Puppeteers

Eight powerful San Diegans who don’t want to tell you what they do
NEWS & FEATURES

Puppeteers
San Diego's shadow government. By Thomas Larson ..................30

City Lights
The PUC snuggles up to SDG&E; and Under the Radar ...............6
How the Storm Water Department LD'd my concrete; and Stringers ..........7

Letters .................................................................12

Straight From the Hip
Rice, rice, everywhere; and belt loops ..................................14

Sporting Box
OMG, it's the UFL..................................................16

T.G.I.F.
Brizz vs. Ninja.......................................................17

Diary of a Diva
It's un fashionable to be anti-antioxidants ..............................18

Movie Review and Guide
Taking Woodstock takes us back...........................................20

Parties: Crasher
Hot dogs in Crest with the music man ..................................28

Typo Patrol Results ..................................................136

Off the Cuff ...........................................................139

Puzzle
Wordsmiths play here....................................................140

Sudoku
Find fame in a numbers game .........................................142

News of the Weird ..................................................155

Back When
The man who never saw Baywatch......................................157

Sheep and Goats
Pray for people who are going to hell.................................159

CALENDAR

Events
Outdoors, Special, Dance, Film, Food & Drink, For Kids, Galleries, In Person, Lectures, Sports, Museums & Public Art.............67

Outdoors: Roam-O-Rama
Test your stamina at Pyles Peak in Mission Trails Park .............68

Gather No Moss
Borrego Springs things, Palm Springs things .........................69

Music
Classical .....................................................................71
Blurt.............................................................................71
Club Crawler ................................................................86
Serial collaborator Christopher Leyva ..................................88
Everyone's a Critic...........................................................92

Happy Hour! Bargain sauce and snacks ...............................102

Restaurant Reviews and Guide
Mixed fortunes at Truluck's ...........................................105
What the Chef Eats......................................................110

Theater Review and Guide
Compass Theatre's Shopping and F***ing and Moxie Theatre's Drink Me, or The Strange Case of Alice Times Three ............121
OUR BEST DEALS ON BLACKBERRY® EVER!
BUY ANY BLACKBERRY, GET ONE FREE.

BlackBerry Tour™
OUR LOWEST PRICE EVER!
NOW $149.99
BUY 1 GET 1 FREE
$299.99 2-yr. price — $100 mail-in rebate debit card.

BlackBerry Curve™
NOW $49.99
BUY 1 GET 1 FREE
$149.99 2-yr. price — $100 mail-in rebate debit card.

BlackBerry Storm™
OUR LOWEST PRICE EVER!
NOW $49.99
BUY 1 GET 1 FREE
$199.99 2-yr. price — $100 mail-in rebate debit card.

BlackBerry Pearl Flip™
OUR LOWEST PRICE EVER!
NOW $39.99
BUY 1 GET 1 FREE
$139.99 2-yr. price — $100 mail-in rebate debit card.

Free phone must be of equal or lesser value. All smartphones require a voice plan with email feature, or email plan. While supplies last.

BLACKBERRY RUNS BETTER ON AMERICA’S LARGEST, MOST RELIABLE 3G NETWORK.

Call 1.800.2.JOIN.IN
Click verizonwireless.com
to shop or find a store near you
Visit any Communications Store
A TYPICAL STONER

JERRY SUFFERS FROM LOWER BACK PAIN

Using medical marijuana decreases inflammation and the pain he’s been suffering from for 17 years. It can be used topically on joints for immediate relief, and frees him from fatigue-inducing muscle relaxers. Medical marijuana makes his days easier and helps him perform his job (and the occasional gig).

Jerry never thought he was the type of person who would use marijuana as medicine, until he did - and realized that

MARIJUANA WORKS.

Jerry, 42
mailman
part-time musician

A typical Stoner

$200 Off English Class*

English as a Second Language Program
ESL/TOEFL $200 a month
Afternoon & evening classes

*$200 off 1st two months w/ this ad. New students only. Not valid w/ any other offer. Exp. 9/30/09.

Bachelor’s, Master’s, or Ph.D. degree in Psychology! Bachelor’s and Master’s Degrees in Business Administration for $390-$400 a month
New Cambridge and Fri./Sat. TOEFL classes
New Integrative Nursing Care Certificate
New “Green” MBA 400/month
Classes also available online!

SDUIS
San Diego University for Integrative Studies

800.234.7041 or 619.297.1999
Now in Old Town • 3900 Harney St. • Come in today or call. www.sduis.edu

Affordable PPO Health Plans

For Individuals and Families

<table>
<thead>
<tr>
<th>Age*</th>
<th>Male Rates</th>
<th>Female Rates</th>
</tr>
</thead>
<tbody>
<tr>
<td>0</td>
<td>120</td>
<td>120</td>
</tr>
<tr>
<td>1</td>
<td>132</td>
<td>132</td>
</tr>
<tr>
<td>2-18</td>
<td>70</td>
<td>70</td>
</tr>
<tr>
<td>19</td>
<td>78</td>
<td>105</td>
</tr>
<tr>
<td>25</td>
<td>89</td>
<td>126</td>
</tr>
<tr>
<td>30</td>
<td>112</td>
<td>130</td>
</tr>
</tbody>
</table>

*Call for rates based on your age.

• $30 Co-pay Office Visit • Prescription Drug Card

Monthly rates effective 7/1-09 for San Diego County: Actua $2500 PPO Plan.

California Healthquote Insurance Services
701 Pajamar Airport Road, Ste. 300, Carlsbad, CA 92011 • 800-788-4678

www.cahealthquoteins.com

Rates

MARIJUANA WORKS.

*1.866.632.6627 www.medicanna.com

A prescription for change

 incrrent rate card. The

n the San Diego Reader are copyright 2009. Jim Holman. All rights reserved.

NATIONAL ADVERTISING
The Ruxton Group - 1-888-2Ruxton

ADMINISTRATIVE STAFF
Linda Johnson, Angh Paoli, Margaret Starn

HUMAN RESOURCES MANAGER
Barbara Christian

INFORMATION TECHNOLOGY
Cecil Rutmann, Michael Wayne

PROJECT MANAGER
Fred Hayes

OPERATIONS DIRECTOR
Howard Rosen

All advertising in the Reader is subject to current rate card. The Reader reserves the right not to accept an advertiser’s order. The entire contents of the San Diego Reader are copyright 2009. Jim Holman. All rights reserved.

NATIONAL ADVERTISING
The Ruxton Group - 1-888-2Ruxton

MAILING ADDRESS
Reader, P.O. Box 21863
San Diego, CA 92138-0803

OFFICE
110 India Street (at Date)
619-235-8200

FAX
619-235-8201

GENERAL INFORMATION
619-235-3000

*Call for rates based on your age.

• $30 Co-pay Office Visit • Prescription Drug Card

Monthly rates effective 7-1-09 for San Diego County: Actua $2500 PPO Plan.

California Healthquote Insurance Services
701 Pajamar Airport Road, Ste. 300, Carlsbad, CA 92011 • 800-788-4678

www.cahealthquoteins.com
**LASIK**
(Laser Vision Correction)

Interest-Free Financing Approval Guaranteed™

We accept VSP and other insurance.

San Diego Pro Football Player Shaun Phillips

"Having the doctors in the top 1% of the country in your own backyard – you can’t ask for anything better."
- Shaun Phillips, Pro Football Player


**$200 Off**
Both Eyes

- **Standard Intralase or Custom LASIK**

  All offers are for new patients only with no prior history of refractive surgery. Cannot be combined with any other offers. No cash value. Must present coupon at time of consultation. Offer cannot be applied retroactively to prior procedures. Some restrictions may apply. Expires 9/19/09.

- **Standard LASIK $499**
  PER EYE OR

  Regularly $1900 per eye.

  PER MONTH
  PER EYE

  Based on financing both eyes.

  Regularly $1000 per eye (app. savings of $800 per eye)

  Per eye – any nearsighted prescription

  Based on financing both eyes.

  Regularly $850 per eye (app. savings of $1050 per eye)

  Per eye – any nearsighted prescription

- **All-Laser (blade-free) Standard Intralase $1199**
  PER EYE OR

  Regularly $3000 per eye.

  PER MONTH
  PER EYE

  Based on financing both eyes.

  Regularly $2000 per eye (app. savings of $1000 per eye)

  Per eye – any nearsighted prescription

  Based on financing both eyes.

  Regularly $1350 per eye (app. savings of $1650 per eye)

  Per eye – any nearsighted prescription

**$400 Off**
Both Eyes

- **Custom Intralase (iLASIK)**

  All offers are for new patients only with no prior history of refractive surgery. Cannot be combined with any other offers. No cash value. Must present coupon at time of consultation. Offer cannot be applied retroactively to prior procedures. Some restrictions may apply. Expires 9/19/09.

- **Custom LASIK $1499**
  PER EYE OR

  Regularly $3250 per eye.

  PER MONTH
  PER EYE

  Based on financing both eyes.

  Regularly $2500 per eye (app. savings of $750 per eye)

  Per eye – any nearsighted prescription

  Based on financing both eyes.

  Regularly $2500 per eye (app. savings of $2500 per eye)

  Per eye – any nearsighted prescription

- **All-Laser (blade-free) Custom LASIK $1799**
  PER EYE OR

  Regularly $3700 per eye.

  PER MONTH
  PER EYE

  Based on financing both eyes.

  Regularly $2000 per eye (app. savings of $1700 per eye)

  Per eye – any nearsighted prescription

  Based on financing both eyes.

  Regularly $1750 per eye (app. savings of $1250 per eye)

  Per eye – any nearsighted prescription

Call for a Complimentary Consultation

**1-800-GET-LASIK** *(438-5274)*


Over 50,000 Surgeries Performed to Date!

*Financing is based on 48 or 60 months at 13.9% per month IDAC, depending on total amount financed. All offers are for new patients only with no prior history of refractive surgery. Cannot be combined with any other offers. No cash value. Must present coupon at time of consultation. Offer cannot be applied retroactively to prior procedures. Some restrictions may apply. Surgery must be performed by 9/19/09. **Down payment and processing fee required. Must be employed for past two years. Valid state-issued identification, major credit card and checking account in patient’s name required. Certain terms and conditions may apply. Call for details.*

Do You Have Pterygium? (¿Carpasidad?)

Pterygium (pronounced tur-I-e-um) is a growth on the inner corner of the eye which could lead to irritation or astigmatism.

Our fast procedure can remove this growth with no sutures.

Dr. Yaghouti has been voted America’s Top Ophthalmologist by Consumer Research Council of America.

Need Contacts or Glasses?

**We accept VSP and other insurance.**

**Free Eye Exam**

(With purchase of frame & lenses)

Offering a variety of designer eyewear.

New patients only. With no insurance. Savings of up to $190. Expires 9/19/09.

**Contact Lens Exam $85**

Includes eyeglass prescription, fitting, follow-ups, and solution kit.

(Toric, multifocal and gas perms slightly higher.)

New patients only. With no insurance. Savings of up to $140. Expires 9/19/09.

MEET DR. YAGHOUTI

Refractive Eye Surgery specialist from Harvard University.

6950 Friars Road
Suite 100
Across from Fashion Valley Mall
Se Habla Español
Promo Code: RDR0903

GLOBAL LASER VISION
MEDICAL CENTER, INC.
UNDER THE RADAR

Spooky You might call it MySpace for La Migra. Alan Bersin, ex-San Diego schools chief and President Barack Obama’s “Border Czar” in the Department of Homeland Security, has set up an online social networking site called “Our Border: A Southwest Border Civic Network.” As of last week, the site had 211 members and 80 photos, mostly of Border Patrol operations, the partially completed border fence and, of course, plenty featuring Bersin himself.

In order to get things warmed up, and apparently to collect a little intelligence on the side, someone using the handle “DHS Richard” invited new members to introduce themselves: “This network and these connections will only last if we know each other, if we take a moment to talk about why each of us is here. What brings you to this site? Are you a DHS employee, a community leader, an activist?” To encourage participation, he offered a reward: “We’ll be watching the forum and looking for the two best introductions. Those two members will receive a phone call from DHS Assistant Secretary for International Affairs and Special Representative for Border Affairs Alan Bersin.”

Among the 17 users who took the bait and provided their identities were “a former senior intelligence analyst for the State of California”; “the supervising Criminal Intelligence Analyst at the Arizona Counter Terrorism Center”; “a co-founder of the Border Patrol Auxiliary”; an ex-Secret Service employee curiously named “Bureau”; a “co-founder of the Border Patrol Auxiliary”; an “analyst at the Arizona Counter Terrorism Center”; a “co-founder of the Border Patrol Auxiliary” and “the supervising Criminal Intelligence Analyst at the Arizona Counter Terrorism Center.”

Analyzing the site, Bersin appears to be asking whether MySpace would be effective to reach out to the border patrol community. While this is not explicitly stated, visiting the site itself can give a clear view of the situation.

Tax dollars at leisure How are you going to keep the cops down on the farm once they’ve seen Coronado? That seems to be the question facing the federally funded National Institute of Justice, which is hosting the Technology Institute for Rural Law Enforcement at the Marriot in the distinctly upscale beachside town. “There is no registration cost and all travel, food, and lodging expenses are paid. However, only 35 individuals will be selected to attend,” says the invite about the four-day late-October gathering. The event “is designed for the command staff or supervisory personnel of rural and small law enforcement agencies containing less than 50 sworn officers. Participants will receive information and assistance on existing and developing technologies, work through problems relating to technology implementation, and exchange technology lessons learned, that are of importance to the rural and small law enforcement community.”

Scott Barker, deputy director of the Rural Law Enforcement Technology Center, said the Marriott was picked because other governmental agencies, including the institute, have used it in the past. A testimonial from Crawford Coates, senior editor of San Diego-based Law Officer magazine, who attended the event, says bluntly, “It’s a good deal, especially when it’s 60 degrees and sunny, as you peer between sessions across the glittering bay at the skyline of downtown San Diego.”

He is referring to the five commissioners. The PUC’s staff and administrative law judges are balanced and can be tough on utilities. But in all too many cases, they are overruled by the commissioners, whose mission is massaging utilities and maiming consumers.

On September 10, the commission meets to consider the implementation of SDG&E’s so-called Emergency Power Shut-Off Plan. The utility, a unit of Sempra Energy, proposes to turn off electricity to 57,000 backcountry customers and 125,000 residents during periods of high fire danger. That’s the total that would suffer. But during any given 12- to 72-hour period, 18,600 people would be affected, says SDG&E. The commission earlier issued a temporary restraining order preventing the utility from unilaterally implementing the plan prior to the September 10 meeting.

The idea is vigorously opposed by water districts, schools, disability rights advocates, and others. They point out that if a wildfire broke out in a powerless area, people might not get critical information because their phones, TVs, and computers wouldn’t work. If they learned of the fire by word of mouth, they would suffer. But during any given 12- to 72-hour period, 18,600 people would be affected, says SDG&E. The commission earlier issued a temporary restraining order preventing the utility from unilaterally implementing the plan prior to the September 10 meeting.
They Have No Concrete Proof

By Dana Wyant

On April 12, 2007, I did some concrete work in the backyard of my Rancho Penasquitos home with the help of my son-in-law, and two close friends. I rented a cement mixer in Poway, which my friend towed home with his truck. I took care of the job, all the tools and equipment were cleaned in a dirt hole in my front yard. I have worked with concrete for contractors and friends and neighbors, so I am well aware of how to manage the job.

On April 12, 2007, I did some concrete work in the backyard of my Rancho Penasquitos home with the help of my son-in-law, and two close friends. I rented a cement mixer in Poway, which my friend towed home with his truck. I took care of the job, all the tools and equipment were cleaned in a dirt hole in my front yard. I have worked with concrete for contractors and friends and neighbors, so I am well aware of how to manage the job.

Fires like La Jolla — Todd Robinson of the La Jolla Swim Club set the men’s Catalina-to-California-mainland swim record on August 25, with a time of 8 hours, 5 minutes, and 44 seconds.

Beginning from Catalina Twin Harbors at around 12 a.m., Robinson swam in the dark with a few of his closest friends to keep pace. From the start, he left his pace person in his wake. The water temperature was 68 to 70 degrees F. The latter part of the swim was much tougher, as the water temp dropped to around 60 degrees.

Also, a 2- to 3-foot swell was running about then and made the final dash across boulders that much harder.

Some of Todd’s training workouts included six laps from the La Jolla Cove to La Jolla Shores, a distance of about 12 miles. The female record is 7 hours, 15 minutes, 55 seconds.

Mind the Cap

Solana Beach — Assemblywoman Lori Saldaña is concerned about the plastic caps left behind on the state’s beaches and parks. According to a study conducted on Orange County beaches, an estimated 88,000 plastic caps have been left behind on the 40 miles of coastline.

Saldaña introduced a bill that requires all single-use plastic bottle manufacturers to tether the lids and caps to every bottle they make.

Stringers

Fire Up, Power Down

Jr — Residents on Sloan Canyon Road in Jamul spent several tense hours on Friday, August 28, waiting as fire crews worked feverishly to extinguish a brush fire burning at the rural dirt road’s only entrance and exit. The blaze began at approximately 2:40 p.m. at the intersection of Lawson Valley Road and Sloan Canyon Road.

According to a resident, a woman in a white Ford F350 truck swerved to avoid an oncoming car, hit a telephone pole, and careened into a chain-link fence before crashing into the nearby 15-foot-deep ravine and creek bed. Downed power lines from the telephone pole are believed to have sparked the fire.

“The whole telephone pole was whacked in half,” said resident Michael Towne, adding that loose power lines were lying in the street for about one-eighth of a mile.

Cal Fire crews responded immediately. Once SDG&E shut the power off, helicopters and air tankers were able to make numerous water drops.

By approximately 6 p.m., the fire was extinguished.

By Ron Hamilton, 8/26

By Cindy Wimslew, 8/30

continued on page 10

continued on page 10

PHOTOGRAPH BY ALAN DECKER

Dana and Gael Wyant with Ginger

La Jolla Cove

La Jolla Cove Swim Club

CITY LIGHTS

CITY LIGHTS

CITY LIGHTS

Firefighters on Sloan Canyon Road

Photo by code compliance officer Diana Flores

not have come from my project. We explained how we had taken every reasonable precaution to avoid spills. She asked me to sign paperwork — which I did, mistake number two — and then asked if I would clean the residue that was left in the gutter, as she had no almost two years later, I received a legal-sized envelope with a “Civil Penalty Notice and Order” informing me that I was the responsible party for a “discharge of construction waste” and that the civil fine and administrative costs totaled $1547.80, due April 9. If I had
PUC loves SDG&E
continued from page 5
mouth, they might not be able to evacuate quickly because garage-door openers, street lights, traffic signals, and gas pumps wouldn’t function. People with disabilities could be trapped in their homes. The lives of people who depend on medical life-support equipment would be in jeopardy.

And how could firefighters battle the blaze if the electric water pumps that supply water to the area would not work? And wells that could supply water would also be worthless?

Those who would not be inconvenienced by the shut-off are all in favor of it. These include the San Diego fire chief and city council, (The county board of supervisors, however, thumbs down the idea.)

SDG&E tells backcountry citizens that they should have their own generators. But these are not rich people, in the main. The answer, say opponents, is for the utility to do what the law requires: design and maintain lines properly, particularly keeping trees away from them.

An administrative law judge for the utilities commission studied the shut-off plan and said it would pose excessive safety risks. He said it should be nixed. But any one of the five commissioners can write an alternative decision. Commissioner Timothy Simons, who is cozy with Sempra, did just that. He suggested that the plan could move forward on a test basis, with certain changes in place. On September 10, the commissioners can turn down the plan, adopt Simons’s approach, or come up with an alternative.

SDG&E’s concern is financial liability. After the October 2007 disaster, the PUC’s Consumer Protection and Safety Division looked into causes of the Guejito, Witch, and Rice fires. The division found that those three fires were linked to SDG&E power lines. In the Witch and Rice fires, SDG&E was in violation of state utility rules: Cox Communications was the major culprit in the Guejito Fire.

“The [Consumer Protection and Safety Division] believes that SDG&E’s unwillingness to provide immediate access to witnesses and evidence prevented [the division] from conducting a more timely investigation,” said the report.

“Them’s strong words,” according to SDG&E’s laxity in keeping trees away from power lines and its failure to correctly design and maintain its lines caused two of the fires; the utility’s uncooperativeness prevented a rapid investigation of all three fires. Nonetheless, “There has not been one mention of any kind of penalties” for the reprehensible behavior, says Shames. The key word for regulators is “imprudence.” It means that utilities have not spent ratepayer money properly and should get a monetary penalty. “The PUC is fond of tongue-lashings, but rarely does it spank utilities where utilities feel it — in their pocketbooks.” Regulators are mum on the word “imprudence.”

Eventually, SDG&E paid almost $700 million to insurance companies that had settled with fire victims and then sued SDG&E. Other suits against the utility are pending. Through its new plan, the company wants to be shielded from liability for damages caused by power shut-offs, points out Shames, noting that once the company reaches its insurance liability limit, it will want to raise consumers’ rates to pay for that liability.

Shames worries that the September 10 decision will be “Sunrise redux” — or a rerun of the Sunrise Powerlink decision. This proposed 123-mile transmission line through environmentally sensitive backcountry areas was opposed by two administrative law judges and the PUC commission staff. But the commission voted to let it go through. SDG&E can rake in $1.4 billion in guaranteed profit if federal authorities approve the project, says Shames. The commission bought the argument that it would stimulate renewable power development but then didn’t make sure that the line imported renewable power. The Utility Consumers’ Action Network has appealed the commission’s Sunrise decision.

On September 10, PUC commissioners may stand where Wall Street stands for more Sempra profits and less consumer protection. Mark Barnett of Morningstar, the stock analyst firm, gushes that SDG&E is now “improving its regulatory relations,” and “as a result, SDG&E is emphasizing the benefits of SDG&E’s regulatory relations with regulators should go a long way in preventing a precipitous fall-off in profitability. We view the regulatory commissions at both the state and federal levels as fair and balanced.”

That’s fair and balanced for investors. Not consumers.

Look Younger With More Hair

My Dearest Dr. Khan: I cannot begin to thank you enough for the change you have made in my life. You have given me a renewed confidence in what I love doing most of all, singing country music.

You have taken my hair from a “silvery” hue to a rich, healthy shade of brown. Your skill, guidance, and patience are the key to my success.

With all my heart and soul, thank you.

– Lance

YOU HAVE TRULY CHANGED MY LIFE FOREVER.

HAIR TRANSPLANTATION:

Hair transplant for men & women
Permanently, painlessly
one-day procedure!

3000 HAIRS: 99¢* per hair
Regularly $12. 99¢* special up to 3000 hairs or 1,200 grafts.

Call today for private consultation: 1-800-211-HAIR (4247)

Copyright © 2009 ILHT.com

ILHT
San Diego • Chicago

ILHT.com

Grow & thicken hair with our
FDA-approved Laser Comb

Visit us at ILHT.com
7930 Frost St. #203, San Diego
Open Saturdays.

*Full-time hair transplants. Expires 9-30-09. OAM.
The Red Zone is Back!

The San Diego Reader’s High School "Red Zone" is back for the 2009 football season. For the second straight year, the "Red Zone" will be home to in-depth coverage of high school football throughout the San Diego Section and serve as the only high school football website where users can create their own original content.

Just like last year, coaches, parents and players can contribute to the "Red Zone" by commenting on posts and by posting their own editorial content, videos and photos, both on the main page and on individual team pages.

Coverage has started with season previews of the five defending section champions. The blog is located at: www.sdreader.com/football.

What is new inside the 'Red Zone' this season?
The "Red Zone" has a YouTube channel. Expect more video highlights in 2009.

The "Red Zone" is on Twitter. Follow the "Red Zone" as we tweet breaking high school football news. We have 17 followers thus far.

Daily content. Starting in the regular season, the ‘Red Zone’ will feature daily content:

Sunday Top 10 poll – New this season, our take on the section’s best (Oceanside is preseason No. 1).

Monday High Five – Previews of the top five games of the upcoming week, including the ‘Red Zone’ game of the week.

Tuesday Best Pics – The top five pictures from the previous week’s action.

Wednesday Sound Off – The ‘Red Zone’ offers an opinion on a topic related to high school football and hopes someone disagrees... it’s more interesting that way!

Thursday Feature/Opinion Stories – Coverage highlighting unique teams, players and happenings throughout the section or the ‘Red Zone’ throwing in its two cents on an issue.

Friday/Saturday Game Coverage/Scoreboard – Coverage of the Game of the Week and other assorted games and a scoreboard with all the action.

If you have any questions or comments about the ‘Red Zone,’ please email redzone@sandiegoreader.com or call Anthony Gentile at 760.505.6938.

Concrete proof
continued from page 2

On May 5, my wife and I arrived at the offices of the Storm Water Department on Chesapeake Drive in Kearny Mesa for our nine o’clock hearing. One friend who had helped me with the concrete project came as a witness. Nancy T. Beard- sley was the administrative hearing officer. Diana Flores and her supervisor, Antoni- nius Evans, represented the Storm Water Department.

We listened to Flores’s testimony. One of the pictures she took was of the spot on the asphalt where the small amount of concrete, approximately one foot by two, had spilled. She had done a pH test that showed that the substance was alkaline, which concrete is. She stated that this proved I had spilled concrete in the street and therefore that I had contaminated the storm water drain system. If you spill concrete on the street and clean it up properly, yes, there will still be some evidence. If you do it improperly, by using a hose to wash it down the gutter, then there will be no evidence. While questioning Flores and Evans about their investigation, we discovered that the samples Flores had taken from the gutter had been lost and had never been tested, so there was no physical evidence that the residue in the gutter was concrete. Having the opportunity then to tell my side of the situation, I felt comfortable that the error would be resolved and justice would be served. Mistake number four.

On May 22, 2009, I received a certified letter stating that I had lost and now owed $1800.15, as the cost of the hearing had been $252.35. My only further appeal would be to the Superior Court through a writ of mandate. I had 90 days to file the writ. The letter demanded that I pay the fine immediately. I was shocked and dismayed at how the hearing officer had found that I had done something I did not do. She acknowledged that a white "trail" in the gutter had originated from a property up the hill from my house and that there was no evidence that I had hosed down the spilled concrete. Despite these things, and even though Flores’s samples had been lost, the hearing officer had concluded that the material in the gutter was concrete and that it had come from my house.

The general invoice they sent to me was dated May 20, 2009, with a payment due date of June 6, 2009. I called the administrative hearing coordinator, Mary Randell-Jones, to tell her of my intention to file a writ and to ask if the payment due date could be extended to the 90 days I was given to file my appeal. She informed me she would have to get approval from the city attorney’s office. I decided to ask for some assistance from my city council representative, Sherri Lightner. I spoke with her aide, Steve Hesler, who stated that he would call the Storm Water Department. Amazingly, Mary Randell-Jones called me the next day and apologized for not getting back to me sooner. She said that they would hold the payment due date of June 6, 2009.

Imagine my surprise when I received a certified letter, dated June 19, 2009, from the City Treasurer Collection Program. "Collection Notice / Property Notice." I was shocked and dismayed again.

I have now been told that to file a writ of mandate I need an attorney, and even if I win my appeal, it will only erase the original arbitration and I will still have to go through another arbitration or pay the bill and take the City to Small Claims Court. I am still working on finding help to assist in proving my innocence.

Water Everywhere

Imperial Beach — Stella Garcia walks to work every morning and for the third Thursday in a row, a home’s lawn sprinklers have kept her off the sidewalk. “I have to walk in the middle of the street to stay out of the water. There are two or three geysers shooting up water.”

The California-American Water Company, which administers water supplies to Imperial Beach, has an 11-person complaint-response team, but the company has issued no water-use restrictions. Kendra, who answered the Cal-Am Water Co. business phone, suggested someone should call their 24-hour hotline the next time the sprinklers were running, and an inspector would be sent out.

The residents of the home with the faulty sprinklers are renters who said they have notified their landlord of the problem, and the landlord said the problem is due to a faulty control box.

By Peter C. Salisbury, 8/30

Comments
1. I manage an apartment complex and even tend to the sprinklers myself. The geysers that Stella describes are not caused...continued on page 115
Andy wants to pitch for Chula Vista’s Parkview Little League Champions. He begs them for a spot in their rotation by offering an

UP TO 70% OFF SALE THIS WEEK

VIPER® Car Audio Heaven announces an incredible promotion on top-of-the-line Viper car alarms. VIPER®

Buy one of the fantastic Viper car alarms below and save up to $150 by receiving a gift card you can apply towards your purchase instantly.

**VIPER Car alarm**
- Starter Kill, lights flash, door protection, impact sensor with warnaway and code-hopping technology. Limited lifetime warranty.
- Purchase price $199
- Gift Card $10
- You pay $189

**KENWOOD In-dash stereo**
- 200 watt AM/FM, detachable face CD, iPod control, rear view camera input, RCA output to add amplifier. Authorized Kenwood dealer. Installation charges not included.
- Purchase price $499
- Gift Card $150
- You pay $349

**KENWOOD Huge Blowout on a 200-watt AM/FM/CD Player with Front Panel iPod Input**
- Includes built-in Bluetooth with microphone
- Front panel USB iPod Input. Built-in Bluetooth for hands free calling.
- Optional satellite radio. Includes installation.
- Authorized Kenwood dealer. Installation charges not included.
- Purchase price $199

**KENWOOD 350 Watt Amp & Thundering 12” Woofer Bass System**
- iPod wired directly to your stereo
- Apple iPod Solutions will add sound directly to your radio. No noisy FM modulator. Powerfull Crystal Clear Mono Block.
- Authorized Kenwood dealer. Installation charges not included.
- Purchase price $199

**Call for price!**

**Our Window Tint Department has tripled in size with outstanding quality. Rear 3 windows some cars $99**

**There are shade limitations for this special!**

**Super Sale on a Remote Controlled Car Alarm**
- Purchase price $149

**KENWOOD Huge Blowout on a 200-watt AM/FM/CD Player with iPod Control**
- Includes install $99

**ECLIPSE**
- New for 2009 – Introducing a fantastic new in dash navigation unit with a 7” touchscreen color monitor, DVD, CD, MP3 with iPod Control. Turn-by-turn voice guidance, 12.3 million points of interest & Icons. Navigation has been violated. Includes installation. Free standard installation. Install parts extra. Authorized Eclipse dealer.
- Purchase price $1299

**The World’s Leader in Mobile Audio Technology Rewards Car Audio Heaven. We are celebrating by offering this unprecedented special: 1200 watt Woofer and a Crystal Clear 500 watt Amp for Free!!!!!**

**Call for price!**

**Our Window Tint Department has tripled in size with outstanding quality. Rear 3 windows some cars $99**

**There are shade limitations for this special!**

**Authorized Kenwood dealer. Installation charges not included.**

**Authorized Eclipse dealer. Installation charges not included.**

San Diego Reader September 3, 2009 11
LETTERS

We welcome letters pertaining to the contents of the Reader. Phone them in at 619-235-3000, ext. 460; address them to Letters to the Editor, Box 85803, San Diego CA 92186-5803; fax them to 619-215-0489; or use our web page at SanDiegoReader.com/letters. Include your name, address, and telephone number. Letters may be edited for length and clarity.

Erratum
In last week’s “Off the Cuff” column, the wrong photo was used for the Barry Ladd interview.

Hey, Man, Back Up
Regarding Rachael Gordon’s little interview (“I’m a ’70s Girl,” August 27) in regards to her backing band, well, she doesn’t have one! Also, I am not and have never been, or will ever be, part of her musical endeavors. I did help her record her only album to date, which was 50 million years ago and took a lot of patience on my part. Ms. Gordon has not been part of the San Diego music scene in decades, so why the interview now? The Reader should focus on true current talent like Diana Death, Regina Leonard, Maren Parusel, Los Sweepers, Dave Humphries, and a host of others.

Hector Peñalosa via email

Dear Reader,

Jay Allen Sanford responds: Gordon was “backed by” Peñalosa, as the article accurately states, and he confirms re-recording her — the phrase “backing band” is never used. In addition, Peñalosa and his brother are both credited as playing with Gordon on recordings by a short-lived band called the Very Idea (Gordon, the Peñalosa Brothers, A.J. Croce, Bart Mendezza, Mike Kamoo, Billy Lovcki), and Peñalosa is credited as the bass player on one single (“I’ve Got to Hold On”) and all tracks. Peñalosa’s list of notable locals is solid, though one is his girlfriend (Dianna Death), another is an ex-girlfriend (Maren Parusel) who once fronted a tribute band (Wilde Weekend) to Peñalosa’s old punk group the Zeros, and Peñalosa is currently recording with both Regina Leonard and Dave Humphries, making his citation of their inkworthiness seem less about admiration and more akin to shameless (and undisclosed) promotion.

Gordon’s most recent album (not her first, nor her only) was in 2006, somewhat less than “50 million years ago,” but Peñalosa’s faulty grasp of numbers was already evident in a “Blurt” report (“Zero Plus 37 Equals 45,” April 13, 2006) that revealed he was at least eight years older than the date on his MySpace profile, which would have made him around eight when the Zeros made their first record.

Xtreme Tidily
I thought that I was the only one that ever wrote anything about tiddlywinks (“Sporting Box,” August 27). Actually, I turned it into an extreme sport. You can read “The Tiddlywinks Blues” at bergengueblog.com/page/068Short-Stories.

Ed Coonce via email

Good Stuff
I just wanted to call and give you guys an attaboy for your story “Hope for the Hopelessly Drunk” (Cover Story, August 13). I myself have been clean and sober for 22 years, but this program wasn’t out there when I was. Just wanted to thank Mr. Joe Deegan for his coverage and the Reader for presenting this kind of newspaper writing. We could stand a whole hell of a lot more of this kind of good stuff. Thanks a lot, guys. I appreciate it, and I know other people did too.

James Kaminsky via voice mail

Comments from Reader Website
Comments are not edited for spelling, punctuation, or grammar.

T.G.I.F.
Published Aug. 26
Posted by refriedegen on Aug. 26, 1:18 p.m.

Briz, you ever think about writing another novel? You have this Mickey Spillane meets Tom Robbins style; I didn’t read you twenty years ago so I don’t know if your previous novels were written in the same way you approach this column. It continued on page 64
WE DO HAVE ONE RATE THAT IS HIGHER THAN OUR COMPETITORS’ IT’S OUR CUSTOMER RETENTION RATE.

TRY USAA INSURANCE.
IT’S OVER!...THE END!  
STORE CLOSING!

REMAINING STOCK ORDERED SOLD!... FINAL DAYS!  
NATIONAL LIQUIDATING FIRM ENGAGED!... THE END!  
Hoyt Hightill & Asso. of Monroe, LA, one of the nation’s leading liquidators,  
has been engaged to eliminate all remaining warehouse and showroom  
stock. He sets the price, he makes the deals! He has slashed prices lower  
than we have the heart to do. Remains of this gigantic, high-quality furniture  
and accessories has been regrouped and repriced for immediate sell-  
off...Everything has been marked to sell for a fraction of normal worth. It is  
absolutely, and positively the final liquidation of all goods to the public  
and furniture dealers for what it will bring.

FINAL PHASE... REASONABLE OFFERS TAKEN!

RULES OF LIQUIDATION:  
• All advertised items subject to prior sale  
• All sold as is and all sales final  
• Extra charge for delivery  
• All sold in first-come basis  
• No phone orders – no prior sale  
• Merchandise must be removed immediately

OPEN THURSDAY NITE TILL... 7 P.M.

LISTS LIQUIDATOR TAKES COMMAND!  
CLOSING HILLCREST! MUST CONSOLIDATE MIRAMAR!

VALUES TO 650 OCCASIONAL TABLES  
$87  DAI: FRUIT CHERRY

$129.95 “ITALIAN” LEATHER LIVING ROOM  
$1897  BE EARLY

SELECT GROUP PICTURES  
70% OFF

VALUES TO $269.95 QUALITY MATTRESS SETS  
$127  JUST ATTEND HARPS

$299.95 TWIN SIZE MATTRESS SET  
$177  BE EARLY

$499.95 LEATHER CHAIRS  
$299.95 ASSORTED CABINETS STARTING AT  
$97  ASSORTED COLORS’ ENTR

CASH OR CREDIT

BRING YOUR TRUCKS AND TRAILERS – EXTRA CHARGE FOR DELIVERY

LEGENDS HOME FURNISHINGS  
HILLCREST  
1844 University Ave.  8400 Miramar Rd.

SOUTHERN CALIFORNIA BY MATTHEW ALICE

It’s Over!...the End! Store Closing!

Matthew Alice:  
Is all rice for human consumption actually farmed  
from earth? I find it hard to believe that every  
grain of rice sitting in stores or being processed  
for sale throughout the world is actually  
farmed. Think about it: that is  
tens of millions of grains of rice! Is some of  
the rice for human consumption  
man-made?  
— Ken McClendon, via email

Dang, Ken, did you miss  
the loads of lentils! Bar-  
rels of beans? The world  
is hip deep in cheap,  
starchy, nutritious tiny things  
in bags. But you’re right, rice is proba-  
ably the king. It’s the staple food  
halt the world. In 2007 our des-  
perate globe squeezed out  
650,193,000 tons of the stuff.  
That’s 1,300,386,000,000 of your twinkly lit-  
tle 1-pound supermarket bags. Makes that rice shelf  
8400 Miramar Rd.  
$2699.95 LEGENDS \ 
$1499.95 “QUEEN SIZE”  
$1799.95 “CHERRY”  
$597  ASSORTED COLORS’ ENTR

STRAIGHT FROM THE HIP  
BY MATTHEW ALICE

Matthew Alice:  
Is all rice for human consumption actually farmed  
from earth? I find it hard to believe that every  
grain of rice sitting in stores or being processed  
for sale throughout the world is actually  
farmed. Think about it: that is  
tens of millions of grains of rice! Is some of  
the rice for human consumption  
man-made?  
— Ken McClendon, via email

Dang, Ken, did you miss  
the loads of lentils! Bar-  
rels of beans? The world  
is hip deep in cheap,  
starchy, nutritious tiny things  
in bags. But you’re right, rice is proba-  
ably the king. It’s the staple food  

Once upon a time, long-  
ago, the Japanese developed a noodle devoid of calories, nutri-  
tion, and taste. Shiratiku noo-  
dles, they’re called. Available in  
Asian markets. The favorite of Nipponese weight  
watches. They’re made of dietary fiber, a tiny  
bit of starch, and thickeners that create an aqua-  
ous gel that can be squeezed into the shape of  
soppy noodles. Still a big seller. Gack! Um, any-  
way, some enterprising diner apparently fig-  
ured if the Japanese will eat that stuff in nood-  
dle form, they’ll eat it in rice form too (just a  
guess on my part as to motivation). Hence,  
patent #5498435. We can only hope he recov-  
ered his R&D money in the early years because  
ten years down the road there doesn’t appear  
to be any man-made rice on the market. Whew!  
Whadda question. We need a nap.

Hey, Matt:  
When did men start wearing belts that went  
through belt loops that were sewn onto pants? Who  
invented the belt loop, and when did that become  
the status quo?  
— Bob, via email

We move from a question where lots of peo-  
ple know nothing about a topic, to one where lots of peo-  
ple know practically nothing. According to  
people who ponder pants, for the most part,  
your everyday pair was held up by a leather  
belt or rope or string through most of history.  
No loops. In the 1700s, the French and Ben  
Franklin designed buttoned suspenders as pants  
holders. Levi’s riveted 501’s hit the scene in the  
1850s, the originals with suspender buttons.  
Both sides in the Civil War wore belts with no  
loops. By the 1890s belts replaced suspenders  
in popular fashion, but they were loopless until  
society changed big time in the 1920s. Maybe  
it was all that Charleston dancing that made belt  
loops mandatory. Anyway, they hit the scene then  
and never left, except for the big Sansabehel pants  
scare in the 1960s.
NEW JAPANESE CHILE BEEF RAMEN

Take all preconceived notions about ramen and toss them aside. Then start fresh with a bed of hearty noodles, wok-seared to soak up a diversity of savory flavors like freshly chopped vegetables, tender cuts of beef, a kiss of lime and a tantalizing soy-mirin glaze. With each bite a new layer of flavor unfolds, concluding with just a hint of Japanese chile spice. Fresh and uniquely satisfying, it's ramen made the way that only Pei Wei can.
ROAD TRIP!

LABOR DAY SALE FRI 9.4 TO MON 9.7
SAVE 30 TO 60% ON SELECT ITEMS

Grab your friends and hurry to the Annual Hold It Contemporary Home Labor Day Sale. The tent is bigger than ever and the savings are the best of the year. 30-60% off sofas, sleepers, beds, dining, artwork, rugs and more.

It all starts on Friday at 10AM and ends on Monday at 5PM.

SportingBox
BY PATRICK DAUGHERTY

A League of Their Own

Las Vegas Locomotives coach Jim Fassel

The NFL season is upon us, and fans by the tens of millions are setting aside family time, domestic chores, and community service to meld with their HDTV. Let them — the Box is stalking bigger game. To wit:

The United Football League (UFL). I have prepared an exhaustive, exclusive preview for your eyes only.

As few know and fewer care, the UFL is America’s new professional football league. Training camps are open, and the first contest is set — California Redwoods versus Las Vegas Locomotives, October 8, in Vegas.

The league was announced in June 2007 by William Hambrecht, founder of WR Hambrecht + Company; an investment banking firm. The UFL would be composed of eight teams, each one playing in a metropolitan area not serviced by an NFL franchise (read: L.A.).

And then the economy went south and the UFL is a year late, now with four teams and a six-week regular season. The championship game is scheduled for November 27 at Sam Boyd Stadium in Las Vegas. Games will be played on Thursday and Friday evenings.

So, how stand their chances? Followers, in no particular order, are some facts to consider.

The good: They’ve got some minimal juice. Original UFL investors are aforementioned investment banker Bill Hambrecht, former Google executive Tim Armstrong, and Paul Pelosi, husband to Nancy Pelosi, Speaker of the House of Representatives.

More good: Cheap tickets. The UFL plans to have an average ticket price of $20.

And more good: Money for players. Making the rounds on sports blogs, and finding itself a community service to meld with their HDTV. Let them — the Box is stalking bigger game. To wit:

The United Football League (UFL). I have prepared an exhaustive, exclusive preview for your eyes only.

The good: The UFL has an experienced general manager, Rick Mueller. He’s a former NFL personnel executive, did time with Jacksonville and New Orleans.

Bad: Rick Mueller. According to the UFL, “Mueller will serve as GM to all four teams as well as overseeing all aspects of scouting and player acquisition for the League.”

Bad: Team names suck. Las Vegas Locomotives is our investment banker to the stars, William Hambrecht. The head coach is Jim Fassel, 1997 NFL Coach of the Year and Super Bowl XXXV loser. Fassel was fired by the New York Giants in 2003, then did two years with the Baltimore Ravens as offensive coordinator, providing them with one of the worst offenses in the league. Fired in 2006. But, the absolute and indisputable bottom of his professional career was found in November of 2008, when he wrote a letter to Al Davis recommending himself as the new Raiders head coach. The UFL is a mighty step up from that. The team has signed two quarterbacks you may have heard of — JP Losman and Tim Rattay.

The California Redwoods, owned by Paul Pelosi. The head coach is Dennis Green (who needs to be bitch-slapped ever since that Arizona Cardinals after-game press conference).

The Florida Tuskers, owned by Stuart L. Sternberg, a Wall Street investor. He is also principal shareholder in the Tampa Bay Rays. Head coach is Jim Haslett, who held that position with the New Orleans Saints.

New York Sentinels, owned by William E. Mayer, senior Partner of Park Avenue Equity Partners. Head coach is Ted Cottrell, former defensive coordinator of the Buffalo Bills, New York Jets, Minnesota Vikings, and San Diego Chargers.

The UFL has television contracts. Some games will be broadcast by the Versus network, other games on HDNet. Some will be webcast.

Will they make it? Well, it’s not a good sign, so much is last-minute. The name of the Florida franchise was announced on August 12, California franchise named on August 11, the chairman of the UFL’s board of directors was hired on August 6, and so on.

It’s absurd to have one general manager for four teams. So is a six-game regular season. The league is about washed-up players and coaches.

And there are way, way too many investment bankers running the show.

Might work.

Find Sporting Box online at SDRreader.com
Another hot — really freaking hot — August weekend. A Sunday morning, actually, and I’m greeting the (in theory) post-church crowd in and around Horton Plaza with the perfectly civil question, “Wassup? Know I’m sayin’?” Many will not make eye contact and edge away with or without a mumbled negative, maybe with a palm raised in a forestalling gesture. This may well be because the right side of my face is swollen and bruised and frightens children. Why? Nine Ninjas. Okay. No, you don’t get to know. Still, there’s something else beyond the fright mask. I suspect it has to do with heat, humidity, and the economy.

Michelle Alexander is sitting at the bar at Dobson’s having brunch. She seems unimpressed with the battered mug I present and doesn’t ask. “It’s been a great weekend. I’m working, actually, with Broadway San Diego. We present all the Broadway shows down here at the Civic Theatre. We have Wicked in town for five weeks. I do marketing promotions.” Explains why she’s talking to me. “I’m usually off on the weekends, but I’m working because of this show.”

Alessandra, maybe early 30s. They are eating hot dogs, bratwurst, and sauerkraut. “I am going to Sunset Cliffs later today, this place called the End of the World. The sun actually reflects off three parts of the ocean, so it’s like getting three sunsets at once.”

Ok, I mean, wow. John Quincy Adams Jr. (his real name) is at the sidewalk deuces in front of the aforementioned Patrick’s II. He is here for his weekly ritual, which he calls Bloody Mary Mass. “Nine o’clock every Sunday. I’m always the last to leave.” Adams seems to be basking in his mortality. “Like being a whatyacallit? A funeral guy. A[?]”

“I mean, it never dies. Know what I’m sayin’?”

There’s something else beyond the fright mask. I suspect it has to do with heat, humidity, and the economy.

“I’d rather be there sitting on the sand. I’m a bowling-league bowler, and I do that every week, so I wouldn’t actually do it on the weekend, but I love that for fun. I love to cook as well. I like to go to the farmers’ market in Hillcrest on Sunday, go home, and cook up a really good meal.”

Sunday, go home, and cook up a really good meal. To the farmers’ market in Hillcrest on a Sunday morning, I ask a woman on the corner who looked to be in a profession one might term the world’s oldest economic indicator, “Wow, is that an emu?”

“Sup?”

“Hey.”

“What’s your name? I’m, uh, Larry.”

“Crystal. Crystal Duvall. How’s that?”

“Good. How’s business this summer?”

“I’m pretty boring.” He laughs as if this is truly rich. “Everybody says that,” I tell him. I should believe everybody.

On El Cajon Boulevard, on the way home, I ask a woman on the corner who looked to be in a profession one might term the world’s oldest economic indicator, “Wow, is that an emu?”

“No. I mean, it never dies. Know what I’m sayin’?”

Max: “We’ll stay in San Diego until Wednesday.”

Nicole: “Then we will go to Las Vegas and then New York.”

Max: “We just came from Los Angeles, and we don’t really know what to do here.”

Nicole: “We will go to a beach, probably.” In that case, I tell them, Coronado is a good choice. Meanwhile, do they like American blues? They do, and I recommend Patrick’s II.

At the taxi stand a few feet away is a driver who calls himself Charlie Brown who says his age is 35. Tells me he has been driving a cab for 48 years. “Not really any interesting people this weekend,” he says. “No one even pulked in my cab. ‘Course, if they’re drunk, they don’t get in. A few tourists to the zoo, but I’d say tourism is way down. Like, 30 percent.” This is Brown’s own statistic. “What happened to your face?”

“Ninjas.”

In front of the Cup O’ Corn kiosk a few yards the other way, a couple from Naples, Italy, Stefano and Alessandra, maybe early 30s. They are eating hot dogs, bratwurst, and sauerkraut. “I am going to Sunset Cliffs later today, this place called the End of the World. The sun actually reflects off three parts of the ocean, so it’s like getting three sunsets at once.”

Okay, I mean, wow. John Quincy Adams Jr. (his real name) is at the sidewalk deuces in front of the aforementioned Patrick’s II. He is here for his weekly ritual, which he calls Bloody Mary Mass. “Nine o’clock every Sunday. I’m always the last to leave.” Adams seems to be basking in his mortality. “Like being a whatyacallit? A funeral guy. A[?]”

“I mean, it never dies. Know what I’m sayin’?”

For more stories by this author, go to sdreader.com.
Eat right, exercise regularly, die anyway.

— Author Unknown

Two cups of coffee and I’m still groggy. I brought my fingers to my forehead and kneaded the area around my brows, as much to relieve the tension as to illustrate my fragile state.

“Want some FRS?” Kerry asked, already signaling Mia to fetch some for me.

“What’s that?”

“Oh, it’s great, good for you and gives you energy,” Kerry answered. “Mainly, I drink it because I don’t like water.”

“It kinda tastes like orange juice,” said Mia. She handed me a tall glass of fluorescent liquid, the color and sweet tang of which was reminiscent of the Sunny Delight of my suburban childhood. “Did you want to see the can?” I nodded, and Mia placed it in my hand.

“So, I take it these hexagons on the front are supposed to demonstrate the validity of the science involved in making this… What is this again?”

“It stands for free radical something,” Kerry began. “I think it’s system —”

“Scavenger,” interjected Mia. “But the guys at work call it ‘Fucking Rad Shit.’” Kerry nodded and went on to explain how there are rogue molecules in our bodies called free radicals, potentially cancer-causing cells just roaming around in there, and that the antioxidants in this canned concoction help bind the damage-causing cells together and flush them from our system. Or something like that. I didn’t get all the details, as I was busy catching David’s eye for a synchronize brow-lift and eye-roll.

Skeptical to the core, David and I don’t trust any product description that comes directly from the company trying to sell it. If a package promises the extraordinary, chances are it’s a load of crap. Like those supplement ads that insist, with an obscene amount of exclamation points, that you can eat all you want and still lose weight, if only you pop this pill that prevents the absorption of fat but may lead to embarrassing “accidents.”

The mode de l’année on the Be the Best You front is the claim that eating a barrelful of a particular fruit or berry is akin to diving headfirst into the Fountain of Youth. Earlier that morning, Kerry had offered me acai with my yogurt. “You mean the current miracle food?” I asked. “Didn’t the goji berry hold that title last year?” I didn’t mean to be cheeky, but my hangover from an epicurean day of wine-tasting our way through the Santa Ynez Valley had weakened me, and it would have taken too much energy to conceal my frustration with the pushers of commodities that cater to the upper-middle-class, yoga-practicing, carbon-footprint-conscious, organic-obssesive demographic. Just when I get used to the name of one exotic superfood, some other new “all natural” panacea is already challenging it for the crown.

Acai, the fruit of a palm tree, is supposed to have multitudinous healing benefits, including those mystifying antioxidants that purportedly can make you live longer than Dracula. When the strange word started popping up all around me — on packaging and on the lips of family and friends — I investigated the numbers and discovered that a common grape contains more antioxidants than the foreign and expensive berry. Yes, some doctors swear by it. Sixty years ago, our esteemed followers of Hippocrates touted cigarettes. These days, armed with an awareness of history’s mistakes and a world’s worth of information at my fingertips, there’s no reason for me to take any “expert’s” claim at face value.

