



Wickedness is always precise — see page 103

ADVERTISING

Classified Ads

Antiques & Collectibles.....	140
Appliances.....	140
Automotive.....	142
Bicycles.....	140
Business Opportunities.....	123
Career Training.....	115
Classes/Lessons.....	123
Computers.....	140
Counseling/Support.....	124
Electronics.....	140
Employment Services.....	115
Furniture.....	140
Garage Sales.....	142
Help Wanted.....	112
Massage.....	123
Miscellaneous For Sale.....	142
Motorcycles.....	142
Music.....	125
Natural Health & Fitness.....	124
Natural Health Directory.....	128
Notices.....	125
Parent Resources.....	124
Personals.....	125
Pet Central.....	134
Photo.....	140
Real Estate.....	140
Rentals.....	127
Roommates.....	126
Services Directory.....	126
Sports.....	140
Stage Notes.....	124
Tickets.....	140
Travel & Getaways.....	125
Wanted/Trade.....	141
Wedding/Party Guide.....	124

Display Ads

Automotive.....	134
Career Training.....	115
Getaways.....	54
Great Escapes.....	56
Health and Beauty.....	32
Help Wanted.....	112
Instruction.....	121
Music.....	124
Rentals.....	22
Research Studies.....	24
Services.....	121
Singles Events.....	64
Wedding Guide.....	58

March 19, 2009

NEWS & FEATURES

Borrowed Music

By Jay Allen Sanford.....Continued on page 20

City Lights

For the City and County, the stock market looks better through rose-colored glasses; and Under the Radar.....	6
Holy cow, that church is noisy!; and Stringers.....	7

Letters.....	14
--------------	----

Diary of a Diva

When I run out of words.....	16
------------------------------	----

Straight From the Hip

Making sense of half cents, finger work, and footing the bill.....	18
--	----

Fast Break

Simple game plan: stop their leading scorers.....	19
---	----

Claiming City Heights

Slow down and catch the magic. By Elizabeth Salaam.....	50
---	----

Puzzle.....	120
-------------	-----

Surf Diego

Scat Daddy Surf's "Lament".....	130
---------------------------------	-----

Off the Cuff.....	131
-------------------	-----

Reader Pop Quiz.....	132
----------------------	-----

Typo Patrol Results.....	137
--------------------------	-----

News of the Weird.....	139
------------------------	-----

Back When

Deep secrets of Mr. Ed.....	141
-----------------------------	-----

Sheep and Goats

Worship pounds and burns in Grant Hill.....	143
---	-----

CALENDAR

Your Week and Welcome to It.....	55
----------------------------------	----

Roam-O-Rama

The multi-use trails of Sylvan Meadows, near Temecula.....	58
--	----

Classical Music Guide.....	65
----------------------------	----

Art Museum and Gallery Guide.....	65
-----------------------------------	----

Pop Music

Blurt.....	66
Club Crawler.....	70
Marie Haddad — à la Kate Bush and Leonard Cohen.....	74

Crasher

Live from San Diego, it's Saturday night!.....	90
--	----

Restaurant Reviews and Guide

All-encompassing Abyssinian eats.....	92
Beginners' guide to Ethiopian food.....	95
A simple dish, close to the garden.....	100

Theater Review and Guide

Threepenny Opera's V-effect.....	103
----------------------------------	-----

Movie Guide.....	106
------------------	-----

No Shell Shock Here!

Join the Players Club & Get a Free Lobster Buffet!

Enjoy all-you-can-eat steamed Maine lobster every night of the week at the award-winning buffet at Valley View Casino! While you're there indulge in Alaskan king crab legs, fresh-rolled sushi and jumbo shrimp along with delicious grilled steaks, gourmet Italian, Mexican and Asian cuisine and decadent desserts. And you won't experience any "shell shock," because when you join the Players Club, your first buffet is free!

FREE

all-you-can-eat

LOBSTER BUFFET!

when you join the Players Club!

Offer is for new Players Club members. Please present coupon when joining the club. Membership is free! Valid for lunch or dinner. Lobster served at dinner only. Management reserves all rights. Expires 5/18/09 5000

PLUS!

Get \$2000 in Free Slot Play!

...that's MOREPLAY™

when you earn 10 points in a 24-hour period.

VALLEY VIEW CASINO

San Diego's Favorite.

1-866-VIEW-WIN

ValleyViewCasino.com

1-15 TO VALLEY PKWY EAST • VALLEY CENTER, CA

While the choices at our buffet have no limit your age does. Guests must be 21 or older to enjoy the casino, restaurants, bars and concerts. Management reserves all rights.

FREE LEGAL GUIDE

CALL 619-233-9797 NIGHT OR DAY 7 DAYS A WEEK

AT THE PROMPT PRESS THE 4-DIGIT EXTENSION OF THE CATEGORY THAT INTERESTS YOU.

OR VISIT OUR WEBSITE: SDREADER.COM/LEGAL

■ EXTENSION 1000 ■

PERSONAL INJURY



Sponsored by
Julia E. Haus
Law Firm
550 West C Street
Suite 620, San Diego
619-234-1100
www.hauslaw.com

- 70 AUTO ACCIDENTS
- 71 MOTORCYCLE/TRUCK/PEDESTRIAN ACCIDENTS
- 72 WRONGFUL DEATH
- 75 SLIP AND FALL ACCIDENTS
- 76 PRODUCT DEFECT LIABILITY
- 77 PROFESSIONAL NEGLIGENCE

■ EXTENSION 1019 ■

SOCIAL SECURITY AND DISABILITY



Sponsored by
Anthony J. DeLellis
& Associates
1545 Hotel Circle South
Suite 150, San Diego
619-278-0900
www.delellis.com

- 20 OVERVIEW OF SOCIAL SECURITY
- 21 FILING A CLAIM
- 22 RETIREMENT BENEFITS
- 23 SURVIVORSHIP BENEFITS
- 24 LUMP SUM DEATH BENEFITS
- 25 FAMILY RELATIONSHIPS
- 26 DISABILITY BENEFITS
- 27 HIV AS A DISABILITY

■ EXTENSION 1007 ■

TENANT/LANDLORD

- 80 EVICTING A TENANT
- 81 CAN I BEAT MY LEASE?
- 82 WARRANTY OF HABITABILITY
- 83 RENTAL AGREEMENTS
- 84 SECURITY DEPOSITS
- 85 ENFORCEMENT OF THE LEASE
- 86 30-DAY NOTICE

■ EXTENSION 1008 ■

TAX & ESTATE PLANNING

- 90 FILING TAX RETURNS
- 91 CRIMINAL TAX ISSUES
- 92 TAX LIENS
- 93 STATE TAXES
- 94 FEDERAL TAXES
- 95 AUDITS & APPEALS
- 96 TAX PLANNING
- 97 ESTATE PLANNING

■ EXTENSION 1001 ■

CRIMINAL LAW



Sponsored by
The Law Office of
Douglas Holbrook
850 25th Street
Suite 100, San Diego
619-232-2020
www.douglasholbrook.com

- 20 WHEN DO I NEED AN ATTORNEY?
- 21 WHAT IF I'M WRONGLY ACCUSED?
- 22 SHOULD I ANSWER QUESTIONS?
- 23 MUST I SUBMIT TO A SEARCH?
- 24 COULD I RESIST AN ARREST?
- 25 WHAT IF I FAIL TO APPEAR?
- 26 CAN MY RECORDS BE CLEARED?
- 27 ALCOHOL, DRUGS, HIGH CRIMES

■ EXTENSION 1002 ■

BANKRUPTCY/CREDIT LAW

"We are a debt relief agency. We help people file for bankruptcy relief under the Bankruptcy Code."



Sponsored by
Deborah L. Raymond
445 Marine View Ave.
Suite 305
Del Mar
858-481-9559

- 30 NEW BANKRUPTCY LAWS
- 31 WHAT IS CHAPTER 7 BANKRUPTCY?
- 32 WHAT IS CHAPTER 13 BANKRUPTCY?
- 33 WRONGFUL CREDITOR FEES & ACTIONS
- 34 COLLECTION AGENCY HARASSMENT
- 35 VEHICLE REPOSSESSION
- 36 FORECLOSURE ON YOUR RESIDENCE
- 37 INACCURATE CREDIT REPORTING

■ EXTENSION 1018 ■

EMPLOYMENT/LABOR LAW



Sponsored by
Latorno & Graves
San Diego
619-234-3323
Escondido
760-741-7544
www.latornograves.com

- 10 ADMINISTRATIVE HEARINGS
- 11 EMPLOYEE HANDBOOKS/POLICIES
- 12 EMPLOYMENT AGREEMENTS
- 13 HOSTILE WORK ENVIRONMENT
- 14 NON-COMPETITION AGREEMENTS
- 15 SEVERANCE AGREEMENTS
- 16 WAGE AND HOUR

■ EXTENSION 1005 ■

FAMILY LAW



Sponsored by
William M. Henrich
Certified Specialist, Family
Law, the State Bar of California
Board of Legal Specialization
4849 Ronson Court
San Diego
858-576-4484

- 60 DIVORCE - AN OVERVIEW
- 61 WHAT WILL IT COST?
- 62 CHILD SUPPORT - HOW MUCH?
- 63 CHOOSING A PARALEGAL
- 64 MILITARY FAMILY ISSUES
- 65 PREPARING FOR DIVORCE
- 66 MEDIATION AND THERAPY
- 67 WILLS AND TRUSTS

■ EXTENSION 1003 ■

INSURANCE CLAIMS



Sponsored by
The Law Office of
Robert Bruce Arnold
2529 India Street
San Diego
619-233-1096
www.arnoldlawoffice.com

- 40 INSURANCE BAD FAITH
- 41 DUTIES OF INSURANCE CO.
- 42 FIRST PARTY CLAIMS/HEALTH/
UM/UIM/AUTO/PROPERTY
- 43 TIME LIMITS
- 44 DISPUTES WITH INSURANCE CO.
- 45 DEPT. OF INSURANCE HELP LINE
- 46 DO I NEED AN ATTORNEY?

■ EXTENSION 1010 ■

IMMIGRATION



Sponsored by
John A. Quinn
3444 Camino Del Rio N.
Suite 200, San Diego
619-284-8811
Fax: 619-284-8822

- 20 WAYS TO BE LEGAL
- 21 SPOUSES & CHILDREN
- 22 BUSINESS VISAS
- 23 EMPLOYMENT VISAS
- 24 INTERNATIONAL STUDENTS
- 25 CHANGING & EXTENDING VISAS
- 26 VISA DENIALS & DEPORTATION

■ EXTENSION 1006 ■

LOAN MODIFICATION/ SHORT SALE



Sponsored by
John E. McConnin
Attorney at Law
McConnin &
Company Realty
2244 Faraday Ave.
Carlsbad 800-608-8311
UpsideDownRealEstate.com

- 10 LOAN DEFICIENCY, TAXES, CREDIT
- 11 LOAN MODIFICATION
- 12 SHORT SALE
- 13 DEED IN LIEU
- 14 SHORT PAYOFF - PRINCIPAL
REDUCTION
- 15 SHOULD I STOP PAYING MY LOANS?
- 16 SHOULD I PAY UP-FRONT FEES?
- 17 LICENSED TO NEGOTIATE/NEW LAW

■ EXTENSION 1004 ■

WORKERS' COMPENSATION

Any person who makes or causes to be made any knowingly false or fraudulent material statement or material representation for the purpose of obtaining worker's compensation benefits or payments is guilty of a felony.



Sponsored by
The Law Office of
Gerald D. Brody &
Associates
3465 Camino del Rio S.
Suite 440, San Diego
619-528-9800

- 50 YOUR WORK-RELATED INJURY
- 51 WORKERS' COMP BENEFITS
- 54 THIRD-PARTY ACCIDENTS
- 55 UNSAFE WORKING CONDITIONS
- 56 WRONGFUL DISCHARGE
- 57 HARBOR & LONGSHOREMAN'S ACT

■ EXTENSION 1015 ■

SEXUAL HARASSMENT/ WRONGFUL TERMINATION



Sponsored by
The Law Offices of
Joel C. Golden
Old Town Professional
Bldg. 2556 Moore Street
Suite 201, San Diego
619-246-8449

- 70 SEXUAL HARASSMENT
- 71 DISCRIMINATION
- 72 WRONGFUL TERMINATION
- 73 EXECUTIVE TERMINATION
- 74 WHISTLEBLOWER-RETALIATION
- 75 FRAUD AGAINST THE U.S.
GOVERNMENT (FALSE CLAIMS ACT)
- 76 LEGAL FEES

The attorneys and law firms who provide this information are solely responsible for its content. This information does not address all legal situations, nor is it intended to replace legal counsel. It is provided free, although if calling from outlying areas you may incur toll charges on your telephone bill.



CALIFORNIA'S BRAND NEW 200-YEAR-OLD BANK.

WELCOME TO CHASE BANKING.

With over 700 Chase branch locations and nearly 2,000 ATMs in California alone, the help you need is right around the corner. Welcome to Chase. We're new to California, but not to what matters in a bank.

Visit a branch or start at Chase.com/CA

CHASE 

Deposit products provided by JPMorgan Chase Bank, N.A. Member FDIC © 2009 JPMorgan Chase & Co.

Fight Foreclosure! Save Your Home!

Licensed Attorneys use Federal & State Consumer
Protection Laws to FIGHT YOUR LENDER!

NO APPRAISALS
NO CREDIT REPORTS
NO HARDSHIP LETTERS



Loan modification programs
are good for banks, not you.

Kent C. Wilson,
Attorney at Law

35 years of experience

Offices in San Diego & Imperial Counties



Mr. Wilson

Free Initial Consultation • Affordable Fees • Call Today
Toll-free: (866) 412-9171 • Direct Line: (619) 234-5929

UNLIMITED
TANNING
\$19.99
& up

TRUST YOUR TAN
TO THE EXPERTS!

1 MONTH \$99
HP 360" BRONZING BED
VALID FOR ALL CLIENTS. MUST PRESENT COUPON.
EXPIRES 4/2/09. PL5TR1MONTH99

7 TANS \$7
PREMIUM LEVEL BEDS
NEW CLIENTS ONLY WITH LOCAL ID. MUST PRESENT
COUPON. EXPIRES 4/2/09. PL1TR7FOR7

20% OFF
AIRBRUSH TANNING
VALID FOR ALL CLIENTS. MUST PRESENT COUPON.
CALL FOR APPOINTMENT. EXPIRES 4/2/09.

5 TANS \$49
ULTRA LEVEL4 or MYSTIC
VALID FOR ALL CLIENTS. MUST PRESENT COUPON.
EXPIRES 4/2/09. PL4TR5FOR49
OR PLNTR5FOR49

www.iTanSolariums.com

POWAY	(858) 511-1444	SAN MARCOS	(760) 510-1997
ENCINITAS/CARDIFF	(760) 942-9632	PACIFIC BEACH	(858) 581-9060
SDSU	(619) 286-1554	LA JOLLA	(858) 454-3873
LA COSTA/CARLSBAD	(760) 431-0044	UTC/LA JOLLA	(858) 455-8422
LA MESA	(619) 644-5714	ESCONDIDO	(760) 735-6199
OCEANSIDE	(760) 941-8548	RAMONA	(760) 789-0020
KEARNY MESA	(858) 492-1100	SANTEE	(619) 562-8991
USD/CLAIREMONT	(619) 276-7205	DOWNTOWN	(619) 238-7161

EDITOR

Jim Holman

SENIOR EDITOR

Matt Potter

ASSISTANT EDITOR

Heather Goodwillie

EDITORIAL ASSISTANTS

Scott Ellis, Hector Lam, Russ Lewis,
Robert Mizrahi, Robert Nutting,
Chris Woo

CONTRIBUTORS

Don Bauder, Ed Bedford, Jane
Belanger, Geoff Bouvier, John
Brizzolara, Josh Board, Patrick
Daugherty, Joe Deegan, W.S. Di
Piero, Stephen Dobyns, Barbara
Fokos, Ernie Grimm, Mary Grimm,
Dorian Hargrove, Rosa Jurjevics, Ken
Kuhlken, Thomas Larson, Deirdre
Lickona, Matthew Lickona, Thomas
Lux, Bill Manson, Linda Nevin,
Anthony Olivieri, Jerry Schad,
Duncan Shepherd, Jeff Smith,
Leslie Venolia, Naomi Wise

ADVERTISING SALES DIRECTOR

John-Paul Franklin

ASSISTANT SALES MANAGER

Mercia Daughn

SENIOR ACCOUNT EXECUTIVES

Kelly Bonelli, Bill Burton, Scott Fisk,
Paula Ford, Amy Grant, Amy
McKibben, Randy Rice,
Todd Westfall, Beth Wexler

ACCOUNT EXECUTIVES

Patricia Esperanza, Brett Flynn,
Stephen Hatch, Joshua Hensley,
Richard Maryn, Alvaro Mendez,
Woody Wilson

ACCOUNT MANAGERS

Jesus Cruz, Jr., Kaitlin Pettersen,
Graeme Storey, Kacy Weaver

ADVERTISING ASSISTANTS

Brian Carver, George Wargo

ADVERTISING ART DIRECTORS

Kenneth Koll, Ronaldo Saluta, Jr.

CLASSIFIEDS STAFF

Annalee Bradbury, Chrissy Guevara,
Maribel Juarez, Steve Lieber, Jeane
Martinez, Patricia MacInnes, LeAnne
Mellon, Holly Micelli, Sandi Miller,
Ninoshcka A. Moreno Ortiz, Carina
Quintanar

PRODUCTION MANAGERS

Deborah Condit, Sandy Matthews

PRODUCTION ARTISTS

Frank Andrews, James Banerian,
Mike Brown, Jeremiah Dean, Jo
Fojtik-Koll, Paul Johnson, Leslie
Manes, José Ramirez, Jr., Jessica
Wentzel

ACCOUNTING STAFF

Kelly Ainsworth, Regina Gaither,
April Isaac, Michelle Newby,

ADMINISTRATIVE STAFF

Linda Johnson, Margaret Stann

HUMAN RESOURCES MANAGER

Barbara Christensen

INFORMATION TECHNOLOGY

Gavin Rattmann, Michael Wayne

PROJECT MANAGER

Fred Hagen

OPERATIONS DIRECTOR

Howard Rosen

All advertising in the *Reader* is
subject to current rate card. The
Reader reserves the right not to
accept an advertiser's order. The
entire contents of the *San Diego*
Reader are copyright 2009,
Jim Holman. All rights reserved.

NATIONAL ADVERTISING

The Ruxton Group - 1-888-2Ruxton

MAILING ADDRESS

Reader, P.O. Box 85803
San Diego, CA 92186-5803

OFFICE

1703 India Street (at Date)

619-235-8200

Paid classifieds

GENERAL INFORMATION

619-235-3000

**"LASIK made me a
better football player.
Thanks, Dr. Parikh!"**

**- #23 Quentin Jammer,
San Diego Chargers QB,
First-Round Draft Pick
2002**



Official Padres LASIK Center



Trust your vision to the



Official Chargers LASIK Center
and Team Ophthalmologist

Free LASIK Eye Exam



Mihir Parikh, M.D.

- LASIK & Cornea Specialist
- Chargers Team Ophthalmologist
- Featured in "Top Doctors"
- S.D. Magazine '05-'08
- "America's Top Ophthalmologist"
- Consumer Research Council
- Over 10,000 procedures performed

Low monthly payments!
Easy to qualify!

\$0 + 0% + 18
DOWN INTEREST MONTHS

Toll-free: 1-877-484-2020

Local: 858-450-4213

www.neweyes.com



Affordable PPO Health Plans

For Individuals and Families

Age*	Male Rates	Female Rates	Age*	Male Rates	Female Rates
0	\$177	\$177	35	\$102	\$141
1	\$106	\$106	40	\$116	\$160
2-18	\$57	\$57	45	\$163	\$181
19	\$63	\$84	50	\$207	\$221
25	\$72	\$101	55	\$265	\$256
30	\$90	\$121	60	\$335	\$324

*Call for rates based on your age.

\$30 Co-pay Office Visit • Prescription Drug Card

\$0 Co-pay Well Woman Exam • \$30 Co-pay Preventative Care (\$200 Limit)

Monthly rates effective 7-1-08 for San Diego County. Aetna \$2500 PPO Plan.

California Healthquote Insurance Services

701 Palomar Airport Road, Ste. 300 Carlsbad, CA 92011 • 800-788-4678



CA Insurance Lic. #s: 0712596, 0706675, 0C84228

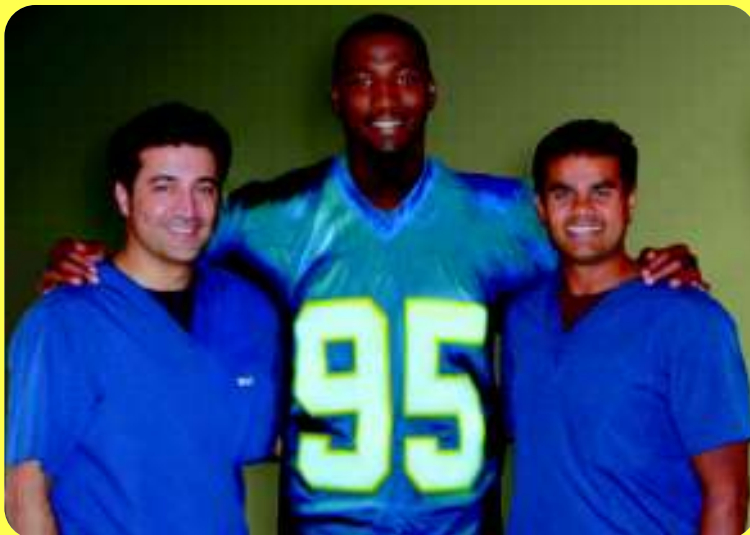
www.cahealthquoteins.com

L A S I K

(Laser Vision Correction)

Over 50,000 Surgeries Performed to Date!

San Diego Pro Football Player Shaun Phillips



"Having the doctors in the top 1% of the country in your own backyard – you can't ask for anything better." – Shaun Phillips, Pro Football Player

Need Contacts or Glasses?



Eye Exam \$55*

(With purchase of frame & lenses)
Offering a variety of designer eyewear.

*New patients only. With no insurance. Up to \$135 savings.

Contact Lens Exam \$85*

Includes eyeglass prescription, fitting, follow-ups, and solution kit. (Toric, multifocal and gas perms slightly higher.)

*New patients only. With no insurance. Up to \$135 savings.



Dry Eyes?

Are You Unable to Tolerate Contact Lenses?

We offer effective therapies to treat this condition. Please call to schedule your free consultation.

Do You Have Pterygium? (¿Carnosidad?)



Pterygium (pronounced tur-IJ-ee-um) is a growth on the inner corner of the eye which could lead to irritation or astigmatism.

Our fast procedure can remove this growth with no sutures.

Dr. Yaghouti and Dr. Lakhani have been voted America's Top Ophthalmologists by Consumer Research Council of America.

Two Weeks Only

Expires April 4, 2009.

\$200* Off

Both Eyes

Standard LASIK, Standard Intralase, or Custom LASIK

\$400* Off

Both Eyes

Custom Intralase (iLASIK)

Standard LASIK

Regularly \$1500 per eye (savings of \$801 per eye)

\$1550*

PER MONTH
OR \$699

Per eye – any nearsighted prescription with no astigmatism. Additional \$6.50 per month per eye for astigmatism (or \$300 per eye).

All-Laser (blade-free) Standard (Intralase)

Regularly \$2000 per eye (savings of \$801 per eye)

\$2700*

PER MONTH
OR \$1199

Per eye – any nearsighted prescription

Custom LASIK

Regularly \$2500 per eye (savings of \$1001 per eye)

\$3300*

PER MONTH
OR \$1499

Per eye – any prescription

All-Laser (blade-free) Custom LASIK (Intralase)

Regularly \$2850 per eye (savings of \$1051 per eye)

\$4000*

PER MONTH
OR \$1799

Per eye – any prescription

iLASIK

BEST
DEAL

We Offer Military and Law Enforcement Discounts

Interest-Free Financing until 2011!

Limited time only (OAC).

We Accept VSP and Other Insurances.

Call for a Complimentary Consultation

1-800-GET-LASIK

(4 3 8 - 5 2 7 4)

www.GlobalLaserVision.com



MEET DR. YAGHOUTI

Refractive Eye Surgery specialist
from Harvard University.



MEET DR. LAKHANI

Refractive Eye Surgery specialist
from UCSD Medical Center.

6950 Friars Road
Suite 100

Across from Fashion Valley Mall

Se Habla Español

Promo Code: RDR0319

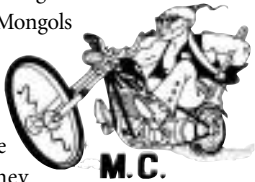


GLOBAL
LASER VISION
MEDICAL CENTER, INC

*All offers are for new patients only with no prior history of refractive surgery. Cannot be combined with any other offers. No cash value. Must present coupon at time of consultation. Offer cannot be applied retroactively to prior procedures. Some restrictions may apply. Financing is based on 60 months at 11.90% per month (OAC). Surgery must be performed by 4/4/09.

UNDER THE RADAR

Trademark dispute A local member of the feared Mongols Motorcycle Club, a Latino gang with upwards of 600 members in seven states and four countries, wants his colors back. Last October, following an 86-count indictment of 79 Mongols on a host of charges including murder, arms trafficking, drug dealing, hate crimes, and money laundering, a federal judge barred members of the gang from wearing or distributing its infamous logo — featuring a ponytailed biker astride a chopper. Using the order, cops have begun confiscating clothes and motorcycles with the image, and the government is seeking permanent forfeiture of the logo's trademark, owned by the club.



But San Diego County resident **Ramon Rivera**, a Mongol who was not charged in the indictment, argues his First and Fifth Amendment rights are being violated by the ban. "As a Club member, Rivera participates in social and charitable events organized by the Club and its chapters in the San Diego area," says his complaint, filed by a lawyer for the American Civil Liberties Union in federal court here last week. "The social events include barbecues, outings, and funerals. The charitable events include collecting toys for disadvantaged children and delivering dog food to a local humane society," Rivera argues that wearing the logo "symbolizes unity and brotherhood with his friends and fellow Club members, most of whom are low-income and Latino, and represents their struggle for recognition and equality."

Defendants include **Ronnie Carter**, acting director of the U.S. Bureau of Alcohol, Tobacco, Firearms and Explosives, and Attorney General **Eric Holder**. According to the suit, "A National City police officer informed Rivera that ATF agents had told the officer that if the agents saw anyone wearing items displaying the Image while attending a funeral in National City, the agents would ask National City Police Department officers to confiscate those items."

Travels with Lori Assemblywoman **Lori Saldaña**, who has filed campaign financial forms indicating she intends to run for either the State Board of Equalization or the 39th state senate seat now held by fellow Democrat **Christine Kehoe**, accepted some pretty big gifts last year, according to her recently filed statement of personal economic interests. Donors have included some of America's biggest companies, as well as political committees, a nonprofit organization closely



Lori Saldaña

tied to lobbyists, and the University of California.

On June 14, UCSD gave her a one-day package to the U.S. Open at Torrey Pines worth \$400. The same day, Gen-Probe Inc., a big biotech outfit, gave her tickets to the golf event worth \$362.

In November, the Pacific Policy Research Foundation picked up the tab for what Saldaña listed as four days of "golf" and "meals" worth \$883. Each year, the small nonprofit organization stages a November gathering for legislators, lobbyists, and family members at Fairmont Kea Lani, a luxury resort on Maui. In 2007, the *Los Angeles Times* reported that the annual outings are funded with money from the likes of Pacific Gas & Electric, Eli Lilly and Company, Amgen, and liquor giant Diageo. "This foundation provides a forum and addresses issues that PG&E is interested in," spokeswoman **Darlene Chiu** told the paper. Another opinion was expressed by **Lenny Goldberg**, president of Californians for Tax Reform: "This seems like a way for large corporations to launder contributions.... It is improper and it should be illegal."

Another nonprofit, Altarum Institute of Washington, D.C., paid \$1004 for "round trip airfare" for a Saldaña trip from November 20 through 24. According to its website, the organization "integrates objective research and client-centered consulting skills to deliver comprehensive, systems-based solutions that improve health and health care." Many of its clients are government agencies.

The D.C.-based nonprofit Women in Government, which also receives major corporate money, paid \$906 for a two-day September trip to the nation's capital.

Porking out The Wounded Marine Careers Foundation, currently being sued by ex-Marines, some of whom allege they ended up paying \$88,000 worth of their veteran's benefits for ten weeks of film school, is the beneficiary of a \$285,000 earmark in the budget bill signed last week by President **Barack Obama**. According to records prepared by Taxpayers for Common Sense, GOP congressman **Duncan Hunter** and Democrat **Bob Filner** jointly requested the funds. Disclosure documents show that the foundation hired the Washington office of San Diego's Carpi Clay & Smith last May to lobby for "funding for vocational rehabilitation and education programs for wounded veterans." **Kevin Lombard** and **Judith Paixao**, founders of the group, contend that the veterans knew about the costs of the program when they signed up.



Kevin Lombard

— Matt Potter

The Reader offers \$25 for news tips published in this column. Call our voice mail at 619-235-3000, ext. 440, or fax your tip to 619-231-0489.

Pie in the Sky

By Don Bauder

San Diego County citizens disgusted with massive potholes, deficient sewer and water systems, library closings, ad nauseam

should scoff at politicians' promises that things will get better. They won't. Already-ruinous pension payments will eat up much more of future budgets — and actually, if the books were honest, those annual pension contributions would be larger still. That's because both the County (San Diego County Employees Retirement Association) and the City (San Diego City Employees' Retirement System) grossly overestimate their expected annual pension portfolio returns, thereby lowering governments' annual contributions and passing the bill to future generations.

Since June 30, the County's pension fund portfolio has plunged from \$8.4 billion to

below \$6 billion. On February 11, San Diego County Board of Supervisors chairwoman Dianne Jacob declared



Brian White

in a speech that "even if the [stock] market bounces back, the required contribution by the County is expected to

triple over the next five years." And if the market *doesn't* bounce back? She didn't go into that.

During the last week of February, the city council was meeting on the topic of pension-payment obligations. Councilmember Carl DeMaio asked the City's actuary how many bucks the City would be plunking in the pot "if the market does not suddenly recover." Answer: the City



William Sheffler

would set its future annual payment at \$100 million more than it is currently plunking in. What does \$100 million mean? It's equivalent to "shutting down every library in the city and closing 37 percent of the park and recreation programs," says DeMaio.

The County estimates that

continued on page 8

Newspapers Should Go Totally Online: *Business Week* writer says to stop red ink, get rid of ink altogether...

No-Plea Deal for New York Ponzi schemer Bernard Madoff: Could Spend Remaining Days in Prison...

Read Don Bauder news updates like these every day at SDReader.com

Neal Obermeyer



"Hallelujah!" "Hey, keep it down!"

By Joe Deegan

Many are the tales locals tell of dodge-and-deny tactics the City of San Diego uses to avoid enforcing its own laws. The

most common excuses, especially in this time of budgetary woes, are that it costs too much. But listen to Robert Vacchi, today's deputy director of the City's Neighbor-

hood Code Compliance Department. In 1997, when Vacchi was an associate planner for the department, he copyrighted a document entitled "New Options for Code Enforcement: San Diego's Use of Administrative Remedies."



Richard Alvarez with boxes of tapes

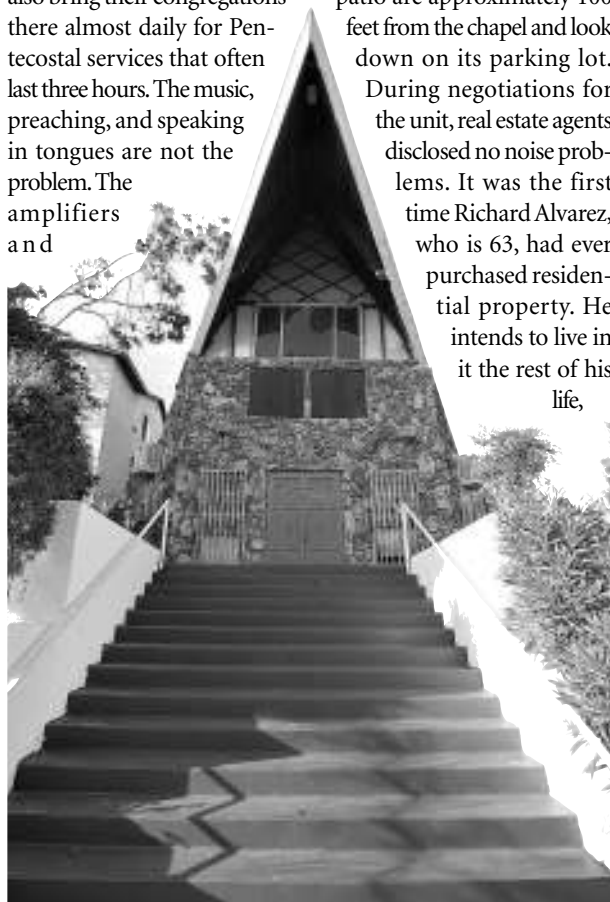
hood Code Compliance Department. In 1997, when Vacchi was an associate planner for the department, he copyrighted a document entitled "New Options for Code Enforcement: San Diego's Use of Administrative Remedies."

Recently, two of the options Vacchi discussed, civil penalties and administrative citations, caught my attention. Both involve fines, civil penalties being the more expensive. They often start at \$2500. For less serious matters, administrative citations start at \$100, followed by \$250 and \$500 fines for noncompliance. "The advantages of administrative citations are... [that] most people comply after receiving the first citation," wrote Vacchi. "In addition, citations bring in revenue."

That was 12 years ago. On January 22, 2009, Vacchi wrote to the office of Mayor Sanders, explaining why Neighborhood Code Compliance had refused to act on certain noise complaints in Golden Hill. Vacchi

explained that his department "could no longer expend resources in continuing an investigation of noise level limits." Considering what happened, however, one has to wonder whether city government spent more on evasion tactics than it saved by refusing to act.

and



Chapel of Happiness

speakers that broadcast them all over the neighborhood are what drive local residents to complain.

Late in 2006, Alvarez's father Richard bought a unit in the La Collinda Condominiums immediately to the east. The living room, two of the condo's bedrooms, and an outdoor patio are approximately 100 feet from the chapel and look down on its parking lot. During negotiations for the unit, real estate agents disclosed no noise problems. It was the first time Richard Alvarez, who is 63, had ever purchased residential property. He intends to live in it the rest of his life,

to allow his daughter to live there as well, and to bequeath it to her after his death.

Ruchell Alvarez moved into the condo first, early in 2007, while her father remained in his apartment until August. "I started telling him about how loud it was next door and how disturbing the sounds were," she says, "but he thought I was exaggerating. He told me, 'I'll take care of it when I get there.'" But she could not wait. By July, Ruchell Alvarez was calling the chapel's leaders and asking them to turn down the noise and close their windows and doors during services. "Sometimes they turned it down," she tells me, "but only for a short time. Eventually, they ignored me and a few times even hung up on me."

Within a month of his arrival, Richard Alvarez was calling the church too. But to no avail. In February 2008, the Alvarezes reached Mary Burriel, whose husband, Reverend Jesse Burriel, now deceased, founded the Chapel of Happiness in 1964. (At least one letter from the 1960s has surfaced, already complaining to the City of San Diego about noise and building code violations at the church.)

Mary Burriel still lives in

continued on page 11



Ruchell Alvarez

PHOTOGRAPHS BY ALAN DECKER

STRINGERS

Endless Bummer

By Dorian Hargrove, 3/12/09
Imperial Beach — The surf breaks from Imperial Beach Pier down to the Tijuana Slough are some of Southern



California's best.

In summer months, however, according to a report released by the nonprofit environmental group Wildcoast, surfers and frequent ocean users have reported smelling a "sweet, chemical" odor near the shore.

Each year, contamination found off Imperial Beach results in approximately 200 beach closures, which, according to the Department of Environmental Health, make up 80 to 95 percent of San Diego County's total beach closures every year.

After a substantial rain in 2007, researchers from San Diego State University found hepatitis A in 80 percent of the samples they collected near the Imperial Beach Pier.

On Saturday, March 14, at the end of Imperial Beach's Seacoast Drive, Wildcoast (in conjunction with Imperial Beach Health Center and San Diego State University) will pass out information packets and offer 1200 free hepatitis A vaccinations to surfers and any other frequent ocean-user.

Blessing for Bikers

By Matt Lewis, 3/15/09
Vista/San Marcos — The two-lane stretch of Buena Creek Road, which connects Santa Fe Avenue and Twin Oaks Valley Road, will be undergoing extensive construction for the next two weeks. Con-

struction crews have and will be widening nonexistent bike lanes along the narrow and windy passage that connect Vista and San Marcos. So far, the times of work for the crews have been on weekdays from noon until around 4:30 pm, when the major rush-hour traffic for the area begins.

"I bike to work at least three times a week along this road," said Reid Harrell, a resident on the Vista side of the street. "Oftentimes I have to wait for cars to pass just to ride past certain parts of the road."

The construction is mainly taking place on the left side of the road when going northbound toward San Marcos. The dirt embankments that mark residents' property from the road is being carved in about a foot, to allow bikes and pedestrians an easier passage. The construction is expected to continue until about Tuesday, March 24.

Nest in Peace

By Steve Terry, 3/11/09
Rancho San Diego — Workers have been busy cutting down trees and clearing brush



between the Sweetwater River and Jamacha Road in Rancho San Diego. They began near the intersection of Jamacha and Cuyamaca College Drive East a couple of weeks ago. By Friday, March 6, they had reached the corner of Jamacha Road and Willow Glen Drive, behind North Island Credit Union and the new Savannah Grill restaurant.

According to a worker on the scene who declined to be

continued on page 8

Win This!



46" LCD TV!

\$1300 value! No purchase necessary. Must bring ad and register in store. Deadline to enter is May 30. Drawing June 4.

Queen Mattress
from **\$199**

King Mattress
from **\$399**

Imperial Super Pillowtop Mattress

Foam-Encased
Twin.....\$199
Full.....\$259
Queen.....\$299
King.....\$499

Full \$259

Serta Euro Pillowtop Mattress

Organic Cotton
Twin.....\$299
Full.....\$359
Queen.....\$399
King.....\$599

Full \$359

Englander Super Pillowtop Mattress

Twin.....\$249
Full.....\$329
Queen.....\$359
King.....\$559

Full \$329

Simmons Beautyrest Mattress

Full.....\$329
Queen.....\$359
King.....\$559

Full \$329

24-month financing available!

8400 Miramar Rd. • San Diego

858-695-6670 • FirstStopMattress.com

Mon.-Sat. 10 am-7 pm • Sun. 11 am-5 pm



CITY LIGHTS

Pie in the sky

continued from page 6

it will make 8.25 percent per year on its pension portfolio. The City looks for 7.75 percent. Domestic and foreign stocks have been roughly cut in half since peaking in 2007. Common stocks (domestic and foreign) make up more than half of the portfolios of both the County and City. Stocks would have to go up about 20 percent a year for five years just to get back to normal rates of return, says Joe Esuchanko, consulting actuary for the City.

The County, in particular, has been gambling with employees' retirements. Often-volatile commodities make up 4 percent of its target asset allocation. Alternative equity investments — which could include speculative things like venture capital, buyout funds, and green investments — make up 5 percent. There is actually a slightly higher weighting of international stocks (24 percent) than domestic stocks (23 percent). For a long time, the County had 20 percent of its portfolio in hedge funds but got slaughtered in two of them, and that weighting is now down to 14 percent. Early this month, the County's chief investment officer, who had championed aggressive investments, abruptly resigned, "but I don't think the board is looking for radical changes to the portfolio," says chief executive Brian White. The

continued on page 10

CITY LIGHTS

Stringers

continued from page 7

identified, only nonnative trees (giant reed, tamarisk, and palm) are being removed. The vegetation removal is part of a project by the National Wildlife Refuge to improve and expand habitat for the least Bell's vireo, a bird listed as endangered by both the state and federal government since the 1980s.

The birds won't arrive until the nesting season, which officially starts March 15.

Kensington's Broken Heart

By Dorian Hargrove, 3/12/09

Kensington — During the past two years, several issues have divided the community, some say resulting in the weakening of the Heart of Kensington community group, which endorsed 8 of the 11 candidates for the 8 seats on the Kensington/Talmadge Planning Committee.

The restoration of the Kensington sign, the fight with developers and community members over the Kensington Terrace project, and the recent historical designation of two 100-year-old trees at the Kensington/Northern Heights Library have involved Heart of Kensington members. Many residents say the expansion of the library was thwarted by a Heart of Kensington member who, as an individual, decided to nominate the trees as historic.

That issue appeared to be

CITY LIGHTS

on everyone's mind during the planning committee meeting Wednesday, March 11.

Before the election's results were announced, candidate Celia Conover, wearing a Heart of Kensington sticker, addressed the audience. "This was not done as a specific stop point for the library expansion. We all treasure our trees, our library, and our park."

Out of the eight candidates endorsed by Heart of Kensington, five were elected. Two of those nominees — chair Tom Hebrank and vice-chair David Moty — are considered independent of the community group.

Eyes on the Freeway

By Ken Harrison, 3/13/09

Encinitas — About two months ago, Caltrans began erecting 20-foot-tall aluminum poles on the 5 freeway from Carmel Valley and Oceanside. In the past few weeks, each pole (located at most on- and off-ramps) began to be outfitted with vehicle-detection devices. The poles are being equipped with solar-power panels, wireless component boxes, and radar plates, which will transmit instant information to Caltrans.

Caltrans' San Diego district spokesperson Edward Cartagena says that the two-million-dollar system only counts vehicles, distinguishes between cars and big trucks,

continued on page 10




Big beautiful women!

AND THE MEN WHO LOVE THEM

Instant fun with real live local people of all shapes and sizes!

Talk to real people in your area in minutes!

Browse and record ads FREE!
Talk privately and connect in the chat room.

619-270-4411
858-764-2609
760-494-2597

Tax Prep \$30 Off With Ad

Military/Senior discounts. Espanol. 619-466-4171.

Auto Accident? Other Injury?

Free advice! Injury Law Center, 619-338-8230.

DUI and Criminal Defense

Affordable rates. Visa/MC, flexible payment plans. Free consult. Attorney David Boertje, 619-229-1870.

Need Someone To Talk To?

Relationships, self- confidence, stress, anxiety, all issues. Dr. Valerie Hayward, PSY. D., CHT. 619-818-6070.

No Recovery Means No Fee! Contingency Attorney Can Help

If you're injured in an accident, mistreated at work or need help with a contract or insurance claim. We'll fight for you! We're experienced and aggressive. Consultation is free, so what have you got to lose? Don't hesitate, call us today at 619-239-1300. E-mail morris@sandiegolegal.com. Morris and Associates. Personal Injury, Sexual Harassment, Business Litigation.

Divorcing? Get Your Fair Share Through Mediation!

Work out a settlement with your spouse or partner rather than spending a fortune fighting in court. See: www.afairway.com. A Fair Way Mediation Center. 619-702-9174.

Bankruptcy Done Right!

Free attorney consult/Best prices & service in town. Protect assets/Stop debt collections/Mortgage relief Debt Relief Law Center— bklawca.com. 800-803-7310.

Bankruptcy Chapters 7 & 13 \$300 Starts Representation

All work done by experienced Bankruptcy Attorney. BankruptcySD.com. 619-321-8125; 858-335-1162.

Auto Insurance & Instant SR22

No driver refused. BBB member. 20 years' experience. Bethel Insurance, 619-442-4006.

Low Cost Divorce-Support

\$100 starts, easy payments, online divorce available. MC/Visa. #7. www.Legal-Choices.com. 619-593-6000.

Never Been Done Before

\$28,000 in days, not weeks, returning calls. No selling. Gifting, approved by IRS. "I received \$34K my first 3 weeks." Joe, Banker, CA. 888-905-5888.

Try Hypnotherapy, Only \$35 Free Phone Consultation

Eliminate anger, sadness, fear, guilt & shame. New client special. Judie Keys, CCH. 619-501-8323.

Bankruptcy- Low Payment Starts

Experienced Attorney. Stop all collections. Debt Relief Agency. Raymond Schimmel, Esq., 619-275-1250.

SanDiego-DUI-Lawyer.com

Fight your DUI. 619-334-7661.

Don't Let IRS Ruin Your Life!

Peace of mind is within your reach! Call 1-877-FIXABLE (24 hours) for recorded message and free report. Attorney Dave Greenberg, 858-292-0700, www.fixabletax.com.

Ex-IRS Tax Attorney

Beat any price. All problems, returns, etc., 619-234-8471.

Are You Facing Eviction?

Got a 3/30/60 day notice? Sued? Fight back! Call Attorney David Wolff. 760-632-8980.

Lose Inches In Hours: Iono-Trim

20% discount with mention of this ad. Sean Daneshmand, M.D., FACOG. Ageless & Beautiful Medical Spa, 1080 University Ave. Suite H-201, San Diego 92103. 619-299-0264.

Aggressive Family Attorney Experienced in Divorce

Divorce, custody, support, property, and paternity. Call 619-542-1100. www.astephenrochalaw.com.

Bankruptcy-Ch. 7, 11 & 13.

Free consultation. Honest advice from an attorney. A debt relief agency. Avatarlegal.com, 858-793-9880.

Expired Gift Cards/ Certificates

If you have an expired gift card or gift certificate, you may have legal rights. Call 619-239-1300.

Chapter 7

Bankruptcy \$1099

Complete. Includes fees.

Debt relief agency • Payment plans available
Appointments M–F 8 am–8 pm, Sat. 9 am–5 pm

Call for a free consultation.

Attorney Roger Stacy

888-205-4586

SE HABLA ESPAÑOL

Car Repo'd or About to be?

Call now to save it! 858-405-6766.

Wipe Out 2nd Mortgages File Chapter-13 Bankruptcy

All work done by attorneys with 20 years' experience. 858-335-1162.

Hypnosis Works!

Valerie Hayward. Psy.D, CHT. 619-818-6070.

Divorce Easy \$79-Up.

Affordable Legal Assistance, 619-479-4527.

Ch 7 Bankruptcy \$1099 Complete Includes Filing Fee

Debt relief agency. Free Consultation. Payment plans available. 8am-8pm, Monday-Friday and 9am-5pm Saturdays. Over 9 years of experience. Se habla Espanol. Attorney Roger Stacy, 619-253-8141.

Facing A Foreclosure File 7 or 13 Bankruptcy

Save your home or wipe out negative equity. Free consultation with experienced attorney. 619-321-8125, 858-335-1162. BankruptcySD.com.

Free SR-22

Auto Insurance as low as \$16 per month. Hotwire Insurance Services, 619-422-2188.

Divorce/Custody/Support

Contact Happ Law Group P.C. 619-906-5800.

Simple Divorce \$149

Affordable rates, MC/Visa/Amex. Se habla espanol. Joseph B. Carnohan, Attorney. 760-722-8200.

Homeowners in Crisis!

Don't be pushed into foreclosure, short sale, bankruptcy, loan modification. Advocate for fair lending can reduce your payments, interest and principal with no refinancing. Using a powerful secret the banks don't want you to know, AFFL audits your loan for violations that most loans contain and forces lender to help you! 100% money back guarantee. Call for free consultation. 888-959-0777. New program!

www.619Bankruptcy.com

Bankruptcy-Debt Relief Law Firm. Free consult. Weekend and evening appointments OK. 619-794-0461.

Car Accident Victims!

25% fee. Why pay more? Demanski & Ellis, Attorneys at Law, 619-338-9880.

Got Warrants? 619-840-4566.

DUI/DV probation violations, our attorneys can help! Abby L. Ertz, Esq., 619-840-4566. Call today!

Is The IRS After You? Help Is At www.mtax.com

Call Curtis McAllaster, CPA, 619-523-3098.

1-Hour Massage \$60 Special

Ladies' special! (Regularly \$100). 10am-2pm, Monday-Friday. Relaxation Plus, 1467 Kettner Blvd, Downtown San Diego. 619-295-5595. www.relaxationplus.com.

Hypnosis- All issues!

Smoking, weight, habits. Lori (CHT), 858-457-2100.

Tax Problems Solved!

Current and back taxes, offers-in-compromise, more. Low flat fees. www.tbiadvisory.com or 858-454-9031.

Aggressive Female Attorney

Criminal/Family Law. Melissa S. Lubin, 619-232-2900.

No Wait Registration Services

Avoid DMV wait times. Auto Insurance. 20 years' experience. Bethel Insurance, 619-442-4006.

Catastrophic/Serious Injury? Not Your Fault?

Free legal consultation. 619-398-1882.

Bankruptcy? Our fees are Less than those 'TV guys'.

23 years' experience in tax, real estate, plus bankruptcy. Craig Trenton, Esq. 858-405-6766.

Drunk Driving Attorney

Felonies/misdemeanors/DMV/drugs. 619-338-9500. J. D'Ambrosio. Free consult. Visa/MC/Amex.

Skydive San Diego - Save \$30!

Enjoy the biggest thrill of your lifetime! Weekday Skydive Special, Monday-Friday, excluding holidays. Must be 18 & weigh less than 230 lbs. Other conditions may apply. San Diego's oldest, largest operation. www.SkyDiveSanDiego.com. 619-216-8416.

Victim? Nowhere To Turn?

Your abuser or stalker ruined your credit to keep you down. Elude them! Get a new identity with the Government's help. www.newidentitymaryaustin.com.

Bankruptcy, Fast Divorce

We answer the phone— Talk to a lawyer— 8am-7pm. Low down payments— Same day filing— Free advice. FixedPriceLegalCenters.com (sm). 800-993-1998.

Stop Home Foreclosure Ch. 13 Bankruptcy or Loan Modification

All work done by experienced attorneys with practice limited to bankruptcy mortgage laws. 858-335-1162.

Start New Year Debt Free! File Ch. 7 or 13 Bankruptcy

Eliminate credit cards, lawsuits, car repos, taxes, foreclosures. BankruptcySD.Com. 1-800-486-9157.

Accident? Injury?

Get the compensation you deserve. Law Offices of Robert T. Pope, 619-233-3893.

Divorce Fast & Easy

Lowest cost with over 32 years' experience. We do everything. LDA #54. 619-454-0994.

Bankruptcy?? Only \$800 Attorney's Fees

for unsecured debt. 24 years' experience. This combo can't be beat. 858-405-6766.

Sleep At Night- File Bankruptcy

Stop all creditor harassment immediately and get a fresh start on your credit. 858-335-1162. BankruptcySD.com. Low rates/ payment plans.

Experienced Tax Attorney Master of Laws in Taxation. Solution to IRS, FTB,

EDD, and Sales Tax problems. Tax preparation. Consulting. Reasonable rates. Personal attention. Atty Ronson Shamoun, 619-595-1655, IRSsolution.com.

Earn 8% Interest On Your Money

Example: 1st trust deed 300k, 60% loan to value Seasoned SD location with rent assignments. 5 units. 619-277-0479.

Cash Today for Cars!

We will buy your car today for cash! Call for a free appraisal. 3342 Rosecrans. Rosecrans Motors. 619-222-1414.

Immediate Cash For Jewelry

Gold, antiques, silver, watches—don't take scrap prices. We pay highest! gtsandiego.com, 619-606-GOLD(4653).

Stop IRS/State Cold!

Ex-IRS officer. Contact: D.M. Wayne, Tax Consultant. 858-614-0223. taxsolutionervices.com.

Traffic Tickets?

Don't pay. Hire an attorney to fight for \$100. No attorney fee if ticket not dismissed. Contact Law Offices of Elizabeth Aronson, 760-685-8242 or SanDiegoTrafficTickets.com.

Bankruptcy - Low As \$750 Free consult-Al Gross, Esq.

888-FAIR-PRICE (888-324-7774) AskAttorneyAl.com.

Ancient Ayurvedic Approach To Whole Body Wellness

Mix ancient Eastern wisdom with cutting edge Western medicine to find your perfect balance. Dr. Sawhney, M.D. 619-435-4488.

IRS Problems Got You Down?

27 years' IRS experience. Income tax and collection problems. Audit and appeals representation. Tax return preparation. Current/unfiled returns. Free consultation. Reasonable rates. BJ Tax Consulting, 858-530-1675.

Bankruptcy Attorney 7, 13 Stop Lawsuits & Repossessions

Call to speak to attorney. Debt Relief Agency. 858-335-1162. BankruptcySD.com.

Auto Title Loan/Bad Credit OK

Keep the car, get the cash. \$2600/up. Loan pursuant to CFL license. checkscashed4less.com. 800-896-9062.

Quick & Easy Divorce \$89/Up!

15 years' experience. Thousands of completed divorces. Issues: child custody, support, property. 24/7 service. QuickandE-ZDivorce.com. 619-793-6796.

Bankruptcy \$1099 complete. Includes Fees

Attorney Roger Stacy. 888-205-4586. Free consultation. Appointments available on Saturdays. Se Habla Espanol.

CITY LIGHTS

Pie in the sky

continued from page 8

hedge funds may stay.

The City claims it doesn't have hedge funds in its portfolio, but it has so-called market-neutral money managers that bet that some stocks will go up and some go down, similar to the hedge-fund strategy. The market-neutral portfolios did poorly in the most recent quarter.

As of September 30, the County's one-year record was a negative 13.8 percent. For the past three years, it has been up only 4 percent a year — a long way from the 8.25 percent bogey. The City's pension fund has nothing to brag about: as of September 30, it was down 15.62 percent over the past year and up only 2.47 percent annually over the past three years, both a long way from the 7.75 percent annual target. Those County and City numbers would be down considerably now.

In November, actuarial consultant Esuchanko told the council that as of October 31, the City's unfunded liability had grown to \$2.8 billion and that the pension fund was only 58 percent funded. The council, with the exception of Donna Frye, paid no attention. But early this year, Mayor Jerry Sanders's bean counters announced that the unfunded liability was \$2 billion and the funded ratio 66.3 percent. The difference between 58 percent and 66.3 percent is explained by the "smoothing" process; the City evens out results by factoring in several years of market gains and losses. Today's unfunded ratio might well be below Esuchanko's 58 percent without the smoothing techniques, which, incidentally, are another manipulation by which pension funds paper over big losses. The County uses smoothing too.

William Sheffler, a board member of the City fund, thinks the 7.75 percent target is acceptable because about half of it represents inflation-

continued on page 12

CITY LIGHTS

Stringers

continued from page 8

and calculates average speeds. It will help Caltrans better manage traffic flows, regulate on-ramp meters, and plan for future highway improvements.

"We do not have the technology to report to the Highway Patrol if we detect someone doing 90 miles per hour," says Cartagena.

Busted Red Runner

By Ben Cooper, 3/13/09

Downtown San Diego — A little after 5 p.m. on Thursday, March 12, a late-model, black VW Jetta traveling northbound on Seventh Avenue collided with one of MTS's red-and-white articulated buses that was eastbound on Broadway.

Although both vehicles had been moving at less than 25 miles per hour, damage was done to the right front quarter-panel of the bus and the left front quarter-panel of the Jetta, which had been traveling in the leftmost lane.

The Jetta was pushed across two traffic lanes and came to rest facing the southeast corner of the intersection. On its front bike rack, the bus had been carrying two bicycles. They absorbed some of the force of the impact. Following the accident, both lay twisted and tangled together on the sidewalk where they had been placed.

One eyewitness, a pedestrian, stated, "I was walking eastbound on Broadway and was about to cross Seventh Avenue on a pedestrian walk signal when — *wham!* — the bus and car crashed together right in front of me! I was lucky I hadn't arrived just a couple seconds earlier."

Bat News

By Cindy Winslow, 3/12/09
Santee — On March 3, the phrase "look what the cat dragged in" took on a new meaning for one Santee res-

ident, whose pet cat brought home a dead bat. The cat's owner contacted the County to have the bat tested for rabies, and it did test positive.

The Santee bat is the second rabid bat found so far this year in San Diego County. The first was discovered in Clairemont on February 20; it was found ill outside of a private residence.

"Often, bats appear dead, and then when there is an attempt to pick up the bat, the bat will move and can possibly bite the person or fly away," said Dr. Gundula Dunne for the County of San Diego.

"If it is necessary to have the bat tested, a person can use a hard container like a coffee can or hard plastic container to put over the bat until local animal control can be contacted to pick up the bat."

For the Children

By Peter C. Salisbury, 3/12/09

Chula Vista — On March 5, the South Bay Union School District voted to eliminate 80 teaching positions, but it was not the slam-dunk many expected.

The reduction of the 12 librarians' hours (from eight a day to five) sparked heated discussion. One speaker told the school trustees, "It is the librarian that has one-on-one contact with each student. They know each child's name — first and last name."

The resolution was subsequently passed with trustees Elvia Aguilar, Aletha Jones, and Nick Inzunza voting approval and Chris Brown and David Lopez dissenting.

Reading specialists' positions at all 12 SBUSD schools were also eliminated.

Become a Stringer. Earn \$50 for your neighborhood news story, \$10 for photo, \$15 for video. See guidelines at SDReader.com/stringers.

100% Financing OAC
No interest for 1 year.
Same as cash

FREE 6 1/2" SPEAKERS
With purchase of any CD player. Must bring in ad for redemption.

Got Wheels?
We buy your stock rims.

SONY Sound Package
CD Player + 400 Watts 4 Channel Amp
Installation charges not included. Authorized Sony dealer.

KENWOOD CD Player
Installation charges not included. Authorized Kenwood dealer.

ALPINE MP3
AM/FM CD Player iPod Ready + High Power
Installation charges not included. Authorized Alpine dealer.

KENWOOD CD Player
3000 Watts 2 Channel Amp
18" Woofer & 10 Box
Installation charges not included. Authorized Kenwood dealer.

7-In-Dash Motorized DVD w/Touch Screen
Installation charges not included.

2-7" Headrest Monitors TFT
Installation charges not included.

With Headrests & DVD
1000 Watts 2 Channel Amp
Power Windows & Mirror Power 2 Step
Staircase High & Low Level Input
Model NP-4040 from \$69

JL Audio Speakers
Authorized JL Audio dealer. Two 4-6
\$79

ALPINE
Authorized Alpine dealer. Two 1642
\$89

6x3 3-way Speakers
\$22

Window Tinting
Back 3 windows
\$59

SONY CD with built-in Bluetooth
MEX-BT2500
• CD receiver with built-in amplifier (17 watts RMS/52 peak x 4 channels)
• Bluetooth wireless connectivity works with compatible cell phones, music players, and more
• Bluetooth features include hands-free calling, integrated microphone, high-quality audio streaming, and control of compatible equipment (no phone book transfer or Caller ID)

Starting at **\$169**
Installation charges not included. Or \$39 per month *OAC

iDA-X001 The Best In-Vehicle iPod Experience
As a "Made for iPod" programmer, Alpine designed the iDA-X001 for simple, seamless operation. The iDA-X001 exceeds all expectations combining the trusted sound you deserve, and easy control and access to all your iPod music through a brand-new interface.

Starting at **\$199**
Installation charges not included.

Pioneer AVH-P4000 DVD Navigation Receiver with Bluetooth
• DVD/CD receiver with internal amp (14 watts RMS CEA-2006/50 peak x 4 channels)
• 6.1" touchscreen
• Fits double-sized dash openings

Starting at **\$399**
Installation charges not included. Or \$39 per month *OAC

KENWOOD KVT-512
• 7" Motorized Touchscreen with Variable Illumination
• Fastest Access to iPod Audio/Video with High-Speed iPod Control
• Two sets of (2V) Pre-outs
• Navigation Ready (Optional KNA-G510)
• SAT Ready (Requires CA-SR20V + Sirius SC-C1 Tuner or KCA-XM100V + XM Mini Tuner)

Starting at **\$599**
Installation charges not included. Or \$39 per month *OAC

Pioneer AVIC-90BT DVD/Navigation with built-in Bluetooth
• CD receiver with internal amp (14 watts RMS CEA-2006/50 peak x 4 channels)
• Built-in navigation capability with map coverage of US, Canada, Alaska, and Hawaii, plus over 12 million points-of-interest
• 5.8" touchscreen

Starting at **\$799**
Installation charges not included. Or \$39 per month *OAC

20" Rims & Tires
Starting at **\$59**

Rim & Tire Packages
17" \$499
18" \$699
20" \$899
22" \$1299
24" \$1599
4 Large Only Silver Finish

Deals on Wheels
Let us dress up your car.

Tire Sale
175/60R/14 from **\$29**

Financing Available • 90 Days Same as Cash
10% Student & Military Discount • Instant Credit
Military Financing up to \$5000 (OAC)

CAR ALARM SYSTEMS

#1 Check Sensor • 2 Remotes
6 Tone Siren • Flashing Parking Lights
Starting at **\$79**

#2 2 Remotes
6 Tone Siren
Flashing Light
Shock Sensor
Starting at **\$99**

#3 Keyless Entry
Starter Kill
Shock Sensor
Silent Mode
Wet Mode
Installed **\$149**

AUDIO SPORT
AUTO CUSTOMIZING

714 E. Valley Pkwy • Escondido
TOLL FREE 888-746-2689

HOURS: Monday-Saturday 9:00 am-7:00 pm, Sunday 10:00 am-6:00 pm. Limited quantities available. First come, first served. Financing available. Not responsible for misprints. Visa, MasterCard, American Express and ATM accepted. No credit/hold credit-quality in 15 minutes (OAC). Some restrictions apply. See store for details.

CITY LIGHTS

Hey, keep it down!

continued from page 7

apartments attached to the back of the chapel. According to the Alvarezes, Burriel conveys by phone an immense weariness over the noise issue. "She told us to either move out of our condo or call the police," says Ruchell Alvarez.

Within several days, the Alvarezes began a long and insistent history of calling the police. It took the police only a few visits, however, for them to announce that they would do nothing. The Alvarez family, they said, should take its complaints instead to the San Diego Neighborhood Code Compliance Department. On its website, the department states the following: "Because excessive noise can be harmful to the health and welfare of citizens, the City of San Diego prohibits excessive and annoying noise within City limits."

The first question Richard Alvarez had for Mike Wisniewski of Neighborhood Code Compliance was, "How many complaints about the Chapel of Happiness have there been already?" None, he said Wisniewski told him. However, Alvarez soon discovered that a neighbor in his building had complained as early as 1996. After he called the complaint to Wisniewski's attention, the official sent him two other complaints. Not satisfied, Alvarez filed a public records request asking for complaint letters. Six more were provided. "I'm sure there are more," Alvarez tells me.

The complaint letters cite amplified drum playing, singing, wailing, children screaming, car alarms going off in the parking lot, and stones being thrown at the complainers' condos, among other things. One writer says that, at her church, she is taught to "love thy neighbor." "But that's a two-way street," she writes. Another complainer submitted a calendar showing that the days that were loud approached five per week over long periods of time.

Nevertheless, Code Com-

CITY LIGHTS

pliance told Alvarez that his complaint would need the support of other complainers. So in April, he and his daughter obtained 17 contemporary supporting letters from his building. Meanwhile, Code Compliance's Oscar Prado went to a Sunday-morning worship service at the Chapel of Happiness and announced that he saw no problem. It would be one of four visits made by Code Compliance officials. A salient characteristic of the visits, however, was they went into the church or onto its property during services, tipping off the alleged offenders.

Several weeks later, Prado visited the La Collinda Condominiums to get firsthand accounts from the residents who sent in complaints. He left "door hangers" at the residences, saying later that he found nobody home. Although the door hangers had on them Prado's name, office, and a phone number, they did not

continued on page 12

Contacts

\$169* Disposables
7 pairs Hydrogenic 60 or Biocurves.
Myopes only.

\$159* 2 Pairs
B&L Optima 38. Myopes only.

\$129 Eye exam and
single-vision glasses
With CR39 lenses. Most prescriptions.
Some restrictions apply.

Designer Sunglasses

at affordable prices

Dior - BCBG - Fendi
Gucci - Juicy Couture
Marc Jacobs - RayBan
Maui Jim - Prada

Eyecare Plus

DR. ROBERT M. HOWARD
Optometrist

7841 Balboa Avenue, Suite 201
[Between 163 and 805]

858-278-EYES (3937)

www.roberthowardod.com

■ Eyeglasses in one hour, most cases
■ Open Monday through Saturday



We accept CareCredit.

*Includes exam, all follow-ups for 6 weeks, soft lenses and care kit. Select lenses. Most prescriptions. Astigmatism and specialty lenses higher. Specials not valid with any other offers or insurance.

Sell & Buy



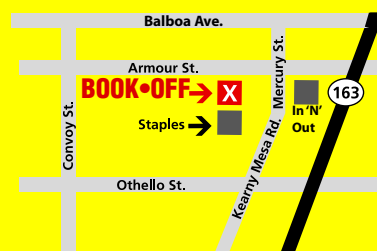
**Books, CDs,
DVDs, Games**

(We may not purchase
certain titles.)

**All items are clean and
in good condition!**

SAN DIEGO STORE
4240 Kearny Mesa Road,
Suite 128
San Diego, CA 92111
858-627-9600

We sell
Books starting at \$1.00
CDs starting at \$1.00
DVDs starting at \$3.00



BOOK-OFF

A never-before-seen used book store!
Open 7 days a week 10 am-8 pm

WOMEN 25-55... SUFFERING???



- Pelvic pain?
- Heavy, prolonged periods w/ clots?
- Painful intercourse?
- Enlarged abdomen?
- Infertility?

...you may have
UTERINE FIBROIDS.

3 in 4 women do.
80% affected are
African American
Hispanics 2nd at risk.

HELP!!!!!!

**UTERINE FIBROID
EMBOLIZATION (UFE),
a non-surgical alternative
covered by most insurance.**

- Outpatient
- Quick Recovery
- Retain Uterus

*"I'm so glad I didn't wait. I went
in for a UFE in the morning and was
back home resting in my own bed by dinner.
I even returned to work a week later, pain free!"*

San Diego Access Care
Zachary Rattner, MD • Board Certified Interventionalist

Call today for a FREE consultation
619-263-9729

Pie in the sky

continued from page 10

ary expectations. The County's White says the board talked about the 8.25 percent expectation in January and will revisit the topic in June.

Market pros overwhelmingly think both the City and County are overestimating future returns. "It's painfully obvious that public and private pensions are not going to make their long-term goals," says E. James Welsh of Carlsbad's Welsh Money Management. "I would say 5 to 6 percent is more realistic," but political pressure pushes the bogey higher.

Over hundreds of years, stocks have gone up around 9 to 10 percent yearly and bonds around 4 percent. Right now, stocks are in a horrendous bear market and Treasury bonds are returning less than they have for decades. "I would say it should be 7 percent," says Mike Stolper

of Stolper & Company. "Every time the market gets ugly, it becomes politicized and the policy is assaulted, and every time it does well, these morons increase benefits. The problem is corrupt politicians and reactionary responses to stressed markets."

"I would not go any higher than 5 or 6 percent," says Neil Hokanson of Solana Beach's Hokanson Associates. He adds an interesting point: "Studies show that retirees can count on withdrawing 4.2 percent [of their nest eggs] a year and not have to tap their capital, not allowing for fraud or incredibly bad investment outcomes. This is the kind of number investors should be focusing on. With Treasury bond rates so low, how can a pension manager forecast a rate of return much higher than that of corporate bonds?" (Quality corporate bonds of 9 to 14 years' maturity yield 5 to 6 percent.)

Councilmember Donna

Frye has a very practical reason why she believes target rates should be reduced: "If they had more reasonable expectations for returns, they would want to invest in something more stable and consistent," she says of City fund managers.

Jim Gleason, who was on the City pension board for a dozen years until 1972 and was the major plaintiff in a successful suit against the retirement board, says, "They are still overly optimistic. They should scale back from 7.75 percent," although he doesn't recommend a specific figure. Reason: "It's a different world we are playing in."

Amen to that. Stocks have rallied recently, but few think another bull market is at hand. There is a 20 percent chance of depression and continued deflation and a strong possibility that it will be many years before stocks get back to their 2007 levels. It's no time to roll the dice. ■

Hey, keep it down!

continued from page 11

indicate why he had come. A woman later told Ruchell Alvarez that she called the number and couldn't get through. "No wonder," says Alvarez, who instructs me to dial the number on my cell phone to listen. "It's a fax number. Then Prado proudly told us later that our complaint had no supporters in the building."

I located one of the people (he wishes to remain anonymous) who complained to Code Compliance in 2004. He told me he lived for six "miserable years" on the other side of Broadway from the Chapel of Happiness. He complained numerous times and, on one occasion, went onto the chapel's parking lot. There, he says, a group of church members surrounded him, demanding he give them a satisfactory reason for his presence before letting him go. People in the neigh-

borhood were always calling the police and Code Compliance, he told me, but the chapel had a system of sentries who stood out on Broadway looking for trouble. If City officials came into the neighborhood, the noise turned low.

By now, the Alvarezes were soliciting the help of Ben Hueso, their District Eight city councilman and council president. Hueso expressed his sympathy, saying that he had endured a loud Pentecostal church in his neighborhood and that its noise was awful. He said he knew the leaders at the Chapel of Happiness and would ask them to reduce the noise. Whatever he told them, say the Alvarezes, noise levels remained the same.

Eventually, the issue ended up in arbitration. Mike Littlefield, a dispute resolution officer in the city attorney's office, held three meetings between the parties. The Alvarezes and another resident of their building met with three Spanish-speaking pastors and Abram Rodriguez, who lives on the Chapel of Happiness property.

During one meeting held in the chapel, according to Ruchell Alvarez, Rodriguez "jumped up at the sound of a jetliner passing over nearby

and asked, 'Do you call the police on that?' " (Rodriguez has not returned my calls seeking his version of events.) In the end, the meetings proved useless, as the City's Mike Littlefield did not even recommend a solution.

On September 10, Robert Vacchi of Code Compliance wrote to Richard and Ruchell Alvarez that "we will no longer investigate noise issues for [the Chapel of Happiness] site." "The decision has a ring of finality about it," says Ruchell Alvarez, who wonders whether the City is intimidated by potential freedom of religious expression lawsuits. "What about the rights of local residents?" she asks.

The nuisance at the Chapel of Happiness does seem to violate standards of all nine criteria for deciding noise regulation issues. These include duration of the noise, proximity of the noise to sleeping facilities, whether the nature of the noise is usual or unusual, and the level of the noise. Regarding the last criterion, Alvarez is especially frustrated. She says Neighborhood Code Compliance has refused to bring a decibel meter into her building to measure noise levels during the Chapel of Hap-

Give us a whirl...

\$11 off

1st SALON SERVICE

Cannot be combined with any other offer. Expires 5/31/09.

Come see what we're all about. There's one thing we love and that's when our clients love their hair!

DETOUR SALON

594 S. Coast Hwy. 101
Encinitas, CA 92024
888.674.5230
www.detoursalon.com

MEDICAL MARIJUANA
Confidential, Professional Recommendation
from Licensed, Board Certified M.D.

CA Prop 215
Protects You
24/7 Verification
ID Cards Provided

Therapeutic Applications

Anxiety	Depression
Migraines	Nausea
Chronic Pain	Glaucoma
Insomnia	Asthma
Anorexia	Muscle Spasms
AIDS	MS
Epilepsy	Cancer
and many other conditions	

760-815-6505
www.marijuanahealing.com
Encinitas - by appointment only
New Evals \$135 • Renewals \$100

North County Medical Marijuana

**Go Green...
Recycle Your Jewelry!**

**We Buy Gold, Jewelry
and Estates!**

Rock-n-Gold Creations
Fine Jewelry Design Centre
8199 Clairemont Mesa Blvd. H
San Diego 92111 858-571-4560
Appointment recommended.

Recommended by & Featured on

Dealer 3711.1891
www.rockngold.com

REDESIGN · REPAIR · RECYCLE

Green Tag Sale
50% OFF or More

SALE

www.MusicPower.com

Guitar Center

Toll Free: 877-687-4276
7120 Clairemont Mesa Blvd

Free Yourself!
**Hypnotherapy
Regression therapy**

Call now to find freedom from what hurts you

Charlie Knoll, MD
619-481-8416
cknollmd@asrg.us

No-trial Divorce

Save **time, money,** and **emotional trauma** to your kids

Divorce Mediation Center's retired judges will allow you both to avoid an adversarial divorce proceeding and legal warfare.

No charge for initial consultation.

858-755-3441

RetiredJudgesDivorceMediationCenter.com

CITY LIGHTS

piness services. "We have given a standing invitation to any City employees to come to our home and listen for themselves," she says.

Richard Alvarez offered to purchase his own decibel meter and show its readings to the appropriate officials. But Neighborhood Code Compliance says only its official decibel meter can be used. Yet the office will not use it in the La Collinda Condominiums.

Six weeks ago, I walked the alley behind the Chapel of Happiness during one of its evening services. I had no decibel reader but became convinced immediately that the noise I heard coming from the chapel would violate laws anywhere. Later, Richard Alvarez played for me a number of tape recordings he had taken of other such services throughout his residence at the La Collinda Condominiums. The recordings sounded much like what I had heard in the alley.

"In the arbitration hearing," Alvarez tells me, "Abram Rodriguez refused to listen to tapes of the noise his organization is responsible for. He argued that I have doctored the tapes to make them louder, that I turned up the volume while taping. Well, tape recorders do not record louder or softer. You can turn the volume up, yes, but only during the playback. And you can see here," he says, holding the

CITY LIGHTS

recorder close to me as he raises and lowers the volume, "that I'm playing this at a normal level."

To further his case, Alvarez fast-forwards the tape to several intervals in which he is heard making remarks about a Padres game and speaking to his daughter. His voice is not loud. But as soon as the church music on the tape starts, we can barely hear each other talk.

Last spring and throughout the summer, the Alvarezes did not realize — nor did any City official inform them — that they may have had another recourse to getting City help. The city attorney's office offers both a Code Enforcement Unit and a Neighborhood Prosecution Unit (there is a prosecutor who works with the police department in each of the four major divisions of the city: northern, western, central, and mid-city).

On January 27, in connection with an old Linda Vista loading site filled with festering water, newly elected City Attorney Jan Goldsmith had this to say: "We've raised code enforcement to a top priority... We have a problem with Code Compliance generally. We need more officers and more training for them... We will make sure we have prosecutors who know what they're doing and they're adequately funded."

Goldsmith's statement may

CITY LIGHTS

have something to do with the phone call a police officer made to Richard Alvarez three weeks ago. The officer wanted Alvarez to know that he had just issued a noise citation to the leader of a choir and band practicing at the Chapel of Happiness. Alvarez had not even called the police.

The citation, which Alvarez learned carried the threat of a fine up to \$500 for repeat violations, gave him hope. His optimism was shattered last week, however, when graffiti turned up in his condo complex. It started in the stairwell on the third floor, led along an inside wall, and finished ten feet from his door. The message inside the stairwell? "Help me please. I don't want to die in here."

Nevertheless, reports Alvarez, noise at the Chapel of Happiness has decreased markedly in the past two weeks. "It's been quiet as a mouse," he says. ■

Jewelry Repair



Work done on premises
(619) 291-4977
David of California
GOLDSMITH
2725 Congress St., Old Town

Grab your GOLD and RUSH



...on down to **GEMS N' LOANS!** We pay the most for gold in any condition — whole pieces, scrap or broken. We also buy diamonds, vintage watches such as Rolex and others. **Gold prices have soared to an ALL-TIME high and you may be sitting on a GOLD MINE!!** If you're not sure you want to sell now, we will gladly make you a no-hassle loan on your jewelry or most anything of value, including coins and coin collections.



Gems N' Loans
Jewelry Exchange

Se Habla
Español



OCEANSIDE
1-866-524-1771
3753 Mission Ave.
at El Camino Real
State Lic. #3710-0996



VISTA
1-866-524-1772
925 S. Santa Fe
near Escondido Ave.
State Lic. #3700-0972



ESCONDIDO
1-866-524-1773
We've Moved!
340 W. 2nd Ave.
near Centre City Pkwy.
State Lic. #3706-0983

Full-time jeweler on premises • www.gemsnloans.com

Need Contacts or Glasses?



**15% Off
Designer Sunglasses**
Must present coupon at time of purchase.
Expires 4/4/09.

We accept VSP and other insurances.

Eye Exam \$55*

(With purchase of frame & lenses.)

*New patients only. With no insurance. Up to \$135 savings.

**Contact
Lens Exam \$85***

Includes eyeglass prescription, fitting, follow-ups, and solution kit.
(Toric, multifocal and gas perms slightly higher.)

*New patients only. With no insurance. Up to \$135 savings.

Authorized center for:

Prada • Fendi • Dolce & Gabbana • Gucci
Bvlgari • Dior • Bebe • Nicole Miller
Ray Ban • Fysh • Spy • Maui Jim
Armani Exchange & more

1-888-297-6921

6950 Friars Road, Suite 100 • Across from Fashion Valley Mall
Se Habla Español • Promo Code: RDR0319



GLOBAL
LASER VISION
MEDICAL CENTER, INC.

Interested in **iLasik**? Call 1-888-298-5318 Today!

START SAVING NOW

Sign up today and get

- 5 Premium Movie Channels from **cinemax** for a Penny for a Year (a \$118 value)
- FREE HD DVR Upgrade (86.00/line. DVR Service fee applies). **Best HD DVR Available - Better than TiVo*** (total value \$118.00)

Call today and be ready for the digital transition!

**Free Digital Camera or MP4 Player
Compliments of Dish for All!**

1-888-807-0595

100 ALL-DIGITAL CHANNELS

FREE Over 50 HD Channels

\$9.99 mo For 6 months (with commitment)

Local Channels not in this package \$5.00/mo

FREE OVER 15 PREMIUM MOVIE CHANNELS FOR 3 MONTHS (with commitment)

*Offer requires 100,000 Minutes. 24-month commitment and automatic billing. Early cancellation fee. Other restrictions apply. Programming package credits applied to first 3 months. Premium package credits applied to first 3 months. HD programming requires HD receiver and HD connection (not included). New from time of network customer's only. Subject to terms and conditions of Dish Network promotional agreement and Standard Customer Agreement. Local Channels only available to customers residing in specified local (zip) codes. All prices, packages and programming subject to change without notice. ©2008 Dish Network. All rights reserved.

LETTERS

We welcome letters pertaining to the contents of the Reader. Phone them in at 619-235-3000, ext. 460; address them to Letters to the Editor, Box 85803, San Diego CA 92186-5803; fax them to 619-231-0489; or use our web page at SanDiegoReader.com/letters. Include your name, address, and telephone number. Letters may be edited for length and clarity.

El Cajon Smack Talk

I grew up here in El Cajon my whole life, and upon reading the March 12 edition of your paper, "El Cajon: We're No More Redneck than Chula Vista, Oceanside, or Escondido" (Cover Story), number one, El Cajon is proud of the fact — *proud of the fact* — of our heritage and that we are rednecks. Number two, you can go to any city in San Diego County and talk crap about them, okay. You can find faults and flaws in every single city in San Diego, and for Manson to come out to El Cajon to write an article about our city — *our city* — where we live, eat, breathe, love, and everything else, it was an insult, a complete insult to the people of El Cajon, to the city of El Cajon.

Near the end of the article, I understand, you're

going through and you put in a bunch of stuff about, you know, the heritage and everything else and blah, blah, blah, but you know what, the bottom line is, half the people — half the people — that I've talked to this morning, which is over 30 people who I've talked to, who've called and let me know about this article, you know, I read this article, and I'm telling you, it was hard to get past the first half of it. All the smack talk and everything else, you know, it's bull, it's bull. And I truly believe that Manson owes the city of El Cajon an apology.

My mother worked for the CDC here in El Cajon for a few years. She worked alongside police officers, alongside storeowners in downtown El Cajon, dealt with the homeless, graffiti, gangs, everything else. We love this city. We love this city. And damn you for coming here, writing this article, when you really don't have a f***ing clue what our town is about. You think you do. But you can only do so much research. You don't live here, Mr. Manson.

I would like an apology, and so would the people of El Cajon. Other than that, I love the *Reader*. I read it religiously. What can I say — this was wrong.

James McBroom
El Cajon

Warm Fuzzies

Just finished reading "El Cajon" (Cover Story, March 12). The author caught the flavor of the city I have always had warm, fuzzy feelings about; I've lived there twice in my life.

As I remember it when I first moved into the area in 1956, El Cajon had a population of 5000, and 1000 of those souls lived in a trailer (not a mobile home) park. The biggest retail business in town was W.D. Hall's hardware and lumber; in front of the store was a covered wooden sidewalk, and the customers were real cowboys. No homes were air-conditioned in those days.

Today, El Cajon is an enigma; it is a cosmopolitan city of cowboys, rednecks, Hispanics, Africans, Arabs, and duke's-mixture Americans, a most delightful atmosphere to dwell in. A person can find excellent diverse ethnic cuisine and culture downtown on Main Street in such places as Ali Baba's and Victoria's, along with good beer, company, and conversation at the Grand Bar (the old colorful location, now defunct) with authentic good ol' rednecks and cowboys.

The Parkway Plaza shopping center, an alternative El Cajon, offers convenient air-conditioned shopping in contrast to the character and culture of Main Street.

El Cajon is a beautiful,

hot (temperature) city.

Dick Blankenburg
La Mesa

Downtown Is Not Enough

I read Mr. Manson's article on El Cajon recently, with fascination ("El Cajon: We're No More Redneck Than Chula Vista, Oceanside, or Escondido," Cover Story, March 12). I have lived in East County (El Cajon, Santee, and Lakeside) for most of my life and did not know some of the interesting things that he brought up, such as the history of the art in the town and the waste-management deal. I was very impressed that he made his point, for the most part, that the title of the article claimed.

However, I was disappointed to see that each time he talked with a small-business owner, they mentioned how badly they thought of the mayor, and yet Mr. Manson did not inquire as to why those proprietors felt that way when he interviewed Mr. Lewis in his office. There seems to be quite a duality in the article when Mr. Lewis says he welcomes families, especially foreign ones, but does not seem to be supportive of the family-owned businesses that are already there.

I've driven through El Cajon proper many, many times in the recent months and have seen the big

changes they have made to downtown — but at what cost to the other parts of El Cajon? Besides the redneck stigma, what about the crime-ridden areas? I know the corrupt El Cajon Police Department can hardly handle the town's wasted areas, unlike the mayor who says there is a "zero waste" policy in effect, so why doesn't the mayor help to change that? Making two or three blocks of the center of the city look pretty does not a rebuilt community make.

Mrs. D.

El Cajon, unincorporated

Help Our Bridges, Not Buses

Re "Waste time. Save money. Ride the bus!" Cover Story, March 5.

Good article.

Ollie and all San Diego bus riders should be aware that it costs in excess of \$4.50 on the average to provide each passenger's ride. That is a far cry from the \$2.25 fare paid into the fare box. The remainder is taken, without consent of most of us, out of the pockets of those workers who do not have the time to waste waiting for a form of transportation that doesn't go where we need or want to go, when we need or want to go.

A good portion of the gasoline taxes paid to support and maintain our highway system have been di-

verted to "transportation," i.e., bus and rail operations far from their original intent, which while Ollie and the like save money, our roadways and bridges deteriorate.

Baron Von Preuss
Paradise Hills

DUI Problem Solved

I loved your article by Ollie in your March 5 publication ("Waste time. Save money. Ride the bus!" Cover Story). I, like Ollie, am interested in changing San Diego's public transit. Months ago I wrote letters to the members of the city council on the subject, and the only person to reply was Donna Frye. I agree with Ollie; in light of today's economy and the gloomy future for gas prices, why isn't our City doing anything to make more public transportation? Public transportation is beneficial to the environment and creates jobs, something that could deter the climbing unemployment figures.

Public transportation could be a solution to many of our problems (economy, environment), but a third which I didn't see Ollie cover in his story really grabs my attention. We all know the recent rampage that law enforcement officers and educators alike go on to prevent DUIs (they stop short of public stonings). While the

continued on page 53

Everyday Low Prices!

\$5.99 all items

or 4 for \$20

THRIFT Trader

...reuse • reuse • rock on...

Now open in North Park, PB & El Cajon!

Get Free Stuff!

Clothing • CDs • DVDs • LPs • Books

NO PURCHASE NECESSARY!

1 Item FREE

(\$5.99 value) Just for checking out Thrift Trader. Only with this coupon.

Limit one FREE item per person for entire event. Must present ID & e-mail. Valid at all locations thru 4/2/09.

3939 Iowa St., North Park • 619.282.SAVE

1416 Garnet Ave., Pacific Beach • 858.272.CASH

1035 Broadway, El Cajon • 619.444.CASH

Fast Cash!
Buy/Sell!



BUY • SELL • TRADE

GUILT-FREE Fashion

Buffalo EXCHANGE

New & Recycled Fashion

BUFFALOEXCHANGE.COM

PACIFIC BEACH:
1007 Garnet Ave. (at Cass) 858-273-6227

HILLCREST:
3862 5th Ave. (at University) 619-298-4411





Andy, President of Car Audio Heaven, hits another home run over the fence with up to 70% off on San Diego's best selection of mobile electronics. Hurry for best deals.

VIPER® Car Audio Heaven announces an incredible promotion on top-of-the-line Viper car alarms. VIPER®

Buy one of the fantastic Viper car alarms below and save up to \$150 by receiving a gift card you can apply towards your purchase instantly.



VIPER® Car alarm

Starter kill, lights flash, door protection, impact sensor with warnaway and code-hopping technology. Limited lifetime warranty.

Purchase price	\$199
- Gift Card	-\$10
You pay	\$189

Receive a \$10 Instant Gift Card with this item.

As calculated in box at left.



VIPER® Paging Car Alarm Blowout!

New technology car alarm pages you when your car is tampered with or alarm is triggered. Bright LCD display shows you which zone has been violated. Includes installation.

Purchase price	\$399
- Gift Card	-\$150
You pay	\$249

Receive a \$150 Instant Gift Card with this item.

As calculated in box at left.



Blowout Deal on a New Technology Extended Range (up to 1 mile) Paging Car Alarm with Remote Car Start

New technology car alarm pages you when your car is tampered with or alarm is triggered. Bright LCD display shows you which zone has been violated. Includes installation.

Purchase price	\$499
- Gift Card	-\$150
You pay	\$349

Receive a \$150 Instant Gift Card with this item.

As calculated in box at left.

KENWOOD In-dash stereo



200-watt AM/FM, detachable-face CD, iPod jack, and RCA output to add amplifier. Authorized Kenwood dealer. Installation charges not included.

\$69

ECLIPSE

New for 2009 - Introducing a fantastic new in-dash navigation unit with a 4.3" color touch screen TomTom portable unit which snaps into the front panel of this unit. Leave it in dash or take it with you for portable navigation. Also includes AM/FM/CD/MP3/DVD and iPod control. Navigation features voice guidance and 2.98 points of interest. This unit has built-in Bluetooth for hands-free calling. You can also add an optional backup camera or satellite radio.

Hurry! only \$799

Authorized Eclipse dealer. Installation charges not included.

Clarion 200-watt AM/FM/CD/MP3/Wma Player with Detachable-Face, Wireless Remote Control and iPod Control



Save 70% off MSRP of \$169

- 3 sets of preamp outputs for 3 amps
- Front USB input for iPod and front input for portable MP3 player
- Optional satellite radio or CD changer

Authorized Clarion dealer. Installation charges not included.

\$99

KENWOOD

New for 2009 - Introducing a fantastic new in-dash navigation unit with a 6.1" color touch screen, AM/FM/CD/DVD/MP3 and iPod control. Features Garmin Navigation with millions of points of interest plus voice guidance which names the street you are turning onto. Optional Bluetooth for hands-free calling. Satellite radio. HD radio and back-up camera. Built-in mapping for USA, Canada and Puerto Rico.

Hurry! \$999

Authorized Kenwood dealer. Installation charges not included.

Clarion New Double-DIN 200-watt AM/FM CD



Fits Ford, Acura, Nissan, Honda, GM, Toyota, Chrysler, Chevy, Dodge, Jeep & more!

USB iPod control front aux., free front iPod cable, optional satellite radio, optional Bluetooth.

Authorized Clarion dealer. Installation charges not included.

\$169

KENWOOD Huge Blowout on a 200-watt AM/FM/CD/MP3 Player Includes built-in Bluetooth with microphone



Front-panel USB iPod input. Built-in Bluetooth for hands-free calling. Optional satellite radio. Includes wireless remote, iPod control.

Authorized Kenwood dealer. Installation charges not included.

\$199

MTX Blowout Deal on (2) 900-watt Peak Dual 12" Woofers in a Box and a 600-watt Class D MTX Jack Hammer Amp!



Hurry! Save over 44% on both for only

\$249

Authorized MTX dealer. Installation charges not included.

Item of the Week!
Buy 1 Pair of Infinity Speakers at Our Everyday Low Price, Get the Second Pair of Speakers (of equal or lesser value) for **FREE!!!**
If both pairs are installed by us at our everyday low price!

Choose Your Size



starting at **\$99** per pair



Avoid a backup accident

This package will warn you with an audio signal if you are too close to an object when backing up. Also has an LCD distance-warning display. Installation charges not included.

\$79

iPod wired directly to your stereo

Apple iPod Solutions will add sound directly to your radio. No noisy FM modulator. JVC, Kenwood, Pioneer, Alpine, GM, Chrysler, Nissan, Ford, Honda, Mercury, VW, Toyota, Audi and Acura. Installation charges not included.

Call for price!



Our Window Tint Department has tripled in size with outstanding quality. Rear 3 windows some cars

\$99

There are shade limitations for this special

CODEALARM Remote Car Alarm



Two 2-button remotes. Starter kill, shock sensor with warnaway flashing parking lights, panic feature.

Installation Charges Included **\$99**

AUDIOVOX



Rear-View Backup System with Rear-view Camera and Mirror with Screen

Save \$100 off MSRP

\$149

Automatically activates when you back up.

KENWOOD Huge Blowout on a 200-watt AM/FM/CD Player with Front-Panel iPod Input



Includes (4) 120-watt 6.5" Speakers
Save over 50% off MSRP **\$149**

Authorized Kenwood dealer. Installation charges not included.

Car Audio Heaven

El Cajon City 619-444-2021
1225 Broadway

Sports Arena 619-574-0770
3713 Rosecrans Street

Kearny Mesa 858-505-9099
8199 Clairemont Mesa Boulevard

San Diego 619-287-4422
4951 El Cajon Boulevard



by Barbarella

I only went out for a walk and finally concluded to stay out till sundown, for going out, I found, was really going in.
— John Muir

In the Kerala state of southwest India blooms a plant called *neelakurinji* (meaning “blue mountains”); for three months, the hillsides are carpeted with the purplish-blue blossoms. As the last petal wilts in winter’s cold face, parents explain to their children that they shall not set eyes on such a lavish display until they reach adulthood — a dozen years will go by before the flowers bloom again.

From the moon in the sky to termites in the ground, everything has a cycle. Like most creatures, we humans progress through more rotations than we are consciously aware. I have one infrequent phase that I recognize upon its arrival but could never predict, as its orbit is uncharted.

**I would escape
many miles and a
bridge away to
this very point,
where I would lick
my wounds and
watch the lights.**

Infrequent, but not so rare when compared with the 12 years that span the gap between the periwinkle *neelakurinji* blooms. I call it my “pensive phase.”

According to reliable sources, not even sleep can keep me from yammering. In my waking hours, even when alone, I am unceasing in my chatter. I might ask rhetorical questions of inanimate objects, say hello

to my shoes, or chastise a door for getting in my way. I find comfort in communication, as if by speaking I am connecting with the world around me. My default personality is “gregarious.” I thrive on human interaction, be it a short and friendly encounter at the supermarket or a three-hour phone conversation with an old friend.

But every so often, the little Barbarella I imagine lives in my head — the microscopic me at my mental control panel — flips a switch...and I stop talking.

This time, it happened on a Saturday. Like a vacuum that continues to whirl for a moment after it’s been shut off, I proceeded with my plans, unaware that my plug had been pulled. I stopped by Bread & Cie to grab a sandwich for myself and a cheese plate for my sister and brought the goods to Balboa Park, where Jane was hanging out while Bella was at Junior Theatre. After circling for 20 minutes, I parked on the street adjacent to the zoo

lot, a half a mile away. I thought it was the incredible crowd that clouded my mood, despite it being a sunny, flower-filled spring day. I thought my irritation was sparked by the rabble of kids climbing all over the sculptures in the garden; their parents, who disregarded the many signs demanding the artwork not be touched, fanned the embers until I was consumed by a conflagration of misanthropy. It was when I snapped at Jane that I understood the problem lay not with the common herd, but with me.

I absently bid my sister and niece goodbye and walked back to my car as if in a trance. I wasn’t sure where I was going, but I knew it wasn’t home. On the few occasions when I’d found myself in a pensive phase while living in Chula Vista, I would retreat to Otay Lake, a small, isolated body of water surrounded by giant shrubbery-encrusted hills. I thought of Otay as I opened the sunroof and windows of my car — something outside the realm of my usual operating procedure, as the wind rushing by makes it impossible to hear the radio or Bluetooth speaker or myself as I talk back to both. With a picture-postcard image of the rural vista in my mind’s eye, I turned onto the ramp for 5 south. Otay Lake would have been 15 miles away, but I only made it to the next exit, onto the bridge that leads to Coronado.

On some kind of reptilian emotional automatic pilot, I took the first right off

the bridge, toward Centennial Park and San Diego Bay. Back in the days when arguing with my mother in the evening was as habitual as shaving my legs, I would escape many miles and a bridge away to this very point, where I would lick my wounds and watch the lights of downtown reflect in the black water. Bathed now in the midafternoon sun with only two puffy white clouds in the clear blue sky, the area seemed foreign to me. Regardless, I parked my car on First Avenue and walked toward the water.

During these pensive phases, I crave contact with nature. Conscious of whether or not they’re doing it, the people in my life place demands on my time and attention. For a socialite, this is usually not an issue — the more interaction, the better fed is the beast. But as I strolled along the walkway — past a patch of brilliant yellow flowers and sandpipers whose long beaks were seeking sustenance in the saturated shore — I couldn’t help but wonder if the constant interaction on which I thrive might also be the force that causes mission control to flip the switch. As if when my battery starts to glow red, I am programmed to seek an outlet for recharging. I was out of words. And words are something that nature does not require.

The thing that always struck me about the mammoth mounds at Otay Lake was how insignificant I was at their feet. Any problem I thought I had evapo-

NEED CONTACTS?



COMPLETE CONTACT EXAM
ONLY \$74!!!

*Includes: eyeglass prescription, fitting, follow-up & solution kit.
Monovision, Torics & gas perms \$99*

EXAM & 7 PAIRS BIOCURVE DISPOSABLES \$113.90

WEAR THE BEST
AVAIRA CONTACTS
\$20.25 per box
4-box special. Includes \$30 rebate.
FRESHLOOK COLORS
\$29.99 per box
All colors. No rebate necessary.

CALL TODAY
858-566-4110

9516 Miramar Rd. • San Diego • 92126 • DrSelbyOD.com

Dr. Nick Selby,
Optometrist



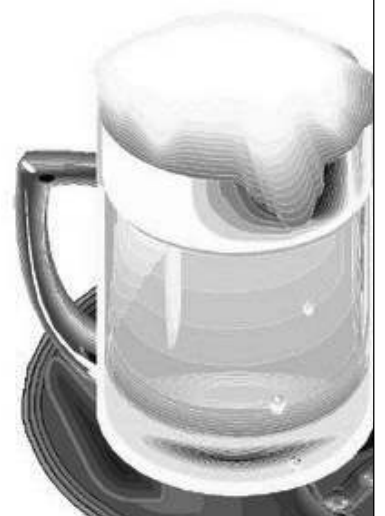
Attn: Heavy Drinkers

Researchers at The Scripps Research Institute are working to develop new treatments for people with alcohol problems.

Is your current alcohol use causing problems with your family, your work, your life? If you want to stop drinking, The Pearson Center for Alcoholism and Addiction Research is conducting a clinical trial to help you reach that goal.

Qualified participants receive lab tests, medication or placebo, individual counseling and compensation for travel. All information is confidential.

Call: 858-784-7867 (STOP)
Or visit: www.pearsoncenter.org



rated the moment I set eyes upon that great hill. I had the same sensation while I stared at the ripples in the water as they grew or shrank, depending on the size of the sailboats gliding by.

Interaction takes effort. No matter how well you know someone, you are not telepathic. To phrase an idea, to decipher another's — communication takes work. With other people, I am forever expending, forever operating within the narrow margins language allows.

A cluster of small black birds bobbed in the water. I could feel the sun's warmth on my back, the cool breeze from the bay on my cheeks. I inhaled deeply, breathing in the salt of the ocean,

the sweet perfume of the flowers. People passed by, but I paid them no mind. The ocean, the birds, the flowers, they asked nothing of me and didn't care what I might say. As I sat and watched and breathed and smelled, I was free. ■

For more stories and videos by this author, go to sdreader.com.

Busting Out? of your bra

Bras in hard-to-find sizes from B to L.

As seen on The Tonight Show

The Enchantress

1400 Camino de la Reina #121
Next to Mission Valley Hooters

619.294.4544

Appointment recommended for proper fitting.

Lose up to 14 inches

& REDUCE the appearance of CELLULITE

Safely reshape thighs, hips, stomach & buttocks.

Gift
Certificates
Available!

Results
in just 2 to 4
weeks

Actual client

Before

After

VacuStep vacuum promotes proper blood circulation to cellulite-prone areas. Ellipsis protein drinks available. Great for pre and post workout.

20%
off

when you sign
up with
a friend

3 free
sessions

With purchase of
package.
Call for appointment.
Expires 4/15/09.

Free session

No purchase required.
Call for appointment.
Expires 4/15/09.

Bellissimo

4242 Camino Del Rio North
I-8 and Mission Gorge (Chili's)

1-888-477-3628

www.bellissimosandiego.com

Think Global • Sell Local

26 TONS OF EARTH ARE DISPLACED AND CONTAMINATED
TO EXTRACT EACH NEW OUNCE OF GOLD

GET CASH

FAIR & FRIENDLY • CASH FOR YOUR JEWELRY



222 North Coast Highway
760-722-4950

\$100
WATCH BATTERY

with minimum charitable donation to the
North County Food Bank
Valid with this Ad through March 31, 2009
Licensed Buyer #3713-1952

Custom cat furniture

(previously seen at Squeak's Catique) We build your design or ours!



- Custom dog/cat ramps
- Custom dog houses
- Window ledges • Bird toys
- Cat condos • Scratching posts
- Custom litter box enclosures

We also re-carpet your
existing cat furniture.

Free local delivery

619-287-6576

E-mail: sqkcat@cox.net

Roof Racks

Check out our expanded inventory
for all your water sport needs:

- Canoes • Kayaks
- Surfboards • Sailboards
- Wave Skis • Paddleboards
- & much more!

RACK-IT

7582 Clairemont Mesa Blvd.

858-560-8877

www.rack-it.com



BAD KITT
Photography

All Female Staff Specializing in Intimate &
Pin Up Photography for Women!

Celebrate You!
619-589-6494 studio
619-889-6494 text only
www.badkittyphotography.com

\$200 Off

Any Scooter In Stock!

Starting at \$1499

West Coast
SCOOTER & CYCLE

West Coast Scooter And Cycle
1022 W. Morena Blvd Suite E
San Diego, CA 92110



Sales • Service • Parts

TGB, E-TON, TNG, & Andreotti Scooters In Stock!

619-275-3500 (Local) 877-572-9253 (Toll Free)

www.WestCoastScooterAndCycle.com

TRIBAL
5th & Broadway
Art Gallery • Apparel • Culture

STIMULUS
PACKAGE SALE

10% Off
With Flyer!

MARCH 19-26, 2009
MON-THUR 11AM-8PM
FRI-SAT 11AM-9PM
SUN 12PM-5PM

www.tribal5thbroadway.com
myspace.com/tribal5thandbroadway

944 5th Ave • 619.525.9800 • Gaslamp Quarter • Downtown



soft contacts

\$116

2 pair

complete

Includes exam & follow-up. Daily or extended wear.
Bausch & Lomb SL38. Some power restrictions.

Eyeglass Special \$143 complete

Includes exam, spring-hinge metal frames, S.V. plastic lenses.

Eye Exam Plus \$176

Eye exam, one pair of glasses & two pair of contact lenses.

Colored Contacts \$45 3 pair

With prescription.

Dr. Phillip Levy, O.D., Family Optometrist

5020-B Baltimore Dr., La Mesa (Next to Starbucks)

1.866.685.2463

Offers do not include previous purchases, other discounts, specials, or 3rd-party plans.
We accept most union and insurance plans. Single-vision plastic lenses. Restrictions apply.

First Step Towards Your New Career

DENTAL ASSISTANT

Scholarships
Available If Qualified



Train for a career in:

- Dental Assistant
- Medical Assistant
- Medical Insurance Billing
- Pharmacy Technician
- Computerized Office/Accounting
- Computer Technician/Networking



Valley Career College

878 Jackman Street, El Cajon • Located 1 block west of Parkway Plaza

Call (619) **593-5111**

www.valleycareercollege.com

8-Month Programs • Day & Evening Classes • Financial Aid (If Qualified)
Job Placement Assistance • Approved for WIA, VA benefits

Life's good working as a

Dental Assistant

We offer specialized training for:

- Medical Assistant
- Surgical Technology
- Respiratory Therapy
- Insurance Coding & Billing Specialist
- Dental Assistant
- Vocational Nursing
- Massage Therapy



Call daytime, evenings or Saturdays!

1-888-715-9886

www.concorde4me.com

We teach medicine that's good for the **practitioner**
and the **patient**

acupuncture & massage

If you're looking for a new career, follow an old path – Traditional Chinese Medicine. Pacific College is one of the nation's leaders.

Pacific College offers:

- Accredited Masters degree programs in Acupuncture and Oriental Medicine
- Massage certification programs
- Financial aid is available for those who qualify
- Flexible schedules



**Pacific College of
Oriental Medicine**

1.888.408.2979, www.PacificCollege.edu

7445 Mission Valley Rd., Ste. 105

San Diego, CA 92108

STRAIGHT FROM THE HIP

BY MATTHEW ALICE

Hey, Matt:

Is it true that there used to be half pennies? If so, who was the president on that coin?

— Jay, via email

everybody's fingers work this way?

— Unsigned, via email

Yeah, I guess a half penny seems sorta useless in a time when nobody will even bother to bend over to pick up a liberated penny from the sidewalk. If you sawed that coin in half, how useful would it be at Starbucks? We have to hop into the Matthew Alice Combination Blender and Way-Back Machine (patent pending) and spin into history, about 200 years ago, to find Americans who happily loaded their pockets with the quarter-sized, pure copper half pennies.

Don't forget that the British had had a long dalliance with the half penny by the time the English came to America. Perhaps in a flood of nostalgia, in 1773 the Virginia colony ordered some half pennies to add to their currency. (Virginia was loaded with British sympathizers.) Of course, before the Revolution, the coins had to come from England, from the mint in London. The head on the coin was the very dippity-doo King George III. Soon Virginia officials were knee deep in 670,000 British-made half pennies.

Once the dust had cleared from the Revolutionary War and the colonies were all stitched up into a more perfect union, the Philadelphia mint began striking half pennies in 1793. Apparently they became more annoying than useful by 1857, when the mint stopped making them. No presidents on any of them. In all 64 years that the coin was made, the face of the coin showed a classical profile of a woman's head — long pointy nose, pointy chin, lots of messy, wavy hair pulled back with a ribbon. The only changes made to the lady over the years was to what she wore in her hair. Most often it was some variation of a wide ribbon or crown with the word "Liberty" on it. And if you put the half penny through those "what's it worth now" calculators, the purchasing power of a half penny today is about a dime.

Dear Matthew:

Why is it that when I bend my little finger, the finger next to it moves too? When I bend my middle finger, the same thing happens. But when I bend my index finger, nothing else moves. Same with my thumb. I can't think of any reason why fingers should work this way. Is it just me, or does

I gave the research elves the rest of the day off and called them in to handle this one. They'd been out in the backyard, tromping around trying to figure out the size of their carbon footprint when I decided to put them to better use. About halfway through this one, they were all perspiring heavily and drinking from the dog's water dish; but I gave them a little pep talk and they cranked through the answer. I'll give you a shorthand version, since I wouldn't want you to break out into a rash too.

Under each of our fingers is a set of flexor muscles. We use these to make a fist. On top we have extensor muscles.

We use these if we want to dope-slap somebody. In all fingers except our middle and ring fingers, these muscles move independently.

Because your ring finger doesn't have its own extensor muscle to keep it straight, it bends slightly when the pinkie bends. Ever notice when you flip somebody the bird, the only way you can keep your middle finger extended against the flex of the others is to hold the others down with your thumb? And how about the Hawaiian greeting or the "rock and roll" hand signs. No accident that they involve the thumb, index finger, pinkie — the three fingers that can extend independently and easily while the others are flexed because of their musculature. The elves are pretty bummed that this explanation is the best I could do after all their thrashing through hand anatomy and physiology. I hope they'll be cheered up by the fact that their carbon footprint is only a size four narrow.

Heymatt:

I was complaining the other day about how I'm going to have to foot the bill for repairs to the house. So instead of getting bummed by the cost of the repairs, I decided to think about something else. So I decided to wonder why we say "foot the bill." It makes no sense at all. But then neither does the repair bill.

— Bill (not really), San Diego

Long ago, "foot" meant to add up a column of figures. So footing the bill meant adding up the full damages. I guess the guy who footed the bill also paid it because eventually, by the early 19th Century, the meaning changed to the one we know now. No one's quite sure how that happened.

A searchable archive of past columns is available at SanDiegoReader.com

Got a question you need answered? Send an email to heymatt@cts.com or fax to 619-231-0489 or mail to Matthew Alice, c/o the Reader, Box 85803, San Diego, CA 92186.

fast break

By Anthony Gentile



Foothills Christian guard Kalob Hatcher shoots a runner

San Diego-Foothills Christian game canceled; Cavers forced to forfeit two games

Posted February 14, 2009

Second-ranked San Diego's road loss at Mira Mesa on Friday night was their second loss of the day. Earlier Friday, the Cavers were forced to forfeit their final two games of the regular season because ineligible players participated in a pair of November preseason games.

San Diego's non-league home game against No. 9 Foothills Christian scheduled for tonight has also been canceled. The matchup would have pitted two of the best players in the section, Cavers center Jeremy Tyler and Knights guard Troy Leaf.

The two ineligible players in question were transfers Terrence Boyd and LaBradford Franklin. Boyd, Franklin, and Zechariah Smith were denied eligibility by the San Diego Section before the season started and all three have appealed the decisions — Smith and Franklin have already been turned down and Boyd's appeal is pending. Questions surrounding the possible recruitment of these players resulted in the firing of head coach Kenny Roy and two assistants last month.

The games forfeited were Eastern League contests Tuesday, February 17, at Morse (12-14, 1-7), and Friday, February 21, at No. 4 Hoover (21-7, 6-2). The forfeit losses will give San Diego a 14-9 overall record (7-3 in league) and most likely will cost the Cavers a league championship.

Comment:

Posted by Joaquin_de_la_Mesa, February 15, 2009

I remember when coaches were thrilled to have one sure-fire Division I college recruit. Why did Roy have to go after three more? I love sports, but I hate win-at-all-costs sports culture.

No. 1 El Camino overcomes slow start to beat No. 8 Vista

Posted February 12, 2009

When No. 1 El Camino took on No. 8 Vista on Wednesday night, the Panthers were clearly the better team in the first quarter. Vista hit all their shots and ran the section's top team out of their gym.

Then the first quarter ended, and the Wildcats took complete control of the game en route to a 78-64 win. It was their third win over the Panthers this season.

The Wildcats (23-3, 7-0 Palomar) opened the second quarter with a 12-0 run, holding Vista scoreless for the first four minutes. The Wildcats eventually grabbed their first lead of the game when center Luke Evans made a layup with 58 seconds left in the half. The halftime buzzer could not sound soon enough for Vista, who was outscored 21-3 in the second.

"Once we started hitting those buckets that we've been hitting in the last few games," El Camino guard Steven Aldridge said, "we knew from there that we had them."

St. Augustine shuts down No. 5 University City

Posted February 11, 2009

St. Augustine (18-5, 7-2 Western) can lay claim to something that not many teams in the section can — they know how to beat University City (18-5, 6-3 Western). With their 68-61 win at home on Tuesday, February 10, St. Augustine won their second straight against the fifth-ranked Centurions.

"It's pretty much the same," said St. Augustine point guard Stephon Lamar. "We came out with the same game plan and we executed the game plan. It's as simple as that."

The Saints game plan is simple — stop guard Mark Hills and center David Washington, University City's leading scorers.

"Making their other three players beat us instead of those two," Lamar said. "And it always works."

The game was very even through the first three quarters, with neither team leading by more than six. But St. Augustine's defense stepped up in the final quarter. After Hills hit from downtown early in the fourth to give University City a two-point lead, the Saints went on a 12-0 run, holding the Centurions without a basket for nearly five minutes. University City made three treys in 32 seconds to make it a five-point game, but they would not get any closer than that as St. Augustine hung on for the win.

Fast Break can be found at SDReader.com. Under "Stories" in menu bar, click on "Sports" then "High School Basketball."

Ask about our Professional Development Classes.

3D ANIMATION GRAPHIC DESIGN VIDEO PRODUCTION WEB DESIGN

CALL NOW
866.752.8826
www.MediaArtSchool.com

- Bachelor & Associate Degrees
- Financial Aid (for those who qualify)
- Approved for V.A. benefits
- Job placement assistance
- Day & evening classes
- Inverted curriculum
- Fixed tuition costs



Platt College San Diego is Accredited College. ACCSCT.

6250 El Cajon Blvd., San Diego, CA 92115

Make a Difference!



In less time than you think, train for a career in
Criminal Justice*

Train for diversified career outcomes in:
**Casino Surveillance
Security Management
Undercover Security • And More!**

- Career Placement Assistance
- Approved for VA & WIA Benefits
- Financial Aid Available For Those Who Qualify

*Additional academy training may be required for law enforcement positions

CALL NOW FOR A BROCHURE!
888-356-1300 DEPT. 236
www.ChooseKaplanCollege.com



**KAPLAN
COLLEGE**

**San Diego Campus
Vista Campus**

Maric College is now Kaplan College

Borrowed music

continued from front page

"There's no solo after the break," shouts the alleged singer. "That's not how the song goes!" POW, Right in the Kisser.

His policeman brother ridicules his sibling's career as a clone. "You know the sickest thing about you, little man? You don't have any fantasies of your own. You fantasize about being somebody else."

Some musicians see tribute groups as a way to get a foot in the door of the music industry. Others have been on the other side of that door, only to find more closed doors. Copping someone else's successful act may seem the only chance at earning a bit of applause, adulation, and ultimately affirmation, however secondhand.

In *Rock Star*, Wahlberg gets fired from the tribute group.

Borrowed



Crossfire
(tribute to Stevie Ray Vaughan)



Bob Tedde from Steely Damned
(tribute to Steely Dan)



Stepping Feet
(tribute to the Dave Matthews Band)



Lead Dangle Tarzana Hoffs
(tribute to the Bangles)



Zippy from the Cured
(tribute to the Cure)

"We acknowledge
how ridiculous it is
to pretend to be
something you're not."

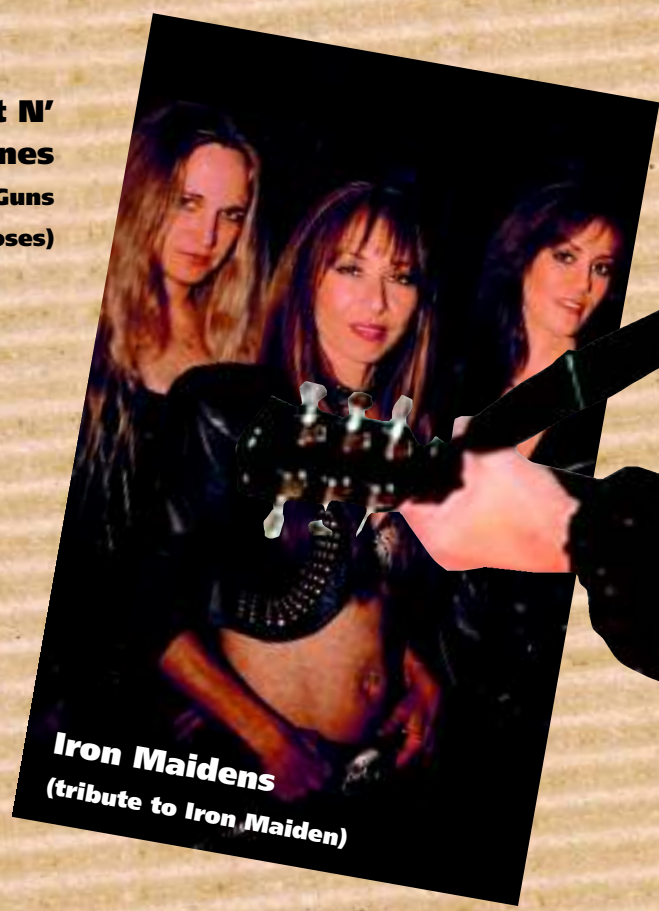
Borrowed fame



Dust N' Bones
(tribute to Guns
N' Roses)



**Bastard Sons of Johnny
Cash**



Iron Maidens
(tribute to Iron Maiden)

look



**David J. Sherry from
Diamond Is Forever**
(tribute to Neil Diamond)

One phone call later, he replaces the singer he idolizes in Steel Dragon and, within a few dozen movie minutes, he's leading that band to greater heights of fame than ever before, transforming overnight from wannabe to bona fide.

To paraphrase another unreal character, Rocket J. Squirrel: "That trick never works."

Though few have gone directly from paying tribute to playing stadiums, this hasn't stopped the number of soundalikes from growing exponentially over the past few years.

We contacted as many

local tribute acts as we could find, barring the endless array of Elvies (Elvi?), since they frankly get too much media attention already and this only causes them to breed all the more, like porky pop-culture kudzu.

* * *

We'll start with the most unlikely of the lot, an all-male tribute to the Bangles who dress in drag and call themselves the Dangles.

"We acknowledge how ridiculous it is to dress up and pretend to be something you're not, just to get a tiny taste of someone else's fame," says lead Dangle Tarzana Hoffs (real name Percy Murray). "We're like the supermarket generic brand trying to Hoover a few bucks from the pocket of some chump who refuses to pay full price for his Cheerios. Or, more accurately, the TV versions of *Private Benjamin* or *Ferris Bueller's Day Off*...cash in on whatever's hot and maybe, just maybe, lightning will strike again the

same way."

"We're not delusional," says Murray. "We know we'll never have a hit record, so we just play it for fun, and the audience, when they get it, they have fun too. That's as long as the crotch of my pantyhose doesn't rip. I may look better in a miniskirt than Susanna Hoffs, but if Mister Happy accidentally pops out, then nobody's smiling anymore." Indeed.

40 Ounces to Freedom is all about Sublime. "A lot of people think I sound very similar to [Sublime singer] Bradley Nowell," says 27-year-old front man Dane Scott. "Some people even say I bear a striking resemblance to him."

According to Scott, "We do Sublime with a twist. We play a lot of the specific guitar solos and bass lines the same, but we also like to improvise on top and add our own arrangements of some songs.... We don't try to look like Sublime, although the drummer and I have both

been tattooed by one of Bradley's longtime buddies."

The 40 Ouncers have a richer musical pedigree than one might expect from copycat rockers, perhaps explaining their hectic gig schedule.

Scott spent six years

actually played gigs with Sublime back in the day," says Scott, "so he knows them all. I met Bradley's widow when I worked for a store I think she owned in O.B., called On the Contrary. I was her shoe guy."

Scott says those days of

Dust N' Bones is an homage to Guns N' Roses. "We try to sound as much like the albums as possible," says singer Richard Gwaltney, who founded the band in 2005. "But at the same time, we let our personalities come through.

"The guys in Maiden invited us backstage to meet them."

with Tubby and is currently working on a project with former Social Distortion player John Maurer. Bassist Sol Turpin (36) also fronts Safety Orange, while Jeremy Miller (31) plays in Stepping Feet, a Dave Matthews tribute. Adam Bausch (33) was the original drummer for Slightly Stoopid. "Adam

reliably gainful employment are long gone. "Now, we all support ourselves with music. Nobody has a 'real' job. And Sol is the only one of us who's married, for around two years now. It's hard to be married and make a living as a musician at the same time."

Anyone who thinks they can just go out there and be an actor will fail immediately. You have to be real, be yourself, and do what you want to do, regardless of the fact that you're the 'fake' version."

Regarding visuals, he says, "All of us go as far as we can to emulate the look

Vintage Religion



Inspired by religions & cultures of the world.
Collectibles • Fine art • Jewelry
Apparel • Accessories • Statuary

www.vintagereligion.com

3821 32nd St.
Near University Ave.
North Park
619.280.8408

Saturday March 28th

INTERNATIONAL
BLUES & ARTS FESTIVAL

10 Blues Bands
60 Artists

ONLY \$20.00
10am - 11pm
1-800-576-0919 Ex.5
WWW.BLUESTANDARTS.COM

FREE COPIERS
Restrictions apply.

- Color or black & white
- Full-line network printing
- Maintenance agreement

858-779-1144
info@r3biz.com

RENTALS



Downtown live/work lofts

- Several downtown locations • Roof decks with BBQ
- Laundry on every floor • Parking available
- Most pets allowed

Please check our website for availability:
www.trilogymanagement.com



Leasing office: 315 4th Avenue
619-231-1505 ext. 12

SPECIAL RATE!

Furnished studios/suites

\$250 + tax

corporate, weekly*

(Sunday to Thursday only)

5343 Adobe Falls Rd.
Mission Valley
(Take the Waring Rd.
exit off I-8, go north
to Adobe Falls Rd.
and turn right.)



Toll-free: 1-800-492-9471
or 619-287-1911

www.DaysInn.com



- Complimentary breakfast
- Free high-speed Internet
- Large pool and spa ► Full kitchen
- On-site laundry facilities
- Near SDSU, Qualcomm, SeaWorld, Zoo, restaurants, beaches, shopping & downtown
- Free cable with HBO

*Based on availability. Not valid with other discounts during holidays, special events or with advance reservations.

Protect Yourself Under California Law!

If you suffer from: AIDS, Chronic Pain, Depression, Migraines, MS, Nausea, Insomnia, Bipolar and many other medical disorders.

Doctor's office available on-site where qualified patients in need of a medical marijuana recommendation can receive a low-cost, expert evaluation by a licensed physician.



New patients \$175
All renewals \$99
Do it legally!

FAST, SIMPLE AND CONFIDENTIAL
ASA certified. Patient ID cards included.
619-297-3800, by appointment only.
2667 Camino Del Rio S. #315 • Mission Valley
The least expensive clinic evaluations in San Diego.
New patients save \$50 by mentioning this ad.

of the original Guns N' Roses members. We go for sort of an action-figure version of what everyone recognizes."

Gwaltney — who strongly resembles his dimpled doppelganger — says gig offers increased when GN'R's long-awaited *Chinese Democracy* album became a reality. "This works in our favor," he says, "but we're not trying to be them or anything. We just respect their artistic genius."

The players all have day jobs and are spread around the county; they meet once a week in O.B. to practice. At 26, Gwaltney is the youngest member. "The other guys are all mid- to late 30s," he says, "and the only married one is Tommy, our lead guitarist. He's got a kid who's way too young to understand the awesome magni-

tude of his father being in a GN'R tribute."

"In my opinion," says Gwaltney, "being married almost defeats the whole purpose of being in a Guns N' Roses tribute. You should be able to rock out with your cock out."

Led Zeppelin tribute Dazed and Confused has also benefited from the renewed activities of forebearers, in their case the November 2007 one-shot Zep reunion at England's 02 Arena. "In the months surrounding the concert," says vocalist Jason Ott, "we played more and better gigs than usual. That's when we first began booking at A-list places like the Belly Up Tavern and Canes."

Formed in 2006, the band doesn't attempt to look like the mighty Zep. "We decided early on to let the music speak for

itself," explains Ott, whose day job is doing graphic design and cartography. "There are plenty of bands who dress like whoever they're paying tribute to, but most of our fans are glad we don't. Zeppelin's music takes you on a trip all by itself, and you don't need dragon suits or bell-bottomed jeans to ride."

That said, Dazed and Confused is particular about replicating Zeppelin's sound as authentically as possible. "Our drummer has a John Bonham replica kit, complete with a huge gong. Our guitarist uses a violin bow and Jimmy Page's signature guitars, including a double-neck model."

As for faithfulness to the original recordings, Ott says, "There's some improv, but almost everything we play is something that Zeppelin did in the studio or in concert. Our drummer, Jeff Smith, is quite the Zep history buff, and he often presents us with alternate recordings of tunes, some of which are only heard on rare bootlegs."

The five band members range in age from 36–42; three are married, two with children. "[Keyboardist] Mike Davenport brought his kids to our last show," says the unmarried Ott. "They had a blast. It was one of our best gigs! We normally play 21-and-up shows, so it's not usually a family affair."

Asked about the band's *worst* gig, Ott recalls a set at Canes. "I was jumping on the stage and slipped, gouging my leg open. Blood was spurting out, and it wouldn't stop. The show must go on, so we used a guitar rag and duct tape and made a makeshift tourniquet, and I played the show without another hitch. I later found out that keeping a tourniquet on an injury like that for an extended period was not a

Studios from \$300/week or \$1,195/month!

- Free continental breakfast buffet
- Free maid/linen service!
- No lease! ➤ Free utilities!

➤ 6-month lease \$895/month

- Heated pool and spa
- Laundry facilities
- Microwave ➤ Refrigerator
- Easy freeway access ➤ Centrally located
- High-speed Internet service

California Suites Hotel

5415 Clairemont Mesa Blvd.
San Diego, CA 92117
1-888-475-7147
www.californiasuiteshotel.com
*Rates subject to change.
Based on availability.



entrada
APARTMENTS
453 13th Street, San Diego, CA 92101
Call toll-free: 1-888-809-1966
www.entrada453.com



Downtown living at its finest!

Studios and 1, 2, 3 Bedroom
Apartments from \$1150

1 month free with 12-month lease!

\$500 off with 6-month lease! Select units.

Low \$400-\$700 deposits!

Features and amenities:

- Near Petco Park, Gaslamp, Horton Plaza
- Rooftop terrace with BBQs, views of Coronado, Petco Park, skyline, bay
- Controlled-access entry
- Underground parking • Washer/dryer in all homes
- Microwave • Private patio or balcony*
- Walk-in closets* • Air conditioning
- High-speed Internet • Landscaped courtyard
- Fully equipped fitness center • Pets welcome**
- I-5 convenient access and close to trolley
- Near restaurants, shopping, entertainment

*Select units. **Restrictions apply.

RENTALS

March move-in special!

\$736 per month

including utilities!

With 12-month lease. Single occupancy. (Income qualify — ask for details!)
4th month free rent! (Restrictions apply.) 3 months of free cable.



Features:

- Air conditioning
- Full bath
- Kitchenette
- Balcony with bay/ballpark views
- Cable ready
- Microwave
- Internet access
- 4 laundries on-site
- Clubhouse
- Business center
- Gated community
- Courtyard
- On-site management
- Close to shopping, restaurants, entertainment
- Easy access to bus/trolley
- Near freeways

Island Village



1245 Market Street, San Diego 92101
Located in East Village near Petco Park

Daily from 8 am to 6 pm

Call toll-free: **1-800-351-0613**



Comfortable... Exceptional... Apartment Homes

- Friendly, professional staff
- Full-size washer/dryer included
- Reserved covered parking
- Award-winning school district
- State-of-the-art fitness center
- Complimentary personal trainer
- Heated competition lap pool
- Lighted tennis courts
- Free tennis and swimming lessons
- Pro tennis instructor
- Sorry, no pets



Visit our website at:
www.torrey.cc

The Club
TORREY PINES

12646 Torrey Bluff Drive
San Diego, CA 92130
(866) 354-2096

ClubTorreyPines_DouglasAllred@crossfiremail.com

LOOKING FOR AFFORDABLE LUXURY LIVING?

The Club Torrey Pines is a pleasant place to call home. We are nestled in a quiet neighborhood of Carmel Valley.

Call for Current Rates!

We offer FLEXIBLE lease rates and terms. Units are priced individually and monthly rents can be adjusted based on length of lease!



Spacious Living! Fabulous Views!



- Large 2 bedroom/2 bath and 2 bedroom/2 bath plus den from \$1,425
- Condo quality
- 2 sparkling pools • 2 relaxing spas
- 2 laundry rooms
- Washer/dryer hookups
- Patios/balconies
- Covered parking
- Large closets, extra storage areas
- Dishwasher
- Cable TV-ready
- Vaulted ceilings in select units
- Immediate availability
- Cats/Call for specifics.

MISSION RIDGE

1320 Via Terrassa
Encinitas, CA 92024
760-944-1800

www.missionridgeapt.com

Anemia Research Study



eStudySite is conducting a research study of an investigational medication for patients being treated for Iron Deficiency Anemia.

Do you qualify?

To qualify, you must:

- Have Iron Deficiency Anemia
 - Be 18 or older
- Not be dialysis-dependent

Qualified participants will receive study-related medical care and study medication at no cost, as well as compensation for time & travel.

619.955.5246
info@eStudySite.com



good idea. It was horrific, it bled throughout the night, and I ended up in the ER the next day. Rock and roll!”

The Iron Maidens — an all-female Iron Maiden tribute — experienced their own horror show a while back, according to drummer Linda McDonald. “The owner of the Rainbow Bar in Juárez, Mexico, locked us, the promoter, and the sound crew in the building,” she says. “We were doing a swing through Texas and did the Juárez show the night before our

El Paso gig. The show went great, the fans came out in droves, and everything was fine. Until at about 2:00

outside as fast as you can.’ We did so, and on about our third trip out, with about four more trips’ worth of

OU812 dresses and coifs like Van Halen.

a.m., when we heard a lot of yelling in Spanish.

“The promoter came up to us and said, ‘Get all your stuff and move it all

stuff to go, the double-doors slammed shut on us. We tried to open them and found they were chained and padlocked

RESEARCH STUDIES

Overweight Volunteers Needed for VA Endocrine Study

You may be eligible if you:

- Are a **Male** age 40-65 and a **Non-Smoker**
- Have a **Parent or Sibling with diabetes**
- Have **no history of psychiatric illness** and are taking no psychiatric medications
- May be **pre-diabetic or borderline diabetic** (but not diabetic or taking diabetes medications)

Participants will be asked to:

- **Come for two outpatient visits**
- **Come for one overnight stay**

Total Compensation: \$500

If interested, contact Tanya Baker at:
(858) 552-8585 x2875 or tanyab@ucsd.edu



Got a Going, Going, Going... Bladder Problem



and sometimes you don't make it??

A 52-week clinical research study is underway for men and women with **urinary frequency** and **urinary urgency**, using an investigational oral medication. If you suffer from the embarrassment of way too many trips to the bathroom or the loss of urine before you make it there, you may be suffering from **Overactive Bladder**.

To possibly qualify:

- 1) Male or female, 18 years or older
- 2) 8 or more trips to the bathroom and at least 1 episode of an urgent need to use the bathroom

Participants may receive at no cost:

- 1) Study-related examinations and consultation by a board-certified physician
- 2) Labs, EKG and all study medications
- 3) Compensation for your time and travel

Interested in more information, call:

Medical Center for Clinical Research
619-521-2841

Depressed, Low energy, Uninterested, Guilt

You are not alone...

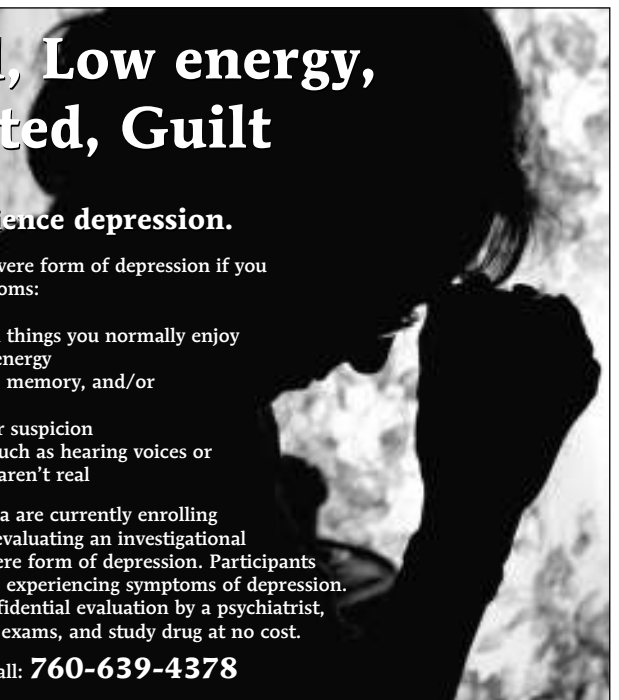
1 in 6 people experience depression.

You may be suffering from a severe form of depression if you experience the following symptoms:

- Depressed mood or sadness
- Loss of interest or pleasure in things you normally enjoy
- Trouble sleeping and/or low energy
- Problems with concentration, memory, and/or making decisions
- Strong feelings of guilt and/or suspicion
- Having unusual experiences such as hearing voices or sounds, or seeing things that aren't real

Medical researchers in your area are currently enrolling participants in a clinical study evaluating an investigational drug for the treatment of a severe form of depression. Participants must be 22-75 years old and be experiencing symptoms of depression. Participation will include a confidential evaluation by a psychiatrist, all study-related visits, physical exams, and study drug at no cost.

For more information, please call: **760-639-4378**





CLINICAL RESEARCH

SCHIZOPHRENIA • DEPRESSION • BIPOLAR DISORDER

Researchers at Sharp Mesa Vista Hospital are currently enrolling men and women in inpatient and outpatient studies.

Eligible participants may receive all study-related care at no cost, and may be reimbursed for time and travel.

Participation is confidential and trials are safely conducted under the supervision of experienced physicians and research specialists.

To learn more, call the Sharp Mesa Vista Hospital Clinical Research Center at **(858) 694-8350**.

Clinical
Research Center
SHARP Mesa Vista
Hospital



MV89A ©2008 SHC



Body Dysmorphic Disorder

Are you preoccupied with a defect in your physical appearance, spending hours a day worrying about it or looking in the mirror?

Do you groom excessively or try to camouflage your flaw?

Do you avoid having people see it?

Dr. Sanjaya Saxena from the UCSD OCD Program is looking for people who are excessively concerned about a physical flaw to take part in a study that is providing:

- * 12 weeks medication * Brain imaging scans * Diagnostic evaluation
- * Neuropsychological evaluation

Study participants must:

- * Be age 18-65 * Not be on any medications that affect brain functioning
- * Not have any active medical conditions * Weigh less than 280 lbs.
- * Not have a history of chronic alcohol or substance use

* There is NO monetary compensation for participation.

For more information call Dr. Jennifer Sumner at: (858) 534-8056



Do you suffer from Diabetes and high blood pressure?

You may qualify to participate in a research study involving FDA-approved medications. Qualified candidates will be compensated for time and transportation up to \$400.

Call (619) 481-5252 for more information.
The California Neuropsychopharmacology Clinical Research Institute, LLC
"CNRI, LLC"

Flu Vaccine Research Study

Healthy Volunteers are needed for an investigational Flu Vaccine Study. Call to see if you qualify.

Participants receive up to \$360.



Please call for more information

(619) 291-2321

**CALIFORNIA
RESEARCH
FOUNDATION**

Too Shy?

Trouble with dating? Parties?
Public speaking? Starting conversations?
Speaking to authority figures?
Always worried about what other people think of you?

Confidential help is available. You may be eligible to

Receive Free Treatment

with computerized therapy as part of a research program. No medications!

Call: **619-229-3740** or e-mail:
SDSU.CUTA@gmail.com
http://nas.psy.sdsu.edu

CENTER FOR UNDERSTANDING AND TREATING ANXIETY

6386 Alvarado Court, Suite 301, San Diego



Where is your focus? ...on your overactive bladder?



Overactive bladder makes it difficult to perform daily activities. You do not know when the sudden, strong urge to urinate will happen.

The Women's Overactive Bladder Study is a research study testing the safety and effectiveness of a new delivery method of an overactive bladder medication for women. Qualified participants:

- are women age 18 and older
- are experiencing overactive bladder symptoms with urgency for over 6 months
- have not had three or more urinary tract infections in the past year

Qualified participants will receive study-related exams, lab tests and study drug at no charge.

For more information, please call:

Medical Center for Clinical Research
619-521-2841
mccresearch.com

Pain from Endometriosis?

A 16-week clinical research study is underway to evaluate a non-hormonal, injectable, investigational medication versus placebo for the relief of pelvic pain caused by Endometriosis. Have you tried a variety of hormonal medications without success over the years of dealing with Endometriosis cramps and pain? This study is for women who have a surgically confirmed diagnosis in the last 5 years.

To possibly qualify for the study, must be:

- 18-49 year old females, regularly having periods
- Surgical confirmation of Endometriosis in the last 5 years (operative report must be available)
- Moderate to severe period cramps and pelvic pain

Qualified participants may receive:

- Exam and consultation with a board-certified gynecologist
- All study-related labs, EKG, and study medication
- Compensation for your time and travel

**MEDICAL CENTER
FOR CLINICAL
RESEARCH**

619-521-2841

www.mccresearch.com

from the outside. All the sound guys, the band, and the crew were locked inside. The promoter had to scramble to find \$1500 [U.S.] on a Sunday morning at 2:30 a.m., or the building owner would not let anyone out. We were all in there for about 45 minutes, until the promoter came up with the extra money, and we all beat a hasty retreat."

On a more positive note, McDonald says, "The guys in Maiden have heard of us and invited us backstage at a show to meet them. We played a couple shows with Michael Kenney, bass tech for Maiden keyboardist Steve Harris, and [drummer] Nico

McBrain once got up on stage and played three songs with us. Steve Harris and [singer] Bruce Dickinson came to see us at the Hard Rock Live show in Mex-

The Maidens are all in their 30s, unmarried, with no children, and all play music full-time. "We do about 200 shows a year," says McDonald. "We're

The Bastard Sons of Johnny Cash were endorsed by the Man in Black himself.

ico City and stayed for the whole show. Steve came backstage afterward and said that they enjoyed our show a lot."

lucky to have played all over the U.S. and Canada, Greece, Korea, Japan, Iraq, Kuwait, Bahrain, Puerto Rico, Spain, and Turkey. Oh, and Mexico, which totally rocked. Other than Juárez."

McDonald and fellow Maiden Sara Marsh also

RESEARCH STUDIES

MEDICAL MARIJUANA

Did you know? Californians can use and possess Medical Marijuana legally? We can help...

Green & Leaf MD

Low cost, 100% confidential recommendation from Board Certified MD

24/7 verification ID card

Carlsbad
888-239-1969
GreenLeafMD.com

MMJSD

MEDICAL MARIJUANA OF SAN DIEGO
California Health and Family Code 11362.5

MARIJUANA

Discounts for Medical Marijuana

Dr. Patient Confidentiality

PRE-QUALIFIED ONLINE \$25

www.medicalmarijuanaofsan-diego.com

888-215-HERB

NOW OFFERING 24/7 VERIFICATIONS

METABOLIC SYNDROME

Are Your Waistline And Blood Pressure On The Rise?

If your waistline is over 35 inches, you could be at risk for the metabolic syndrome. Never heard of it? It's a condition that affects those who are overweight and have elevated blood pressure, which may put you at risk for cardiovascular disease and diabetes.

Our physicians are participating in a research study using already-approved medications to assist in treating the metabolic syndrome.

To be considered, you must:

- Be at least 18 years old
- Have elevated blood pressure
- Have a waistline larger than 35 inches (for women)
- Have a waistline larger than 40 inches (for men)
- Have abnormal lab results in at least one of the following tests: blood sugar, triglycerides or cholesterol

If you qualify, you will receive all study-related care, including physical examinations, laboratory services, and investigational medication.

For more information, please contact:

Medical Associates Research Group
858-277-7177

www.MARGinc.com Volunteer For Your Future

Looking for Healthy Volunteers

Profil Institute is seeking Healthy Volunteers to participate in a clinical research study evaluating an investigational drug.

You may qualify if you are:

- 18-50 years old
- A non-smoker or smoke less than 10 cigarettes per day
- Not currently taking prescription medications
- In good health with no major medical conditions
- Females must be post-menopausal or surgically sterile for at least 1 year

You may be paid up to \$4,970 for your time and travel. Up to 20 consecutive overnight stays and 2 study related visits are required.

For more information, call Profil Toll Free
@1-866-245-5404

Profil

Institute for Clinical Research



Depression Medication Not Working?

Have you been taking your antidepressant medication but still experience low mood? Are you feeling hopeless and finding life hard to tolerate? Has your energy and motivation to enjoy life decreased? Do you find even simple pleasures empty? If so, and you are between the ages of 18 and 65, you may qualify to take part in a research study of an investigational medication for depression.

Qualified participants will receive:

- 1 Compensation for time and travel
- 2 No-cost study-related medication and study-related medical care
- 3 No-cost medical evaluations by board-certified physicians

Call **858-ARTEMIS** today to see if you qualify for this research study. Confidentiality is strictly honored, and enrollment is limited.



858-278-3647

BOTOX®

as low as **\$7/unit**

BOTOX injections take as little as 15 minutes and last 3 to 9 months.
\$8 per unit for first area,
\$7 per unit for additional areas (25 units per area). Results may vary.

888-211-1684

\$25 off
When you bring a friend.

Medical marijuana evaluations

- Free verification card provided with every recommendation.
- Appointments available 7 days.
- In-office verification service.

Legitimate and affordable. Dr. Sterner has **10 years' experience** working with medical marijuana patient needs.

Schedule an appointment today:
888-211-1684

For 24-Hour
Recorded
Information
Please Call:
619-442-4215



Lose weight

as low as
\$10/day

10% off
For new weight control patients.
Expires 4-1-09.

We have new and innovative **medications** and regimens to help you lose weight without depleting your body of the nutrients it needs and help you feel satisfied: **bioidentical hormones**, lifestyle and nutrition training and **vitamin B-12 injections** are important contributors to your well-being and helpful in increasing your energy, heightening your metabolism and feeding your nervous system. Let Dr. Sterner develop an individualized program just for you.



All visits with Dr. Sterner.
888-211-1684
Central Location Near Airport

Medical Center & Weight Control Medical Clinic
1516 W. Redwood St., Ste. 105, San Diego 92101
Robert F. Sterner, Jr., MD
Harvard 1978/UCLA 1982. Serving San Diego since 1984



www.antiagingarts.com

Do You Have Type 2 Diabetes and are Not Using Insulin?

Volunteers are needed for a research study of an investigational medication conducted by Profil Institute for Clinical Research.



To qualify, you must be:

- A Type 2 Diabetic
- Taking metformin alone or in combination with other oral, anti-diabetic medications but are not taking insulin
- 35-65 years old

You may be compensated up to \$4,350 for time and travel. Up to 5 overnight stays are required.

For more information, please
call Profil at **1-866-245-5921**

Profil

Institute for Clinical Research

play in an all-female Ozzy tribute, the Little Dolls, while bassist Steph Harris — aka Wanda — performs with several classical ensembles.

Piece of Mind pays tribute to Maiden as well, but only the versions fronted by Bruce Dickinson. After their August 1999 debut, they became regulars at clubs like Canes in Pacific Beach, where lead guitarist Anthony Ciullo played his first-ever gig with the group.

"I was 17 years old and

popped a string on the first song. I didn't have an extra guitar and ended up missing three songs...the manager of Canes lectured me after the show. I was so disappointed and embarrassed, but I have never gone to a show without backup guitars since."

Ciullo reports that band members — most of them single — see their fair share of groupies. "One time," he says, "a female fan grabbed [lead singer] Ron's dick while we were playing. He quickly

removed her hand from his crotch, and she instantly grabbed me. She pulled me down and licked my face and almost yanked me clear off stage.

"L.A. is a better venue for hooking up after a show. Everyone at our shows in San Diego always seems to have a husband or boyfriend."

Van Halen tribute OU812 eschews the David Lee Roth years. "We do Sammy Hagar-era stuff because we really love what he brought to that band,"

RESEARCH STUDIES

Research Study – Type 2 Diabetics

Do you have type 2 diabetes and still have uncontrolled blood sugar levels even with the help of a healthy diet and exercise, with or without medication? If this sounds like you, then you may be eligible to participate in EMERGE.

Dr. Sunder Mudaliar and his associates at UCSD are looking for men and women with type 2 diabetes as volunteers to take part in a research study to assess the efficacy, safety and tolerability of an investigational drug for diabetes.

Duration:

Breakdown goes as follows: screening period (up to 4 weeks), treatment period (24 weeks), plus 28 weeks (up to a total of 1 year treatment) if you agree to continue in the study after the initial 24 weeks, follow-up (2 weeks).

If you meet the following criteria you may be eligible to participate.

Inclusion Criteria:

- Males or females aged 18 to 75 years • Diagnosed with Type 2 Diabetes
- Treatment with pioglitazone greater or equal to 30 mg/day and metformin greater or equal to 1,500 mg/day for at least 12 weeks on a stable dose (meaning no dose changes to these medications)
- HbA1c between 7-10% • Stable weight for at least 12 weeks
- Body Mass Index (BMI) is 25-45 kg/m² (greater than 23 for Asians)

For more information, please contact

Catherine DeLue at: 858-552-8585 ext. 6740

Qualified participants will be compensated for participation up to \$550.



ARE YOU TOO SHY?

- ☒ Do you get **VERY NERVOUS** around people?
- ☒ Do you **FEAR** being the center of attention?
- ☒ Do you **AVOID** going to social events and meeting new people?

If you answered YES to any of the above, you may be eligible to participate in an experimental research study comparing several study drug options to treat social anxiety disorder. Medical assessment and clinical care provided.

For more information, call 1-877-UCSD-SHY (1-877-827-3749)
Or e-mail: veryschy@ucsd.edu



says bassist John Osmon.

The group dresses and coifs like their counterparts, as well as using corresponding instruments, like a Michael Anthony custom flame bass (“exactly like he used on the last Van Halen tour”), Hagar’s signature Cabo Wabo Yamaha (“We have his Les Pauls for Montrose songs”), and a \$2600 replica of Eddie Van Halen’s striped “Frankenstein” model (“identical to Eddie’s, minus the puke stains”).

“We played down in Cabo Wabo during Sammy Hagar’s birthday week in October [2007] and have met the whole [Van Halen] band at various times, so they know what we’re doing and dig it,” says Osmon.

OU812 guitarist Angel Llanos attended a party thrown at Eddie Van Halen’s house for the X-rated film *The Sacred Sin* (which includes two Van Halen songs).

“There were adult-film industry folks all over the place and strippers and a bevy of naked women,” according to Osmon. “Eddie was the host, playing with a band he had hired and walking around pouring wine and giving tours and bragging about his son. Meanwhile, naked women are hanging from acrobat things from the ceiling and in the pool.... His house was really nice but had the appearance of having been gutted by the divorce and never really put back together, sort of beat up, as if a drunk hermit was living there by himself.”

The Bastard Sons of Johnny Cash are a country-rock band that plays Cash music, as well as releasing several CDs of original songs. The band first earned notice when they opened for Merle Haggard at the Coach House in San Juan Capistrano, after which they recorded their own six-song EP.

