

Reader



This was the scene at Scène Enterre — See page 92

ADVERTISING

Classified Ads
Antiques & Collectibles158
Appliances
Automotive
Bicycles
Business Opportunities
Career Training
Classes/Lessons
Computers
Counseling/Support
Electronics
Furniture
Garage Sales158
Help Wanted124
Massage
Miscellaneous For Sale158
Motorcycles
Music141
Natural Health & Fitness138
Natural Living137
Notices
Parent Resources
Personals
Pet Central
Real Estate
Rentals 143
Roommates 143
Services Directory
Sports
Stage Notes 138
Tickets
Travel & Getaways
Wanted/Trade
Wedding/Party Guide138
Display Ads
Alternative Medicine115
Automotive149
Career Training126
Travel & Getaways68
Health and Beauty49
Help Wanted124
Instruction
Music
Rentals 145
Research Studies 39
Services
Singles Events
Wedding Guide
vicuality dutue/4

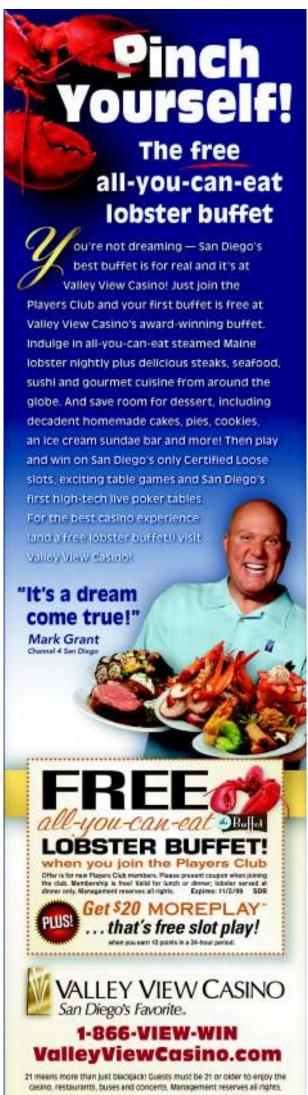
www.SanDiegoReader.com

619.235.3000

September 3, 2009

NEWS & FEATURES

Puppeteers	
San Diego's shadow government. By Thomas Larson	30
City Lights	
The PUC snuggles up to SDG&E and Under the Radar	6
How the Storm Water Department I.D.'d my concrete;	_
and Stringers	
Letters	12
Straight From the Hip	
Rice, rice, everywhere; and belt loops	14
Sporting Box	
OMG, it's the UFL	16
T.G.I.F.	
Brizz vs. Ninja	17
Diary of a Diva	
It's unfashionable to be anti-antioxidants	18
Movie Review and Guide	
Taking Woodstock takes us back	20
Parties: Crasher	
Hot dogs in Crest with the music man	
Typo Patrol Results	136
Off the Cuff	139
Puzzle Wordsmiths play here	140
Sudoku Find fame in a numbers game	142
News of the Weird	
Back When	
The man who never saw Baywatch	157
Sheep and Goats	
Pray for people who are going to hell	159
CALENDAR	
Events	
Outdoors, Special, Dance, Film, Food & Drink, For Kids,	
Galleries, In Person, Lectures, Sports, Museums & Public A	rt 67
Outdoors: Roam-O-Rama	
Test your stamina at Pyles Peak in Mission Trails Park	68
Gather No Moss	
Borrego Springs things, Palm Springs things	69
Music	=4
Classical	
Club Crawler	
Serial collaborator Christopher Leyva	
Everyone's a Critic	
Happy Hour! Bargain sauce and snacks	
Restaurant Reviews and Guide	
Mixed fortunes at Truluck's	105
What the Chef Eats	
Theater Review and Guide	
Compass Theatre's Shopping and F***ing and Moxie Theatr	
Drink Me, or The Strange Case of Alice Times Three	121



FREE LEGAL GUIDE

CALL 619-233-9797 NIGHT OR DAY 7 DAYS A WEEK AT THE PROMPT PRESS THE 4-DIGIT EXTENSION OF THE CATEGORY THAT INTERESTS YOU.

or visit our website: **SDREADER.COM/LEGAL**

■ EXTENSION 1000 ■

PERSONAL INIURY



Sponsored by
Julia E. Haus
Law Firm
550 West C Street
Suite 620, San Diego
619-234-1100
www.hauslaw.com

- 70 MOTOR VEHICLE ACCIDENTS
- 7I WRONGFUL DEATH/CATASTROPHIC INJURIES
- 72 MEDICAL MALPRACTICE
- 73 TRAUMATIC BRAIN INJURIES
- 74 PREMISE LIABILITY/SLIP & FALL
- 75 EMPLOYMENT LAW
- 76 DEFECTIVE PRODUCTS
- 77 ABOUT JULIA E. HAUS LAW FIRM

■ EXTENSION 1019 ■

SOCIAL SECURITY AND DISABILITY



Sponsored by
Anthony J. DeLellis &
Associates
1545 Hotel Circle South
Suite 150, San Diego
619-278-0900
www.delellis.com

- 20 OVERVIEW OF SOCIAL SECURITY
- 21 FILING A CLAIM
- 22 RETIREMENT BENEFITS
- 23 SURVIVORSHIP BENEFITS
- **24** LUMP SUM DEATH BENEFITS
- 25 FAMILY RELATIONSHIPS
- 26 DISABILITY BENEFITS
- 27 HIV AS A DISABILITY

■ EXTENSION 1007 ■

TENANT/LANDLORD

- 80 EVICTING A TENANT
- 81 CAN I BEAT MY LEASE?
- 82 WARRANTY OF HABITABILITY
- 83 RENTAL AGREEMENTS
- 84 security deposits
- 8_{5} enforcement of the lease
- 86 30-day notice

■ EXTENSION IOOI ■

CRIMINAL LAW



Sponwored by
The Law Office of
Douglas Holbrook
850 25th Street
Suite 100, San Diego
619-232-2020
www.douglasholbrook.com

- 20 WHEN DO I NEED AN ATTORNEY?
- 21 WHAT IF I'M WRONGLY ACCUSED?
- 22 SHOULD I ANSWER QUESTIONS?
- 23 MUST I SUBMIT TO A SEARCH?
- 24 COULD I RESIST AN ARREST?
- 25 WHAT IF I FAIL TO APPEAR?
- 26 CAN MY RECORDS BE CLEARED?
- 27 ALCOHOL, DRUGS, HIGH CRIMES

■ EXTENSION 1002 ■

BANKRUPTCY/CREDIT LAW

"We are a debt relief agency. We help people file for bankruptor relief under the Bankruptcy Code."



Sponsored by

Deborah L. Raymond
445 Marine View Ave.
Suite 505
Del Mar
858-481-9559

- 30 NEW BANKRUPTCY LAWS
- 31 What is chapter 7 bankruptcy?
- 32 WHAT IS CHAPTER 13 BANKRUPTCY?
- 33 WRONGFUL CREDITOR FEES & ACTIONS
- 34 COLLECTION AGENCY HARASSMENT
- 35 VEHICLE REPOSSESSION
- 36 FORECLOSURE ON YOUR RESIDENCE
- 37 INACCURATE CREDIT REPORTING

\blacksquare extension 1018 \blacksquare

EMPLOYMENT/LABOR LAW



Sponsored by
Laturno & Graves
San Diego
619-234-3323
Escondido
760-741-7544
www.laturnograves.com

- IO ADMINISTRATIVE HEARINGS
- II EMPLOYEE HANDBOOKS/POLICIES
- 12 EMPLOYMENT AGREEMENTS
- 13 HOSTILE WORK ENVIRONMENT
- 14 NON-COMPETITION AGREEMENTS
- 15 SEVERANCE AGREEMENTS
- 16 WAGE AND HOUR

■ EXTENSION 1005 ■

FAMILY LAW



Sponsored by
William M. Henrich
Certified Specialist, Family
Law, the State Bar of California
Board of Legal Specialization
4849 Ronson Court
San Diego
858-576-4484

- 60 DIVORCE AN OVERVIEW
- 61 WHAT WILL IT COST?
- 62 CHILD SUPPORT HOW MUCH?
- 63 CHOOSING A PARALEGAL
- 64 MILITARY FAMILY ISSUES
- 65 PREPARING FOR DIVORCE
- 66 MEDIATION AND THERAPY
- 67 WILLS AND TRUSTS

■ EXTENSION 1003 ■

INSURANCE CLAIMS



Sponsored by
The Law Office of
Robert Bruce Arnold
2529 India Street
San Diego
619-233-1096
www.arnoldlawoffice.com

- 40 INSURANCE BAD FAITH
- 41 DUTIES OF INSURANCE CO.
- 42 FIRST PARTY CLAIMS/HEALTH/ UM/UIM/AUTO/PROPERTY
- 43 TIME LIMITS
- 44 DISPUTES WITH INSURANCE CO.
- 45 DEPT. OF INSURANCE HELP LINE
- 46 do I need an attorney?

■ EXTENSION IOIO ■

IMMIGRATION



Sponsored by

John A. Quinn

5444 Camino Del Rio N.

Suite 200, San Diego
619-284-8811

Fax: 619-284-8822

- 20 WAYS TO BE LEGAL
- 21 SPOUSES & CHILDREN
- 22 BUSINESS VISAS
- 23 EMPLOYMENT VISAS
- 24 INTERNATIONAL STUDENTS25 CHANGING & EXTENDING VISAS
- 26 VISA DENIALS & DEPORTATION

■ EXTENSION 1004 ■

WORKERS' COMPENSATION

Any person who makes or causes to be made any knowingly false or fraudulent material statement or material representation for the purpose of obtaining worker's compensation benefits or payments is guilty of a felony.



Sponsored by
The Law Office of
Gerald D. Brody &
Associates
3465 Camino del Rio S.
Suite 440, San Diego
619-528-9800

- 50 YOUR WORK-RELATED INJURY
- 51 WORKERS' COMP BENEFITS
- 54 THIRD-PARTY ACCIDENTS
- 55 UNSAFE WORKING CONDITIONS
- 56 WRONGFUL DISCHARGE57 HARBOR & LONGSHOREMAN'S ACT

■ EXTENSION 1015 ■

SEXUAL HARASSMENT/ WRONGFUL TERMINATION



Sponsored by
The Law Offices of
Joel C. Golden
Old Town Professional
Bldg. 2356 Moore Street
Suite 201, San Diego
619-246-8449

- 70 SEXUAL HARASSMENT
- 71 DISCRIMINATION
- 72 WRONGFUL TERMINATION
- 73 EXECUTIVE TERMINATION
- 74 WHISTLEBLOWER-RETALIATION 75 FRAUD AGAINST THE U.S.
- GOVERNMENT (FALSE CLAIMS ACT)
- 76 LEGAL FEES

■ EXTENSION 1008 ■

TAX & ESTATE PLANNING

- 90 FILING TAX RETURNS
- OI CRIMINAL TAX ISSUES
- 92 TAX LIENS
- 93 STATE TAXES
- 94 FEDERAL TAXES
 95 AUDITS & APPEALS
- 96 TAX PLANNING 97 ESTATE PLANNING

The attorneys and law firms who provide this information are solely responsible for its content. This information does not address all legal situations, nor is it intended to replace legal counsel. It is provided free, although if calling from outlying areas you may incur toll charges on your telephone bill.



OUR BEST DEALS ON BLACKBERRY. EVER!

BUY ANY BLACKBERRY, GET ONE FREE.



Free phone must be of equal or lesser value. All smartphones require a voice plan with email feature, or email plan. While supplies last.

BLACKBERRY RUNS BETTER ON AMERICA'S LARGEST, MOST RELIABLE 3G NETWORK.

Call 1.800.2.JOIN.IN

Click verizonwireless.com to shop or find a store near you

Visit any Communications Store

Activation fee/line: \$35 (\$25 for secondary Family SharePlan* lines w/ 2-yr. Agmts).

TYPICAL STONER

JERRY SUFFERS FROM LOWER BACK PAIN

Using medical marijuana decreases inflammation and the pain he's been suffering from for 17 years. It can be used topically on joints for immediate relief, and frees him from fatigue-inducing muscle relaxers. Medical marijuana makes his days easier and helps him perform his job (and the occasional gig).

Jerry never thought he was the type of person who would use marijuana as medicine, until he did - and realized that

MARIJUANA WORKS.







ESL/TOEFL \$200 a month

& evening

*\$100 off 1st two months w/ this ad. New students only. Not valid w/ any other offer. Exp. 9/30/09.

Bachelor's, Master's, or Ph.D. degree in Psychology! **Bachelor's and Master's Degrees in** Business Administration for \$390-\$400 a month New Cambridge and Fri./Sat. TOEFL classes New Integrative Nursing Care Certificate New "Green" MBA \$400/month

Classes also available online!

San Diego University for Integrative Studies



800.234.7041 or 619.297.1999

Now in Old Town • 3900 Harney St. • Come in today or call. www.sduis.edu





Affordable PPO Health Plans

For Individuals and Families

Age*	Male	Female	Age*	Male	Female
	<u>Rates</u>	<u>Rates</u>		<u>Rates</u>	<u>Rates</u>
0	\$220	\$220	35	\$127	\$175
1	\$132	\$132	40	\$143	\$199
2-18	\$70	\$70	45	\$202	\$225
19	\$78	\$105	50	\$257	\$274
25	\$89	\$126	55	\$329	\$317
30	\$112	\$150	60	\$416	\$403

*Call for rates based on your age.

\$30 Co-pay Office Visit • Prescription Drug Card s0 Co-pay Well Woman Exam • s30 Co-pay Preventative Care (s200 Limit)

Monthly rates effective 7-1-09 for San Diego County. Aetna \$2500 PPO Plan.

California Healthquote Insurance Services

701 Palomar Airport Road, Ste. 300, Carlsbad, CA 92011 • 800-788-4678



CA Insurance Lic. #s: 0712596, 0706675, 0C84228 www.cahealthquoteins.com

EDITOR

SENIOR EDITOR

ASSISTANT EDITOR

Heather Goodwill

EDITORIAL ASSISTANTS

Scott Ellis, Hector Lam, Russ Lewis, Robert Mizrachi, Robert Nutting Chris Woo

CONTRIBUTORS

Don Bauder, Ed Bedford, Jane Belanger, Geoff Bouvier, John Brizzolara, Josh Board, Patrick Daugherty, Joe Deegan, W.S. Di Piero, Stephen Dobyns, Barbara Fokos, Ernie Grimm, Mary Grimm Dorian Hargrove, Rosa Jurievics, Ken Kuhlken, Thomas Larson, Deirdre Lickona, Matthew Lickona, Thomas Lux, Bill Manson, Linda Nevin, Anthony Olivieri, Jerry Schad, Duncan Shepherd, Jeff Smith, Leslie Venolia, Naomi Wise

ADVERTISING SALES DIRECTOR

ASSISTANT SALES MANAGER

SENIOR ACCOUNT EXECUTIVES

Kelly Bonelli, Bill Burton, Patricia Esperanza, Scott Fisk, Paula Ford, Amy Grant, Amy McKibben, Randy Rice, Todd Westfall

ACCOUNT EXECUTIVES

Kristy Coday, Brett Flynn, Stephen Hatch, Joshua Hensley, Jeremiah Johnson, Richard Maryn, Alvaro Mendez, Kristina Smith, Woody Wilson

ACCOUNT MANAGERS

Jesus Cruz, Jr., Emily Moberly, Graeme Storey

ADVERTISING ASSISTANTS

Brian Carver, George Wargo ADVERTISING ART DIRECTORS

ADVERTISING SALES MANAGER Chris Reed

CLASSIFIEDS STAFF

Annalee Bradbury, Matthew Dickson Anita Field, Chrissy Guevara, Maribel Juarez, Steve Lieber, Jeane Martinez, Patricia MacInnes, Holly Micelli, Sandi Miller, Ninoshcka A. Moreno Ortiz, Carina Quintanar, Olivia Younan

PRODUCTION MANAGERS

Deborah Condit, Sandy Matthews

PRODUCTION ARTISTS

Frank Andrews, James Banerian, Rex Beckham, Mike Brown, Jeremiah Dean, Kevin DeYoung, Io Foitik-Koll, Paul Johnson, Leslie Manes, José Ramirez, Jr., Iessica Wentzel

ACCOUNTING STAFF

Kelly Ainsworth, Regina Gaither, Michelle Newby

ADMINISTRATIVE STAFF

Linda Johnson, Angel Probst, Margaret Stann

HUMAN RESOURCES MANAGER

INFORMATION TECHNOLOGY

Gavin Rattmann, Michael Wavne

PROJECT MANAGER

Fred Hagen

OPERATIONS DIRECTOR

All advertising in the Reader is subject to current rate card. The *Reader* reserves the right not to accept an advertiser's order. The entire contents of the San Diego Reader are copyright 2009, Jim Holman. All rights reserved

NATIONAL ADVERTISING

The Ruxton Group - 1-888-2Ruxton

MAILING ADDRESS Reader, P.O. Box 85803

San Diego, CA 92186-5803

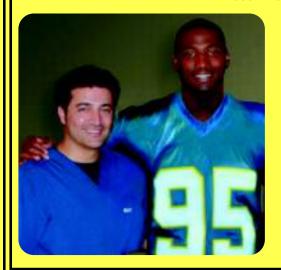
OFFICE

1703 India Street (at Date)

619-235-8200

GENERAL INFORMATION 619-235-3000

(Laser Vision Correction)



Interest-Free Financing Approval Guaranteed**

We accept VSP and other insurance.

We Offer Military & **Law Enforcement Discounts**

San Diego Pro Football Player Shaun Phillips

"Having the doctors in the top 1% of the country in your own backyard - you can't ask for anything better." -Shaun Phillips, Pro Football Player

Summer Specials! Expires September 19, 2009.

Standard Intralase or Custom LASIK

Custom Intralase (iLASIK)

surgery. Cannot be combined with any other offers. No cash value. Must

Standard LASIK \$699 PER EYE

Based on financing both eyes.

Regularly \$1500 per eye (app. savings of \$800 per eye)

Per eye — any nearsighted prescription with no astigmatism. Additional \$8 per month per eye for astigmatism (or \$300 per eye).

Custom LASIK \$1499 PER EYE OR

Based on financing both eyes.

Regularly \$2500 per eye (app. savings of \$1000 per eye)

Per eye - any prescription

All-Laser (blade-free) Standard (Intralase) \$1199 OR OR

Regularly \$2000 per eye (app. savings of \$800 per eye)

Per eve - any nearsighted prescription

All-Laser (blade-free)

Custom LASIK ILASIK \$1799 PER EYE

Based on financing both eyes.

Regularly \$2850 per eye (app. savings of \$1050 per eye) Per eye — any prescription

Call for a Complimentary Consultation

www.GlobalLaserVision.com

Over 50,000 Surgeries Performed to Date!



MEET DR. YAGHOUTI Refractive Eye Surgery specialist from Harvard University.

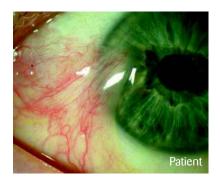
6950 Friars Road Suite 100

Across from Fashion Valley Mall

Se Habla Español



Do You Have Pterygium? (¿Carnosidad?)



Pterygium (pronounced tur-IJ-ee-um) is a growth on the inner corner of the eye which could lead to irritation or astigmatism.

Our fast procedure can remove this growth with no sutures.

Dr. Yaghouti has been voted America's Top Ophthalmologist by Consumer Research Council of America.

Need Contacts or Glasses?



We accept VSP and other insurance.

Free Eye Exam

(With purchase of frame & lenses) Offering a variety of designer eyewear.

New patients only. With no insurance. Savings of up to \$190. Expires 9/19/09.

Contact Lens Exam §85

Includes eyeglass prescription, fitting, follow-ups, and solution kit.

(Toric, multifocal and gas perms slightly higher.)

New patients only. With no insurance. Savings of up to \$180. Expires 9/19/09.



*Financing is based on 48 or 60 months at 13.9% per month (OAC, depending on total amount financed). All offers are for new patients only with no prior history of refractive surgery. Cannot be combined with any other offers. No cash value. Must present coupon at time of consultation. Offer cannot be applied retroactively to prior procedures. Some restrictions may apply. Surgery must be performed by 9/19/09. **Down payment and processing fee required. Must be employed for past two years. Valid stateissued identification, major credit card and checking account in patient's name required. Certain terms and conditions may apply. Call for details.

UNDER THE RADAR

Spooky You might call it MySpace for La Migra. **Alan Bersin**, ex–San Diego schools _____ chief and President **Barack**



Alan Bersi

Obama's "Border Czar" in the Department of Homeland Security, has set up an online social networking site called "Our Border: A Southwest Border Civic Network." As of last week, the site had 211 members and 80 photos, mostly of Border Patrol oper-

ations, the partially completed border fence and, of course, plenty featuring Bersin himself.

In order to get things warmed up, and apparently to collect a little intelligence on the side, someone using the handle "DHS Richard" invited new members to introduce themselves: "This network and these connections will only last if we know each other, if we take a moment to talk about why each of us is here. What brings you to this site? Are you a DHS employee, a community leader, an activist?" To encourage participation, he offered a reward: "We'll be watching the forum and looking for the two best introductions. Those two members will receive a phone call from DHS Assistant Secretary for International Affairs and Special Representative for Border Affairs Alan Bersin."

Among the 17 users who took the bait and provided their identities were "a former senior intelligence analyst for the State of California"; "the supervising Criminal Intelligence Analyst at the Arizona Counter Terrorism Center"; a "co-founder of the Border Patrol Auxiliary"; an ex—Secret Service employee currently working for the Transportation Safety Administration; and "the president of a small company with a focus on homeland security and keeping America safe." Like Facebook, the site allows users to "friend" each other. Thus, government agents are getting better acquainted: "DHS CBP and Ben DHS are now friends."

Tax dollars at leisure How are you going to keep the cops down on the farm

once they've seen Coronado? That seems to be the question facing the federally funded National Institute of Justice,



Coronado Marriott

which is hosting the Technology Institute for Rural Law Enforcement at the Marriott in the distinctly upscale beachside town. "There is no registration cost and all travel, food, and lodging expenses are paid. However, only 35 individuals will be selected to attend," says the invite about the four-day late-October gettogether. The event "is designed for the command staff or supervisory personnel of rural and small law enforcement agencies containing less than 50 sworn officers. Participants will receive information and assistance on existing and developing technologies, work through problems relating to technology implementation, and exchange technology lessons learned, that are of importance to the rural and small law enforcement community."

Scott Barker, deputy director of the Rural Law Enforcement Technology Center, said the Marriott was picked because other governmental agencies, including the institute, have used it in the past. A testimonial from Crawford Coates, senior editor of San Diego—based Law Officer magazine, who attended an event in May, touts the freebie as "Not a bad deal, especially when it's 70 degrees and sunny, as you peer between sessions across the glittering bay at the skyline of downtown San Diego." He adds, "There was something there for everyone, plenty of opportunity to network when class got out and the beautiful island of Coronado to explore."

Stand-in money UCSD political science professor **Peter Gourevitch**, who has taken over as acting dean of the university's School of International Relations and Pacific Studies while full-time dean **Peter Cowhey** is away on extended leave advising the Obama administration on trade policy, is making a pretty decent salary.



Robert Gleason

According to recently released documents, Gourevitch's annual base salary is \$216,583, plus an additional \$7200 in "stipend, add-ons, etc." for a total of \$223,783. The appointment was effective August 1, 2009, and runs through January 31, 2010. According to a database of UC salaries

maintained by the Orange County Register, that's significantly higher than Cowhey's annual pay rate for 2007, which totaled just \$201,921. In addition to his professorial duties, last year Gourevitch hosted a weekly show on the university's TV station about the nation's presidential campaign. ... San Diego County's Republican Party has been raking in some late-summer cash. The Bahia Resort Hotel, owned by the wealthy Evans family, gave \$6839.50 on August 20; the same day, Sempra Energy kicked in \$2500. On July 15, GOP mayor Jerry Sanders appointed Evans Hotels chief financial officer Robert Gleason, a Democrat, to the regional airport authority board. - Matt Potter

The *Reader* offers \$25 for news tips published in this column. Call our voice mail at 619-235-3000, ext. 440, or fax your tip to 619-231-0489.

PUC Loves SDG&E

By Don Bauder

all Street absolutely loves the state's Public Utilities Commission (PUC).

That's a major reason why backcountry

folks may have to swallow San Diego Gas & Electric's loony scheme to shut off those rural residents' power during fire season. Michael Shames, head of Utility Consumers' Action Network, says bluntly, "The PUC is owned and operated by the utilities."

He is referring to the five commissioners. The PUC's staff and administrative law judges are balanced and can be tough on utilities. But in all too many cases, they are overruled by the commissioners, whose mission is massaging utilities and maiming consumers.

On September 10, the commission meets to consider the implementation of SDG&-E's so-called Emergency Power

Orange County Register Parent to File Bankruptcy

Professor Tells How Convention Center Stats Mislead

The company said it is "continuing to work with lenders.

Shut-Off Plan. The utility, a unit of Sempra Energy, proposes to turn off electricity

danger. That's the total that would suffer. But during any given 12- to 72-hour period, 18,600 people would be affected, says SDG&E. The commission earlier issued a temporary restraining order preventing the utility from unilaterally implementing the plan prior to the September 10 meeting.

The idea is vigorously opposed by water districts,



Rancho Bernardo home, 2007

to 57,000 backcountry customers and 125,000 residents during periods of high fire

schools, disability rights advocates, and others. They point out that if a wildfire broke out in a powerless area, people might not get critical information because their phones, TVs, and computers wouldn't work. If they learned of the fire by word of

continued on page 8

Read Don Bauder news updates like these every day at SDReader.com

Here's how San Diego cooks its books...



They Have No Concrete Proof

By Dana Wyant

n April 12, 2007, I did some concrete work in the backyard of my Rancho Peñasquitos home with the help of my wife,

son-in-law, and two close friends. I rented a cement mixer in Poway, which my friend towed home with his truck. I took careful precautions, and when a small amount of cement spilled onto the road, I had tools ready for proper cleanup. After finishing the concrete work, all the tools and equipment were cleaned in a dirt hole in my front yard. I have worked with concrete for contractors and friends and neighbors, so I am well aware of how to manage the job

had noticed what appeared to be concrete residue in the gutter in front of three homes and mine. She took samples and pictures, and she asked us if we knew of anyone who had done work recently. I responded that we had the week before. My first mistake.

Flores said that she thought the residue might have come from my residence and that there would be an investigation. My neighbor and I assured her that concrete residue could



Dana and Gael Wyant with Ginger

questions, I could call the

administrative hearing coor-

equipment with her to do the cleanup. I again assured her there was no way the mess had come from me, but I would not mind doing the cleanup. Not worried about an investigation, as I knew a proper one would find me innocent, I promptly put the matter out of my mind. Silly me.

On March 14, 2009,



Photo by code compliance officer Diana Flores

properly, including the environmental concerns.

On April 19, 2007, I was outside chatting with my next-door neighbor, who had helped on my backyard project, when a storm water code compliance officer named Diana Flores stopped at my home, saying that she

not have come from my project. We explained how we had taken every reasonable precaution to avoid spills. She asked me to sign paperwork — which I did, mistake number two — and then asked if I would clean the residue that was left in the gutter, as she had no

almost two years later, I received a legal-sized envelope with a "Civil Penalty Notice and Order" informing me that I was the responsible party for a "discharge of construction waste" and that the civil fine and administrative costs totaled \$1547.80, due April 9. If I had

dinator. I called the number, asking when the investigation had been done and how the City had concluded that I was the responsible party. I was told that I could request arbitration but that the bill would increase the longer I delayed payment. It sounded like a warning to pay the fine immediately or risk paying increasing administrative costs if I held off while I appealed. Of course, the fact that the City had waited almost two years to investigate and assess my fine didn't matter. I spoke to an attorney,

I spoke to an attorney, and he said that he could help, but he would need a \$5000 retainer to start. As I couldn't afford that, I decided to attend the arbitration on my own. I felt confident that if someone unbiased listened to the witnesses and me, they would find me not guilty. Mistake number three.

I have lived in my house since August 1978, and I know most of my neighbors. Before attending the hearing, I asked 10 or 12 of them if they had been questioned by the Storm Water Department. Not one had been contacted or knew anything about the matter. I also discovered that runoff flows past my house from 18 houses above mine, any of which could have done the concrete work.

continued on page 10

STRINGERS

Fishlike

La Jolla — Todd Robinson of the La Jolla Swim Club set the men's Catalinato-California-mainland swim record on

swim record on August 25, with a time of 8 hours, 5 minutes, and 44 seconds.

Beginning from Catalina Twin Harbors at around 12 a.m., Robinson swam in the dark with a few of his

closest friends to keep pace. From the start, he left his pace person in his wake. The water temperature was 68 to 70 degrees F. The latter part of the swim was much tougher, as the water temp dropped to around 60

degrees.
Also, a 2to 3-foot
s o u t h
swell was
running
about then
and made

the final dash across boulders that much harder.

Swim Club

Some of Todd's training workouts included six laps from the La Jolla Cove to La Jolla Shores, a distance of about 12 miles. The female record is 7 hours, 15 minutes, 55 seconds.

By Ron Hamilton, 8/26

Fire Up, Power Down

Janul—Residents on Sloan Canyon Road in Jamul spent several tense hours on Friday, August 28, waiting as fire crews worked feverishly to extinguish a brush fire burning at the rural dirt road's only entrance and exit. The blaze began at approximately 2:40 p.m. at the intersection of Lawson Valley Road and Sloan Canyon Road.

According to a resident, a woman in a white Ford F350 truck swerved to

avoid an oncoming car, hit a telephone pole, and careened into a chain-link fence before crashing into the nearby 15-foot-deep ravine and creek bed. Downed power lines from



Firefighters on Sloan Canyon Road

the telephone pole are believed to have sparked the fire.

"The whole telephone pole was whacked in half," said resident Michael Towne, adding that loose power lines were lying in the street for about one-eighth of a mile.

Cal Fire crews responded immediately. Once SDG&E shut the power off, helicopters and air tankers were able to make numerous water drops.

By approximately 6 p.m., the fire was extinguished.

By Cindy Winslow, 8/30

Mind the Cap

Solana Beach — Assemblywoman Lori Saldaña is concerned about the North Pacific Gyre, an island of plastic debris floating in the middle of the Pacific Ocean. Saldaña's also concerned about the plastic caps from soda and water bottles left behind on the state's beaches and parks. According to a study conducted on Orange County beaches, an estimated $\underline{\phi}$ 88,000 plastic caps have Diebeen left behind on the 40 miles of coastline.

Saldaña introduced a der September Special bill that requires all single-use plastic bottle manufacturers to tether the lids and caps to every bottle they make.

continued on page 10

continued from page 6

mouth, they might not be able to evacuate quickly because garage-door openers, street lights, traffic signals, and gas pumps wouldn't function. People with disabilities could be trapped in their homes. The lives of people who depend on medical life-support equipment would be in jeopardy.

And how could firefighters battle the blaze if the electric water pumps that supply water to the area would not work? And wells that could supply water would also be worthless?

Those who would not be inconvenienced by the shutoff are all in favor of it. These include the San Diego fire chief and city council. (The county board of supervisors, however, thumbed down the idea.)

SDG&E tells backcountry citizens that they should have

their own generators. But these are not rich people, in the main. The answer, say opponents, is for the utility to do what the law requires: design and maintain lines properly, particularly keeping trees away from them.

An administrative law judge for the utilities commission studied the shut-off plan and said it would pose excessive safety risks. He said it should be nixed. But any one of the five commissioners can write an alternative decision: Commissioner Timothy Simon, who is cozy with Sempra, did just that. He suggested that the plan could move forward on a test basis, with certain changes in place. On September 10, the commissioners can turn down the plan, adopt Simon's approach, or come up with an alternative.

SDG&E's concern is financial liability. After the October 2007 disaster, the PUC's Consumer Protection and Safety Division looked into causes

of the Guejito, Witch, and Rice fires. The division found that those three fires were linked to SDG&E power lines. In the Witch and Rice fires, SDG&E was in violation of state utility rules; Cox Communications was the major culprit in the Guejito Fire.

"The [Consumer Protection and Safety Division] believes that SDG&E's unwillingness to provide immediate access to witnesses and evidence prevented [the division] from conducting a more timely investigation," said the report.

Them's strong words.

SDG&E's laxity in keeping trees away from power lines and its failure to correctly design and maintain its lines caused two of the fires; the utility's uncooperativeness prevented a rapid investigation of all three fires. Nonetheless, "There has not been one mention of any kind of penalties" for the reprehensible behavior, says Shames. The key word for regulators is

"imprudence." It means that utilities have not spent ratepayer money properly and should get a monetary penalty. "The PUC is fond of tongue-lashings, but rarely does it spank utilities where utilities feel it — in their pocketbooks." Regulators are mum on the word "imprudence."

Eventually, SDG&E paid almost \$700 million to insurance companies that had settled with fire victims and then sued SDG&E. Other suits against the utility are pending. Through its new plan, the company wants to be shielded from liability for damages caused by power shut-offs, points out Shames, noting that once the company reaches its insurance liability limit, it will want to raise consumers' rates to pay for that liability.

Shames worries that the September 10 decision will be "Sunrise redux" — or a rerun of the Sunrise Powerlink decision. This proposed 123-mile transmission line

through environmentally sensitive backcountry areas was opposed by two administrative law judges and the PUC commission staff. But the commission voted to let it go through. SDG&E can rake in \$1.4 billion in guaranteed profit if federal authorities approve the project, says Shames. The commission bought the argument that it would stimulate renewable power development but then didn't make sure that the line imported renewable power. The Utility Consumers' Action Network has appealed the commission's Sunrise decision.

On September 10, PUC commissioners may stand where Wall Street stands: for more Sempra profits and less consumer protection. Mark Barnett of Morningstar, the stock analyst firm, gushes that Sempra is aided by "the best regulation in the country." Just a few years ago, Sempra's major focus was on nonregulated businesses, such as energy trading. But now that

regulation is so favorable, the company is emphasizing the regulated gas and electric businesses. "The California Public Utilities Commission is considerably more friendly than it has been in the past," enthuses Barnett, and the same is true of federal regulators who oversee transmission projects.

Standard & Poor's points out that in July of last year, the PUC approved almost \$200 million of total rate increases for Sempra's two main operations, SDG&E and SoCal-Gas, providing for rate jumps of 3 percent a year for both entities through 2011.

Gary F. Hovis of Argus Research says that Sempra's "overall excellent experience with regulators should go a long way in preventing a precipitous falloff in profitability. We view the regulatory commissions at both the state and federal levels as fair and balanced."

That's fair and balanced for investors. Not consumers. ■

Look Younger With More Hair

My Dearest Dr. Khan: I cannot begin to thank you enough for the change you have made in my life. You have given me a renewed confidence in what I love doing most of all, singing country music. You have taken years off my appearance by your masterful and artistic touch.

YOU HAVE TRULY CHANGED MY LIFE FOREVER.

With all my heart and soul, thank you.

Free Financing 2 years 0% interest.

Hair transplants for men & women

Permanent, painless, one-day procedure!

3000 HAIRS

99¢*
per hair
Regularly \$2. 99° special up to 3000 hairs

With over 25 years' experience Dr. Shugufta Khan, M.D., trained cosmetic/plastic surgeon, practicing in San Diego since 1995, is an expert in the field of Hair Transplantation, world renowned for creating a natural hairline and maximum density.

Call today for private consultation: 1-800-211-HAIR (4247)

Actual Patient

Grow & thicken hair with our FDA-approved Laser Comb

Visit us at **ILHT.com** 7930 Frost St. #203, San Diego Open Saturdays.

*1st-time hair transplants. Expires 9-30-09. OAC.





San Diego • Chicago

San Diego Reader September 3, 2009

Bankruptcy? Our Fees Are

Less Than Those 'TV Guys' 23 years' experience in tax, real estate, plus bankruptcy. Craig Trenton, Esq. 619-544-0669.

IRS Problem?

There is a solution. Let a professional handle the IRS. Free consultation. Stephen Jackman, tax consultant. 619-225-9854 or skjtax@earthlink.net

San Diego County Bankruptcy

Chapters 7, 11 & 13
Free consultation. Affordable fees. Payment plans.
Haffar & Associates, 877-696-6576. HaffarLaw.com.

Divorce, Custody, Support

Law Office of Denise E. Oxley, Call 858-486-4823.

Bankruptcy Attorney 7, 13 Stop Lawsuits & Repossessions

Call to speak to attorney. Debt Relief Agency. 858-335-1162. BankruptcySD.com.

IRS Problems Got You Down?

27 years' IRS experience. Income tax and collection problems. Audit and appeals representation. Tax return preparation. Current/unfiled returns. Free consultation. Reasonable rates. BJ Tax Consulting, 858-530-1675

Don't Let IRS Ruin Your Life!

Peace of mind is within your reach! Call 1-877-FIXABLE (24 hours) for recorded message and free report. Attorney Dave Greenberg, 858-292-0700, www.fixabletax.com.

Bankruptcy— Low As \$750 Free Consult— Al Gross, Esq. 888-FAIR-PRICE (888-324-7774). AskAttorney

Debt Settlement & Negotiation Be debt free in 6-36 months. 40-60% debt reduction.

Free consultation: 866-369-3051. OneUpDebtRelief.com.

DUI Defense Attorney

Experienced. Aggressive. Avoid court. Free consult. Foldenauer Law, 619-564-8877. Visa/MC/Amex.

Bankruptcy— Divorce Mediation, low-cost child support. 619-238-5680.

Need A Divorce?

Low on funds? Uncontested divorces \$750 plus costs. San Diego County only. Global Legal Resources, LLP. Christopher R. Dryden, Esq. Call 888-846-8901, x1102.

Aggressive Family Attorney Experienced in Divorce

Divorce, custody, support, property, paternity. Call 619-542-1100. www.RochaFamilyLaw.net.

Aggressive Female Attorney Criminal/Family Law. Melissa S. Lubin, 619-232-2900.

Ch 7 Bankruptcy \$1099 **Complete Includes Filing Fee**

Debt relief agency. Free Consultation. Payment plans available. 8am-8pm, Monday-Friday; and 9am-5pm, Saturdays. Over 9 years of experience. Se habla Espanol. Attorney Roger Stacy, 619-253-8141.

Expired Gift Cards/ Certificates

If you have an expired gift card or gift certificate, you may have legal rights. Call 619-239-1300.

Meet Local Singles on Lavalife Voice! Call now! Must be 18+

Low Cost Divorce— Support \$100 starts, easy payments, online divorce available. MC/Visa. #7. www.Legal-Choices.com. 619-593-6000.

Bankruptcy 619-696-7444 Free consultation, Scott A. Fleming, Attorney.

Facing A Foreclosure File 7 or 13 Bankruptcy

Save your home or wipe out negative equity. Free consultation with experienced attorney. 619-321-8125, 858-335-1162. BankruptcySD.com.



Debt relief agency • Payment plans available • Appointments M-F 8 am-8 pm, Sat. 9 am-5 pm

\$999 Chapter 7 Bankruptcy

Includes Court Fees Attorney rep. \$300 starts. Asaph Abrams, Esq. Free consultation. BankonitSD.com. 858-344-0500.

Psychic Readings

ltation. 760-294-4008

DUI and Criminal Defense

Affordable rates. Visa/MC, flexible payment plans Free consult. Attorney David Boertje, 619-229-1870.

Car Repo'd Or About To Be?

East County Divorce/ Family Law Lawyer

Let our full-service law firm help you achieve the best possible result. Affordable fees. Haffar & Associates, 877-696-6576. HaffarLaw.com.

SD County Divorce/Family Law

Marital separation/dissolution. Child custody visitation. Child and spousal support. Marital property division. Paternity suits. Settlement agreements. Free consultation. Affordable fees. Haffar & Associates, 877-696-6576. HaffarLaw.com.

Bankruptcy, Fast Divorce

We answer the phone— Talk to a lawyer— 8am-7pm. Low down payments— Same day filing— Free advice. FixedPriceLegalCenters.com (sm), 800-993-1998.

Free Criminal Defense Clinic

Best free legal service in San Diego. Learn more at www.sddefensecounsel.com or call 888-233-5446.

Employee Rights Attorneys

The Tyson brothers represent employee victims of Sexual harassment, wrongful termination and Wage violations. Tyson & Tyson, LLP. 619-702-8350.

Bankruptcy- Ch. 7, 11 & 13

Free consultation. Honest advice from an attorne A debt relief agency. Avatarlegal.com, 858-793-9880

Stop IRS/State Cold!

Ex-IRS officer. Contact: D.M. Wayne, Tax Consultant 858-614-0223. taxsolutionservices.com.

Bankruptcy: 7, 11, 13Sound advice; reasonable fee. Payment plans available.
C. McLaughlin, Esq. Call 760-431-2200, 619-295-1300.

Previous marks on your record? We assist in expunging previous convictions and infractions from your records. Carlsbad CA. Josh Hershon. Global Legal Resources LLP 888-846-8901 x1103. www.globallegalresource.com.

Quick & E-Z Divorce \$69.95/up

Stop Home Foreclosure Ch. 13 Bankruptcy or

All work done by experienced attorneys with practice

Free advice! Injury Law Center, 619-338-8

File Chapter 13 Bankruptcy All work done by attorneys with 20 year experience. 858-335-1162.

Is The IRS After You? Help Is At www.mtax.com

Simple Divorce \$149

Affordable Legal Services

Do you need help with a criminal or civic matter? Call Attorney Mark G. Spencer at 619-233-8610.

Bankruptcy Attorney Get a fresh start today!

Looking For A New Job?

15 years' experience. Thousands of completed divorces. Issues: Child custody, support, property. 24/7 service. QuickandE-ZDivorce.com. 619-793-6796.

Loan Modification

limited to bankruptcy mortgage laws. 858-335-1162.

www.619Bankruptcy.com

Bankruptcy law firm. Free phone/in-office consult. Weekend/evening appointments OK. 619-794-0461.

Auto Accident? Other Injury?

Wipe Out 2nd Mortgages

Call Curtis McAllaster, CPA, 619-523-3098

Affordable rates, MC/Visa/Amex. Se habla espanol. Joseph B. Carnohan, Attorney. 760-722-8200.

Divorce Easy \$79-Up Affordable Legal Assistance, 619-479-4527

El Cajon Bankruptcy Lawyer

Free consultation. Reasonable fees. Office in El Cajon. 619-794-0461, www.619bankruptcy.com.

Affordable payment plans available. Raymond Schimmel, Atty, 619-275-1250.



Financial Aid Available for Qualified Students Associate's, Bachelor's & Master's' Degrees Respiratory Therap

X-Ray Technology (Ltd.Scope) Laboratory Technology Pharmacy Technology lealthcare Administration

Medical Coding/Billing Nursing Administration Medical Specialties Medical Office Administration

California College San Diego

2820 Commo Del Rio South, San Diego, CA 92108

Proparation for Cartifi

BUSINESS & ACCOUNTING

- Employment Assistance for Graduates
 Preparation for Certifications and Licenses
 Accredited Member ACCSCT
 Programs Approved for Veterans

Evening, Day & Online Classes Start Next Month

LAPTOP COMPUTER!

Certain restrictions apply. Cali for details.

1-800-622-2416 www.californiacollege.info

No Recovery Means No Fee! **Contingency Attorney Can Help**

If you're injured in an accident, mistreated at work or need help with a contract or insurance claim, we'll fight for you! We're experienced and aggressive. Consultation is free, so what have you got to lose? Don't hesitate, call us today: 619-239-1300; e-mail: morris@sandiegolegal.com. Morris and Associates. Personal Injury, Sexual Harassment, Business Litigation.

Sexually Harassed at Work? Hostile Work Environment? Discriminated Against? Wrongful Termination? Unpaid Overtime?

We are experienced in representing employees and will vigorously defend your rights. All too often, employees will ignore an unfair work situation, or will wait too long after a violation has occurred. Don't let this happen to you! Call Attorney Michael Sousa today for a free, no obligation consultation, 858-453-6122 x15.

Traffic Tickets?

Don't pay. Hire an attorney to fight for \$100. No attorney fee if ticket not dismissed. Contact Law Offices of Elizabeth Aronson, 760-685-8242 or SanDiegoTrafficTickets.com

Solve Your Tax Problems!

Don't deal with IRS or FTB! Let a tax attorney do it! Free consult 619-795-9154 Chris@ChrisCookeLaw.com.

Divorce "Self-Help" From \$85 Lowest cost services since 1976— Reg. #54 Custody/Visit/Support, etc. Direct: 619-454-0994.

Car Accident Victims!

25% fee. Why pay more? Demanski & Ellis, Attorneys at Law, 619-338-9880.

Ex-IRS Tax AttorneyBeat any price. Problems, returns, etc. 619-234-8471 Bankruptcy?? Only \$800

Attorney's Fees

for unsecured debt. 24 years' experience. This combo can't be beat. 619-544-0669.

Criminal Defense AttorneyDUI, traffic, possession, domestic violence, probation Federal/state. Experienced/aggressive. Free consult. Law Offices of Scott Salmu, 619-232-4LAW (4529).

Drunk Driving AttorneyFelonies/misdemeanors/DMV/drugs. 619-338-9500.
J. D'Ambrosio. Free consult. Visa/MC/Amex.

Start Your Credit Fresh

Bankruptcy made easy. bankruptcysd.com, 858-335-1162

Bankruptcy Chapters 7 & 13 \$300 Starts Representation

All work done by experienced Bankruptcy Attorney. BankruptcySD.com. 619-321-8125; 858-335-1162.

Home Loan Modifications

Attorney. 619-804-2486. StraightArrowServices.com East County Bankruptcy

127 696-6576 HaffarLaw.com.

Divorce/Custody/Support Contact Happ Law Group P.C. 619-906-5800

Hypnosis— All Issues! Smoking, weight, habits. Lori (CHT), 858-457-2100.

Experienced Tax AttorneyMaster of Laws in Taxation. Solution to IRS, FTB, EDD and SBOE problems. Audits, Collections, Levies & Offers. Atty. Ronson Shamoun, 619-595-1655,

Accident? Injury?

www.IRSsolution.com.

Get the compensation you deserve. Law Offices of Robert T. Pope, 619-233-3893.

www.bankruptcysd.com Free Attorney Consult 858-335-1162, 619-233-4415.

Evelash Extensions \$85

autiful Lashes. 858-405-2688. sandeyrichardson.com.

Tax Problems Solved!

Current and back taxes, offers-in-compromise, more Low flat fees. www.tbiadvisory.com or 858-454-9031.

Got Warrants?

Felony, Misdemeanor, DUI & Probation Case Attorneys. Abby Ertz Esq 619-840-4566 Summer '09 warrants \$649!

The Red Zone is Back!

The San Diego Reader's High School "Red Zone" is back for the 2009 football season. For the second straight year, the "Red Zone" will be home to in-depth coverage of high school football throughout the San Diego Section and serve as the only high school football website where users can create their own original content.

Just like last year, coaches, parents and players can contribute to the "Red Zone" by commenting on posts and by posting their own editorial content, videos and photos, both on the main page and on individual team pages.

Coverage has started with season previews of the five defending section champions. The blog is located at: **www.sdreader.com/football**.

What is new inside the "Red Zone" this season?

The "Red Zone" has a **YouTube** channel. Expect more video highlights in 2009.

The "Red Zone" is on **Twitter**. Follow the "Red Zone" as we tweet breaking high school football news. We have 17 followers thus far.

Daily content. Starting in the regular season, the "Red Zone" will feature daily content:

Sunday **Top 10 poll** – New this season, our take on the section's best (Oceanside is preseason No. 1).

Monday **High Five** – Previews of the top five games of the upcoming week, including the "Red Zone"'s game of the week.

Tuesday **Best Pics** – The top five pictures from the previous week's action.

Wednesday **Sound Off** – The "Red Zone" offers an opinion on a topic related to high school football and hopes someone disagrees... It's more interesting that way!

Thursday **Feature/Opinion Stories** – Coverage highlighting unique teams, players and happenings throughout the section or the "Red Zone" throwing in its two cents on an issue.

Friday/Saturday **Game Coverage/Scoreboard** – Coverage of the Game of the Week and other assorted games and a scoreboard with all the action.

If you have any questions or comments about the "Red Zone," please email **redzone@sandiegoreader.com** or call Anthony Gentile at 760.505.6938.



Concrete proof

continued from page

On May 5, my wife and I arrived at the offices of the Storm Water Department on Chesapeake Drive in Kearny Mesa for our nine o'clock hearing. One friend who had helped me with the concrete project came as a witness. Nancy T. Beardsley was the administrative hearing officer. Diana Flores and her supervisor, Antonius Evans, represented the Storm Water Department.

We listened to Flores's testimony. One of the pictures she took was of the spot on the asphalt where the small amount of concrete, approximately one foot by two, had spilled. She had done a pH test that showed that the substance was alkaline, which concrete is. She stated that this proved I had spilled concrete in the street and therefore that I had contaminated the storm water drain system. If you spill concrete on the street and clean it up properly, yes, there will still be some evidence. If you do it improperly, by using a hose to wash it down the gutter, then there will be no evidence. While questioning Flores and Evans about their investigation, we discovered that the samples Flores had taken from the gutter had been lost and had never been tested, so there was no physical evidence that the residue in the gutter was concrete. Having the opportunity then to tell my side of the situation, I left feeling comfortable that the error would be resolved and justice would be served. Mistake number

On May 22, 2009, I received a certified letter stating that I had lost and now owed \$1800.15, as the cost of the hearing had been \$252.35. My only further appeal would be to the Superior Court through a writ of mandate. I had 90 days to file the writ. The letter demanded that I pay the

CITY LIGHTS

fine immediately. I was shocked and dismayed at how the hearing officer had found that I had done something I did not do. She acknowledged that a white "trail" in the gutter had originated from a property up the hill from my house and that there was no evidence that I had hosed down the spilled concrete. Despite these things, and even though Flores's samples had been lost, the hearing officer had concluded that the material in the gutter was concrete and that it had

come from my house. The general invoice they sent to me was dated May 20, 2009, with a payment due date of June 6, 2009. I called the administrative hearing coordinator, Mary Randell-Iones, to tell her of my intention to file a writ and to ask if the payment due date could be extended to the 90 days I was given to file my appeal. She informed me she would have to get approval from the city attorney's office. I decided to ask for some assistance from my city council representative, Sherri Lightner. I spoke with her aide, Steve Heverly, who stated that he would call the Storm Water Department. Amazingly, Mary Randell-Jones called me the next day and apologized for not getting back to me sooner. She said that they would hold the payment for 90 days. Imagine my surprise when I received a certified letter, dated June 19, 2009, from the City Treasurer Collection Program. "Collection Notice / Protect Your Credit! This Account Has Been Referred for Collection. Balance Due: \$1981.35." Here we go again.

I have now been told that to file a writ of mandate I need an attorney, and even if I win my appeal, it will only erase the original arbitration and I will still have to go through another arbitration or pay the bill and take the City to Small Claims Court. I am still working on finding help to assist in proving my innocence.

CITY LIGHTS

STRINGERS

continued from page 7

Saldaña is asking local municipalities to draft letters endorsing the bill. On Wednesday, August 26, the Solana Beach City Council drafted that letter. After some discussion, however, the council decided the bill isn't that sound.

Mayor Mike Nichols: "What [the bill] is asking to do is create another piece of plastic to attach to another piece of plastic and when it goes to the recycling facility, if they can't recycle it, then they just have to pull it off. So that piece of plastic is created in vain."

By Dorian Hargrove, 8/29

Water Everywhere

Imperial Beach—Stella Garcia walks to work every morning and for the third Thursday in a row, a home's lawn sprinklers have kept her off the sidewalk. "I have to walk in the middle of the street to stay out of the water. There are two or three geysers shooting up water."

The California-American Water Company, which administers water supplies to Imperial Beach, has an 11-person complaint-response team, but the company has issued no water-use restrictions.

Kendra, who answered the Cal-Am Water Co. business phone, suggested someone should call their 24-hour hotline the next time the sprinklers were running, and an inspector would be sent out.

The residents of the home with the faulty sprinklers are renters who said they have notified their landlord of the problem, and the landlord said the problem is due to a faulty control box.

By Peter C. Salisbury, 8/30

Comments

1. I manage an apartment complex and even tend to the sprinklers myself. The geysers that Stella describes are not caused

continued on page 115

Andy wants to pitch for Chula Vista's Parkview Little League Champions. He begs them for a spot in their rotation by offering an **UP TO 70% OFF SALE THIS WEEK**

 $m{VIPER}^\circ$ Car Audio Heaven announces an incredible promotion on top-of-the-line Viper car alarms. $m{VIPER}^\circ$

Buy one of the fantastic Viper car alarms below and save up to \$150 by receiving a gift card you can apply towards your purchase instantly.

VIPER® Car alarm -Starter kill, lights flash, door

protection, impact sensor with warnaway and code-hopping technology. Limited lifetime warranty. Purchase price Gift Card

-\$10 You pay \$189 Receive a \$10 Instant Gift Card with this item. As calculated

in box at left.

Paging Car Alarm Blowout!

New technology car alarm pages you when your car is tampered with or alarm is triggered. Bright LCD display shows you which zone has been violated. Includes installation.

Purchase price \$399 Gift Card -\$150 \$249 You pay

Car Audio Heaven Announces a SUPER SALE on The World's

\$150 Instant Gift Card with this As calculated

in box at left.

Receive a

Blowout Deal on a New Technology Extended Range (up to 1 mile) Paging Car Alarm with Remote Car Start New technology car alarm pages you

when your car is tampered with or alarm is triggered. Bright LCD display shows you which zone has been violated. Includes installation

Purchase price \$499 -\$150 Gift Card You pay \$349

Receive a \$150 Instant Gift Card with this

As calculated in box at left.

KENWOOD In-dash stereo



200-watt AM/FM, detachable-face CD, iPod jack, and RCA output to add amplifier. Authorized Kenwood dealer. Installation charges not included.

Buy One Pair of Crystal Clear Sounding Component Set Midrange and Tweeters & Get a Free Pair of Coaxial Speakers of Same Brand & Series Boston \$199

Winfinity \$229

Blowout Deal



/ ECLIPSE

New for 2009 - Introducing a fantastic new in-dash navigation unit with a 7 touch screen color monitor, DVD, CD, MP3 with iPod Control (cable optional), Built-in Bluetooth for Hands-free Calling. Navigation has turn-by-turn voice guidance, 12.3 million points of interest & Icons for specific Landmarks, Optional satellite radio, HD radio and rearview camera, 6-channel 5v preamp outputs for connecting multiple

> Free standard installation. Install parts extra.

Authorized Eclipse dealer.

208 Watt Am/Fm Cd/DVD/ Mp3 Player with ipod input Sat Radio Ready, Kareoke Mic obs Input , 3 4v preamp ble outputs for amps \$169

KENWOOD Huge Blowout on a 200-watt AM/FM/CD/MP3 Player Includes built-in Bluetooth with microphone



Front-panel USB iPod input. Built-Optional satellite radio. Includes wireless remote, iPod control.

Authorized Kenwood dealer. Installation charges not included.





The World's Leader in Mobile Audio Technology Rewards Car Audio Heaven. We are celebrating by offering this unprecedented special:

Top of the Line Power Series 1200 watt Woofer and a crystal clear 500watt rms thundering bass Amplifier, Hurry for Best Deals !!!!!

Tockford fosquite.

The World's Leader in Mobile Audio Technology Rewards Car Audio Heaven. We are celebrating by offering this unprecedented Ultimate Amp Package:

Buy One pottordioscoto R500-1 Super Powerful Crystal Clear Mono Block 500 Watt Bass Amp For\$269 and Get

a "Jockford fosques Crystal Clear 4 Channel r300-4 300 Watt amp for Free !!!!!

iPod wired directly to your

stereo Apple iPod Solutions

will add sound directly to your radio. No noisy FM modulator. JVC, Kenwood, Pioneer, Alpine, GM, Chrysler, Nissan, Ford, Honda, Mercury, VW, Toyota, Audi and Acura. Call for Installation charges not included.

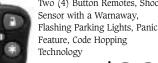


Our Window Tint Department has tripled in size with outstanding quality. Rear 3 windows some cars

There are shade limitations for this special

AUTOPAGE ((1))) Super Sale on a Remote







Rear-View Backup System with Rear-view Camera and Mirror with Screen Save \$100 off MSRP

when you back up.

KENWOOD Huge Blowout on a 200-watt AM/FM/CD Player with Front-Panel iPod Input







Save over 50% off MSRP

Car Audio eaven

El Cajon City 619-444-2021 1225 Broadway

Sports Arena 619-574-0770 3713 Rosecrans Street

Kearny Mesa 858-505-9099 8199 Clairemont Mesa Boulevard

San Diego 619-287-4422 4951 El Cajon Boulevard





Pictures are for illustration only. Regular prices only. Some cars require extra parts and labor at additional cost.

Carryout prices are higher. We do not honor warranties on carryout items. Prices subject to change without notice.

LETTERS

We welcome letters pertaining to the contents of the Reader. Phone them in at 619-235-3000, ext. 460; address them to Letters to the Editor, Box 85803, San Diego CA 92186-5803; fax them to 619-231-0489; or use our web page at SanDiegoReader.com/letters. Include your name, address, and telephone number. Letters may be edited for length and clarity.

Erratum

In last week's "Off the Cuff" column, the wrong photo was used for the Barry Ladd interview.

Hey, Man, Back Up

Regarding Rachael Gordon's little interview ("I'm a '70s Girl," August 27) in respects to her backing band, well, she doesn't have one! Also, I am not and have never been, or will ever be, part of her musical endeavors. I did help her record her only album to date, which was 50 million years ago and took a lot of patience on my part. Ms. Gordon has not been part of the San Diego music scene in decades, so why the interview now? The Reader should focus on true current talent like Diana Death, Regina Leonard, Maren Parusel, Los Sweepers, Dave Humphries, and a host of others.

> Hector Peñalosa via email

Jay Allen Sanford responds: Gordon was "backed by" Peñalosa, as the article accurately states, and he confirms rerecording her — the phrase "backing band" is never used. In addition, Peñalosa and his brother are both credited as playing with Gordon in recordings by a short-lived band called the Very Idea (Gordon, the Peñalosa Brothers, A.J. Croce, Bart Mendoza, Mike Kamoo, Billy Lovcki), and Peñalosa is credited as the bass player on Gordon's single "Rock and Roll Girl."

Peñalosa's list of notable locals is solid, though one is his girlfriend (Diana Death), another is an ex-girlfriend (Maren Parusel) who once fronted a tribute band (Wild Weekend) to Peñalosa's old punk group the Zeros, and Peñalosa is currently recording with both Regina Leonard and Dave Humphries, making his citation of their inkworthy merits seem less about admiration and more akin to shameless (and undisclosed) promotion.

Gordon's most recent album (not her first, nor her only) was in 2006, somewhat less than "50 million years ago," but Peñalosa's faulty grasp of numbers was already evident in a "Blurt" report ("Zero Plus 37 Equals 45," April 13, 2006) that revealed he was at least eight years older than the date on his MySpace profile, which would have made him around eight when the Zeros made their first record.

Xtreme Tiddly

I thought that I was the only one that ever wrote anything about tiddlywinks ("Sporting Box," August 27). Actually, I turned it into an extreme sport. You can read "The Tiddlywinks Blues" at bergenbugle.com/page2.html#Short-Stories.

Ed Coonce via email

Clarified Bitter

You have a "Stringer" story called "Pedicab Crackdown" (August 27). I'm a pedicab operator and have been doing this for over four years. I have never had an accident, but I can't say the same thing about getting ticketed by the police. The only difference is that I must pay because I live here or go to jail. The foreigners don't, so they can do anything illegal and not have to suffer the consequences.

As far as overcharging, there is a different mind-set between Americans and most foreigners. We want to get the people in the bike, charge them a fair price, give them a good time, in hopes that they will call back. The mind-set many foreigners have is this: Get the people in the bike, overcharge them, because we will never see them again. I hope this clarifies the information for your readers.

P.S. A lot of foreigners wait

until the police leave the scene, then throw the citations away. I have witnessed this, so I'm all for the new regulations! Brian E. Johnson via email

An Error On The Throw

Re"Get the Union-Tribune — For Almost Nothing" ("City Lights," August 20). I might have gotten a deal for six months (\$36.36), but is my frustration worth it? After several complaints, my carrier still can't seem to get the paper in my driveway. Instead, it is thrown in the driveway of a vacant unit. Perhaps that's why it has been MIA on occasion. If I wasn't paying this special price, believe me, I would have canceled it by now, which I will as soon as my six months are up! So deal or no deal, you tell me? **Emily Beitler**

via email

Good Stuff

I just wanted to call and give you guys an attaboy for your story "Hope for the Hopelessly Drunk" (Cover Story, August 13). I myself have been clean and sober for 22 years, but this program wasn't out there when I was. Just wanted to thank Mr. Joe Deegan for his coverage and the Reader for presenting this kind of newspaper writing. We could stand a whole hell of a lot more of this kind of good stuff. Thanks a lot, guys. I appreciate it, and I know other people did too.

> James Kaminscky via voice mail

Comments from Reader Website

Comments are not edited for spelling, punctuation, or grammar.

T.G.I.F. Published Aug. 26

Posted by refriedgringo on Aug. 26, 1:18 p.m.

Brizz, you ever think about writing another novel? You have this Mickey Spillane meets Tom Robbins style; I didn't read you twenty years ago so I don't know if your previous novels were written in the same way you approach this column. It

continued on page 64

WE DO HAVE ONE RATE THAT IS HIGHER THAN **OUR COMPETITORS!** IT'S OUR CUSTOMER RETENTION RATE.

TRY USAA INSURANCE.

Better insurance begins now | 800-967-8722 | usaainsurance.com

We've been one of BusinessWeek's top two "customer service champs" the last three years running, and we have the highest customer retention rate for auto insurance in the industry. We've found, when we put our customers first, they return the favor. Switch to USAA today, and save an average of \$525 a year on your auto insurance!



IASE STARTS THURSDAY

© 1998 HOYT HIGHFILL & ASSOC.

REMAINING STOCK ORDERED SOLD! ... FINAL DAYS! NATIONAL LIQUIDATING FIRM ENGAGED! ... THE END!

Hoyt Highfill & Assoc. of Monroe, LA, one of the nation's leading liquidators has been engaged to eliminate all remaining warehouse and showroom stock. He sets the price, he makes the deals! He has slashed prices lower than we have the heart to do. Remains of this gigantic, high-quality furniture and accessories has been regrouped and repriced for immediate selloff...Everything has been marked to sell for a fraction of normal worth. It is absolutely and positively the final liquidation of all goods to the public and furniture dealers for what it will bring.

RULES OF LIQUIDATION:

- All advertised items subject to prior sale
- All sold as is and all sales final
- Extra charge for deliveryAll sold on first-come basis
- No phone orders no prior sales
- Merchandise must be removed immediately



COM

CLOSING HILLCREST! MUST CONSOLIDATE MIRAMAR!

DINING SETS

BEDROOM SUITE

SOFA & LOVESEAT

LIQUIDATING FIRM SETS THE PRICE, MAKES THE DEALS...FINAL PHASE! **MUST CONSOLIDATE TO**

TABLES

LIVING ROOM

MIRAMAR LOCATION! Values to \$2699.95...Entire Inventory

Accessories...Lamps...Pictures...Rugs...60% off \$1499.95 "Cherry" 3-piece Entertainment Center...Complete Wall System...\$597

\$1599.95 All Top Grain Leather Chairs... Color Choices...Truly a Value...\$397

ORDERS OF THE LIQUIDATOR! **SELECT GROUP** ALL MUST GO! TODAY 10 AM TILL 7 PM!

> **BRING YOUR TRUCKS** TRAILERS -AND **EXTRA CHARGE FOR** DELIVERY

CASH OR CREDIT

ALL ACCESSORIES **MUST GO!**

\$699.95 "QUEEN SIZE" MATTRESS SET

\$1499.95 "CHERRY" ENTERTAINMENT CENTER

MATTRESS SET





STRAIGHTFROM THE HIP

BY MATTHEW ALICE

Matthew Alice:

Is all rice for human consumption actually farmed from earth? I find it hard to believe that every grain of rice sitting in stores or being processed for sale throughout the world is actu-

ally farmed. Think about it: that is tens of millions of grains of rice! Is some of the rice for human consumption man-made?

— Ken McClendon, via email

Dang, Ken, did you miss the loads of lentils? Barrels of beans? The world is hip deep in cheap, starchy, nutritious tiny things in bags. But you're right, rice is probably the king. It's the staple food for half the world. In 2007 our desperate globe squeezed out 650,193,000 tons of the stuff.

That's 1,300,386,000,000 of your twinkly little 1-pound supermart bags. Makes that rice shelf at Vons look puny, yes? Each of us U.S. eaters chomps down maybe 20 pounds of rice a year. Asia? Consider, in general, 400 to 500 pounds per Asian per vear.

Here's another eyeball-spinning number for you, thanks to some poor schmo who works for a large Arkansas rice vendor and is obviously low on the corporate totem pole (associate grain counter?). Each one-pound bag of long-grain white rice contains roughly 29,000 little units. Brown rice, a little less (the bran makes it heavier). Short-grain rice, a little more. You get the picture. Rice comes in thousands of varieties and sizes, many of them gene-tweaked. Rice Genetics Newsletter informs us that a grain of rice weighs maybe 20 to 30mg. One stalk of rice produces several hundred rice units, depending on variety.

SPECIAL NOTICE: Aliceland Employment Alert! Here's a tip for anyone bounced from a job due to the crappy economy. If you're looking for a booming career field, try riceology or riceometrics. Apparently, the world is crammed with people studying rice genes, rice plants, rice paddies, rice processing, rice exporting, rice importing, rice paper, rice wine, rice noodles, Rice Krispies, and everything else rice. The grain is an open book full of itty-bitty detailed information and statistics, mainly from China, India, the United Nations, and the U.S.

So, how many acres of muddy land does it take to produce all that grass (rice is the seed of a plant in the grass family)? Well, consider that rice is grown on every continent except Antarctica. The International Rice Research Institute estimates that 385.5 million acres of rice will be harvested around the world this year, roughly the area covered by the U.S. Southwest, including Texas.

But I digress. Your kooky, foreheadsmacking, mouth-gaping question was, Is there such a thing as man-made rice? Nonsense, we said at a recent meeting of the Matthew Alice

> Bored of Trustees, Har-har, Ken! The general merriment turned into a congenial food fight, and when we'd wiped

> > the rice pudding off the recording secretary, one of the elves stood on the lectern and called us to attention. Ahem: United States Patent #5498435 (1996) "Rice grain-like low calorie food." Yikes! Man-made rice! It lives! Our heads were spinning.

Once upon a time, long ago, the Japanese developed a noodle devoid of calories, nutrition, and taste. Shirataki noodles, they're called. Available in

Asian markets. The favorite of Nipponese weight watchers. They're made of dietary fiber, a tiny bit of starch, and thickeners that create an aqueous gel that can be squeezed into the shape of soppy noodles. Still a big seller. Gack! Um, anyway, some enterprising diner apparently figured if the Japanese will eat that stuff in noodle form, they'll eat it in rice form too (just a guess on my part as to motivation). Hence, patent #5498435. We can only hope he recovered his R&D money in the early years because ten years down the road there doesn't appear to be any man-made rice on the market. Whew! Whadda question. We need a nap.

Hey, Matt:

When did men start wearing belts that went through belt loops that were sewn onto pants? Who invented the belt loop, and when did that become the status quo?

— Bob, via email

We move from a question where lots of people know lots of stuff to one where lots of people know practically nothing. According to people who ponder pants, for the most part, your everyday pair was held up by a leather belt or rope or string through most of history. No loops. In the 1700s, the French and Ben Franklin designed buttoned suspenders as pants holders. Levi's riveted 501s hit the scene in the 1850s, the originals with suspender buttons. Both sides in the Civil War wore belts with no loops. By the 1890s belts replaced suspenders in popular fashion, but they were loopless until society changed big time in the 1920s. Maybe it was all that Charleston dancing that made belt loops mandatory. Anyway, they hit the scene then and never left, except for the big Sansabelt pants scare in the 1960s.

A searchable archive of past columns is available at SanDiegoReader.com

Got a question you need answered? Send an email to heymatt@cts.com or fax to 619-231-0489 or mail to Matthew Alice, c/o the Reader, Box 85803, San Diego, CA 92186.



FIVE-STAR RAMEN.

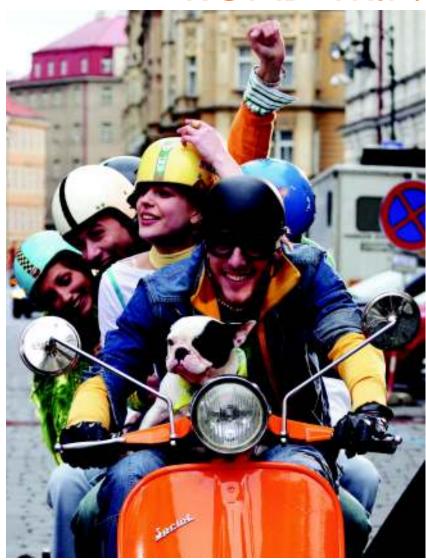


NEW JAPANESE CHILE BEEF RAMEN

PELWEI BASTE USUAL

Take all preconceived notions about ramen and toss them aside. Then start fresh with a bed of hearty noodles, wok-seared to soak up a diversity of savory flavors like freshly chopped vegetables, tender cuts of beef, a kiss of lime and a tantalizing soy-mirin glaze. With each bite a new layer of flavor unfolds, concluding with just a hint of Japanese chile spice. Fresh and uniquely satisfying, it's ramen made the way that only Pei Wei can.

ROAD TRIP





LABOR DAY SALE FRI 9.4 TO MON 9.7 SAVE 30 TO 60% ON SELECT ITEMS

Grab your friends and hurry to the Annual Hold It Contemporary Home Labor Day Sale. The tent is bigger than ever and the savings are the best of the year. 30-60% off sofas, sleepers, beds, dining, artwork, rugs and more.

It all starts on Friday at 10AM and ends on Monday at 5PM.



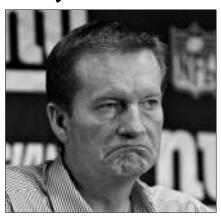
1570 Camino de la Reina San Diego, CA 92108 619.295.6660

holdithome.com

SportingBox

BY PATRICK DAUGHERTY

A League of Their Own



Las Vegas Locomotives coach Jim Fassel

he NFL season is upon us, and fans by the tens of millions are setting aside family time, domestic chores, and community service to meld with their HDTV. Let them — the Box is stalking bigger game. To wit: the United Football League (UFL). I have prepared an exhaustive, exclusive preview for your eyes only.

As few know and fewer care, the UFL is America's new professional football league. Training camps are open, and the first contest is set — California Redwoods versus Las Vegas Locomotives, October 8, in Vegas.

The league was announced in June 2007 by William Hambrecht, founder of WR Hambrecht + Company, an investment banking firm. The UFL would be composed of eight teams, each one playing in a metropolitan area not serviced by an NFL franchise (read: L.A.).

And then the economy went south and the UFL is a year late, now with four teams and a six-week regular season. The championship game is scheduled for November 27 at Sam Boyd Stadium in Las Vegas. Games will be played on Thursday and Friday evenings.

So, how stand their chances? Follows, in no particular order, are some facts to consider.

The good: They've got some minimal juice. Original UFL investors are aforementioned investment banker Bill Hambrecht, former Google executive Tim Armstrong, and Paul Pelosi, househusband to Nancy Pelosi, Speaker of the House of Representatives.

More good: Cheap tickets. The UFL plans to have an average ticket price of \$20.

And more good: Money for players. Making the rounds on sports blogs, and finding itself a home on Wikipedia, is the following quote about the UFL pay scale: There will be "several players on each team making in excess of \$1 million dollars a year."

The bad: The UFL pay scale has been leaked. Marginal health benefits. Players sign a one-year contract for \$35,000. If a player hits

every incentive, it would be possible to make another \$15,000. Punters, kickers, and long-snappers go for \$25,000. Quarterbacks, \$60,000, with some wiggle room if a Michael Vick shows up. It's a six-week season, so the money is not as bad as it first appears, but it's still working in the kitchen of In-N-Out Burger, compared to the

Good: The UFL has an experienced general manager, Rick Mueller. He's a former NFL personnel executive, did time with Jacksonville and New Orleans.

Bad: Rick Mueller. According to the UFL, "Mueller will serve as GM to all four teams as well as overseeing all aspects of scouting and player acquisition for the League."

Bad: Team names suck. Las Vegas Locomotives. California (San Francisco) Redwoods. Florida (Orlando) Tuskers. New York Sentinels. It's like the names were made up by people who live in Guam.

The owner of the Las Vegas Locomotives is our investment banker to the stars, William Hambrecht. The head coach is Jim Fassel, 1997 NFL Coach of the Year and Super Bowl XXXV loser. Fassel was fired by the New York Giants in 2003, then did two years with the Baltimore Ravens as offensive coordinator, providing them with one of the worst offensives in the league. Fired in 2006. But, the absolute and indisputable bottom of his professional career was found in November of 2008, when he wrote a letter to Al Davis recommending himself as the new Raiders head coach. The UFL is a mighty step up from that. The team has signed two quarterbacks you may have heard of — J.P. Losman and Tim Rattay.

The California Redwoods, owned by Paul Pelosi. The head coach is Dennis Green (who needs to be bitch-slapped ever since *that* Arizona Cardinals after-game press conference).

The Florida Tuskers, owned by Stuart L. Sternberg, a Wall Street investor. He is also principal shareholder in the Tampa Bay Rays. Head coach is Jim Haslett, who held that position with the New Orleans Saints.

New York Sentinels, owned by William E. Mayer, senior Partner of Park Avenue Equity Partners. Head coach is Ted Cottrell, former defensive coordinator of the Buffalo Bills, New York Jets, Minnesota Vikings, and San Diego Chargers.

The UFL has television contracts. Some games will be broadcast by the Versus network, other games on HDNet. Some will be webcast.

Will they make it? Well, it's not a good sign, so much is last-minute. The name of the Florida franchise was announced on August 12, California franchise named on August 11, the chairman of the UFL's board of directors was hired on August 6, and so on.

It's absurd to have one general manager for four teams. So is a six-game regular season. The league is about washed-up players and coaches. And there are way, way, way too many investment bankers running the show.

Might work.

Find Sporting Box online at SDReader.com

T. G. I. F.

BY JOHN BRIZZOLARA

He says his age is 35. Tells me he has been driving a cab for 48 years.

Another hot — really freaking hot — August weekend. A Sunday morning, actually, and I'm greeting the (in theory) post-church crowd in and around Horton Plaza with the perfectly civil question, "Wassup? Know I'm sayin'?"

Many will not make eye contact and edge away with or without a mumbled negative, maybe a palm raised in a forestalling gesture. This may well be because the right side of my face is swollen and bruised and frightens children. Why? Nine

Ninjas, okay? No, you don't get to know. Still, there's something else beyond the fright mask. I suspect it has to do with heat, humidity, and the economy.

Michelle Alexander is sitting at the bar at Dobson's having brunch. She seems unimpressed with the battered mug I present and doesn't ask. "It's been a great weekend. I'm working, actually, with Broadway San Diego. We present all the

Broadway shows down here at the Civic Theatre. We have Wicked in town for five weeks. I do marketing promotions." Explains why she's talking to me. "I'm usually off on the weekends, but I'm working because of this show."

Alexander, 30, lives in Ocean Beach. "I'd rather be there sitting on the sand. I'm a bowling-league bowler, and I do that every week, so I wouldn't actually do it on the weekend, but I love that for fun. I love to cook as well. I like to go to the farmers' market in Hillcrest on Sunday, go home, and cook up a really good meal."

A fine-looking couple outside of Longs Drugs. "We're from Austria, in Europe," says Max, 34. I tell Max I've heard

Nicole is 30. They are from Innsbruck, in the Tyrol. "Yes, we are from a small place far away. We make holidays here in San Diego. Now we are searching a hotel. We don't know where to stay." Since they are on their way to Coronado, I recommend the Hotel Del. They look well-heeled enough.

Max: "We'll stay in San Diego until Wednesday." Nicole: "Then we go to Las Vegas and then New

Max: "We just came from Los Angeles, and we don't really know what to do here."

Nicole: "We will go to a beach, probably." In that case, I tell them, Coronado is a good choice. Meanwhile, do they like American blues? They do, and I recommend Patrick's II.

At the taxi stand a few feet away is a driver who calls himself Charlie Brown who says his age is 35. Tells me he has been driving a cab for 48 years. "Not really any interesting people this weekend," he says. "No one even puked in my cab. 'Course, if they're drunk, they don't get in. A few tourists to the zoo, but I'd say tourism is way down. Like, 30 percent." This is Brown's own statistic. "What happened to your face?"

"Ninjas."

In front of the Cup O' Corn kiosk a few yards the other way, a couple from Naples, Italy. Stefano and Alessandra, maybe early 30s. They are eating hot dogs, each of them examining the bunned wieners as if waiting for the point of these bland fillers to kick in. "Sorry, don't have time." The forestalling palm appears.

> "Oh, where you off to?"

> "We'll think of something."

Lou is 25 and a San Diego native. He is seated in front of Starbucks, his skateboard in front of him on the table. Two of his unemployed friends are with him, their job search stalled this Sunday. "I am going to Sunset Cliffs later today, this place called the End of the World. The sun actually reflects off three parts

of the ocean, so it's like getting three sunsets at once." Okav. I mean, wow.

John Quincy Adams Jr. (his real name) is at the sidewalk deuces in front of the aforementioned Patrick's II. He is here for his weekly ritual, which he calls Bloody Mary Mass. "Nine o'clock every Sunday. I'm always the last to leave." Adams seems to be basking in his tomato-rich buzz. He is 66. "Friday night we partied at Filippi's with the family." He means the Italian restaurant in Little Italy. "Yesterday, I cleaned my apartment. I'm pretty boring." He laughs as if this is truly rich.

"Everybody says that," I tell him. I should believe everybody.

On El Cajon Boulevard, on the way home, I ask a woman on the corner who looked to be in a profession one might term the world's oldest economic indicator, "Howsitgoin'?" or "'Sup?"

"Hey."

"What's your name? I'm, uh, Larry."

"Crystal. Crystal Duvall. How's that?"

"Good. How's business this summer?"

"Like bein' a whatyacallit? A funeral guy. A [sic] undertaker."

"You mean dead?"

"No. I mean, it never dies. Know what I'm sayin'?"

For more stories by this author, go to sdreader.com.



Huna Prosperity Weekend

BECOME A MANIFESTATION MAGNET WITH MONEY, RELATIONSHIPS, & HEALTH

YOU WILL DISCOVER HOW TO:

- · Attract money and abundance to you like a magnet
- · Create the kind of relationship that you have always wanted but could not quite achieve
- · "Donate" excess weight and maintain your ideal state of health
- Eliminate dis-empowering beliefs by using self-empowerment tools
- · Install and actualize new beliefs and habits

NEWPORT BEACH: OCT. 3-4

JOIN MATTHEW B. JAMES, MA, PHD, INTERNATIONAL TRAINER, LECTURER, AND EDUCATOR.

800-800-6463 or visit WWW.HUNA.COM



Empowerment "Know it. Believe it. Make it Beality!"

75-6099 KJAKINI HIGHWAY, KAILUA-KONA, HI 96740 * PHONE: 800.800.6463



GAIN MASTERY IN THE ACCELERATED **PRACTITIONER** Training with Huna **INCLUDING** CERTIFICATION IN NLP, TIME EMPOWERMENT[®], AND HYPNOSIS

NEWPORT BEACH: OCTOBER 22-29

LIMITED ENROLLMENT -

NEWPORT BEACH: NOVEMBER 1-16

ADVANCE YOUR SKILLS WITH THE

ACCELERATED

NLP MASTER

PRACTITIONER

CERTIFICATION

Training

LIMITED ENROLLMENT -

CALL 800-800-6463 **OR VISIT**

WWW.HUNA.COM AND WWW.NLP.COM

Call now to hear Matthew B. James, MA, PhD, international trainer, lecturer, & educator!

Empowerment

"Know it. Believe it. Make it Reality!"

75-6099 KUAKINI HIGHWAY, KAILUA-KONA, HI 96740 • PHONE: 800.800.6463

Friendly Research Squad

by Barbarella

Eat right, exercise regularly, die anyway.

— Author Unknown

wo cups of coffee and I'm still groggy." I brought my fingers to my forehead and kneaded the area around my brows, as much to relieve the tension as to illustrate my fragile state.

"Want some FRS?" Kerry asked, already signaling Mia to fetch some for me.

"What's that?"

"Oh, it's great, good for you and gives you energy," Kerry answered. "Mainly, I drink it because I don't like water."

"It kinda tastes like orange juice," said Mia. She handed me a tall glass of fluorescent liquid, the color and sweet tang of which was reminiscent of the Sunny Delight of my suburban childhood. "Did you want to see the can?" I nodded, and Mia placed it in my hand.

"So, I take it these hexagons on the front are supposed to demonstrate the validity of the science involved in making this... What is this again?"

Sixty years ago, our esteemed followers of Hippocrates touted cigarettes. "It stands for free radical something," Kerry began. "I think it's system —"

"Scavenger," interjected Mia. "But the guys at work call it 'Fucking Rad Shit." Kerry nodded and went on to explain how there are rogue molecules in our bodies called free radicals, potentially cancer-causing cells just roaming around in there, and that the antioxidants in this canned concoction help bind the damage-causing cells together and flush them from our system. Or something like that. I didn't get all the details, as I was busy catching

David's eye for a synchro-

nized brow-lift and eye-roll.

Skeptical to the core, David and I don't trust any product description that comes directly from the company trying to sell it. If a package promises the extraordinary, chances are it's a load of crap. Like those supplement ads that insist, with an obscene amount of exclamation points, that you can eat all you want and still lose weight, if only you pop this pill that prevents the absorption of fat but may lead to embarrassing "acci-

The *mode de l'année* on the Be the Best You front is the claim that eating a barrelful of a particular fruit or berry is akin to diving headfirst into the Fountain of Youth. Earlier that morning, Kerry had offered me *acai* with my yogurt. "You mean the current miracle food?" I asked. "Didn't the *goji* berry hold that title last year?" I

didn't mean to be cheeky, but my hangover from an epicurean day of wine-tasting our way through the Santa Ynez Valley had weakened me, and it would have taken too much energy to conceal my frustration with the pushers of commodities that cater to the upper-middle-class, yoga-practicing, carbon-footprint-conscious, organic-obsessive demographic. Just when I get used to the name of one exotic superfood, some other new "all natural" panacea is already challenging it for the crown.

Acai, the fruit of a palm tree, is supposed to have multitudinous healing benefits, including those mystifying antioxidants that purportedly can make you live longer than Dracula. When the strange word started popping up all around me on packaging and on the lips of family and friends — I investigated the numbers and discovered that a common grape contains more antioxidants than the foreign and expensive berry. Yes, some doctors swear by it. Sixty years ago, our esteemed followers of Hippocrates touted cigarettes. These days, armed with an awareness of history's mistakes and a world's worth of information at my fingertips, there's no reason for me to take any "expert's" claim at face

Now, as I sat in my friend's kitchen and sipped the latest craze to sweep the posh clientele of Bristol Farms — a drink that even Lance Armstrong has begun to peddle — I felt compelled to debunk the can's claims. "You mind if I look this up for us?"

"Not at all," said Kerry in her lyrical Irish brogue. She and Mia were as curious as I was to find out the real deal. David, however, in his scientific assuredness, made it clear he had no need to find evidence to confirm his conviction that the product was based on pseudoscience. I fetched my laptop from the guest room and set about Googling while David explained the natural filters with which we humans come equipped and assured us that no pill invented by a few lab coats can replace or improve upon a system that evolved over millions of years.

Several websites later, I learned that the beverage's "secret weapon" is quercetin, which is a flavonoid, which is the kernel of health found in fruits and vegetables that is responsible for fighting the good fight on a molecular level (antiviral, anti-inflammatory, antitumor, anti-all-kinds-of-bad-things, but most famously, antioxidant). Quercetin is the mother of all flavonoids; the FRS people assert you'd have to eat 40 apples to match their single-serving concentration of the stuff.

Sounded good enough, but most of that information had come from nonscientific sources. Finally, I stumbled upon an article written for New Scientist magazine in 2006. After citations from various studies and quotes from biochemists and representatives at the U.S. National Institutes for Health, the article's author stated, "True, [antioxidants in powder form] knock the wind out of free radicals in a test tube. But once inside the human body, they seem strangely powerless. Not only are they bad at preventing oxidative damage, they can even make things worse. Many scientists are now concluding that, at best, they are a waste of time and

STOP USING READING GLASSES TO SEE THE LUNCH MENU!





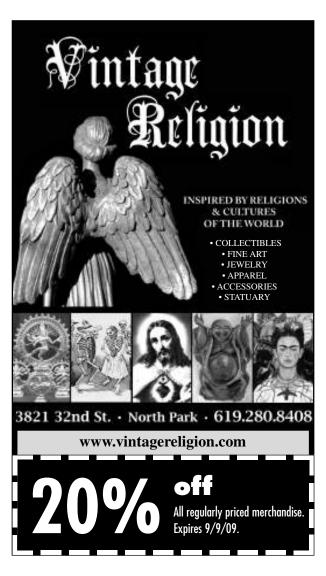
Professional Bartenders School

- 1- & 2-week courses
- Hands-on training
- Job placement program

Lowest tuition!

Call today 760-471-5500

ProBartendingSchool.com





Contact Lens Exam \$79

Includes two pairs of soft lenses, eyeglass prescription, fitting, 90 days of follow-up care, instruction and care kit. Some restrictions apply. Astigmatism, RGP, monovision and bifocals slightly more

We have the latest lenses for dry eyes, ${\bf Toric\ lenses,\ gas-permeable,\ and\ bifocal\ contacts.}$

Eye Exam \$49

Exam for glasses includes glaucoma and cataract check.

JCPenney Fashion Valley Mall

Dr. Marshall Skolnik, O.D., APC • 619-692-1248

Most insurance accepted. Weekend appointments available. Use your ICPenney card or major credit cards Offers good thru 10-5-09 with this ad.

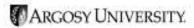
money. At worst they could be harmful."

I read my findings aloud and concluded, "Seems most scientists agree that free radicals are part of life and that antioxidants are good for you, but that they only work in their natural form...something about how the molecules need to be bound to the apple skin or blueberry in order for the body to process them in a beneficial way. So, basically, FRS may contain 40 apples' worth of quercetin, but eating one apple is 100 times more effective because in this processed form, the antioxidants aren't antioxidizing. It should stand for faulty...refreshment...uh, wait, flashy rsomething sham." I gave up my attempt to be clever before I embarrassed myself in front of my screenwriter friend. "Tastes pretty good, though," I said. "And, psychosomatic or not - I know, David, there's no science to back up the claims, but still - vitamin B gives me energy."

Mia collected the can and my empty glass. Kerry, who had been pretty quiet while I'd been doing my best Bill Maher impression, nodded and thanked me for shedding some light on her current beverage of choice.

"I can tell you this, my headache's gone away," I said. It was nearing lunchtime, and we were getting ready to head to Lazy Acres to stock up on organic goods for a barbecue in Kerry's yard that overlooked a panoramic view of the mountains, Santa Barbara Harbor, and the ocean. "You know what else I learned from all that searching?" I waited until the faces around me looked sufficiently curious. "There's, like, a ton of antioxidants in red wine." ■

For more stories and videos by this author, go to sdreader.com.



Learn the skills you need to pursue the career of your choice.

Business | Criminal Justice | Liberal Arts | Psychology

Learn more - contact Argosy University.

1.866.631.1897

WWW.ARGOSYTODAY.COM

Argosy University, San Diego

1615 Murray Carryon Road, Suite 100 San Diego, CA 92108

Financial Aid is available to those who qualify

Argoly University is accredited by the Higher Learning Commession and a member of the North Control Association (10 North Ledielle Stevet, Switz 2400, Change, IL 60602, 1.800.621,7340, summorphic.org).



Need Contacts or Glasses?



25% Off Frames

with purchase of lenses. Not to be used in conjunction with insurance **Expires September 19, 2009**

Free Eye Exam

(With purchase of frame & lenses.) tients only. With no insurance. Savings of up to \$190. Cannot be combined with any other offer.

Contact

Includes eyeglass prescription, fitting, follow-ups, and solution kit. (Toric, multifocal and gas perms slightly higher.)

New patients only. With no insurance. Savings of up to \$180. Cannot be combined with any other offer Please present coupon. Expires 9/19/09.

We accept VSP and other insurance.

Authorized center for: Prada • Fendi • Dolce & Gabbana • Gucci • Bvlgari • Dior • Bebe Nicole Miller • Ray Ban • FYSH • Maui Jim • Armani Exchange • Guess • Cole Haan Gianfranco Ferré • Klik • Moschino • Dunhill • Missoni • Izod & more



1-888-666-1549

6950 Friars Road, Suite 100 Across from Fashion Valley Mall



Se Habla Español • Promo Code: RDR0903

Interested in iLasik? Call 1-888-667-7698 Today!

Taking Stock We get our fill of "far out" and "groovy."

MOVIE

DUNCAN SHEPHERD

ollision of the end of summer and the start of fall: massive pileup. Quite separate from the seven new movies that opened in our town last Friday alone, eight more are slated to open this coming Labor

Day weekend, not even including the kiddie matinees of Thomas and Friends: Hero of the Rails and Barbie and the Three

Musketeers. That works out to two and two-thirds movies per day for the average weekend, or an even two per day with the extra holiday, or one per day if spaced out over the entire week and one still left over. It makes me want to hide my eyes. Through my fingers I've managed to see this much....

Taking Woodstock. Ang Lee, evidently still banking on the critical goodwill since Brokeback Mountain, whips up some innocuous nostalgia around the milestone music festival of the summer of 1969, a fortieth-anniversary fictionalized addendum to Michael Wadleigh's official Woodstock, complete with imitative split-screen effects. This docucomedy, so to call it, centers with

gentle condescension on an interior designer and Sunday painter who, as the reluctant heir and caretaker of the tumbledown mom-and-pop El Monaco Motel, happens to possess a permit for an annual (theretofore prerecorded)

> music festival, happens to extend an unauthorized personal invitation to a dispossessed concert promoter he knew in

high school, and, high on weed at a press conference, happens to dispense the misinformation that the concert — Joplin, Hendrix, Cocker, Baez, The Who, et al. — would be free of charge. In tight pants and mop top, Demetri Martin drifts ineffectually and disengagedly from scene to scene in a style that worked, to judge by his ensuing career, for Dustin Hoffman in The Graduate. Time will tell about Demetri

Though he twice sets out on foot for the concert stage, he never gets near the music — no nearer than the emblematic mud slide — so that the movie lacks a proper payoff, unless you can count the paint-by-computer



acid trip or (cashing in a Brokeback dividend) the homosexual comingout. It lacks, to put a finer point on it, a sense of purpose, a raison d'être. A few feigned tensions arise along the way - Mafia buttinskies, inhospitable townsfolk, congested traffic — but nothing to derail the prevailing lovein. We get our fill, never fear, of "far out" and "cool" and "groovy" and "heavy,"

and we get a handful of hindsight drolleries: "Can you believe it? A dollar for water!" Imelda Staunton, a bulldog in two-toned glasses frames, claims the limelight from both the protagonist and a supporting cast of half a million, in the part of the motel mom, a Russian Jewish immigrant who pinches pennies on a pathological scale (one dollar per towel), an irresistible candidate for a hash brownie. A yardstick, that brownie, of the filmmaker's docile conventionality.

The Answer Man. The reclusive author (Jeff Daniels) of the best-selling Me and God, cornering "ten percent of the God market," slowly yet suddenly comes out of his shell at the twentieth anniversary of the book's publication. Writer and director John



WIN A MOVIE Pass for Two!

The Informant!

To enter, visit the Reader website and click on "contests." SDReader.com

Deadline to enter is Thursday, September 3 at 1:00 pm. Limit one entry per person. NO PURCHASE NECESSARY.

> While supplies last. Seating is not guaranteed. This film is rated R; no one under 17 will be admitted.

In Theatres September 18

Hindman, owing a good deal to As Good As It Gets (although Jeff Daniels is very much his own grump), shies from the big issues in preference for the characters' individual little eccentricities and frailties, democratically distributed: the overprotective single mother (Lauren Graham), the recovering alcoholic bookstore owner (Lou Taylor Pucci), his unregenerate alcoholic father (Thomas Roy), the fragile chiropractor's receptionist (Olivia Thirlby), and the ditzy bookstore clerk (Kat Dennings, having little to work with in the way of lines). Some overly broad and forced comedy dents the charm. Like A Woman in Berlin, its next-door neighbor since last Friday at the Reading Gaslamp, this "alternative" offering may reasonably be called Landmark caliber (as I called A Woman... just last week), inasmuch as it was long on the Landmark schedule and long advertised at Landmark theaters. The Gaslamp, in one of its useful functions, played backstop when Landmark threw it away.

World's Greatest Dad. Pitch-dark comedy, truly (if briefly) switching off the lights midway through, built around a hangdog high-school poetry teacher and unpublished writer, as well as around his more popular and successful rival in the English department (printed in The New Yorker on first try), his sweet-talking secret lover in the art department ("Cupcake," "Cheesecake," etc., addressed in turn as "Honeydew Melon," "Watermelon Sherbet," etc.), and his nihilistic unreachable sullen son: "Movies are for losers and art fags." The last-mentioned (the Brillohaired, potty-mouthed Daryl Sabara), a monstrous mutation of a teenage type, attracts the strongest interest, but he — without giving away too much of the plot — cannot sustain the film. Several of the supporting characters are well and amusingly delineated, but in the title role, Robin Williams, he of the fishhooked mouth and stitched-tight eyes, proves too heavy for the lighter bits and too light for the heavier. His microphone mercifully is cut during his impassioned pitch for the Oscar, letting a muffling pop song carry the emotion. Bobcat Goldthwait, who puts in an appearance uncredited as a Hollywood limo driver, wrote and directed in his fatiguingly combative manner.

Yoo-Hoo, Mrs. Goldberg. Documentary disinterment of a half-forgotten (or more than half), and deservedly remembered, radio and television trailblazer, Gertrude Berg, the writer and star of the approachably ethnic sitcom, The Goldbergs. Her warmth emerges even through the degraded broadcast footage (only the final 1955 season comes through sharp and clear), the degradation somehow underscoring the pre-

ciousness. Aviva Kempner, who directed The Life and Times of Hank Greenberg about another Jewish trailblazer, makes rather unscrupulous use of archive clips (Chaplin's *The Immigrants*, the Marx Brothers in The Cocoanuts, Iolson in The Jazz Singer, and the like) to get away whenever possible from the talking heads (Ruth Bader Ginsburg, Susan Stamberg, Gary David Goldberg, Norman Lear, biographer Glenn Smith, assorted collaborators and descendants). When the chronology runs into the subject of radio, shots of people listening to a radio will illustrate that invention. When the musical theme of the show falls under discussion, a shot of an orchestra will reveal where music comes from. And when a library gets mentioned, there will be shots of libraries for anyone unfamiliar with such institutions. The talking heads

dominate, even so.

The Final Destination. To the chain of chain-reaction predestined deaths — fourth installment in the series, even numbers directed by David R. Ellis — is added the amenity of 3-D, which transforms the people into 2-D paper dolls slotted into the middle distance, air in front and air behind. A lot of gore, and a little waiting, in barely an hour and a quarter. ■

MOVIE LISTINGS

All reviews are by Duncan Shepherd. Priorities are indicated by one to five stars and antipathies by the black spot. Unrated movies are for now unreviewed. Thousands of past reviews sorted alphabetically, by year of release and by rating, are available online at SanDiegoReader.com.

Adam — Asperger's romance (and high time, too, after Tourette's, Alzheimer's, etc.,

have had a whirl at romance) about a socially handicapped astronomy buff and his pretty upstairs new neighbor, an aspiring children's writer, in a New York apartment house. Hugh Dancy and Rose Byrne, the afflicted and the normal respectively, play their parts with tremendous detail and concentration, and even though Dancy's details are the more ostentatious (the blindman's lack of eye contact, the panic attacks, the tantrums, the nonstop spiels), Byrne more than holds her own through ordinary human warmth and engagement. It's a standoff as well in suppression of native accents, English and Australian, his and hers. The romantic element is not too gooe notwithstanding the do-it-yourself home planetarium or the raccoon communion in Central Park, and is helpfully counterbalanced by some prosaic family business (Peter Gallagher, Amy Irving, as Byrne's concerned parents). Beautiful atmospheric drifty snowfall at, or just prior to, the cli-

max. Written and directed by Max Mayer. 2009.

★ (HILLCREST CINEMAS; LA JOLLA VILLAGE)

Afghan Star — Havana Marking's documentary on a television talent contest in post-Taliban Afghanistan. (KEN. 9/4 THROUGH 10)

All about Steve — Romantic comedy starring Sandra Bullock, Bradley Cooper, and Thomas Haden Church, directed by Phil Traill.

(CARMEL MOUNTAIN 14; DEL MAR HIGHLANDS 8; FASHION VALLEY 18; HORTON PLAZA 14; LA COSTA 6; LA JOLLA 12; MISSION MARKETPLACE 13; MISSION VALLEY 7; MISSION VALLEY 20; OTAY RANCH 12; PALM PROMENADE 24; POWAY 10; TOWN SQUARE 14; FROM 9/4)

The Answer Man — Reviewed this issue. With Jeff Daniels, Lauren Graham, Lou Taylor Pucci, Olivia Thirlby, Kat Dennings, and Nora Dunn; written and directed by John Hindman.

★ (GASLAMP 15, THROUGH 9/3)

Cold Souls — Off the same wall as *Being John Malkovich*. Paul Giamatti, being Paul





San Diego Reader September 3, 2009

Calendar

Giamatti, is feeling the burden of his soul in the course of rehearsals for a stage production of Uncle Vanya, unable to locate the requisite lightness of touch. At the suggestion of his agent, the dyspeptic actor tries an option he had never before heard of, though it's been written up in The New Yorker and listed in the Yellow Pages: soul removal and temporary storage. The resulting lightness, plus emptiness, plus ennui, only worsens his portrayal, so he tries the stopgap solution of renting the soul of an anonymous Russian poet. (The Russians are world leaders in soul trafficking.) By the time he decides he wants his own soul back, it — the exact likeness of a chickpea — has been stolen and transplanted into a Russian TV soap-opera actress under the misapprehension she was getting the soul of Al Pacino (who's not, let's be clear, in the movie). Synopsis cannot help but overplay the zaniness. Writer and director Sophie Barthes, whether or not burdened by her own soul, likewise lacks the requisite lightness of touch. An oatmeal-gray image, a whisperquiet sound level, and a drifting plot propulsion combine to immerse any whimsicality into a miasma of angst and anomie,

more suited perhaps to an adaptation of a Camus novel. Even a fantasy, or especially a fantasy, will be expected to some degree to define its terms, to give the audience in this instance an idea of what a soul consists of, what constitutes its purview, what differentiates it from, say, the prefrontal cortex. It's apparent from Giamatti's performance that he was given no idea either. David Strathairn, Emily Watson, Dina Korzun, Katheryn Winnick. 2009.

● (HILLCREST CINEMAS)

District 9 — Neo-apartheid in South Africa: a million ghettoized extraterrestrials from a stalled spacecraft over Johannesburg. The documentary affectations, discontinued at convenience, make it seem initially a joke rather than a reality. And not a funny joke, either. The aliens — pejorative as well as descriptive term, "prawns" — are well visualized, and the *Fly*-like metamorphosis of a human into a partial prawn achieves a high degree of disgustingness. With Sharlto Copley, David James, Nathalie Boltt, and Vanessa Haywood; directed by Neill Blomkamp. 2009.

★ (CARMEL MOUNTAIN 14; CHULA VISTA 10; DEL MAR HIGHLANDS 8; FASHION VALLEY 18; GROSSMONT CENTER 10; HORTON PLAZA 14; LA COSTA 6; LA JOLLA 12; MISSION MARKETPLACE 13; MISSION VALLEY 7; MISSION VALLEY 20; OTAY RANCH 12; PALM PROMENADE 24; PLAZA BONITA 14; POWAY 10; RIVER VILLAGE 6; TOWN SQUARE 14)

Extract — Mike Judge's workplace comedy with Jason Bateman, Kristen Wiig, Mila Kunis, Ben Affleck, and J.K. Simmons. (CARMEL MOUNTAIN 14; FASHION VALLEY 18; FLOWER HILL 4; GASLAMP 15; GROSSMONT CENTER 10; LA COSTA 6; LA JOLLA 12; MISSION MARKETPLACE 13; MISSION VALLEY 7; MISSION VALLEY 20; OTAY RANCH 12; PALM PROMENADE 24; PLAZA BONITA 14; POWAY 10; TOWN SOUARE 14; FROM 9/4)

The Final Destination — Reviewed this issue. With Bobby Campo, Shantel VanSanten, Haley Webb, Nick Zano, and Mykelti Williamson; directed by David R. Ellis.

◆ (CARMEL MOUNTAIN 14; CHULA VISTA 10; DEL MAR HIGHLANDS 8; FASHION VALLEY 18; GROSS MONT CENTER 10; HORTON PLAZA 14; LA JOLLA 12; MISSION MARKETPLACE 13; MISSION VALLEY 7; MISSION VALLEY 20; OTAY RANCH 12; PALM PROMENADE 24; PLAZA BONITA 14; POWAY 10; RIVER VILLAGE 6; SANTEE DRIVE IN; TOWN SOUARE 14)

500 Days of Summer - Chronicle of the relationship of a young couple brought together at the office, a greeting-card company, through their shared taste for the music of the Smiths, among other things: "She likes Magritte and Hopper!" It is a maddeningly mixed experience, beginning (and continuing) with the two leads. A dimply Joseph Gordon-Levitt, often a tortured soul on screen (Mysterious Skin, Brick, The Look out, etc.), proves himself capable of being a real charmer, a chick-flick dreamboat who believes wholeheartedly in the preordained One-and-Only and who deserves better than his halfhearted object of desire: "There's no such thing as love. It's fantasy." As the latter — Summer is her name, 500 days her shelf life - Zooey Deschanel is by contrast her usual saucer-eved, spacey, sedated, affectless self, some of which may be ascribed to the character, but most of which must be ascribed to the actress, and all of which tends to signal and soften the bumps in the road, the body blows, ("You should know up front," intones the off-and-on omniscient narrator, "that this is not a love story.") The main gimmick of the film, the directorial debut of Marc Webb, is not just its nonlinear narrative but its advance identification of each and every scene by its placement on the timeline (Day 488... 1... 299...), something like an Alain Resnais film with a road map and rounded edges. The resulting juxtaposition of discordant moods, often for facile comic effect, is no longer fresh, yet forever ageless. Bits of clev-

erness, plentiful enough, are balanced

equally by bits of cutesiness. 2009.
★★ (CARMEL MOUNTAIN 14; HILLCREST CINE-MAS; LA JOLLA 12; PALM PROMENADE 24; TOWN

Food, Inc. — Educational as well as moti-

vational film about where our food comes from and where else we can turn. Documentarian Robert Kenner, guided largely by activist authors Eric Schlosser (Fast Food Nation) and Michael Pollan (The Omnivore's Dilemma), goes behind the persistent "pastoral fantasy" of agrarian America ("The reality is a factory. It's not a farm, it's a factory"), explores the monopolization by multinational corporations, takes offshoots into health hazards like E. coli, diabetes, and obesity, avoids the easy temptation to turn stomachs, maintains the whole while a calm and rational tone, and wraps things up with Springsteen's rendition of "This Land Is Your Land," All in all, a useful introduction or summary, depending on your initial level of awareness. 2009.

★★ (GASLAMP 15) Funny People — A monument of Success Going to One's Head. The head in question belongs to writer-director-producer Judd Apatow, previously of The 40-Year-Old Virgin and Knocked Up, but more widely known as just producer and/or writer, weather vane, fashion plate, brand name, school headmaster. In these capacities he has apparently accumulated sufficient Hollywood capital to command what fairly shrieks of Final Cut (one shudders to imagine a DVD of the Director's Cut, unless it would be the Director's Second-Thoughts Cut), a paceless, desultory, two-and-a-halfhour comedy-drama centered around a terminally ill comedian played by and modelled on Adam Sandler, who hires a struggling stand-up comic (a slimmer Seth Rogen whose slimness is much commented on) as a joke writer, gofer, and all-purpose companion, and who, upon his miraculous recovery under a program of experimental drugs, tries to reconnect with and reignite a now married Old Flame played by Leslie Mann, Mrs. Apatow in real life. Among the self-indulgences, besides merely the running time, are Memory Lane clips of the young Sandler and Mann, key roles for the two preteen Apatow daughters, a raft of as-themselves celebrity cameos, and more penis references, in a wide variety of synonyms, than you could shake a stick at or a sheaf of sticks at. The serious bits at least see to it that there are some laughs in the film, and it's a tribute to Mann that her own serious bits can indeed be taken seriously. She also, at a different time, gets an

actual intended laugh when in the course of a marital row she mimics the Aussie accent of her husband (Eric Bana). It may be a credit to Apatow, something less than a tribute to him, that he attempts some difficult and subtle things in human interactions. He manages to make them look more difficult than subtle. With Jonah Hill, Jason Schwartzman, Aubrey Plaza. 2009.

★ (HORTON PLAZA 14)

Gamer — Futuristic action film starring Gerard Butler and co-directed by Mark Neveldine and Brian Taylor. (CHULA VISTA 10; DEL MAR HIGHLANDS 8; FASH-ION VALLEY 18; GASLAMP 15; GROSSMONT CEN-TER 10; LA JOLLA 12; MISSION MARKET-PLACE 13; MISSION VALLEY 20; OTAY RANCH 12; PALM PROMENADE 24; PLAZA BONITA 14; POWAY 10; RIVER VILLAGE 6; TOWN SQUARE 14; FROM 9/4)

G.I. Joe: The Rise of Cobra — Like Transformers, this enterprise — this franchise — has put the merchandising first, succeeding as opposed to preceding a line of toys. (Trademark Hasbro.) The movie. opening deflatingly in 17th-century France before advancing to a science-fictional "not too distant future," is a live-action cartoon from the maker of *The Mummy* and *The* Mummy Returns, Stephen Sommers, or at any rate is live-action as far as its actors, Channing Tatum, Marlon Wayans, Sienna Miller, Dennis Quaid, Joseph Gordon-Levitt, Christopher Eccleston, et al., though the actual action is predominantly computer-generated cartoon, dead and deadening on arrival. It comes to a bitter end when a sequel is pledged: "You know, Duke, this has only just begun." Gulp. 2009.

● (CARMEL MOUNTAIN 14; CHULA VISTA 10; FASHION VALLEY 18; GASLAMP 15; GROSSMONT CENTER 10; LA JOLLA 12; MISSION MARKET-PLACE 13; MISSION VALLEY 20; OTAY RANCH 12; PALM PROMENADE 24; PLAZA BONITA 14; TOWN SQUARE 14)

The Goods: Live Hard, Sell Hard —

Write hard, direct hard, act hard. Laugh light, if at all. Neal Brennan's high-pressure capitalist satire, on a travelling team of mercenary car salesmen summoned to Temecula for a Fourth-of-July blowout, takes continual leave of sense and senses in pursuit of jokes. With Jeremy Piven, Ving Rhames, David Koechner, Kathryn Hahn, Jordana Spiro, Ed Helms, James Brolin, and a cameo (or three) for co-producer Will Ferrell. 2009.

● (HORTON PLAZA 14; MISSION VALLEY 20; PLAZA BONITA 14)

Halloween II — Writer-director Rob Zombie supplies a sequel to his own remake, with Scout Taylor-Compton, Malcolm McDowell, Brad Dourif.
(CARMEL MOUNTAIN 14; CHULA VISTA 10; DEL MAR HIGHLANDS 8; FASHION VALLEY 18; GROSS-MONT CENTER 10; HORTON PLAZA 14; LA JOLLA 12; MISSION MARKETPLACE 13; MISSION VALLEY 7; MISSION VALLEY 20; OTAY RANCH 12; PALM PROMENADE 24; PLAZA BONITA 14; POWAY 10; SANTEE DRIVE IN; TOWN SQUARE 14)

The Hangover — Sledgehammer comedy about four buddies (Bradley Cooper, Ed Helms, Zach Galifianakis, Justin Bartha) who go to Vegas for a bachelor party and wake up the morning after with no memory of the night before, a tiger in the bathroom, a baby in the closet, and the mystery of a missing bridegroom. Boys will be bores. With Heather Graham, Ken Jeong, Jeffrey Tambor, and, as himself, Mike Tyson; directed by Todd Phillips. 2009.

● (FASHION VALLEY 18; GASLAMP 15; LA

● (FASHION VALLEY 18; GASLAMP 15; L/ PALOMA; MISSION VALLEY 20; PALM PROMENADE 24; SANTEE DRIVE IN)

Harry Potter and the Half-Blood

Prince — Part VI — Pot VI — comes close to a complete cheat. The once child actors, children no more, are developing faster



CHECK LOCAL LISTINGS FOR THEATERS AND SHOWTIMES

22





The Final Destination

than the story, and indeed the foretold war with the Dark Lord tends here to be crowded out by assorted amorous hankerings among Hogwarts classmates. (Those broomsticks for games of Quidditch are now looking more phallic than at first.) Whatever climax we had built to by the end of episode five, directed as was this one by David Yates, is no longer in evidence, as we begin a new school year with a new guest star in the cast, Jim Broadbent (more or less assuming the prior guest spots of Imelda Staunton and Miranda Richardson) as the faculty's new Potions Master, first introduced in disguise as an overstuffed arm-

chair, a promising shape-shifting gift never glimpsed again. The laden production — muggy atmosphere, congested décors, piles of bric-a-brac, oodles of CGI — further gums up the plot machinery, impedes forward progress; and the infrequent action, when it comes, comes out of nowhere and quickly returns thereto. Toward the end, the sustained scene in the cavern does attain a degree of creepiness, not hard to do when you've got a battalion of the mutant offspring of Gollum from Lord of the Rings, and this admittedly is followed by a Major Development. To get to that, however, oughtn't to have required a two-and-a-half-

hour running time. If anything, we seem further from a final resolution than we seemed at the finish of the previous episode, with two more still to go. The entire series shapes up as the exemplary opposite of economical storytelling, and the exaperated spectator can but concur with the character who declares at the curtain, "It was all a waste, all of it." Daniel Radcliffe, Rupert Grint, Emma Watson, Michael Gambon, Alan Rickman. 2009.

● (FASHION VALLEY 18; HORTON PLAZA 14; MISSION VALLEY 20; PALM PROMENADE 24; PLAZA BONITA 14)

The Hurt Locker — Fictitious countdown of the final six weeks in the twelvemonth tour of an army bomb squad in Baghdad. The living and working conditions in a color-free wasteland appear perfectly credible, and the quasi-sciencefictional details of the job - the spaceman protective suits, the remote-control bombsniffing robot, the tangle of colored wires, the hide-and-seek triggers — are highly enlightening. And the defusing of bombs the constant prospect of their blowing up in our faces - carries a guaranteed tension, as witness such forerunners as Robert Aldrich's Ten Seconds to Hell or Michael Powell's and Emeric Pressburger's The Small Back Room. The ambush in middesert, outside the squad's normal sphere of operations, is if anything even tenser: more unpredictable, more open to possibilities. Kathryn Bigelow, one of the rare female action directors, dead-set on matching any man in muscle, favors here the combatfootage filmmaking style of jostles and jars to the camera, punchy zooms, whiplashing pans, and a chronic shaky hand, not necessarily restricted to scenes of combat. This is trendy at best, a tired cliché at worst. (The amplified heartbeat and the slo-mo explosion ought to be put to bed for a rest period of not less than a generation.) She takes a lot of time on the action scenes, or more broadly the tension scenes, and not much time in between, so that the three principals - Jeremy Renner, Anthony Mackie, Brian Geraghty, each of them looking the part — are thin on character, static in development, no more than generic as opposed to individual soldiers. With Guy Pearce, Ralph Fiennes, David Morse. 2008. ★★ (HILLCREST CINEMAS; LA PALOMA)

Inglourious Basterds — Quentin Tarantino takes no more than the risible title from Enzo G. Castellari's *Dirty Dozen* knockoff of 1978, and respells, misspells,

that. (Did he ponder Basturds as possibly funnier?) Much of the movie, a revisionist revisitation of the French theater of operations in the Second World War, is unapologetically, unsanctimoniously silly. Yet the revisions give you plenty to chew on. You need no extraordinary expertise to realize that Tarantino has played fast and loose with the facts of how and when the Third Reich fell, has indeed set sail into a parallel universe. The size of the falsification (a Big Lie about the foremost perpetrator of the Big Lie) is the difference between just another sneaky Hollywood falsification and a brazen joke on all such falsifications. It perhaps goes without saying that Tarantino's treatment of Nazis is not motivated by any sense of horror and outrage (never mind sanctimony) over the philosophy of Aryan supremacy, the death camps, and so on, much less by any desire to "understand," but solely by the need of a universally acceptable villain. He wants to do nothing more to Nazis, nothing worse, than to conventionalize them, fictionalize them. Know ingly nudging his depiction beyond the silly and into the campy, he lures you onto the battlefield of aesthetics, safely away from politics. Once there, he's got you where he wants you. Where his movie can better repel attack. In the end — at the close of two and a half hours - it stands as arguably his best-made to date, scene after scene meticulously shaped and timed, not to mention gleamingly photographed by Robert Richardson. While he is serious where it counts - the architectonic solidity, the painstaking precision, the creative flair, of the camera angles and compositions — he is also funny wherever he chooses, picking his spots and racking up an impressive ratio of successes to attempts. Brad Pitt, Christoph Waltz, Mélanie Laurent, Daniel Brühl, Diane Kruger. 2009.

★★★ (CARMEL MOUNTAIN 14; CHULA VISTA 10; DEL MAR HIGHLANDS 8; FASHION VAL-



san Diego K*eader* september 3, 2005

MOVIE SHOWTIMES

Showtimes subject to change. (Bargain showtimes in parentheses.)

CENTRAL

CARMEL MOUNTAIN

Carmel Mountain 14

11620 Carmel Mountain Road (800-326-3264

All about Steve (Not Rated) Fri -Sun (11:00. 1:15, 3:30) 5:45, 8:00, 10:20; **District 9** (R) Fri.-Sun. (11:35, 2:05) 4:35, 7:10, 9:55; Extract (Not Rated) Fri.-Sun. (11:30, 1:40, 3:50) 6:00, 8:10, 10:25; The Final Destination (R) Fri.-Sun (12:00, 2:00) 4:00, 6:00, 8:00, 10:00; **500 Days** of Summer (PG-13) Fri -Sun (11:10, 1:25 3:40) 5:50, 8:05, 10:15; **G.I. Joe: The Rise of** Cobra (PG-13) Fri.-Sun. (2:25) 5:10, 7:40. 10:10; **Halloween II** (R) Fri.-Sat. (11:05, 1:20, 3:35) 5:50, 8:05, 10:25 Sun. (11:05) 8:05, 10:25; Inglourious Basterds (R) Fri.-Sun. (11:45, 3:15) 6:30, 9:15, 10:00; Julie and Julia (PG-13) Fri.-Sun. (11:25, 2:10) 4:50, 7:35, 10:10; Ponyo (G) Fri.-Sun. (11:55, 2:30) 5:00; Shorts (PG) Fri.-Sun. (10:55, 1:00, 3:00) 5:05, 7:05; **Taking** Woodstock (R) Fri.-Sun. (11:15, 1:55) 4:45, 7:25, 10:05; **The Time Traveler's Wife** (R) Fri.-Sun. (12:00) 7:30, 10:05

CLAIREMONT

Town Square 14

4665 Clairemont Drive (800-326-3264 #2722) All about Steve (Not Rated) Fri.-Sun. (10:50, 1:10, 3:20) 5:30, 7:50, 10:05; District 9 (R) Fri. Sun. (11:10, 12:10, 3:00) 5:25, 7:15, 8:05, 10:40; Extract (Not Rated) Fri.-Sun. (11:15, 1:20, 3:35) 5:40, 7:55, 9:45; The Final Destination (R) Fri.-Sun. (12:15, 2:15) 4:15, 6:15, 8:15, 10:15; **The Final Destination** (R) Fri.-Sun $9:15p.m.; \textbf{500 Days of Summer} \ (PG-13) \ Fri.-Sun. \ (10:55, 1:30, 3:25) \ 5:35, 7:45, 9:55; \textbf{Gamer}$ (Not Rated) Fri.-Sun. (10:40, 1:15, 3:40) 5:55, 8:20, 10:30; G.I. Joe: The Rise of Cobra (PG-13) Fri.-Sun. (1:50) 4:30, 9:40; Halloween II (R) Fri.-Sun. (10:45, 1:05, 3:30) 5:50, 8:10, 10:45; Inglourious Basterds (R) Fri.-Sun. (11:20, 2:25) 6:05, 7:00, 9:20, 10:20; **Julie and Julia** (PG-13) Fri.-Sun. (11:25, 2:10) 4:50, 7:40, 10:25; **Ponyo** (G) Fri.-Sun. (11:30, 2:00) 4:20; Shorts (PG) Fri.-Sun. (11:00, 1:00, 3:05) 5:00, 7:05; Taking Woodstock (R) Fri.-Sun. (11:35, 2:20) 4:55, 7:30, 10:10; The Time Traveler's Wife (R) Fri.-Sun. (11:05, 1:40) 4:20, 7:10, 9:35

DOWNTOWN

Gaslamp 15

701 Fifth Avenue (800-326-3264 #2709) Extract (Not Rated) Fri.-Sat. (12:10, 1:15, 2:20, 3:20) 4:25, 5:20, 6:30, 7:30, 8:35, 9:35, 10:40 Sun. (12:10, 1:15, 2:20, 3:20) 4:25, 5:20, 6:30, 7:30, 8:35, 9:35; **Food, Inc.** (PG) Fri.-Sun. (12:25, 2:45) 5:05, 7:20, 9:40; Gamer (Not

Rated) Fri.-Sat. (12:00, 1:05, 2:10, 3:15) 4:20, 5:25, 6:30, 7:35, 8:40, 9:45, 10:50 Sun. (12:00, 1:05, 2:10, 3:15) 4:20, 5:25, 6:30, 7:35, 8:40, 9:45; **G.I. Joe: The Rise of Cobra** (PG-13) Fri.-Sun. (11:55, 2:35) 5:10, 7:45, 10:20; **The** Hangover (R) Fri.-Sat. (11:55, 2:05) 4:15. 6:25. 8:30, 10:45 Sun. (11:55, 2:05) 4:15, 6:25, 8:30; In the Loop (Not Rated) Fri.-Sun. (3:00) 7:45; **Jerichow** (Not Rated) Fri.-Sun. (12:05, 2:15) 4:15, 6:20, 8:25, 10:30: Julie and Julia (PG-13) Fri.-Sun. (1:45) 4:30, 7:15, 10:05; **Moon** (R) Fri.-Sun. (12:30) 5:30, 10:00; **Taking Woodstock** (R) Fri. (1:00) 4:35, 7:10, 9:55 Sat.-Sun. (1:55) 4:35, 7:10, 9:55; The Time Traveler's Wife (R) Fri.-Sun. (12:10, 2:25) 5:00, 7:25, 10:05; Transformers: Revenge of the Fallen (PG-13) Fri.-Sun. (12:35, 3:30) 6:35, 9:30; A Woman in Berlin (Not Rated) Fri.-Sun. (1:20) 4:05, 7:05, 9:50; Youssou N'Dour: I Bring What I Love (Not Rated) Fri.-Sun. (12:15, 2:30) 4:45, 7:00, 9:15

Horton Plaza 14

Horton Plaza (619-444-FILM) All about Steve (Not Rated) Fri. (1:35, 4:10) 7:05, 9:25 Sat.-Sun. (1:35) 4:10, 7:05, 9:25; District 9 (R) Fri. (1:10, 1:40, 3:45, 4:15) 6:45, 7:15, 9:20, 9:50 Sat.-Sun. (1:10, 1:40, 3:45) 4:15, 6:45, 7:15, 9:20, 9:50; **The Final Destination** (R) Fri.-Sun. 7:30, 9:35; **The Final Destina**tion (R) Fri. (1:30, 3:35, 5:40) 8:00, 10:05 Sat.-Sun. (1:30, 3:35) 5:40, 8:00, 10:05; Funny **People** (R) Fri.-Sun. 7:25, 10:40; **G-Force** (PG) Fri. (12:55, 3:05, 5:15) Sat.-Sun. (12:55 3:05) 5:15; **The Goods: Live Hard, Sell Hard** (R) Fri. (1:05, 3:15, 5:25) 7:35, 9:55 Sat.-Sun. (1:05, 3:15) 5:25, 7:35, 9:55; **Halloween II** (R) Fri. (1:45, 4:35) 7:10, 9:45 Sat.-Sun. (1:45) 4:35, 7:10, 9:45; Harry Potter and the Half-Blood Prince (PG) Fri. (12:50, 4:05) 7:20, 10:35 Sat.-Sun. (12:50) 4:05, 7:20, 10:35; **Inglourious Basterds** (R) Fri. (12:50, 1:30, 4:05, 4:45) 7:20, 8:15, 10:35 Sat.-Sun. (12:50, 1:30) 4:05, 4:45, 7:20, 8:15, 10:35; **Ponyo** (G) Fri.-Sun. (1:20, 3:50) 6:50, 9:15; **The Proposal** (PG-13) Fri. (1:15, 4:25) 7:00, 9:40 Sat.-Sun. (1:15) 4:25, 7:00, 9:40; **Shorts** (PG) Fri. (1:00, 3:10, 5:20) Sat.-Sun. (1:00, 3:10) 5:20; **The Ugly Truth** (R) Fri. (1:25, 4:20) 7:05, 9:30 Sat.-Sun. (1:25) 4:20,

KENSINGTON

4061 Adams Avenue (619-819-0236) **Afghan Star** (Not Rated) Fri., Tue.-Thu. (5:30) 7:30, 9:30; Sat.-Mon. (1:30) 3:30, 5:30,

LA JOLLA

La Jolla 12

Villa La Jolla Drive (858-558-2262) All about Steve (Not Rated) Fri.-Sun. (11:25) 2:00, 4:55, 7:35, 10:10; **District 9** (R) Fri.-Sun. (10:55) 1:40, 4:20, 7:15, 9:55; Extract (Not

Mission Marketplace

431 College Blvd. • Oceanside

Chula Vista

555 Broadway #2050 • Chula Vista

Mission Valley Hazard Center 7510 Hazard Ctr. Dr. • San Diego

Poway Creekside Plaza

13475 Poway Rd. • Poway

The Final Destination (R) Fri.-Sun. (11:00) 1:15, 3:25, 5:40, 7:55, 10:05; **500 Days of** Summer (PG-13) Fri.-Sun. (11:50) 2:25, 4:50, 7:30, 10:00; **Gamer** (Not Rated) Fri.-Sun. (11:45) 2:15, 5:00, 7:45, 10:15; G.I. Joe: The Rise of Cobra (PG-13) Fri.-Sun. 1:20, 9:30; Halloween II (R) Fri -Sun (11:40) 2:20, 5:05. 7:40, 10:10; Inglourious Basterds (R) Fri.-Sun. (11:20) 12:05, 2:45, 3:30, 6:15, 7:00, 9:40, 10:25; Julie and Julia (PG-13) Fri.-Sun. $\begin{array}{c} (10:45)\ 1:35, 4:25, 7:25, 10:20; \textbf{Ponyo}\ (G)\ Fri.-\\ Sun.\ (10:50)\ 4:05, 6:45; \textbf{The Time Traveler's} \end{array}$ Wife (R) Fri.-Sun. (11:05) 1:45, 4:30, 7:10, 9:50

La Jolla Village 8879 Villa La Jolla Drive (619-819-0236) Taking Woodstock (R) Fri., Tue.-Thu. (2:00 4:40) 7:20, 10:00; Sat.-Mon. (11:20) 2:00, 4:40, 7:20, 10:00; Yoo-Hoo, Mrs. Goldberg (Not Rated) Fri., Tue.-Thu. (2:15 4:30), 7:00 Sat.-Mon. (12:00) 2:15, 4:30, 7:00, 9:15; Mv One and Only (PG-13) Fri., Tue.-Thu. (1:50) (4:20), 7:10, 9:40; Sat.-Mon. (11:30), 1:50, 4:20, :10, 9:40; In the Loop (Not Rated) Fri., Tue.-Thu. (3:50) 8:30 Sat.-Mon. (3:50) 8:30: Adam (PG-13) Fri., Tue.-Thu. (1:35) 6:15; Sat.-Mon. (1:25), 6:15

MIRA MESA

10733 Westview Parkway (800-326-3264) Call theater for program information.

MISSION HILLS

Cinema under the Stars

4040 Goldfinch Street (619-295-4221) The Princess Bride (PG) Thurs.-Sun. 8:30

MISSION VALLEY

Fashion Valley 18

7037 Friars Road (858-558-2262)
All about Steve; District 9; Extract; The Final Destination; Gamer; G.I. Joe: The Rise of Cobra; Halloween II; The Hangover; Harry Potter and the Half-Blood Prince Inglourious Basterds: Julie and Julia: My One and Only; Ponyo; Shorts; Taking Woodstock; The Time Traveler's Wife; The **Ugly Truth**

Mission Valley 7 7510 Hazard Center Drive (619-685-2841)



The Final Destination 3D (R) $(11:30\ 1:45$ 4:00) 6:15 8:30 10:45; Extract (R) (10:00 12:30 13) (10:00 12:15 2:45) 5:15 7:45 10:15; **Halloween II** (R) (10:15 12:45 3:15) 5:45 8:15 10:45; **Inglourious Basterds** (R) (12:00 3:45) 7:00 10:15; **District 9** (R) (10:30 1:15) 4:15 7:15 10:00; Julie and Julia (PG) (10:45 1:30) 4:30 7:30 10:30; Thomas and Friends: Hero of the Rails (G) 10:30 am Sat.-Sun. only No 9 pm-10:45 pm shows Sun. Tues.