Now, as I sat in my friend’s kitchen and sipped the latest craze to sweep the posh clientele of Bristol Farms — a drink that even Lance Armstrong has begun to peddle — I felt compelled to debunk the can’s claims. “You mind if I look this up for us?”

“No at all,” said Kerry in her lyrical Irish brogue. She and Mia were as curious as I was to find out the real deal. David, however, in his scientific assuredness, made it clear he had no need to find evidence to confirm his conviction that the product was based on pseudoscience.

I fetched my laptop from the guest room and set about Google-ing while David explained the natural filters with which we humans come equipped and assured us that no pill invented by a few lab coats can replace or improve upon a system that evolved over millions of years.

Several websites later, I learned that the beverage’s “secret weapon” is quercetin, which is a flavonoid, which is the kernel of health found in fruits and vegetables that is responsible for fighting the good fight on a molecular level (antiviral, anti-inflammatory, anti-tumor, anti-all-kinds-of-bad-things, but most famously, antioxidant). Quercetin is the mother of all flavonoids; the FRS people assert you’d have to eat 40 apples to match their single-serving concentration of the stuff.

Sounded good enough, but most of that information had come from non-scientific sources. Finally, I stumbled upon an article written for New Scientist magazine in 2006. After citations from various studies and quotes from biochemists and representatives at the U.S. National Institutes for Health, the article’s author stated, “True, [antioxidants in powder form] knock the wind out of free radicals in a test tube. But once inside the human body, they seem strangely powerless. Not only are they bad at preventing oxidative damage, they can even make things worse. Many scientists are now concluding that, at best, they are a waste of time and
money. At worst they could be harmful.” I read my findings aloud and concluded, “Seems most scientists agree that free radicals are part of life and that antioxidants are good for you, but that they only work in their natural form...something about how the molecules need to be bound to the apple skin or blueberry in order for the body to process them in a beneficial way. So, basically, FRS may contain 40 apples’ worth of quercetin, but eating one apple is 100 times more effective because in this processed form, the antioxidants aren’t antioxidantizing. It should stand for faulty...refreshment...uh, wait, flashy...something sham.” I gave up my attempt to be clever before I embarrassed myself in front of my screenwriter friend. “Tastes pretty good, though,” I said. “And, psychosomatic or not — I know, David, there’s no science to back up the claims, but still — vitamin B gives me energy.” Mia collected the can and my empty glass. Kerry, who had been pretty quiet while I’d been doing my best Bill Maher impression, nodded and thanked me for shedding some light on her current beverage of choice. “I can tell you this, my headache’s gone away,” I said. It was nearing lunchtime, and we were getting ready to head to Lazy Acres to stock up on organic goods for a barbecue in Kerry’s yard that overlooked a panoramic view of the mountains, Santa Barbara Harbor, and the ocean. “You know what else I learned from all that searching?” I waited until the faces around me looked sufficiently curious. “There’s, like, a ton of antioxidants in red wine.”
Collision of the end of summer and the start of fall: massive pileup. Quite separate from the seven new movies that opened in our town last Friday alone, eight more are slated to open this coming Labor Day weekend, not even including the kiddie matinees of *Thomas and Friends: Hero of the Rails* and *Barbie and the Three Musketeers.* That works out to two and two-thirds movies per day for the average weekend, or an even two per day with the extra holiday, or one per day if spaced out over the entire week and one still left over. It makes me want to hide my eyes. Through my fingers I've managed to see this much….

Taking *Woodstock.* Ang Lee, evidently still banking on the critical goodwill since *Brokeback Mountain,* whips up some innocuous nostalgia around the milestone music festival of the summer of 1969, a fortieth-anniversary fictionalized addendum to Michael Wadleigh's official *Woodstock,* complete with imitative split-screen effects. This docucomedy, so to call it, centers with gentle condescension on an interior designer and Sunday painter who, as the reluctant heir and caretaker of the tumbledown mom-and-pop El Monaco Motel, happens to possess a permit for an annual (theretofore prerecorded) music festival, happens to extend an unauthorized personal invitation to a dispossessed concert promoter he knew in high school, and, high on weed at a press conference, happens to dispense the misinformation that the concert — Joplin, Hendrix, Cocker, Baez, The Who, et al. — would be free of charge. In tight pants and mop top, Demetri Martin drifts ineffectually and disengagedly from scene to scene in a style that worked, to judge by his ensuing career, for Dustin Hoffman in *The Graduate.* Time will tell about Demetri Martin.

Though he twice sets out on foot for the concert stage, he never gets near the music — no nearer than the emblematic mud slide — so that the movie lacks a proper payoff, unless you can count the paint-by-computer acid trip or (cashing in a *Brokeback* dividend) the homosexual coming-out. It lacks, to put a finer point on it, a sense of purpose, a *raison d'être.* A few feigned tensions arise along the way — Mafia buttinskies, inhospitable townsfolk, congested traffic — but nothing to derail the prevailing love-in. We get our fill, never fear, of “far out” and “cool” and “groovy” and “heavy,” and we get a handful of hindsight drolleries: “Can you believe it? A dollar for water!” Imelda Staunton, a bulldog in two-toned glasses frames, claims the limelight from both the protagonist and a supporting cast of half a million, in the part of the motel mom, a Russian Jewish immigrant who pinches pennies on a pathological scale (one dollar per towel), an irresistible candidate for a hash brownie. A yardstick, that brownie, of the filmmaker’s docile conventionality.

The *Answer Man.* The reclusive author (Jeff Daniels) of the best-selling *Me and God,* cornering “ten percent of the God market,” slowly yet suddenly comes out of his shell at the twentieth anniversary of the book's publication. Writer and director John...
Hindman, owing a good deal to As Good As It Gets (although Jeff Daniels is very much his own grump), derived from the big issues in preference for the characters’ individual little eccentricities and frailties, democratically distributed: the overprotective single mother (Lauren Graham), the recovering alcoholic book store owner (Lou Taylor Pucci), his unregenerate alcoholic father (Thomas Roy), the fragile chiropractor’s receptionist (Olivia Thirlby), and the ditzy book store clerk (Kat Dennings), having little to work with in the way of lines. Some overly broad and forced comedy dents the charm. Like his sweet-talking secret lover in the art of lines). Some overly broad and forced comedy dents the charm. Like

M l o v e

L I S T I N G S

All reviews are by Donnan Shepherd. Priorities are indicated by one to five stars and antipathies by the black space. Unrated movies are for now unreviewed. Thousands of past reviews sorted alphabetically, by year of release and by rating, are available online at SanDiegoReader.com.

Adam — Asperger’s romance (and high time, too, after Tourette’s, Alzheimer’s, etc., have had a whirl at romance) about a socially handicapped astronomy buff and his pretty upstairs new neighbor, an aspiring children’s writer, in a New York apart ment house. Hugh Dancy and Rose Byrne, the afflicted and the normal respectively, play their parts with tremendous detail and concentration, and even though Dancy’s details are the more ostentatious (the blindman’s lack of eye contact, the panic attacks, the tantrums, the nonstop spile), Byrne more than holds her own through ordinary human warmth and engagement. It’s a standoff as well in suppression of native accents, English and Australian, his and hers. The romantic element is not too pokey, notwithstanding the do-it-yourself home planetarium or the raccoon communing in Central Park, and is helpfully counterbalanced by some prosaic family business (Peter Gallagher, Amy Irving, as Byrne’s concerned parents). Beautiful atmospheric drifty snowfall at, or just prior to, the climax. Written and directed by Max Mayer. 2009.

(3) (HILLCREST CINEMAS; LA JOLLA VILLAGE)

Afghan Star — Havana Marking’s documentary on a television talent contest in post-Taliban Afghanistan. (DEN. 9/4 THROUGH 10)

All about Steve — Romantic comedy starring Sandra Bullock, Bradley Cooper, and Thomas Haden Church, directed by Phil Trilll. (CANNED MOUNTAIN 24; DEL MAR HIGHLANDS 8; PARSON VALLEY 18; HORTON PLAZA 14; LA COSTA 6; LA JOLLA 12; MISSION MARKETPLACE 12; MISSION VALLEY 7; MISSION VALLEY 20; 35 MARCH 12; PALM PROMENADE 24; 35 MARCH 10; TOWN SQUARE 14; FROM 9/4)

The Answer Man — Reviewed this issue. With Jeff Daniels, Lauren Graham, Lou Taylor Pucci, Olivia Thirlby, Kat Dennings, and Nora Dunn; written and directed by John Hindman. (GASLAMP 15, THROUGH 9/3)

Cold Souls — Off the same well as Being John Malkovich. Paul Giamatti, being Paul

G E R A R D B U T L E R

M I C H A E L C . H A L L

C R I S L O D U C A R I S B R I D G E S

GAMER

WHO’S PLAYING YOU?

written by NEVOLDINE & TAYLOR directed by NEVOLDINE / TAYLOR

starts friday, september 4!

Death saved the best for 3D
Giamatti, is feeling the burden of his soul in the course of rehearsals for a stage production of Uncle Vanya, unable to locate the requisite lightness of touch. At the suggestion of his agent, the dyspeptic actor tries an option he had never before heard of, and listed in the Yellow Pages: soul heaters. The documentary affectations, distanced even further from the road, the body blows. (“You should know up front,” intones the off-and-on omniscient narrator, “that this is not a love story.”) The actual action is predominantly comedic, computer-generated cartoon, dead and deadening, if at all. Neal Brennan’s high-pressure capitalist satire, on a travelling team of mercenaries, takes offshoots from and where else we can turn. Documen
tarians Robert Kenner, guided largely by activist authors Eric Schlosser (Fast Food Nation) and Michael Pollan (The Omnivore’s Dilemma), goes behind the persistent “pastoral fantasy” of agribusiness America (“The reality is a factory. It’s not a farm, it’s a factory”), explores the monopolization by multinational corporations, takes offshites into health hazards like E. coli, diabetes, and obesity, avoids the easy temptation to turn stomachs, maintains the whole while a calm and rational tone, and wraps things up with Springfield’s rendition of “This Land Is Your Land.” All in all, a useful introduction or summary, depending on your initial level of awareness.

2009.

● [GASLAMP 15]

Funny People — A monument of Success Going to One’s Head. The head in question belongs to writer-director-producer Judd Apatow, presumably of The 40-Year-Old Virgin and Knocked Up, but more widely known as just producer and writer in many, weather vane, fashion plate, brand name, school headmaster. In these capacities he has apparently accumulated sufficient Hollywood capital to command what fairly obviously shrinks of a fridgid (one shudders to imagine a DVD of the Director’s Cut, unless it would be the Director’s Second-Thoughts Cut), a paucity, desultory, two- or a-half-hour comedy-drama centered around a terminally ill comedian played by and mo
delled on Adam Sandler, who hires a struggling stand-up comic (a dimmer Seth Rogan whose slimsness is much commented on) as a joke writer, gofer, and all-purpose companion, and who, upon his miraculous recovery under a program of experimental drugs, tries to reconvene with and rekindle a now married Old Flame played by Leslie Mann, Ms. Apatow in real life. Among the self-indulgences, besides merely the run
ning time, are Memory Lane clips of the young Sandler and Mann, key roles for the two pretten Apatow daughters, a raft of as-themselves celebrity cameos, and more penchant references, in a wide variety of syn
onyms, than you could shake a stick at — or a sheaf of sticks at. The serious bits at least to see that there are some laughs in the film, and it’s a tribute to Mann that her own serious bits can indeed be taken seri
ously. She also, at a different time, gets an actual intended laugh when in the course of a marital row she mimics the Aussie accent of her husband (Eric Bana). It may be a crime to Apatow, something less than his credit to Apatow, something less than a monument of Success

2009.

● [GASLAMP 14; HOLLIDAY CINE
MA; LA JOLLA 12; PALM PROMENADE 24; TOWN SQUARE 14]

Food, Inc. — Educational as well as moti
erational film about where our food comes from and from where else we can turn. Docu
tementaries Robert Kenner, guided largely by activist authors Eric Schlosser (Fast Food Nation) and Michael Pollan (The Omnivore’s Dilemma), goes behind the persistent “pastoral fantasy” of agribusiness America (“The reality is a factory. It’s not a farm, it’s a factory”), explores the monopolization by multinational corporations, takes offshites into health hazards like E. coli, diabetes, and obesity, avoids the easy temptation to turn stomachs, maintains the whole while a calm and rational tone, and wraps things up with Springfield’s rendition of “This Land Is Your Land.” All in all, a useful introduction or summary, depending on your initial level of awareness. 2009.

● [GASLAMP 15]

The Hangover — Writer-director Rob Zomber supplies a sequel to his own re

made, with scout Taylor Compton, Mal
colm McDowell, Brad Dourif. (CARMEL MOUNTAIN 14; CHULA VISTA 10; DEL MAR HIGHLANDS 8; FASHION VALLEY 18; GROSSMONT CENTER 10; HORTON PLAZA 14; LA JOLLA 12; MISSION MARKETPLACE 13; MISSION VALLEY 20; OTAY RANCH 12; PALM PROMENADE 24; PLAZA BONITA 14; POWAY 10; RIVER VILLAGE 6; TOWN SQUARE 14)

The Goods: Live Hard, Sell Hard — Write hard, direct hard, act hard. Laugh light, if at all. Neal Brennan’s high-pressure capitalist satire, on a travelling team of mercen

cary car salesmen summoned to Temec
ula for a Fourth-of-July blowout, takes con

tinual leaf of sense and senses in pursuit of jokes. With Jeremy Piven, Ving Rhames, David Koechner, Kathryn Hahn, Jordana Spiro, Ed Helms, James Brolin, and a cameo (or three) for co-producer Will Ferrell. 2009.

● [HORTON PLAZA 14; MISSION VALLEY 20; PLAZA BONITA 14]

Halloween II — Writer-director Gary Frerich supplies a sequel to his own re

make, with Scout Taylor Compton, Malcolm McDowell, Brad Dourif. (CARMEL MOUNTAIN 14; CHULA VISTA 10; DEL MAR HIGHLANDS 8; FASHION VALLEY 18; GROSSMONT CENTER 10; HORTON PLAZA 14; LA JOLLA 12; MISSION MARKETPLACE 13; MISSION VALLEY 20; OTAY RANCH 12; PALM PROMENADE 24; PLAZA BONITA 14; POWAY 10; SANTE DRt EV 6; TOWN SQUARE 14)

The Hangover — Writer-director Rob Zomber supplies a sequel to his own re

make, with scout Taylor Compton, Mal
colm McDowell, Brad Dourif. (CARMEL MOUNTAIN 14; CHULA VISTA 10; DEL MAR HIGHLANDS 8; FASHION VALLEY 18; GROSSMONT CENTER 10; HORTON PLAZA 14; LA JOLLA 12; MISSION MARKETPLACE 13; MISSION VALLEY 20; OTAY RANCH 12; PALM PROMENADE 24; PLAZA BONITA 14; POWAY 10; SANTE DRt EV 6; TOWN SQUARE 14)

The Goods: Live Hard, Sell Hard — Write hard, direct hard, act hard. Laugh light, if at all. Neal Brennan’s high-pressure capitalist satire, on a travelling team of mercen

cary car salesmen summoned to Temec
ula for a Fourth-of-July blowout, takes con

tinual leaf of sense and senses in pursuit of jokes. With Jeremy Piven, Ving Rhames, David Koechner, Kathryn Hahn, Jordana Spiro, Ed Helms, James Brolin, and a cameo (or three) for co-producer Will Ferrell. 2009.

● [HORTON PLAZA 14; MISSION VALLEY 20; PLAZA BONITA 14]
than the story and indeed the foretold war with the Dark Lord tends here to be crowded out by assorted amorous Hankers among Hogwart classmates. (Those broomsticks for games of Quidditch are now looking more phallic than at first.)

The Final Destination — Fictitious countdown of the final six weeks in the twelve-month tour of an army bomb squad in Baghdad. The living and working conditions in a color-free wasteland appear perfectly credible, and the quasi-scientific, fictional details of the job — the spacecap protective suits, the remote-control bomb-sniffing robot, the tangle of colored wires, the hide-and-seek triggers — are highly enlightening. And the defusing of bombs — the constant prospect of their blowing up in your faces — carries a guaranteed tension, as witness such foreshunnners as Robert Aldrich's Ten Seconds to Hell or Michael Powell's and Emeric Pressburger's The Small Back Room. The ambush in mid-desert, outside the squall's normal sphere of operations, is if anything even more unpredictable, more open to possibilities. Kathryn Bigelow, one of the rare female action directors, dead-set on matching any man in muscle, favors here the combat-footage filmmaking style of iotles and jars to the camera, punchy zooms, whiplashing pans, and a chronic shaky hand, not necessarily restricted to scenes of combat. This is trendy at best, a tired cliché at worst. (The amplified heartbeat and the slo-mo explosions ought to be put to bed for a rest period.) She takes a lot of time on the action scenes, or more accurately the tension scenes, and not much time in between, so that the three principals — Jeremy Renner, Anthony Mackie, Brian Geraghty, each of them looking the part — are thin on character, static in development, no more than generic as opposed to individual soldiers. With Guy Pearce, Ralph Fiennes, David Morse. 2008. ★★★

Inglourious Basterds — Quentin Tarantino takes no more than the risible tiplines of Enzo G. Castellari's Ten Seconds to Hell or Michael Powell's and Emeric Pressburger's The Small Back Room. The ambush in mid-desert, outside the squall's normal sphere of operations, is if anything even more unpredictable, more open to possibilities. Kathryn Bigelow, one of the rare female action directors, dead-set on matching any man in muscle, favors here the combat-footage filmmaking style of jostles and jars to the camera, punchy zooms, whiplashing pans, and a chronic shaky hand, not necessarily restricted to scenes of combat. This is trendy at best, a tired cliché at worst. (The amplified heartbeat and the slo-mo explosions ought to be put to bed for a rest period.) She takes a lot of time on the action scenes, or more accurately the tension scenes, and not much time in between, so that the three principals — Jeremy Renner, Anthony Mackie, Brian Geraghty, each of them looking the part — are thin on character, static in development, no more than generic as opposed to individual soldiers. With Guy Pearce, Ralph Fiennes, David Morse. 2008. ★★★

The Hurt Locker — Fictitious countdown of the final six weeks in the twelve-month tour of an army bomb squad in Baghdad. The living and working conditions in a color-free wasteland appear perfectly credible, and the quasi-scientific, fictional details of the job — the spacecap protective suits, the remote-control bomb-sniffing robot, the tangle of colored wires, the hide-and-seek triggers — are highly enlightening. And the defusing of bombs — the constant prospect of their blowing up in your faces — carries a guaranteed tension, as witness such foreshunnners as Robert Aldrich's Ten Seconds to Hell or Michael Powell's and Emeric Pressburger's The Small Back Room. The ambush in mid-desert, outside the squall's normal sphere of operations, is if anything even more unpredictable, more open to possibilities. Kathryn Bigelow, one of the rare female action directors, dead-set on matching any man in muscle, favors here the combat-footage filmmaking style of jostles and jars to the camera, punchy zooms, whiplashing pans, and a chronic shaky hand, not necessarily restricted to scenes of combat. This is trendy at best, a tired cliché at worst. (The amplified heartbeat and the slo-mo explosions ought to be put to bed for a rest period.) She takes a lot of time on the action scenes, or more accurately the tension scenes, and not much time in between, so that the three principals — Jeremy Renner, Anthony Mackie, Brian Geraghty, each of them looking the part — are thin on character, static in development, no more than generic as opposed to individual soldiers. With Guy Pearce, Ralph Fiennes, David Morse. 2008. ★★★

San Diego Reader, September 3, 2009
MOVIE SHOWTIMES

Showtimes subject to change. (Baggage showtimes in parentheses.)

CENTRAL

CARMEL MOUNTAIN

Carmel Mountain 14
1620 Carmel Mountain Road (800-326-3264 #2004)
All about Steve (Not Rated) Fri.-Sun. (11:00, 11:30, 3:15, 4:30, 6:15, 7:45, 8:15, 10:00)
Gamer (R) Fri. (1:30, 3:35, 5:40, 8:20)
The Final Destination (R) Fri. (1:45, 3:45, 5:30, 8:45)
District 9 (R) Fri.-Sun. (11:55, 2:05, 4:15, 7:05, 9:30, 12:00)
G-Force (PG-13) Fri.-Sun. (10:15, 12:15, 2:20, 4:40, 7:00, 9:40, 11:30)
In the Loop (Not Rated) Fri.-Sun. (9:15, 11:45)
Julie and Julia (PG-13) Fri.-Sun. (1:15, 3:25, 5:35, 8:05, 10:25, The Time Traveler's Wife (R) Fri.-Sun. (1:30, 3:30, 5:30, 7:30, 9:30, 10:25, The Final Destination (R) Fri. 10:25, The Time Traveler's Wife (R) Fri.-Sun. (1:00, 3:00, 5:00, 7:00)
Taking Woodstock (R) Fri.-Sun. (1:30, 3:30, 5:30, 7:30, 9:30)

SANTEE

Glaslampa
215 Fifth Avenue (800-326-3264 #2009)
Extrait (Not Rated) Fri. Sat. (11:00, 1:15, 2:30, 4:20, 5:30, 7:00, 8:30, 9:30, 10:30)
District 9 (R) Fri.-Sun. (11:00, 1:15, 3:00, 5:00, 7:00, 9:00, 11:00)
Gamer (R) Fri. (11:00, 1:15, 3:00, 5:00, 7:00, 9:00)

DOWNTOWN

Mission Marketplace
341 College Blvd., Ocean View
Ulster Plays: Mission Marketplace
All about Steve (Not Rated) Fri.-Sun. (1:45, 3:45, 5:45, 7:45, 9:45)

San Diego Gaslamp
215 Fifth Avenue (800-326-3264 #2009)
Extrait (Not Rated) Fri-Sat. (11:00, 1:15, 2:30, 4:20, 5:30, 7:00, 8:30, 9:30, 10:30)
District 9 (R) Fri.-Sun. (11:00, 1:15, 3:00, 5:00, 7:00, 9:00, 11:00)
Gamer (R) Fri. (11:00, 1:15, 3:00, 5:00, 7:00, 9:00)

LA JOLLA

La Jolla 12
6657 Villa La Jolla Drive (866-326-5843)
All about Steve (Not Rated) Fri.-Sun. (11:25, 1:00, 2:45, 4:35, 7:30, 10:00, District 9 (R) Fri.-Sun. (11:00, 1:45, 3:45, 5:45, 7:30, 9:30)

Reuben H. Fleet Science Center
2175 Embudito Road (619-238-2444)
The Final Destination 3D (R) Fri. (11:15, 1:45, 4:15, 6:45, 9:15)

Mission Marketplace
431 College Blvd., Ocean View
Ulster Plays: Mission Marketplace
All about Steve (Not Rated) Fri.-Sun. (1:45, 3:45, 5:45, 7:45, 9:45)

Chula Vista

Mission Valley Hazard Center
7530 Hazard Center Dr., Chula Vista
All about Steve (Not Rated) Fri.-Sun. (11:25, 2:00, 4:35, 7:35, 10:10, District 9 (R) Fri.-Sun. (11:00, 1:45, 3:45, 5:45, 7:30, 9:30)

Chula Vista

Mission Valley Hazard Center
7530 Hazard Center Dr., Chula Vista
All about Steve (Not Rated) Fri.-Sun. (1:45, 3:45, 5:45, 7:45, 9:45)

Chula Vista

Chula Vista

El Cajon

El Cajon

East County

LIVE ON AIR

www.UltraStarMovies.com

$5.50 Daily Early Bird

$6.50 Admission

$35.00 Special

For children, seniors, military, and students. ALL THE TIME!

*At Poway, Chula Vista and Mission Marketplace locations only.

$2 additional for 3D titles

**In San Diego only. Valid only for first run showtimes. Cannot be combined with any other offer. No exceptions.
January 3, 2009

GOING CONTRARY TO THE NOTION OF RECOMMENDATIONS... RACHEL GETTING MARRIED: BECAUSE I NEARLY FORGOT THAT “POWERFUL AND GRIPPING” MEANS THAT IN THE FIRST FIVE MINUTES I WILL EITHER BE SOON ASLEEP DREAMING OF PSYCHOLOGICAL EX- GIRLFRIENDS PAPER-CUTTING THEMSELVES WITH MY OLD LOVE LETTERS OR TOO DEPRESSED TO TURN OFF THE MOVIE AND HAVE RELATIONS WITH MY CURRENT GIRLFRIEND. PAUL BLART: MALL COP WAS DIRECTED BY A SKINNY FRENCHMAN WHO THINKS AMERICANS ARE DROLLING MOUTH-BREATHERS THAT GET THEIR KICKS WATCHING CELTIC RIDE A SEGWAY. WE PROVED HIM RIGHT. (I ACTUALLY HAVE NO IDEA WHO DIRECTED THIS MOVIE.)

The Proposal — Anne Fletcher's contemporary romantic comedy has a premise no more ridiculous than something that might once have featured Claudette Colbert and Fred MacMurray. The editor-in-chief at Buick & Hunt Publishers, a transplanted Canadian ice queen licks with of the north, now threatened with deportation for an expired visa, commands her lackey to marry her, true love following along lickety-split. The rotile working-out of the premise appears heedless of the ridiculousness and therefore increasingly ridiculous, heedless in particular of the age difference between Sandra Bullock and Ryan Reynolds, less in particular of the age difference between William H. Macy, James Spader. Written, directed, photographed by Summer Bobo. 2009

★ CAMERON MOUNTAIN 14; GROSSMONT CENTER 12; HORTON PLAZA 14; MISSION VALLEY 20; OTAY RANCH 12; PALM PROMENADE 24; PLAZA BONITA 14; POWAY 10; RIVER VILLAGE 6; TOWN SQUARE 14

Transformers: Revenge of the Fallen — Autobots vs. Decepticons, Round Two. A blur of liquid-computer-generated metal (robot design by trash compactor) and a mass — no, a mess — of contradictions: apocalyptic pomposity and low comedy; heavy combat and light calamities; a too-fast pace that attains two and a half hours and total boredom (at least perhaps for John Turturro's vacillating "one-man-alone" soliloquy). With Shia LaBeouf, Megan Fox, Josh Duhamel, Tyrese Gibson, and Ramon Rodriguez; directed by Michael Bay. 2009.

★ GALSAPLM 15

The Ugly Truth — Cool-blonde controlрасторопных змеевиков проишлось бы, а мрачных ожиданий их не может быть, что снова вспомнить о простое, что его не может быть вспомнить, что оно не может быть вспомнить, что оно не может быть вспомнить, что оно не может быть вспомнить, что оно не может быть вспомнить, что оно не может быть вспомнить, что оно не может быть вспомнить, что оно не может быть вспомнить, что оно не может быть вспомнить, что оно не может быть вспомнить. Фанеробоек суровым иодными глазами, его глазами, его глазами, его глазами, его глазами, его глазами, его глазами, его глазами, его глазами, его глазами, его глазами, его глазами, его глазами, его глазами, его глазами, его глазами, его глазами, его глазами, его глазами, его глазами, его глазами, его глазами, его глазами, его глазами, его глазами, его глазами, его глазами, его глазами, его глазами, его глазами, его глазами, его глазами, его глазами, его глазами, его глазами, его глазами, его глазами, его глазами, его глазами, его глазами, его глазами, его глазами, его глазами, его глазами, его глазами, его глазами, его глазами, его глазами, его глазами, его глазами, его глазами, его глазами, его глазами, его глазами, его глазами, его глазами, его глазами, его глазами, его глазами, его глазами, его глазами, его глазами, его глазами, его глазами, его глазами, его глазами, его глазами, его глазами, его глазами, его глазами, его глазами, его глазами, его глазами, его глазами, его глазами, его глазами, его глазами, его глазами, его глазами, его глазами, его глазами, его глазами, его глазами, его глазами, его глазами, его глазами, его глазами, его глазами, его глазами, его глазами, его глазами, его глазами, его глазами, его глазами, его глазами, его глазами, его глазами, его глазами, его глазами, его глазами, его глазами, его глазами, его глазами, его глазами, его глазами, его глазами, его глазами, его глазами, его глазами, его глазами, его глазами, его глазами, его глазами, его глазами, его глазами, его глазами, его глазами, его глазами, его глазами, его глазами, его глазами, его глазами, его глазами, его глазами, его глазами, его глазами, его глазами, его глазами, его глазами, его глазами, его глазами, его глазами, его глазами, его глазами, его глазами, его глазами, его глазами, его глазами, его глазами, его глазами, его глазами, его глазами, его глазами, его глазами, его глазами, его глазами, его глазами, его глазами, его глазами, его глазами, его глазами, его глазами, его глазами, его глазами, его глазами, его глазами, его глазами, его глазами, его глазами, его глазами, его глазами, его глазами, его глазами, его глазами, его глазами, его глазами, его глазами, его глазами, его глазами, его глазами, его глазами, его глазами, его глазами, его глазами, его глазами, его глазами, его глазами, его глазами, его глазами, его глазами, его глазами, его глазами, его глазами, hisric, directed by Ang Lee.

★ CAMERON MOUNTAIN 14; GROSSMONT CENTER 12; HORTON PLAZA 14; MISSION VALLEY 20; OTAY RANCH 12; PALM PROMENADE 24; PLAZA BONITA 14; POWAY 10; RIVER VILLAGE 6; TOWN SQUARE 14


★ CAMERON MOUNTAIN 14; GROSSMONT CENTER 12; POWER W 11; RIVER VILLAGE 6. GALSAPLM 15; GROSSMONT CENTER 12; LGX 11; LA JOLLA VILLAGE; MISSION VALLEY 20; OTAY RANCH 12; PALM PROMENADE 24; PLAZA BONITA 14; POWAY 10; RIVER VILLAGE 6; TOWN SQUARE 14

Crasher
CREST BURGERS
by Josh Board

When I checked my voice mail to see if anyone called in a party, I heard there was a barbecue in Crest, so off I went.

Marilyn had a big house with a pool in the backyard, and her husband Bob was barbecuing burgers in the driveway.

There was a gate, and it took me a few minutes to figure out how to get in. And that’s odd, considering they left a sign with directions right there. (They wanted to keep the gates closed so the dogs wouldn’t get out.)

After parking and figuring out the gate code, I looked over and saw a van with the name of a mobile DJ company painted on the side. I cringed. I had to explain to my girlfriend that I knew the guy who owned the van. I worked with him briefly in radio and don’t have a high opinion of him. I figured I’d ignore the guy and still have a good time.

I sat at a table with a wedding photographer. I asked about horror stories he’s had, and he told me about people sweating and not realizing it. Also, a woman died in a pool in the backyard, and her husband Bob — also a DJ — has filled with autographed memorabilia. He has a poster signed by U2 and sports memorabilia.

“Mony, Mony,” all those are popular.”

I was looking at the living room wall, which had more records than I’ve ever seen. It was like being in a music store. When you’re a wedding DJ, you need a big collection.

“Instead, I opted for a hot dog. Bob said, “These are mostly brats. I think there’s one token dog somewhere on the grill.” I found it, splayed it with mustard, and headed back inside.

I was looking at the living room wall, which had more records than I’ve ever seen. It was like being in a music store. When you’re a wedding DJ, you need a big collection.

There was another wedding DJ I ran into at this party. I asked him if he got sick of hearing the same old songs, like “Brown Eyed Girl.” He laughed and said you do get tired of some, adding, “I love classic rock and hard rock. But I just can’t stand Eric Clapton’s ‘Wonderful Tonight’ anymore.”

I asked what the most popular songs are at weddings and was told, “The ones that get people dancing: ‘The Slide;’ ‘Love Shack;’ ‘Mony, Mony;’ all those are popular.”

I met a guy that was a 6’4” cameraman. I assumed he filmed weddings, but he told me he worked for ABC. He had some great stories about dealing with editors taking out shots he really liked.

We ended up talking a lot about sports and writing. I asked him what he was doing in town, and he said he was here filming a reality show. I asked him what it was, and he said he wasn’t allowed to give the details.

After he left, along with the DJ I didn’t want to run into, I found out the reality show was about the DJ; because he has an interracial marriage and is involved in other activities, I can imagine it will be popular. And his goofy personality will fit in well with all those other reality-show stars.

Bob finally stopped cooking for a bit and sat down. I told him the mountain behind his house looked beautiful and that the slide he had going into his pool should go up the side of it. He said, “Yeah, I always said if I had a quarter million dollars I’d have a rock slide built on those mountains.”

He told me that he and Marilyn have been married for 20 years and that they own a production company.

She walked by singing along to a Sublime song — “…something for his punk ass…’ — and went inside. She came back out and, well, she did have something: prizes for people who brought side dishes. Someone told me in the past she’s given away great things that are usually food-related, like cookbooks.

When she was going to hand out the first prize, I yelled out that it should be for the cupcakes a woman brought. She looked
shocked. I think she was going to name another dish but decided to go with that one. I’m glad she did because the lady had made about 50 cupcakes, and they were all shaped like cheeseburgers. There was cake on top like a bun, and the yellow, red, and green that looked like condiments were different-flavored frostings. They were surrounded by long, thin sugar cookies that looked like french fries.

As I was heading out, Bob gave me a lemon that was the size of a pumpkin. He said, “We grow these here. It’s a nuclear lemon.” I wasn’t sure what to do with it. I wanted to say, “Hey…if you want to get rid of any albums, I’d be glad to take some of those off your hands.”

Crash your party? Call 619-235-3000 x421 and leave an invitation for Josh Board.

For more stories by this author, go to sdreader.com.
Puppeteers

Eight powerful San Diegans who don’t want to tell you what they do
The tenth floor of San Diego city hall is like a submarine in the sky. Behind sealed windows and an electronically buttoned security door are the cramped offices of eight councilmembers, who themselves are sardined in with 65 staffers — 8 chiefs and 57 underlings. Amid the confines, crew members, some on eight-year voyages, bump into each other. They shout across the hall. They buttonhole one another between desk and toilet. They share family photos and the occasional lunch or workout. On the rare occasion when a citizen shows up and gets in — citizen, try showing up and getting in — they absorb his or her concerns. But more often they endure lobbyists and businessmen, who get in more easily and needle councilmembers and staffs incessantly. Since 1964, when the city administration building opened at 202 C Street, several generations of staffers have recycled the floor’s oxygen — call it the rarefied air of political servitude. Staffers work a variety of assignments: council representative; community, labor, or business liaison; communications director; policy advisor; and deputy chief of staff. Many staffers have moved laterally between one district office and another, on occasion between city and county. They often come aboard when a new councilmember needs an insider, someone who knows how to ply the political waters. The highest rank — the one who gets to shout, “Up periscope!“ — is the chief of staff. 

continued on page 32
Most chiefs have been undersea in the staffing realm for years. To get to chief you first get on board as an aide or council rep; then, one campaign sortie at a time, proving your mettle, you move up to deputy chief, senior policy advisor, or campaign manager.

- District 1 chief John Rivera was a longtime aide to former councilmember Brian Mainschein. Christina Cameron, chief for former District 1 councilmember Scott Peters, was chief for Harry Mathis, Peters’s predecessor.
- Former District 3 councilmember Toni Atkins was the chief for Christine Kehoe when she was the District 3 councilmember in the 1990s. Stephen Hill, senior policy advisor for District 3 councilmember Todd Gloria, was both policy advisor and deputy chief of staff for Atkins. The current chief, Jamie Fox-Rice, was deputy chief of staff for former councilmember Ralph Inzunza and managed Gloria’s winning campaign.
- In District 4, the council seat has been passed down to chiefs like a baton. Prior to being elected to the council in 1987, Wes Pratt was county supervisor Leon Williams’s chief. George Stevens beat Pratt in 1991; Stevens’s chief was Charles Lewis. Lewis was elected in 2002; his chief of staff was Tony Young. Young was elected in 2005; his chief of staff is Jimmie Slack, who was, like Pratt, a chief of staff for Supervisor Williams.
- In District 5, the current chief, Jaymie Bradford, was in the office of District 7 councilmember Jim Madaffer. Madaffer was the chief for District 7’s Judy McCarty before his turn came.
- Former District 8 councilmember Ralph Inzunza was the chief of staff for Juan Vargas when he was on the council. Resigning to run for the Assembly, Vargas endorsed Inzunza as his replacement. Ana Molina-Rodriguez is Ben Hueso’s chief in District 8. She was the chief for Assemblywoman Denise Ducheny and then for Ralph Inzunza, until he was thrown out on corruption charges.

Each council office is budgeted $990,000 annually; a figure that’s remained constant for three years. This pays the salaries of the councilmember and staffers. The lion’s share of the $990,000 goes to the councilmembers’ appointees.

Most city council webpages include a biography of the chief of staff and a description of his or her duties. These include managing staff (hiring and firing), advising on policy issues such as labor relations or land use, and working with boards and commissions. That’s about it for details.

While preparing the 2006 Kroll Report, an investigation into the City’s underfunding of its pension system, Audit Committee lawyers interviewed many city staffers, among them three current chiefs: Aimee Faucett, Jaymie Bradford, and Ana Molina-Rodriguez. The three were asked about their jobs. Chiefs open the member’s mail. They have access to the member’s email accounts. Based on research, they advise the member how to vote and assess how other councilmembers might vote. Chiefs grant — and do not grant — media requests. They organize weekly docket briefings.
IT'S GUITAR CENTER'S LABOR DAY LIST SAVINGS EVENT!

Starting at 9am Friday, get your hands on The LIST, a top-secret document packed with massive savings on open box gear, closeouts, used gear, manager's specials and much more! Many items are tagged below our cost! There's even special event financing. On Friday get incredible door-buster deals and early bird specials, plus every store will be giving away one iPod touch. Remember, the good stuff always goes first!

SAN DIEGO READER
SEPTEMBER 3, 2009
They set up meetings with lobbyists and attend when necessary. They approve travel and conference requests from staff members. They sign remittance forms for travel and conference reimbursements. And they often control who on their staffs can and cannot speak directly to the member. In addition, chiefs oversee appointments to boards and commissions; support the councilmember’s pet issues; put the member in front of the public so he or she looks good; and, in a few cases, hear from the member about closed-session discussions.

How About an Interview?
I contacted the eight chiefs of staff, hoping a few might talk. Only one provided background info, off the record. But because of their denials, I learned a lot about how city council offices operate. They operate much like corporations, where a communications person handles media requests. Such requests are looked over by the chief, who responds or has the communications person send an email. For my requests, their responses seemed written on carbon paper.

Thanking me for my "interest," Jamie Fox-Rice, chief of staff for Todd Gloria, wrote, "My job is quite fascinating, but, as you mentioned, the Councilmember gets the coverage." This was my initiation into the nonexistent link between press and city council chiefs: the councilmember gets all the coverage; chiefs none.

I had argued that a story on them, the savviest of insiders, would be fascinating. Fox agreed but still wouldn’t talk. "My role here is," Fox-Rice later replied, "to make sure that our staff stays focused on the Councilmember’s priorities and that the..."
constituency in the 3rd Council district — and the City as a whole — has dedicated and fair representation.”

Aimee Faucett wrote, “My work as chief of staff for Councilmember Faulconer is to ensure his priorities and commitments to the community are achieved. I prefer media coverage to be about the Councilmember, and I have rarely been quoted by members of the press. Therefore, please accept my respectful decline of your request.” It’s hard to argue with a preference.

Donna Frye’s longtime chief, Steven Hadley, of District 6, declined, saying he wanted the focus to stay on Donna. He sent along a spreadsheet of his and his staffers’ duties.

When I first emailed Erica Mendelson, communications director for District 5 rep Carl DeMaio, she wrote that “we are declining all interviews unless it’s for the councilmember. It’s a decision we’ve made internally.” Apparently she and Mr. DeMaio reconsidered, and they asked for a list of questions. I sent the list, inquiring about how his chief, Jaymie Bradford, was chosen, her role in advising him on policy, the difficult and the rewarding parts of the job, and whether chiefs have conflicts of interest. Soon, Mendelson called to say that the tenor of such questions was “too intense” for Mr. DeMaio to answer. Instead, he emailed the following: “As my chief of staff, Ms. Bradford manages the day to day activities of the District 5 office. In this capacity she is also my chief advisor on policy issues. Because of her extensive background in city related policy issues and knowledge of the intricacies of the city she was the perfect choice to fill the role of chief of staff.”

Glen Sparrow, a retired San Diego State political scientist and a staffer for Councilman John Hartley in the 1990s, is not surprised that the chiefs won’t talk. “One thing you do as a chief of staff,” he says, “is subvert your personality to the boss. Your shield protects him or her, and you take the arrows. Anytime good occurs, you give the boss credit; anytime there’s bad, you take it on yourself. The last thing you want is the spotlight. It’s in their nature to be quiet about what they do.”

Euphemisms such as “internal decision” and “the member gets the press” are so evasive as to be suspicious — or meaningless. What is this not-talking groupthink really about? Doesn’t the public deserve some appraisal of chiefs, especially since they average $100,000 per year, have the hourly ear of the councilmember, and are unelected? Why, at least in San Diego, have they escaped the journalist’s profile?

Biographies of the Chiefs

JOHN RIVERA
Chief of staff for Sherri Lightner
Most chiefs of staff have worked their way through
the labyrinth of appointed positions in city hall. Some have had to keep part-time jobs, realizing staff jobs are temporary. Part of their savvy is to stay available by constantly reinventing themselves. The king of reinvention is John Rivera, Councilwoman Sherri Lightner’s chief in District 1.

According to yourdebtlimitated.com, Rivera is a Ph.D. and a consultant. The website markets a program of “debt-free living,” “rooted in the spiritual principles which gave birth to the idea of our great nation,” that will “Save Time, Save Money, Build Wealth.” Rivera consults in “both the public and private sectors” in such areas as “creative problem solving,” “ethics advising,” “effective discipline,” “quality control,” and more. In addition, the speaker and author “has inspired audiences with interests in business and institutional re-engineering,” among other skills. On the website, he is described as a researcher, writer, educator, business/public policy consultant, and co-founder of Financial Freedom International, Inc. He’s given a few keynote addresses, and according to the City of San Diego’s District 1 webpage, he’s run “several small businesses and has been a professor at different California universities.”

In 1983, Rivera lost a school board election to Susan Davis. From 1984 to 1986, he was a part-time administrative assistant to county supervisor Paul Eckert. In 1986, when the city council was choosing from candidates to fill a seat vacated by Councilman Uvaldo Martinez, Rivera added his name to the list; he lost to Celia Ballesteros. At the time, Councilwoman Abbe Wolsheimer called Rivera “one of the brightest” contenders for Martinez’s seat. Rivera maintained that he was the best choice because he had a “more contemporary way of solving problems.” During the 1980s he was a counselor and instructor at San Diego City College. In 1989, at age 39, Rivera lost the post of chairman of the San Diego County Republican Party’s Central Committee by one vote.

Rivera emerged as the co-chairman of the San Diego Christian Coalition, a group that offered training to Christian political candidates. This was part of an effort to recruit Christians to run for every office in San Diego County in 1992. By the mid-’90s, Rivera was a part-time professor at San Diego State.

Rivera was a consultant from 2003 to 2005 and in 2007 for the city council’s Public Safety and Neighborhood Services Committee, chaired by Councilman Brian Mainschein. Councilmembers have a consultant on their staffs for each committee they head. Among other duties, Rivera helped plan the budgets for the police and fire-rescue departments.

In 2005, Rivera testified in the Strippergate trial, the city hall corruption trial of councilmen Ralph Inzunza and Michael Zucchet. They and Charles Lewis, who died before the trial began, were charged with taking money Inzunza, in 2002, to put the no-touch policy on the committee’s agenda. He refused.

Last June, for a report on city workers’ salaries, the Union-Tribune compiled a database. In 2008, Rivera took home $90,171 from the City. This year he will earn $98,010.

AIMEE FAUCETT
Chief of staff for Kevin Faulconer

The District 2 webpage says that Faucett “oversees day-to-day operations” for Faulconer and “is responsible for community representation, policy, communications, office management and legislative relations.” She has been in politics since graduating from San Diego State, when she became a
Dr. Barry Katzman voted one of San Diego’s “Top Doctors” by San Diego Magazine.

“America’s Top Ophthalmologist”

West Coast Eyecare has helped San Diego see clearly for over 25 years.

WestCoastEyeCare.com • 1-888-230-7314
$1 off 2 baskets of fresh Fuji Apples
Valid Saturday, September 5, 2009 only.
One coupon per customer per booth.

Heritage Family Farms

$1 off the purchase of 2 Paninis
Valid Saturday, September 5, 2009 only.
One coupon per customer per booth.

Seb's Paninis

FREE slice of coffee cake w/purchase of 1 pint of "Almost Famous" Turkey Chili
Valid Saturday, September 5, 2009 only.
One coupon per customer per booth.

Suzie's Farms

$2 off 12 fresh flower purchase
Valid Saturday, September 5, 2009 only.
One coupon per customer per booth.

Schaner Farms

$1 off a bar of Avocado oil soap
Regular price $8. Valid Saturday, September 25, 2009 only.
One coupon per customer per booth.

Bella Vado

$1 off every $10 spent!
Valid Saturday, September 5, 2009 only.
One coupon per customer per booth.

Randazzo Farmers Markets

1 pack of pita bread for 99¢ with purchase of 2 hummus!
Valid Saturday, September 5, 2009 only.
One coupon per customer per booth.

Baba Foods

$1 off any $5 purchase fresh red & green bell peppers
Valid Saturday, September 5, 2009 only.
One coupon per customer per booth.

Randazzo Farms

Free upgrade from a Lil' to a Big Cup
Valid Saturday, September 5, 2009 only.
One coupon per customer per booth.

Polito Family Farms

$1 off every $10 purchase of cookware, tabletop & more at the top of the Mercato
Valid Saturday, September 5, 2009 only.
One coupon per customer per booth.

Gourmet Fusion

$1 off a $5 minimum purchase
Valid Saturday, September 5, 2009 only.
One coupon per customer per booth.

Polito Family Farms

$1 off pizza slice
Valid Saturday, September 5, 2009 only.
One coupon per customer per booth.

Lisko Imports

$2 off a Grilled Salmon Burger (Reg. 8) Comes on a grilled onion bun w/dijon aioli, romaine, heirloom tomato & grilled red onions. Yummy!
Valid Saturday, September 5, 2009 only.
One coupon per customer per booth.

San Diego's Best Gourmet smoked salmon

$1 off any item LOCAL ORGANIC VEGETARIAN FOOD
Valid Saturday, September 5, 2009 only.
One coupon per customer per booth.

Roots

$1 off $10 purchase
Valid Saturday, September 5, 2009 only.
One coupon per customer per booth.

Hidalgo Flowers

$2 off a 1/2lb. of mixed olives + a 1/2lb. of imported Greek Feta (Reg. price 12)
Valid Saturday, September 25, 2009 only.
One coupon per customer per booth.

Lisko Imports

$1 off cherry tomatoes Ask about our CSA!
Valid Saturday, September 5, 2009 only.
One coupon per customer per booth.

Sage Mountain Farms

$5 off a Premium Garlic Grater Set!
Valid Saturday, September 5, 2009 only.
One coupon per customer per booth.

Edward Jacobucci

HATCH CHILIS ARE HERE! Medium-Hot, Hot & Extra Hot! Buy 5 lbs., get 1 free!
Valid Saturday, September 5, 2009 only.
One coupon per customer per booth.

Richie's Roasted Products

3 artichokes for $10
Valid Saturday, September 5, 2009 only.
One coupon per customer per booth.

Suncoast Farms

$1 off any item LOCAL ORGANIC VEGETARIAN FOOD
Valid Saturday, September 5, 2009 only.
One coupon per customer per booth.

Lisko Imports

$1 off of 2 Paninis
Valid Saturday, September 5, 2009 only.
One coupon per customer per booth.

Suzie's Farms

$2 off a 1/2lb. of mixed olives + a 1/2lb. of imported Greek Feta (Reg. price 12)
Valid Saturday, September 5, 2009 only.
One coupon per customer per booth.

Lisko Imports

Island Farms

$1 off every $10 spent!
Valid Saturday, September 5, 2009 only.
One coupon per customer per booth.

Montana's Savories & Sweets

Free upgrade from a Lil' to a Big Cup
Valid Saturday, September 5, 2009 only.
One coupon per customer per booth.

Polito Family Farms

$1 off every $10 spent!
Valid Saturday, September 5, 2009 only.
One coupon per customer per booth.

Montana's Savories & Sweets

$1 off any item LOCAL ORGANIC VEGETARIAN FOOD
Valid Saturday, September 5, 2009 only.
One coupon per customer per booth.

Lisko Imports

Hatch Chilies

$1 off pizza slice
Valid Saturday, September 5, 2009 only.
One coupon per customer per booth.

Lisko Imports

$2 off a Grilled Salmon Burger (Reg. 8) Comes on a grilled onion bun w/dijon aioli, romaine, heirloom tomato & grilled red onions. Yummy!
Valid Saturday, September 5, 2009 only.
One coupon per customer per booth.

San Diego's Best Gourmet smoked salmon

$1 off any item LOCAL ORGANIC VEGETARIAN FOOD
Valid Saturday, September 5, 2009 only.
One coupon per customer per booth.

Lisko Imports

$5 off a Premium Garlic Grater Set!
Valid Saturday, September 5, 2009 only.
One coupon per customer per booth.

Edward Jacobucci

HATCH CHILIS ARE HERE! Medium-Hot, Hot & Extra Hot! Buy 5 lbs., get 1 free!
Valid Saturday, September 5, 2009 only.
One coupon per customer per booth.

Richie's Roasted Products

Take advantage of all these amazing deals at the Little Italy Farmers’ Market every Saturday morning!

LITTLE ITALY FARMERS’ MARKET
Visit the Little Italy Mercato at Date & India Streets
9 am to 1:30 pm Saturdays year-round, rain or shine.
www.littleitalymercato.com
community representative in Councilwoman Judy McCarty’s office; there she worked on community-development, block-grant, and land-use issues. Jim Madaffer, who for a time was McCarty’s chief, hired Faucett as his campaign manager when he ran for the council in 2000. Her reward at his election: the chief’s job.

In its “40 Under 40” annual feature, San Diego Metropolitan Magazine described Faucett as “espec-

ially successful at fundraising” for the San Diego Family Justice Center and the nonprofit Alpha Project. In the article, Madaf-

fer lauded Faucett: “I rely on Aimee completely for managing legislation, budget, policy, media, com-

munity outreach, personnel and day-to-day operations.” That was in 2003.

In her Kroll interview, she was asked who was on Madaffer’s policy staff. According to a summary of the interview, she “jok-

ingly responded that councilmember Madaffer ‘was his own policy advisor.’” Despite being the butt of the joke, Madaffer again praised her when he left the council last December.

Faucett has done well. In the last six years, her annual salary has ranged from $88,002 in 2005 to $109,144 in 2008. This year she’ll draw $98,010. Her statement of economic interests, filed last Janu-

ary, shows her to have holdings in five stocks valued between $10,001 and $100,000 and three stocks valued between $2000 and $10,000. Her spouse works for Colliers International in commercial real estate.

Does major depression change your outlook?

A clinical research study – STEP-D (Safety, Tolerability, and Efficacy Program) – is now underway to explore an investigational medication for major depressive disorder (MDD) to see if it may work when taken with an approved antidepressant.