In 1998, the Bastards received an invitation to perform for over 20,000 attendees at Willie Nelson’s annual Fourth of July Picnic in Luckenbach, Texas, the first San Diego band

ever invited to the three-decade-old institution showcasing cutting-edge artists in country music.

“We aren’t really a tribute band,” says front man Marc Stuart. “We’re

more an ‘inspired-by’ band.” The group was officially endorsed several years ago by the Man in Black himself, Mr. Middle Finger, the late Johnny Cash.

“We were playing a

club called the Exit-Inn in Nashville,” explains Stuart. “The people at the bar came up to me, all serious, and said, ‘Johnny Cash’s son, John Carter Cash, he’s here and he’s waiting to

talk to you backstage.’ I’m sure some people thought he was there to try and intimidate me or something because he’s Johnny’s real son and here we are, the Bastard Sons. I didn’t

RESEARCH STUDIES



Participate in Our Research Studies



Do you have a history of depression?

Are you currently taking antidepressants that don’t seem to be working?

You may be eligible to participate in an inpatient clinical trial for treatment-resistant depression.

**CALL US FOR MORE INFORMATION:
760-806-9200**

do you suffer from Schizophrenia?

Do you have trouble concentrating? Are your thoughts slow and disorganized? Have you been on a stable dose of Risperdal, Abilify or Invega?

**If so, and you are between the ages of 18 and 55,
you may be eligible to participate in a research study.
Compensation of up to \$1100.**

CALL US FOR MORE INFORMATION: 760-806-9200



**BOARD-CERTIFIED PSYCHIATRISTS PROVIDING
EXCELLENT PATIENT CARE AND QUALITY RESEARCH
3998 Vista Way, Suite 100, Oceanside, CA 92056**



Trouble staying asleep?

Don't feel rested when you wake up?



A research study is currently being conducted by Pacific Sleep Medicine Services for individuals who are experiencing sleep problems throughout the night.

If you are at least 18 years old, you can be considered to participate in a clinical research trial on insomnia.

Study-related care is provided at no charge to participants. This includes a physical exam, sleep exams, laboratory services and study medication.

Qualified participants will receive compensation for time and effort.

For more information, call:

Pacific Sleep Medicine
877-927-5337

think he was there to beat me up or anything. At least I hoped not!

"So I went out back, and he couldn't have been nicer. He told me how he and his dad had defended our band against a lot of people who had negative things to say about the name, and he said, 'I really love the group. I'd love to

record you guys the next time you're in the area.'

"Well, a couple of months later...we were out on tour in Memphis, Tennessee, and we had a few days off. I called him up and said, 'We're in Memphis, we're within trucking distance, so how're you looking at the studio?' He said, 'Great, my dad's

working in there in the morning, so you guys can come in about noon and have the studio for the rest of the day.'"

At a recording studio on the Cash property called the Cash Cabin, Stuart says, "We spent three days recording 'Spanish Eyes' and 'Nowhere Town.' Being right there in Johnny's back yard was amazing. It's about 20 miles outside of Nashville, in the middle of the woods. The studio is a little wood cabin on 50 acres. There's wild animals all over, deer and goats and pigs and peacocks just wandering around. They've even got their own fully stocked bass lake within walking distance, so John Carter and I would go out with fishing rods and catch a few big-mouth bass between takes.

"The studio itself is like a history museum, full of Cash and Carter mem-

orabilia, but it's also fully modern and functional for recording. I was singing into the same microphone Johnny Cash was using just a half hour before! The lyric sheets for his new songs were spread around the studio, and I got to look at those. We even got to hear some of his new tracks.

"He [Johnny Cash] called the studio from the house, but he wasn't feeling well enough to come out, so we didn't get the chance to meet him there. But he said the same thing as his son, that he likes our music and doesn't mind that we're called the Bastard Sons of Johnny Cash. 'Cause he made fun of that kind of thing way back when...he's the guy who sang about 'A Boy Named Sue,' after all."

The Band in Black is a more traditional Cash tribute, formed in 2003 and fronted by "Cowboy

RESEARCH STUDIES

Flu Vaccine Research Study

Healthy Volunteers are needed for an investigational Flu Vaccine Study. Call to see if you qualify.

Participants receive up to \$360.

Please call for more information:

(619) **291-2321**

CALIFORNIA RESEARCH FOUNDATION



Restless Legs

aching
twitchy
fidgety
robbing you of sleep?

CALL NOW
Pacific Sleep Medicine
Services, Inc.
San Diego, CA
877-282-7872

OR VISIT
www.RLSleepStudy.com
to learn more.

Jerking. Twitching. Fidgeting. That's how your legs may feel if you have **Restless Legs Syndrome (RLS)** – a condition that makes your legs very uncomfortable when sitting or lying down. The condition can interfere with both sleep and daily activities.

CLINICAL STUDY NOW ENROLLING PATIENTS
This research study is evaluating a medication for Restless Legs Syndrome.

IF YOU PARTICIPATE, YOU'LL GET:

- Monitoring of your health as it relates to the clinical study.
- Study-related medical care and study medication provided at no cost to you.

Compensation for time and travel may be provided.

TO QUALIFY, YOU MUST:

- Be at least 18 years old.
- Be diagnosed with RLS or experiencing RLS symptoms.
- Have trouble sleeping due to RLS.

Other eligibility requirements apply.

INVESTIGATIONAL PAIN-RELIEF PATCH STUDY



Sprained your ANKLE recently?

Have you recently sprained your ankle? You could help researchers evaluate an investigational pain patch that's placed directly on your ankle.

Local doctors are currently conducting a medical research study evaluating an investigational, medicated patch for its ability to relieve pain when placed directly on the site of your pain.

To pre-qualify for this study, you must be:

- 17 to 75 years of age AND
- Experiencing pain from a recent ankle sprain that occurred in the last 60 hours.

Qualified participants will receive study-related medical evaluations and study patches at no cost. Reimbursement for time and travel will also be provided.

SUPPORT 2

A Study of an Investigational Pain Patch for Ankle Sprains

To learn more, please contact:

619-229-3909

San Diego Sports Medicine & Family Health

When your **TYPE 2 DIABETES** is out of control, finding harmony is essential.



If you're having trouble controlling your diabetes, consider participating in HARMONY, a research study evaluating an investigational diabetes medication that's taken **only once a week**.

It's estimated that 50% of diabetics in the U.S. struggle to successfully control their blood sugar. The inconvenience of multiple daily treatments can often add to this struggle. Now, the HARMONY program is evaluating the effectiveness of an investigational, long-acting type 2 diabetes medication, which may require less frequent dosings.

To be eligible for this study, you must be:

- 18 years of age or older,
- diagnosed with type 2 diabetes, AND
- having trouble controlling your blood sugar levels.



Qualified participants will receive study treatment as well as study-related medical evaluations and tests at no cost.

To learn more about the HARMONY program, please contact:

San Diego Sports Med & Family Health
(619) 229-3909
www.HarmonyClinicalTrials.com

Do you have Psoriasis?

If you have Psoriasis, call us to find out if you qualify to be part of an investigational research study at our site. The study includes study-related evaluation, laboratory tests, and study medication at no charge. Compensation for time and travel available.

**Skin
Surgery
Medical
Group, Inc.**
(858) 292-8641



Is Waking Up Tonight Affecting Your Tomorrow?

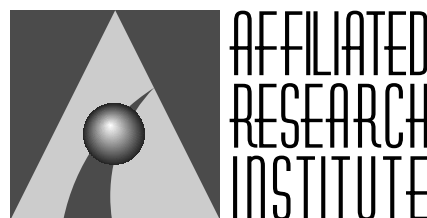
Do you or someone you know have trouble staying asleep? Is it affecting daytime activities? A research study of an investigational medication is underway for people who have trouble sleeping, characterized by difficulty maintaining sleep.

To qualify for participation in the research study, you must:

- Be at least 18 years old
- Have trouble staying asleep through the night
- Be impacted in your daily life by your sleep problems

If you qualify and choose to participate in this study, you may receive study medication and you will receive physician consultations, study-related medical examinations, laboratory evaluations and follow-up visits at no charge. There are also overnight visits to a sleep laboratory during the study.

Health insurance is not required and compensation for time and travel is provided, of up to \$1,300.



If you are interested in learning more about this study, please contact:

(619) 688-6565

See our website: www.ari-inc.com

INVESTIGATIONAL PAIN-RELIEF PATCH STUDY



**Injured
your
WRIST
recently?**

Have you recently injured your wrist and are experiencing wrist pain? You could help researchers evaluate an investigational pain patch that's placed directly on your wrist.

Local doctors are currently conducting a medical research study evaluating an investigational, medicated patch for its ability to relieve pain when placed directly on the site of your pain.

To pre-qualify for this study, you must:

- Be 17 to 75 years of age,
- Have injured your wrist **within the last 60 hours, AND**
- Be experiencing pain from the sprained, strained, or bruised wrist.

Qualified participants will receive study-related medical evaluations and study patches at no cost. Reimbursement for time and travel will also be provided.



To learn more, please contact:
619-229-3909

San Diego Sports Medicine & Family Health

Affiliated Research Institute specializes in clinical research programs, both inpatient and outpatient, with an emphasis on psychiatric and neurological disorders.

Outpatient Clinical programs offered at Affiliated Research Institute include:

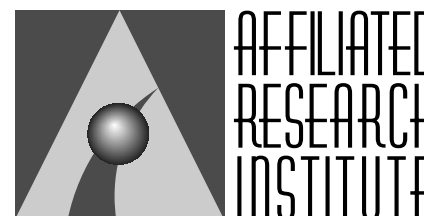
- **Alzheimer's Disease**
- **Bipolar Disorder**
- **Depression (18 years and older)**
- **Insomnia**
- **Schizophrenia**
- **Smoking Cessation**

If you suffer from any of these disorders, you may be eligible for an investigational drug research study. If you qualify and choose to participate, you will receive physician consultations, study-related medical examinations, laboratory evaluations and follow-up visits at no charge, and you may receive study medication. Health insurance is not required and compensation for time and travel is provided.

If you are interested in learning more about any of these studies, please contact:

(619) 688-6565

See our website: www.ari-inc.com





Before

Actual Patient

After

EYELIDS

Having problems driving or reading due to droopy eyelids? Do baggy eyelids make you look old or smear your makeup?

In less than one hour...
look and feel better than ever!

Call for a consultation: 1-888-696-1478

\$300 off

Any procedure when you book surgery by March 31, 2009.

Paid for by insurance!

Medicare and other insurers may provide coverage when sagging skin causing visual problems is properly documented.

Mark V. Garbutt, MD
"Eyelid Surgery Specialist"

230 Prospect Place, Suite 10
Coronado, CA 92118

- Former Visiting Assistant Professor at the prestigious Jules Stein Eye Institute at UCLA
- 20+ years' experience
- Harvard/UC San Francisco
- Board-certified Ophthalmologist

Jack" Johnson. "We dress in black and play vintage gear," says Johnson, "like an upright bass. The lead guitarist uses a Telecaster, and I have my Martin guitar [Cash owned several Martins]. We cover the late '50s through early '60s, all presented based on research and authentic down to the last detail."

The longtime San Diegan (since 1968) is also the originator and lead performer of the Hank Show, which he founded in 1999. "It's a re-creation, not a tribute, of the music of Hank Williams Sr. We've been doing hits from the breadth of his career. He recorded from '47 to '53, and we play the songs in chronological order. The band wears vintage smile-pocket Western shirts with hats and ties, and we all play instruments accurate

to that era."

Johnson's guitars are identical to those favored by Williams, while his bandmates use the same style hollow-body electric guitar, steel guitar, fiddle, and upright bass used by their Sr. inspirations. "My Hank suit was made for me by one of the same guys who tailored Hank's clothes," Johnson says. "He was one of the guys at Nudies Rodeo Tailors [who dressed ZZ Top, among others], and he made me a replica of Hank's suit...the white suit with black musical notes."

Fleetwood Max was formed in 2006 by Todd Hidden (as Lindsay Buckingham) and Annie Heller (ersatz Christine McVie). "Everyone seems to love Fleetwood Mac," says Heller. "Visually, we try to emulate the look of *The Dance* years, which is mostly black

and white. Our Stevie, Kim Eninger, buys special clothing custom-made to look like Stevie Nicks's best-known outfits, and she does a great job with the Stevie-isms."

As for musicality, "We try to get close to note-for-note re-creations of the studio or the live versions of the songs. We only have five members playing four instruments, however, and we don't use any sequencers or karaoke tracks." Who knew tribute bands were using karaoke tracks?

Heller isn't married, but the 50-year-old grade-school teacher is dating the band's other McVie impersonator (John McVie), bassist Doug Walker (47), a remodeling contractor by day. "My two daughters think it's cool that their mom is in a band," says Heller. "When my youngest

HEALTH AND BEAUTY

March Specials!

Choose one of the following:

50-minute Massage \$50* or

50-minute Facial with Microdermabrasion \$50*



Myotonology \$79* For first-time customers (\$95 value). Micro-current strengthens and lifts muscles to firm, contour and smooth wrinkles to improve textures. DNS collagen and elastin are applied to rehydrate and improve elasticity and circulation.

Total Body Wellness \$139* (\$185 value) 3 hours. Includes: European facial, 1-hour full-body therapeutic massage, manicure, deluxe spa pedicure, and your choice of one spa body therapy below: hydroactive mineral salt scrub, enzymatic sea mud wrap, detox hydro pack wrap for slimming, detox herbal linen wrap

Mini Day Spa \$85* (\$100 value) 2 hours total. Includes: 1-hour facial with 15-minute head and neck acupressure and back massage, alpha hydroxy peel (smooths and softens skin texture and appearance), European facial, plus spa manicure and pedicure. A natural face-lift that helps cleanse the skin, removes fine lines, freckles and blemishes.

Pamper Yourself

\$119*

Includes: Deep pore cleansing facial, 1-hour full-body therapeutic massage, spa manicure and pedicure. 2 1/2 hours.

Permanent Eyelash Extensions

\$130*

Newest Japanese technique. Lasts 4-8 weeks. All-natural.

Botox • Restylane

Laser Hair Removal available

Miramar

9484 Black Mountain Road, Suite D
(858) 586-6626 • (858) 586-6245
Mon.-Sun. • Open 7 days a week

Permanent Makeup

Lip-liner \$200* (\$300 value)

Eyebrow \$200* (\$300 value)

Eyeliner \$200* (\$300 value)

Full Lip \$400* (\$500 value)

Escape A Day Away Package

\$154*

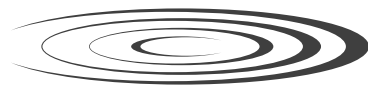
3 1/2-hour package. Includes: microdermabrasion, 1-hour full-body massage, manicure & spa pedicure, and your choice of a spa body treatment: hydroactive mineral salt scrub, sugar scrub, enzymatic sea mud wrap, or detox hydro pack wrap.

*Must present ad for this special discount.

North Park

3942 1/2 Illinois Street
(619) 297-3073

Mon.-Sun. Open 7 days a week



About You day spa and salon

www.aboutudayspa.com • Visa/MC accepted

Trust your body & face rejuvenation to a caring, Board-Certified Plastic Surgeon



DIANA BREISTER GHOSH, M.D.

Certified, American Board of Plastic Surgery

Specializing in

- Breast Augmentation
- Breast-Lift ■ Tummy Tuck
- Skin Removal after Weight Loss
- Face-Lift/Neck-Lift
- Liposuction ■ Eye Rejuvenation
- Endoscopic Brow-Lift
- Botox® Cosmetic
- Restylane®/Juvéderm®
- Perlane®

20% OFF

All Skincare Products

- Epionce • La Roche-Posay
- Physician's Choice of Arizona
- Rhonda Allison • gloMineral Makeup

Limited quantities & stock on hand.

NEW

Latisse™ is the first and only FDA-approved product that enhances eyelashes. It is used to grow eyelashes, making them longer, thicker and darker. Available in-office \$120.



6386 Alvarado Court, Suite 340

San Diego ■ 619-286-6446

Financing Available



Get Gorgeous for Spring

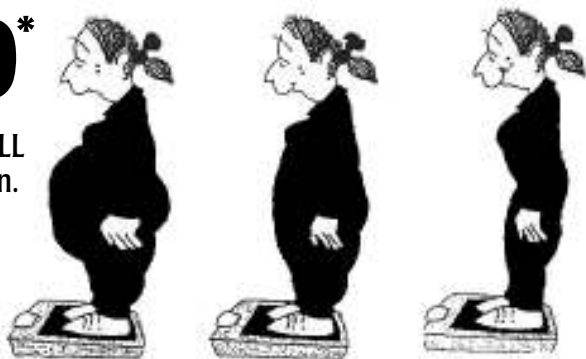
15% OFF
Dermal Fillers, Botox®, or Surgical Procedure

Fillers include Restylane®, Juvéderm™, and Perlane®. Special limited-time offer applies to services completed by March 31, 2009. Must present coupon prior to service.

Losing Weight Doesn't Have to Cost a Fortune!

\$80*

Includes ALL
medication.



- Proven prescription medication
- Convenient monthly appointments
- No contracts • Physician supervised
- Effective use of leading appetite suppressants

760-745-8431

Luc Fontaine, MD

430 North Cedar #C • Escondido

***Offer valid with coupon only.**

Initial consultation only. Regularly \$95.
Includes all medications. Expires 3/31/09.



Hair Transplant

\$5 follicular grafts now \$3



Actual Patient

I imagine hair restoration results so impeccably natural no one may ever guess you had surgery.

Patient results come first at New Look MD. Permanent, painless and affordable results. One session results, using the latest technique.

Instead of minimum coverage where you must come back again and again, we deliver maximum density, medically safe, for a full, completely natural look.

**Natural
Looking
Results**

**New
LookMD**

888-290-6526

La Jolla/Scripps Hospital
9834 Genesee Ave., Suite 428
La Jolla, CA 92037

Oceanside
2103 El Camino Real, Suite 101
Oceanside, CA 92054

www.NewLookMD.com

**Free Financing
for 24 mo. OAC**

**FREE
GUIDE**

- Don't be a hair transplant victim... be a success story.
- Compare our results.
- Follicular units.
- No extra charges.
- Offer ends March 31, 2009.

Free Laser Treatment

with purchase of any laser package of five. New clients only, through 4/2/09.



Laser Hair Reduction

Underarms

Bikini & Underarms

Lip & Chin

Brazilian Bikini

Full Legs (upper & lower)

Full Back

Reg.

\$75

\$99

\$79

\$179

\$299

\$299

Now*

\$49

\$65

\$49

\$120

\$195

\$195

(*First treatment for new patients only)

Botox \$150 • Restylane \$449/1cc



Institute for Aesthetic Medicine

9339 Genesee Avenue, Suite 260 (Near University Towne Centre Mall)

P. Scott Ricke, M.D., Medical Director

858-678-0220 • SDBodyImaging.com

• Free consultations • Saturday and evening appointments available

The California Institute for Aesthetic Medicine, a Medical Corporation.

1/2 off laser hair removal

First-time clients only. Some restrictions apply. Expires 3/31/09.

Laser Hair Removal • Permanent Makeup
Juvéderm™ • Restylane® • Botox® • Radiesse®
Levulan® Photodynamic Therapy • Sculptra®
Crystal-free Microdermabrasion & Chemical Peels
Custom Facial Treatments & Waxing
ClearLight® Acne Treatment
Sclerotherapy Vein Removal
IPL Photofacial • Massage
Acupuncture



BELLA PELLE
beautiful skin
MEDICAL SPA

**Looking
for Kim?**



Kimberly K. Hottmann, PA-C

324 Encinitas Blvd. • Encinitas, CA 92024
(760) 436-4050 • bellapellemedicalspa.com

Barry E. LoSasso, M.D., Medical Director
Kim Knox, MS, PA-C

came to see us at the San Diego Fair this year, she was very impressed...she wondered how I was able to get up in front of people and sing and play without being nervous."

Drummer Hector Toro (50) works as an appraiser in coastal North County and is married with two children. "My kids have grown up with me in

bands," he says. "They like our shows when they end up on YouTube. What they can see on the computer, that's what impresses them."

Guitarist Todd Hadden (54) is a full-time musician who also plays with Dave Humphries, Street-Heart, and the Cool Rays. The group's youngest member, singer and shawl-bearer Kim Endering (mid-'30s), is

unmarried, with two young children; by day, she works as an inland North County real-estate agent.

Nobody in Max has met their Mac, though Heller says, "We hear they show up once in a while to catch a tribute band. If I ever met Christie McVie, I would tell her how much I admire her songwriting and what a beautiful voice

HEALTH AND BEAUTY



Joseph Tucker, D.D.S., with comprehensive experience in Endodontics, Fixed Prosthodontics, Oral Surgery and Implant Placement, is now accepting new patients.

Special Promotions*

Extractions \$95 • Porcelain Crowns \$390

Fillings starting at \$75 • Veneers \$740

Discounted menu for cash patients.

Now accepting PPO insurance.

*Promotional offers cannot be used in conjunction with insurance.

Emergencies & Walk-Ins Welcome
Open Fridays 3-6 pm & Saturdays 8 am-2 pm
Root Canals

Extractions including Wisdom Teeth
Removable & Fixed Prosthodontics
Implant Placement and Veneers

5210 Balboa Avenue, Suite A-2, San Diego 92117 (west of Rite-Aid at Balboa & Genesee)

858-279-3455 • www.BalboaDentist.com

Look Younger With More Hair

"I want to thank Dr. Khan for the excellent job she did in restoring my hair back to its original, youthful look. I feel 100% better in the way I feel about myself and my overall self-confidence. Friends and family can't believe their eyes when they see me. Some friends that have not seen me in a while did not recognize me right away." – Brian

**3000 hairs
\$2499***

Regular price
\$6000.

Hair transplants for men & women
Permanent, painless, one-day procedure!

**Free
Financing**

2 years 0% interest.

With over 25 years' experience Dr. Shugufta Khan, M.D., F.A.A.C.S., is an expert in the field of Hair Transplantation, world renowned for creating a natural hairline and maximum density.

Call today for private consultation: 1-866-751-2182

Grow & thicken hair with our
FDA-approved Laser Comb

Visit us at **ILHT.com**
 7930 Frost St. #203, San Diego
 Open Saturdays.

*3000 grafted hairs is the equivalent of 1200 grafts.
 FIT technique offered at a separate pricing scale.
 Please call to inquire. OAC. Offer expires 4-13-09.



RENEW
 Hair & Cosmetic Center

ILHT
 San Diego • Chicago



Actual Patient

she has."

Says Todd Hidden, "I'd ask Lindsey Buckingham if he needs a guitar tech. And could I take a few lessons?"

The Cured impersonates — who else? — the Cure. One of the city's busiest tribute acts, they can be found playing wherever men wear makeup, women wear corsets over their clothes, and flat-heeled shoes are little more than urban legend.

Formed in 2004, singer Zippy Twombly says, "I decided on starting a tribute band after seeing the popularity of Dead Man's Party, an Oingo Boingo tribute. I knew I wanted to do an '80s new wave sort of thing, and the band we covered would need enough recognizable songs to entertain an audience for two hours. I also wanted to do a band that had some definite 'characters' in it, so I narrowed it down to INXS, Duran Duran, and the Cure.

"INXS did that awful TV show and came off dorky, so they were eliminated. We realized that we probably aren't good-looking enough to pull off Duran Duran so, by process of elimination, we settled on the Cure." An internet business consultant and web designer by day, Twombly prides himself on looking like his Cure counterpart. "I spend a lot of time tracking down items from the '80s that are similar to the look Robert Smith is known for."

Others in the band may or may not follow his visual lead, depending on who's in the group at any given time. "Just like the Cure," says Twombly, "we've had more than a few keyboard players, and three more drummers than Spinal Tap."

Current drummer Greg Karlo works by day as a drum-line instructor

at Grossmont High School. "That's pretty lucky," says Twombly, "because we get to set up in the marching band's area and practice there. It's great, because rental studios are expensive

and crowded."

What's the hardest song on the band's set list? "For me," says Twombly, "it's 'Why Can't I Be You,' because of the extremely high vocals. The rest of the

band are all pretty good musicians, so I can't say they have any difficulty issues."

In June 2008, Cure founding member Lol Tolhurst sat in with the Cured

during their set at L.A.'s Gibson Amphitheatre. "It was a really great experience," says Twombly. "He couldn't have been nicer, and he was very generous with the stories from the old

days. I got to ask him about the inspirations and meaning of some of the big Cure hits."

The Cured have spun off a second tribute, Still Ill, performing the music of

HEALTH AND BEAUTY

Laser SKIN CARE



The only FDA-approved product for
Longer & Thicker Eyelashes

\$120

Latisse

WRINKLE TREATMENT SPECIAL Two Weeks Only

Expires 4/4/09.

Restylane® \$239*
To smooth away facial wrinkles.
First syringe \$369

for your 1cc
second syringe

Perlane® \$259*
Corrects deeper lines and wrinkles.
First syringe \$399

for your 1cc
second syringe

*With manufacturer's mail-in rebate. Additional \$50 mail-in rebate available with the purchase of 3 syringes. Some restrictions may apply. Please call for details.

Laser Hair Removal

Lip or Chin

\$39**

Brazilian

\$125**

Full Legs

\$269**

Full Face

\$179**

Laser Hair Removal For Men

Full Back or Upper Back & Shoulders **\$275****



MODEL
Before



MODEL
After

Wrinkle Fillers

Juvederm™

For fuller lips & deep wrinkles.
First syringe \$369

\$339

for your
second syringe

BOTOX®

Wrinkle reduction treatment.

Price per area with purchase of 3 areas. Regular price \$218 per area (forehead or glabellar or crow's feet).

\$198[†]
per area

IPL® Photofacial

For rosacea, redness and flushing.

\$145*

Laser Collagen Rejuvenation

\$100

Stimulates collagen renewal, tightens pores, improves fine lines.

Price per treatment in package of 8. Regular price \$250.

Facial Treatments

Microdermabrasion

\$59*

Cosmelan - Pigmentation disorders and melasma \$595

Jessner's Peel - Acne and scarring \$250

Cosmelan acne - Oily and acneic skin \$595

Skin Refresher Peel - Fine lines, sun damage and acne \$150

*Price per treatment with purchase of a package of 5. **First treatment available at package prices. This applies to first treatment only. Call for details; restrictions may apply. Expires 4/4/09.

1-866-BEST-LOOK

(1-866-237-8566) • www.GlobalLaserCosmetics.com

6950 Friars Road, Suite 100 • Across from Fashion Valley Mall

Se Habla Español • Promo code: RDR0319

Interest-Free Financing until 2011! Limited Time Only (OAC)



Farzad Yaghouti, MD
Medical Director



GLOBAL
LASER COSMETICS, INC.

Easter Specials Juvéderm \$339

per syringe

IPL Photofacial \$129 per session (reg. \$199)

NEW Latisse eyelash lengthening treatment \$99 (reg. \$139)

Eyelash Extensions \$99
(reg. \$149)

Cosmetic Procedures
Botox • Restylane • Perlane
• Juvéderm • Radiessce

Laser Tattoo Removal
IPL Photofacial Skin Rejuvenation
Laser Hair Removal
IPL Acne Treatment
Photodynamic Therapy
Medical-Grade Facial Peel
Sclerotherapy Spider Vein Treatment
Scar, Skin Tag & Mole Removal

Spa Services Special
Eyelash Maintenance Session \$40
Eyebrow Tint • Eyelash Perm
Waxing Service

All prices expire 4/1/09.
Most credit cards accepted.

Mystique

MEDICAL SPA

San Diego's Unique Medical & Day Spa
Mason Dang, M.D., Medical Director

Free Consultations!

3603 Fourth Avenue, San Diego
888-297-2109 • www.mystiquemedspa.com
Closed Sunday & Monday
All medical procedures performed by physician

VOTED BEST OF SAN DIEGO IN THE UNION-TRIBUNE



Morrissey and the Smiths. Singer Virgil Simpelo (aka Voz) is a Morrissey look-alike who also works as a martial arts instructor and wrestling referee. "I think I have somewhat the same skull structure as Moz," says Voz, "and the same eyebrows that help me produce a similar sound... yes, eyebrows play a key role."

Tony Montegu, bassist for both the Cured and Still Ill, says, "I knew the Cure and the Smiths would be a great match for gigs. Most venues are willing to book both groups on a single bill." Each band averages \$1000 per show.

Though only recently formed, Still Ill — whose members are in their early 30s — has already seen lineup changes. "The lead guitarist was too young and inexperienced," says Montegu, "so he moved

behind the drums. But then he had too much conflict with Voz and was let go... I asked another friend to play drums, and here we are."

Still Ill can frequently be seen raising eyebrows (and Moz-like unibrows and omnibrows) at the downtown House of Blues, which has been hosting tribute-themed events on a regular basis since opening in 2005.

The Dave Matthews tribute Stepping Feet is fronted by singer-guitarist Mike Myrdal. Ranging in age from their mid-20s to early 30s, none of the members are married, none have children, and none have nine-to-five jobs.

"I worked in sales at the Active Network for close to five years," says Myrdal, "but in June 2007, I opted to attempt music

as a full-time career. All of us support ourselves through music, whether it's with Stepping Feet or as a hired gun for different bands. Some of us also teach lessons, or provide sound and recording services for other musicians."

Half of the band recently got a big surprise, when the group played a private San Francisco party at the Lodge in the Presidio. "One of the party organizers had a connection with John Popper, the harmonica player from Blues Traveler, and arranged for him to be the surprise guest," says Myrdal. "For half the band, we kept it a surprise, so we could see the excitement in their eyes when John came out."

According to Myrdal, "John played guitar and sang a few songs by himself at first, but he didn't

HEALTH AND BEAUTY

World-class surgeon in Baja California

BODY MAKEOVER

\$7900

**Includes tummy tuck
and breast augmentation.**

FDA-approved Lap Band Weight Loss Procedure

\$6999

**Lipo Special:
Any 3 areas
for \$2900**



ON - SITE FACILITIES



Why consider plastic surgery in Mexico?

Our services are state-of-the-art and our plastic surgery is less expensive because the cost structure is lower in Mexico. The money we save operating our business is passed along to our patients.

Why choose Dr. Manuel G. Romero?

Dr. Romero, a Mexican Board Certified Plastic and Reconstructive Surgeon, has over 12 years of experience working with patients from the United States. Dr. Romero has a passion for the art of reconstructive surgery. With his one-on-one personal approach with his patients, he has proven to be a world-class surgeon.



ESTHETICOS
PLASTIC & AESTHETIC SURGERY

www.estheticos.com

1-888-486-9148

**Paseo Tijuana
SIMNSA Health Plan Building**



Featuring Sleep Sedation Dentistry “Sleep through your procedure”

Visit our website: www.softtouchdental.com

Close spaces, correct crowding and brighten your smile with Empress Veneers!

Porcelain Empress Veneers \$749 per tooth (Reg. \$1100 per tooth)

Limited time! Ends soon!

FREE Cosmetic/Implant Consultation
FREE Orthodontic/Invisalign Consultation
FREE 2nd Opinion Consultation

\$0 down
0% interest

For 18 months OAC. No insurance needed.



Invisalign and Invisalign Express
from **\$2,000-\$3,500**

Exam and cleaning \$49 in the absence of gum disease.

Same-Day Emergency Appointments Available!

ZOOM!
Advanced Power™

Whiten your teeth up to 8 shades lighter in one hour!

\$249 Elsewhere \$600. As seen on ABC's *Extreme Makeover*.

Free custom bleaching trays with ZOOM!
Advanced Power™



BEFORE ACTUAL PATIENT



AFTER ACTUAL PATIENT
VENEERS



BEFORE ACTUAL PATIENT



AFTER ACTUAL PATIENT
PORCELAIN CROWNS

Soft Touch
DENTAL

www.softtouchdental.com
888-296-6092

Dr. Fakhimi, DMD

Family and Cosmetic Dentistry and Orthodontics

3735 Clairemont Mesa Blvd. (at Clairemont Drive) • Visit our website for a virtual tour!
Most insurance accepted • Financing available • Military discounts • Senior discounts
Discover, MasterCard, Visa, American Express, ATM

MEMBER ADA,
SDCDS, BBB
GRADUATE OF
LAS VEGAS INSTITUTE
for
ADVANCED DENTAL STUDIES



Get Ready for Summer!

Rejuvenate your face and/or chest

\$799*

Reg. \$1500

3 – Laser Fotofacial (chest) treatments and customized facial or peel
or
2 – Laser Fotofacial (face) treatments and customized facial or peel

With this ad. Expires 4/30/09.



Post two treatments



Three months post five treatments

All medical procedures and medical consultations performed by Dr. Aeria Chang, M.D.
*Applies to either face or neck. Cannot be combined with any other offer.



Call now for your complimentary consultation:

1-888-246-0766

AERIA CHANG, M.D.

9040 Friars Road, Suite 500

Conveniently located in Mission Valley 2 blks. west of Costco.

www.beatitudemedspa.com



appear all that comfortable playing guitar. We weren't sure how many songs he wanted to sit in with us for, so we figured we'd perform 'What Would You Say' by Dave Matthews, since John played a nice solo on the song for DMB's first album. He ripped it up, and it was hard to keep from smiling as he played his solo note-for-note, just like the album version."

Myrdal says the highlight of the evening was performing the Blues Traveler hit "Runaround," to an increasingly enthusiastic crowd. "To our surprise, John was excited to jam with us...he said, 'You've got me all night.' After the show, he was very humble, and he even passed out a number of harmonicas to some of the children that were there."

A video of the Pop-

per jam is posted at myspace.com/tributeto-davematthews.

The Steely Damned are, as you'd expect, a Steely Dan tribute. Founded in 1993 by Bob Tedde of Rockola, *Rolling Stone* magazine once anointed them "San Diego's Best Cover Band" (September 1994).

"When I made the decision to actually start rounding up musicians," says Tedde, "the real Steely Dan hadn't been playing live since 1974. I saw an opportunity for us to hold a semi-unique status, since Dan fans were pretty much convinced the real Steely were never going to tour again. The day we booked our first show, Donald Fagen and Walter Becker announced Steely Dan's first tour in almost 20 years. I figured that meant TSD would get a year or two

run." That was 15 years ago.

Fagen and Becker are definitely aware of those Damned San Diegans. "They were interviewed locally by Madison on KPRI," says Tedde, "and we came up in conversation. To which they replied they liked the concept of maybe having us go out on tour [standing in] for them, or the idea of a Steely Dan Mania franchise...both Becker and Fagen also mention us during an interview with Pete Fogel, in their live DVD for the Two Against Nature tour."

Like the Cured and Stepping Feet, the Steely Damned have been fortunate enough to perform with actual players from Steely Dan recordings. "We played at Le Bar Bat, a Manhattan club that has since disappeared," says Bob

HEALTH AND BEAUTY



La Jolla Medi Day Spa

Specializing in Minimal Downtime - Maximum Results

Eyelid Surgery



Upper Eyelid Surgery

Look and feel your very best!

• 30 Minute Procedure – Removes years!

• No General Anesthetic

• All Eyelid Lifts performed by Dr. Roy Amir

(Over 200 procedures performed in the last two years)

• Most patients return to work in one week

Upper Eyelid Lift \$2,500 (Reg. Price)

Upper and Lower Eyelid Lift \$4,300 (Reg. Price)

\$500 OFF Upper Eyelid Lift

Expires April 2, 2009 (not valid with any other offer)

*Actual patients. Results may vary.

TOTAL FX SKIN RESURFACING

Performed by Dr. Amir



BEFORE | AFTER*

• One Time Procedure
• No Deep Anesthesia
• Dramatic Improvement
(in wrinkles, loose skin, pigmentation and acne scars)
• Rapid Healing & Return to Activities
• Treat Face, Hands, Neck, & Chest

Full Face Active/Total FX
\$2,500/\$3,000 (Reg. Price)

\$500 OFF Active/Total FX

Expires April 2, 2009

(not valid with any other offer)

BOTOX AND FILLERS

• Botox
\$300 1st area (Reg. Price)
\$275 2nd area (Reg. Price)
\$250 3rd area (Reg. Price)
• Radiesse Long Lasting Filler
\$650 (Reg. Price)
• Juvederm Ultra
\$450 (Reg. Price)
• Juvederm Ultra Plus
\$500 (Reg. Price)
• Sculptra - The Liquid Facelift
\$1,000/vial (Reg. Price)
• Fat Grafting
from \$1,600 (Reg. Price)

Botox \$9/unit - \$100 off any filler
(new patients only)

Expires April 2, 2009 (not valid with any other offer)

MEDICAL GRADE AESTHETICIAN SERVICES

Facials • Chemical Peels • Threading
Waxing • Microdermabrasion
Dermaplaning • Waxing

LASER HAIR REMOVAL

Lip \$75 (Reg. Price) • Chin \$75 (Reg. Price)
Bikini \$95 (Reg. Price) • Underarms \$75 (Reg. Price)
Legs \$150-\$300 (Reg. Price) • Chest \$150 (Reg. Price)
Back \$300 (Reg. Price) • Arms \$125-\$200 (Reg. Price)

Buy 4 treatments, your 5th is FREE

Expires April 2, 2009 (not valid with any other offer)

Free Latisse™ Eyelash Growth Treatment



With purchase of 2 syringes of Juvederm or 2 areas of Botox at regular price.

Not valid with other offers.

Latisse
Prescription Eyelash Enhancer

Conveniently located in La Jolla/UTC!

Call to schedule an appointment today!

(858) 658-0595

www.LJMedSpa.com

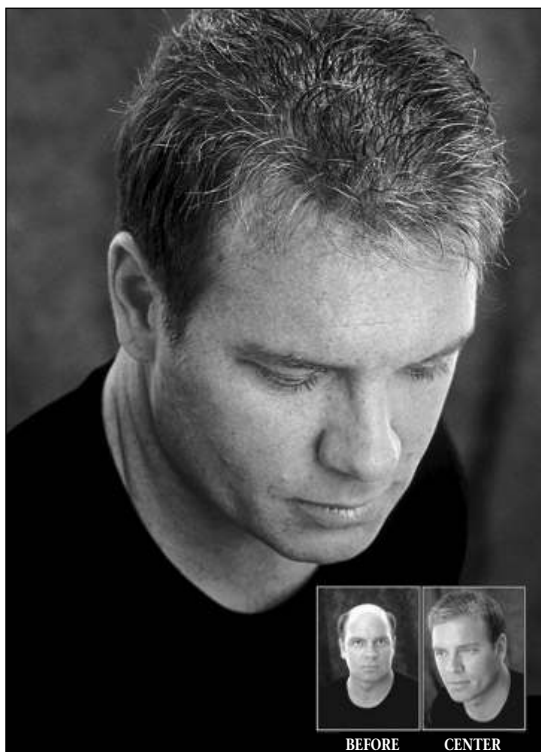
ROY DAVID AMIR, M.D., F.A.C.S.

On-Site Medical Director

Certified, American Board of Facial Plastic Surgery
3252 Holiday Ct., Ste. 206 • La Jolla, CA 92037



Better Hair Today In Less Than 2 Hours!



If you are currently a client of another company, come and see why UHD was voted #1 salon in California. **Your first service will be on us. That's right, FREE!** We want to earn your business!

**100% satisfaction
or your money back!**

"I've been wearing hair replacement systems for 15 years now and without a doubt this is the nicest looking and most comfortable system I've found. The staff is knowledgeable, friendly and willing to help in any way possible. Aside from just looking better with hair it makes a big difference in how I feel about myself as well as more comfortable around others. It makes a world of difference! Thanks again."

- Lonnie M.



**ultimate
HAIR
dynamics**

Ultimate Hair Dynamics of San Diego

2221 Camino del Rio South, Suite 108 • 888-446-2417

Easy financing available • Accepts Visa - Mastercard - AmericanExpress - Discover

TOO MUCH TO HANDLE?

WE HAVE THE SOLUTION.

THERMALIPO

\$1,000 OFF*

Mid-section Thermalipo
MINIMUM DOWN TIME
LOSE INCHES FROM YOUR WAIST
Look Slimmer and Feel Better!

619-651-9647
FREE COSMETIC CONSULTATION
FINANCING AVAILABLE
Apply On-Line at WWW.DRNOWAK.COM

• \$225 OFF RADIESSE!
Per 1.3cc syringe.

• 50% OFF Your 2nd Restylane!

**Win a FREE Perlane
or Restylane Treatment**

Attend our seminar featuring Perlane and Restylane and enter to win a free treatment worth \$600!

For the first 10 patients to attend we're offering buy one syringe and get the second one free! Live demonstrations! Patient testimonials!

FREE SEMINAR Tuesday, March 31, at 6 pm

NOWAK
aesthetics
2440 Fenton Street, Suite 101, Chula Vista, CA 91914
619-651-9647
CONVENIENTLY LOCATED OFF THE I-125 SOUTH
Hobbsman Episcopal

Latisse Now available
2008 & 2009 Thermage Pinnacle Award
Dr. Eugene J. Nowak D.O. FAOCD
BOARD CERTIFIED DERMATOLOGIST

*Restrictions may apply. Offer to be combined with any other offer. Must bring this ad to receive discount. Exp. 3/31/09. Results may vary.

St. Patrick's Day Special!

Thursday, March 19 8:30 am to 3 pm • Friday, March 20 8:30 am to 5:30 pm
Saturday, March 21 10:30 am to 4:30 pm

Botox for \$9 per unit. Plus get \$25 gift card for Botox.
Filler Special

- > **Restylane \$399** (first 1cc syringe), \$199 for 2nd syringe on same day. After \$100 mail-in rebate.
- > **Perlane \$449** (first 1cc syringe), \$249 for 2nd syringe on same day. After \$100 mail-in rebate.
- > **Juvéderm \$598** 2 syringes. After \$100 mail-in rebate. While supplies last. Both syringes used same day.
- > **Radiesse \$495** 1.3cc syringe (long lasting) > **Artefill \$995** .8cc syringe. Limited time only.



Dr. Parvin Mani is a
Platinum-Plus Award Winner for Botox
Platinum-Plus Award Winner for Juvéderm
Pinnacle Award Winner for Thermage Skin Tightening
Platinum Award Winner for Restylane
Platinum Award Winner for Perlane

- | | |
|---|---|
| <ul style="list-style-type: none"> > Laser Hair Removal
Call for special packages. > Microdermabrasion
Call for pricing. > Cellulite Treatment with Velasmoth \$950
for package of 10. > Mesotherapy Fat Reduction \$500
For package of 4 sessions, \$125 each session. | <ul style="list-style-type: none"> > Photodynamic Therapy (PDT) \$295 per treatment. > IPL Photo Rejuvenation with Lumenis One \$145
per session with purchase of four sessions. > Cosmelan Peel \$595
Skin depigmentation for brown spots. > Blu-U Light
For acne removal. \$400 for 8 sessions. |
|---|---|

- > **Labioplasty \$1495**
by board-certified gynecologist.
- > **Vaginoplasty "Vaginal Rejuvenation" \$2500**
by board-certified gynecologist.

State-of-the-art Thermage Technology with advanced tips for skin tightening and contouring.

- | | |
|---|---|
| <ul style="list-style-type: none"> > Face with 900 STC Tip \$1,495 > Eyes with 450 STC Tip \$1,195 > Abdomen, thighs or arms with 1200 DC Tip \$1,995 | <ul style="list-style-type: none"> > Fraxel II for smoothing and resurfacing skin, acne scars and brown spots.
Special Package - 4 treatments for \$1,960
While supplies last |
|---|---|

Parvin Pam Mani, M.D., F.A.C.O.G.

5555 Reservoir Drive, Suite 208 (by SDSU, off Alvarado Road) • 619-583-7555 • www.sdcosmeticlaser.com

Call for a **free consultation**. Facial products and gift certificates available. Saturday appointments available on request.

Payment plan available. Se habla español. Offers expire 3/31/09.

Special prices on Botox® and Fillers

Botox® \$10/unit

Juvéderm and Restylane \$495

Artefill Permanent Filler \$995

Offers expire 3/31/09.

Mini Face-lift

Miniature price, maximum result!

Call for details.

Cosmetic Procedure Specials

Breast Augmentation • Tummy Tucks

Call for special prices!

• Multiple lasers at reasonable prices

• Smartlipo

• Laser Body Sculpting

• VelaShape Body Contouring

Call for prices.

William M. Flynn, M.D., F.A.C.S.

351 Santa Fe Dr., Suite 1
Encinitas | 888.281.1641
www.DrBillFlynn.com

Gift
certificates
available!

Member
AMERICAN SOCIETY OF
PLASTIC SURGEONS

MEMBER OF THE AMERICAN SOCIETY FOR
AESTHETIC PLASTIC SURGERY





Magic Eyelash Extension \$95

Jan Marini Skin Research Age Intervention Eyelash

Now available. Helps develop fuller, thicker lashes naturally. 20% off.

Spa Treatments

Head-to-Toe Package \$145

3-3½ hours. Package includes:

- European facial
 - Complete 1-hour therapeutic body massage
 - Manicure & pedi-spa
 - Choice of any body spa treatment
- Add \$35 for Microdermabrasion

Summer Package \$110

European facial, facial massage including head and neck acupressure, back facial with 15-minute back massage, and body detox wrap.

Deep Cleansing Facial \$65

Aroma Facial with Pedicure \$60

Signature Facials \$85

(reg. \$120)

New clients only.

Choose from:

- Acupuncture facelift
- Age Smart facial
- Ageless lift facial
- Isogei facial
- Slimming facial
- Microcurrent facial
- Lymphatic facial
- Brightening facial
- PCA chemical peel

Energy Balancing Plan \$85

- 45-minute reflexology foot massage
- 30-minute head, neck, acupressure, and back massage
- Pedi-spa

Cosmetic Procedures

Eyeliner \$300 (reg. \$400)
Lip Liner \$300 (reg. \$400)
Eyebrows \$300 (reg. \$400)
Full Lip \$600 (reg. \$800)

Scar Removal

- Acne scars
 - Surgical scars
 - Skin graft scars
 - Hypertrophics scars
- Specializing in removal of freckles, age spots and sun spots

Microdermabrasion with Free Rejuvenation Facial 4 for \$235

4 Free Microdermabrasions

with purchase of

4 Series IPL (Photofacial) \$600

- Increases collagen and elasticity

Sonya of London

DAY SPA & FULL-SERVICE SALON

3924 Park Boulevard, Hillcrest • 619-291-2728

Open 7 days • www.sonyaoflondon.com

We use PCA and Dermalogica products.

Gift certificates available

Tedde. “Bernard Purdie came in and played drums on three or four of the songs he originally ‘purdied up,’ stuff from *The Royal Scam*, *Aja*, and *Gaucha*. It was beyond awesome!”

Steely Damned guitarist Hank Easton says, “I’ve been enamored with their music since I first heard them at age 13. Especially the guitar parts, and specifically the guitar solos. They really opened my eyes up to the possibilities of electric guitar, mixing the intensity of rock with the melodicism of jazz. Of course, the songs themselves are works of art as well.”

Steely Dan being a

mathematically precise recording unit, Easton concedes that there’s little room for improvisation. “I play most of the solos note-for-note like the originals, as I consider them the points of highest intensity in the songs. In some cases, I feel the solos are even more important than the melody. That being said, when I get a chance to enhance the song with little riffs or personal nuances, I’ll often take that opportunity, always being mindful not to overdo it or clutter up the sound.”

The Steely Damned also performs unreleased material. “‘The Second Arrangement’ was to be the title track of Steely Dan’s

Gaucha album,” says Bob Tedde. “Almost completed, the multitrack tape was compromised when an assistant engineer accidentally wiped a large section of the rhythm section out of the song’s middle. Donald Fagen thought it was a magical recording and refused to attempt a rerecording.” Using a bootleg of the precorrupted track, and some undisclosed “inside information,” the Damned even worked up a horn arrangement for the tune, provided by local Zappa alum Mike Keneally.

Another unofficial track, “Mobile Home,” was Steely Dan’s set-closer for many 1974 concerts. “The Steely Damned’s version

Health & Beauty Guide

Free 24-hour hotline for frequently asked questions: 619-233-9797

Call anytime and enter a four-digit extension, or visit our website: SDReader.com/health

CREATING BEAUTY...ONE FACE AT A TIME

Introducing Latisse™ — FDA-approved treatment to grow longer, thicker eyelashes!

Active FX CO2 laser \$1,500 full face Isolaz™ Acne Treatment

Painless laser treatment for acne. Includes Blue Light. Call for acne packages.

\$225 per treatment

\$200 each when pre-purchasing a series of 3 (\$600)

\$175 each when pre-purchasing a series of 6 (\$1050)

PD2 Photo Dynamic Therapy \$400

Botox® \$10 per unit

(One area usually requires 20-25 units)

Restylane® \$399 1cc • Perlane® \$420 1cc

Juvéderm Ultra® \$399 1cc

Juvéderm Ultra Plus® \$550 1cc

Laser Hair Removal

Upper lip \$40, Chin \$45, Underarm \$45, Bikini line \$99, Brazilian \$150

Thermage - Call for prices

The only FDA-approved skin tightening for face, eyelids and body.

Radiesse® \$420 1.3cc

IPL Photofacial Full Face \$199

Fat Transfer - Call for prices

Face Lift

Little downtime.
No general anesthesia.

Call today for your custom consultation.
We will tailor a plan to suit your specific needs.

Mario S. Yco, M.D., F.A.C.S.

BOARD CERTIFIED BY THE AMERICAN BOARD OF FACIAL PLASTIC & RECONSTRUCTIVE SURGERY

Gretchen Taylor, M.D.

BOARD CERTIFIED OTOLARYNGOLOGIST

Sarina Brumley, PA-C

477 N. El Camino Real, Suite A-210, Encinitas

760-944-4211

YCO
FACIAL PLASTIC SURGERY
www.facesurgery.com

Extension 7070

Botox

- 1 What is Botox?
- 2 Botox & wrinkles
- 3 Effects of Botox
- 4 How much does it cost?



Venus Medical

3740 Rosecrans,
Suite C, Point Loma
619-758-9875
venusmedical.com

Extension 7030

Laser Hair Removal

- 1 What is it?
- 2 How does it work?
- 3 How is it performed?
- 4 What does it feel like?
- 5 Best candidates?



Farzad Yaghouti, MD Global Laser Cosmetics

6950 Friars Rd., Suite 100
Mission Valley
866-237-8566
globallasercosmetics.com

Extension 7100

Cosmetic Dentistry

- 1 About our office
- 2 Implants, dentures & partials
- 3 Invisalign, the clear straightener
- 4 Veneers & teeth whitening
- 5 Crowns, bridges & surgeries



Dr. A. Shojania
Extreme Smile Makeover
5927 Balboa Avenue
Clairemont
858-751-5733

Extension 7050

Weight Loss

- 1 What should I eat?
- 2 How much can I lose?
- 3 Body Mass Index (BMI)
- 4 Is the Atkins Diet safe?
- 5 Exercise: How much?



Viva Wellness Medical Group

3740 Rosecrans,
Suite C, Point Loma
619-222-5433
vivawellness.com

Extension 7040

Breast Surgery/ Augmentation

- 1 Breast augmentation
- 2 What type is right for you?
- 3 Breast lift
- 4 Breast reduction
- 5 Male breast surgery



Kian J. Samimi, MD
711 Fourth Ave. #200
Downtown
7300 Girard Ave. #101
La Jolla
888-261-1658
revivamed.com

Extension 7080

Laser Eye Surgery

- 1 About LASIK
- 2 Who is a candidate?
- 3 Your eye exam
- 4 Surgery
- 5 After surgery



Farzad Yaghouti, MD
Global Laser Vision
6950 Friars Rd.,
Suite 100
Mission Valley
800-438-5274
globallaservision.com

Other categories available for sponsorship include: Acupuncture, Cosmetic Fillers, Hormone Therapy, Permanent Makeup and Eyelid Surgery. Call 619.235.3000 to speak with a sales representative.

The professionals who provide this information are solely responsible for its content. This information does not address all medical situations, nor is it intended to replace a medical consultation. It is provided free, but if calling from outlying areas, you may incur toll charges on your telephone bill.

is an amalgam of three different live renditions," says Tedde, "including the *Live at the Record Plant* version. We also added horns. Gently."

Not so gentle is Brother Love, which takes its name from the 1968 Neil Diamond hit "Brother Love's Traveling Salvation Show." Refusing to settle for the

aging singer's aging fan demographic, songs are powered up with heavy metal arrangements, creating music that tends to be more dimebag than Diamond.

This isn't as unlikely as it sounds, if one considers contemporary hit remakes of classic Diamond cuts like "Girl, You'll

Be a Woman Soon" by Urge Overkill. "One of the toughest things I've ever done was to convince hard-rock musicians to do Neil Diamond music," says Brother Love singer Gary Day. "It's a continuous sales effort to actually keep them in the band."

Prior to May 2000, Day had never been in a trib-

HEALTH AND BEAUTY



SILVER FILLINGS release TOXIC mercury

50% of all silver fillings are made of toxic mercury. Does your dentist use precautionary protocols and a special dual-air HEPA filtration system to protect you when removing old toxic mercury/silver fillings? Call us for your free report: 1-877-217-7679

New patient specials:

- **Exams/emergency toothaches \$49** (X-rays included)
- **Clean and polish teeth \$79**

Cosmetic veneers • Implants • Sedation • Root canals • Extractions

William S. Kachele Jr., D.M.D.

751 Rancheros Dr., Suite 3 • San Marcos, CA 92069 • 760-471-7115



Look 10 years younger without surgery!

BOTOX \$9 per unit (reg. \$11)
No dilution. Wrinkle reduction. New clients only. Offered daily.

JUVÉDERM™ ULTRA \$399
per syringe. New clients only. Offered daily.

ACNE THERAPY
Starting at \$99

IPL PHOTOREJUVENATION \$249
For broken capillaries and sun spots.



**4765 Carmel Mountain Road, Suite 207
San Diego • Torrey Hills Center**
(Conveniently located off the 5 or 56 freeways)

888.557.3630
www.Laser-Clinique.com
Log on to see your procedure in 3D.

Now Offering EVOLENCE® \$550

per syringe. Newest collagen-based dermal filler.

LATISSE™

FDA-approved eyelash enhancer. Buy 2 and receive an additional 10% off.

ACTIVEFX™/DEEFPX™ \$1000 Off

Laser resurfacing for lines, wrinkles and acne scars.

VEIN TREATMENTS

Starting at \$300 per leg.

MESO-SLIM™ \$359 /area

Patented fat and cellulite reduction.

LASER HAIR REMOVAL

Upper Lip \$39 • Bikini \$99
Full Back \$300 • Underarms \$70
Purchase any two areas and get one area of equal or lesser value free.



P. Alexander Atail, M.D.
Medical Director

All our services are offered to men and women and are administered by a physician in our state-of-the-art facility. All offers expire 4/1/09.

BAJA HEALTH & BEAUTY DIRECTORY

SAFE & PROFESSIONAL SERVICES DON'T HAVE TO BE EXPENSIVE!

BOARD-CERTIFIED PLASTIC SURGEONS BY MEXICO'S BOARD OF PLASTIC SURGERY



Francisco Bucio, M.D. 20 years of experience in Cosmetic Surgery for Face, Breast and Body. State-of-the-art clinic in the Grand Hotel Tijuana. High-tech Medi-Spa, Laser Center. IPL Photofacial, ACCENT non-surgical Skin Tightening, **CO₂ FRACTIONAL LASER for skin resurfacing for rejuvenation, ONE-TIME TREATMENT.** Visa, MasterCard, American Express.

619-946-2158; 011-52-664-686-4588
www.franciscobucio.com



Ricardo Vega, M.D. Active member of **isaps.org** to whom you can trust your **Body and Face Rejuvenation** in a fully licensed surgical facility in the Grand Hotel Tijuana Complex. **Med Spa Special:** Botox, Facial Fillers, Mesotherapy. Visa and MasterCard. **Patient financing. Botox Party: March 7 & April 4**

619-946-1074; 1-888-4VEMONT

www.dr ricardovega.com



For a fabulous NEW IMAGE, get to know BOARD-CERTIFIED **Jaime Campos-Leon, M.D.**, highly skilled in the most Advanced and Effective Plastic Surgery Techniques and Laser treatments. **New SmartXide DOT Fractional CO₂ Laser**, Skin Tightening, LASER LIPOSUCTION, IPL Photorejuvenation, Thermage, Spider and Varicose Vein removal with Laser, Peels, Botox® and many more. Free consultation. Visa and MasterCard.

1-866-58-SHAPE; 619-240-8681; or visit: **www.tjlipo.com**



Juan Carlos Fuentes, M.D. Corresponding member of the American Society for Aesthetic Plastic Surgery. Dr. Fuentes and his bilingual staff provide first-quality results in all fields of Plastic Surgery, performed in a state-of-the-art surgical facility. For more information please call us: 619-428-4803, or visit us online.

www.juanfuentesmd.com

DENTISTRY



MAKEOVER Dental Studio, Dr. Cortes, Certified in implant surgery at Loma Linda University. General and **High-Tech** Cosmetic Dentistry. **Nobel Implants: 3D Diagnosis, Surgery guided by computer (flapless).** Personalized attention. All in a comfortable dental office in the best part of TJ.

Affordable prices. Most insurance accepted.

619-600-0897; 011-52-664-634-2023
www.makeoverdentalstudio.com



TRUST Dental, Dr. Cirenía, 5 **Specialists** and 4 Dentists experienced in Superior Quality **Cosmetic Dentistry**. Save **70%** on **Implants, Crowns, Root Canals, Veneers, Zoom 3!, Dentures**. Strict **OSHA** sterilization. **USA** lab materials. Financing, credit cards accepted. **FREE** Digital X-Rays, Oral Camera and checkup. 1/4 mile to border. **Free Shuttle.** 1-800-342-8419

www.DENTISTatTIJUANA.com



TJ Dental Clinic Pay Less, Expect More. All dental treatments in one state-of-the-art clinic. Cosmetic Dentistry, Laser Whitening, Digital X-rays, Intraoral Camera, Implants, and free estimates. Most U.S. dental insurance accepted. Visa and MasterCard welcome. You don't need to drive – we are just one block from the border. 619-270-8672

www.sdro.com/tjdentalclinic



PRODENT, Alfonso Gracia A., D.D.S. Simply the best just across the border. Gentle, Ethical, Antiseptic, Affordable. **Implants**, Cosmetic Dentistry, Porcelain Veneers, Ceramic Crowns, Root Canal Treatments, Oral Surgery, Sedation. Visa and MasterCard.

Also in Rosarito at Hospital Bonanova.

619-308-7845, 1-877-215-1516
www.dralfonsogracia.com



Pacific Dental Tijuana, Dr. Torres & Dr. Lutz Tijuana's PREMIER dental office. Affordable General and Cosmetic Dentistry. Save up to 60% off U.S. prices. State-of-the-art equipment and materials, English-speaking staff, **U.S.-TRAINED DOCTORS AND SPECIALISTS**, digital x-rays and pictures.

Specializing in Veneers, Root Canals, Bondings, Crowns, Implants and Dentures. Nobel Guide implant technology, mercury-free dentistry, **1-hour ZOOM!** bleaching. Plenty of references from the U.S. and Canada. Dr. Torres, **U.S.-LICENSED DENTIST, USC**, Cosmetic and Rehabilitation specialist. Dr. Lutz, **Harvard University and Loma Linda University** for Dental Implants and General Dentistry. Dental lab on premises. Strict OSHA sterilization control. All treatments guaranteed. Our office has been **featured on CBS and Channel 8.** All major credit cards welcome.

Now offering service in San Diego in our brand-new Chula Vista/Eastlake office. U.S. prices apply. 1-866-804-1877; 011-52-664-634-0835
www.sdro.com/pacdental



Ricardo Alvarez, D.D.S. 25 years of experience and constantly updated on Esthetic Dentistry, Prosthodontics, Occlusion, Implantology and Rehabilitation. **Master Studies at Loma Linda and Harvard.** Visa and MasterCard. **Free consultation.** 619-734-0233



Erico Carreño, D.D.S. 19 years of experience. UCLA, Loma Linda University, IAO-Certified Senior Instructor, Europe- and USA-trained, warranted quality and ethical dentistry. Top-of-the-line private office (not a clinic). The only Waterlase (real laser) in Baja. Dental laboratory in San Diego. American Academy of Cosmetic Dentistry, ADA, HDA, WLCI, AAO, IFUNA, IAO member. Insurances welcome.

619-308-7082; 011-52-664-684-8133
www.drericocom • www.biolase.com

Cuen Dental Oral and Maxillofacial Surgery Implants, wisdom teeth, oral surgery, root canals, gum disease, cosmetic dentistry. U.S. health standards, own laboratory, high quality. Less than 5 min. from border, **transportation is on us.** **www.dentalcuen.com** or call 619-308-8315

Health & Beauty Coupons at SDReader.com!

Here's a small sample to get you inspired!

\$40 off Relax and Enjoy Facial



Package includes: 1-hr. European facial, 1-hr. custom massage, manicure & pedicure. Final price \$127. Offer expires March 31, 2009. Expiration dates are renewed the last week of each month.



About You Day Spa & Salon
Day spa and salon

3942-1/2 Illinois Street, North Park, 619-297-3073
www.aboutudayspa.com

Reader Coupons
619-235-3000

2-for-1 laser treatment



Get two areas for the price of one. Call for details. Offer expires March 31, 2009. Expiration dates are renewed the last week of each month.

Kayou Clinic
Laser hair removal, photo facial, veins, laser tattoo removal, titan, pigment.

450 Fletcher Parkway #206, El Cajon, 619-447-1502
www.kayouclinic.com

Reader Coupons
619-235-3000

\$25 Brazilian wax



New clients only. Offer expires March 31, 2009. Expiration dates are renewed the last week of each month.

SD Wax Queen

SD Wax Queen
We give you personalized service in a private environment for the best Brazilian wax in San Diego!

3205 Midway Drive, Suite F, San Diego, 619-226-WAXX
www.sdwaxqueen.com

Reader Coupons
619-235-3000

1-hour massage \$25



Complete body and foot reflexology massage (reg. \$40). Save \$15. Offer expires March 31, 2009. Expiration dates are renewed the last week of each month.

Happy Foot Massage
Massage

**Happy
Foot
Massage**

4685 Convoy Street (near Balboa Ave.), Kearny Mesa, 858-874-8888

Reader Coupons
619-235-3000

4 Vibrant Health **Free** cleanse coaching

About You Day Spa & Salon **\$40 off Relax & Enjoy Facial**

A Doctor's Weight Loss Clinic **\$55 off initial fees**

Ageless & Beautiful **\$500 off Vaser LipoSelection**

Alvarado Institute **15% off surgical procedure**

Beatitude **40% off acne treatment packages**

Beauty & Body Lounge **\$30 Brazilian wax**

Brazilia Skin Care La Jolla **Brazilian bikini wax \$35**

Carole & Debi Hairstylists **Free designer haircut (\$45 value)**

Cosmetic Laser & Skin Rejuvenation **Botox \$9 per unit**

Elias Salon & Spa **1/2 off haircuts and chemical services**

enigma. professional piercing **\$5 off body piercing**

Escondido Spa **30-minute massage \$49**

Extreme Smile Makeover **\$1000 off Invisalign**

Face Beautiful **\$500 off Rhinoplasty**

Family Dentistry **Free teeth whitening**

Dr. Rabinder Gill **\$189 ZOOM! Advanced Power**

Global Laser Cosmetics **Botox \$218 (per area)**

Global Laser Vision **Standard LASIK \$599 per eye**

Glow M.D. Skin Care **Free underarm laser hair removal pkg.**

Happy Foot Massage **1-hour massage \$25**

Farnaz Haroon, DDS **Lumineers – Save \$300 per tooth**

Dr. Robert M. Howard Eyecare Plus **7 pair contacts \$169**

ILHT **\$500 off hair transplant**

Inner Balance Massage **1-hour massage \$50**

IPSB Massage **Winter massage special**

iTan **Free body wrap**

Jules Skin Studio **Brazilian wax \$24**

William S. Kachele Jr. **Dental exam \$39**

Kayou Clinic **2-for-1 laser treatment**

Knotstop **\$55 massage special**

Robert Kearney, MD **\$100 off Botox/Restylane**

La Jolla Cosmetic **\$75 off purchase of \$500 or more**

La Jolla Cosmetic Laser Clinic **10% off fillers**

La Jolla Hair Clinic **50% off hair replacement**

Laser Clinique **\$125 off Botox & fillers**

Philip Levy, OD **\$45 colored contact lenses**

Le Wax Boutique **\$30 female Brazilian Wax**

Lifsource Network Chiropractic **1 free week**

Medi Mar **\$10 off medical marijuana evaluation**

Howard Milstein, MD, & Associates **Laser hair removal \$95**

My Nails & Skin Care Day Spa **Refresh body spa pkg. \$150**

Naomi Spa **\$20 off 1-hour massage**

New Look MD **1750 hairs transplanted \$1999**

Oriental Chi Spa **\$10 off 1-hour massage**

Oriental #1 Spa **\$10 off massage**

Poshé Skin & Spa **Brazilian wax \$28**

Pretty Kitty **\$30 Brazilian wax**

Reviva Med **2nd area of laser hair removal is free**

Revive Salon & Spa **\$100 off 1-hour teeth whitening**

Salon Soulé **\$10 off precision haircut**

S.D. Wax Queen **\$25 Brazilian wax**

Dr. Selby **Contact exam and 7 pairs \$113.90**

Serenity Zone **Massage \$39**

Shumway Cosmetic Surgery **\$50 off Botox or Restylane**

Skin Science **30% off hair removal packages**

Smile Design Center **50% off teeth whitening**

Soft Touch Dental **Zoom 2! \$249**

Sonya of London **Head-to-toe treatment \$145**

Spa Urban Retreat **Professional Aveda massage \$49**

Suddenly Slimmer **Free Healthy Airbrush Tan with any**

Double Mineral/Fat Burner wrap

Syner Chi Day Spa **IPL Photofacial \$145**

Touch of Health **\$10 off 1-hour massage**

Tucker Dental **\$390 porcelain crown**

Dr. Jeffrey A. Umansky **\$500 off any major surgery**

The Undercarriage **\$35 Brazilian bikini wax**

Urban Skin Care **Brazilian wax \$30**

Vein & Liposculpture Center **Laser hair removal \$49**

VIP Salon & Day Spa **Two 1-hour massages \$109**

West Coast Eyecare **Complete optometric exam \$39**

Won's Acupressure **10% off acupressure**

World Spa **3 spa treatments \$149**

ute band. "Brother Love's first performance was aired on national television and in 13 other countries," says Day, who sang "Sweet Caroline" disguised as Neil Diamond on Dick Clark's short-lived ABC show *Your Big Break*, circa December 2000. Day was chosen from among 4000 hopeful entrants to sing for the live audience of around 300.

"I've always admired Neil's writing," says Day, "and I like the energy of driving rock and roll. I swear, when I was a teenager, I used to have daydreams imagining Neil Diamond doing an album with Van Halen."

Unlike most tribute acts, Brother Love doesn't strive to reproduce Diamond's studio or live concert recordings. "Everything we do is improvised," says Day. "The material had to be completely rearranged, going from a 20-piece band plus orchestra to a three-plus-one [group]."

Day says he's still surprised at how obsessively devotional Diamond fans can be. "Some audience members can scare the hell out of you. It's like they fool themselves into thinking they can somehow channel through to the real Neil, through me." Not all show attendees react so worshipfully. "Our older audience has occasionally mentioned that the hard-rock music is too loud for the vocals."

As for the band's most disappointing gig, Day says, "We were booked at a new Indian casino about a hundred miles away. They made us play at background level for four sets. It drove us crazy because there were about ten people in the whole place. We should have just cranked up anyway because the next day our agent told us we weren't getting invited back."

If Day ever found him-

self face to face with Real Neil, what would he want to say? "I'd probably forget how to talk and then be consumed with guilt."

Another local Diamond tribute, Diamond Is Forever, was founded by David J. Sherry in 2005. Sherry works on the side as a video editor, while backup singer Ce Ce Taylor is a retired California attorney who also serves as the band's manager. Band members live all over the county, including Carlsbad, Chula Vista, Encinitas, El Cajon, Escondido, and La Jolla.

Asked what distinguishes his neo-Neil from others doing Diamond, Sherry says, "First and foremost, it's our passion for getting the music and performance right, unlike other tributes like Super Diamond, who do more of a Diamond-meets-Bon Jovi metal sound."

"We re-create the popular late-'70s and early-'80s *Jazz Singer* Diamond," says Sherry, who was 13 when he purchased his very first album in 1969, Diamond's *Live at the Troubadour*. "[We use] costumes, smoke and mirrors, and a huge American flag that unfurls during 'America,' à la Diamond's own concerts. We work hard to capture the feel and the excitement of Neil's *Hot August Night* and *Love at the Greek* concerts, using dialogue taken directly from these concerts, as well as [telling] stories behind the songs."

According to Sherry, "We sometimes mix the best studio versions of his songs along with the best live concert tempos. For example, we perform 'Shilo' very much like the live concert version from *Hot August Night*, along with a mandolin part not present on the original Uni Records single and also layering in Diamond's orig-



Are You Ready... For Spring Break?

Face • Body • Breast

Cosmetic Procedures for Men & Women

FACE

- Eyelid Beautification
- Nose Reshaping
- Laser Resurfacing

BODY

- Liposculpture
- Tummy Tuck

BREAST

- Saline & Silicone Implants
 - The TUBA Expert!
- No scars on breasts!

SPRING SPECIALS

\$100 off Botox® Wednesdays

\$200 off Filler Fridays

**\$500 off Any Surgical
Procedure – plus
anesthesia costs waived!**

FREE Consultation 888-401-3685 Shumway Cosmetic Surgery

Robert A. Shumway, MD, FACS
9834 Genesee Ave., Suite 225

www.ShumwayCosmeticSurgery.com • www.abetterbreastaug.com

inal signature horn lines taken from his Bang Records single."

All this Diamond detailing is, quite frankly, (Love at the) Greek to me, but Sherry seems author-

itative about such minutiae.

Sometimes, Sherry says, his Diamond finds itself in the rough, as in February '08 when they played an aging theater in Encinitas. "The moment

we took the stage, things started going wrong. During the first song, someone flipped a switch in the projection room to rewind a movie reel and blew out the fuses, not once but three

times, knocking out all the sound."

In addition, "San Diego was experiencing one of its coldest spells in history, and the theater, being 80 years old, had no heat. Play-

ers were blowing on their fingers to keep them from going numb. Not only did the fog machine compete with the frozen breath of the band members and audience, but the big Amer-

ican flag refused to unfurl."

During the performance, "A dog ran up and down the aisles and rows of seats, startling people and scavenging all the edibles... We found out later the dog was a local celebrity, having made an unexpected appearance onstage the prior weekend with Leon Russell."

Roundabout, a tribute to Yes, often shares the bill with bands such as Pink Floyd and Led Zepagain. Founding bassist Kevin Dennis launched Roundabout after seeing his friend Kevin Krohn earn wall-to-wall gigs with his own tribute band, Pink Floyd.

Though Yes has recorded hundreds of songs, Dennis says Roundabout mainly sticks to recognizable radio hits rather than obscure cuts from albums such as *Relayer* or *Tales from Topographic Oceans*. "We actually learned some other songs that we like but are not as well known, and some of them went over like a lead balloon, so we kind of dropped them."

Asked the most common complaint from Yes fans, he says, "Probably that our guitarist played too much like Trevor Rabin trying to imitate Steve Howe. But most people think we were doing a really good job. We didn't really try for the look, except that our lead singer looked a bit like Jon Anderson and usually wore white like Jon does. And on bass, I tried to dance around and smile a lot, like Chris Squire did and does."

Onetime Roundabout drummer Tom Schlesinger notes, "There were over two dozen Yes members... It's difficult enough finding musicians who can play the material, much less who look like their respective band members."

Roundabout has seen

HEALTH AND BEAUTY



Have Beautiful, Glowing Skin!

Botox \$199 25 units, no dilution.

Restylane \$379 1cc.

Fotofacial \$199

Laser Hair Removal \$99

Some restrictions. Call for details. Expires 3-31-09.

20% Off All Services and Products
on Sundays & Mondays

Now available:
Latisse™
Eyelash
Enhancer!

Sente Bella
Day Spa

220 West G Street • San Diego • 619-235-6865

www.sentebellaspaspa.com

Proud to offer skin care products by Sonya Dakar, Eminence Organic Skin Care, Epicuren, Obagi & more!

GET YOUR BELLY TONED, TUCKED & TIGHTENED!

Ask about our other services, including:

- **COOL-SM LIPO™** Body Sculpting
- VelaSmooth – FDA-approved cellulite treatment
- Breast enhancement and lifts
- Facials, peels, waxing
- Lunch-hour mega peel
- Face & eyelid lifts
- Tummy tuck
- Facial & spider vein treatment
- Botox, Juvéderm & Restylane
- Laser hair removal
- Fotofacial™ (improves sun-damaged skin and rosacea without downtime)
- Full line of skin care products
- **Now carrying Latisse™** (FDA approved for eyelash growth)

Actual patient



Complimentary Consultation!

Specials good through March 31st

Breast Augmentation (Garment & lab additional) **\$3,995**
Liposculpture* (1st area) **\$1,995**
Tummy Tuck* **\$4,995**

*Some weight restrictions apply. Garment & lab additional.

Vein & Liposculpture
CENTER

Certified by the American Board of Surgery

8881 Fletcher Parkway, Suite 241, La Mesa ~ 619-697-1325

www.veinlipocenter.com ~ **Financing Available**

Model & Actual Patient

White Smile. White Now!

ONE PACKAGE **\$250** Save \$250 after discount (reg. \$500).
As seen on **Extreme Makeover**
Zoom! Advanced Power Plus
TWO PACKAGE **\$400** Save \$600 after discount (reg. \$1000).



Actual patients with the Smile Designer Team **invisalign®** has awarded Smile Designers with Premier Provider status, ranking us among top 5% clinicians in the nation!

Perfect smile in one day!

Permanently straighten and whiten your teeth in one visit with porcelain veneers and crowns.



invisalign®
\$2500-\$3500
as low as \$85/month

Based on individual case. O.A.C. Payment plans available.



New Patient Special
\$85
Exam, X-rays & Teeth Cleaning
Save \$170! (Regularly \$255)
Discounts available for uninsured patients.

Full-Service Dental Clinic
White Fillings • Root Canals • 1-Day Crowns
Emergencies Seen Promptly

Smile Designers

Family & Cosmetic Dentistry

Leila Khansari, D.M.D. • Reza Rafie, D.M.D.

3365 Rosecrans Street, Suite C

866-524-1801

sdsmiledesigners.com

(Located in the Circuit City/Henry's Shopping Center)
Members of American Association of Cosmetic Dentistry
and American Dental Association
Offers expire 4/1/09. Credit cards and CareCredit® accepted.

Recipient of the
2009 Thermage®
Black Diamond Award

ageless+beautiful
SPA AND COSMETIC SURGERY
DR. SEAN DANESHMAND
The Complete Approach

NEW FOR MARCH

ActiveFX Saturdays
Full Face **\$1000** add Neck & Chest **\$1000**
Benefits of ActiveFX
Causes immediate skin tightening • Reduces wrinkles and fine lines, and softens deeper frown lines • Noticeably improves skin tone and texture • Stimulates new collagen formation and plumps the skin • Restores the skin to a healthy youthful-looking state
All appointments must be booked any Saturday in March.

VASER ULTRASONIC LIPOSELECTION®
Purchase the Abdominal Area starting at **\$2500** or Purchase One Area and Get **Half Off** the Second Area
Second Area must be of equal or lesser value. Patient must be seen for a **FREE** consultation. Some restrictions may apply.

THERMAGE SKIN TIGHTENING®
for the Abdomen, Face, Eyes, Lips, Hands **\$500 OFF**
Patient must be seen for a **FREE** consultation.
Award Recipients:
2009 Thermage® Black Diamond
2008 Thermage® Pinnacle Award

current specials		
botox® mondays \$10 a unit all day	fill your face tuesdays* \$50 off any filler treatment	activefx saturdays** Activefx for the Face \$1000
photofacials (IPL) \$250 for 2 treatments.	acne Blu-U® Destroys Acne Bacteria. \$399 10 treatments.	mesotherapy \$150 per area with the purchase of a package

* Cannot be used with any other Discounts, Coupons, or Gift Certificates. ** All appointments must be booked any Saturday in March.

laser hair removal¹
Buy 5 Sessions and receive the **6th Session FREE!**
Back & Shoulders **\$299**
Bikini **\$99**
Brazilian **\$159**
Lower Leg **\$159**
Full Leg **\$299**
Underarm **\$79**
Upper Lip or Chin **\$59**

Latisse™
We now have Latisse!
THE ONLY FDA-APPROVED eyelash growth formula made by Allergan, the makers of Botox and Juvederm. (Supplies are limited!)

acne and pigmentation
Activefx® for the Face
Reduce fine lines and resurface skin. **THE ONLY FDA-APPROVED** device for collagen stimulation. One-time treatment administered by M.D. **\$1000** (see above special)

leg vein treatments
Laser Vein Removal
Spider and varicose veins **\$150 per area.**

injectables
Botox® **\$11/unit**
Juvederm Ultra® **\$399+**
Juvederm Ultra® Plus **\$499+**
Restylane® **\$499^b**
Perlane® **\$499^a**
Sculptra® **\$899** per vial
Radiesse® **\$695** per syringe

acupuncture treatments
esthetician services
plastic and cosmetic surgery procedures
Smart Lipo™
Breast Augmentation
Vaginal Rejuvenation
Tummy Tuck
General Reconstruction
Femur
Face & Neck Lift
Otoplasty & Browlift
Blepharoplasty
Rhinoplasty
Chin Implant

(888) 803-5375 • www.AgelessandBeautiful.com

1080 University Ave., Ste. H201
San Diego, CA 92103
Uptown Shopping District

Spa Hours
Monday - Friday 9 AM - 6 PM
Saturday 9 AM - 5 PM

Medical Director: Dr. Sean Daneshmand, M.D., FACOG

Special Financing
CareCredit
(Up to 12 Months Interest-Free!)

*Prices below reflect the purchase of 5 sessions. * First-time clients only. ** Prices only effective with mention of the Reader Ad specials.

THE Doctors

**"Tune in" to *The Doctors*
to see the latest
in "Tune up"
liposculpture options.**

**Featuring Dr. Schafer and Jennifer,
from New Image Cosmetic Surgery,
and Body-Jet Liposuction!**

Friday, March 20 • KUSI-51 @ 5 pm

The body-jet liposuction process offers a much gentler water-spray procedures, resulting in less pain and smoother results.

Learn more about body-jet at New Image Cosmetic Surgery.
sandiegolipo.com/procedures-women/body-jet-lipo.cfm

Call 800-689-0545 for a free consultation!



ASK ABOUT OUR BODY-JET SPECIAL!

**NEW IMAGE
COSMETIC SURGERY**
of San Diego, Inc.

Dr. Jeffrey B. Schafer, M.D., F.R.S.M.
230 Prospect Place #350, Coronado
800-689-0545
www.sandiegolipo.com/reader

almost as many lineup changes as their contentious counterparts. Founder Kevin Dennis was replaced on bass by Bryan Patterson. Keyboardist John Cox was replaced by Dave Smart, who later gave up the position now held by Tim Quon. Guitarist Steve Coon was supplanted by Johnny Bruhns, who also plays with the aforementioned Diamond Is Forever. The drummer's seat once occupied by Tom Schlesinger is currently warmed by Dave Rivanis.

Former guitarist Coon says, "I was probably the least Yes-like player in the band, so I often took liberties with the parts a bit to fit them to my style. The main critique I personally heard is that I am not [Steve] Howe-like enough, but what can I say? I am what I am. He wasn't an influence on my playing. Trevor [Rabin, who replaced Howe and wrote the hit "Owner of a Lonely Heart"] was, however...that was more my era."

In 2006, Roundabout opened for Chris Squire and Alan White from Yes, at Acoustic Music San Diego in Normal Heights. The Yes-member side project actually borrowed one of Roundabout's guitars for the occasion. In fall 2007, Roundabout was joined onstage at the House of Blues San Diego by founder

and former bassist Kevin Dennis and the band's original lead vocalist, Dave Horn, for a reunion set.

In summer 2008, Roundabout essentially merged with another tribute, Yes Story. According to current bandleader Johnny Bruhns, "Roundabout is now the longest-running Yes tribute band in America."

Pink Floyd and the Pink Floyd Experience are both fronted by 53-year-old guitarist Tom Quinn, with each band usually featuring the same local players. "Almost all the members are full-time musicians," says Quinn. "The Pink Floyd Experience does three to five tours per year, for up to seven weeks at a time, all over North America and Canada, while Pink Floyd mainly plays locally, including our annual performance

STIMULUS SPECIAL!
\$3,699 Breast Augmentation

Saline under muscle.
Limited time offer.

Board-Certified: American
Board of Plastic Surgery
25 Years' Experience
Fully accredited facility

858.587.9970

www.lajollaplasticsurgery.com

HEALTH AND BEAUTY

Immediate tooth replacement!



Free consultation for implants

With immediate-function dental implants, patients receive **immediate results never before available** with other implants. **The only implant approved by the FDA for immediate load.** **No waiting period.** Tooth placed on the implant the same visit and you can eat immediately.

Delayed Load Implant as low as **\$700**
(excludes crown)

Immediate Load Implant \$1900
(excludes crown)

With this ad. Expires 4/2/09.



Complete dental care:

Exams/Cleanings
Root canals in one visit
\$250 anterior tooth
Have an attractive smile
with Lumineers
Non-invasive sinus floor lift
& bone grafting

Dr. S.T. Sawa 619-401-0444
407 W. Madison Ave. • El Cajon

Visit us online:
immediatetoothreplacement.com
instantdentalcare.com
sargondentalimplants.com



Before

After

of the entire *Wall* album.” Members John Staten and Jesse Molloy also play in the band On the One.

“Our first gig was in 1995,” says Quinn, who was inspired to form the groups after seeing the real Pink Floyd at Jack Murphy Stadium in April ’94. “If I wasn’t playing Pink Floyd covers, I can’t imagine me doing any other tribute.”

Musically, Quinn says, “We start with re-creation and always play the ‘signature’ licks. Fans, musicians, and even nonmusicians know these songs inside and out. If we take a diversion, it’s based on something that Floyd themselves played during their 40-year concert career.”

Now among SoCal’s busiest tribute acts, Quinn says the band didn’t always “shine on.” “In the early days of Pink Froyd, we played one night at a sleazy joint in L.A. called FM Station Live, with four other bands. We made \$44 for the entire band, played a 22-minute set, and the curtain came down right in the middle of my solo in ‘Pigs.’ Gig over, NEXT!”

Asked whether he’s ever met his Floydian twin, the surrogate bandleader says, “Not exactly, but back in April 2006, I got eight feet away from David Gilmour at the Jay Leno show in Burbank.”

Alan Iglesias began playing guitar professionally in 1970, performing at VFW dances while still in high school. After graduation, he toured New England for 15 years with blues-rock groups like Touch and Relayer, before moving to Escondido and forming Crossfire. Says Iglesias, “We’re a tribute band that strives to capture the essence of a Stevie Ray Vaughan and Double Trouble concert with authenticity, respect, and yes, love.”

Iglesias first heard

Vaughan in 1983, on David Bowie’s *Let’s Dance* LP, and then the guitarist’s first album, *Texas Flood*, with Double Trouble. “The initial effect didn’t completely blow me away at first,” he

admits. “I remember saying to myself that, yeah, they call this guy a blues player, but listen to all the Hendrix influence and the way he turns it up!” A dedicated blues

enthusiast, Iglesias considered Vaughan just another rocker, until hearing recordings like *Live Alive*, a concert album given to him by his brother. “Before long, I considered

[Vaughan] a contemporary who, although [he] went down a slightly different road, was still speaking the same language I was.” After relocating to the

left coast, Iglesias says, “I desperately needed to play great music, with great players, for folks who wanted to hear that music. I figured it would take me four to six years to build up



Call Now For **FREE CONSULTATION!**
1 - 888 - 255 - 2128
doctor@plasticsurgerysaver.com

www.plasticsurgerysaver.com

Breast Augmentation
above muscle w. saline

\$3,490

Breast Augmentation below muscle w. saline	\$ 3,990.00
Breast augmentation above muscle w. silicone	\$ 4,490.00
Breast augmentation below muscle w. silicone	\$ 4,990.00
Breast augmentation & lift w. saline	\$ 4,990.00
Breast augmentation & Lift with Silicone	\$ 5,990.00

Liposuction 2 Areas
(Upper and Lower Abdomen)

\$3,990

Additional Area \$ 990

Tummy Tuck

\$4,990

Rhinoplasty

\$4,990

Prices include:
1) Certified American Board Plastic Surgeon 2) Board Certified Anesthesiologist 3) Certified Operating Room 4) Implants (Breast Implants and Chin Implant), 5) Pre & post-op care 6) Follow up visits * Garments not included.

Affordable Plastic Surgery with Board Certified Plastic Surgeons

Call Now For **FREE CONSULTATION!**
1 - 888 - 255 - 2128
doctor@plasticsurgerysaver.com

Extended Tummy Tuck	\$5,490	MINI Tummy Tuck	\$3,990
Lower face & neck lift	\$6,490	Eye lids (2 lids)	\$2,990
Upper & lower eye lids	\$3,490	Endoscopic Brow lift	\$3,990
Open Brow lift	\$2,990	Butt aug w. Fat	\$5,990
Full Breast lift (anchor shape)	\$4,990	Full Breast lift (anchor shape) w. saline	\$6,990
Full Breast lift (anchor shape) w. silicone	\$7,990	Breast Reduction	\$5,490
Brachioplasty	\$3,990	Vaginal Labialplasty	\$2,490
Surgery of the ears	\$3,490	Thigh Lift	\$5,990
Chin implant	\$2,990		

PRICES INCLUDE:
1) Certified American Board Plastic Surgeon
2) Board Certified Anesthesiologist
3) Certified Operating Room
4) Implants (Breast Implants and Chin Implant)
5) Pre & post-op care
6) Follow up visits * Garments not included.

FREE Zoom! Teeth Whitening

(Advanced) with any treatment over \$950



New Patient Special \$39

Includes exam & x-rays

Invisalign® \$89

Per month. Call for details.

20% Off Implants

Lumineers & Veneers

from \$695*

SUNSHINE DENTISTRY

4230 30th St. • 1-888-715-4398 • sunshinedentistry.com

Interest-free financing OAC. Most insurance accepted.

Free consultation on any dental procedure. *Call office for details. Expires 4-20-09.

the reputation needed to do what I wanted to do here in San Diego. At 46, I just didn't feel I had that sort of time, so I started looking at alternatives that I would never have considered before.

"The tribute idea just came to me around 2000, as I was learning some Stevie songs as part of my Stratocaster set," says Iglesias. " 'Sheesh,' I whispered to myself, 'I don't look unlike the guy. I can sing pretty much like him. I can, if I work on it real hard, play pretty much like him. Would I actually dare to put that hat on and go out there in front of people?'"

"A few years ago, I saw Ralph Saenz with the Atomic Punks, a Van Halen tribute from L.A. Certainly the fact that Ralph did Dave [Lee Roth] better than Dave helped, but it also struck me

that if Van Halen is all but completely gone, why would it be such a bad thing to recreate the wonderful energy that they brought to the world of arena rock? Especially when there are plenty of people out there who still want to hear it. Stevie has been gone for a long time now, and there are still so many that loved what he did."

At 53, Iglesias says most of his backup players are at least ten years younger. "Some members have been married with kids," he says, "and there's nothing cooler than to see a young person watching his dad playing onstage, for an appreciative crowd. I don't think it matters to the kids whether the group is a tribute...it's just cool to see their dad in a rock band. I've had the pleasure of playing with my grand-

daughter in the audience, and it was an incredible experience! I would never have considered that a possibility back in the '70s."

Cover Me Badd is known for their comically accurate tribute performances. "Our mission is to make fun of tribute bands," says bandleader Adam Gimbel, best known as the front man for Rookie Card. CMB's many incarnations have included the Fookin' Wankers (spoofing Oasis), Wookie Card (Star Wars characters), Rabbi Gimbel's Jews Explosion (Hebrew rock history), Rookie Ricardo (El Vez's onetime one-song wedding band), and Geezer (old men wheezing Weezer songs).

Geezer recently enjoyed every tribute group's dream-come-true. "We actually got to play onstage with

HEALTH AND BEAUTY

Breast Augmentation

from \$4250*

"I would recommend Dr. Pietraszek to anyone considering cosmetic surgery. I am so happy with my results!"

Botox® \$9
per unit



THE LA JOLLA INSTITUTE
OF PLASTIC SURGERY

**James Casimir
Pietraszek, M.D.**

Board Certified
Plastic Surgeon

25 years of plastic
surgery experience

Senior Staff Surgeon
at Scripps Memorial
Hospital La Jolla

plasticsurgery.lajolla.com

888.360.1589

*Restrictions apply. Call us for details.
Offer expires 4/20/09.

Actual patient

Robert Kearney, MD, FACS

Board Certified Plastic Surgeon

Breasts • Breast Augmentation – 4 incision options

• Breast Lift • Breast Reduction

Body • Liposculpture • Tummy Tuck • Arm Lift

• Thigh & Buttock Lift

Face • Face, Neck and Forehead Lift

• Eyelid Lift • Nose Reshaping

• Botox • Chemical Peels • Juvéderm

• Artefill® • Sculptra™ • Fraxel® II Laser **New!**

Free Consultations:

888-697-4828

www.kearneymd.com

View estimated fees,
before & after photos
and more!

K
Robert Kearney, MD

Financing Available
12-month no-interest plans
60-month terms available

Certified by the American
Board of Plastic Surgery

9834 Genesee Avenue
Suite 129, La Jolla



Member
AMERICAN SOCIETY OF
PLASTIC SURGEONS



the band whose songs we steal," says Gimbel. The octogenarian incarnation of Cover Me Badd performed with Weezer at Cox Arena on October 17, as part of the headliners' Hootenanny contest, bringing local musicians onstage at each tour stop. Other locals in the Weezer jam included Kelsea Little and Joseph Lorge (the Wrong Trousers), Sean O'Donnell (Fevercrotch), and Matt Gorney (Bad Credit).

"On we pranced, as the crowd roared for us," says Gimbel, who — in his old-man gear — passed out cookies while Weezer and the others set up for the jam. Weezer's singer-guitarist Brian Bell took a cookie, as Gimbel patted his cheek and announced, "Such a nice boy!"

After a bite, Bell declared, "Delicious. Cookie's gonna inspire me on this next track, I can feel it."

The jam encompassed two songs. "Us Hootenanners sounded great on 'Island in the Sun,'" says Gimbel, "especially the flute solo, [which] made their biggest hit sound better than it ever has." The other song was "Beverly Hills." "The crowd gave us a huge sendoff, and the band loved us so much that they decided to come back and do an encore in our honor. As we hobbled outside to play for the exiting masses, the band crooned, 'Grandma, take me home,' just for us."

Also on the bill were Angels and Airwaves, whom the 37-year-old Gimbel refers to as "that Blink 182 lad that sounds like he's got something stuck in his nose."

And then there's Dan Lederman, aka ShatMan, the One-Man Bill Shatner Tribute Band. ShatMan got his start at karaoke shows, performing to discs of music that Shatner has covered ("Lucy in the Sky..."

"Rocket Man," etc.). Says ShatMan, "I look a little like John Belushi doing Shatner."

ShatMan still cruises local karaoke nights. "When I announce that I'll be doing

my song 'in the style of the great William Shatner,' a lot of people in the audience groan or even start booing. ... But I have a theory that almost every person in the world can find

something to love about [Shatner's] way of reciting songs, whether as beat poetry, as a sci-fi or Star Trek fan, for its rhythmic cadence, or simply because it's so kitschy and campy."

Lederman says he looked into talent agencies specializing in celebrity impersonators, but "most of them aren't looking for strictly musical acts. ... I got asked if I do Denny

Crane [Shatner's former Boston Legal role], but I need my CDs. There has to be music behind me. I can only impersonate him when I'm singing." ■

— Jay Allen Sanford

HEALTH AND BEAUTY



refresh

\$199 Teeth Whitening
Faster and brighter than Zoom and BriteSmile with less sensitivity. Performed by a dentist in a relaxing spa setting.

Botox \$175 per area*
Frown Lines, Forehead Wrinkles, Crow's Feet
*Max 20 units one area. Additional units \$8 each.

Juvederm \$349/syringe
Smooth and natural results that last longer than Restylane, up to one year!

Laser Hair Removal: New Pricing!
Lip or Chin \$40 • Underarms \$60
Brazilian \$125 • Lower Legs \$145
Lower Arms \$95 • Full Back \$275
No package purchase necessary!
Pay as you go or buy five and get one free.
Effective and safe on all skin types

Med Spa • Teeth Whitening • Waxing
Massage • Skin Care • Hair Studio
Cosmetic Bar • Nail Lounge

re:vive

salon & spa

1425 Frazee Road, Mission Valley
866.537.0691 • revivesalonandspa.com

Voted Best Medi-Spa 2007 & 2008 CitySearch
Owned & Operated by
Vishal Verma, MD and Vinita Parekh, DDS

Some restrictions apply. Not valid with any other offers.
Call to schedule a complimentary consultation.

\$99 Brazilian Laser Hair Removal

Per treatment pricing through 3/31/09.
Must mention ad at time of booking.

Claiming City Heights

I was training for a marathon when I found out I was pregnant. Back then, even my short runs were long

enough to take me out of City Heights and into other

neighborhoods where houses are prettier and where services are a bit more desirable (decent coffee, a nice restaurant or two, maybe even a bar I wouldn't have to cross the street to avoid). I felt stuck here, in this neighborhood, where the sidewalks are clogged with slow-moving families with too many children, where every other house has a dusty yard with a mean dog tied to a rickety tree. I felt...I don't know...demeaned. Me, in my fancy running clothes, looking all fit and trim as I elbowed my way through throngs of frumpy women in housecoats. Four times



PHOTOGRAPH BY DENIS DESMOND



Author: Elizabeth Salaam
Neighborhood: City Heights
Age: 35
Occupation: Writer/program coordinator

Editor's note: This is the winner of February's \$250 second-place prize for our monthly neighborhood-essay contest.

Deadline for the next contest is March 31, midnight.

To post your entry, go to SDReader.com/neighborhoods, find your neighborhood or campus, and follow the instructions to create a blog.

a week I'd head out for a run, my fantasy brain working overtime to imagine myself living a better life somewhere else. As I ran I daydreamed about coming home to the serene quiet of Kensington, the earthy hipness of Hillcrest, or even (on my long weekend runs) the luxury of downtown harbor views.

And then suddenly the only running I was doing was from the couch to the toilet bowl. It took two months for the morning (or in my case, all-day) sickness to subside, two months before I felt well

enough to run. By then my 18- and 20-mile training runs were a thing of the past, and my energy level allowed only for short, slow walks around City Heights.

I was on one of those walks when a neighbor I'd never seen before called to me from across the street.

"Guess you're taking a break from running for a while."

We spoke briefly, both staying on our own side of the street. Until then, the only neighbors I'd chatted with were the ones my husband had introduced me to, and

HEALTH AND BEAUTY

Thinning Hair? You have a choice

Specialists and Designers in Men's, Women's & Children's Hair Loss from: genetic (male pattern baldness), hormonal, stress, alopecia, chemo, burn, surgery and trichotillomania

- ∞ Nonsurgical and state-of-the-art hair systems, hair extensions, custom wigs, supplies and repairs
- ∞ Confidential and private rooms
- ∞ Over 40 years' combined experience
- ∞ Board of American Hair Loss Council

Also Offering:

- ∞ Laser Hair Therapy for Men and Women to Promote Hair Growth

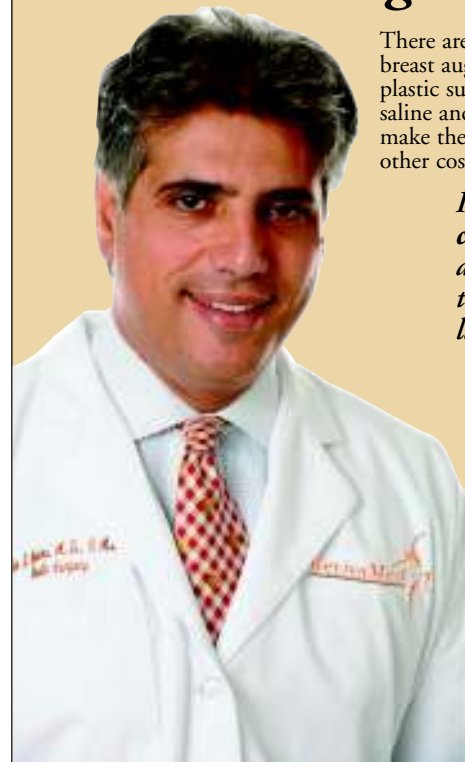


Call Collette & Chele for your complimentary consultation:
619-296-7744

**LA JOLLA
HAIR CLINIC**

6110 Friars Road, Suite 205 • www.lajollahairclinic.com
(1 mile west of 163 Freeway and Fashion Valley Mall.
Next to NYPD Pizza)

What type of Breast Implant is right for you?



There are many options when you are considering breast augmentation. Dr. Samimi is board-certified in plastic surgery and has many years of experience using saline and silicone implants. Dr. Samimi will help you make the right decisions in breast augmentation or any other cosmetic procedure.

Please call and schedule a complimentary consultation to discuss any cosmetic procedure— liposuction, tummy tuck, face lift, laser hair removal.

RevivaMed
PLASTIC SURGERY

Kian J. Samimi, M.D., F.A.C.S.
Certified by the American Board of Plastic Surgery

La Jolla • 7300 Girard Ave. #101
La Jolla, CA 92037

Gaslamp Quarter
711 Fourth Ave. #200
San Diego, CA 92101

888-261-1658

RevivaMed.com

Member
AMERICAN SOCIETY OF
PLASTIC SURGEONS

Get ready for summer!
Underarms Laser Hair Removal only \$55!

Price per treatment with package. Restrictions apply. See website.

even then we only spoke when he insisted we stop to chat. Every other time I just waved on my way through the neighborhood, heading for someplace else.

The bigger I got, the more I slowed down, and eventually I came to notice and appreciate how interesting it is here. Besides the international collection of storefronts

(within just a few blocks on University there is an Albertsons, a Murphy's Supermercado, a Minh Huong market, and a halal meat-and-produce store) and some unique decor (one house has at least 16 wind chimes hanging over the front porch, and another has a 12-foot statue of Buddha out front), it's the people who make this neighborhood

fascinating.

I'm intrigued by the groups of African men who gather for long hours of chit-chat outside the local Starbucks. What do they talk about, and why do most of them dress in jeans and button-up shirts when their wives and daughters (who are always waiting to cross the street just outside the building that advertises free English

HEALTH AND BEAUTY



Dental Implants

AS LOW AS \$895

Free consult/exam. Crown not included.

Implant Crown

\$699

Free consult/exam.

Bridges • Braces • Crowns • Root Canals • White Fills

Smile Design Center A Dental Practice

232 Third Ave. • Chula Vista, CA 91910

619-827-0770 • www.smiledesigncentersd.com

Spring Specials!

SAFE MEDICAL

Weight Loss

\$14.99*

STARTING AT PER WEEK

Lose 3-5 lbs. per week!

All patients seen by the doctor.

Includes FDA-Approved Phentermine/Fastin® or Phendimetrazine/Bontril®, M.D. consultation, diet and exercise program. No contract. No lab. 4-week minimum. Over 60,000 satisfied patients.

Burn fat. Try B12/B6 lipotropic injections. Free B12 Injection with this ad (\$10 value)

*New patients only, with this ad. Expires 4/1/09. Walk-ins welcome.

Viva Wellness
Medical Groups

Se habla español
vivawellness.com

3740 Rosecrans, Ste. C
Point Loma • San Diego, CA 92110
(Exit Rosecrans off I-8/I-5)
619-222-5433 (LIFE)
Call for hours.

We consider competitors' coupons for equivalent services.



Get Ready for Summer!

Laser Hair Removal Packages
Buy One Get One FREE!
Underarms, Bikini Back, Legs, etc...

Military/military family discounts

Juvederm™
\$100 - \$150 Off
Fills in Lines
Plumps Lips

\$25 off Chemical Peels

Rosacea? Sun Spots? Wrinkles?
\$100 off IPL Photofacial
Regularly \$225, now \$125!
Limited time offer. Call for appointment.

before after

BOTOX®
\$9/unit

Special Offers Expire March 31, 2009.

g Glow MD Skincare MedSpa

2790 Truxtun Road #100
Liberty Station, Point Loma
888-258-2989
www.glowMDskincare.com

Promotions may not be combined. Other restrictions may apply.

Recession Busters!

Botox from \$69

per area
Or \$8 per unit.* Experienced cosmetic surgeon. Winner 2007/2008 Botox Gold Award. Featured on NBC 7/39 and Channel 10 & 15 news.

Beautiful Lips with Juvederm™ or Restylane® from \$249

Photofacials (IPL) \$199

ISmile Better than ZOOM! (teeth whitening) \$159⁹⁹

Sculptra treatments from \$299

Portrait® H.D. from \$333

per area
Skin rejuvenation/regeneration
Free skin analysis with this ad (\$25 value)

Radiesse from \$299

5-Minute Nose Job from \$499

As seen on National TV

Mesotherapy/Lipo-Dissolve \$179

per area with package of 5
For love handles, body sculpting, neck and jowls and fat reduction – a non-surgical alternative to liposuction. **No Downtime.**

Venus Medical Group Michael Tachuk, M.D., AACS
3740 Rosecrans, Ste. C • Point Loma • San Diego, CA 92110
(Exit Rosecrans off I-8/I-5) • 619-758-9875
All offers valid with this ad. First-time patients only. Expires 4/1/09. *With purchase of vial.

All patients seen by the doctor.



classes) dress from head to toe in layers of brilliantly colored cottons?

Then there are the Mexican soccer players (ranging in age from 2 to 72) in their shorts and shin-guards who fill the

open field near the library during weekends and evenings in all seasons.

Their wives and mothers and too-young-for-soccer siblings stand around on the other side of the fence eating orange curly things

out of plastic bags and whatever else is available for purchase from the wheely-cart vendors.

On alternate days during the fall, the Mexicans on and around the field are replaced with

black folks, and football is traded for soccer. Here and there, monks in orange robes glide up the sidewalk to who-knows-where. At various times of day, small groups of old Vietnamese men and

women walk around and around the outside of the field, and in the last month of my pregnancy they zoomed past me.

I also became friendly with several of my neighbors. My

favorites were the super-extra-friendly art-history professor with the stand-offish wife; the baby-faced dude who's been building an addition onto his house by hand for the past two years but can more often be found drinking beer and talking shop than holding a hammer; and the 76-year-old unmarried woman who claims to be in no rush to find a husband because as long as she's a good girl, she'll be resurrected as many times as she needs for a thousand years. (Um...okay.) Granted, it was always someone else who initiated the conversation — everyone curious about when the baby was due — but I enjoyed the attention and felt connected in a way I didn't know mattered to me.

And so, as I lumbered through the neighborhood (now in my own version of frumpy voluminous clothing), City Heights ceased to be just an annoying stretch of loud yard-barbecues and too many strollers on the sidewalk, and I began to fall a little bit in love. I also wondered if the other nearby neighborhoods might feel a little too sterile, a little too hip.

This week my baby is eight weeks old. I take her out for walks in a baby carrier, and I think she likes it here. She has already met several of our neighbors. They love her. Everybody loves babies. Some days I leave her at home with her dad while I head out for a short two- or three-mile run around City Heights. I'm not strong enough to go much farther.

The other day, in the final stretch of my block, I attempted a brief sprint.

"She's back in her running shoes!" I heard someone shout. "Way to go!"

I turned to see two of my neighbors standing on the sidewalk, clapping as I passed by. I smiled and waved. ■

HEALTH AND BEAUTY



Best Skin Care at Great Prices



La Jolla Cosmetic Laser Clinic has received the Thermage Black Diamond Award, a designation given to the highest achievers who provide the best in customer satisfaction for skin tightening!

Join us May 6th, 6-8 pm and learn about the latest technology in skin tightening, the **NEW! 16.0** body tip, which tightens and treats cellulite at the same time, and revolutionary **ACNE** treatment with Thermage.

Attendees will enter drawing to win the new eyelash growth treatment Latisse.



2009 BOTOX Platinum Award Winner!



Special Offers!*

Bank your BOTOX®
\$9/unit
when you purchase 100 units
(reg. \$11 per unit)

Cellulite Treatment
by **Thermage**
\$300 off
per area (reg. \$1800)

Juvéderm™ Ultra
\$400 per syringe
when you combine with any
other treatment or purchase
2 syringes

* Offers expire 3/31/09



Nasrin Mani, M.D.
FOUNDER & MEDICAL DIRECTOR

1111 Torrey Pines Road, Suite 102 | La Jolla, CA 92037

888-808-9044 | www.LAJOLLA LASER.COM

Monday-Friday 9 am-7 pm, Saturday 8 am-5 pm • Se habla español.

Thermage®
ActiveFX / DeepFX Co2 Laser
Fraxel II Laser
Photofacials (IPL)
Photodynamic Therapy (PDT) with Levulan™
Laser Hair Removal
Laser Leg Vein Treatment
Sclerotherapy

BOTOX Fillers®
(Temporary & Permanent)
Cellulite Treatment
Lipo-Dissolve with Mesotherapy
Melasma Skin Lightening
Acne BLU-U®
Microdermabrasion
Visia™ Complexion Analysis

LETTERS

continued from page 14

City must enjoy the revenue it gets from the steep fines that come with DUIs, a 24-hour public transit system could benefit the city by *actually* preventing drinkers from driving with a reliable alternative: public transportation. When considering how much the City (and State) spends on drinking-and-driving education, billboards, and cheesy commercials, you might be safe to say that the City is wasting its money when a great alternative is waiting to be harvested. I almost want to see if they have an "anti-refer-

ral card" for those who obtained DUIs, with questions like "Which programs failed to educate you on the dangers of drinking and driving?"

I hope that this article helped San Diegans see that we need more public transit. If anyone would like to start a group for public transportation advocacy, please email me at ajfarwell@aol.com.

Andrew Farwell
via email

The Weasel Did It

Regarding the murder of Dr. Phillip Rand's wife, Tamara Rand, a correction is in order (Letters, March 5).

In both the book and

movie *Casino*, the murder of Tamara Rand was carried out by Tony "the Ant" Spilotro (played by Joe Pesci) in her Mission Hills home. She had apparently made the mistake of threatening Allen Glick (played by Kevin Pollak) that she would disclose to the authorities that he (Glick) was just a front man for the mob in Las Vegas — therefore her elimination.

If you read Jimmy "the Weasel" Fratianno's biography you will hear that he (Jimmy "the Weasel") actually performed the hit on a warm, sunny weekday at her and Dr. Rand's Mission Hills home.

The truth? Who knows?

But in any case, Frank "the Bomp" was rubbed out in an alley in Pacific Beach.

Greg Gardner
via email

Cover Story Red Herring

Thom Hogan from the Col-

lege Area was right (Letters, March 12). I thought the cover story ("Waste time. Save money. Ride the bus!" March 5) meant that Ollie was back. I am also disappointed that the *Reader* editor, or whoever is in charge of human resources, hasn't

responded to those of us who want to see his column return and for him to be rehired. Get rid of know-it-all Duncan Shepherd to make room for our Beloved Ollie!

Michelle Hauptsbrau
via email

HEALTH AND BEAUTY

\$35 Dental Exam & Cleaning

Reg. \$204. Complete initial exam, periodontal exam, limited x-rays, oral cancer screening. Sedation (sleep dentistry) available. New patients only. May not be used in conjunction with insurance.

Same-Day Implants & Crowns • Veneers in 1 Week

\$199 ZOOM! 2 1-hr. Whitening

Does not apply to patients needing periodontal treatment.

\$1100 Off invisalign®

Plus FREE bleaching upon completion of treatment. Does not apply to patients needing periodontal treatment.

Straighten & Whiten Your Teeth in 1 Week!

(No shots, no drilling, no grinding, no pain)



EXTREME SMILE MAKEOVER

Dr. A. Shojania

5927 Balboa Avenue (Behind Bank of America)

858-751-5733

Monday-Saturday & Evening Appointments Available

Major credit cards accepted



Lose pounds & inches FAST! FAST! FAST!

Flu Shots
Available!
Call for appt.



"Managing Weight Loss Since 1972"

Rodex Forte

Vital link for energy
and metabolism!

Call for details!

Our doctors and nurses have changed thousands of lives for the better, which is why our program has been #1 in San Diego. We can help you take off those extra pounds and keep them off. Make that call now, and you will be on your way to a slimmer, trimmer you. We'll show you how.

Free Consultation plus

\$50 Off Initial Fee

Bring a Friend! Get 2 Free Weeks for Both of You!

With this ad. Hurry!
Good through 4-9-09.

®

A DOCTOR'S WEIGHT LOSS CLINIC

Clairemont (858) 279-7060 • East County (619) 440-8171

Carlsbad (760) 721-7088 • Chula Vista (619) 476-0060

Murrieta (951) 894-7737 • Moreno Valley (951) 784-5336

*Individual weight loss may vary. 4weightclinics.com

COSMETIC PLASTIC SURGERY • NATURAL RESULTS • MEN AND WOMEN • FACE • BREAST • BODY

Fractional Laser Resurfacing for Skin Rejuvenation, Acne Scars and Wrinkles • SMART LIPO™
Laser Assisted Liposuction • Facelift • Mini-Facelift • Abdominoplasty • Mini-Abdominoplasty
Breast Augmentation • Saline and Silicone Gel Implants
Accredited Operating Rooms (www.jcabo.org) • M.D. Anesthesiologist (www.theaba.org)

Evening and Saturday
Appointments
Stuart B. Kincaid
M.D., F.A.C.S.

Diplomate, American Board of Plastic Surgery - 1985
Certificate of Advanced Education in Cosmetic Surgery



www.SkincaidMD.com

Visit Our Website to See Your Procedures in 3D

Military Discounts
0% Interest Finance Plans

NEW FDA APPROVED!

LATISSE™ EYELASH ENHANCER

www.latisse.com

SILK'N™

IN HOME HAIR REMOVAL SYSTEM

www.silkn.com



\$9 per unit*
BOTOX®

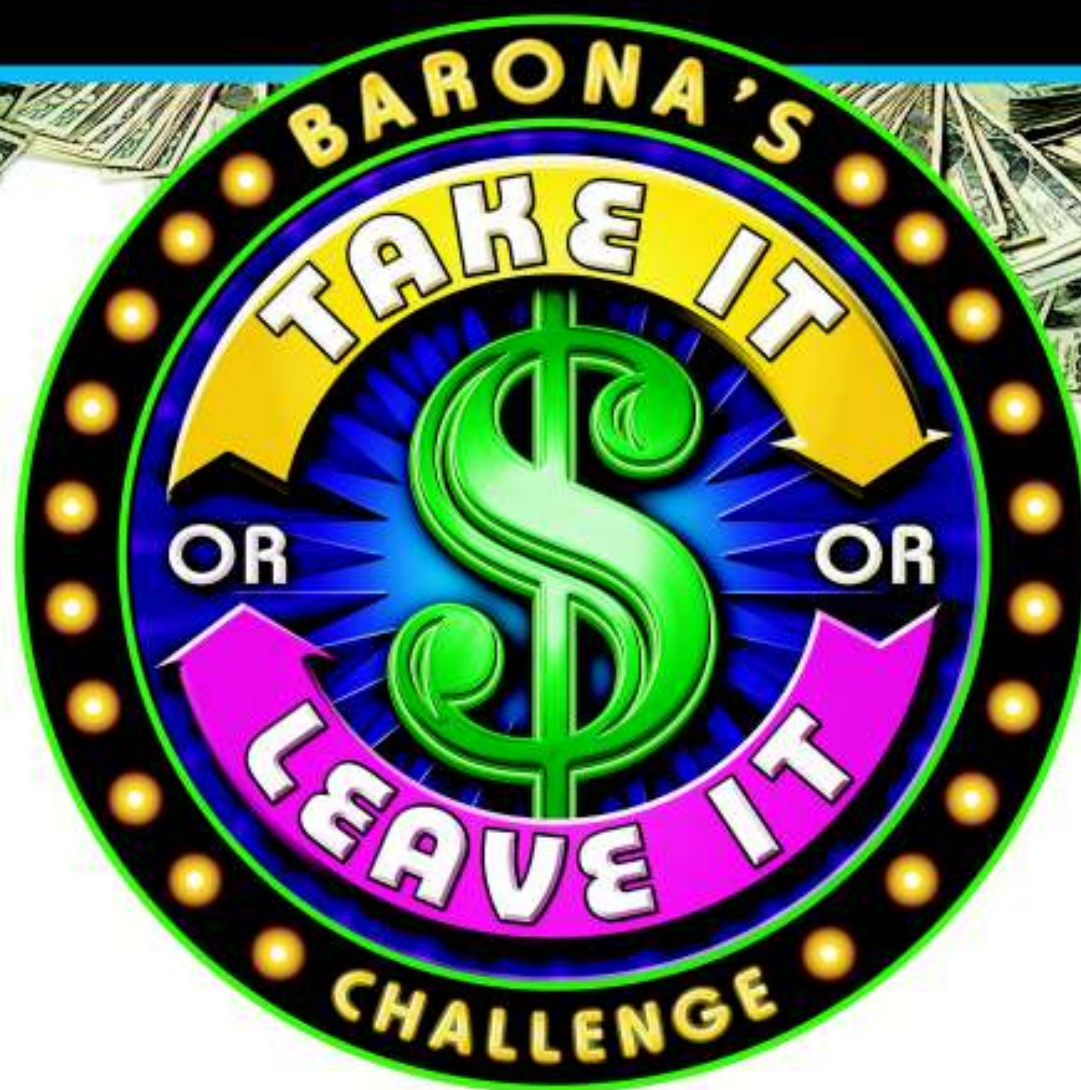
\$370 first syringe*
RESTYLANE®
or **JUVÉDERM**

\$490 first syringe*
RADIESSE®
Long Lasting
* without surgery

COMPLIMENTARY
LATISSE™
BOTOX®, SKIN PEEL
or **WRINKLE FILLER**
with SURGERY *

*Call Office for Details

OVER 24 YEARS OF EXPERIENCE San Diego/La Jolla • 858-450-4199 | Temecula/Inland Empire • 951-695-9934



DO YOU HAVE WHAT IT TAKES?

Test your deal-making skills against Barona's Game Master
for a chance to win big money!

YOUR DECISION COULD BE WORTH \$25,000!

March 19 - April 29

Drawings held every Wednesday beginning March 25 at 7pm and 9pm.

BARONA
RESORT & CASINO

Loosest Casino. More Winners!™

VISIT CLUB BARONA OR BARONA.COM FOR MORE DETAILS.

© Copyright 2009 Barona Tribal Gaming Authority. Management reserves all rights.

Your Week

AND WELCOME TO IT

Thursday | 19

THE HOBBIT

Never laugh at live dragons, always wish your friends more hair on their feet, and don't forget to value food and song above gold for, as the hobbits say, only then would it be a merrier world. See the tale of Bilbo Baggins as portrayed by students of Theatre School at North Coast Repertory Theatre. See **FOR KIDS**, page 58.



Friday | 20

ZEN OF SCHMOOZING

If motorcycle maintenance and golfing can be imbued with Buddhist intent, so can kissing a little butt. At this workshop you'll learn how there's more to getting money for your pet project than a well-written grant. See **LECTURES**, page 60.



BANFF MOUNTAIN FILM FESTIVAL 2009

Canada's Banff Centre seeks to "promote understanding and appreciation of the world's mountain places" with its Mountain Culture program. The films to be screened at the San Diego Natural History Museum will give you the insight needed to get in touch with your inner mountain man. See **FILM**, page 56.

Saturday | 21

THE PLATT BROTHERS

These three real-life brothers were probably a nightmare for teachers as they flipped and danced on the playground, but on the stage they delight and amuse with their acrobatic, comedic performance. See **THEATER**, page 104.



THE PLATT BROTHERS

CIRCLE OF ART

As if the springtime desert bloom was not enough to lure you to Borrego Springs, now there's even more to see as 70 artists exhibit their work in a variety of media, including oil and watercolors, photography, sculpture, ceramics, pottery, weaving, and jewelry. See **SPECIAL**, page 62.

FIGHT EXPO! GRAPPLERS QUEST!

Guys hitting each other with bare fists, dirt-bike engines roaring, and skaters taking to the ramps — this is a fest for macho men and those ladies who like to hang tough. See **SPORTS**, page 63.



Sunday | 22

MIND YOUR MANNERS

If your 5- to 11-year-old Bellas and Bobbys are versed in the ways of polite society, perhaps you won't be asked to leave them at home with a sitter. This class will teach your kid the ins and outs of etiquette. See **FOR KIDS**, page 58.

FACING EAST

Is a couple's religion worth more than their son's life? In Carol Lynn Pearson's parable, a "Mormon couple confronts the limits of their spiritual teaching upon the suicide of their gay son." Starring Dana Hooley, John Polak, and Scott Striegel. See **THEATER**, page 104.

Monday | 23

R-RATED TRIVIA IN THE NORTH

Because nothing goes better with beer than a bit of naughtiness... At First Street Bar and Grill in Encinitas, you can pay \$3 to compete in trivia and mini-games, one of which is titled "Will It Float?" See **SPECIAL**, page 62.

Tuesday | 24

WONG FLEW OVER THE CUCKOO'S NEST

In this "swear-to-God-not-autobiographical, seriocomic portrayal of the high incidence of mental illness among Asian-American women," writer and performance artist Kristina Wong mixes humor and psychology to tell the story. After the show, Wong will speak about the piece. See **IN PERSON**, page 59.



Wednesday | 25

THE PHYSICS OF BRASS MUSICAL INSTRUMENTS

Physics professor Brian Holmes will discuss the role of four brass-instrument elements (mouthpiece, conical lead pipe, cylindrical section, and flared bell) and explain how sound reverberates in, around, and off the different parts. See **SPECIAL**, page 62.

Local Events page 56 | **Classical Music** page 65 | **Art Museums & Galleries** page 65
Pop Music page 66 | **Restaurants** page 92 | **Theater** page 103 | **Movies** page 106

Great Escapes

619-235-8200 TO PLACE AN AD

Anza Borrego Desert Tour

Sky sculptures & flowers.
Day trip 9am-6pm.
\$60 (includes bus, lunch & guide).
For information, call 619-954-4536.



Big Bear Cool Cabins

Cabin or luxury home on or near the lake. Fireplace, BBQ, DVD, kitchen, hot tub and more. Professional housekeeping, towels, and linens are included. Pet-friendly available. Check rates and book online. www.bigbearcoolcabins.com or 800-550-8779.



Cupid's Castle B&B

50% off Monday-Thursday. Fairytale castle near Harrah's Casino. Jacuzzis, balconies, TVs, breakfast. Voted most romantic getaway. Near wineries. Wedding facility. Game room/billiards. www.adreamcastle.com. 760-742-3306.



Easter Vacation At The Rosarito Beach Hotel \$199/2-Night Package*

Oceanfront room. Fri.: Tango night in Salon Quijote. Dinner from Special Getaways menu. Sat.: Mexican family fiesta buffet/show- 2 adults. Children's activities. 2 children 12 & under stay free in parents' room. Historic Hotel Tour. 10% discount in Casa Playa Spa. 4pm checkout. *Rates + tax. Based on double occupancy. Limited availability. Restrictions apply. Valid thru 4/10/09. Reservation required. 1-866-Rosarito. www.rosaritobeachhotel.com.

Reduce Your Stress!

For a relaxing getaway, we have cabins from \$74 plus tax! Southern California's 2nd best kept secret — 6200' in the sky! 11 individual log cabins, fireplaces, kitchens. Reservations: Edelweiss Lodge, 951-659-2787, www.1cabin4u.com.



Romantic Getaway Dancing And Music Saturday Night

Weekdays, \$89. Includes breakfast. Fine dining & cocktails. Lodge. Internet. Near Golden Acorn Casino! 2-story A-frame cabins, fireplaces, HBO, refrigerator. Live Oak Springs Resort: 37820 Old Highway 80 (60 minutes east of downtown San Diego, 2 miles south I-8). Massage package available. Certain restrictions apply. www.LiveOakSprings.com. 619-766-4288.

Calendar LOCAL EVENTS

HOW TO SEND US YOUR LISTING: Contributions must be received by 5 p.m. Friday the week prior to publication for consideration. Do not phone. Send a complete description of the event, including the date, time, cost, the precise address where it is to be held (including neighborhood), a contact phone number, and a phone number (including area code) for public information to **READER EVENTS**, Box 85803, San Diego CA 92186-5803. Or fax to 619-881-2401. You may also submit information online at SDReader.com by clicking on the events section.

DANCE

Argentinean Tango Class Introductory Argentine tango classes, ongoing. No partner required. 619-393-1974. Fridays, 9 p.m.; free. Pattie Wells' Dancetime Center, 1255 West Morena Boulevard. (BAY PARK)

Belly-Dance Showcase Adelaide, Desiree Zaid, Kirsten, Nadirah perform to live music by John Bilezikjian, with Dave Dhillon and Frank Lazzaro (percussion). Donation: \$5. 619-688-9845. Thursday, March 19, 8 p.m.; Claire de Lune, 2906 University Avenue. (NORTH PARK)

Cajun and Zydeco Dancing Zydeco lesson and dance. Beginners' dance lessons at 7 p.m.; open dancing to recorded tunes 8 p.m. 619-857-8409. Tuesdays, 7 p.m.; \$5. Tio Leo's — Linda Vista, 5302 Napa Street. (LINDA VISTA)

Dance Like the Stars! Eight-week beginning ballroom session includes basics of fox-trot, waltz, tango, cha-cha, and swing. No partner or experience required. Fee: \$120 for entire session. Registration: 619-299-6387. Tuesdays, 7:30 p.m.; through Tuesday, April 14, \$120. Metro Dance, 5304 Metro Street, Suite B. (LINDA VISTA)

Dance Time Salsa lessons and dancing every Friday night, with salsa dance lessons for all levels. On March 20 opening night, Dancing After School hosts opening of event with tango lessons at 6 p.m., salsa lessons for beginners (7 p.m.), salsa lessons for intermediate and advanced dancers (7:45 p.m.). Dee-jays provide music for open dancing (8:30 p.m.). Salsa teams take the stage at 10 p.m.; party continues until midnight. 858-581-1114. Fridays, 6 p.m.; \$10. Ages 18 and up. Schroeder's at Tango Del Rey, 3567 Del Rey Street. (CLAIREMONT)

Dance for "Forward-Looking Audiences" La Jolla Music Society continues dance series with performance by Shen Wei Dance Arts. Program includes *The Rite of Spring*, set to Stravinsky's powerful score, and *Re (Part One)*. 858-459-3728. Saturday, March 21, 8 p.m.; \$25-\$65. Birch North Park Theatre, 2891 University Avenue. (NORTH PARK)

David Patrone \$10,000 Swing Dance Extravaganza David Patrone Productions, 2toGroove, Viejas Casino host "biggest single 'top cash prize' swing dance competition in the world." Registered couples may compete in any number of nine weekly qualifying rounds in order to advance to semifinal round on March 22. Top two couples from each of nine qualifying rounds move on to semifinals; of 20 couples in semifinal round, ten couples move to final round on March 29.

Enjoy music by Billy Watson and his International Silver String Submarine Band on March 22; weekly dance contests take place during band breaks. Registration: 4-4:45 p.m., swing dance lessons with Jim and Margie at 5 p.m., live music swing dance: 6-9 p.m. 619-517-2719. Sunday, March 22, 4 p.m.; free. Ages 21 and up. Viejas Casino DreamCatcher Show Room, 5000 Willows Road. (ALPINE)

Eveoke Outreach Day Hip-hop workshops for all ages and levels, followed by performances featuring Eveoke Dance Theatre's outreach education students from all over San Diego. Workshops: 2-3:30 p.m., performances: 4-5:30 p.m. Donation: \$5. 619-238-1153. Saturday, March 21, 2:30 p.m.; Hoover High School, 4474 El Cajon Boulevard. (COLLEGE AREA)

Guest Caller Bob Isaacs from the Northeast calls to tunes by Gray Beard for contra dance hosted by San Diego Folk Heritage. Beginners' dance workshop 7:30 p.m.; dances taught and called to live music 8-11 p.m. Wear soft-soled shoes. 619-283-8550. Friday, March 20, 7:30 p.m.; \$8. Trinity

United Methodist Church, 3030 Thorn Street. (NORTH PARK)

Java Jive Swing dancing in Claire de Lune's Sunset Ballroom. Beginner lesson 9-9:30 p.m., followed by dancing (9:30-midnight). All ages. 619-255-1319. Thursdays, 9 p.m.; \$5-\$8. Claire de Lune, 2906 University Avenue. (NORTH PARK)

Mojalet Dance Collective Choreographers Faith Jensen-Ismay and Erica Buechner present evenings of new, revised work, "full of athletic and engaging movement" in Studio Theater (ENS-200). 619-594-1017. Friday, March 20, 8 p.m.; Saturday, March 21, 8 p.m.; Sunday, March 22, 6 p.m.; \$10-\$15. Ages 6 and up. San Diego State University, 5500 Campanile Drive. (COLLEGE AREA)

Off the Cuff Live music by this band, calling by guest Sharon Green for weekly English country dancing. 858-676-9731. Sunday, March 22, 6 p.m.; \$8. Jean Hart Academy of Dance, 12227 Poway Road. (POWAY)

Tribal Fusion Belly-Dance Show Sabrina Fox and Genevieve perform tribal fusion belly dance to mid-East fusion music by Middle-Earth Ensemble. Open dancing. 858-488-4200. Sunday, March 22, 8 p.m.; \$10. Ages 21 and up. The Turquoise, Café-Bar Europa, 873 Turquoise Street. (PACIFIC BEACH)

FILM

"Banff Mountain Film Festival 2009" North This year's tour includes *The Red Helmet*, *Shikashika*, *Journey to the Center*, *The Unbearable Lightness of Skiing*, Pa-

Pacific Coast Skydiving

\$125* Tandem



* Scenic flights over the ocean and downtown San Diego

* Jump from altitudes over 2 miles above the ground

* Ask about RVT video technology

Call or go online for reservations.

(619) 661-0194

www.pcskydiving.com

Open 7 days a week • MC/Visa

Gift certificates available.

*Must purchase \$70 video (\$195 total cost). Weekdays only.

Add \$20 for weekend jumps.

Dance lesson only \$10*



Latin and Ballroom
Jitterbug and Swing
Salsa and Merengue

Classes still open. No contracts!

\$32 for 4 weeks
with this ad

Pattie Wells Dancetime Center
619-275-3533

www.dancetime.com

*1-hour introductory class

1 free hour

with 3-hour minimum.



Concert specials

3 hours from \$199

Temecula
Wine Tours

Personalized
Kids' Parties

Flamingo
LIMOUSINE

619.401.7200
flamingolimo.com

TCP 24186

piroflexia, *The Last Frontier*, *The Sharp End: Eastern Europe*, *Crux*. 760-436-7469. Thursday, March 19, 7 p.m.; \$12-\$15. La Paloma, 471 South Coast Highway 101. (ENCINITAS)

"Banff Mountain Film Festival 2009" South This year's titles include *Crux*, *If You're Not Falling*, *The Cable Car*, *Silent Snow*, *Under the Influence*, *Committed 2: Grit Kids*, *Papiroflexia*, many, many others. 619-255-0203. Friday, March 20, 7 p.m.; Saturday, March 21, 7 p.m.; Sunday, March 22, 7 p.m.; Monday, March 23, 7 p.m.; \$12-\$15. San Diego Natural History Museum, 1788 El Prado. (BALBOA PARK)

"Evenings on Earth" Film series showcases *Affluenza* and *Fridays at the Farm* at 6:30 p.m. Call to reserve spot at optional dinner (5:30 p.m.). 760-757-3659. Tuesday, March 24, 5:30 p.m.; free. Mission San Luis Rey Retreat Center, 4050 Mission Avenue. (OCEANSIDE)

A Sense of Wonder Documentary on life of Rachel Carson, pioneer of the modern environmental movement. Carson's book *Silent Spring* led to the banning of DDT, creation of Clean Water Act and Environmental Protection Agency, and birth of organic food movement. 619-692-5785. Saturday, March 21, 2 p.m.; free. San Diego County Health Building, 3851 Rosecrans Street. (MIDWAY DISTRICT)

Between the Folds Documentary follows ten artists and scientists who practice art of origami. At both Cinema Society of San Diego screenings, director Vanessa Gould answers audience questions; renowned physicist and origami

artist Robert Lang will lead audience in making a simple origami piece. Recommended reservations: 619-239-0003 x405. Tuesday, March 24, 5 p.m. and 7:30 p.m.; \$15-\$25. La Jolla 12, 8657 Villa La Jolla Drive. (LA JOLLA)

Coming to Light: Edward S. Curtis and the North American Indians As complement to "Considering Edward Curtis" exhibition, see film continuing discussion of how Native American identity is perceived and displayed through Curtis's images. Film tells story of Curtis's life, creation of his monumental work, his changing views of people he documented, and gives American Indian people a voice in discussion of Curtis's images. Included in museum admission. 619-238-7559. Saturday, March 21, 1 p.m.; free. Museum of Photographic Arts, 1649 El Prado. (BALBOA PARK)

Incantissimo Napoletano Written and directed by Paolo Genovese, this "fanciful tale of the horror felt by a fifth-generation Neopolitan couple whose first daughter's first words are in Milanese" screens for San Diego Italian Film Festival. Suggested donation: \$5. In Italian with English subtitles. 619-238-7559. Thursday, March 19, 7 p.m.; Museum of Photographic Arts, 1649 El Prado. (BALBOA PARK)

Sleepy Time Gal Chris Munch presents his 2008 drama about a woman facing death in her 50s; it is "not a conventional narrative, but neither is it inaccessible." Stars include Jacqueline Bisset, Seymour Cassel, and Martha Plimpton. Screening in Arts Building room 240. 760-750-8085. Tuesday, March 24, 6 p.m.; free. CSU San

Marcos, 333 South Twin Oaks Valley Road. (SAN MARCOS)

Culinary Cinema Series Enjoy *Like Water for Chocolate* and food created by chef Juan Manuel Padilla of Frida's Restaurant in Chula Vista, who will prepare his chilies en nogada. Cinema Society of San Diego president Andrew Friedenberg introduces film, with background on actors, director. Required reservations: 760-435-3720. Saturday, March 21, 6 p.m.; \$60-\$75. Oceanside Museum of Art, 704 Pier View Way. (OCEANSIDE)

Latino Film Festival Media Arts Center's 16th annual Latino Film Festival with over 100 films from all over the globe runs through March 22, promising shorts, feature films, documentaries. Titles include *Euforia*, *O Pai O, Rudo y Cursi*, *Perro Come Perro*, *Xani Xepica*, *Children of the Amazon*, *The Missing Lynx: Paws on the Run*, many, many others. Festival includes celebrity appearances, music, parties, art, workshops. Details: 619-230-1938.



Fly with your Lucky Charm!

In-flight/post-flight champagne
Private "sweetheart" flights for two
10% discounts for military, seniors & college students (restrictions apply)
FAA-certified pilot
Perfect safety record

Panda-monium Balloon Flights
760-717-8444


panda-moniumballoonflights.com

Gunther von Hagens' **BODY WORLDS**
The Original Exhibition of Real Human Bodies
& The Brain—Our Three Pound Gem


Real Humans.
Real Science.
Really Amazing!

NOW OPEN
Limited Engagement

www.bodyworlds.com

 **SAN DIEGO NATURAL HISTORY MUSEUM**
WWW.SDNHM.ORG

Wanted Cookbooks
Buy | Sell | Trade



\$5 Off Purchase
Spend \$20 and receive \$5 off your next cookbook purchase.

Cook Book Store in Kensington
thecookbookstore-sandiego.com
4108 Adams Avenue
(near Clem's Liquor) • Free Parking
619-284-8224
Open 11 am-5 pm • Closed Sundays

Do You Need A Lawyer?

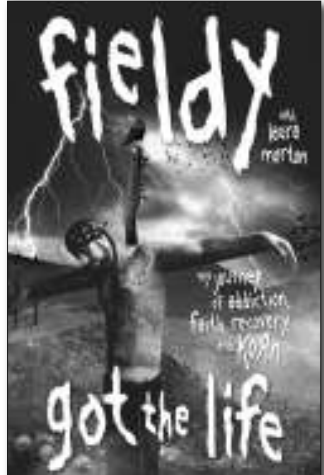
Ask-A-Lawyer FREE Legal Clinic at Grossmont Center
March 28, 2009 from 10 am-4 pm
(800) 464-1529
Monday-Friday 8:30 am- 5 pm
Or visit www.sdlawyerreferral.com

 **LRIS** LAWYER REFERRAL & INFORMATION SERVICE

 **SAN DIEGO COUNTY BAR ASSOCIATION**

Barnes & Noble Event

MEET FIELDY



BOOK SIGNING

Wednesday, March 25th, 7:30PM
10775 Westview Parkway
San Diego (858) 684-3166

Fieldy will sign *Got the Life* only. No Korn CDs, DVDs, or memorabilia, please.

BARNES & NOBLE
BOOKSELLERS
www.bn.com

Get more info and get to know your favorite writers at www.bn.com/events All events subject to change, so please contact the store to confirm.

ROAM--RAMA | A Guide to Unexpected San Diego and Beyond | by Jerry Schad

The Santa Rosa Plateau's Sylvan Meadows Multi-Use Area is open to all nonmotorized means of travel — hiking, jogging, biking, and horseback riding — with the stipulation that all users stay on the designated roads and trails. (Dogs, however, are not allowed at all.) The comprehensive tour of the whole Sylvan Meadows area, described



On the Stevenson Canyon Trail

here, includes an out-and-back side trip into Stevenson Canyon that would seem to be superfluous, but should not be missed. Late March through April is best for wildflowers at the nearly 2000-foot elevation of Sylvan Meadows, so don't forget to bring a camera.

Getting to the trailhead from San Diego is fast and direct using Interstate 15. Exit Interstate 15 at Clinton Keith Road in Murrieta, just north of Temecula. Proceed south on Clinton Keith Road five miles to the Santa Rosa Plateau Ecological Reserve vis-

itor center, on the left, where you'll find plenty of space for parking.

From the visitor center parking lot, cross to the west side of Clinton Keith Road and descend 0.1 mile to a trail junction in a shady ravine. Turn right on the Tovashal Trail (Torino Trail ahead is your return route). After proceeding 0.8 mile up through and eventually out of the shallow ravine, you come to the next junction, Sylvan Meadows Road, on the north edge of an expansive, oak-dotted meadow. This is a part of the roughly 3000 acres of "bunchgrass prairie" in the reserve that is regarded as the finest example of native grassland habitat in California. Ongoing prescribed fires and selective removal of nonnative grasses in meadows such as this one are encouraging the growth of

natives such as purple needlegrass, malpais blue grass, and deergrass.

Make a right on Sylvan Meadows Road, continue 0.5 mile along the rim of the meadow, and then begin the highly recommended side trip: Turn right on the Shivela Trail, continue 0.4 mile, then go right again on the Stevenson Canyon Trail. The trail loops, so you can go up along the brushy slope east of the canyon and back down on a single-track pathway down through the canyon bottom itself. This latter trail segment is arguably the most enchanting passage in the entire reserve, with inky shadows, a gallery of twisted oak limbs, a trickling stream (in season, at least), and luminescent greenery everywhere. Mountain bikers may breeze through here without warning, so those on foot

should be alert.

Retrace your steps on Shivela Trail, and then use Sylvan Meadows Road to reach Hidden Valley Trailhead (restrooms are here but no water is available). Now, head east, more or less along the north-side fenceline of Tenaja Road, first on Nighthawk Trail and then on Mortero Trail, to the right-angle bend where paved Clinton Keith and Tenaja Roads join. That's where the east leg of Sylvan Meadows Road intersects. It will take you 0.5 mile north to Torino Trail, and Torino Trail will lead you 0.7 mile to the junction you passed at the beginning, just shy of the visitor center.

This article contains information about a publicly owned recreation or wilderness area. Trails and pathways are not neces-

SYLVAN MEADOWS

Check out the multi-use trails of Sylvan Meadows, a part of the Santa Rosa Plateau Ecological Reserve near Temecula.

Distance from downtown San Diego: 73 miles
Hiking/biking length: 5.7 miles
Difficulty: Moderate



sarily marked. Conditions can change rapidly. Hikers should be properly equipped and have safety and navi-

gational skills. The *Reader* and Jerry Schad assume no responsibility for any adverse experience.

Thursday, 4 p.m.; Friday, 4 p.m.; Saturday, 4 p.m.; Sunday, 4 p.m.; through Sunday, March 22, \$7-\$9. Mission Valley 7, 7510 Hazard Center Drive. (MISSION VALLEY)

FOOD & DRINK

Starring French-Mediterranean Cuisine Chef Amy DiBiase of new Point Loma restaurant Roseville joins chef Bernard Guillas to demonstrate buffalo ricotta *gnudi* with a truffled English

pea ragout. Reservations: 888-424-3663. Saturday, March 21, noon; \$15. Macy's Mission Valley Home Store, 1555 Camino de la Reina. (MISSION VALLEY)

FOR KIDS

"Light" Time for family science day with hands-on activities. Included in regular admission. 619-238-1233. Saturday, March 21, noon; \$6-\$8. Reuben H. Fleet Science Center, 1875 El Prado. (BALBOA PARK)

"Pollution and Solutions: A Changing Climate" Will our beaches and estuaries be underwater in 40 years? How will this affect you and wildlife? Find out what you can do to help reverse trend during this program for kids (7-12). 619-575-3613. Thursday, March 19, 3:30 p.m.; free. Ages 7 and up. Tijuana Estuary Visitor Center, 301 Caspian Way. (IMPERIAL BEACH)

"Science of the Sea" Meet Scripps Oceanography graduate students, get glimpse of what it's like to study at this world-renowned research institution during San Diego Science Festi-

val. Enjoy hands-on ocean science experiments, family crafts. Included in regular admission. 858-534-7336. Saturday, March 21, 11 a.m.; free. Birch Aquarium at Scripps, 2300 Expedition Way. (LA JOLLA)

1001 Grains of Sand This "young person's adventure round the Earth through action, song, and dance" was "devised" by Margaret Larlham. "A thousand grains of sand, from around the earth — finely ground residue of ash, fossil, bone, rock, seas, and deserts — pour through an hourglass conjuring the story of a journey

through memory, imagination, and action." 619-594-6884. Thursday, March 19, 8 p.m.; Friday, March 20, 10 a.m.; Saturday, March 21, 4 p.m.; \$8-\$18. Don Powell Theatre at SDSU, 5500 Campanile Drive. (COLLEGE AREA)

Animals, Animals, Animals Big Joe Productions tells tales with shadow puppets, string, and hand puppets. Curtain rises at 10 and 11:30 a.m. Wednesday-Friday; and 11 a.m., 1, and 2:30 p.m. Saturday and Sunday. 619-544-9203. Wednesday, March 25; \$3-\$5. Marie Hitchcock Puppet Theatre, 2130 Pan American Road West. (BALBOA PARK)

Dear Edwina Follow adventures of Edwina Spoonapple, advice-giver extraordinaire, as she directs neighborhood kids in "production number after hilarious production number in her 'Advice-a-Palooza' extravaganza" in performances by La Jolla San Diego Junior Theatre. For all ages. 619-239-8355. Sundays, 2 p.m. and 4 p.m.; through Sunday, April 5, \$10-\$15. Firehouse YMCA Community Center, 7877 Herschel Avenue. (LA JOLLA)

Disney High School Musical 2 School's out and summer is here! Enjoy "sweet new songs and mad, awesome dancing" when J*Company presents further tales of the East High Wildcats. 858-362-1348. Thursday, March 19, 7 p.m.; Saturday, March 21, 8 p.m.; Sunday, March 22, 1 p.m. and 4:30 p.m.; \$13-\$17. David and Dorothea Garfield Theatre, 4126 Executive Drive. (LA JOLLA)

The Hobbit Students of Theatre School at North Coast Repertory Theatre present this tale of reluctant hero Bilbo Baggins, his quest to slay a dragon and save his world, based on J.R.R. Tolkien's book. 858-481-1055. Thursday, March 19, 5 p.m.; Saturday, March 21, 11

a.m. and 1:30 p.m.; Sunday, March 22, noon; \$9-\$12. North Coast Repertory Theatre, 987-D Lomas Santa Fe Drive. (SOLANA BEACH)

The Princess and the Pea Missoula Children's Theater cast local children in this magical musical. 858-748-0505. Saturday, March 21, 3 p.m. and 7 p.m.; \$5-\$17. Poway Center for the Performing Arts, 15498 Espola Road. (POWAY)

Ant-Sized Adventures Learn about "amazing woodrat and his house of sticks" during parent and preschooler program. Expect to hear facts about "this thrifty and busy mammal, with songs, short hike, and take-home craft." Reservations required: 619-582-6261. Thursday, March 19, 10 a.m.; Friday, March 20, 10 a.m.; \$2. Ages 2 and up. Mission Trails Regional Park, One Father Junípero Serra Trail. (SAN CARLOS)

Family Day Afternoon of crafts and activities focused on international border between United States and Mexico. Included in regular museum admission. 619-232-6203. Saturday, March 21, 1 p.m.; free. Museum of San Diego History, 1649 El Prado. (BALBOA PARK)

Mind Your Manners! "Mannerly Kids I" etiquette class for children 5 to 11 years old focusing on social, business, dining skills. Fee includes four-course formal dinner workbook, award of completion. 951-415-8300. Sunday, March 22, 2 p.m.; \$95. Ages 5 and up. Morgan Run Resort and Club, 5690 Cancha de Golf. (RANCHO SANTA FE)

Watch Out for Mr. McGregor! Puppet Express takes stage to present *Peter Rabbit*. Curtain rises at 10 and 11:30 a.m. Wednesday-Friday; 11 a.m., 1, and 2:30 p.m. Saturday and Sunday. 619-544-9203. Thursday, March 19; Friday, March 20; Saturday, March 21; Sunday,



To place your ad in the *Wedding Guide*, call 619-255-8200.

Wedding Guide



Affordable Customized Wedding Ceremonies

Church services or barefoot on the beach. Call 858-350-1053. See www.personalizedweddings.zoomshare.com. E-mail, sjwallace1053@yahoo.com.

Best Quality, Best Prices Your Bridal Jewelry Store

Large selection of gold & diamond wedding sets. We specialize in custom designs. 619-670-0700. Kenz Jewelers, 2522 Jamacha Road.

Bridal Bazaar Sunday, April 26

Del Mar Fairgrounds. 10am-4pm. Over 250 exhibitors with everything for your wedding. Info, coupons, www.bridalbazaar.com.

Classical/Spanish Guitar

Professional guitarist will play at your wedding/special event. Classical, Spanish, Flamenco guitar. Audio samples and more at www.williamwilson.com. Contact William, 619-300-6284.

Cupcakes Squared Gourmet Cupcakes

24-plus flavors to choose from, and gluten-free. Freshest ingredients. Affordable alternative. Fresh daily. CupcakeSquared.com. 619-226-3485.

Don't Let The French In French Gourmet Scare You! We Offer Delicious Values!