Mission Valley 20

1640 Camino Del Rio North (858-558-2262) All about Steve (Not Rated) Fri.-Sun. 12:30, 3:00, 5:30, 8:00, 10:30; District 9 (R) Fri.-Sun (11:00) 1:10, 1:50, 3:50, 4:30, 6:40, 7:20, 9:20, 10:10, 11:55: Extract (Not Rated) Fri -Sun (11:45) 2:20, 4:45, 7:10, 9:45, 12:05; **The Final Destination** (R) Fri.-Sun. 12:05, 2:25, 4:35, 6:50, 9:10, 11:25; **The Final Destination** (R) Fri.-Sun. (10:45) 1:00, 3:10, 5:25, 7:40, 9:55; Gamer (Not Rated) Fri.-Sun. (10:50, 11:30) 1:20, 2:00, 3:45, 4:25, 6:20, 7:00, 9:00, 9:40, 11:35; G.I. Joe: The Rise of Cobra (PG-13) Fri.-Sun. (11:20) 2:10, 5:00, 7:50, 10:40; The Goods: Live Hard, Sell Hard (R) Fri.-Sun. (10:45) 12:50, 2:55, 5:10, 7:15, 9:35, 11:45; Halloween II (R) Fri.-Sun. (10:55) 1:25, 4:10, 4:55, 6:45, 7:35, 9:30, 10:15, 12:00; The Hangover (R) Fri.-Sun 7:05, 9:25, 11:50; Harry Potter and the Half-Blood Prince (PG) Fri.-Sun. 12:10, 3:40; Inglourious Basterds (R) Fri.-Sun. (11:40) 12:40, 3:05, 4:05, 6:30, 7:30, 10:05, 10:55; Julie and Julia (PG-13) Fri.-Sun. (11:05) 1:55, 4:50, 7:45, 10:35; Ponyo (G) Fri.-Sun. 12:45, 3:15, 5:40, 8:10, 10:45; **Shorts** (PG) Fri.-Sun. 12:25, 2:40; **Taking Woodstock** (R) Fri.-Sun. (11:25) 2:15, 5:15, 8:05, 10:50; **The Time Traveler's Wife** (R) Fri.-Sun. 12:15, 2:45, 5:20, 7:55, 10:25; The Ugly Truth (R) Fri.-Sun. (11:55) 2:35, 5:05,

UPTOWN

Hillcrest Cinemas

3965 Fifth Avenue (619-819-0236) It Might Get Loud (PG) Fri., Tue.-Thu. (2:15 4:40) 7:20, 9:50; Sat.-Mon. (11:50) 2:15, 4:40, 7:20, 9:50; World's Greatest Dad (PG-13) Fri., Tue.-Thu. (2:05 4:30) 7:10, 9:40; Sat.-Mon. (11:40), 2:05, 4:30, 7:10, 9:40; **500 Days of** Summer (PG 13) Fri., Tue.-Thu. (2:25 4:50) 7:30, 10:00; Sat.-Mon. (12:00) 2:25, 4:50, 7:30, 10:00; Cold Souls (PG-13) Fri., Tue.-Thu. (1:55 4:20) 7:00, 9:30; Sat.-Mon. (11:30) 1:55, 4:20, 7:00, 9:30; The Hurt Locker (R) Fri., Tue.-Thu. (3:30) 8:35; Sat.-Mon. (3:30) 8:35; **Adam** (PG-13) Fri., Tue.-Thu. (1:15) 6:20; Sat.-Mon. (1:15) 6:20

Reuben H. Fleet Science Center 1875 El Prado, Balboa Park (619-238-1233) Call theater for program information

EAST COUNTY

EL CAJON

Parkway Plaza 18

405 Parkway Plaza (619-401-3456) Call theater for program information.

LA MESA

Grossmont Center 10

ıt Center Drive (800-326-3264

District 9 (R) Fri.-Sun. (12:15, 2:50) 5:20, 7:50, 10:20; **Extract** (Not Rated) Fri.-Sun. (11:50, 2:00) 4:10, 6:20, 8:30, 10:40; The Final Destination (R) Fri.-Sun. (11:25, 1:20, 3:20) 5:25, 7:25, 9:25; Gamer (Not Rated) Fri.-Sun (10:55, 1:10, 3:30) 5:45, 8:00, 10:15; **G.I. Joe**: The Rise of Cobra (PG-13) Fri -Sun (11:55. 2:30) 5:05, 7:45, 10:25; **Halloween II** (R) Fri. Sun. (11:10, 1:30, 3:45) 6:00, 8:20, 10:35; Inglourious Basterds (R) Fri.-Sun. (12:40, 3:50) 7:00, 10:05; Julie and Julia (PG-13) Fri. 5:50) 7:00, 10:05; unle and Julia (PG-15) Ffl.-Sun. (11:15, 1:55) 4:35, 7:15, 9:55; **Shorts** (PG) Fri.-Sun. (11:00, 1:00); **Taking Woodstock** (R) Fri.-Sun. (11:05, 1:45) 4:25, 7:05, 9:45; **The Time Traveler's Wife** (R) Fri.-Sun. (3:15) 5:40, 8:10, 10:30

SANTEE

Santee Drive In

10990 Woodside Avenue (619-448-7447) The Final Destination (R): Halloween II (R): The Hangover (R); Inglourious Basterds (R)

SOUTH BAY

CHULA VISTA

Chula Vista 10

Broadway between H and I (619-338-4214)



The Final Destination 3D (R) (12:00 2:15) 4:30 6:30 8:30 10:30; The Final Destination (R) (11:30 1:45 4:00) 6:00 8:15 10:15: Gamer (R) (11:00 1:15 3:45) 6:15 8:30 10:45; **Hal**loween II (R) (12:45 3:15) 5:45 7:30 8:15 10:00 10:45; **Inglourious Basterds** (R) (12:15 3:30) 7:00 10:15; **Shorts** (PG) (11:00 1:30) 4:15 7:15 9:45; **District 9** (R) (11:15 2:00) 4:45 7:45 10:30: The Time Traveler's Wife (PG-13) (12:30 3:00) 5:30 8:00 10:30; G.I. Joe: The Rise of Cobra (PG) (11:45 2:30) 5:15 8:00 10:45; **G-Force** (G) (12:15 2:45) 5:00; **Thomas**



Buy 1, Get 1

to Barbie and The Three Musketeers

Valid Saturday, Sept. 5, at 10 am only. Exclusively at Mission Marketplace, Oceanside and Del Mar Highlands locations only.

> **Del Mar Highlands** 12905 El Camino Real • San Diego

River Villag

5256 S. Mission Rd. • Bonsall

La Costa 6941 El Camino Real • Carlsbad

Flower Hill

2630 Via de la Valle • Del Mar

\$izzling Special

PURE DIGITAL CINEMA www.UltraStarMovies.com \$550 Daily **Early Bird** First matinee of every film, every day. Excludes 3D.

ULTRA Star

450* ADMISSION

For all children, seniors, military, and students. ALL THE TIME!

*At Poway, Chula Vista and Mission Marketplace only. \$2 additional for 3D titles

San Diego Reader September 3, 2009

and Friends: Hero of the Rails (G) 10:30 am

No 9 pm-10:45 pm shows Sun. Tues.

Otay Ranch 12

Eastlake Parkway (at Olympic) (858-558-2262)
All about Steve (Not Rated); District 9 (R); Extract (Not Rated); The Final Destination (R); Gamer (Not Rated); G.I. Joe: The Rise of Cobra (PG-13); Halloween II (R); Inglourious Basterds (R); Julie and Julia (PG-13); Ponyo (G); Shorts (PG); Taking Woodstock (R); The Time Traveler's Wife (R)

Palm Promenade 24

770 Dennery Road (858-558-2262)
All about Steve (Not Rated); District 9 (R); Extract (Not Rated); The Final Destination (R); 500 Days of Summer (PG-13); G-Force (PG); Gamer (Not Rated); G.I. Joe: The Rise of Cobra (PG-13); Halloween II (R); The Hangover (R); Harry Potter and the Half-Blood Prince (PG); Inglourious Basterds (R); Julie and Julia (PG-13); Ponyo (G); Shorts (PG); Star Trek (PG-13); Taking Woodstock (R); The Time $\textbf{Traveler's Wife}\left(R\right); \textbf{The Ugly Truth}\left(R\right)$

Rancho Del Rey 16

1025 Tierra del Rey (off East H Street) (619-216-4707) Call theater for program information.

IMPERIAL BEACH

South Bay Drive In

2170 Coronado Avenue (619-423-2727) Call theater for program information.

NATIONAL CITY

Plaza Bonita 14

3030 Plaza Bonita Road (858-558-2262) District 9 (R): Extract (Not Rated): The Final Destination (R); G-Force (PG); Gamer (Not Rated); G.I. Joe: The Rise of Cobra (PG-13); The Goods: Live Hard, Sell Hard (R); Halloween II (R); Harry Potter and the Half-Blood Prince (PG); Inglourious Basterds (R): Julie and Julia (PG-13): Orphan (R): Post Grad (PG-13); Shorts (PG); Taking Wood-stock (R); The Time Traveler's Wife (R)

NORTH INLAND

ESCONDIDO

Escondido 16

350 West Valley Parkway (760-291-0119) Call theater for program information.

FALLBROOK

River Village 6

5256 S. Mission Road (760-945-8784)



The Final Destination 3D (R) (11:30 1:45 4:00) 6:15 8:30 10:45; Gamer (R) (11:15 1:30 3:45) 6:00 8:15 10:30: Julie and Julia (PG) (11:00 2:00) 5:00 7:45 10:30; Inglourious Basterds (R) (12:15 3:30) 7:00 10:15; Shorts (PG) (12:30) 5:30; **District 9** (R) (11:45 2:30) 5:15 7:45 10:15; The Time Traveler's Wife (PG-13) (3:00) 8:00 10:45; Thomas and Friends: Hero of the Rails (G) 10:30 am Sat.-Sun. only No 9 pm-10:45 pm shows Sun. Tues.

POWAY

Poway 10

13475 Poway Road (858-646-9423)



The Final Destination 3D (R) (10:30 12:30 2:30) 4:30 6:30 8:30 10:45; Extract (R) (10:00 12:15 2:45) 5:00 7:30 9:45; Gamer (R) (11:15 1:30 3:45) 6:00 8:15 10:45; **All about Steve** (PG-13) (10:00 12:15 2:45) 5:15 7:45 10:15; Taking Woodstock (R) (10:15 1:00 4:00) 7:00 10:00: Halloween II (R) (10:15 12:45 3:15) 5:45 8:15 10:45; Inglourious Basterds (R) (12:00 3:30) 7:00 10:15; District 9 (R) (10:30 1:15)

4:15 7:15 10:00; The Time Traveler's Wife (PG-13) (12:30) 5:30 8:00 10:30; Julie and Julia (PG) (11:00 1:45) 4:45 7:45 10:30; Shorts (PG) (10:00 3:00); Thomas and Friends: Hero of the Rails (G) 10:30 am Sat.-Sun. only No 9 pm-10:45 pm shows Sun. Tues.

SAN MARCOS

San Marcos 18

1180 W. San Marcos Boulevard (at Old California Walk) (800-326-3264) Call theater for program information.

NORTH COASTAL CARLSBAD

Plaza Camino Real

2385 Marron Road (760-729-7469)
All about Steve (Not Rated) Fri.-Sat. (12:10, 2:30, 4:55) 7:15, 9:25 Sun. (12:10, 2:30, 4:55) 7:15; **500 Days of Summer** (PG-13) Fri.-Sat. (12:30, 2:45) 5:10, 7:30, 9:35 Sun. (12:30, 2:45) 5:10, 7:30; Halloween II (R) Fri. (12:40, 3:05) 5:30, 7:55, 10:10 Sat. (12:40) 7:55, 10:10 Sun (12:40, 3:05) 5:30, 7:55; Inglourious Basterds (R) Fri.-Sat. (12:20, 3:40) 7:00, 10:05 Sun. (12:20, 3:40) 7:00

DEL MAR

Del Mar Highlands 8

El Camino Real at Del Mar Heights Road (858-646-9420)



The Final Destination 3D (R) (11:00 1:30 4:00) 6:15 8:30 10:45; **Gamer** (R) (11:30 2:00) 4:30 7:15 9:45; **All about Steve** (PG-13) (10:00 12:15 2:45) 5:15 7:45 10:15; Halloween

II (R) (10:15 12:45 3:15) 5:45 8:15 10:45; No 10:15 Sat.; **Inglourious Basterds** (R) (12:00 3:45) 7:00 10:15; **Shorts** (PG) (10:00 12:30) 5:30; **District 9** (R) (10:30 1:15) 4:15 7:15 10:00; The Time Traveler's Wife (PG-13) (11:15 2:15) 4:45 7:30 10:00; Ponyo (G) (3:00) 8:00 10:30; Barbie and The Three Musketeers (G) 10:00 am Sat. only; Thomas and Friends: Hero of the Rails (G) 10:30 am Sat.-Sun. only No 9 pm-10:45 pm shows Sun. Tues.

Flower Hill 4 2630 Via de la Valle (858-646-9425)



My One and Only (PG-13) (10:00 12:15 2:45) 5:00 7:30 9:45; Extract (R) (10:00 12:15 2:45) 5:00 7:30 9:45; **Taking Woodstock** (R) (10:00 1:00 4:00) 7:00 10:00; Julie and Julia (PG) (10:45 1:30) 4:30 7:30 10:30 No 9 pm-10:45 pm shows Sun. Tues.

ENCINITAS

La Paloma

471 South Coast Highway 101 (760-436-7469) The Hangover (R); The Hurt Locker (R)

LA COSTA

6941 El Camino Real (at Aviara/Alga) (760-599-8221)



Extract (R) (10:15 12:45 3:15) 5:45 8:15 10:45; All about Steve (PG-13) (10:00 12:30 3:00) 5:30 8:00 10:30; Taking Woodstock (R) (10:00 1:00 4:00) 7:00 10:00; Inglourious Basterds (R) (12:00 3:30) 7:15 10:30: District 9 (R) (10:45 1:45) 4:45 7:45 10:45; Julie and Julia (PG) (10:30 1:30) 4:30 7:30 10:15; Thomas and Friends: Hero of the Rails (G) 10:30 am Sat.-Sun. only No 9 pm-10:45 pm shows Sun. Tues.

OCEANSIDE

Mission Marketplace 13

College Boulevard and Mission Avenue (760-806-1790)



The Final Destination 3D (R) (11:00 1:00 3:15) 5:30 7:45 10:00; The Final Destination (R) (11:15 1:30 4:00) 6:15 8:30 10:45; Extract (R) (10:15 12:45 3:15) 5:45 8:15 10:45; Gamer (R) (11:30 2:00) 4:30 7:15 9:45; **All about Steve** (PG-13) (10:00 12:30 3:00) 5:30 8:00 10:30; **Halloween II** (R) (11:30 12:30 2:00 3:15) 4:30 5:45 7:15 8:15 9:45 10:45; **G-Force 3D** (G) (11:00 1:15) 6:00; **Ponyo** (G) (12:30 3:00) 5:30 8:00 10:30; **Inglourious Basterds** (R) (12:00 3:45) 5:15 7:00 8:30 10:15; **District 9** (R) (11:15 2:15) 5:00 7:45 10:30; Will also play at 10:00 am Wed. only; **The Time Traveler's Wife** (PG-13) (11:45 2:15) 4:45 7:30 10:00; **G.I. Joe: The Rise of Cobra** (PG) (11:45 2:30) 5:15 8:00 10:45; **Julie and Julia** (PG) (11:00 1:45) 4:45 7:30 10:15; Barbie and The Three Musketeers (G) 10:00 am Sat. only; Thomas and Friends: Hero of the Rails (G) 10:30 am Sat.-Sun. only No 9 pm-10:45 pm shows Sun. Tues.

Oceanside 16

401 Mission Avenue (760-439-1733) Call theater for program information.







Strange Brew

GAARON VARNER

The Cinema Drinker

I recommend Strange Brew. Disclaimer: This movie does not accurately depict the brewing process...just a warning to all those home brewers out there! On to the movie, eh? Any movie that starts out with the MGM lion burping instead of growling deserves an honorable mention. Plus, it was written and directed by Rick Moranis and Dave Thomas with NO supervision by Disney! The story is basically a Hamlet plot soaked in strong beer stirred up by insane hockev players "medicated" by...beer. If the plotline doesn't grab you, be assured, it's Canadian.

STRANGE BREW (Canada) 1983, MGM List price: \$14.96



Rachel Getting Married

TROY JOHNSON

Senior editor, Riviera Magazine

Going contrary to the notion of recommendations...Rachel Getting Married: Because I nearly forgot that "powerful and gripping" means that in the first five minutes I will either be sound asleep dreaming of psychotic exgirlfriends paper-cutting themselves with my old love letters or too depressed to turn off the movie and have relations with my current girlfriend.

Paul Blart: Mall Cop was directed by a skinny Frenchman who thinks Americans are drooling mouth-breathers that get their kicks watching cellulite ride a Segway. We proved him right. (I actually have no idea who directed this movie.)

RACHEL GETTING MARRIED

(USA) 2008,

Sony Pictures Classics List price: \$26.96

PAUL BLART: MALL COP (USA)

2009, Sony Pictures List price: \$ 28.96

sat a a

Merce Cunningham's Split Sides

MICHAEL TRIGILIO

Media artist and UCSD Visual Arts faculty

Merce Cunningham's Split Sides presents two performances of a gorgeous dance production featuring the Cunningham Dance Company. I was struck by Cunningham's exhaustive authorship as choreographer, even so late into his

Michel Gondry 2: More
Videos is a collection of music
videos and short-film ephemera.
I love that Gondry has an almost
obsessive point-of-view as an
experimentalist. Big is small! In
is out! Over there is over here!
Sometimes he seems solely
interested in ornate visual puzzles, which is charming if not a
little tedious at times.

MERCE CUNNINGHAM'S SPLIT SIDES (USA) 2009, Artpix

List price: \$40.00

MICHEL GONDRY 2: MORE VIDEOS (USA) 2009, Partizan

List price: \$17.95

To get an online version of this column, go to sdreader.com

LEY 18; GROSSMONT CENTER 10; HORTON PLAZA 14; LA COSTA 6; LA JOLLA 12; MISSION MARKETPLACE 13; MISSION VALLEY 7; MISSION VALLEY 20; OTAY RANCH 12; PALM PROMENADE 24; PLAZA BONITA 14; POWAY 10; RIVER VILLAGE 6; SANTEE DRIVE IN; TOWN SQUARE 14)

In the Loop — Satirical postulation of how the U.S. and the U.K., on idiotic intelligence, came together to wage war in Iraq (unnamed but unmistakable). The actors are real pros, and can well handle the rapid-fire dialogue, probably better than the overwhelmed viewer can handle it. The raggedy

documentary-style camerawork, on top of it, generates an excess of turbulence. Tom Hollander, Peter Capaldi, Gina McKee, James Gandolfini, Mimi Kennedy, Anna Chlumsky, Chris Addison, David Rasche; directed by Armando Iannucci. 2009.

 \bigstar (GASLAMP 15; LA JOLLA VILLAGE)

It Might Get Loud — Davis Guggenheim, the ignored director of *An Inconvenient Truth* (all glory to Al Gore), essays a different sort of documentary, arranging a "summit" of electric guitarists, Jimmy Page of Led Zeppelin, The Edge of U2, and Jack White of the White Stripes and the Racon-

teurs. Not much comes of the meeting of minds and fingers, but the individual background stories are not without interest (especially the childhood footage of Page and Edge). All of which tends, however, to point up the arbitrariness of the selection: why not Beck? Clapton? Slash? But as long as you can abide the sound of the instrument — the title serves fair warning — you should have no major cause for complaint. 2009.

★ (HILLCREST CINEMAS)

Jerichow — Christian Petzold's reworking of *The Postman Always Rings Twice*, with Nina Hoss of *A Woman in Berlin*.

(GASIAMP 15. FROM 9/4)

Julie and Julia — As per its punchy subhead, this is "based on two true stories," parallel stories of feminist self-determination, set half a century apart, then and now. One focuses on Julie Powell, self-made blogger, daily chronicler of a year-long project to cook her way through volume one of Mastering the Art of French Cooking, 365 days, 524 recipes. The other focuses on the American co-author of the aforesaid cookbook, Julia Child. Though each story in turn gets equal time, back and forth, the film suffers from a built-in imbalance. The women, no need to be overly polite about it, are not equal pioneers. The one — the ear-

lier — the pathfinder — was, in her own humorously grandiose phrase, out to "change the world," while the other — the follower — the copier — the coattail rider — was only out to carve herself a niche in the blogosphere and eventually the publishing world. Nor are the players equal. Amy Adams is an agreeable light-comedy actress (not so agreeable a heavier actress), whose Julie has been drastically watered down from the real McCoy, the real Powell, evidently out of primary concern that everyone should like her and every woman identify with her. Meryl Streep, meanwhile, is nothing less than the prima donna of contemporary American cinema; and her Julia, far from a bland Everywoman, is a one-of-a-kind: a stylized self-parodist parodied to perfection, but softened and molded into a rounded, humanized, full-service screen character. We want at all times, not just half the time, to be with Julia; and we should probably be grateful to writer-director Nora Ephron, whose title comes from Powell's blown-up blog but whose source material expanded to encompass Child's autobiography, that we have Julia-slash-Meryl even half the time. It could have been less. Stanley Tucci, Chris Messina, Jane Lynch. 2009.

★★ (CARMEL MOUNTAIN 14; FASHION VAL-LEY 18; FLOWER HILL 4; GASLAMP 15; GROSS-MONT CENTER 10; LA COSTA 6; LA JOLLA 12; MISSION MARKETPLACE 13; MISSION VALLEY 7; MISSION VALLEY 20; OTAY RANCH 12; PALM PROMENADE 24; PLAZA BONITA 14; POWAY 10; RIVER VILLAGE 6: TOWN SOUARE 14)

Moon — Speculation on the anomie of the self-knowing human clone, a reasonable stand-in for the self-knowing human. Written and directed by the British team of Nathan Parker and Duncan Jones respectively, it's a nice little piece of short-storysized science fiction freighted with reminders of 2001 - some of Silent Running as well, less burdensome - and stretched out to just barely endurable length. As in its eminent forebear, the human cast is very limited, mostly Sam Rockwell in a dual role – at one point playing pingpong with himself in the same frame, at numerous points matching the ostentatious torment of Bruce Dern in Silent Running — supported if not upstaged by a talking computer called GERTY 3000 (smarmy voice of Kevin Spacev) instead of HAL 9000. A sufficient innovation in design is the emblematic Smiley Face that signals the computer's "mood," or alternatively a Frowny Face, Quizzical Face, or Noncommittal Face, every bit as expressive as the Jack-in-the-Box of fast-food TV ads. It's quite astonishing how even the most modest-budget science fiction now approximates the nonpareil special effects of the Kubrick monument of forty years ago. 2009.

★★ (GASLAMP 15, FROM 9/4; LA JOLLA VIL-LAGE, THROUGH 9/3)

My One and Only — Renée Zellweger as a runaway wife in the 1950s, directed by Richard Loncraine.

(FASHION VALLEY 18; FLOWER HILL 4; LA JOLLA VILLAGE; FROM 9/4)

Orphan — Adoption nightmare wherein an affluent suburban couple, parents of two children already, immediately replace their stillborn baby with a nine-year-old Russian of cute accent and evil intent. Outside of a committed performance from Vera Farmiga as the troubled mother, it's all very routine until the dilly of a surprise twist, creepily visualized. With Isabelle Fuhrman, Peter Sarsgaard, CCH Pounder, and Margo Martindale; directed by Jaume Collet-Serra. 2009.

★ (PLAZA BONITA 14)

Ponyo — Hayao Miyazaki further postpones his announced retirement three feature films earlier, and appears to reverse the slippage of his hand-drawn purism into corner-cutting computer animation, revert-

ing to a simpler, less congested style than in Spirited Away and even more Howl's Moving Castle. His famous sensitivity to nature is immediately on display with the plunge into a teeming underwater world dominated at first by jellyfish and soon turning up a school of human-headed wigglies identified eventually as goldfish, one of whom nurses an overwhelming urge to become head-to-toe human (which means, high on the list, to eat ham) and to escape the dominion of her inexplicably humanoid father: "If you could only remain innocent and pure forever." Some lip service gets paid to the precarious ecological balance, but no narrative developments quite live up to the apocalyptic rhetoric. A modest fairy tale of personal liberation (fashioned loosely after The Little Mermaid of Hans Christian Andersen), with its ambiguous father figures and idealized mothers, proves nevertheless to be compelling enough on its own; and the sustained climax rises sufficiently high with the coming of a typhoon, the slanting rain and bending wind, the swelling whale like waves, the flooding of a landscape we have come to know well, the navigating of the roads by fish in place of cars, and the presto-change-o transformation of a toy boat into a serviceable little putt-putt to navigate the surface. With the voices of Tina Fey, Liam Neeson, Cate Blanchett, Matt Damon, Noah Cyrus (little sister of Miley), and Frankie Jonas (little brother of the Jonas Brothers). 2009.

★★★ (CARMEL MOUNTAIN 14; DEL MAR HIGH-LANDS 8; FASHION VALLEY 18; HORTON PLAZA 14; LA JOLLA 12; MISSION MARKETPLACE 13; MISSION VALLEY 20; OTAY RANCH 12; PALM PROMENADE 24; TOWN SQUARE 14)

The Princess Bride — Rob Reiner, who's said to have been wanting to make a movie of the William Goldman novel for many more years than he'd actually been a moviemaker, is not at this point a good enough director to cover up for a not good enough idea: he's still tied too tightly to the TV sitcom sensibility (acquired no doubt in his years as an actor on All in the Family), all the way down to the clunking closeup of whoever happens to be talking at the moment. In fairness he does seem to keep on trying to do something a little different, only he is doing something less different here than he seems to think. The possibilities of the tongue-in-cheek swashbuckling adventure have been pretty thoroughly mapped out in such things as, coming forwards in time, The Great Race, Richard Lester's The Three (and Four) Musketeers. Richard Quine's The Prisoner of Zenda, Flash Gordon, and the Indiana Jones films. And the Errol Flynn-Douglas Fairbanks prototypes never had their tongues far from their cheeks in the first place. But forget all that now, if you possibly can, as you are guided again to The Shrieking Eels and The Cliffs of Insanity and The Fire Swamp, with its St. Bernard-sized rats, and The Pit of Despair and so on (only the names are different), to be regaled not so much by the actual spectacle of any of these sights as by the choking facetiousness of your tour-guide. This attitude of indulgent superiority is evidently supposed to coat the thing with a layer of "adultness." And for a second coat into the bargain, there is a present-day framing device whereby a horribly made-up and costumed granddad (Peter Falk) "reads" the story we are seeing to a precocious sitcom kid in his sickbed: a soft-sell pitch for literature (the television of yore) that had been done before, and better, in The Neverending Story. Winks and eye-rolls notwithstanding, however, The Princess Bride remains obstinately a movie for children. There is no harm in that. But there is not a lot else in it either. With Cary Elwes, Robin Wright, Mandy Patinkin, Chris Sarandon, 1987.

★ (CINEMA UNDER THE STARS, 9/3 THROUGH 6, 8:30 P.M.)



The Proposal — Anne Fletcher's contemporary romantic comedy has a premise no more ridiculous than something that might once have featured Claudette Colbert and Fred MacMurray. The editor-in-chief at Ruick & Hunt Publishers, a transplanted Canadian ice queen slash wicked witch of the north, now threatened with deportation for an expired visa, commands her lackey to marry her, true love following along licketysplit. The rotelike working-out of the premise appears heedless of the ridiculousness and therefore increasingly ridiculous, heedless in particular of the age difference between Sandra Bullock and Ryan Reynolds, obvious to the naked eye. The two stars nonetheless display a polished smoothness if something less than a Golden Age luster. With Mary Steenburgen, Betty White, Craig T. Nelson, Malin Akerman. 2009.

★ (HORTON PLAZA 14)

Shorts — Nonlinearity for kids. Aggressively cute, garishly bright family fantasy mashes together, in no particular order, a magical multicolor Wishing Rock, gherkinsized aliens, a giant booger, a telepathic baby, Siamese-twin spouses, among other things. Respectable cast above the tot level: Leslie Mann, Jon Cryer, Kat Dennings, William H. Macy, James Spader. Written, directed, photographed by Robert Rodriguez. 2009. ★ (CARMEL MOUNTAIN 14; CHULA VISTA 10; DEL MAR HIGHLANDS 8; FASHION VALLEY 18 GROSSMONT CENTER 10; HORTON PLAZA 14; MISSION VALLEY 20: OTAY RANCH 12: PALM PROMENADE 24: PLAZA BONITA 14: POWAY 10: RIVER VILLAGE 6; TOWN SQUARE 14)

Star Trek — Enjoyable prequel, thirty years after the same-named debut of the series on the big screen. The chaotic and incoherent prologue might somewhat smother the emotional punch of the birth of James Tiberius Kirk at the same moment as his father's death, but the reintroduction of the old familiar characters — the assembly of the changeless crew for the maiden voyage of the U.S.S. Enterprise - can't help but be fun for initiates. Chris Pine's Kirk, sounding as though modelled on no weightier a prototype than Christian Slater, starts out an obnoxious punk and fails to advance very far beyond that. Zachary Quinto's Spock, on the other hand, has some big ears to fill and fills them fully, achieving that elusive goal of undemonstrative intensity. If it's fair to say that the film, rather than stand on its own, benefits from the groundwork of its forerunners - if it safely and securely goes where others have gone before — it would also be fair to object that the speedy evolution of special effects since the last Star Trek outing, seven years previous, serves to render the "ensuing" adventures anticlimactic. Topping what came before - a petty enough creative impulse in the first place is in effect topping what came "after." That may not constitute disrespect, but it constitutes disproportion. Director J.J. Abrams's preference for the rambling Steadicam and the trembling closeup reveals him further to be a man of trend as opposed to a man of tradition. With its gigantic hands-of-Freddy-Krueger enemy spaceship, its Mad Max-y tattooed heathens, and its gratuitous CG monsters, the film is, by the standards of the franchise, skimpy on ideas, apart from a bit of time-travel abracadabra that enables Spock to be two places and two ages at once. Which is to say, enables Leonard Nimov to play a part, Karl Urban, Anton Yelchin, Zoe Saldana, John Cho, Simon Pegg, Eric Bana. 2009

★★ (PALM PROMENADE 24)

Taking Woodstock — Reviewed this issue. With Demetri Martin, Imelda Staunton, Henry Goodman, Liev Schreiber, Jonathan Groff, Eugene Levy, and Emile Hirsch; directed by Ang Lee.

★ (CARMEL MOUNTAIN 14; FASHION VALLEY 18; FLOWER HILL 4; GASLAMP 15; GROSSMONT CEN-TER 10; LA COSTA 6; LA JOLLA VILLAGE; MISSION



VALLEY 20; OTAY RANCH 12; PALM PROMENADE 24; PLAZA BONITA 14; POWAY 10; TOWN SQUARE 14)

The Time Traveler's Wife — Lifetime Channel science fiction to do with a passive time-tripper who has no control over his departures or arrivals (leaving behind a pile of clothes and taking with him only his birthday suit) and no power to alter events. One can't be sure that these rules are strictly adhered to. The lifelong love affair that begins with a naked adult man and a six-vear old girl seems to have potential as a metaphor of female loyalty and male inconstancy, but despite the ardent efforts of Rachel McAdams (especially) and Eric Bana, the potential gives way to gloss and goo. Directed by Robert Schwentke. 2009. ★ (CARMEL MOUNTAIN 14; CHULA VISTA 10; DEL MAR HIGHLANDS 8; FASHION VALLEY 18; GASLAMP 15: GROSSMONT CENTER 10: LA JOLLA 12: MISSION MARKETPLACE 13: MISSION VALLEY 20: OTAY RANCH 12: PALM PROMENADE 24; PLAZA BONITA 14; POWAY 10; RIVER VILLAGE 6; TOWN SQUARE 14)

Transformers: Revenge of the

Fallen — Autobots vs. Decepticons, Round Two, a blur of liquidy computer-generated metal (robot design by trash compactor) and a mass — no, a mess — of contradictions: apocalyptic pomposity and low comedy; heavy combat and light casualties; a too-fast pace that attains two and a half hours and total boredom (except perhaps for John Turturro's succinct "one-manalone" soliloquy). With Shia LaBeouf, Megan Fox, Josh Duhamel, Tyrese Gibson and Ramon Rodriguez; directed by Michael Bay. 2009.

• (GASLAMP 15)

The Ugly Truth — Cool-blonde control freak and dark hairy caveman (Katherine Heigl, Gerard Butler) in a conflict of philosophies, personalities, and sexualities, behind the scenes at a Sacramento TV morning talk show. The road to the predictable and inevitable is paved with, among other things, a pair of vibrating panties, the remote control in the wrong hands at the wrong time. Hard to imagine

Katharine Hepburn or Jean Arthur at that spot in the road. With Bree Turner, Eric Winter, Cheryl Hines, and John Michael Higgins; directed by Robert Luketic. 2009. • (FASHION VALLEY 18; HORTON PLAZA 14; MIS-SION VALLEY 20; PALM PROMENADE 24)

A Woman in Berlin — German dramatization of an incendiary wartime diary published at the end of the Fifties by "Anonyma," an account of the Russian occupation after the fall of Berlin. Filmmaker Max Färberböck narrows his gaze, and ours, to a single neglected facet of the war: the ancient and abiding practice of mass rape as one of the unquestioned spoils of the conqueror, and the pragmatic survival methods of its victims. The protagonist's - the diarist's — eventual arrangement with the chiselled and lacquered Red Army commander, a "pact with the devil" to insulate her from taking on all comers (pun sternly discouraged), is a war-story commonplace. But the narrowness of focus and the wealth of rub-your-nose-in-it circumstantial detail go beyond the common. One woman can bump into an old friend in the street and ask without preamble, "How many?" - and we understand fully what she's talking about. Färberböck's tough-minded nonjudgmentalism does not exactly find its purest expression, its kindred spirit, in the grab-bag vacillation and noncommitment of the visual style. His willy-nilly switches in

approach — the firmly planted dramatic up-shot alternated with the hand-held scramble, the taut deep-focus composition set beside the mushy telephoto compression — give the spectacle a gumminess as treacherous, in its way, as the subject matter. The soaring interest of one image offers no assurance against the plummeting interest of the next. Nina Hoss,, Yevgeni Sidikhin, Rudiger Vogler, Irm Herrmann.

★★ (GASLAMP 15)

World's Greatest Dad — Reviewed this issue. With Robin Williams, Daryl Sabara, Alexie Gilmore, Henry Simmons, and Geoff Pierson; written and directed by Bobcat Goldthwait.

★ (HILLCREST CINEMAS, FROM 9/4)

Yoo-Hoo, Mrs. Goldberg — Reviewed this issue. With Ruth Bader Ginsburg, Susan Stamberg, Gary David Goldberg, Norman Lear, Margaret Nagle, and Glenn Smith; directed by Aviva Kempner.

★★ (LA JOLLA VILLAGE)

Youssou N'Dour: I Bring What I

Love — Documentary by Elizabeth Chai Vasarhelyi on the controversial Senegalese musician

(GASLAMP 15, FROM 9/4)

"I REALLY LOVED MY ONE AND ONLY... ONE OF THE BEST THINGS RENÉE ZELLWEGER HAS EVER DONE.



"A GOOD-NATURED SCREWBALL ROAD FILM. A CONTEMPORARY VERSION OF A PRESTON STURGES COMEDY."



"AN EXCEPTIONALLY GOOD COMEDY LOADED WITH AUGHS, HEART AND WONDERFUL PERFORMANCES. RENÉE IS AT HER BEST!"

"DON'T DARE MISS THIS ADORABLE MOVIE!"

STAR-STUDDED FILM. A PURE DELIGHT!

RENÉE ZELLWEGER

PG-13 RAYGUN www.myoneandonly.com dets Rounney &

STARTS FRIDAY, SEPTEMBER 4TH! LANDMARK LA JOLLA VILLAGE 8879 Villa La Jolla Dr. (619) 819-0236

AMC ULTRASTAR
FASHION VALLEY 18 FLOWER HILL CINEMA
7037 Friars Rd. 2630 Via de la Valle
(858) 558-2AMC Del Mar (858) 646-9425

Enter to win a Ghosts of Girlfriends Past DVD at www.SanDiegoReader.com. Click on "Contests."



Connor Mead is the kind of guy who dumps three girlfriends. At the same time. By teleconference. Matthew McConaughey, Jennifer Garner and Michael Douglas uncork a romantic romp as bubbly as wedding-toast champagne. It's the perfect comedy for anyone who believes in laughs and love. Or needs to.

Available on Blu-ray® and DVD 9/22/09!

Ghosts of Girlfriends Past © 2009 New Line Productions, Inc. Distributed by Warner Home Video. All rights reserved.

Crasher

CREST BURGERS

by Josh Board

hen I checked my voice mail to see if anyone called in a party, I heard there was a barbecue in Crest, so off I went.

Marilyn had a big house with a pool in the backyard, and her husband Bob was barbecuing burgers in the driveway.

There was a gate, and it took me a few minutes to figure out how to get in. And that's odd, considering they left a sign with directions right there. (They wanted to keep the gates closed so the dogs wouldn't get out.)

After parking and figuring out the gate code, I looked over and saw a van with the name of a mobile DJ company painted on the side. I cringed. I had to explain to my girlfriend that I knew the guy that owned the van. I worked with him briefly in radio and don't have a high opinion of him. I figured I'd ignore the guy and still have a good time.

I sat at a table with a wedding photographer. I asked about horror stories he's had, and he told me about people sweating and not realizing it. Also, a woman died in a drag race the week before her wedding. He found out when he saw the obituary in the paper. I asked if he still charged anything for having that day reserved.





Left: Cupcakes and cookies shaped like burgers and fries; Right: Bob and Marilyn in the back row (Marilyn, left; Bob, middle)

"Oh, no," he told me. "I even went to the funeral and brought flowers. But things do happen. Some couples break up a few days before the wedding."

Later, Marilyn showed me a room her husband Bob — also a DJ — has filled with autographed memorabilia. He has a poster signed by U2 and sports memora-

"She always says, 'If you don't like it, sniff it, pee on it, and move on."

bilia. I asked Bob later if he had met any famous people while DJing weddings. He laughed and said, "I was doing an event, and

they asked if they could use my microphone. It was one of those Rancho Santa Fe parties. And it ended up being Sheryl Crow that came out. I didn't ask her to sign anything. I thought it would be unprofessional."

Marilyn had a couple of dogs running around. I overheard someone say, "Marilyn got her credo from one of her dogs. She always says, 'If you don't like it, sniff it, pee on it, and move on."

I noticed a woman making pottery and a few kids running around trying to find things in a treasure hunt.

I went over to grab a burger and realized that in Crest, it's so hot that the cheese is already melted in the plastic. You don't need to put it on the burger while it's cooking. I couldn't even figure out how to get the melted mess out of the wrapper and onto the

patty.

Instead, I opted for a hot dog. Bob said, "These are mostly brats. I think there's one token dog somewhere on the grill." I found it, slathered it with mustard, and headed back inside.

I was looking at the living room wall, which had more records than I've ever seen. It was like being in a music store. When you're a wedding DJ, you need a big collection.

There was another wedding DJ I ran into at this party. I asked him if he got sick of hearing the same old songs, like "Brown Eyed Girl." He laughed and said you do get tired of some, adding, "I love classic rock and hard rock. But I just can't stand Eric Clapton's 'Wonderful Tonight' anymore."

I asked what the most popular songs are at weddings and was told, "The ones that get people dancing: 'The Slide,' 'Love Shack,' 'Mony, Mony,' all those are popular."

I met a guy that was a 6'4" cameraman. I assumed he filmed weddings, but he told me he worked for ABC. He had some great stories about dealing with editors taking out shots he really liked.

We ended up talking a lot about sports and writing. I asked him what he was doing in town, and he said he was here filming a reality show. I asked him what it

was, and he said he wasn't allowed to give the details.

After he left, along with the DJ I didn't want to run into, I found out the reality show was about the DJ; because he has an interracial marriage and is involved in other activities, I can imagine it will be popular. And his goofy personality will fit in well with all those other reality-show stars.

Bob finally stopped cooking for a bit and sat down. I told him the mountain behind his house looked beautiful and that the slide he had going into his pool should go up the side of it. He said, "Yeah, I always said if I had a quarter million dollars I'd have a rock slide built on those mountains."

He told me that he and Marilyn have been married for 20 years and that they own a production company.

She walked by singing along to a Sublime song — "...something for his punk ass..." — and went inside. She came back out and, well, she did have something: prizes for people who brought side dishes. Someone told me in the past she's given away great things that are usually food-related, like cookbooks.

When she was going to hand out the first prize, I yelled out that it should be for the cupcakes a woman brought. She looked



Ball has it all!

Looking for a Soul? Optima? Forte? Sportage? We've got it! Call now for the Ball low price!

NEW 2008 SORENTO \$22,495° w/leather

The new standard in standard features.

2010 KIA SOUL \$13,9



KIA MOTORS

1 at this price: #852686

Ball discount

Military discount

100,000 MILE

The Kia 10 Year/100,000 Warranty Program includes various warranties and roadside assistance benefits.
Warranties include powertrain and basic. All warranties
and roadside assistance benefits are limited. See retailer



1935 NATIONAL CITY BLVD., NATIONAL CITY • 619-474-6431 • VISIT US ON THE WEB AT: BALLKIA.COM

shocked. I think she was going to name another dish but decided to go with that one. I'm glad she did because the lady had made about 50 cupcakes, and they were all shaped like cheeseburgers. There was cake on top like a bun, and the yellow, red, and green that looked like condiments were different-flavored frostings. They were surrounded by long, thin sugar cookies that looked like french fries.

As I was heading out, Bob gave me a lemon that was the size of a pumpkin. He said, "We grow these here. It's a nuclear lemon."

I wasn't sure what to do with it. I wanted to say, "Hey...if you want to get rid of any albums, I'd be glad to take some of those off your hands." ■

Crash your party? Call 619-235-3000 x421 and leave an invitation for Josh Board.

For more stories by this author, go to sdreader.com.



soft contacts

2 pair

Includes exam & follow-up. Daily or extended wear. Bausch & Lomb SL38. Some power restrictions.

Eyeglass Special \$143 complete

Includes exam, spring-hinge metal frames, S.V. plastic lenses.

Eye Exam Plus \$176

Eye exam, one pair of glasses & two pair of contact lenses.

Colored Contacts \$45 3 pair

With prescription.

Dr. Phillip Levy, O.D., Family Optometrist

5020-B Baltimore Dr., La Mesa (Next to Starbucks)

1.877.209.8142

Offers do not include previous purchases, other discounts, specials, or 3rd-party plans. We accept most union and insurance plans. Single-vision plastic lenses. Restrictions apply.



200 watt • AM/FM • Detachable Face • iPod Jack & RCA Output

Car Alarm

- 2 Remotes Starter Kill LED
- Shock Sensor Door Protection
- Parking Lights Valet Switch

Window Tint

Any Car. Back 3 Windows.

Offers expire 10-5-09 with this ad

Kenwood CD Player \$59*

Stereo Outlet

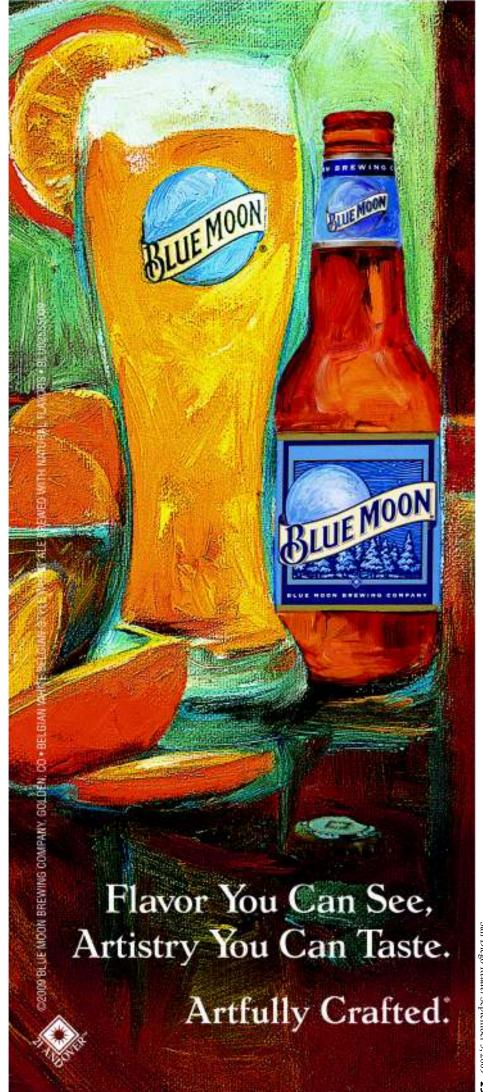
2710 Garnet Ave., Pacific Beach 858-581-2434

For more specials visit: sdstereo.com

*Additional parts may be required. Carryout price slightly higher.

NAVIGATION • BACKUP SENSOR • MOBILE VIDEO • iPOD ADAPTER





Puppedeers

Eight powerful
San Diegans
who don't
want to tell you
what they do



DISTRICT ONE

John Rivera



DISTRICT TWO

Aimee Faucett



Jamie Fox-Rice



DISTRICT FOUR
Jimmie Slack



DISTRICT FIVE

Jaymie Bradford



DISTRICT SIX

Steven Hadley



DISTRICT SEVEN

Xema Jacobson



Ana Molina-Rodriguez

The tenth floor of San Diego city hall is like a submarine in the sky. Behind sealed windows and an electronic-buttoned security door are the cramped offices of eight councilmembers, who themselves are sardined in with 65 staffers — 8 chiefs and 57 underlings. Amid the confines, crew members, some on eight-year voyages, bump into each other. They shout across the hall. They buttonhole one another between desk and toilet. They share family photos and the occasional lunch or workout. On the rare occasion when a citizen shows up and gets in — citizen, try showing up and getting in — they absorb his or her concerns. But more often they endure lobbyists and businessmen, who get in more easily and needle councilmembers and staffs

incessantly. Since 1964, when the city administration building opened at 202 C Street, several generations of staffers have recycled the floor's oxygen — call it the rarefied air of political servitude. Staffers work a variety of assignments: council representative; community, labor, or business liaison; communications director; policy advisor; and deputy chief of staff. Many staffers have moved laterally between one district office and another, on occasion between city and county. They often come aboard when a new councilmember needs an insider, someone who knows how to ply the political waters. The highest rank — the one who gets to shout, "Up periscope!" — is the chief of staff.







Most chiefs have been undersea in the staffing realm for years. To get to chief you first get on board as an aide or council rep; then, one campaign sortie at a time, proving your mettle, you move up to deputy chief, senior policy advisor, or campaign manager.

- District 1 chief John Rivera was a longtime aide to former councilmember Brian Maienschein. Christina Cameron, chief for former District 1 councilmember Scott Peters, was chief for Harry Mathis, Peters's predecessor.
- Former District 3 councilmember Toni Atkins was the chief for Christine Kehoe when she was the District 3 councilmember in the 1990s. Stephen Hill, senior policy advisor for District 3 councilmember Todd Gloria, was both policy advisor and deputy chief of staff for Atkins. The current chief, Jamie Fox-Rice, was deputy chief of staff for former councilmember Ralph Inzunza and managed Gloria's winning campaign.
- In District 4, the council seat has been passed down to chiefs like a baton. Prior to being

elected to the council in 1987, Wes Pratt was county supervisor Leon Williams's chief. George Stevens beat Pratt in 1991; Stevens's chief was Charles Lewis. Lewis was elected in 2002; his chief of staff was Tony Young. Young was elected in 2005; his chief of staff is Jimmie Slack, who was, like Pratt, a chief of staff for Supervisor Williams.

- In District 5, the current chief, Jaymie Bradford, was in the office of District 7 councilmember Jim Madaffer. Madaffer was the chief for District 7's Judy McCarty before his turn came.
- Former District 8 councilmember Ralph Inzunza was the chief of staff for Juan Vargas when he was on the council. Resigning to run for the Assembly, Vargas endorsed Inzunza as his replacement. Ana Molina-Rodriguez is Ben Hueso's chief in District 8. She was the chief for Assemblywoman Denise Ducheny and then for Ralph Inzunza, until he was thrown out on corruption charges.

Each council office is budgeted \$990,000 annually, a figure that's remained constant for three years. This pays the salaries of the councilmember and staffers. The lion's share of the \$990,000 goes to the councilmembers' appointees.

Most city council webpages include a biography of the chief of staff and a description of his or her duties. These include managing staff (hiring and firing), advising on policy issues such as labor relations or land use, and working with boards and commissions. That's about it for details.

While preparing the 2006 Kroll Report, an investigation into the City's underfunding of its pension system, Audit Committee lawyers interviewed many city staffers, among them three current chiefs: Aimee Faucett, Jaymie Bradford, and Ana Molina-Rodriguez. The three were asked about their jobs. Chiefs open the member's mail. They have access to the member's email accounts. Based on research, they advise the member how to vote and assess how other councilmembers might vote. Chiefs grant — and do not grant — media requests. They organize weekly docket briefings.



2 San Diego Reader September 3, 2009



DOORBUSTER DEALS!



WIN AN IPOD TOUCH
ENTER AT 9AM FRIDAY DRAWING AT 11AM FRIDAY

NO PURCHASE NECESSARY

IT'S GUITAR CENTER'S LABOR DAY LIST SAVINGS EVENT!

Starting at 9am Friday, get your hands on The LIST, a top-secret document packed with massive savings on open box gear, closeouts, used gear, manager's specials and much more! Many items are tagged below our cost! There's even special event financing. On Friday get incredible door-buster deals and early bird specials, plus every store will be giving away one iPod touch. Remember, the good stuff always goes first!

GUITAR CENTER'S LABOR DAY LIST SAVINGS EVENT FRIDAY, SEPTEMBER 4TH – MONDAY, SEPTEMBER 7TH



They set up meetings with lobbyists and attend when necessary. They approve travel and conference requests from staff members. They sign remittance forms for travel and conference reimbursements. And they often control who on their staffs can and cannot speak directly to the member. In addition, chiefs oversee appointments to boards and commissions; support the councilmember's pet issues; put the member in front of the public so he

GOLD REPAIR **DESIGN DIAMOND RINGS** (619) 291-4977 David of California or she looks good; and, in a few cases, hear from the member about closed-session discussions.

How About an Interview?

I contacted the eight chiefs of staff, hoping a few might talk. Only one provided background info, off the record. But because of their denials, I learned a lot about how city council offices operate. They operate much like corporations, where a communications person handles media requests. Such requests are looked over by the chief, who responds or has the communications person send an email. For my requests, their responses seemed written on carbon paper. Thanking me for my

"interest," Jamie Fox-Rice, chief of staff for Todd Gloria, wrote, "My job is quite fascinating, but, as you mentioned, the Councilmember gets the coverage." This was my initiation into the nonexistent link between press and city council chiefs: the councilmember gets all the coverage; chiefs none. I had argued that a story on them, the savviest of insiders, would be fascinating. Fox agreed but still wouldn't talk. "My role here is," Fox-Rice later replied, "to make sure that our staff stays focused on the councilmember's priorities and that the







Books, CDs, **DVDs, Games**

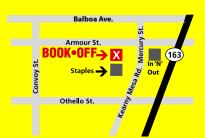
(We may not purchase certain titles.)

All items are clean and in good condition!

SAN DIEGO STORE Suite 128 San Diego, CA 92111 858-627-9600

We sell 4240 Kearny Mesa Road, Books starting at \$1.00 CDs starting at \$1.00

DVDs starting at \$3.00



BOOK-O

A never-before-seen used book store! Open 7 days a week 10 am-8 pm

SEVENTH IN A SERIES

Thought You'd Like to Know



"I have been advertising in the Reader for three months now. On average, the Reader brings me 45 new customers every week. Our Reader ad has proven to be an effective way of expanding my current clientele. The best part is the longer I have been advertising, the stronger my results have become."

-Tai Tran, VIP Oriental Buffet



P.O. Box 85803 • San Diego, CA 92186-5803 619.235.3000 • 619.231.0489 (fax) • SanDiegoReader.com constituency in the 3rd Council district — and the City as a whole — has dedicated and fair representation."

Aimee Faucett wrote, "My work as chief of staff for Councilmember Faulconer is to ensure his priorities and commitments to the community are achieved. I prefer media coverage to be about the Councilmember, and I have rarely been quoted by members of the press. Therefore, please accept my respectful decline of your request." It's hard to argue with a preference.

Donna Frye's longtime chief, Steven Hadley, of District 6, declined, saying he wanted the focus to stay on Donna. He sent along a spreadsheet of his and his staffers' duties.

When I first emailed Erica Mendelson, communications director for District 5 rep Carl DeMaio, she wrote that "we are declining all interviews unless it's for the councilmember. It's a decision we've made internally." Apparently she and Mr. DeMaio reconsidered, and they asked for a list of questions. I sent the list, inquiring about how his chief, Jaymie Bradford, was chosen, her role in advising him on policy, the difficult and the rewarding parts of the job, and whether chiefs have conflicts of interest. Soon, Mendelson called to say that the tenor of such questions was "too intense" for Mr. DeMaio to answer. Instead, he emailed the following: "As my chief of staff, Ms. Bradford manages the day to day activities of the District 5 office. In this capacity she is also my chief advisor on policy issues. Because of her extensive background in city related policy issues and knowledge of the intricacies of the city she was the perfect choice to fill the role of chief of staff."

Glen Sparrow, a retired San Diego State political scientist and a staffer for Councilman John Hartley in the 1990s, is not surprised that the chiefs won't talk. "One thing you do as a chief of staff," he says, "is subvert your personality to the boss. Your shield protects him or her, and you take the arrows. Anytime good occurs, you give the boss credit; anytime there's bad, you take it on yourself. The last thing you want is the spotlight. It's in their nature to be quiet about

what they do."

Euphemisms such as "internal decision" and "the member gets the press" are so evasive as to be suspicious — or meaningless. What is this not-talking groupthink really about? Doesn't the public deserve

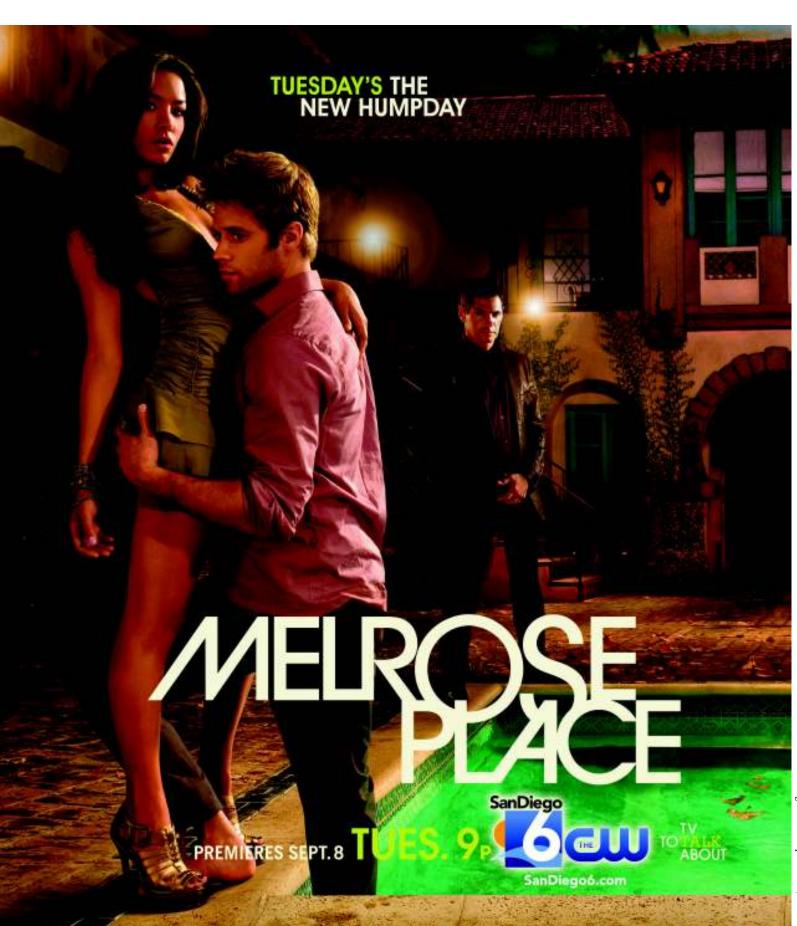
some appraisal of chiefs, especially since they average \$100,000 per year, have the hourly ear of the councilmember, and are unelected? Why, at least in San Diego, have they escaped the journalist's profile?

Biographies of the Chiefs

JOHN RIVERA

Chief of staff for Sherri Lightner

Most chiefs of staff have worked their way through



San Diego Reader September 3, 2009

the labyrinth of appointed positions in city hall. Some have had to keep parttime jobs, realizing staff jobs are temporary. Part of their savvy is to stay available by constantly reinventing themselves. The king of reinvention is John Rivera, Councilwoman Sherri Lightner's chief in District 1.

According to your-debteliminated.com, Rivera is a Ph.D. and a consult-ant. The website markets a program of "debt-free living," "rooted in the spiritual principles which gave birth to the idea of our great nation," that will

We specialize in

hard-to-find bra sizes B to L.

Also swimwear, maternity,

and sports bras.

"Save Time, Save Money, Build Wealth." Rivera consults in "both the public and private sectors" in such areas as "creative problem solving," "ethics advising," "effective discipline," "quality control," and more. In addition, the speaker and author "has inspired audiences with interests in business and institutional re-engineering," among other skills. On the website, he is described as a researcher, writer, educator, business/public policy consultant, and cofounder of Financial Freedom International, Inc. He's given a few keynote addresses, and according to the City of San Diego's District 1 webpage, he's run "several small businesses and has been a professor at different California universities."

In 1983, Rivera lost a school board election to Susan Davis. From 1984 to 1986, he was a part-time administrative assistant to county supervisor Paul Eckert. In 1986, when the city council was choosing from candidates to fill a seat vacated by Councilman Uvaldo Martinez, Rivera added his name to the list; he lost to Celia Ballesteros. At the time, Councilwoman Abbe Wolfsheimer called Rivera "one of the brightest" contenders for Martinez's seat. Rivera maintained that he was the best choice because he had a "more contemporary way of solving problems." During the 1980s he was a counselor and instructor at San Diego City College. In 1989, at age 39, Rivera lost the post of chairman of the San Diego County Republican Party's Central Committee by one

Rivera emerged as the cochairman of the San Diego Christian Coalition, a group that offered training to Christian political candidates. This was part of an effort to recruit Christians to run for every office in San Diego County in

In 2005, Rivera testified in the Strippergate trial, the city hall corruption trial of councilmen Ralph Inzunza and Michael Zucchet. They and Charles Lewis, who died before the trial began, were charged with taking money

Inzunza, in 2002, to put the no-touch policy on the committee's agenda. He refused.

Last June, for a report on city workers' salaries, the *Union-Tribune* compiled a database. In 2008, Rivera took home \$90,171

Rivera consults in such areas as "creative problem solving" and "effective discipline."

1992. By the mid-'90s, Rivera was a part-time professor at San Diego

Rivera was a consultant from 2003 to 2005 and in 2007 for the city council's Public Safety and Neighborhood Services Committee, chaired by Councilman Brian Maienschein. Councilmembers have a consultant on their staffs for each committee they head. Among other duties, Rivera helped plan the budgets for the police and fire-rescue departments.

to change the "no-touch" policy at San Diego strip clubs. In a taped conversation, Zucchet told Lance Malone, lobbyist and bagman for strip-club owner Michael Galardi, that he would meet with John Rivera to have the notouch policy put on the committee's docket. Rivera testified that he had been approached by staffers from the offices of Lewis, Zucchet, and Inzunza, who pushed him to get the matter before the committee. Maienschein testified that he had been asked twice by from the City. This year he will earn \$98,010.

AIMEE FAUCETT

Chief of staff for Kevin Faulconer

The District 2 webpage says that Faucett "oversees day-to-day operations" for Faulconer and "is responsible for community representation, policy, communications, office management and legislative relations." She has been in politics since graduating from San Diego State, when she became a



\$499 Bra

Blowout!

Regularly \$24 to \$68

The Enchantress

1400 Camino de la Reina #121

Next to Mission Valley Hooters

619.294.4544











Affordable housing in Poway for first-time homebuyers







New homes are available for moderate-income first-time homebuyers earning within the following approximate ranges:

GROSS HOUSEHOLD ANNUAL INCOME RANGES									
Household Size	Minimum Income	Maximum Income	Maximum Assets	Household Size	Minimum Income	Maximum Income	Maximum Assets		
1	\$46,251	\$62,950	\$52,450	4	\$66,101	\$89,900	\$74,900		
2	\$52,901	\$71,900	\$59,900	5	\$71,401	\$97,100	\$80,900		
3	\$59,501	\$80,900	\$67,400	6	\$76,701	\$104,300	\$86,900		

Approximate Down Payment and Closing Costs Required: \$17,000 to \$20,000







3 & 4 bedroom homes - 1,249 to 1,605 sq. ft.

Locations: York Ave. south of Edgemoor • Metate Lane west of Community

If interested, please call: 619-398-8888

Visit the website for program qualifications, requirements and guidelines.

YOUGH

2505 Congress St. • San Diego, California 92110 www.homes.pacificscene.com/meadows.html

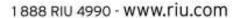


Riu Guanacaste Hotel GRAND OPENING OCTOBER 31, 2009

Riu Guanacaste Hotel will open its doors on October 31st in Guanacaste, one of the most naturally scenic vacation spots on the ever more popular Pacific coast of Costa Rica.

Surrounded by striking mountains and lush vegetation, the hotel features beautifully appointed rooms, specialty restaurants, bars, sports, entertainment, a relaxing spa, unlimited food and beverages, impeccable service and our superb 24 hr All Inclusive program.

Let us pamper you at **Riu Guanacaste Hotel**, surrounded by nature in all its glory. It's only natural.



WORLD'S BEST ALL INCLUSIVE BEACH RESORTS

MEXICO - DOMINICAN REPUBLIC - BAHAMAS - JAMAICA - ARUBA - COSTA RICA - USA



We're all about you

Offer wold for stays from October 31 to December 25 2009. Price per person per night, based on closible occupancy standard yours. Faxes 6 gratuities knoleded. Consult terms 6 conditions. Subject to evaluablity. Artise not included. Rith is not responsible for errors or amissions published in the contract of this published in





Considering Laser Vision Correction?

Compare what we offer to what other San Diego surgeons offer.

		Eyecare	Surgeons
	I Is your doctor "I Lasik" certified?	Yes	?
	Will your exam, surgery and follow-up care be provided by the same doctor?	Yes	?
1	Do they use the new "Iris Registration Tracking Devic for a safer, more effective procedure?		?
	■ Do they offer 4th generation FS Intralase to create a safer, faster, more controlled, bladeless all-laser procedure?	Yes	?
	■ Do they have hidden prices or add-on fees?	No	?
	Will they diagnose your vision needs and recommend the most appropriate refractive surgery (LASIK, CK, PRK, Multifocal Implants/Restor, etc.)?	Yes	?
	· · · · · · · · · · · · · · · · · · ·		

Call Naomi for a free consultation

Refractive procedures from \$999 per eye \$500 off custom Intralase



"Having the LASIK procedure has completely changed my life.

I never thought I'd be so excited to wake up and be able to see my alarm clock! As nervous as I was to have this procedure done,

Dr. Katzman and his staff were extremely comforting and explained everything as it was happening. I'd go back and do it a million times to keep my vision as perfect as it is now."

- Marisa K.

West Coast Other Eve

Dr. Barry Katzman voted one of San Diego's "Top Doctors"

by San Diego Magazine

"America's Top Ophthalmologist"

from Guide to America's Top Ophthalmologists from Consumer Research Council of America.

West Coast Eyecare has helped San Diego see clearly for over 25 years.
Six Locations: College Area/La Mesa • El Cajon • South Bay
Clairemont/Mira Mesa • Escondido/Vista/RB • Alpine





\$1 off 2 baskets of fresh Fuji Apples

Valid Saturday, September 5, 2009 only. One coupon per customer per booth.



Heritage Family Farms

Heirloom tomatoes \$2 per pound

Valid Saturday, September 5, 2009 only. One coupon per customer per booth.



Suzie's **Farms**

Fresh basil \$1.50 a bunch (Reg. §2) Complete your menu with our garlic, heirloom tomatoes, fresh herbs, summer squash, eggplant and more!

Valid Saturday, September 5, 2009 only One coupon per customer per booth.



Schaner **Family Farms** Family owned and operated since 1982. No herbicides, chemical fertilizers or sprays.



^{\$}2 off a Grilled Salmon Burger (Reg. §8) Comes on a grilled onion bun w/ dijon aioli, romaine, heirloom tomato & grilled red onions. Yummy!

Valid Saturday, September 5, 2009 only. One coupon per customer per booth.

Omega'Me Well San Diego's Best Gourmet smoked salmon

\$1 off the purchase of 2 Paninis

Valid Saturday, September 5, 2009 only. One coupon per customer per booth.

> Seb's **Paninis**

FREE slice of coffee cake

w/purchase of 1 pint of "Almost Famous" Turkey Chili

Valid Saturday, September 5, 2009 only. One coupon per customer per booth.

\$1 off every \$10 spent!



Montana's **Savories** & Sweets

\$2 off \$12 fresh flower purchase

Valid Saturday, September 5, 2009 only. One coupon per customer per booth.



Maldonado Growers at the corner of

Date & India

3 artichokes for §10

Valid Saturday, September 5, 2009 only. One coupon per customer per booth



Suncoast **Farms**

\$1 off a bar of Avocado oil soap



Regular price \$8. Valid Saturday, September 25, 2009 only. One

Live shellfish & fresh, local catch

Valid Saturday, September 5, 2009 only. One coupon per ustomer per booth

Buy 1, get 1 Free **French Macarons**

Valid Saturday, September 5, 2009 only. One coupon per customer per booth.



Loic **Patisserie**

\$1 off cherry tomatoes Ask about our CSA!

Valid Saturday, September 5, 2009 only One coupon per customer per booth.



Sage Mountain **Farms**

1 pack of pita bread for 99°

with purchase of 2 hummus!



Valid Saturday, September 5, 2009 only. One coupon per customer per booth.

Baba Foods

Makes the finest Mediterranean cuisine. Our foods are made with all-natural ingredients and no preservatives.

\$1 off any \$5 purchase fresh red & green bell peppers

Valid Saturday, September 5, 2009 only. One coupon per customer per booth.



Randazzo **Farms**

Free upgrade from a Lil' to a Big Cup

Valid Saturday, September 5, 2009 only. One coupon per customer per booth.

^{\$}1 off a ^{\$}5

minimum purchase

Valid Saturday, September 5, 2009 only.

One coupon per customer per booth.



JOES ON THE NOSE We're in the Big Orange Truck on the corner of Date & State.

Polito

Family Farms

Citrus, avocados,

fresh juice

\$2 off a 1/2lb. of mixed olives + a 1/2lb. of imported Greek Feta (Reg. price \$12)

Valid Saturday, September 25, 2009 only. One coupon per customer per booth.



Lisko Imports at the corner of **Date & India**

FREE treats or FREE can of food

with purchase of a bag of dry pet food

Valid Saturday, September 5, 2009 only. One coupon per customer per booth



Natural Pet

\$1 off every \$10 purchase of cookware, tabletop & more at the top of the Mercato

Valid Saturday, September 5, 2009 only. One coupon per customer per booth.



§1 off pizza slice

Valid Saturday, September 5, 2009 only. One coupon per customer per booth.



Lisko **Imports** at the corner of Date & India

Red Flame grapes \$1.99 per pound

Valid Saturday, September 5, 2009 only. One coupon per customer per booth.



Lone Oak Ranch

\$1 off any item **LOCAL ORGANIC VEGETARIAN FOOD**

Valid Saturday, September 5, 2009 only. One coupon per customer per booth.



\$5 off a Premium

Garlic Grater Set!

Valid Saturday, September 5, 2009 only.

One coupon per customer per booth.

Edward

Jacobucci

\$1 off \$10 purchase



Valid Saturday, September 5, 2009 only. One coupon per customer per booth.

> Hidalgo **Flowers**

HATCH CHILIS ARE HERE! Medium-Hot, Hot & Extra Hot!

Buy 5 lbs., get 1 free! Valid Saturday, September 5, 2009 only. One coupon per customer per booth.



Richie's **Roasted Products**

Take advantage of all these amazing deals at the Little Italy Farmers' Market every Saturday morning!

LITTLE ITALY FARMERS' MARKET

Visit the Little Italy Mercato at Date & India Streets 9 am to 1:30 pm Saturdays year-round, rain or shine.

www.littleitalymercato.com



38 San Diego Reader September 3, 2009

community representative in Councilwoman Judy McCarty's office; there she worked on communitydevelopment, block-grant, and land-use issues. Jim Madaffer, who for a time was McCarty's chief, hired Faucett as his campaign manager when he ran for the council in 2000. Her reward at his election: the chief's job.

In its "40 Under 40" annual feature, San Diego Metropolitan Magazine described Faucett as "especially successful at fundraising" for the San Diego Family Justice Center and the nonprofit Alpha Project. In the article, Madaffer lauded Faucett: "I rely on Aimee completely for managing legislation, budget, policy, media, community outreach, personnel and day-to-day operations." That was in 2003.

In her Kroll interview, she was asked who was on Madaffer's policy staff. According to a summary of the interview, she "jokingly responded that councilmember Madaffer 'was his own policy advisor." Despite being the butt of the joke, Madaffer again praised her when he left the council last December.

Faucett has done well. In the last six years, her annual salary has ranged from \$88,002 in 2005 to \$109,144 in 2008. This year she'll draw \$98,010. Her statement of economic interests, filed last January, shows her to have holdings in five stocks valued between \$10,001 and \$100,000 and three stocks valued between \$2000 and \$10,000. Her spouse works for Colliers International in commercial real estate.



Does major depression change your outlook?

A clinical research study – STEP-D (Safety, Tolerability, and Efficacy Program) – is now underway to explore an investigational medication for major depressive disorder (MDD) to see if it may work when taken with an approved antidepressant.

You (or someone you know) may be eligible to participate in the STEP-D study if you:

- · Are 18 to 65 years of age · Have been told by your doctor that you have MDD
- Are experiencing depression lasting at least 8 weeks
 Have tried at least one antidepressant without success

In addition to receiving study-related physical exams and laboratory services at no charge, participants may receive the investigational medication and will be monitored by a medical team, including a study doctor. After the STEP-D study ends, some participants may be eligible to take the investigational medication as part of another research study.

Ask your doctor if the STEP-D study is right for you.



If you are interested in learning more about this study, please contact:

(619) 688-6565

See our website: www.ari-inc.com



Forgetting simple tasks? Memory fading? Can't seem to complete projects?

If you or someone you know is:

- \cdot Male or female \cdot Between the ages of 45 and 90
- · Experiencing memory loss? Unable to organize or plan? Forgetting simple tasks?
- In overall good health

If you answered yes to all of these questions, you may be eligible for our research study! If you qualify and choose to participate, you may receive an investigational study medication. You will also receive physician consultations, study-related medical examinations, laboratory evaluations and follow-up visits all at no charge. Health insurance is not required and compensation for time and travel is provided.



If you are interested in learning more about this study, please contact:

(619) 688-6565

See our website: www.ari-inc.com



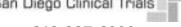


Sidelined by diarrhea? **HIV-positive?** At least 18 years of age?

If so, you may be eligible to participate in our clinical study. We are testing an investigational medicine that may help control HIV-associated diarrhea and get you back in the game.

> For more information, visit: www.adventstudy.com or call:

San Diego Clinical Trials



619-287-6000 www.sdclinicaltrials.com





Are you living with Depression?

Women from across the United States are joining this study to help researchers look for better ways to treat depression.

You may qualify for this study if you are:

- · A woman 18 to 64 years of age
- Diagnosed with major depression

Participants will receive:

- · An initial evaluation of past and current mental and physical health
- Access to a team of medical professionals, available for consultation
- · Study-related medical care and monitoring of health
- · Investigational medication or placebo



If you are interested in learning more about this study, please contact:

(619) 688-6565

See our website: www.ari-inc.com

Affiliated Research Institute specializes in clinical research programs, both inpatient and outpatient, with an emphasis on psychiatric and neurological disorders.

Outpatient Clinical programs offered at Affiliated Research Institute include:

- ADHD (6-17 years of age) Bipolar Disorder Depression (18 years and older)
- Memory Loss (45-90 years of age) Schizophrenia Smoking Cessation

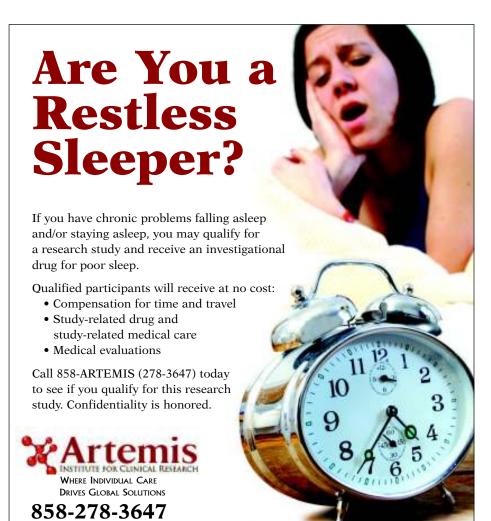
If you suffer from any of these disorders, you may be eligible for an investigational drug research study. If you qualify and choose to participate, you will receive physician consultations, study-related medical examinations, laboratory evaluations and follow-up visits at no charge, and you may receive study medication. Health insurance is not required and compensation for time and travel is provided.



If you are interested in learning more about this study, please contact:

(619) 688-6565

See our website: www.ari-inc.com



Difficulty Concentrating?

ArtemisSD.com

Disorganized?

Absent Minded or Forgetful?

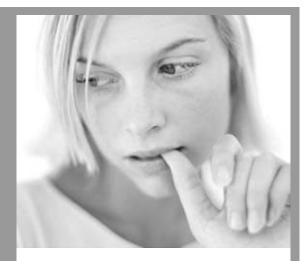
Irritable or Impatient?

Trouble with Relationships or Work?



CLINICAL RESEARCH CENTERS

1-888-365-3203



Distracted?

You may have Attention Deficit
Hyperactivity Disorder, or ADHD.
We are seeking men & women ages
18 to 65 to participate in a clinical
research study of an investigational
medication for ADHD. If you qualify
you will receive study-related care
& study medication at no cost.

Insurance not needed

JAMIE FOX-RICE

Chief of staff for Todd Gloria

Before her appointment an award for managing Gloria's winning campaign — Fox-Rice was the deputy chief of staff for Ralph Inzunza, press secretary for Donna Frye's mayoral campaign, and director of communications for Councilmember Kevin Faulconer. She is described on the District 3 webpage as having "extensive experience in City Hall and with local political campaigns." She does improv comedy, has bachelor's degrees in consumer sciences and English and a master's in comparative literature, and is

a lecturer for the Department of Rhetoric and Writing Studies at San Diego State University. Students seem to love her. Here's one especially enjoy-

so she has a good sense of humor." Her spouse is a vice president at the Amerland Group, consultants in the affordable housing industry, as well

Jamie Fox-Rice does improv comedy.

able blurb from 2005: "Jamie is a really cool professor. You have to invest time into your assignments, but they are not difficult. Her assignments are things that you will use often in your life. Her class is very interactive and you get to meet everyone. She is from back East

as a partner in Elevate, a public relations firm.

JIMMIE SLACK

Chief of staff for Tony Young

After Councilmember Charles Lewis died in 2004, while awaiting trial in the Strippergate scan-

RESEARCH STUDIES



New Research Study

Investigational use of Tadalafil (Cialis®, erectile dysfunction medication) for Prostate Enlargement

You may qualify if you are:

- 45 years or older
- Have prostate enlargement (BPH) symptoms
 - Have weak or no erection

Study medication, study-related physical exams, blood tests provided.

Compensation for time and travel.

Please call San Diego Clinical Trials: (619) 287-6000

www.sdclinicaltrials.com

MAJOR DEPRESSION

If you are one of the 15 million adults affected by depression, you may be eligible to participate in a research study of an investigational depression medication now being studied.

You must be:

- 18-65 years of age
- Currently diagnosed with depression
- Symptoms greater than 2 months

Qualified participants will receive at no cost:

- 1. Study related exams
- 2. Investigational drug or inactive placebo
- 3. Compensation for time and travel

For more information, call:



SYNERGY CLINICAL RESEARCH CENTERS 888-365-3203

Where is your focus?

...on your overactive bladder?

Overactive bladder makes it difficult to perform daily activities. You do not know when the sudden, strong urge to urinate will happen.



The Women's Overactive Bladder Study is a research study testing the safety and effectiveness of a new delivery method of an overactive bladder medication for women. Qualified participants:

- are women age 18 and older
- are experiencing overactive bladder symptoms with urgency for over 6 months
- have not had three or more urinary tract infections in the past year

Qualified participants will receive study-related exams, lab tests and study drug at no charge.

For more information please call

Medical Center for Clinical Research 619-521-2841 mccresearch.com

Diabetes Clinical Trial

If you have Type 2 Diabetes and are on medications like:

Glyburide: Micronase, Glynase, Diabeta Glimepiride: Amaryl Glipizide: Glucotrol

with or without Metformin (glucophage) you may qualify for a clinical study of an investigational medication for the treatment of Type 2 Diabetes

Compensation for time and travel may be available.



For More Information Call: 619-955-5246

FLU VACCINE Clinical Study

For ages 65⁺

As a study participant you will receive either an Investigational flu vaccine or an approved flu vaccine at no cost to you.

Compensation for time and travel may be available.





To Learn More Call Toll Free: **1-877-500-eStudy**

(1-877-500-3788)



see it a bit differently.

Right now, medical professionals in your area are conducting the Adolescent Bipolar Depression Research Study: a clinical research study evaluating an investigational drug (an approved medication for adults with bipolar I disorder) for use in adolescents experiencing a depressive episode due to bipolar I disorder. Study participation lasts for about 8 weeks (possibly up to 14 weeks), and includes study-related assessment and monitoring, study visits, and study drugs - all at no cost.

TO LEARN MORE, PLEASE CONTACT:

Sharp Mesa Vista Hospital Clinical Research Center Jana Horowitz, Psy.D.



dal, his chief of staff, Tony Young, won a special election for the council seat. Iimmie Slack became Young's chief. Slack received a degree in public administration at San Diego State, then served county supervisor Leon Williams for 12 years as a legislative assistant and chief of staff. When Williams left the County, Slack became the

program manager for Refugee Employment Services, helping new immigrants navigate job opportunities. He also worked as a project manager for ACS State and Local Solutions. On his statement of economic interests, Slack listed no investments or real estate holdings.

RESEARCH STUDIES

Research Opportunities

Do You Have Type 2 Diabetes?

Sunder Mudaliar, M.D., and his associates at the Center for Metabolic Research at the VA San Diego Healthcare System are currently looking for patients for a research study of an investigational drug to determine if adding it to your current Type 2 diabetes medicine can provide better control of your blood sugar.

You may qualify if you are:

- Male or female 18 years of age or older, with Type 2 Diabetes
- Currently taking a stable dose of type 2 diabetes medication
 Have poor blood sugar control
- Have a fasting blood sugar less than 240 mg/dL at office screening
 Have an HbA1C between 7.5% and 9.5% at office screening

Participants will receive a medical screening at no cost by board-certified physicians. Compensation up to \$440 will be provided to participants who

If interested please contact our Research Recruite Catherine DeLue at: 858-552-8585 ext. 6740

JAYMIE BRADFORD

Chief of staff for Carl DeMaio

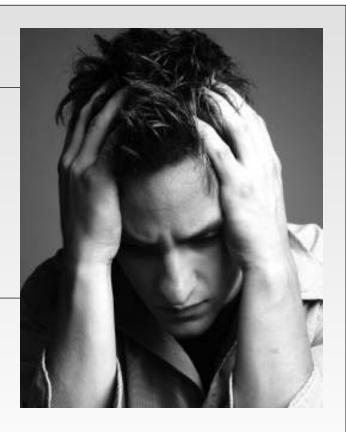
DeMaio chose Bradford for his chief, as he communicated to me, because of her knowledge and experience. She is his chief advisor on policy issues. She has a degree in political science from UCSD and spent three years as the internal communications coordinator for the Building Industry Association. She was the link between the association and the government. In 2002, she joined Madaffer's staff as a policy advisor, working under chief Aimee Faucett. In 2006, she became Madaffer's Land Use and Housing Committee consultant. One of Bradford's interests was in developing the ballpark. Bradford served Mayor Sanders as a policy advisor beginning in July 2006 and as direc-

Do you suffer from Schizophrenia?

Excell Research is starting several new INPATIENT AND OUTPATIENT studies.

> Call now to see whether you may be eligible to participate.

> > 760-806-9200





BOARD-CERTIFIED PSYCHIATRISTS PROVIDING EXCELLENT PATIENT CARE AND QUALITY RESEARCH

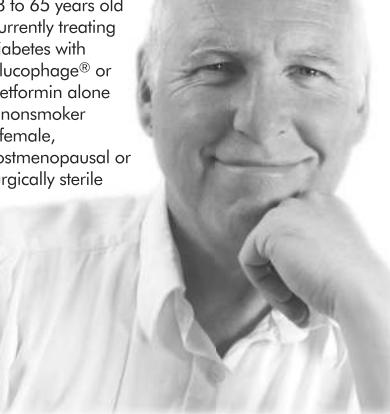
3998 Vista Way, Suite 100, Oceanside, CA 92056

Do you Have Type 2 Diabetes? Currently taking Glucophage® or Metformin?

If so, consider participating in a clinical trial at Profil Institute for Clinical Research. Profil is currently conducting a clinical research study to evaluate an investigational drug in people diagnosed with Type 2 Diabetes.

In order to qualify you must be:

- 18 to 65 years old
- Currently treating Diabetes with Glucophage® or metformin alone
- A nonsmoker
- If female, postmenopausal or surgically sterile



If you qualify you may be compensated up to \$3,215 for time and travel. 11 consecutive overnights will be required

For more information, call Profil Toll Free at 1-866-245-5919.





Menstrual **Migraine Headaches**

Wishing your period would never come?

A medical research study is underway to evaluate an investigational oral medication for women 18-34 years of age with regular periods who have migraine headaches associated with their periods, in at least 2 out of the last 3 cycles. Periods are tough enough without adding a migraine headache.

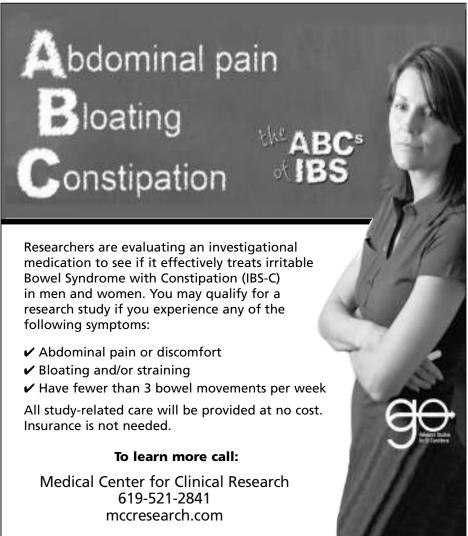
To possibly qualify:

- Females, 18-34 years, with regular periods
- Have had migraine headache associated with 2 of your last 3 periods
- Can be using medication at present to treat migraine headaches at a stable dose for at least 2 months

Participants may receive at no cost:

- Study-related examination and consultation with a board-certified physician
- All study-related medications, labs, and Pap smear
- Compensation for your time and travel

Medical Center for Clinical Research (619) 521-2841 www.mccresearch.com





Hand Eczema?

Therapeutics Clinical Research, a center of excellence in dermatological care, is conducting a clinical research trial of an investigational medication for hand eczema (also known as hand dermatitis).

We need participants:

- 18-75 years of age
- with hand eczema lasting at least six months

Qualified participants will receive:

- study-related evaluations by a board-certified dermatologist and study medication at no cost
- compensation for time and travel

No insurance required.

Conveniently located in Kearny Mesa.

Call us at: 619-512-DERM (3376)

E-mail: <u>info@therapeuticsresearch.com</u> Website: www.therapeuticsresearch.com

THERAPEUTICS

CLINICAL RESEARCH

tor of council affairs from July 2007 until she became DeMaio's chief. Her statement of economic interests lists no investments or holdings.

STEVEN HADLEY

Chief of staff for Donna Frye

Among the more nonpolitical backgrounds is Hadley's: a degree in ministerial studies, 17 years as a pastor, and a law degree from California Western. Under Valerie Stallings, who resigned in 2001 after accepting one too many gifts from Padres owner John Moores, Hadley was a council rep and later chief of staff. Hadley hired Michael Zucchet as a council representative; in 2002, Zucchet won election in District 2 but resigned after being convicted of taking

illegal campaign contributions in Strippergate. (A judge later threw out most of the convictions and medical staff coordinator at Scripps, earning between \$10,001 and \$100,000.

Steven Hadley worked 17 years as a pastor.

ordered a new trial on two of the counts.) Hadley has been on Frye's staff since 2001 and her chief since 2004. He has declared himself a candidate for Frye's seat. The *Union-Tribune* reports that he is a "recent transplant from San Marcos" to Clairemont, which is in District 6. He owns two annuities, each valued at between \$10,001 and \$100,000. His spouse is a

XEMA JACOBSON

Chief of staff for Marti Emerald A poly sci grad from San Diego State, Jacobson first worked for Congressman Jim Bates in the 1980s. In 1988, when Bates was accused of sexually harassing women on his staff, she denied having seen Bates harass anyone. He later lost his seat. In 1992, Jacobson ran for the Chula Vista City Council and

RESEARCH STUDIES

Need dedicated women 18-35 years of age



Visit clinic twice weekly for 3 months. Willing to wear a hormonal patch applied to the skin. Compensation to \$3100.00. A clinical research study is underway to evaluate an investigational patch applied to the skin requiring twice weekly visits for 3 months. Can you commit?

Medical Center for Clinical Research 619-521-2841 www.mccresearch.com

Does It Ever Feel Like Insects Are Crawling Inside Your Legs?

You may have RLS if you have:

- Discomfort or pain in your legs which worsens at night or when resting
 - A strong urge to move your legs for relief
 - Itching, pulling, creepy-crawly, tugging, or gnawing in your legs

You may qualify for this research study if you:

- Are 18 years old or older
- Have had RLS symptoms for at least 6 months

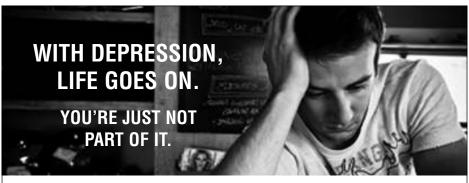
Research includes free study-related exams, study medication, and a stipend for qualified subjects up to \$810.

Call today:



N PACIFIC RESEARCH NETWORK

Call: 619-294-4302 • www.prnsd.com



If you're feeling sad or isolated, call about our clinical research study.

You may be able to be in a clinical research study if you suffer from major depression with symptoms that affect your work or daily activities. This study will see if a new investigational medication with a novel mechanism of action is safe and effective among people with Major Depressive Disorder (MDD). The study medication will be compared to placebo (inactive medication).

You might be able to take part in this study if you:

- Are 18 to 64 years old
- Have been suffering from symptoms of depression such as sadness, isolation and hopelessness for at least 2 months
- Have <u>NOT</u> failed to respond to more than one antidepressant medication

Study participants will be in the study for approximately 11 to 15 weeks. There will be up to 9 visits to the study doctor. There is no cost to study participants for all visits to the study doctor, medical exams, or study medication.

Call today about this Major Depression Study:



888-365-3203 SYNERGY CLINICAL RESEARCH CENTERS

www.LivingInDepression.com

Do You Have A Non-Healing Wound Or Sore On Your Leg?



We are conducting a clinical research study of Dermagraft®, a tissue-engineered dermal replacement, in the healing of venous leg ulcers.

We need participants:

- 18 years of age or older
- With three or fewer leg wounds

Qualified participants will receive:

- Examinations by a board-certified physician
- Study-related examinations and therapy at no cost
- Compensation for time and

No Health Insurance Required Confidentiality Maintained

THERAPEUTICS

CLINICAL RESEARCH

Call us at 619-512-DERM (3376)

or email us at info@therapeuticsresearch.com

Have You Been Diagnosed with Type 2 Diabetes?

If so, Profil Institute for Clinical Research is currently conducting a research study of an investigational oral medication for Type 2 Diabetes.



- Have been diagnosed with Type 2 Diabetes
- Are a male or female between 18 to 70 years old (females must be post-menopausal or surgically sterile)
- Are currently treating condition without insulin
- And are otherwise healthy

If you qualify, you may be compensated up to \$3278 for time and travel. 12 consecutive overnights will be required.

For more information, call Profil Toll Free at **1-866-245-4719**.





Excessive worries?

Do you avoid seeking help due to cost or inconvenience?

CONFIDENTIAL help is available. You may be eligible to receive

free treatment at home

as part of a clinical trial of a computerguided interactive treatment program by the San Diego State University Psychology Department.

No medications. No need to attend weekly therapy sessions.

http://nas.psy.sdsu.edu/gadhome.php Center for Understanding and Treating Anxiety Call: (619) 229-3740 or e-mail: sdsucuta@hotmail.com

Trouble with dating? Parties?
Public speaking? Starting conversations?
Speaking to authority figures?
Always worried about what other people think of you?

Confidential help is available. You may be eligible to Receive Free Treatment
with computerized therapy as part of a research program. No medications!

Call: 619-229-3740 or e-mail:
SDSU.CUTA@gmail.com
http://nas.psy.sdsu.edu

CENTER FOR UNDERSTANDING AND TREATING ANXIETY
6386 Alvarado Court, Suite 301, San Diego



received the endorsement of labor groups. Though she lost, she was soon hired as business manager for the local Building and Construction Trades Council, where she administered labor agreements and monitored public works projects. She was picked by Governor Gray Davis to be an executive member of the San Diego County Regional Airport Authority, which took over the responsibility of operating Lindbergh Field from the Port of San Diego. She was paid \$139,500 per year. By her fourth and final year, she was receiving \$171,648. During her tenure, she oversaw studies on alternative sites for the airport; the authority's recommendation to move the airport to Miramar was defeated at the polls in 2006.

In one minor tempest, Jacobson was found by the

Union-Tribune to have flown first-class to an aviation conference in Hawaii, charging the airport authority \$2493 for her seat, while Councilmember Tony earning between \$10,001 and \$100,000. Her spouse received between \$10,001 and \$100,000 working for the International Brotherhood of Electrical Workers.

Jacobson was found by the *Union-Tribune* to have flown first-class to Hawaii for \$2493.

Young, who was also on the airport authority board, flew coach on the same plane for \$546. Last year, Jacobson was given an airport parking pass valued at \$300. Also in 2008, she provided "campaign management consultant services" to Marti Emerald,

ANA MOLINA-RODRIGUEZ

Chief of staff for Ben Hueso

Molina-Rodriguez is something of a mystery woman. There is no bio of her on Councilmember Hueso's webpage. Little has been

RESEARCH STUDIES

Tired of Restles Legs

When trying to sleep do you have:

- Discomfort or pain in your legs, which worsens when resting
 - A strong urge to move your legs for relief
 - Tugging, burning, creepy-crawly or pulling in your legs

A research study is being conducted to help treat Restless Legs Syndrome, or RLS.

Call today to see if you qualify:

Pacific Sleep Medicine 877-927-5337

Participants will receive free study-related exams and study medication.

written about her in the Union-Tribune. In 2004, Diane Bell reported that Molina-Rodriguez had given birth to a child and in 2007, that Clint Eastwood had visited Hueso's office, which Molina-Rodriguez said "made everybody's day." She is a Latina and a graduate of Sweetwater High School. She has been quoted as saying that her former boss, Ralph Inzunza, liked to call everyone "buddy." In 2005, she made \$101,982 as Hueso's chief. Her spouse is the owner of Rod's Rooter plumbing.

The Kroll Report investigators interviewed Molina-Rodriguez. The interview summary states that she has a bachelor's degree in political science and a law degree. She was Assemblywoman Ducheny's chief, and she worked for the San Diego district attorney's office. As Inzunza's chief, the summary says, he asked her "to personally research and analyze issues that were important to him."

She was asked if Inzunza "had policy discussions outside of council meetings" and said, according to the summary, that "he would usually discuss policy issues in informal meetings rather than formal ones." Talk in the hallways of the tenth floor was sometimes about policy, but, she said, she didn't recall Inzunza's discussing any specific issues. She did remember Inzunza buying five years of service credit toward his pension.

In 2003, Molina-

BOTOX injections take as little as 15 minutes and last 3 to 9 months. \$8 per unit for first area, \$7 per unit for additional areas (25 units per area). Results may vary.

Medical Marijuana Evaluations Disability & Unemployment.

\$100 off Fridays

- with every recommendation.
- Appointments available 7 days.
- In-office verification service
- New 24-hr. 7 days/week online verification service

Legitimate and affordable. Dr. Sterner has 10 years' experience working with medical marijuana patient needs.

Schedule an appointment today: 888-263-0318

24-Hr Recorded Info Call: 619-442-4215 www.medicalmarijuana-sandiego.com

Lose up to 12 lbs. a month!

We have new and innovative **medications** and regimens to help you lose weight without depleting your body of the nutrients it needs and help you feel satisfied: bioidentical hormones & **HGH**, lifestyle and nutrition training and **vitamin B-12** injections are important contributors to your well-being and helpful in increasing your energy, heightening vour metabolism and feeding your nervous system. Let Dr.

alized program just for you. All visits with Dr. Sterner. Call: 888-263-0318

Sterner develop an individu-

Near Airport

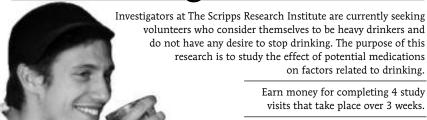
Anti-Aging Arts

1516 W. Redwood St., Ste. 105 San Diego 92101 Robert F. Sterner, Jr., MD

Medical Center & Weight Control Medical Clinic

RESEARCH STUDIES

Heavy drinkers not seeking treatment



This study does involve taking a medication or placebo for one week.

To find out if you qualify for study participation, please call 858-784-7867 or visit our website at: www.pearsoncenter.org for more information.

Sprained ankle pain patch study

Local doctors are currently looking for adults who are experiencing pain due to a recent ankle sprain to help evaluate the pain-relieving capabilities of investigational medicated patches when applied directly to the injured ankle.

To be eligible for this study, you must:

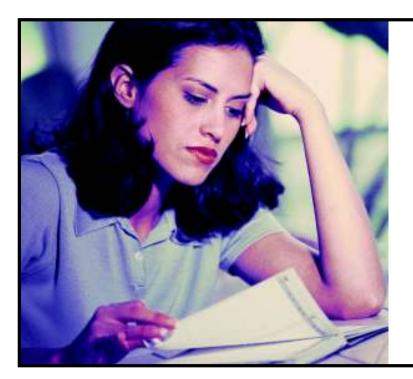
- Be 18 years of age or older, AND
- Be experiencing pain from an ankle sprain that occurred

within the past 48 hours, AND

• Not have taken any pain medication or used compression to treat your ankle sprain.

Qualified participants will receive study-related medical evaluations and study patches at no cost. Reimbursement for time and travel may also be provided.

To learn more about this local study, please contact: San Diego Sports Medicine and Family Health Center • 619-229-3909



CLINICAL RESEARCH

SCHIZOPHRENIA • DEPRESSION • BIPOLAR DISORDER

Researchers at Sharp Mesa Vista Hospital are currently enrolling men and women in inpatient and outpatient studies.

Eligible participants may receive all study-related care at no cost, and may be reimbursed for time and travel.

Participation is confidential and trials are safely conducted under the supervision of experienced physicians and research specialists.

To learn more, call the Sharp Mesa Vista Hospital Clinical Research Center at (858) 694-8350.







Are you currently diagnosed with Schizophrenia?

You may qualify to participate in a research study involving an investigational medication.

Qualified candidates will be compensated for time and transportation up to \$1950.

Call 619-481-5252 for more information.

The California
Neuropsychopharmacology
Clinical Research Institute, LLC
"CNRI, LLC"

Rodriguez testified before a federal grand jury about Inzunza's role in Strippergate. At the time, her lawyer said that "she believes in her boss, and she is confident she did nothing wrong."

Ben Hueso has filed papers to run for the state Assembly in 2010. Already, speculation is afire about his replacement. Assemblywoman Lori Saldaña has made her preference known: she wants a woman of color to run for the District 8 seat. According to the Voice of San Diego, Saldaña discussed a successor with Hueso. She says he told her there was "a woman on his staff who was interested in running and that she decided not to." He didn't identify her. Saldaña said she thought a staffer as a candidate was a bad idea: "There are 450,000 people in my district. I think there's a lot better choices than just looking across the desk." Hueso has endorsed his brother Felipe for the seat.

Legislators vs. Staffers

One of the most critical views of those tempesttossed souls on the tenth floor comes from longtime city hall muckraker Pat Flannery. The whitehaired, blue-eyed Irishman with 32 years in our fair city has been brokering real estate for decades. He's also a former investigative journalist with the Irish Times. Recently, as he lunched on chicken pasta and I on a Greek salad, we discussed his well-read, often wonky blogofsandiego.com. On it, Flannery monitors what he calls the city council "love nest" — that virtual bed in which councilmembers, lobbyists, business owners, union heads, and staffers lie down together. He bristles at the idea that citizens have so little access to councilmembers. As he

Overweight Volunteers Needed for VA Endocrine Study

You may be eligible if you:

- Are a Male age 40-65 and a Non-Smoker
- Have a Parent or Sibling with Diabetes
- Have no history of psychiatric illness and are taking no psychiatric medications
- May be **pre-diabetic or borderline diabetic** (but not diabetic or taking Diabetes medications)

Participants will be asked to:

- Come for two outpatient visits
- Come for one overnight stay

Total Compensation: \$500

If interested, contact Tanya Baker at: (858) 552-8585 x2875 or tanyab@ucsd.edu

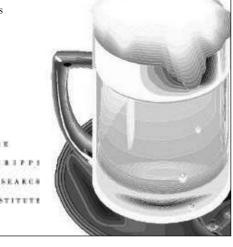
Attn: Heavy Drinkers

Researchers at The Scripps Research Institute are working to develop new treatments for people with alcohol problems.

Is your current alcohol use causing problems with your family, your work, your life?
If you want to stop drinking, The Pearson Center for Alcoholism and Addiction
Research is conducting a clinical trial to help you reach that goal.

Qualified participants receive lab tests, medication or placebo, individual counseling and compensation for travel. All information is confidential.

Call: 858-784-7867 (STOP) Or visit: www.pearsoncenter.org



WANTED Healthy Adults

- Do you have naturally medium to dark skin color that rarely burns in the sun?
 - Do you think your lips are too thin?

If yes, you may qualify for a research study to test an investigational lip treatment.

Qualified participants will be compensated for time and travel. For more information call:

THERAPEUTICS

CLINICAL RESEARCH 619-512-DERM (3376)

writes in a March 12, 2009 blog entry, "Try getting in there without an appointment, unless of course vou are a well known lobbyist or a union boss." What's more, he tells me, the tenth floor's confines place members and staff in too close proximity, a milieu where they may violate the Brown Act.

On November 8, 2008, new councilmembers DeMaio, Emerald, Gloria, and Lightner were given a 12-minute primer about the Brown Act. Kathy Bradley, deputy city attorney, described the law: any elected body in the state must conduct the public's business in open session. The public has a right to know about any issue councilmembers will decide and to respond to them and the issue in open meetings. Bradley admon-

ished members "to be mindful that you are conducting your business in an open manner and not discussing matters among yourselves ahead of time." She went on to define a "meeting" as any occasion when a majority of the members are together. In such gatherings, they cannot talk about city business.

"Serial meetings" when one member talks to another, then talks to another, and so on — are also prohibited. The point is to forbid members' deciding something prior to the meeting. This "doesn't prevent" members from "talking oneon-one." Staffers face the same prohibition. "You want to be careful," Bradley said, "that staff members are not talking to each other and developing some kind of collective concur-

rence." Nor can elected officials let their staffs decide issues for them. Moreover, councilmembers cannot pass their ideas or decisions on through intermediaries, say a lobbyist, who might, in turn, tell another member about a vote. Closed-session meetings are restricted, usually, to pending litigation and personnel matters.

Flannery knows the Brown Act as well as anyone. In a study of 136 action items between December 8, 2008, and March 3, 2009, he found that 80 percent were uncontested, approved unanimously. He wonders how such consensus was formed: "Did it all occur in the council chamber? Or was a consensus formed before hearing public testimony and before council discussion?" Flannery

says that "council/committee deliberation, a vital part of good legislating, is being kept to a minimum." One proof, he says, is council president Ben Hueso's frequent use of the statement "I move the staff recommendation." Flannery notes that such rubber-stamping doesn't prove there's been a Brown Act violation. But what else can he think, especially since none of us is privy to how the decisions are made.

Flannery characterizes members by their "institutional mentality." They are either staffers (worse) or legislators (better). The staffers "demonstrate a natural sympathy with the bureaucratic mind and identify more with city staff...than with the electorate." The legislators are there to do the peo-

HEALTH AND BEAUTY

Erectile Dysfunction? Premature Ejaculation?

You Can Last 30-60 Minutes!*

New Patient Special

Exam, X-rays & Teeth Cleaning

Discounts available for uninsured patients.



Actual patients with the Smile Designer Team invisalign® has awarded Smile **Designers with Premier Provider** status, ranking us among top 5% clinicians in the nation!

Perfect smile one

Permanently straighten and whiten your teeth in one visit with porcelain veneers and crowns.



invisalign \$2500-\$3500



Based on individual case. O.A.C. Payment plans available.

White Smile. White Now! As seen on Extreme Makeover

Advanced Power Plus

Full-Service Dental Clinic White Fillings • Root Canals • 1-Day Crowns **Emergencies Seen Promptly**

Smile Designers

Family & Cosmetic Dentistry

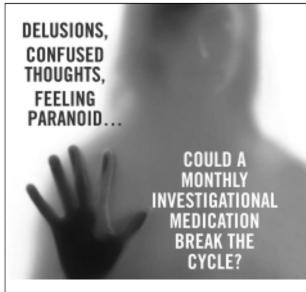
Leila Khansari, D.M.D. • Reza Rafie, D.M.D. 3365 Rosecrans Street, Suite C

888-327-9914

sdsmiledesigners.com

(Located in the Circuit City/Henry's Shopping Center) Members of American Association of Cosmetic Dentistry and American Dental Association Offers expire 9/17/09. Credit cards and CareCredit® accepted.

RESEARCH STUDIES



SCHIZOPHRENIA is an illness that affects the way a person sees reality. A person with schizophrenia may have disorganized thoughts, and see or hear things that aren't really there. It takes continued treatment to control the effects of schizophrenia. Many people diagnosed with schizophrenia deal with their illness every minute of every day, and may need to take daily medications.

Although there is no cure for schizophrenia, research is under way to find new treatments. The ASPIRE study was created to evaluate a new investigational long-acting medication.

If you (or someone you know) are between the ages of 18 and 60 and have schizophrenia, you may be eligible to participate in the ASPIRE research study.

Throughout the study, participants will receive, at no charge, study-related:

• Mental health assessments

- Physical exams
- Laboratory tests
 Study medication (pill or monthly injection)

All participants will be monitored by a medical team, including a nurse or study coordinator and the study doctor. Ask your doctor if the ASPIRE study is right

Go to www.AspireStudy.com

University of California, San Diego Department of Psychiatry San Diego, CA 1-866-550-UCSD



BOST MEDICALGROUP Improve Your Relationship Today! Call 1-866-725-9026

See Results During

and a demonstration of the

successful treatment results.

Your First Consultation!

diagnostic testing, medical evaluation,

The Boston Method® works even

when Viagra® and Cialis® fail.

Consultation includes: private office visit,

Now

for Only

\$195! L



Look younger tomorrow!

BOTOX \$9 per unit (reg. \$11) **No dilution.** Wrinkle reduction. New clients only. Offered daily. \$50 mail-in

JUVÉDERM™ ULTRA

per syringe. New clients only. Offered daily.

MOLE REMOVAL Starting at \$250

VIBRADERMABRASION \$99

Crystal-free microderm. Reduce pore size, smooth skin. No downtime



4765 Carmel Mountain Road, Suite 207 San Diego • Torrey Hills Center

(Conveniently located off the 5 or 56 freeways)

888.220.9435

www.Laser-Clinique.com

SUNSPOT TREATMENT Starting at \$300.

LATISSE™ \$99

eyelash enhancer. Includes consultation. Limited supply. With purchase of two.

ACTIVEFX™/DEEPFX™ \$1000 Off

Laser resurfacing for lines, wrinkles and acne scars.

VEIN TREATMENTS FOR SPIDER VEINS Starting at \$300 per leg.

MESO-SLIM™ \$359 /area

Patented fat and cellulite reduction.

LASER HAIR REMOVAL Full Arms \$250 • Bikini \$99 Full Back \$300 • Underarms \$70

Purchase any two areas and get one area of equal or lesser value free

2009 Botox*, Juvéderm™ and Latisse **Platinum Award Winner**

FREE CONSULTATIONS Medical Director

All our services are offered to men and women and are administered by Dr. Ataii. All offers expire 9/16/09

ple's business; they "revere" the workings of a "representative democracy." For Flannery, staffers include Faulconer, Gloria, Young, and Hueso, and legislators are Lightner, DeMaio, Frye, and Emerald.

He believes that Todd Gloria has been practicing the "staffer" mentality all his adult life. He's part of the "Jesuit army, so to speak," trained since high school to "go along." From 2002 to 2008, Gloria was

the district director for Congresswoman Susan Davis. He oversaw the operation of Davis's San Diego office, a job similar to that of a chief of staff's. By contrast, Carl DeMaio "seems to have a genuine interest in good government and to have made it his profession, [but] he is in a frightful hurry," that is, ambitious for higher office.

With so many docketed items, one way to get

through them, Flannery says, is for each councilmember to ask his or her chief where campaign donors or other players are on an issue. If it's a land-use item, for example, the member will ask the chief, "Where's the labor council on this, where's the Building Industry Association on this?" The majority of the time, the member will vote according to those constituencies. "That pretty well takes care of it. It's not like Mr. Smith Goes to Washington. I would say these items don't even get docketed until positions are already known."

However, Flannery adds, "Any evidence we have of that is, unfortunately, circumstantial. We're not going to get any smoking guns. They use fax machines," which have no electronic trace. "They do not use city email

HEALTH AND BEAUTY



Trust your body & face rejuvenation to a caring, Board-Certified

Plastic Surgeon

Specializing in

- Breast Augmentation
- Breast-Lift Tummy Tuck
- Skin Removal After Weight Loss
- Face-Lift/Neck-Lift
- Endoscopic Brow-Lift
- Botox® Cosmetic
- Restylane®/Juvéderm® Perlane®

NEW Latisse™ is the first and only FDA-approved product that enhances eyelashes. It is used to grow eyelashes, making them longer, thicker and darker.



DIANA BREISTER GHOSH, M.D.

Certified, American Board of Plastic Surgery



6386 Alvarado Court Suite 340 San Diego 619-286-6446 Financing Available



More Hair Today In Less Than 2 Hours!



If you are currently a client of another company, come and see why UHD was voted #1 salon in California. Your first service will be on us. That's right, FREE! We want to earn your

100% satisfaction or your money back!

"I've been wearing hair replacement systems for 15 years now and without a doubt this is the nicest looking and most comfortable system I've found. The staff is knowledgable, friendly and willing to help in any way possible. Aside from just looking better with hair it makes a big difference in how I feel about myself as well as more comfortable around others. It makes a world of difference! Thanks again." - Lonnie M.



Ultimate Hair Dynamics of San Diego 2221 Camino del Rio South, Suite 108 • 888-667-7703

Easy financing available • Accepts Visa - Mastercard - American Express - Discover

accounts" for questionable contacts or business. For much of their correspondence, he notes, "They use Gmail or Yahoo accounts," emails the City does not store. "I learned that early on," he says, mimicking a member's admonitions: "'Don't call me on this number, call me on that number. Don't email me at sandiego.gov. Better still, fax it to me.'

"You would need a federal subpoena to bust into a Gmail account. They guard those with their lives — as sacred as the Delaware LLC. Therefore, what [a journalist is] going to pick up will be extremely well sanitized." What's more, he adds, "I'm not going to accuse anyone of anything. All one has to do is look at the coziness of the whole thing."

As an example of this coziness, he cites two chiefs, Aimee Faucett and Jaymie

Bradford, who run the offices of the two Republican councilmembers, Faulconer and DeMaio. Both women cut their teeth under Jim Madaffer. Faucett and Bradford "could finish each other's sentences. They know what each other is thinking."

Faucett, Flannery says, "managed to convince Madaffer that she could get him elected — and she did." So, too, did Bradford persuade DeMaio that he

needed her to win. Following DeMaio's victory last November, he "did not choose Jaymie. She chose him. I'm sure no one said that to him," that he had to hire Bradford. "But I'm sure it became very clear."

Such savvy extends to another lioness, Jamie Fox-Rice. Flannery says she is a ferocious campaigner: "I wouldn't want to tangle with this woman; I'd end up a eunuch." Flannery notes that "she's a good

HEALTH AND BEAUTY

Less expensive than Botox and restylane

Look 10 years younger without surgery!

We guarantee to eliminate 100% of your wrinkles with a non-surgical facelift!

For men and women 25 years' experience

1-888-581-0353



Promotional Offers:

All-Porcelain Crowns \$450 Root Canals \$490 Simple Extractions \$95 Fillings starting at \$75 Porcelain Veneers \$740 4 Veneers \$2800 6 Veneers \$3900 Free X-Rays

Promotional offers cannot be used in

Same-Day Emergency Appointments Available • Immediate Pain Relief

Open Weekends • Expanded Weekday Hours

Straightforward, Hassle-Free Business Practices Discounted Menu for Cash Patients PPO Dental Insurance Accepted

Root Canals • Extractions including Wisdom Teeth Removable & Fixed Prosthodontics Implant Placement and Veneers

5210 Balboa Avenue, Suite A-2, San Diego 92117 (west of Rite-Aid at Balboa & Genesee)

858-279-3455 www.BalboaDentist.com

Joseph Tucker, D.D.S., with comprehensive experience in Endodontics, Fixed Prosthodontics, Oral Surgery and Implant Placement, is now accepting new patients.

Losing Weight Doesn'tHave to Cost a Fortune!

\$80*
Includes ALL medication.





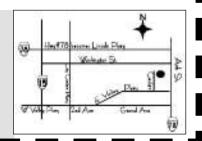


- Convenient monthly appointments
- No contracts Physician supervised
- Effective use of leading appetite suppressants

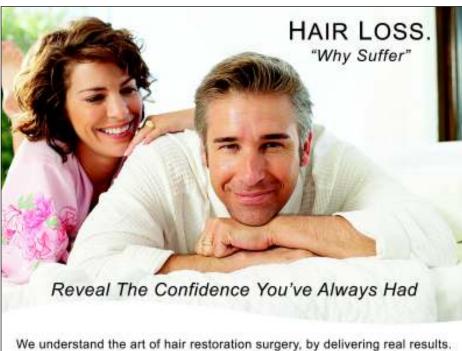
760-745-8431 Luc Fontaine, MD

430 North Cedar #C • Escondido

*Offer valid with coupon only. Initial consultation only. Regularly \$95. Includes all medications. Expires 9/17/09.







It's just that simple - a natural looking head of hair at a competitive rate.

Real Hair | Real Results | Real Life

Call Today For Special September Offer. 24 Months No Interest.

New LOOKMD
The difference shows

La Jolla / Scripps Hospital 9834 Genesee Ave. Suite 428 La Jolla, CA 92037 1.888.258.5271 www.NewLookMD.com

2103 El Camino Real Suite 101 Oceanside, CA 92054 example of the kind of power you can demand if you get someone [Todd Gloria] elected when [victory] wasn't a sure thing."

Flannery says the system is counterintuitive: councilmembers work for their chiefs. Just the opposite of what we think. That's its beauty. "It's totally amazing, it's totally unknown, and that's real political power. Rasputin had more power than the Czar."

To guard against the concentration of such power and proximity, Flannery would like to "break up the tenth floor. The tenth floor is per se a continual violation of the Brown Act." Flannery would have the chiefs and the staffs reside not downtown but in district offices. He compares the submarine environment of the tenth floor to his youth's

Before

nemesis, the Catholic Church: "The priests used to tell us that when a boy is sitting next to a girl, there's no doubt you're going to put your hand on her. It's an occasion to sin." The council chamber's love nest, he

secutive four-year terms — no city council incumbent has lost an election. This means that staff members also serve for long periods. New candidates must wait for an open seat: witness last November's victories by Lightner, DeMaio,

"I wouldn't want to tangle with this Jamie Fox-Rice; I'd end up a eunuch."

says, is an occasion for the councilmembers and staffers to commit political sins.

Protecting the Fiefdom Since 1992, when term limits were set — two conand Emerald. But these three all chose city hall insiders to be their chiefs of staff.

I ask Richard Ryder, head of San Diego Tax Fighters and a frequent pain in the council's neck,

immediate to oth replacement.com

instantdentalcare.com

sargondentalimplants.com

HEALTH AND BEAUTY

Mark V. Garbutt, MD Eyelid Surgery Specialist

230 Prospect Place, Suite 310 Coronado, CA 92118

- Former Visiting Assistant
 Professor at the prestigious
 Jules Stein Eye Institute at UCLA
- 20+ years' experience
- Harvard/UC San Francisco
- Board-certified Ophthalmologist

Eyelid
Surgery
\$2499*
Upper or lower eyelids

Look like yourself, just better!

- Natural looking
- Minimal recovery time
- · More youthful appearance

*When you book surgery by September 16, 2009.

Free consultation 1-888-274-8749



especially on tax, pension, and conflict-of-interest issues, why aides and chiefs have so much clout. Ryder cites careerism: most chiefs have been working in the "staffing profession" for years. He calls it an "aristocracy" in which many staff positions are like "hand-me-downs." In fact, Ryder says, there's a way it's done. You get a staff position, and as an aide, you spend time in the community at planning-board and civic meetings. All of which creates "a huge support base, at taxpayer expense." In effect, the road to the city council is paved within. Staffers make political connections and build community presence on the job.

Of course, not all staffers follow this route; not all have political ambitions. But, Ryder says, a few are "out there campaigning and getting reimbursed at city expense." Until recently, staffers and city councilmembers were given a "massive" driving allowance. Ryder helped end this practice because, he says, "most of what they did was campaigning."

With 10 years of service, a city employee qualifies for a pension. Ryder says that it's a big problem for those in the "pensionscreening process" — the board, the politicians, the staffers, the analysts — that they all can influence pension decisions. "Particularly the staffers who bounce from place to place, who go in and out of elected office as well, they end up with 15 to 20 years." These long-timers face, he says, a "huge conflict of interest when controlling pensions."

Ryder notes that when staffers run for council, "They typically get endorsed by the guy going out." The way the system moves a staffer to the council is "very hard to beat unless you bring some exceptional cre-

dentials or high visibility, like Carl DeMaio." The system is, he says, "hereditary — not based on family but based on employment." Such a system, he believes, "incentivizes" people to do the wrong things — pay-to-play schemes, voting for all pension benefits, and more. But if we blame staffers or any public employees for what they do, we are, he

says, missing the point. We shouldn't be surprised when they seek their interest over ours. "There's nothing evil about it. It's human nature. We have to understand that."

What Was True Once Is True No Longer

Wes Pratt, former councilmember in District 4 (1987–1991), tells me by phone from his home in Springfield, Missouri, that he picked his chief, Jennifer Adams-Brooks, because of her "temperament. She had keen intelligence and insight, an excellent way with people." Her experience with

HEALTH AND BEAUTY

Laser SKIN CARE





For fuller lips & deep wrinkles. First syringe \$369.



\$339 for your second syringe



with the purchase of 2 or more syringes.

Wrinkle Fillers

Restylane

To smooth away facial wrinkles. First syringe \$369

Perlane®

Corrects deeper lines and wrinkles.

for your 1cc second syringe

Laser Collagen Rejuvenation

Regain skin firmness, lessen fine lines and improve acne scars. No downtime.

per session Includes 5 free microdermabrasion treatments with purchase of package.

IPL® Photofacial

Improve sun damage, rosacea, redness and flushing. \$145* full face

FREE Latisse

The only FDA-approved treatment for longer, thicker lashes. Available now. Purchase 2 Latisse, get 1 free. \$120 each. Second bottle \$99.



$^\$168$ one area with rebate

Purchase a minimum one area of Botox and receive a \$50 mail-in rebate from Botox Cosmetic. \$218 per area (forehead, glabellar or crow's feet). All areas same day \$595.

Facial Treatments

Microdermabrasion \$79* VIVIÉ Glycolic Facial \$90*

LIMITED TIME! FREE TREATMENT*

NO PACKAGE PURCHASE NECESSARY!

Laser Hair Removal for Women

Lip or Chin \$39 **Full Face** \$125 \$59

Underarm Brazilian \$269 (prices per treatment) Full Legs

Laser Hair Removal for Men

Full Back or Chest & Abdomen





1-866-BEST-LOOK

(1-866-237-8566) • www.GlobalLaserCosmetics.com

6950 Friars Road, Suite 100 • Across from Fashion Valley Mall Se Habla Español • Promo code: RDR0903

*Price per treatment with purchase of package of 5. Applies to same area only. Offer expires 9/19/09.

**Pay per session or purchase 5 treatments and receive one additional treatment free.

Applies to same area only. Offer expires 9/19/09.



Farzad Yaghouti, MD Medical Director

San Diego Reader September 3, 2009 **53**



private companies in land use also helped. Pratt himself began as an aide for Assemblyman Peter Chacon. In the 1980s, he became a staffer for county supervisor Leon Williams, eventually becoming his chief of staff. On the council, Pratt says he liked to be well informed: on a given issue, he wanted to know how other councilmembers felt, how his constituents felt, and how his staff felt. After he heard others' opinions, he'd make his decision. What was so helpful about Adams-Brooks is that she understood his "very deliberative style."

When Pratt ran for city council, his boss, Leon Williams, initially supported George Stevens. Pratt says he wasn't picked or anointed by anyone, despite District 4's repu-

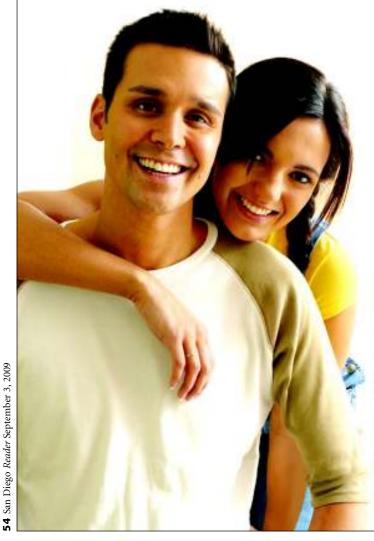
tation as a place where councilmembers seem perennially to come from within the staff. And he says he never groomed anyone for his position, either in or out of office: "I wasn't interested in building a kingdom." He notes that it wasn't the loss to George Stevens in 1991 that soured him, though it was "disappointing." He never "wanted a career in politics."

I tell him that the chiefs won't talk. "Really?" he says. "You're kidding me. I don't know what to think. I never had a problem with my chief of staff talking to the media. I don't understand that apprehension." Pratt wondered whether we, *Reader* writers, had been writing bad things about them. Before calling him, I had contacted Jennifer Adams-

Brooks, who referred me to her old boss. She didn't want to talk either: "She is someone who doesn't want to be in the public eye. She doesn't want to toot her own horn. She's more of a public servant."

Abbe Wolfsheimer-Stutz, a councilmember for eight years, left in 1993. Recently she told me that choosing a chief of staff when she was elected in 1985 was easy. Joanne Johnson was a "marvelous" chief of staff, "a dynamo" who had staff experience in Michigan and who also served as Wolfsheimer-Stutz's campaign manager. Johnson was a good choice because "I like to surround myself with people who have a discipline I don't have. She was a perfect match." For Wolfsheimer-Stutz, Johnson administrated the office;

HEALTH AND BEAUTY



The most advanced hair transplant available, at an unbelievably low price.

Rates as low as \$250 per graft on select cases!

Call now! Rates good through Sept. 15! 888-227-5496

Free private, confidential consultations For men & women Only doctor in San Diego capable of performing 5,000 grafts in one session

Most advanced transplant technology —

the lateral technique controls hair direction for a fuller look

Over 29 years' experience 12-24-month 0% financing OAC Demand the best and get the most grafts in one session!

For further information about hair transplants, check out the video and photos on our website.

Dr. James B. DeYarman, F.A.A.C.S.

DeYarman Medical Group | 888-227-5496 | deyarmanmedical.com | 3252 Holiday Court, Suite 204, La Jolla





refresh

\$199 Teeth Whitening

Faster and brighter than Zoom and BriteSmile with less sensitivity. Performed by a dentist in a relaxing spa setting.

Botox \$175 per area*

Frown Lines, Forehead Wrinkles, Crow's Feet

*Max 20 units one area. Additional units \$8 each.

Juvederm \$349/syringe

Smooth and natural results that last longer than Restylane, up to one year!

Laser Hair Removal: New Pricing!

Lip or Chin \$40 • Underarms \$60 Brazilian \$125 • Lower Legs \$145 Lower Arms \$95 • Full Back \$275

No package purchase necessary! Pay as you go or buy five and get one free. Effective and safe on all skin types

Med Spa·Teeth Whitening·Waxing Massage·Skin Care·Hair Studio Cosmetic Bar·Nail Lounge

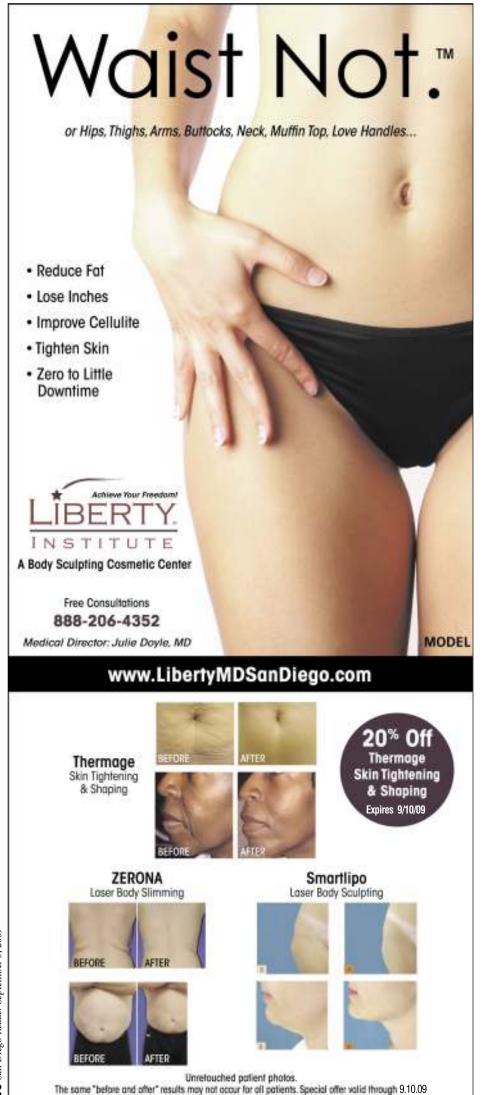
re:vive

salon & spa

1425 Frazee Road, Mission Valley 1-888-256-1806 • revivesalonandspa.com

Voted Best Medi-Spa 2007 & 2008 CitySearch Owned & Operated by Vishal Verma, MD and Vinita Parekh, DDS

Some restrictions apply. Not valid with any other offers. Call to schedule a complimentary consultation.



paid bills; hired and fired staff; oversaw the calendar and mail; planned staff meetings and set agendas; met with constituents when they had problems and questions; and reviewed council dockets for issues Wolfsheimer-Stutz was interested in, issues important to the district, and issues crucial to the city as a whole. In terms of policy, staff members would advocate for their specialties and try to convince her to vote a certain way or to become as informed as they were.

While Wolfsheimer-Stutz says she didn't vote on pension decisions, she recalled some councilmembers in the late 1980s voting to "sweeten" their health-care benefits. One change she has noticed with councilmembers nowadays is that each

one has a media or public relations person. It's often the chief. "Back then that was unheard of. Nobody put out newsletters telling everyone what good deeds you have done. Reporters hung out in the hallway and asked us, 'Is anything new?' They were very unstructured."

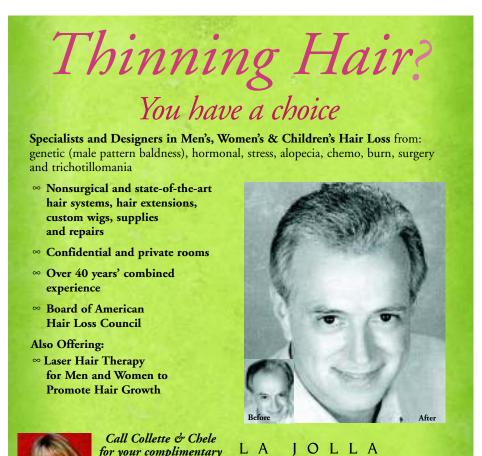
These days, she is more than a little sour on the council. She finds many of the members, not necessarily their staffs, "lazy. They're rarely in the office. They rarely go to meetings. They cancel half of their meetings every month. We never budged. We worked all day, at our desks from eight to seven. Out in the community every night and on the weekend."

I ask Wolfsheimer-Stutz, if a reporter called to interview her chief, would she have encouraged the contact? "Absolutely." She can't fathom why they won't talk. Maybe they're protective of what power they do have.

"There were chiefs of staff when I was there," she says, "who ran the whole office — and the policy. And anything else. Who literally told the councilmembers how to vote. One of them was John Kern. John Kern worked on my campaign and went on to become Judy McCarty's chief of staff. She didn't go to the bathroom without permission from him."

Kern served as chief to a string of District 7 councilmembers: Larry Stirling, Dick Murphy, and McCarty. He became Murphy's chief again in 2000, when Murphy was

HEALTH AND BEAUTY



HAIR CLINIC

Next to NYPD Pizza)

6110 Friars Road, Suite 205 • www.lajollahairclinic.com

(1 mile west of 163 Freeway and Fashion Valley Mall.

for your complimentary consultation:

1-888-207-9493



Seaturing Sleep **Sedation Dentistry** "Sleep through your procedure"

Visit our website: www.softtouchdental.com Close spaces, correct crowding and brighten your smile with Empress Veneers!

Porcelain Empress Veneers \$749 per tooth (Reg. \$1100 per tooth)

Free cosmetic consultation. Limited time only!





BEFORE ACTUAL PATIENT

AFTER ACTUAL PATIENT



Invisalign and Invisalign **Express**

from \$2,000-\$3,500

FREE Invisalign Consultation

\$0 down, 0% interest

For 24 months OAC. No insurance needed.

Implant Specials FREE Implant Consultation **FREE** 2nd Opinion

\$0 down 0% interest For 18 months OAC. No insurance needed.





Exam and Cleaning \$49 in the absence of gum disease

ZOOM! Whiten your teeth up to 8 shades lighter in one hour! \$249 Elsewhere \$600. As seen on ABC's Extreme Makeover.

Free custom bleaching trays with

ZOOM! Advanced Power

Same-Day Emergency Appointments Available!



www.softtouchdental.com 888-262-0673

Dr. Fakhimi, DMD

Family and Cosmetic Dentistry and Orthodontics

3735 Clairemont Mesa Blvd. (at Clairemont Drive) • Visit our website for a virtual tour! Most insurance accepted • Financing available • Military discounts • Senior discounts Discover, MasterCard, Visa, American Express, ATM









Face • Body • Breast

Specializing in TUBA, Transumbilical Breast Augmentation.
No scars on the breast! All approaches offered.
Silicone and Saline Implants.

Summer Specials:

- Breast Augmentation (Saline)-\$4800
- Breast Augmentation (Silicone)-\$6200
- Liposculpture (5 liters)-\$5000
- Upper Eyelid Lift-\$2500
- Radiesse® filler-\$695/syringe
- Restylane[®]/Juvéderm[®]-\$395/syringe
- Botox®-\$10/unit (20 units/area) + \$50 rebate

Surgery prices include anesthesia fee. Not to be combined with other discounts.

ROBERT A. SHUMWAY, MD, FACS

9834 Genesee Ave., Suite 225 • Scripps La Jolla Campus www.ShumwayCosmeticSurgery.com • www.abetterbreastaug.com

888.291.9843

Free Consultation

Diplomate, American Board of Cosmetic Surgery President, California Academy of Cosmetic Surgery Past-President, American Society of Cosmetic Breast Surgery elected mayor: there Kern was one of the highest-paid city officials, earning \$153,528, which was \$72,000 more than his boss took in. (In his interview with Kroll Report investigators, Kern identified his chief's role as the "troubleshooter" and "political go-to person." He said many on the staff spoke with him before speaking with Murphy.)

Wolfsheimer-Stutz says that in her time the chiefs weren't a professional class. They are now. "A lot of the chiefs today have grown up in that position, and they haven't really learned anything in their lives except what the political system in city hall is. They've been trained from ground zero all the way up."