You (or someone you know) may be eligible to participate in the STEP-D study if you:

• Are 18 to 65 years of age • Have been told by your doctor that you have MDD
• Are experiencing depression lasting at least 8 weeks • Have tried at least one antidepressant without success

In addition to receiving study-related physical exams and laboratory services at no charge, participants may receive the investigational medication and will be monitored by a medical team, including a study doctor. After the STEP-D study ends, some participants may be eligible to take the investigational medication as part of another research study.

Ask your doctor if the STEP-D study is right for you.

If you are interested in learning more about this study, please contact:

(619) 688-6565
See our website: www.ari-inc.com

Forgetting simple tasks? Memory fading?
Can’t seem to complete projects?

If you or someone you know is:

• Male or female • Between the ages of 45 and 90
• Experiencing memory loss? Unable to organize or plan? Forgetting simple tasks?
• In overall good health

If you answered yes to all of these questions, you may be eligible for our research study! If you qualify and choose to participate, you may receive an investigational study medication. You will also receive physician consultations, study-related medical examinations, laboratory evaluations and follow-up visits all at no charge.

Health insurance is not required and compensation for time and travel is provided.

If you are interested in learning more about this study, please contact:

(619) 688-6565
See our website: www.ari-inc.com

Are you living with Depression?

Women from across the United States are joining this study to help researchers look for better ways to treat depression.

You may qualify for this study if you are:

• A woman 18 to 64 years of age • Diagnosed with major depression

Participants will receive:

• An initial evaluation of past and current mental and physical health • Access to a team of medical professionals, available for consultation • Study-related medical care and monitoring of health • Investigational medication or placebo • Potential compensation for time and travel.

If you are interested in learning more about this study, please contact:

(619) 688-6565
See our website: www.ari-inc.com

Affiliated Research Institute specializes in clinical research programs, both inpatient and outpatient, with an emphasis on psychiatric and neurological disorders.

Outpatient Clinical programs offered at Affiliated Research Institute include:

• ADHD (6-17 years of age) • Bipolar Disorder • Depression (18 years and older)
• Memory Loss (45-90 years of age) • Schizophrenia • Smoking Cessation

If you suffer from any of these disorders, you may be eligible for an investigational drug research study. If you qualify and choose to participate, you will receive physician consultations, study-related medical examinations, laboratory evaluations and follow-up visits at no charge, and you may receive study medication. Health insurance is not required and compensation for time and travel is provided.

If you are interested in learning more about this study, please contact:

(619) 688-6565
See our website: www.ari-inc.com

Sidelined by diarrhea? HIV-positive?
At least 18 years of age?
If so, you may be eligible to participate in our clinical study. We are testing an investigational medicine that may help control HIV-associated diarrhea and get you back in the game.

For more information, visit:
www.adventstudy.com or call:
San Diego Clinical Trials (619) 287-6000

www.sdclinicaltrials.com

RESEARCH STUDIES

At last, you can take action in HIV-associated diarrhea

Sideline by diarrhea? HIV-positive?
At least 18 years of age?
If so, you may be eligible to participate in our clinical study. We are testing an investigational medicine that may help control HIV-associated diarrhea and get you back in the game.

For more information, visit:
www.adventstudy.com or call:
San Diego Clinical Trials 619-287-6000

www.sdclinicaltrials.com

Affiliated Research Institute specializes in clinical research programs, both inpatient and outpatient, with an emphasis on psychiatric and neurological disorders.

Outpatient Clinical programs offered at Affiliated Research Institute include:

• ADHD (6-17 years of age) • Bipolar Disorder • Depression (18 years and older)
• Memory Loss (45-90 years of age) • Schizophrenia • Smoking Cessation

If you suffer from any of these disorders, you may be eligible for an investigational drug research study. If you qualify and choose to participate, you will receive physician consultations, study-related medical examinations, laboratory evaluations and follow-up visits at no charge, and you may receive study medication. Health insurance is not required and compensation for time and travel is provided.

If you are interested in learning more about this study, please contact:
(619) 688-6565
See our website: www.ari-inc.com
Are You a Restless Sleeper?

If you have chronic problems falling asleep and/or staying asleep, you may qualify for a research study and receive an investigational drug for poor sleep.

Qualified participants will receive at no cost:
• Compensation for time and travel
• Study-related drug and study-related medical care
• Medical evaluations

Call 858-ARTEMIS (278-3647) today to see if you qualify for this research study. Confidentiality is honored.

Artemis
INSTITUTE FOR CLINICAL RESEARCH
WHERE INDIVIDUAL CARE DRIVES GLOBAL SOLUTIONS

858-278-3647
ArtemisSD.com

Difficulty
Concentrating?
Disorganized?
Absent
Minded or
Forgetful?
Irritable or
Impatient?
Trouble with
Relationships or Work?

Distracted?

You may have Attention Deficit Hyperactivity Disorder, or ADHD.
We are seeking men & women ages 18 to 65 to participate in a clinical research study of an investigational medication for ADHD. If you qualify you will receive study-related care & study medication at no cost.

Insurance not needed

JAMIE FOX-RICE
Chief of staff for Todd Gloria

Before her appointment — an award for managing Gloria’s winning campaign — Fox-Rice was the deputy chief of staff for Ralph Inzunza, press secretary for Donna Frye’s mayoral campaign, and director of communications for Councilmember Kevin Faulconer. She is described on the District 3 webpage as having “extensive experience in City Hall and with local political campaigns.” She does improv comedy, has bachelor’s degrees in consumer sciences and English and a master’s in comparative literature, and is a lecturer for the Department of Rhetoric and Writing Studies at San Diego State University. Students seem to love her. Here’s one especially enjoyable blurb from 2005: “Jamie is a really cool professor. You have to invest time into your assignments, but they are not difficult. Her assignments are things that you will use often in your life. Her class is very interactive and you get to meet everyone. She is from back East so she has a good sense of humor.” Her spouse is a vice president at the Amerland Group, consultants in the affordable housing industry, as well as a partner in Elevate, a public relations firm.

JIMMIE SLACK
Chief of staff for Tony Young

After Councilmember Charles Lewis died in 2004, while awaiting trial in the Strippergate scan-

New Research Study
Investigational use of Tadalafil (Cialis®, erectile dysfunction medication) for Prostate Enlargement

You may qualify if you are:
• 45 years or older
• Have prostate enlargement (BPH) symptoms
• Have weak or no erection

Study medication, study-related physical exams, blood tests provided.
Compensation for time and travel.

Please call San Diego Clinical Trials:
(619) 287-6000
www.sdclinicaltrials.com

DO YOU HAVE Hip or Knee Pain?
Consider volunteering for a clinical research study.

To qualify, you must:
☐ Be at least 18 years of age
☐ Have joint pain caused by arthritis
☐ Other criteria will apply

As a qualified participant, you will see a study doctor to discuss your pain. All study-related care is included and no insurance is required.

Please Call: 1-888-478-6339
www.paintrial.com
**MAJOR DEPRESSION**

If you are one of the 15 million adults affected by depression, you may be eligible to participate in a research study of an investigational depression medication now being studied.

You must be:
- 18-65 years of age
- Currently diagnosed with depression
- Symptoms greater than 2 months

Qualified participants will receive at no cost:
1. Study related exams
2. Investigational drug or inactive placebo
3. Compensation for time and travel

For more information, call:

SYNERGY CLINICAL RESEARCH CENTERS
888-365-3203

---

**FLU VACCINE Clinical Study**

For ages 65+

As a study participant you will receive either an investigational flu vaccine or an approved flu vaccine at no cost to you. Compensation for time and travel may be available.

To Learn More
Call Toll Free: 1-877-500-eStudy
(1-877-500-3788)

---

**Diabetes Clinical Trial**

If you have Type 2 Diabetes and are on medications like:
- Glyburide: Micronase, Glynase, Diabeta
- Glimepiride: Amaryl
- Glipizide: Glucotrol

with or without Metformin (glucophage)
you may qualify for a clinical study of
an investigational medication
for the treatment of Type 2 Diabetes

Compensation for time and travel may be available.

**Where is your focus?**

...on your overactive bladder?

Overactive bladder makes it difficult to perform daily activities. You do not know when the sudden, strong urge to urinate will happen.

Qualified participants will receive study-related exams, lab tests and study drug at no charge.

For more information please call
Medical Center for Clinical Research
619-521-2841
mccresearch.com

---

The Women’s Overactive Bladder Study is a research study testing the safety and effectiveness of a new delivery method of an overactive bladder medication for women. Qualified participants:
- are women 18 and older
- are experiencing overactive bladder symptoms with urgency for over 6 months
- have not had three or more urinary tract infections in the past year

---

**Overactive bladder** makes it difficult to perform daily activities. You do not know when the sudden, strong urge to urinate will happen.

Qualified participants will receive study-related exams, lab tests and study drug at no charge.

For more information please call
Medical Center for Clinical Research
619-521-2841
mccresearch.com

---

**FLU VACCINE Clinical Study**

For ages 65+

As a study participant you will receive either an investigational flu vaccine or an approved flu vaccine at no cost to you. Compensation for time and travel may be available.

To Learn More
Call Toll Free: 1-877-500-eStudy
(1-877-500-3788)
San Diego Reader
September 3, 2009

dal, his chief of staff, Tony Young, won a special election for the council seat. Jimmie Slack became Young’s chief. Slack received a degree in public administration at San Diego State, then served county supervisor Leon Williams for 12 years as a legislative assistant and chief of staff. When Williams left the County, Slack became the program manager for Refugee Employment Services, helping new immigrants navigate job opportunities. He also worked as a project manager for ACS State and Local Solutions. On his statement of economic interests, Slack listed no investments or real estate holdings.

JAYMIE BRADFORD
Chief of staff for Carl DeMaio
DeMaio chose Bradford for his chief, as he communicated to me, because of her knowledge and experience. She is his chief advisor on policy issues. She has a degree in political science from UCSD and spent three years as the internal communications coordinator for the Building Industry Association. She was the link between the association and the government. In 2002, she joined Madaffer’s staff as a policy advisor, working under chief Aimee Faucett. In 2006, she became Madaffer’s Land Use and Housing Committee consultant. One of Bradford’s interests was in developing the ballpark. Bradford served Mayor Sanders as a policy advisor beginning in July 2006 and as direc-

Research Opportunities
Do You Have Type 2 Diabetes?
Sunder Mudaliar, M.D., and his associates at the Center for Metabolic Research at the VA San Diego Healthcare System are currently looking for patients for a research study of an investigational drug to determine if adding it to your current Type 2 diabetes medicine can provide better control of your blood sugar.

You may qualify if you are:
• Male or female 18 years of age or older, with Type 2 Diabetes
• Currently taking a stable dose of type 2 diabetes medication
• Have poor blood sugar control
• Have a fasting blood sugar less than 240 mg/dL at office screening
• Have an HbA1C between 7.5% and 9.5% at office screening

Participants will receive a medical screening at no cost by board-certified physicians. Compensation up to $440 will be provided to participants who qualify for this study.

If interested please contact our Research Recruiter
Catherine DeLue at: 858-552-8585 ext. 6740

Do you suffer from Schizophrenia?

Excell Research is starting several new INPATIENT AND OUTPATIENT studies.

Call now to see whether you may be eligible to participate.

760-806-9200

3998 Vista Way, Suite 100, Oceanside, CA 92056
Do you Have Type 2 Diabetes? Currently taking Glucophage® or Metformin?

If so, consider participating in a clinical trial at Profil Institute for Clinical Research. Profil is currently conducting a clinical research study to evaluate an investigational drug in people diagnosed with Type 2 Diabetes.

In order to qualify you must be:
- 18 to 65 years old
- Currently treating Diabetes with Glucophage® or metformin alone
- A nonsmoker
- If female, postmenopausal or surgically sterile

If you qualify you may be compensated up to $3,215 for time and travel. 11 consecutive overnights will be required.

For more information, call Profil Toll Free at 1-866-245-5919.

Menstrual Migraine Headaches

Wishing your period would never come?

A medical research study is underway to evaluate an investigational oral medication for women 18-34 years of age with regular periods who have migraine headaches associated with their periods, in at least 2 out of the last 3 cycles. Periods are tough enough without adding a migraine headache.

To possibly qualify:
- Females, 18-34 years, with regular periods
- Have had migraine headache associated with 2 of your last 3 periods
- Can be using medication at present to treat migraine headaches at a stable dose for at least 2 months

Participants may receive at no cost:
- Study-related examination and consultation with a board-certified physician
- All study-related medications, labs, and Pap smear
- Compensation for your time and travel

Medical Center for Clinical Research
(619) 521-2841
www.mccresearch.com

Researchers are evaluating an investigational medication to see if it effectively treats irritable Bowel Syndrome with Constipation (IBS-C) in men and women. You may qualify for a research study if you experience any of the following symptoms:
- Abdominal pain or discomfort
- Bloating and/or straining
- Have fewer than 3 bowel movements per week

All study-related care will be provided at no cost. Insurance is not needed.

To learn more call:
Medical Center for Clinical Research
619-521-2841
mccresearch.com
SERVING THE COMMUNITY SINCE 1935

Hand Eczema?

Therapeutics Clinical Research, a center of excellence in dermatological care, is conducting a clinical research trial of an investigational medication for hand eczema (also known as hand dermatitis).

**We need participants:**
- 18-75 years of age
- with hand eczema lasting at least six months

**Qualified participants will receive:**
- study-related evaluations by a board-certified dermatologist and study medication at no cost
- compensation for time and travel

**No insurance required.**
Conveniently located in Kearny Mesa.

Call us at: 619-512-DERM (3376)
E-mail: info@therapeuticsresearch.com
Website: www.therapeuticsresearch.com

---

Does It Ever Feel Like Insects Are Crawling Inside Your Legs?

You may have RLS if you have:
- Discomfort or pain in your legs which worsens at night or when resting
- A strong urge to move your legs for relief
- Itching, pulling, creepy-crawly, tugging, or gnawing in your legs

You may qualify for this research study if you:
- Are 18 years old or older
- Have had RLS symptoms for at least 6 months

Research includes free study-related exams, study medication, and a stipend for qualified subjects up to $810.

Call today:

Medical Center for Clinical Research
619-521-2841
www.mccresearch.com

---

Steven Hadley worked 17 years as a pastor.

Steven Hadley
Chief of staff for Donna Frye

Among the more nonpolitical backgrounds is Hadley’s: a degree in ministerial studies, 17 years as a pastor, and a law degree from California Western. Under Valerie Stallings, who resigned in 2001 after accepting one too many gifts from Padres owner John Moores, Hadley was a council rep and later chief of staff. Hadley hired Michael Zucchet as a council representative; in 2002, Zucchet won election in District 2 but resigned after being convicted of taking illegal campaign contributions in Strippergate. (A judge later threw out most of the convictions and ordered a new trial on two of the counts.) Hadley has been on Frye’s staff since 2001 and her chief since 2004. He has declared himself a candidate for Frye’s seat. The Union-Tribune reports that he is a “recent transplant from San Mar- cos” to Clairemont, which is in District 6. He owns two annuities, each valued at between $10,001 and $100,000. His spouse is a medical staff coordinator at Scripps, earning between $10,001 and $100,000.

---

Xema Jacobson
Chief of staff for Marti Emerald

A poli sci grad from San Diego State, Jacobson first worked for Congressman Jim Bates in the 1980s. In 1988, when Bates was accused of sexually harassing women on his staff, she denied having seen Bates harass anyone. He later lost his seat. In 1992, Jacobson ran for the Chula Vista City Council and

---

RESEARCH STUDIES

Visit clinic twice weekly for 3 months. Willing to wear a hormonal patch applied to the skin. Compensation to $3100.00. A clinical research study is underway to evaluate an investigational patch applied to the skin requiring twice weekly visits for 3 months. Can you commit?

Medical Center for Clinical Research
619-521-2841
www.mccresearch.com
We are conducting a clinical research study of Dermagraft®, a tissue-engineered dermal replacement, in the healing of venous leg ulcers.

We need participants:
- 18 years of age or older
- With three or fewer leg wounds

Qualified participants will receive:
- Examinations by a board-certified physician
- Study-related examinations and therapy at no cost
- Compensation for time and travel

Do You Have A Non-Healing Wound Or Sore On Your Leg?

No Health Insurance Required
Confidentiality Maintained

THERAPEUTICS
CLINICAL RESEARCH

Call us at 619-512-DERM (3376) or email us at info@therapeuticsresearch.com

Have You Been Diagnosed with Type 2 Diabetes?

If so, Profil Institute for Clinical Research is currently conducting a research study of an investigational oral medication for Type 2 Diabetes.

You may qualify for this study if you:
- Have been diagnosed with Type 2 Diabetes
- Are a male or female between 18 to 70 years old (females must be post-menopausal or surgically sterile)
- Are currently treating condition without insulin
- And are otherwise healthy

If you qualify, you may be compensated up to $3278 for time and travel. 12 consecutive overnights will be required.

For more information, call Profil Toll Free at 1-866-245-4719.
Excessive worries?
Do you avoid seeking help due to cost or inconvenience?
CONFIDENTIAL help is available.
You may be eligible to receive free treatment at home as part of a clinical trial of a computer-guided interactive treatment program by the San Diego State University Psychology Department.
No medications. No need to attend weekly therapy sessions.
http://nas.psy.sdsu.edu/gadhome.php
Center for Understanding and Treating Anxiety
Call: (619) 229-3740
or e-mail: sdsucuta@hotmail.com

Too Shy?
Trouble with dating? Parties?
Public speaking? Starting conversations?
Speaking to authority figures?
Always worried about what other people think of you?
Confidential help is available. You may be eligible to Receive Free Treatment with computerized therapy as part of a research program. No medications!
Call: 619-229-3740 or e-mail: SDSU.CUTA@gmail.com
http://nas.psy.sdsu.edu

Research Studies
Tired of Restless Legs?
When trying to sleep do you have:
• Discomfort or pain in your legs, which worsens when resting
• A strong urge to move your legs for relief
• Tugging, burning, creepy-crawly or pulling in your legs
A research study is being conducted to help treat Restless Legs Syndrome, or RLS.
Call today to see if you qualify:
Pacific Sleep Medicine
877-927-5337
Participants will receive free study-related exams and study medication.

DEPRESSED
Despite treatment?
If so, you may want to consider participating in a clinical research study. This research study is evaluating an investigational medication to be used with your current depression medication. The study drug is designed to work differently than available antidepressants.
To pre-qualify for this study, you must:
• Be 18 to 65 years of age
• Be diagnosed with major depression
• Not currently taking an antidepressant medication
• Have not found relief with antidepressant medications
If you qualify, you’ll receive:
• A study-related medical evaluation
• Supervised care by medical professionals during the study
• Study drug at no cost
Reimbursement for time and travel may also be provided.
TO LEARN MORE, PLEASE CALL: 1-866-550-UCSD

Jacobson was found by the Union-Tribune to have flown first-class to an aviation conference in Hawaii, charging the airport authority $2493 for her seat, while Councilmember Tony Young, who was also on the airport authority board, flew coach on the same plane for $546. Last year, Jacobson was given an airport parking pass valued at $300. Also in 2008, she provided “campaign management consultant services” to Marti Emerald, earning between $10,001 and $100,000. Her spouse received between $10,001 and $100,000 working for the International Brotherhood of Electrical Workers.

ANA MOLINA-RODRIGUEZ
Chief of staff for Ben Hueso
Molina-Rodriguez is something of a mystery woman. There is no bio of her on Councilmember Hueso’s webpage. Little has been
written about her in the Union-Tribune. In 2004, Diane Bell reported that Molina-Rodriguez had given birth to a child and in 2007, that Clint Eastwood had visited Hueso’s office, which Molina-Rodriguez said “made everybody’s day.” She is a Latina and a graduate of Sweetwater High School. She has been quoted as saying that her former boss, Ralph Inzunza, liked to call everyone “buddy.” In 2005, she made $101,982 as Hueso’s chief. Her spouse is the owner of Rod’s Rooter plumbing.

She was asked if Inzunza “had policy discussions outside of council meetings” and said, according to the summary, that “he would usually discuss policy issues in informal meetings rather than formal ones.” Talk in the hallways of the tenth floor was sometimes about policy, but, she said, she didn’t recall Inzunza’s discussing any specific issues. She did remember Inzunza buying five years of service credit toward his pension.

In 2003, Molina-Rodriguez said “made Rol’s Rooter plumbing.

RESEARCH STUDIES

Heavy drinkers not seeking treatment

Investigators at The Scripps Research Institute are currently seeking volunteers who consider themselves to be heavy drinkers and do not have any desire to stop drinking. The purpose of this research is to study the effect of potential medications on factors related to drinking.

Earn money for completing 4 study visits that take place over 3 weeks.

This study does involve taking a medication or placebo for one week.

To learn more about this local study, please contact:
San Diego Sports Medicine and Family Health Center • 619-229-3909

Sprained ankle pain patch study

Local doctors are currently looking for adults who are experiencing pain due to a recent ankle sprain to help evaluate the pain-relieving capabilities of investigational medication patches when applied directly to the injured ankle.

To be eligible for this study, you must:
• Be 18 years of age or older, AND
• Be experiencing pain from an ankle sprain that occurred within the past 48 hours, AND
• Not have taken any pain medication or used compression to treat your ankle sprain.

Qualified participants will receive study-related medical evaluations and study patches at no cost. Reimbursement for time and travel may also be provided.

To learn more about this local study, please contact:
San Diego Sports Medicine and Family Health Center • 619-229-3909

CLINICAL RESEARCH

SCHIZOPHRENIA • DEPRESSION • BIPOLAR DISORDER

Researchers at Sharp Mesa Vista Hospital are currently enrolling men and women in inpatient and outpatient studies.

Eligible participants may receive all study-related care at no cost, and may be reimbursed for time and travel.

Participation is confidential and trials are safely conducted under the supervision of experienced physicians and research specialists.

To learn more, call the Sharp Mesa Vista Hospital Clinical Research Center at (858) 694-8350.
Rodriguez testified before a federal grand jury about Inzunza’s role in Stripper-gate. At the time, her lawyer said that “she believes in her boss, and she is confident she did nothing wrong.”

Ben Hueso has filed papers to run for the state Assembly in 2010. Already, speculation is afire about his replacement. Assemblywoman Lori Saldana has made her preference known: she wants a woman of color to run for the District 8 seat. According to the Voice of San Diego, Saldana discussed a successor with Hueso. She says he told her there was “a woman on his staff who was interested in running and that she decided not to.” He didn’t identify her. Saldana said she thought a staffer as a candidate was a bad idea: “There are 450,000 people in my district. I think there’s a lot better choices than just looking across the desk.” Hueso has endorsed his brother Felipe for the seat.

Legislators vs. Staffers
One of the most critical views of those tempest-tossed souls on the tenth floor comes from long-time city hall muckraker Pat Flannery. The white-haired, blue-eyed Irishman with 32 years in our fair city has been brokering real estate for decades. He’s also a former investigative journalist with the Irish Times. Recently, as he lunched on chicken pasta and I on a Greek salad, we discussed his well-read, often wonky blogofsandiego.com. On it, Flannery monitors what he calls the city council “love nest” — that virtual bed in which councilmembers, lobbyists, business owners, union heads, and staffers lie down together. He bristles at the idea that citizens have so little access to councilmembers. As he

Are you currently diagnosed with Schizophrenia?

You may qualify to participate in a research study involving an investigational medication. Qualified candidates will be compensated for time and transportation up to $1950.

Call 619-481-5252 for more information.

The California Neuropsychopharmacology Clinical Research Institute, LLC “CNRI, LLC”

Overweight Volunteers Needed for VA Endocrine Study

You may be eligible if you:
• Are a Male age 40-65 and a Non-Smoker
• Have a Parent or Sibling with Diabetes
• Have no history of psychiatric illness and are taking no psychiatric medications
• May be pre-diabetic or borderline diabetic (but not diabetic or taking Diabetes medications)

Participants will be asked to:
• Come for two outpatient visits
• Come for one overnight stay

Total Compensation: $500

If interested, contact Tanya Baker at:
(858) 552-8585 x2875 or tanyab@ucsd.edu

Attn: Heavy Drinkers

Researchers at The Scripps Research Institute are working to develop new treatments for people with alcohol problems.

Is your current alcohol use causing problems with your family, your work, your life?
If you want to stop drinking, The Pearson Center for Alcoholism and Addiction Research is conducting a clinical trial to help you reach that goal.

Qualified participants receive lab tests, medication or placebo, individual counseling and compensation for travel. All information is confidential.

Call: 858-784-7867 (STOP)
Or visit: www.pearsoncenter.org

WANTED Healthy Adults

• Do you have naturally medium to dark skin color that rarely burns in the sun?
• Do you think your lips are too thin?

If yes, you may qualify for a research study to test an investigational lip treatment.

Qualified participants will be compensated for time and travel.

For more information call:

Therapeutics Clinical Research
619-512-3376
RESEARCH STUDIES

DELUSIONS, CONFUSED THOUGHTS, FEELING PARANOID...

COLD A MONTHLY INVESTIGATIONAL MEDICATION BREAK THE CYCLE?

SCHIZOPHRENIA is an illness that affects the way a person sees reality. A person with schizophrenia may have distorted thoughts, and see or hear things that aren’t really there. It takes continued treatment to control the effects of schizophrenia. Many people diagnosed with schizophrenia deal with their illness every minute of every day, and may need to take daily medications.

Although there is no cure for schizophrenia, research is under way to find new treatments. The ASPiRE study was created to evaluate a new investigational long-acting medication. Although there is no cure for schizophrenia, research is under way to find new treatments. The ASPiRE study was created to evaluate a new investigational long-acting medication.

All participants will be monitored by a medical team, including a nurse or study coordinator and the study doctor. Ask your doctor if the ASPiRE study is right for you. Go to www.AspireStudy.com or call the number below for more information.

University of California, San Diego
Department of Psychiatry
San Diego, CA 1-866-550-UCSD

HEALTH AND BEAUTY

Erectile Dysfunction? Premature Ejaculation?
You Can Last 30-60 Minutes!

See Results During Your First Consultation!
Consultation includes: private office visit, diagnostic testing, medical evaluation, and a demonstration of the successful treatment results.

The Boston Method® works even when Viagra® and Cialis® fail.

If you or someone you know is between the ages of 18 and 80 and have schizophrenia, you may be eligible to participate in the ASPiRE research study.

Throughout the study, participants will receive, at no charge, study-related:
• Mental health assessments
• Physical exams
• Laboratory tests
• Study medication (pill or monthly injection)

If you or someone you know is between the ages of 18 and 80 and have schizophrenia, you may be eligible to participate in the ASPiRE research study.

Throughout the study, participants will receive, at no charge, study-related:
• Mental health assessments
• Physical exams
• Laboratory tests
• Study medication (pill or monthly injection)

Perfect smile in one day!
Permanentstraighten and whiten your teeth in one visit with porcelain veneers and crowns.

invisalign®
$2500-3500
as low as $185/month
Based on individual case. O.A.C. Payment plans available.

White Smile. White Now!
As seen on Extreme Makeover
Zoom® Advanced Power Plus
$250
Save $50 after discount (reg. $300).

Full-Service Dental Clinic
White Fillings • Root Canals • 1-Day Crowns
Emergencies Seen Promptly

Smile Designers
Family & Cosmetic Dentistry
Leila Khansari, D.M.D. • Reza Rafie, D.M.D.
3365 Rosecrans Street, Suite C
San Diego, CA 92103
888-327-9914
sdsmiledesigners.com

Perfect smile in one day!
Permanent straighten and whiten your teeth in one visit with porcelain veneers and crowns.

invisalign®
$2500-3500
as low as $185/month
Based on individual case. O.A.C. Payment plans available.

White Smile. White Now!
As seen on Extreme Makeover
Zoom® Advanced Power Plus
$250
Save $50 after discount (reg. $300).

Full-Service Dental Clinic
White Fillings • Root Canals • 1-Day Crowns
Emergencies Seen Promptly

Smile Designers
Family & Cosmetic Dentistry
Leila Khansari, D.M.D. • Reza Rafie, D.M.D.
3365 Rosecrans Street, Suite C
San Diego, CA 92103
888-327-9914
sdsmiledesigners.com
accounts” for questionable contacts or business. For much of their correspondence, he notes, “They use Gmail or Yahoo accounts,” emails the City does not store. “I learned that early on,” he says, mimicking a member’s admonitions: “Don’t call me on this number, call me on that number. Don’t email me at sandiego.gov. Better still, fax it to me.”

“You would need a federal subpoena to bust into a Gmail account. They guard those with their lives — as sacred as the Delaware LLC. Therefore, what [a journalist is] going to pick up will be extremely well sanitized.” What’s more, he adds, “I’m not going to accuse anyone of anything. All one has to do is look at the coziness of the whole thing.” As an example of this coziness, he cites two chiefs, Aimee Faucett and Jaymie Bradford, who run the offices of the two Republican council members, Faulconer and DeMaio. Both women cut their teeth under Jim Madaffer. Faucett and Bradford “could finish each other’s sentences. They know what each other is thinking.”

Faucett, Flannery says, “managed to convince Madaffer that she could get him elected — and she did.” So, too, did Bradford persuade DeMaio that he needed her to win. Following DeMaio’s victory last November, he “did not choose Jaymie. She chose him. I’m sure no one said that to him,” that he had to hire Bradford. “But I’m sure it became very clear.”

Such savvy extends to another lioness, Jamie Fox-Rice. Flannery says she is a ferocious campaigner: “I wouldn’t want to tangle with this woman; I’d end up a eunuch.” Flannery notes that “she’s a good

HEALTH AND BEAUTY

Less expensive than Botox and restylane

Look 10 years younger without surgery!

We guarantee to eliminate 100% of your wrinkles with a non-surgical facelift!

For men and women
25 years’ experience
1-888-581-0353

Promotional Offers:

All-Porcelain Crowns $450
Root Canals $490
Simple Extractions $95
Fillings starting at $75
Porcelain Veneers $740
4 Veneers $2800
6 Veneers $3900
Free X-Rays

Promotional offers cannot be used in conjunction with insurance.

San Diego Reader September 3, 2009
example of the kind of power you can demand if you get someone [Todd Gloria] elected when [victory] wasn’t a sure thing."

Flannery says the system is counterintuitive: councilmembers work for their chiefs. Just the opposite of what we think. That’s its beauty. “It’s totally amazing, it’s totally unknown, and that’s real political power. Rasputin had more power than the Czar.”

To guard against the concentration of such power and proximity, Flannery would like to “break up the tenth floor. The tenth floor is per se a continual violation of the Brown Act.” Flannery would have the chiefs and the staffs reside not downtown but in district offices. He compares the submarine environment of the tenth floor to his youth’s nemesis, the Catholic Church: “The priests used to tell us that when a boy is sitting next to a girl, there’s no doubt you’re going to put your hand on her. It’s an occasion to sin.” The council chamber’s love nest, he says, is an occasion for the councilmembers and staffers to commit political sins.

Protecting the Fiefdom

Since 1992, when term limits were set — two consecutive four-year terms — no city council incumbent has lost an election. This means that staff members also serve for long periods. New candidates must wait for an open seat: witness last November’s victories by Lightner, DeMaio, and Emerald. But these three all chose city hall insiders to be their chiefs of staff.

I ask Richard Ryder, head of San Diego Tax Fighters and a frequent pain in the council’s neck,

“I wouldn’t want to tangle with this Jamie Fox-Rice; I’d end up a eunuch.”

HEALTH AND BEAUTY

Free consultation for implants! With immediate-function dental implants, patients receive immediate results never before available with other implants. The only implant approved by the FDA for immediate load. No waiting period. Tooth placed on the implant the same visit and you can eat immediately.

Delayed Load Implant as low as $700 (excludes crown)
Immediate Load Implant $1900 (excludes crown)

With this ad. Expires 9/17/09.

Complete dental care:
Exams/Cleanings
Root canals in one visit
$250 anterior tooth
Have an attractive smile
with Lumineers
Non-invasive sinus floor lift
& bone grafting

Dr. S.T. Sawa 619-401-0444
407 W Madison Ave • El Cajon
Visit us online:
immediatetoothreplacement.com
instantdentalcare.com
sargondentalimplants.com
especially on tax, pension, and conflict-of-interest issues, why aides and chiefs have so much clout. Ryder cites careerism: most chiefs have been working in the “staffing profession” for years. He calls it an “aristocracy” in which many staff positions are like “hand-me-downs.” In fact, Ryder says, there’s a way it’s done. You get a staff position, and as an aide, you spend time in the community at planning-board and civic meetings. All of which creates “a huge support base, at taxpayer expense.” In effect, the road to the city council is paved within. Staffers make political connections and build community presence on the job.

Of course, not all staffers follow this route; not all have political ambitions. But, Ryder says, a few are “out there campaigning and getting reimbursed at city expense.” Until recently, staffers and city councilmembers were given a “massive” driving allowance. Ryder helped end this practice because, he says, “most of what they did was campaigning.”

With 10 years of service, a city employee qualifies for a pension. Ryder says that it’s a big problem for those in the “pension-screening process” — the board, the politicians, the staffs, the analysts — that they all can influence pension decisions. “Particularly the staffs who bounce from place to place, who go in and out of elected office as well, they end up with 15 to 20 years.” These long-timers face, he says, a “huge conflict of interest when controlling pensions.”

Ryder notes that when staffers run for council, “They typically get endorsed by the guy going out.” The way the system moves a staffer to the council is “very hard to beat unless you bring some exceptional credentials or high visibility, like Carl DeMaio.” The system is, he says, “hereditary — not based on family but based on employment.” Such a system, he believes, “incentivizes” people to do the wrong things — pay-to-play schemes, voting for all pension benefits, and more. But if we blame staffers or any public employees for what they do, we are, he says, missing the point. We shouldn’t be surprised when they seek their interest over ours. “There’s nothing evil about it. It’s human nature. We have to understand that.”

What Was True Once
Is True No Longer
Wes Pratt, former councilmember in District 4 (1987–1991), tells me by phone from his home in Springfield, Missouri, that he picked his chief, Jennifer Adams-Brooks, because of her “temperament. She had keen intelligence and insight, an excellent way with people.” Her experience with
private companies in land use also helped. Pratt himself began as an aide for Assemblyman Peter Chacon. In the 1980s, he became a staffer for county supervisor Leon Williams, eventually becoming his chief of staff. On the council, Pratt says he liked to be well informed: on a given issue, he wanted to know how other councilmembers felt, how his constituents felt, and how his staff felt. After he heard others’ opinions, he’d make his decision. What was so helpful about Adams-Brooks is that she understood his “very deliberative style.”

When Pratt ran for city council, his boss, Leon Williams, initially supported George Stevens. Pratt says he wasn’t picked or anointed by anyone, despite District 4’s reputation as a place where councilmembers seem perennially to come from within the staff. And he says he never groomed anyone for his position, either in or out of office: “I wasn’t interested in building a kingdom.” He notes that it wasn’t the loss to George Stevens in 1991 that soured him, though it was “disappointing.” He never “wanted a career in politics.”

I tell him that the chiefs won’t talk. “Really?” he says. “You’re kidding me. I don’t know what to think. I never had a problem with my chief of staff talking to the media. I don’t understand that apprehension.” Pratt wondered whether we, Reader writers, had been writing bad things about them. Before calling him, I had contacted Jennifer Adams-Brooks, who referred me to her old boss. She didn’t want to talk either: “She is someone who doesn’t want to be in the public eye. She doesn’t want to toot her own horn. She’s more of a public servant.”

Abbe Wolfsheimer-Stutz, a councilmember for eight years, left in 1993. Recently she told me that choosing a chief of staff when she was elected in 1985 was easy. Joanne Johnson was a “marvelous” chief of staff, “a dynamo” who had staff experience in Michigan and who also served as Wolfsheimer-Stutz’s campaign manager. Johnson was a good choice because “I like to surround myself with people who have a discipline I don’t have. She was a perfect match.” For Wolfsheimer-Stutz, Johnson administrated the office;
FREE $25 Gift Card

When you spend $150 or more at re: vive. Must present ad. Card is valid on future visits. Limit one per client. Offer expires 9/30/09.

$199 Teeth Whitening
Faster and brighter than Zoom and BriteSmile with less sensitivity. Performed by a dentist in a relaxing spa setting.

Botox $175 per area *
Frown Lines, Forehead Wrinkles, Crow’s Feet
*Max 20 units one area. Additional units $8 each.

Juvederm $349/syringe
Smooth and natural results that last longer than Restylane, up to one year!

Laser Hair Removal: New Pricing!
Lip or Chin $40 • Underarms $60
Brazilian $125 • Lower Legs $145
Lower Arms $95 • Full Back $275

No package purchase necessary! Pay as you go or buy five and get one free. Effective and safe on all skin types

Med Spa • Teeth Whitening • Waxing
Massage • Skin Care • Hair Studio
Cosmetic Bar • Nail Lounge

1425 Frazee Road, Mission Valley
1-888-256-1806 • revivesalonandspa.com

Voted Best Medi Spa 2007 & 2008 CitySearch
Owned & Operated by Vishal Verma, MD and Vinita Parekh, DDS

Some restrictions apply. Not valid with any other offers.
Call to schedule a complimentary consultation.
paid bills; hired and fired staff; oversaw the calendar and mail; planned staff meetings and set agendas; met with constituents when they had problems and questions; and reviewed council dockets for issues Wolfsheimer-Stutz was interested in, issues important to the district, and issues crucial to the city as a whole. In terms of policy, staff members would advocate for their specialties and try to convince her to vote a certain way or to become as informed as they were.

While Wolfsheimer-Stutz says she didn’t vote on pension decisions, she recalled some councilmembers in the late 1980s voting to “sweeten” their health-care benefits. One change she has noticed with councilmembers nowadays is that each one has a media or public relations person. It’s often the chief. “Back then that was unheard of. Nobody put out newsletters telling everyone what good deeds you have done. Reporters hung out in the hallway and asked us, ‘Is anything new? They were very unstructured.’

These days, she is more than a little sour on the council. She finds many of the members, not necessarily their staffs, “lazy. They’re rarely in the office. They rarely go to meetings. They cancel half of their meetings every month. We never budged. We worked all day, at our desks from eight to seven. Out in the community every night and on the weekend.”

I ask Wolfsheimer-Stutz, if a reporter called to interview her chief, would she have encouraged the contact? “Absolutely.” She can’t fathom why they won’t talk. Maybe they’re protective of what power they do have.

“There were chiefs of staff when I was there,” she says, “who ran the whole office — and the policy. And anything else. Who literally told the councilmembers how to vote. One of them was John Kern. John Kern worked on my campaign and went on to become Judy McCarty’s chief of staff. She didn’t go to the bathroom without permission from him.”

Kern served as chief to a string of District 7 councilmembers: Larry Stirling, Dick Murphy, and McCarty. He became Murphy’s chief again in 2000, when Murphy was...
Featuring Sleep Sedation Dentistry “Sleep through your procedure”

Visit our website: www.softtouchdental.com
Close spaces, correct crowding and brighten your smile with Empress Veneers!

Porcelain Empress Veneers $749 per tooth (Reg. $1100 per tooth)
Free cosmetic consultation. Limited time only!

Invisalign and Invisalign Express
from $2,000-$3,500

FREE Invisalign Consultation
$0 down, 0% interest
For 24 months OAC. No insurance needed.

Implant Specials
FREE Implant Consultation
FREE 2nd Opinion

FREE Implant Consultation
FREE 2nd Opinion

Exam and Cleaning
$49 in the absence of gum disease

ZOOM!
Whiten your teeth up to 8 shades lighter in one hour!
Free custom bleaching trays with ZOOM!

$249 Elsewhere $600. As seen on ABC’s Extreme Makeover.

Same-Day Emergency Appointments Available!

www.softtouchdental.com
888-262-0673
Dr. Fakhimi, DMD
Family and Cosmetic Dentistry and Orthodontics
3735 Clairemont Mesa Blvd. (at Clairemont Drive) • Visit our website for a virtual tour!
Most insurance accepted • Financing available • Military discounts • Senior discounts
Discover, MasterCard, Visa, American Express, ATM
lected mayor; there Kern was one of the highest-paid city officials, earning $153,528, which was $72,000 more than his boss took in. (In his interview with Kroll Report investigators, Kern identified his chief’s role as the “troubleshooter” and “political go-to person.” He said many on the staff spoke with him before speaking with Murphy.)

Wolfsheimer-Stutz says that in her time the chiefs weren’t a professional class. They are now. “A lot of the chiefs today have grown up in that position, and they haven’t really learned anything in their lives except what the political system in city hall is. They’ve been trained from ground zero all the way up.”

Kathryn Burton, who served as managing assistant city attorney during Mike Aguirre’s reign, divides the council and staff into two types: political animals versus public servants. Like usually attracts like, she says. For instance, with Donna Frye, her chief of staff, Steve Hadley, is like a Donna in training. Burton recalls trying to get a neighborhood park open for kids and calling on Hadley, who was on the staff of Councilmember Harry Mathis in 2000. The park was ready to go — “grass and swings and playsets” — but it was fenced, so the kids stood around, clutching the chain link and wanting in.

“One night after a planning board meeting, I grabbed Steve and I said, ‘I really need to know why the kids can’t get in the park.’ He said, ‘Let’s go see.’ Here he was in his suit, and he climbed over the fence — I thought he was going to tear it. He climbed in and climbed back over, and he said, ‘It looks ready.’ He started working on [the park’s approval] the next day, twisted a few arms, got things expedited, and it was open. I’ve never forgotten him. Then he ends up being the chief of staff for Donna Frye. People end up with like-minded people.”

She says other chiefs are chosen because they know how to play hardball; chiefs “let [the councilmember] look good.” When Sherri Lightner in District 1 (“a wonderful improvement over Scott Peters, who’s never been my favorite guy and is the antithesis of the public servant”) hired John Rivera...
to be her chief,"I thought he was up-front and honest. I think she hired him because he knows the downtown scene. I think she was smart enough to realize that she was in a perilous situation with the sharks down there who knew the ropes in a way that she didn’t — since she’s more of a land-use person."

Overall, she says,"Lots of people get recycled." They often get "anointed and receive the endorsement. You don’t get too much different that way." Most of the time, she says, "The constituents have very little to do with" what gets done because people "are using the council as a stepping stone for their next political gig." I mention Ben Hueso, and we both laugh.

A Political Gerontocracy

For decades, one of the prickliest thorns in the council’s side has been attorney Bruce Henderson. A councilmember from 1987 to 1991, he later brought suit against the City for its shady financial arrangements in building the Padres downtown stadium. When I complain to Henderson that the current chiefs aren’t talking, he says that besides my being from the Reader, the rule of thumb in politics is that the politician’s name and not the chief’s should be in the news. That said, he believes the real reason they won’t talk is that they can’t “justify their jobs.”

What’s their job?

Henderson wants me to understand first that their true job is not the same as the job they actually do. “Staff is supposed to identify and deal with their constituents’ concerns. And second, [members] should see to it that there’s a staff in place” so that when members go to a meeting, they are “thoroughly briefed” on issues.

Council staff members are “supposed to have the background that allows them to dig into documents and understand them.”

As an example of what happens when no one on the council staff has the “skill set” necessary to evaluate documents, Henderson cites a spreadsheet produced by the city manager’s office in the 1990s. It showed that by 2010, the Padres would be paying the City millions of dollars in rent at what is now Qualcomm Stadium. Although council staffers had inquired about Padres revenues, they “never went beyond this bizarre representation that the Padres would be paying these huge amounts of net rent.” Henderson says this deal didn’t “compute — there’s no backup that tells us how they arrived at their numbers.” As it turned out, he says, there was no

---

**HEALTH AND BEAUTY**

La Jolla Cosmetic Laser Clinic, Nasrin Mani, M.D.

#1 Thermage provider in Southern California

2009 BOTOX Platinum Award Winner!

New! Dysport® (Alternative to Botox): $4 per unit

Thermage Face and Eyes: $2,900

Body by Thermage (belly, thigh, or buttocks): $200 off

3 IPL photofacial + 1 Jessner Peel: $750

BOTOX® $10 per unit + $50 rebate (reg. $11 per unit)

Hurry! Rebate exp. 9/30/09

$100 Rebate when you purchase

BOTOX and Juvederm Ultra or Ultra Plus syringe

Juvederm Ultra Plus: $450 per syringe (reg. $550)

Radiesse 1.5cc syringe + 25 units of Dysport: $550 (value $750)

1 FREE Latisse® eyelash enhancer with any purchase over $550

Offers expire 9/30/09.

**ARTEFILL® permanent filler is here!**

$900 per syringe (reg. $1,200)

www.LaJollaLaser.com

**Thermage®**

- ActiveFX/DeepFX CO2 Laser
- Fraxel II Laser
- Photofacials (IPL)
- Photodynamic Therapy with Levulan™ (PDT)

**Laser Hair Removal**

- Laser Leg Vein Treatment
- Sclerotherapy
- BOTOX®/Dysport® Fillers (Temporary & Permanent)
- Cellulite Treatment

**Lipo-Dissolve**

- with Mesotherapy
- Melasma Skin Lightening
- Acne BLU-U
- Microdermabrasion
- Visia™ Complexion Analysis

1111 Torrey Pines Road • Ste. 102 • La Jolla, CA 92037 • 858-454-2700 • www.LaJollaLaser.com
Breast Augmentation $4250

“I would recommend Dr. Pietraszek to anyone considering cosmetic surgery. I am so happy with my results!”

**Eyelid Lift $2995**
Tummy Tuck $7950

**THE LA JOLLA INSTITUTE OF PLASTIC SURGERY**
James Casimir Pietraszek, M.D.
Board Certified Plastic Surgeon
25 years of plastic surgery experience

Free consultation 858-450-3377
Financing available.
plasticsurgerylajolla.com

Member

**AMERICAN SOCIETY OF PLASTIC SURGEONS**

Restrictions apply. Call for details.
Office expires 10/5/09.

HEALTH AND BEAUTY

Introducing Latisse™ — FDA-approved treatment to grow longer, thicker eyelashes!

**Latisse**
Buy 2, get 1 free until 9/30/09

**Active FX CO2 laser $1,500 full face**

**Isolaz™ Acne Treatment**
Painless laser treatment for acne. Includes Blue Light.
Call for acne packages.
$225 per treatment
$200 each when pre-purchasing a series of 3 ($600)
$175 each when pre-purchasing a series of 6 ($1050)

**Restylane® $399 1cc **

**Perlane® $420 1cc**

**Juvéderm Ultra® $399 1cc**

**Juvéderm Ultra Plus® $550 1cc**

**Photo Dynamic Therapy $400**

**Dysport $4/ unit 30 units per area**

**Botox $50 rebate** with 1 area (20 units) until 9/30/09.

**Evolence $50 rebate** with 1cc syringe until 12/31/09.

**Laser Hair Removal**
Upper lip $40, Chin $45, Underarm $45, Bikini line $99, Brazilian $150

**Thermage • Call for prices**
The only FDA-approved skin tightening for face, eyelids and body.

**Radiesse® $420 1.3cc**

**IPL Photofacial Full Face $199**

**Fat Transfer • Call for prices**

**Face Lift**
Little downtime
No general anesthesia

**Call today for your custom consultation.**
We will tailor a plan to suit your specific needs. **Model**

**Mario S. Yco, M.D., F.A.C.S.**
Board Certified by the American Board of Facial Plastic & Reconstructive Surgery

**Gretchen Taylor, M.D.**
Board Certified Otolaryngologist

**Sarina Brumley, PA-C**
www.facesurgery.com

**Actual patient**

agreement “with the Padres to pay any net rent.”

The civic center proposal currently floating around city hall is a current example. “Who among the chiefs of staff,” Henderson asks, “has a background for reviewing documentation like that?” None, he says. “If they don’t, do they hire someone who does?”

Another critical issue is budgets. Henderson says only DeMaio’s staff in District 5 is qualified to do such work. With the chiefs, he says, his tone bordering on disgust, “Their real job is getting the boss reelected and setting themselves up to run for office.”

Glen Sparrow echoes Henderson’s concern. Now that we have a strong-mayor form of government, Sparrow sees the onset of what he hopes is a trend in how council offices are run. “Instead of hiring people to handle complaints or to get them reelected,” he says, “more councilmembers should, as DeMaio and Faulconer have already done, be ‘hiring policy people…to have at least one person on their staff to understand what a budget is.” For the last two decades, Sparrow says, “The staffs have been assured of reelection, taking care of the constituents and potholes and barking dogs. They need to get rid of those glad-handers who go out to the communities and replace them with people who understand how the City operates.”

All too often, Henderson says, “Most councilmembers operate on the basis of what we don’t know won’t hurt us. So, ‘Don’t tell us anything.’ They tend not to ask questions, not to read back-ground material, not to be concerned with whether or not the mayor’s office is fully informing them.

If a councilmember says — or implies — to his chief of staff, “I don’t want to know anything,” then he has deniability.”

During his tenure, Henderson says, “That’s what I thought all my fellow councilmembers did — to be honest with you.”

He admits he has no proof that anyone ever said, “Don’t tell me,’ but my experience was, they didn’t want to know.” He says he’d talk to councilmembers about issues, and they had no idea what he was talking about. “Some would, and some wouldn’t listen. You
couldn’t have a discussion with them.”
In 1987, Henderson hired Jim Sills, a political consultant, as his chief, in part, because Sills was Henderson’s campaign manager. As a former chief for county supervisor Paul Fordem (1981–1984), Sills had “a profound knowledge of how government works. He could bring documents up to me and say, ‘Here are the key decisions that need to be made at the next meeting.’ He would carefully go over the agenda and identify issues I needed to look at. And we would have that discussion. The difference for me, as a lawyer who’s been involved in a lot of financial deals and reviewing contracts, I had a thorough background that allowed me to review budgets. I didn’t need to hire someone who had those skills. Jim ran the office and saw to it that constituents were served. He’d review the docket and look for things that were being hidden from us. There was a lot of stuff. That’s the name of the game. Voluminous documentation is dropped on you, at the last possible moment, so you won’t have time to go through it. That’s also part of the game.”

By phone, Sills recalls the late Paul Fordem, who told him once that he “liked my energy level, that I had a long memory, could remember details, and that I was well organized and loyal to him. It was similar with Bruce. Some of those who advised him were trying to get him to change his views on certain issues. I never did that. I just try to find out what the candidate believes, then help him communicate that to the voters. Bruce said, ‘Jim lets me be me.’”

As for chiefs running for council, Sills says that in his day it was “almost unheard of. If they did, they lost and lost ignominiously.” Also “a rarity” was making a career out of being a staffer, Sills says, unlike today. He says that he’s “sorry to hear” that some of the higher positions are taken by career staffers. “It’s good for the city to have new blood. When I was Bruce’s chief, we went out of our way to bring in people who were not affiliated with the City. When I mention that the chiefs won’t talk, Sills says he’s “surprised. When I worked in the County and the City, no one wrote the type of story you’re writing. If I could give them some advice — which they haven’t asked for — I would urge them to talk to you. They should be proud to tell their story.” He notes that in 1990 he would have spoken with a reporter. What’s more, his boss, Bruce Henderson, would have approved of it.

Lose Inches Without Surgery in Just 2 Weeks!

Introducing Zerona
New FDA-Approved Laser for non-invasive body contouring

NO PAIN
NO DOWNTIME

20% Off this procedure & Free Facial & Massage
with mention of this ad.

GET YOUR BELLY TONED, TUCKED & TIGHTENED!

