

## SEPTEMBER 25, 2008

## SANDIEGOREADER.COM 619-235-3000

## NEWS & FEATURES

I Navar Inhala	
I Never Inhale	
For some of us, stogies still rule. By Moss Gropen	4
City Lights	_
Shaky banks can't resist sports arenas; and Breaking News	_
Has the media killed the Rosarito-Ensenada bike ride?	
Letters	2
Straight From the Hip	
More reasons to sleep	4
Sporting Box	
Is it 7 a.m. yet? <b>1</b>	6
The Red Zone	
Pirates unleash aerial assault on Marauders <b>1</b>	7
Sheep and Goats	
Mother Antonia speaks	8
Best Buys	_
How to do the paperwork to get out of town2	^
	•
A longing for comfort food2	2
	~
Last Call	_
Close to nature in Valley Center. By Elizabeth Zerbe	2
Something to Remember	_
The evolution of family ties. By Susanne Kimball4	4
Say What?	
A tragedy, a travesty! Come sit on the cofa	4
Typo Patrol Results14	6
Picture Story14	7
Puzzle14	
Reader Pop Quiz15	0
Off the Cuff	2
News of the Weird16	1
Back When	
Swimming the English Channel was no big deal	2
	_
Remote Control King	Л
Narcoleptic Dingo to the rescue	+
T.G.I.F.	_
A family gets together	1
CALENDAR	
<del></del>	
Local Events	
Get in on the urban squash movement	3
Roam-O-Rama	
Spectacular views from Oat Mountain	8
What's That You're Reading?	
Breaking Dawn, by Stephenie Meyer	2
Classical Music Guide7	
Art Museum and Gallery Guide7	
	J
Pop Music	_
Blurt	
The Modlins need roadies	
	•
Yo, DJ! Flogging Mollyand Amanda10	Л
	_
Crasher	_
Cruising the tailgaters	b
Restaurant Reviews and Guide	_
Charity dinners by top local chefs	
Modern eats in a historic house	U 2
	~
Movie Review and Guide	,
Duncan Shepherd is up to his eyeballs	4
Theater Review and Guide	



San Diego's First **Beer Drinkers** See page 147

## <u>ADVERTISING</u>

lassified Ads
Antiques & Collectibles163
Appliances
Automotive: Cars166
Automotive: Trucks/Vans/SUVs166
Automotive: Classic/Custom Cars167
Automotive: Parts167
Bicycles163
Business Opportunities146
Career Training141
Classes/Lessons146
Computers163
Counseling/Support150
Electronics
Employment Services141
Furniture
Garage Sales163
Help Wanted132
Massage147
Miscellaneous For Sale164
Motorcycles165
Music, Equipment/Instruments $152$
Music, Musicians Avail/Wanted152
Music, Services152
Natural Health Directory157
Natural Health & Fitness149
Notices
Parent Resources149
Personals
Pet Central
Photo
Real Estate, Condos161
Real Estate, Houses
Real Estate, Miscellaneous
Rentals, Commercial
Rentals, Apartments/Condos
Rentals, Houses
Roommates
Roommate Services
Services Directory
Sports
Stage Notes
Travel & Getaways
•
Wanted/Trade
wedding/Party Guide149
Display Ads
Automotive
Career Training138
Getaways64
Great Escapes64
Health and Reguty 41

Automotive	158
Career Training	138
Getaways	64
Great Escapes	64
Health and Beauty	41
Help Wanted	132
Instruction	146
Music	152
Rentals	27
Research Studies	28
Services	147
Singles Events	77
Wadding Cuida	

# Get Your Tail in Here!



## All-You-Can-Eat Lobster Served Nightly!

an Diego's best buffet is now serving whole steamed Maine lobster every night of the week. While you're there, indulge in Alaskan King crab legs, freshrolled sushi and jumbo shrimp along with delicious grilled steaks, gourmet Italian, Mexican and Asian cuisine and decadent homemade desserts. Plus, when you join the Players Club your first buffet is free! Treat yourself to the best every night, only at Valley View Casino!





## I-866-VIEW-WIN ValleyViewCasino.com

I-IS TO VALLEY PKWY EAST - VALLEY CENTER, CA

WHILE THE CHOICES AT OUR BURFET HAVE NO UNIT, YOUR ACE DOES GUESTS HUST BE 11 OR OLDER TO ENJOY THE CASING RESTAURANTS AND CONCERTS.

# Advance gratification



View the entire menu before you get to the restaurant.

## www.SDReader.com

Click on Food & Drink > Restaurant Menus





"Having the doctors in the top 1% of the country in your own backyard you can't ask for anything better." - Shaun Phillips, pro football player

## The truth about LASIK prices

## **Global Laser Vision**

All prescriptions
Our low price of \$599 is for ANY nearsighted prescription without astigmatism. In our ad prices you will not see words such as "Prices As Low As..." or "Prices Starting At..." All procedures can be financed ith \$0 down, 0% interest (OAC).

Top 1% of Refractive Surgeons
Our surgeons are Harvard- and UCSD-educated Refractive (LASIK) Specialists who are recognized as being in the top 1% of their field in the United States.

Dr. Yaghouti and Dr. Lakhani have performed over 50,000 surgeries in San Diego.

You can always see your surgeon before and after your surgery. Our dedicated surgeons, Dr. Yaghouti or Dr. Lakhani, are at Global Laser Center Monday through Saturday. Our friendly staff is knowledgeable

Our thorough eye exams are always complimentary No hidden fees or charges ever.

We offer the latest technology We use the latest technology and leading-edge equipment such as the VISX Star S4 Excimer lasers equipped with Wavefront and Iris Registration Technologies – affording you 98% 20/20 vision after one year (FDA clinical trial using VISX Custom LASIK). We also offer All-Laser LASIK Intralase with 60Hz Fourth Generation Technology.

## Other LASIK Centers

How many patients realistically qualify for the advertised price? Make sure the advertised low price is not just to get you in the door. In some cases only a very SMALL percentage (less than 1%) of patients qualify for the low price.

Are the surgeons Refractive Surgery Specialists?
The independent surgeons affiliated with some centers may or may not be Refractive Surgery Specialists.

## How long have they been established in San Diego?

Patients need to be aware of centers that come and go.

## Is your surgeon always available before and after your surgery? At many of these corporate-run LASIK centers the surgeon is avail-

able only at the center on the day of surgery. Be aware of surgeons who may not be available for post-operative care should the need

#### Do they have a variety of lasers available?

Are there different laser options available to tailor to patients' vision needs?

## TWO WEEKS ONLY!

Offer expires October 11, 2008.

## Standard LASIK

Scanning Laser or Flying Spot and Eye Tracker Technologies Regularly \$1500 per eye (savings of \$801 per eye)

## All-Laser (blade-free) Standard Intralase

Scanning Laser or Flying Spot, Eye Tracker and Intralase 60Hz Fourth Generation Technologies

PER MONTH OR \$1199

## All-Laser (blade-free) Custom LASIK Intralase

VISX Star S4 IR™ with Wavefront CustomVue®, Variable Spot, Eye Tracker, and Intralase 60Hz Fourth-Generation Technologies

Regularly \$2850 per eye (savings of \$1051 per eye)



**BEST DEAL** 

**Now Accepting VSP Insurance!** 

\$0 Down, 0% Interest until 2010

Call for a Complimentary Consultation

1-800-GET-LAS

www.GlobalLaserVision.com



**MEET DR. YAGHOUTI** Refractive Eye Surgery specialist from Harvard University.

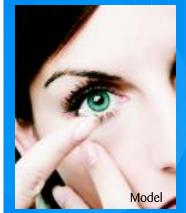


MEET DR. LAKHANI Refractive Eye Surgery specialist from UCSD Medical Center. 6950 Friars Road Suite 100

Across from Fashion Valley Mall Se Habla Español



\*\$599 per eye applies to Standard LASIK, any nearsighted prescription with no astigmatism, add \$300 per eye for astigmatism (\$899 per eye). \$1199 per eye applies to Standard Intralase (All-Laser Standard LASIK), any nearsighted prescription. \$1799 per eye applies to Custom Intralase (All-Laser Wavefront Guided Custom LASIK), any prescription (San Diego location only). All offers are for new patients only with no prior history of refractive surgery. Offers valid at San Diego location only. Cannot be combined with any other offers. No cash value. Must present coupon at time of consultation. Offer cannot be applied retroactively to prior procedures. Some restrictions may apply. Financing is based on 60 months at 11.99% per month (OAC). Surgery must be performed by 10/11/08.



## **Global Laser Vision Now Offering:**

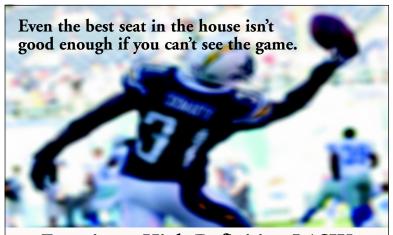
## Contact Lens Exam only \$85

Includes eyeglass prescription, fitting, follow-ups, and solution kit. (Toric and gas perms slightly higher.)

**Eyeglass Exam only \$55** 

1-800-438-5274





## **Experience High-Definition LASIK**

Low monthly payments! Easy to qualify!

"LASIK made me a better football player. Thanks, Dr. Parikh!" Quentin Jammer, #23 San Diego Chargers CB First-Round Draft Pick 2002



Mihir Parikh, M.D.

- LASIK & Cornea Specialist
- Chargers Team Ophthalmologist
- Featured in "Top Doctors" - S.D. Magazine '05-'08
- "America's Top Ophthalmologist" - Consumer Research Council
- Over 10,000 procedures performed

Trust your vision to the



Official Chargers LASIK Center and Team Ophthalmologist

## Free LASIK Eye Exam

Toll-free: 1-877-484-2020 Local: 858-450-4213 www.neweyes.com



## Affordable PPO Health Plans

For Individuals and Families

Age*	Male	Female	Age*	Male	Female
	<u>Rates</u>	<u>Rates</u>	_	<u>Rates</u>	<u>Rates</u>
0	\$177	\$177	35	\$102	\$141
1	\$106	\$106	40	\$116	\$160
2-18	\$57	\$57	45	\$163	\$181
19	\$63	\$84	50	\$207	\$221
25	\$72	\$101	55	\$265	\$256
30	\$90	\$121	60	\$335	\$324

\*Call for rates based on your age.

\$30 Co-pay Office Visit • Prescription Drug Card

\$0 Co-pay Well Woman Exam • \$30 Co-pay Preventative Care (\$200 Limit) Monthly rates effective 7-1-08 for San Diego County. Aetna \$2500 PPO Plan.

## California Healthquote Insurance Services

701 Palomar Airport Road, Ste. 300 Carlsbad, CA 92011 • 800-788-4678



CA Insurance Lic. #s: 0712596, 0706675, 0C84228 www.cahealthquoteins.com





Save up to 70% on select items!









## **Atlas Furniture**

Centrally located at the corner of Friars Rd. & Riverdale 10397 Friars Rd., San Diego • 619-640-0259 www.atlasfurnituresd.com

Monday-Friday 10 am-8 pm • Saturday 10 am-6 pm Sunday 11 am-5 pm

MasterCard • Visa • American Express • Checks

## **EDITOR**

Jim Holmar

#### SENIOR EDITOR

Matt Potter

#### ASSISTANT EDITOR Heather Goodwilli **EDITORIAL ASSISTANTS**

Scott Ellis, Frank Glaser, Hector Lam, Russ Lewis, Robert Mizrachi, Robert Nutting, Chris Woo

#### CONTRIBUTORS

Don Bauder, Ed Bedford, Jane Belanger Alexis Bernal, Geoff Bouvier, John Brizzolara, Josh Board, Patrick Daugherty, Joe Deegan, W.S. Di Piero, Stephen Dobyns, Barbara Fokos, Ernie Grimm, Mary Grimm, Dorian Hargrove, Rosa Jurjevics, Ken Kuhlken Thomas Larson, Deirdre Lickona Matthew Lickona, Thomas Lux, Bill Manson, Linda Nevin, Anthony Olivieri, Jerry Schad, Duncan Shepherd, Ieff Smith, Leslie Venolia, Naomi Wise

ADVERTISING SALES DIRECTOR

#### ASSISTANT SALES MANAGER

Mercia Daughi

## SALES DEVELOPMENT

Fred Hager

#### SENIOR ACCOUNT EXECUTIVES Bill Burton, Amy Grant

Amy McKibben, Randy Rice, Todd Westfall, Beth Wexler ACCOUNT EXECUTIVES

Gili Assa, Kelly Bonelli, Mark Connelly, Barbara Dickinson, Patricia Esperanza Brett Flynn, Scott Fisk, Paula Ford, Stephen Hatch, Joshua Hensley, Richard Marvn, Alvaro Mendez, Woody Wilson

#### ACCOUNT MANAGERS

Jesus Cruz, Jr., Kaitlin Pettersen, Graeme Storey, Kacy Weaver

#### ADVERTISING ASSISTANTS Brian Carver, George Wargo

ADVERTISING ART DIRECTORS

CLASSIFIEDS MANAGER

## CLASSIFIEDS STAFF

Annalee Bradbury, Maribel Juarez, Steve Lieber, LeAnne Mellon, Holly Micelli, Sandi Miller, Ninoshcka A. Moreno Ortiz, Carina Quintanar, Jeffery Reed, Cristina Weedmark

## PRODUCTION MANAGERS

#### PRODUCTION ARTISTS

Frank Andrews, James Banerian, Mike Brown, Jeremiah Dean, Paul Johnson, Leslie Manes, Chris Millard, Douglas P. More, José Ramirez, Jr., Jessica Wentzel

## ACCOUNTING STAFF

Kelly Ainsworth, Regina Gaither, April Isaac, Michelle Newby, Maddeline Zvirzin

#### **ADMINISTRATIVE STAFF**

Linda Johnson, Margaret Stann

#### PERSONNEL MANAGER Evelyn Mones

## INFORMATION TECHNOLOGY

## PROJECT MANAGER

OPERATIONS DIRECTOR

All advertising in the Reader is subject to current rate card. The Reader reserves the right not to accept an advertiser's order. The entire contents of the San Diego Reader are copyright 2008, Jim Holman. All rights reserved.

San Diego Reader may be distributed only by the Reader's authorized independent contractor. No person may, without prior written permission of the San Diego Reader, take more than one copy of each weekly issue.

## NATIONAL ADVERTISING

The Ruxton Group - 1-888-2Ruxton

#### MAILING ADDRESS Reader, P.O. Box 85803

San Diego, CA 92186-5803

#### MANUSCRIPT SUBMISSIONS Submissions must be e-mailed to:

Reader.Manuscripts@gmail.com. Hard copy manuscripts will not be accepted.

#### OFFICE

1703 India Street (at Date) 619-235-8200

GENERAL INFORMATION 619-235-3000

## Go Green...Recycle Your Jewelry!



Dealer 3711.1891

www.rockngold.com

## We Buy Gold, Jewelry and Estates!

**Rock-n-Gold Creations** Fine Jewelry Design Centre 8199 Clairemont Mesa Blvd. H San Diego 92111 (888) 415-9204 Appointment recommended.

REDESIGN · REPAIR · RECYCLE

## Your Resource For Fish, Corals, **Aquarium & Pond Products**



- Hand-Selected Corals, Fresh & Saltwater Fish
- 1000's of Healthy, Colorful Koi
- Experts in Filtration Systems
- Everyday Discount Pricing
- 28,000 Gallons of Fish and Invertebrates
- Full Line of Aquarium & Pond Products

2599 State Street, Carlsbad

760-729-4300 • www.thepondsource.net



## The Civic Killer

- 2.4L inline 4-cyl., 161-hp, 162 lb./ft. torque
- 17" alloy wheels and tires (215/45-17)
- Dual panorama slide/tilt sunroof
- Independent double-wishbone suspension
- 9 standard airbags
- 4-wheel disc brakes
- Anti-lock Braking System
- Cruise control
- AM/FM/CD with 6 speakers

- Push-button digital climate control system
- Pioneer audio system
- iPod integration w/ aux port
- 6" 35-watt Pioneer subwoofe
- Audio controls on steering wheel
- $\bullet$  Fold  $\underline{\text{flat}}$  front/rear and  $\underline{\text{recline}}$  seats
- Remote <u>in-key</u> keyless entry w/ immobilizer
- Tire pressure warning system
- San Diego MPG 23-28 on 87 Octane

These are just a few of the standard features on the Scion tC.

## Kearny Mesa Scion

San Diego's #1 Volume Scion Dealer 2003 • 2004 • 2005 • 2006 • 2007 kmscion.com • 888-907-5454

> Not all dealers are the same. Come see why we are #1! \*Driving MPG based on Kearny Mesa Scion owners. Expires 10/1/08.

## Protect Yourself Under California Law!

If you suffer from: AIDS, Chronic Pain, Depression, Migraines, MS, Nausea, Insomnia, Bipolar and many other medical disorders.

Doctor's office available on-site where qualified patients in need of a medical marijuana recommendation can receive a low-cost, expert evaluation by a licensed physician.

> New patients \$175 • All renewals \$99 Do it legally!



FORMERLY MEDI MAR FAST, SIMPLE AND CONFIDENTIAL ASA certified. Patient ID cards included.

619-297-3800, by appointment only. 2667 Camino Del Rio S. #315 • Mission Valley

The least expensive clinic evaluations in San Diego.

Visa | MasterCard | Debit

New patients save \$50 by mentioning this ad.

## Do You Need A Lawyer? (800) 464-1529 Monday-Friday 8:30 a.m. - 5:00 p.m.

Or visit www.sdlawyerreferral.com



SAN DIEGO COUNTY



WHOLE HOUSE ENERGY MANAGEMENT SYSTEM

Your home's prescription for conserving energy, saving money, and protecting appliances and electronics.

It's time to face the facts. Energy costs are on the rise, and the amount of electronics in our homes is growing daily. At the same time, the appliances and electronic devices in our homes are under attack from surges, spikes and electrical noise every day. You need a Whole Home Energy Management System.

Introducing PowerwoRx e³, a clean power system based on the same technology that has been used for years by big industry and utility companies. The PowerwoRx e³ provides your home with:

- power conditioning abilities that translate into savings
- an easy installation that creates immediate benefits
- a cost-effective solution that is maintenance-free

PowerwoRx Energy Management System \$599 Includes 10-year warranty.





This product has been independently tested and the technology is certified by the U.S. government.

Save energy, save money, and save your appliances!

Call for a free brochure: 1-800-473-1044 www.ecoquestintl.com/BCecena

Cecena Medical Technologies, Inc. • Pine Valley, CA

\$25 off unit price

FREE delivery within

San Diego County.

**Product by ECOQUEST International** 

## **BREAKING NEWS**

Palin's progress Carlsbad-based selfhelp guru **Deepak Chopra** is reportedly getting



Mac" spots making fun of Windows, in which

Justin Long and John Hodgman play the Mac

and PC characters. In Microsoft's comeback,

Chopra is seated in an easy chair behind a desk

with a wall of books in back of him and says, "I'm

a PC and a human being. Not a human doing.

ferent from 'us' pure American types, can be

ignored, that progressivism takes too much effort

and globalism is a foreign threat." In reference to

Palin, he continued, "She can add mom to apple

pie on her résumé, while blithely reversing forty

years of feminist progress." In March 2000, a

superior court jury rejected a claim by Joyce

Weaver that Chopra fired her from her semi-

nar-organizing job in 1995 after she alleged he

and a colleague had sexually harassed her. "I look

at these people as hyenas after my blood and

marrow just because they think I have money,"

Chopra was quoted as saying at the time. Based

on campaign-contribution records, Chopra was

originally a Hillary Clinton backer, giving a total

of \$4600 in 2007. On July 28 of this year, he gave

Rich get richer Many are predicting that

next year's state budget deficit will grow to \$7 bil-

lion, but that hasn't stopped the University of

California from its habit of handing out big salaries to high-ranking executives. At their monthly

payments, her total yearly cash compensation

will be \$487,240. Scioscia, an M.D., is UCSD's

chief medical officer.... Maybe the chaos on Wall Street is getting to the editors at Forbes magazine.

How else to explain the publication's wacky com-

meeting, held last Thursday in

Irvine, the regents agreed to

hire **Barbara F. Perry** as UCSD's

director of government research

relations, at an annual salary

of \$192,000, plus a "coach-fare

house-hunting trip," moving

expenses, and a mortgage loan

not to exceed \$1.33 million.

Perry has been director of the

Barack Obama the same amount.

Helping to recast Microsoft's image isn't Chopra's only cause these days. He recently dis-

Not a human thinking. A human being."

paid big bucks to appear in a new series of commercials for Microsoft that attempt to rebut those long-running Apple "I'm a PC and I'm a

who, correctly or not, was perceived as greedy by local media. That means a new stadium in San Diego with a 50-50 split in private-public financing is possible. The Chargers also have more leverage with each passing season. The team can exit antiquated Qualcomm Sta-



dium after the 2008 season by

ments about the Chargers hanging on in San

Diego, despite the widely shared belief that the

team is almost surely destined for points north.

"There is a good chance that **Dean Spanos**, who

now runs the team for his father, Alex, will be able

to negotiate a deal for a new stadium," claims

Forbes in its annual football business roundup.

"Dean is more liked by taxpayers than his father

paying off the rest of their lease (annual rent is \$2.5 million), and the buyout price drops considerably after 2011."

Bolingbroke of Rancho Santa Fe, who recently

patched an email to his fans attacking Alaska governor Sarah Palin, the GOP's vice presidential nominee: "Palin reinforces the overall mes-Marriage scouting The battle between sage of the reactionary right, which has been in pro- and anti-gay-marriage forces continues. Among the latest to back Proposition 8, the proplay since 1980, that social justice is liberal-radposed statewide ban on gay marriages, is Robert ical, that minorities and immigrants, being dif-



Brian Bilbray

kicked in \$25,000. The former president and chief operating officer of bleach-maker Clorox Company, Bolingbroke now serves as a council commissioner with the San Diego-Imperial Council of the Boy Scouts of America, a group that lost its lease in San Diego's city-owned

Balboa Park over its opposi-

tion to admission of gays. Bolingbroke signed the rebuttal to the argument against Prop 8 that appears in the state ballot pamphlet for the November election: "Your YES vote ensures that parents can teach their children about marriage according to their own values and beliefs without conflicting messages being forced on young children in public schools that gay marriage is okay." ... Employees of utility giant Sempra Energy have been pouring money into the reelection campaign of GOP congressman **Brian Bilbray**, who has collected a total of \$4750 from 19 individuals who gave \$250 each and identified themselves as working for the company. Donors included executive vice president Jessie Knight, former executive director of the San Diego chamber of commerce, and Darcel Hulse, Sempra's liquefied natural gas honcho. The Sempra Energy Employees Political Action Committee also favored Bilbray with \$5000; in the same period it gave South Bay's Democratic congressman Bob Filner only \$1000 and the GOP's Darrell Issa \$2500. On the presidential front, Democrats did better with Sempra workers: 6 of them gave a total of \$4250 to Republican John McCain, nothing compared to the 27 who came up with a total of \$16,900 for his Democratic rival Barack Obama.

— Matt Potter

The Reader offers \$25 for news tips published in this column. Call our voice mail at 619-235-3000, ext. 440, or fax your tip to 619-231-0489.

## **Gamy Banks**

By Don Bauder

re you entrusting your money to banking houses or sportin' houses? The United States is in its worst credit crisis

since the Great Depression, as shotgun marriages are arranged and financed by the government. Investment and commercial banks are regularly taking multibillion-dollar write-downs because of their gambling addictions. But the once-staid institutions continue another addiction: paying big money to get naming rights on pro sports facilities — a dubious marketing ploy for financial companies, which should be advertising their safety, not their sporting nature. Actually, in paying big bucks to put their names on sports facilities, financial institutions have been subliminally admitting that they are gamblers, not fiduciaries.

The New York Mets (baseball) are drawing up a 20-year, \$20 million-per-year deal with Citigroup, a hodgepodge of

Read Don Bauder's Scam Diego blog every day! Go to SDReader.com and click on "Blogs" at top of page.

Contact Don Bauder at 619-546-8529 or don.bauder@mac.com financial institutions that is addicted to the same thing as the Mets are: errors. Elizabeth Ody of Kiplinger.com calls Citigroup "The Bad Boy of Finance." The company is involved in every kind of money manipulation "and

logo and signs all over the park. B of A bought the worst mortgage dog of all, Countrywide. The deal was originally considered a bargain, but now it looks questionable. Not having had enough, B of A then agreed to buy Wall Street's Merrill Lynch, which did the original financing on San Diego's downtown ballpark. B of A already has its name on the stadium in which the Carolina Panthers (football) play. It could become one of a few companies whose names are on more than one facility.



appears to have made big mistakes in most of them," she says. On September 10, U.S. Senate investigators charged that Citigroup and other Wall Street firms have been helping offshore hedge funds avoid U.S. taxes.

The New York Yankees have fleeced taxpayers to get a new stadium. Now Bank of America is finalizing a deal, said to be for \$20 million a year, by which the bank could post its

Of the 70 pro stadiums, ballparks, and arenas in the United States and Canada, 20 sport the names of financial institutions. That sum was 21 until last year. Subprime lender Ameriquest had the rights to the Texas Rangers' (baseball) field until 2034. In early 2006, Ameriquest settled a classaction suit with the attorneys general of 49 of the 50 states over allegations of predatory continued on page 8

## **Neal Obermeyer**



Angela Scioscia office of federal relations at the University of Washington, serving as the university's chief lobbyist. The regents also voted to approve a raise of \$59,800 for **Angela Scioscia**, bringing her annual salary to \$374,800; including other benefits and

**6** San Diego Reader September 25, 2008

## Road's End

By Ernie Grimm

rganizers of the semiannual Rosarito Ensenada Fun Bicycle Ride recently announced that the September 27 event

would be their last. As with Baja tourism in general, participation in the ride has been declining. In April, it dipped below the 5000-rider mark, which organizer Gary Foster says is his break-even point. City officials and business leaders in Rosarito are scrambling to keep the lucrative event alive. They believe it is the latest victim of "bad and unfair" media coverage of Baja California.

Foster, a trim, clean-cut man of 43, sits in a coffee shop at a table overlooking Cass Street in Pacific Beach. Dressed in a blue surf-shop T-shirt and gray jogging pants, he speaks almost too softly to be heard over the hiss and gurgle of the cappuccino machine 20 feet to his right. "A guy

1980 was the first ride for which he advertised and charged admission."

Dickson ran the Rosarito-to-Ensenada ride from 1980 to 2000. "I started working for him in 1989. I was on the rowing team at San Diego State, and we had to raise money for boats and oars, and one of the fund-raisers was handing out water at the bike ride. So I met Dave and started working for him parttime while at school. After I finished my undergrad, I stayed on for a while."

A few years later, Foster went away to graduate school, then took a telecom job in Denver, which he held for five years. In the meantime, he recalls, "Dave Dickson retired, and he advertised at the end



Finish line in Ensenada

named Dave Dickson, who was leading tours for the youth hostels, discovered the route between Rosarito and Ensenada and found out it was exactly 50 miles. So he was kind of the founder of it. And

of 1999 that it was going to be the last ride. But in 2000 he sold it to two guys down in Ensenada, Guillermo Rodríguez and Alejandro Treviño. [Throughout the ride's history] we'd worked with



Ride participants

Guillermo Rodríguez. His business was printing T-shirts. During all those years, he printed the T-shirts for us. And because he was an Ensenada local, he always helped us with getting permits and overcoming any roadblocks with the government."

Rodríguez and Treviño, Foster says, "are 50-50 partners in the Señor Frog's stores. They also own a newspaper in Ensenada, El Vigía. And [Rodríguez] has a boutique winery. Their interest in the ride was they didn't want to see it come to an end. They wanted to keep it alive because it was such a big influx of tourist revenue into Mexico, especially their hometown of Ensenada. So they bought everything from Dave, all the rights, the trademarks, and everything."

Foster continues, "They ran it from 2000 until 2003. They got decent crowds, 6000, 7000, 8000 per event, but the business was failing."

Foster left his telecom job and moved back to San Diego. One night, "I was grabbing dinner and catching up with Guillermo. He said, 'We're having a lot of trouble with the business, and we know that Dave [Dickson] doesn't want to do it anymore. You are the only other guy in the U.S. who knows how to do it, so would you like to come work for us?' And I said, 'I don't want to work for you, but if you are

looking for a partner or you want to sell the business, I am interested.' So I worked as a partner, and we set up two companies. One is in the U.S., Bicycling West. That is the one that I work for. And Bicycling West operates as basically an advertising firm. We do sports marketing, advertising in all media, from Internet to direct mail to bulk distribution of brochures. The second company is in Mexico, and it is called Paseo Ciclista Rosarito Ensenada. And that

company owns everything in Mexico, the intellectual property, the name of the event, the trademarks, the logos, all artwork; it gets the permits for the ride, posts the ride, collects the revenue, all that stuff. So the event pays Bicycling West. I bought in at 50 percent of each company."

Foster won't divulge the amounts he paid to buy into the companies or how much money he's made from the two for-profit businesses. "This has been my only job for the

last five years. I've bought a house five blocks from the beach in PB, and I have four kids. My wife works too — we're a two-parents-working family. So I've done all right. Not as much as when I was a director in telecom. But it's also a lifestyle business. In

continued on page 10

An archive of City Lights stories can now be searched on the Internet at SDReader.com



San Diego *Reader* September 25, 200

## Contact Lens Exam \$79

Includes two pairs of soft lenses, eyeglass prescription, fitting, 90 days of follow-up care, instruction and care kit.

Some restrictions apply. Astigmatism, RGP, monovision and bifocals slightly more.

We have the latest lenses for dry eyes, Toric lenses, gas-permeable, and bifocal contacts.

## Eye Exam \$49

Exam for glasses includes glaucoma and cataract check.

## JCPenney Fashion Valley Mall

Dr. Marshall Skolnik, O.D., APC • 1-866-887-6821

Most insurance accepted. Weekend appointments available.

Use your JCPenney card. Offers good thru 10-27-08

San Diego Reader September 25, 2008

## CITY LIGHTS

## **Gamy** banks

continued from page 6

lending and bait-and-switch tactics. Soon it closed all its branch offices and stopped taking loans. Then it quietly withdrew from the Rangers deal.

In San Diego, the naming rights of the football field belong to Qualcomm, a very good telecom company. The baseball stadium bears the name of Petco, supposedly a pet-supply retailer. But you might even call it a doggy financial concern. In 2000, two buyout firms bought Petco, then a publicly held company, and took it private. Then they brought it public again, and the insiders reaped fortunes in an economically meaningless move. Later, a competitor offered top money for the company but didn't want to retain Petco's brass. So in 2006, Petco was taken private a second time by the same firms, at a price well below what the competitor had offered. The buyout specialists have loaded the company with debt. Petco shareholders have been

## CITY LIGHTS

neutered — Wall Street's specialty.

Charlotte-based Wachovia Corporation is the fourth-largest U.S. banking chain. The Wachovia Center is home of the Philadelphia 76ers (basketball) and the Flyers (hockey). But Wachovia is flying low now; its loan portfolio is loaded with stinkers. Its stock has taken a beating.

KeyBank has its name on KeyArena in Seattle. The Seattle SuperSonics (basketball) are deserting for Oklahoma City. A women's pro team will still play in the arena. The bank is ailing as the result of the mortgage meltdown; as losses mount, it has sliced its dividend in half. But its stock has dropped by much more than half.

The Conseco Fieldhouse is home to the Indiana Pacers and Fever (men's and women's basketball). Stephen Hilbert, a former encyclopedia salesman, built Conseco by buying small insurance companies, adding a casino along the way. Hilbert had a grand lifestyle, paying himself \$119.4 million in 1997. He couldn't resist buying Green Tree Financial, whose head, Lawrence Coss,

paid himself \$106 million in 1996. The marriage of the profligate fellows was a disaster. Conseco went into bankruptcy in 2001, emerging after shedding \$6.6 billion in

debt but not shedding its nam-

CITY LIGHTS

ing rights. The Cincinnati Reds (baseball) play in Great American Ball Park. Great American Insurance is a unit of American Financial Group, a highly diversified money machine put together by Carl Lindner, formerly a close associate of junk-bond king Michael Milken, who went to the slammer for his predations. For years, American Financial employed lawyer Charles Keating as executive vice president. Yes, that Keating: the one known for the Keating Five scandal. Keating got dubious favors from five U.S. senators.

One was John McCain.

The Detroit Tigers (baseball) play in Comerica Park, named for a bank that spent 158 years in Detroit, then last year moved its headquarters to Dallas. Downtown Detroit does that to people. In early September, Standard & Poor's cut its outlook on Comerica

stock to negative, and now analysts are saying it may have to cut its dividend.

CITY LIGHTS

The Arizona Diamondbacks (baseball) play at Chase Field, formerly Bank One Ballpark. Bank One was purchased by JPMorgan Chase in 2004, and the ballpark was rechristened. Early this year, our country's financial policy makers proclaimed that the Dow Jones Industrial Average would plunge 2000 points if Wall Street's Bear Stearns went bankrupt. So the Federal Reserve threw in \$29 billion, and Bear was sold for a cheap price to JPMorgan Chase. Now JP has Bear's old woes: trillions of dollars in shaky derivatives.

Some financial institutions are doing better than the teams they represent. PNC Financial Services is doing well, thank you. The same cannot be said for the Pittsburgh Pirates (baseball) who play in PNC Park. Similarly, M&T Bank Corporation is doing fine. The bank's name is on the stadium in which the historically so-so Baltimore Ravens (football) play.

In one case, the bank and the team are both doing fine. Mellon Arena is home to the winning Pittsburgh Penguins (hockey). Bank of New York Mellon, partly because it manages money for rich folks, is doing well. Bank of New York was founded in 1784 by Alexander Hamilton. Mellon is the latecomer: it was founded in 1869.

TD Banknorth Garden in Boston is where the Celtics (basketball) and Bruins (hockey) play. The arena has had 34 names since construction was announced in 1993. It was FleetCenter when the rights were owned by Fleet

continued on page 10



## **Bankruptcy & Foreclosure Center**

Losing your home? Feeling overwhelmed by debt? Sleepless nights? Creditors calling?

## Need help?

We can help you stay in your home.

Call San Diego's Bankruptcy & Foreclosure Center now! Don't wait!

Top attorney can help you! **Call 619-330-5663** now before it is too late!

It costs you nothing to call. Your call is welcome and we want to help you.

Attorney licensed in both Federal and California courts. Do you know that you may be able to stay in your home for far less than what you are currently paying on your mortgage?

Big, greedy lenders cannot take your home away unless it is lawful. Are you sure that what they are doing to you is lawful? Before you give up hope, let us help you!

www.sandiegobklaw.com



### **Car Accident Victims!**

25% fee. Why pay more? Demanski & Ellis, Attorneys at Law, 619-338-9880.

#### **IRS Problems Got You Down?**

27 years IRS experience. Income tax and collection problems Audit and appeals representation.

Tax return preparation. Current/unfiled returns. Free consultation Reasonable rates BJ Tax Consulting, 858-530-1675.

### **Bankruptcy Chapters 7 & 13**

\$300 starts immediate attorney representation. All work. 10+ years experience. Debt Relief Agency. BankruptcySD.com. 619-321-8125; 858-335-1162.

#### Simple Divorce \$149

Affordable rates, MC/Visa/Amex. Se habla espanol. Joseph B. Carnohan, Attorney. 760-722-8200.

## **Auto Title Loan/Bad Credit OK**

Keep the car, get the cash. \$2600/up. Loan pursuant To CFL license. checkscashed4less.com. 800-896-9062

## **Bankruptcy-Ch7 \$785 Complete**

Includes court costs, credit reports. stacylawfirm.net. 619-253-8141, 858-677-9798 Debt relief agency. Free consultation, 24/7. Payment plans available. Attorney Roger Stacy

## **Stop Foreclosures-File Ch.13** Consolidate Back Mortgage/Bills.

Debt Relief Agency, BankruptcySD.coi 619-889-5585 or 858-335-1162.

## Bankruptcy - Low As \$750 Free Consult-Al Gross, Esq. 888-FAIR-PRICE (888-324-7774) AskAttorneyAl.com.

## Car Repo'd or about to be?

Call now to save it! 858-405-6766

**Don't Let IRS Ruin Your Life!** Peace of mind is within your reach! Call 1-877-FIXABLE (24 hours) for recorded

message and free report. Attorney Dave Greenberg, 858-292-0700, www.fixabletax.com

#### **DUI? Free consultation!** 888-421-4585

We handle DUI cases exclusively. Avoid court! Para Espanol, 888-416-2577. Payment plans available

## **Aggressive Female Attorney** Criminal/Family Law. Melissa S. Lubin, 619-232-2900.

Feng Shui Expert San Diego

## **Divorce Fast & Easy** Lowest Cost - \$145 and Up

We do all paperwork & file with the Court Over 30 years in business - Reg.LDA#54. Hotline: 619-454-0994.

## Bankruptcy- Ch 7, 13, & DUI

Free consult. Helping San Diegans for over 20 years A debt relief agency. Richard Miller, 858-272-6350.

#### **Help Those in Need** And Become a **Medical Assistant**

UEI offers courses approved for Veterans, Rehab, WIA. Job Placement Assistance, Financial Aid available (if qualified). Come visit our campuses: 3666 Kearny Villa Road, #100, San Diego 92123 or 310 3rd Avenue, #C6, Chula Vista 91910. Visit: www.uei4you.com or call: 1-877-206-1915 today!

## Free Ionic Foot Detox

(with 1 hour massage and salt scrub!) Shiatsu, acupressure, Thai yoga, body glow, hot stone, aromatherapy, salt scrub. Tranquility Spa, 3333 Midway Drive #201, San Diego, CA 92110. 619-226-2056. www.tranquilitysd.com.

#### **Chapter 7 Bankruptcy** (Liquidation)

Eliminate credit cards, lawsuits, repos, Chapter 13 bankruptcy (consolidation) immediately stops foreclosure and creditor action. Ch. 13 allows for 3-5 year easy monthly court payments to pay back mortgage arrears, credit cards, car loans, taxes, etc. Free consult. BankruptcySD.com. 1-888-486-9157.

#### Accident? Injury?

Get the compensation you deserve. Law Offices of Robert T. Pope, 619-233-3893.

## **Low Cost Divorce-Support**

\$100 starts, easy payments, online divorce available. MC/Visa, #7 www.Legal-Choices.com. 619-593-6000.

## **Eliminate Debt, Boost Credit!**

Walk away from debt, don't declare bankruptcy! One time fee! Call Fred now, 858-736-2401, x101.



## per hour & up

**Civil & Criminal/DUI** 

Drawing from over 30 years' experience.

Call for a free consultation:

1-888-393-6242

3 San Diego locations to serve you. Se habla español.

- Misdemeanors/Felonies/DUI
- Personal Injury 29% (35% if trial)
- Family Law Immigration
- Contracts Real Estate
- Bankruptcy Debt Relief
- Miscellaneous Legal Matters

**Experienced Tax Attorney**Master of Laws in Taxation Solution to IRS, FTB, EDD, and Sales Tax problems. Tax preparation. Consulting. Reasonable rates. Personal attention Atty Ronson Shamoun, 619-595-1655, IRSsolution.com.

## Serious Injury or Wrongful Death Attorney

29 years of experience. Free consultation. Law Offices Of Catherine Kroger-Diamond, San Diego and North County. 760-931-2900.

## \$787 Bankruptcy/Foreclosure

Losing your home? Drowning in debt? Top rated Attorney can help you! Limited time offer. Gersten Law Group, 619-330-5663. egersten@gerstenlawgroup.com.

## BrianHowarthPhotography.com Affordable Wedding

Photography & Ministerial
Make it memorable! Professional team with 30 years
Experience in wedding business covers your event. Call Brian or Valerie at 619-583-0411

## A Academy of Bartending

Learn behind a real bar. Make money and new friends. Have fun! 1-2 week course. Weekend classes available Part/full time job placement assistance. 619-296-0600.

#### **Bridal Bazaar** Sunday, October 26 **Del Mar Fairgrounds**

10am-4pm. More than 200 exhibitors with everything for your wedding. Info/ coupons: www.bridalbazaar.com

## Is The IRS After You? Help Is At www.mtax.com.

Or call Curtis McAllaster, CPA, 619-523-3098

### Non-Fluid Inch Loss! **Body Contour Wrap Special**

Tones, tightens, improves skin texture, heals skin. \$52/one wrap (regularly \$65). \$130/three wraps (\$180) for women and men of all ages. No synthetics, animal fats, waxes, glycolic acids. Fanie botanical products. Waxing, facials, back waxing, microdermabrasion. Karie Hayden & Associates, 858-581-3321. KarieHayden.net.

#### Auto Accident? Other Injury? Free advice! Injury Law Center, 619-787-0120

#### Arrested For Driving Under the Influence (DUI)?

Your drivers license, credit, reputation, and Freedom are at risk. Free consult. North County, San Diego. Christian Haffner, Esq. 760-931-2900.

Next Class

## No Recovery Means No Fee!

We'll gisht for you! We're experienced and aggressive.
Consultation is free, so what have you got to lose?
Don't hesitate, call us today at 619-239-1300.
Email morris@sandiegolegal.com. Morris and Associates. Personal Injury, Sexual Harassment, Business Litigation

Drunk Driving Attorney

----/DMV/drugs. 619-338-9500.

Please call for a free consultation with an Attorney, Habla Espanol, 888-416-2577

## Sound advice; reasonable fee. Payment plans available. C. McLaughlin, Esq. Call 760-431-2200, 619-295-1300.

C. McLaughlin, Esq. Call 760-431-2200 or 619-295-1300.

Don't pay. Hire an attorney to fight for \$100. No attorney fee if ticket not dismissed. Contact Law Offices of Elizabeth Aronson 760-685-8242 or SanDiegoTrafficTickets.com

## **Bankruptcy-Low Payment Starts**

Experienced Attorney. Stop all collections. Debt Relief Agency. Raymond Schimmel, Esq., 619-275-1250.

## The 6- Minute

A must read for anyone who is ready to buy a home. You can eliminate as many as 90% of the homes you view for just \$4.95 plus \$1.50 shipping. Purchase direct from www.GrassrootsPublishingGroup.com. electronic download for \$3.95 and save on shipping. Deep discounts for volume.

## Contingency Attorney Can Help If you're injured in an accident, mistreated at work or need help with a contract or insurance claim.

Felonies/misdemeanors/DMV/drugs. 619-33 J. D'Ambrosio. Free consult. Visa/MC/Amex.

#### Affordable Divorce

Mediation, custody, support, wills & trusts. Visa/MC. Legal Alternatives, 760-753-1778 or 760-815-9430.

## Quick & Easy Divorce \$89/Up! 15 years' experience. Thousands of completed divorces

Issues:child custody, support, property. 24/7 service. QuickandE-ZDivorce.com. 619-793-6796, 858-764-0587.

#### Aggressive DUI Attorney 888-421-4585

Law Offices of James Bickford, 888-421-4585.

## SanDiego-DUI-Lawyer.com Affordable, aggressive, experienced. 619-334-7661

**Bankruptcy: 7, 11, 13** 

## **Divorce/Support/Custody**

#### **Traffic Tickets?**

## **Home Inspection Guide**



Pharmacy Technology

**Healthcare Administration** 

Medical Coding/Billing

Next Class
Next Class
Nursing Administration
Medical Specialties
Medical Office Administration

California College San Diego

2820 Carrino Del Rio South, San Diego, CA 92100

## **BUSINESS & ACCOUNTING**

Day, Evening & Online Classes Start Every Month

## GET A LAPTOP

1-800-622-2416 www.californiacollege.info

#### **Bankruptcy Attorney Stop Lawsuits & Repossessions Still Qualify Under New Laws**

Call to speak to attorney. Debt Relief Agency. 619-889-5585; 858-335-1162. BankruptcySD.com.

## My Goodness: My Kids, **Cultivating Decency in a** Dangerous World

Explore ways to instill goodness, character, and Integrity into the lives of your children. Good kids Make the world a kinder, safer place. Learn how to Release honorable, decent, and productive children Into society. Purchase a hard copy or an e-copy At www.GrassrootsPublishingGroup.com. E-mail: info@grassrootspublishinggroup.com (Also available in bookstores and on Amazon.)

## **Stop IRS/State Cold!**

Ex-IRS officer. Contact: D.M. Wayne, Tax Consultant. 858-614-0223. taxsolutionservices.com.

#### **Aggressive Family Lawyer** 10+ years experience in family law with

custody, support and property. 619-542-1100.

## POPCO–Father's Rights The original and still the best. 800-963-DADS(3237).

**Bankruptcy: Fresh Start!** Stop foreclosure and get relief from creditors. Law Office of Richard Komisars, 619-888-8272

## Got Warrants? 619-840-4566.

DUI/DV probation violations, our attorneys can help warrantdoctor@gmail.com, 619-840-4566. Call today!

## **Are You Facing Eviction?**

Got a 3/30/60 day notice? Sued? Fight back! Call Attorney David Wolff. 760-632-8980.

## **Bankruptcy, Fast Divorce**

We answer the phone - Talk to a lawyer - 8am-7pm. Low down payments - Same day filing - Free advice. FixedPriceLegalCenters.com (sm). 800-993-1998.

#### **Hypnosis-All Issues!** ing, weight, habits. Lori (CHT), 858-457-2100.

Mission Valley Mortgage Buy- Sell- Refinance. Mobile notary Misty O'Donnell 619-204-4324.

## **Problem With Car Purchase?**

Have you bought a car with undisclosed accidents or History from a car dealer? Call 858-405-6766.

#### **Divorce/Custody/Support** Contact Happ Law Group P.C. 619-906-5800

Sexually harassed at work? Hostile work environment? **Discriminated against?** Wrongful termination?

**Unpaid overtime?** We are experienced in representing employees and will vigorously defend your rights. All too often, employees will ignore an unfair work situation, or will wait too long after a violation has occurred. Don't let this happen to you! Call attorney Michael Sousa today for a free, no obligation consultation. 858-453-6122 x15.

## Facing A Foreclosure File 7 or 13 Bankruptcy

Save your home or wipe out negative equity. Free consultation with experienced attorney. 619-321-8125, 858-335-1162. BankruptcySD.com.

Skydive San Diego - Save \$30! Enjoy the biggest thrill of your lifetime! Weekday Skydive Special, Monday-Friday, excluding holidays. Must be 18 & weigh less than 230 pounds. Other Conditions may apply. San Diego's oldest, largest operation. www.SkyDiveSanDiego.com. 619-216-8416.

## **Divorce/Support/Custody**

Defend your rights! Flat fee for uncontested divorce. C. McLaughlin, Esq. Call 760-431-2200 or 619-295-1300.

#### **Divorce Is Never Easy.** Mediation Should Re

Work out a settlement with your spouse or partner rather than spending a fortune fighting in court. See: www.afairway.com.
A Fair Way Mediation Center. 619-702-9174.

#### Bankruptcy-Ch. 7, 11 & 13. Honest advice from an attorne

A debt relief agency. Avatarlegal.com, 858-793-9880. **Lose Inches In Hours:Iono-Trim** 

## 20% discount with mention of this ad-

Sean Daneshmand, M.D., FACOG.
Ageless & Beautiful Medical Spa, 1080 University Ave. Suite H-201, San Diego 92103. 619-299-0264.

## **Drunk Driving?** Avoid Court!

We handle DUI cases exclusively. Free consultation. Keep your license and your dignity. Examples: .12-not guilty, .16-not guilty, .10-case dismissed. Law Offices of James Bickford. 888-421-4585.

## Gamy banks

continued from page 8

Bank, which was then purchased by Bank of America. Then, one-day naming rights were auctioned on eBay, and there were some dandy names offered, such as Yankees Suck Center. In 2005, TD Banknorth, the American subsidiary of Toronto-Dominion Bank, purchased the rights.

Other foreign financial institutions pay to play the game. London's HSBC Holdings, the world's largest banking group, has its name on the Buffalo Sabres' (hockey) arena. Citizens Bank is a unit of Royal Bank of Scotland. Citzens Bank Park is where the Philadelphia Phillies (baseball) play. RBC Center is home of the Carolina Hurricanes (hockey). RBC is a division of Royal Bank of Canada. The New York Jets and Giants (foot-

September 25, 2008

ball) talked about selling naming rights to their new stadium to Allianz, a German financial firm once tied to the Nazis, New Yorkers screamed and the talks ended.

As the U.S. economy deleverages (sheds debt), financial institutions are consolidated, and many fail, foreign ownership will increase. But will financial institutions realize they should be advertising safety, not gaminess, and stop buying sports naming rights? I doubt it. ■

## Road's end

continued from page 7

telecom, I was working 60, 70, 80 hours a week and traveling. I had 80 employees and a \$41 million budget. But I never got to see my kids. Now I've been working a normal 40hour week or less. In the middle of the day, if my ten-yearold son says, 'Dad, I want to take a bike ride,' we hop on the bikes and take a ride. It's been nice. I'm going to miss that."

The business grew, Foster says, through 2006, "and then in 2007, the business fell off, and it was just not something we could overcome. We had been averaging 7500 people, but in the April 2008 ride, we just had, we had between 4900 and 5000."

Five thousand riders, each paying a \$35 entry fee is \$175,000. Seems like plenty of money, especially twice a year. But, Foster says, "Our event is a destination event. We are pulling people from the U.S., about 75 percent from the U.S., primarily coming from L.A., Orange County, and San Diego. When most people go across the border, they want to feel safe, and they want to feel that if something happens, they are going to get

would get if they fell off their bike up here. So what we have done, ever since I worked for Dave, we've always provided life-flight helicopters and airplanes to bring people up. So if someone has a critical injury on the course, we can actually pick them up right on the course in Mexico by helicopter, come across, touch down at Brown Field and clear cus-

the same level of care that they

Asked if they have ever had to use that service, Foster answers, "Almost every event we have, something happens. Cycling is the most dangerous sport of all the popular sports."

toms, and bring them right

to a hospital here in the U.S."

Foster also hires U.S. paramedics to go down and be on call. And, because of Mexican law, they can't use volunteers to staff any aspect of the ride. "So at the water stops, people handing out Tshirts, people handing out numbers and registrations, they are all paid employees. In Mexico, you can't use someone as a volunteer the way you

On top of medical and staff costs — Foster won't divulge how much they are — there's a federal revenue tax on the registration fees. And the cities of Rosarito and Ensenada each charge a per-rider tax, a practice Foster describes as "a very counterproductive way of thinking. If you look at the Rock 'n' Roll Marathon, the model they use is, every time they go to a new city, the city pays the company to bring the event to them because it generates tourism. So what happens is, Rock 'n' Roll doesn't have to make any money on participation because they are getting so much from the cities. But for us down there, we do it upside down. We go down there, we have to pay the city to put on the event. We have to buy the permits to put on the event. Every police officer that is stationed along the route, we have to pay his salary for the day. It adds up, and it's cost prohibitive."

Ron Raposa, public relations director for the City of Rosar-

ito, blames the demise of the bike ride on American media coverage of Baja, "including things like the recent cover story you ran in the Reader" ("Greetings from Tijuana," August 7).

Asked what the economic impact of the ride has been for Rosarito, Raposa doesn't have dollar figures but offers, "Well, we had 5000 to 7000 participants plus friends and family members that came down, that stayed in hotels and ate in restaurants and spent money in Rosarito and Ensenada twice a year and created a great deal of publicity for the area. It's a wonderful event with wonderful people. They never had a problem with anything down here, and we never had a problem with them. We'd like to see it continue, and we still hope that some way might be found. If it can't continue, we're going to miss it. There's no question about it. As for the exact economic impact, well, we get over a million visitors a year here, and we're starting to see a recovery in tourism this summer, so it's not going to kill us. But we're surely sad to see it go. It's extremely sad, and it truly is the result of bad and unfair U.S. media coverage, and I put the Reader cover story in that category. I can't say it any more sternly. Twenty-seven years, 375,000 participants, and never a single serious crime among them. But the U.S. media are simply scaring people away with biased, unbalanced, and unfair reporting." ■





No payments • No interest • 6 months\*

# Remodel your kitchen in as little as a week!

Free in-home estimates • View your future kitchen with our free advanced 3D visualization software!

DOD Home Interiors, Inc., Cabinetry & Granite

888-882-8338 • 858-695-0800 • www.dodca.com 9550 Distribution Ave. • San Diego 92121 • Lic. #915821







## Granite kitchen countertops only \$1,499

Includes 30 sq. ft. of granite, bullnose edging, plywood subtop, demo and disposal of old counters and undermount sink cutout. Certain restrictions apply. Expires 10/31/08.





**Portable** Bluetooth





# **Back 3 windows**

SONY. CD with built-in Bluetooth



x 4 channels)
• Bluetooth wireless connectivity works with compatible cell

phones, music players, and more

• Bluetooth features include hands-free calling, integrated microphone, high-quality audio streaming, and control of compatible equipment (no phone book transfer or Caller ID)

Starting at

Installation charges not included. Or \$39 per month \*OAC

Starting at

iDA-X001 The Best In-Vehicle iPod Experience

As a "Made for iPod" program member, Alpine designed the iDA-X001 for simple, seamless operation. The iDA-X001 exceeds all expectations combining the trusted sound you deserve, and easy control and access to all your iPod\* music through a brand-new interface.

\*USB compatible: fifth-generation iPod, and first-generation iPod nano. Full Speed compatible: fourth- and fifth-generation iPod, iPod photo, iPod mini, and first-generation iPod nano.

Proneer AVH-P4000 DVD Navigation Receiver with Bluetooth



KENWOOD KVT-512

/////ILPINE

IVA-W205 • 2-DIN DVD/CD/MP3/ WMA

Optional accessor

Blackbird PMD-B200

- DVD/CD receiver with internal amp (14 watts RMS CEA-2006/50) peak x 4 channels)

  • 6.1" touchscreen

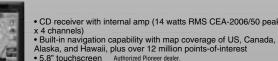
  • Fits double-sized dash openings

Starting at 15

Installation charges not included. Or \$39 per month \*OAC

Starting at Or \$39 per month \*OAC

 Two sets of (2V) Pre-outs
 Navigation Ready (Optional KNA-G510)
 SAT Ready (Requires CA-SR20V + Sirius SC-C1 Tuner or KCA-XM100V + XM Mini Tuner) PIONEER AVIC-F700BT Navigation Receiver with Bluetooth



Or \$39 per month \*OAC

Starting at

Starting at

Or \$39 per month \*OAC

Financing Available • 90 Days Same as Cash 10% Student & Military Discount • Instant Credit Military Financing up to \$5000 (OAC)



Shock Sensor

 2 Remote 6 tone Siren Flashing Light

 Starter Kill Shock Sensor Silent Mode

Valet Mode

 Keyless Entry Installed

**AUTO CUSTOMIZING** 

714 E. Valley Pkwy • Escondido TOLL 888-746-2689

Tire Sale

175/60R/14







Deals on

Rims

Tires

Rim & Tire

Packages

499

899 1299

\$1599

Starting \$50

## FREE **INSTALLATION!**

On any stereo purchase!

## **Lifetime Installation Warranty!**

Car Audio • Video • Wheels • Alarms **Laptops • Computers • TVs • Repair** 



















Not an authorized deale



Sharp 56" **DLP HDTV HDMI** 

Reader September 25, 2008

\$999 or \$30/mo.





## **Megawatt Electronics**



## LETTERS

We welcome letters pertaining to the contents of the Reader. Phone them in at 619-235-3000, ext. 460; address them to Letters to the Editor, Box 85803, San Diego CA 92186-5803; fax them to 619-231-0489; or use our web page at SDReader.com/letters. *Include your name, address,* and telephone number. Letters may be edited for length and clarity.

## Where Are The Bags?

I have spent at least a thousand hours in the ocean and have not seen a plastic shopping bag yet ("Plague of the Urban Tumbleweeds," Cover Story, September 11). I bring my swimmer's goggles when the swell is small and poke around on the bottom when there is no surf. I see sand, rocks, normal ocean fauna. My diving friends have never reported ocean rocks covered with grocery bags in La Jolla or any other place.

Bill Manson, there may be good reasons why we should take care where we dispose of our bags, or may-

Science used to be about facts and real studies. Please don't blemish it with false claims to make a statement about something you don't like. I want to see photos of these bags in the ocean. I've seen film of seals caught up in fishing tackle and nets but no bags. If the rocks were covered with shopping bags, we would have certainly seen film of it by now.

be we should not use them.

Richard Baker via email

Bill Manson replies: Mr. Baker should watch the river mouths of the county and the many outfalls scattered around San Diego Bay. As for La Jolla, according to Captain Moore (featured in the story), plastic bags certainly get caught in the kelp but don't necessarily stay because of high-energy wave action. After being read the letter, Moore says, "It's nice that [Mr. Baker] has had a good experience and hasn't had his dive ruined by trash, but that's not the experience of many other people." For general evidence, he suggests checking

his website, algalita.com (look at the "trashed photo gallery").

And by the way, Moore reports from his latest survey (carried out early this year in the Central North Pacific) that the ratio of broken, degraded plastic pieces, so easily mistaken by fish for surface zooplankton, is soaring. He had previously measured degraded plastic pieces as outweighing plankton by 6 to 1. Now, he says, they outweigh plankton by 46 to 1.

## Responsible

Re "Gray, Gray, Gray" (Let-

This is in response again to Dale Anne Thompson, who on September 17 responded to my letter dated September 11, which is a response to hers dated August 7, regarding Lawrence Welk. You stated that I must be ashamed of Lawrence Welk, since I did not put my name at the end of my letter. This is in fact not true. I do not put my name on any of my submissions due to the fact that I do not want my abusive husband to know that I am still in the area, and I have to be careful. I do, however, accept your apology that you gave last week. Thank you.

Name Withheld by Request via email

## The Ultimate Promo

In regard to the article

"Seasons Go" (Movie Review, September 4), by Duncan Shepherd. Without hesitation and question, I proceeded to view The Dark Knight on three separate occasions. Be aware that these three occasions were within no more than a two-week period. Shepherd firmly states how the movie would not have done so well without Heath Ledger's "prerelease death."

Did Shepherd even see the eminent spectacle that is Batman Begins? Even if the popularity didn't soar until it hit DVD. The Hulk and Iron Man combined (total of \$451 million) did not gross even close to what The Dark Knight did alone (\$504 million — missed it by \$53 million — ouch!). Enough said. Ledger, Bale, and Eckhart all reigned supreme on the big screen. I think I will go see it for my fourth time now, AMC Fashion Valley — 8:30 p.m. who's with me?

> Stephen Steigler SDSU Student Mission Beach

### **Got History?**

Just a note to thank you for including "Unforgettable: Long-Ago San Diego" in the Reader. It's truly great! To have something, tiny as it is, to remind every outof-state implant that's moved here of what this

continued on page 58



for proper fitting.

## **Property** tax refunds!

Have your residence evaluated before the approaching deadline and you could receive money back from your 2008 property taxes!

#### **Oliver James**

Certified Residential Appraiser 858-455-8618







## **Seasonal Sale!**

We have too much inventory and need to make room for our new clothing arriving this Fall.

THURSDAY, SEPTEMBER 25, TO SUNDAY, SEPTEMBER 28, ONLY!



patagonia

San Diego's largest selection

up to 70% off





SLAM

Spring 2008 collection up to

20% off



up to

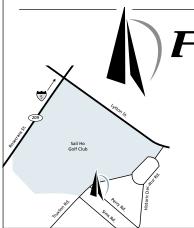
15% off

Also offering:

KAENON'



CAMET
Technical Clothing



## **POINT LOMH** OUTFITTING

2885 Perry Road ● Point Loma 619-224-4060 Across from Sail Ho golf course in Liberty Station

www.pointlomaoutfitting.com



# Droopy Eyelids?

Are droopy eyelids making you look older or sleepy?

Interfering with your vision?

## In 20 minutes you'll look 10 years younger!

Dr. Barry Katzman voted one of San Diego's "Top Doctors" by San Diego Magazine "America's Top Ophthalmologist" from Guide To America's Top Ophthalmologists from Consumer Research Council of America

# **Insurance can cover this procedure.**

Schedule a consultation to see if you qualify. Call 1-800-631-4590. Ask for Angela.

West Coast Eyecare has helped San Diego see clearly for over 25 years. Six Locations: College Area/La Mesa El Cajon • South Bay • Clairemont/Mira Mesa Escondido/Vista/RB • Alpine



1-800-631-4590

www.westcoasteyecare.com

NO APPOINTMENT NECESSARY

## **Extended hours 7 days a week!**



# Urgent care

# Primary care





In-office labs, prescriptions, and x-rays

Walk-ins • Discount rates for uninsured • Most insurances accepted

**Encinitas** • North Coast Health Center 760-943-9111 • 477 N. El Camino Real, Suite A100

**Carlsbad** • In the Plaza South Shopping Center 760-729-2351 • 2626 El Camino Real, Suite B





# Complete Kitchen Remodels from \$5950

- Includes granite countertop
- Oak, maple, cherry or walnut
- Free stainless-steel sink
- Free estimates

KITCHEN C FLOORING Emporium 735 15th Street San Diego • 619-235-6400

330 Rancheros Drive #128 San Marcos • 760-591-0908

Van Nuys • 818-901-1220

## STRAIGHT FROM THE HIP

BYMATTHEW ALICE

Heymatt:

Ilustration by Rick Geary

Sometimes I don't sleep for a couple of days. I have a friend who told me that I could die from lack of sleep. I can't believe that, but this friend is always throwing around facts and he sounds pretty knowledgeable. Is it really possible to die from lack of sleep?

— No Snorer, via email

Here's a little quiz, brought to you by the good folks at the Matthew Alice Rumba Academy and Research Emporium. What is the most common source of bad facts? Stuff just made up on the spot? No. Old wives' tales? Nope. Urban myths? Uh-uh. Mom? Close, but no deal. "Educated" big-mouth friends? You betcha. So, if you're on your toes (not likely, after 48 hours of sleep deprivation), you can predict our answer to your question.

A top-notch sleep researcher at UCSD has said he's never seen a report of anyone dying solely from a lack of sleep. That's not to say people haven't been so debilitated by sleep deprivation that they haven't done something stupid or risky and died as a result of their actions. One of the areas affected by sleep deprivation is the frontal lobe, responsible for good judgment and risk assessment, and studies have also shown that we're not really aware of our impairment, so we do dumb stuff. Like drive. Sleeplessness strains the brain, and nothing we do in that state is very efficient. Or smart. Even a loss of one night's sleep makes test subjects slower and less sharp even at simple things such as speaking and typing. Neurons misfire and we look like goofs.

When we sleep, we're pretty unresponsive to external stimuli, but our brains are ticking away like mad. Proteins are being regenerated to help boost pooped neurons; brain connections made during our waking hours are being edited and reorganized. As a result, lack of sleep limits how much information and how many skills a person can retain. Sleep-deprived test subjects also suffered from weakened immune systems. The number of white cells decreases, and the remaining cells are less active. Lab rats kept awake for two to six weeks all died, and their deaths were a result of wrecked immune systems.

But our brains are prepared for our crazy life patterns. MRI studies have shown that overworked, sleep-deprived brain areas will occasionally shut down, a state the professionals call "microsleep." While that area is chilling out, a backup area of the brain takes over. Of course, the backup is less efficient at the job and might be busy doing its own thing, so again our performance is poor.

For the record, the longest sleepless stretch was achieved by a high school student who managed to stay awake 11 days. He was pretty much a blubbering mess by the end of the experiment, but he didn't suffer any permanent damage, like death, say. But there are diseases that have sleeplessness as a symptom. A man suffering from Morvan's chorea chugged along for 27 dreamless days.

Our friends at UCSD have also looked at the question of the optimal number of sleep hours per night. They took the sleep and life histories of 1.1 million people and found that those who slept eight or more hours had an increased risk of dying within the study time. Seven hours was optimal. Even five hours rated higher than eight. But less than four hours a night again raised the risk of death. The professors had no clear explanation for why this should be true. So, No Snorer, from all the science so far, looks as if you can stay up a night or two and not keel over. But you'll probably look like a bumbling, stuttering fool for a while, until your brain recovers.

Hey, Matt:

Tell me about Tumco, the old mining town in east Imperial County. My friend says there's a vertical shaft out there that goes straight down 2000 feet, and the place is listed somewhere as the most dangerous mining site in the West. True? We're planning an adventure.

— Reluctant Explorer, North Park

Dang. More friend facts. An evil that must be stamped out. Anyway, about delightful Tumco... A rubble-strewn desert ghost town since 1914 or so. The best-looking features are the graveyards and the cyanide vats. Gold was discovered there about 1884, and the place boomed along under a variety of names (Gold Rock, Hedges) until all the mines finally became economically impractical early in the 20th Century. One of the last owners was the United Mines Co., ergo Tumco. At most, the population was 500 or so, but it had all the trappings of a juicy mining town, what with all the saloons, bar girls, company store, etc. They actually hauled a lot of gold out of the area for a while, and the Tumco mines were pretty famous. What the desert hasn't demolished, vandals have, so there's not much left but crumbling foundations and its niftiest, most adventurous feature, lots of open mine shafts. During its heyday, the mines themselves were no more dangerous than any others. Today, if you're not sharp, you could become part of the geology. That's about its only danger. Deepest mine shaft? About 1500 feet.

A searchable archive of past columns is available at SanDiegoReader.com

**Got a question you need answered?** Send an *email* to heymatt@cts.com or *fax* to 619-231-0489 or *mail* to Matthew Alice, c/o the *Reader*, Box 85803, San Diego, CA 92186.



**Our Window Tint** Department has tripled in size with outstanding quality. Rear 3 windows some cars

There are shade limitations for this special

New KENWOOD Booming Bass Package with 2 700-watt 10" Woofers and a 350-watt Amp



Limited Quantities - Hurry!



12" subwoofer and 800-watt max amplifier. Authorized Rockford Fosgate dealer.

\$199 Installation charges not included. Get a free box with this purchase.



## Audio TNP212D **Terminator Combo Package**

1200-watt peak power handling. Includes Mono Block amplifier and two 12″ Terminator subwoofers in a sealed enclosure

Authorized MTX dealer.

### KENWOOD In-dash stereo



200-watt AM/FM, detachable-face CD, iPod jack, and RCA output to add amplifier. Authorized Kenwood dealer. Installation charges not included.

New KENWOOD 500-watt Peak



Also 600-watt peak 4-channel amp \$149



## IT'S THE LAW!

Be safe - Operate your Bluetooth cell phone hands-free! Listen through your existing car speakers. Talk wirelessly

Installation charges not included.

**\$9**9

## KENWOOD Factory Authorized

## Warehouse Sal

Kenwood makes available to Car Audio Heaven Over \$1,000,000 of car electronics





New KENWOOD200-watt AM/FM Detachable-Face CD Player with iPod Input and (4) 170-watt Speakers

## **Warehouse Sale Blowout!**

New KENWOOD Super 2-Amp System 900 Watts Total Including a 500-watt 4-Channel Amp

for Highs and a Bass Amp both for only  $\mathbf{S}^{\bullet}$ 

## New KENWOOD

200-watt 6.95" touch video screen with DVD,

Navigation and built-in **Bluetooth** 





Free license reverse camera with purchase.



Authorized Kenwood dealer. Installation charges not included.

## New KENWOOD Super System

Bass Amp and 4-Channel Amp Totaling 1200 Watts

(4) Kenwood Excelon Speakers

(2) Kenwood 10" Woofers (1) Kenwood Excelon CD Player





KENWOOD Fantastic New for 2008

6.1" Double-DIN Touch Video Screen,

AM/FM/CD/DVD/MP3 Units at Hot Introductory Prices! **DNX 5120 with Navigation** 

- 6 million points of interest Built-in mapping for U.S., P.R. Alaska and Hawaii
- Opt, Bluetooth, satellite radio
- and HD radio • Fastest access to iPod audio/video with high-speed
- iPod control front aux in

 Voice guidance Authorized Kenwood dealer. Installation charges not included.



## iPod wired directly to your stereo



Apple iPod Solutions will add sound directly to your radio. No noisy FM modulator. JVC, Kenwood, Pioneer, Alpine, GM, Chrysler, Nissan, Ford, Honda, Mercury, VW, Toyota, Audi and Acura.

Installation charges not included. Call for price!



San Diego's Best Deal Ever on an In-Dash Flip-out 160-watt AM/FM/CD/DVD/ MP3/WMA 7" Color Touch Video Screen!

Free aux in for external MP3 player!





# car alarm

Code-hopping state-ofthe-art car alarm. Starter kill, shock sensor with warnaway flashing parking lights, panio feature. Installation \$QQ

charges included.

Remote

## VIPER AUTO SECURITY Car alarm



Starter kill, lights flash, door protection, impact sensor with warnaway and code-hopping technology. Limited lifetime

189

## **AUTOPAGE** Car alarm



New technology car alarm pages you when your car is tampered with or when the alarm is triggered. Bright LCD display shows vou which zone has been violated. \$199 Includes all parts and labor.

## Car Audio Heaven

**El Cajon** 619-444-2021 1225 Broadway

**Sports Arena** 619-574-0770 3713 Rosecrans Street

**Kearny Mesa** 858-505-9099 8199 Clairemont Mesa Boulevard

**San Diego** 619-287-4422 4951 El Cajon Boulevard

value, including coins and coin collections.



...on down to **GEMS N' LOANS!** We pay the most for gold in any condition – whole pieces, scrap or broken. We also buy diamonds, vintage watches such as Rolex and others. **Gold prices have soared to an ALL-TIME high and you may be sitting on a GOLD MINE!!** If you're not sure you want to sell now, we will gladly make you a no-hassle loan on your jewelry or most anything of





Se Habla Español

OCEANSIDE 1-866-524-1771

> 3753 Mission Ave. at El Camino Real State Lic. #3710-0996

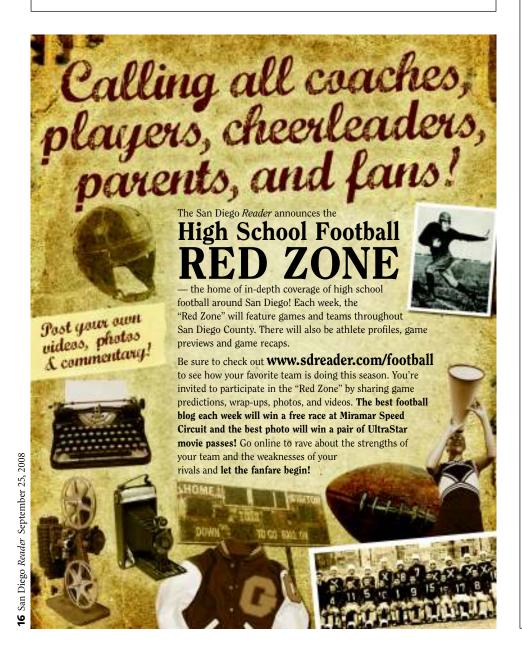
VISTA 1-866-524-1772

925 S. Santa Fe near Escondido Ave. State Lic. #3700-0972 ESCONDIDÓ 1-866-524-1773

We've Moved!

340 W. 2nd Ave. near Centre City Pkwy. State Lic. #3706-0983

Full-time jeweler on premises • www.gemsnloans.com



## **SportingBox**

By Patrick Daugherty

## Better Than I Think I Can Be

al Convento is chief instructor and owner of the United States Karate Academy in Point Loma (*uskasandiego.com*). He's single, 36 years old, a third-degree black belt, and world champion. I don't find any of that particularly unusual. What is unusual is how he got here.

During a telephone conversation, Convento tells me he has 161 students. Among them are "Tiny Tigers," three- and four-year-old kids. I ask, "How do you teach a three-year-old kid?"

Convento says, "A three-year-old kid is all about having fun. We do sparring. It's like flag football: we put belts on the side of their belts and kids pull out as many belts as fast as possible. Whoever gets all the belts out fastest wins. I have Tiny Tiger names for them, like this kid is Raging Bull and this kid is Superman and this kid is Batman. We put on music and announce their names like in a UFC fight. They love it."

"How many sessions a week for a typical

"Depends on the program," Convento says.
"Twice a week for the basic program. Leadership
program has an unlimited number of classes. The
Executive Black Belt program is tailored to the
individual, with private lessons structured to get
them a black belt in 21 months."

Convento also offers Boot Camp San Diego. One class runs from 6:00 a.m. to 7:00 a.m., Monday through Friday. Participants meet at the downtown convention center, warm up, jump rope, stretch, run, stair climb, "push-ups, pull-ups, medicine-ball workouts, abdominal workouts, and an array of body-weight exercises." This is followed by a reading circle, affirmations, mentoring...is it 7:00 a.m. yet?

I ask, "How many hours a day do you work?"

Convento laughs, "I start at six in the morning. After that, I'm teaching gold-medal training for our championships [World Tang Soo Do Karate Championships] — I weight-lift with those guys. Then I'll eat breakfast, and we'll do some sort of a reading. Then, I'm at the academy by 10:00 and work until 8:30."

"You're not married, obviously."

"I have a serious girlfriend," Convento says. "She's done one or two boot-camp sessions with me, and she likes it."

"How did you find karate?"

"My brother wanted to do martial arts. We

were living in Philadelphia. I began karate [at the Shin Karate Institute] when I was 13, started assisting in class a year later, got my black belt, and taught adult classes.

"I came from the Philippines [Convento arrived in New York during the spring of 1981]. I have six brothers and six sisters. I am the youngest. In the Philippines, we weren't rich and we weren't poor. We had a little land that had mango trees and coconut trees. My mom and dad worked in factories. When we came here we were not even middle class. My mom and dad couldn't work anymore and couldn't afford to send me to college.

"In the ninth grade, I saw a program on Good Morning America that talked about the Naval Academy and how it's this prestigious college and it's free once you're in as long as you serve in the military. So, it was, Why don't I serve my country, fly for the Navy, and get a great education?"

How did he do it? "I would think most kids — particularly the youngest of 13 children with elderly parents, immigrants all — wouldn't know about the Naval Academy, or if that kid did know, would think, *No way I can do that.*"

"I did have help," Convento says. "My counselor back in high school, he was, like, 'Sal, you can't go to that school. That school is tough. You've got to get a congressman, a senator, to nominate you. You've got to be really good, got to have a great SAT score."

"But, I didn't believe in any of that stuff. It was martial arts that made me say, 'Hey, if I can become grand champion in forms and sparring, and my teachers and instructors believe I can be better than I think I can, then..."

"How long were you in the Navy?"

"From 1996 to 2006. I was a surface warfare officer." (Convento took part in missions flying aboard an EP-3 Orion over Iraq and Afghanistan. He became a wing naval aviator in 2001.)

"What would you like to be doing five years from now?"

"I want to buy my own building, focus on martial arts with ancillary things like a weight-lifting facility, a swimming pool, Jacuzzi, massage place, an acupuncture place, a chiropractic place, all in one building. The intent is to make you as perfect a warrior as you can possibly be. Eventually I want to have multiple studios in Southern California and throughout the U.S."

## The Vegas Line

NFL -	Week 4	(Home	Team	in	CAPS)	

<u>Favorite</u>	<u>Spread</u>	<u>Sunday</u>	Over/Under	<u>Underdog</u>
Denver	9		46 1/2	KANSAS CITY
CINCINNATI	3 ½		44	Cleveland
JACKSONVILLE	7 ½		42	Houston
N.Y. JETS	2 ½		45	Arizona
NEW ORLEANS	6		48	San Francisco
CAROLINA	7		39	Atlanta
TENNESSEE	3		36	Minnesota
TAMPA BAY	1		43	Green Bay
Buffalo	8		42	ST. LOUIS
San Diego	7 ½		45 1/2	OAKLAND
DALLAS	11 1/2		46	Washington
Philadelphia	3		NL	CHICAGO
·		<u>Monday</u>		
PITTSBURGH	7		NL	Baltimore

Find Sporting Box online at SDReader.com

#### Mission Hills not as big, but...

Posted September 18, 2008, 10:52 p.m. This season Mission Hills (San Marcos) doesn't have the size or experience of last year's team that made it all the way to the Division II final. So far that hasn't mattered as the Grizzlies are off to a 2-0 start.