Kathryn Burton, who served as managing assis-

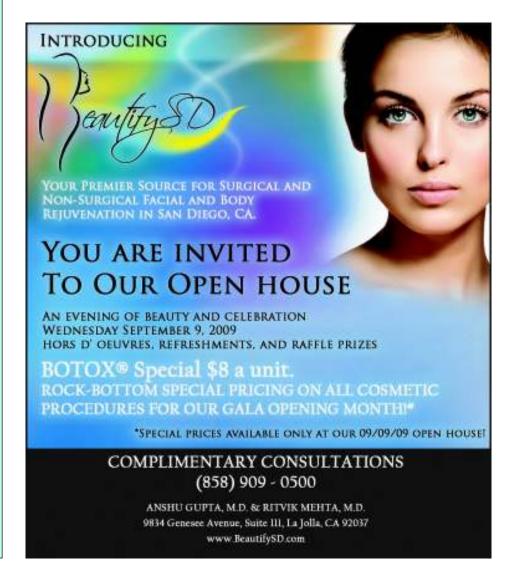
tant city attorney during Mike Aguirre's reign, divides the council and staff into two types: political animals versus public servants. Like usually attracts like, she says. For instance, with Donna Frye, her chief of staff, Steve Hadley, is like a Donna in training. Burton recalls trying to get a neighborhood park open for kids and calling on Hadley, who was on the staff of Councilmember Harry Mathis in 2000. The park was ready to go — "grass and swings and playsets"—but it was fenced, so the kids stood around, clutching the chain link and wanting in.

"One night after a planning board meeting, I grabbed Steve and I said, 'I really need to know why the kids can't get in the park.' He said, 'Let's go

see.' Here he was in his suit, and he climbed over the fence — I thought he was going to tear it. He climbed in and climbed back over, and he said, 'It looks ready.' He started working on [the park's approval] the next day, twisted a few arms, got things expedited, and it was open. I've never forgotten him. Then he ends up being the chief of staff for Donna Frye. People end up with like-minded people."

She says other chiefs are chosen because they know how to play hardball; chiefs "let [the councilmember] look good." When Sherri Lightner in District 1 ("a wonderful improvement over Scott Peters, who's never been my favorite guy and is the antithesis of the public servant") hired John Rivera

HEALTH AND BEAUTY



to be her chief, "I thought he was up-front and honest. I think she hired him because he knows the downtown scene. I think she was smart enough to realize that she was in a perilous situation with the sharks down there who knew the ropes in a way that she didn't — since she's more of a land-use person."

Overall, she says, "Lots of people get recycled." They often get "anointed and receive the endorsement. You don't get too much different that way." Most of the time, she says, "The constituents have very little to do with" what gets done because people "are using the council as a stepping stone for their next political gig." I mention Ben Hueso, and we both laugh.

A Political Gerontocracy

For decades, one of the prickliest thorns in the council's side has been attorney Bruce Henderson. A councilmember from 1987 to 1991, he later brought suit against the City for its shady financial arrangements in building the Padres downtown stadium. When I complain to Henderson that the current chiefs aren't talking, he says that besides my being from the *Reader*, the rule of thumb in politics is that the politician's name and not the chief's should be in the news. That said, he believes the real reason they won't talk is that they can't "justify their jobs."

What's their job?

Henderson wants me to understand first that their *true* job is not the same as the job they actually do. "Staff is supposed to identify and deal with their constituents' concerns. And second, [members] should see to it that there's a staff in place" so

that when members go to a meeting, they are "thoroughly briefed" on issues. Council staff members are "supposed to have the background that allows them to dig into documents and understand them."

As an example of what happens when no one on the council staff has the "skill set" necessary to evaluate documents, Henderson cites a spreadsheet produced by the city manager's office in the 1990s. It showed that by 2010, the Padres would be paying the City millions of dollars in rent at what is now Qualcomm Stadium. Although council staffers had inquired about Padres revenues, they "never went beyond this bizarre representation that the Padres would be paying these

huge amounts of net rent." Henderson says this deal didn't "compute — there's no backup that tells us how they arrived at their numbers." As it turned out, he says, there was no

HEALTH AND BEAUTY







Before Thermage

After Thermage

New 16.0 Body Tip by Thermage

Actual Patient

San Diego's Only 3rd Annual Thermage Pinnacle Award Winner

La Jolla Cosmetic Laser Clinic, Nasrin Mani, M.D.

#1 Thermage provider in Southern California 2009 BOTOX Platinum Award Winner!

New! Dysport® (Alternative to Botox): \$4 per unit

Thermage Face and Eyes: \$2,900

Body by Thermage (belly, thigh, or buttocks): \$200 off

3 IPL photofacial + 1 Jessner Peel: \$750

BOTOX® \$10 per unit + \$50 rebate (reg. \$11 per unit) Hurry! Rebate exp. 9/30/09

\$100 Rebate when you purchase BOTOX and Juvederm Ultra or Ultra Plus syringe

Juvederm Ultra Plus: \$450 per syringe (reg. \$550)

Radiesse 1.5cc syringe + 25 units of Dysport: \$550 (value \$750)

1 FREE Latisse® eyelash enhancer with any purchase over \$550

Offers expire 9/30/09.

ARTEFILL® permanent filler is here! \$900 per syringe (reg. \$1,200) www.LaJollaLaser.com

Thermage®
ActiveFX/DeepFX CO₂ Laser
Fraxel II Laser
Photofacials (IPL)
Photodynamic Therapy
with Levulan™ (PDT)

Laser Hair Removal
Laser Leg Vein Treatment
Sclerotherapy
BOTOX®/Dysport®
Fillers (Temporary & Permanent)
Cellulite Treatment



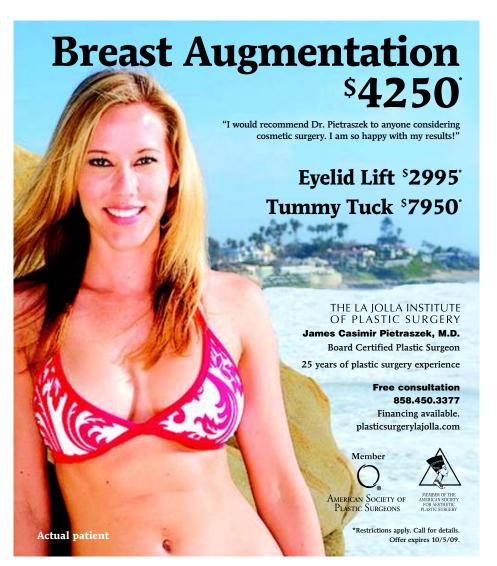


Lipo-Dissolve
with Mesotherapy
Melasma Skin Lightening
Acne BLU-U
Microdermabrasion
Visia™ Complexion Analysis



Latisse binatopost contraine soution (US)

1111 Torrey Pines Road • Ste. 102 • La Jolla, CA 92037 • 858-454-2700 • www.LaJollaLaser.com



agreement "with the Padres to pay any net rent."

The civic center proposal currently floating around city hall is a current example. "Who among the chiefs of staff," Henderson asks, "has a background for reviewing documentation like that?" None, he says. "If they don't, do they hire someone who does?" Another critical issue is budgets. Henderson says only DeMaio's staff in District 5 is qualified to do such work. With the chiefs, he says, his tone bordering on disgust, "Their real job is getting the boss reelected and setting themselves up to run for office."

Glen Sparrow echoes Henderson's concern. Now that we have a strongmayor form of government, Sparrow sees the onset of what he hopes is a trend in how council offices are run. "Instead of hiring people to handle complaints or to get them reelected," he says, more councilmembers should, as DeMaio and Faulconer have already done, be "hiring policy people...to have at least one person on their staff to understand what a budget is." For the last two decades, Sparrow says, "The staffs have been assurers of reelection, taking care of the constituents and potholes and barking dogs. They need to get rid of those glad-handers who go out to the communities and replace them with people who understand how the City operates."

All too often, Henderson says, "Most councilmembers operate on the basis of what we don't

know won't hurt us. So, 'Don't tell us anything.' They tend not to ask questions, not to read background material, not to be concerned with whether or not the mayor's office" is fully informing them.

If a councilmember says — or implies — to his chief of staff, "'I don't want to know anything,' then he has deniability." During his tenure, Henderson says, "That's what I thought all my fellow councilmembers did to be honest with you." He admits he has no proof that anyone ever said, "'Don't tell me,' but my experience was, they didn't want to know." He says he'd talk to councilmembers about issues, and they had no idea what he was talking about. "Some would, and some wouldn't listen. You

HEALTH AND BEAUTY





couldn't have a discussion with them."

In 1987, Henderson hired Jim Sills, a political consultant, as his chief, in part, because Sills was Henderson's campaign manager. As a former chief for county supervisor Paul Fordem (1981–1984), Sills had "a profound knowledge of how government works. He could bring documents up to me and say, 'Here are the key decisions that need to be made at the next meeting.' He would carefully go over the agenda and identify issues I needed to look at. And we would have that discussion. The difference for me, as a lawyer who's been involved in a lot of financial deals and reviewing contracts, I had a thorough background that allowed me to review budgets. I didn't need to hire someone who had those skills. Jim ran the office and saw to it that constituents were served. He'd review the docket and look for things that were being hidden from us. There was a lot of stuff. That's the name of the game. Voluminous documentation is dropped on you, at the last possible moment, so you won't have time to go through it. That's also part of the game."

By phone, Sills recalls the late Paul Fordem, who told him once that he "liked my energy level, that I had a long memory, could remember details, and that I was well organized and loval to him. It was similar with Bruce. Some of those who advised him were trying to get him to change his views on certain issues. I never do that. I just try to find out what the candidate believes, then help him communicate that to the voters. Bruce said, 'Jim lets me be me.' "

As for chiefs running

for council, Sills says that in his day it was "almost unheard of. If they did, they lost and lost ignominiously." Also "a rarity" was making a career out of being a staffer, Sills says,

Ask about our

"Result Guarantee"

Program

unlike today. He says that he's "sorry to hear" that some of the higher positions are taken by career staffers. "It's good for the city to have new blood. When I was Bruce's chief,

we went out of our way to bring in people who were not" affiliated with the City.

When I mention that the chiefs won't talk, Sills says he's "surprised. When I worked in the County

and the City, no one wrote the type of story you're writing. If I could give them some advice which they haven't asked for — I would urge them to talk to you. They should

be proud to tell their story." He notes that in 1990 he would have spoken with a reporter. What's more, his boss, Bruce Henderson, would have approved of

HEALTH AND BEAUTY

Lose Inches Without Surgery in Just 2 Weeks! **Introducing** Spa Week! Zerona September 14-20 1 22 23 24 25 26 27 29

New FDA-Approved Laser for non-invasive body contouring

NO PAIN NO DOWNTIME

20% Off this procedure & Free Facial & Massage

with mention of this ad.

\$50 Facial, Massage, Microdermabrasion or Laser Hair Removal

Botox \$159

20 units (no dilution)

Restylane \$349 (1cc)

(Limited appointments available for Botox and Restylane)

Best Day Spa Channel 10

220 West G Street San Diego · 619-235-6865 www.sentebellaspa.com



TUCKED & TIGHTENED!

Ask about our other services, including:

Nominated

- COOL Body Sculpting
- VelaSmooth FDA-approved cellulite treatment
- · Breast enhancement and lifts
- Lunch-hour mega peel
- · Facial & spider vein treatment
- · Botox, Juvéderm & Restylane
- · Laser hair removal
- FotofacialTM (improves sun-damaged skin and rosacea without downtime)
- · Full line of skin care products
- · Now carrying Latisse™ (FDA approved for eyelash growth)

Specials good through September 30

Breast Augmentation (Garment & lab addition Liposculpture* (1st area) Tummy Tuck^{*}

*Some weight restrictions apply. Garment & lab additional

Certified by the American Board of Surgery

8881 Fletcher Parkway, Suite 241, La Mesa ~ 619-697-1325 www.veinlipocenter.com ~ Financing Available



Does Henderson agree with Pat Flannery's assessment of the chiefs and their staffs, that they're a kind of shadow government? "I agree 100 percent. And that's because most councilmembers are lazy. That was my experience. Politically they were active. But when it came to intellectually analyzing the problems that came before

the City, I thought it pathetic."

What gets Henderson's goat is that councilmembers who want to be advocates for particular issues or neighborhoods don't recognize their shortcomings. They don't hire people "to give them independent advice" about things they don't know — and voilà,

another scandal.

Henderson says that the "net result" of hiring politically minded chiefs and staff is this: "a tremendous transfer of power to the mayor's office. Even though there's a lot of chatter, there's very little effective oversight by councilmembers."

To the City's detriment, Henderson says, most chiefs and staff members gain stature and insure careers via long-term loyalty and unquestioning support of their council boss.

I say it's a political gerontocracy.

"Which means?" Henderson says.

"He who's been there longest has the most power."

"I agree 100 percent." ■

— Thomas Larson

HEALTH AND BEAUTY



Body after Baby

VelaShape™

The only complete non-surgical alternative to liposuction.

- Reduces waist, love handles & thighs
 Tightens sagging skin
- Circumferential fat reduction*Improves appearance of cellulite

\$99 (Reg. Price) \$200 First Treatment

1 area. Not to be combined with any other VelaShape offer. Area size is up to 8.5 x 11 inches. Expires 9/30/09.

*Optimum results with series of treatments. Results may vary.

9040 Friars Rd., Suite 500 1-888-220-9476

M-F 10 am-7 pm, Sat. by appointment.
Conveniently located in Mission Valley,
2 blks. west of Costco.
All medical procedures and consultations
performed by Dr. Chang, M.D.

Call to schedule free consultation • www.beatitudemedspa.com

MEDICINE & ACNE CENTER

\$1,000 Off Any Surgery

Call office for details. Cannot be combined with any other offer.

- Breast Augmentation
- Liposculpture
- SmartLipo
- Tummy Tuck
- Botox and Fillers
- Fractional CO₂
 Laser Resurfacing

And much more...





Jeffrey A. Umansky, MD Certified by the American Board of Plastic Surgery

4150 Regents Park Row Suite 260, La Jolla 92037

888.260.8576 www.drumansky.com

Fellowship trained by Harvard Plastic Surgery Professors

Affordable financing options available



62 San Diego Reader September 3, 2009

BAJA HEALTH & BEAUTY DIRECTORY

SAFE & PROFESSIONAL SERVICES DON'T HAVE TO BE EXPENSIVE!

BOARD-CERTIFIED PLASTIC SURGEONS

BY MEXICO'S BOARD OF PLASTIC SURGERY



Francisco Bucio, M.D. 20 years of experience in Cosmetic Surgery for Face, Breast and Body. State-of-the-art clinic in the Grand Hotel Tijuana. High-tech Medi-Spa, Laser Center. IPL Photofacial, ACCENT non surgical Skin Tightening, CO₂ FRACTIONAL LASER for skin resurfacing for rejuvenation, ONE-TIME TREATMENT. Visa, MasterCard, American Express. 619-946-2158; 011-52-664-686-4588

www.franciscobucio.com



Juan Carlos Fuentes, M.D. Corresponding member of the American Society for Aesthetic Plastic Surgery, Dr. Fuentes and his bilingual staff provide first-quality results in all fields of Plastic Surgery, performed in a state-of-the-art surgical facility. For more information please call us: 619-428-4803, or visit us online.

www.juanfuentesmd.com



For a fabulous NEW IMAGE, get to know BOARD-CERTIFIED Jaime Campos-Leon, M.D., highly skilled in the most Advanced & Effective Plastic Surgery Techniques and Laser treatments. New SmartXide **DOT Fractional CO₂ Laser,** Skin Tightening, LASER LIPOSUCTION, IPL Photorejuvenation, Thermage NXT, Spider & Varicose Vein removal with Laser, Peels

Botox® & many more. Free consultation. Visa & MasterCard. 1-866-58-SHAPE; 619-240-8681; or visit: www.tjlipo.com

Caroll Toledo Nader, M.D. Corresponding Member American Society of Plastic Surgeons, 20 years' experience, Body Contour, Breast Lift, Enlargement and Reduction, Nasal Surgery, Liposculpture, Botox/Artecoll, 011-52-664-681-8272

www.toledoplasticsurgery.net





TRUST Dental, Dr. Cirenia, 5 Specialists and 4 Dentists experienced in Superior Quality Cosmetic Dentistry. Save 70% on Implants, Crowns, Root Canals, Veneers, Zoom 3!, **Dentures**. Strict **OSHA** sterilization. **USA** lab materials. Financing, credit cards accepted. **FREE** Digital X-Rays, Oral Camera and checkup. 1/4 mile

to border. **Free Shuttle.** 1-800-342-8419 www.DENTISTatTIJUANA.com

Ricardo Alvarez, D.D.S. 25 years of experience and constantly updated on Esthetic Dentistry, Prosthodontics, Occlusion Implantology and Rehabilitation. Master Studies at Loma Linda and Harvard. Visa and MasterCard. Free consultation. Toll-free number 1-877-653-9021 • www.dentalalvarez.com



Erico Carreño, D.D.S. 20 years of experience. UCLA, Loma Linda University, IAO-Certified Senior Instructor, Europe- and USA-trained, warranted quality and ethical dentistry. Top-of-the-line private office. The only Waterlase in Baja. Dental lab in San Diego. American Academy of Cosmetic Dentistry, ADA, HDA, WLCI, AAFO, IFUNA, IAO

member. Insurances welcome. 619-308-7082; 011-52-664-684-8133. www.drerico.com • www.biolase.com



Pacific Dental Tijuana, PREMIER dental office. ave 60%. English-speaking staff. USA LICENSED (USC, LOMA LINDA, HARVARD). CAD CAM technology, Implants, extreme makeovers. LUMI-NEERS, root canal. All treatments guaranteed. Featured on CBS & NBC as the Best Dental office in Tijuana. Offering service in EASTLAKE (USA prices

apply). All credit cards. Financing. 1-866-804-1877, 619-739-4110. tijuanamexicodentist.com, mexicotijuanadentist.com



PRODENT, Alfonso Gracia A., D.D.S. Simply the best just across the border. Gentle, Ethical, Antiseptic, Affordable. Implants, Cosmetic Dentistry, Porcelain Veneers, Ceramic Crowns, Root Canal Treatments, Oral Surgery, Sedation. Visa and MasterCard.

Also in Rosarito at Hospital Bonanova. 619-308-7845, 1-877-215-1516

www.dralfonsogracia.com

Homero Gándara, DDS. Implants, Root Canals, Orthodontics and Esthetic Rehabilitation, mercury free, strict OSHA sterilization. ZOOM!2 whitening. Oral Cam with monitor. New Zirconia System. All insurance accepted. Close to the border. Nextel: 122* 18654*7, 619-778-6869, 011-52-664-634-6655

USA Clinic in Chula Vista offering: Diamond **Microdermabrasion, Chemical Peels**, Lactic Acid Peel & Jessner Peel. Fillers: Juvederm & Restylane. **Sclerotherapy** for Spider Veins. Latisse that makes eyelashes longer, darker & thicker. Botox. 345 F St., Suite 110, Chula Vista, CA. 619-422-1154



Full Face \$1000 Full Face, Neck, Chest \$1500 includes 1 free IPL treatment

Results Include:

Collagen stimulation, reduction of fine lines and wrinkles, skin tightening, improvement of skin tone and texture









THERMALIPO® PACKAGE Receive \$1000 Off

Purchase Vaser Ultrasonic Lipo and Thermage Skin Tightening. Cannot be used with any other promotions. Patient must be seen for a FREE consultation. Financing with Approved Credit.

laser hair removal* Buy 5 Sessions and receive the 6th Session FREE! Back & Shoulders \$299 Bikini \$99

Brazilian \$159 Lower Leg \$159 Full Leg \$299 Underarm \$79 Upper Lip or Chin \$59 injectables Botox \$11/unit Juvéderm Ultra \$399+

Restylane \$499 Perlane \$499h Sculptra \$899 Per six

Juvéderm Ultra Plus \$499+ Radiesse \$695 personne

plastic cosmetic surgery

Breast Augmentation and Lift

Tummy Tuck Fat Transfer

Face & Neck Lift Sclerotherapy

weekly specials *Cannot be used with any other Discourtes, Copposes, or Gift Geriffonce.

botox mondays \$10 a unit all day

photofacials (IPL)

fill your face tuesdays \$50 off any filler treatment

acne Blu-U \$250 for 2 treatments. Phys a Free Destroys Acne Bacteria, \$399 10 testments

activefx Full Face \$1000, Add \$500 Neck, Chest

mesotherapy \$150 person with the purchase of a package

fall Special S65 *Connect be used with any other Discounts, Coupons, or Gift Certificates.

Express Facial, Express Micro and \$25 a+b Gift Certificate

TOTOX SDECIA *Connot be soot with any other Discounts, Coupars, or Git Continues.

Never tried Botox*? Now is the time!

All new patients who receive 20 units' or more will receive a \$50 rebate.







(888) 281-7635 · agelessandbeautiful.com

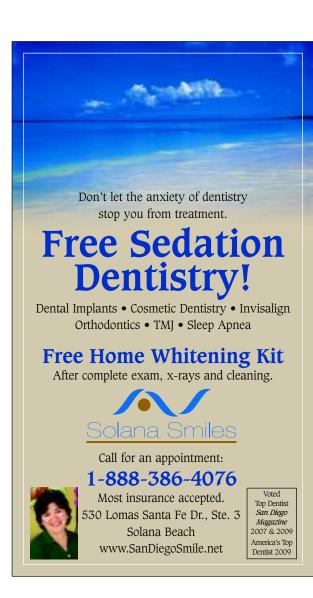
1080 University Ave., Ste. H201 San Diego, CA 92103 Uptown Shopping District

Spa Hours Monday - Friday 9 AM - 5 PM Saturday 9 AM - 5 PM

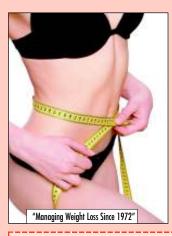
Special Financing CareCredit (Up to 12 Months Interest Free!)

Medical Director: Dr. Sean Daneshmand, M.D., FACOG

*Prices below reflect the purchase of S sessions. * First-time clients only. * Prices only effective with mention of the Reader Ad specials.



Lose pounds & inches FAST! FAST! FAST!



Rodex Forte

Vital link for energy and metabolism! Call for details!

Our doctors and nurses have changed thousands of lives for the better. which is why our program has been #1 in San Diego. We can help you take off those extra pounds and keep them off. Make that call now, and you will be on your way to a slimmer, trimmer you. We'll show you how.

Free Consultation plus \$50 Off Initial Fee. **Bring a Friend! Get 2 Free Weeks**

for Both of You!

With this ad. Hurry! Good through 9-17-09.

A DOCTOR'S WEIGHT LOSS CLINIC

Clairemont (858) 279-7060 Carmel Mountain Ranch (858) 673-8889

El Caion (619) 440-8171

Oceanside (760) 721-7088 • Chula Vista (619) 476-0060 Murrieta (951) 894-7737 • Riverside (951) 784-5336

4weightclinics.com

*Individual weight loss may vary.

LETTERS

would translate well into a sort of a fictional autobiography.

Back When Published Aug. 26

Posted by SDaniels on Aug. 26, 5:28 p.m.

I've written before to ask why we are not able to access electronic archives for past articles. You guys obviously still have them, and these "Back When" snippets are fun, but make one want to read the whole piece. An electronic archive would make for more knowledgeable newer Reader readers, and certainly give some of the oldtimers a kick!

Posted by Reader_Web_ Admin on Aug. 27, 8:12 a.m.

Reader archives (sorted by issue date) can be found at http://www.sandiegoreader.com/ archives/

Feature Story — Dr. Jekyll and Mr. Dare, pt. III Published Aug. 26

Posted by Prosperina on Aug. 26, 9:09 p.m.

as always, a great story with compelling characters, fabulous and fun detail of historical places as well as the main story - what a blast this series was - one of my favorites so far-

Feature Story — Unforgettable: A Walk on the Stingaree Side Part 6 Published Aug. 26

Posted by HenrySloanIII on Aug. 27, 9:29 p.m.

Intriguing, captivating series to say the least. It's been interesting to walk around down there and picture some of those long ago (foundational?) situations and capers. In sum, just an excellent read for six installments. The subject matter is fascinating and the author is a master craftsman. What are the chances of Mr. Smith's historical writings on San Diego reaching print in book form? I'd wager there would be a market for it.

Diary of a Diva Published Aug. 26

Posted by shizzyfinn on

End of Summer Sale

September 9, 10, 11

Free Latisse with purchase of \$500 Botox or Juvéderm Botox \$9/unit (plus \$50 rebate) • Dysport \$4/unit

Restylane 1cc \$295 (plus \$25 rebate) • Perlane \$345 (plus \$25 rebate) Juvéderm \$295 • Juvéderm Plus \$345 • and Radiesse \$395

Artefill (permanent filler) \$895 • Latisse \$95

Laser Hair Removal Prices with Purchase of 4 Treatments:

- Brazilian Bikini \$99
- Both Underarms \$49
- Regular Bikini \$69
- Full Leas \$235
- Full Back & Shoulders \$235
- Full Chest & Abdomen & Shoulders \$235



Platinum-Plus Award Winner for Botox

Winner for Botox Platinum-Plus Award Winner for Juvéderm Pinnacle Award Winner for Thermage Skin Tightening
Platinum Award Winner
for Restylane Platinum Award Winner for Perlane

- > Labioplasty \$1495 by board-certified gynecologist.
- > Vaginoplasty "Vaginal Rejuvenation" \$2500 by board-certified gynecologist.
- **Cellulite Treatment with** Velasmooth \$95

each with package of 10.

> Mesotherapy Fat Reduction \$125

each with a package of four

- > Photodynamic Therapy (PDT) \$295 per treatment. For severe acne.
- > IPL Photo Rejuvenation with Lumenis One \$125

each with a package of four

> Cosmelan RX Peel \$595 Skin depigmentation for brown spots.

- State-of-the-art Thermage Technology with advanced tips for skin tightening and contouring.
- > Face with 900 STC Tip \$1.495
- Eyes with 450 STC Tip \$1,195
- Abdomen, thighs or arms with 1200 DC Tip \$1,595
- > Fraxel II for smoothing and resurfacing skin, acne scars and brown spots. Special Package - 4 treatments for \$1.960 While supplies last

Parvin Pam Mani, M.D., F.A.C.O.G.

5555 Reservoir Drive, Suite 208 (by SDSU, off Alvarado Road) • 619-583-7555 • www.sdcosmeticlaser.com Call for a **free consultation.** Facial products and gift certificates available. Saturday appointments available on request. Payment plan available. Se habla español. Offers expire 9/21/09.

Fall into September

Mix & Match ANY 2 Services (below) for ONLY \$65!

• 30-min. Express Facial • 30-min. Body Therapy Massage • Spa Manicure & Pedicure • 30-min. Body Treatment



Mini Day Spa (valued at \$100) \$90

Includes: 1-hour facial with 15-minute head and neck acupressure and back massage, alpha hydroxy peel (smooths and softens skin texture and appearance), European facial, plus spa manicure and pedicure. A natural face-lift that helps cleanse the skin, removes fine lines, freckles and blemishes.

Escape a Day Away (valued at \$210) \$159

Includes: microdermabrasion, 1-hour full body massage, manicure, pedicure, and your choice of one spa body therapy.

Pamper Yourself (valued at \$145) \$124

Includes: deep cleansing pore facial, 1-hour full-body therapeutic massage, manicure and pedicure.

Total Body Wellness (valued at \$185) \$144

Includes: European facial, 1-hour full body therapeutic massage, manicure, deluxe spa pedicure, and your choice of one spa body therapy below: hydroactive mineral salt scrub, enzymatic sea mud wrap, detox hydro pack wrap for slimming, detox herbal linen wrap.

Myotonology/Mini Face-Lift *95/hour Series of 3 *270 • Series of 6 *475

Permanent Makeup

Eyeliner \$200 (\$300 value) Eyebrow \$200 (\$300 value) Lip-liner \$200 (\$300 value) Full Lip \$400 (\$500 value)

Microdermabrasion \$80/hour Series of 3 *220 • Series of 6 *400

Eyelash Extensions \$130

New Japanese technique. Lasts 4-8 weeks. All natural.

Series Discount Any 6 spa services for the price of 5



day spa and salon

www.aboutudayspa.com • Visa/MC accepted

Miramar • 9484 Black Mountain Road, Suite D (858) 586-6626 • (858) 586-6245 Monday-Sunday Open 7 days a week

North Park • 39421/2 Illinois Street (619) 297-3073 ₹NEW! ₹ NPSpa.com Mon.-Sun. Open 7 days a week

Aug. 26, 2:23 p.m.

Your falling back on the cell phone confirms my theory that people who whip their phones out while alone in public are often doing so solely to fight off the fear that comes with potentially being talked to by a stranger, which very well might have turned out to be a pleasant experience - especially in an environment like a playhouse, where the strangers in attendance likely share at least one common interest with the solo flyer.

Next time, try to stick it out without resorting to the mePhone - that is, iPhone. You just might enjoy an interesting and fresh conversation, while helping make the world that much more friendly a place.

Cover Story Published Aug. 26

Posted by granpaguy on Aug. 27, 8:24 a.m.

When I read this article it reminded me last Sunday I was sitting at the Star Bucks on Felton and a parade of gorgeous low rider cars went by. Long shiney, bouncy beauties. So, I followed them to the St. Didacus Church on down Felton. It was a wedding. The cars parked in the lot next to the church. I stood by with my half of a venti coffee and watched young men get out of the cars and put on tuxedos. Regular cars parked in the lot across the street and regular looking people got out of these cars and went into the church, dressed in regular clothes.

I asked the young men, big guys, if I could look at

the cars, because one of them looked like a buick my dad owned back in 1945. His parents bought it for him. I wished I had the picture to show these guys. A few months after my grandparents bought this Buick for him, he crashed it.

As I turned towards the cars, two police cars pulled up and parked on either side of the church parking lot. Two young cops got out. The wedding members didn't look at the cops. I said,"I wonder why the police are here?" One young man murmered "Don't know." I said, as I walked towards the Blue Buick, "It's the cars." I heard one of the young men say, sarcastically, "Yeah, the cars."

The police stayed long enough to deduce that this was indeed a wedding and then drove away. I walked admired the steering wheels and shiney hoods and walked back to the men. They were all tuxed and ready for the ceremony.

As I left I tried to remember when the police had ever showed up at a wedding I went to. I don't think they showed up at my dad's wedding, even when he drove the Buick. Maybe cause the neighbors wouldn't get as nervous if old white people drove up in dozens of Toyotas and SUV's.

Musician Interview Published Aug. 26

Posted by kellyfever on Aug. 30, 5:02 p.m.

"...believe it or not, it's still considered pretty wild to be a girl fronting a rock band. Occasionally you'll see a girl fronting a punk band, but that doesn't count."

Just wanted to ask Rachel why being a female fronting a punk band "doesn't count" but being a singer in a pop/ rock band "counts" when it comes to the struggles (and frustrations) that go along with being a female musician. Girlfriend, this doesn't even make sense!! Please explain. I partially agree with what she said, but I think ALL women can suffer, thus getting held back simply because we're women. If anything, more women front pop bands than punk bands, and those pop singers usually have a better chance of getting noticed than a female punk musician or femalefronted punk band just based on what the majority of music people listen to.

City Lights, by Dorian Har-

Published Aug. 26

Posted by pellis on Aug. 26, 2:18 p.m.

don't smoke and I don't like being around smokers. I don't agree with the law, but I respect the city's right to legislate whatever they

All that said, any unenforceable law is a stupid idea. Posted by PistolPete on

Aug. 26, 2:51 p.m. #1-Research on second-

hand smoke is junk science at best.

#2-Maybe if non-smokers wouldn't b**ch about smoke being outdoors so much, us smokers would take their feelings into consideration. Outdoor seating in a common area is an example. If I'm in a public outdoor area and having lunch, I'm

HEALTH AND BEAUTY

Dental Implants AS LOW AS \$700 Free consult/exam. Crown not included.

Implant Crown

exam.

Smile Design Center A Dental Practice

619-827-0770 • www.smiledesigncentersd.com

Bridges • Braces • Crowns • Root Canals • White Fills

232 Third Ave. • Chula Vista, CA 91910

STOP USING READING GLASSES TO SEE THE LUNCH MENU!



Bifocal contacts that work!

Proclear EPs \$295
Per box 12 pair minimum. Includes \$40 rebate. Complete bifocal contact exam and fit \$99

Complete contact exam & trial pair only \$84

Includes eyeglass prescription and solution kit. Bifocals, Torics and gas-permeables \$99.

CALL TODAY! Dr. Nick Selby, Optometrist

858-566-4110 9516 Miramar Rd. • San Diego • 92126



Health Beauty Guide

Free 24-hour hotline for frequently asked questions: 619-233-9797

Call anytime and enter a four-digit extension, or visit our website: SDReader.com/health

Extension 7070 **Botox**

- 1 What is Botox?
- 2 Botox & wrinkles **3** Effects of Botox
- 4 How much does it cost?



3740 Rosecrans, Suite C, Point Loma 619-758-9875 venusmedical.com

Extension 7030 **Laser Hair** Removal

- 1 What is it? 2 How does it work?
- **3** How is it performed?
- **4** What does it feel like? **5** Best candidates?



Farzad Yaghouti, MD Global Laser Cosmetics 6950 Friars Rd., Suite 100 866-237-8566 globallasercosmetics.com

Extension 7100 Cosmetic Dentistry

- 1 About our office 2 Implants, dentures & partials
- 3 Invisalign, the clear straightener
- 4 Veneers & teeth whitening 5 Crowns, bridges & surgeries

Dr. A. Shojania Extreme Smile Makeover 5927 Balboa Avenue Clairemont 858-751-5733

Extension 7050 Weight Loss

- 1 What should I eat? 2 How much can I lose?
- 3 Body Mass Index (BMI) 4 Is the Atkins Diet safe?
- 5 Exercise: How much?



Viva Wellness Medical Group 3740 Rosecrans, Suite C, Point Loma 619-222-5433 vivawellness.com

Extension 7040 **Breast Surgery/** Augmentation

- **1** Breast augmentation 2 What type is right for you?
- 3 Breast lift
- 4 Breast reduction



Kian I. Samimi, MD 711 Fourth Ave. #200 Downtown 7300 Girard Ave. #101 La Iolla 888-215-7896 revivamed.com

Extension 7080 Laser Eve Surgery

- 1 About LASIK
- 2 Who is a candidate?
- 3 Your eve exam

- 4 Surgery

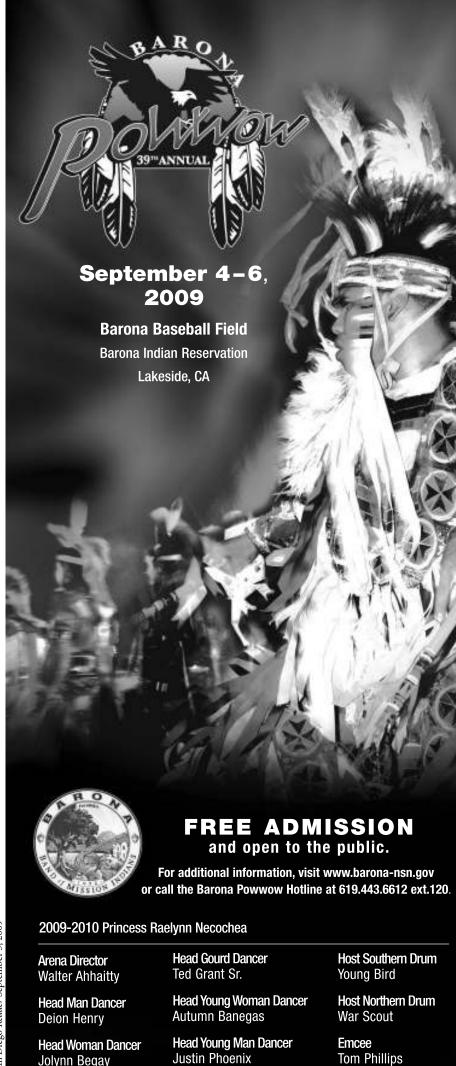


Farzad Yaghouti, MD Global Laser Vision 6950 Friars Rd., Suite 100 Mission Valley 800-438-5274 globallaservision.com

Other categories available for sponsorship include: Acupuncture, Cosmetic Fillers, Hormone Therapy, Permanent Makeup and Eyelid Surgery. Call 619.235.3000 to speak with a sales representative.

The professionals who provide this information are solely responsible for its content. This information does not address all medical situations, nor is it intended to replace a medical consultation. It is provided free, but if calling from outlying areas, you may incur toll charges on your telephone bill.

Jolynn Begay



lighting up my cigarette. I don't give two s***s who is around me. Non-smokers Nazi tacticts took smoking outside of restaurants. I'm fine with that. If I'm forced to eat outside because I can't smoke after my meal, I'll be damned if a non-smoker is going to ask me to put it out. Want clean air? EAT INSIDE!

#3-Other than the previous example, I'm VERY conscientious to non-smokers when walking around outside. I'm REALLY pi\$\$ed about the new smoking ban in bars in Wisconsin. If I owned a bar, I would put up a sign saying that non-smokers WILL be ignored. It's time for America to start acting like a FREE goddamn country again.

Posted by PistolPete on Aug. 26, 4:15 p.m.

What America is rapidly forgetting is that this country was built by tobacco. No tobacco, no country. The amount of history this country"forgets"is amazing to me. We've made it affordable to have all volumes of an encyclopedia at our fingertips but all people want to do all day is send Twits and make gay videos on YouTube. And for those offended by my use of the word gay, F*** OFF AND GET A LIFE!

Posted by kstwk on Aug. 26, 8:26 p.m.

Smokers don't be polite. Let me remind you how this started the anti's, who are funded by Big Pharma, started with the airlines. No smoking under flights of two hours, then four hours and now none, not even in the airports.

Then they moved to the restaurants asking could we have a nonsmoking section, please? So we then had smoking and nonsmoking sections. Once they got that it still wasn't enough, next it was banned in public buildings, then workplaces, then restaurants "for the workers." Implying, of course, that people are too stupid to be able to choose to enter or work in a smoking establishment.

In many places you can't smoke inside or outside. Does that satisfy the bullies - no! Now there is a movement to ban smoking in your own private car and single family house! When will it stop - when tobacco is taken off the shelves and is no longer legal to purchase or produced!

The goal by the World Health Organization is just that and they expect to accomplish it by 2020.

The formula for banning tobacco is now in place for obesity and alcohol.

As long as Big Pharma (who has deep pockets) produce drugs to make you stop smoking, lose weight and stop drinking it will continue, unless you find your backbone and start saying enough is enough!

Do we want a government that is free from tyranny or a nanny state that will control your behavior because it is profitable for Big Pharma, the state, and the federal coffers?

If you keep putting your head in the sand and believe everything that is printed or said by the media and do not follow the money trail this country will no longer be free!

If it is legal there should

not be any prohibition. And if someone tells you to stop smoking, or stuffing your face because you are fat, or put down that beer because it isn't healthy tell them to mind their own business and get a life that doesn't impinge on yours.

Posted by siregadget on Aug. 26, 10:34 p.m.

Hi, I am gonna smoke anywhere I want- But-Children should NOT be involved with my smoke or even see me or my smoke- I don't want to get them started to do whats is wrong — BUT this smoking LAW is wrong IF I am outside smoking -ya okay I'm outside- but if my smoke goes near someone that does not like it I will try to move or ____ these non smokers are making this law worse- it should be if I'm down at the beach smoking in the sand - no kids are around -good to smoke - but If I drop my butt IN the sand or anywhere GIVE me a big ticket fine this law has gone bad for us smokers — UNFAIR!...

HEALTH AND BEAUTY

Talent Update:

21-year-old Danielle from Rancho Santa Fe was recently photographed for **ROXY** and will appear in their next advertising campaign.

"We maximize potential without compromising health, values or education.

No experience or fees required





Conservative Management 1255 Coast Blvd. La Jolla • 858-456-9189



Weddings • Birthdays • Wine Tours Casino Specials • Quinceañeras & more

619.401.7200 flamingolimo.com



Your Welcome TO IT

Thursday | 3

PROTECT YOURSELF AND YOUR WALLET



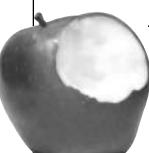
No one should be taken advantage of, at any age.
Learn how to avoid being a victim at this semi-

nar presented by San Diego County's Aging and Independence Services. Lunch will be provided at this free event for those who reserve a seat. See **LECTURES**, page 74.

MIX ROUNDTABLE: PART 2

Get into the mind of the creators as local architects and designers
Sebastian Mariscal, Lloyd Russell,
Jennifer Luce, and Jonathan Segal discuss their work, currently on exhibit at the Museum of Contemporary Art in La Jolla. See **LECTURES**, page 74.

Friday | 4



APPLES IN AUTUMN

Julian may be known for apple pies, but the city is also home to many artists. The Julian Arts Guild

Labor Day show and sale hosts a reception at which visitors can view works in glass, clay, wood, oils, water-color, photography, and jewelry.

See **SPECIAL**, page 69.

BARONA POWWOW

Learn more about America's indigenous people at this three-day festival. Native Americans from across the country gather to showcase traditional tribal dances, music, authentic cuisine, handcrafted arts and jewelry, and more. See **SPECIAL**, page 69.

Saturday | 5

GLOBAL COMMUNITY MARKET

Think globally, act locally — and shop both! More than 30 local and global vendors gather to hawk "authentic cultural creations such as hand-made Peruvian sweaters, Acholi beaded jewelry from Uganda, and Asian scarves and purses" at the Poinsettia Village shopping center. See **SPECIAL**, page 70.

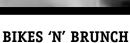
SHORTS — NOT OF THE SPANDEX VARIETY!

The Museum of Photographic Arts hosts this Bicycle Film Festival with short and feature films to reflect the diverse experiences of bicyclists. See **FILM**, page 72.

Sunday | 6

HAWAIIAN PLUMERIA FESTIVAL

Colorful tropical flowers are on display at this annual flower show hosted by the Southern California Plumeria Society at Balboa Park. Enjoy Hawaiian music, smell fragrant blooms, and view the prize-winning blossoms. See **SPECIAL**, page 69.



Don't forget to pack your swimsuit before riding your bike to the "Groove 24/7 Brunch" for bike enthusiasts, held at the Pearl Hotel. Fee includes entrée, "endless mimosas," and music by Groove 24/7 online-radio DJs.
See **FOOD & DRINK**, page 73.

Monday | 7

"TIME FOR LUNCH" EAT-IN

This Labor Day, ditch the chips and beer for foods of a healthier variety. Join Slow Food Urban San Diego at this potluck to promote reforming

the Child Nutrition Act,
and help by bringing
your own slow
food to
share.
Activities and
speakers provide
entertainment and
information for all
ages. See **FOOD &**

DRINK, page 72.

Tuesday | 8

SURVIVING THIRD WORLD DESTINATIONS

Few of us can afford to jet around Europe, so many are setting their

travel sights on alternative locales. Christopher Blin, author of *Swimming to Angola*, can teach you "how to drive the length of Africa while avoiding machine guns and shakedowns at border crossings" at this three-course wine-paired dinner. See **FOOD & DRINK**, page 72.

Wednesday | 9

THE WYRM KING

With this release of the conclusion to the *Spiderwick Chronicles*, kids can learn what fate is in store for the characters at the Spiderwick Estate. Holly Black and Tony DiTerlizzi, authors of the series of books on which the popular movie is based, will be signing their latest creation at Mysterious Galaxy Books. See **FOR KIDS**, page 73.



Local Events page 68 | Outdoors page 68 | Classical Music page 71 | Galleries page 73 | Museums page 77 | Pop Music page 82 | Restaurants page 105 | Theater page 121

ROAM--RAMA | A Guide to Unexpected San Diego and Beyond | by Jerry Schad

yles Peak is just one bump in a series of several distinct high points stretching between Cowles Mountain and Fortuna Mountain in East County's Mission Trails Regional Park. Collectively, the high points make up a small mountain range labeled "Long Mountain" on old maps. The entire range consists of granitic rocks that have been uplifted by geologic forces over many millions of years. Just north of Pyles Peak, there's a deep notch in the range, where Mission Gorge Road passes through, and farther north is an even deeper notch — Mission Gorge — where the San Diego River has spent millions of years carving its way clear through the steadily rising "Long Mountain."

A long and tiring out-and-back trek (involving a total elevation gain and loss of 2000 feet!) will get you to the rocky summit of



View from Cowles Mountain at dawn

Pvles Peak, where you can enjoy a well-earned view east toward Santee and west toward the ocean. First, though, you have to climb Cowles Mountain -1591 feet, the highest elevation within the city limits of San Diego.

Drive out to the main Cowles Mountain trailhead. which lies at the northeast corner of Navajo Road and Golfcrest Drive in the San Carlos district of San Diego. The zigzagging trail ahead is popular with hikers and dog-walkers, but no mountain bikes are allowed on it. Climb steadily for 1.4 miles to the top of Cowles, then set your sights on Pyles, which lies more than a mile northward. From the edge of the service road just north of the Cowles summit, find and follow the nicely maintained trail leading north toward Pyles Peak.

Immediately, you leave about 98 percent of the hiker traffic behind and begin a serene descent to a 1230-foot saddle just north of the 1591-foot Cowles summit. From that saddle vou climb upward. bending around some switchback corners to gain the ridgeline about midway between the Cowles summit and Pyles Peak. You pass a side-trail leading east to a rather modest view point, good for some privacy perhaps, but little else. The Pyles trail continues north, a little to the west of the ridgeline, and gradually loses elevation. Chaparral-clad slopes fall away on your left to the curving streets and toylike houses of suburbia, which seem to lap at the foot of the mountain. On mornings when a low-elevation marine layer blankets the lowland

and the suburban sprawl disappears, the distant. rumbling roar of traffic floats up and reminds you of your place amid the city.

Nearing Pyles Peak, you reach a saddle where the trail bends left and contours west. After another 0.1 mile you come to a junction. The trail straight ahead leads to a nearby dead-end and a fence that discourages further travel in that direction. The trail to the right heads straight up to the Pyles Peak summit, 0.2 mile away. Enjoy the view. then be ready to retrace your steps, which of course will involve a reverse ascent of Cowles Mountain.

This article contains information about a publicly owned recreation or wilderness area. Trails and pathways are not necessarily marked. Conditions can change rapidly. Hikers should

COWLES MOUNTAIN TO PYLES PEAK

Traverse the crowning ridgeline of Mission Trails Regional

Distance from downtown San Diego: 14 miles Hiking/biking length: 5.2 miles round trip **Difficulty:** Moderately strenuous



be properly equipped and have safety and navigational skills. The Reader and Jerry

Schad assume no responsibility for any adverse experience.

OUTDOORS

Summer Thundershowers,

having blessed the eastern margin of San Diego County with welcome, if spotty, precipitation of late, have triggered a minor growth spurt among certain kinds of vegetation. In the desert, for example, the spidery ocotillo can grow an instant crop of green leaves after a storm, only to drop them two or three weeks later if no further rain arrives. The distribution of greenleaved ocotillos tells not only where rain has recently fallen, it also indicates where the runoff has collected and remained for enough time to be absorbed by the ocotillo's root system. Various cacti may also benefit from the downpours; barrel cacti expand in girth by soaking up water, and the pads of the beavertail cactus plump up like overstuffed pillows.

The Chaparral, the tangled assortment of low-growing, drought-resistant, native shrubs covering much of San Diego County's lower mountain slopes, has managed to remain fairly attractive this summer. Unlike many of the scrubby natives near the coast, chaparral plants tend to hang on to their leaves year-round. This month, the coppery, sun-burnished remnants of last spring's flower clusters are still clinging to the tips of buckwheat and chamise plants, and a few wildflowers have popped up here and there in response to recent thunderstorm activity over the mountains. To enjoy the beauty of the chaparral landscape, explore the hillsides above Lake Morena and along Lyons Valley, Japatul, and Boulder Creek roads in East County. Or head inland from Escondido toward Ramona or Valley Center. Most of these areas have been swept by one wildfire or another over the past few years, but the native vegetation is gradually returning.

September's Full Moon rises majestically from the eastern horizon on Friday, the 4th, at around 7:10pm, only a few minutes after the time of sunset. If the skies are nearly cloud-free and there isn't too much coastal haze, try observing this moonrise event from the northern shoreline of Shelter Island, on San Diego Bay, As the sun drops behind Point Loma, the west-facing facets of several mirrored buildings downtown will reflect its golden light straight back toward Shelter Island. In the gathering gloom, the moon will pop up directly behind some of the tallest buildings in San Diego. As the twilight deepens, notice the gleaming planet Jupiter hovering over the southeast horizon, above and to the right of the moon.

The Planet Saturn becomes "ringless" on the same day as the September full moon: September 4. This is to say that on that date Earth passes through the plane of Saturn's

razor-thin ring system, rendering the rings virtually invisible - even through telescopes. A ring-plane passage has not taken place since 1996, nor will it occur again until approximately 15 years from now. Unfortunately, this year's event is virtually unobservable, as Saturn is currently setting only about onehalf hour after the sun does.

"The New Old Town" "Yet another transformation is taking place, this latest more relaxed and colorful than the historically correct version." What does this mean? Find out when Walkabout explorers take casual, one-hour stroll on flat terrain, followed by optional lunch (bring money) and Mexican dance performance. Meet at flagpole in center of plaza. 619-231-7463. Saturday, September 5, 11am; free. Old Town State Historic Park, 4002 Wallace Street. (OLD TOWN)

Balboa Park Architectural Tours San Diego Architectural

Foundation hosts tours highlighting Spanish Colonial Revival buildings constructed for 1915 and 1935 International Expositions in Balboa Park. Tours start in front of Museum of Man. 619-232-1385. Saturday, September 5, 10am; \$8-\$15. 10 and up. San Diego Museum of Man, 1350 El Prado. (BALBOA PARK)

Birding the Lagoon Audubon Society bird watchers head out with Barbara Moore. Meet at gate across from water treatment facility. 858-755-7133. Saturday, September 5, 8am; free, San Elijo Lagoon Ecological Reserve, 2710 Manchester Avenue, (CARDIFF)

California Native Plant Society Walk Bring binoculars and drinking water. 858-581-9944. Sunday, September 6, 9am; free. Tecolote Nature Center, 5180 Tecolote Road, (CLAIREMONT)

Discover Magnificent Beauty! Nature walks led by trained naturalist. "Marvel at the reawakening vegetation throughout the reserve and be enchanted by fabulous flowers along the trails," 760-436-3944. Saturdays, 10am; free. San

Elijo Lagoon Ecological Reserve, 2710 Manchester Avenue. (CARDIFF)

Guided Nature Walk Learn about birds and plants of the area during outing beginning at "comfort station" on west side of park (5250 Regents Road). Bring binoculars, drinking water. 858-581-9961. Saturday, September 5, 9:30am; free. Marian Bear Memorial Park, Highway 52 and Genesee Avenue. (CLAIREMONT)

History Walk Offshoot Tours offers hour-long history walk, blending Balboa Park history with its wealth of architectural and botanical treasures, 619-235-1121, Saturday, September 5, 10am; free. Balboa Park Visitors' Center, 1549 El Prado, (BALBOA PARK)

Native Plant Walk California Native Plant Society botanists lead walk through Peñasquitos Canyon in search of toyons, sage, and other native plants of our local environment. Learn of plant adaptations to the annual months-long drought. Meet in preserve parking lot at intersection of Black Mountain and Mercy Roads (last parking

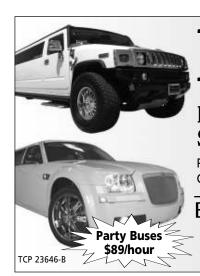
Travel & **Getaways**



The Bahia Belle runs Friday and Saturday nights. Cruises begin at 6:30PM. \$10 PER PERSON

> THE BAHIA BELLE

For cruising schedule, call 858.539.7779 www.sternwheelers.com



FREE Del Mar Races

Call for information.

Kids' Birthday Temecula Special \$250

Wine Tours 5299

Plus: Birthdays, Bachelor(ette) Parties, Concerts, Corporate Events and more!

ACKONYX. INC.

Russos & Balagis 619-588-4009 • 866-562-8301 www.russoslimo.com

Gather No Moss | travel stories and tips from our readers



Borrego Springs

jaunt down Borrego Springs Road a

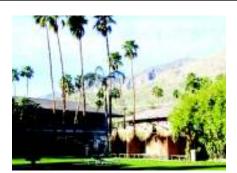
couple of miles to Galleta Meadows, a privately owned estate, and a surreal menagerie of gigantic metal creatures by sculptor Ricardo Breceda appears in the midst of the desert. Imagine coming upon them by chance as I did. I could hardly believe my eyes. I got out of my car and walked among them. Not another soul was in sight. I listened to the wind blowing through scrap-metal dinosaurs, camels, mammoths, and giant sloths, grinding and groaning as if the creatures were about to spring to life. A prehistoric saber-toothed tiger leaps over cactus and across the sands, chasing a wild horse. Frozen in time, like a bizarre ancient drama, this desert safari awaits you right here in Galleta Meadows.

I stayed at the 21-unit Stanlunds Resort Inn and Suites, a 1950s-style oasis at 2771 Borrego Springs Road. Maythrough-September off-season rates range from \$50 to \$90 a night; for a longer stay, they offer reasonable weekly or monthly rates. For \$10, my black poodle "Angel" was welcome too. Call 760-767-5501 for reservations or email frontdesk@stanlunds.com.

Palm Springs

By Lisa Duclo

Visiting Palm Springs is like getting two vacations in one weekend. Enjoy a cool dip in the pool at Caliente Tropics Resort, a hip, mid-century-era Hawaiian-style motel complete with poolside cabanas and tikis, for about \$80 per night. On the second day, the Palm



Caliente Tropics Resort

Springs Aerial Tramway will whisk you to the top of Mt. San Jacinto for \$22.95 round-trip. Stroll in the snow and take in breathtaking views of the desert floor

In between, you can enjoy a bounty of fabulous restaurants and exciting nightlife. For a sublime breakfast, go to Elmer's for hazelnut-stuffed French toast, Cafe Totonaca for tasty vegetarian fare, or Rick's for massive loaded omelettes. For lunch, Tyler's Burgers is a must. For amazing Mexican dinners, try Las Casuelas Terraza or El Mirasol. For more fun in the sun, tour the Elvis Honeymoon Hideaway for \$35. Finally, check out Sonny Bono's statue and Liberace's star on the walk of fame, then sample the best date shakes ever at Palm Springs Fudge and Chocolates downtown.

\$25 for your travel tips — tell us about your stay in Bonsall or Bangkok. Go to SDReader.com/travel

Galleta Meadows,

By Bonnie Maffei

Located 78 miles east of San Diego, Borrego Springs and Anza-Borrego Desert State Park are popular springtime destinations for wildflower lovers. But take a



dreadrea: Photo of a building on a street in Brooklyn



bookishsue: Our first day in the UK, driving across the New Severn Bridge into Wales



BonnieMaffei: Rent-a-Pole! San Clemente Pier, San Clemente, CA

lot before park headquarters, by trails and information sign). 619-297-2957. Saturday, September 5, 10am; free. Los Peñasquitos Canyon Preserve, 12020 Black Mountain Road, (SORRENTO VALLEY)

the bridge as well as the city.

Mango: On the northeast side of the

Golden Gate Bridge there is a free

parking lot from which you can take

some wonderful photos of the span of

Nature Explorers All ages invited to learn facts about reptiles, native fauna and flora, and explore changes at dusk, using senses and flashlights (bring yours). Reservations: 619-582-6261. Friday, September 4, 6pm; \$5. Kumeyaay Lake Campground entry station, Two Father Junípero Serra Trail. (SANTEE)

Nature Walk in Color Enjoy trail guide-led interpretive walk winding through the subtle color pallet in park's diverse ecosystems. Learn about plant and animal habitats, survival skills, through stories and facts, 619-668-3281. Saturday, September 5, 9:30am; Sunday, September 6, 9:30am; Wednesday, September 9, 9:30am; free, Mission Trails Regional Park, One Father Junípero Serra Trail. (SAN CARLOS)

SPECIAL

"Apples in Autumn" Julian Arts Guild Labor Day show and sale opens with reception. View exhibition of works in glass, clay, wood,

oils, watercolor, photography, jewelry, more by Julian artists through Monday, September 7 (10am-6pm). 760-765-0484. Friday, September 4, 10am; free. Julian Town Hall, 2129 Main Street. (JULIAN)

"Fur, Feather, Fin" Sylvia Isely-Aguilera plans celebration service in honor of "the life of my angel dog, Leon Redbone, and all of our pets, past and present." Bring photograph or memento of your own pet for blessing by Reverend John Poleski. Leave pets at home. Proceeds benefit four animal charities. Donation. RSVP by September 7: 619-244-2337. Wednesday, September 9, 6pm, San Diego Center for Spiritual Living, 1009 G Street. (DOWNTOWN)

In-Room Jacuzzis

Hiking, massage, fine dining, cabins. Near Golden Acorn Casino. Air conditioning & HBO. Breakfast/dinner packages, \$129.

Live Oak Springs Resort Call us, 619-766-4288 or visit: www.liveoaksprings.com

"Hawaiian Plumeria Festival"

Southern California Plumeria Society hosts annual flower show, sale in room 101. Enjoy Hawaiian music, smell fragrant blooms, view prize-winning blooms in judged show. Bloom table with identified flowers of every color on display. Hundreds of plants for sale. Members available to answer culture questions. 619-461-5942. Saturday, September 5, 10am; Sunday, September 6, 10am; free, Casa del Prado, El Prado, (BALBOA PARK)

"Tiki Island 3" Closing reception for international group showing (which opened August 1) of Polynesian-inspired works and the creative process, 858-488-4924, Friday, September 4, 6pm, Freaky

BIG BEAR COOL CABINS

1-800-550-8779

Relaxing Getaway Just 2 hours from San Diego. 11 unique log cabins nestled among pines and cedars in the San Jacinto Mountains. From \$74 plus tax. Reservations required.

Edelweiss Lodge 951-659-2787 • www.1cabin4u.com

Boutiki, 3742 Mission Boulevard. (MISSION BEACH)

"Vino and Vinyasa" Enjoy complimentary yoga class, then mingle with glass of wine and watch sunset. Lululemon provides "celebrity yoga instructors for each event." No cover. 619-398-3092. Thursday, September 3, 5:30pm; free. 21 and up. W Hotel, 421 West B Street. (DOWNTOWN)

Barona PowWow Native Americans from across country gather to showcase traditional tribal dances, music, hand drum contest, authentic Native American cuisine, handcrafted arts and jewelry. On Saturday and Sunday, gourd dancing (1, 6pm), grand entry (7pm). Events take place at Barona baseball field (one mile north of Barona Resort and Casino). 619-443-6612. Friday,

September 4, 6pm; Saturday, Sep-

Travel & Getaways



Voted most romantic. In-room Jacuzzis. Full breakfast.
Wedding & reception site. Near casinos & wineries. North County, San Diego www.adreamcastle.com

760-742-3306

tember 5, 1pm; Sunday, September 6, 1pm; free. Barona Cultural Cen-



Labyrinth Sacred Rocks

Natural beauty year-round. Retreat to our 163-acre nature playground.

Comfy vacation cottages Special \$80/night **Monday-Thursday** in September.

Weekends \$98/night. Swim, hike, write, camp, photograph, meditate, sleep late, see wildlife.

619-766-4480

SacredRocksReserve.com



Advance Your Career... Increase Job Marketability

USD's accelerated Paralegal Certificate Program can have you working in as little as 4 months! Career opportunities with law firms, banks and government agencies.

Day & evening programs available.

Information Session: Tues., September 22, 6:30 pm

Learn about curriculum, financial aid and employment opportunities.



www.sandiego.edu/paralegal 619-260-4579

Calendar LOCAL EVENTS

HOW TO SEND US YOUR LISTING: Contributions must be

received by 5 pm Friday the week prior to publication for consideration. Do not phone. Send a complete description of the event, including the date, time, cost, the precise address where it is to be held (including neighborhood), a contact phone number, and a phone number (including area code) for public information to READER EVENTS, Box 85803, San Diego CA 92186-5803. Or fax to 619-881-2401. You may also submit information online at SDReader.com by clicking on the events section.

ter and Museum, 1095 Barona Road. (LAKESIDE)

Bring Sketch Materials! Village Faire Art Festival promises COAL Gallery artists exhibiting, demonstrating, selling their work in a variety of media. Live model available both days (1-4 pm). Bring sketch materials; children may use materials available on site. Live music. 760-484-8497. Saturday, September 5, 10am; Sunday, September 6, 10am; free. Carlsbad Oceanside Art League's COAL Gallery, 300 Carlsbad Village Drive #101. (CARLSBAD)

Concentration, Visualization, Meditation Learn techniques for stress reduction, relaxation during free meditation classes, as well as advanced breathing techniques and "essence of yogic philosophy." 619-640-4438. Tuesdays, 7:30pm; through Thursday,

December 31, free. Pilgrimage of the Heart Yoga, 3301 Adams Avenue. (NORMAL HEIGHTS)

Full-Moon Walk on Scripps Pier Explore the pier (normally closed to public) and learn of structure's history, collect plankton, dissect a squid, observe ocean conditions, and study nocturnal habits of marine life. Required reservations: 858-534-7336. Friday, September 4, 6pm; Saturday, September 5, 6pm; \$23. Scripps Institution of Oceanography, 8602 La

Global Community Market

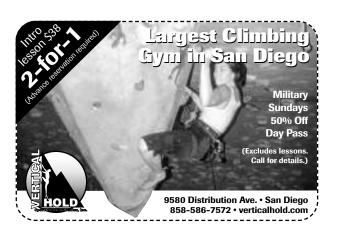
Jolla Shores Drive. (LA JOLLA)

More than 30 local and global vendors gather for market boasting "authentic cultural creations such as handmade Peruvian sweaters, Acholi beaded jewelry from Uganda, and Asian scarves and purses" benefiting low-income artisans, microenterprise programs, fair-trade vendors. 858-964-8852. Saturday, September 5, 9am; free. Poinsettia Village shopping center, 7170 Avenida Encinas. (CARLSBAD)

House of Ukraine Lawn program promises ethnic music, costumes, and dance. 619-234-0739. Sunday, September 6, 2pm; free. House of Pacific Relations, 2125 Park Boulevard. (BALBOA PARK)

KnitNight Gather with fellow fiber artists for social knitting, crochet, spinning. 760-806-6744. Tuesdays, 7pm; free. 18 and up. Clever Knits, 214 South Indiana

Lebanon Today P&R Discussion Group considers current challenges





Sept. 12
10 a.m.-1 p.m.

NEW!

Bachelor of Science in Digital Media Arts

Bachelor of Science in Construction Management Master of Landscape Architecture

NewSchool of Architecture + Design 1249 F Street, San Diego, CA 92101 newschoolarch.edu

Design a better world.

- + Explore the possibilities for your future as an architect or designer.
- Discover a dynamic environment with individual studio spaces, and a faculty of highly experienced, active practitioners.
- Learn how you can benefit from an accredited bachelor's or master's degree program that accommodates work or internship schedules with afternoon and evening classes.
- + Engage with faculty, staff, alumni and other practicing architects.
- Find out how NSAD addresses industry trends with a curriculum that promotes sustainable design.

Spaces are limited! Reserve yours today: 888-409-8548

Accredited Member, ACICS.

to the country. 619-370-1027. Thursday, September 3, 7pm; free. Filter, 4096 30th Street. (NORTH PARK)

Middle-Eastern Drum and Belly-Dance Class Doumbek drumming class for all levels taught by Frank Lazzaro (6-7pm), followed by tribal belly-dance class taught by Sabrina Fox with live drumming (7-8pm). \$12 per class. 760-703-1487. Mondays, 6pm; \$12. WorldBeat Cultural Center, 2100 Park Boulevard. (BALBOA PARK)

More Fun, More Food, More Art! Stroll the neighborhood enjoying delicacies from participating restaurants during Taste of University Heights (\$20), then enjoy self-guided tour of the arts. The fourth annual "UH Arts Open" boasts works by over 100 artists, playwrights, performers, musicians during preview party. Live music by Wendy Bailey. Admission to reception is free; Taste of UH tickets: \$20. 619-508-4075. Friday, September 4, 7pm; free-\$20. Swedenborg Hall, 1531 Tyler Avenue. (UNIVERSITY HEIGHTS)

Open Cockpit Days Climb aboard four historic aircraft at this Marine Corps aviation museum. 858-693-1723. Saturday, September 5, 9am; Sunday, September 6, 9am; free. Flying Leatherneck Museum, Miramar Road (Marine Corps Air Station). (MIRA MESA)

Personal Totems Choose from gallery's tiles, glass, dishes, beads, shells, or bring your own items, to create a mosaic "totem." Fee: \$15 per class, or \$55 for every Wednesday of month. Reservations: 619-593-2205. Wednesdays, 5pm; through September 30. Sophie's Gallery, 109 Rea Avenue. (EL CAJON)

Qi Gong Meditations Healing meditations with Qi Gong and oriental medicine practitioner Dawn Asher on alternating Tuesdays. Donation. 917-620-2666. Tuesday, September 8, 7:30pm. Dwell Sanctuary, 3752 Third Avenue. (HILLCREST)

CLASSICAL MUSIC

"Old Masters of Music and Art" Schola Pacifica performs for series. Included in museum admission (free-\$12). 619-232-7931. Sunday, September 6, 2pm; free-\$10. San Diego Museum of Art, 1450 El Prado. (BALBOA PARK)

"Tchaikovsky and Friends" San Diego Symphony Summer Pops season closes with cannon "shots," fireworks and the 1812 Overture over the bay. 619-235-0804. Friday, September 4, 7:30pm; Saturday, September 5, 7:30pm; Sunday, September 6, 7:30pm; \$15-\$75. Embarcadero Marina Park South, 206 Marina Park Way. (DOWNTOWN)

Bolling Beckons Flutist Adrienne Nims and pianist Sheldon Rosenbaum perform Claude Bolling's "Suite for Flute and Jazz Piano No. 1" for family music program. 858-522-1668. Wednesday, September 9, 7pm; free. Carmel Valley Library, 3919 Townsgate Drive. (CARMEL VALLEY)

Organ Concert Civic organist Carol Williams performs. 619-702-8138. Sunday, September 6, 2pm; free. Spreckels Organ Pavilion, 2211 Pan American Road. (BALBOA PARK)

DANCE

Nobody's Business Graham Hempel calls to tunes by this band for contra dance hosted by San Diego Folk Heritage Beginners' dance workshop: 7:30pm. Wear soft-soled shoes. 619-283-8550. Friday, September 4, 7:30pm; \$7. Trinity United Methodist Church, 3030 Thorn Street. (NORTH PARK)

Swing Classes Firehouse swing school's classes include "Lindy Hop 1" instruction focusing on eight-count basics, and "Lindy 2" classes on partner Charleston (7-8pm). Class fee includes admission to Firehouse swing dance (8-11:30pm) with music by DI Emily

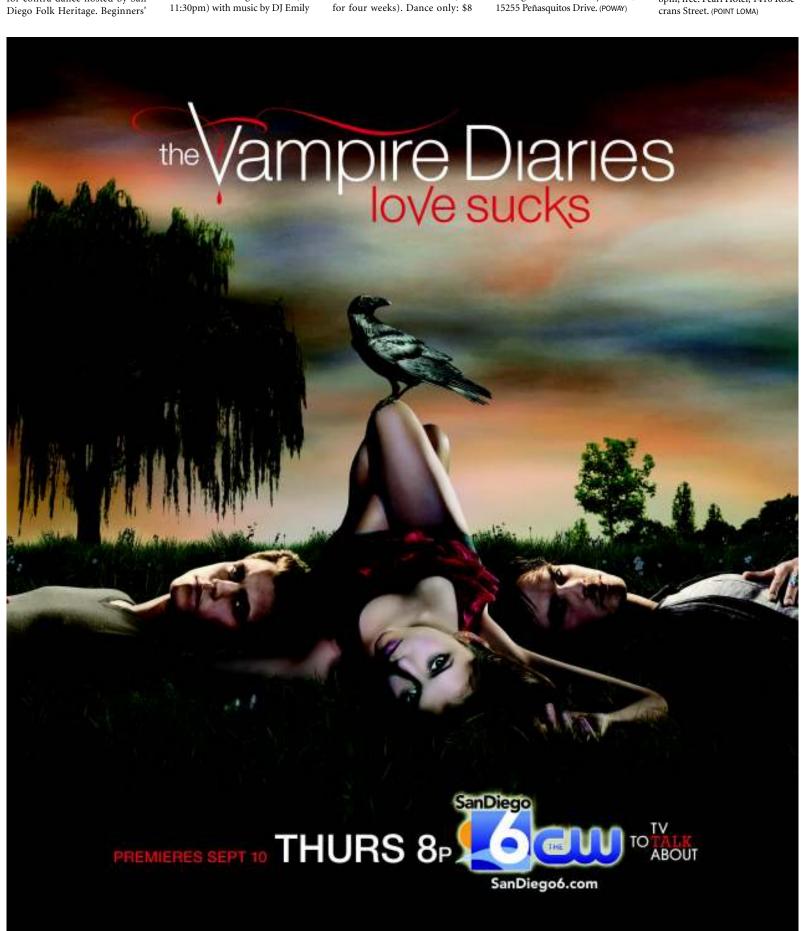
Belt. Fee: \$15 per class or \$50 for four weeks. All ages. 858-395-6060. Wednesday, September 9, 7pm; \$15-\$50. Firehouse Swing Dance, at San Diego Woman's Club: 2557 Third Avenue. (BANKER'S HILL)

Swing Dance Party Community swing dance jams now feature a blues room, two separate dance floors. Dance East Coast, West Coast, jitterbug, swing. Dance lessons for all levels before dance (\$40 for four weeks). Dance only: \$8 general, \$5 for students. 619-291-3775. Friday, September 4, 8pm. Dance for 2, 7528 Clairemont Mesa Boulevard. (KEARNY MESA)

Wranglers Want You! Modern square-dance classes for singles, couples, and families offered by Wranglers Square Dance Club. First class free, \$4 per person thereafter. 858-485-7421. Wednesday, September 9, 7pm; free-\$4. 10 and up. Rolling Hills Elementary School, 15255 Peñasquitos Drive (POWAY).

FILM

"Dive-In Theatre" "Cinema social" combines "eclectic film choices," food, drink, light conversation at hotel's poolside lounge and theater (outdoors). This week, see *An Officer and a Gentleman* (1982). Reservations: 619-226-6100. Wednesday, September 9, 8pm; free. Pearl Hotel, 1410 Rose-





Calendar LOCAL EVENTS

"¡Qué Viva! Cine Latino" Take in *La Misma Luna*, starring Adrian Alonso, Eugenio Derbez, Kate del Castillo, during event hosted by Media Arts Center San Diego. Evenings begin with "Arte Latino" exhibition, live music (6:30pm); followed by screening of short films and feature film (7:30pm). 619-230-1938. Wednesday, September 9, 6:30pm; free. Otay Ranch Town Center, 2015 Birch Road. (CHULA VISTA)

Beyond Hatred Olivier Meyrou's "abstract experiment in humanism" screens for Sunday Matinee series. The aftermath of the 2002 murder of a gay man by three neo-Nazi skinheads in France is subject of film. 619-236-5800. Sunday, September 6, 2pm; free. San Diego Public Library, 820 E Street. (DOWNTOWN)

Man on Wire How was Philippe Petít able to string and walk on a wire between New York's Twin Towers in 1974? Find out when James Marsh's enchanting film screens for Film Forum. 619-236-5800. Wednesday, September 9, 6:30pm; free. San Diego Public Library, 820 E Street. (DOWNTOWN)

Strange Brew The Adventures of Bob & Doug McKenzie screens for Stone Late Night Movies series in

commemoration of release of Stone 09.09.09 Vertical Epic Ale. Bring lawn chairs, blankets. 760-471-4999. Wednesday, September 9, 8pm; free. Stone Brewing World Bistro and Gardens, 1999 Citracado Parkway. (ESCONDIDO)

Shorts — Not of the Spandex Variety! Bicycle Film Festival presented by 42BELOW promises various shorts and feature films reflecting diverse experiences of bicyclists. Highlights include I Love My Bicycle: The Story of FBM Bikes, What's a Girl to Do. The Scraper Bike King, Belle Epoch, many others. \$10 ticket required for each distinct program (beginning at 3, 5, 7, and 9pm). 212-255-6102. Saturday, September 5, 3pm, 5pm and 7pm; Saturday, September 5, 9pm; \$10. Museum of Photographic Arts, 1649 El Prado. (BALBOA PARK)

FOOD & DRINK

"Surviving Third World Destinations" Christopher Blin, author of Swimming to Angola, speaks during dinner program. Learn "how to drive the length of Africa while avoiding machine guns and shake-downs at border crossings." Dinner is a prix fixe all-inclusive three-course menu with wine pairings. Books available for purchase, signing.

Reservations: 858-756-3085. Tuesday, September 8, 6pm; \$50-\$65. Mille Fleurs, 6009 Paseo Delicias. (RANCHO SANTA FE)

"Time for Lunch" Eat-In Join Slow Food Urban San Diego in effort to lobby for reform to Child Nutrition Act. Potluck event includes speakers, activities for children and adults. Bring "a simple, fresh, homemade dish to share; a real (nondisposable) plate, silverware, and cup; blanket or chairs." 718-260-8000. Monday, September 7, 11am; free. WorldBeat Cultural Center, 2100 Park Boulevard. (BALBOA PARK)

"With or Without Butter"

"Laugh, learn, and taste" in cooking class using organic, natural, local ingredients to make classic dishes. Taught by chefs of Behind the Scenes. Registration: 858-638-1400. Tuesday, September 8, 6pm; \$55. Behind the Scenes Catering Co., 9888 Waples Street. (MIRA MESA)

Fresh Mexico Warwick's Cooking Club convenes for chef Marcela Valladolid, on hand to discuss, sign her new book Fresh Mexico: 100 Simple Recipes for True Mexican Flavor. Tickets include dinner, complimentary wine, signed copy of Valladolid's book (discount for couples willing to share book). Reservations: 858-454-0347. Tuesday, September 8, 6pm; \$60-\$75. Isabel's Cantina, 966 Felspar Street. (PACIFIC BEACH)

Free drinks on us! 1 hour free



All occasions. Airport transportation SD and LA trip packages available. Complimentary bar with champagne, alcoholic beverages, soda & water.

We'll beat any rate... Call now.

*3-hour minimum.

SouthBay Limousine

877-789-8769 • www.SouthBayLimo.net



(858) 688-7276 • www.gohotair.com



San Diego Reader September 3, 2009

Bikes 'n' Brunch Ride your bike to the "Groove 24/7 Brunch" especially for bike enthusiasts. Locals encouraged to lounge by the pool (drink purchase required), so remember your suit. Fee includes entrée, "endless mimosas," music by Groove 24/7.com DJs. 619-226-6100. Sunday, September 6, 10am; \$10. Pearl Hotel, 1410 Rosecrans Street. (POINT LOMA)

Carlsbad Coastal Wine Tasting
Brian Vitek from Carlsbad
Coastal pours "their amazing
wines." 760-591-9113. Friday,
September 4, 5pm; Saturday, September 5, 5pm; \$15. 21 and up.
Vino 100, 133 South Las Posas
Road. (SAN MARCOS)

FOR KIDS

"Our Naturehood" Learn fun facts about lizards and snakes in your neighborhood during Linda Hawley's program for parents and kids (kindergarten-3rd grade). Enjoy songs, trail walk, take-home craft. Required registration: 619-582-6261. Tuesday, September 8, 2pm; free-\$9. 5 and up. Mission Trails Regional Park, One Father Junípero Serra Trail. (SAN CARLOS)

Mother Goose You're invited to Big Joe Production marionette shows. 619-544-9203. Thursday, September 3, 11am, 1pm and 2:30pm; Friday, September 4, 11am, 1pm and 2:30pm; Saturday, September 5, 11am, 1pm and 2:30pm; Sunday, September 6, 11am, 1pm and 2:30pm; Wednesday, September 9, 10am and 11:30am; \$3-\$5. Marie Hitchcock Puppet Theatre, 2130 Pan American Road West. (BALBOA PARK)

The Wyrm King Kids' fantasy authors Holly Black and Tony DiTerlizzi sign the concluding book of their *Spiderwick Chronicles* series. 858-268-4747. Wednesday, September 9, 7pm; free. Mysterious Galaxy Books, 7051 Clairemont Mesa Blvd., Suite 302. (KEARNY MESA)

Lizards and Snakes! Kids (ages two-five) and parents learn "fun facts about lizards and snakes with songs, hands-on materials, short trail walks, and take-home craft" during "Ant-Sized Adventures" led by Linda Hawley. Reservations required: 619-582-6261. Thursday, September 3, 10am; Friday, September 4, 10am; Monday, September 7, 10am; Tuesday, September 8, 10am; free-\$9. 2 and up. Mission Trails Regional Park, One Father Junípero Serra Trail. (SAN CARLOS)

Pet Pals Kids' Club Kids 6-13 have "fun with other animal-loving kids." Required reservations: 619-243-3432. Saturday, September 5, 10am; \$15. 6 and up. San Diego Humane Society and SPCA, 5500 Gaines Street. (LINDA VISTA)

GALLERIES

"Bill Arnold: Itek Prints"
Opening reception for exhibition
by Arnold, who "with his camera...finds poetry in common
everyday occurrences and seem-

ingly prosaic observations." Through Saturday, October 10. 858-456-5620. Saturday, September 5, 5pm; free. Joseph Bellows Gallery, 7661 Girard Avenue. (IA JOLLA)

"Expanding-Eel-Devourer"

Opening reception for installation by artist Alexander Lee, "a former student now exhibiting at an international level." Exhibit includes closing event entitled "Expanding-Eel-Devourer from the Great Fish Changing Skies" on Thursday, October 1, 7pm. Lee's piece references creation myths of Tahiti. 619-388-2829. Thursday, September 3, 4:30pm; free. Mesa College Art Gallery, 7250 Mesa College Drive. (MESA COLLEGE)

"Kinetic Stillness" Opening reception for San Francisco artist Molly McCracken Kumar, whose exhibit of new paintings continues through Saturday, October 10. 858-459-3917. Saturday, Septem-

ber 5, 4pm; free. R.B. Stevenson Gallery, 7661 Girard Ave., Suite 201. (LA JOLLA)

"Ordinary Moments" Reception for featured artists Judy Pike and Camey McGilvray ("Deconstructing Chaos"), as well as "Outstanding Visual Artists" of region. Closes Sunday, October 4. 619-236-0011. Friday, September 4, 6pm; free-\$3. San Diego Art Institute: Museum of the Living Artist, 1439 El Prado. (BALBOA PARK)

"Outside the Box" Reception for artists whose 100 original watercolor paintings are on exhibit through Saturday, September 26. Juror was Vi Gassman. 619-876-4550. Friday, September 4, 5pm; free. San Diego Watercolor Society at NTC Promenade, 2825 Dewey Road #105. (POINT LOMA)

"Places I Remember" Opening reception for exhibition of landscape and plein air oil paintings by artist, author, art teacher Adele Earnshaw. Closes Sunday, October 11. 760-765-1676. Saturday, September 5, 4pm; free. Santa Ysabel Art Gallery, 30352 Highway 78.

"Surf Art" Opening reception for solo art exhibit by graphic designer and artist Jessica Justus. Show continues through September. 760-943-1950. Saturday, September 5, 6pm; free. Downtown Encinitas Mainstreet Association, 818 South Coast Hwy 101. (ENCINITAS)



Art Quilts Opening reception for exhibition of work by Philadelphia artist Emily Richardson. View these works of layered and painted fabric through Sunday, November 1. 619-546-4872. Friday, September 4, 5pm; free. Visions Art Quilt Gallery, NTC Promenade, Liberty Station, 2825 Dewey Rd., Suite 100. (POINT LOMA)

High-End Lowbrow Pop Art!
"The Resurrection of Artists' Alley" party includes guest Michael C. Gross and artists Joey Chavez, David Lozeau, Raymond Lafferty, Dahc1, TiaVamp, Chris "Fotog" Chouinard, the Brothers Washburn, others. 760-757-5503. Saturday, September 5, 6pm; free. JC

Gallery & Studio, 212-C N. Coast Hwy. (OCEANSIDE)

IN PERSON

"United Nations of Comedy"
Show celebrates the diversity of comedy, with Aida Rodriguez, Aurelio Bocanegra, K.T. Tatara, Sam Tripoli, and Roy Wood Jr. Hosted by Mal Hall. 619-544-1000. Sunday, September 6, 8pm; \$15-\$20.
18 and up. Lyceum Theatre, 79 Horton Plaza. (DOWNTOWN)

Ask Yourself This "Spiritual leader" Wendy Craig-Purcell discusses, signs her new book. RSVP: 858-689-6500. Wednesday, September 9, 7pm; free. Unity Center, 8999 Activity Road. (MIRA MESA)

Family Time with Ziggy Ziggy Marley performs selections from his new children's album, which features tracks with Paul Simon, Jack Johnson, Ziggy's mom Rita Marley. 619-233-8792. Saturday, September 5, 3pm; free-\$25. The New Children's Museum, 200 West Island Avenue. (DOWNTOWN)

Les Miserables Fifty teenagers take part in Broadway Theatre Arts Academy's production, directed by Sean Tamburrino. Event in park's amphitheater. 760-888-1989. Thursday, September 3, 8pm; Friday, September 4, 8pm; Saturday, September 5, 8pm; \$12-\$15. Kit Carson Park, 3333 Bear Valley Parkway. (ESCONDIDO)

Vanished Author Joseph Finder discusses his new book. Books must be purchased from Warwick's to be signed. 858-454-0347. Wednesday, September 9, 7:30pm; free. Warwick's Bookstore, 7812 Girard Avenue. (LA JOLLA)

Comics That Kill Stand-up comedy with Mal Hall, Andrew Spano, Jon Allen, Sean McBride, Ed Galvez. Hosted by Jason Bang. 619-255-8635. Monday, September 7, 9pm; \$5. 21 and up. Riley's Music Lounge, 2901 Nimitz Boulevard.

Hinges Improv Comedy Show Enjoy "Prime Time" show, a homage to fall television shows, "and whatever crazy silliness you bring in your suggestions." Troupe performs series of sketches based upon audience suggestions. Los Angeles entertainers Steve Greene and Jason Horton perform. DJ spins tunes at after-party (10pmmidnight). 619-414-7723. Saturday, September 5, 8pm; \$8-\$10. 21 and up. Queen Bee's Art and Cultural Center, 3925 Ohio Street.

International Thriller! Author Brent Ghelfi signs *The Venona Cable.* 858-268-4747. Thursday, September 3, 7pm; free. Mysterious Galaxy Books, 7051 Clairemont Mesa Blvd., Suite 302. (KEARNY MESA)

It's Toy Piano Time! Ninth annual Toy Piano Festival — held on American composer John Cage's birth date — promises some serious chamber music (including Cage's "Suite for Toy Piano," written in 1948). Also on tap: novelty music filled with humor and new pieces from local composers. "Come early...or else you'll have to sit on the floor." 858-822-5758. Saturday, September 5, 2pm; free. UCSD Arts Library, Geisel Library, 9500 Gilman Drive. (LA JOLLA)

Songs Without Music? Bring lyrics to perform as spoken word poetry, or a few poems or short stories prominently featuring the pop song. Lyrics may be your own or from your favorite authors. 760-480-4101. Sunday, September 6, 1pm; free. Escondido Municipal Gallery, 142 West Grand Avenue. (ESCONDIDO)

Squeaky-Clean Comedy! Family-friendly shows for all ages. 858-433-1457. Saturdays, 7pm; \$5. Naveed's Comedy Club at Bella Roma Pizza and Restaurant, 6830 La Jolla Boulevard #103. (LA JOLLA)

LECTURES

"MIX Roundtable: Part 2" Architects and designers Sebastian Mariscal, Lloyd Russell, Jennifer Luce, Jonathan Segal discuss their work, followed by roundtable discussion. 858–454-3541. Thursday, September 3, 7pm; free-\$5. Museum of Contemporary Art San Diego, La Jolla, 700 Prospect Street. (LA JOLLA)

"Music Biz 3.0" Seminar hosted by "IAmHypeOnline" to help musicians, industry professionals use social networking and multimedia technology to gain exposure, generate revenue. Topics include branding, fan-base development, merchandising, marketing with social media platforms. 888-786-7959. Tuesday, September 8, 7pm; \$10. Spring Valley Community Center, 8735 Jamacha Boulevard. (SPRING VALLEY)

"My Ancestors Were from England — That's All I Know!" Fred Spong shares successes, failures, disappointments of his English research with Computer-Oriented Genealogy Group sponsored by North San Diego County Genealogical Society. Nonmembers welcome. 760-967-8635. Tuesday, September 8, 10am; free. Carlsbad City Council Chambers, 1200 Carlsbad Village Drive. (CARLSBAD)

"Off the Wall" Artist lecture and tour by Philadelphia fiber artist Emily Richardson, whose creative

process "balances intuitive and thoughtful responses." Slide lecture and gallery walk-through include progression of Richardson's development, themes, influences, starting points, more. 619-546-4872. Saturday, September 5, 1pm; \$10. Visions Art Quilt Gallery, NTC Promenade, Liberty Station, 2825 Dewey Rd., Suite 100. (POINT LOMA)

"Photography 101" Three-day workshop led by John Thurston explores understanding and manipulating light, composition and framing subjects, operating your camera and its controls, preparing images for output. Class continues September 10 and 11. Materials fee: \$8. Registration: 619-223-0058. Wednesday, September 9, 3pm; \$74-\$86. 16 and up. Bravo School of Art at NTC Promenade, 2690 Decatur Rd., Studio 206.

"Protect Yourself and Your Wallet" Attend seminar to "avoid becoming a victim." Presented by Aging and Independence Services, San Diego District Attorney's Office. Comfortable clothing recommended. Lunch provided. Required reservations: 800-510-2020 x4. Thursday, September 3, 11am; free. Allied Gardens-Benjamin Library, 5188 Zion Avenue. (ALLIED GARDENS)

"The Way We Were on Broadway" Take "affectionate look back" at Lemon Grove's early businesses during discussion hosted by Lemon Grove Historical Society for "History Alive" lecture series. Question and answer fol-



Free seminar for

Alternative Health Practitioners

and Earth-Conscious Businesses

With everything new in business.

things can seem a little contorted.

Your Internet Marketing shouldn't be.

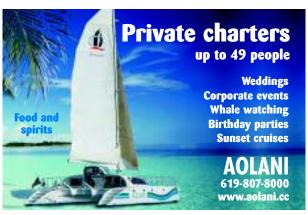
Find new clients on the web!

With 135 million websites, don't get lost.

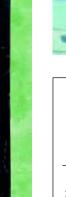
Join us for a FREE presentation on how to attract,

engage and retain new clients...contortion-free!

When: Tuesday, September 8, 2009 at 6:30 pm







To place your ad in the Wedding Guide, call 619-235-8200.

Wedding Guide

Affordable Customized Wedding Ceremonies

Church services or barefoot on the beach. Call 858-350-1053. See www. personalizedweddings.zoomshare.com E-mail sjwallace1053@yahoo.com.

Best Quality, Best Prices Your Bridal Jewelry Store

Large selection of gold & diamond wedding sets. We specialize in custom designs. 619-670-0700. Kenz Jewelers, 2522 Jamacha Road.

Bridal Bazaar Sunday, October 4

Del Mar Fairgrounds, 10am-4pm. Over 250 exhibitors with everything for your wedding. Info, coupons, www.bridalbazaar.com.

Photo, Video, DJ & Planning Services For All Occasions!

Affordable, high quality services for any event, for any budget. www.azulproductions.com. 619-246-0915, 760-224-8287.

Photography By Calvin

Professional service, beautiful photos. 619-253-4245. 24 years' wedding experience. Discounts available non-Saturday dates and military. www.visualcelebrations.com.

We Love What We Do! Brides & Grooms Like You

have trusted Kellerman Photography to capture their special moments for over 20 years. We are personable, experienced & affordable! Big discounts: \$500-\$1000 off all packages. 760-505-8900, 858-775-2601. SanDiegoWeddingPhotography.com.





www.SDReader.com/wedding







Important hangover breath tip:

Never sleep face to face.



Could you sleep with 150 other guys only a few feet away?

In the middle of the ocean? With no air conditioning? Experience the USS Midway Museum.

- Over 60 exhibits including the enlisted men's sleeping quarters!
- · 25 restored aircraft
- · Optional flight simulators
- Admission includes a powerful self-guided audio tour narrated by Midway sailors



Live the Adventure, Honor the Legend



Face to Face

910 N. Harbor Drive (Downtown San Diego) (619) 544-9600 • www.midway.org

Limit 4 per coupon Expires September 30, 2009 Not valid for special events



Open Daily, 10 a.m. - 5 p.m.

Last admission at 4 p.m.

910 N. Harbor Dr. (Downtown San Diego)

(619) 544-9600 www.midway.org



an Diego *Reader* September 3, 2009 **7**

BIRCH AQUARIUM ATSCRIPPS



WHERE THE SUNSET ALWAYS ROCKS!

September 16, 2009 6-9 p.m.

Enjoy live music, food, and drinks on our intimate, outdoor plaza overlooking the ocean.

The last concert of the season is...

Wednesday, September 16
VENICE
Soaring rock, pop, and
folk-rock harmonies

RSVP: 858-534-4109

Ages 21 and up; 6-9 p.m.

Public: \$20/concert

Aquarium Members: \$15/concert Walk-in Admission: \$25/concert

> Join us next summer for another great season!





SERIOUS MOUT OUR POOD. CANDY MOUT OUR MEE

San Diego County TOYOTA DEALERS

Aquarium admission, concert, and parking are included.

858-534-FISH

aquarium.ucsd.edu

Calendar LOCAL EVENTS

lows. 619-460-4353. Thursday, September 3, 7pm; free. H. Lee House Cultural Center, 3205 Olive. (LEMON GROVE)

Finding Funding City of San Diego Commission for Arts and Culture hosts workshop to inform public about application and review processes for "FY 2011" funding for arts and culture programs. Workshop topics include eligibility requirements, eligible programs and services, how to apply, funding restrictions, matching requirements. Learn about the organizational support program (OSP) in museum's Coast Room. RSVP: 619-236-6788. Wednesday, September 9, 2:30pm; free. Museum of Contemporary Art

San Diego, La Jolla, 700 Prospect Street. (LA JOLLA)

Meet a Crime Scene Investigator Ann Marie Shafer, a criminalist with the San Diego Sheriff's Crime Lab, addresses Sisters in Crime. Shafer has ten years' experience as a specialist in body fluid identification and DNA analysis. 760-585-5383. Thursday, September 3, 7pm; free-\$3. Joyce Beers Community Center, 4065 Vermont Street. (HILLOREST)

Seldom Seen James Grebl discusses museum's collection of autochromes, with selections from its collection not typically on view to public. Autochromes, color transparencies on glass produced with dyed potato starch, are among earliest color photographs ever made. 619-696-1978. Thursday, September 3, 7pm; \$5-\$10. San Diego Museum of Art, 1450 El Prado. (BALBOA PARK)

What's Really Happening in Honduras? Does it matter? Activist, author Blase Bonpane speaks on the military coup for "Matters of Controversy" series. Bonpane is "known for his work against human rights abuses and against U.S. intervention in Central America." Book signing of Civilization Is Possible follows. Donation. 858-459-4650. Tuesday, September 8, 7pm. First Unitarian Universalist Church of San Diego, 4190 Front Street. (HILLCREST)

SPORTS

Swim Oceanside Swim Club hosts event with one-mile course beginning and ending on the beach. Check-in begins at 7:30am, ends at 8:20am. First heat: 8:30am. 760-435-1031. Monday, September 7,

7:30am; free. Oceanside Pier, Mission Avenue and Pacific Street. (OCEANSIDE)

Elfin Forest Bicycle Ride San Diego Bicycle Touring Society riders head out for scenic 70-mile adventure. 858-277-0799. Sunday, September 6, 8:45am; free. Doyle Park, 8175 Regents Road. (UNIVERSITY CITY)

Fernando Gutierrez Memorial Cup Finals San Diego Polo Club hosts competition and "7th Chukker Party." Preliminary matches at 1:30pm, feature match at 3pm. Parking: \$5. 858-750-6841. Sunday, September 6, 1:30pm; \$10-\$25. San Diego Polo Club, 14555 El Camino Real. (RANCHO SANTA FE)

Full-Moon Paddle on Mission Bay Gain introduction to kayaking and enjoy scenic nighttime tour of one of San Diego's most beautiful playgrounds. Fee includes equipment and paddling in-









\$125* Tandem



- * Scenic flights over the ocean and downtown San Diego
 - * Jump from altitudes over 2 miles above the ground
- * Ask about RVT video technology

Call or go online for reservations.

(619) 661-0194 www.pcskydiving.com

Open 7 days a week • MC/Visa Gift certificates available.

*Must purchase \$70 video (\$195 total cost). Weekdays only. Add \$20 for weekend jumps.





Largest tiki store on the West Coast! 9-foot Palapa Structures \$690 • Bamboo Furniture • Thatch • Tikis Masks • Tropical Decor • Nautical Decor



\$30 off any \$100 purchase Must bring ad.

Mainlanders

6195 University Ave. (at College) (866) 384-4479 www.tropicaltikis.com





Clothing optional beyond this point.

Take a break from the ordinary!

DE ANZA SPRINGS
CLOTHING OPTIONAL RESORT

FREE Guest Pass

First-time visitors with this ad. Or go online to: www.deanzasprings.com 1951 Carrizo Gorge Road, Jacumba, CA 91934 619-766-4301 • stay@deanzasprings.com





Latin for Homeschoolers

Grades 2-12 (must be able to read English at least 2nd-grade level)

Wednesdays 11-11:45 a.m.

Our Lady of the Rosary Parish

(Italian Community Center classrooms-behind the church) State and Date Streets, downtown San Diego

Phenomenon of Language text used for lower grades,
Jenney textbook for upper grades.
Only charge is cost of textbooks.
First class is Wednesday, September 9, 11 a.m.

Information: 619-235-3000 ext. 222 • E-mail: materdomo@aol.com



struction. Reservations: 619-255-0203. Thursday, September 3, 7pm; \$20-\$65. 6 and up. San Diego Natural History Museum, 1788 El Prado. (BALBOA PARK)

Snorkel with Sharks! Adventures among harmless leopard sharks, guitarfish, and smoothhound sharks during outing hosted by Birch Aquarium-Museum. Reservations: 858-534-7336. Sunday, September 6, 8am; \$30. 10 and up. La Jolla Shores, 8200 Camino del Oro. (LA JOLLA)

The Bicycle Film Festival Begins! Event celebrating urban bike movement is presented by 42BE-LOW, beginning with goldsprints, "a one-on-one roller-sprint race with prizes" for best male and female times. Registration starts at 9pm. 212-255-6102. Friday, September 4, 9pm; free. 21 and up. The Kensington Club, 4079 Adams Avenue. (KENSINGTON-TALMADGE)

They're Nearing the Home Stretch! Del Mar Thoroughbred Club horse racing meet runs through September 9. Handicapping seminars offered Friday, Saturday, Sunday. Pacific Classic Racing Festival runs September 4-September 7, with \$1 Million Pacific Classic on Sunday, September 6. Labor Day (September 7) is Jockey Photo Day. Season concludes with Party in the Paddock on September 9. 858-755-1141. Thursday, 2pm; Friday, 3pm; Saturday, 2pm; Sunday, 2pm; Wednesday, 2pm; through Wednesday, September 9, \$6-\$10. Del Mar Fairgrounds, 2260 Jimmy Durante Boulevard. (DEL MAR)

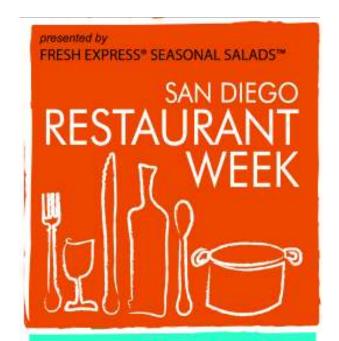
MUSEUMS & PUBLIC ART

Bancroft Ranch House Museum

Bancroft Ranch House Museum houses indigenous Indian artifacts and memorabilia of early settlers in the area, run by the Spring Valley Historical Society. The home, built in 1863, was registered as a National Historic Landmark in 1962 and is on a spot where Kumeyaay Indians camped more than 1000 years ago beside the spring that later gave the area its name. 9050 Memory Lane, 619-469-1480. (SPRING VALLEY)

Museum 1095 Barona Rd., 619-443-7003. (LAKESIDE)

Birch Aquarium at Scripps Facility is a component of the Scripps Institution of Oceanography at UCSD. More than 60 tanks contain marine life of Pacific Northwest, California coastline, Mexico's Sea of Cortés, and South Pacific. The La Jolla Kelp Tank is a two-story-high tank with giant kelp plants and nearly 30 species of local marine life. "Feeling the Heat: The Climate Challenge" examines science behind climate change; "Art of Deception" explores undersea camouflage. "Wonders of Water" waterplay area includes three interactive stations. The Lynne and Howard Robbins Shark Reef Exhibit features a 13,000-gallon shark tank with black tip, white tip, bamboo, and wobbe-





Three courses filled with the (reshest Ingredients and flavors for Faill From September 13–18, Restaurant Week will give you a reason to celebrate the season. Grab your family, friends, neighbors and co-workers and experience an incredible meal at 180 restaurants across San Diego for only \$20, \$30 or \$40 per person". Find participating restaurants actine at SanDiegoRestaurantWeek.com

No. However, and quality are additional

















Calendar LOCAL EVENTS

gong sharks. 2300 Expedition Way, 858-534-3474. (LA JOLLA)

Campo Depot State Highway 94 and Forrest Gate Rd., 619-465-7776. (CAMPO)

Chula Vista Nature Center Interactive living museum devoted to the endangered Southern California coastal wetlands, located in Sweetwater Marsh National Wildlife Refuge. Visitors use a bioscanner to view animals macroscopically, use a Wentzscope for views of microscopic organisms found in the "Sweetwater Soup," and interact with computerized



videos exploring how tides affect the bay in the "Moons, Tides, and the San Diego Bay" exhibit. Pet sharks and rays in the David A. Wergeland Shark and Ray Experience, see burrowing owls and migratory birds, and enjoy the xerophytic gardens.

Visitors meet a shuttle bus at the Bayfront E Street Trolley Station or at the center's parking lot at the foot of E Street and Bay Boulevard. 1000 Gunpowder Point Dr., 619-409-5903. (CHULA VISTA)

Flying Leatherneck Museum Museum is dedicated to Marines who provided air support, from the propeller-driven fighters and bombers of the 1940s to the modern jets and helicopters currently in use. Static displays of a variety of aircraft are included, along with equipment, insignia, paintings and photographs, scale models, and a research library. The museum is lo-

cated in building T-2002, at Ma-

rine Corps Air Station Miramar.

Miramar Road (Marine Corps Air

Station), 858-693-1723, (MIRA MESA)

Heritage Museum An interpretive wall, replicas of the early post office and general store, and a school room are part of this museum. A mural painted by Michael Strong depicts six periods of Poway's past. Find the museum in

Old Poway Park. 14134 Midland Rd., 858-679-8587. (POWAY)

Heritage of the Americas Museum More than 100 Chinese jades of the Late Neolithic (4300-2500 B.C.) through the Ming periods (A.D. 1368-1644) are included in "The Stone of Heaven: The Enduring Art of Jade Age China." From ancient times, jades in China were treasured as talismans, worn on the body either as final adornments in death or as ornaments in life. See a rare and valuable iade burial suit of the Han dynasty (206 B.C.-A.D. 221), one of only about two dozen that have been excavated in China. The suits were made of more than 2000 square and rectangular plates of jade sewn together with threads of gold, silver, or bronze (depending upon the status of the wearer). Ongoing.

The museum features art and artifacts from South and North America, concentrating on the utilitarian and decorative artistry of crafts workers from ancient cultures. The museum also features wings dedicated to natural history, archaeology, education, anthropology, and fine art. Find the museum on the Cuyamaca College campus. 12110 Cuyamaca College Drive West, 619-670-5194. (RANCHO SAN DIEGO)





Japanese Friendship Garden Pan American Rd., 619-232-2721.

Magee House Museum Magee House Museum, built in 1887 and surrounded by rose gardens, the site includes "one of the last barns still standing in Carlsbad." Docent and self-guided tours of historic house and gardens. 258 Beech St., 760-434-9189. (CARLSBAD)

Mingei International Museum

"Masters of Mid-Century California Modernism - Evelyn and Jerome Ackerman," continuing through Sunday, October 18, presents overview of duo's 50-year collaborative partnership, focusing on their work in decorative art and design. These Los Angeles-based artists shared their interest in, and devotion to, principles of modern design — as defined by Bauhaus philosophy of integrating fine art and craftsmanship with industrial practices to produce quality products. Their body of work is remarkable for its diversity of styles, techniques, materials.

"India Adorned" features selections from museum's Stephen Huyler Collection. Exhibit "reveals the colorful diversity of Indian creative expression, presenting an evocative collection of works that are used in the daily routine of a typical Indian family — objects of worship, personal and domestic adornment, utility, and recreation." Closes Sunday, September 6.

"Doors from Four Cultures"—continuing through Sunday, September 6 — introduces different interpretations of that most useful and ubiquitous mechanism of daily life, the door. See doors from Japan, India, the Sa'dan Toraja culture of Sulawesi in Indonesia, and the Dogon people of Mali.

"Sonabai: Another Way of Seeing" continues through Sunday, September 5, 2010. The self-taught artist lived in enforced isolation for 15 years in a remote village in central India, developing an innovative art form that she later taught to other artists. Exhibition includes 33 sculptures by Sonabai and her family as well as 38 works by four artists trained by Sonabai. 1439 El Prado. 619-239-0003. (BALBOA PARK)

Museum of Contemporary Art San Diego, La Jolla $\,\mathrm{Work}$ by nine architects who lead San Diego-based architectural design firms "redefining housing design, development, and urbanization in the San Diego region and beyond" showcased in "MIX: Nine San Diego Architects." Curators selected estudio teddy cruz, LUCE et studio architects, Sebastián Mariscal, Public (James Brown and James Gates), Rinehart Herbst (Todd Rinehart and Catherine Herbst), Lloyd Russell, and Jonathan Segal as representative of a generation of architects who have pursued sophisticated design forms aligned with a critical understanding of the economic and social context of the region. Closes Sunday, September 6.

Alice Aycock, Robert Irwin, Matt Mullican, and Robert Venturi are presented in "Abstraction for Everyday Life," an exhibition of promised gifts and works on paper from museum's collection, on display through Sunday, September 6. "Featured works all utilize forms of architectural drawing, rendering, and sketching to represent abstracted and evocative states and ideas, as well as the opposite — drawing plans made to create functional objects and physical structures whose origins lie in theory and subjective perception." 700 Prospect St., 858-454-3541. (LA JOLLA)

Museum of Making Music

"ON! The Beginnings of the Electric Sound Generation" presents rarely seen examples of early, electrified instruments from 1900 to 1965. Exhibit includes iconic electric and electro-acoustic guitars, lesser-known electric instruments such as banjos, violins, basses, keyboards, amplifiers, effects pedals, and unusual applications of electrification such as the electric zither. Through March, 2010.

The past 100 years of American music and music making are highlighted at the museum, with over 450 vintage instruments, hundreds of audio and video clips, and an interactive stage. Guided tours every Saturday, 2:30pm 5790 Armada Dr., 760-438-5996. (CARLSBAD)

National City Depot San Diego Electric Railway Association operates museum in this historic Santa Fe depot with exhibits, video displays, trolley equipment, restored passenger car from National City and Otay Railroad. 922 West 23rd St., 619-474-4400. (NATIONAL CITY)

Oceanside Museum of Art Esther Nisenthal Krinitz was a teenager in rural Poland when Nazis invaded her village; separated from their family, Esther and her sister survived Holocaust pretending to be Polish Catholics, arriving in America after war. "Fabric of Survival: The Art of Esther Nisenthal Krinitz" — continuing through Sunday, October 25 — is made up of the 36 appliqué and embroidered panels Krinitz decided to create at the age of 50 to tell her story.

In "Delayed Gratification," Dave Ghilarducci "playfully confronts the contemporary paradigm that if man willingly submits to technology he will become more efficient and therefore lead a more meaningful life." Ghilarducci has installed a bicycle with a generator connected to back wheel powering an LED display; when visitors climb on bicycle and "ride," the LED projects words of wisdom from Aldous Huxley's dystopian novel *Brave New World*. Closes Friday, September 25.

"American Dream" — a body of mixed-media work by ceramic artist Gregg Jabs — continues through Sunday, January 10. "By questioning the reality of the American dream, the myth begins to unravel with surprising results." 704 Pier View Way, 760-435-3720. (OCEANSIDE)

SINGLES



Come socialize with other singles to meet that special someone!

Thursdays 7-11 pm Characters Bar & Grill

La Jolla Marriott 4240 La Jolla Village Dr. DJ John Phillips & Dancing • \$11 Admission

Tuesdays 7-11 pm 94th Aero Squadron

8885 Balboa Ave.
DJ Smooth-Juan & Dancing • \$11 Admission

Hotline: 858.259.6166 SinglesinSanDiego.com

Hosted by Darlena



San Diego Reader September 3, 2009

Olaf Wieghorst Museum Displays paintings and prints by Olaf Wieghorst and features exhibits of other artists' American West art. Adjacent to museum is courtyard with cactus gardens, 20x20-foot reproduction of Wieghorst's painting Navajos at Castle Creek, and original restored home Wieghorst lived in for many years starting in 1945. 131 Rea Ave., 619-590-3431. (EL CAJON)

San Diego Model Railroad Museum Museum celebrates American railroads with "the largest permanent operating model railroad and toy train exhibit" in North America. Four scale-model railroads of the Southwest, the "San Diego County Relief Map" exhibit, and an interactive toy train. There is a multimedia presentation on railroading, an operating railroad semaphore signal, and interpretive displays on railroads and model railroading. The museum is downstairs in the Casa de Balboa building. 1649 El Prado, 619-696-0199. (BALBOA PARK)

San Diego Natural History Museum "Gunther von Hagens' Body Worlds 2 and The Brain — Our Three-Pound Gem: The Original Exhibition of Real Human Bodies" showcases "the original, precedent-setting public anatomical exhibitions of real human bodies, by physician, anatomist, and inventor of Plastination, Dr. Gunther

von Hagens." Exhibition offers visitors in-depth view of the intricately designed human body, comparative anatomy showing wellness and disease, and mysterious world of the brain, Closes Sunday, October 4.

The international juried "Best of Nature Photography Show," continuing through Sunday, September 13, includes winning images from amateur and professional photographers. Landscape, wildlife, nature-based abstract/impressionistic images shown.

Also on view: "Fossil Mysteries," a permanent exhibition. From dinosaurs to mastodons, discover the rich fossil history of our region. Current "giant-screen films" are Human Body: Pushing The Limits - Brain Power, Planet Earth: Pole to Pole and Ocean Oasis. 1788 El Prado, 619-232-3821. (BALBOA PARK)

San Diego Public Library

"Leaves of Gold: An Exhibit of Illuminated Manuscripts" is currently on view in library's Wangenheim Room. "Illuminated manuscripts flourished from the 5th to the 15th Century and are handwritten texts that are supplemented by the addition of decoration, such as decorated initials, borders (marginalia), and miniature illustrations." Highlights of exhibit - continuing through Thursday, December 10

- include a 15th-Century book of hours from France, a 13th-Century Latin Bible, a Spanish missal from 1615, a highly illuminated 20th Century-manuscript of Rubaiyat of Omar Khayyam, more. 820 E St., 619-236-5800. (DOWNTOWN)

USS Midway Museum Permanent exhibits include 25 restored aircraft. Former World War II pilots and other veterans share personal stories with guests in front of a restored SBD Dauntless dive bomber on Wednesdays, Fridays, Saturdays, Sundays, Navy knot-tving demonstrations and activities for youngsters offered most weekends. Self-guided audio tour narrated by former Midway sailors. 910 North Harbor Dr., 619-544-9600. (DOWNTOWN)

Veterans Museum and Memorial Center Memorial to men and women who served in U.S. Armed Forces, Coast Guard, and Wartime Merchant Marine. Located in the former San Diego Naval Hospital Chapel, the museum features original service-inspired stained glass, as well as historical murals painted by Richard DeRosset. Main exhibit hall features displays, exhibits of historic artifacts, documents, photographs, memorabilia, artwork honoring men and women who served. Museum is also home to San Diego Vietnam Peace Memorial and Veter-

ans Memorial Garden. 2115 Park Blvd., 619-239-2300. (BALBOA PARK)

Wells Fargo History Museum Museum features a working agents' office staffed by guides in period costumes and contains a working telegraph for visitors to send and receive messages. Short films on California and Wells Fargo history; a gold display, part of the collection assembled by Wells Fargo agent Samuel Dorsey at the end of the 1800s; an exhibit of Concord Coach #251, a restored stagecoach built in 1867; and the Davies watch. The museum is located in the reconstructed Colorado House. 2733 San Diego Ave., 619-238-3929.







Check-in 7 pm, event 7:30 pm Advance registration required.

See website for details. www.lucky7match.com (619) 890-7117

Singles Connection Want to meet and socialize with other singles?

SINGLES

Do you hate dining alone? Are you new in town? We provide fun and unique events for singles over 30 all around San Diego. From wine tasting and dining to horseback riding and sunset cruises. It's time to get out there! Go to our website and sign-up today!

SDsinglesconnection.com WHAT ARE YOU WAITING FOR?

Enter code SDR to receive your **FREE** 30-Day Trial Membership!







All shows subject to change **TICKETS ON SALE NOW!** www.AnthologySD.com • 888 237 2696 1337 India Street, San Diego





WEDNESDAY 9/9 • 8 PM THE HONEY BROTHERS

MONDAY 9/14 • 8 PM



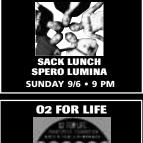






BE A





91X PRESENTS FINAL SHOW EXTRAVAC

PIVIT & AGENT 51



TICKETS & INFO BellyUp.com • 858-481-8140 143 South Cedros Ave.

PARTUD VIP!

Sign up for our Belly Up VIP - E-mail List for a chance to win tickets and a pair of meet-&-greet passes to Honey Brothers

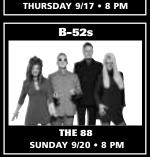
w/Adrian Grenier ("Vincent Chase") of HBO's Entourage on 9/14!

SIGN UP ONLINE!















ADDED! 11/17 They Might Be Giants – On sale Friday @ noon!

FRIDAY HAPPY HOURS 9/4 The Fabulous Pelicans



					•
UPCOMI	NG SHOWS:	10/6	Little Feat	10/24	Tommy Castro Band
	Stan Ridgway w/Sara Petite	10/8	Groundation	10/28	The Tragically Hip
	The Robert Cray Band w/Steve White	10/10	Cash'd Out	10/30 & 10/31	Halloween Heat
	Iris Dement	10/12	Steve Earle - Early Show!		Two-night Halloween Bash!
	John Brown's Body		Pretty Lights - Late Show	44/4	Dinosaur Jr.
	Get Back Loretta – Matinee!				The Raveonettes
9/26	Young Dubliners Collie Buddz &		The Streets		Keller Williams
9/2/	The New Kingston Band	10/14	The Richie Furay Band		Pinback
9/28	Portugal. The Man	10/15	Federico Aubele		David Lindley & John Hammond
	Club Up And Up	10/16	Jaguares		B.B. King
	Live Band Karaoke – Steel Rod	10/17	Buju Banton		· ·
					The Aggrolites
	BLUSD Int. Blues Challenge -				Average White Band
	Matinee!		•		Gary Ho Ho Hoey's Xmas Show
10/3	A Stevie Ray Vaughan			12/17	
	Bday Celebration	10/23	Big Bad Voodoo Daddy	12/29	Cracker & Camper Van Beethoven

JOE SATRIANI **CHAD SMITH** MMY HAGAR



TODANAKUIHU

PLUS SPECIAL GUESTS

QUEENSRYCHE

DAVY KNOWLES



SATURDAY, SEPT. 26

TICKETS ON SALE NOW!

CHICKENFOOT DEBUT ALBUM IN STORES | WWW.GHICKENFOOT.UB | WWW.MYSPACE.COM/THECHICKENFOOT | (2) (1)



ticketmaster

FOR TICKETS VISIT WWW.HARRAHSRINCON.COM OR TICKETMASTER.COM. CALL 1-800-HARRAHS FOR HOTEL PACKAGES AND GROUP RATES.





Where Is "Sweet Rock and Roll"? Somewhere in San Diego a tantalizing Holy Grail of rock performance history is awaiting discovery The Velvets played there in mid-June 1968 (favorably reviewed in the *San Diego Union*) and returned in early July for dates with San



"IT WOULD BE A HOLY GRAIL FOR VU FANS"

in a dusty corner...maybe.
As documented in Richie
Unterberger's comprehensive
new book White Light/White
Heat: The Velvet Underground

Francisco's Quicksilver Messenger Service.

An impressed Lester Bangs of El Cajon, 19, was there in July; later, as a top

the inside track

Day-By-Day, Lou Reed's influential avant rock 'n' roll band played San Diego twice. Both were multiple-night engagements at the Hippodrome, a long-gone converted roller rink at Front and G streets.

rock critic, his championing of VU and Reed helped enshrine them in the canon of cool. "In a way it was the ultimate Velvet Underground concert," he wrote in a 1971 article for *Creem*. "The audience was terrible...they wanted those California acid vibes instead of what they took for cold New York negativism....

"Right in the middle of all these bad vibes, the Velvets launched into a new song that was one of the most incredible musical experiences of my concert career.... It was the chorus that was the most moving: 'Ohhhh, sweet rock and roll — it'll cleanse your soul.' That's classic, and no other group in America could have (or would have) written and sung those words."

As late VU guitarist Sterling Morrison told Spanish journalist Ignacio Julia in 1986, at a post-gig party, he and Reed listened to a four-track SD show recording: "Then came 'Sweet Rock and Roll,' which was never recorded [in studio] and never played again. [That] tape...sounded so great...there was no point in recording it." But as Morrison elaborated in an unpublished interview with M.C. Kostek and Phil Milstein of What Goes On magazine, "The tape was stolen that very night.... [I]t vanished, never to reappear on earth."

"If the tape has good sound, certainly it would be a Holy Grail for VU fans," agreed Unterberger by email. The missing recording is on his book's "Ten Best Unreleased" list. "There aren't any high-fidelity live tapes of the [John] Cale lineup in 1968, and as this is just a few months before he left the group, it probably shows that lineup approaching their live peak. It would be added value if 'Sweet Rock and Roll' is just as exciting as Bangs and Morrison claimed it to be.... If one of [their recently discovered] 1966 acetates got \$25,000 on eBay, I'd say such a tape should be worth something in that neighborhood."

Jackson of All Trades

— David Stampone

Days after returning from a solo tour opening for two-piece folkpunk act Andrew Jackson Jihad, Jackson Milgaten sits at a table inside North Park smoothie joint Señor Mango's for an interview and update on the four bands he plays in —

all of which have new albums or are in the process of recording.

"Sometimes it can be a nightmare," says Milgaten, describing how he juggles three weekly practices, live shows tours finding time to

nightmare," says Milgaten, describing how he juggles three weekly practices, live shows, tours, finding time to write new music, and managing indie label Single Screen Records with Craig Barclift, bass player for the Powerchords.

"I really don't know how I

fit it all in. I just do."

At the Soda Bar
September 26, Milgaten's
main project, the Vision of a
Dying World, will release
their fifth album in as many
years; an acoustic EP entitled
I Will Not Fear What I Don't
Understand, written by
Milgaten and consisting of
the songs that he played during his solo tour. For the
release party, Milgaten plans
to play half of the show himself and the other half with
the band — Milgaten's broth-

Sea, at the Luce Loft.

In between it all, his other project, Cuckoo Chaos, is halfway through recording their first full-length album. Milgaten also plays bass for former Wild Weekend vocalist and guitarist Maren Parusel, who released her first 7-inch in early August at the Casbah.

After listing the status of each project, Milgaten lets out an excited laugh that cracks the air in Señor Mango's. "I can't help it. I have a hard time turning things down.



ONE OF JACKSON'S FOUR, VISION OF A DYING WORLD

er Keith, Jeremy Scott, and Jona Tellez-Giron. Milgaten says playing alone is "exhilarating, but I prefer to play with other people. It's good to have that support onstage, where you can hide behind each other or the wall of sound."

A few weeks after Vision releases their EP, another of Milgaten's projects, the Paddle Boat, will release their debut full-length, I Wonder If the Water Ever Tires of the

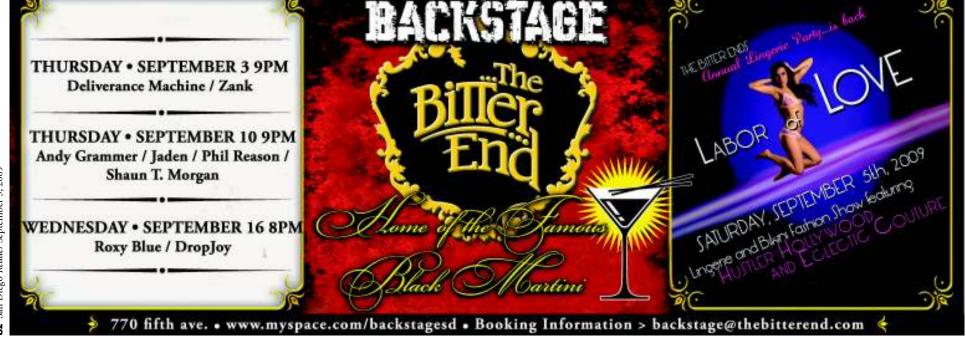
Plus, I really wouldn't know what to do with myself if I wasn't doing this."

— Dorian Hargrove

Metal in the Blood

Gabey D'Schiavone spent the '80s on the Sunset Strip in L.A.'s glam-band scene. His band, Ambush, played the same clubs — Gazarri's, Troubadour, Roxy — that cradled Poison, Ratt, and Mötley Crüe. "All my friends were on

(continued on page 84)



ANNOUNCED TSDL OCT. 15 ALL AGES





















- BETTER THAN 6284
- 9/25 THE GET UP HIDS
- 9/28 :: SONK YOUTH [ESSE] (

- 11/4 :: BOXZ B MEN 11/5 :: BOSERT BAA ROBERT KARD THE FAMILY BY
- PETER BIONN & JOHN (*



BY CHARGE BY PHONE: 619.220.TIXS

Sycuan citi





facebook



09103109 TRYST THURSDAY

COLLEGIATE 18+ BACK TO SCHOOL SERIES SDSU/USD BACK TO SCHOOL SPECIAL EVENT FEATURING

FAR EAST MOVEMENT

PERFORMING THEIR RADIO SWASH HIT "GIRLS ON THE DANCE FLOOR" LIVE & BELO:
HOSTED DY CLINAXSO, SOYOUNDFIOS, SEDUCTIVE, AFRONCION, & FAMILY PRODUCTION
FULL BAR / DRINK & VIP BOTTLE SPECIALS FOR 21+ / WWW.CEMAXSO.COM / WWW.SOYOUNDFROS.COM / WWW.CLIBLISTNOW.COM

09|04|09 FLAUNT FRIDAYS

FLIRT. MINGLE. NETWORK. PARTY LIKE A ROCKSTARI

LABOR DAY WEEKEND KICKOFF &

CAL WESTERN LAW BACK TO SCHOOL BASH!

HOSTED BY CLIMAUSD, SDYCUNOPRIOS, & ONE ENTERTAINMENT WWW.DLIMAUSD.COM / WWW.SDYCUNSPROS.COM / WWW.CLUBLISTNOW.COM

09|05|09 EPIC SATURDAYS

REVITALIZING SATURDAY NIGHTS IN SAN DIEGO!

DJ FINGAZ (RED ROOM) . DJ PHOBIK (SREEN ROOM)

DJ IL (DRANDS DOOM) SPINNING THE BEST HITS EVERY WEEK
FOR VIP BLESTLIST • WAN CLUBLISTICHICOM/EPICEVENTSSD • SI IMPERIA VOOKA DRINKS 9:00-11:90PM

09|10|09 TRYST THURSDAY

COLLEGIATE 18+ BACK TO SCHOOL SERIES

TOTALLY 80'S: HIPSTER & SKINNY JEANS THEME PARTY! HISTED BY CLINAXSO, SOFCINGPROS, HOLLYWOOD RAY, A AFTERGLOW FILL BAR / DRINK & WP BOTTLE SPECIALS FOR 21+ / WWW.CLIMAXSO.COM / WWW.SOYCIMSPROS.COM / WWW.CLIBLISTNOW.COM

09|11|09 FLAUNT FRIDAYS

FLIRT MINGLE NETWORK, PARTY LIKE A ROCKSTAR Hosted but for PSVP guests from SPN+10PM (ISBN & WWW.CLIBLISTROW.COM)
HISTED BY CLIMASS, RELAPSE, & ONE ENTERTAILMENT
WWW.CLIMASSD.COM / WWW.SDYDIMSPROG.COM / WWW.CLIBLISTROW.COM

09|12|09 EPIC SATURDAYS

REVITALIZING SATURDAY NIGHTS IN SAN DIEGO!

DJ KAOS RED ROOM . DJ PHOBIK (SPEEN ROOM)

DJ MIKESKI (DRAMSE ROSM) SPYMING THE BEST HITS EVERY MEEK FOR VIP QUESTIGT - WAVEQUILLETHOW, COLVEPTION THE SES INTO ILLA VICINA DEMOS SEID-11:50PM



WP BOTTLE SERVICE STARTING @ \$200 INOT INCLUDING GRATUITY)
BOTTLE SERVICE HIGHLY RECOMMENDED - CALL GREAN @ 619.833.000

21+ DOORS OPEN 6 9PM + CLUB ATTIRE REQUIRED & ENFORCED DRESSCODE & ADMISSION IS AT THE DOORMAN'S DISCRETION

919 4TH AVENUE SD • 619,231,9200 WWW.BELOSANDIEGO.COM

[drugs]. One hung himself....'

D'Schiavone said he had to get out of L.A. "or it would have killed me." For the past 20 years he's been based in Carlsbad and has played in the New American Mob and Die Hunns of L.A. Last vear he was asked to rejoin his old friend, former pro skater Duane Peters, in his reactivat-

ed band Gunfight. "I wrote the first record [with Gunfight] that came out in 2004. but [Peters] couldn't keep a lineup together. Last year he called me up, and we wrote 'Checkmate.' I wrote the music; he wrote the words. It came out in March."

The new Gunfight, with D'Schiavone on lead guitar and backup vocals, was buoyed

by an appearance on Fuel TV's Daily Habit in the spring. Four Warped Tour dates and a U.S. tour with Anti-Nowhere League followed.

"Duane's like a modernday Johnny Rotten. I'm a metal guy. Duane is way more punk. On the Warped Tour, we were playing on the old-school punk stage to, like, 1000 people, and I look

across the parking lot and see 20,000 kids who are going crazy, banging their heads to the new-style metal. And they know all words. I love punk rock, don't get me wrong, but my heart is in metal."

D'Schiavone, 46, says that realization helped him decide to leave Gunfight and reactivate his band the New American Mob. "My last show with [Gunfight] was in Denver last month. Half the people said I was crazy to leave, and half the people



D'SCHIAVONE PUTS PUNK BEHIND HIM

told me [Gunfight] was holding me back."

He says that some dates with Gunfight did not go well due to "lifestyle" issues. "It was turning into a big party. It was not a business to them. I felt like I was the only guy in the band besides Duane who took the band seriously. You just never knew when the show was going to fall apart. You'd

OVERHEARD IN SAN DIEGO: STREET SCENE '09



Secret Assassin "The

first concert I ever saw was

OVERHEARD? EMAIL JAS2669@ACL.COM - IF WE USE YOUR TIP, YOU GET THE AS

former Assassin members, Reed discovered that there were tapes of an unreleased

Assassin in early 1985, at Straita Head Sound in La album recorded in 1984. The Mesa," says Deep Shag uncovered collection is slat-Records exec Michael Reed. who ended up

In its hevday, Assassin

opened for headliners such as Poison, Alcatrazz, Grim Reaper, and Precious Metal. Today, former Assassin drummer Dave "Bundy" Imondi plays in Van Halen tribute band OU812 with Assassin bassist John Osmon.

Over recent contacts with

LONG LOST ASSASSIN SONGS OUT NEXT MONTH ed to be released by Deep Shag on October 6.

> "We even came up with five live tracks secretly recorded at Straita Head Sound," says Reed. "Back in 1984, the band's manager, Charlie Bryant, discovered an Assassin concert was being taped in the recording studio

behind the stage...without their permission. Charlie grabbed the 24-track reel off the machine. I have no idea if other bands were secretly recorded. We just got lucky enough to grab ours and keep it."

SANFORD/FOX

NAH, THEY

BUY ON THE

INTERNET

NOW.

SOMEONE'S

GOTTA BE SEL

LING DRUGS!

The earliest Assassin recording, however, remains elusive. "According to the guys from the band, the earliest song they taped was called 'What's That,' which was played almost exclusively on KGB, most likely on Pat Martin's Metal Shop [show] or by Jim McInnes on his Homegrown program. Nobody has a copy of the song. It's the only studiorecorded song Assassin ever did that I don't have for the reissue."

– Jay Allen Sanford



William Crain, Dave Good, Larry Har-mon, Ken Leighton, Bart Mendoza, Jay Allen Sanford, David Stampone

like a deer in the headlights, wondering if we are in [the key of] A or G. I tried schooling them, caring for them, babysitting them. When you are in a punk band, you have

look across the stage and [see

a] guy standing there looking

to pack up your own gear. You running the don't just leave after the show band's fan and run off to a party. This is club. "They a brotherhood. There are cerwere balls-out tain unspoken rules. When rockers in the you start violating the rules of same vein as Ratt, Rough brotherhood...I can only take so many of those violations. If Cutt, and Jake it was just me and Duane, I'd E. Lee."

"Ambush came to a screeching halt because of drug abuse. That's how I learned my lesson...how drugs just cannot fit into this."

probably still be with him....

He says the New American Mob will tour in November. "These guys are ready to go. I have a gnarly chick drummer named Cat Scandal."

— Ken Leighton



BANKERS HILL RESERVOIR TIPS AGGRONAUTS THE POSTALS

Thursday, September 3 Ctix

UK SUBS

Friday, September 4

SPRUNG MONKEY

JASON CHASE TRIO WITHOUT PAPERS STEALING LOVE JONES





Thursday, September 10 HOUSE OF ZOMBIE . CODE

Friday, September 11 "A Moment of Loudness" (Cancer Benefit)

BANKERS HILL • CELLPHISH ANOTHER VICE • CITRADORA

turday, September 12 Ctix "GET SCHOOLED" **CABURLESQUE KITTENS LADY DOTTIE & THE DIAMONDS**

> Sunday, September 13 MEDIUS • LEVEL 13 **FRACTURE POINT DOWNSPELL**

AWAITING SAMSARA

Wednesday, September 16 OF MICE & THEM

Saturday, September 19

"COCKTAIL PARTY"

HELL ON HEELS

Sunday, September 20 Listenlocalsd.com

ACOUSTIC ALLIANCE

Monday, September 21 **COLLINZ ROOM**

Tuesday, September 22 Ctix SKINLAB • FLATLINE

SIX REASONS CASKETS ON PARADE

9/26 "Lost Boys Reunited" • 9/29 Datarock 9/30 Hip-Hop Gong DJ Battle 2009 • 10/2 Imperative Reaction 10/3 Bernard Fowler (Rolling Stones backup singer) Midnight Rivals 10/14 The Devil Makes Three • 10/16 Kittle

10/27 Koffin Kats • 12/12 The Business

Friday, September 18

CHELSEA GIRLS All-female Super Cover Group Members of The Donnas. Nashville Pussy & Hole)

> **DEEPER PURPLE THE GIFT CURSE**

Friday, September 25

REVOLTING COCKS JIM ROSE SIDESHOW

BLOWN LOAD LEFT SPINE DOWN IDIOT STARE DJ BRYAN POLLARD

Free copy of the new Revco CD to the 1st 50 customers purchasing 1 pair of tix or 1 Golden Shower pkg deal @ the BxB box office

BRICKBYBRICK.COM · etix · 619-275-LIVE · 21 & UP · 619-276-3993 · 1130 BUENOS AVENUE (OFF MORENA BLVD.)