Ask about our "Result Guarantee" Program

Spa Week!
September 14-20

Louisianna Seafood Specials

- Seafood bisque
- Grilled fish
- Shrimp etouffee
- Fried oysters
- Seafood gumbo

Stop in for Lunch & Dinner

Vein & Liposculpture Center
Certified by the American Board of Surgery
8881 Fletcher Parkway, Suite 241, La Mesa ~ 619-697-1325
www.veinlipocenter.com ~ Financing Available
Does Henderson agree with Pat Flannery’s assessment of the chiefs and their staffs, that they’re a kind of shadow government? “I agree 100 percent. And that’s because most councilmembers are lazy. That was my experience. Politically they were active. But when it came to intellectually analyzing the problems that came before the City, I thought it pathetic.”

What gets Henderson’s goat is that councilmembers who want to be advocates for particular issues or neighborhoods don’t recognize their shortcomings. They don’t hire people “to give them independent advice” about things they don’t know — and voilà, another scandal.

Henderson says that the “net result” of hiring politically minded chiefs and staff is this: “a tremendous transfer of power to the mayor’s office. Even though there’s a lot of chatter, there’s very little effective oversight by councilmembers.”

To the City’s detriment, Henderson says, most chiefs and staff members gain stature and insure careers via long-term loyalty and unquestioning support of their council boss.

“I say it’s a political gerontocracy.” Henderson says. “He who’s been there longest has the most power.”

“I agree 100 percent.” — Thomas Larson
SAFE & PROFESSIONAL SERVICES DON'T HAVE TO BE EXPENSIVE!


Juan Carlos Fuentes, M.D. Corresponding member of the American Society for Aesthetic Plastic Surgery. Dr. Fuentes and his bilingual staff provide first-quality results in all fields of Plastic Surgery, performed in a state-of-the-art surgical facility. For more information please call us: 619-428-4803, or visit us online. www.juanfuentesmd.com


SKIN CARE
End of Summer Sale
September 9, 10, 11
Free Latisse with purchase of $500 Botox or Juvederm
Botox® $9/unit (plus $50 rebate) • Dysport® $4/unit
Restylane® 1cc $295 (plus $25 rebate) • Perlane® $345 (plus $25 rebate)
Juvederm® $295 • Juvederm Plus® $345 • and Radiesse® $395
Artifill® (permanent fillers) $895 • Latisse® $95

Dr. Parvin Mani is a
Platinum-Plus Award Winner
for Juvéderm Voluma
Platinum Award Winner
for Restylane
Platinum Award Winner
for Perlane
Platinum Award Winner
for Botox

> Labioplasty $1495
  by board-certified gynecologist.
> Vaginoplasty $1495
  "Vaginal Rejuvenation" $2500
  by board-certified gynecologist.
> Cellulite Treatment with Velasmooth® $95
each with package of 10.
> Mesotherapy Fat Reduction $125
each with a package of four
> Photodynamic Therapy (PDT) $295
treatment. For severe acne.
> IPL Photo Rejuvenation with Lumenis One $125
each with a package of four.
> Cosmelan RX Peel $595
Skin depigmentation for brown spots.

State-of-the-art Thermage Technology with advanced tips for skin tightening and contouring:
> Face with 900 STC Tip $1,495
> Eyes with 450 STC Tip $1,195
> Abdomen, thighs or arms with 1200 Dc Tip $1,995
While supplies last.

Parvin Pam Mani, M.D., F.A.C.O.G.
5555 Reservoire Drive, Suite 208 by SDSU, off Alvarado Road • (619) 583-7555 • www.sdsucosmeticlaser.com
Call for a free consultation. Facial products and gift certificates available. Saturday appointments available on request.

Lose pounds & inches
FAST! FAST! FAST!

Rodex Forte
Vital link for energy and metabolism! Call for details!
Our doctors and nurses have changed thousands of lives for the better, which is why our program has been #1 in San Diego.
We can help you take off those extra pounds and keep them off.
At least call now, and you will be on your way to a slimmer, trimmer you.
We’ll show you how.

Free Consultation
plus $50 Off Initial Fee.
Bring a Friend!
Get 2 Free Weeks
for Both of You!
With this ad, hurry! Good through 9/21/09.

A Doctor’s Weight Loss Clinic
Clairemont (858) 279-7060
Carmel Mountain Ranch (858) 673-8889
El Cajon (619) 440-8171
Oceanview (760) 721-0788 • Chula Vista (619) 476-0060
Murrieta (951) 894-7737 • Riverside (951) 784-5336
4weightclinics.com

*Individual weight loss may vary.

Free Sedation Dentistry!
Dental Implants • Cosmetic Dentistry • Invisalign Orthodontics • TMJ • Sleep Apnea

Free Home Whitening Kit
After complete exam, x-rays and cleaning.

San Diego Reader — Sept. 3, 2009

LETTERS

continued from page 12
would translate well into a sort of a fictional autobiography.

Back When
Published Aug. 26
Posted by 3Daniels on Aug. 26, 3:28 p.m.
I’ve written before to ask why are the chances of Mr. Smith’s excellent read for six installments and capers. In sum, just an old trick! I posted by Reader_Web_Admin on Aug. 27, 8:12 a.m.
Reader archives (sorted by issue date) can be found at http://www.sandiego reader.com/archives/

Feature Story — Dr. Jekyll and Mr. Dare, Pt. III
Published Aug. 26
Posted by Prosperina on Aug. 26, 9:09 p.m.
as always, a great story with compelling characters, fabulous and fun detail of historical places as well as the main story — what a blast this series was — one of my favorites so far.

Feature Story — Unforgettable: A Walk on the St ingy Side Part 6
Published Aug. 26
Posted by Henry SloanIII on Aug. 27, 9:29 p.m.
Intriguing, captivating series to say the least. It’s been interesting to walk around down there and picture those of those long ago (foundational!) situations and capers. In sum, just an excellent read for six installments. The subject matter is fascinating and the author is a master craftsman. What are the chances of Mr. Smith’s historical writings on San Diego reaching print in book form? I’d wager there would be a market for it.

Diary of a Diva
Published Aug. 26
Posted by shizzyfinn on August 31, 2009
Aug. 26, 2:23 p.m.
Four falling back on the cell phone confirms my theory that people who whip their phones out while alone in public are often doing so solely to fight off the fear that comes with potentially being talked to by a stranger, which very well might have turned out to be a pleasant experience - especially in an environment like a playground, where the strangers in attendance likely share at least one common interest with the solo flyer.

Next time, try to stick it out without resorting to the mePhone - that is, iPhone. You just might enjoy an interesting and fresh conversation, while helping make the world a little more friendly a place.

Cover Story
Published Aug. 26
Post by granpaguy on Aug. 27, 8:24 a.m.
When I read this article it reminded me last Sunday I was sitting at the Star Bucks on Felton and a parade of gorgeous low rider cars went by. Long shiny bouncy beauties. So, I followed them to the St. Didacus Church on down Felton. It was a wedding. The cars parked in the lot next to the church. I stood by with my half of a venti coffee and watched young men get out of the cars and put on tuxedos. Regular cars parked in the lot across the street and regular looking people got out of these cars and went into the church, dressed in regular clothes.

I asked the young men, big guys, if I could look at the cars, because one of them looked like a buick my dad owned back in 1945. His parents bought it for him. I wished I had the picture to show these guys. A few months after my grandparents bought this buick for him, he crashed it.

As I turned towards the cars, two police cars pulled up and parked on either side of the church parking lot. Two young cops got out. The wedding members didn’t look at the cops. I said, “I wonder why the police are here?” One young man murmured “Don’t know.” I said, as I walked towards the Blue Buick, “It’s the cars.” I heard one of the young men say, sarcastically, “Yeah, the cars.”

The police stayed long enough to deduce that this was indeed a wedding and then drove away. I walked admired the steering wheels and shiny hooded and walked back to the men. They were all tuxed and ready for the ceremony.

As I left I tried to remember when the police had ever showed up at a wedding I went to. I don’t think they showed up at my dad’s wedding, even when he drove the Buick. Maybe cause the neighbors wouldn’t get as nervous if old white people drive up in dozens of Toyotas and SUV’s.

Musician Interview
Published Aug. 26
Post by kefliefevery on Aug. 30, 5:02 p.m.
 Believe it or not, it’s still considered pretty wild to be a girl fronting a rock band. Occasionally you’ll see a girl facing a punk band, but that doesn’t count. "Just wanted to ask Rachel why being a female fronting a punk band “doesn’t count” but being a singer in a pop/ rock band “counts” when it comes to the struggles (and frustrations) that go along with being a female musician. Girlfriend, this doesn’t even make sense!! Please explain. I partially agree with what she said, but I think ALL women can suffer, thus getting held back simply because we’re women. If anything, more women front pop bands than punk bands, and those pop singers usually have a better chance of getting noticed than a female punk musician or female-fronted punk band just based on what the majority of music people listen to.

City Lights, by Dorian Har- grove
Published Aug. 26
Posted by pellis on Aug. 26, 2:18 p.m.
don’t smoke and I don’t like being around smokers. I don’t agree with the law, but I respect the city’s right to legislate whatever they want.

All that said, any unenforceable law is a stupid idea. Posted by Pistol Pete on Aug. 26, 2:51 p.m.

#1-Research on second-hand smoke is junk science at best.

#2-Maybe if non-smokers wouldn’t b**ch about smoke being outdoors so much, us smokers would take their feelings into consideration. Outdoor seating in a common area is an example. If I’m in a public outdoor area and having lunch, I’m
lighting up my cigarette. I don’t give two s***s who is around me. Non-smokers Nazi tactics took smoking outside of restaurants. I’m fine with that. If I’m forced to eat outside because I can’t smoke after my meal, I’ll be damned if a non-smoker is going to ask me to put it out. Want clean air? EAT INSIDE!

#3-Other than the previous example, I’m VERY conscientious to non-smokers when walking around outside. I’m REALLY pissed about the new smoking ban in bars in Wisconsin. If I owned a bar, I would put up a sign saying that non-smokers WILL be ignored. It’s time for America to start acting like a FREE goddamn country again.

Posted by PistolPete on Aug. 26, 4:15 p.m.

What America is rapidly forgetting is that this country was built by tobacco. No tobacco, no country. The amount of history this country “forgets” is amazing to me. We’ve made it affordable to have all volumes of an encyclopedia at our fingertips but all people want to do all day is send Twits and make gay videos on YouTube. And for those offended by my use of the word gay, F*** OFF AND GET A LIFE!

Posted by kstk on Aug. 26, 8:26 p.m.

Smokers don’t be polite. Let me remind you how this started the anti’s, who are funded by Big Pharma, started with the airlines. No smoking under flights of two hours, then four hours and now none, even in the airports.

Then they moved to the restaurants asking could we have a nonsmoking section, please! So we then had smoking and nonsmoking sections. Once they got that it still wasn’t enough, next it was banned in public buildings, then workplaces, then restaurants “for the workers.” Implying, of course, that people are too stupid to be able to choose to enter or work in a smoking establishment.

In many places you can’t smoke inside or outside. Does that satisfy the bullies—no! Now there is a movement to ban smoking in your own private car and single family house! When will it stop - when tobacco is taken off the shelves and is no longer legal to purchase or produced?

The goal by the World Health Organization is just that and they expect to accomplish it by 2020. The formula for banning tobacco is now in place for obesity and alcohol.

As long as Big Pharma (who has deep pockets) produce drugs to make you stop smoking, lose weight and stop drinking it will continue, unless you find your backbone and start saying enough is enough!

Do we want a government that is free from tyranny or a nanny state that will control your behavior because it is profitable for Big Pharma, the state, and the federal coffers?

If you keep putting your head in the sand and believe everything that is printed or said by the media and do not follow the money trail this country will no longer be free!

If it is legal there should not be any prohibition. And if someone tells you to stop smoking, or stuffing your face because you are fat, or put down that beer because it isn’t healthy tell them to mind their own business and get a life that doesn’t impinge on yours.

Posted by siregadget on Aug. 26, 10:34 p.m.

Hi, I am gonna smoke anywhere I want- But Children should NOT be involved with my smoke or even see me or my smoke- I don’t want to get them started to do what is wrong — BUT this smoking LAW is wrong IF I am outside smoking -ya okay I am outside- but if my smoke goes near someone - that does not like it I will try to move or _____?

These non-smokers are making this law worse— it should be if I’m down at the beach smoking in the sand - no kids are around —good to smoke — but If I drop my butt IN the sand or anywhere GIVE me a big ticket fine this law has gone bad for us smokers — UNFAIR! …
Thursday | 3

PROTECT YOURSELF AND YOUR WALLET
No one should be taken advantage of, at any age. Learn how to avoid being a victim at this seminar presented by San Diego County’s Aging and Independence Services. Lunch will be provided at this free event for those who reserve a seat. See LECTURES, page 74.

MIX ROUNDTABLE: PART 2
Get into the mind of the creators as local architects and designers Sebastian Mariscal, Lloyd Russell, Jennifer Luce, and Jonathan Segal discuss their work, currently on exhibit at the Museum of Contemporary Art in La Jolla. See LECTURES, page 74.

Friday | 4

APPLES IN AUTUMN
Julian may be known for apple pies, but the city is also home to many artists. The Julian Arts Guild Labor Day show and sale hosts a reception at which visitors can view works in glass, clay, wood, oils, watercolor, photography, and jewelry. See SPECIAL, page 69.

Saturday | 5

GLOBAL COMMUNITY MARKET
Think globally, act locally — and shop both! More than 30 local and global vendors gather to hawk “authentic cultural creations such as hand-made Peruvian sweaters, Acholi beaded jewelry from Uganda, and Asian scarves and purses” at the Poinsettia Village shopping center. See SPECIAL, page 70.

SHORTS — NOT OF THE SPANDEX VARIETY!
The Museum of Photographic Arts hosts this Bicycle Film Festival with short and feature films to reflect the diverse experiences of bicyclists. See FILM, page 72.

Sunday | 6

HAWAIIAN PLUMERIA FESTIVAL
Colorful tropical flowers are on display at this annual flower show hosted by the Southern California Plumeria Society at Balboa Park. Enjoy Hawaiian music, smell fragrant blooms, and view the prize-winning blossoms. See SPECIAL, page 69.

BIKES ‘N’ BRUNCH
Don’t forget to pack your swimsuit before riding your bike to the “Groove 24/7 Brunch” for bike enthusiasts, held at the Pearl Hotel. Fee includes entrée, “endless mimosas,” and music by Groove 24/7 online-radio DJs. See FOOD & DRINK, page 73.

Monday | 7

“TIME FOR LUNCH” EAT-IN
This Labor Day, ditch the chips and beer for foods of a healthier variety. Join Slow Food Urban San Diego at this potluck to promote reforming the Child Nutrition Act, and help by bringing your own slow food to share. Activities and speakers provide entertainment and information for all ages. See FOOD & DRINK, page 72.

Tuesday | 8

SURVIVING THIRD WORLD DESTINATIONS
Few of us can afford to jet around Europe, so many are setting their travel sights on alternative locales. Christopher Blin, author of Swimming to Angola, can teach you “how to drive the length of Africa while avoiding machine guns and shakedowns at border crossings” at this three-course wine-paired dinner. See FOOD & DRINK, page 72.

Wednesday | 9

THE WYRM KING
With this release of the conclusion to the Spiderwick Chronicles, kids can learn what fate is in store for the characters at the Spiderwick Estate. Holly Black and Tony DiTerlizzi, authors of the series of books on which the popular movie is based, will be signing their latest creation at Mysterious Galaxy Books. See FOR KIDS, page 73.
Pyles Peak is just one bump in a series of distinct high points stretching between Cowles Mountain and Fortuna Mountain in East County’s Mission Trails Regional Park. Collectively, the high points make up a small mountain range labeled “Long Mountain” on old maps. The entire range consists of granitic rocks that have been uplifted by geologic forces over many millions of years.

Travel & Getaways

As the sun rises over the chaparral landscape, the hazy blue light from the summit of Pyles Peak can be seen. The trail is clear, and the views are spectacular. The area is home to a variety of wildlife, including deer, coyotes, and bobcats.

The Bahia Belle runs Friday and Saturday nights. Cruises begin at 6:30 pm, $10 per person. For cruising schedule, call 858.539.7799. www.sternwheelers.com

Dancing, cocktails, and live music while cruising Mission Bay under the moonlight...

The Planet Saturn becomes “ringless” on the same day as the September full moon: September 4. This is to say that on that date Earth passes through the plane of Saturn's ring-thin ring system, rendering the rings virtually invisible—even through telescopes. A ring-plane passage has not taken place since 1995, nor will it occur again until approximately 15 years from now. Unfortunately, this year's event is virtually unobservable, as Saturn is currently setting only about one-half hour after the sun does.

The “New Old Town” is now a thriving community, this latest most relaxed and colorful than the historically correct version. What does this mean? Find out when Walkabout explores tours of the old Old Town. Meet at flagpole in center of plaza. 619-231-7463. Saturday, September 5, 11am; free. Old Town State Historic Park.
Galleria Meadows, Borrego Springs
By Bonnie Maffei

Located 78 miles east of San Diego, Borrego Springs and Anza-Borrego Desert State Park are popular springtime destinations for wildflower lovers. But take a jaunt down Borrego Springs Road a couple of miles to Galleta Meadows, a privately owned estate, and a surreal menagerie of gigantic metal creatures by sculptor Ricardo Breceda appears in the midst of the desert. Imagine coming upon them by chance as I did. I could hardly believe my eyes. I got out of my car and walked among them. Not another soul was in sight. I listened to the wind blowing through scrap-metal dinosaurs, camels, mammoths, and giant sloths, grunting and groaning as if the creatures were about to spring to life. A prehistoric saber-toothed tiger leaps over cactus and across the sands, chasing a wild horse. Frozen in time, like a bizarre ancient drama, this desert safari awaits you right here in Galleta Meadows.

I stayed at the 21-unit Stanlunds Resort Inn and Suites, a 1950s-style oasis at 2771 Borrego Springs Road. May-through-September off-season rates range from $50 to $90 a night; for a longer stay, they offer reasonable weekly or monthly rates. For $10, my black poodle “Angel” was welcome too. Call 760-767-5501 for reservations or email frontdesk@stanlunds.com.

Palm Springs
By Lisa Ducio

Visiting Palm Springs is like getting two vacations in one weekend. Enjoy a cool dip in the pool at Caliente Tropics Resort, a hip, mid-century-era Hawaiian-style motel complete with poolside cabanas and tikis, for about $80 per night. On the second day, the Palm Springs Aerial Tramway will whisk you to the top of Mt. San Jacinto for $22.95 round-trip. Stroll in the snow and take in breathtaking views of the desert floor below.

In between, you can enjoy a bounty of fabulous restaurants and exciting nightlife. For a sublime breakfast, go to Elmer’s for hazelnut-stuffed French toast, Cafe Totonaca for tasty vegetarian fare, or Rick’s for massive loaded omelettes. For lunch, Tyler’s Burgers is a must. For amazing Mexican dinners, try Las Casuelas Ter-raza or El Mirasol. For more fun in the sun, tour the Elvis Honeymoon Hideaway for $35. Finally, check out Sonny Bono’s statue and Liberace’s star on the walk of fame, then sample the best date shakes ever at Palm Springs Fudge and Chocolates downtown.

$25 for your travel tips — tell us about your stay in Bonnai or Bangal. Go to SDReader.com/travel.
ter and Museum, 1095 Barona Road, Lakeside.
Bring Sketch Materials!
Village Faire Art Festival promises COAL Gallery artists exhibiting, demonstrating, selling their work in a variety of media. Live model available both days (1-4 pm). Bring sketch materials; children may use materials available on site. Live music. 760-484-8497. Saturday, September 5, 10am; Sunday, September 6, 10am; free. Carlsbad Oceanside Art League’s COAL Gallery, 300 Carlsbad Village Drive #101. (CARLSBAD)

Concentration, Visualization, Meditation
Learn techniques for stress reduction, relaxation during free meditation classes, as well as advanced breathing techniques and “essence of yogic philosophy.” 619-640-4438. Tuesdays, 7:30pm; through Thursday, December 31, free. Pilgrimage of the Heart Yoga, 3301 Adams Avenue. (NORMAL HEIGHTS)

Full-Moon Walk on Scripps Pier
Explore the pier (normally closed to public) and learn of structure’s history, collect plankton, dissect a squid, observe ocean conditions, and study nocturnal habits of marine life. Required reservations 858-534-7336. Friday, September 4, 6pm; Saturday, September 5, 6pm; $23. Scripps Institution of Oceanography, 8602 La Jolla Shores Drive. (LA JOLLA)

Global Community Market
More than 30 local and global vendors gather for market boasting “authentic cultural creations such as handmade Peruvian sweaters, Acholi beaded jewelry from Uganda, and Asian scarves and purses” benefitting low-income artisans, microenterprise programs, fair-trade vendors. 858-964-8852. Saturday, September 5, 9am; free. Poinsettia Village shopping center, 7170 Avenida Encinas. (CLARA MESA)

House of Ukraine Lawn program promises ethnic music, costumes, and dance. 619-234-0739. Sunday, September 6, 2pm; free. House of Pacific Relations, 2125 Park Boulevard. (BALBOA PARK)

KnitNight Gather with fellow fiber artists for social knitting, crochet, spinning. 760-806-6744. Tuesdays, 7pm; free. 18 and up. Clever Knits, 214 South Indiana Avenue. (VISTA)
to the country. 619-370-1027. Thursday, September 3, 7pm; free. Filter, 4096 30th Street. (NORTH PARK)

**Middle-Eastern Drum and Belly-Dance Class** Doumbek drumming and class for all levels taught by Frank Lazzaro (6-7pm), followed by tribal belly-dance class taught by Sabrina Fox with live drumming (7-8pm). $12 per class. 760-703-1487. Mondays, 6pm; $12. WorldBeat Cultural Center, 2100 Park Boulevard. (LAPA) (NB)

**More Fun, More Food, More Art** Stroll the neighborhood enjoying delicacies from participating restaurants during Taste of University Heights ($20), then enjoy self-guided tour of the arts. The fourth annual "UH Arts Open" boasts works by over 100 artists, playwrights, performers, musicians during preview party. Live music by Wendy Bailey. Admission to reception is free, Taste of UH tickets: $20. 619-508-4075. Friday, September 4, 7pm; free-$20. Sycuan Casino Resort, 7125 Valley Center Parkway. (CARMEL VALLEY)

**Open Cockpit Days** Climb aboard four historic aircraft at this Marine Corps aviation museum. 858-693-1725. Saturday, September 5, 9am; Sunday, September 6, 9am; free. Flying Leatherneck Museum, Miramar Road (Marine Corps Air Station). (MBH) (MES)

**Personal Totems** Choose from gallery's tiles, glass, dishes, beads, shells, or bring your own items, to create a mosaic "totem." Fee: $15 per class, or $55 for every Wednesday of month. Reservations: 619-593-2205. Wednesdays, 5pm; through September 30. Sophie's Gallery, 109 Bix Avenue. (UNIVERSITY HEIGHTS)

**Qi Gong Meditations** Healing meditations with Qi Gong and oriental medicine practitioner Dawn Asher on alternating Tuesdays. 917-620-2666. Tuesday, September 8. (BANC) (CA)

**DANCE**

**Organ Concert** Civic organist Carol Williams performs 619-702-8138. Sunday, September 6, 2pm; free. Spreckels Organ Pavilion, 2211 Pan American Road. (BALBOA) (NB)

**DANCE**

**Nobody's Business** Graham Hempel calls to tunes by this band for contra dance hosted by San Diego Folk Heritage. Beginners' dance workshop: 7:30pm. Wear soft-soled shoes. 619-283-8550. Friday, September 4, 7:30pm; $7. Trinity United Methodist Church, 3030 Thorn Street. (DOWNTOWN) (NB)

**Swing Classes** Firehouse swing school's classes include "Lindy Hop" instruction focusing on eight-count basics, and "Lindy 2" classes on partner Charleston (7-8pm). Class fee includes admission to Firehouse swing dance (9-11:30pm) with music by DJ Emily Belt. Fee: $15 per class or $50 for four weeks. All ages. 858-395-6060. Wednesday, September 9, 7pm; $15-$30. Firehouse Swing Dance, at San Diego Woman's Club: 2557 Third Avenue. (WIMMER'S HALL)

**Swing Dance Party** Community swing dance jams now feature a blues room, two separate dance floors. Dance East Coast, West Coast, jivebug, swing. Dance lessons for all levels before dance ($40 for four weeks). Dance only: $8 general, $5 for students. 619-291-3775. Friday, September 4, 8pm. Dance for 2, 7528 Clairemont Mesa Boulevard. (POWAY)

**Wranglers Want You!** Modern square-dance classes for singles, couples, and families offered by Wranglers Square Dance Club. First class free; $4 per person thereafter. 858-485-7421. Wednesday, September 9, 7pm; free-$4. 10 and up. Rolling Hills Elementary School, 15255 Peñasquitos Drive. (POWAY)

**Film**

"Dive-In Theatre" "Cinema social" combines "eclectic film choices," food, drink, light conversation at hotel's poolside lounge and theater (outdoors). This week: see An Officer and a Gentleman (1982). Reservations: 619-226-6100. Wednesday, September 9, 8pm; free. Pearl Hotel, 1610 Rosecrans Street. (POINT LOMA)
SKYDIVE!

Scenic views of the ocean, downtown, the mountains & more!

Bring this ad for FREE VIDEO of your skydive on Sunday!
Expires 9/30/09.

72 San Diego Reader, September 3, 2009

“¡Qué Viva! Cine Latino” Take in La Mama Luna, starring Adrian Alonso, Eugenio Derbez, Kate del Castillo, during event hosted by Media Arts Center San Diego. Evenings begin with “Arte Latino” exhibition, live music (6:30pm); followed by screening of short films and feature film (7:30pm). 619-236-1938, Wednesday, September 9, 6:30pm; free. Otay Ranch Town Center, 2015 Birch Road. (DOWNTOWN)

Beyond Hatred Olivier Meyrou’s “abstract experiment in humanism” screens for Sunday Matinee series. The aftermath of the 2002 murder of a gay man by three neo-Nazi skinheads in France is subject of film. 619-236-5800. Wednesday, September 9, 6:30pm; free. San Diego Public Library, 820 E Street. (DOWNTOWN)

Man on Wire How was Philippe Petit able to string and walk on a wire between New York’s Twin Towers in 1974? Find out when James Marsh’s enchanting film screens for Film Forum. 619-236-5800. Wednesday, September 9, 6:30pm; free. San Diego Public Library, 820 E Street. (DOWNTOWN)


Shorts — Not of the Spandex Variety! Bicycle Film Festival presented by 42RELOW promises various shorts and feature films reflecting diverse experiences of bicycling. Highlights include I Love My Bicycle: The Story of DRM Bikes, What’s a Girl to Do, The Scooter Bike King, Belle Epoch, many others. $10 ticket required for each distinct program (beginning at 3, 5, 7, and 9pm). 212-255-6102. Saturday, September 5, 5pm and 7pm; Saturday, September 5, 9pm. $10. Museum of Photographic Arts, 1469 El Prado. (BALboa Park)

FOOD & DRINK

“Surviving Third World Destinations” Christopher Bilton, author of Swimming to Angola, speaks during dinner program. Learn “how to drive the length of Africa while avoiding machine guns and shake-downs at border crossings.” Dinner is a prix fixe all-inclusive three-course menu with wine pairings. Books available for purchase, signing.

“With or Without Butter” “Laugh, learn, and taste” in cooking class using organic, natural, local ingredients to make classic dishes. Taught by chefs of Behind the Scenes. Registration: 858-638-1400. Tuesday, September 8, 6pm; $55. Behind the Scenes Catering Co., 9888 Waples Street. (MIRA MESA)

Fresh Mexico Warwick’s Cooking Club convenes for chef Marcela Valladolid, on hand to discuss, sign her new book Fresh Mexican 100 Simple Recipes for True Mexican Flavor. Tickets include dinner, complimentary wine, signed copy of Valladolid’s book (discount for couples willing to share book). Reservations: 858-454-0347. Tuesday, September 8, 6pm; $60-$75. Isabel’s Cantina, 966 Felspar Street. (PACIFIC BEACH)

Tickets include dinner, alcoholic beverages, soda & water. We’ll host any size. Call now.

SouthBay Limousine 877-789-8769 • www.SouthBayLimo.net

BALLOON RIDES $149 Pers
• Panorama Balloon Tours
877-789-8769 • www.SouthBayLimo.net

FRED ASTAIRE
“Dancing With The Stars”
Let’s Dance
Learn Social & Ballroom Dancing
• Private & group classes • Wedding programs
Enjoy the Benefits of Dancing
• Exercise in a friendly environment
• Enjoy social interaction & relieve stress
Succeed With Our Unique System of Teaching
• Developed by Fred Astaire himself
• Taught by our certified instructors
FRED ASTAIRE • 858-499-0180
8303 Clairemont Mesa Blvd.
850-757-1700
845 S. Coast Hwy • Oceanside

RESERVATIONS: 858-758-5085. Tuesday, September 8, 6pm; $50-$565. Mille Fleurs, 6009 Paseo Delicias. (BANDING SANTA FE)

“Time for Lunch” Eat-In Join Slow Food Urban San Diego in effort to lobby for reform to Child Nutrition Act. Potluck event includes speakers, activities for children and adults. Bring “a simple, fresh, homemade dish to share; a real (nondisposable) plate, silverware, and cup; blanket or chairs.” 718-260-8000. Monday, September 7, 11am; free. WorldBeat Cultural Center, 2100 Park Boulevard. (BALBOA PARK)

Free drinks on us! 1 hour free
All occasions. Airport transportation SD and LA trip packages available. Complimentary bar with champagne, alcoholic beverages, soda & water. We’ll host any size. Call now.

SouthBay Limousine 877-789-8769 • www.SouthBayLimo.net

First Lesson just $10
• Taught by our certified instructors
• Developed by Fred Astaire himself
FRED ASTAIRE • 858-499-0180
8303 Clairemont Mesa Blvd.
850-757-1700
845 S. Coast Hwy • Oceanside

Calendar
LOCAL EVENTS

San Diego’s oldest, largest operation
619.216.8416 | SkydiveSanDiego.com
Other conditions may apply. Must be 18 years of age and weigh less than 230 pounds.

Carlibad Coastal Wine Tasting Brian Vitek from Carlibad Coastal pours "their amazing wines." 760-591-9113. Friday, September 4, 9pm; Saturday, September 5, 5pm; $15. 21 and up. Vino 100, 133 South Las Posas Road. (SAN MARCOS)

FOR KIDS

“Our Naturehood” Learn fun facts about lizards and snakes in your neighborhood during Linda Hawley’s program for parents and kids (kindergarten-3rd grade). Enjoy songs, trail walk, take-home craft. Required registration: 619-382-6261. Tuesday, September 8, 2pm; free. $8. 5 and up. Mission Trails Regional Park, One Father Junípero Serra Trail. (SAN MARCOS)

Mother Goose You’re invited to Big Joe Production marionette shows. 619-544-9203. Thursday, September 3, 11am, 1pm and 2:30pm; Friday, September 4, 11am, 1pm and 2:30pm; Saturday, September 5, 11am, 1pm and 2:30pm; Sunday, September 6, 11am, 1pm and 2:30pm; Wednesday, September 9, 10am and 11:30am; $3-$5. Marie Hitchcock Puppet Theatre, 2310 Pan American Road West. (BALBOA PARK)

The Wyrm King Kids’ fantasy authors Holly Black and Tom DiTerlizzi sign the concluding book of their Spiderwick Chronicles series. 858-268-4747. Wednesday, September 9, 7pm; free. Mysterious Galaxy Books, 7031 Clairemont Mesa Blvd, Suite 302, (SAN DIEGO)

Lizards and Snakes! Kids (ages two-five) and parents learn “fun facts about lizards and snakes with songs, hands-on materials, short trail walks, and take-home craft” during “Ant-Sized Adventures” led by Linda Hawley; Reservations required: 619-382-6261. Thursday, September 3, 10am; Friday, September 4, 10am; Monday, September 7, 10am; Tuesday, September 8, 10am; free. 2 and up. Mission Trails Regional Park, One Father Junípero Serra Trail. (SAN MARCOS)

Pet Pals Kids’ Club Kids 6-13 have “fun with other animal-loving kids.” Required reservations: 619-243-3432. Saturday, September 5, 10am; $15. 6 and up. San Diego Humane Society and SPCA, 5500 Gaines Street. (SAN DIEGO)

GALLERIES


“Expanding-Eel-Devourer” Opening reception for installation by artist Alexander Lee, “a former student now exhibiting at an international level.” Exhibit includes closing event entitled “Expanding-Eel-Devourer from the Great Fish Changing Skins” on Thursday, October 1, 7pm. Lee's piece references creation myths of Tahiti. 619-388-2829. Thursday, September 3, 4:30pm; free. Mesa College Art Gallery, 7250 Mesa College Drive. (MESA COLLEGE)

“Kinetic Stillness” Opening reception for San Francisco artist Molly McCracken Kumar, whose exhibit of new paintings continues through Saturday, October 10. 858-459-3917. Saturday, September 5, 4pm; free. R.B. Stevenson Gallery, 7661 Girard Ave., Suite 201. (LA Jolla)


“Outside the Box” Reception for artists whose 100 original watercolor paintings are on exhibit through Saturday, September 26. June was Vi Gassman. 619-876-4350. Friday, September 4, 5pm; free. San Diego Watercolor Society at NTC Promenade, 2825 Dewey Road #105. (POINT LOMA)

“Places I Remember” Opening reception for exhibition of landscape and plein air oil paintings by artist, author, art teacher Adèle Earnshaw. Closes Sunday, October 11. 760-765-1876. Saturday, September 5, 4pm; free. Santa Ysabel Art Gallery, 30352 Highway 78. (SANTA YSABEL)

“Surf Art” Opening reception for solo art exhibit by graphic designer and artist Jessica Jutsum. Show continues through Saturday, 760-943-1950. Saturday, September 5, 6pm; free. Downtown Encinitas Mainstreet Association, 818 South Coast Hwy 101. (ENCINITAS)
**Calendar LOCAL EVENTS**

**Art Quilts** Opening reception for exhibition of works by Philadelphia artist Emily Richardson. View these works of layered and painted fabrics through Sunday, November 1. 619-546-4872. Friday, September 4, 5pm; free. Visions Art Quilt Gallery, NTC Promenade, Liberty Station, 2825 Dewey Rd., Suite 100. [POINT LOMA]

**High-End Lowbrow Pop Art!** “The Resurrection of Artists’ Alley” party includes guest Michael C. Gross and artists Ivery Chavez, David Lozeau, Raymond Lafferty, Dalic1, Tiavamp, Chris “Fotog” Chouinard, the Brothers Washburn, others. 760-757-5033. Saturday, September 5, 5pm; free. JC Gallery & Studio, 212-C N. Coast Hwy. [OC/SD/VA]

**I N PERSON**

**“United Nations of Comedy” Show** Celebrate the diversity of comedy, with Ada Rodriguez, Aurelio Bocanegra, K.T. Tarrata, Sam Tripoli, and Boy Wood Jr. Hosted by Mal Hall. 619-544-1000. Saturday, September 5, 6pm, $15-$20. 18 and up. Lyceum Theatre, 79 Horton Plaza. [DOWNTOWN]

**Ask Yourself This** “Spiritual leader” Wendy Craig-Purcell discusses, signs her new book. RSVP: 619-689-6530. Wednesday, September 9, 6pm, free. Unity Center, 1999 Activity Road. [BAY MESA]

**Family Time with Ziggy** Ziggy Marley performs selections from his new children’s album, which features tracks with Paul Simon, Jack Johnson, Ziggy’s mom Rita Marley. 619-233-8792. Saturday, September 5, 3pm; free-$25. The New Children’s Museum, 200 West Island Avenue. [DOWNTOWN]

**Les Misérables** Fifty teenagers take part in Broadway Theatre Arts Academy’s production, directed by Sean Tamburrino. Event in park’s amphitheater. 760-888-1989. Thursday, September 5, 8pm, Friday, September 4, 8pm, Saturday, September 5, 8pm, 8:12-$15. Kit Carson Park, 3333 Bear Valley Parkway. [ESCONDIDO]

**Vanished** Author Joseph Finder discusses his new book. Books must be purchased from Warwick’s to be signed. 619-454-0347. Wednesday, September 9, 7-9pm; free. Warwick’s Bookstore, 7812 Girard Avenue. [LA Jolla]

**Comics That Kill** Stand-up comedy with Mal Hall, Andrew Spano, Jon Allen, Seas McDride, Ed Galvez. Hosted by Jason Bang. 619-235-8653. Monday, September 7, 9pm; $.25-$21 and up. Billy’s Music Lounge, 2901 Nimtz Boulevard. [PONT LOMA]

**Songs Without Music?** Bring lyrics to perform as spoken word poetry, or a few poems or short stories prominently featuring the song. Lyrics may be your own or from your favorite authors. 760-480-4101. Saturday, September 6, 1pm; free. Escondido Municipal Gallery, 142 West Grand Avenue. [ESCONDIDO]

**Squeaky-Clean Comedy!** Family-friendly shows for all ages. 858-433-1457. Saturdays, 7pm. $5. Navedo’s Comedy Club, 9700 Gilman Drive, La Jolla. [LA Jolla]

**My Ancestors Were from England — That’s All I Know!** Free Spong shares successes, failures, disappointments of his English research with Computer-Oriented Genealogy Group sponsored by North San Diego County Genealogical Society. Nonmembers welcome. 760-967-8635. Tuesday, September 8, 7pm; $5. Carlsbad City Council Chambers, 1200 Carlsbad Village Drive. [CARLSBAD]

**Scuba Dive!** $299 includes everything. Metric Century Bicycle Ride Saturday, October 10 • 7:45am. Starting at 1600 Pacific Coast Hwy. Scenic and easy course – 62, 50, 42 & 25 mile options. Post ride pasta, veggies, and fruit buffet in Little Italy. [LA Jolla]  Save $10 Entet promo code “B10” www.sdmarathon.com

**Private charters up to 49 people**

**Weddings**

**Entertainment**

**Corporate events**

**Social events**

**WEDDINGS**

**Photography By Calvin** Professional service, beautiful photos. 619-253-4246 24 years’ wedding experience. Discounts available—call/Saturday-dance and military. www.deborahcalvin.com

**Photography By Calvin** Professional service, beautiful photos. 619-253-4246 24 years’ wedding experience. Discounts available—call/Saturday-dance and military. www.deborahcalvin.com

**Bridal Bazaar Sunday, October 4 Carlsbad Village Drive, 10am-6pm.**

**To place your ad in the Wedding Guide, call 619-235-8200.**

**Photography By Calvin** Professional service, beautiful photos. 619-253-4246 24 years’ wedding experience. Discounts available—call/Saturday-dance and military. www.deborahcalvin.com

**Learn to Scuba Dive!** $299 includes everything.

**Free intro class!** Try scuba diving. Expires 9/20/09.

**AOLANI**

**Small sizes • Pool on-site**

**Adaptive dives for the disabled**

**San Diego Wedding Photography**

**300 Sports Arena Boulevard**

**888-502-4987**

**divecalifornia.com**

**“The Way We Were on Broadway”** Take “affectionate look back” at Lemon Grove’s early businesses during discussion hosted by Lemon Grove Historical Society for “History Alive” lecture series. Question and answer fol-
The Original
JOEY & MARIA’S
Comedy Italian Wedding®
Come for the Wedding Stay for the Party
Join the Family!

This all-interactive dinner show will have you dancing the Tarantella, witnessing the wacky vows, and taking part in some unconventional Italian surprises sure to have you wanting to be a part of “the family”—all while you dance, sing, eat, laugh and party!

• LIVE AT THE HISTORIC CULY WAREHOUSE •
EVERY SATURDAY NIGHT
Also Available for Private, Corporate and Fundraising Events!

1-800-944-JOEY
ComedyWedding.com

Important hangover breath tip:
Never sleep face to face.

Could you sleep with 150 other guys only a few feet away?
In the middle of the ocean? With no air conditioning? Experience the USS Midway Museum.
• Over 60 exhibits including the enlisted men’s sleeping quarters!
• 25 restored aircraft
• Optional flight simulators
• Admission includes a powerful self-guided audio tour narrated by Midway sailors

$2 OFF ADMISSION

Face to Face
910 N. Harbor Drive (Downtown San Diego)
(619) 544-9600 • www.midway.org

Limit 4 per coupon
Expires September 30, 2009
Not valid for special events

Open Daily, 10 a.m. – 5 p.m.
Last admission at 4 p.m.
910 N. Harbor Dr. (Downtown San Diego)
(619) 544-9600
www.midway.org

TO RSVP, OR FOR MORE INFORMATION: VISIT US ONLINE:
AiOPEN.COM/SANDIEGO
Or feel free to call us:
Toll-Free: 866.275.2422

INDULGE YOUR CREATIVE SIDE!
If you think you belong at The Art Institute of California — San Diego you may just be right.

OPEN HOUSE ON SATURDAY, SEPTEMBER 12, 2009
We offer programs in the following areas:
Culinary • Design • Fashion • Media Arts

At The Art Institute of California — San Diego Open House, you’ll be able to:
• Learn more about all of our programs
• Tour our facilities and get a feel for our school
• Speak with current students, faculty, and admissions staff
• Learn about student services, scholarships, grants, and financial aid (available to those who qualify)
• Applications will be accepted* *
$50 application fee applies
Enjoy live music, food, and drinks on our intimate, outdoor plaza overlooking the ocean.

The last concert of the season is...

**Wednesday, September 16**
**VENICE**
Soaring rock, pop, and folk-rock harmonies

**RSVP:** 858-534-4109
Ages 21 and up; 6–9 p.m.
Public: $20/concert
Aquarium Members: $15/concert
Walk-in Admission: $25/concert

Join us next summer for another great season!
Snorkel with Sharks! Adventures among harmless leopard sharks, guitarfish, and smoothhound sharks during outing hosted by Birch Aquarium-Museum. Reservations: 858-534-7336. Sunday, September 6, 8am; $30. 10 and up. La Jolla Shores, 8200 Camino del Oro. (LA JOLLA)

The Bicycle Film Festival Begins! Event celebrating urban bike movement is presented by 42LOW, beginning with goldsprints, “a one-on-one roller-sprint race with prizes” for best male and female times. Registration starts at 9pm. 212-255-6102. Friday, September 4, 9pm; free. 21 and up. The Kensington Club, 4079 Adams Avenue. (KENSINGTON-TALMADGE)

They’re Nearing the Home Stretch! Del Mar Thoroughbred Club horse racing meet runs through September 9. Handicapping seminars offered Friday, Saturday, Sunday. Pacific Classic Racing Festival runs September 4-September 7, with $1 Million Pacific Classic on Sunday, September 6. Labor Day (September 7) is Jockey Photo Day. Season concludes with Party in the Paddock on September 9. 858-755-1141. Thursday, 2pm; Friday, 3pm; Saturday, 2pm; Sunday, 2pm; Wednesday, 2pm, through Wednesday, September 9, 8am-4pm. Del Mar Fairgrounds, 2260 Jimmy Durante Boulevard. (DEL MAR)

Latin for Homeschoolers
Grades 2-12 (must be able to read English at least 2nd-grade level)
Wednesday 11-11:45 a.m.
Our Lady of the Rosary Parish
(Parish Center, behind the church)
State and Date Streets, downtown San Diego
Phenomenon of Language text used for lower grades,
Jenney textbook for upper grades.
Only charge is cost of textbooks.
First class is Wednesday, September 9, 11 a.m.
Information: 619-235-3000 ext. 222 • E-mail: materdomo@aol.com

San Diego Reader September 3, 2009 77
Take a break from the ordinary!
Clothing optional beyond this point.
DE ANZA SPRINGS
CLOTHING OPTIONAL RESORT
FREE Guest Pass
First-time visitors with this ad. Or go online to: www.deanzasprings.com
1951 Carrizo Gorge Road, Jacumba, CA 92034
619-766-4301 • stay@deanzasprings.com
Clothing optional beyond this point.

SAN DIEGO RESTAURANT WEEK
presented by
FRESH EXPRESS® SEASONAL SALADS™
September 13-18, 2009
San Diego Restaurant Week
Three courses filled with the freshest ingredients; flavors for Fall! From September 13-18, Restaurant Week will give you a reason to celebrate the season. Grab your friends, family, neighbors and co-workers for a special meal at 180 restaurants across San Diego for only $20, $30 or $50 per person*. Find participating restaurants online at SandiegoRestaurantWeek.com
* Some restrictions and gratuity are additional.
San Diego Reader September 3, 2009 78

San Diego Reader September 3, 2009 77

MUSEUMS & PUBLIC ART

Bancroft Ranch House Museum
Bancroft Ranch House Museum houses indigenous Indian artifacts and memorabilia of early settlers in the area, run by the Spring Valley Historical Society. The home, built in 1863, was registered as a National Historic Landmark in 1962 and is on a spot where Kumeyaay Indians camped more than 1000 years ago beside the spring that later gave the area its name. 9050 Memory Lane, 619-469-1480. (SPRING VALLEY)

Barona Cultural Center and Museum
1095 Barona Rd, 619-443-7003. (LAKE OSAGE)

Birch Aquarium at Scripps
Facility is a component of the Scripps Institution of Oceanography at UCSD. More than 60 tanks contain marine life of Pacific Northwest, California coastline, Mexico’s Sea of Cortez, and South Pacific. The La Jolla Kelp Tank is a two-story-high tank with giant kelp plants and nearly 30 species of local marine life. “Feeling the Heat: The Climate Challenge” examines science behind climate change; “Art of Deception” explores underwater camouflage. “Wonders of Water” waterplay area includes three interactive stations. The Lynne and Howard Robbins Shark Reef Exhibit features a 13,000-gallon shark tank with black tip, white tip, bamboo, and wobbe-
Motorcycle Training & Rentals
You don’t need a motorcycle license to start riding!

3-Hr. Training $98
Includes motorcycle & helmet
Ask about our FREE Birthday Package and FREE Champagne!

6-Hour Weekend Special Starting at $399 (gratuity included!)

Ask about our FREE Birthday Package and FREE Champagne!

UTC La Jolla
800-882-6554
www.utc1.com  •  TCP-07534

SINGLES
Singles Parties for 30+
Come socialize with other singles to meet that special someone!

Thursdays 7-11 pm
Characters Bar & Grill
La Jolla Marriott
4240 La Jolla Village Dr.
DJ John Phillips & Dancing • $11 Admission

Tuesdays 7-11 pm
94th Aero Squadron
8853 Balboa Ave
DJ Smooth-Juan & Dancing • $11 Admission

Hotline: 858-259-6166
SinglesInSanDiego.com

Hosted by Darlena

THIRD ANNUAL SAN DIEGO
Paella Festival
Over 20 competitors participating with all their special tricks and treats!

Sunday, September 6  •  1-4 pm
San Diego Scottish Rite Center • 1859 Camino del Rio South (Texas St. & I-8)

$20 per person. Proceeds benefit the Al Baba Shrine Temple and are not tax deductible.
858-292-0092

TIPS ATU SINCE 1938

Motorcycle
Training
& Rentals

6-Hour Weekend Special Starting at $399 (gratuity included!)

You don’t need a motorcycle license to start riding!

3-Hr. Training $98
Includes motorcycle & helmet
Ask about our FREE Birthday Package and FREE Champagne!

UTC La Jolla
800-882-6554
www.utc1.com  •  TCP-07534

SINGLES
Singles Parties for 30+
Come socialize with other singles to meet that special someone!

Thursdays 7-11 pm
Characters Bar & Grill
La Jolla Marriott
4240 La Jolla Village Dr.
DJ John Phillips & Dancing • $11 Admission

Tuesdays 7-11 pm
94th Aero Squadron
8853 Balboa Ave
DJ Smooth-Juan & Dancing • $11 Admission

Hotline: 858-259-6166
SinglesInSanDiego.com

Hosted by Darlena

THIRD ANNUAL SAN DIEGO
Paella Festival
Over 20 competitors participating with all their special tricks and treats!

Sunday, September 6  •  1-4 pm
San Diego Scottish Rite Center • 1859 Camino del Rio South (Texas St. & I-8)

$20 per person. Proceeds benefit the Al Baba Shrine Temple and are not tax deductible.
858-292-0092
Olaf Wieghorst Museum — Displays paintings and prints by Olaf Wieghorst and features exhibits of other artists’ American West art. Adjacent to museum is courtyard. Nearby are OASIS at Castle Creek, and restored home where Wieghorst lived for many years starting in 1943. 131 Rea Ave., 619-590-3433. (EL CAJON)

San Diego Model Railroad Museum — Museum celebrates American railroads with “the largest permanent operating model railroad and toy train exhibit” in North America. Four scale-model railroads of the Southwest, the “San Diego County Relief Map” exhibit, and an interactive toy train. There is a multimedia presentation on railroading, an operating railroad semaphore signal, and interpretive displays on railroads and model railroading. The museum is downstairs in the Casa de Balboa building. 1649 El Prado, 619-696-0199. (BALBOA PARK)

San Diego Natural History Museum — Gunther von Hagens’ Body Worlds 2 and The Brain — Our Three-Pound Gem. Original Exhibition of Real Human Bodies showcases “the original, precedent-setting public anatomical exhibitions of real human bodies, by physician, anatomist, and inventor of Plastination, Dr. Gunther von Hagens.” Exhibition offers views in-depth view of the intricately designed human body, comparative anatomy showing wellness and disease, and mysterious world of the brain. Closes Sunday, October 4.

The international juried “Best of Nature Photography Show,” continuing through Sunday, September 13, includes winning images from amateur and professional photographers. Landscape, wildlife, nature-based abstract/impressionistic images shown.

Also on view: “Fossil Mysteries,” a permanent exhibition. From dinosaurs to mastodons, discover the rich fossil history of our region. Current “giant-screen films” are Human Body: Pushing the Limits — Brain Power, Planet Earth: Pole to Pole and Ocean Oa-

San Diego Public Library — Leaves of Gold: An Exhibit of Illuminated Manuscripts” is currently on view in library’s W Powers Room. “Illuminated manuscripts flourished from the 5th to the 15th Century and are handwritten texts that are supplemented by the addition of decoration, such as decorated initials, borders (marginalia), and miniature illustrations.” Highlights of exhibit — continuing through Thursday, December 10 — include a 13th-Century book of hours from France, a 13th-Century Latin Bible, a Spanish missal from 1615, a highly illuminated 20th Century-manuscript of Rubaiyat of Omar Khayyam, more: 820 E St., 619-236-3800. (DOWNTOWN)

USS Midway Museum — Permanent exhibits include 25 restored aircraft. Former World War II pilots and other veterans share personal stories with guests in front of a restored SBD Dauntless dive bomber on Wednesdays, Fridays, Saturdays, Sundays. Navy knot-tying demonstrations and activities for youngsters offered most weekends. Self-guided audio tour narrated by former Midway sailors. 910 North Harbor Dr., 619-544-9600. (DOWNTOWN)

Veterans Museum and Memorial Center — Memorial to men and women who served in U.S. Armed Forces, Coast Guard, and Wartime Merchant Marine. Located in the former San Diego Naval Hospital Chapel, the museum features original service-inspired stained glass, as well as historical murals painted by Richard DeRosset. Main exhibit hall features displays, exhibits of historic artifacts, documents, photographs, memorabilia, artwork honoring men and women who served. Museum is also home to San Diego Vietnam Peace Memorial and Veter-

LADIES FREE! Instant fun for Plus-Sized Ladies and the men that adore you! Talk to real people in your area in minutes!