After a successful season in Division II last year, the Grizzlies are now in Division I. Realignment places them in an Avocado League that features fellow unbeatens La Costa Canyon and Escondido. This jump, however, doesn't seem to be a concern.

I think it's a good step for our school, and I think we're ready for it," senior quarterback D.J. Zapata

Head coach Chris Hauser said the change in divisions won't be visible until the playoffs. He said that there is little difference between the top two divisions

"I think because of Helix and Oceanside in Division II and Lincoln on the verge and Eastlake dropping to Division II this year, they're pretty equal," Hauser said.

Mission Hills opened the season on Sept. 5 with a 27-14 home win over Temecula's Great Oak. But their biggest win thus far is their 26-14 win at San Marcos last Friday, a win that means bragging rights in



Posted September 20, 2008, 1:18 a.m.

Starting the season off with a game in Hawaii and a bye week, Bonita Vista has been somewhat of an unknown this season. After their 21-6 win at Mission

Bay on Friday, the Barons can't hide anymore. "We were outsized, we were outspeeded, we were outstrengthed, and our kids won. So that should tell you something," said Bonita Vista head coach Carl

> The Barons grounded the Buccaneers' spread offense that averaged 39 points in the first two games of the season. Mission Bay's only touchdown came from their defense, when Dillon Baxter intercepted a pass and took it 97 yards a for score in the fourth

"We had no rhythm and we certainly couldn't pass protect very well," said Mission Bay head coach Willie

On the offensive side of the ball, the Bonita Vista running back tandem of Ibrahim Hassan and Bryan Montreuil carved up Mission Bay's defense. Hassan carried the ball 24 times for 162 yards and Montreuil ran for 142 yards and two touchdowns.

"Me and Bryan just always go 100 percent; we always go hard. That's the one thing we keep pushing on each other," Hassan said



Barons running back Ibrahim Hassan is caught from behind by a Mission Bay defender

## Game of the week

Posted September 20, 2008, 3:07 a.m.

For a little more than a quarter Friday night at Simcox Field, Mira Mesa kept up with Oceanside's highoctane offense. For the rest of the game, the Pirates

unleashed an aerial assault on the Marauders on their way to a 42-24 win, a win that leaves no doubt as to who is the top team in the county.

"We fulfilled our purpose and we came out with a win tonight," said sophomore wide receiver Demario Coleman.

Coleman led all receivers with 166 yards and two touchdowns on six catches. He and teammate Osmond Nicholas (five receptions, 111 yards, and one touchdown) were Pirates quarterback Jordan Wynn's favorite targets on the evening. Wynn had a career night, finishing the game 19-of-23 for 356 yards and four touchdowns, three in the second half.

We just started taking shots down the field," Wynn said.

Both of Coleman's touchdowns against Mira Mesa came against single coverage. The sophomore exploited that matchup Friday night and plans to against future opponents.

"One-on-one against me? I'm thinking touchdown,
baby. Every time I'm thinking six points," Coleman said.

"That confidence level — how we finish — is just part of being a Pirate. The kids know it and the coaches know it: we're going to finish strong," said Oceanside defensive coordinator Patrick Coleman.



By highschoolmvp | Posted September 22, 2008, 9:41 a.m.

The East County Football Blog's first week (posted in the Reader's Red Zone) was a smashing success with coverage from ten games from schools in East County and specifically in the Grossmont League North and South Division.

Last week we covered ten total games and East County Football blog writer HighSchoolMVP chose seven of the ten games correctly, taking his season total to 7-3 overall.

This week's results of seven correct picks and three wrong picks brings the season total to 7-3 for the HighSchoolMVP on the season. Check back this week with the East County Football Blog for all your week four predictions and coverage

> The Red Zone can be found at SDReader com Under "Stories" in menu bar, click on "Sports" then "High School Football"

Pirates starters relaxing on the bench with the

game in hand



An Oceanside band member plays the saxophone during the halftime performance



## Awaken Something Inside of You

Just Think.. What if you could experience and connect physically, mentally, and spiritually with a higher power that can empower you to bring into your life whatever you desire? In this unique training, you will be introduced to finding out more about who we are and the nature of the world we live in.

#### ALSO INCLUDED IN THIS TRAINING...

Neuro-Linguistic Programming, Time Empowerment\*, and Hypnosis are leading-edge technologies for accelerated human change. With these technologies, we can change our lives by controlling how we process our thoughts & emotions.

27 Empowerment

#### YOU WILL LEARN HOW TO:

GAIN MASTERY IN THE

- · Create instant rapport with others
- · Utilize the structure of language to create patterns in yourself and others
- Disconnect the power of past negative experiences that block you from achieving your goals

## NEWPORT BEACH, CA: OCTOBER 21-29 LIMITED ENROLLMENT-

CALL NOW TO HEAR MATTHEW B. JAMES, MA, DCH, INTERNATIONAL TRAINER, LECTURER, & EDUCATOR!

1-800-800-6463 ORVISIT WWW.HUNA.COM





## COMPLETE CONTACT **EXAM**

ONLY \$74!!!

Includes: eyeglass prescription, fitting, follow-up & solution kit. Monovision, Torics & gas perms \$99

**EXAM & 7 PAIRS BIOCURVE DISPOSABLES** \$113.90

> **WEAR THE BEST AVAIRA** CONTACTS

4-box special. Includes \$30 rebate.

**CALL TODAY** 

858-566-4110

9516 Miramar Rd. • San Diego • 92126 www.drnickselby.com



Dr. Nick Selby, Optometrist

San Diego Reader September 25,

## **Don't wait until the** next holiday weekend!

# HOLIDAY MATTRESS PRICING **CONTINUED!**

**SAVE 40%-70% BELOW RETAIL NOW** 

on major name-brand mattress sets!

QUEEN

QUEEN SETS, ALL COMFORT LEVELS

CAL KING



8400 Miramar Road, San Diego 858-695-6670 • FirstStopMattress.com

Hours: Mon.-Sat. 10 am-7 pm • Sun. 11 am-5 pm

## SHEEP AND GOATS

PLACES OF WORSHIP REVIEWED

**Mother Antonia Speaks at Vision:** 

A Center for Spiritual Living

"Go out and do acts of mercy, and

you will know that there is a God,

and you will know that God loves

"For more than 30 years," said Vision pastor Patti Paris in her introduction, "Mother Antonia has lived in a small, cold cell in Tijuana's La Mesa prison, where she ministers to some of the most maltreated inmates on earth. But before she received her religious calling" — a calling that arrived in a dream wherein she promised Christ she would never leave Him—"this Catholic nun was a blonde, Beverly Hills socialite who had been married and divorced twice and raised seven children."

An appreciative gasp went up from the congregation.

Paris continued: "With the tragic events that are unfolding, Mother Antonia hasn't had much sleep.... I invite you to listen to this

courageous and inspiring servant who answered the call of God." And with that, the 82-year-old sister took the podium.

The tragic events Paris mentioned began on September 15, when a riot broke out at the La Mesa penitentiary; at least four inmates

died in the ensuing melee. Mother Antonia was not inside at the time. "I said, 'Let me go in,'" she said from the podium, "'I know I can do something to stop the violence.' But they wouldn't allow me in... They were afraid for my safety. But the prisoners wouldn't have hurt me. I'm not afraid. When you love, you don't have anything to be afraid of. Love casts out fear, the Bible tells us, and I love the men there.... I can go into the cells and cellblocks, see the men, pray for them, bring them hope."

But, she added,

"That doesn't mean I'm in accord with them. That doesn't mean I'm not going to show them what's wrong and try to calm something down that's evil and wrong. It just doesn't stop me from loving them." She lamented the loss of the prison's kitchen, laundry room, art room, classrooms, music room, library, and computer room - all burned in the riots. "Rage takes love completely out of your heart. Everything that was destroyed was for them, for the very men themselves."

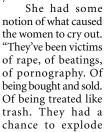
The tragedy continued two days later, on September 17. According to the San Diego Union-Tribune, "Female inmates began to riot just before 1 p.m. More than a dozen women climbed on top of the prison's building no. 7, where they are housed, and began to break lights and scream to a throng of people on the sidewalk outside. They shouted that they were being beaten and that there were dead and injured inmates inside. Rioting then spread to other buildings."

This time, Mother Antonia was inside. "They bolted my door. They were firing shots against the outside of my wall. They were firing to frighten everybody, making noise with guns, the helicopters overhead. I don't know how many bullets were shot over three and a half hours of shooting, but there were 17 dead after this, and only two bodies have been claimed. The sisters, God bless them, bury the dead that are not claimed. But why? Mexican families always come to claim their dead. Why? Because they were deported. They didn't live in Tijuana. About 300,000

people were deported from the U.S. into Tijuana since 2006. What do you do when there are 300,000 people in a city without jobs, without credentials, without families? I'm hoping that the riot will move the government to take deported people and send them to their homes, all over Mexico. It's better than to have them live in rage and murder people...and murder themselves. Self-hate

Mother Antonia's mention of political policy was born of personal events — the unclaimed bodies of the dead — and her talk hewed close to the personal and to the prosaic. She begged the congregation not to shame anybody — "It's a terrible thing to do to people. People will forget many things, but they do not forget being shamed." She called the tongue "a deadly weapon" and said that "the tongue caused this riot to start again. The men had calmed down, and the women were yelling, 'Help us!' and nothing

was happening to them. Then the men broke through walls and started more fires, and pretty soon you had 17 dead because of the tongue. The tongue destroys; it takes away hope.... Jesus said, 'Don't worry about your hand being dirty. Worry about the dirt that's on your heart; that speaks through your mouth."

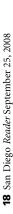


themselves, to say, 'Now I'm going to be in control. Nobody's going to take me and do what they want with me.' So have pity on them." (This came in the midst of a cry against pornography: "Many good people, especially men, have become addicted to pornography with the Internet. Porn is satanic; it's evil. It enters the brain and it doesn't leave. The devil never sleeps. Evil doesn't sleep. But neither does good, and good is much more powerful than evil.")

Against all this, she set love. "Love is patient. Love is kind. Those two things patience and kindness. There are three ways to get to heaven. 'Be kind' is the first one.' It was also the second and third. She told a story about a priest talking to an old woman who said, "'I've lost my faith in God. You must convince me that there is a God and that He loves me.' The priest said, 'I can't tell you that. But I'll tell you who can. Go out and do acts of mercy, and you will know that there is a God, and you will know that God loves you." She urged her listeners to love. Listening to a gabby relative was "a holy hour." So was visiting the old and alone. "As long as you have to do something for somebody, you're blessed. Give thanks to God that you can do that."

— Matthew Lickona

To get an online version of this column, go to sdreader.com. You can print it, email it to friends, and get other columns and stories by Matthew Lickona.



# FREE LEGAL GUIDE

CALL 619-233-9797 NIGHT OR DAY 7 DAYS A WEEK

AT THE PROMPT PRESS THE 4-DIGIT EXTENSION OF THE CATEGORY THAT INTERESTS YOU.

OR VISIT OUR WEBSITE: SDREADER.COM/LEGAL

■ EXTENSION 1000 ■

## PERSONAL INJURY



Sponsored by Julia E. Haus Law Firm 550 West C Street Suite 620, San Diego 619-234-1100

- 70 AUTO ACCIDENTS
- 71 MOTORCYCLE/TRUCK/PEDESTRIAN ACCIDENTS
- 72 WRONGFUL DEATH
- 75 SLIP AND FALL ACCIDENTS
- 76 PRODUCT DEFECT LIABILITY
- 77 PROFESSIONAL NEGLIGENCE

#### ■ EXTENSION 1019 ■

## SOCIAL SECURITY AND DISABILITY



Sponsored by
Anthony J. DeLellis & Associates
1545 Hotel Circle South
Suite 130, San Diego
619-278-0900
www.delellis.com

- 20 OVERVIEW OF SOCIAL SECURITY
- 21 FILING A CLAIM
- 22 RETIREMENT BENEFITS
- 23 SURVIVORSHIP BENEFITS
- 24 LUMP SUM DEATH BENEFITS
- 25 FAMILY RELATIONSHIPS
- 26 disability benefits
- 27 HIV AS A DISABILITY

## ■ EXTENSION 1007 ■ TENANT/LANDLORD

- 80 EVICTING A TENANT
- 81 CAN I BEAT MY LEASE?
- 82 WARRANTY OF HABITABILITY
- 83 rental agreements
- 84 SECURITY DEPOSITS
- $8_{5}\,$  enforcement of the lease
- 86 30-DAY NOTICE

#### ■ EXTENSION IOOI ■

#### **CRIMINAL LAW**



Sponsored by
The Law Office of
Douglas Holbrook
850 25th Street
Suite 100, San Diego
619-232-2020
www.legalassistance4u.info

- 20 WHEN DO I NEED AN ATTORNEY?
- 21 WHAT IF I'M WRONGLY ACCUSED?
- 22 SHOULD I ANSWER OUESTIONS?
- 23 MUST I SUBMIT TO A SEARCH?
- 24 COULD I RESIST AN ARREST?
- 25 WHAT IF I FAIL TO APPEAR?
- 26 CAN MY RECORDS BE CLEARED?
- 27 ALCOHOL, DRUGS, HIGH CRIMES

#### ■ EXTENSION 1002 ■

#### BANKRUPTCY/CREDIT LAW

"We are a debt relief agency. We help people file for bankruptcy relief under the Bankruptcy Code."



Sponsored by

Deborah L. Raymond

445 Marine View Ave.

Suite 305

Del Mar

858-481-9559

- 30 NEW BANKRUPTCY LAWS
- 31 WHAT IS CHAPTER 7 BANKRUPTCY?
- 32 WHAT IS CHAPTER 13 BANKRUPTCY?
- 33  $\,$  Wrongful creditor fees & actions
- 34 COLLECTION AGENCY HARASSMENT
- 35 VEHICLE REPOSSESSION
- $36\,$  foreclosure on your residence
- 37 INACCURATE CREDIT REPORTING

#### ■ EXTENSION 1008 ■

#### TAX & ESTATE PLANNING

- 90 FILING TAX RETURNS
- 91 CRIMINAL TAX ISSUES
- 92 TAX LIENS
- 93 STATE TAXES
- 94 FEDERAL TAXES
- 95 AUDITS & APPEALS
- 96 TAX PLANNING
- 97 ESTATE PLANNING

## ■ EXTENSION 1005 ■

#### **FAMILY LAW**



Sponsored by
William M. Henrich
Certified Specialist, Family
Law, the State Bar of California
Board of Legal Specialization
4849 Ronson Court
San Diego
858-576-4484

- 60 DIVORCE AN OVERVIEW
- 61 WHAT WILL IT COST?
- 62 CHILD SUPPORT HOW MUCH?
- 63 CHOOSING A PARALEGAL
- 64 MILITARY FAMILY ISSUES
- 65 PREPARING FOR DIVORCE
- 66 MEDIATION AND THERAPY
- 67 WILLS AND TRUSTS

## ■ EXTENSION 1003 ■ INSURANCE CLAIMS

Sponsored by
The Law Office of
Robert Bruce Arnold
2329 India Street
San Diego
619-233-1096
www.arnoldlawoffice.com

- 40 INSURANCE BAD FAITH
- 41 DUTIES OF INSURANCE CO.
- 42 FIRST PARTY CLAIMS/HEALTH/ UM/UIM/AUTO/PROPERTY
- 43 TIME LIMITS
- 44 DISPUTES WITH INSURANCE CO.
- 45 DEPT. OF INSURANCE HELP LINE
- 46 DO I NEED AN ATTORNEY?

## ■ EXTENSION IOIO ■ IMMIGRATION



Sponsored by John A. Quinn 3444 Camino Del Rio N. Suite 200, San Diego 619-284-8811 Fax: 619-284-8822

- 20 WAYS TO BE LEGAL
- 2I SPOUSES & CHILDREN
- 22 BUSINESS VISAS
- 23 EMPLOYMENT VISAS
- 24 INTERNATIONAL STUDENTS25 CHANGING & EXTENDING VISAS
- **26** VISA DENIALS & DEPORTATION

#### ■ EXTENSION 1018 ■

## EMPLOYMENT/LABOR LAW



Sponsored by
Laturno & Graves
San Diego
619-234-3323
Escondido
760-741-7544
www.laturnograves.com

- IO ADMINISTRATIVE HEARINGS
- II EMPLOYEE HANDBOOKS/POLICIES
- 12 EMPLOYMENT AGREEMENTS
- 13 HOSTILE WORK ENVIRONMENT
- 14 NON-COMPETITION AGREEMENTS
- 15 SEVERANCE AGREEMENTS
- 16 WAGE AND HOUR

#### ■ EXTENSION 1004 ■

## WORKERS' COMPENSATION

Any person who makes or causes to be made any knowing false or fraudulent material statement or material representation for the purpose of obtaining worker's compensation benefits or payments is guilty of a felony.



Sponsored by
The Law Office of
Gerald D. Brody &
Associates
3465 Camino del Rio S.
Suite 440, San Diego
619-528-9800

- 50 YOUR WORK-RELATED INJURY
- 51 WORKERS' COMP BENEFITS
- 54 THIRD-PARTY ACCIDENTS
- 55 UNSAFE WORKING CONDITIONS56 WRONGFUL DISCHARGE
- 57 HARBOR & LONGSHOREMAN'S ACT

#### ■ EXTENSION 1015 ■

## SEXUAL HARASSMENT/ WRONGFUL TERMINATION



Sponsored by
The Law Offices of
Joel C. Golden
Old Town Professional
Bldg. 2556 Moore Street
Suite 201, San Diego
619-246-8449

- 70 SEXUAL HARASSMENT
- 71 DISCRIMINATION
- **72** WRONGFUL TERMINATION
- 73 EXECUTIVE TERMINATION
- 74 WHISTLEBLOWER-RETALIATION
- 75 FRAUD AGAINST THE U.S.
  GOVERNMENT (FALSE CLAIMS ACT)
- 76 LEGAL FEES

The attorneys and law firms who provide this information are solely responsible for its content. This information does not address all legal situations, nor is it intended to replace legal counsel. It is provided free, although if calling from outlying areas you may incur toll charges on your telephone bill.



# Eye Exam \$39°

Comprehensive eye exam with one of our TPA-certified optometrists.

## Contact Lens Exam \$79\*

Includes fitting, eyeglass prescription, 90 days of follow-up care, care kit and instructions. Full line of contact lenses including colored lenses, bifocal lenses and lenses for astigmatism. Weekend appointments available. Some restrictions apply. Astigmatism, RGP, monovision and bifocals slightly more.

## 1-888-266-0619

Six Locations: College Area/La Mesa • El Cajon • South Bay Clairemont/Mira Mesa • Escondido/Vista/RB • Alpine \*See office for details. Cannot be combined with other offers or insurance. With this ad. Expires 10-27-08. www.westcoasteyecare.com







## **BestBuys**

-EVE KELLY

It's been a while since I've seen my husband Patrick's impulsive side. But last week was our anniversary, and he surprised me with a trip to Italy. "Last-minute deal on the package—tremendous bargain," he whispered, assuaging my immediate anxieties about money.

"But we leave in two weeks." Bang! — the anxiety returned.

PASSPORT

"But, honey, what about our passports?" I asked.

San Diego): You must apply in person. Applications are available here or at the State Department's website. Complete through item 22 and don't sign it. Bring proof of citizenship, such as a previous passport, an original birth certificate, original naturalization certificate, or a certificate of Consular Report of Birth Abroad. You will also need proof of identity, such as a current driver's license.

tity, such as a current driver's license. And two passport photos. For payment, we take personal checks or money orders; the cost is \$75 for the passport fee, payable to the U.S. Department of State. And there is an execution fee of \$25, payable to the City Treasurer. For children 15 and younger, the passport fee is reduced to \$60, but the execution fee is the same. Processing takes four to six weeks, but for an additional \$60 fee, it can be expedited and processed in three to four."

Not good enough. My toes were still twitching with anxiety. I called A Official Passport (three San Diego County locations; *aofficialpassport.com*). Joe, at the Escondido location, proved most helpful. I told him I needed a new passport for Patrick and a renewal for myself. "You just bring in your old passport, as long as it's not more than five years old. We do the photos here for \$12.95, and I walk you through the application. It's a one-stop service. Then you pay for postage, which is \$26, for a total of \$38.95." (Plus the government fee of \$75.)

For Patrick's new passport, he said, "You need to bring a birth certificate and a driver's license. You get your photos and application here; we walk you through the process, and

you go just a few blocks to the post office to finish it. The normal processing time is about a month."

"But I need it in two weeks."

"No problem,"
Joe assured me. "We
can get them both in
six to seven days. Call our
San Diego location and ask

to reserve an emergency slot to come in for the seven-day passport. You and your husband should come in at the same time; that way, we can save on mailing expenses. You bring your old passport and have your husband bring his birth certificate and driver's license. If there's been a name change due to marriage since you were last issued a passport, bring your original marriage certificate as well. And bring your travel itinerary, with your names on it. And your checkbook. You'll fill out everything here, online, with one of us right there. Then you'll be sent next door to the Midway post office to get a sealed

"If a man cuts his face shaving in the morning, we can clean that up."

envelope. There are eight or ten passport agencies around the country; we'll send it wherever there's an opening. Sometimes it's L.A., sometimes it's Denver or Houston. How it works is this: the agents there have a commercial license. They sit around and bid on emergency passport slots. It's a delicate process — you have to have an appointment or they won't bid on it. And they have to have your itinerary to show there's some reason why you need the emergency slot.

We reserve the slot in your name, FedEx the information to the agent, and the agent goes to the front of the line and walks that passport through in your name."

The cost for all this expediting? "It's \$160 in government fees for the new passport" and \$135 for the renewal. "Then it's \$30 each way for the FedEx shipping, \$12.95 per set of passport photos, our service fee of \$119 for the new passport, and \$79 for the renewal."

Renu at Express Travel Service in Mira Mesa (866-376-1125; *myvisapassport.com*) told me that she could offer "an emergency, 24-hour, same-business-day service. That doesn't include shipping time. If you came in on a Tuesday

morning with a sealed envelope — which is needed for a new pass-

port — and all the correct documentation, it would be at our passport agency Wednesday morning. If everything's signed and they have no questions, it should be ready Wednesday afternoon, and you could get it back on Thursday. Exactly when would depend on what mail service you request for return. First overnight to the ready 8 a man priority by

will get it here by 8 a.m.; priority, by 11, 11:30 a.m. The service charge for the 24-hour same-business-day service is \$175. Government passport fees are \$160," and renewals are \$135. "Getting it there by FedEx first overnight is \$55, return prices depend on the service you order. Getting it processed in two to three business days has a fee of \$150 plus the government fees and shipping; four to five business days is a \$135 fee plus government fees and shipping."

Express Travel Service did not offer photos, so I called around. Kinko's and the UPS Store (various locations) both offer sets of two passport photos for \$13.95. But middle-aged vanity led me to call a specialist — if I was going on a romantic getaway, I wanted my traveling papers to look good. So I called Mark at A-1

Broadway Foto (619-234-5876; *a1broadwayfoto.com*). "We specialize in passport photos," said Mark. "We'll do three or four poses, and you can choose which one you like best. It only takes five to ten minutes, and it's \$10.95 for the two photos."

"And it's better than Kinko's?"

"Oh, God yes. We have samples on our front board — when you walk in, you'll see the difference. It has to do with experience. I've been doing this since 1958. And as long as we're not altering appearance, we can even do minor retouching. If a man cuts his face shaving in the morning, we can clean that up. The passport agency doesn't have a problem with that because by the time the guy gets his passport back, his face will be healed."

To get an online version of this column, go to sdreader.com. You can print it, email it to friends, and get other columns by this author.

20 San Diego Reader September 25, 2008

ADVANCE YOUR SKILLS WITH THE

Accelerated NLP Master Practitioner Certification<sup>®</sup> Training



## A Higher Logical Level

The Accelerated Master Practitioner Certification® Training is about mastery. The mastery of a whole new realm of powerful techniques in NLP, Time Empowerment® and Hypnosis. The Master Practitioner course is where you learn from a "higher logical level". Every NLP technique you have learned before becomes much more effective.

Call now to see if you qualify for a FREE introductory CD.

## In This Training You Will Learn:

- Quantum Healing Techniques Through Language and Other Methods
- Aligning Values & Beliefs
- Advanced Time Empowerment® Techniques
- Erickson, Estabrooks, and Elman Hypnosis Methods
- New Healing Paradigm section has been added to include medical research that enhances what we know about mind/body connection
- Ouantum Linguistics
- Meta Model III and much more...

Newport Beach, CA: November 1-16

LIMITED ENROLLMENT -CALL NOW!

Call Toll Free: 1.800.800.6463 or visit www.nlp.com

615 Piikoi St, Honolulu, HI 96814 tel: 800.800.6463



## IT'S ABOUT THE BEST

Come to See The Show, Sell Your Bike or Buy a Bike. Staged by Bikers for Bikers.



CUSTOM MOTORCYCLE INVITATIONAL

MIKE TOMAS ~ Kiwi Indian ROLAND SANDS Design RANDY ~ Cycle Visions 13 CHOPPERS & More!

STREET BIKE STUNTS
Jason Britton & the
NO LIMIT TEAM



SAN DIEGO

**MOTORCYCLE SHOW** 

SEPTEMBER 27-28 '08 DEL MAR FAIRGROUNDS

FREESTYLE MX
ANTIQUE STREET

"America's
Most Beautiful Motorcycle"

**SUPERMOTO** 

San Diego TRIALS RIDERS
Association

**HAMSTERS Ride In** 

ENTER YOUR BIKE! Juried Show open to all Makes & Models.
Old School. No School. Stock to Shock. 24 awards with over \$3500 in Prize Money!

## WWW.MOTOEXPOSANDIEGO.COM

**ADMISSION:** Adults \$15. Buy tickets online and save. Use the Special Code READ and save \$6 on each ticket. Each ticket includes \$10 OFF at BikeBandit.com. **SELL YOUR BIKE:** \$35 includes admission both days.



by Barbarella

## **Comfort Food**

An easygoing husband is the one indispensable comfort of life. — Marie Louise De La Ramee

David looked up from the magazine in his hands. "Frozen ravioli with Hunt's tomato sauce," I said. I'm not sure what I was expecting, but it wasn't for my beh beh's face to sink the way it does when I say things such as, "It's time to go to the gym." He looked...deflated. "What? What's wrong?"

Once we were in
the throes of trying
to interpret the
meaning of one of
the more ambiguous drawings, we'd
both forgotten my
hankering for
Hunt's.

"I thought we'd made progress," said David. "I could make you something that tastes a lot better than Hunt's tomato sauce."

"Of course you could. I just had a craving, that's all. What's up? You seem upset that I'm craving something."

"It's not that you're craving something," David said, his eyes investigating my face. "It's that you're craving comfort food, and if you're craving comfort food, it means you're distressed."

"I don't feel dis-

tressed," I said, realizing it was a lie once the words were out of my mouth. Since returning from Montreal, I'd been feeling the pressure of unaccomplished tasks, the creeping sensation of anxiety. That, compounded by some extraordinary PMS symptoms, made me a wreck. "I was just saying, it sounded good. Anyway, forget about it. Any good cartoons this week?" David held an interrogative gaze on me. Seemingly satisfied by my nonchalance, he opened the New Yorker and showed me a few select cartoons. Once we were in the throes of trying to interpret the mean-

Two days later, David intercepted me as I was moping around the

ing of one of the more

ing for Hunt's.

ambiguous drawings, we'd

both forgotten my hanker-

kitchen. With a firm but gentle hand on my elbow, he guided me to a chair by the window and brought me a glass of red wine. I was well into my second glass and under my love's watchful eye when the phone rang. I was staring out the window when David put the phone to his hip and said, "It's Josue. He's marinated some steaks and wants to share them with us."

"Tell him to come on up," I said list-lessly. "But I don't want any. You guys go ahead and enjoy it, though, I'm sure I can find something else to eat." David had the phone back on his ear and was asking Josue to come on up when I stage-whispered, "Steak sounds gross."

A few minutes later our friend was at the door, proffering an unnecessary but courteous knock before entering. I gulped the last of the wine in my glass as Josue set a plastic container on the counter. "You're not going to have any steak?" he asked.

"It's okay, we have plenty of food here," David answered for me.

"We don't have frozen ravioli and Hunt's tomato sauce," I grumbled under my breath, apparently loud enough for both men to hear. David looked up from the shelves of the refrigerator; I felt bad as I realized he'd been searching for something to make for me. He closed the door and sighed. I held up my empty glass, and David indulged me before pouring a glass for Josue.

"Barb, we can wait to cook the steak if

you want to go to the store right now," Josue suggested.

Swaying a bit, I looked to David beseechingly; again, he obliged. "Barb can't drive."

I held up my glass and smiled crookedly to prove the point and said, "It's okay, guys, there's plenty of stuff in the house."
There was little conviction in my words, and I'm sure David sensed that I was secretly hoping for him to do exactly what he was about to do.

"You two stay here," David said. "I'll be right back." Just before David slipped through the front door, I made an additional plea for dark chocolate. Hearing me, he sighed again and disappeared. Josue shrugged his shoulders and sat in the chair across from me. We chatted and sipped our wine for 15 minutes, at which point David returned with a handful of grocery bags.

Josue and I stood and hovered around the granite island, doing what we could to help. David set a large pot of water on the stove to boil and then searched the cupboards for a good steak skillet. Josue took the lid off the plastic container, revealing the steaks as he detailed the composition of his marinade for David. I went straight to the bags and retrieved a small can of Hunt's tomato sauce, a packet of ravioli (not frozen, but that was cool), and a bundle of Trader Joe's dark chocolate. My spirits lifted upon seeing the comforting trinity.

I grabbed the plate David had set aside



George "King" Stahlman

It's better to know me and not need me than to need me and not know me.

## The King's Criminal of the Week:

A woman was arrested and charged with shooting her daughter in the leg with a BB gun after her boyfriend bet her a dollar that she wouldn't.

The little girl was wearing three pairs of pants at the time and still had a circular bruise on her leg. The BB bounced off her and hit her 7-year-old sister. The mother told her two children to lie about it so she wouldn't go to jail. When her daughter told her teacher the truth, the police got involved. The mother told police her daughter was lying. Police then asked the 8-year-old how she got the bruise on her leg. She said her mom did it so she could win a \$1 bet from her boyfriend.

Courtesy of DumbCriminals.com

If you are the criminal of the week, Call "KING" STAHLMAN BAIL BONDS



1-800-782-4522

1140 Union Street, San Diego, CA 92101

for me and exchanged it for a green bowl, an action I assumed was innocuous until David snapped, "What, you can't even use my plate?"

"What are you talking about? I just prefer to eat it out of a bowl," I said.

Enlisting Josue as mediator, David said, "She had that bowl before she met me. I guess she doesn't want to use one of mine."

"Whoa," I said, not to David, but to Josue. "This is just a good, sturdy bowl. It's not that I don't want to use his plate, I don't want to use a plate." Josue looked uncomfortable, so I tried to lighten the mood by saying, "David, I told

you not to argue in front of the child." Josue laughed at this, but the scowl on David's face remained.

David turned back to the sizzling steak and ravioli floating in water, the latter of which he poured into a strainer for me. "Whoa, what's that? There's all kinds of shit in here," I said, gesturing at chunks of orange and green clinging to the side of the colander.

"Those are tomatoes and basil," David said. "I thought you'd like the kind with stuff in it."

"Oh, well, yes, thank you, beh beh," I said. I scooped the ravioli into the green bowl with a spoon

and lifted the can of Hunt's. "What the...this isn't the plain tomato sauce; it's flavored."

David looked contrite. "I'm sorry, I didn't notice. All the cans looked the same'

"No worries. It was nice of you to go out and get all this for me. It's perfect," I said. But in my head I was shrieking, All wrong...this is all wrong! I could never say anything, not after the trouble he went to, so I smiled, grabbed my bowl, and followed David to the couches. We sat down with our meals, the men with their steak and me with my bastardized version of nostal-

gia. David and Josue talked about how wrong it was to pour the sauce onto the ravioli straight from the can. "That's how we always ate it," I said.

A few hours later, after Josue had gone home and the plates (and bowl) had been loaded into the dishwasher, I confronted David about his weirdness over my craving. I asked him why it mattered to him whether or not I felt like eating sauce from a can.

"It bothers me to see you upset. I want your life to be all bluebirds and rainbows," he said.

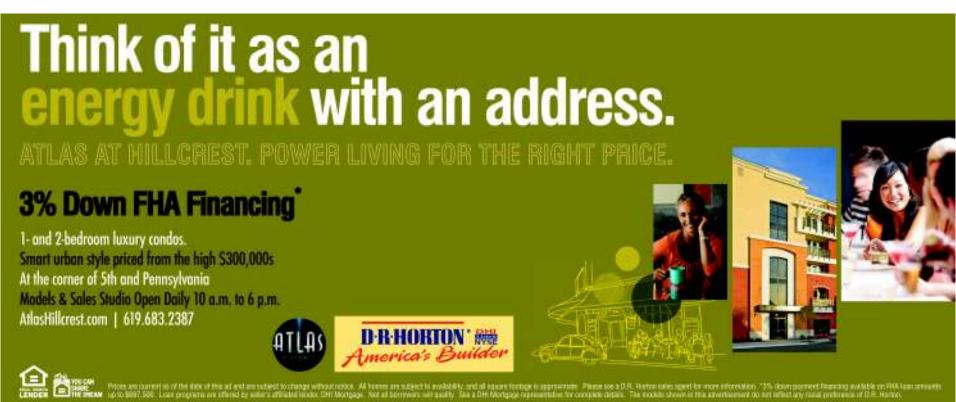
"But it seems like you're more bothered by the kind of food I was craving than the reasons I was craving it," I argued.

"Well, it's just..." David looked frustrated for a moment, then put an arm around me and rested his chin on the top of my head. "When you get upset and the only thing that can comfort you is food from your childhood, it's like you fell and skinned your knee and then ran to your mom or dad instead of me.

"Oh," I said, because that's all I could think of to say. I squeezed him tighter and then took a step back so I could get a clear look at his face. I chuckled, unable to believe my luck in having someone who

cares for me as much as David does. Before he could misinterpret my laughing, I said, "Don't you know that you're my rock? I mean, how the hell could I survive as such a spaz if I didn't have you to lean on? Come here." I pulled him close and embraced him with all my might, recognizing with both terror and relief that this anchor in my arms was the one thing keeping me on the pretty side of sanity.

To get an online version of this column, go to sdreader.com. You can print it, email it to friends, and get other columns and stories by Barbarella.





**FULL-SERVICE** 

**SALON** 

We use PCA and

Dermalogica products.

## **Spa Treatments**

## **Choose Your Package** 3 Spa Treatments \$159 4 Spa Treatments \$189

- Microdermabrasion

- Microdermabrasion
   European facial Acupuncture face-lift
   Body massage Styled haircut
   Egyptian hand and foot spa
   Body spa (mineral salt scrub, body foliation, power recovery, nourishing sea mud)

#### Summer Package §110

European facial, facial massage including head and neck acupressure, back facial with 15-minute back massage, and body detox wrap.

#### **Deep Cleansing** Facial 65

Begin with face mapping.
• Includes steam, prep scrub

- and extraction

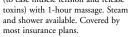
   Face, head, neck and shoulder massage
- Customized masque to refine and

FREE 15-minute back massage or Hydroxy Acid Peel

## Relaxation Package 585

1-hour body massageManicure and Pedi-spa

## Cupping $\leq NEW \leq$ Therapy (to ease muscle tension and release



\$90

## **Acupuncture Face-lift** or Menopause **Treatment**

(relieves hot flashes) with 1-hour body massage \$130 Covered by most insurance plans.

## Computerized Lymphatic Drainage Facial 585

Computerized treatment that rejuvenates and cleanses from the inside out. Excellent for face swelling and bags under the eyes. Regeneration for dry, aging, wrinkling skin, couperose and erythrosis (red spots). We can reshape any part of the body for slimming. Immediate results!

## Perfect Retreat 590

Begin with a 30-minute hydroactive mineral salt scrub. Relax with a 60-minute relaxation body massage Steam and shower available

### **Energy Balancing** Plan 385

- 45-minute reflexology foot massage 30-minute head, neck, acupressure,
- and back massage

   Pedi-spa included

## Cosmetic **Procedures**

Eyeliner **\*300** (reg. \*400) Lip Liner \*300 (reg. \*400) Eyebrows \*300 (reg. \*400) Full Lip \*600 (reg. \*800)

#### **Scar Removal**

• Acne scars
• Surgical scars
• Hypertrophics scars Specializing in removal of freckles, age spots and sun spots

## Magic Eyelash Extension \$95

- Lasts as long as you maintain them.Increase length and volume.
- Incredibly natural! For him too!

Microdermabrasion with Free Rejuvenation Facial 4 for \$235

## 4 Free Microdermabrasions 4 Series IPL (Photofacial) 600

- Increases collagen and elasticit
  Rid yourself of wrinkles, lines and folds, age spots, pores, stretch marks, dilated capillaries and rosacea

#### **PCA Chemical Peel**

Purchase 6 PCA treatments and receive 7th treatment free. Includes Jessner, TCA, pumpkin and more. Treats the following

- wrinkles
- hyperpigmentation

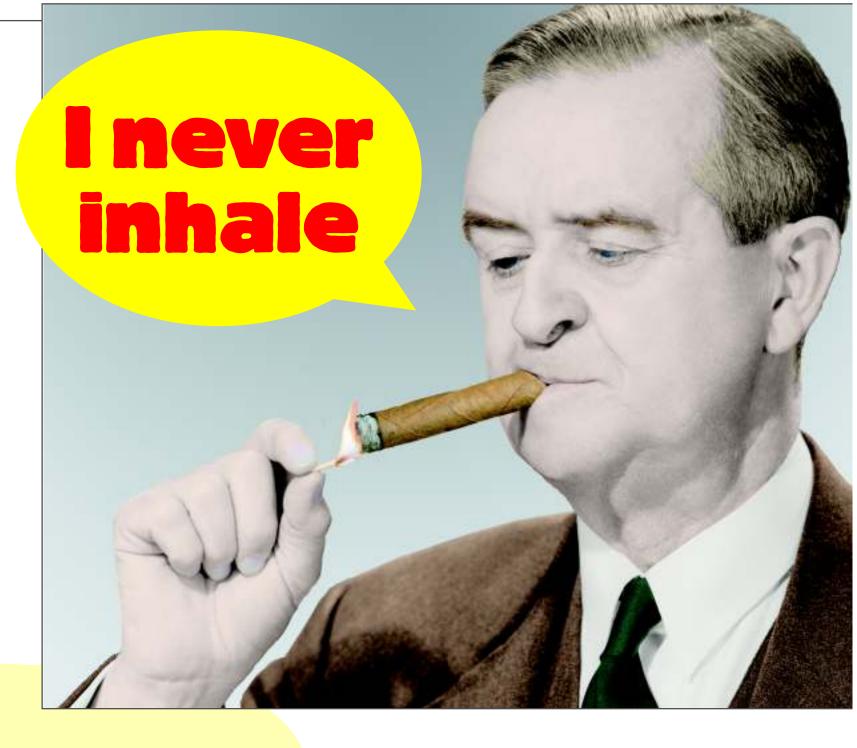
\$85 per treatment

## **PCA Body Chemical** Peel from \$100

## Hyperpigmentation Acne Facial Treatment Series of 8 5400

See dramatic changes in skin with new tools and technology.

"I'll smoke where I damn well please."



Double-bladed, surgical steel guillotine cutter in hand, a fellow in a Hawaiian shirt slices off a little less than a quarter of an inch, and the cap falls to the floor. It's a clean, decisive cut; the operation is a success, and the patient — Arturo Fuente, by name — is ready to go up in smoke, courtesy of a 2000-degree torch lighter. It's 1:30 p.m. Tuesday in the Liberty Tobacco lounge, a shelter for "battered men," of sorts — a place where gents take refuge from wives and work, hiding out amid glorious shrouds that emanate from robustos, perfectos, and countless other configurations. But (almost) no one ever inhales.



Smoking even a small cigar to the nub takes time; moreover, it's not always easy to find a copacetic place — hell, even a passable venue — to light up in San Diego. What with outdoor smoking bans and petulant spouses, there's a bit of planning involved.

But Draconian laws and social opprobrium are no deterrent — cigar lovers are a determined, feisty lot, hard to "snuff out." I must confess to bias: I love cigars and will continue to smoke them, the surgeon general be damned. Cigar smoking is not my only vice, but if I were inclined to hide any of my "bad" habits, it would be the most difficult to conceal, a difficulty understood by anyone who's ever fired one up. Thus, in a generally cigar-unfriendly society (with San Diego probably as unfriendly as any large American city save for Salt Lake City), a key question arises: Where the hell can one relax, openly and without shame, with others who share this "vice"?

San Diego doesn't have a "garment district" or a "jewelry district." It doesn't really have a "cigar district" either — few if any American cities do — but Kearny Mesa probably comes as close as any part of town. Drab and prosaic as it may be, far off any well-beaten tourist path, this landscape of mini-malls and gas stations has just about all the components of the USDAprescribed (or is that "proscribed"?) "vice pyramid." It's got strip clubs, porno book stores, and greasy burger joints (an Original Tommy's, no less) — as well as two full-on, no-excuses smoke shops replete with lounges. If San Diego has a "Stogie Central," this neighborhood might be it, but, in truth, the local cigar scene is wherever a guy (or rarely, a gal) sits, stands, or reclines in smoky repose, nursing a rolled bunch of dried, aged leaves.

The cigar lounge is a relatively new fixture in San Diego County; it's a venue that benefits from both governmental and spousal forces. California laws and local ordinances (banning smoking in bars, restaurants, and even beaches) — in conjunction with wives who'd rather smell a cloying scented candle (or a decomposing cat, for that matter) than the olfactory ambrosia that is a good cigar — make lounges a viable hideaway. One might describe the typical cigar lounge as a "men's club"; while women are not prohibited from entering — and indeed, antidiscrimination laws would kick in something fierce if that were to occur — there aren't a lot of broads around.

I chatted with Sam Gabriel, the hospitable owner of Cigars Vera Cruz, a smoke shop/lounge in San Marcos, whose mall location — near a Nordstrom Rack and other distaff magnets — gives cigar smokers a pleasurable interlude while avoiding the painful tedium of watching their wives try on clothes. Sam told me most of his customers are indeed men, skewed

toward the age 25–45 cohort with "good incomes." When I asked him what draws smokers to the lounge, he replied that — beyond escaping wifely censure and the weather-related vagaries of outdoor smoking — "a lot of guys come here for the social aspect." The place is reminiscent of an old-style steakhouse, a lot of dark wood and leather; there's espresso brewing and a wine and beer license awaiting approval by state bureaucrats. Sam told me that his goal was to create an ultra-comfortable, luxurious spot where cigar smokers could relax. But the lounge is more than an adjunct to the shop — it's vital to keeping the whole operation afloat even as cigar smokers turn increasingly to the Internet.

Back at Liberty, owner Charlie Hennegan, regarded in many (smoke-filled) circles as one of San Diego's certified cigar mega-mavens, is guiding a novice smoker in the at first daunting business of selecting a good stick. Regulars filter in and out — Charlie knows them all by name. In the lounge, five or six guys, who range from perhaps 30 to 60 in age, tend to their favorite smokes in front of a wide-screen TV with the news on.

This is a lazy-afternoon type of place — no booze or food, just cigars and casual banter. Charlie says it's his version of the "old-fashioned East Coast neighborhood smoke shop."

I asked him about Liberty's location, which, being next door to an Ethan Allen furniture store, seems to parallel that of Cigars Vera Cruz. Charlie says it's copacetic. "Tell your wife, 'Here's the credit card, honey — see you in six or eight hours.' "The juxtaposition is amusing: just a few feet from the lazy clouddrift of burnt tobacco, a predominately distaff clientele salivates over high-priced bedroom sets and tasteful couches, never contemplating that — should their vigilance flag — the coveted woods and precious fabrics might someday be permeated with spent cigar smoke.

In an industry buffeted by the whims of fashion — booms and busts — as well as the unrelenting fiscal assaults by bureaucrats, Charlie is a stalwart and a stayer; he's been selling cigars for a long time. He knows a lot about these rolled-up leaves, and if you ask, he can tell you everything you'd want to know about cigars. Like any veteran tobacconist, he's adept at explaining arcane terms like "ring gauge" (the way a cigar's diameter is measured, in <sup>1</sup>/<sub>64th</sub>-inch increments), *ligero* (the type of leaf that gives a cigar most of its kick), and so on.

The typical Liberty smoker is a man, somewhere north or south of middle aged — no surprises there; but gender and age aside, cigar smokers are a quirky, iconoclastic bunch, and in any smoke-shop gathering, one is likely to find a maverick or two. One of the more distinctive I've met is "Cabbie Chris," a Liberty regular.



Thousands of square feet of
Carpet, Wood Flooring,
Upholstery & Drapery Fabric!

## Next Day Installation

Buy today, install tomorrow.



We'll meet or beat any written estimate.

Make us your final destination for
your flooring needs.

100% satisfaction guaranteed!

Serving San Diego for 30 years!

Carpet & Flooring Outlet 3350 Sports Arena Blvd.

(next to Black Angus Restaurant)
619-223-1101

Mon.-Sat. 10 am-6 pm • Sundays by appointment

Chris, a 40ish fellow with a long, blond ponytail, drives a taxi for a local company and smokes cigars (Cuban when he can) at a prodigious rate. If you shoot the breeze with him long enough, he may confess that someday (triggering event unknown), he plans to move to Cuba. Apparently, he has a 16year-old girlfriend there, but more importantly, in Fidel's steamy "worker's paradise," Chris will be able to smoke all the Cubans he wants, on the cheap and without fear of U.S. Customs confiscation.

Just down the road from Charlie's domain, Excalibur Cigar and Wine Lounge, though junior by many years (and somewhat bereft of warmth), attempts to compete by offering wine, beer, and a lot more luxury. From the outside, it doesn't look like much, but, belying its Clairemont Mesa Boulevard setting, it's upscale in feel. Owner Tom Kalasho, a curt Middle Easterner, has gone all out to fill it with overstuffed leather chairs and dark wood, nicely appointed in a "manfort" way. It also claims San Diego's largest walkin humidor (an attribute of no small import to cigar buyers) where 10,000 or so smokes wait in pleasantly damp, Spanish cedar-lined repose.

No matter the setting, Tom, Charlie, Sam, and every other tobacconist worth his maduro wrapper wants you to know that while cigars aren't without hazard (certainly, the risk of oral cancer goes up), moderate cigar smoking (we're talking non-inhalers here) isn't particularly harmful. It's also damn relaxing. And, for what it's worth, San Diego's cigar lounges count among their frequent guests a surprising number of physicians, not to mention a scattering of

# Get paid for reading the Reader!

## You're reading it anyway... why not make a little cash in the process?

Send in your answers to these questions (and the page numbers you found them on):

- 1. In "Crush," a wine collector pays \$32,000 for a bottle of what wine? (Include the vintage.)
- 2. At the Modlins' worst-ever show (in Las Vegas), how big was their audience? (Not counting the sound man or bartenders.)
- 3. In which cigar shop will you find San Diego's largest walk-in humidor, home to about 10,000 fine cigars?

## See all 10 quiz questions on page 150

First five people who respond correctly will win \$25 or a *Reader* T-shirt – winner's choice!

# MY MY NEIGHBORHOOD

# A monthly writing contest

Write about your favorite neighborhood character, the ugliest house or street, local politics, crosstown rivalries, town bullies, etc.

Entries must be submitted through and will be published on the Neighborhood pages of the <u>SDReader.com</u> website.

If space allows, we will publish entries in the printed version of the *Reader*.

Photos and YouTube links to videos are welcome but not necessary to win.

Go to <u>SDReader.com/neighborhoods</u>, find your neighborhood or campus, and follow the instructions to create a blog.

Deadline for this month is midnight, September 30.

professional athletes. Still, an inevitable question hangs in the air like the sweet smell of a Cohiba Siglo III: Is cigar smoking compatible with the sort of super-fit lifestyle many San Diegans profess to lead?

I asked a handful of local puffers — perhaps a representative sample,

inhaled, mind you) "cut your wind," rendering each step of a mundane 5K run progressively slower until one comes to a standstill? As it turns out, there are a surprising number of serious runners and other accomplished exercise devotees who dig these hand-rolled bundles; I

## A surprising number of runners and other exercise devotees dig cigars.

perhaps not: Can one enjoy cigars even as one leads a genuinely healthy, even athletic existence? Do the protestations of "public health" types the killjoys who constantly issue fatwas against everything from meat to fast driving have any merit? Getting down to specifics, will cigars (again, not

spoke to several men whose athletic prowess seems to dispel (or at least cast doubt on) the nasty notion that cigars — whatever their other drawbacks might inhibit cardiovascular health or performance in sports.

Unless he told you while strapped to a polygraph machine, you'd

RENTALS

# September move-in special! **\$613-\$736** per month including utilities! With 12-month lease. Single occupancy (Income qualify - ask for details!)

#### Features:

- Air conditioning
- Full bath
- Kitchenette
- Balcony with bay/ballpark
- Cable ready
- Microwave
- Internet access
- 4 laundries on-site
- Clubhouse
- Business center
- Courtyard
- On-site management

Gated community

- Close to shopping, restaurants, entertainment
- Easy access to bus/trolley
- Near freeways

## **Island Village**



1245 Market Street, San Diego 92101 Located in East Village near Petco Park

Daily from 8 am to 6 pm Call toll-free: **I-800-351-0613** 

never know that Marty Twite was a cigar man; I mean, for God's sake, here's a guy who has run a 10K race in 36 minutes, a time that placed him a lot closer to the top than the bottom in his age group.

At 50, he swims 3000 yards a day. Twite, an engineer with several patents to his credit, is lean, tanned, and lithe every bit the picture of a SoCal endurance athlete — hardly the classic portrait of the portly, sedentary fat-cat stogie-chomper sitting at the dark end of a saloon. But smoke cigars he does, albeit only occasionally. He says, emphatically, that cigars have never hindered his performance; "It's just not an issue."

As I nosed around San Diego's cigar lounges, I also spoke with several accomplished tennis players, a competitive bodybuilder, and even a fair-to-middling triathlete. Largely white-collar types, 25–50 years old, they all told me that they take fitness seriously but see no reason not to enjoy cigars. The triathlete, who, for obvious "image" reasons prefers to remain anonymous, laughed when I asked if he'd ever smoked a cigar before an event. "That's a little over the top, but hey, after the race, I deserve a cigar and a six-pack. Just don't tell the other guys."

If cigar smoking doesn't exclude the healthy, does it by chance exclude the less than wealthy? Thumbing through the slick pages of Cigar Aficionado, one might think so, "CA," as it's known — the bestknown and certainly most opulent (some would say, most pretentious) media showcase for cigars - speaks reverently of a cigar "lifestyle," replete with Ferraris, \$15,000 tourbillion watches, \$500 designer ashtrays, and museum-piece cigar cut-



## Amenities include:

- Convenient to 15 & 805
- Central A/C & Heating
- Dishwasher 4 Tot Lots
- Washer/Dryer Hookups • Covered Parking
- Fitness Center
- 11102 Caminito Alvarez, San Diego Toll-free: 1-888-595-3318 • Fax: 858-530-0113

summerset@gables.com www.gables.com

## 2 bedrooms starting at \$1466 1 bedrooms starting at \$1325 Studios starting at \$1170



Pets welcome!\*

- Patios/Balconies • 5 Pools & Spas
- Gas Barbecue
- 4 Laundry Rooms
- 3 Recycling Centers Wi-Fi Hotspot





## San Diego's best-furnished studios

- ➤ Free daily breakfast!
- ➤ Free HBO!

RESIDENTIAL

- ➤ Free maid/linen service!
- ➤ No lease!
- ➤ Free concierge service!
- ➤ Studios from \$395/week or \$1195/month!\*
- ➤ 6-month lease \$995/month
- ➤ Corporate rentals available
- ➤ Heated pool and spa ➤ Free parking
- ➤ Laundry facilities ➤ Paid utilities
- ➤ Air conditioning ➤ Microwave ➤ Refrigerator
- ➤ Easy freeway access ➤ Centrally located
- ➤ Temporary or long term
- ➤ High-speed Internet service is now available





#### **California Suites Hotel** 5415 Clairemont Mesa Blvd. San Diego, CA 92117 Toll-free: 1-888-475-7147

\*Rates subject to change, Based on availability





Gables Point Loma San Diego, CA 92106

> 619-223-6577 gables.com

## Newly Renovated 1 Bedrooms from \$1350 <sup>\$</sup>O Deposit OAC

## **RESIDENCE FEATURES:**

- gourmet appliances Custom Euro-style
- cabinetry Bamboo laminate floors
   Sculpted carpet in bedrooms Ceramic tile bathroom floors • Resort-style heated pool
- center Covered parking " Pet-friendly





## LIVE/WORK LOFTS **Downtown Loft Specialist**



- Roof decks with BBQ
- Laundry on every floor Parking available Most pets allowed
  - Several downtown locations

Visit our leasing office at: 315 4th Avenue 619-231-1505 ext. 12

Please check our website for availability.



ters. But does this "lifestyle" exist — or is it just a fatuous notion, an advertiser's pipe dream?

For most of the San Diego cigar smokers I encountered, the touted accoutrements, even those labeled "indispensable," are just as remote and unattainable as they would be for the average cigarette smoker laughably unrealistic. Sure, the cigar-smoking

denizens of Rancho Santa Fe and La Jolla are more likely to own a walk-in humidor than the folks in, say, Clairemont, but even the most plebeian of locals can afford a good five-dollar cigar now and then. Many smokers at Liberty (the savviest and most value-conscious of San Diego cigar smokers with whom I spoke) pay less. Willing to overlook

tiny, cosmetic blemishes that often trip up bigname smokes in qualitycontrol drills, they find "seconds," like the ones made by H. Upmann and others, more than adequate at around two bucks a stick.

end cigars, a fact borne

out at Cigars Vera Cruz,

which sells a surprising

asked Sam what his best

sellers were, he answered,

"high life" (save Miller,

perhaps), but the popu-

Nicaraguan Padron

origin tobacco), at

puros (single-country-

\$12-\$25 a pop, gave me

The pleasures of

small luxuries aside, one

is not likely to encounter

the ultra-wealthy at any

San Diego County cigar

Unless you're downtown,

smoke shop/lounge.

at Seaport Village, or

maybe Del Mar or La

Jolla — it's just a bunch

of local guys — dispos-

able incomes aside —

attempting in some

larity of these

pause.

number of expensive

handmades. When I

without hesitation,

Even if outlandish accompaniments aren't commonplace, it seems that San Diego's cigar buffs aren't reluctant to shell out cash for highinchoate fashion to reconstruct a few of the social connections severed by the new "connectivities" of our times.

Part of the sociabil-

"turned on" (he hesitated to use the term "hooked") a few years back during the mid-'90s boom. His first cigar was a Cuban Montecristo #4,

## "I lit up a cigar and

ity of the cigar scene derives from the sense that cigars, as they're marketed, are an indulable to all — are meant to appeal to folks who appreciate the "finer things in life." There seems to be some truth behind this construct; while not in any real sense an "elite" group, San Diego's cigar smokers would appear to be discernibly different tory cousins, the cigarette fiends. One man's take was emblematic.

in cigar-speak, a corona (six inches long with a 46–ring gauge diameter) supplied by a fellow financial planner at a backyard gathering. "I'd never smoked tobacco before," he told me. He'd always regarded cigarettes as the province of white trash, the uneducated and unsophisticated, the corpulent Wal-Mart shoppers who didn't give a shit about their health. He mused, "You know, when I bought my first box of cigars, I thought, 'Here I am, a guy with a couple of advanced degrees,

#### "Padron Series 1926 and 1964, especially the #9." proceeded to get very sick." I'd never before associated San Marcos with the

gence that — while availfrom their distant, desul-

Dave G. was first

## RENTALS

## Spacious 1, 2 & 3 Bedroom **Apartment Homes starting at \$1140** 2 Bedrooms, 1 Bath \$1459 • 3 Bedrooms, 2 Baths \$1749

Centrally located in beautiful Point Loma. 50% off deposit! (On approved credit.)







Pet-friendly • Clubhouse • Fitness room • Jacuzzi Business center • Tennis courts • Heated pool Convenient parking • Close to beach & shopping

**Stonewood Gardens** 

3889 Midway Drive 1-888-773-6259









## **Irritable Bowel Syndrome** (IBS)

...can't eat without runnin' to the bathroom!! ...bloated....uncomfortable... ...abdominal pain

A research study is underway for men and women, 18 years of age or older, suffering from diarrhea-predominant irritable bowel syndrome. For those women previously diagnosed or who suffer with abdominal discomfort, bloating, and episodes of diarrhea or watery stools daily, this research study using an oral investigational medication may interest you.

#### Participants may receive at no cost study-related:

- Colonoscopy (if not performed in the past 2 years)
- Examination and consultation by a board-certified physician
- Lab studies, EKG, and study medication
- Compensation for your time and travel

Interested, call:

**Medical Center For Clinical Research** (619) 521-2841



## SYNERGY CLINICAL RESEARCH CENTER

"Together...we can make a difference!"

## bipolar

We are conducting a research study in bipolar depression. Are these study criteria right for you or someone you know?

- Taking one or two of the following medications: lithium, Zyprexa® (olanzapine) and/or Depakote® (Valproic Acid) for the last two months
- Managing depression for at least one month
- Not currently taking an antidepressant
- Between the ages of 18 and 65

The study will evaluate the investigational product along with your current mood stabilizers. Qualified volunteers will receive study-related exams and study medication at no cost. Study duration is approximately three months.



1-888-486-9150

Do you or someone you know suffer from

## GENERALIZED ANXIETY DISORDER

Do you:

- Worry excessively and can't relax
- Have persistent anxiety, tension, or nervousness
- Have muscle tension or upset stomach
- Worry about how you will deal with each day

YOU MAY BE ELIGIBLE TO PARTICIPATE IN A CLINICAL RESEARCH TRIAL FOR AN INVESTIGATIONAL MEDICATION.

Participants will receive at no cost:

- Study-related exams Investigational drug
- Compensation for time and travel

For more information, call:

1-888-486-9150



DO YOU OR SOMEONE YOU KNOW SUFFER FROM

## SCHIZOPHRENIA OR SCHIZOAFFECTIVE DISORDER

ARE STILL HAVING SYMPTOMS?

If you are 18-55 years of age

You may be eligible to participate in a clinical research trial for an investigational medication.

Participants will receive free of charge:

1. Study-related exams 2. Investigational drug 3. Compensation for time and travel

For more information call: 1-888-486-9150

# High Blood Pressure Take It Seriously

If you have high blood pressure (hypertension), your doctor has probably told you that you must take it seriously and keep it under control. If left untreated, it can lead to other medical conditions such as heart disease, stroke and kidney disease.

An estimated 1 in 4 adults in the United States have high blood pressure and African Americans are affected more often than any other group.

Our physicians are conducting a research study evaluating the effectiveness of an investigational combination of two already approved medications in lowering blood pressure. Adults with high blood pressure who have never experienced heart failure, heart attack, or stroke may qualify to participate. All study-related care and services are provided for those who take part.

Get serious about your high blood pressure. Contact us at:

1-888-486-9150

Volunteer For Your Future www.BloodPressureResearch.com

## Are you overweight with type II diabetes?

You might qualify to participate in a new clinical research study. We are investigating new treatment options through medical research that may help overweight people with type II diabetes lose weight.

You must be:

- Between 18 years old and 65 years old
- Considered to be in stable health
- Taking oral medication for type II diabetes
  - Not taking insulin
  - Able to perform an exercise program
- Willing to participate approximately 1 year (17 visits)

Qualified participants may receive at no charge:

- Personalized dietary counseling
- Study-related investigational medication
- Compensation for your time and travel

To learn more, call: Synergy Clinical Research Center 1-888-486-9150

## **ADOLESCENT DEPRESSION**

ARE YOU OR AN ADOLESCENT YOU KNOW

- SUFFERING FROM DEPRESSION
- ARE BETWEEN 12 AND 17 YEARS OF AGE
- HAVE HAD SYMPTOMS FOR GREATER THAN 2 MONTHS

You may be eligible to participate in a clinical research trial for an investigational new medication.

## Participants will receive free of charge:

- 1. Study-related exams
- 2. Investigational drug
- 3. Compensation for time and travel

For more information call: 1-888-486-9150



from a family of physicians, no less; I'd been warned about the dangers of tobacco for decades. Could I really enjoy these things? Yes, I thought, hell yes!" Nevertheless, his wife and kids still give him grief, which is why — when he tires of the stale solitude of his garage — he heads for a cigar lounge or cigar dinner.

Even if your wife doesn't condemn cigars — doesn't require that you undergo a fullbody skin transplant before you step inside the bedroom and tolerates breath that smells like the lobby of a downtown flophouse — there are more than enough politicians (including some who actually smoke them) who'd like to tax cigars out of existence. If Charlie Hennegan has a nemesis, and his supremely mild manner would suggest few enemies, it's the tax man.

Charlie's first cigar, a very mild Macanudo, did not portend a future as a tobacconist, much less a pro-cigar activist. "I was in college at Loyola of Baltimore on a double date, and the four of us

went down to Georgetown in Washington, D.C., to party. I wanted to show my date that I was a bon vivant, I guess — a "man of the world" - so I lit up a

smoky trail that would take him from "green" novice to standout retailer and champion of cigar smokers.

I first met Charlie Hennegan in 1997 at a

## "Brick and mortar" smoke shops survive, even thrive, in the Internet age.

cigar and proceeded to get very sick." But after learning how to smoke without inhaling, he discovered the joys of the leaf and began the

book-signing event at the Borders bookstore in Carmel Mountain; he was there in conjunction with Dale Scott, who'd penned a quirky little

volume, *How to Select* and Enjoy Premium Cigars. By then, he'd owned Liberty (where he started as a customer) for a dozen years. Not long after that, as I became a Liberty "regular" (well, not as regular as some), I realized that Hennegan and Scott had something in common beyond cigar "aficionado" status — a live-and-let-live libertarianism that not only recognizes but celebrates the sort of visceral pleasure one derives from good food, drink, and smoke. But Charlie does more than extol the

virtues of a well-made cigar; he's actually a political activist, of sorts. Beyond his informal role as a cigar "goodwill ambassador," he's an advocate for an industry that he feels has been unfairly singled out for criticism and abused by outrageous taxation.

Soft-spoken, lowkey, and downright courtly, Charlie doesn't seem like a guy who'd carry a grudge; but if he has one, it might be directed at Rob Reiner and his fellow Hollywood types who've (successfully) urged Califor-

RESEARCH STUDIES

# UCSD research study on Schizophrenia and Schizoaffective Disorder



Are you taking a medication like Seroquel, Zyprexa, Geodon or Abilify? Would you like to try something new? UCSD is conducting a research study on the effects of an investigational drug called Lurasidone, not approved by the FDA.

To find out if you may qualify and how to participate, call:

1-866-UC PRICE (1-866-827-7423)



# Heavy drinkers not seeking treatment

Investigators at The Scripps Research Institute are currently seeking volunteers who consider themselves to be heavy drinkers and do not have any desire to stop drinking. The purpose of the research is to learn the most effective way of studying predictors of relapse or a return to drinking. Earn compensation for completing 4 study visits that take place over 3 weeks.

This study <u>does</u> involve taking a medication or placebo for one week.

To find out if you qualify for study participation, please call Marni at 858-784-7867 or visit our website at: www.pearsoncenter.org for more information.

## Diagnosed with **Atopic Dermatitis?**

Accelovance is conducting local research on an investigational topical ointment for Atopic Dermatitis. If you suffer from moderate to severe atopic dermatitis, you may be eligible to participate.



For 3 visits over 15 days, Qualified participants may receive:

- · Investigational ointment or placebo
- Compensation up to \$125
- Study related physician care

San Diego, CA (619) 291-2845



## Learn More about Your Health!

## Are you at risk for DIABETES?

Find out if you are one of 6.2 Million undiagnosed Diabetics. Accelovance is conducting local research evaluating a non invasive Diabetes Detection Device. Volunteers are NEEDED!

Compensation up to \$80 may be available. If you have a combination of health risks and would like to participate, Call Accelovance today to learn more.

San Diego, CA

(619) 291-2845 ACCELOVANCE



30 San Diego Reader September 25, 2008

nia to impose, in recent years, some of America's most onerous tobacco taxes. As vice president of CART, the California Association of Retail Tobacconists — a 350store trade group he helped found a decade ago — Charlie has long battled sanctimonious politicos. "Over the years," he tells me, "I've expended a lot of energy fighting [California ballot initiatives] Propositions 10 and 86."

Few things in life make Charlie fume (and he's hard to vex) like the blowhard bureaucrat

who'd like nothing better than to tax cigars right out of existence — or at least make them available only to their wellheeled benefactors. Charlie also bridles at the refusal of politicians and others who, atop the high horse of "public health," willfully fail to distinguish between cigars and cigarettes. In a peculiar way, Liberty Tobacco — with its humorous cartoons and articles posted on walls, counters, and cabinets — reminds me of an "activist" bookstore or record shop with a

patriotic (but libertarian) slant, all of it filtered through a pleasant haze of burning leaves.

Second on the "most wanted" list of any tobacconist is the online seller, typified by giants like Cigar International and Thompson Cigar. Huge volume, the lack of state sales tax, efficient shipping, and most of all, avoidance of California's massive tobacco tax have enabled Internet smoke shops to cut into the locals' territory. But unlike some small businesses — San Diego's nearly extinct



## **Always worrying? Anxious?** Panic attacks?

You may qualify for free psychological treatment.

Researchers in the Department of Psychiatry at UCSD are conducting a brain imaging study that provides free psychological treatment to individuals experiencing excessive worry or panic attacks. Compensation is provided. You must be between the ages of 18-55, a nonsmoker, and **not** currently taking psychiatric medication. Other eligibility criteria apply. Please call 858-534-6445 for more information and to see if you qualify.



#### RESEARCH STUDIES



Dr. Sunder Mudaliar and his associates at UCSD are looking for Type 2 Diabetic volunteers to take part in a research study to evaluate the safety and efficacy of investigational medication compared to Pioglitazone.

Duration: 28 weeks • Participants Will: attend nine study visits

### Inclusion Criteria:

- Males or females age 30 to 75 years
  Diagnosed with Type 2 Diabetes for at least 6 months
  Fasting glucose <240 mg/dL</li>

- If you are female, you must NOT be pregnant, breast feeding or planning to become pregnant. Also must agree to use two forms of barrier method contraception (e.g., latex condom AND a diaphragm or cervical cap).
- Stable regimen for at least three months

Qualified participants will be compensated for participation up to \$600.

To see if you qualify, or to learn more about the study, please contact: Erick Castro at (858) 552-8585 ext. 6449 or Catherine DeLue at ext. 6740

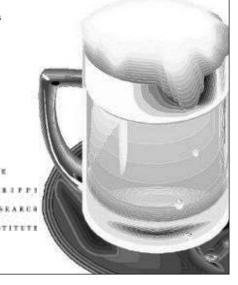
## **Attn: Heavy Drinkers**

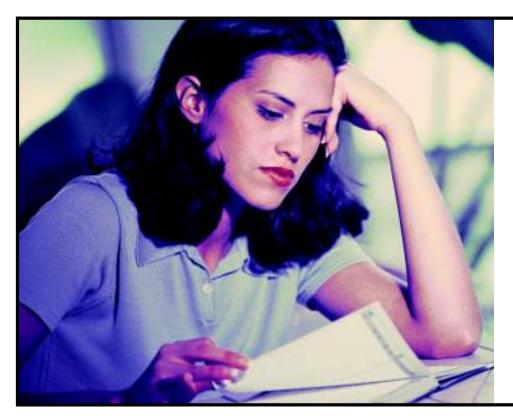
Researchers at The Scripps Research Institute are working to develop new treatments for people with alcohol problems.

Is your current alcohol use causing problems with your family, your work, your life? If you want to stop drinking, The Pearson Center for Alcoholism and Addiction Research is conducting a clinical trial to help you reach that goal.

Qualified participants receive lab tests, medication or placebo, individual counseling and compensation for travel. All information is confidential.

Call: 858-784-7867 (STOP) Or visit: www.pearsoncenter.org





## **CLINICAL RESEARCH**

SCHIZOPHRENIA • DEPRESSION • BIPOLAR DISORDER

Researchers at Sharp Mesa Vista Hospital are currently enrolling men and women in inpatient and outpatient studies.

Eligible participants may receive all study-related care at no cost, and may be reimbursed for time and travel.

Participation is confidential and trials are safely conducted under the supervision of experienced physicians and research specialists.

To learn more, please call the Sharp Mesa Vista Hospital Clinical Research Center at (858) 694-8350.







## Have you experienced many of these symptoms during the past two weeks?

- Depressed mood nearly every day, most of the day?
- Decreased interest or pleasure in activities you once enjoyed?
- Changes in sleeping or eating habits?
- · Loss of energy?
- Inability to concentrate?
- · Feelings of worthlessness or guilt?

If so, you may qualify for participation in this clinical trial of antidepressant medications.

- A study that evaluates the efficacy of antidepressants for depression.
- Patients must have a diagnosis of Major Depressive Disorder and be 18 years or older.

For more information, please contact: Michael McManus, M.D.

## **PCSD~Feighner Research**

1550 Hotel Circle North, Suite 270 San Diego, CA 92108

(619) 692-1003

local record stores come to mind — "brick and mortar" smoke shops survive, even thrive. I asked Charlie why his customers prefer (at least some of the time) to battle traffic to get to his shop, where, by his own admission, he can't match the online sellers' prices on brands they both sell.

Having spent more than a few hours browsing the Liberty humidor myself, I already knew the answer, which might be described as a "filler" of good products, held together with a "binder" of cigar experts, and covered with a "wrapper" of warmth and bonhomie.

Theoretically, for those who prefer to "buy local" — customers who need to pinch, sniff, and fondle before whipping out the cash — cigars can be bought in a variety of places, including a number of grocery, drug,

and liquor stores, as well as the occasional convenience mart or gas station; even the gift shop at the Del Mar Thoroughbred Club will sell you an overpriced, dried-out specimen if you're desperate. But for an acceptable selection of decentquality, hand-rolled cigars — sticks worthy of and requiring a humidor and that have been thusly stored — one must seek out a specialist, a retailer specifically in the cigar business (pipe tobacco is okay). That's how most local smoke shops survive, along with the lure of the lounge.

Of course, it's not just locals who buy cigars at brick-and-mortar stores; there's a brisk tourist trade as well, as exemplified by the patrons at Captain Hunt Tobacconist in Seaport Village. Seaport Village is — let's face it — a tourist trap, the kind of

place few locals admit to visiting, much less liking. But it's an ideal place to sell expensive handmades to affluent tourists, and it's a good thing they're affluent because rent's pretty steep at this faux—New England fishing settlement.

The "Captain" is Harry Hunt, a veteran cigar seller who does in fact hail from New England. The Cap'n's place, though tiny at 420 square feet, is a legit, first-class smoke shop with walk-in humidor, top brands, and most importantly, a knowledgeable owner.

Hunt tells me that about 95 percent of his patrons are tourists, a mix of foreigners (mostly Europeans), as well as Americans from the Northeast and (in the summer) Arizona. Their taste in cigars runs to high-end offer-

### RESEARCH STUDIES

# Do you suffer pain caused by Cancer that has spread to your bones?

Doctors at UCSD are participating in a clinical trial studying the use of a new treatment for palliation (pain relief) of painful bone metastases (tumors) using Magnetic Resonance-Guided Focused Ultrasound Therapy. This is a completely noninvasive (without surgery) therapy to relieve pain. Patients who have been diagnosed with bone metastases and for whom radiation therapy is not an alternative, who have up to three painful bone metastases with one much more painful than the others, and who are able to undergo an MRI imaging exam are eligible to participate in this study.

If you have questions about this study or are interested in participating, you should contact:

Bob Halterman, CCRC
UCSD Department of Radiology:
619-543-5830
rhalterman@ucsd.edu





## **GOT MIGRAINES?**

...how about an inhaled study drug?

Have your migraines become more difficult to treat? A clinical research study is underway to evaluate an **inhaled migraine therapy** in men and women with at least a 1-year history of migraine (with or without aura). All participants will undergo pulmonary function testing and echocardiogram, both included with other study-related procedures and study medication, at no cost to the participant.

Possible participants must be:

- Male or female, 18-65 years of age
- Migraine history of 2-8 migraine headaches per month
- Willing to undergo pulmonary testing and echocardiogram

Participants will receive at no cost:

- Examination and consultation with a board-certified physician
- All study-related medication, labs, EKG, echocardiogram, chest X-ray, and pulmonary studies
- Compensation for your time and travel

Interested, call:

(619) 521-2841
MEDICAL CENTER FOR CLINICAL RESEARCH
MISSION VALLEY

# TREATED FOR SLEEP APNEA & STILL SLEEPY?



Are you being treated for sleep apnea with a CPAP machine and still sleepy or tired during the day? If so, and you are 18-55 years old, you may qualify for an inpatient research study in our state-of-the-art sleep clinic and receive an investigational medication.

If qualified, there is no cost to you. Instead, you receive:

Compensation up to \$5520 • Study-related medication/medical care
 Study conducted in Glendale, CA

CALL TODAY: 858-571-1188 Toll-free 800-571-1188 www.cctstudy.com



Finding answers together - since 1981



## **Obsessive-Compulsive Disorder**

Are you between 18 and 60 years of age and do you have a history of:

- Excessive preoccupation with germs or cleanliness?
- Constantly counting or checking things?
- Uncontrollable repetitive behavior that causes you anxiety when you try to stop it?
- Repetitive, intrusive and unwanted thoughts?
- Hoarding to the point that it creates problems in your life?

If you answered yes to any of these conditions, you may have Obsessive-Compulsive Disorder (OCD) and may qualify to participate in a medical research study of an investigational medication for OCD.

Every study conducted by California Clinical Trials is staffed by a team of skilled and experienced physicians and medical professionals trained to place your comfort and well-being first.

If you qualify, there is no cost to you...additionally:

- You receive up to \$500 for your participation
- You receive no-cost research study-related medication and medical care
- No reports are made to employers, schools, or insurance companies



858-571-1188

Toll-free 800-571-1188 www.cctstudy.com

# Depression

steals more than your mood;

It robs you of life's pleasures.

Have you lost interest in life? Feeling sad or alone?
Sleeping less or too much? Are you experiencing any
of these symptoms of depression?

If so, consider participating in a medical research study of an investigational drug for depression.

Must be 18-65 years old.

## At California Clinical Trials, a premier research facility, you'll find:

- Compensation up to \$5,640, if you qualify Confidentiality
- Study-related medical services at no cost to you

Study conducted by Dr. Lev Gertsik at 1560 E. Chevy Chase Dr., #140, Glendale, CA 91206

1-858-571-1188 www.cctstudy.com



Finding answers together - since 1981



## **Anxiety**

doesn't just stress your mind.

We now know it can...



- Decrease your immune response
- Decrease your physical and mental functioning
- Increase fats in the bloodstream
- Interfere with sleep
- Be mistaken for medical conditions

If you are between the ages of 18 and 50, you may qualify to take part in a research study of an investigational medication for Generalized Anxiety Disorder.