BOB WEIR & RATDOG with special guest Jackie Greene FRIDAY, SEPTEMBER 4 • 6:30



SINBAD THURSDAY, SEPTEMBER 10 • 8:00





AIR SUPPLY **CHRISTOPHER CROSS** FRIDAY, SEPTEMBER 11 • 7:00



JOHN LEGEND with special guest Laura Izibor WEDNESDAY, SEPTEMBER 16 • 7:30



LEANN RIMES with special guest Chris Ayer FRIDAY, SEPTEMBER 18 • 7:30



WANDA SYKES with special guest Keith Robinson SATURDAY, SEPTEMBER 19 • 8:00





AUSTRALIAN PINK FLOYD

MONDAY, SEPTEMBER 21 • 7:30

Thursday, September 17 • 7:00

BONTAJ ROULET:
BONNIE RAITT & TAJ MAHALOUP
PLAYING ALONE AND TOGETHER

Friday, September 25 • 7:30 **BEACH BOYS** with special guest Russ T. Nailz

Saturday, September 26 • 7:30 **KEALI'I REICHEL**

Sunday, September 27 • 8:00

PINK MARTINI

CROSBY, STILLS & NASH Mon./Tues., Sept. 28/29 • 7:30

Friday, October 2 • 8:00 **CHRIS BOTTI** Sunday, October 4 • 7:30

CECILIO & KAPONO

Wednesday, October 14 • 8:00 **JESSE COOK**

Thursday, October 15 • 7:30

LOGGINS & MESSINA
with special guest Gabe Dixon Band

Saturday, October 17 • 8:30

CARLOS MENCIA

Sunday, October 18 • 7:00

ROGER DALTREY

LEXUS PREMIUM PACKAGES PACKAGE INCLUDES:

2 premium-seat concert tickets (center section, rows 1-4); 2 dinners at Humphreys Restaurant andone suite, junior suite or guest room at Humphreys Half Moon Inn & Suites. Packages are limited. Visit our website for details. Premium Packages not available at Ticketmaster outlet stores.

LEXUS DINNER SHOW PACKAGES

PACKAGES INCLUDE DINNER AND UP-FRONT SEATING. Tickets required for all ages. Dates subject to change or cancellat Acts will be added periodically throughout the summer. Please check our website for updates.

BOX OFFICE HOURS

Tuesday-Saturday 11:30 am-6:30 pm

humphreysconcerts.com • 2241 Shelter Island Drive

Sponsored in part by



www.tig.com















This Week

Thursday

Soda Bar draws a draught of fuzz pop in a variety of flavors for one of the better bills this week, indie geek. Check it out: Philly electro rockers Cold Cave re-do nu-wave on one of the best-received debuts this year, Love Comes Close. Collection's got all your guilty pleasures. Speakinawhich, local duo Crocodiles, y'all. All that tasty My Bloody Mary Chain on Summer of Hate and a couple of standout singles in "Neon Jesus" and "I Wanna Kill" getting heavy rotation on the adventurous stations. Corporate radio eats worms. Wha...? Post these "poncy divas" their SDMAs and call the whole thing off. And, also, garage rock-n-soul squirts **Strange** Boys, all the way from Austin on Daddy's Mobil



CROCODILES AT SODA BAR

card, and our own avant popsters Anasazis. "Holy indeed, Soda. Save me a stool.... If or when that fills up, none-too-shabs in the Department of Else: Cincy soul-rockers the Heartless Bastards hit Casbah behind their latest Fat Possum piece, The Mountain, a tidier affair than the Bastards' norm and a showcase for vocalist Frika Wennerstrom Suggest you give their Space takes a spin. Sounds a bit like Nico covering Patti Smith and vice versa, no? i.e., a taste needs t'be acquired. "Guests" will set the stage.... Never-say-die London punks **UK Subs** drift into Bay Park, where they'll tear through Brick by Brick with like-minded locals Bankers Hill, the Lugers, and Reservoir Tips. Heh.... Bar Pink books a pair of interestingly long-named bands from faraway towns, the New Radiant Storm King group is from Northampton, Massachusetts, and Drew Grow and the Pastors' Wives are from Portland. They both play arty indie pop of that particular Bar Pink quality.

Friday

Friday kicks off the North Park Awesome Fast slap-dash fest for and by and about bands. Reads like three days and nights of solid club sets up around hipster central -U-31. the Office, Soda Bar, Radio Room. Rockers of the Guitar Hero variety can jack in at northparkawesome

GLASS CANDY AT CASBAH fast.com.... Tut Tut Now Shake Ya Butt, garagepunk duo Japanther are on the road and pounce on campus club Ché Café with Brooklyn crunk

crew Niniasonik and locals the Volts. Retro-stoners Mars Volta cook noodles at Soma. The Grammy-winning Texas troupe is out to tout their fifth proper but first for the mainstream WB, Octahedron. Mister Johnny Winter will lay it down at Belly Up. The 65-year-old pale male is one of the featured artists on this year's Woodstock Experience, available via Sony BMG.... Indie-popular Portland electronic duo **Glass Candy** join the aforementioned Cold Cave at Casbah Friday night to fill a beats-based bill. It's L.A. openers Best Coast and their girl-group surf pop that are curling my toes, though. The lady has got her Connie on. Way cool.... Country-fried rawkers **Bartenders Bible** thump it at

over Brick by Brick.... South Central alt-hop crew **Pharcyde** roll up on Canes.... Eclectic lady of rock and soul Bettye LaVette has her "own hell to raise" at Anthology. The 63-year-old madam of Motown has been in this biz and wowing crowds with her pipes since

Bar Pink. MySpace warning: The banjo player likes to get naked.... "So Cal

Loco" Sprung Monkey climb all

player likes to get naked....

Saturday

Are you Eeksperienced? Kingston singjay Eek-A-Mouse will make up a date at Canes Saturday night. The roots reggae artist is better known for

his road show than recordings, but you should check his cover of Zep's "D'Yer Maker" off of 1991's U-Neek. Mouse'll hit that live for you, if you ask nice.... The B-Side Players will flip it at Belly Up, laving Latin dance jams all the night long. Shine your kicks, ese.... "The scariest band in the world," Deadbolt, slides into Casbah with the equally raucous Deere Johns and Bartenders Bible.... Uptown, local indie kids Crash Encore, the Death Eaters, and Lazy Stars fill a bill at Beauty Bar...while piano-pop quintet **Drowning** Men wash up at Bar Pink with L.A. experimental-

Sunday

Your pre-Labor Day list is a prodigious list, indeed, dear rocker. Check it: AC freaking DC brings their head-banging, power-chord riffage to the Sports Arena behind last year's comebacker

> before, bears repeatin' best cock-rock band evah Portland punk-

the **Thermals** play an early set at Casbah. Hutch Harris. Kathy Foster, and Westin Glass followed up critical hit song cycle The Body, the Blood, the Machine with this year's equally ambitious concept

Can See. Not exactly apples and oranges, as the trio's got limited tricks, but BBM was way way better and one of the best records of 2006. A then afterward. Jivewire DJs will spin you right reunion show, this year featuring PIVIT, Agent folkies the **Donkeys** clop into Ruby Room. The to hear what all the hubbub's about Odd-pop indie act **Loxsly** from Austin and our own Moviemakers warm the seats at the Hillcrest hideaway.... Fullerton slop-pop act **Audacity** spills it at Bar Pink with **Stoned at Heart** and the Bugs.

Monday

Didja know Labor Day's a Canadian holiday? Thought not.... Blues-rock bros China Clippers will play a freebie, as they do every first Monday, at Ruby Room. They will open with "O Canada."

Tuesday

"We don't want to bring anything to the table. We want to be the table." That's Lowell Heflin of local noise-pop quartet the

Lanterns, which will light up Radio Room Tuesday night. Have you heard Apocalypse Youth yet? Get with these guys. They won't tickle. Life

Deposits, Sad American Night, and the Beat-less set the stage.

Wednesday

Scottish pop pinup Paolo Nutini (Dad was from Toscana) burns down the House of Blues with the blue-eyed soul off his latest international hit Sunny Side Un Barroom rockers Southern Culture on the Skids and Los Straitjackets

are gonna pack 'em wall to wall at Casbah, while **Pant Hoots** plays the Atari. L.A. mainstavs the Blasters and John Doe will pull out the roots rock at Belly Up.... And Anthology hosts for three nights starting Wednesday, living legends of jazz **Chick Corea**

SOUTHERN CULTURE ON THE

(keys), Stanley Clarke (bass), and Lenny White (traps). Two shows a night, jazz fan. No excuse

- Barnaby Monk



must. Tape Deck Mountain sets the stage, and round. Baby.... Belly Up bills its annual punk-rock 51. Sack Lunch, and Spero Lumina.... Psychboys're back from a six-week stint with Magnolia Electric Co. Earnest wow. Wrap yer mitts around their Dead Oceans disc Living on the Other Side



THURSDAY • SEPTEMBER 3

HEARTLESS BASTARDS LOCAL NATIVES

FRIDAY • SEPTEMBER

GLASS CANDY COLD CAVE BEST COAST DJs MARIO ORDUNO. BRANDON WELCHEZ & SIR CHARLES

SATURDAY • SEPTEMBER 5

DEADBOLT THE DEERE JOHNS BARTENDER'S BIBLE

SUNDAY • SEPTEMBER 6 EARLY SHOW • 7 PM

THE THERMALS **TAPEDECK MOUNTAIN**

LATE SHOW • 10 PM • FREE

JIVEWIRE/ONE NATION DJs ATARI & T-MONEY

casbahtickets.com

COCKTAILS . LIVE MUSIC . 21 W/ID

MONDAY • SEPTEMBER 7 ANTI-MONDAY LEAGUE PRESENTS

NERVOUS WRECKORDS WEDNESDAY • SEPTEMBER 9

SOUTHERN CULTURE ON THE SKIDS LOS STRAITJACKETS

IN THE ATARI LOUNGE

PANT HOOTS

THURSDAY • SEPTEMBER 10 **DIRTY SWEET GRINGO STARR RUMSPRINGA**

FRIDAY • SEPTEMBER 11

THE SILENT COMEDY SATURDAY • SEPTEMBER 12

SOUL SAVERS FEAT. MARK LANEGAN

Charge by phone: 888-512-7469

SUNDAY • SEPTEMBER 13 THE RUMBLE SAN DIEGO

LANTERNS U.S.E. THE JAKES

MONDAY • SEPTEMBER 14 ANTI-MONDAY LEAGUE PRESENTS

> **TEAM ABRAHAM RADEMACHER**

TUESDAY • SEPTEMBER 15

MONOTONIX CHRISTMAS ISLAND

WEDNESDAY • SEPTEMBER 16

RED WIRE BLACK WIRE

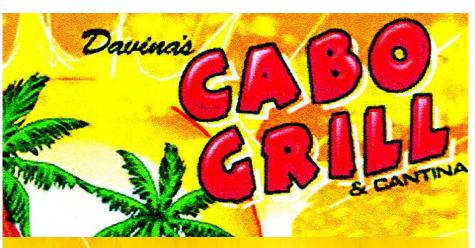
FRIDAY • SEPTEMBER 18 EARLY SHOW • 6:30 PM **JOSHUA JAMES**

CORY CHISEL

LATE SHOW • 9:30 PM

THE BLACKOUT PARTY THE DROWNING MEN **DESERT DIAMONDS**

thecasbah.com



Now open in downtown Oceanside
Extended hours – open 'til 1 am
Ocean-view dining • Live entertainment
DJs & dancing • No cover

Wednesday, September 2 • In our basement

END OF SUMMER PARTY! DJ Sinn, DJ kidRIZ & DJ Benji 9 pm-1 am

Spinning Hip-hop, R&B, Dancehall & Party Classics!

Friday, September 4 • On our roof

Live Band 6-9 pm

In our basement

Irieside

with DJ kidRIZ & DJ Sinn 9 pm-1 am CELEBRATING DAVINA'S BIRTHDAY!

Saturday, September 5 • On our roof

Gregory Michaels 6-9 pm

In our basement

DJ kidRIZ & Special Guest 9 pm-1 am

Club Hits, Hip-hop, R&B & Classic Party Tunes

Sunday, September 6 • On our roof

Still Smokin' 2-5 pm DJ kidRIZ 6-9 pm

Monday, September 7 • On our roof

LABOR DAY BASH! Live Bands, DJs & Karaoke 2-10 pm





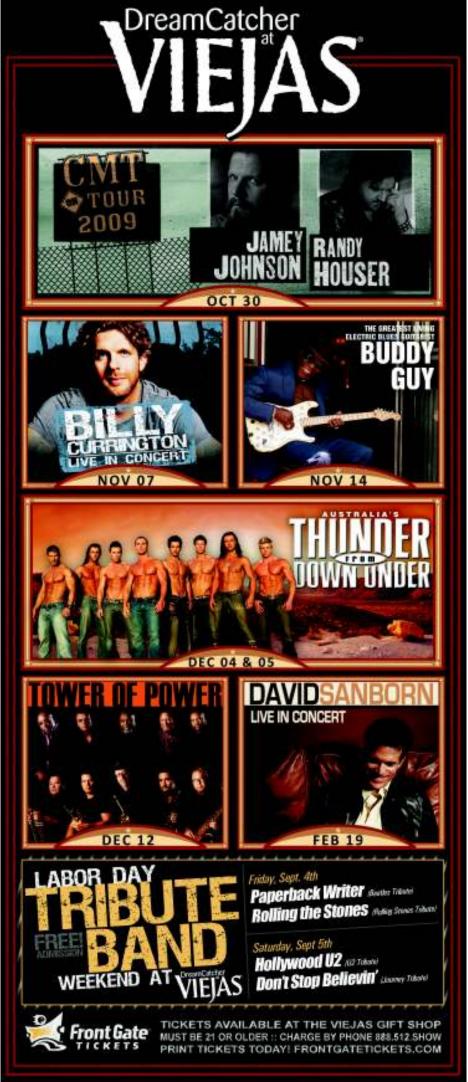


Food served 'til 1 am! • Dress code strictly enforced in the basement 21 and over for the basement • All ages on the rooftop

212 N. Tremont Street, Oceanside • 760-637-2450

Hours: Mon., Tues., Wed. & Fri. 11 am-1 am, Thurs. 4 pm-1 am Sat. 9 am-1 am • Sun. 9 am-9 pm

*All bands subject to change, but live entertainment will still be provided.



From New York City to Mexico City

JAY ALLEN SANFORD

"I first thought I was gonna have to go to Europe or Thailand to track with him."

'm a serial collaborator," says Christopher Leyva of Blizzard and Revolution 89. In addition to his band projects, Leyva has collaborated with Greg Laswell, Phil Solem (the

Rembrandts), Steve Poltz, members of Louis XIV, producer Steve Russell (P.O.D.), and Chris Reynolds of Red Flag.

"I went all over the U.S.A. to record my latest solo album," says Leyva. "From Dallas, Texas, to New York City...and Mexico City, where Erykah Badu's husband played keys on one song. He was just picking up some demo at the studio and asked if he could lay down some keys!"

He singles out Dallas as the most challenging (and most fun) locale in which to record. "It was a tiny little studio, and we used nothing but one mike and our own creativity, from beating a metal rod to beating a washing machine. And recording the studio shower to make rain sounds."

Chris Leyva's latest solo album is SDMA-nominated this year for Best Local Recording, his second award nod in two years. He appears Saturday, September 5, at the House of Blues.

DESCRIBE YOUR MUSIC...

"A mix of pop, singer-songwriting, and heartfelt lyrics. Think Paul McCartney meets Ryan Adams. But not Ryan Adams country, just a sprinkle of country."

WHY SO MUCH '80s GLAM ON YOUR NEW ALRUM?

"That would be from hooking up with Chris Reynolds, whose [local] '80s band Red Flag was a big electro-jam act. We had talked for a long

time, but I just never saw a fit until recently. I'm mostly known for singer-songwriter rock, but somewhere along the line I decided I wanted to stand out so I wouldn't become just another Steve

Poltz or Greg Laswell or Jason Mraz — all of whom are great, but I was ready to do a little '80s-style dance electropop. So I found

Reynolds's number and called him...I first thought I was gonna have to go to Europe or Thailand to track with him, but then I found out he had already moved back to San Diego."

HOW DID NYC INFLUENCE YOUR WRITING?

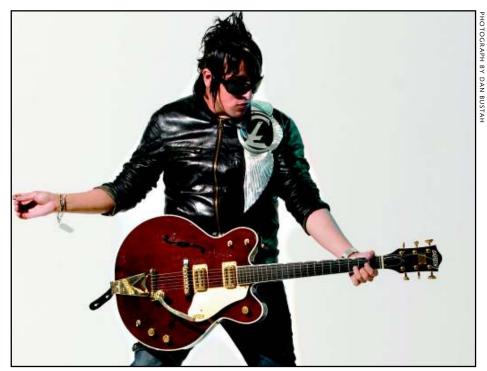
"I wanted some songs to feel like a walk in Central Park or falling in love in the East Village or a train ride to Central Square. I think the music scene there is so vast that you don't even know where to begin, but everyone is happy to share what they're up to and help you."

AND THE MEXICO SESSIONS?

"Well, that's where I'm from, and I had a Latin song, so I went with a Latin band I know down there. I think the locale definitely 'authenticated' the song. Mexico's music scene is such a smart scene — they are very educated and the musicians truly appreciate art and the beauty of it all. They're very conscious of the history, and there's lots of *orgullo* — pride — over the roots of their music."

WHAT'S IN YOUR MUSIC PLAYER?

- 1. *The Rembrandts*. "It never gets old. '90s production was the cleanest."
- 2. Oasis, (What's the Story) Morning Glory. "You need your whiskey for this one."



Christopher Leyva

3. Backbeat, soundtrack. "It has Dave Grohl, Greg Dully, the bass player of R.E.M. — gotta have the classics. The album features a bunch of fast-paced three-chord rock 'n' roll from the '50s that the Beatles covered in their early days but updated to sound modern."

4. Butch Walker, *Letters*. "Best songwriter and vo-

5. Ryan Adams, *Gold*. "Truth-in-writing has never felt so pure and unrehearsed like it feels on this good old record. All the lyrics are smart and simple to follow."

DREAM COLLABORATION?

"I think I'm gonna take up Ben Moore [the Styletones] on his offer to get into the studio with him and finally do a record with him."

GOLDEN TURKEY BAD-MOVIE AWARD?

"The Crying Game. It teaches you to rethink kissing girls while under the influence."

FAVORITE VIDEO GAME?

"I like shoot-the-zombie ones."

MAC OR PC?

"My Mac is my personal fun assistant. My PC assistant always got bugs and was very outdated. My Mac is so sexy, I can't stop touching her keys."

BEST THING YOU'VE EVER WON?

"I always lose; hence, I'm a songwriter. If I ever did win something, I'd be in danger of ending up like a Jonas brother or somebody else on Disney [Channel], singing about the happy Sunday I just had and how I got a cool toy with my Happy Meal."

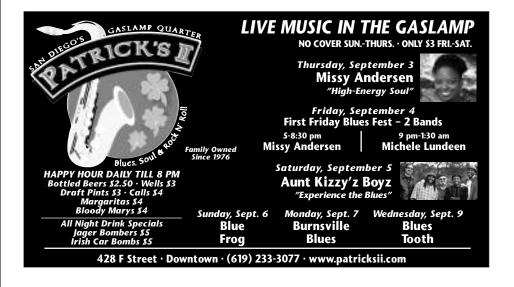
FIRST BOOK YOU REMEMBER READING?

"The Little Prince."

SOMETHING ABOUT YOU FEW WOULD KNOW OR GUESS?

"I love cooking." ■













humphreysbackstage.com 2241 Shelter Island Drive

619.224.3577

Thursday, September 3 8 pm • Classic Rock

Rockola



Friday, September 4 • 9:30 pm Grateful Dead Cover Band



Electric Waste Band

San Diego Blues Legends

Labor Day Blues Fest

featuring **Backwater Blues Band The Bayou Brothers Missy Andersen Lady Star** Michele Lundeen

Sunday, September 6

Labor Day Jazz Fest with Tayori & **DJ John Phillips**

Glen Fisher Reggie Smith Willovealot Trena Steward

Chet Cannon's Blue

Monday Blues Party

7 pm • Original Acoustic Songwriters Showcase

8 pm • Motown & Dance

The Mighty Untouchables

Saturday, September 12

Thursday, September 24 **Albert Cummings**



Stelita and many more Monday, September 7 7 pm • Blues Tuesday, September 8 Competition Saturday, September 5 • 6 pm Wednesday, September 9 **UPCOMING** Wednesday, September 9
Summer Bash featuring Cash'd Out **Len Rainey** and special quests



Calendar MUSIC SCENE

Classical listings can be found in the Classical Music Guide. Music videos, driving directions, maps, event alerts, coupons, and more available online at SanDiegoReader.com.

HOW TO SUBMIT A MUSIC LISTING: Call 619-235-3000 x405, night or day by 5pm Friday, the week prior to publication. To send weekly or monthly schedules, fax to 619-231-0489 or mail to Reader Music Scene, P.O. Box 85803, San Diego, CA, 92186. You may also submit information online at SanDiegoReader.com by clicking on

the music section.

THIS WEEK'S SHOWS

4th&B: 345 B St., Downtown, 619-231-4343. *Thursday*, 8pm — Lou Gramm.

Rock.
Saturday, 7:30pm — Souls of We.
With Gilby Clarke and Uncle
Junkie. Pop/rock. \$20. 21 and up.

Anthology: 1337 India St., Little Italy, 619-595-0300.

Thursday, 7:30pm — Alphonse Mouzon Jazz Project. Jazz. \$15. Friday, 7:30pm and 9:30pm — Bettye Lavette. Blues. \$19-\$24. Saturday, 7:30pm and 9:30pm — Tito Puente Jr. Orchestra. With Johnny Polanco. Latin \$10-\$38. Sunday, 7:30pm — Toquali. Jazz/Latin. \$14.



Nickelback, September 5, Cricket Wireless Amphitheatre

Tuesday, 7pm — The Anthology House Band. Jazz. \$5. Wednesday, 7:30pm and 9:30pm — Corea, Clarke & White. Jazz. \$75-

Bar Pink: 3829 30th St., North Park, 619-564-7194. *Thursday*, 10pm — Drew Grow and

the Pastors' Wives. With New

rth Saturday, 10pm — The Drowning Men. With Obi Best. Rock. Free. 21 and up.

Sunday, 9pm — Stoned at Heart.

Radiant Storm Kings. Garage/pop.

Free. 21 and up. Friday, 10pm — Bartenders Bible.

try/rock. Free. 21 and up.

With the Weight. Alternative/ coun-

With Audacity and the Bugs. Punk/rock. Free. 21 and up.

Beachside Grill: 215 N. Coast Hwy. 101, Oceanside, 760-433-8850. *Friday*, 8pm — Inhale. With DJ Digital Opinion. Reggae. \$7. 21 and

Saturday, 8pm — Shoreline Roots.





3964 Harney St. San Diego, Ca. 92110

619.295.3272

DJ Mahjestic

Thursday

HAN

ASIAN VODKA

All cocktails \$5

Friday

TRIBE OF
KINGS

Saturday

DJ Arthur

Gahe Vega

At Oceanside Pier

301 Mission Ave.
Oceanside, Ga. 92054

760.967.1820

best sushi~Citybeat magazine best sushi~Channel 10 best first date spot~Citysearch award of excellence~Zagat best San Diego sushi~U.S local business assoc.

we do catering and private parties!!!

With a Red Cup Affair. Reggae. \$7. 21 and up.

Beauty Bar: 4746 El Cajon Bl., Kensington-Talmadge, 619-516-4746.

Saturday, 9pm — Crash Encore. With the Death Eaters and the Lazystars. Rock. \$5. 21 and up.

Belly Up Tavern: 143 South Cedros Ave., Solana Beach, 858-481-8140.

Thursday, 9pm — '80s Heat. Covers/standards. \$10-\$12. 21 and

Friday, 9pm — Johnny Winter. With the Hill Country Revue and Anna Troy. \$21-\$23. 21 and up. Saturday, 9pm — The B-Side Players. Latin/reggae/soul. \$15-\$17. 21 and up. Sunday, 9pm — Pivit. With Agent 51. Punk/surf. \$12. 21 and up.

Sunday, 9pm — Pivit. With Agent 51. Punk/surf. \$12. 21 and up. Wednesday, 8pm — The Blasters. With John Doe. Punk/rock. \$17-\$19. 21 and up.

Bing Crosby's Restaurant and Piano Lounge: 7007 Friars Rd., Mission Valley, 619-295-2464. Friday, 7pm — David Patrone. With Sky Ladd and Grant Clarkson. Jazz/lounge. Free.

The Bitter End: 770 Fifth Ave., Downtown, 619-338-9300. *Thursday*, 9pm — Deliverance Machine. With Zank. Blues/psychedelic/rock.

Wednesday, 8pm — Marcelo Radulovich. With SO3. Rock.

Boar Cross'n: 390 Grand Ave., Carlsbad, 760-729-2989. Thursday, 9pm — Zombie Surf Camp. With the Secret Samurai and Hazmatt. Punk/rock/surf. \$5. 21 and up.

Brick by Brick: 1130 Buenos Ave., Linda Vista, 619-275-5483. Thursday, 8pm — The UK Subs. With Bankers Hill, the Lugers, and more. Punk/rock. \$15. 21 and up. Friday, 8pm — Sprung Monkey. With the Jason Chase Trio, Without Papers, and Love Jones. Alternative/pop/rock. \$12. 21 and

Saturday, 7:30pm — Chanauk. With Sixth Day and Loked. Hardcore/metal/rock. \$10. 21 and

Café Sevilla: 555 Fourth Ave., Downtown, 619-233-5979. *Thursday*, 9pm — Bomba Chante. Salsa/Latin.

Sunday, 7pm — Orquesta Guayao. Salsa.

Tuesday, 9pm — Banda del Swing. Latin.

Wednesday, 9pm — Gene Perry y Afro Rumba. Latin/jazz/salsa.

Mission Beach, 858-488-1780.

Thursday, 8pm — Flash in Fashion. Featuring performances by Marlon Dane, Lady Gemini, Beta Lion, Vox Merger, and One Son. Pop/R&B. \$8-\$10. 21 and up. Friday, 9pm — The Pharcyde. Hiphop. \$27-\$30. 21 and up. Saturday, 9pm — Eek-A-Mouse. Reggae/roots/dub. \$22. 21 and up. Sunday, 9pm — Children of the Grave. With Atomic Punks and Jumping Jack Flash. Tributes to Black Sabbath, Van Halen, and the Rolling Stones. Covers/rock. \$15. 21

The Casbah: 2501 Kettner Bl., Little Italy, 619-232-4355. *Thursday*, 8:30pm — The Heartless Bastards. With guests. Indie/rock/soul. 21 and up. *Friday*, 8:30pm — Glass Candy.

and up.

With Cold Cave, Best Coast, and DJs Mario Orduno, Sir Charles, and Brandon Welchez. Electronic/pop. \$12. 21 and up.

Saturday, 8:30pm — Deadbolt. With guest. Psychobilly/rock. \$12. 21 and up.

Sunday, 7pm — The Thermals. With guests. Alternative. \$12. 21 and up.

Wednesday, 8:30pm — Southern Culture on the Skids. With Los Straitjackets and Pant Hoots. Country/rock. \$20. 21 and up. Ché Café: 9500 Gilman Dr., UCSD, 858-534-2311.

Sunday, 7pm — Hedgehog. With Queen Sea Big Shark and Casino Demon. Rock.

Cricket Wireless

Amphitheatre: 2050 Entertainment Circle, Chula Vista, 619-671-3600.

Saturday — Nickelback. With Hinder, Papa Roach, and Saving Abel. Rock.

Wednesday, 7pm — Def Leppard and Poison. Rock.

Dalton's Road House: 775 Center Dr., San Marcos, 760-746-

8340. Friday, 7pm, Saturday, 7pm — The Blues Pharoahs. Blues.

Davina's Cabo Grill: 212 North Tremont St., Oceanside, 760-637-2450.

Friday, 9pm — Irieside. With DJ kidRIZ and DJ Sinn. Reggae. Saturday, 6pm — Gregory Michaels. Funk.

Sunday, 2pm — Still Smokin'. Rock. Monday, 2pm — Labor Day Bash. Featuring live bands, DJs, and karaoke.

Del Mar Thoroughbred Club: 2260 Jimmy Durante Bl., Del Mar,

858-755-1141.

Friday, 3pm — Pete Yorn.
Alternative/indie/rock. Free.

Sunday, 1pm — Reggae Festival.
Featuring Ziggy Marley. Roots/reggae. Free.

Wednesday — The English Beat. Soul/reggae/pop punk. Free. **Dirk's Niteclub:** 7662 Broadway, Lemon Grove, 619-469-6344. *Saturday*, 9pm — Dirty Leslie.

Dizzy's: 200 Harbor Dr.,
Downtown, 858-270-7467.
Thursday, 7pm — Brett Sanders
Soul Jazz. With Mikey Cannon and
the Academics. Jazz. \$10-\$15.
Friday, 8pm — The Great Guitars
of Jazz. Featuring Mundell Lowe,
Jaime Valle, and Bob Boss. Jazz. \$15.
Saturday, 8pm — The Rob Mullins
Trio. With Glen Fisher and Russell
Bizzet. Jazz. \$10-\$15. 21 and up.



Dream Street Live: 2228 Bacon St., Ocean Beach, 619-222-8131. Thursday, 8pm — Funky Jah Punky's. Reggae. 21 and up. Friday, 8pm — Disaster Magnet. With Con Fusion and Retrolust. Rock. 21 and up. Saturday, 10pm — Collage Menage. Rock, \$7.

Wednesday, 8pm — Double Standard. Rock. \$5.

Dublin Square: 554 Fourth Ave., Downtown, 619-239-5818. Saturday, 9pm — Lee Coulter. With Astra Kelly. Acoustic. Free.

Embarcadero Marina Park South: 206 Marina Park Way, Downtown.

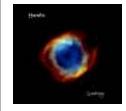
Friday, Saturday, Sunday, 7:30pm "Tchaikovsky and Friends." San Diego Symphony Summer Pops season closes with cannon "shots." fireworks, and the "1812 Overture' over the bay. 619-235-0804.

Encinitas Library: 540 Cornish Dr., Encinitas, 760-334-0229. Sunday, 2pm — The Peter Rutman Band, Blues/jazz, Free,

Fannie's Nightclub: 9143 Campo Rd., Spring Valley, 619-698-

Friday, 9pm — Crunchberry. Punk. Free. 21 and up.
Saturday, 9pm — Lethal Rejection. With guests. Metal. Free. 21 and up.

GIO Bistro & Wine Bar: 8384 La Mesa Bl., La Mesa, 619-462-9100.



Greetings CD Review by Darryn Kelly

Melodic metal trio Heretic is an emerging San Diego band to be on the lookout for. I haven't noticed many show dates for the band, but they have a new EP out

called Greetings.

The title track is an upbeat tune with a simple guitar riff and vocal harmonies. "Mincemeat" is a darker track but catchy with subtle but effective production. There seems to be a delay effect on the guitar, which, combined with an explosive middle section, shredding guitar solo, and bloodcurdling scream at the close, make this the standout song. The last track on the EP, "Cold and Familiar," surprises with a Latin melody.

With their self-produced debut, Heretic shows musical ability by playing tight and clean. You can tell that each musician has put thought into his part, and the songs shine for their efforts.

ARTIST: Heretic LABEL: Unsigned SONGS: "Greetings," "Mincemeat," "Cold and

Familiar'

Music Reviews from Our Readers

Enter Scène Enterre

Concert Review by Michelle Welles

San Diego band Scène Enterre appeared out of nowhere, but in the past month, the duo of "jonny" and "n.r." has made its presence known. Their first single, "Teenager," a blownout take on Beach Boys pop, has been lauded on blogs across the nation. As it's one of my favorite songs, I had to attend

the band's inaugural show at the Tin Can Ale House August 18.

The band was sporting bleached blue tees and tight ieans. The first two songs they played were rough. In fact, it might have been the same song played



twice. They were witty between songs...humble, so all was forgiven. "Teenager" was the fourth song of the set, and they nailed it. That's when things really picked up on stage and in the room. They ended their show with a wall-of-noise psychedelic song, which was ambitious, impressive.

For full reviews, go to sdreader/critic.com

ON SALE NOW!

September 3: LOU GRAMM of FOREIGNER

Buy a ticket and get a free ticket for George Lynch/Gilby Clark

Saturday, 7pm — Stage 4. Jazz/R&B.

Gallagher's Pub & Grill: 5046 Newport Ave., Ocean Beach, 619-222-5300.

Sunday, 9pm - Project: Out of Bounds. Reggae/ska

Georges on Fifth: 835 Fifth Ave., Downtown, 619-702-0444. Thursday, 8pm — The Mar Dels. Covers/standards/rock. Free.

Harrah's Rincón: 777 Harrah's Rincón Way, Valley Center, 760-751-3100.

Sunday, 10am — Willovealot. Jazz.

Hooleys Irish Pub & Grill: 5500 Grossmont Center Dr., La Mesa, 619-713-6900.

Friday, 9pm — California Celts. Reggae/ska. Saturday, 9pm — Private Domain. Covers/standards, Free,

Hornblower Cruises: 1066 North Harbor Dr., Downtown, 619-Friday, 6:30pm — West of 5.

Covers/rock

House of Blues: 1055 Fifth Ave., Downtown, 619-299-2583. Thursday, 8pm — Yahir. With Tati. Latin/pop. \$25-\$30.

Friday, 6:30pm — Mitchel Musso. Pop/rock. \$17-\$20. Saturday, 7:30pm - North Park Invasion. Featuring Lee Coulter, Fing, Westfire, Stealing Love Jones, and more. Pop/rock. \$12. 21 and

Wednesday, 8pm — Paolo Nutini. Pop/rock. \$19-\$21.

Humphrey's Backstage Music Club: 2241 Shelter Island Dr., Point Loma, 619-224-3577. Saturday, 6pm — Labor Day Blues Fest. Blues. \$12. Sunday, 6pm — Labor Day Jazz Fest, Jazz, \$20.

Humphrey's by the Bay: 2241 224-3577

Friday, 6:30pm — Bob Weir and RatDog. With Jackie Greene. Rock/blues/jam band. \$60.

Java Joe's at Café Libertalia: 3834 Fifth Ave., Hillcrest, 619-299-9360.

Thursday, 8pm — The Gregory Page Show. Acoustic. Friday, 8pm — Carlos Olmeda. Acoustic/pop/rock. Saturday, 8pm — Jeff Lee. With Jerry Gontang. Acoustic. Sunday, 8pm — Happy Ron's Open-Mike Night. Featuring Rick

The Jumping Turtle: 1660 Capalina Rd., San Marcos, 760-471-

Friday, 8pm — Thieves and Liars. With Destroy the Runner, the RnRs, and the Deliverance.



FRIDAY 9•4

THIEVES AND LIARS DESTROY THE RUNNER **THE RNRs**

THE DELIVERANCE FLM STREET

ROCKERS

FRI. 9•11

INSANITY

VIOLENTLY WE VOMIT

ituring memb of Disgorge)

RITUAL

TORTURE

THIS WEEK SATURDAY 9•5

THE CHANGING (featuring Kalen from KORN)

> **CAULDRON ENFORCER KEEPER**

SUNDAY 9•6 **Open Mic Night**

FRI. 10•16)

DEIFIED

WEDNESDAY 9•9

760 ROSE TO OBLIVION

BEHOLD THE MACHINE

> **RED ROX** scarejohn

UPCOMING SHOWS (See our website for more info): THU. 9•17

EDGEDIN RED DROWNSWERVE

SAT. 10•3

GRAVEYARD

FRI. 10•2 THE CHANGING (featuring Kalen from Korn)

MOONSPELL SAMAEL BOOK OF BLACKER

DECREPIT BIRTH 12-4 LEAVES EYES

12-5 MARDUK

UNHOLY LUST BBQ and special quests

"Best Live Music Venue in San Diego 2007" – AOL City Guide 1660 Capalina Rd., San Marcos 760-471-7778 www.thejumpingturtle.com

SAT. 10-27

ANGRY

SAMOANS

Bring in your wireless computer and take advantage of The Turtle's wireless technology!! Check e-mail, surf the Web or research while you enjoy the atmosphere, FREE! www.thejumpingturtle.com



September 19: Y & T



September 25: Sherpa Concerts presents OLD CROW MEDICINE SHOW

September 26: ANGEL y KHRIZ brought to you by DiegoOut.com

New! October 10: Rodrigo y Gabriela

Tickets available at: ticketmaster www.ticketmaster.com

or box office for upcoming events

619-231-4343 **345 B STREET, DOWNTOWN**

4thandbevents.com















10/10 :: MARCO ANTONIO SOLIS & PEPE AGUILAR / CRICKET WIRELESS AMPHITHEATRE 10/17 :: SNOW PATROL WITH PLAIN WHITE T'S / SDSU OPEN AIR THEATRE

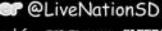
10/17 :: RODNEY CARRINGTON / SPRECKELS THEATRE 10/21 :: ROB THOMAS WITH ONE REPUBLIC AND CAROLINA LIAR / SDSU OPEN AIR THEATRE



CHARGE BY PHONE: 800.745.3000
ALL DATES, ACTS & TICKET PRICES ARE SUBJECT TO CHANGE WITHOUT NOTICE. A SERVICE CHARGE IS ADDED TO EACH TICKET PRICE.

ticketmaster







Hardcore/metal/rock.

Saturday, 8pm — The Changing.
With Cauldron, Enforcer, and
Keeper. Metal/rock.

Last Call: 4977 El Cajon Bl., City Heights, 619-287-9505. *Wednesday*, 9pm — Taters Invaders. Blues/covers/rock. Free.

Lestat's Coffee House: 3343 Adams Ave., Normal Heights, 619-282-0437.

Friday, 8pm — Jinx and Jezzebelle. Acoustic/rock/roots. \$5.

Main Tap Tavern: 518 E. Main St., El Cajon, 619-749-6333. Saturday, 9pm — This Is Manic. Alternative/rock.

Manhattan Cocktail Lounge: 400 Broadway, Chula Vista, 619-422-6641.

Friday, 9pm, *Saturday*, 9pm — Stone Wolf. Rock.

McCabe's Beach Club: 1145 S. Tremont St., Oceanside, 760-439-6646.

Friday, 4:30pm — The California Rangers. Country. Free.

McDini's: 105 E. 8th St., National City, 619-474-6771.

Thursday, 9:30pm — Underground Hip-Hop. Hip-hop/rap. 21 and up. Saturday, 9:30pm — 805 South Band. Funk/pop. 21 and up.

Molly Malone's: 1270 Main St., Ramona, 760-789-9050. Saturday, 9pm — HeadRUSH. Covers/rock. Free.

O'Connells Pub and Nightclub: 1310 Morena Bl., Linda Vista, 619-276-5637. Friday, 10pm — Jet West. Funk/punk/rock. \$5. 21 and up. Saturday, 9pm — Pickled Punks. Psychobilly. 21 and up.

Oceanside Library: 330 N. Coast Hwy., Oceanside. Friday, 7:30pm — Old Blind Dogs. World. \$15.

On Broadway: 615 Broadway Ave., Downtown, 619-231-0011. *Saturday*, 9pm — Travis McCoy. With DJs Jason Smith, Kurch, and Angle. Hip-hop/rock. 21 and up.

Pasquale on Prospect: 1250 Prospect St., La Jolla, 858-456-0722. Thursday, 8pm — Gil Barron. Covers/standards. Free.

Patrick's II: 428 F St., Downtown, 619-233-3077. Thursday, 9pm — Missy Andersen. With the Fremonts. Blues/soul/ funk.

Friday, 5pm — Missy Andersen. With the Fremonts. 9pm — Michele Lundeen & Blues Streak. Blues/funk/rock.

Saturday, 9pm — Aunt Kizzy'z Boyz. Blues/rock/soul. Sunday, 9pm — BlueFrog. Blues/rock.

Monday, 9pm — The Burnsville Band. Blues. Wednesday, 9pm — Blues Tooth. Blues

Patrick's Irish Pub: 13314 Poway Rd., Poway, 858-486-0764. Friday, 9pm — The City Limits Band. Country/rock/blues.

Pierview Pub/Bub's Whiskey Dive Bar: 301 Pier View Way, Oceanside, 760-757-2827. Friday, 9pm — The Hillstreet Stranglers. With the Bomb Pops and Nothing Special. Punk/rock. \$5. 21 and up. Saturday, 9pm — Out of Control.



BY WILLIAM CRAIN

The **Thermals**' 2006 album *The Body, the Blood, the Machine* was a punk-rock concept album about an America tyrannized by a fundamentalist Christian theocracy. Sound familiar? One online commenter described *The Body* as sounding like what Green Day wanted *American Idiot* to be. Maybe so, but more apt comparisons for the Thermals would be Superchunk and Ted Leo.

So, how do you follow up a concept album that does such a good job of describing the Bush years when you're in the Obama years? If you're Green Day, you keep following the progressive-rock path and go for something even more grandiose. If you're the Thermals, you simplify.

The Portland band has been kicking along since 2002, burning through drummers and second guitarists until it became essentially a duo of **Hutch Harris** and **Kathy Foster**. (Westin Glass plays drums on tour.) Sometimes that's a problem: a lot of Thermals songs sound as if they could use a lead guitarist or someone to provide musical complexity on top of all Harris's furious guitar strumming.

On this year's Now We Can See, Harris and Foster leave a lot more room in their sound. The title track centers on simple wordless sing-along and handclaps, yet it's more exciting than many of the band's guitar-bashing numbers. Elsewhere on the album, the Themals may have stripped things down too much — look at the lyrics and you see that several songs are just slight variations of



each other. You can hear the same problem in listening to the chord progressions and drumbeats. Maybe this is a transitional album at a transitional time in American history — which would mean that, once again, the Thermals have summed up an era.

THERMALS: The Casbah, Sunday, September 6, 7 p.m. 619-232-4355. \$12.

With Substance. Rock. \$5. 21 and

Poway Library: 13137 Poway Rd., Poway, 858-513-2900. *Saturday*, 2pm — The Sandy DeVito Trio. Jazz/pop. Free.

Prescott Promenade: 211 1/2 East Main St., El Cajon. Friday, 6pm — FX5. Covers/ standards/dance. Free.

RT's Longboard Grill: 1466 Garnet Ave., Pacific Beach, 858-270-4030. Friday, 9pm — Wonka Bar. Rock. and up. Ramona Mainstage

punk. 21 and up.

Nightclub: 626 Main St., Ramona, 760-789-7008.

Saturday, 9pm — 5 Miles High.

North Park, 619-284-3323.

Radio Room: 3519 El Cajon Bl.,

Tuesday, 8pm — Lanterns. With

and Beat-less. Alternative/pop/

Wednesday, 8pm — The Loaded.

and DJ Barnesey. Metal/rock. 21

With the Party Death, Youth Envy,

Life Deposits, Sad American Night,

Rock.

Friday, 8pm — Willie Psycho. With GFI, TSS, and Aces & Eights. Punk/rock. \$15.

Saturday, 8pm — '80s Prom Night and Car Show. Featuring 80z All Stars. Covers/pop/rock. \$15.

Ruby Room: 1271 University Ave., Hillcrest, 619-299-7372. *Friday*, 8pm — Rockabilly Shakeout. Rockabilly. 21 and up.

The Salty Frog: 992 Palm Ave., Imperial Beach, 619-429-1120. *Friday*, 9pm — BlueFrog. Blues/rock. 21 and up.

San Diego Sports Arena: 3500 Sports Arena Bl., Midway District, 619-224-4171.

Sunday, 8pm — AC/DC. Rock.

Scripps Park: 1133 Coast Bl., La Jolla.

Sunday, 2pm — Benny Hollman's Big Band Explosion. Jazz/ standards/swing.

Seaport Village: 849 West Harbor Dr., Downtown. *Sunday*, 1pm — Midnight Heat. Covers/standards. Free.



619-282-0456 ► www.toronadoSD.com



2 Irish Bands • Free Irish Food • \$3 Green Drinks



conditioned for your comfort

ATM & credit cards welcome.

Navajo

8515 Navajo Road • 619-465-1730 (Albertsons shopping plaza at Navajo & Lake Murray)

> Thursday, September 3 **Deeper Purple**

Friday & Saturday, September 4 & 5 • 9 pm



Classic Rock

Serious Guise

Monday, September 7 Karaoke

Wednesday, September 9

The Rumbles (Rockabilly)

<u>Santee</u>

8528 Magnolia Avenue • 619-596-8350 (Corner of Prospect & Magnolia)

Thursday, September 3

Top Dog • Enforcer • Cauldern Invocation War

Friday & Saturday, September 4 & 5 • 9 pm



Classic Rock

Monsters of Rock

Sunday, September 6

Tim Raldo & The Filthy Fuks

Monday, September 7

Karaoke

Tuesday, September 8

The Screamin Yeehaws Hard Money Saints • James Honeycutt

Wednesday, September 9

Solow • L.A. Creaky Cahts **Electro Gunn Microwave**

Pool Tables • Dart Boards • Free Parking Hot Spot & Lotto • Free WiFi Access

We are open for all shows following the 7/17/09 fire!



THURSDAY, SEPTEMBER 3



MARLON DANE LADY GEMINI BETA LION • ONE SON

SATURDAY, SEPTEMBER 12

Sean Healy presents



DEVIN THE DUDE

THE PONDER • THE EVEN KEEL AAV • SAMOAN IROK & THE MIGHTY FEW



GUTTERMOUTH

CD release party) **AUTHENTIC SELLOUT ELECTRIC DYNAMITE**

FRIDAY, SEPTEMBER 25



ALO2 STRANGER TRIBAL THEORY

FRIDAY, OCTOBER 2



PRONG **CATTLE DECAPITATION MUTINY WITHIN**

THURSDAY, OCTOBER 15



BUFF1 & 14KT

THURSDAY, SEPTEMBER 10



Lashd

HELL ON HEELS

BURLESQUE

HARD FALL HEARTS

FRIDAY, SEPTEMBER 18

WILD CHILD

(Doors Tribute)

Tributes to Bon Jovi,

Journey, Foreigner,

Boston & Van Halen

TANTRIC

ARANDA • VAYDEN

FORTYONESIXTY

SATURDAY, OCTOBER 10

TUESDAY, SEPTEMBER 29

THAT '70s ROCK SHOW

Johnny Cash

Tribute)

TOO SHORT



REVIVAL **CUALLI UPROOT**

SATURDAY, SEPTEMBER 19 WEDNESDAY, SEPTEMBER 23 THURSDAY, SEPTEMBER 24



LIVING COLOUR INTO THE PRESENCE

SATURDAY, SEPTEMBER 26

The Legends Return Tour



RED FLAME SOUND HIGH TIDE

SATURDAY, OCTOBER 3



FRIDAY, OCTOBER 16



SEAN KINGSTON



10/21: BROTHER ALI • 10/23: DANIEL JOHNSTON • 10/24: LYRICS BORN 10/25: PEACHES • 10/30: INNER CIRCLE



Outdoor Oceanfront Dining Lunch & Dinner Daily
Happy Hour Mon.-Fri.
Private Parties & Banquets
Plenty of FREE Parking

canesbarandgrill.com myspace.com/canesmusic

LABOR DAY WEEKEND @ THE BEACH!

> **FRIDAY SEPTEMBER 4**



(Featuring All Original Members)

RARE FORM LIVE THE HABIT **BRENDAN B**

> **SATURDAY** SEPTEMBER 5



EEK-A-MOUSE

HIGH TIDE PROJECT OUT OF **BOUNDS**

> **SUNDAY SEPTEMBER 6**



ATOMIC PUNKS (Early Van Halen Tribute)

JUMPING JACK (Rolling Stones Tribute)

CHILDREN OF THE GRAVE
(Black Sabbath Tribute)

Second Wind (Navajo): 8515 Navajo Rd., San Carlos, 619-465-1730.

Sunday, 8pm — October Burning. Alternative/pop/punk.

Serra Mesa-Kearny Mesa Branch Library: 9005 Aero Dr., Kearny Mesa, 858-573-1396. Wednesday, 6:30pm — Alfusainey Suso. World. Free.

Soma: 3350 Sports Arena Bl., Midway District, 619-226-7662. *Friday*, 7pm — The Mars Volta. Experimental/rock. \$35. *Saturday*, 7pm — Plane Without a Pilot. With Love Beats War, Stereo Summer, Hide the Details, Super Groupie, and Add the Color. Pop/punk/rock. \$8.

Swedenborg Hall: 1531 Tyler Ave., University Heights. *Friday*, 7pm — Wendy Bailey. Pop/rock. Free.

Tango Del Rey: 3567 Del Rey St., Clairemont, 858-794-9044. Friday, 8pm — Ira B Liss Big Band Jazz Machine. Jazz/pop/standards. Sunday, 6pm — Paul Viani & the San Diego Jazz Cats. Jazz. \$5-\$10. Wednesday, 7pm — The Mikan Zlatkovich Trio. Jazz. \$5-\$10.

Tiki House: 1152 Garnet Ave., Pacific Beach, 858-273-9734. *Thursday*, 9:30pm — OTC. Rock. *Friday*, 9:30pm — Tornado Magnet. Alternative/country/rock. *Saturday*, 9:30pm — Brain Buckit. Funk.

Sunday, 9:30pm — Superunloader. Alternative/rock/blues. Wednesday, 9:30pm — Schitzophonic. With the Morning of Fire. Rock. **U-31:** 3112 University Ave., North Park, 619-584-4188.

Wednesday, 9pm — Modern Rifles. With BoyScout, Get Your Death On, and the New Assembly. Alternative/rock, \$5, 21 and up.

The Upstart Crow Bookshop and Coffee House: 835 West Harbor Dr., Downtown, 619-232-4855

Saturday, 7:30pm — Stacey and the Stimulus Package. Soul/funk.

VFW Post 5179: 1116 South 43rd St., Southcrest, 619-262-0566. Wednesday, 8pm — Willovealot. Blues/soul. Free.

Viejas Casino DreamCatcher Show Room: 5000 Willows Rd., Alpine, 619-445-5400.

Friday, 9pm — Paperback Writer.
With Rolling the Stones. Tributes to the Beatles and the Rolling Stones.
Covers/rock. Free.
Saturday, 10pm — Don't Stop Believin'. With Hollywood U2.
Tributes to Journey and U2.
Covers/rock. Free.
Sunday, 6pm — Big Country
Showdown Finals. Country/covers.

Wine Cabana: 2539 Congress St., Old Town. *Sunday*, 5pm — Bob Bartosik. Jazz.

Free.

Wine Steals: 1953 San Elijo Ave., Cardiff, 760-230-2657. *Thursday*, 8pm — Robin Henkel. Blues/jazz. Free.

Winstons: 1921 Bacon St., Ocean Beach, 619-222-6822. *Wednesday*, 9pm — Moxy Bullets.

With Plane Without a Pilot and the Plastic Revolution. Pop/punk/rock.



BY DAVE GOOD

Last year filmmaker Eddie Martin announced plans to make a biopic of the life of the late Bon Scott. Not a bad call. As former lead singer of AC/DC, Scott's fame was palpable at the time of his death in 1980 when, after a night of hard partying in the south of London, he fell into a drunken coma in the back seat of a friend's car and never woke up. "Death by misadventure" was one of the coroner's findings. Indeed — Scott suffocated on his own vomit. Just 33 at the time of his death, Scott never lived to see the AC/DC pile of gold; in 1980, **Highway to Hell** was just breaking the American top 20. Today, Bon's final resting place is said to be the most-visited grave in Australia.

The AC/DC sound is now a fundament of rock: Gibson guitars played at amp-blowing power through a wall of Marshalls. As a band, AC/DC is as straightforward as they come, somehow counterbalancing Angus Young's stage madness but with a tension and raw energy that separate them from the thud and fury of similar arena bands.

The album that AC/DC released five months after Bon Scott's death would eventually find its place among the top ten best-selling albums of all time. Why? Because every song on **Back**

in Black is iconic. After a San Diego appearance by the band, a friend of mine said this: "I got there late. I'm standing outside in line, and I can hear them start the show with 'You Shook Me' — an encore song. That's the song you end the show with, not start it out with. How do you follow that?" But if you're AC/DC, you can start at meltdown



and go from there

So, who to play the film version of Bon Scott? Possibly Scott's only son Ben, who, at 35, expressed interest after Martin's announcement.

AC/DC: San Diego Sports Arena, Sunday, September 6, 8 p.m. 619-224-4171. \$93.50.

UPCOMING SHOWS

4th&B: 345 B St., Downtown, 619-231-4343. *September 18* — Los Tres de Habana.

September 19 — Y&T.
September 25 — Old Crow
Medicine Show

September 26 — Angel y Khriz.

October 10 — Rodrigo y Gabriela. November 6 — Enrique Bunbury.

AcousticMusicSanDiego:

4650 Mansfield St., Normal Heights, 619-303-8176. September 10 — Cheryl Wheeler. September 18 — Pieta Brown.

October 1 — Jolie Holland.
October 10 — Willy Porter.

October 11 — Eliza Gilkyson. October 17 — Kelly Joe Phelps.

October 22 — Tony Furtado. October 24 — The Ditty Bops. October 25 — Catie Curtis.
October 30 — Tim Flannery.
November 6 — The Battlefield

Band.
November 11 — Hot Buttered Rum.

November 14 — Peter Mulvey. November 28 — Po' Girl.

December 4 — Tom Russell. December 13 — John Gorka.

Adams Avenue: 32nd Street & Adams Ave., Normal Heights. September 26, September 27 — Adams Avenue Street Fair. **Anthology:** 1337 India St., Little Italy, 619-595-0300.

September 10, September 11 — Corea, Clarke & White.

September 15 — The Anthology

September 16 — Charles

McPherson. September 19 — War.

September 23, September 24 — Stanley Jordan.

September 25 — The Anthology

House Band.

September 26 — Keiko Matsui.

ARTPOWER!



WYNTON MARSALIS

Tuesday, September 29, 2009 / 8pm / Copley Symphony Hall

Purchase: 858.534.TIXS or www.artpower.ucsd.edu

We take phone orders M-F. 10am-4pm





September 29 — The Anthology House Band. September 30 — Gregory Page. October 1 — World Party. October 2 - Floyd FX and Radio Latina Salsa Party. October 3 — Charmaine Clamour. October 6 — The Anthology House Band. October 7, October 8, October 9 -Shawn Colvin. October 10 - Mindi Abair. October 16 - Michael Burks. October 17 — The Elder Trio. October 21 — Charles McPherson. October 22 — California Transit Authority. October 23 — Lavay Smith and Her Red Hot Skillet Lickers. November 4 - Jean-Luc Ponty. November 19 — Jake Shimabukuro. January 29, January 30 — The Legendary Count Basie Orchestra. Athenaeum Music and Arts **Library:** 1008 Wall St., La Jolla, 858-454-5872. September 21 — The Ian Tordella Jazz Trio. September 28 — Robin Henkel. October 5 — The Jazz Pigs. October 19 — Joe Rathburn. $November\ 2$ — Jaeryoung Lee Jazz November 9 - Sara Petite. Bar Pink: 3829 30th St., North Park, 619-564-7194. September 11 — Yourself and the September 12 — Telegraph Canyon. September 17 — The Death Eaters. September 18 — Scarlet Symphony. September 20 — The Most Serene Republic. September 23 — Linnzi Zaorski. September 24 — Schmaltz. September 25 — Normandie September 26 — The Sian Alice Group. October 11 — The Quick & Easy Belly Up Tavern: 143 South 481-8140 September 10 - Eddie Money. September 11 — Brendan Benson. September 12 — Pine Mountain September 13 — O₂ for Life. September 14 — The Honey Brothers September 15, September 16 — Mason Jennings. September 19, September 19 — Common Sense. September 20 — The B-52s. September 23 — The Robert Cray Band. September 25 — The Black Seeds. September 27 — Collie Buddz. October 6 - Little Feat. October 8 — Groundation. October 10 - Cash'd Out. October 12 - Steve Earle. October 12 — Pretty Lights. October 15 — Federico Aubele. October 17 — Buju Banton. *October 20* — Bob Mould. October 21 — Grizzly Bear. October 22 — Poncho Sanchez. October 23 — Big Bad Voodoo October 28 — The Tragically Hip. October 30, October 31 — The Nightmare Before Halloween. November 4 — Dinosaur Ir. November 12 — The Raveonettes. November 13 — Elijah Emanuel & the Revelations. November 14 - Keller Williams November 15 — Pinback.

November 18 — David Lindley and

December 13 — Average White

John Hammond. November 22 — B.B. King. November 27 — The Aggrolites.

Band December 17 — Venice. December 29 — Cracker and Camper Van Beethoven. Brick by Brick: 1130 Buenos Ave., Linda Vista, 619-275-5483. September 10 — House of Zombie. September 11 — Bankers Hill. *September 12* — Catburlesque Kittens. September 18 — Chelsea Girls. September 19 — Hell on Heels. September 20 — Acoustic Alliance. September 25 — The Revolting

Cocks. September 26 — Lost Bovs Reunited. September 29 — Datarock. September 30 — Hip-Hop DJ Gong Battle 2009. October 2 — Imperative Reaction. October 3 — Bernard Fowler. October 8 - Moher. October 14 — The Devil Makes October 16 - Kittie. October 27 — Koffin Kats. October 31 — Halloween Bash.

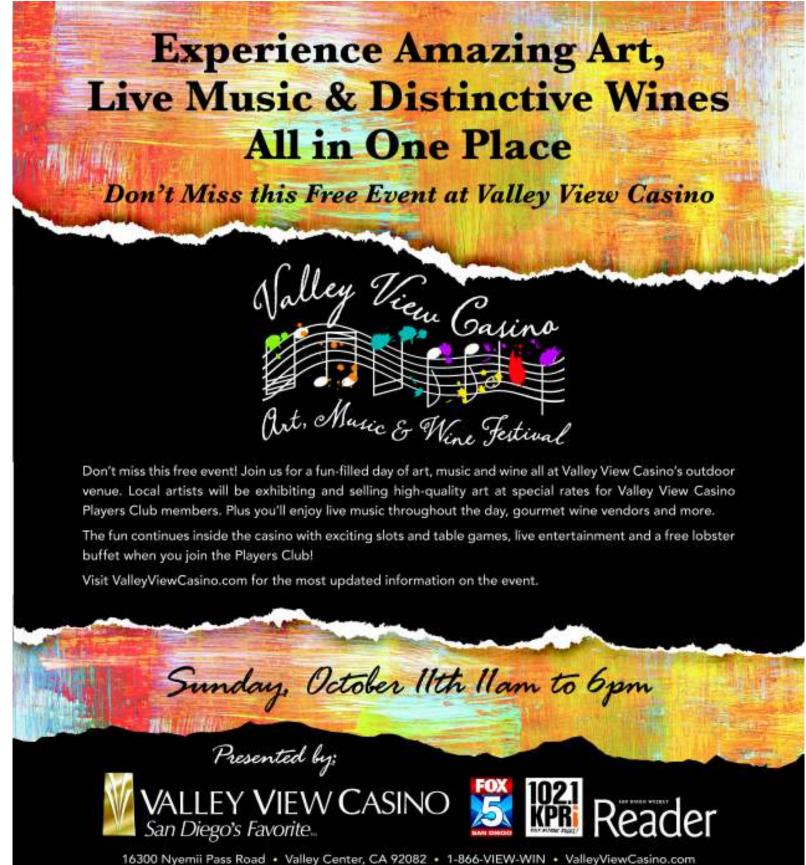
Canes: 3105 Ocean Front Walk, Mission Beach, 858-488-1780. September 11 — Cash'd Out. September 12 — Devin the Dude. September 17 — Passafire September 18 — Wild Child. September 19 — Guttermouth. September 23 — Living Colour. September 25 — SOIA. September 26 — Beenie Man. September 29 — Tantric. October 2 — Soulfly. October 3 — Andre Nickatina. October 10 - Ooklah the Moc.

October 17 — The Butthole Surfers. October 21 — Brother Ali. October 22 - Platinum Rock Stars. October 23 - Daniel Johnston. October 25 — Peaches The Casbah: 2501 Kettner Bl., Little Italy, 619-232-4355. September 10 — Dirty Sweet. September 11 — The Silent Comedy. September 12 — Soul Savers. September 14 — Team Abraham.

October 15 — Mayer Hawthorne.

October 16 — Sean Kingston.

September 15 — Monotonix. September 16 — Red Wire Black Wire. September 17 — The Charlatans. September 20 — Joey Cape. September 21 — The Pains of Being Pure at Heart. September 22 — Amazing Baby. September 23 — Sondre Lerche. September 24 — Kelli Ruddick. September 25 — Dillinger Four. September 26 — Om September 28 — The Dodos. September 29 — The Horrors.



21 moire more than just blobbjack. Guests must be 21 or other to enjoy the Writin View Cosino Art, Music & Wine Festival, cysino, riscourants, Issue and concern. Management reserves all rights.

September 30 — Asobi Sesku.

October 1 — Daedelus.

October 3 — David Bazan.

October 4 - School of Seven Bells. October 9 — ...And You Will Know Us by the Trail of Dead.

October 14 — The Jesus Lizard.

October 16 — The Soft Pack. October 17 — The Black Heart Procession.

October 24 - Blind Pilot. October 31 — The Night Marchers November 8 — The Revival Tour.

Copley Symphony Hall: $750\;\mathrm{B}$ St., Downtown, 619-235-0804. September 29 — Wynton Marsalis and Jazz at Lincoln Center.

Cricket Wireless Amphitheatre: 2050

Entertainment Circle, Chula Vista, 619-671-3600.

September 12 — The Dave Matthews Band. September 16 — blink-182.

October 2 — Brad Paisley.
October 10 — Marco Antonio Solis y Pepe Aguilar.

Dizzv's: 200 Harbor Dr., Downtown, 858-270-7467. September 19 — The Gilbert Castellanos New Latin Jazz Quintet. September 23 — The East West

October 13 — Pierre Bensusan. Hard Rock Hotel: 207 Fifth Ave., Downtown, 866-751-7625. September 25 — Sugar Ray.

Harrah's Rincón: 777 Harrah's Rincón Way, Valley Center, 760-

September 11 — Gary Allan. September 19 — Pitbull.

September 26 — Grandmaster Flash. October 3 — Richie Jen and Rene

October 4 — Vince Gill.

October 31 — Alice Cooper. November 7 — The Baytown Band.

House of Blues: 1055 Fifth Ave., Downtown, 619-299-2583. September 10 — Shwayze. September 11 — Enanitos Verdes.

September 12 — Osiris ASR Party. September 13 — Lupillo Rivera.

September 15 — Colbie Caillat. September 16 — The Gaslight

September 17 — Michael Franti & Spearhead.

September 18 — Gov't Mule. September 19 — Paulina Rubio. September 20 — The Psychedelic

Furs. September 21, September 22 —

Flogging Molly. September 23 — Better Than Ezra.

September 24 — Pitbull. September 25 — The Get Up Kids.

September 28 — Sonic Youth. September 30 — Shinedown. October 1 — Robert Earl Keen.

October 2 — Perez Hilton Tour.

October 3 — Ingrid Michaelson. October 8 — Reverend Horton

October 11 - Mutemath October 12 - Moby.

October 16 — The Academy Is... and Mayday Parade.

October 18 — KMFDM.

October 19 — The Pogues. October 20, October 21 - Brand New.

October 22 — Lila Downs. October 23 — The Sounds.

October 24 — Tech N9ne.

October 26 — Regina Spektor.

October 29 — The Bouncing Souls. November 1 — Deadmau5.

November 2 — The Bravery.

November 4 — Boyz II Men. November 5 — Robert Randolph and the Family Band.

November 6 — All Time Low.

November 7 — Matt Kearney. November 8 — Hanson.

November 15 — GWAR. November 18 — Peter Bjorn & John.

November 21 — Say Anything. November 22 — The Black Crowes. December 9 — Skinny Puppy.

January 31 — Nile. February 5 — Badfish.

Humphrey's by the Bay: 2241 Shelter Island Dr., Point Loma, 619-224-3577.

September 11 - Air Supply and Christopher Cross.

September 16 — John Legend.

September 17 — Bontaj Roulet. September 18 — LeAnn Rimes. September 21 — The Australian

Pink Floyd Show. September 25 — The Beach Boys. September 26 — Keali'i Reichel.

September 27 — Pink Martini.

September 28, September 29 — Crosby, Stills & Nash.

October 2 — Chris Botti. October 4 — Cecilio & Kapono.

October 14 — Jesse Cook. October 15 — Loggins & Messina.

October 18 — Roger Daltrey.

Java Joe's at Café Libertalia:

3834 Fifth Ave., Hillcrest, 619-299-9360.

September 10 — The Gregory Page Show.

September 11 — Peggy Watson. September 12 — Molly Jenson. September 13 — Happy Ron's

Open-Mike Night.

September 17 — The Gregory Page Show.

September 18 — Joe Rathburn. September 19 — Buried Under Carrots.

September 20 — Happy Ron's Open-Mike Night.

September 24 — The Gregory Page Show.

September 25 — Joey Harris. September 26 — Trophy Wife. September 27 — Happy Ron's Open-Mike Night.

Open Air Theatre: 5500 Campanile Dr., SDSU, 619-594-

October 17 - Snow Patrol. October 21 — Rob Thomas.

Pala Casino: 35008 Pala Temecula Rd., Pala, 877-946-7252. September 13 — The Gipsy Kings. September 25 — Ana Gabriel.

October 10 — 101.5 KGB FM's Tribute Concert.

Pechanga Resort & Casino:

45000 Pechanga Parkway, Temecula, 951-693-1819. September 18 — Train. September 19 — John Legend.

October 2 — Lee Salonga.

October 8 — Kenny Rogers. October 23 — Rob Thomas

San Diego Civic Theatre: 1100 Third Ave., Downtown, 619-570-1100.

October 3 — Jamie Foxx. November 14 — The Ultimate Doo-Wop Show. December 3 — Mannheim Steamroller.

San Diego Sports Arena:

3500 Sports Arena Bl., Midway District, 619-224-4171. September 24 — Britney Spears. October 17 - Wisin y Yandel. October 18 - Barry Manilow. November 27 — Kiss. December 4 — Trans-Siberian

Orchestra. December 12 — Aventura.

Soma: 3350 Sports Arena Bl., Midway District, 619-226-7662. September 11 — One Drop.

September 12 — Vanguard. September 14 — The Arctic

Monkeys. September 18 — Every Time I Die.

September 19 — Hello Marquee. September 20 — Erin McCarley.

September 21 — Placebo.

September 26 — Autolux. September 27 — Dance Gavin

Dance. October 7 — Family Force 5. October 8 — Austrian Death

Machine. October 10 - Mae.

October 11 — A Day to Remember. October 13 — The Black Dahlia

Murder. October 15 - Passion Pit.

October 16 — Yo La Tengo.

October 24 — Boys Like Girls. November 5 — The Dropkick Murphys.

November 11 — Attack Attack. November 19 - Finch and Bless

the Fall.

Spreckels Theatre: 121 Broadway, Downtown, 619-235-

9500 September 10 - David Cook.

September 18 — Sheryn Regis. October 17 — Rodney Carrington. October 20 — Monsters of Folk.

Tiki House: 1152 Garnet Ave., Pacific Beach, 858-273-9734. September 10 — SO3. September 11 — Travel Agents.



1st-8th grade students form a band and learn to play guitar, bass, keyboards, drums, and sing

Perform Live at Hard Rock Cafe San Diego!



Classes are held after school and meet one day a week No experience required. Classes for all skill levels. for 18 weeks beginning Sept. 23rd/24th 2009. **Grand Finale Show:**

Hard Rock Cafe San Diego FEBRUARY 2010! Registration info within cafe or

CALL 310.678.7283

www.rockstarmusiceducation.com rockstar@starinc.org









MYSPACE.COM/CAFESEVILLASALSA











(Horn-Driven Female-Fronted Funk)

Karaoke OB Style

OB•O•KE

HOSTED BY JOSÉ SINATRA

Wise

Monkey

'RubDub Recording Artists'

THE PLASTIC REVOUTION

PLANE WITHOUT A PILOT

MOXY BULLETS

UPCOMING:

EVERY THURSDAY IN SEPTEMBER -NO COVER REGGAE THURSDAYS-

9/11: THE FABULOUS THUNDERBIRDS

9/12: ORGONE

9/18-19: THE RADIATORS (Tix on sale @www.winstons.com)



September 12 — Joey Harris and the Mentals.

September 16 — Justin Newman. September 17 — Michael Tiernan.

September 18 — Kevin Never Talks. September 19 — Bare Bones.

September 23 — Joe Marson.

September 24 — SO3.

September 25 — The Dirty Dishes.

September 26 — The Nards. October 22 — Full Moon Fever: A Tribute to Tom Petty and the Heartbreakers.

Valley View Casino: 16300 Nyemii Pass Rd., Valley Center, 866-843-9946.

September 12 — Three Dog Night. September 15 — James Taylor. September 26 — The Beach Boys. October 3 — The Temptations and the Four Tops.

October 9 — REO Speedwagon. Vieias Arena: 5500 Canyon

Crest Dr., SDSU, 619-594-6947. September 18 — The Killers.

KARAOKE ON

Friday, September 4th 7-10 pm

Upcoming: Sept. 11 • Jazz 7-10 pm

Courtvard by Marriott/

11611 Bernardo Plaza Court

El Caion's Oldest Known Bas

ELCAJONGRAND.COM

Monday-Friday Happy Hour 4 pm-8 pm

\$2.50 Domestic Beer • \$3.00 Well Drinks

24oz Bud & Bud Light Tall Boys for \$4

To be a Member of the Grand's VIP Text Club

for Special Discounts & Up Coming Events

Text the word "GRAND" to "53203"

Café on the Park

(858) 613-2000

THE PARK with Rocky

\$15 food & beverage min./person

Open breakfast, lunch & dinner

Casual, park-like setting Available for private events

EL CAJON

In-house Pool Tourney & Beer Pong Tourney Signups @ 7:30 pm

COURTYARD

Marmall

Full bar & restaurant • Patio seating

October 9 - Pearl Jam and Ben Harper.

Vieias Casino Concerts in the Park: 5005 Willows Rd., Alpine, 619-445-5400. September 10 — 2009 San Diego Music Awards. October 3 — Brooks & Dunn.

Vieias Casino DreamCatcher Show Room: 5000 Willows Rd., Alpine, 619-445-5400. October 30 — Jamey Johnson and Randy Houser. November 7 — Billy Currington. November 14 — Buddy Guy. December 12 — Tower of Power. February 19 — David Sanborn.

DJ

HOW TO SUBMIT A DJ LIST-**ING:** Call 619-235-3000 x405. night or day by 5 pm Friday, the week prior to publication. To send

weekly or monthly schedules, fax to 619-231-0489 or mail to Reader Music Scene, P.O. Box 85803, San Diego, CA, 92186. You may also submit information online, get directions, maps, event alerts, RSS feeds, club coupons, and more at SanDiegoReader.com.

Air Conditioned Lounge: Fridays: DI Junior, Disco, funk, and 80s music. Saturdays: Juicy. With Mike Czech and DJ SG. Sundays: Guest DJ Night. Guest DJs to be announced. Mondays: Rock N Bowl. With guest DJ. Tuesdays, 11:30pm: Big Sonic Chill. Sponsored by San Diego's 94.9. *Wednesdays*: Rotating Crew. Spin house, electro, and hip-hop. 4673 30th St., Normal Heights. 619-501-

Bacchus House: Thursdays. 9pm: Club '80s. With DJs Bryan Pollard, Arzola1, 101G, Roxanne Redlight, and Restless. '80s/ industrial/underground, 3054 University Ave., North Park. 619-299-2032.

9831.

Bar Dynamite: Thursdays, 9pm: Dynamite Thursdays. Featuring Sound Selectors Smoovgroovs, Hobbs One, Eclektic, and





Thumbprint. Hip-hop/soul/ dancehall. Wednesdays, 9pm: Deep House Nite. DJs Duane, Lil Ryan, and Johnny D spin house music. 1808 W. Washington St., Mission Hills. 619-295-8743.

Basic Urban Kitchen and

Bar: Tuesdays, 7pm: Basic Tuesdays. Featuring art, fashion, and music. Free. 410 Tenth Ave., Downtown, 619-531-8869.

Beauty Bar: Tuesdays, 9pm: Trans Am Tuesdays. New wave '80s dance party with DJ Heather Hardcore. Free. 4746 El Cajon Bl., Kensington-Talmadge. 619-516-4746.

The Brew House at Eastlake: Saturdays: Brew 30 DJ. Dance. 871 Showroom Pl., Chula Vista. 619-656-2739

Café Sevilla: Thursdays, 10pm: DI New Yo Rican, Salsa, Fridays, 9:30pm: Blazin' Fridays. Hip-hop and reggaeton with Blazin' 98.9. Tuesdays, 10pm: DJ Israel. Bachata. 555 Fourth Ave., Downtown, 619-

Camel's Breath Inn: Fridays, Saturdays: Live DJ. 21 and up. 10330 Friars Rd., Mission Valley. 619-281-1722.

Candelas: Thursdays: DJ ALA. Deep soulful house music. Fridays: Sessions at 420 Third Avenue. DJ Chris Renzulli and DI Eric B. Adult/contemporary. 416 Third Ave., Downtown. 619-702-4455.

The Casbah: Sunday, 10:30pm: Jivewire + One Nation Under a Groove. Featuring DJs Atari and Torito, Free, 21 and up, 2501 Kettner Bl., Little Italy. 619-232-

Confidential: Fridays, 10pm: DJ Henry Diaz. With Tone Capone and Omar. Electronic/hip-hop/



1 to 2 week course Weekend classes available Job Placement Assistance





lounge. 901 Fourth Ave., Downtown, 619-696-8888

The Coyote Bar & Grill: Thursdays, 10:30pm: DI Earl Henry. Fridays, 10:30pm, Saturdays, 10:30pm: DJ Steve Hasty. 300 Carlsbad Village Dr., Carlsbad. 760-729-4695.

Davina's Cabo Grill: Sunday. 6pm, Saturday, 9pm: DJ kidRIZ. Funk/hip-hop. 212 North Tremont St., Oceanside, 760-637-2450.

Deco's Restaurant &

Nightclub: Thursdays: Krush. Hosted by Chase Costello, Steve Kamp, Jack Kennedy, and more. Hip-hop/mashups/party rock. 18 and up. 731 Fifth Ave., Downtown.

El Cajon Grand: Fridays, 8:30pm: DJ Neko. Spins classic rock and other hits. Saturdays, 8:30pm: DI Chuck, Spins classic rock and other hits. 351 W. Main St., El Cajon. 619-444-0949.

Fannie's Nightclub: Thursdays, 8pm: DJ Mick B. Spins hip-hop tunes. *Thursdays*, 9pm: DJ Undaground. With guests Hiphop/rap/reggae. Sundays, 9pm: DJ Demond. '80s/hip-hop/pop. Free. 21 and up. Mondays, 9pm: DJ Undaground. With guests Hiphop/rap/reggae. Wednesdays, 9pm: J & Biko. Hip-hop/reggae. 9143 Campo Rd., Spring Valley. 619-698-

The Filling Station: Fridays, 9pm, Saturdays, 9pm: DJ Dance Party. 9522 Miramar Rd., Mira Mesa. 858-578-0757.

The Flame: Wednesdays, 9pm: Cookies with DJ Dirty Kurty. 3780 Park Bl., Hillcrest. 619-295-4163.

The Fleetwood: Saturdays: DJ Ramsey. '80s/hip-hop/house. 639 J St., Downtown. 619-702-7700.

The Flying Bridge: Fridays, 9pm: DJ Ricardo. Reggaeton/salsa Saturdays, 9pm, Sundays, 9pm; DI Waistline. Hip-hop/R&B. 1105 N. Coast Hwy., Oceanside. 760-722-0081.

Gaslamp Tavern: Thursdays, 8pm, Fridays, 4pm, Wednesdays, 8pm: C-Phish. 868 Fifth Ave., Downtown. 619-239-3339.

Hard Rock Hotel: Monday, 11am: MSTRKRFT, With Dadon, Stillwell, Pornscore, Jackson Glass and Brazzabelle. Dance/electro. 21 and up. Sunday: DJ Klaas. With DJs Fresh One, Myron Eugene, and Pornscore. Electronic. 207 Fifth Ave., Downtown. 866-751-7625.

Harney Sushi: Wednesdays, 9pm: Hot Like Wasabi Wednesdays. With DJ Matty A. Electronic. 3964 Harney St., Old Town. 619-295-

Hawthorn's Restaurant:

Wednesdays: DI Kiki, 2895 University Ave., North Park. 619-

Inferno Young Adult Nightclub: Fridays, 9pm, Saturdays, 9pm: DJ Kool T. Spins Top 40, techno, and '80s, 15 and up. 775 Metcalf St., Escondido. 760-741-1271.

The Ivy Hotel: Friday, 9pm: Bad Boy Bill. House/electro. 600 F St., Downtown. 619-814-1000.

Kadan: Tuesdays, 9pm: Darkwaye Garden. Featuring B. Pollard, Heather Hardcore, MarieScaryMary, and guests. Gothic/industrial. Monday, 9pm: Gimmie Gimmie. With DJs Brian Pollard, Timmox, and Stern. Old-school punk/new wave. Free. Saturday: BrokenBeat Night. First Saturday of the month, electronic, crunk, and glitch hop. Free. 4696 30th St., North Park. 619-640-

McDini's: Tuesdays, 9pm: '90s Throwback Tuesdays. Hosted by Zerland of Pali Roots. Friday, 9pm: The E Club. Hip-hop/R&B. 18 and up. 105 E. 8th St., National City. 619-474-6771.

Moondoggies Pacific Beach: Saturdays, 9pm: What's Good. DJs Enigma and Cisco. Hip-hop, R&B, and Top 40. Free. 832 Garnet Ave., Pacific Beach. 858-483-6550.

On Broadway: Friday, 9pm: Tila Tequila. Hosts Infamous Fridays with DJs Felli Fel, Rags, Phobik, and Nono. Electronica. Friday. 9pm: Jay "Idol" Videna. Spinning in the main room with Paul Najera and Cris Herrera. Electronica. 615 Broadway Ave., Downtown. 619-

Pacific Beach Bar & Grill:

Wednesdays, 10pm: DJ Tony. 860 Garnet Ave., Pacific Beach. 858-272-7278.

Pierview Pub/Bub's Whiskey Dive Bar: Mondays, 6:30pm: Metal Mondays. Metal all night long. 301 Pier View Way, Oceanside. 760-757-2827.

RT's Longboard Grill:

Mondays, 9pm, Wednesdays, 9pm: DJ Famous Dave. Mixes music videos. 1466 Garnet Ave., Pacific Beach. 858-270-4030.

Riley's Music Lounge:

Thursdays: '80s Night. Fridays: Hip-Hop Night. Mondays: College Night. With guest DJ. 2901 Nimitz Bl., Point Loma, 619-255-8635.

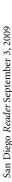
Sapphire Mediterranean Cuisine & Lounge: Saturdays, 9pm: DJ KA. With DJ Chuck. Hiphop/reggaeton. \$5. 4076 Bonita Rd., Bonita 619-470-8000



Wed. Sept. 9 | Never So Few Classic Folk Rock

576 North Highway 101 • Leucadia

760.632.8252 • www.calypsocafe.net



Sunday's 16 oz Bloody Mary's \$5 Served w/ Shrimp Horseshoe Tourney 2pm

\$1 Taco Tuesdays

4 pm-7 pm In-house Dart Tourney

Friday & Saturday

Party w/ Mississippi

Great Music plus

Shot Specials all Night

Equals a Great Night!

351 West Main Street * El Cajon * 619-444-0949

'Your Friendly Neighborhood Bar 1542 N. Coast Hwy. 101 Leucadia • 760.753.2094

Happy Hour 4-7 pm daily \$2.75 Wells • \$2.50 Beer-of-the-Month 4 Regulation Pool Tables Shuffleboard • Darts

Free Pool Tues.-Thurs. 11 am-7 pm Wireless Internet Available

Every Tuesday Open Mic Night Wednesday Night

Reggae Night with DJ Dawg Style

Thursday, September 3 DJ Fish Fonics

DI Digital Opinion DJ Frankie Lektro

Friday September 4

Sand Dollar

Saturday, September 5 Lo-si Nipple

Satin Lounge: Thursdays, 9pm: Hot Latin Beats. Reggaeton, salsa, and meringue. 18 and up. *Fridays*, 8pm: Funky Fresh Fridays. Hiphop/mash-ups. 18 and up. Saturdays, 9pm: DI Dizzy D. Spins hip-hop, old skool, and techno. 18 and up. Wednesdays, 9pm: Blazin' 98.9 Night. With guest DJs. 6195 University Ave., College Area. 619-

Side Bar: Thursdays, 9pm: Ruby Thursdays. 536 Market St., Downtown, 619-696-0946.

Sixty-Seven Bar and Grill:

Thursdays: Tattoo Thursdays. With DJ Viktor and DJ KB. Fridays: DJ Tony Sleeze. Spins Top 40 and hiphop hits. Saturdays: DJ Girth. Spins hip-hop and rock hits. Sundays Soul Glo Sundays. With DJ Girth and friends. Wednesdays: Beer Pong. With DJs. 10109 Maine Ave., Lakeside, 619-561-6767.

Soda Bar: Thursdays, 9pm: Expressway to Yr Skull. Punk/rap/ rock. Free. 21 and up. 3615 El Cajon Bl., City Heights. 619-255-

Static Lounge: Saturdays, 9pm: Club Backbeat. Hip-hop/rap. \$15-\$20. 18 and up. 634 Broadway, Downtown, 619-544-1609.

Stingaree: Fridays, 9pm: Live Fridays. Featuring DJs Sanjay and Jorge Luna. 21 and up. 454 Sixth Ave., Downtown. 619-544-0867.

Tavern at the Beach:

Thursdays, 10pm: DJ D-Skwiz. Fridays, 10pm: DJ BDP. Saturdays, 10pm: DJ BDP. With DJ MIC-E. Wednesdays, 10pm: DJ WhO. Hiphop/rock. 1200 Garnet Ave., Pacific Beach 858-272-6066

Tiki House: Tuesdays, 9:30pm: Tunes by Trent. Every Tuesday. 1152 Garnet Ave., Pacific Beach. 858-273-9734

Tio Leo's: Friday, 9pm: End of the World Back 2 School Party. 5302 Napa St., Linda Vista. 619-542-1462.

True North: Thursdays, 10pm: DJ Bacon Bits. Fridays, 10pm, Fridays: DJ Ramsey. Hip-hop. Sundays, 10pm: DJ Waly Mayhem. Mondays, 10pm: DJ Wonderbread. Tuesdays, 10pm: DJ WhO. Hiphop/rock. 3815 30th St., North Park. 619-291-3815.

U-31: *Thursdays*, 8pm: DJ Artistic. With Cros 1. '80s and '90s hip-hop. 21 and up. Fridays, 9pm: Feel the Noise. With Gabe Vega and Saul Q. Dance/indie/rock. 21 and up. Sundays, 9pm: Tribe of Kings. Featuring DJs Jestor, Peril, Dash

Eye, Unite, and Rashi. Reggae. 21 and up. 3112 University Ave., North Park. 619-584-4188.

WaveHouse Bar & Grill:

Sunday: Chris Lake. House. 3125 Ocean Front Walk, Mission Beach. 858-228-9283.

Whiskey Girl: Fridays, 9pm, Saturdays, 9pm: DJ Marc Thrasher. Mixes music videos. Sundays, 9pm: DJ Famous Dave. Mixes music videos. *Mondays*, 9pm: U-Call-It Mondays. With DJ Marc Thrasher. Tuesdays, 9pm, Wednesdays, 9pm: DJ Famous Dave. Mixes music videos. 600 Fifth Ave., Downtown. 619-236-1616.

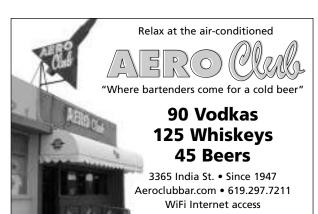
Whistle Stop Bar: Sundays. 9pm: Too Many Creeps. With DJ Mario O and guests. Post-punk. 21 and up. *Tuesdays*, 9pm: Friends Chill. Board games and mellow grooves every Tuesday night. Free. 21 and up. 2236 Fern St., South Park, 619-284-6784.

Xavier's Bar & Grill: Thursdays, 9pm: Almost Famous Thursdays. Electro/funk/house. Fridays, 10pm: Red Carpet Fridays. Dance/top 40. Saturdays, 9pm: Special Screening Saturdays. Featuring rotating DJs. 750 Fifth Ave., Downtown. 619-233-0500

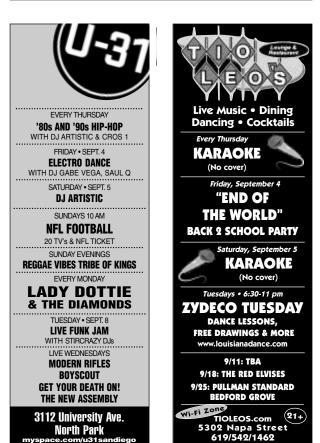














HAPPY HOUR

More information about these establishments can be found online at **SDReader.com/drinks**, *including driving directions*, *coupons*, *food specials*, *and more*.

HOW TO SUBMIT A
DRINK SPECIAL: Call 619235-3000 x700, night or day by
5pm Friday, the week prior to
publication. You may also fax to
619-231-0489, mail to Reader
Happy Hours, P.O. Box 85803,
San Diego, CA 92186, or submit
information online at
SDReader.com/drinks.

ALLIED GARDENS

Pal Joey's: Sunday, 7pm-close: \$1 shots.

ALPINE

Alpine Inn: *Monday-Friday*, 3-7pm: \$2.50 drafts, \$3.75 wells, house wine, \$4.75 calls.

BALBOA PARK

The Prado: *Tuesday-Friday*, 4-6pm, 8-10pm: \$3.50 wells, pints, house wine, house margaritas. Lounge only.

BANKER'S HILL

Azuki Sushi Lounge: Every day, 5-7pm: \$.50 small sake w/ large beer, \$5 house wine, sangria, saketini. Classic sushi rolls \$3.50 and up, specialty rolls \$8-\$9, appetizers \$2-\$8.

Bertrand at Mister A's: *Monday-Friday*, 2:30-6pm: Specially priced cocktails, beer, wine, small plates on patio.

Pizzicato: *Every day*, 3-7pm: \$3 pints, house wine; \$6 pizza slice + pint or wine.

Wet Stone Wine Bar and Café: Tuesday-Sunday, 5-7pm: \$3 selected craft beers, \$5 sangria, big glasses of wine. \$2 off small bites.

BAY PARK

Offshore: Tuesday-Friday, 3-7pm: \$2 domestic, \$3 sangria, well and micro import, \$5 Tommy Bahama moittos.

CARLSBAD

The Alley: *Every day*, 11am-7pm: \$2.75 wells, domestics.

Boar Cross'n: *Thursday-Saturday*, 8-9pm: \$1 Bud & Bud Light.

The Coyote Bar & Grill: *Monday-Friday*, 4-6pm: \$3 wells, beer, margaritas. \$3 off appetizers.

Fenway's Sports Bar & Grill: *Every day*, 3-7pm; 10pm-midnight: \$3 domestic, house wine. \$3.50 margarita, Cape Cod.

Greek Village: *Monday-Thursday, Sunday,* 4-7:30pm: 1/2-off beer, wine by the glass, wells.

Karl Strauss Brewing Company: Monday-Friday, 4-6:30pm: \$3.50 beer.

Mr. Peabody's: *Monday-Friday*, 10am-6pm: \$2.50 domestic beers, wine, spooli shots, wells + juice. \$3.50 margaritas. Free taco bar 3pm to 6pm with drink purchase.

CARMEL VALLEY

Tio Leo's: *Monday-Friday*, 3-7pm: \$3 pints. \$4 wells, house margaritas.

Twenty/20 Bar & Grill: Every day, 4-7pm: \$2 off any drink. \$2 off appetizers.

CHULA VISTA

El Dorado Seafood & Grill: Monday-Friday, 4-7 pm: \$2 margaritas. \$1.50 tacos.

Veni Vidi Vici: *Monday-Friday*, 5-7pm: \$1 off all drafts, wells.

CLAIREMONT

Fat Tony's Pizza: *Thursday*, 5pm-close: \$2 Karl Strauss, \$4 taps.

Viva Vino: *Monday-Saturday*, all day: \$.99 domestic beer.

COLLEGE AREA

Casa Machado: *Monday-Friday*, 4-7pm: \$2.75 domestic, \$3.75 margarita, wells. Free nachos and quesadillas

Marie Callender's: Monday-Friday, 3-7pm: \$1.95 draft, \$2.50 well, \$3.50 house margarita. 1/2-price appetizers (in bar only). Saturday-Sunday, \$2 Bloody Mary/mimosa w/purchase.

Satin Lounge: Thursday, \$1

CORONADO

Primavera Ristorante: *Monday-Tuesday, Thursday-Friday,* 5-7pm: \$2 off all drinks; \$2 off daily food specials. *Wednesday,* 5-7pm: Wine night: 1/2-off all bottles, incl. champagne.

DEL MAR

Bully's Del Mar: *Monday-Friday*, 3-6pm: \$2.75 bottle beer, \$4.50 wells, pints, \$5 well+juice, \$6 wine by glass.

Shimbashi Izakaya: Monday-Friday, 4-7pm: \$5 cocktails, \$5 glass of wine, \$3 draft beer. Sake & appetizer specials. Saturday-Sunday, 12-7pm: \$5 cocktails, \$5 glass of wine, \$3 draft beer, I/2-off Asahi & Sapporo. Sake & appetizer specials.

DOWNTOWN

Bandar Fine Persian Cuisine: *Friday*, \$6 pomegranate martini. *Saturday*, \$6 cosmos.

Basic Urban Kitchen and Bar: *Monday-Friday*, 4-7pm: \$5 Imperia

vodka, \$4 local beer, \$6 wine. Free samples of Basic pizza.

The Bitter End: Every day, 5-7pm: All drinks, bottles of wine 1/2-price.

Bondi Bar and Kitchen: *Monday-Friday*, 4-7pm: \$4 select beer, wine, spirits.

Café Sevilla: Monday, 5-6:30pm: 1/2-price mojitos. Tuesday, 5-6:30pm: 1/2-price wine bottles. Wednesday, 5-6:30pm: 1/2-price martini. Thursday, Sunday, 5-6:30pm: 1/2-price sangarita. Friday-Saturday, 5-6:30pm: 1/2-price garabato.

Candelas: *Every day*, 5-7pm: All drinks 1/2-price.

Downtown Johnny Brown's: *Monday-Friday*, 3-6pm: \$3 domestic bottled beer, \$3.50 pints of the day. 40% off appetizers.

East Village Tavern and Bowl: *Monday-Thursday*, 3-7pm: \$3 drafts, wells, wine. \$4 premium drafts, margaritas. *Friday-Saturday*, 11pm-close: \$3 drafts, wells, wine. \$4 premium drafts, margaritas. \$4 Jäger, Bacardi, Svedla

The Field Irish Pub and Restaurant: Monday-Friday, 4-7pm: \$3.50 wells. 1/2-off appetizers. Saturday-Sunday, 9am-5pm: \$3.50 wells. 1/2-off appetizers.

The Fish Market: *Monday-Thurs-day*, 3-6pm: \$3.75 draft, \$3.95 wells, \$2.95 domestic beer. \$.95 oysters, \$4 fish tacos, \$5.75 mahi mahi sliders.

The Fleetwood: *Monday-Friday*, 5-6pm: \$4 calls.

Fuddruckers: *Monday-Friday*, 5-7pm: \$4.50 Bud Light/Coors Light pitchers. \$1 off all beer, wine. *Saturday*, 10pm-midnight: \$4.50 Bud Light/Coors Light pitchers. \$1 off all beer, wine.

Funky Garcia's Mexican Restaurant: *Every day*, 3pm-7pm: 50% off all drinks; \$1.50 carne asada and pollo asado tacos.

Gaslamp Tavern: *Monday-Friday*, 3-7pm: \$3 drafts, house wine, wells. *Sunday*, all day: \$3 drafts, house wine, wells.

La Gran Tapa: Tuesday, 5-7pm: \$3 cask wine, sangria, draft. \$3 tapas. Wednesday, 5-7pm: \$3 cask wine, sangria, draft, 1/2-off select bottles/wine. Thursday, 5-7pm: \$3 cask wine, sangria, draft, \$10 pitcher sangria/draft.

Las Hadas Bar & Grill: Monday-Saturday, 5-7pm; 10pm-midnight: \$2 Bud Light/Coors Light drafts, \$3 margaritas, wine, wells, sangria. 1/2off seafood bar and appetizers.

Hive Sushi Lounge: Every day, 5-7pm: \$2 domestic, \$4 micro, \$2.50 sake, \$3.50 well, \$4 house wine. Miso, edamame, \$.99.

Horton's Bar & Grill: Monday-Friday, 4-7pm: \$3 draft beers, \$5 wells, \$6 house wine, \$7 margaritas/cosmopolitans; \$7 potato skins & mozzarella sticks, \$7.50 nachos grande & buffalo wings.

House of Blues: Every day, 2-7pm: \$2 drafts, \$3 wells, wine, \$4 martini. \$4.95 any dish.

Jewel Box: *Monday*, \$2 PBR drafts. *Wednesday*, 6pm-2am: \$5 Jäger bombs w/military ID. *Thursday*, 8pm-2am: Industry Night. \$3.75 calls. Must show apron/pay stub.

Karl Strauss Brewing Company: *Monday-Friday*, 4-6:30pm: \$3.50 beer.

La Fiesta: Every day, 5-7pm: 1/2-price calls, wells, tap beers, house wine, house margaritas. 1/2-price appetizers: ceviche, nachos, chicken pizza, taquitos.

The Local: Monday, 4pm-close: \$3 Bud Light, Miller Lite. \$6 burgers. Tuesday, 4pm-close: \$3 Corona, Pacifico, Dos Equis. \$2.50 chicken/steak tacos. \$3 lobster/fish tacos. Wednesday, 4pm-close: \$10 big pitchers. \$2 BBQ pork slider, corn dogs. Thursday, 4pm-close: \$3 Jäger, wells, drafts, bottled beer. \$3 lobster tacos. Friday, 3-7pm: \$1 off wells, wine, drafts. Saturday, 8-10pm: \$5 premium liquors.

McCormick & Schmick's Seafood Restaurant: Every day, 3-7pm; 9-11:30pm: Wine and drink specials; 1/2-lb. cheeseburgers \$2.95,

other \$1.95 specials. Join us for Padres games, next to Petco Park.

Mister Tiki Mai Tai Lounge: *Every day*, 5-7pm: \$5 Haole mai tai, Lilikoi mojito, Coconut Kiss martini, large Sapporo, house wine. \$5 sushi roll specials, pu pu specials.

O'Brothers: Every day, 3:30-6:30pm: \$5 glass of wine, 24-oz. organic beer \$7.

Patrick's II: Every day, 10am-8pm: \$2.50 bottle beer, \$3 wells, Bud Light pints, \$4 calls, margaritas, Bloody Marys.

RA Sushi: Monday-Saturday, 3-7pm: 1/2-off select sushi & appetizers; \$1 hot sake, \$2 domestics, \$3 wells, imports, \$4 speciality cocktails and wine. \$5 Kinn with sake.

Rock Bottom Brewery, Downtown: Monday-Thursday, 4-7pm, 10pm-close: \$3.50 pints, wells, house

wine, \$4.95 specialty drinks/martinis. **Rockin' Baja Lobster:** *Monday-Friday*, 3-6pm: \$3.50 margaritas. \$4 Long Islands. \$3-\$5 drafts.

Long Islands. \$3-\$5 drafts. **Sally's Seafood on the Water:** *Monday*, 2:30-5:30pm: \$3 local beer on tap. \$3 mini-burgers (blue crab, Kobe-style beef, ahi tuna). *Tuesday*,

Kobe-style beef, ahi tuna). Tuesday, 2:30-5:30pm: \$4 margaritas, \$3 Mexican bottled beers. \$3 tacos (tempura shrimp, Asian-pulled pork, fish). Wednesday, 2:30-5:30pm: \$3 hot sake, \$3 Japanese bottled beers. \$2 edamame/miso soup, \$3 hand rolls (Cali Sunset, K's Philly, Hot Tuna, Hot Tail, spicy scallop, salmon). Thursday, 2:30-7pm: \$3 drafts, \$5 wells/house wine. 50% off appetizers (crab cakes, spring rolls, tempura shrimp, pesto fries). Pet friendly w/ treats.

San Diego Wine and Culinary Center: *Tuesday-Saturday*, 5-8pm: \$5 house wine, wells, \$7 Christopher's Cuvee, 12-9pm: tasting flights.

The Shout House: Tuesday, \$2.50 Karls, \$5 cosmos, \$3 fish tacos. Wednesday, \$1.50 domestic bottles, \$3 fish tacos. Thursday, \$2.50 Miller Lite drafts, \$10 Miller High Life buckets, \$2 lunchbox shots. Friday, 6-7pm: \$1 any draft. Sunday, \$2 domestic drafts, \$3 wells, wine, Jäger.













Stage Saloon: Every day, 5-8pm: 1/2-off all wells, beer, wine.

Stout Public House: Monday-Friday, 4-8pm: \$3 bottled beer, \$4 premium pints, \$4 wells, \$5 cosmo, appletini, margarita; 1/2-price appetizers. Saturday-Sunday, till 6pm: \$3 domestic and Canadian bottled beer, \$4 wells, Bloody Mary, \$5 mimosa.

Suite & Tender: Monday-Friday, 5-8pm: \$20 bottomless wine, 1/2-off specialty cocktails.

Tabule: Monday, Wednesday-Friday, 5-6pm: 50% off all drinks and appetizers. Tuesday, 5pm-close: 50% off all drinks and appetizers. Saturday-Sunday, 2-6pm: 50% off all drinks and appetizers.

Taste & Thirst on Fourth: Monday-Saturday, 3-8pm: All drinks 2 for 1.

Tivoli Bar: Every day, 4-7pm: \$1 off pitchers, \$.50 off liquor.

Xavier's Bar & Grill: Tuesday-Saturday, 4-8pm: \$3 wells, drafts. \$2 off wine. \$2 off appetizers.

El Caion Grand: Monday-Friday. 4-8pm: \$2.50 domestic beer, \$3 wells. Saturday-Sunday, \$5 20-oz. Bloody Mary w/ jumbo shrimp.

Flinn Springs Inn: Monday-Friday, 4-6pm: \$2 domestic drafts, \$2.25 domestic bottles, \$3 wells. Saturday, 5-9pm: \$14.99 prime rib dinner. Sunday, 4-9pm: Kids eat free.

Main Tap Tavern: Monday-Friday, 4-6:30pm: \$1 off 16-oz. drafts, \$2 off pitchers, \$3 calls. \$5 nachos.

Thornton's Irish Pub and Grill: Wednesday-Sunday, 11-6pm: \$2 wells, \$3 drafts.

ESCONDIDO

Holiday Wine Cellar: Monday, 5:30-7:30pm: \$5 for five wine tastings. Tuesday, 5:30-7:30pm: Beer tasting, \$5 advance; \$10 at the door.

Tango Restaurant & Lounge: Every day, 4-7pm: \$1 off all drinks; 1/2-off bar menu.

GOLDEN HILL

Turf Supper Club: Friday-Sunday, 12-4pm: \$5 lunch: 1/2-lb. burger, chicken sandwich, or 2 Louisiana hot links, bag of chips. 12-5pm: \$1 off all beer/wine/spirits. All day: \$1 off sirloin steaks, surf & turf.



GRANTVILLE

Tio Leo's: Monday-Friday, 5-7pm: \$3 wells, domestic drafts, \$4 margarita (keep shaker).

HILLCREST

Cafe Eleven: Every day, 2-6pm: \$4 house margaritas, \$3 wells, house wine, bottled beer. \$3 appetizers: shrimp cocktail, stuffed mushrooms, thai chicken skewers, more.

Café Bleu: Every day, 3-7pm: \$5 wines, specialty cocktails, \$6.50 specialty martinis, food specials.

Wine Steals: Tuesday, 5:30-7pm: \$5 wine tasting. Saturday, 4-6:30pm: \$10 wine tasting.

KEARNY MESA

94th Aero Squadron: Monday-Friday, 3:30-6:30pm: \$2.75 Bud Light on tap, \$3 wells. Saturday-Sunday, 1/2-price bottles of wine.

Carriage House Cocktails & Karaoke: Monday-Friday, 4-7pm: \$2.50 domestic bottled beer, \$3 wells, domestic pints. Free munchies.

Khan's Cave Grill & Tavern: Monday-Saturday, 4-6pm: \$1.25 off draft, \$1 off glass of wine.

Pampas Argentine Grill: Tuesday-Saturday, 5-7pm: \$3 beer/wells. \$4 margaritas/wine specials. \$2.50 empanadas (bar only).

Shogun Kobe Restaurant: Monday-Friday, 3-7pm: 30% off sushi and rolls (no giant clams, fatty tuna, or sea urchin). 30% off sake and beer

Tajima Sushi & Japanese Tapas: Monday-Thursday, 5:30-7pm: 1/2-off house sake/draft beer.

KENSINGTON-TALMADGE

Beauty Bar: Monday, \$4 bombs \$5 Brunettes/Blondes. Tuesday, \$4 bombs. \$5 Brunettes/Blondes. \$4 Three Olives. Wednesday-Thursday, 3-7 pm: \$5 wine. \$6 martinis. 1/2-off select wine bottles. Friday, \$4 bombs. \$5 Brunettes/Blondes. \$3 Fernet.

60oz LOCA

 $oldsymbol{ ext{AND A}}{ ext{MARGHERITA}}$

UNTIL 6PM

CONFUSING HOURS: TUE-THUR 5PM-MIDNITE FRI 2PM*-MIDNITE (*KITCHEN OPENS AT 5PM) SAT&SUN 11:30AM-MIDNITE

3416 ADAMS AVE * 619-255-2491 BLINDLADY ALEHOUSE, CON

Kensington Cafe: Every day, 3-7pm: \$3 all beers, \$4-\$5 all glasses of wine, all tapas under \$5.25.

The Kensington Club: Every day, 10am-6pm: \$2.50 wells, drafts, domestic bottles.

Kensington Vine: Monday-Friday, 3-6pm: \$5 fine wine. \$5 appetizers.

LA JOLLA

Azul La Jolla: Every day, patio menu: Featured items at 1/2-price.

Beaumont's: Every day, 4-7pm: \$3-5 cocktails, wine, beer.

Clay's La Jolla: Every day, 4-7pm: \$3 drafts, \$4 wells, \$5 sangria, \$6 house wine.

Karl Strauss Brewing Company: Monday-Friday, 4-6:30pm: \$3.50 beer.

La Jolla Brew House: Monday-Friday, 3-7pm: \$3 wells, house drafts. \$4 house wine. \$5 premiums.

La Jolla Rancherita: Monday-Friday, 3-6pm: \$4 wells, \$2.50 domestics, \$2.75 imports.

The Melting Pot: Every day, 5-7pm: 1/2-off cheese fondue, salads, chocolate fondue.

The Shack Bar & Grill: Every day, 3-7pm: \$1 off wells, domestic taps.

The Shores Restaurant: Monday-Friday, 4-6pm: Five for \$5 menu food/drink specials. Sunday, 3-7pm: \$7 glass, \$25 pitcher red/white san-

Su Casa: *Monday-Friday*, 5-7pm: 1/2-off wells; 1/2-off appetizers (excludes seafood & guacamole).

Whisknladle: Every day, 5-7pm: \$9 all-you-can-eat tapas.

LA MESA

Hooleys Irish Pub & Grill: Every day, 3-7pm; 10pm-close: \$1.50 off drafts, \$1 off all mixed drinks, bottled beers, glass of wine.

Riviera Supper Club & Turquoise Room: Every day, 4-6pm: \$2 off all cocktails, wine, drafts; \$2 off 8-oz, sirloin.

Filling

PUB & GRILL

Daily

Specials

THURSDAYS

at 7 pm

Karaoke

9 pm-1 am

LEUCADIA

Bar Leucadian: Monday-Friday, Sunday, 4-7pm: \$2.75 wells. \$2.50 domestics. \$3 Corona, Pacifico, Im-

The Calypso Café: Every day, 5-7pm: \$4 wells, sangria, margaritas. \$4 house wine. \$3.50 beer.

LINDA VISTA

Brick by Brick: Every day, 3-6pm: \$2.50 house wine. 1/2-off beer.

Tio Leo's: Monday, 3-7pm: \$3 pints. \$4 wells, margaritas. Tuesdav-Friday, 5-7pm: \$3 wells, domestic drafts. \$4 margarita (keep shaker).

LITTLE ITALY

Anthology: Monday-Friday, 5:30-7pm: \$6 wells, wine specials. \$8 margaritas. \$9 martinis.

Illume Bistro: Monday-Friday, 4-7pm: \$3 draft, \$5 wells, wines, \$7 martinis.

MIDWAY DISTRICT

Brick Alley Bar & Grill: Every day, 3-7pm, 9pm-close: \$1 off pints, \$2 off tall beers.

Wine Steals: Wednesday, 5:30-7pm: \$5 wine tasting. Saturday, 4-6:30pm: \$10 wine tasting.

MIRA MESA

The Filling Station: Monday, \$2 kamikazes. Wednesday, premium beer \$3.50/pint. Saturday, \$3 Bloody Marys. Sunday, \$3 mimosas.

Mira Mesa Lanes: Monday-Friday, 3-6pm; \$2 domestic pints, \$7 pitchers. \$3 import pints, \$10 pitchers. \$2.50 wells. \$3.50 chicken strips, chicken wings.

MISSION BEACH

Canes: Monday-Friday, 5-7pm: \$2.50 beer of the month. \$3 wells, margaritas. \$4 margarita (keep spring rolls.

Coaster Saloon: Every day, 5-8pm: \$2.50 draft beer, wells, 1/2-off all appetizers. 10pm-12am: \$2.50

draft beer, wells.

Guava Beach Bar & Grill: Monday-Friday, 4-7pm: 2-for-1 cocktails, beer, shots. Saturday-Sunday, \$12 Bionic Beavers, \$2.50 kamikazes, \$8 Bud/Bud Light pitchers.

Sandbar Sports Grill: Monday-Thursday, 4-7pm: \$2.50 domestics/drafts, wells, \$1 off pre-\$2.50 mium beers/wine by the glass, \$3 off pitchers. 1/2-off appetizers. Friday, 4-9pm: 1/2-off all drinks.

MISSION HILLS

The Aero Club: Every day, 2-7pm: \$4 drafts, \$3 bottles.

Starlite: Monday-Saturday, 5-7pm: \$3 drafts, wells, \$1 off other, Sunday, all night: \$5 mules. \$15 off wine bot-

MISSION VALLEY

950 Lounge: Wednesday, \$3 wells, beer, house wine.

Bing Crosby's Restaurant and Piano Lounge: Monday-Saturday, 3-7pm: \$3 draft beer, \$5 wells, \$6 wine by the glass, \$7 house cocktails.

In Cahoots: Wednesday, \$2 drinks. Friday-Saturday, \$2.50 Coors/Coors Light. Sunday, any drink \$2.50.

The Little Fish Market Restaurant: Every day, 4-6pm, 8:30-close: \$4.25 fish tacos, \$3.75 spicy tuna roll, \$4.50 Cajun shrimp skewers, more.

NATIONAL CITY

Café La Maze: Tuesday-Friday, 4-6pm: \$1 off all drinks; 1/2-off appetizers in the bar.

Lai Thai Restaurant: Every day, 4-6pm: \$2 Thai beer.

McDini's: Monday-Friday, 5-7pm: \$2 off domestic pitchers, \$3.50 wells.

NORMAL HEIGHTS

Air Conditioned Lounge: Monday-Friday, 7-9pm: Everything 1/2off.

Blind Lady Ale House: Tuesday-Friday, 5-6pm: \$20 60-oz. pitcher local beer and margherita pizza. Saturday-Sunday, 11:30am-6pm: \$20 60-oz. pitcher local beer and margherita pizza.

Triple Crown Pub: Saturday, 12-5pm: \$1 off all pints, \$2 off beer pitchers. Sunday, 12-2am: \$1 off all pints, \$2 off beer pitchers.

NORTH PARK

Apertivo: Tuesday-Friday, 5-6:30pm: \$3 glass of wine, imported beers. Sunday, all day: \$2.75 glass of wine.

Crazee Burger: Every day, 3-6pm: \$2.99 drafts, \$15 pitchers of beer, \$3.99 select glasses of wine \$2.99 bratwurst, \$3.99 turkey burger.

Cricket's Pub and Grill: Monday-Friday, 4-6pm: \$2.50 domestic pints, \$2.75 domestic bottles, wells, \$4 margaritas.

Lips: Sunday, \$5 homojitos. \$10 build-your-own tacos.

Redwing Bar & Grill: Monday-Thursday, 11am-6pm: \$2.75 wells, domestic bottles. Friday-Sunday, 10am-6pm: \$2.75 wells, domestic

Toronado: *Monday*, 11:30am-5pm \$1 off drafts. Tuesday-Sunday, 11:30am-5pm: \$1 off drafts.



2009

103

True North: *Monday,* 12pm-close: \$1 off all beer, wine, spirits. *Tuesday-Saturday,* 12pm-7pm: \$1 off all beer, wine, spirits. *Sunday,* 7pm-close: Industry Night, \$3 calls.

OCEAN BEACH

Blue Parrot: *Monday-Friday*, 2-6pm: \$2 off glass of wine, \$3 margaritas. \$2.50 tacos, \$5.25 nachos or wings. *Saturday-Sunday*, 10am-3pm: \$2.50 mimosas. \$5 Manmosas. \$4 screwdrivers, tequila sunrises, greyhounds.

Dream Street Live: *Tuesday-Saturday*, 4-6pm: \$2 wells, domestic pints. \$4 Guinness pints.

Portugalia: *Tuesday-Sunday*, 10pm-1am: \$3 domestic beer, \$5 wine; \$4-\$10 food specials.

The Vine: *Every day*, 4-6pm: 1/2-price entire wine and specialty beer list.

Now open under new management!

The Flying Bridge

1105 N. Coast Highway

Oceanside • 760-722-0081

Exquisite

Mediterranean Cuisine

and Seafood

Ocean-view

Happy Hour

every day from 4-7 pm

3 beer

54 wine

20% off

appetizers

Entertainment:

Open Mic Night

on Thursdays.

Dance club open every Friday,

Saturday & Sunday!

Winstons: *Monday-Saturday*, 1-8pm: \$3.50 wells. \$1 off all beer/wine.

OCEANSIDE

333 Pacific: Every day, 3-7pm, 9-10pm: \$7 vodka cocktails (100+ types of vodka), \$7 appetizers (spicy sweet calamari, blue crab eggs, oyster trios, Caesar salad, spicy tuna roll, tempura vegetable basket, tuna poke tacos).

The Flying Bridge: Every day, 4pm-7pm: \$3 beer, \$4 wine, 20% off appetizers.

Hana Japanese Restaurant: *Every day*, 5-7pm: \$3 beer, 1/2-off cocktails

Harney Sushi: *Thursday*, \$5 specialty cocktails.

PCH Sports Bar & Grill: Monday-Friday, 4-7pm: \$2 domestics, \$1 off premiums, \$3 house wines. Saturday, 2-8pm: \$2 domestics, \$1 off premiums, \$3 house wines. Sunday, 2pm-close: \$2 domestics, \$1 off premiums. \$3 house wines.

Pierview Pub/Bub's Whiskey Dive Bar: *Tuesday*, 4-7pm: \$2 cans of Tecate.

Tremont Street Bar & Grill: *Monday-Friday*, 4-7pm: \$4 wells, house wine. \$1 off all beer.

OLD TOWN

Harney Sushi: *Wednesday*, \$5 specialty cocktails.

PACIFIC BEACH

710 Beach Club: Monday-Thursday, 1-7:10pm: \$7.10 beer & shot. Friday, 1-7:10pm: \$7.10 beer & shot. Two fish tacos for \$7.10. Saturday-Sunday, 12-7pm: \$7 pitchers.

The Australian Pub: Monday-Friday, 7-9pm: \$3 Long Islands. Saturday, \$2.50 Karl Strauss. Sunday, \$3 Bloody Marys.

Costa Brava: *Every day*, 4-7pm: 1/2-price sangria. 1/2-price tapas.

The Dog: *Monday-Thursday, Sunday*, \$6 pitchers.

Hennessey's Tavern: Monday-Friday, 4-7pm: \$2.50 domestic drafts, \$1 off house wine, wells, \$3 well shot/\$4 call shot, \$5 drink specials. Saturday-Sunday, till 1pm: \$3 Bloody Marys.

Johnny V: Tuesday, 4pm-close: \$3 wells, drafts, selected wines. \$1.95 street tacos, \$3 off appetizers. Wednesday, all day: \$3 wells, drafts, selected wines. Friday, 4-9pm: \$2 drinks. Complimentary appetizers.

GOT SANGRIA?

1/2 off

Tapas

Daily

Drink

Specials 💽

in our Tapas Bar

555 Fourth Avenue · Gaslamp

(619) 233-5979 · cafesevilla.

lays & Mondays all night!

Saturday, all day: \$2.50 Bud Light bottles, Absolut, \$3 margarita.

Miller's Field: *Monday-Friday*, 3-7pm: \$1 wells. \$2 street tacos.

Moondoggies Pacific Beach: *Tuesday-Sunday,* 3-7pm: \$2 wells, house wine. \$3 imports, microbrews. \$2 off all drafts.

Moray's Lounge: Every day, 4-7pm: \$2.50 drafts, \$3.50 wells, \$4.50 house wine. 4-6pm: \$4 appetizers: spicy chicken wings, fried calamari, potato skins, more.

Pacific Beach Ale House: *Monday-Saturday*, 3-6pm: \$3 drafts, wells, house wines. 1/2-price appetizers.

Pacific Beach Bar & Grill: Tuesday, \$2.50 Mexican bottled beer, \$3 frozen margaritas. Wednesday, \$2 off all drinks, \$2 beers. Thursday, 8pmclose: \$2 wells, drafts, 1/2-pric drinks. Friday, 3-10pm: \$2 drafts, wells, 1/2-price drinks. Saturday, 4-10pm: \$3 wells, wine, drafts.

Sinbad Café: Every day, 4-8pm: \$1 drafts, \$1.50 wells, shots, \$2 imports. \$3.50 appetizers. 11am-8pm: \$12-\$15 hookahs.

Tavern at the Beach: Monday-Saturday, 12-7pm: \$3 drafts, bottles, wells, wine. Sunday, 12-7pm: Industry Night: \$3 domestic beers, \$2 make your drink a double, \$3 calls for industry. Pay stub required.

The Turquoise, Café-Bar Europa: *Monday-Thursday, Sunday,* 5-7pm: \$3 cask wine, sangria, draft. \$3 tapas selection.



POINT LOMA

The Boathouse: Every day, 2:30-5pm: \$1.99 house margaritas (\$3 Cuervo Gold), \$3 beer of the month, \$4 wine of the month.

C-Level: *Monday-Friday*, 3:30-5:30pm: \$3.50 Bud Light, Karl Strauss, Stone IPA, \$5 specialty drinks, wells, house wine. \$5 crispy calamari, ahi tuna poke, steamed Fox River mussels, more.

Extreme Pizza: *Monday*, all day: \$1.50 domestic drafts. *Tuesday*, \$6 wine carafes, beer pitchers. *Wednesday*, \$.50 wings night. *Thursday*, 3-6pm; 8-10pm: 1/2-off any pizza. *Friday*, \$18 large pizza and pitcher of beer. *Saturday*, \$2 bottled beer of the month. *Sunday*, \$5 domestic beer pitchers.

Point Loma Sports Grill & Pub: *Monday-Friday*, 4-7pm: 1/2-price appetizers.

Riley's Music Lounge: Monday, 4-7pm: \$4 calls. Tuesday, Sunday, 4-7pm: \$4 Jäger bombs. Thursday, 4-7pm: \$3 kamikazes, \$4 Jäger bombs. Friday, 4-7pm: \$3 calls. Saturday, 4-7pm: \$5 Long Island/Long Beach.

POWAY

Phileas Fogg's Bar & Restaurant: Monday-Friday, 4-7pm: \$2.50 domestic pints/\$7.95 pitcher, \$3.50 import pints/\$11.95 pitcher. \$2.95 cheese quesadilla, \$3.95 chicken wings, more.

RANCHO BERNARDO

Café on the Park: *Monday-Friday*, 5-6:30pm: \$3 wells, \$4 house margaritas, 1/2-off house wine by the glass, \$1 off beer. Complimentary cheese & crackers, 1/2-off appetizers.

Capri Blu: Every day, 3-7pm: 1/2-price drafts, wells.

Carvers: *Monday-Friday*, 2-6:30pm: \$2.75 beers, \$3.95 wells, \$4.25 house wines, \$4.75 well martinis.

RANCHO SANTA FE

Cavaillon: *Tuesday-Thursday, Sunday,* 5-6pm: 1/2-off beer, glass of wine.

Delicias: *Every day*, 4-6pm: \$5 draft beers, house wines, wells.

SAN MARCOS

The Jumping Turtle: Monday, PBR: \$2.75/pint, \$6.75/pitcher. Tuesday, \$2 Corona, Pacifico, margaritas. \$2 tacos after 3pm. Wednesday, \$4 drop drinks. Thursday, 7pm-close: \$3 Jäger. Friday, 5pm-midnight: \$5 Long Islands. Saturday, \$3 Orange Patron, Tanqueray. Sunday, \$2.50 Bloody Marys.

SERRA MESA

Channel 1 Sports Bar and Grill: *Monday-Friday*, 8am-11am: \$1.50 drafts, wells.

SOLANA BEACH

The Fish Market: *Monday-Friday*, 3:30-9:30pm: \$3.50 wells, discounted beer & wine. \$.95 oysters, \$4.25 smoked trout quesadilla, more. *Saturday-Sunday*, 11am-4pm: \$3.50 wells, discounted beer & wine. \$.95 oysters, \$4.25 smoked trout quesadilla, more.

Pacific Coast Grill: Every day, 4-7pm: \$5 gold margaritas, \$1 off draft, wells, wines by the glass, 25% off wine bottles.

SORRENTO VALLEY

Ali Baba's Cave: *Every day*, 4-6pm: 2-for-1 drinks, \$9 hookahs.

Karl Strauss Brewing Company: *Monday-Friday*, 4-6:30pm: \$3.50 beer.

SOUTH PARK

Alchemy: *Monday-Friday*, 4-6pm: \$2 off wells, including Skyy, Seagram's, Jim Beam, Sauza Gold, \$2 off wines/glass, draft.

Hamilton's Tavern and Café: *Every day*, 5-8pm: \$1 off local drafts.

Whistle Stop Bar: *Every day*, 2-8pm: \$1 off all cocktails, pints.

SPRING VALLEY

California Comfort: *Every day*, 4-7pm: \$2.50 domestic pints, wells, house wine. \$5 appetizers.

TIERRASANTA

Bud's Louisiana Café: *Tuesday-Friday*, 1-2:30pm; 4:30-6pm: 1/2-price wine and beer. *Saturday*, 4:30-6pm: 1/2-price wine and beer.

UNIVERSITY CITY

Café Japengo: *Monday-Friday*, 5-7pm: \$3 drafts, sake, \$4.50 wells. \$4 chicken spring rolls, duck potstickers, California rolls.

UNIVERSITY HEIGHTS

Gulf Coast Grill: Monday, all night: \$3.95 wells, drafts, wine. Tuesday-Sunday, 4:30-6:30pm: \$3.95 wells, drafts, wine.

VISTA

Jumping Bean Cafe & Mexicali Grill: Monday-Saturday, 3-6pm: \$1 Coronitas, Pacifiquitas, \$2 domestic, imports, \$2.75 margaritas, \$3 wells, microbrews, \$4 Leaping Horse wine.

Our new late-night Happy Hour

OFF

11:30 AM-5 PM • 7 DAYS

DRAFTS

4026 30th Street

619-282-0456

www.toronadoSD.com

ALL DRAFTS

MONDAY 6 PM-10 PM

99[¢] Sake

Mon.-Sat. 9:30 pm-close 1 small house hot Sake

99¢ Sush

Mon.-Thurs. 9:30 pm-close Fri. & Sat. 10:30 pm-close 99° California Roll *1.99 Hot Hot CA Roll *2.99 Crunchy Roll *2.99 Hot Hot Crunchy Rol

99[¢] Beer

Mon.-Sat. 9:30 pm-close Budweiser Draft Bud Light Draft

Sushi Deli 3 is our New Location with a Full Bar

3 well drinks, \$2.75 microbrews, \$5.50 drink special (22oz. beer & small sake \$6.50 crazy special (22oz. beer & small crazy milk) – any time, any day.



7986 Armour Street • Kearny Mesa 92111 • 858-292-551

Pacific Beach's Best Happy Hour

4 pm-8 pm Every Day ALL DAY Monday & Wednesday!

\$1 Domestic Drafts

\$2 Import Drafts\$1.50 Mixed Drinks and Shots

\$3.50 Appetizers

\$12 Hookahs 11 am-8 pm every day



1050 GARNET AVE. PACIFIC BEACH 858-866-6006

Crab Bag

Truluck's is a Florida-based surf-and-turf house specializing in crabs — above all, Florida stone crabs, but also Maine Jonahs, Pacific Dungeness, never-frozen (they claim) Alaskan King, and even a bit of Maine Peekytoe and blue crab of unspecified geographic origin. Filling out the menu are other shellfish and fin-fish from all over, all nonendangered, along with naturally raised Niman Ranch meats and chicken. Truluck's boldly moved where no restaurant has gone and survived — the Aventine's notorious "corner of doom," at the opposite end of this four-restaurant upscale food-mall from Japengo.

I'm no great fan of chains, but shellfish are a passion, and Truluck's has been offering a summertime bargain "Date Menu" — appetizer, entrée, and shared dessert for two for \$35 a person. I phoned to ask when "summer" would officially end. The hostess didn't know and couldn't dig up a manager, but she thought it would run through September. She'd have somebody call me back. No call ever came, but by the time I didn't hear from them, I was already eating there to get in on the deal: they had some crazy little stone crabs, and I was gonna get me some. "Hey, Sam," I emailed my most seafood-lovin' buddy, "Can I give you the crabs?" I wanted to try some à la carte choices, too, so asked him to bring along a date (Sam's a magnet for smart, lively women, always welcome tablecompany), and I'd play date-night chaperone.

Truluck's looks like a transplant from some other place, some other time — specifically, 1947–1967. After passing the more modern-looking live tank of Dungeness on the way in, you slide past a large, dark bar with shiny black floors, piano in the corner, and a large, muted flat-screen TV beamed at the adjoining dining room. Like facing Medusa, you need to blindfold yourself not to look at it, lest its hypnotic powers turn you into a stoned couch potato. Big mirrors and plaster game-fish hang on the walls. At least, I hope they're plaster. If not, that's a lot of sawdust-stuffed endan-



NAOMI WISE

gered marlin. I prefer it stuffed Baja-style with sliced limes, pickled red onion, and cilantro.

The spacious dining room is brighter, mixing four-top tables in various arrangements and burgundy pleather booths and more petrified fish

and mirrors on high. An eclectic loop of okay taped music was playing softly when we entered but soon gave way to the barroom's pianist belting out pre-rock vocals

loudly enough to drown out conversation, reminiscent of those torturous wedding receptions where hopelessly square parents have hired the band. Given the piscine menu, the entertainer should have updated the inescapable Dean Martin number to "When an eel nips your lip when you're taking a dip, that's a moray/ When a fish fangs your face while you're floating in place..." His country-western version of blues great Bessie Smith's "Nobody Knows You When You're Down and Out" ended with an appalling little Texas yodel before the final chord. It was a harbinger of the cooking to come.

The bread plate was mixed news: the baguette

slices were stale; the brown bread was sweet, soft, and warm; the butter was warm, too, and spreadable.

All "Dating Menu" dishes are drawn from the à la carte choices, so even if this option expires,

you can get the same dishes anytime (most food prices are moderate, unless you opt for luxury stuff). It offers several salads and a soup for starters — the lat-

ter, an interesting crab-and-corn chowder. It was dense and creamy, and oddly, a little smoky, with potato slices and tiny corn kernels — very likable. In this retro atmosphere, I couldn't resist trying the "Wedge" salad (iceberg with diced tomatoes, crumbled bacon, a bit of Maytag blue). Its bluecheese dressing was thin, sweet, not very cheesy. Wished I'd chosen the Caesar instead, or the Sonoma Greens. (But didn't the menu say "local produce"? Sonoma is 750 miles north, near enough for baby goats and goat cheese, but we've got great greens a lot more local all over North County.)

For the à la carte starter, we chose rock-shrimpand-artichoke beignets (fritters). They did look

Truluck's

★½ (Fair to Good

The Aventine, 8990 University Center Lane, La Jolla, 858-453-2583, *trulucks.com*.

HOURS: Monday—Thursday 5:00–10:00 p.m., until 11 p.m. weekends, until 9 p.m. Sunday. **PRICES:** "Date Menu" prix fixe through summer (two courses, shared dessert); \$35 per person. "Chilled Seafood Tower" priced by the piece (\$2.50 oysters, \$3 Jonah claws, tiger prawns \$8, cocktails \$3–\$15); shareable starters, \$7–\$17; entrées, \$17–\$43 (plus market-price shellfish); sides. \$5–\$12

CUISINE AND BEVERAGES: Seafood and steaks with large garnish portions of starch, featuring non-endangered catch, Niman Ranch (natural) meats. Vast, fun wine list, plenty by the glass, including four-pour flights; full bar.

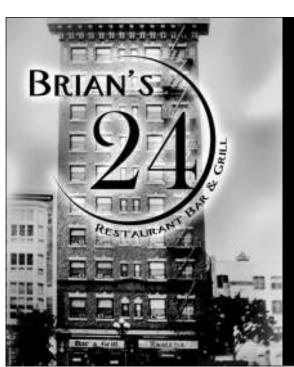
PICK HITS: Crab-and-corn chowder; rockshrimp-and-artichoke beignets; crab fried rice. Good bets: Florida stone-crab claws in season (October–June); live Dungeness crab; Alaskan King crab legs.

NEED TO KNOW: Free validated valet parking. Live piano-bar music (miked loud). Business-casual dress. Retro ('50s) ambiance, without irony.

Ratings reflect the reviewer's reaction to food, ambience, and service, with price taken into consideration. Menu listings and prices are subject to change.

Go to SanDiegoReader.com to find hundreds of past reviews.

like darker-colored, overgrown N'Awlins breakfast beignets. Tender and mostly tasty, but uneven from one to the next, some carried a slash of hot spice, others were sweet; a few had excess batter. They came with habanero aioli dip, heavy and spicy enough to overwhelm not just the puffs but an army of hungry Visigoths — not bad when applied discreetly in bloblets. Like most other plates, this also offered net-wrapped lemon halves for squeezing, a useful fallback whenever the kitchen's more elaborate concoctions failed.



Breakfast, lunch and dinner served 24 hours, 7 days a week

The best hotcakes you have ever tasted or they're free!

We are so confident that our hotcakes are the best you'll ever taste that we're willing to put your taste buds to the test. Our pancakes are made from the finest flour and sweetest buttermilk on the planet.

And the same goes for our old-fashioned malted waffles. Try them and you'll be hooked for life!