From simple hors d'oeuvres & cakes to elaborate buffets or sit-down receptions, our experienced staff will plan a menu that will please your guests and someone's wallet. Visit www.thefrenchgourmet.com or consult us at 800-929-1984 x125. Free cake tasting. 960 Turquoise, PB. Serving San Diego since 1979.

Edgy Wedding Photography By Anouk Vashe

Personalized photography & service. Mention this ad to receive \$200 of prints free with your purchase. www.anoukvashe.com. 619-884-6852.

Michael's Flower Girl MichaelsFlowerGirl.com

The look of elegance on a working bride's budget! Flowers, cakes, DJ, invitations, photography, linens and more! Call for specials! 619-516-5544.

Photography By Calvin

Professional service, beautiful photos. 619-253-4245.

Winter Special \$425*

Let us perform and photograph your wedding for \$425! \$600 value. Married couple with over 30 years' photography and ministerial experience teams up to beautifully cover your event. Call Brian or Valerie: 619-583-0411. *Expires 5/31/09. www.brianhowarthphotography.com.

March 22; \$3-\$5. Marie Hitchcock Puppet Theatre, 2130 Pan American Road West. (BALBOA PARK)

Young Naturalists Hike Outing led by naturalist D.J. Summers promises easy hike along a nature trail, followed by craft at picnic area. Reservations: 760-839-4680. Sunday, March 22, 1 p.m.; free. Daley Ranch, 3024 La Honda Drive. (ESCONDIDO)

IN PERSON

"Circophilia" Zirk Ubu, S.D.'s "newest and most absurd circus," offers night of circus acts, deejays, dancing, "absurd visionary theater," stilting, sword swallowing, more. Doors open at 9:30 p.m. Absurdist attire encouraged. 619-708-6029. Saturday, March 21, 9:30 p.m.; \$15. Ages 21 and up. Spin Nightclub, 2028 Hancock Street. (MIDWAY DISTRICT)

"Hypno Live!" "Individuals who volunteer for hypnosis are the ones who will have the most fun," according to hypnotist Michael Swenson, who plans comedy hypnosis show to entertain audience members and participants alike. 858-344-9252. Wednesday, March 25, 8 p.m.; \$15-\$29. The Comedy Palace, 8878 Clairemont Mesa Boulevard. (KEARNY MESA)

"Intimate Miracles" Sebastian presents "close-up" magic shows. Tickets include drinks provided by "syndicated wine columnist" and *WineReviewOnline.com* publisher

Robert Whitley. RSVP: 619-865-2973. Saturday, March 21, 6 p.m. and 8 p.m.; \$20. Ages 21 and up. Planet Rooth Gallery, 3811 Ray Street. (NORTH PARK)

"Olio the Show" Live jazz and dance supper club revue, following "evolution of jazz music and its dance forms starting with traditional West African dance and drums all the way to hip-hop and everything else in between." Reservations: 619-869-1663 or 619-337-0238. Saturday, March 21, 8 p.m.; \$15-\$25. Ciao Bella Caffè Bar e Ristorante, 5263 Baltimore Drive. (LA MESA)

"Wong Flew Over the Cuckoo's Nest" Writer Kristina Wong performs partial version of her solo performance piece, said to mix humor and psychology, in Arts Building room 111. She'll lecture on the piece as well. 760-750-4366. Tuesday, March 24, 7 p.m.; free. CSU San Marcos, 333 South Twin Oaks Valley Road. (SAN MARCOS)

San Diego's Best Freebies & Bargains Author Sally Gary reveals "deals and steals" during her talk. 619-463-8277. Friday, March 20, 10:30 a.m.; free. Casa de Oro Library, 9805 Campo Road #145. (SPRING VALLEY)

Ain't Misbehavin' The Fats Waller comedic musical revue is next production by the students. Though originally written for cast of five, this production boasts 20 performers. 619-475-8556. Thursday, March 19, 7 p.m.; Friday,

March 20, 7 p.m.; Saturday, March 21, 2 p.m.; \$6-\$7. School of Creative and Performing Arts, 2425 Dusk Drive. (PARADISE HILLS)

Native Americans of San Diego County Local author Donna Bradley discusses, signs her book. 858-270-8642. Sunday, March 22, 1 p.m.; free. Open Door Books, 4761 Cass Street. (PACIFIC BEACH)

Author Visit Erica Miner writes books for adults and teens. She will discuss her latest book, answer questions, sign books (available for purchase during event). Among her books: *Travels with My Lovers* and *FourEver Friends*. 619-463-3006. Thursday, March 19, 4 p.m.; free. Spring Valley Library, 836 Kempton Street. (SPRING VALLEY)

Common Chords III, The Next Generation San Diego Jewish Music Festival continues with this "celebration of Jewish and Muslim music." Performers Salman Ahmad ("Muslim rock star and peace ambassador"), Indian tabla player Samir Chatterjee, klezmer maven Yale Strom and his band Hot P'stromi play original works exploring tolerance, diversity, ties that bind. 858-362-1348. Wednesday, March 25, 7:30 p.m.; \$19-\$24. Lawrence Family Jewish Community Center, 4126 Executive Drive. (LA JOLLA)

Full Show for the Five Senses Fuente Eterno Decom party with deejay, live music, hoopers, dancers, stilt walkers, more, hosted by Danyavaad, the Shimmy Sisters, friends. 619-884-7707. Sunday,

March 22, 6 p.m.; \$12. Stage Saloon, 762 Fifth Avenue. (DOWNTOWN)

Global Icon? Travel writer, essayist, novelist Pico Iyer visits shop to discuss, sign *The Open Road: The Global Journey of the 14th Dalai Lama*, his fascinating look at life of the current Dalai Lama. 858-454-0347. Sunday, March 22, 7:30 p.m.; free. Warwick's Bookstore, 7812 Girard Avenue. (LA JOLLA)

Literary Reading Poets Kathleen Rooney and Elisa Gabbert, co-authors of *That Tiny Insane Voluptuousness*, read from their work in Grand Salon room 113 of M. Gordon Clarke Field House. 760-750-8077. Thursday, March 19, 7 p.m.; free. CSU San Marcos, 333 South Twin Oaks Valley Road. (SAN MARCOS)

Sacred Chant Concert Enjoy "uplifting beats and peaceful melodies" when musicians Snatam Kaur, GuruGanesha Singh, Manish Vyas, and Tanmayo weave traditional Indian instruments and ecstatic chants into "blend of serene musical tapestries." Bhava Ram performs "trademark inspirational music layered heavily with themes of peace and love" on guitar. 760-753-2345. Sunday, March 22, 7:30 p.m.; \$30-\$35. Seaside Center for Spiritual Living, 1613 Lake Drive. (ENCINITAS)

Spring Renewal Poetry Party and Reading Solana Beach Art Association presents poetry jam focusing on "hope and joy that spring brings to us each year." Professional poet Diane Gage reads her poetry,



RECESSION-BUSTER RATES

LIMOS

8-passenger limo: Mon.-Thurs. \$80/hour, Fri. & Sat. \$99/hour. Rate includes tax & tip. 3-hour min.

LIMO BUSES

20-passenger limo bus:

Mon.-Thurs. \$120/hour, Fri. & Sat. \$140/hour.

30-passenger limo bus:

Mon.-Thurs. \$140/hour, Fri. & Sat. \$165/hour.

Rate includes tax & tip. 4-hour min.

619-336-9200 • www.sundiegot charter.com

TCP11264



SKYDIVE
Save \$30

enjoying the biggest thrill of your lifetime!
Weekday Skydive Special: Mon.-Fri., excluding holidays



Must present coupon. Expires 3/31/09.
Other conditions may apply.

Must be 18 years of age and weigh less than 230 pounds.

San Diego's oldest, largest operation

619.216.8416 | SkyDiveSanDiego.com



GIUSEPPE VERDI'S

RIGOLETTO

A father's curse comes alive when the lecherous Duke of Mantua seduces the innocent daughter of his court jester Rigoletto – and Rigoletto plots vengeance. Set in the opulent world of the Italian Renaissance with fast paced, powerful music, this is Verdi at his best!



SAT MAR 28 7PM
TUE MAR 31 7PM
FRI APR 3 8PM
SUN APR 5 2PM
WED APR 8 7PM

OPENS SATURDAY MARCH 28

SAN DIEGO
OPERA

ONE OF AMERICA'S TOP TEN OPERA COMPANIES
WE MAKE MUSIC WORTH SEEING™

TICKETS: Click sdopera.com or call (619) 533-7000 (Mon-Fri 8:30am-4:30pm)

Ask about our \$35 seats. English translations displayed above the stage. All performances at the San Diego Civic Theatre. Free lecture for ticket holders, one hour prior to each performance, sponsored by The San Diego Union-Tribune.

Photo by Ken Jacques Code 7033

Calendar LOCAL EVENTS

talks about craft of writing poems. Open mike for sharing of spring-time-themed original poetry (30 reading spaces available). 858-755-3735. Sunday, March 22, 4 p.m.; free. The Book Works, 2670 Via de la Valle. (DEL MAR)

Squeaky-Clean Comedy! Family-friendly shows for all ages. 858-433-1457. Saturdays, 7 p.m.; \$5. Naveed's Comedy Club at Bella Roma Pizza and Restaurant, 6830 La Jolla Boulevard #103. (LA JOLLA)

Stupid People Tricks? Tell a tale of fools and foolishness during open story swap. Bring short (five-minute) true story, tall tale, or folk-tale to tell — not read — or just listen. Material must be suitable for general audiences. 858-484-1325. Wednesday, March 25, 7 p.m.; free. Barnes and Noble Bookstore Mira Mesa, 10775 Westview Parkway. (MIRA MESA)

Twiggs Poetry Group Jim Eret reads from his work. 619-296-0616. Monday, March 23, 8 p.m.; free. Twiggs Bakery Coffeehouse,

HELICOPTER TOURS Fun and Adventure

18 years of excellence

- Scenic Tours
- Winery Lunch Flights
- Gift Certificates
- Flight Training
- Large or Small Groups

from \$77
per person



800-345-6737

4590 Park Boulevard. (UNIVERSITY HEIGHTS)

U.S. Military Academy Glee Club Cadet Glee Club is 65-voice mixed chorus whose members serve as musical ambassadors for West Point. Group performs for La Jolla Presbyterian Church Concert Series. Requested donation: \$10. 858-454-0713. Saturday, March 21, 7 p.m.; free. La Jolla Presbyterian Church, 7715 Draper Avenue. (LA JOLLA)

West Coast Funnies Comedy variety show with Kurt Swann combines sketch comedy with stand-up comedy presented in talk-show format. Featured performer is *Tonight Show* veteran Nick Thune. 760-720-2460. Saturday, March 21, 8 p.m.; \$15-\$20. Carlsbad Village Theatre, 2808 State Street. (CARLSBAD)

LECTURES

"Animalkind" Artist Sue Coe presents illustrated lecture in room 100 of SDSU's Nasatir Hall (5 p.m.) in conjunction with "Animalkind" exhibit. Talk followed by artists' reception for exhibit exploring "variety of relationships between nonhuman and human animals through a selection of works by artists from the United States and Finland" in University Art Gallery. 619-594-5171. Saturday, March 21, 5 p.m.; free. San Diego State University, 5500 Campanile Drive. (COLLEGE AREA)

"Beautiful Landscape on a Low-Water Budget" Seven principles of xeriscape, plant selection, planting techniques presented by landscape designer Connie Beck. Reservations: 619-660-4350. Tuesday, March 24, 6:30 p.m.; \$20-\$30. Water Conservation Garden,



12122 Cuyamaca College Drive West. (CUYAMACA COLLEGE)

"Craft in America" Local artists share their work during video, lecture, discussion event hosted by Poway Arts and Crafts Guild. 858-513-2900. Saturday, March 21, noon; free. Poway Library, 13137 Poway Road. (POWAY)

"Exploring Antarctica" Stories, photographs from "journey of a lifetime to the end of the Earth...from Tierra del Fuego to Cape Horn and the Antarctic Peninsula." RSVP: 619-338-9981 x14. Wednesday, March 25, 7 p.m.; free. Le Travel Store, 745 Fourth Avenue. (DOWNTOWN)

"Nesting Results of the California Least Tern and Western Snowy Plover" Did you know your beach activities can affect survival of nesting tern and plover chicks? Tern and plover expert Robert Patton shares nesting results from last year, concerns for this season, and on-the-job stories about their nesting behavior and natural history for Tijuana Estuary Speaker Series. 619-575-3613. Saturday, March 21, 11 a.m.; free. Tijuana Estuary Visitor Center, 301 Caspian Way. (IMPERIAL BEACH)

Options for Economic Stimulus UCSD professor of economics James Hamilton examines "alternatives for an economic stimulus plan" when San Diego Association for Rational Inquiry gathers. 619-421-5844. Sunday, March 22, 7 p.m.; free. Joyce Beers Community Center, 4065 Vermont Street. (HILLCREST)

"Photographing Your Pets" Learn tips about taking pictures of your pet from professional photographer Jen Petit. Topics range from technical, including camera choices and lighting strategies, to artistic methods. Bring your camera and questions, but *no* pets. Fee includes materials, light snacks. Registration: 619-243-3424. Thursday, March 19, 6:30 p.m.; \$12. San Diego Humane Society and SPCA, 5500 Gaines Street. (LINDA VISTA)

"Publishing for Success" Antoinette Kurtz leads interactive workshop for San Diego Writers/Editors Guild. Kurtz is founder of La Jolla Writers Conference, host of *Writers Round Table* radio show. Doors open at 6:30 p.m., program at 7 p.m. 760-471-5323. Monday, March 23, 6:30 p.m.; free. Joyce Beers Community Center, 4065 Vermont Street. (HILLCREST)

"Really Reliable Recall" Frustrated when Spot won't "come when called"? Remedy problem during workshop. Registration: 619-299-7012 x2704. Saturday, March 21, 9 a.m.; \$35. San Diego Humane Society and SPCA, 5500 Gaines Street. (LINDA VISTA)

"Russia" Andranik Migranian from Institute for Democracy and Cooperation, New York, speaks for Hansen/Hostler Distinguished Lecture Series. Talks examining key international issues facing President Obama take place in Hardy Tower room 140. 619-594-6244. Thursday, March 19, 7 p.m.; free. San Diego State University, 5500 Campanile Drive. (COLLEGE AREA)

"Small Steps, Big Changes" What can women do to make a difference in our communities? Find out during International Outreach Team's Cultural Learning Workshop. Open to all. 619-527-6161. Wednesday, March 25, 6 p.m.; free. Joe and Vi Jacobs Center, 404 Euclid Avenue. (SOUTHEAST SAN DIEGO)

"Tea 101" Introductory talk covers basic tea classifications, important factors of history, origin, processing methods. Expect overview of tea preparation guidelines, basic teaaware knowledge. Tea tasting will help illustrate curriculum. Reservations: 619-450-4224. Saturday, March 21, 6 p.m.; \$10. Halcyon Tea, 3009 Beech Street. (SOUTH PARK)

"The His and Hers of Prosocial Behavior" Alice Eagly returns as speaker for 2009 Michael Haney Distinguished Lecture in Psychology. When and why are men or women are more likely to help others? She will highlight contextual variation of sex differences in helping behavior. Eagly is Northwestern University professor of psychology. 619-260-4003. Tuesday, March 24, 12:30 p.m.; free. Joan B. Kroc Institute for Peace and Justice, University of San Diego, 5998 Alcalá Park. (LINDA VISTA)

"The Landscape: California Women in Public Office" An "all-star panel of California female public officials" addresses history, the "real dirt," practicalities, and successes during this Run Women Run event. Panelists: Dede Alpert, Midge Constanza, Crystal Crawford, Mary Salas, Lynn Schenk. Talk offered in Hojel Auditorium. 858-248-9465. Sunday, March 22, 1:30 p.m.; \$25-\$35. Institute of the Americas, UCSD, 10111 North Torrey Pines Road. (LA JOLLA)

"The Nuts and Bolts of It All" Myra Herrmann, senior planner with City of San Diego, divulges "How the City of San Diego Evaluates Potential Impacts to Historical Resources" for San Diego County Archaeological Society. What has archaeological monitoring discovered? 858-538-0935. Tuesday, March 24, 7:30 p.m.; free. Los Peñasquitos Ranch Adobe, 12122 Canyonside Park Drive. (RANCHO PEÑASQUITOS)

"The Religion Virus" Local author Craig A. James explains "religion's grip on humanity, from an evolutionary perspective." for Atheist Coalition of San Diego. 619-342-7388. Tuesday, March 24, 6:30 p.m.; free. North Park Recreation Center, 4044 Idaho Street. (NORTH PARK)

"The Upside of Down: How to Keep Our Cities Great" Chicago Mayor Richard Daley and former Bogotá mayor Enrique Peñalosa lead discussion in Forum Auditorium for Helen Edison Lecture Series. Moderated discussion will cover "views of two mayors who have catapulted their cities to international acclaim." Also in attendance: UCSD Chancellor Marye Anne Fox, San Diego Mayor Jerry Sanders. Reservations: 858-822-0510. Friday, March 20, 7:30 a.m.; free. Scripps Institution of Oceanography, 8602 La Jolla Shores Drive. (LA JOLLA)

"Water, Water...Anywhere?" Phil Pride plans slide-illustrated lecture on future of region's water supply. Learn of "complex past history, present realities, and future challenges of our domestic and agricultural water supplies" when San Diego Audubon Society gathers. 619-682-7200. Friday, March 20, 7 p.m.; free. Tecolote Nature Center, 5180 Tecolote Road. (CLAIREMONT)

"Wise Choices for a Water-Wise Garden" Gardening maven Judy Wigand focuses on environmentally friendly gardens boasting year-round bloom and interest when MiraCosta Horticulture Club gathers at Alta Vista Gardens in Brengle Terrace Park. 760-729-8172. Saturday, March 21, 12:45 p.m.; free. Brengle Terrace Park, 1200 Vale Terrace Drive. (VISTA)

"Women as Leaders: Negotiating the Labyrinth" Alice Eagly, Northwestern University professor of psychology, is featured speaker for 2009 Michael Haney Distinguished Lecture in Psychology. Talk will focus on psychology

of prejudice toward female leaders, other reasons women may face challenges navigating path toward leadership. 619-260-4003. Monday, March 23, 7 p.m.; free. Joan B. Kroc Institute for Peace and Justice, University of San Diego, 5998 Alcalá Park. (LINDA VISTA)

"Zen of Schmoozing" Increase your chances of being funded by returning civility to the asking game during this grant-writing workshop. 619-460-2738. Friday, March 20, 10 a.m.; free. San Diego County Health and Human Services, 690 Oxford Street. (CHULA VISTA)

Kyoto Laureate Symposium Anthony James Pawson, winner of Kyoto Prize in Basic Sciences, will discuss how our cellular dialogue works, what goes wrong with the communication process in diseases such as cancer, possibilities for new therapies opened by this understanding. How is information conveyed within the cell? Registration: 858-467-1727. Thursday, March 19, 3:30 p.m.; free. Price Center at UCSD, 9500 Gilman Drive. (LA JOLLA)

San Diego's North Island: 1911-1941 Co-authors Katrina Pescador and Mark Aldrich share their passion for aviation history with their presentation on San Diego's North Island for "Third Thursday Author Series." North Island is described as "one of the most significant venues of aviation in the world." Fee: \$35 at door includes lecture, book; pay \$15 for lecture only. Tickets: 619-297-9327. Thursday, March 19, 6 p.m.; \$15-\$35. Adobe Chapel, 3963 Conde Street. (OLD TOWN)

A New California Garden Landscape designer Linda Whitney shares process for creating her own award-winning, water-smart landscape from ground up. Learn steps from design, irrigation, plant selection to maintenance principles. Registration: 619-660-0614 x10. Saturday, March 21, 9 a.m.; \$20-\$30. Water Conservation Garden, 12122 Cuyamaca College Drive West. (CUYAMACA COLLEGE)

Adoption Records Genealogy librarian, researcher Stephanie Weiner speaks for North San Diego County Genealogical Society. "As an adoptee, Weiner has an abiding interest in access to vital records. She has worked with grassroots adoption organizations and has lectured on the topic of adoption, orphans, and nontraditional families." Nonmembers wel-

Style Limousines

Named "BEST" in SD Magazine!

Brand-New Vehicles!

Gorgeous Interiors w/
TVs and DVD Players!
Impeccable Service!

Best Prices in SD!

619-846-8146

www.stylelimos.com



¡Se Habla Español!

Our goal is to be the best limousine experience you've ever had. Period.



20%
off now!

"Don't settle for less...
Go in Style!"

Special Occasions
Proms/Formals
Wine Tastings
Weddings
Birthdays

Talent Update:

20-year-old
Chloë Goodrum from Mira Mesa
was recently featured in many fashion
shows at New York City's Mercedes-Benz
Fashion Week. DIANE VON FURSTENBERG
was one of Chloë's favorite shows.

"We maximize potential without compromising
health, values or education."

No experience or fees required.

Scott
Copeland
International

Conservative Management
1255 Coast Blvd., La Jolla • 858-456-9189
www.scottcopelandtalent.com

Intro
Lesson \$38
2-for-1
(Advance reservation required)

**Largest Climbing
Gym in San Diego**

**Military
Sundays
50% Off
Day Pass**

(Excludes lessons.
Call for details.)

9580 Distribution Ave. • San Diego
858-586-7572 • verticalhold.com

come. 858-592-6049. Tuesday, March 24, 10 a.m.; free. Carlsbad City Council Chambers, 1200 Carlsbad Village Drive. (CARLSBAD)

Alaskan Nature Photography Presentation of photographs by Alaskan bush pilot Mark Stadsklev. Question and answer follows. Talk is in conjunction with exhibit of Stadsklev's photographs on display at library through Monday, March 30. 619-588-3718. Sunday, March 22, 2 p.m.; free. El Cajon Library, 201 East Douglas Avenue. (EL CAJON)

American New Queer Cinema Pioneer Speaks! Chris Munch (who has made four feature narrative films as writer, director, and editor) plans distribution talk and workshop in University Hall room 439. 760-750-8085. Tuesday, March 24, 2 p.m.; free. CSU San Marcos, 333 South Twin Oaks Valley Road. (SAN MARCOS)

Architectural Turning Bill Cox addresses North County Woodworking Club. 760-489-7187. Thursday, March 19, 7 p.m.; free. Ages 12 and up. Joslyn Senior Center-Escondido, 210 Park Avenue. (ESCONDIDO)

Bacon's Breakthroughs "An Independent Scholar's Perspective on Sir Francis Bacon's *Advancement of Learning*" is promised when Catherine Blecki, professor emeritus from San Jose State University, speaks for San Diego Independent Scholars meet in room 111A of UCSD Chancellor's Complex. 760-751-3094 or 619-296-4055. Saturday, March 21, 1:20 p.m.; free. University of California San Diego, 9500 Gilman Drive. (LA JOLLA)

Behind the Scenes! Artists from *Rigoletto* participate in Artists' Round Table — offering look at music, characters, behind-the-scenes work — hosted by San Diego Opera in Beverly Sills Salon of Civic Theatre. 619-232-7636. Thursday, March 19, 5:30 p.m.; free. San Diego Civic Theatre, 1100 Third Avenue. (DOWNTOWN)

Brown Bag Lunch Talk Tijuana River National Estuarine Research Reserve staff illuminate history of reserve. Learn significance of this international wetland preserve to maintaining a healthy coastal environment in the region. Included in museum admission. 619-232-6203. Thursday, March 19, noon;

free. Museum of San Diego History, 1649 El Prado. (BALBOA PARK)

Computer Genealogy Your Thing? User groups meet at 9 a.m. for Family Tree Maker, Macintosh, and user group on new genealogy websites during Computer Genealogy Society of San Diego meeting. Live web-cast on digital imaging and editing with Photoshop elements by "Digital Photo Guy" Lee Otsubo (10:15 a.m.). Attendees will be able ask questions. 619-426-8295. Saturday, March 21, 9 a.m.; free. Robinson Auditorium complex at UCSD, off Pangea Drive. (LA JOLLA)

Culinarily Challenged? Learn to prepare simple recipes, where to buy the best ingredients, what equipment you will need during these classes. March 19: pizzas galore. 760-431 2278. Thursday, March 19, 7 p.m.; \$45. Ages 21 and up. Captain Cook's Culinary Academy, 6986 El Camino Real. (CARLSBAD)

Do Dreams Inspire Art? Patricia Ariadne presents "Women Dreaming-into-Art: Seven Artists Who Create from Dreams" for Friends of Jung. Ariadne is licensed psychotherapist utilizing dreams, related topics with her patients. 858-832-8003. Friday, March 20, 7:30 p.m.; \$15-\$20. Mueller College, 6160 Mission Gorge Road, 3rd floor. (GRANTVILLE)

Do Rules Still Matter? Must writers and editors throw out everything they know, learn whole new set of skills? Find out when Tina Rounsavell focuses on "Writing and Editing for the Web" for San Diego Professional Editors Network (SD/PEN). 619-281-6951. Thursday, March 19, 6:30 p.m.;

free. Joyce Beers Community Center, 4065 Vermont Street. (HILLCREST)

Fold Some Bugs! "Oh Boy Origami" class led by Lisa Koide Halverson with hopping, flying, and crawling "bugs" to be created. Reservations: 619-232-2721. Sunday, March 22, 10 a.m.; \$8. Ages 8 and up. Japanese Friendship Garden, Pan American Road. (BALBOA PARK)

Free Money for College? Ron Caruthers of KCEO divulges "hidden ways to get thousands of dollars of free money for college, even in today's rocky economy, no matter how much money you make or how good a student you have." Do tell. 760-438-9095. Tuesday, March 24, 7:15 p.m.; free. Carlsbad City Library, 1775 Dove Lane. (CARLSBAD)

Frontiers in Science "Personalized Medicine in the Era of Genomics — Changing the Future" is subject for Dr. Nicholas Schork, professor in Molecular and Experimental Medicine Department at Scripps Research Institute. Schork will illustrate how genetics, genomics are leading way to personalized medicine. Reception follows. RSVP: 858-784-2915. Wednesday, March 25, 6 p.m.; free. Estancia La Jolla Hotel and Spa, 9700 North Torrey Pines Road. (LA JOLLA)

Homegrown Community gardening series with master gardeners Diane Hollister and Pete Ash hosted by Agri Service, Inc. Learn to garden, grow food in your own backyard or community. This month: "Building a Garden Bed — Size, Location, and Soil Building." Reservations: 800-262-4167 x4. Saturday, March 21, 1:30 p.m.; free. El Corazon compost facility, 3210 Oceanside Boulevard. (OCEANSIDE)

Opera Insights Historical and cultural background, music analysis, plot synopsis, musical selections from Verdi's *Rigoletto* presented by Ron Shaheen to highlight upcoming San Diego Opera production. 619-236-5800. Wednesday, March 25, 5:30 p.m.; free. San Diego Public Library, 820 E Street. (DOWNTOWN)

Recorder Workshop San Diego County Recorder Society conducts annual workshop, with instruction by Inga Funck. Fee includes lunch. Registration: 619-334-1993. Saturday, March 21, 9 a.m.; \$40-\$50. Clairemont Lutheran Church, 4271 Clairemont Mesa Boulevard. (CLAIREMONT)

Stay Green Friends of San Diego Architecture host Kathy Garcia, who will present "Greening the Green: Open Spaces Contributing to Our Sustainable Actions." Garcia is director of local (and national) landscape architecture and urban design firm. Talk followed by question/answer session. Donation. 619-224-8584. Saturday, March 21, 9:30 a.m.; free. NewSchool of Architecture and Design, 1249 F Street. (DOWNTOWN)

Why Do Bordeaux Wines Shine? Judge for yourself when Barbara Baxter's art of wine tasting/lecture series continues with "Connoisseurship: The Art of Bordeaux Wine." Savor five representative Bordeaux chateaux wines for color, acid, tannin, fruit, richness, consistency. "Perfect growing season of 2005 resulted in a most glamorous vintage." Required reser-

vations: 858-454-5872. Wednesday, March 25, 7:30 p.m.; \$25-\$30. Athenaeum Music and Arts Library, 1008 Wall Street. (LA JOLLA)

OUTDOORS

Vernal Equinox on Friday, March 20, at 4:44 a.m. Pacific standard time heralds the beginning of the spring season for Earth's northern hemisphere. At the instant of vernal equinox, the sun lies in the plane of Earth's equator. As a consequence, days and nights are of equal length (12 hours each) everywhere on our planet. Another consequence is that the sun rises due east along the horizon and sets due west. During the next three months, as the sun shines more and more directly on our hemisphere, daylight hours will lengthen and the rise and set positions of the sun will gradually shift toward the northeast and northwest, respectively.

The Pleasantly Pungent Odor of sage is filling the air wherever native vegetation grows on the county's coastal and lower-foothill slopes. Most common are the black sage, with tight clusters of small, white flowers; the grayish-leaved white sage; purple-blossomed, sweet-smelling Cleveland sage; and California sagebrush, characterized by soft, needle-like leaves.

Yuccas of two varieties are in bloom in San Diego County from

now through May. Year after year, the Mojave yucca (*Yucca schidigera*) sends up a blunt flower stalk of white, waxy blossoms from the same base — a rosette of dagger-like leaves. The shimmering white exclamation point that unfolds above "Our Lord's Candle" (*Yucca whipplei*), on the other hand, is a prelude to the plant's imminent death. Mojave yucca is widely distributed along San Diego County's coastal strip and throughout the higher elevations of the Anza-Borrego Desert. Our Lord's Candle prefers the scrubby coastal foothills and the drier slopes of the Palomar, Cuyamaca, and Laguna mountains. The two yuccas coexist with each other in a few areas like Torrey Pines State Reserve and Anza-Borrego's Culp Valley area.

India Hawthorn, one of the most common flowering shrubs used in landscaping as hedges and dividers in San Diego, is blooming best right about now. The plant, which has several varieties, covers itself with blossoms ranging in hue from pinkish white to vivid pink.

The Big Dipper, an abbreviated version of the larger constellation known as Ursa Major (the Great Bear), hovers nearly straight overhead during evening hours from March through June. The seven stars of the dipper — all but one classified as "second magnitude" in brightness — can be distinctly seen on clear evenings, even from light-polluted city locations. The two stars at the end of the bowl of the Big Dipper point downward

BALLOON RIDES
\$149/Person

Restrictions apply.
Smaller gondolas providing unobstructed views.
No mileage restrictions.
• Beautiful sunrise & sunset flights over Temecula wine country or Del Mar
• Prices good for cash or credit card
• FAA-certified pilots • Perfect safety record
• Member of S.D. Chamber of Commerce

Panorama Balloon Tours
(858) 688-7276 • www.gohotair.com

09 LIMO SPECIALS

➤ **Temecula wine tours**
starting at \$299

➤ **One free hour!**
When you buy 3 hours
Sunday through Thursday

➤ **Kid's birthday: roller coaster & pizza.**
Special *Reader* price!

Packages for all occasions & all ages
Brand-new fleet of vehicles

619-588-4009
russoslimo.com
TCP 23646 B

Free 7" Tiki Statue
No purchase necessary.
9-foot Palapa Structures \$690
Largest tiki store on the West Coast! • Bamboo Furniture
Thatch • Tikis • Masks • Tropical Decor
Nautical Decor • Party Rentals
2nd Anniversary Luau • Saturday, May 30
Free food, drinks & entertainment
Mainlanders
6195 University Ave. (at College)
(866) 384-4479 • www.tropicaltikis.com

Meet University of Delaware President
PATRICK T. HARKER

A special networking opportunity for UD alumni, parents and friends

Wednesday, March 18, 6-8 p.m.
Verandah Room, La Valencia Hotel
1132 Prospect Street, La Jolla, CA

Questions? Email AlumNet@udel.edu
or call (302) 831-2341.

R.S.V.P. by Thursday, March 12, at
www.UDconnection.com/SanDiego

Cost is \$25 per person, which includes
cocktails and hors d'oeuvres.

*Sponsored by the University of Delaware
and the San Diego Alumni Club*

UDconnection.com

San Diego Reader March 19, 2009 61

Calendar LOCAL EVENTS

toward a lone, second-magnitude star: Polaris, the North Star, which perpetually marks the direction of true north.

Hellhole Adventure! Canyoners lead “moderate to strenuous” 2.5-mile hike traveling through chaparral and along Hell Creek. Community features mixed chaparral, wildflowers, wild lilac, redberry, scrub oak, and mission manzanita. 619-255-0203. Sunday, March 22, 10 a.m.; free. Hellhole Canyon Open Space Preserve, 19324 Santee Lane. (VALLEY CENTER)

Bird Watching Easy walk with variety of birds and views of salt marsh habitat hosted by Friends of Famosa Slough starts at first bench on Famosa Boulevard. Bring binoculars if you have them. 619-224-4591. Saturday, March 21, 1 p.m.; free. Famosa Slough, West Point Loma Boulevard and Famosa Boulevard. (OCEAN BEACH)

Discover Downtown Escondido Walking tour led by Escondido History Center guide, starting at southeast corner of Grand and Broadway. 760-743-8207. Saturday, March 21, 11 a.m.; free. Draper’s and Damon’s, 101 East Grand Avenue. (ESCONDIDO)

Eco-Reserve Volunteer Work Party Join volunteers to clean up, take part in trail maintenance and habitat restoration. Wear sturdy shoes, long pants. Reservations: 760-436-3944. Saturday, March 21, 9 a.m.; free. San Elijo Lagoon Ecological Reserve, 2710 Manchester Avenue. (CARDIFF)

Explore Florida Canyon California Native Plant Society members Betsy Cory and Paul Hormick lead hike starting at end of parking lot on west side of tennis courts, by water fountain. 619 656-8669. Saturday, March 21, 10 a.m.; free. Ages 7 and up. Morley Field sports

complex, 2221 Morley Field Drive. (BALBOA PARK)

Get Out and Bird! Join Audubon Society bird watchers in El Arroyo picnic area. Beginners welcome. 858-755-7133. Wednesday, March 25, 8 a.m.; free. Kit Carson Park, 3333 Bear Valley Parkway. (ESCONDIDO)

Miner’s Loop Trail Walk Join naturalist Mike Kelly for hike on north face of Black Mountain Park. There should be a good wildflower show this year. Wear hiking boots, bring water. 858-342-8856. Saturday, March 21, 9 a.m.; free. Carmel Valley staging area, 14850 Carmel Valley Road. (CARMEL VALLEY)

Mystery Walk Naturalist Kathleen Flanagan leads fast-paced, strenuous walk of about seven miles based on makeup of the group. Expect “a lot of map reading.” Bring a minimum of two liters of water, layer your clothing. 760-839-4680. Friday, March 20, 7 a.m.; free. Daley Ranch, 3024 La Honda Drive. (ESCONDIDO)

Spring Equinox in Mission Trails Learn about “magical changes a vernal season brings” during interpretive nature walks. 619-668-3281. Saturday, March 21, 9:30 a.m.; Sunday, March 22, 9:30 a.m.; Wednesday, March 25, 9:30 a.m.; free. Mission Trails Regional Park, One Father Junípero Serra Trail. (SAN CARLOS)

Tour the Salt Works See birds, learn about ecology of South San Diego Bay Salt Works during guided tour. Required reservations: 619-682-7200. Saturday, March 21, 10 a.m.; free. Salt Works Trailhead, 1470 Bay Boulevard. (CHULA VISTA)

Tree Time Offshoot Tours offers hour-long guided tour highlighting various Balboa Park trees. 619-235-1122. Saturday, March 21, 10 a.m.; free. Balboa Park Visitors’ Center, 1549 El Prado. (BALBOA PARK)

Where Was Wyatt Earp’s Favorite Oyster Bar? Find out when San Diego Architectural Foundation hosts tours of historic Gaslamp Quarter. Learn about

OUT & ABOUT

BANFF MOUNTAIN FILM FESTIVAL 2009

La Paloma Theatre and San Diego Natural History Museum, Thursday–Monday, March 19–23.

(SEE FILM)



area’s architectural evolution from 1880s dirt streets and saloons to current restorations and adaptive reuse projects. Tours begin at Arts Tix kiosk. 619-232-1385. Saturday, March 21, 9:50 a.m.; \$8-\$15. Ages 10 and up. Horton Square, 225 Broadway. (DOWNTOWN)

Work Party in Silverwood Sanctuary Help remove invasive, nonnative plants during work event. 619-443-2998. Saturday, March 21, 8:30 a.m.; free. Silverwood Sanctuary, 13003 Wildcat Canyon Road. (LAKESIDE)

SPECIAL

“Celebration of Women: Getting Back to Living Again!”

Celebration for International Women’s Month includes panel discussion, entertainment, food, “lots of socializing.” Donations accepted. RSVP: 619-819-7838. Saturday, March 21, 2 p.m.; free. Malcolm X Library, 5148 Market Street. (VALENCIA PARK)

“It’s Complicated” Group showing promising “controversial themed artwork and events” promised for North Park Nights, with more than 35 venues promoting arts and culture in heart of

North Park (University Avenue to 28th Street). 619-294-2501. Saturday, March 21, 6 p.m.; free. Art Produce Gallery, 3139 University Avenue. (NORTH PARK)

“Pathways to Tomorrow” Grossmont College Science Festival promises hands-on scientific demonstrations, exhibits celebrating science in everyday life. Activities on Friday include telescope stargazing at campus main quad and clips from sci-fi movies. On Saturday, take in hands-on exhibits, demonstrations, tours of high-tech buildings on campus, guest speakers. 619-644-7141. Friday, March 20, 7 p.m.; Saturday, March 21, 10 a.m.; free. Grossmont College, 8800 Grossmont College Drive. (EL CAJON)

“Prison Nation: Posters on the Prison Industrial Complex” Exhibition addressing many issues such as prison-industrial complex, death penalty, “three strikes” laws, re-entry into community continues through April. Exhibition was produced by Center for the Study of Political Graphics in Los Angeles. 760-750-4378. Thursdays, 7 a.m.; Fridays, 8 a.m.; Saturdays, 10 a.m.; Sundays, 10 a.m.; Mondays, 7 a.m.; Tuesdays, 7 a.m.; Wednesdays, 7 a.m.; through Thursday, April 30, free. Kellogg Library at CSU San Marcos, 333 South Twin Oaks Valley Road. (SAN MARCOS)

“Symbols of God’s Love” St. Mark’s annual religious art festival exhibition continues on Saturdays through April 11. Art juror was Hiroshi Miyazaki, poetry juror was

Brandon Cesmat. 858 273-1480. Saturday, March 21, 10 a.m.; free. Saint Mark’s United Methodist Church, 3502 Clairemont Drive. (CLAIREMONT)

“The Physics of Brass Musical Instruments” What’s connection between physics and music? San Jose State University physics professor Brian Holmes demonstrates the connection when he “builds a trumpet, plays on a garden hose, tootles an antique keyed bugle, and performs on the valveless predecessor of the modern French horn.” Arts Building room 111. 760-750-4366. Wednesday, March 25, 7 p.m.; free. CSU San Marcos, 333 South Twin Oaks Valley Road. (SAN MARCOS)

Bookish Delights Tour Frances Hamilton White Art Reference Library, browse sale tables “filled with hundreds of books on a myriad of subjects” during library open house. 619-239-0003 x132. Saturday, March 21, 10 a.m.; free. Mingei International Museum, 1439 El Prado. (BALBOA PARK)

Celebrate Nowruz Iranian New Year celebrations promised during lawn program. Professional dancers from Los Angeles and dancers from local Persian Dance Academy will perform traditional ethnic and folk dances in authentic costumes. There will also be reading of poems, singing, playing of instruments. Food for sale. 619-234-0739. Sunday, March 22, 2 p.m.; free. House of Pacific Relations, 2125 Park Boulevard. (BALBOA PARK)

Circle of Art Fine arts show with 70 artists exhibiting their work in a variety of media including oil and watercolors, photography, sculpture, ceramics, pottery, weaving, jewelry. 760-767-0042. Saturday, March 21, 9 a.m.; Sunday, March 22, 9 a.m.; free. Christmas Circle, Palm Canyon Drive at Borrego Springs Road. (BORREGO SPRINGS)

Crossroads of the West Gun Show Exhibits designed to appeal to hunters, gun collectors. 801-544-9125. Saturday, March 21, 9 a.m.; Sunday, March 22, 9 a.m.; free. Del Mar Fairgrounds, 2260 Jimmy Durante Boulevard. (DEL MAR)

Farm-to-Table Learn about San Diego Feeding America during event with music, vendors, charity education. Five percent of profits benefit San Diego Feeding America. 619-284-6358. Sunday, March 22, 1:30 p.m.; free. City Farmers Nursery, 4832 Home Avenue. (CITY HEIGHTS)

Food and Funds for Gardens Enjoy a local meal when various local farms and gardeners provide food for New Roots Farm fundraiser. Group seeks to make it easier to start new community gardens. The \$15 donations benefit New Roots Farm. 619-255-7049. Thursday, March 19, 6 p.m.; Sea Rocket Bistro, 3382 30th Street. (NORTH PARK)

Fred Hall’s Fishing Tackle and Boat Show Show promises boats, all manner of fishing gear, vendors’ booths, and seminars. Free for those under 15. 805-389-3339. Wednesday, March 25, 1 p.m.; free. Del Mar Fairgrounds, 2260 Jimmy Durante Boulevard. (DEL MAR)

Gems, Fossils, Minerals! Vista Gem and Mineral Society hosts annual silent auction with gems, fossils, minerals, jewelry, equipment, books, more. 760-724-0395. Thursday, March 19, 7 p.m.; free. McClellan Senior Center at Brenle Terrace Park, 1400 Vale Terrace. (VISTA)

Get Planting! Tomatomania, herb festival, spring plant sale return with heirloom tomato seedlings, lectures, demonstrations, herb walks, herbal products for sale. Also planned: Herb Festival Marketplace, “A-Z of herbs information booth,” music, food. EcoDesign Fair features local designers offering eco-friendly prod-

Shoot a handgun, rifle & shotgun for the first time.

(It won’t be your last.)

Come experience a **FREE** hands-on seminar
about the sport of target shooting.

Saturday, April 18, 2009 – 10:00 am



www.firstshots.org

First Shots is a program of
The National Shooting Sports Foundation



P2Krange.com

2082 Willow Glen Drive • El Cajon • Call 619-442-9971 • RESERVATIONS REQUIRED

Dancing, cocktails, and live music
while cruising Mission Bay
under the moonlight...



BOARD AT THE BAHIA RESORT HOTEL OR
THE CATAMARAN RESORT HOTEL AND SPA
You must be at least 21 years of age
with valid ID after 8:30PM.

The Bahia Belle runs
Friday and Saturday nights.
Cruises begin at 6:30PM.
\$10 PER PERSON

THE
BAHIA BELLE

For cruising schedule,
call 858.539.7779
www.sternwheelers.com

ucts. Jane Taylor, founding curator of Michigan 4-H Children's Garden, presents "Creating Magical Spaces" and "Fun Oohh-Aahh Plants." Storytelling, "wizardly happenings" for kids (March 21, 11 a.m.-2 p.m.). 760-436-3036. Saturday, March 21, 9 a.m.; Sunday, March 22, 9 a.m.; free. Quail Botanical Gardens, 230 Quail Gardens Drive. (ENCINITAS)

Go (Visit) Organic! Enjoy private tour of La Milpa Organica Farm led by owner, farmer Barry Logan. An array of organic vegetables, greens, and herbs are grown at farm. Stay after tour for open house, including potluck dinner (bring dish to share, money for pizzas cooked in wood-fired oven). At dusk, gather under oak trees for film screening in outdoor theater. 619-255-0203. Saturday, March 21, 2 p.m.; \$20-\$25. La Milpa Organica Farm, 9928 Protea Gardens Road. (ESCONDIDO)

Green Tour and Spring Planting Celebrate beginning of spring by planting flowers, shrubs, or trees and learning other "Earth-friendly green tips." Materials, plants provided. Green tours on Saturday at 9 a.m., 11:00 a.m., 1 p.m. Planting starts at 10 a.m. on Saturday, continues throughout day. Day visitors welcome. Community campfire and hot dog roast on Saturday night. Tent and RV campers pay site fees. Required reservations: 619-766-4480. Friday, March 20, 9 a.m.; Saturday, March 21, 9 a.m.; Sunday, March 22, 9 a.m.; free. Sacred Rocks Reserve and RV Park, 1331 Shasta Way. (INLAND BORDER TOWNS)

High Tea for Pups Canines and their humans invited to "whimsical tea party" promising selection of treats designed for furry friends by the Honest Kitchen and from "Pet Lovers Bone Appétit" at Café Merlot. Requested donation: \$5 for each cup of Lithe herbal tea, benefiting San Diego Humane Society. RSVP: 619-985-9519. Tuesday, March 24, 2:30 p.m.; Café Merlot, 13330 Paseo Del Verano Norte. (RANCHO BERNARDO)

Painted Voices Project Exhibition of art and poetry by young people (25 and under) from Southeast San Diego. Meet artists during auction of their work. Fee: free for exhibit, \$25 for artist "meet and greet," auction. 760-643-9448. Sunday, March 22, 1 p.m.; free. Joe and Vi Jacobs Center, 404 Euclid Avenue. (SOUTHEAST SAN DIEGO)

Psychic Fair and Metaphysical Conference Lectures, tarot, palmistry, numerology, other psychic arts featured. Admission is free; \$20 per reading. 619-298-3422. Saturday, March 21, noon; Sunday, March 22, noon; free. Alexandra's Bookstore, 3545 Midway Drive, Suite G. (MIDWAY DISTRICT)

R-Rated Trivia in the North Enjoy trivia, comedy, mini-games, and "Will It Float?" Fee: \$3 per person. Winning team take all, or play for free to compete for bar prizes! 760-944-0233. Monday, March 23, 7:30 p.m.; \$3. Ages 21 and up. First

OUT & ABOUT

**SACRED CHANT
CONCERT, SEASIDE
CENTER FOR
SPIRITUAL LIVING,**
Sunday, March 22.

(SEE IN PERSON)



Street Bar and Grill, 656 South Coast Highway. (ENCINITAS)

Ranked? Unranked? You are invited to play chess. Organizers say, "Kibitz at your own risk." 858-568-1641. Saturdays, 1 p.m.; free. La Jolla Library, 7555 Draper Avenue. (LA JOLLA)

Recession Survival Expo Restore the small-business heart of the American economy! Organizers promise workshops, speakers, panel discussions, food drive, "frugal ideas and cheap fun," meditation, exhibits. RSVP: 760-815-4527. Saturday, March 21, 9 a.m.; free. Hilton Del Mar, 15575 Jimmy Durante Boulevard. (DEL MAR)

Rough Rock and Finished Stones Palomar Gem and Mineral Club hosts annual show, with dealers selling rough rock, finished stones, jewelry, tools, other rock-related products. Gem identification available. Displays of group's activities. 760-743-0809. Saturday, March 21, 9 a.m.; free. Army National Guard Armory, 304 East Park Avenue. (ESCONDIDO)

Safety in Your Home Is your neighborhood as safe as you would like? Are you worried about crime? Learn to feel safer in your home during community meeting. 619-425-5771. Monday, March 23, 6:45 p.m.; free. MAAC Charter School, 1385 Third Avenue. (CHULA VISTA)

Sheep to Shawl San Diego Creative Weaver's Guild members and Grossmont Adult Ed students demonstrate spinning and weaving equipment to give an overview of process of turning wool into fabric during eighth annual event. 619-267-5141. Friday, March 20, 10 a.m.; Saturday, March 21, 1

p.m.; free. Bonita Museum and Cultural Center, 4355 Bonita Road. (BONITA)

Spring Harvest Festival Hand-made art and crafts, demonstrators, kids' zone, gourmet food items, and more on offer, along with live music, strolling entertainers. One ticket is good for entire weekend. 415-447-3205. Friday, March 20, 10 a.m.; Saturday, March 21, 10 a.m.; Sunday, March 22, 10 a.m.; free. Del Mar Fairgrounds, 2260 Jimmy Durante Boulevard. (DEL MAR)

Thar She Blows! H&M Landing offers daily three-hour excursions to view the annual migration of California gray whales, with "interpretive narration by trained and knowledgeable staff." Also available: five-hour cruises depart daily at 10 a.m., voyage to Coronado Islands. Reservations: 619-222-1144. Thursdays, 10 a.m. and 1:30 p.m.; Fridays, 10 a.m. and 1:30 p.m.; through Friday, March 20, \$17-\$25. H&M Landing, 2803 Emerson Street. (POINT LOMA)

Time to Buy? Seminars planned, credit counselors, lenders on hand to educate consumers on right way to buy a home in market of low interest rates, reduced home prices, and large inventory during Home Buyers Fair hosted by Housing Opportunity Committee for the East San Diego County Association of Realtors. 619-579-0333 x102. Saturday, March 21, 10 a.m.; free. Ronald Reagan Community Center, 195 East Douglas. (EL CAJON)

Tribute to Indian Divinity Dr. Sketchy's Anti-Art School convenes with belly dancer Sabrina, "burlesque darling" Mynx D'Meanor, with an appearance by

the elephant-headed god Ganesh. Bring your art supplies. 619-299-7372. Saturday, March 21, 3 p.m.; \$10. Ages 21 and up. Ruby Room, 1271 University Avenue. (HILLCREST)

What Is It Good For? Why has the U.S. fought so many wars? Ponder ideas with P&R Discussion Group. 619-370-1027. Thursday, March 19, 7 p.m.; free. Filter, 4096 30th Street. (NORTH PARK)

World Water Day Festival Agua Hedionda Lagoon Foundation's festival includes interactive exhibits from Sea Life Aquarium, Birch Aquarium, San Diego Zoo; kids' craft booths; wildlife encounter opportunities. Booths, activity stations focus on clean water, global warming issues, native plants, animals, Hubbs-Sea World fish hatchery, seawater desalination, more. 760-804-1969. Saturday, March 21, 10 a.m.; free. Agua Hedionda Lagoon Discovery Center, 1580 Cannon Road. (CARLSBAD)

SPORTS

Big Lagoon Ride Join San Diego Bicycle Touring Society riders for 50-mile fun ride. 619-647-3212. Saturday, March 21, 8:45 a.m.; free. Doyle Park, 8175 Regents Road. (UNIVERSITY CITY)

Fight Expo! Grapplers Quest! Mixed martial arts and extreme sports expo promises mixed martial arts, grappling, pankration, motocross, skate, Harley pulls (arm wrestling), more. 877-703-3397. Saturday, March 21, 10 a.m.; Sunday, March 22, 10 a.m.; \$20. Del Mar Fairgrounds, 2260 Jimmy Durante Boulevard. (DEL MAR)

Kayak El Capitan Reservoir Reservoir is nesting site for spotted sandpipers, willow flycatchers, great egrets; excursion sponsored by San Diego Natural History Museum. Fees include equipment, paddling instruction. Reservations, directions: 619-255-0203. Saturday, March 21, 9 a.m.; \$20-\$65. Ages 6 and up. San Diego Natural

History Museum, 1788 El Prado. (BALBOA PARK)

Run Club Locate new routes in the city, "test-drive" latest Nike footwear, run with motivated people. Runners, walkers of all levels meet to run their choice of three-, five-, and seven-mile routes, starting from Nike Fashion Valley. 619-294-9385. Wednesdays, 6 p.m.; free. Fashion Valley Mall, 7007 Friars Road. (MISSION VALLEY)

Signature 1 County Horse Show 858-481-9085. Saturday, March 21, 8 a.m.; Sunday, March 22, 8 a.m.; free. Del Mar Horse-park, 14550 El Camino Real. (DEL MAR)

Surf's Up? ISF High School State Championship surfing competition at south harbor jetty. Free for spectators. 760-476-1694. Saturday, March 21, 7 a.m.; Sunday, March 22, 7 a.m.; Monday, March 23, 7 a.m.; free. Oceanside Harbor, 1540 Harbor Drive. (OCEANSIDE)

Swim 4 Life West Coast '09 Fundraiser supporting SurfAid International, in which participants and teams obtain donations for "a good swim during Swim 4 Life." 760-931-1199. Saturday, March 21, 11 a.m.; Coggan Family Aquatic Complex, 800 Nautilus Street. (LA JOLLA)

Take Me Out to a World Baseball Game! Round-two games of the '09 World Baseball Classic take place at Petco Park (following round-one competitions in Japan,

Mexico, Canada, and Puerto Rico). Thursday, March 19, 6 p.m.; \$15-\$325. Petco Park, 100 Park Boulevard. (DOWNTOWN)

Up and Down Take a warm-up lap around Fiesta Island, make a "shallow climb" up to Espresso Mio in Mission Hills, ride by zoo and House of Poland in Balboa Park, and then drop downtown with Knickerbiker bicyclists. The 28-miler passes the spot where a "One Book — One San Diego" book talk takes place later in day. 858-272-4710. Sunday, March 22, 9 a.m.; free. Mission Bay Visitors' Center, 2688 East Mission Bay Drive. (PACIFIC BEACH)

Visit Oceanside, Bonsall, and Escondido Bicycle Touring Society riders head out on fast, 84-mile bicycle ride. 619-473-8513. Sunday, March 22, 8:45 a.m.; free. Doyle Park, 8175 Regents Road. (UNIVERSITY CITY)

Walk for Water Project Concern International leads first 5k San Diego Walk for Water in commemoration of World Water Day. Walkers may carry buckets of water to simulate the journey women and children make every day in countries around world to obtain water. Donations help build system of wells in Nicaragua. 858-279-9690 x327. Sunday, March 22, 10 a.m.; free. De Anza Cove, 3000 East Mission Bay Drive. (PACIFIC BEACH)

March 26: Dining in Italy
Chef Nadia Frigeri takes you on a dining trip of some typical Italian specialties.

March 27: Vegetarian Indian Meals
This hands-on class will teach you how to make an Indian vegetarian meal start to finish. Chef Manjula.

April 1: Convection Cooking
Still using the "Bake" button? Chef Julie Simpson will teach you the time and energy benefits of simple cooking.

April 3: Sushi Bar Favorites
A hands-on sushi class with the author of *Sushi For Dummies*, Miniko Moreno.

8290 Miramar Rd. • 858-578-COOK • sdcookingwithclass.com

Live Cooking Classes



FRED ASTAIRE
FRANCHISED DANCE STUDIOS.

Tony Dovolani & Elena Grinenko from
"Dancing With The Stars"

Let's Dance

Learn Social & Ballroom Dancing

- Private & group classes
- Wedding programs

Enjoy the Benefits of Dancing

- Exercise in a friendly environment
- Enjoy social interaction & relieve stress

Succeed With Our Unique System of Teaching

- Developed by Fred Astaire himself
- Taught by our certified instructors

FRED ASTAIRE fredastairesd.com
FRANCHISED DANCE STUDIOS.

858-499-0180
8303 Clairemont Mesa Blvd.

760-757-1700 (Now Open!)
845 S. Coast Hwy • Oceanside

FIRST LESSON just \$10

SouthBay Limousine

Experience Luxury

Full service for weddings, concerts, wine tastings, and special events.
San Diego to Los Angeles trip packages. Complimentary bar with champagne and beverages (based on 3-hr minimum).

We'll beat any rate... Call now!!!
877-789-8769
www.SouthBayLimo.net TCP 24270-P

Calendar

LOCAL EVENTS

MUSEUMS

Black Historical Society Museum of San Diego African American History 740 Market Street. (DOWNTOWN)

Bonita Museum and Cultural Center Museum features exhibits of local history and fine arts, striving "to preserve and celebrate the spirit of Bonita in its two spacious galleries." Stories of Bonita's 100-year history are told with artifacts, photographs. Displays include Native American culture, lemon orchard period, events of the flood of 1916, and transformation of family life by technology. 4355 Bonita Road, 619-267-5141. (BONITA)

Chinese Historical Society and Museum See artifacts from San Diego's Chinese and Chinese-American history, culture, and art. Current museum artifacts include a 1920s warlord's bed, exhibits on Chinese footbinding and Chinese-American veterans. The museum is in a building originally built in 1927 for the Chinese Mission. Adjacent to the building is an Asian garden with koi pond and waterfall. 404 Third Avenue, 619-338-9888. (DOWNTOWN)

Chula Vista Heritage Museum The museum features glimpses of Chula Vista's past; exhibits feature lemon packing-crate labels, photographs of downtown Chula Vista, doors and adobe blocks from the original *Star* newspaper building, and relics from the Otay Watch Company. 360 Third Avenue, 619-427-8092. (CHULA VISTA)

Craftsmanship Museum The Joe Martin Foundation hosts this museum and machine shop with displays of projects in metal and wood at the small end of the size-scale, including working miniature gas and steam engines, aircraft models, cars, trains, clocks, miniature tools and guns. Machinist mans the shop (Tuesday-Friday) for machining demonstrations. Museum is also open on first Saturday each month (10 a.m.-3 p.m.). 3235 Executive Ridge, 760-727-9492. (VISTA)

Creation Museum A museum contrasting the evolution and creation worldviews. 10946 Woodside Avenue North, 619-448-0900. (SANTEE)

Heritage Walk Museum The museum includes the restored Victorian house, the city's original Santa Fe Train Depot, a railroad car with model train, working blacksmith shop, and a barn. Find Heritage Walk in Grape Day Park. 321 North Broadway, 760-743-8207. (ESCONDIDO)

House of Pacific Relations International Cottages are open every Sunday, noon-4 p.m., presenting history and traditions of 30 ethnic groups. On fourth Tuesday of each month, *Children around the World* videos screened in Hall of Nations, select cottages open. 2125 Park Boulevard, 619-234-0739. (BALBOA PARK)

J.A. Cooley Museum An eclectic collection of items — including displays on phonographs, clocks, electric trains, and 20 other types of collections — is featured at the museum. The current featured attraction is an "Industrial Product Collection," with examples of the historical progression of auto technology from 1886-1915, "some classics and a concept car." 4233 Park Boulevard, 619-296-3112. (UNIVERSITY HEIGHTS)

Marine Corps Recruit Depot Museum Housed in a historic building, the museum features five permanent galleries with artifacts, uniforms, vehicles, weapons, and photographs depicting Marine Corps history. The museum is located in Building 26 at MCRD, just inside Gate 4, off Pacific Highway. Witherby Street and Hancock Street, 619-524-6038. (DOWNTOWN)

New Children's Museum The title of the "Childsplay" exhibit is reference to art of Allan Kaprow, "one of the most important artists to have made work for the museum in the past." Local artist Brian Dick reinterprets two installations Kaprow created with his sons — *Yard* (1961) and *No Rules, Except*

(2000) — merging them into a new project celebrating spirit of Kaprow's interactions. Exhibition boasts work by 19 artists, 6 of whom are from Mexico. 200 West Island Avenue, 619-233-8792. (DOWNTOWN)

Parsonage Museum of Lemon Grove "Messages from the World: The Story of the Lemon Grove Post Office" follows evolution of local post office from horse and buggy days through modern times. Also on view: a recreation of the Sonka Brother's General Store, "The Children's Room," "The Parents' Room," "The Sewing Room," offering installations evoking life in the parsonage from 1900-1940. 3185 Olive Street, 619-460-4353. (LEMON GROVE)

Reuben H. Fleet Science Center "Tinkering" features more than 20 hands-on exhibits bringing out "your inner inventor" with pulleys, computer circuits, turntables, wind tunnels, more. In the "Tinkering Studio," kids transform household items into catapults, robots, spectrosopes, more. Closes Sunday, June 7.

Decades of NASA research and color photography from robotic spacecraft illuminate "Giant Worlds: A Voyage to the Outer Solar System," a three-dimensional, interactive exhibition continuing through Sunday, May 3. Exhibition consists of 20 individual exhibits filled with interactive experiences, models, and murals revealing "the grandeur of these amazing planets."

Ongoing exhibitions include "So WATT! An Illuminating Look at Energy," "Aging for All Ages," "Kid City" (for preschoolers). "Escape from Dino Island" is theme for motion simulator ride. Films shown daily in IMAX theater. 1875 El Prado, 619-238-1233. (BALBOA PARK)

San Diego Air and Space Museum "The Da Vinci Experience" reveals how Leonardo's conceptual designs for many technological wonders were centuries ahead of their time. "For the past 50 years a group of Florentine artisans have pored over Da Vinci's notes and drawings in an attempt to faithfully create replicas of his many inventions, relying solely on materials that were available in 15th-Century Italy. The result is over two dozen fully functional models, 11 of which are full-sized." The interactive models are displayed with a facsimile of relevant Leonardo drawing. Closes Sunday, January 3, 2010.

Concurrently, see "The History of Commercial Aviation in America." A section of exhibit celebrates 40-year history of PSA, with original graphics, a re-creation of the airline's first ticket booth at Lindbergh Field, uniforms and memorabilia donated by former employees. Ongoing.

The museum offers exhibits of over 65 aircraft, including an RQ-1K Predator UAV (unmanned aerial vehicle) on indefinite loan from the National Museum of the United States Air Force at Wright-Patterson Air Force Base, which "saw action over the Balkans in the late 1990s"; a replica of *Spirit of St.*

Louis, a Fokker Scourge (or Fokker Eindecker E-III), a World War I Spad VII, flight deck of the USS *Yorktown*, and a Lockheed Blackbird spy plane; 1400 scale models, 10,000 aviation-related items, and memorabilia from Montgolfier hot-air-balloon era to Space Age, along with an International Aerospace Hall of Fame. 2001 Pan American Plaza, 619-234-8291. (BALBOA PARK)

San Diego Archaeological Center "What Is Archaeology?" exhibit provides basics of archaeology in San Diego region from 9000 years ago to present day. Artifacts from center's collections provide look at past for young and old alike. Treasure hunt activity "archaeology quest" for kids, artifact matching game, hands-on crafts and research station. Closes Tuesday, July 21.

Center hosts monthly archaeological-themed lectures, workshops, and family events on second Saturday of each month. Museum is dedicated to curating and sharing archaeological collections with public for educational, scientific, cultural use. 16666 San Pasqual Valley Road, 760-291-0370. (ESCONDIDO)

San Elijo Lagoon Ecological Reserve Nature center's building is a "green" facility made from recycled materials, using solar panels, irrigated roof plants, recycled water. Facility features an array of interactive exhibits exploring the natural and cultural history of the San Elijo Lagoon, one of the few remaining coastal wetlands in our area. Guided nature walks offered second Saturday each month (9-11 a.m.), starting at Rios Avenue trailhead. 2710 Manchester Avenue, 760-436-3944. (CARDIFF)

SINGLES

MORE FREE FEATURES
than any other dating service

Call Listen Date

San Diego
619.295.5550
858.707.7777

FREE CODE 9754

El Cajon	619.387.0317
La Mesa	619.388.0770
Chula Vista	619.734.0083
La Jolla	858.713.5545
Mira Mesa	858.860.0177
Encinitas	760.516.0011
Oceanside	760.405.0899
Escondido	760.708.2199
Vista	760.509.1010
Other Cities	(888) MegaMates

Dateline for Men Seeking Women & Women Seeking Men

Must be 18+ ©2009 PC LLC

Singles Parties for 30+

A comfortable, safe environment with great music and fun people!

Tuesdays 7-11 pm
94th Aero Squadron
8885 Balboa Avenue

Saturdays 8 pm-1 am
Four Points Sheraton
8110 Aero Drive
Skies Lounge

Hotline: 858.259.6166
SinglesinSanDiego.com
Hosted by Darlena

Lucky 7 Match

SPEED DATING

Thursday, April 2
Ages 24-34, 33-45 & 45-58
at **The Keating, Sway Lounge**

Thursday, April 23
Ages 25-37, 38-48 & 48-62
Location TBA

Check-in 7 pm, event 7:30 pm
Advance registration required.
See website for details.
www.lucky7match.com
(619) 890-7117

We have over 762 requests daily to meet Plus-Sized Ladies

Real men in San Diego want to talk now.

- Live, confidential chatroom!
- Browse and record ads free!

Chat with guys who love BBW in minutes!

Live! Local! Fun!

619-270-4411
858-764-2609
760-494-2597

Calendar

CLASSICAL MUSIC

CLASSICAL LISTINGS

HOW TO SEND US YOUR LISTING: *Contributions must be received by 5 p.m. Friday the week prior to publication for consideration. Do not phone. Send a complete description of the event, including the date, time, cost, the precise address where it is to be held (including neighborhood), a contact phone number, and a phone number (including area code) for public information to READER CLASSICAL MUSIC, Box 85803, San Diego CA 92186-5803. Or fax to 619-881-2401. You may also submit information online at SDReader.com by clicking on the events section.*

CLASSICAL

Schumann's "Carnaval" Pianist Solon Pierce performs the piece, along with music by Gershwin, for Concert Hour Series. 760-744-1150 x2316. Free. Palomar College Performance Lab (room D-10) (1140 West Mission Road), 12:30 p.m., Thursday, March 19. (SAN MARCOS)

They're Social Instruments! San Diego County Recorder Society meets to play ensemble music from medieval to 20th Century with professional conductors. Recorder players of all skill levels invited. Warm-up session (1-1:50 p.m.), followed by instruction by guest conductor Sandra Stram (2-4 p.m.). Free to attend; membership encouraged (\$35 per year). 619-297-2095. Free. Clairemont Community Room (4731 Clairemont Drive), 1 p.m., Saturday, March 21. (CLAIREMONT)

"Orchestral Journey Back in Time" MiraCosta College's North Coast Symphony Orchestra highlights one masterpiece from each of four main musical periods: baroque, classical, romantic, 20th Century. Concerts open with "Water Music Suite" by Handel and conclude with "Berceuse and Finale" from *Firebird Suite* by Stravinsky, with pieces by Haydn and Elgar along way. 760-795-6815. \$8-\$10. MiraCosta College Theatre (One Barnard Drive), 7:30 p.m., Saturday, March 21, and 2 p.m., Sunday, March 22. (OCEANSIDE)

"Spotlight Series" North Jennifer Frautschi (violin), Ronald Thomas (cello), and Pedja Muzijevic (piano) perform Mozart's "Sonata for Violin and Piano in G," the "Sonata for Cello and Piano in A" by Beethoven, and Mendelssohn's "Piano Trio No. 2 in C Minor" for Mainly Mozart Spotlight Series. 619-239-0100 x2. \$35. Saint Elizabeth Seton Church (6628 Santa Isabel Street), 2 p.m., Sunday, March 22. (CARLSBAD)

"Culture Crossroads" Classical music often blends with music of other cultures. During Classics for Kids musical exploration, Classics Philharmonic travels to Persia and Middle East for *Norouz*, a celebration of first day of spring. Concert promises folk musicians and dancers, colorful costumes, traditional instruments. 619-570-1100. \$11-\$20. Balboa Theatre (868 Fourth Avenue), 2 p.m., Sunday, March 22. (DOWNTOWN)

Organ Concert Civic organist Carol Williams performs. 619-702-8138. Free. Spreckels Organ Pavilion (2211 Pan American Road), 2 p.m., Sunday, March 22. (BALBOA PARK)

Salzburg Chamber Soloists Group "assembled from some of the finest musicians around the world" performs under baton of violinist Lavard Skou-Larsen, with renowned pianist Andreas Klein for Fallbrook Music Society. Listen for works by Villa-Lobos, Beethoven, Haydn, and Mozart. 760-451-8644. \$10-\$38. Bob Burton Center for the Performing Arts (2400 South Stagecoach Drive), 3 p.m., Sunday, March 22. (FALLBROOK)

Spotlight Series Continues Jennifer Frautschi (violin), Ronald Thomas (cello), and Pedja Muzijevic (piano) perform Mozart's "Sonata for Violin and Piano in G," the "Sonata for Cello and Piano in A" by Beethoven, and Mendelssohn's "Piano Trio No. 2 in C Minor" for Mainly Mozart Spotlight Series. 619-239-0100 x2. \$60. The Inn at Rancho Santa Fe (5951 Linea del Cielo), 5:30 p.m., Sunday, March 22. (RANCHO SANTA FE)

"An Italian Concert" Poway Community Symphony Orchestra performs works by Rossini, Respighi, Mendelssohn, and several opera arias sung by soprano Delynn Ketcherside. 858-673-9702. Free. Poway Center for the Performing Arts (15498 Espola Road), 7:30 p.m., Sunday, March 22. (POWAY)

"Luscious High Voltage!" Tenth annual San Diego Jewish Music Festival opens with acclaimed violinist Zina Schiff presenting "The Jewish Folk Music Society of Russia: A Centennial Celebration." Schiff went through manuscripts, examined catalogs, contacted publishers, unearthed a cache of Jewish musical treasures for concert with selections by composers including Yoel Engel, Lazar Saminsky, Joseph Achron, and Arkady Kougell. 858-362-1348. \$24-\$30. Lawrence Family Jewish Community Center (4126 Executive Drive), 7:30 p.m., Monday, March 23. (LA JOLLA)

Classical Guitar Grammy nominee Paul Galbraith performs four works of his own arrangement: Haydn's "Sonata for Keyboard in B-Flat," Petr Eben's "Tabulatura Nova — Rhapsodic Variations on an Old Bohemian Love Song," "Cello Suite No. 1 in G" by J.S. Bach, Manuel Ponce's Variations and Fugue on "La Folia." 858-454-5872. \$30-\$35. Athenaeum Music and Arts Library (1008 Wall

Street), 7:30 p.m., Tuesday, March 24. (LA JOLLA)

Piano Concert Enjoy works by Bach, Chopin, and some original orchestral music piano arrangements when ASCAP Music Award finalist composer, pianist, actor, singer C. Kenneth Lee performs for family music program. Lee, now in his early 20s, started playing piano at four years old in Hong Kong. 858-522-1668. Free. Carmel Valley Library (3919 Townsgate Drive), 7 p.m., Wednesday, March 25. (CARMEL VALLEY)

ART LISTINGS

HOW TO SEND US YOUR LISTING: *Contributions must be received by 5 p.m. Friday the week prior to publication for consideration. Do not phone. Send a complete description of the event, including the date, time, cost, the precise address where it is to be held (including neighborhood), a contact phone number, and a phone number (including area code) for public information to READER EVENTS, Box 85803, San Diego CA 92186-5803. Or fax to 619-881-2401. You may also submit information online at SDReader.com by clicking on the events section.*

GALLERIES

"50th International Juried Awards Exhibition" Gala opening reception for exhibit, with pieces selected by juror Julia Marciani-Alexander. Closes Sunday, May 10. Reservations: 619-236-0011. \$25-\$40. San Diego Art Institute: Museum of the Living Artist (1439 El Prado), 6 p.m., Friday, March 20. (BALBOA PARK)

"Animalkind" Opening reception for exhibition exploring "variety of relationships between non-human and human animals through a selection of works by artists from the United States and Finland." Reception follows lecture by participating artist Sue Coe in room 100 of SDSU's Nasatir Hall (5 p.m.). Exhibition continues through Wednesday, May 6. 619-594-5171. Free. University Art Gallery at SDSU (5500 Campanile Drive), 6:30 p.m., Saturday, March 21. (COLLEGE AREA)

"Artworks" Opening for "multi-media show of works on paper" by pastel artist Sally Phillips. 858-729-8808. Losina Art Center (3350 Sports Arena Boulevard Suite A), 6 p.m., Saturday, March 21. (MIDWAY DISTRICT)

"Beige Sentiments" Artist's reception for Kelly Schnorr, whose exhibition of ceramics and mixed-media sculpture continues through Thursday, March 26. These "works combine and layer my memories of growing up in suburban San Diego with my current concerns with the wasteful consumerism I see there today." 619-594-6511. Free. Everett Gee Jackson Gallery at San Diego State

University (5500 Campanile Drive), 6 p.m., Saturday, March 21. (COLLEGE AREA)

"The View from the Day Before" Opening reception for exhibition by Sheldon Greenberg as well as "Reflected" by Stephanie Weber. Reception for artists displaying these "dynamic new paintings" is in conjunction with Cedros Gallery Night and Cedros Blooms Festival. Closes Sunday, May 17. 858-793-4442. Free. Susan Street Fine Art Gallery (415 South Cedros Avenue #160), 6 p.m., Thursday, March 19. (SOLANA BEACH)

"nineRooms. LIVEArTINSTALLATIONS" One-night exhibit features nine artists and their processes. Exhibition of installation and performance pieces by Yoshimi Hayashi and Anna O'Cain, artists Chris Warr, Hollis Swan, Benjamin Eldworlds, Jessica Gannon, Joshua Bellfy, Justin Morrison, and David White reveals "extraordinary underlying talents of live artists in San Diego." Donations accepted. 760-815-7588. Free. 444 Building (444 South Cedros Avenue), 5 p.m., Thursday, March 19. (SOLANA BEACH)

Artisan Work Open house in artisan gallery with Anna O'Leary, exhibiting clay pieces by Mexican artisans created for nonprofit organization Barro Sin Plomo. O'Leary is vice president of organization; she has worked in Mexico for over two years on design and implementation of group's projects. 760-436-0285. Free. Aesthetix (466 North Coast Highway 101, Suite 5), noon, Thursday, March 19; noon, Friday, March 20; noon, Saturday, March 21. (ENCINITAS)

ART MUSEUMS

California Center for the Arts, Escondido Museum Four new exhibitions on view: "20th Century Photography: Selections from the Wachovia Securities Art Collection," "Divi/nation: Work by Debby and Larry Kline," "Between: Work by Nina Waisman," and "Reel Mothers: Film Video Art and the Maternal." Exhibits address current social issues and reflect on how historical moments have impacted life in America and world. Through Sunday, June 21. 340

North Escondido Boulevard, 760-839-4120. (ESCONDIDO)

Mingei International Museum "India Adorned" features selections from museum's Stephen Huyler Collection. Exhibit "reveals the colorful diversity of Indian creative expression, presenting an evocative collection of works that are used in the daily routine of a typical Indian family — objects of worship, personal and domestic adornment, utility, and recreation." Closes Sunday, September 6.

"Shibui — The Subtle Beauty of Japanese Craft" features metal, textiles, wood, and ceramics from museum's collection of Japanese folk art, craft, design. Highlights include kimono and textiles by Keisuke Serizawa, more. Continues through Sunday, June 28. 1439 El Prado, 619-239-0003. (BALBOA PARK)

Museum of Contemporary Art San Diego, Downtown "Rising Tide: Film and Video Works from the MCA Collection, Sydney," is drawn from collection of Museum of Contemporary Art, Sydney, and features film and video installations by 13 contemporary Australian video artists and collectives. Exhibit encompasses wide range of themes, modes of presentation. Pieces range from single-channel video to multi-projection installations to architectural interventions. On view through Sunday, June 21.

"Modern Masters" highlights works by major modern artists such as Willem de Kooning, Morris Louis, Joan Mitchell, and Mark Rothko. "Featured paintings represent the pinnacle of midcentury art practice, including abstract expressionism and color-field painting," with pieces including Morris Louis's painting *Beth Beth*, Adolph Gottlieb's calligraphic *Red + Red*, Robert Motherwell's *Open #117*. Exhibit includes an abstract composition by German painter Gerhard Richter. Closes Sunday, April 19. 1001 Kettner Boulevard, 858-454-3541. (DOWNTOWN)

Museum of Contemporary Art San Diego, La Jolla "Cerca Series: Javier Ramirez Limón" features photographic works by the Tijuana-based artist. Exhibition includes the two documentary photography series "Mexican Quinceañera" (2006-2008) and "De Altar al Sásabe" (2007).

Through Sunday, May 10. 700 Prospect Street, 858-454-3541. (LA JOLLA)

Museum of Photographic Arts "Lou Stoumen: The Naked Truth" is solo exhibition of photographs by the artist describing "the era in which he lived" and his travels around the U.S., India, Puerto Rico, China, Japan, and beyond. Closes Sunday, May 17.

Also on exhibit through May 17: "Lou Stoumen Award Winners: The Legacy." Exhibition begins with photographs by 2009 Stoumen Prize Winner, Mikhael Subotsky, as well as previous Stoumen winners Debbie Fleming Caffery (1996), Kenro Izu (1999), James Nachtwey (2002), Gary Schneider (2006), featuring the photographs that won them the award alongside new work created after receiving it.

"Considering Edward Curtis," closing on Sunday, May 10, examines over 35 photogravures from 1907 to 1930 made by Edward Curtis (1868-1952) for his monumental 20-volume opus on Native American tribes. 1649 El Prado, 619-238-7559. (BALBOA PARK)

Oceanside Museum of Art Referencing multiple dimensions of pop culture, "Lowbrow Art: Nine San Diego Pop Surrealists" is said to highlight "alternative styles of expression that comment on the subculture of San Diego." See work by Mary Fleener, Scott Saw, Tim McCormick, Scrojo (Craig Haskett), Jason Sherry, Charles Glaubitz, Ron Wharton, Pamela Jaeger, and Jen Trute through Sunday, May 24. "Each artist extols their narrative world of fantasy through a personal approach reflecting the regional underground culture."

"Commoso Made in America: Gemstone Fine Art" is exhibition of American-made fine art of creating *commoso di pietre dure e tenere* (stone mosaic pictures). Artwork is created from precise placement of hand-cut rocks and gemstones, with an occasional shell or other hard material. Each stone is hand-cut and placed into mosaic painting without grout. See work by William Grundke, Conrad Grundke, Charlotte Burk, Anne Timmins, Amy Spencer, Dennis Paul Batt, Jonny Johnson. On view through Friday, May 1. 704 Pier View Way, 760-435-3720. (OCEANSIDE)



Play classical piano?

(Or violin, flute, viola – or sing classical music?)

Free exposure to 10,000 viewers a day.

The *Reader* website allows you to upload samples of your music – at no cost. Our readers can listen to your music by clicking on the "Online Radio Station" bar on the *Reader* home page.

It's easy.

Go to SDReader.com, find the "Music" pulldown, and click on "Upload Your Music."

To increase your exposure, you can get a **free** band/performer page with all your information – including your background and availability. Just go to the "Music" pulldown on the *Reader* website and click on "Create Your Band/Performer Page."

You Can't Rave All Day

It's tough for all media outlets that have to sell ads to exist, but it's even worse for XETV/Channel 6 since the local station lost its Fox affiliation last summer. Channel 6 manager Richard Doutre Jones says the loss of Fox triggered a

be used for a dance-music station. He explains that the Mexican version of the FCC would have to sign off on the conversion of 87.7 from a TV-audio channel to an FM music station because XETV is based in Tijuana. But if it does, he says he would pursue the launch of

the 87.7 position at the bottom of the dial doesn't help. "87.7 is not a place you stumble on unless your car battery goes dead and your dial defaults to 87.7. But that's why it's good to have a distinct and different format there that is unique that people will seek out."

Salkowitz says Pulse 87 has survived because it doesn't play only trance and house tracks. "You can't sound like a rave all day long and have it be a success. This is not weird music. You don't have to be on drugs to listen to and enjoy Pulse 87."

Veteran DJ Jon Bishop says Pulse 87 would make it in San Diego in spite of the fact that the electronic club scene here is "horrible... There is no 18-and-up scene here as far as electronica goes. It has all dried up unless you go to Tijuana, but that is a war zone down there." Bishop says he has to travel to L.A., Seattle, and Portland for his gigs. "I just played to 7000 in Denver. The rave scene is coming back. But there are no promoters here bringing it to the kids. I think if this station were around, there would be plenty of new people exposed to it who simply aren't getting that option now. Clubs and promoters here just aren't taking chances. The majority of local club nights here is Top 40, mainstream stuff."

XETV aired the locally produced Fox Rox, which showcased local music. Station manager Jones says his station is bullish on music, having just

launched a new, locally produced, music-oriented show March 7. "It's called *Karaoke for Cash*," says Jones. "It airs every Saturday at 11 p.m. People can use their phone to call in and sing along."

Regarding the rumored resurrection of *Fox Rox*, Jones says, "We are working on something right now that I don't want to give away." He declined to divulge the name, concept, or launch date. "Let's just say it's a lifestyle show."

— Ken Leighton

Crocodile Rock While dance-punk duo Crocodiles were planning a cross-country tour to promote their upcoming debut full-length *Summer of Hate*, which is set to be released April 28 on Fat Possum Records, they received an unexpected offer from their label: ditch playing at dive bars and house parties midway through the tour and jump onboard as opening act for Omaha new-wave group the Faint and English electronica act Ladytron.

"We had already been booking a U.S. tour that would have kept us out till the end of April," says Crocodiles singer Brandon Welchez in an email. "They [the Faint] contacted someone at our label or something. We were happy when we found out because it meant that we would be playing to more than 20 people a night."

"We're playing all sorts of shows for the first half — base-

ments, back yards, bars, basketball courts, bazaars, bowling alleys, beaches, burping contests, et cetera," writes singer Welchez.

But when the band meets up for their first gig on the Faint/Ladytron tour in Baltimore, a month after kicking off their own tour at South By

unorthodox places. So, it'll be fun to play some of these theaters and things, but I can't really say what I prefer until after it's all done."

Catch up with the Crocodiles at their homecoming gig at the Casbah on May 11 with the Spectrum.

— Dorian Hargrove

the inside track blurt

"significant" loss of income but says he is looking forward to when all TV stations switch to digital this year, because of all the local TV channels, only Channel 6 appears on the FM dial at 87.7.

One year ago, a New York TV station used its analog 87.7 signal to launch an electronic music station, "Pulse 87." Last week it was announced that two TV stations in L.A. and Chicago will also start to carry their own Pulse 87 FM electronic-music station.

Jones admits he "just started looking into" the possibility that his 87.7 signal could



BISHOP LIKES LEFT END OF THE FM BAND

a new FM music station for San Diego.

"If you're going to survive in this business, you have to change," says Jones.

Joel Salkowitz, who runs Pulse 87 in New York, admits



PHOTOGRAPH BY ALEXANDRA KACHA

CROCS TAKE A BITE AT BIG TIME

Southwest in Austin, the sizes of the venues and crowds will grow exponentially.

For Welchez and Rowland, the change in venues shouldn't matter too much, they've played in front of large crowds in their previous bands, the Prayers and the Plot to Blow Up the Eiffel Tower, and their lively onstage antics shouldn't be affected either.

As to which type of show they would rather play, the Crocodiles will wait until it's over until they say for sure. "We're still a pretty new band and we've done plenty of touring, but it's all been house shows, dive bars, and more

Persian Influence "We left the country in 1979, when I was four years old," says Iranian-born violinist Bahman Sarram. "My family became exiles overnight, due to the political and social climate at the time, as revolutionaries enslaved a once-free country." Shortly after arriving in the U.S., Sarram began taking violin lessons at a private conservatory and played with various school orchestras.

"I moved to San Diego in the summer of 2000 after living in Philadelphia most of my life," says Sarram, who records and performs under the name

(continued on page 68)

THURSDAY • MARCH 19 9PM
The Riders / Cory Wilkins

WEDNESDAY • MARCH 25 8PM
Paul Cannon / Candy is the weapon / Guitar Jones

THURSDAY • MARCH 26 8PM
Comedy Show- SHANG / Dan Jackson / Mal Hall and more.

WEDNESDAY • APRIL 1 9PM
Maddox Revolution

BACKSTAGE



TBE STIMULUS PLAN
Every Mon/Tues
1/2 off Everything - All Night

THURSDAY • APRIL 2 9PM
Sea Swallow

WEDNESDAY • APRIL 8 8PM
kylar Stonestreet / Austin Jennings / RoxyBlue & the Handfull / The Flowertheif / Cheeky

THURSDAY • APRIL 9 9PM
Deliverance Machine / Cory Wilkins

FRIDAY • APRIL 10 10PM
Radiostar

770 fifth ave. • www.myspace.com/backstagesd • Booking Information > backstage@thebitterend.com

ON SALE
MAR 20 at 10a.

VIEJAS CONCERTS

IN THE PARK



SATURDAY AUGUST 15



ON SALE NOW: 4/19 FOREIGNER 5/14 GRETCHEN WILSON

TICKETS AVAILABLE AT THE VIEJAS GIFT SHOP
CHARGE BY PHONE 619.220.TIXS :: TICKETMASTER OUTLETS
PRINT YOUR TICKETS TODAY! TICKETFAST™ AT TICKETMASTER.COM

JUST OFF I-8 EAST AT WILLOWS ROAD :: 619.659.1996
FREE PARKING :: ALL AGES WELCOME
FOR COMPLETE INFORMATION, GO TO VIEJASENTERTAINMENT.COM

Bviolin. "I was a full-time computer consultant and programmer, and the job market was good, so I decided to move to someplace completely different [from Philadelphia] in my eyes. I knew of San Diego because we'd come for family vacations to visit my cousins and uncle when I was little.... I loved this place as a kid."



BVIOLIN'S GOT A MIDDLE EAST MUSE

Sarram fronts Bviolin and the January Avalanche Project, though his next album (set for May release) will be a solo Bviolin project. "It's mainly an instrumental journey of compositions I've written, rather than singer-songwriter-type

songs."

"The Persian violin influence...or, rather, a Middle Eastern violin influence, is always there in my music, especially in my originals, which I describe as Persian jazz fusion and folk. Whenever there are any Iranians in the crowd, they seem attracted right away to my style of violin.... I get a lot of compliments about how great it is to hear the Persian influence in a broad range of styles of my music."

Are gigs ever affected by

U.S. tension over Middle East relations? "Over the long haul of my career, I'm sure I have had some negative run-ins," says Sarram, "but those things tend not to bother me."

— Jay Allen Sanford

Record Release Roundup

Folding Mr. Lincoln's release party for their debut album *Within My Reach* happens March 21 at Rebecca's coffee-

house in South Park, and the band will play two shows at next month's Adams Avenue folk and roots fest. "Nancy [Mestyaneck, vocals/percussion] and I have expanded the band to a five-piece," says bandleader Harry Mestyaneck. "We'll play

OVERHEARD IN SAN DIEGO: U-31

JAY ALLEN SANFORD



OVERHEARD? EMAIL JAS2669@AOL.COM - IF WE USE YOUR TIP, YOU GET THE ARTWORK

"OVERHEARD SONG" MYSPACE.COM/CATHRYNBEEKSORDEAL

the album live, with guest singers Cathryn Beeks, Randi Driscoll, and guest guitarist Jon Lawton." The band's singing fiddler Alicia Previn is the daughter of noted symphony conductor Andre Previn.

Produced, recorded, and mixed by Jeff Berkley (of Berkley Hart) at Berkley Sound, *Within My Reach* will be available at iTunes, CD Baby, Amazon, Rhapsody, Napster, through Verizon, and at *foldingmisterlincoln.com*.

The new CD from fusion jazz guitarist Patrick Yandall, *A New Day*, debuts March 29, with a release party at Humphrey's. Yandall informs, "I'll have a guest keyboardist, Kevin Flournoy, an amazing player and producer who tours the world with the Pointer Sisters and Harvey Mason." The Samoan-born, Michigan-bred Yandall appears regularly at local casinos, a sometimes thankless gig. "A manager at

one place — who's not there anymore — told me to tell the band to turn down, since the people were there for the food and not to listen to us. Makes you feel really special." *A New Day* will be available at Amazon, CD Baby, and at *patrick-yandall.com*.

The Focus Group's release party for their self-titled debut CD is tonight, March 19, at the Belly Up.

CircaNow, who are recording an album with Rolling Stones producer Alan Sanderson, appear tonight at House of Blues.

The Long and Short of It will have a release party at the Casbah tonight for their new CD and LP *CAW! An Unkindness of Ravens*.

The Drabs are nearly done

with a new album containing ten songs, some of which can be heard when they play March 21 at the Beauty Bar.

Bobby Fantasy's new album (recorded at Jason Hee's stu-

self-titled debut, produced by Led Zeppelin bassist John Paul Jones, on April 7.

As I Lay Dying release a three-DVD set, *This Is Who We Are*, on April 14, which includes



FOLDING MR. LINCOLN'S *WITHIN MY REACH*

dio) is being prepared for release; he appears March 29 at O'Connells.

A.J. Croce releases *Cage of Muses* March 31.

Nickel Creek fiddler-gone-solo Sara Watkins releases her

performances taped at the Jumping Turtle in San Marcos.

— Jay Allen Sanford

CONTRIBUTORS

William Crain, Dave Good, Larry Harmon, Ken Leighton, Bart Mendoza, Jay Allen Sanford, David Stampone



Adult Night Skating

Roller Skating Excitement
Now every Tuesday 7:30-10:30 pm \$8

Adult Learn-to-Skate Clinic \$6

Every Tuesday 6:30-7:15 pm.

Coupon applies to session only.

Skate rental and blade rental extra.

Family Fun Saturday & Sunday

\$7 All Day • 1:30-6 pm

Come join the fun!

21 for

Admission Adults-Only Night!

Valid Tuesday, March 24, 2009.

*Buy 1 admission and receive 2nd admission free.

Now recruiting for a new team:

"Starlettes"



SKATEWORLD

sandiegoskateworld.com
myspace.com/SanDiegoSkateworld

6907 Linda Vista Rd. • 858-560-9349
or further info: 858-560-9278
(3 blocks south of Genesee,
1 mile north of USD)

THURSDAY • MARCH 19 THIN MAN THE OLD IN OUT THE DEATH EATERS	 THE Casbah COCKTAILS • LIVE MUSIC • 21 w/ID 2501 KETTNER BLVD. • 232-4355	SATURDAY • MARCH 28 EARLY SHOW • DOORS 6:30 PM RASPUTINA LATE SHOW • 10 PM CASH'D OUT THE RUMBLERS	
FRIDAY • MARCH 20 THE CURED STILL ILL		TUESDAY • MARCH 24 THESE ARMS ARE SNAKES TERA MALOS PRE • MAE SHI	SUNDAY • MARCH 29 HERMAN DUNE CHAD VANGAALAN WOMEN
SATURDAY • MARCH 21 CD RELEASE SHOW THE LONG AND SHORT OF IT KILL ME TOMORROW FING	WEDNESDAY • MARCH 25 THE BRONX TRASH TALK DRUG WARS	MONDAY • MARCH 30 ANTI-MONDAY LEAGUE PRESENTS ASTEROIDS GALAXY TOUR AND GUESTS PLUS DJ SkullcRusher	
SUNDAY • MARCH 22 BLACK MOUNTAIN THE SADIES	THURSDAY • MARCH 26 PELICAN WOLVES IN THE THRONE ROOM	TUESDAY • MARCH 31 WHITE DENIM APES OF WRATH NAUTICAL DISASTER	
MONDAY • MARCH 23 ANTI-MONDAY LEAGUE PRESENTS JOANIE MENDENHALL DIRTYBIRDS NOWHERE MEN	FRIDAY • MARCH 27 EARTHLESS EARLY MAN • RED FANG HOSTILE COMBOVER	WEDNESDAY • APRIL 1 VALIENT THORR	
casbahtickets.com		Charge by phone: 888-512-7469	thecasbah.com



**EL CAJON
HARLEY-DAVIDSON**

**GRAND
RE-OPENING**

**Saturday
March 28th
11:00-4:00 pm**

**Join in Our
CELEBRATION!!!**

**We're So Proud of Our
New Dealership—and We
Want to PARTY WITH YOU!**

**We'll have GREAT GRUB
and 2 LIVE BANDS!**

***Cash'd Out*
(Johnny Cash Tribute Band)
& Full Monty**

- Tattoo Artist On-site
- Select One-Day Specials!
- Free On-site Chair Massages!
- Come Out and Meet 101.5 KGB's Miss World Class '09



- **BIKERS BLING**
Will Be Here –
“You Bring It,
We'll Bling It!”

Contact Kim for more info:
(619) 251-2848
Go to www.bikersblingonline.com
to see!



EL CAJON HARLEY-DAVIDSON 621 El Cajon Blvd., El Cajon, CA 92020 • Ph: (619) 444-1123 • Fax: (619) 444-0577
Hours: Monday-Saturday 9-6, Sunday 10-4 • www.elcajonharley.com • Service Dept. closed Sunday

club crawler

This Week In Music

Thursday 19

SanFran's trad-jazz piano man **George Duke** appears at Anthology tonight. Duke may have strayed from the hard-bop path when he pioneered synth sounds for nu-jazz goof Jean-Luc Ponty in the '60s, but he touched the outer limits when he joined Zappa's Mothers of Invention. After 40 years and 30 albums, his latest being last



THE FOCUS GROUP AT BELLY UP

year's well-received, funk-infused trib to Sly Stone, *Dukey Treats*, the man is enjoying a renaissance of sorts, in that every hit pop-hop cat you can name is sampling Mr. Duke — from Kanye to Common and Daft Punk to MF Doom. You got three shows over two nights at the Little Italy supper club to get with it, so get with it.... Belly Up books a CD-release thing for the shoe-gaze-y **Focus Group**. The local quartet enlisted the help of indie vets Pall Jenkins and Rick Froberg for what samples as stumbling lo-fi pop. To their cred, the lilting lyrics and casual hooks charm. Check the Space takes at myspace.com/thefocusgroupsspace. Karate-rock duo **Ninja Love** and ramshackle '70s throwbacks **Black Hondo** set the Solana Beach stage for this locals-only load.... 'Round town: the **Anna Troy Band** and **Saucy Monkey** swing into Bar Pink...**Tiltwheel** and **Sunnyside** shine on Beauty Bar...and **Thin Man**, **Old In Out**, and **Death Eaters** swoop down on Hogwarts, er, Casbah.

Friday 20

L.A.-based Grammy winners **OK Go** will deliver a heaping helping of geek rock — including outer-wear — to House of Blues Friday night. Their third full-length is in the can and due to drop (ew) in June. The Dave Fridmann-produced collection is said to “deconstruct the quartet's Weezer-plays-Pixies sound.” “Kay. But do check their take on “Gigantic” from last year's Pixies trib *Digging for*

Fire. Math nerds **IO Echo** and **Jaguar Love** up first. Jag Love is ex-Blood Brothers and worth, y'know, getting to the club on time.... What else? Eighties apers the **Cured** and **Still Ill** resurrect your favorite Cure and Smiths stuff at Casbah...**Pine Mountain Logs** burn a cache of countrified pop-rock covers at Belly Up...while **Bartender's Bible** plays the real skunk at Bar Pink...**Humanimals** **Grand Ole Party** join she-rockers **Dirty Legs** at the Soda Bar...hard-rocking **Archons**, **Oaks**, and **Ride the Sun** pound it out at Ruby Room...and our lady of trip-hop **MC Flow** hooks with **Mr. Tube** at the Whistle Stop for a night of indie-lite dub zounds.

Saturday 21

Local quartet **Long and Short of It** celebrate their release of new core-metal collection *CAW! An Unkindness of Ravens* at Casbah Saturday night. Press pack from Black Rabbit Rebellion records says of *CAW!*: “Soaring, shrieking vocals give way to thunderous bass licks and punishing guitar blasts, all held firmly together by the ‘sledgehammer of South Park’” — that'd be drummer Tim Johnson, aka Big



LONG AND SHORT OF IT AT CASBAH

Baby. **Kill Me Tomorrow** and **Fing** open.... British rock guitarist **Dave Mason** visits Anthology. After finding fame with prog-pop band Traffic, Mason went on to lay tracks for everyone from Hendrix to Michael Jackson. He's out to tout his latest, *26 Letters, 12 Notes*.... Lo-fi grime guys **Charles Muskett** share their *Hot Dreams* after **River City** flows folk through the Ken Club.... Beauty Bar fills an eclectic bill with **Drowning Men**, the **Drabs**, **Black Patterns**, **XIV**, **Stereotech**, and **Eclipse 79**.... **Napoleon Complex**, the **Modlins**, **Hot Toddies**, and **Beautiful View** dial in some odd pop at Radio Room.



OK GO AT HOUSE OF BLUES

Sunday 22

Bar bill of the week has B.C. psych-rock throw-backs **Black Mountain** paired with Toronto's psych-folkies the **Sadies** at Casbah. Black Mountain's *In the Future* was one of last year's lauded discs for its acid-rock guitar gusto and hooky heaviosity. And though the Sadies stand on their own eight legs just fine, they're prolly better known for backing indie chanteuse Neko Case. Not a bad backing-band view, eh?... Else: hard-core holdovers the **Adicts**, the **Dickies**, **Billy Bones**, and **Henchman** play House of Blues...while **Midnight Radio**, a tribute to *Hedwig and the Angry Inch*, joins the **Attack!** at Ruby Room.

Monday 23

Adrian Thaws, aka **Tricky**, is a London-based electronicist of the trip-hop persuasion. His scat-rap and rock makes Trick “a critical crossover act, bridging white and black England.” For more on him, check last year's autobiographical collection *Knowle West Boy*. He'll trick out Belly Up Monday night.... Flying V pilot Michael Schenker delivers **MSG** to House of Blues. Last year's *In the Midst of Beauty* marked the return of original MSG vocalist Gary Barden, who after all these years shares the marquee with the former Scorpion.... And SD's little folk-rock flowers **Joanie Mendenhall** and **Nowhere Men** prettify Casbah's Anti-Monday meet-up.

Tuesday 24

Suicide Squeeze Seattleites **These Arms Are Snakes** will stop at Casbah on their way home from SXSW. The Snakes have enjoyed a year of critical love over their third, *Tail Swallow and Dove*, a collection of heady art-punk jams. With math-y and manic Cali kids **Tera Melos**, U.K. spaz-rockers **PRE**, and like-minded Los Angelinos **Mae Shi** (which, oh by the way, just played 161 shows over four days at SXSW, which I *think* bests the Black Lips' run, s'it?), this one's near impossible t'resist.... Resistors, ya got alt-country poster boy **Rhett Miller** gracing Belly Up's stage...and **No Kids** hooking up with the **Parenthetical Girls** (see Will Crain's Of Note this week for more on them) at Bar Pink.

Wednesday 25

Hump night 'round town offers 31 flavors of alt pop-n-rock to choose from, with the **Bronx** (ex-Dragons guit guy Kenny Horne) and Sac-town thrashers **Trash Talk** at Casbah...**Hillstomp**, **McDougall**, and the **Show Is the Rainbow** over Bar Pink...**Blank Dogs**, **Eat Skull**, **Naked on Vague**, **Christmas Island**, and **Blessure Grave** filling a big bill at Soda Bar....up-and-comers the **Shys**, **Takeover UK**, and **Gliss** at Beauty Bar...and the **Fascination**, **Vinyl Film**, and **Desert Diamonds** dressing up Ruby Room.

— Barnaby Monk

Thursday, March 19



Y & T
SLEDD
UNCLE JUNKIE



Friday, April 3



THE HEAD CAT
(featuring Lemmy of Motorhead
& Slim Jim Phantom of Stray Cats)
CHARLIE & THE VALENTINE KILLERS
THE STRIKERS
THEE CORSAIRS



Friday, March 20 • No cover
“FRANKIE THE BULLS BBQ”
GRAND OPENING
with live music by
THE CATHRYN BEEKS ORDEAL
CITIZEN BAND

Saturday, March 21
DOWNSPELL • MEDIUS
FRACTURE POINT
AWAITING SAMSARA

Tuesday, March 24 (every Tuesday)
“TONGUE & CHEEK
TUESDAYS”

Wednesday, March 25
MISDELPHIA
GOOD NIGHT CAULFIELD
MYRA'S HANDS

3/15 **Ryan Bingham** • 7/7 **Anti Nowhere League**
7/30 **Jimmie Van Zant Band** (performing the hits from Lynyrd Skynyrd)

Thursday, March 26
Lux Killmore presents

RUBY WHITE • DOTTIE LUX
LADY SATAN • MISS MIA VIXEN
MARIEL A LA MODE
PIN KEY LEE
SPOOK SHOW AGOGO

Friday, March 27
HEAT ROK • DEDICATED MIND
SILENT LUNE
LEW PAPER FURY
STIMULUS PACKAGE
CHASING CLAYMORES

Sunday, March 29
TRUTH NOXX & 2 SMOOTH
NARKOTIC • PLAY B
SISO • KB • NOIRE ENT.
FIVE STAR • BLEED & BREATH



Saturday, April 25



Eric Yo! & CSL present

KID KOALA
DJ ARTISTIC
FRIK N FRAK
ONE MAN JAZZ



Thursday, April 30



DOPE
AIZEN
ONE THEORY
SILENCE
BETRAYED

BRICKBYBRICK.COM • etix • 619-275-LIVE • 21 & UP • 619-276-3993 • 1130 BUENOS AVENUE (OFF MORENA BLVD.)



restaurant+nightlife
www.belosandiego.com

THURSDAY MARCH • 19TH
DJ'S FINGAZ • TECH MIXIN' LIVE

TREY SONGZ
PERFORMING LIVE

FRIDAY MARCH • 20TH
DJ'S FINGAZ • SEIZE • PHOBIK
HOSTED BY FRANCHISE PRESENTS & MUSIQJIVE GIRLS

SATURDAY MARCH • 21ST
DJ FINGAZ • RAGS • ALEX M.
HOSTED BY SIGUELE NIGHTLIFE
EPIC EVENTS' ALONG WITH Z90, IS BRINGING HIP HOP SENSATION

PITBULL
TO BELO WHERE HE WILL BE HOSTING HIS OFFICIAL CONCERT AFTER PARTY.
PURCHASE PRESALE TICKETS @ GROOVETICKETS.COM

FRIDAY MARCH • 27TH
DJ FINGAZ • RAGS • PHOBIK
HOSTED BY: ENTOURAGE, RUSH HOUR & MUSIQJIVE GIRLS

SATURDAY MARCH • 28TH
DJ FINGAZ • MIKESKI • TECH

INFAMOUS FRIDAYS
PRESENTED BY IMPACT PRODUCTIONS. SAN DIEGO'S MOST INFAMOUS PARTY!
OUR DJ'S WILL BE MIXING THE HOTTEST TOP 40, 80'S, MASH-UPS & PARTY ROCK!
\$200 BOTTLE SPECIALS IN OUR VIP
FOR VIP GUESTLIST • PARTYMAFIA@HOTMAIL.COM • IMPACTPRODUCTIONSSD.COM

EPIC SATURDAYS
WITH EPIC EVENTS IS REVITALIZING SATURDAY NIGHTS @ BELO
COME PARTY WITH US IN SAN DIEGO'S HOTTEST NIGHTCLUB AS
OUR DJ'S SPIN THE BEST IN TOP 40, MASH-UPS, PARTY ROCK & 80'S!
\$200 BOTTLE SPECIALS IN OUR VIP
FOR VIP GUESTLIST • EMMAJOSEPHSON@GMAIL.COM

CLUB LIST NOW
WWW.CLUBLISTNOW.COM
VIP ACCESS TO THE HOTTEST EVENTS IN YOUR AREA

21+ DOORS OPEN @ 9PM • CLUB ATTIRE REQUIRED & ENFORCED!
(DRESSCODE & ADMISSION IS AT THE DOORMAN'S DISCRETION)

VIP BOTTLE SERVICE HIGHLY RECOMMENDED
PLEASE CALL OREAN @ 619-507-0843
819 4TH AVENUE SD • 619.231.9200



ON BROADWAY
EVENT CENTER
615 BROADWAY AVENUE : WWW.OBEC.TV : 619.231.0011
VIP BOTTLE SERVICE : CALL AARON : 619.565.8834 : VIP@OBEC.TV

FRIDAY MAR.20TH
HIFI 4U SB²

AUDIOJACK vs. SIMON BAKER
OPENING SET BY: VICTOR JOHN (TEK FUNK)
\$5 VODKA ROCKSTARS ALL NIGHT | \$5 WELLS UNTIL 11PM
RELAXED DRESS CODE | 4THEDJ.NET | DREVEGAS.COM

03/21/09 SATURDAYNIGHTS
TIM BARTZ PRESENTS

DJ IRENE
OPENING DJ SET BY: DJ FRANKIE
GUARANTEED ENTRY PRE-SALE TICKETS: @ventvibe.com

FRIDAY MAR.27TH
HIFI 4U SB²

SHARK ATTACK
\$5 VODKA ROCKSTARS ALL NIGHT | \$5 WELLS UNTIL 11PM
WWW.4THEDJ.NET | WWW.DREVEGAS.COM

03/28/09 SATURDAYNIGHTS
TIM BARTZ PRESENTS

JAY IDOL VIDENA
GUARANTEED ENTRY PRE-SALE TICKETS: @ventvibe.com

CLUB LIST NOW
WWW.CLUBLISTNOW.COM
2008 BEST DANCE CLUB

BEAT THE COVER!
MAKE DINNER RESERVATIONS @ ZEN CAFE. CALL 619.231.0011
FRIDAY NIGHT HAPPY HOUR SPECIAL \$10 SAKE / SUSHI

San Diego Reader March 19, 2009 71



FINE TUNED MUSIC & CUISINE



3/19 & 20
GEORGE DUKE



ARTIST IN RESIDENCE
CHARLES MCPHERSON
GILBERT CASTELLANOS
3/25



3/26
TREVOR DAVIS
CARNEY
DR. SEAHORSE



3/27
THE STEELY DAMNED



3/28
WILD CHILD
THE DOORS TRIBUTE



3/31 & 4/1
BRANFORD MARSALIS

DAVE MASON	3/21
FLAWLES PARTY - SATURDAY NIGHT LIVE	3/21
CHARLIE CHAVEZ Y SU AFRO TRUKO	3/22
MOTOWN REVUE	
ANTHOLOGY HOUSE BAND	3/28

All shows subject to change.

JAZZ UP YOUR TUESDAYS!
FREE COVER
W/ THIS COUPON TUE, MAR 24

TICKETS ON SALE NOW!
www.AnthologySD.com • 888 594 3183
1337 India Street, San Diego



SINCE 1986

Air conditioned for your comfort

www.secondwindbars.com
ATM & credit cards welcome.

Navajo

8515 Navajo Road • 619-465-1730
(Albertsons shopping plaza at Navajo & Lake Murray)

Thursday, March 19
Fat Man's Misery • Hocus Cirkus (from Sweden)

Friday & Saturday, March 20 & 21 • 9 pm



Classic Rock FX5

Sunday, March 22
KMMNWLTH

Monday, March 23
Karaoke

Tuesday, March 24
KMMNWLTH

Wednesday, March 25
Reverend Stickman
Bedpost Buzzards • Fuzz Huzzi

Santee

8528 Magnolia Avenue • 619-596-8350
(Corner of Prospect & Magnolia)

Thursday, March 19
Mud Wolf

Friday & Saturday, March 20 & 21 • 9 pm



Classic Rock 5 Miles High

Sunday, March 22
Reverend Stickman • VacScene • Fuzz Huzzi

Tuesday, March 24
Without Logic

Wednesday, March 25
Cory Wilkins

Pool Tables • Dart Boards • Free Parking
Hot Spot & Lotto • Free WiFi Access



1921 bacon street • ob
619-222-6822
www.winstonsob.com

Thur. 3/19 Cue presents a night of Live Dub
BREDREN
KINGS MARTYR DUB SQUAD

Fri. 3/20 6-9 PM 
Feat. **KRISTIAN VALLEE**
Reggae featuring members of Vegetation
ISHMAEL & THE PEACEMAKERS
With Special Guests
RAIZ MUZIK

Sat. 3/21 Anniversary of the Division Bell album


Sun. 3/22 5-8 PM: Blues
WEST OF MEMPHIS
Karaoke OB Style
OB•O•KE
HOSTED BY JOSE SINATRA \$2 drinks 9 pm to close

Mon. 3/23 6-8 PM:
Drunk Poets Society
An evening of music from the Grateful Dead


Tues. 3/24 6-9 PM:
Think 'N' Drink Trivia
International Ladies of Ska
THE PEPPER POTS
SOCIAL GREEN
THE AMALGAMATED
DJ CUE

Wed. 3/25 Rock Showcase
THE JOURNEYMEN
THE AKADEMIX
SAMADHI TRIO

UPCOMING:
3/26: DIEGO'S UMBRELLA
3/27: MOONALICE AND SUPERUNLOADER
3/28: PARTICLE with AL HOWARD & THE DELTA NOVE HORNS



710 GARNET AVE. PACIFIC BEACH II

WHERE GARNET ENDS & HAPPY HOUR BEGINS
ANY BEER + ANY SHOT = \$7.10 OPEN TO 7:00am MON. THRU FRI.

THURSDAY 3/19
ROOTS/HAWAIIAN/REGGAE
PAU HANA

FRIDAY 3/20
ROCK
WAY COOL JR.
STALKER DAN BAND

SATURDAY 3/21
STAY CLASSY.ORG PRESENTS
ROCK OUT KARAOKE
BENEFIT FOR ABANDONED YOUTH

SUNDAY 3/22
HAPPY HOUR
NOON TO 7:00 PM
\$7 ICE COLD PITCHERS
NO COVER
INDIE/LYRICAL/HIP HOP
BRENDAN B

WEDNESDAY 3/25
R&B/SOUL/POP
WOKIE GARCIA
JDEAN

MONDAYS
8PM - MIDNIGHT

SING OR DIE KARAOKE
NO COVER

TUESDAYS @ 710 BC
GAME NIGHT
PITCHERS
\$7.10

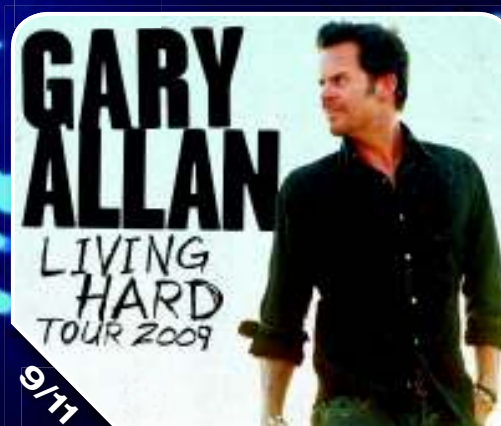
Upcoming
NCAA - MARCH MADNESS HEADQUARTERS
3/26 - THE BLACK BELT JONES BAND / THE DOWNSTROKE
3/27 - SPLIT FINGER / GET BACK LORETTA / THE BUZZBOMBS
3/28 - FOLIO / THEORY OF FLIGHT / DJ MATT LINDSEY

WWW.710BC.COM (858) 483-7844 / TAKE OUT 274-7427

HARRAH'S SUMMER CONCERT SERIES WHERE THE STARS SURROUND YOUSM

OPEN SKY THEATER

Tickets on sale March 21



Perfecto Tour featuring
Paul Oakenfold

WITH SPECIAL GUESTS
LIQUID TODD AND KENNETH THOMAS

FRIDAY, APRIL 17

Celebrate the opening of Eclipse, a twilight pool party experience.



FOR TICKETS VISIT WWW.HARRAHSRINCON.COM.
CALL 1-800-HARRAHS FOR HOTEL PACKAGES AND GROUP RATES.

Harrah's
RINCON
SAN DIEGO NORTH

Entertainers subject to change or cancellation. Must be 21 or older to gamble and attend concerts. Know When To Stop Before You Start.® Gambling Problem?
Call 1-800-522-4700. Owned by the Rincon San Luiseno Band of Mission Indians. Managed by HCAL, LLC. ©2009, Harrah's License Company, LLC.

Still Floating

Guilty pleasure? “Creating little creature characters out of food.”

Singer-songwriter Marie Haddad was five when she started playing piano, but she drifted into other endeavors a few years later. At one point she had to sell her piano in order to stay in college.

“I discovered a grand piano in one of the local hotels that was unattended most of the time in the evening,” she says. “So I started sneaking in to practice on it.”

After playing with various local cover bands, Haddad joined the San Diego Beat Organization, which was nominated as Best New Artist at the 2002 San Diego Music Awards. When that group split, she began performing and recording solo.

“I play piano and sing sort of à la Kate Bush, one of my favorite musicians,” says Haddad. “Her innovative songwriting and production ideas paired with that unmistakable voice captivated me early on.”

She cites Leonard Cohen as the biggest influence on her lyrics. “My copy of *Stranger Music* — his book of poems, writings, and lyrics — has so many pages bunny-eared and phrases underlined that it’s like a lovingly worshipped textbook.”

Marie Haddad appears March 28 at “IndieFest V” in North Park.

WHAT’S IN YOUR MUSIC PLAYER?

“There are some pretty swirly CDs in my player at the moment, like P.J. Harvey’s *White Chalk*, Manuok’s *No End to Limitations*, and Blonde Redhead’s *23*. There’s also Laurie Anderson’s *Strange Angels* — I’m still floating after her amazing show and lecture at UCSD recently.

I’ve also been playing Vive La Fête’s *Jour de Chance*, which is a lot of fun.”

MUST-HAVE DVDs?

“My first three choices are *Eternal Sunshine of the Spotless Mind*, *Amélie*, and David Lynch’s *The Straight Story*. Each shows a unique and honest look at relationships, and all three very much spoke to my heart.

“Also speaking to my heart, but for completely different reasons, is *The King of Kong: A Fistful of Quarters*, a documentary about the super-nerdy and super-wonderful Donkey Kong championships.

“The last one would be 1980’s classic *Xanadu*, with Olivia Newton-John — in leg warmers, playing the daughter of Zeus — who inspires an unknown painter and Gene Kelly to open a roller-skating rink together. Wow!”

WHAT MAGAZINE SUBSCRIPTION DO YOU ALWAYS RENEW?

“Mary Engelbreit’s *Home Companion*. I’m into making arts and crafts and things and stuff.”

MOST VISITED WEBSITES?

1. The Minisode Network. “I’m especially fond of the *Fantasy Island* ones.”
2. *YouTube.com* “How many versions of ‘Do They Know It’s Christmas?’ do you think are on there?”
3. *Etsey.com* “They have arts and crafty things.”
4. *Oinkernet.com* “It’s a live guinea pig cam!”
5. *livefromdarylshouse.com* “For Daryl Hall’s internet webcast, he performs

with musical guests like Nick Lowe, Chromeo, and K.T. Tunstall — and even John Oates every once in a while.”

TOP FIVE GUILTY PLEASURES?

1. “Staying in my PJs all day.”
2. “Taking way too many photos.”
3. “Creating little creature characters out of food.”
4. “HGTV marathons.”
5. “Onion rings.”



Marie Haddad


PHOTOGRAPH BY DAN CHUSID

SOMETHING IMPOSSIBLE TO DO WITHOUT?

“I always need to have a piano keyboard. I went a bit crazy when I tried to live without one.”

SOMETHING ABOUT YOU FEW WOULD KNOW OR GUESS?

“I have a certificate of completion from a Radio Shack TRS-80 course.” ■



MISO HARNEY sushi

sushi til midnight
super lunch combos
reverse happy hour
Monday...happy hour all night

Lunch: mon-fri 11:30am to 3pm
Dinner: mon-sun 5:30pm to 12am

Old Town
Wednesday
HAN
ASIAN VODKA
\$2 off all cocktails
Thursday
TRIBE OF KINGS
Friday
Storm Shadow
Hip-Hop
& DJ EJ
Saturday
Matty A

Oceanside
Wednesday
Z90's own DJ Mahjestic
Thursday
HAN
ASIAN VODKA
\$2 off all cocktails
Friday
TRIBE OF KINGS
Saturday
Headphone Jones
Soul, Funk, and Hip-Hop

On Harney Street
3964 Harney St.
San Diego, Ca. 92110
619.295.3272


At Oceanside Pier
301 Mission Ave.
Oceanside, Ca. 92054
760.967.1820

2008 awards best sushi~Citybeat magazine best sushi~Channel 10 best first date spot~Citysearch award of excellence~Zagat

www.harneysushi.com



Located at
852 FIFTH AVENUE, SAN DIEGO, 92101



TONIGHT! MAR 19TH
LIFTED 8 YEAR ANNIVERSARY
MARK FARINA DOORS OPEN @ 9pm
DETAILS & TICKETS @ LIFTEDHOUSE.NET
(OM RECORDS | SF) ALONG
WITH JAY "IDOL" VIDENA & CRIS HERRERA



FRIDAY MARCH 20
VICTORY NIGHTLIFE PRESENTS:
80's & 90's NITE
THIN* MARJESTIK (Z90.3FM) IMPAKT (MASS APPEAL)
ONYX* edROC (Mindz Alika) Julz (Mindz Alika)
Hosted by Toe-Knee Nguyen



SATURDAY MARCH 21 SPECIAL EVENT
DWNTWN UPSDEDWN Hosted by: Lifted, Jorge Luna, RicoyCreative
DJ KISS
DJs Advice & Disc-O
Live Performances by
WAR TAPES, LONG LIVE LOGOS,
the LYON CROWNS, the HOWLS




EVERY TUESDAY! NEVER COVER!
TUESDAY NIGHT JAZZ JAM SESSION WITH
GILBERT CASTELLANOS & HIS LIVE JAZZ ENSEMBLE

BIRTHDAY VIP's OUR MARCH BIRTHDAY PACKAGE INCLUDES:
AN EXCLUSIVE BIRTHDAY GUESTLIST & COMPLIMENTARY CHAMPAGNE.

ONYXROOM.COM Special Events
VIP INFO
CALL 619.231.PLAY(7529)

ricoycreative.com


DreamCatcher at VIEJAS




LUKE BRYAN
MAR 27

17th Anniversary
LET'S PLAY
9
WOMEN'S PROFESSIONAL BILLIARD ASSOCIATION
APR 1-5

"HOW BIG CAN YOU GET"
100 YEARS Cab Calloway
Featuring
BIG BAD VOODOO DADDY
MAR 28



BILLY CURRINGTON
LIVE IN CONCERT
APR 9



ROBERT CRAY
APR 10

FREE Every Sunday* Jan. 11 - Mar. 29 5pm-8pm
Free Dance Lessons from 5pm to 6pm.
Nationally Acclaimed Live Swing Bands
1st place \$5,000
2nd place \$3,000
3rd place \$2,000
Dance couples sign up at the door. Free Show, 8 and 9pm.
*The Competition Ends 1 hour before the Big Game/Super Sunday

SWING COMPETITION
VIEJAS
DanceCouples.com
SUNDAYS

DreamCatcher FREE WINE & DINE
MAR 20 MARCH 20 9PM-1:30AM
Polyester Express/DJ 2Rille
APR 11 9PM-1:30AM
Freeze Frame/DJ Steve West

THE V LOUNGE FREE WINE & DINE
MAR 20 8PM-1AM
Siren's Crush
MAR 21 8PM-1AM
Popviny

VIEJAS CASINO & HOTEL
TICKETS AVAILABLE AT THE VIEJAS GIFT SHOP :: MUST BE 21 OR OLDER
CHARGE BY PHONE 619.220.TIXS :: PRINT TICKETS TODAY! TICKETMASTER.COM

The SHOUT! Rock 'n Roll Sing-A-Long House Duelling Pianos

Live Entertainment Great Specials Fun Atmosphere

VOTED San Diego's Best Live Music Venue

NO COVER Sun-Wed

655 4th Ave, Gaslamp Quarter
619.231.6700 www.TheShoutHouse.com

Calendar MUSIC SCENE

HOW TO SUBMIT A MUSIC LISTING: Call 619-235-3000 x405, night or day by 5 pm Friday, the week prior to publication. To send weekly or monthly schedules, fax to 619-231-0489 or mail to Reader Music Scene, P.O. Box 85803, San Diego, CA, 92186. You may also submit information online at SanDiegoReader.com by clicking on the music section.

THIS WEEK'S SHOWS

1st Street Bar: 656 South Coast Highway 101, Encinitas, 760-944-0233.
Saturday, 9 p.m. — TrunkMonkey. Covers/pop/modern rock.

710 Beach Club: 710 Garnet Avenue, Pacific Beach, 858-483-7844.
Friday — Defamation League. Rap.

Anthology: 1337 India Street, Little Italy, 619-595-0300.
Thursday, 7:30 p.m., *Friday*, 7:30 p.m. — Jane Monheit. Traditional jazz. \$20-\$38.
Saturday, 7:30 p.m. — Martinis & Sinatra. Big band/jazz standards. \$18. *Saturday*, 9:30 p.m. — Haute Chile. Covers/standards. \$16.
Tuesday, 7 p.m. — The Anthology House Band. Jazz/R&B/soul. \$5.
Wednesday, 7:30 p.m. — The Rebecca Jade Quartet. Jazz/R&B.

Balboa Theatre: 868 Fourth Avenue, Downtown, 619-570-1100.

Sunday, 3 p.m. — The Irish Rovers. Irish folk group. \$20-\$47.

Beauty Bar: 4746 El Cajon Boulevard, Kensington-Talmadge, 619-516-4746.

Monday, 8 p.m. — LDR and the Kates. With Excuses for Skipping. Rock.

Belly Up Tavern: 143 South Cedros Avenue, Solana Beach, 858-481-8140.

Thursday, 7:05 a.m. — Solana Beach Baseball Bash. "Celebrate more than fifty years of Little League baseball in Solana Beach and the beginning of the 2009 Little League season." Event includes music by Atomic Groove, a silent auction, VIP recognition celebration, food, and a cash bar. \$75.

Sunday, 8 p.m. — The Von Bondies. Alternative/punk/indie.
Wednesday, 8 p.m. — Ashley Matte. With Beth Preston and Veronica May. Pop/rock/soul. \$8.

Birch North Park Theatre: 2891 University Avenue, North Park, 619-239-8836.
Friday, 7:30 p.m. — Spanish Harlem Orchestra. Mariachi/Latin/Tejano. \$40-\$45.

The Bitter End: 770 Fifth Avenue, Downtown, 619-338-9300.
Thursday, 9 p.m. — Jacqueline Grace. Pop/Latin.
Wednesday, 9 p.m. — Donovan Nugent. With Maddox Revolution. Pop/rock/acoustic.

Boar Cross'n: 390 Grand Avenue, Carlsbad, 760-729-2989.
Thursday — The Minor Keys. With Bang Bang and the Blast and Sweet Ever After. Indie.

Bondi Bar and Kitchen: 333 Fifth Avenue, Downtown, 619-342-0212.

Sunday, 3:30 p.m. — Jordan Reimer. Acoustic/folk/pop.

The Brew House at Eastlake: 871 Showroom Place, Suite 102, Chula Vista, 619-656-2739.
Thursdays, 8 p.m. — Paradigm. With guests. Jazz/pop/blues. Free. Ages 18 and up.

Brick by Brick: 1130 Buena Vista Avenue, Linda Vista, 619-275-5483.
Thursday, 7:30 p.m. — theSTART. With the Action Design, Roxy Epoxy & the Rebound, and guests. Indie/electro/power pop. \$10.
Saturday, 8 p.m. — Kyle Van Band. Acoustic/bluegrass. rockabilly. \$5.

Café La Maze: 1441 Highland Avenue, National City, 619-474-3222.

Thursdays, 6:30 p.m. — Sandy Chappel and Burnett Anderson. With various pianists.

Fridays, 6:30 p.m. — The Sandy Chappel Quintet. With Sandy Chappel, Burnett Anderson, Robert Sebastian, Marley Waak, and bass player du jour. Standards/jazz/blues.

Saturdays, 7 p.m. — Live Music. Various rotating musical groups. Standards/jazz.
Wednesdays, 7:30 p.m. — Burnett's Bliss. With Burnett Anderson, Robert Sebastian and Scott Wallingford. Jazz/standards/blues.

Café Sevilla: 555 Fourth Avenue, Downtown, 619-233-5979.

Sunday, 8 p.m. — Orquesta Guayo. Colombian.

Mondays, 9 p.m. — Rock en Español.

Tuesday — Orquesta Primo. Latin/mariachi/Tejano.

Canes: 3105 Ocean Front Walk, Mission Beach, 858-488-1780.
Friday, 9 p.m. — De La Soul. Hip-hop. \$25. Ages 21 and up.
Saturday, 9 p.m. — Tainted Love. '80s tribute band. \$15.

Carvers: 11940 Bernardo Plaza Drive, Rancho Bernardo, 858-566-2400.

Saturday, 8 p.m. — The Baytown Band. Funk/pop/rock. Free.

The Casbah: 2501 Kettner Boulevard, Little Italy, 619-232-4355.

Thursday, 9:30 p.m. — Minmae. With Dreaming of Tanks and Roxy Jones. Indie/pop. \$6.

Friday, 7 p.m. — Tim Barry. Plays an early show with Austin Lucas and Josh Small. Folk/rock/punk.

Saturday, 8:30 p.m. — Cursive. With Ladyfinger and Little Brazil. Indie. \$15. Ages 21 and up.

Sunday, 8:30 p.m. — Asobi Seksu. Indie/electro/pop. \$10.

The Center for Amusing Arts: 2438 Commercial Street, Logan Heights, 619-231-1950.

Saturday, 8 p.m. — Sean Conway's Bassoon Balloon Band. With the Human Jukebox, the Weldermen, Dr. Techno, DJ Darth Vadar, and more guests to be announced. Alternative. \$10.

Christ United Presbyterian Church: 3025 Fir Street, South Park.

Sunday, 4 p.m. — "Songs of Spring." Featuring local youth talent. Gospel/jazz. Free.

Claire de Lune: 2906 University Avenue, North Park, 619-688-9845.

MARCH MADNESS

Road to Detroit, April 4 - April 6

PACIFIC BEACH BAR & GRILL

THURSDAY TASTE OF ITALY
 \$6.95 Pasta dinners, 1/2 price Pizzas
 1/2 price drinks after 8pm
 2 Dj's spinning all the hottest music!

FRIDAY HAPPY HOUR 3-10pm
 \$2 drafts & wells, 1/2 price drinks,
 50¢ Appetizer menu... with
 beverage purchase.
 1/2 price regular Appetizers
Live music from 6pm -10pm!

SUNDAY ALL NEW... BREAKFAST 9am-Noon
 Happy Hour 4pm-8pm
 \$2-3-4 Drinks 8pm-close
Live Reggae 6pm-9pm!

SATURDAY \$2-3-4 DRINKS 6-10pm
 2 Dj's spinning the best Music
 in Town... 9pm to close

860 Garnet Ave, Pacific Beach. Info: (858)2PB.GRILL pbbarandgrill.com

BEER OF THE MONTH...
\$2.50 HARP LAGER

Saturday, 8 p.m. — The Uptown Rhythm Makers. Dixieland jazz.

Cox Arena: 5500 Canyon Crest Drive, SDSU, 619-594-6947.
Sunday, 8 p.m. — Los Temerarios. Latin/pop. \$49-\$129.

Cricket Wireless Amphitheatre: 2050 Entertainment Circle, Chula Vista, 619-671-3600.
Friday, 8 p.m. — Rascal Flatts. Country. \$34-\$74.

Dizzy's: 200 Harbor Drive, Downtown, 858-270-7467.
Saturday, 8 p.m. — Jazz Piano Legends Tribute. Tribute to Herbie Hancock, Duke Ellington, Oscar Peterson, Horace Silver, and McCoy Tyner featuring performances by Gilbert Castellanos and Mikan Zlatkovich. Jazz. \$12-\$15.
Sunday, 2 p.m. and 6 p.m. — Dublin Down. Presents "A Trip Around Ireland in Song." Folk. \$15-\$25.

Downtown Café: 182 East Main Street, El Cajon, 619-440-5687.
Saturday, 7 p.m. — The Burnsville Band. With guests. Blues/rock.

Dream Street Live: 2228 Bacon Street, Ocean Beach, 619-222-8131.
Wednesday, 7 p.m. — La Creaky Cahts. Rock.

Epazote: 1555 Camino del Mar, Del Mar, 858-259-9966.
Thursday, 7 p.m. — Freefall. Jazz. Free.

The Field Irish Pub and Restaurant: 544 Fifth Avenue, Downtown, 619-232-9840.
Thursdays, 8 p.m. — Eamon Carroll. Traditional Irish music.
Tuesday, 4 p.m. — 13th Annual shamROCK. Featuring dancing, live music, and DJs with performances by Raggle Taggle and the Field Irish Dancers, the Fooks, the Down's Family, Sonic Impulse, the Young Dubliners, DJ Mac, DJ Marc Thrasher, DJ Este, DJ Who, and DJ Brent Bartel. Irish/Celtic/

punk/rock/electronic. \$20-\$25.
Tuesdays and Wednesdays, 8 p.m. — Eamon Carroll. Traditional Irish music.

Gallagher's Pub & Grill: 5046 Newport Avenue, Ocean Beach, 619-222-5300.
Monday, 8 p.m. — Adrienne Nims and Raggle-Taggle. Jazz/Celtic.

The Handlery Hotel and Resort: 950 Hotel Circle North, Mission Valley, 619-298-0511.
Wednesday, 5 p.m. — The Bigfellas.

Featuring Charlie Recksieck and Christopher Dale. Rock/pop. Free.

Harrah's Rincón: 777 Harrah's Rincón Way, Valley Center, 760-751-3100.

Saturday, 8 p.m. — The Baytown Band. Funk/pop/rock. Free.

Hensley's Flying Elephant Pub and Grill: 850 Tamarack Avenue, Carlsbad, 760-434-2660.
Friday — Wild Weekend.
Garage/pop/punk.
Saturday, 8 p.m. — Night Doctors. Reggae.

Sunday — Fiffin Market. Irish rock.
Tuesday, 8 p.m. — The Mighty Regis. Celtic/punk.

Wednesday, 7 p.m. — Joe Wood & the Lonely Ones. Roadhouse blues.

House of Blues: 1055 Fifth Avenue, Downtown, 619-299-2583.
Thursday, 8 p.m. — Lady GaGa. With Chester French and White Tie Affair. Pop.
Friday, 8 p.m. — The Academy Is.... Plays an acoustic set on the Voodoo Stage.
Fridays, 9 p.m. — West of

Memphis. On the Voodoo Stage. Blues/country/rock. Free.
Friday, 8 p.m. — Rocco DeLuca and the Burden. Indie. \$12.
Saturday, 6 p.m. — Cute Is What We Aim For. With guests. Pop/punk. \$16.
Sunday, 8 p.m. — Shwayze. With LMFAO and Knux. Hip-hop.
Monday, 7 p.m. — Skid Row. Rock. \$17-\$32. Ages 21 and up.
Tuesday, 8:30 p.m. — Black Tide. With Escape the Fate. Metal.
Wednesday, 8 p.m. — Blue October. Rock. \$27-\$29.

Humphrey's Backstage Music Club: 2241 Shelter Island Drive, Point Loma, 619-224-3577.
Thursday, 8 p.m. — V Child. Rock.
Saturday, 9:30 p.m. — Roy Rogers. Blues.

J.J. Lander's Irish Pub: 125 South Main Street, Fallbrook, 760-731-0839.
Tuesday, 9 p.m. — The Clay Colton Band. Acoustic/standards/rock.

Jimmy Love's: 672 Fifth Avenue, Downtown, 619-595-0123.

The Summer's Hottest Concert Tickets are On Sale Now!



Friday, April 24th



Sunday, May 3rd



Sunday, June 7th



Saturday, June 20th



Thursday, July 9th



Saturday, Sept. 12th



Saturday, Sept. 26th



Saturday, October 3rd

More Exciting Shows to be Announced Soon!

Tickets Available at ValleyViewCasino.com, ticketmaster.com or at the Players Club!



VALLEY VIEW CASINO

San Diego's Favorite™

1-866-VIEW-WIN • ValleyViewCasino.com

I-15 to Valley Pkwy. East • Valley Center, CA

21 MEANS MORE THAN JUST BLACKJACK! GUESTS MUST BE 21 OR OLDER TO ENJOY THE CASINO RESTAURANTS, BUSES AND CONCERTS. MANAGEMENT RESERVES ALL RIGHTS.



West Coast Hall of Fame

- 3/21 Craig Bass & Boston Rob (Comedy)
- 4/3 Stephen Pearey (Ratt)
- 4/4 Suga Free
- 4/17 Too Short
- 4/18 Bullet Boys, Enuff Znuft
- 4/24 Electric Blackout
- 4/25 DJ Sharam & Tommy Lee
- 5/1 LBC Sublime (tribute band)
- 5/2 Ice-T

345 B Street
619-231-4343
www.4thandbevents.com

Wednesdays, 6:30 p.m. — The Soul Revue. Jazz, dance, and top 40.

The Jumping Turtle: 1660 Capalina Road, San Marcos, 760-741-7778.
Saturday, 8 p.m. — Paging Beto. With Three Bad Jacks. Rockabilly. \$12-\$20.
Mondays — Reggae Infusion Irie Time. Various reggae bands perform.

The Kraken: 2531 South Highway 101, Cardiff, 760-436-6483.
Saturdays, 2 p.m. — The Ghostriders. Country.
Sundays, 4 p.m. — The Blues Brokers. Blues/soul/rock.
Mondays, Tuesdays — Doug Allen. Front man of the Mar Dels.

Lestat's Coffee House: 3343 Adams Avenue, Normal Heights, 619-282-0437.
Sunday, 8 p.m. — The Robin Henkel Band. Blues/funk/jazz. \$10.

The Living Room Coffeehouse - Point Loma: 1018 Rosecrans Street, Point Loma, 858-222-6852.
Saturdays, 8 p.m. — Jay Dancing Bear. Acoustic.

Manhattan Cocktail Lounge: 400 Broadway, Chula Vista, 619-422-6641.
Friday, 8 p.m. — Richie and the Empty Chest. Jazz.

The Marquee: 835 25th Street, Golden Hill.
Saturday, 8 p.m. — Wendy Bailey. With Brandon Rice, Danny Walker, and more. Rock/pop.

McCabe's Beach Club: 1145 South Tremont Street, Oceanside, 760-439-6646.

Fridays, 4:30 p.m. — The California Rangers. Country. Free.
Saturday, 5 p.m. — Live Wire. Covers/classic rock/dance. Free.

The Metaphor Café: 258 East 2nd Avenue, Escondido, 760-747-1882.
Saturday, 8 p.m. — The Lost Angel Crew. With Identical Opposites, Reaper Fam, and 33rd Infantry. Hip-hop. \$7.

Milano Coffee Company: 8685 Rio San Diego Drive, Mission Valley, 619-688-1882.
Saturday, 7 p.m. — The Strange Woods. World. \$8.

Molly Malone's: 1270 Main Street, Ramona, 760-789-9050.
Friday, 9 p.m. — Lefthand Thread. Rock.

NTC Promenade: 2640 Historic Decatur Road, Point Loma.
Thursday, 6:30 p.m. — Adrienne Nims & Spirit Wind. Contemporary jazz/global music.

Nancy's Pub: 4246 University Avenue, City Heights, 619-280-5834.
Sundays, 5:30 p.m. — The Steemin Heep Blues Band. A blend of traditional blues, swing, and rock. Free. Ages 21 and up.

Nature's Express: 2949 Fifth Avenue, Banker's Hill, 619-550-1818.
Saturday, 6 p.m. — Bruce Betz. Acoustic/alternative/country.

North Coast United Methodist Church: 1501 Kelly Street, Oceanside.
Sunday, 4 p.m. — Eddie and the Vibra Tones.

NOTE

BY WILLIAM CRAIN

Zac Pennington, leader of **Parenthetical Girls**, is as skinny, pouty-lipped, and androgynous as a young Mick Jagger. His stage moves are so fey and effeminate that, in comparison, Morrissey looks like Johnny Cash. And his vocal mannerisms are so over the top that he makes Colin Meloy of the Decembrists sound like Lou Reed. Pennington is the kind of front man that you either love or hate but cannot ignore. That's the idea.

Parenthetical Girls were originally called Swastika Girls, so you know that Pennington likes to provoke. You also know he's familiar with the conceptual-artist approach to music typified by Brian Eno, who once released a

song called "Swastika Girls." What's more remarkable is that Pennington knows how to write beautifully baroque chamber pop music steeped in indie rock, the experimental underground, and AM radio cheese. His lyrics are spiked with allusions to Morrissey and Burt Bacharach. You simply need to hear the Parenthetical Girls' weird but essentially faithful cover of "Windmills of Your Mind." (Pennington also, apparently, has a thing for Christmas music — he's released almost as many Christmas EPs as Sufjan Stevens.)

There are about 15 semiregular members of the Parenthetical Girls, including such notables as Jamie Stewart of Xiu Xiu and Owen Ashworth of Casiotone for the Painfully Alone. Onstage, Pennington is joined only by multi-instrumentalists **Matthew Carlson**, **Eddy Crichton**, and **Rachael Jensen**. But the attention is always squarely on Pen-



PARENTHETICAL GIRLS

nington — he makes sure of that. He's a bit much, to be honest, but there's something brave about a guy who goes onstage to act in all the ways that would get him beat up in school.

PARENTHETICAL GIRLS: Bar Pink, Tuesday, March 24, 10 p.m. 619-564-7194.

O'Connells Pub and Nightclub: 1130 Morena Boulevard, Linda Vista, 619-276-5637.

Friday, 7 p.m. — Fat Man's Misery. Plays an early show. Garage/blues.
Friday, 9 p.m. — A Scribe Amidst the Lions. With Save Amos, Drownswerve, and Synesthetic. Alternative/experimental/rock.
Saturday, 9 p.m. — Behind the Wagon. With Andy Clockwise, Raggy, and d*fRost. Country/rock/punk.
Sunday, 8 p.m. — Bone Shakers.

With Myras Hands, Day of Anomie and the Sawyer Family. Rock/indie/punk.
Monday, 8 p.m. — Mystery Train. Pro-invitational blues jam.
Tuesday — Brain Buckit. With Dead as Dillinger. Rock/funk.
Wednesday, 9 p.m. — Nerve Meter. With Parents. Indie/alternative.

O'Sullivan's Irish Pub of Carlsbad: 640 Grand Avenue, Suite A, Carlsbad, 760-729-4072.
Saturday, 8:30 p.m. — The Clay Colton Band. Acoustic/standards/rock.

Onyx/Thin: 852 Fifth Avenue, Downtown, 619-235-ONYX.
Tuesday — Jazz Jam Session. With Gilbert Castellanos and DJ Sachamo. Free.

Osetra Watergrill: 904 Fifth Avenue, Downtown, 619-239-1800.
Thursdays, 8 p.m. — Live Jazz. In the E5 Lounge. Free.
Wednesdays, 8 p.m. — Los Reyes del Ritmo. Flamenco and Latin music in the E5 Lounge. Free.

Palomar College Performance Lab (room

D-10): 1140 West Mission Road, San Marcos.
Thursday, 12:30 p.m. — The Spectrum Trio. Jazz.

Patrick's II: 428 F Street, Downtown, 619-233-3077.
Thursday, 9 p.m. — Michele Lundeen & Blues Streak. Blues/funk/rock.
Friday, 9 p.m., *Saturday*, 2 p.m. — Missy Andersen. Blues/soul/funk.
Saturday, 9 p.m. — Aunt Kizzy's Boyz. Blues/rock/soul.
Sunday, 9 p.m. — Delta Heat. Blues/swing/R&B.



Club Salsa

Thursdays Classic Salsa
Featuring San Diego's best Salsa orchestras. Salsa dance class by Valerie at 8:30 pm. DJ New Yo Rican & band start at 10 pm.
March 19: Son y Clave

New Tuesdays Tropical Tuesdays
A night dedicated to Merengue & Bachata. Bachata & Merengue dance lessons by Valerie at 8:30 pm. Dominican DJ Israel & live bands at 10 pm. \$4 Mojitos & Cubra Libres all night!
March 24: Mambo Salvaje

Early Sundays Big Band Salsa
Salsa or Cha-Cha dance class starts at 6:45 pm with Valerie. Band starts at 8 pm. Complimentary light Caribbean buffet until 7:30 pm (included with cover). Mojitos & Sangrias specials. Plus 2 DJs.
March 22: Bomba Chante

Wednesdays Singles Salsa
Meet up with San Diego's Salsa community at Valerie's Singles Salsa Dance Class at 8:30 pm. Afterwards, dance all night to SoCal's best Salsa orchestras.
March 25: Trece de la Suerte

Upcoming: 3/26: Orq. Primo, 3/29: Gene Perry y su Afro Rumba, 3/31: Banda del Swing, 4/1: Son y Clave

Dance lessons every Tuesday, Wednesday, Thursday and Sunday by Valerie!

sevilla NIGHT CLUB
555 4th Avenue, Gaslamp Quarter
Info or VIP call: 619-610-8633
Email: michael@cafesevilla.com
myspace.com/cafesevillasalsa

SATURDAY JUNE 6

JEFF DUNHAM

SPARK OF insanity



ON SALE THIS FRIDAY AT 10AM

7PM SHOW
JEFFDUNHAM.COM

PALA CASINO SPA RESORT
FOUR DIAMOND AWARD WINNER
PalaCasino.com

Tickets are available at the Pala Privileges Center 1-877-WIN-PALA (1-877-946-7252), all Ticketmaster locations, by phone 1-800-745-3000, or online at ticketmaster.com

Located in Northern San Diego County
From San Diego & Riverside: Take I-15 to Hwy. 76, go east 5 miles
From Orange & Los Angeles: Take I-5 South to Hwy. 76, go east 23 miles

Monday — The Bayou Brothers. Zydeco/blues/R&B.
Tuesday, 9 p.m. — Len Rainey. Blues/jazz/soul.
Tuesday, 4 p.m. — The Bayou Brothers. Zydeco/blues/R&B.
Wednesday, 9 p.m. — Shelle Blue. Rhythm and blues.

Patrick’s Irish Pub: 13314 Poway Road, Poway, 858-486-0764.
Saturday, 9 p.m. — Myron and the Kynptionz. Blues/soul/rock.

Pierview Pub/Bub’s Whiskey Dive Bar: 301 Pier View Way, Oceanside, 760-757-2827.
Friday, 9 p.m. — The Last Americans. Country. Free. Ages 21 and up.

Portugalia: 4839 Newport Avenue, Ocean Beach, 619-222-7678.
Thursday, 6:30 p.m. — Vanja James. With Jefferson Jay & the Soul Men, Justin Mills, Richard Romero, Patricia Mueller, Toni Pope, and Charlotte & Barbara. Acoustic/soul/pop.

Poway Library: 13137 Poway Road, Poway, 858-513-2900.
Sunday, 2 p.m. — Adrienne Nims and Raggle-Taggle. With Irish dancers. Jazz/Celtic.

RT’s Longboard Grill: 1466 Garnet Avenue, Pacific Beach, 858-270-4030.
Thursdays — Stepping Feet. A Dave Matthews Band tribute.
Friday — Flock of ’80s. Covers ’80s hits.
Saturday, 8 p.m. — Wonka Bar. Rock.
Sundays — The Devastators. Roots/reggae/dub.

Radio Room: 3519 El Cajon Boulevard, North Park, 619-284-3323.
Monday, 9 p.m. — Fighting Chance. With Elements of Earth and DJ Sickness. Reggae/ska. \$5.

Ramona Mainstage Nightclub: 626 Main Street, Ramona, 760-789-7008.
Saturday, 8 p.m. — Help! Beatles tribute band.

Rancho Bernardo Inn: 17550 Bernardo Oaks Drive, Rancho Bernardo, 858-675-8500.
Fridays, 5:30 p.m., *Saturdays*, 6 p.m. — Jerry Melnick & Tom Bishop. El Bizcocho Restaurant. Jazz/variety.

Rancho Santa Fe Library: 17040 Avenida de Acacias, Rancho Santa Fe, 858-756-2512.
Thursday, 3:30 p.m. — Adrienne Nims and Raggle-Taggle. Jazz/Celtic. Free.

Riley’s: 2901 Nimitz Boulevard, Point Loma, 619-255-8635.
Saturdays — Live Rock.
Tuesdays — Live R&B and Jazz.

Rock Bottom Brewery, Downtown: 401 G Street, Downtown, 619-231-7000.
Friday, 8 p.m. — Island Irie. With DJ Clobber. Reggae/soul/roots.
Saturday — Common Ground. With Club Crush.

The Round Table Cocktail Lounge: 1723 Euclid Avenue, City Heights, 619-264-6000.
Tuesdays, 6 p.m. — Charlie Blue. Blues.

San Diego Sports Arena: 3500 Sports Arena Boulevard, Point Loma, 619-224-4171.
Tuesday, 7 p.m. — T.I. Hip-hop.