Every study conducted by California Clinical Trials is staffed by a team of skilled and experienced physicians and medical professionals trained to place your comfort and well-being first.

## If you participate, there is no cost to you...instead:

- You receive up to \$400 for your time and travel.
- You receive no-cost study-related medication and study-related medical care.
- No reports are made to employers, schools, or insurance companies.



858-571-1188

Finding Answers Together – Since 1982

Toll-free 800-571-1188

WWW.cctstudy.com

## I'VE HAD TYPE 1 DIABETES SINCE I WAS A CHILD.

I hope to help others like me in the future by participating in a clinical research study now. Profil Institute for Clinical Research is currently looking for Type 1 Diabetics to participate in a research study evaluating an investigational inhaled insulin.





ings like the Fuente "Opus X" and the Perdomo "Presidente."

When I asked him whether the economy was hurting business these days, he replied that the tourists, notably travelers from England, Germany, and Scandinavia, are still coming in numbers. "They're here on vacation, out to have a good time. They don't think anything of spending 20, even 30 bucks for a cigar; for them, it's part of the relaxing San Diego experience. Summer is 'high season' around here, and we expect to be busy as usual." But can you smoke on the merry-go-round?

Like Charlie Hennegan and Harry Hunt, Sam Gabriel agreed that the Internet is a big problem for local tobacconists. Sam says that his business would be "three times" greater without the competitive disadvantages faced by California smoke shops. He explained that, courtesy of Sacramento politicians, he is forced to pay \$45.13 in taxes for every \$100 of tobacco he buys. This punitive tax — in conjunction with the (better-known) absence of Internet sales tax, as well as the realities of economy of scale - renders it impossible for local shops to compete on price. So the neighborhood tobacconist must rely on personalized service and ambience to create customer loyalty that, built over years, trumps price often enough to keep the shop in business.

Most San Diego area smoke shops sell the top, nationally distributed brands, typified by high-end players like Padron 1926 and 1964, Arturo Fuente Opus X, Davidoff, and other "special occasion" sticks —

many of which retail for \$12–\$25 a pop. Every smoke shop also offers good-quality — albeit, less-sought-after handmade cigars for as little as \$2 each. There are variations in selection, but most smokers I met say that a good smoke can be had at a number of stores, which means that competing retailers, most of whom know each other, must take other, non-tobacco measures to differentiate themselves.

"Liberty is king," says John Davidson of Churchill Cigar Lounge in Old Town. But that doesn't mean Churchill can't compete. Although it's a small shop (800 square feet) without a walk-in humidor, Davidson says it does a booming business because of its close-knit cadre of regulars, its outdoor smoking patio, and perhaps most notably, its

RESEARCH STUDIES

## Healthy Female?

Generations of women have helped in the development of new medical advancements for those who need it most. You could help too.

To qualify for this research study of an investigational drug you must be:

- A postmenopausal or surgically sterile female (for at least 12 months)
- Age 40 to 70
- A non-smoker
- Willing to make overnight stays

Participants will receive all study-related exams at no cost and may receive up to \$1,000 for time and participation.

Think you can help? Great! Then call: 866-818-3253 or visit: TestWithTheBest.com today.

Please Reference Study 6114-584



9665 Chesapeake Dr., Ste. 200 San Diego, CA extraordinary selection of prestigious wine and beer. Davidson says that on Thursday and Friday nights, it's "standing room only" as the guys, all of whom know one another, gather to watch the "eye candy" strolling by the patio — comely tourist women in Old Town for trinkets and margaritas but never cigars. That's the incongruous thing about Churchill: while located in the heart of the reconstituted, prepackaged remnants of Old San Diego, it draws few outof-towners.

While no slouch in the premium cigar department, Churchill, according to Davidson, differs from other local cigar joints because it focuses on wine and beer connoisseurs, who stop by even if they're ambivalent about cigars. Davidson hints that wine — there are 650 bottles in the cooler might just subsidize smoke here. With audible enthusiasm, he points to offerings like Sea Smoke pinot noir, which he says is "snapped up" at \$125 a bottle as soon as word gets out that it's in stock. As for beer, Churchill boasts four Belgian ales on tap, said to be quite unusual in San Diego.

As vital as cigar lounges are to San Diego's cigar scene, a lot of smoking still takes place out of doors, sometimes out of choice; many cigar smokers crave the added relaxation that comes with solitude and, as odd as it may sound, would rather not inhale secondhand smoke, even their own. Some repair to the back yard, but often as not, the neighborhood soundtrack of screaming kids, yapping dogs, and lawn mowers make quiet reflection a joke.

In San Diego proper, and in other local municipalities, local political hacks — not content with Draconian drinking bans — have made most of the traditional outside cigar settings (beaches, parks, golf courses, and sports stadiums) off limits. Even where enforcement is spotty, there are always officious intermeddlers ready to rat out scofflaws; nonetheless, I spoke to a number of guys who said, in effect, "I'll smoke where I damn well please." On the other hand, there are still a few scenic venues, like Torrey Pines State Beach, where you can fire up a Lonsdale or Churchill without fear of Orwellian consequences — but you'll still have to fight the wind and perhaps a few dirty looks.

What about smoking while eating? The cigar dinner is another

way that San Diegans take in their smoke, albeit not as frequently as during the boom days of the 1990s. (Only restaurants with outside seating areas can host

#### RESEARCH STUDIES

# do you suffer from Schizophrenia?

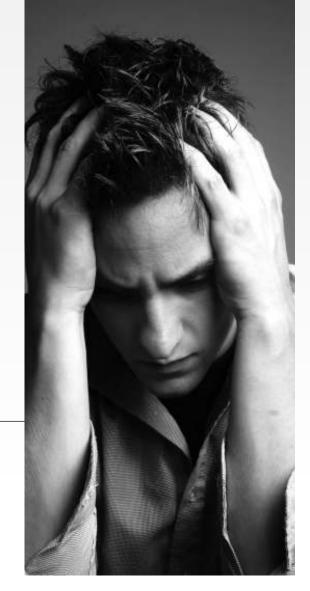
Do you have trouble concentrating?

Are your thoughts slow and disorganized?

Have you been on a stable dose of Risperdal, Abilify or Invega?

If so, and you are between the ages of 18 and 55, you may be eligible to participate in a research study. Compensation of up to \$1100.

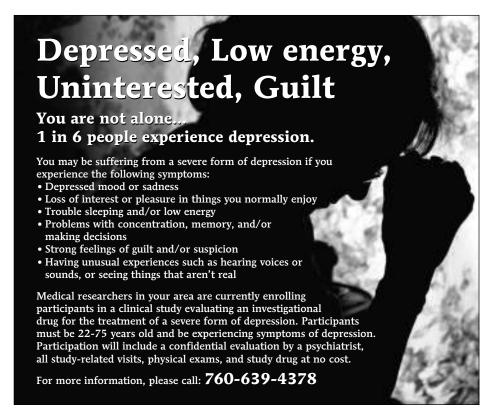
INFORMATION: 760-806-9200





BOARD-CERTIFIED PSYCHIATRISTS PROVIDING EXCELLENT PATIENT CARE AND QUALITY RESEARCH

3998 Vista Way, Suite D Oceanside, CA 92056



# Crystal, Meth, Tina...



Whatever you call it, Methamphetamine Addiction is very difficult to kick. North County Clinical Research is conducting a 28-week study of an investigational medication for the treatment of methamphetamine addiction.

If you are age 18 or older and have methamphetamine dependency challenges, we urge you to call now. Participation in this study may just change your life. You will receive study-related procedures and study medication at no cost.

Start making your change right now and call us for more information at: 760-639-4378

Compensation for your time and travel is provided. All inquires will be kept confidential.

# Migraine Headache **Research Study**

If you have migraines, you are not alone. Contact our office to participate in an investigational research study of an inhaled study medication for adult migraine sufferers.

#### You may qualify if you:

- Are 18-65 years of age and have been diagnosed having monthly migraine headaches for at least one year
- Have at least in the last 6 months an average of 2 but not greater than 8 migraine headaches per month
- Can attend clinic visits every two weeks over a 1-8-week study period
- Qualify for and complete an 8-week study, you may qualify to participate in a one-year study

Qualified participants may receive compensation for time and expenses. Call our office today for a confidential screening.

#### North County Clinical Research (NCCR)

Guiding the way to research that makes a difference.

760-639-4378

them now.) Although most of the cigar smokers with whom I spoke enjoy smoking in a variety of settings (the golf course, backyard barbecue, racetrack, and so on), there seems to be a general consensus that well-matched food and drink enhance the experience. There's also the queasiness factor; smoking a full-bodied cigar (or a couple of middleweights) on an empty stomach can turn even veteran smokers green. A number of area restaurants hold cigar dinners, among them gastronomic heavyweight Mille Fleurs and (not unexpectedly) steakhouses like Morton's and the Butcher Shop.

I spoke with Jim Barrasso, owner of Firefly Grill and Wine Bar in Encinitas, whose cigar dinners are held on an outdoor patio that seats 28. As it happens, one of his principal suppliers is Cigars Vera Cruz, which suggests copacetic cigars for Firefly's sophisticated cuisine. The format is created for foodies who take their cigars (as well as their food and wine) seriously; although red meat — the traditional "manly" staple of cigar dinners — figures large, Firefly's chef, Aaron Daily, employs a light touch.

The opening round

is a light-bodied stick accompanied by appetizers and mixed drinks, a mojito or a cuba libre trendy, rum-based cocktails whose Caribbean origins mesh well with cigar culture. Next, it's a first course — grilled "jerk" prawns or seared "day boat" scallops accompanied by another, more robust cigar and paired with a white wine (a local Chardonnay or perhaps a more esoteric bottle, like a Spanish

Albarino). For the main course, it's on to a grilled steak — Latin-style skirt steak or flat iron paired with a robust red such as a Zinfandel or an Argentinean Malbec. Finally, it's all capped off with the strongest cigar of the evening, puffed between sips of port or cognac and bites of tiramisu or mascarpone cheesecake. In jest, I asked Jim if he had a "cigar corkage fee." He said, "No, but there are people who bring their own. Some of these guys are crazy — three aren't enough."

Wherever you smoke a hand-rolled cigar in San Diego, it's most likely a product manufactured in a large factory in the tropics, typically the Dominican Republic, Honduras, Nicaragua, or (barring counterfeits) Cuba. Aside from Connecticut shadegrown wrapper, the

#### RESEARCH STUDIES





### **Prostate Problems** .....can't go without STRAINING!!!

A research study is underway for men with significant difficulty urinating or who have a weak stream caused by benign prostatic hypertrophy, or BPH. Qualified participants will receive investigational intramuscular injection medication.

Qualified participants must be:

- 1) Males over the age of 50 years
- 2) Have significant difficulty initiating urine stream
- 3) No history of heart disease or stroke
- 4) No history of prostate surgery or prostate cancer

Participants may receive all study-related:

- 1) Exams and consultation with a board-certified physician
- 2) Medication, laboratory studies, and EKG
- 3) Compensation for your time and travel

Interested, please call: **619-521-2841** 

**Medical Center for Clinical Research** 

# Do you suffer from

# severe reflux

# Heartbury

We are looking for volunteers to take part in a clinical trial of a new study drug.

You will be medically supervised.

If you are interested in receiving further information, please call

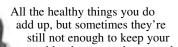
#### Medical Associates Research Group, Inc.



www.MARGINC.com 858-277-7177

This project has been approved by the Medical Associates Research Group ethics committee.

## Are You Trying to Take Better Care of Your Type 2 Diabetes?



blood sugar under control. A clinical research study is evaluating how an investigational medication may give you better control of your type 2 diabetes.

#### To qualify, you must:

- Be between 18 and 80 years of age
- · Be taking the oral drug, metformin, to treat your type 2 diabetes for three months or longer
- Not have taken any other medication(s) for diabetes within the past three months

Qualified participants will receive all study-related care and study medication at no cost, and may be compensated for time and travel.

Call Toll Free: 1-888-537-0051 AMCR Institute, Inc. www.newdiabetesstudy.com



#### Is waking up tonight affecting your tomorrow?

Do you or someone you know have trouble staying asleep? Is it affecting daytime activities? A study of an investigational medication is under way for people who have trouble staying asleep, characterized by waking up throughout the night (sleep maintenance insomnia).

- **To qualify for participation in this research study, you must:** Be at least 18 years old Have trouble staying asleep through the night
- · Be impacted in your daily life by your sleep problems

If you qualify and choose to participate in this study, you will receive an initial consultation, study-related examinations and laboratory evaluations, all follow-up visits, and you may receive study medication at no charge to you. Compensation for time and travel provided.

If you are interested in learning more about this study, please contact:

(619) 688-6565 See our website: www.ari-inc.com





#### Sadness? Low energy? **Trouble sleeping? Can't concentrate?** These are symptoms of Depression!

If you or someone you know is:

- Between the ages of 18 and 55 Currently experiencing a depressive episode
- · Have had a diagnosed depressive episode within the past 5 years
- · In overall good health

If you answered yes to all of these questions, you may be eligible for our investigational drug research study! If you qualify and choose to participate, you will receive physician consultations, study-related medical examinations, laboratory evaluations and follow-up visits at no charge. You may receive study medication,

Health insurance is not required and compensation for time and travel is provided.

If you are interested in learning more about this study, please contact:

(619) 688-6565





#### "I feel controlled by my anxiety."

If you feel this way, you are not alone.

Millions of people across the world live their lives with a constant burden of anxiety, where their excessive worrying occurs for no apparent reason or is triggered by the smallest or most insignificant of incidents.

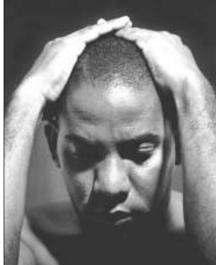
We are currently looking for people to participate in a research study for an investigational medicine for Generalized Anxiety Disorder (GAD). You may qualify if you are between 18 and 65 years of age and have been dignosed with GAD or regularly experience the symptoms associated with the condition, including chronic anxiety, muscle tightness, restlessness, prolonged sleep disturbance, and even pain.

If you are interested in learning more about this study, please contact:

(619) 688-6565

See our website: www.ari-inc.com





#### Are you living in the shadow of bipolar depression?

**We're working to bring future treatment options to light.**As a person with bipolar I, you know what it's like to live with the darkness of depression. So you may want to know about this clinical research study examining an investigational drug for bipolar depression compared to a placebo, an inactive substance, when used in combination with a mood stabilizer, if

 $\cdot$  You are at least 18 years old  $\cdot$  You have a history of at least one bipolar manic or mixed episode · You have been diagnosed with bipolar I and are currently experiencing a depressive episode

Participation may last up to 12 weeks, and includes study-related care and monitoring from specialists in bipolar I, access to a mood stabilizer, and potential access to investigational

If you are interested in learning more about this study, please contact:

> (619) 688-6565 See our website: www.ari-inc.com



For more information on any of these studies, please contact:

(619) 688-6565

See our website: www.ari-inc.com



DO YOU OR SOMEONE YOU KNOW SUFFER FROM

# MAJOR DEPRESSION

#### WITH UNUSUAL SYMPTOMS

# HEARING VOICESPARANOIA

You may be eligible to participate in a clinical research trial for an investigational medication.

#### Participants will receive at no cost:

- 1. Study-related exams
- 2. Investigational drug
- 3. Compensation for time and travel

For more information, call: 1-888-486-9150



SYNERGY CLINICAL RESEARCH CENTERS

leaves themselves hail almost exclusively from those banana republics, as well as from Brazil, Cameroon, the Canary Islands, Ecuador, Indonesia, and Mexico. But, for those who seek a smoke straight from the roller's table — and can't afford the tariff or hassle of trekking to Esteli, Nicaragua, or Santiago in the Dominican Republic — San Diego offers a surprising option.

Not many American cities of any size have their own chinchal, but San Diego does downtown's Cuban Cigar Factory, which bills itself as the largest manufacturer of hand-rolled cigars on the West Coast. "Largest" is relative, of course; chinchal is a Cuban term for "small factory," apparently slightly disparaging at one time but viewed by old-timers and revivalists alike as the mark of a tradition that refuses to die. San Diego would seem an unlikely place for a *chinchal*.

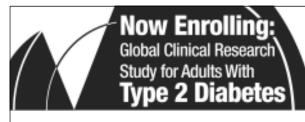
There were thousands of chinchales — or "buckeyes," as they were known in some parts in the America of 1900; eventually, though, the independent cigar makers fell by the wayside, persisting only in places like Miami's Little Havana, Tampa's Ybor City, and Union City, New Jersey. Although the cigar boom of the early to mid-'90s spurred a modest renewal of the neighborhood cigarroller, the subsequent cigar "bust" has restricted the chinchales largely to locales where Cubans have emigrated en masse — and San Diego isn't one of them. So it seemed incongruous when the Cuban Cigar Factory opened its doors in the early 1990s,

joining the Gran Havana Cigar factory across the street.

At one time, Cuban Cigar had eight rollers, largely Cuban exiles from cigar-rolling families. But the cigar business is a volatile one; even with the demise of Gran Havana — which was later bulldozed out of existence by the City of San Diego's eminent domain-powered "redevelopment" assault the place has become a one-man chinchal. According to Chrissie Avery, long-time manager, customers have increasingly sought name brands; perhaps, concomitantly, the novelty of smoking specimens "fresh off the table" has declined.

Nowadays, there's just Julio, a veritable oneman rolling machine, a Dominican who can roll a cigar in 13 seconds (they've timed him) and

#### RESEARCH STUDIES



To be eligible, you must be:

- Between 18 and 77 years of age
- Taking metformin (Glucophage®)

Participants may receive, at no cost, study-related medical care, study medication or placebo, laboratory work, and evaluations.

Medical insurance is not necessary to participate.

Study participants will be asked to stay overnight at a study site for blood sugar assessments.

Please call for information:

AMCR Institute, Inc. 1-888-639-9703

GLUCOPHAGE® is a registered trademark of Merck Santé S.A.S., an associate of Merck KGaA of Darmstadt, Germany. Licensed to Bristol-Myers Squibb Company.



AstraZeneca Z CL-DD5138 06/08 You did too much. You tried too hard.

And now... SHOULDER PAIN.



Doctors are evaluating investigational, medicated patches to see if they relieve pain when applied directly to the shoulder.

Local doctors are now conducting a clinical research study evaluating the effectiveness and safety of investigational, medicated patches that are applied directly to the shoulder for treating shoulder pain.

#### To be eligible for participation in this study, you must:

- Be 18 years of age or older, AND
- Be experiencing shoulder pain that's occurred within the last seven days, AND
- Not have had a previous shoulder injury.

Dualified participants will receive study-related medical evaluations and study patches at no cost. Reimbursement for time and travel may also be provided.

For more details on this local study, call:

San Diego Sports Medicine & Family Health Center 619-299-3909



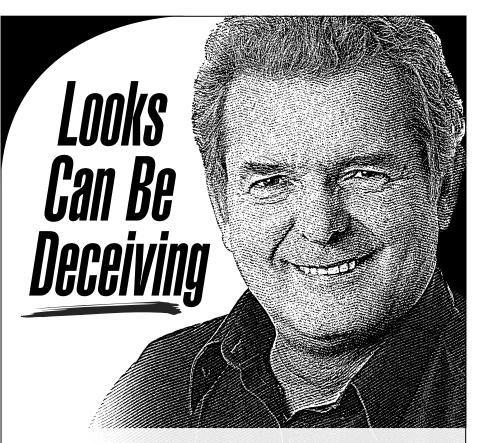
Are you currently diagnosed with

# Schizophrenia or Schizoaffective Disorder?

You may qualify to participate in a research study involving an investigational medication. Qualified candidates will be compensated for time and transportation up to \$950.00.

Call (858)566-8222 for more information

The California Neuropsychopharmacology Clinical Research Institute, LLC "CNRI, LLC"



Almost 24 million Americans have a life altering disease, but you would never know by looking at them. Type 2 Diabetes is a challenge affecting millions. Current research is being conducted to evaluate an investigational oral medication for Type 2 Diabetes, but your help is needed. Profil Institute for Clinical Research is seeking volunteers with Type 2 Diabetes.

#### To qualify, you must be:

- 30-75 years of age
- A non-smoker and otherwise healthy
- Treating your condition with diet and exercise alone or up to two Oral Anti-Diabetic medications, no insulin
- (If female) post-menopausal or surgically sterile

For your participation you may be compensated up to \$2,850 for time and travel, and will receive study-related medical care at no cost. Ten overnight stays and some outpatient visits are required.

For more information, call **619-409-1262** 

Profil
Institute for Clinical Research

# Do You Have Type 2 Diabetes? Are You Taking Insulin?

Profil Institute for Clinical Research is conducting a research study of an investigational medication for Type 2 Diabetes.

#### To qualify, you must be:

A Type 2 Diabetic

 Taking insulin (You can be on oral anti-diabetic medications, as well)

- \* 18-65 years old
- Male or female (if female must be practicing an effective method of birth control)
- A non-smoker or smoke less than 10 cigarettes a day

Qualified participants
will receive studyrelated medical care at
no cost and may receive
up to \$4,050 for time and
travel. Eleven overnight
stays and five study visits
are required.

For more information, call 619-409-1243

Profil

Institute for Clinical Research

who's been known to pump out up to 1000 sticks a day (the industry average is around 300). He's been rolling his own for decades now — using over 100 different wooden molds to help

shape the leaves. As many cigar-makers do, he strives to recapture the taste of pre-Castro Cuba — the stuff of legend that, in the years between the Spanish-American War and the

Bay of Pigs, shouted, "¡Cuba libre!" to much of the world.

As is the case with most chinchales, wherever located, Cuban Cigar's smokes are mostly (save for a "vin-

RESEARCH STUDIES

# Do you have high LDL



cholesterol?

We are conducting a research study to evaluate the effectiveness and safety of an investigational cholesterol-lowering medication. Men and women of at least 18 years of age with high cholesterol may qualify.

#### If you qualify, you will receive at no cost:

Study-related medication (including placebo) Study-related physical examination • Study-related laboratory tests

To find out if you qualify or for more information, please call:

San Diego Sports Medicine and Family Health Center Clinical Studies Department • 619-229-3909

tage" line aged three to five years) "fresh" unaged, awaiting purchase straight off the roller's table. So, I asked — notwithstanding the modest price range of \$3-\$7: Why would I buy San Diego-made cigars instead of the myriad well-aged products available at local shops? Avery replied that the moist, vegetal (more "plantlike") sticks were an "interesting experience" and tend to have a better draw than their aged

counterparts. However,



days in one's humidor might enhance them a

Perhaps the most striking thing about Cuban Cigar isn't its role as a chinchal but the fact that one of its mainstays is a woman in an unabashedly male business. Chrissie smokes what she sells — two to four sticks a month. She also told me that 35 percent of her customers are women, and while perhaps half of them are buying gifts for husbands or boyfriends, quite a few are (gasp!) purchasing for their own enjoyment. True, many of these cigars are small, flavored

she did admit that 45

still cigars. I asked smoky San Diegans: What does it take to be considered a "hard-core" cigar smoker? As is the case with drinking — the "heavy" indulger is often characterized as one who "partakes" more than

numbers — but they're

you do. Still, as I interviewed local cigar store owners and smoke shop/lounge patrons, I uncovered a rough consensus as to what it might take to be deemed a truly dedicated cigar buff. First, there's the matter of inhalation: very few people inhale cigars, and those who do are considered weird (not to mention strong candidates for pulmonary disease). Churchill's John Davidson told me that, in all his years in the business, he'd encountered probably "just a handful" of inhalers and that (in so many words) they were "nuts." Charlie Hennegan said he couldn't think of anyone who'd do it voluntarily and added, "It's your choice, but I know if I inhaled, I wouldn't feel very good."

Then there's quantity. Charlie opines that two to three or more every day might put you in the hard-core category; Harry Hunt puts the daily threshold at four. In Davidson's view, five or more cigars a day makes one "hard core"; while Tom Gabriel says you've got to fire up at least six to eight. Chrissie Avery (recalling the prodigious puffing of "Ivan," a former Cuban Cigar employee) puts the figure at ten. Tom Kalasho says that ten sticks a day are the minimum entrance requirement for the hardcore stogie society.

All San Diego cigar buffs seem to agree, though — ultimately, tallying the number of smokes per day is as peripheral to enjoyment as is precisely measuring the length of ash hanging from a burning cigar. It's all about relaxation and repose, perhaps with a bit of simpatico interaction thrown into the blend, in a setting far from wives and politicians, where one is free to smoke, smoke, smoke — but (almost) never inhale. ■

— Moss Gropen

# Are you anxious?

Finding it hard to focus or concentrate?

Tense, tired, or on edge? Having difficulty sleeping?

19 million Americans experience symptoms of anxiety. If you are 18 years or older you may qualify for a clinical research trial currently being conducted by Synergy Clinical Research Center. Study participants may receive compensation for their time and travel. Investigational study drug and study-related doctor's visits are at no charge.

> For more information, please contact the study physician's office listed below:

> **Synergy Clinical Research Center** 1-888-486-9150

See our website at: www.synergysandiego.com Office hours: 9-5

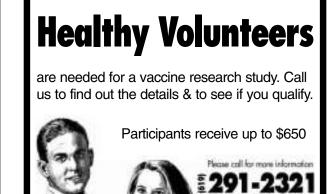
# Heartburn? **Acid Regurgitation?**

If you frequently suffer from acid regurgitation and heartburn, you may have reflux. Call to find out about our new GERD medication research study. All study-related doctor visits, medical evaluations, and investigational medications are no charge.

Participants receive up to \$500.

For more information, please call:

**CALIFORNIA RESEARCH FOUNDATION** 619-291-2321



# Dental Implants

IMTEC \$**299** 

FDA approved, immediate load. No waiting period.

Free consultation/exam.

D.D.S.

Ricardo Alvarez O. Misión de Loreto #3045, Zona Rio, Tijuana, Mexico 619-734-0233

619-734-0222 www.bajadentist.com









# **Baja Health & Beauty Directory**

SAFE & PROFESSIONAL SERVICES DON'T HAVE TO BE EXPENSIVE!

#### **BOARD-CERTIFIED PLASTIC SURGEONS** BY MEXICO'S BOARD OF PLASTIC SURGERY



Francisco Bucio, M.D. 20 years of experience in Cosmetic Surgery for Face, Breast and Body. Stateof-the-art clinic in the Grand Hotel Tijuana. High-tech Medi-Spa, Laser Center. IPL Photofacial, ACCENT nonsurgical Skin Tightening for Cellulite, **NEW PIXEL CO<sub>2</sub>** Fractional Skin Resurfacing for rejuvenation, one-time treatment. Visa and MasterCard.

619-946-2158: 011-52-664-686-4588

#### www.franciscobucio.com



Ricardo Vega Montiel, M.D. Member of ISAPS. Providing the desired results in Body Contouring and Face Rejuvenation in a fully licensed surgical facility located at the Grand Hotel Tijuana Complex. High-level Med-Spa and Advanced European Mesotherapy. Visa and MasterCard.

619-946-1074: 1-888-4VEMONT

#### drvega@teleserviz.com



For a fabulous NEW IMAGE, get to know BOARD-CERTIFIED Jaime Campos-Leon, M.D., highly skilled in the most Advanced and Effective Plastic Surgery Techniques and Laser treatments. Active member of ISAPS. The results speak for themselves. LASER LIPOSUCTION, IPL Photorejuvenation, Thermage, Vein Laser, Peels, Botox®, and many

more. Free consultation. Visa and MasterCard. 1-866-58-SHAPE; 619-240-8681; or visit: www.tjlipo.com



Juan Carlos Fuentes, M.D. Corresponding member of the American Society for Aesthetic Plastic Surgery, Dr. Fuentes and his bilingual staff provide first-quality results in all fields of Plastic Surgery, performed in a state-of-the-art surgical facility. For more information please call us: 619-428-4803, or visit us online.

#### www.juanfuentesmd.com



Andrey A. Shakhov, M.D. European & U.S. trained. Most-advanced techniques for top-quality results in Face-Lift, Body Contouring, Nose & Breast Surgery. Affiliated with the Best Hospitals. Non-surgical rejuvenation. Professional skin care. English, French, Spanish & Russian spoken. Visa & MC. Free consultation, Hospital Angeles, office 811.

**1-800-303-8875**; 619-618-0353; 011-52-664-635-1848 www.interestetica.com

#### **MEDICAL WEIGHT CONTROL**



Nutrition and Beauty Center Dr. Villicaña, M.D., specializes in Bariatric (weight loss control). 21 years of experience. Also offering Cosmetic Surgery, Gastric Band, Botox, Collagen, Laser for Veins, Hair and Tattoo Removal. We offer all the alternatives for weight loss.

619-946-2153; 011-52-664-634-0122

#### www.nbctijuana.com

#### **DENTISTRY**



Homero Gándara, D.D.S. University of Texas Master's Degree, 25 years of experience, specializing in Implants, Root Canals, Orthodontics and Esthetic Rehabilitation, mercury-free, strict OSHA sterilization, ZOOM!2 whitening. Oral Cam with monitor. New Zirconia System. All American dental insurance accepted. Close to the border.

U.S.A.: 619-778-6869; Mex: 011-52-664-634-6655 dentalhomero@hotmail.com



Dental Torvel High-quality cosmetic dentistry all in one place: Implants, Lumineers, Veneers, Root Canals, Crowns. U.S.-trained dentist and specialists. Mercury-free dentistry. Strict OSHA sterilization. 2 minutes from the border Call: 619-920-6260

www.dentaltorvel.com

#### **DENTISTRY**



Pacific Dental Tijuana, Dr. Torres & Dr. Lutz Tijuana's PREMIER dental office. Affordable General and Cosmetic Dentistry. Save up to 60% off U.S. prices. State-of-the-art equipment and materials, English-speaking staff, U.S.-TRAINED **DOCTORS AND SPECIALISTS, digital x-rays** and pictures. Specializing in Veneers, Root Canals,

Bondings, Crowns, Implants and Dentures. Nobel Guide implant technology, mercury-free dentistry, **1-hour ZOOM!** bleaching. Plenty of references from the U.S. and Canada. Dr. Torres, U.S.-LICENSED DENTIST, USC, Cosmetic and Rehabilitation specialist. Dr. Lutz, Harvard University and Loma Linda University for Dental Implants and General Dentistry. Dental lab on premises. Strict OSHA sterilization control. All treatments guaranteed. Our office has been **featured on CBS and** Channel 8. All major credit cards welcome. Now offering service in San Diego in our brand-new Chula Vista/Eastlake office. U.S. prices apply. 1-866-804-1877; 011-52-664-634-0835

www.sdro.com/pacdental



PRODENT, Alfonso Gracia A., D.D.S. Simply the best. Just across the border. Gentle, ethical, antiseptic, affordable. IMPLANTS, COSMETIC Dentistry, Porcelain Veneers, Ceramic Crowns, Tooth-Color Fillings, Root Canal Treatments, Third Molar Extractions, General Anesthesia, Sedation IV. Most U.S. dental insurance accepted. Visa and MasterCard. New location in Rosarito at Hospital

Bonanova. 619-308-7845; 1-888-ALFONZO (253-6696)

#### www.dralfonsogracia.com



Ricardo Alvarez, D.D.S. 24 years of experience in Cosmetic and Non-Invasive dental procedures. **IMPLANTS.** Master Studies at Loma Linda and Harvard University. STRICT INFECTION **CONTROL. 3 CONVENIENT LOCATIONS** offering Implants, Crowns, Dentures, Braces, Root Canals. Free diagnostic. Visa & MC.

Border: 619-734-2386; Agua Caliente: 619-734-0222; Zona Rio: 619-734-0233

www.bajadentist.com • appointments@bajadentist.com



Erico Carreño, D.D.S. 19 years of experience. UCLA, Loma Linda University, IAO-Certified Senior Instructor, Europe- and USA-trained, warranted quality and ethical dentistry. Top-of-the-line private office (not a clinic). The only Waterlase (real laser) in Baja. Dental laboratory in San Diego. American Academy of Cosmetic Dentistry, ADA,

HDA WICI AAFO IFUNA IAO member Insurances welcome 619-308-7082: 011-52-664-684-8133

#### www.drerico.com • www.biolase.com



Maité Moreno, D.D.S., M.S. U. of Michigan. Member American College of Prosthodontics and the Academy of Osseointegration (implants). Pure Porcelain Crown and Bridge by Procera™ System Certified www.nobelbiocare.com. Cosmetic Dentistry, OSHA guidelines, digital x-rays. Close to border. Visa, MasterCard, American Express

and all U.S. dental insurances accepted. Toll-free U.S./Canada: 1-877-692-9225; 011-52-664-900-7550

#### www.implantdentalcenter.com



TJ Dental Clinic Pay Less, Expect More. All dental treatments in one state-of-the-art clinic Cosmetic Dentistry, Laser Whitening, Digital X-rays, Intraoral Camera, Implants, and free estimates. Most U.S. dental insurance accepted. Visa and MasterCard welcome. You don't need to drive - we are just one block from the border. 619-270-8672

www.sdro.com/tjdentalclinic

#### **HAIR TRANSPLANT**



Clinipel Hair now, hair forever! The goal of Dr. Marin is to create a fuller head of natural-looking hair, but other benefits come with looking younger and feeling better. Affordable, painless, 100% secure. Also **THERMAGE**, body contouring. No surgery, no injections, no downtime. Give us a call or visit us online.

619-734-0209; 011-52-664-634-2208

www.clinipel.com

# Last Call

ATURDAY NIGHT, and everyone was going out to dinner — even the sixinch black-and-silver tarantula in the driveway, heading to our house.

It was very delicate and graceful. It sort of leaned back on its hind legs as we drove by, as if to say, "What the hell was that? Japanese anime?" Tarantula was very elegant and probably better dressed than we were.

Sometimes living here feels like that Walter Mosley book *Always Outnumbered*, *Always Outgunned* with all these predators around. They are always hungry. The wasps, the yellow jackets, the snakes, the lizards, the hawks, the birds, that pesky gopher and his family, the mosquito fish, the cat — and then there's always the Labrador and the coyotes. Just to mention a few.

So that's a slice of life served up at the Bear Valley Café. Just another food-chain event: a thousand and one stories. We just happen to be a little closer to nature than most of the urban set of San Diego. If the prices at the market keep going up, we might be sharing whatever the cat brings in. You know those snakes taste just like chicken if you cook 'em right...and some of those mosquito fish in the lily ponds are bigger than sardines. Keep this up and we could end up on The Food Channel or else cited by Fish and Wildlife for something or other. Stay tuned.

#### Last Call

Monday night the coyotes went out to dinner at about 11 p.m. with their

usual demeanor: howling and cackling down the hill and through the ravines. Only, last night, around 3 a.m., after the bars have closed and the casinos are still on a roll, there was one mournful voice, a plaintive howl. First from down near Guejito Road, then ten minutes later from the hill above the house.

The quality of the song was sad and mystifying to me. A solo, one-note call that went unanswered. I figured it hadn't been a good hunt, and perhaps dinner was scarce.

So this morning, on the way down the grade, there was a coyote body beside the road. Death had been quick, and my 50 mph glance registered a beautiful but smaller coyote. Multihued fur. Coming back from



Southern California coyote

the lake or Guejito Valley. It just didn't make it across the road. Blinded by the headlights. Close, but not enough.

So that explained that solo cry last night. One is missing. Probably a mate; certainly a family member. One that will not hunt again. And the song was sung to the stars, and their cold beauty did not answer.

Last night at 3 a.m., a lone coyote howls. A curious two note, one note, and an extended howl, repeated several times. Enough to wake the Labrador, who woke me just in case I didn't hear the coyote. There was no response to this song of the night. It was repeated several times, and it was solo

The body beside the road was gone yesterday.



Author: Elizabeth Zerbe Neighborhood: Valley Center Age: Over 40 Occupation: Care provider

Editor's note: This is the winner of August's third-place prize

(\$100) for our monthly neighborhood-essay contest.

Deadline for the next contest is September 30,
12 midnight

Post your entry by going to SDReader.com/ neighborhoods, find your neighborhood or campus, and follow the instructions to create a blog.

#### HEALTH AND BEAUTY

25 Year Anniversary

# **Save 10%**

For weight control. New patients only.

# Lose Weight as low as 10/day

We have new and innovative **medications** and regimens to help you lose weight without depleting your body of the nutrients it needs and help you feel satisfied: **bioidentical hormones**, lifestyle and nutrition training and **vitamin B-12 injections** are important contributors to your well-being and helpful in increasing your energy, heightening your metabolism and feeding your nervous system. Let Dr. Sterner develop an individualized program just for you.

619-543-1061

# Medical Marijuana Evaluations

Free verification card provided with every recommendation.

Legitimate and affordable.

Dr. Sterner has **10 years' experience**working with medical marijuana
patient needs.

Call Office Direct: 619-543-1061

For 24-Hour Recorded Information Please Call: 619-442-4215

# Botox<sup>®</sup> <sub>as low as</sub> 7/unit

BOTOX injections take as little as 15 minutes and last 3 to 9 months. **\$8 per unit** for first area, **\$7 per unit** for additional areas (25 units per area). Results may vary.

- · All visits with Dr. Sterner
- · Central location near airport

ANTI-AGING ARTS You're fine! What's wrong? Your time! lawoftime.org

www.antiagingarts.com · 619-543-1061

Medical Center & Weight Control Medical Clinic

1516 W. Redwood St., Ste. 105 • San Diego 92101

Robert F. Sterner, Jr., MD Harvard 1978/UCLA 1982 • Serving San Diego Since 1984

# Laser SKIN CARE



**Financing** Available



Complimentary consultation and free skin analysis (\$50 value)

#### **BOTOX®**

\$189

With purchase of Rewards Club Membership. One area only at this price. Cannot be combined with any other offers or coupons. Regular price \$218 per area.

#### Wrinkle Fillers

#### Juvéderm™

For fuller lips & deep wrinkles. Best wrinkle reduction treatment available today! First syringe \$369

#### Restylane®

To smooth away facial wrinkles. First syringe \$369

for your second syringe

#### Laser Hair Removal

Call for other areas.

\$39\* Lip or Chin

#### IPL® Photofacial

For rosacea, redness and flushing.

time offer\_

#### Masks and Peels

Call for prices

Cosmelan - For treating pigmentation disorders

Jessner's Peel - For treating acne and scarring Cosmelan acne - To regulate oily and acneic skin

#### \*Price per treatment with the purchase of a package of 5. Cannot be combined with any other offers or coupons. Expires 10/11/08.

### Just for Men Laser Hair Removal

\$179\*

\$199\* Upper Back





#### LAST WEEK

### **FREE** Laser Hair Removal

Buy a package of 5 and receive your 6th treatment FREE!\*

### New! Skin Refresher Peel

Minimal downtime, great results. Address fine lines, correct sun damage, control acne with this exfoliation treatment. \$150 or series of 3 for \$360

\*Buy a Laser Hair Removal Package and receive one additional treatment of the same area for free. Cannot be combined with any other offers or coupons. Expires 10/4/08.

#### Join our Rewards Program!

Free gift certificates, free services, or free products!

Earn Global Rewards with every dollar spent. See www.GlobalLaserCosmetics.com for details.



Farzad Yaghouti, MD Medical Director

### **1-866-BEST-LOOK**

(1-866-237-8566) • www.GlobalLaserCosmetics.com

6950 Friars Road, Suite 100 • Across from Fashion Valley Mall Se Habla Español • Promo code: RDR0925



<sup>\*\*</sup>With the purchase of a first syringe at \$369.

# Something to remember

#### Silence is the necessary time for renewal.

The finale of a great symphony is followed by the resplendent moment just before the applause, when the entire work resounds like a golden coin dropped into a silver chalice. I've known silences when thoughts seem to have thought and written themselves. Even the minute pauses between beautiful words, like the spaces between pearls on a string, afford meaning: they illuminate each other in a network of relationships.

On our street,

a street without

sidewalks, the

children ruled.

LAJOLLA

HAIR CLINIC

6110 Friars Road, Suite 205 • www.lajollahairclinic.com

There are also unnatural silences. Something you wanted to say was interrupted by someone and did not come into being. It is the echo of the biblical parable about the plowman scattering seeds. Only a few fall on fertile ground; the rest are lost: the wind carries them away, the rains fail, untimely frost comes. Someone you love is not speaking to you, and you don't know why. You leave messages on his telephone device, and you hear his recorded voice telling you that he'll "get back to you as soon as possible." But the message is never returned. You talk to his friends, and they are evasive. My son, my firstborn, the artist with his moods, the funny one who makes everyone laugh, the one for



whom I fought bitterly with his father, is not speaking to me right now.

What has happened is a shift in relationship between father, son, and absentee mother. For many difficult years, I played the role of the buffer between two bucks locking each other with their horns. The arena was most often the dining room during our evening meal. And because the verbal abuse from the older male so devastated the younger one, I intuitively sided with the latter, even when he had obviously incited his father with righteous indignation. It is as natural as stepping on your brakes on a dark road when your car headlights are reflected in two terrified eyes. You swerve off the straight course of the road — anything to avoid killing a creature. No, it is not rational, but neither is having a baby.

The role I played in this triangle came to an abrupt stop when I recently left San Diego for a teaching position in Monterey for a year. The two were left to redefine their relationship (so I hear from his father). They teamed up; a team united against me.

Is this my story or my "prodigal" son's?

Is this my silence, or his? The Scriptures don't concern themselves with the mother's feelings toward her estranged child, only the father's joy upon his return. Is it possible that he sees me as the prodigal mother, after his father and I were divorced five years ago and I have since remarried? Through this chasm I've come to understand the shock of the recognition that we are extensions of each other, although I had the misfortune of being born as a female into a world that relegated our sex to the function of being cheerful, practical, and superficially amusing. Above all, to keep our mouths shut on major issues. My husband and his peers, all physicians throughout San Diego, were convinced that women in the late '60s, after such personalities as Betty Friedan and Germaine Greer had published their views on feminism, had lost sight of their primary function as women and that they (meaning me in particular) talked too much. The fact that women talked at all was too much. I unfortunately had majored in philosophy and literature, both grounded in language.

I see my son as the person I used to be

#### HEALTH AND BEAUTY

# The Total To

(1 mile west of 163 Freeway and Fashion Valley Mall. Next to NYPD Pizza)

- ∞ Nonsurgical and state-of-the-art hair systems, hair extensions, custom wigs, supplies and repairs
- ∞ Confidential and private rooms
- ∞ Over 40 years' combined experience
- ∞ Board of American Hair Loss Council

#### Also Offering:

- ∞ European Keratin Hair Straightening

Call Collette for your complimentary consultation: 619-296-7744



Women 25-55, are you experiencing:

# Heavy periods? Pelvic pain?

Frequent urination?
Constipation or bloating?

If you said "yes" to any of these questions, you may be suffering from uterine fibroids. 1 in 4 women have fibroids. 80% of African American women are at risk.

We specialize in **Uterine Fibroid Embolization** (UFE), a non-surgical alternative that is covered by most insurances. Comfortable outpatient setting • Quick recovery • FDA approved

Call: 619-263-9729



**Zachary Rattner, MD** Board-certified Interventional Radiologist 995 Gateway Center Way, Suite 207 ◆ San Diego ◆ 92102

# Reverse the Signs of Aging

with Natural Hormone Replacement



- Biochemical evaluation of hormone imbalances
- Chronic fatigue management Genetic risk evaluation
  - Analysis of nutrient deficiencies
- Neurotransmitter evaluation of depression and anxiety

Dr. Cole Raub can be seen on The Wellness Hour, Channel 4 (Time Warner) Tuesday 9:30 pm and Sunday 7:30 pm

LASER HAIR REMOVAL

50% off

(first treatment with prepaid package of 2 or more)

**BOTOX FRIDAYS** 

20% off

(new patients only)

#### IPL PHOTOFACIAL

40% off

**30**% off

prepaid package of 5

prepaid package of 3

Offers expire 10/8/08.

Dr. Andrea Cole Raub 1-888-239-8547

12264 El Camino Real, Suite 204 www.agingbetter.com



# Dissolve Unwanted Fat without general anesthesia

# Smartlipo MPX<sup>TM</sup>

01

SLIM Procedure

- Tightens skin
- Ideal for smaller, localized areas of fat
  - Melts fat evenly Less trauma

- Melts more fat in larger areas
- Less bruising, less trauma than traditional methods

Whether you can pinch an inch or six inches, New Image Cosmetic Surgery is expert in both procedures.

#### Ten Reasons to Choose Dr. Schafer:

- 1) 20 years' Liposuction experience
- 2) Over 800 Smartlipo procedures performed
- 3) NEW Cynosure MPX Smartlipo system
- 4) No general anesthesia
- 5) Caring, committed and professional team
- 6) Dr. Schafer's Rapid Recovery Program
- 7) Full-service medical spa on-site
- 8) Complimentary limousine service day of surgery
- 9) Named West Coast Center of Excellence by Cynosure
- 10) Flexible financing; 0% interest

Four Liposuction areas \$4999
Limited time laser study.

Limited time laser study. Call for details. Expires 10/1/08.

NEW IMAGE COSMETIC SURGERY & SPA Dr. Jeffry B. Schafer, M.D., F.R.S.M.

230 Prospect Place #350, Coronado • 800-689-0545 • Monday-Friday 8 am-5 pm www.sandiegolipo.com/reader

odel



# Cosmetic Surgery

Face • Body • Breast

- Breast Augmentation
- Liposculpture
- Eyelid Beautification
- Nose Reshaping
- Face-lift/Brow-lift
- Laser Resurfacing
- Tummy Tuck
- Botox®, Restylane®, Juvéderm®, Artefill®

\$500 Off Any Surgical Procedure

Specializing in TUBA, Transumbilical Breast Augmentation. No scars on the breast! Silicone and Saline Implants. All approaches offered.

- Botox® Wednesdays
- Filler Fridays
- \$100 Off Each

**Robert A. Shumway**, MD, FACS 9834 Genesee Ave., Suite 225 • Scripps La Jolla Campus

888.401.3685

Complimentary Consultation www.ShumwayCosmeticSurgery.com www.abetterbreastaug.com



as a child: steeped in impatience for a reality that would await me upon the completion of childhood. Childhood—the prison sentence barring me from all those enticing choices begging outside my bedroom window.

Whose story is this?

We both have the same impetuous nature, pretending to sit still for a facsimile of suburban family life — mine on the outskirts of Philadelphia, his in Shadow Hills, east of Mt. Helix. Both our fathers are stern, puritanical. When I was a high school student, the spirit in me, like my son's, was off running, even if I looked every inch the baby face.

If someone had asked me why, after my husband's tour of duty as a MASH hospital physician during our Vietnam involvement, we decided to live in the typical oversized house in San Diego's East County, equipped with a legendary terraced yard, fruit orchard, pool, spa, and horse corral, I would not have been able to give a convincing answer: probably for the same rea-

son my parents and most parents I know seemed to believe that suburbia was a healthier environment for children than the city.

Those late '60s were a time before aerobics, jogging, exercise classes, and low-salt, low-cholesterol diets; it was acceptable practice to drive down the hill in order to pick up the mail in boxes lined up on wooden poles in rows of ten or twelve, because some of us lived on

their improvised ball game. No one complained — anyone driving on this street was invariably someone with lots of children of her own living there.

Just about all of our children were tow-headed, given the exposure to sunshine and chlorinated pool water. Looking out of my kitchen window on the familiar street scene, I could often not distinguish my own two blond, bronze-skinned little boys

# My husband, determined to re-establish himself as the authority figure, set up a list of house rules.

inclines so steep that it was an imposition on the mailman to deliver the mail at the door. Only the milkman delivered. Yes, we still had a milkman.

On our street, a street without sidewalks, the children ruled. It was not uncommon for someone driving on that street to have to stop and be permitted to proceed only after a natural pause in from anyone else's, except perhaps by whatever family dog followed his respective child-owner around.

One Halloween I counted more than 130 trick-or-treating children, in groups from three to eight, and year after year we were rewarded by the obligatory egg and water-hose pranks despite our generous handouts. It was part of the time-hon-

#### HEALTH AND BEAUTY



# $50\% \ \ OFF$ The triniti $^{\scriptscriptstyle{\mathsf{M}}}$ Facial Rejuvenation Program

This is a complete skin program for the non-invasive rejuvenation of the face. Three steps – color correction, skin tightening, and focused collagen remodeling – can all be achieved in a single visit.

\$2,500 (reg. \$5,000)

Botox \$145

### Free Microdermabrasion

With a \$15 contribution to the San Diego Humane Society.
One-time offer for new patients. (Reg. \$65)

Our Services		Laser Hair Reduction	
Microdermabrasion	<b>\$65</b>	Underarms	<b>\$75</b>
Pore Cleansing	<b>\$45</b>	Lip & Chin	<b>\$79</b>
Chemical Peel	\$119	Bikini & Underarms	\$99
Restylane 1cc	\$449	Brazilian Bikini	\$149
Perlane 1cc	\$499	Legs (Partial)	\$149
ReFirme Tightening	\$500	Chest or Abdomen	\$149
FotoFacial Advanced	\$500	Legs (Full)	\$299
		Back (Full)	\$299

Prepay package of 4, get the 5th one free.



#### **Institute for Aesthetic Medicine**

9339 Genesee Avenue, Suite 260 (Near University Towne Centre Mall)
P. Scott Ricke, M.D., Medical Director

858-678-0220 • SDBodyImaging.com

• Free consultations • Saturday and evening appointments available

The California Institute for Aesthetic Medicine, a Medical Corporation

ored cliché that "boys will be boys."

One Christmas we loaded up four little children, our own and two neighbors', on the back of our gentle mare Chacha, decked out in red ribbons and Christmas bells to create the illusion of authentic Christmas, and went from door to door caroling to the accompaniment of my baritone recorder, a relic from my childhood in Germany, where I was born during the war.

I remember my first school year only vaguely: children were ruled by stern but caring nuns. I was obedient, on the fringe of circumstances that obligated my mother to concern herself with raw survival for herself and her five children. The flip side of my shyness was a kind of private world I had invented for myself, a world that was full of furry animals. For in the years following Germany's defeat, such necessities as food were so scarce that having a family pet was a luxury. I would dream that I would have a kitten (I had even named it Mitzi) and keep it in my room, take it to school, and seat it on the chair next to me during classes. It would be taken for a stroll in the doll carriage around the garden of the old, well-preserved house in which we lived for a time in a little town on the Rhine near the Dutch border. During that time, my father worked in Hanover as a physicist. Transit systems were still erratic, and so he came home so seldom that his occasional visits with us seemed like an intrusion.

One day, after I had come home from school and placed my leather book bag into the kitchen where my mother was, she told me in a mysterious voice to go into the parlor. When I asked her what was in the parlor, she whispered "a kitty." I tiptoed into the formal room where we children were normally not allowed, and there, curled up on the pale blue satin divan, was the gaunt figure of a man sleeping - my father, who had unexpectedly come home. I remember standing there a long time, watching him, awed, intimidated, and slightly disappointed that the "kitty" I had envisioned as red striped turned out to be this man.

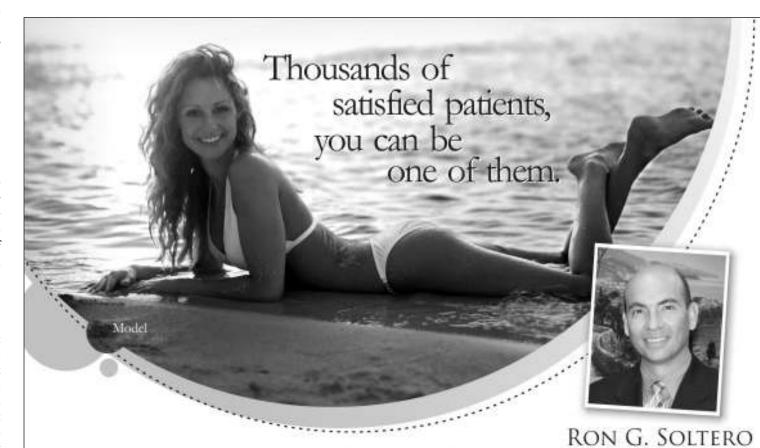
During those few days

he was with us, I would try to get his attention from his mathematics books and notes by anthropomorphizing the abstract symbols dancing across the pages, inventing dialogues and a course of action for them, like the ones I was familiar with from my story books. A certain symbol seemed to be standing on one leg, like Rumpelstiltskin, and I attributed the same sinister characteristics to it. The attraction between the mathematician-father and the dreamer-child was based on a curious selective affinity: we were light years apart in consciousness but found a common world beyond talk. While he pretended that he did not know I was there, I watched him silently while he was working on his math problems—understanding nothing of what he was doing, yet understanding.

What did Andrew experience when his father returned after the long sep-

aration imposed on us by circumstances that had sent his father to a MASH hospital in Vietnam? Andy (I've changed his name in this story) was little enough not to have a clear idea as to who this stranger in uniform was

#### HEALTH AND BEAUTY



- · Breast Augmentation
- · Breast Lift
- Breast Reduction
- · Tummy Tuck
- Liposuction
- Mommy Makeover
- Fat Transfer
- Body Contouring After Major Weight Loss

- · Face & Neck Lift
- Eyelid Surgery
- · Brow Lift
- Nose Reshaping
- · Ear Surgery
- Facial Peels & Laser
- Restylane & Perlane
- · Botox
- · Labial Reduction

M.D., F.A.C.S

Certified, American Board of Plastic Surgery

www.solteromd.com

JON S. WILENSKY M.D.

Certified, American Board of Plastic Surgery

#### Now offering

Vaginal Rejuvenation

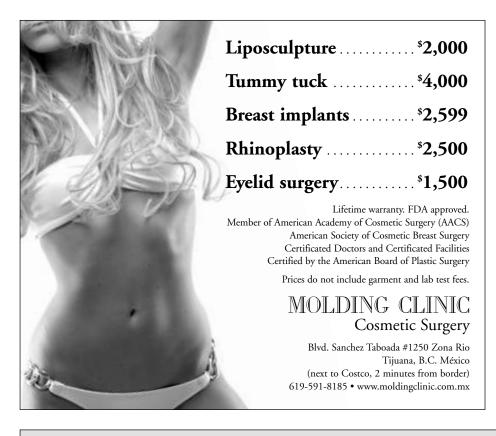
by Dr. Benito Villanueva Board-Certified Gynecologist

A CONSULTATION
1-888-669-8949

Aggressive financing available & CareCredit



4510 Executive Dr. Suite 105 La Jolla / UTC Area San Diego Reader September 25, 2008



at the airport that day a frame without a picture

During the months of his absence, I had been an indulgent parent. Everywhere I went, my babies went — an indulgence born from necessity. After my husband's internship in Philadelphia was completed, we came to San Diego, where he was initiated into navy life prior to being assigned duty in Vietnam in 1965. I had no family here and few acquaintances. We lived in a small but attractive A-frame house in Clairemont, and I filled those days with outings to the zoo, the beach, Scripps Aquarium, and "Balboa Park. One day I had promised

them a picnic, but this plan was canceled by rain. Nevertheless we picnicked: we spread our blanket over the king-sized bed, passed out paper plates and cups, put on our beach clothes, and rigged up the standing lamp from the living room with a yellow floodlight in lieu of the sun that would not come out for us. When Andy's dad came back, these fanciful games came to a stop. Gone were those long evenings way past normal bedtime when we three would curl up on the day bed in the guest room with quilts, mugs of hot chocolate, and graham crackers, and the family cat Mishka to watch the Johnny Carson show. Their father, under-

standably, demanded proper bedtime. I don't think he comprehended that their habitudes were the extension of my loneliness and served to keep my nagging fear, the fear that he might never return from this fearsome place 8000 miles from our shores, on the periphery of my thoughts.

Now that he was back, he was obviously the intruder into their cozy microcosm. Surely they were not entirely delighted with his commitment to some "long-overdue discipline." It had not occurred to me before that they were "bad." I never thought that undivided time and attention could "spoil" a child. Consequently, their

HEALTH AND BEAUTY



# Free Cosmetic Surgery Information Pak™

Plus our new booklet "Warnings & Red Caution Flags" About Cosmetic and Plastic Surgery's Hidden Pitfalls

> Find out what you must know about cosmetic surgery *before* your surgery!

• Before and after photos of procedures • Brochures • Doctor referrals/FREE consultations • Surgery pricing guides • Recovery process and back-to-work time • Checking out doctors' board certification • 25 questions to ask your doctor • How to finance your surgery/low payments

Call 800-535-0380 for immediate shipment. No cost or obligation.

Sponsored by: The Cosmetic Surgery Information Center, a nonprofit public benefit organization providing information, education and assistance to the public since 1985. \*Certain restrictions may apply. Paid for by an association of participating Board-Certified Physicians referred by Cosmetic Surgery Information Center. ©2008 COSMETIC SURGERY INFORMATION CENTER, INC."



Gift certificates available Sonya

ot London DAY SPA &

**FULL-SERVICE SALON** 

3924 Park Boulevard Hillcrest • 619-291-2728 Open 7 days

www.sonyaoflondon.com

We use PCA and Dermalogica products.

#### **Spa Treatments**

#### **Choose Your Package** 3 Spa Treatments \$159 4 Spa Treatments \$189

- Microdermabrasion
   European facial Acupuncture face-lift
   Body massage Styled haircut
   Egyptian hand and foot spa
   Body spa (mineral salt scrub, body
- foliation, power recovery, nourishing sea mud)

#### Summer Package \$110

European facial, facial massage including head and neck acupressure, back facial with 15-minute back massage, and body detox wrap.

#### **Deep Cleansing** Facial 65

Begin with face mapping.
• Includes steam, prep scrub

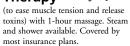
- and extraction
- Face, head, neck and shoulder massage
   Customized masque to refine and repair skin

FREE 15-minute back massage or Hydroxy Acid Peel

#### Relaxation Package §85

1-hour body massageManicure and Pedi-spa

#### Cupping $\leq NEW \leq$ Therapy



#### **Acupuncture Face-lift** or Menopause **Treatment**

(relieves hot flashes) with 1-hour body massage \$130 Covered by most insurance plans.

#### Computerized Lymphatic **Drainage Facial 585**

Computerized treatment that rejuvenates and cleanses from the inside out. Excellent for face swelling and bags under the eyes. Regeneration for dry, aging, wrinkling skin, couperose and erythrosis (red spots). We can reshape any part of the body for slimming.

#### Perfect Retreat 90

Begin with a 30-minute hydroactive mineral salt scrub. Relax with a 60-minute relaxation body massage. Steam and shower available.

#### **Energy Balancing** Plan <sup>§</sup>85

- 45-minute reflexology foot massage
  30-minute head, neck, acupressure,
- and back massage

   Pedi-spa included

#### Cosmetic **Procedures**

Eyeliner \$300 (reg. \$400) Lip Liner **\*300** (reg. \*400) Eyebrows **\*300** (reg. \*400) Full Lip **600** (reg. 800)

#### **Scar Removal**

Acne scars
 Surgical scars
 Whypertrophics scars
 Specializing in removal of freckles, age spots and sun spots

#### **Magic Eyelash** Extension \$95

- Lasts as long as you maintain them.
- Increase length and volume.
  Incredibly natural! For him too!

Microdermabrasion with Free Rejuvenation Facial 4 for \$235

#### 4 Free Microdermabrasions **4 Series IPL** (Photofacial) 5600

Increases collagen and elasticityRid yourself of wrinkles, lines and folds, age spots, pores, stretch marks, dilated capillaries and rosacea

#### **PCA Chemical Peel**

Purchase 6 PCA treatments and receive 7th treatment free. Includes Jessner, TCA, pumpkin and more. Treats the following

- conditions: wrinkles
- sun damage hyperpigmentation

\$85 per treatment

**PCA Body Chemical** Peel from \$100

Hyperpigmentation **Acne Facial Treatment** Series of 8 5400

See dramatic changes in skin with new tools and technology.

# Creating Beauty One Face at a Time

#### Procedures Performed

Facial Plastic Surgery - Rhinoplasty • Face Lift • Eyelid Lift

- Forehead Lift Neck Lift Ear Pinning Earlobe Tear Closure
- Fat Transfer Neck Liposuction Chin/Cheek Implants

Laser - Laser Skin Resurfacing • Laser Hair Removal

• IPL Fotofacial • Chemical Peel

Sclerotherapy - Leg Vein Therapy

Skin & Scars - Removal of Skin Lesions

• Scar Repair

Fillers - Restylane • Perlane

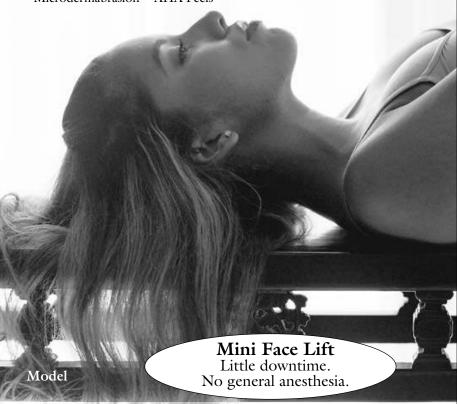
- Juvéderm Ultra Juvéderm Ultra Plus
- Sculptra Radiesse

Acne Treatments - Isolaz

• Photodynamic Therapy • Blu-U

Esthetician Services Available - Facials

• Microdermabrasion • AHA Peels



#### ACTIVE FX CO<sub>2</sub> LASER - \$2,325

Includes one IPL Fotofacial and one Microdermabrasion.

BOTOX® - \$11.25 per unit

RESTYLANE® or JUVÉDERM ULTRA®-\$499/1cc syringe PERLANE® or JUVÉDERM ULTRA PLUS®- \$550/1cc syringe

IPL FOTOFACIAL®- \$325 for face

LASER HAIR REMOVAL - \$99 per area:

Bikini, underarms, upper lip, or chin

THERMAGE® - Call for prices

FAT TRANSFER - Call for prices

Call today for your custom consultation. We will tailor a plan to suit your specific needs.



Mario S. Yco, M.D., F.A.C.S. BOARD CERTIFIED BY THE AMERICAN BOARD OF FACIAL PLASTIC & RECONSTRUCTIVE SURGERY Gretchen Taylor, M.D.

BOARD CERTIFIED OTOLARYNGOLOGIST

Sarina Brumley, PA-C 477 N. El Camino Real, Suite A-210, Encinitas

760-944-4211



#### **Family Cosmetic Dentistry** in the beach area



Farnaz Haroon, D.D.S. 888-689-3682 1707 Grand Ave. (at Jewell St.) Pacific Beach 92109

Gentle Dentistry • New Patients Welcome Senior/Military Discounts • Flexible Payment Plans

easiest on sensitive teeth.

\$279 (Reg. \$500)

Your teeth up to 8 shades whiter in only 45 minutes!

# invisalign

as low as \$89/mo.



### Payment plans up to 60

months. OAC. Free Invisalign consultation.

#### FREE Cleaning

With \$65 exam and x-rays. New patients only.

#### FREE Whitening **Trays**

With \$65 exam and x-rays. New patients only.

#### Crowns & Veneers \$200 off

All offers expire 10/16/08. Must present this ad.

### **Gums bleed when flossing? Receding gums?**



Bad breath?
 Sensitive teeth?
 Loose teeth?

You may suffer from periodontal disease. Up to 75% of adults over 35 have some degree of gum disease.

#### The solution is PerioProtect

No surgery, no shots, non-invasive. Everyone is a good candidate. Tired of deep cleanings? This may be the answer.

Call for a free consultation: 888-689-3675



May be covered by both health and dental insurance!

Farnaz Haroon, D.D.S. • 1707 Grand Ave. (at Jewell St.) • Pacific Beach 92109



sophisticated, almost comically adult way of talking was the anathema to the imperative that children should be seen and not heard, especially after 8:00 p.m., and was met with typically childlike impudence. My husband, determined to reestablish himself as the authority figure, set up a list of house rules. It was intended to be in their best interest, as was the decision to move to La Mesa: children are supposed to have space, room for play, clean air, good schools within walking distance, and safe streets.

We became suburbanized. If my husband's busy schedule as a young physician permitted, weekends were planned around the poolside. We always insisted that our friends bring their children also. Summers we played round-robin tennis, we barbecued, we took our annual cultural pilgrimage to Carmel's Bach festival, and went to Europe every other year for a month while the boys were farmed out to

their grandparents. Winters

we packed up for ski vacations in Utah and California's Sierra Nevada. Both our boys were expert skiers by their tenth year.

While the other mothers drove their children to the obligatory Little League, Pop Warner, and Bobbie Sox practices and Cub Scout meetings, I chauffeured mine to violin and piano lessons, youth rehearsals in the park, and whatever art workshops for children were sponsored during the summer months. Everything evolved around the activities of the children, and we mothers in our station wagons were essentially means to their end.

Ever since then, I've asked myself if this really was in their best interest. Did we perhaps create a generation of children who saw their mothers as chauffeuring devices and their fathers as blank checks? Everything had been handed to them. Their parents virtually arranged their dinner time around Little League games, their school athletic activities, and their orthodontia appointments. Even their

teachers were a commodity to them. Each mother, determined to get her offspring into the gifted program, would invariably hold her child's teacher responsible for mediocre grades. Ironically, a lot of these "gifted" children struck me as incredibly mediocre. We were bent on reshaping the world, instead of preparing our children for the world.

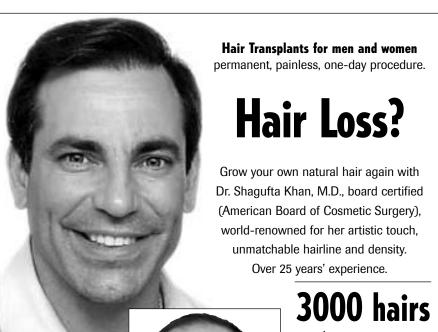
But even then we could not spare them from the reality of drugs lurking around the corner. First it was so subtle that it was a temptation to ignore the whole matter as the first few sprinkles of raindrops might be: the downpour may never occur. But drugs were ubiquitous.

During the early '70s, when Andrew was still in grade school, my husband and I came home from a concert one evening to find our medicine cabinet in a state of disarray. I suspected the babysitter, particularly since soon after, on another occasion, we found her drunk in a puddle of her own vomit on the couch. After that we

Voted

Union-Tribune!

#### **HEALTH AND BEAUTY**



Free **Financing** 

**Actual Patient** 

2 years 0% interest

\$**2999**\*

Regular price \$6000. Offer expires 10/27/08.

For a free consultation: 1-866-751-2182



7930 Frost St., Suite 203, San Diego For more information, visit us at **ILHT.com** Open Saturdays. Financing available.

San Diego · Chicago

\*3000 grafted hairs is the equivalent of 1200 grafts. FIT technique offered at a separate pricing scale. Please call to inquire. OAC



San Diego's Unique Medical & Day Spa

#### Mystique MEDICAL SPA

Mason Dang, M.D. Medical Director

#### Free Consultations!

3603 Fourth Ave. San Diego 619-543-9814 www.mystiquemedspa.com Closed Sun. & Mon.

#### **FALL SPECIALS!**

### IPL Photofacial \$149 per session Teeth Whitening \$199 (Reg. \$250)

Permanent Makeup Special \$299

Lip Liner or Eyeliner Eyelash Extension Special \$99

#### Cosmetic Procedures

Botox • Restylane • Perlane • Juvéderm • Radiesse

#### **Laser Tattoo Removal**

IPL Photofacial Skin Rejuvenation Laser Hair Removal **Best of San Diego** 

**IPL** Acne Treatment Photodynamic Therapy

Medical-Grade Facial Peel Sclerotherapy Spider Vein Treatment

Scar, Skin Tag & Mole Removal

**Breast Augmentation** Face, Neck and Brow Lift Blepharoplasty/Eyelid Lift Rhinoplasty/Nose Enhancement Fat Injection **Buttocks Augmentation** Abdominoplasty/Tummy Tuck

#### **Spa Services Special**

Liposuction

Eyelash Maintenance Session 540 Custom Cuts & Color • Eyebrow Tint Eyelash Perm • Waxing Service

All prices expire 10/1/08. Most credit cards accepted.



San Diego's Only Pinnacle Award WINNER! 2007 & 2008

### LA JOLLA COSMETIC LASER CLINIC menu of service specials

Board Certified Ophthalmologist Nasrin Mani. M.D specializes in BOTOX® and Filler Treatments around the eyes and face. She provides the latest treatments for Skin Tightening, Resurfacing, Age Spots, Fine Lines and Wrinkles, Acne, Acne Scars, Surgical Scars, Pigmentation, Sun Damage, Cellulite and Fat Reduction for face and body. With minimal to no downtime.

#### September Specials!

Extended thru 10/10/08

Botox Wednesdays! \$10 per unit

#### Thermage®

Skin Tightening & Cellulite Treatment Call for New Special Pricing! ActiveFX / TotalFX/ DeepFX CO2 Laser \$300 off

#### Fraxel II Laser

\$900 per treatment

(IPL) photofacial \$275 per treatment

#### Laser Hair Removal

10% off package of 5

#### Juvederm™ Ultra

\$450 per syringe

(Temporary & Permanent fillers available)

Subscribe to our e-news to receive additional special offers

@ LaJollaLaser.com

Thermage® and Radiesse® Educational Seminar Let us get you Ready for the Holidays!

Wednesday, October 1st , 6-8pm

Appetizers, refreshments, prize drawing. Limited Space RSVP! 858-454-2700 or LaJollaLaser.com

#### Nasrin Mani, M.D.

Founder & Medical Director

1111 Torrey Pines Road, Suite 102, La Jolla, CA 92037

Mon.-Fri. 8 am-7 pm Sat. 8 am-5 pm

Free Parking Gift Certificates & Major Credit Cards CareCredit\* [Payment Plan] Se habia español



# Specializing in Facial Plastic Surgery





Before





After



#### Dr. Amir Moradi

Duke University Trained
American Board of Facial Plastic & Reconstructive Surgery

Specializing in Facial Plastic Surgery
Full face lifts Eyelid surgeries F
Rhinoplasties Revision rhinoplasties F

y Minimally invasive facial surgeries Facial implants Laser skin resurfacing Botox Juvederm Restylane Perlane

Call our office for your complimentary consultation 760.726.6451
2023 W. Vista Way Ste. F, Vista
Visit our website to keep up to date with our specials www.face-beautiful.com

installed a lock on our liquor cabinet. Frequently I had the impression that someone had been through our mailbox looking for drugs: doctors were known to receive all kinds of drug samples from every conceivable pharmaceutical house. What I did not go through to put a stop to these mail deliveries!

Then, during a late balmy summer evening, I heard subdued voices and laughter up by the horse corral, and I discovered three neighborhood boys of about 13 or 14 in the tack room, with flashlights, a six-pack of beer, smoking.... Funny, I was at the time too concerned about the fire hazard during these dry months;

and it dawned on me only much later that they were not smoking cigarettes. I did, however, relay what I had witnessed to the boys' parents out of purely parental concern. Their reaction was unanimous denial: they had questioned their sons, who insisted that they had not smoked pot or drunk beer. Their boys were church affiliated and therefore did not lie. The case was closed.

About a week later, I found my mailbox torn off and lying in a nearby ditch. Soon after, our tenderly-raised koi were floating belly-up on the surface of the lily pond, obviously poisoned. One day my husband came in with our Burmese kitten,

which he had found fatally shot through the head with a pellet gun under the orange trees. A favorite activity among the boys was to raid barely ripe avocados from our trees at nighttime, in their haste breaking off delicate branches. I could have sworn that I bought my own fruits on the corner of Avocado and Fuerte Drive sold by the same boys.

And then, gradually, I noticed Andy becoming more secretive. His grades dropped, and he became surly and noncommunicative. Once I overheard on the telephone, "Well, can't you get hold of your grandma's birthday money tonight?" a reference to a

fifty-dollar gift from my mother, which I had insisted he put into his savings account. This was the beginning of his high school involvement in drugs. I was so anxiety-ridden that I wonder to what extent it contributed to my progressive estrangement from my husband, or was I confusing cause and effect? Was Andy's problem the result of the rift between his father and me when I discovered that he had been chronically unfaithful? (I won't digress into a psychological analysis here, although all of us did consult with a psychologist.)

The final blow came when we received a phone call during Andy's senior

year: our son was at the El Cajon police station. Apparently, he had teamed up with a group of boys, the ringleader and driver of which had lifted a bottle of hard liquor from his father's supply. They were arrested in a parking lot passing the bottle around and shouting obscenities when a policeman found them. My husband, after picking up Andy at 1:00 a.m., declared that he was through with him, ready to kick him out. And I was heartsick unto death.

Should I have sided with his father? How do you throw out a child, confused, troubled, with no place to go? I was prepared to decide that if I had to choose, I would choose my son — all the while assessing that perhaps I had not really been a "good" mother. It occurred to me that we had given him "things" and invariably turned him into a consumer at the expense of any spiritual insights.

One April afternoon, as I was talking among the trees in the garden, all this came to me in a single moment, a moment as pristine as the air that day. I remember it had just rained; that spring had been unusually wet, and there was a rainbow over the canyon. The moment was bathed in pure light and so still that you could hear the silence. I was inspecting the

HEALTH AND BEAUTY

# Losing weight doesn't have to cost a fortune!

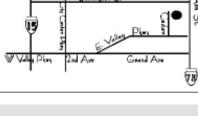
\$80\* Includes ALL medication.

- Proven prescription medication
  - No contracts
  - Physician supervised
  - Effective use of leading appetite suppressants









760-745-8431 Luc Fontaine, MD

> 430 North Cedar #C Escondido

\*Offer valid with coupon only.
Initial consultation only.
Regularly \$95. Includes all
medications. Expires 10/15/08.

Out-of-area clients accommodated, once established! Ask for details.

# See for yourself.

THE MOST ADVANCED TECHNOLOGY IN VISION CORRECTION.

Sharp Vision Laser Center, one of the most comprehensive laser centers in Southern California, offers IntraLASIK. This advanced procedure is more comfortable and has fewer risks than traditional LASIK.

To learn more about IntraLASIK, attend the Sharp Vision Laser Center's Open House. You can tour Sharp's state-of-the-art laser vision correction center, speak with physicians and receive a complimentary screening. LASIK treatments are accepted by most health care flexible spending accounts.

Open House:

Tuesday, Oct. 7, 5 to 7 p.m.

Sharp Vision Laser Center Sharp Memorial Outpatient Pavilion 3075 Health Center Drive, San Diego, CA 92123

Call **1-800-82-SHARP** (1-800-827-4277) or visit **www.sharp.com/opp** to register for this free event.





Helps develop fuller, thicker lashes naturally

#### Spa Treatments

#### **Pampering Package** \$150 (3-31/2 hours)

Microdermabrasion, European facial, 1-hour body massage, manicure, pedi-spa, and your choice of: mineral salt scrub, sea mud wrap, detox linen wrap or detox hvdro pack wrap for slimmina

#### Fall Package \$90 (2 hours)

European facial, 15-minute back massage, and detox hydro pack wrap for slimming.

#### Relaxing Package! \$80 (11/2 hours)

1-hour body massage plus manicure and pedi-spa.

#### Waxing

Full waxing service for men and women. Specializing in Brazilian waxing.

#### **Skin Treatments**

#### Deep Cleansing Facial \$55 (1 hour)

Includes deep cleaning with steamer, blackhead and whitehead extraction, and 15-minute neck/back/shoulder massaa

#### Acne Facial Treatment \$55 (1 hour)

Deep cleaning with steamer, blackhead extraction and head/neck/shoulder acupressure

#### Photo Facial \$99 (1 hour 30 minutes)

Microdermabrasion with light therapy treatment. non-surgical, no recovery time. Increases collagen and blood circulation, reduces wrinkles, sun damage, large pores, blemishes and rosacea.