Extraordinary portions served around the clock including:

Gourmet Multi-Grain Hotcakes I Stuffed French Toast
Chicken Strips Cordon Bleu Sandwich I Half-Pound Old-Fashioned Patty Melt
Complete menu available at www.Brians24.com

The only 24/7 restaurant in Downtown 828 Sixth Avenue, between E and F Streets in the Gaslamp | 1 619-702-8410

Calendar

While we pondered what to order, our server (a charming Aussie named Michael) brought out a tray of all available crabs and gave a memorized spiel about each. He swore the huge Alaskan King crab claws had never been frozen (nearly all this species are flash-frozen on shipboard before they ever reach land, according to an ex-Alaska crabber acquaintance). I was sorely tempted by the Dungeness, but at \$24 per pound (average 11/2 pounds each), I gave up my Dungeness dreams. Florida stone crabs were off-season, but the Date Menu offered chilled "Texas Stone Crab Claws" (farm-raised by the company) instead, so we were guaranteed crustaceans in any case. As it turned out, all the pretty little stone crabs (with the tropical colors of a macaw) were gone that evening, though we'd arrived fairly early, so with our permission the kitchen substituted Jonah crabs. And now I know why nobody ever heard of

Jonah crabs until a few years ago, when Peekytoe became a fad and cheaper Jonahs became a sometime-substitute for them. I learned this lesson most vividly when dealing with the leftoyer half-portion at home.

Jonah shells are totally tough - tougher than Rambo, tougher than Chuck Norris, tougher than Ah-nold. We've got crustacean Hulks here. All your lobster-dismemberment tools are of no avail. The only option is to bam them with a mallet until the shells are shards (as the kitchen did at the restaurant), which then get in the way of trying to eat the flesh, 'cause you have to peel all that flotsam off. Worse yet, the center of each claw has a "room divider" of tough cellulose, so you must scoop out the shreds of meat from each side — there is little hope of getting a big succulent bite of claw-meat from this species. After all that labor, half a portion left a scant half-cup of salty shreds, not nearly as sweet as Dungeness or blue crab. Maybe the stone crabs, if you can get 'em, are worth it.

The claws came with a little thin pink-mayo dip and a sep-

arate plate of thick grilled asparagus, topping mucky Parmesan mashed potatoes, which, as far as I could tell, had no dairy aside from the cheese, probably using potato-water for thinner. None of us detected Parmesan as a specific flavor, just the cheesy weight of it. And these were the standard starch with almost everything, in almost Claim Jumper quantities.

The menu also offered a choice of grilled Icelandic char, one of my favorite fin-fishes. It's a pink-fleshed cold-water sea trout from the Bering Sea, with the richness of salmon but the subtlety of trout. But even so fatty a fish dries out when overcooked, as these thin fillets were, to the max. The menu said they came with black beans and rice (the beans AWOL) and with fried bananas, which were delicious. Smoked scotch-bonnet aioli was also MIA, leaving only a pleasant slick of cilantro oil for flavoring the fish-leather.

My chaperonal à la carte entrée was Beef Oscar (a variant on old-timey Veal Oscar), with Niman Ranch sirloin "topped with fresh Maine Peekytoe crab, shaved asparagus, and jalapeño Béarnaise," served with more Parmesan mash. I ordered the beef "very rare." It came rare. Okay. But the crabmeat and sauce weren't elegantly piled atop the beef in traditional style, to savor their flavors, but mingled with the asparagus shavings in that staggering sludge of potato-cheese mush — a mess of starchy porridge.

This was the point where, like Dante at the Gate of Hell. I lost all hope, forced to recognize that the problem at Truluck's was endemic sloppy cooking and plating, a seeming indifference to craftsmanship. The chain seems to have ambitions and offers fine ingredients but can't do them justice because it evidently doesn't teach the kitchen to treat those ingredients with respect. As a reader wrote in to the website a few weeks ago (complaining about San Diego eateries in general), it was as if the cooks were all gardeners a few days before they were hired and received insufficient training on the job.

So, this is not a "fine-food dining" seafood chain after all, but a "lotsa food slopped on your plate" chain. It's misplaced, a poor fit for the chic Aventine ambiance anchored by Japengo and its professionally slim, stiletto-heeled-women, flirting with well-dressed men driving Bentleys — more apt for the SUV crowd at a suburban foodmall anchored by an all-youcan-eat buffet. Sam kept thinking it was based in Texas rather than Florida, since portions were so huge and starch-heavy. (In contrast, at most of the upscale restaurants where I've been eating "budget" dinners this summer, starch garnishes are minimal and carb-lite, creative, local-grown vegetable preparations are offered.) I'm in no position to snipe at anybody's weight, but most of our fellow diners did indeed look like folks who valued quantity over quality. Even at a nearby birthday party of eight, they barely talked to their fellow celebrants but bent obsessively over the plates, shoveling it in.

We ordered a couple of sides, which only verified this impression. The King crab mac (penne) and cheese was heavy and glutinous, with a bit of fun from smoked Gouda as the

cheese — still, basically, glop. The best dish of the evening was another side, Crab Fried Rice. This, at last, was light and clean, slightly sweet, where you could taste the crab and the individual vegetables (red pepper, mild green jalapeño, carrots, baby shiitakes) in the mixture. It was like a blessed brief return to 21st-century urban California, after a dinner mired in the heavy, careless luxuries of 1957.

We still had a shared dessert to choose. The Date Menu has a choice of chocolate malt cake and carrot cake. Waiter Michael brought out the whole dessert tray to tempt us further. It resembled a scale model for a downtown redevelopment project, numerous towering edifices of sweetness. We stuck with carrot cake, a wedge sized to serve as a container-port warehouse on the future waterfront. It tasted all-American straightforward — very sweet, with caramel sauce and walnutshaped brown sugar puffs on the side. Sam's date Jennifer took a few modest bites, as did I. These were sufficient, and we sent the bulk of it home with marathon-runner Sam, who is skinny enough to handle the calories.

As I said, I generally don't love chains, so all the more important to compare Truluck's to other local seafood chains. King's Seafood in Mission Valley blows Truluck's out of the water — fresh seafood, nice cooking (some simple, some dishes as imaginative as Truluck's best — but better executed). Brigantine wipes 'em out, too — I've never eaten at an actual Brigantine, but their spin-off Zocalo in Old Town offers lots of light, interesting appetizers, along with better Puerto Nuevo local lobster than Puerto Nuevo itself, and their Miguel's Cantina has Mexicanstyle seafood (in indulgently goopy sauces) cooked reliably tender. (I love bringing visitors with kids to the Coronado location — the young'uns fall in love with the food as well as the festive atmosphere.) And although Anthony's style is too plain for me, their catch comes fresh from their own local fleet and processing company; the plates taste cleaner. And, of course, we've also got more remote-based fine-dining seafood

chains like the popular Oceanaire and McCormick and Schmick's. The edge all these have over Truluck's is that the cooks respect the ingredients — and the eaters. So, given the local rivals — lots o' luck to Truluck's. Unless they whip their kitchen into competitive condition, I'll wager that Truluck's may have no luck at all here.

Bargain Bites

The big bargain news for September is, of course, Restaurant Week, September 13–18 (sandiegorestaurantweek.com), with three-course meals priced at \$40, \$30, and \$20. You choose the ones you want, you call the restaurant to reserve.

The \$40 menus are a chance to eat at top restaurants that may be otherwise off the charts financially. For instance, I'm booking for Grant Grill, which has a new chef whose work I want to try but is otherwise way beyond my newspaper budget in these leaner times — one meal there, I'd have to Tin Fork it for the rest of the month. My choice last year was 1500 Ocean. A.R. Valentien, Arterra, Cavaillon, El Bizcocho, Market, Nine-Ten, and Tapenade are among the other superb possibilities.

In the \$30 realm, many choices are thoroughly excellent neighborhood restaurants (e.g., Kensington Grill, Kous Kous, Terra), where you'll save about \$20 on a fine meal in homey comfort — but some spiffy choices in this price range surprised me: Baleen? Bernard'O, with its great chef? Jai? J-Six? Splashy, silly Peohe's, with its amazing view and dizzy tropical decor? Quarter Kitchen, with its new fall menu? View-endowed Red Marlin? And the lovely Roseville? Wow. times must be tough, indeed! I have, alas, not one recommendation for the \$20 meals, most of them chain-y (as in dreadful Dick or scary Lon).

Another great source for bargain meals: the happy-hour pages in this paper. You already know that most listings offer bargain drinks, but some listings and several ads offer cut-price foods as well. Put on those bifocals (or take 'em off, if you've joined the presbyopian choir) and scan the fine print!





RESTAURANT LISTINGS

A complete searchable list of over 600 restaurants is available online at SanDiegoReader.com. Price estimates are based on the latest information available for a midrange entrée. Inexpensive: below \$10; moderate: \$10 to \$19; expensive: \$20 to \$29; very expensive: more than \$30.

Alpine

Alpine Inn 2225 Alpine Bl., Alpine, 619-445-5172. Beef-lovers heaven, with a juicy special ground-in-house (so rare-cooked is feasible) Texas burger. Crowded weekends. Moderate to expensive.

Baja

From the United States use the prefix 011-52 when calling Mexico.

Chiki Jai Avenida Revolución #1388, Tijuana, 664-685-4955. The food's Spanish, so paella is big (with soup, salad, French bread, and bleu cheese), but try baby eel appetizers, chorizo (pork sausages), bacalao (cod fish) à la vizcaína, trout with olive oil and garlic. Inexpensive to moderate.

Original Ortega's Calle Principal (next to Casa de la Langosta), Puerto Nuevo. The spiny lobsters (once local but now from who-knows-where) are fried in lard, finished off on the grill, and served with melted margarine blend, frijoles, rice, tortillas, and salsa. Many other starters, entrées, desserts available. Moderate to high, low-moderate specials.

Los Pelicanos Calle Cedros #115, Rosarito, 661-612-0445. This hotel dining room is El Nido's little sister, with a shorter menu. It serves good steaks and surf 'n' turf in a handsome room and, at lunch, on a pretty ocean-view terrace. Moderate.

Tacos Varios y Aguas Frescas Corner of Constitución and Third, Tijuana. The cart is only here from 6pm to 6am, but from tongue to chicken mole to *milanesa*, steak ranchero, carne asada, *chile relleno*, and *pescado* (fish), they create meals right there. Inexpensive.

Balboa Park

Japanese Tea Pavilion 2215 Pan American Way, Balboa Park, 619-231-0048. The teriyaki bowl with salmon, the sweetish *udon soba* noodle soup with tofu *kitsune*, and even the California sandwich piled high with "krab" meat are good and feel Japanese. Inexpensive.

The Prado 1549 El Prado, Balboa Park, 619-557-9441. Exquisite setting in the park offers generous portions on a something-for-everyone menu. Top choices: meaty crab cakes, slow-roasted pork loin, banana *tres leches* cake. Moderate to expensive.

Banker's Hill

Alex's Brown Bag 2550 Fifth Ave., Banker's Hill, 619-231-2912. The reborn Alex's (now in the Mr. A's building) is a deli rightly famous for its Original Philadelphia Cheese Steak Sandwich. Inexpensive.

Avenue 5 2760 Fifth Ave., Banker's Hill, 619-542-0394. Chef-owner Colin MacLaggan offers a short, tasty menu of creative, seasonal, French-influenced California cuisine (and house-made desserts) in a chic, classy-casual neigh-

borhood bistro. Happy-hour bargains at bar; otherwise high-moderate.

Azuki Sushi Lounge 2321 Fifth Ave., Banker's Hill, 619-238-4760. Skillful, creative sushi and sashimi in a convivial atmosphere. Don't miss the spicy Pon Hama (yellowtail sashimi with yuzu juice and chili powder) or the fusion-y RU Kidding Me roll, the owner's favorite. Moderate to expensive.

Joe's New York-Style Deli 3401 First Ave., Banker's Hill, 619-295-7666. Go for wraps, jumbo hot dogs with sauerkraut, or East Coast-generous sandwiches like corned beef, dry Genoa salami, cotto salami, bologna, or liverwurst. That Boar's Head liverwurst is da bomb. Inexpensive.

Borrego Springs

La Casa del Zorro 3845 Yaqui Pass Rd., Borrego Springs, 760-767-5323. The menu offers elaborate seafood appetizers and entrées with subtle sauces, fresh veggies from nearer the coast, and rather mild-flavored, tender meats, evidently chosen to be gentle to the dentures of the duffers. Very expensive.

Carlsbad

Joey's Smokin' B-B-Q 6955 El Camino Real, Carlsbad, 760-929-1396. Also 4645 Carmel Mountain Rd., Carmel Valley, 858-350-1317. It's not Southern so much as SoCal "Q," but the meats are genuinely smoked. Pulled pork offers reasonably credible Memphis-style flavor; ribs come in three versions. Inexpensive to moderate.

Pizza Port 571 Carlsbad Village Dr., Carlsbad, 760-720-7007. Also 135 N.

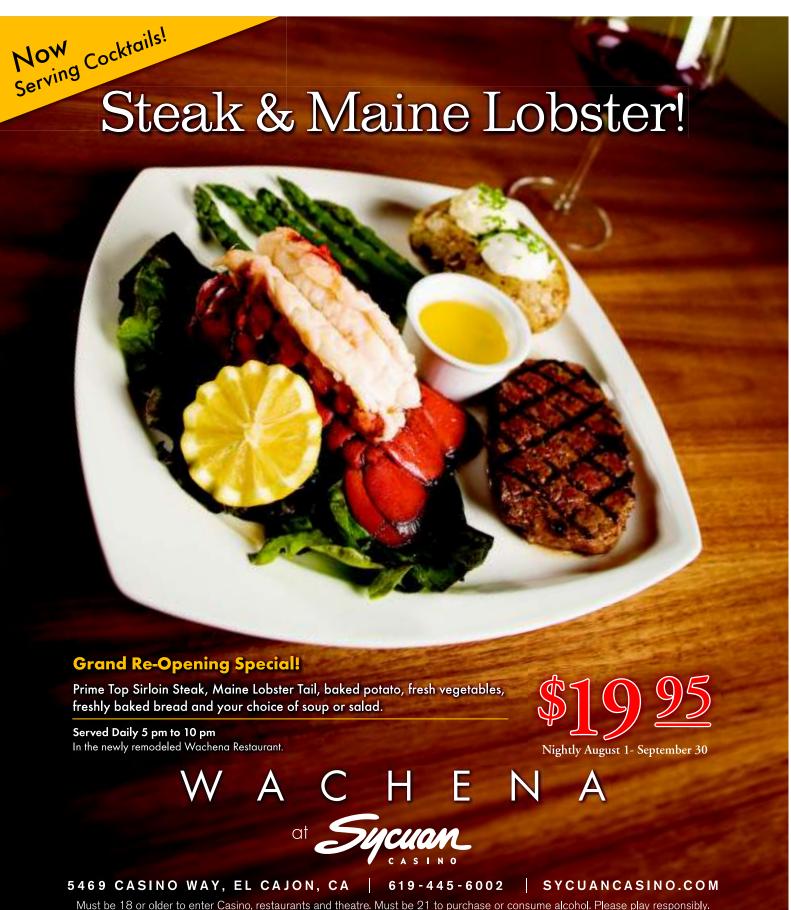
Coast Hwy. 101, Solana Beach, 858-481-7332. Pizza Port brews their own beer (try Sharkbite Red) and flings their own pizzas, New York style. Filling combos can be great, like the Pizza Carlsbad or the Pizza Solana. Inexpensive.

Carmel Mountain

Athens Market Café 11640 Carmel Mountain Rd., Carmel Mountain, 858-675-2225. Vickie Pappas (sis of Mary) serves up the Greek classics at this offshoot of Athens Market, with particularly flavorful lamb souvlaki and lamb chops. Inexpensive to moderate.

Carmel Valley

Arterra 11966 El Camino Real, Carmel Valley, 858-369-6032. Local, sustainably raised ingredients in treatments growing bolder over the years, offering treat for both palate and mind. A blithe patio, sushi bar, and happy hour at the



booze bar offer more casual (still serious) eats. Expensive-plus.

Chula Vista

La Bella Pizza Garden 373 Third Ave., Chula Vista, 619-426-8820. Rustic-looking family-run restaurant offers Italian-American standards, big portions, low prices, late hours. The hit with kids is "Papa's Favorite" eight-inch pizza. Inexpensive.

El Dorado Seafood & Grill 311 Palomar St., Chula Vista, 619-426-4545. Zesty Peruvian dishes include papa relleno (creamy potato with a lively beef and raisin filling), seco de cabrito (young goat in a complex, herbal stew). Mexican-style seafood served here, too. Inexpensive to moderate.

City Heights

El Borrego Restaurant 4280 El Cajon Bl., City Heights, 619-281-1355. Specializes in fascinating Mexican lamb dishes, including spicy, smoky mixiote (lamb cooked inside thin maguey skin) and pancita, similar to haggis. Inexpensive

Red Sea Restaurant 4717 University Ave., City Heights, 619-285-9722. You'll find richly seasoned Ethiopian cuisine served on a porous pancake, injera. The kitfo (spicy beef tartare) is good, the gored gored (meat in spicy butter) is excellent. Vibrant veggies, too. Inexpensive.

Super Cocina 3627 University Ave. City Heights, 619-584-6244. Mexican housewives prepare specialties for the restaurant. They're complex meat or poultry stews made without border compromises. The dozen entrées change daily from a rotating repertory of about 100. Inexpensive.

Tom's Chinese BBQ 4414 University Ave., City Heights, 619-563-8225 The roast ribs, roast pork, and BBQ spare ribs are excellent. So is pork fried rice and the dim sum. But you should also try the pig's rectum, duck's feet, stomach lining, ears, and wiggly small intestines. Inexpensive.

Clairemont

Boomerangs Gourmet Burger Joint 4577 Clairemont Dr., Clairemont, 858-483-9500. Create-your burger options include horseradish. artichoke hearts, carrots, cranberries, cheeses, and mushrooms, Chop and tuck these into raw burger meat, like a joey into mama roo's pocket. Inexpensive.

Lightnin' Jack's BBQ 4705-H Clairemont Dr., Clairemont, 858-270-8227. Mall atmosphere, but hickoryfueled Texas-style pit barbecue turns out tender, moist pork ribs and reasonably smoky brisket. Nice fried catfish, too. Hush puppies and sweet potato fries are the tastiest sides. Inexpensive to moderate.

College Area

4.0 Deli 5844 Montezuma Rd., College Area, 619-281-4040. Try the Montezuma, a toasted sub with grilled chicken cutlets, chorizo, Monterey Jack, and a kick-butt Southwestern dressing.

Woodstock's Pizza 6145 El Cajon Bl., College Area, 619-265-0999. Crusts

- white or sweetly robust whole wheat are pressed, tossed, and folded over at the edge, producing a spongy, crunch-crusted rim. The mozzarella is rich, gooey whole milk; the marinara sauce is dark and spicy. Inexpensive.

Coronado

Bistro d'Asia 1301 Orange Ave., Coronado, 619-437-6677. The relaxing restaurant attached to the hardy Lizard Lounge serves gentled-down dishes from East Asia. Good sushi bar in the Lounge. Moderate.

Crown Room Hotel Del, 1500 Orange Ave., Coronado, 619-435-6611. In this vaulted dining room, presidents, princes and Marilyn Monroe have chowed down. Open only for elaborate Sunday brunch, with cooking not quite up to the visual grandeur. Expensive.

Mexican Village 126 Orange Ave., Coronado, 619-435-3111. Old restaurant revives with new (Mexican) owner. Old Coronadans say the signature burritos (filled with tripe, pork and potato, chorizo and eggs, etc.) match even their gilded Korea- and Vietnam-era memories. Inexpensive to moderate.

Rhinoceros 1166 Orange Ave., Coronado, 619-435-2121. Meat and fish choices are prepared simply with generic veggie accompaniments. Why, then, is Rhino so popular? Pasta is the answer - that's where the kitchen shines. Moderate (pastas) to expensive.

Del Mar

Osteria del Pescatore 1201 Camino del Mar, Del Mar, 858-509-9293. Italian seafood, garden setting. Best are the daily specials, including spaghetti *a cartoccio* (baked in parchment) and lobster risotto. Save room for dessert, especially if offerings include torta alla nonna. High-moderate to expensive.

Poseidon 1670 Coast Bl., Del Mar, 858-755-9345. It's all about the glorious seaside view. Lunches run to sandwiches, burgers, and fried seafood. Dinner dishes mingle Pacific Rim-Mediterranean-Mexican flavors, with some emphasis on seafood. Moderate to expensive.

Red Tracton's 550 Via de la Valle, Del Mar, 858-755-6600. Manly retro atmosphere, huge portions. The selection is generous: steaks, prime rib, seafood, chicken, and pork — all expertly prepared and served in record time. Expensive.

Sbicca American Bistro 215 15th St., Del Mar, 858-481-1001. Pristine California cuisine highlights local produce in deluxe, seasonal dishes that engage the mind along with the palate, e.g., a lemon-pistachio cake that changes as you cut it, crumbling into a berry coulis. High-moderate to expensive.

Downtown

Acqua Al 2 322 Fifth Ave., Downtown, 619-230-0382. Mainly plain Tuscan cuisine, highlighted by pleasing vegetarian pastas and risottos featuring earthy porcini mushrooms. Moderate (pasta) to expensive.

Bandar Fine Persian Cuisine 825 and 837 Fourth Ave., Downtown, 619-238-0101. Skillful, healthful cooking from an ancient high cuisine. Refined entrées featuring rice with poultry are elaborately garnished; rose-flavored Persian ice cream is a romantic ending. Moderate

Café Sevilla 555 Fourth Ave., Down town, 619-233-5979. A loud, convivial tapas bar adjoins a quieter, romantic Spanish restaurant, but you can get

tapas in the restaurant and entrées at the bar. At both, the choices are varied, interesting, and cosmopolitan. Great sangria. Moderate.

Café de L'Opera 1354 Fifth Ave. Downtown, 619-234-0425. Pastry chef Thierry Cahez offers a genuine French feeling and food, in a pâtisserie with exquisite dessert pastries, breakfast croissants, and Gallic lunches like mini-pizzas and croque monsieurs (toasted cheese sandwich with ham). Inexpensive.

Candelas 416 Third Ave., Downtown, 619-702-4455. Don't look for tacos here — chef Eduardo Baeza specializes in sophisticated, delectable Mexican haute cuisine made with French techniques. Interesting but expensive wine list; food

The Field Irish Pub and Restaurant 544 Fifth Ave., Downtown, 619-232-9840. This spirited, colorful saloon, transported whole hog from the Ould Sod, offers Irish music live most nights. Try the herb-rich Irish stew, or the boxty — potato crepes with a variety of fillings (salmon, beef, etc.). Low-moderate.

Lou and Mickey's 224 Fifth Ave., Downtown, 619-237-4900. Fifties-style surf 'n' turfer owned by King's Seafood, with fine fish quality, simple fare. Best dishes include New Orleans BBQ shrimp — a buttery, spicy Creole extravaganza (available as starter or entrée) — and the huge, juicy rib-eye Cowbov Steak. Fish moderate, meats

Mister Tiki Mai Tai Lounge 801 Fifth Ave., Downtown, 619-233-1183. Asian fusion items, elementary sushi, and the occasional sprint into fusion-cuisine seafood are ballast for the real gourmet fare: tropical umbrella drinks.

The Palm 615 J St., Downtown, 619-702-6500. The fare features tender dryaged and wet-aged USDA Prime beef from the chain's own wholesale butcher

and, for high-rollers, monster-sized Nova Scotia lobsters. Also consider shrimp Bruno (with a Dijon sauce), baked crab cakes. Very expensive.

Panda Inn 506 Horton Plaza, Downtown, 619-233-7800. Family-friendly menu offers greaseless dishes to suit all tastes. Tofu with eggplant and the Mongolian Hotpot, a meatball casserole with Chinese cabbage, are among the more authentic choices. Lunches inexpensive, dinners moderate.

Pokéz Mexican Restaurant and Vegetarian Cuisine 947 E St., Downtown, 619-702-7160. Hipster atmosphere and mainly Mexican vegetarian fare (with some carnivore dishes like steak ranchero or sautéed chicken fajitas). Inexpensive.

RA Sushi 474 Broadway, Downtown, 619-321-0021. Big and splashy, this Arizona-based chain restaurant creates a high-energy atmosphere with loud music and louder decor. The grazing menu features sushi, sashimi, and hosts of Asian-oid appetizers, plus substantial noodle dishes and entrées. Moderate.

Super Jr. Market & Deli 1036 Seventh Ave., Downtown, 619-232-6367. Sandwiches include Boar's Head meat, cheeses, and fixings galore. Hot dishes sold by the pound: pork loin, chicken fajitas, honey ham, turkey, catfish, tilapia — all with two side dishes like rice, veggies, baked potato. Inexpensive.

El Cajon

Downtown Café 182 E. Main St., El Cajon, 619-440-5687. A Mexican-style patio restaurant serving gringo food. Reasonable prices for baby-back pork ribs, burritos, or Louisiana chicken strips. Or even the veggie burger. Inexpensive to moderate.

Geno's Barbecue 291 W. Main St., El Cajon, 619-444-3667. Try #5, pulled pork and slaw, or #9, shredded beef,









Oysters • Garlic Crab • Garlic Fried Shrimp

BBO Beef Ribs • Baked Salmon

with Dinner Every Night, **Monday-Sunday!**

Now Serving Crab Legs

Buy 1 Dinner Buffet at \$11.99, 2nd Buffet is \$5.99 Expires 9/17/09. One coupon per couple. Clairemont location only. Friday Night/Saturday/Sunday Dinner Price. Over 150 dishes alternated daily!

VIP Oriental Buffet

All-you-can-eat

Japanese · Chinese · Seafood · Italian

\$399 Lunch (includes drink)

\$5°9 Dinner (includes drink)

Buy 1 Lunch Buffet at \$7.99, 2nd Buffet is \$3.99

5541 Clairemont Mesa Blvd. • 858-571-8473 (In Madison Square plaza just west of the 805)

Open Sun.-Thurs. 11 am-9 pm Fri. & Sat. 11 am-9:30 pm





Best all-you-can-eat sushi in San Diego County!

All fresh fish!

All-you-can-eat lunch until 4 pm only \$19.95
All-you-can-eat dinner 4 pm-close only \$24.95

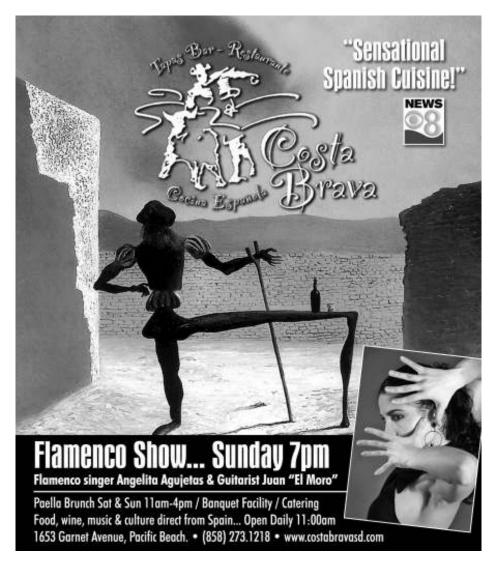
20% off specialty rolls 50% off cocktails

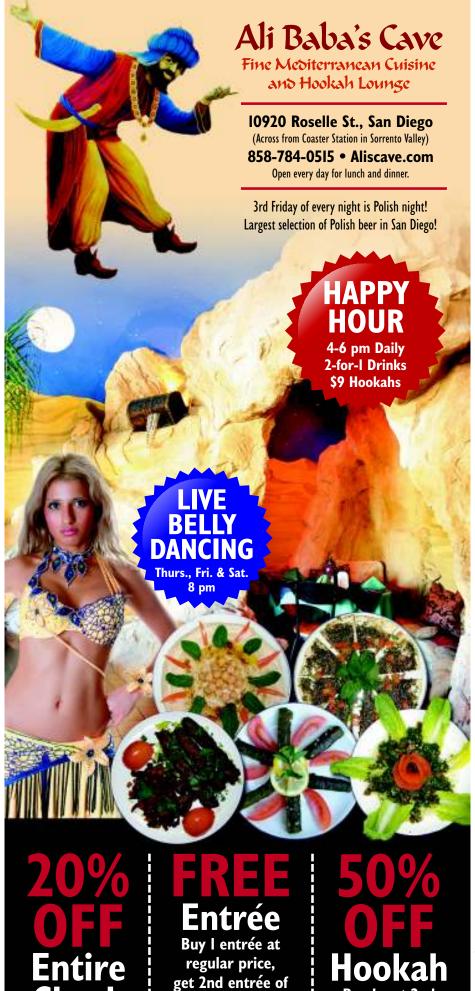
Limit 2 per person. With this ad.

Lunch Special \$5.75 stir-fry chicken and vegetables served with miso, salad and rice!

HANA JAPANESE RESTAURANT
2415 VISTA WAY IN OCEANSIDE • 760-439-3283
OPEN 7 DAYS A WEEK • 11:30 AM-9:30 PM







equal or lesser

value free.

Not valid with other offers.

Expires 9/16/09. SDReader.

Expires 9/16/09. SDReader.

San Diego Reader September 3, 2009

Buy I, get 2nd

at half price.

Not valid with other offers.

Expires 9/16/09. SDReader.

Calendar

melted Jack, and sautéed onions. Sides like dirty rice and cornbread are good, but if you're light of pocket go for the Ripcurl (hot dog). Inexpensive.

Greek Town Buffet 345 W. Main St., El Cajon, 619-441-9708. Have gyros, but also try chicken souvlaki (grilled lemon chicken) or start with excellent dolmades (grape leaves wrapped around beef and rice). Don't skip Greek desserts. Inexpensive.

Encinitas

Jamroc 101 Caribbean Grill 101 N. Coast Hwy. 101, Encinitas, 760-436-3162. Kick back to reggae with a fresh coconut water and the Jamaican sampler, including luscious soft-fried plantains and splendid patties (empanadas

to you and me) with a choice of fill-

ings. The jerk's way mild. Inexpensive

Savory 267 N. El Camino Real, Encinitas, 760-634-5556. Chef-owner Pascal Vignau serves a changing menu of southern French and Mediterranean cooking spotlighting seasonal local produce. Highlights include a rich macaroni-and-ham casserole. Moderate.

Tomiko 87 Encinitas Bl., Encinitas, 760-633-3587. Great sushi, including fabulous *uni*, world-beating silky *toro*. Appetizers like salmon tower tartare and drunken black cod are rewarding, as are the simple, excellent fusion-tinged seafood entrées. Moderate.

I Trulli Trattoria 830 S. Coast Hwy. 101, Encinitas, 760-943-6800. The signifiers of seriousness are the pink peppercorns, goat cheese, sun-dried tomatoes, and light cream sauces that coexist with the more traditional mozzarellatomato sauce arrays. Moderate.

Tuscan Sun Italian Deli 1070 N. El Camino Real, Encinitas, 760-633-4546. Domestic and imported meats and cheeses, fresh-baked breads and focaccia, marinated veggies, and gourmet products from Italy. The specialty is the Caprese sandwich on focaccia bread. Inexpensive.



Escondido

Bistro 221 221 E. Grand Ave., Escondido, 760-737-7398. Simple dishes shine at this genteel bistro, like sophisticated lunch quesadillas and dinner appetizers like Florida gumbo and Maryland crab cake. Moderate.

El Galeón 503 W. Mission Ave., Escondido, 760-746-5951. Mexican seafood stars here. Shrimp and langostino ("squat lobster" in fishermen's terms) are house specialties. Consider a marlin taco (squeeze some lime onto this rich, strong fish) or savory *albondigas* soup. Inexpensive to moderate.

Hacienda de Vega 2608 S. Escondido Bl., Escondido, 760-738-9805. In gorgeous surroundings (mansion and garden), Señora Vega offers sophisticated Mexico City cuisine. You'll find interesting appetizers along with entrées featuring complex sauces and a huge bargain-priced Sunday brunch. Inexpensive to moderate.

Fallbrook

El Parque 2659 Reche Rd., Fallbrook, 760-731-2775. Good combination plates include the tostada with beef taco and the burrito with enchilada. Better yet, on Sunday morning, agricultural workers pour in here for menudo, cooked in a three-foot-high pot. Inexpensive.

Wayside Café 507 South Main Ave., Fallbrook, 760-723-9633. The place used to be a gas station. You can even sit in the old lube bay to eat. Count on generous servings, especially the mountain piles of red-skinned home fries as a side at breakfast. Inexpensive.

Hillcrest

Bread and Cie 350 University Ave., Hillcrest, 619-683-9322. Crusty European peasant breads include anise-fig and black-olive loaves. Focaccia pizza and savory sandwiches (many with thick bread and thin fillings) are available to take out or eat on the spot. Interpretable of the properties of the same and the same are presented to the same and the same are presented to the same are same and the same are same as a same are same are same as a same are same are same as a same are same as a same are same are same as a same are same are same are same as a same are same are same as a same are same as a same are same



What the Chef Eats by Pamela Hunt-Cloyd

QUICK CHICKEN TOSTADAS

BY CHRIS WALSH, EXECUTIVE CHEF, BITE

Back in the '80s, when I was executive chef at California Cuisine, cooking went through this really exciting time. All of a sudden there was Alice Waters and Wolfgang Puck and a sudden new explosion of local, fresh, and experimental food.

There was a shortlived trend called grazing that I participated in. A bunch of us would drive up to L.A. for the night and hit four or five new restaurants. We would have an appetizer at Spago and then go to Citrus for dessert. We went to Tommy Tang's, Border Grill, all the places that were new at the time and famous. By only ordering a small plate, we got to try a lot of great food without draining our finances.

But I've always liked the idea of bite-sized portions. For the most part, they are the dishes that chefs play around with the most. They are the most experimental. Entrées are more of a middle ground, trying to stay on the safe side. The other thing about an entrée is that they are just so big. With tapas, you can realize, *Oh*, *I was going to order one more thing but I think I'm full.*

I don't go out to eat as much as I used to. Bite is my restaurant, and it's only two years old so I am there a lot, nurturing it.

After a long day at work, one of my favorite quick meals is to grab a roasted chicken from the deli and make some



homemade chicken tostadas. You can fry up some tortillas, mash up some pinto beans, and add sour cream and cheese.

From start to finish, the whole process only takes about 20 minutes, and you can enjoy a cold beer or a glass of wine before, during, and after

City Delicatessen 555 University Ave., Hillcrest, 619-295-2747. Some folk come for the Jewish-American food (chicken-in-the-pot, brisket of beef, chopped liver), others to soak in the art-deco colors until midnight (3am weekends). Inexpensive to

Ichiban 1449 University Ave., Hillcrest, 619-299-7203. The best values are at lunch, with weekday specials like Bento combos (sushi rolls, crab, salmon, rice) and filling soups overflowing with veggies and thick *udon* noodles. Inexpensive.

Jack's Barbecue 1290 University Ave., Hillcrest, 619-574-1644. Jack's Sampler (four-bone baby back ribs, one half chicken, one portion of BBQ beef, fries, and slaw) is a good intro. Or porkrib tips or just a Cajun sausage sandwich or one of Jack's chili cheeseburgers with bacon. Inexpensive.

Pasha Mediterranean Grill & Café 3614 Fifth Ave., Hillcrest, 619-294-4444. Turkish specialties (including grilled beef cubes over eggplant mashed with garlic and yogurt) distinguish this Turkish-Lebanese halal restaurant from generic Middle Easterners, with which it shares a menu of kebabs, shawerma, salads, et al. Loads for vegans. No alcohol. Moderate.

Picasso Spanish Restaurant

3923 Fourth Ave., Hillcrest, 619-294-3061. Some top Basque tapas here include chicken-stuffed empanadillas, baby eels in garlic sauce, stuffed green lip mussels, and an outstanding paella (available as both a tapa and entrée). Moderate.

Pizza Fusion 3827 Fifth Ave., Hillcrest, 619-278-0057. Everything's green and organic at this eco-conscious chain. The pizzas are odd-shaped but tasty, with multigrain oval crusts, plenty of veggies, cheese, and sweet Italian sausage or organic steak. Inexpensive to moderate.

St. Tropez 3805 Fifth Ave., Hillcrest, 619-497-0297. Additional locations in Encinitas, Rancho Bernardo, downtown. These bright cafés with indoor outdoor seating offer scores of yummy house-baked breakfast pastries, desserts, and good coffee, plus Parisian-style *croque monsieur* and *madame*, crepes, quiche, onion soup, sophisticated sandwiches, and panini. Simple French dinners at some branches. Inexpensive.

Terra 3900 Vermont St., Hillcrest, 619-293-7088. Generously sized tapas can serve as appetizers or as a sustaining bite before venturing into Trader Joe's across the street. The dinner menu

changes seasonally, featuring barbecue items during the summer, comforting fare in colder weather. Moderate.

Imperial Beach

Olive Oil Organic Café 600 Palm Ave., Imperial Beach, 619-429-1779. Great vegan sandwiches on ciabatta or focaccia — the eggplant Baby Greens and the Vegan Fusion (imitation smoked turkey and salami, cheese). But the carnivorous sandwiches are also way better than they have to be. Also pizzas, salads, house-made soups. Inexpensive.

The Tin Fish 910 Seacoast Dr., Imperial Beach, 619-628-8414. Also 170 Sixth Ave., Downtown, 619-238-8100 (lunch only). The bill of fare features fish — fried, grilled, chowdered, or wrapped into burritos, tacos, or sandwiches. Great crab cakes. Inexpensive to low-moderate.

Imperial Valley

Owl Café 674 Main St., Imperial Valley, 760-336-0298. This café, over 50

years old, serves rib-sticking food. Try breakfast special #1: pancakes, two eggs, and two bacon strips. For lunch, the French dip sandwich. Full-plate dinners include roast beef and chickenfried steak. Inexpensive.

Kearny Mesa

B & B Deli & Catering 8690 Aero Dr., Kearny Mesa, 858-292-1636. Airmen's Comfort Food Central, offering plate-bursting lunch specials with all the fixin's: roast pork loin, meat loaf, curried chicken, Polish sausage, pepper steak, cabbage rolls. Generous breakfasts, too. Inexpensive.

Dumpling Inn 4619 Convoy St., Kearny Mesa, 858-268-9638. Tiny, plain setting offering authentic northern Chinese and Szechuan dishes. Ten fish and green-chive dumplings, spicy three-ingredient lo mein (with jumbo shrimp, calamari, and chicken) and superb jellyfish salad are challenging and exciting. Inexpensive.

The Philadelphia Sandwich Company 3904 Convoy St., Kearny Mesa, 858-571-0888. The menu centers on Philly's two cult sandwiches: the hoagie and the cheese steak. The mixed-meat hoagie is more flavorful than a mere hero. For cheese steak, try the luscious "everything" with provolone, unless you're a Philly-born purist. Inexpensive.

San Tong Palace 4690 Convoy St., Kearny Mesa, 858-571-6837. Hybrid Korean-Chinese menu draws from these regions' tastiest styles. Try the delicious Rainbow Salad and outstanding dumplings, especially the seafood ones. The jellyfish salad is a treat for the adventurous. Inexpensive.

La Jolla

Barbarella 2171 Avenida de la Playa, La Jolla, 858-454-7373. Nestled in an English garden, you can dine indoors or out enjoying house-baked sourdough and a daily changing eclectic menu, cooked with imagination. Outstanding fresh fruit crepes in season. Moderate.



preparation. Of course, you can always roast your own chicken, make beans from scratch, and make your own salsa...if you've got the time, go for it!

INGREDIENTS

SERVES 4-6

1 deli roasted chicken. deboned and shredded 2-3 cloves garlic, minced (more to taste) ½ qt of canola oil, divided use 1 can pinto beans with liquid salt and pepper to taste 1 package thin yellow corn tortillas

1 package grated Mexican cheese mix 1 pint sour cream Fresh avocado slices (optional) Your favorite premade salsa or hot sauce

HOW TO DO IT

Debone and shred deli roasted chicken. Mince 2-3 cloves of garlic or run through a garlic press. Add 2 tablespoons of oil to a medium saucepan and place over medium heat. When the oil is hot, add the garlic and remove the pot from the heat so

the garlic doesn't burn and become bitter. Place beans in the pot with half of their liquid and return to the heat. Add salt and pepper and simmer for 10-15 minutes while stirring and slightly crushing the whole beans.

Meanwhile, heat a large sauté pan with remaining canola oil to approximately 350 degrees and fry tortillas. Drain on paper towels and lightly salt each tortilla. Once the beans and tortillas are ready, assemble the

tostadas by spreading a layer of beans on a tortilla, topping with shredded chicken meat, and topping with grated cheese, sour cream, avocado slices or chunks, and salsa.

Note: You can substitute refried beans for whole, mashed beans, but I prefer the whole beans. You can also reheat the chicken before assembling the tostadas if you wish.

To get other recipes from local chefs, go to sdreader.com.

Clay's La Jolla 7955 La Jolla Shores penthouse view of La Jolla, chef-owner Clay Bordan cooks up a seasonal California-fusion menu with international flavors, featuring organic vegetables, wild fish, naturally raised meats and fowl. Expensive.

Come On In 1030B Torrey Pines Rd., La Jolla, 858-551-1063. Suave Euro bistro with tree-shaded patio, serving sophisticated breakfasts and healthy lunches like fruit plates and veggie-mozzarella sandwiches. Inexpensive to moderate; dinners a little

George's at the Cove — Ocean **Terrace** 1250 Prospect St., La Jolla, 858-454-4244. This informal rooftop eatery has the best view of anywhere of the La Jolla Cove, but the food isn't the fine cuisine of the Dining Room downstairs — it's essentially spiffy grazing. Excellent mussels are the sole memorable dish. Skip the owner's "fa-

mous" bean soup, a vanity item. High-

The Marine Room 2000 Spindrift Dr., La Jolla, 858-459-7222. Sea-level ocean view and Chef Bernard Guillas's oceanic culinary inventiveness with fresh, exotic ingredients make every visit a voyage of discovery. Prepara tions are so elaborate, each menu listing reads like a whole tasting dinner. Expensive.

Nine-Ten 910 Prospect St., La Jolla, 858-964-5400. Chef Jason Knibb's culinary sophistication is big-city smart, offering adventurous seasonal cuisine

emphasizing fresh sustainable or organic ingredients and fresh ideas, with flawless flavor matches. Expensive.

Sante Ristorante 7811 Herschel Ave., La Jolla, 858-454-1315. Fresh seafood specials are available every night. Excellent pasta with mushrooms, ravioli with quail, and lamb chops Moderate (pastas) to expensive.

Trattoria Acqua 1298 Prospect St., La Jolla, 858-454-0709. The seasonally changing menu could be called avantgarde Italian, a style that more than pushes the Italian envelope with international influences. Desserts are superb. Moderate (pastas) to very expensive.

la Mesa

Mario's de La Mesa 8425 La Mesa Bl., La Mesa, 619-461-9390. Tasty gringo-Mex food. Tamales are rich, pillowy clouds of cornmeal surrounding richer shredded pork scattered with raisins. Pork also gets loving treatment in the carnitas roias, browned to the barest crisp. Inexpensive.

Lakeside

The Neighbor's Pub and Grub 12169 Woodside Ave., Lakeside, 619-561-8890. A neighborhood place beloved by locals serves until midnight (2am weekends). Big portions of simple, filling food, with standard pub grub

and daily specials like meat loaf, roast beef, fish 'n' chips, pork tenderloin. Inexpensive.

Linda Vista

Andrés Restaurant 1235 Morena Bl., Linda Vista, 619-275-4114. Nice introduction to Cuban cuisine, including lush "Cuban sandwiches" of pork, har and cheese, and ropa vieja ("old clothes") - shredded beef sautéed with mushrooms, peppers, tomatoes. Inexpensive to moderate.

Sushi Diner 7530 Mesa College Dr., Linda Vista, 858-565-1179. Most places, you can eat good or cheap. Here, you

can eat good *and* cheap. No surprise that students from Mesa College cram in at lunchtime for rolls, bowls, curries. Inexpensive.

Little Italy

The Glass Door Restaurant & Lounge 1835 Columbia St., Little Italy, 619-564-3755. Great bay and city views (especially from roofed balcony tables) draw a lively young crowd that enjoys the loud music and cut-price tasty drinks and grazes during the extended happy hours. Fun scene, not serious cuisine. Happy hour inexpensive, dinners moderate

Po Pazzo 1917 India St., Little Italy, 619-238-1917. The USDA Prime steaks are flash-roasted at 1700 degrees, and if they're a little chewy, they're also flavorful - especially the Sicilian steak. The pasta dishes and veggies are even better. Expensive.

Logan Heights

Las Cuatro Milpas 1857 Logan Ave., Logan Heights, 619-234-4460. The Estudillo family has been serving Mexican food here for three generation. Rice, beans, pork tacos (no beef), pork tamales, chorizo with eggs that's about it. Breakfast/lunch only. In-

Tamale Cart 1852 National Ave. Logan Heights, 619-338-9140. The choice of goodies stuffed in the middle can include pork, beef, chicken, cheese, pineapple, strawberries, or coconut. Try the *champurrado* drink: milk mixed with masa, chocolate, and cinnamon. Inexpensive.

Midway District

Brazil by the Bay Restaurant and Sports Bar 3770 Hancock St Midway District, 619-692-1410. Dishes of Bahia, Rio, and São Paulo. You can make a meal of appetizers like coxinhas, pasteles, croquetas, and kube (the Brazilian version of Lebanon's kibbe).

Mira Mesa

Bamboo Hut 9172 Mira Mesa Bl. Mira Mesa, 858-348-0414. A strip-mall taste of Hawaiian plate lunch and sushi, with outdoor wood-roofed patio. Uneven, but ahi poke, chicken katsu, and Rainbow Roll are good. Inexpensive.

Popeye's Chicken & Biscuits 530-1664. Several San Diego locations.

Over 900 more restaurant listings at SanDiegoReader.com



Wherever you go, if you find a Popeye's, you'll be eating Louisiana flavors. The étouffée (whether of chicken or craw fish, when available) is surprisingly decent. Inexpensive.

Mission Beach

Café Joié 3231 Mission Bl., Mission Beach, 858-488-5900. A modest café and grocery offers Puerto Rican and Latin American food and groceries. In-

Mission Hills

Blue Water Seafood Market and Grill 3667 India St., Mission Hills, 619-497-0914. Delicious simple fish cookery in no-frills eatery, plus a fish counter offering restaurant-quality fresh raw seafood including big, buttery oysters. Inexpensive to lowmoderate.

Saffron Noodles and Saté 3737 India St., Mission Hills, 619-574-7737. It's the smell of the spicy Thai chicken grilling that gets you. Choice of five sauces, from peanut to sweet pepper. Also try delicious, spicy noodle soups, like Tom Yum with shrimp. Inexpensive.



760-730-0088







OPEN 11:30 AM DAILY (excludes alcohol)

No take-out. Not valid with Happy Hour or any other discount. Valid for 2 to 4 people. One check, one coupon per table. Every day. Offer expires 9/16/09.

> 6738 LA JOLLA BLVD. • (858) 454-0369 • PARKING www.sucasarestaurant.com

Reader September 3, 2009

Get 1 Free

The Place for Restaurant Discounts...



Free lunch







50% off burger

12002 Carmel Mountain Rd. (858) 613-1576 Expires 09/17/09 • Coupon code: G1FSDR





16785 Bernardo Center Dr.

Expires 09/17/09 • Coupon code: G1FSDR

(858) 592-9555

15% off **buffet**



Half off pizza

13350 Camino Del Sur (858) 538-3333 Expires 09/17/09 • Coupon code: G1FSDR PIZZERIA

ANCHO PENASQUITOS



Free Spaghetti





Free pizza

Buy one large specialty pizza





RANCHO BERNARDO

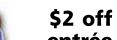


12165 Alta Carmel Court #120

Expires 09/17/09 • Coupon code: G1FSDR

25% off frozen yogurt





entrée

Pacific Beach, La Costa, Downtown and Eastlake Expires 09/17/09 • Coupon code: G1FSDR



Free

Free menu

12205 Scripps Poway Pkwy. #E106 • (858) 549-1818 **JAPAN HOUSE** Expires 09/17/09 • Coupon code: G1FSDR



50% off entrée

Buy one entrée, get the second of equal or lesser value half off. Lunch and

11040 Rancho Carmel Dr 858-673-0077 Expires 09/17/09 • Coupon code: G1FSDR



RANCHO BERNARDO



4111 Voltaire Street (619) 223-3388 8790 Cuyamaca Rd., Ste. K (619) 562-5151

Expires 09/17/09 • Coupon code: G1FSDR



appetizer

3704 Voltaire St. (619) 226-0848



Free lunch or dinner

1011 S. Santa Fe Ave. #A (760) 631-5710 1001 W. San Marcos Blvd.

(760) 752-0091



CARMEL MTN.

3870 Valley Centre Drive, Suite 303

bagels

6 Free





Free entrée

with the purchase of an entrée of equal or greater value and 2 drinks. Not valid with rivate party reservations. Not valid with any other offer. One coupon per party. Good only at Clairemont location. Dine-in only.

9330 Clairemont Mesa Blvd Expires 09/17/09 • Coupon code: G1FSDR





Free item or combo

1525 Morena Blvd Expires 09/17/09 · Coupon code: G1FSDR



50% off sandwich





\$5 off your next purchase of \$20 more. Not valid on Fridays 4:30pm - 9:00pm.

9988 Scripps Ranch Blvd. (858) 271-5250 Expires 09/17/09 • Coupon code: G1FSDR

13332 Poway Rd.

(858) 679-FAST(3278)

5583 Clairemont Mesa Blvd.

(858) 268-0093

Expires 09/17/09 • Coupon code: G1FSDR





Free dessert



Free kids' meal

(ages 3-8) from the kids' menu with

2110 Birch Rd., Suite 102 (619) 482-0307 4419 Camino de la Plaza (619) 690-1494





\$5 off

9978 Scripps Ranch Blvd. (858) 695-8088 Expires 09/17/09 • Coupon code: G1FSDR

WATAMI SUSHI

Free

sushi

Buy one roll, get one free. Daily from 2pm - 6pm.



50% off pizza

Buy one pizza and get a second of equal or lesser value for half off. Valid only at Poway location.

Bongiorno's New York

BONITA

Reader September 3, 2009



4062 Bonita Rd

or chili dog & bag of chips





1400 Camino de la Reina

(619) 299-4668

Free entrée



SCRIPPS RANCH

16405 Bernardo Center Drive (858) 613-9000 ires 09/17/09 • Coupon code: G1FSDR

RANCHO BERNARDO



Free pizza















(858) 350-0808



Free dinner

Vith the purchase of an entrée of equal or eater value and 2 drinks. Max value \$24. Dine-in only. Not valid with any other offers. One coupon per table.

entrée

roll











10% off

dinner

15% off

dinner After 4 p.m

Free classic

Buy one at regular price and get one free.

Free pasta

dinner

sundae

(760) 434-9100 Souplantation.

1860 Marron Rd.

7835 Highlands Village Place

Expires 09/17/09 • Coupon code: G1FSDR

NCHO PENASQUITOS

D103 • (858) 538-8775

Expires 09/17/09 • Coupon code: G1FSDR





Free combo

Free sushi

sushi roll and get a second of equal or lesser value for free.

Free

dinner

lesser value free. Dine-in only. Not valid Thurs. Max value \$15.

COME ON IN!

6155 Lake Murray Blvd.

Expires 09/17/09 • Coupon code: G1FSDR

LA MESA

(619) 668-1090

13307 Poway Rd.

1030B Torrey Pines Rd.

Expires 09/17/09 • Coupon code: G1FSDR

(858) 551-1063

(858) 486-4558

plate





Expires 09/17/09 • Coupon code: G1FSDR

(858) 552-8280

(760) 597-9900

Expires 09/17/09 • Coupon code: G1FSDR



\$7 lunch



Buy one combo and get



Expires 09/17/09 · Coupon code: G1FSDR

10425 Tierrasanta Blvd

(858) 503-6750

· Coupon code: G1FSDR

124 Lomas Santa Fe Dr.

(858) 481-FISH (3474)

(866) 545-3736



ring and alcohol. With coupon

SIN Houst

Free

entrée



(858) 270-4030 Expires 09/17/09 · Coupon code: G1FSDR





1814 Marron Rd. (760) 720-4300



Free

entrée



50% off frozen yogurt

5131 College Ave. (619) 286-4200

664 Mission Center Rd (619) 295-9648 Expires 09/17/09 • Coupon code: G1FSDR





10330 Friars Road #114 (619) 281-6448 Expires 09/17/09 • Coupon code: G1FSDR



15% off

food bill



Free frozen yogurt

Hillcrest • 1010 University Ave. USD • 5401 Linda Vista Rd. Sports Arena • 3550 Rosecrans Expires 09/17/09 • Coupon code: G1FSDR SAN DIEGO

Expires 09/17/09 • Coupon code: G1FSDR





Free entrée

ourchase of an entrée of equal or greater value and two beverages.







15770 San Andres Dr.

527 University Ave. (619) 291-7525

(858) 793-9695





ENCINITAS

Free French press coffee

Hundreds more in savings at get1free.com

HILLCREST

Expires 09/17/09 • Coupon code: G1FSDR

DEL MAR / HILLCREST



Mission Valley

Bali Thai Café 407 Camino del Rio South, Mission Valley, 619-297-0800. This cute spot mingles chefs and dishes from Indonesia and Thailand, Standard Thai fare, but unique Balinese corn fritters, spicy shrimp, comforting chicken noodle soup. No reservations on weekends. Low-moderate.

Seau's 1640 Camino del Rio North Mission Valley, 619-291-7328. Vast sports bar offers 70 TV screens and varied pub grub: pizza, hefty burgers, wings with three sauces, sushi, and Junior Seau's family recipe of Samoan teriyaki "plate lunch." Inexpensive to

National City

Dakine's Plate Lunches 1635 Sweetwater Rd., National City, 619-477-8494. Although the Hawaiian-style kalua pig here isn't cooked in a hole in the ground, it tastes like the real thing and comes with an islander plateload of cabbage, rice, mac salad, and kimchi.

Point-Point Joint 916 E. 8th St., National City, 619-474-2866. Dozens of Filipino dishes are available, from the familiar (chicken grilled on a bamboo spit) to more mysterious choices like kare-kare (peanut butter sauce with beef and tripe) and dinuguan (pork meat and blood stew). Inexpensive

Normal Heights

Antique Row Café 3002 Adams Ave., Normal Heights, 619-282-9750. Fill up on all-day breakfasts including huge omelets; Philly Steak Heaven (you choose: steak, ham, or turkey) is a popular lunchtime dish. Inexpensive.

North Park

El Comal 3946 Illinois St., North Park, 619-294-8292, Also 262 Third Ave., Chula Vista, 619-420-3811. Home cooking from the mainland (Michoa can, Guerrero, others). Stuffed tortilla dishes (no numbered combos) are appetizers or lunches. For entrées, look to casseroles like tongue in tomatillo sauce, tender goat in a lively red "barbecue" sauce, and sweet-spicy mole poblano chicken. Inexpensive.

Old World Deli & Café 3930 30th St., North Park, 619-238-0568. Fine mittel-European casual food, with house-made sauerkraut the badge of honor. Try the bounteous sausage platter or the Great Grilled Grueben sandwich. Inexpensive.

The Philly Grill 2041 University Ave., North Park, 619-688-9437. This tiny café takes Philly cheese steak seriously: delicious thin slabs of rib-eye steak with "fourteen-ingredient seasoning" plus onions, cheese, optional mushrooms — and garlic. Plus a Philly hoagie and an Atkins Lite Philly (on lettuce). Moderate.

Ocean Beach

The Bar-B-Que House 5025 Newport Ave., Ocean Beach, 619-222-4311. Genuine "Q" of meats and poultry smoked "low and slow" over oak, then charbroiled. Southern-style sandwich (choice of protein plus coleslaw and tangy, spicy sauce) is a good value. In-

Kaiserhof 2253 Sunset Cliffs Bl., Ocean Beach, 619-224-0606. Big, convivial German Bierstube with all the usual dishes. Good schnitzels, potato pancakes. Avoid entrées with onesauce-fits-all brown gravy. The excel-lent apple strudel is the only dessert made in-house. Moderate.

Oceanside

101 Café 631 S. Coast Hwv. 101, Oceanside, 760-722-5220. Cooks have been flipping burgers here since 1928. Try the Original Cheeseburger with secret sauce. Inexpensive.

Johnny Mañanas 308 Mission Ave., Oceanside, 760-721-9999. On the mainly Mexican menu there's a Caribbean chocolate-y, black bean, paprika, curry-in-the-rice thing going on. Pescado Veracruz (fish marinated in lime juice and garlic with rice, beans, and green salad) is good. The roasted chicken is delicious. Inexpensive

Oceanside Café 1938 S. Coast Hwy. 101, Oceanside, 760-722-7337. This little place does lunch, with good burgers, but breakfast's what a lot of folks come for. Dieter's Downfall - a three-egg omelet stuffed with ham, bacon sausage, tomato, Jack, and cheddar is wicked. Inexpensive.

Old Town

Harney Sushi 3964 Harney St., Old Town, 619-295-3272. Also 301 Mission Ave., Oceanside, 760-967-1820. These trendy spots draw mainly under-35 scenesters with a DJ turning up the amps, a vast choice of sakes, and a menu of sushi (heavy on the party rolls), Japanese appetizers, and a few mixed-ethnicity entrées. Sushi lower than most, entrées moderate.

Zócalo Grill 2444 San Diego Ave. Old Town, 619-298-9840. Tropical something for everyone — a stacked salad of shrimp and avocados or coconut-shrimp kebabs emerging from a pineapple or a huge, beautifully grilled lobster with avocado salsa. Moderate.

Pacific Beach

Baleen 1404 Vacation Rd., Pacific Beach, 858-490-6364. The menu features seafood and land creatures in refined renditions, in a room with a water view and monkey-motif decor. Very expensive.

Café Athena 1846 Garnet Ave. Pacific Beach, 858-274-1140. Sister restaurant, Apollonia Greek Bistro. in UTC. With a more upscale, eye-catching decor and a longer and more serious menu than most Greek cafés, this is a popular destination. Inexpensive to

Costa Brava 1653 Garnet Ave., Pacific Beach, 858-273-1218. The garlicrich Spanish cuisine here includes tasty tapas and, among the entrées, a paella that's made to order (sized to serve two or four; call ahead for larger groups). Moderate.

Hoboken Pizza & Beer Joint 1459 Garnet Ave., Pacific Beach, 858-270-7766. They offer thin-crust East Coast-style pizza or inch-thick, square Sicilian pizza. Crusts are airy and crunchy, and they paddle-slide your slice into the oven to finish it off, fresh and hot. Open late. Inexpensive.

Isabel's Cantina 966 Felspar St., Pacific Beach, 858-272-8400. Cheerful spin-off of Mission Café serves Latin-Asian-sorta health food. Breakfast and lunch are the main meals and include luscious scrambled eggs, huge sandwiches, Competent Latin-style dishes include tamales with airy masa. Inexpensive to low-moderate.

The Surfside 4527 Mission Bl., Pacific Beach, 858-273-2979, You'll find fresh sushi, sashimi, and California coastal cuisine, e.g., fusion-y tapas, many going for half-price during weeknight happy hours. Sushi bar with friendly chefs takes reservations. Inexpensive to low-moderate.

Point Loma

C-Level 880 Harbor Island Dr., Point Loma, 619-298-6802. The name is the grade for food, but nice for visiting aunts, with scenic heated patio at water's edge and California-Mediterranean comfort food from chef Deborah Scott in laid-back mode, lovely for a sunshiny lunch. Moderate to expensive.

Humphrey's by the Bay 2241 Shelter Island Dr., Point Loma, 619-224-3577. The kitchen features seafood, juicy meats, and Prime steaks with seasonal veggie garnishes. Preshow prix fixe upper-moderate, à la carte expensive/very expensive.

Rancho Bernardo

Bernard'O Restaurant 12457 Rancho Bernardo Rd., Rancho Bernardo, 858-487-7171. Brilliant modern takes on French classics. You want to know what genuine (California-adapted) bouillabaisse should be? Or squab at its best? This is the place — and desserts are ravishing, too. Expensive but not exorbitant.

Rancho Santa Fe

Cavaillon 14701 Via Bettona, Rancho Santa Fe, 858-433-0483. A great neighborhood French bistro where Philippe Verpiand offers seasonal dishes empha sizing his home region, Provence. Don't miss panisse, a chickpea cake with marshmallow texture. Great coq au vin slow-baked salmon, crisp-skinned duck confit. Moderate to very expensive.

Solana Beach

Pacific Coast Grill 437 S Coast Hwy. 101, Solana Beach, 858-794-4632. A free-form menu integrates Mexican, Hawaiian, and Asian flavors into So-Cal comfort cooking. Try the Bag of any fruit creation for dessert. Moderate to expensive.

Bones (house-smoked pork ribs) and

Sorrento Valley

Karl Strauss Brewing Company 9675 Scranton Rd., Sorrento Valley, 858-587-2739 Additional locations in La Jolla, Carlsbad, and Downtown. Go for honest-but-beautiful dishes like the mountainous Hump Day meat loaf (Wednesday). Beer influence is everywhere. Filet mignon has an Amber Lager glaze. Ribs boast a Red Trolley Ale barbecue sauce. It can get pricey; try to hit happy hour. Moderate.

WineSellar and Brasserie 9550 Waples St., Sorrento Valley, 858-450-9557. Luxurious modern French cooking, upscale but comfortable, with vast wine list at minimal markups from wine store downstairs. Lunches highmoderate, dinners very expensive.

University City

Fleming's Prime Steakhouse & Wine Bar 8970 University Center Lane, University City, 858-535-0078. Also 380 K St., Downtown, 619-237-1155. Less-masculine atmosphere than many steakhouses, but wet-aged Prime steaks are still the main event. Great wine list. Very expensive.

University Heights

Adams Avenue Grill 2201 Adams Ave., University Heights, 619-298-8440. Eclectic, ever-changing menu can be hit or miss, but soups are good, and lavender-infused crème brûlée makes an aromatic dessert. Inexpensive to

Gulf Coast Grill 4130 Park Bl., University Heights, 619-295-2244. The kitchen does best with the straight Southern dishes, turning out divine fried soft-shelled crabs, airy hush puppies, and delicious corn muffins. iun-Creole efforts are uneven. Moderate to slightly expensive.







Seasonal Japanese tapas and sake bar

Yakitori 3 skewers combo with sake, wine or shochu

Shimbashi Blossom

Grilled rice-ball topped with spicy tuna and shrimp tempura

Shabu-Shabu Salad

Chilled thin-sliced beef with Chino Farm salad

Puri-Puri Ebiten

tempura glazed with sweetened sauce

Chef's pear pie & lychee ice cream 4-11 pm Mon-Fri, 12-11 pm Sat, 12-10 pm Sun

Happy Hour 4-6 pm

Del Mar Plaza 2F, Suite 201 1555 Camino Del Mar, Del Mar 858-523-0479 shimbashi-restaurants.com

SHIMBASHI Izakaya



Sushi • Cocktails Lounge 1409 C Street San Diego, CA 92101 Now Open 7 days 5-10 pm Lunch Mon.-Fri. 11 am-2:30 pn with 10 pieces for \$10 Happy Hour 5-7 pm

619-702-6010

Happy Hour 5-7 pm, All Day Sundays!

Philadelphia Roll \$2.99 Spicy Tuna Roll \$2.99 Salmon Skin Hand Roll \$1.49 California Hand Roll \$1.99 Nigiri 1 pc. \$.99 (Mackerel, Albacore napper, Salmon, Shrimp, Squid, Surf Clam) Spicy Garlic Edamame \$1.99 Veggie Roll \$2.99 Spicy Tuna Hand Roll \$2.49 Spicy Scallop Hand Roll \$2.99 Spicy Tempura Hand Roll \$2.49 Spider Hand Roll \$2.99 Seaweed Salad \$1.99 • Miso Soup \$.99

Large Sake \$2.49 • Domestic Beer \$1.99 \$3.99 Imports/Micros

Reader September 3, 2009 Diego 1

619.295.7900

www.lipsshow.biz

CITY LIGHTS

STRINGERS

continued from page 10

by a faulty control box (as the landlord stated). Geysers are caused by broken sprinkler heads.

> By whitetigger71 8:50 p.m., Aug 30

Stripped

Kearny Mesa — San Diego police were called to the **Dream Girls Cabaret** Wednesday night, August 26, after a disturbance involving customers who left the establishment without paying their bill.

According to an SDPD report, two units were dispatched to the club at about 1:35 a.m. on a "disturbing the peace" call. The first police officer arrived at the club at 1:37 a.m., at which time the suspects had already left.

By Steve Horvath, 8/29

Comments

1. Strip clubs are for losers - loser chicks and loser guys.

The bimbos that work there care about one thing and one thing only — money.

The guys just care about seeing some naked woman - nothing more.

> By SurfPuppy619 10:16 a.m., Aug 30

2. Surfpuppy? A loser makes six figures a year?

That's more than most doctors make. That's what the average girl/ stripper makes.

> By investor1 10:53 a.m., Aug 30

3. I ran one of the Deja **Vu Clubs in San Diego** for close to two years. Some of what has been aforementioned is basically true, and some of it sounds like the typical banter you would expect from someone who watched the movie Showgirls.

> By MrPsychoGreaser 10:53 a.m., Aug 30

San Marcos Hotel

San Marcos — The question residents ask mayor Jim Desmond most often: What's going on with the unfinished Marriott hotel project?

The project, on the corner of Las Posas Road and Los Vallecitos Boulevard, has sat untouched for months.

At Tuesday's city council meeting, Desmond asked city manager Paul Malone to update the council on the project.

"We now have a signed term sheet with the firm that was building, then wasn't building, and hopefully will again be building the Marriott hotel," answered Malone.

Back in 2008, when the city sold the 2.25-acre site for \$3.92 million, funding was in place. Shortly after, construction on the 192room Residence Inn began.

Months later, as work continued, the developer,

CITY LIGHTS

Palmetto Hospitality, suddenly lost their funding and were forced to suspend the project indefinitely.

Last June, in an effort to jumpstart the project, the city agreed to buy back the land and allow Palmetto to use the money to finish the project. San Marcos would then lease the property to the hotel chain for the next 60 years.

There's one problem, says Malone, the nearly four million dollars the city

continued on page 116



MEDICAL MARIJUANA RECOMMENDATIONS

Did you know? Californians can use Medical Marijuana legally? We can help...



888-774-7076

Carlsbad

Hillcrest

One Year, One Low Fee 24/7 verification





Confidential, Professional Recommendation from Licensed, Board Certified M.D.

CA Prop 215 Protects You 24/7 Verification ID Cards Provided

Therapeutic Applications Anxiety Migraines Chronic Pain Insomnia

Anorexia AIDS Epilepsy

Depression. Nausea Glaucoma Asthma Muscle Spasms MS

Cancer and many other conditions

760-815-6505

www.marijuanahealing.com Encinitas - by appointment only New Evals \$135 • Renewals \$100

Medical Marijuana





New Evaluations \$150 Renewals \$99

If you suffer from: Depression • AIDS • Glaucoma • Anxiety • Migraines • Cancer • Nausea • Chronic Pain or "any other illness for which marijuana provides relief" - Prop. 215

Seal Beach Los Angeles Venice Beach San Diego • 4901 Morena Blvd. #105, San Diego, CA 92117

858-270-5040

Call for appointment: 9 am-6 pm, 7 days a week

Medical Marijuana **Evaluations**

\$100 off

• Free verification card provided with every recommendation. • Appointments available 7 days. • In-office verification service.

> Legitimate and affordable. Dr. Sterner has 13 years' experience working with medical marijuana patient needs.

• New 24-hr. 7 days/week online verification service.

Schedule an appointment today: 888-220-2931

> Robert F. Sterner Jr., M.D. 1516 W. Redwood St., Suite 105 San Diego, 92101

> > 24-Hr Recorded Info Call: 619-442-4215

www.medicalmarijuana-sandiego.com

Medical Marijuana Evaluations

Protect yourself under California Law.

If you suffer from AIDS, Chronic Pain, Depression, Migraines, MS, Nausea, Insomnia, Bipolar and many other medical disorders.

\$50 off for new patients

Regularly \$175. Mention this ad and price is \$125.



All renewals \$99

FAST, SIMPLE AND CONFIDENTIAL ASA certified. Patient ID cards included. The least expensive clinic evaluations in San Diego.

2515 Camino Del Rio S. #340 • Mission Valley 619-297-3800, by appointment only.

www.MC2SD.com Visa | MasterCard | Debit



STRINGERS

continued from page 115

will give to the developer for the land still falls about seven million shy of what's needed to finish the project.

"Worst-case scenario, we own the San Marcos Hotel," added vice mayor Hal Martin.

By Dorian Hargrove, 8/26

Ninja Rave

Point Loma — In an effort to avoid the airport waiting game on Sunday, August 23, I had a temporary detour to a rave at Spanish Landing Park. It was about 6 p.m.

There, among the everyday San Diegans out for a jog or bike ride, was a DJ spinning heavy house and trance music. Maybe 20 people spastically danced and 1 or 2 slowly swayed. Then there were those who were swinging their nunchucks with psychedelic ribbons on the ends.

As it got darker, more people showed up (maybe 70 people in all).

Why Spanish Landing? Why 6 p.m. on a Sunday? Why the ninja theme? Why did I watch so long that I missed my plane?

By Kimberly Weingart, 8/29 Comments

1. I was one of the individuals involved with putting this event together. This event was actually a fundraiser event for a friend of ours who was recently diagnosed with thyroid cancer and is doing a 102-mile bike ride to raise money for blood cancer research.

By aphter 3:35 p.m., Aug 29

The Busby Affair

Cardiff—On Friday evening, June 26, one hundred people at the home of Shari Lynn Barman cheer in support of Francine Busby's second attempt at taking the congressional seat occupied by Brian Bilbray.

As Busby gives her speech, however, an unidentified heckler is over-

CITY LIGHTS

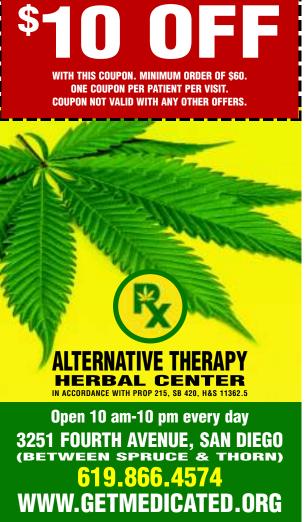
heard shouting anti-gay sentiments and derogatory remarks about Busby. At 8:38 p.m., the sheriff's department receives a noise complaint from a neighbor. At 9:37 p.m., deputy sheriff Abbot arrives on the scene and asks for information from Barman. When Barman refuses. Abbot grabs her wrist. Between 6 and 20 onlookers, according to various reports, converge on the deputy. Abbot's arm is scratched. A Psychiatric **Emergency Response Team** member riding with Abbot is shoved and kicked. A scuffle ensues and Barman falls and is kicked while on the ground. Abbot sprays the crowd with pepper spray. Backup is called. Abbot detains Barman. Backup arrives. Shari Barman and Pamela Morgan are arrested. A few days later, the district attorney investigates the case.

CITY LIGHTS

On August 25, the district attorney's office released findings from the investigation, concluding that Barman and Morgan







CITY LIGHTS

violated the law, though they dropped the charges because of reasonable

On August 27, the president of the Sheriff's Association of San Diego County, Ernie Carrillo, sent a letter to district attorney Bonnie Dumanis: "The level of resistance, which is arguably contested by various witnesses, did in fact reach a level of a concerted 'lynching' by additional partygoers, furthering the deputy's personal concerns for his safety....

"We respectfully wish to convey our thorough disappointment in the handling of this case by your office."

By Dorian Hargrove, 8/29

Comments

1. If you are holding a party for 100 people in the evening and all your neighbors aren't attending, you should certainly be aware of the possibility that the police will

visit to investigate "disturbance" complaints.

Apparently Ms. Busby is a typical politician, which believes that the rules (+ retirement plans and health care) apply to everyone but her.

> By jreddan 2:15 p.m., Aug 29

2. There were not 100 people, there were less than 25 when the deputy showed up.

If there was no noise at the time the deputy arrived, then the deputy had no legal authority to detain anyone because there is no crime being committed, even with "disturbing the peace" being stretched to a "crime" in this case.

> By SurfPuppy619 3:07 p.m., Aug 30

Critical Crash

Hillcrest — August 28, Friday evening, at approximately 8:20 p.m., two Critical Mass bicyclists collided near the corner of

University Avenue and Centre Street. One cyclist was said to be bleeding from his ear. They reportedly were not wearing helmets.

The cyclists were headed east on University and were going to make a left on Park Boulevard (northbound). Motorized traffic heading east on University was detoured, but the traffic going west was blocked off.

By Sinetria L. Hudson, 8/30 Comments

1. So a couple Critical Mass riders take it in the. . . ear. Too bad, so sad, I weep. Next time, can't they obey ALL traffic laws and ride such that they don't collide?

By Visduh 8:30 p.m., Aug 30

2. In the midst of thousands, that's challenging. Perhaps if motorists actually paid attention to bicyclists (and ALL traffic laws - like giv-

continued on page 118

Free for all patients with \$20 donation

for all new patients

Thursday & Sunday

\$55 cap on all 4g eights to all patients. With coupon.

Alternative Care Group

3930 Oregon St., Suite 260 North Park 92104 619-795-1887

NORTH COUNTY'S ONLY NON-PROFIT

Medical Cannabis Cooperative

Providing quality medicine to all North County.



- Free limited membership Free delivery
- Great central location Free private parking
- Best medicine and pricing
- Handicap accessible Member benefits

1990 S. Santa Fe Avenue Vista, CA 92083 • 760-509-4800

Exit Sycamore North from Hwy 78. Sycamore becomes Robelini. 2 blocks to Santa Fe on SW Corner

IN STRICT ACCORDANCE WITH PROP 215, SB 420 AND H&S 11362.5

Medical Cannabis



You've had the right. Now you have the right source.





Must have doctor's recommendation.

La Jolla 858.456.1779

San Diego 619.221.2932

1012 Prospect St., #300

3405 Kenyon St., #201





10 am-7 pm, 7 days a week

sacmedicinal.com

In accordance with Prop 215, SB 420, H&S 11362.5

STRINGERS

continued from page 117

ing at least half a lane to someone on a bicycle), people wouldn't feel such a strong need to bond together to ride in such a large group....

> By iamright 9:44 p.m., Aug 30

3. I rode the last two Critical Mass rides and saw this accident and two others that night. Riders need to stay on the road and off the sidewalk in the correct traffic lanes and tell everyone "Happy Friday. Thank you for waiting." Some

of the riders' attitudes create problems, and that is what people who ride all the time do not need.

> By isaac4mayor 12:25 a.m., Aug 31

CITY LIGHTS

Car Crime

Rancho Bernardo — The first of many signs banning vehicles for sale along a busy street recently went up, addressing the Rancho Bernardo "Mile of Cars."

Starting September 5, those who leave parked cars with "for sale" signs along portions of Rancho



Warning sign in Rancho Bernardo

Bernardo Road can be fined as much as \$100 a day.

"The road has essentially become a used-car lot," said Erica Mendelson, a spokeswoman for San Diego city councilman Carl DeMaio, whose District 5 includes Rancho Bernardo.

By Peijean Tsai, 8/29

Comments

1. Now the city needs to get rid of the semis parked on Stoney Peak Drive between World Trade Drive and the entrance to the shopping plaza just before **Carmel Mountain Road** in Carmel Mountain Ranch. When trying to turn left onto Stoney Peak going toward World Trade, the semis block the view from traffic headed toward Carmel Mountain Road coming down the hill.

> By PistolPete 12:37 p.m., Aug 29

2. PistolPete, since it's become a problem area, Stoney Peak Drive in Carmel Mountain is actually on the list of 23 streets throughout San Diego that are included in new ban.

By peijeantsai 2:50 p.m., Aug 30

3. The problem out here

isn't cars for sale. It's semis blocking the view when turning in or out of the shopping center next to Carmel Mountain Drive and Stoney Peak Drive.

> By PistolPete 2:56 p.m., Aug 30

Taxation without Necessitation

Cardiff — Several months ago, when the state was talking about cutbacks in school funding for the coming year, the Cardiff School District indicated it might attempt to put to a vote the notion of a parcel tax of around \$50 to \$60 per parcel. Almost overnight, front-yard signs appeared all over the town, proclaiming "No New Cardiff School Tax."

The campaign to stop discussion of the tax before it reached the ballot phase was led by the Cardiff Taxpayers Association.

According to associa-

tion member Bob Bonde, "[The school district is] putting the cart before the horse," noting that local governments don't know how much the state will withhold in the coming years. He said that most of the older lots in Cardiff's ocean-view west side are actually two legal parcels, originally purchased as one lot; those homeowners would be taxed twice.

Bonde pointed out that for another 23 years, residents will be paying for a voter-approved school bond that built the new Ada Harris Elementary School and refurbished the 50-year-old Cardiff Elementary campus.

At July's school-board meeting, residents opposed to the tax attended. At the board's Wednesday, August 26, meeting, there was little discussion of the proposed tax.

By Ken Harrison, 8/27









CITY LIGHTS

CITY LIGHTS

Street Smart

Chula Vista — On Wednesday, August 26, Caltrans activated the meters that allow traffic onto I-805 north from Telegraph Canyon Road. The stoplights have been in place for some time now, but it was not until this week that they were activated.

I knew about the impending introduction of metering prior to Wednes-

day because signs had been posted warning all drivers about it. On August 27, I forgot about the meters and left my home at 8:55 a.m. and drove along Telegraph Canyon Road to get on the freeway. Unfortunately, I got stuck in what turned out to be a backup that extended seven-tenths of a mile eastward to the intersection of Paseo del Rev. It took 18 minutes to

get on the freeway from that intersection; whereas, on a normal day, without meters, it takes one anda half to two minutes.

The meters are likely here to stay, so alternate routes should be used to avoid this backup. Olympic Parkway has a metered onramp but it has yet to be activated, so that is probably the best alter-

continued on page 120











Miramar's only medical marijuana collective

Over 20 strains to choose from and growing. **Great prices. Amazing marijuana edibles!**

New members only. With this ad. Expires 9/14/09.



cali green meds open Mon.-Sat. 10 am-8 pm, Sun. 11 am-5 pm A non-profit collective

7128 Miramar Rd. #12 • S.D. (Located above Gourmet Baggers Sandwich Shop, on the 2nd floor) 858-997-2116

info@caligreenmeds.com www.caligreenmeds.com

Compassionate care is distributed only in accordance with California Health and Safety Code 11362.5, Prop 215 and SB420.





"Compassion and Quality above the rest!"

DO YOU SUFFER FROM?

-Cancer -Depression

In accordance with Prop 215, SB 420, H&S 11362.5

-Anorexia

 Anxiety -Glaucoma

-Anxiety -AIDS

-Chronic Pain

www.newagesd.com

-Insomnia -Arthritis

-Spacticity

-Auto Accidents Sports Injury

Or other pain



Then you qualify for medical marijuana! ask us how!



Little Italy 2215 Kettner Blvd. San Diego, CA 92101 7am-7pm Mon thru Fri 10am-8pm Sat and Sun Phone: 619.238.3538

Daily Oz. Specials!!

6956 El Cajon Blvd. San Diego, CA 92115 9am-9pm Mon thru Fri 10am-9pm Sat and Sun fore work! Phone: 619.465.4217

Free pipe with every new patient!

Weekly raffles, and hydroponic courses!



College Area

CITY LIGHTS

STRINGERS continued from page 119

native for commuters who live south of Telegraph Canyon Road; H Street, to the north, is the other alternative

By Gian Ghio, 8/28

Like, No Duh

San Diego State — Associate professor of psychology Jean Twenge polled 1068 college students on August 25 and found out something most adults have known since the creation of Britney Spears: not only are they narcissistic and attention-seekers, but they use social networking sites such as MySpace, Facebook, and Twitter to promote themselves and convey what fantastic lives they have.

"It's fascinating how honest [college students] are about diagnosing their generation's downsides," says Twenge. "And students are right about the influence of social networking sites — research has shown that narcissistic people thrive on sites CITY LIGHTS



like Facebook, where selfcentered people have more friends and post more attractive pictures of themselves."

More than 80 percent of SDSU students who took the poll said they visit MySpace or Facebook multiple times throughout the day.

By Porsche Simpson, 8/26

If You Build It...

Tijuana — South of the border, where electrical wire and telephone lines are routinely stolen for their copper content, a new source of metallic wealth has been tapped: the U.S.-made border fence. This week, more than one group of Mexicans was arrested after

disassembling part of the border fence with (presumably) the intention of selling it for scrap.

On Monday, according to Tijuana's El Mexicano newspaper, two people were arrested. On Tuesday, four men were caught cutting up the border fence with a welding torch in the Zona Norte, near Calle Cinco de Mayo.

In the Tuesday incident, when Mexican police arrived, three pieces of the fence had been removed, each about three meters long and 15 centimeters wide. When the thieves tried to escape, police ran them down and found other pieces of the fence that had been cut and carted off earlier in the day.

Due to this week's attempted thefts, 27 panels of fence were removed. The more modern impregnable fence remains undamaged.

By T.B. Beaudeau, 8/28

Become a Stringer. Earn up to \$75 for your neighborhood news story, \$10 for photo, \$15 for video. See guidelines at SDReader.com/stringers.





Two Against Nature

"Each of us knows that our self does not amount to much."

n the 1950s, led by John Osborne's Look Back in Anger, British playwrights railed against the establishment's bankrupt values and hypocrisy. In the 1990s, Sarah Kane, Mark Raven-

hill, and others became part of the "In Yer Face" theatrical movement, writing dramas that ripped the social fabric and might have shocked even Osborne.



The difference between the two: along with much franker sexual scenes, for In Yer Face, the enemy's far more deeply interfused. Because his world held still, Osborne had the luxury of slamming specific targets, even naming names. In Mark Ravenhill's Shopping and F***ing, everything beyond one's fingertips is uncertain. And the play's an ongoing explication of Jean-François Lyotard's famous line, "Each of us knows that our self does not amount to much."

Or, as Willy Loman, pinched in the '50s consumerist vice, put it, "I still feel a little temporary about myself."

According to Ravenhill, consumerism has become so ingrained it's a law of nature: I buy, therefore I am. There's no difference between shopping and sex. Each is just an exchange (a character says, "The having of money is civilization"). To survive such a dehumanized,

consume-and-consume-again existence, the worst possible choice is emotional involvement.

Midway through *Shopping and F***ing*, Mark asks, "Are there any feelings left?" A junkie, Mark

> abandons his mates, Robbie and Lulu, and goes into rehab, where he learns that people can be just as addicting as drugs. But human relations only result in crippling

dependencies. So Mark wants an object of pure transaction — the rent-boy Brian — but makes a grave mistake: he falls in love.

You could call *S*&*F* postapocalyptic, only the world went out not with a bang but a cash nexus whimper.

Triad Productions fills a gap in San Diego theater. They stage edgy works that refuse to pander to audiences (their most recent: Martin McDonagh's Lonesome West). For S&F, however, it's as if for every beat in the script, the actors don't think we're getting the point. They make the loudest possible choices.

The play means to appall — so much that the author wavers between occasional moral urgency and an obvious delight in brutalization (where he actually stands? — a coin flip). But the cast, directed by Adam Parker, begins scenes, emotionally, where they should end. It's as if they're perform-



Shopping and F***ing

Shopping and F***ing, by Mark Ravenhill

Compass Theatre, 3704 Sixth Avenue, Hillcrest Directed by Adam Parker; cast: Patrick Kelly, Julio Jacobo, Katie Harroff, John Whitley, Kevin Morrison; scenic design, Parker; costume design, John Hyatt; lighting, Scott Andrew Amiotte; sound, Matt Lescault-Wood Playing through September 13; Wednesday through Sunday at 8:00 p.m. 619-688-9210.

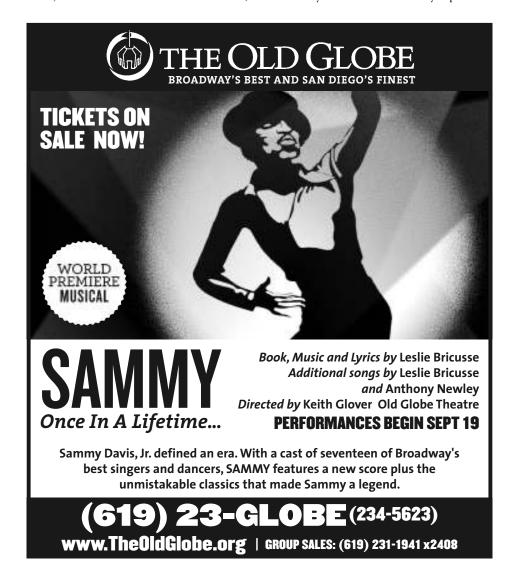
Drink Me, or The Strange Case of Alice Times Three

Moxie Theatre, La Jolla Playhouse, UCSD Directed by Jennifer Eve Thorn and Delicia Turner Sonnenberg; cast: Stephen Elton, Rhona Gold, Laurie Lehmann-Gray, Mark C. Petrich, Kristianne Kurner, Jo Anne Glover, Morgan Trant, Melissa Fernandes; scenic design, David F. Weiner; costumes, Jennifer Brawn Gittings; lighting, Mia Bane Jacobs; sound, Rachel Le Vine Playing through September 27; Thursday through Saturday at 7:00 p.m. Matinee Sunday at 3:00 p.m.

ing in the Civic rather than the intimate confines of the Compass Theatre.

The characters are unsubtle beings. But when

the writing of a play is "over," as Ravenhill's is, the acting should come "under" the text for full shock effect. The combination of over plus over





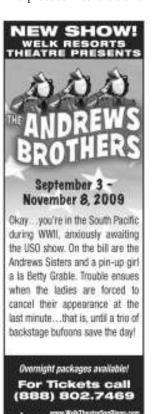
Calendar THEATER

makes for an evening more in your ear than yer face.

Rhona Gold opens Moxie Theatre's latest effort with a fascinating speech that devolves with each new word. Gold plays Lady Fossmire (aka "Alice") and with stolid British intonations shifts from worries about overpopulation to a "modest proposal" — à la Jonathan Swift — for eliminating the surplus. She's kidding, you say. But Gold's matronly smile widens, and it's clear that her Zero Population Party wants to cull at least half the world's population: all the males.

Mary Fengar Gail's plays unfold like dreams. They combine fantasy and heightened language with studies of power, its uses and abuses. Some plays verge on, and others become, nightmares. Moxie Theatre has an affinity for Gail's work, having staged *Devil Dog Six* with great success. Moxie's *Drink Me*, however, is a strange mix. The fantasy elements are boffo, the more realistic scenes, flat and tedious.

Male indigents are disappearing from London. Could it be a highly selective virus or, as some allege, three eerie sisters who practice witchcraft and





Morgan Trant, Stephen Elton, Melissa Fernandes, Jo Anne Glover in Drink Me, or The Strange Case of Alice Times Three

speak Jacobean English? Detective Fossmire, scion of Lady F. — and potentially the last of his gender — must find out.

Bedecked in Jennifer Brawn Gittings's wispy blue silks, Jo Anne Glover, Morgan Trant, and Melissa Fernandes delight as the mystical, nursery-rhymesinging trio: some of the sweetest life-snuffers you'd ever want to meet. As long as they're onstage, innocently flitting across David Weiner's two-level London Bridge set, the production's a charmer.

Nonmystical scenes have problems in the writing and the staging. Gail loads them with so much information that the pace bogs and the storyline disappears ("The trouble with writing a mystery," a friend who writes them told me, "is you

ONLY 4 WEEKENDS!

"Lively and clever. It's slick,

stylish, and goes down easy.

Tenth Ave Theatre

930 Tenth Ave, San Diego

Tickets: 888.66.DERBY

www.ticketderby.com/

itsthehousewives

Groups: 866.262.6253

www.itsthehousewives.com

Infectious

and hilarious"

- Daily Variety

have to be crystal clear"). Though his performance as Detective Fossmire improved during opening night, Stephen Elton's British accent didn't. Kristianne Kurner, Laurie Lehmann-Gray (too long from local stages!), and Mark C. Petrich make useful contributions amidst pages and pages of exposition.

THEATER

Theater listings and commentary are by Jeff Smith. Information is accurate according to material given us, but it is always wise to phone the theater for any last-minute changes and to inquire about ticket availability. Many theaters offer discounts to students, senior citizens, and the military. Ask at the box office.

The Andrews Brothers

Welk Resorts Theatre presents Roger Bean's musical about a USO show in WWII where the top acts (including the "Andrews Sisters") fail to show, and a trio of "backstage buffoons" must save the day. WELK RESORT THEATRE, 8860 LAWRENCE WELK DR., ESCONDIDO. 888-802-7469. 1:45PM AND 8PM THURSDAYS, 1:45PM AND 8PM SATUR-DAYS, 1:45PM SUNDAYS, 1:45PM AND 8PM TUESDAYS, 1:45PM WEDNESDAYS, THROUIGH NOVEMBER 8.

The Bible: The Complete Word of God (abridged)

Black Kat Theatre presents a sprint "from fig leaves to Final Judgment, and everything in between." Tisha Tumangan directed.
DESI N' FRIENDS BAR AND GRILL, 2734 LYTTON ST., MIDWAY DISTRICT. 619-224-6409. 8PM FRIDAYS, 8PM SATURDAYS, THROUGH SEPTEMBER 12.

Cate

Cats
For the final production of its summer season, Moonlight Amphitheatre presents the feline musical based on T.S. Eliot's Old Possum's Book of Practical Cats.
MOONLIGHT AMPHITHEATRE IN BRENGLE TERRACE PARK, 1200 VALE TERRACE, VISTA. 760-724-2110. 8PM WEDNESDAYS, THROUGH SEPTEMBER 23.

Coriolanus

Legend has it that Shakespeare's words flowed unimpeded from mind to pen to paper. Coriolanus, an early Roman warrior, had the same ability. In Shakespeare it's a gift, in Coriolanus a curse, since he cannot be other than himself. Greg Derelian plays Coriolanus at the Old Globe. Though he has an annoving habit of delivering most speeches as HEADLINES, his close-cropped hair and swagger give him instant stature in the modern-dress (circa 1930) production. He could trounce anyone else onstage, which is a problem since stronger opponents would have made the Roman, who fights "dragon-like," even stronger (Steve Rankin's fight choreography, usually an ally, has actors make tentative thrusts and parries, as if careful not to do harm). Darko Tresnjak, an always inventive director, devised some remarkable overlaps: battles and their consequences appear as if coming from the mind of Coriolanus's domineering mother, Volumnia. In Tresnjak's insightful reading, the gods answer her prayers, but in the extreme. Celeste Ciulla's haunted Volumnia watches nightmares unfold as if staring into a furnace. (Note: *Coriolanus* runs in repertory at the Festival Stage.)

Worth a try.

OLD GLOBE THEATRE, 1363 OLD GLOBE WAY, BALBOA PARK. 619-234-5623.

8PM THURSDAYS, 8PM FRIDAYS, 8PM SATURDAYS, 8PM SUNDAYS, 8PM TUESDAYS, 8PM WEDNESDAYS, THROUGH SEPTEMBER 27.

Cyrano de Bergerac

Okay, it's a long show hours — but Darko Tresnjak's staging and Patrick Page's commanding performance make the time fly. Everyone probably knows about his nose and how Cyrano became the 17th century equivalent of a "Renaissance Man," skilled and courageous in all things save his heart's desire. One of the fascinating aspects of Page's performance: where most Cyranos accentuate the positive - the panache, the swashbuckling, the Disney of it all -Page faces the rift in the man head on. He admirably walks his own path but pays for being an absolute outsider (in a strange way, the hyperverbal, romantic Cyrano resembles Shakespeare's Coriolanus, who also excels at war and walls himself from intimacy). And the witty Roxane (a terrific Dana Green) pays as well. The Old Globe production unfolds like a pageant. Anna R. Oliver's splendid period outfits dazzle the eye, and Christopher R. Walker's sound merits special mention. When Page whispers, every word is clear. (Note: Cyrano runs in repertory at the Festival Stage.) Critic's pick.

OLD GLOBE THEATRE, 1363 OLD GLOBE WAY, BALBOA PARK. 619-234-5623. 8PM THURSDAYS, 8PM FRIDAYS, 8PM SATURDAYS, 8PM SUNDAYS, 8PM TUES-DAYS, 8PM WEDNESDAYS, THROUGH SEPTEMBER 27.

Drink Me or, The Strange Case of Alice Times T

Moxie Theatre, in residency at the La Jolla Playhouse, presents Mary Fengar Gail's comic drama about homeless and disreputable men disappearing from the streets of London — and the three eerie Rime sisters held responsible. 858-598-7620.

LA JOLLA PLAYHOUSE, 2910 LA JOLLA VILLAGE DR., UCSD. 7PM THURSDAYS,

7PM FRIDAYS, 7PM SATURDAYS, 3PM SUNDAYS, THROUGH SEPTEMBER 27.

The Forced Marriage

Point Loma Actor's Workshop presents Molière's comedy, directed by Hannah Ryan, at two locations: on Shelter Island (near the Japanese Friendship Bell) and the Ocean Beach Rec Center. POINT LOMA ACTORS THEATRE, 3035 TALBOT ST., POINT LOMA. 619-225-0044. GPM SATURDAY.

Fully Committed

Cygnet Theatre reprises one of its most popular shows. Air traffic controllers, at least, have each other. Not Sam Pelikowski. He must make all the reservations for a posh New York restaurant. Sam is an aspiring actor lacking a "strong sense of personal entitlement" - just what every irate caller has! When he first performed this one-person show, David McBean earned a Craig Noel Award for excellence. He plays Sam and everyone else, maybe 40 people — the equivalent of memorizing a phone book and making each voice so distinctive you remember it the next time you hear it. McBean, who changes characters as fast as you can say "hold, please," is terrific. Anyone who has ever been an actor or waited tables or taken reservations (a friend of mine who books for a local hotel refers to the public, off the record, as "the beast") will empathize with Fully Committed. And, given McBean's special performance, so should everyone else [note: due to popular demand, Cygnet Theatre has extended the run of this show].

Critic's pick.

CYGNET THEATRE — ROLANDO, 6663 EL CAJON BLVD., SUITE N, COLLEGE AREA. 619-337-1525. 7:30PM THURS-DAYS, 8PM FRIDAYS, 8PM SATURDAYS, 2PM SUNDAYS, THROUGH SEPTEMBER 20.

"Godspell"

Lamb's Players presents this musical, by Stephen Schwartz and John-Michael Tebelak, telling parables of Jesus as found in the gospel of Matthew. Robert Smyth directed. 619-437-0600.

HORTON GRAND THEATRE, 444 FOURTH AVE., DOWNTOWN. 7:30PM THURSDAYS, 8PM FRIDAYS, 4PM AND 8PM SATUR-DAYS, 2PM SUNDAYS, THROUGH SEP-TEMBER 27.

Leaving Iowa

"Are we there yet?" "I wanna Coke!" (or, as my younger brother shouted on similar occasions, "Yer gunna — I'm not gunna"). Tim Clue and Spike Manton's memorycomedy catalogues just about everything ever said during family road trips of yore. What gives the play poignancy: it also articulates what Don Browning — the absent son - left unsaid to his now-departed father. The play and Lamb's Players production begin too overthe-top. Exaggerated squabbles don't prepare the audience for what's to come (amid the din, director Deborah Gilmour Smyth orchestrated impressive, rapid-fire exchanges). Once the two-act show settles in, it achieves a better balance. On Mike Buckley's imaginative set, a raised map of Iowa spreads across the floor backed by a wall of blown-up travel brochures. Led by David Cochran Heath as the



kindly dad, Kerry Meads, Colleen Kollar Smith, and Kurt Norby (doubling as young and old Don) illustrate all the symptoms of mobile cabin fever. Paul Maley and the splendid Cynthia Gerber handle the comedy. They change roles and Jeanne Reith's funny-accurate outfits - often in seconds.

Worth a try.

LAMB'S PLAYERS THEATRE, 1142 OR-ANGE AVE., CORONADO, 619-437-0600. 7:30PM THURSDAYS, 8PM FRIDAYS, 4PM AND 8PM SATURDAYS, 2PM SUN-DAYS, 7:30PM TUESDAYS, 7:30PM WEDNESDAYS, THROUGH SEPTEMBER

The Mystery of Irma Vep

If eight actors played the eight roles in Charles Ludlam's camp homage to things that go bump, the show would move faster but would be less funny. Having only two actors become men, women, a mummy, and a werewolf - in seconds, it seems - gives it more danger than the script's deliberately concocted shenanigans. The question isn't so much who killed Irma Vep, or young Victor, but rather: can the performers dash off as one character, return as another, and hit their marks? John Cariani and Jeffrey M. Bender quickchange Jenny Mannis's Victorian couture (twice as fast in Act 2, sometimes within ten seconds, though momentum wanes every time one walks offstage) and handle their various parts capably. Cariani's especially good as Jane, a maid with the sweetness of a squeezed lemon; and Bender's switch from Nicodemus, the hunchbacked moon-gazer, to Lady Enid Hillcrest is so stark it

prompts more than one doubletake. Paul Peterson's expert background music and dark and stormy sounds are top shelf. To use Ludlam's favorite word, Vep is deliberately "ridiculous." Taken in that spirit, it can entertain. Worth a try.

OLD GLOBE THEATRE, 1363 OLD GLOBE WAY, BALBOA PARK. 619-234-5623. 8PM THURSDAY, 8PM FRIDAY, 2PM AND 8PM SATURDAY, 2PM AND 7PM SUNDAY. THROUGH SEPTEMBER 6.

National Comedy Theatre

The National Comedy Theatre presents a 100-minute improv comedy show based completely on audience suggestions. The show is "appropriate for all audiences." NATIONAL COMEDY THEATRE, 3717 IN-DIA ST., MISSION HILLS, 619-295-4999 7:30PM AND 9:45PM FRIDAYS, 7:30PM AND 9:45PM SATURDAYS, OPEN-ENDED RUN

Noises Off

Due to popular demand, Cygnet Theatre has extended the run of this show. It's one thing to put a horse through its paces. Director Sean Murray puts thoroughbred actors through a three-act steeplechase in Michael Frayn's helterskelter, longish farce about the onand back-stage doings of a British touring company. An excellent cast keeps funny what in lesser hands could become monotonous (the farce piles ineptitude upon ineptitude and loses some oomph by Act 3). Most of their work resembles a silent film: speechless, they employ often hilarious gestures and movements (thanks to George Ye's intricate stunts, including Jason Heil's breathtaking spill down the stairs).

Rosina Reynolds and Jessica John, Craig Noel Award winners for drama, show they're just as adept at comedy. And Jonathan McMurtry, as a doddering thespian, remains the Clown Prince of same. Sean Fanning's ingenious, eight-door set swivels from on- to backstage. The crew that built it merits special

Worth a try.

CYGNET THEATRE - OLD TOWN, 4040 TWIGGS ST., OLD TOWN. 619-337-1525. 7:30PM THURSDAY, 8PM FRIDAY, 2PM AND 8PM SATURDAY, 2PM AND 7PM SUNDAY, THROUGH SEPTEMBER 6.

Park Your Car in **Harvard Yard**

Vista's Off-Broadway Theater presents Israel Horovitz's two-hander about a cranky high school teacher who is dying and a young housekeeper who was his former student. OFF-BROADWAY THEATRE 131 MAIN ST VISTA. 760-806-7905. 7:30PM THURS-DAY, 7:30PM FRIDAY, 7:30PM SATUR-DAY, THROUGH SEPTEMBER 5.

Sealed for Freshness

OnStage Playhouse presents Doug Stone's comedy about a Tupperware party gone awry when five Midwestern housewives "want their dreams back." Sandra Lynn Kraus directed.

ONSTAGE PLAYHOUSE, 291 THIRD AVE. CHULA VISTA, 619-422-7787, 8PM THURSDAYS, 8PM FRIDAYS, 8PM SATUR-DAYS, 2PM SUNDAYS, THROUGH SEP-TEMBER 19.

Shopping & F***ing

Triad Productions and Compass Theatre present Mark Ravenhill's study of our consumer-obsessed

society. Three young derelicts "spiral towards a point of no return." COMPASS THEATRE, 3704 SIXTH AVE., HILLCREST. 619-688-9210. 8PM THURS-DAYS, 8PM FRIDAYS, 8PM SATURDAYS, 8PM SUNDAYS, 8PM WEDNESDAYS, THROUGH SEPTEMBER 13

The 39 Steps

Alfred Hitchcock shot his movies on location, infusing the everyday — like crows on a telephone line — with menace. The 39 Steps, a highly theatrical (albeit lighter than air) take on Hitch's 1935 movie, has no such luxury. The show must generate effects on a bare stage with only trunks, chairs, a wardrobe, and four performers in an aerobic workout that would challenge the hale and buff. Much of the fun comes from seemingly spontaneous inventions, as when Michael Hannay, the harassed Brit, must climb through a window but only has the frame. Since Ted Deasy plays Hannay throughout (and quite well), the other three actors juggle an estimated 130 characters (backstage quick-changes must resemble a sale-table frenzy at Nordy's). Claire Brownell's range from the sultry to - in a touching portrait of a Scottish woman — the truly forlorn. They create so many instantly credible beings Scott Parkinson and Eric Hissom must dream in multiple personalities.

Worth a try.

LA JOLLA PLAYHOUSE, 2910 LA JOLLA VILLAGE DR., UCSD. 858-550-1010. 8PM THURSDAYS, 8PM FRIDAYS, 2PM AND 8PM SATURDAYS, 2PM AND 7PM SUNDAYS, 7:30PM TUESDAYS, 7:30PM WEDNESDAYS, THROUGH SEPTEMBER

Twelfth Night

One of the joys of theatergoing is watching a large cast perform with no weak links. When each actor comes back on, you're glad to see them and curious about what they'll do next. The Old Globe's Twelfth Night, directed with flair and heart by Paul Mullins, sports such a nicely honed ensemble it's difficult, even unfair, to single out individuals. That said, however, two stand out. James Newcomb's sad-eyed Feste frames the production's sprightly antics with an ancient, this-too-shall-pass wisdom. He isn't just a wise fool. This Feste could have written Ecclesiastes. Patrick Page makes Malvolio the exact opposite. Every moment is brand-new. His black hair Hitlerslicked across his forehead, Page

shows that a little innocence can be a dangerous thing. Mullins smartly reset the play in the Italian Riviera in the 1950s, a choice that lets costume designer Linda Cho work in Technicolor. Ralph Funicello keeps his set static by design. The focus stays, rightfully, on terrific ensemble acting and Shakespeare's menagerie of cross-gendered, cross-gartered maniacs rendered loopy by love. (Note: Twelfth Night runs in repertory at the Festival Stage.)

Critic's pick.

OLD GLOBE THEATRE, 1363 OLD GLOBE WAY, BALBOA PARK, 619-234-5623. 8PM THURSDAYS, 8PM FRIDAYS, 8PM SATURDAYS, 8PM SUNDAYS, 8PM TUES-DAYS, 8PM WEDNESDAYS, THROUGH SEPTEMBER 27.







CLASSIFIED ADS

Check out ads at SDReader.com Each print ad comes with an online ad.

TO PLACE AN AD: Call 619-235-8200 8:30am to 5pm Monday through Friday.

WALK-IN: 1703 India Street (at Date), Little Italy, 92101

DEADLINES: 4pm Monday for ads in Help Wanted, Career Training, Employment Services, Employment Agencies, and Business Opportunities. 5pm Tuesday for all other ads.

HELP WANTED CALL CENTERS



full- time, energetic, self- motivated Ca Center Dispatchers. All shifts available Fast- paced environment. Qualified candidates should possess excellent communication and computer skills and be able to multitask. Must have dispatch be able to multitask. Must have dispatch experience with a towing company and knowledge of the San Diego County roads. Competitive pay and comprehensive benefits package including 401(k), medical, dental, life insurance and more. Apply in person: 4370 Pacific Highway, San Diego; fax resume: 619-295-6892, attention: Human Resources; or e-mail: humanresources@westerntowing.com. Drug-free, EOE.

TELEPHONE INTERVIEWERS. Friendly outgoing. No sales! Bilingual Spanish a plus. Hourly plus bonuses. Paid training and parking. www.luthresearch.com. Apply: Luth Research, 1365 Fourth Avenue, downtown. Job Hotline: 619-243-8045.

HELP WANTED DOMESTIC SERVICE

AIDE NEEDED. Female only! Get me up, make breaktast. 1 hour in morning hour in afternoon, 1 hour at night, Saturday and Sundays. \$9/ hour. Friendly, easygoing. References. Own transportation. Ramona area. Nonsmoking. 760-788-7595.

HELP WANTED DRIVERS / **DELIVERY**

DRIVER/ COURIER. Part- time shifts available. Must have pickup with shell, mini-van or cargo van. Excellent pay, mileage and benefits! Call 858-444-2350.

DRIVERS. \$1700-\$2400 monthly. Fuel paid. Auto parts delivery with late model pickup truck, car, van. Clean DMV. Local and North County. Bonus paid. Independent contractors. 619-461-2048.

Independent contractors. 6 19-46 1-2048 **DRIVERS.** Dominion Distribution needs part-time Drivers to deliver free publications Mondays and Fridays. Requires a truck, van or SUV, currently insured. EOE. Drug screening, DMV, criminal background check required. Call Monday- Friday, 8am-12pm, 858- 547-9115 x243.

DRIVERS. Must have Class B license with passenger endorsement and at least 6 months' experience. Fixed route, Monday- Friday, 36-40 hours/ week. Call 619-287-0628.

HELP WANTED EDUCATION

GYMNASTICS SPECIALIST. \$14.51-\$17.64 hourly. Organize, promote, supervise and instruct various tumbling and gymnastics classes for children 4+ years of age. Must have at least 2 years of part-time experience teaching or assisting with organized group tumbling

assisting with organized group timbling and/or gymnastics classes in a municipal, nonprofit or commercial setting. City of Chula Vista, 276 4th Avenue, Chula Vista, 1910. 619-691-5096. www.chulavistaca.gov.

PERSONAL TRAINERS. Residential facilities. All client types. Mission Valley area. Part time. Certification, 2 years fitness experience and CPR Certification also preferred. E-mail Fitx@fitxsandiego.com. Fax resume: 858-715-8611. Call 858-715-8611.

PRE-SCHOOL TEACHER, 8am-5pm, Monday- Friday, 3-4 year old class, 12 Monday- Friday, 3-4 year old class, 12 ECE units plus experience. Floater/ Aide 10am-5:30pm, Monday- Friday, ECE units. Both must be currently fingerprint cleared through CCL. Hillcrest Preschool, Dana, 619-295-4147.

HELP WANTED HEALTH CARE

ADULT FOSTER CARE. Experienced Medical and Mental Health professionals to care for our adult clients with developmental disabilities in your own developmental disabilities in your own home. Monthly stipend: \$1000 - \$3400. Learn more! Orientations held the 1st & 3rd Tuesday each month, 2pm. 2525 Camino Del Rio South, #160, San Diego, 92108. Visit: www.thementornetwork com. Program Recruiter: 619-293-0214.

AIDES AND CNAS. Immediate openings! Adultcare. Childcare. Eldercare. Family Caregivers, Home Care Aides, Drivers. Great pay! New-hire bonus! Nonmedical in-home help for seniors, children, disabled. Hourly and shifts. Training. Flexible schedules. Benefits. Retirement. Dependent care plan. At Your Home Familycare. E-mail: homecarejobs@ atyourhomefamilycare.com. Toll free: 1-877-903-JOBS.

CAREGIVER, PART-TIME, Experienced record, communication skills required. Male preferred, 619-697-1806

CAREGIVERS needed immediately. 1 year's experience. All shifts available. Hourly and live In. Call Assertive Homecare Services, 3774 Grove Street, Suite L-1, Lemon Grove. 619-466-6890.



CAREGIVERS, COMPANIONS, Home CAREGIVERS, COMPANIONS. Home care agency has immediate openings for compassionate and experienced Caregivers in Del Mar, Encinitas, Cardiff-by-the-Sea and Rancho Santa Fe. Must have 2+ years healthcare experience, valid CA driver's license and reliable transportation. Background check required Visiting Angels, 858-350-4346 required. Visiting Angels, 858-350-4346.

CAREGIVERS: LIVE-INS, 2, 3, 4 or 5 days/week, \$120/day including sleep and meal periods. Weekends and hourly 4-hour, 8-hour and 12-hour shifts, AW/ PM. Top pay, flexible shifts 24/7, 401(k), production bonus, rewards for good week Poeuries valid drivers liberges. work. Requires valid driver's license, vehicle/insurance, registration, one year

of paid elder caregiving experience, eligibility to work in the United States. \$150 hiring bonus for employees accepting North County assignments (after 90 days of employment). Comfort Keepers, 2006 Workplace Excellence Medallion Award SDSHRM, San Diego: 619-795-6036. San Marcos: 760-598-3400.

CAREGIVERS. Home Instead Senior CAREGIVERS. Home Instead Senior Care needs compassionate, dependable people to provide non-medical help, personal care and homemaker services to seniors in their homes. Must have 1 year verified experience, valid licence, vehicle, and insurance. Central/East County San Diego. 619-433-6200. or wawww.homeinstead.com/190 www.homeinstead.com/190.



CAREGIVERS / COMPANIONS. Home CAREGIVERS/ COMPANIONS. Home care agency has immediate openings for compassionate and experienced Caregivers in the El Cajon, Lakeside, Granite Hills, Bostonia, Rancho San Diego, Alpine and Julian areas. Must have 2+ years' healthcare experience valid CA driver's license and reliable transportation. Background check required. Visiting Angels, 619-987-4910.

CAREGIVERS / COMPANIONS. Minimum 1 year's experience non-medical home care for seniors. Valid California driver's license. Serving Santee/ La Mesa/ Del Cerro/ San Carlos. Maureen, Visiting Angels, 619-749-7525.

CAREGIVERS/ HOMEMAKERS. HHAs. Competitive/ weekly pay, flexible hours training opportunities. Call today! Right

HELP WANTED



Fundraising

A national Telemarketing firm with over 20 years in business, specializing in fundraising for the Democratic Party and charities, is currently hiring Telemarketers for its San Diego center.

- \$9/hour
- Paid training
- Performance bonuses
- Medical/dental
- Full- and part-time
- Convenient location



9620 Chesapeake Drive, Suite 108 San Diego, CA 92123-1369

Call for an interview: 858-496-2100

Marketing

Our top marketer has earned over \$1,500 a week, 4 weeks in a row!

Join the "green dream" with PHR and promote eco-friendly, green products. We are looking for:

- Motivated individuals
- Outside-the-box thinking Outgoing, aggressive personalities

Base pay + commission + bonus

Call us now to schedule an interview: 858-866-0183 Visit us online at: www.pacifichomeremodeling.com

> **Pacific Home Remodeling** 6861 Nancy Ridge Dr., Suite D San Diego, CA 92121



Home Remodeling, Inc. Improvement Group



Customer Service/ Reservation Agents

Paid Training/Benefits



To schedule an interview:

619-516-4276 rcorrea@pmonarch.com

CENTER DISPATCHERS Fast-paced environment. Qualified candidates should possess excellent communication and computer skills and be able to multitask. Candidates must have dispatch experience with a towing company and knowledge of San Diego County roads. Competitive pay and comprehensive benefits package including 401(k), medical, dental, life insurance and more. Fax résumé: 619-295-6892 Attn: Human Resources E-mail: humanresources@westerntowing.com Or apply in person at: 4370 Pacific Hwy San Diego Drug-free/EOE

Western Towing is looking for energetic, self-motivated

individuals to fill full-time positions as



Call NOW:

NOT required. (800) 775-9924

CAREGIVERS/CNAs/HHAs.

Immediate openings. Hourly, Live-in, Nights. Cheerful Caregivers needed to assist seniors in-home. Minimum 1year experience. Premium pay/bonuses/benefits, 24-hour office support. Age Advantage, 619-660-8881, 760-720-7272.

CAREGIVERS/RESIDENTIAL

CAREGIVERS/RESIDENTIAL
Facilitators. Provide quality care for children with developmental disabilities at our Encinitas home care facility. Minimum 12 months' experience in a similar environment and high school diploma/GED required. Must have valid CA driver's license and clean DMV. Background checked. All shifts available, full time and part time, \$13-\$13.36' hour, DOE. Benefits for full time. Applications accepted 8:30am-3:30pm at Home of Guiding Hands, 1825 Gillespie Way, Suite 200, El Cajon, CA 92020. Fax resume: 619-938-3056.

HEALTHCARE: RNs, LVNs, AIDES.

HEALTHCARE: RNs, LVNs, AIDES. Join La Joila Nurses! Looking for Home Health Aides, ongoing assignments. Also per diem work—you pick the days, hours and shifts! Competitive pay rates, excellent work assignments. State-licensed home health agency. Medical, dental and vision benefits; referral bonus. La Joila Nurses HomeCare, 858-454-9339. www.laidlanurseshomecare.com

Home Care, John St. Www. lajollanurseshomecare.com.

HOME CARE AIDES. Beginners, experienced. CNAs, Family Caregivers, Childcare, Eldercare and Drivers. New-hire bonus! Great pay! Nonmedical in-home help for seniors, children, disabled. Hourly and shifts. Training. Flexible schedules. Benefits. Retirement. Dependent care plan. At Your Home Familycare. Celebrating 25 years of excellent service to all of San Diego County! E-mail: homecarejobs@ atyourhomefamilycare.com. Toll free: 1-877-903-JOBS.

free: 1-877-903-JOBS.

HOME HEALTH LVN. Personal Care
Assistants, Live-in Personal Care
Assistants and Homemaker/
Companion/Silter. Palomar Pomerado
Health is hiring. Apply online from any
computer at: www.pph.org or in
person, Monday- Friday, 7:30am4:30pm: Human Resources
Administrative Offices for Palomar
Pomerado Health, 456 East Grand
Avenue, Escondido, 92025; Pomerado
Hospital: Applications available via
computer Kiosk in main hospital lobby,
15615 Pomerado Road, Poway, 92064;
Palomar Continuing Care Center: Palomar Continuing Care Center: Applications available via computer Kiosk in main hospital lobby, 1817 Avenida del Diablo, Escondido, 92029. All PPH campuses are smoke-free.

IN-HOME CARE. Caregivers and Companions. Minimum 1 year's experience non-medical home care for seniors. Valid California Driver's License. Serving Santee/La Mesa/Del Cerro/San Carlos. Maureen, Visiting

JOB COACHES. Community-oriented Center for Independent Achievemen Center for Independent Achievement is seeking dependable individuals in East County. 1:4 group ratio maximum. \$8.50-\$9.50/ hour. Annual raises. Bonuses for exceptional performance. Benefits with full-time. pficareer@yahoo.com. Fax: 619-592-4878. 619-592-4850.

MENTAL HEALTH SYSTEMS, INC.

needs Therapists, Employment Specialists, Case Managers, Counselors, Administrative Assistants, etc. Excellent benefits package. Visit/ apply at the Career page at www.

mhsinc.org.
RESPITE CARE for children and
teens with developmental
disabilities. Critical need,
Countywide! Great pay! Newhire bonus! Nonmedical in-home hire bonus! Nonmedical in-home help. Caring heart more important than experience. Training. Hourly and shifts. Flexible schedules, benefits, retirement, dependent care plan. Visit homecarejobs@ atyourhomefamilycare.com. At Your Home Familycare. Call toll free: 1-877-903-JOBS.

tree: 1-877-903-JOBS.

SOCIAL SERVICES. Promising Futures, Inc., is hiring reliable, caring individuals to work with the developmentally disabled in East County and Ramona. Part- and full-time positions. \$8-\$10/ hour plus benefits. Overtime opportunities available. pficareer@yahoo.com. Fax resume: 619-592-4878. Call 619-592-4850.

HELP WANTED JOBS WANTED

DRIVER available one time, part/full. COD, trailer, and distance experience. Responsible, accountable, safe. Recent references. Victimless DUI (2005) on otherwise clean record. Charles, 858-271-4921.

JOB WANTED. Personal assistant caregiver. Cook, shop, clean. Liability nsured, CPR, Live Scan, DMV, background check, excellent resume

JOB WANTED. Offering childcare, senior care, and personal companion services. care, and personal companion services I'm flexible, and available to start today. Can travel if necessary. 619-444-7679.

UNEMPLOYED HOMELESS VETERANS. You may be eligible: job search/res preparation, placement assistance support services, job-related clothing/ tools, housing referrals. VA benefits

VOLUNTEER DRIVER, 24/7, Errands. shopping, appointments. Mileage reimbursement only. 619-276-3728.

HELP WANTED MISCELLANEOUS

CIRCULATORS. Collect signatures on statewide petitions. No experience necessary. Paid 2x/ week. \$10-\$30+/ hour. Independent contract work where/ when you want. Full-/ part- time. 619-615-8703.

DOG/ CAT AND OTHER PET CARE in your home. Paid "Host Families" needed for vacationing pets. Experience with animals necessary. www. pawsnplaypetcamp.com. 858-541-1536.

DONATE QUALIFIED PLASMA, earn money every week. Requirements: 18 years of age, good health, proof of Social Security number, proof of current address, current photo ID. Bring in this ad and receive a \$5 bonus after your first donation! OctaPharma Plasma, 2850 Sixth Avenue, Suite 111 (Hillicrest area), 619-298-4011; and 4402 Dayton Street (off El Cajon Blvd., 1 block east of 54th Street), 619-265-0334, www.octapharmaplasma.com.

EARN MONEY EVERY WEEK for

qualified plasma donations.
Requirements: 18 years of age, good
health, proof of Social Security number,
proof of current address, current photo
ID. Bring in this ad and receive a \$5
bonus after your first donation!
OctaPharma Plasma, 2850 Sixth Avenue,
Suite 111 (Hillcrest area), 619-298-4011;
and 4402 Dayton Street (off El Cajon
Blvd., 1 block east of 54th Street), 619-265-0334. www.octapharm

ENVIRONMENTAL SERVICE WORKER.

Palomar Pomerado Health. Apply onlin from any computer at: www.pph.org or in person, Monday- Friday, 7:30am-4:30pm: Human Resources Administrative Offices for Palomar Pomerado Health, 456 East Grand Avenue, Escondido, 92025; Pomerado Hospital: Applications available via computer Kiosk in main hospital lobby. 15615 Pomerado Road, Poway, 92064; Palomar Continuing Care Center: Applications available via computer Kiosk in main hospital lobby. 1817 Avenida del Diablo, Escondido, 92029.

RIPH campuses are smoke-tree.
FREE CUSTOMIZED EMPLOYMENT
Program for Veterans with a
Service-Connected Disability or
those Honorably Discharged
within the last 48 months. Space
is limited. (PURSDA.04.8860)

GET PAID TO SHOP! Mystery Shoppers Earn up to \$200/day, Experience not required, Call now: 800-486-7204.

HELP WANTED OFFICE / **ADMINISTRATIVE**

ADMINISTRATIVE ASSISTANT.

Quickbooks knowledge
required— please don't call if you
don't have it. Must be goal oriented, ave it. Must be goal oriented, proactive. \$11-\$19/ hour. 858-650-0718.

DATA ENTRY/ CUSTOMER SERVICE

oriented team player with customer service/ data entry skills. Must type 55-65 wpm. Fast paced, interesting environment serving the legal community. Full time, \$10-\$11 start. 619-260-0309.

HELP WANTED RESEARCH STUDIES

ARTHRITIS. Do you have hip or knee pain? Consider volunteering for a clinical research study. To qualify, you must be at least 18 years of age, have joint pain caused by arthritis. Other criteria will apply. As a qualified participant, you will see a study doctor to discuss your pain. All study-related care is included and no insurance is required. Please call: 1-888-478-6339. www.paintrial.com.

HELP WANTED

Sales!

Think you have what it takes?

39-year-old aggressive sales company in San Diego is in need of bright people who want to learn how to sell. Must be able to read.

No experience necessary. Apply today, start tomorrow. 3 locations.

- Paid training (Mon-Fri 7 am-3 pm) 401(k)
- Medical Dental Vision (after 90 days)

BIGGEST CHECK THIS YEAR \$5005.96 FOR 37 HRS. DON'T LET THIS OPPORTUNITY PASS YOU BY!

> Kearny Mesa: 619-674-7558, Allen Sorrento Valley: 800-854-2830 x232 Oceanside: 619-701-3631



Resort company seeking experienced Appointment Setters for growing call center in Mission Valley. Earn up to

\$20-\$30/HOUR **WEEKLY PAY**

- Paid Training 401(k) Paid Holidays
 - Medical/Dental/Life Insurance
 - Full-time Opportunities
 - Cash Bonuses Paid Nightly

Mission Valley: 619-516-7881



Or apply in person 11 am-3 pm Monday-Thursday 2851 Camino del Rio South, Suite 300 San Diego, CA 92108



Sales Opportunity!

Is money a problem? Then we have the solution!

Call our customers and start earning full-time pay on a part-time basis! Average \$9-\$12/hr. Top pay \$15-\$22. Flexible part-time hours. Represent nationally recognized corporations and non-profit organizations.



Your line to success: 858-292-8822

www.dialamerica.com



Christmas in September!

Christmas is officially 4 months away, but you can give yourself the gift of financial freedom today.

- \$500-\$1000/day, simply returning phone calls.
- · No selling. No explaining. No convincing...
- Private gifting, tax codes approved by IRS.

"I generated \$22,000 in 1 day in this program!"

– Bob, Retired, IA

1-888-905-5888

MarkIsRich.com

COOK. Wesley Palms, an upscale retirement community, is looking for a full-time Relief Cook for our busy kitchen. Must be able to work a flexible schedule. 2-3 years experience working in a food service establishment required in a lood service establishment required. We are looking for someone who is willing to work different shifts between 5am and 7:30pm (8- hour days) and various days. Job involves working all positions in the kitchen. Other job requirements include ability to pass physical, drug screen, TB test, extensive physical, drug screen, TB test, extensive FBI & DOJ background check and must be eligible to work in the United States. Interested applicants should apply in person: 2404 Loring Street, Pacific Beach 92109

TRAFFIC DIRECTORS. SDSU events. 88.50 per hour. Day and evening shifts available. Must have good customer service skills and be able to work a flexible schedule. Apply at www. sunsetparking.com.

HELP WANTED RETAIL

CASHIER. Small pharmacy. 10-6 Monday through Friday, no nights or weekends. UTC area. Experience preferred. \$9.50/

SALES REPRESENTATIVES. Facilitate minimum 1 year retail sales experience. basic computer skills. Base hourly plus commission, benefits. Send resume: mynewsalesjob@gmail.com.

HELP WANTED SALES / **MARKETING**

APPOINTMENT SETTERS. Resort APPOINTMENT SETTERS. Hesort company seeking experienced Appointment Setters for growing call center in Mission Valley. Up to \$20-\$30/hour, weekly pay. Full-time opportunities. Paid training, 401(k), paid holidays, medical/dental/life insurance. Cash bonuses paid nightly. 619-516-7881. Or apply in person 11am-3pm, Monday-Thursday: 2851 Camino Del Rio South, Suite 300. San Diego 92108. San Diego 92108

CANVASSING MANAGER. \$7K-\$16K/ month setting going- green home improvement appointments! Experience managing people a plus. Must have a vehicle. Smart people earn big bucks! MakeoverMax, 619-888-2405.

CANVASSING! \$2K-\$4K/month part time. improvements! Highest commission in industry. AM/PM shifts. Start immediately! Jake, 858-278-5605. www.

CUSTOMER SERVICE/ Reservation Agents. Paid training. Benefits. To schedule your interview, call Pacific Monarch Resorts, 619-516-4276 or e-

EDUCATIONAL CALL CENTER. \$40.000+ year. Minimum 2 years' experience in outbound sales. Ability to close on the first call. Call: 800-858-9673 x331, recruiting@wordenest

FINANCIAL SERVICES Marketing. Rapidly expanding financial services marketing company seeks local sales representatives. Ideal candidate will be motivated, honest, outgoing, entrepreneurial, and have 4 years of call local sales are considered. college or equivalent. Call our office and leave message (or fax) 24 hours: 877-

Trundraising for national charities and the Democratic Party. Over 20 years in business. \$9/hour. Paid training. Performance bonuses. Medical, dental, Performance bonuses. Medical, dental, 401(k). Full and part time. Convenient location. Apply at Gordon & Schwenkmeyer: 9620 Chesapeake Drive, San Diego, 92123-1369. Call for interview. 858-496-2100.

interview. 858-496-2100.

GREAT DOLLARS plus Career
Opportunities for your future! Immediate openings. Energetic environment. Great summer job. 401(k), medical, dental. Vacation/ holiday pay. Daily cash spiffs. Average closer \$60K+/ year! If you are disciplined, coachable and looking to join a great team with an easy- to-sell product that's high interprity. call us product that's high integrity, call us today! Leah, Media All-Stars, 858-300-9734. www.Media Allstars.com.

INSIDE SALES. Part/ full time. Immediate openings. Great work environment. Convenient location 401(k), medical, dental, paid ns. holidays. If you are lisciplined, coachable and looking to join a great team with an easy-to-sell product and high integrity, call today! Average closer \$60K+/ year! Media All-Stars, 8525 Gibbs Drive #206, 92123. Ask for Leah, 858-300-9734.

LOAN PROCESSORS AND SALES Personnel. Carlsbad loan mitigation company seeking experienced and motivated individuals. Must have loan experience. Will train the right candidates. A+ Better Business Bureau

(off El Cajon Blvd., one block east of 54th St.)

619-265-0334

rating. VS Legal Center. E-mail resume

to: injewstegaterter.com.

MARKETING. Our top rep has earned over \$1500 a week, 4 weeks in a row!

Join the "green dream" with PHR and promote eco-friendly, green products.

Seeking motivated individuals, outside the box thisting, outside the-box thinking, outgoing, aggressive personalities. Base pay plus bonus plus commission. Call now to schedule an commission. Call now to schedule an interview: 858-866-0183. 6875 Nancy Ridge Drive, Suite B, San Diego, CA

92121.

SALES OPPORTUNITY! Is money a problem? Then we have the solution! Call our customers and start earning full-time pay on a part-time basis! Average \$9-\$12/ hour. Top pay, \$15-\$22/hour. Flexible part-time hours. Represent nationally recognized corporations and non-profit organizations. Your line to success. Dial America Marketing, 858-292-8822. www.dialamerica.com.

SALES. Rusiness. to. business sales

SALES. Business- to- business sales. Sell SBA loans, equipment finance, Visa/ MC. Make up to \$20K per commission plus residual income. Call 1-800-928-

SALES. Think you have what it takes? 39year-old aggressive sales company in San Diego needs bright people who want to learn how to sell. Must be able to read. No experience necessary. Paid training. Monday-Friday, 7am-3pm. 401(k),

medical, dental, vision (after 90 days). **Biggest check this year \$5005 for** 37 hours. Don't let this opportunity pass you by! Apply today, start tomorrow! 3 locations. Kearny Mesa: Allen, 691-674-7558. Sorrento Valley: 800-854-2830 x232. Oceanside: 619-701-3631.

701-3631.

SALES. Supplement your income. Excellent income potential in today's changing economy! \$10 starts you in a new career. Fullor part-time. Build your business working with top-selling Avon representatives. Perfect for self-starters. www.youravon.com/kennis. Kathleen: 619-429-1253; 888-429-1253. RRR.429.1253

SALES. ENVIRONMENTAL company work? Want a job? Travel and get aily! We train. Must be 18+. Start all for interview: 800-231-8183.

SALES. TRAVEL MONEY MAKERS. Free to travel, 18+. Business opportunity. 20 major cities, return guaranteed. Paid training. Transportation furnished. Cas paid daily. Start immediately. Mr. Miller 619-299-2292 #9, 215. 602-481-5522.

SALES/ FUNDRAISING. School
Shales Fundraising School
Shales Fin relaxed environment, easy athletics. Fun, relaxed environment, easy job, great pay. 8:30am-4:30pm, Monday-Friday. From \$8-\$26 hourly with bonuses commissions. Call 858-650-0718.