Try privately and connect in the chat room.

1.900.505.6789 99¢ / min.

Talk to real people in your area

Ladies FREE!

Browse and record ads FREE!

Instant fun for Plus-Sized Ladies and the men that adore you!

Try privately and connect in the chat room.

More local singles

Meet local singles

More free features than any other dating service

Free trials for a limited time


1.900.505.6789 99¢ / min.

LiveLinks Chatline

Try for free

CODE 2744

MEET LOCAL SINGLES

HAVE YOU BEEN WAITING FOR

San Diego’s Hottest Singles!

Call Now!

619-618-2320

San Diego’s hottest singles

CALL NOW! SAN DIEGO

619-618-2320
9/3  JAZZ  DOCTORS WITHOUT BORDERS BENEFIT CONCERT w/ALPHONSE MOUZON, DEAN BROWN, ERIC NARIENTHAL, BYRON MILLER & JOHN BEASLEY

9/4  BLUES  BETTYE LAVETTE

9/5  LATIN  TITO PUENTE JR. ORCHESTRA

9/6  JAZZ  TOQUALI w/SPECIAL OPENING GUEST GREGORY PAGE

9/16  JAZZ  CHARLES McPHERSON

9/18  JAZZ  OLETA ADAMS

9/19  FUNK  WAR

9/8  JAZZ  ANTHOLOGY HOUSE BAND

All shows subject to change.

Tickets on Sale Now!
www.AnthologySD.com • 888 237 2696
1337 India Street, San Diego
FOR TICKETS VISIT WWW.HARRAHSRINCON.COM OR TICKETMASTER.COM.
CALL 1-800-HARRAHS FOR HOTEL PACKAGES AND GROUP RATES.
Where Is “Sweet Rock and Roll”? Somewhere in San Diego a tantalizing Holy Grail of rock performance history is awaiting discovery.

in a dusty corner…maybe. As documented in Richie Unterberger’s comprehensive new book White Light/White Heat: The Velvet Underground, Francisco’s Quicksilver Messenger Service is an impressed Lester Bangs of El Cajon, 19, was there in July; later, as a top performer there in mid-June 1968 (favorably reviewed in the San Diego Union) and returned in early July for dates with San...
San Diego Reader
September 3, 2009
83

HOUSE of BLUES
SAN DIEGO

ON SALE NOW

MICHTEL MUSSO
SEPT. 4
ALL AGES

DAS ROYAL COMMAND
SEPT. 9
ALL AGES

KENNY REGAN
SEPT. 10
ALL AGES

TUPILLO RIVERA
SEPT. 13
ALL AGES

THE RAGING ANTHEM
SEPT. 16
ALL AGES

GOV'T MULE
SEPT. 18
Span

FAR EAST MOVEMENT
PERFORMING THEIR RADIANT SING "GIRLS OR THE DANCE FLOOR" LIVE AT BELLO!
HYSTERICAL DANCE! DANCE! DANCE!
AFTER-HOUR PARTY
FULL BAR & VIP BOTTLE SPECIALS 5PM-11PM

FLIRT MINGLE. NETWORK. PARTY LIKE A ROCKSTAR!
LABOR DAY WEEKEND KICKOFF &
CAL WESTERN LAW BACK TO SCHOOL BASH!
HYSTERICAL DANCE! DANCE! DANCE!
AFTER-HOUR PARTY
FULL BAR & VIP BOTTLE SPECIALS 5PM-11PM

REVITALIZING SATURDAYS NIGHTS IN SAN DIEGO!
PRESSENTED BY ZIP EVENTS
DJ FINGAZ (RED ROOM) • DJ PHOBIC (GREEN ROOM)
DJ IL (AFTER-PAWTY) SPINNING THE BEST HITS EVERY WEEK

FLIRT MINGLE. NETWORK. PARTY LIKE A ROCKSTAR!
HOSTED BY ZIP EVENTS 9PM-12AM (RED ROOM)
HYSTERICAL DANCE! DANCE! DANCE!
AFTER-HOUR PARTY
FULL BAR & VIP BOTTLE SPECIALS 5PM-11PM

REVITALIZING SATURDAYS NIGHTS IN SAN DIEGO!
PRESSENTED BY ZIP EVENTS
DJ KAOS (RED ROOM) • DJ PHOBIC (GREEN ROOM)
DJ MIKESKI (AFTER-PAWTY) SPINNING THE BEST HITS EVERY WEEK

RESTAURANT NOW OPEN
MON-SAT 21ST AT 11PM
SAT-SUN OPEN AT 4PM

CHARGE BY PHONE: 619.230.TABS

All shows are 21 and older. Shows subject to change due to unforeseen circumstances. Subject to applicable service charges.

facebook

San Diego Reader, September 3, 2009
83

919 4TH AVENUE SD • 619.231.9200
www.beloandsd.com

D’Schiavone, 46, says that realization helped him decide to leave Gunfight and reactivate his band the New American Mob. “My last show with [Gunfight] was in Denver last month. Half the people said I was crazy to leave, and half the people looked across the stage and [see] a guy standing there looking like a deer in the headlights, wondering if we are in [the key of] A or G. I tried schooling them, caring for them, babysitting them. When you are in a punk band, you have to pack up your own gear. You don’t just leave after the show and run off to a party. This is a brotherhood. There are certain unspoken rules. When you start violating the rules of brotherhood… I can only take so many of those violations. If it was just me and Duane, I’d probably still be with him.…”

“'Ambush came to a screeching halt because of drug abuse. That’s how I learned my lesson… how drugs just cannot fit into this.”

He says that some dates with Gunfight did not go well due to “lifestyle” issues. “It was turning into a big party. It was not a business to them. I felt like I was the only guy in the band besides Duane who took the band seriously. You just never knew when the show was going to fall apart. You’d look across the stage and [see] a guy standing there looking like a deer in the headlights, wondering if we are in [the key of] A or G. I tried schooling them, caring for them, babysitting them. When you are in a punk band, you have to pack up your own gear. You don’t just leave after the show and run off to a party. This is a brotherhood. There are certain unspoken rules. When you start violating the rules of brotherhood… I can only take so many of those violations. If it was just me and Duane, I’d probably still be with him.…”

“'Ambush came to a screeching halt because of drug abuse. That’s how I learned my lesson… how drugs just cannot fit into this.”

Secret Assassin

“The first concert I ever saw was Assassin in early 1985, at Strata Head Sound in La Mesa,” says Deep Shag Records exec Michael Reed, who ended up running the band's fan club. “They were balls-out rockers in the same vein as Ratt, Rough Cutt, and Jake E. Lee.”

In its heyday, Assassin opened for headliners such as Poison, Alcatrazz, Grim Reaper, and Precious Metal. Today, former Assassin drummer Dave “Bundy” Imondi plays in Van Halen tribute band OUB12 with Assassin bassist John Osmon.

Over recent contacts with former Assassin members, Reed discovered that there were tapes of an unreleased album recorded in 1984. The uncovered collection is slated to be released by Deep Shag on October 6. “We even came up with five live tracks secretly recorded at Strata Head Sound,” says Reed. “Back in 1984, the band’s manager, Charlie Bryant, discovered an Assassin concert was being taped in the recording studio behind the stage... without their permission. Charlie grabbed the 24-track reel off the machine. I have no idea if other bands were secretly recorded. We just got lucky enough to grab ours and keep it.”

The earliest Assassin recording, however, remains elusive. “According to the guys from the band, the earliest song they taped was called ‘That’s What,’ that was played almost exclusively on KGB, most likely on Pat Martin’s Metal Shop [show] or by Jim McInnes on his Homegrown program. Nobody has a copy of the song. It’s the only studio-recorded song Assassin ever did that I don’t have for the reissue.”

— Jay Allen Sanford

Contributors

William Cano, Dave Good, Larry Harmon, Ken Leighton, Bart Mendoza, Jay Allen Sanford, David Stamper

July 30, 2009
LEXUS PREMIUM PACKAGES

PACKAGE INCLUDES:
2 premium-seat concert tickets (center section, rows 1-4); 2 dinners at Humphreys Restaurant and one suite, junior suite or guest room at Humphreys Half Moon Inn & Suites. Packages are limited. Visit our website for details. Premium Packages not available at Ticketmaster outlet stores.

LEXUS DINNER SHOW PACKAGES

PACKAGES INCLUDE DINNER AND UP-FRONT SEATING. Tickets required for all ages. Dates subject to change or cancellation. Acts will be added periodically throughout the summer. Please check our website for updates.

BOX OFFICE HOURS

Tuesday-Saturday 11:30 am-6:30 pm

Sponsored in part by TIG

Technology Integration Group

www.tig.com

San Diego Reader, September 3, 2009 85
Thursday 3
Soda Bar draws a draught of fuzz pop in a variety of flavors for one of the better bills this week, indie-grease. Check it out. Philly electro rocker Cold Cave re-do nu-wave on one of the best-received debut this year, Love Comes Close. Collector's got all your guilty pleasures. Speaking of which, local duo Crocodiles... y'all. All that tasty My Bloody Mary chain of Summer of Hate and a couple of standout singles in "Neon Jesus" and "I Wanna Kill" getting heavy rotation on the adventurous stations. Corporate radio eats worms. Whoa... 7 Post these "punky divers" their SXDMAs and call the whole thing off. And, also, garage rock-n-soul squat Strange Boys, all the way from Austin on Daddy's Widelight card, and our own avant popster Anasazi. "Holy shit!" indeed. Soda. Save me a stool... or if when that fills up, none-too-shab in the Department of Elie: Cincy soul-rockers the Heartless Bastards hit Casbah behind their latest Fat Possum piece. The Mountain, a bike affair than the Bastards' norm and a showcase for vocalist Erika Wennerstrom. Suggest you give their "space" a spin. Sounds a lot like Nico covering Patti Smith and vice versa, no? Mister Johnny Winter will lay it down at Beauty. The 65-year-old pale male is one of the featured artists on this year's Woodstock Experience; available via Sony BMG.... Indie-popular Portland electronic duo Glass Candy join the aforementioned Cold Cave at Casbah Friday night to fill a beers-based bill. It's L.A. openers Best Coast and their girl-group surf pop that climb all over Brick. My space warning: the banjo player likes to get naked... "So Cal Locos" Sprung Monkey climb all over Brick by Brick... South Central alt-hop crew Pharcyde roll up on Canvas... Electric kid of rock and soul Bettye Lavette has her "own hell to raise" at Anthology. The 63-year-old madam of Motown has been in this biz and wowing crowds with her pipes since she was 16.

Friday 4
Friday kicks off the North Park Awesome Fast slap-dash fest for and by and about bands. Reads like three days and nights of solid club sets up around hipster central — U-31, the Office, Soda Radio Room. Rockers of the Guitar Hero variety can jack in at northparkawesome-fast.... Tut Tut Now Shake Ya Butt, garage-punk duo Japandroids on the road and pounce on campus club Che Café with Brooklyn punk crew Ninjasicon and locals the Volts... Retro-stoners Mars Volta cook noon-des at Soma. The Grammy-winning Texas troupe is out to tout their fifth proper but first for the mainstream Wull, Octahedron.... Mister Johnny Winter will lay it down at Beauty. The 65-year-old pale male is one of the featured artists on this year's Woodstock Experience; available via Sony BMG.... Indie-popular Portland electronic duo Glass Candy join the aforementioned Cold Cave at Casbah Friday night to fill a beers-based bill. It's L.A. openers Best Coast and their girl-group surf pop that climb all over Brick. My space warning: the banjo player likes to get naked... "So Cal Locos" Sprung Monkey climb all over Brick by Brick... South Central alt-hop crew Pharcyde roll up on Canvas... Electric kid of rock and soul Bettye Lavette has her "own hell to raise" at Anthology. The 63-year-old madam of Motown has been in this biz and wowing crowds with her pipes since she was 16.

Saturday 5
Are you Ekepersoned? Kingston singer Sooka-A-Mouse will make up a date at Café Saturday night. The roots reggae artist is better known for his road show than recordings, but you should check his cover of Zep's "D'Yer Maker" off of 1991's U-Week. Mouser'll hit that live for you, if you ask me.... The B-Side Players will flip it at Beauty, laying Latin dance jams all the night long. Shine your kicks, one.... "The scared band in the world". Deadbolt slides into Casbah with the equally raucous Deere Johns and Bartenders Bible.... Uptown, local indie kids Crash Encore, the Death Eaters, and Lazy Stars fill a bill at Beauty Bar... while piano-poo quartet Drowning Men wash up with Bartenders with B.P. with L.A. experimental OBI Best.

Sunday 6
Your pre-Labor Day list is a prodigious list, indeed, dear rocker. Check it: AC freaking DC brings their head-banging, power-chord vantage to the Sports Arena behind last year's comebacker Black Ice. Said it before, bears repeatin', best cock-rock band evah.... Portland punk-pop trio the Thermals play an early set at Casbah. Hutch Harris, Kathy Foster, and Westen Glass followed up critical hit song cycle The Body, the Blood, the Machine with this year's equally ambitious concept collection Now We Can See. Not exactly apples and oranges, as the trio's got limited tricks, but BHM was way way better and one of the best records of 2006. A must. Tape Deck Mountain sets the stage, and then afterward, Jivewire DJs will spin you right into Ruby Room. The boys' are back from a six-week stint with Magnolia Electric Co. Earnest wow. Wrap yer mitts around their Dead Oceans disc Living on the Other Side to hear what all the hubbub's about. Odd-pop indie act Looxly from Austin and our own Moviemakers warm the seats at the Hillcrest hideaway.... Fullerton slop-pop act Audacity spills it at Bar Pink with Stoned at Heart and the Bugs.

Monday 7
Didn't know Labor Day's a Canadian holiday? Thought not... Blues-rock bros Chino Clippers will play a freebie, as they do every first Monday, at Ruby Room. They will open with "O Canada."

Tuesday 8
"We don't want to bring anything to the table. We want to be the table." That's Lowell Herlin of local noise-pop quartet the Lanterns, which will light up Radio Room Tuesday night. Have you heard Apocalypse Youth yet? Get with these guys. They won't tickle: Life Deposits Sad American Night, and the Beat-less set the stage.

Wednesday 9
Scottish pop group Paolo Nutini (Dad was from Toscana) burns down the House of Blues with the blue-eyed soul off his latest international hit Sunny Side Up.... Barnstormers Southern Culture on the Skids and Los Straitjackets are gonna play 'em wall to wall at Casbah, while Reel Hooks plays the Atari.... L.A. mainstay the Blasters and John Doe will pull out the roots rock at Beauty.... And Anthology hosts for three nights starting Wednesday, liv- ing legends of jazz Chick Corea (keyes), Stanley Clarke (bass), and Lenny White (traps). Two shows a night, jazz fan. No excuse.

— Rabamy Monk
Now open in downtown Oceanside
Extended hours – open ’til 1 am
Ocean-view dining • Live entertainment
DJs & dancing • No cover

Wednesday, September 2 • In our basement
END OF SUMMER PARTY!
DJ Sinn, DJ kidRIZ & DJ Benji 9 pm-1 am
Spinning Hip-hop, R&B, Dancehall & Party Classics!

Friday, September 4 • On our roof
Live Band 6-9 pm
In our basement
Irieside
with DJ kidRIZ & DJ Sinn 9 pm-1 am
CELEBRATING DAVINA’S BIRTHDAY!

Saturday, September 5 • On our roof
Gregory Michaels 6-9 pm
In our basement
DJ kidRIZ & Special Guest 9 pm-1 am
Club Hits, Hip-hop, R&B & Classic Party Tunes

Sunday, September 6 • On our roof
Still Smokin’ 2-5 pm
DJ kidRIZ 6-9 pm

Monday, September 7 • On our roof
LABOR DAY BASH!
Live Bands, DJs & Karaoke 2-10 pm

*All bands subject to change, but live entertainment will still be provided.
From New York City to Mexico City

“I first thought I was gonna have to go to Europe or Thailand to track with him.”

I’m a serial collaborator,” says Christopher Leyva of Blizzard and Revolution 89. In addition to his band projects, Leyva has collaborated with Greg Laswell, Phil Solem (the Rembrandts), Steve Poltz, members of Louis XIV, producer Steve Russell (P.O.D.), and Chris Reynolds of Red Flag.

“I went all over the U.S. to record my latest solo album,” says Leyva. “From Dallas, Texas, to New York City…and Mexico City, where Erykah Badu’s husband played keys on one song. He was just picking up some demo at the studio and asked if he could lay down some keys!”

He singles out Dallas as the most challenging (and most fun) locale in which to record. “It was a tiny little studio, and we used nothing but one mike and our own creativity, from beating a metal rod to beating a washing machine. And recording the studio shower to make rain sounds.”

Chris Leyva’s latest solo album is SDMA-nominated this year for Best Local Recording, his second award nod in two years. He appears Saturday, September 5, at the House of Blues.

DESCRIBE YOUR MUSIC...

“A mix of pop, singer-songwriting, and heartfelt lyrics. Think Paul McCartney meets Ryan Adams. But not Ryan Adams country, just a sprinkle of country.”

WHY SO MUCH ’80s GLAM ON YOUR NEW ALBUM?

“That would be from hooking up with Chris Reynolds, whose [local] ’80s band Red Flag was a big electro-jam act. We had talked for a long time, but I just never saw a fit until recently. I’m mostly known for singer-songwriter rock, but somewhere along the line I decided I wanted to stand out so I wouldn’t become just another Steve Poltz or Greg Laswell or Jason Mraz — all of whom are great, but I was ready to do a little ’80s-style dance electropop. So I found Reynolds’s number and called him…I first thought I was gonna have to go to Europe or Thailand to track with him, but then I found out he had already moved back to San Diego.”

HOW DID NYC INFLUENCE YOUR WRITING?

“I wanted some songs to feel like a walk in Central Park or falling in love in the East Village or a train ride to Central Square. I think the music scene there is so vast that you don’t even know where to begin, but everyone is happy to share what they’re up to and help you.”

AND THE MEXICO SESSIONS?

“Well, that’s where I’m from, and I had a Latin song, so I went with a Latin band I know down there. I think the locale definitely ‘authenticated’ the song. Mexico’s music scene is such a smart scene — they are very educated and the musicians truly appreciate art and the beauty of it all. They’re very conscious of the history, and there’s lots of orgullo — pride — over the roots of their music.”

WHAT’S IN YOUR MUSIC PLAYER?

1. The Rembrandts. “It never gets old. ’90s production was the cleanest.”
2. Oasis, (What’s the Story) Morning Glory. “You need your whiskey for this one.”
3. Backbeat, soundtrack. “It has Dave Grohl, Greg Dully, the bass player of R.E.M., — gotta have the classics. The album features a bunch of fast-paced three-chord rock ’n’ roll from the ’50s that the Beatles covered in their early days but updated to sound modern.”
5. Ryan Adams, Gold. “Truth-in-writing has never felt so pure and unrehearsed like it feels on this good old record. All the lyrics are smart and simple to follow.”

DREAM COLLABORATION?

“I think I’m gonna take up Ben Moore [the Staytones] on his offer to get into the studio with him and finally do a record with him.”

GOLDEN TURKEY BAD-MOVIE AWARD?

“The Crying Game. Music has so much power, you can make people feel and think.”

FAVORITE VIDEO GAME?

“I like shoot-the-zombie ones.”

MAC OR PC?

“My Mac is my personal fun assistant. My PC assistant always got bugs and was very outdated. My Mac is so sexy, I can’t stop touching her keys.”

BEST THING YOU’VE EVER WON?

“I always lose; hence, I’m a songwriter. If I ever did win something, I’d be in danger of ending up like a Jonas brother or somebody else on Disney [Channel], singing about the happy Sunday I just had and how I got a cool toy with my Happy Meal.”

FIRST BOOK YOU REMEMBER READING?

“The Little Prince.”

SOMETHING ABOUT YOU FEW WOULD KNOW OR GUESS?

“I love cooking.”

Live at the Kraken!
Blues • Dance Rock ‘n’ Roll

BC’s BBQ: Sat. and Sun. Noon ’til Midnight

Thursday, September 3 • No Cover
DAN DRAGON

Friday, September 4 • No Cover
PLATO SOUL

Saturday, September 5 • No Cover
GHOST RIDERS (Day)
ROCK KANDY (Night)

Sunday, September 6 • No Cover
BLUES JAM anchored by the BLUES BROKERS

Mondays and Tuesdays
DOUG ALLEN of the MAR DEIS
JEFF MOORE & THE WITCH DOCTORS

PHOTOGRAPH BY DAN BUSTAH

MUSIC
JAY ALLEN SANFORD

428 F Street • Downtown • (619) 233-3077 • www.patricksii.com

HAPPY HOUR DAILY TILL 8 PM
Irish Car Bombs $5
Jager Bombers $5
Bloody Marys $4
Margaritas $4

LIVE MUSIC IN THE GASLAMP
NO COVER SUN.-THURS. • ONLY $3 FRI.-SAT.

Thursday, September 3
Missy Andersen
“High Energy Soul”

First Friday Blues Fest – 2 Bands
S-3:30 pm
Missy Andersen
Michele Lundeen

Saturday, September 5
Aunt Kizzy’s Boys
“Experience the Blues”

Sunday, Sept. 6
Blue Frog
Burnsville Blues
Blues Tooth

Saturday, Sept. 7
Irish Car Bombs $5
HAPPY HOUR
EVERY DAY 5-7 PM
1/2 OFF ALL DRINKS & FOOD
Excludes holidays & concert nights.

Thursday, September 3
8 pm • Classic Rock
Rockola

Friday, September 4 • 9:30 pm
Grateful Dead Cover Band

Labor Day Jazz Fest
with Tayori & DJ John Phillips
featuring
Glen Fisher
Reggie Smith
Willoweslot
Trena Stewart
Steltis and many more

Monday, September 7
7 pm • Blues
Chet Cannon's Blue Monday Blues Party

Tuesday, September 8
7 pm • Original Acoustic
Songwriters Showcase Competition

Wednesday, September 9
8 pm • Motown & Dance
The Mighty Untouchables

UPCOMING

Wednesday, September 9
Summer Bash
featuring Cash'd Out

Saturday, September 12
Aurora

Thursday, September 24
Albert Cummings

HUMPHREYS BACKSTAGE LIVE
2241 Shelter Island Drive
519.224.3577

UPCOMING

San Diego Blu...
**San Diego Reader**
**September 3, 2009**

---

**This Week’s Shows**

- **4th & B**: 145 B St., Downtown, 619-231-4343.
  - Thursday, 8pm — Lou Gramm. Rock.
  - Saturday, 7:30pm — Souls of We. With Gilby Clarke and Uncle Junkie. Pop/rock. $30. 21 and up.

- **Anthology**: 1337 India St., Little Italy, 619-295-3272.
  - Thursday, 7:30pm — Alphonse Mouzon Jazz Project. Jazz. $15.
  - Friday, 7:30pm and 9:30pm — Bettye Lavett. Blues. $19-$24.
  - Sunday, 7:30pm — Tequila. Jazz/Latin. $14.

- **Bar Pink**: 3829 30th St., North Park, 619-564-7194.
  - Tuesday, 7pm — The Anthology House Band. Jazz. $5.
  - Wednesday, 7:30pm and 9:30pm — Corea, Clarke & White. Jazz. $75-$85.
  - Friday, 10pm — Bartenders Bible. With the Weight. Alternatives/country/rock. Free. 21 and up.
  - Saturday, 10pm — The Drowning Men. With Obi Best. Rock. Free. 21 and up.
  - Sunday, 9pm — Stomped at Heart.

- **Beachside Grill**: 215 N. Coast Hwy. 101, Oceanside, 760-433-8850.
  - Friday, 8pm — Inhale. With DJ Digital Opinion. Reggae. $7. 21 and up.
  - Saturday, 8pm — Shoreline Roots.
  - Tuesday, 7pm — Bartenders Bible. With the Weight. Alternatives/country/rock. Free. 21 and up.

---

**Calendar**

Classical listings can be found in the Classical Music Guide. Music videos, driving directions, maps, event alerts, coupons, and more are available online at SanDiegoReader.com.

**How to Submit a Music Listing:** Call 619-235-3000 ext 405, 24 hours a day, 7 days a week. You may also submit information online at SanDiegoReader.com by clicking on the music section.

---

**SHOUT!**

**Saturday, September 5**

- **Cricket Wireless Amphitheatre**: Nickelback, 7:30pm. With Audacity and the Bugs.
- **Punk Rock:** Free. 21 and up.

---

**Shout!**

**Dueling Pianos**

**Labor Day Weekend**

**Friday 9/4**

- **Doors at 6, Pianos at 6:30**
- **$1 Any Draft 6-7pm**
- **Saturday 9/5**
- **Doors at 6, Pianos at 8**
- **$2 Domestic Flats**
- **$3 Well, Wine & Jager Shots**
- **$5 Jager Bombs**

**San Diego Reader** September 3, 2009

---

**Harney Sushi**

**Sushi til midnight**

**Super lunch combos**

**Late night happy hour**

**Lunch:** Mon-Fri 11:30am to 3pm

**Dinner:** Mon-Sun 5:30pm to 12am

**www.harneysushi.com**

---

**Harney Sushi**

**Best sushi—CityBeat magazine**

**Best sushi—Channel 10**

**Best first date spot—Citysearch**

**Award of excellence—Zagat**

**Best San Diego sushi—US local business assoc.**

**We do catering and private parties!!!**
With a Red Cup Affair. Reggae. $7.


Belly Up Tavern: 143 South Cedros Ave., Solana Beach, 858-481-8410. Thursday, 9pm — 80s Heat. Covers/standards. $10-$12. 21 and up.

Friday, 9pm — Johnny Winter. With the Hill Country Revue and Anna Troy. $21-$23. 21 and up.

Saturday, 9pm — The B-Side Players. Latin/reggae/soul. $15-$17. 21 and up.

Sunday, 9pm — Pete Yorn. With Agent 51. Punk/surf. $12. 21 and up.

Tuesday, 9pm — Gregor. With SO3. Rock. $15. 21 and up.

Wednesday, 9pm — Storytellers. With guests. Alternative. $12. 21 and up.

Wednesday, 8:30pm — Southern Culture on the Skids. With Los Straitjackets and Pant Hoots. Country/rock. $20. 21 and up.

Wednesday, 8:30pm — Deadbolt. With guests. Psychobilly/rock. $12. 21 and up.

Wednesday, 7pm — The Thermals. With guests. Alternative. $12. 21 and up.

Thursday, 9pm — Brett Sanders. Rock. $20. 21 and up.


Friday, 9pm — The Thermals. With guests. Alternative. $12. 21 and up.

Saturday, 9pm — Eek-A-Mouse. Salsa/Latin. $12. 21 and up.


Sunday, 7pm — The B-Side Players. Latin/rock. $17-$19. 21 and up.


Sunday, 9pm — Raul de la Roca. Mexican. $10. 21 and up.

Sunday, 9pm — Salsa. Reggae/roots/dub. $22. 21 and up.


Friday, 8pm — The Blasters. With John Doe. Punk/rock. $17-$19. 21 and up.


Saturday, 8pm — The UK Subs. Alternative/pop/rock. $15. 21 and up.

Saturday, 7:30pm — Chanauk. Salsa. Free.

Saturday, 8pm — The Thermals. With guests. Alternative. $12. 21 and up.


Sunday, 9pm — Agua Caliente. Salsa/Latin. $12. 21 and up.

Sunday, 9pm — Zebra Surf Camp. With the Secret Samurai and Hammat. Punk/rock/surf. $5. 21 and up.

With Cold Cave, Best Coast, and Els Maria Orduno, Sir Charles, and Brandon Webb/Acover Electronic/pop. $12. 21 and up.

Saturday, 9pm — Bleeding Through. With Brantley Gore and Sinyster. Rock. $20. 21 and up.

Saturday, 9pm — The Thermals. With guests. Alternative. $12. 21 and up.

Saturday, 7pm — The Thermals. With guests. Alternative. $12. 21 and up.

Wednesday, 8:30pm — The Thermals. With guests. Alternative. $12. 21 and up.

Wednesday, 7pm — Def Leppard and Poison. Rock.

Wednesday, 8:30pm — Deadbolt. With guests. Psychobilly/rock. $12. 21 and up.

Wednesday, 7pm — Def Leppard and Poison. Rock.

Wednesday, 8:30pm — Deadbolt. With guests. Psychobilly/rock. $12. 21 and up.

Wednesday, 7pm — The Thermals. With guests. Alternative. $12. 21 and up.

Wednesday, 8:30pm — Deadbolt. With guests. Psychobilly/rock. $12. 21 and up.

Wednesday, 7pm — The Thermals. With guests. Alternative. $12. 21 and up.

Wednesday, 8:30pm — Deadbolt. With guests. Psychobilly/rock. $12. 21 and up.

Wednesday, 7pm — The Thermals. With guests. Alternative. $12. 21 and up.

Wednesday, 8:30pm — Deadbolt. With guests. Psychobilly/rock. $12. 21 and up.

Wednesday, 7pm — The Thermals. With guests. Alternative. $12. 21 and up.

Wednesday, 8:30pm — Deadbolt. With guests. Psychobilly/rock. $12. 21 and up.

Wednesday, 7pm — The Thermals. With guests. Alternative. $12. 21 and up.

Wednesday, 8:30pm — Deadbolt. With guests. Psychobilly/rock. $12. 21 and up.

Wednesday, 7pm — The Thermals. With guests. Alternative. $12. 21 and up.

Wednesday, 8:30pm — Deadbolt. With guests. Psychobilly/rock. $12. 21 and up.

Wednesday, 7pm — The Thermals. With guests. Alternative. $12. 21 and up.

Wednesday, 8:30pm — Deadbolt. With guests. Psychobilly/rock. $12. 21 and up.

Quiet City: 623 2nd Avenue, La Jolla, 619-531-1636. Saturday, 9pm — The B-Side Players. Latin/soul. Free.

Saturday, 9pm — Eek-A-Mouse. Salsa/Latin. $12. 21 and up.


Sunday, 7pm — The B-Side Players. Latin/soul. Free.

Sunday, 9pm — Raul de la Roca. Mexican. $10. 21 and up.

Sunday, 9pm — Salsa. Reggae/roots/dub. $22. 21 and up.


Friday, 9pm — The Thermals. With guests. Alternative. $12. 21 and up.

Saturday, 8pm — The UK Subs. Alternative/pop/rock. $15. 21 and up.

Saturday, 7pm — Spring Monkey. With the Jason Chase Trio, Without Papers, and Love Jones. Alternative/pop/rock. $12. 21 and up.

Saturday, 7:30pm — Chanauk. Salsa. Free.

Saturday, 8pm — The Thermals. With guests. Alternative. $12. 21 and up.

Saturday, 9pm — Zombie Surf Camp. With the Secret Samurai and Hammat. Punk/rock/surf. $5. 21 and up.


Sunday, 9pm — Agua Caliente. Salsa/Latin. $12. 21 and up.

Sunday, 9pm — Zebra Surf Camp. With the Secret Samurai and Hammat. Punk/rock/surf. $5. 21 and up.

Brick by Brick: 7707 Friars Rd., Mission Valley, 619-295-2464. Thursday, 8pm — The UK Subs. With Bankers Hill, the Lugers, and Saving Abel. Rock. $20. 21 and up.

Friday, 9pm — Spring Monkey. With the Jason Chase Trio, Without Papers, and Love Jones. Alternative/pop/rock. $12. 21 and up.

Thursday, 9pm — Zebra Surf Camp. With the Secret Samurai and Hammat. Punk/rock/surf. $5. 21 and up.


Friday, 9pm — The Thermals. With guests. Alternative. $12. 21 and up.

Saturday, 8pm — The UK Subs. Alternative/pop/rock. $15. 21 and up.


Sunday, 7pm — The B-Side Players. Latin/soul. Free.

Thursday, 9pm — David Patrone. With guests. Punk/surf. $12. 21 and up.

Friday, 9pm — The Thermals. With guests. Alternative. $12. 21 and up.

Friday, 8pm — The Blasters. With John Doe. Punk/rock. $17-$19. 21 and up.


Saturday, 8pm — The UK Subs. Alternative/pop/rock. $15. 21 and up.

Saturday, 9pm — Zombie Surf Camp. With the Secret Samurai and Hammat. Punk/rock/surf. $5. 21 and up.


Sunday, 9pm — Agua Caliente. Salsa/Latin. $12. 21 and up.

Sunday, 9pm — Zebra Surf Camp. With the Secret Samurai and Hammat. Punk/rock/surf. $5. 21 and up.
EVERYONE’S A CRITIC

GREETINGS
CD Review
by Darryn Kelly

Melodic metal trio Heretic is an emerging San Diego band to be on the lookout for. I haven’t noticed many show dates for the band, but they have a new EP out called Greetings.

The title track is an upbeat tune with a simple guitar riff and vocal harmonies. “Mincemeat” is a darker track but catchy with subtle but effective production. There seems to be a delay effect on the guitar, which, combined with an explosive middle section, shredding guitar solo, and blood-curdling scream at the close, make this the standout song. The last track on the EP, “Cold and Familiar,” surprises with a Latin melody. With their self-produced debut, Heretic shows musical ability by playing tight and clean. You can tell that each musician has put thought into his part, and the songs shine for their efforts.

ARTIST: Heretic
LABEL: Unsigned
SONGS: “Greetings,” “Mincemeat,” “Cold and Familiar”

Sunday, 7pm — Stage 4. Jazz/R&B

Harrah’s Rincon: 777 Harrah’s Rincon Way, Valley Center, 760-686-7975. Friday, 6:30pm — West of 5. Covers/rock


The Humphrey’s by the Bay: 2241 Shelter Island Dr., Point Loma, 619-224-3577. Friday, 6:30pm — Bo Weir and Red Dog. With Jackie Greene. Rock/blue/iam band. $60.

Java Joe’s at Café Libertalia: 3834 Fifth Ave., Hillcrest, 619-299-9360.

The Jumping Turtle: 1620 Capalina Rd., La Maro, 619-471-7778.

Diary of Disgorge)

THE DELIVERANCE and special guests

Enter Scène Enterrer
Concert Review
by Michelle Welles
The band was sporting bleached blue tees and tight jeans. The first two songs they played were rough. In fact, it might have been the same song played twice. They were wittty between songs...humble, so all was forgiven. “Teenager” was the fourth song of the set, and they nailed it. That’s when things really picked up on stage and in the room. They ended their show with a wall-of-noise psychedelic song, which was ambitious, impressive.

For full reviews, go to 3sreadercritic.com
Harcore/metal/rock.

LIVE MUSIC • REGGAE/ROCK

LIVE MUSIC • ROCK FEATURING
Saturday, 9pm — Tatters Invaders. Acoustic/rock/noots. $5.

Main Tap Tavern: 518 E. Main St., El Cajon, 619-749-6333.
Saturday, 9pm — This Is Manic. Alternative/rock.

Manhattan Cocktail Lounge: 400 Broadway, Clubs Vista, 619-422-6641.
Friday, 9pm, Saturday, 9pm — Stone Wolf. Rock.

McCabe’s Beach Club: 1145 S. Tremont St., Ocean Beach, 760-439-6493.
Friday, 4:30pm — The California Ringers. Country Free.

McDonia’s: 105 E. 8th St., National City, 619-474-6771.
Thursday, 9:30pm — Underground Hip-Hop. Hip-hop/rap/11pm up. $1.
Saturday, 9pm — 805 South Band. Funk/pop. 21 and up.

Molly Malone’s: 1270 Main St., Ramona, 760-798-9650.
Saturday, 9pm — HeadBUSH. Covers/rock. Free.

Friday, 10pm — Joe West. Funk/punk/rock. $5. 21 and up.

Saturday, 9pm — Pickled Punks. Psychobilly. 21 and up.

Oceanside Library: 330 N. Coast Hwy, Ocean Side.
Friday, 7:30pm — Old Blind Dogs. World. $15.

On Broadway: 615 Broadway Ave, Downtown, 619-231-0011.
Saturday, 9pm — Travis McCoy. With DJs Jason Smith, Kurch, and Angle. Hip-hop/rock. 21 and up.

Passage on Prospect: 1250 Prospect St., La Jolla, 858-456-0722.
Thursday, 8pm — Gil Barron. Covers/standards. Free.

Patrick’s II: 428 F St., Downtown, 619-233-3077.
Thursday, 9pm — Missy Andersen. With the Fremonts. Blues/soft/ funk.
Friday, 9pm — Missy Andersen. With the Fremonts. 9pm — Michele Landrum & Buds Streak. Blues/funk/rock.
Saturday, 9pm — Aunt Kizzy’s Boys. Blues/rock/nos.
Sunday, 9pm — Bluff Fing. Blues/rock.

Monday, 9pm — The Burnsville Band. Blues.
Wednesday, 9pm — Blues Tooth. Blues.

Friday, 9pm — The City Limits Band. Country/rock/blues.

Friday, 9pm — The Hillstreet Stranglers. With the Bomb Pops and Nothing Special Punk/rock. $5. 21 and up.

Saturday, 9pm — Out of Control.

Second Stage: 1021 University Ave., Hillcrest, 619-299-7372.
Friday, 8pm — The City Limits Band. Country/rock/blues.

Friday, 8pm — San Diego Sports Arena. Biznet/ACEs. Rock.
Saturday, 8pm — 81’s Prom Night and Car Show. Featuring 81’s All Stars. Covers/party rock. $15.

Ruby Room: 1271 University Ave., Hillcrest, 619-299-7372.
Friday, 8pm — Rockabye. Shakeout. Rockabilly. 21 and up.

The Salty Frog: 992 Palm Ave., Imperial Beach, 619-429-1120.
Friday, 9pm — Bluegrass. Blues/rock. 21 and up.

5 MORE DAYS • EXIT THEORY
Diving For Earth
Green Jacket
BEWILDERNESS • KATIE LEIGH
Sun., Sept. 6
LIVE MUSIC
Little Mac Productions Presents OB’s FINEST LOCAL MUSICIANS
Tues., Sept. 8
PREMIUM SKATEBOARDS PRESENTS
Dive Bar:
Friday, 9pm — The City Limits Band. Country/rock/blues.
Saturday, 9pm — Out of Control.

Saturday, 9pm — Pickled Punks. Psychobilly. 21 and up.

Oceanside Library: 330 N. Coast Hwy, Oceanside.
Friday, 7:30pm — Old Blind Dogs. World. $15.

On Broadway: 615 Broadway Ave, Downtown, 619-231-0011.
Saturday, 9pm — Travis McCoy. With DJs Jason Smith, Kurch, and Angle. Hip-hop/rock. 21 and up.

Passage on Prospect: 1250 Prospect St., La Jolla, 858-456-0722.
Thursday, 8pm — Gil Barron. Covers/standards. Free.

Patrick’s II: 428 F St., Downtown, 619-233-3077.
Thursday, 9pm — Missy Andersen. With the Fremonts. Blues/soft/ funk.
Friday, 9pm — Missy Andersen. With the Fremonts. 9pm — Michele Landrum & Buds Streak. Blues/funk/rock.
Saturday, 9pm — Aunt Kizzy’s Boys. Blues/rock/nos.
Sunday, 9pm — Bluff Fing. Blues/rock.

Monday, 9pm — The Burnsville Band. Blues.
Wednesday, 9pm — Blues Tooth. Blues.

Friday, 9pm — The City Limits Band. Country/rock/blues.

Friday, 9pm — The Hillstreet Stranglers. With the Bomb Pops and Nothing Special Punk/rock. $5. 21 and up.

Saturday, 9pm — Out of Control.

Second Stage: 1021 University Ave., Hillcrest, 619-299-7372.
Friday, 8pm — The City Limits Band. Country/rock/blues.

Friday, 8pm — San Diego Sports Arena. Biznet/ACEs. Rock.
Saturday, 8pm — 81’s Prom Night and Car Show. Featuring 81’s All Stars. Covers/party rock. $15.

Ruby Room: 1271 University Ave., Hillcrest, 619-299-7372.
Friday, 8pm — Rockabye. Shakeout. Rockabilly. 21 and up.

The Salty Frog: 992 Palm Ave., Imperial Beach, 619-429-1120.
Friday, 9pm — Bluegrass. Blues/rock. 21 and up.
Navajo
8515 Navajo Road • 619-465-1730
(Albertsons shopping plaza at Navajo & Lake Murray)

Thursday, September 3
Deeper Purple
Friday & Saturday, September 4 & 5 • 9 pm
Classic Rock

Serious Guise
Monday, September 7
Karaoke

Wednesday, September 9
The Rumbles
(Rockabilly)

Santee
8528 Magnolia Avenue • 619-596-8350
(Corner of Prospect & Magnolia)

Thursday, September 3
Top Dog • Enforcer • Cauldern
Invocation War
Friday & Saturday, September 4 & 5 • 9 pm
Classic Rock

Monsters of Rock
Sunday, September 6
Tim Raldo & The Filthy Fuks
Monday, September 7
Karaoke
Tuesday, September 8
The Screamin Yeehaws
Hard Money Saints • James Honeycutt
Wednesday, September 9
Solow • L.A. Creaky Cahts
Electro Gunn Microwave

Pool Tables • Dart Boards • Free Parking
Hot Spot & Lotto • Free WiFi Access

We are open for all shows following the 7/17/09 fire!

THURSDAY, SEPTEMBER 3
Marlon Dane
Lady Gemini
Beta Lion • One Son

THURSDAY, SEPTEMBER 10
Fabricali, present
Too Short

THURSDAY, SEPTEMBER 17
Sean Healy presents
Devin the Dude
The Ponder • The Even Keel
Aav • Samoan
Iron & the Mighty Few

THURSDAY, SEPTEMBER 24
Guttermouth
(CD release party)
Authentic Sellout
Electric Dynamite

FRIDAY, SEPTEMBER 25
Soja
Stranger
Tribal Theory

TUESDAY, SEPTEMBER 29
The Legends Return Tour

SATURDAY, SEPTEMBER 12
Sean Healy presents
Passafire
Revival Cualli
Uproot

SATURDAY, SEPTEMBER 19
Wild Child
(Doo Wop Tribute)
That ’70s Rock Show

SATURDAY, SEPTEMBER 26
The Rumbles
(Rockabilly)

FRIDAY, OCTOBER 2
Prong
Cattle Decapitation
Mutiny Within

SATURDAY, OCTOBER 3
Soja

FRIDAY, OCTOBER 16
Buff1 & 14kt

SATURDAY, OCTOBER 17
Sean Healy presents
Sean Kingston
New Boyz

10/21: Brother Ali • 10/23: Daniel Johnston • 10/24: Lyrics Born
10/25: Peaches • 10/30: Inner Circle

Outdoor Oceanfront Dining
Lunch & Dinner Daily
Happy Hour Mon.-Fri.
Private Parties & Banquets
Plenty of FREE Parking

3105 Ocean Front Walk 858.488.1780
Canesbarandgrill.com
Myspace.com/canesmusic

LABOR DAY WEEKEND @ THE BEACH!
FRIDAY SEPTEMBER 4
Rare Form Live
The Habit
Brendan B

SATURDAY SEPTEMBER 5
Eek-A-Mouse
High Tide
Project Out Of Bounds

SUNDAY SEPTEMBER 6
Atomic Punks
(Early Van Halen Tribute)
Jumping Jack Flash
(Rolling Stones Tribute)
Children Of The Grave
(Black Sabbath Tribute)

**Serra Mesa-Keamy Mesa Branch Library:** 9005 Aero Dr., Keamy Mesa, 619-525-1966. Wednesday, 6:30pm — Alfa痊nay Suss World. Free.


**Swedenborg Hall:** 1531 Tyler Ave., University Heights. Friday, 7pm — Wendy Bailey. Pop/rock. Free.

**Tango Del Rey:** 3567 Del Rey St., Clairemont, 858-794-9844. Friday, 8pm — La B Liss Big Band Jazz Machine. Jazz/pop/standards. Saturday, 8pm — Paul Vani & the San Diego Jazz Cafe. Jazz. $5–$10. Wednesday, 7pm — The Mikan Zlatkovich Trio. Jazz. $5–$10.


**The Upstart Crow Bookshop and Coffee House:** 813 West Harbor Dr., Downtown, 619-232-2851. Saturday, 7:30pm — Stacey and the Stimulus Package. Soul/funk. $5–$10. Saturday, 9pm — OTC. Rock.


**Wine Cabana:** 2399 Congress St., Old Town. Sunday, 5pm — Bob Bartosik. Jazz. Free.


---

**Upcoming Shows**


---

**AC/DC:** San Diego Sports Arena, Sunday, September 6, 8 p.m. 619-224-4172. $93.50.


---

**Jazz at Lincoln Center Orchestra with Wynton Marsalis**

Tuesday, September 29, 2009 — 8pm / Copley Symphony Hall

Purchase: 858.534.TIXS or www.artpower.ucsd.edu

We take phone orders M-F, 10am-9pm.

---

**ArtPower! at UC San Diego**

“The sweet big band in the world today.” —Daily Telegraph, UK

— John Little from Hollywood Improv

Mike Siracusa & Friends present: The Amazing Racist

Friday & Saturday • Sept. 4 & 5 • 8 & 10:30 pm

916 Pearl Street • La Jolla • www.comedystorelajolla.com

To purchase tickets, call (858) 454-9176

Must be 21 – All shows 2-drink minimum.

---

**McDin’S Calendar of Events:**

**Thursday Sept 3rd 9PM**

San Diego’s ORIGINAL "UNDERGROUND THROWDOWN"

Featuring LIVE HIP-HOP!!!

This week: "The Epicenter!" LIVE

**Friday Sept 4th 7PM**

"THE E" CLUB

Hip Hop & R&B (18 & Up w/ Military ID)
San Diego’s #1 Military Club!

**Saturday Sept 5th 9:30PM**

"605 SOUTH"

San Diego’s Hotest Top 40 Band is back at McDin’s!

The Sounds of Michael Jackson.

Dennis Summers, Cameo, Lakeside & More!!!

Reservations suggested for parties of 4 or more.

**Wednesday Sept 9th 9PM**

"CLUB JUICY"

All Night, All Rainbow Techno & Pop!

McDin’s goes Gay for a Day.

What more can we say?

**McDin’s Dinner & Music**

1056 8th St National City 92150 into line (619) 477-7368
Experience Amazing Art, Live Music & Distinctive Wines
All in One Place

Don’t miss this Free Event at Valley View Casino

Don’t miss this free event! Join us for a fun-filled day of art, music and wine all at Valley View Casino's outdoor venue. Local artists will be exhibiting and selling high-quality art at special rates for Valley View Casino Players Club members. Plus you'll enjoy live music throughout the day, gourmet wine vendors and more.

The fun continues inside the casino with exciting slots and table games, live entertainment and a free lobster buffet when you join the Players Club.

Visit ValleyViewCasino.com for the most updated information on the event.

Sunday, October 11th 11am to 6pm

Presented by:

Valley View Casino
San Diego's Favorite Casino
THURSDAYS
Lessons @ 6:45 pm & band @ 8 pm
“Big Band Thursdays”
Dedicated to Bachata & Merengue!
Bachata lessons @ 8:30 pm

WEDNESDAYS
THURSDAYS
Best in Salsa, Merengue & Cha-Cha
Lessons @ 8:30 pm by Valerie

SUNDAYS
“Big Band Sundays”
Southern Cali’s best bands & DJ’s
Lessons @ 6:45 pm & band @ 9 pm
Complimentary Tapas till 8 pm

MYSPACE.COM/CAFESEVILLA SALSA

Get Your Rock Education!

Classes are held inside Hard Rock Cafe San Diego!
1st-8th grade students form a band and learn to play guitar, bass, keyboards, drums, and sing.
Perform Live at Hard Rock Cafe San Diego!

Classes are held after school and meet one day a week.
No experience required. Classes for all skill levels. For 18 weeks beginning Sept. 23rd/24th 2009.

Grand Finale Show:
Hard Rock Cafe San Diego FEBRUARY 2010!
Registration info within cafe or CALL 310.678.7283
www.rockstarmusiceducation.com
rockstar@starinc.com

www.hardrock.com
**San Diego Reader**

**September 3, 2009**

**710 BEACH CLUB & GRILL**

WHERE GARNET ENDS & HAPPY HOUR BEGINS

**ANY BEER & ANY SHOT = $7.10**

**EVERY MONDAY**

**ALL ACCESS KARAOKE**

YOUR CHANCE TO BECOME A STAR ON TV

**EVERY TUESDAY**

**GAME NIGHT**

**25 CENT WINGS**

**$5 PITCHERS**

**EVERY THURSDAY**

**KARAOKE 7-10 PM**

WHERE YOU ARE THE SINGER

**EVERY SATURDAY**

**DUELING PIANOS**

**ADULT R RATED SHOW**

**WEDNESDAY 9-9/9**

**2 YOU CALL LEETS 80’S NIGHT**

**MLB, NCAA, NFL**

**WE SHOW ALL THE GAMES**

**NO COVER**

**SUN, TUE, THURS**

**EXCEPTING SPECIAL EVENTS**

**WWW.710BC.COM 619.453.7844 / TAKE OUT 274-7327**

---

**GASLAMP TAVERN**

**Join Us for**

**SUNDAY BRUNCH**

¾ Mimosas
½ Bloody Marys

**LIVE MUSIC!**

**Tues 8pm - 8**

**C Philk**

**Performs**

**Wed 8pm - 8**

**Sat 8pm - 8**

**$5 OFF LUNCH OR DINNER**

**HAPPY HOUR**

**Mon-Fri 3-7pm**

**$3 Drafts**

**$3 House Wine**

**$3 Well Drinks**

**868 Fifth Avenue**

**San Diego 92101**

**619.239.3339**

**www.gaslamptavern.com**

---

**Winston's**

**1921 bacon street • ob**

**619.222.6822**

**www.winstons.com**

- **NO COVER Sunday, Wednesday, Thursday.**
- **Non-Madrid and National artists.**

- **11 pm to Close.**

**UPCOMING**

**EVERY THURSDAY IN SEPTEMBER**

**– NO COVER REGgae THURSDAYS –**

- **9/11: THE FABULOUS THUNDERBIRDS**
- **9/12: ORGONE**
- **9/18-19: THE RADITORS**

- **Tix on sale at www.winstons.com**

- **National Touring Band**

- **NO COVER THURSDAY**

- **(Horn-Driven Female-Fronted Funk)**

**MON - THURSDAY**

**11 pm - 2 am**

**KARAOKE OB Style**

**FRI - SAT**

**11 pm - 2 am**

**JACOB FRED JAZZ ODYSSEY**

**THE HEAVY GUILT**

**THE PLASTIC REVOLUTION**

**PLANE WITHOUT A PILOT**

**MOXY BULLETs**

**UPCOMING**

**EVERY THURSDAY IN SEPTEMBER – NO COVER REGgae THURSDAYS –**

**9/11: THE FABULOUS THUNDERBIRDS**

**9/12: ORGONE**

**9/18-19: THE RADITORS**

**The Tix on sale at www.winstons.com**

---

**East Village Tavern + Bowl**

**Don't Miss our Summer Bowling Specials!**

**Monday - Thursday 11-14**

**Only $2 Per Game**

**Fri & Sat 11-14**

**Only $3 Per Game**

**(not including shoe rental)**

**$1 Padre's Pint**

**Purchase a pint at regular price.**

**2nd pint only $1 when you show your padres ticket.**

**(before or after the game)**

**808 Market St.**

**San Diego 92101**

**619.377.EOWL (3865)**

**www.808eowl.com**

**Only 2 lanes north of Physician**

**Opening: September 10th!**

**Estate Tavern + Bowl**

**900 Fifth Ave.**

**San Diego 92101**

**www.eastvillagetavern.com**
Billy Watson

Viejas Casino Concerts in the Park
5005 Villas Rd., Alpine
91911

San Diego Union-Tribune
Viejas Casino Creative Dreamcatcher Showroom
5000 Villas Rd., Alpine
619-455-4400

October 10 — Full Moon Fever: A Night with the Nards.
October 11 — Michael Tiernan/Longines.
October 12 — The Temptations and the Beach Boys.
October 15 — James Taylor.
October 18 — Fall Out Boy.