Schroeder’s at Tango Del Rey: 3567 Del Rey Street, Clairemont, 858-794-9044.

Friday — Vassya Valentino. Pop/jazz/folk.
Seaport Village: 849 West Harbor Drive, Downtown.
Sunday, 1 p.m. — The Bayou Brothers. Zydeco/blues/R&B. Free.

Second Wind (Navajo): 8515 Navajo Road, San Carlos, 619-465-1730.
Thursday, 9 p.m. — Spotlight Junkies. Alternative/pop/rock. \$5.

Shooters Bar and Grill: 3299 Holiday Court, La Jolla.

Tuesdays, 7 p.m. — John Cain. Country/jazz/Tejano/lounge/pop. Free.
Sixty-Seven Bar and Grill: 10109 Maine Avenue, Lakeside, 619-561-6767.
Saturday, 9 p.m. — Collage Menage. With DJ Girth. Rock. Free.

Soma: 3350 Sports Arena Boulevard, Point Loma, 619-226-7662.
Thursday, 7 p.m. — Lower Definition. With I Am Ghost. Rock. \$10.

Friday, 7 p.m. — The Number 12 Looks Like You. Mathcore. \$12.
Saturday, 7 p.m. — Millencolin. With the Briggs, Authority Zero, and a Dull Science. Punk. \$15.

South Park Bar & Grill: 1946 Fern Street, South Park, 619-696-0096.
Thursdays, 9:30 p.m. — Open jazz jam.
Fridays, 7 p.m. — The John Kopecky Trio. Jazz.
Friday, 10 p.m. — Nick Z and Friends. Jazz.

Saturdays, 8:30 p.m. — Open Blues Jam. With Will Jackson.
Sundays, 6 p.m. — Original Music Modern Jazz Series. Every Sunday, with Doug Walker, Tim Nunnink, Nick Tocco, and Nathan Hubbard.

Stage Saloon: 762 Fifth Avenue, Downtown, 619-992-7862.
Thursday, 10 p.m. — Dazed and Confused. A tribute to Led Zeppelin. Free.
Fridays — Trainwreck.

Swedenborg Hall: 1531 Tyler Avenue, University Heights.

Sunday, 7:30 p.m. — Acoustic Night. Featuring Chelsea Flor, Bill Hartwell, Karen Real, Larry Robinson, Gayle Skidmore, and Michael Tiernan. \$5.

Tango Restaurant & Lounge: 417 West Grand Avenue, Escondido, 760-747-5000.
Thursday, 6 p.m. — Notas Antiguas. Featuring Warren LaPlante and Ruben De Anda. Acoustic. Free.

Thornton’s Irish Pub and Grill: 1221 Broadway, El Cajon,



THE SUMMER STARTS HERE

22 DAYS 8 STAGES

TICKETS ON SALE SATURDAY, MARCH 21

SAN DIEGO’S BIGGEST MUSIC FESTIVAL



6/18 DAVID COOK (PMS)



6/25 B-52s



6/26 SWITCHFOOT



6/30 CREEDENCE CLEARWATER REVISITED



7/5 KELLY CLARKSON (PMS)

6/12 HEROES OF WOODSTOCK: JEFFERSON STARSHIP, CANNED HEAT, MELANIE, BIG BROTHER & THE HOLDING COMPANY, TOM CONSTANTIN (of the Grateful Dead), hosted by COUNTRY JOE MCDONALD	6/27 GOSPEL FESTIVAL: ISRAEL & NEW BREED with TONEX and more
6/14 LOS TUCANES DE TIJUANA sponsored by Tecate, Univision Radio, Telemundo 33	6/28 INTOCABLE and PATRULLA 81 sponsored by Tecate, Univision Radio, Telemundo 33
6/16 PHIL VASSAR	6/29 CLINT BLACK
6/17 BRET MICHAELS	7/1 KC AND THE SUNSHINE BAND
6/23 THE GUESS WHO and MITCH RYDER AND THE DETROIT WHEELS	7/2 THE MUSIC OF ABBA
6/24 Comedian BILL ENGVALL	7/3 JOAN JETT & THE BLACKHEARTS & the MUSICALOOZA finals. A quest to find the best band and solo singer.

DINNER PACKAGE AVAILABLE: Includes dinner in the Turf Club, preferred concert seating, Fair admission and preferred parking.

Shows listed are FREE with Fair admission unless otherwise noted. Limited number of reserved tickets available for purchase to all free shows. All acts subject to change and subject to Board approval. For details and updates call (858) 755-1161 or visit www.sdfair.com/fair. Tickets on sale Saturday, March 21 at 10AM at the Fairgrounds box office and all Ticketmaster locations. Charge by phone (619) 220-TIXS or visit www.ticketmaster.com.



SAN DIEGO INTERNATIONAL BEER FESTIVAL

Friday & Saturday, 6/26 & 6/27. Tickets now available for purchase. Sample from over 200 breweries.



4th OF JULY NAVY BAND FIREWORKS

2009 San Diego County Fair

presented by  

June 12 through July 5 (closed June 15 and 22) • Del Mar Fairgrounds • 1-5 at Via de la Valle • www.sdfair.com/fair

619-447-5665.
Friday, 8 p.m. — The Pine Creek Posse Band. Blues/country/rock. Free.
Tuesday — Hugh Gaskins & the G String Daddies. Blues/soul/rockabilly.

Tio Leo's Lounge: 5302 Napa Street, Linda Vista, 619-542-1462.
Friday, 8 p.m. — Veronica May. With Get Rockin' and Scott Wilson and the Complications. Acoustic/folk/pop. Ages 21 and up.

The Turquoise, Café-Bar Europa: 873 Turquoise Street, Pacific Beach, 858-488-4200.
Mondays, 7 p.m. — Zapf Dingbats. Blues/soul/jazz.
Tuesdays, 7 p.m. — La Reyes. Flamenco. Free.

University Community Library : 4155 Governor Drive, University City, 858-552-1655.
Wednesday, 6:30 p.m. — Celia Lawley. Join "the Fiddlegirl" for an evening of Irish music. Free.

The Upstart Crow Bookshop and Coffee House: 835 West Harbor Drive, Downtown, 619-232-4855.
Saturday, 7:30 p.m. — Greg Campbell. Acoustic.

VFW Hall: 136 Chambers Road, El Cajon.
Saturday, 6 p.m. — PaddyBash 2009. St. Patrick's Day celebration featuring Dannicus Live, the Dateless Losers, Hugh Gaskins and the G String Daddies, and Jason and the Punknecks. Rock.

\$10 OFF BODY JEWELRY
When getting pierced.
Excludes gold. With ad. Exp. 4-2-09.

- Male & female piercers
- Discount for Bartenders & Entertainers
- Only S.D. members of Assn. of Professional Piercers

2079 Garnet Ave. & Noyes St.
858-274-9950
Open noon-10 pm 7 days
3041 Adams Ave. below Avalon II
619-516-4343
Open noon-8 pm 7 days

enigma.
PROFESSIONAL PIERCING
enigmapropiercing.com

Viejas Casino DreamCatcher Show Room: 5000 Willows Road, Alpine, 619-445-5400.
Sunday, 5 p.m. — Hot Rod Lincoln. Performs at the David Patrone Swing Competition. Acoustic/roots/rockabilly.

Vinz Wine Bar & Tasting Room: 201 East Grand Avenue, Escondido, 760-743-8466.
Friday and Saturday, 7 p.m. — Notas Antiguas. Featuring Warren LaPlante and Ruben De Anda. Acoustic. Free.

Winstons: 1921 Bacon Street, Ocean Beach, 619-222-6822.
Thursday — Sammy Dread Roots Covenant. Roots.
Saturday, 4 p.m. — The Bigfellas. Rock/pop. \$5.
Mondays, 9 p.m. — The Electric Waste Band. Grateful Dead tribute. \$7.

WorldBeat Cultural Center: 2100 Park Boulevard, Balboa Park, 619-263-7911.
Saturday, 8 p.m. — Conscious Revolution. Featuring Cipe's & the People and Luminaries. World. \$12.

UPCOMING SHOWS

4th&B: 345 B Street, Downtown, 619-231-4343.
March 26 — Cold War Kids: CAN-CELED.
March 26 — Crystal Antlers.
April 25 — The Bulletboys.

Bartending Academy

1 to 2 week course
Weekend classes available
Job Placement Assistance

Call for information:
619-296-0600

BY DAVE GOOD

The Kinks did it once, that I know of — played the first few minutes of their show in pitch dark. This served to ramp the house up into a loud frenzy. By the time the stage lights clicked on it was mayhem in the auditorium, the fabled kind you hear about but almost never witness, where women are unsnapping bras and throwing their undergarments at the band. Incendiary! I assumed this was what **Tricky**, the British trip-hopster, was all about when he was performing entire shows in near-total shadow. It turns out I was wrong. When I tell him that I thought his instincts were feral and brilliant — with all the crouching and hiding in the dark during concerts — he says that it was from stage fright. He then adds that



TRICKY

formance, he says, is “harder on the body, but easier on the spirit.” It’s a new Tricky: “I’m actually hanging out, meeting people after gigs.”

TRICKY: Belly Up Tavern, Monday, March 23, 9 p.m. 619-299-2583. \$23; \$25 day of show. 858-481-8140.

710 Beach Club: 710 Garnet Avenue, Pacific Beach, 858-483-7844.
March 25 — Wookie Garcia.
March 26 — The Downstroke.
April 4 — The Pheromones.

AcousticMusicSanDiego: 4650 Mansfield Street, Normal Heights, 619-303-8176.
March 21 — Michelle Shocked.
March 26 — Chad & Jeremy.

April 3 — Hawaiian Slack-Key Masters.
April 4 — Muriel Anderson.
April 11 — Rory Block.
April 16 — Ramblin' Jack Elliott.
April 24 — David Wilcox.
May 2 — 'Trippin' the Sixties.
May 10 — Byron Berline & Bluegrass Etc.
May 16 — The Grascals.

Anthology: 1337 India Street, Little Italy, 619-595-0300.
March 19, March 20 — George Duke.
March 21 — Dave Mason.
March 22 — Charlie Chavez y Su Afro Truko.
March 24 — The Anthology House Band.
March 25 — Charles McPherson.
March 26 — Trevor Davis.
March 27 — The Steely Damned.
March 28 — The Anthology House Band.
March 28 — Wild Child.
March 29 — Pasquale Esposito.
March 31, April 1 — Branford Marsalis.
April 2 — Ryan Shaw.
April 3, April 4 — Steve Tyrell.

April 7 — The Anthology House Band.
April 8 — Kristin Korb.
April 10, April 11 — Leon Redbone.
April 14 — The Anthology House Band.
April 15 — NovaMenco.
April 16 — Brian Auger.
April 18 — Steve Poltz.
April 22 — Charles McPherson.
April 23 — Earl Thomas & the Blues Ambassadors.
April 24, April 25 — Michael Franks.
April 28 — Tierney Sutton.
April 29 — Ian McLagan.
May 1 — Vienna Teng.
May 5, May 6 — Arturo Sandoval.
May 9 — Carrie Rodriguez.
May 15 — Diane Schuur.
May 20 — Charles McPherson.
May 28 — Graham Parker.
June 20 — Hiromi.

Athenaeum Music and Arts Library: 1008 Wall Street, La Jolla, 858-454-5872.
March 23 — Virtual Strangers.
May 4 — The Bishop's School Jazz Ensemble.

Balboa Theatre: 868 Fourth Avenue, Downtown, 619-570-1100.
April 28 — Mariza.
May 31 — Mariachi los Camperos de Nati Cano.

Bar Pink: 3829 30th Street, North Park, 619-564-7194.
March 25 — Hillstomp.
March 28 — The Western States Motel.

Belly Up Tavern: 143 South Cedros Avenue, Solana Beach, 858-481-8140.
March 21 — Stepping Feet.
March 22 — Thirsty for Change Benefit Jam.
April 2 — Red Handed.
April 4 — John Brown's Body.
April 9 — The Dark Star Orchestra.
May 15 — Mogwai.

The Bitter End: 770 Fifth Avenue, Downtown, 619-338-9300.
March 19 — The Riders.
April 23 — Lessons from Zeke.

Brick by Brick: 1130 Buenos Avenue, Linda Vista, 619-275-5483.
March 19 — Yesterday & Today.

DON'T FORGET
2 for 1 Entree Mondays

HENSLY'S PUB & GRILL
Flying Elephant

850 Tamarack Ave, Carlsbad, CA 92008
(760) 434 - 2660 • www.hensleypub.com

Music & Event Calendar of March

Thursday, 19th: Irish Night w/Skelpin	Thursday, 26th: Irish Night w/Skelpin
Friday, 20th: Cowboy Jack	Friday, 27th: Benefit
Saturday, 21st: Reggae w/MG3	Saturday, 28th: Joe Wood
Sunday, 22nd: Old Timey Session	Sunday, 29th: Old Timey Session
Monday, 23rd: The Tail Draggers	Monday, 30th: The Tail Draggers
Tuesday, 24th: Nathan James	Tuesday, 31st: Deblois
Wednesday, 25th: Frank Turner & Steve Soto, Look Mexico	

Café Sevilla: 555 Fourth Avenue, Downtown, 619-233-5979.
March 22 — BombaChante.
March 22 — Son y Clave.
March 24 — Mambo Salvaje and Trece de la Suerte.
March 26 — Orquesta Primo.
March 29 — Gene Perry y Afro Rumba.
March 31 — Banda del Swing.

Café on the Park at Courtyard Marriott: 11611 Bernardo Plaza Court, Rancho Bernardo, 858-613-2000.
March 20 — Friday Night Jazz.

The Calypso Café: 576 North Coast Highway 101, Encinitas, 760-632-8252.
March 25 — The Will Faeber Trio.

Candelas on the Bay: 1201 First Street, Suite 115, Coronado, 619-435-4900.
March 19 — Tokeli.

Canes: 3105 Ocean Front Walk, Mission Beach, 858-488-1780.
March 26 — A Scribe Amidst the Lions.
March 27 — Stranger.
March 28 — Candlebox.
March 29 — Biohazard.
March 30 — Less Than Jake.
April 2 — The Dirty Heads.
April 11 — Dead Man's Party.
April 24 — Diplo.
April 25 — Cash'd Out.

Carlsbad City Library: 1775 Dove Lane, Carlsbad.
April 19 — Kendra Shank.

The Casbah: 2501 Kettner Boulevard, Little Italy, 619-232-4355.
March 25 — The Bronx.
April 3 — Anya Marina.
April 10 — Blind Pilot.
April 16 — The Black Lips.

Copley Symphony Hall: 750 B Street, Downtown, 619-235-0804.
March 20, March 21 — Nikki

Yanofsky.
April 7 — Leonard Cohen.
Cosmos Coffee Café: 8278 La Mesa Boulevard, La Mesa.
April 4 — Cowboy Jack.

The Coyote Bar & Grill: 300 Carlsbad Village Drive, Carlsbad, 760-729-4695.
March 29 — The Chris Klich Jazz Quintet.

Cricket Wireless Amphitheatre: 2050 Entertainment Circle, Chula Vista, 619-671-3600.
March 22 — MX Live Fest.
May 16 — Nine Inch Nails.
May 22 — No Doubt.
June 20 — Vicente Fernandez.
July 10 — Rise Against.
July 28 — The Fray.
August 14 — Depeche Mode.
September 5 — Nickelback.

Dizzy's: 200 Harbor Drive, Downtown, 858-270-7467.
March 20 — The Howell/Tordella Project.
March 25 — The Latin Connection Jazz Quintet.
March 26 — Dan Reagan.
April 2 — The Jazz Ensemble.
April 11 — The Gilbert Castellanos New Latin Jazz Quartet.
April 18 — Kendra Shank.
April 24 — Paul Seaforth.
May 31 — Joni Mitchell Tribute.

Dos Picos County Park: 17953 Dos Picos Park Road, Ramona.
March 28 — Sara Petite.

Dream Street Live: 2228 Bacon Street, Ocean Beach, 619-222-8131.
March 27 — Dead as Dillinger.

Dublin Square: 554 Fourth Avenue, Downtown, 619-239-5818.
March 20 — TrunkMonkey.
March 25 — The Clay Colton Band.

as i hear it

BY BRIAN CARVER

Artist: **Endoxi**
Song: **"I'm Bipolar"** (from the CD *New Blood, Old Soul*)
Heard By: **Taylor Nelson**, Chula Vista



Taylor

Basically, the high point to me was the fact that they used real instruments — real drums, real bass, real horns — I liked that part of it. It's nice to hear because so often now music is recorded with synthesized horns or a drum machine. I thought the composition was pretty good. The vocals and lyrics were okay. He kind of dragged out the emotional part of it too much for me. I heard a little bit of Bradley Nowell [of Sublime] in the vocals. That song wasn't really reggae, but it kind of had that poppy, college-party sound. I could see white, college-aged males being into it — frat guys. I picture them drinking beer to that song.

Artist: **Somato Sensory**
Song: **"Gardens of Guilt"** (from the CD *Life on Autopilot*)
Heard By: **Hannah Perlmutter**, Point Loma



Hannah

It was okay. It reminded me of Panic at the Disco or...punk. It was "emo-ish." It wasn't really my kind of music. I listen to a lot of everything — jazz, underground rap — but not stuff like that. I caught something about "heaven" in the lyrics. There was nothing that I was surprised to hear in the song — nothing unique, really. I wouldn't call it catchy, but I could see it being played on the radio. The overall mood of the song was kind of dark. I picture a lame college party when I hear that song — people smashing beers. I would give that song a four out of ten.

Artist: **Bombay Status**
Song: **"Clutter"** (from the CD *Color Gun*)
Heard By: **Jake Anzarouth**, Golden Hill



Jake

They lacked punch. I feel like they have this kind of appeal to them that reminds me of Lambchop but probably just because I've been listening to Lambchop so much. It's definitely not the kind of "nouveau-country" that Lambchop is bringing to the table. It's kind of just predominant piano and the guy's voice. It kind of sounds like the Strokes but unplugged and not on a lot of coke. It's really happy and feel-good — you get that vibe that they're really "clean." It's a song about burgeoning love...and she's probably hesitant because he's a little desperate and plays the piano. That's just creepy.

TO GET YOUR LOCAL CD HEARD, PLEASE MAIL IT TO:
Music Editor, As I Hear It, San Diego Reader, P.O. Box 85803, San Diego, CA 92186-5803

Encinitas Library: 540 Cornish Drive, Encinitas.
April 5 — UCSD Music Live.

Epicentre: 8450 Mira Mesa Boulevard, Mira Mesa, 858-271-4000.
March 30 — Sing It Loud.

First Unitarian Universalist Church of San Diego: 4190 Front Street, Hillcrest, 619-298-

9978.
March 19 — Holly Near.

Harrah's Rincón: 777 Harrah's Rincón Way, Valley Center, 760-751-3100.
April 18 — Federal Funk.

Hensley's Flying Elephant Pub and Grill: 850 Tamarack Avenue, Carlsbad, 760-434-2660.
March 19 — Skelpin.

March 20 — Cowboy Jack.
March 21 — Reggae with MG3.
March 22 — Old Timey Session.
March 23 — The Bloses.
March 24 — Nathan James.
March 25 — Frank Turner & Steve Soto.
March 25 — Joe Wood & the Lonely Ones.
March 26 — Skelpin.
March 28 — The Bloses.

March 29 — Old Timey Session.
March 30 — The Bloses.

House of Blues: 1055 Fifth Avenue, Downtown, 619-299-2583.
March 19 — San Diego Rocks!
March 20 — OK Go.
March 21 — KSM.
March 21 — Pitbull.
March 22 — The Adicts and the Dickies.



Jim Morrison Celebration Featuring
wild child
An amazing re-creation of a live Doors concert
Saturday, March 28, 8 pm
early show, no opening acts
anthology
1337 India St. • Downtown SD
619-595-0300
website • shows, tickets & more
www.wildchild.mu

Featuring Dave Brock



Relax at the air-conditioned
AERO Club
"Where bartenders come for a cold beer"
90 Vodkas
125 Whiskeys
45 Beers
3365 India St. • Since 1947
Aeroclubbar.com • 619.297.7211
WiFi Internet access



Join us for dinner and enjoy
Friday Night Jazz
March 20 • 7-10 pm
\$15 food & bev. min./person
• Full bar & restaurant
• Patio seating
• Open breakfast, lunch & dinner
• Casual, park-like setting
• Available for private events
In the Courtyard Marriott
11611 Bernardo Plaza Ct., Rancho Bernardo • (858) 613-2000



LIVE MUSIC IN THE GASLAMP
NO COVER SUN.-THURS.
Thursday, March 19
Bill Magee Blues
"The Legend Continues..."
Friday, March 20
Buick Wilson
"Swinging Hep-Cat Blues"
Saturday, March 21
Dennis Jones
"Passion for the Blues"
Sunday, Mar. 22
Delta Heat
Monday, Mar. 23
Burnsville Blues
Tuesday, Mar. 24
Ronnie Lane & The Twisters
Wednesday, Mar. 25
Ronnie Lane & The Twisters
428 F Street • Downtown • (619) 233-3077 • www.patricksii.com



Joe Bonamassa
LIVE
New Album In Stores Feb. 24 2009
THE SPRECKELS THEATRE
FRIDAY
MARCH 20th, 2009
8PM
Tickets on Sale Now
The Spreckels Theatre Box Office
All Ticketmaster outlets
online at Ticketmaster.com
or charge by Phone: 619-235-9500

HOUSE of BLUES® SAN DIEGO

1055 FIFTH AVE
(BETWEEN BROADWAY & C STREET)

JUST ANNOUNCED!



HOUSE OF BLUES SAN DIEGO'S
4TH ANNIVERSARY PARTY

FEATURING

REEL PULSE
MAY 7

ON SALE FRI
3/20 AT 10AM!



BEN FOLDS

MAY 21

ON SALE FRI
3/20 AT 10AM!



JUNE 4

ON SALE FRI
3/20 AT 10AM!

GAVIN ROSSDALE



TESTAMENT
UNEARHTH

ON SALE FRI
3/20 AT 10AM! JUNE 10 ALL AGES!

ON SALE NOW



MARCH 20
ALL AGES!

JAGUAR LOVE
ECHO



KSM

WITH
SONATO DEMBRY
& LONE WILTON

ALL AGES
VOODOO STAGE

MARCH 21



MARCH 22
ALL AGES

THE DICKIES
BILLY BONES
BENCHMAN



MSG - SCHENKER BARDEN REUNION

with
Doug Doppler
MARCH 23



MAR 26

SET YOUR GOALS
Shel Hultud



Brett Dennen

with special guests
Angus & Julia Stone
MARCH 27
ALL AGES!

- | | | | |
|---|---|--|---|
| 3/25 :: BONG PRESENTS
THE BEST OF SAN
DIEGO | 4/6 :: RACHAEL YAMAGATA | 4/25 :: PANTHEON ROCOCO | 5/18 :: TECH NINE |
| 3/28 :: WHICH ONE'S PINK
PERFORMING THE
ALBUM 'THE WALL'
IN ITS ENTIRETY | 4/8 :: YONDER MOUNTAIN
STRING BAND | 4/26 :: KIMENA SARINAMA | 5/20 :: FISCHERSPOONER |
| 3/29 :: ROCKSTAR PRESENTS
THE AP TOUR FEAT.
3OH3S/ FAMILY
FORCE 5/ THE MAINE | 4/9 :: THE DISCO BISCUITS | 4/30 :: EEN-A-MOUSE | 5/22 :: COWBOY MOUTH |
| 4/3 :: PLAIN WHITE T'S | 4/10 :: DON FELDER AN
EVENING AT HOTEL
CALIFORNIA | 5/1 :: KREATOR | 5/22 :: MANCHESTER
ORCH. ON VOOODOO
STAGE |
| 4/4 :: JOE ROGAN | 4/11 :: LED ZEPPELIN | 5/5 :: SAMMY HAGAR | 5/28 :: LADY SOVEREIGN |
| 4/5 :: THE 2009 SAINTS &
SINNERS TOUR FEAT.
HOLLYWOOD UNDEAD/
SENSES FAIL | 4/12 :: COLD | 5/9 :: IRRATION | 5/31 :: BLACKENED FEST.
FEAT. MAYHEM W/
MARDUK |
| | 4/14 :: ATERCIPELADOS | 5/10 :: DREDG W/ TORCHE | 6/12 :: BILLY RAY CYRUS |
| | 4/17 :: THE DEREN TRUCKS
BAND | 5/14 :: DOVES | 7/22 :: RICHARD CHEESE
& LOUD AGAINST
THE MACHINE |
| | 4/18 :: INDIA ARIE | 5/15 :: RAMON AXALA | |
| | 4/19 :: KOTTONMOUTH
KINGS | 5/16 :: KEVIN DEVINE
VOODOO STAGE | |
| | 4/23 :: QUEENSRÛTHE | 5/17 :: THE UP HERE TOUR:
SOULIVE FEAT. THE
SHADY HORNS W/
NIGEL HALL | |

RESTAURANT NOW OPEN
W-F AT 11:30 AM FOR LUNCH!
SAT-SUN OPEN AT 4PM



LIVENATION.com
CHARGE BY PHONE: 619.220.1133



N I N J A 2 0 0 9 . C O M



James
ADDICTION

WITH SPECIAL GUEST

STREET SWEEPER

ON SALE
SAT 3/21
AT NOON!

SATURDAY, **cricket**
MAY 16 **wireless**
AMPHITHEATRE

\$19.91 LAWN
TICKET
FOR A LIMITED TIME



WITH SPECIAL GUESTS
Jack's Mannequin

vedera

JULY 28

cricket
wireless
AMPHITHEATRE

ON SALE
FRI 3/20
AT 10AM!

NEW SELF-TITLED ALBUM
AVAILABLE NOW

WWW.THEFRAY.NET

FOURPack
4 tracks \$40

- | | |
|--|---|
| March 22 :: Celebrating its' 10th Anniversary...
Cricket® Presents MX LIVE Fest feat.
Alejandra Guzman, Aleks Syntek,
Meenla, Moderatto, Fobia & more!
Cricket Wireless Amphitheatre | May 30 :: Jagermeister Music Tour Featuring Pepper
and Pennywise / San Diego Sports Arena |
| March 30 :: Sing It Loud / Epicentre | May 31 :: Fleetwood Mac / San Diego Sports Arena |
| April 29 :: Celtic Woman / SDSU Open Air Theatre | June 20 :: Vicente Fernandez / Cricket Wireless
Amphitheatre |
| May 15 :: Brian Regan / Copley Symphony Hall | June 22 :: André Rieu / Cricket Wireless Amphitheatre |
| | July 10 :: Rise Against with Rancid / On the Festival
Grounds of Cricket Wireless Amphitheatre |



LIVENATION.com
CHARGE BY PHONE: 619.220.1133



BOAR CROSSIN

www.myspace.com/boarcrossin

Kayella.net presents

THE WEEKEND MASH-UP

FRIDAY and SATURDAY

Dj Spazz & Dj Big Dude Nicky Z & Joel B

SPINNING HIPHOP, HOUSE, AND TOP 40

Tuesday

\$5 Gets ANY Beer Plus a Shot

Thursday

\$1 Bud & Bud Lights From 8pm-9pm

Friday & Saturday

\$1 Bud, Bud Light, Beer of the Month from 8pm-10pm

NO FEAR PRESENTS: Spring Break! WITH PROJECT: OUT OF BOUNDS AND THE PYRAMID CREW ZOOLOGY PROGRESS PLUS: TONS OF FREE SWAG! THURSDAY, MAR. 19TH \$5 DOORS OPEN AT 9:00 P.M. myspace.com/boarcrossin 21+ Event 760.729.2989 390 Grand ave. carlsbad 92008

GOOD NEIGHBOR TAT TOO.COM presents: LOOSE GENERATION with PSYDECAR THE MYSTIX and DJ COLLAGY THURSDAY, MAR. 26TH SHOW STARTS AT 9P.M. 21+ Event myspace.com/boarcrossin \$5 w/ Can Food Donation 760.729.2989 390 Grand ave. carlsbad 92008

April 9th SOUNDS OF SURRENDER WITH IRRADIO AND THE ESSENTIALS SCENE Every Thursday!

390 grand ave. carlsbad 92008 21+ w/ valid ID 760.729.2989

March 23 — The Michael Schenker Group.
March 27 — Brett Dennen.
March 28 — Which One's Pink?
March 29 — 30H!3.
April 1 — Lily Allen.
April 3 — Plain White T's.
April 5 — Senses Fail.
April 6 — Rachael Yamagata.
April 8 — The Yonder Mountain String Band.
April 9 — The Disco Biscuits.
April 10 — Don Felder.
April 11 — Led Zepagain.
April 12 — Cold.
April 14 — Aterciopelados.
April 17 — The Derek Trucks Band.
April 18 — India.Arie.
April 19 — The Kottonmouth Kings.
April 23 — Queensrÿche.
April 25 — Panteón Rococó.
April 26 — Ximena Sarinana.
April 30 — Eek-A-Mouse.
May 1 — Kreator.
May 5 — Sammy Hagar.
May 9 — Iration.
May 15 — Ramón Ayala.
May 17 — Soulive.
May 18 — Tech N9ne.
May 20 — Fischerspooner.
May 22 — The Manchester Orchestra.
May 22 — Cowboy Mouth.
May 28 — Lady Sovereign.
May 31 — Mayhem.
June 12 — Billy Ray Cyrus.
July 22 — Richard Cheese & Lounge Against the Machine.

Howard Brubeck Theatre at Palomar College: 1140 West Mission Road, San Marcos, 760-744-1150.
May 18 — Palomar Jazz Vocal Ensemble.

May 21 — Palomar Concert Band and Palomar Brass Ensemble.

Humphrey's Backstage Music Club: 2241 Shelter Island Drive, Point Loma, 619-224-3577.
March 28 — Chris Duarte.
April 6 — Spring Harmonica Festival.

Humphrey's by the Bay: 2241 Shelter Island Drive, Point Loma, 619-224-3577.
August 13 — Jackson Browne.

The Jumping Turtle: 1660 Capalina Road, San Marcos, 760-741-7778.
March 27 — Forbidden.

The Kava Lounge: 2812 Kettner Boulevard, Little Italy, 619-543-0933.
March 22 — Drive By Jones.

The Kensington Club: 4079 Adams Avenue, Kensington-Talmadge, 619-284-2848.
March 19 — Heavy Glow.

La Jolla Library: 7555 Draper Avenue, La Jolla, 858-552-1657.
March 25 — Masayo and Robert.

Last Call: 4977 El Cajon Boulevard, City Heights, 619-287-9505.
April 3 — The Bigfellas.

Lestat's Coffee House: 3343 Adams Avenue, Normal Heights, 619-282-0437.
March 25 — The Buddy Wuddy Blues Show.
March 29 — William Fitzsimmons.
April 16 — The Applebrown Jazz Ensemble.
April 22 — Chris Robley & the Fear of Heights.

Lyceum Theatre: 79 Horton Plaza, Downtown, 619-858-0322.
March 30 — Virtual Strangers.
May 11 — Ian Tordella.

The Marquee: 835 25th Street, Golden Hill.
March 21 — Nathan Welden.
March 27 — Kenny Eng.
April 4 — Jordan Reimer.

Mission Bay Park: Vacation Isle, off Ingraham Street, Pacific Beach, 858-581-7602.
May 2 — Matisyahu.

Molly Malone's: 1270 Main Street, Ramona, 760-789-9050.
March 20 — Johnny Favorite.
March 27 — Flashback.
March 28 — Metal Brigade.

Neurosciences Institute: 10640 John Jay Hopkins Drive, La Jolla.
April 18 — Fly.
May 13 — Jane Bunnett and Spirits of Havana.
May 27 — Karrin Allyson.

North Park: University Avenue (between 30th and 32nd Streets), North Park.
March 28 — San Diego IndieFest.

O'Connells Pub and Nightclub: 1130 Morena Boulevard, Linda Vista, 619-276-5637.
March 20 — Emergenza Music Festival.
March 21 — Arroyo.
March 22 — The Unruly Bangs.
March 23 — Mystery Train.
March 25 — Nex 2 Nothin.
March 27, March 28 — Emergenza Music Festival.
March 29 — Bobby Fantasy.

Oceanside Library: 330 North Coast Highway, Oceanside.

HUMPHREYS BACKSTAGE LIVE

Thursday, March 19 • 8 pm • Indie/R&B

Scott Carter & New Breed

Friday, March 20 • 9 pm • Motown & Dance

Detroit Underground



Saturday, March 21 • 9 pm • Latin Rock

Viva Santana



Humphrey's NEW Happy Hour
5-7 pm EVERY DAY! 1/2 off food & drink specials. Live music 5-7 pm on select Fridays & Saturdays. No cover.

Sunday, March 22 • 8 pm • Smooth Jazz

Will Donato



Monday, March 23 • 7 pm
Blues

A 5th of Blues

Tuesday, March 24 • 7 pm
Zydeco

Bayou Brothers

Wednesday, March 25 • 8 pm
Blues

Road Dogs

Upcoming Shows

Saturday, March 28	Wednesday, April 1	Wednesday, April 15
Chris Duarte	John Nemeth CD Release	Curtis Salgado

humphreysbackstage.com • 2241 Shelter Island Dr. • 619-224-3577



DREAM STREET LIVE

2228 Bacon Street • Ocean Beach
619-222-8131
www.dreamstreetlive.com

Hiring Bartenders

THURS. MAR. 19

EDGIE PRODUCTIONS PRESENTS
WAXWORKS FEATURING
Kuru • Zyfo Rebellion
Origin & DJ Phear
Cryptic & Synaesthetic
Spinning the best
Drum & Bass in San Diego
Happy Hour w/Chandra
\$3 Shooter Mania 4-9 pm
NEOTOLEDO
HEART PHARMACY

FRI. MAR. 20

LIVE MUSIC • ROCK
FEATURING
Happy Ron
Mind Circus
Notanymore

Happy Hour w/Alan
\$5 Dom. Pitchers 4-9 pm

SAT. MAR. 21

LIVE MUSIC • HARD ROCK
FEATURING
October Burning
One In The Chamber
Kompany Of Kings

Happy Hour w/Chandra
\$4 Long Islands 4-9 pm

TUE. MAR. 24

Happy Hour with Big Daddy

No Cover \$4 Guinness Pints \$5 Irish Car Bombs All Night Long

WED. MAR. 25

LIVE MUSIC • METAL LOUNGE FEATURING
Drownswerve
& Special Guests

Now booking all genres. Call Billy or Drew: 619-222-8131
Attention bands! Check us out on MySpace: myspace.com/dreamstreetlive

50 QUALITY BEERS ON DRAUGHT



WE SPECIALIZE IN BELGIAN BEERS

Open 11:30 am-12 midnight
Happy Hour until 5 pm

NEW MENU AND NEW CHEF!

4026 30th Street • North Park
619-282-0456 • www.toronadoSD.com

WEDNESDAY, APRIL 1
8 PM

UFC Fight Night

No cover

EVERY NIGHT **Karaoke Nights**
David Kelly's All Starz Entertainment
(Best Host 5 Years Running) Over 35,000
songs on an awesome sound system.

MONDAYS **\$2 Kamikazes** Rock band till 9 pm

TUESDAYS **Game Night** Nintendo, X-Box & board games
Game shot specials! Rock band till 9 pm

WEDNESDAYS **Premium Beer \$3.50/pint**

THURSDAYS **Customer Appreciation**
\$1.75 Pints & \$6 Pitchers after 7 pm • FREE Pool at 7 pm

FRIDAY & SATURDAY NIGHTS **DJ Dance Party** 9 pm-1 am
Dance to your favorites – Over 65,000 songs for your pleasure!
Saturday: \$3 Bloody Marys

SUNDAYS **Free Pool All Day** \$3 Mimosas

Dancing • Pool • Karaoke • Food • Fun • DJ
Entertainment every night • Rock band every night until 9 pm
Free Nacho Bar Mon.-Thurs. 4-7 pm and Taco Bar Fri. 4-7 pm!

9522 MIRAMAR ROAD • 858-578-0757
Northeast corner of Miramar Road & Black Mountain Road



TICKETS & INFO
www.BellyUp.com • 858-481-8140

BE A *BellyUp* VIP!
SIGN UP ONLINE!

Sign up for our Belly Up VIP – E-mail List and be entered to win two great festival packages:
tickets to Paid Dues and Coachella + tickets to Coachella bands playing the Belly Up!

NINJA LOVE TONIGHT! THE FOCUS GROUP BLACK HONDO THURSDAY 3/19 • 8 PM	PINE MOUNTAIN LOGS JASMINE COMMERCE FRIDAY 3/20 • 9 PM	STEPPING FEET (DAVE MATTHEWS BAND EXPERIENCE) DEADLINE FRIDAY SKY HELD SUN SATURDAY 3/21 • 9 PM	"THIRSTY FOR CHANGE" BENEFIT JAM TIMMY CURRAN ALEX WOODARD ASTRA KELLY HOLDING AIR HOSTAGE MATINEE! SUNDAY 3/22 • 4 PM
SALSA SUNDAYS Orquesta Primo Includes Dance Lesson! SUNDAY 3/22 • 8 PM	TRICKY W/GUEST MONDAY 3/23 • 9 PM	RHETT MILLER SOLO ACOUSTIC SARA PETITE TUESDAY 3/24 • 8 PM	DAN HICKS AND THE HOT LICKS MEET AND GREET AT WILD NOTE CAFE. CHECK WEB FOR DETAILS. GAYLE SKIDMORE WEDNESDAY 3/25 • 8 PM
JUSTIN NOZUKA W/GUEST THURSDAY 3/26 • 8 PM	ELIJAH EMANUEL AND THE REVELATIONS SOCIAL GREEN GET YOUR DUB ON ROCKERS TV FRIDAY 3/27 • 9 PM	THE TAILCHASERS MATINEE! STEEL ROD SATURDAY 3/28 • 4 PM	ATOMIC PUNKS STEEL ROD SATURDAY 3/28 • 9 PM
WIREPONY JUST ADDED! THE EXFRIENDS AND AM VIBE WEDNESDAY 4/1 • 8 PM	MAGDALENA ECKE YMCA BENEFIT SHOW STRIPES AND LINES CALICO HORSE DON'T BORE NINA RED HANDED THURSDAY 4/2 • 8 PM	ARM THE ANGELS SAYVINYL HELEN EARTH BAND EMMANUEL FRIDAY 4/3 • 9 PM	JOHN BROWN'S BODY BLUE KING BROWN DJ EMANUEL SATURDAY 4/4 • 9 PM
THE RHYTHM AND BLUES MATINEE WITH NATHAN JAMES OLIVIA PIERSON BILLY WATSON MATINEE! SUNDAY 4/5 • 4 PM	BEAUSOLEIL AVEC MICHAEL DOUCET LINNZI ZAORSKI MONDAY 4/6 • 8 PM	JUNIOR REID STRANGER DJ CARLOS CULTURE TUESDAY 4/7 • 9 PM	DAR WILLIAMS AND MELISSA FERRICK WEDNESDAY 4/8 • 8 PM

4/19 Special Reggae Set by Members of P.O.D.

JUST ADDED!

4/25 Skanica • 4/26 Alpha Blondy
5/5 Rub-A-Dub Mayo • 5/13 Lucero • 6/6 Cash'd Out
6/12 & 6/13 The English Beat • 6/15 The Easy All-Stars
6/24 The Abyssinians • 7/4 Dead Man's Party

UPCOMING SHOWS:

4/9 Dark Star Orchestra
4/10 40 Oz. to Freedom
4/12 From the Jayhawks: Gary Louris and Mark Olson
4/14 Jenny Lewis
4/16 Kenny Wayne Shepherd
4/17 Calexico
4/18 The Cured – Cure Tribute!

4/19 9th Annual Seedless 4/20 Party – Diego Roots, Tribe of Kings, Sister Carol w/Yellow Wall Dub Squad, The Legendary Scientist, and members of POD
4/20 Lykke Li
4/21 UB40
4/22 Don Carlos
4/23 Hot Tuna – electric
4/24 Lez Zeppelin
4/27 Railroad Earth

4/30 Rufus Wainwright w/ Lucy Wainwright Roche
5/9 Bob Schneider
5/10 The Avett Brothers
5/15 Mogwai
5/22 The Virgins
5/23 Morrissey's 50th Unhappy Birthday Celebration – Sweet and Tender Hooligans
5/28 M83

FRIDAYS SWINGIN' HAPPY HOURS

3/20 **Atomic Groove**
3/27 **The Brokers**

SALSA SUNDAY

ORQUESTA PRIMO
3/22 • 4/5 • 8 PM

Free parking!
Low service charges!
Great bar prices!
bellyup.com

Dine before the show
and skip the line...next door
at the Wild Note Cafe!

Online Club Coupons at SDReader.com

Here's a sample of the great deals available!

2 for 1 admission & FREE swing lesson!



2 for 1 admission for first-time visitors. Beginning swing dance class 8pm. Free with admission. Offer expires March 31, 2009. Expiration dates are renewed the last week of each month.

Firehouse Swing Dance

San Diego's favorite & longest running Lindy Swing dance venue. Great DJs, delightful dancers. Experience the joy of swing dancing every Wed. 8-11:30pm. Open bar. All ages welcome. \$8/\$5 students.

2557 3rd Ave., Bankers Hill, 858-395-6060
www.FirehouseSwing.com

Reader Coupons
619-235-3000

\$1 off club admission



One per person. Offer expires March 31, 2009. Expiration dates are renewed the last week of each month. Coupon is not valid on holidays.

Tio Leo's Lounge

Cocktails and live music. Must be 21 with valid ID.

5302 Napa Street, Morena, 619-542-0562
www.tioleos.com

Reader Coupons
619-235-3000

The Aero Club **Free WiFi**
Brick By Brick **2 for 1 admission**
El Cajon Grand **Loyalty card 50% off**
In Cahoots **\$3 off cover**
Lucky 7 Match **\$5 off speed dating**
Patrick's II **2 for 1 cover**

Firehouse Swing Dance
2 for 1 admission
Second Wind Bars
Free WiFi Internet
Tio Leo's Lounge
\$1 off admission

March 21 — LeRoy Bell.

April 25 — Musicantica.

Open Air Theatre: 5500 Campanile Drive, SDSU, 619-594-6947.

April 29 — Celtic Woman: Isle of Hope.

Palomar College Performance Lab (room D-10): 1140 West Mission Road, San Marcos.

April 23 — Janet Hammer and Nathan Fry.

May 7 — The Spectrum Jazz Singers.

May 7 — Palomar Women's Chorus.

Palomar Starlight Theatre: 11154 Highway 76, Fallbrook, 877-946-7252.

September 13 — The Gypsy Kings.

The Pannikin - Del Mar: 2670 Via de la Valle, Del Mar, 858-481-8007.

March 20 — The Latin Connection Jazz Quintet.

Patrick's II: 428 F Street, Downtown, 619-233-3077.

March 19 — Bill Magee Blues Band.

March 20 — The Buick Wilson Band.

March 21 — Dennis Jones.

March 22 — Delta Heat.

March 23 — The Burnsville Band.

March 24, March 25 — Ronnie Lane & the Twisters.

March 26 — Blue Four.

March 27 — 145th Street Deluxe Blues Band.

March 28 — Shari Puerto and the Rhythm Addicts.

March 29 — The Burnsville Band.

March 30 — Shelle Blue.

Pierview Pub/Bub's

Whiskey Dive Bar: 301 Pier View Way, Oceanside, 760-757-2827.

March 21 — The Drop.

Poway Center for the Performing Arts: 15498

Espola Road, Poway, 858-748-0505.

April 11 — Vybration.

Price Center at UCSD: 9500 Gilman Drive, UCSD, 858-534-6467.

April 15 — Seun Kuti and Egypt 80.

Qualcomm Hall: 5775

Morehouse Drive, Mira Mesa, 858-259-5508.

May 2 — The Fab Four.

RT's Longboard Grill: 1466 Garnet Avenue, Pacific Beach, 858-270-4030.

March 20 — The Phormones.

March 20 — Freeze Frame.

Radio Room: 3519 El Cajon Boulevard, North Park, 619-284-3323.

April 5 — The Slow Poisoner.

April 6 — Jerkagram.

Ramona Mainstage

Nightclub: 626 Main Street, Ramona, 760-789-7008.

March 27 — Danielle Tucker and the City Limits Band.

March 28 — David Maldonado.

Rimac Arena: 9500 Gilman Drive, La Jolla.

April 29 — Death Cab for Cutie.

May 20 — Flight of the Conchords.

Rock Bottom Brewery,

Downtown: 401 G Street, Downtown, 619-231-7000.

March 20 — 80z All Stars.

March 21 — Superfly.

March 27 — Island Irie.

March 28 — Split Finger.

The Royal Dive: 2949 San Luis Rey Road, Oceanside, 760-722-1911.

March 21 — Pushin Rope.

Ruth French Chapman Performing Arts Center at Eastlake High School: 1120 Eastlake Parkway, Chula Vista, 619-397-3800.

April 4 — Vybration.

San Diego Sports Arena:

3500 Sports Arena Boulevard, Point Loma, 619-224-4171.

April 17 — Avenged Sevenfold.

May 24 — Taylor Swift.

May 31 — Fleetwood Mac.

August 29 — Ricardo Arjona.

Schroeder's at Tango Del Rey: 3567 Del Rey Street, Clairemont, 858-794-9044.

March 21 — The Needemann Brothers.

Seaport Village: 849 West Harbor Drive, Downtown.

March 22 — Midnight Heat.

March 29 — The Cat-illacs.

Serra Mesa-Kearny Mesa Branch Library : 9005 Aero Drive, Kearny Mesa, 858-573-1396.

March 22 — Tony Lasley.

Sherwood Auditorium at Museum of Contemporary Art San Diego: 700 Prospect Street, La Jolla, 858-454-3541.

March 28 — Hapa.

Sixty-Seven Bar and Grill: 10109 Maine Avenue, Lakeside, 619-561-6767.

NEW LOCATION!
COMPLETELY REMODELED!

EL CAJON *Grand*
El Cajon's Oldest Known Bar



DJ dancing
Friday & Saturday
All night! 8:30 pm-1:30 am

FRIDAY:

Dance to the best of Classic Rock and all your other favorites with DJ Neko!

SATURDAY:

Bump and grind to DJ Chuck with his Classic Rock and Top 40!



MONDAYS: In-house pool tournament
TUESDAYS: \$3.50 wings • Dart tournament 7:30 pm
WEDNESDAYS: Karaoke 9 pm
THURSDAYS: Karaoke 9 pm • \$3.50 hot wings

351 West Main Street • El Cajon • 619-444-0949

THE COMEDY STORE

Friday & Saturday • March 20 & 21 • 8 & 10:30 pm



Jimmy Shubert
From *One Hour Photo*
and Comedy Central



Bob Oshack
From *Best Damn Sports Show*



Claude Shires
From *Last Comic Standing*

4 FREE ADMISSIONS

Excludes Special Events. Subject to Availability.
Reservations REQUIRED with this ticket.

GOOD WED, THURS, & SUN.

To purchase tickets, call (858) 454-9176
916 Pearl Street • La Jolla • www.thecomedystore.com
Must be 21 - All shows 2-drink minimum



pau Hana

Live at the
710 Beach Club
Pacific Beach, San Diego



Thursday, March 19th, 2009

Advance tix: \$5 @ 710 Beach Club
At the door: \$8

21 & Over w/ID
9 pm-1:30 am

For more info: 858-483-7844
www.myspace.com/pauhana
www.710bc.com
www.islandlion.com
e-mail: pauhana@san.rr.com

710 Beach Club

710 Garnet Avenue
Pacific Beach, CA 92109
"Right Next To The Crystal Pier"



STEPHEN PEARCY

**THE VOICE OF RATT
ROCKS...**



Tickets only \$12
Available at
TicketMaster
and Box Office

WEST COAST HALL OF FAME
APRIL 3
345 B STREET, DOWNTOWN • 619-231-4343
4thandbevents.com

**SOUTHERN CALIFORNIA'S
MUSIC ENTERTAINMENT CAPITAL presents:**

THURSDAY March 19th 9:30PM
It's the Latin-Funk sounds of
"PARADISE"
Bank of America night, all
BofA employee's are VIP's!

FRIDAY March 20th 9:30PM
MTV "Boy Band" Finalist...
"FIRST CLASS FICTION"
Bank of America night,
all BofA employee's are
VIP's!

SATURDAY March 21st 9:30PM
America's #1 up & coming
REGGAE-FUSSION BAND...
PALI ROOTS MUSIC
"Very polished performers"
ISLAND MUSIC MAGAZINE
join us for a LIVE TV TAPING!

SUNDAY March 22nd 7:00PM
"SOULED-OUT" SUNDAY-FEST
The sounds of MARVIN, TEMPTS,
O'JAYS, SPINNERS & more,
played LIVE, Loud & Proud,
LIVE-SOUL only at McDini's!

TUESDAY March 24th 9:00PM
Drip & Wet 90's HIP-HOP THROWBACK NITE!
(Remember those Fiesta Hall Party's back in the day?)
Hosted by Zerlan (lead singer of Pali-Roots)!

McDini's
Diner & Music Entertainment!
105 East 8th ST • NATIONAL CITY
For show info: (619) 474-6771



<p>THURSDAY, MARCH 19</p> <p>Rockin' Johnny White presents BLUE SKY BLONDE STOLEN MAD MARTIGAN</p>	<p>MONDAY, MARCH 23</p> <p>HOR OF BAD BRAINS OUTLAW NATION HIGH TIDE • REVIVAL</p>	<p>WEDNESDAY, MARCH 25</p> <p>Never Say Die presents INDUSTRY SOUP COUNTER LAUNCH</p>
<p>THURSDAY, MARCH 26</p> <p>A SCRIBE AMIDST THE LIONS ENDO XI RUNHONEY THE NEW LEAD DETECTIVES</p>	<p>FRIDAY, MARCH 27</p> <p>STRANGER MIKE PINTO PROJECT OUT OF BOUNDS</p>	<p>SATURDAY, MARCH 28</p> <p>Candlebox LIVE WITH SPECIAL GUESTS JET BLACK STARE AND ROYAL BLISS</p>
<p>SUNDAY, MARCH 29</p> <p>BIOHAZARD featuring all original members CANOBLISS ONE INCH PUNCH SUNDAY GIRL</p>	<p>MONDAY, MARCH 30</p> <p>LESS THAN JAKE AND THE EXPENDABLES FLATLINERS</p>	<p>THURSDAY, APRIL 2</p> <p>MISHKA TRIBAL THEORY REVIVAL</p>
<p>FRIDAY, APRIL 3</p> <p>Organika presents TRISTON PALMA meets MICHAEL PALMER CUALLI MAITLAND ROOTS JAH ROOTS HI FI</p>	<p>SATURDAY, APRIL 4</p> <p>A tribute to the music of SADE TABOO BAND</p>	<p>FRIDAY, APRIL 10</p> <p>del the Funky homosapien MIKE RELM BUKUE ONE SERENDIPITY PROJECT VOKAB KOMPANY</p>
<p>SATURDAY, APRIL 11</p> <p>DEAD MAN'S PARTY (Oingo Boingo Tribute) COVER ME BADD'S BLASPHEMOUS GUITARS</p>	<p>THURSDAY, APRIL 16</p> <p>WEST COAST HUSTLE TOUR 2009 COLLIE BUDDZ THE NEW KINGSTON BAND PEP LOVE (of Hieroglyphics) DJ PEE WEE • THE PYRX BAND AFTER SCHOOL SPECIAL</p>	<p>FRIDAY, APRIL 17</p> <p>SASHAMON C-MONEY & PLAYERS INC. PALI ROOTS • SAND SECTION</p>
<p>SATURDAY, APRIL 18</p> <p>4/20 PARTY <i>Andre Nickatina</i> XZIBIT SUBSTANCE ABUSE DJ FINGAZ</p>	<p>WEDNESDAY, APRIL 22</p> <p>IMMORTAL TECHNIQUE</p>	<p>THURSDAY, APRIL 23</p> <p>Canes & Poly Underground present OOKLAH THE MOC MYSTIC ROOTS BAND PSYDECAR • HI ROOTS</p>

4/24: **DIPLO** • 4/25: **CASH'D OUT** • 5/1: **LITTLE JOHN**
5/2: **KATCHAFIRE** • 5/16: **GROUCH & ELIGH** • 5/23: **SOJA**



Outdoor Oceanfront Dining
Lunch & Dinner Daily
Weekend Breakfast
Happy Hour Mon.-Fri.
Private Parties & Banquets
Plenty of FREE Parking

3105 Ocean Front Walk
Mission Beach **858.488.1780**
canesbarandgrill.com
myspace.com/canesmusic

March 21 — Modern Day Moonshine.

Soda Bar: 3615 El Cajon Boulevard, City Heights, 619-255-7224.

March 20 — The Dirty Legs.

March 24 — The Ascetic Junkies.

March 26 — Shake and Pop Night.

April 24 — MutantSpaceboy.

Soma: 3350 Sports Arena Boulevard, Point Loma, 619-226-7662.

March 20 — Knights of the Abyss.

March 21 — Full Blown Chaos and See You Next Tuesday.

March 27 — Alesana.

March 28 — Sonny.

April 2 — Gavin DeGraw.

April 3 — Parkway Drive.

April 4 — Emmure and Winds of Plague.

April 6 — A Skylit Drive.

April 24 — The Devil Wears Prada.

April 25 — Protest the Hero.

May 22 — Jack's Mannequin.

Spreckels Theatre: 121 Broadway, Downtown, 619-235-9500.

March 20 — Joe Bonamassa.

April 18 — John Prine.

Sushi Performance & Visual Art: 390 11th Avenue, Downtown, 619-235-8466.

April 14 — Lisle Ellis and Pamela Z.

May 12 — Barnyard Drama.

Tiki House: 1152 Garnet Avenue, Pacific Beach, 858-273-9734.

March 21 — The Nards.

Tio Leo's Lounge: 5302 Napa Street, Linda Vista, 619-542-1462.

March 20 — The Rhythm Jacks.

March 27 — The Road Dogs.

U-31: 3112 University Avenue, North Park, 619-584-4188.

March 20 — The Library.

The Upstart Crow Bookshop and Coffee House: 835 West Harbor Drive,

Offering the finest new, used and vintage instruments



Buffalo Bros. Guitars
buffalobrosguitars.com
Home of the 100% Upgrade Policy©

4901 El Camino Real, Carlsbad, CA 92008

(760) 434-4567 Mon.-Fri. 9 am-6 pm, Sat. 10 am-5 pm, Sun. 12-4 pm

moondoggies



THE GAMES BEGIN THU. 3/19

FOOD & BEVERAGE SPECIALS / OPEN EARLY FOR BRUNCH 9AM - 3PM, 3/19 - 3/22

MOONDOGGIES • 832 GARNET AVE • 858.483.6550

Downtown, 619-232-4855.

March 21 — Off Campus.

March 28 — Nadja Nara.

Viejas Casino Concerts in the Park: 5005 Willows Road, Alpine, 619-445-5400.

April 19 — Foreigner.

May 2 — The Lowrider Band.

May 14 — Gretchen Wilson.

Viejas Casino DreamCatcher Show Room: 5000 Willows Road, Alpine, 619-445-5400.

March 22 — Billy Watson and the International Silver String Submarine Band.

March 27 — Luke Bryan.

March 28 — Big Bad Voodoo Daddy.

April 9 — Billy Currington.

April 10 — Robert Cray.

April 17 — Siren's Crush.

Winstons: 1921 Bacon Street, Ocean Beach, 619-222-6822.

May 24 — The Bigfellas.

Y1 Studios: 1150 7th Avenue, Downtown.

April 10 — Ari Hest.

DJ

HOW TO SUBMIT A DJ LISTING: Call 619-235-3000 x405, night or day by 5 pm Friday, the week prior to publication. To send weekly or monthly schedules, fax to 619-231-0489 or mail to Reader Music Scene, P.O. Box 85803, San Diego, CA, 92186. You may also submit information online, get directions, maps, event alerts, RSS feeds, club coupons, and more at SanDiegoReader.com.



"Your Friendly Neighborhood Bar"
1542 N. Coast Hwy.
Leucadia • 760.753.2094

Monday Night Madness with Señor CJ

\$3 beers, \$3 well margaritas
\$4 Cuervo shots & drinks
Live bands & goldfish races

Live Music • No Cover

Thursday, March 19
DJ - Hip-Hop/Funk
Happy Hour (mid. to close)

Friday, March 20
Project Out of Bounds

Saturday, March 21
Shrewd Lucy

ORGANIKA MUSIC & CANES present:



FRIDAY
APRIL 3RD
2009

CUALLI • JAH ROOTS • CHUNKEY ROOTS • SELECTA FARI • NOME RODY • ROBBY DREAD

Dub Deck hosted by CSL



3105 Ocean Front Walk
Mission Beach, CA 92109

21+ w/ID • Doors open at 9 pm • \$20 Presale Tickets Available at:
TICKETMASTER, CANES, CSL, DREAM CRYSTAL, KING OF KINGS & TRADE ROOTS
www.myspace.com/OrganikaMusic • www.CanesBarAndGrill.com

Air Conditioned Lounge:

Fridays: DJ Junior. Disco, funk, and '80s music. Saturdays: Juicy. With Mike Czech and DJ SG. Sundays: Guest DJ Night. Guest DJs to be announced. Mondays: Rock N Bowl. With guest DJ. Tuesdays, 11:30 p.m.: Big Sonic Chill. Sponsored by San Diego's Local 94.9. Wednesdays: Rotating Crew. Spin house, electro, and hip-hop. 4673 30th Street, Normal Heights. 619-501-9831.

Bacchus House: Saturday, 9 p.m.: Club '80s. With DJs Bryan Pollard, Sickboy, Stem, and more. \$3-\$5. 3054 University Avenue, North Park. 619-299-2032.

Bar Dynamite: Thursdays, 9 p.m.: DJs SG, Dubz, Teknikscian. Hip-hop, old skool, and mashups. \$5. Wednesdays, 9 p.m.: Deep House Nite. DJs Duane, Lil Ryan, and Johnny D spin house music. 1808 West Washington Street, Mission Hills. 619-295-8743.

Bar Pink: Mondays, 9:30 p.m.: Grown Folk Music. Features the Husky Boy All Stars DJ Buddha and Duse. Hip-hop/soul. Free. 3829 30th Street, North Park. 619-564-7194.

Beauty Bar: Tuesdays, 9 p.m.: Trans Am Tuesdays. New wave '80s dance party with DJ Heather Hardcore. Free. 4746 El Cajon Boulevard, Kensington-Talmadge. 619-516-4746.

The Brew House at Eastlake: Saturdays: Brew 30 DJ. Dance. 871 Showroom Place, Suite 102, Chula Vista. 619-656-2739.

Café Sevilla: Thursdays, 10 p.m.: DJ New Yo Rican. Salsa.

Fridays, 9:30 p.m.: Blazin' Fridays. Hip-hop and reggaeton with Blazin' 98.9. Tuesdays, 10 p.m.: DJ Israel. Bachata. 555 Fourth Avenue, Downtown. 619-233-5979.

Camel's Breath Inn: Fridays and Saturdays: Live DJ. Ages 21 and up. 1033 Friars Road, Mission Valley. 619-281-1722.

Candelas: Thursdays: DJ ALA. Deep soulful house music. 416 Third Avenue, Downtown. 619-702-4455.

The Casbah: Tuesday, 8:30 p.m.: Simian Mobile Disco. With guests. Electro. \$20. 2501 Kettner Boulevard, Little Italy. 619-232-4355.

College Rocks Bar & Grill: Thursdays, 9 p.m.: Sexy Sleepwear Party. With DJ Kool T. Ages 18 and up. Fridays, 9 p.m.: Funky Fresh Fridays. Featuring guest DJs. Hip-hop/mash-ups. Ages 18 and up. Saturdays, 9 p.m.: Club Hollywood Ray. Featuring guest DJs. Ages 18 and up. 6195 University Avenue, Suite A, College Area. 619-544-0807.

Confidential: Fridays, 10 p.m.: DJ Henry Diaz. With Tone Capone and Omar. Electronic/lounge. 901 Fourth Avenue, Downtown. 619-696-8888.

The Coyote Bar & Grill: Thursdays, 10:30 p.m.: DJ Earl Henry. Fridays, 10:30 p.m., Saturdays, 10:30 p.m.: DJ Steve Hasty. 300 Carlsbad Village Drive, Carlsbad. 760-729-4695.

Deco's Restaurant & Nightclub: Thursdays: Krush. Hosted by Chase Costello, Steve Kamp, Jack Kennedy, and more. Hip-hop/mashups/party rock. Ages 18 and up. 731 Fifth Avenue, Downtown. 619-696-3326.

El Cajon Grand: Fridays, 8:30 p.m.: DJ Neko. Spins classic rock and other hits. Saturdays, 8:30 p.m.: DJ Chuck. Spins classic rock and other hits. 351 West Main Street, El Cajon. 619-444-0949.

The Field Irish Pub and Restaurant: Tuesday, 4 p.m.: 13th Annual shamROCK. Featuring dancing, live music, and DJs with performances by Raggle Taggle and the Field Irish Dancers, the Fooks, the Down's Family, Sonic Impulse, the Young Dubliners, DJ Mac, DJ Marc Thrasher, DJ Este, DJ Who, and DJ Brent Bartel. Irish/Celtic/punk/rock/electronic. \$20-\$25.

544 Fifth Avenue, Downtown. 619-232-9840.

The Filling Station: Fridays and Saturdays, 9 p.m.: DJ Dance Party. 9522 Miramar Road, Mira Mesa. 858-578-0757.

The Flame: Saturday: Club Sabbat. Gothic and industrial every second and fifth Saturday of the month. Resident DJs Robin Roth, Atom, and Diskdroid spin along with special guests. 3780 Park Boulevard, Hillcrest. 619-295-4163.

Jack's La Jolla - Ocean Room: Thursdays and Saturdays, 10 p.m.: Wall Street Bar. DJs and dancing. 7863 Girard Avenue, La Jolla. 858-456-8111.

Live Wire: Saturday, 9 p.m.: SD Zoo. Hip-hop and dance with DJs Gabe, Hippoh, and guests. Second Saturday of the month. 2103 El Cajon Boulevard, Normal Heights.

On Broadway: Saturday, 11:45 p.m.: Steve Aoki. Spins electro, indie, and pop. 615 Broadway Avenue, Downtown. 619-231-0011.

Vintage Religion



Inspired by religions & cultures of the world.
Collectibles • Fine art • Jewelry
Apparel • Accessories • Statuary

www.vintagereligion.com

3821 32nd St.
Near University Ave.
North Park
619.280.8408





Live Music • Full Bar • Seafood • Vegetarian
Continental • Pacific Rim

Thurs. March 19 | Barbara Nesbitt
Fri. March 20 | Jeff Moore & The Witchdoctors
Sat. March 21 | 3 EZ Pieces
Sun. March 22 | John Scott & The Magnificents
Mon. March 23 | Cactus Twang
Tues. March 24 | Jack Tempchin & Friends
Wed. March 25 | Will Faber Band

Happy Hour
Daily
5-7 pm
\$4 Wells,
Sangria &
Margaritas
\$4 House Wine
\$3.50 Beers
Appetizer
Specials

576 North Highway 101
Leucadia • 760.632.8252
www.calypsocafe.net



Onyx/Thin: *Saturday:* Colette and DJ Heather. 852 Fifth Avenue, Downtown. 619-235-ONYX.

Pierview Pub/Bub's Whiskey Dive Bar: *Mondays,* 6:30 p.m.: Metal Mondays. Metal all night long. *Tuesday,* 11 a.m.: Green Beer, Green Clothes, Green Fun! 301 Pier View Way, Oceanside. 760-757-2827.

RT's Longboard Grill: *Wednesdays:* DJ Famous Dave. Mixes music videos. 1466 Garnet Avenue, Pacific Beach. 858-270-4030.

Riley's: *Thursdays:* '80s Night. *Fridays:* Hip-Hop Night. *Mondays:* College Night. With guest deejay. 2901 Nimitz Boulevard, Point Loma. 619-255-8635.

Sapphire Mediterranean Cuisine & Lounge: *Saturday,* 9

p.m.: DJ K.A.' Spins hip-hop and reggaeton. \$5. 4076 Bonita Road, Bonita. 619-470-8000.

Sixty-Seven Bar and Grill: *Thursdays:* Tattoo Thursdays. With DJ Viktor and DJ KB. *Fridays:* DJ Tony Sneeze. Spins Top 40 and hip-hop hits. *Saturdays:* DJ Girth. Spins hip-hop and rock hits. *Sundays:* Soul Glo Sundays. With DJ Girth and friends. *Wednesdays:* Beer Pong. With deejays. 10109 Maine Avenue, Lakeside. 619-561-6767.

Spin Nightclub: *Friday:* Sander Kleinberg. 2028 Hancock Street, Mission Hills. 619-294-9590.

Static Lounge: *Friday,* 9 p.m.: Garden of Eve Party. Featuring go-go dancers. Hip-hop/pop. \$15-\$20. Ages 18 and up. 634 Broadway, Downtown. 619-544-1609.

U-31: *Thursdays:* Mark Marcelo and Big Willie Styles. With Richy the Kid. '80s/'90s/hip-hop/booty bass. 3112 University Avenue, North Park. 619-584-4188.

Totally remodeled! Now open!



PAL JOEY'S
COCKTAIL LOUNGE
5147 Waring Road, San Diego
619-582-6699

Sunday • **Free Pool** all day & night
7 pm College Night — \$1 shots all night

Monday Madness
\$2 Wells, domestic drafts & bottles
all day & night

Tuesday • **Karaoke** 9 pm-1 am
Host Eric Baker

Wild on Wednesday — Live Band Jam
Bring your sticks, guitar & talent

Thursday • **Karaoke** 9 pm-1 am
Host Jesse Petersen

Tuesday-Sunday • **\$2 till Twilight**
\$2 wells & all domestics

7 Days a Week • **\$2 Personal Pitchers**
32 oz. Natural light

Friday & Saturday • 9 pm-1 am

Live Music — No Cover
Friday & Saturday 3/20 & 3/21
Blue Rockit
Friday & Saturday 3/27 & 3/28
Night Shift



ATTENTION MUSICIANS!
\$50,000 IN CASH
Awarded to the
BEST BAND
and
BEST SOLO SINGER

- Entries to be judged by a prestigious panel of music industry professionals
- Contest is open to all musicians and singers, amateur as well as professional, throughout the United States and Baja California
- Deadline for entries is March 31, 2009

www.sdfair.com/musicpalooza
San Diego County Fair
June 12 — July 5 (closed Monday, June 15 and 22)



XAVIERS
bar & grill
750 Fifth Ave. San Diego, Ca 92101

Buy One Meal & Get Second Meal 1/2 OFF
that is of equal or lesser value with this Ad.
Excluding alcohol. No tip or gratuity included.
Not to be combined with any other offers. Expires April 30th, 2009

619.233.0500 | www.xaviorsbarngill.com | Tuesday thru Sunday 11 am till 2 am

Fiesta Tuesdays
\$3.00 Margaritas or Mexican Beer,
\$2.50 Tacos & Enchiladas

Soundtrack Wednesdays
Karaoke 9 pm till close
Burger & Beer for only \$5.95

Almost Famous Thursdays
\$10+ Cullen's all night long

Red Carpet Fridays
\$3 Movie/Club Room

Special Screening Saturdays
Check out our special events every week
on our website for our events

Independent Sundays
\$3 House wine & 1/2 off Salads
Independent Films & Karaoke at 9 pm



PARKWAY DRIVE
SICKER GUNS
FRI. APR 3
\$12 • 7PM • LUNATIKS

THE DEVIL WEARS PRADA
SWEET BRAG TOUR
A DAY TO REMEMBER
SKY EATS AIRPLANE
EMAROSA
FRI. APR 24

TAKING BACK SUNDAY
anberlin
ONSALE: 3/21
FRI. JUN 5
7PM DOORS - LUNATIKS.COM
SOMA BOX OFFICE
NORTHAMERICAN TOUR 2009
SOMASD.COM
3350 SPORTS ARENA
619.226.7682 ALL AGES

KNIGHTS OF THE ABYSS
molotov solution
THE HOEDOWN
VANGUARD
DUKES OF THE KUMATAI
THE PARTYS OVER
SAT. MAR 21

Full Blown Chaos
SEE YOU NEXT TUESDAY
ROSE FUNERAL
GRAVES OF VALOR
AS THEY BURN ALIVE
FRI. MAR 27

afesaya
DROP DEAD GORGEOUS
FEAR BEFORE
MY FRIENDS ON FIRE
SAT. MAR 28

sonny
ENDLESS HALLWAY
DAN SENA
WHITE APPLE TREE
THURS. APR 2
GAVIN DEGRAW
ANGEL TAYLOR
SAT. APR 4

ATTICUS METAL TOUR
EMULUS
TERROR
ALL SHALL PERISH • A GHOST INSIDE
UNDERNEATH THE GUN
FOR TODAY
MON. APR 6
A SKYLIT DRIVE
DANCE GAVIN DANCE
ATTACK ATTACK!
IN FEAR AND FAITH I SEE STARS
SAT. APR 11
"THE BIG SHOW!"
HELLO MARQUEE
CASINO MADRID
DEADBEAT NIGHTLIFE
A SKY LIKE APRIL
A CITY SERENE
ADESTRIA
PROCESS FOR ENIGMA
SAT. APR 25
PROTEST THE HERO
MISERY
SIGNALS
FRI. MAY 1
THE HUMAN ABSTRACT
oh sleeper
IWRESTLEDABEARONCE

Crasher

NEITHER HAD A MONKEY

by Josh Board

On a Saturday night a few weeks ago, I went to a *Saturday Night Live* theme party at the Tivoli Bar in the East Village. I went as one of the gold-chain-and-polyester-wearing Czech brothers played by Steve Martin and Dan Aykroyd.

My girlfriend decided to go the easy route, and we picked up a Chicago Bears T-shirt, Cubs hat, big sunglasses, and a fake mustache. She was a character from the "da Bears" skits. She borrowed a Chicago-themed beer stein from my stepdad, which completed the outfit.

We grabbed a few cigars in the Gaslamp and headed to the bar.

Fred Saxon, the former KUSI anchor, was interviewing people on a red carpet as they walked in. My girlfriend whispered, "I don't have the accent down, and all I know that they said was 'da Bears!'" I laughed and said, "Just keep repeating that. Keep the cigar in your mouth to help with the accent."

Saxon was interviewing a woman dressed as some unrecognizable character. She was being a bit risqué, and when she stretched out and kicked at the air, I came up behind her and said



Left: Laura (middle); Right: Goat Boy in the arms of Will Ferrell cheerleader character

in my best Czech accent, "Are you one of those American foxes that I can take home and have wild sex with?"

She immediately started gyrating against my leg as Saxon tried asking us questions. At one point I heard a cameraman say something to my girlfriend, who held up her stein and said, "Da Bears!"

"Keep the cigar in your mouth to help with the accent."

When we walked in, I was immediately impressed and disappointed at the same moment: impressed that 100 percent of the

attendees were in costume but disappointed I lost a bet. My girlfriend said someone would be dressed as Dieter, the German TV host. I said nobody would be, but there were two guys with the round glasses and tight black leotards. Neither had a monkey, though.

She was gloating about being right, and I pointed out that nobody else came as a Bears fan; she was worried others would because it's an easy outfit to put together.

I saw a black guy in a suit and couldn't figure out what character he was playing. He told us he was Arsenio Hall. As we talked, I kept looking at his hands to see if he had long fingers.

Laura, who put this party on, was Ed Grimley, with the spiked-up hair. She did a great job of making the face with the squinty eyes, and she carried around a framed photo of Pat Sajak. Because she had

rented out the bar and paid for all the food, I asked how much it cost her. She didn't want to get into that, but I'm guessing she dropped a few grand.

There were about five items you could order off the menu. I ordered street tacos, and the guy at the register yelled it back to the cook. He turned around and said, "Cheeseburger?" I laughed and said, "That's awesome!" My girlfriend was confused, and I said, "That cook is doing the Belushi bit where no matter what you order, he's going to say, 'Cheeseburger, cheeseburger!'" She said, "Uh, I think you misinterpreted that. I don't think he understood you."

We got a few drinks, and the debate continued. I went and asked the cashier. He said, "Oh, no. We got confused about what you said. He thought you ordered a cheeseburger." When I explained what I thought had happened, they were even more confused.

There were a number of heavy white guys in suits and wearing fake glasses. I assumed they were all the same Chris Farley character. One rattled off the line about living in a van down by the river, but others seemed to be playing different characters that I wasn't familiar with.

The music got louder when

the cowbell guy occasionally played along. None of the various Wayne and Garth characters pulled out their drumsticks, though.

A few women got mad if you didn't know their costumes. The few cheerleaders were easy to figure out, but I got into a weird "who's on first?" conversation with a woman who had a huge behind. I asked about her character, and she said it was a woman who had a pregnant butt. When she started to enter the bathroom, I said, "Is that going to be possible with that outfit?" She said, "Oh, it's going to be hard. There's going to be cotton everywhere."

As I headed into the bathroom, I saw the woman I met on the red carpet. She was in character, joking around again. She explained, "It's Sally O'Malley. She's always stretching and kicking and always had a camel toe."

When I got to the urinals, I noticed the other Czech brother next to me. He started talking in character about how many foxy women he'd met. His outfit blew mine away...although I wasn't checking it out as we stood next to each other.

The walls were decorated with photos of *SNL* cast members and various "Deep Thoughts" quotes by Jack Handey. There

Live at the Kraken!
Blues • Dance
Rock 'n' Roll

The bar with a definite beach atmosphere

6 TVs • 2 Satellites
Pinball Games
Pool Tables • ATM

On Highway 101
Restaurant Row
Cardiff • (760) 436-6483
www.myspace/thekrakenbar



BC's BBQ: Sat. and Sun. Noon 'til Midnight

Thursday, March 19 • No Cover

FRANKIE-DEE & THE FUNK-NATRA BAND

Friday, March 20 • No Cover

PLATO SOUL

Saturday, March 21 • No Cover

GHOST RIDERS (Day)

BILL MAGEE (Night)

Sunday, March 22 • No Cover

BLUES JAM anchored

by the **BLUES BROKERS**

After the jam: **DOWNSPELL** and guests

Mondays and Tuesdays

DOUG ALLEN of the **MAR DELS**

Wednesday, March 25 • No Cover

JEFF MOORE & THE WITCH DOCTORS

SERIOUS
PLAYERS
ONLY!

INCAHOOTS
Est. 1992



SUNDAYS
Free Line Dance Lessons
6:30 pm
ANY DRINK
\$2.50

Must be 21 Ask about our designated driver program
incahoots.com
5373 Mission Center Rd. San Diego, Ca. 619-291-1184

were also books and DVDs that would be given out later in a costume contest.

A number of characters were half naked, one of them being Goat Boy, who would occasionally jump into Unfrozen Caveman's arms.

I saw Hans and Franz on the patio, smoking. Theirs was probably the only costume easier to make than my girlfriend's — gray sweatsuits stuffed with fake muscles.

As I smoked a cigar and talked to them, I saw a guy with a beard approach. He said something to my girlfriend, and she responded with "Da Bears." He said, in a slightly Scottish accent, "No, that's the

incorrect answer. It's 'moo'...the sound your mother made last night." It was Sean Connery from the *Jeopardy!* sketch.

Someone dressed up as Pat. I didn't get a close enough look to see if it was a male or female.

As Laura walked by, I told her it was such a great idea for a party. She said, "I had this planned a year and a half ago, but one friend couldn't make it, and I kept pushing it back. We finally set a date and didn't worry about who could make it."

As we were leaving, I said, "That might've been the best party I've been to in a long time. People were mingling, using their catch-

phrases. Some people put so much time into their costumes."

Someone was walking in with a box. I asked what was in it. He opened it to show me a rubber penis. I was confused until the bouncer told me Justin Timberlake did a skit with one.

A woman waiting to cross the street said, "Doesn't security have a rule about bringing weapons into a bar?" ■

Crash your party? Call 619-235-3000 x421 and leave an invitation for Josh Board.

For more stories by this author, go to sdreader.com.

Reader in the scene

SAN DIEGO WEEKLY

Have you been tagged by the Reader Street Team? See your photos on sdreader.com & click on "Promotions."



TIOLEOS George & Rosemary

Live Music • Dining
Dancing • Cocktails

Every Thursday
KARAOKE
(No cover)

Friday, March 20
RHYTHM JACKS

Saturday, March 21
KARAOKE
(No cover)

Tuesdays • 6:30-11 pm
ZYDECO TUESDAY
DANCE LESSONS,
FREE DRAWINGS & MORE
www.louisianadance.com

Wednesdays • 7:30 pm
MONSTER JAMM
Live Music • No Cover

3/27: Road Dogs
4/3: "Shake Out"
4/10: Farmers
4/17: Red Elvises

Wi-Fi Zone 21+

TIOLEOS.com
5302 Napa Street
619/542/1462

ROYAL DIVE

Thurs., Mar. 19 • 9 pm
Riverbottom rockabilly
Honkys

Fri., Mar. 20 • 9 pm
Hula Guns
Flight or Fight

Sat., Mar. 21 • 9 pm
Stevie Salas
with Tom Petty guitarist
Ron Blair

Sun., Mar. 22 • 9 pm
Soup

Tues., Mar. 24
Open Mic
Win \$25 gift certificate to
Sound Odyssey.

Mar. 28 **Pushin Rope**
Apr. 3 **Screamin Yeehaws**
April 10 **Trouble in the Wind**
April 11 **Surf Jam**
April 25 **Wild Weekend**

2949 San Luis Rey Rd.
Oceanside • 760-722-1911

O'Connell's

THURSDAY: MARCH 19
KARAOKE

FRIDAY: MARCH 20
EMERGENZA MUSIC FESTIVAL
ARE WE NOT BOYS
BROOKE WILLIAMS
CODE • ACES & 8's
BEDPOST BUZZARDS
DROPJOY • OPENMIND
SACRILEGIO
BAM! BARCELONA

SATURDAY: MARCH 21
ARROYO
2ND HAND SMOKE
ALPHA CHANNEL
2ND ROW 3RD PALM TREE

SUNDAY: MARCH 22
THE UNRULY BANGS
THE PEARS • DIANA DEATH

MONDAY: MARCH 23
BLUES JAM Hosted by
MYSTERY TRAIN 8 PM

TUESDAY: MARCH 24
KARAOKE

WEDNESDAY: MARCH 25
NEX 2 NOTHIN • I. TRIMBLE

FRI. & SAT.: MARCH 27 & 28
EMERGENZA MUSIC FESTIVAL

O'CONNELLS
1310 MORENA BLVD. • 619.270.5637
MYSAPCE.COM/OCONNELLS • 21+
POOL • FOOSBALL • DARTS

MARCH MADNESS

Mar. 19th-22nd

DOORS OPEN @ 10 AM

930 Market St. • Downtown San Diego • 619-677-BOWL(2695) • bowlevt.com

Sponsored by



Upcoming Event

Modus Gastro Bar
2202 4th Avenue, San Diego
(Corner of 4th & Ivy)
Sunday, March 22



Join in the Modus Poker Tournament sponsored by U4RIK VODKA. Enjoy U4RIK drink specials 8-12 pm along with live jazz from San Diego's finest musicians. Spin the roulette wheel or play Texas Hold'em for gift certificates to Modus and local boutiques. Tournament excitement begins at 9 pm. Don't miss it! For further information, call Modus: 619-236-8516

For more information on upcoming events visit sdreader.com

The Ambassador of Abyssinia

Take my word, the cuisine of the Horn of Africa is fabulous — but to know that, you have to taste it; and in San Diego, relatively few people have enjoyed the pleasure. With Muzita, we may have a breakthrough restaurant that introduces this food to all who don't know yet what they're missing.

When I moved here from the Bay Area, the state of local North African restaurants came as a shock. They were a couple of low-price “dives” in City Heights, “starving student” eateries. Back home, the much larger Ethiopian community in Oakland made Ethiopian food a delicious multiple-choice quiz, with numerous restaurants to choose from, all at prices from low to...well, medium.

At the best of the lot, the aptly named Sheba, the stunning owner, Netsanet (a dead ringer for the model Iman, or perhaps King Solomon's “black and beautiful” Queen of Sheba) served as ambassador for the food and culture — feeding, educating, and delighting all who ventured into her beautifully decorated dining room or her cooking classes. After closing Sheba to move (briefly) back home to Ethiopia, Netsanet's magic remained — she'd popularized the cuisine and set a standard to strive for. Soon, good Ethiopian and Eritrean restaurants crossed the Bay and popped up all over San Francisco, so that “going out for Ethiopian” became as easy a choice as going out for Thai or Szechwan or Vietnamese. Needless to say, I'd love to see that happen here.

With Muzita, we finally have a charming, friendly bistro in a middle-class, attractive neighborhood, University Heights, to gently introduce San Diegans to the joys of this cuisine. It occupies a handsome Craftsman bungalow with a cheerful patio strung with twinkly lights (complete with coffee urn, welcoming those who must wait for a table — gourmet coffee is Ethiopia's top export). The interior walls are decorated with East African art, and haunting African music plays over the sound system.



PHOTOGRAPH BY ALAN DECKER

Dreadlocked co-owner Abel Woldemichael and his enthusiastic American staff welcome you warmly and are happy to explain anything you need to know. The menu provides plenty of help as well, with descriptions of the major spice blends and ingredients. Abel's wife and mother are in charge of the kitchen. (They buy spices from tiny Axum Market in City Heights, supplemented by care packages from homeland relatives.) The owners quaintly and inclusively call their cuisine “Abyssinian,” the name of the one-time regional empire; the family is from Eritrea, but the terminology signals that the food will embrace Ethiopian flavors, too. (Truth to tell, I could never distinguish much culinary difference between these oft-warring next-door neighbors.)

The Lynnester, Scottish Sue, and Saint Steve, all total Africa virgins, joined me. And before my

usual carping and quibbling begins, note that my friends were thrilled with the meal. If I was less impressed, it's because I'm stuck with a pre-existing and exalted standard from Netsanet (which is why I mentioned her). The very strategy that makes Muzita such an attractive introductory course in this cuisine — adapting the food to the San Diego palate — left me occasionally disappointed, and sometimes even crestfallen. But as Rummy nearly said, you eat at the restaurants you've got, not at the restaurants you want.

A careful look at the menu reveals a “green,” slow-food ethos, with earth-friendly ingredients such as local-grown produce, free-range eggs, and Brandt's semi-grass-fed, humanely raised beef. If the prices are higher than at the restaurant's City Heights cousins, they're justified not only by higher rent and spiffier decor but by costlier in-

DINING REVIEW

NAOMI WISE

Muzita Bistro

★★★ (Very Good)

4651 Park Boulevard (south of Adams Avenue), University Heights, 619-546-7900

HOURS: Tuesday–Thursday 5:00–10:00 p.m., Friday–Saturday until 11:00 p.m.; Sunday until 9:00 p.m.

PRICES: Starters, \$8–\$12; entrées, \$9–\$21 (most about \$16).

CUISINE AND BEVERAGES: Ethiopian/Eritrean dishes adapted to American tastes, plus some Afro-Cal fusion inventions. Apt, affordable international wine list, including crisp-sweet Ethiopian honey-wine, plus three Abyssinian, Tasmanian, and Tahitian beers, Shoju cocktails. Corkage \$10.

PICK HITS: Teff-crust *bamya* (fried okra fingers); *sambusas*, *shiro* (ground chick peas); *tsebhi doro* (chicken stewed in spice-paste); *beggie kilwa* (stir-fried lamb leg and vegetables); *mess* (honey wine).

NEED TO KNOW: Several stairs up to dining room. Meals served family style, eaten with fingers, using pancakes instead of utensils. Pancake-bread made from a high-protein, low-gluten, low-glycemic whole grain, fine for low-carb and diabetic diets. Plenty for vegetarians and vegans. Romantic for daters. Small space, reserve for weekends and prime time and for large groups. Easy street parking.

Ratings reflect the reviewer's reaction to food, ambience, and service, with price taken into consideration. Menu listings and prices are subject to change.

Go to SanDiegoReader.com to find hundreds of past reviews.

gredients — and also by a larger staff both in the dining room and the kitchen. This is not a bare-bones mom 'n' pop, but mom 'n' pop gone thoroughly pros.

One of the line-cooks is reportedly from the American South, and we began with a dish that fused Southern and African cooking (not a stretch):



The best hotcakes you have ever tasted or they're free!

We are so confident that you will agree that our hotcakes are the best you'll ever taste that we are willing to put your taste buds to the test. Our pancakes are made from the finest flour and sweetest buttermilk on the planet. And the same goes for our **Old-Fashioned Malted Waffles**. Try them once. You'll be hooked for life. We also offer these delicious waffles with our special fried chicken.

Breakfast

Lunch

Dinner

Late Night

**“The Only 24/7 Restaurant in Downtown San Diego.” Breakfast served 24 hours.
828 Sixth Avenue, between E & F Streets • Gaslamp • 619-702-8410**

Teff-encrusted *bamya*—deep-fried okra coated in Ethiopian whole-grain flour. Teff is a high-protein, low-glycemic, low-gluten grain native to the Horn of Africa, the most nutritionally vital foodstuff in the region, and one of the healthiest grains on the planet. As finer-ground flour it goes into *injera* pancakes, the staple starch. Whole (or perhaps coarse-ground), with the color of mahogany and the texture of cornmeal, teff makes a terrific coating for fried foods, like these perfect firm-tender, slime-free okra fingers, gorgeously garnished with spiced roasted tomatoes and caramelized cippolini onions with a golden-pepper emulsion. As Lynne said: “Oh, yum!” (Teff also coats a fried calamari appetizer that I mean to try next time.)

With no fork, how do you cope with the enticing garnishes? Here’s where *injera* steps in — the Horn of Africa’s famous “edible washcloth” (as food scholar Charles Perry calls it). *Injera* is a flat, porous pancake made of fermented teff, tasting wheaty with a pleasant

sour undertone from the fermentation that makes for a bubbly dough. It’s both your utensil and your plate-lining (a large round served under the entrées, soaking up their juices — and to gobble up when you’re finished. It’s delicious, try to save room). At Muzita, rectangular lengths of the pancake are rolled up like linen table napkins and served alongside the dishes. Unroll, tear off sections, and use to pick up other morsels. In this part of Africa, it’s all finger-food, and a heck of a lot more sensual than biting down on metal. Netsanet told us that in Ethiopia, lovers enjoy hand-feeding each other bites of *injera*-wrapped goodies. Keep that in mind: Muzita would be a great date destination, whether the goal is romance, sensuality, or both.

Sambusas are North Africa’s adaptation of Indian samosas — crisp little stuffed pastries. (Indian merchants, trading all over the world, leave a trail of samosas like Hansel and Gretel’s bread crumbs.) The fillings can be anything at all, savory or sweet. Here, the three

choices are drawn from other regular menu items: *alitcha* (mixed vegetables), *hamli* (collards and spinach, a more typical filling), and *dorho tsebhi* (braised chicken). They are all very good. A small plate of *awaze* (hot spice-paste) dipping sauce accompanied the pastries. “I’m not into really hot,” said Lynne, “but I wouldn’t count this as hot at all.” The rest of us agreed. You may want to ask for an extra dish of *awaze* (pronounced “ah-WAH-zeh”) to see you through the meal, since absolutely nothing, as cooked here, is fully up to the typical spice level of this cuisine.

The *kitfo*, especially, broke my heart, with its extreme caution on all fronts. The *kitfo* I ate all over the Bay Area (and here in City Heights) was an incendiary version of beef tartare — raw, tender, hand-chopped beef mixed with a fiery *mitmita* spice blend and served at room temperature, coated with warmed, spiced clarified butter (*nit’r kibbe* in Netsanet’s Amharic, or *tesma* in the dialect of Muzita’s owners) and scattered with homemade cottage cheese



CELEBRATING 25 YEARS OF ROCKIN' GOOD TIMES

ROCKIN' BAJA COASTAL CANTINA

BIG BAJA BUCKET

25TH ANNIVERSARY EDITION

FOR 2 \$29.95*

LUNCH OR DINNER

Slipper lobster tails, shrimp, grilled chicken and carne asada. Served with our famous tortillas, honey chile butter, beans and rice.
*Two drink purchase required. Anniversary edition not available with any other offers or specials. Dine in only. Valid through 04/01/2009.

HAPPY HOUR
BAR ONLY
MONDAY - FRIDAY 3PM - 6PM
DAILY 9PM - CLOSE

LOCATIONS

GASLAMP QUARTER 5TH AVE. & K ST. 619-234-6333	NEWPORT BEACH 2104 W. OCEANFRONT 949-723-0606
OLD TOWN 3890 TWIGGS ST. 619-260-0305	OCEANSIDE 258 HARBOR DR. SOUTH 760-967-6199

PLEASE PRESENT COUPON TO REDEEM THIS SPECIAL

WWW.ROCKINBAJA.COM

**All you can eat
Prime Rib and Shrimp!**

Monday - Thursday
4pm - 10pm
through March 31

\$20.99
per person

Club Barona discounts
always apply.

BARONA
RESORT & CASINO

What will your Barona moment be?

Management reserves all rights. "What will your Barona moment be?" is a registered trademark of the Barona Band of Mission Indians.

Calendar RESTAURANTS

(*ajibo*). It's a sublime dish for heat-lovers and meat-lovers. In America, diners are typically given a choice between raw and cooked. Here, although I specifically requested that our *kitfo* be served raw, it arrived fully cooked, the butter sizzling and the *mitmita* and cheese on the side — and the *mitmita* itself proved a mighty mild version. I'd suggest to the owners that they make this baby-food version for novices but serve the uncooked, fiery authentic mixture with the spices already mixed in to anybody who comfortably orders, "Raw, please — just warm the *tesma* a little."

Abyssinians rank with East Indians among the great vegetarian cooks of the world. Ethiopia was the second nation (after Armenia) to adopt Christianity, and Orthodox (Coptic)

Christians, about half the population of both Ethiopia and Eritrea, observe some 200 meatless fast days a year. Entrées at Muzita, whether meat or veg, come with a salad and a choice of three veggie sides — but my favorite veggie wasn't a side possibility, only an entrée. I made a deal to get a half portion of *shiro*, puréed chickpeas, for half price. It arrived as a separate course, worth the effort and the money: rich, dark, complex, a bit sour, so satisfying it might justify sacrificing a meat entrée.

The best-known Abyssinian dish is *doro wat* (in this dialect, *tsebi dorho*) — chicken slowly stewed in dark red berberé spice paste. Muzita's version is unconventional, lacking the thick mahogany sauce that normally robes the chicken — but the poultry, slow-cooked to absorb the spices, is tender and imbued with flavor. (Could they have used a slow-cooker? Must try that at home!) I may actually

prefer this version to the classic, which is so technically challenging that, if the cook is even slightly distracted, it can emerge with dried-out chicken and/or burned, sludgy sauce. The tradition is to serve the chicken with a hard-cooked egg (the menu inaccurately promises soft-boiled), to show hospitality to guests, and the Woldemichael family is nothing if not hospitable. I just wish the egg hadn't been ice-cold. Normally, it gets reheated in the traditional sauce, but here, as noted, there was no sauce at all. (Another suggestion: raw eggs don't spoil in the nest while waiting to hatch, and unpeeled hard-cooked eggs can be kept at room temperature for quite a while — hours, days, maybe longer... Every bar in redneck country and every Chinese deli offering "100-year-old eggs" does it.)

Beggie kilwa (*ye-beg t'ibs* in Amharic) offers sautéed New

Zealand leg of lamb, not rare (as stated on the menu) but not overcooked either, in a tasty stir-fry of spices, *tesmi*, garlic, and serrano chilies. It's a hit. If you prefer beef, you'll find the same mixture made with Brandt beef as *siga kilwa*.

Zigini beggie has the lamb leg slices braised in berberé spices with stewed tomato and onion — it resembles classic *doro wat* served with the sauce. It's virtually the same dish as the *tsebi doro*, with meat instead of chicken, plus the missing sauce. Only problem: the meat is overcooked.

You don't see a lot of seafood on Abyssinian menus, despite the proximity of the Red Sea (to Eritrea) and the Blue Nile trickling down from Egypt. For one thing, shellfish are forbidden to both Coptic Christians and Islamics (roughly the other half the population). Nonetheless, Muzita offers a couple of seafood entrées, including a shellfish. We passed on the *tesmi*-seared ono with spaghetti squash and spicy tomato sauce, however tasty it sounded, because this delicate Hawaiian fish seems to lose a lot in transit from the islands, no matter who cooks it. Instead, we went for prawn *kilwa*, marinated in honey-wine and tossed with herbs and white wine *awaze* (pepper-paste) sauce. Some prawns proved perfect. Some were overcooked. The sauce was bright and tart, if (again) not very spicy.

Each entrée comes with a fresh green salad and your choice of a veggie from a limited list. The salad is awesome — yes, awesome. OMG, where are they getting sweet, ripe tomatoes in February? The vinaigrette is

aces, too. A salad like this in midwinter set the women at our table to sighing, "Take me, I'm yours!"

Hamli (greens) is a happy marriage of collards and spinach. "I love the way that the almost-harsh texture and strong flavor of the collards is balanced by the softness and near-sweetness of the spinach," said Scottish Sue. *Alitcha atak-iti* is a slickety stir-fried mixture based on soft cabbage, potatoes, and red and orange veggies — peppers, squash tomatoes. *Timtimo* is a rather austere purée of red Egyptian lentils that looks like sweet squash (raising false hopes) but tastes like dried legumes. It reminded me of Nepali *dal bhat*, the inescapable plain rice 'n' lentil mixture of the Himalayas. Good nourishment for vegans, but I wish the more compelling *shiro* (chick peas) were an option.

For our first round of drinks, the most interesting was Steve's Harar stout, dark-colored and mellow, with a faint, sweet hint of honey. I'm not a beer lover, but I'd happily drink this through the meal if I couldn't have wine. The citrusy, refreshing dryness of a Kim Crawford New Zealand sauvignon blanc went surprisingly well with the starters — perfect in the peculiar way that an icy Raj-era British gin and tonic can complement spicy East Indian appetizers.

Although the wine list includes a reisling and a gewürtztraminer (the fallbacks for spicy foods), for the entrées I gravitated to a bottle of *mess* (or *t'ej*, for all you Amharic speakers out there), a wonderful honey wine, this one bottled in Orange County for

Ethiopian restaurants. Unlike many of its ilk, it was not too heavy or sweet, but crisp and delicious, a perfect bright white for spicy food. Many diners try it only as a dessert wine, but it does well all through the meal. Speaking of desserts — the restaurant usually offers several, including crème brûlée, tiramisu, and some chocolate thing. But we just couldn't handle any more food.

Bottom line: If Ethiopian/Eritrean food is new to you, Muzita will be the perfect introduction to awaken your palate to the brilliant cuisine of this ancient civilization. Once you're hooked — and you will be, unless you just can't stand eating with your hands (you poor wuss, don't even try to date me) — then if you want to explore further, you might consider heading out to the "dives" of City Heights and trying the food at Asmara or Red Sea, where if you ask for "hot," you will be authentically scorched. Or not. Muzita is milder but delightful on its own.

Bargain bites: Costa Brava on Garnet Avenue in Pacific Beach, undoubtedly the best Spanish restaurant in the county (with the handsomest, most hospitable owner, pony-tailed Javier), offers happy hour tapas (858-273-1218, call for hours) for \$5 and under — a remarkable buy, considering the quality. And for raw oyster lovers, the Fishery on Cass Street, a few blocks west, is offering shucked-to-order ultra-fresh raw oysters at \$1.25 each, every Tuesday until the end of March, 4:00–10:00 p.m. — with wine specials, too. Gimme a coupla dozen and a Kim Crawford sauvignon! ■



★★★★½ — San Diego Reader

\$30 Prix Fixe Gourmet Dinner includes a Glass of Wine

Appetizer: Baby green salad with gorgonzola, red onion, walnuts and rice wine dressing • Choice of soup • Sautéed New Zealand mussels

Entrée: Pesto grilled halibut with risotto and asparagus • Grilled New York steak au poivre with frites • Herb-roasted chicken filled with prosciutto, squash, fontina over polenta and broccoli rabe

Dessert: Classic crème brûlée • Banana tarte Tatin with dulce de leche ice cream • Caramelized strawberries and figs over vanilla ice cream

Tuesday thru Saturday nights only. Cannot be split or in conjunction with 1/2 Bottle Wine Night. Does not include tax or gratuity.



1454 Camino del Mar
Del Mar • 858-794-6838
(at 15th St., across L'Auberge)



Free lunch or dinner

Purchase one entrée and two beverages and receive one entrée of equal or lesser value free! Great entrées starting at \$6.95 to \$11.95. Not valid with any other offer. Expires 4/9/09.



Dinner for two \$17.95

Includes appetizer, salad and main course. Not valid with any other offer. Expires 4/9/09.

112 West Washington St. • 619-298-7738 • medi-cafe.com
Mission Hills/Hillcrest (Across from Weinerschnitzel)

Mediterranean CAFE

Stay slim! Eat more Shabu Shabu!

Have fun and cook your meat and vegetables in a Japanese Hot Pot!

LOW-FAT, HIGH-PROTEIN AND HEALTHY!

**3-ITEM COMBO
\$2 OFF**
with this ad.



- 1 Cook the vegetables in the hot pot
- 2 Swish-swish the meat in the pot
- 3 Dip meat & veggies in two sauces

SHABU SHABU House

4646 Convoy Street
(near Balboa), San Diego
858.268.8648

Open Mon.-Thurs. 11:30-2:30, 5-10
Fri. & Sat. 11:30-10

Meat Treat

“Three years ago, I was just surviving in Kenya. It was full of bandits over there.”

‘Camel meat,” sighs Mukhtar. “That’s what I miss most. It’s the meat treat in Somalia. Here, I think it’s not even legal.”

He grabs a piece of banana. Of course, if there’s one thing apart from camel meat that says “Somalia,” it’s banana. It goes with everything. “That’s because we have a sweet tooth,” Mukhtar says.

Down the hall, the faithful are gathering for one of the day’s five prayers. I feel a little guilty. Here I am at their restaurant, feeding my face.

This is at the Safari Market, maybe 35 stalls, little shops in an ex-supermarket. It’s an East African bazaar loaded with Somali and other African clothing stores, barber and beauty shops, music stores pumping with African music, stores that sell perfumed oils and, hey, best of all, food.

I’d spotted the Safari Market on my way to the County Health and Human Services offices, almost next door. Had a cuppa Somali tea there once. Hmm...time for a Somali snack? Bet they have goat. I head in, surrounded by Somalis heading to the mosque end of the place.

“Any goat left today?” I ask the cheery guy behind the counter, Ahmed. You get lunch for \$7, which covers everything. Rice, spaghetti, goat meat, beef, fried chicken, roast chicken, salad — as much as they can fit into your polystyrene box.

“Just enough goat left,” says Ahmed. He

starts shoveling out the last remaining ribs and bits of leg bone, with dark roasted meat on them, from a chafing dish. He adds a big deep-fried chicken drumstick. Then slabs of roasted chicken. Then — heavens — beef, rice, spaghetti, salad, a quartered lime, and some green hot sauce, and on top of everything, a banana. That’s the Somali way.

“Something to drink?” he asks.

“Is that included?”

“Of course. Everything is included in the *toddoba* dollars.”

That’s “seven” in Somali.

I almost ask for the tea I had last time. It was delicious, creamy and sweet, with cardamom, ginger, and cinnamon. Cost \$1. But today I go for a large cup of mango juice and head off toward the television at the end of African Spice’s row of Formica-topped tables. It’s showing news — Al Jazeera — right now. Some kids follow me. Ismail, who’s nine, tries to teach me how to say “tea” — *ami shah* — and “What is your name?” *Mugya al*? I think that is.

That’s when Mukhtar turns up and plunks his box of lunch on the table. He looks about 25. We both start in. Me, to the goat. First taste makes me think of venison crossed with lamb. I mix it up a bit with the beef and the chicken. Then I twist some of the fine spaghetti onto my fork. Ahmed’s red-speckled green hot sauce perks up the *baasto*, as Somalis call spaghetti.

“That’s an urban thing, in Somalia, hot sauce,” Mukhtar says. “Country people have never known it.”

Mukhtar, turns out, is a rising star in the community, a student at SDSU. “I’ve never had a chance like this before,” he says. “Three years ago, I was just surviving in Kenya. It was full of bandits over there. The police were corrupt. They targeted Somalis. It was the worst place I’ve ever been. Now, here I am. You don’t know how good it feels.”

We’re sitting at the first table in African Spice’s row. One or two elderly men in robes sit in the green-and-maroon couches, watching, sipping chai.

I ask Mukhtar what he misses about home.

“First, my wife and two kids. They are in Somalia, waiting for me to succeed.”

The second thing is camel meat. The attraction is as much about texture as flavor. “Good camel meat is so tender,” Mukhtar says dreamily. They say it tastes like lamb, only stronger. Or even horse meat. And meat from the hump of a young camel is the bomb.

“Somali food is all about meat,” Mukhtar says. “We often have liver for breakfast, meat for lunch, though maybe only beans in the evening.”

Meanwhile, my goat is just fine. They say it’s all in the aging. But I don’t taste any gaminess. It’s like...buffalo? Sounds crazy, but it tastes nuttier than, say, beef. Whatever, I can’t



Abdifatah, making sambusas

eat any more. With the rice, spaghetti, the other meats, and the salad, I’m beat before I get halfway. This baby is two meals.

I close the box and head back out to mainstream America, though not before buying a few of the triangular chicken-stuffed *sambusas* (75 cents each) for Carla and a square of *xalwo*, the delicious red, cinnamonish Somali jelly dessert (\$1).

Note to self: Call USDA. Tell them to legalize camel. ■

The Place: African Spice restaurant, in the Safari Market, 4348 54th Street (at El Cajon Boulevard), 619-342-5945

Type of Food: Somali

Prices: Breakfast anjera (spongy fermented Somali bread), \$1; lunch/dinner plates, all \$7, includes choice of (or combo of) roasted goat, deep-fried chicken, roasted chicken, beef, rice, spaghetti, salad, bananas, and drink; also available (depending on supply), lamb, tilapia (\$7); sambusa (deep-fried spring-roll-type triangular pastry pockets with spices, vegetables, beef, or chicken), 75 cents each; Somali cardamom and cinnamon-flavored ginger tea, \$1

Hours: 8:00 a.m.–8:30 p.m., seven days

Buses: 1, 1A, 15, 955

Nearest Bus Stop: El Cajon Boulevard and 54th Street



Family Night – Kids Eat Free

Monday-Thursday children ages 8 and under eat free. One free child’s meal with each adult entrée. Must present ad before ordering.

Children’s menu (ages 1-8)

Happy Faced Pizza with pepperoni or cheese pizza

Spaghetti or Ravioli with bread

Meat or vegetarian sauce

Turkey and cheese sandwich

Giovanni’s Restaurant

764 S. Coast Hwy, 101 Encinitas (between F & G)

760-943-8615

Pizza Shuttle & Subs Too!

Carry-out special only

Large cheese pizza \$6⁷³

Plus tax.

Not valid with any other offers or specials.

Expires 4/4/09.

One topping on each pizza

Two large pizzas \$15³²

Plus tax.



959 Tamarack Avenue, Carlsbad (Next to Vons, just east of I-5)

760-434-5100 • www.pizzashuttle.biz



SELF-SERVE

Free yogurt!

For good grades and regular school attendance! Visit or contact store for details.

+ 20% off

Purchases of \$4 or more. Expires 4/2/09.

12 flavors • 24 toppings

Green tea • No sugar added • Non-dairy

Yogurt Mania

8734 Lake Murray Blvd. • La Mesa • 619-697-7323

50% off sushi

Dine-in only. 5-item minimum order per party. Selected items only.

Sushi • Tempura • Teriyaki • Noodles





Mikko

Japanese Cuisine

Low cholesterol, low fat, no MSG

1025 Carlsbad Village Drive

760-730-0088

“WE’VE GOT HUEVOS!”®

THE ORIGINAL

\$2⁰⁰FF

OUTDOOR PATIO DINING

PRIVATE ROOM AVAILABLE

\$2.00 off with minimum \$8.00 entrée and one drink. Limit 4 per coupon. One coupon per table. No separate checks. Not valid on weekends, holidays, with private groups, other offers, coupons or specials. Expires 4/2/09.

1851 GARNET Ave. • *PACIFIC BEACH • (858) 270-YOLK

884 EASTLAKE Parkway • VILLAGE WALK • (619) 216-1144

7670 EL CAMINO REAL • LA COSTA • (760) 943-8182

COMING SOON – GASLAMP

Open Daily 6:00 am-3:00 pm • www.thebrokenyolkcafe.com

Back by popular demand...

OYSTER NIGHT at THE FISHERY

OYSTERS “shucked to order”

\$1.25 each

Champagne, Wine & Beer Specials

Each Tuesday in March 4-10 pm Reservations Recommended

3040 Cass Street North Pacific Beach 858-272-9985

RESTAURANT LISTINGS

The Reader's Guide to Restaurants are recommended listings written by our reviewers (Ed Bedford, Barbara David, Ambrose Martin, Shari McCullough, Max Nash, Eleanor Widmer, Naomi Wise). Each issue contains only a fraction of almost 900 reviews. A complete searchable list is available online at SanDiegoReader.com. Price estimates are based on the latest information available for a midrange entrée. Inexpensive: below \$10; moderate: \$10 to \$19; expensive: \$20 to \$29; very expensive: more than \$30. Please call restaurants in advance for reservations.

BEACHES

Barbarella 2171 Avenida de la Playa, La Jolla, 858-454-7373. This popular restaurant sits nestled in an English garden just blocks from the beach. You can dine amidst the flora at street-side tables, in the enclosed patio, or in the small dining room. Once you're seated, the friendly staff provides fresh-out-of-the-oven sourdough wheat bread to nibble on. The menu changes daily, offering fresh fish, steak, chicken, pastas, soups, and pizzas, all cooked with a twist of imagination that delivers on the flavor. For instance: pizza topped with smoked salmon, crème fraîche, chives, and fried capers. Or delicate Alaskan halibut served over creamed spring onions with a watercress salad. If a fresh-fruit crêpe happens to be on the dessert menu, leap on it! Open for lunch and dinner daily. — S.M.

Café Athena 1846 Garnet Avenue, Pacific Beach, 858-274-1140. With a more upscale, eye-catching decor and

a longer and more serious menu than most Greek cafés, this is a popular destination, so be sure to reserve for dinner or you'll risk a long wait. The choices include good soups and appetizers (except for a sub-par *taramasalata*), outstanding moussaka, above-average gyros, and interesting, unusual desserts. There's plenty for vegetarians. Rather noisy when crowded. Open daily, lunch and dinner. Inexpensive to low moderate. Sister location in UTC. — N.W.

Costa Brava 1653 Garnet Avenue, Pacific Beach, 858-273-1218. Cordial owner-host Javier Gonzalez opened this charming restaurant so that local Spaniards would have a place to gather with an authentic atmosphere of home, and indeed, the "Euro" atmosphere and late hours give a truly Iberian feel. The lively garlic-rich dishes here include a wide array of tasty tapas and, among the entrées, a paella that's made to order (sized to serve two or four; call ahead for larger groups). Patio seating in good weather. Parking lot and wheelchair access via the alley behind the restaurant. Open daily 11 a.m. to midnight, with bargain prices at Sunday brunch. Reservations advised for week-end evenings. Moderate. — N.W.

The Fishery 5040 Cass Street, Pacific Beach, 858-272-9985. Pacific Shellfish Seafood Company founder Judd Brown got his start as a commercial fisherman. He doesn't fish anymore, but he does everything else — supplying product to top-tier restaurants, retailing glistening specimens to hungry shoppers and serving patrons who want to dine in amid the icy-blue walls and gorgeous trophy fish. The Fishery's menu is equally extensive, covering So-Cal basics (excellent mahimahi burrito), lunchtime standards (sandwiches, fine malt-dredged fish-and-chips), sushi, and an ambitious lineup of dinnertime entrées, some of them whimsically creative (tortilla-encrusted Mexican black bass). If ambition occasionally outstrips execution, an ob-

session with freshness helps compensate, and you get the sense that things are getting better all the time. The wine list is relatively inexpensive and carefully selected. Casual atmosphere. Open daily, lunch and dinner. Moderate to expensive. — A.M.

Humphrey's by the Bay 2241 Shelter Island Drive, Point Loma, 619-224-3577. Most diners at this resort/concert venue/restaurant eat at the prix-fixe preshow dinners because they guarantee good seats for the concerts at the next-door amphitheater. But better food emerges once the music-mavens leave the premises. The kitchen features fine seafood, juicy meats, and Prime steaks with seasonal veggie garnishes. Preparations are pleasing but in no way startling — it's a hotel restaurant, after all. Reserve for show nights or to snare a window table with a gorgeous marina view. Free parking when there's no concert, valet parking when there is. Dining room pleasantly quiet. Open daily breakfast through dinner; brunch buffet Sunday. Preshow prix fixe upper moderate, à la carte expensive/very expensive. — N.W.

Kaiserhof 2253 Sunset Cliffs Boulevard, Ocean Beach, 619-224-0606. Even on weeknights, crowds fill this restaurant and *biergarten*, chowing down on hefty, hearty German cooking in a festive atmosphere. Flavors are authentic, but can be monotonous due to the kitchen's reliance on commercial products (especially a heavy-flavored beef base that makes all the sauces taste alike). Good schnitzels, potato pancakes. The excellent apple strudel is the only dessert made in-house. Reservations advised, especially for patio seating. Full bar. Lunch Friday through Sunday, dinner Tuesday through Sunday. Moderate. — N.W.

La Jolla Brew House 7536 Fay Avenue, La Jolla, 858-456-6279. Don't expect to see the beach. Do expect to taste some good beers made right here and good solid food, such as the prime rib

sandwich (which goes great with their Russian Stout) or the roasted potato. Or maybe best of all, the buffalo burger — big, hefty, and low on cholesterol. You'd call this a family, multigenerational, sports bar eatery. Nice mix. It's La Jolla, so it's not dirt cheap, but the guys here seem really interested in making interesting brews and good food to accompany them. Open for dinner seven days; lunch Tuesday through Sunday. Inexpensive to moderate. — E.B.

The Marine Room 2000 Spindrift Drive, La Jolla, 858-459-7222. High cuisine, high adventure, high seas — at only moderately high prices. With chef Bernard Guillas as top toque, the Marine Room has become the quintessential great San Diego restaurant. The exhilarating coastal view meets Cal-French-Pacific Rim cuisine that's as exuberantly out-front as the waves whacking the windows. Guillas's oceanic culinary inventiveness with ultra-fresh, exotic ingredients makes every visit a voyage of discovery, and preparations are so elaborate that each listing on his precise menu reads like a whole tasting dinner. Midweek specials, \$40. No corkage fee any night. Wheelchair ramp to the left of front door. Reservations requested; slightly dressy but not stuffy. Noisy when crowded. Easiest route: Make a right from west-bound Torrey Pines onto Roseland or Viking and go left on St. Louis, which runs into Spindrift. Dinner Sunday through Thursday 5:30 p.m. to 9:30 p.m., Friday and Saturday 5:30 p.m. to 10 p.m. — N.W.

Nine-Ten 910 Prospect Street, La Jolla, 858-964-5400. Chef Jason Knibb's level of craftsmanship shows a culinary sophistication that would be at home in San Francisco or New York. You'll find adventurous, seasonal cuisine emphasizing fresh local produce (much of it organic or sustainably raised), naturally raised meats, and wild seafood. It's not just the food that's fresh — the ideas

are, too, and the flavor matches are flawless. The wine list is superb, and new personnel in the front of the house have brought up the standard of service. Validated valet parking, full bar. Reservations urged. Open daily, three meals. Expensive. — N.W.

Sante Ristorante 7811 Herschel Avenue, La Jolla, 858-454-1315. The name is Italian for "saint," and the Northern Italian/regional cooking shines here, especially the fish and seafood dishes. Fresh seafood specials are available every night, in addition to those on the menu. Excellent pasta with mushrooms, ravioli with quail, and lamb chops. Separate room for bar; separate private dining room. Lunch Monday through Saturday, dinner nightly. Enclosed patio for lunch. Not to be missed. Moderate (pastas) to expensive. — E.W.

BAJA

From the United States use the prefix 011-52 when calling Mexico.

Chiki Jai Avenida Revolución #1388, Tijuana, 664-685-4955. Eat here and you're surrounded by ghosts: Errol Flynn, John Huston, Rita Hayworth, Anthony Quinn, Ava Gardner, and, they say, Ernest Hemingway, who all ate — and drank *vino tinto* — here. Plus the great stars of boxing and bullfighting. But mainly it was a haven for Spanish jai alai players desperate for Old Country food. This is one of Tijuana's great historic eateries, its tale written on the walls. Old border photos, Don Quixote art, fighting bull ranchos' brands, and a matador's framed green cape with his blood still on it. The food's all Spanish, so paella is big (with soup, salad, French bread, and bleu cheese), but also try the baby eel appetizers, chorizo (pork sausages), *bacalao* (cod fish) à la Vizcaina, trout with olive oil and garlic, and Gallican octopus.

Vegetarian upon request. Open daily. Inexpensive to moderate. — E.B.

La Escondida Santa Monica #1, Tijuana, 664-681-4458. This hidden (*escondida*) mansion has been a restaurant for three decades. The terrazzo and garden overlooking the Tijuana River Valley make breakfast and dinners a treat. House specialties are more interesting than the regular fare. Try the seafood casserole (*cacerola de mariscos*); the *tambor* (a dish of layered beef, cheese, and pork); or the roasted baby Monterrey goat (*cabrito tamemado*). Desserts include the house *especial*, mango and ice cream with *rompope* (Mexican eggnog), and *crepas de cajeta con nieve*, crêpes with walnuts, green pistachio ice cream, and "burnt milk" caramel sauce — the nearest thing to liquid fudge this side of paradise. Vegetarian on request. On weekends the place rocks with parties and live music. The big downside: It's hard to find. Take Agua Caliente Boulevard one half mile past the racetrack, turn right at Las Palmas, then left at the Rey del Pollo sign. The La Escondida entrance sign is in red neon at the road's end. Open daily for breakfast, lunch, dinner. Moderate. — E.B.

Los Pelicanos Calle del Cedro 115 #45, Rosarito, 661-612-0445. This hotel dining room is El Nido's little (and less-gifted) sister, with a shorter menu and perhaps less-careful cooking. It serves good steaks and surf-and-turf in a handsome room and, at lunch, on a pretty ocean-view terrace. To find it, look for large sign on west side of Juarez, north of the tourist hub, directing you to the site. One winding flight up to the restaurant, no elevator. Bilingual staff and menu. Vegetarian upon request. Full bar. Open daily, three meals. Moderate; cash only. — N.W.

Tacos Varios y Aguas Frescas Corner of Constitución and Third, Tijuana. This is "just" a cart, but don't let that stop your making the effort. Students, local businesspeople, and work-



Lunch Special
Monday to Thursday only
Ramen Noodle 20% off

Dinner Special
Monday to Thursday only
20% off w/student ID

Happy Hour:
50% off house Sake and draft beer
M-Thurs. 5:30-7:30

 **TAJIMA**
Japanese Restaurant

4681 Convoy St., Ste. 1, S.D.
858-576-7244 • tajimasandiego.com

All-U-Can-Eat Korean BBQ



Happy Hour special: \$16.85

Includes: 12 different entrées – Beef, Chicken, Seafood & Vegetarian • Korean Pancake • Side Dishes • Ice Cream & Traditional Juice

Happy Hour: 11 am-5:30 pm & 9 pm-12:30 am Monday-Friday

Drink Special:
Buy 2, Get 1 Free!

4690 Convoy Street #104
San Diego • 858-292-4670
Open every day 11 am-12:30 am

Jeong won Korean BBQ

Lunch special & to-go orders too!

COUPON

HAPPY HOUR 4-7 PM MON.-FRI.

Su Casa

Fresh Guacamole prepared at tableside!

VOTED THE BEST MEXICAN FOOD SINCE 1967 Award-Winning Cuisine Mexican and Seafood Specialties VOTED THE BEST MARGARITA

25% OFF ENTIRE CHECK

OPEN 11:30 AM DAILY (excludes alcohol)
No take-out. Not valid with Happy Hour or any other discount. Valid for 2 to 4 people. One check, one coupon per table. Every day. Offer expires 4/1/09.

6738 LA JOLLA BLVD. • (858) 454-0369 • PARKING

\$10 off Moroccan Cuisine

Please call for reservations. Order one feast and receive \$10 off the second feast. One coupon per couple, maximum three coupons per party. Dine-in only. No sharing. Not valid with any other offer or on holidays. Expires 4-2-09. With this ad.

Daily Lunch Specials 11:30 am-3 pm In the outdoor patio!
A la carte items always available.

MARRAKESH

La Jolla 634 Pearl Street 858-454-2500
Costa Mesa 949-645-8384 • **Studio City** 818-788-6354



Lips

Wednesday - Bitchy Bingo
with evil and mean Kiki and Fifi

Fridays and Saturdays - Glamour Nights
Divas and feathers galore

Sunday - Gospel Brunch
with Sister Nun of the Above
\$17.95 Unlimited Champagne,
Mimosas, & Bloody Mary's

www.lipshow.biz

Call now for Reservations:
619-295-7900

In North Park 3056 El Cajon Blvd



ers agree: this is the real thing. It's always causing a people-bulge on the sidewalk. However, the cart is only here from 6 p.m. to 6 a.m., so you have to time it right. But from tongue to chicken mole, to *milanesa*, steak ranchero, *carne asada*, *chile relleno*, and *pescado* (fish), they create really big taco meals right there. Bonus: standing around chomping in the street is a great way to meet people and practice your Spanish. Nighttime only. Inexpensive. — E.B.

CENTRAL

Alex's Brown Bag 2550 Fifth Avenue, Suite 171, Banker's Hill, (619) 231-2912. The reborn Alex's (now in the Mr. A's building) is rightly famous for its Original Philadelphia cheese steak sandwich (with fried bell peppers, onions, mushrooms, and mozzarella). The owners say what makes their sandwiches so special is that they have the meat trucked in from cheese steak central, South Philly itself. Other Italian-American goodies include the Italian Stallion (Genoa salami, capocollo prosciutto, and mortadella sausage meat), eggplant parmigiana with hot garlic bread, grilled pastrami, and cheese on rye. Open for breakfast, lunch, and just-after-work dinner weekdays. — *E.B.*

Bali Thai Café 407 Camino del Rio South, Mission Valley, 619-297-0800. Expect the unexpected! This tiny, unique restaurant splits its menu between three nations with chefs from Indonesia and Thailand and a chef-owner



**Hop on in
on Easter
Sunday for
our special
menu and price**

**Voted one of San Diego's
Best Japanese/Sushi
Restaurants
for the past 10 years!**
—Union-Tribune Readers' Poll

10% off*
the world's largest
Japanese seafood buffet

**Best Japanese/Sushi
Restaurants
for the past 10 years!**
—Union-Tribune Readers' Poll

Seniors (over 65) **20% off** (Dinner only)

Children (5 feet and under) **50% off** or more from adult price

45 kinds of sushi | 20 selections of salad | sashimi | fresh salmon
18 different hot food entrées including beef, chicken and pork
shrimp tempura | green lip mussels | Japanese noodle soup
fresh seasonal fruit | 20 delicious French-style desserts
and much, much more!

Evening menu selections also include: Maine lobster, jumbo shrimp, crab legs and oysters

Lunch
Mon.-Fri. 11:30 am-2:30 pm
Sat. 11:30 am-2:30 pm
Sun. 11:30 am-3 pm

Dinner
Mon.-Fri. 5:30-9 pm
Sat. 5-9 pm
Sun. 5:30-9 pm

**Party platters and catering
now available.**

*Valid only Mon. through Thurs.
with ad. Not valid on holidays or
with any other offers.
Expires 4/2/09.



2828 Camino del Rio So.
(off Fwy 8 @ Texas St. S.,
left on Camino del Rio S.,
under the 805 overpass)
619-299-8996

todaisandiego.com

Appetizers: Gyoza, Egg Roll, Soft Shell Crab, Miso Soup, Shrimp Tempura, Chicken Teriyaki, Green Salad, Rice

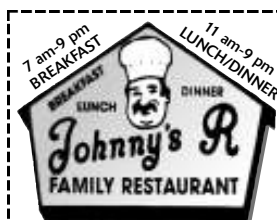
Nigiri Sushi: Albacore, Amaebi Avocado, Clam, Crab, Eel, Egg, Inari, Hamachi, Ikura, Saba, Smelt Egg, Octopus, Salmon, Scallop, Shrimp, Smoked Salmon, Squid, Tuna, Uni, Red Snapper

Cut Rolls: California, Caterpillar, Cucumber, Philly, Rainbow, Crab, Soft Shell Crab, Spicy Tuna, Tempura Shrimp, Vegetable, Yummy, Firecracker, Seafood Dynamite, Shrimp

Hand Rolls: Eel, Salmon Skin, Scallop, Crab, Spicy Tuna, Shrimp, Tempura Shrimp, California

8657 Villa La Jolla Dr. Suite 125
La Jolla • (858) 550-0861
(near AMC 12 Theatres)

GINZA
SUSHI



Beer & Wine Available

\$2⁰⁰
OFF

Breakfast, Lunch or Dinner

Valid on menu entrées of \$6 or more. Excludes specials.
Not valid on holidays.
Dine-in only.
Expires 3/31/09.

619-291-8239 • North Park
2611 El Cajon Boulevard
www.johnnysr.com

YOUR LATE NIGHT DINER

**WEST COAST
MEETS
EAST COAST
FLAVOR!**

**LOBSTER ROLL...NEW ENGLAND STYLE!
AND DON'T FORGET FRESH WHOLE-BELLY
IPSWICH CLAMS STRAIGHT FROM BOSTON.**

**Studio
DINER**

OPEN 24 HOURS - 7 DAYS A WEEK
4701 RUFFIN ROAD - KEARNY MESA
858.715.6400 • WWW.STUDIODINER.COM

Calendar

RESTAURANTS

from Suriname, a former Dutch colony (like Indonesia) in South America. The Thai menu is standard, although the *tom kha koong* (shrimp in coconut milk soup) is outstandingly authentic (don't eat the stuff at the bottom of the bowl!), while the richly tropical Indonesian dishes are so rare locally that culinary adventurers will want to explore such delights as "seafood delight roll," corn fritters, the soothing *soto ayam* (the Indonesian version of chicken-noodle comfort soup), Balinese fish filet, and the spicy *sambal goreng* (shrimp in chili sauce), among others. Short but smart wine list, beer, sake. Easy evening parking. Heated, roofed patio. Large portions. Reserve for weeknights, no reservations accepted for weekends. Tuesday through Sunday, lunch and dinner. Low moderate. — *N.W.*

Bandar Fine Persian Cuisine 825 and 837 Fourth Avenue, Downtown, 619-238-0101. In a comfortable setting, the Persian menu offers just a "pick hits list" of popular dishes culled from this fabled cuisine, but the cooking is first rate, featuring fine ingredients prepared with care, skill, and healthfulness. The Bandar Special entrée combo lets you choose any two kebabs (chicken, game hen, or beef), beautifully marinated and cooked to your order. Entrées featuring rice with poultry are elaborate and refined, spiked with tangy barberries, sour cherries, or lentils and dates. The list of Persian desserts now includes Persian ice cream, a rose-scented exotic treat. Open daily for lunch and dinner. Moderate. — *N.W.*

Beach City Market 3 Horton Plaza, Downtown, 619-232-2491. Is this the nearest thing to an actual café downtown? Where you can sit outside and slurp coffee or have a full meal and

watch the world pass by? It tries hard to be, even though it's fast deli food. Your sandwich comes in butcher paper. Soup pots are cardboard. You can buy wine, but you can't drink it here. Why? Other Horton Plaza tenants won't allow it. Still, soup-and-sandwich deals give good, generous portions, like mine-strone and the Londonport roast beef sandwich flavored with port, white herbs, and spices; or the Deluxe, roast beef with horseradish. Open 7 a.m. to 10 p.m. daily. Inexpensive. — *E.B.*

Boomerangs Gourmet Burger Joint 4577 Clairemont Drive, Clairemont, 858-483-9500. Aussie food? Nope. The Boomerang idea is that "you'll always come back for more." Although maybe they are thinking Aussie with their extensive create-your-own-burger options, which include fixings like horseradish, artichoke hearts, carrots, cranberries, cheeses, and mushrooms. Their bright idea: chop and tuck these items into your raw burger meat, like a joey into mama roo's pocket. Add imaginative sauces (Thai peanut, chipotle pepper, citrus, others). Result: great-tasting burgers. They're a bit pricey, maybe because they use only "100-percent Angus hormone-free beef." But that means they can safely cook your burger rare. Rare! That's enough to boomerang anyone back. Open daily 11 a.m. to 10 p.m. Inexpensive. — *E.B.*

Broadway Pizza 1008 Broadway, Downtown, 619-232-6264. This restaurant, near the downtown senior center and City College, offers no-nonsense Italian-American food. And they're not skimpy: from a pizza slice to barbecue beef sandwiches to a Louisiana-style sausage-link sub, portions are generous. If you want a hearty dinner, try the whole slab of beef ribs, with veggies, garlic bread, and salad. Unfortunately, the quality has dropped; the formerly fine pizza, for instance, is now marred by oily, low-grade mozzarella and not-so-great optional deli-meat toppings.

But the main thing is, while the rest of downtown snores, they're still open, from 10 a.m. to 3 a.m., seven days. And they'll even deliver to nearby neighborhoods. Inexpensive. — *N.W.*

Café de L'Opera 1354 Fifth Avenue, Downtown, 619-234-0425. Catherine de' Medici brought her macaroon recipe to Paris in 1533. Thierry Cahez brought the same recipe to downtown San Diego in 2007. Customers have been swooning ever since. Well, this customer anyway. Cahez, a well-known pastry chef, has made a specialty of the delicate, golf-ball-sized, almond-based cookies. But the pâtisserie he opened also features breakfast pastries like chocolate-filled croissants and lunch items like little square French pizzas, *croque monsieurs* (toasted cheese sandwiches with ham), *croque madames* (*croque monsieur* plus an egg), and sandwiches. His pastries are exquisite, and the place has a genuine French feel to it. Open 8 a.m. to 4 p.m. (9 a.m. to 3 p.m. Saturday); closed Sunday. Inexpensive. — *E.B.*

Le Cake Château 1152 Seventh Avenue, Downtown, 619-325-0977. This feels like a real French pâtisserie. For starters, the display cabinet has beautiful golden flaky croissants, plus pastries too arty to eat. They do breakfast, but at lunchtime the place is abuzz. You gotta try their version of the *croque monsieur* (grilled ham-and-cheese sandwich covered with a Mornay sauce), or crêpes with, say, blueberries and sweet cream cheese. The grilled chicken Caesar wrap is good, but it's their originality with simple items that'll turn you on. Like the onion roll loaded with marinated mushrooms, roasted peppers, caramelized onions, goat cheese, and caper mayonnaise. Or a dessert carrot cake with "pineapple raisins." Don't ask. You have to try it. Open daily except Sunday for breakfast and lunch. Inexpensive. — *E.B.*

Commonwealth Café 3408 30th Street, North Park, 619-295-2233. We're

talking retro here, newly built but old looking. And it works. You and the Fonz could sit together comfortably and groove to the same music and pretty much the same food. Burgers are traditional here (double, western, double western, chili size) and their fries, like the old days, are handcut and come separately, curly or straight. The Blue Potato (baked potatoes with bleu cheese) or chili-cheese potatoes are almost a meal in themselves. They also have hot dogs with all the fixings and corn on the cob. The Virginian ("Commonwealth") owner's idea: to become the neighborhood hangout. Seems to be working. If you like sweets, try the homemade pie or fudge brownies. Noon to midnight, seven days; opens 8 a.m. weekends. Inexpensive. — *E.B.*

The Field Irish Pub and Restaurant 544 Fifth Avenue, Downtown, 619-232-9840. This spirited, colorful saloon, physically transported whole-hog from the Ould Sod, offers delicious Irish music live most nights, and also attempts serious Irish cooking — with some successes. Try the lovely herb-rich Irish stew, or the boxty, potato crêpes rolled around your choice from a variety of fillings (salmon, beef, etc.). Or start the day here with a huge, carnivorous Irish breakfast. Open daily. Low moderate. — *N.W.*

Fleming's Prime Steakhouse & Wine Bar — La Jolla 8970 University Center Lane, University City, 858-535-0078. A steakhouse for ladies who power lunch, an "old girls" club, or just a happy place where the term "a nice piece of meat" isn't a bad thing? The mahogany of the "old boys" steakhouse genre gives way here to cheery cherry wood. When you get the fried cheese, it's Brie, rolled in panko bread crumbs and slivered almonds. And the wine list boasts far more than just burly Cabernets and Bordeaux — over 100 of the far-flung offerings are available by the glass, and you can assemble your own three-glass tasting flights. Prime steaks

are the main event, perfectly cooked and well-seasoned. Try the key lime pie for dessert — custardy and full of limey bite. Valet parking. Dinner nightly. Very expensive. — *A.M.*

Greystone 658 Fifth Avenue, Downtown, 619-232-0225. The Italian steakhouse fare here centers on dry-aged Prime beef, game meats (including exceptionally tender bison), lobster, and pastas as the main draws, with indifferent starters and desserts. An impressive wine list offers rewarding California and Italian bottlings at \$35 to \$50 but roars up to the stratosphere of first-growth Bordeaux, super Tuscans, and scandalously overpriced Napa reds. Bossy, sometimes-abrasive waiters push higher-priced choices. Patrons are mainly "suits" with deep expense-account pockets, loudly talking business or enjoying raucous office parties in a testosterone-high atmosphere. Wheelchair access to the street patio and bar area only (dining rooms are up- or downstairs). Reservations urged but may not be honored promptly. Dinner nightly. Extremely expensive. — *N.W.*

Gulf Coast Grill 4130 Park Boulevard, University Heights, 619-295-2244. The Gulf's faux-rustic, woodsy dining rooms and patio are great hangouts if you like a restaurant with a noisy party atmosphere. The menu focuses on the cuisine of the South and Southwest, with an emphasis on Louisiana and a heavy hand on the salt shaker. The kitchen does best with the straight Southern dishes, turning out divine fried soft-shelled crabs, airy hush puppies, and delicious little corn muffins. If you're deeply familiar with Cajun-Creole flavors, though, don't look for pure authenticity — you'll do better with jambalaya, étouffée, or the lunchtime oyster po' boy than with the soulless gumbo or the misconceived red beans and rice. Heated, smoker-friendly front patio. Wheelchair elevator to restrooms next to stairs. Free parking lot left of the door. Full bar. Lunch Mon-

day through Saturday, brunch Sunday, dinner nightly (early closing Sunday). Moderate to slightly expensive. — *N.W.*

Harney Sushi — Old Town 3964 Harney Street, Old Town, 619-295-3272. This friendly little spot on a side street serves as a secret haven of pretty-good sushi just a few steps from Old Town's nonstop tacos and margaritas. You can also get sashimi, Japanese appetizers, and a few mixed-ethnicity entrées (noodles, pasta, teriyaki, tempura) made with seafood or chicken breast. Beef is served, but numerous dishes are vegetarian. Good sake list. Sound system runs loud inside; patio dining available in warm weather. Reservations for sushi bar accepted but not necessarily honored. Open weekdays for lunch, dinner nightly until midnight, with a DJ Tuesday through Saturday. Sushi prices lower than most, entrées inexpensive to moderate. — *N.W.*

Jack's Barbecue 1290 University Avenue, Hillcrest, 619-574-1644. They say this place is lifted straight out of Kansas City. It's sort of unexpected up here in spiffy Uptown Hillcrest. But even though these guys don't have the traditional split-drum smoker out front, they do produce the real stuff. Jack's Sampler (four-bone baby-back ribs, one half chicken, one portion of BBQ beef, fries, and slaw) is a good intro. Or pork-rib tips or just a Cajun sausage sandwich (with french fries or sweet-potato fries or onion rings) or one of Jack's chili cheeseburgers with bacon. They also serve Boca veggie burgers. Lots of families on the weekends. Inexpensive. — *E.B.*

Japanese Tea Pavilion 2215 Pan American Way, Balboa Park, 619-231-0048. One way or another they have been serving Japanese food here since 1915. Yes, it's usually crowded, and most go for the clichéd item, teriyaki rice bowl with beef skewers. But the teriyaki bowl with salmon, the sweetish *udon* soba noodle soup with tofu *kit-sune*, and even the California sandwich

GRAND OPENING SPECIAL!

20% off

Japanese food & sushi

Sat., March 21, 11 am-9:30 pm. Entire check.

Large selection of beer and sake available!

CHIBA II

10645 Tierrasanta Boulevard
(In Albertsons Center) • 858-279-1845



Now Serving Crab Legs with Dinner Every Night, Monday-Sunday!



- Oysters • Garlic Crab • Garlic Fried Shrimp
- BBQ Beef Ribs • Baked Salmon

All-you-can-eat

Japanese • Chinese • Seafood • Italian

\$3⁹⁹ Lunch (includes drink)

\$5⁹⁹ Dinner (includes drink)

Buy 1 Lunch Buffet at \$7.99, 2nd Buffet is \$3.99
Buy 1 Dinner Buffet at \$11.99, 2nd Buffet is \$5.99
Expires 3/31/09. One coupon per couple.
Clairemont location only.
Friday Night/Saturday/Sunday Dinner Price.
Crab legs served all day Saturday and Sunday.

Over 150 dishes alternated daily!

VIP Oriental Buffet

5541 Clairemont Mesa Blvd. • 858-571-8473
(In Madison Square plaza just west of the 805)

Open Sun.-Thurs. 11 am-9 pm
Fri. & Sat. 11 am-9:30 pm

5 items @ \$9 @ 5pm

5 dishes @ \$9 each starting @ 5pm
Mondays, Tuesdays & Saturdays



Chef Owned & Operated
where taste truly matters

Khan's Cave

9350 Clairemont Mesa Blvd. San Diego | For Reservations, call (858)279-9799

Choose from:

- Pan-Fried Ginger Red Snapper
- 8oz. Sirloin Steak with Fries
- Macau Chicken Curry
- Orange-Glazed Pork Loin Chop
- Wine-Braised Short Rib

Half-priced bottle wine Tue. & Sat.
Casual Bistro | Beer & Wine Tavern
Closed Sundays except private parties

www.khanscave.com

THE FILET CHALLENGE

Custom Aged, USDA Choice Grade Omaha Beef is Saska's secret to their "Great" Steakhouse flavor. Saska's asks you to come in and enjoy their Bacon wrapped Filet Mignon Dinner for 2!

Only \$39.95 PER COUPLE

Order Saska's Filet Challenge

and receive Two 7 oz Filet dinners, served with sauteed mushrooms only \$39.95!

SKYBAR HAPPY HOUR
Daily 3PM-6PM

Saska's
(858) 488-7311

3768 Mission Boulevard • Mission Beach

ENTREES INCLUDE:

- Saska Garlic Cheese Toast
- Soup or Salad
- Choice of Sides

Hurry!
Offer expires March 31, 2009

Must Present Coupon before ordering.
Not valid with any other offers or promotions. 15% gratuity will be added to the total before discount. One coupon per couple. No to-go orders.

piled high with "krab" meat are good and feel Japanese, especially out on the restaurant deck over a canyon. With Japanese flute music playing, the trees, and the noodles, you really feel in a Japanese space. Try kona-cha green tea for the nearest taste to tea ceremony tea. Open 10:30 a.m. to 4 p.m. daily. Inexpensive. — *E.B.*

Joe's New York-Style Deli 3401 First Avenue, Banker's Hill, 619-295-7666. You enter a time machine: a cavernous concrete-floored deli that dates back to 1902, with a high ceiling, acorn-shaped hanging lights, and a big old-fashioned cooler-counter packed with cheeses, hams, and sausage meat. Old display cases carry olives, pâté, Ryvitas. A sawed-off wooden barrel bulges with Hungarian wines. Go for wraps, jumbo hot dogs with sauerkraut, or East Coast-generous sandwiches like corned beef, dry Genoa salami, cotto salami, bologna, or liverwurst. That Boar's Head liverwurst is da bomb. Caesar salad with chicken or a cup of tortellini soup are good light alternatives. Open breakfast through early dinner daily. —*E.B.*

Lefty's Chicago Pizzeria 3448 30th Street, North Park, 619-295-1720. An eight-pound pizza? That's what Lefty claims his "king of all pizzas" weighs at his often-crowded little corner pizzeria. Truth is, you can't help but be drawn, especially at night, to the little ribbon of lights framing the sidewalk canopy with its tables and benches. Lefty is determined to bring "the real Chicago" to San Diego. So of course we're talking deep-dish pizzas, as well as some thin and crispy. But the ultimate is his "stuffed" pizza, a 14-inch, eight-pound monster that needs one hour's "make and bake" time. They also do Chicago hot dogs, char burgers, beautiful spicy fries, juicy Italian beef au jus sandwiches, and a decent Lefty's *Carbonara* (spaghetti, eggs, bacon, Parmesan, and cream). Open lunch and dinner six days, closed Mondays. — E.B.

Mister Tiki Mai Tai Lounge 801 Fifth Avenue, Downtown, 619-233-1183. If you loved Trader Vic's (or can remember it, anyway), you may be amused at the revival of the genre here. Check out the "grass skirt" decor with huge tiki gods and the vaguely "islander" cuisine featuring, in addition, Asian fusion items, elementary sushi, and the occasional sprint into fusion-cuisine seafood. But, as you might guess, the greatest creativity in the house goes into the silly umbrella cocktails, and those are mainly delish. Age 21 and over after 9 p.m. (even with parents). Dinner nightly. Cocktails until

11 p.m., weekends until 1 a.m. Moderate. — *N.W.*

Old World Deli & Café 3930 30th Street, North Park, 619-238-0568. This is a delight for anyone who loves northern European food. Their Great Grilled Gruben—homemade corned beef on rye with Swiss cheese, sauerkraut, Thousand Island dressing, and mustard is, as they say, *gemütlich*. Also, try the sausage platter: grilled bratwurst, kielbasa, sauerkraut, potato salad, spicy mustard, and rye bread. Open for breakfast and lunch six days, closed Sunday. Inexpensive. —E.B.

Osetra Watergrill 904 Fifth Avenue, Downtown, 619-239-1800. Osetra Fishhouse first opened as the showiest, glitziest, and probably most expensive restaurant in San Diego, with Las Vegas looks and a chef from there as well. Now it's renovated and sobered up with quieter decor, slightly lower high prices, and a slight name change to tell the world that it also cooks meat. The original frenzies-of-fusion chef has been replaced by a Sicilian chef from the same owners' Panevino a few blocks to the south. Appetizers still lean toward Asian, but most entrées now are more-or-less Italian. There's a new tapas lounge on the first floor — where it's possible to graze without risking bankruptcy — and a grand selection of wines available not only by the glass but by the 375 ml. carafe. The restaurant no longer serves the precious, endangered Caspian caviar it's named for, having switched to an equivalent California-farmed sturgeon product (at the same steep tab). Still, the appeal remains primarily to expense-account patrons who enjoy throwing money around in an atmosphere offering two floors of loud ambient music and a "wine angel" in black tights hoisting herself around a gleaming glass tower to fetch down precious bottles. Celebrities and big spenders get attentive service; others take their chances and may meet a chill. Disabled access to first floor only. Full bar. Dinner nightly to at least 10 p.m. Business-casual dress. Very expensive. — N.W.

The Palm 615 J Street, Downtown, 619-702-6500. This upmarket chain steakhouse, open since 1926, claims to be the oldest family-operated white-tablecloth restaurant in the country, and it's spread all over the country as well. The Gaslamp branch, its 30th, is just like all the other branches, even down to decor details, which is the whole point — business travelers with contacts to impress can rely on it wherever they go. The fare features tender, dry-aged and wet-aged USDA Prime beef from the chain's own wholesale butcher and, for the really high-rollers,

monster-sized Nova Scotia lobsters. Other good dishes are shrimp Bruno (with a Dijon sauce), baked crab cakes with no filler, and the Slater Special, which combines the last two in an appetizer. Don't eat meat, but do eat garlic? Try clams and shrimp *posillippo* and scare off the vampires. All dishes à la carte. Portions are generally gigantic on up. Key lime pie (a normal-sized wedge) makes a good, tart dessert, and clean *macchinettas* make outstanding espresso. Excellent wine list, plenty by the glass; full bar. Valet parking. Dinner nightly. Very expensive. — N.W.

Panda Inn 506 Horton Plaza, Downtown, 619-233-7800. Behind all the Panda Express fast-food stops is the smaller, more serious Panda Inn chain which originated many of the now-familiar dishes of semi-Americanized Mandarin cuisine (they claim to have invented orange chicken, and their version is vastly better than those at the 99-cent joints). Tofu with eggplant and Mongolian Hotpot, a meatball casserole with Chinese cabbage, are among the more authentic choices. Preparations here are generally clean and greaseless with well-balanced flavors; spicy dishes are moderately hot unless you request otherwise. It's not the spot for high adventure, but it does offer dishes for all tastes. Moderate-priced banquet menus make this a good choice for family gatherings. Full bar. Validated parking in Horton Plaza garage; heated patio seating in dry weather. Lunch and dinner daily. Lunches inexpensive, dinner moderate. — N.W.

The Philadelphia Sandwich Company 3904 Convoy Street, Kearny Mesa, 858-571-0888. This classic luncheonette is a monument to Philly culture, including sports pennants, historic photos, and colorful mummerns' costumes. The menu is equally devoted to the city's cuisine, especially its two great cult sandwiches: the hoagie and the cheese steak. The mixed-meat hoagie is way more than a hero — its flavor array is similar to (and just as intense as) a New Orleans muffuletta. As for the cheese steak, it starts with steak strips, onions, and your choice of cheese, and expands from there. Philly natives may like the simple version with Cheez Whiz, but the luscious "Everything" with provolone is more likely to seduce the innocent. "Philly fries" (with garlic) are the right go-with. The menu also offers Pennsylvania-packaged foods ("Philadelphia Scrapple" to go, Tastykakes, Wise potato chips) to nostalgic émigrés. Lunch to early dinner nightly. Inexpensive. — N.W.

The Prado 1549 El Prado, Balboa Park, 619-557-9441. In a magical space at the heart of Balboa Park, Prado features cute neo-Nouveau decor and something-for-everyone menu of American-Mexican-Italian-with-Asian-touches cuisine. The food brings few surprises, but is flavorful and served in huge portions. Top choices include meaty crab cakes and an astonishingly tender, slow-roasted pork loin. A meringue-based banana *tres leches* cake is everyone's favorite dessert. The bar makes a nice stop during a museum crawl and offers ethereal fried oysters and a range of gussied-up margaritas. Keep an eye out for special price-fixe dinners that include tickets to museum exhibitions. Dinner reservations vital. Vast interior can be noisy, but heated, umbrella-topped terrace tables are quiet and scenic. Moderate to a little expensive, with reasonable wine list. — N.W.