SALES/B2B PHONE SALES.
Representative to offer Internet marketing to real estate professionals.
Comprehensive paid training and full to real estate professionata: Comprehensive paid training and full benefits after 60 days. Make \$45,000 to \$55,000 first year. Top sales consultants average \$60,000 to \$80,000/year. Phone sales professionals wanted. 619-717-2041

SPORTS MINDED. PART TIME. New Energy Drink. Experienced Sales/ Marketing, Promoters, Distributors. Also Entry Level. Apply Monday- Thursday, 2pm or 7pm. RSVP: Jake Rohrbacher, 619-847-8554.

TELEMARKETERS. Brand- new ad

spec company currently has 3 openings for experienced dialers Excellent growth potential. Examilering frowing potential.

Candidates will have a positive attitude, willingness to learn, reliable transportation. Competitive salary and advancement possibilities. Will train. Call 858-605-0470, 619-756-4106 or respond to resolutepromo@att.net.

Salespeople out there? Pacific Graphics Advertising Specialties in La Mesa for 20 years. Hours: Monday-Friday, 8am-2:30pm. Call Joe: 619-461-0365. **TELEMARKETING.** Any good Salespeople out there? Pacific

TELEMARKETING. Ad specs. Monday-Friday. Get paid while you train to earn

realth

Institute

\$500-\$1000/ weekly. No experience

TELEMARKETING. Fundraising for TELEMARKETING. Fundraising for Democratic Party and national charities. Over 20 years in business. \$9/hour. Paid training. Performance bonuses. Medical, dental, 401(k). Full time or part time. Convenient location. Apply at Gordon & Schwenkmeyer: 9620 Chesapeake Drive, San Diego, 92123-1369. For appointment, call 858-496-2100.

TELEPHONE SALES. Experienced and entry level. Cable/ telecom ndustry. Reliable transportation, application: www.expresspros.com and call to schedule appointment. Interview: 858-784-3676.

HELP WANTED SALONS

Busy Gaslamp Salon Seeking Booth Renters

HAIR DESIGNERS. Make great money! Walk- ins available! Great urban loft environment, convenient parking, \$700/month. Move- in incentives. 619-231-7588.

7588.

HAIRSTYLIST. Booth rental available in North Park hair salon \$125 weekly. Facial/ massage room available. Great location. Free parking. Call Jennifer, 619-917-6973; or Jamie, 619-917-9455.

HAIRSTYLISTS, MANICURISTS: Lowe rent in Clairemont! \$135 per space. Free towels/ advertising/ shop insurance. Lots of storage. Must have own clientele. Move- in incentives! 858-610-3037.

SALON MANAGERS to cut and manage at busy Vista salon. Cosmetology license required. Health insurance. Training provided. Walk-ins available! Start your career with a growing company today! Call 858-380-5882.

SALON/HAIRSTYLISTS. Large booths. \$1000 move-in allowance. Requires your own clientele. Free reception/ phone/ towels. 100% retail is yours. Golden Touch, near Fashion Valley. 619-972-7744.

HELP WANTED SECURITY

DEVELOP THE SKILLS to get the job and the strength to secure it! As a Soldier in the U.S. Army, you'll develop the confidence, strength and character to stay on course toward a successful future. You'll also gain unmatched job training that will give you an edge in any industry, military or civilian. 150 job opportunities. Call First Sergeant Bryan Williams at 888-562-4060 for more! www. GOARMY.com.

A New Healthcare Career In Just 6 Weeks!

Become a **Phlebotomy Technician**



The training program consists of a combination of classroom instruction and a clinical externship at our affiliated hospitals and clinics.

- No Experience Necessary
- Must Have High School Diploma/Equivalent



Call for details: **Family Health** Services 619.955.1007

www.familyhealth-services.com

BPPVE Register #3708721

SECURITY GUARDS needed for SECURITY GUARDS needed for prestigious Downtown San Diego sites. Must be customer-service oriented, computer literate, and have excellent communication skills. All shifts available! Securitas offers: Free Guard Card training, medical/ dental/ vision and 401(k), excellent working environment, free uniforms. For fastest response, apply online powl waw securitasions. apply online nowl www.securitasjobs. com, or call San Diego: 619-641-0049; San Marcos: 760-591-3733; Temecula: 951-676-3954. EOE/M/F/V/D, drug free

SECURITY OFFICER. Palomar Pomerado Health. Apply online from any computer at: www.pph.org or in person, Monday-Friday, 7:30am-4:30pm: Human Resources Administrative Offices for Palomar Pomerado Health, 456 East Palomar Pomerado Health, 456 East Grand Avenue, Escondido, 92025; Pomerado Hospital: Applications available via computer Kiosk in main hospital lobby, 15615 Pomerado Road, Poway, 92064; Palomar Continuing Care Center: Applications available via computer Kiosk in main hospital lobby, 1817 Avenida del Diablo, Escondido, 92029. All PPH campuses are smoke-free.



SECURITY OFFICERS. Allied Barton Security OFFICERS. Allied Barton Security Services. Full/ part time, variety of shifts available. Up to \$12/ hour, medical/ dental/ vision, 401(k) with company match, holiday pay, paid vacation, free uniforms, Guard Card class offered, uniform cleaning allowance, free life insurance/ full term. allowance, free lite insurance; ruit term. Must be at least 18 years of age and have a high school diplomar GED. Apply online: www.AlliedBarton.com or www. GreatSecurityJobs.com. Or apply in person 8am-4pm, Monday-Friday: 9370 Sky Park Court, Suite 150, San Diego, 92123. Call: 858-874-8200.



SECURITY PROFESSIONALS, Secure a new career in the growing field of Security and Asset Protection. Full/ part

time, San Diego countywide. Excellent time, San Diego countywide. Excellent compensation and benefits, 401(k), Health/ Wellness. Professional certification. Requires valid CA driver's license, current CA Guard Card, phone, transportation. Must be able to read/write/understand English. Apply Monday-Friday, 8am-4pm, at 8001 Vickers Street, San Diego 92111. Call: 588-244-1870; e-mail: DG_GuardRecruiting@GMlweb.com.

SECURITY SERVICES Representative (PTO) for the award-winning San Diego Convention Center Corporation. To apply, visit our website at www. visitsandiego.com. Applicants must be 18 years of age or older. Equal Opportunity Employer/Drug-free workplace.

workplace.

SECURITY. Bald Eagle Security hiring licensed Security Officers. Full/part time. Downtown San Diego locations only. No car or cell phone required. Guard Card required. Must be able to work flexible hours, mostly swing and graveyard plus every weekend. Background check. EEO/Drug free. Health benefits available. Call 619-230-0022, e-mait; jacinm@ baldeaglesecurity.com, or apply in person at 2015 Main Street, San Diego, CA 92113.

HELP WANTED TRADES / LABOR

APPLIANCE REPAIR TECHS. Sears ow hiring! Strong mechanical, echnical and customer skills needed 18+; valid California Driver's License. Call Saboun at 619-347-0673. E-mail to shem00@searshc.com.

BOAT WASHER. Wash yachts in local San Diego marinas. Part- time, \$8.50-\$9.50/ start. Reliable vehicle required, will transport equipment. Respond via email: mortonmarine@verizon.net, 619-

DRIVERS: MORTUARY DRIVERS. Growing transportation company

Growing transportation company has full-and part-time openings for reliable employees. Good driving record, heavy lifting and clean background check required. No felonies, no misdemeanors. Experience preferred. Healey, Scott & Bradt. Fax resume to 760-440-0736 or email hsbtrans@aol.com

CAREER TRAINING

Become a certified **Private Security Guard** in just 2 weeks! 52-hour training and certification course includes: • Guard Card • Public relations • Liability and legal aspects

- Power to arrest
- Firearm training Observation & documentation
- Baton training • Communication and
- significance • CPR/first aid
- No cost to qualified veterans!

Other services: Guard Card renewal, firearm reaualification and baton permit

Coast Career Institute

311 Third Ave., Chula Vista • 619-420-0437 1330 E. Valley Pkwy., Escondido

Earn great \$\$ ■ Meet new people ■ Work part or full time

San Diego's #1 Bartending School Finish our course in only 2 weeks! We specialize in Bartending only.

Not a Casino Dealing or Cooking school.

Call for a free tour: 619-281-2345 and ask about our tuition special!

Job placement assistance ■ Financing Excellent student testimonials

San Diego Bartending School

www.SanDiegoBartending.com

6690 Mission Gorge Rd., Ste. K ■ San Diego, CA 92120

TWO Locations: 3232 Duke St. San Diego (off Midway Dr.) 619-298-4011

HELP WANTED

Earn Extra \$\$ Every Week

For Qualified Plasma Donations

Requirements: 18 years of ageGood health

· Proof of Social Security Number

Proof of current address

4402 Dayton Street

Current photo ID

Bring in this ad and receive a \$5 bonus after your first donation!

Plasmo
Formerly known as Pyramid Biological Corporation & Life Sera

OHI is a mission of the Free Sacred Trinity Church, a non-denominational church that has been operating spiritual retreats since 1976. **Assistant Kitchen Manager**

octapharma

\$14.36-\$17.95/hr. Must have 1 or more years' supervisory experience, 2 years' food-prep experience in a fast-paced hotel or healthcare facility. High school graduate or GED. Must speak English. Submit your résumé and cover letter to kitchen-jobs@optimumhealth.org or fax to 858-634-5029.

Housekeepers II

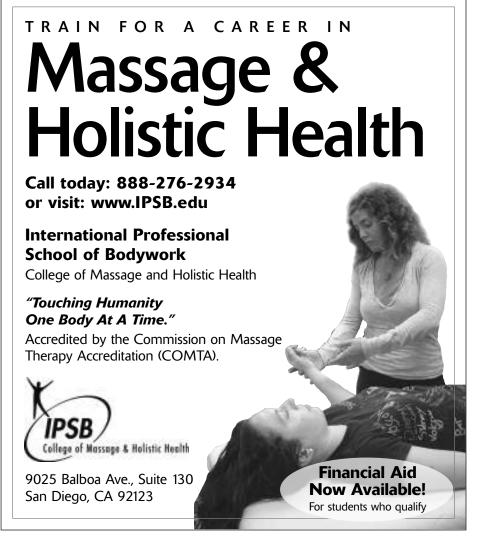
\$10.63-\$12.50/hr. Must have 3 years' hotel experience and speak English.

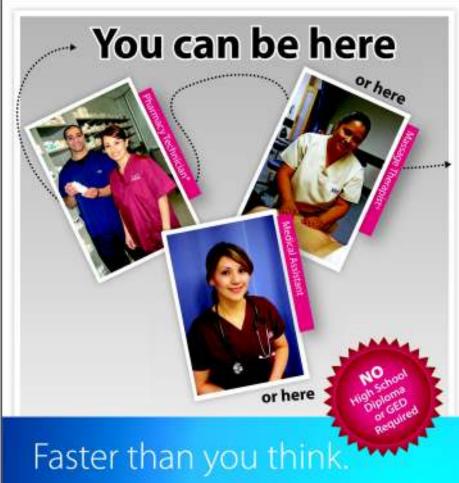
\$10.63-\$12.50/hr. 2 years' housekeeping experience in hotel or healthcare facility. High school graduate or GED. Must speak English.

Apply online: www.optimumhealth.org or in person: 9665 Granite Ridge Dr., Suite 310, San Diego, CA 92123 or call: 858-634-5519

Rewarding, non-smoking, drug-free environment. Benefits







Train for a career in less than **9 months**

We also train for:

- Medical Billing & Insurance Coding
- » Dental Assistant
- » Business Office Administration
- Computer Systems Technician

Introducing 2 New Programs

Business Management – AAS Degree Program+ Criminal Justice+*

WWW.MYUEI.COM

Call Today! 877.355.9044



San Diego / Chula Vista, CA

Not All Programs Available at All Campuses Financial Aid Available if Qualified Lifetime Job Placement Assistance * Length of Programs May Vary * HS Diploma/GED Required HOUSEKEEPERS II. \$10.63-\$12.50/ hour. Must have 3 years' Housekeeping experience in hotel or healthcare facility. High school graduate or GED. Must speak English. OHI is a mission of the Free Sacred Trinity Church, a non-denominational church that has been operating spiritual retreats since 1976. Nonsmoking, drug-free environment. Benefits. Apply online at www. optimumhealth.org or in person: 9665 Granite Ridge Drive, Suite 310, San Diego 92123. 858-634-5519.

HOUSEPERSON. \$10.63-\$12.50/ hour. 2 years' Housekeeping experience in hotel or healthcare facility. High school graduate or GED. Must speak English. Valid driver's license required. OHI is a mission of the Free Sacred Trinity Church, a non-denominational church that has been operating spiritual retreats since 1976. Nonsmoking, drug-free environment. Benefits. Apply online at www.optimumhealth.org or in person: 9665 Granite Ridge Drive, Suite 310, San Diego 92123. 858-634-5519.

HVAC ENGINEER (full time) for the award-winning San Diego Convention Center Corporation. To apply, visit our website at www.visitsandlego.com. Applicants must be 18 years of age or older. Equal Opportunity Employer/Drug-free workplace.

PAINTER. Experienced, preparation to finish paint. Requires references, proper credentials to work in US. Drug- free

San Diego Reader September 3, 2009

Apply Monday- Friday 8am-5pm: 500 West Harbor Drive, 92101.

CAREER TRAINING

A ACADEMY OF BARTENDING. Make money! Fun! New friends! Learn behind real bar. 1-2 week course. Weekend classes available. Part- and full-time. Job placement assistance. Please call 619-

ACCOUNTING JOB READY 5 MONTHS!
Are you analytica!? A problem solver? A
good communicator? If so, our five
month training program will teach you the
skills to take advantage of the unlimited
opportunities in this rewarding
profession. Morning and evening
sessions. Classes begin September
14th. The Accounting Academy, 760510-1990. www.theaccountingacademy.



ACCOUNTING, COMPUTERS, Medical: Day, evening, and online classes start soon! Also offered: Medical Assisting, Respiratory Therapy, X-ray Technology

(limited scope), Lab Technology, Pharmacy Technology, Healthcare Administration, Medical Coding/Billing, Nursing Administration, Medical Specialties, Medical Office Administration. Associate's/Bachelor's degrees, Certifications and Licenses, Programs approved for Veterans. Accredited member ACCSCT. See Job Giant, page 5. Job placement assistance for graduates, financial aid (if qualified). Classes begin each month! Enroll today! California Collego San Diego, 2820 Camino Del Rio South, San Diego (92108). 1-800-635-2761. www. californiacollege.info.



ADMINISTRATIVE MEDICAL Assistant. Comprehensive course provides the skills and knowledge required for entry-level position in the healthcare industry. Medical Assisting Profession, Interpersonal Skills and Human Behavior, Medicine and Ethics, Medicine and Law, Computer Concepts, Patient Reception and Processing, Written Communications, Medical Records Management, Basics of Health Insurance, Financial and Practice Management. Course length: 10 weeks. Tuition assistance available for those eligible. Votec Training, 8304 Clairemont Mesa Boulevard #103, San Diego, 92111. 858-565-0663; Fax 858-565-0411.

www.votectraining.com.

BARTENDING and Casino Dealing careers. Job leads guaranteed! Earn good money and have fun doing it! 1-4

week course. Try before you buy! Professional instructors. Group and individual classes. Competitive pricing. 0% financing available. Structured curriculum and/or self-paced programs. Building careers for over 25 years. Check out our website sale! www.cardsandcocktails.com.

www.cardsandcocktails.com. Academy of International Bartending and Casino Dealing. 858-560-MIXX (6499). 858-278-DEAL (3325).

BATTENDING SCHOOL. Hands-on training. Learn to bartend from San Diego's #1 bartending school. Affordable two-week course, job placement assistance, financing available. Make great money. San Diego Bartending School, 6690 Mission Gorge Road, Suite K, San Diego, CA 92120. Call today for a free tour! 619–221-2345. www.

Marinello Schools of Beauty

of Beauty
Beauty Never Goes Out Of Style.
Marinello provides training in all aspects of the beauty field, from Cosmetology to Master Spa Therapy, Manicuring, and more! Become a professional in salons, exclusive resorts and spas, and in the entertainment sector. Ask today about open enrollment and programs that can be completed in less than a year! Call or visit us online: 800-648-3413, www.
Marinello com

BECOME A BARTENDER! North County's only Professional Bartenders School. Offering 1 and 2 week courses, handson training and job placement opportunities. Call today 760-471-5500!



BILLING AND CODING. Fast and affordable. 20% tuition reduction for 2009! Start a new career in 6 months. Job placement assistance, financing, free books/ supplies. Train with San Diego's best doctors. Small classes, free

tutoring, more certifications in less time. Best value guaranteed. Call 888-585-7537. www.CMCSanDiego.com.



BUSINESS OFFICE ADMINISTRATION.

Business Admin. UEI also offers programs for Pharmacy Technician, Dental Assistant, Medical Billing/ Insurance Coding, Massage Therapist, Computer Systems Technician. Approved Veterans, Rehab, WIA. Job Placement Assistance, Financial Aid (if qualified). United Education Institute, 3666 Kearny Villa Road, #100, 92123; 310 3rd Avenue, #C6, Chula Vista 91910 Call todayl 1-877-206-1915. Visit our website: www.infofromuei.com.



Day, evening, and online classes start soon! Also offered: Medical Assisting, Respiratory Therapy, X-ray Technology (limited scope), Lab Technology, Healthcare Administration, Medical Coding/Billing, Nursing Administration, Medical Specialties, Medical Office Administration, Medical Specialties, Medical Office Administration and Licenses, Programs approved for Veterans. Accredited member ACCSCT. See Job Giant, page 5. Job placement assistance for graduates, financial aid (if qualified). Classes begin each month! Enroll today! California College San Diego, 2820 (22108). 1-800-635-2761. Visit: www.californiacollege.info.

CASINO DEALER and Bartending careers. Earn good money and have fun doing it! 1-4 week course. Professional

instructors. Group and individual classes. Competitive pricing. 0% financing available. Job Leads guaranteed! Structured curriculum and/ or self-paced programs. Try before you buy! Building careers for over 25 years. Check our website sale! www. cardsandcocktails.com. Academy of International Bartending and Casino Dealing. 88-560-MIXX (6499). 858-278-DEAL (3325).

COLEMAN UNIVERSITY. Technology Sciences. New name, same excellence in education. Classes begin soon! Be career ready in one year! Over 90% placement rate. VA approved, career services available, financial aid available for those who qualify. Kearny Mesa/ San Marcos. Visit: www.coleman.edu, and call today! 800-430-2030.

Computer Courses. Coleman University. New name, same excellence in education. Classes begin soon! Be career ready in one year! Over 90% placement rate. VA approved, career services available, financial aid available for those who qualify. Kearny Mesa/ San Marcos. Visit: www.coleman.edu, and call today! 800-430-2030.



computer systems technician. UEI also offers programs for Pharmacy Technician, Dental Assistant, Business Office Administration, Massage Therapist, Medical Billing & Insurance Billing, Approved Veterans, Rehab, WIA. Job Placement Assistance, Financial Aid (if qualified). United Education Institute, 3666 Kearny Villa Road, #100, 92123; 310 3rd Avenue, #C6, Chula Vista 91910. Call todayl 1-877-206-1915. Visit our website: www.infofromuei.com.

CAREER TRAINING







Ready to Change Your Life?

Become a

Court Reporter



- Excellent Career Opportunities
- Financial Aid Available for Those Who Qualify
- Also Approved for VA Benefits
- Online Classes Available
- · Associate Degree Offered
- Fully Accredited



San Diego Location (619) 683-2727 2820 Camino del Rio South, Suite 100

Moreno Valley Location (951) 781-2727 12125 Day Street, Building L

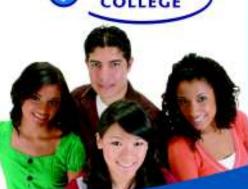
www.sagecollege.edu



Build your future with Sage **College!**

STUDENTS **NEEDED!** COLLEGE Get Career Training as a: Medical Assistant

- Dental Assistant
- Pharmacy Technician
- Vocational Nursing
- Medical Billing and Coding Specialist
- Computer Support Technician
- Criminal Justice
- ...and more!



www.KaplanCollege.com

San Diego Campus • Vista Campus

Explore a new career in education.

With more than 36 credential and master's degree opportunities at Azusa Pacific University, we're confident we have a program for you.

APU offers:

- A degree-completion program in human development (HDEV) designed for future teachers.
- · Accelerated programs that allow you to earn your degree in just 12-18 months.
- Convenient classes 1 night a week at 1 of 8 Southern California locations.
- NCATE-accredited programs recognized by all 50 states and internationally.

Start your degree this fall. Contact us today!

San Diego Regional Center

Call

(877) 210-8839

Click www.apu.edu/explore/education

Email sandiego@apu.edu

Murrieta Regional Center



(877) 210-8841



Click www.apu.edu/explore/education

Email murrieta@apu.edu





AZUSA | HIGH DESERT | INLAND EMPIRE | LOS ANGELES | MURRIETA ORANGE COUNTY | SAN DIEGO | VENTURA | ONLINE

Diego Reader September 3, 2009



COMPUTERIZED OFFICE: and Accounting. Be job-ready in just 8 months! Get the skills employers look for, from instructors with real-world experience. Day or evening classes available. Evening classes in just 9 months. Small classes, free tutoring. VA benefit approved. Job placement assistance. Financial aid available (if qualified). Accept non-high school graduates. Valley Career College, 878 Jackman Street, El Cajon, 1 block west of Parkway Plaza. 619-593-5111. ValleyCareerCollege.com.



COMPUTERS, BUSINESS, Accounting:
Day, evening, and online classes start
soon! Also offered: Medical Assisting,
Respiratory Therapy, X-ray Technology
(limited scope), Lab Technology,
Pharmacy Technology, Healthcare
Administration, Medical Coding/Billing,
Nursing Administration, Medical
Specialties, Medical Office
Administration, Associate's/Bachelor's
degrees, Certifications and Licenses,
Programs approved for Veterans.
Accredited member ACCSCT. See Job
Giant, page 5. Job placement assistance
for graduates, financial aid (if qualified).
Classes begin each month! Enroll today!
California College San Diego, 2820
(Sanino Del Rio South, San Diego
(92108). 1-800-635-2761. Visit: www.
californiacollege info

californiacollege.info.

COOKING SCHOOL: Culinary, Baking,
Advanced Pastry programs. See what
makes National Schools the best culinary
and baking school in San Diego: Small
classes with private hands-on instruction
from the best teachers in the industry—
all ACF certified! Convenient La Mesa
location with plenty of parking. Job
placement assistance upon completion
of program. Lowest prices in town! Call
619-461-2800 for a tour and sit in on a
class. www.nationalschools.com.

court reporting. Build your future with Sage College! Excellent career opportunities. Financial aid available for those who qualify. Approved for VA benefits. Online classes available; AA degree offered. Fully accredited. Call now for your Admissions Appointment! Mission Valley: 2820 Camino del Rio South, Suite 100, San Diego; 619-683-2727. Moreno Valley: 12125 Day Street, Building L; 951-781-2727. www. sagecollege.edu.



CRIMINAL JUSTICE. Crime Scene Investigation, Casino Surveillance, Corrections, and more. Kaplan College offers on-the-job training, career placement. Financial aid available for those who qualify. Kaplan College, San Diego and North County campuses. 800-982-2543, Dept. 424. www. KaplanCollege.com.



CRIMINAL JUSTICE. Introducing the 9 month Criminal Justice Program from UEI College. Learn a career you can be proud of: Hotel, Retail, and Gaming Surveillance, Private Investigation, Evidence Management. Financial aid available if qualified. Chula Vista and San Diego campuses. Call today 877-206-1915. www.infofromuei.com.

DENTAL ASSISTANT TRAINING: Work chair-side assisting dentists as they examine and treat patients. Graduate in 9 months! Morning, afternoon, evening classes; lifetime job placement assistance and financial aid if qualified. Pima Medical Institute, 888-239-9445. 780 Bay Boulevard, Chula Vista (I-5 at J Street). www.pmi.edu.



DENTAL ASSISTANT: Be job-ready in just 8 months. Get the skills employers look for, from instructors with real-world experience. Day or evening classes available. Evening classes in just 9 months. Small classes. Free tutoring, inthe-field training. WIA, VA benefit approved. Job placement assistance, financial aid available (if qualified), accept non-high-school graduates. Valley Career College, 878 Jackman Street, El Cajon, 1 block west of Parkway Plaza. 619-593-5111.

DENTAL ASSISTANT. Get started without a high school diploma. Now enrolling, call today! Concorde Career Institute, 4393 Imperial Avenue, Suite 100, San Diego 92113. 888-283-6911. www. Concorde4me.com.



DENTAL ASSISTANT. Classes for Massage Therapist, Business Office Administration, Medical Billing/ Insurance Coding, Pharmacy Technician, Computer Systems Technician1 Approved Veterans, Rehab, WIA. Job Placement Assistance, Financial Aid (if qualified). Call and visit our campuses! United Education Institute, 3666 Kearny Villa Road, #100, 92123; 310 3rd Avenue, #C6, Chula Vista 91910. Call todayl 1-877-206-1915.



DENTAL ASSISTING. You could work with doctors. Call Kaplan College today to find out more. According to the Bureau of Labor Statistics, Dental Assistant careers are expected to grow 29% through the year 2016. That's about 82,000 new jobs! Campus locations in Vista and San Diego. 800-982-3915, Dept 424. www.KaplanCollege.com.

DIGITAL MEDIA ARTS. Bachelor of Science in Digital Media Arts, Bachelor of Science in Construction Management, Master of Landscape Architecture. NewSchool of Architecture + Design. Learn how you can benefit from an accredited Bachelor's or Master's Degree program that promotes work or internship schedules with afternoon and evening classes. 1249 F Street, San Diego, 92101. NEWSCHOOLARCH.EDU. 888-364-6998.

DRIVE YOUR WAY into a new career!
Great pay and benefits. Class A/Class B training. Placement assistance.
Campuses in San Diego, Temecula, Riverside and Santa Ana. United Truck Driving School, 800-764-2020. www. drivetrucks com.

EARN \$75-\$200/ HOUR. Media Makeup Artist Training. Ads, TV, Film, Fashion. One- week class. Stable job in weak economy. Details at http://www. AwardMakeUpSchool.com.



ELECTRONIC EQUIPMENT ASSEMBLY.

IPC-610D. Job Training! Start your new career in only 8 weeks. Day and evening classes. Extensive hands-on course to provide basic skills and knowledge for entry-level position. Course covers Safety, Circuit Boards and Components, PCB Soldering and Construction, Fundamentals of Soldering and Desoldering, Wiring Techniques, Surface Mount and Through-Hole Soldering, NASA Workmanship Standards, Externship, and more. Tuition Assistance available for those eligible. Votec Training, 8304 Clairemont Mesa Boulevard, Suite 103, San Diego 92111. 858-565-0663. www.votectraining.com.

FREE GUARD TRAINING. (For those qualified). Guard Card, Firearm, Baton, Pepper Spray/Mace, Taser, CPR/ First Aid, Report Writing, Tactical Verbal, Defensive Tactics, Handcuffing, Loss Prevention. Veterans, job placement assistance, ongoing support if qualified. Serving San Diego County for 21 years, Nanpor Security Academy, 601 Mission Avenue, Oceanside (92054). www. nanpor.com, 760-439-6400.

nanpor.com, 760-439-6400.

GET F.O.A. CERTIFIED. 3-week intensive hands-on course in Fiber Optics, Telecommunications, Data Cabling, Day/evening classes, WIAWOrkers' Comp/EDD. State approved. EZ financing for those who qualify. Call today! 760-471-9561. Visit NCTC in North County, 1324 East Mission Road, San Marcos, CA 92069. E-mail: nctc2@hotmail.com; or visit: www.nctc.nu.

RET PRO TOOLS CERTIFIED. The Digidesign Training and Education program offers a full curriculum to help you become proficient using Pro Tools systems. Work toward certification as a Pro Tools Operator to master Pro Tools/ HD systems and land your next gig. Specialize in music, post production, or both. Whatever you choose, our certified instructors will help you take your career to the next level. Media Tech Institute, 302 Oceanside Boulevard, Oceanside 92054. www.mediatech.edu. monty@mediatech.edu. 760-231-5368. **GMAT PREPARATION.** Considering a

GMAT PREPARATION. Considering a grad school Business program? Sharpen your skills with USD Test Preparation Courses. Experienced faculty. Practice exams. Convenient schedules. Free erfresher classes within 1 year of paid course completion. www.sandiego.edu/testprep. 619-260-4579.

restprep. 619-260-4579.

GRAPHIC DESIGN. Coleman University.
New name, same excellence in
education. Classes begin soon! Be
career ready in one year! Over 90%
placement rate. VA approved, career
services available, financial aid available
for those who qualify. Kearny Mesa/ San
Marcos. Visit: www.coleman.edu. Call
today! 800-430-2030.

GRE PREPARATION. Considering Grad School? USD Test Preparation Courses. Sharpen your skills! Experienced faculty. Practice exams. Convenient schedules. Free refresher classes within 1 year of paid course completion. www.sandiego. edu/testprep. 619-260-4579.

HAIR DESIGN. Paul Mitchell The School - San Diego. The beauty industry offers you the personal freedom and financial rewards you desire! Full-time day or part-time evening training, with classes starting year-round. Financial Aid available for those who qualify. Come take a tour! We guarantee a 5-minute, stress-relieving scalp treatment with every haircut or your haircut is free! We do great color, brilliant highlights, full-head bleaches, perms and waves, prom and bridal up-style, relaxers and more! Appointments available Monday through Saturday. All services performed by students under the direction of an instructor. 410 A Street, San Diego 92101. 619-398-1590. www.pmtssandiego.com.

HEALTHCARE CAREER. In 6 Weeks!
Become a Phlebotomy Technician.
Classroom instruction and clinical
externship at affiliated hospitals and
clinics. No experience necessary.
Requires high school diploma/equivalent.
BPPVE Register #3708721. Family Health
Services, 619-955-1007. www.
familyhealth-services.com.



HEALTHCARE CAREERS. Train to become a Medical Assistant, Pharmacy Technician, Medical Insurance Technician, Medical Insurance Technician, Medical Insurance Technician, Medical Medical Administrative and Insurance Specialist. Nursing, Nursing Assistant, Back Office, Massage Therapy, Dental Assistant. Not all programs offered at both locations. Kaplan College offers on-the-job training, career placement. Financial aid available for those who qualify. Kaplan College San Diego and North County campuses. Call todayl 800-983-9801, Dept. 424, or visit www.KaplanCollege.com.

HEALTHCARE CAREERS. Start a brand new career todayl Day and evening

HEALTHCARE CAREERS. Start a brand new career today! Day and evening classes available, financial aid for those who qualify, no high school diploma required or GED required. Call now! Career College of San Diego, 877-792-

HIGH SCHOOL DIPLOMA! Fast, affordable and accredited. Free brochure. Call now! 1-800-532-6546 x97, http://www.continentalacademy.com (AAN CAN)

INSURANCE CODING/BILLING. Get started without a high school diplomal Concorde also offers: A.S. in Respiratory Therapy, Massage Therapy, Surgical Technology, Medical Assistant, Dental Assistant, Dental Assistant, Concorde Career Institute, 4393 Imperial Avenue, Surgical Technology, San Diego 92113. 888-254-6904: www. ContactConcorde.com.

LEARN BARTENDING. 1-2 week course. Learn behind a real bar. Make new friends! Fun! Money! Weekend classes available. Partand full-time. Job placement assistance. Call 619-296-0600.

LEARNING ACADEMY. Home Care Aides, Childcare, Family Caregivers. Entry- level and advanced training for home care providers. At Your Home Familycare, Inc. Please call toll free: 877-91LEARN. E-mail: homecarejobs@ atyourhomelarnilycare.com.

LEGAL CAREER. Advance your career, increase job marketability! University of San Diego Paralegal Certificate Program can have you working in as little as 4 months! Career opportunities with law firms, banks and government agencies. Learn about curriculum, financial aid and employment

CAREER TRAINING



opportunities. Information Session: Tuesday, September 22, 6:30pm. www.sandiego.edu/ paralegal. 619-260-4579.

LSAT PREPARATION, USD Test Preparation Courses. Sharpen your s Experienced faculty. Practice exams Sharpen your skills! ent schedules. Free refresher classes within 1 year of paid course completion. www.sandiego.edu/testprep.619-260-4579.

MASSAGE CAREER BEST VALUE:

Unbeatable Massage Therapist and HHP Training— save up to 60%! Top teachers including Chargers' therapist. Military spouse assistance. New students welcome. Free transfers in September. NSSH, 760-635-1085. www. naturalsuccess.com.



MASSAGE THERAPIST. Massage
Course at UEI. We also offer programs
for Pharmacy Technician, Business
Office Administration, Medical Billing/
Insurance Coding, Dental Assistant,
Computer Systems Technician,
Approved Veterans, Rehab, WIA. Job
Placement Assistance, Financial Aid (if
qualified). United Education Institute,
3666 Kearny Villa Road, #100, 92123;
310 3rd Avenue, #C6, Chula Vista 91910.
Call today! 1-877-206-1915. Visit our
website: www.infofromuei.com. MASSAGE THERAPIST. Massage



MASSAGE THERAPY and other professional medical courses offered at Kaplan College. Not all programs offered at both locations. Kaplan College offers on-the-job training, career placement. Financial aid available for those who qualify. Kaplan College (formerly Maric College) San Diego and North County campuses. Call today! 800-986-2522, Dept. 424, or visit www.KaplanCollege.com.

MEDICAL ADMIN COURSE. Contact U.S. Colleges for more information. WIA and low cost funding, workers comp, small classes. Universal Schools and Colleges of Health and Human Services, San Diego: 619-858-3480; San Marcos: 760-918-8198. www.uscmed.com.



MEDICAL ADMIN. Medical Insurance Technician, Medical Administrative and Insurance Specialist courses offered for Medical Administrative careers at Kaplan College. We offer on-the-job training, career placement. Financial aid available for those who qualify. Kaplan College (formerly Maric College) San Diego and North County campuses. Call today! 800-984-1088, Dept. 424, or visit www. KaplanCollege.com.



MEDICAL ADMINISTRATION/ Insurance. Be job-ready in just 8 months. Get the skills employers look for, from instructors with real-world experience. Day or evening classes available. Evening classes in just 9 months. Small classes, free tutoring. Approved for WIA, VA benefits. Job placement assistance, financial aid available (if qualified). Accept non-high school graduates. Valley Career College, 878 Jackman Street, El Cajon, 1 block west of Parkway Plaza. 619-593-5111.

MEDICAL ASSISTANT TRAINING: Assist physicians in the examination and treatment of patients ranging from newborns to senior citizens, as well as perform routine office tasks. Graduate in perform routine office tasks. Graduate in 9 months! Morning, afternoon, evening classes, lifetime job placement assistance and financial aid if qualified. Pima Medical Institute, 888-239-9445. 780 Bay Boulevard, Chula Vista (I-5 at J Street). www.pmi.edu.

MEDICAL ASSISTANT. Get started without a high school diploma. Now enrolling, call today! Concorde Career Institute, 4393 Imperial Avenue, Suite 100, San Diego 92113. 888-283-6911. www.Concorde4me.com.



MEDICAL ASSISTANT. Classes begin each month. Day, evening, and online classes. Medical Assisting, Respiratory Therapy, X-ray Technology (limited scope), Lab Technology, Pharmacy Technology, Healthcare Administration, Medical Coding/ Billing, Nursing Administration, Medical Specialties, Medical Office Administration. Associate's/Bachelor's degrees, Certifications and Licenses. Programs approved for Veterans. Accredited member ACCSCT. See Job Giant, page 5. Job placement assistance for graduates, financial aid (if qualified). Enroll today! California College San Diego, 2820 Camino Del Rio South, San Diego, 2820 Camino Del Rio South, San Diego (20108). 1-800-635-2761. www.californiacollege.info. MEDICAL ASSISTANT. Classes begin californiacollege.info.



MEDICAL ASSISTANT. Medical MEDICAL ASSISTANT. Medical Assistant. UEI also offers programs for Pharmacy Technician, Dental Assistant, Business Office Administration, Massage Therapist. Approved Veterans, Rehab, WIA. Job Placement Assistance, Financial Aid (if qualified). United Education Institute, 3666 Kearny Villa Road, #100, 92123; 310 3rd Avenue, #C6, Chula Vista 91910. Call today. 1-877-206-1915. Visit our website: www. infofromusi.com



CALIFORNIA MEDICAL COLLEGE

MEDICAL ASSISTING. Fast and MEDICAL ASSISTANCE AND ASSISTANCE ASSISTANCE

and Massage

CAREER TRAINING



CALL NOW 866.752.8826

www.MediaArtSchool.com

- Bachelor & Associate Degrees
- . Financial Aid (for those who qualify)
- Approved for V.A. benefits
- Job placement assistance
- Day & evening classes
- · Inverted curriculum
- Fixed tuition costs



Ask about our

Professional

Platt College San Diego is Accredited College, ACCSCT.

Discover A **New Career** in Acupuncture, Oriental Medicine,

Now Enrolling for Fall Semester

Open House

Programs and Applications Workshop

Wednesday, September 16, 6:00 - 8:00 p.m.

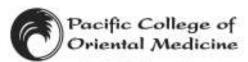
Learn about:

- The different modalities of Oriental Medicine and Asian Body Therapy
- Full or part-time Associate's, Bachelor's, and Master's programs
- Our Curriculum
- Our Financial Aid options (for those who qualify)
- *Accredited by ACCSCT and ACAOM

Financial Aid Available

(For those who qualify)

For More Information or to RSVP: 1-800-618-8121



www.PacificCollege.edu

7445 Mission Valley Road, Suite 105 • San Diego, CA 92108



MEDICAL BILLING/ CODING.

MEDICAL BILLING/ CODING.

Comprehensive course offers the skills needed to solve insurance billing and coding problems, complete insurance claim forms, trace delinquent claims and to appeal denied claims. CPT Coding book (Introductions, Guidelines, Evaluation and Management, Surgery, Badislow, Laboratory, and Medicine. Evaluation and Management, Surgery, Radiology, Laboratory and Medicine Procedures for Physician Billing); ICD-9 Coding Book (Introduction and Guidelines for Diagnosis Coding and Hospital Procedure Coding); the HCPCS Coding Manual for Supplies; learning the rules and regulations of the basic third party payers (insurances) and reimbursement. Includes a computer lab module which simulates working at a doctor's office using the computer, beginning with making appointments right through to sending claim forms and patient bills. Course length: 12 weeks. Tuttion assistance available for those Patient Bills. Course length. 12 weeks. Tuition assistance available for those eligible. Votec Training, 8304 Clairemont Mesa Boulevard #103, San Diego, 92111. 858-565-0663. www. votectraining.com



MEDICAL CODING/ BILLING. Classes start soon! California College San Diego offers day, evening, and online classes. Medical Assisting, Respiratory Therapy, Lab Technology, Pharmacy Technology, Leathcare Administration, Nursing Administration, Medical Specialties, Medical Office Administration, Medical Specialties, Medical Office Administration, Associate's/Bachelor's degrees, Certifications and Licenses, Programs approved for Veterans. Accredited member ACCSCT. See Job Giant, page 5. Job placement assistance for member AUCSUT See Job Glant, page 5. Job placement assistance for graduates, financial aid (if qualified). Classes begin each month! Enroll today! CCSD, 2820 Camino Del Rio South, San Diego (92108), 800-635-2761. www.californiacollego info.



MEDICAL INSURANCE. Billing Medical Insurance. UEI also offers programs for Pharmacy Technician, Dental Assistant, Business Office Administration, Massage Therapist. Approved Veterans, Rehab, WIA. Job Placement Assistance, Financial Aid (if qualified) Financial Aid (if qualified). United Education Institute, 3666 Kearny Villa Road, #100, 92123; 310 3rd Avenue, #C6, Chula Vista 91910. Call today! 1-877-206-1915. Visit our website: www.infofromuei.com.



CALIFORNIA MEDICAL COLLEGE

Diego's best doctors. Small classes, free tutoring, more certifications in less time. Best value guaranteed. Call 888-585-7537. www.CMCSanDiego.com.



MEDICAL SPECIALTIES: Medical
Assisting, Respiratory Therapy, X-ray
echnology (limited scope), Lab
Technology, Pharmacy Technology,
Healthcare Administration, Medical
Coding/Billing, Nursing Administration,
Medical Specialties, Medical Office
Administration. Associate's/Bachelor's
degrees, Certifications and Licenses.
Accredited member ACCSCT. See Job
Giant, page 5. Job placement assistance
for graduates, financial aid (if qualified).
Classes begin each month! Enroll today!
California College San Diego, 2820
Camino Del Rio South, San Diego
(92108). 1-800-635-2761. www.
californiacollege.info.

Interview Like A Pro And Get That Job!

Mock Interview Classes September 12, 8am-12pm or 1-5pm, at Courtyard by Marriott, Old Town, 2435 Jefferson Street, 92110. Learn valuable interviewing skills with hands- on practice and live feedback. Enhance your resume also. \$49.95 registration includes all course materials. Register at http://assessmentcenter.org and select "Interviews," or mail check/money order: KSA, Ltd., PO Box 504078, San Diego, CA 92150-4078. Email rmichels01@gmail.com.

MS-INFORMATION SCIENCES.

Coleman University. New name, same excellence in education. Classes begin soon! Be career ready in one year! Over 90% placement rate. VA approved, career services available, financial aid available for those who qualify. Kearny Mesa/ San Marcos. Visit: www.coleman.edu. Call today!!

NEW CAREER IN 3 WEEKS! Intensive nands- on course in Fiber Optics, Felecommunications, Data Cabling. lelecommunications, Data Cabling. Day/ evening classes. WIA/Workers' Comp/EDD. State approved. Easy financing for those who qualify. Call today! 760-471-9561. Visit NCTC in North County, 1324 East Mission Road, San Marcos, CA 92069. E-mail: nctc2@ hotmail.com; or visit: www.nctc.nu.



NURSING ADMINISTRATION: Day evening, and online classes sta Also offered: Medical Assisting, Also oliered: Medicial Assisting, Respiratory Therapy, Lab Technology, Pharmacy Technology, X-RAY Technology (limited scope), Healthcare Administration, Medical Coding/Billing, Medical Specialties, Medical Office Administration, Associate s/Bachelor's degrees, Certifications and Licenses degrees, Certifications and Licenses, Programs approved for Veterans. Accredited member ACCSCT. See Job Giant, page 5. Job placement assistance for graduates, financial aid (if qualified). Classes begin each month! Enroll today! California College San Diego, 2820 Camino Del Rio South, San Diego (92108). 1-800-635-2761. www. californiacollege.info.

KAPLAN COLLEGE

NURSING CAREERS. Nursing and Norsing Carters. Nursing and Medical Career Training offered at Kaplan College. Kaplan College offers on-the-job training, career placement. Financial aid available for those who qualify. San Diego and North County campuses. Call Kaplan College today! 800-984-3658, Dept. 424, or visit www. KaplanCollege.com.



NURSING. Join the nursing field! UFI NURSING. Join the nursing field! UEI College is now offering a vocational nursing program. Gain the hands- on clinical experience to work in: Hospitals, long- term care facilities, clinics, physicians' offices, rehabilitation units. Limited time for open enrollment. Financial Aid available if qualified. Call today! 1-877-206-1915. www.infofromuei.

Mustres Courses



Mueller College

of Holistic Studies offers a wide range of holistic health subjects to help graduates start - or change - their careers. Graduates are prepared for real-world experience. Financial aid available to those who qualify. 888-299-1408, www. mueller.edu.

OFFICE ASSISTANT COURSE. Includes laptop to keep when you graduate! Get your diploma in Computer Business Applications. Day and evening classes available, financial aid for those who qualify, no high school diploma required or GED required. Call now! Career College of San Diego, 877-792-4283. www. Career College&anDiego, com. llegeSanDiego.com

OPEN HOUSEI Saturday, September 12, 2009. Indulge your creative side! Programs in Culinary, Design, Fashion, Media Arts. Art Institute of California, 7650 Mission Valley Road, San Diego 92108. Learn more about our programs. Tour our

facilities, get a feel for our school. Speak with faculty and admissions staff. Learn about student services, scholarships, grants. Financial aid available to those who qualify. Applications will be accepted; \$50 application fee applies. To RSVP or for more information: aiopen.com/sandiego. information: aiopen.com Toll free: 866-275-2422.

OPEN HOUSE. Saturday, September 12, 10am-1pm. Design a better world. OPEN HOUSE. Saturday, September 12, 10am-1pm. Design a better world. Bachelor of Science in Digital Media Arts, Bachelor of Science in Construction Management, Master of Landscape Architecture. Explore the possibilities for your future as an Architect or Designer. Discover a dynamic environment with individual studio spaces and a faculty of highly experienced practitioners. Learn how you can benefit from an accredited Bachelor's or Master's degree program that accommodates work or internship schedules with afternoon and evening classes. Engage with faculty, staff, alumni and other practicing Architects. Find out how NSAD addresses industry trends with a curriculum that promotes sustainable design. NewSchool of Architecture and Design, 1249 F Street, San Diego, 92101. NEWSCHOOLARCH.EDU. Spaces are limited! Reserve yours today: 888-409-8549.



PHARMACY LAB TECH. Day, evening, and online classes start soon! Medical Assisting, X-ray Technology (limited scope), Respiratory Therapy, Healthcare Administration, Medical Coding/ Billing, Administration, Medical Coding/ Billing, Nursing Administration, Medical Specialties, Medical Office Administration. Associate's/Bachelor's degrees, Certifications and Licenses, Programs approved for Veterans. Accredited member ACCSCT. See Job Giant, page 5. Job placement assistance for graduates, financial aid (if qualified). Classes begin each month! Erroll today! California College San Diego, 2820 Camino Del Rio South, San Diego (92108). 1-800-635-2761. www. californiacollege.info.



PHARMACY TECH. UEI also offers programs for Medical Coding/ Billing,

Dental Assistant, Business Office Derital Assistant, Business Unice Administration, Massage Therapist. Approved Veterans, Rehab, WIA. Job Placement Assistance, Financial Aid (if qualified). United Education Institute, 3666 Kearny Villa Road, #100, 92123; 310.3rd Avenue, #66, Chula Vista 91910.

Assist licensed Pharmacists in providing medication and healthcare products to patients. Graduate in 8 months! Morning, afternoon, evening classes; lifetime job placement assistance and financial aid if qualified. Pima Medical Institute, 888-239-9445. 780 Bay Boulevard in Chula Vista (I-5 at J Street). www.pmi.edu.



PHARMACY TECHNICIAN. Train to become a Pharmacy Technician or other Medical Professional at Kaplan College (formerly Maric College). Kaplan College offers on-the-job training, career placement. Financial aid available for those who qualify. San Diego and North County campuses. Call today! 800-984-8543, Dept. 424, or visit www. KaplanCollege.com. KaplanCollege.com.



PHARMACY TECHNICIAN. Intensive course, providing the skills and knowledge leading to licensure as a Pharmacy Technician. Work under the direction of a licensed Pharmacist. Assist the Pharmacist in filling prescriptions, compounding medications, assisting compounding medications, assisting patients and ordering supplies. Carry out calculations required for common dosage determination, employing both metric/apothecary systems. Identify/ employ pharmaceutical and medical terms, abbreviations, symbols commonly used in prescribing, dispensing, record keeping of medications. Identify drugs, dosages, routes of administration, dosage forms, storage requirements. Perform procedures and techniques relating to manufacturing, packaging, labeling of drug products. Course length: 12 weeks. Tuition assistance available for those eligible. Votec Training, 8304 for those eligible. Votec Training, 8304 Clairemont Mesa Boulevard #103, San Diego, 92111. 858-565-0663. www. votectraining.com

CAREER TRAINING

MEDICAL

Topics in:

You Can Make More Money and Get a Better Job

Medical Assisting Respiratory Therapy X-Ray Technology (Ltd.Scope) **Laboratory Technology Pharmacy Technology Healthcare Administration Medical Coding/Billing** Nursing Administration[†] **Medical Specialties Medical Office Administration**

Preparation for Certifications/Licenses**

COMPUTERS BUSINESS & ACCOUNTING

We make it easy to get started

- Financial Aid Available for Qualified Students
- Associate's, Bachelor's & Master's[†] Degrees
- Employment Assistance for Graduates
- Preparation for Certifications and Licenses
- Accredited Member ACCSCT
- Programs Approved for Veterans

Evening, Day & Online Classes Start Next Month



LAPTOP COMPUTER!

Use it in college and keep it when you graduate. Certain restrictions apply. Call for details.

v/socdemo/education/cps2006.html (See Table 8) **Certifications/licenses may require additional study and cost

† Offered fully online by Stevens-Henager College® Salt Lake City/Murray, an affiliated college.

California College San Diego

2820 Camino Del Rio South, San Diego, CA 92108

1-800-774-7670 www.californiacollege.info



Learn to practice Massage & Holistic Health

Become your own boss in as little as 9 months!



- Accredited by COMTA with 32 years of experience
- Financial aid available for those who qualify
- Flexible scheduling-day, night & weekend classes
- 3 in-depth programs to choose from:
- · Holistic Health Practitioner
- · Massage Therapist–Asian Therapies
- · Massage Therapist–Western Therapies

MUELLER COLLEGE



HOLISTIC STUDIES

4607 Park Boulevard, San Diego www.mueller.edu 888-299-1408

To train for a new career now,

TEXT "CAREER" TO 88467

Standard text messageing rates may apply

JOIN THE NURSING FIELD

UEI COLLEGE IS NOW OFFERING A VOCATIONAL NURSING PROGRAM

Gain the hands-on clinical experience to work in:



** LIMITED TIME FOR OPEN ENROLLMENT *

Call Today!

888-720-7201

www.contactuei.com



Financial Aid Available if Qualified, Lifetime Job Placement Assistance





PERPLEXED BY THE MBTA'S DECISION TO HAVE A STOP 230 YEARS INTO THE FUTURE, I WALKED ACROSS TOWN TO THE COMPLAINTS DEPARTMENT. YOU'RE THE ONLY ONE WHO'S HAD ANY DIFFICULTY WITH THE NEW SYSTEM, SIR

Ask Jesse to draw your dream! • PO Box 40701 Portland OR 97240 • reklaw@slowwave.com •

PHARMACY TECHNICIAN. Classes forming now! Be job-ready in just 8 months. Get the skills employers look for, from instructors with real-world experience. Day or evening classes available. Evening classes in just 9 months. Small classes, free tutoring. WIA, VA benefit approved, job placement assistance, financial aid

available (if qualified). Valley Career College, 878 Jackman Street, El Cajon, 1 block west of Parkway Plaza. 619-593-5111. ValleyCareerCollege.com.

PLATT (MEDIA ARTS) COLLEGE offers classes in Web Design, Graphic Design, Video Production, 3D Animation. Bachelor and Associate degrees, fixed tuition costs, day and evening classes, placement assistance, financial aid if qualified. Call today for a free info pack: 1-866-752-8826. Visit: www. MediaAtSchool com

PRIVATE INVESTIGATOR. Start a new career in 2 months or less at U.S. College! Morning, afternoon and evening

classes. WIA and low cost funding, workers comp, small classes. Universal Schools and Colleges of Health and Human Services, San Diego: 619-858-Human Services, San Diego: 619-858-3480; San Marcos: 760-918-8198. www



PROFESSIONAL MEDICAL TECH. Fast PROFESSIONAL WEDICAL IECH. Fast and affordable. 20% tuition reduction for 2009! Start a new career in 6 months. Job placement assistance, financing, free books/ supplies. Train with San Diego's best doctors. Small classes, free tutoring, more certifications in less time.



RESPIRATORY THERAPY COURSE. Day, RESPIRATORY INEXAPT COUNSE. Da evening, and online classes start soon! Also offered: Medical Assisting, Lab Technology, Pharmacy Technology, X-ray Technology (limited scope), Healthcare Administration, Medical Coding/Billing, Medical Specialties, Medical Office Administration. Associate's/Bachelor's degrees, Certifications and Licenses, Programs

approved for Veterans. Accredited member ACCSCT. See Job Giant, page 5. Job placement assistance for graduates, financial aid (if qualified). Enroll today! CCSD, 2820 Camino Del Rio South, San Diego (92108), 1-800-635-2761. www.californiacollege.info.

RESPIRATORY THERAPY: (Associate of Occupational Science). Train in less than two years for this specialty that focuses on prevention, diagnoses, treatment, management and rehabilitation of patients with breathing or other cardiopulmonary disorders. Pima Medical Institute, 888-239-9445. 780 Bay Boulevard, Chula Vista (I-5 at J Street). www.pmi.edu.

RESPIRATORY THERAPY. Get started without a High School Diploma!
Concorde offers: A.S. in Respiratory
Therapy, Massage Therapy, Surgical
Technology, Medical Assistant, Dental
Assistant, Vocational Nursing, Insurance
Coding & Billing courses. Now enrolling,
call today! Concorde Career Institute,
2020 Inspirate Manage. Suits 100. Con 4393 Imperial Avenue, Suite 100, San Diego 92113. 888-254-6904; www.

SECURITY GUARD TRAINING. Become a fully trained and certified Private Security Guard in just 52 hours/2 weeks! Guard in just 52 hours/2 weeks!
Certificate: Power to Arrest, Liabilities and Legal Aspects, Observation and Documentation, Communication and Significance. BSIS Car/Permits: Guard Card/Baton Permit, Firearm Permit/Tear Gas, First Aid/CPR. Now accepting: WIA/TAA, Vocational Rehab, Dislocated Workers, Private Pay and others. Coast Career Institute, 1330 E. Valley Parkway, Escondido, CA 92024; 311 Third Avenue, Chula Vista, CA 91910, 619-420-0437.

SECURITY: BECOME A PROFESSIONAL Security Guard. Guard Card testing. Firearms testing. Pepper spray training. Baton training. CPR/First Aid training— same day certification. Concealed weapons classes offered. Live Scan unit on premises. 619-518-4279.

SECURITY. Develop the skills to get the job and the strength to secure it! As a Soldier in the U.S. Army, you'll develop the confidence, strength and character to stay on course toward a successful

future. You'll also gain unmatched job training that will give you an edge in any industry, military or civilian. 150 job opportunities. Call First Sergeant Bryan Williams at 888-562-4060 for more! www GOARMY.com.

SPORTS MEDICINE TECH. Call U.S Colleges for more information. WM and low- cost funding, Workers' Comp. Small classes. Universal Schools and Colleges of Health and Human Services, San Diego: 619-858-3480; San Marcos: 760-918-8198. www.uscrned.com.

SURGICAL TECHNOLOGY. Start ar surtial reviciting new career. We also offer courses in Massage Therapy, Medical Assisting, Respiratory Therapy, Insurance Coding and Billing, Dental Assisting, and Vocational Nursing. Call today for more information! Concorde Career College, 4393 Imperial Avenue, Suite 100, San Diego, 888-254-6904; www.Concorde4me.com.

Suite 100, San Diego. eas-224-e9-04; www.Concorde4me.com.

TEACHER EDUCATION. Explore a new career in Education. With more than 36 credential and master's degree opportunities at Azusa Pacific University, we're confident we have a program for you. APU offers a degree completion program in Human Development (MDEV) designed for future teachers, accelerated programs that allow you to earn your degree in just 12-18 months, convenient classes 1 night a week at 1 of 8 Southern California locations, NCATE-accredited programs recognized by all 50 states and internationally. Start your degree this fall. Contact us today! San Diego Regional Center, call 877-210-8839; visit www.apu.edu/explore/education; e-mail sandiego@apu.edu.

Murrieta Regional Center, call 877-210-8841; visit www.apu.edu/explore/education; e-mail sandiego@apu.edu. education; e-mail murrieta@apu.edu.



TELECOMMUNICATIONS TECHNICIAN. Includes Fiber Optics Technician Certification. Get into an expanding field!

CAREER TRAINING

Accounting: Be job-ready in 5 months!

Are you analytical? A problem solver? A good communicator? If so, our five-month training program will teach you the skills to take advantage of the unlimited opportunities in this rewarding profession.

Morning & evening sessions • Classes begin September 14th

Approved for VA and MyCAA Educational Benefits!

THE ACCOUNTING ACADEMY

760-510-1990 • theaccountingacademy.com

and Medical Administration/Insurance. 8-Month Programs • Day & Evening Classes

Forming Now! Train for a career in **Computerized** Office/Accounting

Also offering: Medical Assistant, Dental Assistant, Pharmacy Technician,

Financial Aid Available (if qualified) Job Placement Assistance • Approved for WIA, VA benefits



Valley Career College

878 Jackman St., El Cajon (Just west of Parkway Plaza) 619-593-5111 · ValleyCareerCollege.com





Professional Bartenders School

- 1- & 2-week courses
- Hands-on training
- Job placement program

Lowest tuition!

Call today 760-471-5500

ProBartendingSchool.com

A new career in 12 weeks! A new career in 12 Weeks! Telecommunications Technicians install networks of low-voltage and fiber optic cabling that are used for the transmission of video, voice and data or other types of signaling. 858-565-0663. www. votectraining.com.

TELECOMMUNICATIONS. 3- week ntensive hands- on course in Fiber Optics, Telecommunications, Data Cabling, Day/ evening classes. WIA/ Workers' Comp/EDD. State approved Easy financing for those who qualify. Call todayl 760-471-9561. Visit NCTC in North County, 1324 East Mission Road, San Marcos, CA 92069. E-mail: nctc2@hotmail.com; or visit: www.

TRUCK DRIVING SCHOOL. Earn big bucks! Drive big trucks. Now offering an exclusive on-line classroom option! Western Truck School San Diego offers classroom and over-the-road instruction. Class A/4 weeks; Class B/1 week! We have a job waiting for you, if qualified. No layoffs. No outsourcing. Veteran/WIA approved. Tuition reimbursement. Day, night, weekend classes. 619-670-3384. www.westerntruckschool.com. www.westerntruckschool.com.

TRUCK DRIVING. Drive your way into a new career! Great pay and benefits. Class A / Class B training. Placement assistance. Campuses in San Diego, Ternecula, Riverside and Santa Ana. United Truck Driving School, 800-764-

VETERINARY ASSISTANT PROGRAM:

Just 30 weeks to a career filled with fur and fun! Love your patients and your job as you nurture the health and well-being of animals. Pima Medical Institute offers financial aid if qualified and lifetime job placement assistance. 888-239-9445. 780 Bay Boulevard, Chula Vista. www.prijcki.

pmi.edů.

VOCATIONAL NURSING. Get started without a High School Diploma!
Concorde also offers: A.S. in Respiratory Therapy, Massage Therapy, Surgical Technology, Medical Assistant, Dental Assistant, Insurance Coding/ Billing courses. Now enrolling, call today!
Concorde Career Institute, 4393 Imperial Avenue, Suite 100, San Diego 92113.
888-254-6904; www.ContactConcorde.com

Animation, Video Production. Platt College offers Bachelor and Associa degrees, fixed tuition costs, day and evening classes, placement assistance, financial aid if qualified. Call today for a free info pack: 1-866-752-8826. Visit: www.MediaArtSchool.com.

BUSINESS OPPORTUNITIES

ATTITUDE IS EVERYTHING! Being at the right place at the right time can earn yo serious money. For information, call Dr. Karl at 619-550-7636.

AVON. Excellent income potential in today's changing economy! Perfect for self- starters with a commitment to helping others succeed. \$10 gets you started. www.youravon.com/kennis. Call Kathleen, independent sales representative: 619-429-1253; 888-429-1253.

BE A MILLIONAIRE FROM HOME!

Healthy energy drinks! Make thousands of dollars monthly! Lose weight. Get tons of energy. Fight fatigue. www. dianehinkle.info, 619-283-5185, 619-920-

BE YOUR OWN BOSS. Join the fastest growing, new commercial cleaning franchise business in the U.S.I. Full time/part time. Guaranteed customers. We provide training, equipment and financing. Let our 50 years of experience work for you. \$1400 down. 760-930-

CASH FASTI \$500-\$1000 in days, not weeks. No selling, simply returning phone calls. Private gifting, IRS tax code approved. "I received \$34,000 cash to my front door in my first 3 weeks!" Joe, Banker, California, 888-905-5888. markisrich.com

GET PAID LIKE A CEO. Potential to make your annual income a monthly income. Home- based business. Have time freedom! Not an MLM! www.lifestyleforu. com, 800-510-6037.

JANI-KING FRANCHISE Opportunities. JANI-KING FRANCHISE Opportunities. Jani-King is the world's largest commercial cleaning franchisor with over 12,000 franchises in 16 countries and over 40 years of experience! For 2009, Entrepreneur magazine ranks Jani-King the #1 commercial cleaning franchise. Jani-King offers initial monthly business offerings from \$500 to over \$20,000. Comprehensive local training and monthly cash flow assistance are monthly cash flow assistance are provided as well. To find out more, e-mail us at sdofransales@janiking.net. Jani-King, The King of Clean, 619-682-3400.

www.janiking.com.

MULTIMILLION DOLLAR company
offering business opportunity to selfmotivated person. No franchise fees
products. For details call Betty
Nicholson, 858-274-9251.

Health Coaches Wanted

One of Fortune Magazine's "Faste Growing Companies," Medifast, expanding in Southern California. Complete training provided. Commission only. Full- or part- time income potential. Serious inquiries only. 858-509-1778.

Pre-Construction Investment

Prime real estate near downtown La Mesa. Build equity by participating in the development of brand new homes. Seven lots available. 858-717-5170.

SURFERS' DREAM BUSINESS. Work 3-4 hours a day and surf whenever you want. Don't believe me? Don't call. www. 6FigureSurfer.com.800-439-1160.

briguresurier.com.800-439-1160. **TELEMARKETING.** Do you enjoy talking on the phone? If so, this is the perfect work- from- home position. You will be making outbound calls to local businesses in an effort to help increase the local awareness of their product or service. Ability to make \$500 to \$1000 per week. Set your own schedule. Call or fax resume to/ leave message 24 hours: 888-743-9952.

TRAVEL MONEY MAKERS. Free to travel, 18+. 20 major cities, return guaranteed. Paid training. Transportation furnished. Cash paid daily. Start immediately. Mr. Miller, 619-299-2292 #9,

CLASSES / LESSONS

ABANDON YOUR ACTING FEARS!

producers, agents. www. actorsworkshopstudios.com; 858-587-

ACCLAIMED INTERNATIONAL singer, pianist/ songwriter/ recording artist/ producer offering voice/ piano lessons. Fully equipped studio. Launch your music career! \$55/ hour. Celeste, 858-467-0776. www.celestecenter.com

ACTING CLASSES. Monty Silverstone father of star Alicia, holding classes, Del Mar and Rancho Santa Fe, Monday, Wednesday, Friday, Saturday. You might be discovered! 858-759-7881.

BHAGAYAD-GITA classes by a Vedic scholar. Monday-Wednesday, 7:20pm-8:30pm. Hare Krishna Temple. 1030 Grand, Pacific Beach, 92109. 858-272-

BLS. CPR. FIRST AID. ACLS American neart Association Classes. 3rd week of month in Promise Hospital/ 2nd week of month in Wesley Staffing Registry. 858-610-4767. DRUM INSTRUCTION. I teach what you want and need to know. Get more playing enjoyment. Be musical! All levels accepted. Hoffman Drum Studio, Kirk, 619-287-

ENGLISH TUTORING. Master's degree instructor. English as a second language, TOEFL, grammar, writing, pronunciation. Native speaker grammar, refinement. Reasonable rates. jaygo@cox. net, 619-528-8663 or 619-410-2002.

FREE SEWING CLASSES. All skill levels welcome. Contact the instructor for details. jmckenna@sdccd.edu. 619-588-2244. Or check the blog: www.

FREE WRITERS' WORKSHOP.

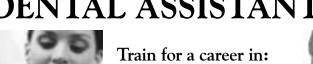
Reopening— all skill levels, genres. Barnes & Noble (Westview parking— Mira Mesa). First Tuesday of each month 7:00pm. Claudia, 858-693-3939 or info@

FRENCH LESSONS. The best, most FRENCH LESSONS. Ine best, most popular French lessons in San Diego, from \$9.99/hour. Learn with a teacher from Parist All levels, any age. Private and small group lessons, tutoring, corporate programs. Call today to schedule your FREE LESSON: Sophie, 619-339-7993. E-mail: sophie@fromenglishtofrench.com. www. fromenglishtofrench.com.

CAREER TRAINING

First Step Towards Your New Career

DENTAL ASSISTANT





- Medical Assistant
- Medical Administration/ Insurance
- Pharmacy Technician
- Computerized Office/ Accounting



Valley Career College 878 Jackman Street, El Cajon • Located 1 block west of Parkway Plaza

Call (619) 593-5111 www.valleycareercollege.com

8-Month Programs • Day & Evening Classes • Financial Aid Available (if qualified) Job Placement Assistance • Approved for WIA, VA benefits

Start a new career in 2 months or less!

Medical • Business • Investigative

Certified Phlebotomy Technician • Medical Administrative Secretary Medical Office Administrator • Medical Biller • Sports Medicine Technologist Clinical Medical Assistant • Administrative & Clinical Medical Assistant Advanced Medical Coder • Computerized Office Specialist Computerized Office & Accounting Specialist • Private Investigator

Morning, afternoon & evening class schedules WIA & Low-Cost Funding • Workers' Comp • Rehabilitation Free training if qualified • Small classes



Universal Schools & Colleges of Health and Human Services



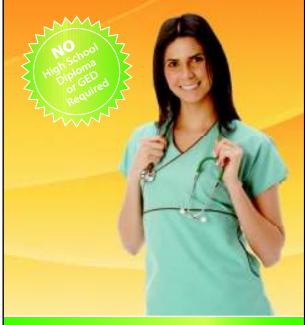


San Diego · 619-858-3480 San Marcos · 760-918-8198 www.uscmed.com



Weekend Classes Now Available

Where Will You Be Next Year?



Call Today! 877.749.6433

This year, resolve to get a new career in just 8 months.

Train for

- Medical Assistant
- Massage Therapy⁺
- → Medical Billing & Insurance Coding
- Dental Assistant
- Pharmacy Technician*
- → Business Office Administration
- → Computer Systems Technician

Introducing 2 New Programs

Business Management - AAS Degree Program⁺ Criminal Justice+*

→ WWW.INFOFROMUEI.COM



Chula Vista / San Diego, CA

Not All Programs Available at All Campuses Financial Aid Available if Qualified

- Lifetime Job Placement Assistance + Length of Programs May Vary
- * HS Diploma/GED Required

GUITAR INSTRUCTION: Degreed professional, 30 years' experience. All styles. Especially good with young people and children. Your first lesson is free! Call Gary at 619-655-0499.

GUITAR LESSONS/RECORDING. Learn to play, sing your favorite songs. Experienced instruction tailored to your goals. Record a demo; session work. Craig Blaine, 619-417-4080, www.ichmusic.com

GUITAR, PRIVATE LESSONS. Acoustic, electric and bass guitar in your home. Various styles including classical, rock, jazz, etc. 10 years' experience. 7 days. Call 619-852-3669.

Computer Music Lessons

Here at CML, we offer private one- on- one instruction using: Pro Tools, Abelton Live, Reason, Max/MSP, and other software. 7920 Miramar Road, suite #121. Call 858-779-

HORSEBACK RIDING. Bethany Pappani Training. Individual/ family/ trail lessons. After-school program in Alpine. Bus stop and sibling discounts. Miniature horse for birthday parties. 619-885-8232.

Bonita Valley Arts Academy

Music and creative arts at affordable prices for youth and adults: Band, Guitar Percussion, Piano, Painting, String

CENTRAL

AFRICAN GRAY PARROT Lost, \$500 for safe return/ or will buy you parrot. Last seen Johnson Lake Road/ Highway 67 in Lakeside, 8/24/09. 619-328-9916,

ALSATIAN/ AUSTRALIAN SHEPHERD

puppies. Exotic, inexpensive. 619-495-9759.

AMERICAN BULLDOG PUPPIES. ARA

registered, shots, de-wormed. Good disposition, protectors, great family pets. Males and females. \$750. 951-768-0833.

AMERICAN ESKIMO MIX. Female, spayed, 4 years, 12 pounds. Cute, fluffy thick fur, happy. Housebroken. Needs to be the only dog. \$150. 619-583-5122.

AQUARIUM SALE at Octobuss Garden

20H aquarium, \$20; 29 for \$29; 40R, \$40. Even a 60E is just \$60. Other tank specials also. Lots of healthy saltwater fish and beautiful corals. Protein

skimmers. Lighting systems, pumps, decorations and supplies at low prices Octopuss Garden. Noon-9pm, 7 days Call 858-576-7449.

AQUARIUMS AND PONDS! Freshwater/

AQUARIUMS AND PONDS: Freshwater/
saltwater fish. Extensive reef animals.
9000 square feet. Low warehouse prices!
Expertise not found in Southern California
cookie-cutter stores! Aquatic Warehouse.
5466 Complex Street #204, San Diego.
Behind Superior Courthouse, off
Clairemont Mesa Boulevard. www.
aquaticwarehouse.com. Daily, 10am-7pm. Saturday, 10am-6pm. Sunday,
11am-6pm. 858-467-9297.

BENGAL LEOPARD babies. Mild side of

wild. Spectrally beautiful. International Cat Association registered. Jacob sheep babies from Israel found in Genesis 28-30. North County, 760-724-9316.

BUY/SELL/TRADE reptiles, amphibians turtles, tortoises, snakes, lizards. Largest reptile selection in Southern California. Voted #1 in San Diego. Pet Kingdom,

CAT. Male, 1 year old. Calico/ gray markings. Very playful, talkative. Likes

Orchestra. Qualified instructors Fall Session 8/17-11/2. Register now! www.bonitavalley.com/artsacademy.mv. 619-475-8000.

PIANO ACHIEVEMENT: Free lesson/ interview. Classical, popular, jazz. Very patient master teacher/ performer offers top quality, individualized instruction for all ages, beginning through advanced. Check www.LeeGalloway.com for info. 619-281-8118.

uncommonly effective approach by caring, established teacher. Proven results for all ages and levels. www. KirkPiano Lessons.com and www. KirkBooks.com. 760-940-8520.

READING TUTOR / Educational
Therapist. Master's degree in Special
Education. 15 years' experience.
Individualizing instruction to the child's
specific needs and learning style. 619-

SAT TEST PREPARATION. USD Test Preparation Courses. Sharpen your skills! Experienced faculty. Practice Exams. Convenient schedules. Free Refresher Classes (within 1 year of paid course completion). completion). www.sandiego.edu/ testprep. 619-260-4579.

SPANISH LESSONS. Private tutoring. Master's degree and credentialed instructor. Conversation, writing, and

PET

FOREVER HOME WANTED. Lacey. 1-year- old brindle pit mix. She's playful, happy, bouncy, approximately 40 lbs. Photos/ bio on www.sddac.com. Adoption info call 858-568-2771.

KITTEN. Orange, semi- long- haired male. Vibrant color, a little butter ball. So cute, sweet. 5 weeks. \$75/ best. 619-269-1194.

KITTENS/ CATS. 10+ weeks. Cute, friendly, virus tested, neutered, vaccinated, dewormed, defleaed. Tuesday/ Thursday/ Friday, 6pm-8pm; Saturday/ Sunday, noon-4pm. PetSmart La Jolla. 8657 Villa La Jolla Drive. www.

KOI PONDS AND WATER GARDENS.

Equipment and supplies, free water testing, service and maintenance, construction and design, commercial and residential. Since 1988. 1975 Jamacha Road, El Cajon. Monday. Saturday, 9am-5pm (Wednesday/ Friday until 6pm),

LABRADOR PUPPIES. 8: 6 yellow, males/females. 2 chocolate. AKC parents onsite. 5 weeks old. Chocolates: \$600. Yellow: \$500. Ready for good homes.

PERSIAN KITTENS. Calico females.

attention, but can be independent. Lots of personality, sweet, loyal. Needs love! 619-846-3579.

619-846-3579.

CATS/ KITTENS. 10 weeks+. Need responsible, lifetime homes. Cute, friendly, virus- tested, neutered, vaccinated, dewormed, defleaed. Tuesday/ Thursday/ Friday, 6-8pm. Saturday/ Sunday, noon-4pm, at Petsmart La Jolla, 8657 Villa La Jolla Drive (I-5 at Nobel). Fee. sdcats.org.

CHIHUAHUA puppies, mini toy, 2 months old, shots current, healthy builds, cute, friendly, light brown/ white. Males, females. Asking \$225 each. Call for appointment, 619-781-5319.

CHIHUAHUA MIX. White, neutered, 2.6 years, 10 pounds. Other dogs OK. Adult home— best, no young children. Shy at first. Microchip, shots, license. \$100.

KITTENS, 10 weeks. Ready for good homes! Clean, healthy, litter-trained. Black with white male/ female, brown Tabby male. \$50. Vista, 760-941-0541.

. 619-441-9275

PEKINGESE. Neutered male, 2 years, all white, quiet, mellow, sweet. Needs safe home, no young children. Shots, license, microchip. \$100. 619-466-0426.

อกบเร and wormed 760-782-3129.

FREE FRESHWATER FISH! See our all-new freshwater fish section. *Buy 2 at greater/equal value, get 1 free. **CORAL • FISH** LIVE ROCKS COMPLETE SUPPLIES **Octopuss** Garden 4865 Convoy Street San Diego • 858-576-7449

grammar. Bilingual. Competitive rates. References. E-mail: jaygo@ cox.net. Jay, 619-528-8663 or 619-410-2002.

MASSAGE

HEALING TOUCH BY MIREILLE.

European therapist with 20 years' experience. Come to enjoy a wonderful and affordable massage. Outcalls. Lico06369. First time special! 619-994-9147. www.healingtouchbymireille.com.

BRAZILIAN AMERICAN Massage.
Walk in—Float out. The best massage you'll ever have. 8 years' experience. Ladies and gentlemen welcome. Also Russian Sport Massage, Hot Stone Massage, therapeutic including stretching. Outlet spa setting, including shower. Holistic including shower. Holistic Therapeutic by Candy. MT#653. 7am to 8pm. 619-339-8191.

DONNA. EXPERIENCED MASSEUSE.

MASSAGE BY BODYBUILDER, for your health and pleasure. Consistently told, "The best massage I've ever had!" Friendly. Professional. IPSB graduate. gr8massagepro@aol.com or call Robert,

b19-23-2-2142.

BARE ESSENTIALS. Sensational massage Velvet touch, soothing beauty, tension taming. Moments of magic. In office / outcalls. Hotels/ credit cards welcomed. MT-6352. Victoria, 760-726-1100.

LUXURIOUS EUROPEAN! Massage

for optimum relaxation. Caring, skilled, intuitive. Deep to soothing light touch. Swedish/ Shietsu. \$20 off. Centrally located, Park Boulevard. Great rates! Incalls/ outcalls. Licas00070051. Brigitte, 619-297-8600. Isabella, 619-581-1101.

SUMIKO SPA! Get the Asian touch! Skilled in the ultimate Oriental massage. HHP-23991. Call now to schedule. 9:30am-11pm. 2629 El Cajon Boulevard. 619.574.0622

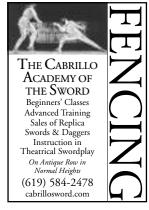
EXPERIENCE THE PARADISE of my sensational massage. Let my soothing hands release all your tension and stres away. MT-0922. Natori, 760-451-2319.

YVONNE'S MAGIC HANDS. Enjoy a

ABSOLUTELY WORLD CLASS

massage! Exquisite and memorable!
Enter your private oasis with soft hand
soothing scents and a sweet touch.
Reward yourself! Lic-95001894. Call

INSTRUCTION



Typo Patrol Results

Happy Hour Listings

p.99 Imperiala should be Imperial

Restaurant Listings

p.110 Red Marlin should not be indented

Nathaniel Uy (San Diego) \$20

Music Listings

p.92 WIth should be With

Karen Guarnotta (Linda Vista) \$10

Music Listings

p.88 760-741-7748 should be 760-471-7748

Issue of August 27, 2009

Robyn Johnson (Vista) \$10

Yay for American Cars

p.47 Wintergardens should be Winter Gardens

Brian Slipper (Del Mar) \$10

You must send in a copy of the printed error — either the actual page or a copy (including page number). Exceptions: direct quotations, slang, colloquialisms, house/writer style idiosyncrasies. Exempt: ads, blogs, user reviews, movie showtimes, puzzle results, and letters to the editor. Submissions accepted until Monday at 7 a.m. after the issue in question. First identification of error wins \$10 or a Reader T-shirt (indicate preference). Winnings limited to \$300/year per household. Mail to: Typo Patrol, SD Reader, Box 85803, San Diego, CA 92186;

ANGELIC TOUCH. Special offer! Feather #367609. Nicole, 760-828-2618

#307609: NICOIE, 760-828-2618.

SIMPLY IRRESISTIBLE! Sensational massage! Talented touch that is unique, customized to suit your body. Rejuvenate your tired body and spirit. My fingertips are like rose petals, my voice is soothing and buserists and in the date. and hypnotic to lull you into deep relaxation. In office or outcalls. MTP-6352. Mia, 760-603-1010.

KRIZIA'S SECRET! Intriguing choices, sheer bliss. Be dazzled by private matters. A massage that will leave you with a feeling of complete renewal. HHP-0088. Krizia, 619-298-6661.

LOVELY HANDS BY DESTINY! Best light touch and deep massage with warm oil. In- call available. MTP-0969 Call 760-415-8155.

ALISON'S CUSTOM MADE. Special massage! Indulgence for your body and mind in your home, office or hotel.
Sensational. Credit cards accepted. 7 days. Lic-93007588. 619-708-1261.

PEACE OFFERINGS by Aphrodite. A haute flourishing holistic eclectic buzz. Experience balance, nourishment in earth's element. Sublime delight! Seven days of unending bliss. In/ out calls. Hotel visits. HHP 0088. www. aphroditesmassage.com, 858-454-6664. AFFORDABLE DEEP TISSUE / SPORTS

Massage. Specializing in migraine headaches, neck, shoulder, back, tightness/ injury. Flexible hours. Centrally located. \$60. BTC#06002949. Health and

Vision Acupuncture and Massage Center. www.DeepTissueMassage.biz. THE ALMOST PERFECT MASSAGE. 1-1/2

hours, \$75. Absolutely first-rate, deep muscle Swedish massage. Luxurious, overall wellness massage. Legitimate nonsexual, references. Lic-97005459. Jim, 619-459-6872. AFFORDABLE MASSAGE! Teachers

Special! Treat yourself or significant other to a wonderful, relaxing massage. Women, men, couples. Gift certificates available. Incall/ outcall. MTP-3382. Call Ken, 619-449-6689.

BEAUTIFUL GODDESS TOUCH in a luxurious studio. Feel the sensation of golden fingers, the pleasure of heated cream and the warmth of a sensual soul Carlsbad massage license. Robin, glamourgirlforvou@vmail.com.

COME ON, JUST MAKE THE CALL and take a one- hour break to experience th royal treatment! I give a seriously great massage. I'm located off I-5 and

sophie@fromenglishtofrench.com

www.fromenglishtofrench.com

License #B2003009811

CHRIS BLISS TOUCH MASSAGE.

or fax to 619-231-0489; or deliver to 1703 India Street in Little Italy (we have an after-hours mail slot).

Experience soothing, reassuring, exquisite care. Surround yourself in a beautiful, relaxing environment. Lic-HHP1991008706. 7 days, 10am-6pm. Credit cards welcome. 619-206-0992.

GRAND OPENING: Best massage and spa treatment without he spa prices. Discover your spa alternative. Tranquil setting, conveniently located. Escape, relax, renew! Open 7 days. Walk-ins welcome. Lic. 2000/3001485.

DEEP TISSUE/ HOT STONE/ Sports massage. \$60/ hour. I combine skillful, DEEP TISSUE/ MUI SINNEY OWNIG massage, \$60/ hour. I combine skillful soothing massage, advanced therapeutic techniques and thorough stretching for dramatic relaxation that lasts. Pain/injury/ stress. Betsy, HHP499007729, www.betsymassage. RELAX IN MY HANDS. Satisfying stress-

COUPLE'S MASSAGE. Beautifully decorated room with tables side by side. Relaxation Plus, Little Italy, 20% off all services. Gift certificates. 7 days/ week. HHP-92009389. 619-295-5595.

GODDESS AWAKENING. Indulge your senses in an exhilarating state of euphoria. Underground secret of the elite. Lucid dreams! Ephemeral pass Mystic realms! A journey beyond time Flower explosions infused with 100% exotic essential oils. 90 minutes 90 dollars. Outcalls! HHP-0088. www. aphroditesmassage.com. 858-454-6664.

START THE DAY RIGHT! Rest, relax revitalize! Swedish massage, energy work, pregnancy massage. In the privacy of your home, office, hotel. HHP-2001004829. 619-400-7744, 619-269-3366.

READY TO BE TREATED like royalty? In a beautiful atmosphere with a skilled masseuse. Full body therapeutic.

MASSAGE THERAPY HILLCREST.

Exceptional massage therapy: \$1/ minuspecial! Also couples massages, great rates! Acupuncture/ cosmetologist/ hypnotherapist also available. Lic-G028769. Jonathan 619-300-7229.

HILLCREST/ NORTH PARK location. 16 years' experience. Swedish, myofascial release, deep tissue, reflexology and Lomi Lomi. ATM, credit cards accepted. 96009525. Frank, 619-933-7477. frank@frankers.em.

SERVICES











San Diego Reader September 3, 2009

Natural LIVING

Keeping an open mind to healthy alternatives.

Freedom for **All Trauma Survivors** Inc. Veterans

Anger • PTSD • Depression

Trauma Touch Therapy

Natural, Energetic Non-Massage Method. Releases/unwinds negative emotion. Unique body/mind approach. Permanent relief.

Free initial consultation 760-500-1768

Sbarron Gleason-Pecic, CMT, TTT Certified Trauma Touch Therapist #08158

Experience Gourmet CAFE 2.0 200 phytonutrients 858-292-9025 health@gmail.com oosehealthyjava.biz



540 3RD AVENUE SAN DIEGO, CA 619-246-1407

CONSCIOUS MOVEMENT & MEDITATION CENTER

RED LOTUS SOCIETY WWW.REDLOTUSSOCIETY.ORG

30% off all natural organic body wraps ENLOUSEN

619-255-9368 4670 Park Blvd. • 92116

20% off **Natural Products**

Herbs • Oils • Minerals Eastern wisdom meets Western innovation

Ayurvedic **Integrated Wellness**

1222 First St. #6 • Coronado 619-435-4488



Colon Hydrotherapy 1

or \$40 Detox Foot Bath Buy package of 4, get one free. California

Health Center

Donna (760) 908-7665

BURN FAT, EAT REAL FOOD

UltraLite teaches how to eat & combine foods to optimize your natural ability to burn fat!

ww.DrAmes.net Click on UltraLite 858-279-7600

\$30 off detox

(3-hour signature)

Colon hydrotherapy Liver detox · Weight loss

Cove Wellness 858-551-9228

detoxspaoflajolla.com

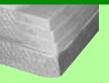
Acupuncture

Reg. \$90. 1st visit. New patients only.



Julie Wynne, LAC 619-251-1925

100% ORGANIC MATTRESS



Chemical- and allergen-free. Comfortable and affordable.

Mattress World 1601 University Ave

619-260-8000 www.sandiegobeds.com

Float Free Improve focus Relieve pain 858-279-3301

FloatSpaSanDiego.com

WHERE THE PROS GO!

Unlimited Chiropractic Care \$99 monthly

Auto accident • Work injuries • Slip & fall injuries • Sports injuries Most insurance accepted • 1-hour massage for \$40.00

Dr. Marcus O. Pride, D.C., QME 1350 6th Ave., Ste. 175 San Diego, CA 92101 888-732-4476 www.pridechiro.com drmopride@yahoo.com



Events Calendar

Summer Finale! Complimentary yoga class on "the beach," then mingle with \$3 glasses of wine. W Hotel & AWAY spa, 619-398-3092.

Personal Totems: Wednesday, September 2 & 9, 5-9pm. Choose from gallery's tiles, glass, dishes, beads, shells, or bring your own items, to create a mosaic totem. Fee: \$15 per class, or \$55 for every Wednesday of month. Sophia's Gallery. Reservations: 619-593-2205.

Candlelight Yoga: Friday, September 4, 8pm. Enjoy slow-flow vinyasa classes by candlelight. All levels. Donation. 619-379-2201

Global Community Market: Saturday, September 5, 9am. More than 30 local and global vendors gather for market boasting authentic cultural creations such as handmade Peruvian sweaters, Acholi beaded jewelry from Uganda, and Asian scarves and purses benefiting low-income artisans, micro-enterprise programs, fair-trade vendors. Poinsettia Village shopping center, 858-964-8852.

Book Signing: Saturday, September 5, 1:30pm. Michele Blood signs How to Become a Magnet to Money. Learn how to manifest success and prosperity beyond the Law of Attraction and delve deeper into your Divine Nature, Soul's journey and purpose. Soul Scape, 765 S. Coast Hwy 101, Encinitas. 760-753-2345, shopSoulScape.com.

"Time for Lunch" Eat-In Monday: September 7, 11am. Join Slow Food Urban San Diego in lobbying for reform to Child Nutrition Act. Potluck event includes speakers, activities for children and adults. Free, WorldBeat Cultural Center. 718-260-8000.

Free Healing & Psychic Reading Clinic: Monday September 7, 7:30pm. Vessa Rinehart-Phillips's Clairvoyant Class offers free aura healings and readings. No RSVP required. Intuitive Insights, 4455 Morena Boulevard, 92117. 858-509-7582. MyIntuition.net.

For our first 25 clients



with x-rays and report of findings. Dr. Robert Walcher, Palmer graduate, voted Pacific Beach's top chiropractor

Reg. \$250. Includes initial examination



4747 Mission Blvd. #1 Pacific Beach • 858-866-3345

Acupuncture

Treat pain, athletic injuries, stress, emotional problems and more!





Cheryl Warnke 15+ years in practice 7510 Clairemont Mesa Blvd. Suite 104 • **858-576-7243**

, 2009 137

FANIÉ Unique botanical products for people of all ages. No synthetics, animal fats, waxes, glycolic acids or perfumes. <u>Heals</u> the skin, not seals it.

Non-Fluid **Inch Loss**

Try Our Body Contour Wraps!

- For Men & Women
- Tones & Tightens
- Improves Skin Texture

\$52/One Wrap (Reg. \$70) **\$130/Three Wraps** (Reg. \$210)

First-time clients only.

KARIE HAYDEN 975 Hornblend #D • Pacific Beach 858-581-3321 www.kariehavden.net

\$360 FOR A WHOLE YEAR! Inner City book Camp's Endorsement Team. Thre times/ week, fun team atmosphere. Cal Certified Personal Trainer JJ for details 619-379-0985.

619-379-0985.

ALL PORCELAIN CROWN, \$450. Fillings starting at \$75. Porcelain veneers, \$740. Simple extractions, \$95. Free X-rays. Joseph Tucker, D.D.S., is now accepting new patients. Emergencies and walk-ins welcome. Now with expanded hours: Open Mondays, Wednesdays, Fridays and Saturdays. Discounted menu for open Mondays, indusy and Saturdays. Discounted menu for cash patients. Now accepting PPO insurance. Comprehensive experience in Endodontics, Fixed Prosthodontics, Oral Surgery and Implant Placement. Boot canals, extractions including wisdom carias, extractions including wisdom teeth, removable and fixed prosthodontics. 5210 Balboa Avenue, San Diego 92117 (west of Rite-Aid at Balboa and Genessee). 858-279-3455. www.BalboaDentist.com

ALL TRAUMA SURVIVORS. Freedom for ALL IRAUMA SURVIVORS. Freedom for Trauma Survivors, including Veterans, from Anger, PTSD, Depression. Trauma Touch Therapy, a natural, energetic, nor massage method, releases/ unwinds negative emotion. Unique body/ mind approach. Permanent relief. Sharron Gleason-Pecic, CMT, TTT. Certified Trauma Touch Therapist #08158. Free initial consultation: 760-500-1768.

BALLY TOTAL FITNESS. Lifetime

BODY CONTOUR WRAPS. Summer Specials—25% off! Non-fluid inch loss! For men and women. Tones. Improves skin texture. \$52/ one wrap (Regularly \$210). \$130/ three wraps (Regularly \$210). First-time clients only. Facials. Fanie botanical products. No synthetics. No animal fats, waxes, glycolic acids, perfumes. 858-581-3321. Karie Hayden & Associates, KarieHayden.net. Associates. KarieHayden.net.

Associates. KarieHayden.net.

COLONICS. La Jolla Colon

Hydrotherapy, in La Jolla 17 years. Let us be your personal fountain of youth! Liver Detox. Lymphatic Decongestive Therapy. Cellulite. Organic Facials and Waxing. Detox Spa of La Jolla, 7946 Ivanhoe Avenue, #202, La Jolla. 858-551-9228. www.detoxspaoflajolla.com.

DETOX HERE. Ionic Foot Bath and Massage Detox Session for energy, weight loss, and joint pain relief. Removes toxins: heavy metals, pesticides, food additives. FDA Sanctioned. Special: \$40. www. wholefoodenergy.com. Call today! 800-984-0064.

EAT REAL FOOD, STILL LOSE WEIGHT!

Lose weight naturally and have more energy. No starving the body. No meal replacements or special foods to buy. No drugs or surgery. Ultra Lite, the professional weight loss system, developed by a Naturopath in Australia, is now available in the U.S. Learn how to eat and properly combine foods to keep the body burning fat! 858-279-7600.

EMERGENCY DENTISTRY. Walk-ins and emergencies welcomed. Now with expanded hours! Open Mondays, Wednesdays, Fridays and Saturdays. Accepting new patients. Discounted menu for cash patients. PDO dental insurance accepted. All porcelain crowns, \$450. Porcelain veneers, \$740. Simple extractions, \$95. Fillings starting at \$75. *Promotional offers cannot be used in conjunction with insurance. Comprehensive experience in Endodontics, Fixed Prosthodontics, Oral Surgery and Implant Placement. Root canals, EMERGENCY DENTISTRY. Walk-ins

Prosthodontics, Oral Surgery and Implant Placement. Root canals, extractions including wisdom teeth, removable and fixed prosthodontics. Joseph Tucker, D.D.S., 5210 Balboa Avenue, San Diego 92117 (west of Rite-Aid at Balboa and Genessee). www. BalboaDentist.com. 858-279-3455.

FALL OPEN HOUSE. Free Tai Chi and Qi Gong classes— September 14 and 15, 2009, at 6pm. Taoist Sanctuary, 4229 Park Boulevard, San Diego, 92103, 619-692-1155 or www.taoistsanctuary.org.

GRANDMASTER CHEN XIAOWANG,

11-13. 2009. Taoist Sanctu Boulevard, San Diego, 92103, 619-692-1155 or www.taoistsanctuary.org.

1155 or www.taoistsanctuary.org.
HERBAL HEALTH OPTIONS, East
County's compassionate care nonprofit
collective. Free gift for all new members.
Classes/support groups/natural healing.
Free computer use. Join us in the
resource center. Sister Marri's Tuesday
Night Pizza at 6:30pm. Open 9am-9pm
daily. Visa/Mastercard accepted. Prop
215/58 420 H&S code 11362.5
compliant. 619-463-4372. 9612 Dale
Avenue, Suite 2, Spring Valley, CA
91977. herbalhealthoptions.org. 91977. herbalhealthoptions.org

HOME CARE. For the elderly and disabled. Affordable, quality service. Bathing, dressing, meal preparation/ feeding, house keeping and companionship. Call 858-722-3380 or wight Transportations.

NON-SURGICAL FACELIFT! Holistic Skin NON-SURGICAL FACELIFT Holistic Skin Clinic. Tightens, hydrates, rejuvenates the skin. Micro-dermabrasion with tightening facial masque, regularly \$100, now \$75. First-time clients only: expires 9/30/09. Fanie botanical products. No synthetics, animal fats, waxes, glycolic

CO-PARENTING CLASSES For divorced

arents. 6 weeks, 2 hours. For more formation, call Martha Noderer at 619-

CHILD'S RESTRAINT SEAT, \$20. 858-

acids, perfumes. Also facials and Body

Contour Wraps, non-fluid inch loss for men and women. Karie Hayden & Associates, 858-581-3321. KarieHayden

WELLNESS PROFESSIONALS! You are

invited to a free presentation. Find out how you will attract, engage and retain new business! September 8 at 6:30pm, Gaia Day Spa. Free parking available. RSVP: Maureen at (619) 606-2133, 1299 Prospect St., 92037. www.

althealthconnect.com

PARENT

RESOURCES

PUPPET THEATRE. In Balboa Park's "Marie Hitchcock Puppet Theatre." New shows weekly. \$4 tickets for children / \$6 for adults. Visit us at BalboaParkPuppets. com or call 619-544-9203.

SUPERNANNY CASTING in San Diego. Nanny Jo Frost. www.supernanny.com, Casting Department, CNazzaro@ ShedMediaUS.com, 323-904-4680 x1061.

WEDDING &

special \$800—200 photosy DVD. See your wedding day unfold on digital photography. Hourly rates, special events. Kidnapper of Images, Beverly, 858-736-4472; 858-274-4472.

BRIDAL BAZAAR. Sunday, October 4.
Del Mar Fairgrounds. 10am-4pm. Over 250 exhibitors with everything for your wedding. Info, coupons, www.

CLASSICAL/SPANISH GUITAR

CUSTOM JEWELRY. Large selection of gold and diamond wedding sets. We specialize in custom designs. 20-60% off specialize in custom designs. 20-60% of selected items. Full-service jewelry shop, watches, cleaning, service, resizing. Kenz Jewelers, 619-670-0700.

acts. Weddings, corporate, parties. 400 bands. 10 DJs to choose from. All types of music. Affordable! Since 1973. 619-

WE LOVE WHAT WE DO! Brides and Grooms like you have trusted Kellerman Photography to capture their special moments for over 20 years. We are personable, experienced and affordable! Custom packages/military discounts. Weekday and Sunday discounts. 760-505-8900, 858-775-2601.

BASIC INSTRUCTIONS

In order to capitalize on an upcoming

It's something

you deal with every day.

right track.

Am I really?

Try to think of possible uses for the new

technology. Don't be afraid to think big.

lmagine if every car was powered by urine-derived hydrogen. We wouldn't be dependent on oil, cities would be quieter, the air would

be cleaner because the cars' only exhaust would be water so clean you could drink it.

Hell no!

It used to

But would you drink it?

first place. Keep your eyes open.

technology, you must see it coming in the

read today that scientists at Ohio University

and a cheap, plentiful source of hydrogen.

Hot air? Boredon

ldiocy?

BASIC

STAGE NOTES

© 2009: Scott Meyer

ABILITY THROUGH TRAINING. The moment- to- moment reality training.
These classes unlock the actor's ability to work spontaneously and with the realism and intensity advocated by the industry's creative legends. Beginners welcome. Thursday evening class

available, 6:30pm-10:30pm, or Saturday mornings. Call for information. 619-542-

How to Capitalize on

Future Technology

8

BLACK KAT THEATRE presents: "The Bible; The Complete Word of God (abridged)" at Desi 'N' Friends, September 4, 5, 11, 12, 8pm. http:// blackkattheatre.googlepages.com.

IT'S THE HOUSEWIVES. Rock and roll musical from LA. September 4th through 27th. Tenth Avenue Theater, San Diego. Call 888-66-DERBY or visit ticketderby. nehousewives.

MODELS. Amateur models needed for photo, video, web work. Ages 18-60. All types. No experience necessary. Cash paid. Professional setting. Call Jenn, 619-379-4964.

SAN DIEGO ACTORS THEATRE.

Monologues, cold readings, audition techniques taught by award-winning director: Patricia Elmore Costa. Guest Director: Nanci Washburn. Mondays, 21/09-10/26/09, 6:30-9pm. pelmore@san.rr.com, www.sdactorstheatre.net.

by Scott Meyer ©2009

IT'S URINE!

reah, I thought

I'd give yo that one.

Thank you.

I get it! I was

on the right

it's something

you produce

Don't be afraid to share information.

the very least offer moral support.

Others may have insights you lack, or at

hink of ways that you can get out ahead

of the new technology. Be aware that

you might experience some resistance

You're not

collecting

your urine.

Allow me to

ephrase that

You're not OUR urine.

Of course not.

One man could

SCREENWRITERS GROUP. Writers group meets 2nd and 4th Tuesday of every month. Experienced writers preferred. Meet in Clairemont. Please call John, 858-272-2966.

John, 858-2/2-2966.

SINGERS WANTED. Masterwork Chorale
Rutter choral concert on 12/6/09.
Rehearsals: Tuesdays, 7:30pm. First
Methodist Church, beginning September
15. No auditions. 619-297-4366, x135.
swicks@fumcsd.org.



Grand Opening! Near Old Town Deep Tissue • Swedish Thai • Sports • Couples \$40 - 1/2-HR. • \$60 - 1-HR. Foot Reflexology \$30 - 1 HR. Ionic Foot Detox 530

MASSAGE

SD BAY SPA 3333 Midway Drive, Ste. 201 San Diego, CA 92110 619-226-2056

tranquilitysd.com • Lic. #200901284

Acupressure 10 off 1-hour massage!

With coupon MASSAGE & STRESS RELIFE

Jacuzzi • Body Shampoo 3817 32nd St.

(Across from CVS)

619-563-5777

Open daily 9-10

Lic. #2008015569

PARTY GUIDE

AWARD-WINNING PHOTOGRAPHER.
Special \$800— 200 photos/ DVD. See

AZUL PRODUCTIONS. Creative services for your special occasion. Photography, videography, DJs and event coordinators for all occasions! We offer affordable, high quality services for every budget. Serving all of San Diego. www. azulproductions.com, 619-246-0915 or 760-224-8287.

rrotessional guitarist will play at your wedding/ special event. Classical, Spanish, Flamenco guitar. Audio samples and more at www.williamwilscom. Contact William Contact Wi ntact William, 619-300-6284.

DISC JOCKEYS/LIVE BANDS/ novelty

Waddings corporate, parties, 400 www.musicasyoulikeit.com.











SERVICES





Teacher Normal Heights

It would have to be with no pain and suffering. Just a quick death. Maybe on an airplane, but one that isn't falling for a few minutes and you're thinking about it. If the plane crashed quickly and you didn't know what was happening, that would probably be the best way to have it



Kevin Shatwell Interpreter Mission Valley

Well, I guess I'd want to go doing an extreme sport. Something like heli-skiing or skydiving. Maybe doing one of those base jumps into the Grand Canvon, Something exciting like that, where I'd go out in a blaze of glory.



 $P_{aul} \, D_{ierolf}$ Heating and Air Conditioning San Marcos

oing really fast in my car out Going really fast in my car out in the salt flats, until it blows up. I've spent \$25,000 on my Datsun 240Z. It has an '83 turbo engine, and if I died, I'd want it going at high speeds, with adrenaline involved; racing your car, going as fast as possible, and hitting a wall. It would be a fun way to go. And quick.



Cari Olson Executive Marketing Manager San Marcos

would want to die cuddling with as hell. I'm still upset that he didn't get the Oscar nomination for Boo gie Nights. I like him as an actor, and I thought he was cute when he did those underwear ads and dabbled in a music career.



Kevin Thornton

Bartender Pacific Beach

I guess I would want it to be nice and painless. I definitely don't want to drown. I'm afraid of dying that way I know how to swim and I used to surf. But I don't go out in the ocean anymore because I'm afraid of being swallowed by a whale. I guess getting shot in the head would work, since it's quick.



William Ciocco

Blueprints Pacific Beach

I don't want it to be burning or in some kind of big explosion. Suffocation wouldn't be good. I guess peacefully and being in a happy state would be the best way to go. You don't want it to hurt too much. Perhaps peacefully in your sleep, having a nice dream.

COUNSELING & SUPPORT GROUPS

NOTICE TO READERS: The advertisers in this section include licensed mental health providers, unlicensed coun-selors, and support groups.

ADDICTIONS/ STRESS PROBLEMS:
Couples, individual therapy. Depression anxiety, Post-Traumatic Stress Disorder, support groups. Intervention. Samuel Newman MFT and Associates. License #MFC25066. Sliding scale. 619-944-1246

ANGER MANAGEMENT classes. Court listed 5-6 week, 2-hour anger management classes. For more information, call Martha Noderer at 619-

ANXIOUS? DEPRESSED? Relationship ANXIOUS? DEPRESSED? Helationship issues? Parenting/ family issues? Insurance and sliding scale accepted. Individuals, couples, children, adolescents/ families. Private Mission Valley location. Phaedra Scoortis, MA, MET, MFC-43174. 619-972-0209.

ARE YOU MAD? Learn how to manage your anger constructively. Gain power, control, reduce conflict and improve your relationships. Classes begin soon. Mission Valley, Jay Schneider, LCSW. Lic-9573, www.manageangerdaily.com. 858-538-5587.

CLINICAL HYPNOTHERAPY. "What the mind can conceive, the body can achieve." All issues addressed. Free consultation. Patricia R. Parlin, Ed.D. CHT403-250. Call 619-442-3661 or 619-

FEELING STUCK? STRESSED?

Experiencing crisis? Relationship issues? Career problems? Family conflicts? Grief? Past trauma? Take back your power. Trish Deignan, LCSW21861. Free consultation: 619-723-9244.

GAY / BISEXUAL MEN: Supportive wat/ BISEXUAL MEN: Supportive individual therapy. Depression, anxiety, confusion, addictions, spiritual/ religious issues. Married, closeted welcome. Discretion, confidentiality assured. Mel Karmen, PhD, MFC-12709. 619-296-

HERPES/ HUMAN PAPILLOMAVIRUS

NORTH PARK

Bring ad.

- New Staff -

Hot Baths/Body Scrubs

All Types of Massage

Oriental #1 Spa

3134 El Cajon Boulevard

619-563-7949

(1 blk west of 805) Free parking in back Daily 10 am-11 pm • License #16467

0

information and support. Call: 619-491-1194, www.SanDiegoCityHFI P.org. oCityHELP.org.

LOW-FEE COUNSELING. Children, adolescents, families, couples, adults. Sliding scale. For more information, call Martha Nedorar et 610,000 F700. Noderer at 619-920-5730.

PRIVATE COUNSELING. Your journey can be clearer, more peaceful; relationship issues, body image, self-esteem, anger. I can help. Work toward self- acceptance. Negotiable fee. 619-838-6817.

PSYCHOLOGICAL CONSULTANT.
Unsure you need/want therapy? We walk you talk. Someone to process with, vent. 25+ years' experience. 30- minute

TRADITIONAL/ CREATIVE THERAPY.

25 years' experience. Individuals, couples, groups. Supportive, interactive, 'down to Earth.' Depression, anxiety, anger, abuse, addictions, coming-out (adolescents). Mon-Sat. Karen Fleisher, MFC#27163. 619-234-3330.

NOTICES

5K WALK/ FUN RUN. Benefits "Everyday Heroes" Program, which helps San Diego police officers become homeowners. 9/26, 8am. Liberty Station, Point Loma. Register: www.walkforcops. com. 858-715-8005.

ADDICTED TO INTERNET pornography/ sex? Out of control? You are not alone. Call Sex and Love Addicts Anonymous, a 12- step fellowship. P.O. Box 3791, San Diego 92163 or 619-685-7211 or www. slaa-san-diego.org.

AL-ANON. Grupo paz mental. Sufre por el alcoholismo en su familia? Juntas sesionan Martes, 5:30pm-7pm, y Sabados, 1-2:30pm. 3450 Bonita Road, #207, Bonita, CA 91902

ALCOHOLICOS ANONIMOS. Reunion de mujeres. Sesion Miercoles, 9am-10:30am. Desea dejar de beber? Lleve una vida util y feliz! 3450 Bonita Road, Suite #207. 619-280-7224

ALCOHOLICOS ANONIMOS. Problemas con el alcohol? Nosotros le ayudamos a vivir mejor. Sesiones Lunes-Viernes, 7am y 8pm. Sabados, 8am y 7pm. Domingo,

8am y 5pm. Grupo Bonita Hlspano, 3450 Bonita Road #207. 619-280-7224. **BABY AND YOU.** Participate in research! Limited to mothers with depression/ babies 8-18 months. Receive \$10 gift card/ enter 2 raffles— \$50 gift card.

BI-SEXUAL MEN AND WOMEN

discussion, support. Second Tuesdays (September 8) 7:30pm at LGBT Center free. 619-835-7202.

BREAST CANCER 3-DAY WALK. The walk is November 20- 22. I am Sunshine, 75 years young, doing 6th Breast Cancer walk to find a cure for Breast Cancer. I would appreciate your sponsorship if possible. 760-757-2191.

CAN PRAYER HEAL? Discover freedom and wellness. Find out how prayer works for you to eliminate chronic disease, pain, fear, anxiety, depression. 858-272-3246

CANNABIS PATIENT ACT. (Association

Seeks caregiver/ patient interns with questions about cooperatives, clones, medicine, growing guidelines.
Proposition 215 guidelines. Meth kills.

CO-OP. Assorted food items. \$15 per share. Terrific value and it's always different. Thursdays in North Park, 5pm-6pm. Must be reserved. Call 9amnoon Thursday to reserve yours, 619-283-3066.

DINNER-ON-A-DOLLAR free newsletter www.dinneronadollar.com/ newsletter.html or e-mail: hungry@ dinneronadollar.com. We need your recipes too, please, for dinners under \$2. Claudia, 858-693-3939.

FAMILIA DE ALIMENTOS. Donacion .50 centavos minimo. Pan, pasteles aveces, otros productos. Martes 12:30-2:15pm, Iglesia de Grace, esquina Fairmount Avenue en Redwood y Poplar. No necesita reservar.

FAMILY FOOD LINE. Donation FAMILY FOOD LINE. Donation requested. 50 cents minimum. Bread, sometimes pastries, produce, others. Tuesdays 12:30-2:15pm, Grace Church, corner of Fairmount Avenue at Poplar & Redwood. No reservation needed.

Free Legal Advice

Free consultation with an attorney at Fabrison's Cafe. Offered every Thursday, 2-4pm. Located at 1425 India Street. Call for information, 619-955-8834. Fabrisons@gmail.com

PREE CUSTOMIZED EMPLOYMENT
Program for Veterans with a
Service Connected Disability or
those Honorably Discharged within
the last 48 months. Space is limited.

FREE PRESCHOOL, Alpha Kappa Alpha Head Start is now enrolling children ages 3-5 years old from low- income families in the East County, and children with special needs/ disabilities. 619-444-0503.

FREE PSYCHIC HEALING/ Lecture Clinic. Free readings for new visitors. Mondays, 7:30pm, 9/7, 10/5, 11/2, 12/7 Vessa's Clairvoyant Program students. 4455 Morena Boulevard, Suite 108, 858-509-7582.

MASSAGE ENVY. Receive a massage from Massage Envy Rancho Bernardo and Escondido September 15 only, for only \$351 Massage Envy will donate \$10 to the Susan G. Komen Breast Cancer Foundation. 20-8683832. Call 858-451-5700.

SERVICES

MASSAGE

 $^{\$}48$ - 1 hr. • $^{\$}75$ - $1^{1}/_{2}$ hr. Deep Tissue • Swedish • Thai

For neck, shoulder, lower back, sciatica pain relief



858.481.3669

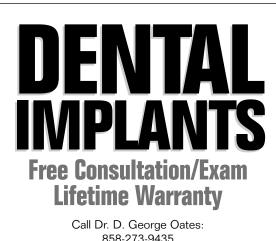
536 Stevens Ave. • Solana Beach

Mon.-Sun. • 9 am-9 pm • By appointment only. www.angelaspa.com License #33131

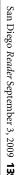


858-273-9435









Astound your friends & become famous!

THE READER PUZZLE:

RULES OF THE GAME

1) Submit your completed puzzle to the *Reader* each week for our ongoing contest! We keep track of each puzzle you successfully complete and the results are posted online each week to sandiegoreader.com. But your submission will only be counted when you successfully complete a puzzle AND get it to us by 7:00 a.m. Monday.
2) Be one of the first 100 people who

submit the correct answers to the puzzle and we will print your name in the paper along with your brief message (10 words or less, no URLs or phone numbers). This is optional, but it's a great way to express yourself. You may submit a new message weekly. We reserve the right to edit or reject inappropriate text.

3) The puzzle-contest ranking, shown

online and in the paper, will begin anew every three months beginning October 1, 2009. Complete the journey four times a year! 4) Entries must be faxed to 619-231-

0489 or **619-233-7907** or mailed to Reader Puzzle, P.O. Box 85803, San Diego, CA 92186-5803, or delivered through our mail slot at 1703 India Street in Little Italy, or scanned and e-mailed to: puzzles@sdreader.com. Submissions by e-mail must be attached in JPG format, 800 by 800 pixels, maximum file size of 1MB Submissions that don't fit the format will not be counted or viewed. 5) 5 Reader T-shirts are awarded

weekly to contenders chosen randomly! And now for the really small print: 1) All answers must be legible and

entered in the spaces provided. 2) Late entries will not be considered 3) One entry per person per week or you will be disqualified.

4) Employees of the *Reader* and their immediate families are not eligible.

Across

- 1. KFC piece
- 5. Director Burton
- 8. Coast Guard job
- 14. "Am early?"
- 15. AK-47 relative
- 16. Americans in Paris,

- 17. Take vengeance
- 20. Oscar, e.g.
- 21. Narc's org.
- 22. Cuba ____ (rum drink)
- 23. Actress Ortiz of "Ugly Betty"
- 25. Takes to the police station
- 27. Waiter's query
- 32. 1978-82 sitcom locale
- 33. Botch
- 34. Took hold of
- 39. Synthetic fabric
- 41. Cry from someone in need (of solving this puzzle's themed answers!)
- 43. Part of an act
- 44. NYSE alternative
- 46. ____Kosh B'Gosh
- 48. Actor Luke of "Kung Fu"
- 49. 1999 Spike Lee movie
- 52. "The Taking of Pelham One Two Three" actor
- 56. Mexicali Mrs.
- 57. Love to bits
- 58. Physically sound
- 61. Suffix with land or sea
- 65. Short-barreled weapon
- 68. "In and out ...'
- 69. Blubber
- 70. Pasta used in soups
- 71. Signals, in a way
- 72. '08 and '12
- 73. Bravo and Grande

Down

- 1. Trace of smoke
- 2. Brain passage
- 3. Terse denial
- 4. Lost at laser tag, maybe
- 5. Elec. Day, e.g.
- 6. Big name in golf shirts

7. Pedometer unit

- 8. In medias
- 9. Rules out
- 10. Overindulge
- 11. Pasta is loaded with them
- 12. Wombs
- 13. City on the Ruhr
- 18. Jay that chatters
- 19. Willy Wonka's creator
- 24. "You ____ Here"
- 26. Some batteries
- 27. Symbol of gracefulness
- 28. Gumbo vegetable
- 29. Coffee dispensers
- 30. Most univ. applicants
- 31. "____ With a View"
- 35. Gross measure?
- 36. Two pieces of pizza? 37. "Orinoco Flow" singer
- 38. Consider
- 40. Lit into
- 42. NNW's opposite
- 45. Sine ____ non
- 47. Timecard abbr.
- 50. Botch
- 51. Roughly
- 52. Cement layer
- 53. Hersey's "A Bell for _
- 54. Dragged
- 55. Elders, e.g.
- 59. Touch-and-go
- 60. Ivan or Feodor 62. Prefix with culture
- 63. Author Mario
- 64. Genesis grandson
- 66. Spanish gold
- 67. Flevs.

1	2	3	4		5	6	7		8	9	10	11	12	13
14					15				16					
17				18				19						
20			t			21				22				
			23		24			25	26					
27	28	29				30	31							
32					33				34		35	36	37	38
39				40		41		42		43				
44					45		46		47		48			
				49		50				51				
52	53	54	55						56					
57						58	59	60		61		62	63	64
65					66				67					
68							69				70			
71							72				73			

We cannot accept your entry

Si C

without the following:
Name:
Address:
Neighborhood/City:
itate:Zip Code:
Circle T-shirt size: L XL
Personal Message:

SOLUTION TO LAST WEEK'S PUZZLE:

-					_		-							
s	В	Α	R	R	0		0	W	Ν			Ε	D	s
L	Ε	D	0	υ	Т		s	Н	Ε	S		С	-	Т
Α	М	0	υ	N	Т		Н	0	Н	0		0	s	υ
Ρ	C	Ρ	S	T	0	Ρ		0	R	د		L	С	D
0	s	Т	Е	0		Α	М	Ρ	U	Р		0	┙	Е
Ν	Е	တ	S		М	В	Α	s		G	Α	G	0	N
				z	Е	S	Т		М	0	Ν	_	S	T
	S	ح	Р	0	Ν	Т	Η	Е	F	Е	Ν	C	Е	
۲	ш	z	ш	т	S		ш	R	Α	S				
ш	L	0	R	Α		Α	R	-	S		S	Т	Α	В
Α	L	Ρ		8	_	ш	S	т		0	C	Ξ	R	Е
R	0	ш		Ξ	0	G		C	Ρ	F	0	R		T
H	כ	z		כ	Т	ш	P		Α	Т	R	Е	S	Т
כ	T	ш		Ρ	Α	Α	R		S	8	Е	Α	Т	Y
L	S	ם			S	N	0		Α	0	R	Т	Α	s

THIS WEEK'S CONTENDERS:

Flo Abena, Rancho Peñasquitos, 33. Happy Labor Day.

Mary Arana, Encinitas, 33. Read a great book. Are you up 4 it? Gary Dismukes, Scripps Ranch, 33. Back in time for

another puzzle - this one took

Ron Meyer, Santee, 33. / owe someone at the Reader a big thank

Gary Mocko, Ocean Beach,

33. We've been working on the railroads...sdmrm.org

Eric Sandquist, Allied Gardens, 33. Why do you keep reminding me of Sno Balls?

Ted Scafidi, Hillcrest, 33, Sand dabs? Again?

Eddie O. Spaghettio, Coronado,

33. IVB143DEB! Lettuce pull up some shade somethyme soon! CIUM.

Ric Witt, Clairemont, 33. Chula Vista Nielsen: 11+/Padres Nielsen:

Jeff Battles, Ocean Beach, 32. Had so much fun at Wicked, honey! Betsy Cory, Chula Vista, 32. We are enormously proud of our Little League, Park View.

Ben Espe, Mission Valley, 32. Friday...too late for a quip? Anna McCutcheon, Downtown,

32. Visit Daniel's Painting online. High quality painting, budgetfriendly prices.

Lucy Alderson, Chula Vista, 31. Woof woof!

Ben Cooper, Gaslamp, 31. This is much less fun since the horrible new rules!

D. Faulkner, University Heights, 31. Gone to the Big Island. Everyone ride their bikes

Sara Khwaja, Poway, 31. Go Chula Vista Little League Julie Osburn, North Park, 31. I'm not giving up!

Jerry Riccio, Rancho Bernardo, 31. Wow - persistence paid off. I got a T-shirt!

Joseph Ciprian, Little Italy, 30. La Jolla - nice place unless you're a Vince Cuseo, Vista, 30. Can /

have 10,000 marbles, please? Thomas Diehl, Escondido, 30. Tis better than riches, to scratch when it itches.

Kurt Dornbusch, Mission

Valley, 30. Nice to see you, Mr. President.

Ron Hootman, Santee, 30. Hoot 101: My 9th grandchild comes home today. Yea!

Kyle Matzke, Vista, 30. Ted Kennedy, drunken hypocrite, sorry but Mary Jo's still dead.

Thomas McVeagh, Lakeside, 30. Happy Birthday Paula, Tommy, Robert Ott, Mira Mesa, 30. A

challenge at last Tom Somich, Clairemont, 30. Happy Birthday Benilda!

Thomas Baggot, Carlsbad, 29. This took more time than usually

Glory Cadenhead, Clairemont, 29. It's like homework now, not 54 across.

Craig Curtis, Escondido, 29.

No drama needed. Please! I must be free - myself. Love! Dale Duffala, La Jolla, 29. Hi

John! Hi Winnie! Alfred Egaran, San Diego, 29. 1 more week until the NFL regular

season, GO CHARGERS! Norman Kenney, Carlsbad, 29. Happy Labor Day to all! Kiera!

Susan Morfey, Little Italy, 29. Las Vegas - need I say more. Michael Panther, Point Loma,

29. Probably didn't make it. Had to

go to the dentist. Jack Rohrer, Clairemont, 29. Congratulations Park View Little League World Champions!

Jay Sato, Carmel Valley, 29. Cutepea has same baby hair he was born with.

Clinton Smith, La Mesa, 29.

Evil requires the sanction of the victim - Ayn Rand

M. Zimmermann, Vista, 29. Love is temporary insanity cured by

Ellie Hoey, Spring Valley, 28. / love New York. Marge Nelson, El Cajon, 28.

Go Park View Little Leaguers: Bill Pischke, Ramona, 28. Puzzling is its orange reword.

Leslie Chase, Campo, 27. Orange who? Orange you glad you're in the top 100?

Jon Connor, Oceanside, 27. Premium people. Ralph Hayward, El Cajon, 27.

Izzy does it! Douglas Meyers, La Mesa, 27.

Whatever happened to the silent Santeeans?

THIS WEEK'S CONTENDERS CONTINUED:

James C. Nelson, El Cajon, 27. Go Padres!

Tom Seaman, Alpine, 27. Learn to love - adopt a greyhound.

Thelma Strickland-Hicks, Del Mar, 27. Way to go Chula Vista

Park View Little Leaguers! Rich Sewell, Ocean Beach, 26.

Happy Birthday Mom and Erin!

Bob Vollmar, La Jolla, 26. Are there really T-shirts? Who got 'em? Rumir Miravalles, San Diego, **26.** SSGT Clive sounds good but SA Clive is the best!

Ken A., Ocean Beach, 25.

More porn and booze in church! Leo Baggerly, Encinitas, 25. Keep your fork!

John L. Drehner, North Park, **24.** Let them eat tofu.

George Elam, Vista, 24. Love the puzzles, don't need the stress.

Joy E. Fernandez, Chula Vista,

24. Jen! Second book finished - you got me, darn it!

Woody Anderson, Carmel Valley, 22. Monica is Rilea sweet lady!

William Cushing, Rancho Bernardo, 22. Hey, Pat, looks like you were right!

Marilyn Cooper, Chula Vista, 19. Sponge Bob is back and happy

as a clam!

W. Hodgson, Escondido, 18.

Health care by the people who run the post office?

Glen and Tesi Chavira-Cournoyer, Chula Vista, 17. Go Park View LL.

I.C. Garcia, Golden Hill, 17. ${\it Ha}$, ha, ha!

Jack Hawkins, Encinitas, 17. Fencing with a crossword? The "epeetimy" of "duelality."

Steve Kassiotis, San Diego, 17. Thanks for the bike, Ian. This week's theme is weak.

Don Romero, Ramona, 17.

I'm back my sweet Mei Ling. I love

GUITAR, Ovation acoustic electric, 1983.

Marjorie Stewart, Point Loma, 17. Vinny, you make my Tuesdays!

Dorothy Kruse, Carlsbad, 13. Jeff helped.

F.A. Nalu, El Caion, 11, Lovin' it! Paul Wright, Lemon Grove,

11. Stay cool San Diego! John Halac, Escondido, 10. Go

Charaers! Joe Musser, Encinitas, 9. Hope

Diana Holt, Hillcrest, 8. Yes,

sprinas eternal.

crosswords are fun! lo triumphe. oxy-morons!

Sherie Hubble, Alpine, 5.

What if Democrats had packed heat at Bush appearances? Torture!

Michael Sheridan, San Diego, 5. Go Sounders

John Alberto, Bonita, 4. Finally. Leslie Wittman, Seattle, 4.

Mosan, thanks for a fabulous time! R. Nelson Byrne, Del Mar, 1. Health care now!

Stephen Loughrane, Bankers Hill, 1. Pol, you are wonderful. A and F

MEN'S CHORUS CONCERT. "His Voice" presents free concert of gospel and religious music. Paradise Village Retirement Community, 9/12, 6pm. More information: 619-475-0383. Request flyer: pvchurch@aal.com aol.com.

wovie Buffs. Interested in watching (like book clubs)? Ages 25 to mature welcome. Please call 619-850-6075 or

OBSESSIVE COMPULSIVE Anonymous. 12 step meeting for people with OCD. Free. Mondays, 6-7pm. Thursdays, 7:15-8:15pm. Department of Health Services Complex, 3851 Rosecrans Street

ORDER OF THE SPIRAL SERPENT.

Occult discussion weekly. Thelemic ritual magic- based group, for more information: meetup.com/spiralserpent, or spiralserpent@hotmail.com

OVEREATERS ANONYMOUS. Meetings daily. No dues or fees. 619-521-2538.

PARENTS. FAMILIES AND FRIENDS of lesbians and gays (PFLAG). Find help, support and understanding. Meetings: Hillcrest, East County, North County. www.pflag.com. Call for details, 619-579-7640.

PRAYER-BASED SOLUTIONS for problems. Achieve inner peace and balance, eliminate chronic disease, pain, lose crippling fear, addiction. 858-272-3246.

PREGNANT? CONSIDERING

ADOPTION? Talk with caring agency specializing in matching birthmothers with families nationwide. Living expen paid. Call 24/7, Abby's One True Gift Adoptions, 866-413-6293.

Gain National Exposure

Mercury Spa &

Massage

Oriental • Full Body

Hot Stone • Therapeutic

Jacuzzi • Body Shampoo

Steam Sauna

\$10 off 1-hour

55 off 30-min.

858-560-0680

4411 Mercury St. #104

License #B2007028882

Sunny's

i million young, active, aders for only \$995 by

advertising in 110 weekly newspapers like this one. Call The Reader at 619-235-8200. (AAN CAN)

SAN DIEGO QUILT SHOW. \$1.00 off admission with this ad. San Diego Convention Center Hall A, September 17-19. All proceeds benefit Michaelle House. sandiegoguiltshow.com, 619-443-2706.

SURTIDO DE ALIMENTOS. CO-OP. \$15 por donacion. Siempre diferente. Jue en Parque Norte, 5pm-6pm. Primero debe llamar para ser reservados de 9am-12pm Jueves, al 619-283-3066.

TWELVE STEPS NOT WORKING for you?
Try a self- empowering, skill- building Iry a self- empowering, skill- building approach with S.M.A.R.T. Recovery. Free support groups. www.practicalrecovery. com. 858-546-1100.

VOLUNTEER CHILDBIRTH ASSISTANTS needed. UCSD Medical Center's Doula Program needs women to help mothers during labor. Big commitment, lots of gratification! 619-543-6269 or www.

YOU WANT TO USE DRUGS? That's your business. Want to stop using? That's our business. Call 619-584-1007. In Espanol, 619-491-1984. In North County, 866-331-1958.

TRAVEL & GETAWAYS

SERVICES

BIG BEAR COOL CABINS. Cabin or luxury home on or near the lake. Fireplace, BBQ, DVD, kitchen, hot tub and more. Professional housekeeping, towels, and linens are included. Pet-friendly available. Check rates and book online. www.bigbearcoolcabins.com or 800-550-8779.

CUPID'S CASTLE B&B. Spring special

Pacific Beach

1943 Grand Ave.

Yoshi

Massage

Oriental Spa

& Hot Tub

Swedish • Deep Tissue

858-274-5371

9 am-10 pm • 7 days

Lic. 99005303

most romantic getaway. Near wineries. Wedding facility. Cupid's Castle B&B. www.adreamcastle.com. 760-742-3306.

LABYRINTH AT SACRED ROCKS.

Natural beauty year around. Retreat to our 163- acre nature playground. Con vacation cottages: Special \$80/ night Monday- Thursday in September. Weekends \$98/ night. Swim, hike, write, camp, photograph, meditate, sleep late, see wildlife. 619-766-4480. www.

REDUCE YOUR STRESS! For a relaxing getaway, we have cabins from \$74 plus tax! Southern California's 2nd best kept secret, 6200' in the sky! 11 individual log cabins, fireplaces, kitchens. Reservations: Edelweiss Lodge, 951-659-2787, www.1cabin4u.com.

ROMANTIC GETAWAY. Dancing, music Romantic Jacuzzis Includes breakfast/ Romantic Jacuzzis. Includes breakfast/ dinner. Fine dining and cocktails. Lodge Billiards, Internet. Near Golden Acorn Billiards, Internet. Near Golden Acorn Casinol 2 - story A-frame cabins, fireplaces, air, HBO, microwave, refrigerator. Live Oak Springs Resort: 37820 Old Highway 80 (60 minutes east of downtown San Diego, 2 miles south I-8). Massage package available. Certain restrictions apply. www.LiveOakSprings. com. 619-766-4288.

PERSONALS

calzone. Weedy sweet peeps, I'm far away, will be home. Still love you more, Jack. LITTLE ITALY, don't cry. I do owe you a calzone. Weedy sweet peeps. I'm far

MUSIC **EQUIPMENT /** INSTRUMENTS

AMPEG SVT-410DL. 1996, four Eden 10" speakers, bass cabinet, high frequency attenuator, 600 watts, 8 ohm, casters, hardly used, USA. \$395. 619-582-4652.

hardly used, USA. \$395. 619-582-4652.

AMPS AND GUITARS. Vox AD30VT
\$219, Musicman RD50 1x10 \$499,
Marshall AVT50H with MG412 cabinet
\$399, Fender 59 Re-issue Bassman
\$849, Fender Super Reverb Re-issue
\$1099, Peavey Classic 30 \$299, Guild
X-150 \$1249, Fender Tele Japan \$799,
Fender Villager \$499, 1960s Gibson LG0
\$699, Martin SPDC-16R \$899, At www.
MozeGuitars.com, 619-698-1185.

APEX MUSIC SINCE 1952! Get the gear you need at affordable prices. Sales, repairs and rentals. No one compares! 6210 El Cajon Boulevard. 619-583-1431, www.apex4me.com.

B-52 LEAD GUITAR HEAD. Model tory. First \$225 cash takes it, firm! 100, 760-966-1198.

DANCE ORCHESTRA EQUIPMENT. 13 piece. 600- plus charts. Stands. Lights. PA system. \$3000/ best. 760-944-8421.

GUITAR AMPLIFIER. Hughes and Ketner, 50- watt triplex. 1- 12" celestion speaker, channel switching, studio effects, solid state, effects in/ out. Like new. \$250. 760-966-1198. celestion

Legend model #1617, American mac mother- of- pearl inlaid fretboard, like new, with case, \$500. 619-670-4317.

HAVE FUN FOR THIS SUMMER! ng, piano, guitar, all instrun ons at home or our studios! ctacular, motivating, skilled eachers. www.CaliforniaMusicStudios com or call Dawn, 800-227-6222.

PIANOS WANTED! All pianos! Cash paid. Also, quality furniture and antiques. 1 piece or houseful. Bonded. Licensed. Since 1965. Same-day pick up. 1-800-840-44 www.southcoastauction.net.

RACKMOUNT SYNTHESIZER, Yamaha TG77. \$375. Samson PL1602 rackmoun stereo keyboard mixer, \$100. Edirol SD-20 table- top synthesizer module, \$175. Concertina, \$75. 619-397-3463.

MUSIC **MUSICIANS AVAILABLE /** WANTED

COUNTRY WESTERN BAND. Seeking singer, guitar player, and fiddle player to grow with band. Call Bob, 858-753-1775. DRUMMER WITH 30 years' experience looking for established band that plays rock, R&B, top 40. Team player, some vocals. Dave, 760-445-2900.

DRUMMER, MIDDLE AGE. Amateur, seeks quitarist, bass to practice with. 5 years' experience, rock, punk, blues, backup vocals. Just for fun. Call Chris,

760-804-9608. **GUITARIST AVAILABLE.** Reggae pop, jazz/ rock, lead/ rhythm. CD/ tour of Pato Banton, Fully Fullwood, Majek Fashek, Myka Nyne, Scientist, Tippa Irie www.myspace.com/dalehauskins. Dale, 858-401-2973

LEAD GUITAR WANTED for working Neil proficient on electric guitar, play wide range of styles. Harmonica/ mandolin a plus. www.davidjsherryproductions.com. 760-839-0277.