#### Microdermabrasion \$60 (1 hour)

Includes facial, acupressure, and custom masque. Treats fine lines, wrinkles, brown spots, pigmentation, acne scars and enlarged pores.

#### The "New Dermosonic" Method

Advanced treatment for cellulite and spot

Abdominal or back 40 min. \$45 Thighs or hips 60 min. \$65 Add any section to figure wrap for only \$10

#### Deluxe Treatment \$75 (2 hours)

Microdermabrasion, European facial, spa pedicure and manicure

Lose weight without going to the gym. Two healthy inch-loss programs:

#### Figure Wraps \$60 (1 hour)

Lose 4"-15". Effective for cellulite, toxic cleansing, blemishes and sagging skin.

#### Aloe Herb Gel Wrap

We use and sell Dermalogica products. Gift certificates available

My Skincare

Day Spa & Nail Salon

Gift certificates available.



Open 7 days/week | 619.220.0565 | 4225 Park Blvd. | San Diego 92103 Parking is in back of the salon. Offers good with this ad. Expires 10/9/08.



### Restylane and Perlane Special

Buy one syringe, get \$75 off second syringe plus \$50 rebate (same day only).

- > **Perlane** \$449 per 1cc syringe. World's most popular filler.
- Restylane \$399 for 1cc (reg. \$450). Restylane Platinum Award Winner.
- Juvéderm \$399 per syringe (reg. \$450).
- Radiesse \$495 1.3cc syringe (long lasting)
- Artefill \$695 .8cc syringe. Limited time only. After \$300 mail-in rebate. Dr. Parvin Mani is a

#### Labioplasty \$1495 by board-certified gynecologist.

#### **Vaginoplasty** "Vaginal Rejuvenation" \$2500

by board-certified gynecologist.

> Fraxel II 4 sessions for **\$2500** or \$700 per session

Platinum-Plus Award Winner for Botox

Platinum-Plus Award Winner for Juvéderm Pinnacle Award Winner for Thermage Skin Tightening Platinum Award Winner for Restylane Platinum Award Winner for Perlane

#### **Laser Hair Removal** Call for special packages

#### Microdermabrasion Call for pricing

Botox \$10 per unit. Plus a \$25 gift certificate.

#### **NXT Thermage** Call for pricing

Skin tightening for face, eyes, tummy, thighs, arms and cellulite treatment. Available with STC Tip or ThermaTip DC.

#### **Cellulite** Treatment with Velasmooth \$950

for package of 10.

#### Mesotherapy Fat Reduction \$500

For package of 4 sessions, \$125 each session.

#### **Photodynamic** Therapy (PDT) \$295 per treatment.

#### **IPL Photo**

Rejuvenation with Lumenis One \$145 per session with purchase of four sessions

#### Cosmelan Peel \$595 Skin depigmentation for

brown spots.

#### Liposuction \$2500 Body contours are resculpted

by removal of subcutaneous fat. Under local anesthetic. Tumescent with minimal recovery time.

#### **Blu-U Light**

For acne removal \$400 for 10 sessions

#### Parvin Pam Mani, M.D., F.A.C.O.G.

5555 Reservoir Drive, Suite 208 (by SDSU, off Alvarado Road)

619-583-7555 • www.sdcosmeticlaser.com

Call for a free consultation. Facial products and gift certificates available. Saturday appointments available on request. Payment plan available. Se habla español. Offers expire 9/30/08.





In 1 hour, change your discolored, chipped or crooked teeth into a perfect smile!

\$299 per tooth

Composite. Reg. \$450. Expires 10/9/08.

#### **Free** cleaning

When you come in for your exam and x-rays. New patients only. Expires 10/9/08.

### Invisalign \$99 per month

On approved credit. Expires 10/9/08.

#### Free Whitening for Life!

- Get a complimentary whitening kit and custom trays with completed new patient exam, cleaning, and x-rays.
- Keep your 6-month recare visits and you will receive additional gel annually for the rest of your life! Not to be combined with other offers. Not available with dental insurance.

Interest-free financing available OAC

# Gentle Dentistry

Mozghan Andalibi-Abadan, DDS

4765 Carmel Mountain Road #205 • San Diego 92130 • 858-350-7400 www.thegentledentistry.com

#### **Straight front teeth without braces!**



Whiter teeth!



Time for a cleaning!



# invisalign

No interest for 12 months! OAC

Starting at

FREE consultation! 858-274-1219

### Free whitening travs

and x-rays. In most cases, your

New

patient

Complete set of x-rays,

\*In the absence of periodontal disease. New patients only. Expires 10/28/08.

Raymond J. Moga, D.D.S., Cosmetic & Family Dentistry 3774 Clairemont Dr. • 858-274-1219

"Dedicated to excellence"

, 2008



avocado trees below and the orange trees on the second level for pests, then the vegetables, berries, and fruit trees on the third terrace, and I met with our resident skunk munching on the strawberries. Come to think of it, I haven't mentioned all the animals that took up residence with us over the years. There was a baby raccoon that someone had dropped off once; he hadn't been weaned, and we nursed him to maturity before

depositing him at Wildcat Canyon. There were two ducks, the result of giving in to a whim against my better judgment on Easter. These two downy golden fluffballs grew up to discover that our pool could be reached by flying over the gate; they found their eventual permanent home in the duck pond by Anthony's Fish Grotto off Highway 8. For a while we had a rosy boa constrictor on the premises who was friendly enough to slither onto the back patio, much to the horror of some of our more timid visitors. There was a bantam rooster named Chanticleer who habitually attacked our cross-eyed Siamese cat, and a yellow sheepdog who one day tried to cross Avocado Boulevard while my son and his friends "sold" avocados and was fatally hit by a car.

Yes, it looked like paradise, but a paradise rotting at the center. Our personal lives were elsewhere: my son's

#### HEALTH AND BEAUTY

#### Teeth in an hour!

Are you a candidate for implants? Free consultations!



**In-office bleaching \$249** Includes exam, necessary x-rays, tooth polishing & take-home trays.

#### Cleaning, exam & x-rays \$79

Smile designs with cosmetic dentistry • Porcelain veneers Mercury-free fillings • Crowns • Root canals • Oral surgery

Cosmetic Crowns/Veneers starting at \$789
20% off first dental treatment 1st visit only
Sedation dentistry available

#### William S. Kachele Jr., DMD

Member ADA, CDA, AGD, NARI, DOCS, SDCDA 760-471-7115 • www.sdentistry.com 751 Rancheros Dr., Suite 3, San Marcos

Call for cosmetic evaluation, complete makeover consultation, or free second opinion. 0% financing available OAC.

Most credit cards. New patients only.

Cannot combine offers. Offers expire 10/15/08.

# LET US HELP YOU BE YOU, aesthetics ONLY BETTER!

# \$1,000 OFF THERMALIPO' OR 24 MONTHS SAME AS CASH! OAC.

Mid-section Thermalipo . Look Slimmer!

50% OFF THERMAGE FULL FACE" 50% OFF THERMAGE CELLULITE TREATMENT





50% OFF THERMAGE

**BODY TREATMENT** 

DR. EUGENE J. NOWAK D.O. FAOCD BOARD CERTIFIED DERMATOLOGIST

MUST BRING THIS AD TO RECEIVE DISCOUNTS.

O'M INTEREST FINANCING\*

\*O.A.C. Restrictions may apply

- 1-888-636-LIPO (5476) FREE COSMETIC CONSULTATION
  - Thermalipo As seen on KUSI'S INSIDE SAN DIEGO
  - Tumescent Liposculpture
  - Thermage for Body New Painless Technique
  - . Thermage for Face and Eyes
  - Fraxel II<sup>n</sup> for Pigmentation and Wrinkle Reduction
  - Laser for Acne Scars, Hair Removal, Tattoo Removal and Spider Veins
  - FILLERS Restylane, Radiesse Juvederm and ArtFill<sup>®</sup>

RESTYLANE SEMINAR • TUESDAY, SEPTEMBER 30th - 6PM
LEARN ABOUT ALL OUR TREATMENTS • FREE GIVEAWAYS
WIN A RESTYLANE 1CC SYRINGE WITH A VALUE OF \$500!

2440 Fenton Street, Suite 101, Chula Vista, CA 91914 • 1-888-636-LIPO (5476)
WWW.DRNOWAK.COM • CONVENIENTLY LOCATED OFF THE NEW 1-125 SOUTH

\*Restrictions may apply. Not to be combined with any other other. \*\* Restrictions may apply, Performed by FA or RN unly. Exp. 9/30/08.

# September Specials

- Happy Friday Evening! Enjoy wine, cheese and discounted services from 4-7 pm every Friday.
- Microdermabrasion with rejuvenation facial and full-body exfoliation \$90 (a \$130 value!) Relax and enjoy smooth skin from head to toe!



#### **Eyelash Extensions**

(\$200 value) **\$130**\*

Newest Japanese technique. Lasts 4-8 weeks. All natural.

#### Permanent Makeup

Lip-liner \$200\* (\$300 value) Eyebrow \$200\* (\$300 value) Eyeliner \$200\* (\$300 value) Full Lip \$400\* (\$500 value)

#### **Pamper Yourself**

(\$145 value) **\$119**\*

Includes: Deep pore cleansing, European facial, 1-hour full-body therapeutic massage, spa manicure and pedicure. 21/2 hours.

#### **Total Body Wellness**

(\$185 value) **\$139**\*

3 hours. Includes: European facial, 1-hour full-body therapeutic massage, manicure, deluxe spa pedicure, and your choice of one spa body therapy.

#### Mini Day Spa

manicure and pedicure!

Package (\$100 value) \$85\*

Our 1-hour European facial with alphahydroxy peel will purify, smooth, and soften skin texture and appearance, as well as act as a natural face-lift, removing fine lines, freckles and blemishes. Includes a 15-minute head, neck and back massage with acupressure, as well as a spa

#### Ask us about our Botox party October 24.

9484 Black Mountain Road, Suite D 1-888-595-3340

Mon.-Sun. • Tuesday by appointment Open 7 days a week Visa/MC accepted Now open in North Park 3942<sup>1</sup>/<sub>2</sub> Illinois Street

1-888-595-3327

Tues.-Sun. • Monday by appointment \*Must present this ad for special pricing.

www.aboutudayspa.com



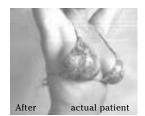
day spa and salon



the following procedures, plus free consultation! Mention this ad. New patients only. Expires 10/30/08.

- Liposculpture
- Breast Augmentation
- Tummy Tuck
- Rhinoplasty (nose reshaping)
- Breast Lift









At last, a Plastic Surgeon you can really talk with. Your doctor's most important skill is his ability to listen.

#### Robert B. Pollack, M.D., FACS Plastic & Cosmetic Surgeon

- Certified, American Board of Plastic Surgery
- American Society of Plastic Surgeons
- American Society of Aesthetic Plastic Surgery
- Fellow of the American College of Surgeons

6719 Alvarado Rd. #304 San Diego 1-888-614-5381

See before and after pictures at: www.drpollack.com









Glose spaces, correct crowding and brighten your smile with Empress Veneers!

Porcelain Empress Veneers
\$895 per tooth (Reg. \$1100 per tooth)

"Turning back the hands of time through the hands of dentistry"

### Featuring Sleep/Sedation Dentistry

Sleep through your procedure!

Whiten your teeth up to 8 shades lighter in one hour!

Free Custom
Bleaching Trays
with zame? treatment



(As seen on ABC's Extreme Makeover)

\$249 Elsewhere \$600

# Exam and Cleaning

n the Absence of Gum Disease

# Down 0% Interest

For 18
Months OAC.
No Insurance

FREE Cosmetic/Implant Consultation
FREE Orthodontic/Invisalign Consultation

FREE 2nd Opinion Consultation

We cater to chickens!



Sleep through your procedure

www.softtouchdental.com

#### www.softtouchdental.com

Family and Cosmetic
Dentistry and Orthodontics

3735 Clairemont Mesa Blvd.

Toll-Free: 888-296-6092
www.softtouchdental.com
Take a virtual tour of our office online!



Dr. Fakhimi, DMD

MEMBER ADA, SDCDS

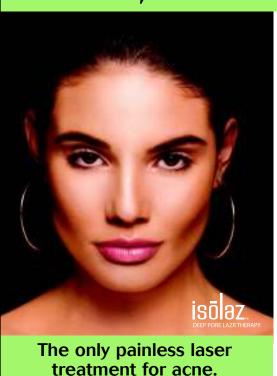
LAS VEGAS INSTITUTE

for

ADVANCED DENTAL STUDIES

- Most Insurance Accepted
- **■** Financing Available
- Military Discounts
- Discover, MasterCard, Visa,

## Clear, Acne-Free Skin



Isōlaz™ has been

featured in

these publications:

Transform your complexion by clearing acne, removing blackheads, dead cells and other debris for radiant. clear skin.

Isōlaz™ therapy uses a proprietary combination of vacuum and laser that helps loosen and extract dirt. blackheads and excess oil while helping destroy the acne-causing bacteria found deep in your pores.

www.isolaz.com

all acne treatment packages (\$500 or greater)

Now thru 10/31/08. Call now to schedule your FREE consultation.



AERIA CHANG, M.D.

9040 Friars Road, Suite 500 San Diego, CA 92108 1-888-246-0766

was with his drugs, mine with my graduate studies (I had enrolled at UCSD after encouragement from the psychologist I was seeing), my husband's with one or the other beach community hospital — or mistress. On top of everything, he had taken up surfing, while a hired pool cleaner continued to clean our pool, which no one used anymore. The admiring comments of friends and visitors about how beautiful this place was had only elicited a sense of guilt in me. If this was so idyllic, why was everyone so dissatisfied?

Early in our marriage, we had lived in a gently rundown brownstone house in the heart of Philadelphia near Jefferson Medical University. Walking was the most efficient method of getting about. The park near our house was full of university students, business people

**HEALTH AND BEAUTY** 

#### **Lose pounds & inches** FAST! FAST! FAST!



#### **Rodex Forte**

Vital link for energy and metabolism! Call for details!

Our doctors and nurses have changed thousands of lives for the better, which is why our program has been #1 in San Diego. We can help you take off those extra pounds and keep them off. Make that call now, and you will be on your way to a slimmer, trimmer you. We'll show you how.

Consultation plus

\$50 Off **Initial Fee** 

**Bring a Friend!** Get 2 Free Weeks

for Both of You!

With this ad. Hurry! Good through 10-22-08.

#### A DOCTOR'S WEIGHT LOSS CLINIC

Clairemont (858) 279-7060 • East County (619) 440-8171 Carlsbad (760) 721-7088 • Chula Vista (619) 476-0060 Murrieta (951) 894-7737 • Moreno Valley (951) 784-5336

\*Individual weight loss may vary. 4weightclinics.com

# World-Class Surgeon in Baja California

**Silicone Breast Augmentation** 









Silicone, FDA approved \$3800

1 area for **Botox**® (Crow's feet, frown, \$150 or forehead) The "New" 45-min. \$1500 **Eyelid Surgery** (outpatient) \$2500 30-min. **Brow-Lift** Artefill® \$600 **Permanent** per cc Lip Enhancement Spider Vein \$150 **Injections** per area

**Body Makeover** 

**Breast Augmentation & Tummy Tuck \$7500** Mini Lift or Life Lift (cheek and neck) \$4500 Lipo Special (3 areas, all techniques) \$3000



#### Why choose Dr. Manuel Romero?

Dr. Romero, Mexico Board-Certified Plastic & Reconstructive Surgeon has over 12 years of experience working with patients from the United States. Dr. Romero has a passion for cosmetic surgery. With his one-on-one personal approach with his patients, he has proven to be a world-class surgeon.

If you are considering any type of plastic or reconstructive surgery, please call the office of Dr. Romero for a Free Consultation. Paseo Tijuana, Lloyd Building 888-486-9148 www.estheticos.com



# \$1,000 off **Smartlipo<sup>SM</sup>**

Laser Body Sculpting<sup>SM</sup>

Buy 2 areas and save! Call about our packages.

### Take off what dieting won't. In less than one hour!

Eliminate areas of unwanted fat and tone your entire body with Smartlipo laser-assisted lipolysis.

Safe • Quick • Cost-effective FDA-approved Free Consultation

#### **Ross Cosmetic** Medical Group

Brandon M. Ross M.D., M.B.A., M.P.H. 4150 Regents Park Row Suite 245, La Jolla 858-546-0060 on their lunch breaks, and young mothers pushing baby carriages. There were bookstores and coffee shops, and, contrary to what people say about city folks, my neighbors were friendly. I guess I am essentially an urban spirit. I love the excitement of city life. I had been declared an insomniac by my husband, yet in Paris, where we stayed in a hotel in one of the noisiest parts of the city near the Champs-Élysées, I would open the window and go to sleep to the lullaby of roaring traffic that never lets up.

On my birthday in 1980, we moved to the beach; our neighbors on Sunset Cliffs Boulevard were a cross section of all kinds of people: old people who had lived there for forty-five years, young singles, people with children, career women. The day we settled in there, I already felt better. The streets were full of joggers, cyclists, and, yes, tourists going for a stroll. You could actually walk to the post office or to the neighborhood store to buy a carton of milk. That first summer, I talked to more strangers on the cliffs across from our house, many of whom were foreigners visiting California, than I had all those years in La Mesa.

Is this a happy ending? Yes and no. Andy enrolled as a student at SDSU upon graduating from Point Loma High School and made a clean break with drugs when he joined the University cycling team. He is also a very talented artist, living near the campus. Unfortunately, I could not save my marriage. I am since then remarried — happily, I should say. Andy is learning to become friends with his father, although I wish it weren't at my expense. The consequent silence between us is possibly two-sided; what I've experienced as an unnatural rift between us is most likely a period of renewal for him. When the time is right, he will know where to find me, I am sure of it.

Before I left for Monterey last spring, I took a drive out to the old neighborhood. The hillsides, which later on in the summer burn to a terra cotta brown, were still green. The eucalyptus trees gave off a pristine yet intoxicating fragrance; the avocado trees were in their prime,

covering the ground in front of the circular driveway like green cupolas. The acacias lining the left side up to the pool level were in full bloom, the magnolias on the uppermost terrace serving as a natural fence on the north

side were in bloom, as were the almond and plum trees. I did not recognize the family name on the mailbox; the people who bought the house from us must have sold it since then. Many of the families who lived there when we did have been split by divorce and another set of families has moved in. Nothing much had changed, really, except that the street that I remember teeming with children was deserted. But it could be that school

had not let out yet. As I sat in my car on the street at the bottom of my former driveway, wondering if someone would come by whom I'd recognize, I experienced the taste of salty tears in the back of my throat. It passed quickly,

and no one came by. Yes, the place was beautiful, but my husband and I have already decided that we will live in Hillcrest or Kensington when we return to San Diego this

— Susanne Kimball

#### HEALTH AND BEAUTY



#### Voted Best Medi-Spa 2007 CitySearch

# \$100 Off 1-Hour Teeth Whitening

Revive Yourself!

Faster and brighter than Zoom and BriteSmile with less sensitivity. Performed by a dentist in a relaxing spa setting. Regularly \$299.





#### Botox \$175 per area\*

All three areas \$450

Frown Lines, Forehead Wrinkles & Crow's Feet.

Before







(\*Max 20 units one area, 50 units three areas. Additional units \$8 each.)

#### Juvederm \$379/syringe

Receive an additional \$50 off with two or more syringes. Smooth and natural results that last longer than Restylane, up to one year!





#### 50% Off Laser Hair Removal

Lip or Chin \$50 • Bikini Line \$85 • Brazilian \$140 Underarms \$75 • Lower Arms \$110 • Full Arms \$165 Full Back \$275 • Lower Legs \$165 • Full Legs \$330

(Discounted Single Treatment Prices)

No package purchase necessary! Pay as you go or buy five and get one free. Effective and safe on all skin types.

Med Spa • Teeth Whitening • Skin Care • Massage Waxing • Hair Studio • Cosmetic Bar • Nail Lounge

re:vive salon & spa

1425 Frazee Road, Mission Valley 866.537.0691 • www.revivesalonandspa.com

Owned and operated by: Vishal Verma, M.D. and Vinita Parekh, D.D.S.

Some restrictions apply. Not valid with any other offers. Call to schedule a complimentary consultation.



#### **LETTERS**

continued from page 12

place was like before the pace of living in San Diego County became hysterically out of control!

Kudos to Jeff Smith. Please keep doing your research and writing. And, yes, I am a California native and moved to North County in 1955.

Jens Morrison San Marcos

### **Comments from Reader**

Comments are not edited for spelling, punctuation, or grammar.

#### Pop Music, by Jay Allen Sanford **Published September 17**

Posted by jrminsanfran on September 17, 5:19 p.m. Hev Josh,

If Kenny Loggins said to you, "Young man, don't you ever stop playing, you've got something special," all I can say is wow.

I hope to hear you one day soon performing at Lestat's.

#### Diary of a Diva **Published September 17**

Posted by alansez on September 17, 5:19 p.m.

Great story. I've always liked the poodle character but the hairstyle was off the wall. With all the poodle owners I know I can't believe it took this long to learn the logical reasons for

the cartoon look. The remaining question: these dogs are not used for hunting anymore—why keep the ridiculous 'do'? (I think they look great in their natural coat.)

#### City Lights, by Don **Bauder**

#### **Published September 17**

Posted by Anon92107 on September 17, 12:24 p.m.

The conclusion, as of last night that is, is that in the last eight years the republicans have brought communism to America while the democrats watched and did nothing to stop it.

However, make no mistake about it, the greediest and most corrupt Americans who brought about all of these astounding failures we are experiencing seemingly on a daily basis include both republicans and democrats, so the biggest problem we have to solve is how to restore American Democracy.

We most desperately need a true leader in Washington once again who possesses ethics, integrity, and the ability to build consensus to achieve a vi-

#### **HEALTH AND BEAUT**

# Tooth Replacement Immediately!

#### Free consultation for implants

With immediate-function dental implants, patients receive **immediate results never before available** with other implants. The only implant approved by the FDA for immediate load. No waiting period. Tooth placed on the implant the same visit and you can eat immediately.

**Delayed Load Implant as low as \$700** (excludes crown) Immediate Load Implant \$1900 (excludes crown)

With this ad. Expires 10/2/08.

Complete dental care: Exams/Cleanings • Root canals in one visit \$250 anterior tooth

- Have an attractive smile with Lumineers
- Non-invasive sinus floor lift & bone grafting

Dr. S.T. Sawa • 407 W. Madison Avenue, El Cajon • 619-401-0444

For more detailed information visit us at:

 $www.immediate to oth replacement.com \bullet www.instant dental care.com \bullet www.sargon dental implants.com$ 

# Hair Transplant

One of Hollywood's Top Surgeons Now in San Diego



magine hair restoration results so impeccably natural no one may ever guess you had surgery

Patient results come first at New Look MD. Permanent, painless and affordable results. One session results, using the latest technique.

Instead of minimum coverage where you must come back again and again, we deliver maximum density. medically safe, for a full, completely natural look.

#### **Natural** Looking **Results**

# < New 888-290-6526

La Jolla/Scripps Hospital 9834 Genesee Ave., Suite 428 La Jolla, CA 92037

Oceanside Oceanside, CA 92054

2103 El Camino Real, Suite 101 www.NewLookMD.com

### **1750** Hairs **Transplanted** \$1999 Reg. \$2800

- More Hair For Your Money
- Natural Results
- Fast Recovery
- Compare Our Results
- Offer Ends 10/8/08.

First-time patient offer. 1750 hairs ouivalent to 1750 follicles or 700 (21/2 naturally occurring) follicular units



sion to do the right things for Americans and end the tyranny over all of our institutions by the greedy and corrupt.

Posted by stupidflanders19 on September 17, 2:13 p.m.

I think this was W's fault because rather then pay attention to global banking problems he was too busy creating tsunamis in South Asia errr...flooding New Orleans with global warming errr...lighting fires in Southern California. If only he spent more time in the oval office with interns maybe none of these messes would have happened.

Posted by tirlem on September 17, 2:27 p.m.

Sounds to me like this entire housing financing gig the banking and mortgage industries came up with was essentially one big Ponzi scheme.

Posted by Johnny Vegas on September 17, 3:16 p.m.

"Sounds to me like this entire housing financing gig the banking and mortgage industries came up with was essentially one big Ponzi scheme."

This was well known 4 years ago. Me, my friends, my real estate buddies, we all know it was a bubble.

Builders were selling 85-90% of their new housing with sub prime mortgages 04-06. Only 10-15% would have qualified with normal 20-30% down financing.

So this is not a case of did the major players know-they certainly did, they went ahead and did the bad deals because of little/no regulation and greed. That simple.

If I read the market correct, then many others also did.

BTW-I loved the article Don, really hits home.

Posted by jcsuperstar on September 17, 4:21 p.m.

Nicely presented article on something many of us understood and also something that you, Don, had warned about a number of times in the past.

As for the politics some like to front on this, it runs across the aisle. It is not exclusive to a party but is in the very essence of our current political system. Politics is the a mix of the dog and pony show misdirection and the legal aparatus of criminal-level wealth redistribution. I know such

talk has traditionally been dismissed as "commie" talk, as if speaking against Corporate culture is an affront to flag waving American free enterprise. That's why we continue to struggle with where we set the line for monopolies.

Anyway, you have the money running politics.
We all know it and some are better tuned into the depth that money control is than others. You also have

the finance sector greed. It

www.veinlipocenter.com · Financing Available

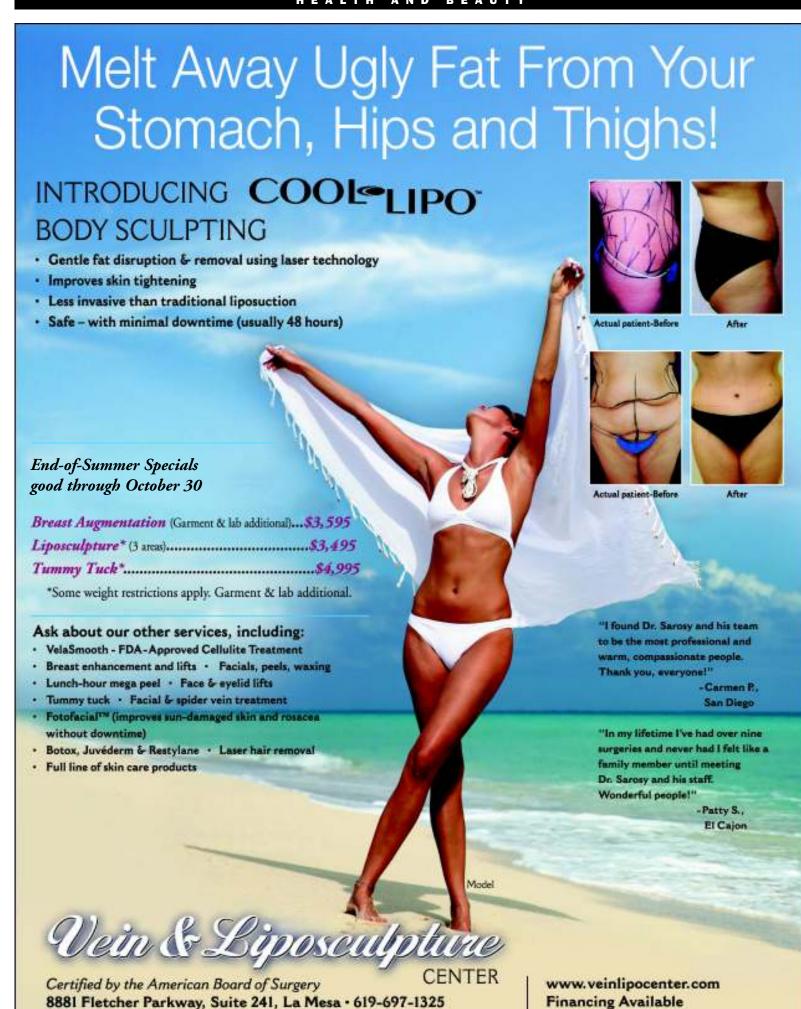
is aligned with corporate greed and corruption but does differ with it too on monumental scales. At the micro level, nearly every entity in the sector is a predator looking for a scheme or angle to skim more for him-

self. There are plenty who do nothing more than economically unproductive repackaging of securities, arbitrage trading, currency trading, etc. The veneer of the industry is a enormous collage of obfuscation. It is

the natural gradient money takes. Go as far as you can in your self interest without getting into personal trouble. The metric for success in the industry is that in a nutshell.

The problem? The re-

#### HEALTH AND BEAUTY



San Diego Reader September 25, 2008

# Health Beauty Guide

Free 24-hour hotline for frequently asked questions: 619-233-9797

Call anytime and enter a four-digit extension, or visit our website: SDReader.com/health

#### **Extension 7070 Botox**

- 1 What is Botox?
- 2 Botox & wrinkles
- **3** Effects of Botox 4 How much does it cost?



3166 Midway Dr., Suite 105, Point Loma 619-758-9875 venusmedical.com

#### Extension 7040 **Breast Surgery**/ Augmentation

- 1 Breast augmentation
- 2 What type is right for you? 3 Breast lift
- 4 Breast reduction
- 5 Male breast surgery



Kian J. Samimi, MD 711 Fourth Ave. #200 Downtown 7300 Girard Ave. #101 La Iolla

#### Extension 7100 Cosmetic Dentistry

- 1 About our office 2 Implants, dentures & partials
- **3** Invisalign, the clear straightener
- **4** Veneers & teeth whitening
- 5 Crowns, bridges & surgeries



Extreme Smile Makeover 5927 Balboa Avenue Clairemont 858-751-5733

#### Extension 7000 Face-lift

- 1 About our office
- 2 Procedure
- 5 Benefits



Mario S. Yco, MD, FACS 477 N. El Camino Real, Suite A-210, Encinitas 760-944-4211 facesurgery.com

#### Extension 7080 Laser Eve Surgery

- 1 About LASIK 2 Who is a candidate?
- 3 Your eve exam
- 4 Surgery **5** After surgery



Farzad Yaghouti, MD Global Laser Vision 6950 Friars Rd., Suite 100 Mission Valley 800-438-5274 globallaservision.com

The professionals who provide this information are solely responsible for its content. This information does not address all medical situations, nor is it intended to replace a medical consultation. It is provided free, but if calling from outlying areas, you may incur toll charges on

### HEALTH AND BEAUTY

packaging of securities and, as put int he article, gambles

on gambles (or something

like that), somewhere in the

rushed tangling of this web,

the sharks involbed got their

necks and limbs caught in

the tangles and getting cut

to pieces as it tightens up.

But the problem continues

in that the economy is

bound to them AND they

have redistributed the load

onto the lesser involved

chumps: mom and pop and

the littler and "less sophis-

ticated" institutions.

This will meet the defin-

ing conditions of an epi-

demic, absolutely no doubt about it. You cannot put

out a skyscraper fire with a

garden hose. (Enough meta-

phors?) You, me, most peo-

ple we know, the corner

stores that still exist and oth-

ers will all be pinched hard

in the end. What will suffer

ultimately is your and my

personal standards of liv-

ing. The guys in control

know it and are looking out

for themselves to make sure

they have their soft land-





#### Extension 7030 **Laser Hair** Removal

- 1 What is it?
- 2 How does it work?
- 3 How is it performed?
- 4 What does it feel like?



Farzad Yaghouti, MD Global Laser Cosmetics 6950 Friars Rd., Suite 100 Mission Valley 866-237-8566 globallasercosmetics.com

#### Extension 7160 **Tanning**

888-261-1658

revivamed.com

- **1** About us 2 Benefits of tanning
- 3 UV-free instant tan
- **4** Vertical booths v. beds
- 5 Hollywood Tans membership



Hollywood Tans 7 locations in San Diego & N. County. Call toll-free for the one nearest you. 877-TANS 1-2-3 hollywoodtans.com

#### Extension 7050 Weight Loss

- 1 What should I eat? 2 How much can I lose?
- 3 Body Mass Index (BMI)



Medical Group 619-222-5433 vivawellness.com

- 4 Is the Atkins Diet safe?
- 5 Exercise: How much?



3166 Midway Drive, Suite 105, Point Loma

#### Acupuncture, Cosmetic Fillers, Hormone Therapy, Permanent Makeup and Eyelid Surgery. Call 619.235.3000 to speak with a sales representative.

Other categories available

for sponsorship include:

your telephone bill.

### Fall Botox® Event: \$50 off!

Call now for your 10-min. private appointment • Wed., October 1, 3-7 pm

drinks & gift bags. Not to be used in conjunction with other offers. Some restrictions apply



P. Alexander Ataii, M.D. **Medical Director** 

LASER CLINIQUE Aesthetic Surgical, Medical and Dental Spa administered by a physician in our state-of-the-art facility. Bring a friend and both receive an additional 10% off.\* All our services are offered to men and women and

**BOTOX**\* **\$9 per unit** (reg. \$11) Wrinkle reduction. New clients only. Offered daily. No dilution!

JUVÉDERM™ ULTRA \$399/syringe New clients only. Offered daily.

ACNE THERAPY starting at \$99

### **LASER HAIR REMOVAL** Bikini \$99 • Brazilian \$155 • Back \$300

Purchase any two areas and get one area of equal or lesser value free.

#### ACTIVEFX<sup>™</sup> \$500 OFF

Only FDA-approved device to increase collagen! Fractional skin tightening and non-surgical face-lift. FXLift\* modified face-lift under local with ActiveFX. Call for details.

### INVISALIGN® \$1250 OFF Invisible braces.

SMARTLIPO\* \$400 OFF any area Laser-assisted liposuction. Dissolves fat, tightens skin, minimally invasive, less discomfort, with faster healing

**PAIN-FREE LIP AUGMENTATION** \$449 Dental block and anesthesia included.

MESO-SLIM<sup>™</sup> \$359/area Patented fat and cellulite reduction.

#### **VITALIZE PEEL \$125**

For a more even skin tone and texture.

4765 Carmel Mountain Road, Suite 207 San Diego, CA 92130 (Torrey Hills Center) (Conveniently located off the 5 or 56 freeways)

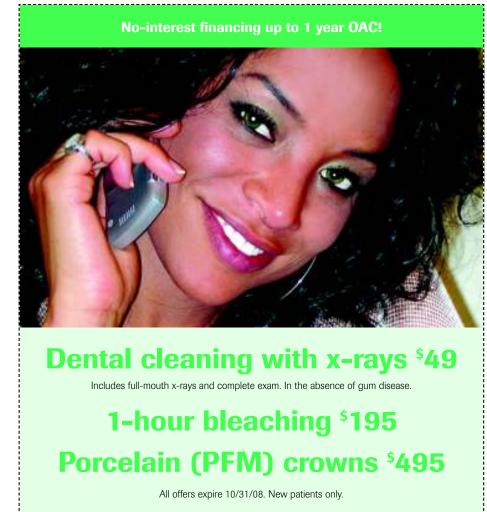
#### 888.557.3630

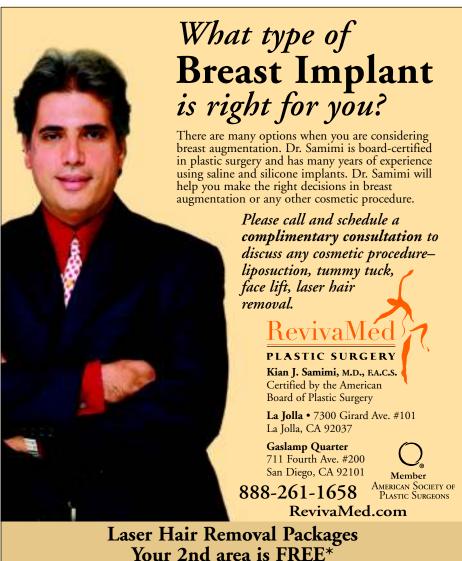
No-interest payment plans available. CareCredit® available \*Does not apply to Botox or Juvéderm, discount received at pletion of both services. Open Mon-Sat. Offers expire 10/8/



Log on to www.Laser-Clinique.com to see your procedure in 3D!







# Trust your body & face rejuvenation to a caring,

Christopher J. Kempston, D.D.S.

Call now: 888-627-3709

1324 Garnet Avenue (7 blocks from the pier) • Pacific Beach

Board-Certified Plastic Surgeon

#### Specializing in

- Breast Augmentation
- Breast-Lift
- Tummy Tuck
- Face-Lift/Neck-Lift
- Liposuction
- Eye Rejuvenation
- Endoscopic Brow-Lift
- Botox® Cosmetic
- Restylane®/Juvéderm®
- ArteFill®
- Perlane®



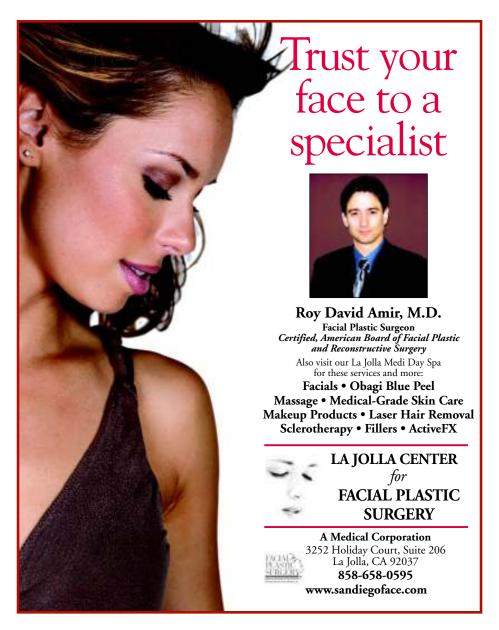
#### DIANA BREISTER GHOSH, M.D.

Certified, American Board of Plastic Surgery



6386 Alvarado Court Suite 340 San Diego **619-286-6446** Financing Available





ings with their golden parachutes. Get informed and look out for you and yours.

(Apologize, in advance to my typos which I know I always make.)

Posted by Anon92107 on September 18, 2:21 a.m.

The question is "Who" is going to be the True Leader that we must have ASAP?

Obviously McCain can't even pick competent campaign advisors, his economic adviser Carly Fiorina was fired as the worst COB/CEO in HP history and her mouth is still running amuck like a Palin think alike perpetuating the Bush administration's mindless mentality.

Obama appears to be much more knowledgeable, and he was brought up in the real world of hard knocks for sure, but he has yet to demonstrate True Leadership accomplishments. But this is nothing new in a congress that has had absolutely no true leaders at all for over eight years or we wouldn't be in the trouble we are in today.

We can only assume that

Obama has a much better understanding of derivative corruption and greed than McCain.

Damn, "1,000,000,000, 000,000" sure is an astoundingly huge number of zeroes. We've come a long way since Ev Dirksen's era of corruption and greed quantified merely by "A billion here, a billion there, and pretty soon you're talking real money".

#### HEALTH AND BEAUTY

### **Free IPL Treatment**

- Voted Best Spa for Fillers!
  Botox Juvéderm Restylane Perlane
- Botox \$9/unit\*
- IPL Starting at \$149\*
- Laser Hair Removal Brazilian & Underarm \$189 for both

See Dr. Weiss on the Wellness Hour! Check website for TV listings.

4130 La Jolla Village Dr. #105 La Jolla 1.888.371.4638 • www.spa858.com

\*New patients only. \*\*Restrictions apply. Call for details.



Your illness may be the gift that frees you from something nagging you a long, long time.

Free your mind.

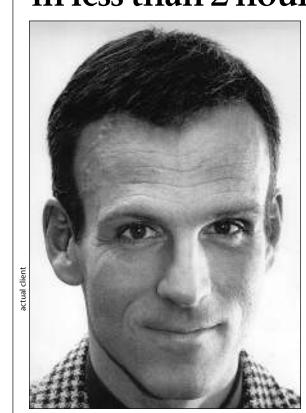
No drugs involved.

Call us to find out how.

Altered States Research Group

877-544-2774 AlteredStatesResearch.com

Look sexy and feel confident with a full head of real hair in less than 2 hours.



# 100% satisfaction or your money back!

If you are currently a client of another company, come and see why UHD was voted #1 salon in California. Your first service will be on us. That's right, FREE! We want to earn your business! Happy new year!

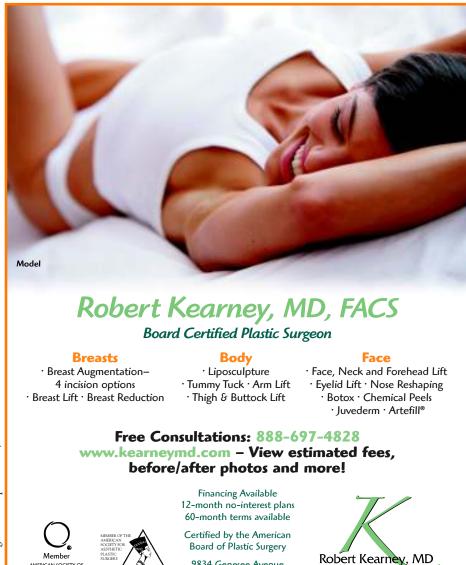
Come see our high-class center and find out why so many customers have made the change to Ultimate Hair!

100% \$\$\$-back guarantee! We want to earn your business. NOT receiving 100% from your current provider? Make the change today!

Ultimate Hair Dynamics of San Diego

2221 Camino del Rio South, Suite 108 • 888-446-2417 Complete financing available • ultimatehairdynamics.com





9834 Genesee Avenue Suite 129, La Jolla

# Ivy and Concrete

Surf City Squash Tournament

quash is associated with Ivy League schools and expensive athletic clubs," says Renato Paiva, executive director of Surf City Squash. "But that image is changing. Right now there are 55 colleges in the country [with squash teams]. In five years, with the urban squash movement, there will be more kids playing squash than college squash players.'

The movement to which Paiva refers began 13 years ago when former professional squash player Greg Zaff created

#### LOCAL **EVENTS**

SquashBusters, a nonprofit "youthenrichment program" for underprivileged kids. Like its predecessors,

Surf City Squash is based on a three-tier system: academics, community service, and

The ball used in squash is smaller than a racquetball and does not bounce. "In racquetball the ball comes to you. In squash, you've got to chase it," explains Paiva, who was once a squash champion in Brazil.

On Saturday, September 27, and Sunday, September 28, Surf City Squash will host its first team tournament. "We'll have 16 teams of five players each," says Paiva. "The number-one player on each team is a professional player, and the number-five is a Surf City Squash kid. The three players in the middle are all adult club members [of San Diego Squash].3

According to Paiva, enlisting the support of club members was difficult at first. 'It's around \$110 a month for membership,

just for squash. Imagine if you are a member of a squash club, and you start to see poor kids playing there — all the glamour of the sport, it's not there anymore. They didn't want to share the courts, didn't think the kids were good enough. They still don't allow them to play on open-court times. [Members] liked to be politically correct and donate some money, but 'Don't let me see them,' you know? Now it's different. Now we have a majority of members who are donors; a lot of members are volunteers. They support every single event we do."

Students are recruited from Preuss School at University of California San Diego, a college-preparatory charter school. "The good thing about that school," says Paiva, "is that all of the students are part of a free- or reduced-cost lunch program, which proves they're underprivileged, and the other criteria to be at that school is that none of their parents could have gone to a four-year college.

Paiva says the choice of squash over other sports is crucial to furthering his students' education. "If I did this program with soccer, those kids would have to be a superstar to get into college [on a soccer scholarship]. But as a squash recruit, your chances are so much better." Prior to joining Surf City Squash, Paiva recruited squash players for Harvard.

Last year, 9 of the 60 students who tried out were accepted for the squash program. "There was this one girl who couldn't hit the ball, and her grades were just okay," says Paiva. "This girl was into fighting her peers at school; her behavior



with teachers was horrible. Her average grade was a C. For some reason she enjoyed the sport, and now she's our team captain and earning a 4.0 [GPA].

"I come from City Heights," says Reyna Pacheco, the 14-year-old student to whom Paiva refers. "In the apartment I live in, there was nowhere you could sit down if you came to my house. I never had a hundred-dollar racquet or shoes to go in the court.'

Pacheco's stepfather works in construction, and her mother stays at home to care for her brothers and sister. "As long as I have somewhere to live, something to eat, it's enough for me," she says. "But squash is giving me more than that. I've gone to Boston and Philadelphia for nationals and summer camp. Before, I never thought I would step on an airplane. For me, it was like a dream come true.'

Pacheco's friends at school call her a "squash freak," but, she says, "They respect me." The biggest change in Pacheco's life

since she began playing squash has been her outlook on time. "Before, I had all this time to go and watch TV and do nothing with my life, but now I spend all my time doing homework or playing squash. I make every minute in my life really worth it."

Of the community service she must do as part of the program, Pacheco most enjoys feeding the homeless. "We went downtown, and my job was to put food on the plates. I'm really short, but I felt ten feet tall that day.'

**Surf City Squash Tournament** Saturday, September 27 8:30 a.m. to 8:30 p.m. Sunday, September 28 8:30 a.m. to 2 p.m. San Diego Squash 9370 Waples Street, Suite 101 **Sorrento Valley** Cost: Free, with request for donation Info: 858-586-1294 or surfcitysquash.org

To get an online version of this story, go to sdreader.com. You can print it, email it to friends, and get other stories on the same subject or stories by this author.



### FRED ASTAIRE DANCE STUDIOS.

Latin • Ballroom Swing • Salsa • Weddings

# Let's Dance

Tony Dovolani from

"Dancing With The Stars"

858-499-0180 8303 Clairemont Mesa Blvd. fredastairesd.com

#### Learn Social & Ballroom Dancing

Private & group classes
 Wedding programs

#### **Enjoy the Benefits of Dancing**

- Exercise in a friendly environment
- Enjoy social interaction & relieve stress

#### **Succeed With Our Unique** System of Teaching

- Developed by Fred Astaire himself
- Taught by our certified instructors

FRED ASTAIRE

**760-757-1700 (Now Open!)** 845 S. Coast Hwy • Oceanside fredastaireoceanside.com

# Great Escapes

619-235-8200 TO PLACE AN AD



#### Cupid's Castle B&B

Fairytale castle near Harrah's Casino. 4 chambers with Jacuzzis, balconies, TVs, bathrobes, chocolates, pool table, breakfast, snacks. Voted most romantic getaway. Near wineries. Wedding facility. 760-742-3306. www.cupidscastlebandb.com.



#### **Big Bear Cool Cabins**

Cabin or luxury home on or near the lake. Fireplace, BBQ, TV, kitchen, hot tub and more. Professional housekeeping, towels, and linens are included. Pet-friendly available. Check rates and book online. www.bigbearcoolcabins.com or 800-550-8779.



#### Mountain Getaway, In-Room Jacuzzis. 619-766-4288 www.LiveOakSprings.com

Sunday-Friday, \$129 includes breakfast. Sweetheart
Package Sunday-Friday includes: breakfast for 2, dinner
for 2, therapeutic massage, \$209. Fine dining & cocktails.
Lodge. La Posta Casino – free money! Room giveaway! 2-story,
fireplace, A-frame cabins, air, HBO, microwave, refrigerator.
Certain restrictions apply. Live Oak Springs Resort: Go to
37820 Old Highway 80 (60 minutes east of downtown San Diego,
2 miles south of I-8). Give her the gift of love; she deserves it!

#### **Reduce Your Stress!**

For a relaxing getaway, we have cabins from \$74 plus tax! Southern California's 2nd best kept secret – 6200' in the sky! 11 individual log cabins, fireplaces, kitchens. Reservations: Edelweiss Lodge, 951-659-2787, www.1cabin4u.com.



#### Rosarito Beach Hotel Mexico's Legendary Resort From \$69 A Night

With the August 2 Grand Opening of our 271-suite, 17-story Pacifico Tower, the Rosarito Beach Hotel became Baja's largest and most historic resort. Weekday room rates start at \$69. For reservation, call toll free 1-800-343-8582. RosaritoBeachHotel.com. Valid Sun.-Thurs., through 12/18/08.



#### \$12/Person Catalina Getaway

Roundtrip cruise for 2, +1 night hotel, +2 island bus or boat tours for couples who qualify and attend a 2-hour tour and timeshare presentation near home. No obligation. Call 7 days. Bonus \$40 gas card for 1st 40! 760-758-3839 x51.

### Calendar Local events

**HOW TO SEND US YOUR** LISTING: Contributions must be received by 5 p.m. Friday the week prior to publication for consideration. Do not phone. Send a complete description of the event, including the date, time, cost, the precise address where it is to be held (including neighborhood), a contact phone number, and a phone number (including area code) for public information to READER EVENTS, Box 85803, San Diego CA 92186-5803. Or fax to 619-881-2401. You may also submit information online at SDReader.com by clicking on the events section.

#### DANCE

**"Egyptian Nights"** Belly-dance show featuring Zorba's Ensemble, Lucia, Sabrina, and Frank L. Live Arabic music, buffet, open dancing. 619-405-2308. Friday, September 26, 9 p.m.; \$25. Ages 10 and up. Zorba's Family Restaurant, 100 Broadway. (CHULA VISTA)

**Belly-Dance Show** Belly dancers Tarciana and Sabrina Fox perform to live Mideast fusion music by Middle-Earth Ensemble. 858-488-4200. Sunday, September 28, 8 p.m.; \$10. The Turquoise, Café-Bar Europa, 873 Turquoise Street. (PACIFIC BEACH)

Contradance the Night Away! Steve Barlow calls, the Old Twine String Band makes music for

#### **OUT & ABOUT**

#### RIDE ON!

Trolley Dances by Jean Isaacs San Diego Dance Theater, Hazard Center trolley station, September 27 and 28, October 4 and 5.

(SEE DANCE)



PHOTOGRAPH BY MANUEL ROTENBERG

dance hosted by San Diego Folk Heritage at 8 p.m. Beginners' dance workshop: 7:30 p.m. Bring food/beverages to share during (optional) potluck supper, 6:30 p.m. Wear soft-soled shoes. 619-283-8550. Saturday, September 27, 6:30 p.m.; \$7. Trinity United Methodist Church, 3030 Thorn Street (NORTH PARK)

English Country Dancing Ellen Riley calls for English country dancing. Beginners' instruction at 6 p.m. 858-676-9731. Sunday, September 28, 6 p.m.; \$6. Jean Hart Academy of Dance, 12227 Poway Road. (POWAY)

**Learn to Belly Dance** Leilainia leads "Belly-Dance Basics: Fun with Belly Dance" (7-8 p.m.), followed by lessons in using zills and combos (8-9 p.m.). \$60 for sixweek workshop, \$120 for both levels. Registration: 619-435-9119. Tuesdays, 7 p.m.; through Tuesday, October 14, \$60-\$120. Bam-

boo Yoga and Bodywork Center, 1127 Loma Avenue. (CORONADO)

**Learn to Salsa** Six-week session imparts basics of salsa dance technique. No previous experience or partner required. Registration: 619-299-6387. Tuesdays, 7:30 p.m.; through Tuesday, October 28, \$75. Ages 10 and up. Metro Dance, 5304 Metro Street, Suite B. (LINDA VISTA)

**Postmodern Roma?** Kal, a Roma (a.k.a. Gypsy) band from Serbia, performs for dancing. Sani Rifati teaches some *Rom* dances (7-7:30 p.m.), followed by dancing to live music (7:30-9:30 p.m.). Donation. 619-281-5656. Tuesday, September 30, 7 p.m.; \$5. Balboa Park Club, 2150 Pan American Road West. (BALBOA PARK)

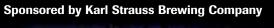
Ride On! "Trolley Dances 2008" presented by Jean Isaacs San Diego Dance Theater and Metropolitan Transit System. Annual site-specific dance project kicks off at Hazard Center, offering trolley tour on

green line with "scenic views and provocative performances alongside the San Diego River." After switch to blue line in Old Town, performances continue downtown to Santa Fe Depot. New works by Isaacs, with additional choreography by Terry Wilson, Monica Bill Barnes, Anthony Rodriguez, Katie Stevinson-Nollet. Tours are two hours long. Reservations: 619-225-1803. Saturday, September 27, 10 a.m.; Sunday, September 28, 10 a.m.; \$10-\$30. Hazard Center trolley station, Hazard Center Drive at Frazee Road. (MISSION VALLEY)

**So You Think You Can Dance Live Tour** See your "favorite stars perform live on stage," with "hit routines from the TV show as well as original pieces created just for the tour." 619-224-4171. Sunday, September 28, 7:30 p.m.; \$35–\$54. San Diego Sports Arena, 3500 Sports Arena Boulevard. (POINT LOMA)

**Social Dance Party** DJ plays swing, Latin, ballroom, and night-club for singles and couples of all ages. Cha-cha lesson: 8 p.m. Open dancing: 8-10:30 p.m. First time free. 619-275-3533. Saturday, September 27, 8 p.m.; Pattie Wells' Dancetime Center, 1255 West Morena Boulevard. (BAY PARK)

The Tame Two-Step The polka and its "tamer cousin" the two-step have been around for over 160 and 130 years, respectively. Learn both when Waltz & Such convenes dance class in Casa del Prado room 207 (beginners: 7:15 p.m., intermediates: 8 p.m.). Open request dancing follows until 9:45 p.m. All ages. Partners not required. Donation. 619-583-9956. Friday, September 26, 7:15 p.m.; \$1. Casa del Prado, El Prado. (BALBOA PARK)





# Marston Point near 6th & Juniper in Balboa Park

Sunday, Wednesday & Thursday 7-11 pm Friday & Saturday 7 pm-midnight

Closed Monday & Tuesday except Oct. 27 & 28

For info: 619-696-SCARE www.hauntedtrail.net

# \$125\* Tandem

**Pacific Coast Skydiving** 



- \* Scenic flights over the ocean and downtown San Diego
  - \* Jump from altitudes over 2 miles above the ground
  - \* Ask about RVT video technology

Call or go online for reservations.

# (619) 661-0194 www.pcskydiving.com

Open 7 days a week • MC/Visa Gift certificates available.

\*Must purchase \$70 video (\$195 total cost). Weekdays only. Add \$20 for weekend jumps.



One lucky player will win \$20,000 in gas EVERY DAY, now through September 27.

And at our **Grand Finale on Sunday, September 28,** we'll give away \$20,000 in gas to at least ONE WINNER EVERY HOUR beginning at 4pm. **A minimum of 7 winners will EACH drive away with \$20,000 in gas!** 

For more details, visit **Barona.com** or a Club Barona Booth in the casino. New Club Barona members receive five FREE entries into the next eligible drawing.



J.D. Power and Associates ranked Barona "Highest in Satisfaction in the Southern California Casino Gaming Experience."



**USA Dance Ballroom Party** Ballroom, Latin, swing, salsa, more. All ages, ability levels, singles, couples. Casual dress. Fourth Saturday each month. Lessons at 7 p.m., dancing from 8–11 p.m. 760-525-5124. Saturday, September 27, 7 p.m.; \$7. Synergy Dance Zone, 7480 Miramar Road. (MIRA MESA)

#### FILM

"San Diego Asian Film Festival Selects" Enjoy live deejay music, the animation short *Prekisstoric Times*, and *Magazine Gap Road*, a film juried by San Diego Asian Film Festival. Post-screening conversation with Gene Huh, founder of SDAFF Film Forum. 858-534-8497. Monday, September 29, 7 p.m.; \$7. The Loft at UCSD, 9500 Gilman Drive. (LA JOLLA)

**Fotoaktion** San Diego City College International Book Fair presents premiere of this City Works Press film by Perry Vasquez on work of punk-rock performance artist Doris "Boris" Berman. 619-388-3554. Thursday, September 25, 7 p.m.; Museum of Photographic Arts, 1649 El Prado. (BALBOA PARK)

#### Maldeamores/Lovesickness

Love of all kinds showcased in film produced by Benicio del Toro, starring Luis Guzman, screening for Cinema en Tu Idioma series hosted by Media Arts Center. Screenings each day at 11:30 a.m., 1:45 p.m., 4 p.m., 6:15 p.m., 8:30 p.m., 10:45 p.m. In Spanish with English subtitles. 619-230-1938. Thursday, September 25, \$7-\$9. Mission Valley 7, 7510 Hazard Center Drive. (MISSION VALLEY)

My Architect San Diego Architectural Foundation Film Series continues with documentary following legendary architect Louis I. Kahn's illegitimate son Nathaniel on "journey to discover the deceased father he never knew." Donation. 619-232-1385. Thursday, September 25, 6:30 p.m.; \$10. Ages 15 and up. Luce Loft, 1037 J Street.

**Rainbow Song** Shunji Iwai's 2004 film showcased for International Film Series in room 204 at MiraCosta's San Elijo campus; film repeats at 7 p.m. on Oceanside campus. 760-757-2121 x7737 or 7806. In Japanese with English subtitles. Friday, September 26, 1 p.m. and 7 p.m.; MiraCosta College San Elijo Campus, 3333 Manchester Avenue. (CARDIFF)

The Visitor Survivors of Torture, International hosts screening of Tom McCarthy's film "to help...community members learn about the immigrant detention system and connect them with ways to get involved locally." An American college professor and a young immigrant couple grapple with treatment of immigrants and legal process post-9/11. Screening in Peace and Justice Theatre followed by a panel discussion including Haaz Sleiman, one of film's lead actors. 619-278-2400. Tuesday, September 30, 7 p.m.; ages 13 and up. Joan B. Kroc Institute for Peace and Justice, Univer-

#### OUT & ABOUT

SAN DIEGO FILM FESTIVAL September 25–28, downtown.

(SEE FILM)



sity of San Diego, 5998 Alcalá Park. (LINDA VISTA)

Vers le Sud/Heading South Charlotte Rampling stars in this 2006 film by Laurent Cantet, set in Haiti's Baby Doc Duvalier times. The "steamy exploration of desire and sexual tourism" screens for Film Forum, in French and English with English subtitles. 619-236-5821. Monday, September 29, 6:30 p.m.; San Diego Public Library, 820 E Street. (DOWNTOWN)

Animated Anarchy Runs Amok! The animation showcase 'Toon Town Troublemakers '08 features Peque Varela's 1977, DNN: Dead News Network by John Jota Leanos, The Drift by Kelly Sears, Osbert Parker's Yours Truly, Aaron Augenblick's Golden Age, more. Many of the films have adult content, have not been rated. 858-454-3541. Friday, September 26, 7 p.m.; \$5-\$7. Museum of Contemporary Art San Diego, La Jolla, 700 Prospect Street. (LA JOLLA)

Radical Reels Film Tour Tour focuses "on high-adrenaline action films," boasting selection of most adventurous, spectacular films from Banff Mountain Film Festival. 619-255-0203. Monday,

September 29, 7 p.m.; \$12–\$15. San Diego Natural History Museum, 1788 El Prado. (BALBOA PARK)

San Diego Film Festival 2008 Enjoy nearly 100 American and international features, documentary, and short films; filmmaker seminars and panels, parties. Films include The Lucky Ones, Angels & Airwaves: Start the Machine, The Last Cup, Pursuit of Equality, La Americana, Uncounted, many, many others. Borders Books and Music Gaslamp is site for festival will call, box office. Cost, specific locations, details: 619-582-2368. Thursday, September 25, 5 p.m.; Friday, September 26, 6 p.m.; Saturday, September 27, 11 a.m.; Sunday, September 28, 11 a.m.; Borders Books and Music Gaslamp, 668 Sixth Avenue. (DOWNTOWN)

#### FOR KIDS

"Blue's Clues Most Spectacular Place" Amiable host Steve stumbles around looking for the next piece of evidence to will lead him to the "most spectacular place" when La Jolla San Diego Junior Theatre opens season, September

THIRD ANNUAL

12-28. For all ages. 619-239-8355. Friday, September 26, 7 p.m.; Saturday, September 27, 2 p.m. and 4 p.m.; Sunday, September 28, 2 p.m. and 4 p.m.; \$10-\$15. Firehouse YMCA Community Center, 7877 Herschel Avenue. (LA JOLLA)

"GrossOlympics II" Opening festivities for "Animal Grossology" exhibition. Enjoy a series of "wacky, messy, and hilarious events" for kids (aged 14 and younger). On tap: "Dung Ball Relay," "Creepy-Crabby Crawl," "Belch a Baby Frog," "Hack a Hairball," "Mosquitoes Suck!" 619-238-1233. Saturday, September 27, 10:30 a.m.; \$6-\$10. Reuben H. Fleet Science Center, 1875 El Prado. (BALBOA PARK)

Enigma: A Magical Mystery Children's author Graeme Base reads from, signs his newest book "that will puzzle and entice young readers." 858-454-0347. Sunday, September 28, 4 p.m.; Warwick's Bookstore, 7812 Girard Avenue.

**Pocahontas** J\*Company Youth Theatre opens season with this musical adventure, through September 28. Production "is...filled with Native American lore that stays true to the traditional legend." Reservations: 858-362-1348. Thursday, September 25, 7 p.m.; Saturday, September 27, 8 p.m.; Sunday, September 28, 1 p.m. and 4:30 p.m.; \$12–\$16. David and Dorothea Garfield Theatre, 4126 Executive Drive. (LA JOLLA)

**The Three Little Pigs and Other Funny Stories** "The big bad wolf is the antihero" when Millie Patterson's Weaver's Tales perform September 24-28 and October 1-5. Curtain rises at 10 and

Friday & Saturday, October 3<sup>rd</sup> & 4<sup>th</sup> Saville Theatre, City College Near 15th & C

FRIDAY, OCTOBER 3<sup>RD</sup>

10:00 - 11:00 JUAN WILLIAMS

7:00 - 9:00 JIMMY SANTIAGO BACA

MARISELA NORTE SATURDAY, OCTOBER 4<sup>TH</sup>

11:00 - 12:00 ROBERT V. HINE WITH MIKE DAVIS

JENNIFER SILVA

1:00 - 1:30 HELENA VIRAMONTES

1:30 - 3:00 HUNGER AND THIRST READING

12:00 - 1:00 HELENA VIRAMONTES, REYNA GRANDE,

**MELINDA PALACIO, AND** 

**FEATURING LI-YOUNG LEE** 

**Booksellers, Vendors, Food & Art All Day Saturday** 

For More Book Fair Week Information Visit: WWW.SDCITYBOOKFAIR.COM

11:30 a.m. Wednesday-Friday and at 11 a.m., 1, and 2:30 p.m. Saturday and Sunday. 619-544-9203. Thursday, September 25; Friday, September 26; Saturday, September 27; Sunday, September 28; Wednesday, October 1, 10 a.m.; \$3-\$5. Marie Hitchcock Puppet Theatre, 2130 Pan American Road West. (BALBOA PARK)

Fall Family Fun Check out live plankton under a microscope, create an art project to take home, enjoy short cruise on San Diego Bay aboard historic *Pilot*. Maritime Dancers will perform aboard HMS *Surprise* (1 and 2:30 p.m.), activities on upper deck of ferryboat *Berkeley*. Adults pay regular admission; children must be accompanied by adult to enter free. 619-234-9153. Sunday, September 28, 11 a.m.; San Diego Maritime Museum, 1306 North Harbor Drive.

Nature Hike for young naturalists led by naturalist D.J. Summers promises easy hike along Jack Creek Meadow loop trail, followed by plant/animal craft at picnic area. Reservations: 760-839-4680. Saturday, September 27, 10 a.m.; Daley Ranch, 3024 La Honda Drive. (ESCONDIDO)

Playhouse Disney Live! You're invited to the Mickey Mouse Clubhouse as Mickey plans a music party for his friends; the Little Einsteins set off on musical mission around world to find a song for the party. Ticketmaster: 619-220-TIXS. Friday, September 26, 3:30 p.m. and 6:30 p.m.; \$21-\$58. San Diego Sports Arena, 3500 Sports Arena Boulevard. (POINT LOMA)

### Summer in Bloom. Georgia O'Keeffe.







#### Final Week Through September 28, 2008

View more than 80 works by iconic artist Georgia O'Keeffe and the important women modernists who paved her way. SDMA is the only West Coast venue for this unique exhibition that is the first to present works by these pioneering artists together.

Miss the crowds-visit SDMA on Thursday nights until 9 p.m.



#### SAN DIEGO MUSEUM OF ART 1450 EL PRADO, BALBOA PARK · 619 232 7931 · SDMART.ORG

he Stieglitz Circle is co-organized by the Georgia O'Keeffe Museum and High Museum of Art. It is supported in part by The National Endowment for the Arts, The Burn teeffe Museum National Council. Local presentation is made possible by the generosity of Charles and Tanya Brandes. Additional support is provided by the City of

MAGE, From Right CW: Georgia O'Keeffe, Pink Tulip, 1926, oil on canvas, 36 x 30 inches. The Baltimore Museum of Art, bequest of Mabel Garrison Siemonn, in memory of her husband George Siemonn. O Georgia O'Keeffe Museum. / Parmels Colman Smith, The Wave, 1903, watercolor on paper, 10 1/4 x 17 3/4 inches. 1 we Whitney Museum of American Art, New York, gift of Mrs. Addingly N. Heller, "Georgia England, Jack in the Pulpir, c 1927, oil on canwas. Piwate Collection, Courtery Gerald Herts Callery," / Arme Brigman, the Brees, 1918 (negative, c. a.1910), gelatin



3:00 - 4:00 THOMAS FRANK

4:00 - 5:00 PAUL RIECKHOFF

5:00 - 6:30 CAROLYN FORCHÉ







FREE ADMISSION









Frightnights begin Friday, Sept. 26!

If you want to live, you will obey!

EAGLE EYE

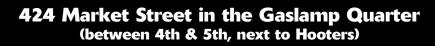


# Complimentary EAGLE EYE iPod skins

to the first 100 people through our doors opening night!

While supplies last.
One per person.
No purchase necessary.

In theatres September 26! www.eagleeyemovie.com



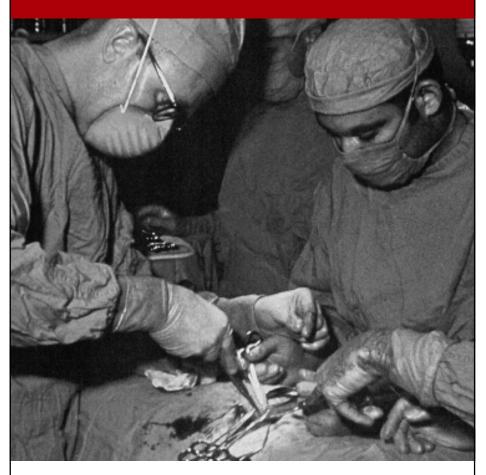
Sunday, Wednesday & Thursday 7-11 pm • Friday & Saturday 6 pm-1 am Closed Monday & Tuesday except Oct. 27 & 28

For info: 619-696-SCARE www.hauntedhotel.com



# No tucks, lifts or implants here.

Just free tattoo removals.



**Dare to experience** Navy life aboard a floating city at sea! Imagine undergoing an operation in the middle of a typhoon or getting that tattoo scraped off before you get home!

- Over 60 exhibits including the operating room!
- 25 restored aircraft
- · Optional flight simulators
- Admission includes a powerful self-guided audio tour narrated by Midway sailors



\$2 OFF

#### Midway's Doctor Will See You Now

910 N. Harbor Drive (Downtown San Diego) (619) 544-9600 • www.midway.org

Expires February 27, 2009
Not valid for special events



*Open Daily, 10 a.m. - 5 p.m. • Last admission at 4 p.m.* 910 N. Harbor Dr. • (Downtown San Diego)

(619) 544-9600 · www.midway.org

#### IN PERSON

"Comedy at the Crest" Improv sketch comedy with Comedy Under Construction and the Ugly Truth. Donation. 858-550-8088. Wednesday, October 1, 8 p.m.; \$5. Libertalia Café, 3834 Fifth Avenue.

"Upright Citizens Brigade Tour Co." Troupe of "next wave of comedy superstars" presents "long-form improv." 858-534-8497. Tuesday, September 30, 7:30 p.m.; \$10. The Loft at UCSD, 9500 Gilman Drive. (LA JOLLA)

Paul of Dune Science fiction authors Brian Herbert and Kevin J. Anderson sign their "direct sequel to Frank Herbert's classic Dune. 858-268-4747. Monday, September 29, 7 p.m.; Mysterious Galaxy Books, 7051 Clairemont Mesa Boulevard, Suite 302. (CLAIREMONT)

Waves of Recovery Activist, civil rights lawyer, author Maurice Jourdane reads from, discusses his new memoir, described as "harrowing tale of his fight to help better the lives of California farm-workers." Talk takes place in D-121 (near cafeteria), 619-388-3554. Monday, September 29, 11 a.m.; San Diego City College, C Street and 14th Street. (DOWNTOWN)

A Timely Business Talk Marc Gunther discusses, signs his latest book, Faith and Fortune: How Compassionate Capitalism Is Transforming American Business. "Gunther writes about corporate social responsibility, corporate governance, and spirituality in the workplace." Talk planned in room 204. 760-795-6613. Friday, September 26, 7:30 p.m.; Mira-Costa College San Elijo Campus, 3333 Manchester Avenue. (CARDIFF)

Author Readings Patricia Santana (Ghosts of El Grullo) and Danalee Buhler (Running From Covote: A White Family Among the Navajo) read from and sign their books for San Diego City College International Book Fair in D-121 (near cafeteria). 619-388-3554. Tuesday, September 30, 11 a.m.; San Diego City College, C Street and 14th Street. (DOWNTOWN)

Comedy for Serenity North County Serenity House benefits from comedy night with performances by Karen Rontowski,

#### A GUIDE TO UNEXPECTED SAN DIEGO AND BEYOND I BY JERRY SCHAD

ROAM-(\_\_)-RAMA

rambling patch of newly acquired open space that goes by the long-winded name of Michael D. Antonovich Regional Park at Joughin Ranch spreads over a south-facing slope that culminates in a 3747-foot summit called Oat Mountain. On this trip, you drive about halfway up the mountain (as measured from  $% \left( 1\right) =\left( 1\right) +\left( 1$ the San Fernando Valley floor) and travel on foot or by low-gear bike most of the remaining distance to Oat Mountain, which technically lies on private property. Hopefully you'll take the trip on a clear day, when the ever-widening view gets ever more stupendous as you climb.

To get to the trailhead, exit the 118 Freeway at De Soto Avenue in Chatsworth. The northern extension of De Soto is called Browns Canvon Road. Follow this



Grassy slopes, Oat Mountain

narrow, twisty road around some outlying houses, up along the Browns Canyon stream, and finally up a steep hill to the main Antonovich Park entrance. There's a lower parking lot on the left, but continue about 0.4 mile farther to an large upper lot just shy of where the road is blocked to public traffic.

Now you're ready to trudge on, uphill and sometimes very

steeply so, on the same road. By 0.5 mile, you're passing the various buildings of a Los Angeles Police Department training facility, and the sharp increase in elevation gain so far has yielded a significantly wider panorama of the vast, flat, and densely populated San Fernando Valley below. Above the training facility, the close-at-hand landscape assumes a more impressive character, with wild grasses — mostly wild oats, after which the peak above was named — chafing in the breezes of this current dry season, or bending in a supple fashion in the zephyrs of springtime.

At 1.0 mile you traverse a cattle grate and temporarily enter a parcel where cattle graze contentedly. Soon, after crossing a second grate, you're back in Antonovich parkland, where the ascent quickens. The valley view to the south now assumes a pseudo-aerial character, and the green or golden (depending on the season) slopes seem to roll sensuously upward, downward, and sideways.

At 2.0 miles, alongside a heliport (a large flat spot for fire-fighting helicopters to land), you start to get a view to the north, which consists of miles of ridges sparsely dotted with valley oaks, and an occasional rocker pump struggling to extract the very last drop of crude oil remaining in the permeable

Keep going a bit farther to a second heliport, this one on the right, which offers perhaps the most comprehensive vista so far. After contemplating the scene and taking a deep pull from your water bottle, it's time to return, using the same route.

This article contains information about a publicly owned recreation or

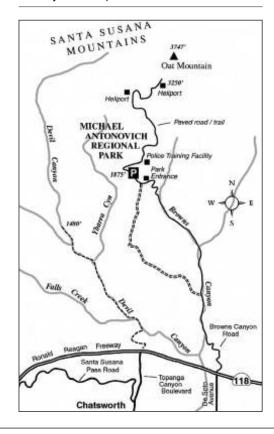
wilderness area. Trails and pathways are not necessarily marked. Conditions can change rapidly. Hikers should be properly equipped and

have safety and navigational skills. The Reader and Jerry Schad assume no responsibility for any adverse experience.

#### OAT MOUNTAIN

Climb Oat Mountain in the Santa Susana Mountains for a spacious view of the San Fernando Valley

Distance from downtown San Diego: 152 miles Hiking/biking length: 4.6 miles round trip Difficulty: Moderately strenuous



#### **LECTURES**

"The Inspirational/Christian Market for Writers" Dean Nelson, founder and director of Point Loma Nazarene University's journalism program, discusses the fastest-growing market segment when San Diego Writers/Editors Guild meets. Doors open at 6:30 p.m., program at 7 p.m. 760-471-5323. Monday, September 29, 6:30 p.m.; Joyce Beers Community Center, 1230 Cleveland Avenue. (HILLCREST)

Fair Author and Los Angeles Times

reporter Sam Quinones reads from, discusses his books Antonio's Gun and Delfino's Dream: True

Tales of Mexican Migration and

True Tales from Another Mexico in

D-121 (near cafeteria), 619-388-

3554. Wednesday, October 1, 11

a.m.: San Diego City College, C

Street and 14th Street. (DOWNTOWN)

"Alvarez vs. Lemon Grove Board of Trustees" Helen Ofield focuses on the 1931 school desegregation case in commemoration of Hispanic History Month. Lecture accompanied by photographic display. 619-460-4353. Friday, September 26, 2 p.m.; Lemon Grove Library, 8073 Broadway. (LEMON GROVE)

"Are Libraries Necessary?" Wendy Gay presents her opinions when San Diego Association for Rational Inquiry meets, 619-421-5844. Sunday, September 28, 7 p.m.; Joyce Beers Community Center, 1230 Cleveland Avenue.

"Between Fire and Clay: Exceptional Japanese Potters from the 20th Century to the Present" Robert Yellin, noted authority on ceramics of Japan, presents illustrated lecture on outstanding 20th-Century and contemporary Japanese potters, discussing various ceramic forms and styles including Bizen, Mashiko, Shino, Hagi. Question-and-answer session follows. Reservations: 619-239-0003 x405. Friday, September 26, noon; \$5–\$10. Mingei International Museum, 1439 El Prado. (BALBOA PARK)

**Everything You Wanted to** Know About Insects... but were afraid to ask, answered by entomologist Tracy Ellis when Friends of Hellhole Canyon Open Space Preserve gather. Learn about insects of the preserve, as well as some in backyard gardens, groves. 760-749-5320. Saturday, September 27, 10 a.m.; Valley Center Library, 29200 Cole Grade Road.