Red Sea Restaurant 4717 University Avenue, City Heights, 619-285-9722. You'll find richly seasoned (and potentially very spicy) Ethiopian cuisine, served communally on a tray lined with a porous pancake, *injera*, which looks like an edible dish towel and serves as both an edible spoon and an edible tablecloth. (Use pieces of it to scoop up morsels in your right hand.) The meat combination platter here isn't nearly as exciting as several of the specialties. The *kitfo* (spicy beef tartare) is very good, the *gored-gored* (meat cubes in spicy butter) is excellent; both are cooked (or not cooked) to your order and seasoned to your specifications (if you say "hot," expect fire). Vegetables are fine, too; the yellow split peas, especially, sing with flavor. Restrooms not wheelchair accessible. Vegetarian friendly. Can be noisy on weekend evenings. Open daily. Very inexpensive. — N.W.

Saffron Noodles and Saté 3737
India Street, Mission Hills, 619-574-
7737. It's the smell of the spicy chicken
grilling that will get you every time.
Whatever the recipe is — and Su-Mei
Yu, the owner and celebrated cookbook
author, says it's from the Isaan, Thai-
land's ethnic Lao Northeast — it
catches your nose. We're talking “box-

50% off entrée

Buy one entrée, get second
of equal or lesser value
50% off. Expires 4/1/09.

Happy Hour

ALL DAY MONDAY
Tuesday-Friday 2-6 pm
\$3 drafts/margaritas

Crab Races

Tuesday 6:30 pm
Shot specials/prizes!
\$7 burger & a beer

Pitcher Nights

Wednesday/Sunday
4 pm-close
\$10 pitchers
(beer/margaritas)

Thirsty Thursday

\$3 "U Call It"
\$2 Tacos (6 pm-close)

\$1 PBR Drafts

Sunday 4 pm-close



4993 Niagara Ave.
(Niagara Ave. & Bacon St.)
Ocean Beach • 92107
619-222-1722 • Free WiFi
www.blueparrotbarandgrill.com

Public Auction: Food Service Equipment

11 am Saturday, March 21



Refrigerators/freezers • Fryers • Mixers • Small wares
Sandwich tables • Ranges, ovens • Seating tables and chairs
New auction address: 3039 Hoover Avenue, National City 91950

For more info call F.S.E., Inc.: 619-696-1699 or visit: www.FSESD.com

We want your equipment!
We'll purchase or take it on consignment for our next auction.

Tapas Bar - Restaurant

Sensational Spanish Cuisine!

NEWS 8

Costa Brava

Cocina Española

Flamenco Show... Sunday 7pm

Flamenco singer Angelita Agujetas & Guitarist Juan "El Moro"

Paella Brunch Sat & Sun 11am-4pm / Banquet Facility / Catering

Food, wine, music & culture direct from Spain... Open Daily 11:00am

1653 Garnet Avenue, Pacific Beach. • (858) 273.1218 • www.costabravasd.com

Calendar

RESTAURANTS

ing-arena grilled chicken,” after the place where she smelled its spicy cooking aromas while growing up in Bangkok. You have a choice of five sauces to go with the chicken, from peanut to sweet pepper. Also try the noodle soups, like Tom Yam with shrimp: sinus-clearing, delicious, and surprisingly filling. The food here is real, fresh, genuine Thai cuisine with Chinese echoes — like Su-Mei Yu herself. Middle-class San Diego seems to have adopted her eatery, despite the fact you’re in a pretty stark gray-and-white room with views of I-5. Open for lunch and dinner daily. Inexpensive. — *E.B.*

Seau's 1640 Camino del Rio North, Mission Valley, 619-291-7328. Footballer Junior Seau's extravagant multi-venue sports pub is major-league fun — a real-life reincarnation of some 1960s' McLuhanite media art show, with 70 video screens (ranging from large-normal to giant HDTV) running sportscasts and a professional DJ on high, periodically spinning cool sounds over muted talking heads. The menu offers mainstream, something-for-everyone choices including pizza, hefty but so-so burgers, some elementary sushi, all-American entrées, and Seau's family recipe of Samoan teriyaki “plate lunch.” Above all, there's pub grub. The chicken wings are pretty good, and you can get all three sauces (Buffalo, BBQ, and Asian) on one order. Perfect hang-out for mismatched couples with one sports fan and one fashionista (the latter can head for Nordstrom and Saks discount outlets nearby). On game days, patrons are allowed just one game in the dining room (\$15 minimum), but you can linger from wake-up to closing on the patio or in the bar. Open daily. Inexpensive to moderate. — *N.W.*

Taka 555 Fifth Avenue, Downtown, 619-338-0555. The seafood at this always-packed sushi bar and Japanese appetizer restaurant is top quality. *Ama ebi* (sweet shrimp) from the live tank go

down soft and silky smooth, unlike their frozen brethren. And the chefs are highly skilled: the well-seasoned rice is freshly made all evening, and for once the spicy scallop hand roll has scallops, mayo, cuke, and hot pepper running all the way through, not just plopped on top. Savory appetizers supplement the sushi, including miso-baked black cod and mushroom-topped *agedashi* (lightly fried) tofu. The one problem: the later you arrive, the louder it gets. Make reservations, and if you value your ears, go at an early hour. Dinner nightly. Most dishes inexpensive, but many little bites can eat a hole in your wallet. — *N.W.*

Tamale Cart 1852 National Avenue, Logan Heights, 619-338-9140. If you've ever wondered what it would be like to eat as the Aztecs ate, come here and try some of the tamales — classic Aztec food — in all their flavors. Tamales are sort of steamed cornmeal dumplings wrapped in corn husks, served with sauce. The choice of goodies stuffed in the middle can include strips of pork, beef, chicken, or cheese, as well as pineapple, strawberries, or coconut. While you're at it, try the traditional accompaniment, the *champurrado* drink: milk mixed with masa — ground corn meal — chocolate, and cinnamon. In this mainly Spanish-speaking market you can sit, watch, and pick up a few bargains too. Tamales make a great breakfast. Three should do you. These are made by the Restaurant Chiapaneco up at 25th and Market. Open breakfast through late lunch, seven days. Inexpensive. — *E.B.*

Tom's Chinese BBQ 4414 University Avenue, Suite A, City Heights, 619-563-8225. You want Chinese? Real Chinese? This is the spot, if you can handle it. The roast ribs, roast pork, and BBQ spare ribs are excellent. So is pork fried rice and the dim sum. But you should also try pig's rectum and the duck's feet, stomach lining, ears, and wiggly small intestines. A family from Hong Kong and Canton runs it. And yes, you can eat there, if you can fit at the one small table by the counter. Open daily. Inexpensive. — *E.B.*

What the Chef Eats

T A B O U L E H

SAHAR NASHASHIBI

Chef, Fairouz

(Told by daughter Haya)
My mom has always had a feel for cooking, even when she was young. Her mom — my grand-mother — was a great cook too, and my mom used to watch her. Growing up in Jerusalem, my mother's family had gatherings and feasts every Friday at her father's house. Imagine, Thanksgiving. And that was every single Friday. They cooked everything from appetizers to desserts. Back home, appetizers — like hummus and tabouleh — are big things. By the time the main

course comes, you're stuffed.
When my mother married my father, she was only 18 and she had to cook. She's been cooking ever since, for family dinners and religious celebrations. My parents are Muslim and they celebrate Eid, which is the celebration after Ramadan. Ramadan is where Muslims fast for a month. The main point is to show us how it feels when people don't have food...so we don't eat from sunrise to sunset. You can't eat or drink anything. You can't even brush your

teeth. Homeless people and poor people can't get food many days, so Ramadan teaches us compassion and patience and love for other people. Eid is a three-day celebration after Ramadan, and it's a huge feast. We get a lamb and stuff it with rice and meat. The lamb is also given to those less fortunate.
When we're at home, my mom cooks much like she does at the restaurant. But at home she uses more lamb and meat. For example, when she makes okra, she puts beef in it. She



doesn't do that at the restaurant because we have so many vegetarian customers. My favorite dish of my mother's is a yogurt dish with rice and cauliflower, and it's served hot. And her grape leaves are amazing. They are really small and have lamb and rice inside. On top of the rice, she puts tomatoes and potatoes so the leaves don't burn.

Woodstock's Pizza 6145 El Cajon Boulevard, College Area, 619-265-0999. It's a college pizza joint, but the fare rates well above standard beer ballast. For that matter, the beers — Karl Strauss and Wyder's Ciders (along with the usual Coors Light and Bud) —

aren't exactly chug-suds. Crusts — white or sweetly robust whole wheat — are pressed, tossed, and then folded over at the edge, producing a spongy, crunch-crusted rim. The mozzarella is rich, gooey whole-milk; the marinara sauce is dark and spicy; and the top-

pings are fresh, hearty standouts. Watching your weight? Two low-fat combos (half the cheese) are available. Inexpensive. — *A.M.*

Zócalo Grill 2444 San Diego Avenue, Old Town, 619-298-9840. This casual, festive spin-off of the Brigantine chain features Pacific coastal cuisine, an eclectic international hodgepodge with a faint Mexican accent and “something for everyone.” And some of those somethings are delicious — a stacked salad of shrimp and avocados, or coconut-shrimp kebabs emerging from a pineapple, or a huge, beautifully grilled lobster with avocado salsa. Appetizers are discounted at happy hour, and you can make a whole dinner out of substantial tapas sized for sharing. The heated, semi-roofed outdoor terrace encourages alfresco dining year round. Full bar with creative margaritas, eight draft beers, and California wines, including Brigantine's own custom blends at good prices. Wheelchair lift in back, ramp at south side of terrace. Reservations strongly advised for weekends. Open daily, lunch Monday through Saturday, dinner daily. Moderate. — *N.W.*

NORTH INLAND

Athens Market Café 11640 Carmel Mountain Road, Suite 124, Carmel Valley, 858-675-2225. At this offshoot of Mary Pappas's downtown Athens Market, sister Vickie's food is just as good. If you want a big start, order the *saganaki*, a cheese appetizer that comes flaming to your table. And you can't lose with *mezedakia*, a big oval sampler of *dolmades* (stuffed grape leaves), *lokaniko* (a delicious Greek sausage), *spanakopita* (spinach in filo pastry), tomatoes, cucumbers, *tzatziki* dip, hummus, feta cheese, and olives. But come for the lamb. It's wonderfully flavorful, skewered in the souvlaki entrée (which comes with beans and rice) or as lamb chops. Moussaka (baked eggplant, zucchini, and ground beef) goes down well too. Or what's wrong with a simple plate of feta cheese, kalamata olives, and a glass of Greek red? Inexpensive to moderate. — *E.B.*

Bamboo Hut 9172 Mira Mesa Boulevard, Mira Mesa, 858-348-0414. You'll find a taste of Hawaii in a strip mall in a neighborhood that's all mall. The bright little “hut” has bamboo chairs, a bamboo ceiling, bare floors, and unclothed tables, with a sushi



Open in Old Town Since 1991

Latin American Restaurant

50% OFF

Buy one entrée, get a 2nd entrée of equal or lesser value at 50% off. One coupon per table. Not valid with other offers. Expires 4/2/09.

Featuring dishes from Spain, Peru, Chile, Argentina, Brazil, Colombia and Venezuela.

3928 Twiggs, in Old Town
619.295.2343 • bertasinooldtown.com
Tues.-Sun. 11 am-10 pm • Free parking

FREE Pasha Meza Platter

Dolma, babagannosh, hummus, eggplant salad, cacik, ezme, Falafels with pita bread (\$16.99 value) with the purchase of 2 entrées, and 2 beverages \$10.99 & up.



Lunch Specials \$5.99

Sandwich, salad and soft drink.

It's HUGE!

Pasha Mediterranean Cafe & Grill

3614 5th Ave. • 619.294.4444 • Next to Hash House
Catering • To go • Tuesday-Sunday 11 am-10:30 pm



Romantic 4-course dinner

\$28⁹⁵

for two per person

Includes a bottle of wine and homemade dessert. With this ad.

Dicono che si mangia bene - Eat well, live well

Lunch: Mon.-Fri. 11:30 am-3:00 pm • Dinner: Mon.-Fri. 4:00-10:00 pm
Sat. 12:00-10:00 pm • Sun. 12:00-9:00 pm

711 Pearl Street, La Jolla
858-454-3806
www.CafeMilanoLaJolla.com

C A F E
MILANO



Who says you can't enjoy Oktoberfest all year long?

\$5 off Beer Boot

Come in and let us pour you 112 oz. of cold beer in our Beer Boot.

Centifonti's Bar & Grill

8365 La Mesa Boulevard
In the heart of downtown La Mesa • 619-461-4434



Happy Hour 5-7 pm All Day Sundays!

Philadelphia Roll \$2.99
Spicy Tuna Roll \$2.99
California Roll \$2.49

Salmon Skin Hand Roll \$1.49
California Hand Roll \$1.99

Nigiri 1 pc. \$.99
Mackerel • Albacore
Snapper • Salmon
Shrimp • Squid

Spicy Baked Mussels 3 pc. \$2.99
Seaweed Salad \$1.99 • Edamame \$.99
Miso Soup \$.99

Large Sake \$2.49 • Draft Beer \$1.99
Add \$.99 for Sake Bomb

Sushi • Cocktails Lounge

1409 C Street
San Diego, CA 92101
Now Open 7 days 5-11 pm

Lunch Mon.-Fri. 11 am-2:30 pm with 10 pieces for \$10

Happy Hour 5-7 pm
619-702-6010
www.hivesushilounge.com



What the Chef Eats

One of my mom’s favorite dishes is tabouleh because it reminds her of back home. She loves simple food that is close to the garden. She says it’s healthy and super fresh. They used to cook it all the time back in Jerusalem — the olive oil is so good there. Tabouleh reminds her of her mother too because my grandmother made it all the time. My

mom says she could have eaten it all day long. I wish I knew how to cook. I just come to the restaurant and eat.

INGREDIENTS
(Serves four as a side dish)
1/4 cup bulgur wheat
3 large bunches of parsley, finely chopped
4 spring onions, finely chopped
4 plum tomatoes, finely

chopped
1 teaspoon salt or more, to taste.
1 lemon, juiced
1/4 cup extra virgin olive oil

HOW TO DO IT
Add a cup of water to a small pot and bring to a boil. Remove from heat and add the bulgur wheat. Let sit for 30 minutes. Chop the parsley, onions, and tomatoes and salt the

tomatoes. Combine the chopped vegetables together in a medium bowl.
Drain the bulgur and add to the tomatoes, onions, and parsley. Add the lemon juice and olive oil and mix well. Add more lemon juice and salt if needed.

To get other recipes from local chefs, go to sreader.com.

counter next to a tiny kitchen with a roaring gas grill. A large lattice awning offers outdoor seating a few steps from the door. The quality of the food is all over the map, though — this is not the place to try your first Spam sushi. The seafood sushi is good, though, including a fine Rainbow Roll with really sweet crab; the more creative rolls run to cream cheese and hot sauce. “Local food” choices include a tasty ahi *poké* and excellent chicken *katsu*; the *kalbi* short ribs are tough, though. Plate lunches include one to three entrées (priced accordingly) with steamed or mildly garlic-flavored rice, macaroni salad, and green salad with bright or-

ange dressing à la Kraft French. Be sure they deliver what you ordered; there may be slipups. Open seven days, lunch and dinner. Very inexpensive. — N.W.
El Parque 2659 Reche Road, Fallbrook, 760-731-2775. Just think Little Red Riding Hood — this is Grandma’s place. Okay, it’s not a little old, thatched cottage — it’s a cream-painted metal shed with a gazebo in front. But it is in the Live Oak woods, and you can sink your teeth into some pretty fair Mexican food here, sitting alongside an interesting bunch of agricultural workers and maybe some ruby miners. Good combination plates include the tostada

and beef taco, and burrito and enchilada. The time to be here is Sunday morning, when those aggies pour in here for the menudo, cooked in a three-foot-high pot. Open daily, breakfast through early dinner. Inexpensive. — E.B.
Joey’s Smokin’ B-B-Q — Carlsbad 6955 El Camino Real, Carlsbad, 760-929-1396. Joey Maggione doesn’t produce Southern “Q” so much as So-Cal “Q” — more an homage to Memphis than anything you’d find in Memphis itself — but the tables include paper towel dispensers instead of napkins, a clear signal to go ahead and get

messy. All the meats are smoked, not grilled, in true “Q” fashion. Pulled pork offers reasonably credible Memphis-style flavor and tender-chewy texture. Baby back ribs come in three versions: sweet ribs glazed with the “suh-weet” sauce, wet ribs glazed with the mild-spicy sauce, and dry-rubbed ribs sprinkled with spice rub. Sweet or wet are the best. Chicken plates come in a variety of sizes and parts. House-made hot links are well seasoned in the Louisiana manner but extremely salty. The list of sides is long and varied. Lunch and dinner daily. Inexpensive to moderate. — N.W.

Wayside Café 507 South Main Avenue, Suite E, Fallbrook, 760-723-9633. Locals love meeting and eating in this long low-porched building — partly because it all just feels small-town America. The place used to be Mahrs’ Service Station. You can even sit in the old lube bay to eat. Count on generous servings, especially the mountain piles of red-skinned homefries as a side at breakfast. Open for breakfast and lunch daily. Inexpensive. — E.B.

NORTH COASTAL

Joe’s Crab Shack — Oceanside 314 Harbor Drive, Oceanside, 760-722-1345. Joe’s is silly with crab-shack ambience (campy nautical paraphernalia on down to souvenir gimme caps), but the food’s not bad. You can choose buckets of steamed, barbecued, or garlic crab (of various subspecies), or go for fried or grilled seafood or steaks, or salads. Grown-ups may prefer the patio to the rockin’, raucous interior. Full bar, not much wine. Inexpensive to low moderate. Also in Pacific Beach, Mission Valley, and downtown. — N.W.

Johnny Mañanas 308 Mission Avenue, Oceanside, 760-721-9999. Local teachers hang out at this green-white-red-tiled place because it’s such good value. Most dishes are Mexican. There’s a Caribbean chocolatey, black bean, paprika, curry-in-the-rice thing going on. Pescado Veracruz (fish marinated in lime juice and garlic with rice, beans, and green salad) is good. The roasted chicken is delicious. The Big Breakfast Burrito Special (eggs, onions, beans, cheese, and rice, wrapped in a large flour tortilla) is *my popular*, but then so is J.M.’s Great All-American Cheeseburger. Open daily. Inexpensive. — E.B.
Osteria del Pescatore 1201 Camino del Mar, Del Mar, 858-509-9293. The restaurant’s name means “Fisherman’s Hostelery,” and you’ll find

expert, courteous service and well-crafted seasonal Italian fare here with a strong emphasis on zesty fresh seafood. Go straight to the single-spaced page-long list of daily specials for the most exciting dishes, including spaghetti *a cartoccio* (baked in parchment) and lobster risotto. But save room for dessert, especially if the day’s offerings include *torta alla nanna*, a rose-scented nut confection. Parking behind restaurant (turn east on 12th Street); heated dining patio available. Interesting international wine list. Reservations advised. Lunch Tuesday through Saturday; dinner nightly. High moderate to expensive. — N.W.
Pacific Coast Grill 437 South Coast Highway 101, Solana Beach, 858-794-4632. The grill features a free-form menu of Pacific Rim cuisine featuring fine ingredients and integrating Mexican, Hawaiian, and Asian flavors into So-Cal comfort cooking. Try the green salad with vibrant cranberry vinaigrette, the Bag of Bones (house-smoked pork ribs), and whatever fruit creation is on the dessert menu. Busy and noisy; reservations urged for weekend dinners and all summer. Open daily for lunch and dinner. Full bar. Moderate to expensive. — N.W.
Tomiko 87 Encinitas Boulevard, Encinitas, 760-633-3587. In a lovely setting overlooking Moonlight Bay you



MARCH MADNESS

Killian’s Irish Red 25 oz. \$3.75, \$2.50 pints, \$5 pitchers with any pizza order

La Bella Cafe & Games

Pool Tables • Video Games • Full Bar
373 Third Street (3rd & G) • Chula Vista
619-426-8830 • www.labellapizza.com
Open 7 days a week • 10:30 am–Midnight

FULL BAR
4PM-1AM DAILY

HAPPY HOUR
7 DAYS- 4PM-7PM

ilume
Bistro

European Small Plate Menu & Fantastic Wines

\$10 OFF
2 entrées +
2 beverages

Valid for dinner service only. Not valid with any other offer. Expires 4/15/09.

Little Italy • 619.550.5600
675 Beech St. (Between Kettner and India)
www.ilumebistro.com



Famous Homestyle Cooking
Serving Breakfast All Day

\$2.00 OFF

Any one menu entrée of \$6 or more. Limit 4 persons per coupon. Not valid on holidays. Dine-in only through 4/2/09.

Mon.-Fri. Specials
Twin Double \$4.79
2 pancakes, 2 eggs,
2 bacon or sausage
The Big 3 \$5.49
3 pancakes, 3 eggs,
3 bacon or sausage

Open 24/7.
2900 El Cajon Blvd.
619-282-8423
www.Rudfords.com



Now Serving All-natural Smoothies!! Full-service Fruit Shack

Outstanding Vietnamese Beef Noodle Soup! – Chefmoz.org

\$1 off
spring rolls or egg rolls*

Cannot be used with 10% off entire check offer.

10% off
entire check*

\$10 minimum purchase.

*Dine-in only. Not valid with any other offers, discounts or specials. Limit one per table. Valid at this location only. Expires 4/9/09.

Special rice noodle soup with beef • Stir-fried shrimp & vegetables
Fried rice with beef, chicken, shrimp or sole fillet
Excellent spring rolls and egg rolls • Deep-fried wonton
Crispy fried egg noodles with shrimp & vegetables
Steamed rice or rice vermicelli with BBQ chicken, pork, shrimp, beef or vegetarian with tofu

770 Sycamore Ave., Ste. E & F
Vista • 760-727-2738
Open 8 am-9 pm
7 days a week

Pho Lucky
Vietnamese Beef Noodle Soup

DINE, DRINK & DANCE LIKE THE GREEK GODS

Live Lobster & Rack of Lamb
Dinner for Two \$39⁹⁵ (Reg. \$59.95)

With the purchase of 2 drinks. Served with soup or salad, potatoes, fresh vegetables and pita bread. Valid every day. With ad. Expires 4/2/09.

LIVE GREEK MUSIC & DANCING THURS.-SAT.

Happy Hour 4-7:30 pm Sun., Tues., Wed. & Thurs.
50% off beer, wine by the glass & wells

Outdoor fireplace, patio dining & separate smoking section available!

GREEK VILLAGE

6030 Paseo Del Norte • Carlsbad • 760-603-9-OPA (672)
Serving dinner until 12 am Fridays & Saturdays • Family Owned and Operated
www.GreekVillageTaverna.com • View our online video at Videonary.com



can enjoy Japanese and Pacific Rim fusion cooking and sushi in a serene but lively dining room. When the sushi bar is free from the weekend rush, the quality can be amazing: stunningly fresh *uni*, world-beating silky *toro*. The sushi-master also keeps an eye on the restaurant's seafood purchases, so they meet exacting standards. Appetizers such as "salmon tower tartare" and "drunken black cod" are rewarding, as are the simple, excellent fusion-tinged seafood entrées. Reserve for weekends, especially for sushi bar. Dinner nightly. Moderate. — N.W.

I Trulli Trattoria 830 South Coast Highway 101, Encinitas, 760-943-6800. An enduring hit in Encinitas (where there's no shortage of Italian restaurants), I Trulli serves modern Italian food with fashionable new ingredients. The menu, subtitled "Nouvelle Italian Cuisine," resembles the somewhat ambitious, generically "northern Italian"

bills of fare that you encounter all over Hillcrest and the Gaslamp. (It is, in fact, a partner restaurant to Hillcrest's Arrivederci.) The signifiers of seriousness are the pink peppercorns, goat cheese, sun-dried tomatoes, and light cream sauces that coexist with the more traditional mozzarella-tomato sauce arrays. Best bets are the daily specials, which offer the greatest chance for fresh ingredients and creativity. Busy, cramped, painfully loud inside. Street patio next to highway is also noisy. Reserve for dinner on weekends or expect an hour's wait. Open daily, lunch and dinner. Moderate. — N.W.

Tuscan Sun Italian Deli 1070 North El Camino Real, Encinitas, 760-633-4546. A town abounding in Italian restaurants ought to have a great Italian deli, and it does. You'll find domestic and imported deli meats and cheeses, fresh-baked breads and focaccia, marinated veggies, and a wealth of gourmet products from Italy. The specialty is the Caprese sandwich on focaccia bread with a variety of fillings, best served grilled and dressed with pesto. The eat-in/take-out menu in-

cludes pizza, pasta, salads, and a host of sandwiches. Open daily. — N.W.

La Bella Pizza Garden 373 Third Avenue, Chula Vista, 619-426-8820. From the outside, La Bella looks like an Italian farmhouse, with geraniums, bright green shutters, and maroon canopies. A real extended family runs this business. Their secrets are: long hours (from breakfast until after midnight daily), big meals, and small prices. The menu includes standards like spaghetti with meatballs or lasagna, including sides of garlic bread, soup, or salad. The hit with kids is "Papa's Favorite," an 8-inch pizza with mushrooms, pepperoni, and sausage. Open daily, three meals. Inexpensive. — *E.B.*

El Dorado Seafood & Grill 3111 Palomar Street, Chula Vista, 619-426-4545. The food of Peru is arguably the zestiest in South America, and Chula Vista's growing Peruvian community expects authenticity. El Dorado is there for them. The *papa relleno* is pure bliss — a little football of creamy mashed potatoes, lightly fried around a filling of ground beef, olives, and raisins. *Seco de cabrito* features young goat in a complex, herbed stew exploding with

cilantro. Peruvian ceviche is lively and garrished with *cancha*, smoked hominy-corn kernels. Alas, here in the far north, the cuisine's fire is tuned way down for the kiddies — but there's always hot sauce. Reflecting the local population, half the menu here is Mexican — not tacos but more serious dinner dishes, especially seafood, carried out with above-average flair. Breakfast and dinner daily, lunch weekdays. Inexpensive to moderate. — N.W.

Island Pasta 1202 Orange Avenue, Coronado, 619-435-4545. This unassuming, spill-out-on-the-street restaurant somehow got it right. Simple tables on the sidewalk, daily made-on-the-premises semolina pasta, most dishes costing in the single digits. A simple fettuccine Alfredo is a pleasure alfresco with a glass of wine (40 wines by the glass available), sparkling against the fresh flowers on the table, watching Coronado's world go by. One good — and vegetarian — special to ask for is the *verdure* pasta, a combo of artichoke hearts, spinach, capers, mushrooms, onions, and olives over spaghetti. Dog-friendly, too! Lunch and dinner daily. Inexpensive. — E.B.

Miguel's Cocina — Eastlake 970 Eastlake Parkway, Chula Vista, 619-656-2822. Although the cooking is blandly pleasant (even the guacamole is under-seasoned), it's surprisingly painstaking. Soups are built on fine stocks, salads

can be vibrant, and seafood is treated so tenderly that the numerous shellfish-stuffed tortilla concoctions (shrimp enchiladas, lobster burritos) are positively luscious. Lunch and dinner daily. Moderate. — *N.W.*

The Tin Fish 910 Seacoast Drive, Imperial Beach, 619-628-8414. At a table by this fish shack at the far end of the pier, you can watch people and pigeons (and people feeding pigeons) as you dig into huge portions of simple seafood, appetized by the sea air. The bill of fare features fish — fried, grilled, chowdered, or wrapped into burritos, tacos, or sandwiches. The big fried combos are about what you'd expect, but more piquant pleasures come in smaller packages. (Portions are generous, whatever you order.) The spicy fish tacos are really spicy, while the fried onion rings are of surpassing delicacy. Best of all, the crab cakes are huge and seriously crabby, with plenty of meat and very little filler. With a call, they'll give you a lift from the parking lot to their restaurant. A second branch at 170 Sixth Avenue, Gaslamp, 619-238-8100, offers patio dining across from the Convention Center, with live music during summer. Both locations open daily for lunch and early dinner. Inexpensive to low moderate. —N.W.

Greek Town Buffet 345 West Main Street, El Cajon, 619-441-9708. Just another Greek buffet? Well, yes. Your choices are standard: gyros meat, spanakopita, moussaka, *dolmades*. And the decor is the usual blue and white with Greek island posters. But it's the customers who give it an exotic feel, speaking languages from Russian to Greek to Somali. And if you're hungry, this all-you-can-eat deal is great. Have gyros meat, but also try the chicken souvlaki (grilled lemon chicken), or start with the excellent *dolmades* (grape leaves wrapped around beef and rice). The leaves' tangy taste and the lemony sauce inside get your juices running. Don't forget salad... or the dessert table (how could you leave without baklava?). Open for lunch and dinner, seven days. Inexpensive. — E.B.

Grossmont Student Center Cafeteria 8800 Grossmont College Drive, Grossmont College, 619-644-7000. This is no UCSD, with its dozen food franchises and Persian and Somali food tents on campus. Grossmont's single cafeteria (open to the public) is big, echoey, and sticks to standard-issue food like crumb-coated chicken katsu, cheeseburgers, burritos, and really, really cheap pizzas. Breakfast? How about a sausage-and-tater-tot burrito? Health fans do have a plentiful salad bar. It's quite an experience, sharing lunch with local and foreign students, looking over the rolling hills to El Cajon — like being at an international finishing school in, well, Switzerland. Inexpensive. — E.B.

Mario's de La Mesa 8425 La Mesa Boulevard, La Mesa, 619-461-9390. The man on the burro (seen on the restaurant's sign and menu) holds two flags, those of Mexico and the U.S.A.—very appropriate. Few dishes (except maybe the menudo) will push the paler palate too far in any direction, but gosh—al, everything is so darn tasty. Tamales are a house special: rich, pillowy clouds of cornmeal surrounding richer shredded pork scattered with raisins for a smidgeon of sweetness. Pork also gets loving treatment in the *carnitas rojas*, big chunks browned to the barest crisp, which falls away to melting tenderness. Great marinade (cumin?) on the carne asada; intense flavor and buttery richness on the “machaca Sonora style” (dry-roasted shredded beef). Beans are so light as to seem whipped; rice is studded with peas and spicy carrots. Service is fast and friendly. Breakfast and lunch Sunday and Monday; three meals Tuesday through Saturday. Inexpensive. —A.M.

The Neighbor's Pub and Grub
12169 Woodside Avenue, Lakeside, 619-561-8890. This tiny place is like one of those small "locals-only" watering holes that you sometimes see on TV sitcoms. The fellowship is real here, with friends showing up about the same time each day and especially on Saturday for karaoke. Half the wall's bricks have been painted with messages, many to GIs overseas. The food is simple, filling, and inexpensive. And if you are lucky, you may get a way-big portion of the daily specials such as the meat loaf, roast beef, fish-and-chips, or pork tenderloin. Also the standard bar foods like chili, hot wings, corn dogs, jalapeño poppers, fried mushrooms, and mozzarella sticks. 9 a.m. to 12 midnight daily; till 2 a.m. Friday and Saturday. Inexpensive. — E.B.

Owl Café 674 Main Street, Imperial Valley, 760-336-0298. This classic American café is over 50 years old and still serves good rib-sticking food in the morning, noon, or night. Try breakfast special #1: pancakes, two eggs, and two bacon strips. For lunch, the French dip sandwich. Full-plate dinners — and they are full — include roast beef and chicken-fried steak. Open Monday through Friday 7 a.m. to 3 p.m., Saturday 8 a.m. to 2 p.m. Closed Sunday. Inexpensive. — E.B.

Best user comments from Reader website

Alchemy, Golden Hill

I was excited to see a new restaurant open in South Park, in a classy old building near Ginseng Yoga, at 30th & Beech, because most South Park restaurants are further north (South Park Bar & Grill, Big Kitchen, Vagabond, El Camino). A friend and I headed over for dinner within the first few days of the opening. My dinner companion does not like the licorice taste of fennel, & asked that the fish not be served on the bed of fennel. The kitchen police patrol sent back a report that she had better order something different, then, because the fish tasted good with fennel! We decided to split three dishes, to sample: fish tacos (minuscule), a beet salad (too small for \$8), and a burger our server raved about (but could not provide a steak knife to cut--we had to send it back to the kitchen for that). The food was unremarkable. There was no bread (unless paid). Total bill: \$30. What a disappointment! I am hoping the customer service will improve, but won't be heading back for awhile to check on it.

By **CanyonLady** 2:59 p.m., Mar. 9

Jeong Won Korean BBQ, Kearny Mesa

On our trip to Jeong Won our party of three participated in the all you can eat offer, and all were thoroughly impressed. Our waitress was wonderfully attentive and helped explain the myriad of sides served with our bbq. The sides were all terrific as was every dish on the all you can eat menu. The favorites at our table were the korean pancake, marinated pork, and short ribs. Like true gluttons we participated in the drink special and finished with the complimentary soft serve. Tasty food, a lot of it, and tons of fun.

By **leviwalkerrips** 5:04 p.m., Mar. 13

Sea Rocket Bistro, North Park

My husband and I recently took advantage of a buy one get one free coupon for a dinner at Sea Rocket Bistro in North Park. When we walked in the door, the ambiance seemed perfect for a Saturday night bite - dimly lit, good energy emitting from the crowd, and a cool little corner bar that looked as if you could order any drink your heart desired. There was a table ready for us when we arrived, which was wonderful considering we had no reservations. A pale straight-faced waiter greeted us with a bottle of water with a sliced cucumber inside - which was delicious. Unfortunately, that's the only thing that was delicious about the bistro - the water. Despite the wonderful ambiance, the food was horrible to say the least. My husband had the scallops, which tasted like they had been frozen and then left in the refrigerator for days on end to thaw, and I had the Beet Tart with Goat Cheese, which had only a few morsels of goat cheese on it and the rest was all beets - hard flavorless beets. It was difficult to get even two bites down! My husband and I enjoy good food and there really isn't anything we don't like to eat. Needless to say, we left the Sea Rocket Bistro green as the dead and with our bellies still empty since we couldn't get our dinners down...yet we were too nauseas to contemplate eating anything else. Boo to the Bistro. Sorry guys, the food was disgusting.

By **podunknowhere** 9:07 p.m., Mar. 14

\$20 gift certificate to La Jolla Brew House

to best three user reviews awarded each week.

To write a User Review, visit SDReader.com, go to “Food & Drink” pull-down and click on “Search Restaurants.” Find the restaurant you want to write about and click “Write a Review.”

Deadline for user reviews is 12 noon Monday.



Pot Stickers



Soy Orange Chicken



Vegan Banana Cake

3-course meal \$14

Includes: Appetizer – Pot Stickers,
Main Course – Soy Orange Chicken,
Dessert – Vegan Banana Cake.
Main course may be substituted.
No substitutions for appetizer or dessert.

100% Vegetarian

Enjoy healthy and fresh Thai, Vietnamese,
Chinese, Italian and sushi entrees.
All dishes are 100% vegetarian,
most dishes and all desserts are vegan.



VEGETARIAN fusion cafe
www.sipz.com

9450 Scranton Road, Suite 114A
Sorrento Valley • 858.457.1103
5501 Clairemont Mesa Boulevard
San Diego • 858.279.3747

102 San Diego Reader March 19, 2009

Genocidal Days

He and police chief Tiger Brown murdered “new races” and turned them into “beefsteak tartare.”

The Brecht police will probably snipe at the San Diego Rep’s *Threepenny Opera*: how it fails to achieve this or that aspect of his “Epic Theater.” And the production is open to potshots. But the Sam Woodhouse-directed show not only re-creates Brecht’s notion of a primitive opera that turns the grandiose into a “dirty joke,” it’s one of the Rep’s finest efforts in quite some time.

“Art isn’t nice,” said Brecht, who detested the bourgeois theater of sumptuous tricks and built-in codes that allowed audiences to identify safely with the material. Brecht wanted to make this familiar theater feel strange, and the strange become familiar (he called this the “V-effect”). He had the trick-makers — lighting instruments, etc. — stand in plain view. Here’s how they dupe you, Brecht’s plays shout.

Brecht not only wanted to expose illusions, he wanted, most of all, for the “top stratum of the bourgeoisie to laugh at its own absurdity” because, he believed, “to laugh is to criticize.” And their laughter would raise the question, “Criminals are bourgeois; are the bourgeois criminals?”

Brecht died in 1956. By then his innovations had become so familiar he told a director to

stretch things further: have the makeup even more unpleasant, and romanticize the love scenes to the hilt, but perch them on quicksand. The Rep follows these guidelines. No sane clown would dare apply the cast’s gray-and-brown-streaked makeup (from Revlon’s “ghoul collection?”), and the romance still has a strange-making feel, especially when you realize that Mack “the Knife”

Macheath was based, in part, on Jack the Ripper.

Mack prances about amid rumors of him violating child brides, murdering Jenny Towler (among others), causing a fire in Soho that killed seven children, and missing his genocidal days in India, where he and police chief Tiger Brown murdered “new races” and turned them into “beefsteak tartare.” Of “The Ballad of Mack the Knife,” which sums him up, scholar John Fuegi wrote, “This was the song Berlin sang as it lurched toward the abyss.”

As Mack, slick-haired, mustachio’d Jeffrey Meek wears a red-pinstriped suit and yellow gloves (designer: Jennifer Brawn Giddings) and has the vocal chops-plus. It may speak well of him as a moral being, but on opening night, Meek was often reluctant to dehumanize the role fully. Since the Rep’s production has no fourth

THEATER REVIEW

JEFF SMITH



Amy Ashworth Biedel, Jeffrey Meek, and Amanda Kramer in *The Threepenny Opera*

The Threepenny Opera, by Bertolt Brecht

San Diego Repertory Theatre, 79 Horton Plaza, downtown


Directed by Sam Woodhouse; cast: Lyle Kanouse, Leigh Scarritt, Shawn Goodman Jones, Ruff Yeager, Jeffrey Meek, Amanda Kramer, Bryan Barbarin, Karson St. John, Paul James Kruse, Gale McNeeley, Lisa Payton Jartu, Amy Ashworth Biedel; scenic design, Giulio Cesare Perrone; costumes, Jennifer Brawn Giddings; lighting, Tervor Norton; sound, Tom Jones; choreographer, Javier Velasco; musical director, Mark Danisovszky

Playing through March 29; Wednesday and Sunday at 7:00 p.m., Thursday through Saturday at 8:00 p.m. Matinee Saturday and Sunday at 2:00 p.m. 619-544-1000.

wall and is staged in the intimate Lyceum Space, Meek should be ever-ready to brandish his cane like a sword, leap into the audience, and run riot.

Roland Barthes said, “Wickedness is always precise.” Jonathan and Celia Peacham are certainly wicked, though in imprecise, creepy ways.

A London gang lord, Peacham hires fake beggars to generate capital but finds that compassion’s a finite commodity. Since hearts have hardened, Jonathan now needs pros — better still, artists — to suffer convincingly and extract the cash from waning altruists. Peacham’s bourgeois instincts



THE OLD GLOBE

BROADWAY'S BEST AND SAN DIEGO'S FINEST

**EVERYONE HAS A STORY
EVERYONE HAS A SONG**

Working

a musical

From the creator of Wicked, Godspell and Pippin.

WORKING NOW - APRIL 12
From the book by **STUDS TERKEL**
Adapted by **STEPHEN SCHWARTZ**
and **NINA FASO**
Directed by **GORDON GREENBERG**
Old Globe Theatre

NOW PLAYING!
WORKING features beautiful music
that will put a song in your heart as
you get up each morning to make
it through another workday.
Contains Strong Language.

(619) 23-GLOBE (234-5623)
www.TheOldGlobe.org | GROUP SALES: (619) 231-1941 x2408

Winner of 8 Tony Awards!
2003



Hairspray

• BROADWAY'S BIG FAT MUSICAL COMEDY HIT •

SEE IT LIVE!

Brooklyn Pulver in the national tour of Hairspray
(c) 2008 Phil Martin

ON SALE TOMORROW!
FRI. & SAT. MAY 1&2 • 8PM
CALIFORNIA CENTER FOR THE ARTS - ESCONDIDO
TICKETS AVAILABLE AT THE BOX OFFICE, ONLINE AT ARTCENTER.ORG OR CALL
800-988-4253

Discounts for groups 20+

San Diego Reader March 19, 2009 103

Calendar THEATER

rankle when he hears that daughter Polly has fallen for lowlife Macheath.

A Tony Soprano-sized Lyle Kanouse and Leigh Scarritt play the Peachams. Kanouse booms vocally (and could a bit more with the character). Scarritt's Celia takes stage throughout as if itching for a fight. She makes a bold choice, then another, even more grotesque, and none display the slightest need for approval. In Scarritt's most striking moments, Celia genuinely loathes the audience; she'll exploit us any way she can.

Threepenny's allegedly a beggar's opera. But Kurt Weill's music, his first major score, blurs all distinctions between the basement and the stars. Brecht wanted the music bled of emotion. And the cast tries to distance itself from abundant feeling, but none can hide the — once-in-a-lifetime, most likely — thrill of singing such great music. Though this is a Brechtian no-no, the singers belt

song after song with an infectious, performative verve.

Music director Mark Danisovszky's seven-piece band and Javier Velasco's inventive choreography de-Broadway the numbers. They critique the strategies and tricks of commercial theater the way *Threepenny* critiques capitalism's.

It turns out that Elisabeth Hauptmann wrote at least 80 percent of *Threepenny* (like Shakespeare, Brecht was ever a borrower and a lender). The copyright fiasco's a boon for the script, however, since the women receive equal time on stage (if not in the economic system). As Lucy Brown and Polly Peacham — two of Mack's wives, though he says he prefers Jenny Diver — Amy Ashworth Biedel and Amanda Kramer excel. Their matched soprano voices, especially in the "Jealousy Duet," are a marvel.

Brecht was a borrower: he took his "strange-making" V-effect, for example, from the Russian Victor Shklovsky's concept of "de-familiarization" (*ostranenie*). But no matter where he found them, every cur-

rent theatrical production will use one, if not more, of Brecht's innovations. At the curtain call, Sam Woodhouse adds an apt V-effect tag, which may be original. His four stagehands, who have labored in plain sight all evening, take a well-deserved bow. ■

THEATER LISTINGS

Theater listings and commentary are by Jeff Smith. Information is accurate according to material given us, but it is always wise to phone the theater for any last-minute changes and to inquire about ticket availability. Many theaters offer discounts to students, senior citizens, and the military. Ask at the box office.

Acts of Faith

Grace Paley said writers have two ears: "that literary ear, and it's a good old ear," and the one that "hears the language of home, of your street, and your own people." A master of short fiction, Paley relied on the latter in stories with recurring characters, narrated by a woman named Faith, which explored her roots, immediate surroundings, and persistent questions that intruded like party crashers. Paley never wrote a novel, but the often-fragmented stories come together in "Faith in a Tree": she climbs one for a broader perspec-

tive on the "man-wide world." Paley swore she isn't Faith (who is a "composite," though Faith's activism and feminism reflect Paley's). Kathleen B. Jones's play is based on ten of the stories. These move from the late 1960s through the mid-1970s. The scenes mirror Paley's technique. What works wonders on the page, however, becomes mere snippets on the stage. Scenes flash by, as do characters and themes touched on and then dropped. We get a sense of Faith (and how she "composites" stories from the stuff of daily life) but not much of one, because the play's emphasis on form blurs the content. The Laterthanever production tries for ambitious cinematic effects: slides on separate rear screens, tall scrims, rotating platforms (turned by hand, slowly, before your eyes), jump-cut lighting. But the execution of these effects, and the pacing in general, is so time-consuming that they backfire. The large cast speaks mostly on an unassertive vocal level, taking potential drama from a scene. Kathy Diamant does a fine turn as Hegelshtein, an interloper in a wheelchair. And Linda Libby, a recent Craig Noel Award-winner, gives Faith more dimensions than exist in the script. TENTH AVENUE THEATRE, 930 TENTH AVENUE, DOWNTOWN. THURSDAYS, 7:30 P.M. FRIDAYS, 8 P.M. SATURDAYS, 4 AND 8 P.M. SUNDAYS, 7 P.M. THROUGH MARCH 29.

Betrayal

PowPAC stages Harold Pinter's drama that traces the arc of a relationship in reverse, from breakup to first stirrings. Sherrie Colbourn directed. POWPAC, POWAY'S COMMUNITY THEATER, 13250 POWAY ROAD, POWAY. 858-679-8085. FRIDAYS, 8 P.M. SATURDAYS, 8 P.M. SUNDAYS, 2 P.M. THROUGH MARCH 29.

The Coffee Shop

Chronos Theatre Group and Talent to aMuse Theatre present a new translation (by Celeste Innocenti) of Carlo Goldoni's comedy, in which "Scandal, Caffe, and Carnevale all come together." 619-615-8928. SWEDENBORG HALL, 1531 TYLER AV-

ENUE, UNIVERSITY HEIGHTS. FRIDAYS, 8 P.M. SATURDAYS, 8 P.M. THROUGH MARCH 21.

Continuous City

The La Jolla Playhouse hosts a performance by the Builders Association, a New York-based performance and media company that creates original stories out of "new and old tools."

LA JOLLA PLAYHOUSE, 2910 LA JOLLA VILLAGE DRIVE, UCSD. 858-550-1010. FRIDAY, 8 P.M. SATURDAY, 2 AND 8 P.M. SUNDAY, 2 AND 8 P.M.

Facing East

Diversions Theatre presents Carol Lynn Pearson's parable, in which "a Mormon couple confronts the limits of their spiritual teachings upon the suicide of their gay son." Marybeth Bielawski-DeLeo directed. DIVERSIONARY THEATRE, 4545 PARK BOULEVARD, UNIVERSITY HEIGHTS. 619-220-0097. SATURDAYS, 8 P.M. SUNDAYS, 2 AND 7 P.M. WEDNESDAYS, 7:30 P.M. THROUGH APRIL 5.

The History Boys

What's the point of education? To learn basic facts, the W's of journalism? To allow the mind to roam? Or just to pass tests and make school superintendents look good? Alan Bennet's pedagogical tapestry raises these and other questions. It's 1983. The sixth form students at Cutler's School for Boys dream of going to Oxford or Cambridge (aka "Oxbridge"). Acceptance not only means an automatic grant from the state (no longer the case), it also confers instant status on the candidate — and Cutler's ambitious headmaster. At issue: how best to prepare the boys for Oxbridge scholarship exams in history? Though no fixated Mrs. Grundy about them, Mrs. Lintott teaches the facts. Hector, a loose cannon (even sexually, since he gropes his students on his motorcycle), defines himself as the antidote to rote learning. He urges a personal engagement with ideas: don't settle, soar. Enter Irwin, a young teacher hired to counter Hector. Irwin's all about passing the exam, but in a showy way: take the other side of a question; flash with the facts. *History Boys* may sound dry and theo-

retical, but it, and Cygnet Theatre's staging, is anything but. In humorous and touching ways, Bennett traces the growth of eight boys who, along with defining an approach to exams, are in the process of becoming themselves. Cygnet's opening night had an uneven feel, especially dead spots, upstage right, and slowly evolving scenes (especially when compared to the frantic, and funny, ways director Sean Murray invented for scene changes). But by act 2, the cast settled in and it became clear why *History Boys* won a Tony Award and other honors. Tom Stephenson's a treat throughout as red-faced, quirky Hector. As Irwin, Brian Mackey's cool, at times smug, deliveries make the young prof appropriately "meretricious." Tom Zohar heads a strong ensemble cast as Posner, who sings, plays piano, opens up his heart, but never quite fits in with his mates. Shirley Pierson's costumes invoke order (dark brown sport coats and slacks) and chaos (shoes and schoolbags range from the elegant to the tawdry). Andrew Hull's minimalist set, expertly lit by Eric Lotze, includes a river of historical graffiti. **Worth a try:** CYGNET THEATRE — OLD TOWN, 4040 TWIGGS STREET, OLD TOWN. 619-337-1525. THURSDAYS, 8 P.M. FRIDAYS, 8 P.M. SATURDAYS, 8 P.M. SUNDAYS, 2 AND 7 P.M. WEDNESDAYS, 7:30 P.M. THROUGH MARCH 29.

Killer Joe

In Ansel Smith's moldy trailer on the outskirts of Dallas, there are no secrets, or boundaries. He and wife Sharla work for a living, but just enough to keep the grime-streaked fridge stocked with beer. Son Chris deals cocaine but owes \$6000 to his connection. How to raise the money? Easy: murder his mother for her life insurance. After all, he and his father agree, she's just a "beat-up old nagging ugly alcoholic woman." Ansel has misgivings, though. "You're gonna kill somebody?" he asks Chris. "You can't even tell time!" They hire "Killer Joe" Cooper, a detective who moonlights as a hit man. Since the Smiths are broke and Joe wants a retainer, he takes 20-year-old virginal, sleepwalking Dottie Smith in trade. *Killer Joe* is Tracy Lett's first play

LPT CORONADO

"Side-splitting... Prepare to howl!" Jazz 88

"Hilariously funny! Lamb's Players nails it!" KUSI-TV

The Classic Comedy About Life In Show Business

Room Service

by Allen Beretz and John Murray • directed by Robert Smyth

Must Close March 29

LPT DOWNTOWN

The Hit

A new comedy about love, antiques and attempted assassination

by Mike Buckley • directed by Robert Smyth

Now playing at the HORTON GRAND THEATRE

444 Fourth Ave. in the Gaslamp Quarter

"CRITIC'S CHOICE!" 50 Union-Tribune

Buy Both Shows SAVE \$10!

LAMB'S PLAYERS THEATRE

LAMBSPLAYERS.ORG

619-437-0600

*Must mention \$10 off special when ordering both shows. Not valid on previously purchased tickets or in combination with any other discount.

MYSTERY CAFE

NOW IN OUR 19th YEAR!

THE GOOD THE BAD THE UDDERLY RIDICULOUS

written by James Pascarella & Victoria Velasco
directed by Victoria Velasco

Enjoy a Four Course Meal, Solve a Mystery, Be Part of the Show & Laugh Yourself Silly!

The Imperial House Restaurant

FRIDAYS & SATURDAYS - 8pm

\$59.50 PER PERSON

includes 4 course meal & tax (does not include gratuity)

www.MysteryCafe.net

Best Dinner Theatre
San Diego Magazine

619-460-2200 A ROOTIN' TOOTIN' COMEDY!

(he wrote the 2008 Pulitzer-winner *Autumn: Osage County*). Savage, creepy funny, and riveting, *Killer* unfolds like *Tobacco Road* and *Curse of the Starving Class*, with a dash of *Greater Tuna* (reimagined by Charles Whitman) thrown in. Compass Theatre's production, even with some annoying tech problems, captures the play's rabid, rats-in-a-cage essence (also Lett's ironies: *Killer* may be the only American drama in the last 50 years that lauds the virtues of TV: as long as the tube beams, the Smiths are narcotized by the flickering light). Lisa Berger's direction never flinches at the violence, frontal nudity, or the characters' unmasked atavism. Don Pugh's Joe — slow, precise, fussy neat — is always an inch from exploding, and when he does, Michael McKeon's intricately detailed set gets a monster trashing. Amanda Cooley Davis, her hair like a mop, makes Dottie both an innocent and a ghoul, the one an outcome of the other. Joe Baker, Judy Bauerlein-Mitchell, and Mike Sears also contribute. As does Rob Hurlbut's inventive sound design, not just the thunder and loud TV and radio, but every time that dog barks next door, trouble brews.

Worth a try:

COMPASS THEATRE, 3704 SIXTH AVENUE, HILLCREST. 619-688-9210. THURSDAYS, 8 P.M. FRIDAYS, 8 P.M. SATURDAYS, 4 AND 8 P.M. SUNDAYS, 2 P.M. THROUGH APRIL 5.

The Labyrinth of Desire

For one evening only, Ion Theatre and Moxie Theatre present a staged reading of Lope de Vega's "timeless tale of love," translated by Caridad Svich. Esther Emery and Glenn Paris codirected. 858-598-7620. LYCEUM THEATRE, 79 HORTON PLAZA, DOWNTOWN. MONDAY, 7 P.M.

The Metamorphosis

Grossmont College Theatre Arts Department presents a dramatic adaptation of Ovid's poem about mythical transformations. Beth Duggan directed. GROSSMONT COLLEGE, 8800 GROSSMONT COLLEGE DRIVE, EL CAJON. 619-644-7000. THURSDAYS, 7:30 P.M. FRIDAYS, 7:30 P.M. SATURDAYS, 7:30 P.M. THROUGH MARCH 21.

A Midsummer Night's Dream

OnStage Playhouse presents Shakespeare's romantic comedy about "star-crossed, criss-crossed, and uncrossed" lovers. Daniel Zisko directed. ONSTAGE PLAYHOUSE, 291 THIRD AVENUE, CHULA VISTA. 619-422-7787. THURSDAYS, 8 P.M. FRIDAYS, 8 P.M. SATURDAYS, 8 P.M. SUNDAYS, 2 P.M. THROUGH APRIL 4.

Moon Over Buffalo

Moonlight Stage Productions presents Ken Ludwig's backstage farce about the marriage of two highly competitive actors. They have one last shot at movie fame. Eric Bishop directed. AVO PLAYHOUSE, 303 MAIN STREET, VISTA. 760-724-2110. THURSDAYS, 7:30 P.M. FRIDAYS, 7:30 P.M. SATURDAYS, 2 AND 7:30 P.M. SUNDAYS, 2 P.M. THROUGH MARCH 22.

National Comedy Theatre

Improvisational comedy, making up funny stuff on the spot, is difficult enough. Years ago, however, Keith Johnstone thought it'd be

more exciting if done competitively. He got the idea from pro wrestling ("where Terrible Turks mangled defrocked priests while grannies waved their handbags"). National Comedy Theatre, an offshoot of Johnstone's TheatreSports (artistic director Gary Kramer says the two compare like "rugby and American football"), resembles an athletic event more than an improv. Teams wear uniforms and compete on AcroTurf. Using suggestions from the audience, they play "Emotional Sympathy," "Blind Line," and "Freeze Tag," with judges awarding points to the best scenes. Klunkers and groaners get booed; quick wit rewarded (one of the most refreshing parts of the contest: people acknowledge failure, abundantly, then forget it). It makes for a lively, often funny evening. And Gary Kramer is one talented comedian.

Worth a try:

MARQUIS THEATER, 3717 INDIA STREET, MISSION HILLS. 619-295-4999. FRIDAYS, 7:30 AND 9:45 P.M. SATURDAYS, 7:30 AND 9:45 P.M. OPEN-ENDED RUN.

1001 Grains of Sand

San Diego State University School of Theatre, Television, and Film presents "a young person's adventure around the earth" on the ancient Silk Road in 1300. DON POWELL STAGE, SAN DIEGO STATE UNIVERSITY, 5500 CAMPANILE DRIVE, SDSU. 619-594-5091. THURSDAY, 8 P.M., FRIDAY, 10 A.M., SATURDAY, 4 P.M.

The Platt Brothers

The brothers debut their new show, which combines "family-friendly comedy, high-flying acrobatics, original music," and personal stories. 775-313-0798, www.theplattbrothers.com. SUNSET TEMPLE, 3911 KANSAS STREET, NORTH PARK. SATURDAYS, 8 P.M. THROUGH APRIL 25.

Room Service

Who knew? Who knew that a door-slamming farce, first produced in 1937, would resonate with such relevance today? Seven years into the Great Depression, after Sam Harris dropped the project in Philadelphia, George Abbott became producer and director of a fledgling comedy. He turned it into a Broadway hit, then sold it to the Marx Brothers for the highest price ever. The situation's what theaters across the country face today: a producer on a shoestring has a hot script but no money. Backers are backing out, and he owes the White Way Hotel a small fortune for housing his 22-

person cast. The show must go on — but how? Amid a giant moose head, a big bunch of bananas, a stuffed owl, doctors (both true and quack), harried hotel — and doubly harried theater — folk, and maybe the world's most on-the-spot creative producer (a tribute to Abbott, who was just as inventive off-stage as on), the show not only goes on, the villain...well, see for yourself what happens to him. Robert Smyth and his Lamb's Players cast have obvious fun breaking today's rules of acting and going for broad portrayals; the broader the better, in fact. Jon Lorenz's mellifluous-voiced producer flat refuses to accept defeat, as does John Rosen's Gregory Wagner, red-faced hotel honcho; the two are a frenetic pair, around whom the cast runs a two-act steeplechase on Mike Buckley's handsome, hotel suite scenic design. Special mention: David Cochran Heath keeps walking offstage as one character then, seconds later, comes back as someone else, equally believable, detailed, and funny. Note: Due to popular demand, Lamb's Players has extended the show's run.

Worth a try:

LAMB'S PLAYERS THEATRE, 1142 ORANGE AVENUE, CORONADO. 619-437-0600. THURSDAYS, 7:30 P.M. FRIDAYS, 8 P.M. SATURDAYS, 4 AND 8 P.M. SUNDAYS, 2 P.M. TUESDAYS, 7:30 P.M. WEDNESDAYS, 7:30 P.M. THROUGH MARCH 29.

Shipwrecked!

An Entertainment

Calling himself Louis de Rougement, Henry Louis Grin (1847-1921) swore that he'd been shipwrecked (by a giant octopus) and cast away; he rode giant sea turtles and was worshipped in the Australian outback as a living god for 30 years. Problem was: Grin's descriptions were a mite too vivid. The octopus wasn't your basic, surly 15-footer; it was *Twenty Thousand Leagues Under the Sea*-sized, and twice as mean. Grin got caught and for the rest of his life was renowned as "the greatest liar on earth." Regarded in hindsight, Donald Margulies's *Shipwrecked* is wafer thin. It's a compilation of familiar episodes from Jules Verne, Daniel Defoe, and Homer (now we get the whirlpool scene, à la Scylla and Charybdis, now My Man Friday, an aboriginal woman, whom Grin marries). But as the narrative unfolds, it's almost impossible not to suspend disbelief and go along for

the ride. The play, and the North Coast Rep's fine production, put us back in a 19th Century music hall, where Grin narrates his tale from a platform-stage. The three-person cast creates vivid effects with minimalist means: an asbestos safety-drop becomes a sail in a storm, a baby blue blanket, roiling waves. The production, directed by Matthew Wiener, and the performances are fluid. Yetide Badaki, a newcomer to San Diego, and David McBean, a local favorite, excel. At first Badaki plays Grin's wife and McBean his trusty dog. In the last third of the 90-minute show, they up the ante, then go all in, playing at least ten different characters, each sharply defined and often (as in McBean's portrayal of Queen Victoria) hilarious. Ron Campbell, another local favorite, creates two characters at once: de Rougement, the elastic, irrepressible raconteur; and Louis Grin, on trial and defending his story, at first, and later the right to narrate tales of wonder. Campbell's gray goatee, high combed-back hair, and wide, mischievous eyes make him a dead ringer for Don Quixote, the maddest adventurer of them all. Note: due to popular demand, North Coast has extended the show's run.

Worth a try:

NORTH COAST REPERTORY THEATRE, 987-D LOMAS SANTA FE DRIVE, SOLANA BEACH. 858-481-1055. THURSDAYS, 8 P.M. FRIDAYS, 8 P.M. SATURDAYS, 2 AND 8 P.M. SUNDAYS, 2 AND 7 P.M. THROUGH MARCH 22.


The Threepenny Opera

The San Diego Repertory Theatre stages the Bertolt Brecht/Kurt Weill musical about "love, deception, and greed run wild." Sam Woodhouse directed. SAN DIEGO REPERTORY THEATRE, 79 HORTON PLAZA, DOWNTOWN. 619-544-1000. THURSDAYS, 8 P.M. FRIDAYS, 8 P.M. SATURDAYS, 2 AND 8 P.M. SUNDAYS, 2 AND 7 P.M. WEDNESDAYS, 7 P.M. THROUGH MARCH 29.

Working

The Old Globe Theatre presents Stephen Schwartz and Nina Faso's popular musical about the American worker, based on the writings of the late Studs Terkel. Gordon Greenberg directed. OLD GLOBE THEATRE, 1363 OLD GLOBE WAY, BALBOA PARK. 619-234-5623. THURSDAYS, 8 P.M. FRIDAYS, 8 P.M. SATURDAYS, 2 AND 8 P.M. SUNDAYS, 2 AND 7 P.M. TUESDAYS, 7 P.M. WEDNESDAYS, 7 P.M. THROUGH APRIL 26.

"An entertaining, sublime dance exhibition."
—TIME OUT NEW YORK




Ragamala Music and Dance

Colorful Indian dancing backed by thunderous Taiko drummers
Saturday, April 4, 2009 8pm

Poway Center for the Performing Arts

858 748 0505 www.PowayArts.org 15498 Espola Road, Poway CA

Sponsored by:



LA JOLLA PLAY HOUSE

"A Revelation"
—The San Francisco Chronicle

THE EDGE SERIES

March 19 - March 22, 2009

CONTINUOUS CITY

ALL TICKETS \$25

An innovation of arts, technology and the human connection.
DON'T MISS THE SHOW THAT EVERYONE IS TALKING ABOUT!

CREATED AND PERFORMED BY THE BUILDERS ASSOCIATION
DIRECTED BY MARIANNE WEEMS

La Jolla Playhouse presents The Builders Association production of Continuous City as part of The EDGE Series, supported by The James Irvine Foundation and the Jordan Recoler Endowment Fund.

lajollaplayhouse.org (858) 550-1010

Critics Rave!

"Hugely satisfying...a superb reading of a priceless classic and the REP's best show in many a season."
—sandiego.com

"A feast for the eyes and ears."
—North County Times

"A worthy (and nervy) staging..."
—San Diego Union Tribune

Now Through March 29


The Threepenny Opera

Book and Lyrics by BERTOLT BRECHT
Music and Lyrics by KURT WEILL
Directed by SAM WOODHOUSE

tickets \$34-\$53 • students \$18
619-544-1000
www.sdrep.org

Discounts available for groups of 10 or more!

SAN DIEGO REPERTORY THEATRE
AT THE LYCEUM HORTON PLAZA



Calendar

MOVIES

MOVIE LISTINGS

All reviews are by Duncan Shepherd. Priorities are indicated by one to five stars and antipathies by the black spot. Unrated movies are for now unreviewed. Thousands of past reviews sorted alphabetically, by year of release and by rating, are available online at SanDiegoReader.com.

As It Is in Heaven — A world-class Swedish symphony conductor (Michael Nyqvist, a big, strong Richard Burton-y pocked face) moves back to his native village with a bad heart, whips the church choir into competitive shape, upsets the local bluenoses, shelters abused women, wins the heart of the budding Jezebel, draws out the village idiot, leads the group to Austria for a “Let the People Sing” contest. Corny, overly dramatic, histrionic, and probably crowd-pleasing. With Frida Hallgren, Helen Sjöholm, Ingela Olsson, and Lennart Jähkel; directed by Kay Pollak. 2004.

★ (GASLAMP 15, FROM 3/20)

Che: Part One — First half of Steven Soderbergh’s four-and-a-half-hour worship service in honor of Che Guevara, conducted in Spanish with English subtitles, really two distinct movies. This first, in wide screen and in roomy frames, operates a time shuttle between vivid color re-enactments of the overthrow of Batista in the late Fifties and grainy black-and-white *faux* news coverage of Guevara’s visit to New York in the mid-Sixties for interviews with the press and speeches at the United Nations. Nothing is sustained (the shuttle runs



Everlasting Moments

continuously) until the extended battle in the last reel or so. We instead get scenes, glimpses, moving snapshots of the Lifestyle of the Revolutionary and Famous: walking through the woods, resting up, slapping comrades on the back, exhorting the troops, etc. There are no rises and falls in the narrative contour, just a kind of flatline. Benicio del Toro and Demián Bechir can pass for Guevara and Castro as well as anybody could in the same beards and hats, and with the same pipe and cigar. Catalina Sandino Moreno, Santiago Cabrera, Elvira Minguez, Julia Ormond. 2008.

★ (HILLCREST CINEMAS)

Che: Part Two — The free-standing second half of Steven Soderbergh’s worship service, in narrower screen than the first half, and in less vivid color and no black-and-white, unfolds a contrastingly chronological account of Guevara’s final year, 1966-67, his ill-fated attempt to do in Bolivia what he had done in Cuba. As in the first half, there is an extended battle toward the end of it, and prior to that a lot more of authentic-feeling shots (in similarly roomy frames) of the lifestyle of a revolutionary, in addition to a worrisome increase in the hero’s asthmatic wheezing. His post-battle execution is as lovingly dragged out as any

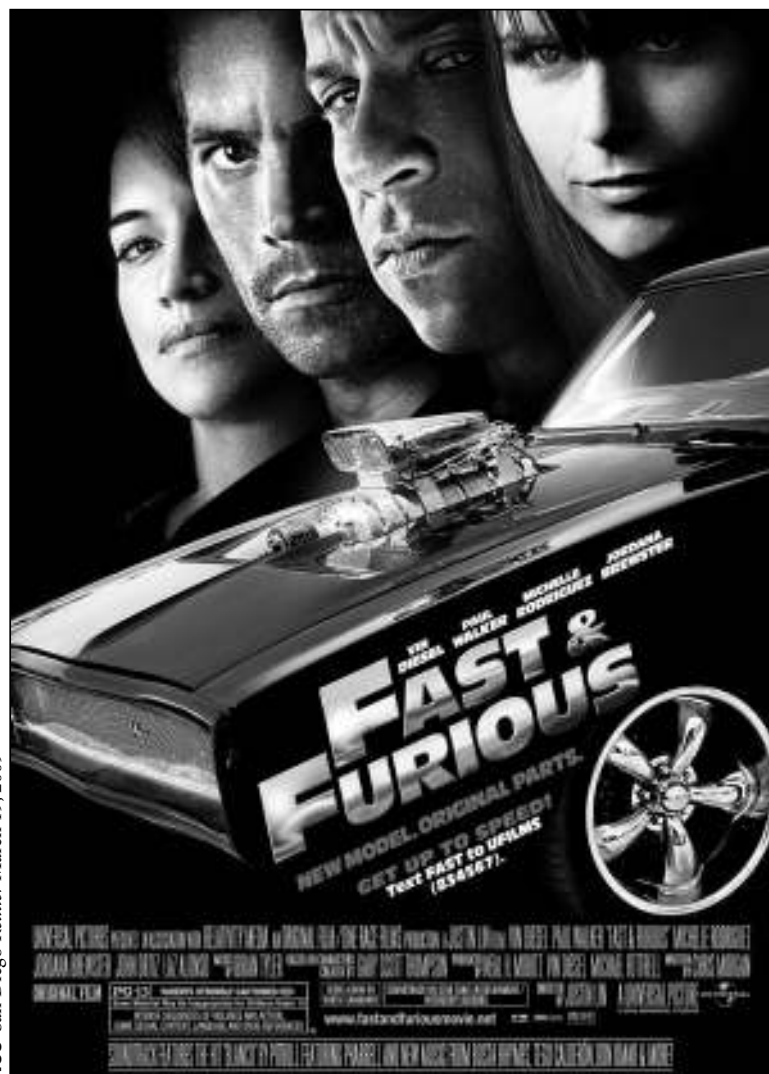
screen staging of the Crucifixion. Richard Fleischer’s average-sized 1969 film of the same name, minus the *Part One* and *Part Two* but plus an exclamation point, with Omar Sharif and Jack Palance as Guevara and Castro, was doubtless a Hollywood travesty, but that at least made it somewhat fun. (Jack Palance by his lonesome makes anything somewhat fun.) Soderbergh’s corrective is no travesty and no fun. Benicio del Toro, Franka Potente, Joaquim de Almeida, Lou Diamond Phillips. 2008.

★ (HILLCREST CINEMAS)

The Class — Free adaptation of François

Bégaudeau’s nonfiction chronicle of a single year of teaching French, or trying to teach it, to a group of restive fourteen- and fifteen-year-olds at a melting-pot public school in a rough district of Paris. Bégaudeau essentially — and needless to say, convincingly — plays himself on screen, under the fictitious monicker of M. Marin, and the students are nonprofessionals chosen with no eye to beauty and glamour, but a sensitive eye to a variety of shapes and shades. Laurent Cantet, best known for *Time Out* and *Heading South*, has directed the piece with standardized documentary affectations — an air of improvisation, a raw digital image, a bobbing camera and floating frame, no background music — and the teaching sessions are far less compressed than in the typical school film of minute-and-a-half classes and saved-by-the-bell. (Many of the nuances of language and accent are unavoidably lost in the English subtitles.) The circle of action is strictly confined to the school grounds, and any parents who enter into the picture must come to campus to do so. There is no continuous story arc, although the disciplinary proceedings against a chair-rocking troublemaker from Mali become the focus of the final stretch. By then we have gotten to know a few of the students quite well, while others are still getting noticed for the first time. It all feels irrefutably and exasperatingly real; and the teacher, a youthful figure given to Socratic sparring with his charges, wins our admiration for his equanimity under the constant stress. A misunderstood use of the word “skank” (as it is translated) in class discussion can be readily pardoned. For all that, the drawback of the rigorously realistic movie is that it seldom adds up to more than the sum of its parts. This isn’t the exception. 2008.

★★★ (CARMEL MOUNTAIN, FROM 3/20; GASLAMP 15)



WIN A MOVIE PASS FOR TWO



presents

FAST & FURIOUS

To enter, visit the *Reader* website and click on “contests.” SDReader.com

Deadline to enter is Friday, March 20 at 1:00 pm. Limit one entry per person. NO PURCHASE NECESSARY. Seating is first-come, first-served and cannot be guaranteed. Theater is overbooked to ensure a full house.

In theaters April 3.

Confessions of a Shopaholic — The addiction nightmare played as comedy, very frothy and formulaic and materialistic comedy: a dozen maxed-out credit cards of an aspiring fashion writer, and rapacious consumer, in Manhattan (“They said I was a valued customer. Now they send me hate mail!”). The effervescent Isla Fisher dives into the role as if it’s her one shot at stardom, and she hits a small jackpot out on the dance floor with a Spanish fan in hand. Hugh Dancy, Krysten Ritter, Kristin Scott Thomas, Leslie Bibb, Julie Hagerty, Joan Cusack, John Goodman; directed by P.J. Hogan. 2009.

★ (CARMEL MOUNTAIN, FROM 3/20; DEL MAR HIGHLANDS 8; FASHION VALLEY 18; LA JOLLA 12; MISSION VALLEY 20)

Coraline — A piece of 3-D stop-motion animation about a little girl with blue hair and ski-jump nose (everyone hears her name as Caroline, and her last name of Jones will only encourage confusion in anyone who remembers the Morticia of TV's *Addams Family*, Carolyn Jones), who, unhappy with her preoccupied parents, is lured into a parallel universe of idealized replicas — a sort of Stepford Mom and Stepford Dad — but for their button eyes. Her price to pay for permanent residence in this universe is to trade her own eyes for buttons: "Soon you'll see things our way." (Distant echoes of *Invaders from Mars* and *Invasion of the Body Snatchers*: the lobotomy bugaboo.) Director Henry Selick, heretofore of *The Nightmare before Christmas* and *James and the Giant Peach*, pays a lot of attention to landscape and surface, such that the film cultivates an aggressive tactility. But the dream world opens the door also to a self-indulgent succession of oddities and bizzarries — here a mouse circus, there an audience of Scotties — without much narrative drive. And it's plainly a higher priority to be dark and edgy and Tim Burton-y than to be kid-friendly. The catered-to adult is still apt to feel something extra was needed, and the distracting 3-D neither provided it nor disguised it. With the voices of Dakota Fanning, Teri Hatcher, John Hodgman, Ian McShane, Keith David. 2009. ★ (FASHION VALLEY 18; HORTON PLAZA 14; MISION VALLEY 20; OTAY RANCH 12; PALM PROMENADE 24)

Crossing Over — Unctuous liberalism and clumsy manipulation on the broad subject of illegal aliens: Mexican, Australian, Iranian, Korean, Nigerian, the whole rainbow, in multiple plotlines with a *Crash*-like incidence of coincidence. (The physical beauty of the female aliens helps, of course, to fuel liberality.) Embarrassment eclipses enlightenment. Harrison Ford, Cliff Curtis, Ray Liotta, Ashley Judd, Alice Eve, Alice Braga, Summer Bishil; written and directed by Wayne Kramer. 2009.

● (GASLAMP 15; FROM 3/20)

The Curious Case of Benjamin Button — The central conceit, and little else, has been retained from an F. Scott Fitzgerald short story of the same name: a protagonist who ages in reverse. (The story of course was written and titled before the soundalike name of Benjamin Britten came to fame, and as long as they were changing everything else....) With a script by Eric Roth, and with an historical scope and a "special" hero that often recall his script for *Forrest Gump*, the movie is at some pains to shore up the plausibility of the tale — a painful undertaking for sure — and to expunge the humor of it. On screen, nothing is more absurd about it than its length, two and three-quarters hours, plenty long enough to read the Fitzgerald story five or six times over. And its wistful theme of transience frankly gains very little from the reverse-aging phenomenon, nowhere near as much as you'd want to gain from so mindbending a device. The theme, moreover, gains nothing at all from the movie's

feeling of interminability. Director David Fincher, determined to show his softer side, softer than *Zodiac* and *Panic Room* and *Fight Club* and so on, manages first and foremost to show his technical side. The movie is replete with proficiencies of production (the periods are lavishly detailed, the brief tugboat battle with an enemy sub in WWII is dazzling, the duplex love nest is a splendid locale, etc.), and it serves as a virtual showcase for the art of makeup and/or art of digital touch-up, digital airbrush, digital retouch, whatever went into the various aging effects on Brad Pitt and Cate Blanchett. The seamless surgery by which the leading man's head has been grafted onto bodies of different sizes is used, in this instance, responsibly. But it raises unsettling possibilities for the evolutionary next leap in screen body doubles. What's to prevent another filmmaker from putting Brad Pitt's head, in service of vanity, on Michael Phelps's body? Cate Blanchett's on Giselle Bündchen's? With Taraji P. Henson, Jason Flemyng, Jared Harris, Tilda Swinton, Julia Ormond. 2008.

★ (GASLAMP 15)

Defiance — Workmanlike account of the untold (or anyhow unfiled) true story of a 20th-century Moses and his two brothers, who sheltered hundreds of Jews from the Nazis in the forests of Belorussia, such dark days that color itself evidently went into hiding, leaving behind only a greeny or occasionally orangey residue. Daniel Craig, a blond blue-eyed Jew like Paul Newman in *Exodus* ("He is a Jew?" wonders aloud a plain-spoken child), delivers heroic declarations on the order of "Our revenge is to live" and "We may be hunted like animals, but we will not become animals." Natural lovelies emerge undimmed from the rustic privations to pair up with the heroes. A schoolteacher and an intellectual carry on a running sideshow of comical bickering. And Liev Schreiber, the hottest-headed of the three brothers, not content just to dodge the Nazis but itching to engage them, defects to the Red Army. The big hooray moment when he returns to the fold in the

nick of time can be seen coming from so far off that we're surprised only that it didn't arrive sooner. Somehow, even with violin solos by Joshua Bell to put you in mind of *Schindler's List*, the saga doesn't quite sweep you up and away. But it at least stirs interest in the real story. With Jamie Bell, Allan Cornduner, Alexa Davalos, and Jodhi May; directed by Edward Zwick. 2008.

★ (HORTON PLAZA 14; TOWN SQUARE 14)

Doubt — From the prize-winning stage play by John Patrick Shanley, an ambiguous drama of possible priestly pedophilia at a Catholic school in the Bronx. The playwright, perhaps best known to moviegoers as the writer of *Moonstruck* and writer-director of *Joe versus the Volcano*, handles the direction of his own work on screen, and the freedoms of the medium enable him to detail operations of the parish to almost anthropological ends: the nuns' rising and dressing in the A.M., the altar boys' preparations for Mass, the crosscutting contrast between the bloody-roast-beef and red-wine dinner table of the jovial priests as against the silent and austere table of the milk-fed nuns, the students' coed dance lesson to "Blame It on the Bossa Nova," and so on. (The time, as the aforesaid musical selection would suggest, is early Sixties, the time of the playwright's own Catholic boyhood in the Bronx, although the sermon on communal despair after the JFK assassination — one of three pithy sermons in the script — could easily have been recycled post-9/11.) The three principal characters are types: the progressive priest who believes in a "friendlier" church that moves with the times, a friendliness that may or may not have gone too far in embracing the school's first black student, a vulnerable target; the hidebound and humorless old nun ("Penmanship is dying, all across this country") whose hawklike vigilance zeroes in on the priest; and the innocent and idealistic novice, young and pretty, who wants to believe the best of everyone. The clash of personalities, strictly limited by the play's title and tactical guideline, illuminates nothing so much as the players. Meryl Streep, over-

acting awesomely, is not only a holy terror as a nun but as a thespian, booby-trapping every scene with unforeseeable little diversions, inventions, stratagems, embellishments. Philip Seymour Hoffman and Amy Adams, no slouches themselves, appear to enjoy their one scene alone together in the courtyard, no one to steal it from them, no one to show them up or slap them down. With Viola Davis and Joseph Foster. 2008.

★★ (CARMEL MOUNTAIN; HORTON PLAZA 14; LA COSTA 6)

Duplicity — Caper film with Clive Owen, Julia Roberts, Tom Wilkinson, and Paul Giamatti, written and directed by Tony Gilroy. (CARMEL MOUNTAIN; CHULA VISTA 10; FASHION VALLEY 18; FLOWER HILL 4; GROSSMONT CENTER; HORTON PLAZA 14; LA COSTA 6; LA JOLLA 12; MIRA MESA 18; MISSION MARKET-PLACE 13; MISSION VALLEY 7; MISSION VALLEY 20; OTAY RANCH 12; PARKWAY PLAZA 18; PALM PROMENADE 24; PLAZA BONITA 14; POWAY 10; RANCHO DEL REY 16; RANCHO SAN DIEGO 15; RIVER VILLAGE 6; SAN MARCOS 18;

SANTEE DRIVE IN; SOUTH BAY DRIVE IN; TOWN
SQUARE 14; FROM 3/20)

Everlasting Moments — Swedish filmmaker Jan Troell, absent from American screens for a quarter-century, and perhaps best remembered for the early-Seventies diptych of *The Emigrants* and *The New Land*, returns with another period piece, the period of pre-WWI, a period that appears to predate color, in an all-brown, almost sepia palette. The faithful Finnish wife of a violent drunken Swedish dockworker is a nice character, and her chaste relationship with a studio photographer who encourages and nurtures her "gift of seeing" is nice too. (Much more could have been done to illustrate the "gift.") Troell's heavy hand isn't altogether crushing. Maria Heiskanen, Mikael Persbrandt, Jesper Christensen. 2008.

★ (LA JOLLA VILLAGE)

Gomorrah — Worm's-eye view of the Neopolitan underworld: obscure relation-

"I WAS ENCHANTED."
IT GIVES JOHN MALKOVICH THE SHOWCASE HE DESERVES.
Owen Gleiberman, **ENTERTAINMENT WEEKLY**

"SEE 'THE GREAT BUCK HOWARD'."
Emily Blunt is delightful in this sweet, tender slice of showbiz life.
Ben Lyons, **AT THE MOVIES**

"I REALLY ENJOYED 'THE GREAT BUCK HOWARD'."
Ben Mankiewicz, **AT THE MOVIES**

"IF YOU TALK ABOUT ONLY ONE THING THIS WEEK, TALK ABOUT 'THE GREAT BUCK HOWARD'."
Denise Martin, **LA TIMES**

john malkovich colin hanks

THE GREAT BUCK HOWARD

Get ready for the comeback of a lifetime.

the sexy publicist the yes man the big director the deranged fan the angry dad

emily blunt ricky jay griffin dunne with steve zahn and tom hanks

written and directed by sean mcginly

PG PARENTS STRONGLY CAUTIONED
Some material may be inappropriate for children under 13

www.GREATBUCKHOWARDMOVIE.COM **www.MAGPICTURES.COM**

EXCLUSIVE ENGAGEMENT STARTS FRIDAY, MARCH 20

LANDMARK THEATRES
La Jolla Village
8879 Villa La Jolla Dr. • (619) 819-0236

CALL THEATRE FOR SHOWTIMES • NO PASSES

ALSO AVAILABLE ON DEMAND THROUGH YOUR VOD PROVIDER

N I C O L A S C A G E

KNOWING

SUMMIT ENTERTAINMENT PRESENTS

AN ESCAPE ARTISTS PRODUCTION IN ASSOCIATION WITH MYSTERY CLOCK CINEMA AN ALEX PROVAS FILM NICOLAS CAGE "KNOWING" ROSE BYRNE CHANDLER CANTERBURY

CASTING BY GREG APPS MUSIC BY MARCO BELTRAMI COSTUME DESIGNER TERRY RYAN EDITOR RICHARD LEARDOY PRODUCTION DESIGNER STEVEN JONES EXECUTIVE PRODUCERS SIMON DUGGAN & P.S.

PRODUCED BY RYNE DOUGLAS PEARSON BASED UPON THE BOOK BY JULIAN BURGESS SCREENPLAY BY RYNE DOUGLAS PEARSON AND JULIE SNOWDEN & STILES WHITE

DIRECTED BY ALEX PROVAS

PRODUCED BY TODD BLACK JASON BLUMENTHAL STEVE TISCH ALEX PROVAS STORY BY RYNE DOUGLAS PEARSON

SCREENPLAY BY RYNE DOUGLAS PEARSON AND JULIE SNOWDEN & STILES WHITE

ESCAPE ARTISTS MOVIEWORKS SUMMIT ENTERTAINMENT

MOBILE USERS: For Showtimes, Text Message KNOWING and Your ZIP CODE to 43KIX (43549)

STARTS FRIDAY, MARCH 20

AMC FASHION VALLEY 18 San Diego (888) AMC-4FUN AMC LA JOLLA 12 La Jolla (888) AMC-4FUN AMC MISSION VALLEY 20 San Diego (888) AMC-4FUN AMC OTAY RANCH 12 Chula Vista (888) AMC-4FUN AMC PALM PROMENADE 24 San Diego (888) AMC-4FUN AMC PLAZA BONITA 14 National City (888) AMC-4FUN	CINEMARK IMPERIAL VALLEY MALL 14 El Centro (800) FANDANGO EXP 21448 AMC SOUTH BAY DRIVE-IN San Diego (818) 423-2727 EDWARDS MIRA MESA STADIUM 18 San Diego (800) FANDANGO #150 EDWARDS RANCHO SAN DIEGO STADIUM 15 Escondido (800) FANDANGO #132 EDWARDS SAN MARCOS STADIUM 18 San Marcos (800) FANDANGO #161 KRICORIAN'S METROPLEX 15 @ VISTA VILLAGE Vista (760) 545-7488	MOVEMAX AT PLAZA CAMINO REAL 4 Carlsbad (760) 726-7000 READING CINEMAS CARMEL MOUNTAIN 12 San Diego (800) FANDANGO #2704 READING CINEMAS GROSSMONT CENTER STADIUM 10 La Mesa (800) FANDANGO #2710 READING CINEMAS TOWN SQUARE STADIUM 14 San Diego (800) FANDANGO #2722 REGAL CINEMAS ESCONDIDO STADIUM 16 Escondido (800) FANDANGO #667 REGAL CINEMAS OCEANSIDE STADIUM 16 Oceanside (800) FANDANGO #152	REGAL CINEMAS PARKWAY PLAZA STADIUM 18 El Cajon (800) FANDANGO #731 REGAL CINEMAS RANCHO DEL REY STADIUM 16 Chula Vista (818) 539-4214 LIMITED ARTISTS HORTON PLAZA 14 San Diego (800) FANDANGO #519 ULTRASTAR CHULA VISTA 10 Chula Vista (619) 539-4214 ULTRASTAR DEL MAR HIGHLANDS San Diego (858) 646-9420 ULTRASTAR LA COSTA 6 Carlsbad (760) 599-6221	ULTRASTAR MISSION MARKETPLACE 13 Oceanside (760) 806-1790 ULTRASTAR MISSION VALLEY AT HAZARD CENTER San Diego (619) 482-2841 ULTRASTAR POWAY 10 Poway (618) 646-9423 ULTRASTAR RIVER VILLAGE CINEMAS Bonita (760) 945-8704 MOTOR VU TVIN DRIVE-IN Imperial (760) 352-4365 <small>NO PASSBE OR DISCOUNT COUPONS ACCEPTED CHECK LOCAL LISTINGS FOR SHOWTIMES</small>
---	--	--	---	---

Calendar

MOVIES

ships and operations; occasional slaughter; broad expanses of banality. The unfamiliar actors and the *vérité* camera create a plausible impression that it's all really happening, whether or not you can make much sense of it. Based on the nonfiction best-seller by Roberto Saviano; directed by Matteo Garrone. 2008.

★ (KEN, FROM 3/20)

Good — Adaptation of C.P. Taylor's play about the flowering of Nazism, with Viggo Mortensen and Jason Isaacs, directed by Vicente Amorim.

(GASLAMP 15)

Gran Torino — Clint Eastwood, director, serves Clint Eastwood, actor, a nice fat one, a softball lobbed right down the middle of the plate and effortlessly belted over the fence: a sort of Grumpy Old Man version of Dirty Harry, a scowler and a growler (looking and sounding uncannily like a dog in defense of a T-bone), a new widower who has seen his Detroit neighborhood taken over by Hmong immigrants ("HUM-mong," in his two-syllable pronunciation), a hard-ass retiree defined by a pair of prized possessions, the M-1 rifle that commemorates his service in the Korean War and the '72 Gran Torino that commemorates his life's work on the Ford assembly line. The character's blatant bigotry toward his Asian neighbors, whereby he runs through every applicable epithet in a thesaurus of slang (past "fishhead" and "gook" all the way to "zipperhead") is somewhat problematic. Eastwood's endearing presence in the role

automatically takes the edge off the racism in a way that just wouldn't happen if the role were occupied by, say, Gene Hackman, Rip Torn. And taking the edge off the racism is not altogether a good idea, regardless how many laughs you get out of it. What ultimately redeems him and his film is not the conventional, formulaic, soft-hearted and simple-minded warming of relations with the two weakly acted Hmong teenagers next door, and not the tighter focus of wrath on the Asian street gang that's terrorizing the neighborhood, and not even the expediently plotted climactic act of karmic restitution (which in honesty had slim chance to work out as planned). No, none of that. What redeems him and his film, lending it, for all its entertainment value, a sense of gravity and personal conviction, is simply its place in line in his ongoing penance for the offhand violence, the incalculable casualties, of his earlier career: its place behind *Unforgiven*, *A Perfect World*, *Mystic River*, etc. Once was not enough. It was not just lip service, like an obligatory number of Hail Mary's after a long-postponed trip to confession. It was, so it would appear, a genuine conversion, a revelation. This stands as the further proof of it, and further refinement of it. With Bee Vang, Ahney Her, Christopher Carley. 2008.

★★★ (FASHION VALLEY 18; GASLAMP 15; LA JOLLA 12; MISSION VALLEY 20)

The Great Buck Howard — Affectionate and amiable portrait of a fading mentalist (a blissfully hammy John Malkovich) modelled on The Amazing Kreskin, whose fortunes have been on the downslide since Johnny Carson left *The Tonight Show*. Colin Hanks, as a law-school dropout hired to be the new road manager, is our innocent eyes and ears; and his real-life father, Tom Hanks, deigns to put in a couple of appear-

ances as his reel-life father. The tackiness of the title character and his stage act to some extent infects the entire enterprise. With Emily Blunt, Ricky Jay, Steve Zahn, and Griffin Dunne; written and directed by Sean McGinly. 2009.

★ (LA JOLLA VILLAGE, FROM 3/20)

He's Just Not That into You — As an explanation of romantic incompatibility, the catchphrase title is stunningly unilluminating, no matter which of its six words is stressed. (On screen, the third one stands out in green from the white of the rest, but that seems an arbitrary reading.) Satisfied with the what and incurious about the why, it tends to slam the door on further discussion. The screen treatment of Greg Behrendt's and Liz Tuccillo's best-selling advice book, illustrated by way of a fictitious mating game for five women and four men, is similarly incurious. It's... just... not... that... *into*... anybody. Its objects of study remain light on personalities, preferences, professions, particulars of any type. The stubborn superficiality, even so, puts up no impenetrable barrier to enjoyment. The filmmakers grapple with real and eternal and universal issues, in precisely the same sense that their puppets, the characters, grapple with them: the transmission and interpretation of signs and signals, the exercise of power and will, the preservation of self, the hope of happiness. Ken Kwapis, while not a director of impressive imagination, is an efficient traffic cop, maintaining good spacing and smooth flow; and his ace cinematographer, John Bailey, oils up the action in luscious, flattering, sunsetty pinks and oranges. There are plainly too many characters, too uneven in numbers, for happy endings to be arranged across the board; and such arrangements are tricky enough to be not readily apparent from the

start. As far as they can be made, they fall well short of Jane Austen, but they nevertheless are deftly brought off, and they offer, for the susceptible, a couple of squeal-with-delight climaxes. Jennifer Aniston, Drew Barrymore, Jennifer Connelly, Ginnifer Goodwin, Scarlett Johansson, Ben Affleck, Kevin Connolly, Bradley Cooper, Justin Long. 2009.

★★ (DEL MAR HIGHLANDS 8; FASHION VALLEY 18; GROSSMONT CENTER; HORTON PLAZA 14; LA JOLLA 12; OTAY RANCH 12; PALM PROMENADE 24; PLAZA BONITA 14; TOWN SQUARE 14)

Hotel for Dogs — Fanciful, tasteful children's film, from the Lois Duncan book, about two foster kids who secretly transform a derelict hotel into a shelter for stray dogs (the homeless housing the homeless), and more than a shelter, a veritable amusement park. Nicely individualized dogs; tolerable kids; touches of real imagination in script and direction (Thor Freudentahl in his feature debut); general geniality. With Emma Roberts, Jake T. Austin, Don Cheadle, Lisa Kudrow, Kevin Dillon. 2009.

★★ (PALM PROMENADE 24; TOWN SQUARE 14)

I Love You, Man — Buddy comedy with Paul Rudd and Jason Segal, directed by John Hamburg. (CARMEL MOUNTAIN; CHULA VISTA 10; DEL MAR HIGHLANDS 8; FASHION VALLEY 18; GASLAMP 15; GROSSMONT CENTER; LA COSTA 6; LA JOLLA 12; MIRA MESA 18; MISSION MARKETPLACE 13; MISSION VALLEY 20; OTAY RANCH 12; PARKWAY PLAZA 18; PALM PROMENADE 24; PLAZA BONITA 14; POWAY 10; RANCHO DEL REY 16; RANCHO SAN DIEGO 15; SAN MARCOS 18; SANTEE DRIVE IN; SOUTH BAY DRIVE IN; TOWN SQUARE 14; FROM 3/20)

The International — A murky exposé of

big-bank chicanery, not stopping short of paramilitary hit squads, is only a posturing pretext for some pretty slick thriller maneuvers: the foot chase in pursuit of what turns out to be an empty car; the nifty detective work that reveals the presence and identity of a second shooter at a political assassination in Milan; the tailing scene on the streets of New York that leads to a running gun battle at the Guggenheim; the bugged assignation in a Turkish mosque. Tom Tykwer's very precisely balanced — or just as often, precisely unbalanced — compositions proclaim an iron hand. With Clive Owen, Naomi Watts, Armin Mueller-Stahl, Ulrich Thomsen, and Brian F. O'Byrne. 2009.

★★ (FASHION VALLEY 18, GASLAMP 15, LA JOLLA 12)

Knowing — Supernatural thriller starring Nicolas Cage and Rose Byrne, directed by Alex Proyas. (CARMEL MOUNTAIN; CHULA VISTA 10; DEL MAR HIGHLANDS 8; FASHION VALLEY 18; GROSSMONT CENTER; HORTON PLAZA 14; LA COSTA 6; LA JOLLA 12; MIRA MESA 18; MISSION MARKETPLACE 13; MISSION VALLEY 7; MISSION VALLEY 20; OTAY RANCH 12; PARKWAY PLAZA 18; PALM PROMENADE 24; PLAZA BONITA 14; POWAY 10; RANCHO DEL REY 16; RANCHO SAN DIEGO 15; RIVER VILLAGE 6; SAN MARCOS 18; SANTEE DRIVE IN; SOUTH BAY DRIVE IN; TOWN SQUARE 14; FROM 3/20)

The Last House on the Left — Remake of Wes Craven's 1972 revenge thriller, with Garret Dillahunt, Monica Potter, and Tony Goldwyn, directed by Dennis Iliadis. (CHULA VISTA 10; DEL MAR HIGHLANDS 8; FASHION VALLEY 18; GROSSMONT CENTER; HORTON PLAZA 14; LA JOLLA 12; MISSION MARKETPLACE 13; MISSION VALLEY 20; OTAY RANCH 12; PALM PROMENADE 24; PLAZA

MOVIE SHOWTIMES

Bargain showtimes are in parentheses.

CENTRAL CLAIREMONT

Town Square 14

4665 Clairemont Drive (877-789-6684)

Defiance (R); **Duplicity** (PG-13); **He's Just Not That Into You** (PG-13); **Hotel for Dogs** (PG); **I Love You, Man** (R); **Knowing** (PG-13); **The Last House on the Left** (R); **Miss March** (R); **Race to Witch Mountain** (PG); **Slumdog Millionaire** (R); **Taken** (PG-13); **Watchmen** (R)

DOWNTOWN

Gaslamp 15

701 Fifth Avenue (877-789-6684)

As It Is in Heaven (Not Rated); **The Class** (PG-13); **Crossing Over** (R); **The Curious Case of Benjamin Button** (PG-13); **Good** (Not Rated); **Gran Torino** (R); **I Love You, Man** (R); **The International** (R); **Miss March** (R); **Push** (PG-13); **Race to Witch Mountain** (PG); **Rachel Getting Married** (R); **The Secrets** (R); **Taken** (PG-13); **Vicky Cristina Barcelona** (PG-13)

Horton Plaza 14

Horton Plaza (619-444-FILM)

Coraline (PG) Fri. (12:25, 2:45, 5:05) 7:25, 9:50 Sat.-Sun. (12:25, 2:45) 5:05, 7:25, 9:50; **Defiance** (R) Fri.-Sun. 6:55, 10:10; **Doubt** (PG-13) Fri. (1:30, 4:50) 7:50, 10:25 Sat.-Sun. (1:30) 4:50, 7:50, 10:25; **Duplicity** (PG-13) Fri. (1:00, 1:30, 4:15, 4:45) 7:15, 7:45, 10:00, 10:30 Sat.-Sun. (1:00, 1:30) 4:15, 4:45, 7:15, 7:45, 10:00, 10:30; **He's Just Not That Into You** (PG-13) Fri. (12:30, 4:15) 7:05, 9:55 Sat.-Sun. (12:30) 4:15, 7:05, 9:55; **Knowing** (PG-13) Fri. (12:45, 1:15, 4:05, 4:35) 7:00, 7:30, 9:45, 10:15 Sat. (12:45) 4:05, 7:00, 9:45 Sun. (12:45, 1:15) 4:05, 4:35, 7:00, 7:30, 9:45, 10:15; **The Last**

House on the Left (R) Fri. (12:40, 4:10) 7:10, 9:40 Sat.-Sun. (12:40) 4:10, 7:10, 9:40; **Madeda Goes to Jail** (PG-13) Fri. (1:15, 4:40) 7:30, 10:10 Sat.-Sun. (1:15) 4:40, 7:30, 10:10; **Paul Blart: Mall Cop** (PG) Fri. (1:25, 4:30) Sat.-Sun. (1:25) 4:30; **Revolutionary Road** (R) Fri.-Sun. 7:40, 10:20; **Street Fighter: The Legend of Chun-Li** (PG-13) Fri. (1:20, 4:25) Sat.-Sun. (1:20) 4:25; **Watchmen** (R) Fri. (12:35, 1:10, 4:05, 4:35) 7:25, 8:00 Sat.-Sun. (12:35, 1:10) 4:05, 4:35, 7:25, 8:00; **The Wrestler** (R) Fri. (1:05, 4:20) 7:20, 10:05 Sat.-Sun. (1:05) 4:20, 7:20, 10:05

LA JOLLA

La Jolla 12

8657 Villa La Jolla Drive (858-558-2262)

Confessions of a Shopaholic (PG) Fri.-Sun. (10:55) 1:25; **Duplicity** (PG-13) Fri.-Sun. (10:35) 1:15, 4:15, 7:15, 10:20; **Gran Torino** (R) Fri. (10:45) 1:35, 4:25, 7:20, 10:10 Sat.-Sun. 1:35, 4:25, 7:20, 10:10; **He's Just Not That Into You** (PG-13) Fri.-Sun. 12:45, 4:00, 7:10, 10:25; **I Love You, Man** (R) Fri.-Sun. (11:45) 2:30, 5:15, 8:00, 10:45; **The International** (R) Fri.-Sat. (10:40) 1:40, 4:35, 7:35, 10:35 Sun. 1:40, 4:35, 7:35, 10:35; **Knowing** (PG-13) Fri.-Sun. (10:30) 1:30, 4:30, 7:30, 10:30; **The Last House on the Left** (R) Fri.-Sat. (11:30) 2:15, 5:05, 7:55, 10:35 Sun. 2:15, 5:05, 7:55, 10:35; **Race to Witch Mountain** (PG) Fri.-Sun. (10:50) 1:20, 4:05, 6:45, 9:30; **Revolutionary Road** (R) Fri.-Sun. 4:10, 7:05, 10:00; **Taken** (PG-13) Fri.-Sun. 1:50, 4:20, 6:55, 9:25; **Watchmen** (R) Fri.-Sun. (11:15) 3:05, 7:00, 10:15; **The Wrestler** (R) Fri.-Sun. (11:10) 2:00, 4:40, 7:25, 10:40

La Jolla Village

8879 Villa La Jolla Drive (619-819-0236)

Everlasting Moments (Not Rated) Fri. (1:45, 5:00) 8:00 Sat.-Sun. (1:45) 5:00, 8:00; **The Great Buck Howard** (PG) Fri. (2:15, 4:45) 7:15, 9:45 Sat.-Sun. (2:15) 4:45, 7:15, 9:45; **Slumdog Millionaire** (R) Fri. (2:30, 5:15) 8:15 Sat.-Sun. (2:30) 5:15, 8:15; **Sunshine Cleaning**

(R) Fri. (2:00, 4:30) 7:00, 9:30 Sat.-Sun. (2:00) 4:30, 7:00, 9:30

MIRA MESA

Mira Mesa 18

10733 Westview Parkway (800-326-3264)

Call theater for program information.

MISSION VALLEY

Fashion Valley 18

7037 Friars Road (858-558-2262)

Confessions of a Shopaholic (PG); **Coraline** (PG); **Duplicity** (PG-13); **Fired Up** (PG-13); **Gran Torino** (R); **He's Just Not That Into You** (PG-13); **I Love You, Man** (R); **The International** (R); **Knowing** (PG-13); **The Last House on the Left** (R); **Madeda Goes to Jail** (PG-13); **Paul Blart: Mall Cop** (PG); **Race to Witch Mountain** (PG); **Revolutionary Road** (R); **Taken** (PG-13); **Watchmen** (R)

Mission Valley 7

7510 Hazard Center Drive (619-685-2841)



Latino Film Festival now playing:

www.sdlatinofilm.com for titles and showtimes;

Duplicity (PG-13) (10:30 1:30) 4:30 7:30 10:15; **Knowing** (PG-13) (11:00 2:00) 5:00 8:00 10:45; **Watchmen** (R) (12:15 3:45) 7:00 10:30; **Barbie Presents Thumbelina** (G) 10:30 am Sat.-Sun. only
No 9 pm-10:45 pm shows Sun.-Thu.

Mission Valley 20

1640 Camino Del Rio North (858-558-2262)

Confessions of a Shopaholic (PG); **Coraline** (PG); **Duplicity** (PG-13); **Friday the 13th** (R); **Gran Torino** (R); **I Love You, Man** (R);

Knowing (PG-13); **The Last House on the Left** (R); **Madeda Goes to Jail** (PG-13); **Miss March** (R); **Push** (PG-13); **Race to Witch Mountain** (PG); **Street Fighter: The Legend of Chun-Li** (PG-13); **Taken** (PG-13); **Watchmen** (R)

STATE UNIVERSITY

Ken

4061 Adams Avenue (619-819-0236)

Gomorrah (Not Rated) Fri. (5:30, 8:30) Sat.-Sun. (2:30, 5:30, 8:30)

UPTOWN

Hillcrest Cinemas

3965 Fifth Avenue (619-819-0236)

Che (R) Fri.-Sun. 7:30p.m.; **The Reader** (R) Fri. (2:00, 4:45) Sat.-Sun. (2:00) 4:45; **Slumdog Millionaire** (R) Fri. (1:30, 4:15) 7:00, 9:45, 10:15 Sat.-Sun. (1:30) 4:15, 7:00, 9:45, 10:15; **Sunshine Cleaning** (R) Fri. (1:15, 2:15, 4:00, 5:00) 6:45, 7:45, 9:30 Sat.-Sun. (1:15) 2:15, 4:00, 5:00, 6:45, 7:45, 9:30; **Two Lovers** (R) Fri. (1:45, 4:30) 7:15, 10:00 Sat.-Sun. (1:45) 4:30, 7:15, 10:00

Museum of Photographic Arts

1649 El Prado, Balboa Park (619-238-7559)

Call theater for program information.

Reuben H. Fleet Science Center

1875 El Prado, Balboa Park (619-238-1233)

Animalopolis (NR) Fri. 1:00, 3:00 Sat.-Sun. 10:00, 1:00, 3:00; **Lewis & Clark & George** (NR) Fri. 8:00p.m.; **Van Gogh: Brush With Genius** (NR) Fri. 4:00, 6:00 Sat. 11:00, 4:00, 6:00 Sun. 11:00, 4:00; **Wild California** (NR) Fri. 7:00p.m.; **Wild Ocean 3D** (NR) Fri. 12:00, 2:00, 5:00, 9:00 Sat. 12:00, 2:00, 5:00, 7:00, 8:00 Sun. 12:00, 2:00, 5:00, 6:00

San Diego Natural History Museum

1788 El Prado, Balboa Park (619-232-3821)

Human Body (NR) Fri.-Sat. 11:00, 1:00, 3:00, 5:00, 6:00, 7:30 Sun. 11:00, 1:00, 2:00, 3:00, 5:00

EAST COUNTY

EL CAJON

Parkway Plaza 18

405 Parkway Plaza (619-401-3456)

Coraline (PG) Fri. (12:00, 2:25, 4:50) 7:15, 9:40 Sat.-Sun. (12:00, 2:25) 4:50, 7:15, 9:40; **Duplicity** (PG-13) Fri. (1:10, 1:30, 4:10, 4:30) 7:10, 7:30, 10:10, 10:35 Sat.-Sun. (1:10, 1:30) 4:10, 4:30, 7:10, 7:30, 10:10, 10:35; **Fired Up** (PG-13) Fri. (12:50, 3:20, 5:40) 8:10, 10:45 Sat.-Sun. (12:50, 3:20) 5:40, 8:10, 10:45; **Gran Torino** (R) Fri. (12:00, 2:40, 5:20) 8:00, 10:40 Sat.-Sun. (12:00, 2:40) 5:20, 8:00, 10:40; **He's Just Not That Into You** (PG-13) Fri.-Sun. (12:20, 3:10) 6:05; **I Love You, Man** (R) Fri. (12:15, 12:35, 2:45, 3:05, 5:20, 5:40) 7:55, 8:15, 10:30, 10:50 Sat.-Sun. (12:15, 12:35, 2:45, 3:05) 5:20, 5:40, 7:55, 8:15, 10:30, 10:50; **Knowing** (PG-13) Fri. (1:00, 1:20, 3:55, 4:15) 6:50, 7:20, 9:45, 10:15 Sat.-Sun. (1:00, 1:20, 3:55) 4:15, 6:50, 7:20, 9:45, 10:15; **The Last House on the Left** (R) Fri. (12:15, 2:55, 5:35) 8:15, 10:50 Sat.-Sun. (12:15, 2:55) 5:35, 8:15, 10:50; **Madeda Goes to Jail** (PG-13) Fri.-Sun. (12:10, 2:35) 9:45; **Miss March** (R) Fri. (5:05) 7:25 Sat.-Sun. 5:05, 7:25; **Paul Blart: Mall Cop** (PG) Fri. (12:25, 2:50, 5:45) 8:05, 10:35 Sat.-Sun. (12:25, 2:50) 5:45, 8:05, 10:35; **Race to Witch Mountain** (PG) Fri. (12:05, 12:25, 2:35, 2:55, 5:05, 5:25) 7:40, 8:00, 10:25, 10:45 Sat.-Sun. (12:05, 12:25, 2:35, 2:55) 5:05, 5:25, 7:40, 8:00, 10:25, 10:45; **Slumdog Millionaire** (R) Fri. (1:10, 4:15) 7:10, 10:10 Sat.-Sun. (1:10) 4:15, 7:10, 10:10; **Taken** (PG-13) Fri. (12:45, 3:05, 5:25) 7:40, 10:00 Sat.-Sun. (12:45, 3:05) 5:25, 7:40, 10:00; **Watchmen** (R) Fri.-Sun. (12:05, 3:35) 7:00, 8:55, 10:25

LA MESA

Grossmont Center 10

5500 Grossmont Center Drive (877-789-6684)

Duplicity (PG-13); **He's Just Not That Into You** (PG-13); **I Love You, Man** (R); **Knowing**

(PG-13); **The Last House on the Left** (R); **Miss March** (R); **Race to Witch Mountain** (PG); **Slumdog Millionaire** (R); **Taken** (PG-13); **Watchmen** (R)

RANCHO SAN DIEGO

Rancho San Diego 15
2951 Jamacha Road (800-326-3264)
Coraline (PG) Fri. (11:55, 2:35, 5:05) 7:30, 10:10 Sat.-Sun. (11:55, 2:35) 5:05, 7:30, 10:10; **Duplicity** (PG-13) Fri.-Sun. (12:30, 4:30) 7:20, 10:15; **Gran Torino** (R) Fri.-Sun. 7:50, 10:40; **I Love You, Man** (R) Fri. (11:50, 12:20, 2:30, 3:25, 5:10) 7:15, 8:00, 10:05, 10:35 Sat.-Sun. (11:50, 12:20, 2:30, 3:25) 5:10, 7:15, 8:00, 10:05, 10:35; **Knowing** (PG-13) Fri. (12:00, 12:45, 3:00, 4:40) 7:00, 7:40, 9:50, 10:45 Sat.-Sun. (12:00, 12:45, 3:00) 4:40, 7:00, 7:40, 9:50, 10:45; **The Last House on the Left** (R) Fri.-Sun. (12:40, 3:30) 6:40, 9:30; **Madega Goes to Jail** (PG-13) Fri. (12:10, 2:50, 5:25) 7:55, 10:30 Sat.-Sun. (12:10, 2:50) 5:25, 7:55, 10:30; **Paul Blart: Mall Cop** (PG) Fri. (12:15, 2:45, 5:20) Sat.-Sun. (12:15, 2:45) 5:20; **Race to Witch Mountain** (PG) Fri. (12:05, 12:35, 2:25, 3:15, 5:15) 7:10, 7:45, 9:40, 10:20 Sat.-Sun. (12:05, 12:35, 2:25, 3:15) 5:15, 7:10, 7:45, 9:40, 10:20; **Slumdog Millionaire** (R) Fri.-Sun. (12:50, 3:35) 6:45, 9:45; **Taken** (PG-13) Fri. (12:25, 2:40, 5:00) 7:35, 9:55 Sat.-Sun. (12:25, 2:40) 5:00, 7:35, 9:55; **Watchmen** (R) Fri.-Sun. (11:50, 1:00, 3:20) 6:30, 6:55, 10:00, 10:25

SANTEE

Santee Drive In
10990 Woodside Avenue (619-448-7447)
Bedtime Stories (PG); **Knowing** (PG-13); **Race to Witch Mountain** (PG); **Watchmen** (R)

SOUTH BAY
CHULA VISTA

Chula Vista 10
Broadway between H and I (619-338-4214)



I Love You, Man (R) (12:30 3:00) 5:30 8:00 10:30; **Duplicity** (PG-13) (11:00 1:45) 4:30 7:15 10:15; **Knowing** (PG-13) (11:00 1:00 2:00 4:00) 4:45 7:00 7:45 10:00 10:45; **Race to Witch Mountain** (PG) (12:15 2:45) 5:15 7:45 10:15; **Last House on the Left** (R) (12:45 3:15) 5:45 8:15 10:45; **Watchmen** (R) (12:00 1:15 3:30) 5:00 7:00 8:30 10:30; **Madega Goes to Jail** (PG-13) (11:30 2:15) 4:45 7:30 10:00; **Taken** (PG-13) (11:15 1:30 3:45) 6:00 8:15 10:45; **Barbie Presents Thumbelina** (G) 10:30 am Sat.-Sun. only
No 9 pm-10:45 pm shows Sun.-Thu.

Otay Ranch 12
Eastlake Parkway at Olympic (858-558-2262)
Confessions of a Shopaholic (PG); **Coraline** (PG); **Duplicity** (PG-13); **He's Just Not That Into You** (PG-13); **I Love You, Man** (R); **Knowing** (PG-13); **The Last House on the Left** (R); **Madega Goes to Jail** (PG-13); **Paul Blart: Mall Cop** (PG); **Race to Witch Mountain** (PG); **Slumdog Millionaire** (R); **Taken** (PG-13); **Watchmen** (R)

Palm Promenade 24
770 Dennery Road (858-558-2262)
Coraline (PG); **Duplicity** (PG-13); **Fired Up** (PG-13); **He's Just Not That Into You** (PG-13); **Hotel for Dogs** (PG); **I Love You, Man** (R); **Jonas Brothers: The 3-D Concert Experience** (G); **Knowing** (PG-13); **The Last House on the Left** (R); **Madega Goes to Jail** (PG-13); **Miss March** (R); **Paul Blart: Mall Cop** (PG); **Race to Witch Mountain** (PG); **Slumdog Millionaire** (R); **Street Fighter: The Legend of Chun-Li** (PG-13); **Taken** (PG-13); **The Uninvited** (PG-13); **Watchmen** (R)

Rancho Del Rey 16
East H Street (619-216-4707)
Call theater for program information.

IMPERIAL BEACH

South Bay Drive In
2170 Coronado Avenue (619-423-2727)
Call theater for program information.

NATIONAL CITY

Plaza Bonita 14
3030 Plaza Bonita Road (858-558-2262)
Duplicity (PG-13); **He's Just Not That Into You** (PG-13); **I Love You, Man** (R); **Knowing** (PG-13); **The Last House on the Left** (R); **Madega Goes to Jail** (PG-13); **Miss March** (R); **Paul Blart: Mall Cop** (PG); **Race to Witch Mountain** (PG); **Slumdog Millionaire** (R); **Taken** (PG-13); **Watchmen** (R)

NORTH INLAND
CARMEL MOUNTAIN

Carmel Mountain 14
11620 Carmel Mountain Road (877-789-6684)
The Class (PG-13); **Confessions of a Shopaholic** (PG); **Doubt** (PG-13); **Duplicity** (PG-13); **Fired Up** (PG-13); **I Love You, Man** (R); **Knowing** (PG-13); **Milk** (R); **Miss March** (R); **Paul Blart: Mall Cop** (PG); **Race to Witch Mountain** (PG); **The Reader** (R); **Slumdog Millionaire** (R); **Taken** (PG-13); **Watchmen** (R); **The Wrestler** (R)

ESCONDIDO

Escondido 16
350 W. Valley Parkway (760-291-0119)
Call theater for program information.

FALLBROOK
River Village 6
5256 S. Mission Road (760-945-8784)



Duplicity (PG-13) (11:00 1:45) 4:30 7:15 10:00; **Knowing** (PG-13) (11:30 2:15) 5:00 8:00 10:45; **Race to Witch Mountain** (PG) (12:15 2:45) 5:15 7:45 10:15; **Last House on the Left** (R) (12:30 3:00) 5:30 8:15 10:45; **Watchmen** (R) (12:00 3:30) 7:00 10:30; **Slumdog Millionaire** (R) (11:15 2:00) 4:45 7:30 10:15; **Barbie Presents Thumbelina** (G) 10:30 am Sat.-Sun. only
No 9 pm-10:45 pm shows Sun.-Thu.
No 11 am-3:45 pm shows Tues.-Thu.

POWAY
Poway 10
13475 Poway Road (858-646-9423)



I Love You, Man (R) (10:00 12:30 3:00) 5:30 8:00 10:30; **Duplicity** (PG-13) (10:15 1:00 4:00) 7:15 10:15; **Knowing** (PG-13) (11:00 1:45) 4:45 7:30 10:30; **Race to Witch Mountain** (PG) (10:00 11:30 12:15 2:00 2:45) 4:30 5:15 7:00 7:45 9:30 10:15; **Last House on the Left** (R) (10:15 12:45 3:15) 5:45 8:15 10:45; **Watchmen** (R) (10:00 12:00 1:30 3:30) 5:00 7:00 8:30 10:30; **Taken** (11:15 1:30 3:45) 6:00 8:15 10:00; No 11:15 Sat. & Sun.; No 6:00 & 8:15 Wed.; **Slumdog Millionaire** (R) (10:30 1:15) 4:15 7:15 10:15; **Barbie Presents Thumbelina** (G) 10:30 am Sat.-Sun. only
No 9 pm-10:45 pm shows Sun.-Thu.

SAN MARCOS
San Marcos 18
1180 West San Marcos Boulevard at Old California Walk (760-471-3711)
Call theater for program information.

VISTA
Vista Village
Highway 78 at Vista Village Drive (760-945-7469)
Coraline (PG) Fri.-Sun. (12:00, 2:20, 4:40); **Duplicity** (PG-13) Fri.-Sun. (10:50, 11:20, 1:35, 2:05, 4:20, 4:50) 7:05, 7:45, 9:50, 10:30; **I Love You, Man** (R) Fri.-Sun. (11:45, 12:30, 2:20, 3:00, 4:50, 5:30) 7:30, 8:05, 10:00, 10:30;

Knowing (PG-13) Fri.-Sun. (10:50, 11:30, 1:35, 2:15, 4:25, 5:00) 7:15, 7:50, 10:00, 10:30; **The Last House on the Left** (R) Fri.-Sun. (11:40, 12:20, 2:10, 2:50, 4:45, 5:20) 7:20, 8:00, 9:50, 10:30; **Madega Goes to Jail** (PG-13) Fri.-Sun. (12:05, 2:35, 5:00) 7:25, 10:05; **Miss March** (R) Fri.-Sun. 7:00, 9:15; **Race to Witch Mountain** (PG) Fri.-Sun. (11:35, 12:15, 2:10, 2:50, 4:35, 5:15) 7:05, 7:40, 9:35, 10:10; **Slumdog Millionaire** (R) Fri.-Sun. (11:20, 2:00, 4:45) 7:30, 10:15; **Taken** (PG-13) Fri.-Sun. (12:10, 2:30, 5:05) 7:35, 10:05; **Watchmen** (R) Fri.-Sun. (12:20, 3:45) 7:10, 10:25

NORTH COASTAL

CARLSBAD
Plaza Camino Real
2385 Marron Road (760-729-7469)
Call theater for program information.

DEL MAR
Del Mar Highlands 8
El Camino Real at Del Mar Heights Road (858-646-9420)



I Love You, Man (R) (10:00 12:30 3:00) 5:30 8:00 10:15; **Knowing** (PG-13) (11:00 1:45) 4:30 7:30 10:30; **Race to Witch Mountain** (PG) (10:00 12:15 2:45) 5:15 7:45 10:15; **Last House on the Left** (R) (10:15 12:45 3:15) 5:45 8:15 10:45; **Watchmen** (R) (10:00 12:00 1:30 3:30) 5:00 7:00 8:30 10:30; **Confessions of a Shopaholic** (PG) (11:15) 4:45; **He's Just Not That Into You** (PG-13) (2:00) 7:15 9:45; **Taken** (PG-13) (10:45 1:15 3:45) 6:15 8:30 10:45; No 10:45 am Sat. & Sun.; **Barbie Presents Thumbelina** (G) 10:30 am Sat.-Sun. only
No 9 pm-10:45 pm shows Sun.-Thu.

Flower Hill 4
2630 Via de la Valle (858-646-9425)



Duplicity (PG-13) (10:30 1:30) 4:30 7:30 10:30; **Two Lovers** (PG-13) (10:00 12:30 3:15) 5:45 8:15 10:45; **The Reader** (R) (11:15 2:00) 5:00 8:00 10:45; **Slumdog Millionaire** (R) (10:15 1:00 3:45) 7:00 10:00; No 7:00 Wed.
No 9 pm-10:45 pm shows Sun.-Thu.

ENCINITAS
La Paloma
471 South Coast Highway 101 (760-436-SHOW)
Slumdog Millionaire (R)

LA COSTA
La Costa 6
6941 El Camino Real (at Aviara/Alga) (760-599-8221)



I Love You, Man (R) (10:00 12:30 3:00) 5:30 8:00 10:30; **Duplicity** (PG-13) (10:15 1:15) 4:15 7:15 10:00; **Knowing** (PG-13) (10:45 1:30) 4:30 7:30 10:15; **Race to Witch Mountain** (PG) (10:00 12:15 2:45) 5:15 7:45 10:15; **Doubt** (R) (10:30 12:45 3:15) 5:45 8:15 10:45; No 10:30 Sat. & Sun.; **Watchmen** (R) (12:00 3:30) 7:00 10:30; **Barbie Presents Thumbelina** (G) 10:30 am Sat.-Sun. only
No 9 pm-10:45 pm shows Sun.-Thu.

OCEANSIDE
Mission Marketplace 13
College Boulevard and Mission Avenue (760-806-1790)



I Love You, Man (R) (11:15 2:00) 4:45 7:30 10:00; Will play also play at 10:00 am on Wed. only; **Duplicity** (PG-13) (11:00 11:30 1:45 2:15) 4:30 5:00 7:15 7:45 10:00 10:30; **Knowing** (PG-13) (11:00 11:45 1:45 2:30) 4:30 5:15 7:15 8:00 10:00 10:45; **Race to Witch Mountain** (PG) (11:30 12:15 2:00 2:45) 4:15 5:00 7:00 8:00 9:30 10:15; **Last House on the Left** (R) (12:45 3:15) 5:45 8:15 10:45; **Miss March** (R) 5:30 10:30; **Watchmen** (R) (12:00 3:30) 7:00 10:30; **Madega Goes to Jail** (PG-13) (12:30 3:00) 8:15; **Barbie Presents Thumbelina** (G) 10:30 am Sat.-Sun. only
No 9 pm-10:45 pm shows Sun.-Thu.

Oceanside 16
401 Mission Avenue (760-439-1733)
Call theater for program information.

Monsters vs. Aliens 3D opens Friday 3/27!
Exclusively in Pure Digital 3D!
Tickets on sale now at theaters and online.

Tickets purchased online receive priority seating!

Chula Vista
555 Broadway #2050 • Chula Vista

Mission Marketplace
431 College Blvd. • Oceanside

Mission Valley Hazard Center
7510 Hazard Ctr. Dr. • San Diego

Del Mar Highlands
12905 El Camino Real • San Diego

Poway Creekside Plaza
13475 Poway Rd. • Poway

River Village
5256 S. Mission Rd. • Bonsall

La Costa
6941 El Camino Real • Carlsbad

Flower Hill
2630 Via de la Valle • Del Mar

Opera and Ballet series coming soon...

\$6

Student Admission with this coupon

Must present valid student ID.
Coupon good for up to two admissions.
Not valid for 3D movies. Expires 3/26/09.
Code M9-3-25

UltraStar Cinemas invites you to enjoy a \$50 gift certificate for the Black&Blue Steakhouse at Valley View Casino, winner of Channel 10 San Diego's 2008 A-List Award for "Best Steakhouse"! Just purchase a movie ticket at any UltraStar location to receive your certificate. Certain restrictions apply.

Buy tickets online or at the box office NOW!

www.UltraStarMovies.com

Calendar

MOVIES

BONITA 14; POWAY 10; RIVER VILLAGE 6; TOWN SQUARE 14)

Milk — Gus Van Sant’s celebratory biopic on Harvey Milk, the gay-rights activist and San Francisco City Supervisor martyred by assassination in 1978. However useful as pep rally or memorial service, the film comes up short as drama, relying altogether too much on Position Statements, Slogans, Bromides, primarily through the protagonist’s stump speeches and a serialized in-the-event-of-my-death tape recording that ties the narrative together. (Screenplay by Dustin Lance Black.) What nonetheless humanizes all this plain talk is the transformational performance of Sean Penn, a totally new and different Sean Penn, almost bird-like in his lightness and tightness, very vulnerable in his worries and very touching in his joys, unshy about the kissy-face with James Franco and Diego Luna, bravely not avoiding homosexual stereotype yet nicely avoiding caricature. It immediately takes its place alongside the performances of *Mystic River*, *Dead Man Walking*, *Casualties of War*, maybe one or two others, in the actor’s best-of portfolio. With Josh Brolin, Emile Hirsch, Alison Pill, Victor Garber. 2008. ★★ (CARMEL MOUNTAIN)

Miss March — Sex comedy starring, and co-written and co-directed by, Zach Cregger and Trevor Moore. (CARMEL MOUNTAIN; GASLAMP 15; GROSSMONT CENTER; MISSION MARKETPLACE 13; MISSION VALLEY 20; PALM PROMENADE 24; PLAZA BONITA 14; TOWN SQUARE 14)

Paul Blart: Mall Cop — A hypoglycemic overweight eight-time reject from the Jersey State Troopers, trying to make the most of a job as security guard, can’t handle a speeding old duffer in a wheelchair or a bellicose

fat lady at Victoria’s Secret, yet he rises to the challenge of a highly trained team of professional armed robbers. *Die Hard* for the common schlub (Kevin James, highly trained in his own way), with a hot chick as a bonus. Better call it *Dream Hard*. With Jayma Mays, Keir O’Donnell, Raini Rodriguez, Shirley Knight, and Bobby Cannavale; directed by Steve Carr. 2009. ● (CARMEL MOUNTAIN; FASHION VALLEY 18; HORTON PLAZA 14; OTAY RANCH 12; PALM PROMENADE 24; PLAZA BONITA 14)

Push — Differently gifted paranormals, on the model of the Fantastic Four and the X-Men, battle over a wonder drug in a secreted syringe in Hong Kong. The possibilities are endless, and so, in consequence, is the tedium. Paul McGuigan’s hopped-up direction only increases it. Chris Evans, Dakota Fanning, Camilla Belle, Djimon Hounsou. 2009. ● (GASLAMP 15; MISSION VALLEY 20)

Race to Witch Mountain — Disney revisits the titular summit, thirty years later, but not to pick up the paranormal adolescents in middle age. (Kim Richards and Ike Eisenmann, the original kids of *Escape from...* and *Return to...*, can be spotted in bit parts.) The action is ineptly directed by Andy Fickman, and Dwayne “The Rock” Johnson explores his comic range as a Vegas cabbie, a very short journey. With Anna-Sophia Robb, Alexander Ludwig, Carla Gugino, Ciarán Hinds, Tom Everett Scott. 2009. ● (CARMEL MOUNTAIN; CHULA VISTA 10; DEL MAR HIGHLANDS 8; FASHION VALLEY 18; GASLAMP 15; GROSSMONT CENTER; LA COSTA 6; LA JOLLA 12; MISSION MARKETPLACE 13; MISSION VALLEY 20; OTAY RANCH 12; PALM PROMENADE 24; PLAZA BONITA 14; POWAY 10; RIVER VILLAGE 6; SANTEE DRIVE IN; TOWN SQUARE 14)

Rachel Getting Married — A sort of Rainbow Coalition wedding weekend: the father of the Jewish bride had remarried a black, the bride too is marrying a black (it

might be noted that Sidney Lumet, the father of first-time scriptwriter Jenny Lumet, had remarried a black himself), and the theme of the wedding is inexplicably Indian. Director Jonathan Demme, striving for an improvisational feel, stages the goings-on with an almost Danish dishevelment: a hand-held camera in the grasp of an arm-weary cameraman. Anne Hathaway, as the bride’s just-out-of-rehab sister, a constant and tiresome threat of disruption (“She needs a lot of acknowledgment”), proves to be too actressy for the style; but Rosemarie DeWitt makes a fine impression as her well-behaved sister, and the conviviality of the gathering, with heavy representation from the cool cats of the music industry, is by and large believable and admirable. With Mather Zickel, Bill Irwin, Anna Deavere Smith, Tunde Adebimpe, and Debra Winger. 2008. ★ (GASLAMP 15)

The Reader — Stephen Daldry’s tight and trim adaptation of the Bernhard Schlink best-seller on German war guilt and the filial estrangement of the postwar generation. It begins in 1995 in the frigid colorless anti-septic Berlin apartment of Ralph Fiennes, lit by way of Vermeer, but soon it retreats to his adolescence in 1958, his incarnation in a very dissimilar young actor named David Kross, his scarlet fever, his torrid summer affair with an older streetcar attendant played by Kate Winslet, and his habit of reading to her in bed and bath: *The Odyssey*, *Huckleberry Finn*, *The Lady with the Little Dog*, *Lady Chatterley’s Lover* (“This is disgusting,” huffs the naked lady beside him). In school, his Lit. teacher broaches the universal theme of secrecy — a nudge to us viewers — and it’s clear that the boy’s secret is his older lover. But what’s hers? Again it’s clear, from the shaded and shifting emotions of the unfailingly fascinating Winslet, that there’s a lot going on inside which we don’t know about. And not because Winslet, as the torrid affair abundantly lays bare, is to any degree inhibited. It would not be giving away too much to re-

veal that several years later, when our protagonist has enrolled in law school, his advanced seminar attends for educational purposes a war-crimes trial in which his former lover is unmasked as an S.S. officer at Auschwitz. It’s still clear even then, from all the shading and shifting, that she harbors secrets. The provocation of the protagonist to divulge his own secret and to interpose himself in the proceedings becomes quite urgent and suspenseful, although in both courtroom and classroom the film has now entered a polemical mode that can only be termed uncinematic. All the same, David Hare, the screenwriter, is a fastidious wordsmith; and even if the film drags on a bit once the time line catches up to Ralph Fiennes, drags on seemingly to justify his place on the payroll, it eventually comes to a satisfying end in a highly charged sit-down between him and Lena Olin, a concentration-camp survivor. The clean clear color and the pinpoint focus (Chris Menges and Roger Deakins, co-credited as cinematographers) belie the moral muddiness. 2008. ★★ (CARMEL MOUNTAIN; FLOWER HILL 4; HILL-CREST CINEMAS)

Revolutionary Road — Director Sam Mendes returns to the suburban stamping ground of his filmmaking debut, *American Beauty*, but at the very opening of that territory in the 1950s, at the inception, that is to say, of all the clichés of cookie-cutter conformity, Little Boxes, the Lonely Crowd, lives of quiet desperation, and so forth. As the central couple — the Wheelers, residing with strident irony at the titular address in Connecticut, the dead end of the American Dream — it must have seemed a bright idea to reunite the lovebirds of *Titanic*, as if to hint at the illusion-shattering grimness of the married life ahead of them had the iceberg not got in the way. But the birds have matured at different rates in the intervening eleven years. Whether in rage or frustration, cajolement or surrender, Kate Winslet (Mrs. Mendes off screen) appears much too strong for Leonardo DiCaprio, whose perennial boyishness clings to him, dogs him, drags him down, even in, or perhaps especially in, his face-caving moments of total emotional nakedness: “You’re not worth the powder it would take to blow you up!” (Now, now, sonny.) You could wonder, to divide the faultfinding fairly, whether she’s not too strong for her own role. The movie, taking its lead from the Richard

Yates novel and then going beyond the novel in search of a present-day perspective, is trying to do something a bit different, and a bit difficult, in suggesting that the would-be free Wheelers are not as superior to, or separate from, their neighbors and surroundings as they would like to imagine, and in nudging the spectators, at the same time, to recognize that they themselves are not as superior as they might suppose to the central couple, the Fifties, their neighbors today. The codified view of postwar suburbia has over the years undergone too much expansion and elaboration for the movie to escape a sense of cliché and sense of hyperbole. But the cliché and hyperbole are done to a turn. And the period and its archaisms (“I must scoot. Toodle-oo”), its formalities and manners (no one but a certified madman, an institutionalized mathematician on a day pass, dares speak the truth in mixed company), combine to produce a stylization that brings out the satire in the piece. *Revolutionary Road* beats *American Beauty*, not terribly hard to do, for both seriousness and funniness. Kathy Bates, Michael Shannon, David Harbour. 2008. ★★ (FASHION VALLEY 18; HORTON PLAZA 14; LA JOLLA 12)

Roman de Gare — Claude Lelouch, still very much his own man at age seventy, retains an authentic romanticism and optimism, undimmed by rueful realities. A fully rounded filmmaker, good with actors, locales, color, camera, movement, dialogue, the works, he is here shown off at about 300 degrees of his maximum circumference. Fundamentally a thriller, to do with the chance encounter of two strangers at a highway rest stop and the best-selling novel that results from the encounter, the film is more scrupulously plotted than his norm (one of his habitual laxities), negotiating a course of tricky twists and turns without feeling forced or underhanded. Dominique Pinon, generally cast for his dentureless funny looks, is led to new dimensions of humanity as one of the strangers; and as the other, Audrey Dana, a fresh face if not an especially young one, quite an expressive and complicated face, is a bountiful discovery. Fanny Ardant as the best-selling novelist, notwithstanding her assortment of wigs, comes as no surprise. She comes as a sure thing. 2007. ★★★★★ (SAN DIEGO PUBLIC LIBRARY, 3/23, 6:30 P.M.)

The Secrets — The academically advanced daughter of a fundamentalist rabbi, postponing her arranged marriage in order to study the Talmud at a seminary for women in the holy city of Safed, gets thrown together with a cigarette-smoking rebel from France, and the two of them (the ardent Ania Bukstein, the kittenish Michal Shtamler) take upon themselves a custom-designed program of redemption for a dying French expatriate and ex-convict (the regularly magnificent Fanny Ardant, more magnificent than usual). It’s a story, twists and turns aplenty, of feminism and sisterhood in an exotic culture with specific obstacles and specific personalities to negotiate them. The logic of it can pass as the logic of destiny, the bringing together of these people in this place for this purpose, to carve out a life path that diverges from the path that had been charted, a twisty, turny one in place of a paved straightaway. To say it a different way, the logic of it can pass as an object lesson in the art of fiction. This is how the trick is supposed to be done, one thing leading inexorably to another with step-by-step credibility, cumulative implication, climactic impact. It fascinates and illuminates. Directed by Avi Nesher. 2007. ★★★★★ (GASLAMP 15)

Slumdog Millionaire — Feverish day-dream, partly amorous, partly avuncious, around an unschooled Bombay teenager

User Reviews — MOVIES

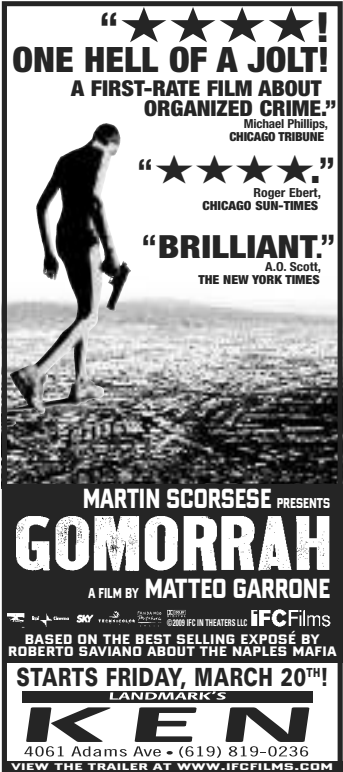
Best user comments from Reader website

Watchmen 2009
I still have to see this movie!!! It looks cool. :)
By **JulieParrots** 12:30 a.m., Mar 10, 2009

Watchmen 2009
From a Facebook posting by a friend of mine: “Dan Murphy is wishing he had \$10.25 back that he spent on *Watchmen* — what a waste of money.” I guess that sums it up.
By **alansegal** 10:11 a.m., Mar. 11, 2009

Coraline 3-D 2009
Uses layering and forced perspective to provide an immersive 3-D experience and draw you into the narrative rather than the “comin’ at ya” type that so often uses the technology to point outwards at the audience for novelty effect. This is a remarkable movie and should be seen in a 3-D theatrical setting. Selick (Not Tim Burton, folks — Selick also directed *Nightmare Before Christmas*) shows the influence of having storyboarded Walter Murch’s *Return to Oz* by even further enhancing the Grimm elements of Neal Gaiman’s story. But rather than moralizing to children for the purposes of inducing a fear-based obedience, this movie thematically attempts to express the importance of questioning the motives of benevolent authority, appreciating the boundaries of friends and family and the rewards of self-confidence.
The voice acting is terrific. Keith David, McShane, French, and Saunders expectedly so, but Fanning, Hatcher, and Hodgman are also refreshingly great and inhabit their characters to such an extent that one is not distracted by their vocal familiarity. Keith David doesn’t actually start speaking until about halfway in, but what a role. This differs from the book in many ways, but I read it too long ago to make a detailed comparison. Suffice to say, it is thematically consistent and is unlike so many adaptations, children’s films, and 3-D movies in that it does not disappoint or condescend.
By **trere8** 7:26 a.m., Mar. 16, 2009

Two free UltraStar movie passes awarded to best three user reviews each week.
To write a User Review, visit SDReader.com, go to Movies pull-down, and click on Over 7000 Movie Reviews.
Find the movie you want to review and post a comment.
Deadline for user reviews is 12 noon Monday.





The Wrestler

who, hoping to reconnect with his childhood sweetheart, climbs toward the top prize on the Indian *Who Wants to Be a Millionaire?* It breaks down into three time zones, shuffled together in a jumble: the game show itself, the torture and third degree of the contestant by police who presume he's cheating, and the flashbacks to the life experiences that explain how he could answer the questions. Much squalor and brutality, but filmed by Danny Boyle with a heedless, almost uncaring, exuberance and exhibitionism. Dev Patel, Freida Pinto, Irfan Khan. 2008.

★ (CARMEL MOUNTAIN; FLOWER HILL 4; GROSSMONT CENTER; HILLCREST CINEMAS; LA JOLLA VILLAGE; LA PALOMA, OTAY RANCH 12; PALM PROMENADE 24; PLAZA BONITA 14; POWAY 10; RIVER VILLAGE 6; TOWN SQUARE 14)

Sunshine Cleaning — Thin slice of American nutloaf, the main ingredients of which are two Albuquerque sisters partnered in the business of "Crime Scene Cleanup." (A pre-credits shotgun suicide demonstrates the need.) Amy Adams, a single mom in an adulterous affair with an old boyfriend, is a roller-coaster actress overtly sharing every little rise and fall of feeling, while Emily Blunt, as her irresponsible junior, maintains a shivery tension, not exactly steadier but at any rate not as wide-ranging. And Alan Arkin, as their crackpot entrepreneurial father, is evidently on board for luck: seeing as how he was in the "indie" hit *Little Miss Sunshine*, maybe there's box-office mojo in the combination of Arkin and *Sunshine*. Clifton Collins, Jr., is easily the most appealing as the one-armed model-airplane hobbyist behind the counter of the cleaning-supplies store. Jason Spevack, Steve Zahn, Mary Lynn Rajsckub, Eric Christian Olsen; directed by Christine Jeffs. 2009. ★ (HILLCREST CINEMAS; LA JOLLA VILLAGE; FROM 3/20)

Taken — A ring of Albanian white slavers (Middle Eastern buyers) has the bad fortune to shanghai the virgin daughter of a retired American superspy — "I was a pre-venter," he understates — on her first morning of vacation in Paris. There is no satisfaction in the quick-as-a-blink detective work that leads him to them, only satisfaction, for those who can take it, in watching him mow them down, a Weedwacker in a field of dandelions. (Too late to "prevent" the kidnapping, but not too late for the defiling.) Nor is there satisfaction in watching an eye-lifty Liam Neeson playing Steven Seagal. Nor in watching the native director, Pierre Morel, sell out his country on top of himself. Catharsis, you learn anew, can't come out of crud. A hot shower afterwards would be your closest approximation. Maggie Grace, Famke Janssen, Olivier Rabourdin. 2009. ● (CARMEL MOUNTAIN; CHULA VISTA 10; DEL MAR HIGHLANDS 8; FASHION VALLEY 18; GASLAMP 15; GROSSMONT CENTER; LA JOLLA 12; MISSION VALLEY 20; OTAY RANCH 12; PALM PROMENADE 24; PLAZA BONITA 14; POWAY 10; TOWN SQUARE 14)

Two Lovers — The movie itself was rather overwhelmed by the advance an-

nouncement that its star, Joaquin Phoenix, was hereupon retiring from acting to pursue a career in hip-hop. It is a movie easily overwhelmed, an intimate little indie directed and co-written by James Gray (*The Yards*, *We Own the Night*, both with the self-same Phoenix), about a suicidal jilted suitor who has moved back home with his parents in Brighton Beach and toils by day in their dry-cleaning store. In aid of his recovery, they try to set him up with a business associate's nice, sweet, kind daughter (the Hilary Swank-y Vinessa Shaw), whose professed favorite movie is *The Sound of Music*. "That is a good movie," he allows. "Underrated." But he, for his part, only has eyes for Trouble: the "completely fucked-up" drug-abusing girl next door (Gwyneth Paltrow), or more exactly girl upstairs and across the courtyard, who is deep in an affair with a married man. The simple story, a tony takeoff on Dostoevski's often-filmed *White Nights*, doesn't have far to go and takes a long, slow time to get there. Phoenix's striking discomfort in the leading role — the adolescent awkwardness in his body, the Herculean effort of speaking clearly and audibly — inevitably raises the question of whether his discomfort is the character's or the actor's. Either way, it works in the role, but the question is a distraction. With Isabella Rossellini, Moni Moshonov, Elias Koteas. 2009. ★ (FLOWER HILL 4; HILLCREST CINEMAS)

Vicky Cristina Barcelona — You can't claim that Woody Allen's rapid rate of production doesn't show. Even the title of this one sounds more like brainstorming for a title than like a final decision: three names off the chalkboard of keywords. Vicky and Cristina, two separate people, are dissimilar American friends, the first pragmatic and steady, the second capricious and restless, together visiting Barcelona for the summer. (Allen's British sojourn seems to be over, though he's not ready to come home.) The young women are picked up in tandem by a brooding Catalan artist with a legendarily tempestuous love life, flown off to Oviedo, seduced in sequence, separated by choice. Then the artist's ex-wife re-enters the scene after her attempted suicide, setting up a ménage. The film is almost more a sketch than a fully filled-in picture, a skeleton thin on flesh. (If Allen tends to hurry his ideas, it may be because he always has new ones waiting to join the queue. More than he can get to in a lifetime.) The dialogue, much of it in the writer's laziest declarative vein — *I'm this, you're that, he or she's the other* — has not been polished anywhere near his brightest sparkle. And the dryasdust omniscient narrator spares him a heap of expository labor: "One evening Mark and Judy took them to the opening of a friend's art gallery." The half-baked aspect has its upside. In consequence of the cut corners and rushed development, a lot happens in only ninety minutes, and Allen can lay out on a broad canvas his vision of human discontentment and self-ignorance. He can lay it out as a pattern, not as an isolated instance. The complicating appearance of Penelope Cruz as the ex-wife, shrewdly put off till just past the halfway point, is a potent pick-

me-up in a flagging narrative, a powerfully physical, sensual, passionate presence that deliciously shows up the callow blankness of Scarlett Johansson and Rebecca Hall. With Javier Bardem, Patricia Clarkson, Kevin Dunn, Chris Messina. 2008. ★★ (GASLAMP 15)

Watchmen — Continued escalation in the superhero genre, one or two stair-steps above *The Dark Knight*. Adapted from "the most celebrated graphic novel of all time" (the escalation commences, even if the kudo is roughly akin to "the most celebrated reality-TV show" or "most celebrated MMA fighter"), it runs almost two hours and three-quarters, though "runs" really isn't the word. The violence intermittently, but not relentlessly, reaches levels of post-Romero horror-film gore. (Zack Snyder, the director, came to fame with his remake of Romero's *Dawn of the Dead*.) The population of superheroes, without an exact head count, seems to exceed that of the X-Men. And the fashionable "darkness" of the genre deepens all the way to a purgative holocaust of Biblical dimensions. For literal brinkmanship, the Doomsday Clock that monitors U.S.-Soviet relations (as of 1985 in an alternative universe) starts out at five minutes to midnight. But a profusion of flashbacks — a profusion of biographical backstories — has the effect of dissipating any tension in the countdown to doomsday. A present-tense romance between a couple of second-generation superheroes has a similar effect. And a converging murder investigation fails to assert its relevance in a timely manner. As a piece of storytelling, it's a complete botch. Back tracks and tangents, though they have their uses, don't suit doomsday. And the climactic battle of indestructibles, a cliché no matter how extraordinarily talkative the combatants, adds instant boredom to the brewing boredom. Malin Akerman, Patrick Wilson, Billy Crudup, Jackie Earle Haley, Matthew Goode, Jeffrey Dean Morgan. 2009. ● (CARMEL MOUNTAIN; CHULA VISTA 10; DEL MAR HIGHLANDS 8; FASHION VALLEY 18; GROSSMONT CENTER; HORTON PLAZA 14; LA COSTA 6; LA JOLLA 12; MISSION MARKETPLACE 13; MISSION VALLEY 7; MISSION VALLEY 20; OTAY RANCH 12; PALM PROMENADE 24; PLAZA BONITA 14; POWAY 10; RIVER VILLAGE 6; SANTEE DRIVE IN; TOWN SQUARE 14)

The Wrestler — It was a stroke of fortune

MEDIA ARTS Center San Diego's 16th Annual

MARCH 12-22, 2009
John Leguizamo, Dora the Explorer, Gael Garcia Bernal, Barbara Mori, Andy Garcia & MORE!

International cinema at its best!
Be the first in line. Get your tickets today!
UltraStar Mission Valley Cinemas in Hazard Center
Just steps from the San Diego Trolley's Hazard Center Station!
www.sdlatinofilm.com
619.230.1938

if not of genius for filmmaker Darren Aronofsky to cast Mickey Rourke in the title role of Randy "The Ram" Robinson (né Robin Ramzinski), a Dodge Ram-driving, self-described "old broken-down piece of meat," two decades past his prime, yet persisting in plying his trade at sparsely populated venues outside the glare of TV lights, dreaming of one last big payday at a twentieth-anniversary rematch with a Southern California car salesman formerly known as The Ayatollah. Rourke, monstrously bulked up since his stint of moonlighting as a professional prizefighter, has one of the most ravaged faces in the entire gallery of once beautiful leading men, somewhere between Jan-Michael Vincent and Francisco Rabal, and his noisy, labored breathing is excruciating. There is, however, an inherent sentimentality in the basic situation, and it's not at all toughened through the by-the-numbers plotting around an attempted détente with his neglected lesbian daughter (Evan Rachel Wood), a clumsy courtship with an over-the-hill stripper (Marisa Tomei, carrying on in the before-it's-too-late exhibition-

istic mode of *Before the Devil Knows You're Dead*, plus nipple rings and tattoos), a post-match heart attack, a bypass operation, an obvious and inevitable self-martyrdom. Aronofsky's handheld camera follows Rourke around — often literally behind his back and over his shoulder, as in a Dardenne brothers art film — in ghoulish anticipation of a train wreck; follows him into the locker room to map out the matches with his fellow combatants (an amusing glimpse behind the scenes); follows him to the hair salon (for upkeep of his Eighties heavy-metal mop), to the tanning salon, to his drug dealer, to his degrading day job in the stock room of a grocery store. Best scene: reluctantly working behind the deli counter in direct contact with the customers, but really warming up to it. (Bad scene: flipping out behind the deli counter, specifically at the meat slicer.) The wrestling matches, natural dramatic climaxes, are crucibles for the actor and the character alike. Not to forget the spectator. 2008. ★★ (CARMEL MOUNTAIN; HORTON PLAZA 14; LA JOLLA 12)

PAUL RUDD JASON SEGEL

"SMART, INVENTIVE AND HILARIOUS."
YOU'LL BE QUOTING IT FOR A LONG, LONG TIME."
Ben Lyons, AT THE MOVIES

"ONE OF THE FUNNIEST MOVIES OF THE DECADE!"
Steve Oldfield, FOX-TV

"THE SMARTEST COMEDY OF THE YEAR!"
Liam Mayclem, CBS-TV

"IT'S THE REAL DEAL-A HILARIOUS, FOUL-MOUTHED, BIG-HEARTED SURPRISE!"
Stephen Rebell, PLAYBOY

I LOVE YOU, MAN

ARE YOU MAN ENOUGH TO SAY IT?