LIVE BLUES JAM AND BBQ. First and third Fridays in North County, Oceanside. Players: Call Jimmy Ray, 760-966-1198.

Players: Call Jimmy Hay, 760-966-1198.

PRODUCER seeks prolific, talented composers, performers, any age, original material. Interns, copyists. Have professional tools. 619-528-0907.

YouTube: Swollen Monkeys. www. myspace.com/sherilopez, www. myspace.com/sitfrankzappa, www. myspace.com/philopror, www. myspace.com/mindcontrolemonkeys, www.myspace.com/mindcontrolemonkeys, www.myspace.com/ concretesummersday.

MUSIC **SERVICES**

AUDIO RECORDING SERVICES. Free consultation by appointment. Spacious, commercial location. 60- channel console. ProTools, ADAT, analog systems, Steinway piano. Professional microphones/signal processors. www. hitsinglerecording.com. 619-258-1080.

BLITZRECORDING.COM. Tracking, mixing and mastering professionals. Transfer/ restore analog or ADAT tapes to ProTools HD for vocal tuning, drum replacement and remixing as low as \$40/ hour. 619-260-0837.

BLUE GUITAR. Fine repairs and restoration by Yuris Zeltins and staff since 1961. Classical guitars through custom electrics. 5959 Mission Gorge Road. 619-283-2700. www.theblueguitar.com.

CD AND DVD DUPLICATION and replication. Complete 100- piece retail- ready packages from \$230. 1000- piece CD packages from \$925. Full print and packaging. 760-747-2734. CD COPIES and mastering. Near SDSU Print art directly to CD. We will beat any price. No minimums for CD duplication.

CD DUPLICATION SPECIAL! 100 CDs in and shrink wrap. Full color, \$2.40 each. Call 858-541-0256.

FREE! Jennifer Batten in store Thursday, September 10. at 6:30pm. Performing live September 10, at 0.50pm, renorming invo-and answering questions about touring and performing with Michael Jackson and Jeff Beck. Guitar Trader of San Diego, 7120 Clairemont Mesa Blvd. 858-565-8814.

GUITAR REPAIR. Quick turnaround on routine jobs, setups, and adjustments. Fast, professional service. Why wait? Call Bill Meyer, Tecolote Guitar Works, Bay Park, 619-276-1677. www. tecoloteguitarworks.com.

RECORD A DEMO at HobarTrax. Efficient, experienced engineer. Pro Tools, Mackie, Avalon, etc. Session musician available, all styles. Creative, available, all styles. Greath inspiring atmosphere, \$30/ hour. www.hobartrax.com, 858-243-7728.

RECORD AT EARTHLING Studios and mastering services. Call Mike for rates at 619-441-8341.

RECORD AT CV STUDIOS. San Diego's best value! ProTools, professional gear. Rates from \$25/ professional sound you want without pressures of expensive studios. Jon, 858-414-2143.

RECORD AT E.R STUDIO, \$40/ hour \$100/ 3 hours. Engineer included. Electronic, Rap, Urban music. High- end equipment, Mac G5, Neumann U-87, Avalon. www.empirerecordings.com. 619-249-8355.

RECORD AT KING'S RANSOM Studio Top vintage and contemporary gear or fat, warm sound. All styles music welcome. I care about your project as much as you do! Fast and efficient. \$30/ hour and up. 619-278-8752.

REHEARSAL IN OCEAN BEACH at Spotless, 1922 Bacon Street acros

REHEARASAS Spotless. 1922 Bacon Street across with PA, available for hourly rentals. Parking, loading. 619-523-3073.

Mesa facility. All rooms have individual air conditioning, high ceilings and 24-hour access. Monthly rooms available. Adder Studios, 858-505-8644. www.

REHEARSAL STUDIOS for musicians, artists. Handy College Area location. Available. Monthly rental. Air conditioning. Call 4 appointment. 858-335-8455.

REHEARSAL STUDIOS: 24- hour, air conditioned lockout studios, \$250, \$350 and \$450. PA, drum sets, amplifiers available. North County. Call 619-957-5686.

REHEARSAL STUDIOS! Current special: \$100 off first month's rent with ad! Miramar Road. Monthly and hourly rates available. Universal Sound, 619-306-2222; 858-401-2973.

REHEARSAL STUDIOS. \$15/ hour with PA. Monthly: \$350-\$475. 1/2 off first month's rent! Ventilated. Wi-Fi connection. Affordable recordings, screen printing, DVD, CD duplication, web design services. Dead Records, Oceanside. Cell, 760-707-8606.

Hourly rooms, fully equipped (drum kit two half stacks, bass rig, PA), starting \$18/ hour. PA only \$16/ hour. 858-635-9611, www.hindsightrehearsal.com.

MUSIC

Offering the finest new, used and vintage instruments



4901 El Camino Real, Carlsbad, CA 92008 (760) 434-4567 Mon.-Fri. 9 am-6 pm, Sat. 10 am-5 pm, Sun. 12-4 pm

 Spanish Concert Classicals and Flamenco Huss & Dalton, Taylor, Tom Anderson, Santa Cruz and McPherson Guitars

Legendary Repairs by Yuris Zeltins, Drew Gallahar, Pat Quinn & William Dominick

- Lessons with Robin Henkel, Anna Troy, Steve Nichols, & Zack Coffman
 G&L • Blueridge Guitars • Deering Banjos
- Ko'olau, Pono, Kanelei & Kamaka Hawaiian Ukuleles
- · Amplifiers from Victoria, Orange, Savage, Fishman, Roland & more

Eastman mandolins are all hand-carved from the choicest solid woods. We carry fine pluegrass guitar and mandolins.

Eastman

Guitars &

Mandolins!

The Blue Guitar Established 1961 5959 Mission Gorge Rd., Ste. 101, Mission Valley (across from S.D. Toyota)
619.283.2700 • www.theblueguitar.com
New Hours: Mon.-Fri. 11-7 • Sat. 11-5 • Closed Sun

Diego Reader September 3, , 2009 4

Spa Oriental Massage Shower • Jacuzzi

Relax/Renew Restore/Energize

\$50 for 30 Min. \$80 for 1 Hour

With ad.

619-583-5722

4938 El Cajon Blvd. (at Winona Street) Open 9 am every day Lic. #2006012505

REDO OLD KITCHENS with

FAUX WOOD PAINTING AT RECESSION PRICES!

Interior and exterior painting. Residential and commercial. The 2 Painters

760-497-3444

Partial Hi-Lite \$50 (reg. \$90) Eyebrow Wax \$10 (reg. \$20) Microderm Facial \$75 Offers valid with this ad. First-time clients only.

Over 20 years of experience Spoule

619.221.9160

Precision Cut \$45 (reg. \$55)

Specializing in hi/low lites and up-dos.

3760 Sports Arena Blvd.

Another Chance for Fame and Glory!

THE READER SUDOKU PUZZLES:

RULES OF THE GAME

1) Submit one completed puzzle of any difficulty level (Easy, Medium, Hard or Evil) to the *Reader* each week for our ongoing contest! We keep track of each puzzle you successfully complete and the results are posted online at sandiegoreader.com. But your submission will only be counted when you successfully complete a puzzle AND get it to us by 7:00 a.m. Monday.

2) Be one of the first 100 people who submit the correct answers to one of the

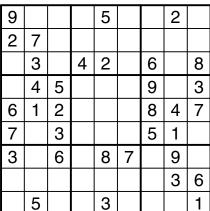
puzzles and we will print your name in the paper along with your brief message (10 words or less, no URLs or phone numbers). This is optional, but it's a great way to express yourself. You may submit a new message weekly. We reserve the right to edit or reject inappropriate text.

3) The puzzle-contest ranking, shown online and in the paper, will begin anew every three months beginning October 1, 2009. Complete the journey

4) Entries must be faxed to **619-233-7907** or mailed to Reader Puzzle, P.O. Box 85803, San Diego, CA 92186-5803, or delivered through our mail Sudoku@sdreader.com. Submissions by e-mail must be attached in JPG format, 800 by 800 pixels, maximum file size of 1MB. Submissions that don't fit the format will not be counted or viewed.

- 5) 5 Reader T-shirts are awarded weekly to contenders chosen randomly!
- 6) All answers must be legible and entered in the spaces provided. 7) Late entries will not be considered.
- 8) One entry per person per week or you will be disqualified.
- 9) Employees of the Reader and their immediate families are not eligible

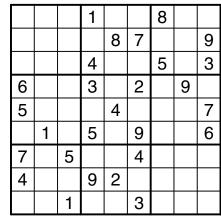
EASY:



MEDIUM:

4				5		1	2
1					8		
8		1			თ	9	
	4					8	
		3	7	6			
9					2		1
5	8			4		3	
	9					2	
3		5				4	6
	9 5	1 8 4 9 5 8 9	1	1	1	1 8 8 1 3 4 9 5 8 9	1 8 8 1 3 9 4 8 9 5 8 9 2

HARD:



EVIL:

	4							
3	9			4	7			
1					2	9		6
		1			5			
	2			6			5	
			2			7		
6		4	9					5 4
			8	3			7	4
							1	

We cannot accept your entry without the following:

Name:

Neighborhood/City: ____ _Zip Code: _

Circle T-shirt size: L XL

Personal Message:

SOLUTION TO LAST WEEK'S SUDOKU PUZZLES:

9

9 6 1 2 5 8 4 4 | 1 | 5 | 8 | 3 | 7 | 2 | 9 | 6 2 6 9 4 5 7 3 1 1 8 4 3 6 5 6 5 4 2 7 3 9 1 8 3 | 8 | 5 | 9 | 6 | 4 | 2 | 7 4 2 3 6 8 1 5 9

7	2	4	8	3	5	6	9	1
9	6	1	4	2	7	8	3	5
8	3	5	6	9	1	4	2	7
2	7	8	9	5	6	1	4	3
1	4	9	3	7	8	5	6	2
3	5	6	2	1	4	9	7	8
4	1	3	5	6	2	7	8	9
6	9	7	1	8	3	2	5	4
5	8	2	7	4	9	3	1	6

HARD:

		•						
1	9	8	3	6	2	7	4	5
5	2	4	9	7	1	3	8	6
7	6	3	4	8	5	9	1	2
ვ	4	7	1	9	6	5	2	8
9	5	2	7	4	8	1	6	3
8	1	6	5	2	3	4	7	9
2	3	5	6	1	4	8	9	7
6	7	1	8	5	9	2	3	4
4	8	9	2	3	7	6	5	1

EVIL:

-											
	7	4	3	2	1	9	5	8	6		
	8	9	2	4	6	5	3	1	7		
	1	5	6	3	8	7	4	2	9		
	9	3	7	1	2	6	8	4	5		
	6	2	4	7	5	8	1	9	3		
	5	8	1	9	3	4	6	7	2		
	4	6	8	5	7	2	9	3	1		
	2	1	5	8	9	З	7	6	4		
	3	7	9	6	4	1	2	5	8		

4 2 9 8 7 **SEE YOUR RANKING ONLINE!**

8 3 7 5 1 6 4 2

Now you can go online to check your ranking and communicate with each other! Simply visit: www.SDReader.com/puzzle. The new ranking is posted each Wednesday. To use the "comments" feature, you must be a registered site member.

THIS WEEK'S CONTENDERS:

EASY:

Cherie Calvo, San Diego, 12. The heat is on! Tristan Mevers, El Caion, 12.

I'm going to beat your drunken... M. Elliott, Ranch Bernardo, 10. Thanks for waxing the car!

Don Bowman, Santee, 7. Roses are red, violets are blue, evil is hard

Christy Whitman, La Mesa, 4. My name is CHRISTY! Happy Birthday Adam! I love you

Simon Hubble, Alpine, 3. We should all fear Republican death panels, their lies kill.

Eddie Dixon, San Diego, 2. Go CHARGERS! Lhory is the best!! Alyssa Ketcham, East Village,

2. A lie is a lie even if everyone believes it.

Leslie Wittman, Seattle, 2. Thanks Mol Go Sounders!

Garaldine Dang, Kailna, 1. Your contest provided my sister and

me a wav. Adan G., San Deigo, 1. / love you, Zuri 5.16.07

Amada Garcia, Chula Vista, 1. Hi Melissa and Amada Corey Van Dordt, San Diego,

1. good job fishing my...HARD sudoko puzzle! Love you Christy!

MEDIUM:

Janie Redmond, Cardiff, 17. Chula Vista- Don't crv if the bases get loaded!

Kodukso, Poway, 13, Boy! Steven Tyler really puts Aero in Smith!!

Frank Kuzniar, Carlsbad, 13.

Nobama! Chhi-Chong Wu, San Diego, 7.

I have a dream! Henry Chung, San Diego, 5. / can't believe summer is almost over

Tony Marsh , San Carlos, 5. My

wife and kids rock! Roy Bartolome, San Diego, 2. INBx\$ Good luck at TCS. Love

Kelsey Durrett, Normal Heights, 2. Yay! I Finally did it Rudy

mom and dad

Robb Dusa, Rancho

Peñasquitos, 1. Congratulations Park View Little League. Great, Exciting games! Really enjoyed.. Rickie Smith, Birdland, 1. / heart Ricardo

Howard Donnelly, Mission Valley, 11. Always in ink Marty Sinigayan, Point Loma,

11. Ha, I've finally found a way to kill Marty SINIGATAN!!!

Wan-Chen Wu, San Diego, 7. It's such a hoooot day! Douglas Meyers, La Mesa, 6. /

take no credit for the sandwich quote! Rei Sheu, San Diego, 5. Need

John Strauch, Point Loma, 5. Hike the county and beyond with the Monday Maniacs!

Paul Wright, Lemon Grove, 5. WHEW! Its hot out there

Bruce C. Mengler, Solana Beach, 4. Livin large in paradise! Duane D. Tremaine, East Village, 4. Thus do we defeat entropy

Tigger #11, La Mesa, 3. / will always love you- Cody Bloom! Soccer Rules! xoxo

Jim Nukuto, Sabre Springs, 2. Go Bears

Ron Athey, Santee, 1, Perfect Stephen Loughrane, Bankers hill, 1. Polly vou're the best

Alex Morlett, La Mesa, 1. Everybody wants to know Alan Friedman:

Susan Williams, North Park, 1. Can't be evil all the time

EVIL:

Joe Arbusto, Rancho Peñasquitos, 18. Causes for Senate "LION" will never be "Die-N"!

RIP TEDDY! Jean Bradley, Spring Valley, 18. Happy birthdaay Jane! Pick some winners- Fleabiscuit in the forth

Gary Mocko, Ocean Beach, 18. Three scales, no

waiting,Ķsdmrm.org P.J. Mole, Point Loma, 18. saw my mom sing in church, it was beautiful

MIchael Panther, Point Loma, 18. Probably didn't make it. Had to go to the dentist

Gregory Parsons, Carlsbad, 18. We must be the change we wish to see- Gandhi

Clyde Christie, East Village,

17. 2:... United States from electromagnetic pulse (EMP) attack (empcommissionorg)

Jeff Doerner, Clairemont, 17. EVIL!

Norman Kenney, Carlsbad, 17. Kiera! Bodo! Happy labor Day! Julio Magno, San Diego, 17. US postal Sudoku expert, John

Olga Betteridge, Ocean Beach, 16. He is the best(est)! Tim Betteridge, Hillcrest, 16. Send help Sudoku liberation group

needs you! Joseph Ciprian, Little Italy, 16. Hard work is fascinating- I can

watch it all day Ralph Levy, La Jolla, 16. Good recovery Eathan

Joe Steinbach, Clairemont, 16. Take a hike - see calendar/outdoors section

Harry Walker, La Jolla, 16. Let's have more difficult puzzles.

Zdenek Hostomsky, La Jolla, **15.** Happy anniversary, Zuzana! To both of us!

Ric Witt, Clairemont, 15. Come on, Faith, you can do it. Julie O. too

Woody Anderson, Carmel Valley, 14. This week, the Evil

Sudoku lived up to its name! Bliss Beedle, Encinitas, 14. Nice game C.V.!

Delfin Bernardo, National

City, 12. Gabriel's tortilleria, serving San Diego for 20 yrs. Larry Clark, Clairemont, 12.

Cookie, Cookie, wherefore don't you call or visit? Love...

D. Faulkner, University Heights, 12. Gary is "remockoble", Can he engineer a double?

Yuko T., San Diego, 12. Could you make this more difficult? It's

Carolyn Woodbury, Chula Vista, 12. Use CFLs and get solar

Gary Lorenc, Encinitas, 11. Doctor Evil is back... with a vengeance!

Bruce Ness, Mira Mesa, 10. Does Mary Bentley Still play

dominoes? Please call Lisa Overton, Spring Valley,

10. Everyone Donald Erwin, San Marcos, 9.

Best wishes to Cindy, Scott & Alisha Murray.

THIS WEEK'S CONTENDERS CONTINUED:

Thomas Daley, San Diego, 9. I'm on XI

Steve K., Ocean Beach, 9. This Jazz misses a moan- the exam convicts the scope

Robert Varga, Poway, 8. Go Chula Vista

Robert Bradley, Spring Valley, 7. Vacation's over back to work

Ralph Hayward, El Cajon, 7.

My pencil ran out of 7's

Bill Petty, Bay Ho, 7. 692 - tWe¬tlove you Erin.¬t

Kun-Ying Yang, San Diego, 7. I am no. 1

Greg Chauncey, La Jolla, 6. I won a tee! Thanks. Totally awesome. Like whatever, gosh!

David Schwartz, Clairemont, 6. It's like I channel dead crazy people

Tang Wang, San Diego, 6.

the economy Jacqueline Jordan, San Diego,

Skully, San Diego, 6. Hi R1 4. Stroke the devils coals cause I'm Rabbit, Goldmember, monkey boy, and old man Steve

Marta McCarty, La Jolla, 4. HiHarry W.!

Chris Siemens, San Diego, 4. Guessed it right

Tess C. Sutton, San Diego, 4. I'm Back

Lily Gonzalez, Logan Heights, 3. Done in 20 min and in ink!

Steve Koenig, Bay Park, 3. Happy B-day Eric! Steve

Jeanette Abad, Escondido, 2.

World peace

Tang Emily, Hillcrest, 2. Another beautiful dream

Lisha Yost, Lakeside, 2. together forever!

Flo Abena, Rancho Peñasquitos, 1. Happy face emoticon

Larry Gach, Rancho Bernardo, 1. There's a Redpointer in this

Evangeline Lapi, San Diego, 1. Excitina Anthony Marca, Encinitas, 1.

"Bring the steelhead back to San Diego!'

Roy Respress, Carlsbad, 1. For all the times I have done evil, feels good!

George Ruiz, San Diego, 1. Fun Jose Vega, Chula Vista, 1. Teamo Clara, te quieres casar con-

ROOMMATES

ALL AREAS— RENTMATES.COM.

ohotos and maps. Find your roo with a click of the mouse! Visit: h sit: http:// tmates.com. (AAN CAN)

BALBOA PARK. \$550. Small furnished room, female only, private bath, office area. Microwave, refrigerator, laundry cable, wireless internet, utilities, garage no smoking/ drugs/ pets. 619-531-1637

BAY PARK, \$575, \$25 utilities, furnished/ unfurnished. New paint, parquet floor. Upstairs tri- level. Quiet area on cul-de Near bus/ stores. Nonsmoking. 858-

CASA DE ORO. 2 rooms for rent in nice country home on private property. Large, \$600. Small, \$450. Including utilities/cable. References available. Kate,

CLAIREMONT. Room with private bath in quiet canyon home with fruit trees and garden. Kitchen/ laundry privileges, Wi-Fi. \$650 including utilities. No smoking.

CLAIREMONT. House, \$450 plus \$100 deposit plus 1/3 utilities. Share bath. Use of washer/ dryer and kitchen. No drugs/ alcohol/ pets. 858-565-0501.

CLAIREMONT. 1 bedroom/ bath. Share furnished home. Indoor/ outdoor living. Luxury amenities, wireless, spa, maid. Share office. Available now. \$750.00 plus deposit, utilities negotiable. 858-449-9454.

858-449-9454.

CLAIREMONT. \$550. Room in house near Clairemont Square, UCSD, UTC, Mesa College. Near Freeways 5, 805, \$busses. Kitchen/ laundry privileges. No pets/ drugs. 858-337-1349.

CLAIREMONT. \$725, includes utilities. Share 3 bedroom home. Unfurnished room overlooks patio/ backyard. Share bathroom. Quiet, central neighborhood. Washer/ dryer. No smoking. Female only 619-820-1960.

CLAIREMONT/ NORTHWEST. Large

quiet neighborhood. Near UTC. Huge skylight. Easy parking. Cable, Internet \$500. 858-212-3333.

COLLEGE AREA. 3 bedroom house, 2 rooms available, 1 with private entrance. Quiet. Utilities included, washer/ dryer. \$550, \$300/ deposit. No pets/ drugs. 619-540-3344, 619-463-1840.

COLLEGE AREA. Room for rent in 4 bedroon, 2 bath house. Deck, washer/dryer. \$500, \$250/ refundable deposit, 1/2 utilities. Available first week. I/3 utilities. Availalbe first week September. 619-459-2606.

DEL MAR. \$600. Furnished. Washer/dryer. No pets/ smoking. Quiet area. Pool. Shared bathroom. Cable TV. Close to beach and UCSD. 858-792-8752.

DEL MAR. Country living. Close to UCSD. Furnished room, private bath and entrance. 12x13. Kitchen, laundry privileges. Cable, TV, utilities included. No smoking. \$700. 858-755-3224.

DEL MAR. Beautiful, quiet house. Neat and clean. Furnished/ unfurnished. Male preferred. Long term— \$645. Short term, semi- private rooms, \$445-\$545. Near UCSD, beaches. 858-245-7188.

DEL MAR. \$1100, 1/2 utilities. Unfurnished master bedroom, private bath. 3 bedroom condo. Ocean view, balcony. Washer/ dryer. Female only. No smoking. \$1100 deposit. 858-232-8943.

ENCANTO. Furnished room to rent. Own private bath. Utilities, cable included. Near bus/ trolley lines. \$500/ rent, \$200/ deposit. Female only. 619-884-0081.

ENCINITAS Large house in Olivenhain. 2 rooms, share bath, \$700/ each, utilities included. Pool, wireless, cable. Female only. References required. No smoking/drugs/ pets. 760-943-8125.

HILLCREST. Room available now in spacious home on Balboa Park. Private bathroom, sun porch overlooking park. Fireplace, laundry. \$800 includes utilities. First and last. 619-260-8482

HILLCREST/ BANKERS HILL. Available 10/1, possibly 9/15. Spacious home on Balboa Park. Fireplace, gated courtyard laundry. \$625, includes utilities, first and last. 619-260-8482. LA JOLLA. \$875. 1 bedroom, 1 bath room has own washer/ dryer, garage. Near UCSD, shopping. Pool, tennis. Female preferred. No pets, nonsmoking. 619-218-6883.

Zina Wyman, Carlsbad, 6.

Goodnight sir- god bless the rest

Paul Brugger, Downtown, 5.

George Elam, Vista, 5. Finally

Mesa, 5. Love the weather, hate

Karen Maegley, Sorrento

time for football. Yeah

Getting puzzle done early is a chal-

LA JOLLA. Sober living. Male only. Shared rooms available for \$400. Master bedroom for \$850. \$50 deposit. Shared utilities. Very elegant. Plasma TV. Furnished. Near bus and shops. 858-450-9823.

LA JOLLA/ UTC. \$650 plus deposit. 6 month minimum. Furnished room. SI bath. Laundry. Internet. Utilities, cab paid. No pets/ smoking/ drugs. bpriest59@live.com. 619-804-5531, 610-603-5059.

619-602-5052.

A JOLLA/ UTC. \$720/ month plus utilities, includes Internet access. Master bedroom, shared bath in quiet upstairs apartment, off- street parking. Pool. No pets. 858-453-4977.

LA JOLLA/ WINDANSEA. \$655-\$850 Private entrance. Utilities/ wireless Internet included. Cleaning service. Nonsmoker. No drugs/ pets. References. Available now. 858-336-1545.

LA MESA AREA. Nice rooms for rent in spacious 5 bedroom house. Sweeping mountain views. Big pool. SDSU nearby No pets. \$695/ up. 858-772-0005.

NU pers. 3090/ Up. 808-//2-0005.

MIRA MESA. \$50 off first month! \$550, plus utilities. Large home. \$250/deposit. Fireplace. Large kitchen. Dayroom. Dishwasher. Washer/dryer. Pool. Maid service. No pets. Available now. Tom, 619-708-4925

619-708-4925

MIRA MESA. \$575, includes utilities and cable TV, high-speed Internet. \$200 off first month. Single room, large house. Washer/dryer. No pets/smoking. 858-699-7870.

MISSION VALLEY Share large 2 bedroom 2 bath condo. 25' vaulted ceiling, 65" flat screen. Your own private bathroom. Pools, recreation room. Full amenities. phoenixmkn@gmail.com.

MISSION VALLEY, Condo. Close to trolley and bus. Utilities included. Pool/ spa/ laundry facilities. \$500/ month. \$175

NORTH PARK

Genie

Massage

ORIENTAL

cleaning deposit. Month to month. 619-871-3827.

NORMAL HEIGHTS, \$550 utilities NORMAL HEIGHTS. \$550, utilities included. Furnished room. Above Mission Valley, between El Cajon Boulevard/ Adams Avenue. No pets, drugs, smoking. For appointment, call Norma 619-281-8987.

OCEAN BEACH. Share 2 bedroom, 1 bath house with storage space. Must love animals. No smoking/ drugs. Female preferred. \$800/ month plus utilities. Deanna, 631-764-5432.

SANTEE. Share utilities and bath. SANIEE. Snare utilities and bath. \$450/month, small deposit. Male preferred. Near shopping and bus. Available immediately. No drugs/ alcohol. 619-955-9659 or leave message, 619-562-3812.

SPRING VALLEY. Sober living. Male only. \$450 plus \$50 deposit. Half- off first month's rent. Furnished. Shared utilities. Near bus and shops. 2 homes available. 619-303-2030 or 619-303-1301.

SPRING VALLEY. Male preferred. \$400/ month. \$100 deposit. Large, furnished room. Utilities and cable included. Shared kitchen. Private shower. No smoking/ pets/ drugs. 619-917-2033.

SPRING VALLEY/ LA MESA. \$85-\$105/ week. No deposit. Utilities, furnishings, amenities included (Cable, Internet, free long distance, gym equipment). At 94/125 freeways. No drugs/ alcohol. Thomas, The Treehouse. 714-787-8744. TIERRASANTA \$595 plus utilities plus \$350 deposit. Washer/ dryer. Very large room, furnished/ unfurnished. Near all.

No smoking, drugs, pets. Male preferred, 858-292-0145.

RENTALS COMMERCIAL

CITY HEIGHTS. New storage sheds, 10x10. 1st month freel 12- month lease. \$49/ month. \$49/ deposit. Available now. Dry storage only, no cars. 619-368-9410.

EL CAJON. Commercial manufacturing space. 10- foot roll- up door, private bath and air conditioned office. Between I-8 and SR-67. \$690. Bill, 619-980-2455.



GASLAMP ART SPACE! \$150/ up. High ings, tall windows. Gallery venue for ws. Uniquely affordable. 100-600 are feet. 402 Market. Hughes nagement, Lic#955724, 619-239-1639 x103. www.HughesManagement.net

LA JOLLA. Prime Birdrock retail/ office LA JOLLA. Prime Birdrock retail/ office space. Great street- front location with large showroom windows. Air conditioning, upgraded flooring and electrical. 5530 La Jolla Boulevard, Suite A, 1575 square feet. Contact Erik Karlson at TPPM, Inc. 858-454-4200 x115 or email info@ torrevpinespm.com. torreypinespm.com

LA MESA OFFICE SPACE. 150 square feet, \$300. Easy freeway access. Quiet area. 8900 Grossmont Boulevard. Cilia, 619-469-5010 or 619-465-9934.

LITTLE ITALY. Live, work. Large living room plus 3 bedrooms plus garage. Water and gas paid. 2420 India Street (between Kalmia and Laurel), \$2395.

SERVICES



VIP Spa

1 hr. & 1/2 hr.

massages

10% off

Includes free table shampoo

Skincare • Waxing

1151 E. Washington #A1

Escondido (Corner of Ash)

Walk-ins welcome. Open 9 am - 9 pm

760-796-7935

(858) 495-0777 3904 Convoy Street, Suite 118 (Next to Original Pancake House, additional parking and entrance in the rear)

Aria Spa

Oriental

Stress reduction

Japanese Jacuzzi

Body Shampoo

License #2008000924



- Therapeutic Jacuzzi Body Shampoo
- Stress Reduction & Relaxation

6786 University Ave. (near SDSU) 619-265-8500

PLAZA 6 ORIENTAL MASSAGE

16769 Bernardo Center Dr. #K-28 Rancho Bemardo Plaza (near the Post Office)

(858) 675-0048

We accept Major Credit Cards www.AsianBodyCare.org

7 days ~ 9am to 9pm Lic #2006010764

New Low Prices! Jacuzzi & Hot Tub Dry & Steam Sauna Mon.-Sun. 9 am-9 pm Credit cards accepted.

SUNSET Acupressure Massage

THE TOUCH OF THE ORIENT 1911 SUNSET DRIVE

ESCONDIDO • 760-735-8850

Jaehee Spa \$20 off 1-hour Jacuzzi massage \$10 off 40-min. massage or \$5 off 1/2-hour

Favorite massage in San Diego Table shower & Jacuzzi

9357 Mira Mesa Blvd.
(At the corner of Black Mtn. Rd., next to Roberto's Taco Shop)
San Diego • 858.831.0653 M-F 10-9:30, Sat. & Sun. 10-9 License #24099

SPA & BATH 3395 El Cajon Blvd. (between Hwy. 15 & 805) 619-284-0888 Lic. #2005012879



(7th Ave. & Robinson)

MTP #37107







- Table shower Jacuzzi
- Hong Kong Massage Open 7 days 10 am-11 pm

Ami's Spa 2443 Kettner Blvd. 619-231-1917 License #30672



IMAGE HERBAL SALON 500 W. Mission Ave. Escondido • 760-233-1177 ImageHerbalSalon.com



Burn up to 4,000 calories & 5% Body Fat in 1 treatment w/French Sudatonic.

SUDDENLY SLIMMER

www.suddenlyslimmer.net **THE** Body Wrap 858-551-5196



京 SERVICES DIRECTORY 619-235-8200





Bathroom Specialist

www.QualityHomeRemodeling.com, Lic #804151. Complete remodeling from conreception to completion. Quality work, affordable prices. All work guaranteed. Great referrals. Unbelievable transformations. Free estimate 619-252-3415.

Tubs Refinished

Refinish your old, worn-out bathtubs/ sinks to look like new! Fiberglass and porcelain. All work guaranteed. Lic-560438. Bathtubs & Sinks Refinishing Company. 619-464-5141.

BEE REMOVAL

Fast response bee removal

Serving the San Diego area

BOAT SERVICES



Agua**M**an **Marine Services**

Hulls Cleaned Zincs Replaced

619-254-1969

aquamanmarineservices.com Cert. # 0807026796

CAREGIVER

Caregiver Services

Experiences, excellent references. Live in and out. Individualized care. Great rates. 619-201-5715.

CARPENTERS

No Job Too Tall

No job too small—Tall-T-Carpentry and General Contractor does it all! Dry rot, additions, decks, patios, remodels, repairs. Tall-T-Carpentry, Lic-649090. Call 619-672-1164.

CARPETS

Special! 3 Areas \$49

\$59 Sofas! Superior carpet/upholstery cleaning. Spot treatment, steam clean, spin-dry. 25 years' experience. 100% satisfaction guarantee. JPC Cleaning, 619-322-3673.

Famco Carpet Cleaning \$22/room

Apartments, minimum 3 (free hallway).

Townhomes: 2 bedroom, \$65. Sofa \$45

Tile/grout, upholstery. Truck mounted. Free estimates. No hidden fees. * ALSO: HOUSECLEANING SERVICES * 619-820-7260

CHILD CARE

Childcare/ Housecleaning

Cuido ninos a domicilio. Lunes a Viernes, sabados y domingos. Limpio casa habitadas y vacias. Horas flexibles. Maria Alvarado. 619-408-1297.

Preschool Enrolling \$95

Excellent academic curriculum. Ages 2-5. Open 6:30am-6:30pm. Hot meals available. \$95/ week. Also before/ after school programs, Clairemont/ Linda Vista. Transportation provided. 619-665-7878.

CLEANING

Rosa's Cleaning

Special - contract 4 hours-get 1 hour freel Apartments, offices, garages, party cleanups. Move in/ outs! including sup-plies/ vacuum. Weekdays/ weekends. 619-516-0167; 619-957-0982.

Best Price/Service

We provide spotless housecleaning. Best cleaning service in town at a great price. Call 858-336-9414.

CONCRETE

RW Masonry Company

Beautify your home at lower prices. Concrete, custom walls, driveways and court-yards. Stamped concrete, stone and brick. Lic# 506342. 760-788-6720. www.rwmasonry.com.

CONTRACTORS

NOTICE TO READERS: California law requires that anyone performing construction work on jobs that total \$500 or more in labor and materials must be licensed by the Contractors State License Board.

ELECTRICAL

Free Estimates!

All your electrical needs. Fast, friendly service. Commercial/ residential. Service upgrades, remodels, troubleshooting, ceiling fans, can lights. Satisfaction guaranteed. Lic#917066. Rotunda Electric, 619-818-9726.

Quality Affordable

lean, quality work. All types electrical ork. Residential/ commercial. Service/ repair, panels, custom lighting, spas Bonded/ insured. Lic#903497. Free esti-mates! Jacobs Electric, 619-843-9291.

FLOORING

UNITED FLOORING CO. \$ *619.646.2474*

- Hardwood Carpet
- Resurfacing Vinyl
 Laminate Tile/VCT Don't spend a fortune. Call us

first, then compare. We do it all for the best price in town.

Save \$\$\$ today. Lic. #824009

GARDENING

Lawn Care

Lawn mowing, shrub trimming and tree maintenance. Experienced professional. Low rates and free estimates. No job too big or small. Call Juan, 858-740-8051.

Lawn And Garden

Lawn care, gardening. Retired gentleman. Residential/ commercial. As low as \$20 a visit. A gardener you can talk to. 619-450-9804.

GLASS AND MIRROR

Tub And Shower

doors. Mirror doors. Patio doors, windows and screens. Textured glass. Heavy glass to 3/4" thick. Install/ repair/ sales. Lic-471954. Jeff, 858-576-4321. akaglassguy.com.

HANDYMAN

Free Estimates

Handyman. Kitchens, baths, fences, decks, woodwork, plumbing, basic construction/ electrical. No job too large or too small. 619-665-7116.

Cheap Handimen

Remodeling, plumbing, electrical. Kitchen and bathroom remodels. Drywall, painting, decks, concrete, roofs. Rentals. 7 days a week, after hours. Licensed and insured. 760-298-3850.

No Job Too Small

Bath remodels. Interior/ Exterior painting. Flooring, electrical, plumbing. All types of repairs. Free estimates. Guaranteed satisfaction. Christopher's Home Improvement. 619-269-4120.

Pereda's Handyman

Specialized in Retaining Walls, Fences, Stamped Concrete, Irrigation & Drains Systems, Complete Yard Remodeling/ Maintenance. Competitive Rates! Call David (619) 446-7221, e-mail

M.A.R. Handyman

Electric/ plumbing. Carpentry. Tile, flooring. Home repair. Free estimates. Quality work done the first time! Lic#921601. BBB Member. Mark, business: 619-269-0585; cell, 619-674-3253.

HAULING

Hauling & Cleanup

Trash, junk, concrete, construction de-bris. Bobcat, dump truck and all types of demolition services/ concrete breaking. Free estimates. Insured. Lic#764287. 619-571-4755.

Hoion's **Demolition/Hauling**

Beat any price! Removal: concrete, debris. REO/ yard cleaning. Excavation. Bob Cat Work. Weed abatement. Delivery. Tree trimming haul off. Senior discounts. Mem-ber BBB. Free estimates. Lic#881213. 20 years' experience. 619-204-2422. www.sandiegodemolitionservices.com.

\$35/Hour!

Clean 24' enclosed truck with lift gate/ dol-lies. Fully equipped. Furniture, recy-clables. Residential/ commercial heavy lift-ing. Reliable and experienced. All areas. 619-528-1877.

Hauling only \$99

Residential junk: yard clippings, appliances, furniture, recyclables, demolition, concrete, sod removal. Insured. **858–200–7130**

Leon's Hauling

Appliances, furniture, garage. \$45/ minimum. Reusables haul free; some restrictions! 24- hour service. 619-702-3270.

LANDSCAPING

Quality Landscaping

10% off today! Design, concrete, pavers flagstone, water features, lights, synthetic grass, patios, block, barbecues, fireplaces, fences, sprinklers. 760-532-6878. License # 729805.

MOVING

NOTICE TO READERS: Companies moving household goods within California must be licensed by the California Public Utilities Commission and display their CAL-T per-

Stern Moving

We will be proud to move you. Individually owned. Terrific references. Experienced. The most reasonable rates. Insured/licensed. Cal-T-145775. Please call 619-697-1694.

Birditt Moving

We are a full- service moving company. Specializing in senior citizen relocation. Serving San Diego 18 years. We help you downsize, ship, pack, move, unpack, resettle, organize. Free estimates, wardrobes. Professional. Courteous. Reliable. Licensed, insured. (CAL-T-176377.) Call 619-258-8155.

ORGANIZING

Need A Fresh Start?

Is it time to clear it out and clean it up? Call Lori Anderson, "At Ease" Home and Office Organization, 619-733-8139.

PAINTING



FAST PAINTING

Detailed, quality work by licensed painter with 15 years experience and local exterior, trim work. crown moulding, baseboard.

Competitive pricing! 619-920-9400

Lic. #909913

PLUMBING Go Green!

Use gray water for free irrigation. Quick change behind your washing machine from sewer to garden for \$99 complete. RTO Plumbing. Lic-209120. 619-460-9530.

Bill Harper's

Plumbing & Heating. \$58/ hour. Repairs, fixture, installation only. Estimates: water heater, drain cleaning, repipes. BBB member. Lic.*#504044. Since 1986. Fair. Bill, 619-224-0586.

Bell Plumbing

and Drain Service. Faucets, toilets, pressure regulators, disposals, water heaters. CA License #411756. 38 years experience. Ask for senior discounts. 619-206-6048 or 619-562-4780.

45-MIN. AVG. RESPONSE

No extra charge for weekends or nights!

SOS Rooter, available 24/7. Serving San Diego for over 35 years MENTION THIS AD FOR A \$20 DISCOUNT.

619-231-6670 • 858-566-2662 760-480-1700 • Lic#696549.

POOLS

We Re-Do Your Pool

Pool, replaster, repairs and more. Since 1984. Free estimates. BBB member. State Lic#452824. Call Ruben at Baja Pool Plas-tering. 800-985-4457; 619-254-4455.

STORAGE

Storage Special

10x20 units available All at ground level!

Gated complex • Coded access 24-hour access & surveillance On-site property manager Convenient location Near Poway Rd. / Pomerado Rd.

858-748-0702

12425 Oak Knoll Rd. Poway, CA 92064

STUCCO **AC Plastering**

10% Discount. Interior plastering, repairs. Exterior, re-stucco. Custom quality work, clean, reliable. 20 plus years' experience. Reasonable. Work guaranteed! Lic-694956. Arlex, 619-846-2734; 619-265-9294.



TELEPHONE SERVICES

Telephone Expert

Business/ residential. Replaces AT&T. 24 years. Phone jacks, roommates, fax, computer networking, cable TV, wall-mount TVs. Professional, honest, dependable. Lic-807261. 858-452-7413; 619-992-7413.

TILE

Tile & Stone

Custom installations at affordable prices. Free estimates. Guaranteed work. Waterproofing, showers, floors, backsplashes, countertops and more. All materials. Jeremy Towner, Lic#932817.760-574-6888.

WELDING



Window Washing \$100 end of summer special. Inside, outside and screens. 2200 Square feet and under. \$15 off First time clients. Call Eric at 760-585-5421.

COMPUTER

PHOTO RESTORATION

Expert Photo Restoration

Repair of cracks & fading. Enlargements, alterations, and extra large prints with non-fading inks. Free consultation/ estimate. Please call 619-269-8939. www.hartworks.net.

WEB DESIGN

Graphic Services

Web, graphic design, photo restoration, lo-gos, 2D and 3D, ads, individual tutoring, gos, 2D and 3D, ads, individual tutoring, Photoshop and other software. Reasonable rates. paul@hartworks.net. 619-269-8939.

BUSINESS

GRAPHIC DESIGN

Web/Logo Design Brochures, business cards, flyers. Af-fordable and quick turnaround. Product and service market research. Call West Industries, 858-578-7881. E-mail info@west-industries.com.

RESUMES



Résumés ♦ Image Transformation Cover Letters ♦ Interview Prep **Results beyond**

vour imagination! (858) 459-7400

Résumé help

IF YOU IMAGINE KNOWING A COMPANY THAT WOULD INTERVIEW YOU, YOU CAN DEVELOP A BETTER RÉGUMÉI

I can help jefferyb1122@hotmail.com Jeffery • 858-342-4802

WORK FROM HOME

Cash Fast!

Christmas is officially 4 months away. Give yourself the gift of financial freedom today.

- \$500-\$1,000/day returning calls
- · No selling, no convincing IRS approved
- "My best week since joining the program is \$17,000.

– Anne, Single Mom, WA 888-220-5805

markisrich.com

FINANCIAL

Bankruptcy \$1099 Complete

Includes fees. Attorney Roger Stacy, 888-210-4813. Free consultation. Appointments available on Saturdays. Se habla Espanol.

LEGAL

Bankruptcy Attorney

David Wiese. Over 10 years serving San Diego County's bankruptcy needs. Free ini-tial consultation. 760-944-0841. http://DavidWieseAttorney.blogspot.com/.

Bankruptcy Attorney Free consultation. Stop creditor calls and foreclosure. Erase debt forever. Erase second mortgage. \$100 starts attorney protection. Daniel Shay Law. www. San Die go BankruptcyNow.com. 619-222-SHAY(7429).

PERSONAL

BEAUTY SERVICES

Permanent Cosmetics

Any service for \$85! Look great when you wake up or go swimming! Eyebrows, upper/ lower eyeliner, lip-liner. Painless procedure. Call Kim. 619-757-0503.

NATURAL HEALING

Medical Mariiuana

San Diego Green Care Collective, a non-profit organization, provides medial mari-juana to qualified patients. Located be-tween 805 and 163 near Balboa/ Convoy. http://greencarestore.info.



MISSION BAY/ CLAIREMONT. Office suite. 380 square feet at \$0.95. Upstairs. Clean. Near I-5. Easy access. Free parking. Near shopping center. 2445 Morena Boulevard. 619-275-3455.

NORMAL HEIGHTS. Large 1- car garage. \$125 month. 4732 Bancroft. Storage only. Storage cabinets, very long garage. Alley access. Call to view, 619-501-2311,

NORTH PARK: GARAGE. 220 square feet for \$99 monthly. Auto storage only and private access. Located at 3809 Villa Terrace. Call for private showing at 858-536-1900.

PACIFIC BEACH. Retail store front, 1337 square feet. \$2400/ month. Available now. 1453 Garnet Avenue. Call Chris, 858-270-4492 x203.

POINT LOMA GARAGE for rent. 2- car garage, \$450 month- to- month. 3112 Jarvis Street, 92106. Brian, 858-774-5813.

POINT LOMA. 1262 Scott Street. Office with bathroom, upstairs, approximately 500 square feet. 2- year lease.

East Vista Way and Vale Terrace next to 24- hour 7-11. Ample parking. Street/ overhead signage. 640 square feet. \$1150. 619-339-9951.

STORAGE SPECIAL \$149, 10 x 20 STORAGE SPECIAL \$149, 10 x 20 spaces available. All ground level so you can pull up to them. Gated complex, coded access, 24-hour access, 24-hour video surveillance. On-site property manager. Central, convenient location near Poway Road/ Pomerado Road. Pomerado Public Storage, 12425 Oak Knoll Road. Poway, CA 92064. Please call 858-748-0702.

RENTALS HOUSES

BANKER'S HILL/ LITTLE ITALY. 3 bedroom, 2 bath home. Dining/ front/ living rooms. Gardener. Fenced yard. Garage. Laundry. No pets! \$1900. 619-

235-8216.

BAY HO. \$5000. 5 bedroom, 7 bath house. Incredible custom home with bay views, pool, fireplace, new wood flooring, new carpet. Pet OK with deposit. 2926 Arcola Avenue. www.cal-prop.com. 858-492-3624

BAY PARK/ MISSION BAY. \$1725. Remodeled 3 bedroom, 1.5 bath house. nemoueled 3 bedroom, 1.5 bath house. 2- car garage. No pets. New appliances. Washer/ dryer hookup only. Fenced yard/ porch. 3007 Fawn Avenue. 619-275-3455.

CARDIFF. \$2795. 4- bedroom, 3- bath house with 2- car garage, fireplace, large yard, no pets. Year lease. 2000 square feet. 772 Mackinnon Court. 760-753-

CITY HEIGHTS. \$1045. Woodsy 1 bedroom cottage. Cul-de-sac. Fireplace, wood floors, large closets. Sun porch/ back porch/ Jaundry. Skylight over kitchen. Quiet. No dogs. 619-269-7211.

CITY HEIGHTS. 1 bedroom duplex. Quiet neighborhood on cul-de-sac. No neighbors. Washer/ dryer, refrigerator,

and stove. Big front/ backyard. Available now. \$950. Please call 619-778-4514.

CITY HEIGHTS. \$105.0 1/2 off first! Charming 2 bedroom, 1 bath secluded cottage. Large kitchen, yard, close to everything. Pet negotiable. 4136 40th Street. 619-804-3325.

CITY HEIGHTS. 3 bedroom, 2 bath house, \$1395, water/ sewer/ trash included. Community laundry room, off-street parking, 1500 square feet, fireplace. 4229 Copeland Avenue. People Helping Others Property Management, 619-282-5400. www. peoplehelpingothers.com.

CITY HEIGHTS. 3869-1/2 39th Street. 2 bedroom house, \$1100. \$200 off 1st month! Washer hookups. No pets. 619-200-1657 or www.bkbinc.com.

CITY HEIGHTS. 3 bedroom, 2 bath. Rent \$1650. Deposit \$1595. 1 garage. Upgraded. Available to move in now! 1058 square feet. 2035 39th Street. v@sdcpm.net. SDCPM, 619-220-4840.

CITY HEIGHTS. Move-in special: 1/2 off first month's rent OAC! 1 bedroom, 1 bath, \$695. On-site laundry, parking, upper and lower units, senior or disabled citizens only. 4122-4126 39th Street. Agent, 868-560-1178.

Agent, 536-500-1178.

CLAIREMONT duplex: 1 bedroom, garage; extra off-street parking; new carpet/ paint/ refrigerator/ sink; separately fenced front/ rear yards; private covered patio; laundry hookups. \$1245. 858-546-8214.

hookups. \$1245. 858-546-8214.

CLAIREMONT. \$1235. Large 2- bedroom,
1- bath duplex. One- car garage. 2
parking. No pets. New carpet/ paint.
Clean. Fenced yard/ porch. 4416
Clairemont Drive. 619-275-3455.

COLLEGE AREA. \$1850. Recently remodeled 3 bedroom, 1 bath house. New hardwood floors/ stainless steel appliances. Granite counters. Pets accepted with deposit. Available 9/01/09. 210-378-7809.

210-378-7809.

COLLEGE AREA. \$1095. 2 bedroom, 1 bath house. Hardwood floors, all appliances. Off- street parking. Near all. Near SDSU. 5818 El Cajon Boulevard, 92115. 619-285-3822

COLLEGE AREA. \$1500. 3 bedroom, bath house, 4254 Corinth Street, 1.3. miles to SDSU. No pets. Lawn service included. 5- cent view. 619-583-7331.

COLLEGE AREA. \$1895. 3 bedroom, bath home with new carpet and paint. car garage. Large yard. 5714 Baja Driwww.cal-prop.com. 858-483-3534.

www.cal-prop.com. 858-483-3534.

DOWNTOWN. \$1450. 2 bedroom, 1 bath house, quiet neighborhood, refrigerator, stove. Fee. Free search at www. westsiderentals.com. 619-367-3333.

EL CAJON. \$1695. Fletcher Hills. Half off first month's rent with year lease! 2-bedroom, 2.5- bath townhouse, 2- car garage. Great views! Washer/ dryer, patio. 619-888-9140.

patto. 619-888-9140.

GOLDEN HILL. \$1450. Cute two bedroom, 1 bath house in front of small complex. Quiet neighborhood close to freeway access, City College, public transportation. 1142 20th Street. Leasing Unlimited, 760-436-7273.

HILLCREX. 2 bedroom, 2 bath house, 1- car garage. Washer/ dryer. Small fenced yard. \$1995. Pet- friendly. Available now. 1522 Myrtle. 619-787-7434.

1522 Myrtie. 619-787-7434.

HILLCREST. \$1395. 2 bedroom, 1 bath cottage. Stove, refrigerator, coin laundry garage space. Cat OK with additional \$300 deposit. Small yard area. A bit of country living in the heart of the city.

SERVICES

RED MEAT

RED MEAT remorseless retailer of the retrograde

Why so glum-looking today, little lady? We're goin' on vacation and I don't have no one to take care of my kitty

Worry no longer, Karen. I heard you were asking around so I've already covered that. How? I didn't give

Whoa. Big misinterpretation of the phrase "take care of." Huh...?

from the secret files of

Max cannon

Let's try to look on the bright side. You don't have to worry anymore about your pet missing you while you're gone.

you no cat food or his skin medicine.

appliances, storage shed. Good location. Credit report required, and references. Call for appointment: 619-464-1444, 619-813-4599.

laundry, garage. Near shopping/ freeways. Call after 9/13/09, 951-491-1607.

MIRA MESA. \$2000. 3 bedroom, 2.5 bath, garage parking. Washer/ dryer in garage. Available now. 9446 Compass Point Drive South #6. www. stevenleeproperties.com. 619-295-1161.

MISSION BEACH. \$3200. Vintage- style house. 4 bedroom, 2-1/2 bath, fireplace, house. 4 bedroom, 2-1/2 bath, fireplace, hardwood floors, all appliances, laundry hookups, garage plus parking. 1043 Wilbur. 858-272-9547.

wnuur. obt-2/2-9547.

MISSION BEACH. \$2500. 3774 Bayside Walk, 3 bedroom, 1 bath bay- front home. 3784 Bayside Walk, 3 bedroom, 2 bath bay- front home. Leasing from September 1, 2009, through May 31, 2010. Parking available for both homes. Phillips Realty, 858-354-2344.

MISSION BEACH. \$3175. 3 bedroom, 2.5

MISSION BEACH/ SOUTH. Furnished, remodeled 3 bedroom, 2 bath, hardwood, granite countertops, stainless appliances, dishwasher, washer/ dryer, plasma TV. 2 patios, garage space. \$2900. 858-735-8593. MISSION HILLS. Charming, historic 2 bedroom, 1 bath house, hardwood floors, fireplace, large porch. Parking. \$1695/ month. Year lease. No pets. Nonsmoking. Call 619-980-6700.

catin oา ราชยง-ง / (บ/).

MISSION HILLS. 1/2 off 1stl Spectacular 2 bedroom, 1 bath home, \$1895. Wood floors, sun room, appliances, fireplace, patio. Pet negotiable. 1788 Titus Street. 619-384-9219.

hatto. Pet hegolable. 1768 hitls Street. 619-384-9219.

MISSION HILLS. Beautifully remodeled 2 bedroom, 2 bath Craftsman, 1288 square feet, with glearning hardwood floors, large living room with coved ceilings. Gorgeous remodeled kitchen with granite countertops, marble backsplash, tile floor, stainless upgraded appliances. Master bedroom has attached office/ den and master bath with large walk-in shower. Home has a mud room with washer/ dryer off kitchen, central air conditioning and heat, and 1-car garage. Private backyard with deck and gardener weekly. Available September. Near Park Avenue. 1521 Myrtle Avenue. \$3095. 619-683-9274.

NORMAL HEIGHTS. \$1195. 2 bedroom, 1 bath house. Hardwood floors. 1- car gargers Webber drow Yord.

bath. 9 month, September-May. One house off sand. Beautiful wrap around balcony. Dual garage. Washer/ dryer. Must see! 619-742-3243.

MISSION BEACH/ SOUTH. \$3200 Furnished 3 bedroom, 3 bath oceanfront beach house. Parking, washer/ dryer. Available now. September- May lease. 2735 Oceanfront Walk. \$3450 deposit. 858,505,5238,959,272,4890

Available now. 3943-1/2 Centre. Del Sol Property Management, www.delsolom. Property Management, www com. Broker, 858-270-2071.

com. Broker, 898-270-2071.

HILLCREST, \$1195. 1 bedroom, 925
square feet. 1920s Spanish. Hardwood
floors. Private patio. High ceilings, pantry,
carport. 3 big closets. Laundry. 4189 5th/
Arbor. 619-204-5808.

kENSINGTON. 1/2 off 1st! Charming 1 bedroom, 1 bath cottage, \$975. Shared yard, wood floors, large kitchen, air conditioning. Near all! 4622 Kensington Drive. 619-804-3325.

LA JOLLA, Village, \$3800. Ocean views— every room. Walk beach. Monthmonth. 4 bedroom, 3.5 bath Victorian. Remodeled kitchen/ bathroom. Granite countertops. No pets. 858-456-7029.

LA JOLLA. 2- bedroom, 1- bath house near beach. 2- car garage. Hardwood

LA JOLLA/ BIRDROCK, 3 bedroom, 3 bath house. Three blocks to ocean. Recently remodeled. Two story. Ocean

76U-445-7592.

LA MESA. \$1575. 2 bedroom, 1 bath house. Extra large fenced backyard. Close to Grossmont Center and freeway access. Pets on approval. Section 8 OK. 6001 Odessa Avenue. www.sdforrent. com. 619-640-7530.

LEMON GROVE. \$1550. 2 bedroom 1 bath home. Attached 1 car garage. Hardwood and tile floors. Dishwasher, covered patio, gardener included. 1942 d patio, gardene 858-560-1178.

LEMON GROVE. 1 bedroom duplex. Remodeled. Yard. Washer/ dryer, new

LINDA VISTA. \$1950. 4 bedroom, 2 bath home. Large, fenced yard. 2- car garage No pets. 2054 Judson Street. www. cal-prop.com. 858-483-3534 MIRA MESA, 4 bedroom, 2 bath. \$2195/ monthly, \$2500/ deposit, \$250 nonrefundable. Includes gardener,

JAMUL. \$1450/ month. 4 bedroom, 2 bath, 1400 square feet, mobile with deck, ocean views, dog run and Cleveland trail access. 40 minutes to San Diego. Call 619-445-0799.

floors. Laundry. Small pet OK. \$2100. 454 Fern Glen. Alta Vista Properties. 858-274-3600. www.altavistaproperties.net

view, balcony, courtyard. Detached garage. Carport. Small pet OK. \$4300. 760-445-7592.

Avenue. www.cal-prop.com. 858-483-3534.

3534.

OCEANSIDE/ IVEY RANCH. \$2500 includes pool service. 4 bedroom, 2-1/2 bath two story with all appliances, family room, private pool, gated community. 330 Venetia Way. Leasing Unlimited, 760.436.7273

PACIFIC BEACH. \$3200. 3 bedroom, 2 bath house, garage parking, applian dishwasher, yard, fireplace, laundry hookups, 2 blocks beach. Fee. Free search at www.westsiderentals.com

PACIFIC BEACH, \$1550, 2- bedroom, 1-Stove, refrigerator, parking. Small yard, wood floors. Small pet OK with addition

9/10/09. 1427 Grand. Del Sol Property Management, Broker, www.delsolpm. com. 858-270-2071.

by Max Cannon ©2009

PACIFIC BEACH, \$2495, 3 bedroom, 2 bath house. Crown Point area. Parking spaces. Laundry. One year least desired. Call Coldwell Banker Property Management. 858-488-2228.

PACIFIC BEACH. \$2495. 2 bedroom house, 2 bathrooms. 2- car garage. Fireplace. Yard. Private location in North Pacific Beach. One- year lease desired. Call Coldwell Banker Property Management, 858-488-2228.

SERRA MESA. \$2350. 4- bedroom, 2-1/2- bath house with pool, washer/ dryer. 2- car garage. Will consider pet. Available now. 2133 Seaguil Lane. www. AMGSD.com. 619-295-1165.

RENTALS

1/2 off 1st & 2nd months rent \$668 per month

including utilities!

With 12-month lease. Single occupancy. (Income qualify — ask for details!)



Features:

- Air conditioning
- Full bath
- Kitchenette
- Balcony with bay/ballpark views
- Cable ready
- Microwave
- Internet access
- 4 laundries on-site
- Clubhouse Business center
- Gated community
- Courtyard
- On-site management
- Close to shopping. restaurants, entertainment
- Easy access to bus/trolley
- Near freeways

Island Village



1245 Market Street, San Diego 92101 Located in East Village near Petco Park

Daily from 8 am to 6 pm Call toll-free: 1-888-325-4573



Granite kitchen countertops only \$1,499 Includes 30 square feet of granite, bullnose edging, plywood subtop, demo and disposal of old counters and undermount sink cutout. Certain restrictions apply. Expires 9/16/09. Free in-home estimates. View your future kitchen with our free advanced 3D visualization program! Kitchen remodels at wholesale prices! 9550 Distribution Ave. San Diego 92121 Lic. #915821 www.dodca.com Se habla español Free in-home estimates 888-281-5390

bath house. Hardwood floors. 1- car garage. Washer, dryer. Yard. Jacuzzi. Sorry, no pets. 3680 Monroe. Agent, 619-793-4010. NORMAL HEIGHTS. \$1775. 3 plus bedroom, 2 bath home. Vintage home with large yard and privacy. Hardwood floors, laundry hookups, no pets. 4927 35th Street. www.cal-prop.com. 858-483-3534.

858-483-3534.

NORTH PARK. \$1495. 2 bedroom 1 bath Spanish house. Hardwood floors, washer/dryer, yard. Cat ok. 4685 Hamilton Street. Agent 858-560-1178.

NORTH PARK. \$715. 1 bedroom, 1 bath house. Small yard. New carpet, exterior newly painted. No pets. 4115 Van Dyke





GABLES. POINT LOMA 3801 Marquette Place #2N San Diego, CA 92106



619-223-6577

Free rent in September

lewly Renovated Apartment Homes starting at 11105

RESIDENCE FEATURES:

Rental **Communities** Directory







1

2

3

Property

Gables

Trilogy

Albert's

Callege

The Club

Torrey Pines

Bay Pointe

California

Suites Hotel

Studio 15

Phone

619-223-6577

619-231-1505

800-760-5518

866-354-2096

888-451-8713

888-475-7145

888-210-4807

Downtown live/work lofts

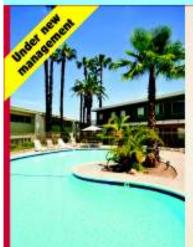
- · Several downtown locations · Roof decks with BBQ
- · Laundry on every floor · Parking available
- · Most pets allowed

Please check our website for availability: www.trilogymanagement.com



BEAL ESTATE MANAGEMENT INC

Leasing office: 315 4th Avenue 619-231-1505 ext. 12



ALBERT'S COLLEGE APARTMENT HOMES

Located in the Center of It All!

Over-sized studios, 1, 2, 3 bedrooms starting at \$895

LOOKING FOR AFFORDABLE

LUXURY LIVING?

The Club Torrey Pines is a pleasant

place to call home. We are nestled in a quiet neighborhood of Carmel Valley.

Call for Current Rates!

We offer FLEXIBLE lease rates

individually and monthly rents can be adjusted based on

and terms. Units are priced

- Less than 15 minutes from the beach, downtown and military bases
- 40 steps to SDSU Easy access to lawy.
- Close to restaurants, entertainment, shopping & nightlife
- 6 swimming pools
 No parking pass needed at SDSU Around the corner from Peterson Gym/Rec Center
- Fantastic city views of San Diego
- Leasing office available 7 days a week

5460 55th Street | San Diego 1.800.760.5518



Advertise your community here... reach 507,000 renters monthly!

\$63



Jeremiah Johnson

619-206-7537

jjohnson@sdreader.com

Reader Rental Community Account Executives



Kristina Smith 619-206-7549 ksmith@sdreader.com

Pers 8

.

5,1,2,3

N

Comfortable... Exceptional... Apartment Homes

- Friendly, professional staff
 Full-size washer/dryer included
 Reserved covered parking
 Award-winning school district
 State-of-the-art fitness center

- Complimentary personal trainer
- Heated competition lap pool
 Lighted tennis courts
- Free tennis and swimming lessons



12646 Torrey Bluff Drive

Visit our website at:

www.torrev.cc

ClubTorreyPines DouglasAllred@crossfiremail.com



length of lease!

San Diego Reader September 3, 2009



Sensational Summer Specials!

\$0 Deposit + \$200 off 1st month's rent, OAC

Studios starting at '850 * 1 bedrooms starting at '1095 * 2 bedrooms starting at '1795



Olympic-size pool, 2 spas, 2 basketball courts, 5 lighted tennis courts w/pros, clubhouse & barbecue area, & laundry facilities, movie night, heat & A/C, clase to freeways, cots welcome. Saturday continental breakfast, new business center

Bay Pointe Apartments • 3866 Ingraham St., Pacific Beach • Toll-free: 1-888-451-8713 E-mail: baypointeapts@son.tr.com • www.baypointeapartmenthomes.com

Studios starting at \$1195/month Weekly starting at \$300° Ask about our 6-month lease program.

- > Free continental breakfast buffet
- > Free maid/linen service!
- > No lease! > Free utilities!
- > Heated pool and spa ➤ Laundry facilities
- ➤ Microwave ➤ Refrigerator
- ➤ Easy freeway access ➤ Centrally located
- ➤ High-speed Internet service



5415 Clairement Mesa Blvd. San Diego, CA 92117

1-888-475-7147

www.californiasuiteshotel.com *Rates subject to charge. Based on availability.













Beautiful East Village studio living across from Petco Park!

Fully furnished studio apartments starting at 1631 to 1758 per month!

STUDIO FIFTEEN

Twin bed | Flat-screen TV | Built-in desk Armoire | Microwave | Refrigerator Full-size bathroom | Air conditioning On-site hi-def movie theater Full kitchen/cafe with wi-fi

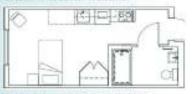
Number of persons income restriction:

Set Aside	1	2			
50%	\$28,900	\$33,650			
60%	\$34,680	\$39,660			

Rents based on household's eligibility qualifications:

Set Aside	Studio
50%	\$631
60%	\$758

Section 8 vouchers welcome!



Call today: (619) 546-7840 studio 15@solari-ent.com 1475 Imperial Avenue San Diego, CA 92101





1 BDRs from \$1025! **2 BDRs from \$1275!**

BELLA TERRA

365 Pomelo Dr. Vista, CA 92081 888-247-8978 www.BellaTerraApts.com



2 BDRs from \$1450!

RISING GLEN

2300 Rising Glen Way Carlsbad, CA 92008 888-252-6823 www.RisingGlenCarlsbad.com



Luxury Living... Call for Specials!

CASOLEIL

1100 Dennery Road San Diego, CA 92154 888-278-0292 www.CasoleilApts.com



Great Specials, Call Today!

PARKWAY PLAZA

7576 Parkway Dr. La Mesa, CA 91942 888-353-8736 www. Parkway Plaza La Mesa. com

Rental Communities Directory

Advertise your community here... reach 507.000 renters monthly!

Reader Rental Community Account Executives



Jeremiah Johnson 619-206-7537 jjohnson@sdreader.com



Kristina Smith 619-206-7549 ksmith@sdreader.com

	Property Name	Phone	Starting rate	Bedrooms	Short-term/Corporate	W/D in unit	Laundry Facility	Balcony/Patio	Pets	Pool	Garage/Covered Parking	Fitness Center
8	Bella Terra	864-400-1723	\$1,495	1,2								
9	Rising Glen	864-400-2070	\$1,300	1,2		Н						
10	Casoleil	864-400-2542	\$1,285	1,2,3					•			
11	Parkway Plaza	864-400-2916	\$1,125	2,3	-							
12	Terraza Hills	864-400-2733	\$895									
13	One Park	864-400-2383	\$1,075	1,2								
14	Navajo Bluffs	864-400-2348	\$800	5,1								
15	The Landing at Ocean View Hills	864-400-2164	\$1,495	2								





2 BDRs from \$1025!

TERRAZA HILLS

425 E. Bradley Ave. El Cajon, CA 92021 888-329-7056 www.TerrazaHills.com



Call for Current Specials!

ONE PARK

350 3rd Avenue Chula Vista, CA 91910 888-365-3205 www.OneParkApartments.com



Studios from \$800! 1 BDRs from \$1025!

NAVAJO BLUFFS

6575 Jaffe Court San Diego, CA 92119 888-378-3335 www.NavajoBluffs.com



2 BDRs from \$1425!

THE LANDING

455 Dennery Road San Diego, CA 92154 888-673-2153 www.TheLandingat OceanViewHills.com

TALMADGE, \$1195, 2 bedroom, 1 bath. Hardwood floors. Washer, dryer. Available late August. Sorry, no pets. Shared garage. Agent, 619-692-4121.

TIERRASANTA. \$1600. Reduced move in. 2 bedroom, 2 bath condo with patio, all amenities, off- street parking. Sorry, no pets. 9854 Rimpark Way. www.sdforrent. com. 619-640-7530.

UNIVERSITY HEIGHTS. \$1700/ month. Remodeled. 3 bedroom, 1 bath, hardwood floors. Small garden. Coffee shop close. West of Park Boulevard on Madison venue. www.oceansideinsider. om/1433.html. 760-586-3546.

UNIVERSITY HEIGHTS/ EAST. \$1200 Charming 1 bedroom, 1 bath craftsman home. 1- car garage/ storage, beautiful hardwood floors, all appliances including ***Approximately 700 square feet. Pets considered. 4127 32nd Street. Anita, 619-246-8393.

RENTALS APARTMENTS / CONDOS

ALLIED GARDENS. 1/2 off 1st! Extra large 2 bedroom, 2 bath condo, \$1450. Gated, all appliances, granite, washer and dryer, fireplace, balcony, air conditioning, pool. 7671 Mission Gorge Road. 619-794-5177.

ALLIED GARDENS. \$1250. 1/2-off 1st active Gardens. \$1250. 1/2-011 134 month's rent! 2 bedroom, 1 bath, air conditioning, washer/ dryer in unit, community pool, tennis and weight room on site. Sorry, no pets. Nonsmoking unit. 7737 Margerum Avenue. Call agent, 619-692-4121.

619-692-4121.

ALPINE. Move- in special OAC!
Spacious 2 bedrooms, 1 baths, \$925/
month. New carpet, vinyl and
appliances. Air conditioning, on-site
laundry, pool. Assigned parking. Small
pets welcome. Call 619-445-0805. www.sdaptbrokers.com.

ALPINE. 55+. Spacious, luxury living. 1 bedrooms, \$845. 2 bedrooms, \$940. \$99 deposit OAC. Creekside Meadows, 1750 Arnold Way. Call 619-445-2480.

Arrioto Way. Call of 19-445-2480.

ALPINE. 2 bedrooms and 2 baths, \$1155.
\$99 deposit OAC. Newly remodeled.
Private garages, fireplaces, vaulted ceilings. Resort- size pool and spa. Alpine Woods, 1829 Arnold Way. 619-445-1341.

BANKER'S HILL. \$875, utilities paid. Studio apartment, corner unit, extra windows, remodeled building, electron entry. Parking. On-site laundry. 1820 4th Avenue. No pets. 619-300-1365, 619-588-4106.

BANKER'S HILL. \$775-\$825/ month. Cozy, affordable studios in vintage building. Close to park and Downtown. Some utilities paid. Laundry facility. No pets. Call for information. 619-234-7572.

BANKER'S HILL. \$725. Studio bedroom 1 bath apartment. Hardwood floors. 2230 Albatross Street #4. Cat OK with deposit. 858-483-3534. www.cal-prop.com. www.cal-prop.com

BANKER'S HILL. 1 bedroom with hardwood floors and fantastic view of Downtown. \$895/ month. Call

BANKER'S HILL. 1 bedroom, 1 bath apartment. 750 square feet, air conditioning, secured parking included. On-site laundry, pets OK, \$1095. Greg, 619-239-7313.

BANKER'S HILL. \$730. Large studio downtown view! Quiet, well- kept classic building designed by Gil. Appliances, gas included. Laundry. Near bus. No pets.

BANKER'S HILL / DOWNTOWN, \$1195 1 bedroom townhouse. Very private. Spacious. Hardwood floors. Laundry. Patio. Free parking. Pets OK. Available now. Call Steve, 619-696-7500.

BAY PARK. \$1250 includes utilities, \$600 deposit. 2 bedroom, 1 bath upstairs apartments. Parking Laundry facilities. Pet OK. Walk to Fiesta Island. Westwind Apartments, 619-275-2176.

BAY PARK/ MISSION BAY \$1125. BAY PARK, MISSION BAY \$1125. Pristine 2 bedroom in Bay Park's best maintained property with beautiful courtyard and sparking pool. Perfect Mission Bay location with easy freeway access. No pets. 2520 Chicago Street. TPPM 619-405-7200 www.debonairapts.

BAY PARK/MISSION BAY. \$825.

Remodeled, large studio apartment.
Parking. Paid utilities. No pets. New
appliances. New carpet/ paint. Laundry.
3431 Del Rey Street. 619-275-3455.

CARLSBAD. \$1250. Spacious 2
bedroom, 1 bath apartment, completely
renovated, beautiful landscaping.
Carport, on-site laundry. Close to village/ beach. No pets. Lease. www. thepalmsapts.info. 760-505-7736.

CARLSBAD. Rising Glen apartme offers 1, 2 and 3 begroom norne Gourmet all- electronic kitchens breakfast bars. Vaulted ceilings, spectacular views. Private balcony or patio. Fireplaces. Central air. Fitness center pool- side barbecues. 1 bedrooms from \$1300. 2 bedrooms from \$1420,

CARLSBAD. \$795. Small studio cottage bath. Approximately 400 square feet. Funky with uneven floors. Parking. No pets. Lease. 760-505-7736.

CARLSBAD, \$1325, 2 bedroom, 2 bath apartment, 2- car garage parking, close to beach, great location. Fee. Free search at www.westsiderentals.com.

CARLSBAD. \$1595. 2- bedroom, 2-bath. Master suite with deck. 1- car garage. Granite, marble throughout. Remodeled! Year lease. 6905 Quail Place. 760-753-6575.

CARLSBAD. Beautiful 1 and 2 bedrooms CARLSBAD. Beautful 1 and 2 bedrooms from \$1150. Some with fantastic views! 1 month free with 1. year lease; or 1/2 off with 6 months. Pool, community laundry. Gated parking. Barbecue areas, spacious floor plans. Walk to the beach! No pets. 2303 Ocean Street. 760-434-7721.

CARLSBAD. 1 bedroom apartment **\$875** rent. Parking, laundry. 3366 Roosevelt.

CARMEL VALLEY. 1 and 2 bedroom remodeled apartments, new appliances. Full-size washer/dryer. State- of- the- art fitness center, complimentary personal trainer. Heated competition lap pool. Lighted tennis courts. Free tennis/ swimming lessons. Pro tennis instructor. Sorry, no pets. The Club Torrey Pines, 12646 Torrey Bluff Drive. 1-866-354-2096.

CARMEL VALLEY. \$1420. Large 1 bedroom condo. Large loft. Carport. No pets. Washer/ dryer. Fireplace. Skylight. Hardwood floors, dishwasher, pool. 4049 Carmel View Road, #76. 619-275-3455.

CASA DE ORO. Seniors 55+. Studio and 1 bedrooms from \$600. 1/2 off 1st month's rent! Air conditioning, laundry, bus stop, shopping. Quiet property. 9550 Campo Road. 619-697-8432.

CASA DE ORO/ RANCHO SAN DIEGO. \$735 includes utilities. Immaculate, large studio. Quiet, private. Off- street parking. Near shopping/ freeway. No smoke/ drugs/ pets. 619-465-0482.

CHULA VISTA. One Park apartments crouta visita. One Park apartments spacious 1 and 2 bedroom floor plans. Fully equipped kitchen, air conditioning European-style cabinets. Select units offer skylights. Pool. 1 bedrooms from \$1075. 2 bedrooms from \$1285. 888-365—3205, www.OneParkApartments.com.

CHULA VISTA. 1 bedroom apartments, \$720/ month. Deposit \$500. All utilities included. Pool, off-street parking. Laundry facilities. Call Park Regency Apartments, 619-422-0792.

Apartments, 619-422-0792.

CHULA VISTA. Large 2 bedroom, 2 bath apartment, new carpet, dishwasher, central air, patios. Gated, laundry, offstreet parking. No pets. \$1200. Deposit \$800. 619-425-6511.

CHULA VISTA. \$1150. 2 bedroom, 1 bath. Includes water, trash, basic cable, community pool and barbecue area. Section 8 OK. 285 Moss Street. Agent,

CHULA VISTA. \$1295. 1 bedroom plus office, 1927 4-plex, hardwood floors, remodeled kitchen, laundry hookups. 1



parking, storage garage. Near historic downtown, parks, restaurants. 619-300-1365.

CHULA VISTA. \$795. 1 bedroom, 1 bath with all utilities included! New paint, flooring. Best deal in South Bay. On-site parking and pool. Clean, quiet, secure. 540 Flower Street. Call Krista: 619-425-5451; or Rachael: 619-804-1044.

Newly Remodeled Some With Garage!

Chula Vista. One bedrooms from \$875. Extra Spacious 2 bedrooms from \$1095. Beautiful new carpet. Island kitchen. New dishwasher and appliances. Much more. Bright and breezy. Private patio or balcony. Gated community. Storage. 2 reserved parking. Sorry, no pets. Open daily. Visit today! Call: 619-427-1122.

IULA VISTA/ SOUTH BAY. Large 1 droom apartment, \$825. 1/2 off first month's rent. Gated complex. Air conditioning. Parking, laundry. No pets. 619-691-9377.

619-691-9377.

CITY HEIGHTS. \$775. 1 bedroom. Credit check \$25 fee. Move in incentives. Gated community. Secured assigned parking. Laundry on-site. Pool. New carpet, new appliances. Clean & excellent. Convenient lentitudes and the same of disjunctions. location, close to shops and dining, buses/transits. Nearby school and park No pets. Contact Art at 619-283-9993.

CITY HEIGHTS, 2 bedroom, 1 bath Rehabbed. New carpet, paint, tile. Second story unit. Parking. Washer/ dryer. Bright. Separate vanity area. \$799. Deposit \$799. 619-368-9410.

CITY HEIGHTS. 1 bedroom apartment, \$695. Downstairs unit. Very clean. Laundry and parking! 2617 Highland Avenue. Agent, 619-820-2584.

CITY HEIGHTS, \$895, 2 bedroom, 1 bath apartment. Large downstairs unit. Coin laundry on site. No pets. 4386 Copeland Avenue #1, www.cal-prop. com, 858-483-3534.

CITY HEIGHTS. \$725. 4265 Chamoune CITY HEIGHTS. \$725. 4265 Chamoune Avenue. 1 bedroom, 1 bath, downstairs, carpet, central air conditioning, laundry room, plenty of parking not assigned. No pets. Section 8 OK. Phillips Realty, 619-291-6686.
CITY HEIGHTS. \$915. 1 bedroom, 1 bath condo. Wood floors, ground floor, coin laundry. No pets. 4055 36th Street #2. www.cal-prop.com. 858-483-3534.

CITY HEIGHTS. 1 bedroom, 1 bath apartment, \$700. Assigned parking, tile floors, upstairs, water/ sewer/ trash included, Section 8 OK. 4366 51st Street

#8. People Helping Others Property Management, 619-282-5400. nelpingothers.com.

peoplěhelpingothers.com.

CITY HEIGHTS. Downstairs 1 bedroom, 1
bath apartment, \$750. Also available:
upstairs 2 bedroom apartment, \$950. Water/
sewer/ trash included. 1 parking space, coin
laundry, upstairs, 650 square feet. 4958
51st Street #7. People Helping Others
Property Management, 619-282-5400.
peoplehelpingothers.com.

CITY HEIGHTS. \$525. Small studio in
rear. Quiet. Yard, parking. Near bus and
shops. No pets. Nonsmoking. 4037-1/2
Menlo Avenue. 619-275-2648.

CITY HEIGHTS. \$1075 rent. \$800 deposit

CITY HEIGHTS. \$1075 rent, \$800 deposit OAC. 2 bedroom, 2-1/2 bath townhouse. Laundry, parking, no pets at 4245 47th Street #B. Agent, 619-299-8515.

CITY HEIGHTS. \$775. 1 bedroom apartment. Gated, laundry, parking. No pets. Available now. 4153 42nd Street #7. More Property Management, 858-514-8201.

CITY HEIGHTS. 1 bedroom downstairs apartment, \$750. New carpet, vinyl. Gated complex. Laundry. 1 parking. 4344 Van Dyke. More Property Management, 858-514-8201.

CITY HEIGHTS. Totally remodeled 2 bedroom, 1-1/2 bath townhome. New kitchen, wood floors. Tile bath. Patio. 2 parking spaces. Private canyon setting. Laundry. 4485 Quince. \$999. 858-568-5081.

CITY HEIGHTS. \$650-\$1575. Reduced CITY HEIGHTS. S650-S157. Heduced move- in Studio, all utilities included. 3 bedroom, 2 bath upstairs apartment. Laundry on site. Off- street parking. Sorry, no pets. 3769 47th St. #C. #B. www.sdforrent.com, 619-640-7530.

CITY HEIGHTS. Recently remodeled 1 bedroom four-plex; fenced yard/ security gates; off- street parking. Small pets OK with additional deposit. \$700/

month, \$700/ deposit. 4247 Poplar Street. 858-279-3023.

Street. 858-279-3023.
CITY HEIGHTS. Move- in special: 1/2 off 1st month's rent OAC! \$725. 1 bedroom, 1 bath, upper and lower uni available, parking, on-site laundry, gated complex. 4453 51st Street #3. Agent, 858-560-1178.

Agent, 636-300-1176.
CITY HEIGHTS. \$925 rent, \$800 deposit OAC. Large 2 bedroom, 1 bat condo. Parking space, laundry. No pets, at 4377 Marlborough Street #1. Agent, 619-299-8515.

CITY HEIGHTS/ NORTH PARK. 1 bedroom, \$750. Newly remodeled. Ceiling fan, reserved parking, tile, gated, laundry. No pets. 619-279-0031.

AUTOMOTIVE

SAN DIEGO SMOG & AUTO REPAIR CENTER

4664 Park Blvd. (at Adams Avenue) • 619-543-4828

Hours: Mon.-Fri. 8 am-5:30 pm Sat. 8 am-3:30 pm www.sdsmogandrepair.com

2 Locations to Serve You

CLIFF BROWN AUTOMOTIVE

Since 1947

4491 Park Boulevard (Park & Monroe) • 619-297-4204 Hours: Mon.-Sat. 8 am-5:30 pm Sun. 9 am-2 pm

ONLY AT CLIFF BROWN BROWN

(NAPA)

www.cliffbrownautomotive.com

CLUTCH SPECIAL \$50 off quoted price with coupon

Includes: throwout bearing, pilot bearing bushings, disk, clutch cover. Most vehicles. Limited time offer. Front-wheel drive extra.

LUBE • OIL FILTER FROM \$2495

Up to 5 qts. oil. Most vehicles to 1995. Limited time offer.

CATALYTIC CONVERTER \$30 off quoted price

with coupon Mufflers *20 off quoted price All types of custom muffler work done. We'll beat any competi-tor's price by 10%. Most vehi-

> C.V. BOOT FROM \$3995

cles. With ad. Limited time offer

Includes: boot, parts, labor, grease. 1/2 price for the 2nd boot on same axle. Most vehicles. Limited time offer.

SMOG CHECK

Most vehicles, Trucks, vans & European cars extra, Limited time offer. Must bring DMV renewal notice.
*All 1995 and older vehicles \$10 extra

Test Only Smog Check \$3975 + \$8.25 cert. & \$2 V.I.D. San Diego Smog location only. We Test, Repair & Certify Test Only & Gross Polluters.

ENGINE STEAM CLEAN \$49°5

30,000-MILE

SERVICE **SPECIAL** Service includes:

Lube chassis

Radiator coolant change Air filter replacement Fuel injection cleaning
 Check brakes, suspension

FROM \$179% Most vehicles.

TIMING BELT SPECIAL \$50 off quoted price

Recommended at 60K miles. Most vehicles. Limited time offer.

COOLING SYSTEM SPECIAL FROM \$3995

Includes: flush radiator and up to one gallon of coolant. Special coolant extra. Most vehicles to 1995. With ad.

Honest - Quality Automotive Repair

We service

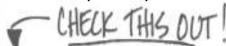
GM • Chrysler • Ford

Toyota • Honda • Nissan Kia • Subaru • VW • Audi

Mazda • Scion • Hyundai

Lexus • Infiniti • Acura **BMW & Mercedes**

Cars. Trucks. SUVs



Recession-BUSTER Coupons

Brake Special \$100 Off

\$50 per axle

Maintenance Service

Oil Change Special

with any other paid sevice



Services available: Factory Scheduled Service 15K/45K/75K & 30K/60K/90K, Brakes, Struts, Shocks, Belts, Hoses, Radiators, Water Pumps, CV Axles, Oil Leaks, Head Gaskets, Clutches, **Engine & Transmission Replacement**, and much much more!



3727 Convoy Street Clairemont/Kearny Mesa

858-279-7724

**Cannot be combined with any other offer.

mildabandon.net

EJP@2009



"The new guy is amazing; he's totally got those don't-hate-me-just-because-I-mightbe-a-vampire evebrows."

CLAIREMONT, 1/2 off first month! \$850, 1 bedroom. \$1150, 2 bedroom. Balcony pool, laundry, off- street parking. 7322 Mesa College Drive. 858-560-6204.

CLAIREMONT. 2 bedroom, 2 bath townhouse: \$1250. Gated, parking, laundry on site, pool. Call Irena, 858-279-9590.

on sire, pool. Call irena, 858-279-9990. CLAIREMONT. 1/2 of 1 stil Extra large 2 bedroom, 1-1/2 bath, \$1195. All appliances, washer and dryer, new carpet, balcony, pet negotiable. 4910 Longford #5. 619-804-3325.

CLAIREMONT, \$1125 plus deposit. 2 bedroom, 2 bath. New carpet. Gated entry, carport. Indoor kitten OK. Woodburning fireplace, ice-maker. Laundry room. Call 858-337-8054 or 858-206-2566.

CLAIREMONT. Free continental CLAIREMONT. Free continental breakfast buffet, maid/ linen service! No lease! Free utilities! Studios starting \$1195/ month*, weekly starting \$300' ("subject to change, based on availability). Ask about our 6- month lease program. Heated pool/ spa. Laundry. Microwave. Refrigerator. High- speed Internet. California Suites Hotel, 5415 Clairemont Mesa Boulevard. 1-888-475-7147. www. californiasuiteshotel.com.

CLAIREMONT. Move-in special! From \$1195. 2 bedroom, 1-1/2 bath. Large, sunny townhomes. Pool. Parking. No pets. The Gardens, 5544 Balboa Arms Drive. Call 858-278-5862. **CLAIREMONT.** \$1250, 2 bedroom, 1.5 bath townhouse. Parking, laundry on site, pool. 1- year lease. 5188 Balboa Arms Drive. Call Chris, 858-541-7683.

CLAIREMONT, 1 bedroom, 1 bath \$995. Parking, pool. Laundry on site. Gated. 5150 Balboa Arms Drive. Call Thea, 858-571-0104.

CLAIREMONT. \$1195. Utilities included. Pleasant 1 bedroom, 1 bath apartment/ casita. Private patio. Canyon views and breezes! Quiet cul-de-sac. Laundry. Pet considered. Nonsmoking. 760-420-1411.

CLAIREMONT, \$1595, 2 bedroom, 2 bath. Stainless steel appliances, granite counters. Large patio. Pool. No pets. One year lease desired. Call Coldwell Banker Property Management 858-488-2228.

Senior 55+

Clairemont. \$885. 1 bedroom, freshly painted, on-site laundry. Near bus. No pets. 1/2 off first month! Section 8 welcome. 858-735-5587; 858-735-4099.

CLAIREMONT/ KEARNY MESA.

Wexford Manor. Large 1 and 2 bedrooms in beautiful complex with pool, spa, laundry, air conditioning, dishwasher. Sorry, no pets. \$995-\$1275. Photos at www.wexfordliving. com. 7870 Stalmer Street. Call 858-277-4843.

CLAIREMONT/ SERRA MESA. 3 bedroom, 2 bath condo. \$1595. Pool, amenities. New paint, carpet. Close to I-15, 163. Available now. Pets OK with deposit. 619-249-4713.

COLLEGE AREA, \$795. 1 bedroom, 1 bath. On-site parking. New carpet and paint. Clean, quiet, secure. 5450 University Avenue. Call Rachael, 619-804-1044; or Jeff. 619-713-1044.

COLLEGE AREA. 62+ 1 bedroom Balconv. Near stores. Off- street parking. No smoking/ pets. \$650/ month plus deposit. 6650 Amherst. Available now. 619-232-7207; 619-232-8284.

COLLEGE AREA. Large, 3 bedroom, 2 bedroom, 1 bath, \$1350, \$950. Patio, offstreet parking, new carpet, on-site laundry. No pets. Call for special!

COLLEGE AREA. Move- in special! \$795. 1 bedroom 1 bath apartment. Hardwood floors. 619-980-0019 or 619-980-6076.

COLLEGE AREA. Newly refurbished 2 bedroom, 2 bath, \$1100. Brand new carpeting, paint, tile. All amenities, controlled entry, parking, laundry on premises. Park- like setting. Fine residential area near all. 4546 52nd Street. 619-461-9415. 619-287-1996

COLLEGE AREA. Move- in special! 1 bedrooms \$795. Air conditioning. On-site laundry, off- street parking. No pets. 4912-D 67th Street. 619-964-7575.

COLLEGE AREA. \$1095. 2 bedroom, 2 bath. Beats competition! Immaculate. Remodeled. \$600 off. Parking or garage. 4435 48th Street. 619-203-9784.

COLLEGE AREA. Campus Village. Great move- in special! 1/2 off 1st month's rent OAC. 3 bedroom, 2 bath, \$1375. Gated community, pool, air conditioning. 5925 El Cajon Boulevard. Call today, 619-583-3339.

COLLEGE AREA. \$1195+. 2 bedroom 2 bath condos. Hardwood floor. New carpet and tile. Balcony/ patio. Gas stove, microwave. Central air/ heat. Dishwasher. Washer/ dryer hookups. Gated. 2 miles to SDSU. Near all/ golf course. Pets upon approval. 5170 Orange Avenue, 92115. 1 month free. For details call 619-285-3822.

COLLEGE AREA. \$1299-\$1349. 2 bedroom 2 bath apartment, air conditioning, parking, coin- operated laundry. Very near to SDSU. Available August 2009. Move- in Special: \$500 off 1st month's rent, OAC. 5565 Hardy Avenue. www.stevenleeproperties.com. 619-295-1161.

COLLEGE AREA. \$795. 1 bedroom, 1 bath

COLLEGE AREA. \$975. 2 bedroom, 1 bath

college AREA. \$1150/ up. Large 2 bedroom, 1 bath. Totally refurbished, offstreet parking, on-site laundry. Water/ trash paid. Section 8 OK. Pet on approval. 858-455-5956

COLLEGE AREA, \$895, 2 bedroom, 1 bath. On-site laundry. If you can find one better, rent it! 7240 El Cajon Boulevard. Call

Lynette, 619-602-0959 or Rachael at 619-804-1044.

COLLEGE AREA. Huge 2 bedroom, 1 bath, \$1050. New carpet and paint. On-site parking/ laundry. Clean, quiet, secure. 4752 Seminole Drive. Call Rachael, 619-804-1044, or Jeff, 619-713-1044.

1044, or Jeff, 619-713-1044, COLLEGE AREA. 3 bedroom, 2 bath condo, \$1600. College Park Townhomes, a gated community. 2- car garage, central heat and air, remodeled kitchen, 3 stories with balconies. 3962 60th Street #66. People Helping Others Property Management, 619-282-5400. peoplehelpingothers.com.

OAC. Upper 2 bedroom, 1 bath apartme Parking lot, laundry, no pets at 6735 El Cajon Blvd. #B-7. Agent, 619-299-8515 COLLEGE AREA, \$825 rent, \$700 deposit

COLLEGE AREA. 1 bedroom from \$775. \$400 off first month's rent. Pool, laundry, barbecue. Close to SDSU and all conveniences. No pets. 4333 College Avenue. 619-287-8380.

COLLEGE AREA. \$750. OAC. Newly decorated, spacious, quiet 1 bedroom apartment. New paint, carpet. Assigned parking, air conditioning. Beautiful patio. 4444 49th Street. 858-278-6135. 619-309-5039. 619-549-9542.

COLLEGE AREA. Upgraded 2 bedroom, 2.5 bath townhome. \$1495; deposit \$1495. 1 garage. Available. 1/2 off 1st month! New carpet, appliances. 1404 square feet. 3926 60th Street. v@ sdcpm.net. Agent,

619-220-4840.

COLLEGE AREA/ ROLANDO. \$1475.

Reduced rent! Luxury 2 bedroom, 1.5 bath townhouse with double garage. Washer and dryer hookup. View, fireplace, quiet area. No pets. Completely renovated. 858-271-

COLLEGE AREA/ SDSU. 2 bedroom, 1 bath duplex, \$1300. Hardwood floors, fenced uupiex, \$1300. Hardwood floors, tenced yard, laundry. \$400 off first month's rent! Available now. 4762 College Avenue. Agent, 619-260-8121. View at www.

COLLEGE AREA/ TALMADGE. \$950 rent, \$800 deposit OAC. Large 2 bedroom, 2 bath, laundry, parking, newer carpet, no pets, at 4423 Menlo Avenue #9. Agent, 619-200 0515

COLLEGE AREA/ TALMADGE. \$950 rent, \$800 deposit OAC. Large 2 bedroom, 2 bath, laundry, parking, newer carpet, no pets, at 4423 Menlo Avenue #9. Agent, 619-200.9515 CROWN POINT. \$950. 1 bedroom, 1 bath

apartment. Walk to Mission Bay. New carpet and paint. No pets. 4009 Honeycutt Street. 858-438-3534. www.cal-prop.com. CROWN POINT. \$1395_2 bedroom_1 bath

crown Point. \$1395. 2 bedroom, 1 bath apartment. Coin laundry, charming upstairs unit, no pets. 2014 Oliver Avenue #4. www. cal-prop.com. 858-483-3534.

CROWN POINT. \$1635. 2 bedroom, 1 bath apartment. Upgraded, new carpet, coin laundry. No pets. 2169 Reed Avenue #A. www.cal-prop.com. 858-483-3534.

DEL MAR. Furnished 1 bedroom guest unit. \$1600. Private entry, patio. Utilities paid. Includes cable/ Internet. Jacuzzi. Parking. No pets. Lovely area. Walk to beach. 12822 Via Nestore. 619-435-0387, 619-206-3089.

DEL MAR. \$1850. 3 bedroom, 2 bath condo in Del Mar Bluffs. Clean, quiet, secure building. On-site laundry/ parking. 13754 Mango Drive. Call Rachael, 619-804-1044.

DEL MAR. 1 bedroom, \$1695. 2 bedrooms; ocean views \$2195 and up, others \$1895. 3 bedroom, \$2395. Gated, nonsmoking community. 201 Fourth Street. 858-481-9585; mikeatla@aol.com. www.

DOWNTOWN. Beautiful building, new furnished rooms. Refrigerator, microwav TV, cable. Starting at \$175 weekly. 920 Beech Street. Call 619-234-1952.



DOWNTOWN. Comfortable rooms, \$450/up. Studios, \$650/up. Near Gaslamp District. Very quiet and clean. Free

cable TV, on-site laundry, vending machines, community kitchen, shared bathrooms. Near shopping, restaurants, movie theatres and Horton Plaza. No pets. Arlington Apartments, 701 7th Avenue. Hughes Management, Lic#955724, 619-231-2385. www. HughesManagement.net. www.sdreader.com/news/rent2097.



DOWNTOWN. Economical furnished rooms, \$450-\$550, best price, save money. Conveniently located on C money. Conveniently located on C Street trolley line, near restaurants, free cable TV, shared bathrooms, onsite laundry facilities, vending machines, elevator service, no pets, 636 C Street (between 6th and 7th). C Street Inn, Hughes Management, Lic#955724, 619-234-4165, www. HughesManagement.net. www. sdreader.com/news/rent2098.

DOWNTOWN. Brand new rooms near City College. Single rooms with kitchenettes from \$140/ week, deposit (long- term). Includes utilities/ cable. Quiet, secure. Shared bath/ laundry. Hotel Mediterranean. 619-231-8656. www.hotelmed-sd.com.



DOWNTOWN. Studios with kitchen and bath, \$625-\$700. Single room with private bathroom, \$550-\$595. Nonsmoking. No pets. 10th and E Street. Hughes Management, 619-231-2385. www. HughesManagement.net.



DOWNTOWN. Cozy rooms, \$486-\$625. Very comfortable, convenient location. Very comfortable, convenient location. Historic building near C Street Trolley. Choice of shared or private bathrooms. Free cable TV, on-site laundry, vending machines, modern elevator, no pets. Southern Hotel, 1159 6th Avenue at B. Hughes Management, Lic#955724, 619-239-3808. www.



DOWNTOWN. Gaslamp area. \$425-\$550. Community kitchen, shared bath, on-site laundry, vending machines, no pets. Star Hotel, 522 7th Avenue. Hughes Management, Lic#955724, 619-235-6068. HughesManagement



DOWNTOWN. Outstanding furnished rooms, \$450-\$500. Heart of Gaslamp. Shared bathrooms. Community kitchen Free cable. No pets. Windsor Hotel, 843 4th Avenue. Hughes Management, Lic#955724, 619-235-6068. www. HughesMangement.net.

SHOCKS · STRUTS · AXLES · BOOTS · BEARINGS · AND MUCH MORE!

\$**89**^{95*} **Brake Special** Resurface rotors,

install pads. Most cars.

Rear

Drum

Brakes

Resurface and install.

Most cars.

Change

Most cars.
Disposal fee included.

Special

Most cars.

Free Brake Flush with any major Brake Service!

Free Brake Inspection! Certified Technicians • Lowest Prices in Town! Same-Day Service • Shuttle Service



4354 Twain Ave., Suite B • San Diego (off Mission Gorge Rd. by Washington Mutual) "Make Your Next Stop The Brake Stop!"

619-521-0689

www.thebrakestop1.com

Mon.-Fri. 8 am-5 pm • Sat. 8 am-1 pm Visa • MC • Discover • AmEx *Offer expires 9/22/09.

Only the Best: Quality, Price, Service



Window 1

(reg. \$199) All windows*

- Lifetime nationwide warranty
- Premium tint no fading, peeling, scratching or bubbling
- 20 years' experience



Auto Sound & Image

1220 S.Coast Hwy. • Oceanside • 760-637-2688

*California legal restrictions apply. Offer expires 9/16/09.



DOWNTOWN. Attractive rooms. Shared rooms. Shared baths. Utilities included. Near City College. \$450-\$595/ month. 719 14th Street. Villa Victoria. Hughes Management, Lic#995724, 619-239-1639 x103. www.HughesManagement.net.

DOWNTOWN. Historic 2 bedroom, 1-1/2st bath duplex home located at edge of East Village. Ballpark views, walk to Gaslamp, 2 fireplaces, new appliances, washer/dryer. Beautifully landscaped, controlled access parking, Gardener included. \$1595/ month. No pets. Nonsmoking. 619-795-2881.

DOWNTOWN \$950 1 hedroom Deposit only \$200. Quiet, gated, parking, on-site laundry. No pets. 1830 Market. 619-405-7368.

DOWNTOWN. \$795. Studio, 1 bath apartment, 6- month lease, refrigerato on-site laundry, corner unit. Fee. Free search at www.westsiderentals.com. 619-367-3333.

DOWNTOWN. \$1125. 1 bedroom, 1 bath apartment, luxury 1 bedroom, pet OK, 1- car parking, balcony, patio, dishwasher. Fee. Free search at www.westsiderentals.com. 619-367-3333.

DOWNTOWN. \$1650. 2 bedroom, 2 bath apartment, 1- car parking, pet OK, amazing views, spacious closets, barbecue area, spa. Fee. Free se www.westsiderentals.com. 619-367-3333.

www.westsiderentals.com. 619-367-3333.

DOWNTOWN. Stay the week, stay the month! Monthly rates from \$21.87/ night. Wireless Internet in all rooms. 1-2 blocks to bus, train. Flat-screen TVs. Weekly rates from \$37.14/ night. Community kitchen and dining area. European-style detached bathrooms. Monthly rentals must qualify under the San Diego Housing Commission's low-income program. Subject to availability. Taxes not included. 500 West Hotel, 500 West Broadway. 500WestHotel.com. Toll free: 888-281-2676 or 619-234-5252.

DOWNTOWN. Premier location.

DOWNTOWN. Premier location. Furnished studios with full baths, from \$199/weekly. Two award-winning buildings to choose from with 24-hour staff aware laundry come sunderks. staff, gyms, laundry rooms, sundecks. Free wireless Internet. Island Inn: 202 Island Avenue (Second and Island), 619-232-4138. J Street Inn: 222 J Street, 619696-6922. www.affordablehousingsd.

DOWNTOWN. Fully furnished studios with utilities included. Rates start at \$160/ week. Free wireless Internet. Baltic In 521 6th Avenue. 619-237-0687. www. affordablehousingsd.com.

DOWNTOWN. Fully furnished studios with utilities included. Rates start at \$160/ week. Free wireless Internet. Baltic Inn: 521 6th Avenue. 619-237-0687. www. nousingsd.com.

DOWNTOWN. Premier location. Furnished studios with full baths, from \$199/weekly. Two award-winning buildings to choose from with 24-hour staff, gyms, laundry rooms, sundecks. Free wireless Intern Island Inn: 202 Island Avenue (Second and Island), 619-232-4138. J Street Inn: 222 J Street, 619-696-6922. www.

attordablehousingsd.com.

DOWNTOWN, EAST VILLAGE. Half off 1st/
2nd month's rent! \$668 including utilities
with 12- month lease, single occupancy
(income qualify—ask for details).
Furnished. Air conditioning. Full bath.
Kitchenette. Internet. Balcony with bay/
ballpark views. Clubhouse. Business center.
Cated community. Naer Just trolley. Island. Gated community. Near bus/ trolley. Island Village. 1245 Market Street. 1-888-325-4573. sdreader.com/places/island-village/

DOWNTOWN/ EAST VILLAGE

DUMNTOWN/ EAST VILLAGE.
Spectacular Location! From \$1025.
Studios, 1 bedrooms, 2 bedrooms, 3
bedrooms. (Pet friendly, certain breeds restricted). Near Petco Park. Rooftop terrace. Business center. Courtyard feature. Fitness center. Controlled teature. Fitness center. Controlled underground parking. Washer/ dryer. Dishwasher. Microwave. Patio/ balcony. Walk-in closet. Air conditioning. Pets under 30lbs. Ask about our move-in specials! Low \$400-\$700 deposits! Entrada, 453. 13th Street. www. entrada453.com. 1-888-204-9735. www.

soreader.com/news/rent2102.

DOWNTOWN/ EAST VILLAGE. \$1950. 2

bedroom, 2 bath condo. Blocks from
Petco Park. Scenic court unit has 2

secure parking spots. Granite
counterlops, washer/ dryer, air conditioning, storage unit are part of this rental's benefits. No pets. Available October 1. 619-889-4951; 619-698-5686.

DOWNTOWN/ GASLAMP. Las Flores
Hotel. Small, quiet. \$125/ week and up.
Four- week minimum. Color TV with basic
cable. Refrigerator in most rooms.
Secure. 619-235-6820.

DOWNTOWN / GASLAMP. Move- in Specials. Live/ Work Lofts in heart of The Gaslamp! Roof decks with barbecue.

Laundry on every floor. Parking available Seven locations Downtown. Select pets OK. Visit loft leasing office: 315 Fourth Avenue. 619-231-1505 x12. www. trilogymanagement.com. Also visit www Avenue. 619-201 trilogymanagement.com. Also sdreader.com/news/rent2064

Urban Mini Lofts

Beaumanor, unique urban mini lofts, \$675-\$900. Several sizes, 12' ceilings, \$675-\$900. Several sizes, 12' ceilings, brick, hardwood floors, near Horton Plaza. Hardwood furniture available. Paid cable/ electric/ water. Most include sleeping decks. Refrigerator/ microwave included. High- speed Internet available. On-site laundry, barbecue deck, outdoor kitchen. Impeccable renovation. No pets. 927 6th Avenue. Michael, 619-232-1517. beaumanor927@yahoo.com. http://www.sdreader.com/news/rent2127.

DOWNTOWN/ LITTLE ITALY. From S800/ month. Private bath, cable TV, microwave, refrigerator. Utilities included. Secure, quiet, charming. Efficiency apartments with laundry. Near trolley/ bus lines, blocks from harbor. On-site manager. Villa Caterina, 1654 Columbia Street 619-232-2400 nayer. Villa oot 610-232

DOWNTOWN, LITTLE ITALY. Corner studio, \$895. 9' ceilings. Hardwood floors. Nice kitchen. Ideal location. Secure, quiet building with laundry. 1534 Front, near Beech Street. 619-233-7428.

DOWNTOWN/ LITTLE ITALY. Columbia Lofts. Large 1 bedrooms, 1-1/2 baths, track lighting. City and harbor views. Washer/ dryers. \$1600-\$1800. www. sdurbanliving.com, 619-255-0526.

DOWNTOWN/ PALERMO. \$1650. 1 bedroom with all appliances, 888 squar feet, underground parking, community pool, great location. 1501 Front Street. Leasing Unlimited, 760-436-7273

\$775/ month. Small 1- bedroom, 1- bath apartment, storage area, gated. View of ballpark. New paint/ carpet. Small dog OK. Walking distance to Downtown. On-site laundry. 207 19th Street. 619-994-0449.

EAST SAN DIEGO, \$695. Furnished EAST SAN DIEGO. \$695. Furnishe studio alcove apartment. Complete living room, bedroon and kitchen furniture. No SDG&E deposit or hookup fee required. Near 52nd and University, 5101 Towle Court. Close to SDSU. Laundry room. Off- street parking. Low \$300 deposit. 619-281-9451.

EAST VILLAGE. Move-in special: \$1375. Studio, 718 square feet, "Metrome." Gated, stainless appliances, granite, washer/ dryer, air, extra storage, parking, gym. 1150 J Street. 858-336-3456.

EL CAJON \$735, 1 bedroom, Attractive, well- maintained property with beautiful courtyard. Gated access and quiet location. 340 Orlando. TPPM 619-818-9939, www.northwindapts.com.

EL CAJON. \$950, Clean, 2- bedroom apartments. Gated parking. Pool. Laundry room. Barbecue. Central heat/ air, stove, refrigerator, ceiling fans. Lease. 619-312-0606.

Lease. 619-312-0606.

EL CAJON. Terraza Hills offers great apartment homes. Watch sunset from private patio. Ceiling fans, disability access. Pool, spa hot tub. Play area. 2 bedrooms from \$1025. 888-329-7056, www.TerrazaHills.com.

EL CAJON. \$100 off first month's rentl Large 2 bedroom, 1 bathroom. Small, quiet complex. Patio, BBQs. No pets. Free credit check. \$875 /month. \$800 deposit. Oakdale Avenue. 619-993-1386.

EL CAJON. \$500 off first month! \$1150.
2 bedroom, 1-1/2 bath townhome. \$400 deposit. New paint, appliances, carpet. Small yard. Small gated community. Laundry facilities. Pool. No pets. Available now. 1397 East Washington. 619-593-6602. www.strafordarmsapts.com.

EL CAJON, \$1725, 3 bedroom, 2.5 bath townhouse. Fireplace. Stainless- steel appliances. Small, fenced yard. 1133 Persimmon Avenue. 619-964-7575 or 619-980-0019.

EL CAJON. \$900 and up. 2 bedrooms, 1 and 2 stories. Amenities. Pool, park-like grounds, laundry on premises, parking. Near town, shops, bus. 743 South Magnolia Avenue. 619-579-0174 or 619-464-1818.

EL CAJON. 1/2 off 2nd month OAC! 1 bedroom, \$700; 2 bedroom, \$800. Appliances, on-sile laundry, air, pool, off-street parking. Lushly landscaped. 294 Ballantyne. 619-334-7934 or 619-715.1553. 715-1553.

EL CAJON. 2 bedrooms, \$925 and \$975. Full- size appliances. Air conditioning, walk-in closet. Pool, Jacuzzi. Gated community. Call 619-444-5799. www. sdaptbrokers.com.

EL CAJON. \$850. Spacious 1 bedroom, 1 bath. Air conditioning, pool and spa. Off-street parking. On-site laundry. Call 619-447-7386. www.sdaptbrokers.com.

EL CAJON. Cajon Villas. 3 bedroom, 2 bath: \$1275. 2 bedroom, 2 bath: \$950. 1 bedroom, 1 bath: \$735. Pool. Parking. Air conditioning. Laundry room. No pets. Available now. 933 Peach Avenue. 619-

EL CAJON. 1/2 off 1st! Spacious 3 bedroom, 2-1/2 bath townhome, \$1595. Garage, all appliances, air conditioning, washer and dryer hookups, patio, pool. 1465 E. Lexington Avenue 16B. 619-804-3325.

EL CAJON. 1/2 off 1st! Remodeled 3 bedroom, 2 bath, \$1295. Gated, granite, all stainless steel appliances, cherry cabinets. 1028 Leslie Road. 619-804-3325.

EL CAJON. 1 bedroom apartments, \$750-\$775. New carpet, paint. Assigned parking. Laundry. No pets. Available now. 452 Emerald Avenue. More Property gement, 858-514-8201

Management, 858-514-8201.

EL CAJON. \$725. 1 bedroom. El Cajon's best maintained property with beautiful courtyard and sparkling pool. No pets. 1072 East Madison Avenue. TPPM, 619-

TOTAL CAST MINIOUS OF AVENUE. I PPM, 619-444-1614. www.fourwindsapts.info.

EL CAJON. \$880. Spacious 2 bedroom, 1 bath in beautiful property with sparking pool. Walk to courthouse and Main Street expension. Main Street 1 shopping. No pets. 163 Ballantyne Street. TPPM, 619-579-6248, www. tradewindsapts.info.

EL CAJON. \$845. 2 bedroom, 1 bath starting. 3 bedroom, 1.5 bath, \$1045. starting. 3 bedroom, 1.5 baut, \$1000.
Very clean with great location and on-site parking and laundry. 432 Dominguez Way. TPPM, 619-405-4500.

EL CAJON. Gated community park.
Trailers for rent, different sizes. From \$600-\$850. Plus utilities/ deposit. Conveniently located, close to trolley bus, shopping. No pets. 619-933-5189

Two Weeks Free Rent!

El Cajon. \$900 and \$925. Two bedroom Newly remodeled! Spacious! Beautiful, new, plush carpet, much more. Sparklin clean! Low deposit, OAC. Designed for easy care. Gated pool, on-site laundry. Private, reserved parking. Close to mall, stores, easy freeway access. Most all utilities included! See today. Call Irma, friendly on-site manager. Sorry, no pets. Call today: 619-442-4644. **EL CAJON/ GRANITE HILLS. 2** bedrooms, \$975. 2 bedrooms, 1-1/2 baths, \$995. Dishwasher, air conditioning, pool. Cat welcome. Call 619-447-2552. www.sdaptbrokers.com.

ENCINITAS, 2 bedroom, 1 bath. Upstairs. Gated complex. \$1400/ month. Laundry and assigned parking. No pets/ smoking. Immediate occupancy. 760-604-6088.

ENCINITAS. \$795 and up. Sick of roommates? Cozy beach trailers in quiet park. Near beach, Coaster, restaurants, shops. 152 North Coast Highway 101. 760-753-4101.

ENCINITAS. \$1200. 1 bedroom. Quiet. Well- located west of Pacific Coast Highway near beach. Laundry. No pets. 810 Third Street. TPPM, 760-436-

6441.

ESCONDIDO. \$99 first month's rent! 1 bedroom apartment, \$750/ month. Pool, air conditioning, laundry, parking. Open house this Saturday and Sunday, 11am-2pm, 702 North Fig Street. Call 619-316-9995. www.

Street. Call 619-316-9995. Www. melroyproperties.com. **ESCONDIDO.** 1/2 off first month! 1 bedroom, 1 bath, \$795/ month. Patio, new carpet/ paint, pool, spa, clubhouse, barbecue, laundry, parking. 1960 East Grand Avenue. Call 619-316-9995. Visit www.melroyproperties.

FASHION VALLEY, West \$1200 / month. 2 bedroom, 2 bath apartmen All appliances. Near USD. No pets. 1266 Benicia Street. 619-985-8488.

FASHION VALLEY. \$975-\$1100. Large 1 and 2 bedroom apartments. Huge walk-in closets. Dishwashers. On-site parking. Balcony. No pets. 5720 Gaines Street. 619-299-3477.

FASHION VALLEY. \$1395. 2 bedroom, 1 bath condo. Near USD, upgraded with granite counters and stainless steel appliances, washer/ dryer in unit. No pets. 1205 Colusa Street #1. 858-483-3534. www.cal-prop.com.

483-3534. www.cal-prop.com.

FASHION VALLEY, \$1500 rent, \$800
deposit OAC. Walk to USD. 2 bedroom,
2 bath townhouse, laundry in unit,
granite counters, balcony, parking for 2
cars, no pets, at 1333 Brunner Street

#8. Annt £10-209-8515. cars, no pets, at 1333 Bru #B. Agent, 619-299-8515.

AUTOMOTIVE



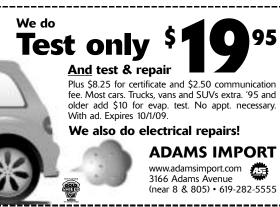
10% ^{OFF} BRAKES

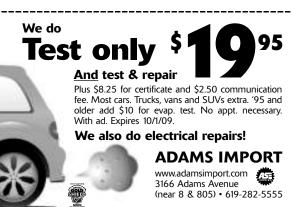
Expires 9-17-09.

Discount Foreign Auto Parts 2921 El Cajon Blvd.

San Diego, CA 92104

619-283-6086 MOVING SALE







TOWING IN SD COUNTY

WITH MOST REPAIRS

TRANSMISSION SERVICE \$49.95

CLUTCH JOB \$275

LUBE, OIL AND FILTER

5780 AUTOPORT MALL

858.558.8808

805 & Miramar Rd

\$19.95 21-POINT SAFETY CHECK TOP OFF ALL FLUIDS.

DIFFERENTIAL SERVICE \$49.95





6-tone siren

Flashing parking lights

JHO MED TO iPod-ready KENWOOD AM/FM CD Player \$**59**

High power

Detachable face

Touchscreen • Motorized face
 iPod-ready • Detachable face • MP3

\$299



Buy 1, Get 1 Free 2000-watt subwoofers



714 E. Valley Parkway, Escondido • Toll-free: 888-220-9475 < Mon.-Fri. 9 am-7 pm • Sat. 9 am-6 pm • Sun. 10 am-4 pm



See our other ad in the front of the Reader.



/// 95



Catalytic Converter Special Call for price.

2995 and u Timing Belts spark plugs and up Brakes 89 Install new economy lining. Resurface drums or rotors extra. Premium lining extra.

Tune-up



3D Technology Alignment & New Tires Available. Most Major Brands. Call for *Reader* Special.

All offers valid on most cars, with coupon. Offers expire 9/10/09

Good Auto Repair at a Good Price
"This place is not one of those chains, but it's a great place to get your car fixed. I have been going there for years. The mechanics are honest and tell you exactly what is wrong." – B.W.

Thao Auto Repair & Advanced Machine in one location to better serve you!

THAO AUTO
REPAIR

3400 El Cajon Blvd. • (619)640-4606
Visa • MasterCard • Se habia español
Special rates for auto body repair without insurance.

ADVANCED
MACHINE
PARTS • SERVICE • WELDING
Your Complete Automotive Machine Shop
3400 El Cajon Blvd. • 619-640-4609



FASHION VALLEY. \$1480. Large 2 bedroom, 2 bath condo. 2 parking. No pets. Gated, remodeled. New carpet/paint. Dishwasher. Pool/gym. 6406 Friars Road, #237. Juno, 619-275-3455.

FASHION VALLEY, \$1295, 2 bedroom, 1 bath. Fireplace, balcony, community pools, spas. Gym, clubhouse. Close to all. Nonsmoking. No pets. Agent, 619-692-4121.

FASHION VALLEY/ USD. \$1575. 3 FASHION VALLETY USD. \$15/5.3 bedroom, 2 bath. Stove, refrigerator, dishwasher, coin laundry, fireplace, balcony. Available now. 5720 Lauretta. Del Sol Property Management, www. delsolpm.com. Broker. 858-270-2071.

FASHION VALLEY/ USD. \$1250 rent, \$800 deposit OAC. Walk to USD! 2 bedroom, 2 bath, laundry, parking, no pets, at 1330 Eureka Street #14, #18 or #35. Agent, 619-298-5820.

FASHION VALLEY/ USD. \$900 rent, \$800 deposit OAC. Large 1 bedroom, laundry, parking, walk to USD, no pets, at 1330 Eureka Street #28. Agent, 619-298-5820. FASHION VALLEY/ WEST. \$1450. 3-bedroom, 2- bath units available. Upstairs and downstairs. Some with balconies! Washer/ dryer hookups! Across from USD. 5845-5865 Lauretta Street. 619-222-4836x14 or www.liveatthebeachnow.com.

FASHION VALLEY/ WEST. 51250. Presidio Place. Call about Move- In Speciall Luxury resort. Spacious 1 bedroom, 1-1/2 bath. Pools, lagoon, spa, tennis. 24- hour gate attendant. No pets. Agent, 619-692-4121.

GOLDEN HILL. \$1500. 3 bedroom, 1 bath townhome. Contemporary setting, fully remodeled. Upstairs patio. 1300 square feet. Minutes to downtown. Garage. Laundry facility. Security entry. 619-247-7327.

GOLDEN HILL. \$750. 1- bedroom duplex, stove, refrigerator, carpet. Large deck with bay view. Near bus. No pets. Call 858-277-7166.

GOLDEN HILL. Charming 1 bedroom, 1 bath. \$775/ month. Hardwood floors. Great neighborhood, on-site laundry. No dogs. Available now. 2421 E Street.

GOLDEN HILL. 2 bedroom, 1 bath apartment, \$1050. All utilities included! apartment, \$1050. All utilities included!
Tile floors, updated kitchen, upstairs unit
on quiet property. 1218-A 31st Street.
People Helping Others Property
Management, 619-282-5400.
peoplehelpingothers.com.

GOLDEN HILL. \$700. 1 bedroom, 1 bath apartment. Patio, fenced yard. Close to all. Small pet OK. 2528 'C' Street, #11. www.centrecity.net. 619-296-6699.

GOLDEN HILL. Large 2 bedroom. \$995. Gated entry and parking, on- site laundry, dishwasher. No pets. 3013 C Street. 619-546-9852.

GOLDEN HILL, \$865, 1 bedroom, large lower unit, quiet complex, gated entry, coin laundry. Walk to bus and shops. No pets. Near Downtown. Agent, 619-677-2500.

HILLCREST. Unique loft in heart of Hillcrest, \$1950. 2 full baths, granite Hillcrest, \$1950. 2 full baths, granite countertops, stainless appliances, 1000 square feet, with 14- foot- high ceiling, central air and heat, washer/ dryer in unit, underground parking— 2 spaces, water/ sewer/ trash paid. A must seel 3211 5th Avenue, #201. People Helping Others Property Management, 619-282-5400. nelpingothers.com.

HILLCREST. Studio. \$775 includes water. Secure building, underground parking, gym, spa, BBQ patio, on-site laundry, stove,

refrigerator, dishwasher. Queen Murphy bed. Nonsmoker, no pets. 858-272-8008.

HILLCREST. Spacious 1 and 2 bedrooms! Berber carpet, fireplant Span gym, intercom and elevator. Sono pets. Hillcreet Survey spa, gyrii, illercoll and elevator. Sony no pets. Hillcrest Summit, 4134 4th Avenue. See photos at www. wexfordliving.com. Call 619-299-0047.

HILLCREST. \$200/ week and up. Refrigerators, cable TV and HBO. Embassy Hotel, 3645 Park Boulevard, San Diego 92103. 619-296-3141.

HILLCREST. \$875. Cute 1 bedroom cottage. Newer carpet and vinyl, stove, refrigerator, washer hookup. Small yard. No pets. 316 West University Avenue. Agent, 619-469-7790, www. westmanproperties.com.

HILLCREST. 2 bedrooms, 2 baths, \$1460 HILLGREST. 2 bedrooms, 2 baths, \$1460 and \$1375 month. Great community. Close to shopping, restaurants and public transportation. Air conditioning, electric stove, dishwasher, ceiling fan, mirrored closet doors, full bathroom, big patios. Gated community, assigned parking, intercom, elevator, laundry on site. 4043 First Avenue. Call for an appointment. 858-571-1970.

HILLCREST. Hillcrest Palms. Senior complex, 55+. \$870. 1 bedroom apartments. Gated community. Convenient location. Near hospitals, restaurants, shopping. No pets. 4042 Albatross Street. 619-574-0784.

HILLCREST. \$745. Studio, 1 bath apartment, high ceilings/ lots of windows make unit very attractive, shared yard, fresh paint. Fee Free search at www. westsiderentals.com. 619-367-3333.

HILLCREST, \$995. 1 bedroom. Stove, refrigerator, shared lawn area. Cat OK with additional \$300 deposit. Great location on the bus line. Available now. 3749 Fourth. Del Sol Property Management. www.delsolpm.com. Broker, 858-270-2071.

HILLCREST. \$1295. 2 bedroom, 2 bath apartment. Downstairs, spacious, coin laundry onsite. No pets. 1263
Pennsylvaria #2. www.cal-prop.com.

httl.LCREST. \$1295. 2 bedroom, 1.5 bath apartment. Downstairs, new carpet, hardwood floors, new granite counters in kitchen. 1 parking. No pets. 3835 Third Avenue #9. 858-483-3534. www.cal-prop.

HILLCREST, \$875. Beautiful studio on the 3rd floor, near Balboa Park. Wood floors custom paint, walk-in closet, laundry. 2241 4th Avenue #303. 619-300-9487.

HILLCREST. \$1075. Beautiful, extra large 1 bedroom, 1 bath, Gated, all appliances. patio, underground parking, washer/ dryer in unit, elevator. 4155 Georgia #108. 619-297-7662.

HILLCREST. \$1295. 2 bedroom, 1 bath apartment. 1 block to University shopping and restaurants. 1 parking, coin laundry. 3831 Third Avenue. 858-483-3534. www.

HILLCREST, 2 bedroom 1 bath Laundry, parking, storage. Rent: \$1200. 1/2 off deposit! 4226 Cleveland Avenue. Call Mike: 858-490-1600; or Kenny: 619-255-4944.

HILLCREST. 2 bedroom, \$1025. New carpet. All new appliances, very attractive. Accent wall, newly painted. Quiet neighborhood. No pets. Available 9/8. Call 619-542-0708.

MILLCREST. \$595. Studio. Utilities included. Full kitchen, shared bath. Hardwood floors. Washer/ dryer available. Nonsmoking. No pets. 1-year lease. 1033 University Avenue. 619-952-7063.

HILLCREST. Country living in the city! HILLCREST. COUNTY living in in the city! Private on 5 acres. Sleepy Hollow Apartments. Rents from \$725-\$1100. Studios and 1 bedrooms. Pool, recreation on-site laundry and parking. Cats OK. City and canyon views. 4201 Sixth Avenue. Call 619-298-1059. www. HILLCREST. \$1045. 2 bedroom, 1-1/2 bath. Immaculate apartment, off-street parking. Near Henry's Marketplace. No pets. 4225 Georgia Street. TPPM, 619-

299-1004.

HILLCREST. \$775, 1 bedroom and studio with paid utilities, \$770. Quiet complex with shared yard. Walk to bus, shops and restaurants. No pets. Agent, 619-296-3189.

HILLCREST. \$800 rent, \$800 deposit OAC. 1 bedroom duplex. Small open parking lot. No pets, at 3853-1/2 First Avenue. 619-299-8515.

HILLCREST / BALBOA PARK, Large 2 bedrooms from \$1450. On-site laundry. 1 off- street parking space. Sorry, no pets. 3511 6th Avenue at Upas. 619-400-6881. HILLCREST/ BALBOA PARK. \$1185. 1 bedroom, 1 bath downstains in quiet, vintage 4-plex on the park. Stove, refrigerator and coin laundry. Cat OK with additional \$300 deposit. Available now. 1634 Upas. 858-270-2071. Del Sol Property Management, Broker. www.delsolpm.com. 858-270-2071.

hillCrest/ BALBOA PARK EAST. \$1300. Large 2 bedroom, 1 bath, first floor. Forest- like setting. Dishwasher Storage, carport. Secured building. Laundry. Gated community. Very quie No pets. 619-347-0003. nunity. Very quiet.

NUMBERS OF THE STORY OF THE

HILLCREST/ MISSION HILLS. \$1325. 2 bedroom, 2 bath on top/ 3rd floor. Attractive controlled- access building near UCSD Medical Center. No pets. 4066 Albatross Street. TPPM, 619-692-1837.

HILLCREST/ MISSION HILLS. \$985. Top attribut. To detect the controlled access building near UCSD Medical Center. Gated parking. Laundry. No pets. 4022 Albatross. TPPM, 619-293-0373.

HILLCREST/ NORTH PARK \$1095 rent, \$800 deposit OAC. Large 2 bedroom, 1 bath, hardwood floors, balcony, parking, laundry. No pets at 1930 Georgia Court #26. 619-501-5542.

HILLCREST/ UNIVERSITY HEIGHTS. 8875. 1 bedroom cottage/ duplex. Quiet courtyard. Hardwood floors. Antique charm! 1728-1/2 Meade Avenue.

IMPERIAL BEACH, 2 bedroom, 1.5 bathroom condo. Near beach, military bases, shopping, restaurants. New paint/ carpet. Washer/ dryer. Underground parking. \$1400. Colwell Realty. 619-423-2444.

https://doi.org/10.1009/phi/doi.org/10.1009/ph

IMPERIAL BEACH. 1 bedroom apartment. \$895-\$995. Right on the beach. 619-424-9233.

IMPERIAL BEACH. \$1100. 1 bedroom apartment with incredible ocean views. Gated parking. No pets. 933 Seacoast Drive. TPPM, 858-344-5329.

KENSINGTON, \$800. Large 1 bedroom. Very clean, park view. Laundry on site. No pets. \$500 deposit. 4598 39th Street. Call 619-641-0013.

KENSINGTON. \$1375. Spacious 2-bedroom, 2- bath with 2- car garage. Brand new kitchen. Security building. Near Downtown, Mission Valley and SDSU. Sorry, no pets. 858-456-2098

kENSINGTON. \$1215. 2 bedroom, 2 bath apartment. Ground floor unit with large bedrooms, walk-in closet, 1 parking. No pets. 4656 Edgeware Road #3. www.cal-prop.com. 858-483-3534. KENSINGTON/TALMADGE. \$1100.

RENSINGLINY, JALMADGE. \$1100. Spacious 2- bedroom, 2- bath apartment. Condo- quality building. Washer/ dryer included. Fireplace. Carport. No pets. 4444 Highland Avenue. Agent, 619-469-7790. www.westmanproperties.com. LA JOLLA. \$1350. Extra large 1 bedroom, 1 bath condo. Wood floors, patio, all appliances, storage, pool. 3162 Via Alicante. 619-804-3325.

LA JOLLA. 1 month free! \$1450-\$1475. 2 bedroom. Balcony. Laundry. Close to UCSD, shops. 8849 Villa La Jolla Drive. 858-457-4509.

LA JOLLA. \$1195. Includes Utilities. Block to bus, beach, Starbucks, Restaurants. to bus, beach, starbucks, Hestaurants. UCSD & Scripps by bus or bicycle. Living Room, Kitchen. Appliances. Walk-in Closet. Laundry. 858-336-0252

La Jolua SHORES, \$2275. Roomy 2 bedroom, 1 bath in charming garden complex near Beach and Tennis Club. Fireplace, parking and beautiful patios. 7836 El Paseo Grande #7. TPPM 858-

LA JOLLA/ UTC. 3 bedroom, 2-1/2 bath. Playmor. Beautiful condo, pools, deck, patio, all appliances, fireplace, carport. Near UCSD/ all. No pets. \$2250. 858-

LA JOLLA/ UTC. \$1355. 1 bedroom, 1 bath triplex, pool, cat OK, hardwood floors, patio. Fee. Free search at www. westsiderentals.com. 619-367-3333.

LA JOLLA/ UTC. \$1575. 2 bedroom, 1 bath condo, 900 square feet, near UCSD/ shopping, washer/ dryer in unit. Fee. Free search at www.westsiderentals.com. 619-

Great condo 2nd floor. Pets OK. New paint. Parking. Close to beach, shops. \$2100/ month. Agent: 619-366-4886.

LA JOLLA/ VILLAGE. \$1075. Special \$300 off on 1st month's rent! Charming Gove on on 1st month's rent! Charming European-style 1 bedrooms. Pool, community laundry, elevator. Walk to the Cove, dining and business district. No pets. 858-459-8254.

LA MESA, \$1195, 2 bedroom, 2 bath apartment. Spacious, downstairs corner unit. Air conditioning, pool, coin laundry. 1 parking. No pets. 8600 Lemon Avenue #7. 858-483-3534. www.cal-prop.com.

#7. 858-483-3534. www.cal-prop.com.

LA MESA. \$2450. Large 3 bedroom, 3 bath house. Approximately 3250 square feet. House has had extensive renovation with new carpet; niyil flooring; fresh paint; new kitchen cabinets, countertops and appliances. Fireplace in living room. Large tamily room has French doors that open onto a large patio. Second-story master bedroom has completely new master bath with all new fixtures. Bedrooms on ground floor have interior and exterior access. 4343 Helix Canyon Drive, La Mesa. To SDSU it's only 12 minutes (6.2 miles). Call Chris, 858-270-4492 x203.

LA MESA. From \$880. Move- in specials!

LA MESA. From \$880. Move- in specials! Spacious 1 bedroom units. Air conditioning, stove, refrigerator, new carpet/ flooring in select units, patio or balcony. Manager Chris, 619-634-5772; rental office, 619-460-8011

rental office, 619-460-8011.

AMESA, Parkway Plaza apartments.
Spacious 1, 2 and 3 bedroom floor plans.
Deluxe kitchen. Private patio or balcony.
Views. Ceiling fans. Pools, barbecue
picnic areas. 2 bedrooms from \$1125.
sedrooms from \$1600. 888-353-8736,
www.ParkwayPlazaLaMesa.com.

LA MESA. 1 bedroom, 1 bath. Balcony. Wood flooring. Granite countertops. Black appliances. Air. Quiet area. Secured parking. Gym, pool, barbecue. Small pets? \$1100. 619-713-0350.