Doug Starks, James P. Connolly, and Lamont Ferguson. Reception, raffle at 6 p.m., show at 8 p.m. 760-233-4533. Saturday, September 27, 6 p.m.; \$25. California Center for the Arts, Escondido, 340 North Escondido Boulevard, (ESCONDIDO)

**Comics That Kill Benefit Show** Jennifer Murphy, Shannon Hatch, Lauren Ashley Bishop, Cate Gary, Lisa Pedace take the stage to benefit the Breast Cancer Walk. Donation. 760-230-2038. Saturday, September 27, 8 p.m.; E Street Café, 128 E Street. (ENCINITAS)

Joe Rogan Performance by comedian and actor best known as host on the TV game/reality program Fear Factor. Rogan is color commentator for "Ultimate Fighting Championship." Ticketmaster: 619-220-8497. Friday, September 26, 7 p.m.; \$27-\$32. House of Blues, 1055 Fifth Avenue. (DOWNTOWN)

Laugh It Up! Dane Stauffer and Keith Reay (stars of Triple Espresso) plan evening of improvised comedy. The Ugly Truth opens on same bill. 619-220-8663. Friday, September 26, 8 p.m.; Saturday, September 27, 8 p.m.; \$10. North Park Vaudeville, 2031 El Cajon Boulevard. (NORTH PARK)

Meet NPR's Math Guy Stanford mathematician Keith Devlin discusses, signs his new book The Unfinished Game: Pascal, Fermat, and the Seventeenth-Century Letter That Made the World Modern, 858-454-0347. Tuesday, September 30,

7:30 p.m.; Warwick's Bookstore, 7812 Girard Avenue. (LA JOLLA)

Noonday Demon? Author Kathleen discusses and signs her memoir Acedia and Me: A Marriage, Monks, and a Writer's Life, in which she "explicates and demystifies a spiritual concept" known as acedia. 858-454-0347. Wednesday, October 1, 7:30 p.m.; Warwick's Bookstore, 7812 Girard Avenue. (LA JOLLA)

Open-Mike Wednesdays All types of music comedy, poetry, whatever." Drum friendly. All ages until 9:30 p.m. Sign-ups start at 6:30 p.m. No cover. 619-447-5665. Wednesdays, 7 p.m.; Thornton's Irish Pub and Grill, 1221 Broadway. (EL CAJON)

Prolific Local Author Chet Cunningham signs The Mystery of Hamlin Springs. 858-268-4747. Saturday, September 27, 2 p.m.; Mysterious Galaxy Books, 7051 Clairemont Mesa Boulevard, Suite

Squeaky-Clean Comedy! Family-friendly shows for all ages. 858-433-1457. Saturdays, 7 p.m.; \$5. Naveed's Comedy Club at Bella Roma Pizza and Restaurant, 6830 La Jolla Boulevard #103. (LA JOLLA)

The Notorious Bob Lee Swagger! Author Stephen Hunter speaks, signs Night of Thunder: A Bob Lee Swagger Novel. Hunter is author of 14 novels. 858-268-4747. Thursday, September 25, 7 p.m.; Mysterious Galaxy Books, 7051 Clairemont Mesa Boulevard, Suite 302.

Third Annual San Diego City









rial and containers, then create your own floral arrangement to take home. Bring a floral knife, clippers, wire cutters, scissors; all other materials provided. Required advance registration: 760-436-3036 x206. Sunday, September 28, 2 p.m.; \$55-\$60. Quail Botanical Gardens, 230 Quail Gardens Drive. (ENCINITAS)

"Get Real" Luis De Jesus, owner and director of Luis De Jesus Seminal Projects, divulges "how galleries operate," best methods to approach a gallery, "finding the perfect fit for you, generating interest in your art and broadening your market" for Professional Artist series. 619-236-0011. Wednesday, October 1, 6 p.m.; \$5. San Diego Art Institute: Museum of the Living Artist, 1439 El Prado.

"Johnny Appleseed's Sweet Legacy" Chef Elizabeth of Elizabeth's Kitchen divulges secrets to great pie crust, how to pick best apples, use apples in a unique pumpkin lasagna. Learn where to purchase freshly harvested apples or pick your own. Samples, recipes provided. Registration: 619-255-0203. Saturday, September 27, 10 a.m.; \$25–\$33. San Diego Natural History Museum, 1788 El Prado. (RALROA PARK)

"Mulch, Compost, Fertilizer!" Water Wise Series continues with examination of benefits of mulch, compost, fertilizer by landscape designer Jan Tubiolo. 619-660-0614. Saturday, September 27, 10a.m.; \$15-\$25. Water Conservation Garden, 12122 Cuyamaca College Drive West. (CUYAMACA COLLEGE)

"Page One Writing Workshop" Warwick's and San Diego Writers host "An Introduction to Fiction Workshop" led by Midge Raymond. Explore elements of good fiction including character, dia $logue, setting. \ After workshop, take$ in readings by authors featured in A Year in Ink (fee for workshop includes copy of anthology). Required registration: 858-454-0347. Saturday, September 27, 1 p.m.; \$20. La Jolla Library, 7555 Draper Avenue, (LA JOLLA)

"Politics in Science: Who Decides What Gets Done and What it Means?" "Exploring Ethics" series continues with look at relationship between government and science. RSVP: 858-822-2647. Wednesday, October 1, 5:30 p.m.; Reuben H. Fleet Science Center, 1875 El Prado. (BALBOA PARK)

"Record Keeping" It's covered during beginning and refresher genealogy class series. Nonmembers welcome. Attend any or all sessions. 760-757-0528. Monday, September 29, 7 p.m.; Cole Library, 1250 Carlsbad Village Drive.

#### "Sustainable Planet: Water"

"Water: Conflict in California and the West" is topic when Rita Sudman, executive director of Water Education Foundation, speaks for series. Expect overview of California's past, current, and future water issues. Required advance registration: 619-232-3821. Tuesday, September 30, 6:30 p.m.; San Diego Natural History Museum, 1788 El Prado. (BALBOA PARK)

"What Is Matcha All About?" Traditionally used for Japanese tea ceremony, this premium green tea is now found in variety of blended drinks, desserts. Find out more

about this beverage, how to make

it at home. 858-450-6500. Sunday, September 28, 5 p.m.; Infusions of Tea, 8750 Genesee Ave., Suite 258. (UNIVERSITY CITY)

Beautiful and Unthirsty Local horticulturist, garden writer Nan Sterman divulges "30 (or More) Best and Most Beautiful Waterwise Plants for Your Garden." She will also sign copies of her new book, California Gardener's Guide Volume 2. 760-753-7376. Sunday, September 28, 2 p.m.; Encinitas Library, 540 Cornish Drive. (ENCINITAS)

Historic Places USD history professor Iris Engstrand discusses architecture of the California Building in Balboa Park and other 1915 Exposition buildings, as well as various regional architectural works attributed to Bertram Grosvenor Goodhue. 619-232-6203 x129. Sunday, September 28, 4 p.m.; \$15. Museum of San Diego History, 1649 El Prado, (BALBOA PARK)

**How to Live Happily Ever After** with Your Cat Training secrets, cat behavior, nutrition, preventing destructive behaviors, socialization with people and other animals, how to communicate with cat. Required reservations: 619-299-7012 x2247. For humans only. Friday, September 26, 6 p.m.; \$35. San Diego Humane Society and SPCA, 5500 Gaines Street, (LINDA VISTA)

Parrot Foraging Parrot Education and Adoption Center seminar

in room D-6 at 1 p.m.; followed by look at parrot nutrition at 2:45 p.m. Reservations: 619-287-8200. Sunday, September 28, 1 p.m. and 2:45 p.m.; \$5-\$15. Marina Village Conference Center, 1936 Quivira Way, (PACIFIC BEACH)

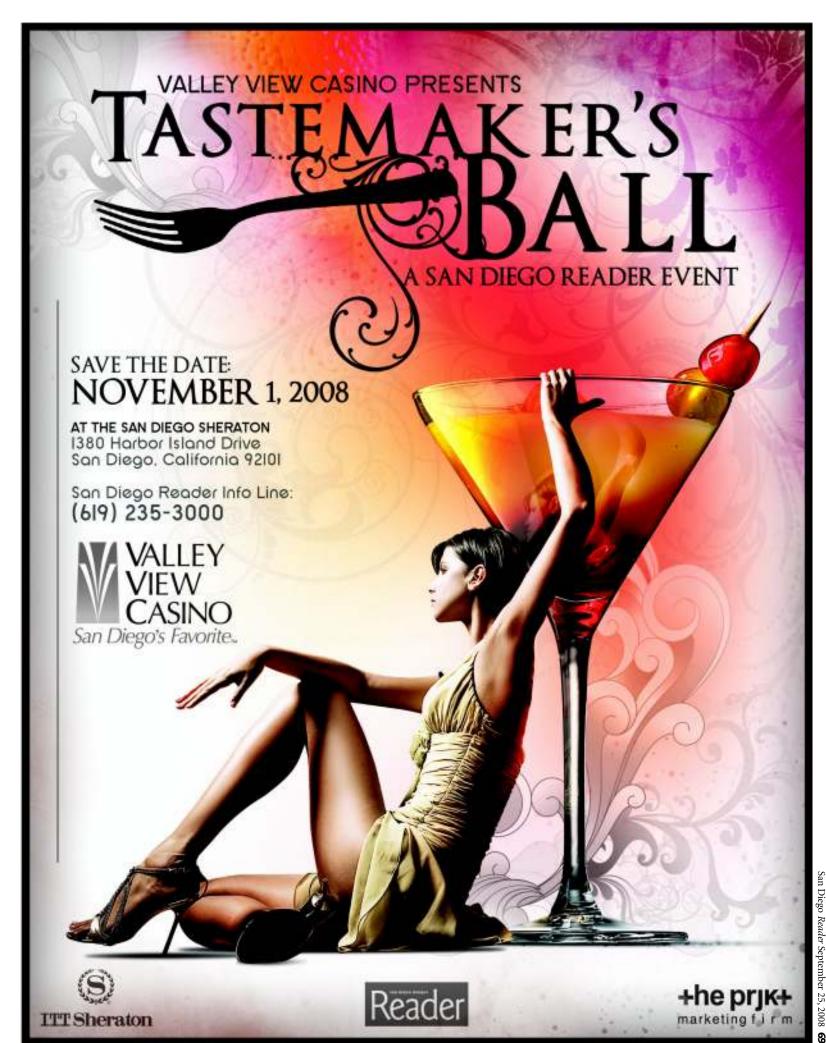
**Pondering the Vice Presidency** 

Pulitzer Prize-winning Washington Post reporter Barton Gellman offers incisive examination of Dick Cheney's role and what it means for our future. Book signing fol-

lows of Gellman's new book, Angler. Registration for this Revelle Forum event: 858-534-3400 or 858-882-8000. Thursday, September 25, 7 p.m.; \$35. Neurosciences Institute, 10640 John Jay Hopkins Drive. (LA JOLLA)

**Printmaking Demonstration** 

Artist Vinita Voogd, whose work is included in "Contemporary Ruin" exhibition, plans demonstration. 760-839-4120. Wednesday, October 1, 1 p.m.; California



# Calendar Local Events

Center for the Arts, Escondido Museum, 340 North Escondido Boulevard. (ESCONDIDO)

Strategies to Protect Your Business and Family MBA (Mom Business Associates) and PlayWerx present seminar on disaster preparedness, covering "easy and practical steps to prepare your home and office for an unforeseen disaster." Mixer and seminar. 760-521-4003. Saturday, September 27, 6 p.m.; \$5-\$15. PlayWerx, 6060 Avenida Encinas Suite B. (CARLSBAD)

Weaving a Hickory Bark Seat Russ Filbeck, professor of cabinet and furniture technology at Palomar College, demonstrates technique he uses to weave hickory bark seats on his ladder-back chairs, currently featured in "Forms in Wood and Fiber" exhibition. Included in museum admission. 619-239-0003 x107. Saturday, September 27, 1 p.m.; Mingei International Museum, 1439 El Prado. (BALBOA PARK)

#### **OUTDOORS**

Late September signals the beginning of Santa Ana winds, which may continue intermittently through the winter. Early Santa Anas are often responsible for coastal San Diego's hottest and driest days of the year. Records show that 62 percent of the days at Lindbergh Field with 90-degree readings or higher have occurred during the months of September and October. The desert-like days are a consequence of dry air from a high-pressure area centered over Nevada or Utah moving across southern California's coastal mountains toward a low pressure area offshore in the Pacific Ocean.

West of the mountains the air sinks as it rushes toward the coast, heating (by compression) about 5 1/2 degrees Fahrenheit for every 1000 feet of descent. During a full-blown Santa Ana, gale-force winds rake the foothills downwind of the mountain passes, and San Diego's coastal communities often experience temperatures that are among the nation's highest.

Escaping the Heat of this season's first couple of Santa Anas will not be easy - if you can't be inside air-conditioned buildings at any rate. Along the coastline, where temperatures may reach the 90s, taking a dip in the surf solves the problem. Inland, the furnace-like heat is moderated only by increases in altitude. Head for the high places of the county — the mile-plus heights of the Palomar and Laguna Mountains, for example. You could climb a couple of the county's loftiest peaks: Cuyamaca Peak (6512') in Cuyamaca Rancho State Park, or Boucher Hill (5438') in Palomar Mountain State Park. On peaks such as these during a Santa Ana wind episode, the thermometer registers about 25-30 degrees lower than in the lowlands. Since the early phase of a Santa Ana sweeps away atmospheric water vapor and air pollution, hundred-mile vistas in every direction may be yours to enjoy.

The Smoggiest Days of the Year are most likely to occur during the next several weeks. Persistent temperature inversions (warmer air overlying cool marine air) are frequent this time of year. These inversions conspire with the mountainous topography of East County to trap locally generated air pollution under a

#### **OUT & ABOUT**

#### PLAYHOUSE DISNEY LIVE!

Friday, September 26, San Diego Sports Arena.

(SEE FOR KIDS)



low-lying lid. During the worst episodes, San Diego County's coastal area is the hapless recipient of additional smog sneaking down from the Los Angeles Basin. This often occurs when a Santa Ana wind condition begins to weaken: L.A. smog blown offshore by a Santa Ana may get pushed back our way when the normal sea breeze returns.

The Zodiacal Light, which can appear as a diffuse, pillar-shaped glow in the eastern sky for up to an hour before dawn, will be quite conspicuous at dark locations this weekend and through the next two weeks (September 27 through October 10). The subtle glow is caused by the sun's light reflecting off dust particles floating in space in the plane of our solar system. In the sky, this reflected light appears superimposed along the string of constellations we know as the zodiac, and especially those zodiacal constellations closest to the direction of the sun. An old name for this phenomenon is "false dawn" a good description of the effect under clear and very dark skies.

#### "Shun the Sun Mystery Tour"

Beat the heat — join naturalist Kathleen Flanagan for early-morning hike from La Honda Drive parking lot. Expect a fast-paced, strenuous walk of about seven miles and "a lot of map reading." Bring a minimum of two liters of water, wear layered clothing. 760-839-4680. Friday, September 26, 5:50 a.m.; Daley Ranch, 3024 La Honda Drive. (ESCONDIDO)

**Audubon Society Bird Walk** Bring binoculars and drinking water to explore Tecolote Canyon. 858-581-9944. Saturday, September 27, 9 a.m.; Tecolote Nature Center, 5180 Tecolote Road.

(CLAIREMONT)

**Basic Birding** Tom Troy leads basic birding program with emphasis on identifying birds by sight and sound and using binoculars, spotting scopes, field guides. Directions: 760-967-6915. Saturday, September 27, 8:30 a.m.; Buena Vista Audubon Society Nature Center, 2202 South Coast Highway. (CARLSBAD)

**Birding at Batiquitos** Explore Batiquitos Lagoon for birds with

Barbara Moore of Audubon Society. 858-755-7133. Saturday, September 27, 8 a.m.; Batiquitos Lagoon Nature Center, 7380 Gabbiano Lane. (CARLSBAD)

Clean and Green Team Event River cleanup at Mission Valley Preserve in "celebration of National Public Lands Day." Remove trash, debris from river. Registration: 619-297-7380. Saturday, September 27, 9 a.m.; Mission Valley Preserve north side, 5505 Friars Road. (MISSION VALLEY)

**Desert Garden Tour** Bizarre trees, cacti, succulents showcased when Offshoot Tours hosts its monthly hour-long guided stroll through desert garden. 619-235-1122. Saturday, September 27, 10 a.m.; Balboa Park Visitors' Center, 1549 El Prado. (BALBOA PARK)

**Explore San Clemente Canyon** (**West**) Canyoneers hike near streambed sustaining huge sycamores and this riparian habitat. Easy. 619-255-0203. Sunday, September 28, 8 a.m.; Marian Bear Memorial Park, Highway 52 and Regents Road. (CLAIREMONT)

**Find Gold** See golden leaves and flowers during guided walks along San Diego River. 619-668-3281. Saturday, September 27, 9:30 a.m.; Sunday, September 28, 9:30 a.m.; Wednesday, October 1, 9:30 a.m.; Mission Trails Regional Park, One Father Junípero Serra Trail. (SAN CARLOS)

Help Restore a Habitat Remove invasive plants and help plant native vegetation for wildlife calling this area home. Volunteers meet at park's entrance gate for a quick project orientation, then pick tools and get to work. All ages, abilities welcome. Wear long pants, boots



THE GERMAN-AMERICAN SOCIETIES OF SAN DIEGO PRESENT

# Oktoberfest in El Cajon



#### October 3-5 & 10-12

Friday 3-10 pm, Saturday Noon-10 pm, Sunday Noon-9 pm Admission: 21 & up – \$5 donation

#### **Everyone welcome!**

Under 21 and Military - FREE!

Great German food! Live music!
German beers! Games! Contests!
Kids' Zone! Raffles! Door prizes!
Grand Prize: Round-trip flight for two to Germany!

### \$2 off admission!

With this coupon.

1017 S. Mollison Ave. • El Cajon
619-442-6637 • OktoberfestElCajon.com

Oktoberfest is sponsored by: Tip Top Meats, La Mesa Back Comfort, German Import Haus, Barona Band of Mission Indians, City Volkswagen, Beck's Beer, Warsteiner, Hacker-Pschorr, Spaten, Tommy's Meats, Ford–Drive one.



We will hold I drawing every hour at 6, 7, 8, 9 and 10pm every Wednesday. Be one of the lucky winners to enter the Money Machine, and grab as much money as you can in 20 seconds! There has never been a better time to

ACORN Golden Acorn Casino

1-866-7-WinBig | Golden Acom Casino.com

play at Golden Acom Casino.



Golden Acorn Freeway I-B, Crestwood Exit

HER BY MODEL TO HIS LIKE BY HARDS CALD MANNE TO PROTESTE. HAVE AND ASSESSED THE ROLL OF THE CAUSE AND PROCESSES AND ASSESSED AND ASSESSED ASSESSED.

or sturdy shoes, hats; gloves and tools provided. 619-682-7210. Saturday, September 27, 9 a.m.; Border Field State Park, 1500 Monument Road. (IMPERIAL BEACH)

Sea Kayak Adventures Birch Aquarium at Scripps hosts sea kayak adventures. Participants learn basics of ocean kayaking while discovering wonders of La Jolla State Marine Conservation Area and learn about current Scripps research within reserve. Beginners welcome. RSVP: 858-454-6195. Saturday, September 27, 9 a.m.; \$60. Ages 10 and up. Birch Aquarium at Scripps, 2300 Expedition Way. (LA JOLLA)

Trash Pickup in López Canyon Help clean trash out of natural areas in López Canyon. 858-538-8066. Sunday, September 28, 9 a.m.; Lopez Ridge Park, 7245 Calle Cristobal. (MIRA MESA)

Visit Kumeyaay Grinding Rocks And walk to historic Old Mission Dam with trail guide. 619-668-3281. Saturday, September 27, 8:30 a.m.; Kumeyaay Lake Campground entry station, Two Father Junípero Serra Trail. (SAN CARLOS)

# SOUTH OF THE BORDER

"Citizen Artists Making Emphatic Arguments" La Casa del Tunel Art Center opens to public with reception for this exhibition "examining environmental justice" curated by Adolfo Nodal. Opening events include tour of facility, food from the rooftop café, music on rooftop performance space and observation deck, green

lab, and gardens. Art exhibition continues through December. 011-52-664-682-9596. Saturday, September 27, 5 p.m.; La Casa del Tunel Art Center, Chapo Marquez 133, Colonia Federal. (BAJA)

**The Beauty and the Best** Comedy for the whole family. 011-52-664-687-9650. Saturday, September 27, 11 a.m. and 4 p.m.; Sunday, September 28, 11 a.m. and 4 p.m.; Centro Cultural Tijuana, Paseo de los Héroes and Mina Street. (BAIA)

Bicycle with 5000 Friends! The final Rosarito-Ensenada 50-Mile Fun Bicycle Ride is here. Ride starts in front of Rosarito Beach Hotel, ends with finish-line fiesta in Ensenada. 011-52-646-174-0033. Saturday, September 27, 10 a.m.; \$45. Rosarito Beach Hotel, Boulevard Benito Juárez #31. (BAJA)

**Cubo!** CECUT celebrates opening of "its new addition, Cubo." Artists from Tijuana and San Diego participate in grand opening. 011-52-664-687-9636. Sunday, September 28, 7 p.m.; Centro Cultural Tijuana, Paseo de los Héroes and Mina Street. (BAJA)

Harvest Festival Tour three wineries — L.A. Cetto, Barón Balché, and Rancho Doña Lupe. Tickets include lunch. Reservations: 011-52-664-681-2735. Saturday, September 27, noon; \$75. L.A. Cetto Winery – Valle de Guadalupe, at km 73.5 on Ensenada-Tecate Highway 3, in Guadalupe Valley. (BAJA)

International Jazz Festival Ensenada 2008 Gilbert Castellanos, Cosmologic, Ensenada Jazz, Tico's Band, Neto Lizarraga, Son de Aca, Contrapunto, and Blues Tequila perform on waterfront at giant flagpole. 011-52-646-176-

3005 or 011-52-646-177-1195. Sunday, September 28, noon; Plaza Ventana al Mar, Boulevard Costero at Alvaro Street. (BAJA)

**Kinki** Rock concert. 619-734-2333. Saturday, September 27, 11 p.m.; \$25. El Foro, Seventh and Avenida Revolución, downtown. (BAJA)

**Tropical Time!** Enjoy tropical music by Sonora Santanera and Neto Lizarraga Orchestra. 619-498-0023. Saturday, September 27, 8 p.m.; Mezzanine Show Center, Boulevard Insurgentes, 3a Etapa Zona Río. (BAJA)

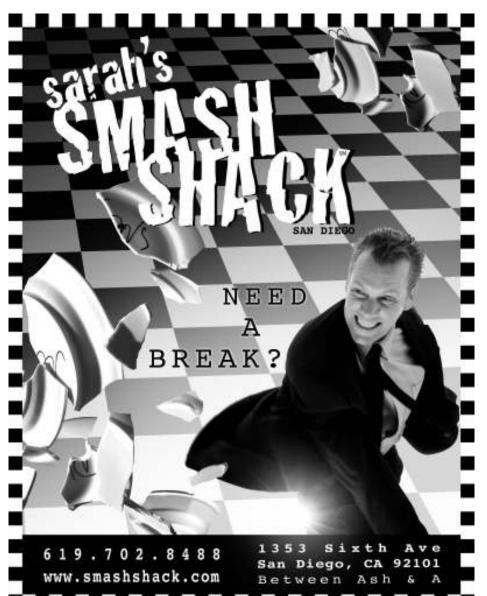
#### SPECIAL

"An Autumn Affaire" Reception for painter Rita Shulak, featured artist during September. Exhibit includes more than 40 pieces. 760-753-7376. Thursday, September 25, 6 p.m.; Encinitas City Hall, 505 South Vulcan Avenue. (ENCINITAS)

"Beyond the Reef, Island Voyagers" 14th annual San Diego Pacific Islander Festival promises cultural booths, foods, crafts, artifacts, entertainment. 619-699-8797. Saturday, September 27, 9 a.m.; Sunday, September 28, 8 a.m.; Ski Beach, Ingraham Street and Vacation Island Road. (PACIFIC BEACH)

"Breakfast for Dinner" It's the theme for monthly family vegan potluck. See Kurt Russell in *Big Trouble in Little China*, and bring vegan breakfast foods to share. "Dress in your pajamas (seriously)!" Dinner at 7 p.m., movie at 8 p.m. 858-534-2311. Monday, September







For more information visit SeaWorldSanDiegoAuditions.com

or call the Audition Hotline at (619) 226-3607

#### What's That You're Reading?

NAME: EDEN GANNON | AGE: 19 | OCCUPATION: RESTAURANT HOSTESS NEIGHBORHOOD: SHERMAN HEIGHTS | WHERE INTERVIEWED: CITY COLLEGE



#### What are you reading?

"Breaking Dawn, by Stephenie Meyer."

"It's a romance novel about a young woman. Bella, and a vampire. Edward. It's part of the Twilight series. This one is different from the rest because it's written from two perspectives. Bella's best friend is Jacob, and he's a werewolf, and he doesn't like vampires. The others are only

from Bella's perspective, but this one also has Jacob's perspective. He's still in love with Bella, and he's trying deal with the fact that Bella is married to this vampire, and now this vampire has impregnated her, and the abomination in her womb is killing her. So he's angry. But Bella loves Edward and wants to keep the baby because it's a symbol of her love for Edward, and also she wants to become a vampire so she can live with Edward forever. He's a hero, and he's very noble — he was born in the 19th Century, so he has a lot of these old-school mannerisms. He's very chivalrous."

#### Who is your favorite character?

"Bella — she's the protagonist, and she's very easy to relate to. Meyer documents the high school experience, and I'm just out of high school. Bella is very free-spirited, and she gets into a lot of trouble. She doesn't quite fit in, but she fits in with these misfits, who are a bunch of good-looking vampires."

#### Compare this to other books you've read.

"The closest thing I can think of is a more mature version of Harry Potter. The vampires and werewolves aren't in a separate world; they exist in this world. They go to school; they go through all the steps of being a human being. But they're superhuman."

#### What book has been the most life-changing for you?

"The Things They Carried, by Tim

O'Brien. I've always been so anti-war, and nobody close to me has ever been in the military. But I'm from Chicago, and it seems like probably one out of five people I meet here from San Diego is somehow related to the military, and the book has given me an appreciation for the different people around me not even necessarily just soldiers. It's in diary form, and he talks about seeing his best friend step on a grenade and die. Then he goes from that to talking about one of his best friends who came back here and ended up killing himself. Nobody really appreciated him or the work he did over there: everybody he knew had moved on with their life."

#### Who are your favorite authors?

"I really like Nicholas Sparks — he's a romance novelist. He wrote A Walk to Remember and Message in a Bottle.

I like the way he writes and the way he approaches characters — it's a very easy read, and within the first five pages, you already have a sense of who they

#### What magazines or newspapers do you read?

"I'm a Chicago Tribune girl. I go online to read it. I'll generally read about 20 articles a week all the way through. And I read Cosmo and the trashy magazines when I'm waiting in line at the grocery store."

#### Do you talk to your friends about reading?

"Oh, yeah. We talk about the news, especially. But since getting into the Twilight series, I've approached coworkers and started discussing it. We talk about the different characters, why they appeal to each of us."

To get an online version of this column, go to sdreader.com. You can print it, email it to friends, and get other columns on the same subject.

29, 7 p.m.; Ché Café, 9500 Gilman Drive, B-0323C, (LA JOLLA)

#### "Chromantic" Walk Through David Fobes leads tour of his exhibition, covering "historical inspirations of his work, its technique' and his take on color theory. Exhibit closes Friday, October 10. 619-231-3900. Thursday, September 25, 7 p.m.; Simayspace at Art Academy of San Diego, 840 G Street. (DOWNTOWN)

"Guilty by Association" Five local celebrity chefs team up at Molly's Restaurant for five-course tasting event featuring dishes prepared by chefs "who have a 'guilty' association with one another. Participants include chef Jeff Jackson of the Lodge at Torrey Pines, chef Jason Knibb of Nine-Ten, chef Christian Graves of J Six, chef

Starting at \$399

(gratuity included!)

6-Hour Weekend Special

Jeff Thurston of the Prado. Fee: \$55 per person, with \$25 fee for wine pairing. Required reservations: 619-230-8909. Thursday, September 25, 6:30 p.m.; \$55–\$80. Molly's, 333 West Harbor Drive.

#### "People's Fall Art Show" Group show featuring local artists Weston Riffle, Stephen Rowell, and Lisa Bella Bryson opens with reception including music, food, "plenty of great art to view." Show continues through December. 619-224-1387. Friday, September 26, 6 p.m.; Ocean Beach People's Organic Foods Co-Op Deli, 4765 Voltaire Street. (OCEAN BEACH)

"Reinventing the Wheel San Diego" Sanctuary143 hosts event in renovated warehouse. Artists and bikesmiths will evaluate

Ask about our

FREE Birthday

Packag

Weekday Special

Starting at \$189

800-882-6554

www.utclimo.com • TCP-017514

(gratuity not included)

role of wheel through painting, restored vintage and hand-built bicycles, sculpture, photography, video installation. Participating artisans: Acamonchi, Thatcher, Josh Higgins, Jorge Tellaeche, Gabriel Salcedo, Keikichi Honna, Sandee Manuel, Sean Ward, Mark Klammer, Eneri Abillar, Anthony Bareno, Amy Burkhart, Jeff Faeth, Stacy Kelley, Tocayo, Sean Kelley, Ron Miriello, Tony Greene, and Aki Kaneko. Sounds provided by Gabe Vega, Mr. Biggs, Will Redd. 760-487-1137. Saturday, September 27, 7 p.m.; Logan, 1660 Logan Avenue. (LOGAN HEIGHTS)

#### "The Archaeology of Nate Harrison" Exhibition subtitled "Legacies and Legends of an African-American Pioneer in San Diego County" continues through Thursday, January 15, in Donor Hall at Love Library. Harrison was this region's first African-American homesteader; a former slave, he lived during the late 19th and

early 20th-centuries atop Palomar Mountain. Exhibit focuses on archaeology of legend and everyday life, with artifacts, historical pictures, and primary documents. 619-594-6791. Thursdays, 7 a.m.; Fridays, 7 a.m.; Saturdays, 7 a.m.; Sundays, 7 a.m.; Mondays, 7 a.m.; Tuesdays, 7 a.m.; Wednesdays, 7 a.m.; through Thursday, January 15, 2009, Malcolm A. Love Library at SDSU, 5500 Campanile Drive. (COLLEGE AREA)

#### Eichmann in Jerusalem: A Report on the Banality of Evil Hannah Arendt's book, originally published in 1963, is subject when San Diego Great Books group gathers. Read and discuss! Newcomers welcome. 619-440-5625. Saturday, September 27, 2 p.m.; San Diego Public Library, 820 E Street, (DOWNTOWN)

Big Ray's Classic Car and Cycle Show San Diego Auto Swap features classics, hot rods, cycles,

high-performance vehicles on display (in conjunction with Kobey's Swap Meet). Vehicles on display and for sale, along with "acres of parts and accessories." 858-484-9342. Friday, September 26, 7 a.m.; San Diego Sports Arena, 3500 Sports Arena Boulevard. (POINT

Cabrillo Festival Head to Ballast Point for music, dancing, kids' activities, and foods of Native Americans, Mexico, Portugal, and Spain, as well as Kumeyaay basket-making and acorn preparation demonstrations, knot tying and 16th Century Spanish soldiers living history encampment. Cabrillo's landing reenactment on Ballast Point begins at 1 p.m. 619-557-5450. Sunday, September 28, 11 a.m.; Naval Base Point Loma, south end of Rosecrans Street, (POINT LOMA)

**Conjecture Science Fiction and Fantasy Convention** Convention brings writers and readers together

to discuss "books and media they love, as well as science, technology, and society." Guest of honor is David Drake, best known for military science fiction (Hammer's Slammers series). Additional speakers: Vernor Vinge, Cody Goodfellow, Batton Lash, Jefferson Swycaffer, William Stoddard, Sherwood Smith, Stephen Potts. Dealers' room, art show, autographs, theme parties. 858-945-2174. Friday, September 26, 2 p.m.; Saturday, September 27, 10 a.m.; Sunday, September 28, 10 a.m.; \$15-\$50. Crowne Plaza Hotel, 2270 Hotel Circle North. (MISSION VALLEY)

Coronado Speed Festival Enjoy "celebration of classic sports and racing cars built from pre-WWII until the 1970s." Over 225 "of the world's most unique and pedigreed machines" compete on spectator-friendly 1.7-mile course constructed on tarmac. Car club corral boasts variety of automobiles ranging in age, model, make;









72 San Diego Reader September 25, 2008

vendor village, displays of Navy jets and helicopters, boats, hovercraft, vintage aircraft. 619-858-1545. Saturday, September 27, 8:30 a.m.; Sunday, September 28, 8:30 a.m.; \$25-\$150, NAS (Naval Air Station) North Island, Alameda Boulevard at 3rd Street. (CORONADO)

Doggie Café Take your friendly, on-leash dog to socialize with other canines. Trainers offer training tips on keeping dogs calm, civilized around distractions. Donation. Reservations: 619-299-7012 x2230, Friday, September 26, 6 p.m.; \$10. San Diego Humane Society and SPCA, 5500 Gaines Street. (LINDA VISTA)

House of Germany Take in music, dance, cultural costumes when organization hosts lawn program. Food for sale. 619-234-0739. Sunday, September 28, 2 p.m.; House of Pacific Relations, 2125 Park Boulevard. (BALBOA PARK)

La Jolla Gallery and Wine Walk Explore 22 galleries, 16 restaurants, and 44 wines during event. Start evening at ticket willcall site, at La Jolla Visitor Information Center. 619-233-5008. Thursday, September 25, 5 p.m.; \$30-\$35. Ages 21 and up. La Jolla Visitor Information Center, 7966 Herschel Avenue. (LA JOLLA)

Make Space in Your Tack **Shed!** Horses of Tir Na Nog horse rescue organization benefit from 2008 Cowboy Swap Meet. Space rental for sellers: \$30. 619-659-1328. Sunday, September 28, 8 a.m.; McClintock Saddles, 25077 Viejas Boulevard. (ALPINE)

Mission Hills Heritage Fall 2008 Walking Tour Walking tour of Presidio Park hosted by Mission Hills Heritage. Influence

of first Native American peoples and later settlers, as well as modern revisionist period of George Marston, John Nolan, Roland S. Hoyt, others discussed. The 90minute walking tours explore original sites of first mission and presidio (fort) as well as the modern (1929) Serra Museum by William Templeton Johnson and present landscaping.

Docents lead walking tours of Presidio Hill and Park, starting at 1 p.m., departing from Presidio Park Arbor every 15 minutes through 2 p.m. Wear comfortable walking shoes. Day-of-event tickets available at corner of Presidio Drive and Cosov. 619-497-1193. Saturday, September 27, 1 p.m.; \$10-\$15. Presidio Park, 2811 Jackson Street. (OLD TOWN)

Museum Day Smithsonian magazine hosts fourth annual event with free admission to 14 participating county museums for Smithsonian readers and Smithsonian.com visitors. Attendees must present Smithsonian magazine's Museum Day admission card to gain free entry to participating institutions. Saturday, September 27, 10 a.m.; California Center for the Arts, Escondido Museum, 340 North Escondido Boulevard. (ESCONDIDO)

**New American Comfort Food** Chef Matt Gordon of Urban Solace demonstrates sweet corn spoon bread, brined pork chop with braised Swiss chard, more. 619-299-9811 x4231. Saturday, September 27, noon; \$30. Macy's Mission Valley Home Store, 1555 Camino de la Reina. (MISSION VALLEY)

**Prowlers Ol' Timers Picnic** 61st annual show open to all special-interest cars; "Prowlers Pick"

\$100\_Off\_English\_Class\*

**English as a Second Language Program** 

Bachelor's, Master's, or Ph.D. degree in Psychology!

W/ this ad. New students only. Not valid w/ any other offer. Exp. 10/31/08.

Bachelor's and Master's Degrees in

Free ESL class every Wednesday 2-3 pm. Anyone welcome!

Business Administration for \$390-\$400 a month

award, food, music, vendors, "cracklefest." 619-447-5600. Sunday, September 28, 9 a.m.; Bates Nut Farm, 15954 Woods Valley Road, (VALLEY CENTER)

Quarterly Book Sale Music, books on a variety of subjects, CDs and LPs, along with crafts by local artisans on offer during sale. Live music featured throughout day. 858-454-5872. Saturday, September 27, 10 a.m.; Athenaeum Music and Arts Library, 1008 Wall Street. (LA JOLLA)

Reuse/Repair Fair and EcoFilm Festival Zero Waste San Diego hosts event. On tap: more than a dozen exhibitors and hands-on workshops, four films, activities for children as well as adults. Screenings of The Story of Stuff. The Recyclergy, The 11th Hour, and Blue Vinyl. 619-531-1539. Saturday, September 27, 10 a.m.; Point Loma Library, 3701 Voltaire Street. (POINT LOMA)

Sample All Things Viking! Norwegian Fish Club Odin and Sons of Norway Lodge host Viking Festival 2008. Viking log toss competition, axe throwing, fiske fling, battle cry competition, Viking battles and encampment, live music, arts and crafts, foods. Two-day pass: \$11. 760-724-6592. Saturday, September 27, 11 a.m.; Sunday, September 28, 11 a.m.; Norway Hall, 2006 East Vista Way. (VISTA)

San Diego Bonsai Club Fall Show "Enjoy the ancient art of bonsai in a quiet, beautifully presented exhibition" in Casa del Prado room 101. Learn about bonsai, shop at sale. Demonstrations at 11 a.m. and 2 p.m. 760-431-1014. Saturday, September 27, 10 a.m.; Sunday, September 28, 10

# "I got no response from my ad!"

In 90 minutes, learn the secrets to getting a dramatic response from your print ad the very next time it runs

#### Absolutely free.

Wednesday, October 8, 8-9:30 am at the Handlery Hotel, 950 Hotel Circle North

A \$250 value absolutely free, without any sales pitch. In fact, breakfast is on us!

I received such a

strong response from

my ad after trying the

new techniques that

now I have another

problem-a waiting

list a mile long. If you

get the opportunity,

you owe it to your

business to learn this

approach."

−Patricia Licari

Wee Times Scarsdale, New York

If you're running a business and looking for ways to improve the response of your advertising, come join us on

Wednesday morning, October 8, when internationally acclaimed ad strategist Bob McInnis will share his powerful approach to getting a strong response.

This 90-minute seminar, sponsored by the San Diego Reader, will teach you a logical, step-by-step process to maximize the number of target customers seeing, reading, and responding to your ad. Each technique is illustrated by a number of real-life "before and after"case studies.

dramatically increase their sales. And many top newspapers turn to McInnis to help their own advertisers get a better response, including the Washington

> Business Journal, the Boston Herald, the Cincinnati Enquirer, the Hartford Courant, The Oregonian, and the Toronto Globe and Mail

His website, DesignYourAd.com, is the world's largest advice site teaching print advertising effectiveness.

We know how elusive getting a strong response in any medium can be, and we realize we're all in this together. That's why the San Diego Reader is providing this as a

service to its business community, without any newspaper sales pitch. So come join us and learn a new way to make your advertising

McInnis's down-to-earth and entertaining seminar has helped tens of thousands of businesses

#### Some of the topics covered in the DesignYourAd print ad effectiveness seminars:

- The three key elements that should be in every ad but rarely are
- Why the most important question of all has nothing to do with your business
- What graphics and words grab the most attention and why
- · Which headlines pull best
- Other critical elements that drive response
- An easy way to determine the most profitable ad size



- · Why most businesses are budgeting backwards
- Where to position your logo for best retention
- Why your ad should work the very first time
- · How often your ad should be running and when to change it
- Valuable things you can learn by looking at your competitors' advertising
- How to troubleshoot a failing ad or make a good one better

#### Reserve Now – Seating is limited!

What: Free no-obligation seminar (\$250 value) • When: Wednesday, October 8, 8-9:30 am Where: Handlery Hotel, 950 Hotel Circle North

How: Call to reserve your space at 619-235-3000, ask for Jane Daley



(Certificates also available)

Classes also available online!

ESL/TOEFL \$300 a month

San Diego University for Integrative Studies





Afternoon

& evening

classes

800.234.7041 or 619.297.1999

Now in Old Town • 3900 Harney St. #210 • Come in today or call. www.sduis.edu

a.m.; Casa del Prado, El Prado. (BALBOA PARK)

See Ephemera and Journals! San Diego Historical Society Research Library and Booth Historical Photograph Archives plans "dropin" open house. Glimpse rarely exhibited documents, manuscripts, historic photographs. Library staff, archivists on hand to answer questions. 619-232-6203 x129. Saturday, September 27, 2 p.m.; \$3-\$6. Museum of San Diego History, 1649 El Prado. (BALBOA PARK)

Sight and Sound Walk the Walk presents its next preview night boasting range of performances, exhibitions from October's "top events" including San Diego Asian Film Festival, Trolley Dances 2008, House of Blues concerts, more. Hors d'oeuvres served. 619-846-7180. Thursday, September 25, 7:30 p.m.; \$5. Ages 21 and up. WorldBeat Cultural Center, 2100 Park Boulevard. (BALBOA PARK)

Taste of Asia Enjoy food prepared by 20 to 30 local restaurants from different Asian cultures; interactive cultural and educational activities. live ethnic entertainment. Ticket includes ten tastings; additional tasting tickets \$5, 619-318-9227. Saturday, September 27, 10 a.m.; \$15. House of Pacific Relations, 2125 Park Boulevard. (BALBOA PARK)

Time to Scream! Del Mar "Scaregrounds" hosts annual Scream Zone, boasting "House of Horror" with rooms filled with "terrifying scenes and scares," haunted havride through haunted barns on racetrack, and "the Chamber," promising "the largest spinning

tunnel in San Diego." Call to confirm hours, open dates: 858-755-1161 x2855. Fridays, 7 p.m.; Saturdays, 7 p.m.; Sundays, 7 p.m.; Mondays, 7 p.m.; Tuesdays, 7 p.m.; Wednesdays, 7 p.m.; through Saturday, November 1, \$14-\$27. Del Mar Fairgrounds, 2260 Jimmy Durante Boulevard, (DEL MAR)

Understanding Plato It's the goal when P&R Discussion Group meets. 619-370-1027. Thursday, September 25, 7 p.m.; Filter, 4096 30th Street, (NORTH PARK)

#### **SPORTS**

A Dismal End... San Diego Padres host Pittsburgh Pirates for final regular-season baseball games. Games broadcast on radio station XPRS (1090 AM), XEMO (860 AM) in Spanish. Tickets: 619-795-5000, 877-374-2784. Friday, September 26, 7:05 p.m.; Saturday, September 27, 7:05 p.m.; Sunday, September 28, 1:05 p.m.; \$8-\$57. Petco Park, 100 Park Boulevard. (DOWNTOWN)

AIDS Walk San Diego 19th annual 5K walk and 10K starts at Quince Street and Sixth Avenue. 619-291-9255. Sunday, September 28, 8 a.m.; \$25-\$35. Balboa Park, Park Boulevard at Presidents Way. (BALBOA PARK)

Fall Dressage Show San Diego chapter hosts show. 858-481-9085. Saturday, September 27, 8 a.m.; Sunday, September 28, 8 a.m.; Del Mar Horsepark, 14550 El Camino Real (DEL MAR)

Fight Night at Sycuan Card includes bout between Bernabe Concepción and Giovanni Caro, as well as other undercard bouts. 619-659-3380. Thursday, September 25, 7:30 p.m.; \$50-\$150. Ages

#### OUT & ABOUT

MISSION HILLS HERITAGE **FALL 2008 WALKING TOUR** Saturday, September 27, Presidio Park.

(SEE SPECIAL)



18 and up. Sycuan Resort, 3007 Dehesa Road. (EL CAJON)

Girl Scouts Run/Walk for a **New Day** The 5K run/walk starts at 7:30 a.m., 1-mile run/walk steps off at 8:30 a.m. 760-451-1030. Saturday, September 27, 7:30 a.m.; \$25-\$30. NTC Promenade, 2640 Historic Decatur Road. (POINT LOMA)

Motoexpo San Diego International motorcycle show combines "juried show of motorcycles and the...spectacle of extreme motorcycle stunt riding." Juried show boasts 32 open classes, \$3500 in prize money. Show highlights include Motomasters, a "collection of one-of-a-kind, handcrafted motorcycles and a vintage motorcycle display." 858-755-1161. Saturday, September 27, 10 a.m.; Sunday, September 28, 10 a.m.; Del Mar Fairgrounds, 2260 Jimmy Durante Boulevard. (DEL MAR)

Ramona — The Shortest Way Bicycle up some hills to Ramona for lunch with San Diego Bicycle Touring Society riders. Bring money for lunch in Ramona. Expect 68 miles of pedaling. 619-473-8513. Sunday, September 28, 8:45 a.m.; Doyle Park, 8175 Regents Road. (UNIVERSITY CITY)

Surf City Squash Group hosts tournament for 16 teams of five. Each team must have one professional player, three amateur players, and one Surf City Squash student. 858-452-0122. Saturday, September 27; Sunday, September 28; Surf City Squash, 11660 Vietta Terrace. (MIRA MESA)

Triple Crown of Polo Finals Closing day arrives for San Diego Polo Club. Half-time promises Bill Allen's Bi-Plane Fly-in and antique car collection. Suggested attire: Tiffany blue and chocolate. Preliminary matches at 1:30 p.m., feature match at 3 p.m. Parking: \$5. 858-750-6841. Sunday, September 28, 1:30 p.m.; \$10-\$25. San Diego Polo Club, 14555 El Camino Real. (RANCHO SANTA FE)

#### MUSEUMS

**Bonita Museum and Cultural** Center The museum highlights the history of the Sweetwater Valley from the mid-1800s, with historical photographs; artifacts, tools, and farming implements; the district's 1953 fire engine; and bound copies back to the 1930s of the Chula Vista Star News. 619267-5141. 4355 Bonita Road, 619-267-5141. (BONITA)

Campo Railroad Museum Campo Railroad Museum, showcasing more than 130 years of American railroad history and technology through static and operating exhibits, the museum includes cabooses, steam and diesel locomotives, track motorcars, 1880s "Iim Crow" segregated passenger cars. Interpretive 1.5-hour train rides offered each weekend (11 a.m., 2:30 p.m.) over portion of the San Diego and Arizona Eastern Railway. 31123-1/2 Highway 94, 619-465-7776. (INLAND BORDER TOWNS)

**Chinese Historical Society and** Museum From 1600s until early 20th Century, it was a common social custom in China for friends to exchange tiny spoonfuls of snuff tobacco from each other's bottles when meeting; snuff bottles were an essential accoutrement to upper-class lifestyle. Bottles were made from various materials including carved stone, jade, ivory, metal, porcelain, cloisonné, glass. "Snuff Bottles: A Hidden Chinese Art" showcases 42 19th- and early 20th-Century snuff bottles collected by Peg Evans between 1937 and 1939 in China. Some modern

pieces will also be on display.

Closes Tuesday, September 30.

See artifacts from San Diego's Chinese and Chinese-American history, culture, and art. Current museum artifacts include a 1920s warlord's bed, exhibits on Chinese footbinding and Chinese-American veterans. The museum is in a building originally built in 1927 for the Chinese Mission. Adjacent to the building is an Asian garden with koi pond and waterfall. 404 Third Avenue, 619-338-9888. (DOWNTOWN)

Chula Vista Heritage Museum The museum features glimpses of Chula Vista's past; exhibits feature lemon packing-crate labels, pho-

tographs of downtown Chula Vista, doors and adobe blocks from the original Star newspaper building, and relics from the Otay Watch Company. 360 Third Avenue, 619-427-8092. (CHULA VISTA)

Creation Museum A museum contrasting the evolution and creation worldviews. 10946 Woodside Avenue North, 619-448-0900.

Gemological Institute of America Museum Permanent exhibits include displays depicting science and art of gemstones and history, lore and cultural significance of jewelry. Reservations are required. 5345 Armada Drive, 800-421-7250. (CARLSBAD)

Heritage Walk Museum The museum includes the restored Victorian house, the city's original Santa Fe Train Depot, a railroad car with model train, working blacksmith shop, and a barn. Find Heritage Walk in Grape Day Park. 321 North Broadway, 760-743-8207. (ESCONDIDO)

House of Pacific Relations International Cottages are open every Sunday, noon-4 p.m., presenting history and traditions of 30 ethnic groups. On fourth Tuesday of each month, Children around the World videos screened in Hall of Nations, select cottages open.

# Wedding Guide

A free, 24-bour line for planning your wedding.

#### Call 619-233-9797

and press the 4-digit extension (in bold type) of the topic or advertiser that interests you. Or go online at SDReader.com/wedding

#### **Planning Tips**

<b>.</b>	
Bakers	. 5105
Bridal Attire	. 5102
Bridal Shows	. 5120
Caterers	. 5104
Ceremony Sites	. 5106
Clergy	
Consultants	
Dance Lessons	
Decorations	. 5113
Disc Jockeys	
Florists	
Formal Wear	. 5103
Gift Registries	
Health & Beauty	
Honeymoon	
Invitations	
Jewelers	
Limos & Valet	
Musicians	
Photographers	

Reception Sites......5107

#### Don't Let The "French" In French Gourmet Scare You! We Offer Delicious Values!

From simple hors d'oeuvres & cakes to elaborate buffets or sit-down receptions, our experienced staff will plan a menu that will please your guests and someone's wallet. Visit www.thefrenchgourmet.com or consult us at 800-929-1984 x125. Free cake tasting. 960 Turquoise, PB. Serving San Diego since 1979 . . . . . 5308

#### **Affordable Customized Wedding Ceremonies**

Church services or barefoot on the beach. Call 858-350-1053. See www.personalizedweddings.zoomshare.com E-mail, sjwallace1053@yahoo.com . . . . . **5326** 

#### **Bridal Bazaar** Sunday, October 26

Del Mar Fairgrounds, 10am-4pm. More than 200 exhibitors with everything for your wedding. Info, coupons, www.bridalbazaar.com...... **5208** 

> To place your ad in the Wedding Guide, call 619-235-8200.



BIPLANE, AIR COMBAT & WARBIRD FLIGHTS

3750 John J. Montgomery Drive, Suite D. San Diego, CA 92123 800-759-5667 • www.barnstorming.com









September 26 - November 1



#### The Del Mar Scaregrounds

Friday & Saturday, September 26 & 27 Friday-Sunday, October 3-5 Thursday-Sunday, October 9-12 & 16-19 **Every night October 23-November 1** 

Sunday-Thursday 7-11 pm Friday & Saturday 7 pm-midnight

For info: 858-755-1161

www.thescreamzone.com

ticketmaster



# **Cabrillo Festival**



Where cultures come together and history comes alive.

Sunday, September 28 11 am-3:30 pm

Ballast Point, Naval Base, Point Loma (south end of Rosecrans)

- Free admission Historical reenactment
- Live music Delicious food Exciting dancers
- Cultural vendors Fun for the entire family

Be a part of history and welcome 16th-century explorer Juan Rodriguez Cabrillo as he steps ashore on Ballast Point, Sunday, September 28.

For more information call: 619-557-5450 ext. 0 or 619-222-6786 CabrilloFestival.org

# critically acclaimed

(and the movies aren't bad either)

- vapor distilled purity
- electrolyte enhanced hydration
- perfect with popcorn



Sept. 25-28, Gaslamp Theatre

buy \$10 of **smart**water at henry's and bring your receipt to the box office to get a 2 for 1 ticket to the San Diego Film Festival!

(while supplies last)







What if this was your house? This concert is here to help.

October 4, 2008 **Lakeside Rodeo Grounds** 12 noon - 10 pm

> Celebrate our heroes, give help to our neighbors.

It's time for the people to help the people. The government has done what it can, and it's still not enough. These are only two of hundreds of families in need.

Who is benefitting from the concert?



To Purchase Tickets: www.rocsd.net 800-595-4849

The Black

5017 Newport Ave. Ocean Beach

Wild Bill's Western **Emporium** 

1235 Broadway, El Cajon

Information: 619-972-7263

Presenting: \

Badfinger Prickets Canned Heat Strawberry Alarm Clock Big Brother and the Holding Company Electric Prunes Sky Sunlight Saxon The Seeds The Rose Garden

Vendor booths available!















NEWS NEWS.com







# Calendar Local Events

2125 Park Boulevard, 619-234-0739. (BALBOA PARK)

J.A. Cooley Museum An eclectic collection of items — including displays on phonographs, clocks, electric trains, and 20 other types of collections — is featured at the museum. The current featured attraction is an "Industrial Product Collection," with examples of the historical progression of auto technology from 1886–1915, "some classics and a concept car." 4233 Park Boulevard, 619-296-3112. (UNIVERSITY HEIGHTS)

**Leo Carrillo Ranch Historic Park** Leo Carrillo Ranch Historic Park, old adobe buildings were once vacation retreat and working rancho of actor Leo Carrillo. Tours on Saturdays (11 a.m., 1 p.m.) and Sundays (noon, 2 p.m.). 6200 Flying Leo Carrillo Lane, 760-476-1042. (CARLSBAD)

Marine Corps Recruit Depot Museum Housed in a historic building, the museum features five permanent galleries with artifacts, uniforms, vehicles, weapons, and photographs depicting Marine Corps history. The museum is located in Building 26 at MCRD, just inside Gate 4, off Pacific Highway. Witherby Street and Hancock Street, 619-524-6038. (DOWNTOWN)

Marston House Museum Historic home sits on five acres of

landscaped grounds with a formal English Romantic garden. Built for civic leader and department store founder George Marston and his family by San Diego architects William Hebbard and Irving Gill, the Marston house design is in keeping with the early 20th-Century American Arts and Crafts period, emphasizing simplicity, function, and natural materials. 3525 Seventh Avenue, 619-298-3142. (HILLCREST)

Museum of San Diego History

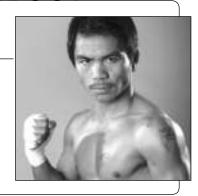
"Place of Promise: Stories of San Diego" lets visitors "literally walk on San Diego"; a map of county extends from wall to wall across the floor. Also featured in ongoing exhibit are two large 1930s murals by artist Charles Reiffel and a 1910 San Diego streetcar. Stories of San Diego are interpreted through images, artifacts, oral histories from society's collection. The museum is located in the Casa de Balboa building. 1649 El Prado, 619-232-6203. (BALBOA PARK)

New Americans Museum in NTC Promenade "Through My Father's Eyes: The Filipino American Photographs of Ricardo Orceto Alvarado (1914–1976)" is a collection of 50 photographs offering "rare insight into the emergence of the Filipino-American community in postwar America." The complete collection of nearly 3000 photographs was discovered in 1976 by teenaged Janet Alvarado in basement of her family home following her father's death. Closes Sunday, November 2. 2825 Dewey

#### OUT & ABOUT

FIGHT NIGHT AT SYCUAN CASINO Thursday, September 25.

(SEE SPORTS)



Road Suite 102, 619-255-8908. (POINT LOMA)

Parsonage Museum of Lemon Grove "Messages from the World: The Story of the Lemon Grove Post Office" follows evolution of local post office from horse and buggy days through modern times. Also on view: "The Children's Room," "The Parents' Room," "The Sewing Room," offering installations evoking life in the parsonage from 1900–1940. 3185 Olive Street, 619-460-4353. (LEMON GROVE)

Reuben H. Fleet Science Center
Oozing with disgusting science

Oozing with disgusting science and hands-on learning games, "Animal Grossology" takes a scientific look at "some of the slimiest, stinkiest, and downright yuckiest creatures on Earth," adapted from author and science teacher Sylvia Branzei's *Grossology* children's book series. Visitors gain perspective on animal kingdom,

with 16 exhibits bringing to life gritty and gross facts about some of "nature's most disgusting critters." Opens Saturday September 27, and continues through Sunday, January 4, 2009.

"Tinkering" features more than 20 hands-on exhibits bringing out "your inner inventor" with pulleys, computer circuits, turntables, wind tunnels, more. In the "Tinkering Studio," kids transform household items into catapults, robots, spectroscopes, more. Closes June 7, 2009.

Ongoing exhibitions include "Origins in Space: Spin-Offs in Science and Technology," "So WATT! An Illuminating Look at Energy," "Aging for All Ages," "Kid City" (for preschoolers), "TryScience!" "Escape from Dino Island" is theme for motion simulator ride. Films are shown daily in the IMAX theater. 1875 El Prado, 619-238-1233. (BALBOA PARK)

**San Diego Air and Space Museum** "Star Trek: The Exhibition" is said to contain "the world's most comprehensive collection of authentic *Star Trek* ships, re-creations, sets, costumes, and props" from five television series and ten films created for more than 40 years. Sit on a re-creation of the original USS *Enterprise* bridge, enjoy a motion simulator.

Technological advancements made in aircraft propulsion over the last century are showcased in "100 Years of Aircraft Engines," including a functional reproduction of the 1903 Wright Flyer Engine; a Rolls-Royce liquid-cooled Merlin V-12 that powered the Spitfire and P-51 Mustang fighters; and a rare German Junkers Jumo 004, one of the world's first operational jet engines.

Concurrently, see "The History of Commercial Aviation in America." A new section of the exhibit celebrates the 40-year history of PSA, with original graphics, a re-creation of the airline's first ticket booth at Lindbergh Field, and uniforms and memorabilia donated by former employees. Ongoing.

"P-51 Mustang" celebrates the legendary Air Force fighter used during both World War II and Korea. The museum's Mustang is painted in the red-tail livery of the Tuskegee Airmen, who distinguished themselves flying bomber escort and ground-attack missions during World War II.

The museum offers exhibits of over 65 aircraft — including an RO-1K Predator UAV (unmanned

aerial vehicle) on indefinite loan from the National Museum of the United States Air Force at Wright-Patterson Air Force Base, which "saw action over the Balkans in the late 1990s"; a replica of Spirit of St. Louis: a Fokker Scourge (or Fokker Eindecker E-III); a World War I Spad VII: flight deck of the USS Yorktown; and a Lockheed Blackbird spy plane — 1400 scale models, 10,000 aviation-related items, and memorabilia from Montgolfier hot-air-balloon era to Space Age, along with an International Aerospace Hall of Fame.

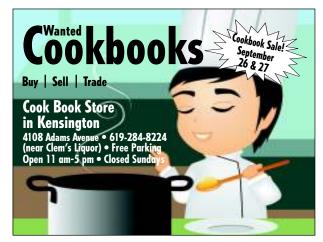
The museum is located in the Ford Building in the Palisades area. 2001 Pan American Plaza, 619-234-8291. (BALBOA PARK)

San Diego Archaeological Center "What Is Archaeology?" exhibit provides basics of archaeology in San Diego region from 9000 years ago to present day. Artifacts from center's collections provide look at past for young and old alike. Treasure hunt activity "archaeology quest" for kids, artifact matching game, hands-on crafts and research station. Closes Tuesday, July 21, 2009.

Center hosts monthly archaeological-themed lectures, workshops, and family events on second Saturday of each month. Museum is dedicated to curating and sharing archaeological collections with public for educational, scientific, cultural use. 16666 San Pasqual Valley Road, 760-291-0370. (ESCONDIDO)

**San Diego Automotive Museum** "Motocross America: The Early











Years," continuing through Thursday, September 25, showcases history of motocross, traces evolution of the sport with memorabilia and over 60 off-road machines owned and raced by legends of the sport. A BMW R-1200 GS Adventure bike is on display in lobby. "Hall of Heroes" pays tribute to decades of American racing champions.

More than 80 automobiles and motorcycles from horseless carriages to future prototypes are included in the museum's permanent collection. Find the museum near the Starlight Bowl. 2080 Pan American Plaza, 619-231-2886.

San Diego Hall of Champions Ongoing exhibits include "Bird Watching - Tony Hawk in Flight," "Surfing in San Diego," exhibits of baseball card art, fencing, local rugby history. The museum is dedicated to promoting, recognizing, and preserving athletic achievement. 2131 Pan American Plaza, 619-234-2544. (BALBOA PARK)

#### San Diego Maritime Museum

"The Art of the Boat — Photos from the Rosenfeld Collection," continuing through July 2009, is collection of over 40 black-andwhite photographs celebrating marriage of great yachts and sea through lenses of father-and-son team Morris and Stanley Rosenfeld. Duo is renowned for photographs of yachts, tall ships, and speedboats and photography of every America's Cup race from 1885-1992.

The photography exhibition "Portrait of Tall Ships" features more than 30 photographs by Thad Koza and Michael Berman. Exhibit includes chronicles of sailing adventures of the museum's ships. Through February, 2009.

'San Diego's Navy," based upon book by same name written by Bruce Linder, is said to be "the only comprehensive exhibit depicting the extraordinary contribution the Navy has made to the history of the San Diego region."

The museum features permanent exhibits documenting the history of San Diego's waterfront and the building of the West Coast by sea, the old San Diego-Coronado ferryboats, the tuna-fishing industry, and the military. The museum fleet consists of the 1863 bark Star of India, the 1898 San Francisco ferryboat Berkeley, and the 1904 Scottish steam yacht Medea. The HMS Surprise, used in film Master and Commander, is permanently on exhibit; see artifacts, costumes, props used in making of the flick.

Also open for touring: a B-39 Soviet attack submarine, among the largest conventionally powered submarines ever built. This Project 641/Foxtrot class diesel-electric submarine was designed to track U.S. and NATO warships throughout the earth's oceans. There are also nautical exhibits, ship carpenters, model building, ships in bottles, woodcarvers, complete research library, 1306 North Harbor Drive, 619-234-9153. (DOWNTOWN)

#### San Diego Museum of Man

"People, Prints, and Politics: China 1920-1980" features work by Chinese artist and scholar Xian Rang Yong from Shandong Province. Yong utilizes Chinese art of woodblock printing to create compelling portraits, landscapes, depictions of cultural activities, political posters. Closes Sunday, October 19.

"Beyond Reasonable Drought" examines "ways in which culture

#### <u>OUT & ABOUT</u>

**REINVENTING THE** WHEEL SAN DIEGO Saturday, September 27, Logan Heights.



PHOTOGRAPH BY ANTHONY BARENO

and climate are intimately connected today as they always have been." Exhibition examines how water resources have affected populations, cultures.

"Gods and Gold: Ancient Treasures from Mexico to Peru" showcases museum's collections of Mexican, Central American, and South American archaeological objects. Rare gold and jewelry, exotic figurines, intricate stonework, and pottery from the ancient world are on display, as well as a crystal skull, on loan from a private collector.

"Art and Expression: The Legacy of Our Collections" highlights 17 key collections, relates stories of the collectors, how collections came to museum, their significance in preserving history of past generations. Objects include pottery, baskets, beadwork, jewelry, woodcarving, folk art, katsinas, bone and ivory implements, shields, textiles.

In "Artists Speak: Contemporary Art from Ghana and Zimbabwe," museum has partnered with artists from Ghana and Zimbabwe to showcase paintings and sculpture by accomplished African

Permanent anthropology exhibit "Footsteps through Time: Four Million Years of Human Evolution" features "more than a hundred touchable replicas of early humans, primates, and futuristic cyborgs (part human, part machine)." 1350 El Prado, 619-239-2001. (BALBOA PARK)

San Diego Tugboat Museum A 100-foot retired Korean War-era tugboat built in 1951 is open for

tours at museum. Boat is docked



See website for details. www.lucky7match.com (619) 890-7117

along Harbor Drive, between Grape Street and Broadway. Harbor Drive, 619-200-7417, (DOWNTOWN)

San Pasqual Battlefield State Historic Park Commemorates the clash (on December 6, 1846) during the Mexican War between the U.S. Dragoons, bolstered by sailors and volunteers from San Diego, and California militia. Narrated slide-show screens throughout the day, telling the story of the war in Mexico and California, Selfguided tour recounts the events of the battle and profiles the leaders of the forces and also describes the lives of the Indians indigenous to the valley. 16666 San Pasqual Valley Road, 760-737-2201. (ESCONDIDO)

**Valley Center History Museum** Movie star, "world-class bodybuilder," and longtime Valley Center rancher Steve Reeves is

remembered in an exhibit continuing through Tuesday, December 30. He appeared in 18 movies and is best known as star of Hercules. Exhibit includes photos, movie memorabilia, personal mementos.

The museum features an educational exhibition centered around a California grizzly bear, described as "the only one on view in San Diego." Also on exhibit: model of an 1862 settler's cabin, collection of Indian baskets, and aerospace display. 29200 Cole Grade Road, 760-749-2993. (VALLEY

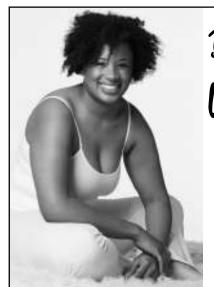
William Heath Davis House Museum is said to be the oldest surviving structure in

the new town area of downtown San Diego. The house is a well-preserved example of a pre-framed lumber "salt box" family home, shipped from the East Coast to California by boat around Cape Horn in 1850, 410 Island Avenue. 619-233-4692. (DOWNTOWN)

Women's History Museum

"Out of the Mouths of Babes: Women's Words & Witticism,' boasts artist Susie Reneau's collection of serigraphs and calligraphy highlighting over 30 years of work. Pieces feature a series of quotations by female poets, actresses, politicians. Closes Friday, October 3. 2323 Broadway, Suite 107, 619-233-7963. (GOLDEN HILL)

SINGLES



# Big beautiful WOMEN and the men who adore them!

♥ Browse & Record (619) 270-4411 Ads FREE!

▼ Talk LIVE with local callers in the chatroom! (858) 764-2609 (760) 494-2597

Put the fun back into meeting local people!







# **CLASSICAL MUSIC**

**HOW TO SEND US YOUR LISTING:** Contributions must be received by 5 p.m. Friday the week prior to publication for consideration. Do not phone. Send a complete description of the event, including the date, time, cost, the precise address where it is to be held (including neighborhood), a contact phone number, and a phone number (including area code) for public information to READER CLASSICAL MUSIC, Box 85803, San Diego CA 92186-5803. Or fax to 619-881-2401. You may also submit information online at SDReader.com by clicking on the events section.

#### CLASSICAL

Hornswoggle in Concert This 20-member French horn ensemble - with members from Coastal Communities Concert Band, San Diego Symphony, La Jolla Symphony, Westwind Brass, and U.S. Navy Band Southwest — performs new arrangements of music from Beethoven, movies, popular songs. 619-594-1696. Smith Recital Hall at SDSU (5500 Campanile Drive), 7 p.m., Thursday, September 25. (COLLEGE AREA)

"Immortal Classics" Enjoy "romantic chamber music for four" when Camarada starts 14th concert season with selections by "world's greatest composers." Program boasts excerpts from Beethoven's "Sonata Pathétique" and his "Romance for Violin," along with works by J.S. Bach, Erwin Schulhoff, Carl Maria von Weber. 619-231-3702. St. Paul's Cathedral (2278 Sixth Avenue), 7:30 p.m., Friday, September 26.

Carlsbad Music Festival Fifth installment of festival begins with concert by Calder Ouartet on Friday. Program boasts a new work by Fabian Svensson of Sweden, winner of the 2008 Carlsbad Music Festival Composers Competition; along with Terry Riley's "Mythic Bird Waltz" and "Lelekovice" by Fred Frith. Preconcert talk at 7 p.m. with Calder Quartet and Fabian Svensson.

On Saturday, UCSD's resident percussion ensemble red fish blue fish plays "Marimba Phase" by Steve Reich, John Cage's "Third Construction," "...having never

written a note for percussion... by James Tenney, "dust into dust" by John Luther Adams, David Lang's "unchained melody,' "Popol Vuh" by Jeff Treviño with video by Ross Karre, and "kein thema" by Marianthi Papalexandri-alexandri. Preconcert talk by leader Steve Schick (7 p.m.).

The ensemble Partch "specializes in the music and instruments of the iconoclastic American maverick composer Harry Partch, who...created one of the most amazing bodies of sensually alluring and emotionally powerful music of the 20th Century." On Sunday, listen for music of Lou Harisson and Harry Partch. Preconcert talk with John Schneider at 1 p.m. 760-809-5501. Schulman Auditorium at Carlsbad City Library (1775 Dove Lane), 8 p.m., Friday and Saturday, September 26 and 27, and at 2 p.m., Sunday, September 28. (CARLSBAD)

Partch Time! As part of the Carlsbad Music Festival, the ensemble Partch plans performance/demonstration of the iconoclastic, longtime Leucadia resident Harry Partch's otherworldly music and instruments. Program features "the Harry Partch talks" with special guests closely associated with Partch and performances of the following compositions: "San Francisco," "Li Po Lyrics," "Three Intrusions," "The Letter," "Come Away," "Death," "Barstow: Eight Hitchhikers' Inscriptions" (selections). Preconcert talk with John Schneider at 1 p.m. Donation. 760-809-5501. Museum of Making Music (5790 Armada Drive), 2 p.m., Saturday, September 27. (CARLSBAD)

Organ Time Civic organist Carol Williams in concert. 619-702-8138. Spreckels Organ Pavilion (2211 Pan American Road), 2 p.m., Sunday, September 28. (BALBOA PARK)

Autumn Concert Series Violinist Päivikki Nykter, cellist Cecilia Kim, and pianist Anna Savvas-Katkov perform Haydn's "Trio No. 39 in G Major (Gypsy)," "Sonata for Violin and Piano in A major" by Fauré, and "Suite Populaire Espagnole" for violin and piano by de Falla. 619-236-5810. San Diego Public Library (820 E Street), 2:30 p.m., Sunday, September 28. (DOWNTOWN)

"An Organ Concert for Everyone" Chancel Choir Concert Series gets underway when San Diego civic organist emeritus Robert Plimpton and bass vocalist Michael Morgan present "a rousing concert of music and song." Program in-

cludes Bach's "Toccata and Fugue in D Minor," "Toccata" by Wilder, and "Variations on America" by Ives, as well as music of Latin, Asian, African-American origin, marches, jazz, gospel, spirituals. Reception follows, 619-239-2346. Christ United Presbyterian Church (3025 Fir Street), 4 p.m., Sunday, September 28. (SOUTH PARK)

More "Immortal Classics" Enjoy "romantic chamber music for four" when Camarada starts 14th concert season with selections by "world's greatest composers." Program boasts excerpts from Beethoven's "Sonata Pathétique" and his "Romance for Violin," along with works by J.S. Bach, Erwin Schulhoff, Carl Maria von Weber, 619-231-3702, Neurosciences Institute (10640 John Jay Hopkins Drive), 6 p.m., Sunday, September 28. (LA JOLLA)

"Sundays at Four" Judy Collier (organist at Bethlehem Lutheran Church) and Marje Fiene (organist at Linda Vista Presbyterian Church) plan four-hand piano concert with pieces by Bach, Debussy, Ravel, and Fauré. Offering. 619-223-6134. Bethlehem Lutheran Church (925 Balour Drive), 4 p.m., Sunday, September 28. (ENCINITAS)

"Big Brass" Westwind Brass opens season with "tribute to London's Philip Jones Brass Ensemble (PJE)." Listen for works by Gervaise, Susato, Abreu, Strauss, Lennon and McCartney, others. 619-501-3562. La Mesa First United Methodist Church (4690 Palm Avenue), 4 p.m., Sunday, September 28. (LA MESA)

Harp for Lunch? Sonia Olivas perform for Athenaeum mini-concert series. 858-454-5872. Athenaeum Music and Arts Library (1008 Wall Street), noon, Monday, September 29. (LA JOLLA)

"Big Brass" Westwind Brass opens season with "tribute to London's Philip Iones Brass Ensemble (PJE)." Listen for works by Gervaise, Susato, Abreu, Strauss, Lennon and McCartney, others. 619-501-3562. Neurosciences Institute (10640 John Jay Hopkins Drive), 7:30 p.m., Monday, September 29. (LA JOLLA)

"A New World" Art of Élan's opening concert - entitled "Awakening" — promises music by American composers Aaron Copland, Mark O'Connor, Richard Danielpour, and classical/bluegrass bassist Edgar Meyer. Reception for musicians follows. 619-692-2081. San Diego Museum of Art (1450 El Prado), 7 p.m., Tuesday, September 30. (BALBOA PARK)

"Big Brass" Westwind Brass opens season with "tribute to London's Philip Jones Brass Ensemble (PJE)." Listen for works by Ger-

**1st Dance** 

vaise, Susato, Abreu, Strauss, Lennon and McCartney, others. 619-501-3562. North Chapel at NTC (2881 Roosevelt Drive), 7:30 p.m., Tuesday, September 30. (POINT LOMA)

San Diego Chamber Music Society Ensemble performs works for horn and string quartet by Mozart and Barber for Free First Wednesdays series. Seats are firstcome, first-served. 800-988-4253. California Center for the Arts, Escondido (340 North Escondido Boulevard), 4 and 7 p.m., Wednesday, October 1. (ESCONDIDO)

#### ART LISTINGS

**HOW TO SEND US YOUR LISTING:** Contributions must be received by 5 p.m. Friday the week prior to publication for consideration. Do not phone. Send a complete description of the event, including the date, time, cost, the precise address where it is to be held (including neighborhood), a contact phone number, and a phone number (including area code) for public information to READER EVENTS, Box 85803, San Diego CA 92186. Or fax to 619-881-2401. You may also submit information online at SDReader.com by clicking on the events section.

#### GALLERIES

"Drawing on Stone" Opening reception for exhibit of fine-art prints "showcasing the unique style of lithographic artwork of Gabriel Fernandez." Closes Tuesday, December 30, 619-283-4834. Gallery 3737 (3737 Adams Avenue). 6 p.m., Saturday, September 27. (NORMAL HEIGHTS)

#### ART MUSEUMS

California Center for the Arts, Escondido Museum Five new exhibitions of work by local artists. See "Active Duty" by Owen Mundy; "Contemporary Ruin: A Selection of Prints by the Los Angeles Printmaking Society"; United & Severed: That Window of Time"; "Shannon McNeill: Little Drawings"; and "Warning Signs," prints by R.H. Brownfield. Each "touches on issues relevant to contemporary life in America including motherhood, activeduty military life, loss, and more." Through November, 340 North Escondido Boulevard, 760-839-4120, (ESCONDIDO)

#### Mingei International Museum

"Hungarian Folk Magic — The Art of Joseph Domjan" includes several of this master woodblock printer's pieces, along with objects from other cultures of the folklore images Domjan often portrayed. "Exhibition is an expression of the power of art to endure war, politics, and disaster and to rise, phoenix-like, from the ashes. Closes Sunday, October 12.

"India Adorned" features selections from museum's Stephen Huyler Collection. Exhibit "reveals the colorful diversity of Indian creative expression, presenting an evocative collection of works that are used in the daily routine of a typical Indian family - objects of worship, personal and domestic adornment, utility, and recreation." Closes Sunday, April 19.

"Forms in Wood and Fiber: Southern California New Work" features work of six distinguished San Diego wood artists and many California Fibers members, "Both fresh perspectives on traditional forms and cutting-edge contemporary expressions will be included in works of superior design and craftsmanship." Participating artists include Wendy Maruyama, Russ Filbeck, Patrick Edwards, Del Cover, Brett Hesser, and Gene Blickenstaff. Closes Sunday, January 4, 2009, 1439 El Prado, 619-239-0003. (BALBOA PARK)

Mingei International Museum - North County 155 West Grand Avenue, 760-735-3355. (ES-

**Museum of Contemporary Art** San Diego, Downtown "Human/Nature: Artists Respond to a Changing Planet" uses contemporary art to investigate relationships between fragile natural environments and human communities depending upon them. Collaborative multiyear exhibition project sent eight artists to eight UNESCO World Heritage sites around globe to complete mini-residencies, create new work informed and inspired by their experiences in these diverse cultural and natural regions. Exhibit features new commissioned works by Mark Dion, Ann Hamilton, Iñigo Manglano-Ovalle, Marcos Ramírez ERRE, Rigo 23, Dario Robleto, Diana Thater, and Xu Bing. Closes Sunday, February 1, 2009.