Sound Selectors Smoovgroovs, 9831 Genesee Ave., El Cajon.

Available for private events
Café on the Park: 5000 Willows Rd., El Cajon, 619-444-0949

• Casual, park-like setting
• Full bar & restaurant
• Patio seating

Upcoming: Sept. 11 • Jazz 7-10 pm

$15 food & beverage min./person

How to Submit a DJ List:
Send your DJ requests to Reader.

Every Tuesday
Open Mic Night

Weekly

Reggae Night

With DJ Dave Styles

Saturday, September 3

“Your Friendly Neighborhood Bar”
1542 N. 5th St., Hwy. 101
Lecanda • 760.753.2094

Happy Hour 4-7 pm daily
2.75 Wells • $2.50 Beer of the Month
4 Regulation Pub Tables
Shuffleboard • Darts
Free Pool Table
Thurs., Fri. 7-9 pm

Kalifornia

Weekend classes available
Call for information:
619-296-0600

Café on the Park: 5000 Willows Rd., El Cajon

KARAOKE ON THE PARK
Saturday, September 4th, 7-10 pm
$5 cover charge

• Full bar & restaurant • Patio seating
• Open breakfast, lunch & dinner
• Casual, park-like setting
Available for private events

Upcoming: Sept. 11 • Jazz 7-10 pm

Courtyard by Marriott:
Café on the Park
1611 Bernardo Plaza Court
San Diego, CA 92128
619-453-2900

Weekend classes available
Call for information:
619-296-0600

To be a Member of the Grand’s VIP Text Club for Special Discounts & Up Coming Events
Text the word “GRAND” to “53203”

Live Music • Full Bar • Seafood • Vegetarian
Continental • Pacific Rim

Happy Hour Daily
$4 Wells, Sangria • Margaritas • $3.50 Beers
Appetizer Specials

“Your Friendly Neighborhood Bar”
1542 N. 5th St., Hwy. 101
Lecanda • 760.753.2094

Happy Hour 4-7 pm daily
2.75 Wells • $2.50 Beer of the Month
4 Regulation Pub Tables
Shuffleboard • Darts
Free Pool Table
Thurs., Fri. 7-9 pm

Every Tuesday
Open Mic Night

Weekly

Reggae Night

With DJ Dave Styles

Saturday, September 3

“Your Friendly Neighborhood Bar”
1542 N. 5th St., Hwy. 101
Lecanda • 760.753.2094

Happy Hour 4-7 pm daily
2.75 Wells • $2.50 Beer of the Month
4 Regulation Pub Tables
Shuffleboard • Darts
Free Pool Table
Thurs., Fri. 7-9 pm

Web

Sand Dollar

Friday, September 4

Sundial

Saturday, September 5

Lo-si Nipple

October 9 — Pearl Jam and Ben Harper.
Viejas Casino Concerts in the Park: 5005 Villas Rd., Alpine
91911

San Diego Union-Tribune
Viejas Casino Dreamcatcher Showroom
5000 Villas Rd., Alpine
619-455-4400

October 10 — Full Moon Fever: A Night with the Nards.
October 11 — Michael Tiernan/Longines.
October 12 — The Temptations and the Beach Boys.
October 15 — James Taylor.
October 18 — Fall Out Boy.

Sound Selectors Smoovgroovs, 9831 Genesee Ave., El Cajon.

Available for private events
Café on the Park: 5000 Willows Rd., El Cajon, 619-444-0949

• Casual, park-like setting
• Full bar & restaurant
• Patio seating

Upcoming: Sept. 11 • Jazz 7-10 pm

$15 food & beverage min./person

How to Submit a DJ List:
Send your DJ requests to Reader.

Every Tuesday
Open Mic Night

Weekly

Reggae Night

With DJ Dave Styles

Saturday, September 3

“Your Friendly Neighborhood Bar”
1542 N. 5th St., Hwy. 101
Lecanda • 760.753.2094

Happy Hour 4-7 pm daily
2.75 Wells • $2.50 Beer of the Month
4 Regulation Pub Tables
Shuffleboard • Darts
Free Pool Table
Thurs., Fri. 7-9 pm

Sand Dollar

Friday, September 4

Sundial

Saturday, September 5

Lo-si Nipple

October 9 — Pearl Jam and Ben Harper.
Viejas Casino Concerts in the Park: 5005 Villas Rd., Alpine
91911

San Diego Union-Tribune
Viejas Casino Dreamcatcher Showroom
5000 Villas Rd., Alpine
619-455-4400

October 10 — Full Moon Fever: A Night with the Nards.
October 11 — Michael Tiernan/Longines.
October 12 — The Temptations and the Beach Boys.
October 15 — James Taylor.
October 18 — Fall Out Boy.

Sound Selectors Smoovgroovs, 9831 Genesee Ave., El Cajon.

Available for private events
Café on the Park: 5000 Willows Rd., El Cajon, 619-444-0949

• Casual, park-like setting
• Full bar & restaurant
• Patio seating

Upcoming: Sept. 11 • Jazz 7-10 pm

$15 food & beverage min./person

How to Submit a DJ List:
Send your DJ requests to Reader.


**Satin Lounge:** Thursdays, 9pm: Hot Latin Beats. Reggaeton, salsa, and merengue. 18 and up. Fridays, 9pm: Funky Fresh Fridays: Hip-hop/mash-ups. 18 and up. Saturdays, 9pm: DJ Dizzy D. Spins hip-hop, old skool, and techno. 18 and up. Wednesdays, 9pm: Blazin’ 90’s Night. With guest DJs. 619. University Ave., College Area. 619-544-1177.

**Side Bar:** Thursdays, 9pm: Ruby Thursdays. 334 Market St., Downtown. 619-696-0867.

**Sixty-Seven Bar and Grill:** Thursdays. 536 Market St., Downtown. 619-544-0946.

**Stingaree:** Sundays. 3125 Ocean Front Walk, Mission Beach. 858-228-9734.

**Tiki House:** Mondays, 9:30pm: Tunes by Trent. Every Tuesday. 1152 Garnet Ave., Pacific Beach. 858-275-6794.

**True North:** Wednesdays, 9pm: DJ Who? Hip-hop/rock. 1200 Garnet Ave., Pacific Beach. 858-272-0696.

**U-31:** Thursdays, 9pm: DJ Artistic. With Cros 1. ‘80s and ‘90s hip-hop hits. 3815 30th St., North Park. 619-291-3815.

**Soda Bar:** Thursdays, 9pm: Expressway to Yr Skull. Punk/rap/rock. Free. 21 and up. 3615 El Cajon Blvd., City Heights. 619-236-1616.

**Static Lounge:** Saturdays, 9pm: Club Backbeat. Hip-hop/rap. 3041 Adams Ave. below Avalon II. 619-236-1616.

**Soul Glo Sundays:** With DJ Girth. Spins Top 40 and hip-hop hits. 18 and up. 3365 India St. • Since 1947 45 Beers 90 Vodkas 125 Whiskeys 125 Vodkas 45 Beers


**Vibe Bar:** Saturdays, 9pm. Too Many Creeps. With DJ Mario O and guests. Post-punk. 21 and up. Thursdays, 9pm: Friends Chill. Board games and mellow grooves every Tuesday night. Free. 21 and up. 2236 Fern St., South Park. 619-284-6784.


**Soda Bar:** Thursdays, 9pm: Expressway to Yr Skull. Punk/rap/rock. Free. 21 and up. 3615 El Cajon Blvd., City Heights. 619-236-1616.

**Static Lounge:** Saturdays, 9pm: Club Backbeat. Hip-hop/rap. $15-20. 18 and up. 3041 Adams Ave. below Avalon II. 619-236-1616.

**Soul Glo Sundays:** With DJ Girth. Spins Top 40 and hip-hop hits. 18 and up. 3365 India St. • Since 1947 45 Beers 90 Vodkas 125 Whiskeys 125 Vodkas 45 Beers


**Vibe Bar:** Saturdays, 9pm. Too Many Creeps. With DJ Mario O and guests. Post-punk. 21 and up. Thursdays, 9pm: Friends Chill. Board games and mellow grooves every Tuesday night. Free. 21 and up. 2236 Fern St., South Park. 619-284-6784.


**U-31:** Thursdays, 9pm: DJ Artistic. With Cros 1. ‘80s and ‘90s hip-hop hits. 18 and up. 3041 Adams Ave. below Avalon II. 619-236-1616.

**Soda Bar:** Thursdays, 9pm: Expressway to Yr Skull. Punk/rap/rock. Free. 21 and up. 3615 El Cajon Blvd., City Heights. 619-236-1616.

**Static Lounge:** Saturdays, 9pm: Club Backbeat. Hip-hop/rap. $15-20. 18 and up. 3041 Adams Ave. below Avalon II. 619-236-1616.

**Soul Glo Sundays:** With DJ Girth. Spins Top 40 and hip-hop hits. 18 and up. 3365 India St. • Since 1947 45 Beers 90 Vodkas 125 Whiskeys 125 Vodkas 45 Beers

Bertrand at Mister A’s: Monday-Friday, 4-7pm: specialty priced cocktails, beer, wine, small plates on patio.

Pizzicato: Every day, 3-7pm: $3 pints, house wine: $6 pizza slice + 1/2 off all drinks.

West Side Wine Bar & Café: Tuesday-Sunday, 5-7pm: $3 selected craft beers, $5 sangria, big glasses of wine: $3 small bites.

BAY PARK

Offshoot: Wednesday, Thursday, Friday, 7-9pm: $2 domestic, $3 sangria, wine and micro import, $5 Tommy Bahama mojito.

CARLESDALE

The Alley: Every day, 11am-7pm: $2.75 wines, domestics.

Boar Cross’n: Thursday-Saturday, 5-7pm: $2 Bud & Bud Light.

The Coyote Bar & Grill: Monday-Friday, 4-7pm: $3 wells, beer, margaritas: $2 appetizers.

Fenway’s Sports Bar & Grill: Every day, 3-10pm-midnight: $3 domestic house wine: $3.50 margaritas, $2.95 Tequila Code.

Greek Village: Monday-Thursday, 5-7pm: 1/2-off beer, wine by the glass, well.

Karl Strauss Brewing Company: Monday-Friday, 4-6:30pm: $3 beer.

Mr. Peabody’s: Monday-Friday, 11am-2pm: $2.50 domestic beers, wine, steak shots, wells, $1.50 jalapeno wings.

CARMEL VALLEY

Tio Leo’s: Monday-Friday, 7-9pm: $2 pints, $4 well, house margaritas.

Twent/20 Bar & Grill: Every day, 4-7pm: $2 off any drink. $2 off appetizers.

DOWNTOWN

Bandar Fine Persian Cuisine: Friday, pomegranate martini. Saturday, $6 cosmos.

Basic Urban Kitchen and Bar: Monday-Friday, 4-7pm: $5 Impersa vodka, $4 local beer, $6 wine. Free domestic drafts, $1 1/2-off select bottles.

The Bitter End: Every day, 5-7pm: All drinks, bottles of wine 1/2-price.

Bondi Bar and Kitchen: Monday-Friday, 4-7pm: $4 select beer, wine, spirits.

Café Sevilla: Monday, 5-6:30pm: 1/2-price martini bottles. Tuesday, Wednesday, 5-6:30pm: 1/2-price sangria.

Carlos Tapas & Bar: Monday-Sunday, 7-10pm: $3 wine, margaritas, tapas, feature.

La Gran Tapas: Tuesday, 5-7pm: $3 sangria, tapas. Weekly. Wednesday, 5-7pm: $3 cask wine, sangria, draft. Thursday, 5-7pm: $3 cask wine, sangria, draft, $10 pitcher sangria/draft.

Las Hadas Bar & Grill: Monday-Saturday, 5-5pm: $2 Bud Light/Coops Light Drafts. $3 margaritas, wine, sangria, 1/2-off seafood bar and appetizers.

Hive Sushi Lounge: Every day, 5-7pm: $2 domestic, $4 mimosas, $2.50 sake, $3.50 well, $4 house wine. Miso, edamame, $9.

Horton’s Bar & Grill: Monday-Friday, 4-7pm: $3 draft beers, $3 wells, $6 house wine, $7 margaritas/cosmopolitans, $7 potato skins, mozzarella sticks.

Ciao Bella: Every day, 5-7pm: All drinks 1/2-price.

Downtown Johnny Brown’s: Monday-Friday, 4-7pm: $3.50 domestic beer.

Jewel Box: Monday, 5-7pm: $3 house margaritas.

Karl Strauss Brewing Company: Monday-Friday, 4-6:30pm: $3.50 beer.

The Field Irish Pub and Restaurant: Monday-Friday, 4-7pm: 1/2-price appetizers.

The Fish Market: Monday-Thursday, 5-6:30pm: $3.75 draft beers, $3.50 wells.

La Fiesta: Every day, 7pm: 1/2-off select sushi & appetizers.

Late Night Happy Hour:

Monday-Friday, 7-10pm: $3.50 margaritas. $4 Long Island: $3.50 drafts.

Sally’s Seafood on the Water: Monday, 2-3pm: $3 local beer on tap. $3 mini burgers (blue crab, Kobe-style beef, ale tuna). Tuesday, 3-4pm: $3.50 margaritas, $3 Mexican bottled beers (3 tacos shrimp, Asian-pulled pork, fish). Wednesday, 4-5pm: $3 hot sake, $3 Japanese bottled beers, $2 edamame/miso soup, $3 hand rolls (Call Suuun, 858/615/78*3). Thursday, 4-5pm: $3 local beer, $3.50 bottles/wine.

San Diego Wine and Culinary Center: Tuesday-Saturday, 5-7pm: $3 house wine, wells, $7 Christopher’s Curves, 12-9pm: tasting flights.

The Shout House: Tuesday, 5-7pm: $5 cosmos, $3 fish tacos, $4 fish tacos. Wednesday, 5-7pm: $2 bottomless beer, wine, wells, $3 lobster, fish tacos. Thursday, 5-7pm: $2 Miller Lite drafts, $10 Miller High Life buckets, $2 bucket shots. Friday, 6-7pm: $1 any draft. Saturday, 5-7pm: $1 domestic drafts, $3 wells, wine, Jager.
**HAPPY HOUR**

True North: Monday, 12pm-close: $1 off all beer, wine, spirits. Tuesday-Sunday, 12pm-7pm: $1 off all beer, wine, spirits. Sunday, 7pm-close: Industry Night, $3 calls.

**OCEAN BEACH**

Blue Parrot: Monday-Friday, 2-7pm: $2 off glass of wine, $3 margaritas, $2.50 tacos, $2.50 nachos or wings. Saturday-Sunday, 10am-3pm: $2.50 mimosa. $5 Mimosas. $4 screwdrivers, tequila sunrisers, grayhounds.

Dream Street Live: Tuesday-Saturday, 4pm-2pm: $2 well drinks, domestic wines, domestic beers, $4 Guinness pints.

Portugalia: Monday-Saturday, 11:30am-5pm • 7 days.

**The Vine:** Every day, 4pm-4:30pm: 1/2-price entire wine and specialty beer list.

**Winston's:** Monday-Saturday, 1-4pm: $3.50 wells, 1/2-off all wine/bottles.

**OCEANSIDE**

333 Pacific: Every day, 3-7pm, 9-10pm: $7 vodka cocktails (100+ types of vodka), $7 appetizers (spicy sweet calamari, blue crab eggs, oyster tasto. Caesar salad, spicy tuna roll, tempura vegetable basket, tuna poke roll).

The Flying Bridge: Every day, 4pm-7pm: $3 beer, $4 wine, 20% off appetizers.

Hana Japanese Restaurant: Every day, 3-7pm: $3 beer, 1/2-off cocktails.

Harney Sushi: Thursday, $5 specialty cocktails.

PCH Sports Bar & Grill: Monday-Friday, 4pm-7pm: $2 domestic, $1 off premims, $3 house wines. Saturday, 2pm-close: $2 domestics, $1 off premisions, $3 house wines.

Pierview Pub/Blues Whiskey Dive Bar: Tuesday, 4-7pm: $2 cans of Tecate.

Tremont Street Bar & Grill: Monday-Friday, 4-7pm: $4 wells, house wine, house beer. $1 off all beer.

**OLD TOWN**

Harney Sushi: Wednesday, $5 specialty cocktails.

**PACIFIC BEACH**

710 Beach Club: Monday-Thursday, 3-7pm: $7.10 beer & shot. Friday, 1-7:10pm: $7.10 beer & shot. Two fish tacos for $7.10. Saturday-Sunday, 12-7pm: $7 pitchers.

The Australian Pub: Monday-Friday, 4-7pm: $3 Long Island, Saturday, $2.50 Karl Strauss. Sunday, $3 Bloody Marys.

Costa Brava: Every day, 4pm-7pm: 1/2-price sangria.

**PACIFIC COAST BEACH**

Pacific Beach Ale House: Monday-Saturday, 3-6pm: 3 drinks, wells, house wines. 1/2-price appetizers.

Pacific Beach Bar & Grill: Tuesday, $2.50 Mexican bottled beer, $3 frozen margaritas. Wednesday, $2 off all drinks, $2 beers. Thursday, 3pm-close: $2 wells, drinks, 1/2-price drinks. Friday, 3-10pm: $2 drafts, wells, 1/2-price drinks. Saturday, 4-10pm: $3 wells, wine, drafts.

Siubad Café: Every day, 4-6pm: $1 drafts, $1.50 wells, shots. $3.50 appetizers. $1.50 Mixed Drinks and Shots

**POINT LOMA**

The Boathouse: Every day, 2-7pm: $1.99 house margaritas ($3 Cuervo Gold), $3 beer of the month, $4 wine of the month.

**TIERRASANTA**

Harney’s Tavern: Monday-Friday, 4pm-7pm: $2.50 domestic drafts, $1 off house wine, wells, $3 wellshot/$4 call shot, $5 drink specials. Saturday-Sunday, all 1pm: $3 Bloody Marys.

Johnny W.: Tuesday, 4pm-close: $3 wells, drafts, selected wines. $1.95 street tacos, 3 off appetizers. Wednesday, all day: $3 wells, drafts, selected wines. Friday, 4-9pm: $2 drinks. Complimentary appetizers. Saturday, all day: $2.50 Bud Light bottle, Absolut, $3 margarita.

Miller’s Field: Monday-Friday, 3-7pm: $1.50 wells. $2.50 Karl Strauss. Stone IPA, $5 specialty drinks, wells, house wine. $5 crispy calamari, ala tuna poke, Stone Fish and Chips, more.

Moby’s: Monday, all day: $1.50 domestic drafts. Tuesday, $6 wine carafes, beer pitchers. Wednesday, 5:50 wings night. Thursday, 3pm-6pm: 1-off any pizza, Friday, 6pm $1.99 large pizza and pitcher of beer. Saturday, $2 bottled beer of the month. Sunday, $5 domestic beer pitchers.

Point Loma Sports Grill & Pub: Monday-Friday, 4pm-7pm: 1/2-price appetizers.

Riley’s Music Lounge: Monday, 4-7pm: $4 calls. Tuesday-Sunday, 4-7pm: $2.50 pints, Wednesday, 4-7pm: $4 Jager bombs. Thursday-Sunday, 4pm: $3 kamikazes, $4 Jager bombs. Friday-Sunday, 4-7pm: $3 calls. Saturday-Sunday, 4pm-7pm $3 Long Island/Long Beach.

**POWAY**

Phileas Fogg’s Bar & Restaura: Monday-Friday, 4pm-7pm: 1/2-price domestics, $7.50 import pints/$11.95 pitcher. $2.95 cheese quesadilla, $3.95 chicken wings, more.

**SAN MARCOS**

California Comfort: Every day, 4pm: $2.50 domestic pints, domestic wines, house wine. $3 appetizers.

**SERRA MESA**

Channel 1 Sports Bar and Grill: Monday-Friday, 8am-11am: $1.50 drafts, wells.

**SOLANA BEACH**

The Fish Market: Monday-Friday, 3-9-10pm: $3.50 wells, discounted beer & wine. $9.95 oysters. $4.25 smoked trout quesadilla, more. Saturday-Sunday, 11am-4pm: $3.50 wells, discounted beer & wine. $9.95 oysters. $4.25 smoked trout quesadilla, more.

**SOUTH PARK**

Alchemy: Monday-Friday, 4:4pm: $2 off wells, including Sky, Smirnoff, Jim Beam, Sauza Gold, $2 of wines/glass, draft.

Hamilton’s Tavern and Cafe: Every day, 5-7pm: $1 off local drafts.

**SPRING VALLEY**

California Comfort: Every day, 4pm: $2.50 domestic pints, domestic wines, house wine. $3 appetizers.

**TERRA SANTA**

Bud’s Louisiana Café: Tuesday-Friday, 1-2:30pm: 4-7pm: $2.50 pints, $6.75 pitcher. Saturday, 1-2:30pm: 4-7pm: $2.50 price and beer. Sunday, 4-7pm: 4-1:30pm - 1:30wine price and beer.

**UNIVERSITY CITY**

Café Japengo: Monday-Friday, 5-7pm: $3 drafts, sake, $3.50 bottles. $4 chicken spring rolls, duck potstickers, California rolls.

**UNIVERSITY HEIGHTS**

Gulf Coast Grill: Monday, all night: $3.95 wells, drafts, wine. Tuesday-Sunday, 4-7pm: $3.95 wells, drafts.

**VISTA**

Jumping Bean Cafe & Mexic: Monday-Sunday, 5-6pm: $1 Coronitas, Pacifico, $2 domestic, imports, $2.75 margaritas, $3 wells, microbrews, $4 Leaping Horse wine.

---

New Open under new management: The Flying Bridge: 1105 N. Coast Highway Oceanside • 760-722-0081 Exquisite Mediterranean Cuisine and Seafood

Ocean View Happy Hour every day from 4-7pm

Our new late-night Happy Hour

99¢ Sake

Mon.-Sat., 9:30 pm-close

99¢ Sushi

Mon.-Thurs.: 9-30 pm-close

Fri. & Sat.: 10:30 pm-close

99¢ Hot California Roll

199 Crunchy Roll

2.99 Hot Crunchy Roll

$1.99 Spicy Tuna Roll

Sushi Deli 3 is our New Location with a Full Bar

3 well drinks, $2.75 microbrews, $3.50 drink special (2oz, beer & small sake), $4.50 crazy special (2oz, beer & small crazy milk) – any time, any day.

Sushi Deli 3

7966 Armour Street • Kearny Mesa 82111 • 858-292-5515

---

Pacific Beach’s Best Happy Hour

4 pm-8 pm Every Day

ALL DAY MONDAY & WEDNESDAY!

$1 Domestic Drafts

$2 Import Drafts

$1.50 Mixed Drinks and Shots

$3.50 Appetizers

$12 Hookahs 11 am-8 pm every day

1005 Garnet Ave. Pacific Beach 858-866-6006
Truluck's is a Florida-based surf-and-turf house specializing in crabs — above all, Florida stone crabs, but also Maine Jonahs, Pacific Dungeness, never-frozen (they claim) Alaskan King, and even a bit of Maine Perkystoe and blue crab of unspecified geographic origin. Filling out the menu are other shellfish and fin-fish from all over, all non-endangered, along with naturally raised Niman Ranch meats and chicken. Truluck's boldly moved where no restaurant has gone and survived — the Aventine's notorious "corner of doom," at the opposite end of this four-restaurant upscale food mall from Japengo.

I'm no great fan of chains, but shellfish are a passion, and Truluck's has been offering a summertime bargain "Date Menu" — appetizer, entrée, and shared dessert for two for $35 a person. I phoned to ask when "summer" would officially end. The hostess didn't know and couldn't dig up a manager, but she thought it would run through September. She'd have somebody call me back. No call ever came, but by the time I didn't hear from them, I was already eating there to get in on the deal: they had some crazy little stone crabs, and I was going to get one. "Hey, Sam," I emailed my most seafood-lovin' buddy, "Can I give you the crabs?" I wanted to try some à la carte choices, too, so asked him to bring along a date (Sam's a magnet for smart, lively women, always welcome table-company), and I'd play date-night chaperone.

Truluck's looks like a transplant from some other place, some other time — specifically, 1947–1967. After passing the more modern-looking live tank of Dungeness on the way in, you slide past a large, dark bar with shiny black floors, past a large, shiny, black, live tank of Dungeness on the way in, you slide past a large, dark bar with shiny black floors, piano in the corner, and a large, muted flat-screen TV beamed at the adjoining dining room. Like facing Medusa, you need to blindfold yourself not to look at it. Lest its hypnotic powers turn you into a stone couch potato. Big mirrors and plaster game-fish hang on the walls. At least, I hope they're plaster. If not, that's a lot of sawdust-stuffed endangered marlin. I prefer it stuffed Baja-style with sliced limes, pickled red onion, and cilantro.

The spacious dining room is brighter, mixing four-top tables in various arrangements and bun-gundy-leather booths and more petrified fish and mirrors on high. An eclectic collection of okay taped music was playing softly when we entered but soon gave way to the barroom's pianist belting out pre-rock vocals loudly enough to drown out conversation, reminiscent of those torturous wedding receptions where hopelessly square parents have hired the band. Given the pickle menu, the entertainer should have updated the inescapable Dean Martin number to "When an eel nips your lip when you're taking a dip, that's a moray! When a fish fangs your face while you're floating in place..." His country-western version of blues great Bessie Smith's "Nobody Loves You When You're Down and Out" ended with an appalling little Texas yodel before the final chord. It was a harbinger of the cooking to come.

The bread plate was mixed news: the baguette slices were stale; the brown bread was soft, sweet, and warm; the butter was warm, too, and spreadable.

All "Dating Menu" dishes are drawn from the à la carte choices, so even if this option expires, you can get the same dishes anytime (most food prices are moderate, unless you opt for luxury stuff). It offers several salads and a soup for starters — the latter, an interesting crab-and-corn chowder. It was dense and creamy, and oddly, a little smoky, with potato slices and tiny corn kernels — very likable. In this retro atmosphere, I couldn’t resist trying the "Wedge" salad (iceberg with diced tomatoes, crumbled bacon, a bit of Maytag blue). Its blue-cheese dressing was thin, sweet, not very cheesy. Wished I’d chosen the Caesar instead, or the Sonoma Greens. (But didn’t the menu say "local produce"? Sonoma is 750 miles north, near enough for baby goats and goat cheese, but we’ve got great greens a lot more local all over North County.) For the à la carte starter, we chose rock-shrimp-and-artichoke beignets (fritters). They did look like darker-colored, overgrown N’Awlins breakfast beignets. Tender and mostly tasty, but uneven from one to the next, some carried a slash of hot spice, others were sweet; a few had excess batter. They came with habanero aioli dip, heavy and spicy enough to overwhelm not just the puls but an army of hungry Visigoths — not bad when applied discreetly in bloblets. Like most other plates, this also offered net-wrapped lemon halves for squeezing, a useful fallback whenever the kitchen’s more elaborate concoctions failed.

**Truluck’s ★½ (Fair to Good)**

The Aventine, 8998 University Center Lane, La Jolla, 858-453-2583, trulucks.com

**HOURS:** Monday–Thursday 5:00–10:00 p.m., until 11 p.m. weekends, until 9 p.m. Sunday.

**PRICES:** "Date Menu" prix fixe through summer (two courses, shared dessert), $35 per person. "Chilled Seafood Tower" priced by the piece ($2.50 oysters, $3 Jonahs clams, tiger prawns $8, cocktails $3–$15); shareable starters, $7–$17; entrees, $17–$43 (plus market-price shellfish); sides, $5–$12.

**CUISINE AND BEVERAGES:** Seafood and steaks with large garnish portions of starch, featuring non-endangered catch, Niman Ranch (natural) meats. Vast, fun wine list, plenty by the glass, including four-pour flights, full bar.

**PICK HITS:** Crab-and-corn chowder; rock-shrimp-and-artichoke beignets; crab fried rice. Good bets: Florida stone-crab claws in season (October–June); live Dungeness crab; Alaskan King crab legs.

**NEED TO KNOW:** Free validated valet parking. Live piano-bar music (miked loud). Business-casual dress. Retro ’50s ambience, without irony.

**Ratings reflect the reviewer’s reaction to food, ambiance, and service, with price taken into consideration. Menu listings and pricing are subject to change.**

Go to SanDiegoReader.com to find hundreds of past reviews.

**Breakfast, lunch and dinner served 24 hours, 7 days a week**

**The best hotcakes you have ever tasted or they’re free!**

We are so confident that our hotcakes are the best you’ll ever taste that we’re willing to put your taste buds to the test. Our pancakes are made from the finest flour and sweetest buttermilk on the planet. And the same goes for our old-fashioned malted waffles. Try them and you’ll be hooked for life!

**Extraordinary portions served around the clock including:**

- Gourmet Multi-Grain Hotcakes
- Stuffed French Toast
- Chicken Strips Cordon Bleu Sandwich
- Half-Pound Old-Fashioned Patty Melt

Complete menu available at www.Brians24.com

**The only 24/7 restaurant in Downtown**

828 Sixth Avenue, between E and F Streets in the Gaslamp  I 619-702-8410
While we pondered what to order, our server (a charming Aussie named Michael) brought out a tray of all available crabs and gave a memorized spiel about each. I learned this lesson most vividly when dealing with the leftover half-portion at home. Jonah shells are totally tough — tougher than Bambo, tougher than Chuck Norris, tougher than Ah-nold. We’ve got crustacean Hulks here. All your lobster-dinnerment tools are of no avail. The only option is to lump them with a mallet until the shells are shards (as the kitchen did at the restaur-ant), which then get in the way of trying to eat the flesh, ‘cause you have to peel that all-flot-ten off. Worse yet, the center of each claw has a “room divider” of tough cellulose, so you must scoop out the shreds of meat from each side — there is little hope of getting a big succulent bite of claw-meat from this species. After all that labor, half a portion left a scant half-cup of salty shreds, not nearly as delicious. We brought out a tray of all avail-able Jonah claws to tempt us further. It was like a blessed brief return to 21st-century urban Califor-nia, after a dinner mired in the heavy, careless luxuries of 1957. We still had a shared dessert to choose. The Date Menu has a choice of chocolate mousse cake and carrot cake. Walter Michael brought out the whole dessert tray to tempt us further. It re-sembles a scaled model for a downtown redevelopment project, numerous towering ed-ifices of sweetness. We stuck with carrot cake, which we served as a container-port warehouse on the future water-front. It tasted all-American straightforward — very sweet, with caramel sauce and nutty shaped brown sugar puffs on the side. Sam’s date Jennifer took a few modest bites, as did I. These were sufficient, and we sent the bulk of it home with marathon-runner Sam, who is skinny enough to handle the calories.

As I said, I generally don’t love chains, so all the more impor-tant to compare Truluck’s to other local seafood chains. King’s Seafood in Mission Val ley blows Truluck’s out of the water — fresh seafood, nicely cooked (some simple, some dishes as impressive as Truluck’s best — but better executed). Brigantine wares ‘em out, too — I’ve never eaten at an actual Brigantine, but their spin-off Zocalos in Old Town offers lots of light, interesting appetizers, along with better Puerto Nuevo local lobster than Puerto Nuevo itself, and their Mjel’s Cantina has Mexican-style seafood (in indigently goopy sauces) cooked reliably tender. (I love bringing visitors with kids to the Coronado lo-cation — the younguns fall in love with the food as well as the festive atmosphere.) And al-though Anthony’s style is too plain for me, their catch comes fresh from their own local fish and processing company; the plates taste cleaner. And, of course, we’ve also got more re-mote-based fine-dining seafood chains like the popular Oceanaire and McCormick and Schmick’s. The edge all these have over Truluck’s is that the cooks respect the ingredients — and the eaters. So, given the lo-cal rivals — lots o’ luck to Truluck’s, Unless they whip their kitchen into competitive condition, I’ll wager that Tru-luck’s may have no luck at all here.
R E S T A U R A N T  L I S T I N G S

A complete searchable list of over 600 restaurants is available online at SanDiegoReader.com. Price estimates are based on the latest information available for a midrange entrée. Inexpensive: below $10; moderate: $10 to $19; expensive: $20 to $29; very expensive: more than $30.

A l p i n e


B a j a

From the United States use the prefix 011-52 when calling Mexico

Chili Jal Avenida Revolución #1388, Tijuana, 864-663-4955. The food’s Spanish, so paella is big (with soup, salad, French bread, and meat cheese), but try baby cel appetizers, chorizo (pork sausages), Acualat (red fish) a la vicaría, trout with olive oil and garlic. Inexpensive to moderate.

Original Ortega’s Calle Principal (next to Casa de la Langosta), Puerto Nuevo. The spicy lobsters (once local but now from who-knows-where) are fried in bread, finished off on the grill, and served with smoked margarita Mend, friedlos, roc, tortillas, and salsa. Many other starters, entrées, desserts available. Moderate to high, low-moderate specials.

Los Pelicanos Calle Cedros #115, Rosarito, 661-612-0445. This hotel-dining room is El Nido’s little sister, with a shorter menu. It serves good steaks and surf ‘n’ turf in a handsome room. Inexpensive.

Tacos Varios y Aguas Frescas Corner of Constitución and Third, Tijuana. The cart is only here from 6pm to 9pm, but from tongue to chicken mole to sope, steak ranchero, carne asada, chile relleno, pork offers reasonably credible Memphis-style flavor; ribs come in three versions. Inexpensive to moderate.

Balboa Park

Japanese Tea Pavilion 2215 Pan American Way, Balboa Park, 619-231-0040. The tempura bowl with salmon, the sweetish edo sobo noodle soup with tofu kiriw, and even the California sandwich piled high with “krab” meat are good and feel Japanese. Inexpensive.

The Prado 1549 El Prado, Balboa Park, 619-557-9441. Exquisite setting in the park offers generous portions on a somewhat limited menu. Top choices: meaty crab cakes, slow-roasted tenderloin, baby eel appetizers, chorizo (pork sausages), bacalao (cod fish) in a civilian atmosphere. Don’t miss the spicy pan Hana (yellowtail sashimi with wasabi juice and chili powder) or the fusion-y EU Kidding Me roll, the owner’s favorite. Moderate to expensive.

Joe’s New York-Style Deli 2611 First Ave., Banker’s Hill, 619-295-7666. Go for wraps, jumbo hot dogs with mustard, or East Coast-generous sandwiches like corned beef, dry Genoa salami, cotto salami, bologna, or liverwurst. That Bronx Head liverwurst is da bomb. Inexpensive.

Borrego Springs

La Casa del Zorro 945 Yucca Pass Rd., Borrego Springs, 760-767-5323. The menu offers elaborate seafood appetizers and entrées with fresh veggies from nearer the coast, and rather mild-flavored, tender meats, evidently chosen to be gentle to the dentures of the duffers. Very expensive.

San Diego Reader September 3, 2009 101

San Diego Reader September 3, 2009 101

C a r l s b a d

Joey’s Smokin’ B-B-Q Q555 El Camino Real, Carlsbad, 760-929-1396. Also 4483 Carmel Mountain Rd., Carmel Valley, 858-330-1317. It’s not Southern as much as SoCal “Q,” but the meats are genuinely smoked. Pulled pork offers reasonably credible Memphis-style flavor; ribs come in three versions. Inexpensive to moderate.

Pizza Port 571 Carlsbad Village Dr., Carlsbad, 760-720-7007. Also 135 N. Coast Hwy. 101, Solana Beach, 858-481-7332. Pizza Port brews their own beer (try Sharkbite Red) and flings their own pizzas. New York style. Filling combos can be great, like the Pizza Carlsbad or the Pizza Solana. Inexpensive.

C a r m e l  M o u n t a i n

Athens Market Café 11640 Carmel Mountain Rd., Carmel Mountain, 858-675-2225. Vickie Pappas (sis of Mary) serves up the Greek classics at this offshoot of Athens Market, with particularly flavorful lamb souvlaki and lamb chops. Inexpensive to moderate.

C a r m e l  V a l l e y

Artesa 11965 El Camino Real, Carmel Valley, 858-369-6032. Local, sustainably raised ingredients in treatments growing bolder over the years, offering treats for both palate and mind. A bite pico, sushi bar, and happy hour at the

Now Serving Cocktails!

Steak & Maine Lobster!

Grand Re-Opening Special!
Prime Top Sirloin Steak, Maine Lobster Tail, baked potato, fresh vegetables, freshly baked bread and your choice of soup or salad.
Served Daily 5 pm to 10 pm
In the newly remodeled Wachena Restaurant

W A C H E N A
at S Y C U A N  C A S I N O

5 4 6 9  C A S I N O  W A Y ,  E L  C A J O N ,  C A  |  6 1 9 - 4 4 5 - 6 0 0 2  |  S Y C U A N C A S I N O . C O M

Must be 18 or older to enter Casino, restaurants and theatre. Must be 21 to purchase or consume alcohol. Please play responsibly.
Calend R estaurants

La Bella Pizza Garden 657 Third Ave., Chula Vista, 619-426-8810. Buc- cato-looking family-run restaurant of- fers Italian-American standards, big portions, low prices, late hours. The hit with kids is “Papa’s Favorite” eight-inch pizza.

El Dorado Seafood & Grill 411 Palomar St., Chula Vista, 619-426-9445. Zesty Peruvian dishes include papa re-fritos (creamy potatoes with a luscious beef and raisin filling), aca de pollo (young goat in a complex, herbal stew). Mexican-style seafood served here, too. Inexpensive to moderate.

City Heights

El Borrego Restaurant 4301 El Cajon Blvd., City Heights, 619-281-3353. Specializes in fascination Mexican lamb dishes, including spicy, smoky mixture (lamb cooked inside thin smoky skin) and pescado, similar to haggis. Inexpensive.

Red Sea Restaurant 4717 University Ave., City Heights, 619-285-9722. You’ll find richly seasoned Ethiopian cuisine served in a porous pancake, injera. The knife (spicy beef tartare) is good, the good good (meat in spicy sauce) is transcendent. Vibrant veggies, too. Inexpensive.

College Area

40 Del 5844 Morena Blvd., Col- ledge Area, 619-281-4080. Try the Men- teram, a toasted sub with grilled chicken cutlets, cheese, Munster Jack, and a kick butt Southwestern dressing. Inexpensive.

Woodstock’s Pizza 6415 El Cajon Blvd, College Area, 619-265-0999. Crusts — while or subtly robust whole wheat — are made on the premises. High-quality cheese and toppings are imported. Inexpensive.

Coronado

Bistro d’Asia 1301 Orange Ave., Coronado, 619-473-6677. The relaxing restaurant attached to the hardy La Caja Norte serves gently-dressed dishes from East Asia. Good sushi bar in the Lounge. Moderate.

Crown Room Hotel Del, 1500 Or- ange Ave., Coronado, 619-435-6611. In this vaulted dining room, presidents, princes and Marilyn Monroe have engaged earthy porcini mushrooms. Moderate to expensive.

Shica American Bistro 215 15th St., Coronado, 619-481-1001. Primite California cuisine highlights local produce in delicate, seasonal dishes that engage the mind along with the palate, e.g., a lemon-pistachio cake that changes as you cut it, crumbling into a blurry custard. High moderate to expensive.

Downtown

Acqua Al 325 2nd Ave., Down- town, 619-234-0425. Filled pasta (toasted cheese sandwich with ham). Great soup, little expensive.

Bandar Fine Persian Cuisine 415 and 837 Fourth Ave., Downtown, 619-238-1011. Skilled, healthful cooking from an ancient high cuisine. Refined entrées featuring rice with poultry are elaborately garnished; rose-flavored Persian ice cream is a romantic ending. Moderate.

Café Sevilla 855 Fourth Ave., DOW- TOWN, 619-233-9797. A loud, convivial tapas bar adjoins a quieter, romantic Spanish restaurant, but you can get tapas in the restaurant and entries at the bar. At both, the flavors are interesting, and cosmpolitan. Great sangria. Moderate.

Café de L’Ope r a 1354 Fifth Ave., Downtown, 619-234-0425. Pastry chef Thierry Cabez offers genuine French feeling and food, in a pâtissière with exquisite desserts, fine breakfast croissants, and Gallic lunches like mini-pizzas and housemade sausages (toasted cheese sandwich with ham). Inexpensive.

Candels 411 Third Ave., Downtown, 619-702-4483. Don’t look for taco here — chef Eduardo Baza specializes in sophisticated, delcious meat dishes. Some dishes are cuised with French techniques. Interesting but expensive wine list, food expensive.

The Field Irish Pub and Restau- rant 145 Fifth Ave., Downtown, 619- 232-9840. This spirited, colorful sa- loon, transported whole hog from the Old Sod, offers Irish music live most nights. Try the herb-rich Irish stews, or the honey — potato crespo with a va- riety of fillings (salmmon, beef, etc.). Low moderate.

Lou and Mickey’s 224 Fifth Ave., Downtown, 619-237-4000. Felis-style surf’n’turf reared in King’s Seaford, with fine fish quality, simple fare. Best dishes include Oceana BBQ shrimp — a buttery, spicy Creole ex- tensions (available by the ounce or en- tire) — and the huge, juicy rib-eye Cowboy Steak. Fish moderate, meats expensive.


The Palm 161 S St., Downtown, 619- 702-6800. The fine feature tender dry- aged and seared USDA Prime beef from the chain’s own wholesale butcher and, for high-rollers, monster-sized Nova Scotia lobsters. Also consider shrimp Bruns (with a Dijon sauce), baked crab cakes. Very expensive.

Pand A Inn 556 Horton Plaza, Down- town, 619-233-7800. Family-friendly menu offers grassfeed dishes to suit all tastes. Tofe with eggplant and the Mon- golian Hoppart, a meatball casserole with Chinese cabbage, are among the more authentic choices. Lunches inex- pense, dinners moderate.

Pokez Mexican Restaurant and Vegetarian Cuisine 471 E St., Downtown, 619-702-7106. Hipsterly menu and morphe Mexican vege- tarian food (with some carnivore dishes like steak rancheros or sautéed chicken fritäts). Inexpensive.

RA Sushi 474 Broadway, Downtown, 619-321-0621. Big and spicy, this Ari- zona-based chain restaurant creates a high-energy atmosphere with loud music and a louder decor. The grazing menu features sushi, sashimi, and hosts of Asian-side appetizers, plus substantial noodle dishes and entreés. Moderate.


El Cajon

Downtown Café 1821 Main St., El Cajon, 619-480-9297. Mexican-style patio restaurant serving gringo food. Reasonable prices for baby back ribs, burritos, or Louisiana chicken strips. Or even the veggie burger. In- expensive to moderate.

Geno’s Barbecue 211 W Main St., El Cajon, 619-444-3679. Try 3-fold pulled pork and slab, or slow, or shredded beef.

Now Serving Crab Legs with Dinner every Night. Monday-Sunday!

All-you-can-eat
Japanese • Chinese • Seafood • Italian
$39 Lunch (includes drink)
$59 Dinner (includes drink)
Buy 1 Lunch Buffet at $7.99, 2nd Buffet is $3.99
Buy 1 Dinner Buffet at $11.99, 2nd Buffet is $5.99
Expires 9/17/09. One coupon per couple.
Claremont location only.
Friday Night/Saturday/Sunday Dinner Price.
30 or more dishes alternated daily.

V I P Oriental Buffet
5411 Clairemont Mesa Blvd. • 858-571-8473
(In Madison Square Plaza just west of the 805)
Open Sun.-Thurs. 11 am-9 pm
Fri. & Sat. 11 am-9:30 pm

Dine, Drink & Dance Like the Greek Gods Live Lobster & Rack of Lamb Dinner for Two $29.95 (Reg. $59.95)
With the purchase of 2 drinks. Served with soup or salad, potatoes, fresh vegetables and pita bread. Valid every day. With coupon. Expires 9/17/09.

Live Greek Music & Dancing Thurs.-Sat.

Free Lunch or Dinner w/purchase of lunch or dinner of equal or greater value

Outdoor fireplace, patio dining & separate smoking section available!

8030 Paseo Del Norte • Carlsbad • 760-603-9-0PA (672)
Serving dinner until 12 am Fridays & Saturdays • Family-Owned and Operated
www.creekvillagecafe.com • View our online video at Videomade.com

Now Serving Crab Legs with Dinner Every Night. Monday-Sunday!

All-you-can-eat
Japanese • Chinese • Seafood • Italian
$39 Lunch (includes drink)
$59 Dinner (includes drink)
Buy 1 Lunch Buffet at $7.99, 2nd Buffet is $3.99
Buy 1 Dinner Buffet at $11.99, 2nd Buffet is $5.99
Expires 9/17/09. One coupon per couple.
Claremont location only.
Friday Night/Saturday/Sunday Dinner Price.
30 or more dishes alternated daily.

V I P Oriental Buffet
5411 Clairemont Mesa Blvd. • 858-571-8473
(In Madison Square Plaza just west of the 805)
Open Sun.-Thurs. 11 am-9 pm
Fri. & Sat. 11 am-9:30 pm

With the purchase of 2 drinks. Served with soup or salad, potatoes, fresh vegetables and pita bread. Valid every day. With coupon. Expires 9/17/09.

Live Greek Music & Dancing Thurs.-Sat.

Free Lunch or Dinner w/purchase of lunch or dinner of equal or greater value

Outdoor fireplace, patio dining & separate smoking section available!

8030 Paseo Del Norte • Carlsbad • 760-603-9-0PA (672)
Serving dinner until 12 am Fridays & Saturdays • Family-Owned and Operated
www.creekvillagecafe.com • View our online video at Videomade.com

Now Serving Crab Legs with Dinner Every Night. Monday-Sunday!

All-you-can-eat
Japanese • Chinese • Seafood • Italian
$39 Lunch (includes drink)
$59 Dinner (includes drink)
Buy 1 Lunch Buffet at $7.99, 2nd Buffet is $3.99
Buy 1 Dinner Buffet at $11.99, 2nd Buffet is $5.99
Expires 9/17/09. One coupon per couple.
Claremont location only.
Friday Night/Saturday/Sunday Dinner Price.
30 or more dishes alternated daily.

V I P Oriental Buffet
5411 Clairemont Mesa Blvd. • 858-571-8473
(In Madison Square Plaza just west of the 805)
Open Sun.-Thurs. 11 am-9 pm
Fri. & Sat. 11 am-9:30 pm

Dine, Drink & Dance Like the Greek Gods Live Lobster & Rack of Lamb Dinner for Two $29.95 (Reg. $59.95)
With the purchase of 2 drinks. Served with soup or salad, potatoes, fresh vegetables and pita bread. Valid every day. With coupon. Expires 9/17/09.
Best all-you-can-eat sushi in San Diego County!

All fresh fish!
All-you-can-eat lunch until 4 pm only $19.95
All-you-can-eat dinner 4 pm-close only $24.95

20% off specialty rolls
50% off cocktails
Limit 2 per person. With this ad.

Lunch Special $5.75 stir-fry chicken and vegetables served with miso, salad and rice!

HANA JAPANESE RESTAURANT
2415 VISTA WAY IN OCEANSIDE • 760-439-3283
OPEN 7 DAYS A WEEK • 11:30 AM-9:30 PM

Ali Baba’s Cave
Fine Mediterranean Cuisine and Hookah Lounge

10920 Roselle St., San Diego
(Across from Coaster Station in Sorrento Valley)
858-784-0515 • Aliscave.com
Open every day for lunch and dinner.

3rd Friday of every night is Polish night!
Largest selection of Polish beer in San Diego!

HAPPY HOUR
4-6 pm Daily
2-for-1 Drinks
$9 Hookahs

LIVE BELLY DANCING
Thurs., Fri. & Sat. 8 pm

Flamenco Show... Sunday 7pm
Flamenco singer Angelita Aguilera & Guitarist Juan “El Moro”
Patio Bar Restaurant
Paella Brunch Sat & Sun 11am-4pm / Banquet Facility / Catering
Food, wine, music & culture direct from Spain... Open Daily 11:00am
1653 Garnet Avenue, Pacific Beach. • (858) 273.1218 • www.costabravasd.com
Bistro 221
221 E. Grand Ave., Escondido, 760-737-7908. Simple dishes shine at this gemmed bistro, like sophisticated lunch plates and dinner appetizers like flatbread and Maryland crab cake. Inexpensive.

El Galeno
500 W. Mission Ave., Escondido, 760-748-5911. Mexican seafood stars here. Shrimp and lobster (“squid lobster” in fishermen’s terms) are house specialties. Consider a marlin taco (squeezes some lime onto this rich, strong fish) or savory albutijio-jo soup. Inexpensive to moderate.

Hacienda de Vega
2608 S. Escondido Blvd., Escondido, 760-738-8610. In gorgeous surroundings (sand and garden), Sefora Vega serves sophisticated Mexican City cuisine. You’ll find interesting appetizers along with entrees featuring complex sauces and a huge bargain-priced Sunday brunch. Inexpensive to moderate.

El Parque
2697 Rodie Rd., Fallbrook, 760-731-2777. Good combination plates include the tostada with beef taco and the birria with enchiladas. Better yet, on Sunday morning, agricultural workers pour in here for menudo, cooked in a three-foot-high pot. Inexpensive to moderate.

Wayside Cafe
607 South Main Ave., Fallbrook, 760-725-8633. The place used to be a gas station. You can even sit at the old counter to eat. Count on generous servings, especially the mountain piles of fried shrimp and chile rellenos. Inexpensive.

City Delicatessen
555 University Ave., Hillcrest, 619-293-2747. Some folks come for the Jewish-American food (chicken-in-the-pot, brisket of beef, chopped liver), others to soak up the art-deco colors until midnight (3am weekends). Inexpensive to moderate.

Ibichan
1449 University Ave., Hillcrest, 619-299-7503. The best values are at lunch, with weekday specials like Benten combos (sushi rolls, crab, salmon, rice) and filling soup overflowed with veggies and thick adon noodles. Inexpensive.

Jack’s Barbecue
1290 University Ave., Hillcrest, 619-374-1644. Jack’s sampler (four-piece baby back ribs, one half chicken, one portion of BBQ beef, fries, and coleslaw) is a good intro. Or perhaps tips or just a Cajun sausage sandwich or one of Jack’s chili cheeseburgers with bacon, Inexpensive.

Pasha Mediterranean Grill & Cafe
3614 Fifth Ave., Hillcrest, 619-944-4444. Turkish specialties (including grilled beef cubes over eggplant topped with garlic and yogurt) distinguish this Turkish-Lebanese halal restaurant from generic Middle Eastern, with which it shares a menu of kebabs, shawarma, salads, and a la carte meals. No alcohol. Moderate.