LA MESA. \$780. Studio, \$350 deposit. 2 bedroom, 2 bath, \$1150. Available 9/10/ 09. Storage. No pets. \$25 credit. 5435 Morengo Avenue. 619-698-7926. www. llsapts.com.

LA MESA. 1 bedrooms and 2 bedrooms, 1 baths, \$795-\$1050 with 1/2 off first month's rent. Huge patio, air conditioning. Section 8 welcome. Sorry, no pets. 7130 Waite Drive. Call manager at 619-713-5971.

at 619-713-5971.

LA MESA. Huge apartment homes in great La Mesa neighborhood. Storage space. Near shopping and public transportation. 1 bedroom, 1 bath, \$925. 2 bedroom, 2 bath, 1250-\$1350. 2-bedroom townhouse, \$1295. Community pool, laundry, covered parking. 619-697-3285. For photo, floor plans, map and directions, see website: www.sdreader.com/news/rent1035.

232-5505

2488 C ST., SAN DIEGO (CORNER OF C & 25TH)

AUTOMOTIVE





Pads or shoes and labor. \$4995*

CALL FOR MORE DETAILS

ON OTHER VEHICLES:

• Head Gasket • Struts

\$4995*

BRAKES

MUFFLER

INSTALLED

AUTO REPAIR JAPANESE CAR SPECIALIST

CLUTCH

Disc PlatePressure PlateT/D Beam

CV AXLE

CV BOOT INSTALLED

\$159^{95*}

\$9995*

\$24^{95*}

TIMING

BELT \$69^{95*}

TUNE-UP | FUEL 4-CYL

Includes 4 plugs. \$2495*

INJECTION CLEANING

\$4995*

30K • 60K • 90K MILE SERVICE

Tune-up • Cooling System Service
Change Oil Filter • 24-point Inspection
Inspect Fuel & Ignition Systems
Rotate Tires • Inspect Air & Fuel Filters
Inspect Brokes, Belts & Hoses
Set Timing
Adjust Idle Speed
Inspect All Running Lights
Top Off Fluids

CHECK

\$3495*

COMPUTER

DIAGNOSTIC

LA MESA. Mellmanor Apartments. \$890/ up, 1 bedroom. \$1210/ up, 2 bedroom. Across Grossmont Center, trolley, Costco. Quiet, spacious units. Pools. 8750 Mellmanor Drive. 619-461-1940.

LA MESA. Villa Morocco. 1 bedroom, starting at \$870. 2 bedroom, \$1190.

LA MESA. 1/2 off 1st! Extra large 2 bedroom, 1 bath, \$995. New carpet/ paint, laundry, ceiling fans, parking. 4610 Nebo Drive #7. 619-384-9219.

LA MESA. 1/2 off 1st month's rent! 3 bedroom, 2 bath condo, \$1655. Central air conditioning/ heat, fireplace, 5 balcony, washer/ dryer, community pool and spa, 1- car garage. 7780 Parkway Drive #1401. People Helping Others Property Management, 619-282-5400,

LA MESA. \$895. Located in the heart f the Village of La Mesa is this harming, classic 1950s apartm charming, classic 1900s apartment. Refinished original hardwood floors and kitchen cabinets. Current upgrades to the unit include new paint in designer colors, new windows, blinds, all new door hardware, and updated light fixtures including ceiling an in bedroom. Gas range with a nev refrigerator. This is an upper level remigerator. This is an upper level unit. Property has on-site laundry and s close to many shops and restaurants. Will consider small dogsunder 15 pounds. Available now. \$400 security deposit. \$500 off first month's cont rent with year lease! Credit check required. 8441 La Mesa Boulevar Call Scott at 619-846-6615. Pleas all Scott at 619-846-6615. Please all between 9am-5pm. Scott@ endershawandassociates.com.

LA MESA. \$925. Located in the heart of the Village of La Mesa is this charming, classic 1950s apartment. Refinished original hardwood floors and kitchen cabinets. Current upgrades to the unit include new paint in designer colors, new windows, blinds, all new door hardware, and updated light fixtures including celling fan in bedroom. Gas range with refrigerator. Property has on-site laundry and is close to many shops and restaurants. Small dog under 15 parende exe. \$400 servity denosit rades to the unit include new pain and restaurants. Small oog under 15 pounds okay, \$400 security deposit. Credit check required. Move- in special: \$600 off first month's rent with a year lease! 8447 La Mesa Boulevard, 91941. Call 619-846-6615, scott@hendershawandassociates.

LA MESA. Cute upstairs condo. 2 bedroom, 2 bath. 900 square feet. Gated complex. Walking distance to downtown La Mesa Village— 2 blocks. Available now. \$1250/ month. Parking/ storage available. Rick, 619-254-5378.

LA MESA. 1 bedroom loft. Laundry on site. Parking. Easy freeway access. Rent: \$995. 5027 Guava. Call Tami, 619-244-

LA MESA. 2 bedroom, 1 bath, \$925. 2 bedroom, 1 bath, \$950. On-site laundry. Parking. Pool. Move- in special! 5436 Vincetta Court. Sarka, 619-417-4964.

LA MESA. 1 bedroom, 1 bath. Laundry n site. Pool, gated, parking. New rent \$835. 1/2 off first month's rent. 4905 73rd Street. Call: 619-697-8458.

LA MESA. Studio. Air conditioning, parking, laundry on site. Pool and yard. Rent: \$700/ month. 4851 73rd. Call Myra,

LA MESA. \$755, 1 bedroom. Well maintained property with meandering courtyard. Quiet and private. 4444 Parks Avenue. TPPM 619-463-3882, www. villaparks.com.

LA MESA. 2 bedroom, 2 bath. Upstairs, 900- square- foot condo. Gated community. Walk to downtown. La Mesa Village. Parking, storage available. Rick, 619-254-5378.

LA MESA/ CASA DE ORO. 1 bedr LA MESA/ CASA DE ORO. 1 bedrooms, \$945-\$995. 2 bedroom, 2 bath, \$1145-\$1195. 3 bedroom, 2 bath, \$1395-\$1445. Air/ heat. Huge patios/ balconies. Gated access, parking. Small pets OK. Elegant, sculptured courtyards with flower gardens, fountains, gas lamps, park benches. Charming New Orleans ambiance. 3903 Conrad Drive. 866-894-6343. www.sdreader.com/

LA MESA/ FLETCHER PARKWAY. Super spacious 1 bedrooms starting at \$
Open house Saturday, 9am5:30pm. Award- winning commu

Pool, spa. Great location! No pets. 5500 Morro Way. TPPM, 619-466-8444 or 619w.villageaptslamesa.com. LA MESA / GROSSMONT, \$625 1

bedroom apartment, nice, quiet. New carpet, ceiling fans, blinds. On-site laundny No pets. 8835 La Mesa Boulevard. Leave message, 619-589-0378. LA MESA/ MT. HELIX. \$1099. 2 \$1199, spacious 3 bedroom, 2

bath. Air conditioning. Laundry. Garages. Balconies. Pool. Pets OK. Espanol. 619-857-0365. B37-U395.

LAKESIDE. 1 bedroom, 1 bath condo, \$795. Water/ sewer/ trash included. 570 square feet, 1 parking space, community laundry. Pets OK. Section 8 OK. 9729 Winter Gardens Blvd. #78. People Helping Others Property Management, 619-282-5400. peoplehelpingothers.com.

LAKESIDE. Move- in special, 1st month 1/2 off: 1 bedroom, \$700. Off-street parking. On-site laundry. 12560 Laurel Street. northcuttproperties.com. Agent, 858-505-1300.

ngenii, 000-003-1300.

LAKESIDE. Move- in special: 1/2 off 1st month! 1 bedroom, \$700. Near shopping. Easy freeway access. Off- street parking. On-site laundry. 12390 Lakeshore Drive #10. Northcuttproperties.com. Agent,

858-505-1300 LEMON GROVE. 2 bedrooms, \$975. Great location. Cat welcome. Pool, laundry, parking. Free Wi-Fi. 8413-8427 Broadway. Call 619-462-6798. www. sdaptbrokers.com.

LEMON GROVE. Move in today! 2 bedroom, \$950/ month. 1 bedroom, \$750/ month. Quiet, clean, well- located omplex. Credit check required. Leave nessage. 619-916-9187.

LEUCADIA. Available 9/15. Very large 1 bedroom. Private garage. Remodeled. Immaculate, private. Washer/ dryer, Internet, cable. Walk to beach. No smoking/ pets. \$1575. 760-436-7517, 760-703-5914.

LINDA VISTA. 2 bedroom, 1 bath units LINUA VISTA. 2 bedroom, 1 bath units, \$1075 and \$1175/ month. These are a 2-level townhouses with backyards, 875 square feet, assigned parking and parklike front courts. New laundry in complex. Centrally located. Deposit \$900. No pets, please. Office located at 7025 Eastman

THINGPART









by Joe Sayers ©2009

reet (right next to KFC). Call 619-249-

LINDA VISTA. \$2095. Extra large 2 bedroom, 2-1/2 bath condo, loft, all appliances, 2- car garage, backyard, pool. 6312 Caminito del Cervato.

LINDA VISTA/ USD. 2 bedroom, 2 bath upstairs, fireplace, dishwasher, double garage. Gated complex, on-site laundry. \$1500. 5530 Riley Street #5. More Property Management, 858-514-8201.

LITTLE ITALY. Studio. \$695. Cute kitchen, walk- through closet. Breezy. No pets. Near Downtown/ Seaport Village, Balboa Park, Zoo, freeways. To view call 619-228-4184, 619-501-2311.

LITTLE ITALY. \$1735. Beautiful 10th floor 1 bedroom, 1 bath condo in La Vita building. Balcony, washer/dryer in unit, great amenities. Small pet OK. 300 W. Beech Street #1006. Agent, 858-560-1178.

MISSION BAY. \$850. Large 1 bedroom apartment. No pets. Upstairs. Air conditioning, hardwood floor, dishwashe New paint. Clean, bright. 2445 Morena Boulevard #208. 619-275-3455.

MISSION BAY/BAY PARK. \$785. Spacious studio in fantastic location. Bay view. Controlled access. Laundry. 2821 Morena Boulevard. TPPM,

MISSION BEACH. 2- bedroom, 2- bath furnished condo. \$1950. Located across from roller coaster, 30 yards from bay, 5- minute walk to beach. Dave: 818-469-9384 818-469-9384

arking, appliances, laundry on s eat location to beach, restaura opping. Across from Catamara 4016 Mission Boulevard, 858-272-9547.

MISSION BEACH. \$2150. Large oceanfront 2 bedroom. Parking or garage, tile floors, all appliances, laundry facility, and large front patio. 4003 Ocean Front Walk. 858-272-9547.

MISSION BEACH. \$2500. 3774 Bayside Walk, 3 bedroom, 1 bath bay- front hom 3784 Bayside Walk, 3 bedroom, 2 bath bay- front home. Leasing from September 1, 2009, through May 31, 2010. Parking available for both homes. Phillips Realty

MISSION BEACH, \$1995, 2 bedroom, 2 bath. Beautiful penthouse condo view. Steps to the beach or bay September- May, or year- round lease. Furnished/ unfurnished. Security building. Easy parking. 619-818-8661.

MISSION HILLS. \$1200/ up. 1 bedroom, 1 bath. 2 bedroom, 2 bath. Laundry.

Parking. Pets OK. La Paloma Apartments. Open daily, 1-5pm. 3911 Dove. 619-297-1134.

MISSION HILLS. \$775. Spacious upstairs studio. Hardwood, Murphy beds, intercom entry. Some utilities included. No pets. 619-298-7724.

MISSION HILLS. \$1595. 2- bedroom, 2-bath cute condo. Walk to Old Town. Balcony, view. Parking. Dogs OK. 3965 Hortensia Street #D-1. 619-857-4465 or 619-840-5700.

MISSION HILLS. \$845. 1 bedroom, 1 bath apartment. Great view of bay and downtown. Pool, coin laundry, 1 parking. No pets. 1767 Torrance Street #317. No pets. 858-483-3534. www.Cal-Prop.com

MISSION HILLS. 1696 Puterbaugh. 2 bedroom, 1 bath with view. Parking, laundry, refrigerator, stove. No pets. 619-226-7368 or www.bkbinc.com.

MISSION HILLS. \$1095. Cute 2 bedroom, 1 bath, downstairs apartment. Huge private patio. Small pet considered. 3601 Reynard Way (property faces Brookes). Conveniently located. 619-523-2355.

MISSION HILLS. \$1095. 1 bedroom, 1 bath apartment. Balcony, 1 parking, spacious, coin laundry. No pets. 3737 Keating Street #5. www.cal-prop.com.

MISSION HILLS. \$1095. 2 bedroom, 1.5 bath apartment. Spectacular views, 1 parking space, no pets. 1767 Torrance

Street #206. 858-483-3534. www.cal-

MISSION HILLS. \$900. Nice, big 1 bedroom apartment on top floor. Near hospitals. Parking, laundry. Cat OK. 619-295-4933.

MISSION HILLS, Condo, 2 bedroom, 2 bath. Fireplace, air conditioning, all appliances. Great location at Falcon and Ft. Stockton. \$1600. 619-857-8883.

MISSION HILLS/HILLCREST. 1 bedroom, \$950. Recently remodeled. Quiet, pool, barbecue, dishwasher, onsite laundry, covered parking. No pets. Call 619-299-8746.

MISSION HILLS, NORTH. Quiet historical, residential area. \$795/ month includes utilities. 1 bedroom, 500 square feet, pool, on-site laundry, assigned parking. No pets/ smoking. 619-298-6436.

MISSION HILLS/NORTH. Quiet historical, residential area. \$1195/ month 2 bedroom, 1 bath, 900 square feet, garage, on-site laundry. No pets/ smoking. 619-298-6436.

MISSION VALLEY. \$1195. Friars Pointe.

SSION VALLEY. \$1060. 1 bedr

bath apartment, parking included, fitness center, fireplace. Fee. Free search at www.westsiderentals.com. 619-367-3333.

MISSION VALLEY. \$1865. 2 bedroom, 2 bath apartment, cat OK, parking, central air, unit washer/ dryer, pools, spa, more. Fee. Free search at www. westsiderentals.com. 619-367-3333.

bath condo. Central location, garden community. Small pet— deposit. Pool, exercise room. 6064 Rancho Mission Roa #451. www.cal-prop.com. 858-483-3534.

#491. www.cal-prop.com. 858-483-3534. MISSION VALLEY. 8950. 1 bedroom, 1 bath condo. Balcony. Complex has pool, exercise room, coin laundry. No pets. 5906 Rancho Mission Road, #20. www.cal-prop.com. 858-483-3534.

MISSION VALLEY. \$2375. 3 bedroom, 2 bath condo in gated community of The Courtyards, over 2800 square feet. Washer/ dryer in unit. Off- street parking. Close to Mission and Fashion Valleys. 5805 Friars Road. www.sdforrent.com.

MISSION VALLEY. \$1100. Large 1 bedroom condo. Parking. New carpet/ paint. Clean. Nice. Dishwasher, balcony. Pool, gym. 1621 Hotel Circle South,

AUTOMOTIVE

mobile window tinting

Competitive prices. Lifetime guarantee. 18 years' experience.

> We come to your home or office.

619-892-2263



1995 & older, \$15 for evap test. Vans, trucks & European cars extra. Cash only Must present DMV renewal notice *All prices plus tax. With this ad. Exp. 10/5/09

OIL CHANGE \$2395 Most cars. Includes up to 5 qts. and new filter. Cash only.

BASIC TUNE-UP

DASIC TUNE-UP 4-cyl. \$25/6-cyl. \$35/8-cyl. \$45° Includes spark plugs. Additional parts extra. Most cars. TIMING BELT SPECIAL \$95

Includes parts & labor. Most 4-cy 1995 and older. Dual overhead ca

BRAKES...\$10 OFF new pads, lining. Most cars, 4WD extra.

STEVE AUTO REPAIR

1370 Garnet Ave. • Pacific Beach (858) 274-1195

RUN RITTE Auto Repair & Muffler FREE HAND CAR WASH 90 DAYS SAME AS CASH!* **OIL CHANGE** \$1999 A/C SERVICE

TUNE-UP SPECIAL \$2999 MUFFLER ** REPLACEMENT

 Check filter and fluid levels 6 & 8-cylinder and platinum higher

I BRAKE SPECIAL

or and exterior SUVs, trucks and larger vehicles extra

725 Camino De La Reina

Mission Valley

619-294-4445

COMPLETE HAND WASH & VACUUM suv &

COMPLETE DETAIL \$899*

TIMING BELT

30K/60K/90K SERVICE I

Oil/filter change • Lube chassis
Install new plugs • Replace air & crankcase filters
Drain and refill transmission oil & radiator fluid
Rotate tires • Inspect brakes, belts, and hoses
• Check timing and charging systems

• Check timing and charging systems

OPEN 8-5 MON.-SAT.

RUNRITEAUTO.NET

FREE SHUTTLE (5-mile radius)
FREE TOWING (Major service) FREE CAR RENTAL (Major service)

College Area 5249 El Cajon Blvd. 619-287-7702

*Most cars. Waste fee \$4. 4x4 extra. 90 days financing with valid checking account. Additional parts & labor may require substantial extra cost. All offers expire 10/1/09. † Additional parts & labor may require substa

SUSPENSION PLUS COMPLETE AUTOMOTIVE CENTER SINCE 1989 • FOREIGN & DOMESTIC

MIRAMAR • (858) 558-8562 6696 Miramar Rd., Suites I & J

(Miramar Auto Center, 2 miles east of UTC mall) POINT LOMA • (619) 223-2248

3112 Midway Dr., Ste. D (at Rosecrans, next to Discount Tire)

www.suspensionplus.net

Free brake inspection! **BRAKE SPECIAL**

> Prices subject to change without notice. Must present coupon at time of service.



TOWING AVAILABLE

Free alignment inspection! (With appointment, please) Computerized Alignment

Thrust Angle 4-Wheel Alignment \$4995

Shock & Strut Special BUY THREE, GET THE FOURTH FREE KYB

Oil Change \$1 795 Synthetic oil Includes 5 quarts 10W/30 oil and new filter. Most cars.

CALL FOR SPECIAL *READER* **PRICES ON:** Factory-Scheduled Service • Clutch • Timing Belt • Axles 30K/60K/90K • New Radiator • Tune-up • New Belts & Hoses

Monday-Friday 8 am-5:30 pm • Saturday 8 am-4 pm. Call for details. Please call for an appointment.

MISSION VALLEY. Studio, \$850. 1/2- off first month's rent! Park Villas. No pets. Nonsmoking. Call Agent, 619-692-4121. MISSION VALLEY. \$1000. New and improved! 1 bedroom, 1 bath top floor condo with balcony. 2+ parking spaces, laundry on-site. No smoking or pets.

missionvalleycondo@yanoo.com
mission valley/EAST. Ask about
move- in special! 2 bedroom, 2 bathroom,
\$1145. Beautiful and spacious units.
Completely renovated throughout! New
point flooring, countertops, etc.! Laundry Completely renovated throughout! New paint, flooring, countertops, etc.! Laundry on site. Pool Huge move in special! Great location with park across the street, walking distance to coffee shops, restaurants! Minutes to 8, 15, and 805 freeways. No pets. One-year lease. 4550 Vandever Avenue. Call manager, 619-282-8000.

MISSION VALLEY/WEST/ USD. \$985. Clean, 600- square- foot, nonsmoking 1-bedroom condo. Laundry, pool, barbecue. Gated parking. Responsible landlord. Year lease. Weblink: geocities.

IISSION VALLEY/WEST/ USD. From MISSION VALLEY/WEST/ USD. Fror \$775. Unique, nicely upgraded studios Near trolley. 3- month leases, monthly thereafter. High ceilings. Gated. Landscaped courtyard. http://www. info101.net. 619-297-3000.

MOUNTAIN VIEW. \$810, 1 bedroom, 1 laundry on site. Sorry, no pets. Section 8 OK. 3712 Hemlock. www.sdforrent.com.

NATIONAL CITY. \$800. Move In Special! 1/2 off 1st months rent! OAC. 1 bedroom, 1 bathroom. Laundry onsite. Parking available. Close to everything. Refurbished. 619-474-5262.

NATIONAL CITY, \$775/ month, 1 bedroom, fully furnished. Low \$150 deposit. No SDG&E deposit or hookup required. 624 East 24th Street. Office

NORMAL HEIGHTS, \$995, 2 bedroom, 1 bath upstairs, sunny apartment. Remodeled. Parking. 4744-1/2 33rd Street. Xilarent.com. 619-683-7638

NORMAL HEIGHTS, 1 bedroom Fireplace, security gate. No pets. Laundry. Dining area. \$795 and up. Near freeways, buses, city living. Call to view, 619-501-2311, 619-228-4184.

NORMAL HEIGHTS. \$1075. North of Adams. Upper 2 bedroom, 2 bath. Garage, newer secure building, parking, on-site laundry, appliances, new paint. 4743 Hawley Boulevard. 760-796-7685. NORMAL HEIGHTS. \$1600. Near new Large 2 bedroom, 2 bath. Custom townhome. Garage. Marble and granite throughout. Designer kitchen. All appliances. 4513 Felton Street. 619-563-

NORMAL HEIGHTS. \$900. 2 bedroom, 1 bath. Upstairs unit in gated complex. Laundry on site. Street parking. Available now. 4580 39th Street, 4592-1/2. www. cethron.com. 619-733-9033.

NORMAL HEIGHTS. \$1125. Very nice, large 2- bedroom, 1.5- bath, 2- story, townhouse- style. Skylight. Gated patio. 2 private parking spots. On-site laundry. Small pet OK. Available 9/5. North of Adams. 4750 33rd Street in back, behind 4748. 619-997-9383.

NORMAL HEIGHTS. \$795. 1 bedroom
Carpet. paint, blinds. Everything new. Carpet, paint, blind Laundry on site. Pet OK. Ask about move- in special! 4556 Boundary Street. Call Agent, 619-820-2584.

NORMAL HEIGHTS. 4681 35th Street #1. \$200 off 1st month! \$895, 1 bedroom, downstairs. Parking. No pets. 619-226-7368 or www.bkbinc.com.

NORMAL HEIGHTS. 4465 Mississippi Street #4. \$400 off first month! \$1300. 2 bedroom, 1.5 bath townhome with garage, washer/ dryer. 619-226-7368 or www.bkbinc.com.

WWW.bblnc.com.

NORMAL HEIGHTS. 4334 Texas Street.

\$400 off 1st month! Free utilities. 2
bedroom, \$1050. On-site laundry. No
pets. 858-692-6601 or 619-226-7368,

www.bkbinc.com. NORMAL HEIGHTS. 4655 33rd Street 1 Laundry. Parking. No pets. 619-200-1657 or www.bkbinc.com.

NORMAL HEIGHTS. 4669 lowa Street. 1 bedroom, \$750. \$400 off 1st month! Parking, laundry. No pets. 619-200-1657 or www.bkbinc.com.

NORMAL HEIGHTS. 2 bedroom, 2 bath apartment, \$1100. Laundry. Parking. N pets. 4840 West Mountain View Drive. More Property Management, 858-514-

NORMAL HEIGHTS. Hacienda- style studio, lower unit, spacious closet, washer/ dryer, all new appliances, slate floors, electrical fireplace, front yard patio. \$795. No pets. 619-787-9560

NORMAL HEIGHTS. \$875. 2 bedroom, 1 bath apartment. Parking. Security gates.

Excellent condition. Very clean. Laundry facilities. Parking space. 4334 35th Street. Shore Management, 619-563-

NORMAL HEIGHTS. \$945. Upper and \$925 lower, 2 bedroom apartment. Updated kitchen and bath. Dishwasher. Laundry facilities. Parking space. 4525 34th Street. Shore Management. Call Manager, 619-280-1334.

NORMAL HEIGHTS. Move-in specials! \$750, 1 bedroom, 4263 42nd. \$925, 2 bedroom, 4133 37th. On-site laundry. I pets. Drive by to view, then call 760-672-0425.

NORMAL HEIGHTS/ KENSINGTON. \$800 rent, \$700 deposit OAC. Large 1 bedroom, laundry, no pets, at 4742 East Mountain View Drive #8. Agent, 619-299-

NORMAL HEIGHTS/ NORTH PARK. \$975, 2 bedroom, 1 bath. \$500 depos Air conditioning, dishwasher. Off-straparking. Small pet considered. 4335 Cherokee Avenue. 619-280-4650.

INORIH PARK \$1325. 1/2 off first! Ext large 3 bedroom, 1.5 bath, upper, fireplace. All appliances, laundry. Pet negotiable. 4325 Texas #9. 619-804-3325. NORTH PARK \$1325. 1/2 off first! Extra large 3 bedroom, 1.5 bath, upper,

NORTH PARK, near Hillcrest. \$1095. Bright 2 bedroom, 1.5 bath. Small, attractive courtyard property in excellent corner location near Hillcrest. Hardwood floors. Cat OK. 4182 Mississippi Street. TPPM, 619-299-9897.

NORTH PARK, \$825. Newer large corner arking clean. Secure building. Off street parking. 6 units. No pets. 1 year lease. Available 9/01/09. Open. 619-462-6629.

Open: 619-462-0629.

NORTH PARK. \$1550. Newer 2- story, 3-bedroom, 2.5- bath townhome, canyon setting. 2- car garage. Fireplace, dishwasher, laundy hookups. Year lease. No pets. 951-300-6231/6232.

NORTH PARK. \$845. Cozy 1 bedroom.

Utilities paid. Off- street parking. Coin laundry. Laminate and tile floors. Good closet space. Residential neighborhood. 3258 Boundary. 619-300-1365.

NORTH PARK. \$800 and up. 1 and 2 bedrooms 2 bath. All amenities. Fine North Park location near shops and bus. 4016 Ohio Street. Also 2 bedroom, \$1100, 4631 Idaho. 619-461-9415. 619-

NORTH PARK. Large 1 bedroom with dining room. New tile, carpet and linoleum. \$725/ month. 4074 30th Street. Call Val 619-507-2613.

NORTH PARK. \$1500. Upper 3 bedroom, 2 bath. Small, gated complex. Private garage, air conditioning, dishwasher,

replace, extra off-street parking. No ets/ smoking. 4177 lowa Street. 619-

NORTH PARK. Spacious 2- bedroom, 1-1/2- bath townhome, \$1400. Remodeled units. Wood floors throughout, stainless steel appliances. Pool, gated community. Call about move- in special! 619-756-7645. www.sdaptbrokers.com.

NoRTH PARK. \$775. 1 bedroom, 1 bath. \$350 off 1st month's rent, OAC. Laundry on site. Parking. Available now. 4375 Oregon Street, www.cethron.com. Angie, 619-733-9033.

619-733-9033.

NORTH PARK. \$800. 1 bedroom, 1 bath. Clean and quiet, parking, gated, laundry. Available now! 4382 Utah Street #8. www.cethron.com. Angle, 619-733-9033.

NORTH PARK. \$1100. 2 bedroom, 2 bath. Half off first month's rent, OAC. Small complex, great area, quiet, lower unit. Gated entry, parking. 4177 Illinois Street #4. www.cethron.com. 619-295-1100

NORTH PARK, \$1175, 2 bedroom, 2 bath. Dishwasher, laundry on site, square feet, private balcony, lots of storage. 2 cats OK. 619-241-2596.

NORTH PARK. \$995. 2 bedroom, 1 bath. New paint, carpet and blinds! Laundry and parking on site. 4325-1/2 Louisiana Street. Agent, 619-820-2584.

NORTH PARK. \$1075. 2 bedroom, 1-1/2 bath townhome. Stove, refrigerator bath townhome. Stove, refrigerator, dishwasher, private patio and private balcony, parking, coin laundry. Cat OK with additional \$300 deposit. Available now. 4152 Utah. Del Sol Property Management, www.delsolpm.com. Broker, 858-270-2071.

NORTH PARK, \$895, 1 bedroom, upstairs NORTH PARK. \$985. 1 Dedroom, upstain over garages on quiet 4- unit property. Stove, refrigerator, shared deck, garage. Cat OK with additional \$300 deposit. Great freeway access. Available now. 4046 Oregon. Del Sol Property Management, www.delsolpm.com. Broker. 858-270-2071

NORTH PARK. Spacious 2 bedroom, 2 bath apartment home. Fenced backyard, garage, fireplace. On-site laundry. \$1300, \$900/ deposit. Small dog/ cat okay. \$400 sit 619-203-9233

ueppostt. o 19-203-9233.

NORTH PARK. 1/2 off 1stl Charming 2 bedroom, 1 bath, \$995. Stove, refrigerator, laundry, parking. Near South Park. Pet negotiable. 3125 Boundary. 619-804-3325.

NORTH PARK. 2 bedroom, 1 bath downstairs apartment with new paint, tile kitchen floor, coin laundry on site. 1- car garage. Close to freeway, shops and eateries. Available now. 3332 31st Street. \$1150.619-683-9274.

NORTH PARK. Move- in special! 1/2 off deposit. 2 bedroom, 2 bath. Gated, on-site laundry, street parking. Rent: \$1175. 3919 Mississippi Street. Call Mike, 858-490-1600.

NORTH PARK. \$900 rent, \$800 deposit OAC. 2 bedroom, 1 bath. Laundry, parking, no pets, at 4222 Alabama Street #12. Agent, 619-299-8515.

NORTH PARK. \$1050. 2 bedroom, 2 bath upstairs apartment. Gated. Laundry. Parking. No pets. 4371 Swift Avenue #4. More Property Management, 858-514-8201.

NORTH PARK, \$1150. Reduced movein. 2 bedroom, 1 bath apartment in quiet complex, gated, laundry on site, offstreet parking. Sorry, no pets. 3112 30th Street #4, #12, #19. www.sdforrent.com.

NORTH PARK. 2 bedroom, 1 bath Laundry on site. Available now. \$400 off first month's rent! 4065 Kansas Street. Agent, 619-260-8121. View at http://www.

sevillengmt.com.

NORTH PARK. \$795. 1 bedroom. Bright ground floor unit with huge closets in quiet, small complex. New designer carpet and paint. Controlled access, offstreet parking, coin laundry. No pets.

Open house Saturday 2.3pm. 4381 Utah Street #1. TPPM, 619-232-1343.

NORTH PARK. \$700. 1 bedroom, 1 bath, senior or disabled complex. \$300 deposit. 4086 Swift Avenue #15. Agent, 858-501-7790.

NORTH PARK. \$950. Move- in special: 1/2 off 1st month's rent OAC! 1 bedroom, 1 bath downstairs condo. Fireplace, private patio, washer/ dryer in unit. Gated complex, assigned parking. 3958 Louisiana Street #1. Agent, 858-560-1178.

NORTH PARK, \$1550, 2 bedroom, 2 bath NORTH PARK. \$1550. 2 bedroom, 2 bath duplex. Very modern, hardwood floors, upscale kitchen, master bedroom upstairs with attached sun deck, washer and dryer. 2717 Wightman Street. www. centrecity.net. 619-296-6699.

NORTH PARK/ UNIVERSITY HEIGHTS. Clean, well- priced apartments for rent.
One, two, three bedrooms. Call Marta for prices, locations and senior discounts.
619-284-1721.

OCEAN BEACH. Very clean, very nice 1 bedroom apartment near Dog Beach. Pet accepted upon approval. \$1300/ month. Parking. Available now. 619-888-6604. OCEAN BEACH, 4930 Santa Cru

Condo, 3 bedroom, 2.5 bath. \$2100. Parking, washer/ dryer hookups. No pets. 619-226-7368 or www.bkbinc.com. OCEAN BEACH, 5012 Santa Monica

OCEAN BEACH. 5012 Santa Monica Avenue. 3 bedroom, 1 bath. \$1800. 1/2 block to beach. Refrigerator, stove. No pets. 619-226-7368 or www.bkbinc.com OCEAN BEACH. \$1795. 1/2 off first! All utilities included. Secluded 2 bedroom, 1

bath duplex. Double garage, all appliances, 2 blocks from ocean! 4915 Brighton Street. 619-804-3325. OCEAN BEACH, \$1650, 2 bedroom

OCEAN BEACH, \$1650. 2 bedroom house- like apartment, gas fireplace, on park, patio/ yard, garage, parking, coin-laundry. No smoking. Pets? 4680 West Point Loma Boulevard. 619-221-9047. OCEAN BEACH, 5033 Voltaire Street

Studio/ 1 bath, \$800. Utilities included. Laundry. No pets. 619-226-7368 or

OCEAN BEACH. 5035 Del Monte. 2 bedroom, 2 bath, \$1325. Upstairs, aundry. No pets. 619-279-6411 or www

OCEAN BEACH. Beautiful beachfront \$1350. 2 bedroom, \$1500-\$1700. Some \$1350.2 bedroom, \$1500-\$1700. Some with great ocean views! Serene, security, garden buildings. Hardwood floors, ceramic tile, laundry. Garages available. Pets considered. For address and availability, call 619-224-1748. For applications, call 619-501-5553.

OCEAN BEACH. \$875. Large upstairs studio! Parking, laundry! Blocks to beach in South Ocean Beach! No pets. 4922 Santa Cruz Ave. #10. 619-222-4836x14

OCEAN BEACH. \$1200. 2- bedroom, 1bath, pet friendly unit. Coin laundry on-site and off- street parking. \$1000 deposit. 4449-1/2 Mentone Street. TPPM, 858-699-3851.

808-699-3851.

OCEAN BEACH. \$1025. Large ocean view studiol Huge balconyl Steps to sandl Includes utilities! Parking and laundryl No pets. 1990 Abbott Street. 619-222-4836x14 or www.

OCEAN BEACH/ WEST POINT LOMA, 1350. 2 bedroom, 2 bath in convenient cation near Robb Field, YMCA, beach d shopping. Views, gated entrance and arking, laundry. No pets. 4457 emecula at West Point Loma Boulevard. Temecula at West Poir TPPM, 619-770-1959.

OCEANSIDE. Large 2 bedrooms, \$1250/ month, west of Interstate 5, just 8 blocks to beach, in vibrant owntown village. Beautiful, modeled units. 508 North Nevada reet. See photos at www. exfordliving.com. Call 760-433-8810.

OCEANSIDE. \$800. Newly remodeled studio near beach with patio, nice kitchen, full bath, covere and gated parking, on-site laundry. Walking distance to Sprinter train. 760-277-1738.

OCEANSIDE. \$1095. 1 bedroom, 1 bath apartment. Granite countertops, wood floors in living- room, private balcony. Pool, spa, laundry, gated parking. Cat OK. www.casavistaapartments.com.

760-439-5/28.

OCEANSIDE. Westwood Village. Quiet, spacious upgraded studios for \$850. Includes utilities except electric. Pool, laundry, gated. Indoor cat OK. 2 miles to beach. 760-722-6421.

OCEANSIDE. \$750. Studio, 1 bath apartment, month-to-month lease, on-site laundry, quiet neighborhood, paid water and trash. Fee. Free search at stsiderentals.com. 619-367-3333.

OCEANSIDE S950. 2 bedroom, 1 bath four-plex, one garage parking, balcony, washer/ dryer hookups, paid water/ trash/ gardener. Fee. Free search at www. westsiderentals.com. 619-367-3333.

westsiderentals.com. 619-367-3333. **DLD TOWN.** Newer upstairs 2 bedroon bath apartment, 800 square feet. Hardwood floors, large patio. Parking. On-site laundry. Near park. 2539 Congress. \$1550. 619-692-1465.

OLD TOWN. San Diego Avenue. Studio apartment (unfurnished). Parking. Stove, refrigerator. No pets. Available September refrigerator. No pets. Available Sep 1. 619-295-4729 or 619-234-0780.

OLD TOWN. \$775. All utilities paid. Large studio. 1905 San Diego Avenue. No pets. 6- month lease. Conveniently located. Near all. 619-523-2355.

OLD TOWN. \$695-\$775. Low \$150 deposit. Fully furnished studios, alco in excellent hillside location. Free ba

in excellent nillside location. Free basic cable. 1616 Guy Street. 619-298-6242. PACIFIC BEACH \$975. 1 bedroom with designer paint colors. Hardwood floors. One- car garage. Near Garnet shopping. 2065 Emerald Street. TPPM 858-699-3851.

PACIFIC BEACH. \$2250. 3 bedroom, 2 bath apartment. Off- street parking. Laundry on site. No pets. 4451 Haines Street. 858-270-4492 x203.

PACIFIC BEACH. \$1650. 2 bedroom, 2 bath apartments. Upper or lower. Off-street parking. Laundry on site. No pets. 4451 Haines Street. 858-270-4492 x203.

PACIFIC BEACH. On Boardwalk, \$1750. Oceanfront 1 bedroom condo, ocean view. New interior, security building/ parking. Pool, free cable/ water. No pets. Nonsmoking. Lease. Available now. 619-669-1470.

PACIFIC BEACH. \$1025. Extra- large, quiet, lower 1 bedroom, 1 bath apartment. Laundry, parking. Bright and sunny. Indoor cat OK. 2228 Felspar. 858-270-0929.

PACIFIC BEACH. \$1150, 1 bedroom. \$1695, 2 bedroom, 2 baths. Interconentry. Bright and clean. Dishwasher.

Smog Special

AUTOMOTIVE

Test only • 15 minutes Fast • Easy • No Appointment Needed

\$2675 plus \$8.25 certificate & \$2 transfer fee. Trucks, vans & SUVs \$10 extra.

We now do Furness our fee. We now do European cars for same low price.

or \$3175 with a Free Retest We Certify: Gross Polluters, Out of State, DMV Renewal, Change of Ownership

\$5 extra for vehicles from 1976-1995.

SMOG CLINIC

(Next to Kearny Mesa Bowl & Sears) 858-292-7903 Mon.-Fri. 8 am-5:30 pm • Sat. 8 am-2:30 pm Visa • MasterCard • Coupon expires 9/17/09. Must present coupon at time of service.



Jeep • Dodge • Chrysler

Also servicing ALL Domestic and Asian vehicles

 One-Stop Smog Shop We participate in the Consumer Assistance program for Smog failures

We Certify **Gross Polluters**

Compare our prices to any dealership. We give you alership quality for much less! **SMOG CHECK**

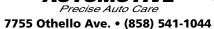
TEST ONLY & TEST & REPAIR + \$8.25 CERTIFICATE & \$1975
Valid for most cars.

With DMV renewal notice. Vans extra. 1995 & older \$10 additional. Must present coupon.

OR WITH FREE RETEST \$3175 SMOG FAILURE DIAGNOSIS \$49°5



WENTWORTH AUTOMOTIVE



Just west of Convoy on Othello Ave. Behind 7-Eleven store.

• Nissan • Infiniti • Hyundai • Chevrolet • Remanufactured & Used **Engines & Transmissions** Carry-out **Starting**



Head Gasket Replacement starting at \$199

Complete Valve Job starting at \$475

≥_at \$595_

Ochoa's Auto Service 619-285-1251

3762 El Cajon Blvd., San Diego 92105

LEAD STORY

British construction worker Martin Jones, 42, who lost one eye and was blinded in the other in a 1997 explosion, regained his sight this year as a result of surgery in which part of his tooth was implanted in the eye. Dr. Christopher Liu of the Sussex Eye Clinic used a piece of tooth because a "living" "anchor" was necessary to hold a patch of Jones's skin underneath his eyelid, to generate blood supply while a new lens formed. When the lens was healthy enough, Dr. Liu made a hole in the cornea for light to pass, and Jones feasted his eye on his wife, whom he had married four years ago, sight unseen.

Can't Possibly Be True

 Until Mayor Sharon McShurley changed the protocol this year, fire stations in Muncie, Ind., had been delivering reports to department headquarters downtown by dropping them off in fire engines. McShurley ordered the department to learn how to send reports by email.

- In June, the New York Police Department spent \$99,000 on a typewriter repair contract, which will take on increasing importance since last year NYPD bought thousands of new type-

writers, manual and electric, costing the city almost \$1 million. The NYPD still is not even close to computerizing some of its daily-use forms, such as property and evidence reports.

— Hundreds of Los Angeles' down-and-out live not just underneath local freeways but inside their concrete structures, according to a June Los Angeles Times report. The largest "home" is a double-gymnasium-sized cavern under the Interstate 10 freeway in the suburb of Baldwin Park. That space is nearly inaccessible, requiring squeezing through a rusty grating, traversing a narrow ledge, and descending a ladder to reach "a vast, vault-like netherworld, strewn with garbage and syringes," with toys and rattles and a cat carcass visible on an upper platform marginally harder for rats to reach. Authorities shy away from the area out of fear, but every few years, state officials try to seal the entrance.

New York City Mayor Michael Bloomberg was livid in June when he learned that inmate Tuvia Stern, housed in the city's notorious lockup The Tombs, had arranged a privately catered, 50guest bar mitzvah for his son inside the facility's gym, officiated by a prominent rabbi and assisted by five jail guards. The caterers were even allowed to bring in knives for food preparation and dining. It was not surprising that it was Stern who pulled it off, because at the time he was awaiting sentencing for running two slick business scams.

Inexplicable

- According to the Pentagon, there are only 566 surviving U.S. prisoners of war from the Vietnam era and 21 from the first Gulf War, but the Veterans Administration has been paying POW-labeled disability benefits to 966 and 286 people, respectively, according to an April Associated Press investigation. The AP found that, even though the Pentagon POW list is posted online, the VA does not routinely check it when a veteran applies for POW status. (POW claimants go to the front of the VA disability-application line and receive various other privileges.)

More Sci-Fi Movie Ideas

 Researchers in Japan and Spain found recently that Argentine ants, normally highly aggressive and territorial, are actually one huge global colony with three expanding centers: a 3700-mile-long stretch in Europe, a 560-mile strip in California,

and a swath of Japan's west coast. Researchers hypothesized the kinship because, when members from those groups were thrown together, they became docile. ... A June article in the Emerging Infectious Diseases journal reported the worldwide reach of incidents of tapeworms that grow inside humans to nearly 40 feet in length. The most serious carrier, according to a Scientific American summary, is salmon sashimi. (Anthony Franz's 2008 lawsuit against a Chicago sushi restaurant, for a 9-foot-long tapeworm, is still pending.)

Fetishes on Parade

- Former elementary school principal John Stelmack, 62, was sentenced in July in Bartow, Fla., to five years in prison for a collection of child pornography, even though no child was directly involved. Without the aid of computer software, but rather, using scissors and paste, Stelmack had meticulously placed photos of the faces of young girls over the faces of adult women in sexual poses.

Send your Weird News to Chuck Shepherd, San Diego Reader, P.O. Box 85803, San Diego, CA 92186 or to WeirdNewsTips@Yahoo.com

Laundry. Lovely courtyard, heated pool, parking. Cat OK. 858-272-4398.

PACIFIC BEACH. \$2650. Clean, light and airy 3 bedroom, 2-1/2 bath townhome. 2 car garage. Cathedral ceilings. Fireplace. dryer, patio, deck, no pets. 1543 nd. 858-270-4492 X203.

PACIFIC BEACH. \$750 studio. Rent ncludes gas, electric, water, efrigerator, microwave. 5 blocks from pay. 2309 Grand Ave. Available now. Cats OK. Call Liz, 760-458-1583.

PACIFIC BEACH. Sensational Summer Specials! \$0 Deposit \$200 off 1st Month Rent, OAC. Studios starting \$850. 1 bedrooms starting \$1095. 2 bedrooms starting \$1795. Olympic-size pool, spas, basketball, tennis with pros, clubhouse, laundries, movie night, cats welcome, Saturday continental breakfast, business center. Bay Pointe Apartments, 3866 Ingraham, Pacific Beach. Toll- free: 1-888-451-8713. baypointeapts@san.rr.com. www.baypointeapartmenthomes.com.

PACIFIC BEACH. 2 bedroom, 1 bath,

PACIFIC BEACH. 2 bedroom, 1 bath, \$1200, \$1200 deposit. Mile to the beach! One parking space. Laundry on site. 6-month lease. No pets. 619-435-3830.

PACIFIC BEACH. Great values. Nice, clean, convenient apartments in multiple Pacific Beach locations. Studios from \$745. 1 bedrooms from \$920. 2 bedrooms from \$1415. Parking, laundry. Some buildings with gated entry, pool and/or deck. No pets. 858-483-3796.

PACIFIC BEACH. \$2595. Plush 1650-square-foot 3- bedroom, 2-1/2- bath townhome. 2 blocks to bay. 2 fireplaces. Private balcony. All appliances with washer/ dryer. Garage. No pets. 1454 Oliver Avenue. 619-993-9898. PACIFIC BEACH, Great values, Nice.

PACIFIC BEACH. \$800. 1 bedroom, 1 bath apartment, six- month lease, yard, close to restaurants and shopping. Fee. Free search at www.westsiderentals.com.

TUNE-UP

Install Bosch spark plugs, adjust idle, check timing if applicable, inspect distributor cap, rotor, ignition cables & air filter.

Present coupon at time of

resent coupon at time e ervice. Expires 9/13/09.

'CHECK ENGINE"

LIGHT ON?

PACIFIC BEACH. \$795. 1 bedroom, 1 bath apartment, cat OK, on-site laundry, parking included. Fee. Free search at www.westsiderentals.com. 619-367-3333.

PACIFIC BEACH. \$1050. 1 bedroom, 1 bath condo, 1- car parking, balcony, central heat, paid water/ trash/ association fees. Fee. Free search at www. westsiderentals.com. 619-367-3333.

PACIFIC BEACH. \$1250. 2 bedroom, 1 bath apartment, hardwood floors, new paint, extra storage, 1- car parking. Fee. Free search at www.westsiderentals.com.

619-367-3333.

PACIFIC BEACH. Magnificent
whitewater view! 2 bedroom, 2 bath
furnished oceanfront condo. On
boardwalk. Balcony, pool. All appliances,
one underground parking space. Water/
cable and Internet included. Available now
till 5/30/10. \$2500/ month. 626-826-9263.

https://dx.doi.org/10.1016/10.

PACIFIC BEACH. \$1200. 2 bedroom, 1 bath cottage; shared patio. Parking. Laundry. \$1000/ security. No pets. 4113 Ingraham Street. 858-270-4674.

Ingranam Street. 858-270-4074.

PACIFIC BEACH. \$1125. 1 bedroom, downstairs, remodeled. Stove, refrigerator, dishwasher, microwave, pool, coin laundry. Available 9/9/09. 1433 Oliver. Del Sol Property Management, Broker, www.delsolpm.com. 858-270-2071.

PACIFIC BEACH, \$1425, 2 bedroom, 1 PACIFIC BEACH. \$1425. 2 bedroom, 1 bath, upstairs in quiet 3-plex behind 1859. Stove, refrigerator, dishwasher, private balcony, parking. Available now. 1861 Chalcedony. Del Sol Property Management, Broker, www.delsolpm. com. 858-270-2071.

PACIFIC BEACH. \$1150. 2 bedroom, 1 bath. Upstairs in duplex behind 1427. Stove, refrigerator, parking. Ask about small pet upon approval with additional deposit. 7 blocks to ocean. Available 9/

22/09. 1429 Grand Avenue. Del Sol Property Management, broker. www. delsolpm.com. 858-270-2071.

PACIFIC BEACH, \$1625, 2 bedroom, 2 PAUIFIU BACH. 3 15025. 2 bedroom, 2 bath. Large, upstairs end unit. Being remodeled. Stove, refrigerator, dishwasher, microwave, garage space, private balcony. Available 10/1/09. 830 Sapphire. Del Sol Property Management, Broker. www. delsolpm.com. 858-270-2071.

PACIFIC BEACH. \$975. 1 bedroom. 4-PACIFIC BEACH. \$975. 1 bedroom. 4plex with convenient location. Stove,
refrigerator, and coin laundry. Cat OK
with additional \$300 deposit. Available
10/1/09. 4534 Gresham. Del Sol Property
Management, Broker. www.delsolpm.
com. 858-270-2071.

PACIFIC BEACH. \$1295. 2 bedroom, 1
bath apartment. 1 car garage, downstairs
unit with new carpet/ vinyl. 2112 Balboa
Avenue #5. No pets. 858-483-3534.
www.cal-prop.com.



1-888-285-3857

OIL & FILTER \$1695

Includes: EPA fee, up to 5 qts. 10W30 & oil filter. Tire rotation on request.

Most cars. Vans & trucks extra.

With coupon. Expires 9/13/09.

TEST ONLY

\$**29**⁵⁰

PACIFIC BEACH. \$1325. 2 bedroom, 1 bath apartment. 2 story, patio, 1 parking, coin laundry. No pets. 1954 Chalcedony Street #B. www.cal-prop. com. 858-483-3534.

PACIFIC BEACH. \$1195. 1 bedroom, 1 bath apartment. Upstairs, 2 blocks to Crown Point, coin laundry. 1 parking. No pets. 3706 Jewell Street. www.cal-prop.

PACIFIC BEACH. \$2250. 3 bedroom, 2 bath. Spacious townhouse, ocean— 2 blocks, 2 parking, unit washer/ dryer. No pets. 842 Agate Street #3. 858-483-3534. www.cal-prop.com. PACIFIC BEACH. 1/2 off 1st! \$1075. Spacious 1 bedroom, 1 bath 2 blocks from bay! Lots of space, appliances, parking. Cat OK. 1480 Fortuna Avenue #2. 619-804-3325.

PACIFIC BEACH. \$1495. 2 bedroom, 2 bath apartment. Walk to beach, coin laundry, no pets. Updated in 2007. 1468 Missouri Street #7. www.cal-prop.com.

PACIFIC BEACH. \$825. 1 bedroom Hardwood floors, laundry facilities. Near I-5, minutes to Downtown San Diego/ La Jolla. Available immediately. 3436-1/2 Del Rey. 619-222-9308.

PACIFIC BEACH. \$1795. 2 bedroom, 2 bath townhouse. Newly remodeled with all new appliances, new fixtures. Walk to beach and bay. Coin laundry. No pets. 1520 Thomas Avenue #6. www.cal-prop. com. 858-483-3534.

AUTOMOTIVE

Ray Frey= Auto Center, Inc.

Complete Auto Service & Detailing

Scheduled Maintenance • Brakes • Tune-up • A/C



Plus certificate and transfer fee. '95 and older \$10 additional. *Monday-Friday only.

State-of-the-art equipment

Serving the Kearny Mesa area for 30+ years with honesty and integrity.

10% senior and military discounts

Discount applicable only to non-advertised repairs.











7696 Vickers Street 858**278-7077**

Smog Check "Check Engine" Light On? **Computer Diagnostic**

Most vehicles and light trucks. Includes:

- · "Service Engine Soon" light
- "Check Engine" light
- Hesitation Hard starting Runs rough
- Poor gas mileage
- Dead battery
- Carburetor or fuel injection problems

A/C Service \$**19**⁹⁵

Most vehicles. Freon extra. Includes: • Recovery • Evacuate

· Leak test · Check hoses and belts Test operation

Professional Detailing Starting at

Free hand car wash with any automotive service

Reader September 3, , 2009 155

nly \$140

SERVICE from \$14.5 Helps keep your car under warranty! Call for list of services on your vehicle. Most 4-cyl vehicles. With coupon. Expires 9/13/09. **WE CARRY MOST MAJOR TIRE BRANDS!**

EAST COUNTY'S TOTAL CAR CARE

4-cylinder \$10 OFF

6-cylinder \$15 OFF

8-cylinder \$20 OFF

4 TIRES Installation extra • No carryout • 40K-mile warranty • P155-50-R13 • P175-70-R13 • P175-65-R14 • P185-70-R13

30/60/90K ANNUAL

Smog pre-test \$17.75 + VID. OBDII 1996 or newer extra. DMV renewal notice required. Plus \$8.25 cert. fee & \$2.25 VID fee. Most cars. Vans, trucks & motor homes extra. **Present coupon at time of service. Expires 9/13/09.**

FREE TOWING WITH **MAJOR REPAIRS FREE ESTIMATES**

MD AUTO REPAIR & TIRES • 8750 Jamacha Rd., Spring Valley OPEN MON.-FRI. 7:30AM-5:30PM, SAT. 7AM-5PM

SMOG \$1875

FREE RE-TEST IF REPAIRS ARE DONE AT MD AUTO

PACIFIC BEACH. \$2250. 3 bedroom 2 bath. Spacious upstairs condo. Vaulted ceilings, 1 car garage, coin laundry. No pets. 3924 Shasta Street #2. www.cal-prop.com. 858-483-3534.

PACIFIC BEACH. \$2350. 3 bedroom, 2.5 PACIFIC BEACH. \$2350. 3 bedroom, 2.5 bath condo. All new and modern. Stylish granite counters, stainless steel appliances, air conditioning. Cat OK—deposit. 3509 Del Rey Street #204. www.cal-prop.com. 858-483-3534.

PACIFIC BEACH. \$1695. 2 bedroom,
2 bath condo. Downstairs. weeker/depos.

2 bath condo. Downstairs, washer/ dryer. Complex has pool, saunas, 2 parking spaces. Small pet OK with deposit. 7405 Charmant Drive #2419. www.cal-prop. com. 858-483-3534.

com. 858-483-3534.

PACIFIC BEACH. 8970. 1 bedroom,
1 bath front cottage- style duplex. Near
bay, fresh paint, common patio,
backyard. No pets. 3756 Yosemite Street.
www.cal-prop.com. 858-483-3534.

PACIFIC BEACH. \$1795. 2 bedroom, 2 bath townhouse. Beautiful remodel, 2 parking spaces, coin laundry. No pets. 1520 Thomas Street. 858-483-3534.

www.cal-prop.com.

PACIFIC BEACH. \$1895. 2 bedroom,
2 bath condo. Upgraded, hardwood
floors, granite counters, stainless
appliances, 2 parking spaces. No pets.
2368 Grand Avenue. www.cal-prop.com.

PACIFIC BEACH. \$2100. Move- in ready, available now. Top- floor 2 bedroom, 2 bath. Patio, stainless appliances, washer/dryer, walk-in closet, off- street parking. No pets/ smoking. 612-636-6593.

PACIFIC BEACH. 1433 Grand Avenue. \$400 off first month! 2 bedroom, \$1395. Courtyard, parking, laundry. No pets. 858-692-6601 or 619-226-7368 or www.

PACIFIC BEACH, 1 bedroom, 1 bath apartment. Parking, laundry on site. Rent \$1000. 2128 Thomas Avenue. Call Mike,

raciFic BEACH. \$2975. 1/2 block to water. 4 bedroom, 2 bath townhouse, Sail Bay. Year lease. No pets. \$3025 deposit. 3950 Riviera Drive. 858-525-5238; 858-273-4820. PACIFIC BEACH. \$2975. 1/2 block to

PACIFIC BEACH, \$1325, 2 hedroom 1.5 bath townhome in great, central location. Close to shops, restaurant, and beach. 1941 Emerald Street, TPPM, 858-699-3851.

PACIFIC BEACH. Best value! \$1300. unit. Designer paint colors, washer/ dryer hook-ups and 2 off- street parking spaces. \$100 deposit. 2614 Figueroa Boulevard. TPPM, 858-699-3851.

PACIFIC BEACH, \$2250.3 bedroom, 2-1/2 bath townhouse, Fireplace, washer/ dryer, private patio, balcony. One parking space. *Open house Saturday 2:30-3:30*. 1736 Hornblend Street #4. TPPM, 856-99-9851.

PACIFIC BEACH. \$1545. 2 bedroom, 1 bath. Near beach! Dishwasher, coin laundry. Barbecue, courtyard. No pets Available October 2. 1069 Hornblend.

PACIFIC BEACH. Well- maintained studio, \$775, and 1 bedroom, \$850. Clean, quiet, parking, laundry, ceilin fans, pool. No pets. Available now.

PACIFIC BEACH. \$1200-\$1250 very clean 2 bedroom, 1 bath near Vons Center. Custom interior colors, pool, s. Great value! **Open house** Saturday and Sunday, 10am-12pm. 1930 Emerald Street. TPPM,

PACIFIC BEACH. \$1400. 2 bedroom, 2 beth. Great value in central location near

Vons Center. Coin laundry, parking. 1919 Hornblend Street. TPPM, 858-699-3851.

PACIFIC BEACH. \$1400. 2 bedroom, 1 bath second floor unit. Near beach and bay. Custom paint colors. Coin laundry pay. Custom paint colors. Coin laundry and parking. **Open house Saturday 1-2pm**. 1255 Thomas Avenue #8.

PACIFIC BEACH, \$975, 1 bedroom Beautifully kept property with garden courtyard near Crown Point. Peak view of bay. 2150 Thomas Street #13. TPPM,

PACIFIC BEACH. \$975. Spacious 1 bedroom with tile in dining and kitchen. New carpet and custom paint. Very well maintained complex. Walk to Vons. Must see! **Open house Saturday 10:30-11:30.** 2112 Garnet #2C. TPPM, 858-

PACIFIC BEACH. \$1295. 2 bedroom, 1 bath in excellent location near Bay.
Recently remodeled. Corner unit with
excellent light. *Open house Saturday*11:30am-12:30pm. 1536 Pacific
Beach Drive #5. TPPM 858-699-3851.

PACIFIC BEACH. Apartment \$1850. 2 master bedrooms with 2 baths. 1 car garage, study room, extra half bath. Balconies, washer/ dryer included. 2070 Emerald Street. TPPM 858-699-3851.

PACIFIC BEACH. \$1195. 1 bedroom, in the perfect walk- to- all location. Near beach, Henry's and Garnet. New carpet. 1216 Felspar Street. TPPM, 858-699-

PACIFIC BEACH. \$1395. 2 bedroom, 1 bath with beautiful courtyard and great location. Parking included. No pets. 1461 Missouri Street. TPPM, 858-699-3851.

PACIFIC BEACH. Starting at \$825. 1 bedroom. Garden setting, easy access location. Pool, recreation room, no pets. 2710 Grand Avenue. TPPM, 858-273-8657.

PACIFIC BEACH. \$1400. 2 bedroom townhome in immaculate property in the heart of Pacific Beach. Laundry, parking, no pets. 1656 Reed Avenue. TPPM, 858-581-6415.

PACIFIC BEACH. \$2500. 1/2-off 1st month! 3 bedroom, 2 bath. Close to beach. Washer/ dryer. Fireplace. Patio. Sorry, no pets. 1420 Reed Avenue. Call

Agent, 619-692-4121.

PACIFIC BEACH. \$1150. 1 bedroom,
1 bath apartment. Upper level. Off- street
parking. Laundry on site. No pets. 4451
Haines Street. 858-270-4492 x203.

PACIFIC BEACH. \$2500. 3 bedroom, 3 bath townhome. 3- car garage. Fireplace washer/ dryer, patio and deck. Clean, fresh paint. No pets. Available October. 1853 enue 858-270-4492 x203

Grand Avenue. 858-270-4492 x203.

PACIFIC BEACH. \$1750.1 block to the ocean. Garage. 2 bedrooms. Yard. Utilities included. No pets. Lease. Call Coldwell Banker Property Management, 858-488-2228.

PACIFIC BEACH. \$1325 1 bedroom, 1 upstairs unit with bay views, coin laundry, 1 off- street parking space. \$800 deposit, 1- year lease. 3918 Gresham Street. TPPM, 858-699-3851.

PACIFIC BEACH. \$1495. 2 bedroom 1-1/2 bath townhome in beautiful garden setting. Easy access location. Laundry, parking. No pets. 2155 Felspar Street. TPPM, 858-274-9250.

TPPM, 858-274-9250.

PACIFIC BEACH. \$1750. Large townhouse. 2 master bedrooms, 2.5 baths. Walk-in closets. Washer/dryer hookups. One- car garage. Crown Point area. No pets. Lease. Coldwell Banker Property Management, 858-488-2228.

PACIFIC BEACH/ CROWN POINT
Apartment. \$960 studio. \$1125, 1
bedroom. \$1525, 2 bedroom, in very nice property with pool. One block to Sail Bay. 3773 Haines Street. TPPM, 858-483-9303.

PACIFIC BEACH/ CROWN POINT. \$2595. 3 bedroom, 2-1/2 bath townhouse. Stainless refrigerator. New paint. 1500 square feet. Near bay. Fireplace, private courtyard. Laundry. Nonsmoking. 858-272-7616.

PACIFIC BEACH/ CROWN POINT.

\$1075. 1 bedroom, upstairs. Stove, refrigerator, dishwasher, microwave. Large, private balcony. Garage space coin laundry. Close to bay, easy freeway access. Available now. 3711 ngraham. Del Sol Property Management, www.delsolpm.com. Broker, 858-270-2071.

PACIFIC BEACH/ CROWN POINT. \$995.

PACIFIC BEACH/ CROWN POINT. \$1125-\$1495. Bare 1 and 0/ \$1125-\$1495. Ráre 1 and 2 bedroom available in Crown Point's best maintained property. Two blocks to bay! No pets. 3803 Jewell Street. TPPM, 619-933-7400. www.villalaplaya.com.

933-7400. www.vilialapiayat.com. PACIFIC BEACH/ NORTH. \$1695. 2 bedroom. Dishwasher. Sunny, large, immaculate, lower duplex. White tile, bath, kitchen. Parking, yard, laundry, gardener. 1.5 blocks— ocean. 863 Missouri. 858-273-1005.

PACIFIC BEACH/ NORTH, \$875, Studio with all utilities paid. Full kitchen stove, refrigerator, upstairs, coin laundry, 3 blocks to ocean. Cat OK with additional \$300 deposit. Available now. 5049 Cass Street. Del Sol Property Management, www.delsolpm.com, Broker, 858-270-2071.

PACIFIC BEACH/ NORTH. \$1445. 2 bedroom, 1 bath. Large, upstairs, remodeled. Stove, refrigerator, dishwasher, microwave, coin laundry, parking. Available now. 1548-1/2 Diamond. Del Sol Property Management, www.delsolpm.com, Broker, 858-270-2071.

Broker, 858-270-2071.

PACIFIC BEACH/ NORTH. \$1595. 2
bedroom, 2 bath. Upstairs remodeled unit in duplex. Stove, refrigerator, dishwasher, pool, coin laundry, 2 blocks to ocean. Available 9/28/09. 826 Tournaline. Del Sol Property Management, Broker. www. delsolpm.com. 858-270-2071.

PACIFIC BEACH / NORTH. \$1525. 2 bedroom, 1 bath. Remodeled unit, walk-in closet, 3 blocks to beach. No pets. 1044 Sapphire Street #4. www.cal-prop. com. 858-483-3534.

com. s98-463-3034.

PACIFIC BEACH/ NORTH. \$2295. 3

bedroom, 2 bath townhouse, all appliances, fireplace, balconies, private patio, assigned parking. Small pet OK. 1748 Missouri Street. 760-445-7592.

PACIFIC BEACH / NORTH. Special 2 PACIFIC BEACH/ NORTH. Special 2 bedroom, 2 bath with extra large closets and large balcony in quiet, immaculate North Pacific Beach property. Custom interior colors. A must see! \$1600. 1530 Chalcedony. TPPM, 858-270-5847.

PACIFIC BEACH/ NORTH. Special 1 bedroom with incredible closet space in quiet, immaculate North Pacific Beach property. Custom interior colors. A must seel \$1125. 1530 Chalcedony. TPPM, 858-270-5847.

858-270-5847.

POINT LOMA. Move in today, pay no rent! Newly renovated apartment ho starting at \$1205! City/ bay views, stainless- steel gourmet appliances, custom cabinetry, bamboo laminate custom cabinetry, bamboo laminate floors. Barbecue, fire pit/ lounge, resort-style pool, oversized hot tub, brand-new fitness center. Pet- friendly. Gables Point Loma, 3811 Marquette Place #2N. 619-223-6577. Gables.com.

POINT LOMA. Studio, \$770. Bright, airy

POINT LOMA. Studio, \$770. Bright, airy downstairs unit, near Sports Arena. Beautifully landscaped, security gate, laundry Available October 5. No pets. 3181 Kemper Street. 760-505-7736, www.lomascenic.com.

POINT LOMA. \$1455-\$1475. Secluded 2 bedroom townhouse. Terraced hillside gardens. New carpet and fixtures, double- paned windows, upgraded tile/marble, walk-in closet, patio, pool, saunas. No pets. 619-226-8158.

POINT LOMA. \$1600. 2 bedroom, 2 bath. Washer/ dryer. 2 parking spaces. Security. New paint/ carpet. No unit

above. View— Sea World. Available 10/1. 619-871-9912.

POINT LOMA. \$200+ move- in specia! Large 1 bedrooms, \$950 plus \$950 deposit. Parking, laundry. No pets. Available now. Call 619-523-3969.

POINT LOMA. \$1299. 2 bedroom, 1 bath apartment, pet OK, 6- month lease, 1- car parking, balcony, carpet floors. Fee. Free search at www.westsiderentals.com. 619-

POINT LOMA. 1 bedroom with walk- in closet, \$950' month. Bright, airy, beautifully landscaped, security gate, tile kitchen/ bath. Laundry on site. No pets. Available October 15. 3191 Kemper Street, #5. 760-505-7736. www.

lomascenic.com.

POINT LOMA. \$745. 1- bedroom in quiet complex. New carpet/ paint. Laundry available immediately. Shelter Island area, easy downtown access. 2830 Keats Street #B. 619-222-9308.

POINT LOMA, \$1095, Available now, 1 bedroom, 1 bath. On-site pool, tennis court. 4012 Valeta Street. Call Agent,

PORTAL LOMA. Fully furnished 2 bedroom, 2 bath. Panoramic view. Set for the professional. \$1200 security. \$1850/ month. Credit check. No pets/ smoking.

POINT LOMA VILLAGE. Delightful 1 bedroom apartment. Near restaurants, shopping, Bay and beach. 500 square feet. Small patio. \$900. 619-223-6121.

POWAY. 1, 2 and 3 bedroom apartments From \$995 to \$1,695. Low first month rent from \$199 to \$399 with 1-year lease. Spacious upgraded interiors, wood burning fireplace, air conditioning, patio, storage, assigned parking, fitness center basketball court, sparkling pool and spa. On-site dog park. Countryside Apartments. Call 858-748-4774.

POWAY. \$400 off first month! \$995. 1 bedroom, 1 bath. Located in the heart of beautiful Poway. Just 4 miles east of the I-15 in a gated community. Call 858-578-0114. www.casaarguello.com.

POWAY, \$2075. 3- bedroom, 2.5- bath condo. Gorgeous tri- level, washer/ drye 2- car garage. Air conditioning. 13069 Evening Creek Drive S. #56, www.cal-prop.com, 858-483-3534.

POWAY. One month free! Spacious 1 bedroom, 1 bath, \$975. Views of the bedroom, 1 bain, \$975. views on an orolling hills, all appliances, air conditioning, laundry, parking, 12323 Old Pomerado Road, 858-513-6568.

POWAY. 1 bedroom, 1 bath. \$950. Special 1/2 off the first month with 1- year lease. Security deposit \$500 includes dishwasher, basic cable, laundry, and 2 parking spaces. Open house Saturday 8-4pm. No pets. 858-679-1789.

RANCHO BERNARDO, \$1895, 3 bedroom 3 bath, upgraded condo. Fireplace, patio, deck, parking space, garage, community pool and tennis courts. 17581 Fairlie Road. 858-560-1178.

RANCHO BERNARDO. Large 1
bedroom condo for rent! \$1100 per
month. Open Saturday and Sunday,
10am-7pm for viewing. Covered
parking. Storage. Washer/ dryer in unit.
Fireplace. Vaulted ceiling. Exercise room. No pets. 585-200-1575.

RANCHO BERNARDO. 1 bedroom, 1 bath condo, \$1125. Air conditioning/ heat, gas, fireplace, 2 parking spaces, washer/ dryer, all kitchen appliances, storage, balcony, renovated, community pool/ spa, tennis, fitness center. 17925 Caminito Pinero #270. People Helping Others Property Management, 619-282-5400.

RANCHO PENASQUITOS. Move- in special: Free 40" HDTV with 1- year lease! 2 bedrooms, 1 baths from \$1275. 3 bedroom, 2 bath, \$1600. Newly remodeled. Air conditioning. Pool, spa. Carport. No pets. Rancho Villas Apartments. ranchovillas@earthlink.net, 858-484-0744. SAN CARLOS. Super special! 2 bedroom townhouses. \$1375/ month and up. Stove, dishwasher, garage, large patio, pools, laundry facilities. Lakewood Villa Townhomes, 8492 San Carlos Drive, San Diego. Available now. Call 619-469-3585; 619-944-0671.

SAN CARLOS. \$925. 1 bedroom, upstairs. Slove, refrigerator, dishwasher coin laundry, pool, parking, gated entry, elevator. Near parks and lake. Cat OK with additional \$300 deposit. Available \$10/09. 6930 Hyde Park Drive. Del Sol Property Management, Broker. www. delsolpm.com. \$58-270-2071.

SAN CARLOS. \$960. 1 bedroom, 1 bath condo. Ground floor, new carpet, new refrigerator, views. No pets. 6930 Hyde Park Drive. www.cal-prop.com. 858-483-

SAN CARLOS. \$950. 1 bedroom, 1 bath condo. Upstairs, remodeled kitchen/bathroom, pristine complex, pool, coin laundry. No pets. 6878 Navajo Road #62. www.cal-prop.com. 858-483-3534.

SAN CARLOS. \$1600. 2 bedroom, 2 bath condo, lower corner unit, patio, washer and dryer in unit, fireplace, community pool and tennis. 6877 Caminito Mundo, #22. www.centrecity net. Call 619-296-6699.

net. Call 619-29-6999.

SAN DIEGO. Casoleil Apartments offers spacious 1, 2 and 3 bedroom floor plans. Breakfast bars. Private balcomy or patio. Fitness center, pool. 1 bedrooms from \$1300. 2 bedrooms from \$1600 and 3 bedrooms from \$1795. 888-278-0292, www.CasoleilApts.com.

www.casolellApts.com.

SAN DIEGO. Navajo Bluffs offers spacious studio, 1 and 2 bedroom floor plans. Fully equipped kitchen, plush carpeting. Pool. Cats welcome upon approval. Studios from \$800, 1 bedrooms from \$1025. 888-378-3335, www.
NavaioRuiffs.com

SAN DIEGO. The Landing offers Ocean View lifestyle special location in Ocean View lifestyle special location in South Bay, 3 distinctive floor plans, each with crown molding, 9' ceilings, private balcony or patio, Full-size washer/ dryer, full- equipped kitchen. Pool, spa, saum, fitness center. 2 bedrooms from \$1495. 888-673-2153, www.TheLandingatOceanViewHills

com.

SDSU. Under new management!
Studios, 1, 2, 3 bedrooms starting at \$895. Very near campus, around the corner from Peterson gym/ recreation center. 6 swimming pools. Large apartment homes. Fantastic views of San Diego, Leasing office available 7 days a week. Albert's College Apartments. 5460 55th Street, San Diego, 1-800-760-5518.

SDSU/ ZHAMADGE. 1/2 off second

SDSU/ TALMADGE. 1/2 off second month! \$1200, \$900 deposit, 2 bedroom cottage, fenced front yard, laundry. 1.5 miles to SDSU. OAC. 4441 52nd Street.

619-254-8703.

SOUTH PARK. \$1150. Spacious and immaculate 2 bedroom, 1-1/2 bath. Extra storage locker. Very quiet area. Coin laundry. Indoor cat upon approval. Excellent location. 3131 Hawthorn Street.

SOUTHEAST SAN DIEGO. Valencia Park. \$695. I bedroom, I bath adorable, sunny apartment. Move- in special. Parking. 4854-1/2 Market Street. Xilarent. com. 619-683-7638.

com. 619-683-7638. **TALMADGE.** \$1100. 2- bedroom, 1-1/2-bath townhouse. Very nice, stove and refrigerator. Near tennis courts. No pets. 4538 Norwood Street. Call manager, Danny, at 858-729-4125.

TALMADGE. \$299 first month's rent! IALMADGE. \$299 first month s rent: Large, refurbished 1 bedrooms, 2 bedrooms, 1 baths; and 2 bedrooms, 2 2 baths; \$850 and up. New flooring, microwave, air conditioning, balcony, pool, barbecue, Section 8 OK. 619-284-1045...

TALMADGE. Ask about move- in special! 1 bedroom apartment, \$775. Air

conditioning, walk-in closet. Parking. Gas stove! No pets. Low deposit. Ready now 4475 50th Street. Agent, 619-279-2183.

TALMADGE. Ask about move- in speciall 1 bedroom apartment, \$745/ month. Very clean! Upstairs. Laundry on site. No pets. Ready now. 4468 Winona Avenue. Agent, 619-820-2584.

TALMADGE. \$745-\$900. Nice 1 and 2 bedroom apartments. Quiet building.
Upstairs. Large rooms. Coin laundry. Cat
OK. 4438 Menlo Avenue. Agent, 619-469-7790. www.westmanproperties.com

UNIVERSITY CITY. \$1600. 2 master bedroom, 2 bath condo. New paint and bedroom, 2 barr corloc. New paint and carpet. Gated community. Pool, gyms, tennis, basketball. No smoking, no pets. 2 parking spaces. 858-455-7865.

UNIVERSITY HEIGHTS. 2 apartments avalable. \$1150/\$1175. 2 bedroom, 2 bath. Washer/ dryer, air, fireplace. Off-street parking. 8- unit complex. 4026 Alabama Street. 619-296-9557, 619-286-4320.

UNIVERSITY HEIGHTS, \$895/\$1195. Large 1 and 2 bedroom. Remodeled. New cabinets, granite countertops, wood floors, Berber carpet. Air, laundry, large closets. 4640 Kansas. 619-295-9017.

UNIVERSITY HEIGHTS. Cute Spanish-style duplex. Wood floors, old charm. 1 bedroom plus deen and garage. On-site laundry. \$1225. Available October. Appointment: 518-6985 or 619-992-7791.

UNIVERSITY HEIGHTS, \$1250, Lower, newly remodeled 2 bedroom, 1 bath, shared laundry, off-street parking, gated, no pets. Nonsmoking. Open Sunday 2-3pm. 4555-4549 Park Boulevard. 619-294-9665.

UNIVERSITY HEIGHTS. \$1075. Large 2 bedroom, 1 bath, gated, new paint, stove, refrigerator, laundry, parking. 4452 Louisiana. 619-843-0796.

UNIVERSITY HEIGHTS. 1/2 off 1st! Extra Gated, all appliances, built-in bookshelves, balcony, laundry. 4550 Louisiana #1. 619-843-0796.

UNIVERSITY HEIGHTS. 2 bedroom, 1 bath, \$995. On wooded carryon hillside, laundry, barbecue. 3948 Florida Street. \$400 off first month's rent! Agent, 619-260-8121. View at www.sevillemgmt.com.
UNIVERSITY HEIGHTS. \$950. 2 bedroom,

1 bath downstairs unit. Gated complex, on-site laundry, parking. 4443 Campus Avenue #2. Agent, 858-560-1178.

UNIVERSITY HEIGHTS/ NORTH PARK. \$995. Clean large 2 bedroom, 2 bath. Light and airy upper unit. Off- street parking. Laundry. Gated. No pets. 619-993-9505.

USD/ LINDA VISTA. \$1800. Large 2 bedroom, 2 bath condo. New paint/ carpet. Washer/ dryer. Fireplace. Dishwasher. Microwave. Secure. Pool, underground parking, elevator. Agent, 619-417-0481.

UTC. Granny flat, \$900/ month, utilities included. Walk to stores/ bus. Available 9/1. No pets. Smoking outside only. 858-354-3432 or 858-354-6322.

UTC. 1 bedroom, 1 bath condo, \$1300. Water, sewer, trash included. Dishwasher, microwave, community pool, spa, raquetball. 8332 Regents Road, #D. People Helping Others Property Management. 619-282-5400, peoplehelpingothers.com.

Tro. 55+ Spacious, luxury living, Pool, spa, golf course. 1 bedrooms, \$990. 2 bedrooms and 1 baths, \$1090. 2 bedrooms and 2 baths, \$1615. \$99 deposit, OAC. Town Park Villas, 4633 Governor Drive.

888-453-0441.

UTC. \$1500. 2 bedroom, 2 bath condo.

Washer/ dryer in unit. Close to UTC—
freeway and beach. Located in the La Jolla
Colony complex, pool. Pets on approval
allowed. 4085 Rosenda Court, #263. www.

allowed. 4085 Rosenda Court, #263. ww sdforrent.com. 619-640-7530.

UTC. \$2495. 3 bedroom, 2.5 bath large townhouse. 1458 square feet. Fireplace. Patio. No pets. Call Coldwell Banker Property Management, 858-488-2228.

Property Management, 858-488-2228. **TTC / LA JOLLA.** \$1795. 2 bedroom, 2 bath at Verano. First floor. 3 parking spaces. Washer, dryer, large deck with storage. Hiking trails, pools, saunas, etc. Nonsmoking. No pets. Agent, 619-692-4121

VISTA. Bella Terra offers 1, 2 and 3 bedroom apartment homes. Private

Oil Change \$1695 Most vehicles Smog Check \$2695

AUTOMOTIVE

Most vehicles. Present coupon and DMV renewal slip. Plus \$8.25 cert.

"Check Engine" Light \$29°5

Brakes \$30 off

Sports Arena/Pt. Loma

For more specials visit: Precisiontune com

3425 Midway Dr. (Behind Shell station) 1-888-281-5381

Coupons must be presented at time of service.

Not valid with any other offer or discount or for prior service See manager for details.

All coupons expire 9/17/09

Precision =Tune─₩ 'Auto Care'

Smog Check \$15⁹⁵

Plus \$8.25 certificate & \$1.95 transfer fee \$28.95 '95 and older. Vans and trucks extra.

Free

shuttle

service

AC Service $$19^{95}$_{\text{reg.}$40}$ Includes evac. & recharge. Freon extra.

\$15⁹⁵
4-cyl. + tax
Most cars.

Drain and replace up to 5 quarts of oil
 Install oil filter

Emission Diagnostic \$**34**⁹⁵ Most cars

619-237-1043

Oil Change "Check Engine" Light/

GENERAL AUTO REPAIR

ACURA & HONDA OWNERS WE REPAIR AND SERVICE ALL JAPANESE CARS OIL & FILTER | BUMPER-TO-BUMPER SPECIAL CHANGE • Change oil & filter • Inspect air filter · Rotate tires if needed 10-point check upon request. Add \$ 1895 \$ 2 for oil disposal fee. Complete brake inspection Top off all fluids . Check & adjust timing to specs Check undercarriage & exhaust system Check all hoses & belts Replace spark plugs Check with transit V6, V-Tec, platinum plugs additional Check radiator and fan operation • Road-test With repair. FUEL INJECTION SVC. • Reduce emissions • Increase horsepower • Restore performance mileage • Resurface drums/rotors extra • Resurface drums/rotors extra BRAKE SPECIAL Kearny Mesa A & H Specialists

4187 Convoy St. (next to Big 0 Tires) • 858-573-9999 Mon.-Fri. 7:30 am-5:30 pm, Sat. 8:00 am-3:00 pm

ASE CERTIFIED

Thirty Years Ago

Dear Matthew Alice: Are there more men than women in San Diego?

— Curious Couple, San Diego

Men generally outnumber women in this city and will continue to do so in the next decade, according to the special census of 1975 and projections into 1980. But these figures show some interesting exceptions. In 1975, men between 20 and 24 years old outnumbered women by about 2000 (75,024 men compared to 73,017 women); but in 1980 the majority is expected to reverse, with 80,487 women compared to 74,838 men.

— STRAIGHT FROM THE HIP, Matthew Alice, September 6, 1979

Twenty-Five Years Ago

The port district is clearing the B Street pier for exclusive use of a small fleet of lucrative cruise ships stopping here on their voyages south, so port officials decided that

the Star of India's sister ships — the ferryboat Berkeley and the steamship *Medea* — would be evicted from B Street and moved 20 yards north, to the Star's current docking. The Star would in turn be moved farther north to a new home on the north side of Anthony's Star of the Sea Room restaurant.

--- CITY LIGHTS: "A STAR IS BERTHED," Paul Krueger, September 6, 1984

Twenty Years Ago

Unless he absolutely cannot avoid them, John Pugh does not do windows. "Windows — they just ain't cool," he says. "You're climbing through a window - I mean, how does that look? I don't like to do that. There's enough people and enough businesses who leave their doors open, their safes open. I don't have to climb through windows." Pugh also doesn't like to be thought of as a common burglar who relies on crude force rather than intellect to get through life. He is most proud of the heists he accomplished with a good deal of forethought.

- CITY LIGHTS: "JOHN PUGH BUSTS OUT," Iackie McGrath, September 7, 1989

Fifteen Years Ago

I am one of the few residents of planet Earth unfamiliar with Baywatch. Some one billion people in 72 countries watch it weekly. And those numbers — one billion viewers, seventy-two nations — frighten me. I am frightened that nomadic tribesmen in Mongolia cuddle in their toasty yurts and giggle at images of tight, bronzed buttocks bouncing around Will Rogers State Park near Los Angeles.

The Great Unification of Humanity, the Day-When-We-Ain't-Gonna-Study-War-No-More, the Messianic Age, what have you, frightens me because I am not a team player. I am not "one of those guys." I am not a "people person."

- AS SEEN ON TV: "THE TAN AT THE END OF TIME," Abe Opincar, September 1, 1994

Ten Years Ago

First time around, I sketched the death scene as a pretty picture. I had Edith bathe, shampoo and set her hair, lacquer her finger- and toenails (leaving, as she always did, the moon of each fingernail bare, a detail from 1940s nail-polishing etiquette of which I am fond). I dressed her, swathed her, really, in a sheer pale pink nightgown whose neckline I circled with a discreet lace border. Under the nightgown, she wore a bra (Edith despaired of her fallen breasts, how they hung, useless and loose, the sallow skin striated with translucent stretch scars, the long corrugated nipples an obscene maroon). I had Edith climb into her four-posted bed. I pulled her chenille bedspread up under her arms, set her head back — gently — on two plumped goose-feather pillows.

- "RADIO NIGHTS," Judith Moore, September 2, 1999

Five Years Ago

Britney Spears was spotted in San

Radio Nights

San Diego Reader, September 2, 1999

Diego August 20, walking the paths at Seaport Village with her fiancé, Kevin Federline, and then she went house-hunting in the La Iolla area.

Her spending range for the purchase is said to be "in the two- tofour-million-dollar range." She told the realtor that she like the way she "fits in" with the La Jolla community.

– BLURT, Jay Allen Sanford, September 2, 2004

For more stories by these authors, go to

or balconies. Well- equipped kitchens, Whirlpool amenities, central air conditioning. overed parking, garages available. Pools as, barbecues. Fitness facility. One

VISTA. 2 bedroom, 1 bath. New paint/ carpet.

VISTA. Huge, freestanding, furnished studio. Close to freeway and shopping center. Available now. \$675 includes utilities 760-917-4838.

RENTAL SERVICES

thousands of rental listings with photos and maps. Advertise your rental home furneel Visit www.RealRentals.com. (AAN CAN) ALL AREAS. Houses for rent. Browse

REAL ESTATE HOUSES

MEXICO. Homes for sale and rent in La Mision, Baja California. 2 bedroom, 1 bath. Beautiful ocean view, 24-hour security guard, gated community. Best beach in Baja. 760-250-7055.

WARNER SPRINGS. Free car at closing. Newer, custom 3 bedroom, 2.5 bath. One tree-lined acre. Custom shop/garage/ office. Stage/amphitheater. Views. \$639,000. 760-782-0202. http://

REAL ESTATE CONDOS

Rent to Own

\$199k to \$249k. 2 bedroom, 2 bath condos. New hardwood floor/ carpet/ tile. Balcony/ patio. Gas stove, microwave. Central air/ heat. Dishwasher. Washer/ dryer hookups. Gated. 2 miles to SDSU. Near all/ golf course. 5170 Orange Avenue, 92115. Call 619-285-3822.

REAL ESTATE MISCELLANEOUS

2.5 ACRE CALIFORNIA WIND FARM for sale! Receive long- term income from major wind farm developer. No maintenance, high- paying lease. \$18,000. John, 619-347-0347.

ARIZONA. .37 acres. Underground utilities. Great mountain views. Paved streets. 2-car garage. Doctor, dentist, pharmacy. No ers' association. Near Prescott ,000/ best. 602-206-7578.

ATTENTION SELLERS! We'll buy your

DON'T BUY REAL ESTATE until you heal this! Sentember 12, 10:30-noon. Eliminate fear, uncertainty in current real estate market. Space limited, victoria@ victoriasellssandiego.com, www

FORECLOSURES / DEFAULTS. Daily

reports— 28 years. We show you how to buy property below market value. Free foreclosure tutorial/ seminars. Unlimited mentoring. 1-800-664-2567; www.

GROWING/ STORAGE YARD, Vista. For lease only, 9000 square feet, includes 30x80 square foot shade house, weed mat \$500/ all offers considered. 760-305-7511.

-7175 or Monica at 619-368-3925

HOTEL OWNER WANTS TO BUY property condos, apartments, commercial, vacant land and notes. Call 619-204-0610.

I BUY/ LEASE HOUSES FAST! Ge prescending price. No commission pes. Instant debt relief. Call Mike JSN Retired): 619-863-4592. www DRENT2OWNHOMES.COM. **REAL ESTATE IS HAPPENING!** Your great future is waiting just for you. Recovery: defaults, short sales, bank owned, probates, tax sales; coastal-inland. Do give me a call, I'll be there for you! Dorothy Klitzing, Research Specialist. Coldwell Banker Residential Brokerage. Dre: 790455 760-746-2337.

TICKETS

CHARGERS TICKETS, press level, premium location. Individual games for sale. Face value. \$98. Leave message for Don, 619-291-9996.

SPORTS

ADULT FLAG FOOTBALL. Largest league in San Diego. 6 locations, 3 skill levels. 6 locations, 3 skill levels. viduals. xflagfootball.com.

DUMBBELL BENCH. Gym quality (Nautilus). Adjustable from decline to 90 degrees. Excellent condition, \$50. 619-

KAYAKS, used, Cobra Navigator, 2 kayaks. 1 for \$425; 1 for \$525, with seat, paddle, storage hatch, gear, bungees (\$900 new). San Diego Sailing Center,

RAFT ZODIA Inflatable raft. 9 feet, 5 h.p. Nissan outboard motor. Outboard like new. Both \$1100. 619-696-5312.

SHORTSTOP and first-base player wanted for softball team. 619-517-5791.

wanted for softball team. SoftBALL LEAGUE. Needs groups of players and individuals for Monday night players and individuals to and Sunday afternoon gar

SOFTBALL- IMPERIAL BEACH. We need a second-base player and a center fielder. Danny, 619-581-1999. SOFTBALL, MONDAY NIGHTS, We

need a short stop and outfielder. We play in Linda Vista. Call Tom, 858-270.

SOFTBALL. First-base player and outfielder needed. Slow pitch. Andy,

SUNDAY SOFTBALL team needs 1 infielder and 2 outfielders. We also play Monday. Call Jeff, 619-823-2852. SURFBOARD. \$20. 858-270-0565.

SURFBOARD. Steve Seebold cust "Fish," 5'9". Used once. \$400. Cal

SURFBOARDS, WETSUITS,

wakeboards wanted. We pay cash for good quality used surf, wake, scuba, water sports gear. We also buy golf, skate, softball equipment; exercise and weight machines; rollerblades; roller skates; and more. Get cash or trade for other sports and fitness equipment. Play It Again Sports. Find locations: playitagainsd.com. 858-490-

SURFBOARDS. Wave Weapon Surf Shop is selling all their inventory for 50% off retail! Epoxy's \$900, now \$450. Fins, leash, wax included. Board bags at cost. Some used boards. Buy/ sell. Ding repair 30% off. 760-809-

TOTAL GYM. model 1500 with video new condition, paid \$300+, sell for \$160. 619-339-7318.

WELLCRAFT 248 Sportsman Walkaround. 25'. 1983. With trailer Mercruiser V8/ outdrive system. Expensive new parts. New fuel iltering/ fuel flow metering system. \$8500.760-214-0201.

Golf Cart

with charger. White body, red pinstriping. Custom seats, carpet, dash. Super Sport wheel covers. Windshield. Wink mirror, sweater box. \$2175. Call 619-414-8020.

COMPUTERS

COMPUTER CIRCULATION CENTER. i, trade. Laptops, PCs. , upgrades, virus/ spyware . 24-48 hour turnaround. 9350 airemont Mesa Boulevard, San ego 92123. Call 858-573-0411

DESKTOPS AND LAPTOPS. Brand new Bad credit, no credit, no problem. Small weekly payments. Order today and get free Nintendo WII system! 1-800-840-5439. (AAN CAN)

LAPTOP. \$235. Se habla Espanol. 619-

LAPTOPS AND DESKTOPS. Brand new. Bad credit, no credit, no problem. Small ad credit, no credit, no problem. Sma eekly payments. Order and get free ntendo WII system! 1-800-816-2232.



Proudly serving San Diego since 1978. Specializing in foreign and domestic repairs.



in AERO Automotive Center 3909 Convoy St., San Diego 858-560-9131

convoyautorepair.com

*Additional parts and labor are often needed at substantial extra cost. All offers expire 9/30/09

San Diego Reader September 3, , 2009 157



5 STAR CUSTOMS 6620 Miramar Road #104

858-552-9292

Next to AM-PM

Nο Fade **ANTIQUES &**

COLLECTIBLES

ANSTEAD'S AUCTION. We buy antiques,

collectibles, household furniture, appliances. Tvs, home electronics, pianos. Prompt service. Local buyers. Licensed/bonded. Serving San Diego since 1971. 619-233-3148; 1-888-722-2002.

619-233-3148; 1-888-722-2002.

ANTIQUE TO NEWER, collectible art, original oil paintings, engravings, water colors, lithographs, approximately 50 items total. Friday and Saturday, 8am-2pm. 116 West Washington, Hillcrest.

ROCK & ROLL. I buy 1950s-1980s concert posters, flyers, handbills, used/unused tickets, programs, etc. Private party. Please call 619-501-6210.

APPLIANCES

APPLIANCES, ALL SIZES. Removal,

delivery, repair, replacement, sales. Refrigerator, stove, washer/ dryer. \$119 and up. Year warranty. 24 hours. Leon, English: 619-702-3270. Spanish: 619-269-7559.

DRYER. Whirlpool Estate. Great condition. Super capacity, heavy duty, 220 volt. 3 temperature, 1/3 HP motor. \$125/ best. 619-294-5800.

Excellent working condition. Small defect with the door which does not affect operation. Only \$35. Call 619-390-3363.

REFRIGERATORS. Late models, energy savers, one side by side with water/ ice in door. One with freezer on top. Can separate. \$300. 619-441-9624.

VACUUM. Wet and dry. 5 gallon, 2 HP capacity. Sparingly used. Excellent

OVER- THE- RANGE MICROWAVE

BICYCLES

BEACH CRUISER. Custom, chrome, 3 speed. New tires, tubes, seat, brake pads, chain. 1963 Gold Foremost frame. Like new. \$195/ best. 619-294-5800.

Like new. \$195/ Dest. o 19-294-3000.

CANNONDALE H400 HYBRID Touring bike with racks/ panniers. Upgraded tires, rims, chain, rear cassette. 25" rims. Tools, cables, chain links, spokes, light, odometer. \$500. 858-586-0710.

CHEAP GAS MOTORBIKES. \$200-\$400. Trade- ins wanted, 760-480-1671.

Trade- ins wanted. 760-480-1671.

NOVARA A-T. Street- trail. Excellent condition. Red frame, all new tires/ tubes/ brake pads/ chain/ cables. Shimano brakes, gears, sprockets, derailleur. \$295/ best. 619-294-5800.

TREK-USA 600 SERIES. Dark blue frame, excellent condition. Light weight aluminum, new tires/ tubes/ break pads/ chain. Shimano brakes/ gears/ sprocket chain. Shimano brakes/ gears/ sprod and derailleur. \$295. 619-294-5800.

WANTED / TRADE

BOB DYLAN. Wanted: original 1964 San Diego State University Peterson Gym concert poster. Will pay \$3000 cash! Any accepted! 310-346-1965

CARPENTER/ LANDSCAPER wanted in exchange for furnished room and utilitie Please come to 7505 Gayneswood Way San Diego, 92139. Cross street is

CASH FOR WALT DISNEY autographs,

Disney original animation and cartoon art. Any type comics before 1970, autograph collections. 619-465-3090.

FISHING TACKLE. Collector wants for his personal collection wooden lures, reels, and miscellaneous by Heddon, Pflueger Creek Chub, South Bend, Shakespeare,

MANY OLD MILITARY medals are worth hundreds of dollars. I have \$2000 cash to spend. Other old military items also wanted. Especially USMC. 619-280-

STEREO GEAR / LP RECORDS. Cash paid! Vintage/ newer. Old amps, tuners, speakers, turntables. McIntosh, JBL, Marantz etc. Prerecorded reel tapes, jazz/ rock records. John, 619-889-5237.

TWO WRITERS LOOKING FOR "Chicken toon series, with photos if possible, please. 858-693-3939, claudia@

WANTED TO BUY: Schwinn exercycle. Stationary. Must be very clean. \$50. 619-

WANTED: VINTAGE BARBIES. Collector pays top dollar for your 1959 to 1973 Barbies and clothes and accessories.

WANTED. Cardboard shotgun and rifle shell boxes pre-1960, duck and game calls, hunting and fishing badges (pre-1940) and paper licenses (pre- 1930). Phone 858-565-1756.

condition. Only \$17. Please call 619-390-

WASHER. Whirlpool estate. Heavy duty super capacity, like new. 2 speed, 8 cycle, 1/2 HP motor. \$125/ best. 619-294-5800.

ELECTRONICS

TV. Panasonic, 27", in off- white cabinet with doors. On wrought iron stand. All excellent condition. \$100. 619-276-5508. TV. 26", color, by Montgomery Ward. Signature 2000. Cable ready with extra audio/ video jacks in back. \$45. Can email pictures. Vista, 760-941-0541.

FURNITURE

BED \$100, ABSOLUTE BARGAIN! The public. We sell warehouse direct. Come public. We sell warehouse direct. Come see our large showroom. We have over 70 sets in stock from \$89! 995 Bay Boulevard, Chula Vista, 91911. Open 11am-7pm daily. Closed Monday. Credit cards accepted. Legitimate warranties in writing! Fast delivery. Call 619-426-2727. www.tfwarehouse.com.

BED \$139. A ABSOLUTE BARGAIN! Mattress Orthopedic Deluxe. New in plastic with warranty. Queen, \$139. All other sizes available. Credit cards accepted. Free delivery. Call 800-464-6420 or 800-464-6490.

BEDS. One king, one queen, one full, and two twin sets. Can separate, or \$315/ all. 619-990-5487.

BEDS. Bunk bed/ futon/ day bed/ trundle. Very versatile, can separate or sleep multiple individuals. Compare at \$259, asking \$80. 619-990-5487.

BEDS. Adjustable, Craftmatic-like, remote control, 2 twins and 1 full size, \$100, \$200, \$300. Best offer or trade. 619-670-8356.

BUFFET. With matching server. Black slate top. Buffet: 71" x 30" x 20". Server: 46" x 30" x 20". Cost \$800 new; now \$350. 760-

CONCRETE PATIO TABLE. Seats 6, high grade. Your choice of tile installed, all weather. \$300. Credit cards accepted. 760-250-7055.

DESK WITH WHEELS. \$20, office chair

DINING SET. Mission dining table, with 6 chairs, \$350. Futon, \$175. 619-445-2862. DINING TABLE dark brown color with 8 chairs 50% off, price \$600. Pick up only, no delivery. Call after September 14, 951-491-

ENTERTAINMENT CENTER. For a 40" TV with shelves for DVD player, decoration pieces, and videos. Good condition. Only \$33. Please call 619-390-3363.

\$33. Please call 619-390-3363.

FURNITURE/ MATTRESSES. AI Davis Furniture and Mattress World in Hillcrest sells new furniture and mattresses at warehouse pricing lower than regular stores. Student specials. Online sales and catalogs in our store. Same location since 1960. Name brands. Simmons Beautyrest, Airelcom, Swedd, Stylus Sofas, Klaussner, Zocalo, Wesley Allen, and many more brands. Member of the Better Business Bureau. Also latex, chemical- free and Swedish style Visco-memory 1601
University Avenue, 2 blocks west of Park Boulevard, Hillcrest. Open Tuesday through Saturday, www.DavisWorld.com or e-mail to: info@davisworld.com. Call 619e-mail to: info@davisworld.com. Call 619-296-1221 or toll-free at 866-35-SLEEP (866-

LA-Z-BOY ROCKER RECLINER. \$50. Beautiful blue green soft tweed. Clean, like new, must see to appreciate! Head, arm covers. Clairemont, off Balboa- June, 858-569-5272.

MATTRESS, A PLUSH PILLOWTOP. Mattress Orthopedic. New in plastic with warranty. Queen, \$299. King, \$399. Free delivery. Credit cards accepted. Call 800-464-6420 or 800-464-6490. www.mattresssaverusa.co

OAK CHINA CABINETS, 2. Ornate glass doors. 3 decorative wall mirrors. 2 wingdoors. 3 decorative wall mirrors. 2 wi back chairs. TV, 22". Upright antique

piano. Newly upholstered sofa. Becky, 858-342-1974.

TWIN BEDS, 2. Trapeze table. \$150 for all. Ramona area only, 760-788-7595. WOOD FILE CABINET. Beautiful. 4 drawers. Great for office. Well made Asking \$150. 760-431-1807.

GARAGE SALES

ALLIED GARDENS Giant garage sale, Sunday September 6, 7am-12noon. Estrella Avenue, 92120. Furniture, electronics, TV/ DVDs entertainment center, designer clothes, shoes, jewelry, collections.

KENSINGTON. Saturday, September 5. 8am-noon. Vintage house ware, baby blankets and totes, fabric and quilting items, scroll saw, portable washing nachine, etc. 4463 42nd Street

MISSION HILLS. Community garage sale. Saturday, October 3. 8am-noon. 90 plus homes in gorgeous metro neighborhood. Map/ addresses available: 7:30am, 1621 West Lewis Street. 619-574-5116.

OCEAN BEACH. Moving out of state. Furniture, housewares, appliances, electronics, antiques, clothes. Labor Day weekend, Friday- Sunday, 9/4/09-9/6/09, 7:30am-1:30pm. 4915 Muir Avenue. For photos, sdavad@gmail.com.

MISCELLANEOUS

ALOE VERA PLANTS. Home grown, in pots, all sizes and prices. Dictionary Hill,

ANTIQUE TIGER OAK BED. 1880s, lots of calvings, \$375. Table, ball on claw feet, calvings, \$95. Princess dresser, mirror, calvings, fancy hardware, \$225. 619-997-8913.

BED \$139! A MATTRESS ORTHOPEDIC. New in plastic with warranty. Queen, \$139. Twin, full and king also available. Free delivery. Cal 800-464-6420 or 800-464-6490.

BURIAL LOTS. Garden of Lakeview.

CEMETERY PLOT. Single. Prime location. El Camino Park. San Diego. 858-277-5029.

CRYSTAL BOWLS/ BASKET. Pictures, crystal Bowl.5/ Basket. Pictures, school/ office supplies, floor lamp, furniture, books, women's clothes, closet organizer, kitchenware, household items, collectibles, 6'4" artificial cactus, paintings/ pictures. 858-277-9776.

DESK. 65"x29". 10- speed Univega purple or good vibration Huffy black, \$50 each. Captain's chair, 5- lug spare wheel, Ti55/ 90Di6, \$20 each. 858-454-1422.

DRESSER. Oak, 6 drawers. Recliner, \$25. TV. TV stand. 858-270-0565.

p.20. IV. IV stand. 858-270-0565.

FLOOR LAMP. Copper arm swing light. Price: \$65/ best. 619-296-7185.

GOLF SHOES. 9-1/2, Callaway Chev, brand new, white/ red. \$60. Adidas Tour 360, black/ gray, \$100. New, Nike, white, 9-1/2, \$10. Dunlop black, \$5. 619-847-2882.

Cryingwolf Designs Labor Day Sale

Handmade wreaths/home decor with rea shells and real grasses; Gold Canyon candles—in stock! Labor Day Sale 9/5-9/7—see coupon in this week's Reader for extra 10% off! B>Coupon/Sale good at both locations: Upstairs at Leaping Lotus on Cedros Avenue, Solana Beach; Village Crafts & Gifts, San Marcos. See website for pictures and directions: www Cryingwolf/Designs.com. 619-393-6685, 858-659-0918.

HANGERS. Plastic/ tubular. Some with

HARDBACK BOOK. Nature- Study Agriculture: by William Skilling, San Diego, signed. Fully illustrated, real photos and graphics, 1925. Excellent condition. \$15. 760-845-3024.

JEAN SHORTS. Size junior/ misses. Cute and attractive. 1 black pair, 1 dark green.

New, never worn. \$10 each. Dictionary Hill,

LAWNMOWER ENGINES. My private collection of 20 years. 27 assorted, 3-5 horsepower, B&S, some Honda. All good, some as new, many extras. \$880/ all. 760-732-1315.

MOPED. Runs, needs tune-up. Tomos brand. Must sell. \$185/ best. Must leave message. 619-287-3430.

metssage. 0.19-20-7-34-3U.

MOVING SALE. Air conditioner, refrigerator, washer/dryer, dishwasher, compactor, TVs/stands, stereo, beds, dressers, coffee/end, dining/chairs, china, daybed, vacuum, bikes, trailer, garden. 619-670-7821.

OXYGEN CONCENTRATORS. 3. Invacare 5- and 6- liter models. \$150/ each. Great condition. 760-567-8600.

PAINT CANS. Left over. All kinds/ colors. Free, but must take all. 503-440-4862.

REFRIGERATOR. Kenmore. 2 metal 4-drawer filing cabinets. 4 folding chairs, padded seats. Glasses—various shapes and colors. Much more. 619-944-9927.

SEWING MACHINE. Singer Deluxe. Used twice. In cabinet, stylist stitches. Book. Extra bobbins. \$260. 619-445-5898.

SKATES. Inline, size 10/11, \$20. Large wicker picnic basket, plates, flatware, etc., \$10. Computer monitor, flat screen, \$65. Pacer's jacket, perfect, \$25. 619-282-9581. SPA/ HOT TUB DELUXE, 2009 model.

Neck jets, therapy seat. Never used! Warranty. Can deliver. Worth \$5950. Sell \$1950. 858-530-0980.

STAR TREK PLATES. Approximately 40, mint condition, boxed. 2 sets are complete. Call for list. See online for photo of one. \$30 each. 858-268-0506.

TABLE, glass top, 36"x59", \$25. Desk with wheels, \$20. Office chair, \$10. Child's restraint seat, \$20. Wedding dress, hat, shoes, size 8, \$50/ all. 858-277-7197.

TOOLS. Rockwell #126 door plane, \$150.
Rockwell #653 versa- plane, \$275. 3"x24" belt sander, \$125. Senco SFN2 finish nailer, \$100. 760-960-6950.

TRAMPOLINE, \$45. Wood playhouse, \$25. Baby car set, \$15. High chair, \$8. Baby bouncer, \$10. Girls' clothes, size 8, \$20/ bag, Toys, \$10. 2 diaper genies, \$10. 760-839-9195.

839-9195. TV. 51", Pioneer, \$499. Zenith 27" TV, \$50. 1980 Dodge, \$395. 1992 Dodge Caravan, \$750. Yamaha piano, \$525. Drain snake, \$325. Car seats, \$25. 619-670-0271.

WEDDING DRESS, hat, shoes, size 8, \$50/

XBOXI/ DVD COMBO, 3 wired controllers. Great for children/ friends. Excellent, new condition. \$100. Spring Valley, Dictionary Hill. 619-466-8663.

MOTORCYCLES

BEGIN2RIDE MOTORCYCLE. Training and Rentals! You don't need a license to start riding. \$98/three-hour riding session includes bike and helmet. Call: 877-BEGIN2RIDE, 877-234-4624.

HARLEY DAVIDSON ROAD KING, 2000. Great condition. Original parts, extras. 32,000 miles. White on black paint. Always garaged or covered. 858-810-0301.

MOTORCYCLE REPAIRS! Mobile service. Bike been sitting? Won't start? Call us. Honda, Kawasaki, Suzuki, Yamaha. Credit cards accepted. House Calls Motorcycle Repair, 800-481-6531. We'll come to you!

YAMAHA YZ 450 F, 2005. Like new! Excellent condition! Current registration Original owner. Clear title. Rear paddle tires. Extremely low hours. \$2500/ best. 760-803-5934.

AUTOMOTIVE CARS

\$500! POLICE IMPOUNDS! Cars, trucks, SUVs from \$500! Hondas, Chevys, Jeeps, Toyotas, Nissans and more! For listings and information, call 800-495-0660, xC664.

Auto Pawn Loans

Auto loans secured by vehicle and title. Autos, trucks, cycles and ATVs welcome.





WINDOW [INT \$89° **

Rear 3 windows. Lifetime warranty. *Most cars. Call for details.



www.executivesgarage.com

Miramar: 9280 Kearny Mesa Rd. at Kearny Villa • 858-586-1881 Mission Valley: 5801 Mission Gorge Rd., 92120 • 619-282-1800



SHEEP AND GOATS

PLACES OF WORSHIP REVIEWED

Denomination: nondenominational

Address: 2650 Melbourne Street, Serra Mesa,

858-278-2633

Founded locally: 1994 Senior pastor: Carl Baker Congregation size: 150

Staff size: 2

Sunday school enrollment: 15

Annual budget: n/a Weekly giving: n/a Singles program: no **Dress**: mostly semiformal **Diversity**: majority Caucasian

Length of reviewed service: 1 hour 10 minutes

Website: servants4iesus.com

Sunday worship: 9:30 a.m.

Last week I visited Gethsemane Lutheran Church in the wake of the Evangelical Lutheran Conference of America's decision to allow partnered homosexuals to serve as clergy (in certain circumstances). This week, I crossed the parking lot and headed next door to Mission Village Christian Fellowship, a former United Church of Christ Church that voted (unanimously) to break away from the UCC in 1994, when that denomination took one step too far into the realm of what one congregant called "progressive doctrine."

"Obviously, we're very different congregations," he continued. "But, we actually have what I view as a really good working relationship with them. We do a lot of things together."

Sunday's service — held under a high, sloping roof and cooled by both the whirring fans overhead and the blue light filtered through the rear window — was full of prayer. (That sounds like it might go without saying, but it doesn't.) It began with the invitation from Pastor Baker. "Father...this is not really Your temple. This is just a place where we gather — Your temple is within us. But we want You to manifest Yourself in this place where we gather corporately, so that we can see Your glory."

It continued with a declarative from the swaving, stocky bass player in between songs: "Lord, You said You'd be there; that You'd never forsake us. And Your promise is true. Thank You, Lord."

And it endured in the prayers of petition, presided over by a bear of a man who closed his eyes and murmured, "Lord, open our minds, clear our thoughts, open our hearts..."

One by one, the intentions came from the congregation. For healings. For successful surgeries. For a woman in an abusive marriage. For family members threatened by Hurricane Iimena. The presider paused to write each one down and prayed, "Father, come and fill this place with Your healing.... Let it be strong; let it be complete. We also pray for delight in the knowledge of Your thoughts, that You would just reveal what's going on..." Then he went down the list, offering prayers for each intention in turn.

Pastor Baker took the lectern, told a couple of jokes, and then offered this comment: "I became aware of something as we were praying today. I want to say this as gently as I can. It's very appropriate for us to pray for one another in the fellowship, to pray for healing. But I noticed that we didn't pray for anyone outside of the kingdom — anvone in need of salvation. I remember an old saying: 'When we begin to pray for people who are going to hell as much as we do for people who are going to the hospital, we will have revival.' I just hope we'll remember that."

Because, of course, even miraculous physical healing is only a temporary thing. "These old bodies aren't going to last forever. We will get old and die," but the saved will "live forever in a better place, with a new body. The aches and pains and problems of life — Paul says, 'Pray without ceasing,' and I think that's part of the prayers. But in the Lord's prayer, Jesus focused on the kingdom: He said, 'Your kingdom come.' That's a prayer that Christ will be able to find His way into relation with the people of this world. Because ultimately, that's all that really matters."

The sermon concerned putting on the armor of God, as laid out in Paul's letter to the Ephesians. But by the end, even that circled back to prayer. "Prayer is rearma-



Carl Baker

Mission Village Christian Fellowship Serra Mesa

Sermon

Friendliness

content delivery Liturgy ** Music congregational ** band **1/2 Snacks $\star \star^1/2$ **Architecture** **

(none) Good Very good Excellent

Extraordinary

ment," concluded Baker, "Soldiers train even when there is no war. This week, we're resuming our nights of corporate prayer on Tuesdays at 7 p.m. Christopher leads us in two choruses, and then we go right into prayer. We open it up for people to pray out loud, as long as you want to.

We can use prayer as a way to reach out beyond the walls of the church, to call people to the kingdom of God."

At the end of the service, Baker encouraged the congregation: "If you need a few moments to do business with God, I want you to do that. Pray, and right where you're at in your journey in life, say, 'This is where I'm at. Lord.' Be honest with Him -He can take it. Even if you have to say, 'Lord, I'm not even sure I believe all this stuff.' All right, tell Him that. 'But I want to know You, if all this is real.' He loves prayers like that; I'm convinced of

The piano rang back into life, and the people sang: "I have decided/ to follow Jesus.... No turning back/ no turning back."

What happens when we

"Judgment," said Baker. — Matthew Lickona

Videos of this church and others featured in this column are available at sandiegoreader.com.

Fast/ friendly service. Deerhorn Motors, 619-

BUICK CENTURY LIMITED. 2000 \$1000 down drives you away. Buy here, pay here. Vin #334744. A Plus Truck and Car Rentals, Inc. 760-633-3552.

FORD FOCUS. 2003. \$500 down drives you away. Buy here, pay here. Vin #295466. A Plus Truck and Car Rentals,

Inc. 760-633-3552.

LINCOLN TOWNCAR. 1998. \$1000 down drives you away. Buy nere, pay nere. vi #612285. A Plus Truck and Car Rentals,

MERCEDES. Diesels. 1985, 300 D turbo. 1979 300 T wagon with 3rd row seat. Both have air conditioning, sunroofs, power locks/ windows. \$2550 each. 858-

NISSAN MAXIMA. 2000. \$1000 down drives you away. Buy here, pay here. Vin #525704. A Plus Truck and Car Rentals, Inc. 760-633-3552.

PONTIAC GRAND PRIX GTP. Rare 2 door model with 3.8- liter supercharged V-6, 240- horse - power automatic. 48,000 miles. One owner, always garaged. Exceptionally clean metallic- bronze exterior with tan leather seats, premium sound. New tires, all power, loaded. Retail Blue book is \$8550, asking \$7500/best. Call 619-300-8316.

TOYOTA COROLLA S. 2003. Low miles,

Same-day pickup

Running or not

Any year or make No title, no problem

619-843-0042



Inc. 760-633-3552

#042056. A Plus Car Truck and Car

TOYOTA COROLLA. 1990. \$500 down

drives you away. Buy here, pay here. Vir #299742. A Plus Truck and Car Rentals,

VOLVO 850. 1995. \$500 down drives

you away. Buy here, pay here. Vin #096837. A Plus Truck and Car Rentals,

VOLVO 850. 1996. \$1000 down drives you away. Buy here, pay here. Vin #240990. A Plus Truck and Car Rentals, Inc. 760-633-3552.

VOLVO \$80. 1999. \$1000 down drives you away. Buy here, pay here. Vin #026596. A Plus Truck and Car Rentals, Inc. 760-633-3552.

VOLVO V70. 2000. \$1000 down drives

you away. Buy here, pay here. Vin #676291. A Plus Truck and Car Rentals,

SUVS CADILLAC ESCALADE. \$14,000. 2002.

Pacific Beach 92109

package. Vin #111085. A Plus Truck and CHEVROLET SILVERADO. 2001. \$1000 down drives you away. Buy here, pay here. Vin #134503. A Plus Truck and Car

DODGE CARAVAN SE. 2000. White, very clean in/ out. 1 owner. Home: 858-279clean in/ out. 1 owner. Ho 4807. Cell: 619-518-9060

DODGE RAM 1500, 2001 heavy duty Laramie automatic. 66,300 miles. White exterior, tan leather interior. Trip ter. Air conditioning. New tires, . \$6900. 858-243-5576.

FORD RANGER. 2000. \$1000 down drives you away. Buy here, pay here. Vi #B80181. A Plus Truck and Car Rentals Inc. 760-633-3552.

FORD RANGER. 2000. \$1000 down drives you away. Buy here, pay here. Vin #B63847. A Plus Truck and Car Rentals,

FORD RANGER. 2001. \$1000 dow drives you away. Buy here, pay here. Vin #B25904. A Plus Truck and Car Rentals, HUMMER H2. \$25,000. 2003. Full Vin #123845. A Plus Truck and Car Rentals, Inc. 760-633-3552.

Rentals, Inc. 760-633-3552.

NISSAN FRONTIER. 1998. \$1000 down drives you away. Buy here, pay here. Vir #367590. A Plus Truck and Car Rentals,

NISSAN TRUCK XE 1995. V6. Automatic, King cab, 4 speed auto truck. Bed liner, Air conditioning, 170,000 miles. Must sell ASAP. \$2995. 619-466-4174.

VW CAMPER. 1983 VW Westfalia, water cooled, sleeps 4, sink, refrigerator, stove, new engine, parts, all records, clean, \$5500/ best offer. 619-473-9003.

AUTOMOTIVE CLASSIC / **CUSTOM CARS**

CADILLAC LIMO, 1972. Seats 8. All original, \$1000/ firm. 760-807-9478.

Basic Tune-Up with oil change

AUTOMOTIVE RVS

ITASCA SUNCRUISER, 1999. 31'. Only 14.748 miles. Chevy. gas engine. Auto/ 14,748 miles. Chevy, gas engine. Auf hydraulic leveling jacks. 2 TV's, VCR/ DVD. Exterior shows system. Second owner. \$25,000. 760-803-5934.

TRAILER. 26', classic vintage, self-contained, cozy, live in or travel, reduce \$1900, payments accepted. 858-270-0:

AUTOMOTIVE PARTS

PICKUP BED COVER. Roll and lock. \$1000. Asking \$350. 619-665-3103.

RIMS WITH TIRES. 4. 20". Virtually new. \$700/ best. Sold as is. 858-461-1293.

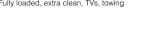
RIMS. Four 16" Pontiac. Off 1993-1997 Firebird/ Camaro. No tires. Good condition. \$95/ all. Oceanside. Jimmy, 760-966-1198.

SEMI TRAILER. 45°. For excellent dry storage in secure yard. Lakeside. \$895. 503-440-4862.

AUTOMOTIVE SERVICES

CASH FOR CARS. Not running? No problem. Not smogged? No problem. No title? No problem. Free same day pick up. For cash, call 619-843-0042.

AUTOMOTIVE





938 Coolidge Ave. (Off I-5)

National City • 619-474-2556



4-cyl. *35 6-cyl. *39°5 8-cyl. *49°5 Most cars. Includes new plugs and oil filter. Inspect cap, rotor wire, air filter. Some oil Oil Change Special \$1495 Most 4-cvl. cars. Includes new oil filter. filters extra. Some cars labor extra. Platinun EPA, up to 5 qts. oil. 6-cyl. & 8-cyl. extra, some oil filters extra. plugs extra. 60K/90K/120K Services Smog Check \$19⁷⁵ 4-cyl. from \$ 149°5 6-cyl. and 8-cyl. extra. Platinum plugs extra. +\$8.25 certificate +\$2 ET. Most cars. Bring DMV notice. Extra \$6 for Call for details. vans. SUVs. trucks. V8. and European "Check Engine" Light On? Models (years) 1976-1995 \$10 extra for Evap test. RVs: call for details. **OBDII Diagnostic Car Fail Smog? Diagnostic Free with Repair** A/C Service \$20 Some problems may require additional diagnostic procedures. Chris's Auto Smog & Repair Center 2920 Damon Ave. #C & D (Behind In-N-Out Burger) 858-270-1888 Must present coupon at time of service. Not to be combined with any other offer. Expires 9/16/09.



2924 Damon Ave. • Pacific Beach 92109 (next to In-N-Out Burger) • 858-274-4382

No appointment necessary • Mon.-Sat. 8 am-6 pm • Sunday 9 am-5 pm

We accept Visa, MC, Discover & AmEx • Se habla español FREE brake inspection • FREE diagnostic check (OBD2)

Gas saver performance package \$4998

Lube, oil & filter 59

Fuel Injection 53498

Tune-up special \$2498

A/C service \$1998

WE ALSO DO 30K+60K+90K SERVICES & OTHER MAJOR REPAIRS



619-235-8200

Bankruptcy— Divorce Mediation, low-cost child support. 619-238-5680.

Criminal Defense Attorney

DUI, traffic, possession, domestic violence, probation. Federal/state. Experienced/aggressive. Free consult. Law Offices of Scott Salmu, 619-232-4LAW (4529).

Looking For A New Job?

Previous marks on your record? We assist in expunging previous convictions and infractions from your records. Carlsbad CA. Josh Hershon. Global Legal Resources LLP 888-846-8901 x1103. www.globallegalresource.com.

Bankruptcy: 7, 11, 13

Sound advice; reasonable fee. Payment plans available. C. McLaughlin, Esq. Call 760-431-2200, 619-295-1300.

Expired Gift Cards/ Certificates

If you have an expired gift card or gift certificate, you may have legal rights. Call 619-239-1300.

San Diego County Bankruptcy

Chapters 7, 11 & 13
Free consultation. Affordable fees. Payment plans.
Haffar & Associates, 877-696-6576. HaffarLaw.com.

Bankruptcy Attorney 7, 13 Stop Lawsuits & Repossessions

Call to speak to attorney. Debt Relie 858-335-1162. BankruptcySD.com.

Tax Problems Solved!

Current and back taxes, offers-in-compromise, more Low flat fees. www.tbiadvisory.com or 858-454-9031.

Sexually Harassed at Work? Hostile Work Environment? Discriminated Against? Wrongful Termination? **Unpaid Overtime?**

We are experienced in representing employees and will vigorously defend your rights. All too often, employees will ignore an unfair work situation, or will wait too long after a violation has occurred. Don't let this happen to you! Call Attorney Michael Sousa today for a free, no obligation consultation. 858-453-6122 x15.

Home Loan Modifications

Attorney. 619-804-2486. StraightArrowServices.com.

El Cajon Bankruptcy Lawyer

Free consultation. Reasonable fees. Office in El Cajon. 619-794-0461, www.619bankruptcy.com

Meet Local Singles on Lavalife Voice! Call now! Must be 18+

www.bankruptcysd.com **Free Attorney Consult**

858-335-1162, 619-233-4415

Divorce "Self-Help" From \$85

Lowest cost services since 1976— Reg. #54 Custody/Visit/Support, etc. Direct: 619-454-0994.

Got Warrants?

Felony, Misdemeanor, DUI & Probation Case Attorneys. Abby Ertz Esq 619-840-4566 Summer '09 warrants \$649!

Solve Your Tax Problems!

Don't deal with IRS or FTB! Let a tax attorney do it! Free consult 619-795-9154 Chris@ChrisCookeLaw.com.

Bankruptcy?? Only \$800 **Attorney's Fees**

for unsecured debt. 24 years' experience. This combo can't be beat. 619-544-0669

DUI and Criminal Defense

Affordable rates. Visa/MC, flexible payment plans. Free consult. Attorney David Boertje, 619-229-1870.

No Recovery Means No Fee! Contingency Attorney Can Help of If you're injured in an accident, mistreated at work or need help with a contract or insurance claim, we'll fight for you! We're experience.

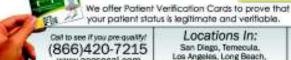
or need neigh with a contract of insurance claim,
we'll fight for you! We're experienced and aggressive.
Consultation is free, so what have you got to lose?
Don't hesitate, call us today: 619-239-1300; e-mail:
morris@sandiegolegal.com. Morris and Associates.
Personal Injury, Sexual Harassment, Business Litigation.



Do you suffer from?

AIDS/HIV, Glaucoma, Canoer, Arvriety, Multiple Sclerosis, Chronic Pain, Depression, Insomnia, Migraines, Nausea, Muscle Spasms, Seizures, Arthritis, PTSD, Anorexia... and many other conditions for which marijuana has been reported to provide relief.

We can help...



Locations In: San Diego, Temecula, Los Angeles, Long Beach, and Palm Springs

ACC: ALTERNATIVE CAR CLINICS

East County Divorce/ Family Law Lawyer Let our full-service law firm help you achieve

the best possible result. Affordable fees. Haffar & Associates, 877-696-6576. HaffarLaw.com.

IRS Problem?

There is a solution. Let a professional handle the IRS. Free consultation. Stephen Jackman, tax consultant. 619-225-9854 or skjtax@earthlink.net.

Eyelash Extensions \$85

autiful Lashes. 858-405-2688. sandeyrichardson.com.

Car Accident Victims!

25% fee. Why pay more? Demanski & Ellis, Attorneys at Law, 619-338-9880.

Divorce, Custody, Support

Law Office of Denise E. Oxley, Esq. Call 858-486-4823.

IRS Problems Got You Down?

27 years' IRS experience Income tax and collection problems Audit and appeals representation. Tax return preparation. Current/unfiled returns. Free consultation. Reasonable rates. BJ Tax Consulting, 858-530-1675.

Ch 7 Bankruptcy \$1099 **Complete Includes Filing Fee**

Debt relief agency. Free Consultation. Payment plans available. 8am-8pm, Monday-Friday; and 9am-5pm, Saturdays. Over 9 years of experience. Se habla Espanol. Attorney Roger Stacy, 619-253-8141.

Divorce/Custody/Support

Contact Happ Law Group P.C. 619-9

Stop IRS/State Cold!

Ex-IRS officer. Contact: D.M. Wayne, Tax Consultant. 858-614-0223. taxsolutionservices.com.

Ex-IRS Tax Attorney

Beat any price. Problems, returns, etc. 619-234-8471.

Bankruptcy? Our Fees Are Less Than Those 'TV Guys'

23 years' experience in tax, real estate, plus bankruptcy. Craig Trenton, Esq. 619-544-0669.

imited time affer:

25 off

Evaluation Fee!

Call now to schedule

an appointment!

fease mecalian or bring the oc the time of the appointment.

Drunk Driving Attorney Felonies/misdemeanors/DMV/drugs. 619-338-9500. J. D'Ambrosio. Free consult. Visa/MC/Amex.

\$999 Chapter 7 Bankruptcy **Includes Court Fees**

Attorney rep. \$300 starts. Asaph Abrams, Esq. Free consultation. BankonitSD.com. 858-344-0500.

Don't Let IRS Ruin Your Life!

Peace of mind is within your reach! Call 1-877-FIXABLE (24 hours) for recorded message and free report. Attorney Dave Greenberg, 858-292-0700, www.fixabletax.com.

Free Criminal Defense Clinic

Best free legal service in San Diego. Learn more at www.sddefensecounsel.com or call 888-233-5446.

Bankruptcy 619-696-7444

Free consultation, Scott A. Fleming, Attorney.

www.619Bankruptcy.com

Bankruptcy law firm. Free phone/in-office consult. Weekend/evening appointments OK. 619-794-0461.

Quick & E-Z Divorce \$69.95/up

15 years' experience. Thousands of completed divorce Issues: Child custody, support, property. 24/7 service. QuickandE-ZDivorce.com. 619-793-6796.

Bankruptcy Chapters 7 & 13 \$300 Starts Representation

All work done by experienced Bankruptcy Attorney. BankruptcySD.com. 619-321-8125; 858-335-1162.

Low Cost Divorce— Support

\$100 starts, easy payments, online divorce available. MC/Visa. #7. www.Legal-Choices.com. 619-593-6000.

Psychic Readings

25 years' experience. Consultation. 760-294-4008.

Facing A Foreclosure File 7 or 13 Bankruptcy

Save your home or wipe out negative equity. Free consultation with experienced attorney. 619-321-8125, 858-335-1162. BankruptcySD.com.

Start Your Credit Fresh

Bankruptcy made easy. bankruptcysd.com, 858-335-1162.

San Diego's Best DUI-DMV & Ticket Attorneys

Stay out of jail • Avoid court • Keep your job Clean your record • Save your license

Learn about your rights at: www.MRDUI.com

Call now: 619-563-1010

E-mail: mrdui@mrdui.com

3990 Ninth Ave. San Diego, CA 92103 (in Hillcrest near 163 and Washington)

Even nice people get arrested for drunk driving.

MR. DUI, "The Professor" of DUI Law. One of the experienced DUI-only attorneys i San Diego Exclusively



One of San Diego's best and most experienced DMV-only



Traffic Tickets?

Don't pay. Hire an attorney to fight for \$100. No attorney fee if ticket not dismissed. Contact Law Offices of Elizabeth Aronson, 760-685-8242 or SanDiegoTrafficTickets.com.

SD County Divorce/Family Law

Marital separation/dissolution. Child custody visitation. Child and spousal support. Marital property division. Paternity suits. Settlement agreements. Free consultation. Affordable fees. Haffar & Associates, 877-696-6576. HaffarLaw.com

Debt Settlement & Negotiation

Be debt free in 6-36 months. 40-60% of Free consultation: 866-369-3051. OneUpDebtRelief.com.

Aggressive Female Attorney Criminal/Family Law. Melissa S. Lubin, 619-232-2900.

DUI Defense Attorney

Experienced. Aggressive. Avoid court. Free consult. Foldenauer Law, 619-564-8877. Visa/MC/Amex.

Hypnosis— All Issues! Smoking, weight, habits. Lori (CHT), 858-457-2100.

Need A Divorce?

Low on funds? Uncontested divorces \$750 plus costs. San Diego County only. Global Legal Resources, LLP. Christopher R. Dryden, Esq. Call 888-846-8901, x1102.

Affordable Legal Services

Do you need help with a criminal or civic matter? Call Attorney Mark G. Spencer at 619-233-8610.

Simple Divorce \$149

Affordable rates, MC/Visa/Amex. Se habla espanol. Joseph B. Carnohan, Attorney. 760-722-8200.

Stop Home Foreclosure Ch. 13 Bankruptcy or **Loan Modification**

All work done by experienced attorneys with practice limited to bankruptcy mortgage laws. 858-335-1162.

Auto Accident? Other Injury? Free advice! Injury Law Center, 619-338-

Divorce Easy \$79-Up Affordable Legal Assistance, 619-479-4527

Car Repo'd Or About To Be?

Aggressive Family Attorney

Experienced in Divorce

Divorce, custody, support, property, paternity. Call 619-542-1100. www.RochaFamilyLaw.net.

Accident? Injury?

Get the compensation you deserve. Law Offices of Robert T. Pope, 619-233-3893.

Bankruptcy Attorney

Get a fresh start today! Affordable payment plans available. Raymond Schimmel, Atty, 619-275-1250.

Wipe Out 2nd Mortgages File Chapter 13 Bankruptcy

All work done by attorneys with 20 years experience. 858-335-1162.

Experienced Tax Attorney
Master of Laws in Taxation. Solution to IRS, FTB, EDD and SBOE problems. Audits, Collections, Levies & Offers. Atty. Ronson Shamoun, 619-595-1655, www.IRSsolution.com

Employee Rights Attorneys

The Tyson brothers represent employee victims of Sexual harassment, wrongful termination and Wage violations. Tyson & Tyson, LLP. 619-702-8350.

East County Bankruptcy Chapter 7, 11, 13. 877-696-6576. HaffarLaw.com.

Bankruptcy— Low As \$750 Free Consult— Al Gross, Esq. 888-FAIR-PRICE (888-324-7774). AskAttorneyAl.com.

Bankruptcy- Ch. 7, 11 & 13

Free consultation. Honest advice from an attorney A debt relief agency. Avatarlegal.com, 858-793-9880.

Is The IRS After You? Help Is At www.mtax.com

Call Curtis McAllaster, CPA, 619-523-3098

Bankruptcy, Fast Divorce

We answer the phone—Talk to a lawyer— 8am-7pm. Low down payments— Same day filing— Free advice. FixedPriceLegalCenters.com (sm). 800-993-1998.