'Memory Is Your Image of Perfection," curated by MCASD assistant curator Lucía Sanromán, presents photography and video works from museum's collection created by women artists of Southern California and Baja California. Exhibition "investigates the subject of memory through associations, oppositions, and overlaps amongst photographic genres that range from straight documentary photography to manipulated photography." Artists include Eleanor Antin, Uta Barth, Andrea Bowers, Sharon Lockhart, Ana Machado, and Yvonne Venegas. Through November. 1001 Kettner Boulevard, 858-454-3541. (DOWNTOWN)

#### **Museum of Contemporary** Art San Diego, La Jolla

"Weighing and Wanting: Selections from the Collection" marks Hugh M. Davies's 25th anniversary as museum's David C. Coplev Director, Exhibit offers "a personal, idiosyncratic selection of approximately 130 works acquired between 1983 and the present," including works by John Baldessari, John Currin, Robert Irwin, William Kentridge, Nathan Mabry, Yoshitomo Nara, Martin Puryear, Lorna Simpson, Bill Viola, and Lisa Yuskavage. View this "cross-section of paintings, prints, drawings, video, installation art, and photography" through Sunday, January 4, 2009. 700 Prospect Street, 858-454-3541. (LA JOLLA)

Museum of Photographic Arts "Picturing the Process: Landscape through Time and Space" continuing through Sunday, February 1, 2009. — includes selections from MoPA's permanent collection, exploring ideas and issues related to landscape.

"Writing with Light" is said to illustrate "the connections between photography and literacy using the photographic arts as in-

spiration." MoPA's annual youth exhibition offers opportunity to recognize talented students throughout San Diego, linking the medium of photography with writing. Through January, 2009.

"A Literacy of Images: Nancy Newhall and the Art of Photography." Best known for writing text to accompany photographs by Ansel Adams and Edward Weston, Nancy Newhall was also a widely published writer on photography, conservation, American culture. Closes Sunday, January 25. 1649 El Prado, 619-238-7559. (BALBOA PARK)

"The Vibrant Edge: Paintings of Karl Benjamin from the 1960s, '70s, and '80s" - closing on Sunday, October 19 - "illustrates how this West Coast painting icon be-

Oceanside Museum of Art

came known as one of the founding fathers of Hard Edge." Benjamin, whose oeuvre spans more than half a century, says, "Color is the subject matter of painting."

"DAMNGORGEOUS: Millard Sheets and His Southern California Legacy" offers "a comprehensive look at his impressive career from the 1920s to the '80s." Over 40 works of art, including watercolors, oils, etchings, lithographs, and drawings, provide viewers with introduction to Sheets' legacy. In the early 1930s, Sheets helped define a movement known as Southern California Regionalism, depicting rural scenes near his home in Claremont, California. Through Sunday, January 4. 704 Pier View Way, 760-435-3720. (OCEANSIDE)

San Diego Museum of Art Touring exhibition "Georgia O'Keeffe and the Women of the Stieglitz Circle" boasts more than 80 pieces, including work by O'Keeffe, Gertrude Käsebier, Pamela Colman Smith, Anne Brigman, and Katharine Rhoades. These artists were "interested in redefining the identity of the modern woman and explored the changing themes of femininity in modernism." On view through Sunday, September 28.

"Eleanor Antin: Historical Takes," on display through Sunday, November 2, focuses on Antin's recent series of large-scale tableaux photographs based on Greek and Roman history and  $mythology, presented\ together\ for$ first time. "The three series are comprised of comic and psychologically complex melodramatic enactments of actual and fictional classical narratives.'

"Visible Places: Works by Women on Paper" - continuing through Sunday, November 9 showcases works from SDMA's collection. The early- to mid-20th Century pieces offer historical framework allowing consideration of how artistic styles changed over time, reflect upon active participation of women in the social and political currents of the period. Artists included are Mary Cassatt, Käthe Kollwitz, Isabel Bishop, Barbara Hepworth, Leonora Carrington. Exhibit includes "Spatial Gestures," focusing on abstract works by contemporary women artists acquired by museum between 2006 and present.

"Emerging Elites: Indo-Muslim Cultures in Transition" examines artistic transitions that took place in Indo-Muslim cultural centers in the 18th and 19th Centuries. Exhibition treats these paintings as creative, ongoing cultural transformations. Closes Sunday, March 15, 2009. 1450 El Prado, 619-232-7931. (BALBOA PARK)



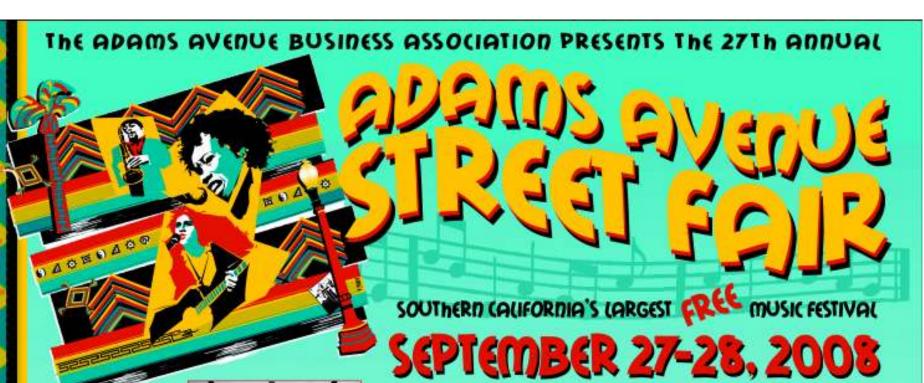
méxico

assistance in English.

#### Class Free! (with this ad) No strings. No contracts. 20 instructors. Drop in anytime! Ballet • Modern • Jazz Tap • Hip-Hop • More!

619-282-1884 www.apastudios.com

**CLASSES FOR ALL AGES!** 



















San Diego. (aufornia

## SATURDAY, 10AM-9PM

Ray Campi & the Rockabilly Rebels \* Very Be Careful Big Jay McNeely \* The Black Heart Procession

15 North \* 145th Street \* Missy Andersen \* The Apes of Wrath

The Atoms + Ceci Bastida + Chuck Cannon + Josh Damigo + The Deere Johns Hollywood Combo + Ballet Folklorico del Centro Cultural de la Raza Areito Borincano + Rob Deez + Brothers of Praise, Phase II

T. Irie Dread \* Ghost Town Deputies \* Heavy Glow \* Mex \* Molly Jenson
Jah Quest \* Lady Dottie & the Diamonds w/ Tomcat Courtney
Travis Larson \* Lady Star & the Bustin' Loose Band \* Luna Llena
Moving Picture Show \* Murrugan the Mystic \* Plow \* Gregory Page
Sara Petite & the Sugar Daddies \* The Powerchords \* Prince Habib

Republic of Letters \* Kev Rhones \* The Roman Spring \* Scarlet Symphony Supersonic Samba School \* Tornado Magnets \* The Turtle Project

Steve Kader Adams Avenue Street fair Talent Buyer





Los Fabulocos with Kid Ramos \* Transfer

Dennis Jones Band \* Guitar Shorty \* B-Side Players

Applebrown Jazz Ensemble \* Peter Bolland \* D.A. & the Hitmen \* Cadencia Los Boogie Boys con Pachuco Jose \* Kenny Eng \* The Flimz \* Robin Henkel

