the South. Feed the hungry; heal the sick; ministering to people is how I see the mission of the church. It does involve politics because poor policy affects poor people, and so you have to change policy. I’m part of something called the Caring Council, and we’re trying to get the [San Diego County] Board of Supervisors off people’s tails. We’re the worst county in the nation for food stamps — 35 percent of the people who qualify actually have them, and it’s because of the County Board of Supervisors’ extreme screening practices. We’re the only county in the state with these requirements.”

The activist streak showed up in the service as well, during the Prayer of Concerns. Said Riggs, “I want to commend your prayers the 46 million people in our country who are without health care. I was part of a delegation from Right to Work — four from San Diego and 36 from California — who went back to Washington and talked to our elected representatives. As number 37 among industrialized nations in health care, something must be done. I ask you to keep that in your prayers.”

A lay, a congregation, rose and asked to speak from his pew. “I ask for your prayers today for Senator Danne Fein- stein, who is waffling on this issue, not because there’s anything revolutionary, but because it’s consistent with our faith.” It was not the first or last time we heard from the congregation. They took every other verse on the first Scripture reading from Leviticus: “Do not practice injustice; do not show partiality to the poor or favoritism to the great, but judge your neighbor fairly.” And they joined in the Prayer of Dedication: “Our Heavenly Father, may what we give and what we keep, what we own and what we desire to own, be conformed to Your Holy Will.”

Throughout the service, the focus shifted from God to man and back again. After glorifying His name in song, Riggs welcomed a congregant back from the hospital and announced the September birthdays. Then it was back to prayer and the Gloria Patri before an account of aiding congregants in need of prayer. “We thank You, for Your presence, and for the presence of one another. Our faith is encouraged by the fellowship of this body of faith, and we pray that You will strengthen us.”

The mix of heavenly and earthly concern reached its apotheosis in the sermon, which focused on the Golden Rule, laid down by Christ during the Sermon on the Mount (just after His promise of “Seek and ye shall find…”): “In all things, do unto others as you would have them do unto you. This is the law and the prophets.”

“The Golden Rule,” preached Riggs, “says that we can have a part in creating a world where people think and say and do the things for others that they know in their heart of hearts, are right and good and fair. But, he warned, “unless we link this tie to the core of our spiritual being, it is not enough. If we are to find the gold in the Golden Rule, we must stay in touch with the God of the Golden Rule, as an asking and seeking people”—simply because “it involves the whole person” and “it’s not an easy achievement.”

What happens when we die? “We believe in eternal life,” said Riggs. — Matthew Lickona

Values of this church and others featured in this column are available at sandiegoreader.com.