DREAMWORKS PICTURES PRESENTS A DE LINE PICTURES/BERNARD GAYLE PRODUCTIONS/MONTECITO PICTURE COMPANY PRODUCTION
A JOHN HAMBURG MOVIE "I LOVE YOU, MAN" PAUL RUDD JASON SEGEL RASHIDA JONES ANDY SAMBERG J.K. SIMMONS JANE CURTIN
JOHN FAUREAU JAIME PRESSLY BY THEODORE SHAPIRO COSTUME DESIGNER LEEA EVANS EDITOR WILLIAM KERN PRODUCTION DESIGNER ANDREW LAWS
DIRECTOR OF PHOTOGRAPHY LAWRENCE SLATER EXECUTIVE PRODUCERS GILL JOHNSON ANDREW HAAS PRODUCED BY IAN REITMAN TOM POLLOCK JEFFREY CLIFFORD
PRODUCED BY DONALD DE LINE JOHN HAMBURG STORY BY LARRY LEVIN SCREENPLAY BY JOHN HAMBURG AND LARRY LEVIN DIRECTED BY JOHN HAMBURG

RESTRICTED PARENTS STRONGLY CAUTIONED SOME MATERIAL MAY BE INAPPROPRIATE FOR CHILDREN UNDER 17
PERSUASIVE LANGUAGE, INCLUDING CRUDE AND SEXUAL REFERENCES

SOUNDTRACK ALBUM ON LAKESHORE RECORDS

DREAMWORKS PICTURES
Copyright © 2009 De Line Pictures LLC. All Rights Reserved.

ILoveYouMan.com

STARTS FRIDAY, MARCH 20 AT THEATRES EVERYWHERE
CHECK LOCAL LISTINGS FOR THEATRES AND SHOWTIMES

TEXT **BEST MAN** TO **48211** FOR MOVIE UPDATES AND FREE DOWNLOADS FROM PARAMOUNT | SPECIAL ENGAGEMENT NO PASSES OR DISCOUNT TICKETS ACCEPTED

HELP WANTED
ACCOUNTING /
FINANCE

TO PLACE AN AD IN THE READER call 619-235-8200, 8:30am to 5:00pm, Monday through Friday. Deadline: 5pm Tuesday.

AGENT/FINANCIAL. A new career in financial services. We can help. Part time/flexible. Training provided. Bilingual a plus. Call for appointment: 619-272-8908.

HELP WANTED
CUSTOMER
SERVICE

TO PLACE AN AD IN THE READER call 619-235-8200, 8:30am to 5:00pm, Monday through Friday. Deadline: 5pm Tuesday.

CUSTOMER SERVICE. HireFactor now seeking part- time Customer Service candidates! Must pass 7- year criminal background check and drug screen. \$9- \$10/hour plus bonuses. Monday- Friday, 2:30pm-7:00pm plus Saturdays 8:00am- 2:00pm. 1- year commitment required. For consideration, e-mail resume to Jill@ hirefactor.com.

CUSTOMER SERVICE. Reservation Agents. No sales! Experience a plus. Hourly plus bonuses! Top Agents earn \$1000+/weekly. Fun atmosphere. Near Grantville Trolley Station. Call today for more information: 619-516-4276. correa@ pmonarch.com. www.monarchjobs.com.

HELP WANTED
DOMESTIC
SERVICE

TO PLACE AN AD IN THE READER call 619-235-8200, 8:30am to 5:00pm, Monday through Friday. Deadline: 5pm Tuesday.

CAREGIVER/ATTENDANT. Male quad needs personal care, part time. Requires experience, California Driver's License, some college, cell phone. **Nonsmoker.** Del Cerro area. Leave message, 619-582-4569.

HELP WANTED

Classified ads: \$8 a week
Special: 4 weeks for \$19!

All ads include free online classified listing at SDReader.com!

Place your garage sale, music equipment/instruments, for sale, stage notes, automotive, sports, pet ads and more!

DEADLINE: 5 pm **TUESDAY**

PHONE: 619 235 8200 **WALK-IN:** 1703 India Street (at Date), Little Italy

Rate applies to private parties. Other rates for roommates, rentals, employment and paid services.

FREE PRIVATE PARTY CLASSIFIED ADS: Available only to private parties and non-profit organizations. No businesses, home businesses, paid services or functions, rentals, or profit-making enterprises. Ads must be printed clearly on 3x5 cards or postcards and are limited to 25 words. Additional words cost 60¢ each. Ads must arrive at our P.O. Box by 7 am Monday. Mail all ads to *Reader Free Classifieds*, P.O. Box 85803, San Diego, CA 92186. Free ads are not accepted over the phone or in person at our office.

HELP WANTED
DRIVERS /
DELIVERY

TO PLACE AN AD IN THE READER call 619-235-8200, 8:30am to 5:00pm, Monday through Friday. Deadline: 5pm Tuesday.

DRIVERS. \$1700-\$2400 monthly. Fuel paid. Auto parts delivery with late model pickup truck, car, van. Clean DMV. Local and North County. Bonus paid. Independent contractors. 619-461-2048.

DRIVERS. Dominion Distribution needs part- time Drivers to deliver free publications Mondays and Fridays. Requires a truck, van or SUV, currently

insured. EOE. Drug screening, DMV, criminal background check required. Call Monday- Friday, 8am-12pm, 858-279-3137, x243.

DRIVERS. Must have Class B license with passenger endorsement and at least 6 months' experience. Fixed route, Monday- Friday, 36-40 hours/week with benefits. Call 619-287-0628.

PART-TIME DELIVERY DRIVERS. Sun Distributing needs reliable drivers to deliver the San Diego Reader and other newspapers and magazines. We are a rapidly growing company. Most of our drivers have been with us for many years. Reliable van required, minimum one-ton. Good driving record. Flexible hours. Delivery areas include San Diego/ Orange/Riverside Counties. E-mail Marina at customerservice@sundistributing.net. Tell us: what days/evenings you have available to drive, what type of van you have, where you live, what areas you prefer delivering to, if any, your phone number and the best time to reach you .

HELP WANTED
EDUCATION

TO PLACE AN AD IN THE READER call 619-235-8200, 8:30am to 5:00pm, Monday through Friday. Deadline: 5pm Tuesday.

PRESCHOOL TEACHER needed. Fully qualified. Full- time. Pacific Beach area. 858-270-5995.

HELP WANTED
HEALTH CARE

TO PLACE AN AD IN THE READER call 619-235-8200, 8:30am to 5:00pm, Monday through Friday. Deadline: 5pm Tuesday.

AIDES AND CNAS. Immediate openings! Adultcare. Childcare. Eldercare. Family Caregivers, Home Care Aides, Drivers. Great pay! New-hire bonus! Nonmedical in-home help for seniors, children, disabled. Hourly and shifts. Training. Flexible schedules. Benefits. Retirement.

Dependent care plan. At Your Home Familycare. E-mail: h o m e c a r e j o b s @ atyourhomefamilycare.com. Toll free: 1-877-903-JOBS.

CAREGIVERS: LIVE-INS, 2, 3, 4 or 5 days/week, \$120/day including sleep and meal periods. Weekends and hourly: 4-hour, 8-hour and 12-hour shifts, AM/ PM. Top pay, flexible shifts 24/7, 401(k), production bonus, rewards for good work. Requires valid driver's license, vehicle/insurance, registration, one year of paid elder caregiving experience, eligibility to work in the United States. \$150 hiring bonus for employees accepting North County assignments (after 90 days of employment). Comfort Keepers, 2006 Workplace Excellence Medallion Award SDSHRM, San Diego: 619-795-6036. San Marcos: 760-598-3400.



CAREGIVERS/COMPANIONS. Home care agency has immediate openings for

compassionate and experienced Caregivers in the El Cajon, Lakeside, Granite Hills, Bostonia and Rancho San Diego areas. Must have 1 year's experience, valid CA driver's license and reliable transportation. Background check required. Visiting Angels, 619-401-2040.

CAREGIVERS/COMPANIONS. Minimum 1 year' experience non-medical home care for seniors. Valid California Driver's License. Serving Santee/La Mesa/Del Cerro/San Carlos. Maureen, Visiting Angels, 619-749-7525.

CAREGIVERS/HOMEMAKERS. HHAs, CNAs, and Personal Assistants. Competitive/weekly pay, flexible hours, training opportunities. Call today! Right at Home, 858-451-5762, 858-277-5900; Apply: www.rahcincinitas.com, www. ralajolla.com.

CAREGIVERS/CNAs/HHAs. Immediate openings. Hourly, Live-in, Nights. Cheerful Caregivers needed to assist seniors in-home. Minimum 1- year experience. Premium pay/bonuses/ benefits, 24-hour office support. Age Advantage, 619-660-8881, 760-720-7272.

CAREGIVERS/COMPANIONS. Visiting Angels, America's Choice in Homecare. Now hiring compassionate, caring Caregivers/Companions. Requires minimum 1 year's experience in non-medical home care for seniors and valid CA driver's license. Serving Poway, Rancho Penasquitos, Scripps Ranch and Mira Mesa areas. Call for an immediate interview: 858-775-1176.

CAREGIVERS/COMPANIONS. Homecare agency is looking for compassionate and experienced Caregivers to start immediately in the Coronado, Point Loma and Downtown San Diego areas. Must have valid CA driver's license and reliable transportation. Background check required. Please call 760-294-8070.

CAREGIVERS/RESIDENTIAL Facilitators. Provide quality care for children with developmental disabilities at our Encinitas home care facility. Minimum 12 months' experience in a similar environment and high school diploma/GED required. Must have valid CA driver's license and clean DMV. Background checked. All shifts available, full time and part time \$9-\$9.36/hour. Benefits for full time. Interviews held 8:30am-3:30pm at Home of Guiding Hands, 1125 Gillespie Way, Suite 200, El Cajon, CA 92020. Fax resume: 619-938-3056.

HEALTHCARE: RNs, LVNs, AIDES. Join La Jolla Nurses! Looking for Home Health Aides, ongoing assignments. Also per diem work—you pick the days, hours and shifts! Competitive pay rates, excellent work assignments. State-licensed home health agency. Medical, dental and vision benefits; referral bonus. La Jolla Nurses HomeCare, 858-

Want to say
"Goodbye" to the
9-to-5 World?

We did. And within 90 days we tripled our monthly income and fired our bosses. You can, too! Call to learn how: **800-631-9439** or visit: www.swanlifestylecoop.com



Direct Sales

Security Officers

Must be customer service oriented, computer literate and have excellent communication skills. All shifts available.

- ✓ Will assist with Guard Card
- ✓ No experience required
- ✓ FREE uniforms
- ✓ Med/dental/vision
- ✓ Free life insurance
- ✓ Paid vacation
- ✓ 401(k)

EEO/M/F/D/V • Drug-Free • PPO #14827
For fastest response, apply online now! www.securitasjobs.com



Or apply 8 am-5 pm Mon.-Fri.
SAN DIEGO (92120) • 619-641-0049 • 6160 Mission Gorge Rd., Ste. 100
SAN MARCOS (92078) • 760-591-3733 • 365 S. Rancho Santa Fe Rd., Ste. 202
TEMECULA (92590) • 951-676-3954 • 28991 Old Town Front St., Ste. 206

Dialing
for Dollars!
Phone Personalities

No experience. Will train. Immediate openings. Call today, start tomorrow.

- Great hours: 7 am-2:30 pm Monday-Friday.
- Paid training, 401(k), medical, dental benefits.

Kearny Mesa: Allen, 858-292-8577 x101
Mira Mesa: Kevin, 800-854-2830
Oceanside: Mike, 619-701-3631



Experienced Reloaders Welcome
Highest paid Commissions & Bonuses in the industry!

McCUNE CHRYSLER

#1 in California!

New & Used Sales Positions Available
Join Our Winning Team!

- No experience necessary • 401(k) retirement plan
- Health & dental benefits • Great schedule

National City Mile of Cars

Call Sales Manager: 888-663-9122
or visit: honestmccune.com



Reservation Agents – No Sales!!

- Experience a plus • Hourly + bonuses! • Top agents earn \$1000+ weekly
- Fun atmosphere! • Next to Grantville trolley station



Call today for more info:
619-516-4276
rcorrea@pmonarch.com
www.monarchjobs.com

MYSTERY
SHOPPERS

Get paid to shop!

Earn up to
\$200 per day.

Experience
NOT required.

Call NOW:
(800) 775-9924



454-9339. www.lajollanurseshomecare.com.

HOME CARE AIDES. Beginners, experienced. CNAs, Family Caregivers, Childcare, Eldercare and Drivers. New-hire bonus! Great pay! Nonmedical, in-home help for seniors, children, disabled. Hourly and shifts. Training. Flexible schedules. Benefits. Retirement. Dependent care plan. At Your Home Familycare. Celebrating 25 years of excellent service to all of San Diego County! E-mail: homecarejobs@atyourhomefamilycare.com. Toll free: 1-877-903-JOBS.

IN-HOME CARE. Caregivers and Companions. Minimum 1 year experience non-medical home care for seniors. Valid California Driver's License. Serving Santee/La Mesa/Del Cerro/San Carlos. Maureen, Visiting Angels, 619-749-7525.

JOB COACHES. Community-oriented Center for Independent Achievement is seeking dependable individuals in East County. 1:4 group ratio maximum. \$8.50-\$9.50/hour. Annual raises. Bonuses for exceptional performance. Benefits with full-time. pficareer@yahoo.com. Fax 619-440-6864. 619-440-6802.

LVN. Needed for day program in Oceanside for adults with disabilities. 30 hours/week. **No nights or weekends.** Unyeway, Inc. 760-643-9394.

NURSING: PM CHARGE NURSE, RN, full time PMs. Benefits. 7760 Parkway Drive, La Mesa. Call 619-469-0124 x11.

RESPIRE CARE for children and teens with developmental disabilities. Critical need, Countywide! Great pay! New-hire bonus! Nonmedical, in-home help. Caring heart more important than experience. Training. Hourly and shifts. Flexible schedules, benefits, retirement, dependent care plan. Visit homecarejobs@atyourhomefamilycare.com. At Your Home Familycare. Call toll free: 1-877-903-JOBS.

SOCIAL SERVICES. Promising Futures, Inc., is hiring reliable, caring individuals to work with the developmentally disabled in East County and Ramona. Part- and full-time positions. \$8-\$10/hour plus benefits. Overtime opportunities available. pficareer@yahoo.com. Fax resume: 619-440-6864. Call 619-440-6802.

HELP WANTED JOBS WANTED

TO PLACE AN AD IN THE READER call 619-235-8200, 8:30am to 5:00pm, Monday through Friday. Deadline: 5pm Tuesday.

HOUSEKEEPER, CARETAKER, cook. Responsible female seeking room in exchange for housekeeping, caretaking, cooking, companionship. Loves pets. Respectable. Let's meet over coffee. Experience, references. Kelley, 619-634-6811.

JOB WANTED. East County. Tender loving care in home health care. AA degree, experienced and references. 619-445-7896.

JOB WANTED. Junk hauling, moving, deliveries, cleanups, and demolitions. 619-559-2874, Nextel: 122 *716156*22. liebreros@yahoo.com.

JOB WANTED. I am a caregiver for elderly. Will live in. Experienced. Own transportation. Good cook. Lots of TLC. Call Nikky, 858-952-6181.

JOB WANTED. I'm looking for work in the warehousing field. Years of experience-resume. I'm a man of integrity. Call Joe, 619-408-9317.

JOB WANTED. I am looking for work. Many year's of experience: babysitting/nanny. Cleaning houses, yard work, cooking. 619-944-9927.

JOB WANTED. Do you need a caregiver? 9 year's experience, own transportation. Mimi, 619-713-1086.

JOBS WANTED. Caregiver/Companion. Experienced working with seniors. Full/part-time. 6 to 12 hour shifts. Private duty only. Certified CNA/HHA. Excellent references. 619-266-0628.

UNEMPLOYED HOMELESS VETERANS. You may be eligible: job search/resume preparation, placement assistance, support services, job-related clothing/tools, housing referrals. VA benefits referrals. Appointment: 619-449-5513.

HELP WANTED MANAGEMENT / PROFESSIONAL

TO PLACE AN AD IN THE READER call 619-235-8200, 8:30am to 5:00pm, Monday through Friday. Deadline: 5pm Tuesday.

MANAGER TRAINEE. USA Checks Cashed is growing! Looking for Management Trainees interested in advancement. Entry-level position; will

train. Cash handling experience a must. Must have reliable transportation. Bilingual Spanish a plus. Competitive benefits and salary. Call 858-268-3500 x104.

PROPERTY MANAGER. On-site manager for large complex in Hillcrest. Experience required. Fax resume to 619-299-2611 or e-mail to ccprntheresa@aol.com.

HELP WANTED MISCELLANEOUS

TO PLACE AN AD IN THE READER call 619-235-8200, 8:30am to 5:00pm, Monday through Friday. Deadline: 5pm Tuesday.

ANIMAL CARETAKER. Part-time Pet Sitter. Permanent. 7 days plus holidays. Split shift. Inquent traveler, bonded, positive minded, ethical, prompt. Reliable car. 619-685-7979.

FREE CUSTOMIZED EMPLOYMENT Program for Veterans with a Service-Connected Disability or those Honorably Discharged within the last 48 months. Space is limited. Call 619-424-6860.

GENERAL. Gain skills to succeed. Are you 14 to 21, low income, need high school diploma or GED and work experience? Turning the Hearts Center, 619-691-9643.

GET PAID TO SHOP! Mystery Shoppers. Earn up to \$200/day. Experience not required. Call now: 800-486-7204.

MACHINE OPERATOR. Die cutting machine operator and material handler. Full/part-time, \$10-\$14, depending on experience, minimum 3 years' experience. Benefits. El Cajon. 9am-5pm. 619-449-7005.

MACINTOSH PRODUCTION ARTIST. We are seeking someone experienced with Macintosh applications, including QuarkXPress, Adobe Photoshop, and Illustrator. A background in producing display ads is necessary; experience with color is a plus. Speed and accuracy are musts. This position is part-time, approximately 20 hours per week. Mondays, 4pm-11pm; Tuesdays, 9am-2pm; and Fridays, 4pm-midnight. Please e-mail resume to hrdept@sdreader.com.

PERSONAL TRAINERS. Male and female. Corporate and residential facilities. All client types. Locations all over San Diego. Minimum PT Certification and 2 years in club experience required. E-mail: FitX@fitsandiego.com. Fax resume: 858-715-8681. Call 858-715-8611.

SWIMMING INSTRUCTORS needed for San Diego and North County. \$11-\$19/

hour, North County: 760-744-7946 or San Diego: 858-273-7946.

TRAVEL USA Sales. Publication sales company hiring 18 sharp, enthusiastic individuals to travel the U.S. Travel, training, lodging, and transportation provided. Visit: www.lsimags.com. 1-800-781-1344.

HELP WANTED OFFICE / ADMINISTRATIVE

TO PLACE AN AD IN THE READER call 619-235-8200, 8:30am to 5:00pm, Monday through Friday. Deadline: 5pm Tuesday.

DATA ENTRY/CUSTOMER SERVICE Rep. We will train an enthusiastic, detail-oriented team player with customer service/data entry skills. Must type 55-65 wpm. Fast paced, interesting environment serving the legal community. Full time, \$10-\$11 start. 619-260-0309.

LEASING REPRESENTATIVE. San Diego. Negotiation new/existing leases. Help develop 15-18 new Subway Restaurants. BS/BA, 1 year related experience. Salary, commission. Resume/cover letter: Rohit Marwaha, rmsubways@gmail.com.

HELP WANTED RESEARCH STUDIES

TO PLACE AN AD IN THE READER call 619-235-8200, 8:30am to 5:00pm, Monday through Friday. Deadline: 5pm Tuesday.

MARKET RESEARCHERS. Luth Research is looking for friendly, outgoing, dependable individuals who enjoy being on the phone and asking people their opinions. Part-time positions, AM and PM shifts, 7 days/week. Previous Customer Service, Telemarketing or Market Research experience a plus. Paid training. Convenient downtown location. Paid parking. Bonuses. Advancement opportunities. High school diploma or GED/equivalent. Type 20+ words per minute. Previous phone experience preferred. Bilingual a plus. Strong verbal and communication skills. Application at 1365 Fourth Avenue, San Diego. Job Hotline: 619-243-8045. luthresearch.com.

PREGNANT? AVAILABLE to take part in a paid clinical study? You need to be 20-45 years, at least 7 weeks pregnant, but

not more than 16 weeks. Study involves no medication/treatment and requires 1 or 2 short visits to our offices. Compensation is \$100 per visit, plus \$100 for information on your new baby post birth. For further information and to check if you qualify, call: 1-800-519-8810. email: carolemarks@precisionmed.com.

HELP WANTED RESTAURANT / HOTEL / CLUB

TO PLACE AN AD IN THE READER call 619-235-8200, 8:30am to 5:00pm, Monday through Friday. Deadline: 5pm Tuesday.

RESTAURANT: El Vitral Restaurant and Lounge is opening in Downtown San Diego! Now hiring Bartenders, Bussers, Cooks, Dishwashers, Runners, Servers. Great food, fun atmosphere! E-mail resume: information@elvitralrestaurant.com.

SERVERS, HOSTS, BARTENDERS for diner/music club. Apply in person only 2-4pm, Tuesday-Thursday, no calls. McDiini's Diner, 105 East 8th Street, National City.

HELP WANTED SALES / MARKETING

TO PLACE AN AD IN THE READER call 619-235-8200, 8:30am to 5:00pm, Monday through Friday. Deadline: 5pm Tuesday.

AD SPECIALTY SALES. Must be currently selling or have recently sold ad specialties. 100% over our low pars! The Pen Guys for confidential interview! 619-851-4954.

AD-SPECS. Call today, start tomorrow. A great telemarketing company has immediate positions available for nationwide business-to-business promotional advertising sales. Clairemont. Monday-Friday, 8:30am-3pm. 858-272-7177.

BARISTAS. Barista and cashier experience required. Must be personable. Call Cafe in the Park

between 9:30-11:30am or 1:30-5pm, Monday-Friday. 619-237-0322.

CANVASSING! \$2K-\$4K/month part time. Setting appointments for home improvements! Highest commission in industry. AM/PM shifts. Start immediately! Jake, 858-278-5605. www.thehartyhousedoctor.com.

FINANCIAL SERVICES. Marketing. Rapidly expanding financial services marketing company seeks local sales representatives. Ideal candidate will be motivated, honest, outgoing, entrepreneurial, with 4 years of college or equivalent. Call our office and leave message (or fax) 24 hours: 877-286-5339.

FUNDRAISING for national charities and the Democratic Party. Over 20 years in business. \$9/hour. Paid training. Performance bonuses. Medical, dental, 401(k). Full and part time. Convenient location. Apply at Gordon & Schwenkmeyer: 9620 Chesapeake Drive, San Diego 92123-1369. Call for interview. 858-496-2100.

INTERNET SALES. Uncertain future? Join the only **growth** area in the marketplace: Local Internet Search, Advertising and Web Site Development. Help small and medium-sized businesses develop customized marketing tools to drive **their success...** take charge of **your income** despite the economic environment! \$1000/week first year commissions. Market-leading commission only model. Protected territory. Ongoing training and support. Lead list provided. Confirmed appointments provided to top performers. Residual income. Great growth potential. If you have a laptop computer, reliable transportation and a great attitude, send resume to sdcareers@localife.com, 877-858-LOCAL.

LOAN MODIFICATION, LOSS, Mitigation and more. Mortgage and Real Estate Professionals:† Service your existing client base with fully approved and operational providers. Loan Modifications, Loan Audits, Debt Negotiation. Web-based training. No license required. Leave message 24 hours. You will be contacted. 888-313-7226. E-mail: apply_today@hotmail.com.

MARKETING PERSON for home care agency. Fun job. Position requires excellent communication skills. Must have car. 3774 Grove Street, suite #L1. Lemon Grove. Call 619-466-6890.

HELP WANTED



Earn great \$\$ ■ Meet new people ■ Work part or full time

San Diego's #1 Bartending School

Finish our course in
only 2 weeks!

We specialize in Bartending *only*.
Not a Casino Dealing or Cooking school.

**Call for a free tour: 619-281-2345
and ask about our tuition special!**

Job placement assistance ■ Financing ■ Excellent student testimonials

San Diego Bartending School ■ www.SanDiegoBartending.com
6690 Mission Gorge Rd., Ste. K ■ San Diego, CA 92120

Marketing

Listen to Your President! Go GREEN with PHR!

Face-to-face marketing and communication. Promote energy-efficient products to homeowners. Limited openings available.

- Comfortable Hours
- Paid Training Provided
- Weekly Pay



PACIFIC
Home Remodeling, Inc.
A Professional Home Improvement Group

Call to schedule an interview:
Pacific Home Remodeling, Inc.
858-866-0183
6875 Nancy Ridge Dr., Suite B
San Diego, CA 92121
www.pacifichomeremodeling.com

SALES



Seeking TELESERVICE REPS

English, SPANISH or KOREAN
Speaking Candidates Needed!

Represent nationally recognized
companies in a state-of-the-art
call center located in Kearny Mesa
(Inbound & Outbound).

Immediate openings on all shifts!

858.292.8822

www.dialamerica.com



Never Been Done Before...

\$28,000

in
days,
not
weeks

...simply returning phone calls.

No Selling! No Explaining! No Convincing!

Private gifting, allowed by IRS tax codes.

1-888-593-8287

*"My first 72 hours brought me \$11,000,
and I just started!" – LeAnn, Housewife, CA*

*"I received \$34,000 cash to my front door
in my first 3 weeks!" – Joe, Banker, CA*

Business Opportunity

MARKETING. Listen to your president—go green with PHR! Promote energy-efficient products to homeowners. Comfortable hours. Face-to-face marketing and communication. Paid training provided. Weekly pay. Limited openings available; call now to schedule an interview: Pacific Home Remodeling, 858-866-0183, 6875 Nancy Ridge Drive, Suite B, San Diego, CA 92121. www.pacifichomeremodeling.com.

PHONE SALES. Will train; no experience needed. Phone personalities dialing for dollars! Great hours, 7am-2:30pm, Monday-Friday. 401(k), medical, dental benefits. Experienced Re-loaders welcomed. Highest paid commissions and bonuses in the industry! Kearny Mesa: Allen, 858-292-8577, x101. Mira Mesa: Kevin, 800-854-2830. Oceanside: Mike, 619-701-3631.

RESERVATION AGENTS. No sales! Experience a plus. Hourly plus bonuses! Top Agents earn \$1000+/weekly. Fun atmosphere. Near Grantville Trolley Station. Call today for more information: 619-516-4276. rcorrea@pmonarch.com. www.monarchjobs.com.

SALES MANAGER. (IKEA/San Diego, CA) Responsible for strategic and day-to-day management of sales organization; ensure product brand and product range are represented so as to secure company's image as an international furnishing company; manage to ensure utilization of in-store logistics in sales activities and inventory control procedures. Requires Bachelor in Business Administration or higher degree in Business Administration and 2 years' experience in sales or logistics management; experience must include self-directed retail sales concept; sales or logistics management for high volume retail furniture and furnishing store operations; 40 hours/week; salary commensurate with experience. Resumes to sheryl.lynn.gordon@memo.ikea.com.

SALES SELF-STARTERS: Looking to own a business that you can work full time or part time with a 6-figure income potential? Low startup/overhead. Training included. Will help you set up and build an Amazon-type online mega mall. Get paid when others shop! Call for information, serious only, 619-599-3799. Innovative Marketing Concepts.

SALES. Phone personalities dialing for dollars! Highest paid commissions and bonuses in the industry! Will train; no experience. Great hours, 7am-2:30pm, Monday-Friday. 401(k), medical, dental benefits. Experienced Re-loaders welcomed. Kearny Mesa: Allen, 858-292-8577, x101. Mira Mesa: Kevin, 800-854-2830. Oceanside: Mike, 619-701-3631.

SALES. Join the only growth area in the marketplace: Local Internet Search, Advertising and Web Site Development! Help small and medium-sized businesses develop customized marketing tools to drive their success and take charge of your income despite the economic environment! \$1000/week first year commissions. Market-leading commission only model. Protected territory. Ongoing training and support. Lead list provided. Confirmed appointments provided to top performers. Residual income. Great growth potential. If you have a laptop computer, reliable transportation and a great attitude, send resume to sdcareers@locallife.com, 877-858-LOCAL.

SALES. Supplement your income! Excellent income potential in today's changing economy! \$10 starts you in a new career. Full- or part-time. Build your business working with top-selling Avon representatives. Perfect for self-starters. Kathleen: 619-429-1253; 888-429-1253.

SALES, ENVIRONMENTAL COMPANY. Paid daily, "Road Rules" travel. We train. No experience necessary. 18 and up, start now. For more information, call 800-231-8183.

SALES/INSIDE. Make \$100k+/year. 401K. Medical and Dental. Paid vacations and holidays. Paid training. Great work environment. Convenient location. If you are disciplined, coachable and looking to join a great team with an easy-to-sell product and high integrity, call today! Media All-Stars, 8525 Gibbs Drive #206, 92123. Ask for Leah, 858-300-9734. www.MediaAllStars.com.

TELE-FUNDRAISING. Raising money for local nonprofit organizations for less fortunate children. Monday-Friday, 5pm-9pm, and Saturday mornings, 9am-1pm. Hourly plus commission plus bonuses. Call today. Start tonight! Mission Valley, 619-291-1821.

TELEMARKETERS. Experienced only. Cable/telecom products preferred. Many shifts. Reliable transportation, great attitude, customer service oriented. Complete application: www.expresspros.com (Telemarketer). E-mail: noemi-vidana@ExpressPros.com, Interview: 858-784-3676.

TELEMARKETING. Ad specs. Monday-Friday. Get paid while you train to earn \$500-\$1000/weekly. No experience necessary. Sign-on bonus for experienced Reloaders, 19% commission. 619-220-7025.

TELEMARKETING. Any good Salespeople out there? Pacific Graphics Advertising Specialties in La Mesa for 20 years. Hours: Monday-Friday, 8am-2:30pm. Call Joe: 619-461-0365.

TELEMARKETING. Fundraising for Democratic Party and national charities. Over 20 years in business. \$9/hour. Paid training. Performance bonuses. Medical, dental, 401(k). Full time or part time. Convenient location. Apply at Gordon & Schwenkmeyer: 9620 Chesapeake Drive, San Diego, 92123-1369. For appointment, call 858-496-2100.

TELESALES REPS. Immediate openings on all shifts! **Dial America Marketing is seeking English, Spanish or Korean-speaking candidates!** Represent nationally recognized companies in a state-of-the-art Call

Center located in Kearny Mesa (Inbound and Outbound). 858-292-8822. www.dialamerica.com.

VENTAS DIRECTAS. Gran oportunidad de trabajo! Con horario flexible. Llama ahora para mas informacion, Marithza, 951-461-8931; 619-254-4988.

HELP WANTED SALONS

TO PLACE AN AD IN THE READER call 619-235-8200, 8:30am to 5:00pm, Monday through Friday. Deadline: 5pm Tuesday.

FRONT DESK COORDINATOR. Part-time. Very busy salon. Weekends a must! Earth Salon & Spa, Aveda Lifestyle Salon, 7130 Avenida Encinas #104, Carlsbad. E-mail resume: eric@earthsalonspa.com.

HAIRSTYLIST: Two Hairstylist stations available, \$185/week. 10% commission on product sales. Great location, lots of natural sunlight. Art deco salon, great music, great atmosphere. A wonderful place to work. 858-454-5700.

HAIRSTYLIST. Prefer with some clientele. Inexpensive booth rental. Downtown San Diego. Right on A Street between 5th Avenue and 6th Avenue. Call Celina, 619-232-9228.

HAIRSTYLIST. Booth rental in beauty shop at busy corner Balboa/Genesee. 1 month free with 6-month lease. Offer good for operator with clientele. 858-277-1960.

HAIRSTYLIST. Full-time, experienced. Very busy salon with lots of walk-ins. Weekends a must! Earth Salon & Spa, Aveda Lifestyle Salon, 7130 Avenida Encinas #104, Carlsbad. E-mail resume: eric@earthsalonspa.com.

HAIRSTYLIST. Move-in Allowance for right person! High-end hair salon in Mission Hills interviewing for booth positions. Continuing education. Must have talent, desire and experience. Doug, 619-295-1525 or 619-806-1525.

HAIRSTYLIST/BARBER. Affordable booth rental. Prefer some clientele. Busy poway shopping center, walk-ins available. Joan, 760-741-5315.

HAIRSTYLIST/BARBER. First 2 weeks free! Booth rentals. Downtown La Mesa. \$135/weekly. Manicurist \$65/weekly. Esthetician \$150/weekly, separate quarters. Roccoforte HairDesign, 619-460-5261, 619-992-8089.

HAIRSTYLISTS AND MANICURISTS. Lowest price booth rental in UTC/La Jolla. Excellent opportunity to save money! \$175/week Hairstylist; \$100/week Manicurist. Please call, leave message at 858-382-8795.

HAIRSTYLISTS. Busy, quality-conscious haircare business seeks both experienced and new Stylists, full or part time. For great benefits, growth opportunities, and fun: 858-380-5882.

MANICURISTS AND HAIRSTYLISTS. Excellent opportunity to save money! Lowest price booth rental in UTC/La Jolla. \$100/week Manicurist; \$175/week Hairstylist. Please call, leave message at 858-382-8795.

SALON BOOTH RENTALS. Looking for busy professionals \$170/week. 5 locations: Encinitas, Carmel Mountain,

Mission Valley, Eastlake. Nail room: Mission Valley. Ultra Hair & Beauty, 760-809-7904.

SALON/HAIRSTYLISTS. Large booths. \$1000 move-in allowance. Requires your own clientele. Free reception/phone/towels. 100% retail is yours. Golden Touch, near Fashion Valley. 619-972-7744.

HELP WANTED SECURITY

TO PLACE AN AD IN THE READER call 619-235-8200, 8:30am to 5:00pm, Monday through Friday. Deadline: 5pm Tuesday.

POLICE OFFICERS. San Diego Police Department is hiring! Are you ready for a career change? See our upcoming test dates on our website. Police Recruit base pay starts at \$52,000 per year. Police Officer II base pay starts at \$83,657 per year. For more information, call 619-531-COPS or visit our website at: www.joinspdnow.com.

SECURITY GUARDS needed for prestigious Downtown San Diego sites. Securitas offers: Must be customer-service oriented, computer literate, and have excellent communication skills. All Shifts available! Free Guard Card training, medical/dental/vision and 401(k). Excellent working environment, free uniforms. For fastest response, apply online now! www.securitasjobs.com, or call San Diego: 619-641-0049; San Marcos: 760-591-3733; Temecula: 951-676-3954. EOE/M/F/V/D, drug free. PPO 14827.

SECURITY GUARDS. Full-time positions available in North and South County. Armed and unarmed. Call Cornerstone Security at 619-300-5726 or 619-271-0494.



SECURITY OFFICERS. Allied Barton Security Services. Full/part time, variety of shifts available. Up to \$12/hour, medical/dental/vision, 401(k) with company match, holiday pay, paid vacation, free uniforms. Guard Card class offered, uniform cleaning allowance, free life insurance/full term. Must be at least 18 years of age and have a high school diploma/GED. Apply online: www.AlliedBarton.com or www.GreatSecurityJobs.com. Or apply in person 8am-4pm, Monday-Friday: 9370 Sky Park Court, Suite 150, San Diego, 92123. Call: 858-874-8200.



SECURITY PROFESSIONALS. Secure a new career in the growing field of Security and Asset Protection. GMI provides all training, Guard Card testing, Live Scan for GMI potential hires. Full/part time countywide. Excellent compensation and benefits: 401(k), Health/Wellness. Professional certification. Eligibility conditional. Apply: 8001 Vickers Street, San Diego (92111); call: 858-244-1870; e-mail: RVentura@GMIweb.com.

HELP WANTED



Fundraising

A national Telemarketing firm with over 20 years in business, specializing in fundraising for the Democratic Party and charities, is currently hiring Telemarketers for its San Diego center.

- \$9/hour
- Paid training
- Performance bonuses
- Medical/dental
- 401(k)
- Full- and part-time
- Convenient location

GORDON and SCHWENKMEYER INC.
TELEMARKETING

9620 Chesapeake Drive, Suite 108
San Diego, CA 92123-1369

**Call for an interview:
858-496-2100**

SECURITY. Bald Eagle Security hiring licensed Security Officers. Full/part time. Downtown San Diego locations only. No car or cell phone required. Guard Card required. Must be able to work flexible hours, mostly swing and graveyard plus every weekend. Background check. EEO/Drug free. Health benefits available. Call 619-230-0022, e-mail jacinm@bald eaglesecurity.com, or apply in person at 2015 Main Street, San Diego, CA 92113.

HELP WANTED TRADES / LABOR

TO PLACE AN AD IN THE READER call 619-235-8200, 8:30am to 5:00pm, Monday through Friday. Deadline: 5pm Tuesday.

LABOR: SEAFOOD PROCESSORS. Summer jobs in Alaska! From July 1-September 6. Great opportunity to beat the heat and make that extra money! Petersburg Fisheries Seafood Processing. Apply online at www.hookedonfish.com, or call 1-877-772-4294.



MACHINISTS/OUTSIDE. Immediate hire. Aerotek is currently hiring Outside Machinists to work in the San Diego area. Candidates should have experience in

the Military working as Machinist Mates or experience in the Shipyards working on pumps, valves, and boiler systems. This position pays \$18-\$20/hour and overtime is required. Interested candidates please e-mail resumes to Courtney Rudd at crudd@aerotek.com or call me on my direct line at 619-278-3032. EOE.

MANUFACTURING. Mechanical Assembler Lead. Lead mechanical/electrical assemblies. Knowledge of hand tools, resistive welder, solder and computer skills. High school education, 1+ year experience. hrdept@itecheng.com.

EMPLOYMENT SERVICES

TO PLACE AN AD IN THE READER call 619-235-8200, 8:30am to 5:00pm, Monday through Friday. Deadline: 5pm Tuesday.

EMPLOYEES READY FOR WORK. Concentric Staffing handles the Human Resource needs and offers screened Hospitality Specialists, Customer Service, Janitorial, Retail, Labor, etc. www.concentricstaffing.com. 866-933-1651; 858-784-1326.

CAREER TRAINING

TO PLACE AN AD IN THE READER call 619-235-8200, 8:30am to 5:00pm, Monday through Friday. Deadline: 5pm Tuesday.

A ACADEMY OF BARTENDING. Make money! Fun! New friends! Learn behind real bar. 1-2 week course. Weekend classes available. Part- and full-time. Job placement assistance. Please call 619-296-0600.

ACCOUNTING SKILLS— ALWAYS in demand. Start in this "best-of-the-best" career with a low-cost, 4-month, 200-hour training program. **Free information packet! 760-510-1990, TheAccountingAcademy.com**

ACCOUNTING, COMPUTERS, Medical: Day, evening, and online classes start soon! Also offered: Medical Assisting, Respiratory Therapy, X-ray Technology (limited scope), Lab Technology, Pharmacy Technology, Healthcare Administration, Medical Coding/Billing, Nursing Administration, Medical Specialties, Medical Office Administration. Associate's/Bachelor's degrees, Certifications and Licenses. Programs approved for Veterans. Accredited member ACCSC. See Job Giant, page 5. Job placement assistance for graduates, financial aid (if qualified). Classes begin each month! Enroll today! California College San Diego, 2820 Camino Del Rio South, San Diego (92108). 1-800-635-2761. www.californiacollege.info.

CAREER TRAINING

Azusa Pacific University School of Nursing



Accelerate Your Health Career

WITH AZUSA PACIFIC UNIVERSITY'S SCHOOL OF NURSING AND KAISER PERMANENTE

California is experiencing a shortage of qualified nurses with only 585 RNs per 100,000 citizens. Opening the door for those in other professions, the shortage demands new healthcare professionals with a solid foundation in research, theory, clinical skills, and hands-on service.

To meet this need, the Early Entry into Nursing and Advanced Practice (EENAP) Program provides graduate-level nursing education for those who hold baccalaureate or higher degrees in other disciplines. EENAP students complete pre-licensure theory and clinical coursework leading to a Bachelor of Science in Nursing (BSN) and may continue on with courses that lead to advanced practice in nursing, specifically the Master of Science in Nursing (MSN).

A generous enrollment fund donation from Kaiser Permanente also allows students to participate in a forgivable-loan program where they will perform clinical rotations and receive mentoring from Kaiser Permanente staff in addition to their EENAP coursework. Upon graduation and licensure, students will work at the Kaiser Permanente San Diego facility, receiving two years of real-world experience.

To learn more about the EENAP and the Kaiser Permanente partnership:

Call: (877) 210-8839 (toll-free)

Click: www.apu.edu/nursing

Email: sandiego@apu.edu

Or apply today at www.apu.edu/apply/.

San Diego Regional Center
5353 Mission Center Rd., Ste. 300
San Diego, CA 92108



Get your career started!

Paralegal Certificate Program

Approved by the American Bar Association

Employment Assistance

Day & Evening Classes

Internships

Financial Aid Available

www.sandiego.edu/paralegal



(619)260-4579

Test Preparation LSAT, GMAT, GRE, SAT

Sharpen Your Skills!

Experienced Faculty

Practice Exams

Convenient Schedules

Free Refresher Classes

(within 1 year of paid course completion)

www.sandiego.edu/testprep

Start a new career in 2 months or less!

Medical • Business • Investigative

Certified Phlebotomy Technician • Medical Administrative Secretary
Medical Office Administrator • Medical Biller • Sports Medicine Technologist
Clinical Medical Assistant • Administrative & Clinical Medical Assistant
Advanced Medical Coder • Computerized Office Specialist
Computerized Office & Accounting Specialist • Private Investigator

Morning, afternoon & evening class schedules

WIA & Low-Cost Funding • Workers' Comp • Rehabilitation

Free training if qualified • Small classes

Universal Schools & Colleges
of Health and Human Services



San Diego • 619-858-3480
San Marcos • 760-918-8198
www.uscmed.com



ADULT FOSTER CARE. Join a fast-growing company dedicated to creating a positive change in the lives of people with disabilities. We're seeking committed, positive people to care for our adult clients in your home. Tax-free stipend: \$1000-\$3400 monthly and 24-hour support. Visit: www.thementornetwork.com. Program Recruiter: 858-541-7828.

BARTENDING and Casino Dealing careers. Job leads guaranteed! Earn good money and have fun doing it! 1-4 week course. Try before you buy! Professional instructors. Group and individual classes. Competitive pricing. 0% financing available. Structured curriculum and/or self-paced programs. Building careers for over 25 years. **Check out our website sale! www.cardsandcocktails.com.** Academy of International Bartending and Casino Dealing. 858-560-MIXX (6499). 858-278-DEAL (3325).

BARTENDING SCHOOL. Hands-on training. Learn to bartend from San Diego's #1 bartending school. Affordable two-week course, job placement assistance, financing available. Make great money. San Diego Bartending School, 6690 Mission Gorge Road, Suite K, San Diego, CA 92120. Call today for a free tour! 619-281-2345. www.SanDiegoBartending.com.

BARTENDING. Learn behind a real bar. 1-2 week course. Fun! Money! Make new friends! Weekend classes available. Part and full-time. Job placement assistance. Call 619-296-0600.

BELLUS ACADEMY. Become a Hairstylist, Nail Tech, Esthetician, learn the art of Massage. Acquire the latest in advanced Clinical Esthetics Skills. Bellus Academy is the only school in California offering this course. The Bellus Academy, 13266 Poway Road, Poway, CA 92064. Call 858-248-4424 x2. www.sandiegobeautyacademy.com.



BILLING AND CODING. Fast and affordable. 20% tuition reduction for 2009! Start a new career in 6 months. Job placement assistance, financing, free books/supplies. Train with San Diego's best doctors. Small classes, free tutoring, more certifications in less time. Best value guaranteed. Call 888-585-7537. www.CMCSanDiego.com.



BUSINESS OFFICE ADMINISTRATION. Business Admin. UEI also offers programs for Pharmacy Technician, Dental Assistant, Medical Billing/Insurance Coding, Massage Therapist, Computer Systems Technician. Approved Veterans, Rehab, WIA. Job Placement Assistance, Financial Aid (if qualified). United Education Institute, 3666 Kearny Villa Road, #100, 92123; 310 3rd Avenue, #C6, Chula Vista 91910. Call today! 1-877-206-1915. Visit our website: www.infofromuei.com.

BUSINESS, COMPUTERS & Accounting: Day, evening, and online classes start soon! Also offered: Medical Assisting, Respiratory Therapy, X-ray Technology (limited scope), Lab Technology, Pharmacy Technology, Healthcare Administration, Medical Coding/Billing, Nursing Administration, Medical Specialties, Medical Office Administration. Associate's/Bachelor's degrees, Certifications and Licenses, Programs approved for Veterans. Accredited member ACCSCT. See Job Giant, page 5. Job placement assistance for graduates,

financial aid (if qualified). Classes begin each month! Enroll today! California College San Diego, 2820 Camino Del Rio South, San Diego (92108). 1-800-635-2761. Visit: www.californiacollege.info.

CAREER NIGHT! UCSD Extension. Wednesday, 3/25/09, 5pm-8pm, 6925 Lusk Boulevard, San Diego 92121. Features 10 expert workshops in Tech, Science and Business. Free event. Free parking. Sponsored by Life Technologies. extension.ucsd.edu/CareerNight.

CASINO DEALER and Bartending careers. Earn good money and have fun doing it! 1-4 week course. Professional instructors. Group and individual classes. Competitive pricing. 0% financing available. Job Leads guaranteed! Structured curriculum and/or self-paced programs. Try before you buy! Building careers for over 25 years. Check our website sale! www.cardsandcocktails.com. Academy of International Bartending and Casino Dealing. 858-560-MIXX (6499). 858-278-DEAL (3325).

COLEMAN UNIVERSITY. Technology Sciences. New name, same excellence in education. Classes begin soon! Be career ready in one year! Over 90% placement rate. VA approved, career services available, financial aid available for those who qualify. Kearny Mesa/San Marcos. Visit: www.coleman.edu, and call today! 800-430-2030.

COMPUTER COURSES. Coleman University. New name, same excellence in education. Classes begin soon! Be career ready in one year! Over 90% placement rate. VA approved, career services available, financial aid available for those who qualify. Kearny Mesa/San Marcos. Visit: www.coleman.edu, and call today! 800-430-2030.



COMPUTER SUPPORT TECH. Gamers, Computer Gurus, and Geeks: prepare for a CompTIA A+ exams Kaplan College offers on-the-job training, career placement, financial aid available for

those who qualify. Kaplan College (formerly Maric College) San Diego and North County campuses. Call today! 888-966-5000, Dept. 291, or visit www.ChooseKaplanCollege.com.



COMPUTER SYSTEMS TECHNICIAN. UEI also offers programs for Pharmacy Technician, Dental Assistant, Business Office Administration, Massage Therapist, Medical Billing & Insurance Billing, Approved Veterans, Rehab, WIA, Job Placement Assistance, Financial Aid (if qualified). United Education Institute, 3666 Kearny Villa Road, #100, 92123; 310 3rd Avenue, #C6, Chula Vista 91910. Call today! 1-877-206-1915. Visit our website: www.infofromuei.com.



COMPUTER TECHNICIAN Training. Be job-ready in just 8 months! Valley Career College, 878 Jackman Street, El Cajon, CA 92020. We are located 1 block west of Parkway Plaza. Accredited by ACCET. Day and evening classes. Small class size. Externships available. Job placement assistance. Financial aid if qualified. Available to non-high school graduates. 619-593-5111.



COMPUTERIZED OFFICE: and Accounting. Be job-ready in just 8 months. Get the skills employers look for,

from instructors with real-world experience. Day or evening classes available. Evening classes in just 9 months. Small classes, free tutoring, in-the-field training scholarships available. WIA, VA benefit approved, job placement assistance, financial aid available (if qualified), accept non-high school graduates. Valley Career College, 878 Jackman Street, El Cajon, 1 block west of Parkway Plaza. 619-593-5111. ValleyCareerCollege.com.

COMPUTERS, BUSINESS, Accounting: Day, evening, and online classes start soon! Also offered: Medical Assisting, Respiratory Therapy, X-ray Technology (limited scope), Lab Technology, Pharmacy Technology, Healthcare Administration, Medical Coding/Billing, Nursing Administration, Medical Specialties, Medical Office Administration, Associate's/Bachelor's degrees, Certifications and Licenses, Programs approved for Veterans. Accredited member ACCSCT. See Job Giant, page 5. Job placement assistance for graduates, financial aid (if qualified). Classes begin each month! Enroll today! California College San Diego, 2820 Camino Del Rio South, San Diego (92108). 1-800-635-2761. Visit: www.californiacollege.info.

COSMETOLOGY PROGRAM: Love your career! Make money and have fun! Many top Hairstylists own their own businesses. One-year full- or part-time training. Night classes available. Paul Mitchell The School, 410 A Street, San Diego 92101. 619-398-1590.

COSMETOLOGY. Become a Hairstylist, Nail Tech, Esthetician, learn the art of Massage. Acquire the latest in advanced Clinical Esthetics Skills. Poway Academy is the only school in California offering this course. The Bellus Academy, 13266 Poway Road, Poway, CA 92064. Call today! 858-248-4424 x2. www.sandiegobeautyacademy.com.

COURT REPORTING. Excellent career opportunities, financial aid available to those who qualify, approved for WIA and VA benefits, online classes available, AA degree offered. Fully accredited. Mission Valley, San Diego: 619-683-2727; Moreno Valley: 951-781-2727. www.sagecollege.edu.



CRIMINAL JUSTICE. Crime Scene Investigation, Casino Surveillance, Corrections, and more. Kaplan College offers on-the-job training, career placement, financial aid available for those who qualify. Kaplan College, San Diego and North County campuses. 888-356-4000, Dept. 234. www.ChooseKaplanCollege.com.

DENTAL ASSISTANT TRAINING: Work chair-side assisting dentists as they examine and treat patients. Graduate in 9 months! Morning, afternoon, evening classes; lifetime job placement assistance and financial aid if qualified. Pima Medical Institute, 888-239-9445. 780 Bay Boulevard, Chula Vista (I-5 at J Street). www.pmi.edu.



DENTAL ASSISTANT: Be job-ready in just 8 months. Get the skills employers look for, from instructors with real-world experience. Day or evening classes available. Evening classes in just 9 months. Small classes, free tutoring, in-the-field training scholarships available, WIA, VA benefit approved, job placement assistance, financial aid available (if qualified), accept non-high school graduates. Valley Career College, 878 Jackman Street, El Cajon, 1 block west of Parkway Plaza. 619-593-5111. ValleyCareerCollege.com.

DENTAL ASSISTANT. Get started without a high school diploma. Now enrolling, call today! Concorde Career Institute, 4393 Imperial Avenue, Suite 100, San Diego 92113. 888-283-6911. www.Concorde4me.com.

CAREER TRAINING

Dental Assistant careers are expected to grow 29% through the year 2016.

That's about 82,000 new jobs!*



Maric College is now Kaplan College

YOU COULD TRAIN TO BE A DENTAL ASSISTANT.

Externships provide hands-on experience
Real chair-side opportunities • Career placement assistance
Front and Back office instruction
Financial aid available for those who qualify

WE ALSO OFFER:

Medical Assistant • Vocational Nursing
Medical Administrative and Insurance Specialist
Pharmacy Technician • ...and More!

888-356-4000
Dept. 304

www.ChooseKaplanCollege.com

San Diego Campus • Vista Campus

Not all programs offered at all locations

*According to the Bureau of Labor Statistics, U.S. Department of Labor, Occupational Outlook Handbook, 2008-09 Edition, Dental Assistants, on the Internet at <http://www.bls.gov/oco/ocos163.htm>



New Medical Career in only 6 months!

More certifications – Less time – Best value!

Medical Assisting • CPR • Venipuncture/Injections
EKG • Medical Office Assistant • Billing & Coding

Training with San Diego's Best Physicians, Small Classes,
Free Tutoring, Job Assistance, Certification Preparation

Tuition cost includes books, medical kit & supplies.

CALIFORNIA MEDICAL COLLEGE

Where you learn more to earn more!

919 Garnet Avenue
Suite 206 • San Diego

Call 7 days a week: **1-888-585-7537**



Classes begin April 14

First Year Law School just \$2990

A \$600 savings off regular tuition. Consists of 270 hours of classroom instruction divided into three 12-week quarters. Registration fees, books and state bar exam not included.

McMillan Academy of Law

4670 Nebo Drive #200 • La Mesa
619-393-1798 • www.maol.info

Students successfully completing the first year in an unaccredited law school program leading to a J.D. degree must take and pass the First-Year Student's Examination, specified in California Business and Professions Code section 6060(h) and Rule VII of the Rules Regulating Admission to Practice Law in California. While study at this unaccredited law school may qualify a law student, who completes his or her legal education in conformance with the Rules Regulating Admission to Practice Law in California, to take the bar examination in other jurisdictions or satisfy the requirements to practice law in a jurisdiction other than California, the student should contact the admitting authority in that jurisdiction for information regarding the legal education requirements for admission to practice law.

Massage Therapy

An In-Demand Career!

In as few as **9 MONTHS*** you can be ready for your career as a...

- Vocational Nursing
- Insurance Coding & Billing Specialist
- Dental Assistant
- Medical Assistant
- Surgical Technology
- Massage Therapy
- Respiratory Therapy

Call right now for more info!

1.888.844.6753
www.concorde4me.com

Now Offered at our San Diego campus!
4393 Imperial Ave., Ste. 100 | San Diego, CA 92113
*Program length varies.
VA Approved for Eligible Veterans.
Financial Aid to those who qualify.
Accredited Member, ACCSCT.

Ready to Change Your Life?
Become a

Court Reporter



- Excellent Career Opportunities
- Financial Aid Available for Those Who Qualify
- Also Approved for WIA and VA Benefits
- Online Classes Available
- Associate Degree Offered
- Fully Accredited



Call NOW for YOUR Admissions Appointment!

San Diego Location
(619) 683-2727
2820 Camino del Rio South, Suite 100
Moreno Valley Location
(951) 781-2727
12125 Day Street, Building L
www.sagecollege.edu



Build your
future with
**Sage
College!**

Financial Aid Now Available

For students who qualify

**Invest in
something real...
Invest in yourself.**



Call today:
888-594-3184
or visit:
www.IPSB.edu

**International
Professional School
of Bodywork**

College of Massage
and Holistic Health

*"Touching Humanity
One Body At A Time."*

Accredited by the
Commission on Massage
Therapy Accreditation
(COMTA).



9025 Balboa Avenue, Suite 130,
San Diego, CA 92123

CAREER TRAINING

You Can Make More Money* and Get a Better Job
We make it easy to get started



**Next Class
Mar. 30th**

MEDICAL

Topics in:

Medical Assisting
Respiratory Therapy
X-Ray Technology (Ltd.Scope)
Laboratory Technology
Pharmacy Technology
Healthcare Administration
Medical Coding/Billing
Nursing Administration[†]
Medical Specialties
Medical Office Administration
Preparation for Certifications/Licenses**

COMPUTERS BUSINESS & ACCOUNTING

- Financial Aid Available for Qualified Students
- Associate's (Occ.), Bachelor's & Master's[†] Degrees
- Employment Assistance for Graduates
- Preparation for Certifications and Licenses**
- Accredited Member ACCSCT
- Programs Approved for Veterans

Evening, Day & Online Classes Start Every Month



LAPTOP COMPUTER!

Use it in college and keep it when you graduate.
Certain restrictions apply. Call for details.



California College San Diego
2820 Camino Del Rio South, San Diego, CA 92108

1-800-774-7670
www.californiacollege.info

*www.census.gov/population/www/socdemo/education/cps2006.html (See Table 8) **Certifications/licenses may require additional study and cost.
† Offered fully online by Stevens-Henager College® Salt Lake City/Murray, an affiliated college.

You can be here



Faster than you think.

Train for a career in less than 9 months

We also train for:

- » Medical Billing & Insurance Coding
- » Dental Assistant
- » Business Office Administration
- » Computer Systems Technician

Introducing 2 New Programs

Business Management – AAS Degree Program+
Criminal Justice+*

WWW.MYUEI.COM

Call Today!

877.355.9044

UEI College

San Diego / Chula Vista, CA

Not All Programs Available at All Campuses

Financial Aid Available if Qualified

Lifetime Job Placement Assistance

* Length of Programs May Vary

* HS Diploma/GED Required



Become a certified Private Security Guard in just 2 weeks!

52-hour training and certification course includes:

- Guard Card
- Power to arrest
- Firearm training
- Baton training
- CPR/first aid
- Public relations
- Liability and legal aspects
- Observation & documentation
- Communication and significance

No cost to qualified veterans!

Other services: Guard Card renewal, firearm requalification and baton permit

Coast Career Institute

311 Third Ave., Chula Vista • 619-420-0437

EVERY YEAR PEOPLE SPEND MILLIONS IN SALONS AND SPAS.

CAN YOU SAY CAREER CHANGE?

Call today to get more information on an exciting career in the beauty industry.

- Cosmetology
- Spa Nail Technician
- Esthetics • Massage
- Holistic Health Practitioner

Affordable Tuition • Day & Evening Classes
Financial Aid Available for Those Who Qualify
Accredited NACCAS • Job Placement Assistance
Bay Vista College **JE Boutique College**
619-474-6607 ext. 302 **619-442-3407 ext. 304**

BELLUS ACADEMY

The ACADEMY of BEAUTY & SPA

858-748-1490 ext. 2

[School of the Year 2008] **firstchair** **abc**
CUTTING HAIR THE SASSY WAY

Enhance your earning potential!

Ask about our programs in
Makeup Artistry and Master Esthetics.
Financial Aid to those who qualify.

www.SanDiegoBeautyAcademy.com

UEI College

DENTAL ASSISTANT. Classes for Massage Therapist, Business Office Administration, Medical Billing/Insurance Coding, Pharmacy Technician, Computer Systems Technician! Approved Veterans, Rehab, WIA, Job Placement Assistance, Financial Aid (if qualified). Call and visit our campuses! United Education Institute, 3666 Kearny Villa Road, #100, 92123; 310 3rd Avenue, #C6, Chula Vista 91910. Call today! 1-877-206-1915. www.infofromuei.com.

DRIVE YOUR WAY into a new career! Great pay and benefits. Class A/Class B training. Placement assistance. Campuses in San Diego, Temecula, Riverside and Santa Ana. United Truck Driving School, 800-764-2020. www.drivetrucks.com.

EDUCATION FOR LIFE. National Polytechnic College of Science offers courses in Construction Management, Health Information Technology, Homeland Security, Substance Abuse Counseling, Emergency Medical Technology, Marine Technology. Learn more: www.natploy.edu, or call 800-432-3483.

CALIFORNIA MEDICAL COLLEGE

EKG TECHNICIAN. Fast and affordable. 20% tuition reduction for 2009! Start a new career in 6 months. Job placement assistance, financing, free books/supplies. Train with San Diego's best doctors. Small classes, free tutoring, more certifications in less time. Best value guaranteed. Call 888-585-7537. www.CMCSanDiego.com.

FREE GUARD TRAINING. (For those qualified) Guard Card, Firearm, Baton, Pepper Spray/Mace, Taser, CPR/First Aid, Report Writing, Tactical Verbal, Defensive Tactics, Handcuffing, Loss Prevention. Veterans, job placement assistance, ongoing support if qualified. Serving San Diego County for 21 years, Nanpor Security Academy, 601 Mission Avenue, Oceanside (92054). www.nanpor.com, 760-439-6400.

GET F.O.A. CERTIFIED. 3-week intensive hands-on course in Fiber Optics, Telecommunications, Data Cabling. Day/evening classes. WIA/Workers' Comp/EDD. State approved. 100% private financing for those who qualify. Call today! 760-471-9561. Visit NCTC in North County, 1324 East Mission Road, San Marcos, CA 92069. E-mail: nctc2@hotmail.com; or visit www.nctc.nu.

GMAT PREPARATION. USD Test Preparation Courses. Sharpen your skills! Experienced faculty. Practice exams. Convenient schedules. Free refresher classes within 1 year of paid course completion. www.sandiego.edu/testprep. 619-260-4579.

GRAPHIC DESIGN. Coleman University. New name, same excellence in education. Classes begin soon! Be career ready in one year! Over 90% placement rate. VA approved, career services available, financial aid available for those who qualify. Kearny Mesa/San Marcos. Visit: www.coleman.edu. Call today! 800-430-2030.

GRAPHIC DESIGN. 3D Animation, Video Production, Web Design. Platt College offers Bachelor and Associate degrees, fixed tuition costs, day and evening classes, placement assistance, financial aid if qualified. Call today for a free info pack: 1-866-752-8826. Visit: www.MediaArtSchool.com.

GRE PREPARATION. USD Test Preparation Courses. Sharpen your skills! Experienced faculty. Practice exams. Convenient schedules. Free refresher classes within 1 year of paid course completion. www.sandiego.edu/testprep. 619-260-4579.

Our Grads Get Careers

PHARMACY TECHNICIAN



Train for a career in:

- Pharmacy Technician
- Medical Assistant
- Dental Assistant
- Medical Insurance Billing
- Computerized Office/Accounting
- Computer Technician/Networking

Scholarships Available If Qualified

Valley Career College

878 Jackman St., El Cajon (1 block west of Parkway Plaza)

(619) **593-5111**

www.valleycareercollege.com

8-Month Programs • Day & Evening Classes • Financial Aid (If Qualified)
Job Placement Assistance • Approved for WIA, VA benefits

Advance your career:

Fast forward your career in months not years.

Train in:

- Medical Assisting
- Vocational Nursing
- Medical Insurance Technician
- Massage Therapy
- Pharmacy Technician
- Dental Assistant
- Computer Support Technician
- ...and more!



CALL NOW FOR A BROCHURE!

888-356-4000 Dept. 210

www.ChooseKaplanCollege.com

San Diego Campus • Vista Campus

Not all programs offered at all locations

Train for a career in holistic health.



- Accredited by COMTA with 32 years of experience
- Financial aid available for those who qualify
- Flexible scheduling—day, night & weekend classes
- Become your own boss in as little as 9 months
- 3 in-depth programs to choose from:
 - Holistic Health Practitioner
 - Massage Therapist—Asian Therapies
 - Massage Therapist—Western Therapies



4607 Park Boulevard, San Diego
www.mueller.edu • 888-223-9418

Register
now!

Classes
starting
soon.

GREAT NEW CAREERS in Healthcare and Computer Business await you. Day and evening classes available, financial aid for those who qualify, no high school diploma required or GED required. Call now! Career College of San Diego, 619-338-0813. www.CareerCollegeSanDiego.com.

HAIR DESIGN TRAINING. Make money and have fun! Many top Hairstylists own their own businesses. One-year full or part-time training. Night classes available. Paul Mitchell The School, 410 A Street, San Diego 92101. 619-398-1590.

HEALTH INFORMATION. Technology. Learn how to effectively manage vital health information, become a resource to patients and healthcare providers, and contribute to improved health and wellness. Choose from an Associate of Science degree or a certificate. New career in as little as 18 months. Financial aid available for those who qualify. 800-432-3483, www.natpoly.edu.

HEALTHCARE CAREER. In 6 Weeks! Become a Phlebotomy Technician. Classroom instruction and clinical externship at affiliated hospitals and clinics. No experience necessary. Requires high school diploma/equivalent. BPPVE Register #3708721. Family Health Services, 619-955-1007. www.familyhealth-services.com.



HEALTHCARE CAREERS. Train to become a Medical Assistant, Pharmacy Technician, Medical Insurance Technician, Medical Administrative and Insurance Specialist, Nursing, Nursing Assistant, Back Office, Massage Therapy, Dental Assistant. Not all programs offered at both locations. Kaplan College offers on-the-job training, career placement, financial aid available for those who qualify. Kaplan College San Diego and North County campuses. Call today! 888-356-4000, Dept. 234, or visit www.ChooseKaplanCollege.com.

INSURANCE CODING/BILLING. Get started without a High School Diploma! Concorde also offers: A.S. in Respiratory Therapy, Massage Therapy, Surgical Technology, Medical Assistant, Dental Assistant, Vocational Nursing courses. Now enrolling, call today! Concorde Career Institute, 4393 Imperial Avenue, Suite 100, San Diego 92113. 888-254-6904; www.ContactConcorde.com.

LEARN BARTENDING. 1-2 week course. Learn behind a real bar. Make new friends! Fun! Money! Weekend classes available. Part- and full-time. Job placement assistance. Call 619-296-0600.

LEARNING ACADEMY. Home Care Aides, Childcare, Family Caregivers. Entry-level and advanced training for home care providers. At Your Home Familycare, Inc. Please call toll free: 877-91LEARN. E-mail: homecarejobs@atyourhomefamilycare.com.

A New Healthcare Career In Just 6 Weeks!

Become a Phlebotomy Technician



The training program consists of a combination of classroom instruction and a clinical externship at our affiliated hospitals and clinics.

- No Experience Necessary
- Must Have High School Diploma/Equivalent



Call for details:
Family Health Services
 619.955.1007

www.familyhealth-services.com

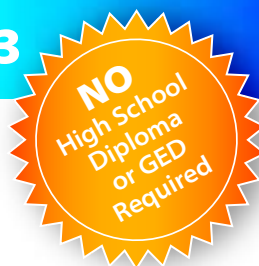
BPPVE Register #3708721

8
Paths to a new career
 Train for a career in 9 months or less!



Call Today!

877.749.6433



train in:

- » Medical Assistant
- » Dental Assistant
- » Massage Therapy
- » Pharmacy Technician*
- » Medical Billing & Insurance Coding
- » Business Office Administration
- » Computer Systems Technician
- » Criminal Justice* **New Program**

WWW.NOWUEI.COM



Chula Vista / San Diego, CA

Not All Programs Available at All Campuses

Financial Aid Available if Qualified

Lifetime Job Placement Assistance

* HS Diploma/GED Required

Astound your friends & become famous!

THE READER PUZZLE:

RULES OF THE GAME

1) Each week we're printing a list of EVERYONE who submits the correct answers to the previous week's puzzle. See this week's contenders below.
2) When you successfully complete a puzzle, we'll also print a brief (10 words or less) message that you've written. This is optional, but it's a great way to express yourself. You may submit a new message weekly. We reserve the right to reject offensive text.
3) We're keeping track of how many puzzles you successfully complete. But your information will only be printed when you successfully complete a puzzle AND get it to us by 7:00 a.m., Monday.
4) Entries must be faxed to **619-231-0489** or **619-233-7907** or mailed to Reader Puzzle, P.O. Box 85803, San Diego, CA 92186-5803, or delivered through our mail slot at 1703 India Street in Little Italy, or scanned and e-mailed to: puzzles@sdreader.com. Submissions must be attached to e-mails in JPG format, 800 by 800 pixels, maximum file size of 1MB. Submissions that don't fit the format will not be counted or viewed.
5) 10 Reader T-shirts are awarded weekly to contenders chosen randomly!
And now for the really small print:
1) All answers must be legible and entered in the spaces provided.
2) Late entries will not be considered.
3) One entry per person per week or you will be disqualified.
4) Employees of the Reader and their immediate families are not eligible.

Across

1. Packed, as freight
6. Attention getters
11. Responses to tattoo artists
14. "Had ____ and couldn't keep her" (nursery rhyme line)
15. Mr. T series, with "The"
16. Animation frame
17. Title character in a 2000 Will Smith movie
19. Oaxaca uncle
20. Authorizes
21. Creator of Easter eggs

22. Peruvian beast
24. Pull back (in)
26. As comic Alan King once noted, he "does nothing, but he does it better than anyone else on television"
29. Nine: Prefix
31. Love-love, e.g.
32. Use a stopwatch again, say
34. Your and my
35. Quarterback whose mother, Wilma, serves on the board of the Professional Football Players Mothers' Association
41. It's never in a neat order
42. Like movie theaters
44. "The Cup of Tea" painter Mary
49. Pet ____
50. Nobelist known for his dogs
54. "The bird a nest, the spider ____, man friendship": Blake
55. Author of "The Very Hungry Caterpillar"
56. Busy as ____
58. Oaxaca gold
59. Flight board info: Abbr.
60. Popular moniker of a moving day helper... or a hint to this puzzle's theme
64. "Love Story" composer Francis
65. What caring people give
66. Feudal lord
67. Jr. and sr.
68. Babes in the woods
69. Miscalculated

Down

1. Worker

2. Dreamed no more
3. Starts eating
4. Alphabet trio
5. Monopoly card
6. Put asphalt on
7. Has the leading role
8. Rep.'s counterpart
9. Tic-____-toe
10. Gets a whiff of
11. Book size
12. Central German city
13. Ferris Bueller's girlfriend
18. Deli slice
23. DMV ID
25. Ja's opposite
27. 34-Down, in Latin
28. Spanish poet Federico Garcia ____
30. Ovid's "I love"
33. "Don't Cry for Me Argentina" musical
34. It's next to nothing
36. When Hamlet says "Alas, poor Yorick!"
37. Little bite
38. On the briny
39. Subsided
40. Libation
43. Like fillets
44. Actress Tyson
45. Online game character
46. Famed Big Apple eatery
47. Where to see Tina Fey as Sarah Palin
48. Tarzan, e.g.
51. Words before averages or gravity
52. Passing notes?
53. Walter Reed patient
57. Tony winner Jennifer
61. "Now it's clear!"
62. "There's ____ in 'team'"
63. Tire filler

1	2	3	4	5		6	7	8	9	10		11	12	13
14						15						16		
17						18						19		
20					21					22	23			
24			25		26			27	28					
29				30				31						
32						33		34						
	35					36				37	38	39	40	
						41				42				43
44	45	46	47	48						49				
50								51	52	53		54		
55								56			57		58	
59					60	61	62					63		
64					65						66			
67					68						69			

We cannot accept your entry without the following:

Name: _____

Address: _____

Neighborhood/City: _____

State: _____ Zip Code: _____

Circle T-shirt size: M L XL

Personal Message: _____

SOLUTION TO LAST WEEK'S PUZZLE:

A	M	M	O		R	N	S		P	E	L	O	S	I
D	O	U	B	L	O	O	N		I	M	A	G	E	S
A	D	R	I	A	T	I	C		N	O	M	A	A	M
M	E	N	E	V	E	R	C	A	N	T	E	L	L	
S	R	A						R	A	E		L	S	D
	N	U	T	S	T	O	M	E		S	H	A	K	E
				H	E	A	R	A			I	L	I	E
	S	T	A	N	D	B	Y	M	E	R	M	A	N	
B	U	R	N						L	O	T	T	O	
A	N	A	X	E		M	E	T	H	E	M	A	N	
T	R	I		R	F	K					L	A	B	
	I	T	S	N	O	T	Y	O	U	I	T	S	M	E
I	S	O	M	E	R			U	P	S	T	A	T	E
M	E	R	E	S	T		L	E	M	O	N	O	I	L
A	S	S	E	T	S		E	N	C		A	N	T	E

THIS WEEK'S CONTENDERS:

☛ indicates T-shirt winner. Number indicates successful entries.

Flo Abena, Rancho Penasquitos, 10. "The woods! Don't wild, hungry animals live in the woods?"
Cecile Alcaraz, Chula Vista, 10.
Mary Arana, Encinitas, 10. "Ear, feather - hmmm."
Stuart Augner, Chula Vista, 10. "I want my Remote Control King back!"
Jen Barnes, University Heights, 10.
Shannon Barry, Pine Valley, 10. "See Fiddler on the Roof in Alpine, 3/19-3/28!"
Jeff Battles, Serra Mesa, 10. "You almost got me this time!"
Olga Betteridge, Ocean Beach, 10. "Our wedding's coming. I adore you, darling."

Tim Betteridge, Hillcrest, 10. "True love comes once in a life. I'm glad I found it."
Charlotte Brown, Clairemont, 10.
Marvin A. Brown, Clairemont, 10.
E.T. Cage, Carmel Mtn., 10. "If everyone would be quiet we could move up."
Phillip Castle, Carlsbad, 10. "Shop local."
A.T. Certik, Bonita, 10.
Betsy Cory, Chula Vista, 10.
Gerard Dermody, Encinitas, 10. "Avoid saying this at a funeral: Good Morning."
Gary Dismukes, Scripps Ranch, 10. "To ET: iPhone home (or is it mePhone?)."
Jeff Doerner, Clairemont, 10.

Bette Eberhardt, Pine Valley, 10. "Constant vigilance."
Justin Finke, Sorrento Valley, 10.
William Edwards, Kensington, 10.
Harry Engel, La Jolla, 10. "H.E. loves L.B."
Ben Espe, Mission Valley, 10. "Can SDSU win an NCAA March Madness game once?"
D. Faulkner, University Heights, 10. "Bike Nazi chills! Yachting in Mexico hopefully increases optimism, appreciation."

Rand Feura, Santee, 10.
Barney Firks, Ocean Beach, 10.
Bill Griffin, Crest, 10. "This one was hard (that's what she said)."
Ernie Hsu, San Diego, 10. "Go green! Happy St. Patrick's Day!"
Norman Kenney, Carlsbad, 10. "Happy St. Patrick's Day! Kiera, Bodo, Mom and Dad."
Elaine Marume, Oceanside, 10.

Joe Maginn, Mission Beach, 10. "It's not - it's words that sound dirty - like mukluk."
Kyle Matzke, Vista, 10. "Sacramento incompetence deserves recall of Governor and Legislature."
Bob Maxwell, Coronado, 10.
Anna McCutcheon, Downtown, 10. "www.paintwithdan.com 1-story exterior, just \$1900."
Ron Meyer, Santee, 10. "Hi from the Marlboro Ranch."
Gary Mocko, Ocean Beach, 10. "Ferroequinologists welcome...sdmem.com."
Elizabeth Noll, Alpine, 10. "These are not the droids you're looking for."
Jim Odell, Vista, 10. "We 3: me echo, me shadow, and me."
Julie Osburn, North Park, 10. "Thanks so much for the T-shirt last week! I love it!"
Robert Ott, Mira Mesa, 10. "10 gallon hat."

Gil Patricio, San Diego, 10. "Did you put enough stamps on that?"
John Pertle, Santee, 10. "Believers: 1 Corinthians 2:9-3:3; all others: John 3:18; 3:36."
Robert Phillips, Downtown, 10. "Indecision may or may not be my biggest problem."
Matt Read, La Mesa, 10. "Congrats to Eric and Lora, for time and all eternity!"
Don Reckles, Carmel Valley, 10. "Happy 6th Anniversary to the love of my life."
Jerry Riccio, Rancho Bernardo, 10.
Doug Rodgers, Rancho Penasquitos, 10.
Eric Sandquist, Allied Gardens, 10.
Ted Scafid, Hillcrest, 10. "Men-dax, rapax, et occisic capax."
Eddie O. Spaghetio, Coronado, 10. "143U15! M.M woulda gotta me HOT, but you gettame HOTTER! CIUM21"

See Your Ranking Online!

Now you can go online to check your ranking and communicate with each other! Simply visit: www.SDReader.com/puzzle. The new ranking is posted each Wednesday. To use the "comments" feature, you must be a registered site member.

THIS WEEK’S CONTENDERS CONTINUED:

☛ indicates T-shirt winner

Tom Somich, Clairemont, 10.
Thelma Strickland-Hicks, Del Mar, 10. *"Have you tried the Encinitas Cafe yet? Ask for Bubbles!"*
Pamela Swain, College Area, 10. *"Hip hip hooray - it's DST!"*
Glenn Walker, Pacific Beach, 10. *"The harder you work the more luck you have."*
Mark Wilde, Spring Valley, 10. *"To my Monte Vista boys, Steele and Blake, go Monarchs!"*
Ann Winder, Hillcrest, 10. *"This is number ten."*
Ric Witt, Clairemont, 10. *"March Madness - it doesn't get any better than this!"*
Sheila Agahan-Price, Oceanside, 9. *"Completed this on painkillers!"*
Lucy Alderson, Chula Vista, 9. *"When you are still, you are who you are."*
Martha Awdziejewicz, Clairemont, 9.
Glory Cadenhead, Clairemont, 9. *"Hey Kat. I'm chillin'."*
Leslie Chase, Campo, 9. *"My orange rose in Texas, Bill's her words to write."*

Sue Coffey, Southwest SD, 9. *"Can't you get the Reader out at 5 am everywhere?"*
Jon Connor, Oceanside, 9. *"I've heard about the Big Kahuna Burger."*
Craig Curtis, Escondido, 9. *"Readerites, thank you for the T-shirt."*
Vince Cuseo, Vista, 9. *"I need your clothes, your boots, and..."*
Carolyn Dalton, Escondido, 9.
Pat DePew, San Diego, 9. *"Hope I'm not late this week!"*
Thomas Diehl, Escondido, 9. *"In Heaven there's no beer; that's why we drink here."*
Kurt Dornbusch, Mission Valley, 9. *"What's a matta you eh?"*
Alfred Egaran, San Diego, 9. *"I'm very relieved that we kept LT...and April is the best."*
Manny Faria, Point Loma, 9. *"You are the love of my life, Pooh!"*
Marie Grace, College Area, 9. *"Hi Vanessa!"*
Joe Griffin, Crest, 9. *"Erin Go Braugh! Long live the Irish."*
Iggie Guerrero, Bay Ho, 9. *"Ophe champ of Spider Solitaire. Go girl."*
Bryan Hartman, Golden Hill, 9. *"I invented it's not you, it's me!"*

Ralph Hayward, El Cajon, 9. *"Hi Mom!"*
Anne Hinton, Point Loma, 9. *"Love your bike."*
Ron Hootman, Santee, 9. *"Hoot 101: over 2 years and no tee - I'm patient."*
Richard Hutchings, Santee, 9.
George Jackson, Oceanside, 9.
Benvicky Javier, San Diego, 9. *"Thanks Barack, now my children will remember me penniless."*
Jim Koziol, UTC, 9. *"Finally!"*
Peter Kronfeld, Normal Heights, 9.
Frank Kuzniar, Carlsbad, 9. *"Initium est dimidium facti."*
Lane and Gaby Litke, Chula Vista, 9.
Michael Lodahl, Mission Valley, 9. *"ME Lodahl, actually, to stay with the puzzle theme."*
Michael McGriffin, Bay Park, 9. *"at last, my love has come along. - Etta James"*
Thomas McVeagh, Lakeside, 9. *"Serenity - what a concept!"*
Pam Mecklenborg, Pacific Beach, 9. *"Thanks for the T-shirt! I should be at 10 this week!"*
Chuck Merritt, Spring Valley, 9.
Irving Metzger, San Diego, 9. *"Marcial"*

Rumir Miravalles, San Diego, 9. *"You cannot shake hands with a clenched fist."*
C.J. Muellner, Spring Valley, 9. *"All about meander T-shirt!"*
Marge Nelson, El Cajon, 9. *"Heartland Lions We Serve."*
Jim Piburn, Point Loma, 9.
Bill Pischke, Ramona, 9. *"There's an orange rose in Texas that I'm gonna see."*
Don Prince, Serra Mesa, 9. *"Fleetwood Mac's Penguin - the best album ever! Listen to it."*
John Prince, Serra Mesa, 9. *"Black T-shirt in sun, living lizard life in San Diego."*
Elizabeth Rainbolt, Mission Valley, 9.
Dave Small, San Carlos, 9.
Clinton Smith, La Mesa, 9. *"Don't resist growing old - many are denied the privilege."*
Elenore Stephens, Potrero, 9. *"P-town 4 life."*
Marjorie Stewart, Point Loma, 9. *"Greetings to fellow puzzlers!"*
Gayle Studer, Mission Valley, 9. *"The whole idea is to get a shirt for Andre."*
Lisa Torrescano, Spring Valley, 9. *"Let's get whiskey bent and hell bound!"*
Jim Vaughan, Carlsbad, 9.

Nedda Viscovich, Cardiff, 9.
Bob Werner, Bay Park, 9.
Steve Wilson, Spring Valley, 9.
M. Zimmermann, Vista, 9. *"www.gopnot4me.blogspot.com"*
Ken A., Ocean Beach, 8. *"Hicks and Carlin are gone - banal comics live on."*
Thomas Baggot, Carlsbad, 8. *"This one was difficult."*
Bruce Bell, South Park, 8.
Jay Berkowitz, La Jolla, 8. *"Wow! Lindsay and Anthony are getting married."*
Mike Bullock, Rancho Bernardo, 8.
Joseph Ciprian, Little Italy, 8. *"Hey, let's go for drinks real soon, man!"*
Maria Coda, Oceanside, 8. *"Hi All!"*
Ben Cooper, Gaslamp, 8. *"It ain't me, babe, no, no,no..."*
Donna Cresta, Chula Vista, 8. *"Ski, I have given up on you."*
John L Drehner, North Park, 8. *"German son: Look Ma, no Hans!"*
John Fabry, San Diego, 8. *"Life's a beach. Don't get sand in your eyes."*
Bud Fisher, Mira Mesa, 8. *"No, but I think we have the same doctor."*
I.C. Garcia, Golden Hill, 8.
Greg Harkless, San Diego, 8. *"Beware the Windmill People!"*

Julie Hocking, Normal Heights, 8. *"Go crazy!"*
Ellie Hoey, Spring Valley, 8. *"Hi Hank!"*
Billy Horton, Santee, 8.
Jerry Jones, Oceanside, 8. *"Is the eighth time the charm?"*
Sara Khwaja, Poway, 8. *"Hello Barbara and Brian. Happy sailing!"*
Thisby Krakatoa, San Diego, 8. *"Finally! Gee whiz."*
Wayne Mathieu, Clairemont, 8. *"Happy Birthday Becky."*
Willie McGee, San Diego, 8. *"No soup for you. No T-shirt either."*
Susan Morfey, Little Italy, 8. *"Happy Birthday to our pal Geoff H."*
James C. Nelson, El Cajon, 8.
Janie Redmond, Cardiff, 8. *"We remember Don Rubin."*
Michael Rewa, Allied Gardens, 8. *"Nostalgia is not what it used to be."*
Tom Seaman, Alpine, 8.
Rich Sewell, Ocean Beach, 8. *"Happy St. Patty's Day and b-days to Elaine and me."*
Kay Stefferud, Carlsbad, 8. *"Happy Birthday Lee."*
Rich Tschiegg, Scripps Ranch, 8. *"I did this puzzle on LSD."*
Nathaniel Uy, East Village, 8.
Kierkegaard Victoria, San Diego, 8.

LEGAL CAREER. University of San Diego Paralegal Certificate. Approved by the American Bar Association. Employment Assistance. Internships. Financial Aid available. www.sandiego.edu/paralegal. 619-260-4579.



LOW-COST JOB TRAINING. Anesthesia Technologist, Personal Trainer, Medical Office, Orthopedic Tech, Telemetry Tech, Insurance, Adobe InDesign, Culinary Arts, Emergency Dispatch, Security Academy. Grossmont College. Visit: www.grossmont.edu/rop. 619-644-7550.

LSAT PREPARATION. USD Test Preparation Courses. Sharpen your skills! Experienced faculty. Practice exams. Convenient schedules. Free refresher classes within 1 year of paid course completion. www.sandiego.edu/testprep. 619-260-4579.



MESSAGE THERAPIST. Massage Course at UEI. We also offer programs for Pharmacy Technician, Business Office Administration, Medical Billing/Insurance Coding, Dental Assistant, Computer Systems Technician, Approved Veterans, Rehab, WIA. Job Placement Assistance, Financial Aid (if qualified). United Education Institute, 3666 Kearny Villa Road, #100, 92123; 310 3rd Avenue, #C6, Chula Vista 91910. Call today! 1-877-206-1915. Visit our website: www.infomruei.com.



MESSAGE THERAPY and other professional medical courses offered at Kaplan College. Not all programs offered at both locations. Kaplan College offers on-the-job training, career placement, financial aid available for those who qualify. Kaplan College (formerly Maric College) San Diego and North County campuses. Call today! 888-356-4000, Dept. 234, or visit www.ChooseKaplanCollege.com.

MEDICAL ADMIN COURSE. Contact U.S. Colleges for more information. WIA and low cost funding, workers comp, small classes. Universal Schools and Colleges of Health and Human Services, San Diego: 619-858-3480; San Marcos: 760-918-8198. www.uscmed.com.



MEDICAL ADMIN. Medical Insurance Technician, Medical Administrative and Insurance Specialist courses offered for Medical Administrative careers at Kaplan College. We offer on-the-job training, career placement, financial aid available for those who qualify. Kaplan College (formerly Maric College) San Diego and North County campuses. Call today! 888-356-4000, Dept. 234, or visit www.ChooseKaplanCollege.com.



MEDICAL ADMINISTRATION and Billing. Be job-ready in just 8 months. Get the skills employers look for, from instructors with real-world experience. Day or evening classes available. Evening classes in just 9 months. Small classes, free tutoring, in-the-field training scholarships available, WIA, VA benefit approved, job placement assistance, financial aid available (if qualified), accept non-high school graduates. Valley Career College, 878 Jackman Street, El Cajon, 1 block west of Parkway Plaza. 619-593-5111. ValleyCareerCollege.com.

MEDICAL ASSISTANT TRAINING: Assist physicians in the examination and treatment of patients ranging from newborns to senior citizens, as well as perform routine office tasks. Graduate in 9 months! Morning, afternoon, evening classes, lifetime job placement assistance and financial aid if qualified. Pima Medical Institute, 888-239-9445. 780 Bay Boulevard, Chula Vista (I-5 at J Street). www.pmi.edu.

MEDICAL ASSISTANT. Get started without a high school diploma. Now enrolling, call today! Concorde Career Institute, 4393 Imperial Avenue, Suite 100, San Diego 92113. 888-283-6911. www.Concorde4me.com.

MEDICAL ASSISTANT. Classes begin each month. Day, evening, and online classes. Medical Assisting, Respiratory Therapy, X-ray Technology (limited scope), Lab Technology, Pharmacy Technology, Healthcare Administration, Medical Coding/Billing, Nursing Administration, Medical Specialties, Medical Office Administration. Associate's/Bachelor's degrees, Certifications and Licenses. Programs approved for Veterans. Accredited member ACCSCT. See Job Giant, page 5. Job placement assistance for graduates, financial aid (if qualified). Enroll today! California College San Diego, 2820 Camino Del Rio South, San Diego (92108). 1-800-635-2761. www.californiacollege.info.



MEDICAL ASSISTANT. Medical Assistant. UEI also offers programs for Pharmacy Technician, Dental Assistant, Business Office Administration, Massage Therapist. Approved Veterans, Rehab, WIA. Job Placement Assistance, Financial Aid (if qualified). United Education Institute, 3666 Kearny Villa Road, #100, 92123; 310 3rd Avenue, #C6, Chula Vista 91910. Call today. 1-877-206-1915. Visit our website: www.infomruei.com.



MEDICAL ASSISTING. Fast and affordable. 20% tuition reduction for 2009! Start a new career in 6 months. Job placement assistance, financing, free books/supplies. Train with San Diego's best doctors. Small classes, free tutoring, more certifications in less time. Best value guaranteed. Call 888-585-7537. www.CMCSanDiego.com.

MEDICAL CODING/BILLING. Classes start soon! California College San Diego offers day, evening, and online classes. Medical Assisting, Respiratory Therapy, Lab Technology, Pharmacy Technology, X-ray Technology (limited scope), Healthcare Administration, Nursing Administration, Medical Specialties, Medical Office Administration. Associate's/Bachelor's degrees, Certifications and Licenses. Programs approved for Veterans. Accredited member ACCSCT. See Job Giant, page 5. Job placement assistance for graduates, financial aid (if qualified). Classes begin each month! Enroll today! CCSD, 2820 Camino Del Rio South, San Diego (92108). 800-635-2761. www.californiacollege.info.



MEDICAL INSURANCE. Billing Medical Insurance. UEI also offers programs for Pharmacy Technician, Dental Assistant, Business Office Administration, Massage Therapist. Approved Veterans, Rehab,

WIA. Job Placement Assistance, Financial Aid (if qualified). United Education Institute, 3666 Kearny Villa Road, #100, 92123; 310 3rd Avenue, #C6, Chula Vista 91910. Call today! 1-877-206-1915. Visit our website: www.infomruei.com.



MEDICAL OFFICE ASSISTANT. Fast and affordable. 20% tuition reduction for 2009! Start a new career in 6 months. Job placement assistance, financing, free books/supplies. Train with San Diego's best doctors. Small classes, free tutoring, more certifications in less time. Best value guaranteed. Call 888-585-7537. www.CMCSanDiego.com.

MEDICAL SPECIALTIES: Medical Assisting, Respiratory Therapy, X-ray echnology (limited scope), Lab Technology, Pharmacy Technology, Healthcare Administration, Medical Coding/Billing, Nursing Administration, Medical Specialties, Medical Office Administration. Associate's/Bachelor's degrees, Certifications and Licenses. Programs approved for Veterans. Accredited member ACCSCT. See Job Giant, page 5. Job placement assistance for graduates, financial aid (if qualified). Classes begin each month! Enroll today! California College San Diego, 2820 Camino Del Rio South, San Diego (92108). 1-800-635-2761. www.californiacollege.info.

MS-INFORMATION SCIENCES. Coleman University. New name, same excellence in education. Classes begin soon! Be career ready in one year! Over 90% placement rate. VA approved, career services available, financial aid available for those who qualify. Kearny Mesa/San Marcos. Visit: www.coleman.edu. Call today!! 800-430-2030.

NATIONAL POLYTECHNIC COLLEGE of Sciences offers courses in Construction Management, Health Information Technology, Homeland Security, Substance Abuse Counseling, Emergency Medical Technician, Marine Technology. www.natpoly.edu, 800-432-3483.

NURSING ADMINISTRATION: Day, evening, and online classes start soon! Also offered: Medical Assisting, Respiratory Therapy, Lab Technology, Pharmacy Technology, X-RAY Technology (limited scope), Healthcare Administration, Medical Coding/Billing, Medical Specialties, Medical Office Administration. Associate's/Bachelor's degrees, Certifications and Licenses. Programs approved for Veterans. Accredited member ACCSCT. See Job Giant, page 5. Job placement assistance for graduates, financial aid (if qualified). Classes begin each month! Enroll today! California College San Diego, 2820 Camino Del Rio South, San Diego (92108). 1-800-635-2761. www.californiacollege.info.

INSTRUCTION

Spanish

"Learn everyday Spanish conversation through dialogues."

- Private or small groups
- Day or evening classes

Spanish Language Center
619-284-8636
spanishlanguagecenter.com
Mission Valley



THE CABRILLO
ACADEMY OF
THE SWORD
Beginners' Classes
Advanced Training
Sales of Replica
Swords & Daggers
Instruction in
Theatrical Swordplay
*On Antique Row in
Normal Heights*
(619) 584-2478
cabrillosword.com

FENCING

DEBT OVERLOAD?

- ✓ Are credit card bills taking over your life?
- ✓ Do medical bills keep filling your mailbox?
- ✓ Want to stop harassing phone calls instantly?
- ✓ Feel trapped but don't know where to turn?

Mrs. Debtfire can help.

Reduce your total debt
Save thousands every month
Avoid bankruptcy and new loans
Live debt-free in months
Pay only what you can

Mrs. Debtfire

Call Now!

(877) 332-8088
mrsdebtfire.com

THIS WEEK’S CONTENDERS CONTINUED:

☛ indicates T-shirt winner

Bob Vollmar, La Jolla, 8.
Westie, San Diego, 8. “Arl.”
Steve and Dawn, North Park, 7. “Thank you Mike.”
Clemencia Angus, Linda Vista, 7. “Happy Birthday Kevin, with love from me and Pepe. Peace.”
Marilyn Cooper, Chula Vista, 7. “Help! I’m being held captive in a stimulus package!”
Jim Corbett, San Diego, 7.
George Elam, Vista, 7. “How did lawyers make failure a mandatory bonus?”
☛ **Don Erickson, Carlsbad, 7.** “Hey Courtney.”
Gian Ghio, Chula Vista, 7. “How come everyone who mentioned T-shirts won last week?”
Jack Hawkins, Encinitas, 7. “Words without thoughts never to Heaven go.”
☛ **Tom Laurin, Chula Vista, 7.** “Man, you should give sweatshirts for puzzles this tough!”
Aleksa Mendive, Normal Heights, 7.
Douglas Meyers, La Mesa, 7. “Put out an APB! Santee is missing!”
Michael Panther, Point Loma, 7. “With the hand sanitizer!”

P. Drew Papas, La Jolla, 7. “Nomaam?”
Laura Patterson, Azalea Park, 7. “Hey Doolittles, you guys are great. Free petsitting for life!”
Cindy Pellett, University Heights, 7. “SI, Stuart, and need all the help I can get!”
Chris Peterkin, Scripps Ranch, 7.
Jay Sato, Carmel Valley, 7. “Weire the funniest, fanciest, friendliest, fabulous Fur Family.”
Martin Soblick, Del Mar, 7.
Robin Suter, La Mesa, 7.
Dave Washington, La Jolla, 7. “Hey Courtney.”
Michael Wright, Downtown, 7. “Jimmy Dean - the sausage or the rebel?”
Mike and Karen, Talmadge, 6. “C is for loving me when I’m clumsy or crabby.”
Dennis Beabout, Temecula, 6. “Yeah! Hooray! travian.com”
Phillip Blase, San Diego, 6. “I know - I’ll go to Leilbella churches.”
J.D. Boucharde, North Park, 6. “Suraya Juliane Skye Boucharde born 3/9/09. Beautiful, beautiful, beautiful.”
Wally Chapman, Chula Vista, 6.

William Cushing, Rancho Bernardo, 6. “Congrats to Amber - you’ll be a doozy of a nurse.”
Chris Donnelly, Carlsbad, 6. “Nice puzzle. How about a T-shirt?”
Marty Ferullo, Pacific Beach, 6. “Pour some sugar on me.”
Terry Golden, Clairemont, 6.
Lizzy Henry, Encinitas, 6. “Chris, want cookies this week?”
Martha Klages, Encanto, 6.
Bev Longdon, El Cajon, 6. “Wel-come back from Camp, Austin.”
Archie McAllister, Chula Vista, 6. “Tartan Day April 6.”
Cindy Quinto, Golden Hill, 6. “The economy died way before Obama took office.”
Carol Rabner, Escondido, 6.
Connie Rittichier, Poway, 6.
Jack Rohrer, Clairemont, 6. “How about letting message word length equal your current score?”
Joanne Sanchez, Mira Mesa, 6. “Just call me butter cuz I’m on a roll.”
Rob Warren, Sabre Springs, 6. “Is it Friday yet?”
Tom White, University City, 6.
Jerry S. Anders, Scripps Ranch, 5. “What happened to that guy in Santee with all the friends?”
Evelyn Bowser, Hillcrest, 5. “House is sold.”

Glen and Tesi Chavira-Cournoyer, Chula Vista, 5. “Going to Peoria to see my pads.”
Dan Collins, Santee, 5. “If you really want a challenge, try cryptic!”
Susan De Masi, Fallbrook, 5. “Ollie?”
Mike Deliman, Santee, 5. “I miss Jimmie, the Magic Flute, and Witchiepool!”
S Depka, Vista, 5. “It’s all a part of life’s rich pageant.”
Ben Doverdahl, San Diego, 5. “Using both handles.”
W. Hodgson, Escondido, 5. “I had the right-of-way, he had the truck.”
Jon Hutchens, Encinitas, 5.
N.C. Lyman, Poway, 5. “Baby-cakes - listen to one heartbeat, then the next...143.”
☛ **Jenny McReynolds, Linda Vista, 5.**
Phil Nichols, Escondido, 5. “Eat at Vinz!”
Denis Rees, Alpine, 5. “Triglyceride got me!”
☛ **Dave Weim, Chula Vista, 5.**
Stephen Wilder, Rancho Bernardo, 5. “Snee or snee? Definitely not isoner.”
Greg Arimura, San Diego, 4. “I hate haters! I have faith, Mr. Moorad.”
Isabella Busch-Sorenson, Ocean Beach, 4. “My Teddy is 100 years old.”

Joy E. Fernandez, Chula Vista, 4. “That one was hard! Hope I’m right. Shirt!”
Rubber Chicken Research Team, Mission Hills, 4.
Don Romero, Ramona, 4. “I have completed 4, not 3 puzzles.”
D. Schick, Oceanside, 4. “Where’s the sun?”
Pablo Shaw, San Diego, 4. “Did I get this puzzle?”
Karen Steepy, Bonita, 4.
Jack Tripp, San Diego, 4. “Buffy, you are missed.”
Woody Anderson, Carmel Valley, 3. “Is anybody buying Obama’s stimulus plan?”
☛ **Dustin Beabout, Temecula, 3.** “Goldfist! Gaa!”
Dara Hetzel, Escondido, 3. “Thanks to Carson and Andrew Miller.”
Armando Vargas, San Ysidro, 3. “717 and 70009! 10 years in June! I love you.”
Brian and Suzanne, Point Loma, 2. “I lost the game!”
Sandra Groves, Bonita, 2.
Steve Gunsolly, Normal Heights, 2. “Is 19 Across grammatical?”
☛ **Gail Jones, El Cajon, 2.** “Tough puzzle.”
Emile Jossi, Ocean Beach, 2. “Fax. Don’t trust USPS!”

Steve Kassiotis, San Diego, 2. “Brand new #2, moving left, ride on.”
Kathy Law, La Mesa, 2. “Hi to Al, Marylou, and Rocio. Love to Bill. Thanks.”
Danielle Mentzer, North Park, 2. “Humankind. Be both.”
Jesse Porter, Encinitas, 2. “Happy Birthday Christina! Thanks for getting me hooked on this!”
Stacey Street, North Park, 2. “Be nice to your barista today!”
☛ **Rod Wastier, South Park, 2.** “Support your local music scene.”
Kelley Wilson, Santee, 2. “I need a T-shirt!”
Dana Bachman, San Diego, 1. “Third try is a charm, yes?”
Estrelli Bernswenapi, Chula Vista, 1. “Estrelli gets messy!”
Phyllis Grant, San Diego, 1. “Pretty good for 84!”
Esther Janowsky, Chapel Hill, 1. “Keep on truckin’.”
Rick Walsh, Encinitas, 1. “Visi d’arte, Visi d’amore”



NURSING CAREERS. Nursing and Medical Career Training offered at Kaplan College. Kaplan College offers on-the-job training, career placement, financial aid available for those who qualify. San Diego and North County campuses. Call Kaplan College today! 888-356-4000, Dept. 234, or visit www.ChooseKaplanCollege.com.

NURSING: Accelerate your health career with Azusa Pacific University’s School of Nursing and Kaiser Permanente. The Early Entry into Nursing and Advanced Practice (EENAP) Program provides graduate-level nursing education for those with degrees in other disciplines. A generous enrollment fund donation from Kaiser Permanente allows students to participate in a forgivable loan program where they will perform clinical rotations and receive mentoring from Kaiser Permanente staff in addition to coursework. Upon graduation and licensure, students will work at Kaiser Permanente San Diego facility, receiving two years of real-world experience. Call 877-210-8839, visit www.apu.edu/nursing, e-mail sandiego@apu.edu. Or apply online today at www.apu.edu/apply/. Azusa Pacific University, 5353 Mission Center Road, Suite 300, San Diego, CA 92108.

PHARMACY LAB TECH. Day, evening, and online classes start soon! Medical Assisting, X-ray Technology (limited scope), Respiratory Therapy, Healthcare Administration, Medical Coding/Billing,

Nursing Administration, Medical Specialties, Medical Office Administration. Associate’s/Bachelor’s degrees, Certifications and Licenses, Programs approved for Veterans. Accredited member ACCSCT. See Job Giant, page 5. Job placement assistance for graduates, financial aid (if qualified). Classes begin each month! Enroll today! California College San Diego, 2820 Camino Del Rio South, San Diego (92108). 1-800-635-2761. www.californiacollege.info.



PHARMACY TECH. UEI also offers programs for Medical Coding/Billing, Dental Assistant, Business Office Administration, Massage Therapist. Approved Veterans, Rehab, WIA. Job Placement Assistance, Financial Aid (if qualified). United Education Institute, 3666 Kearny Villa Road, #100, 92123; 310 3rd Avenue, #C6, Chula Vista 91910. 1-877-206-1915. www.infofromuei.com.

PHARMACY TECHNICIAN TRAINING: Assist licensed Pharmacists in providing medication and healthcare products to patients. Graduate in 8 months! Morning, afternoon, evening classes; lifetime job placement assistance and financial aid if qualified. Pima Medical Institute, 888-239-9445, 780 Bay Boulevard in Chula Vista (I-5 at J Street). www.pmi.edu.



PHARMACY TECHNICIAN. Train to become a Pharmacy Technician or other Medical Professional at Kaplan College (formerly Maric College). Kaplan College offers on-the-job training, career placement, financial aid available for those who qualify. San Diego and North County campuses. Call today! 888-356-4000, Dept. 234, or visit www.ChooseKaplanCollege.com.



PHARMACY TECHNICIAN. Be job-ready in just 8 months. Get the skills employers look for, from instructors with real-world experience. Day or evening classes available. Evening classes in just 9 months. Small classes, free tutoring, in-the-field training scholarships available, WIA, VA benefit approved, job placement assistance, financial aid available (if qualified), accept non-high school graduates. Valley Career College, 878 Jackman Street, El Cajon, 1 block west of Parkway Plaza. 619-593-5111. ValleyCareerCollege.com.

PLATT (MEDIA ARTS) COLLEGE offers classes in Web Design, Graphic Design, Video Production, 3D Animation. Bachelor and Associate degrees, fixed tuition costs, day and evening classes, placement assistance, financial aid if qualified. Call today for a free info pack: 1-866-752-8826. Visit: www.MediaArtSchool.com.

PRIVATE INVESTIGATOR. Start a new career in 2 months or less at U.S. College! Morning, afternoon and evening classes. WIA and low cost funding, workers comp, small classes. Universal Schools and Colleges of Health and Human Services, San Diego: 619-858-

3480; San Marcos: 760-918-8198. www.uscmcd.com.



PROFESSIONAL MEDICAL TECH. Fast and affordable. 20% tuition reduction for 2009! Start a new career in 6 months. Job placement assistance, financing, free books/supplies. Train with San Diego’s best doctors. Small classes, free tutoring, more certifications in less time. Best value guaranteed. Call 888-585-7537. www.CMCSanDiego.com.

RESPIRATORY THERAPY COURSE. Day, evening, and online classes start soon! Also offered: Medical Assisting, Lab Technology, Pharmacy Technology, X-ray Technology (limited scope), Healthcare Administration, Medical Coding/Billing, Medical Specialties, Medical Office Administration. Associate’s/Bachelor’s degrees, Certifications and Licenses, Programs approved for Veterans. Accredited member ACCSCT. See Job Giant, page 5. Job placement assistance for graduates, financial aid (if qualified). Enroll today! CCSD, 2820 Camino Del Rio South, San Diego (92108). 1-800-635-2761. www.californiacollege.info.

RESPIRATORY THERAPY: (Associate of Occupational Science). Train in less than two years for this specialty that focuses on prevention, diagnoses, treatment, management and rehabilitation of patients with breathing or other cardiopulmonary disorders. Pima Medical Institute, 888-239-9445, 780 Bay Boulevard, Chula Vista (I-5 at J Street). www.pmi.edu.

RESPIRATORY THERAPY. Get started without a High School Diploma! Concorde offers: A.S. in Respiratory Therapy, Massage Therapy, Surgical Technology, Medical Assistant, Dental Assistant, Vocational Nursing, Insurance Coding & Billing courses. Now enrolling, call today! Concorde Career Institute, 4393 Imperial Avenue, Suite 100, San

Diego 92113. 888-254-6904; www.Concorde4me.com.

RESTAURANT/BAR MANAGEMENT: Learn the ins and outs of restaurant and bar management at National Schools. Free career placement assistance, with many jobs available. Call: 619-461-2800 for a tour and sit in a class. Learn why we are different. Visit us on the web, and see our Photo Gallery and curriculum of all our training. Financial Aid available. www.nationalschools.com.

SECURITY GUARD TRAINING. Become a fully trained and certified Private Security Guard in just 52 hours/2 weeks! Certificate: Power to Arrest, Liabilities and Legal Aspects, Observation and Documentation, Communication and Significance. BSIS Car/Permits: Guard Card/Baton Permit, Firearm Permit/Tear Gas, First Aid/CPR. Now accepting: WIA/ TAA, Vocational Rehab, Dislocated Workers, Private Pay and others. Coast Career Institute, 311 Third Avenue, Chula Vista, CA 91910, 619-420-0437.

SPORTS MEDICINE TECH. Call U.S. Colleges for more information. WIA and low-cost funding, Workers’ Comp. Small classes. Universal Schools and Colleges of Health and Human Services, San Diego: 619-858-3480; San Marcos: 760-918-8198. www.uscmcd.com.

SUBSTANCE ABUSE COUNSELING. At National Polytechnic College of Science prepare for the certifications required to help people overcome their dependencies on alcohol or drugs. Choose from an Associate of Science degree or certificate. Financial aid available for those who qualify. 800-432-3483. www.natpoly.edu.

SURGICAL TECHNOLOGY. Start this year with a new career. We also offer courses in Massage Therapy, Medical Assisting, Respiratory Therapy, Insurance Coding and Billing, Dental Assisting, and Vocational Nursing. Call today for more information! Concorde Career College, 4393 Imperial Avenue, Suite 100, San Diego. 888-254-6904; www.Concorde4me.com.

TELECOMMUNICATIONS. 3- week intensive hands-on course in Fiber Optics, Telecommunications, Data Cabling, Day/evening classes. WIA/ Workers’ Comp/EDD. State approved. 100% private financing for those who qualify. Call today! 760-471-9561. Visit NCTC in North County, 1324 East Mission Road, San Marcos, CA 92069. E-mail: nctc2@hotmail.com; or visit: www.nctc.nu.

TRUCK DRIVING SCHOOL. Western Truck School San Diego offers classroom and over-the-road instruction. Class A/4 weeks; Class B/1 week! We have a job waiting for you, if qualified. Veteran/WIA approved. Tuition reimbursement. Day, night, weekend classes. 1-800-TRUCKING. www.westerntruckschool.com.

TRUCK DRIVING. Drive your way into a new career! Great pay and benefits. Class A/Class B training. Placement assistance. Campuses in San Diego, Temecula, Riverside and Santa Ana. United Truck Driving School, 800-764-2020. www.drivetrucks.com.



VENIPUNCTURE-INJECTIONS. Start a new career in 6 months! Fast and affordable. 20% tuition reduction for 2009! Job placement assistance, financing, free books/supplies. Train with San Diego’s best doctors. Small classes, free tutoring, more certifications in less time. Best value guaranteed. Call 888-585-7537. www.CMCSanDiego.com.
VETERINARY ASSISTANT PROGRAM: Just 30 weeks to a career filled with fur and fun! Love your patients and your job as you nurture the health and well-being of animals. Pima Medical Institute offers financial aid if qualified and lifetime job placement assistance. 888-239-9445. 780 Bay Boulevard, Chula Vista. www.pmi.edu.

SERVICES

Best Oriental Massage In Town!!!

Jacuzzi Shower
Walk-Ins Welcome

ASIA SPA

We invite you to experience
one of the best massages by
professional staff!!

License #152498 15 FWY. Escondido Blvd.
760-738-9553 8th St.
Open 7 Days • 9am-9pm 9th St.

829 S. Escondido Blvd.
Corner of 9th + Escondido

GRAND OPENING!

Oriental Chi Spa

\$10 off 1-hour
massage

\$5 off 1/2-hour
massage

Therapeutic Jacuzzi
Body shampoo
Stress reduction & relaxation

Lic. #00012847

6786 University Ave. (near SDSU) 619-265-8500

Pacific Beach

\$10 Off
Must mention coupon when making
appointment. Expires 3/31/09.

Yoshi
Massage

Oriental Spa
& Hot Tub
858-274-5371
1943 Grand Ave.
9 am-10 pm • 7 days

Lic. 99005303

20% OFF
Any Service!

Cuts • Color • High/Low Lites
Speed Waxing • Facials

Offers valid with this ad. First-time
clients only.
Specializing in hi/low lites and
up-dos.
Over 20 years of experience.

salon

3760 Sports Arena Blvd.
(behind Red Lobster) 619.221.9160

VOCATIONAL NURSING. Get started without a High School Diploma! Concorde also offers: A.S. in Respiratory Therapy, Massage Therapy, Surgical Technology, Medical Assistant, Dental Assistant, Insurance Coding/Billing courses. Now enrolling, call today! Concorde Career Institute, 4393 Imperial Avenue, Suite 100, San Diego 92113. 888-254-6904; www.ContactConcorde.com.

WEB DESIGN, GRAPHIC DESIGN, 3D Animation, Video Production. Platt College offers Bachelor and Associate degrees, fixed tuition costs, day and evening classes, placement assistance, financial aid if qualified. Call today for a free info pack: 1-866-752-8826. Visit: www.MediaArtSchool.com.

BUSINESS OPPORTUNITIES

TO PLACE AN AD IN THE READER call 619-235-8200, 8:30am to 5:00pm, Monday through Friday. Deadline: 5pm Tuesday.

100% RECESSION-PROOF VENDING Routes. 80% profit potential with 30 local vending machines and candy for \$9995. Other packages available. Multivend, LLC. Call 800-920-7869.

AN EXCITING HOME-BASED Business. 12-year-old company, #1 health product expanding in the USA and globally! Leaders wanted. Call Dr. Karl at 619-550-7636.

APPOINTMENT SETTER. Busy insurance agent. Leads/script provided. Work from home. Flexible hours: \$25 for every appointment, sale or no sale. Bonuses! Bill, 858-558-8645; 858-449-1046.

AVON. Excellent income potential in today's changing economy! Perfect for self-starters with a commitment to helping others succeed. \$10 gets you started. Call Kathleen, independent sales representative: 619-429-1253; 888-429-1253.

BE A MILLIONAIRE FROM HOME! Mangosteen juice! Super powerful antioxidants! Gets rid of pain/inflammation! Whole food vitamins! Clean, green toxin-free skincare! www.diane.myjetstream.net. 877-674-4280.

BE YOUR OWN BOSS. Join the fastest growing new commercial cleaning franchise business in the U.S.! Full time/part time. Guaranteed customers. We provide training, equipment and financing. Let our 50 years of experience work for you. \$1400 down. 760-930-2051. www.system4usa.com.

EARN \$500 DAILY providing carpet cleaning every home and business needs. Write for free report: Dry Tech, Promo #CL22113, 8920 Quartz Avenue, Northridge, CA 91324.

MAKE MONEY! Position yourself with a billion-dollar company. Free training, free support, no inventory. www.ultimatepowerbusiness.com/aandrews.

MESSAGE BUSINESS FOR SALE. Convenient Mission Gorge location, near Kaiser Hospital. Established clientele. Must sell! Make offer! Call 619-977-9671.

NEVER BEEN DONE BEFORE. \$28,000 in days, not weeks. No selling, simply returning phone calls, Private gifting, IRS tax code approved. "I received \$34,000 cash to my front door in my first 3 weeks!" Joe, Banker, California. 888-593-8287.

Health Coaches Wanted

One of Fortune Magazine's "Fastest Growing Companies," Medifast, expanding in Southern California. Complete training provided. Proven track record, over 100 coaches earning 6 figures. Commission only. 858-509-1778.

PART TIME. Looking for a home-based business? Join our Watkins team today. Flexible, part time, excellent training provided. Free info at www.zestybiz.com.

REALISTICALLY EARN MORE MONEY in the next year than the past 5 years combined. Call 1-800-687-2735 or go to www.solution2FamilyFinancialFreedom.com.

RETAIL DOWNTOWN GASLAMP. Prime location. \$50,000 plus inventory. Call and leave message: 619-475-3962.

SALES EXECUTIVE. Potential to earn like a CEO without the stress! Distributorship for self-help products. 800-710-2414.

WANT TO SAY "GOODBYE" to the 9-5 world? We did. And within 90 days we tripled our monthly income and fired our bosses. You can, too! Network marketing. Call to learn how: 800-631-9439. Or visit: www.swanlifestylecoop.com.

YOU CAN DO THIS! If you're motivated/coachable, our revolutionary product and proven system will take you to a 6-figure income. For interview: 858-472-2258.

CLASSES / LESSONS

TO PLACE AN AD IN THE READER call 619-235-8200, 8:30am to 5:00pm, Monday through Friday. Deadline: 5pm Tuesday.

ABANDON YOUR ACTING FEARS! Actors Workshop Studios. San Diego's #1 film/TV studio! Professional 3-camera set. Weekly in-house auditions with Hollywood/local casting directors, producers, agents. www.actorsworkshopstudios.com; 858-587-6666.

ACADEMY OF THE STARS! Private lessons: Voice, Dance, Piano, Guitar, Bass, Saxophone, Flute, Songwriting, Music Theory. All ages/levels. Learn from professionals! \$30+. www.celestecenter.com. 877-262-3540.

ACTING CLASSES. Monty Silverstone, father of star Alicia, holding classes, Del Mar and Rancho Santa Fe, Monday, Wednesday, Friday, Saturday. Check our website: montysilverstone. 858-759-7881.

BALLROOM DANCING. Mary Murphy's Champion Ballroom (drop-in class). Have a night out dancing. Every Friday night, beginning class starts at 7pm, party 8-10pm. \$12 for 3 hours of fun. 3580 Fifth Avenue, 92103. Phone: 619-291-7722.

BE A PROFESSIONAL CLUB DJ. Learn every aspect of DJing at San Diego Turntable Institution, 7580 Trade Street #C, San Diego, 92121. 1-866-244-8411. sdturntableinstitution@gmail.com. www.myspace.com/sdti.

BHAGAVAD-GITA classes by a Vedic Scholar. Monday- Wednesday, 7:30pm-8:30pm. Hare Krishna Temple, 1030 Grand, Pacific Beach, 92109. 858-483-2500.

DANCE LESSONS/POLYNESIAN dancing. Hip Hop, Salsa, belly dancing, Tahitian drumming. We teach Hawaiian, Samoan, New Zealand. All ages welcome. Beginning 1/2009. email: www.PacificArtsDS.com; 858-566-3800.

DRUM INSTRUCTION. I teach what you want and need to know. Get more playing enjoyment. Be musical! All levels accepted. Hoffman Drum Studio, Kirk, 619-287-6518.

ENGLISH TUTORING. Master's degree instructor. English as a second language, TOEFL, grammar, writing, pronunciation. Native speaker grammar, refinement. Reasonable rates. jaygo@cox.net, 619-528-8663 or 619-410-2002.

FAMILY HORSEBACK RIDING. Bethany Pappani Training. Individual/family/

private trail lessons. Miniature horse with pink cart available for birthday parties and special occasions. Experienced trainer, exquisite horses. 619-885-8232.

FREE WRITERS WORKSHOP reopening. All skill levels, genres. Barnes & Noble (Westview Parking—Mira Mesa) 1st Tuesday of each month. 6:30pm. Claudia, 858-693-3939 or info@crebink.com.

FRENCH LESSONS. The best, most popular French lessons in San Diego, from \$9.99/hour. Learn with a teacher from Paris! Materials included. www.fromenglishtofrench.com. Sophie, 619-339-7993.

GUITAR INSTRUCTION: Degreed professional, 30 years' experience. All styles. Especially good with young people and children. Your first lesson is free! Call Gary at 619-715-1352.

GUITAR LESSON IN YOUR HOME. Four years' teaching experience. Current music major. Great with people/kids. Learn through a foundation in music theory. \$30/half hour. Ozzy, 951-795-1448.

GUITAR LESSONS/RECORDING. Learn to play, sing your favorite songs. Experienced instruction tailored to your goals. Record a demo; session work. Craig Blaine, 619-417-4080. www.jcbmusic.com.

LEARN JAPANESE! Free lessons. In-home private tutor for beginner or intermediate. SDSU grad student from Japan. Also teaches Spanish to Japanese speakers. Call 619-303-3966.

Bonita Valley Arts Academy
Music and creative arts at affordable prices for youth and adults: Voice, Piano, Guitar, Percussion, Harp, Band, String Orchestra, Painting/Drawing. Qualified instructors specializing in performing and teaching. Spring session 4/6-6/15, register now! www.bonitavalley.com/artsacademy.mv. 619-475-8000.

OVERCOME YOUR FEAR OF Public Speaking in a 4-hour workshop. \$45. Group limited to 30. If you wish to conquer this fear painlessly, please contact 619-972-8332.

PIANO ACHIEVEMENT proven with free lesson. Ages 5 to 95. Classical, popular, jazz. Very patient teacher/performer offers top quality, individualized instruction, beginning through advanced. 30 years' experience. Lee Galloway, 619-281-8118. www.leegalloway.com.

PIANO LESSONS. Master's degree Music Education. Member of Music Teachers Association of California. Any age, any style. Flexible hours. Individual programs for each student. 858-625-0053.

SAT TEST PREPARATION. USD Test Preparation Courses. Sharpen your skills! Experienced faculty. Practice Exams. Convenient schedules. Free Refresher Classes (within 1 year of paid course completion). www.sandiego.edu/testprep. 619-260-4579.

SINGING LESSONS. Vocal technique for power in high range. Private or group lessons for pop, rock, jazz, musical theater. Performance opportunities. Carmel Valley. 858-481-6400, info@singersworkshop.com.

SPANISH CONVERSATION CLASSES. Small group. 3 levels. Fun and un-intimidating! 1-1/2-hour classes (morning/afternoon/evening), 8 weeks, \$130. 4th Avenue, Hillcrest. www.purabuenaoanda.com. caro@purabuenaoanda.com. 619-916-8339.

SPANISH LESSONS. Private tutoring. Master's degree and credentialed instructor. Conversation, writing, and grammar. Bilingual. Competitive rates. References. E-mail: jaygo@

cox.net. Jay, 619-528-8663 or 619-410-2002.
WEIGHT LOSS CHALLENGE! Lose weight, get paid to do it! Personal one-on-one coaching/support. Any diet plan accepted. Free samples. Tiffany, 1-888-393-4674. www.InShapeOnlineWLC.com.

MASSAGE

TO PLACE AN AD IN THE READER call 619-235-8200, 8:30am to 5:00pm, Monday through Friday. Deadline: 5pm Tuesday.

HAPPY NERVES = HAPPY MUSCLES. De-stress with regular Chiropractic adjustments. 2 weeks free! Then unlimited visits as low as \$69/month. Mission Valley. Lic-DC29201. 619-296-4994.

MASSAGE \$50 (first time clients only). Swedish, Pregnancy, Deep Tissue, Sports, NMT, Hot Stone, Thai Massage, Reiki, Couples. Mobile Massage— we'll come to you! Customized to you. Affordable rates. Memberships starting at \$20/month. Gift certificates available. Satisfaction guaranteed! BTC #07008572. Healing Hands Massage Center, 444 Camino Del Rio S. #100, San Diego, CA 92108. 619-574-0053. www.healinghands-sd.com.

PARIS PRECIOUS. Perfect pampering hand. Extraordinary, unique touch with a gifted treatment that is sensitive and soothing. Hotels. Credit card, last-minute welcome. Lic#367609. 760-489-6050.

HEALING TOUCH BY MIREILLE. European therapist with 20 years' experience. Come to enjoy a wonderful and affordable massage. Outcalls. Lic-006369. First time special! 619-994-9147. www.healingtouchbymireille.com.

SPECIAL PRICE! \$10 off with free body scrub or body shampoo with 1-hour of massage. Lic-20060003419. Call today and ask for Izabela. 619-281-8851.

SERVICES

Sick & Tired? Feeling Stressed Out?

Stress Kills!
We all know it, but what can we do about it? Start getting adjusted regularly! But why Chiropractic? **Start at the cause: STRESS.** Life's Stresses Irritate Your Nerves. Your Nerves Control Your Health. Adjustments Relieve Stress from Nerves.
Happy Nerves = Healthy Body

Chiropractic gets stress off your nerve system. Chiropractic is **natural health care** – not disease care like drugs and surgery.

★ 2 FREE Weeks of Care ★
An unbeatable no-brainer – first 100 callers only. Then continue with **Unlimited Visits** as low as **★ \$44/mo.★**

619-296-4994

“My Mission: Affordable Care for All.”
– Charlie Sanders, D.C.

Affordable. Caring. Gentle. Convenient.

 Mission Valley – Texas just south of I-8





Medical Marijuana Evaluations

Do You Suffer From?
AIDS/HIV, Glaucoma, Cancer, Anxiety, Multiple Sclerosis, Chronic Pain, Depression, Insomnia, Migraines, Nausea, Muscle Spasms, Seizures, Arthritis, PTSD, Anorexia, and many other conditions for which Marijuana has been reported to provide relief.

We can help...

We are the **ONLY** clinic to offer these Patient Verification Cards to prove that your patient status is legitimate and verifiable.

Call us to see if you pre-qualify
(866) 420-7215
www.accoacal.com

Locations in:
San Diego, Long Beach,
Los Angeles, Palm Springs,
and Temecula

ACC
ALTERNATIVE CARE
CLINICS

CMS most professional, friendly, compassionate and knowledgeable staff.
Low cost. 100% confidential medical marijuana evaluation.
Reliable patient verification 24/7, 365 days a year.
Contrary to common belief, there is no government list, or database. All evaluations are 100% confidential.



Massage \$50

First-time clients only.

**Swedish • Pregnancy • Deep Tissue • Sports • NMT
Hot Stone • Thai Massage • Reiki • Couples' Massage**

**Mobile Massage – We'll come to you! • Customized to you
Affordable rates • Memberships starting at \$20/month
Gift certificates available • Satisfaction guaranteed**

**444 Camino Del Rio S. #100, San Diego • (619) 574-0053
www.healinghands-sd.com**

BTC #07008572



DENTAL IMPLANTS

**Free Consultation/Exam
Lifetime Warranty**

Call Dr. D. George Oates:
858-273-9435



Couples Massage

\$10 off 1 1/2-hr. (Reg. \$195)
or \$5 off 1-hr. (Reg. \$130)
Same room, hot towels, aromatherapy, drinks & chocolate. Expires 4/1/09.

1-hr. massage \$50
First-time clients only. Expires 4/1/09.

\$5 off acupuncture
(Reg. \$55 per session) Expires 4/1/09.



San Diego's Finest in Holistic Health & Beauty
4422 Cass Street, Pacific Beach • 858-274-6989
www.inner-balance.com • Lic. #97000450

MALE ATHLETE: Trained. Experienced, skilled, caring. Customized sessions. Safe, private. All of San Diego County. Appointments 7am-9pm. ASA. HHP-0442. 619-749-9967, 760-390-4772.

MASSAGE BY BODYBUILDER, for your health and pleasure. Consistently told, "The best massage I've ever had!" Friendly. Professional. iPSB graduate. gr8massagepro@aol.com or call Robert, 619-232-2142.

SUMIKO SPA! Get the Asian touch! Skilled in the ultimate Oriental massage. HHP-23991. Call now to schedule. 9:30am-11pm. 2629 El Cajon Boulevard. 619-574-0522.

TOUCH, COMFORT, STYLE, privacy. A few expectations of your massage? 14 years' experience. A true passion! Call for rates and availability. Lic-13375. Donna, 619-886-3333.

MASSAGE/SLIMMING/Toning in Little Italy. Treat yourself to royal treatment at Relaxation Plus. 20% off all services. Gift certificates. Open daily. HHP-92009389. 619-295-5595.

BELLA'S AMAZING TOUCH and healing sensation! Sensitive, soothing hands that can turn your beastly tension into the purr of a kitten! Let yourself get the purr-fect treatment that you so deserve. Last minute and hotel appointments available. Credit cards accepted. MTP-658. Bella, 760-603-1010.

ALINA'S SPECIAL MASSAGE. Incall/outcalls/hotel service. 7 days. Unique experience. Balance body and mind. International techniques. Gift certificates. Lic-93007588. 619-708-1261.

THERAPEUTIC MASSAGE \$39.99* Deep Tissue, Sports, Shiatsu, Swedish, Pregnancy, more. *Expires 3/31/09. Mind Body Partnerships, 858-344-0609. www.mbppartnerships.com.

CHRIS BLISS TOUCH MASSAGE. Experience soothing, reassuring, exquisite care. Surround yourself in a beautiful, relaxing environment. Lic-HHP1991008706. 7 days, 10am-6pm. Credit cards welcome. 619-206-0992.

IT'S YOUR TURN! Holidays are over and you did the giving. It's time to receive. Quality massage. Be good to yourself! Conveniently located. Lic-20003001485. 619-226-0378.

\$39.99/3/4 HOUR, \$69.99/1-1/2 HOUR Massage and reflexology. Private rooms, table shower, easy parking. Visa/Mastercard. 620 South Melrose #100, Lic-25583. Vista. 760-732-1091.

SOOTHING/HEALING ASIAN massage. Acupressure, deep tissue, relaxing Swedish, Thai stretching, foot reflexology, scalp massage. \$45-\$65, 1/2-1 hour. Lic-2008014105. www.tranquilitysd.com. 3333 Midway. Point Loma. 619-226-2056.

HILLCREST/NORTH PARK location. 16 years' experience. Swedish, Myofascial Release, deep tissue, Reflexology and Lomi-Lomi. ATM, credit cards accepted. 96009525. Frank, 619-933-7477. frankrce.com.

AFFORDABLE DEEP TISSUE MASSAGE. Specializing in migraine headaches, neck, shoulder, back, tightness/injury. Flexible hours. Centrally located. \$60. BTC#06002949. Health and Vision Acupuncture & Massage Center. www.DeepTissueMassage.biz. 619-519-5335.

MEDICAL MASSAGE BY ANDY. Frozen shoulder, fibromyalgia, asthma, carpal tunnel, back/neck pain. Migraine. TMJ, headache. 18 years' experience. MT-0732. 760-845-0182.

MARCH SPECIAL! \$40 per 1/2 hour, \$60-\$100/hour. Warm therapist in discreet Ocean Beach location. 9am-6pm

Monday- Friday, 12-4pm Saturday. HHP#24374. 619-794-5774.

AFFORDABLE MASSAGE! Spring break special! Treat yourself or significant other to a wonderful, relaxing massage. Women, men, couples. Gift certificates available. Incall/outcall. MTP-3382. Ken, 619-449-6689.

YVONNE'S MAGIC HANDS. Enjoy a nurturing light touch for deep relaxation. These are hands you will never forget. Lic-93004782. For appointment, call 619-260-1950.

MASSAGE SPRINGTIME SPECIAL! \$40 for 1 hour massage. By appointment only. Schedule your therapeutic session now. HHP-24232. Ask for Donald. Call 619-708-4783.

PEACE OFFERINGS by Aphrodite, a haute, flourishing, holistic, eclectic buzz. Experience balance, nourishment in earth's element. Sublime delight! Seven days of unending bliss. In/out calls. HHP-0088. www.aphroditessmassage.com. 858-454-6664.

ABSOLUTE WORLD CLASS massage! Exquisite and memorable! Enter your private oasis with soft hands, soothing scents and a sweet touch. Reward yourself! Lic-95001894 Call 858-259-6677.

COUPLES MASSAGE. Beautifully decorated room with tables side by side. Relaxation Plus, Little Italy, 20% off all services. Gift certificates. 7 days/week. HHP-92009389. 619-295-5595.

COME ON, JUST MAKE THE CALL and take a one- hour break to experience the royal treatment! I give a seriously great massage. I'm located off I-5 and Manchester exit. Relaxing, private atmosphere. HHP. Lic-96001467. Kim, 619-417-9226.

BEST MASSAGE you can have. From a Brazilian girl. \$65—New client special! 8 years' experience. Ladies and gentlemen welcome. Also Russian Sport Massage, therapeutic stretching. Quiet spa setting, including shower. Holistic Therapeutic by Candy. MT#653. 7am to 8pm. 619-339-8191.

Luxurious Massage!

Hour. plus body shampoo. 1-1/2 hours, \$95. Escape. Perfect European massage. Caring, skilled female therapist. Swedish, Shiatsu, Sport, Reflexology. Park Boulevard. In/outcalls. Lic-930070051. Brigitte, 619-297-8600; Celeste, 619-581-1101.

RELAX IN MY HANDS. Satisfying stress-release massage by professional, experienced HHP. You'll like it! Lic-22746. Call Ken, 619-417-1350.

PUERTO RICAN MASSEUR. Swedish and deep- tissue bodywork by certified fitness- trainer athlete. Military discounts. Lic-960009528. Daytime and evening appointments available. Revitalizing effect! masculineCMT@sbcglobal.net. 619-688-0668.

PROFESSIONAL MASSAGE. 1-1/2 hours, \$75. Absolutely first- rate, healing, deep muscle Swedish massage. Excellent shoulder work. Legitimate, experienced, references. Lic-97005459. Jim, 619-459-6872.

NATURAL HEALTH & FITNESS

TO PLACE AN AD IN THE READER call 619-235-8200, 8:30am to 5:00pm, Monday through Friday. Deadline: 5pm Tuesday.

AQUASPERSE/HYDRASPERSE. Hydassage and 2-in-1 Lotion. Any unscented gallon now \$34 (add fragrance for \$2 more.) Innovative Body Science, manufacturer. Massage oils, lotions, scrubs, wraps, and more! All natural. Eco-friendly products. Organic. Sulfate and Paraben-free. Professional sizes. Serving the massage and spa community since 1986. Monday-Friday, 8am-4:30pm: 6350 Yarrow Drive, Suite D, Carlsbad 92011 and 2825 State Street, Carlsbad 92009. 760-603-0772. 888-700-7727. innovativebodyscience.com.

DETOX HERE. Ionic Foot Bath and Massage Detox Session for energy, weight loss, and joint pain relief. Removes heavy metals, pesticides, food additives. FDA Sanctioned. Special: \$40. www.wholefoodenergy.com. Call today! 800-984-0064.

Blood Tests Normal, But Still Feel Bad?

Discover the nutritional story of your blood with our advanced testing methods. Affordable test results of your nutritional deficits in just a few days. Call today for a complimentary consultation to see if a nutritional program would benefit you. **Labbe Health Center, 858-483-4770. Dr. Joni Labbe, D.C. Certified Clinical Nutritionist, Certified Functional Blood Chemistry or visit our website: www.labbehealthcenter.com.**

EMERGENCY DENTISTRY. Walk-ins and emergencies welcomed. Accepting new patients. Discounted menu for cash patients. Now accepting PPO insurance. * Porcelain crowns, \$390. Veneers, \$740. Extractions, \$95. Fillings starting at \$75. *Promotional offers cannot be used in conjunction with insurance. Open Fridays, 3-6pm, and Saturdays, 8am-2pm. Comprehensive experience in Endodontics, Fixed Prosthodontics, Oral Surgery and Implant Placement. Root canals, extractions including wisdom teeth, removable and fixed prosthodontics. Joseph Tucker, D.D.S., 5210 Balboa Avenue, San Diego 92117 (west of Rite-Aid at Balboa and Genessee). www.BalboaDentist.com. 858-279-3455.

FENG SHUI. Optimize your surroundings for Health, Prosperity, Relationships and More with Feng Shui. "The Best Feng Shui Expert in San Diego" - San Diego Magazine. Full-service Feng Shui Consultations, Workshops & Certification Programs. www.sandiegofengshui.com, 858-454-7933.

FILLINGS STARTING AT \$75* Veneers, \$740. Extractions, \$95. Porcelain Crowns, \$390. *Promotional offers cannot be used in conjunction with insurance. Joseph Tucker, D.D.S., is now accepting new patients. Emergencies and walk-ins welcome. Discounted menu for cash patients. Now accepting PPO insurance. Open Fridays, 3-6pm, and Saturdays, 8am-2pm. Comprehensive experience in Endodontics, Fixed Prosthodontics, Oral Surgery and Implant Placement. Root canals, extractions including wisdom teeth, removable and fixed prosthodontics. 5210 Balboa Avenue, San Diego 92117 (west of Rite-Aid at Balboa and Genessee). 858-279-3455. www.BalboaDentist.com.

FOUNTAIN OF YOUTH! Natural and effective. Let Detox Spa of La Jolla be your personal fountain of youth! Colon Hydrotherapy. Liver Detox. Lymphatic Decongestive Therapy. Cellulite. Organic Facials and Waxing. 17 years in La Jolla. Cove Wellness, 7946 Ivanhoe Avenue, #202, La Jolla. 858-551-9228. www.detoxspaoflajolla.com.

Discover The Nutritional Story

In your blood test. Ever wondered: If my blood tests are "normal," why do I still feel so bad? Could I get back to the state of health I was in before I became ill? A comprehensive blood test is affordable and results are received within a few

days. Call today for a complimentary consultation to see if a nutritional program would benefit you. **Labbe Health Center, 858-483-4770. Dr. Joni Labbe, D.C.** Certified Clinical Nutritionist. Certified Functional Blood Chemistry or visit our website: www.labbehealthcenter.com.

LA JOLLA COLON HYDROTHERAPY. In La Jolla 17 years. Let us be your personal fountain of youth! Liver Detox. Lymphatic Decongestive Therapy. Cellulite. Organic Facials and Waxing. Cove Wellness, 7946 Ivanhoe Avenue, #202, La Jolla. 858-551-9228. www.detoxspaoflajolla.com.

LADIES SPECIAL \$60, 1 hour massage, Monday-Friday, 10am-2pm (regularly \$100). Relaxation Plus, San Diego's premier European Day Spa located in Little Italy, downtown San Diego. Also offered: Sudatonic Body Wraps, Endermologie, Ionic Foot Bath Detox, Body Treatments, Pain Management, Infrared Body Wraps, Massage, and Couples Massage. 619-295-5595. www.relaxationplus.com.

LATISSE EYELASH GROWTH! The only FDA- approved eyelash growth formula made by Allergan, makers of Botox and Juvederm. Supplies are limited. Ageless and Beautiful Spa and Cosmetic Surgery, 1080 University Avenue, Suite H201, San Diego 92103. 888-803-5375. www.AgelessandBeautiful.com.

MESSAGE SPECIALS. Labbe Chiropractic and Health Center. Introductory one hour: \$55, regularly \$75. Deep Tissue, Swedish, Therapeutic and more. New clients only: expires 3/26/09. Insurance may reimburse you! Gift certificates make a great gift! Professional Massage Therapists on staff to serve you 6 days/week. J. Labbe, D.C., C.C.N. 4747 Morena Boulevard, Suite 3130, San Diego 92117. 858-483-4770. www.labbehealthcenter.com.

PERSONAL TRAINERS: I'm looking for 1 trainer to share private fitness studio. Nautilus. Lifecycles, StarTrac. La Jolla/UTC. \$850/month. 858-587-0451.

PILATES IN SOUTH PARK, training "The Method" created by Joseph Pilates. Grand opening! \$25 introductory special: 45-minute private session, consultation and apparatus lesson (first visit only). 619-269-7978.

PORCELAIN CROWNS, \$390. Veneers, \$740. Extractions, \$95. Fillings starting at \$75. Joseph Tucker, D.D.S., is now accepting new patients. Emergencies and walk-ins welcome. Discounted menu for cash patients. Now accepting PPO insurance. Open Fridays, 3-6pm, and Saturdays, 8am-2pm. Comprehensive experience in Endodontics, Fixed Prosthodontics, Oral Surgery and Implant Placement. Root canals, extractions including wisdom teeth, removable and fixed prosthodontics. 5210 Balboa Avenue, San Diego 92117 (west of Rite-Aid at Balboa and Genessee). 858-279-3455. www.BalboaDentist.com.

POST-TRAUMATIC STRESS Disorder, Dissociation, Sadness, Depression: Trauma Touch Therapy to release negative emotional blocks. Integrate body and mind. Natural techniques to permanently, positively alter your life! Sharron Gleason-Pecic, Certified Trauma Touch Therapist. Lic-TT08158. Indigo Village #B, Encinitas CA 92024. www.massagetherapy.com/articles/index.php?article_id542. Free Initial Consultation: 760-500-1768.

PSYCHIC READING Free 20 minutes. Susan Peters, 20 years' experience. Psychic, Tarot Card Readings, Chakra Balancing, Aura Cleansing, Reunites Relationships. All readings by phone: 773-457-8893.

Transform Your Life! First Session \$35

regularly \$125. **Eliminate anger, sadness fear, guilt and shame through hypnotherapy, core transformation, EFT, and more.** Mind, body, and spirit healing with Judie Keys, certified clinical hypnotherapist, with over 17 certifications. www.thehealingtree.net. **Free phone consultation, 619-501-8323** or 888-222-1874.

RESTORE YOUR WELLNESS through integrated therapies. Ayurveda, ancient science of life, dates back over 5,000 years. We combine time-tested wisdom with cutting edge allopathic/Western medicine providing integrated, customized approach to wellness. Try Shirodhara, herbal infused oil massage, only \$59 (regularly \$75). Ayurvedic Integrated Wellness, Parmela Sawhney, MD. 619-886-3694.

SPIRITUAL HEALER AND PSYCHIC. Hands-on healing, long distance, psychic healings. Past- life readings, soul purpose, career. Readings highly accurate. Spanish and English. Rosie, 858-483-4615.

STRESSED? Your nerves need me! Affordable, convenient, gentle care. 2 weeks free! Unlimited Chiropractic as low as \$69/month. Mission Valley. 619-296-4994.

TAI CHI, QI GONG CLASSES. First class is free. Visitors welcome. Taoist Sanctuary, 4229 Park Boulevard, San Diego, 92103. 619-692-1155 or www.taostsanctuary.org.

TRAUMA TOUCH THERAPY Trauma survivors: PTSD, Dissociation, Sadness, Depression. Release negative emotional blocks. Integrates body and mind. Natural techniques to permanently, positively alter your life! Sharron Gleason-Pecic, Certified Trauma Touch Therapist. Lic-TT08158. Indigo Village #B, Encinitas CA 92024. www.massagetherapy.com/articles/index.php?article_id542. Free Initial Consultation: 760-500-1768.

PARENT RESOURCES

TO PLACE AN AD IN THE READER call 619-235-8200, 8:30am to 5:00pm, Monday through Friday. Deadline: 5pm Tuesday.

CO-PARENTING CLASSES For divorced parents. 6 weeks, 2 hours. For more information, call Martha Noderer at 619-920-5730.

DEPRESSION OR BABY BLUES during pregnancy/postpartum? UCSD research study providing sleep and light therapy as possible treatment. To see if you qualify, call 619-543-7393.

GIRLS SPORTS TEAM SIGN UP, 3/21/09. All ages. She Athletics promotes value/ importance of sports. Soccer, basketball, track. Inquiries: Angela Nixon, 1-800-931-0338 ext 5. www.sheathletics.org.

PARENTING CLASSES. 5- week, 2-hour court- listed parenting classes. For more information, call Martha Noderer at 619-920-5730.

WEDDING & PARTY GUIDE

TO PLACE AN AD IN THE READER call 619-235-8200, 8:30am to 5:00pm, Monday through Friday. Deadline: 5pm Tuesday.

AWARD-WINNING PHOTOGRAPHER. See your wedding day unfold on DVD. On a budget? Digital photography. Hourly rates, special events. Kidnapper of Images, Beverly, 858-736-4472; 858-274-4472.

BRIDAL BAZAAR. Sunday, April 26. Del Mar Fairgrounds, 10am-4pm. Over 250 exhibitors with everything for your wedding. Info, coupons, www.bridalbazaar.com.

CLASSICAL/SPANISH GUITAR. Professional guitarist will play at your wedding/special event. Classical, Spanish, Flamenco guitar. Audio samples and more at www.williamwilson.com. Contact William, 619-300-6284.

CUPCAKES SQUARED. Gourmet custom cupcakes. 25-plus flavors and gluten-free available. Freshest ingredients. Affordable alternative to wedding cakes. Made fresh daily. www.cupcakessquared.com. 619-226-3485.

CUSTOM JEWELRY. Large selection of gold and diamond wedding sets. We specialize in custom designs. 20-60% off selected items. Full- service jewelry shop, watches, cleaning, service, resizing. Kenz Jewelers. 619-670-0700.

DISC JOCKEYS/LIVE BANDS/novelty acts. Weddings, corporate, parties. 400 bands. 10 DJs to choose from. All types of music. Affordable! Since 1973. 619-223-5732. www.musicasyoulikeit.com.

EDGY WEDDING PHOTOGRAPHY. Personalized photography and service. Mention this ad to receive \$200 of prints free with your purchase. www.anoukvashe.com, 619-884-6852.

WINTER SPECIAL \$425* Let us perform and photograph your wedding for \$425! \$600 value. Married couple with over 30 years' photography and

ministerial experience teams up to beautifully cover your event. *Expires 5/31/09. www.brianhowarthphotography.com. Call Brian or Valerie: 619-583-0411.

STAGE NOTES

TO PLACE AN AD IN THE READER call 619-235-8200, 8:30am to 5:00pm, Monday through Friday. Deadline: 5pm Tuesday.

4 SINGERS. Male/female. Auditions every Wednesday night in March/April for parody performance group. Strong pop singing/harmony skills needed. E-mail resume/availability. 104371.3522@compuserve.com.

ABILITY THROUGH TRAINING. The Robert Wald Actor's Studio focuses on moment-to-moment reality training. These classes unlock the actor's ability to work spontaneously and with the realism and intensity advocated by the industry's creative legends. Beginners welcome. Thursday evening class available. 6:30pm-10:30pm. Saturday morning. Call for information. 619-542-1216.

ACTORS, PERFORMANCE ARTISTS, anyone interested in learning and doing performance arts. Program night, April 5, 7pm. No fees. For more information, contact John, 619-504-2190.

BEST NEW ACTING WORKSHOP. Monologues, cold readings, audition techniques taught by award-winning director: Patricia Elmore Costa. Cost \$150. Mondays, 4/6/09-5/11/09, 6:30-9pm. Register: pelmore@san.rr.com. Info: www.sdactorstheatre.net.

MODELS. Amateur models needed for photo, video, web work. Ages 18-60. All types. No experience necessary. Cash paid. Professional setting. Call Jenn, 619-379-4964.

COUNSELING & SUPPORT GROUPS

TO PLACE AN AD IN THE READER call 619-235-8200, 8:30am to 5:00pm, Monday through Friday. Deadline: 5pm Tuesday.

ADDITIONS/STRESS PROBLEMS: Couples, individual therapy. Depression, anxiety, post traumatic stress disorder, support groups, outpatient detox, interventions. Samuel Newman MFT and Associates. License # MFC25066. Sliding scale. 619-544-1346.