Picasso Spanish Restaurant
3924 Fourth Ave, Hillcrest, 619-284-3061. Some top Basque tapas here include chicken-stuffed empanadillas, baby eggs in garlic sauce, stuffed green lip mussels, and an outstanding paella (available as both a tapa and entree). Inexpensive to moderate.

Pizza Fusion
3827 Fifth Ave., Hillcrest, 619-227-0057. Everything is green and organic at this eco-conscious chain. The pizzas are odd-shaped but tasty, with multiple oval crusts, plenty of veggies, cheeses, and sweet Italian sausages or organic steak. Inexpensive to moderate.

St. Tropez
3885 Fifth Ave., Hillcrest, 619-282-8282. Great vegan sandwiches on ciabatta or eggplant focaccia — the eggplant Baby Greens and the Vegan Fusion (imitation smoked turkey and salami, cheese). But the carnivorous sandwiches are also way better than they have to be. Also pizzas, salads, house-made soups. Inexpensive.

The Tin Fish
910 Second St., Imperial Beach, 619-429-2248. Some top Basque tapas here include the tostada with beef taco and the burrito with enchilada. The price is amazing. Inexpensive.

What the Chef Eats
by Pamela Hunt-Lloyd

Back in the ’80s, when I was executive chef at California Cuisine, cooking went through this really exciting time. All of a sudden there was Alice Waters and Wolfgang Puck and a sudden new explosion of local, fresh, and experimental food.

There was a short-lived trend called grilling that I participated in. A bunch of us would drive up to L.A. for the night and hit four or five new restaurants. We would have an appetizer at Spago and then go to Citrus for dessert. We went to Tommy Tang’s, Border Grill, all the places that were new at the time and famous. By only ordering a small plate, we got to try a lot of great food without draining our finances.

But I’ve always liked the idea of bite-sized portions. For the most part, they are the dishes that chefs play around with the most. They are the most experimental. Entrées are more of a middle ground, trying to stay on the safe side. The other thing about that is they are just so big. With taps, you can realize, Oh, I was going to order one more thing but I think I’ll full. I don’t go out to eat as much as I used to. Bite is my restaurant, and it’s only two years old so I am there a lot, nurturing it.

After a long day at work, one of my favorite quick meals is to grab a roasted chicken from the deli and make some homemade chicken tostadas. You can fry up some tortillas, mash up some pinto beans, and add sour cream and cheese.

From start to finish, the whole process only takes about 20 minutes, and you can enjoy a cold beer or a glass of wine before, during, and after your meal.

Bistro 221
221 E. Grand Ave., Escondido, 760-737-7908. Simple dishes shine at this gemmed bistro, like sophisticated lunch plates and dinner appetizers like flatbread and Maryland crab cake. Inexpensive.

El Galeno
500 W. Mission Ave., Escondido, 760-748-5911. Mexican seafood stars here. Shrimp and lobster (“squid lobster” in fishermen’s terms) are house specialties. Consider a marlin taco (squeezes some lime onto this rich, strong fish) or savory albutijio-jo soup. Inexpensive to moderate.

Hacienda de Vega
2608 S. Escondido Blvd., Escondido, 760-738-8610. In gorgeous surroundings (sand and garden), Sefora Vega serves sophisticated Mexican City cuisine. You’ll find interesting appetizers along with entrees featuring complex sauces and a huge bargain-priced Sunday brunch. Inexpensive to moderate.

El Parque
2697 Rodie Rd., Fallbrook, 760-731-2777. Good combination plates include the tostada with beef taco and the birria with enchiladas. Better yet, on Sunday morning, agricultural workers pour in here for menudo, cooked in a three-foot-high pot. Inexpensive to moderate.

Wayside Cafe
607 South Main Ave., Fallbrook, 760-725-8633. The place used to be a gas station. You can even sit at the old counter to eat. Count on generous servings, especially the mountain piles of fried shrimp and chile rellenos. Inexpensive.
What the Chef Eats

preparation. Of course, you can always roast your own chicken, make beans from scratch, and make your own salsa—if you’ve got the time, go for it!

INGREDIENTS
SERVES 4–6
1 deli roasted chicken,
deboned and shredded
2–3 cloves garlic, minced
(more to taste)
¾ qt of canola oil, divided use
1 can pinto beans with
liquid salt and pepper to taste
1 package thin yellow corn
tortillas

1 package grated Mexican
cheese mix
1 pint sour cream
Fresh avocado slices (optional)
Your favorite prendere salsa or hot sauce

HOW TO DO IT
Debone and shred deli
roasted chicken. Mince
2–3 cloves of garlic or run
through a garlic press.
Add 1 tablespoon of oil
to a medium saucenpan
and place over medium
heat. When the oil is hot,
add the garlic and remove
the pot from the heat so
the garlic doesn’t burn
and become bitter. Place
beans in the pot with half
of their liquid and return to
the heat. Add salt and
pepper and simmer for
10–15 minutes while stir-
ing and slightly crushing
the whole beans.
Meanwhile, heat a large
sauté pan with remaining
canola oil to approximately 350 degrees and fry tortillas. Drain on
paper towels and lightly
salt each tortilla. Once
the beans and tortillas are ready, assemble the
tostadas by spreading a
layer of beans on a tortilla,
topping with shredded
chicken meat, and topping
with grated cheese, sour
cream, avocado slices or
chunks, and salsa.
Note: You can substi-
tute refried beans for
whole, mashed beans,
but I prefer the whole beans. You can also reheat the
tortilla before assembling
the tostadas if you wish.

To get other recipes from
local chefs, go to
sdreader.com.

Clay’s La Jolla 7055 La Jolla Shores
Dr., La Jolla, 858-351-3620. With a
panoramic view of La Jolla, chef-owner
Clay Bondy cooks up a seasonal Cali-
fornia fusion menu with international
flavors, featuring organic vegetables,
wild fish, naturally raised meats and
foie. Expensive.

Come On In 1030B Torrey Pines Rd.,
La Jolla, 858-351-1065. Suave
Euro bistros with tree-shaded patio,
serving sophisticated breakfasts
and healthy lunches like fruit plates and
reggie-mozzarella sandwiches. In-
expensive to moderate. dinners more
a little expensive.

George’s at the Cove — Ocean
Terrace 1250 Prospect St., La Jolla,
858-454-4244. This informal rooftop
eatery has the best view of anywhere
of the La Jolla Cove, but the food isn’t
the fine cuisine of the Dining Room
downtowns — it’s essentially spiffy
grazing. Excellent muffins are the sole
memorable dish. Skip the owner’s “fa-
mous” bean soup, a vanity item. High-
end. Moderate.

Mario’s de La Mesa 7425 La Mesa Bl., La Mesa, 619-273-4114. A nice intro-
duction to Cuban cuisine, including
authentic “Cuban sandwiches” of pork,
ham and cheese, and yuca reina (“old
clothes”) — shredded beef sautéed
with mushrooms, peppers, tomatoes, In-
expensive to moderate.
Sushi Diner 7530 Mesa College Dr.,
La Mesa, 858-561-1179. Most places,
you can eat good or cheap. Here, you
can eat great and cheap. No surprise
that students from Mesa College cram
your own sushi…if you’ve
got the time, go for it!

INGREDIENTS
9 package thin yellow corn
tortillas
1 package grated Mexican
cheese mix
1 pint sour cream
Fresh avocado slices (optional)
Your favorite prendere salsa or hot sauce

HOW TO DO IT
Debone and shred deli
roasted chicken. Mince
2–3 cloves of garlic or run
through a garlic press.
Add 1 tablespoon of oil
to a medium saucenpan
and place over medium
heat. When the oil is hot,
add the garlic and remove
the pot from the heat so
the garlic doesn’t burn
and become bitter. Place
beans in the pot with half
of their liquid and return to
the heat. Add salt and
pepper and simmer for
10–15 minutes while stir-
ing and slightly crushing
the whole beans.
Meanwhile, heat a large
sauté pan with remaining
canola oil to approximately 350 degrees and fry tortillas. Drain on
paper towels and lightly
salt each tortilla. Once
the beans and tortillas are ready, assemble the
tostadas by spreading a
layer of beans on a tortilla,
topping with shredded
chicken meat, and topping
with grated cheese, sour
cream, avocado slices or
chunks, and salsa.
Note: You can substi-
tute refried beans for
whole, mashed beans,
but I prefer the whole beans. You can also reheat the
tortilla before assembling
the tostadas if you wish.

To get other recipes from
local chefs, go to
sdreader.com.

**Seau's**  1940 Camino del Rio North, Mission Valley, 619-291-7328. Vast sports bar offers 70 TV screens and varied pub grub. Pizza, salty burgers, wings with three sauces, sushi, and Juicy Lucy sports bar offers 70 TV screens and various-offers 70 TV screens and various.

---

**Normal Heights**

**Antique Row Café** 5002 Adams Ave., Normal Heights, 619-282-9750. Fill up on all-day breakfasts including huge omelets. Phil's Steak Heaven (you choose: steak, ham, or turkey) is a popular lunchtime dish. Inexpensive.

**North Park**

**El Comal** 1946 Illinois St., North Park, 619-294-4292. Also 262 Third Ave, Chula Vista, 619-420-3011. Home cooking from the mainland (Michoacán, Guererro, others). Stuffed tortilla dishes (no numbered combos) are appetizers or lunches. For entrees, look to casseroles like tingue in tomatillo sauce, tender goat in a lovely red “barbacoa” sauce, and sweet-spicy mole pollo chicken. Inexpensive.

**Old World Deli & Cafe** 3903 30th St. North Park, 619-238-0508. Fine mid-priced European casual food, with house-made sauerkraut the badge of honor. Try the bountiful sausage platter or the Great Grubbed Grilled sandwich. Inexpensive.


**Ocean Beach**

**The Bar-B-Que House** 1635 3964 Harney St., Old Town, 619-224-0606. Big, expansive menu with 100 plus meats and poultry dishes (no numbered combos) are appetizers. Inexpensive.


**Oceanside Café** 1935 S. Coast Hwy. 107. This little place does lunch, with good burgers, but how's what lot of folks come for. Diner Downtown — a three-egg omelet stuffed with bacon, ham, sausage, tomato, zucchini, and cheddar — is wicked. Inexpensive.

**Harney Sushi** 3964 Harney St., Old Town, 619-391-3727. Also 301 Mission Avenue, 760-507-1820. Sushi Cathedral is wicked. Inexpensive.


**Harney Sushi** 3964 Harney St., Old Town, 619-391-3727. Also 301 Mission Avenue, 760-507-1820. Sushi Cathedral is wicked. Inexpensive.

**The Bar-B-Que House** 1635 3964 Harney St., Old Town, 619-224-0606. Big, expansive menu with 100 plus meats and poultry dishes (no numbered combos) are appetizers. Inexpensive.


**Oceanside Café** 1935 S. Coast Hwy. 107. This little place does lunch, with good burgers, but how's what lot of folks come for. Diner Downtown — a three-egg omelet stuffed with bacon, ham, sausage, tomato, zucchini, and cheddar — is wicked. Inexpensive.

**Harney Sushi** 3964 Harney St., Old Town, 619-391-3727. Also 301 Mission Avenue, 760-507-1820. Sushi Cathedral is wicked. Inexpensive.

**Ocean Beach**

**The Bar-B-Que House** 1635 3964 Harney St., Old Town, 619-224-0606. Big, expansive menu with 100 plus meats and poultry dishes (no numbered combos) are appetizers. Inexpensive.


**Oceanside Café** 1935 S. Coast Hwy. 107. This little place does lunch, with good burgers, but how's what lot of folks come for. Diner Downtown — a three-egg omelet stuffed with bacon, ham, sausage, tomato, zucchini, and cheddar — is wicked. Inexpensive.

**Harney Sushi** 3964 Harney St., Old Town, 619-391-3727. Also 301 Mission Avenue, 760-507-1820. Sushi Cathedral is wicked. Inexpensive.
Surfpuppy? A loser

Kearny Mesa — Stripped

1. Strip clubs are for losers
2. Strip clubs are for losers

Comments continued from page 10

STRINGERS

continued from page 10

by Steve Horvath, 8/29

That’s more than most doctors make. That’s what the average girl/stripper makes. By investor1

10:53 a.m., Aug 30

3. I ran one of the Deja Vu Clubs in San Diego for close to two years. Some of what has been aforementioned is basically true, and some of it sounds like the typical banter you would expect from someone who watched the movie Showgirls.

By MrPsychoGreaser

10:53 a.m., Aug 30

San Marcos Hotel

San Marcos — The question residents ask mayor Jim Desmond most often: What’s going on with the unfinished Marriott hotel project?

By investor1

10:53 a.m., Aug 30

Palmetto Hospitality, suddenly lost their funding and were forced to suspend the project indefinitely.

Last June, in an effort to jumpstart the project, the city agreed to buy back the land and allow Palmetto to use the money to finish the project. San Marcos would then lease the property to the hotel chain for the next 60 years.
will give to the developer for the land still falls about seven million shy of what’s needed to finish the project.

“Worst-case scenario, we own the San Marcos Hotel,” added vice mayor Hal Martin.

By Dorian Hargrove, 8/26

Ninja Rave
Point Loma — In an effort to avoid the airport waiting game on Sunday, August 23, I had a temporary detour to a rave at Spanish Landing Park. It was about 6 p.m. There, among the everyday San Diegans out for a jog or bike ride, was a DJ spinning heavy house and trance music. Maybe 20 people spastically danced and 1 or 2 slowly swayed. Then there were those who were swinging their nunchucks with psychedelic ribbons on the ends. As it got darker, more people showed up (maybe 70 people in all).

Why Spanish Landing? Why 6 p.m. on a Sunday? Why the ninja theme? Why did I watch so long that I missed my plane?

By Kimberly Weingart, 8/29

Comments
1. I was one of the individuals involved with putting this event together. This event was actually a fundraiser event for a friend of ours who was recently diagnosed with thyroid cancer and is doing a 102-mile bike ride to raise money for blood cancer research.

By apther 3:35 p.m., Aug 29

The Busby Affair
Cardiff — On Friday evening, June 26, one hundred people at the home of Shari Lynn Barman cheer in support of Francine Busby’s second attempt at taking the congressional seat occupied by Brian Bilbray. As Busby gives her speech, however, an unidentified heckler is heard shouting anti-gay sentiments and derogatory remarks about Busby. At 8:38 p.m., the sheriff’s department receives a noise complaint from a neighbor. At 9:37 p.m., deputy sheriff Abbot arrives on the scene and asks for information from Barman. When Barman refuses, Abbot grabs her wrist. Between 8 and 20 onlookers, according to various reports, converge on the deputy. Abbot’s arm is scratched. A Psychiatric Emergency Response Team member riding with Abbot is shoved and kicked. A scuffle ensues and Barman falls and is kicked while on the ground. Abbot sprays the crowd with pepper spray. Backup is called. Abbot detains Barman. Backup arrives. Shari Barman and Pamela Morgan are arrested. A few days later, the district attorney investigates the case.

On August 25, the district attorney’s office released findings from the investigation, concluding that Barman and Morgan...
violated the law, though they dropped the charges because of reasonable doubt.

On August 27, the president of the Sheriff’s Association of San Diego County, Ernie Carrillo, sent a letter to district attorney Bonnie Dumanis: “The level of resistance, which is arguably contested by various witnesses, did in fact reach a level of a concerted ‘lynching’ by additional partygoers, furthering the deputy’s personal concerns for his safety....

“We respectfully wish to convey our thorough disappointment in the handling of this case by your office.”

By Dorian Hargrove, 8/29

Comments

1. If you are holding a party for 100 people in the evening and all your neighbors aren’t attending, you should certainly be aware of the possibility that the police will visit to investigate "disturbance" complaints. Apparently Ms. Busby is a typical politician, which believes that the rules (retirement plans and health care) apply to everyone but her.

By jradlan
2:15 p.m., Aug 29

2. There were not 100 people, there were less than 25 when the deputy showed up.

If there was no noise at the time the deputy arrived, then the deputy had no legal authority to detain anyone because there is no crime being committed, even with "disturbing the peace" being stretched to a "crime" in this case.

By SurfPuppy619
3:07 p.m., Aug 30

Critical Crash
Hillcrest — August 28, Friday evening, at approximately 8:20 p.m., two Critical Mass bicyclists collided near the corner of University Avenue and Centre Street. One cyclist was said to be bleeding from his ear. They reportedly were not wearing helmets.

The cyclists were headed east on University and were going to make a left on Park Boulevard (northbound). Motorized traffic heading east on University was detoured, but the traffic going west was blocked off.

By Sinetria L. Hudson, 8/30

Comments

1. So a couple Critical Mass riders take it in the ear. Too bad, so sad, I weep. Next time, can’t they obey ALL traffic laws and ride such that they don’t collide?

By Visduh 8:30 p.m., Aug 30

2. In the midst of thousands, that’s challenging. Perhaps if motorists actually paid attention to bicyclists (and ALL traffic laws — like giving)...
STRINGERS
continued from page 117

ing at least half a lane to someone on a bicycle, people wouldn’t feel such a strong need to bond together to ride in such a large group....

By iamright
9:44 p.m., Aug 30

3. I rode the last two Critical Mass rides and saw this accident and two others that night. Riders need to stay on the road and off the sidewalk in the correct traffic lanes and tell everyone “Happy Friday. Thank you for waiting.” Some of the riders’ attitudes create problems, and that is what people who ride all the time do not need.

By isaac4mayor
12:25 a.m., Aug 31

Car Crime Rancho Bernardo — The first of many signs banning vehicles for sale along a busy street recently went up, addressing the Rancho Bernardo “Mile of Cars.” Starting September 5, those who leave parked cars with “for sale” signs along portions of Rancho Bernardo Road can be fined as much as $100 a day.

By peijeantsai 2:50 p.m., Aug 30

3. The problem out here isn’t cars for sale. It’s semis blocking the view when turning in or out of the shopping center next to Carmel Mountain Drive and Stoney Peak Drive.

By Ken Harrison, 8/27

CITY LIGHTS

Free gift for new patients

With coupon. Relaxed, friendly atmosphere.

The Beach Collective
4852 Voltaire Street
Ocean Beach 92107
619-226-3300
Mon.-Sat. 10-8, Sun. 10-6

118 San Diego Reader September 3, 2009

STRINGERS
continued from page 117

2. PistolPete, since it’s become a problem area, Stoney Peak Drive in Carmel Mountain is actually on the list of 23 streets throughout San Diego that are included in new ban.

By Peijean Tsai, 8/29

Comments

1. Now the city needs to get rid of the semis parked on Stoney Peak Drive between World Trade Drive and the entrance to the shopping plaza just before Carmel Mountain Ranch. When trying to turn left onto Stoney Peak going toward World Trade, the semis block the view from traffic headed toward Carmel Mountain Road coming down the hill.

By Peijean Tsai, 8/29

2. PistolPete, since it’s become a problem area, Stoney Peak Drive in Carmel Mountain is actually on the list of 23 streets throughout San Diego that are included in new ban.

By Peijean Tsai 2:50 p.m., Aug 30

3. The problem out here isn’t cars for sale. It’s semis blocking the view when turning in or out of the shopping center next to Carmel Mountain Drive and Stoney Peak Drive.

By PistolPete 2:56 p.m., Aug 30

Taxation without Necessitation Cardiff — Several months ago, when the state was talking about cutbacks in the coming year, the Cardiff School District indicated it might attempt to put to a vote the notion of a parcel tax of around $50 to $60 per parcel. Almost overnight, front-yard signs appeared all over the town, proclaiming “No New Cardiff School Tax.”

The campaign to stop discussion of the tax before it reached the ballot phase was led by the Cardiff Taxpayers Association.

According to association member Bob Bonde, “[The school district is] putting the cart before the horse,” noting that local governments don’t know how much the state will withhold in the coming years. He said that most of the older lots in Cardiff’s ocean-view west side are actually two legal parcels, originally purchased as one lot; those homeowners would be taxed twice.

Bonde pointed out that for another 23 years, residents will be paying for a voter-approved school bond that built the new Ada Harris Elementary School and refurbished the 50-year-old Cardiff Elementary campus.

At July’s school-board meeting, residents opposed to the tax attended. At the board’s Wednesday, August 26, meeting, there was little discussion of the proposed tax.

By Ken Harrison, 8/27

By Peijean Tsai, 8/29 Comments

1. Now the city needs to get rid of the semis parked on Stoney Peak Drive between World Trade Drive and the entrance to the shopping plaza just before Carmel Mountain Road in Carmel Mountain Ranch. When trying to turn left onto Stoney Peak going toward World Trade, the semis block the view from traffic headed toward Carmel Mountain Road coming down the hill.

By Peijean Tsai, 8/29

2. PistolPete, since it’s become a problem area, Stoney Peak Drive in Carmel Mountain is actually on the list of 23 streets throughout San Diego that are included in new ban.

By Peijean Tsai 2:50 p.m., Aug 30

3. The problem out here isn’t cars for sale. It’s semis blocking the view when turning in or out of the shopping center next to Carmel Mountain Drive and Stoney Peak Drive.

By PistolPete 2:56 p.m., Aug 30

118 San Diego Reader September 3, 2009

.Free gift for

new patients

With coupon. Relaxed, friendly atmosphere.

The Beach Collective
4852 Voltaire Street
Ocean Beach 92107
619-226-3300
Mon.-Sat. 10-8, Sun. 10-6

Now open in Pacific Beach

10% off Medical Cannabis

With this ad. Expires September 21, 2009.

San Diego Organic Wellness Association
1150 Garnet Ave. • www.SDOWA.org • (858) 750-2401
11 am-6 pm Mon.-Sat. In accordance with Prop 215, SB 420, H&S 11362.5

Free gift for new patients

With coupon. Relaxed, friendly atmosphere.

The Beach Collective
4852 Voltaire Street
Ocean Beach 92107
619-226-3300
Mon.-Sat. 10-8, Sun. 10-6

118 San Diego Reader September 3, 2009
Street Smart
Chula Vista — On Wednesday, August 26, Caltrans activated the meters that allow traffic onto I-805 north from Telegraph Canyon Road. The stoplights have been in place for some time now, but it was not until this week that they were activated.

I knew about the impending introduction of metering prior to Wednesday because signs had been posted warning all drivers about it. On August 27, I forgot about the meters and left my home at 8:55 a.m. and drove along Telegraph Canyon Road to get on the freeway. Unfortunately, I got stuck in what turned out to be a backup that extended seven-tenths of a mile eastward to the intersection of Paseo del Rey. It took 18 minutes to get on the freeway from that intersection; whereas, on a normal day, without meters, it takes one and half to two minutes.

The meters are likely here to stay, so alternate routes should be used to avoid this backup. Olympic Parkway has a metered onramp but it has yet to be activated, so that is probably the best after-
Like, No Duh
San Diego State— Associate professor of psychology Jean Twenge polled 1068 college students on August 25 and found out something most adults have known since the creation of Britney Spears: not only are they narcissistic and attention-seekers, but they use social networking sites such as MySpace, Facebook, and Twitter to promote themselves and convey what fantastic lives they have. “It’s fascinating how honest [college students] are about diagnosing their generation’s downsides,” says Twenge. “And students are right about the influence of social networking sites — research has shown that narcissistic people thrive on sites like Facebook, where self-centered people have more friends and post more attractive pictures of themselves.”
More than 80 percent of SDSU students who took the poll said they visit MySpace or Facebook multiple times throughout the day.

If You Build It…
Tijuana — South of the border, where electrical wire and telephone lines are routinely stolen for their copper content, a new source of metallic wealth has been tapped: the U.S.-made border fence. This week, more than one group of Mexicans was arrested after disassembling part of the border fence with (presumably) the intention of selling it for scrap.
On Monday, according to Tijuana’s El Mexicano newspaper, two people were arrested. On Tuesday, four men were caught cutting up the border fence with a welding torch in the Zona Norte, near Calle Cinco de Mayo. In the Tuesday incident, when Mexican police arrived, three pieces of the fence had been removed, each about three meters long and 15 centimeters wide. When the thieves tried to escape, police ran them down and found other pieces of the fence that had been cut and carted off earlier in the day.

Due to this week’s attempted thefts, 27 panels of fence were removed. The more modern impregnable fence remains undamaged.

By T.B. Beaudeau, 8/28

Become a Stringer. Earn up to $75 for your neighborhood news story, $10 for photo, $15 for video. See guidelines at SDReader.com/stringers.
The difference between the two: along with much franker sexual scenes, for In Yer Face, the enemy's far more deeply interfused. Because his world held still, Osborne had the luxury of slamming specific targets, even naming names. In Mark Ravenhill's Shopping and F***ing, everything beyond one's fingertips is uncertain. And the play's an ongoing explication of Jean-François Lyotard's famous line, "Each of us knows that our self does not amount to much."

Or, as Willy Loman, pinched in the '50s consumerist vice, put it, "I still feel a little temporary about myself."

According to Ravenhill, consumerism has become so ingrained it's a law of nature: I buy, therefore I am. There's no difference between shopping and sex. Each is just an exchange (a character says, "The having of money is civilization"). To survive such a dehumanized, consume-and-consume-again existence, the worst possible choice is emotional involvement. Midway through Shopping and F***ing, Mark asks, "Are there any feelings left?" A junkie, Mark abandons his mates, Robbie and Lulu, and goes into rehab, where he learns that people can be just as addicting as drugs. But human relations only result in crippling dependencies. So Mark wants an object of pure transaction — the rent-boy Brian — but makes a grave mistake: he falls in love.

You could call SeF postapocalyptic, only the world went out not with a bang but a cash nexus whimper.

Triad Productions fills a gap in San Diego theater. They stage edgy works that refuse to pander to audiences (their most recent: Martin McDonagh's Lonesome West). For SeF, however, it's as if for every beat in the script, the actors don't think we're getting the point. They make the loudest possible choices. The play means to appall — so much that the author wavers between occasional moral urgency and an obvious delight in brutalization (where he actually stands? — a coin flip). But the cast, directed by Adam Parker, begins scenes, emotionally, where they should end. It's as if they're performing in the Civic rather than the intimate confines of the Compass Theatre.

The characters are unsubtle beings. But when the writing of a play is "over," as Ravenhill's is, the acting should come "under" the text for full shock effect. The combination of over plus over...
San Diego Reader

Some allege, three eerie sisters... tedious. Fantasy elements are boffo, the however, is a strange mix. The great success. Moxie's staging. Gail loads them with language with studies of power, its uses and abuses. Some plays verge on, and others become, nightmares. Moxie Theatre has an affinity for Gail's work, having staged Devil Dog Six, however, is a strange mix. The fantasy elements are boffo, the more realistic scenes, flat and tedious.

Male indigents are disappearing from London. Could it be a highly selective virus or, as some allege, three erie sisters who practice witchcraft and speak Jacobean English? Detective Fissimore, scion of Lady E — and potentially the last of his gender — must find out.

Bedecked in Jennifer Braven Citting's wopsy blue silks, Jo Anne Glover, Morgan Tran, and Melissa Fernandes delight as the mystical, nursery-rhyme-singing trio: some of the sweetest life-snuffers you'd ever want to meet. As long as they're onstage, incognito, innocently flitting across David Weiner's two-level London Bridge set, the production's a charmer.

Nonmystical scenes have problems in the writing and the staging. Gail loads them with so much information that the pace bogs and the storyline disappears (“The trouble with writing a mystery,” a friend who writes them told me, “is you have to be crystal clear”). Though his performance as Detective Fissimore improved during opening night, Stephen Elton's British accent didn't. Kristianne Kurner, Laurie Lehmann-Gay (too long from local stages!), and Mark C. Petrich make useful contributions amidst pages and pages of exposition.

The Andrews Brothers

Theater listings and commentary are by Jeff Smith. Information is accurate according to material given us, but it is always wise to phone the theater for any last-minute changes and to inquire about ticket availability. Many theaters offer discounts to students, senior citizens, and the military. Ask at the box office.

The Andrews Brothers

Moxie Theatre, in residency at the "Alise Times Three

San Diego Reader
Enid Hillcrest is so stark it hunchbacked moon-gazer, to Lady switch from Nicodemus, the squeezed lemon; and Bender’s maid with the sweetness of a saddle their various parts capably. 

Time one walks offstage) and han- though momentum wanes every sometimes within ten seconds, couture (twice as fast in Act 2, change Jenny Mannis’s Victorian and Jeffrey M. Bender quick- and hit their marks? John Cariani as one character, return as another, Irma V ep, or young Victor, but 

WEDNESDAYS, THROUGH SEPTEMBER 6.
DAYS, 7:30PM TUESDAYS, 7:30PM 

THURSDAYS, 8PM FRIDAYS, 2PM AND 8PM SATURDAYS, 2PM SUN 

DAYS, 7:30PM TUESDAYS, 7:30PM WEDNESDAYS, THROUGH SEPTEMBER 20.
The Mystery of Irma Vep If eight actors played the eight roles in Charles Lutyns’s camp homage to things that go bump, the show would move faster but would be less funny. Having only two actors become men, women, a mummy, and a werewolf — in sec- onds, it seems — gives it more danger than the script’s deliber- ately concocted shenanigans. The question isn’t so much who killed Irma Vep, or young Victor, but rather: Can the performers dash off as one character, return as another, and hit their marks? John Cariani and Jeffrey M. Bender quick- change Jenny Mannis’s Victorian couture (twice as fast in Act 2, sometimes within ten seconds, though momentum wanes every time one walks offstage) and hand- le their various parts capably. Cariani’s especially good as Jane, a maid with the sweetness of a squeezed lemon; and Bender’s switch from Nicodemus, the hunchbacked moon-gazer, to Lady Endil Hillcrest is so stark it prompts more than one double-take. Paul Peterson’s expert back- ground music and dark and stormy sounds are top shelf. To use Ludlam’s favorite word, Vep is de- liberately “ridiculous.” Taken in that spirit, it can entertain. 

Worlds a Stage National Comedy Theatre The National Comedy Theatre presents a 100-minute impromptu comedy show based completely on audience suggestions. The show is “appropriate for all audiences.” 

Due to popular demand, Cygnet Theatre presents Mark Ravenhill’s Noises Off. 

CYGNET THEATRE — OLD TOWN, 4040 13th St., MISSION HILLS. 619-295-4999. 

WHAT'S ON:

THE 39 STEPS
Alfred Hitchcock shot his movies on location, infusing the everyday — like clocks on a tele- phone line — with menace. The 39 Steps, a highly theatrical (albeit lighter than air) take on Hitch’s 1935 movie, has no such luxury. The show must generate effects on a bare stage with only trunks, chairs, a wardrobe, and four per- formers in an aerobic workout that would challenge the hale and buff. Much of the fun comes from seem- ingly spontaneous inventions, as when Michael Hannay, the ha- raised Brit, must climb through a window but only has the frame. Since Ted Dasy plays Hannay throughout (and quite well), the other three actors juggle an esti- mated 130 characters (backstage quick-changes must resemble a Salad Days party gone awry when five Midwestern housewives “want their dreams back,” Sandra Lynn Kraus directed. 

OLD GLOBE THEATRE, 1363 OLD GLOBE ST., OLD TOWN. 619-234-5623. 7:30PM THURSDAY, 8PM FRIDAY, 2PM AND 8PM SATURDAYS, 2PM AND 7PM SUNDAY, THROUGH SEPTEMBER 6.

Park Your Car in Harvard Yard Vita’s Off-Broadway Theater presents Israel Horovitz’s two-hander about a cranky high school teacher who is dying and a young house- keeper who was his former student. 

OFF-BROADWAY THEATRE, 131 MAIN ST., VISTA. 760-806-7905. 7:30PM AND 8PM SATURDAYS, OPEN ENDED RUN.

Sealed for Freshness OnStage Playhouse presents Doug Noon’s comedy about a for- sure party gone awry when five Midwestern housewives “want their dreams back.” Sandra Lynn Kraus directed. 

ONSTAGE PLAYHOUSE, 201 THIRD AVE., CHULA VISTA. 619-422-7177. 8PM THURSDAYS, 8PM FRIDAYS, 8PM SATURDAYS, 2PM SUN- DAYS, THROUGH SEPTEMBER 19.

Shopping & F**king Triad Productions and Compass Theatre present Mark Ravenhill’s study of our consumer-obsessed society. Three young directors “spi- ral towards a point of no return.” 

COMPASS THEATRE, 3704 SIXTH AVE., HILLCREST. 619-588-9210. 8PM THURSDAYS, 8PM FRIDAYS, 8PM SATURDAYS, 8PM SUNDAYS. 2PM AND 7PM WEDNESDAYS, THROUGH SEPTEMBER 13.

Twelfth Night One of the joys of theatergoing is watching a large cast perform with no weak links. When each actor comes back on, you’re glad to see them and curious about what they’ll do next. The Old Globe’s Twelfth Night, directed with flair and heart by Paul Mullins, sports such a nicely honed ensemble it’s difficult, even unfair, to single out individuals. That said, however, two stand out. James Newcomb’s sad-eyed Feste frames the produc- tion’s sprightly antics with an an- cient, this-too-shall-pass wisdom. He isn’t just a wise fool. This Feste could have written Ecclesiastes. Patrick Page makes Malvolio the exact opposite. Every moment is brand-new. His black hair Hitler- clicked across his forehead, Page shows that a little innocence can be a dangerous thing. Mullins smartly reset the play in the Italian Riviera in the 1960s, a choice that lets costume designer Linda Cho work in Technicolor. Ralph Funi- cello keeps his set static by design. The focus stays, rightfully, on ter- rific ensemble acting and Shake- speare’s magic of cross-gen- dered, cross-garbed maniacs’ rendered loopy by love. (Note: Twelfth Night runs in repertory at the Festival Stage.)

Curtis’s pick: 

THE 39 STEPS
Alfred Hitchcock shot his movies on location, infusing the everyday — like clocks on a tele- phone line — with menace. The 39 Steps, a highly theatrical (albeit lighter than air) take on Hitch’s 1935 movie, has no such luxury. The show must generate effects on a bare stage with only trunks, chairs, a wardrobe, and four per- formers in an aerobic workout that would challenge the hale and buff. Much of the fun comes from seem- ingly spontaneous inventions, as when Michael Hannay, the ha- raised Brit, must climb through a window but only has the frame. Since Ted Dasy plays Hannay throughout (and quite well), the other three actors juggle an esti- mated 130 characters (backstage quick-changes must resemble a Salad Days party gone awry when five Midwestern housewives “want their dreams back,” Sandra Lynn Kraus directed. 

ONSTAGE PLAYHOUSE, 201 THIRD AVE., CHULA VISTA. 619-422-7177. 8PM THURSDAYS, 8PM FRIDAYS, 8PM SATURDAYS, 2PM SUN- DAYS, THROUGH SEPTEMBER 19.

Sealed for Freshness OnStage Playhouse presents Doug Noon’s comedy about a for- sure party gone awry when five Midwestern housewives “want their dreams back.” Sandra Lynn Kraus directed. 

ONSTAGE PLAYHOUSE, 201 THIRD AVE., CHULA VISTA. 619-422-7177. 8PM THURSDAYS, 8PM FRIDAYS, 8PM SATURDAYS, 2PM SUN- DAYS, THROUGH SEPTEMBER 19.

Shopping & F**king Triad Productions and Compass Theatre present Mark Ravenhill’s study of our consumer-obsessed society. Three young directors “spi- ral towards a point of no return.” 

COMPASS THEATRE, 3704 SIXTH AVE., HILLCREST. 619-588-9210. 8PM THURSDAYS, 8PM FRIDAYS, 8PM SATURDAYS, 8PM SUNDAYS. 2PM AND 7PM WEDNESDAYS, THROUGH SEPTEMBER 13.
HELP WANTED

CALL CENTERS


HELP WANTED

DRIVERS/ DELIVERY

DRIVER/ COURIER. Part-time shifts available. Must have pickup with shell, extra or cargo van. Excellent communication and interpersonal skills required. Call 619-393-6835.

HELP WANTED

DOMESTIC SERVICE

ADVISOR NEEDED. Female only! Cust care up, make breakfast. 1 hour in morning. 1 hour in afternoon. 1 hour at night. Saturday and Sunday. $12/hr. Friendly, energetic. Referral. 619-790-1688. San Marcos, CA 92078. Home on-holding. 760-788-7595.

HELP WANTED

EDUCATION

GYMNASTICS SPECIALIST. 814-51- 3174 needed. Organize, promote, supervise and instruct various tumbling and gymnastics classes for children 4- year old’s age. Must have at least 2 years of part-time experience teaching or coaching gymastics. Must be responsible and have excellent communication and computer skills. 619-403-2234. E-mail: humanresources@westerntowing.com

HELP WANTED

HOME HEALTH CARE

ADULT FOSTER CARE. Experienced Medical and Mental Health professionals to care for our adult clients with developmental disorders in your own home. Full time positions available. Daycare, meal prep, CPR/First Aid, experienced. Call 619-964-3675. Located in Carlsbad, El Cajon, La Mesa, San Diego and North County. Bonus paid.

HELP WANTED

DELIVERY

DRIVERS. Term Distribution needs part-time drivers to deliver free publications Mondays and Fridays. Requires a truck, van or SUV, currently insured. EOE. Drug screening. DMV/DMR background check required. 619-478-3892. Hours: 7:30-6:30. 619-478-3892.

HELP WANTED

DRIVERS/ DELIVERY

DRIVERS. Must have Class B license plus endorsements. EOE. Industry experience preferred. Call 619-487-3150.

HELP WANTED

DOMESTIC SERVICE

ADVISOR NEEDED. Female only! Cust care up, make breakfast. 1 hour in morning. 1 hour in afternoon. 1 hour at night. Saturday and Sunday. $12/hr. Friendly, energetic. Referral. 619-790-1688. San Marcos, CA 92078. Home on-holding. 760-788-7595.

HELP WANTED

EDUCATION

GYMNASTICS SPECIALIST. 814-51- 3174 needed. Organize, promote, supervise and instruct various tumbling and gymnastics classes for children 4- year old’s age. Must have at least 2 years of part-time experience teaching or coaching gymastics. Must be responsible and have excellent communication and computer skills. 619-403-2234. E-mail: humanresources@westerntowing.com

HELP WANTED

HOME HEALTH CARE

ADULT FOSTER CARE. Experienced Medical and Mental Health professionals to care for our adult clients with developmental disorders in your own home. Full time positions available. Daycare, meal prep, CPR/First Aid, experienced. Call 619-964-3675. Located in Carlsbad, El Cajon, La Mesa, San Diego and North County. Bonus paid.

HELP WANTED

DELIVERY

DRIVERS. Term Distribution needs part-time drivers to deliver free publications Mondays and Fridays. Requires a truck, van or SUV, currently insured. EOE. Drug screening. DMV/DMR background check required. 619-478-3892. Hours: 7:30-6:30. 619-478-3892.

HELP WANTED

DRIVERS/ DELIVERY

DRIVERS. Must have Class B license plus endorsements. EOE. Industry experience preferred. Call 619-487-3150.
HELP WANTED

RESTAURANT / HOTEL / CLUB

COOK, Waiter Wards, a upscale environment community, is looking for a fully committed, hardworking cook for our dynamic team. To join our schedule, 2-3 years experience working in a fast-paced environment is essential. We are looking for someone who is willing to work different shifts between 3am and 7:30pm (6 days) and various days, jobs and shifts, working all hours of the day. Expect to work additional hours. Requirements include ability to pass physical, including vision and Drug/Alcohol tests. Full benefits include: Same day / D.O. background check and must be eligible to work in the United States. Interested applicants should apply in person. 4814 Loring Street, Pacific Beach.

TRAFFIC DIRECTORS. 50+ hours per week. Day and evening shifts available. Must have good customer service skills and be able to work on a flexible schedule. Apply at www.sunparking.com.
Financial Aid Now Available!
For students who qualify

Train for a career in
Massage & Holistic Health

Call today: 888-276-2934
or visit: www.IPSB.edu

International Professional
School of Bodywork
College of Massage and Holistic Health

“Touching Humanity
One Body At A Time.”
Accredited by the Commission on Massage Therapy Accreditation (COMTA).

San Diego / Chula Vista, CA
Not All Programs Available at All Campuses.
Financial Aid Available if Qualified
Lifetime Job Placement Assistance

* Length of Programs May Vary
* HS Diploma/GED Required

San Diego Reader September 3, 2009 827
Explore a new career in education.

With more than 36 credential and master's degree opportunities at Azusa Pacific University, we're confident we have a program for you.

APU offers:

- A degree-completion program in human development (HDEV) designed for future teachers.
- Accelerated programs that allow you to earn your degree in just 12–18 months.
- Convenient classes 1 night a week at 1 of 8 Southern California locations.
- NCATE-accredited programs recognized by all 50 states and internationally.

Start your degree this fall. Contact us today!

San Diego Regional Center
(Call (877) 210-8839
    www.apu.edu/explore/education
    sandiego@apu.edu

Murrieta Regional Center
(Call (877) 210-8841
    www.apu.edu/explore/education
    murrieta@apu.edu

San Diego Reader September 3, 2009


MEDICAL ASSISTANT. Class begins each month. Day, evening, and online classes. Medical Assistant, Respiratory Therapy, X-ray Technology (limited scope), Lab Technology, Pharmacy Technology, Healthcare Administration, Medical Specialties, Medical Office Administration. Associate/ Bachelor's degrees. Certification/License Programs approved for Veterans. Accredited member ACCSCT. See job shop page 30-31 for details on high school graduates, financial aid if qualified. Enroll today! California College San Diego, 2830 Cámara Del Rio South, San Diego 92109; 1-800-635-2761. www.californiacollege.edu.

KAPLAN COLLEGE

KAPLAN COLLEGE
MEDICAL ADMINISTRATION. Medical Insurance Technician, Medical Administration, and Insurance Specialist courses offered for Medical Administrative careers at Kaplan College. We offer on-the-job training, career placement, financial aid available if qualified. Enroll today! 858-964-1080, Dept. 426, or visit www.KaplanCollege.com.

KAPLAN COLLEGE
MEDICAL ASSISTANT. Class begins each month. Day, evening, and online classes. Medical Assistant, Respiratory Therapy, X-ray Technology (limited scope), Lab Technology, Pharmacy Technology, Healthcare Administration, Medical Specialties, Medical Office Administration. Associate/ Bachelor’s degrees. Certification/License Programs approved for Veterans. Accredited member ACCSCT. See job shop page 30-31 for details on high school graduates, financial aid if qualified. Enroll today! California College San Diego, 2830 Cámara Del Rio South, San Diego 92109; 1-800-635-2761. www.californiacollege.edu.

KAPLAN COLLEGE
MEDICAL ASSISTANT. Class begins each month. Day, evening, and online classes. Medical Assistant, Respiratory Therapy, X-ray Technology (limited scope), Lab Technology, Pharmacy Technology, Healthcare Administration, Medical Specialties, Medical Office Administration. Associate/ Bachelor’s degrees. Certification/License Programs approved for Veterans. Accredited member ACCSCT. See job shop page 30-31 for details on high school graduates, financial aid if qualified. Enroll today! California College San Diego, 2830 Cámara Del Rio South, San Diego 92109; 1-800-635-2761. www.californiacollege.edu.
Learn to practice
Massage & Holistic Health
Become your own boss in as little as 9 months!

- Accredited by COMTA with 32 years of experience
- Financial aid available for those who qualify
- Flexible scheduling—day, night & weekend classes
- 3 in-depth programs to choose from:
  - Holistic Health Practitioner
  - Massage Therapist—Asian Therapies
  - Massage Therapist—Western Therapies

Mueller College
Holistic Studies
4607 Park Boulevard, San Diego
www.mueller.edu  888-299-1408

To train for a new career now,
TEXT “CAREER” TO 88467
Standard text messaging rates may apply.

JOIN THE NURSING FIELD
UEI COLLEGE IS NOW OFFERING A VOCATIONAL NURSING PROGRAM
Gain the hands-on clinical experience to work in:

- Hospitals
- Long term care facilities
- Clinics
- Physicians’ offices
- Rehabilitation units

** LIMITED TIME FOR OPEN ENROLLMENT **

Call Today!
888-720-7201
www.contactuei.com

Financial Aid Available if Qualified, Lifetime Job Placement Assistance
TELECOMMUNICATIONS. 3-week intensive hands-on course in Fiber Optics, Telecommunications, Data Networks and Telecommunications Work. Comply/ESD. State approved. Easy licensing for those who qualify. Call today. 760-471-9591. Visit NCTC 3600 North County, 1324 East Mission Road, San Marcos, CA 92069. E-mail info@nctc360.com or visit www.nctc360.com.


VETERINARY ASSISTANT PROGRAM. Just 14 weeks to a career you love and love! Love your patients and your job as you nurture the health and well-being of the animals who are our family pets. Great financial aid and qualified job placement assistance. 888-339-6477. 780 Bay Boulevard, Chula Vista. www.ptvt.edu.

BUSINESS OPPORTUNITIES

ATTITUDE IS EVERYTHING! Being at the right place at the right time can earn you serious money. For information, call Dr. Katz at 619-592-7356.

AVON, Excellent income potential in today’s changing economy. Perfect for part-time, work-at-home or full-time opportunities. Call today to join the fastest growing opportunity in beauty and personal care or go to avonrepinfo.com. 619-305-2146.

ACCESS BEYOND BORDERS! As World’s Leading Language Services Provider, we believe language should be an opportunity, not an obstacle. Our multilingual experts are here to help you navigate the global marketplace. Whether you need to communicate or conduct business in your chosen language, or learn English, we can help. 619-339-7993. E-mail: sophie@cre8ink.com. www.fromenglishtofrench.com. www.sewnproductsdiva.blogspot.com. www.actorsworkshopstudios.com; 858-587-7999. BHAGAVAD-GITA classes by a Vedic scholar. Monday-Wednesday, 7:20pm-9:20pm; Thursday, 10am-12pm. Heart Association Classes. 3rd week of March and Rancho Santa Fe, Monday, 7:20pm-9:20pm. You might find yourself closer to your inner self. 858-587-7826.

FREELANCE LESSONS. The best, most professional French lessons in San Diego! Options: French & English, learn on your own, with a partner, or a private group class. Rate: $25/hour. Serious inquiries only. 858-509-1778. 6FigureSurfer.com. 800-439-1160. Mesa. Build equity by participating in the #1 commercial cleaning franchise. Entrepreneur magazine ranks Jani-King the #1 commercial cleaning franchise. Jani-King provides as well. To find out more, e-mail info@janiking.com or call 1-800-JEN-KING.


VETERINARY ASSISTANT PROGRAM. Just 14 weeks to a career you love and love! Love your patients and your job as you nurture the health and well-being of the animals who are our family pets. Great financial aid and qualified job placement assistance. 888-339-6477. 780 Bay Boulevard, Chula Vista. www.ptvt.edu.

First Step Towards Your New Career

DENTAL ASSISTANT

Train for a career in:
• Medical Assistant
• Medical Administration/Insurance
• Pharmacy Technician
• Computerized Office/Accounting

Valley Career College
878 Jackman Street, El Cajon • Located 1 block west of Parkway Plaza
Call (619) 593-5111
www.valleycareercollege.com

8-Month Programs • Day & Evening Classes • Financial Aid Available (if qualified) Job Placement Assistance • Approved for WIA, VA benefits

Medical Business

Certified Phlebotomy Technician • Medical Administrative Secretary Medical Office Administrator • Medical Biller • Sports Medicine Technologist

Pharmacy Technician

Medical Assistant • Clinical Medical Assistant

Advanced Medical Coders • Computerized Office Specialist

Computerized Office & Accounting Specialist • Private Investigator

Morn., afternoon & evening class schedules
WIA & Low-Cost Funding • Work Comp • Rehabilitation

Free training if qualified • Small classes

University Schools & Colleges of Health and Human Services

U.S.COLLEGES

San Diego • 619-858-3480
San Marcos • 760-918-8198
www.uscmed.com

First Start Towards Your New Career

Start a new career in 2 months or less!

Medical Business • Investment

Certified Phlebotomy Technician • Medical Administrative Secretary Medical Office Administrator • Medical Biller • Sports Medicine Technologist

Medical Assistant • Clinical Medical Assistant

Advanced Medical Coders • Computerized Office Specialist

Computerized Office & Accounting Specialist • Private Investigator

Morn., afternoon & evening class schedules
WIA & Low-Cost Funding • Work Comp • Rehabilitation

Free training if qualified • Small classes

Universal Schools & Colleges of Health and Human Services

Weekend Classes Now Available

Where Will You Be Next Year?

Call Today!
877.749.6433

This year, resolve to get a new career in just 8 months.

Train for:
• Medical Assistant
• Massage Therapy*
• Medical Billing & Insurance Coding
• Dental Assistant
• Pharmacy Technician*
• Business Office Administration
• Computer Systems Technician

Introducing 2 New Programs
Business Management – AAS Degree Program**

Criminal Justice**

www.infofromuei.com

San Diego, 2nd Floor, Suite 100, San Diego, CA 92113

135

September 3, 2009

Reader

San Diego
Experience Gourmet CAFE 2.0™
Yoga-Meditation Ideal Studio
30% off all natural organic body wraps
Colon Hydrotherapy or 40 Detox Foot Bath
$65

Herbs • Oils • Minerals
Ayurvedic Integrated Wellness
20% off Natural Products
Non-Fluid Inch Loss

Free initial consultation 760-500-1768

Try Our Body Contour Wraps!

Experience Gourmet CAFE 2.0™
840 3rd Ave. San Diego, CA 819-346-1407

Sunny 760
Sharon Gleno-Shoe, CMT, TTT Certified Trauma Touch Therapist

New patients only. Reg. $90. 1st visit.
Dr. Robert Walcher, Palmer graduate,
40+ years in practice

WHERE THE PROS GO!
Unlimited Chiropractic Care $99 monthly

No. 1 Chiropractor in San Diego
200 phytonutrients
2560 First Ave. #202

SUNSHINE
get one free.

For our first 25 clients
Reg. $250. Includes initial examination with x-rays and report of findings.

WHERE THE PROS GO!
Unlimited Chiropractic Care $99 monthly

No. 1 Chiropractor in San Diego
200 phytonutrients
2560 First Ave. #202

SUNSHINE
get one free.

For our first 25 clients
Reg. $250. Includes initial examination with x-rays and report of findings.

WHERE THE PROS GO!
Unlimited Chiropractic Care $99 monthly

No. 1 Chiropractor in San Diego
200 phytonutrients
2560 First Ave. #202

SUNSHINE
get one free.

For our first 25 clients
Reg. $250. Includes initial examination with x-rays and report of findings.

WHERE THE PROS GO!
Unlimited Chiropractic Care $99 monthly

No. 1 Chiropractor in San Diego
200 phytonutrients
2560 First Ave. #202

SUNSHINE
get one free.

For our first 25 clients
Reg. $250. Includes initial examination with x-rays and report of findings.
How would you prefer to die?
Astound your friends & become famous!