Rip Carson & the Carcin-O-Genics \* Paul Green School of Rock Music

The Honkys \* Mas Grande \* Mod Amish \* The Modlins

Laurie Morvan Band \* Lisa Sanders \* Natural Incense

Jordan Reimer \* Gene Perry & Afro Rumba \* The Rotten Li vers Len Rainey & the Midnight Players \* Wild Weekend The Stilettos \* Super Rod \* Anna Troy

~~~~~~~~~

Performers and times subject to change.

# WWW.ApamsAveOnline.COM CITYBEAT 619 282-7329















San Diego Reader September 25, 2008

The Reader offers \$25 for news tips published in Blurt. Call us at 619-235-3000, ext. 456, or e-mail your tip to blurt@sdreader.com

Blood, Sweat, and

**Beers** Sirhan Sirhan founder Jason Blackmore wasn't at the San Diego Music Awards last week when

local bands have recently spent more time on the road than Sirhan Sirhan.

"When we go out, we do, like, 40- to 50-date tours. We've done three tours so far this year."

Blackmore works as a doorman at the Turf Club in Golden Hill, which allows him to take time off to tour. Blackmore is not sure if he will stay at the Turf Club or work at Mays's new restaurant in La Mesa, the Riviera Supper Club. (Other longtime Turf Club employees — including players from Lady Dottie and the Diamonds, Bartender's Bible, and the Nightmares — will stay on, and some will go to La Mesa.)

Blackmore says he recently had to pull the plug on a fourth tour that was to start next week.

"Gas prices keep going up, but the [venue] guarantees stay the same; clubs are still paying bands the condition of Alex Organ, his drummer. Two years ago, Organ woke up with numbness in his left hand.

"I didn't know if I had a stroke or HIV or what," he said at the time. After \$25,000 worth of tests, Organ said he was told he had contracted multiple sclerosis. For a while he couldn't tie his shoes. For a couple of shows he taped his drumstick to his hand with duct tape. Blackmore says Organ can now hold both sticks.

"He has stabilized," says Blackmore. "It hasn't gotten any worse. But the doctors say it will not get better. He could always have a relapse, but he is doing everything he can to remain healthy."

— Ken Leighton

**Tough Blow** "If anyone tries to sell it, I will certainly know about it," says uilleannpipe player Tim Foley, whose instrument was stolen on September 6. "There's a lot of eyes and ears on the lookout there."

Foley, who plays for local Celtic fusion band Skelpin, had left his equipment in his car overnight rather than bring it inside a home in La Jolla where he was housesitting. The next morning he found his car window smashed. A guitar amp and his pipes — which were in a "black, hard-shell, electricguitar—looking case" — were taken. The thieves left behind "There's only 3 of us in San Diego that play," says Foley. "In Southern California, there might be close to 20 players." The musicians have banded



FOLEY...TARGETED?

his iPod, \$1000 worth of microphones, and a Martin acoustic guitar. Foley isn't sure if he was targeted.

"I had just come from a show, so you never know," he says. "I'm thinking they thought they were stealing an electric guitar and didn't know what they actually took. My fear is that they tossed the pipes in a Dumpster somewhere."

The loss hits harder than most thefts because of the relative rarity of the instrument.

together as the Uilleann Pipers Club of Southern California. He's hopeful that another member will be able to find him a used replacement set. While Skelpin continues to record a new album, Foley is using a borrowed chanter (the part of the pipes that makes the melody) from a fellow club member. To get a new set of pipes will cost approximately \$5000 and a lot of patience.

"You have to contact a maker and arrange to have

# the inside track

his band won the Best Hard Rock Album award. He assumed his "balls-out hardcore rock band" would continue to get the hometown cold shoulder.

"When we got signed to a label [Anodyne, in 2007 — home of the Meat Puppets], no one seemed to care that much. Our record [Blood] is in all the Best Buys, but we didn't get one single CD review in the local press."

Blackmore suggests that except for maybe the Night Marchers or Louis XIV, no He says that dream job is now up in the air.

"The landlord is taking over in November. I have been working there for seven and a half years. Tim [Mays.

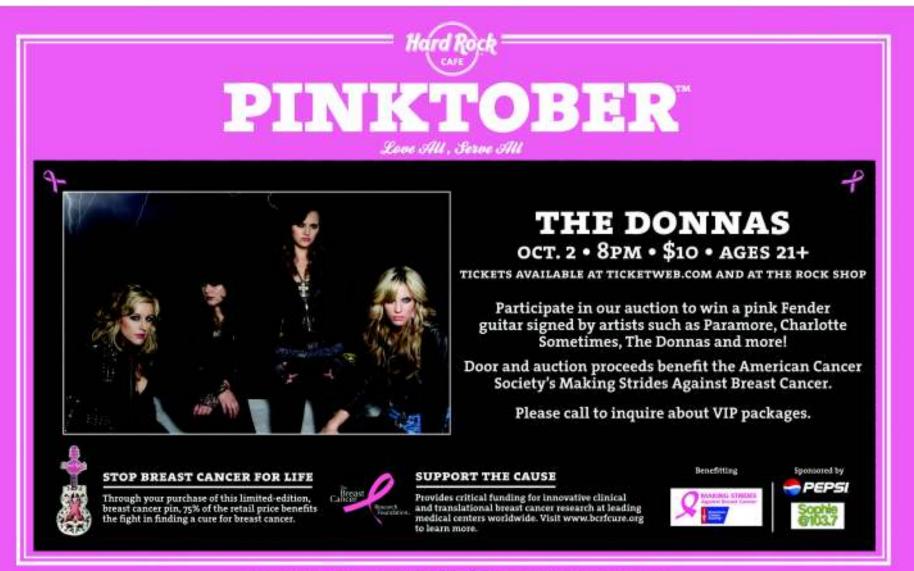
co-owner] gave me a job right after I moved here [from Kansas City]."



NO LOCAL LOVE FOR SIRHAN SIRHAN?

what they were paying four years ago."

Blackmore is buoyed by





#### restaurant+nightlife

www.belosandiego.com

THURSDAY, SEPTEMBER 25TH
EYE KANDI EVENTS PRESENTS A CHARITY EVENT TO RAISE MONEY
FOR THE AIDS FOUNDATION THROUGH MOMMA'S KITCHEN

#### RED 70

SAN DIEGO'S OFFICIAL BACK TO SCHOOL DISCO BASH

FEATURING THE BATTLE OF THE GOGO'S BE THE BEST GOGO & WIN \$1,000 IN CASH & PRIZES PLEASE CONTACT JUSTIN AT 619-715-2465 TO APPLY

FUNKY GROOVE GIVEAWAYS: DRESS UP AND GET ENTERED INTO THE FUNKY DISCO CONTEST AND WIN UP TO \$500,00 IN CASH (BE SURE TO INCORPORATE RED IN YOUR OUTFITS)

BOTTLE SERVICE 2 BOTTLES OF EFFEN VODKA FOR \$350

18+ PARTY: TRANSPORTATION PROVIDED FROM SDSU, USD AND UCSD MUST BUY PRE-SALE TICKETS ONLINE @ WWW.KANDISD.COM

#### FRIDAY, SEPTEMBER 26TH

IMPACT PRODUCTIONS PRESENTS THE OFFICIAL "BIG LOS" BIRTHDAY BASHI

HOSTED BY - FRANCHISE PRESENTS, GEMZ PROOF OF LIFE, MUSICUIVE GIRLS, ENDLESS NIGHTLIFE

SAN DIEGO'S MOST INFAMOUS DJ'S BRINGING YOU BEATS! DJ RAGS - MIKESKI - ALEX M HOSTED BAR 9-10PM BY U4RIK VODKA

5200 BOTTLES SPECIAL + FOR VIP BOTTLE SERVICE + CALL OREAN 619.507.0843 FOR VIP GUESTLIST - JCORONA 268YAHOO.COM

SATURDAY, SEPTEMBER 27TH
DRE VEGAS, HOLLYWOOD RAY, ROCKSTAR, DYSMD & STOLL PRESENTS

REINVENTION . FALL SERIES

GREEN ROOM . DJ WHO . BIRTHDAY BASH . MASH-UPS

RED ROOM . DJ FINGAZ . OLD SKOOL . HIP HOP . RARE GROOVES

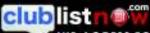
ORANGE ROOM + MIKESKI + HIP HOP + MASH-UPS

DREVEGAS.COM + HOLLYWOODRAY.COM + DYSMD.TV

VIP BOTTLE SERVICE HIGHLY RECOMMENDED: CALL OREAN @ 619-507-0843 919 4TH AVENUE GASLAMP • 619.231.9200 • BELOSANDIEGO.COM



MAKE DINNER RESERVATIONS AND BEAT THE COVER



VIP ACCESS TO THE HOTTEST EVENTS IN YOUR AREA



(SPECIAL BIRTHDAY CELEBRATION / CONNECTED MUZIK - USA: WWW.KIDKRAZZY.COM) +DJ MATTY A & BRETT NIEMAN

FEATURING A

HUSTLER HOLLYWOOD GIFT BAGS FOR FIRST 100 GIRLS

FERFORMING LIVE PAMELA PAYGE | ECLECTIC FASHION SHOW - FALL COLLECTION HAIR AND MAKEUP MINIMAKEDVERS LFREE MASS "IS" VODKA PREVIEW TASTING WITH DRINK SPECIALS

### SATURDAYSEPTEMBER 27

4DAYS, 5VENUES, \$45.00, ONECAUSE



#### ACROBATIC SHOW AND FIRE DANCERS

PROVIDED BY A A Second Report of Language Www.AerialRevolution.com

\$25.00 INDIVIDUAL TICKETS AVAILABLE ONLINE @ WWW.KANDISD.COM

AN EVENT TO BAISE MONEY FOR THE AIDS FOUNDATION THROUGH MOMMA'S KITCHEN



UPCOMING EVENTS:

FRIDAY 10.03.08 **BENNY BENASSI** 

**SATURDAY 10.04.08** 

PLACE YOUR BETS
TO MARTIT THE GEORGE G. ELEMEN
ALZHEMERS' FAMILY CENTERS, NO.



#### BEAT THE COVER

HAPPY HOUR: FRIDNYS & SATURDAYS 15% OFF MENU ITEMS & 50% OFF SAKE FROM 7-8PM

\* ROCKSTAR

VIP BOTTLE SERVICE : CALL AARON 619.565.0834 : VIPQIORECTV

WWW.OBEC.TV **615 BROADWAY AVENUE** 619.231.0011

one made. Not only could it take nine months to get a set constructed, you might find yourself on a waiting list." According to Foley, the best makers can have a list ten years long.

— Bart Mendoza

Live or Death "We record nearly all of our shows because every performance is a unique one-off and we want to capture the magic," says



VERNEC KNOWS HOW TRUE JAM BANDS SUFFER

bassist Larry Vernec of Blue44. All three albums by the Encinitas band were recorded live in concert, with no tracking or overdubs. "We're centered around improvisation, so the live setting is a key ingredient in

the music. Audience energy influences the mood and direction the band takes from a key change to a shift in feel.'

Vernec says true jam bands suffer when recorded without an audience. "A studio environment is much more one-dimensional and, in our view, imposes a measure of control; it's the antithesis of live performance....

'There's an element of risk with live recordings that's frightening and exciting, which heightens the senses and fuels creativity. There are as many reasons things can go wrong as there are people in the room. Drawbacks are that the recording fidelity isn't as good, the sound of laughter or breaking glass may insert itself at an inopportune moment, and the mix and volume levels can be less than perfect.'

Blue44's three albums -So It Goes, Unfiltered, and The Vault — are all single-take "pure" concert performances, the latter recorded at On Broadway, downtown.

'The building used to be a Home Federal Savings and Loan, and the space includes a room in the lower level that used to be the bank vault."

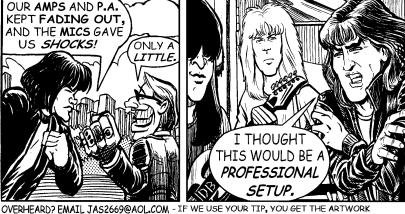
Blue44 appears Thursday evenings at Epazote's Z Bar in the Del Mar Plaza.

— Jay Allen Sanford

#### **Multiple Fetuses Okay**

"If things in the music biz continue to fall apart," says Manganista singer Matt Rhea, "maybe we'll have [X-Ray Babies to fall back on. People may stop paying for music, but they'll never stop having babies.

*overheard in San Diego:* Street scene OUR AMPS AND P.A.



IF THIS WERE PROFESSIONAL IT'D BE THE L.A STREET SCENE.

JAY ALLEN SANFORD

WWW.MYSPACE.COM/JAYALLENSANFORD

Rhea explains: "My wife Rachel and I just started a new company called X-Ray

Babies. When expecting parents go in to get an ultrasound, the doctor will give them a bunch of black-andwhite photos of the images. We'll take one of those photos, and we turn it into a colorful framed piece of art, kind of

reminiscent of Andy Warhol's pop art.

"I made one of these for my wife when she was pregnant with our first son. She loved it, and we quickly realized I had stumbled across the perfect babyshower gift. Soon, she had me start making them for all our friends who were pregnant. After a few years, we decided to start an actual business out it, and now here we are.'

The Rheas can make

portraits from ultrasounds shot during any month of the pregnancy. The three-frame

RHEA (RIGHT), PREGNANT WITH IDEAS

portrait (10.5" x 26") costs \$65; the four-frame (15" x 19") is \$75 (xraybabies.com).

"We're more than happy to create [portraits at the same cost] for twins, triplets, or quadruplets."

Manganista appears October 11 at O'Connells. - Jay Allen Sanford

#### **Journey Continues**

Before Journey appears at the Pechanga casino in Temecula on October 1, "All

announcements must be done 20 minutes before the performance." They want on call — an ear, nose, and throat doctor, an internist, a chiropractor, and "a certified licensed experienced massage therapist.'

Dressing-room requirements include three dozen towels ("bath size"), and another dozen towels must be placed around the stage. After the band finishes their set, the dressing room needs a dozen bottles of iceddown Samuel Adams beer ("no Budweiser").

The band buses need 12 quarts of Gatorade ("assorted"), two quarts of Martinelli's apple juice, two half-gallons of chocolate milk, three six-packs of beer ("Sam Adams or Corona"), and a case of nonalcoholic beer. The crew buses get four cases of spring water, two gallons of whole milk, four quarts of cranberry juice, and two cases of Dr Pepper.

619-284-2848

At this writing, Atlas Tickets on Kemper Street is selling seats in orchestra row



JOURNEY'S MAIN MEN (PINEDA, SCHON)

Q for \$660 each. (from thesmokinggun.com)

– Jay Allen Sanford

#### CONTRIBUTORS

William Crain, Dave Good, Larry Harmon, Michael Hemmin Ken Leighton, Ryan Loyko, Bart Mendoza, Derek Plank, Eric Rife, Jay Allen Sanford, David Stampone



82 San Diego Reader September 25, 2008





8450 Mira Mesa Blvd. 858.271.4000 www.epicentre.org

THE EPICENTRE IS A PROGRAM
OF HARMONIUM. VISIT
HARMONIUMSD.ORG FOR MORE INFO



Sunday Brunch 9 am Sunday Supper includes \$9.95 Steak Special

#### Happy Hour

4-8 pm daily

Thursdays 8 pm-2 am

#### **Industry Night** U-Call-Its \$375

Must show apron or pay stub.

Tuesday

#### §1 Taco Tuesdays

Ladies night 8 pm-2 am

619-236-8685 805 16th Street & F Downtown









sushi til midnight super lunch combos reverse happy hour dining with Dj's

**Lunch:** mon-fri 11:30am to 3pm **Dinner:** mon-sun 5:30pm to 12am

#### **Old Town**

Wednesday

HAN

\$2 off all cocktails

Thursday



Friday

#### **Headphone Jones**

funk, hip hop and soul

<u> 5aturday</u>

**Red Sonya** Trip Hop

#### **Oceanside**

Wednesday

#### **Deez Riddim**

Ragga Jungle

Thursday

HAN ASIAN VODKA

\$2 off all cocktails

Friday



<u> 5aturday</u>

Dj Kingsley

Hip Hop/mash-ups

#### On Harney Street

3964 Harney St. San Diego, Ca. 92110 619.295.3272

#### At Oceanside Pier

301 Mission Ave. Oceanside, Ca. 92054 760.967.1820

2007 awards

best sushi~Citybeat magazine best sushi~Channel 10 best first date spot~Citysearch award of excellence~Zagat



www.AnthologySD.com • 888 594 3183

1337 India Street, San Diego



TICKETS & INFO www.BellyUp.com · 858-481-8140

BE A Belly US VIP! SIGN UP ONLINE!

Win free tickets and other free swag, get the scoop on exclusive pre-sales and more!



STICKY SITUATION THE HELLBOUND BAND NUKLHEDZ

THURSDAY 9/25 • 9 PM





**HIGH TIDE** 

FM 94.9 presents
THE DANDY WARHOLS

FRIDAY 9/26 • 9 PM



**SATURDAY 9/27 • 9 PM** 



**SUNDAY 9/28 • 8 PM** 



**A PLACE TO BURY** THE UPSIDEDOWN WEDNESDAY 10/1 • 8 PM



**JAPANESE MOTORS** THURSDAY 10/2 • 9 PM



FRIDAY 10/3 • 9 PM



**TUESDAY 9/30 • 8 PM** 

MAGIC DICK **KENNY NEAL DEANNA BOGART** SATURDAY 10/4 • 9 PM

**JOHN BROWN'S BODY** 

GIANT PANDA GUERILLA DUB SQUAD DJ CARLOS CULTURE **SUNDAY 10/5 • 9 PM** 



**PAUL CEBAR** MONDAY 10/6 • 8 PM









**HERMAN DUNE** SUNDAY 10/12 • 9 PM



STRANGER • MIKE PINTO SATURDAY 10/11 • 9 PM



**JUST ADDED!** 

10/25 100.7 Jack FM presents Monique Unleashed 10/27 Sonya Kitchell - Venue change - moved to The Loft at UCSD **10/27 Tom Morello: The Nightwatchman – On sale tomorrow @ noon!** 

11/14 Groundation • 11/15 Stripes & Lines • 11/19 Rodney Crowell Trio 11/28 & 29 English Beat • 12/13 Cash'd Out

**UPCOMING SHOWS:** 10/15 Lotus

10/16 The Black Kids 10/17 Uh Huh Her

10/18 Skatalites 10/21 Pinback

Taj Mahal Presidents of the United 10/22 10/23 **States of America** 

Stereolab 10/25 Atomic Punks 10/26 SB Lifeguards Benefit w/Young Dubliners

Sonya Kitchell & The Slip venue change

10/28 The Mountain Goats & Kaki King 10/29 Everlast **Everlast** 

10/30 10/31

Cowboy Mouth Halloween Heat! 80s Heat & Metro **Secret Machines** 11/1

11/6 Keller Williams
11/7 Roger Clyne & The Peacemakers

11/8 Stepping Feet

11/10 An Evening w/Little Feat 11/12 Missy Higgins w/Joshua Radin

11/13 Galactic

11/16 Devon Allman's Honeytribe

11/17 Elisa

**The Bacon Brothers** 

11/20

11/26 Buck-O-Nine

**Venice Christmas Show** 12/18 12/19 Young Dubliners Celtic Christmas

FRIDAYS SWINGIN' HAPPY HOURS 9/26 Atomic Groove 10/3 The Mar Dels 55.5

**SALSA SUNDAY** 10/19

Free parking! Low service charges! Great bar prices! bellyup.com

Dine before the show and skip the line...next door at the Wild Note Cafe!

## **A-LIST ENTERTAINMENT**

They'll be here. Will you?



REO Speedwagon Saturday, October 11



Yuri Saturday, October 18



Chicago Sunday, October 26

## **EVERYONE PLAYS A PART.**



The Music • The Casino • Total Rewards • www.HarrahsRincon.com

For tickets visit www.ticketweb.com or call 1-866-468-3399. Call for hotel packages and special group rates at 1-800-HARRAHS.

777 HARRAH'S RINCON WAY • VALLEY CENTER • CALIFORNIA • 92082 • 1-877-777-2457 • WWW.HARRAHSRINCON.COM

# crawler

#### This Week In Music

Thursday 25

"Touch Me I'm Going to Scream." Gig to get to this week is one of this summer's supergroups Louisville's **My Morning Jacket** heats up SDSU's Open Air Theatre tonight. MMJ are riding a wave of press and chart success behind this year's Evil Urges, their best-selling record to date if a bitter pill to early fans of their reverb-heavy, Southern-fried rock-n-soul. Jim James has pop tendencies, hinted at on major-label debut It Still Moves and drawn carefully on sophomore smash Z. Recommend a dip into those waters and double-live CD/DVD Okonokos for the rawkin' longhairs' live sizzle and grit.... Out of your price range? Check out the trick triple bill at Casbah, featuring Latin lounge cat Federico Aubele. The Argentinean guitarist/singer is out to tout his latest, Panamericana, a title that aptly describes Aubele's dance-y blend of bolero and dub. He's on tour with South American ambient Natalia Clavier. And local acousticat Joel P. West sets the stage Recommend checking out West's *Dust Jacket* disc. Get to dustiacketproject.com and earn a free burn of the up-and-comer's catchy collection.... Indie kids Exfriends and Paddle Boat drift into Beauty Bar, Give a listen to Exfriends' SDMA best-pop nominee Joy of Life for a taste.... Or check your head against Adam Gimbel's "pop quiz" Musical Pursuit at Whistle Stop. Bring a team. Ante up. Winners take all.

Friday 26

Pall Jenkins's Black Heart Procession brings the saw, the blinking corazón, and dark pop to Casbah Friday night and the Adams Ave. Street Fair on Saturday night. Not a lot from the Black Heart camp since '06's The Spell spun out, but Jenkins has kept creeping 'round the edges with garage dub group Mr. Tube and the Flying Objects. Glad the hometown hits've resurfaced. Looks as if the band's next booking is December's ATP in the U.K. Casbah's destined-for-sellout date includes opening acts John Meeks and Little White Teeth, with Nothingful in the Atari Lounge. (Or catch Black Heart free at 33rd Street Saturday night at 8p.).. House of Blues goes old-school Texas blues with the **Smokin' Joe Kubek Band**, featuring the badass vox of **Bnois King**. Blues hothouse Alligator Records signed the team for this year's blues-chart topper Blood Brothers. Spin it. That gig's upstairs on the side stage, while comic Joe Rogan (Fear Factor, Ultimate Fighting Championship) yuks it up down on the floor. Seems upside-down.... Anyway, round town: the **Urinals** cake Bar Pink with "punk haiku." The L.A.

trio's been round and round since the day punk broke. Never as much a recording group as a touring group, the Urinals claim to have played the first punk-rock show in . China in Beijing in 2005.... Speaking of communist states - sorry, socialist republics -Czech chick Anna K. dials in at Radio Room. The lady's alt-rock Space takes are heavy. Prague rock? It's her first U.S. tour and. yeah, she sings in Czechoslovakian.

yean, she sings in Czechoslovakian. Los Angelino Janet Robin opens. In English.... Ché Café kicks off this year's Disorientation Party with a freebie Friday night, featuring Plan-It-X artists Paul Baribeau

tnis year's Disorientation Party with a freeole Findaringht, featuring Plan-It-X artists Paul Baribeau and Good Luck... Sublime tribute 40 Oz. to Freedom spill it at Belly Up.... Memphis crunks Three 6 Mafia roll up on 4th&B with their latest raps, Last 2 Walk.... And Whistle Stop's got yer Southern-gothic pop, staging Vision of a Dying World and Tobyn Clark and the Tender Faeries.

Saturday 27

Busy, busy bands Saturday night as Powerchords unplug from the Adams Ave. thing (do your owr legwork on that one, adamsaveonline.com/ StreetFair/) and hook up at Bar Pink with hot shits the Sess. Both SDMA nominees. The Powerchords are a Chula Juana-based pop-punk band celebrating a CD release for new one Think I'm Gonna. Sounds like kid sweat.... Rafter headlines night number two at Ché's Disorientation Party. Dude's Asthmatic Kitty catalogue is a pop smorgasbord. Check out his new EP Sweaty Magic yet? It's a very un-Rafter-like dance disc. But, then, what is Rafterlike?... The Fist of God Tour (!?) comes to House of Blues, featuring electro punks MSTRKRFT and K Records guru Calvin Johnson.... Long Beach hardcore crew TSOL brings the sounds of liberty to Casbah. The **Hollowpoints** and **Authentic** Sellout in support.... And some mentionable ittybitty ditties: the Widows and Braaiins! at the



MY MORNING JACKET AT SDSU'S OPEN AIR THEATRI

Ken...O'Connells' "Bands for Boobs" thing featuring Astra Kelly, Veronica May & the To Do List, Compass Rose, and Steph Johnson...Long and Short of It laying it out at Radio Room...and Walnut, Cali nu-math trio Trinitron Meets Mars People at all-ages Epicentre with Census, Irwin's Conspiracy, and HFICLSI.

Sunday 28

Gonna be a **Ra Ra Riot** at Casbah Sunday night as Syracuse, NY's indie-pop party band tours the *Rhumb Line* through town. Chicago dance-rock duo **Walter Meego** and Berkeley indie-pop quartet **Morning Benders** join the tour.... Rap royalty **Talib Kweli, David Banner**, and **Little Brother** hit the beach at Canes.... SoCal skate punks **Agent Orange** and **Dr. Know** make a house call at House of Blues.... Pop experimentalists **Fantastic Magic** do the trick to close out Ché's Disorientation Party.... Local blue-funk jam band **thetightenups** lash it down at Bar Pink.... While folkies **Greg Brown** and **Bo Ramsey** get all singer-songwriterly at Belly Up.

Monday 29

Hey, man, nice shot. **Filter** and **People in Planes** land at Casbah's Anti-Monday melee.

Cleveland industrial quartet Filter just dropped their fourth studio effort (in 15 years?), *Anthems for the Damned*. Eh. Welsh alt-rockers PiP are touring the world behind sophomore set *Beyond the Horizon*. Eh-eh.... *Monday Night Football!* (Baltimore at Pittsburgh.)

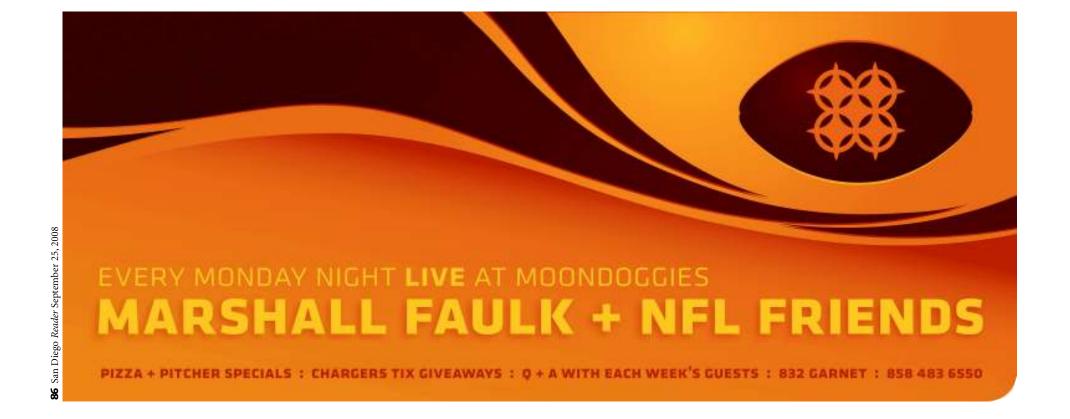
Tuesday 30

Blues-rock slinger, slider, singer **Johnny Winter** and local guit guy Bill Magee throw down at Belly Up Tuesday night. Winter's got a couple Grammy nods for work with other artists but enough industry cred to choke a Wikipedian. And for you completists, this year the Texas native dug deep to release three bootlegs from his '70s heyday.... Pattern Is Movement, the Cave **Singers**, and **Swim Party** will make a splash at Casbah with odd pop-n-roll. Philly duo PIM this year dropped critical curiosity All Together, a collection of operatic piano pop over free-style beats. Real interesting. Like pumped-up Grizzly Bear or shake-n-bake Radiohead. Check the Space takes before ordering.... In the 'hood: Beauty Bar books a Big Sky Art Collective event featuring Charles Musket, the Illuminauts, and Old Palominos.... And, Holy Shiite, Radio Room fills a burly Tuesday bill with punk-rawk acts **Dayglo Abortions** (Vancouver, BC), the Accused, Basura, Titanarum, the Resentments, and Nuclear Tomorrow

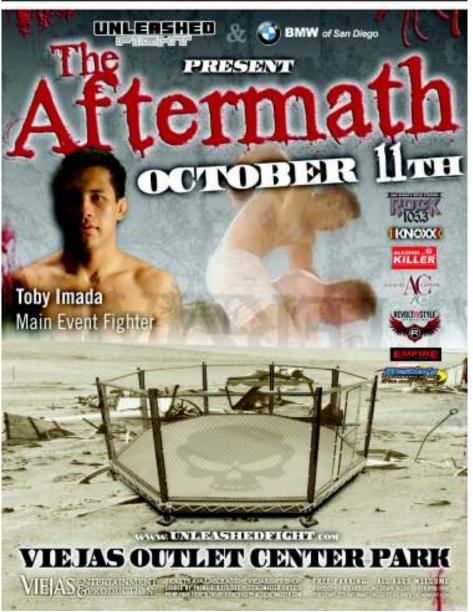
Wednesday -

NYC Gypsy punks Gogol Bordello roll the caravan to 4th&B behind last year's Super Taranta, a 14-song pileup of Balkan beats, American punk, and frontman Eugene Hütz's "pleasant screams. This eight-piece sideshow needs to be seen to be believed.... From the other end of the musical spectrum, Icelandic experimental ambients Sigur Rós take the stage at Copley, courting Med Sud I Eyrum Vid Spilum Endalaust (to wit: With a Buzz in Our Ears We Play Endlessly). "Gobbledigook" is the lead single, if yer interested.... Belly Up books psych-pop peeps the **Dandy Warhols** with **A Place to Bury Strangers**. *Dig!* indeed.... U.K. epic-song smithies **Sian Alice** Group will play Casbah. The sextet is out to tout Social Registry debut 59.59. Epic. **Fantastic Magic** sets the stage.... Santa Barbara's Fat Wreck Chords recorders Lagwagon spin the pit at House of Blues with pop-punk trio MxPx. While Cleveland psych-rock couple Mr. Gnome gets a leg up on Bar Pink's stage to *Deliver This Creature*.

— Barnaby Monk







# DreamCatcher









#### DreamCatcher

| SUPER FUNK FANTASY        | 5.995140 |
|---------------------------|----------|
| DETROIT UNDERGROUND       | 9p-1a    |
| OCT 03 MARKEDS UNDERCOVER | 9p-1a    |

#### FREE WEEKEND ENTERTAINMENT

| TILE   | STEPPING FEET   | 10-14 |
|--------|-----------------|-------|
| V      | SEP 27<br>MAKAI | Np-1a |
| rontet | GOOD MOJO       | Bp-1a |



VIEWS TICKETS AWARAGLE AT THE VIEWS GITT SHOP | JUST OFF 18 EAST AT WILLIAMS ROAD - 019889-1990



## **Friends Like These**

"We can't pay you much, but we can pay you in love — and cans of Pabst Blue Ribbon."

MICHAEL HEMMINGSON

he Modlins wear suits and skinny ties and play what they call "oldies-influenced indie-pop." That may lead you to assume that the band plays obscure cover tunes from the early 1960s, but the Modlins play their own music.

The band has released two fulllength CDs, Here's to Being Happy and last year's With Friends Like These — the latter of which just won Best Pop Album at the 2008 San Diego Music Awards.

Eric Killian plays right-handed guitar, Matt Sheridan left-handed guitar, with Stoph Rhanor on drums and Alex Smith on bass.

"Basically, the Modlins are always looking for roadies," says Alex, when asked about employment woes in America. "We can't pay you much, but we can pay you in love — and cans of Pabst Blue Ribbon." He adds, "We'd love it if someone else was paying us to do this whole darn thing for a living. In the meantime, we'll settle for not breaking up and a few free beers along the way."

#### WHAT'S IN YOUR MUSIC PLAYER?

Matt: "The new Ex-Friends and Joanie Mendenhall albums. It's not that I'm just obsessed with Matt and Joanie — I also can't get enough of that guy from the Killers."

Eric: "Swim Party, because their new album Pixie

*Dust on the Blood Range* is the best thing since sliced bagels."

#### WHAT SONG IS STUCK IN YOUR HEAD?

Alex: "'Something Is Not Right with Me' by the Cold War Kids. I just listened to their new album on MTV.com."

#### BEST/WORST GIG?

Eric: "Worst gig was on the way to Vegas. Our van started smoking."

Matt: "Which is really unhealthy."

Eric: "Right. Overheated and broke down about 20 miles outside of Baker. No water, limited cell service, and we are all automotive idiots. After sitting for a good half hour, we tried the car again, cranked the heater, and limped our way into Vegas — only to find out that three of the four bands had canceled. We played to an audience of two — five if you count the sound guy and bartenders. But they gave us a near-unlimited bar tab, which is why it was the best gig ever. After we got back, we found a new drummer that was a mechanic."

#### JOBS YOU'VE HAD THAT SUCK...

Stoph: "One month of serving fried chicken at a deli, three weeks replacing soiled factory uniforms and rugs, one day cold-calling a stack of leads from 9 a.m. to 9 p.m."



The Modlins

#### **BEST THING DONE WHILE DRUNK?**

Matt: "No, guys, I'll take this one. I don't drink."

#### **BEST ADVICE EVER BEEN GIVEN...**

Eric: "'Always wear a raincoat.' Thanks, Mom."

Matt: "But it never rains in Southern California!

Eric, I don't understand why your mom would
tell you to always wear a raincoat. It's dry here. I
prefer umbrellas."

#### **FAVORITE QUOTE TO LIVE BY...**

Alex and Eric: "Fuck it, dude, let's go bowling." — The Big Lebowski

#### BEST MOMENTS OF LOVE AND LUST...

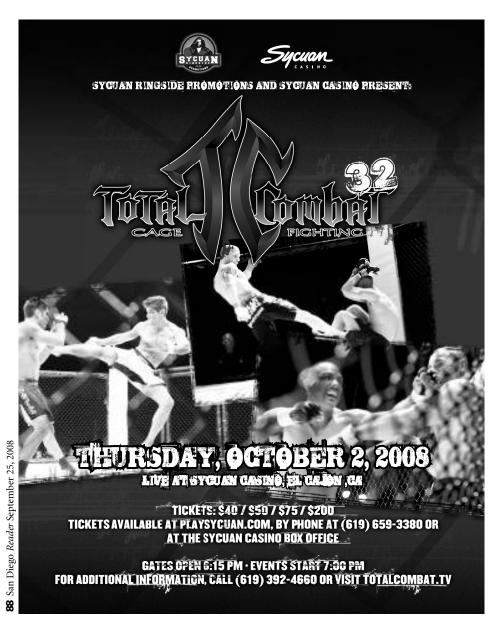
Stoph: "We are all virgins."

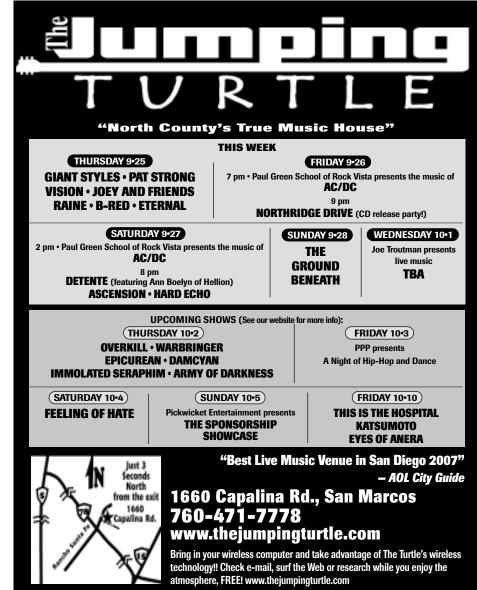
Matt: "That's what all these songs are about." Alex: "Although Eric did get to shortstop once."

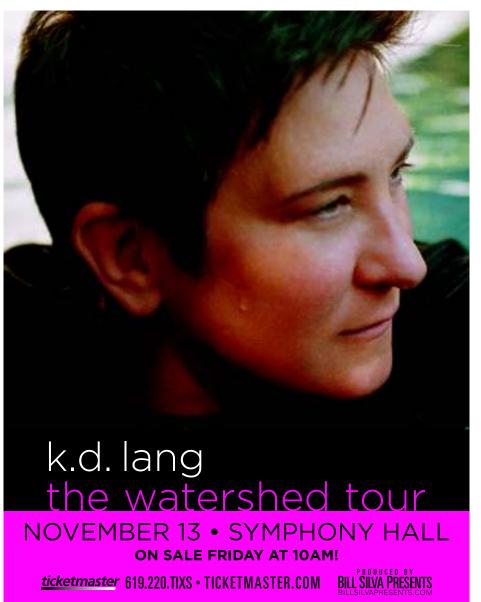
#### **TOP THREE TV SHOWS?**

Eric

- 1. *The Wonder Years*. "Because all Modlins songs are basically the thoughts of Kevin Arnold."
- 2. America's Funniest Home Videos. "Because nothing is funnier than a two-minute montage of cats falling off stuff."
- 3. Friends. "Because we are."









7 7 0 Fifth Avenue
www.myspace.com/backstagesd

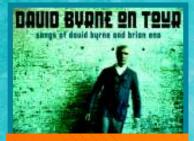
Booking information
Backstage@thebitterend.com











Thursday, October 2 • 7:30

David Byrne Songs of David Byrne & Brian Eno



Cecilio & Kapono



Russell Peters \*Friday, October 10 canceled Refunds at point of purchase

LEXUS PREMIUM & DINNER

**SHOW PACKAGES** 

**INCLUDE THE BEST SEATING.** 

**BOX OFFICE HOURS** 

11:30 am-6:30 pm Tuesday-Saturday



Kenny G



Etta James & The Roots Band



Friday, October 3 • 8:00 America with special guest **Anna Troy** 





Gordon Lightfoot

Sponsored in part by



Technology Integration Group. www.tig.com

ticketmastei

humphreysconcerts.com • 2241 Shelter Island Drive

#### Calendar MUSIC

Classical listings can be found in the Classical Music Guide Music videos. driving directions, maps, event alerts, coupons, and more available online at SanDiegoReader.com.

#### **HOW TO SUBMIT A MUSIC**

**LISTING:** Call 619-235-3000 x405, night or day by 5 pm Friday, the week prior to publication. To send weekly or monthly schedules, fax to 619-231-0489 or mail to Reader Music Scene, P.O. Box 85803, San Diego, CA, 92186. You may also submit information online at SDReader.com by clicking on the music section.

#### THIS WEEK'S **SHOWS**

4th&B: 345 B Street, Downtown, 619-231-4343.

Friday, 8:30 p.m. — Three 6 Mafia. Hip-hop/rap. \$35. Saturday, 6 p.m. — Boogie Nights.

Wednesday, 8 p.m. — Gogol Bordello. Gypsy punk/folk/rock.

710 Beach Club: 710 Garnet Avenue, Pacific Beach, 858-483-

- Split Finger. With Building a Better Spaceship and Young Goodman, Reggae/rock. Saturday — The Big Provider. With Audible Mainframe and Dante's Boneyard. Rock/reggae/hip-hop.

#### AcousticMusicSanDiego:

4650 Mansfield Street, Normal Heights, 619-303-8176. Monday, 7:30 p.m. — Slaid Cleaves. Folk singer-songwriter. \$15-\$20.

Adams Avenue: 32nd Street & Adams Avenue, Normal Heights. Saturday and Sunday, 10 a.m. — Adams Avenue Street Fair. Over 70 live music performances on various stages and venues. Performers include Apes of Wrath, Gregory Page, Republic of Letters, Roman Spring, Scarlet Symphony, and

**The Alley:** 421 Grand Avenue, Carlsbad, 760-434-1173. Thursdays, Fridays, Saturdays -The Love Rangers. Dance music.

Anthology: 1337 India Street, Little Italy, 619-595-0300. Thursday, 9:30 p.m. — The Average White Band. Funk/soul. \$32. Friday, 7:30 p.m. — The Eve Selis Band. Acoustic/country/pop. \$18. Saturday, 7:30 p.m. and 9:30 p.m. Livingston Taylor. Folk rock. \$22-\$28.

Sunday, 7:30 p.m. — Maraca & the New Collective. Salsa/Latin/jazz. \$20.

Tuesdav and Wednesday, 7:30 p.m. - Take 6. A cappella soul, jazz, gospel, and more. \$20.

Aromas: 5998 Alcalá Park, USD, 619-260-4600. Saturday, 9 p.m. — Saba.

Indie/acoustic/folk. **Balboa Theatre:** 854 Fourth Avenue, Downtown, 619-570-1100.

Sunday, 3 p.m. — Chris Thile & Edgar Meyer. Jazz/bluegrass. \$25-Bar Leucadian: 1542 North

Coast Highway 101, Leucadia, 760-Thursday — The Backyard Band. Friday — P.R.I.
Saturday — Red Handed.

Hardcore/punk. Beach Grass Café — **Encinitas:** 1476 Encinitas

Boulevard, Encinitas, 760-942-

2741.

Thursdays, 6 p.m. — Sambajazz. Brazilian and American jazz.

Beach Grass Café — Solana Beach: 159 South Coast Highway 101, Solana Beach, 858-509-0632. Sundays, 6 p.m. — Sambajazz. Brazilian and American jazz.

Beach House: 2530 South Coast Highway 101, Cardiff, 760-753-

Thursday, 6 p.m. — Freefall, Jazz.

Beauty Bar: 4746 El Cajon Boulevard, Kensington-Talmadge, 619-516-4746.

Monday — Beauty Bordello. Vintage night with Roxy Blue, Tori Rozewill, David Isabelle, and the Caburlesque Kittens.

**Belly Up Tavern:** 143 South Cedros Avenue, Solana Beach, 858-

Thursday, 9 p.m. — Nukl Heads, the Hellbound Band, Sticky Situation. Alternative/rock/punk.

Friday, 9 p.m. — 40 Oz. to Freedom. A tribute to Sublime with High Tide and Stone Senses. \$10-

Saturday, 9 p.m. — Common Sense and LA 5. Reggae/rock. \$14-\$16. Sunday, 8 p.m. — Greg Brown and Bo Ramsey. Folk rock/blues. \$25-

Tuesday, 8 p.m. — Johnny Winter. With the Bill Magee Blues Band. Blues/rock, \$21-\$23. Wednesday, 8 p.m. — The Dandy Warhols. With a Place to Bury Strangers and the Upsidedown. Rock/psychedelic/experimental. \$25-\$27

The Bitter End: 770 Fifth Avenue, Downtown, 619-338-9300. Thursday, 9 p.m. — Carrier Signal. Rock. Tuesday, 10 p.m. — Radiostar.

Eighties new-wave rock.

**Blue Agave Nightclub:** 6608 Mission Gorge Road, Grantville,

# EL CAJON





SD Mixmaster DJ Skeet is 25 years old and originally from New York. Four years ago he hooked up with the San Diego Mixmasters and is now well known for his spinning around San Diego's nightlife scene.



Be ready to dance to the spinning of DJ Brian with all his classics 8 pm-1:30 am



Dance all night to DJ Brian. He is a well-known DJ throughout San Diego's Downtown music scene.

Watch your favorite team on one of 7 flat screens. Games start @ 10 am



El Cajon's Football Station
While cheering for your team, try one
of our famous Bloody Marys. Savor
the taste of Tammy's own
complimentary Carnitas Fiesta! A feast you surely don't want to miss!

- \* Join us for Monday Night Football. \* Rick's Karaoke following the game. \* In-house pool tournament.

#### Wednesday

- \* Downloadable jukebox.
- \* Pool & darts.
- \* Video games.

- \* In-house crickett dart tournament.
- \* Blind draw. \* 7:30 pm signups.

#### Thursday

- \* Karaoke with Jenifer AKA Mississippi.
- \$1.00 off domestic drafts from 6-9 pm.
- \* Karaoke starts at 9 pm.

351 West Main Street, El Cajon 92020 :: 619-444-0949

619-521-3194. *Thursday*, 8 p.m. — Grupo Niche.
Salsa. \$40.

**Bonita:** Otay Lakes Road and Bonita Road, Bonita. *Saturday*, 1 p.m. — Charlie Imes. Performs at Bonitafest with his Hodad Surf Club Band. Acoustic/jazz/pop.

Brick by Brick: 1130 Buenos Avenue, Linda Vista, 619-275-5483. *Friday*, 8 p.m. — Rehab. With Avitia. Alternative/rock/hip-hop. \$18-\$20.

Monday, 8 p.m. — Ill Bill. With Sean Price, Clay Pigeons, Styles Free, and more. Hip-hop/rap. \$13-\$15.

Wednesday, 8 p.m. — Semi Precious Weapons. CD-release show. Glam-rock. \$10.

**Cafe La Maze:** 1441 Highland Avenue, National City, 619-474-3222.

Fridays and Saturdays, 7 p.m. — The Sandy Chappel Quartet. With Burnett Anderson, Robert Sebastian, and Hank Young. Standards/jazz/blues.

Sundays, 7:30 p.m. — Burnett's Bliss. With Robert Sebastian and Scott Wallingford.

Jazz/standards/blues.

California Center for the Arts, Escondido: 340 North Escondido Boulevard, Escondido, 800-988-4253

Friday, 8 p.m. — Rickie Lee Jones. Pop/jazz/folk rock. 1-800-988-4253. \$24-\$42.

**The Calypso Café:** 576 North Coast Highway 101, Encinitas, 760-632-8252.

*Thursday*, 7:30 p.m. — Michele Lundeen a Trois. Blues/funk/rock. *Sunday*, 6:30 p.m. — Freefall. Jazz.

Canes: 3105 Ocean Front Walk, Mission Beach, 858-488-1780. Thursday, 8 p.m. — One Lonely Robot and Sirens of Shipwreck. Alternative/pop/rock. \$7. Friday, 9 p.m. — Sprung Monkey and Mower. With October Burning and Canobliss. Alternative rock/metal/punk. \$12. Sunday, 8 p.m. — Talib Kweli and David Banner. Hip-hop/rap. \$35.

**The Casbah:** 2501 Kettner Boulevard, Little Italy, 619-232-4355.

Thursday, 8:30 p.m. — Federico Aubele and Natalie Clavier.
Latin/dub. \$15.
Friday, 8:30 p.m. — The Black
Heart Procession. With John
Meeks, Little White Teeth, and
Nothingful. Indie rock. \$15.
Saturday, 8:30 p.m. — TSOL and
the Hollowpoints. Punk rock. \$15.
Sunday, 8:30 p.m. — Ra Ra Riot
and Walter Meego. Indie
rock/electro/pop. \$8-\$10.
Monday, 8:30 p.m. — Filter and
People in Planes. Alternative rock.
\$16.

Tuesday, 8:30 p.m. — Pattern Is Movement and Swim Party. With the Cave Singers. Indie/experimental/rock. \$8. Wednesday, 8:30 p.m. — The Sian Alice Group. Progressive/indie rock. \$8.

Chateau Orleans: 926 Turquoise Street (near Cass), Pacific Beach, 858-488-6744. *Friday*, 6:50 p.m. — Robin Henkel. Blues/jazz guitarist.

**Cheers:** 2475 Main Street, Ramona, 760-789-0270. *Tuesdays*, 5 p.m. — Mike Gardner. Acoustic rock

Christ Lutheran Church,
Pacific Beach: 4761 Cass Street,
Pacific Beach, 858-483-2300. *Friday*, 7:30 p.m. — Peggy Watson
& David Beldock. Courtyard
Concert series. 858-483-2300.

**Ché Café:** 9500 Gilman Drive, B-0323C, La Jolla, 858-534-2311. *Friday*, 8 p.m. — Paul Baribeau and Good Luck. Acoustic/folk/pop.

Saturday, 8 p.m. — Rafter, the Anasazis, Doctor Bird. With the Cosby Kids.

Garage/rock/experimental. \$5-\$6. Sunday, 8 p.m. — Fantastic Magic, Dear Nora, Palms. Indie/folk/rock. \$5-\$6.

Copley Symphony Hall: 750 B Street, Downtown, 619-235-0804. Wednesday, 8 p.m. — Sigur Rós. Post-rock band from Iceland.

**Coyote Bar and Grill:** 300 Carlsbad Village Drive, Carlsbad, 760-729-4695. Thursday, 6 p.m. — Billy Watson. Blues/soul/jazz.
Friday, 6 p.m. — Michele Lundeen & Blues Streak. Blues/funk/rock.
Sunday, 2 p.m. — Billy Watson.
Blues/soul/jazz.
Sunday, 5 p.m. — Scott Carter &

Sunday, 5 p.m. — Scott Carter & New Breed. Reggae/funk/rock. Wednesday, 6 p.m. — Johnny "B" Blues. Blues.

#### **Cricket Wireless**

Amphitheatre: 2050 Entertainment Circle, Chula Vista, 619-671-3600. Saturday, 6 p.m. — Third Day and Switchfoot. With Robert Randolph & the Family Band and Jars of Clay. Rock/pop/soul. \$14-\$119. Tuesday, 6 p.m. — Carlos Santana. Latin/rock/blues.

**Dirk's Niteclub:** 7662 Broadway, Lemon Grove, 619-469-6344. *Friday, Saturday* — Full Xposure.

**Dizzy's:** 200 Harbor Drive, Downtown, 858-270-7467. *Friday*, 8 p.m. — Paul Seaforth.

Covers/standards.

Jazz. \$10-\$15.

Saturday, 8 p.m. — Aurea. Afro-Peruvian/jazz ensemble. \$15.

**Downtown Café:** 182 East Main Street, El Cajon, 619-440-5687. *Friday*, 8 p.m. — Joey & the Sting Rays. Classic rock.

**Epazote:** 1555 Camino Del Mar, Del Mar, 858-259-9966. *Thursday*, 6:30 p.m. — Blue44. Iazz/funk.

**Epicentre:** 8450 Mira Mesa Boulevard, Mira Mesa, 858-271Thursday, 7 p.m. — Off Track and Guerilla Transammo. With Goodnight Caulfield and Dresden's Burning. Indie/alternative/rock. \$7-

Saturday, 7:30 p.m. — Trinitron Meets the Mars People. With HFICLSI, Indie/rock/noise.

**Fannie's Nightclub:** 9143 Campo Road, Spring Valley, 619-698-2204.

*Thursdays* — Fuzz-Huzzi. Alternative/pop/punk.



Join, Eat, Play & Win at San Diego's Favorite Casino!

#### ENJOY A FREE LOBSTER BUFFET!

You get a free lobster buffet at San Diego's best buffet just for joining the Valley View Casino Players Club. Membership is free!

#### GET \$20 FREE SLOT PLAY!

When you join the Players Club you'll receive

\$20 MOREPLAY"... that's free slot play, when you earn 10 points in 24 hours.

#### WIN UP TO \$150,000!

The only way to hit the Colossal Coin jackpot at Valley View Casino is to join the Players Club and use your card!

#### WE PICK YOU UP!

Valley View Casino offers its Players Club members luxury transportation throughout Southern California. For pick up locations visit ValleyViewCasino.com.



#### SAVE BIG AT THE MOVIES!

Show your Valley View Casino Players Club card at any UltraStar Cinemas location and get up to four adult movie tickets for the child's ticket price.





#### 1-866-VIEW-WIN • ValleyViewCasino.com

1-15 to Valley Pkwy East • Valley Center, CA

21 means more than just Blackjack! Guests must be 21 or older to enjoy the casino, restaurants, buses and concerts.

# HOUSE of BLUES



























































10/28 10/29 10/30 10/31 11/1 11/2 11/5 11/6 11/8 11/15 11/12 11/24

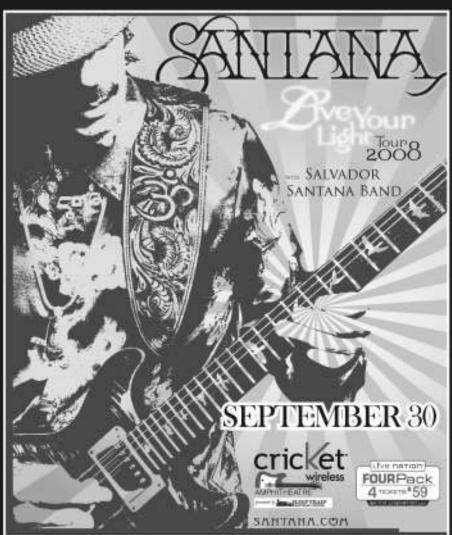
11/29 11/30 12/3

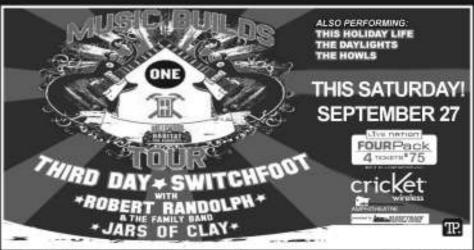
12/4

1/25 2/7

2/21

4/10

















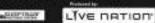


Jimmy Buffett & The Coral Reefer Band // October 16 //

Cricket Wireless Amphitheatre
Hellogoodbye with Ace Enders // October 24 // Epicentre
Neil Young with Death Cab for Cutie // October 29 // Cox Arena
Rise Against with Alkaline Trio & Thrice // October 30 // Cox Arena
Jason Mraz // October 31 // SDSU Open Air Theatre
A Cursive Memory // November 15 // Epicentre

Café Tacuba // November 18 // 4th & B
The Australian Pink Floyd Show // November 24 //
Copley Symphony Hall
New Kids On The Block // November 25 // Cox Arena
Cheech and Chong // November 28 // Copley Symphony Hall
Rancid // December 6 // Soma
Metallica with Lamb of God // December 15 // Cox Arena

EMILIVEDATION.com



#### Calendar MUSIC

Friday - Funk in the Trunk Saturday — One Thread, Metal,

The Flying Bridge: 1105 North Coast Highway, Oceanside, 760-722-1151.

Friday, 7 p.m. — The Lounge Butchers.

Georges on Fifth: 835 Fifth Avenue, Downtown, 619-702-0444. Fridays and Saturdays, 6:30 p.m. — Peter the Prince of Piano. Piano/pop

The Handlery Hotel and Resort: 950 Hotel Circle North. Mission Valley, 619-298-0511. Friday, 8 p.m. — Barbara Nesbitt. Acoustic/blues/country.

Hennessey's Tavern -Gaslamp: 708 Fourth Avenue, Downtown, 619-239-9994. Saturday, 9 p.m. — Quactus. Psychedelic/rock/jam band.

Hennessey's Tavern - PB: 4650 Mission Boulevard, Pacific Beach, 858-483-8847. Friday, 9 p.m. — Willie. Reggae. Saturday, 9 p.m. — Modern Day Moonshine. Blues/funk/rock.

Hensley's Flying Elephant Pub and Grill: 850 Tamarack Avenue, Carlsbad, 760-729-4996. Thursday, 8 p.m. — Filthy Thieving Bastards. Folk/punk/rock. Monday, 8:30 p.m. — The Blokes. Rowdy Celtic, bluegrass, and surf.

Hilton San Diego: 1775 East Mission Bay Drive, Pacific Beach. Thursday, 7 p.m. — Bill Shreeve, Steve Smith, Mark Smith. Jazz standards on the Acqua patio.

**Hornblower Cruises: 1066** North Harbor Drive, Downtown, 619-686-8715.

Friday, 6:30 p.m. — West of 5. Covers classic to modern rock. \$66.

House of Blues: 1055 Fifth

Avenue, Downtown, 619-299-2583. Thursday, 8 p.m. — Republic of Letters and Echo Revolution. With Runway. Indie rock. Friday, 7:30 p.m. — Smokin' Joe Kubek & Benois King. Texan blues Sunday, 6 p.m. — Fear, Agent Orange, Dr. Know. Punk/surf/metal. \$13. Wednesday, 6 p.m. — Lagwagon and MxPx. With Only Crime and

Humphrey's Backstage Music Club: 2241 Shelter Island Drive, Point Loma, 619-224-3577. Saturday, 9:30 p.m. — Rockola. Classic rock, \$12. Monday, 7 p.m. — Michele Lundeen & Blues Streak. Blues/funk/rock.

TAT. Punk/pop/hardcore. \$15.

Humphrey's by the Bay: 2241 Shelter Island Drive, Point Loma, 619-224-3577. Thursday, 8 p.m. — Kenny G. Smooth jazz. \$70. Friday, 8 p.m. — Seal. R&B/soul/pop. \$95. Sunday, 8 p.m. — Etta James & the Roots Band, Blues/soul/jazz, \$55.



BY DAVE GOOD

It was at X-Fest at SDSU several years ago blink 182 was scheduled to headline the evening, but Sprung Monkey, another local band, owned the afternoon. Sprung's popularity was beginning to soar on the release of "Get 'em Outta Here," and when front man Steve Summers stopped to address the packed audience, it had to feel as if he were staring straight into the music industry's pile of gold. All indications were that Sprung would go on to become a platinum-selling national touring act.

But it didn't happen. Instead, after major-label deals, hit songs on film soundtracks, and numerous television appearances, the band quietly disappeared. What happened? Did the usual rock-androll excesses croak the Monkey?

"We went on a hiatus for a while," says Summers via his cell phone. "I don't know if it was the 9/11 thing, but it seemed like the whole [music] industry changed after that." He reminds me that Sprung had been together for a good decade by then. Eventually, he says, the members drifted off into side projects with other bands

Sprung Monkey is out of retirement. "We started to play shows again," says Summers, "and the fire and the passion is there like it

was in the beginning." They recently finished an Australian tour with Unwritten Law. "It was, like, does anybody remember us after six years?" They did.

Summers describes their sound. "The overall complexion is more aggressive, not so poppy. We're going back to our roots. Those roots, at least ten years ago, were planted in the surf-skate culture. Sprung's rugged guitars and Summers's athletic delivery placed them smack on the cusp of a new

**SPRUNG MONKEY** genre that would meld hip-hop with metal. Can they make that magic happen all over again?

"We're all here again, and we're happy to see each other," says Summers, "and the music is coming from the right place.'

Mower also performs.

SPRUNG MONKEY, Canes, Friday, September 26, 9 p.m. 858-488-9690.

Janie's Cocktails: 656 E Street, Chula Vista

Saturday, 9 p.m. — Lipstick N Leather. Eighties hair-metal and hard-rock group

Jimmy Love's: 672 Fifth Avenue, Downtown, 619-595-0123.

Wednesdays, 6:30 p.m. — The Soul Revue. Jazz, dance, and top 40.

The Jumping Turtle: 1660 Capalina Road, San Marcos, 760-741-7778

Friday, 7 p.m. — Paul Green School of Rock. A tribute to AC/DC.

Saturday, 8 p.m. — Detente, Ascension, Hard Echo. Metal/thrash. Saturday, 2 p.m. — Paul Green School of Rock. A tribute to AC/DC.

Sunday — The Ground Beneath. Metal/rock.





"Your Friendly 1542 N. Coast Hwy. Leucadia • 760.753.2094

> **Happy Hour** 4-7 pm daily

\$2.75 Wells \$2.50 Beer-of-the-Month 4 Regulation Pool Tables Shuffleboard • Darts Monday Pool Tournament 8:30 pm Wireless Internet Available

**WATCH DIRECT** TV NFL **SUNDAY TICKET!** 

#### **LIVE MUSIC** NO COVER CHARGE

Thursday, September 25

**Backyard Band** Нарру Ноиг

(midnight to close) Friday, September 26

P.R.I.

Saturday, September 27

Red Handed

Mondays - Reggae Infusion Irie Time. Various reggae bands perform.

The Kensington Club: 4079 Adams Avenue, Kensington-Talmadge, 619-284-2848. Thursday - Close Talker and Derry the Monkfish. With the Dapper Dans. Rock/experimental/surf. Friday — The Jury and the Howls.

Rock/garage/soul.
Saturday — The Widows and
Braaiins! With Irreversible Reversible and the New Legion. Garage/rock/punk.

**Koehler Kraft Boat Yard:** 2302 Shelter Island Drive, Point

Loma, 619-222-9051 Wednesday, 8 p.m. — The San Diego Concert Jazz Band. Contemporary jazz.

The Kraken: 2531 South Highway 101, Cardiff, 760-436-

6483. Thursday — Frankie Dee & the Funk Natra Band. Blues/standards/funk Friday — Rock Kandy. Saturday - Ghost Riders and the King Fish Turner Band. Sundays, 4 p.m. — The Blues Brokers. Blues/soul/rock. Monday - Doug Allen. Front man







THURSDAY, SEPTEMBER 25

Rockin' Johnny White presents JEN KNIGHT **ONE LONELY ROBOT SIRENS OF SHIPWRECK GROOVE THEORY** 

FRIDAY, SEPTEMBER 26

sprung monkey

Costups5

**SUNDAY, SEPTEMBER 28** 

SONY. presents

HIPHOPLIVE

First 1,000 concert-goers will receive-a FREE pair of Sony EX earbud headphones at the venue.

**Never Say Die presents EKEN IS DEAD LISA THE LUSH** FIGHTING FOR NINEVEH

FRIDAY, OCTOBER 3



**DIRTY HEADS • CIPES & THE PEOPLE** 

THURSDAY, OCTOBER 9



**NACALIFA** 

**SAMBA CHOPPS** 

SATURDAY, OCTOBER 11



**NICKATINA** 



THE GROUCH & ELIGH (of the Living Legends)

**SATURDAY, OCTOBER 18** 

**STRANGER** PROJECT: out of bounds

**TOMORROW'S BAD SEEDS** 

**SATURDAY, OCTOBER 25** 



presents

**DEVIN** THE DUDE



THURSDAY, OCTOBER 2

AKADEMIX · KANARI The Moviegoers

STEEL FOUNDATION **ELEMENTS OF EARTH** 

**WEDNESDAY, OCTOBER 8** 

**Canes & Poly Underground present** 



**NATURAL VIBRATIONS** 

**TRIBAL THEORY • HI ROOTS** 

FRIDAY, OCTOBER 10

#### **BLOWFISH**

An official event for the San Diego Asian Film Festival featuring Blue Scholars

FAR EAST MOVEMENT • PAUL DATEH **ASHLEY ROBLES • DJ ICY ICE** 

FRIDAY, OCTOBER 17



**JOSH FISCHEL** A CONSCIOUS FEW

FRIDAY, OCTOBER 24





//irty /eslie

**SUNDAY, OCTOBER 26** 



10/19 Souls of Mischief • 11/1 Dead Man's Party (Oingo Boingo Tribute) 11/7 Collie Buddz • 11/8 Jedi Mind Tricks • 11/13 Method Man & Redman 11/15 Wild Child (Doors Tribute) • 11/19 Mest • 11/26 The Melvins

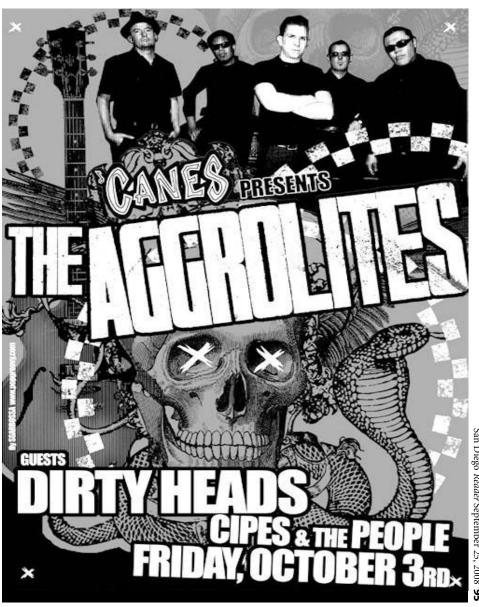


Outdoor Oceanfront Dining Lunch & Dinner • Weekend Breakfast Happy Hour Mon.-Fri. Plenty of FREE Parking Private Parties & Banquets

858,488,1780

canesbarandgrill.com www.myspace.com/canesmusic





# Calendar

of the Mar Dels Wednesday - Jeff Moore & the Witchdoctors. Down-home Americana blues rock

**Lestat's Coffee House:** 3343 Adams Avenue, Normal Heights, 619-282-0437.

Thursday - Camille Bloom and Nicole Torres. Folk/soul/pop. Friday — Cotton Fever and Oculus Sinister. Roots/garage/rock. Wednesday - Edie Carey and Elana Arian. Acoustic/folk/pop.

Little Italy Spaghetteria: 1953 India Street, Little Italy, 619-398-2974

Friday, 9 p.m. — Willovealot Smooth-jazz.

The Lumberyard Shopping Center: 937 South Coast Highway 101, Encinitas, 619-987-1277.

Friday, 6 p.m., Saturday, 6 p.m. -Keith Jacobson. In the central courtyard, between St. Tropez Bakery & Bistro and Bubbv's Gelato. Smooth-jazz saxophone.

Main Stage Bar at Valley **View Casino:** 16300 Nyemii Pass Road, Valley Center, 866-843-9946. Thursday, 7 p.m. — Firefly. Classic

Friday, 4 p.m. — Lady Dottie & the Diamonds. Blues/soul/rock. Friday, 9 p.m. — Innovation. Covers/standards.

Saturday, 9 p.m. — Old School. Covers/standards/rock. Saturday, 4 p.m. — Hot Rod Lincoln. Acoustic/roots/rockabilly.

Mas Fina Cantina: 2780 State Street, Carlsbad, 760-434-3497. Wednesdays, 8 p.m. — Mike Gardner. Acoustic

McCabe's Beach Club: 1145 South Tremont Street, Oceanside, 760-439-6646. Fridays, 4:30 p.m. — The California

McP's Irish Pub and Grill:

Rangers. Country.

1107 Orange Avenue, Coronado, 619-435-5280. Thursday, 8 p.m. — The Stilettos. Rockabilly/jazz/roots. Friday, 9 p.m. — 4 Way Street. Saturday, 9 p.m. — Harmony

Tuesday, 8 p.m. — Gene Warren.

Mulvaney's Wagon Wheel: 8861 Magnolia Avenue, Santee, 619-448-8550.

Saturday, 8 p.m. - Joey & the Sting Rays. Covers rock and country hits. \$5.

Nancy's Pub: 4246 University Avenue, City Heights, 619-280-

Sundays, 5:30 p.m. — The Steemin Heep Blues Band. A blend of traditional blues, swing, and rock. Ages 21 and up.

**Neurosciences Institute:** 10640 John Jay Hopkins Drive, La

Iolla. Friday, 7:30 p.m. — The Hutchins

Consort. With Saadoun Al-Bayati. Classical/world fusion. \$15-\$30.

North Bar Sports and Spirits:

200 West El Norte Parkway Escondido, 760-480-8228. Thursdays, 6 p.m. — Mike Gardner, Rock,

O'Connells Pub and Nightclub: 1130 Morena Boulevard, Linda Vista, 619-276

Friday, 9 p.m. — Revival, Kenta Hayashi, Red Llama Dog. Reggae/blues/rock. Saturday, 5 p.m. — Astra Kelly and

Veronica May & the To Do List. Breast Cancer benefit with Compass Rose and Steph Johnson Acoustic/folk/pop.

Saturday, 9:30 p.m. — U.S. Drag, Dave the Butcher, Uncle Junkie. Rock/punk/metal. Sunday, 9 p.m. — The Four Kings

Funk/rock. Monday, 8 p.m. — Mystery Train.

Pro-invitational blues jam.

O'Harleys Sports Bar & Grill: 13437 Community Road, Poway, 858-486-7422

Saturday, 8 p.m. — The City Limits Band. Country/rock/blues.

O'Sullivan's Irish Pub of Carlsbad: 640 Grand Avenue, Carlsbad, 760-729-4072. Tuesday, 9 p.m. — The Blokes. Rowdy Celtic, bluegrass, and surf.

Ocean Beach People's Organic Foods Co-Op Deli: 4765 Voltaire Street, Ocean Beach, 619-224-1387. Friday, 6 p.m. — The Zzymzzy Quartet. Jazz.

Saturday, 2 p.m. — The City Guard Band. Performances will be held in

the plaza; selections range from Sousa marches to concert pieces.

Open Air Theatre at 5500 Campanile Drive, College Area, 619-594-6947. Thursday, 8 p.m. — My Morning

Jacket. Indie rock/experimental.

Osetra: 904 Fifth Avenue, Downtown, 619-239-1800. Thursdays, 8 p.m. — Live Jazz. In the E5 Lounge. Wednesdays, 8 p.m. — Los Reyes del Ritmo. Flamenco and Latin music in the E5 Lounge.

Pacific Beach Bar & Grill: 860 Garnet Avenue, Pacific Beach, 858-272-7278.

Friday, 7 p.m. — Live music. Sunday, 6 p.m. — Live reggae.

Pala Casino: 35008 Pala Temecula Road, Pala, 877-946-

Saturday — Anita Baker. R&B/soul.

Pasquale on Prospect: 1250 Prospect Street, La Jolla, 858-456-

Jazz/rhythm and blues.

Downtown, 619-233-3077.

Wednesday — The Bayou Brothers. Zvdeco/blues/R&B.

Patrick's Irish Pub: 13314 Poway Road, Poway, 858-486-0764. Friday, 9 p.m. — The City Limits Band. Country/classic rock/blues.

Peter D's: 5149 Clairemont Mesa Boulevard, Clairemont, 858-277-3217.

Wednesdays, 8 p.m. — Mystery Train. Performs and hosts an open blues jam.

Phra Ram No. 9: 3705 Avocado Boulevard, La Mesa, 619-670-9099. *Friday*, 6 p.m. — D.R. Auten and Gas Lamp Jazz Band.

RT's Longboard Grill: 1466 270-4030

Matthews Band tribute. Friday — Naked Sun. Rock/funk/psychedelic.

Folk/blues/rock.

**Old Town State Historic** Park: 4002 Wallace Street, Old Town.

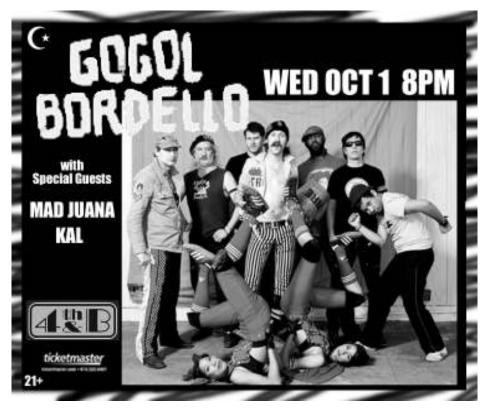
Sundays, 6 p.m. — Stage 4.

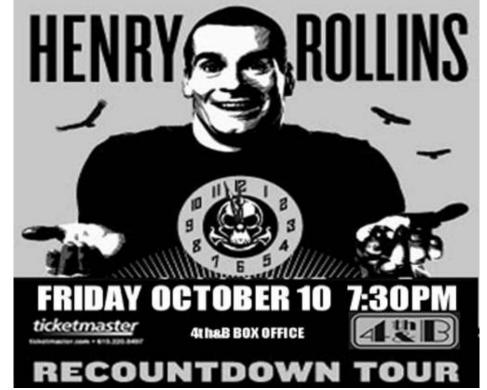
Patrick's II: 428 F Street.

Garnet Avenue, Pacific Beach, 858-

Thursday — Stepping Feet. A Dave Saturday — The Alternatives.

Radio Room: 3519 El Cajon Boulevard, North Park. Friday, 9 p.m. — Anna K. and Janet Robin. Acoustic/rock/pop. Saturday, 9 p.m. — The Long & Short of It. With National Security Law and Memory. Alternative/garage/rock.







THURSDAY • SEPTEMBER 25 **FEDERICO AUBELE** 

**NATALIE CLAVIER JOEL P. WEST** 

FRIDAY • SEPTEMBER 26

THE BLACK HEART **PROCESSION JOHN MEEKS** LITTLE WHITE TEETH

N THE ATARI LOUNGE

**NOTHINGFUL** 

SATURDAY • SEPTEMBER 27 T.S.O.L.

THE HOLLOWPOINTS **AUTHENTIC SELLOUT** 

SUNDAY • SEPTEMBER 28

**RA RA RIOT WALTER MEEGO** THE MORNING BENDERS

MONDAY • SEPTEMBER 29

**FILTER** 

ANTI-MONDAY LEAGUE PRESENTS

**PEOPLE IN PLANES** 

casbahtickets.com

\*asbah

COCKTAILS • LIVE MUSIC • 21 w/ID 2501 KETTNER BLVD. • 232-4355

TUESDAY • SEPTEMBER 30 **PATTERN IS MOVEMENT** THE CAVE SINGERS **SWIM PARTY** 

SIAN ALICE BANE **FANTASTIC MAGIC MANUOK** 

THURSDAY • OCTOBER 2

**THE RINGERS ROSES ON HER GRAVE DESERT DIAMONDS LASERWOLF** & THUNDERBOLT

FRIDAY • OCTOBER 3
FARLY SHOW 7 PM

**MUGISON** 

LATE SHOW 10 PM **DATAROCK** 

Charge by phone:

888-512-7469

**POWERSOLO PANT HOOTS** 

WEDNESDAY • OCTOBER 8

SATURDAY • OCTOBER 4

**KILL ME TOMORROW** 

THE MUSLIMS

**CROCODILES** 

**WILD WEEKEND** 

**DJs MARIO ORDUNO** 

**AND JEFF GREAVES** 

SUNDAY • OCTOBER 5 THE FUN DMC TOUR

**PEOPLE UNDER** 

THE STAIRS

**COMMON MARKET** 

**SHAWN JACKSON** 

MONDAY • OCTOBER 6
ANTI-MONDAY LEAGUE PRESENTS

**HEAVY TRASH** 

WITH JON SPENCER

AND MATT VERTARAY

**MARGOT & THE NUCLEAR SO AND SOS** 

thecasbah.com



# October Wildfires

1-year anniversary community benefit party to promote healing

Love and Roll Productions
Benefit Concert Series present:



With very special guests:

Dokken • Sweet • Asia

featuring John Payne

# Friday, October 24, 2008 • 6:00 pm at Qualcomm's practice field

Benefit concert for the victims of the October wildfires.

Autograph signing 5-6 pm by Enuff Z'nuff, Bullet Boys
and surprise guests

Tickets on sale at: Ticketmaster, Guitar Trader,
Albertsons (Poway, RB, Carmel Mountain & Escondido)
\$50 general admission • \$65/\$75 reserved seats • \$100 premium seats (first 10 rows)

VIP Packages and tickets available at: loveandrollproductions.com \$250 includes Meet & Greet, premium seats. For more info call: 858-395-3473 or e-mail: loveandrollproductions@yahoo.com

# Saturday, October 25, 2008 • 7:00 pm at 4th & B

Enuff Z'nuff, Bullet Boys and surprise guests Tickets available at: loveandrollproductions.com

Spreading love through music.

Benefit for the RB United Recovery Center



Rancho Bernardo United is a coalition brought together by the Rancho Bernardo Community Foundation to identify and meet our community's after-the-fire needs.





Sunday, 9 p.m. — Astra Kelly, Deaf Zero, Fight the Fear. Acoustic/alternative/rock. Tuesday, 9 p.m. — Dayglo Abortions, the Accused, Basura. With Titanarum, the Resentments, and Nuclear Tomorrow. Alternative/punk/rock.

Ramona MainStage Theatre: 626 Main Street, Ramona, 760-789-

7008. Saturday, 8 p.m. — Cash'd Out. A tribute to Johnny Cash.

Rancho Bernardo Inn: 17550 Bernardo Oaks Drive, Rancho Bernardo, 858-675-8500. Fridays, 5:30 p.m., Saturdays, 6 p.m. — Jerry Melnick & Tom

Bishop. El Bizcocho Restaurant.

Jazz/variety.

Riley's: 2901 Nimitz Boulevard, Point Loma, 619-255-8635. Thursday, 9 p.m. — Lipstick N Leather. Eighties hair-metal and hard-rock group. Saturdays — Rock Forever Entertainment. Features live bands every Saturday night. Wednesdays, 9 p.m. — Swing Night. Live swing bands perform.

Rosie O'Grady's: 3402 Adams Avenue, Normal Heights, 619-284-

Tuesdays, 9:30 p.m. — Bdub's Jazz Jam Session. Modern jazz classics and standards every Tuesday, with Bryan Whelan, Doug Walker, Laurel Grinnell, and friends.

The Round Table Cocktail Lounge: 1723 Euclid Avenue. City Heights, 619-264-6000. Tuesdays, 6 p.m. — Charlie Blue.

Tickets for "Upcoming Shows"

available at Ticketmaster & Humphreys.

All shows are 21 years and up.



Thursday, September 25 ■ 9:30 pm Sunday, September 28 ■ 8 pm

**Art of Sax: Will Donato** with DJ John Phillips & Host Tayari

Friday, September 26 ■ 9:30 pm Disco/Dance

Rising Star



Saturday, September 27 ■ 9:30 pm Classic Rock



Tuesday, September 30 ■ 7 pm **Billy Joel Tribute Band** 52<sup>nd</sup> Street

**Tribute to Billy Joel** 

Ruby's

Scorchin' Blues

Michele

Lundeen

Jazz Band

Monday, September 29 ■ 7 pm

Wednesday, October 1 ■ 8 pm DJ/MC

#### **DJ John Phillips**

#### Rockola

**Ronny Baker** 

**Brooks** 

**Upcoming Shows** 

Friday, October 10

Saturday, October 4

**Michael** Ward

Saturday, October 18

**Johnny A** 

humphreysbackstage.com

2241 Shelter Island Dr. • 619-224-3577



www.secondwindbars.com

ATM & credit cards welcome.

## Navajo

8515 Navajo Road • 619-465-1730 (Albertsons shopping plaza at Navajo & Lake Murray)

> Thursday, September 25 Lysdexia

Friday & Saturday, September 26 & 27 • 9 pm

#### **Classic Rock**



## **5 Miles High**

Sunday, September 28 The Sun

New Every Monday Karaoke

> Tuesday, September 30 The Crypts

#### Santee

8528 Magnolia Avenue • 619-596-8350 (Corner of Prospect & Magnolia)

> Thursday, September 25 Mud Wolf Top 40 cover band

Friday & Saturday, September 26 & 27 • 9 pm

#### Classic Rock



#### **Serious Guise**

Sunday, September 28 Musical Mind Rapist
Guillotine Death Sentence
Youth Envy Jesus Christ vs. The World

Tuesday, September 30

Wednesday, October 1

Pool Tables • Dart Boards • Free Parking Hot Spot & Lotto • Free WiFi Access

#### San Diego Sports Arena:

3500 Sports Arena Boulevard, Point Loma, 619-224-4171. Friday, 6:30 p.m. — Playhouse Disney Live! Kids get to sing along with Mickey and his friends. \$21-

San Diego Sports Club: 1271 University Avenue, Hillcrest, 619-299-7372

Saturday, 9 p.m. — Stick It in Your Ear Productions. Live bands every fourth Saturday of the month. \$5.

#### San Dieguito United Methodist Church: 170 Calle

Magdalena, Encinitas.
Saturday, 7:30 p.m. — "Tribute to Woody Guthrie." Country Joe McDonald for San Diego Folk Heritage concert. 858-566-4040.

Seaport Village: 849 West Harbor Drive, Downtown. Sunday, 1 p.m. — Nova. Covers/standards/dance.

Second Wind (Navajo): 8515 Navajo Road, Santee, 619-465-1730.

Thursday — LySDexia. Classic rock.

Sevilla: 555 Fourth Avenue, Downtown, 619-233-5979. Thursday — Orquesta Salsa Caliente. Salsa.

Sunday — Orquesta Primo. Latin/mariachi/Tejano. Mondays, 9 p.m. - Rock en

Tuesday — Charlie Chavez y Su Afro Truco. Salsa.

Smith Recital Hall at 5500 Campanile Drive, College Area, 619-594-5200.

Saturday, 8 p.m. — Namâd Ensemble, Contemporary and classic Persian music. 858-653-0336. \$10-\$30.

Soma: 3350 Sports Arena Boulevard, Point Loma, 619-226-7662.

Friday, 7 p.m. — Modessa, Etched in Red, Damcyan. With Ruines Ov Abaddon, Sentinel, and Legathia. Metal/rock/thrash. \$8. Saturday, 7 p.m. — Chasing Claymores. CD-release show with Two Word Name, Flux Theory, and

South Park Bar & Grill: 1946 Fern Street, South Park, 619-696-

more. Alternative/rock. \$8.

Thursdays, 9:30 p.m. — Open jazz iam.

Friday, 7 p.m. — The Paul Ingram Quartet. Jazz.

Fridays, 7 p.m. — The John Kopecky Trio. Jazz. Saturdays, 8:30 p.m. — Open Blues Jam. With Will Jackson.

Sundays, 6 p.m. — Original Music Modern Jazz Series. Every Sunday, with Doug Walker, Tim Nunnink, Nick Tocco, and Nathan Hubbard.

St. John of the Cross: 8086 Broadway, Lemon Grove, 619-466-

Sunday, 3:50 p.m. — Robin Henkel. Blues/jazz guitarist.

Stage Saloon: 762 Fifth Avenue, Downtown, 619-992-7862. Fridays — Trainwreck. Saturday — The Disco Pimps

Terra: 3900 Vermont Street, Hillcrest, 619-293-7088. Thursday, 6 p.m. — Robin Henkel. Blues/jazz guitarist.

Thornton's Irish Pub and Grill: 1221 Broadway, El Cajon, 619-447-5665. Friday, 8 p.m. — Hugh Gaskins & the G String Daddies. Blues/soul/rockabilly.

Tiki House: 1152 Garnet Avenue, Pacific Beach, 858-273-9734. Thursday — The Road Dogs. Blues. Friday - Meld. Garage/blues/soul. Saturday — Stoney Dudes. Tuesday — Trent Hancock. Acoustic/pop/indie.



# Calendar

Tina's Night Club: 1956 54th Street, College Area, 619-263-0258. Sunday - Willovealot, Smooth-

Tio Leo's Lounge: 5302 Napa Street, Linda Vista, 619-542-1462. Friday — The Bastard Sons of Johnny Cash.

Country/rockabilly/Americana. Saturday — The Kneehighs. Rock/hip-hop.

Viejas Casino Concerts in the Park: 5005 Willows Road, Alpine, 619-445-5400. Sunday, 7:30 p.m. — Flogging Molly. Celtic rock. \$20.

Wave House: 3125 Mission Boulevard, Mission Beach. Friday, 7 p.m. — The Dark Star Orchestra. Grateful Dead tribute

Winstons: 1921 Bacon Street, Ocean Beach, 619-222-6822. Thursday — Anthony Smith's Trunk Fulla Funk. Soul/funk/rock. Friday — The International Farmers. Reggae/funk. Saturday — Banyan. Rock/jazz/experimental Sunday — Earl Thomas. Blues. Mondays, 9 p.m. — The Electric Waste Band. Grateful Dead tribute.

#### UPCOMING SHOWS

4th&B: 345 B Street, Downtown, 619-231-4343. October 24 -- E-40. November 1 — Rose Royce. November 18 — Café Tacuba.

AcousticMusicSanDiego: 4650 Mansfield Street, Normal

Heights, 619-303-8176. October 4 — Eric Andersen. October 5 - David LaFlamme and It's a Beautiful Day. October 10 — Catie Curtis.

October 11 — Kevin Welch. October 25, October 25 — Eliza Gilkvson.

November 1 — Dave Alvin. November 9 — Ellis Paul. November 23 — Doyle Dykes. November 28 — Tom Russell.

Anthology: 1337 India Street, Little Italy, 619-595-0300. October 2 — Stephen Kellogg & the October 3, October 4 — Stanley Jordan. October 7, October 8 — Acoustic Alchemy.

October 11 — The Sax Pac. October 14, October 15 — The Dizzy Gillespie All-Star Big Band.

October 16 - John Oates. October 17 — Paul Brown's Guitar

October 18 - The Subdudes. October 19 — Mark Murphy. October 21 — The Quarrymen.

October 22 - Nicole Henry. October 24 — Steve Poltz. October 25 — The Silent Comedy.

October 25 - Melody Gardot. October 28 — Judy Wexler. October 29, October 30 - Amel

**Belly Up Tavern:** 143 South Cedros Avenue, Solana Beach, 858 481-8140.

October 2 — The Black Lips and Grand Ole Party.

October 3 — Dr. John & the Lower October 4 — The Tommy Castro

Band and Magic Dick. October 5 — John Brown's Body.

October 6 - Nick Lowe and Paul Cebar.

October 9 — Joan Osborne and Matt Morris.

October 10 — Elijah Emanuel & the

Revelations. October 11 - One Drop, Stranger,

Mike Pinto October 12 - Jolie Holland.

October 13 — Anya Marina, Meiko, Priscilla Ahn.

October 15 — Lotus.

October 16 — The Black Kids. October 17 — Uh Huh Her.

October 18 - The Skatalites. October 19 — Orquesta Primo.

October 21 — Pinback and Mr. Tube & the Flying Objects.

October 22 — Taj Mahal. October 23 — The Presidents of the United States of America.

October 24 - Stereolab and

Monade. October 25 — Atomic Punks.

October 26 — The Young Dubliners.

October 27 — Tom Morello: the Nightwatchman.

October 28 — The Mountain Goats and Kaki King.

October 29 — Everlast and the

Lordz.

October 30 — Cowboy Mouth. October 31 — Halloween Heat. November 1 — The Secret

Machines. November 6 - Keller Williams with Moseley, Droll & Sipe.

November 7 — Roger Clyne & the

October 10 - The Steely Damned 5N■TE

BY WILLIAM CRAIN

In the mid-'90s, when every other musician in the musician-rich city of Portland, Oregon, was cultivating a lo-fi sound and a low-budget look, the Dandy Warhols sounded. dressed, and acted like rock stars. In the early days they were known more for their onstage nudity and prolific partying than their music, but by the time the Dandys released 13 Tales from Urban Bohemia in 2000, their talent was undeniable. Three years later the band released the heavily electronic Welcome to the Monkey House, and their songs were all over trendy youth-TV shows - which to modern artists is what being all over the radio was to earlier generations.

Then something weird happened. Dig! — an enjoyable documentary contrasting the relatively professional Dandys with their shambolic rivals the Brian Jonestown Massacre — hit DVD players and quickly drew a following. Problem was, Dig! more or less advanced the idea that Dandy Warhols singer Courtney Taylor-Taylor will never be as weirdly compelling as BJM madman Anton Newcombe. The fact that Taylor-Taylor narrated the movie suggested that he believed it, too. He responded by releasing the weirdest Dandys album yet,

Odditorium or Warlords of Mars. It was a disaster of Newcombe-like proportions.

Now the Dandys are back, doing what they do best, with Earth to the Dandy Warhols. It sounds like a sequel to 13 Tales from Urban Bohemia, and that's great. See. the thing that Dig! didn't tell you is that, no



matter what kind of tragic charm Newcombe may have, the Dandys' professionalism has always made them not merely more commercial but better in just about every way

DANDY WARHOLS, Belly Up, Wednesday, October 1, 8 p.m. 858-481-8140. \$25.

Peacemakers.

November 8 — Stepping Feet. November 10 — Little Feat.

November 12 — Missy Higgins.

November 13 — Galactic. November 14 — Groundation.

November 15 — Stripes & Lines.

November 16 — Devon Allman's Honeytribe.

November 17 — Elisa November 20 — The Bacon

November 26 - Buck-O-Nine. December 16 - Mike Ness.

Brick by Brick: 1130 Buenos Avenue, Linda Vista, 619-275-5483. October 2 — Lucybell.

October 13 - Tori Sparks. October 22 — Lipstick N Leather.

California Center for the Arts, Escondido: 340 North Escondido Boulevard, Escondido, 800-988-4253.

October 18 — Linda Purl & Lee Lessack. October 22 - Amy Grant.

October 28 — Vince Gill. November 15 — The Preservation Hall Jazz Band.

Canes: 3105 Ocean Front Walk, Mission Beach, 858-488-1780. October 2 — The Moviegoers, Kanari, Akademix. October 3 — The Aggrolites and Dirty Heads.

October 9 - NaCalifa. October 11 — Andre Nickatina. October 16 — Deny the Silents and

Blue Sky Blonde. October 17 — Iration and B Foundation.

October 18 - Stranger October 19 — Deploi.

October 24 — Lights.

October 25 — Devin the Dude.

November 1 — Dead Man's Party. November 6 - Hard Echo, Motus, Deaf Zero.

November 7 — Collie Buddz and Rise of the Revolution

November 8 — Jedi Mind Tricks and OuterSpace.

November 13 - Method Man & Redman

November 15 — Wild Child. November 19 — Mest.

November 21 — Vokab Kompany and the Concrete Project. November 22 — Tainted Love.

November 26 - Lights. November 26 - The Melvins and

Big Business. November 29 — Cash'd Out.

Carvers: 11940 Bernardo Plaza Drive, Rancho Bernardo, 858-566-2400

October 10, October 11 — The Hype.

October 17, October 18 — Laguna November 1 — The Baytown Band. November 7, November 8 — The Gold Dust Band.

The Casbah: 2501 Kettner Boulevard, Little Italy, 619-232October 2 — The Ringer, Roses on Her Grave, Desert Diamonds.

October 3 — Datarock. October 3 — Mugison.

October 4 — Kill Me Tomorrow and the Muslims.

October 5 — The People Under the Stairs.

October 6 — Heavy Trash and PowerSolo

October 8 - Margot & the Nuclear So and So's October 9 — Quintron & Ms.

Pussvcat. October 10 — Bang Camaro.

October 11 - Big Sandy & His Fly-Rite Boys.

October 14 — The Rumble Strips and Birdmonster.

October 15 — The Supersuckers. October 16 — Matt White and Schuyler Fish.

October 17 — Born Ruffians. October 18 — Chinese Stars and

Hostile Comb-Over. October 19 — Polysics

October 20 — Brightblack Morning Light and Glasser. October 21 — Valient Thorr,

Blacktusk, Tweak Bird. October 22 — Pinback and Mr. Tube & the Flying Objects. October 24 — Rose Hill Drive and

Colour Revolt. October 25 - Alex Woodard October 27 — Jeffrey Lewis and

Talkdemonic October 28 — Greg Laswell and Get October 29 — Greg Laswell.

October 30 — Ted Leo & Pharmacists.

October 31 — Wild Weekend and Black Hondo.

November 1 — The Heavy and Kenan Bell.

November 2 — Chuck Ragan, Tom Gabel, Ben Nichols, Tim Barry. November 4 - Magnetic Morning and Drew Andrews.

November 5 - Sole & the Skyrider band November 7 — No Use for a Name.

November 8 — Electric Six and Local H.

November 11 - King Khan & the BBQ Show.

November 12 — Dead Confederate. November 13 - Port O'Brien and Crooked Fingers. November 14 — Torche, Black

Cobra, Clouds. November 15 - Mudhoney

November 16 — Gang Gang Dance, Growing, Rainbow Arabia.

November 17 — Love Is All and Vivian Girls. November 18 — AIDS Wolf.

November 25 — My Brightest Diamond and Clare & the Reasons. November 28 — Deerhunter and Times New Viking.

November 29 — Blitzen Trappe and the Parson Redheads. December 1 — Holly Golightly and

Delaney Davidson. December 5 — Alex Woodard.

December 6 — The Sea & Cake.

SERIOUS

PLAYERS ONLY!



#### Live at the Kraken! Blues • Dance Rock 'n' Roll SPY HOU

The bar with a definite beach atmosphere

ONILY 4-7 PM

6 TVs • 2 Satellites Pinball Games Pool Tables • ATM

On Highway 101 Restaurant Row Cardiff • (760)436-6483



#### BC's BBQ: Sat. and Sun. Noon 'til Midnight

Thursday, September 25 • No Cover

#### FRANKIE-DEE & THE FUNK-NATRA BAND

Friday, September 26 • No Cover

#### ROCK KANDY

Saturday, September 27 • No Cover

#### GHOST RIDERS (Day) **KING FISH TURNER** BAND (Night)

Sunday, September 28 • No Cover

BLUES JAM anchored by the **BLUES BROKERS** 

Every Monday in September

**DOUG ALLEN** (of the Mar Dels) Wednesday, October 1 • No Cover

**JEFF MOORE & THE** WITCHDOCTORS



Needle. Festival. Block. Dogg. Thing." Blameshift. ROCK. October 2 — The Donnas. October 3 — James Indulgence.

Ché Café: 9500 Gilman Drive, B-0323C, La Jolla, 858-534-2311. October 3 — Vitamin X and Broken October 10 — Genghis Tron, Yip Yip, Clipd Beaks. October 11 — 7 Generations, Masterpiece, All Is Fleeting. October 17 - Chinese Stars and the Awesome Brothers. October 18 — Verse, Killing the Dream, Built to Last. October 19 — The Paddle Boat and Agent Ribbons. October 24 — Gary Wilson, Christmas Island, Mark Lewis. October 31 — Cattle Decapitation. **Concerts at Valley View** Casino: 16300 Nyemii Pass Road, Valley Center, 866-843-9946. October 5 - Earth, Wind & Fire. October 15 — Randy Travis. **Copley Symphony Hall:** 750 B Street, Downtown, 619-235-0804. November 15 — Viva El Mariachi November 24 — The Australian Pink Floyd Show. Cox Arena: 550 Campanile Drive, College Area, 619-594-6947. October 17 — Weezer. October 29 - Neil Young October 30 — Rise Against, the Alkaline Trio, Thrice. November 25 - New Kids on the December 15 — Metallica. **Cricket Wireless** Dizzy's: 200 Harbor Drive, Epicentre: 8450 Mira Mesa October 3 - The Guze, the

Amphitheatre: 2050 Entertainment Circle, Chula Vista, 619-671-3600. October 16 — Jimmy Buffett.

Dirk's Niteclub: 7662 Broadway, Lemon Grove, 619-469-

October 3, October 4 — Phat Daddy. October 10, October 11 — The Bull

October 17, October 18 — Nemesis.

Downtown, 858-270-7467. October 5 — Serenati.

Boulevard, Mira Mesa, 858-271-

Demeanors, Stereo Upset.

October 4, October 5 — "Next Big

October 24 — Hellogoodbye. November 7 — The Material and

November 15 — A Cursive Memory and So Long Davey.

Hard Rock Café: 801 Fourth Avenue, Downtown, 619-615-

House of Blues: 1055 Fifth Avenue, Downtown, 619-299-2583.

October 4 — Mindless Self

October 8 — Yngwie Malmsteen. October 10 — Santogold.

October 11 — Chris Cagle.

October 12 — The Kings of Leon. October 13 — Gavin DeGraw.

October 14 — White Lion. October 16 — Jorge Celedón &

Jimmy Zambrano.

October 17 — Led Zepagain.

October 18 — Marisela.

October 19 — Streetlight Manifesto.

October 20 — Tech N9ne October 21 — VNV Nation.

October 23 — Alison Moyet.

October 25 — Bayside. October 28 — Matt Nathanson.

October 29 — Umphrey's McGee.

October 30 — Apocalyptica. October 31 — Jack's Mannequin.

November 1 — The Damned.

November 2 — Cobra Starship. November 5 — Ingrid Michaelson.

November 6 — The Expendables.

November 8 — Los Enanitos

November 12 — Joe Satriani. November 14 — The Kottonmouth Kings.

November 14 — Melissa Ferrick.



For more info visit www.adamsavenueonline.com

Call (858)483-6550 for more info.

#### alendar MUSIC

November 15 — Mason Jennings November 16 — Hanson November 16 - Matt Wertz and

Everybody Else. November 17 — Jay Brannan. November 17 — Matisyahu.

November 19 — The Misfits. November 20 — Alejandra

Guzmán. November 21 — Scars on

Broadway. November 22 — Face to Face.

November 23 — GWAR.

November 24 — Ben Kenney. November 29 — The Sisters of

Mercy.

November 30 — Bell Biv Devoe. December 3 — Secondhand Serenade and Cute Is What We Aim For

— Five Finger Death December 4 Punch.

December 11 — Los Lobos. January 25 — Ramon Ayala.

February 7 — Badfish. February 21 — Reverend Horton Heat and Manic Hispanic.

Humphrey's by the Bay: 2241 Shelter Island Drive, Point Loma,

619-224-3577.

October 2 — David Byrne. October 3 — America.

October 5 — Cecilio & Kapono.

October 9 — Duffy. October 19 — Gordon Lightfoot.

**Lestat's Coffee House:** 3343 Adams Avenue, Normal Heights, 619-282-0437.

October 29 — Anna Troy, Nathan James, Olivia Pierson.

Main Stage Bar at Valley View Casino: 16300 Nyemii Pass

Road, Valley Center, 866-843-9946. October 2 — Metro.
October 3 — The Heroes.

October 3 — Firefly.

October 4 - Lady Dottie & the Diamonds. October 4 — The Shockwaves.

October 5 — Innovation. October 9 — The Jones Revival.

October 10 — Innovation. October 10 - Lady Dottie & the Diamonds.

October 11 — The Sandbox.

October 11 — Hot Rod Lincoln. October 16 — Firefly.
October 17 — The Heroes.

October 17 — The Fabulous

Pelicans. October 18 — Federal Funk. October 23 — Firefly.

October 24 — Innovation.

October 24 — Metro.

October 25 - Old School.

October 25 — Innovation. October 30 — The Jones Revival.

October 31 — The Fabulous Pelicans

Mandeville Auditorium at

9500 Gilman Drive, UCSD. October 20 - Laurie Anderson.

Oceanside Museum of Art:

704 Pier View Way, Oceanside, 760-435-3720.

October 16 - Sue Palmer & Her Motel Swing Orchestra.

**Open Air Theatre at** 5500 Campanile Drive, College Area,

619-594-6947. October 2 — The Mars Volta. October 3 — The Swell Season. October 15 — The Roots and the

Gym Class Heroes October 31 — Jason Mraz.

Pala Casino: 35008 Pala Temecula Road, Pala, 877-946-

October 8 — Smokey Robinson.

Patrick's II: 428 F Street, Downtown, 619-233-3077. October 2 — The Blue Four October 3 — Len Rainey & the

Midnight Players. October 3 — 145th Street Deluxe Blues Band.



#### >hometown CDs

Album: Mike Pinto (2007) Artist: Mike Pinto

Where available/price: online at iTunes for \$9.99 and

CDBaby.com for \$12.99

Label: self-released

Songs: 1) Full Speed 2) Surf Tune 3) Addictions 4) Backburner 5) Get Me Down 6) Temptation 7) Bad Luck 8) Knocked Up 9) Never Hold Me Down 10) Bringin' It 11) Darlin' 12) Terrible October

Band: Mike Pinto (guitar, vocals), Chuck Treece (drums, bass), Jay Davidson (sax, organ), Henri McMillian (trumpet)

**Website:** myspace.com/littledistrict

After a sliver of success from his 2005 release Little District. Mike Pinto embraced the island sound and Southern California

life, moving to Ocean Beach from Philadelphia.

For his November 2007 self-titled album, Mike found drummer/guitarist Chuck Treece, a session player who has toured with Bad Brains and Urge Overkill. The accomplished musician's addition to this record can be felt in the high-quality snappiness of the sound.

Granted, Mike plays beach-jam music – the same as dozens of other bands in the area - but his emotionladen voice (best heard on "Backburner") and classicrock inspired guitar riffs (featured prominently on "Get Me Down" and "Full Speed") set him apart from the usual Wednesday-night-at-Winstons reggae-inspired surf

Thankfully, Mike avoids affecting a fake Jamaican accent, and instead of the standard weary lyrics of marijuana usage and dancehalls, he employs catchy writing to



deliver stories, not unlike hiphop. His best lyrics come on track eight ("You could cut the tension with a dull machete") and track three ("My sound's hotter than your upstairs attic").

#### TO GET YOUR LOCAL CD **REVIEWED, PLEASE MAIL**

IT TO: Music Editor, Hometown CDs, San Diego Reader, P.O. Box 85803, San Diego, CA

92186-5803

October 4 — Dennis Jones.

October 5 - Nathan James & Ben Hernandez.

October 6 — The Burnsville Band. October 7 — Blue Largo.
October 8 — The Bill Magee Blues

Petco Park: 100 Park Boulevard, Downtown, 619-795-5000. November 4 - Madonna

**Qualcomm Stadium:** 9449 Friars Road, Mission Valley, 619-283-0460.

October 24 — Great White.

RT's Longboard Grill: 1466

Garnet Avenue, Pacific Beach, 858-270-4030.

October 2 — Stepping Feet. October 4 — 5 Miles High.

October 9 — Stepping Feet.

October 10 — Flock of '80s. October 16 — Stepping Feet.

October 17 — Y3K

October 18 - Da Groove.

October 23 — Stepping Feet. October 24 — 6one9.

San Diego Civic Theatre: 1100 Third Avenue, Downtown, 858-

570-1100. November 10 - Alanis Morissette. San Diego Sports Arena:

3500 Sports Arena Boulevard, Point Loma, 619-224-4171.

October 5 — Panic at the Disco and

Dashboard Confessional. October 7 — Neil Diamond

November 8 — Carrie Underwood. December 1 — Celtic Thunder.

December 21 — The Cheetah Girls.

Soma: 3350 Sports Arena Boulevard, Point Loma, 619-226-7662

October 3 — Shiny Toy Guns. October 4 — Destroy the Runner and She Said Forever. October 10 - Flight to Athena.

October 11 - Kataklysm and Dying

Fetus.

October 12 — Every Time I Die and Revolution Mother.

October 15 - Norma Jean and Haste the Day.

October 16 — Anberlin and Scary

Kids Scaring Kids.

October 17 — The Academy Is....
October 19 — Conor Oberst & the

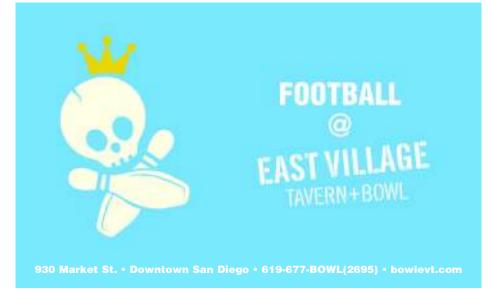
Mystic Valley Band. October 24 — Chiodos and

Silverstein

October 25 — Bleeding Through. October 31 — All Time Low and

Mayday Parade.

November 1 — Suicide Silence and





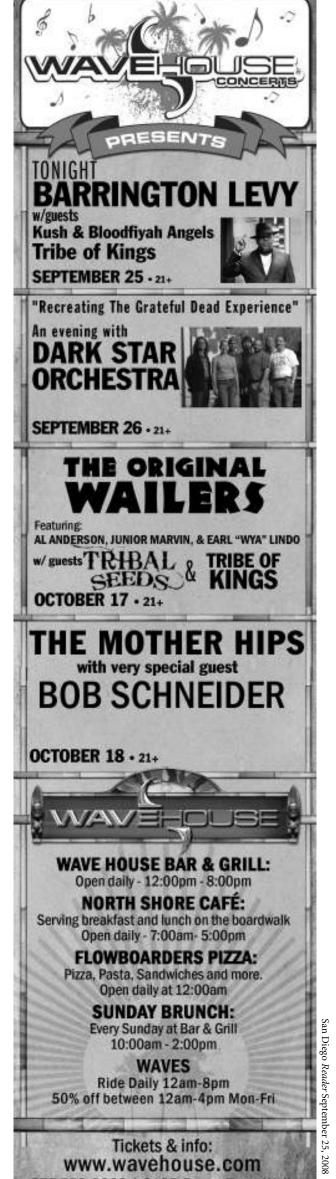














**SEMI PRECIOUS WEAPONS** A SCRIBE AMIDST THE LIONS **CHEEKY** 

Friday, September 26 Sean Healy & Never Say Die presents

**REHAB PROGRESS • AVITIA** 

Saturday, September 27

"HELL ON HEELS" **BURLESQUE REVUE** 

Monday, September 29 House of Rep & Love Clothing present

**ILL BILL • SEAN PRICE NATURE OF THE BEAST CLAY PIGEONS ANTI CITIZENS STYLES FREE SIGHPHUR ONE** 

> Thursday, October 2 Ctix LUCYBELL

Friday, October 3

**PURPLE RISING** 

**ROWDY • LID** 

Saturday, October 4 Band Minus Label presents

*50% Off* 

"PROJECT INDEPENDENT" THE VICTORY OF REASON **SILENCE BETRAYED CAUSTIC FELON ONE THEORY AUDKIK** 

Tuesday, October 7

THE PLASTIC PEOPLE OF THE UNIVERSE (From the Czech Republic)

> **LITTLE COW FOREST DAY**

Friday, October 10 **RIVAL SCHOOLS INNAWAY THE STRANGERS SIX** 

Saturday, October 11

THE MODLINS **SPERO LUMINA** THE SHAMBLES

10/25 DevilDriver • Snot • 10/31 Unset (CD release) • 11/1 The Caravans 11/7 Imperative Reaction • 11/14 Rainn Benefit • 11/24 Green Jelly

ving lunch & dinner 619-275-6881



Bookings: 1130 Buenos Ave. (619) 276-3993 (off Morena Blvd.)

877.550.9283 | 3125 Ocean Front Walk

#### Calendar MUSIC

Emmure.

November 2 - Maylene & the Sons of Disaster.

November 5 — Hawthorne Heights.

November 7 — Misdelphia. November 8 — DragonForce, Turisas, Powerglove.

November 14 — Minus the Bear and Annuals.

November 15 - Ludo.

November 16 — Underoath and

November 20 — Portugal. The Man and Earl Greyhound.

November 22 — The Faceless, Born of Osiris, Abigail Williams. November 26 — Shwayze and Tyga. November 28 — The Birthday

Massacre and Tub Ring. November 29 — Pierce the Veil and Breathe Carolina.

**Spreckels Theatre: 121** Broadway, Downtown, 619-235-9500.

December 6 - Rancid

October 9 - Sara Bareilles. October 12 — Julieta Venegas. November 1 — Ray Lamontagne. November 8 — Citizen Cope

Viejas Casino DreamCatcher Show Room: 5000 Willows Road, Alpine, 619-445-5400. November 1 — K-Ci and JoJo. November 7 — The Spinners.

#### DJ

#### **HOW TO SUBMIT A DJ**

Reader September 25, 2008

LISTING: Call 619-235-3000 x405, night or day by 5 pm Friday, the week prior to publication. To send weekly or monthly schedules, fax to 619-231-0489 or mail to Reader Music Scene, P.O. Box 85803, San Diego, CA, 92186. You may also

submit information online, get directions, maps, event alerts, RSS feeds, club coupons, and more at SanDiegoReader.com.

Fridays: DJ Junior. Disco, funk, and '80s music. Saturdays: Juicy. With Mike Czech and DJ SG. Thursday, 9 p.m.: Boombox Thursdays. With DIs Edgartronic, Groundfloor, and guests. Sundays: Guest DJ Night. Guest DJs to be announced. Mondays: Dedicated to You. Modern funk and soul with DJ 1979. Tuesdays, 11:30 p.m.: Big Sonic Chill. Sponsored by San Diego's Local 94.9. Wednesdays: Rotating Crew. Spin house, electro, and hip-hop. 4673 30th Street, Normal Heights. 619-501-9831.

**Bacchus House:** Saturday, 9 p.m.: Club '80s. With deejays Bryan Pollard, Sickboy, Stem, and more. \$3-\$5. 3054 University Avenue, North Park. 619-299-2032.

Bar Dynamite: Thursdays, 9 p.m.: DJs SG, Dubz, Teknikscian. Hip-hop, old skool, and mashups. \$5. Wednesdays, 9 p.m.: Deep House Nite. DJs Duane, Lil Ryan, and Johnny D spin house music. 1808 West Washington Street, Mission Hills. 619-295-8743.

Bar Pink: Mondays, 9:30 p.m.: Grown Folk Music. Features the Husky Boy All Stars DJ Buddha and Duse, Hip-hop/soul, 3829 30th Street, North Park. 619-564-7194.

Beauty Bar: Wednesday, 9 p.m.: Club '80s. With deejays Bryan Pollard, Sickboy, Stem, and more. \$2-\$4. Tuesdays, 9 p.m.: Trans Am Tuesdays. New wave '80s dance party with DJ Heather Hardcore. 4746 El Cajon Boulevard, Kensington-Talmadge. 619-516-

Brick by Brick: Thursday, 8 p.m.: Noches Rockeras Los Ingratos. Deejays spin rock and



#### Talk About a Star



Flogging Molly plays Sunday, September 28, at Viejas Concerts in the Park

I was living in Seattle [in 2005], across the street from the Space Needle...in the shadow of the Space Needle, really — no sunlight, and rain to boot: it made me want to sleep a lot. It was Bumbershoot weekend; that's a huge outdoor

music festival every year at the Space Needle. I was chilling in my apartment, thinking about a nap before I had to emcee later when holy hell — the loudest and rowdiest band in the universe was blaring through my window! I would have been annoyed if they had not been so amazina.

Flogging Molly literally got me off of my arse and pulled me across the street to see one of the most memorable live shows of my concert-rich life. Infectious and charismatic do not even begin to describe it. I was envious of the energy these guys and gal could emit for such an incredible length of time. Every song was instantly likable and out-of-control good. They even have a real Irishman to add to the

authenticity. Not to mention a line-up of phenomenal musicians. Combining traditional Irish music and full-on punk and making it sound so good gave me chills. I will never forget that day.

When I get off the air at 2 a.m., Flogging Molly's the only thing that keeps me from swerving off the road when I drive home at ungodly hours. After chilling for four hours [playing cuts for the Big Sonic Chill program], I need a good dose of Irish punk. Give me a mandolin and fiddle mixed in with some good punk and I'm a happy kid.



DJ: AMANDA THORNE Station: FM 94/9 Shift: 10:00 P.M.-2.00 A M SUNDAY-FRIDAY

op. \$10. 1130 Buenos Avenue, Linda Vista. 619-275-5483.

Camel's Breath Inn: Fridays. Saturdays: Live DJ. Ages 21 and up. 1033 Friars Road, Mission Valley. 619-281-1722.

Candelas: Thursdays: DJ ALA. Deep soulful house music. 416 Third Avenue, Downtown, 619-

Coyote Bar and Grill: Thursdays, 10:30 p.m.: DJ Earl



Henry. Fridays and Saturdays, 10:30 p.m.: DJ Steve Hasty. 300 Carlsbad Village Drive, Carlsbad. 760-729-

#### Deco's Restaurant &

Nightclub: Thursdays: Krush. Hosted by Chase Costello, Steve Kamp, Jack Kennedy, and more. Hip-hop/mashups/party rock. Ages 18 and up. 731 Fifth Avenue, Downtown. 619-696-3326.

The Filling Station: Fridays and Saturdays, 9 p.m.: DJ Dance Party. 9522 Miramar Road, Mira Mesa. 858-578-0757

House of Blues: Saturday, 7 p.m.: Mstrkrft. With Calvin Harris. Electro/dance, \$21, 1055 Fifth Avenue, Downtown. 619-299-2583.

#### Inferno Young Adult

Nightclub: Thursday: College Night. Ages 18 and up. Friday and Saturday, 9 p.m.: DJ Kool T. Spins Top 40, techno, and '80s. \$10. Ages 16 and up. 775 Metcalf Street, Escondido. 760-741-1271.

Jack's La Jolla: Thursdays and Saturdays, 10 p.m.: Wall Street Bar. DJs and dancing. 7863 Girard Avenue, La Jolla. 858-456-8111

Kadan: Mondays, 9 p.m.: Mayhem Mondays. Punk rock every

Monday. Live bands and resident DJ Nate Horror provide the tunes 4696 30th Street, North Park. 619-640-2500

#### The Kensington Club:

Wednesday, 9:30 p.m.: DJs Adam Zerote and Albert Camote. Spin punk, hardcore, metal, and more. 4079 Adams Avenue, Kensington-Talmadge. 619-284-2848.

Miami Grille: Friday, 8 p.m.: DJs Da Wizzrd and Icaro, Mixes salsa, merengue, cumbias, and more. 4545 La Jolla Village Drive, La Jolla. 858-552-0668

#### **Moondoggies Pacific Beach:** Saturdays, 9 p.m.: What's Good. DJs Enigma and Cisco. Hip-hop, R&B, and Top 40. 832 Garnet Avenue, Pacific Beach. 858-483-

On Broadway: Friday: Kid Krazzy. House/techno/electro. 615 Broadway Avenue, Downtown. 619-231-0011.

Scolari's Office: Wednesday, 10 p.m.: Cultura 619. DJs spin Latin, reggae, funk, and more. 3936 30th Street, North Park. 619-296-3546.

Sevilla: Fridays, 9:30 p.m.: Blazin' Fridays. Hip-hop and reggaeton

with Blazin' 98 9, 555 Fourth Avenue, Downtown. 619-233-5979.

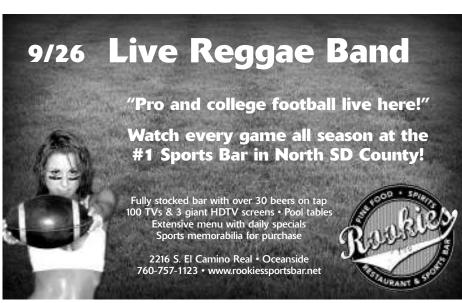
Static Lounge: Friday: Club Pop Noir. Every fourth Friday of the month, Maystar's Club Noir featuring DJ Groundfloor and DJ Edgartronic.

Indie/electroclash/dance music. Ages 18 and up. 634 Broadway, Downtown. 619-544-1609.

Whiskey Girl: Fridays and Saturdays, 9 p.m.: DJ Marc Thrasher. Mixes music videos. Sundays, 9 p.m.: DJ Famous Dave. Mixes music videos. Mondays, 9 p.m.: U Call it Mondays. With DI Marc Thrasher. Tuesdays, 9 p.m., Wednesdays, 9 p.m.: DJ Famous Dave Mixes music videos 600 Fifth Avenue, Downtown. 619-236-1616.

Whistle Stop Bar: Sundays: Night of the Cookers. Listen to classics and favorites from personal jazz record collections. Ages 21 and up. Tuesdays, 9 p.m.: Friends Chill. Board games and mellow grooves every Tuesday night. Candyland, Connect 4, Operation, Atari and Nintendo on the big screen. Ages 21 and up. 2236 Fern Street, South Park. 619-284-6784.









2228 Bacon Street, Ocean Beach 619-222-8131 • www.dreamstreetlive.com

Bartenders Wanted

Free Wi-Fi • DAILY HAPPY HOUR 4-7 PM • No Cover Power Hour 4-5 pm — \$2 U-Call-Its • \$1 off drinks till 7 pm

#### Thursday 9/25

Live Music • Acoustic featuring:



**DERRICK BOES** 





**SPECIAL GUESTS** 

Friday 9/26

Live Music Reggae/Rock/Ska featuring: &



THE SILENTS **MALAKI** 

#### Saturday 9/27

Live Music • Rock Joe's Birthday Bash! Featuring:

**APEYGA** 

**FRONT YARD** roused under reason

**ABIGAILS ATTIC RHYTHM WRITERS NARSIL** 

#### Sunday 9/28

NFL Football!
Big Screen! Big Sound!
Build-Your-Own Bloody Marys
Beer & Drink Specials
Free Popcorn

#### Monday 9/29

Monday Night Football!
Big Screen! Big Sound!
\$2 U-Call-It 4-5 pm
\$1 Off Drinks till Close
Free Popcorn

Wednesday 10/1 Live Music • Rock **SUNDAY GIRL BIRTHDAY SHOW** 

Now Booking: Every genre. Call Billy or Drew: 619-222-8131. www.myspace.com/kidslam



Mon 9/29

Thur. 9/25 5-8 PM: Winstons Game Da



ANTHONY SMITH'S TRUNK FULLA FUNK

THE INTERNATIONAL

**FARMERS** 

Members of Jane's Addiction, KDTU,

1:15 PM: REDSKINS vs. COWBOYS

OB•O•KE

HOSTED BY JOSÉ SINATRA

op Dogg and The Firn

7-9 PM BEACH COMED

featuring RYAN NIEMILLER

A So-Cal Reggae Night

1ues. 9/30 Think 'N' Drink Trivia

ELECTRIC

WASTE BAND

6-8 PM

**Drunk Poets Society** 

An evening of music from the Grateful Dead

THE LAMBSBREAD LIVE ZION DJ CARLOS CULTURE

Wed. 10/1

Winston's Art Show

Punk Rock Showcase

ACES & 8s THE ABRASIVES HEAVY CESSNA

UPCOMING:

10/4: KUSH BLOOD FIYA ANGELS 10/10: **MOWER** 

10/11: CASH'D OUT

10/24: MUYTATOR (Tix on sale now



Friday & Saturday September 26 & 27 · 8 & 10:30 pm



Mike **Faverman** 

Ultimate Camp Cooking

Matt Fulchiron

From

**Shawn Halpin** 

Tours with Pauly Shore

GOOD

ADMISSIONS THURS. Excludes Special Events. Subject to Availability.

Reservations REQUIRED with this ticket.

To purchase tickets, call (858) 454-9176 916 Pearl Street • La Jolia • www.thecomedystore.com Must be 21 - All shows 2-drink minimum











PB SHORE CLUB 4343 Ocean Blvd 858.272.7873 www.pbshoreclub.com

> DECO'S 731 5th Ave 619.696.3326

Featured SVEKDA Cocktails

www.decos.tv **Drink Specials** 

PLUM CRAZY 1060 Garnet Ave 858.270.1212 www.plumcrazypb.com Featured Martinis

MCGREGOR'S ALE HOUSE 10475 San Diego Mission Rd 619.282.9797 **Daily Features** 

VOTED #1 VODKA OF 2033

SVEDKA.com/JoinTheParty

VOTE AND PLAY RESPONSIBLY © 2008 Spirits Marque One LLC, New York, NY.

# Crasher

#### GREEN JERSEYS AND RED VINES

by Josh Board

friend scored a pair of tickets to the Chargers' final preseason game against Seattle. I don't care much about preseason, but it would give me a chance to check out the Seahawks running back I have on my fantasy-football team and crash a couple tailgate parties.

I offered to pay for parking, but as we pulled up I was shocked to see it was \$25. My friend was shocked to see I only had \$11 in my wallet. He paid, we parked, and we crashed.

The closest tailgate party was all women. Neither of us had a problem with this scenario. We walked up and started talking.

I found out that a few of the women's husbands have season seats. They gave the wives the tickets for this game so they could get a taste of the partying and fun. My friend leaned to me and said, "Boy, they got suckered. The preseason games that nobody cares about are the ones the husbands give up."

Since most of them were drinking, I asked if they had a designated driver. One woman



Top: Bob's tailgate party (he's in the middle, in a white shirt);
Bottom: Tailgaters

that they couldn't have bottles.

They then told two guys to stop
throwing a football around. The

tailgating rules. "You can only
use your parking space. You
aren't allowed to have bottles.

Her husband wouldn't let her wear a Seahawks shirt because "he was afraid of me getting my ass kicked."

guys continued their tossing when the cops drove off.

Since the women had a large spread of food and drink at their spot, I asked them about

I looked across the lot and

saw a cop telling two people

The cops will pour out anything you have in bottles." Another gal corrected her, saying that you are allowed to take two spaces. The first woman said,

"What is this, a test? I failed high school."

I asked the women if they understood football. One told me that her husband made fun of her during a Padres game because she said that they'd "scored a point" instead of a "run." The other women laughed. As we talked, it became clear that they knew the sport.

A woman named Mari Jo asked me when I was going to leave, but the other women told me that it was cool to stay. A woman named Mia offered us each a beer. My buddy took one. I continued taking notes, which prompted one of the women to say, "What is it with you, reporter guy? Enough with all this."

Someone told a story about her son playing JV football for Steele Canyon. Another had a daughter who's a cheerleader at Mission Hills High.

I overheard a woman on the phone say, "Well, if she's not here yet, she can go f\*\*\* herself!"

The ladies told me that they had arrived four hours before game time to relax and have some beers. One said, "You don't want to drink in there; the beer is too expensive." Another told us that the best deal for beer is the Wild Animal Park. "You can get a 64-ounce beer in a summer cup for \$7.50. You're looking at paying around \$10 for a beer in here."

One woman told me that she was from Seattle, but her husband wouldn't let her wear a Seahawks shirt because "he was afraid of me getting my ass





kicked."

One of the ladies told me that they brought a bucket and toilet paper because the lines are too long in the bathroom. I wasn't sure if she was joking until she held up the bucket.

They offered us more beer, but we decided to hit another tailgate.

We approached a group of about 75. A guy named Bob came over and told me that he does this for his clients every year. He handed me his business card — real estate.

He smiled and said, "I got four sales out of the party last year. I got three sales today."

I saw a bucket of Red Vines and several desserts on the table and was tempted to sneak over and grab some, but Bob wouldn't stop talking to me about his business.

A woman came over and said, "A few of us are from the Poway Elks Lodge. We have 18 members." She then offered us sliders, which we accepted. She said, "I'll get some off the grill."

I looked at my friend and said, "Those other women didn't offer us any food...did they?"



760.632.8252 www.calypsocafe.net

We ran into a guy who came by the last tailgate party selling newspapers. He said, "You don't want to buy one now, do you?"

A few kids came by selling candy, which reminded me to grab a dessert. I didn't know if Bob would think it was weird that I came over to his tailgate, chatted him up about his business, and then scammed some food. But, hey, it's what crashers are supposed to do.

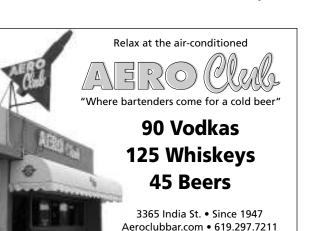
Elk lady came over and told us that she ran out of burgers.

I asked Bob about

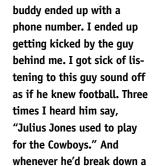
cooking for all these people. "Oh, well, I got my mom here to help with that."

I said, "My mom would probably come to a tailgate party to cook, but she'd spend 20 minutes telling the parking attendant that she shouldn't have to pay because she's just cooking for a party and not going to the game."

The game was starting, and my friend suggested that we go in. I felt defeated having left there without a single Red Vine, but we sat next to two women who offered to share their food with us. My



WiFi Internet access

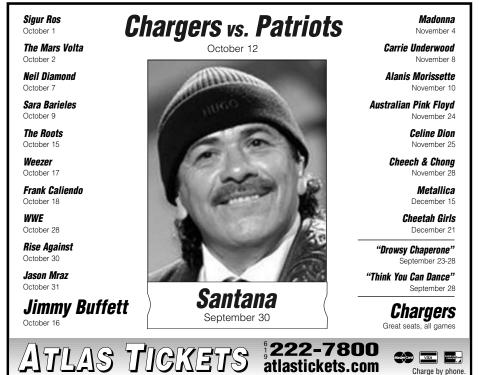


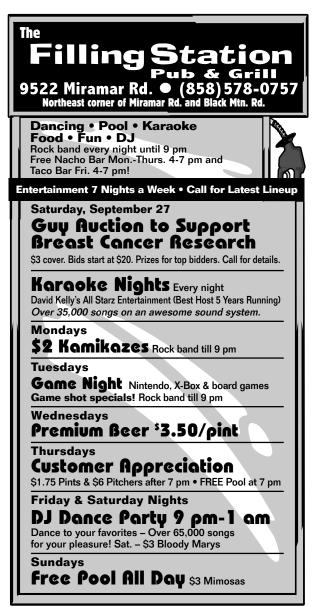
play on the field, he'd get it completely wrong.

I wondered if the guy who gave his wife a hard time for calling a run "a point" would turn around and correct this guy. Or do we just do that to the ones we love?

Crash your party? Call 619-235-3000 x421 and leave an invitation for Josh Board.

To get an online version of this column, go to *sdreader.com*. You can print it, email it to friends, or get other "Crasher" columns and stories by Josh Board.









# The Movable Feast Returns

Of all the "charity eat-a-thons" in this town, my favorite by far is the Chef Celebration, a series of extraordinary banquets crafted by some of the county's top chefs and held at several of the finest (and most comfortable) restaurants in the area. At each dinner, five chefs collaborate on a five-course menu, each taking on one or two dishes. It's fun for them to work together, and fun for us to eat the brilliant results. The price per dinner is \$65, plus beverages and tip, with \$35 of that amount tax-deductible as a charitable contribution. (What a deal!) An optional matched wine-flight of two-ounce pours for each course is \$18. For more menu information and reservations, please contact host restaurants directly by phone or email or visit chefce leb ration. org.

As a foodie, I have many reasons for loving this event — most of them somewhat selfish. Not only are these dinners probably the best restaurant meals you'll eat all year, but the Chef Celebration raises money for a cause that ultimately benefits the whole San Diego dining public. The money goes into a scholarship fund that sends midlevel working chefs with at least two years of restaurant experience (typically cooks, line chefs, and souschefs) to the CIA (Culinary Institute of America) in Napa for a week, to take intensive courses in culinary areas and techniques where they feel a need for more education. When they return, they bring their new skills and ideas to your table.

Among the early scholarship beneficiaries were Damaso Lee, who went on to become head chef at Trattoria Acqua (and host-kitchen of one of this year's dinners), and Hanis Cavin of Kens-



**NAOMI WISE** 

ington Grill, who at that time was working at Deborah Helms's now-defunct Mixx, a homey,

bohemian sort of place in Hillcrest. "I chose to go to Greystone in Napa Valley," Cavin recalls, "and I took an advanced charcuterie course. For a chef, it's pure