ANGER MANAGEMENT classes. Court listed 5-6 week, 2 hour anger management classes. For more information, call Martha Noderer at 619-920-5730.

ANXIOUS? DEPRESSED? Relationship issues? Parenting/family issues? Insurance and sliding scale accepted. Individuals, couples, children, adolescents/families. Private Mission Valley location. Phaedra Scortis, MA, MFT, MFC-43174. 619-972-0209.

ARE YOU MAD? Learn how to manage your anger constructively. Gain power, control, reduce conflict and improve your relationships. Classes begin soon. Mission Valley. Jay Schneider. LCSW. Lic-9573. www.managangerdaily.com. 858-538-5587.

CLINICAL HYPNOTHERAPY. "What the mind can conceive, the body can achieve." All issues addressed. Free consultation. Patricia R. Parlin, Ed.D. CHT403-250. Call 619-442-3661 or 619-504-1935.

DREAMWORK. Curious? Unsettled dreams? MFT hours? Jungian dreamwork for understanding, life issues, transitions, growth. Caring and respectful. \$40/1-hour session. Paul Hartsuyker, MFT-15896. www.sandiegotherapists.com/hartsuyker.html. 619-269-8939.

EMOTIONAL WOUNDS from childhood? Heal Inner Child wounds from dysfunctional family. Terrific adjunct for people in recovery. Thought Field Therapy eliminates phobias and traumas. Counseling for individuals, couples' enrichment and family bonding. Sharon Goodlove, TFT Diagnostician; Glenn Goodlove, LCSW-1450. Goodlove Counseling Center, 858-569-8975. www.goodlove-online.com.

FEELING STUCK? STRESSED? Experiencing crisis? Relationship issues? Career problems? Family conflicts? Grief? Past trauma? Take back your power. Trish Deignan, LCSW21861. Free consultation: 619-723-9244.

GAY/BISEXUAL MEN: Supportive individual therapy. Depression, anxiety, confusion, addictions, spiritual/religious issues. Married, closeted welcome. Discretion, confidentiality assured. Mel Karmen, PhD, MFC-12709. 619-296-9442.

HERPES/HUMAN PAPILLOMAVIRUS Support group. Accurate medical information and support. Call: 619-491-1194. www.SanDiegoCityHELP.org.

LOW-FEE COUNSELING. Children, adolescents, families, couples, adults. Sliding scale. For more information, call Martha Noderer at 619-920-5730.

RECOVERY GROUP SESSIONS. Relationships, relapse prevention, stress

MUSIC

Blue Guitar welcomes

McPherson Guitars

- Spanish Concert Classicals and Flamenco
- Huss & Dalton, Taylor, Tom Anderson & Santa Cruz Guitars

- Repairs by Yuris Zeltins & staff
- Lessons with Robin Henkel, Anna Troy, Steve Nichols, & Zack Coffman

- G&L • Blueridge Guitars • Deering Banjos
- Ko'olau, Pono, Kanelel & Kamaka Hawaiian Ukuleles

- Amplifiers from Victoria, Orange, Savage, Fishman, Roland & more

The Blue Guitar Established 1961

5959 Mission Gorge Rd., Ste. 101, Mission Valley (across from S.D. Toyota)

619.283.2700 • www.theblueguitar.com

The Blue Guitar

New Hours: Mon.-Fri. 11-7 • Sat. 11-5 • Closed Sun.



RECORD AT EPICENTRE Studio. Pro Tools HD- quality recording. Full service digital recording, mixing and mastering. Library of pre-made beats. 5- hour blocks for \$175 or \$40/hour. www.epicentre.org, 858-271-4000 x15.

RECORD AT KING'S RANSOM Studio. Top vintage and contemporary gear for fat, warm sound. All styles music welcome. I care about your project as much as you do! Fast and efficient. \$30/hour and up. 619-278-8752.

RECORD/MASTER AT POWERHOUSE. ProTools HD3, experienced staff, Yamaha Grand, mic selection and more. \$25/hour rate includes engineer. www.powerhouserecording.com. Credit cards accepted. 858-277-0514; 760-789-7420.

REHEARSAL IN OCEAN BEACH at Spotless. 1922 Bacon Street across from Winston's. 3 air-conditioned rooms with PA, available for hourly rentals. Parking, loading. 619-523-3073.

REHEARSAL STUDIOS. \$15/hour with PA. Monthly \$350-\$475. 1/2 off first month's rent! Ventilated. Wi-Fi connection. Affordable recordings, screen printing, DVD, CD duplication, web design services. Dead Records, Oceanside. Cell, 760-707-8606.

REHEARSE AT ADDER. Upscale Kearny Mesa facility. All rooms have individual air conditioning, high ceilings and 24-hour access. Monthly rooms available. 858-505-8644. www.adderstudios.com.

REHEARSE AT HINDSIGHT Miramar. Hourly rooms, fully equipped (drum kit, two half stacks, bass rig, PA), starting

\$18/hour. PA only \$16/hour. 858-635-9611, www.hindsightrehearsal.com.

ROOMMATES

TO PLACE AN AD IN THE READER call 619-235-8200, 8:30am to 5:00pm, Monday through Friday. Deadline: 5pm Tuesday.

ALPINE East Guatay, 4000' altitude. No smog. Reprofit. Beautiful clean home. I am multiple- chemical sensitive. No smoking/drugs/perfumes. \$500. 619-473-1243.

BAY PARK. \$675, furnished queen size bed. New paint, tile floor. Upstairs tri-level includes utilities. Quiet area on cul-de-sac. Near bus/stores. Nonsmoking. 858-272-1594.

CARMEL VALLEY. Large furnished room with sliding door to patio, available middle of March until end of May. \$200/week. Garage for storage. Pool. 619-549-8711.

CARMEL VALLEY/DEL MAR. Bedroom with private bath, cable. Pool, spa, tennis. Best location. No smoking/drugs/pets. \$695/month. 858-792-5380.

CHULA VISTA. \$475 utilities included. This large room has new paint/carpet in big beautiful house. Hilltop area. Share bath, kitchen, living room. Laundry, cable. Female preferred. 619-227-8512.

CHULA VISTA. 2 furnished rooms/view, \$550+, includes utilities. Cable/Internet access. Quiet neighborhood. No drugs,

smoking, alcohol, pets. East of I-805 freeway. 619-482-9478/619-840-7299.

CHULA VISTA. \$550. 1 room in 2 bed, 1 bath house. No washer/dryer. Utilities included. No smoking/pets/drugs. Credit check. 619-370-3874.

CITY HEIGHTS. Small room in house \$440 includes utilities. First, last, \$100 deposit. Vegetarian kitchen. Nonsmoking. No pets please 619-284-1352.

CLAIREMONT. \$475. Room with great canyon view, \$475 deposit, 1/4 utilities. Share: kitchen, bathroom, washer/dryer, big screen, Internet Tivo. Available now. Sorry, no pets. 858-277-9075.

CLAIREMONT. \$850. Includes 2 rooms and full bath. Share 4 bedroom, 1- 1/2 bath house. Small fenced yard, nice patio. Excellent location. Freeway close. 858-525-3147.

CLAIREMONT. \$550, plus deposit. Large furnished bedroom, share bath. Kitchen, laundry privileges. No smoking, drugs, pets. 858-560-6185.

CLAIREMONT. \$500. Near Mesa College and bus stop. No pets/smoking. Male only. Cable TV and utilities included. Call after 5pm, 858-571-0383, 858-337-2770, 858-353-4449.

CLAIREMONT. \$525 plus utilities. \$400 deposit. Share 4 bedroom, 2 bath home. Laundry, cable, internet, near bus stop 44. Great location. No smoking/pets. 858-279-5053.

COLLEGE AREA. \$580. 1/4 utilities, \$200 deposit. Female only. Unfurnished room available, clean, quiet home. No drugs. Housekeeper twice/month. Consider dog. Available now. 619-302-3530.

COLLEGE AREA. Room for rent, \$480 and deposit. Nice house with yard, close to SDSU. 1-1/2 bath. Split bills. No pets. 619-583-1354.

COLLEGE AREA. \$550/month, \$500 deposit. Master bedroom available in 2 bedroom house. Share with 1 person. Laundry, parking, backyard. No drugs/pets. James. 619-698-5509.

COLLEGE AREA. Single: \$635. Share master: \$400 each. 3 bedroom, 2 bath 1700 square foot house. Deck, canyon, yard. Spacious, quiet. 619-315-7132.

CORONADO. \$950 plus utilities/services. Large bedroom/private bathroom plus additional room/bathroom in remarkable 2 story house. Patio. Storage. Centrally located. No pets/smoking. 619-437-1068, nadogail@aol.net.

DEL MAR. 5 bedroom 4.5 bath home. Great location. Pool, jacuzzi, sauna. Private/clean. 1 full master \$1200, 10x15 \$900. Contact Dr. Grant 909-730-4600, bradcgrant@aol.com.

EASTLAKE. Room with private bath in beautiful home. Quiet, safe area. Washer/dryer. Community pool, Jacuzzi. No smoking/pets. Light cooking. \$480 plus utilities. 619-397-5795.

EASTLAKE/CHULA VISTA. Furnished room cable, internet, tennis, pool. Near shops, 1-125. No smoking/drugs/pets. Female only. \$450/month, 1/2 deposit. Carl 619-482-8230.

EL CAJON/MT HELIX. Share house, great location, easy freeway access. Garage parking. Furnished. Includes utilities. Male preferred. \$590/month. 619-517-8080.

ENCINITAS. \$595 plus. Deposit. Small, sunny cottage. Beautiful property. 1/2

mile to Moonlight Beach. 3/4 bath, microwave, house access. Laundry. Small. Right person will love it. 760-944-8400.

GOLDEN HILL. Spacious room for rent, private bath and entrance. Includes utilities, furnished. No pets, drugs, heavy drinking. \$550, plus deposit. 619-239-6988.

HILLCREST. \$650, plus utilities, \$650 deposit. Share 2 bedroom, 1 bath apartment, gated. On- site laundry. No pets/smoking. Off- street parking. Available immediately. 619-398-5137.

HILLCREST/NORTH PARK. \$535/month. Room in 2 bedroom, 2 bath. Quiet gated complex near bus line. \$200 deposit. Off-street parking. Available 4/1. 619-574-0890.

IMPERIAL BEACH. Furnished room in 3 bedroom apartment. 1 mile from beach. \$440/month plus \$440 deposit, 1/3 utilities. Available now. No pets. 619-429-9377.

LA COSTA. Master bedroom, 14'x16', with private bath and deck. Male preferred. No smoking or drugs. \$645, plus utilities. 760-431-8635.

LA JOLLA, downtown. \$900+. Share beautiful townhome. Sunny room, furniture (optional), private bath, balcony. Ocean views, maid, roof deck, garage, pooches. Nonsmoker/drugs. Deposit. 858-456-2822.

LA JOLLA. \$700/month. Nobel Court. Room in La Jolla, near UCSD. Great complex. Save gas, walk to everything, shopping, movies, restaurants, bus stop. Eric, closeasale333@yahoo.com, 858-583-4826.

LA MESA. \$520. Room available, unfurnished or furnished. Semi-new carpeting. Laundry. Quiet street. Easy parking. Storage possible. Cat(s) possible. Leave message, 619-287-6903.

LA MESA. Share 3 bedroom, 2 bath house. Available 4/1. Near Grossmont Shopping. \$650/month, includes utilities. No deposit required. Nonsmoker. Prefer male. Matt, 619-337-0471.

LA MESA. \$620/month. Utilities included. Private entrance, walk to trolley and SDSU. Washer/dryer in unit. Female preferred. Quiet, safe neighborhood. Available 3/1. \$600 deposit. 858-243-1911.

LA MESA. \$475 includes utilities, split cable. \$475 deposit. Bedroom in 3 bedroom, 2 bath upstairs condo. Available immediately. Share bathroom. On-site laundry. No pets. 619-464-2254.

LEMONGROVE. \$475 plus \$100 deposit, utilities included. Furnished/cable TV, internet. Laundry. Shared bathroom/kitchen. Male only, nonsmoker. No drugs/pets. 619-602-1824.

LEMONGROVE. Room for rent in 2 bedroom, 2 bath townhouse. \$255, \$300 deposit. Near buses/trolley. Pools, laundry. Cat OK. Move- in 3/15. 858-610-5386.

LEMONGROVE. Share 3 bedroom house, large yard. \$550, \$250/deposit. All utilities included. Cable, internet, washer/dryer. Full house privileges. Own half bath. 619-490-6210.

LEMONGROVE. Share 3 bedroom house. 2 bedrooms \$900, \$250/deposit. All utilities included. Cable, Internet, washer/dryer. Full house privileges, own 1/2 bath. 619-490-6210.

SERVICES DIRECTORY 619-235-8200

HOME

AIR CONDITIONING

**SAVE up to \$800**
per year on utilities
New energy-efficient furnaces, air conditioners & duct systems. Duct leak test \$199!

**1-800-200-8872**
www.air-tek.net

BATHROOMS

Bathroom Specialist

Quality Home Remodeling Services, Lic #804151. Partial or full remodel. From conception to completion. Free estimate and design consultation. Call Clayton at 619-252-3415.

Tubs Refinished

Refinish your old, worn-out bathtubs/ sinks to look like new! Fiberglass and porcelain. All work guaranteed. Lic-560438. Bathtubs & Sinks Refinishing Company. 619-464-5141.

CARPENTERS

No Job Too Tall

No job too small—Tall-T-Carpentry and General Contractor does it all! Dry rot, additions, decks, patios, remodels, repairs. Tall-T-Carpentry, Lic-649090. Call 619-672-1164.

Contractor Specializing in Termite, Fungus and Dry Rot Repairs

All forms of construction and repair in home remodels, decks and patio covers.
15 years' experience.
Lic. #614165
Michael Hardy
619-787-7082

CARPETS

Famco Carpet

Cleaning. Townhomes: 2 bedroom, \$99. Apartments: \$19.99/room, minimum 3 (free hallway). Tile/ grout, upholstery. Truck mounted. Free estimates. No hidden fees. 619-820-7260.

Special! 3 Areas \$49

\$59 Sofas! Superior carpet/upholstery cleaning. Spot treatment, steam clean, spin-dry. 25 years' experience. 100% satisfaction guarantee. JPC Cleaning, 619-322-3673.

Whole House \$85-2 Areas & Hall \$39

Serving San Diego since 1993. Carpet/ upholstery and tile cleaning. Lowest rates. Satisfaction guaranteed! Sofas \$45. 858-382-1719. AdmiralCarpetCare.com.

CHILD CARE

**Child Care \$50 OFF**
(Regis. fee waived w/ ad)
Subsidized Programs OK
Flexible & Evening Hours
In College Grove Area
State Licensed
619-265-8241 

Preschool \$95/Week

Clairemont child development center enrolling now! Ages 2-5. Excellent academic preschool curriculum. We do potty training. Hot meals provided. Open 6:30am-6:30pm. 619-665-7878.

Quality Child Care

State licensed. CPR/ First Aid Certified. We'll waive \$50 registration fee when you mention this ad. Subsidized programs okay. Flexible and evening hours available. Nutritional food program. 619-265-8241.

CLEANING

Angie's Cleaning

Honest, reliable. Detailed cleaning. Great references. Weekly, daily, biweekly. Houses, commercial, move-outs. You have tried the rest, now try the best! Call for free estimate. 619-634-3346.

Dust Bunnies?

Personalized service by experienced professionals. Move-outs, spring cleans, vacation homes, remodeling cleanup, small offices, residential. Phone quotes! Art of Clean Agency, 858-270-5558; 619-276-5558.

House Cleaning

Weekdays. 10 years' experience. Local resident. English speaking. Pet friendly! Reasonable rates. Free estimates! Please call Vicky at 619-277-9326.

Liza's Cleaning

We clean until it shines! Residential, weekly, bi-weekly, monthly. Free estimates. BBB. 619-864-0210. Nextel 125 *141030*7.

CONCRETE

ING Concrete

Affordable quality. Driveways, foundations, block retaining walls, stamped concrete, patios, etc. Free estimates! 20 years' experience. Lic# 891739. Bonded/ Insured. 619-846-4499.

CONSTRUCTION

Garcia's

Construction. Specializing in: New homes, remodels, additions, painting, drywall, stucco, tile, plumbing repair. Roofing. Concrete. Lowest rates! Lic#898089. Bonded/ Insured. Cell, 619-788-1646.

**858-531-1635**
Windows, doors, kitchens, baths, more.
All of San Diego.
Lic. 801137
Robert White Construction

CONSTRUCTION LEADS

Contractors: Got Work?

Get the *Building Report™* and see:
New homes, remodels, TIs, pools, decks, more.
Stop looking, start working!
www.BidVelocity.com

**Bid Velocity**
Home. Not Profit.

DOORS

Door Installs

Interior, exterior, new construction and replacement. 30 years of experience. Free estimates. 858-750-0113.

Got Doors?

We specialize in doors! Interior, exterior, new construction or replacement. Allied Contracting, local contractor with 20 plus years' experience. Call 619-795-2930. No job too small.

ELECTRICAL

20% Off All Jobs

No job too big, too small. Electrical plus handyman, we do everything! Free estimates. Scott McDonald, 619-674-5151; Chris Brady, 619-788-3027.

Electrical Services

Kitchen lighting—full-service electrical company. Outdoor, ceiling, computer, outlets, trouble shooting. 5-year warranty on all labor. Lic#710231. Free quote: 858-736-9069; 760-644-9798. www.northernlighting.biz.

Free Estimates!

All your electrical needs. Fast, friendly service. Commercial/ residential. Service upgrades, remodels, troubleshooting, ceiling fans, can lights. Satisfaction guaranteed. Lic#917066. Rotunda Electric, 619-818-9726.

Quality Affordable

Clean, quality work. All types electrical work. Residential/ commercial. Service/ repair, panels, custom lighting, spas. Bonded/ insured. Lic#903497. Free estimates! Jacobs Electric, 619-843-9291.

FENCES

California Fence

Wood, chain link, iron, guard rail, trash enclosures, barricades, welding. New, repair, installing. Lic#804726. California Fence Company, californiafence@hotmail.com, 619-754-1016.

FLOOD DAMAGE

Flood 911

24/7 emergency services. Water extraction, air mover/ dehumidifier rental, complete restoration, mold remediation. Ask about 6-year warranty. Free estimates. We'll beat any price! Lic-690220. Nathan, 619-527-2132. www.flood911.com.

FLOORING

UNITED FLOORING CO. ★619.646.2474★

- Hardwood • Carpet
- Resurfacing • Vinyl
- Laminate • Tile/VCT

We do it all for the best price in town.
Save \$\$\$ today. Lic. #824009

FURNITURE

36 Years Experience!

Woodworker can repair, restore, rebuild, refinish ailing furniture. Wobbly chairs, scratched finishes can be saved/ returned to "as new" condition! Scott, 760-591-9000.

GARDENING

John's Gardening 619-778-4625

Clean ups, professional maintenance, sprinkler repair, hauling. Pruning, weed control. Low rates guaranteed. Free estimate. Flexible schedule. Weekly or bi-weekly service available. Call to schedule appointment. Office, 619-461-9771.

Expert Yard Care

Mow, edge, prune, clean ups. Low monthly rates. 619-390-0203.

Lawn and Garden

Lawn care, gardening. Retired gentleman. Why pay more? As low as \$15 a visit. A gardener you can talk to. 619-450-9804.

Vu's Gardening

Yard maintenance, tree trimming, hauling, sod, sprinkler systems, clean-up, weeding. Call 619-838-8969.

GLASS AND MIRROR

Tub And Shower

doors. Mirror doors. Patio doors, windows and screens. Textured glass. Heavy glass to 3/4" thick. Install/ repair/ sales. Lic-471954. Jeff, 858-576-4321. akaglassguy.com.

HANDYMAN

Cheap Handimen 760-298-3850

Remodeling, plumbing, electrical. Kitchen and bathroom remodels. Drywall, painting, decks, concrete, roofs. Rentals. 7 days a week, after hours. Licensed and insured.

Ex-Contractor

looking for small jobs. I can do all phases of remodeling, repair, maintenance, hauling at reasonable prices. 35 years' experience. \$15/ hour. 619-584-2244.

Free Estimates

Handyman. Kitchens, baths, fences, decks, woodwork, plumbing, basic construction/ electrical. No job too large or too small. 619-665-7116.

ABSOLUTE QUALITY

Senior discount.

Hourly or by the job. Repairs, rehabs, floors, baths, windows, kitchens, tile, drywall, painting, carpentry. Ex-contractor, over 30 years' experience. Service guaranteed.

Alex: 619-829-0315

Grajales Handyman

Drywall, floors, painting, plumbing, electrical, moldings, doors & windows, stucco. A whole remodel for you. Unlicensed. Countywide service! 858-829-9447, 760-805-9207.

Handyman Services 619-210-3981

14 years—free estimates, interior/exterior painting—all mouliding, plumbing—electrical—drywall—interior remodeling. Uncensored. References. Luis.

JP Painting

Commercial and residential painting. Texturing, acoustic/ popcorn ceiling removal, baseboards, installation. Affordable rates; free estimates! All your handyman needs, references on request. 858-699-0123.

M.A.R. Handyman

Electric/plumbing. Carpentry. Tile, flooring. Home repair. Free estimates. Quality work done the first time! Lic#921601. BBB Member. Mark, business: 619-269-0585; cell, 619-674-3253.

**“One Call” Does It All!**
12 years' professional painter/handyman. Unlicensed. Commercial/residential (inside/out). Paint, install, maintain, repair. Free estimates! Low rates. Inquire about discounts! References. Satisfaction guaranteed! Name it...we can do it!
619-260-3791

HAULING

\$30/Hour!

Clean 24' enclosed truck with lift gate/ dollies. Fully equipped. Furniture, recyclables. Residential/ commercial heavy lifting. Reliable and experienced. All areas. 619-528-1877.

Hauling only \$99

Residential junk: yard clippings, appliances, furniture, recyclables, demolition, concrete, sod removal.
Insured. **858-200-7130**

Alfonso Hauling

Free estimates! 7 days a week. Cleanups, demolition, trees, concrete, etc. Residential/ commercial. We'll haul it away, rain or shine. Reliable, experienced. 858-688-4025.

Haul Anything!

\$45 minimum. No job too big or small. (Your reusable appliances and furniture hauled free! Some restrictions apply.) 24-hour service. 619-702-3270.

LEMON GROVE. \$595. Large, private master bedroom and bath in large home, quiet cul-de-sac. Laundry, cable, Internet, utilities paid. Deposit. 619-501-5260; cell, 619-490-7254.

MIRA MESA. \$750, 1/2 utilities. Female preferred. Pool, Jacuzzi, gym, washer/dryer. Garage parking. Centrally located-parks, shopping, bus. No pets/drugs/smoking inside. 858-472-2668.

MIRA MESA. \$520, includes utilities. Room, shared bath. Most furniture available. Renovated home. Near I-15, buses, recreation. Male, nonsmoker, no pets/drugs. Available now. 858-695-9892.

MIRA MESA. \$520. Furnished room for rent. Available now. Clean, quiet environment. All utilities included, cable/Internet. Laundry/kitchen privileges only. References/deposit required. 858-693-3866.

MIRA MESA. \$565. Utilities and Internet included. \$250 deposit. Near freeways and shopping centers. Share bath. No smoking/alcohol/pets. Available now. 951-491-1607.

MIRA MESA. \$565. Utilities and Internet included. \$250 deposit. Near freeways and shopping centers. Share bath. No smoking/alcohol/pets. Available now. 951-491-1607.

NORTH PARK. \$650/month, \$325/deposit. Large room for rent. Quiet house on canyon. Share bath. Kitchen privileges, cable, Internet, electric included. Available 3/1/09. 858-997-7135.

NORTH PARK. Share beautiful North Park home with female. Private. \$850/month, plus 1/2 utilities. No pets/

smoking. A must see! References required. Call 619-994-9285.

NORTH PARK. Female to share 2 bedroom, 1 bath apartment. 3 blocks from Balboa Park. Large bedroom. Quiet street. \$500/month. 619-299-0557.

OCEAN BEACH. Room in beautiful 3 bedroom condo, ocean view, 3 blocks beach. Washer/dryer. No smoking/pets/drugs. Male preferred. \$695. 619-246-8560.

OCEAN BEACH. \$700/month, includes utilities and occasional meals. Furnished room, private bath, TV, Internet. Washer/dryer, kitchen privileges. No pets. 619-847-8313.

OCEAN BEACH. Male roommate. 2 bedroom. \$550/month. \$550 deposit. Utilities, cable. No drugs/pets/heavy drinking. Smoking outside. Credit check required. Dennis, 619-523-1172, 619-971-3613.

OCEANSIDE. Large room in house, large yards, washer/dryer, cable, fireplace. Just east of I-5, near park, public pool. \$575 plus 1/2 utilities. Message, 760-721-7978.

PACIFIC BEACH. Lovely condo needs roommate 4/23/09. Share 2 bedroom, 2 bath, block to Sail Bay. Off-street parking. Also I have adorable dog. \$800. 858-273-4547.

PACIFIC BEACH. Large 2 bedroom, 2 bath condo. Many amenities. Secured off-street parking. \$700/month, plus 1/2 utilities. 858-272-4491.

PARADISE HILLS. \$500. Own entrance. Quiet. Furnished. Includes utilities-refrigerator, microwave, cable. All amenities. Female preferred. Close to

freeways, shopping, and more. 619-434-4508.

POWAY. Share beautiful home with swimming pool with 1 person. Room and private bath. Fireplace, washer/dryer. Female preferred. No smoking/pets. \$650 plus. 858-486-9400.

RANCHO BERNARDO. Room includes free utilities, internet, cable, club membership, gym, pool, sauna, Jacuzzi, racquetball. Near shopping/freeway. Nonsmoker/outside okay. \$650 + deposit. 858-231-9996.

RANCHO PENASQUITOS. \$550/month, utilities included, \$100/deposit. Pool. Quiet neighborhood. Female only. No smoking/drugs/pets. I have dogs/cats. Leave message 858-484-1467.

SAN CARLOS. \$600 includes utilities, Internet, cable, washer/dryer. Pool. Near lake/golfing/hiking. Prefer male, \$200/deposit. No pets. Available April 1. 619-337-1330.

SANTEE. \$500 includes all utilities, cable, high-speed Internet, laundry. Back bedroom accessible through front or back. Pool. Near 125/52. Have cats/dogs. 619-562-6098.

SERRA MESA. Room for rent in 3-bedroom, 2-bath house. Game room (pool table). Pool. Washer/dryer. \$650, plus 1/2 utilities. 619-571-3361.

SERRA MESA. One room for rent. Female only. \$450/month. Utilities/cable/laundry included. \$100 deposit. Nice area, for details call Rebecca, 858-384-2591.

SOUTH PARK. \$500, 1/2 utilities. Room overlooking the canyon. Ample street parking. Centrally located. No pets/

drugs/smoking inside. Steve: jakmcw25@aol.com, or Jay: 858-472-2668.

SPRING VALLEY. \$575, \$575 deposit, 1/2 utilities. Fully furnished room. Home has pool/spa, washer/dryer. Quiet location. Freeway close. Excellent location. Male preferred. 619-335-3125.

SPRING VALLEY. Room for rent. \$550, utilities included. Washer/dryer available. Close to public transportation. 619-517-0712.

SPRING VALLEY/LA MESA. \$85-\$105/week. No deposit. Utilities, furnishings, amenities included (Cable, Internet, free long distance, gym equipment). At 94/125 freeways, Thomas, The Treehouse Sober Living, 714-787-8744.

TIERRASANTA. 1 huge room, own bath, closet \$665, available 4/1/09. Second room \$490. Great location, near I-15/52. Male only. Furnished. Utilities included. 858-565-7664.

TIERRASANTA. Near Qualcomm Stadium, bedroom with private bath. Air conditioning, pool, trees, internet, phone jack, gated community, quiet. No pets. \$550 plus utilities. 858-502-1240.

UNIVERSITY CITY, SOUTH. Large, quiet upstairs room, 2 closets, private bath/entry, quiet street, storage, Jacuzzi, balcony, appliances, cable/utilities included, nonsmoking female: \$775. 858-546-8214.

WARNER SPRINGS. Share large 3 bedroom, 2 bath home. Prefer female. No rent or utilities for light assistance. Nonsmoking/pets. 55+ community. References will be checked. 760-782-3738.

RENTALS COMMERCIAL

TO PLACE AN AD IN THE READER call 619-235-8200, 8:30am to 5:00pm, Monday through Friday. Deadline: 5pm Tuesday.

BANKER'S HILL. Offices available in a beautiful professional building, 135-500 square feet, use of conference rooms, secured parking, free visitor parking, janitorial, signage all included. Receptionist/phone answering/copier/fax all available. Reasonably priced. Greg, 619-239-7313.

CARLSBAD VILLAGE. Offices in Old World Center. Two 650- square- foot offices available, \$1200/\$1300. One 378- square-foot office, \$785. All on second floor, elevator/stair access. Other tenants include Irish pub, salon, clothing shops, etc. Ample parking in charming complex. Broker, McMurphy Developments, 760-434-4557.

COLLEGE AREA STOREFRONT. 2000 square feet approximately. Hot location! High-traffic, pristine, gorgeous inside/outside. 4 offices/large showroom. 6956 El Cajon Boulevard. Offer. 619-723-4043.

EL CAJON OFFICE SUITES with baths near courts and downtown. 360 square feet-720 square feet. 140 and 152 W. Park Avenue. Vic Zeman, 619-442-8871.

GASLAMP ART SPACE! \$150/up. High ceilings, tall windows. Gallery venue for shows. Uniquely affordable. 100-600 square feet. 402 Market. Hughes Management, 619-239-1639 x103. www.HughesManagement.net.

LA JOLLA. \$6000. Approximately 2800 square feet of commercial space for lease

in the previous Bully's Restaurant for the last 45 years, heart of Bird Rock. 5753 La Jolla Boulevard. www.centrecity.net. 619-296-6699.

LA MESA. Extremely comfortable, spacious, airy offices. 600- square- feet and 950 square feet. Available now. Plenty of parking. Close to I-125/I-8. 619-461-9415.

MISSION HILLS. \$1000. Commercial space for lease, approximately 643 square feet. Upper unit, net lease. 930 West Washington Street, #9. www.centrecity.net. 619-296-6699.

OCEAN BEACH. 4653 Lotus Street. Garage. Dry storage only. \$175. \$175 deposit, require 3 months in advance. 619-226-7368 or www.bkbinc.com.

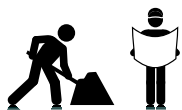
PACIFIC BEACH RETAIL/OFFICE space. 750 square feet. \$1500/monthly. Newly remodeled building. 4850 Cass Street. 619-890-9210.

PACIFIC BEACH. Office space. \$1900. 1400- square- foot ground- floor office, ample parking. Easy access. 4455 Lamont Street, Suite #3. 858-270-4492 x203.

PACIFIC BEACH. Office space. \$1900. 1400- square- foot ground- floor office, ample parking. Easy access. 4455 Lamont Street, Suite #3. 858-270-4492 x203.

PACIFIC BEACH. \$1.50/square foot gross. Nice professional building. 640-1100 square feet available. Utilities included. 2180 Garnet Avenue. Agent, 619-231-2727, x233.

POINT LOMA/MIDWAY. \$1.10/square foot gross. Great street frontage at this high-traffic location. Lock in your low rate now! 3333 Midway Drive. Agent, 619-231-2727.



Ray's Hauling

Reasonable rates. You call, we haul! Appliances, furniture, junk, wood, metal, greenery, construction. Demolition waste, yard, garage, property vacancy, trash cleanups. 619-646-5066.

HOUSEKEEPING

Nicki's Housekeeping

Affordable cleaning service. Central San Diego. Excellent local references. Experienced, professional, honest, respectful and dependable. Nicki, 808-987-5569. Npation@inbox.com.

LAWN CARE

H&M Lawn Service

Looking for new contracts for apartment buildings, commercial buildings and residential. Monthly clean ups. Yards, shrubs, hauling. Certification: B1983004530. 619-987-3474.

MOLD REMEDIATION

Got Mold?

We can help! Free visual inspection/ estimate. Services include: air sampling, containment, mold remediation, clearance. Beat any price! All work Guaranteed. Lic#690220. Nathan, 619-527-2132.

MOVING

Birditt Moving

We are a full- service moving company. Specializing in senior citizen relocation. Serving San Diego 18 years. We help you downsize, ship, pack, move, unpack, re-settle, organize. Free estimates, wardrobes. Professional. Courteous. Reliable. Licensed, insured. (CAL-T-176377.) Call 619-258-8155.

Stern Moving

We will be proud to move you. Individually owned. Terrific references. Experienced. The most reasonable rates. Insured/licensed. Cal-T-145775. Please call 619-697-1694.

ORGANIZING

Procrastinating?

Spend more time looking for things than living? Clear it out and clean it up. "At Ease" Home and Office Organization, Lori Anderson, 619-733-8139.

PAINTING

A List Painting

Professional service – honest prices. 15% Senior Discount. Interior/exterior. Stucco repairs, drywall/texture, sanding, priming, sealing, staining. Bonded/insured. BBB. References. Lic. #710231 John: 619-665-0754

Agee Painting

Interior/ exterior. Affordable, reliable, quality work. Serving you since 1995. San Diego Metro, South Bay, East County. Free estimates. Lic-7113220. Call David, 619-463-1666.

FAST PAINTING



Detailed, quality work by licensed painter with 15 years experience and local references. Interior, exterior, trim work, crown moulding, baseboard. Competitive pricing!

619-920-9400
Lic. #909913

Mike's Painting

Interior and exterior. Acoustic and wallpaper removal. Retexturing and drywall repairs. Rental Services. Stucco repairs. Handyman service available. Free estimate. Lic-644315. 619-818-3387.

Painting Special!

3 bedroom exterior only \$1495! Complete interiors from \$695! Excellent quality, 23 years' experience, all phases performed. Insured. Lic. #706987. Aztec Painting, 858-232-2468.

Shields Painting

Residential/ commercial, interior/ exterior. Cabinets, textures, acoustic, drywall repair, cracks, holes, stucco, powerwashing. Free estimates. State lic#894820. 15 years' experience. Robert, 619-339-0815. shieldspainting@cox.net.

PET SITTERS

DivinePetCare.com

Pet sitting, dog walking, medical pet care, pet taxi, basic grooming, more! Member PSI and NAPPS! Licensed/ insured! Visits as low as \$12. 858-397-8338.

Professional Pet & House Sitting

- Veterinary Tech
- 24 years' experience
- References

Mark S. Pipes
858-220-1022

PLASTERING

AC Plastering

Interior plastering, repairs. Exterior, restucco. Custom quality work, clean, reliable. 20 plus years experience. Reasonable. Work guaranteed! Lic-694956. Arlex, 619-846-2734; 619-265-9294; pager, 619-418-5693.

PLUMBING

Bill Harper's

Plumbing & Heating. Cash discounts! Fast response. Friendly and courteous. BBB member, repairs, repipes, fixture installation, drain cleaning, all plumbing. Lic-#504044. Bill, 619-224-0586.

In Distress? Call S.O.S.

Always available 24/7 including holidays for all your plumbing and drain needs. Mention ad for \$20 discount. Serving entire San Diego County for over 35 years. License #696549. 619-231-6670. 858-566-2662. 760-480-1700.

ROOFING

M.R. Roofing

Professional roofing services at competitive prices. No job too small. From minor repairs to complete roofs. Many references. Lic#763004. Call Martin at 619-823-8561.

Factory Direct Plantation Shutters

Premium Basswood shutters, \$14/ square foot. Delivery in 7-10 days. Free in-home consultation. 800-476-6671. www.shuttermanufacture.com.

TELEPHONE SERVICES

Telephone Expert

Business/ residential. Replaces AT&T. 24 years. Phone jacks, roommates, fax, computer networking, cable TV, wall-mount TVs. Professional, honest, dependable. Lic-807261. 858-452-7413; 619-992-7413.

TILE

D. K. Tile

\$50 off with ad. Repairs, regROUTS, installation. All work done by owner. License #428658. Free estimates, cell 858-382-2472 or 858-566-7454.

TREE SERVICE

Complete Tree Service

FREE stump grind with removal

619-228-1641

samuraitreespecialists.com

Pro Oregon Loggers

Professional Oregon loggers. Licensed, bonded and insured. Tree topping, trimming and removal. Also brush and land clearing. Free Estimates. 541-217-5245, 541-396-7075.

AIR DUCT CLEANING

Reduce Airborne Mold Dust Bacteria

Free Duct Cleaning with leak test

Call the Pros!

AIRTEK
Indoor Air Solutions.

1-800-200-8872
www.air-tek.net

BUSINESS

RESUMES



GET THE JOB YOU DESERVE

Résumés + Image Transformation
Cover Letters + Interview Prep

Results beyond your imagination!
www.impress-express.com
(858) 459-7400

Résumé help

IF YOU IMAGINE KNOWING A COMPANY THAT WOULD INTERVIEW YOU, YOU CAN DEVELOP A BETTER RÉSUMÉ!

I can help...
jefferyb1122@hotmail.com
Jeffery + 858-342-4802
Reasonable rates

FINANCIAL

FINANCIAL

Tired Of Monthly Payments?

I buy private Mortgages and Trust Deeds. Call me for a lump sum of CASH @ 858.222.0426 or visit www.pacificcashflow.com

BANKRUPTCY

Bankruptcy Attorney

Free consultation. Stop creditor calls and foreclosure. Erase debt forever. Erase second mortgage. \$100 starts attorney protection. Daniel Shay Law. www.SanDiegoBankruptcyNow.com. 619-222-SHAY(7429).

Free Bankruptcy Kit

Considering bankruptcy? Call today for your free bankruptcy document organizer. Convenient folder, tabbed dividers, helpful lists. Free initial consultation! www.debt.doc.com. 1-888-712-5978.

JUDGMENT RECOVERY

Need Money?

Have a money judgment you can't collect? We will help collect cash that is legally yours. Also court research/ process serving. Please have judgment information available, call 858-829-9524.

TAXES

Income Tax

Personal, business, accounting. Receive your money in 24 hours. 3215 Lemon Lane, Lemon Grove, CA 91948. Christopher's Income Tax. Hablamos Espanol. 619-993-2499.

Tax Consultant

10% discount with mention of ad, new customers. 39 years. Experienced. All states. Electronic filing included. Bookkeeping/ payroll processing. Open year round. Dale, 619-588-2400.

PERSONAL

HOME CARE

North County

Caregiver, companion. Warm, loving. Medication, bathing. Responsible. Good references, transportation. Knowledge of cooking and light housekeeping. Call 619-835-7277.

Caring For You

Live in or out. Will drive you to your appointments and care for you like family.

Elderly Caregiver
Deborah Williams
858-568-1986

SHUTTLE SERVICE

San Diego To LAX

Shared Ride Shuttle. \$60 one way; \$110 round trip. Reservations recommended. Cash walk-ups OK on space-available basis. Information: 619-471-5210.

HAIR REPLACEMENT

Hair Replacement

Highest quality, custom made hair units and extensions. 100% human hair or synthetic for men, women, children. 6160 Lusk Boulevard, Suite C201. 858-453-0306.

STORAGE UNIT in West Golden Hill. Little less than the size of a car. Has power. \$100 with \$200 deposit. Call Loren at 619-699-9379.

UNIVERSITY HEIGHTS. Office space in Park Boulevard Artworks Building: \$650, open loft style. Month free special! 4421 Park Boulevard. Available now. Agent, 619-260-8121.

**RENTALS
HOUSES**

TO PLACE AN AD IN THE READER call 619-235-8200, 8:30am to 5:00pm, Monday through Friday. Deadline: 5pm Tuesday.

National City
2 bedroom, quiet and immaculate home; just rehabbed. Ceramic tile kitchen floor, new carpet, new appliances, fresh paint, truly a must see. Private back yard. Gardener, trash paid. Walk or ride to 32nd Street Naval Base. Walk to Keith's for breakfast. 343 E. 1st Street. \$1300/month. Walk, home: 858-270-7711; cell: 619-726-2733.

BAY PARK. 1 bedroom, 1-3/4 bath plus extra bedroom house, \$1200. Wall heat, patio, fenced backyard, parking, stove, refrigerator. Pet OK. Near USD and Fiesta Island. 1325 Nashville Street. People Helping Others Property Management, 619-282-5400, peoplehelpingothers.com.

BONITA. \$2695. Great 4 bedroom, 3 bath country-style home. Garage, new carpet, spacious kitchen, stainless steel appliances, fireplace in master, Jacuzzi tub and separate shower, air

conditioning. 5157 Sweetwater Road. 619-804-3325.

CHULA VISTA. \$1400. House. 2 bedroom plus extra. Large yard/garage. Near Chula Vista Shopping Center. Easy bus to trolley. Pets on approval. A&P, 619-425-4555.

CHULA VISTA. \$1975. 3 bedroom, 2 bath. 2- car garage. Washer/dryer hookups. Air conditioning. Small pet OK. Community pool. Available mid-April. Agent, 619-692-4121.

CITY HEIGHTS. Azalea Park. \$1795. 3 bedroom, 2 bath house. 2 full baths. 2-car garage with washer/dryer. Quiet neighborhood on canyon. Access to all freeways. Kitty cats welcome. Extras. 2119 Tulip Street. Carol, 619-282-2617.

CITY HEIGHTS. \$1195. All utilities included! Charming 1 bedroom, 1 bath cottage. New carpet and paint, all appliances, fenced yard, parking. 4140 39th Street #C. 619-804-3325.

CITY HEIGHTS. \$1395. 2 bedroom, 1 bath plus family room, upgraded house with yard. Pets OK. 5450 University Avenue #F. Agent, 858-560-1178.

CLAIREMONT, NORTH. \$2,000. 3 bedroom, new 1-1/2 bath. Open floor

plan. Covered patio, fenced, 2- car garage. Saturday-Sunday 12-3pm. Mowing provided. 5341 Cole Street. 858-273-7241.

CLAIREMONT. \$1800. 3 bedroom, 2 bath house. Stove, refrigerator, dishwasher, microwave. Laundry. Yard with gardener paid. Pet OK with additional deposit. Canyon setting on quiet cul-de-sac. Available 4/1/09. 4910 Almayo Court. 858-270-2071. Del Sol Property Management, Broker. www.delsolpm.com.

CLAIREMONT. \$1495. 3 bedroom, 1 bath. 1- car garage. Great location. Large living room. No refrigerator. Washer, dryer hookups. Pet OK. 5151Canosa Avenue. Agent, 619-692-4121.

CLAIREMONT. \$1895. Beautiful 3 bedroom, 2 bath home, 2- car garage, covered patio, spacious kitchen, new carpet, backyard. Great location! 5276 Lodi Street. 619-804-3325.

COLLEGE AREA. 2-1/2 bedroom, 1 bath house. Quiet, secluded jungle-like patio. Plants galore. Rustic. Washer/dryer. Near cul-de-sac and canyon. No dogs. \$1385. 619-267-7211.

COLLEGE AREA. \$2000. 3 bedroom, 1 bath house with detached studio/granny flat (no bath). Appliances included. Near College Grove shopping center/94 freeway. 619-269-4928

COLLEGE. \$2200. 4 bedroom, 2 bath canyon house. Sharp, granite kitchen/ baths, new paint, skylights, fans, all appliances, covered patio, view deck, fenced, flooded attic, very clean, must see: 5242 Tipton (92115). 619-517-6111.

GOLDEN MANAGEMENT

COLLEGE. \$2450. House. Large 4- bedroom, 2- bath home on cul-de-sac with huge family room, vaulted ceiling, skylight, 2 fireplaces, hardwood floors and pool. 5453 New Mills Rd. 619-698-6911. www.goldenmanagement.com.

CROWN POINT. \$2500. 3 bedroom, 1 bath. Hardwood floors. 2- car detached garage. Washer, dryer. Off- street parking. Fireplace. New appliances. Large fenced yard. 858-395-4021.

CROWN POINT. \$2975. 3- bedroom, 2.5- bath private home, on corner lot. Fireplace. 2- car garage. Large master. Laundry hookups. Pets OK with deposit. 1968 square feet. 3701 Yosemite Street. 858-483-3534. www.Cal-Prop.com.

EL CAJON. \$1795. 3- bedroom, 2- bath private home on quiet street. Large yard, landscaping, garage, laundry hookups. No pets. 1216 Adobe Lane. 858-483-3534. www.Cal-Prop.com.

ENCINITAS. Beach house. 3 bedroom, 1 bath. 2 houses to surf check. Close to Step Stones Beach/shops. Above street. Quiet and private. \$2200. 760-436-5700.

ENCINITAS. 3-bedroom, 2-bath house with 2-car garage, yard, new carpet, granite kitchen, travertine floors, fireplace. \$2195. 1-year lease. No pets. 760-753-6575.



ESCONDIDO. \$950-\$1550. Tired of apartment living? 1, 2 and 3 bedroom manufactured homes offer spectacular hilltop views. Full- sized washer/dryer, some small yards. Peaceful community. Sorry, no pets. 1924 Sheridan Avenue. 760-745-1677.

ESCONDIDO. Furnished 4 bedroom, 3 bath home. 2400 square feet. 2-car

Natural + Health Directory

6 1 9 - 2 3 5 - 8 2 0 0

Author and former actress Elaine Hollingsworth at age 76 is still **vivacious and energetic.**



How Does She Do It?

Read her book

“Take Control of Your Health and Escape the Sickness Industry”

Elaine says, “My anger and disgust drove me to write this book. Millions of people are suffering needlessly.”

Do modern drugs cure or are they just a bandage for arthritis joint pain, cancer, diabetes, heart disease...? Find out how disease is created and destroyed!

Order Today
www.vitalitybookstore.com • 1-800-984-0064



Pain Relief Beyond Belief

1 Free Float Session*


All the benefits of the Dead Sea right here in San Diego

Recommended by doctors, sports trainers, and therapists, Mineral Spa Floatation Therapy is gaining popularity as a luxurious escape and powerful tool for strengthening the immune system and improving health. Proven benefits include:

- Stress reduction • Athletic performance enhancement
- Relief of chronic pain, gastrointestinal & cardiovascular ailments
- Reduction or elimination of harmful habits • Improved focus & creativity

Call: 858.279.3301 • E-mail: mark@floatspasandiego.com
www.FLOATSpaSanDiego.com

*To qualify for this offer, please bring a friend who pays the full hourly rate. Limited time only.



Acupuncture \$25 off

First visit for first-time clients only with mention of ad. Expires 3-27-09.

Treat physical, psychological and emotional problems. All types of pain, athletic injuries, stress, and digestive issues.

Silver Sage Acupuncture
Cheryl Warnke, L.Ac., Dipl. Ac.
7510 Clairemont Mesa Blvd.
Suite 104 • 858-576-7243

Discover the Nutritional Story in Your Blood Test

- If my blood tests are “normal,” why do I still feel so bad?
- Could I get back to the state of health I was in before I became ill?
- Is there a way to use **bloodwork** and other objective testing methods to know what supplements I need?

Affordable comprehensive blood test. Results in a few days.

Call today for a complimentary consultation!

Labbe Health Center
(877) 600-5222

Dr. Joni Labbe, D.C., Certified Clinical Nutritionist,
Certified Functional Blood Chemistry
www.labbehealthcenter.com

360 in South Park

Pilates

Training “The Method” created by Joseph Pilates

GRAND OPENING **\$2500** Introductory Special

45-Minute Private Session, Consultation & Apparatus Lesson

619-269-7978

*Introductory special rate applies to first visit only.



innovative
body science
innovativebodyscience.com

MANUFACTURER OF

Hydrasperse • Aquasperse Hydrassage • 2in1 Lotion

Any unscented gallon now
\$34
(add fragrance for \$2 more!)

Massage Oils • Lotions • Scrubs
Wraps • And more!

- All natural • Eco-friendly products
- Organic • Sulfate & paraben-free
- Professional sizes

Monday-Friday 8 am-4:30 pm
6350 Yarrow Dr. Ste. D - Carlsbad
2825 State St. - Carlsbad
(760) 603-0772 • 888-700-SPAS (7727)
Serving the massage & spa community since 1986.



\$60 Ladies' Special!

1-Hour Massage

(reg. \$100)

10:00 AM – 2:00 PM Monday – Friday

- Endermologie • Sudatonic body wrap
- Ionic foot bath detox • Body treatments
- Pain management • Infrared body wrap
- Massage • Couples massage

relaxationplus
A SAN DIEGO DAY SPA

1467 Kettner Blvd., downtown San Diego
Open 7 days a week • Visa • MasterCard
619-295-5595 • www.relaxationplus.com

Grand opening special!

30-minute massage \$45

60-minute massage \$65

(reg. \$75) plus free body scrub

Swedish • Foot reflexology
Shiatsu • Aroma therapy
Facial • Body shampoo

Orchid Day Spa
1033 B Ave., Ste. 104
Coronado • 619-435-0285
OrchidDaySpaCoronado.com
License #007120

BEST MASSAGE

you can have from a Brazilian girl




\$65

New client special

Holistic Therapeutic by Candy
619-339-8191
License #653

Burn body fat... lose weight naturally!



The professional weight loss system **Ultra Lite**, developed by a naturopath in Australia, is now available in the U.S. Ultra Lite teaches you how to eat and properly combine foods to keep the body burning fat. Get started now to a healthier, happier lifestyle.

“I personally used this system to go from a size 14 to a size 6 in just 10 weeks.”
— Jeanne Ames, D.C.

- No meal replacements or special foods to buy – eat real food
- No drugs or surgery • No starving the body

858-279-7600 • www.DrAmes.net, click on **Ultra Lite**

garage. Gated golf course community. Pet OK. Available May. \$3200 includes HOA, gardener. 619-855-2025.

GOLDEN HILL. \$1750. Charming 2 bedroom, 1 bath Craftsman house. Dining room and sunroom, partially fenced yard, washer/dryer hookups. Cat OK. 804 26th Street. Agent, 858-560-1178.

HILLCREST. \$925. 1 bedroom; small cottage; charming. Stove, refrigerator. Coin laundry. Nice shared courtyard. Convenient location. Cat OK with additional \$300 deposit. Available 3/20/09. 3935 Centre. 858-270-2071. Del Sol Property Management, Broker. www.delsolpm.com.

HILLCREST. \$1050. 1-bedroom, 1-bath cottage situated in nice courtyard setting with lush landscaping, hardwood floors, walking distance to Balboa Park, San Diego Zoo. Available now. 3718 Park Boulevard, #3728-1/2. www.cethron.com. 619-295-1100.

KENSINGTON. \$1550. House. 3-bedroom, 1-bath Spanish-style home with hardwood floors, breakfast and dining room, fireplace and washer/dryer hookup. Move-in special

\$500 off the first month's rent! 4627 Terrace Drive. 619-698-6911, www.goldenmanagement.com.

GOLDEN MANAGEMENT

KENSINGTON. 3 bedroom, 2 bath. Spectacular living room with fireplace, gumwood built-ins and wall-mounted 42" Plasma. Unique, original wall of windows. Newly remodeled kitchen with island, granite, tumbled marble and upgraded appliances. Breakfast nook with more gumwood built-ins opens up to kitchen. Formal dining room with French doors to side patio. Large master suite with walk-in open bath, double closets. Covered patio opens up to private fenced yard. Two car detached garage with laundry room and front loaders. Gardening included. Small pet OK. Security optional. Walk to village. Available early May. \$3495. 4772 Marlborough Drive. 619-683-9274.

KENSINGTON/TALMADGE \$2850/month. Beautiful 3 bedroom, 3 bath, 2 story Spanish on canyon. 1800 plus square feet.

Hardwood, French doors, granite. Immaculate condition. Excellent location. Gardener included. Available 5/1/2009. Call 619-743-9808.

LA JOLLA. Sunny 3- bedroom, 2- bath house with hardwood floors, fireplace, yard, garage/storage, hookups, new kitchen/bath, Available 4/1. \$2975. 625 Nautilus. 619-298-7659.

LA JOLLA. \$2700. 2 bedroom, 2 bath home on quiet street. Great backyard/patio for entertaining. 2- car garage with washer, dryer. All appliances. Available. 618 Bonair Way. Alta Vista Properties, 858-274-3600. www.altavistaproperties.net.

LA JOLLA. \$3700. 2 bedroom, 2 bath with ocean views in Birdrock area. 2- car garage. Open living floor plan. Washer, dryer. All appliances. Available 4/1. 5372 Chelsea Street. Must see! Alta Vista Properties. 858-274-3600. www.altavistaproperties.net.

LA MESA. Renovated and large 3 bedroom, 1 bath home available now. All appliances including washer/dryer and air. Separate dining room with fireplace. Large yard. Pets OK. 4577 71st Street. \$1800. Poseidon Property Group. 619-334-6781. www.poseidonproperty.com.

LEMON GROVE. \$1200 utilities included. Charming 1 bedroom cottage, large fenced yard. Quiet alley. Private driveway. Full kitchen. Pets welcome, no additional deposit/rent. 619-825-5504.

LEMON GROVE. \$1700. 3 bedroom, 1.5 bath home. Upgraded home with fenced yard, small pet with deposit, laundry, landscaped. Must see! 1856 Englewood Drive. 858-483-3534. www.cal-prop.com.

LINDA VISTA. \$1600. Nice 3 bedroom, 1.5 bath house. Huge yard, patio cover, garage. Newer carpet/blinds. No pets. 1764 Hanford Drive. Agent, 619-469-7790. www.westmanproperties.com.

LOGAN HEIGHTS. Small 1 bedroom, 1 bath house. No pets. New carpet/paint. New stove, refrigerator. Clean. Next to trolley. 3016 Clay Avenue. 619-275-3455.

MIRA MESA. \$2000. 2 bedroom, 2.5 bath, state of the art washer/dryer in garage. Small private patio. Available now. \$500 off first month's rent, on approved credit. 9530-5 Compass Point Drive, South. www.stevenleproperties.com. 619-295-1161.

MISSION BEACH. \$2085. Move in now! 2- bedroom, 1- bath beach house with front patio. Shared garage, storage, beach

shower. No pets. 735 Jamaica Court. 858-483-3534. www.cal-prop.com.

MISSION HILLS. Cozy furnished studio cottage with private entrance, awning and garden. \$650/month, utilities paid. Small pet considered. Available 3/21. Call to see, 619-295-4736.

NORMAL HEIGHTS. \$650 rent. \$600 deposit. OAC. Studio. Stand- alone cottage. No pets. At 4849 Mansfield Street (North of Adams). Agent, 619-299-8515.

NORMAL HEIGHTS. \$835. 1/2 off first! Charming 1 bedroom, 1 bath cottage. 1- car garage, shared yard, ceramic floors, appliances. Pet OK. 4573 Hawley Boulevard. 619-804-3325.

NORTH PARK. Beautiful 2 bedroom Spanish- style house. Near Morley Field. \$1900. Hardwood floors, fireplace, sundeck overlooking backyard. Fruit trees. Great house! 3441 Cooper. 619-583-4049.

NORTH PARK. 1/2 off 1st! \$995. Charming 2 bedroom, 1 bath cottage. New paint and blinds, large kitchen, back patio. Pet OK. 4012-1/2 Boundary Street. 619-804-3325.

NORTH PARK. \$1895. 2 bedroom, 1 bath Spanish- style house. Freshly painted, with wood floors, gas fireplace. Cat OK.

Available 3/15. 3770 Villa Terrace. Agent, 858-560-1178.

NORTH PARK. Beautiful vintage house. 2 bedrooms, 1 large bath, huge living room and kitchen, formal dining and breakfast nook. Beautiful wood floors. Mahogany doors and base trim. Garage with auto opener. Washer/dryer. \$1750/month. 1- year lease. No pets. 3738 Villa Terrace. 619-818-8414.

OCEAN BEACH. \$1750. 3 bedroom, 1 bath house with laundry hookups. Great front porch. No pets. 4783 Longbranch Avenue. Call 619-222-4836 x14 or www.sunsetpacificrealty.com.

OCEAN BEACH. 3 bedroom, 2 bath near beach living. Hardwood floors, sunny kitchen, upgraded baths, washer/dryer, master suite upstairs with attached office/ den with spectacular views plus balcony. 1- car garage plus great storage. \$2395. 4622 Greene Street. 619-683-9274.

OCEAN BEACH/POINT LOMA. \$2050. 2 bedroom, white water ocean view! Large view yard. Garage, stove, refrigerator, washer/dryer. Hardwood floors. Fireplace. Available now. 619-224-4655.

Natural + Health Directory

6 1 9 - 2 3 5 - 8 2 0 0

Detoxify for Energy, Joint Pain Relief & Weight Loss

Ionic foot bath & massage detox session Special \$40

Toxins are a major source of inflammation, pain, and tiredness. Remove pesticides, heavy metals, food additives, and more. FDA-sanctioned procedure.

Whole Food Energy Corporation
Offices of Dr. Steven Jones, Chiropractic
10415-C San Diego Mission Rd. (92108)
Call today! 1-800-984-0064
www.wholefoodenergy.com

Start of Session

20 Min. Later with Toxins Out

Eliminate Allergies Naturally – Drug Free!

Eczema :: Asthma :: Headaches :: Hives
Hayfever :: Chronic Infections :: Fatigue
Sinusitis :: Food & Environmental Sensitivities

Great results for children and adults.
No needles necessary.
Covered by some insurance programs.

Jill Nahama,
L.Ac., O.M.D.
22 years experience
Trained in China

2437 Morena Blvd. #201
San Diego • 619-275-4501
www.eliminateallergies.com

Voted BEST Massage in San Diego

- Sports Massage • Deep Tissue Massage
- Pregnancy Massage • Swedish Massage
- Sauna, Shower & Steam Room
- Gift Certificates

MASSAGE EXTRAORDINAIRE

sandiego-massage.com • 619-295-3516
901 Hotel Circle South • SD

\$20 toward introductory 1-hr. massage
Bring ad. Expires 4-2-09. Lic #0753

La Jolla Colon Hydrotherapy

Let Us Be Your Personal Fountain Of Youth!

- Liver Detox
- Lymphatic Decongestive Therapy
- Cellulite
- Organic Facials & Waxing

Cove Wellness
17 years in La Jolla
858-551-9228
www.detoxspaoflajolla.com

Core-Level Healing

Kathleen has survived death twice and is here to help you use the authentic methods of the original medicine that she used to heal herself of cancer, Lyme disease and a herniated spine: Shamanic Counseling, Soul Retrieval and Past-Life Therapy. She has studied extensively and has practiced on behalf of others nationally and internationally for fifteen years.

www.corelevelhealing.com
858-401-3144 • katdowney@aol.com
Visa • MasterCard • Discover accepted

Transform your life!

Hypnotherapy • Core Transformation • EFT • & more

With Judie Keys, Certified Clinical Hypnotherapist

First session only \$35 (reg. \$125)
Free phone consultation: 619-501-8323
Toll-free: 888-222-1874

Mind • Body • Spirit Healing
Eliminate Anger, Sadness, Fear, Guilt & Shame!
www.thehealingtree.net

Feng Shui optimizes your surroundings for health, prosperity, relationships and more!

"The best Feng Shui expert in San Diego"
– San Diego Magazine

Full-service Feng Shui consultations, workshops and certification programs.

www.SanDiegoFengShui.com
858.454.7933

Asian Massage

\$45 1/2 hr. • \$65 1 hr.
\$95 1-1/2 hrs.

Ladies and gentlemen welcome. Discount for couples.

- Deep Tissue • Swedish • Acupressure
- Sports • Thai Stretching
- Reflexology • Pain Management
- Free Ionic Foot Detox

Tranquility Spa
3333 Midway Dr., Ste 203
San Diego, CA 92110
619-226-2056
tranquilitysd.com
Lic. #200801405

Trauma Touch Therapy

Somatic treatments for trauma survivors:

PTSD, Dissociation, Sadness, Depression

- Releases Negative Emotional Blocks
- Integrates Body & Mind
- Natural Techniques To Permanently, Positively Alter Your Life!

Free initial consultation 760-500-1768

Sharon Gleason-Pecic, CMT, TTT™
Certified Trauma Touch Therapist
Indigo Village #B, Encinitas, CA 92024

Herb-infused warm oil treatment \$59

Reg. \$75

Known as Shirodhara, this unique massage has been practiced for centuries for its ability to cleanse the mind and senses for rejuvenation and balance. Call for details.

Also offering: comprehensive holistic exams, herbal steam detoxification, guided meditation, biofeedback and more.

Ayurvedic Integrated Wellness 619-435-4488
Parmela Sawhney, M.D., Inc.
Board Certified Family Practice, Holistic Medicine & Diplomate Ayurveda

SurfDIEGO

Name: Steve Scatolini (aka Scat Daddy Surf)
Age: 32
Years surfing: "too many"
Favorite spot: Jocko's
Pre-surf music: "Jimi Hendrix, my own"
Post-surf food: Poma's Deli (in O.B.)

Scatolini's song (below) was inspired, he says, "by a worse-than-average surf season and the stress of the modern surf era created by internet surf reports and ranting TV newscasts. These lyrics came straight from the burning agony of my soul."

"Surfer's Lament"

My baby asked me what I want
I thought and thought and thought and thought
I didn't want to tell a lie
I knew the truth would make her cry
I looked her in the eye and said:
[chorus x4]
Ten-wave sets every two minutes

She looked at me just really pissed
I tried to sneak in for a kiss
She screamed I was out of my brain



I said, Baby let me explain When I go surf I sit outside With a million other guys A couple waves come float- ing by But not enough to get me high We scramble like a pack of rats fighting for a piece of fat And baby that's not where I'm at	I want: Ten-wave sets every two minutes [x4] You know our love is really fine And sex with you just blows my mind But sometimes girl it's not enough I need that heavy surfin' rush I take off late and make my turn	and throw it into afterburn I go up high and hit the lip Yeah surfin's such a groovy trip I want: Ten-wave sets every two minutes [x4] For past Surf Diego columns, go to sreader.com.
--	--	---

PACIFIC BEACH, NORTH. \$3700. Highly upgraded 3 bedroom, 2 bath home with high- end stainless appliances, wood floors. Huge yard with quest room/artist studio. 2- car garage. Washer, dryer. Must see! 1203 Agate Street. Available 4/ 15. Alta Vista Properties, 858-274-3600. www.altavistaproperties.net.
PACIFIC BEACH. \$1895. 2 bedroom, 1 bath home. White picket fence, recently remodeled home, nice yard, garage, laundry hookups, gardener. No pets. 1268 Grand Avenue. 858-483-3534. www.cal-prop.com.
PACIFIC BEACH. 2 bedroom, 1-1/2 bath, \$2100. Hardwood floors. Light, bright! Huge yard. 2- car garage, additional off- street parking. 1' block from beach. Available. 4930 Mission Boulevard. Alta Vista Properties. 858-274-3600. www.altavistaproperties.net.

PACIFIC BEACH. \$1850. 3- bedroom house. 1- car garage parking plus driveway parking, spacious bedrooms, large front/backyard, storage. Fee. Free search at www.westsiderentals.com. 619-367-3333.
PACIFIC BEACH. 3 bedroom, 2 bath house. \$1875. Beautiful hardwood floors with ceramic kitchen/bath. Includes all appliances/2' ceiling fans. Driveway parking. On-site laundry. Only 2 miles from the beach. Excellent freeway access. Available 4/1. 2736 Hornblend Street. 619-997-9383.
PACIFIC BEACH. Large 3- bedroom, 1- bath house with garage. Private backyard. Newly remodeled, beautiful tile in kitchen and bathroom. Hardwood floors throughout the house. No pets. Water and trash are included in the rent. Laundry on site. 1805 Reed Avenue. Available now. \$2000. 858-483-5111 ext. 29.
PACIFIC BEACH. \$2395. 3 bedroom, 2 bath house, office/den, charming, carpeted garage. Excellent location. Gardener. **Open Saturday 11am-2pm.** 1936 Felspar Street. TPPM, 858-699-3851.
PACIFIC BEACH. 2 bedroom, 1 bath. Garage. 728 square feet. Great condition! Minutes from beach. Great value! Must see. \$1750. 4230 Ingraham Street. See at northcuttproperties.com. Agent, 858-505-1300.
PACIFIC BEACH. House. \$3000. 3 bedroom, 2 bath. Large family room. Big

yard. Laundry. 2- car garage. Patio. Will consider a pet with approval. Coldwell Banker Property Management, 858-488-2228.
PACIFIC BEACH. \$2100. 3 bedroom, 1 bath. Shared yard. 2 off- street parking spaces. Hardwood floors. Available April 1. 3745 Promontory. Alta Vista Properties, 858-274-3600. www.altavistaproperties.net.
PACIFIC BEACH/DE ANZA COVE. \$1800- \$2500/month 3 months/1 year. Cozy 2 bedroom, 2 bath mobile home on cove. Washer/dryer, all utilities, cable, Internet. 858-456-0407.
PACIFIC BEACH/NORTH. \$1800. 3- bedroom, 1- bath detached home. Quiet neighborhood North Pacific Beach. Dining area, front yard, darling house. 1- year lease. No pets. 1952 Chalcedony Street. 858-483-3534. www.Cal-Prop.com.
PARADISE HILLS. \$1495. 3 bedroom, 2 bath. 2- car garage, large yard. Dishwasher, refrigerator. Washer/dryer hookups. 7297 Farmdale Street. Agent, 619-692-4121.
POINT LOMA. 3 bedroom, 1 bath, hardwood floors, coved ceilings, bright, sunny. Fenced yard. Near Downtown, Shelter Island, restaurants and marinas. \$2400. 3135 Hugo. 619-267-6014.
POINT LOMA. \$2750. 1930's Santa Barbara Colonial Spanish. One story. 2 bedrooms plus den, 2 baths. 1- car garage with laundry. Fireplaces. Formal dining room. Approximately 2,000 square

feet. Call Coldwell Banker Property Management, 858-488-2228.
RANCHO SAN DIEGO. \$2850. 4- bedroom, 3- bath two- story home. Large family room. Heated pool/Jacuzzi. 3- car garage. No pets/smokers. 619-646-7120, 619-447-6870.
RANCHO SAN DIEGO. \$2250. 12172 Via Hacienda. 4 bedroom, 3 bath 1950- square- foot home. Berber carpet, hardwood floors, bedroom with full bath downstairs. Large fenced yard, gardener, garage, laundry hookups. 858-483-3534. www.cal-prop.com.
SAN CARLOS. \$1895. Move in now. 3- bedroom, 2- bath home with 2- car garage. Air conditioning, family room, laundry hookups. 1675 square feet. Small pet with deposit. 6282 Decanture Street. 858-483-3534. www.Cal-Prop.com.
SAN DIEGO. 2 bedroom house, completely remodeled. New kitchen/bath/ tile/flooring. Completely painted. No garage. Pets OK. \$1175. 616 Chester Street. Available now. 619-300-0656.
SERRA MESA. 3 bedroom, 1-3/4 bath, 1809 square feet, on cul-de-sac. Den, garage, hookups, patio, yard. New paint/ carpet. Pets considered. \$2100. 2284 Meadow Lark 562-633-9705.
SOUTH BAY. 4- bedroom, 2.5- bath house, \$1995. Deposit \$1995. 2 garage, upgraded. Available, move in now. 1619 square feet. 2784 Pikake. SDCPM, 619-220-4840; v@sdcpm.net.
SOUTH SAN DIEGO. 4 bedrooms, 3 bathrooms, 2 walk-in closets, fireplace, custom paint/upgrades, tile floors, large yard, 2- car garage. Available 2/1. \$2575. 619-787-9560.
SPRING VALLEY. \$2695. Fantastic view! Beautiful 3 bedroom, 3 bath house. Garage, dining/family room, office, bonus room, fireplace, all appliances, granite, storage, private yard. 1319 La Presa. 619-384-9219.
TALMADGE. \$1295. 2 bedroom, 1 bath house. Hardwood floors, fireplace, stove,

refrigerator, backyard, off-street parking. No pets. 4438 50th Street. 619-302-1598.

TIERRASANTA. 5 bedroom, 2.5 bath. RV parking. Patio, deck. No pets. Nonsmoking. \$2400. 10483 Orozco Road. Agent, 619-692-4121.

RENTALS
APARTMENTS /
CONDOS

TO PLACE AN AD IN THE READER call 619-235-8200, 8:30am to 5:00pm, Monday through Friday. Deadline: 5pm Tuesday.

Rancho San Diego
Luxury!

1 bedrooms, brand-new resort-style community! \$1050. Granite, tile, washer/ dryer in unit, parking, pool, tennis, gym. Pets OK. 619-279-0031.
ALPINE. Alpine Creek Apartments. Huge 2 bedroom, 1-1/2 bath townhome, \$1055, and 3 bedroom, 1-1/2 bath, \$1250. 1200- 1400 square feet, spacious living room and dining room, washer/dryer in unit. No pets. 1950 Arnold Way. Move- in bonus! Call 619-445-8392.
ALPINE. 55 and up. Spacious luxury living. 1 bedrooms, \$745. 2 bedrooms, \$865. \$99 deposit OAC. Creekside Meadows, 1750 Arnold Way. Call 619-445-2480.
ALPINE. 2 bedrooms, \$945. \$99 deposit OAC. Newly remodeled. Private garages, fireplaces, vaulted ceilings. Resort- size pool and spa. Alpine Woods, 1829 Arnold Way. 619-445-1341.

BALBOA PARK EAST. Large 2 bedroom 1 bath \$1400. 3 bedroom 2 bath \$1750. Forest- like setting. Big balcony. Vaulted ceiling. Remodeled kitchen. Storage. Carport. Secured building. Very quiet. Laundry. Gated community. No pets. 619-299-1530.

BALBOA PARK. \$1025. Charming 1 bedroom apartment with excellent view of Balboa Park! Crown Molding! Gated entry! 2820 6th Avenue #8. Call 619-222-4836 x14 or www.sunsetpacificrealty.com.
BALBOA PARK. \$950-\$975. Charming large studio cottages across from Balboa Park. Some with views of park! Laundry on site. No pets. 2804 6th Avenue. Call 619-222-4836 x14 or www.sunsetpacificrealty.com.

BANKER'S HILL. \$1100. 1 bedroom plus den, garage extra \$125, view. Wood floors. Central air. Dog /cat OK with deposit. Appointment, references. Gated. 2149 Second Avenue. Saint Jean Apartments. 619-992-7791.

BANKER'S HILL. \$875. Cozy studio apartments, updated kitchen, laminate floor. Utilities paid. Parking. On-site laundry. 1820 4th Avenue. No pets. 619-300-1365, 619-588-4106.
BANKER'S HILL. 2 bedroom duplex. 1600 square feet. Hardwood floors! Spacious dual masters. Courtyard. Laundry. Cat allowed. Very small dogs considered. \$1995.95. Nonsmoking. 619-723-7277.
BANKER'S HILL. Furnished studios, \$750/ up. Furnished 1 bedrooms, \$875/up. Close to park, Downtown. Some utilities paid. Laundry facility. No pets. 619-234-7572.
BANKER'S HILL. \$650. Lovely remodeled studio in classic building designed by Gill. Appliances, gas included, laundry facilities. Near bus. No pets. 619-236-0452.
BANKER'S HILL. \$850/\$875. Charming, quiet, clean, bright studios across from Balboa Park. Security gated. Utilities paid by owner. Laundry. Quiet. 3105 Fifth Avenue. 619-795-3284; 619-829-1786.
BANKER'S HILL. 2 bedroom, 2 bath: \$1330. 1 bedroom, 1 bath: \$1000. Comes with one parking space. On-site laundry. Gated. Close to all. 1024 square feet, 1922 2nd Avenue. Call Nicki, 619-702-5923.
BANKER'S HILL. \$925. Spacious, secluded 1 bedroom apartment. Garden setting, small complex, newer appliances, carpet. Walk to

Little Italy, downtown, park. Indoor cat OK. 858-775-2172.

BANKER'S HILL. \$795. Extra large studio, fantastic views of Downtown and the bay, wood floors, full kitchen, laundry. Cat OK. Near all! 2241 4th Avenue #306. 619-300-9487.

BANKER'S HILL. \$1900. Remodeled 2 bedroom, 2 bath duplex. All appliances, washer/dryer, wood floors. No pets. Available 5/1. Deposit \$1900. Call 619-301-0874.
BANKER'S HILL. 2 bedroom, 2 bath, \$1595. 1100 square feet, new carpet and paint, floor to ceiling windows with view of the city and bay, controlled access, underground parking, on-site laundry, roof-top deck with barbecue. Walk to Balboa Park, Little Italy, Hillcrest and Downtown. 1/2 off first month's rent with one-year lease. Sorry, no pets! 140 West Kalmia Street, 92101. Open house Sunday, March 21, from 11am-3pm. Call 619-231-1059.

BANKER'S HILL. Studio, \$750 First floor. Utilities paid. Beautifully landscaped, laundry. 2142 Fifth Avenue. Month free special! Agent. Call 619-238-0747. View at www.sevillamgmt.com.
BANKER'S HILL/DOWNTOWN \$1295. 1 bedroom townhouse. Very private. Spacious. Hardwood floors. Laundry. Patio. Free parking. Pets OK. Available now. Call Steve, 619-696-7500.

BAY PARK. \$920, \$250 off first month. 1 bedroom, 550 square feet. Pets OK. Clean, close to the water, freeway, restaurants, grocery. Laundry on property. 619-276-0666.

BAY PARK/MISSION BAY. \$850. Large studio apartment. Parking. Paid utilities. No pets. New appliances. New carpet/painted. Laundry. 3431 Del Rey Street. 619-275-3455.

BONITA. 2 bedroom, 2 bath apartment. \$1375. Location, location, location! Water/ trash/gas paid. Parking. Pool, spa. Cable- ready, alarm, air. 3240 Bonita, 91910. 619-585-1455.

BONITA. \$1500. 2- bedroom, 2- bath condo. 1- car garage, spacious rooms, fireplace facing Rohr Park in Bonita. Available now. 4628 Villas Drive. www.cethron.com. 619-295-1100.

BONITA/SOUTH BAY. \$1000. 2 bedroom, 1-1/4 bath. Nice North Bonita area. Ceramic tile and carpet floors. Air conditioning, ceiling fans. 6982 Parkside (I-54 to Woodman, left on Alta View). Days, 858-866-5636.

CARLSBAD. \$1325. 2- bedroom, 2- bath apartment, parking included, refrigerator, stove, dishwasher, balcony, fireplace, 850 square feet. Fee. Free search at www.westsiderentals.com. 619-367-3333.

CARLSBAD. 2 bedroom, 2 bath, \$1600. Ocean view! Balcony, storage. 2- car garage. Garden tub. Walk- in closet. Washer, dryer. Available 4/1. 612-743-9671. mercantile@q.com.

CARLSBAD. Near The Village. \$1035. Spacious 2 bedroom apartment, kitchenette, large garden patio, storage. Cable/Internet, \$45. On-site laundry, pool, spa, tennis. Cat OK. 619-302-9919.

CARLSBAD. Beautiful 1 and 2 bedrooms. From \$1350 some with fantastic views! 1 month free with 1- year lease; or 1/2 off with 6- months. Pool, community laundry, gated parking, barbecue areas, spacious floor plans. Walk to the beach! No pets. 2303 Ocean Street. 760-434-7721.

CARLSBAD. \$925. 1 bedroom. Small complex with off-street parking. Remodeled. Laundry. Quiet street. No pets. 3366 Roosevelt Street. Agent, 760-434-7721.

CARLSBAD/Sabrina Greens. \$1650. 2 bedroom, 2 bath, downstairs. Fenced patio, freshly painted, 2 parking spaces, community pool and spa. 2625 Pireneos #120. Leasing Unlimited, 760-436-7273.

CARLSBAD/LA COSTA. 2 and 3 bedrooms starting at \$1395 in regal development above La Costa Golf Course. Full-size washer/dryer, air conditioning, fireplace, pool/spa/sauna. Alicante Views. **Move in special!** 2391 Carlinga Way. TPPM, 760-431-7575. www.alicantevIEWS.com.

CARMEL VALLEY/DEL MAR Highlands. 1 bedroom luxury condo located in quiet neighborhood across from wooded park. Upgraded appliances, Corian countertops, tile entry/bath, fireplace, air, washer/dryer, covered parking. Pool/ Jacuzzi/sauna. \$1195. 858-722-3987.

BE 8-20 INCHES
SLIMMER
IN JUST ONE HOUR!
NOT A TEMPORARY WATER LOSS!

- Melt inches from thighs, hips & waistline
- Detoxify
- Get rid of cellulite

**\$10 OFF FAT
BURNER WRAP,
DOUBLE MINERAL
WRAP or
AIRBRUSH TAN**
As seen on the
Iyra Banks
& *Ellen* shows!
New clients only.

Burn up to 4,000 calories & 5% Body Fat
in 1 treatment w/ **French Sudatonic.**

**SUDDENLY
SLIMMER**
THE Body Wrap
www.suddenlyslimmer.net
858-551-5196

Best massage in
Escondido! **\$10 off 1-hour
massage**



Open 7 days 9 am-9 pm

Deep tissue
Aromatherapy
Swedish ~ Shiatsu ~ Thai

Touch of Health
651 E. Grand Ave.
(corner of Fig & E. Grand)
760-432-0083

Visa & Mastercard accepted. Lic. #162807

Blue Horizon
Massage

Asian • Therapeutic • Swedish
Deep Tissue • Thai Stretch
Sports • Lomi Lomi • Jacuzzi
Both women & men welcome

**\$65 per hour
\$105 per 90 minutes**
Cash only.

New Second Location:
9833 Pacific Heights Blvd. #G
(10-minute drive from
Del Mar & La Jolla)
3692 5th Ave. • Downtown
10 am-10 pm 7 days
858-384-6638
Lic. #30059

Oriental Massage,
Jacuzzi & Hot Tub,
Dry & Steam
Sauna

Mon.-Sun. 9 am-9 pm
Credit cards accepted.

**SUNSET
Acupressure
&
Massage**

THE TOUCH OF THE ORIENT
1911 SUNSET DRIVE
ESCONDIDO
760-735-8850
Lic. #140248

NORTH PARK


Genie
Massage

ORIENTAL
SPA & BATH

3395 El Cajon Blvd.
(between Hwy. 15 & 805)


619-284-0888

Lic. #2005012879




Amanda Salas
Veterinarian
El Cajon

I always misspell “deciduous.” I use that word when I’m talking about teeth extractions. I usually spell it “-ious” instead of “-uous.” When I was a kid, I used to always misspell “Tennessee” on spelling things. Now I sometimes deal with a dog that has that name. I’m always looking up how to spell them both.




Ray DeCandia
Business Owner
La Mesa

My misspelled word would be “definitely.” It’s strange because I like the word “define,” and I use it a lot. So I think “definitely” should be like an extension of that, but I always seem to mess it up. Oh, the word “proportionate.” I hate that one, too. I feel weird if I misspell words, even in a casual email. My friends give me a hard time about that. I hate when people use all caps. That drives me nuts. But I hate misspelling those two words because I’m a good speller, damn it!




Ashley Thrash
Student
Mission Valley

I misspell the word “definitely” often. I’m sure other people do, too. That’s probably a common one. I can’t think of many other words I misspell on a regular basis. Oh, “surprise.” That gets me sometimes. Those words that have the extra *n* in there. I’ll forget exactly how they’re spelled.




Virginia Kirkpatrick
Aerospace Company
Whittier

I get “receive” wrong. It’s that whole “*i* before *e*” thing. I don’t always misspell that, though. But I notice when I’m texting on my phone, it’s always correcting me on that one. Now that I think about it...there aren’t many other words that I misspell that often. Or maybe I just don’t realize I’m spelling them wrong.



Scott Cummings
Real Estate
La Mesa

Sometimes misspell “appraisal.” And I work in real estate, so that’s probably a weird one for me to get wrong. Of course, the word always comes up. I don’t think I misspell that many words anymore. As a kid, I don’t remember the words that I got stuck on.



Butch Rosser
Deejay
Chula Vista

I’m probably the worst person you can ask that question. When it comes to spelling, I’m really anal. It can be a casual email or when I’m texting someone. I had a friend say they always know when the text is from me because it has actual words and not just abbreviations. I’m always trying to be grammatically correct. I guess I don’t want my English teacher rolling over. Last night I was drinking, and it took me five minutes longer to send out a text because I wanted everything spelled properly.

CARMEL VALLEY. 1 and 2 bedroom remodeled apartments, new appliances. Full- size washer / dryer. State- of- the- art fitness center, complimentary personal trainer. Heated competition lap pool. Lighted tennis courts. Free tennis/swimming lessons. Pro tennis instructor. Sorry, no pets. The Club Torrey Pines, 12646 Torrey Bluff Drive. 1-866-354-2096. www.torrey.cc.

CASA DE ORO/RANCHO SAN DIEGO. \$685 includes utilities. Immaculate, large studio. Quiet, private. Off- street parking. Near shopping/freeway. No smoke/drugs/pets. 619-465-0482.

CHULA VISTA from \$850. 1 bedrooms in well- maintained gated community. Air conditioning, community laundry, gated off- street parking. No pets. Near shopping, freeway and trolley. 2887 Main Street. Agent, 619-691-9377.

CHULA VISTA. Large 2 bedroom, 1 bath, \$1150 with \$700 deposit. Pool, parking, laundry. Small pet OK. Close to all. Call Rick, 619-250-6975.

CHULA VISTA. 1 bedroom apartments, \$695. Deposit \$500. All utilities included. Pool, off- street parking. Laundry facilities. Call Park Regency Apartments, 619-422-0792.

CHULA VISTA. \$775/month. Low \$150 deposit. 1 bedroom, fully furnished. 2 blocks from Chula Vista Center and trolley. Off- street parking. Laundry room. 521 Park Way. Office open daily (near Fifth and G). 619-420-5084.

CHULA VISTA. \$100 off first month's rent! 2 bedroom, 1 bath, \$1150 with \$900 deposit. Pool, laundry room. Close to mall/freeway. No pets. Available now. 433 D Street. Call 619-651-8600.

CHULA VISTA. \$825. 1 bedroom. Beautiful garden courtyard. Controlled access. Very clean. Air conditioning. No pets. 540 Naples Street. TPPM 619-422-5709.

CHULA VISTA. \$895. 1 bedroom in upscale property with central vacuum and air conditioning. Beautiful garden setting, controlled access parking, no pets. 144 Garrett Avenue. TPPM, 619-585-1959.

CHULA VISTA. \$1075, \$300 off first month's rent. 2 bedroom, 1.5 bath townhouse. Clean and quiet building, small patio, gated, parking, laundry, pool. No pets. Available now. 1420 2nd Avenue. Open daily 9am-6pm. Se habla Espanol. Call 858-483-5111 x30, 619-422-5062. Visit our website, www.melroyproperties.com.

CHULA VISTA. \$990. \$300 off first month's rent. 2 bedroom, 1 bath. Gated complex, laundry, parking, pool, clean and quiet building, close to all. No pets. Available 4/1. 210 Quintard Street. 858-483-5111 x30; 619-422-5062. Se habla Espanol. Visit our website, www.melroyproperties.com.

CHULA VISTA. \$830. 1 bedroom, 1 bath. All utilities included. On-site parking and pool. Clean, quiet, secure. 540 Flower Street, #7. Call Krista: 619-425-5451; or Rachael: 619-804-1044.

CHULA VISTA/EASTLAKE. \$995. 1 bedroom, 1 bath condo. 1- car garage, upper unit, washer/dryer in unit, community pool. 723 Eastshore Terrace #60. Agent, 858-560-1178.

CITY HEIGHTS Azalea Gardens. \$675. Studio with laundry on site, off- street parking. Section 8 OK. 2501 Tuberose Street #B. www.sdforrent.com. 619-640-7530.

CITY HEIGHTS Azalea Gardens. \$825. 1 bedroom, 1 bath, laundry facilities, off- street parking. Section 8 OK. 2501 Tuberose Street #D. www.sdforrent.com. 619-640-7530.

CITY HEIGHTS, Move- in special. \$775. 1 bedroom. Gated. Laundry. Parking. No pets. Available now. 4153 42nd Street, #2. More Property Management, 858-514-8201.

CITY HEIGHTS. Newly remodeled 3- bedroom, 2- bath condo, \$1700. Nice kitchen, spacious living room. Garage,

washer/dryer. Quiet. Near park. Section 8 OK. 619-778-3482.

CITY HEIGHTS. 2 bedroom, 1 bath upstairs apartment, \$850. Laundry room, water/sewer/trash included, tile floors, 750 square feet. 4361-1/2 49th Street. People Helping Others

Property Management, 619-282-5400. peoplehelpingothers.com.

CITY HEIGHTS. \$725. Quiet 1 bedroom, 1 bath duplex. Recently refurbished. Off- street parking, stove, refrigerator. \$725 deposit in payments. No smoking/pets. Available. 619-823-0442.

SERVICES



1-hour massage \$40

Deep Tissue or Swedish (Reg. \$60)
Mon.-Fri. 9 am-9 pm only. Exp. 4/18/09.

Angela's Spa

536 Stevens Ave. • Solana Beach • 760-812-0969
www.angelaspa.com

Open 7 days. By appointment only. License #33131

\$20 off Oriental Massage

- Deep tissue
- Table shower
- Hong Kong Massage
- Swedish
- Jacuzzi

Open 7 days 9 am-10 pm

Ami's Spa
2443 Kettner Blvd.
619-231-1917
License #30672

Grand opening near airport



Aria Spa

Oriental Massage
Stress reduction
Swedish deep tissue
Hot tub & Japanese Jacuzzi

(858) 495-0777
3904 Convoy Street, Suite 118
(Next to Original Pancake House, additional parking and entrance in the rear)
Open 7 days
9:30 am-10:30 pm
License #2008000924

JAPANESE STRAIGHT PERM

619-889-7774
619-295-5796

Permanent silky-smooth, damage-free hair. Thermal reconditioning specialists.

Hotel Circle North
www.japanesestraightperm.com

50% off haircut
New clients only.



Grand Opening! Moonlight

ACUPRESSURE

The Best Oriental Massage

Try our Japanese Hot Steam Shower
Table Shower • Jacuzzi

760-796-4122
301 E. Washington Ave.
Suite A (at Juniper) • Escondido
Visa & MasterCard accepted.



The Fastest Tan in Mission Valley

No other tanning salon can tan you as fast without burning. See for yourself!

Ultra-high-performance beds with new lamps.



AlwaysTansd.com

Mission Valley • 619-298-8266
South County • 619-475-8267
Mira Mesa • 858-578-6113
(Formerly Hawaiian Tan)

Buy 2, Get 2 Free

On any high-performance bed, Mystic Tan, or airbrush tan. One coupon per customer. Expires 4/2/09.

Reader Pop Quiz

This week's questions

1. The way Don Bauder sees it, there is a “__ percent chance of depression and continued deflation.”
2. When violinist Bahman Sarram was four years old, his family fled what country to come here?
3. What real-life figure partly inspired the character Mack the Knife in *The Threepenny Opera*?
4. What does singer-songwriter Marie Haddad do with food that she'd probably rather not admit?
5. Name the high-protein grain native to the Horn of Africa that pops up here in Ethiopian restaurants.
6. Jazz keyboardist George Duke, on Barnaby Monk's calendar for the 19th, released the album *Dukey Treats* last year. It's a tribute to what soul-rock pioneer?
7. What venue on Broadway in Golden Hill has been the host of rotating church congregations and the subject of noise complaints to the City of San Diego?
8. The rock group Parenthetical Girls were originally known as ____ Girls.
9. What was the last year that half pennies were minted in the USA?
10. There is the possibility that __ FM (number, please) could soon be used for a dance-music station in San Diego.

Last week's answers

1. His Fender Telecaster and Gibson J-50 guitars. (p. 76)
2. The San Diego Black Film Festival. (p. 90)
3. The Embarcadero. (p. 70)
4. The Linkery. (p. 94)
5. Their 20th. (p. 74)
6. “Halprin.” (p. 8)
7. A pasta maker. (p. 22)
8. The Coyote Problem, “Long Way Home.” (p. 84)
9. Bacon. (p. 94)
10. Fish or carp. (p. 18)

Last Week's Winners:

Armin Moths, Patricia Hippenstiel, Mtume Salaam, David Baxter, and Casandra Carter

Rules Pop Quiz answers must include page numbers from the *Reader* print edition on which the answers are found. First five entrants to deliver correct sets of answers win Reader T-shirts or \$25 (indicate preference).

Answers must be submitted by Monday at 7 a.m. after the issue in question. Only one winner per household or email address per month. Multiple entries will be disregarded. Mail answers to: Reader Pop Quiz, SD Reader, Box 85803, San Diego CA 92186; or fax to 619-231-0489; or email to Quiz@sdreader.com; or deliver to 1703 India Street in Little Italy (we have an after-hours mail slot).

laundry hookups. No pets. 850 square feet. 858-483-3534. www.cal-prop.com.

CLAIREMONT. \$1495. 6666 Beadnell Way #13. 2 bedroom, 2 bath condo. Hardwood floors, upgraded carpet and tile flooring, stainless appliance, granite counters, patio, pool. No pets. 858-483-3534. www.cal-prop.com.

CLAIREMONT. Free daily continental breakfast, HBO, concierge service, maid/linen service! \$895, 6- month lease. Furnished studios from \$300 plus tax/week; \$1195/month! Corporate housing available. Utilities included. Microwave. Mini-refrigerator. Laundry. Pool, spa. Central location. Garden surroundings. Parking. No pets. California Suites Hotel, 5415 Clairemont Mesa Boulevard. 888-475-7147. www.sdreader.com/news/rent2035.

CLAIREMONT. 1 bedroom, 1 bath, \$995. With parking, pool. Laundry on site. Very nice, quiet street. Gated complex, 5150 Balboa Arms Drive. Call Thea, 858-571-0104. kandrpproperties.com.

CLAIREMONT. \$1200. Nice 2 bedroom, 1 bath duplex. Remodeled! Small yard, garage. Walk to park and shopping. Cat OK. 4429 Manitou Way. Agent, 619-469-7790. www.westmanproperties.com.

CLAIREMONT. \$1995. New 3 bedroom, 2-1/2 bath, 1325 square foot duplex, garage, hardwood floors, no pets, at 4441 Clairemont Mesa Boulevard #B2. Agent, 619-299-4034.

CLAIREMONT. \$1625. 2 bedroom, 1 bath duplex. Parking. Furnished. Utilities paid. Includes cable, Internet. Yard. Laundry . Small pet OK. Available 4/1. 3331 Jemez. 619-435-0387.

CLAIREMONT/KEARNY MESA. Wexford Manor. Large 1 and 2 bedrooms in beautiful complex with pool, spa, laundry, air conditioning, dishwasher. Sorry, no pets. \$995-\$1375. Photos at www.wexfordliving.com. 7870 Stalmer Street. 858-277-4843.

COLLEGE AREA. \$1250 plus. Large 2 bedroom, 1 bath. Totally refurbished, off-street parking, on-site laundry. Water/ trash paid. Section 8 OK. Pet on approval. 858-455-5956.

COLLEGE AREA. \$1195-\$1295. 2 bedroom, 2 bath condos. Hardwood floor. New carpet/ tile. Balcony/ patio. Gas stove, microwave. Central air/heat. Dishwasher. Washer/dryer hookups. Gated. 2 miles to SDSU. Near all/golf course. Pets upon approval. 5170 Orange Avenue, 92115. 619-285-3822.

COLLEGE AREA. Corinthian Apartments. 1month free rent with 1- year lease, on approved credit. 1/2 off first month's rent with 6- month lease, on approved credit. 1 bedrooms starting at \$895/month. Beautiful landscape, punctual maintenance, impressive community. Offer ends April 1, 2009. Open 7 days a week 9am-5pm. 4981 Catocitin Drive. 619-286-0441.

COLLEGE AREA. \$900. 1 bedroom. Fireplace. Central heat/air. Microwave, dishwasher. Balcony. Gated. Intercom entry. 4828 Art Street. Agent, 619-298-7724.

COLLEGE AREA. \$795. 1- bedroom, 1- bath apartment, month- to- month lease, great location near SDSU. Fee. Free search at www.westsiderentals.com. 619-367-3333.

COLLEGE AREA. \$1040. 2- bedroom, 2- bath apartment, on-site laundry, parking included, controlled access building. Fee. Free search at www.westsiderentals.com. 619-367-3333.

COLLEGE AREA. \$1125 rent, \$800 deposit OAC. 3 bedroom, 1 bath apartment located above small shopping center. No pets at 6198 University Avenue. Agent, 619-299-8515.

COLLEGE AREA. Spacious studios, 1 and 2 bedrooms from \$850. Deposit \$99. Near SDSU, steps to trolley with all amenities. \$500 off first month! 5474 Reservoir Drive. TPPM 619-582-5195.

COLLEGE AREA. \$750. Seniors 62+ . 1 bedroom condo, 3rd floor/elevator. Carpeted, fresh paint, new refrigerator. Coin-op laundry. Small pets on approval. A&P Realty, 619-425-4555.

COLLEGE AREA. Open house: Accepting applications for fall, 9am-6pm, Saturday, 3/21. 1 bedroom, 1 bath, \$925. \$100 military discount. Internet access. Gourmet kitchen. Microwave. Gas range. Air conditioning/heating. Walk-in closet. Controlled access. Free poolside Wi-Fi. Barbecue/ picnic areas. Cat friendly. Parking. Walking distance to campus. Near bus, trolley. Aztec Pacific Apartments, 6663 Montezuma Road. 1-800-433-6120. www.pacificliving.com. www.sdreader.com/news/rent1042.

COLLEGE AREA. From \$850. 1 bedroom in nice community. Pool, laundry, barbecue. Close to SDSU, and all conveniences. No pets. 4333 College Avenue. 619-287-8380.

COLLEGE AREA/TALMADGE. \$900. Nice 2 bedroom, 1 bath apartment. Quiet building. Upstairs. Large rooms. Coin laundry. Cat OK. 4438 Menlo Avenue. Agent, 619-469-7790. www.westmanproperties.com.

COLLEGE. \$1225. Renovated 2 bedroom cottage, hardwood floors, new paint/ windows. On-site laundry, off- street reserved parking. \$1150 deposit. No pets/Section 8. 619-565-7300.

COLLEGE/TALMADGE. \$775. 1- bedroom downstairs unit. Refrigerator, stove, dishwasher, on-site laundry, storage closet. No pets. Optional parking. Available now. 4492 Estrella. 858-538-5013.

COLLEGE/TALMADGE. \$800, \$500 security. 1- bedroom cottage- style apartment, hardwood, new tile/ appliances, on-site laundry. No pets/ smoking/Section 8. 4522 52nd. 858-538-5013.

COLLEGE/TALMADGE. \$1095. Discount for excellent credit. Sparkling 2 bedroom, 2 bath. Quiet, secure. All remodeled. Splendid kitchen. New carpet. 4435 48th Street. 619-203-9784.

COLLEGE/TALMADGE. \$900. 2 bedroom. Large upper unit, dining area. Brick barbecue grill and coin laundry on site. Near SDSU. Agent, 619-296-3189.

CROWN POINT. \$1385. 2 bedroom, 1 bath. Large apartment has extra room for den. 2 large bedrooms, large living area, on-site laundry. Close to the bay. No pets. 4017 Honeycutt Street. 858-483-3534. www.cal-prop.com.

CROWN POINT. Huge 2 bedroom, 1 bath \$1250. Month free special! Laundry, private patio. 3913 Lamont. Available now. Agent, 619-260-1368. View at www.sevilemgt.com.

DEL CERRO. Condo, \$1200. 2 bedroom, 1-1/2 bath, lower unit, small patio, parking. 5483 Adobe Falls Road, #8. www.centrectly.net. 619-296-6699.

DEL MAR. \$1800-\$1900. 2 bedroom, 1 bath on water, with view. Granite, hardwood floors, balcony, on-site laundry, garage parking. Pets OK. 510 Stratford Court. 760-720-1400.

DEL MAR. Gorgeous 1 and 2 bedrooms from \$1625 in beautiful complex with heated pool, spa, fitness center, outdoor cook center, dishwasher, microwave, garage. **1 month free with 1- year lease!** Call for specials. 526 Camino Del Mar. 858-755-4721.

DEL MAR. Ocean views! 1 bedroom with den, \$1695; 3 bedroom, \$2395. Non-view 2 and 3 bedrooms, \$1595-\$2195. Gated, nonsmoking community. 201 Fourth Street. 858-481-9585; mikeatla@aol.com.

DOWNTOWN NORTH. \$775. Studio with full kitchen. Upstairs. All utilities paid. Stove, refrigerator, coin laundry. Convenient location. Cat OK with additional \$300 deposit. Available 4/20/ 09. 111 West Fir. 858-270-2071. Del Sol Property Management, Broker. www.delsolpm.com.

DOWNTOWN, EAST VILLAGE. Low \$400-\$700 deposits! Studios, 1 bedrooms, 2 bedrooms and 3 bedrooms from \$1060. Near Petco Park. Rooftop Terrace, Business Center, Courtyard Feature,

Fitness Center, Controlled Underground Parking. Washer/dryer. Dishwasher. Microwave. Patio/balcony. Walk-in closet. Air conditioning. Pets under 30lbs. Ask about our move-in specials! Entrada, 453 13th Street. www.entrada453.com. 1- 888-809-1966. www.sdreader.com/news/rent2102.

DOWNTOWN. Fully furnished studios with utilities included. Rates start at \$160/ week. Free wireless Internet. Baltic Inn: 521 6th Avenue. 619-237-0687. www.affordablehousingsd.com.

DOWNTOWN. Premier location. Furnished studios with full baths, from \$199/weekly. Two award-winning buildings to choose from with 24-hour staff, gyms, laundry rooms, sundecks. Free wireless Internet. Island Inn: 202 Island Avenue (Second and Island), 619-232-4138. J Street Inn: 222 J Street, 619-696-6922. www.affordablehousingsd.com.

DOWNTOWN. Brand new rooms near City College. Single rooms with kitchenettes from \$140/week, deposit (long-term). Includes utilities/cable. Quiet, secure. Shared bath/laundry. Hotel Mediterranean. 619-231-8656. www.hotelmed-sd.com.

DOWNTOWN. Stay the week, stay the month! Monthly rates from \$21.03/night. Wireless Internet in all rooms. 1-2 blocks to bus, train. Flat- screen TVs. Weekly rates from \$37.14/night: Community kitchen and dining area. European- style detached bathrooms. Monthly rentals must qualify under the SD Housing Commission's low- income program. Subject to availability. Taxes not included. 500 West Hotel, 500 West Broadway. 500WestHotel.com. Toll free: 888-895-0875 or 619-234-5252.

DOWNTOWN. Studios with kitchen and bath, \$625-\$700. Single room with private bathroom, \$550-\$595. Nonsmoking. No pets. 10th and E Street. Hughes Management, 619-239-1639 x103. www.HughesManagement.net.

DOWNTOWN. Comfortable rooms, \$450/up. Studios, \$650/up. Near Gaslamp District. Very quiet and clean. Free cable TV, on-site laundry, vending machines, community kitchen, shared bathrooms. Near shopping, restaurants, movie theatres and Horton Plaza. No pets. Arlington Apartments, 701 7th Avenue. Hughes Management, 619-231-2385. www.HughesManagement.net. www.sdreader.com/news/rent2097.

DOWNTOWN. Cozy rooms, \$486-\$625. Very comfortable, convenient location. Historic building near C Street trolley. Choice of shared or private bedrooms. Free cable TV, on-site laundry, vending machines, modern elevator, no pets. Southern Hotel, 1159 6th Avenue at B. Hughes Management, 619-239-3808. www.HughesManagement.net. www.sdreader.com/news/rent2099.

DOWNTOWN. Economical furnished rooms, \$450-\$550, best price, save money. Conveniently located on C Street trolley line, near restaurants, free cable TV, shared bathrooms, on-site laundry facilities, vending machines, elevator service, no pets. 636 C Street (between 6th and 7th), C Street Inn, Hughes Management, 619-234-4165. www.HughesManagement.net. www.sdreader.com/news/rent2098.

DOWNTOWN. Gaslamp area. \$425-\$550. Community kitchen, shared bath, on-site laundry, vending machines, no pets. Star Hotel, 522 7th Avenue. Hughes Management, 619-235-6068. www.HughesManagement.net.

DOWNTOWN. Outstanding furnished rooms, \$450-\$500. Heart of Gaslamp. Shared bathrooms. Community kitchen. Free cable. No pets. Windsor Hotel, 843 4th Avenue. 619-235-6068. Hughes Management. www.HughesMangement.net.

DOWNTOWN. Attractive rooms. Shared rooms. Shared baths. Utilities included. Near City College. \$450-\$595/month. Weekly rates from \$125. 719 14th Street.

Sunny's Spa

Oriental Massage
Shower • Jacuzzi
Relax/Renew
Restore/Energize

**\$10 Off 30 Min.
\$20 Off 1 Hour**

With ad.

619-583-5722

4938 El Cajon Blvd.
(at Winona Street)
7 days 9 am-9 pm
Lic. #2006012505

Grand Opening Escondido
Best Oriental spa in town!

VIP Spa
Massage 1-hour \$70
1/2-hour \$45

Swedish | Shiatsu | Acupressure
Also facials, microdermabrasion
and waxing. Relocated from
Greenbrier Dr. in Oceanside
1151 E. Washington #A1
Escondido (Corner of Ash)
Walk-ins welcome. Open 9 am to 9 pm

760-796-7935

License #164179


Oriental Massage Specialists
Dr. O'Side Massage
2110 S. Coast Hwy.
Suite G
Oceanside, CA 92054
760-721-8698
Lic. #DC11717

Jaehee Spa
**\$20 off
Jacuzzi massage**
(1 hour)
\$5 off massage
(1/2 hour)
Favorite massage in San Diego
Table shower & Jacuzzi
9357 Mira Mesa Blvd.
San Diego • 858.831.0653
(Located in Oaktree Plaza)
M-F 10-9:30, Sat. & Sun. 10-9
License #24099


Tropical Oriental Spa
Grand Opening!
**\$20 off
1-hr. massage**
Deep Tissue • Philippine
Shiatsu • Swedish
5837 Mission Gorge Rd., Ste. C
(Parking available in
Mandarin Restaurant lot)
7 days 9 am-11 pm
619-563-0993
Lic. #008700

CITY HEIGHTS. \$800. Small, quiet 1- bedroom duplex, 4035 Menlo. Very clean, yard, parking. Shopping/buses close. No smoking. No pets. Section 8 OK. 619-275-2648.

CITY HEIGHTS. \$750. 4275 Chamoune Avenue across KFC, almost corner with El Cajon Boulevard. 1 bedroom, 1 bath. Central air conditioning/heating. Carpet. Laundry room. Plenty of parking not assigned. No pets. Section 8 OK. Phillips Realty, 619-291-6686.

CITY HEIGHTS. \$1050. 2- bedroom, 1- bath apartment with 2- car garage. Upper unit. New carpet and paint. On-site coin-operated laundry. 5332 Wightman #D. www.stevenleeproperities.com. 619-295-1161.

CITY HEIGHTS/NORTH PARK. Move-in special! 1 bedroom, \$795. Newly remodeled. Ceiling fan, reserved parking,

tile, gated, laundry. No pets. 619-279-0031.

CLAIREMONT. \$2050. Unfurnished 4 bedroom, 2 bath condo at Pacific Bluffs. All appliances including washer/dryer. Great complex, recreation, pool area. Pool. Agent, 858-456-3211.

CLAIREMONT. 2 bedroom, 2-1/2 bath condo, \$1650. Washer/dryer, 2- car garage, patio, microwave, refrigerator, electric oven/stove. Community pool. Water/sewer/trash included. 1072 square feet. Quiet area. 6929 Park Mesa Way #123. People Helping Others Property Management, 619-282-5400. www.peoplehelpingothers.com.

CLAIREMONT. \$300 off first month's rent. \$875. 1 bedroom. Pool. Laundry. Off-street parking. 7322 Mesa College Drive. 858-560-6204.

CLAIREMONT. \$1375. 4942 Jumano Avenue. 2 bedroom, 1 bath duplex. Private, fenced yard, 1- car garage,

SERVICES

On your way to Temecula?

STRESS RELIEF SPECIALS

**1-hour body
massage \$45**

**2-hour
combo \$55**

Includes 1-hour foot
reflexology and
1-hour body massage.
(Both include a free
30-minute Infrared Sauna.)

**1-hour foot
reflexology
\$20**

Includes neck and
shoulder massage.

ALLO SPA

in Temecula
41715 Enterprise Circle N. #107
Located off I-15,
exit Winchester Rd.
951-506-0998
Lic. #029454

Villa Victoria. Hughes Management. 619-231-2385. www.HughesManagement.net.

DOWNTOWN. \$775 and up. Cozy studio. All utilities included. Laundry. Street parking. No pets. Close to Balboa Park. 1758 6th Avenue. Agent, 619-298-7724.

DOWNTOWN. \$1425. Newer 1 bedroom condo, Union Square. Granite/tile, washer/dryer. Balcony/courtyard view. Secured building/parking. Spa/gym. Storage. Near Petco/Gaslamp. Lease. 619-669-1470.

DOWNTOWN. \$625. 1 bedroom, 1 bath, hotel, walking distance to Petco Park and Horton Plaza, utilities and cable included. Fee. Free search at www.westsiderentals.com. 619-367-3333.

DOWNTOWN. \$1025. 1-bedroom, 1-bath apartment, dog OK with deposit, 682 square feet. Ask about lease terms. Fee. Free search at www.westsiderentals.com. 619-367-3333.

DOWNTOWN. \$1950. 2- bedroom, 2- bath condo, 2- car parking, central air, washer/ dryer, rooftop pool/Jacuzzi, fitness, sauna. Fee. Free search at www.westsiderentals.com. 619-367-3333.

DOWNTOWN. \$1710. 2- bedroom, 2- bath apartment, pet OK, 1- car parking, balcony, views, large closets, pool, fitness, barbecue. Fee. Free search at www.westsiderentals.com. 619-367-3333.

DOWNTOWN. \$1460. Loft, 1- bath apartment, pet OK, in-unit washer/dryer, balcony, patio, central air, parking available. Fee. Free search at www.westsiderentals.com. 619-367-3333.

DOWNTOWN. \$1800. 2 bedroom, 2 bath condo in Aqua Vista high rise. All amenities and valet parking. No pets. 425 West Beech Street #606. www.sdforrent.com. 619-640-7530.

DOWNTOWN. 777 Lofts. 1- and 2- bedroom condominium lofts. Gaslamp's hottest boutique property located in the heart of Downtown across from The Ivy and 1 block to 5th Avenue's Restaurant Row. \$1550-\$1995. **\$1000 off 1st month!** Small pet considered. TPPM, 619-544-0017 or stop by 777 6th Avenue at F Street.

DOWNTOWN. Premier building, Horizons. 2 bedroom, 2 bath, fireplace, balconies, 2 parking, 24- hour staff, gym, pool, walk to Gaslamp. \$2900. Agent, 619-435-6238 or 800-677-5124.

DOWNTOWN/ LITTLE ITALY. Columbia Lofts. Large 1 bedrooms, 1-1/2 baths, roof decks, track lighting. City and harbor views. Washer/dryers. \$1800. www.sdurbanliving.com, 619-255-0526.

DOWNTOWN/CORTEZ HILL. \$1050. Large 1 bedroom, 700 square feet, 3 closets, on-site laundry, secluded. Close to Gaslamp, Petco. 8- unit colonial brick. No pets. Deposit \$900. 947 Date Street. 619-670-7484, 619-917-3121.

DOWNTOWN/CORTEZ HILL. Studio. \$850, utilities included. Large, 600 square feet. Complete kitchen/bath. Fireplace, walk- through closet. Close to Gaslamp, Balboa Park, secluded. No pets. \$800 deposit. 935 Date Street. 619-670-7484, 619-917-3121.

DOWNTOWN/CORTEZ HILL. 1 bedroom, \$915. Studio, \$785. Limited access building. Charming, quiet, residential neighborhood. Utilities paid, on-site laundry, no pets. EOH. 619-299-8746.

DOWNTOWN/EAST VILLAGE. Move-in special only \$736 including utilities with 12- month lease, single occupancy (income qualify— ask for details). Furnished. Air conditioning. Full bath. Kitchenette. Internet. Balcony with bay/ ballpark views. Clubhouse. Business center. Gated community. Near bus/trolley. Island Village. 1245 Market Street. For details, 1-800-351-0613. www.sreader.com/news/rent2070.

Urban Mini Lofts

Downtown/Gaslamp, Historic Beaumanor, unique urban mini lofts, \$675-\$875. Several sizes, 12' ceilings, brick, hardwood floors, near Horton Plaza. Hardwood furniture available. Paid cable/electric/water. Most include sleeping decks. Refrigerator/microwave included. High-speed Internet available. On-site laundry, barbecue deck, outdoor

kitchen. Impeccable renovation. No pets. 927 6th Avenue. Michael, 619-232-1517. beaumanor927@yahoo.com. <http://www.sreader.com/news/rent2127>.

DOWNTOWN/GASLAMP. Las Flores Hotel. Small, quiet. \$125/week and up. Four-week minimum. Color TV with basic cable. Refrigerator in most rooms. Secure. 619-235-6820.

DOWNTOWN/GASLAMP. Move-in Specials. Live/Work Lofts in the heart of The Gaslamp! Roof decks with barbecue. Laundry on every floor. Parking available. Seven locations Downtown. Select pets OK. Visit loft leasing office: 315 Fourth Avenue. 619-231-1505 x12. www.trilogymanagement.com. Also visit www.sreader.com/news/rent2064.

DOWNTOWN/GOLDEN HILL. Studios and 1 bedrooms, \$795-\$875, utilities included. Hardwood floors, decorator colors, laundry on site. Cat considered with deposit. On bus line. 619-231-8723.

DOWNTOWN/GOLDEN HILL. Large studio, wood floors, French doors, large closet, new kitchen. Very nice! Gated, good neighborhood. Close to Downtown and bus. \$795. 942 23rd Street. 619-994-0449.

DOWNTOWN/LITTLE ITALY. 1 bedroom, \$1995. 750 square feet. Two large closets. 9' ceilings. Secure, quiet building with laundry. Convenient location. Available May 1. 619-233-7428.

DOWNTOWN/LITTLE ITALY. From \$800/month. Private bath, cable TV, microwave, refrigerator. Utilities included. Secure, quiet, charming. Efficiency apartments with laundry. Near trolley/bus lines, blocks from harbor. On-site manager. Villa Caterina, 1654 Columbia Street. 619-232-3400.

EAST SAN DIEGO. \$695. Furnished studio alcove apartment. Complete living room, bedroom and kitchen furniture. No SDG&E deposit or hookup fee required. Near 52nd and University. 5101 Towle Court. Close to SDSU. Laundry room. Off- street parking. Low \$300 deposit. 619-281-9451.

EAST VILLAGE \$2200. 1160 square feet, 1-1/2 bath studio loft with private entrance. Hardwood floors, granite countertops. Air conditioner, washer/ dryer. Available now. 760-807-8971.

EAST VILLAGE. City View Apartments. Fabulous downtown location just blocks from Gaslamp District. 1 and 2 bedroom apartments, great amenities! \$1100-\$1500. Pets OK. 619-234-0134.

EL CAJON \$1450. Condo-style living. Spacious 3- bedroom, 2.5- bath townhome. Laundry hookups, central heat/air, quiet, gated, private patio. Lush garden, 8 unit complex away from busy streets. No pets. 858-353112.

EL CAJON. 1/2 off 2nd month OAC! 1 bedroom, \$700. Appliances, on-site laundry, air, pool, off-street parking. Lushly landscaped. No pets. 294 Valentine. 619-334-7934, 619-994-7392.

EL CAJON. 2 bedroom, 2 bath condo, \$1150. Wall air conditioning/heat, microwave, dishwasher, breakfast bar,

community pool/spa, parking, gated complex. Small pets OK. 732 E. Lexington #7. People Helping Others Property Management, 619-282-5400. peoplehelpingothers.com.

EL CAJON. Cajon Villa. \$785. Deposit \$500. 1 bedroom, 1 bath. Pool. Parking. Air conditioning. Laundry room. No pets. Available now. 933 Peach Avenue. 619-447-9193.

EL CAJON. 2 bedroom, 1 bath condo, \$1200. Stainless appliances, microwave, granite counters, wall air conditioning and heat, dishwasher, carpet and tile floors, ceiling fans, patio with storage, washer/ dryer, community pool. 1423 Graves Avenue #265. People Helping Others Property Management, 619-282-5400. peoplehelpingothers.com.

EL CAJON. \$785-\$825. 1 bedroom apartments. New carpet, paint. Assigned parking. Laundry. No pets. Available now. 452 Emerald Avenue. More Property Management, 858-514-8201.

EL CAJON. \$725. 1 bedroom. Beautiful landscape with gated entry. No pets. 1018 E. Lexington Avenue. TPPM, 619-838-8088. www.eastwindsapts.com.

EL CAJON. 1 bedrooms starting at \$725 and 2 bedrooms, 2 baths starting at \$845. El Cajon's best maintained property with beautiful courtyard and sparkling pool. No pets. **1 month free rent. \$995 moves you in!** 1072 East Madison Avenue. TPPM, 619-444-1614. www.fourwindsapts.info.

EL CAJON. \$200 off first month! \$1100. 2 bedroom, 1-1/2 bath townhome. \$400 deposit. Freshly painted. New appliances, carpet. Patio. Small gated community. Laundry facilities. Pool. No pets. Available now. 1397 East Washington. 619-593-6600. www.strafordarmsapts.com.

EL CAJON. \$1150. Extra large 2 bedroom, 1-1/2 bath townhome. Gated, wood and marble floors, all appliances, air conditioning, fenced patio, washer/ dryer hookups. 789 N. Mollison #6. 619-384-9219.

EL CAJON. \$500 off 1st month! Beautiful 2 bedroom, 2 baths, \$1195. Fully renovated, granite, stainless steel appliances, air conditioning, washer/ dryer, ceiling fans, covered parking. Cat OK. 1028 Leslie Road. 619-384-9219.

EL CAJON. Very clean 2 bedrooms starting at \$895. Private patios. Close access to freeway and minutes to shopping, on-site parking and laundry. **1 month free rent!** 432 Dominguez Way. TPPM, 619-405-4500.

EL CAJON. \$875. 1423 Peach Avenue between Grape and Second Street. Large 2 bedroom, 1 bath, carpet, upstairs, gas stove, dishwasher, laundry room, one assigned parking. No pets. Section 8 OK. Phillips Realty, 619-291-6886.

ENCINITAS. Large 2 bedroom, 2 bath and 2 bedroom, 2 bath plus den from \$1425. Condo quality. 2 pools, 2 spas. Laundry rooms. Washer/dryer hookups. Patios, balconies. Covered parking. Large closets, extra storage areas. Dishwasher. Cable TV- ready. Vaulted ceilings in select units. Cat OK; call for

specifics. Mission Ridge Apartments, 1320 Via Terrassa, Encinitas 92024. 760-944-1800. www.sandiegoreader.com/rent1005.

ENCINITAS. Spacious 1 bedroom beach cottages in small park 2 blocks from beach. Granite/tile throughout all new. Starting at \$1095. No pets. 760-753-4101.

ENCINITAS. \$850 and up. Sick of roommates? Cozy beach trailers in quiet park. Near beach, Coaster, restaurants, shops. 152 North Coast Highway 101. 760-753-4101.

ENCINITAS. \$1175. 1 bedroom. \$1350, 2 bedroom, 2 bath. Small complex. Patios. Assigned parking, laundry. New paint. Bright, airy. Garden setting. 1-1/2 blocks to beach. Close to shopping, freeway, Coaster. No pets/smoking. 760-929-1950.

ENCINITAS. \$1800. Large 3 bedroom, 2- 1/2 bath. Entry courtyard, small backyard/ patio, 1- car garage, laundry. Pets OK at additional rent. Available April. Mark, 760-445-1457.

ESCONDIDO, NORTH. \$1450. 2 bedroom, 1-1/2 bath townhouse, 1- car garage, private patio, washer/dryer in unit. Well maintained. Available now. No pets. 760-802-3115.

ESCONDIDO. \$950-\$1550. Tired of apartment living? 1, 2 and 3 bedroom manufactured homes offer spectacular hilltop views. Full- sized washer/dryer, some small yards. Peaceful community. Sorry, no pets. 1924 Sheridan Avenue. 760-745-1677.

ESCONDIDO. \$750/month. Beautiful private cottage, studio with kitchen and bath, includes utilities, laundry and cable. Hardwood floors. Garden home. South East Escondido. 760-739-1200.

ESCONDIDO. \$825. Huge 1 bedroom with balcony/patio and quiet, open space between units. Gated entrance, air conditioning, fireplace. Pool, spa. Small pet OK. Se habla Espanol. **\$500 off 1st month! 720 East Mission. TPPM, 760-815-6210.**



FASHION HILLS. \$1850. Condo. Large 3- bedroom, 2- bath, 2- story condo featuring loft, fireplace, private spa. Includes all appliances, washer/dryer, air conditioner, 2- car garage. Pool/tennis courts. 6926 Camino Revuelitos. 619-698-6911. www.goldenmanagement.com.

FASHION VALLEY. \$1675. 2 bedroom, 2 bath plus loft townhome. 2- car garage.

Wood floors, designer paint colors. Community pool/spa. Available. 7263 Camino De Grazia. Alta Vista Properties, 858-274-3600. www.altavistaproperties.net.

FASHION VALLEY. \$1475. 2 bedroom, 1 bath condo. Friars Village Townhome. Garage, storage, private patio, huge balcony room, laundry hookups, community pool. No pets. 6277 Caminito Luisto. 858-483-3534. www.cal-prop.com.

FASHION VALLEY. \$1400. Spacious 2 bedroom, 2 bath condo. Central air, free cable, laundry, balcony overlooking golf course, pool, spa, gym, tennis. Near USD. 619-421-3618.

FASHION VALLEY. The Courtyards. \$1295. 850 square feet, 1 bedroom, underground parking, resort-like: pool/ spa/sauna/tennis. Lease. No pets/ smoking. ETS Realty, rosie2801@aol.com, 858-560-5564.

FASHION VALLEY. \$1400. 2 bedroom, 1- 1/2 bath apartment with views to Mission Bay and Mission Valley, lower unit, next to USD. Cat OK. 5946 Lauretta Street #1. www.centrecty.net. 619-296-6699.

FASHION VALLEY. \$1150 rent, \$800 deposit OAC. Large 2 bedroom, 2 bath. Parking, laundry, elevator. Near USD. No pets, at 1330 Eureka Street #1 or #7. Agent, 619-298-5820.

FASHION VALLEY/ WEST. \$1500. 3- bedroom, 2- bath upstairs unit with balcony! New carpet! Washer/dryer hookups! Across from USD. 5845 Lauretta Street #3. 619-222-4836 x14 or www.sunsetpacificrealty.com.

FASHION VALLEY/USD. \$1575. 3- bedroom, 2- bath condo; upstairs. Large, panoramic view from balcony. Fireplace, stove, refrigerator, dishwasher. Coin laundry. Available 3/25/09. 5720 Lauretta. 858-270-2071. Del Sol Property Management, Broker. www.delsolpm.com.

GASLAMP/DOWNTOWN. 1 bedroom. Carpet, tile, appliances, washer/dryer, cable- ready. Amenities, garage. Near all. Month- to- month. \$1200/month. \$800/ deposit. Available 4/1. 619-250-5813.

GOLDEN HILL. Charming 1 bedroom, 1 bath, \$775. Hardwood floors. Great neighborhood, on-site laundry. No pets. Available now! 2427 E Street. 619-857-3706.

GOLDEN HILL. Beautiful upper- level duplex, 3 bedroom, 2 bath, 1- car garage. \$1750. Move- in special. Cat OK. 2550 A Street. 619-980-6076.

GOLDEN HILL. \$850: 1- bedroom, 1- bath apartment. New ceramic tile, paint, carpet, elevator, parking. 1010 33rd Street. 760-724-0558.

GOLDEN HILL. \$1695. 2 bedroom, 2 bath condo. Highly upgraded! Washer/dryer in

unit! Cat OK! 1233 22nd Street #17. Call 858-583-0182. www.cal-prop.com.

GOLDEN HILL. \$895. Studio. Historic building, laundry. Parking. Available now. 2470 B Street #E. www.amgsd.com. 619-295-1165.

GOLDEN HILL/BALBOA PARK. One month free with 12-month lease! Gorgeous 1 bedroom condo facing Balboa Park Golf Course, \$1195. Balcony, cathedral ceilings, fireplace, washer/dryer in unit, secure parking. Must see! Harvey, 619-233-1301.

GOLDEN HILL/DOWNTOWN. \$1035. 1 bedroom, 1 bath in charming Golden Hill Victorian. Hardwood floors, shared yard, on-site laundry. One parking space. Utilities included. Deposit \$900. Call Loren at 619-699-9379.

GOLDEN HILL \$1000. 2 bedroom, 1 bath apartment, Victorian home. Hardwood floors, very charming. Close to downtown, conveniently located. 1117 30th Street. Call 619-460-2997.

HILLCREST. Spacious 1 and 2 bedrooms! Berber carpet, fireplace, spa, gym, intercom and elevator. Sorry, no pets. Hillcrest Summit, 4134 4th Avenue. See photos at www.wexfordliving.com. 619-299-0047.

HILLCREST. \$200/week and up. Refrigerators, cable TV and HBO. Embassy Hotel, 3645 Park Boulevard, San Diego 92103. 619-296-3141.

HILLCREST. \$1195. 1 bedroom cottage. Hardwood floors, washer/dryer hookups, private yard. Near bus line to Downtown/Cat OK. Available now. 3306 Reynard Way. Agent, 619-298-7232. www.sbayproperties.com.

HILLCREST. Bright 2 bedroom, 1 bath. Completely remodeled. Washer/dryer. Parking. Small enclosed yard. 1 block from Balboa Park. Great area. Pets OK. 1518 Myrtle Avenue, \$1595. 619-549-4959, 619-325-1470. Leave message.

HILLCREST. \$1200. Extremely large 2 bedroom, 2 bath. Dishwasher, self-cleaning oven. Sheltered patio. Parking. Laundry. Near all. 1037 Essex Street. No pets. 619-692-0364, 619-461-9415.

HILLCREST. \$1350. 2 bedroom, 2 bath. \$500 move- in special! Gated community. Quiet, tranquil area. Underground free, secure parking. On- site laundry. Beautiful landscaping. Available now. 445 West University. Call Donna, 619-225-1260.

SERVICES

Michelle's Spa
\$20 off
1-hour massage

6610 El Cajon Boulevard • 619-265-0008

with this ad. major credit cards accepted.

expires 3/26/09. Lic. #2009000513

Escondido Spa

Oriental massage,
table shower &
shampoo, Jacuzzi

760-743-1421
255 North Ash #107
Escondido
7 days 9 am-9 pm
Lic. #162163

Won's Acupressure

\$10 off 1-hour massage!
With coupon.

MASSAGE & STRESS RELIEF
Jacuzzi • Body Shampoo

3817 32nd St.
(Across from CVS)
619-563-5777
Open daily 9-9
Lic. #2008015569

NORTH PARK

\$10 off
Bring ad.

Hot Baths/Body Scrubs
All Types of Massage

Oriental #1 Spa
3134 El Cajon Boulevard
619-563-7949

(1 block west of 805)
Free parking in back
Open 7 days 10 am-11 pm
License #16467

\$20 off
1-hour
Oriental
massage

Includes your choice
of hot tub, Jacuzzi
or table shower.

Royal Spa
6124 University Ave.
(At College, park in rear)
619.229.0509
Lic. #2007026557

A-1 Health Acupressure

\$10 off with coupon

940 E. Valley Parkway, Suite H
Escondido

Open Daily
9 am-9 pm

760-745-2018
Lic. #164251



HILLCREST. \$1195. 1 bedroom, 1 bath units. Close to the Zoo. Wood floors. Formal dining room. Detached, small garage. On the park. Cat OK with additional \$300 deposit. Available now. 1632 Upas Street. 858-270-2071. Del Sol Property Management, Broker. www.delsolpm.com.

HILLCREST. 2 bedroom, 2 bath townhome, \$2150. Half off first month's rent! Garage, 3 levels plus rooftop deck, view, 1103 square feet, marble counters, stainless steel appliances. 4374 Cleveland Avenue. People Helping Others Property Management, 619-282-5400. www.peoplehelpingothers.com.

HILLCREST. 2 bedroom, 1 bath upstairs apartment, \$1225. Water/sewer/trash included. Parking, laundry room. Near Balboa Park. 3657-1/2 7th Avenue. People Helping Others Property Management, 619-282-5400. peoplehelpingothers.com.

HILLCREST. \$915. 1 bedroom. Small Spanish-style duplex. Stove, refrigerator, cat OK with additional \$300 deposit. Great location. Available 3/25. 3751 Fourth. Del Sol Property Management, Broker. www.delsolpm.com. 858-270-2071.

HILLCREST. Hillcrest Palms. Senior complex, 55+. \$900. 1 bedroom apartments. Gated community. Convenient location. Near hospitals, restaurants, shopping. No pets. 4042 Albatross Street. 619-574-0784.

HILLCREST. Move-in special. Studio, \$775. Murphy bed, includes utilities. 1 bedroom, \$1100; 2 bedroom, \$1200. Garage available, new windows, lush courtyard, laundry. No pets. 3914 Centre Street. 619-501-8447, 619-787-1519.

HILLCREST. \$1195. Bright 2 bedroom, 2 bath, ground floor end unit. Berber, dishwasher, parking, near zoo. Cat OK with deposit. Available 4/1. 3672 Georgia. 619-542-0708.

HILLCREST. Move-in special! \$1325 2 bedroom 2 bath. \$1695 3 bedroom 2 bath. Balcony, fireplace, views. Pool. Laundry. Parking. Pet-friendly. 4053 8th. 619-297-0269.

HILLCREST. Rent \$980. 1 bedroom, 1 bath. Gated. Parking. Laundry on site. Air conditioning. Small pet, 15lbs. or less. Close to shops, freeways. 1/2 off deposit!! 1033 Robinson Street. Call Rachel, 858-490-1600 or 619-295-1210. kandrproperties.com.

HILLCREST. \$975. Studio, 1-bath apartment, hardwood floors, kitchen featuring stainless-steel appliances, granite countertops, new cabinetry. Fee. Free Search at www.westsiderentals.com. 619-367-3333.

HILLCREST. \$850. 1 bedroom, 1 bath adorable downstairs apartment. Patio. Parking. Landscaped courtyard. 3758 Front Street #5. Xilarent.com. 619-683-7638.

HILLCREST. \$850. Upgraded studio/1 bedroom. Small dog/cat with deposit. New energy efficient appliances. Laundry facilities, underground locked parking. 3829 Georgia Street. 619-563-5016.

HILLCREST. 1 bedroom, 1 bath, \$950 plus deposit. Upstairs, travertine countertops, parking space, on-site laundry, near all. Cat OK. 3827 Herbert Street. Available now. 619-997-4554.

HILLCREST. \$895 rent, \$800 deposit OAC. Large 1 bedroom. Balcony. Parking space with remote access. Hardwood floors. No pets. At 1930 Georgia Court #1. Agent, 619-501-5542.

HILLCREST. \$1275 rent, \$800 deposit OAC. Large 2 bedroom, 2 bath. Gated carport parking space, hardwood floors,

balcony, dishwasher, no pets. At 1930 Georgia Court #2. Agent, 619-501-5542.

HILLCREST. \$1050 rent, \$800 deposit OAC. Large 2 bedroom, 1-1/2 bath. Parking space, laundry, no pets. 3745 7th Avenue #2 or #7. Agent, 619-299-8515.

HILLCREST. \$965. Immaculate 1 bedroom in small complex centrally located within walking distance to all Hillcrest has to offer. No pets. 316 Pennsylvania by 3rd Avenue. TPPM, 619-296-8802, or Saturday, 858-699-3851.

HILLCREST. 1/2 off 1st! \$1250. Living 55+! Great view! Spacious 1 bedroom, 1 bath condo. New stove, refrigerator, granite, balcony, air conditioning, elevator, crown molding. Pet negotiable. 3912 Albatross #306. 619-299-7737.

HILLCREST. \$1100. 2 bedroom, 1-1/2 bath. Immaculate apartment with off-street parking. Near Henry's Marketplace. No pets. 4225 Georgia Street. TPPM 619-299-1004.

HILLCREST. \$825. Extra large studio, private entrance, gated, wood floors, full kitchen, spacious closet, laundry. Cat OK. Near all! 421 Juniper Street. 619-300-9487.

HILLCREST. \$850. 3820 Georgia Street between Robinson and University Avenue. Large 1 bedroom, 1 bath, new carpet, new blinds, 3 closets, large kitchen, upstairs, laundry room, one assigned parking. No pets. Another apartment available downstairs. **Open House Saturday, March 21, and Sunday, March 22, 11am-3pm.** Phillips Realty, 619-291-6686.

HILLCREST. Apartment, \$1375: 2 bedroom, 2 bath and \$825 studio. Pool, canyon view. Close to all. Recreation room, laundry, parking. Cat OK. 4201 Sixth Avenue. Sleepy Hollow Apartments. Cori, 619-298-1059.

HILLCREST. \$1150. 1813 University Avenue behind The Crypt. 2 bedroom, 1 bath lovely cottage, living room, large kitchen, breakfast nook. Laundry room shared with tenants. No pets. Street parking. Available 4/1. **Open house Saturday, March 21, and Sunday, March 22, 11am-3pm.** Phillips Realty, 619-291-6686.

HILLCREST. Now renting Studios \$675 - \$750. Quiet garden setting but close to restaurants and shopping. Laundry. Plenty parking. No pets. 619-542-1600, CODE 237.

IMPERIAL BEACH. 3 bedroom, 2.5 bath townhome, hookups, two patios/balconies, storage. Two underground parking spaces. Cats OK. Laundry. Available. \$1550, \$995 deposit. 619-424-5886; 801-205-1411.

IMPERIAL BEACH. Large 2 bedroom apartment, \$1100. \$800 deposit. Laundry, gated, courtyard. \$200 off 1st month's rent. Near beach and Coronado. 750 11th Street, 91932. 619-423-4610 or 619-410-3478.

KENSINGTON. \$975. 1 bedroom; charming, upstairs; stove, refrigerator; coin laundry. Quiet 7-unit building on tree-lined street in the Heart of Kensington. Cat OK with additional \$300 deposit. Available 4/20/09. 4186 Madison Avenue. Del Sol Property Management, Broker. 858-270-2071. www.delsolpm.com.

KENSINGTON/CITY HEIGHTS. \$1050. Beautiful 1 bedroom with loft, 1 bath. Washer/dryer, dishwasher, gated parking. Available March. 4358 43rd Street. 858-571-0243.

KENSINGTON/TALMADGE. \$1175. Spacious 2 bedroom, 2 bath apartment. Condo quality building. Washer/dryer included. Fireplace. Carport. No pets. 4444 Highland Avenue. Agent, 619-469-7790. www.westmanproperties.com.

KENSINGTON/TALMADGE. \$1175. 2-bedroom, 1.5-bath townhouse. Sparkling wood floors, fireplace, patio, laundry, 2 parking. 4375 44th. 2 minutes to I-8. No pets. 619-286-3400.

LA COSTA. \$1895. Large and beautiful 2 bedroom, 2-1/2 bath tri-level, 1500 square feet condo. 3 balconies. Washer/dryer. 2-car garage. Available now. 760-500-4901.

LA COSTA/CARLSBAD. First month free with 12-month lease. \$1350. 3-bedroom, 2-bath apartment. \$700 deposit. Quiet. Vaulted ceiling. Assigned covered parking. Cat OK. 7552 Gibraltar Street. Hot tub. On-site laundry. **Best value in La Costa.** 760-943-7590. 760-402-8325.

LA COSTA/CARLSBAD. 2 and 3 bedrooms starting at \$1395 in regal development above La Costa Golf Course. Full-size washer/dryer, air conditioning, fireplace, pool/spa/sauna. Alicante Views. **Move in special!** 2391 Caringa Way. TPPM, 760-431-7575. www.alicanteviews.com.

LA JOLLA. \$2200. Nice, quiet 2 bedroom, 2 bath with den. 3-story townhome in La Jolla Shores. 2-car garage. Washer, dryer. Pool, tennis court. Close to beaches, restaurants, shops. 7982 Caminito del Cid. No pets. Available 4/1/09. Alta Vista Properties, 858-274-3600. www.altavistaproperties.net.

LA JOLLA VILLAGE. Small efficiency apartment. Steps to beach and Village. \$1200. Mike Stalsby, 858-456-0407.

LA JOLLA. 2 bedroom, 2 bath condo. All granite countertops. All stainless-steel appliances. No pets. \$1850. Call Harold, 619-820-0003.

LA JOLLA. \$2000. 2 bedroom, 2 bath. Spacious with 2 private patios. Fireplace 1 block to Windansea. Laundry, 2 parking. Available 4/1. 325 Rosemont. Alta Vista Properties, 858-274-3600. www.altavistaproperties.net.

LA JOLLA. \$500 off first month! \$1495. 2 bedroom. Balcony. Laundry. Close to UCSD, shops. 8849 Villa La Jolla Drive. 858-457-4509.

LA JOLLA. \$1995. 3-bedroom, 2.5-bath townhome. 1550 square feet, 2-car garage, fireplace, backyard, Jacuzzi, pool. Dog. Open Sunday, 1pm-3pm, 8254 Caminito Modena. 619-582-4904.

LA JOLLA. \$2300. Upgraded 2 bedroom, 2.5 bath with office. 3-story townhome with 2-car garage. Appliances include washer, dryer and dishwasher. Complex pool. 3230 Caminito Eastbluff. Alta Vista Properties, 858-274-3600. www.altavistaproperties.net.

LA JOLLA. Position yourself for summer at reduced rates. 1/2 block to beach. Laundry, pool, and dancing palms. 1 bedrooms, \$1198/up. 365 Bonair Street. 858-536-1900.

LA JOLLA. \$2895. 3 bedroom, 2-1/2 bath 2 story townhome. 2-car garage. Air conditioning, fireplace. Vaulted ceiling, hardwood floors. Bonus room. Community pool, fitness center. Pet OK. 8597 Via Mallorca Available. Alta Vista Properties, 858-274-3600. www.altavistaproperties.net.

LA JOLLA. 2-bedroom, 1.5-bath executive apartment. 1300 square feet. Heart of La Jolla Village. Air conditioning. Washer/dryer. Basic utilities included. Parking space. Rent \$1950. Lease, 1 year. 7620A Girard, Mike, 858-490-1600.

LA JOLLA. Steps to WindanSea Beach. Small, peaceful garden complex. 1 bedroom, \$1350. Coin laundry. No pets. **Open Saturday, 11:30am-12:30pm.** 346 Rosemont Street. TPPM, 858-699-3851.

LA JOLLA. Upgraded 1 bedroom. Steps to WindanSea Beach. Great location. Cute complex. \$1465/month. 1-year lease. No pets. **Open Saturday, 11:30am-12:30pm.** 324-1/2 Rosemont Street. TPPM, 858-699-3851.

LA JOLLA. \$2250. Great location, 1 block from ocean! Extra large 3 bedroom, 2 bath duplex. New paint, flooring and window coverings. Pet negotiable. 646 Nautilus Street. 619-804-3325.

LA JOLLA. \$1065. 1 bedroom. Great WindanSea location. 2 blocks to beach.

Coin laundry. **Open Saturday 10am-12pm.** 6613 La Jolla Boulevard. TPPM, 858-699-3851.

LA JOLLA. \$1025. Lovely studio, 1-1/2 blocks from ocean, large living/bedroom combo, full kitchen and bath, small dining room. 396 Kolmar Street, #5. www.centrecity.net. 619-296-6699.

LA JOLLA. \$1525. 2 bedroom, 1 bath. Upstairs. Near Windansea. Private balcony. Remodeled. Stove, refrigerator. Dishwasher. Microwave. Coin laundry. Parking. No pets. Available now. 6231 La Jolla Boulevard. 858-270-2071. Del Sol Property Management, Broker. www.delsolpm.com.

LA JOLLA/BIRD ROCK. \$1195. 1 bedroom. Small, charming upstairs. Stove, refrigerator. Coin laundry. Nice shared courtyard. Great location. Cat OK with additional \$300 deposit. Available now. 415 Colima. 858-270-2071. Del Sol Property Management, Broker, www.delsolpm.com.

LA JOLLA/UTC. \$1515. 2-bedroom, 2-bath apartment, pet OK, flexible lease, 2-car parking, pool, on-site laundry. Fee. Free search at www.westsiderentals.com. 619-367-3333.

LA JOLLA/UTC. \$1200. 1-bedroom duplex, hardwood/carpet floors, 1-car parking, refrigerator, stove, microwave, paid water. Fee. Free search at www.westsiderentals.com. 619-367-3333.

LA JOLLA/WINDANSEA BEACH. Pristine 2 bedroom, 1 bath in great courtyard property one block to beach. \$1695. **Open Saturday 10am-11am.** 328 Palomar Avenue. TPPM 858-699-3851.

LA MESA. \$950-\$1150. 1 and 2 bedrooms. New carpet, new appliances, freshly painted. Laundry facility. Garage available. Pets OK. Section 8 OK. Available now. Tony, 619-847-1984. e-mail: av_lopez@cox.net.

LA MESA. 1 bedroom, 1 bath, \$795 with \$350 off special. 2 bedroom, 1 bath, \$1125 with \$500 off special! 7130 Waite Drive. For viewing instructions, call manager (#12) at 619-315-7132.

LA MESA. 2 bedroom, 1.5 bath townhome on private road, tile floors, fenced yard. Pets considered. Garage. Move-in special. \$1400. 3810 American Avenue. 619-980-6076.

AUTOMOTIVE

Ray Frey Auto Center, Inc.

Complete Auto Service & Detailing

Scheduled Maintenance • Brakes • Tune-up • A/C

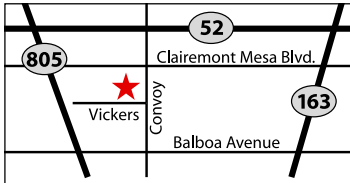
Smog Check
\$19⁹⁵*

Plus certificate and transfer fee.
'95 and older \$10 additional.
*Monday-Friday only.

State-of-the-art equipment

Serving the Kearny Mesa area for 30+ years
with honesty and integrity.

10% senior and military discounts
Discount applicable only to non-advertised repairs.



Free hand car wash with any automotive service

7696 Vickers Street
858-278-7077

“Check Engine” Light On? Computer Diagnostic

Most vehicles and light trucks. Includes:

- “Service Engine Soon” light
- “Check Engine” light
- Hesitation • Hard starting
- Runs rough
- Poor gas mileage
- Dead battery
- Carburetor or fuel injection problems

\$39⁹⁵

Starting at
30K/60K/90K \$149⁹⁵
Service Special

WE REPLACE: • Oil (5w30 synthetic blend, up to 5 qts.) • Oil filter • Spark plugs (premium plugs extra) • 1 gallon coolant (premium coolant additional)

WE INSPECT: • Secondary Ignition System • Drive Belts • Suspension Steering Linkage • Struts & Shocks • Coolant Hoses • Exhaust System • Lights • Brakes • For Fluid Leaks • A/C System

PLUS WE: • Rotate Tires (4) • Adjust Air Pressure • Check & Adjust Timing (where applicable) • Pressure-test Cooling System • Test Battery & Charging System • Lube Chassis • Top Off Fluids

Professional Detailing
Starting at **\$79⁹⁵**

LA MESA. \$950. Charming, classic 1 bedroom 1940s cottage-style apartment. Located in the Village of La Mesa. Hardwood floors, new baseboards, new paint in designer colors, all new door hardware and updated light fixtures including ceiling fan in bedroom. Gas range with refrigerator. Property has on-site laundry and is close to many shops and restaurants. Will consider small dogs under 15 pounds. Available April 1, 2009. \$400 security deposit. Credit check required. Move-in special \$400 off first month's rent with a year lease. 8441 La Mesa Boulevard. Please call between 9am and 7pm. **Contact Scott at 619-846-6615, e-mail scott@hendershawandassociates.com.**

LA MESA. 1 bedroom, \$755. Well-maintained property with meandering courtyard. Quiet and private. 4444 Parks Avenue. TPPM, 619-463-3882. www.villaparks.com.

LA MESA. \$1250. Large 2 bedroom, 2 bath condo near Lake Murray. Lower, corner unit. Air, parking. Beautiful complex, pools, tennis courts, on-site laundry. 619-393-1979.

LA MESA. \$975. 1 bedroom, 1 bath loft, walk-in closet, vaulted ceilings, fireplace, 2 private patios. Garage included. \$200 off first month. OAC! Call 619-462-1550. www.sdaptbrokers.com.

LA MESA. \$300 off first. 2-bedroom townhomes, corner locations on cul-de-sac. Patio/backyard unit includes dishwasher. Parking, on-site laundry. No pets. \$995-\$1015, trash/water included. 619-954-5286.

LA MESA. \$1095, 1/2 off 1st! Spacious 2 bedroom, 1 bath. All appliances, new carpet, vinyl and paint. Air conditioning, laundry, parking. 7334 La Mesita Place #2. 619-466-6450.

LA MESA. 1 bedroom 1 bath apartment. Laundry on-site, parking. Available now. 4763 Jessie Avenue #16. www.stevenleproperties.com. 619-295-1161.

LA MESA/CASA DE ORO. 1 bedrooms, \$945-\$995. 2 bedroom, 2 bath, \$1145-\$1195. 3 bedroom, 2 bath, \$1395-\$1445. Air/heat. Huge patios/balconies. Gated access and parking. Small pets OK. Elegant, sculptured courtyards with flower gardens, fountains, gas lamps, park benches. Charming. New Orleans ambience. 3903 Conrad Drive. 866-894-6343. www.sdreader.com/news/rent/1017.

PET CENTRAL

TO PLACE AN AD IN THE READER call 619-235-8200, 8:30am to 5:00pm, Monday through Friday. Deadline: 5pm Tues-day.

ADORABLE AKC LAB PUPS! 5 male, 5 female, black/yellow, month old. Great with kids/family. Place deposit now. Ready mid- late April. \$600-\$800. 858-578-5826.

AKC BOSTON TERRIER PUPS. Beautiful markings. Males \$700. Females \$800. Ready to go on Easter Sunday with shots and papers. 619-390-0319.

AKC POODLE. Tiny. Toy. Male. Apricot. All shots. Very playful. 4 months. \$200. Also yorkie teacup 1 1/2 pounds, male, 1-1/2 years. \$2800 619-691-0198.

AQUARIUM SALE at Octopuss Garden. 20H aquarium \$20, 29 for \$29, 40R \$40. Even a 60E is just \$60. Other tank

specials also. Lots of healthy saltwater fish and beautiful corals. Protein skimmers. Lighting systems, pumps, decorations and supplies at low prices at Octopuss Garden. Noon-9pm, 7 days. Call 858-576-7449.

AQUARIUMS AND PONDS! Freshwater/saltwater fish. Extensive reef animals. 9000 square feet. Low warehouse prices! Expertise not found in Southern California cookie-cutter stores! Aquatic Warehouse. 5466 Complex Street #204, San Diego. Behind Superior Courthouse, off Clairemont Mesa Boulevard. www.aquaticwarehouse.com. Daily, 10am-7pm. Saturday, 10am-6pm. Sunday, 11am-6pm. 858-467-9297.