**THE READER PUZZLE:**

**RULES OF THE GAME**
1) Submit your completed puzzle to the Reader each week for our ongoing contest! We keep track of each puzzle you successfully complete and the results are posted online each week to sandiegoreader.com. But your submission will only be counted when you successfully complete a puzzle AND get it to us by 7:00 a.m. Monday.
2) Be one of the first 100 people who submit the correct answers to the puzzle and we will print your name in the paper along with your brief message 100 words or less, no URLs or phone numbers! This is optional, but it’s a great way to express yourself. You may submit a new message weekly. We reserve the right to edit or reject inappropriate test.
3) The puzzle contest ranking, shown online and in the paper, will begin anew every three months beginning October 1, 2009. Complete the journey four times a year!
4) Entries must be faxed to 619-231-4099 or 619-231-7907 or mailed to Reader Puzzle, P.O. Box 85803, San Diego, CA 92186-8030, or delivered through our mail slot at 1703 India Street in Little Italy, or scanned and e-mailed to: puzzles@sdreader.com. Submissions by e-mail must be attached in .PDF format, 500 to 1,000 pixels, maximum file size of 1MB. Submissions that don’t fit the format will not be counted or viewed.
5) 5 Reader T-shirts are awarded weekly to contest winners chosen randomly.
And now for the really small print:
1) All answers must be legible and entered in the spaces provided.
2) Late entries will not be counted.
3) One entry per person per week or you will be disqualified.
4) Employees of the Reader and their immediate families are not eligible.

**ACROSS**
1. KFC piece
2. Director Burton
3. 14 “Am _____ early?”
4. Be one of the first 100 people who submit the correct answers to the puzzle and we will print your name in the paper along with your brief message 100 words or less, no URLs or phone numbers! This is optional, but it’s a great way to express yourself. You may submit a new message weekly. We reserve the right to edit or reject inappropriate test.
5. Love to bits
6. In medias _____
7. I didn’t mean to do it.
8. Lori Petty of “The Shield”
9. Decide to go to the dentist.
10. Overindulge
11. Take vengeance
12. Oscar, e.g.
13. 1978-82 sitcom locale
14. T.G.I. Friday...too late for a quip?
15. AK-47 relative
16. “Am _____ early?”
17. Botch
18. Jay that chatters
19. “Duck Soup”
20. Oscar, e.g.
21. Elders, e.g.
22. Botch
23. 1978-82 sitcom locale
24. 1978-82 sitcom locale
25. High quality painting, budget-friendly price
26. Some batteries
27. Touch-and-go
28. Spectator’s seat
29. 29. Coffee dispensers
30. 140. San Diego
31. “____ With a View”
32. 1978-82 sitcom locale
33. I love New York.
34. Taken by the police station
35. 1999 Spike Lee movie
36. Some batteries
37. “Orinoco Flow” singer
38. 1978-82 sitcom locale
39. Love to bits
40. 1999 Spike Lee movie
41. Cry from someone in pain
42. NNW’s opposite
43. Love to bits
44. 1978-82 sitcom locale
45. 1978-82 sitcom locale
46. ____Kosh B’Gosh
47. Timecard abbr.
48. 1978-82 sitcom locale
49. 1999 Spike Lee movie
50. 1978-82 sitcom locale
51. 1978-82 sitcom locale
52. 1978-82 sitcom locale
53. Hersey’s “A Bell for _____”
54. Dragged
55. Love to bits
56. Love to bits
57. Love to bits
58. Physically sound
59. Touch-and-go
60. Pig
61. Suffix with land or sea
62. Prefix with culture
63. Author Mario
64. 1978-82 sitcom locale
65. Suffix with land or sea
66. Spanish gold
67. Elevs.
68. “In _____ and out ...”
69. Blubber
70. Pasta used in soups
71. Signals, in a way
72. 12. A challenge at last
73. Bravo and Grande

**DOWN**
1. Trace of smoke
2. Gram passage
3. Tere denial
4. Lost at laser tag, maybe
5. Dec 3. A challenge at last
6. T.G.I. Friday...too late for a quip?
7. Love to bits
8. Suffix with land or sea
9. Love to bits
10. Love to bits
11. Pasta is loaded with them
12. Love to bits
13. Love to bits
14. Love to bits
15. Love to bits
16. Love to bits
17. Love to bits
18. Love to bits
19. Love to bits
20. Love to bits
21. Love to bits
22. Love to bits
23. Love to bits
24. Love to bits
25. Love to bits
26. Love to bits
27. Love to bits
28. Love to bits
29. Love to bits
30. Love to bits
31. Love to bits
32. Love to bits
33. Love to bits
34. Love to bits
35. Love to bits
36. Love to bits
37. Love to bits
38. Love to bits
39. Love to bits
40. Love to bits
41. Love to bits
42. Love to bits
43. Love to bits
44. Love to bits
45. Love to bits
46. Love to bits
47. Love to bits
48. Love to bits
49. Love to bits
50. Love to bits
51. Love to bits
52. Love to bits
53. Love to bits
54. Love to bits
55. Love to bits
56. Love to bits
57. Love to bits
58. Love to bits
59. Love to bits
60. Love to bits
61. Love to bits
62. Love to bits
63. Love to bits
64. Love to bits
65. Love to bits
66. Love to bits
67. Love to bits
68. Love to bits
69. Love to bits
70. Love to bits
71. Love to bits
72. Love to bits
73. Love to bits

**THIS WEEK’S CONTENDERS:**

**FLO ABENA, RANCHO PENASQUITOS, 33.** Happy Labor Day.

**MARY ARANA, ENCINITAS, 33.** Read a great book. Are you up 4 it?

**GARY DISMUKES, SCRIPPS RANCH, 33.** Back in time for Monday.

**RON MAYER, SANTO, 33.** I owe someone at the Reader a big thank you.

**GARY MOCHE, OCEAN BEACH, 33.** We’ve been working on the riddles...adhm.org

**ERIC SANDQUIST, ALLIED GARDENS, 33.** Why do you keep reminding me of Sco Babka?

**TED CUTFIELD, HILLCREST, 33.** Sand didn’t? Agam!

**EDDIE O. SPAGHETTI, CORONADO, 33.** MIYAZOEY! Lettuce pull up some dark soy-sauce scallions! CLUM RIC WITT, CLAIREMONT, 33. Chula Vista Nudists. 11 Palms Nudists. 08. JEFF BEATTLES, OCEAN BEACH, 33. Had so much fun at Wicked, have I?

**ANNA MCCUTCHEON, DOWNTOWN, 33.** Win, Mission Valley, 33. Friday...too late for a quip?

**LUCY ALDROVAN, CHULA VISTA, 33.** Woof woof!

**BEN COOPER, GASLAMP, 33.** This is much less fun since the horrible new rules!

**D. FAULKNER, UNIVERSITY HEIGHTS, 33.** Gone to the Big Island. Everyone ride their bikes daily.

**SARA KHWAJA, POWAY, 33.** Go Chula Vista High Leagues.

**JULIE OSBORN, NORTH PARK, 33.** I’m going out!

**JERRY NICCO, RANCHO BERNARDO, 33.** We are enormously proud of our Little League, Park View.

**VINCE COSE, VISTA, 33.** Can I have 10,000 rolodex, please?

**JOHN! HI WINNIE!**
Reach over 5 million young, active, information: meetup.com/spiralserpent, PRAYER-BASED SOLUTIONS 858-272-3246. magic- based group, for more 619-579-7640. Occult discussion weekly. Thelemic ritual or spiralserpent@hotmail.com. pvchurch@aol.com.

Gain National Exposure
Reach over 5 million young, active, information: meetup.com/spiralserpent, PRAYER-BASED SOLUTIONS 858-272-3246. magic- based group, for more 619-579-7640. Occult discussion weekly. Thelemic ritual or spiralserpent@hotmail.com. pvchurch@aol.com.

Gain National Exposure
Reach over 5 million young, active, information: meetup.com/spiralserpent, PRAYER-BASED SOLUTIONS 858-272-3246. magic- based group, for more 619-579-7640. Occult discussion weekly. Thelemic ritual or spiralserpent@hotmail.com. pvchurch@aol.com.

Gain National Exposure
Reach over 5 million young, active, information: meetup.com/spiralserpent, PRAYER-BASED SOLUTIONS 858-272-3246. magic- based group, for more 619-579-7640. Occult discussion weekly. Thelemic ritual or spiralserpent@hotmail.com. pvchurch@aol.com.
Another Chance for Fame and Glory!

THE READER SUDOKU PUZZLES:

RULES OF THE GAME
1) Submit one completed puzzle of any difficulty level Easy, Medium, Hard or Evil to the Reader each week for our ongoing contest! We keep track of each puzzle you successfully complete and the results are posted online at sandiegoreader.com. But your submission will only be counted when you successfully complete a puzzle AND get it to us by 7:00 a.m. Monday.
2) Be one of the first 100 people who submit the correct answers to one of the puzzles and we will print your name in the paper along with your brief message (10 words or less, no URLs or phone numbers). This is optional, but it’s a great way to express yourself. You may submit a new message weekly. We reserve the right to edit or reject inappropriate text.
3) The puzzle-contest ranking, shown online and in the paper, will begin anew every three months beginning October 1, 2009. Complete the journey four times a year!
4) Entries must be faxed to 619-233-7907 or mailed to Reader Puzzle, P.O. Box 85883, San Diego, CA 92136-8883, or delivered through our mail slot at 1703 India Street in Little Italy, or scanned and e-mailed to: Sudoku@sdreader.com. Submissions by e-mail must be attached in JPG format, 300 by 800 pixels, maximum file size of 1MB. Submissions that don’t fit the format will not be counted or reviewed.
5) 5 Reader T-shirts are awarded weekly to contenders chosen randomly!
6) All answers must be legible and entered in the spaces provided.
7) Late entries will not be considered.
8) One entry per person per week or you will be disqualified.
9) Employees of the Reader and their immediate families are not eligible.

EASY:

<table>
<thead>
<tr>
<th>4</th>
<th>5</th>
<th>1</th>
<th>2</th>
</tr>
</thead>
<tbody>
<tr>
<td>7</td>
<td>9</td>
<td>3</td>
<td>5</td>
</tr>
<tr>
<td>8</td>
<td>2</td>
<td>6</td>
<td>4</td>
</tr>
<tr>
<td>9</td>
<td>1</td>
<td>5</td>
<td>3</td>
</tr>
</tbody>
</table>

MEDIUM:

<table>
<thead>
<tr>
<th>5</th>
<th>1</th>
<th>8</th>
<th>4</th>
</tr>
</thead>
<tbody>
<tr>
<td>9</td>
<td>3</td>
<td>2</td>
<td>7</td>
</tr>
<tr>
<td>8</td>
<td>4</td>
<td>5</td>
<td>6</td>
</tr>
<tr>
<td>4</td>
<td>7</td>
<td>6</td>
<td>2</td>
</tr>
</tbody>
</table>

HARD:

<table>
<thead>
<tr>
<th>3</th>
<th>5</th>
<th>9</th>
<th>8</th>
</tr>
</thead>
<tbody>
<tr>
<td>8</td>
<td>5</td>
<td>2</td>
<td>1</td>
</tr>
<tr>
<td>9</td>
<td>6</td>
<td>3</td>
<td>7</td>
</tr>
<tr>
<td>4</td>
<td>2</td>
<td>7</td>
<td>6</td>
</tr>
</tbody>
</table>

EVL:

<table>
<thead>
<tr>
<th>4</th>
<th>4</th>
<th>6</th>
<th>1</th>
</tr>
</thead>
<tbody>
<tr>
<td>2</td>
<td>6</td>
<td>9</td>
<td>7</td>
</tr>
<tr>
<td>3</td>
<td>8</td>
<td>5</td>
<td>4</td>
</tr>
<tr>
<td>5</td>
<td>1</td>
<td>9</td>
<td>3</td>
</tr>
</tbody>
</table>

We cannot accept your entry without the following:

Name: ____________________________
Address: __________________________
Neighborhood/City: ____________________
State: ______ Zip Code: ______
Circle T-shirt size: L XL
Personal Message: ____________________

SOLUTION TO LAST WEEK’S SUDOKU PUZZLES:

EASY:

<table>
<thead>
<tr>
<th>3</th>
<th>6</th>
<th>1</th>
<th>5</th>
<th>2</th>
<th>8</th>
<th>4</th>
<th>7</th>
<th>9</th>
</tr>
</thead>
<tbody>
<tr>
<td>9</td>
<td>1</td>
<td>4</td>
<td>3</td>
<td>6</td>
<td>7</td>
<td>2</td>
<td>8</td>
<td>5</td>
</tr>
<tr>
<td>5</td>
<td>2</td>
<td>7</td>
<td>6</td>
<td>3</td>
<td>8</td>
<td>1</td>
<td>4</td>
<td>9</td>
</tr>
<tr>
<td>7</td>
<td>4</td>
<td>8</td>
<td>2</td>
<td>5</td>
<td>1</td>
<td>6</td>
<td>9</td>
<td>3</td>
</tr>
</tbody>
</table>

MEDIUM:

<table>
<thead>
<tr>
<th>6</th>
<th>7</th>
<th>2</th>
<th>9</th>
<th>1</th>
<th>8</th>
<th>3</th>
<th>4</th>
<th>5</th>
</tr>
</thead>
<tbody>
<tr>
<td>5</td>
<td>8</td>
<td>4</td>
<td>7</td>
<td>6</td>
<td>9</td>
<td>2</td>
<td>1</td>
<td>3</td>
</tr>
<tr>
<td>1</td>
<td>3</td>
<td>9</td>
<td>5</td>
<td>2</td>
<td>8</td>
<td>4</td>
<td>7</td>
<td>6</td>
</tr>
<tr>
<td>8</td>
<td>6</td>
<td>7</td>
<td>1</td>
<td>3</td>
<td>4</td>
<td>9</td>
<td>2</td>
<td>5</td>
</tr>
</tbody>
</table>

HARD:

<table>
<thead>
<tr>
<th>1</th>
<th>2</th>
<th>8</th>
<th>6</th>
<th>7</th>
<th>5</th>
<th>9</th>
<th>3</th>
<th>4</th>
</tr>
</thead>
<tbody>
<tr>
<td>8</td>
<td>9</td>
<td>4</td>
<td>2</td>
<td>6</td>
<td>5</td>
<td>1</td>
<td>7</td>
<td>3</td>
</tr>
<tr>
<td>7</td>
<td>5</td>
<td>6</td>
<td>3</td>
<td>4</td>
<td>1</td>
<td>2</td>
<td>8</td>
<td>9</td>
</tr>
<tr>
<td>4</td>
<td>3</td>
<td>2</td>
<td>9</td>
<td>8</td>
<td>7</td>
<td>5</td>
<td>6</td>
<td>1</td>
</tr>
</tbody>
</table>

SEE YOUR RANKING ONLINE!

Now you can go online to check your ranking and communicate with each other! Simply visit: www.SDReader.com/puzzle. The new ranking is posted each Wednesday. To use the “comments” feature, you must be a registered site member.

THIS WEEK’S CONTENDERS:

EASY:

Charie Calvo, San Diego, 12.
Tristan Meyers, El Cajon, 12.
M. Elliott, Ranch Bernardo, 3.
Simon Hubble, Alpine, 3.
Bliss Beedle, Encinitas, 14.
Bliss Beedle, Encinitas, 14.

MEDIUM:

Howard Donnelly, Mission Valley, 11.
Marty Singaygan, Point Loma, 11.
Marty Singaygan, Point Loma, 11.
Mary Haveline, La Mesa, 11.
Carolyn Woodbury, Chula Vista, 12.
Carolyn Woodbury, Chula Vista, 12.

HARD:

Rubb Drua, Rancho Peñasquitos, 10.
Rubb Drua, Rancho Peñasquitos, 10.
Rubb Drua, Rancho Peñasquitos, 10.
Rubb Drua, Rancho Peñasquitos, 10.
Rubb Drua, Rancho Peñasquitos, 10.
Rubb Drua, Rancho Peñasquitos, 10.
THIS WEEK’S CONTENDERS CONTINUED:

Thomas Daley, San Diego, 9.

Bill Petty, Bay Ho, 7.

Skuly, San Diego, 4.

Billly, La Jolla, 5.

4. Stroke the devil’s cause can’t I mark?

Ralph Hayward, La Jolla, 4.

Zina Wymann, Carlsbad, 6.

Cathleen, Oceanside, 9.

George Elam, Vista, 5.

Lily Gonzalez, Logan Heights, 3.

Karen Maegley, Sorrento Mesa, 6.

Jacqueline Jordan, San Diego.

Skuly, San Diego, 4.

Billly, La Jolla, 5.

Skuly, San Diego.

George Elam, Vista, 5.

Lily Gonzalez, Logan Heights.

Karen Maegley, Sorrento Mesa.

Jacqueline Jordan, San Diego.

Skuly, San Diego, 6.

Billly, La Jolla, 5.

Zina Wymann, Carlsbad, 6.

Cathleen, Oceanside, 9.

George Elam, Vista, 5.

Lily Gonzalez, Logan Heights.

Karen Maegley, Sorrento Mesa.

Jacqueline Jordan, San Diego.

Skuly, San Diego, 4.

Billly, La Jolla, 5.

Zina Wymann, Carlsbad, 6.

Cathleen, Oceanside, 9.

George Elam, Vista, 5.

Lily Gonzalez, Logan Heights.

Karen Maegley, Sorrento Mesa.

Jacqueline Jordan, San Diego.

Skuly, San Diego, 6.

Billly, La Jolla, 5.

Zina Wymann, Carlsbad, 6.

Cathleen, Oceanside, 9.

George Elam, Vista, 5.

Lily Gonzalez, Logan Heights.

Karen Maegley, Sorrento Mesa.

Jacqueline Jordan, San Diego.

Skuly, San Diego, 4.

Billly, La Jolla, 5.

Zina Wymann, Carlsbad, 6.

Cathleen, Oceanside, 9.

George Elam, Vista, 5.

Lily Gonzalez, Logan Heights.

Karen Maegley, Sorrento Mesa.

Jacqueline Jordan, San Diego.
Downtown live/work lofts

- Several downtown locations • Roof decks with BBQ
- Laundry on every floor • Parking available
- Most pets allowed

Please check our website for availability:
www.trilogymanagemeni.com

Leasing office: 106 4th Avenue
619-231-1505 ext. 12.

ALBERT’S COLLEGE APARTMENT HOMES
Located in the Center of It All!

- Oversized studios, 1, 2, 3 bedrooms starting at $975
- Less than 15 minutes from the beach, downtown and military bases
- 40 steps to SDSC • Easy access to ferry
- Close to restaurants, entertainment, shopping & nightlife
- 6 swimming pools • No parking pass needed at SDSC
- Around the corner from Peterson Gym/Fac. Center
- Fantastic city views of San Diego
- Leasing office available 7 days a week

5466 55th Street | San Diego
1-800-760-8518

Rental Communities Directory

<table>
<thead>
<tr>
<th>Property Name</th>
<th>Phone</th>
<th>Starting Rate</th>
<th>Beds</th>
<th>Renting Options</th>
<th>Pets</th>
<th>Available on Rent</th>
<th>Pet-Friendly</th>
</tr>
</thead>
<tbody>
<tr>
<td>Gables Point</td>
<td>619-233-6577</td>
<td>$1,200</td>
<td>1, 2, 3</td>
<td>CAL</td>
<td>X</td>
<td>X</td>
<td>X</td>
</tr>
<tr>
<td>Trilogy</td>
<td>619-231-1505</td>
<td>$975</td>
<td>1, 2</td>
<td>CAL</td>
<td>X</td>
<td>X</td>
<td>X</td>
</tr>
<tr>
<td>Albert’s College</td>
<td>800-760-5118</td>
<td>$975</td>
<td>1, 2, 3</td>
<td>CAL</td>
<td>X</td>
<td>X</td>
<td>X</td>
</tr>
<tr>
<td>The Club Torrey Pines</td>
<td>666-334-2096</td>
<td>$1,050</td>
<td>1, 2, 3</td>
<td>CAL</td>
<td>X</td>
<td>X</td>
<td>X</td>
</tr>
<tr>
<td>Bay Pines</td>
<td>666-451-8113</td>
<td>$900</td>
<td>1, 2</td>
<td>CAL</td>
<td>X</td>
<td>X</td>
<td>X</td>
</tr>
<tr>
<td>Santa Monica</td>
<td>888-475-7145</td>
<td>$1,450</td>
<td>1, 2, 3</td>
<td>CAL</td>
<td>X</td>
<td>X</td>
<td>X</td>
</tr>
<tr>
<td>Studio 15</td>
<td>888-210-4407</td>
<td>$871</td>
<td>1</td>
<td>CAL</td>
<td>X</td>
<td>X</td>
<td>X</td>
</tr>
</tbody>
</table>

Advertise your community here... reach 507,000 renters monthly!

Jeremiah Johnson
619-206-7537
jjohnson@sdreader.com

Kristina Smith
619-206-7537
ksmith@sdreader.com
**1 BDRs from $1025!**
**2 BDRs from $1275!**

**BELLA TERRA**
365 Pomelo Dr.
Vista, CA 92081
888-247-8978
www.BellaTerraApts.com

**2 BDRs from $1450!**

**RISING GLEN**
2300 Rising Glen Way
Carlsbad, CA 92008
888-252-6823
www.RisingGlenCarlsbad.com

**Luxury Living... Call for Specials!**

**CASOLEIL**
1100 Dennerly Road
San Diego, CA 92154
888-278-0292
www.CasoleilApts.com

**Great Specials, Call Today!**

**PARKWAY PLAZA**
7576 Parkway Dr.
La Mesa, CA 91942
888-353-8736
www.ParkwayPlazaLaMesa.com

---

**Rental Communities Directory**

Advertise your community here... reach 507,000 renters monthly!

<table>
<thead>
<tr>
<th>Property Name</th>
<th>Phone</th>
<th>Structure</th>
<th>Bedrooms</th>
<th>Short-term/Corporate</th>
<th>Laundry Facility</th>
<th>Parking/Garage</th>
<th>Pets</th>
<th>Pool</th>
<th>Fitness Center</th>
<th>Garbage Disposal</th>
<th>Pet Policy</th>
</tr>
</thead>
<tbody>
<tr>
<td>Bella Terra</td>
<td>864-400-1723</td>
<td>1,2</td>
<td>L2</td>
<td></td>
<td>H</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Rising Glen</td>
<td>864-400-2070</td>
<td>1,2,3</td>
<td>L2</td>
<td>H</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Casoleil</td>
<td>864-400-2542</td>
<td>1,2,3</td>
<td>L2</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Parkway Plaza</td>
<td>864-400-2916</td>
<td>1,2</td>
<td>L2</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Terraza Hills</td>
<td>864-400-2733</td>
<td>1,2,3</td>
<td>L2</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>One Park</td>
<td>864-400-2383</td>
<td>1,2,3</td>
<td>L2</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Navajo Bluffs</td>
<td>864-400-2348</td>
<td>1,2</td>
<td>L2</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>The Landing</td>
<td>864-400-1641</td>
<td>1,2</td>
<td>L2</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

---

**1 BDRs from $800!**

**2 BDRs from $1025!**

**TERRAZA HILLS**
425 E. Bradley Ave.
El Cajon, CA 92021
888-329-7056
www.TerrazaHills.com

**2 BDRs from $1425!**

**ONE PARK**
350 3rd Avenue
Chula Vista, CA 91910
888-365-3205
www.OneParkApartments.com

**NAVAJO BLUFFS**
6575 Jaffe Court
San Diego, CA 92119
888-378-3335
www.NavajoBluffs.com

---

**Call for Current Specials!**

**ONE PARK**
350 3rd Avenue
Chula Vista, CA 91910
888-365-3205
www.OneParkApartments.com

---

**Advertise your community here... reach 507,000 renters monthly!**

**Rental Community Account Executives**

Jeremiah Johnson
619-206-7537
jjohnson@sdreader.com

Kristina Smith
619-206-7549
ksmith@sdreader.com

---

**Great Specials, Call Today!**

**PARKWAY PLAZA**
7576 Parkway Dr.
La Mesa, CA 91942
888-353-8736
www.ParkwayPlazaLaMesa.com

---

**San Diego Reader**
September 3, 2009

---

**1 BDRs from $1025!**

**TERRAZA HILLS**
425 E. Bradley Ave.
El Cajon, CA 92021
888-329-7056
www.TerrazaHills.com

---

**Call for Current Specials!**

**ONE PARK**
350 3rd Avenue
Chula Vista, CA 91910
888-365-3205
www.OneParkApartments.com

---

**Studios from $800!**

**2 BDRs from $1025!**

**NAVAJO BLUFFS**
6575 Jaffe Court
San Diego, CA 92119
888-378-3335
www.NavajoBluffs.com

---

**2 BDRs from $1425!**

**THE LANDING**
455 Dennerly Road
San Diego, CA 92154
888-673-2153
www.TheLandingatOceanViewHills.com


Newly Remodeled Some With Garage! Chula Vista. 760-505-7736.

Extra Spaces 2 bedrooms from $795.


Newly Remodeled


Newly Remodeled

San Diego. 92122.


San Diego. 92122.


San Diego. 92122.


San Diego. 92122.


San Diego. 92122.


San Diego. 92122.


San Diego. 92122.


San Diego. 92122.

**COLLEGE AREA.** 1 bedroom, $795. 1 bedroom, $750. 1-1/2 bath, $800 deposit. 4333 College Avenue. Call Rachel, 619-249-4713.

**COLLEGE AREA.** 3 bedroom, 1 bath, $795. 1-1/2 bath, $825 deposit. 4217 Colina Drive. Call Rachel, 619-249-4713.


**COLLEGE AREA.** 1 bedroom, $795. 1 bedroom, $750. 1-1/2 bath, $800 deposit. 5377 College Avenue. Call Rachel, 619-249-4713.


SPECIALIZING IN ALL VWs

10% OFF BRAKES
Expires 9-17-09.
Discount Foreign Auto Parts
2921 El Cajon Blvd.
San Diego, CA 92104
619-283-6086
MOVING SALE


HILLCREST. $1,150. 1 bedroom, 1 bath. Parking. No pets. 1405 B Street. TPPM 619-506-8125.

FUTURISTIC. $1,595. 2 bedroom, 1 bath. Immediate start—studio apartment. Communications available.moire, infrared heating system, washer/dryer, all electrical, wood floors, 5.5 square feet. Minutes to downtown. 6053 Torrey Pines Road. No pets.剂, 619-755-3120.


FASHION VALLEY. $400. 1 bedroom, 1 bath. Fenced yard. Pets OK. 12670 University Avenue. Agent 619-467-7086.

HILLCREST. $595. 1 bedroom, 1 bath. Quiet location near bus line. 1344 University Avenue. TPPM, 619-293-0373.

HILLCREST/ UNIVERSITY HEIGHTS. $975. 2 bedroom, 2 bath. Beautifully decorated, newly painted. Close to restaurants, shopping, and transportation. 1 block from USD. No pets. 10550 University Avenue. "- 619-677-1921.


HILLCREST. $695. 1 bedroom, 1 bath. Across from USD. Brand new kitchen, dishwasher, refrigerator, stove, washer/dryer. No pets. 3064 University Avenue. "- 619-567-3333.

LA JOLLA/ LA JOLLA SHORES. $1,275. 2 bedroom, 2 bath. Across from USD. Fireplace, parking and beautiful views. 1542 El Diario Grande #7. TPPM 619-396-3961.

HILLCREST/ BALDWIN PARK. $1,100. 1 bedroom, 1 bath. Across from USD. Near bus stops. 4164 Upas Street. No pets. 619-570-0011.


HILLCREST/ BALDWIN PARK. $900 rent, $600 deposit DAC. 1 bedroom, 1 bath. Beautiful view. Close to bus stops. 1620 Orange Street. No pets. 619-488-6811.


HILLCREST/ MISSION HILLS. $785. Studio, 1 bath. Across from UCSD Medical Center. No pets. 4502 University Avenue. TPPM, 619-535-1575.


LA MESA. $800. 1 bed, 1 bath. Beautifully decorated with all new wood flooring, recently painted. Nice area. 3437 Canyon View Drive. No pets. 858-558-0010.


LA JOLLA. $1,050. 1 bedroom, 1 bath. Beautifully decorated. Close to bus, beach, restaurants. UCSD & Scripps by bike or by living. 13410 Coast Highway. No pets. 858-571-1970.


LA JOLLA. $1,100. 2 bedroom, 1 bath. Across from USD. Beautifully decorated. Close to bus stops, restaurants. 13410 Coast Highway. No pets. 858-571-1970.


LA MESA. $900/ month for 1 month. 2 bedroom, 2 bath. $1950. 3 bedroom, 2 bath. $2050. 4 bedroom, 3 bath. $2250. 5 bedroom, 4 bath. $2500. Contact: 619-298-6436.

LA MESA. 1 bedroom, 1 bath. 350 square feet. Available for 1 month. $550. This ad is for the Deluxe Bldg, 8520 Villa, San Diego. Call 619-447-9800.

LA MESA.egis/2 bedroom 1 bath conditioner, hardwood floor, dishwasher, new carpet, balcony. Pets welcome. Additional security deposit. $500 first month’s rent. $400 deposit. 6800 Imperial. 619-283-6000.


LA MESA. 1 bedroom, 1 bath. 600 square feet. Parking. Pets welcome. $900. 9628 Paseo Del Rey. Agent, 619-892-2263.


LA MESA. 1 bedroom, 1 bath. 700 square feet. Pets welcome. Parking. $1300. 9628 Paseo Del Rey. Agent, 619-892-2263.


LA MESA. 2 bedroom, 2 bath. 1000 square feet. Parking. $750. 9628 Paseo Del Rey. Agent, 619-892-2263.

LA MESA. 3 bedroom, 2 bath. 1250 square feet. Parking. $800. 9628 Paseo Del Rey. Agent, 619-892-2263.

LA MESA. 2 bedroom, 2 bath. 1050 square feet. Parking. $900. 9628 Paseo Del Rey. Agent, 619-892-2263.

LA MESA. 2 bedroom, 2 bath. 1100 square feet. Parking. $950. 9628 Paseo Del Rey. Agent, 619-892-2263.

LA MESA. 2 bedroom, 2 bath. 1150 square feet. Parking. $1000. 9628 Paseo Del Rey. Agent, 619-892-2263.

LA MESA. 2 bedroom, 2 bath. 1200 square feet. Parking. $1050. 9628 Paseo Del Rey. Agent, 619-892-2263.

LA MESA. 2 bedroom, 2 bath. 1250 square feet. Parking. $1100. 9628 Paseo Del Rey. Agent, 619-892-2263.

LA MESA. 2 bedroom, 2 bath. 1300 square feet. Parking. $1150. 9628 Paseo Del Rey. Agent, 619-892-2263.


LA MESA. 2 bedroom, 2 bath. 1450 square feet. Parking. $1300. 9628 Paseo Del Rey. Agent, 619-892-2263.

LA MESA. 3 bedroom, 2 bath. 1500 square feet. Parking. $1350. 9628 Paseo Del Rey. Agent, 619-892-2263.

LA MESA. 2 bedroom, 2 bath. 1550 square feet. Parking. $1400. 9628 Paseo Del Rey. Agent, 619-892-2263.

LA MESA. 2 bedroom, 2 bath. 1600 square feet. Parking. $1450. 9628 Paseo Del Rey. Agent, 619-892-2263.

LA MESA. 3 bedroom, 2 bath. 1700 square feet. Parking. $1500. 9628 Paseo Del Rey. Agent, 619-892-2263.

LA MESA. 3 bedroom, 2 bath. 1800 square feet. Parking. $1550. 9628 Paseo Del Rey. Agent, 619-892-2263.

LA MESA. 2 bedroom, 2 bath. 1000 square feet. Parking. $800. 9628 Paseo Del Rey. Agent, 619-892-2263.

LA MESA. 2 bedroom, 2 bath. 1000 square feet. Parking. $800. 9628 Paseo Del Rey. Agent, 619-892-2263.

LA MESA. 2 bedroom, 2 bath. 1000 square feet. Parking. $800. 9628 Paseo Del Rey. Agent, 619-892-2263.

LA MESA. 3 bedroom, 2 bath. 1100 square feet. Parking. $950. 9628 Paseo Del Rey. Agent, 619-892-2263.

LA MESA. 3 bedroom, 2 bath. 1100 square feet. Parking. $950. 9628 Paseo Del Rey. Agent, 619-892-2263.

LA MESA. 3 bedroom, 2 bath. 1100 square feet. Parking. $950. 9628 Paseo Del Rey. Agent, 619-892-2263.

LA MESA. 3 bedroom, 2 bath. 1100 square feet. Parking. $950. 9628 Paseo Del Rey. Agent, 619-892-2263.

LA MESA. 3 bedroom, 2 bath. 1100 square feet. Parking. $950. 9628 Paseo Del Rey. Agent, 619-892-2263.

LA MESA. 3 bedroom, 2 bath. 1100 square feet. Parking. $950. 9628 Paseo Del Rey. Agent, 619-892-2263.

LA MESA. 3 bedroom, 2 bath. 1100 square feet. Parking. $950. 9628 Paseo Del Rey. Agent, 619-892-2263.

LA MESA. 3 bedroom, 2 bath. 1100 square feet. Parking. $950. 9628 Paseo Del Rey. Agent, 619-892-2263.

LA MESA. 3 bedroom, 2 bath. 1100 square feet. Parking. $950. 9628 Paseo Del Rey. Agent, 619-892-2263.

LA MESA. 3 bedroom, 2 bath. 1100 square feet. Parking. $950. 9628 Paseo Del Rey. Agent, 619-892-2263.

LA MESA. 3 bedroom, 2 bath. 1100 square feet. Parking. $950. 9628 Paseo Del Rey. Agent, 619-892-2263.

LA MESA. 3 bedroom, 2 bath. 1100 square feet. Parking. $950. 9628 Paseo Del Rey. Agent, 619-892-2263.
**AUTOMOTIVE**

**SMOG SPECIAL**

**Test only • 15 minutes • Fast • Easy • No Appointment Needed**

$26.75
or **$31** with a Free Retest

**Smog Check Rebate**

Waive Cert. Fee, Pit. Car, 20% Off Pit Fee


**SMOG CLINIC**

4300 El Cajon Boulevard
(Next to Kearny Mesa Bowl & Sear's)

858-282-7923
Mon.-Fri. 8 am-5:30 pm  Sat. 8 am-2:30 pm

*Plus $1 elective & $2 bearer fee. Trucks, vans & SUV's $10 extra.

We reserve the right to pass on any fee increases.

---

**SMUGGLER**

**Pacifica Carwash**

2333 E marin Ave. Pacifica

650-738-1100

OCÉAN BEACH

3025 2nd Ave. 1-2 bedroom, 1 bath, pet friendly unit. Can dryclean on-site & off-site. parking. $900 deposit. 624-3-122 1/2 Monroe Street. TP 858-659-3881.

OCEAN BEACH WEST POINT LOMA

3025 2nd Ave. 1-2 bedroom in convenient location near Robb Field, YMC, and military, shopping, and gas station.深刻的。位置: 624-3-122 1/2 Monroe Street. TP 858-659-3881.

OCEAN BEACH

3000 2nd Ave. 1-2 bedroom apartment. Call 619-293-2960 for options.

PACIFIC BEACH

3025 2nd Ave. 1-2 bedroom, 1 bath apartment. Can dryclean on-site & off-site. parking. $900 deposit. 624-3-122 1/2 Monroe Street. TP 858-659-3881.

PACIFIC BEACH

3025 2nd Ave. 1-2 bedroom, 1 bath apartment. Can dryclean on-site & off-site. parking. $900 deposit. 624-3-122 1/2 Monroe Street. TP 858-659-3881.

PACIFIC BEACH

3025 2nd Ave. 1-2 bedroom, 1 bath apartment. Can dryclean on-site & off-site. parking. $900 deposit. 624-3-122 1/2 Monroe Street. TP 858-659-3881.

PACIFIC BEACH

3025 2nd Ave. 1-2 bedroom, 1 bath apartment. Can dryclean on-site & off-site. parking. $900 deposit. 624-3-122 1/2 Monroe Street. TP 858-659-3881.

PACIFIC BEACH

3025 2nd Ave. 1-2 bedroom, 1 bath apartment. Can dryclean on-site & off-site. parking. $900 deposit. 624-3-122 1/2 Monroe Street. TP 858-659-3881.

PACIFIC BEACH

3025 2nd Ave. 1-2 bedroom, 1 bath apartment. Can dryclean on-site & off-site. parking. $900 deposit. 624-3-122 1/2 Monroe Street. TP 858-659-3881.
LEAD STORY
— British construction worker Martin Jones, 42, who lost one eye and was blinded in the other in a 1997 explosion, regained his sight this year as a result of surgery in which part of his thymus was implanted in the eye. Dr. Christopher Liu of the Research Eye Clinic used a piece of thymus because a “living” “anchor” was necessary to hold a patch of Jones’s skin underneath his eyelid, to generate blood supply while a new lens formed. When the lens was healthy enough, Dr. Liu made a hole in the cornea for light to pass, and Jones feasted his eye on whose he had married four years ago, sight unseen.

Can’t Possibly Be True
— Until Mayor Sharon McChesney changed the protocol this year, fire stations in Mucie, Ind., had been delivering reports to department headquarters downtown by dropping them off in fire engines. McChesney ordered the department to learn how to send reports by email.

In June, the New York Police Department spent $99,000 on a typewriter repair contract, which will take on increasing importance since last year NYPD bought thousands of new typewriters, manual and electric, costing the city almost $1 million. The NYPD still is not even close to digitizing some of its databases. However, as property and evidence reports.

— Hundreds of Los Angeles’ down-and-out live not just underneath local freeways but inside their concrete structures, according to a June Los Angeles Times report. The largest “home” is a double-gymnasium-sized cavern under the Interstate 10 freeway in the suburb of Baldwin Park. That space is nearly inaccessible, requiring squeezing through a rusting gantry, traversing a narrow ledge, and descending a ladder to reach “a vast, vault-like netherworld, strewn with garbage and syringes,” with toys and rackets and a cat carcass visible on an upper platform marginally harder for rats to reach. Authorities shy away from the area out of fear, but every few years, state officials try to seal the entrance.

— New York City Mayor Michael Bloomberg was livid in June when he learned that inmate Tuvia Stern, housed in the city’s notorious locutory The Tombs, had arranged a privately catered, 50-guest mitzvah for his son inside the facility’s gym, officiated by a prominent rabbi and assisted by five jail guards. The caterers were even allowed to bring in knives for food preparation and dining. It was not surprising that it was Stern who pulled it off, because at the time he was awaiting sentencing for running two slick business scams.

Inexpclicable
— According to the Pentagon, there are only 566 surviving U.S. prisoners of war from the Vietnam era and 21 from the first Gulf War, but the Veterans Administration has been paying POW-labeled disability benefits to 966 and 286 people, respectively, according to an August Associated Press investigation. The AP found that, even though the Pentagon POW list is posted online, the VA does not routinely check it when a veteran applies for POW status. POW claimants go to the front of the VA disability-application line and receive various other privileges.

— Researchers in Japan and Spain found recently that Argentine ants, normally highly aggressive and territorial, are actually one huge global colony with three expanding centers: a 3,700-mile-long stretch in Europe, a 650-mile strip in California, and a swath of Japan’s west coast. Researchers hypothesized the kinship because, when members from those groups grew together, they became docile. ... A June article in the Emerging Infectious Diseases journal reported the worldwide reach of incidents showing how the ants have grown to nearly 40 feet in length. The most serious carrier, according to a Scientific American summary, is salmon sashimi. (Anthony Franz’s 2008 lawsuit against a Chicago sushi restaurant, for a 9-foot-long tapeworm, is still pending.)

Fetishes on Parade
— Former elementary school principal John Stelmack, 62, was sentenced in July in Bartow, Fla., to five years in prison for a collection of child pornography, even though no child was directly involved. Without the aid of computer software, but rather, using scissors and paste, Stelmack had meticulously placed photos of the faces of young girls over the faces of adult women in sexual poses.

Send your Newscast to Chuck Shepherd, San Diego Reader, P.O. Box 85803, San Diego, CA 92186 or to RedNewsTips@yahoo.com

LAUNDRY
LAVENDER CANDY
$1.50
GOLDEN CANDY
$1.50
LAUNDRY PACKAGE
$2.00

MAIL SPECIALS
REGULAR/PACKAGE
$1.00/$2.00

LAUNDRY SPECIAL
REGULAR/PACKAGE
$1.50/$3.00

FROZEN COIN LAUNDRY
REGULAR/PACKAGE
$1.00/$2.00

Washers 25¢, Dryers 50¢.
Thirty Years Ago
Dear Matthew Alice:
Are there more men than women in San Diego?
— Curious Couple, San Diego

Men generally outnumber women in the city and will continue to do so in the next decade, according to the special census of 1975 and projections into 1980. But these figures show some interesting exceptions. In 1975, men between 20 and 24 years old outnumbered women by about 7,024 men compared to 73,017 women; but in 1980 the majority is expected to reverse, with 82,487 women compared to 74,838 men.

— STRAIGHT FROM THE HP, Matthew Alice, September 6, 1979

Twenty-Five Years Ago
The port district is clearing the B Street pier for exclusive use of a small fleet of lucrative cruise ships stopping here on their voyages south, so port officials decided that the star of India’s sister ships — the ferryboat Berkeley and the steamship Madera — would be evicted from B Street and moved 20 yards north, to the Star’s current docking. The Star would in turn be moved farther north to a new home on the north side of Anthony’s Star of the Sea Room restaurant.

— CITY LIGHTS: “A STAR IS BORNED,”
Paul Kruger, September 6, 1984

Twenty Years Ago
Unless he absolutely cannot avoid them, John Pugh does not do window — “Windows — they just ain’t cool,” he says. “You’re climbing through a window — I mean, how does that look? I don’t like to do that. There’s enough people and enough businesses who leave their doors open, their safes open. I don’t have to climb through windows.”

Pugh doesn’t also like to be thought of as a common burglar who relies on crime rather than intellect to get through life. He is most proud of the heists he accom-

plished with a good deal of forethought.

— CITY LIGHTS: “JOHN PUGH BUSTS OUT,”
Jackie McCaugh, September 7, 1989

Fifteen Years Ago
I am one of the few residents of planet Earth unfamiliar with Baywatch. Some one billion people in 72 countries watch it weekly. And those numbers — one billion viewers, seventy-two nations — frightened me. I am frightened that nomadic tribesmen in Mongolia cuddle in their toasty yurts and giggle at images of tight, bronzed buttocks bouncing around Will Rogers State Park near Los Angeles.

The Great Unification of Humanity, the Day-When-We-Ain’t-Gonna-Gonna-Worry-No-More, the Messianic Age, what have you, frightens me because I am not a team player. I am not “one of those guys.” I am not a “people person.”

— AS SEEN IN TV: “THE TAN AT THE END OF TIME,”
Opal Smart, September 1, 1994

Five Years Ago
Britney Spears was spotted in San Diego August 20, walking the paths at Seaport Village with her fiancé, Kevin Federline, and then she went house-hunting in the La Jolla area.

Her spending range for the purchase is said to be “in the two-to-four-million-dollar range.” She told the realtor that she like the way “it fits” in with the La Jolla community.

— BUDD, Jay Allen Sanford, September 2, 2004

For more stories by these authors, go to turdreader.com.
**THE DINETTE SET**

by Julia Larson ©2009


**TREK-USA 600 SERIES.** Red frame, all new tires/tubes. $295. 619-294-5800.


**CANNONDALE H400 HYBRID.** Street-trail. Excellent working condition. Small defect in seat stay. $300. 619-441-9624.

**OVER-THE-RANGE MICROWAVE.** Over the range microwave. 2 speed, 8 cu. ft. capacity. Spacious, used. Excellent condition. Only $75. Please call 619-580-3963.

**BEST TIRE BUY**

**WINNING THINGS**

**FARMACIA.** My private doctor: 8:30 am to 5:30 pm, 7 days a week. 365 days a year. Free, but must take all. 503-440-4862.

**CUTICLE CLIPPER.** Waxing, manicures, nail care. Some with as many new waxes. $800+ 760-733-1314.

**CAR WASH**

**WAVE FILE CABINET.** Straw wooden seat, $39. 619-277-7197.

**OIL CHANGE**

**CAR SEATS.** All age groups. Includes petrie, Thames, and more. 760-397-8221.

**MOVING SALE.** Miscellaneous. Everything goes! $1.00 each. 2000.

**CABINETS.** Sale - $30.

**MOVING SALE.** fireside hearth. $1.00 each. 2000.

**CABINETS.** Bay, $25. 619-277-7197.

**CABINETS.** Sale - $30.

**MOVING SALE.** Fireside hearth. $1.00 each. 2000.

**CABINETS.** Bay, $25. 619-277-7197.
Last week I visited Gethsemane Lutheran Church in the wake of the United Church of Christ’s decision to allow partnered homosexuals to serve as clergy (in certain circumstances). This week, I crossed the parking lot and next door to Mission Village Christian Fellowship, a former United Church of Christ Church that voted (unanimously) to break away from the UCC in 1994, when that denomination took one step too far into the realm of what one congregate called “progressive doctrine.”

“Oh, we’re very different congregations,” he continued. “But we actually have what I view as a really good working relationship with them. We do a lot of things together.”

Sunday’s service — held under a high, sloping roof and cooled by both the whirring fans overhead and the blue light filtered through the rear window — was full of prayer. (That sounds like it might go without saying, but it doesn’t.) It began with the invitation from Pastor Baker. “Father...this is not really your temple. This is just a place where we gather — Your temple is within us. But we want You to manifest Yourself in this place where we gather corporately, so that we can see Your glory.”

It continued with a declaration of the powerful presence of the Cos- ming, stocky bass player in between songs: “Lord, You said You’d be there; that You’d never forsake us. And Your promise is true. Thank You, Lord.”

And it endured in the prayers of petition, presided over by a bear of a man who closed his eyes and murmured, “Lord, open our minds, clear our thoughts, open our hearts...”

One by one, the inten- tions came from the congre- gation. For successful surgeries. For a woman in an abusive marriage. For family members threatened by Hurricane Jimena. The presider paused to write each one down and prayed, “Father, come and fill this place with Your... Let it be strong; let it be complete. We also pray for delight in the knowl- edge of Your thoughts, that You would just reveal what’s going on...” Then he went down the hall, offering prayers for each intention in turn.

Pastor Baker took the lectern, told a couple of jokes, and then offered this com- ment: “I became aware of something as we were praying today. I want to say this as gently as I can. It’s very appropriate for us to pray for one another in the fellow- ship, to pray for healing. But I noticed that we didn’t pray for anyone outside of the kingdom — anyone in need of salvation. I remember an old saying: ‘When we begin to pray for people who are going to hell as much as we do for people who are going to the hospital, we will have revival.’ I just hope we’ll remember that.”

Because, of course, even miraculous physical healing is only a temporary thing. “These old bodies aren’t going to last forever. We will get old and die,” but the saved will “be forever in a better place, with a new body. The aches and pains and problems of life — Paul says, ‘Pray without ceas- ing,’ and I think that’s part of the prayers. But in the Lord’s prayer, Jesus focused on the kingdom: He said, ‘Your kingdom come.’ That’s a prayer that Christ will be able to find His way into relation with the people of this world. Because ultimately, that’s all that really matters.”

The sermon concerned putting on the armor of God, as laid out in Paul’s letter to the Ephesians. But by the end, even that circled back to prayer. “Prayer is rearma-

concluded Baker. “Soli- ders train even when there is no war. This week, we’re resuming our nights of corpo- rate prayer on Tuesdays at 7 p.m. Christopher leads us in two choruses, and then we go right into prayer. We open it up for people to pray out loud, as long as you want to. We can use prayer as a way to reach out beyond the walls of the church, to call people to the kingdom of God.”

At the end of the ser- vice, Baker encouraged the congregation: “If you need a few moments to do business with God, I want you to do that. Pray, and right where you’re at in your life, say, ‘This is where I’m at, Lord.’ Be honest with Him — He can take it. Even if you have to say, ‘Lord, I’m not even sure I believe all this stuff.’ All right, tell Him that. ‘But I want to know You, if all this is real.’ He loves prayers like that, I’m convinced of it.”

The piano rang back into life, and the people sang: “I have decided to/ follow Jesus...No turning back/ no turning back.”

What happens when we die? “Judgment,” said Baker. — Matthew Lickey
**Bankruptcy— Divorce**

Mediation, low-cost child support. 619-238-5680.

**Criminal Defense Attorney**


**Looking For A New Job?**

Present jobs on your record? We will be expunging previous convictions and infirmities from your records. Carlsbad CA. Josh Sherdon. Global Legal Resources LLC. 888-846-8901 x103. www.globale-resource.com.

**Bankruptcy:** 7, 11, 13


**Expired Gift Cards/Certificates**

If you have an expired gift card or gift certificate, you may have legal rights. Call 619-239-1300.

**San Diego County Bankruptcy Chapters 7, 11 & 13**


**Bankruptcy Attorney 7, 13 Stop Lawsuits & Repossessions**

Call to speak to attorney. Debt Relief Agency. 858-335-1162. BankruptcyID.com.

**Tax Problems Solved!**


**Sexually Harassed at Work? Hostile Work Environment? Discriminated Against? Wrongful Termination? Unpaid Overtime?**

We are experienced in representing employees and will vigorously defend your rights. All too often, employees will ignore an unfair work situation, or will wait too long after a violation has occurred. Don’t let this happen to you! Call Attorney Michael Sousa today for a free, no obligation consultation. 858-453-6312 x15.

**Home Loan Modifications**


**El Cajon Bankruptcy Lawyer**


**Meet Local Singles on Lavalife Voice Call now! Must be 18+**


**Divorce “Self-Help” From $85**

Low cost services since 1976— Reg. #54999. Lowest cost services since 1976— Reg. #54. 25% fee. Why pay more?

**Got Warrants?**

Felony, Misdemeanor, DUI & Probation Case Attorneys. Abby Erz Esq 619-840-4566 Summer ’19 warrants 5649.

**Solve Your Tax Problems!**

Don’t deal with IRS or FTB! Let a tax attorney do it! Free consult 619-794-9154 Chris@ChrisCrocketLaw.com.

**Bankruptcy?? Only $800**

Attorney’s Fees for unsecured debt. 24 years’ experience. This combo can’t be beat. 619-544-0669.

**DUI and Criminal Defense**


**Contingency Attorney Can Help**

For your records. You may be entitled to damages for income lost or mileage expenses. Free consult 619-794-9154 Chris@ChrisCrocketLaw.com.

**San Diego’s Best DUI-DMV & Ticket Attorneys**

Stay out of jail • Avoid court • Keep your job • Clean your record • Save your license

**San Diego's Best DUI-DMV & Ticket Attorneys**

**Medical Marijuana Evaluations**

Limited time offer: $25 Evaluation fee

Call now to schedule an appointment!

**San Diego’s Best DUI-DMV & Ticket Attorneys**

Stay out of jail • Avoid court • Keep your job • Clean your record • Save your license

**Medical Marijuana Evaluations**

Limited time offer: $25 Evaluation fee

Call now to schedule an appointment!

**San Diego’s Best DUI-DMV & Ticket Attorneys**

Stay out of jail • Avoid court • Keep your job • Clean your record • Save your license

**San Diego's Best DUI-DMV & Ticket Attorneys**

Stay out of jail • Avoid court • Keep your job • Clean your record • Save your license

**San Diego’s Best DUI-DMV & Ticket Attorneys**

Stay out of jail • Avoid court • Keep your job • Clean your record • Save your license

**San Diego’s Best DUI-DMV & Ticket Attorneys**

Stay out of jail • Avoid court • Keep your job • Clean your record • Save your license