BARK-IN-THE-PARK-3. Sunday, April 26, 2pm. Spreckels Organ Pavilion. Humane Society benefit concert by Dr. Carol Williams. Bring your dogs for pet parade.

BENGAL LEOPARD babies. The mild side of wild. Spectrally beautiful. TIKa registered. Canaries also, as well as Jacob sheep babies. North County, 760-724-9316.

BUNNY DWARF rabbits, 8 weeks old. \$39.99 each. Hand-raised, do not bite. Free 2 bags of food. Cages, \$20 each. 858-336-5547.

BUY/SELL/TRADE reptiles, amphibians, turtles, tortoises, snakes, lizards. Largest

reptile selection in Southern California. Voted #1 in San Diego. Pet Kingdom, 619-224-2841.

DACHSHUNDS Annual Vernal Equinox returns to Balboa Park. Sunday, April 26, 1pm-3pm. Meet by main fountain near Natural History Museum. Dog parade at organ concert.

GOLDENDOODLE F1B PUPPIES. Big, bright and beautiful. Home raised. Meet the parents. Health guarantee. www.sensationalcompanions.com. 760-717-5761

HORSE/LEASE. Quarter horse, mare. 15.5 hands. Boarded at stable in Lakeside. Rides Western. Intermediate rider. Bomb-proof. Lots of trails. 619-785-7395.

KITTENS/CATS. 10 weeks +. Cute, friendly, virus tested, neutered, vaccinated, dewormed, defleaed. Tuesday/Thursday/Friday, 6pm-8pm, Saturday/Sunday, noon-4pm. PetSmart La Jolla. 8657 Villa La Jolla Drive. www.sdcats.org.

LA MESA/FLETCHER PARKWAY. Super spacious 1 and 2 bedrooms available starting at \$945. **Open house Saturday, 9am-4pm.** Award-winning community for beautiful landscaping. Pool and spa. Great location. No pets. **\$1200 moves you in!** 5500 Morro Way. TPPM, 619-466-8444 or 619-884-7900. www.villageaptslamesa.com.

LAKESIDE. \$950. Refurbished 1 bedroom with garage with storage. New appliances/floors/paint. Pets considered. Nonsmoking. 12710 Lakeshore Drive #M. Available now. 619-280-6232.

LAKESIDE. \$795. 1 bedroom, 1 bath spacious. Laundry. Parking. Available 4/07/09. On-site manager, 619-561-4155. 12718 Mapleview Avenue #3. www.amgsd.com. 619-295-1165.

LAKESIDE. 1 bedroom, \$685. Close to shopping, easy freeway access. Off-street parking. On-site laundry. 12560 Laurel Street. northcuttproperties.com. Agent, 858-505-1300.

LEMON GROVE Sundance Trailer Park. Trailer space rental, \$450 monthly. Trailer with space, \$650 monthly. Upgraded shower facilities available. New coin laundry onsite. Peaceful. Front secured electric gate. Near trolley/freeway. Lease. Deposit. No dogs; cats considered. Manager, 619-463-0902.

LEMON GROVE. \$1200. Large, private 2-bedroom, 1- bath duplex; wood floors, yard, well-cared-for property. Quiet pet OK. Available now. 619-318-5277.

LEMON GROVE. \$1395. 3 bedroom, 2 bath. Washer/dryer, parking on site. Clean, quiet, secure. New paint, carpet, air conditioning, dishwasher. If you can find one better, rent it! 3262 Buena Vista. Call Rachael: 619-804-1044; or Jeff: 619-713-1044.

LEUCADIA. Panoramic ocean-view 1-bedroom duplex available 4/1. Fireplace, vaulted ceilings, parking, pool, Jacuzzi, BBQ, fenced yard, shared laundry/utilities. \$1600. Warren, 619-993-7245.

LEUCADIA. Move- in special, \$1550. 2 bedroom duplex. Fenced yard. Parking. New carpet/paint. Laundry. Pets OK. 243 East Glaucus #E. More Property Management, 858-514-8201.

LINDA VISTA 2 bedrooms, 1 bath townhouse, \$1075 and \$1175. Deposit \$900. Assigned parking, hardwood floors. No pets, please. Office at 7025 Eastman Street. Call 619-249-9585.

LINDA VISTA. 2 bedroom, 1-1/2 bath townhouse \$1395. One month free! Just remodeled— all new from windows to appliances. Washer/dryer hookups, dishwasher, tankless water heater, fully carpeted, private backyard, 2 parking spaces, in the heart of San Diego, close to Fashion Valley and USD. No pets, please. Come and check us out! Office at 7025 Eastman Street. 619-249-9585.

LINDA VISTA. 2 bedroom, 1 bath, \$945. 2- story apartment. Parking and laundry. Move- in special! 6512 Kelly Street. Call Agent, 619-820-2584.

LITTLE ITALY. \$1050. 1- bedroom, 1-bath small house with laundry on site. Small pet on approval. 2849 India Street. 619-640-7530. www.sdforrent.com.

MIRA MESA. 2 bedroom, 2 bath, upstairs unit, great park view, on-site laundry, washer/dryer hookups, walk to shopping, pool, library, school. \$1450. 858-485-1522; 858-531-5334.

MIRA MESA. 1 bedroom, 1 bath condo, downstairs. Private patio, all appliances, washer/dryer. Covered parking. Quiet area. Community pool, Jacuzzi. \$1085. No pets. 858-945-4374.

MIRA MESA. \$1000. Large, remodeled 1 bedroom, 2nd story condo. Balcony, appliances, pool, spa, laundry. Downtown close. No pets. 9522 Carroll Canyon Road #220. 858-232-0038.

MIRA MESA. \$1040, \$250 off first month. 1 bedroom condo, 630 square feet. Clean, freshly painted, covered parking. No pets. Laundry hookups. Pool, tennis. 858-922-3201.

MIRA MESA. Condo. Move- in special: \$1500 to move in! 2 bedroom, 2 bath, fireplace, washer/dryer, carport, pool. 10828 Aderman Avenue, #135. www.centrecity.net. 619-296-6699.

MIRA MESA/SORRENTO VALLEY. \$1375. 2 bedroom, 2 bath. Washer/dryer, refrigerator, covered parking. Nice neighborhood. Available 4/1. Deposit required. Cat OK. 1 year lease. 619-244-4212.

MISSION BAY. \$1995. 2 bedroom, 1 bath. Ocean front living, large upstairs unit, newer carpet and tile flooring. Ocean views, parking and on-site laundry. No pets. 3231 Ocean Front Walk. 858-483-3534. www.cal-prop.com.

MISSION BAY/BAY PARK. Pristine 1 and 2 bedrooms at \$925 and \$1125. Bay Park's best maintained property with beautiful courtyard and sparkling pool. Perfect location with easy freeway access. No pets. 2520 Chicago Street. TPPM, 619-405-7200. www.debonairapts.com.

MISSION BEACH, SOUTH. \$875. Large studio. No pets. Nonsmoking. Parking. Appliances. New paint/carpet. Clean. Prefer 6- month lease. 719-1/2 San Fernando Place. 619-275-3455.

MISSION BEACH. \$1100-\$1400. 1- bedroom, 1- bath apartments. 125 feet to beach. On-site laundry. Available now. 3414 Mission Boulevard #2, #7, #8. 619-962-1887.

MISSION BEACH. Last unit available! Huge move- in concession. On boardwalk! Renovated large luxury 2 bedroom, 2 bath. Granite, stainless steel appliances. Travertine tile. Everything new! Private balconies, new pool, security building/parking. 3790 Riviera Drive. \$2750. 619-247-2114.

MISSION BEACH. \$2400. Large, beautiful 2 bedroom, 2 bath condo. Balconies, fireplace. Steps to beach, bay. Double garage. No pets. 2775 Mission Boulevard. 619-435-0387, 619-206-3089.

MISSION HILLS NORTH. Quiet 2-bedroom, 1- bath apartment, \$1175. Upstairs, 900 square feet. Garage. On-site laundry. Close to all. No pets. 619-298-6436.

MISSION HILLS, SOUTH \$1400. 2 bedroom, 1 bath. Remodeled kitchen, new flooring, small complex, cat OK. Off street parking, patio. 3636 Statet Street. 858-576-8292.

MISSION HILLS, SOUTH. 1 bedroom, 1 bath, \$1550. Fabulous views! Garage. Large deck. Private entrance. No pets. 3164 Horton Avenue. 619-291-8777; 619-929-7412.

MISSION HILLS. \$1200/up. 1 bedroom, 1 bath. 2 bedroom, 2 bath. Laundry. Parking. Pets OK. La Paloma Apartments. Open daily, 1-5pm. 3911 Dove. 619-297-1134.

MISSION HILLS. 1 bedroom, built-in 50" plasma TV, \$1300/month includes utilities/cable. New kitchen/bath. Dishwasher. Patios. View. On-site laundry. No smoking/pets. 619-200-4334.

MISSION HILLS. \$1650. Spacious 2 bedroom, 2 bath. Top floor, security building, fireplace, balcony, skylights, washer/dryer in unit, all appliances. Available 4/1. Anita, 619-246-8393.

MISSION HILLS. \$775/up. Cute studios (one with remodeled kitchen) and 1 bedrooms. Hardwood floors, Murphy beds, intercom entry. Some utilities included. No pets. 619-298-7724.

MISSION HILLS. \$1435. Large 2- bedroom, 2- bath upstairs unit. Upgrades throughout. Balcony, parking, laundry, no pets. 3737 Keating Street #11. 858-483-3534. www.cal-prop.com.

MISSION HILLS. \$935. 1 bedroom in beautiful, newer, controlled- access building near UCSD Medical Center. Gated parking. Laundry. No pets. **\$500 off 1st month!** 4022 Albatross. TPPM, 619-293-0373.

MISSION HILLS. 1 and 2 bedrooms from \$925. Free Nintendo Wii or \$500 off 1st month on 2 bedrooms! Patios, pool, laundry room, storage and more. Cat OK. 3505 Reynard Way. 619-683-9239. aspenpark.rasnyder.com.

First Month Free!

Mission Hills/Hillcrest. New, luxurious, very large 2- bedroom, 2- bath condos, \$2400. Designer kitchen, washer/dryer, HVAC, decks. Parking, security. Credit check. 3972 Albatross Street. Call Broker at 619-293-3118 x5.

MISSION VALLEY, EAST 2 bedroom, 2 bath apartment, \$1195 plus move- in special! Pool, parking, and laundry. 4550 Vandever Avenue. Manager, 619-282-8000.

MISSION VALLEY. 1 bedroom 1 bath. \$1050. Mission Plaza. Balcony. Beautiful garden. Parking, pool, gym, tennis, laundry facilities. Air conditioning. Convenient location, near restaurants. 858-212-8484.

MISSION VALLEY. \$1595. 2 bedroom, 2 bath condo. Wood laminate floors, fireplace, patio, convenient central location. washer/dryer. 2 secured parking. Please call Agent, 619-303-0821.

MISSION VALLEY. \$1950. 2 bedroom, 2-1/2 bath, 3- story townhome. River view! 2- car tandem garage. Washer, dryer. Gated. Pool, Jacuzzi. 970 Camino de la Reina. Available 4/1. Alta Vista Properties, 858-274-3600. www.altavistaproperties.net.

MISSION VALLEY. Winter Special! \$250 plus tax corporate weekly! Fully furnished studios/suites! Pool, spa. Full kitchen. On-site laundry. Complimentary continental breakfast. Off-street parking. Free high-speed Internet, cable- 80 channels, HBO. Near SDSU, Qualcomm, more! Days Inn & Suites, 5343 Adobe Falls Road. 1-800-492-9471, 619-287-1911. SanDiegoHotelsDaysInn.com. www.sdsreader.com/news/rent2139.

MISSION VALLEY. \$1500, 2 bedroom, 2 bath condo. Lower level, patio, hardwood floors, all upgrades, washer/dryer in unit,

carport, community pool, tennis, recreation room. 7930 Mission Center Road, #B. www.centrecity.net. 619-296-6699.

MISSION VALLEY. 1 bedroom, 1 bath condo, \$1100. Washer/dryer, air/heat, parking, fireplace, microwave, oven/stove, refrigerator, community exercise room. Small pet OK. 2206 River Run Drive #31. People Helping Others Property Management, 619-282-5400. peoplehelpingothers.com.

Pacific Beach 92109

Free brake inspection with any service!

Oil Change Special \$14⁹⁵

Most 4-cyl. cars. Includes new oil filter, EPA, up to 5 qts. oil.

6-cyl., 8-cyl. & some oil filters extra.

Smog Check \$19⁷⁵

+ \$8.25 certificate + \$2 ET.

Most cars. Bring DMV notice. Extra \$6 for vans, SUVs, trucks, V8, and European. Models (years) 1976-1995 \$10 extra for Evap test. RVs: call for details.

A/C Service \$20

Plus Freon. Call for details.

Basic Tune-Up with oil change

4-cyl. **\$35** 6-cyl. **\$39⁹⁵** 8-cyl. **\$49⁹⁵**

Most cars. Includes new plugs and oil filter. *Inspect* cap, rotor wire, air filter. Some oil filters extra. Some cars labor extra. Platinum plugs extra.

60K/90K/120K Services

4-cyl. from **\$149⁹⁵**

6-cyl. and 8-cyl. extra. Platinum plugs extra. Call for details.

"Check Engine" Light On? OBDII Diagnostic Car Fail Smog? Diagnostic Free with Repair

Some problems may require additional diagnostic procedures.

Chris's Auto Smog & Repair Center

2920 Damon Ave. #C & D

(Behind In-N-Out Burger)

858-270-1888

Must present coupon at time of service. Not to be combined with any other offer. Expires 4/1/09.

SAN DIEGO SMOG & AUTO REPAIR CENTER

4664 Park Blvd. (at Adams Avenue) • 619-543-4828

Hours: Mon.-Fri. 8 am-5:30 pm

Sat. 8 am-3:30 pm

www.sdsmogandrepair.com



We Repair & Certify Gross Polluters



AutoCare Center
We install Quality NAPA parts

2 Locations to Serve You

CLIFF BROWN AUTOMOTIVE

4491 Park Boulevard (Park & Monroe) • 619-297-4204

Serving

San Diego

Since 1947

Hours: Mon.-Sat. 8 am-5:30 pm

Sun. 9 am-2 pm

www.cliffbrownautomotive.com



CLUTCH SPECIAL

\$50 off quoted price

with coupon

Includes: throwout bearing, pilot bearing bushings, disk, clutch cover. Most vehicles. Limited time offer. Front-wheel drive extra.

LUBE • OIL FILTER

\$24⁹⁵

FROM

Up to 5 qts. oil. Most vehicles to 1995. Limited time offer.

CATALYTIC CONVERTER

\$30 off quoted price

with coupon

Mufflers \$20 off quoted price

All types of custom muffler work done. Most vehicles. With ad. Limited time offer.

C.V. BOOT

\$39⁹⁵

FROM

Includes: boot, parts, labor, grease. 1/2 price for the 2nd boot on same axle. Most vehicles. Limited time offer.

SMOG CHECK

\$16⁷⁵*

+ \$8.25 cert.

& \$2 V.I.D.

Most vehicles. Trucks, vans & European cars extra. Limited time offer. Must bring DMV renewal notice.

*All 1995 and older vehicles additional \$10 for EVAP test.

Test Only Smog Check \$39⁷⁵

+ \$8.25 cert. & \$2 V.I.D. San Diego Smog location only.

We Test, Repair & Certify Test Only & Gross Polluters.

ENGINE STEAM CLEAN \$49⁹⁵

Most vehicles. With ad. Limited time offer.

30,000-MILE SERVICE SPECIAL

Service includes:

- Maintenance tune-up
- Oil and filter change
- Lube chassis
- Radiator coolant change
- Air filter replacement
- Fuel injection cleaning
- Check brakes, suspension

\$179⁹⁵

FROM

4 cyl.

Most vehicles.

TIMING BELT SPECIAL

\$50 off quoted price

Recommended at 60K miles. Most vehicles. Limited time offer.

COOLING SYSTEM SPECIAL

\$39⁹⁵

ONLY

Includes: flush radiator and up to one gallon of coolant. Special coolant extra. Most vehicles. With ad. Limited time offer.

Car Repair You Can Trust Nationwide Warranty Lifetime Warranty

premium parts

6 Months Interest-Free Financing

15 Years Serving San Diego No High-Pressure Selling Family Owned and Operated

Brake Special

Safe-brake package includes:

- Front pads or rear shoes
- Clean and lube hardware
- Clean caliper guides
- Inspect drums and rotors
- Inspect hydraulic system
- Inspect wheel bearings

\$50 off

\$25 per axle

Maintenance Service Not Just An Oil Change

- Synthetic-blend 5W-30 oil
- New oil filter
- Check fluids
- Rain repellent windshield
- Test charging system
- 64-point safety inspection
- Vehicle condition report
- Tire rotation

\$29⁹⁵

Plus \$3 EPA. Most cars.

Services available: Factory Scheduled Service
15K/45K/75K & 30K/60K/90K,
Brakes, Struts, Shocks, Belts, Hoses,
Radiators, Water Pumps, CV Axles, Oil Leaks,
Head Gaskets, Clutches, Engine & Transmission
Replacement, and much much more!



FTS AUTO®

5165 Cass Street
Pacific Beach/La Jolla
858-488-0885

3727 Convoy Street
Clairemont/Kearny Mesa
858-279-7724

AUTOMOTIVE

Smog Special

Test only • 15 minutes

Fast • Easy • No Appointment Needed

\$26⁷⁵

plus \$8.25 certificate & \$2 transfer fee.

Trucks, vans & SUVs \$10 extra.

EVAP testing included.

We now do European cars for same low price.

or **\$31⁷⁵ with a Free Retest**

We Certify: Gross Polluters, Out of State, DMV Renewal, Change of Ownership

\$5 extra for vehicles from 1976-1995.

SMOG CLINIC

7535 Clairemont Mesa Blvd., Suite C

(Next to Kearny Mesa Bowl & Sears)

858-292-7903 Mon.-Fri. 8 am-6 pm • Sat. 8 am-3 pm

Visa • MasterCard • Coupon expires 4/2/09.

Must present coupon at time of service.



MISSION VALLEY. \$1300. 2 bedroom, 2 bath condo, air. Great location. Three pools, two Jacuzzis, security, tennis, plenty parking. No smoking/pets. Available 4/11. 619-708-8246.

MISSION VALLEY. \$1060. 1- bedroom, 1-bath apartment, parking included, fitness center, fireplace. Fee. Free search at www.westsiderentals.com. 619-367-3333.

MISSION VALLEY. \$1865. 2- bedroom, 2-bath apartment, cat OK, parking included, air, washer/dryer, community pools, spa, more. Fee. Free search at www.westsiderentals.com. 619-367-3333.

MISSION VALLEY. \$1850. 1/2 off 1st month! 2 bedroom, 2 bath, 1- car garage. Appliances. Pool, gym. No pets. Nonsmoking. 2250 Gill Village Way. Agent, 619-692-4121.

MISSION VALLEY. \$1175. 1 bedroom, 1 bath. New appliances, new rug. Immaculate. Parking in front, all amenities. Near all, 24-Hour Fitness, freeways. Nonsmoking. 619-303-4122.

MISSION VALLEY. \$1425. Large 2 bedroom, 2 bath condo. 2 balconies. No pets. Parking. New paint/carpet. Dishwasher, pool, jacuzzi, gym. 1615 Hotel Circle South, #D212. Juno, 619-275-3455.

MISSION VALLEY. Wonderful 2 bedroom, 2.5 bath, 2- car attached garage. Washer, dryer. Dishwasher, bonus room, balcony, fireplace. Great condition! \$1800/month. Call now! Agent, 619-471-2201.

MISSION VALLEY. \$1800. 3 bedroom, 3 bath condo. 1- car garage, 2 parking spaces. Pool and spa. 7027 Camino Pacheco. Shore Management, 858-274-3500.

MISSION VALLEY. \$1195. Close to Fashion Valley! Upper 1 bedroom, 1 bath, gated, appliances, washer and dryer, air conditioning, pool, spa, parking. 6780 Friars Road #248. 619-804-3325.

MISSION VALLEY. Move- in special! \$1250. Beautifully upgraded 2 bedroom, 1 bath upstairs condo. Fireplace, on-site parking, washer/dryer in unit. 5736 Lauretta Street #12. Agent, 858-560-1178.

MISSION VALLEY/ MISSION RIDGE. \$1425/month. Light and airy 2 bedroom, 2 bath, 1037 square feet. Tree and sky view, carpet, some hardwood. Air conditioning, balcony, entry hall, fireplace, appliances. Elevator, laundry facility. Carport plus one space. Beautiful gardens, clubhouse, gym, lighted tennis, heated pool. No pets. Available now. 10325 Caminito Cuervo, #189. Call 858-395-7237.

MISSION VALLEY/TALMADGE/ Kensington. \$795 moves you in! Call for details. Free credit application! 1 bedrooms from \$1095. Gated community! Pool, spa. Free Wi-Fi access. Outdoor billiards, barbecue lounge. Fitness center. Computer lab with printer. Laundry center with flat screen TVs! Parking. Pet friendly! Mission Pacific Apartments, 4454 44th Street. Please call for military special! 1 - 8 0 0 - 3 7 2 - 9 1 4 6 . missionpacific.pacificliving@crossfiremail.com. www.pacificliving.com. www.sdreader.com/news/rent1010.

MISSION VALLEY/TALMADGE/ Kensington. \$995 moves you in! Call for details. Free credit application! 2 bedrooms, 2 baths at \$1350. Gated community! Pool, spa. Free Wi-Fi access. Outdoor billiards, barbecue lounge. Fitness center. Computer lab with printer. Laundry center with flat screen TVs! Parking. Pet friendly! Mission Pacific Apartments, 4454 44th Street. Please call for military special! 1 - 8 0 0 - 3 7 2 - 9 1 4 6 . missionpacific.pacificliving@crossfiremail.com. www.pacificliving.com. www.sdreader.com/news/rent1010.

MISSION VALLEY/TALMADGE/ Kensington. \$995 moves you in! Free credit application! 3 bedrooms, 2 baths at \$1795. Gated community! Pool, spa. Free Wi-Fi access. Outdoor billiards, barbecue lounge. Fitness center. Computer lab with printer. Laundry center with flat screen TVs! Parking. Pet friendly! Mission Pacific Apartments, 4454 44th Street. Please call for military special! 1 - 8 0 0 - 3 7 2 - 9 1 4 6 . missionpacific.pacificliving@crossfiremail.com. www.pacificliving.com. www.sdreader.com/news/rent1010.

MOUNT HELIX/CASA DE ORO. Move- in special! OAC. \$1099, 2 bedroom. \$1299, 3 bedroom, 2 bath. Spacious. Laundry. Garages. Balconies. Pool. Military accepted. Espanol. 619-857-0365.

NATIONAL CITY. 2 bedroom, 2 bath condo, \$1200. Fenced patio, golf- course view, water/sewer/trash included. Washer/dryer, storage room, parking. Cat OK. 1824 Via Las Palmas #16. People Helping Others Property Management, 619-282-5400. peoplehelpingothers.com.

NATIONAL CITY. Move- in special! 1/2 off first month! 1 bedroom, \$830 with \$830 deposit. Parking space. Water paid. 116 Palm. Call 619-474-4441.

NORMAL HEIGHTS. 1 and 2 bedrooms available! Move- in specials! Starting at \$800/month. Pets OK. 4440 32nd Street. Call 619-942-1170. For details, visit www.GoldCoastPM.com.

NORMAL HEIGHTS. 2 bedroom, 1 bath, \$1100. Deposit \$1100. Upgraded. Available to move in 3/20/09. 747 square feet. 4418 Wilson Avenue #3. v@sdcpm.net. SDCPM, 619-220-4840.

NORMAL HEIGHTS. Studio, \$670. Spacious. Pool. Off- street parking. On-site laundry. Close to major freeways. Sorry, no pets! 4841 West Mountain View Drive. 619-282-6440. Sunriseliving.com.

NORMAL HEIGHTS. \$1325. Quaint 2- bedroom house. Garage. New carpet and blinds. Large patio room. Yard. No pets. 4640-1/2 30th Street. Agent, 619-469-7790. www.westmanproperties.com.

NORMAL HEIGHTS. \$100 off first month's rent! 1 bedroom, \$875 with \$700 deposit. Newly remodeled. Pool, barbecue, laundry. Open house Saturday/Sunday, 10am-1pm. 4566 36th Street. 619-284-2104; 858-205-2602.

NORMAL HEIGHTS. \$1250. 2 bedroom, 1 bath triplex. Large eat- in kitchen, hardwood floors, on-site laundry. No pets. Section 8 OK. 4661 Utah Street. sdforrent.com. 619-640-7530.

NORMAL HEIGHTS. \$1050. 2 bedroom, 1 bath, quiet, gated apartment with laundry on site. No pets. Section 8 OK. 2621 Monroe Avenue. www.sdforrent.com. 619-640-7530.

NORMAL HEIGHTS. \$720 rent. Studio apartment. Street parking. Nice, quiet neighborhood in Normal Heights. 1/2 off deposit. Available now. 3237 Collier Avenue. Call Mike, 858-490-1600.

NORMAL HEIGHTS. Move- in special. \$925. Quiet 1- bedroom upstairs. Lovely garden setting. Laundry. Parking. No pets. 4429 Idaho Street #8. More Property Management, 858-514-8201.

NORMAL HEIGHTS. \$1325. Beautiful 2- bedroom condo located in small, secure complex. Stainless steel appliances, granite counter, garage, deck, air conditioning, washer/dryer hookups. All rooms cable and Internet ready. Available now. 4432 36th Street. For more details, call Virginia, 619-316-5143.

NORMAL HEIGHTS. \$850. 2 bedroom, 1 bath apartment. Remodeled. New windows/kitchen/bathroom and more. Laundry facilities. Parking space. 4525 34th Street. Shore Management. Call Manager, 619-280-1334.

NORMAL HEIGHTS. \$975 rent, \$800 deposit OAC. 2 bedroom, 1 bath, new carpet, laundry, no pets, at 4742 East

Mountain View Drive #9. Agent, 619-299-8515.

NORMAL HEIGHTS. \$650 or \$975. Studio or 2 bedroom, 1 bath. Laundry, parking, no pets at 4541 Hamilton Street #7 or #3. Agent, 619-299-8515.

NORMAL HEIGHTS. \$1195. Extra large 2 bedroom, 2 bath. All appliances, air conditioning, very spacious bedrooms, built-in bookshelves, storage. Cat OK. 4469 Kansas Street #4. 619-804-3325.

NORMAL HEIGHTS. Spacious studio and 1 bedroom starting at \$695. Gated, appliances, on-site laundry, parking, great location near all. 4545 35th Street. 619-804-3325.

NORMAL HEIGHTS. \$800. Large 1 bedroom, 1 bath. Cats welcome. Community barbecue area. Gated complex. Off- street parking. Available now. 4664 34th Street. 619-255-1472. www.sdatpbrokers.com.

NORMAL HEIGHTS. \$950. 2 bedroom, 1 bath, remodeled kitchen, on-site laundry. Assigned parking. Gated dormunity. 619-255-0382. www.sdatpbrokers.com.

NORMAL HEIGHTS. 4334 Texas Street #5. 1 bedroom, 1 bath. \$825, \$800 deposit. OAC. Stove, refrigerator, on-site laundry. No pets. Close to all. 619-226-7368 or www.bkbinc.com.

NORMAL HEIGHTS. 1 and 2 bedrooms. Move- in specials! \$775 1 bedroom, 4670 Cherokee. \$895 2 bedrooms 1 bath, 4133 37th. \$925 2 bedroom 2 bath, 4263 42nd. On-site laundry. No pets. 760-672-0425.

NORMAL HEIGHTS/ANTIQUE ROW. \$1175. 1 bedroom upstairs, newly remodeled throughout, dishwasher, washer/dryer, cat OK. 2904 Adams Avenue. 619-300-1365, 619-588-4106.

NORTH PARK. \$850. 1- bedroom, 1- bath apartments, new paint/ carpet. On-site laundry, new landscape. Tiled/carpet. 3949 33rd street #7, #15. 619-962-1887.

NORTH PARK. Spacious 1 bedroom, wood-burning fireplace, patio, dishwasher. Gated, on-site washer/dryer. \$950, lease. \$800 security. Small pet/ deposit. 4114 Swift. Linda, 619-203-9233.

NORTH PARK. \$725. Small 1- bedroom upstairs apartment, wood floors, no pets. Nonsmoking. Garage available. Available now. 4120-B Iowa. 619-669-9953.

NORTH PARK. Apartment, \$1000. 1 bedroom, 1 bath, upper unit, refrigerator, stove, laundry, parking. Small pet OK. 4170 Texas Street, #6. www.centrecity.net. 619-296-6699.

NORTH PARK. \$850. 1 bedroom. Very large downstairs. Stove, refrigerator, air conditioned. Coin laundry. Parking. Cat OK with additional \$300 deposit. Available now. 4152 Utah. 858-270-2071. Del Sol Property Management, Broker, www.delsolpm.com.

NORTH PARK. \$1300. Spacious 2 bedroom, 2 bath apartment, garage. Dishwasher, fireplace, patio, air conditioning. Gated. On-site laundry. No pets. 4084 Hamilton Street. Agent, 619-298-7724.

NORTH PARK. \$745. Large 1 bedroom apartment. Small, quiet property. Downstairs, Newer carpet, ceiling fan, coin laundry. No pets. 4127 33rd Street. Agent 619-469-7179. www.westmanproperties.com.

NORTH PARK. \$995, 2 bedroom. \$1300, newly remodeled 3 bedroom. Upstairs, gated complex, laundry. 1st month deposit. Additional \$100 garage. No pets. 4127 Wabash. 619-971-0486.

NORTH PARK. \$1600. 3 bedroom, 2 bath upstairs unit. Parking and laundry on site. Nonsmoking. No pets. Deposit \$1200. Call 619-640-6958.

NORTH PARK. \$1050. 2 bedroom, 2 bath downstairs unit. Laundry, new carpet/ paint. Nonsmoking. No pets. Deposit \$800. Call 619-640-6958.

NORTH PARK. \$1425. 3 bedroom, 1 bath. Upstairs spacious unit. Fireplace, lots of closet space. Close to all. Parking space. On-site laundry. No pets. 1- year lease. 4070 Iowa Street #9. 858-483-3534. www.Cal-Prop.com.

NORTH PARK. \$825. 4070 Iowa Street #6. 1 bedroom, 1 bath. Spacious upper unit. Small complex. Fireplace, parking, on-site laundry. No pets. 858-483-3534. www.cal-prop.com.

NORTH PARK. \$1400. 2 bedroom, 2 bath. New paint. On-site parking and laundry. Clean, quiet, secure. 3822 Albatross. If you can find one better, rent it. Rachael: 619-804-1044; or Jeff: 619-713-1044.

NORTH PARK. \$300 off first month OAC! Spacious 2- bedroom, 2- bath, \$1400. Remodeled unit. Wood floors throughout, stainless steel appliances. Pool, gated community. 619-756-7645. www.sdatpbrokers.com.

NORTH PARK. \$1075. 2 bedroom, 1 bath apartment. Close to transportation, street parking. No pets. Section 8 OK. 3827 35th Street #6. www.sdforrent.com. 619-640-7530.

NORTH PARK. \$875. 1 bedroom, 1 bath apartment in gated complex with off- street parking, on-site laundry. No pets. 3112 30th Street #8. www.sdforrent.com. 619-640-7530.

NORTH PARK. \$900. 1 bedroom, 1 bath apartment, downstairs, laundry on site, close to bus line. Section 8 OK. 4266 37th Street. www.sdforrent.com. 619-640-7530.

NORTH PARK. \$825-\$1350. 1 and 2 bedroom apartments and houses. Laundry, parking. Call for locations. AMI Property Management, 619-697-6314.

NORTH PARK. \$775. Large studio apartment. Parking. No pets. Gated. Appliances. New carpet/paint. Balcony, walk- in closet. Laundry. Clean. 3909 Florida Street. 619-275-3455.

NORTH PARK. Move- in special: \$250 off 1st month! 2- bedroom, 2- bath, 2- level townhouse, \$1275. Dishwasher, laundry on site, nonsmoking balcony, underground gated parking. Lots of storage space. 2 cats OK. 619-241-2596.

NORTH PARK. \$495/month includes all utilities. Bright, clean room in centrally located Victorian rooming house. No kitchen, share bath/laundry. Small pet OK. 619-987-0001.

NORTH PARK. \$1795. 2 bedroom, 2.5 bath executive condo. Very luxurious. All appliances. 1200 square feet. Fireplace, 2 patios. Park views. Parking. Air conditioning. Xilarent.com. 619-683-7638.

NORTH PARK. 2 bedroom, 2 bath, \$1250. \$550 deposit. Washer/dryer in unit. Reserved parking space. Central location. Cats OK with additional \$350 deposit. Call 619-225-7860 or e-mail georgiapalms@cgpic.com.

NORTH PARK. \$1200. 2- bedroom, 1- bath duplex. Yard. Newer carpet and paint. Pet on approval. Call between 9am-9pm. 619-286-8840.

NORTH PARK. 1- bedroom, 1- bath apartment, \$850. Newer carpet/flooring. Freshly painted. Gas/water paid. Pool. Gated, quiet, no pets, on-site laundry. 619-281-1714.

NORTH PARK. 2 bedroom, 1 bath apartment, \$1095. Newer carpet/flooring. Freshly painted. Gas/water paid. Pool. Gated, quiet, no pets, on-site laundry. 619-281-1714.

NORTH PARK. \$975. Upgraded 1 bedroom apartment, prime location. Available for your consideration is this recently upgraded 1- bedroom apartment. Italian ceramic tile floors. New plush carpeting. Refinished cabinets, gas range, microhood and refrigerator. Crown moldings throughout. All new baseboards, new 2- panel decorative interior doors. New solid surface vanity top. New light fixtures and ceiling fans. New faux wood blinds. Unit is painted in designer colors. Building is gated with an intercom and has on-site laundry. \$500 security deposit. Will consider small dog under 15 pounds. Seeking qualified applicant with excellent credit and references. 1- year lease required. Available now. 3740 Pershing Avenue. Please call between 9am and 7pm. **Contact Scott at 619-846-6615; email, scott@hendershawandassociates.com.**

NORTH PARK. Large 1 bedroom apartment, 1 bath, refrigerator, stove. Carpet, new paint. Gated, laundry, parking. Section 8 OK. 619-697-6746.

NORTH PARK. 1/2 off 1st! \$775, all utilities paid. Charming studio cottage, private fence, stove, refrigerator, on-site laundry, parking. Pet negotiable. 3127 Boundary. 619-804-3325.

NORTH PARK. \$850. Charming 1 bedroom, 1 bath. New wood floors, paint and windows; appliances. Near all! 3337 Herman #4. 619-804-3325.

NORTH PARK. Spacious 1 bedroom and 2 bedroom starting at \$975. Gated, all appliances, air conditioning, underground parking, laundry. Cat OK. Near all! 3928 Illinois #204. #301. 619-843-0796.

NORTH PARK. Large 1 bedroom, upstairs. Quiet. Newly remodeled. Gated community. Pool, lots of natural light. No pets. \$850/month. 3051 Meade Avenue, #17. Call 858-483-5111 x10. www.melroyproperties.com.

NORTH PARK. \$775. 4359 Alabama Street between Meade and El Cajon Boulevard. Large 1 bedroom, 1 bath. Carpet, downstairs, laundry room. One assigned parking. No pets. Phillips Realty, 619-291-6686.



NORTH PARK. \$950. Apartment, 1 bedroom, 1 bath lower unit within quiet gated Spanish style building with laundry and off- street parking. \$300 move- in special 4077 Utah Street #3. 619-698-6911. www.goldenmanagement.com.

NORTH PARK. 1 bedroom apartment, \$875. Unique garden complex. Walk to restaurants, shopping and coffeehouses. Gated entry, pool, laundry. 4172 Mississippi Street. TTPM, 619-299-9897.

NORTH PARK. Apartment. Price reduced! \$895. Newly renovated 1 bedroom, 1 bath, cozy granny flat above garage. Small patio, storage, parking, laundry. 3274 Orange Avenue. www.centrecity.net. 619-296-6699.

NORTH PARK. Apartment, \$1300. 2 bedroom, 2 bath, upstairs unit, dishwasher, fireplace, skylight, vaulted ceilings. Gated complex, on-site laundry. No pets. 4094 Georgia Street, #6. www.centrecity.net. 619-296-6699.

NORTH PARK. \$995. 2 bedroom, 1 bath. Parking. Laundry. Downstairs. Quiet complex. Available 4/15/09. 3960 Kansas Street #3, www.amgsd.com. 619-295-1165.

NORTH PARK. \$1095. 2 bedroom 1 bath upstairs, ceramic tiled, new appliances with dishwasher. Laundry on-site, parking. Available now. 4625 Kansas #5, www.stevenleerproperties.com. 619-295-1161.

NORTH PARK. \$950. 2- bedroom, 1- bath apartment. Clean, bright. Upper unit. Walk to nearby grocery store, bus lines. On-site coin-operated laundry room. Available now. 4669 Cherokee Avenue #G. www.stevenleerproperties.com. 619-295-1161.

NORTH PARK. \$1100. Duplex, 2 bedroom, 1 bath. Washer/dryer hook ups. Available 3/20/09. 4059 30th Street. www.stevenleerproperties.com. 619-295-1161.

NORTH PARK. 2 bedroom, 1 bath downstairs apartment. New paint, good storage, off- street parking. Near

AUTOMOTIVE

YMC Automotive

“Quality dealer service without the dealer price.”
ASIAN • DOMESTIC • EUROPEAN

Factory scheduled service

30K/60K/90K major service. Looking for quality? Compare service.

- Maintenance tune-up
- Drain & refill radiator
- Replace air filter
- Install spark plugs
- Inspect brakes
- Clean & adjust rear brakes
- Change engine oil
- Change oil filter
- Brake flush
- Check suspension
- Top off fluids
- Check radiator, radiator cap, and all hoses
- Replace fuel filter (if nec.)
- Clean battery terminals

- Transmission drain & fill (gasket & filter extra)
- Check & tighten all belts
- Rotate four tires
- Adjust tire air pressure

\$299⁹⁵

Plus tax, 4-cyl.

6-cyl. & 8-cyl. slightly higher. Platinum spark plugs additional. Most cars. Timing belt extra if required. (Not a cure for driveability problems. For maintenance only.)

“Check engine” light on?

Free diagnostic with shop repair

- Computer scan
- Code translation
- Repair recommendations

Additional quality services

- Rebuild transmissions
- Used engines • Electrical
- Fuel injection
- Computer diagnostic
- Head gaskets • Clutches
- Tune-up service
- Timing belt service



FREE TOWING

with major repair. Free local shuttle. 24 hours: 619-666-6448

5913 Mission Gorge Road
619-284-4676

WE'LL BEAT ANY WRITTEN ESTIMATE. CALL FOR DETAILS.
MONDAY-FRIDAY 8-6. SATURDAY BY APPOINTMENT.

The Fastest SMOG CHECK in San Diego!

Get in and out fast! • 2 smog machines • No waiting

SMOG CHECK \$11⁹⁵

Offering consumer assistance program. With coupon only. Plus \$8.25 for certificate and \$3 transfer fee. Retest free when repair done on site. VIP service, 2 machines. No appointment necessary. Most 4-cyl. cars only. European cars extra. 1995 and older \$10 extra.



BRAKE SPECIAL *69.95

Most 4-cyl. cars. Front or rear. Labor cost only.

BRAKE & LAMP INSPECTION *69.95

Plus certificate. Most 4-cyl. cars

A/C SERVICE *8.95

Most 4-cyl. cars. Freon extra.

WE SMOG TEST ONLY VEHICLES \$25⁹⁵

With coupon only. Plus \$8.25 for certificate and \$3 transfer fee. Most 4-cyl. cars only. 1995 and older \$10 extra. European cars extra.

TRANSMISSION FLUSH *49.95

Complete transmission flush by Trans Tech 2000 flush machine, unique in its class, flushing 100% of old fluid out and adding new fluid in. Labor only. Most 4-cyl. cars. Ask for details.

MAJOR SERVICE 30K/60K/90K

Includes:

- Install spark plugs
- Drain & refill radiator
- Change engine oil and filter
- Inspect brakes
- Clean & adjust rear brakes
- Check all belts
- Replace air filter
- Inspect suspension

Most 4-cyl. cars.

As low as

\$139⁹⁵

- Transmission service- drain and refill
- Top off all fluids
- 4 tires rotation
- 38-point inspection

OIL CHANGE *16.95

With free brake and 32-point inspection. Most 4-cyl. cars. Plus \$2.50 disposal fee.

shopping. Easy access to freeway. 3662 32nd Street #1. \$1175. 619-683-9274.

NORTH PARK. \$995. 1 bedroom, 1 bath upgraded duplex. Cat OK. 3772 Villa Terrace. Agent, 858-560-1178.

NORTH PARK. \$700. 1 bedroom, 1 bath senior or disabled citizen complex. \$300 deposit on approved credit. 4086 Swift Avenue #15. Pam, 619-640-2178.

NORTH PARK. \$935-\$1195. 2 bedrooms. Spanish-style units, hardwood floors, garage and coin laundry. Near shops and restaurants. No pets. Agent, 619-296-3189.

NORTH PARK/SOUTH PARK. \$1495. 2-bedroom, 1.5- bath townhouse. All appliances. Garage, washer/dryer, fireplace, 3 patios. Newly remodeled. 3380 32nd Street #1. Xilarent.com. 619-683-7638.

NORTH PARK/UNIVERSITY HEIGHTS. \$1095. 2 bedroom, 1 bath. Small complex, off- street parking, laundry room, Individual patio, pet on approval. Security deposit, \$1095. Call between 9am-9pm. 619-286-8840.

OAK PARK. \$1150. 2- bedroom, 2- bath townhome. New carpet. Large patio. Ready now! 1000 square feet. Carport, laundry hookups. No pets! 5322 Caminito Mindy. 858-483-3534. www.Cal-Prop.com.

OCEAN BEACH. Beautiful beachfront view! Studio, \$995. 1 bedroom, \$1100-\$1350. 2 bedroom, \$1500-\$1700. Some with great ocean views! Serene, security, garden buildings. Hardwood floors, ceramic tile, laundry. Garages available. Pets considered. For address and availability, call 619-224-1748. For applications, call 619-501-5553.

OCEAN BEACH. \$860. Super 1 bedroom, upper, remodeled, new carpet/paint, near beaches/shops/off ramp to freeways, beautiful patio, parking, laundry. No pets. 858-274-2266, harlan2222@yahoo.com.

OCEAN BEACH. Studio units from \$900. 1 bedroom units from \$995. Utilities included. Now available at the Silver Spray Apartments. Walking distance to the beach and Ocean Beach Pier. Minimum 6-month lease. Sorry, no pets! 619-223-8186.

OCEAN BEACH. 2 bedroom from \$1250. Enjoy comfortable year-round living at Ocean Breeze. Spacious apartments now available. This small, friendly complex is an ideal place to call home. Only 2 blocks from the beach. Sorry, no pets! 619-223-8186.

OCEAN BEACH. \$2345. 2 bedroom, 2 bath. Top floor of spectacular oceanfront property with white water views, both living room and bedroom. Nonsmoking. Swimming pool/covered parking. No pets. 1- year lease. 5015 Santa Cruz #305. 858-483-3534. www.Cal-Prop.com.

OCEAN BEACH. \$1275. 2- bedroom, 1- bath downstairs units available. Blocks to beach with hardwood floors! Cat OK! 2190 Abbott Street. Call 619-222-4836 x14 or www.sunsetpacificrealtly.com.

OCEAN BEACH. \$1225-\$1250. 2 bedroom, 2 bath downstairs units available with dishwashers, new carpet, and balcony. Laundry on site. No pets. 4231 Voltaire Street #3. 4241 Voltaire Street, #6. Call 619-222-4836 x14 or www.sunsetpacificrealtly.com.

OCEAN BEACH. \$995. 1 bedroom, 1 bath bright upstairs apartment. Blocks to beach. No pets! 4976 Cape May Avenue. Call 619-222-4836x14 or www.sunsetpacificrealtly.com.

OCEAN BEACH. 2 bedroom, 1 bath, \$1475. Off- street parking. 2 blocks to beach. Pets OK. Available now. 5029 West Point Loma Boulevard. Call 858-729-8671. E-mail: tom@gallery-properties.com.

OCEAN BEACH. 1 bedroom cottages for \$1180. Ocean front! Ocean breezes, quiet, clean, laundry. Close to the beach. "Have the Ocean as your neighbor." 5074-84 Del Monte. Please call, 619-231-2727 x233.

OCEAN BEACH. \$745. Block to beach! Clean/bright upstairs studio. Shared deck. Laundry. Parking. No pets. Abbott Street. Shore Management, 858-274-3500.

OCEAN BEACH. \$895. 1 bedroom apartment. 2 blocks to ocean. Small yard and patio. Laundry facilities. No pets. 4873 Niagara Avenue. Shore Management, 858-274-3500.

OCEAN BEACH. \$1295. 2 bedroom apartment. 2 blocks to ocean. Laundry facilities. Very clean, parking space. No pets. 4873 Niagara Avenue. Shore Management, 858-274-3500.

OCEAN BEACH. \$1150. Duplex. 2 bedroom, 1 bath upper and lower unit. Washer/dryer hookups in both. Off- street parking. 2167 and 2167-1/2 Catalina Boulevard. 619-698-6911, www.goldenmanagement.com.



OCEAN BEACH. \$960. Blocks to the beach! 1 bedroom. Clean. Parking. Laundry. No pets. Includes water/trash. Seacoast Apartments, 5030 Lotus. Call Doris, 619-204-1651. 619-224-0759.

OCEAN BEACH. 4712 Point Loma Avenue, upstairs. 2 bedroom, 2 bath. \$1500. \$1000 deposit. Parking. Refrigerator, stove, dishwasher. 619-226-7368 or www.bkbinc.com.

OCEAN BEACH. 5055 Muir Avenue. 1 bedroom, 1 bath duplex. \$950. Deposit \$950. Refrigerator, stove. Close to beach. No pets. 619-226-7368 or www.bkbinc.com.

OCEAN BEACH. 5020-1/2 Santa Monica Avenue. Studio, 1 bath. \$550. Deposit \$550. Refrigerator, stove. Close to beach. No pets. 619-226-7368 or www.bkbinc.com.

OCEAN BEACH. 4867 Del Mar Avenue. \$1295; \$1000 deposit, OAC. 2 bedroom, 1 bath. \$200 off first month! Close to beach. Laundry. refrigerator, stove. No pets. 619-226-7368 or www.bkbinc.com.

OCEAN BEACH. 4911-1/2 Del Mar Avenue. 2 bedroom, 1 bath, \$1295/month. Deposit \$1000, O.A.C. Laundry, refrigerator, stove. No pets. 619-226-7368 or www.bkbinc.com.

OCEAN BEACH. 4455 Montone Street #6. 1 bedroom, 1 bath, \$925/month. \$800 deposit, O.A.C. Upstairs. Laundry. No pets. 619-226-7368 or www.bkbinc.com.

OCEAN BEACH/POINT LOMA. 3 bedroom, 3 bath apartment, \$2250. Washer/dryer hookup. Granite kitchen, hardwood floors. Underground parking. Available to move in 4/1-4/10/09. 619-987-4907.

OCEANSIDE. Large 1 and 2 bedrooms, \$995-\$1195, west of Interstate 5, just 8 blocks to beach, in vibrant downtown village. Beautiful, remodeled units. 508 North Nevada Street. See photos at www.wexfordliving.com. 760-433-8810.

OCEANSIDE. \$1395. Move- in special. Ocean/golf course views with tropical setting. 2- bedroom, 2- bath roommate friendly dual masters. Granite countertops, wood floors. Pool, spa, laundry, gated parking. Cat OK. 760-439-5728. www.casavistaapartments.com.

OCEANSIDE. \$995. 1 bedroom, 1 bath. Ask about move- in special. Granite countertops, wood floors. Pool, spa, laundry, gated parking. Cat OK. For pictures: www.casavistaapartments.com. 760-439-5728.

OCEANSIDE. \$800. Studio, remodeled full bath/shower, on-site laundry, refrigerator, stove, balcony, patio, secured/covered parking, mile to beach. Fee. Free search at www.westsiderentals.com. 619-367-3333.

OCEANSIDE. \$1095. 2- bedroom, 1.5- bath townhouse, stove, dishwasher, yard, fireplace, 1- car garage parking. Fee. Free search at www.westsiderentals.com. 619-367-3333.

OCEANSIDE. \$1095. Comfortable 55+ community. Quiet. Free rent March! 2 bedroom, 1-1/2 bath. 1 car attached garage. Washer/dryer. Pets on approval. 949-735-3613. osrpropertymgr@gmail.com; www.winchesterrealestate.net.

OLD TOWN. \$695-\$750. Low \$150 deposit. Fully furnished studios, alcoves, in excellent hillside location. Free basic cable. 1616 Guy Street. 619-298-6242.

PACIFIC BEACH. \$1150. Great 1 bedroom in immaculate property in the heart of Pacific Beach. Laundry, parking, no pets. 1656 Reed Avenue. TPPM 858-581-6415.

PACIFIC BEACH NORTH. \$1395. Large 2 bed, 1 bath. Patio, parking, quiet. Wonderful upgrades, including travertine, Berber- style carpeting, panel doors. 1829 Chalcadony #1. 858-488-8120.

PACIFIC BEACH NORTH. 2 bedroom, 2 bath duplex, large 2- car garage/2 parking! Hardwood/tile floors. Free laundry. \$2100. No pets. 907 Sapphire. 858-735-8593.

PACIFIC BEACH NORTH. \$1495. 2 bedroom, 1 bath. Large. Downstairs. Front unit. Stove. Refrigerator. Parking. Private balcony. Coin laundry. 2 blocks to ocean. Available now. 830 Sapphire Street. 858-270-2071. Del Sol Property Management, Broker. www.delsolpm.com.

Typo Patrol Results

Issue of March 12, 2009

Stringers

p.10 arrived, *should be* arrived.

Theater Review

p.101 Henry Louis Grin *should be* Henri Louis Grin
Karen Guarnotta (San Diego) \$20

Events Listings

p.60 Productions present *should be* Productions presents

p.94 doggie bag *should be* doggie-bag

Restaurant Listings

p.98 Sai Gon *should be* Saigon

Theater Listings

p.103 Welk Resorts *should be* Welk Resort
Armin Moths (San Diego) \$40

T.G.I.F.

p.21 Mary Higgins *should be* Mary Higgins Clark

Theater Review

p.101 Babaki *should be* Badaki
Linda Cox (San Diego) \$20

Events Listings

p.64 National National Daffodil *should be* National Daffodil

Club Crawler

p.74 Anasaziz *should be* Anasazis

Music Listings

p.82 Aunt Kizzyz *should be* Aunt Kizzy'z
p.82 2228 El Cajon *should be* 2223 El Cajon
p.84 De Anda Acoustic *should be* De Anda, acoustic
Karelyn Kimokeo (El Cajon) \$50

City Lights

p.12 from page 10 *should be* from page 8
Mtume Salaam (San Diego) \$10

Events Listings

p.58 Band take stage *should be* Band takes stage
Clyde Christie (Coronado) \$10

You must send in a copy of the printed error — either the actual page or a copy (including page number). Ads, blogs, user reviews, movie showtimes, and letters to the editor exempt from consideration. Typo exceptions: errors in direct quotations, slang, colloquialisms, house/writer style idiosyncrasies. Submissions accepted until Monday at 7 a.m. after the issue in question. Only one award per error — first identification of error wins \$10 or a Reader Typo Patrol T-shirt (indicate preference). Mail to: Typo Patrol, SD Reader, Box 85803, San Diego, CA 92186; or fax to 619-231-0489; or deliver to 1703 India Street in Little Italy (we have an after-hours mail slot).

lawn with white picket fence. Cat OK with additional \$300 deposit. Available 3/20/09. 1015 Opal. 858-270-2071. Del Sol Property Management, Broker. www.delsolpm.com.

PACIFIC BEACH NORTH. \$1845. 2 bedroom, 2-1/2 bath townhome. Stove, refrigerator, dishwasher, microwave, laundry hookups, garage plus parking space, fenced private patio, fireplace. No pets. Available 4/10/09. 819 Chalcadony. 858-270-2071. Del Sol Property Management, Broker. www.delsolpm.com.

PACIFIC BEACH NORTH. \$1875. 3 bedroom, 2 bath, upstairs, remodeled. Stove, refrigerator, dishwasher, microwave. Coin laundry, parking. No pets. Available 4/15/09. 1554-1/2

Diamond. 858-270-2071. Del Sol Property Management, Broker. www.delsolpm.com.

PACIFIC BEACH NORTH. \$1125. 1 bedroom; large downstairs; stove, refrigerator; private patio, garage space. 3 blocks to ocean. Available 4/20/09. 1032 Beryl. 858-270-2071. Del Sol Property Management, Broker. www.delsolpm.com.

PACIFIC BEACH NORTH. \$1175. 1 bedroom; remodeled, large downstairs; stove, refrigerator, dishwasher, microwave; coin laundry; parking. Nice shared courtyard. Available 5/19/09. No pets. 1550 Diamond. 858-270-2071. Del Sol Property Management, Broker. www.delsolpm.com.

AUTOMOTIVE



WINDOW TINTING

19 YEARS OF EXPERIENCE. S.R.A. 50%

TINT REMOVAL SPECIALISTS • AUTOS • RESIDENTIAL • COMMERCIAL • CAR AUDIO • SECURITY NAVIGATION • XM & SIRIUS SATELLITE RADIO • WHEELS • TIRES • AND MUCH MORE

- **AVOID OVERHEATING:** Your car's interior can be 60% cooler during those hot days with proper tinting.
- **AUTO ACCIDENT:** Tinting your vehicle will keep the glass from shattering, thus protecting your passengers and cargo.
- **PROTECT YOUR SKIN:** Harmful UV rays from the sun can cause skin cancer. Tinting your car can block 99% of damaging rays.

- **ENHANCE PRIVACY:** Tinting protects your privacy and contents within a car. What a burglar can't see, he won't steal.
- **PREVENT CRACKING AND FADING:** Harmful UV rays are proven to cause damage to a vehicle's upholstery and a home's contents if windows are left untreated.

Audio Sport is a locally owned and operated auto shop in California that offers a wide array of services that'll have your car looking great in no time. Our professional staff performs window tinting with material that never fades.

AUDIO SPORT
AUTO CUSTOMIZING

714 E. Valley Parkway, Escondido • Toll-free: 888-483-9295

Mon.-Fri. 9 am-7 pm • Sat. 9 am-6 pm • Sun. 10 am-4 pm



See our other ad in the front of the Reader.

SUSPENSION PLUS
COMPLETE AUTOMOTIVE CENTER
SINCE 1989 • FOREIGN & DOMESTIC

Free brake inspection!
BRAKE SPECIAL \$30 OFF!

Prices subject to change without notice. Must present coupon at time of service.



Free alignment inspection! (With appointment, please)

Computerized Alignment \$39.95

Thrust Angle 4-Wheel Alignment \$49.95
Set toes to specs. Most cars. Shims & cams extra.

Shock & Strut Special

BUY THREE, GET THE FOURTH

FREE KYB MONROE

Oil Change \$17.95

Synthetic oil available
Includes 5 quarts 10W/30 oil and new filter. Most cars.

MIRAMAR • (858) 558-8562

6696 Miramar Rd., Suites I & J

(Miramar Auto Center, 2 miles east of UTC mall)

POINT LOMA • (619) 223-2248

3112 Midway Dr., Ste. D (at Rosecrans, next to Discount Tire)

www.suspensionplus.net

CALL FOR SPECIAL READER PRICES ON:
Factory-Scheduled Service • Clutch • Timing Belt • Axles
30K/60K/90K • New Radiator • Tune-up • New Belts & Hoses

Monday-Friday 8 am-5:30 pm • Saturday 8 am-4 pm. Call for details. Please call for an appointment.

AUTOMOTIVE

Window Tint

any car, back 3 windows, or

CD Player

200 watt, AM/FM, w/iPod jack, or

Car Alarm

installed

- Door protection • LED • Keyless entry option
- Shock sensor • Parking light flash • 2 remotes

Stereo Outlet

2710 Garnet Avenue
Pacific Beach • 858-581-2434

\$

9900

Peacher, 760-310-3919; jpeacher@ipmgsd.com.

PACIFIC BEACH. 1 bedroom condo, 800 square feet. Dishwasher, large closets. Balcony, gated entrance, on-site laundry, heated pool, underground parking, storage. \$1225. Alex, 619-954-3554, abz715@yahoo.com.

PACIFIC BEACH. 2 apartments available, one now, now April. Large 1 bedroom, 1 bath. Parking, laundry room. Free cable. No pets. \$1100. Call Von, 858-270-9650.

PACIFIC BEACH. \$1600. 2 bedroom, 1 bath. Top floor. New carpet. Light, bright, spacious! Off-street parking. Pets OK. Available late March. 765 Agate Street. Call Alta Vista Properties, 858-274-3600. www.altavistaproperties.net.

PACIFIC BEACH. Upper 1 bedroom, \$1035, deposit \$550. New refrigerator, stove. New carpet, new appliances. Quiet, gated building, 4 blocks to beach. Manager on site. No pets. Available now. 4445 Fanuel Street. 858-483-3221.

PACIFIC BEACH. \$825. 1 bedroom. Hardwood floors, laundry facilities. Near I-5, minutes to Downtown San Diego/La Jolla. Available immediately. 3432 Del Rey. 619-222-9308.

PACIFIC BEACH. \$1595. Upstairs 2 bedroom. Remodeled. Stove, refrigerator, dishwasher, microwave. Coin laundry. Elevator. Pool. Parking. View. No pets. Available now. 1433 Oliver. 858-270-2071. Del Sol Property Management, Broker. www.delsolpm.com.

PACIFIC BEACH. \$1495. Twin master suites, 2 bedroom, 2 bath. Large, upstairs. Stove, refrigerator, dishwasher, gated entry. Coin laundry, parking. Available now. 1448 Thomas. 858-270-2071. Del Sol Property Management, broker. www.delsolpm.com.

PACIFIC BEACH. 1 bedroom on beach. 6 month-lease. Pets under 30lbs. OK. Roomies/co-signers OK. Office open 7 days. 4217 Oliver Court. In addition a large 2 bedroom with reserved parking at 2045 Garnet Avenue. Unique location, 1 block to the mall, biking distance from the beach. 858-483-7670.

PACIFIC BEACH. \$500 off first month! 2 bedroom, garage, new carpet. Laundry room. Close to shopping, no pets. \$1395. 1920 Felspar. 858-459-1102.

PACIFIC BEACH. \$1145. Upstairs 1 bedroom. Remodeled. Stove, refrigerator, dishwasher, microwave. Coin laundry. Elevator. Pool. Parking. View. No pets. Available 3/25/09. 1433 Oliver. 858-270-2071. Del Sol Property Management, Broker. www.delsolpm.com.

PACIFIC BEACH. \$1125. 1 bedroom. Large, upstairs. Stove, refrigerator, dishwasher, microwave. Private balcony. Coin laundry. Nice shared courtyard. Garage. No pets. 4 blocks to ocean. Available 3/21/09. 1190 Grand. 858-270-2071. Del Sol Property Management, Broker. www.delsolpm.com.

PACIFIC BEACH. \$1095. 1 bedroom; duplex. Stove, refrigerator, wood floors. Cat OK with additional \$300 deposit. 4 blocks to ocean. Available now. 4417 Dawes. 858-270-2071. Del Sol Property Management, Broker. www.delsolpm.com.

PACIFIC BEACH. \$1095. 1 bedroom; upstairs. Bright and sunny! Stove, refrigerator, dishwasher, hardwood floors, 4 blocks to ocean. Detached unit. Cat OK with additional \$300 deposit. Available 4/10/09. 4413 Dawes. 858-270-2071. Del Sol Property Management, Broker. www.delsolpm.com.

PACIFIC BEACH. Great values, nice, clean, convenient apartments in multiple Pacific Beach locations. Studios from \$795. 1 bedrooms from \$935. 2 bedrooms from \$1335. Parking, laundry. Some buildings with gated entry, pool and/or deck. No pets. 858-483-3796.

PACIFIC BEACH. \$1525. 2 bedroom, 1 bath, upper unit has been upgraded with new bath/kitchen fixtures, fireplace, parking, laundry. Close to the beach. No pets. 1518 Thomas Street #1. 858-483-3534. www.cal-prop.com.

PACIFIC BEACH. \$1350. 2 bedroom, 1 bath. Large unit, newly painted exterior of building, small community, parking, on-site laundry across from Pacific Beach Recreation Center. No pets. 1538.5 Diamond Street. 858-483-3534. www.cal-prop.com.

PACIFIC BEACH. \$1525. Available now. 2- bedroom, 2- bath upstairs unit. Parking, laundry, upgraded interior. Bike to beach and bay! 1524 Thomas #3. 858-483-3534. www.cal-prop.com.

PACIFIC BEACH. \$1975. 3 bedroom, 2 bath condo. Block to beach. 2 parking spaces. Laundry. Extra storage, dishwasher. 1100 square feet. No pets. 842 Agate Street #1. 858-483-3534. www.cal-prop.com.

PACIFIC BEACH. \$1535. 2 bedroom, 1 bath. 2 blocks to bay. Upstairs unit, bonus room for office/den. Garage, laundry, dishwasher. No pets. 4013 Honeycutt Street. 858-483-3534. www.cal-prop.com.

PACIFIC BEACH. \$1525. 2 bedroom, 2 bath. Upgraded apartment, 3 blocks to the beach. No pets. Street parking. Laundry. 825 square feet. 1073 Missouri Street. 858-483-3534. www.cal-prop.com.

PACIFIC BEACH. 4067 Sequoia Street. \$2200. 3- bedroom, 2.5- bath townhome in Crown Point. Fireplace, washer/dryer, parking. No pets. 858-483-3534. www.Cal-Prop.com.

PACIFIC BEACH. \$1350. 2 bedroom, 1 bath apartment. Upper unit. No pets. 1 parking. Newer carpet. Nice! 2112 Balboa Street #11. 858-583-0182. www.cal-prop.com.

PACIFIC BEACH. \$2275. 3 bedroom, 2.5 bath. Tile floors, fireplace, fenced patio. 1- car garage plus carport included. Balcony off one bedroom, tons of closet space in master bedroom. Washer/dryer. 1- year lease. No pets. 1668 Grand Avenue #A. 858-483-3534. www.Cal-Prop.com.

PACIFIC BEACH. \$885. Studio. Crown Point. Upgraded studio. Close to beaches and bay. Parking space. No pets. 4121 Kendall Street #7. 858-483-3534. www.cal-prop.com.

PACIFIC BEACH. \$2295. 3 bedroom, 2.5 bath townhome. Modern style has granite counters, stainless appliance, patio and balcony, underground parking, washer/dryer, air conditioning, central heat. Cats OK. 3509 Del Ray Street #201. 858-483-3534. www.cal-prop.com.

PACIFIC BEACH. \$1665. Large upstairs unit with view, new flooring, refinished cabinets, new appliances, parking, on-site laundry. No pets. 954 Agate Street #E. 858-483-3534. www.cal-prop.com.

PACIFIC BEACH. \$1595. 2 bedroom, 1 bath. Blocks to beach, small community cottage- style unit, large backyard, laundry. No pets. 947 Wilbur Avenue. 858-483-3534. www.cal-prop.com.

PACIFIC BEACH. \$1595. 2- bedroom, 2- bath apartment. 1100 square feet. New paint. Fireplace, balcony. Walk-in closets. Laundry. 2 parking spaces. Nonsmoking. Pets considered. 858-272-7616.

PACIFIC BEACH. \$1295. 1 bedroom, view of ocean. Single- car garage, appliances. Just steps to beach, shopping, restaurants on Garnet Avenue. 728 Emerald Street. 858-272-9547.

PACIFIC BEACH. \$1695. 2 bedroom. Garage. Appliances. Steps to beach, restaurants and shopping. 734 Emerald. Owner, 858-272-9547.

PACIFIC BEACH. \$1250. 2 bedroom, 1 bath cottage; small, private patio. Parking. Laundry. No pets. 4121-1/2 Ingraham Street. 858-270-4674.

PACIFIC BEACH. \$1450. Large 2 bedroom, 1 bath apartment. Parking. No pets. Nonsmoking. New carpet/paint. Near beach. Clean. 1042 Loring Street. Juno, 619-275-3455.

PACIFIC BEACH. \$815. Studio, 1- bath apartment, 1- car parking. 6- month lease. Fee. Free search at www.westsiderentals.com. 619-367-3333.

PACIFIC BEACH. \$950. 1- bedroom, 1- bath apartment, month- to- month lease, 1- car parking, pool, close to bay. Fee. Free search at www.westsiderentals.com. 619-367-3333.

PACIFIC BEACH. \$1100. 2- bedroom cottage- style apartment. 1- car parking, shared yard, walking distance to bay, beach, shops. Fee. Free search at www.westsiderentals.com. 619-367-3333.

PACIFIC BEACH. \$1095. 2- bedroom, 1.5- bath apartment, pool, balcony, air conditioning. Fee. Free search at www.westsiderentals.com. 619-367-3333.

PACIFIC BEACH. 2 bedroom, 2 bath with office or den. Washer/dryer, dishwasher, parking. 6- month or 1- year lease. 1/2 off deposit. Rent \$1600. 1749 Reed Avenue. Call Mike, 858-490-1600.

PACIFIC BEACH. \$825. Studio, cute, cozy. Near bay. Large kitchen/dining. No pets. Nonsmoking. 4210 Haines Street #5. Agent, 619-692-4121.

PACIFIC BEACH. Apartment, \$1050 1 bedroom, 1 bath, upper unit, parking. Near bus and beach. Small dog OK. 4426 Olney Street. www.centrecity.net. 619-296-6699.

PACIFIC BEACH. Spacious, clean 1 bedroom, 1 bath. Parking, laundry, cable, trash included. \$1050 plus move-in special. Available now. Pets negotiable. 760-746-4692.

PACIFIC BEACH. \$925. 1 bedroom cottage. Close to transportation and shopping. One parking space. No pets. Call Coldwell Banker Property Management, 858-488-2228.

PACIFIC BEACH. \$1750. 2 bedroom, 2 bath. Up floor of a duplex. Laundry in garage. Parking. Fireplace. New carpet. Balcony. Open floor plan. No pets. Coldwell Banker Property Management, 858-488-2228.

PACIFIC BEACH. Move- in special: 1 month free! Well- maintained 1 bedroom, \$90. Clean, quiet, parking, laundry, ceiling fans, pool. No pets. Available now. 619-279-0031.

PACIFIC BEACH. \$875. Clean studio. 4 blocks to ocean. Parking space. Full kitchen area. Gas appliances. Large closet. Laundry facilities. No pets. 1122 Felspar Street. Shore Management, 858-274-3500.

PACIFIC BEACH. \$1050. 1 bedroom, 1 bath, 2162 Thomas. Excellent location near I-5. Quiet, very clean, new paint and carpet. Laundry. Available now. 619-944-3852..

PACIFIC BEACH. \$1500. 2 bedroom, 1-1/2 baths, 905 square feet. Upstairs unit. Cable ready. 1 parking space. On-

site laundry. Landscaping service. 858-270-1605 or 619-224-8454.

PACIFIC BEACH. \$1395. 2 bedroom, 1 bath. Fireplace and private balcony. Great central location. Walk to shops and restaurants. 1939 Emerald Street. TPPM, 858-699-3851.

PACIFIC BEACH. \$1375-\$1575. 1 and 2 bedrooms in duplex. Steps to surf. Located in small garden complex. No pets. **Open Saturday 2:30-3:30.** 719 and 725 Chalcedony. TPPM. 858-699-3851.

PACIFIC BEACH. 1/2 off first month! \$1425. 2 bedroom, 1 bath. 2-4 blocks from Mission Bay and the beach. Stove. Refrigerator. On-site laundry. 4408 Dawes Street. 619-794-5177.

PACIFIC BEACH. \$1375. 2 bedroom, 1 bath in small complex. Central location near beach, bay and Garnet. Patio, 1 parking, 1423 Oliver Street. TPPM 858-699-3851.

PACIFIC BEACH. \$1495. 2 bedroom, 1 bath in perfect walk- to- all location. Near beach, Henry's and Garnet. 1220 Felspar Street. TPPM, 858-699-3851.

PACIFIC BEACH. 1 month free with 1- year lease. \$1200. 2 bedroom, 1 bath. New carpet. On-site laundry. \$500 deposit. Sorry, no pets. Available now. 4478-1/2 Bond. 760-402-8325. www.baywalkapts.com.

PACIFIC BEACH. \$995. Great location, 3 blocks from bay! Large studio, wood floors, stove, refrigerator, deck, laundry. Pet OK. 2041 Garnet #A. 619-804-3325.

PACIFIC BEACH. Large 1 bedroom duplex, downstairs, lots of windows. Near bay. No pets. \$950/month. Available 2/15. 1971 Grand. Call 858-483-5111 x10. www.melroyproperties.com.

PACIFIC BEACH. \$1395 with move- in special! Large downstairs condo- quality, 2 bedroom, 1 bath. Near bay. Newly remodeled unit with granite counters, limestone tub enclosure, built- in microwave, new paint, new carpet, crown molding, mirrored closet doors, lots of cabinet space, on-site laundry room, assigned parking. No pets. Available now. 2138 Thomas #8. Call 858-483-5111 x29. www.melroyproperties.com.

PACIFIC BEACH. \$1325. 2 bedroom, 1 bath duplex apartment. Quiet, small complex. 3 blocks to beach. 1 parking space. No pets. **Open Saturday 1-2.** 909 Chalcedony Street. TPPM, 858-699-3851.

PACIFIC BEACH. \$850. 1 bedroom. Garden setting, easy access location. Pool, recreation room, no pets. 2710 Grand Avenue. TPPM, 858-273-8657.

PACIFIC BEACH. Premier location. \$200 off 1st month's rent! Free credit application! Fabulous 2 bedroom, 1 bath at \$1295. Across from Mission Bay. Gated community. Trails to bay, beach. Adjacent amenities: pool, spa, sundeck, barbecue lounge. Equipment and free weight room. Cardio fitness center. Computer lab with printer. TV lounge. On-site laundry. Cats and small dogs OK. 1-800-490-6372. www.pacificliving.com.

PACIFIC BEACH. 1 bedrooms at \$1150. \$300 deposit. 1/2 off first month/free credit application. Free poolside Wi-Fi. Sundeck. Cardio fitness center. Equipment and weight room. Across from Mission Bay bike trail. Spectacular views. Super floor plans. Limited availability. Cats and small dogs welcome. The Pacific at Mission Bay, 2636 Grand Avenue, 1-800-490-6372. pacificatmissionbay.pacificliving@crossfiremail.com. www.pacificliving.com. www.sdreader.com/news/rent1049.

PACIFIC BEACH. 2 bedroom, 2 bath plus den at \$1695. \$300 deposit plus 1/2 off first month's rent! Free application fee. Free poolside Wi-Fi. Sundeck. Cardio fitness center. Equipment and weight room. Across from Mission Bay bike trail. Spectacular views. Super floor plans. Limited availability. Cats and small dogs welcome. The Pacific at Mission Bay, 2636 Grand Avenue. 1-800-490-6372. pacificatmissionbay.pacificliving@crossfiremail.com. www.pacificliving.com. www.sdreader.com/news/rent1049.

PACIFIC BEACH. \$1075. Large 1 bedroom, 1 bath, 5 available. \$959 studio, 1 available. \$600 deposit, 6 month lease. Small complex. Quiet area but close to beach. Call for more information. 858-273-0434.

PACIFIC BEACH. \$2095. One level condo on 2nd Floor. 3 bedroom, 2 bath. Laundry. 1- car detached garage. Balcony. Fireplace. Available May 1. Call Coldwell Banker Property Management, 858-488-2228.

PACIFIC BEACH. Move- In Special: \$500 off first month's rent with 1- year lease! \$1075- \$1125/month: 1 bedrooms, \$1150- \$1600/month: 2 bedroom, 2 bath Spacious, remodeled apartments. 6- month or 1- year lease. Parking. Heated pools. Laundry facilities. Cats OK. 2 blocks from Mission Bay. 3883 Jewell Street. Call Manager, 858-272-0068. For photos, floor plans, virtual tours, see www.apartments.com/tuscanapartments. For more information on other properties and vacancies, please visit our website at http://www.stratprop.com.

PACIFIC BEACH. 1433 Grand Avenue #1. 2 bedroom, 1 bath. **\$200 off first month!** \$1395. \$1000 deposit OAC. Downstairs. Laundry, parking. No pets. 619-226-7368 or www.bkinc.com.

PACIFIC BEACH. 4418 Bond Street #7. 1 bedroom, 1 bath. \$200 off 1st month. \$950/month. \$950 deposit, O.A.C. Refrigerator, stove, laundry, parking. No pets. 619-226-7368 or www.bkinc.com.

PACIFIC BEACH. 2 bedroom, 2 bath at \$1495. \$300 deposit plus 1/2 off first month's rent! Free application fee. Free poolside Wi-Fi. Sundeck. Cardio fitness center. Equipment and weight room. Across from Mission Bay bike trail. Spectacular views. Super floor plans. Limited availability. Cats and small dogs welcome. The Pacific at Mission Bay, 2636 Grand Avenue, 1-800-490-6372. pacificatmissionbay.pacificliving@crossfiremail.com. www.pacificliving.com. www.sdreader.com/news/rent1049.

PACIFIC BEACH/CROWN POINT. \$1895. Large 2 bedroom, 2 bath. Vaulted ceilings, fireplace, balcony, bar, laundry. New paint/carpets/blinds. No smoking. Pets? 858-272-7616; 619-379-3771.

PACIFIC BEACH/CROWN POINT. 3 bedroom, 2 bath. Bright, clean. Dishwasher. Ceiling fans. On-site laundry. Close to bay/beach. \$2375, utilities included. No pets. 858-273-3233.

PACIFIC BEACH/CROWN POINT. 1 bedroom, \$1135 rent/\$600 deposit. Quiet unit right on Mission Bay! Great floor plan. No pets. 1- year minimum. Lease. 3848 Lamont. Available early April. 858-483-3221.

PACIFIC BEACH/CROWN POINT. \$1295. 2 bedroom, 1 bath. Large, upstairs. Stove, refrigerator, dishwasher, microwave. No pets. Nice, shared courtyard. Coin laundry, garage space. Available now. 3711 Ingraham. 858-270-2071. Del Sol Property Management, broker. www.delsolpm.com.

PACIFIC BEACH/CROWN POINT. \$1195. Junior 1 bedroom. Middle unit in 3- unit property. Stove, refrigerator, garage. All utilities paid. Shared lawn. Dog OK with additional deposit. Available now. 1936 Reed. 858-270-2074. Del Sol Property Management, Broker. www.delsolpm.com.

PACIFIC BEACH/CROWN POINT. 2 bedroom, 1-1/2 bath, \$1900 rent/\$900 deposit. Sweeping view of Mission Bay! Dishwasher, garage with remote. Great floor plan. No pets. No cosigners. Available in May. 3838 Lamont Street. 858-483-3221.

ACURA & HONDA OWNERS
WE REPAIR AND SERVICE ALL JAPANESE CARS

OIL & FILTER
CHANGE

10-point check upon request. Add \$2 for oil disposal fee.

FREE
CODE
CHECK



With repair.

FUEL INJECTION SVC.

- Reduce emissions
- Increase horsepower
- Restore performance mileage

\$39⁹⁵

BUMPER-TO-BUMPER SPECIAL

- Change oil & filter • Inspect air filter
- Rotate tires if needed
- Complete brake inspection
- Top off all fluids
- Check & adjust timing to specs
- Check undercarriage & exhaust system
- Check all hoses & belts
- Replace spark plugs
- Check radiator and fan operation • Road-test

V6, V-Tec, platinum plugs additional.

BRAKE SPECIAL

(2-WHEEL)

- Install new lining
- Resurface drums/rotors extra

\$99⁹⁵

Most cars

Kearny Mesa A & H Specialists

4187 Convoy St. (next to Big O Tires) • 858-573-9999
Mon.-Fri. 7:30 am-5:30 pm, Sat. 8:00 am-3:00 pm

LEAD STORIES

— Drug officials in California’s Mendocino, Humboldt, and Trinity counties (north of San Francisco) estimated in January that two-thirds of the area’s economy is probably based on illegal marijuana farming (illegal under federal law but permitted for medical use by the state). One federal agent told MSNBC, “Nobody produces any better marijuana than [they] do right here.” ... In January, the director of the United Nations Office of Drugs and Crime acknowledged that during the bleak banking days of September and October 2008, with panic in the economy over the shortage of cash, often the main source available to some banks was drug dealers’ steady deposits of money to be laundered.

Bright Ideas

— London’s Gymbox in Bank athletic club, recognizing that lifting weights can be a boring way to exercise, recently introduced “human barbells,” hiring five men of various sizes (including two dwarfs) that customers could use for weights instead of the iron. One advantage of the humans is that, on request, they shout encour-

agement to the customer with each lift. The largest of the five is a 37-year-old, 340-pound man. — Walter Tessier of Amsterdam, N.Y., was charged with larceny in January for trying to defraud a Price Chopper store. Tessier had purchased a \$10.99 lobster but returned it, claiming that it had turned “bad,” and the store allowed him some crabmeat in exchange, but employees discovered that the “lobster” was only its empty, carefully reconstructed shell that made it appear whole. Tessier then ran from the store but was arrested later at his home, where he had just finished the crabmeat.

Family Values

— The sheriff in El Dorado, Kan., asked in January for help from the public in locating a missing boy named Adam. According to the sheriff, Adam’s parents, Doug and Valerie Herrman, recently reported him missing even though they had not seen him since he ran away in 1999, when he was 11. The Herrmans’ attorney said that his clients were “very worried about him.” — Late last year, Jack Burt, 5, of a rural area near Darwin, Australia, admitted to his dad that he had been kicked off the school bus for bad behav-

ior (including hitting the driver in the head with an apple), provoking the father to use the episode as a teaching opportunity, according to the *North-ern Territory News*. For the five-day suspension, Dad would not reward Jack by driving him but would make Jack walk the two-and-a-half-hour, seven-mile distance to school and back each day.

The Continuing Crisis

— As part of a contentious New York divorce, surgeon Richard Batista, who in good times had donated a kidney to his wife, demanded in January that she either give it back or compensate him with \$1.5 million in consideration of the rarity of his kidney match. — In January, Thomas Rowley, 28, went on trial in Victorville, Calif., for allegedly trying to carve the breast implants out of his ex-girlfriend. According to prosecutors, Rowley said that since he had paid for the implants, he felt entitled to recover them. He was charged with attempted murder. — Episcopal priest Gregory Malia, 43, of Wilkes-Barre, Pa., buys top-dollar champagne at New York City nightclubs, even leaving five-figure tips and treating his favorite waitresses to shopping sprees,

according to a December *New York Daily News* report. Said Malia (who is a hemophiliac and owns a pharmacy devoted to blood-disorder medicine), “I work hard. I make good money. How I spend it, that is my business.” Waitresses interviewed by the *Daily News* said “Father Greg” is a sweetheart and never does anything inappropriate. — *Forbes* magazine reported in December that state authorities were investigating Beverly Hills, Calif., plastic surgeon Alan Bittner over his claim that he had created diesel fuel for his and his girlfriend’s SUVs out of liposuctioned fat from his patients. California law is said to prohibit using medical waste for such a purpose, but Bittner’s claims came to light in patients’ lawsuits over liposuction treatments, quoting Bittner as bragging about the biodiesel. Bittner wrote on one Web page (no longer online), “The vast majority of my patients request that I use their fat for fuel, and I have more fat than I can use.”

Send your Weird News to Chuck Shepherd, San Diego Reader, P.O. Box 85803, San Diego, CA 92186 or to WeirdNewsTips@Yahoo.com

PACIFIC BEACH/CROWN POINT. \$1495. Spacious, fully upgraded 1 bedroom, 1 bath condo in secured complex. 675 square feet. Quiet neighborhood. Fabulous views. Many amenities. 858-207-8347.

PACIFIC BEACH/CROWN POINT. \$1025. 1 bedroom. Half block to Sail Bay. Great location! Close to restaurants and shopping. 3825 Riviera Drive. TPPM 858-699-3851.

PACIFIC BEACH/CROWN POINT. \$1425. 2 bedroom, 2 bath. Nice and quiet property, two blocks to bay. On-site laundry, 2 parking spaces. **\$500 off 1st month!** 3803 Jewell Street. TPPM, 619-933-7400. www.villalaplaza.com.

PACIFIC BEACH/CROWN POINT. \$1050. 1 bedroom, 1 bath. Near Mission bay. Parking. Upstairs. Available 4/07/09. 1536 Moorland Drive #6. www.amgsd.com, 619-295-1165.

PACIFIC BEACH/MISSION BEACH South. Studio, downstairs. All utilities paid. On-site parking. 2980 Mission Boulevard, south of roller coaster, \$825/month, lease required. 858-488-5463, 760-887-2000.

POINT LOMA \$1565. Spacious 2-bedroom, 1-1/2-bath townhouse. Hilltop ocean views! Private patio, new carpet, appliances. Walk-in closets, saunas, pool. No pets. Laundromats. 619-226-8158.

POINT LOMA, Loma Portal. Condo. Move- in special: \$700 plus \$1350 deposit!. 2 bedroom, 2 bath, dual master suites, secured building and parking. On-site laundry. 3140 Midway Drive, #A-308. www.centrecity.net. 619-296-6699.

POINT LOMA. 2 bedroom, 1 bath. \$1350/month, \$1200 security deposit. Stove, refrigerator. Clean unit. Available now. Pets OK. 3110 Jarvis Street. Lance, 619-222-6020.

POINT LOMA. Studio, \$770. Bright, airy downstairs unit, near Sports Arena. Beautifully landscaped, security gate, laundry. No pets. Available 4/2. 3191 Kemper. 760-505-7736, www.lomascenic.com.

POINT LOMA. \$950-\$1300. 1 and 2 bedrooms, 1 bath. Very bright, hardwood floors, laundry, off-street parking. No pets. \$600 deposit. Tony, 619-225-9935.

POINT LOMA. \$1400. Bright, airy, breezy! 2 masters, 2 parking. Upgraded, tile/granite. Washer/dryer. Pool/spa. Watch SeaWorld fireworks from balcony. Available 5/1. 858-200-7511.

POINT LOMA. \$199 first month's rent ! Large 1 bedrooms, \$925/month. Parking, laundry. No pets. Available now. 619-523-3969.

POINT LOMA. \$1095. Large 2-bedroom, 1-bath upstairs apartment with new carpet! Laundry on site! No pets! 3612 Kemper Court #11. Call

619-222-4836 x14 or www.sunsetpacificrealty.com.

POINT LOMA. \$1795. 3 bedroom, 2 bath. Top floor. Bright, open floor plan. City views! Stackable washer, dryer. 2 underground parking spaces. Available. 3225 Newell Street. Pet OK. Alta Vista Properties, 858-274-3600. www.altavistaproperties.net.

POINT LOMA. \$1995. 3 bedroom, 2 bath. Over 1500 square feet. Sundeck. New carpet. Washer/dryer. Central heat. Pool. 2777 Nimitz Boulevard. Pet friendly. 619-297-0269.

POINT LOMA. Rent starting as low as \$999. 2 bedrooms, \$1334. 3 bedrooms, \$1599. Centrally located in beautiful Point Loma. \$99 deposit! (on approved credit). Pet friendly, clubhouse, fitness room, Jacuzzi, business center, tennis, heated pool, convenient parking, close to beach/shopping, Stonewood Gardens, 3889 Midway. MG Properties, 1-866-791-9948. www.sdrader.com/news/rent2118.

POINT LOMA. \$1375. Spectacular 2-bedroom apartment with hardwood floors. It's ready and waiting for you! If you want the best, we have it. This unit has just undergone a condo-quality remodel in excess of \$30,000. Gourmet kitchen with granite countertops, stainless steel appliances, all new cabinets, Italian ceramic tile floors and recessed lighting. Full ceramic tile bathroom with a granite vanity top. Clear glass shower enclosure and beautiful tile floor. The rest of the unit has refinished original hardwood floors that are like new. Crown moldings were added, as well as new baseboards. All new hardware, light fixtures and ceiling fans. We also installed new vinyl windows. In fact the entire property is being remodeled. Close to shops and fine dining. Walk to Shelter Island. Cated with intercom. Unit comes with one off- street parking space. \$750 security deposit and a 1-year lease is required. Application fee is \$30 per applicant. Excellent credit and references are a must. 2817-2831 Carleton Street. **E-mail your inquiries to scott@hendershawandassociates.com or call 619-846-6615.**

POINT LOMA. Reduced \$1300. Hawaiian atmosphere, pool, Jacuzzi, tennis, gym, game room, laundry, parking, 2 bedroom condo, dishwasher, balcony. No pets. 3050 Rue d'Orleans. 619-647-4332.

POINT LOMA. Studios and 1 bedrooms from \$995. Newly remodeled studios with fantastic upgrades! Extraordinary! Everything is new! Gated entry, parking, laundry, barbeque area. 2089 Chatsworth Boulevard. 619-222-0152.

POINT LOMA. \$1075, \$800 deposit. 2 bedroom, 1 bath apartment. Pool, parking, laundry, no pets at 2625 Camulos Street #16. Agent, 619-523-2411.

POINT LOMA. \$1295 rent, \$800 deposit OAC. Huge 2- bedroom, 2- bath condo. 2- car garage, large balcony, community pool and spa, laundry, no pets. At 3215 Midway Drive #702. Agent, 619-299-8515.

POINT LOMA. \$895 or \$1095. 1 bedroom or 2 bedroom, 1-1/2 bath apartment. New carpet, pool, parking, no pets at 2707 Camulos Street #13 or #8. 619-523-2411.

POINT LOMA. \$725, \$700 security deposit. Small 1 bedroom, 1 bath. 1 off-street parking. Nonsmoking/no pets. Available now. 858-248-2026.

POINT LOMA/LA PLAYA. Move- in special! Completely remodeled 2 bedroom, 2 bath condo. Laundry. Travertine floors. Granite countertops. Stainless steel appliances. Views! Private balcony. Underground parking. Secured

building. Steps to the beach. \$2695. 2955 McCall. 619-247-2114.

POWAY. \$950. Nice 1 bedroom. Pool, dishwasher, patio or balcony, parking, laundry. Beautiful courtyard. No pets. 12500 Oak Knoll. Agent, 858-679-1789.

POWAY. 1 bedrooms, \$915. Nice, well-maintained complex with air conditioning, off-street parking, community laundry. Near all. No pets. 12529 Oak Knoll Road. 858-486-0109.

RAMONA. 1/2 off first and 2nd month's rent! \$895/month. \$200 deposit. 2 bedroom, 1 bath. Close to shops. Onsite laundry. Pool. Off street parking. Habla Espanol! 1606 Montecito Road. Agent, 619-469-5010.

RANCHO BERNARDO. 2 bedroom, 2 bath starting at \$1325. Washer/dryer hookups. Upper. Vaulted ceilings, skylights. \$500 off first month with 6- or 12- month lease. 858-485-1534 or casabernardo@cgpinc.com.

AUTOMOTIVE

Thao Auto Repair & Advanced Machine

in one location to better serve you!

THAO AUTO REPAIR

3400 El Cajon Blvd. • (619)640-4606
Visa • MasterCard • Se habla español
Special rates for auto body repair without insurance.

ADVANCED MACHINE

PARTS • SERVICE • WELDING
Your Complete Automotive Machine Shop
3400 El Cajon Blvd. • 619-640-4609

Oil Change
\$20^{95*}

Includes new oil filter and up to 4 quarts of oil. Hazardous waste fee \$2.

Radiator Flush
\$24^{95*}

+ coolant

Fuel Injector Cleaning
\$39^{95*}

Timing Belts
\$90

and up

Catalytic Converter Special
Call for price.

OBDI converters only

Smog Check
\$16⁷⁵

Plus \$8.25 for certificate.
Most 1976-1995 cars only.

Brakes [2 wheels]
\$89⁹⁵

and up
Install new economy lining.
Resurface drums or rotors extra,
premium lining extra.

3D Technology Alignment
& New Tires Available.
Most Major Brands.
Call for Reader Special.

Muffler Special
\$64^{95*}

and up

Tune-up
\$29^{95*}

and up
Change spark plugs, check distributor
cap and rotor, check air filter.

All offers valid on most cars, with coupon.
Offers expire 4/23/09.

Good Auto Repair at a Good Price

“This place is not one of those chains, but it's a great place to get your car fixed. I have been going there for years. The mechanics are honest and tell you exactly what is wrong.” – B.W.

MR International Auto Repair

7030 Carroll Road • 858-455-5440
(Near Miramar Road)

Unlimited Mileage Warranty! Call for details.
Your Friendly & Honest Auto Service Center



<p>Starting at GOOD \$69* BETTER \$89* BEST \$139*</p> <p>Front or rear. Call for details! Parts & labor. Resurfacing rotors additional for the \$69 price. \$89 or higher includes resurfacing rotors.</p>	<p>Water Pump Starting at \$129* 4-cyl.</p>	<p>Transmission Service Includes filter Starting at \$79⁹⁹ Most cars.</p>
<p>30K/60K/90K Factory Service</p> <p>Starting at \$109* 4-cyl. • Replace engine oil & filter • Check timing • Inspect air filter • Rotate tires • Replenish all fluids • Inspect brake system & adjust brakes • Other services as needed</p>	<p>Starting at \$98* 4-cyl. Parts extra.</p> <p>Rebuilt Transmission Parts extra. \$399* Most cars.</p>	<p>New Axles Starting at \$139^{95*} Installed! Rebuilt available. Lifetime warranty.</p>
<p>Manager's Special 1! Oil & Filter Change \$14^{88*} Most cars. Plus \$3.50 disposal fee.</p>	<p>Head Gasket Starting at \$199* Labor only.</p>	<p>Starters & Alternators Starting at \$190 Installed Most cars.</p>
<p>Manager's Special 2! Synthetic Blend Premium Oil Change Includes filter and up to 5 quarts synthetic blend oil. Most cars. Plus \$3.50 disposal fee. \$36^{95*}</p>	<p>Clutch Special Starting at \$180* Plus parts. Rear wheel.</p>	<p>Japanese Engine Replacement Starting at \$1025* Installed. 6-cyl., 8-cyl. extra. Call for details.</p>
<p>“Check engine” light on? FREE* Computer Scan</p>		<p>Fuel System Flush \$75⁹⁵</p>

Engine Rebuild – Call for Special Price!

Import & Domestic • Shuttle Service Available • TOWING AVAILABLE

*Most cars. **10% Military Discount** MasterCard /Visa /Discover



San Diego Reader March 19, 2009 139

FAMOUS FORMER NEIGHBORS

by Jay Allen Sanford ©2009



FAMOUS FORMER NEIGHBORS

ADAM BRODY

WAS BORN IN CARLSBAD (12/15/79), ATTENDING WANGENHEIM MIDDLE SCHOOL & SCRIPPS RANCH HIGH. AFTER A YEAR AT CITY COLLEGE, HE MOVED TO L.A. IN 1999, TO BECOME AN ACTOR. IN 2003, HE WAS CAST AS COMIC NERD SETH COHEN ON FOX'S THE O.C.

WWW.MYSPACE.COM/JAYALLENSANFORD

ON THE O.C., SETH DREW A COMIC THAT IN REAL LIFE APPEARED IN TV GUIDE & ITUNES. LATER, BRODY THE ACTOR CO-CREATED THE WILDSTORM COMICS MINISERIES RED MENACE. THE O.C. WAS CANCELED IN 2007. BRODY WAS THE FIRST MALE TO APPEAR ON THE COVER OF ELLE GIRL.



WWW.MYSPACE.COM/JUVIELAW

SAN CARLOS. Super special! 2 and 3 bedroom townhouses. \$1395 and up. Stove, dishwasher, garage, large patio, pools, laundry facilities. Lakewood Villa Townhomes, 8492 San Carlos Drive, San Diego. 619-469-3585; 619-944-0671.

SAN CARLOS. \$1550. Beautiful 2 bedroom, 2 full baths, remodeled condo. Pets considered. Parking, Jacuzzi, sauna. Laundry on site. Available now. Near SDSU, freeways. 858-395-8500.

SAN DIEGO. Senior condo. 1 bedroom, 1 bath. \$685. On-site laundry. Clean, quiet, secure. Great location, close to all. 4260 North 44th #224. Call Rachael: 619-804-1044; or Jeff: 619-713-1044.

SAN MARCOS. \$1050. Manager's special! \$500 off 1st month's rent! Large 2 bedroom, 1 bath. New throughout, view, large balcony, carport, private storage. Gated, small complex. No pets. Call for appointment for showing, 760-599-0989.

SANTEE. \$995. Large 2- bedroom garden apartment. Appliances, air conditioning. Off- street parking. Laundry on site. Water/trash free. 8832 Olive Lane. 619-562-8331 or 619-423-3023.

SANTEE. Renovation blowout! 1 bedrooms starting at \$899. Select units totally remodeled. Move in by 3/24 and get \$500 off! Open House: 10am-4pm, Saturday, 3/21. Fletcher Valley Apartments, 8328 Fanita Drive. 619-449-5616.

SERRA MESA. \$1495. 3- bedroom, 2- bath condo in Woodbridge Condos. 2 parking spaces, all appliances, fireplace, pool. No pets. 9149 Village Glen #285. 858-483-3534. www.CalProp.com.

SOLANA BEACH. 1st month free! \$1060. 1 bedroom. Beautiful senior community, 55+. Gated. Laundry. Elevator. Courtyard. Clubhouse with large screen TV, Internet access. West of I-5. Close to shopping, bus routes. Near Del Mar FairGrounds/ocean. No pets. Section 8 welcome. 858-755-5995.

SOUTH PARK. \$1125. 1 bedroom, hardwood floors, personal patio, on-site laundry, cat OK. 3008 Hawthorn. 619-300-1365, 619-588-4106.

SOUTH PARK. Studio, 1 and 2 bedrooms. Wood floors. Available now. 3001, 3004, 3007, 3013-1/2. www.stevenleproperties, 619-2295-1161.

SOUTH PARK. Victorian flat studio. Elegant! Restored. Private secured entrance. Treetop Park view. Wood

floors. \$700/month. 2034 30th Street. 858-568-5081.

SOUTHEAST SAN DIEGO. Spacious 3 bedrooms, 2 baths with travertine, newly remodeled duplex, large patios, on-site washer/dryer. \$1200. \$900 security. 4753 Castana. Linda. 619-203-9233.

SPRING VALLEY. \$1125. Extra large 2 bedroom, 1 bath duplex. Large patio, appliances, washer/dryer, terracotta tile, parking. 8770 Lamar Street. 619-804-3325.

TALMADGE. \$1100. 2- bedroom, 1-1/2- bath townhouse. Very nice, stove and refrigerator. Near tennis courts. No pets. 4538 Norwood Street. Call manager, Danny, at 858-729-4125.

TALMADGE. \$865. Spacious 1 bedroom, nice area, quiet, courtyard with trees and barbecue, gated, parking, laundry, air conditioning. Available now. 4544 Winona Avenue, 92115. 619-229-1406.

TALMADGE. \$1075. 2 bedroom, 1 bath apartment, upstairs. On-site laundry, off- street parking, patio area. North of El Cajon Boulevard. 4457 48th Street #4. www.sdforrent.com. 619-640-7530.

TALMADGE. \$1000. 2- bedroom, 2- bath duplex. Upstairs. Laundry on site. Available now. 4541 Contour Boulevard #2 and 5. www.stevenleproperties. com, 619-295-1161.

TALMADGE/ KENSINGTON. \$99 deposit moves you in! Call for details. 1 bedroom, 1 bath, \$960. Adjacent amenities in cardio and weight facilities, computer lab, outdoor barbecue billiards area, pool and spa. Fitness center. Business center. 4454 44th Street. 619-282-1191.

TALMADGE/ KENSINGTON. 1/2 off first month's rent! \$99 deposit! Call for details. 2 bedroom at \$1125. Upgraded kitchen. Adjacent amenities include cardio and weight facilities, computer lab, outdoor barbecue, billiards area, pool and spa. Fitness center. Business center. 4454 44th Street. 619-282-1191.

TALMADGE/CITY HEIGHTS. 1 bedroom, 1 bath, \$850. 2 bedroom, 1 bath \$1025. New floors, balcony, pool, barbecue. Pets negotiable. Section 8 OK. 619-284-1045.

TIERRASANTA. \$1395. 2 bedroom, 1 bath condo. New carpet. New paint. Washer/dryer hookups. Extra large kitchen. Large patio. Small yard. 2 parking spots. Pool. Tennis courts. No pets. 11035 Clairemont Mesa Boulevard. Agent, 619-692-4121.

TIERRASANTA. \$950. 1 bedroom, 1 bath upper apartment, newly remodeled, recreation room with activities, elevator, on-site laundry. Gated, shopping close. 62+ living. 4906 La Cuenta Drive. Linda. 858-278-4910. www.centrecity.net. 619-296-6699.

UNIVERSITY HEIGHTS. \$1175. 2 bedroom, 2 bath. Washer/dryer, dishwasher, air, gas fireplace, carpet/ linoleum. Off- street parking. 8- unit complex. 4026 Alabama Street. 619-296-9557, 619-286-4320.

UNIVERSITY HEIGHTS. \$1000. 4615 Hamilton #1. 2 bedroom, 1 bath. Great location near Park Boulevard, upgraded exterior, new windows, on-site laundry. 825 square feet, parking. No pets. 858-483-3534. www.cal-prop.com.

UNIVERSITY HEIGHTS. \$850. Large 1- bedroom Spanish cottage. Beautiful landscape, quiet, private. In- house laundry. No pets/smoking. Generous storage. Garage available. 4363-1/2 30th. 619-507-2613.

UNIVERSITY HEIGHTS. \$1250. Extra large 2 bedroom, 1 bath. Gated, stove, refrigerator, crown molding, spacious kitchen with lots of cabinets, private patio. Pet negotiable. 4664 Hamilton. 619-384-9219.

UNIVERSITY HEIGHTS. 2 bedroom, 1 bath, \$1025. On wooded canyon hillside, laundry on site. 3956 Florida Street. Month free special! Agent, 619-260-1368. View at www.sevilllemgmt.com.

UTC AREA. \$1495. 2 bedroom, 1 bath condo with fireplace. 2- car detached garage. Laundry in unit. No pets. Coldwell Banker Property Management, 858-488-2288.

UTC. 55+ spacious luxury living. Pool, spa, golf course. 1 bedrooms, \$1149. 2 bedrooms, \$1299. \$99 deposit OAC. Town Park Villas, 4633 Governor Drive. 858-453-0441.

UTC. \$2300. 3 bedroom, 2-1/2 bath furnished townhome. 2-car garage. Washer, dryer. Very conveniently located near the Mall, restaurants, shops and freeways. 4381 Nobel Drive. Available April 1. Alta Vista Properties, 858-274-3600. www.altavistaproperties.net.

UTC. \$1795. Wow! 1/2 off 1st month! 2 bedroom, 2 bath. 2 parking spaces. Washer, dryer in unit. Pool, tennis, gym. Available now. No pets. 3937 Nobel Drive #132. Agent, 619-692-4121.

VISTA. Special: 1/2 off first month's rent! 2 bedroom, 2 bath, remodeled, \$1095. Air conditioning, new carpet/ new paint, large patio, storage. Gated

hillside community. 760-672-6405. www.melroyproperties.com.

REAL ESTATE HOUSES

TO PLACE AN AD IN THE READER call 619-235-8200, 8:30am to 5:00pm, Monday through Friday. Deadline: 5pm Tuesday.

BEST BUYER SELLER REPRESENTATION. Call for free list of homes under \$300,000. Now offering loan modification services. Agent/Broker, www.angeandrewsrebroker.com, 619-443-8346.

ENCINITAS. Beach house. 3 bedroom, 1 bath. 2 houses to surf check. Close to Step Stones Beach/shops. Above street. Quiet and private. \$800,099. 760-436-2219.

OCEANSIDE. \$89,500. Manufactured 1997 home. 1248 square foot 3 bedroom, 2 bath. New paint inside/out. New carpet. Park rent: \$387. 140 Douglas Drive. 619-665-3103.

YUMA, ARIZONA. No money down. House with 2 car garage. 619-618-5061.

REAL ESTATE CONDOS

TO PLACE AN AD IN THE READER call 619-235-8200, 8:30am to 5:00pm, Monday through Friday. Deadline: 5pm Tuesday.

BAJA CALIFORNIA, MEXICO. La Mision. 2 bedroom, 1 bath, beautiful ocean view, 24-hour security guard, gated community. Best beach in Baja. \$250,000 or rent \$1000/month. 760-250-7055

DEL MAR. Lovely, sunny 2 bedroom, 2 bath condo with pool and Jacuzzi. Monthly interest \$1695. \$15,000 down. APR only 5.9%. Call Agent, Elizabeth, at 619-286-5813.

LA JOLLA/UTC. Sunny, lovely 2- bedroom, 2- bath condo with pool and Jacuzzi. Monthly interest \$1695. \$15,000 down. APR only 5.9%. Call Agent, Elizabeth, at 619-286-5813.

REAL ESTATE MISCELLANEOUS

TO PLACE AN AD IN THE READER call 619-235-8200, 8:30am to 5:00pm, Monday through Friday. Deadline: 5pm Tuesday.

ATTENTION SELLERS! We'll buy your house in 11 days or pay you \$500 cash!

24- hour information: 800-398-8864, Box 305.

EL CAJON. 1 bedroom, 1 bath in all-age park, enclosed patio, parking, near all. Ready to move in. Space rent \$450. Low down. Easy terms, by owner. \$14,900. 619-286-5966.

EXQUISITE VIEW LOTS. Stunning ocean/Dehesa Valley views! Gated community, 5 lots. Two available, 4.56 acres, \$450,000 or 8.14 acres, \$650,000. Agent Steve Renaldi, 619-277-9599.

FORECLOSURES AND DEFAULTS. Huge increase in daily volume! Daily reports. 30-50 new properties daily throughout San Diego County. All loans researched. Call 800-664-2567; www.CountyRecordsResearch.com.

GOVERNMENT 100% LOANS available. FHA, VA. Bank- owned foreclosures and short sales. Pre-foreclosure homes, condos for sale. Buy them before the bank does! Agent, Elizabeth, 619-286-5813.

HOTEL OWNER WANTS TO BUY property anywhere. Small houses, big houses, condos, apartments, commercial, vacant land, and notes. Call 619-204-0610.

RANCHO BERNARDO. Award-winning community, 3 bedroom, 2.5 bath corner unit with driveway! Gated community. Call for details. Top Notch Realty, Inc., 858-715-0688.

REAL ESTATE CONTRACT/NOTE? Collecting monthly payments? With today's economy, what happens if those payments stop coming in? Get cash! Free quote! vmdixon52@cox.net or 619-244-0801.

TICKETS

TO PLACE AN AD IN THE READER call 619-235-8200, 8:30am to 5:00pm, Monday through Friday. Deadline: 5pm Tuesday.

DEPECHE MODE. Cricket Wireless Amphitheater. Friday, August 14. \$300/3 tickets. Section 304. 619-213-3144.

DISNEYLAND. 2 adult park hopper passes. Must do both parks on same day. Value- \$192, asking \$175 firm. Cash sale. 619-955-7018.

PADRES 2 great seats above visitors' dugout on aisle, field box 108, row 14, seats 1 and 2. Great price. More information, 858-292-9292, jbalogh@san.rr.com.

PADRES SEASON TICKETS. Toyota Terrace. Two great seats near home plate, 4th row! Will sell 10 or 20 games below face value. Call Gary, 619-807-4371.

SEA WORLD. Senior's pass. Year, enjoy unlimited admission. Free parking. \$79. 619-466-8663.

SPORTS

TO PLACE AN AD IN THE READER call 619-235-8200, 8:30am to 5:00pm, Monday through Friday. Deadline: 5pm Tuesday.

O'NEIL WETSUIT/SPRING SUIT. Women's size 8. Black and purple. In excellent condition. \$80/best. 858-274-5078.

ROLLERSKATES. Tan, women's size 8. In excellent condition. Knee pads and wrist guards included. \$75/best 858-274-5078.

SECOND BASEMAN needed. Softball team also needs a center fielder. Call Jon, 619-952-4767.

SHORTSTOP and fast outfielder needed to complete our team. Jeff, 619-823-2852.

SOFTBALL LEAGUE. I have several teams and we need players. All positions. 619-517-5791.

SOFTBALL TEAM needs a pitcher and a third baseman. 619-295-0385.

SURFBOARD. New, 9'6" McTavish Epoxy flexlite. Used 4 times, performance noserider. Incredible board for unbelievably insane price, \$500. Can't be beat. 858-366-2168.

SURFBOARDS, NEW AND USED. 9' just \$150; brand new 9', \$400. Twin fins from 5.6-6.10, only \$400. 5.8 Al Merrick, \$200. Too much to list. Repairs available. Buy, sell, trade. 760-809-6180.

SURFBOARDS. 9'6" longboard, 7' 6" round- pin. Best cash offer. Leave message. Call 619-296-4065.

TENNIS LEAGUE. Intermediate to advanced skill levels. Join the year-round fun at the #1 league in San Diego. League is starting now. 858-794-1800. www.tennisleague.com.

TENNIS RACQUETS. 2. Head aluminum 4-1/8" grips. \$50 each. 2 wooden frame tennis racquets with head protectors. 4-3/8" grip. \$35 each. 619-224-4820.

TREADMILL. Healthrider 320i with biofeedback. My resolution built is your gain. Only \$200! 858-733-1984.

PHOTO

TO PLACE AN AD IN THE READER call 619-235-8200, 8:30am to 5:00pm, Monday through Friday. Deadline: 5pm Tuesday.

CAMERA BAG. Tamrac 5374. Brand new, still in packaging. \$65. 619-954-9058.

FLASH EQUIPMENT. 2 units. Other miscellaneous equipment. SunPak 522, \$45. Minolta 2800, \$25. Slave units, filters, cable release, etc \$30. \$95/all. Mint condition. 619-216-8886.

MINOLTA ZOOM pocket film camera. Zoom 125 comes with case and instructions. \$50. 858-361-9431.

PHOTOGRAPHER WANTED. A professional photographer to record on a VHS camera a botanical garden in San Diego. 760-723-7373, 818-535-9955.

SLIDE PROJECTOR. Bell & Howell TDC, Headliner, 303 with Selectron semimatic slide change, holds 30 slides (not carousel). Works great. \$75. 619-224-4820.

STUDIO LIGHT KIT. Speedotron D402 400 watt second kit. Includes posing table and stool, many extras, \$550. Call 760-489-9854 after 6pm.

COMPUTERS

TO PLACE AN AD IN THE READER call 619-235-8200, 8:30am to 5:00pm, Monday through Friday. Deadline: 5pm Tuesday.

SMOG CHECK

\$15⁹⁵

Most cars.

Free retest when we do repair. Plus \$8.25 certificate and \$1.50 transfer fee. 1995 & older, \$15 for evap test. Vans, trucks & European cars extra. Cash only. Must present DMV renewal notice. *All prices plus tax. With this ad. Exp. 4/20/09.

OIL CHANGE \$23⁹⁵*

Most cars. Includes up to 5 qts. and new filter. Cash only.

BASIC TUNE-UP

4-cyl. \$25/6-cyl. \$35/8-cyl. \$45*

Includes spark plugs. Additional parts extra. Most cars.

TIMING BELT SPECIAL \$95*

Includes parts & labor. Most 4-cyl. cars. 1995 and older. Dual overhead cam extra.

BRAKES...\$10 OFF

Front & rear. Turn rotors, drums, new pads, lining. Most cars, 4WD extra.

STEVE AUTO REPAIR

1370 Garnet Ave. • Pacific Beach

(858) 274-1195 ASE

mobile window tinting

Competitive prices. Lifetime guarantee. 18 years' experience.

We come to your home or office.

619-892-2263

ACME TINTING



OIL CHANGE \$29⁹⁹

STARTS AT \$29⁹⁹ INCLUDES FILTER & UP TO 5 QTS. PLUS DISPOSAL.

BEST TIRE BUY

CALL FOR PRICES, BRANDS, & OTHER SIZES

IMPORT RADIAL 40K	GT METRIC
155SR13 \$32 ⁸⁰	UNIROYAL
175/70R13 \$33 ⁴⁵	BF GOODRICH
185/70R14 \$40 ⁹⁹	MICHELIN
185/60R14 \$47 ¹⁰	DUNLOP
195/60R15 \$49 ²²	PIRELLI
	KELLY
	WESTLAKE
	GOODYEAR

M-F 8 AM-5 PM, SAT 8 AM-12 PM 3536 OLIVE, LEMON GROVE

VISA • MASTERCARD • AM EX • DISCOVER **(619)466-5568**

Remanufactured Engines

Since 1974

From **\$1599** installed

1-year warranty

JACOBS ENGINES

938 Coolidge Ave. (Off I-5) National City • 619-474-2556

BACK WHEN *in the Reader*

Thirty Years Ago

SOLITARY WOMAN: I hear you. Please come see me, high noon, the Saturday following this edition, foot of SIO pier. La Jolla. Red Ker Chief. **ROCKY HORROR!!** I've discovered it and I love it, love it, love it!! Lips forever! Frankie, I love you! Gee Are.

— CLASSIFIEDS, *March 22, 1979*

Twenty-Five Years Ago

Jonathan Saville must be joking! The Fox Theatre is "splendid for dance"? ("Quarter Notes," March 8). It certainly wasn't from my top-price seat (tenth row of the orchestra, right-side section, on the inner aisle) for the recent San Francisco Ballet performance. The heads of the people in front of me blocked my view of everything below the dancers' shoulders on fully half the stage.

— LETTERS: **"THE CRITIC AND THE FOX,"**

Amy L. Morris, March 22, 1984

Twenty Years Ago

Dear Matthew Alice:

On the television show Mr. Ed, how did they make Mr. Ed move his mouth as if he were speaking?

Just before show time, Ed's handlers would thread the clear plastic line through his halter, under his upper lip, and out through the other side of his halter. Two off-camera assistants would tug on the line, and Ed would wiggle his lips, trying to get rid of the irritant in his mouth. Pull on the line, he "talks"; stop pulling, he stops "talking."

— STRAIGHT FROM THE HIP, *Matthew Alice, March 23, 1989*

Fifteen Years Ago

The car ride home was via the typical route, straight up Fifth Avenue toward Mission Hills. Mick drove slowly, stopping at red lights always out of sync with each other. Our ordinary journey turned into an

abrupt and extraordinary one.

A loud thump hit the driver's door, and as I turned to look, I was startled. Hanging with one arm in the door was a black man, his large build not as apparent as his urgency.

"Gimme your car, man," he said.

The man looked like a typical homeless person, with a rather bizarre request. I became slightly amused. *Mick will handle this*, I thought to myself.

"No, get off my car," he replied.

There, I thought, *that will take care of him.*

"Gimme your fucking car, man," he insisted. *Pretty persistent homeless guy*, I thought to myself.

— CITY LIGHTS: **"CARJACKED ON A DOWNTOWN DEATH TRIP,"** *Mark Dodd, March 17, 1994*

Ten Years Ago

By Friday I'd washed every sheet and towel in the house twice. I'd washed all of Johnny's clothes and most of Lucy's

two or three times. Saturday no one threw up. Sunday both Johnny and Lucy seemed almost back to normal.

— KID STUFF: **"SATURDAY NO ONE THREW UP,"** *Anne Albright, March 18, 1999*

Five Years Ago

MONDAY, FEBRUARY 9

This morning there was a mortar attack on Baghdad International Airport (BIAP) and maybe one on the presidential palace. The palace isn't too far from BIAP, so we're not sure if it was a miss aiming for us or a miss aiming for the airport. But the highlight of my day was going to Camp Victory to attend a meeting in the Water Palace. It's smaller than the Presidential Palace that I work in, but the interior is much more ornate than ours — as hard as that is to believe. It's amazing what you can do with a couple billion dollars of other people's money.

Apparently, most of these palaces (I think the number is 77) were built



San Diego Reader, March 18, 2004

with "Oil for Food" money that Saddam was allowed to collect after the first war. The interiors rival the Czarist palaces in Russia — a dozen huge chandeliers and intricately carved and colored plaster on all the ceilings. The floors are multicolored marble and beautiful marble columns line the entryways.

— CITY LIGHTS: **"NOTHING LIKE THE MOVIES,"** *Chris Schnaubelt, March 18, 2004*

For more stories by these authors, go to sdreader.com.

COMPUTER CIRCULATION CENTER.

Buy, sell, trade. Laptops, PCs. Repairs, upgrades, virus/spyware removal. 24-48 hour turnaround. 9350 Clairemont Mesa Boulevard, San Diego 92123. Call 858-573-0411.

TOTAL COMPUTER Commercial service. We do everything. Installation, set-up, training, repair, networking, telephones, DSL, wiring, upgrades. \$20 in-home diagnostics. 619-941-1809; cell, 619-607-0221.

VARIOUS ITEMS. Computer tower, non-working, only for parts, \$10. Fax, scanner, copier, \$15. Keyboards, \$7 each. Mouse, \$5. Small computer chair, \$5. Escondido, 760-685-8291.

BICYCLES

TO PLACE AN AD IN THE READER call 619-235-8200, 8:30am to 5:00pm, Monday through Friday. Deadline: 5pm Tuesday.

BEACH CRUISER. Schwinn. Has gears and a basket. Morgan, 925-640-7521.

TWO 18 SPEED female bikes. Hardly used. \$80. 619-997-4655.

WANTED /TRADE

TO PLACE AN AD IN THE READER call 619-235-8200, 8:30am to 5:00pm, Monday through Friday. Deadline: 5pm Tuesday.

ACCORDION WANTED. Italian made accordion. Professional size. 120 bass. In excellent condition. 760-723-7373. 818-535-9955.

BOAT. Lightweight rowing or sailing dinghy under 8' long. Okay if repair or parts are needed. 619-656-2831.

SEEKING FISHING TACKLE. Collector wants for personal collection: wooden lures, reels, miscellaneous by Heddon, Pflueger, Creek Chub, South Bend, Shakespeare, to name a few. 619-972-3488.

TAKE MY PIANO, and give me your futon/laptop! Upright, beautiful piano in exchange for a futon in good condition or a laptop. 760-723-7373, 818-535-9955.

TRADE our Vista 2-bedroom senior-resident-owned mobile home/land (\$150,000) for your home closer to San Diego. \$150 association fee. Pet allowed. 760-295-3514.

WALT DISNEY ITEMS. Cash for autographs, books, paper, original animation art, early Disneyland items, any type comics before 1970, movie items, and autographs. 619-465-3090.

WANTED. Self propelled rear bagger. Sell or trade Sears chipper, Great States reel push mower, Poulan rear bag push mower. Call for details. 619-276-4901.

ANTIQUES & COLLECTIBLES

TO PLACE AN AD IN THE READER call 619-235-8200, 8:30am to 5:00pm, Monday through Friday. Deadline: 5pm Tuesday.

ANSTEAD'S AUCTION. We buy antiques, collectibles, household furniture, appliances, TVs, home electronics, pianos. Prompt service. Local buyers. Licensed/bonded. Serving San Diego since 1971. 619-233-3148; 1-888-722-2002.

ANTIQUE HAMILTON CHRONOMETER. 1941. Model 21, 14 jewels, manufactured in 1941 for the US Navy. Very clean, working condition. \$600. 619-253-9583.

CHAIR, HAND-CARVED, WOODEN, with needlepoint back and seat, castor wheels, \$450. 619-449-1104.

FAINTING COUCH. Classic early 1900s, very rare, dark, walnut frame with gold velvet fabric, \$485. Plus other items, ask for Amy, 619-231-0030.

ICE CREAM SCOOPER. \$4. Antique. Also, antique copper bell, \$4. 619-656-8491.

ORIGINAL PAINTINGS. Antique lithographs and old movie posters. All prices. 619-449-1104.

RECORD PLAYER. Luxtra Vox junior by Magnavox, with movie projector inside! \$350. 619-449-1104.

SCOTT'S INTERNATIONAL postage albums, stamps, seven albums, mint, 1935. First-day issue envelopes, many sheets 3- to 5-cent U.S. stamps, international. \$2500. 760-598-6906. rfort27@hotmail.com.

VINTAGE LAMPS. Beautiful. All prices. 619-449-1104.

VINYL LP COLLECTION. Liquidating personal record and CD collection. Jazz, pop, rock, classical. Priced well

below reseller. Cash only. E-mail for list and prices: clena1@hotmail.com.

APPLIANCES

TO PLACE AN AD IN THE READER call 619-235-8200, 8:30am to 5:00pm, Monday through Friday. Deadline: 5pm Tuesday.

APPLIANCE REMOVAL— FREE. Repairs \$99 or less. Replacement: refrigerator, stove, washer/dryer, from \$149 and up. Year warranty. Can deliver free! 619-702-3270.

DISHWASHER. Whirlpool. Top of the line twonsprayer. Five settings. \$150. 760-599-0249.

ELECTRIC DRYER. Brand new, GE, model DBXR463EG. Never been used. Still in box, perfect condition. \$290. Dan or Peggy, 619-276-9343.

REFRIGERATOR GE. Nice, cherry wood outside panels, side by side. Water/ice dispenser on door. \$695. Oven range microwave, white, \$250. Must see. 619-829-3704.

STOVES. 1 late model 30" energy saver, and 1 1950s 36" with griddle in middle. Wedgewood. Can separate. \$500. 619-990-5487.

VACUUM. Hoover. Porta Power attachments, 7.4 amps. \$15. 619-656-8491.

VARIOUS ITEMS. Stackable washer/dryer in great condition, \$245. Stove, \$100. Refrigerator, \$100. 619-204-2445.

ELECTRONICS

TO PLACE AN AD IN THE READER call 619-235-8200, 8:30am to 5:00pm, Monday through Friday. Deadline: 5pm Tuesday.

PRINTER. Epson R1800. \$375. Call 619-583-1837.

TV. 27", color, flat screen, like new, excellent picture, \$125. 619-461-4805.

FURNITURE

TO PLACE AN AD IN THE READER call 619-235-8200, 8:30am to 5:00pm, Monday through Friday. Deadline: 5pm Tuesday.

BED \$100, ABSOLUTE BARGAIN!

The Furniture Warehouse is now open to the public. We sell warehouse direct. Come see our large showroom. We have over 70 sets in stock from \$89! 995 Bay Boulevard, Chula Vista, 91911. Open 11am-7pm daily. Closed Monday. Credit cards accepted. Legitimate warranties in writing! Fast delivery. Call 619-426-2727. www.fwarehouse.com.

BED \$139, AN ABSOLUTE BARGAIN! Mattress Orthopedic Deluxe. New in

plastic with warranty. Queen \$139. All other sizes available. Credit cards accepted. Free delivery. Call 800-464-6420 or 800-464-6490.

BED: DISCOUNT FURNITURE and Mattress. Bed sets, dinettes, sofas, sectionals, mattresses and more! 30%-70% below retail every day! Free layaway, free financing, 12 months no interest/no payments. Fast delivery. Open Monday-Friday, 10am-7pm, Saturday/Sunday, 11am-5pm. Factory warranties included. 858-495-3325. 4810 Mercury Street, San Diego, 92111. www.realdealfurniture.com.

BEDROOM SET. Dresser with mirror, armoire, 2 end tables, slate gray finish, modern style. In great shape. \$395. Call Mark Schwartz, 858-688-6999.

BEDS. Adjustable Craftmatic-like remote control, 2 twins and 1 full size. \$100, \$200, \$300. Best offer or trade. 619-670-8356.

CABINET. Armoire style. Solid carved knotty pine. 4 doors, 2 cabinets, adjustable shelves. Great for entertainment center. \$85/best. E-mail for dimensions and photos: clena1@hotmail.com.

AUTOMOTIVE

ECONO LUBE N' TUNE® & BRAKES

2924 Damon Ave. (next to In-N-Out Burger), Pacific Beach 92109 • **858-274-4382**
No appointment necessary • Mon.-Sat. 8 am-6 pm • Sunday 9 am-5 pm
We accept Visa, MC, Discover & AmEx • Se habla español

FREE brake inspection • FREE diagnostic check (OBD2)
Most vehicles. All offers valid with this ad. PB location only. Expires 4/2/09.

Gas saver performance package \$49⁹⁸
Most 4-cyl. cars. 6-cyl. \$69.98, 8-cyl. \$79.88. Improves gas mileage and engine performance. Includes tune-up with "Super Bosch" spark plugs, fuel injection service, lube, oil & filter (choice of 5W-30 or 10W-30 premium oil), and 14-point safety inspection.

Lube, oil & filter \$9⁹⁸
Most vehicles. Includes up to 5 qts. oil (5W-30 or 10W-30 premium oil), filter, lube and 21-point safety inspection. Waste fee included.

Tune-up special \$24⁹⁸
Most 4-cyl. vehicles. 6-cyl. \$34.98. 8-cyl. \$44.98. Install "Super Bosch" spark plugs, adjust timing, adjust air/fuel mixture if applicable, 14-pt. safety inspection.

Fuel Injection \$34⁹⁸
Most vehicles. Improves gas mileage and engine performance. Chemically clean. 14-point safety inspection.

A/C service \$19⁹⁸
Most vehicles. • Recover • Evacuate • Recharge. Plus Freon.

WE ALSO DO 30K•60K•90K SERVICES & OTHER MAJOR REPAIRS
WE WILL MEET OR BEAT ANY COMPETITOR'S COUPONS!

Smog Check \$14⁹⁵

Most cars.

Plus \$8.25 certificate and \$1.95 transfer fee. 1995 and older \$10 additional for evap test. Vans and trucks extra.

Free retest when we do the repair.

Free shuttle service

GENERAL AUTO REPAIR

367 15th St. • Downtown San Diego

619-237-1043

Offers good with this ad. Expires 4-20-09.

Tune-Up w/Oil Change

\$39⁹⁵
4-cyl. + tax
Most cars.

6- and 8-cylinder slightly extra.
• Drain and replace up to 5 quarts of oil
• Install oil filter • Install spark plugs

"Check Engine" Light Diagnostic \$34⁹⁵
Most cars.

Brakes \$89⁹⁵
from

Most cars. Includes parts and labor.

Oil Change \$16⁹⁵

Most vehicles.

Smog Check \$24⁹⁵

Most vehicles. Present coupon and DMV renewal slip. Plus \$8.25 cert. and \$2 transmittal fee. Free retest when we do the repairs.

"Check Engine" Light \$29⁹⁵

Brakes \$30 off

Sports Arena/Pt. Loma

For more specials visit: Precisiontune.com
3425 Midway Dr. (Behind Shell station)
1-888-486-9153

Coupons must be presented at time of service.

Not valid with any other offer or discount or for prior service.

See manager for details.

All coupons expire 4/2/09.



SHEEP AND GOATS
PLACES OF WORSHIP REVIEWED

Denomination: Assemblies of God
Address: 766 28th Street, Grant Hill, 619-232-0006
Founded locally: 1993
Senior pastor: Vicente Montano
Congregation size: about 200
Staff size: 2
Sunday school enrollment: about 20
Annual budget: about \$100,000
Weekly giving: varies
Singles program: not yet
Dress: casual to formal
Diversity: mostly Hispanic, some Caucasian
Sunday worship: 10:45 a.m. (bilingual English/Spanish)
Length of reviewed service: 1 hour, 30 minutes
Website: newlifeassemblysd.org

There are times when the music at the opening of a service feels a little like a warm-up — something to get the blood flowing, or something to clear the cobwebs on a Sunday morning after Saturday night, or something to engage the heart so that the mind will be more open to the message that follows — music disposing the matter, the Praise Team getting folks in the mood for worship.
I say this without for a moment questioning the sincerity or goodwill of anyone involved

or even the practical wisdom of using music this way. But about 45 minutes into the music at New Life's Sunday service, I got the feeling that, in some distinctive way, the music was the worship. "The Bible says that God inhabits the praise of His people," said pastor Vicente Montano at the outset. "Praise Him and He will inhabit the midst of our praises.... Now is the time to worship."
It wasn't just the duration, impressive as it was. It wasn't just the ebb and flow of musical styles that gave the service shape: cheerfully girding the collection, swelling under the souls dropping to their knees at the foot of the altar, swaying the congregation through their prolonged alleluias. And it wasn't just the tambourines scattered throughout the aisles, chattering away in hands both expert and not. It was also the way Montano made mini-homilies out of certain lyrics, even in the midst of a song — preaching without pausing in his work at the keyboard. "Lord, please light the fire/ That once burned bright and

clear/ Replace the lamp of my first love/ That burned with holy fear..."
"He wants us to get back to that first love, where we just longed to be in His presence. I was reading in Job where Elihu says about God, 'My heart pounds and leaps from its place.' Our worship is like that — it pounds, it pounds. We can't wait to be before the Lord, to worship Him, because it pounds, it beats, it burns deep inside."
Song after song, some even taking time to proclaim their worshipful desire: "These words are/ From my heart/ These words are/ Not made up..."
Eventually, the music did give way to speech, and when it did, Montano's wife Teresa announced, "Pastor will not be speaking today. As most of you know, he's celebrating his birthday.... His church family wanted to honor him.... I know he's uncomfortable when we come up here and talk about him, but Jesus is the One at work in him, so ultimately, we are glorifying Christ." She called upon three

"community kids" — kids who had grown up in the church — to come forward and speak about Montano's effect in their lives.
The first young man read from John's Gospel, where Jesus asks Peter, "Do you love Me?" and then commands, "Feed My lambs."
"One of the things I like about Pastor is he doesn't just know my face — he knows me by name. He makes me feel very important. He's constantly asking, 'How are you? How are things going?' And he made sure that when we went astray, we came back. To me, he shows the perfect example of being a father. He gives a part of his own family time for us. He even sometimes takes us out to eat."
"These are kids that come from what we would say are 'at-risk' homes," explained Teresa. "Most of them, their parents didn't come to church. They walked to church by themselves. They came by themselves, sometimes misbehaving, but the Lord worked in them."
A young woman took

Portrait of Vicente Montano
Vicente Montano
New Life Assembly Grant Hill
★★½
Sermon content ★★★
delivery ★★
Liturgy ★★
Music congregational ★★★
band ★★½
Snacks ★★★
Architecture ★★
Friendliness ★★★
Poor to satisfactory (none)
Good ★
Very good ★★
Excellent ★★★
Extraordinary ★★★★★

the Lord and do good."
"Trusting in God was really hard for me, since I can't see Him, I can't hang out with Him. But after my mom left, we had no home, no money, and no job, and I was responsible for my two younger siblings. Anytime I would talk to Pastor, he would say, 'Trust the Lord.' And I learned to trust the Lord, and He has done great things for me."
At the end of the service, a second collection was taken — this one for Montano. Before heading next door for a birthday feast, congregants filed forward and placed their donations in a red velveteen chest outfitted with a golden tassle, then joined in singing "Happy Birthday."
What happens when we die?
"If we've accepted Christ, we go to heaven," said Montano. "Without Christ, we go to hell. That's what Scripture tells us, and that's what we believe."
— Matthew Lickona
Videos of this church and others featured in this column are available at sandiegoreader.com.

AUTOMOTIVE CLASSIC / CUSTOM CARS
TO PLACE AN AD IN THE READER call 619-235-8200, 8:30am to 5:00pm, Monday through Friday. Deadline: 5pm Tuesday.
CORVETTE COUPE. 1973. Smog free, new brakes, tires, rims, seats, steering wheel. Custom interior, no scratches, 350 crate engine with turbo 400 transmission. \$7500. 323-445-2345.
FORD GALAXIE. 1966. 2 door hardtop. Super good shape, runs great. Automatic. Asking \$10,000/best. 619-223-9289.
LINCOLN CONTINENTAL. 1974 Mark IV. Beautiful luxury car. 114,036 miles. White with dark brown vinyl top. Body/paint, excellent condition. Original 8- track. \$7900. 760-941-0323.

VW CLASSIC. 1972, convertible, complete restoration, only 1600 miles, all new. engine/transmission, etc. Asking \$14,000 or best offer. Call for information, 619-339-4253.
AUTOMOTIVE RVS
TO PLACE AN AD IN THE READER call 619-235-8200, 8:30am to 5:00pm, Monday through Friday. Deadline: 5pm Tuesday.
FLEETWOOD JAMBOREE. 1996. 21'. \$18,000. Excellent condition. 46,630 miles. Ford engine, 4.5L 460. Teal interior. Rounded rubber roof. Generator, central thermostat, solar panel. Awning. 760-788-9876.
ITASCA MOTORHOME. 1977. 25', 350 engine, 73,000 miles. Headers, 3" performance exhaust system. New tires, rebuilt transmission. Roof/air heater,

generator. Runs great! \$3650. 619-464-0688.
KING OF THE ROAD 5th wheel. 1988. Looks good. Pop out living space. Full kitchen, bath. Great storage. Selling as is. Asking \$2800, make offer. 760-331-1840.
RENT TO OWN. 25' trailer. San Ysidro. Family park. 1 bedroom, shower, kitchen. \$955/month, utilities included. \$310 credit toward purchase. \$9500. Kids welcome. 858-864-7374.
TRAILER. 5'x12', four wheel, good for hauling. \$1500 cash. 619-589-9265.
TRAILER. Heavy duty, with long ramp for easy loading. 13x7. Extremely well made, large wheels. Built in rails can be used for motorcycles. \$785. 858-248-4338.

AUTOMOTIVE PARTS
TO PLACE AN AD IN THE READER call 619-235-8200, 8:30am to 5:00pm, Monday through Friday. Deadline: 5pm Tuesday.
BMW RIMS/TIRES. \$400. Set of 4. Brand new 205/55/R16 Michelin. 619-987-2167.
RIMS. From 1999 Ford F150. Basic 5 lug. 33, 12.5, 16.5" rims, set of 4, Eagle Alloy brand. Good condition, real nice. \$100/best. 619-593-9144.
TIRES ONLY. 2606R17. 50% tread, 560 treadware number, original Continentals off a 2005 Ford with only 47,000 miles. \$150. 858-395-9003.
TRANSAXLE TRANSMISSION. 41LE Dodge Chrysler. \$800. Also a Chrysler 300 grill, like new, \$50. Call Omar, 760-415-4618.

VARIOUS PARTS. Chevrolet 383 and 350 crankshafts, clutch, pressure plate, flywheel, competition camp, pistons. \$100/all. 760-960-6950.
AUTOMOTIVE SERVICES
TO PLACE AN AD IN THE READER call 619-235-8200, 8:30am to 5:00pm, Monday through Friday. Deadline: 5pm Tuesday.
FAST CASH IN 24 HOURS for your car/truck/motorcycle. Running or not. Licensed dealer you can trust. Online quote www.allenautogroupinc.com or

call 619-578-4335. www.LaJollaMotorSports.com.

AUTOMOTIVE

Window Tint
Lifetime warranty • Most cars • Some restrictions apply
Rear 3 Windows \$59
Car Alarm installed \$98
CLASSIC TINTING
For 20 years, San Diego's window tint specialists
2707 Garnet Ave. • 858-581-2294 (Next to Washington Mutual) • Open 7 Days

Low, Low Car Rental Rates
Buy Here, Pay Here. Rent-to-Own.
Daily from \$17.95
Weekly from \$99.95
Monthly from \$350
Rent for only \$100/day
A+ Truck & Car Rentals, Inc.
Auto Sales & Rentals
760-633-3552 | 619-229-0131

InsidePage

6 1 9 - 2 3 5 - 8 2 0 0

Auto Title Loan/Bad Credit OK
Keep the car, get the cash. \$2600/up. Loan pursuant to CFL license. checkscashed4less.com. 800-896-9062.

Ancient Ayurvedic Approach To Whole Body Wellness
Mix ancient Eastern wisdom with cutting edge Western medicine to find your perfect balance. Dr. Sawhney, M.D. 619-435-4488.

Need Someone To Talk To?
Relationships, self- confidence, stress, anxiety, all issues. Dr. Valerie Hayward, PSY. D., CHT. 619-818-6070.

Bankruptcy? Our fees are Less than those 'TV guys'.
23 years' experience in tax, real estate, plus bankruptcy. Craig Trenton, Esq. 858-405-6766.

Catastrophic/Serious Injury? Not Your Fault?
Free legal consultation. 619-398-1882.

SanDiego-DUI-Lawyer.com
Fight your DUI. 619-334-7661.

Hypnosis- All issues!
Smoking, weight, habits. Lori (CHT), 858-457-2100.

Earn 8% Interest On Your Money
Example: 1st trust deed 300k, 60% loan to value Seasoned SD location with rent assignments. 5 units. 619-277-0479.

Tax Problems Solved!
Current and back taxes, offers-in-compromise, more. Low flat fees. www.tbiadvisory.com or 858-454-9031.

Bankruptcy Done Right!
Free attorney consult/Best prices & service in town. Protect assets/Stop debt collections/Mortgage relief Debt Relief Law Center— bklawca.com. 800-803-7310.

Aggressive Female Attorney
Criminal/Family Law. Melissa S. Lubin, 619-232-2900.

Are You Facing Eviction?
Got a 3/30/60 day notice? Sued? Fight back! Call Attorney David Wolff. 760-632-8980.

Free SR-22
Auto Insurance as low as \$16 per month. Hotwire Insurance Services, 619-422-2188.

Tax Prep \$30 Off With Ad
Military/Senior discounts. Espanol. 619-466-4171.

Stop Home Foreclosure Ch. 13 Bankruptcy or Loan Modification
All work done by experienced attorneys with practice limited to bankruptcy mortgage laws. 858-335-1162.

Bankruptcy - Low As \$750 Free consult-Al Gross, Esq.
888-FAIR-PRICE (888-324-7774) AskAttorneyAl.com.

Divorce Easy \$79-Up.
Affordable Legal Assistance, 619-479-4527.

Cash Today for Cars!
We will buy your car today for cash! Call for a free appraisal. 3342 Rosecrans. Rosecrans Motors. 619-222-1414.

Bankruptcy \$1099 complete. Includes Fees
Attorney Roger Stacy. 888-205-4586. Free consultation. Appointments available on Saturdays. Se Habla Espanol.

Low Cost Divorce-Support
\$100 starts, easy payments, online divorce available. MC/Visa. #7. www.Legal-Choices.com. 619-593-6000.

Expired Gift Cards/ Certificates
If you have an expired gift card or gift certificate, you may have legal rights. Call 619-239-1300.

Is The IRS After You? Help Is At www.mtax.com
Call Curtis McAllaster, CPA, 619-523-3098.

Start New Year Debt Free! File Ch. 7 or 13 Bankruptcy
Eliminate credit cards, lawsuits, car repos, taxes, foreclosures. BankruptcySD.Com. 1-800-486-9157.



Protect yourself with a
Medical Marijuana
recommendation.

New Evaluations \$99
Renewals \$75

If you suffer from:
Depression • AIDS • Glaucoma • Anxiety • Migraines • Cancer • Nausea • Chronic Pain
or “any other illness for which marijuana provides relief” – Prop. 215

Locations in **San Diego • Venice Beach • Los Angeles**

877-627-1644





Hypnosis Works!
Valerie Hayward. Psy.D, CHT. 619-818-6070.

Try Hypnotherapy, Only \$35 Free Phone Consultation
Eliminate anger, sadness, fear, guilt & shame. New client special. Judie Keys, CCH. 619-501-8323.

Sleep At Night- File Bankruptcy
Stop all creditor harassment immediately and get a fresh start on your credit. 858-335-1162. BankruptcySD.com. Low rates/ payment plans.

Bankruptcy, Fast Divorce
We answer the phone— Talk to a lawyer— 8am-7pm. Low down payments— Same day filing— Free advice. FixedPriceLegalCenters.com (sm). 800-993-1998.

Wipe Out 2nd Mortgages File Chapter-13 Bankruptcy
All work done by attorneys with 20 years' experience. 858-335-1162.

Skydive San Diego - Save \$30!
Enjoy the biggest thrill of your lifetime! Weekday Skydive Special, Monday-Friday, excluding holidays. Must be 18 & weigh less than 230 lbs. Other conditions may apply. San Diego's oldest, largest operation. www.SkyDiveSanDiego.com. 619-216-8416.

Aggressive Family Attorney Experienced in Divorce
Divorce, custody, support, property, and paternity. Call 619-542-1100. www.astephenrochalaw.com.

Immediate Cash For Jewelry
Gold, antiques, silver, watches—don't take scrap prices. We pay highest! gtsandiego.com, 619-606-GOLD(4653).

Auto Accident? Other Injury?
Free advice! Injury Law Center, 619-338-8230.

Drunk Driving Attorney
Felonies/misdemeanors/DMV/drugs. 619-338-9500. J. D'Ambrosio. Free consult. Visa/MC/Amex.

Bankruptcy- Low Payment Starts
Experienced Attorney. Stop all collections. Debt Relief Agency. Raymond Schimmel, Esq., 619-275-1250.

www.619Bankruptcy.com
Bankruptcy-Debt Relief Law Firm. Free consult. Weekend and evening appointments OK. 619-794-0461.

Car Accident Victims!
25% fee. Why pay more? Demanski & Ellis, Attorneys at Law, 619-338-9880.

Experienced Tax Attorney Master of Laws in Taxation. Solution to IRS, FTB, EDD, and Sales Tax problems. Tax preparation. Consulting. Reasonable rates. Personal attention. Atty Ronson Shamoun, 619-595-1655, IRSsolution.com.

Ex-IRS Tax Attorney
Beat any price. All problems, returns, etc., 619-234-8471.

Ch 7 Bankruptcy \$1099 Complete Includes Filing Fee
Debt relief agency. Free Consultation. Payment plans available. 8am-8pm, Monday-Friday and 9am-5pm Saturdays. Over 9 years of experience. Se habla Espanol. Attorney Roger Stacy, 619-253-8141.

Bankruptcy-Ch. 7, 11 & 13.
Free consultation. Honest advice from an attorney. A debt relief agency. Avatarlegal.com, 858-793-9880.

Divorce/Custody/Support
Contact Happ Law Group P.C. 619-906-5800.

Bankruptcy?? Only \$800 Attorney's Fees
for unsecured debt. 24 years' experience. This combo can't be beat. 858-405-6766.

Accident? Injury?
Get the compensation you deserve. Law Offices of Robert T. Pope, 619-233-3893.

Simple Divorce \$149
Affordable rates, MC/Visa/Amex. Se habla espanol. Joseph B. Carnohan, Attorney. 760-722-8200.

Lose Inches In Hours: Iono-Trim
20% discount with mention of this ad. Sean Daneshmand, M.D., FACOG. Ageless & Beautiful Medical Spa, 1080 University Ave. Suite H-201, San Diego 92103. 619-299-0264.

Traffic Tickets?
Don't pay. Hire an attorney to fight for \$100. No attorney fee if ticket not dismissed. Contact Law Offices of Elizabeth Aronson, 760-685-8242 or SanDiegoTrafficTickets.com.

No Wait Registration Services
Avoid DMV wait times. Auto Insurance. 20 years' experience. Bethel Insurance, 619-442-4006.

DUI and Criminal Defense
Affordable rates. Visa/MC, flexible payment plans. Free consult. Attorney David Boertje, 619-229-1870.

Homeowners in Crisis!
Don't be pushed into foreclosure, short sale, bankruptcy, loan modification. Advocate for fair lending can reduce your payments, interest and principal with no refinancing. Using a powerful secret the banks don't want you to know, AFFL audits your loan for violations that most loans contain and forces lender to help you! 100% money back guarantee. Call for free consultation. 888-959-0777. New program!

IRS Problems Got You Down?
27 years' IRS experience. Income tax and collection problems. Audit and appeals representation. Tax return preparation. Current/unfiled returns. Free consultation. Reasonable rates. BJ Tax Consulting, 858-530-1675.

Car Repo'd or About to be?
Call now to save it! 858-405-6766.

Divorcing? Get Your Fair Share Through Mediation!
Work out a settlement with your spouse or partner rather than spending a fortune fighting in court. See: www.afairway.com. A Fair Way Mediation Center. 619-702-9174.

No Recovery Means No Fee! Contingency Attorney Can Help
If you're injured in an accident, mistreated at work or need help with a contract or insurance claim. We'll fight for you! We're experienced and aggressive. Consultation is free, so what have you got to lose? Don't hesitate, call us today at 619-239-1300. E-mail morris@sandiegolegal.com. Morris and Associates. Personal Injury, Sexual Harassment, Business Litigation.

Got Warrants? 619-840-4566.
DUI/DV probation violations, our attorneys can help! Abby L. Ertz, Esq., 619-840-4566. Call today!

Stop IRS/State Cold!
Ex-IRS officer. Contact: D.M. Wayne, Tax Consultant. 858-614-0223. taxsolutionsservices.com.

Victim? Nowhere To Turn?
Your abuser or stalker ruined your credit to keep you down. Elude them! Get a new identity with the Government's help. www.newidentitymaryaustin.com.

Never Been Done Before
\$28,000 in days, not weeks, returning calls. No selling. Gifting, approved by IRS. "I received \$34K my first 3 weeks." Joe, Banker, CA. 888-905-5888.

Bankruptcy Chapters 7 & 13 \$300 Starts Representation
All work done by experienced Bankruptcy Attorney. BankruptcySD.com. 619-321-8125; 858-335-1162.

1-Hour Massage \$60 Special
Ladies' special! (Regularly \$100). 10am-2pm, Monday-Friday. Relaxation Plus, 1467 Kettner Blvd, Downtown San Diego. 619-295-5595. www.relaxationplus.com.

Auto Insurance & Instant SR22
No driver refused. BBB member. 20 years' experience. Bethel Insurance, 619-442-4006.

Quick & Easy Divorce \$89/Up!
15 years' experience. Thousands of completed divorces. Issues: child custody, support, property. 24/7 service. QuickandE-ZDivorce.com. 619-793-6796.

Don't Let IRS Ruin Your Life!
Peace of mind is within your reach! Call 1-877-FIXABLE (24 hours) for recorded message and free report. Attorney Dave Greenberg, 858-292-0700, www.fixabletax.com.

Divorce Fast & Easy
Lowest cost with over 32 years' experience. We do everything. LDA #54. 619-454-0994.

Bankruptcy Attorney 7, 13 Stop Lawsuits & Repossessions
Call to speak to attorney. Debt Relief Agency. 858-335-1162. BankruptcySD.com.

Facing A Foreclosure File 7 or 13 Bankruptcy
Save your home or wipe out negative equity. Free consultation with experienced attorney. 619-321-8125, 858-335-1162. BankruptcySD.com.



San Diego's Best DUI-DMV & Ticket Attorneys

Stay out of jail • Avoid court • Keep your job

Clean your record • Save your license

Learn about your rights at: www.MRDUI.com

Call now: 619-563-1010

E-mail: mrdui@mrdui.com

3990 Ninth Ave.
San Diego, CA 92103
(in Hillcrest near 163 and Washington)

Even nice people get arrested for drunk driving.

Eugene Ellis
MR. DUI, "The Professor" of DUI Law. One of the first and most experienced DUI-only attorneys in San Diego. Exclusively DUI!



Mitch Mehdy
One of San Diego's best and most experienced DMV-only attorneys.