heaven, because it's working with all the less-desirable pieces, learning how to make them be desirable. I had an excellent teacher. Made you really see the potential of every piece of product, whether it be a scrap of celery or the cheeks of a

cow — that all of it can be edible. Of course, that attitude staved with me and helped me in the rest of my career. It helps you stay in business. Instead of throwing away

something, you say, 'Maybe I can make a soup of this or a pâté out of that.' I lucked out and ate out at French Laundry that week. It's really hard to go up against that week in my life. It exposed my eyes to everything that can happen with food and to people as old as I am now still feeling the passion for cooking, still loving what they do every day — as I still do."

In the early years, some of the scholarships were for longer periods, farther afield: One chef went to the New England Culinary Institute, another to Paris. They never returned. (How ya gonna keep 'em down on the farm after they've seen Paree?) Now, the foundation's board of directors probes candidates closely for a commitment to work here. They've also made a formal alliance with the CIA for a 15 percent reduction in tuition and room and board, and the scholarships are exclusively for study there.

The banquets themselves are true delights calm, comfortable, exquisitely delicious. They aren't society events — they're foodie events. You don't need to flash designer duds nor conform to the socialite norm in some pricey pastel suit from Saks. (You're just going to a nice restaurant.) Nor do you have to jostle with the hungry hordes, as you do at those vast charity eat-o-ramas with dozens of chefs serving wee bites to huge crowds balancing small paper plates in one hand, wine glasses in the other, with nowhere to sit, and frantically competing for celebrity-chef nibbles. Those events can be interesting — but they're not particularly happy meals; in fact, some of the food served can be remarkably disappointing. Here, in contrast, you reserve a table for whatever time you want dinner, sit down, and enjoy five courses of amazing, luxurious dishes that are generally not on the regular menus. At the Celebrations, the

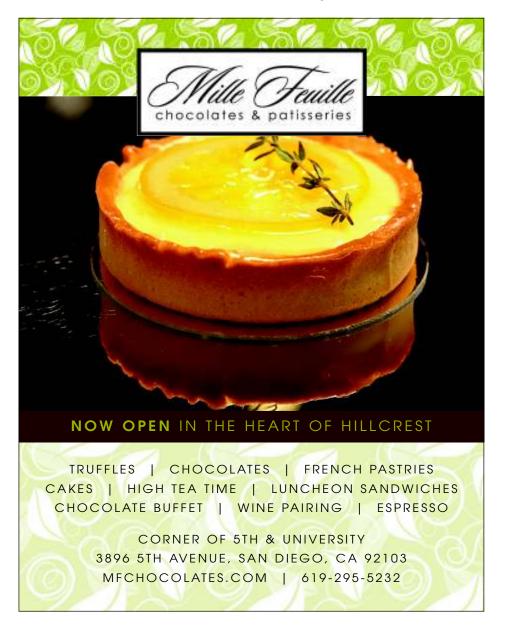


**RESTAURANT & LOUNGE** 

1835 Columbia St. • 619-564-3755

• Breakfast 6-10:30 am • Lunch 11:30 am-2:30 pm • Dinner 5-10 pm

• Late-night dining 10 pm-1 am • Sat. & Sun. Brunch 7 am-3 pm



chefs can freely unleash their creativity without having to dumb down their ideas for timid-tummied tourists or conventioneers. They're the best in the business, simultaneously cooperating and competing with each other to do their best work. You'll even get to meet them face to face when they come out to mingle.

They're also able to serve more luxurious ingredients than they might use on a daily basis, as you'll see from the menus we were able to gather by press time. "It's really a culinary extravaganza," says current board of directors president Jeff Rossman, chef of Terra Restaurant in Hillcrest. "Every time I've done it, the chefs go crazy with the menu items. For \$65, it's an unbelievable deal. A lot of the purveyors donate ingredients. It's a good symbiotic relationship. And some restaurant owners donate out of the coffers. That's how we feel about helping our own, to try and send the line cooks and souschefs and pastry chefs up to Napa, to come back with some great ideas to help San Diego. We think it's one of the only events of its kind."

The Chef Celebrations were founded 13 years ago by Ed Moore, of the Third Corner. At that time, the dinners were held in spring, twice a week for about six weeks, all of them staged at Moore's restaurant Thee Bungalow (now sold to the Cohn Restaurant Group). Over time, other restaurant owners were eager to participate and share the workload (and cachet), so eventually the event evolved into today's "movable feast." With Moore in semiretirement, he was eager to hand over the reigns as board president a couple of years ago; Jeff Rossman was willing to take them.

The way it works is the chef of each host restaurant assembles his or her team of chefs chefs with compatible cooking styles and personalities, often from restaurants in the same geographic area. (Given the long, late hours chefs work, who can they pal around with but other chefs?) Some team leaders negotiate who gets to cook which course with their team members; others hand out assignments. Then the participating chefs explode with ideas for their courses, emailing back and forth. The team leaders coordinate the final choices so that no two dishes in a meal will repeat the same

flavors. The chefs donate their time. The \$30 of the price that doesn't go for scholarships pays for purchased ingredients, waitstaff, dishwashers, laundry, etc. – the normal costs of the restaurant business. The event is so prestigious that most of the top toques in town are eager to be chosen and are crestfallen if they're not. This year, the Celebration has been reduced to just once a week, but in the future it may expand again, possibly to a semiannual event with spring and fall sessions. "When we did it twice a week, there were such good chefs and

teams and menus, not everybody could get to them all," says Rossman. "We actually had complaints where people said there were just too many. So this year we scaled back to do just five [dinners]. There are always a lot of problems with the details that go into this. We start planning it back in April, and we try to meet once a month. The other problem is that it's run by chefs, and we don't have a whole lot of free time for marketing and so forth. It's a difficult undertaking.

The value of the Celebration sometimes only reveals itself in hindsight. Indirectly, one Celebration helped sow the seeds for a quiet revolution in San Diego dining that we've almost come to take for granted: In 2002, Moore and colleague Deborah Schneider (now head of food operations at the Del Mar Racetrack) focused the event on bringing together San Diego chefs with local North County farms growing organic or sustainably raised produce. Many of the top chefs were already trekking to Chino Farms, or to local farmers' markets, of course, but at the next level down, too many eateries were still immune to the California Cuisine revolution of the 1970s. They remained completely in thrall to Sysco, the giant restaurant-supply company, and the results of that dependency contributed to San Diego's well-deserved reputation as a culinary backwater. The farmto-table Celebration seemed to

be a genuine consciousnessraising event, a turning point in spreading Bay Area-style fine ingredients and locavore cuisine much more widely and deeply. Today, instead of finding the dire, flavorless "Sysco Veggie Medley" on nearly every plate, we find the names of Crow's Pass, Connelly Farms, Valdivia Farms, et al. on the menus and enjoy the vibrant tastes of real, fresh food.

## 2008 Chef Celebration **Schedule**

Wednesday, October 1: Terra 619-293-7088, terrasd.com 1270 Cleveland Ave., ste. K, San Diego CA 92103 Jeff Rossman, Terra Restaurant Colin MacLaggan, Avenue 5 Victor Jimenez, Cowboy Star Joe Magnanelli, Laurel Chris Walsh, Bite

# **MENU**

**AMUSE** Basil Flan, shallot rings, curry oil (Jeff Rossman)

FIRST COURSE Restyled caprese salad with heirloom tomatoes, opal basil vinaigrette, and balsamic gelée (Chris Walsh)

SECOND COURSE

Marinated hiramasa, tempura Dungeness crab, bamboo rice, green curry (Joe Magnanelli) THIRD COURSE

Duck confit and foie gras tortellini, bitter greens, brandy cherries, candied pecans, English Stilton, port reduction (Colin MacLaggan)

MAIN COURSE Dry-aged beef strip loin, oxtail ravioli, wilted greens, Bordelaise sauce (Victor Jimenez) DESSERT DUET

Quince tarte tatin, butternut squash ice cream (Jeff Rossman) Gorgonzola cheesecake with grilled figs and zinfandel-Tellicherry peppercorn syrup (Chris Walsh)

Tuesday, October 7: Bernard'O 858-487-7171, bernardorestaurant.com 12457 Rancho Bernardo Road, San Diego CA 92128 Patrick Ponsaty, Bernard'O Vincent Grumel, Vincent's Sireno

Steven Rojas, El Bizcocho Jonathan Freyberg, Bernard'O Loïc Laffargue, Barona Resort & Casino

## MENU

FIRST COURSE

Kumamoto oyster and Santa Barbara sea urchin, passion fruit, orange-blossom water, compressed cucumber (Steven Rojas)

SECOND COURSE

Blackened scallop with candied orange, micro-green salad (Vincent Grumel)

MAIN COURSE

Pheasant sous vide stuffed with foie gras, cardamom, and chestnut mousse, black trumpet mushroom, pheasant reduction (Patrick Ponsaty) CHEESE COURSE

"Black Butterfly" Roquefort bleu cheese, sauterne aspic, walnut bread, honeycomb (Jonathan

Freyberg) PRE-DESSERT

Green apple/lemon sorbet, lemon confit, apple and lemon chips

DESSERT

Croustillant chocolate, confiture de lait; Flourless cake, chocolate crispy, milk jam ice cream, caramel fleur de sel, gianduja chantilly (Loïc Laffargue) **MIGNARDISES** Small sweets

## Tuesday, October 14: **Pamplemousse** Grille

858-792-9090, pgrille.com 514 Via de la Valle, Solana Beach CA 92075

Brian Malarkey, Oceanaire Seafood Room

Tommy DiMella, Pamplemousse

Ryan Harris, Pamplemousse Paul McCabe, J. Taylor's L'Auberge Del Mar

Jim Phillips, Barona Resort and

## **MENU**

**AMUSE** 

Fall heirloom compressed squash, Julian apple pearls,

FIRST COURSE

Bouquet of local lettuces, warm Cabrales vinaigrette

Duck schnitzel, pear-apple chutney, duck confit ravioli, saba reduction

SECOND COURSE Abalone with ginger, garlic and brown butter

Corn agnolotti, Maine lobster,

chanterelles, and tangerine MAIN COURSE Prosciutto-wrapped Boston scallops, black Mission fig, bal-

samic syrup

Loin of lamb, braised shoulder,

sweet-potato tart Dry-aged New York, natural braised short rib, manchego croquette, black trumpet mush-

rooms, truffle braising jus TRIPLE DESSERT Vanilla bean panna cotta, bittersweet chocolate-orange

cake, passion fruit sabayon

Tuesday, October 21: Trattoria Acqua, 858-454-0709, trattoriaacqua.com

1298 Prospect Street, La Jolla CA 92037

Damaso Lee, Trattoria Acqua Tony DiSalvo, Jack's La Jolla Jason Knibb, Nine-Ten Orion Balliet, Azul La Jolla Amy DiBiase, Roseville

(Check Chef Celebration website or restaurant website for menu)

Tuesday, October 28: Thee Bungalow 619-224-2884, theebungalow.com 4996 West Pt. Loma Blvd., San Diego CA 92107 Paul Niles, Thee Bungalow Danny Bannister, Red Marlin Brian Freerksen, Baleen Dave Warner, IRDN

(Check Chef Celebration or restaurant website for menu) ■

Juan Flores, the Third Corner





# **Half-Price Sushi Rolls**

12 to choose from including California Roll, Crunchy Roll, Rainbow Roll, Spicy Tuna and Yellowtail Roll

Fridays 5:30-7 pm and Mondays 5:30-7:30 pm

Tuesday 5:30-7 pm

**Half-Price Sake** 

Wednesday 5:30-7 pm

Kirin Draft Pitchers §6

Tuesday-Sunday 5:30-7:30 pm

**Half-Price Appetizers** 

# The Surfside

4527 Mission Boulevard (Across from Blockbuster) 858.273.2979

Pacific Beach • Dinner: Sun.-Thurs. 5:30-10:30 pm • Fri. & Sat. 5:30-11 pm

# Panini with a **Private Eye**

'Course I have to go spend five minutes in the tree house. It's so Peter Pan.

came before crack hit the streets," says the Mother of East Village. "That's how long I've been here.'

Which means that Gloria Poore arrived in the 1960s, when this part of town was Centre

City East and nothing but scrubby factories and houses with peeling paint. But she had this idea: she wanted to make lofts out of the unused warehouses. She lobbied City Hall. She ended up writing the ordinance that finally — in 1985 — made lofts legal. That's why they call her the Mother of East Village.

So I'm yakking away with her — and eating her panini, the best I've had for the longest time — inside her modest two-story wooden Victorian house. It's painted matte-black outside, with a wicked little red neon sign that says "Cafe Noir." It has a deck with tables under black umbrellas in front and a plaque on the wall naming this a historic monument: "Hiatt House, 1886." Above that, a sign in the front window says "2-Buck Beer."

Man. What miracle saved this from the developer's ax, so close to the ballpark? Inside's pretty tight, but with all-red walls and tabletops and black floors and white walls, it's, like, New Yawk coffee-cool. Plus, on the blackboard behind the counter, what I really want to see is there: a little list of food. "Hot panini, \$6.50; grilled quesadilla, \$6.50; gourmet mac 'n' cheese, \$5"; and "soup du jour, \$5."

A guy sits with a can of that Belgian beer, Bud — heh-heh — playing chess against himself. Wayne. Turns out he's homeless. Next to him, a smartly business-dressed gal waits for a takeout

Carry-out special only

Large cheese

pizza \$673

Plus tax.

959 Tamarack Avenue, Carlsbad

(Next to Vons, just east of I-5)

760-434-5100 • www.pizzashuttle.biz

panini. I order a large coffee (\$2) while I work things out here.

'The panini has grilled chicken with artichoke and cranberries and Parmesan and cream cheese inside," says Sam, the barista.

Mmm. Sounds pretty delicious. They have a "mac 'n' cheese" too, which has sherry and spinach or pesto. "Or sometimes caramelized onions," Sam says. 'And we have fabulous soups. The other day we had an African sesame peanut soup. Today it's coconut Thai."

It's five bucks too.

**ED BEDFORD** 

That's when this guy Matthew comes in. He orders the chicken panini to go. Turns out he used to work for United Airlines. Flew everywhere, man. Knows food. "I tell you. I keep coming back for this panini," he says. "It's superb."

So heck, I order one. Sam takes it from the fridge, nukes it in the microwave, then squeezes it into a lidded grill machine. And what a taste. Really. The roasted artichoke, chicken, cheese, and cranberries make one heckuva combo. Who knew artichoke could taste so good? The beautiful big square bun with the crispy outside comes from Bread on Market. Plus two quarters of orange add a tart tang to it all. The coffee's a great slurp alongside.

While I'm eating, this lady comes in. Bigeyed, generous face. Gloria. The owner. "This place is packed with history," she says. She tells me that from 1907 this house belonged to a Japanese-American family. Four to five generations lived here, until they got sent off to an internment camp during World War II. They never did come back. She leads me out back to

wow — a Japanese Zen-looking courtyard with an odd-angled gazebo tree house and an entertainment area with open kitchen and hanging chairs. "This used to be horse stables and a blacksmith's shop," she says. "And this" — she points to a concrete building guarded by two giant stone frogs — "used to be the Latonia Hotel. It was a room-and-board for colored people only, one of the few places they could stay downtown. That's how it was. Now my husband and I live in a part of it."

She picked up the whole compound for \$175K about 25 years ago; now it's worth \$4–\$5 million.

Her husband Ben's memorabilia occupies another big chunk of the back building. Turns out he's been a private investigator all his life, and the guy has created what is maybe the world's only PI museum. Gloria shows me attaché cases loaded with electronics, Watergateera relics, spy cameras from around 1900...it's incredible.

"If people want to see it," Gloria says, "just have Sam or Keanu ask me.'

By the time I get back to the house I just have to have some of that red Thai coconut soup. Dee-lish. Coconutty, spicy, bumping with baby corncobs, tomatoes, and onions. Each slurp ends with a sharp but sweet taste. Sam tells about how Gloria makes all her baristas go for a three-day coffee course at Caffé Calabria (the coffee roasters), where they learn how to pull the perfect espresso. Reckon I'll try one (\$1.75). Vanessa, the other barista, pulls it for me.

'You ought to come on game days," says Gloria. "For them we make pulled-pork sandwiches on a Hawaiian sweet roll [\$8] with our own Carolina-style barbecue sauce. It's vinegar-based, plus we add a secret ingredient: espresso coffee. It gives the sauce a smoky close. We don't serve



much food here, but I want what we do serve to be memorable.

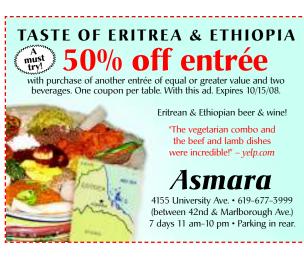
So far she's scoring ten for ten, in my book. Man. 'Course I have to go spend five minutes up in the tree house. It's so Peter Pan. I come back down and into the main house again. Wavne's still there. He invites me to play a game of chess with him. I bring my espresso over. Half an hour later his two rooks have my king cornered. But I'm enjoying this. I look out through the door and up the stairs. Was that Japanese kids' voices I heard laughing? And horses' hooves clattering in the courtyard? ■

The Place: Cafe Noir, 447 Ninth Avenue (between Island and J), East Village, near ballpark, 619-235-0075 Type of Food: American

Prices: Hot panini, \$6.50; grilled quesadilla, \$6.50; gourmet macaroni, cheese, \$5; soup of the day, e.g. coconut Thai, \$5; pulled-pork sandwiches, \$8 (available Padre home-game days only)

**Hours:** 6:00 a.m.-10:00 p.m. daily Buses: 3, 11, 901, 929

**Nearest Bus Stops:** Market at 8th (3); 10th and Park (southbound), 11th and J (northbound) (11, 901, 929)









SHUTTLE









# All half-bottle wine list

"Don't bore, explore" - Naomi Wise, S.D. Reader

Wine Spectator "Award of Excellence"

Dinner Tue.-Sun. @ 5 pm Sun. brunch 10 am-2 pm 127 University Avenue Hillcrest • 619-543-9340













# You could win \$**500**

To show how much we appreciate your business, we are giving away \$500 to one lucky customer. One entry per meal. Next drawing: 9/25 at 5 pm.

# **50%**

Buy one dinner entrée and two drinks and get 50% off second entrée. Dine-in only. Valid after 3 pm daily. Present coupon when ordering. One coupon per table. Expires 10/9/08.

# THE OLD MILL CAFE

3949 Ohio Street • North Park 1/2 block north of University Order to-go: 619-294-3804



**Football Specials** Saturday from 8 am-2 pm 54 House Bloody Marys & Mimosas

Sunday from 9 am-midnight 3.50 Domestic Drafts & Sangrias

# Breakfast Available Saturday & Sunday

Open 11 am-2 am daily · Happy Hour 4-7 pm Free Wi-Fi · Pool table · 60" flat-screen TVs Private rooms available for parties

It's that time of year again... Sunday football at Point Loma Sports Grill & Pub

# Free entrée

With the purchase of an entrée of equal or greater value and 2 beverages. Max value \$10. Expires 10/9/08.



(In Liberty Station by Ace Hardware) Point Loma · 619-523-1940



# Raise the Bar

# Wine Spectator had recently been duped into honoring the wine list at a fictitious restaurant.

figured there would be a lot of riesling. That's why I brought a chardonnay — but it's a different sort of Australian chardonnay, the Bindi Composition."

You don't often hear sentences like that —

someone explaining that they brought chardonnay as a counterpoint to the abundance of riesling, then rushing to make clear that it's an unusual (read: lean and minerally) example of the varietal. That is, unless you're at a gathering of sommeliers, such as the one hosted by master sommelier/corporate

entertainer Eddie Osterland at his home a few Sundays back. (A video slideshow can be found here: www.youtube.com/watch?v=yiBS5WYdk3s.)

"I've been here for 15 years," he explains, "just watching people catch on to wine. And I think it's just mushroomed in the last 7 or 8 years because you have all this young talent. I'm seeing more players out there, more wine directors given the responsibility for initiating a wine program. It's raising the bar for everybody, and I thought it'd be nice to celebrate the fact that these people are...improving the food-and-wine scene." (As far as Osterland knows, it's the first such gathering in any city anywhere; Riedel glassware was excited enough about the event to donate a pair of Sommelier-series glasses for each wine director/sommelier in attendance.)

And there was a lot of riesling — someone

had brought the '06 Dönnhoff Schlossbockelheimer Felsenberg Spatlese. (Go ahead, read it out loud — it's delightful.)

Damon from the German wine shop Truly Fine Wines blind-tasted a willing somm on a

bubbly:
"It's got to be Sekt."

"It is Sekt."

"It's pretty rich. It doesn't taste like riesling."

"It is riesling. A '99 from Gutzler."

"Wow. The dosage is so dry."

And someone else had brought several bottles of '89 Auslese from Bert Simon. Auslese is a weighty wine, rich and often sweet — the sort many folks would drink at the end of a meal, if at all. But the sommeliers opened with it, and Osterland approved.

First, he's friendly to the notion that you "start with your best wine first. Appetite is very fragile; you don't stay hungry for more than 30 minutes. So I want to give people the very best wine in the first 30 minutes." The unspoken premise: it's easier to focus your attention on what you're consuming when your appetite is sharp. It's why Osterland's party began at one o'clock in the afternoon — "By then, if they haven't had a big breakfast, people are ready to enjoy." (It's also why the fare consisted mainly of appetizers. "After the third bite,"

notes Osterland, "most people are into eating mode; they're starting to shovel. So when you entertain, why not serve portions that allow for three bites before you move on to a new dish? If they really want more, they can come back to it.")

Second, he's happy to start sweet. "People will come to my house and say, 'I brought a bottle of d'Yquem!' " only they're breaking out their sweet Sauternes at the end of the meal. "I'll say, 'Take it back, and bring it over on some Sunday afternoon, and we'll start with it. That's what they do at Château d'Yquem.' I don't care if it's sweet it's sweet with enormous acidity." Meaning: it's balanced. "What's important to me is that people understand that I don't care what your favorite flavors are: I just want you to know that when you taste a wine, the wine sweetness, sourness, and bitterness are either

harmonizing or one of the elements is outstanding — a rough edge." It's the sort of thing he tries to teach at the corporate dinners he orchestrates — pairing two vintages of the same wine to illustrate the way one excels the other, thanks to superior balance.

Back to the party: sommeliers and wine directors milled and mixed, sipped and (sometimes) spat, compared notes and shared gossip. *Wine Spectator* had recently been duped into honoring the wine list at a fictitious restaurant. "Why even apply for the award anymore?" someone asked. "It's a waste of \$250."

I asked Jeff Bloom, assistant general manager at Oceanaire, why he got into wine. "I saw an auction listing in a magazine — someone had paid \$32,000 for a magnum of '82 Château



Eddie Osterland

Pétrus. I wanted to know why someone would pay that much money for a bottle of wine."

Osterland had a big bottle of his own to share that afternoon: a Salmanazar of '87 Reserve Cabernet from Sterling. He hadn't paid a dime for it — the bottle was a gift from the winery for his daughter Elissa's birth vintage. (She was at the party, fresh from doing her first work as a sommelier while working a summer gig for a wine company in Beijing.) The bottle's opening received due, if unusual, ceremony. After the cork was removed — naturally, it broke and had to be rescued by one of the expert cork-pullers on the scene — Osterland & Co. ran two lines of hospital tubing into the bottle. Syringes at the ends of the lines provided the suction to get the wine flowing, then the lines were clamped and











With this ad. Expires 10/8/08. Up to 5 persons. Reg. \$25.95.



# Lunch Daily 11:30 am-2 pm Dinner Daily 5-9 pm

Appetizers: Gyoza, Egg Roll, Soft Shell Crab, Miso Soup, Shrimp Tempura, Chicken Teriyaki, Agedashi Tofu, Green Salad, Rice

Nigiri Sushi: Albacore, Amaebi Avocado, Clam, Crab, Eel, Egg, Inari, Hamachi, Ikura, Saba, Smelt Egg, Octopus, Oyster, Salmon, Scallop, Shrimp, Smoked Salmon, Squid, Tuna, Uni, Red Snapper

Cut Rolls: California, Caterpillar, Cucumber, Philly, Rainbow, Crab, Soft Shell Crab, Spicy Tuna, Tempura Shrimp, Vegetable, Yummy, Firecracker, Seafood Dynamite, Shrimp

Hand Rolls: Eel, Salmon Skin, Scallop, Crab, Spicy Tuna, Shrimp, Tempura Shrimp, California



(near AMC 12 Theatres)





transferred to a pair of enormous "Flamingo" decanters — another Riedel contribution.

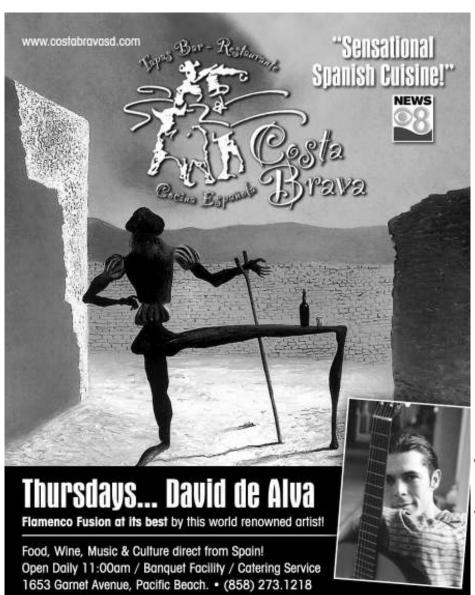
"I crossed my fingers that it would taste good," Osterland told me later. Luck, it seems, was with him. "I couldn't believe that after 21 years a Sterling cabernet would be in that good a condition. I'm sure the big-bottle format helped, but it says a lot for Sterling and their ability to make wines that stand up." Best of all: "It was a pretty wine, a Bordeaux-style, elegant wine." An Osterland sort of wine. "When I open a bottle of great Bordeaux, often, I'll have people sitting in front of me who haven't ever had one. And I'll get this reaction: 'Eddie, does this wine really do anything for you?' And I'm going, Oh, man — you just moved to my B-list. 'I know it doesn't thunk you, but if you think about it, if you're really quiet and you close your eyes and you haven't got the music on, this is a chemical symphony. It's so impeccably balanced.'

(The Sterling was so Bordeaux-style, in fact, says Osterland, that "if somebody had said, 'This is a 21-year-old Napa cabernet,' I would have said, 'I don't think so.' I was totally fooled. And of course, wine can fool you." As evidence, he recounts a story from about 20 years ago. He and a bunch of other celebrated wine judges were brought in by the National Restaurant Association for a major tasting in Chicago complete with lab coats and seats for spectators. The first round of wines arrived, identified as cabernet. Osterland and his fellow judges did their bit. "We didn't think they were all that great, but we made our notes and sent them back." Then, before the next flight arrived, the host made an announcement Osterland would not soon forget: "There's been an error. I apologize. The first flight of wines were Baco Noir" — a hybrid grape from New York State. "Not one of us questioned anything. I said to myself, Okay, this is a tough

Osterland's take on the power vs. elegance question is a charming one — and also deeply practical. "Those big, high-alcohol, high-extract wines...take no prisoners. They beat up food." It's not that it's wrong to like those wines; it's that they don't do their job at table. "It's the same thing as enjoying fish with lemon juice; the acidity amplifies the flavors in the fish. If a wine doesn't have the requisite acidity, it has trouble doing anything for the food." That is, if you're actually using it as a seasoning. "I see people eat three or four bites of swordfish, grab a glass, and drink down their wine. I say, 'Imagine if you were eating your swordfish and you realized you forgot to put the lemon juice on and so you picked up the lemon and squeezed it into your mouth.' That's precisely the way I see the average







San Diego Reader September 25, 2008

# Calendar RESTAURANTS

American consuming food and wine. I tell people, 'You put salt and pepper on your food, don't you? Why don't you try having the food in your mouth and drizzling just a little bit of wine in there?' Everybody gets it, and it works very well."

# RESTAURANT LISTINGS

The Reader's Guide to Restaurants are recommended listings written by our reviewers (Ed Bedford, Barbara David, Ambrose Martin, Shari McCullough, Max Nash, Eleanor Widmer, Naomi Wise). Each issue contains only a fraction of almost 900 reviews. A complete searchable list is available online at SanDiegoReader.com. Price estimates are based on the latest information available for a midrange entrée. Inexpensive: below \$10; moderate: \$10 to \$19; expensive: \$20 to \$29; very expensive: more

# **BEACHES**

than \$30. Please call restaurants in

advance for reservations.

The Australian Pub 1014 Grand Avenue, Pacific Beach, 858-273-9921. A great place to take your kids after a morning at the beach. This relaxing pub, owned by a true-blue Aussie, offers heaps of good Aussie food. Try the Road Kill (grilled chicken breast with pico de gallo sauce and cheese, "run over" between two pieces of sour-

dough) or the Aussie Burger (half-pound patty, with a fried egg, cheese, bacon, grilled onions, beets, pineapple, and a side of steak fries). And for an "outback experience," order up Vegemite (a beefy kinda paste) and four slices of bread — it's the Aussie national food, mate. Lunch and dinner weekdays, three meals weekends. Inexpensive. — E.B.

Chateau Orleans 926 Turquoise Street (near Cass), Pacific Beach, 858-488-6744. This old-timer is a fun place to eat and let the bon temps rouler to the sound of live blues (Thursday through Saturday). Despite many changes of owners, Chateau Orleans has always kept the same old ersatz recipes — it's high time the kitchen had a refresher course in authentic Louisiana cooking, as most of the dishes kind of "dis" the two great cuisines of that state. But if vou choose carefully, you can get some pretty good stuff to complement the tasty music and colorful art on the walls: Texas cornbread, crawfish bisque, gushy "purple fries" (fried eggplant appetizer, the best dish on the menu), Cajun popcorn (fried crawfish tail meat), and gumbo are the ones to choose. Stay far away from the jambalaya. Reasonable wine list, numerous Louisiana and Southern beers; full bar, but the Hurricanes are so weak that they barely qualify as a drizzle. — N.W.

Donovan's Steak and Chop House 4340 La Jolla Village Drive, La Jolla, 858-450-6666. At this excellent traditional steakhouse, the menu includes a variety of appetizers, among them a cocktail of giant shrimp with a spicy, tomatoey sauce and a large, lightly sautéed crab cake with house-made tartar sauce. The wet-aged Prime beefsteaks are seasoned with sea salt and pepper and cooked on a gas grill precisely to your order. Bleu cheese, béarnaise, and peppercorn sauces are available at extra charge. Non-beef entrées include fish, seafood, veal chop, pork chop, or a delicate Australian rack of lamb. Unlike many steakhouses where your money buys only the meat, entrées are served with vegetables and potato. Additional à la carte sides include creamed spinach and sautéed

mushrooms. Among the house-made desserts the highlights are a light, creamy cheesecake with fresh strawberry sauce and a traditional crème brûlée. The service is attentive, friendly, and knowledgeable, in a masculine setting with dark wood paneling, dim lighting, and only a moderate noise level. Cigar room off the bar. Open Monday through Saturday. Very expensive. — N.W.

Hancock Street Café 3354 Hancock Street, Point Loma, 619-296-2060. If you spot Marilyn, Elvis, and Lady Liberty waving at you from the side walk, you're here. They are life-size fiberglass look-alikes, but Mario is real, and his restaurant is a living shrine to jazz pianist Herbie Hancock, Mario has pianos, guitars, and drums inside even a little stage where you're often welcome to perform. The food? Italian home cooking. Mario is from New York and knows his pasta. You can usually expect a good-value special, like spaghetti and meatballs. Sometimes he'll even throw in a bottle of red wine. Here among the little factories and auto shops of Loma Portal may be San Diego's most popping cultural phenomenon. Worth investigating, even if you just want to eat. Open daily, 7 a.m. to 10 p.m. Inexpensive. — E.B.

P. F. Chang's China Bistro — La Jolla 4540 La Jolla Village Drive, University City, 858-458-9007. Okay, you're looking at the haunches of a giant horse right outside your corner window, and there don't seem to be any actual Chinese people among the waitstaff. But this busy mall Chinese chain (130-plus restaurants) has a certain cool. Those reproduction Chin Dynasty horses are really something, as are the bits of the Great Wall and the terra-cotta soldiers scattered inside. The food? The spicy ground chicken and eggplant was too salty for our taste, the Sichuan from the Sea shrimp too sweet, and the Cantonese roasted duck not that exciting. Yet there are jewels, if one searches for them. And - not that it's at all Chinese — the massive Great Wall of Chocolate dessert will knock you over. Lunch and dinner. Moderate. — E.B.

**Portugalia** 4839 Newport Avenue, Ocean Beach, 619-222-7678. This spacious, informal room decorated with strings of Christmas lights resembles an ethnic community center — and in-deed, O.B. is home to a long-term Portuguese fishing community. The fasci-nating menu is split between the homeland and its former colony, Brazil, including several coconut-milkswathed seafood dishes from tropical Bahia that are rarely found locally. The array of appetizers from both countries embraces addictive bolinhos de bacalhau (salt cod fritters) and rissóis de camarão (fried pastry pockets filled with shrimp). For entrées you can choose Portuguese specialties like the earthy omes de sá (codfish with chick peas) or Brazil's bife apimentado (spicy beef) or even an African-inspired bife de moçambicana (beef with shellfish). There's also a *rodizio* option of skew-ered meats and/or seafood. Save room for the owner's mom's homemade desserts, especially pastéis de nata (delicate custard-filled pastries). Portuguese wines, full bar. Not all dishes always available. Service quality variable. Long stairway up to second-floor restaurant. Live music most nights after 10 p.m. Easy parking. Lunch and dinner Tuesday through Sunday, to

midnight or later except Sundays. Moderate. — N.W. **Rum Jungle Smoothies and Deli** 4150 Mission Boulevard #153, Pacific Beach, 858-273-2227. Why do Brazilians have more fun? Açai (ah-saa-ee). Why do Brazilians settle in PB? Maybe it's because Rum Jungle Smoothies serves up açai, the flesh of a Brazilian palm nut, for breakfast. The dark purple mush comes from the açai palms that grow around the Amazon River delta. Rum Jungle adds granola, banana, strawberries, blueberries, mango pieces, and honey to make a surprisingly filling breakfast. Of course this bright little place has lots of other smoothies, too, along with sandwiches. But the açai power fruit bowl is what keeps them coming back. Open until 6 p.m. daily. Inexpensive. — E.B.

**Solare** 2820 Roosevelt Road, NTC Promenade, Point Loma, 619-270-

9670. Lucky Point Loma! At this offshoot of the well-respected Bella Italia in P.B., the bill of fare is "green" — it's creative, well-executed Northern Italian cuisine with Asian-fusion touches such as a luscious sea bream carpaccio with lychees. A chef with a second home in a Ligurian vineyard makes it all from scratch with mainly local and sustainable or organic ingredients, including Brandt natural beef. Many dishes are pure home cooking that you won't find on typical restaurant menus even in the homeland. Huge wine list, full bar, wrap-around alfresco patio dining and even a cute mini-lounge outdoors behind the restaurant. Inside the architecture tends to magnify the noise level when the room is full, e.g. weekends. Pastas moderate, entrées expensive. — N.W.

Tapenade 7612 Fay Avenue, La Jolla

858-551-7500. This is not only one of the finest restaurants in the county but in the country. Featuring sunny Provençal flavors, famed chef-owner Jean-Michel Diot offers superb seasonal ingredients treated with the consummate ease of a master chef. Among the special joys here are a sophisticated foie gras torchon, luscious free-range veal, and top-quality seafood, with gar-nishes that display an impressive balance of venturesome creativity and rig-orous technique. Desserts are worth the calories, matching the style and flair of the earlier courses. And you don't even have to dress to the nines for your firstclass dinner — the sixes will do in the easy bistro atmosphere. Serving lunch (including a moderate two-course prix fixe) weekdays, and dinner daily (including bargain-priced three-course prix fixe "sunset dinners" Sunday through Thursday). Otherwise, expensive to very expensive, and worth it. -

The Third Corner Wine Shop and Bistro 2265 Bacon Street, Ocean Beach, 619-223-2700. Ed Moore's casual, loosey-goosey spot is first of all a wine shop selling most global bottlings for just 20% over wholesale. It's \$5 to pop the cork there if you plunk down at a table among the racks to enjoy casual bistro-style food designed to go

with wine. You can snack on goat cheese salad, smoked duck salad, a cheese plate or a pâté plate, or get serious with braised short ribs or duck confit surprisingly paired with spicy Nawlins red beans and rice. No reservations accepted, so best to go at off-hours or you'll wait for a table. Comfortable lounge with fireplace for sipping. Full bar. No corkage charge after 11 p.m., when restaurant staffers drop in for after-work noshing. Lunch and dinner until 1 a.m.; Sunday brunch 11:30 a.m. to 3 p.m. (\$15 all-inclusive for food; mimosas extra); closed Monday. Lowmoderate. — N.W.

Umi Sushi 2806 Shelter Island Drive, Point Loma, 619-226-1135. An instant neighborhood success, this large, cheerful sushi bar and dinner house also offers Japanese and Korean entrées, including teppanyaki (cooked in the kitchen, not at the table), Korean ribs, and excellent beef teriyaki of gently grilled prime beef. Sushi highlights include lemony ama ebi, rich garlic tuna, and a Crazy Boy roll spicy enough to divert your palate from the presence of imitation crabmeat. Free parking lot (often full). Special kids' menu available. Lunch Monday through Saturday, dinner daily. Sushi prices lower than most; entrées inexpensive to moderate.

Whisknladle 1044 Wall Street, La Jolla, 858-551-7575. As you enjoy the weather on a roofed, sheltered patio, you'll find a menu full of craftsmanly virtue — Chef Ryan Johnson's local, natural, artisanal, and seasonal cuisine with global flavors and an emphasis on grazing plates (shareable appetizers). This kitchen bakes its own bread and makes charcuterie/salumi from scratch. Among the extreme pleasures a meal here may afford are roasted bone marrow (don't try to share this, everyone will want their own bone), chorizoand-date fritters, pristine "simply grilled" sustainable fish, and delicate panna cotta. Serious wine and craft beer list; full bar with creative cocktails including a fabulous Lavender Cosmo. Moderate to expensive. — N.W.

**Zenbu** 7660 Fay Avenue, La Jolla, 858-454-4540. It was a natural for fisherman-restaurateur Matt Rimel to open a sushi bar/fish house featuring sparkling-fresh catch, much of it from his own boats. Sashimi and the simpler sushi are better here than the big party rolls, which can be lunkish. Don't miss the sashimi of live local *uni* (sea urchin) served on its shell most weekends. Cooked fish entrées feature equally sparkling seafood, sometimes in almost gooffily elaborate preparations. No reservations; 30-minute wait likely on





GRAND OPENING SPECIAL

# Free sushi roll

Buy any specialty roll, get 2nd of equal or lesser value free. With this ad. Limit 1 per table. Expires 10/31/08.

Now open in Banker's Hill • Outdoor patio dining Lunch & dinner Monday-Friday • Dinner Saturday

2321 5th Avenue San Diego 619-238-4760 azukisushi.com









weekends. Sushi bar is up a short staircase; dining room and patio tables are wheelchair accessible. Several vegetarian choices. Full bar, good sake list. Dinner nightly. Upper-moderate to expensive. — *N.W.* 

# BAJA

From the United States use the prefix 011-52 when calling Mexico.

La Espadaña Avenida Sanchez Taboada #10813, Baja, 664-634-1488. If you learn only one word of Spanish, learn this one: Borrego. Because this place does the greatest oven-cooked leg of lamb ever. The meat tastes as if it were cooked in wine, garlic, and herbs, but the owners insist it's just Tecate lamb baked slowly in its own juices with a bit of oregano. But most folks come here for beef — steaks and the popular beef fillet, sizzled at a big flame-and-smoke display counter BBQ grill. Vegetarian upon request. All terra-cotta and timber, this is where the local middle classes come for their cross-border food fix. Think Tijuana's version of Mission Valley. Still, it's charming, and you can have fun. For instance, don't forget to ask them to ring the bells set in their espadaña (holes cut in the mission frontage) above the great arched wooden entrance door; they clank tunelessly, but they're great for celebrating your 21st birthday, Mom getting her degree — whatever. Open for breakfast, lunch, dinner, seven days. Moderate. — E.B.

El Rodeo Boulevard Salinas #1647 Baja, 664-686-5640. This 30-year-old steak haven sits on traffic-drowned Salinas, but climb onto its porch and you're at some Sonoran desert rancho, saguaro cacti and all. Inside it's dark wood and brick, wagon wheels, lariats, rifles, longhorns, and generous amounts of cattle-ranch food. Entrée price includes a delicious soup of roast beef juices, beans cooked in their own juices, a quesadilla, a salad, two botana (snack) plates, of, say, vinegary veggies and potatoes, and a beef-liver medley, flour tortillas, chips, and hot sauce. You

can get any cut of steak you want. A parrillada — BBQ dish — gives you marinated beef rib, carne asada, and barbecued chicken, all sizzling on a rancho-style metal tabletop grill that glows with hot coals. Best part: the roasted spring onions splayed across the meat. Dessert and coffee also included. Vegetarian upon request. Good place for a party. Open 11 a.m. to 11 p.m. — *E.B.* 

Vallarta Natural 1252 Boulevard Agua Caliente (just before El Toreo de Tijuana), Baja, 664-686-1560. Maybe the only smoke-free restaurant in Tijuana, this vegetarian haven was started in 1996 by health-conscious Doctor Georgina Vallarta de Alcantar, They make their own yogurt, soy hash breads, rolls, salsas - and "meats" like a veal from their own wheat gluten daily. You sit at wood tables and chairs next to blue-framed yellow walls splattered with Talavera ceramic suns. At breakfast, try the tartaleta vallarta, a mix of eggs, spinach, mushrooms, onions, and chili. For lunch (and it's usually busiest around three), their excellent soup, *caldo tlalpeno*, packed with cheese, rice, avocado, and chili, will fill you nicely. The soy *hamburguesa* is good, but go for the *torta*, which has that gluten *milanesa* along with cheese, avocado, and jalapeño. Good organic coffee. Wonderful juices, especially the cactus — if you need cleaning out. Open 7 a.m. to 7 p.m. daily. Inexpensive. — *E.B.* 

# CENTRAL

El Agave 2304 San Diego Avenue, Old Town, 619-220-0692. The menu celebrates three great pre-Hispanic cuisines — Aztec, Mayan, Nahuatl — with discrete admixtures of France, Spain, and Italy. (It's the history of Mexico on a plate.) Among the highlights are the five different Oaxacan moles (plus a sixth from Chiapas), local sea bass in tangy jamaica (hibiscus) sauce, and a unique appetizer, tlacogos cuitlacoche, ovals of blue corn masa topped with a sort of "mushroom" that grows on corn ears. (In English it's

called "corn smut," but it tastes much nicer than that sounds.) The bar stocks at least 1700 tequilas and makes a foodfriendly on-the-rocks margarita with fresh fruit juices. Reservations recom-mended. Wheelchair access difficult (steep ramp). You'll find upscale, unusual Mexican specialties in an intimate Spanish-style dining room or on a small heated balcony. Open daily, lunch and dinner. Moderate. - N.W.

Anthology 1337 India Street, Little Italy, 619-595-0300. This spiffy, multi-level nightclub offers pleasant, userfriendly, modern-American cuisine (local produce, natural meats, wonderful breads) conceived by consulting celeb-chef Bradley Ogden. But when good musicians are cookin' onstage, the eats are liable to become mere background music for the mouth. A great date venue for jazz lovers. \$15 minimum (easy to meet on beverages alone) or \$5 cover when there's live music. No cover charge Tuesdays and some Sundays — otherwise ticket prices (bought separately) vary, plus \$15 to \$20 minimums (easy to meet). Wine list is fine and wide ranging but starts high and escalates sharply, plus full bar with fruity cocktail creations as well as classics. Dinner only, Tuesday through Sunday. Expensive on up, if you drink anything but tap water. -N.W.

**Bale French Sandwich Shop** 4879 University Avenue, City Heights, 619-283-4352. Ann Nguyen started this back in 1980. Ann's brother succeeded her, and the prices have hardly changed they're incredibly low But the taste of her sandwiches is up there in French Vietnamese heaven. The Vietnamese are special at this: they do French better than the French — with some spicy Asian touches. The BBQ Pork French sandwich delivers the immediate taste of cilantro, garlicky mayonnaise, sweet barbecue sauce, carrots, onions, cucumber, and lashings of sliced pork, with the occasional heat of a green jalapeño. But above all, it's that crunch of bread - fresh, feathery, and very French — that makes this hard to beat. Add dessert of homemade banana shrimp cake and - voila! Open daily, breakfast through early dinner. Inex-**Big Kitchen** 3003 Grape Street, South

Park, 619-234-5789. This isn't just a restaurant, it's the social center of the universe — and Judy "The Beauty Forman is its queen. Blame her for the Fern Street Circus, for driving the Miss California beauty pageant out of town, and for disgustingly healthy dishes like Judy's Favorite (spinach, mushrooms, sherry, and eggs). Our favorite: the avocado, cream cheese, and chives omelet. Vegans' fave may be the veggie option: sautéed spinach, mushrooms onions, cilantro, brown rice, tofu, and roasted garlic. Her cooks make pretty much everything on the spot, including muffins, waffles, and pancakes. While you're waiting, they always have this 'out there" eclectic crowd, plus walls filled with pictures and bon mots like "Will Be President For Food." Breakfast and lunch only; closes at 2 p.m. Inexpensive. — E.B.

**Bombay Exotic Cuisine of India** 3975 Fifth Avenue, Hillcrest, 619-298-3155. We're talking northern India here, right? That means lots of lamb, potatoes, creamy sauces, tandoor-baked breads, chicken, and less of the south's mouth-scalding heat. At least in its daily buffet, Bombay's a lot less spicy (though their sag paneer — creamy, cheesy spinach — delivered a surprising punch). The buffet includes tandoori chicken, assorted *pakoras* (lentil-batter fritters), mock duck, chicken tikka, and, if you hit the right day, an addictive mango soup. If you want meat or spicy food, best to order from the menu — say, a creamy tikka masala with lamb, or long kebabs of minced lamb (kebab curry), or the rich Bombay Coconut Malai. Tell them whether you want it mild, spicy or, for

leather-mouths, *tikhi*. For a cheap, light meal, try a couple of lamb samosas. And be sure they bring the chutneys, India's real unexplored treasure. Lunch and dinner; buffet at lunch and Monday evenings only. Sister restaurant, Monsoon, 729 Fourth Avenue, Gaslamp, 619-234-5555. Moderate. —

Café Chloe 721 Ninth Avenue, Downtown, 619-232-3242. How did we ever manage before this indispens able bistro opened? In a bright and beautiful setting with small tables, bar seating, and a patio, you'll find light and lovely Parisian-style bistro fare with substantial breakfasts, svelte lunches and dinners, and sophisticated bar nibbles. Don't miss breakfast's poached eggs with sage-truffle beurre blanc. Nightly specials keep the menu interesting, and desserts are worth every calorie. Beverages include divine lavender lemonade, root beer choices, and an intelligent wine list at modest markups, most available by the glass. Metered street-parking daytime. No reservations except large groups. Moderate. — N.W.

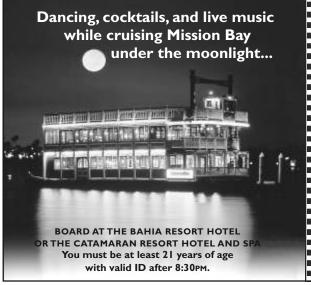
**La Casita** 1247 C Street, Downtown, 619-531-0044. Don't be fooled by the li'l old blue-and-white clapboard house at the bottom of City College's hill. Princes and politicians come to this full-service restaurant to hammer out deals, mix with the Latino (or Anglo) community, and eat some of the best chorizo con huevos (spicy pork sausage with eggs) in town. Fair-weather eaters flock to the spacious garden patio to chow down among the songbirds. In the cozy Mexican-style interior, the pictures on the walls tell you who-all comes here for the good tacos and en-chiladas or the delicious pork burritos. Most delicious of all is watching Anglo

Over 900 more restaurant listings at SanDiegoReader.com



city-hallers trying valiantly to learn to love the house-made menudo (tripe soup). Delivery anywhere downtown 8 a.m. to 2 p.m. Open six days 6 a.m. to 4 p.m., closed Sundays. — E.B.

Chicken Pie Shop of San Diego 2633 El Cajon Boulevard, North Park, 619-295-0156. How much do people love this place? Count the chickens lin-ing the walls — ceramic, wood, beaded, painted, even feathered. Hundreds. They're gifts from generations of customers. Now, as in the 1930s when it started up, the basic chicken pie comes filled with big chunks of chicken meat, doused with white gravy and accompanied by mashed potatoes, veggies, coleslaw, a roll, and dessert — like the delicious pineapple pie available Mondays — all for one really low price. The menu also offers fried chicken, burgers and steaks, but 90 percent of customers still order that same old chicken pie. Seven days. Cash only. Inexpensive.







Free Dinner

Buy one entrée and two beverages and receive one entrée of equal or lesser value free.

Excludes buffets and specials. Maximum discount \$12. With coupon. Expires 10-8-08.

\$1095 Indian dinner buffet

Reg. \$15.95. Hillcrest Sun.-Wed., Tues. Vegetarian • Miramar 7 nights a week

50% off on Mon. & Tues.

Reg. \$15.95. Choose from over 30 items: vegetarian, non-vegetarian, and Indian fusion. With coupon. Expires 10-8-08.

\$795 Lunch buffet

Reg. \$9.95. Monday-Friday. With coupon. Expires 10-8-08.

\$10% Champagne Brunch Buffet (Reg. \$11.95) Sat. & Sun. 11 am-3 pm



Miramar 9494 Black Mountain Road (just off Miramar Rd. in the Little India Plaza) • 858-566-7246 **San Marcos** On Restaurant Row • 760-744-7599

Hillcrest 3925 4th Ave. (between Washington & University) • 619-291-5011

Take-out • Catering • Banquet • Free parking (call for details) • For delivery call: 858-792-1000

www.indiaprincess.com

Chive 558 Fourth Avenue, Down town, 619-232-4483. Here you'll find a new cuisine for the upscale residential neighborhood rising around the restaurant. Diners can choose an adventurous meal or an evening of sophisticated comfort food. Urbane multicultural fusion dishes dance cheek to cheek with remade American classics and the occasional sleek French luxury dish. A "grazing menu" features small bites for folks on a diet or on the run. The menu changes seasonally. — N.W.

Dobson's 956 Broadway Circle, Downtown, 619-231-6771. This reputable downtown restaurant offers class and comfort, geared for people who enjoy eating well. The food is good, often very good, as with chicken liver mousse pâté, Mediterranean blue mussels, and, when available, the crude but virtuous soft-shell crab. Their sweets, such as brownies, are hefty, louche, and cheap. Bring a date to the upstairs dining room. Dobson's is suave, its confidence infectious. Lunch and dinner Monday through Friday; dinner only on Saturday. Moderate to expensive. — M.N.

La Doña 1784 Newton (at Beardsley), Southeast San Diego, 619-233-4939. This café is steeped in Mexican history, especially Barrio Logan history. You half expect to see several L.A. zootsuiters drift in as you inspect the blackand-white shots of the late actress

**HAPPY HOUR** 

\$2 Beers

(Heineken, Becks, Corona,

MGD, Bud Light, Budweiser)

Try our organic Ethiopian beer and wine.

www.awashrestaurant.com

619-583-9225

San Diego Reader September 25, 2008

አዋሽ 🐷 ምግብ ቤት

4979 El Cajon Boulevard, San Diego

Maria Felix (Mexico's Marilyn Monroe) or the great photos of the Mexican Revolution that include Zapata and Pancho Villa. The place has been here for 63 years, and old-timers say it reminds them of long-ago cafés in Los Angeles, Modesto, or Madera. The food is home cooking, Mexican style, with meals like scrambled eggs and chorizo with rice and refried beans. Watch out for the pot o' salsa — it's a real jaw-slammer. Other dishes to sample include chicharrones, menudo, and pozole Seven days, breakfast to late lunch. Inexpensive. — E.B.

Exy Chic Greek 789 Sixth Avenue, Downtown, 619-238-0412. The owner of the huge Daphne's Greek Café chain wanted to do a dinner house, and this is it. An American chef cooks creative Mediterranean-style dishes spun off from Greek ingredients and flavors Don't expect belly dancing or bouzouki the ambient sound is neodisco lounge music, resembling the music track for a Euro-porn film. And don't look for stuffed anything (neither grape leaves nor eggplant nor baklava). If you want kebabs, they're available as appetizers only. Instead, there's plenty of seafood, several steaks a little lamb, and cheesecake (with Greek cheese) for dessert. Roasted shrimp-stuffed calamari wrapped in prosciutto and topped with fried lemon slices make a great starter; so does the gemlike Blue Zodiac ouzo-flavored martini from the bar. The ample wine list has plenty by the glass, including some modern Greek whites. Mainly ap petizers and salads for lacto-vegetarians (one pasta) and a few potentially adaptable choices for vegans. Dinner Monday though Saturday; lunch and SunDowntown, 619-702-7967. Most local Indian restaurants share nearly identical panregional menus (yawn). Gourmet India, in contrast, serves authentic regional delicacies you won't find at the clones. Don't miss the distinctive appetizers, especially the crunchy sev poori (wheat wafers with a vibrant, spicy fresh topping), the bel poori (India's favorite railway snack). or southern India's uttapam, pancakes (made of cream of wheat) resembling soft, exotic mini-pizzas, accompanied by a coconutty fresh chutney. Peshawari naan is a spectacular tandoor cooked bread stuffed with cashews, raisins, and fresh cheese, and tandoori chicken wings are tender and savory with their lively green dipping sauce. Entrées include the rarely seen mirchi tikka, tender boneless chicken from the tandoor, steeped in a bright, spicy, lime-juice marinade. Madrasi Fish in coconut milk is a delicious southernstyle coconut milk curry, and the house specialty, Bombay Chicken, is a salty and oddly homey-tasting stew. Interesting and appropriate wine list; numerous Indian and international beers. You can eat royally on a prosperous peasant's budget. Lunch and dinner daily. (Parking not validated at Hor-

day seatings available by arrangement.

Gourmet India 810 Fourth Avenue

Grant Grill 326 Broadway, Downtown, 619-232-3121. The hotel has reopened after its \$52-million renovation, and it's looking magnificent. The Grant Grill, too, is changed and freshened. In days of vore, the bill of fare combined French haute cuisine with British hotel-grill staples. Now it's thoroughly Southern Californian (although they did resurrect the fabled mock turtle soup in response to diner pleas) with nods to the "slow food" movement. Well-raised meats, local produce, and artisanal products include house-made burrata mozzarella and herbed bread. Entrées are large, rather salty, and have fine side items, but there's still a basic conservatism at work. Nothing here to scare the horses. Appetizers and amuse bouches are more engaging than en-trées, while desserts are in the "needs more work" stage. Serving pace, especially on busy evenings, is slow. But the town's movers and shakers are back at their old favorite haunt. Breakfast, lunch, and dinner daily. Very expen-

ton.) Moderate. — N.W.

Hob Nob Hill 2271 First Avenue, Banker's Hill, 619-239-8176. It opened in 1944 as a 14-stool lunch counter. Now, you sweep in under the maroon canopy to shiny red booth seats, deep

blue carpet, blond wood, paintings, and a half-wall of wine. You're thinking "business class," but don't be fooled. We're talking coffee-shop prices, especially with the all-day breakfasts and sandwiches, not to mention the burgers with a salad tossed in. It's across the street from a retirement condo complex and at dinner, says the owner, "We cater to seniors." While there are à la carte choices, affordable three-course prix fixe dinners (with a regular entrée for each day of the week, Mom style) are the order of the day - e.g., tasty barbecued pork on Saturday, roast lamb or pot roast Sunday. Open daily. Inexpensive to low-moderate. — E.B.

Ikea Restaurant 2149 Fenton Parkway, Mission Valley, 619-283-6166. Central shrine for San Diego's 10,000 Swedes, so they say. They come to taste open-faced sandwiches, salmon, shrimp, and meatballs again. This restaurant inside Sweden's wildly successful home interiors chain is a great intro to Swedish tastes. The food's more sensible than exciting, of course. But healthy — beef and pork for the meatballs are guaranteed hormonefree. You eat the meatballs with Swedish lingonberry (not cranberry) sauce. Seafood is big: the shrimp ope faced sandwich, the salmon plate with potatoes and broccoli, and the Gravad Lox Plate (cured salmon) are always on. And if you want to be disgustingly healthy, chew on their fresh vegetable plate (raw carrot sticks, cauliflower, garbanzo beans, and mushrooms). All for a song. The only health hazard: hordes of babies and kids romping in the restaurant's mother-friendly play area. Inexpensive. — *E.B.* 

Izakava Masa 928 Ft. Stockton Drive #109, Mission Hills, 619-542-1354. An izakaya is the Japanese equivalent of a tapas bar. The menu here includes 12 cold appetizers and 19 hot ones, along with 12 deep-fried minikebabs and a host of more standard dishes, plus sushi. Find adventure with the little dishes. Chuka kurage, superb cold jellyfish salad, is crunchy and spicy but lightly sauced, with no greasy chilioil residue. Fried oysters (kaki), ethereal fried tofu in broth, and kara-age

(spicy fried chicken) stand out among the hot appetizers. Kushi-age, a variety of deep-fried kebabs on bamboo skew ers, are inexpensive and delicious; try the Japanese sausage. Maguro ya makake, a cold appetizer of raw tuna with glutinous grated mountain yam, is an advanced course in Japanese cuisine — a strenuous challenge to a West-ern palate. Sushi rolls are a bit creative, but not the restaurant's forte. Go for the tapas and enjoy yourself. Lunch Tuesday through Friday and Sunday. Dinner six nights. Closed Monday. Inexpensive to moderate. — N.W.

Jade Theater 701 C Street, Downtown, 619-814-5125. The fusion menu here mingles flavors from all over Asia (particularly Southeast Asia), under the eye of long-time Japengo chef James Montejano. The first floor is a bar, the lower floor is a nightclub evoking a sinful Shanghai of the 1930s, and the spare, spiffy dining room (plus party and restrooms) are upstairs (with elevator access), overlooking the action. The grazing is grand here: Hors d'oeuvres are called "Tease" and appetizers are called "Taste," and those are the flashiest, happiest dishes on the menu. Standouts include the signature Jade shiitake bites, the Hokaiido scallops on kim chee pancakes, the spicy fried calamari with two dips, and the depth-bomb bisque included in a Maine lobster "trilogy" plate. Many entrées are on the sweet side; best bets if you don't like dessert before dessert are the miso-glazed mero and the surf and turf (lobster/rib eye). Chef's prix-fixe dinners for up to 10 can be arranged. Full bar, rather expensive wines. Room gets loud around 8 p.m. when DJ downstairs cranks up the lounge music. Business-casual dress, but many women wear vampy date duds. Reservations vital.

— N.W.

Jimmy Carter's Café 3172 Fifth Avenue, Banker's Hill, 619-295-2070. This comfy, middle-class eatery has a — great Indian breakfasts (until 11:20 a.m. weekdays, 3 p.m. weekends). Try their chicken curry or pessaratu (mung bean crê pe with onions, peppers, ginger, dhal, and chutneys). Or vegetarian vindaloo. Jimmy (no, not the ex-pres) does Chinese too — like the Mongolian beef (Chinese vegetables and beef in a hot chili sauce over rice or noodles), or good Mexican dishes such as chili verde (pork or chicken simmered in spicy tomatillo sauce). But center stage is his all-American Jimmy Burger (1/3-pound patty with potato or carrot salad). One bonus: a fine tangential view of Balboa Park's lawns and trees. Open daily, breakfast through dinner. Inexpensive.

Krakatoa 1128 25th Street, Golden Hill, 619-230-0272. This used to be an abandoned property. Now the swampgreen clapboard house is the coolest, if (reportedly) ghost-ridden, coffee eatery hang-outery in Golden Hill. Its garden is lush and tropical, and on its wooden deck laptops unfold, essays get written, relationships get worked out. The menu is light, the names heavy: the breakfast sandwich (scrambled eggs, cheese, fruit) is the Wonchi (an Ethiopian caldera); the roast turkey sandwich with ham, cream cheese, and cranberry sauce is the Ubehebe (a dormant volcano in Death Valley); the Amboy (a Mojave Desert volcano) is a peanut butter, honey, banana, cinnamon, and bacon sandwich. Open 6:30 a.m. to 8 p.m. (Sundays till 6 p.m.). Inexpensive. — E.B.

The Linkery 3794 30th Street, North Park, 619-255-8778. The artisanal "slow food" cuisine here features local ingredients and made-from-scratch preparations featuring humanely raised, premium meats, including a daily changing array of house-made sausages. Despite the name, there's a full menu that includes tasty grilled vegetable appetizers and a house-made charcuterie plate and some fine entrées, often with Mexican-flavor influences. The organic, grass-pastured steak is small in size and huge in flavor, but the focus is on the sausages. These vary not only in composition but in palatability. Some of the best include the juicy "super bison Mexi-dog," the linguisa, and the Polynesian pork. Poultry sausages are chancy, tasting sawdusty when overcooked. Venturesome international wine list at low markups, plus











local and international craft beers and soft drinks (e.g., Mexican Coca-Cola) made with cane sugar instead of high-fructose corn syrup. Dinner daily until 11 p.m. Moderate. — *N.W.* 

Monsoon Exotic Cuisine of In**dia** 729 Fourth Avenue, Downtown, 619-234-5555. The younger sister to Hillcrest's Bombay Exotic Cuisine sometimes shares the same chefs and serves much the same standard repertory of "Northern Indian cuisine made easy," with a few tropical additions vaguely inspired by Southern flavors. Curries are indistinct from each other and run to the mild side, no matter what you specify. Breads are good; tandooris disappointingly soft-surfaced. A room-dividing fountain recreates the roar of the namesake tropical downpour. Add a lively dinner crowd and it's a (Gunga) din. Solid wine list, some Indian beers, full bar specializing in sweet cocktails. Open daily. Inexpen sive buffet lunches; moderate à la carte dinners until 11 p.m. — N.W.

El Pollo Loco 2795 Main Street, Logan Heights, 619-595-0847. Additional locations in Midway, Carmel Mountain, Chula Vista, El Cajon, Lemon Grove, National City, Poway, and more. This Mexican-style chicken chain offers healthier, tastier fast food. The flame-broiled poultry has crisp, richly seasoned, very salty skin; the flesh can vary from barely done to overdone, but usually is just right. The bird (or any assortment of its parts) comes with sage gravy, tortillas, and a choice of side dishes that includes rich, sweet black beans, crisp and clean coleslaw, great gooey-cheesy macaroni, and passable mashed potatoes. Help yourself to salsas (there are four varieties), chopped onions, lemons, cilantro, hot peppers. But stick with the chicks - the taque ría-style choices are barely better than Taco Bell. Check for daily specials, wherein a small amount of cash will buy a huge amount of highly palatable poultry. Open daily, lunch and dinner. Inexpensive. — N.W.

The Ritual Tavern 4095 30th Street, North Park, 619-283-1618. North Park is becoming a hotbed of ethical food culture, and Ritual is one of its proponents. At this cozy, civilized, Old World-style pub where the music always plays softly enough for conversation you'll find classic pub dishes plus some more exotic forays, cooked with consistent care to emphasize the fine, natural flavors of humanely raised Niman meats, gourmet Jidori chicken, locally grown organic vegetables. Want a burger? The ketchup is made in-house. The wildest dish is a tasty, mouth-fill-

ing, étouffé-thick "Saddlebrush" (Yankee) gumbo that's not remotely Cajun or Creole (it's got carrots — and no okra or filé!), served over long-grain wild rice instead of the sticky white stuff. Vast list of local and international artisan beers includes a Porter milk-shake for dessert; nearly all of a dozen affordable international wines are available by the glass. Soft drinks include Mexican Coca-Cola (made with cane sugar, not corn syrup). Small parking lot behind restaurant. Several vegan and gluten-free menu items. Dinner Tuesday through Sunday to 11 p.m. Moderate. — N.W.

Saigon on Fifth 4900 Fifth Avenue, Hillcrest, 619-220-8828. This is the rare local Vietnamese restaurant that emphasizes the urban, French-influenced cuisine of colonial-era Saigon and Hue, rather than the ubiquitous pho noodle soups of the North. The list of house specialties includes many entrées you won't find elsewhere in San Diego, among them a smoked oyster omelet and a unique version of coconut shrimp served in the coconut shell. Many dishes here include honey, so the Boon (spicy noodle salad) deserves its name — a refreshing break from the sweetness. Well-chosen, reasonable wine list suits the food, as does the serene decor. Validated underground parking just north of the bank. Open daily, lunch and dinner until midnight. Low moderate. — N.W.

Sala Thai 6161 El Cajon Boulevard, College Area, 619-229-9050. With purple cloth napkins, white tablecloths, green banquettes, butter-colored walls, and a portrait of King Chulalongkorn, Sala Thai has all the trappings of a class joint — except you're only paying six or eight bucks for main dishes. The food? A bit gentle on the spice front. Tom yum kung, the famous shrimp soup, should make your neck hairs stick straight out, but if that's what you want you'll have to ask the cooks to make it spicier. Chicken mussaman, labeled "medium spicy," is pretty tame but still delicious with its authentic taste-boosters like kaffir lime leaves. Hottest curry: chicken green. Health treat: Som tum, the famous papaya salad. Lunch, dinner daily; dinner only on Sunday. Inexpensive. — E.B.

Sang Dao 4212 National Avenue, Logan Heights, 619-263-0914. Laos has an exotic Shangri-La thing about it, yet the large family that runs this eatery will tell you Lao food is quite plain and simple: vegetables, freshwater fish, chicken, pork, occasional beef, sticky rice, and noodles. But taste their delicious spicy catfish and you're right back

at exotic. Thai basil, garlic, and most of all, the gingery galanga, a.k.a. "Laos root," help make it unfishy. Other must-trys: BBQ beef, som yum (papaya salad), and especially the spicy salad with minced meat called larb — closest thing to the national dish. The surroundings here may be homey, but not the excellent cuisine. "Sang Dao"? It means "Star Light." Open 10 a.m. to 8 p.m. six days, closed Monday. Inexpensive. — E.B.

Shakespeare Pub 3701 India Street. Mission Hills, 619-299-0230. Probably the most convincing English pub in town. The Bard's brew-house boasts bare-board floors, diamond lead-glass windows, and authentic Brits sitting around the bar quaffing ale from their own pewter mugs. Pub grub is bluff and plain spoken. Shepherd's pie, bangers and mash, ploughman's plate (the pickled onions and cheese, Scotch and Branston pickle make it the real thing) - all are great with rich English beer, say, a Boddington's Pub Ale. Sunday's roast beef dinner is worth dragging yourself out of bed for, too. The pub includes a shop that sells British goods. Breakfast weekends, lunch weekdays, and dinner daily. Inexpensive. — E.B.

Sixth Avenue Bistro 1165 Sixth Avenue, Downtown, 619-239-4194. This charming, airy café offers some very credible New Orleans-style cooking at affordable prices. Among the sandwiches are an outstanding oyster po' boy (with big juicy oysters and good light batter) and a fine, fully packed approximation of a muffaletta, albeit with a kaiser roll standing in for Central Grocery's big, round Italian bread. The jambalaya is tasty, too, even with the substitute for andouille. Wine and beer. No reservations. Breakfast to dinner (closes 9 p.m. Monday through Saturday, 2 p.m. on Sunday). Inexpensive. — N.W.

The Pearl 1410 Rosecrans, Point Loma, 619-226-6100. This motel hints at a little corner of South Miami Beach, and it's all about fun: You can eat and drink in a tiny indoor dining room furnished wholly with high bar tables and stools (neither wheelchair accessible nor acrophobic acceptable) or out on the heated area surrounding the swimming pool where movies screen for free on Wednesday evenings. The fare is California-eclectic and emphasizes grazing, with simple preparations of local produce and sustainable meat and fish. Candied pork belly, "deconstructed" shrimp nachos, wings du jour, and salmon with skin are among the hits. International wine list at wide

price range, some bargains, plenty by the glass. Full bar. No reservations except for large parties (six and up) and special occasions. — N.W.

**Tropical Star** 6163 Balboa Avenue, Clairemont, 858-488-5900. A modest café and grocery offers Puerto Rican and Latin American food and groceries. Very modest surroundings; good authentic inexpensive food. Same menu all day Monday through Saturday; closed Sunday. Inexpensive. — *E.W.* 

El Zarape 4642 Park Boulevard, University Heights, 619-682-1652. This stylish little Mexican restaurant on a tony stretch of Park Boulevard is proof that not all taco shop food is equal. Try a shredded beef or chicken taco or tostada and you'll know what we mean, with their generous mounds of juicy slow-cooked meat. Many enjoy their unusual scallop burritos, vegetarian potato-filled burritos and rolled tacos, and well-prepared soups. We go for the stewed meat. El Zarape is dependable, serving Mexican with solid, homemade, handmade flavor. Three meals daily. Inexpensive. — M.N.

## **NORTH INLAND**

Abbey's Real Texas BBQ — Kearny Mesa 9353 Clairemont Mesa Boulevard, Kearny Mesa, 858-279-7427. Texas barbecue consists of meat, chicken, turkey, and links that are repeatedly mopped with a marinade and cooked in a big cast-iron smoker (rather than grilled over a fire). Here they use mesquite to barbecue the poultry quickly and the brisket ve-r-ry slowly. In addition to the usual BBQ sides (potato salad, coleslaw, beans, etc.), they offer a Caesar salad. Wheelchair accessible. Same menu lunch and dinner. Catering available seven days a week; continuous service for lunch and early dinner weekdays. Inexpensive to low moderate. — N.W.

Centre City Café 2680 South Escondido Boulevard, Escondido, 760-489-6011. In the quiet little "motel row" just north of Lake Hodges, this cute, friendly café serves classic American diner food, including all-day breakfast. The chicken-fried steak is exemplary, with a crackly batter crust and a smooth, peppery cream gravy. Several cuts of USDA Choice steaks are offered at rock-bottom prices, and early-bird dinners and daily specials offer amazing bargains. You can eat inside, in a coffee-shop ambience, or chow down on the dining terrace in front. Open

daily, three meals. Huge portions, low prices. — N.W.

China Max 4698 Convoy Street. Kearny Mesa, 858-650-3333. The decor is plain and bright, the sound level loud, but this is a major resource for authentic Hong Kong cooking — creative and multiregional, filtered through the refined wizardry of the genuine Cantonese style. The seafood aswim in the live tanks includes such delicacies as black cod (bony but won derfully sweet), Dungeness crab, and (if you've got the money) abalone but even inexpensive, homey dishes (e.g., wonton soup, crabmeat cakes) sing with flavor. Call ahead for reservations to avoid a wait at the door. A Pan-Asian community throngs here, for good reason. Lunch and dinner daily. Inexpensive to exorbitant but mainly moderate. — *N.W.* 

Fiore's 777 Harrah's Way, Valley

Center, 877-777-2457. This is where Valley Center goes to celebrate special occasions. An island of serenity in the cacophonous casino, the restaurant offers fine certified-Angus grilled steaks and chops of various species. For a starter, the shrimp margarita is delicious. Choices include numerous seafood entrées, and for lighter eating there's an oyster bar attached. The best attraction is the long, adventurous wine list, offering international bottles at bargain prices with by-the-glass choices galore. Half the fun is matching wines to foods. The beer list is sophisticated, too, as are well-priced cognacs and aged ports. Business-casual dress code. Kids allowed in casino restaurants, not in gambling area. Reservations advised for weekends. Open for dinner daily. Moderate at oystar bar; upper moderate to very expensive in restaurant. — N.W.

San Diego Artisan Bakers 1551 South Escondido Boulevard, Escondido, 760-740-5963. This European-style bakery specializes in hearty, hand-crafted, slow-fermented breads made from natural ingredients. Recipes of the 24 loaves are from France, Italy, Germany, and the U.S. These loaves have textures and depths of flavor you'll never find in supermarket-bakery breads. And for breakfast or a snack, there's nothing better than settling on the front porch with a cup of espresso and one of the moist and chewy scones. Open Monday through Saturday, morning to late afternoon. Inexpensive. — N.W.

Sand Crab Café 2229 Micro Place Escondido, 760-480-2722. Sandy Crabbe (honest, that's his name) owns this fun, funky dive in the wilds of industrial Escondido near the San Mar-cos border. A visit offers the primordial, preschoolish joy of whacking crabs to pieces with mallets and eating them with your hands. (Bibs are optional.) Everybody gets into the party spirit. There's a huge à la carte list of appetizers, soups, snacks, and main courses, often at bargain prices. Entrées include several crab-bucket combos, cooked to a well-seasoned boil with corn, potatoes, and spicy Louisiana sausage. Most of the shellfish were flash-frozen on shipboard, but they're still tasty. The melted non-butter "spread" accompa-nying them appeals to the area's many health-conscious residents. (Or you can BYOButter and they'll melt it for you.) Fine tangy house-made key lime pie is a perfect finale. Beer and wine and good margaritas. Open daily, lunch and dinner. Inexpensive to moderate. — N.W.

# **NORTH COASTAL**

Armenian Café 3126 Carlshad Boulevard, Carlsbad, 760-720-2233. At this large cottage with a year-round heated sundeck overlooking Highway 101, the menu offers Armenian specialties cooked with a Lebanese accent as well as generic Middle Eastern crowd pleasers, including gyros made from scratch. Lamb shish kebab is the house specialty, a loss leader featuring tender premium lamb cubes with assertive seasonings, grilled over gas. Even bet-ter are distinctive dishes from the owner's family recipes: his mom's Lebanese kibbe (a large, glorified nut-filled lamb meatball) is outstanding, as is her kashta lea dessert - an exotic nutmeg sponge cake fragrant with rose water syrup, topped with pistachios and thickened cream. Dinner platters constitute a full meal, including a great Armenian salad and a tasty dip for the meat, along with less-than-great egglemon soup, pilaf, and pita wedges. Wine list is dreary, but corkage fee is reasonable. Three meals daily. Live music and belly dancer Friday and Saturday night. Moderate to slightly expensive. — *N.W.* 













# Calendar Restaurants

California Bistro 7100 Four Seasons Point, Carlsbad, 760-603-6868. This restaurant features fresh California cuisine in a beautiful, luxurious hotel dining room. Open 6:30 a.m. to 10 p.m. Sunday to Thursday (to 10:30 p.m. Friday and Saturday). Reserve for the Friday night seafood buffet (5:30 p.m. to 9 p.m.), which includes cooked seafood, sushi, and sashimi. Moderate to expensive. — *E.W.* 

Corner House Café & Pizzeria 11815 Sorrento Valley Road, Carmel Valley, 858-755-3183. This must be the last farmhouse standing in Sorrento Valley's glassy, glossy business park Corner House Café shares the nearly century-old, yellow, two-story clapboard house with Lily's Closet Café and Caliente Mexican Food. You eat outside in patios and gardens among flowers, fountains, farm carts. It feels like the country. Sandwiches reign. Try the Ironman sandwich (chicken, avocado, cheese) or Sorrento's Choice (turkey, cream cheese, sunflower seeds). Also terrific are the full meals. No fancy tableware, but dishes like chicken tequila fettuccini with its green pasta and sinful golden creamy sauce are sophisticated, delicious, and interesting Open daily till 5 p.m. (3 p.m. Saturday, closed Sunday). Inexpensive. — *E.B.* 

Juanita's Taco Shop Estilo Tepatitlán — Encinitas 290 North Coast Highway 101, Encinitas, 760-943-9612. Enticing aromas of fresh torillas and fragrant frijoles greet you as you enter this busy little taquería, where the food's cooked in the style of Tepatitlán, a small city near Guadalajara. Its local specialty is carnitas — which Juanita's does up (by the plate or by the pound) as tender, non-greasy shreds, served with fresh, cilantroladen mild tomato salsita. Standard wraps are fine, too, and the beans taste as good as they smell. Try a "Flying Saucer" — it really takes off, with

shredded meat, onions, mild chiles, beans, sour cream, shredded orange cheese, and puréed guacamole riding high on an airy crisped flour tortilla. Open daily, three meals, until 3 a.m. Friday and Saturday. Inexpensive. — *N.W.* 

Kealani's 137 West D Street, Encinitas, 760-942-5642. Tucked between a 7-Eleven and a pizzeria, with an exterior sign that says "Saimin" (for Hawaii's version of Top Ramen), this island of the Islands prescribes "Living Da Aloha Spirit." A ukulele player sometimes serenades the noonday crowd at the sidewalk tables, and at any hour the food is "plate lunch" — two scoops of short-grain rice, mild house-made macaroni salad, and a choice of authentic "grines." Don't miss the out standing kalua pig, zesty, smoky shreds of *imu*-style roast pork, resembling a moister version of Southern "pulled pork." The menu covers the whole panoply of island standards, from malasadas (Portuguese donuts) to musubi (Spam sushi), with a Saturday special of a luau's worth of "local food."
While you're waiting, check out the droll Hawaiian vocabulary lessons under the glass tops of the tables. Open Monday through Saturday, lunch to early dinner. Inexpensive. — N.W.

Milton's Deli 2660 Via de la Valle Del Mar, 858-792-2225. This sprawling, family-friendly eatery started out as a nonkosher Jewish deli, but has come to embrace diner food, pub grub, and Italian and Mexican favorites, along with a full cast of Ashkenazi noshes Sit down and stuff yourself with stuffed cabbage, overstuffed deli sandwiches, crisp-skinned fat cheese blintzes, matzoh brei, hot brisket with latkes - or chicken-fried steak, if that's your bag. Or take out from the attached deli and bakery. The yummy chopped liver will remind you of the Bronx, the smoked whitefish and silky Nova will take you home to Flatbush, but the soft, cottony bagels — oy!, so goy! Seven days, three meals. Inexpensive to low moderate.

**The Original 101 Diner** 552 First Street, Encinitas, 760-753-2123. This is where the caviar crowd from Rancho

Santa Fe comes to remember their roots. It's got all the deliberately downhome cooking you could want, including all-day breakfast ranging from really cheap biscuits and sausage gravy to a pretty cheap top sirloin steak and eggs. For lunch, the bacon-Cheddar burger with fruit is a good surprise combo. The turkey-cranberry salad sandwich is also good, and try the spinach salad, with bacon, feta cheese, olives, mushrooms, and chopped egg. Even though this 101's vintage (1983) in no way compares with the Oceanside 101 Café's (1928), it has become a genuine part of Encinitas life — lines on the weekends will tell you that. Open for breakfast and lunch daily. Inexpensive. — N.W.

Star of India — Del Mar 3860 Valley Centre Drive, Del Mar, 858-792-1111. It's the lunch buffet that can lead you by the nose into Indian (and here, specifically Punjabi) food. Pick among specialties like vegetable pakora — a bunch of veggies dipped in chickpea batter and fried — or a nice mess of eggplant with potatoes, chicken curry masala, and maybe the first cooked spinach you ever loved, palak paneer. Open daily. Inexpensive to moderate.

# **SOUTH BAY**

Café 1134 1134 Orange Avenue, Coronado, 619-437-1134. Since the place changed hands a couple of years back, the food has definitely gotten more interesting. Breakfast omelets, for starters. The Cortez has sautéed shrimp, mushrooms, Jack cheese, avocado, sour cream, plus fruit or sautéed potatoes. Paninis like the Tuscany come stuffed with roast beef and bleu-cheese crumbles. They do a fine chicken pecan salad, too. But at heart this is still a Left Bank sort of coffee place for hanging out, talking, arguing, and having deep thoughts. Grab a joe or a large bottle of their hoppy Mermaid's Red Ale, take it outside, start a conversation. Open 5:30 a.m. to 10:30 p.m. (kitchen 7 a.m. to 9.30 p.m.) daily. Inexpensive. — E.B.

D'Lish Pizza and Pasta 386 East H Street, Suite 211, Chula Vista, 619-585-1371. This chain has always prided itself on its Italian/California pastas, pizzas, and salads. Now it has gone carnivorous, adding marinated flank steak and a rib eye to the "bistro entrées." If you're ordering the flank, well-done is a no-no. That will toughen it. But a rare flank is, well, d'lish in its marination and especially its pesto-like chimichuri sauce. Also good: fire-roasted vegetable pizza, where the quick roasting makes for great-tasting, Technicolor-bright broccoli, zucchini, eggplant, and bell peppers. And Mediterranean Chicken Salad works well, partly thanks to the tang of pepperoni chips. Moderate. —

Spiro's Gyros 1201 First Street #4, Coronado, 619-435-1225. The food, the music, the view — are we outside Athens? Is this the Aegean? This insideoutside Greek café is located at the water's edge, and the heated patio has a spectacular view of San Diego, the bay, and the boat traffic. At sunset, sipping their excellent Greek wines (cheaper than their Californian), watch the sun set the city ablaze in gold. The prices keep Spiro's popular with the locals as well as tourists. Try the moussaka (eggplant casserole) or the souvlaki chicken. marinated in tzatziki sauce, served with tomatoes, onions, and pita bread. Open seven days until 8 p.m. Inexpensive. *E.B.* 

Uno Chicago Bar and Grill — Chula Vista 555 Broadway, Suite 1076, Chula Vista, 619-420-8660. The 1943-born Uno chain made its mark by transforming the flat Italian pizza into something a little more upstanding. Deep-dish pizzas have become one of Chicago's better-known exports. Now Uno does serious steak too, with variously sized Angus top sirloins. They come pretty much as is, but the meat itself is plenty flavorful and tender. Uno's expanded menu includes fajitas, ribs, shrimp scampi, and steak 'n' cheese burgers. Still, most lunchtime customers we saw seemed to stick to the staple: deep-dish pizzas and salads.

Open daily, continuous service, lunch and dinner. Inexpensive to moderate. 4465 Mission Boulevard, Pacific Beach, 858-483-4143; Fashion Valley Center, 619-298-1866; 5th and H, Chula Vista, 619-420-8660; 890 W. Valley Parkway, Escondido, 760-480-8667. — *E.B.* 

# EAST COUNTY

Campo Diner 1367 Dewey Place, Inland Border Towns, 619-478-2888. Tiger Woods eats here. He plays paint wars nearby, then comes in and always orders the same thing: cheeseburger, medium rare, with fries. The burgers are all made from certified Black Angus beef, so they cost a little more. But there are deals for folks with country appetites. For breakfast, ask for "The Works" omelet. It's loaded with bacon, ham, sausage, onions, bell peppers, mushrooms, and potatoes. A half-order will be plenty. At lunch order the robust, homemade soup of the day, like vegetable, which has so many fresh-cut vegetables in it that you won't need to order anything else. Open daily 6 a.m. to 8 p.m. Inexpensive. — E.B.

Lake Murray Café 5465 Lake Murray Boulevard, La Mesa, 619-433-0180. This is the neighborhood café this neighborhood laked for years. Which explains why, since it opened in 2005, it's been busy, mostly filled with locals. People come because the waitresses know them and know what they like, but also because the plates are usually overloaded. All the omelets are foureggers, with generous sides like biscuits and gravy. Portuguese sausage scramble is a bulky way to start the day. Evening meals include fish served European-style with the head still on. Other comfort foods include liver and onions, meat loaf, and pork chops with stuffing. Open 6:30 a.m. to 9 p.m. daily. Inexpensive. — E.B.

**Mediterraneo** 1347 Tavern Road, Alpine, 619-445-9902. The vibe in this tasteful little trattoria (with adjoining bar) is young, and so is the chef, still slipping new dishes into a menu stuffed with local favorites. The pizzas are outstanding — such a lovely, airy, silken crust! Such wafer-thin rounds of pepperoni! Entrées change with the seasons. Desserts are big and sweet. When the weather's fine, dine on the patio and watch the sun drape light over the piney hills. Daily, lunch and dinner, plus Sunday brunch. Expensive. — *A.M.* 

Somewhere Else Coffeehouse and Bookstore 330 North Magnolia Avenue, El Cajon, 619-441-0480. Here, 100 years ago, stagecoaches and gold miners from Julian would raise a ruckus at this very crossroads every morning. Today, what has to be the smallest counter-restaurant with the tiniest kitchen in El Cajon serves up decent, straightforward breakfasts, soups, and sandwiches, along with good conversation that can't be a lot different from stagecoach days. Breakfast scrambles, burritos, and panini are filling. They have a little living room area packed with books and a cool deck out back. Coffee and a toasted bagel with tomato and avocado are delicious. But be good — Maria, the owner, is an excop. Open for breakfast and lunch. Closed Sundays. Inexpensive. — E.B.

Ye Olde Bicycle Place and Café 6792 University Avenue, La Mesa, 619 582-4024. You're eating in a museum here. You can nibble your *panini* and check out ancient bikes like Rudge's penny farthing or the three-seater bike the Three Stooges used. The little black-board menu's basically a list of toasted paninis and cold sandwiches. Each sandwich gets its name from the bike world. The Tandem is a double-decker peanut butter and jelly sandwich. The Tour de France has ham and Swiss on a croissant; the Tour d'Italia is salami, pepperoni, ham, cheese, and a pot of marinada. Add their rib-sticking chicken soup with wild rice and you'll have a cheap and enlightening lunch. 6 a.m. to 6 p.m. Monday to Friday; 7 a.m. to 4 p.m. Saturday; closed Sunday. Inexpensive. — E.B.



# with an outdoor ocean view!

\$3 draft beer & house wine Fish and carne asada tacos • Buffalo wings Sunday-Thursday 3-7 pm only

# Best Happy Hour in PB!

Our burgers are made with all-natural beef (hormone-free, antibiotic-free and raised on a vegetarian, corn-based diet)

SURFER'S GRILL

4120 Mission Blvd. (above Tony Roma's) • 858-274-1632

DINE, DRINK & DANCE LIKE THE GREEK GODS

Live Lobster & Rack of Lamb Dinner for Two \$4995 (Reg. \$59.95)

With the purchase of 2 drinks. Served with soup or salad, potatoes, fresh vegetables and pita bread. Valid every day. With ad. Expires 10/8/08.

LIVE GREEK MUSIC & DANCING WED.-SAT.

LIVE GREEK WOSIC & DANCING WED.-SAI

50% off bee

Outdoor p

Happy Hour 4-7:30 pm Sun., Tues., Wed. & Thurs. 50% off beer, wine by the glass & wells

Outdoor patio dining & separate smoking section available!



6030 Paseo Del Norte • Carlsbad • 760-603-9-OPA (672)
Serving dinner until 12 am Fridays & Saturdays • Family Owned and Operated www.GreekVillageTaverna.com • View our online video at Videonary.com

# User Reviews — RESTAURANTS

Best user comments from Reader website

# Broadway Pizza, Downtown

It's good to have a place open 24 hours in downtown. The food is pretty good and has far more choices than many other resturant chains. Food choices include chicken, ribs, steaks, and much-loved fried-shrimp dinner. They do serve breakfast 24/7. They deliver, too, and that is a big plus, even if you are hungry and want food delivered to you at 5 a.m. I guess places like Broadway Pizza are a blessing for a city like ours, which needs more cool hangouts like this place.

By **nightmuncher** 3:51 a.m., Sept. 16

# La Jolla Brew House, La Jolla

This was my first visit to the Brewhouse. The first thing you notice when you walk in is the abundance of TVs on the walls. I liked the seat-yourself procedure because my wife and I got to choose a booth with good views of the TVs. The service in this place is very friendly but unfortunately kind of slow at times. The menu is fairly simple with salads, burgers, sandwiches, pasta, chicken, and pizzas. They also brew their own beer on the premises and have a nice selection to choose from. They have a couple of pool tables in the back room along with additional TVs. Parking is scarce, so if you come later in the evening, you will probably end up walking a few blocks to get there. On this day we split an order of cheese fries, a meatlovers pizza, and also each had a bowl of clam chowder. The cheese fries were tasty but a little too hot when they came out. When the server said they were very hot, she wasn't kidding. The soup was a bit of a disappointment. Note to chef: try adding some garlic to the clam chowder. The pizza was above average and filling. All in all, it's a good place to go eat casual food and watch a game in a relaxed atmosphere. It's a nice change of pace from some of the upscale restaurants in La Jolla. By **spooks69** 9:57 p.m., Sept. 20

# **Cabana Cove,** Valley Center

I found Cabana Cove excellent — ordered the blackened fish sandwich and had lunch overlooking the pool area. I've also tried the buffet brunch. It's \$14 if you have a player's club card. The food was ok, but not outstanding by any means. I think it is a good value for \$14. Info and reviews of Harrah's Rincon casino, hotel, comps, and table games here: <code>sdcasinoreview.com/HarrahsRinconCasino</code>. By **Chili48** 7:18 p.m., Sept. 21

# \$25 gift certificate to La Jolla Brew House

to best three user reviews awarded each week.

To write a User Review, visit SDReader.com, go to Food & Drink pull-down and click on Search Restaurants. Find the restaurant you want to write about and click Write a Review.

Deadline for user reviews is 12 noon Monday.

# In Bulk

# The promise of unintended hilarity remains frustratingly unfulfilled.

e can easily tell when summer's over. In lieu of the lazy pace of one mainstream blockbuster and an also-ran, plus perhaps one or two "alternatives," we get seven, eight, nine new movies per week,

Oscar hopefuls and box-office hopelesses. Here are some of them, some of last Friday's, some of this Friday's.

Ghost Town. Director David Koepp once made a pretty good straight ghost story, Stir of Echoes, and with this he has made a pretty good comic ghost story. A misanthropic dentist (bringing to mind the always-looking-downin-the-mouth punch line) has a neardeath experience under general anesthetic for a colonoscopy, which for some reason leaves him with the ability to See Dead People, as well as Hear Dead People, beseeching him en masse to act as a John Edward-esque medium to finish off their unfinished business. Much, indeed too much, of the comedy consists of the worn-out routine of the hero talking out loud to people only he can see. (Not in that category of material is the perfect comic timing of Kristen Wiig as a spraytanned surgeon, and perfect comic inflection of Aasif Mandvi as the upbeat dental colleague.) Two things, though, will help see you through to the surprisingly spiritual and sensible ending. One is the doughy Ricky Gervais in his first Hollywood starring role, a bit more constraining than his

self-fashioned TV roles in *The Office* and *Extras*, but still permitting his patented blend of the crusty and the

crumbling, the tetchy and the touching, and also permitting a spot of romance. Roly-polies have feelings, too. The second thing, even steadier in influence, is the warm lighting and wide palette of cinematographer Fred Murphy, a name you can trust.

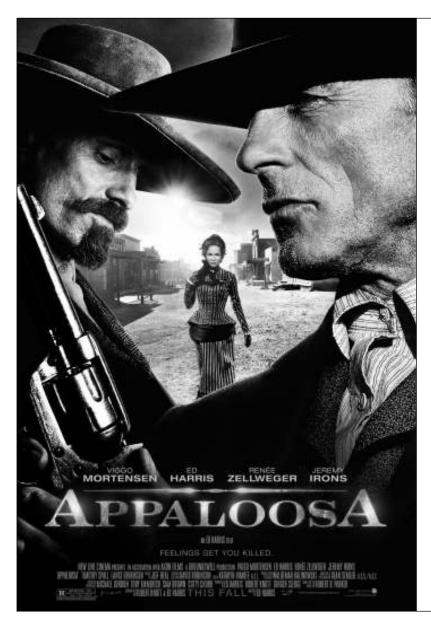
Lakeview Terrace. Neil LaBute's neighbor-from-hell thriller, no more than mildly provocative by his toughest standards (In the Company of Men, Your Friends and Neighbors, et al.), details the escalating ill will between a newly arrived interracial couple (Patrick Wilson, Kerry Washington) and the long-ensconced, widowed black policeman next door (Samuel L. Jackson), who has definite ideas of propriety and its enforcement. Reasonably graded and reined-in buildup; unreasonably frenzied and drawn-out ending. The beginning of the end in-



Nights in Rodanthe

volves perhaps the neatest telephone gimmick since *Wait until Dark*, and the raging Southern California brush fire serves effectively as both a plot device and a symbol. The photography could use a hosing-down.

Towelhead. The directing debut of the screenwriter of American Beauty, Alan Ball, concerns itself, in a bland beige image, with the sexual experiences of an Arab-American eighthgrader in suburban Houston during the first Gulf War, and with little else. Sex and the Single-Minded Girl: pubic shaving, first period, girlie magazines, masturbation, molestation, defloration, orgasms, condoms, tampons, or in sum, more and in greater detail than you'd care to know. The heroine's ethnicity adds a couple of extra ingredients (a Medieval father, racism), and the emergence of characters and their personalities, along with the formation of relationships and alliances between them, imparts a rudimentary narrative interest. Summer Bishil, twenty years old in real life (should you be worried about the groping and disrobing), plays the lead role with a docile inhibition that painfully underlines the



# WIN A MOVIE PASS FOR TWO!



presents

# APPALOOSA

To enter, visit the *Reader* website at <a href="https://www.sdreader.com">www.sdreader.com</a> and click on "contests."

Deadline to enter is Thursday, September 25, at 1:00 pm. Limit one entry per person. No purchase necessary.

©2008 Warner Bros. Ent. All rights reserved.

In theatres October 3

vulnerability. If, after the title, you were in any doubt that this is an Edgy Indie, the dead kitten in a Baggie in the freezer will clinch the deal.

Nights in Rodanthe. Two beautiful strangers of opposite sexes but equivalent hurts (she: "That must have been hurtful"; he: "I know you're hurting"), alone at an isolated inn on the beach; an approaching storm; a walk in the sand; a roll in the hay; a hope for a new beginning. The promise of unintended hilarity, held out by any adaptation of a Nicholas Sparks novel (Message in a Bottle, A Walk to Remember, The Notebook, so far), remains frustratingly unfulfilled, despite the presence of Richard Gere. Directed by first-timer George C. Wolfe, the film contains nothing but sap, yet not a surplus of sap, not an overflow of sap. It can only be classed a disappointment. The eventual arrival of the storm is admittedly well done, and Diane Lane evokes a real feeling or two.

The Duchess. Fine costume piece. Well, the costumes anyhow are fine. The piece as a whole is only fairish, a predigested potage of 18th-century sexism, blueblood cold-bloodedness, paramours, bastards, the mandatory male heir, all of it "based on a true story." Rachel Portman's music, much more than Saul Dibb's direction, creates the frequent illusion of something better than fairish. And Keira Knightley, unshadowingly surrounded by Ralph Fiennes, Dominic Cooper, Hayley Atwell, Simon McBurney, and Charlotte Rampling, commands the screen with force and nuance and bone structure. The camera, as they say, loves her. I like her myself.

The Pool. American documentary filmmaker Chris Smith (American Movie, The Yes Men) has here directed and photographed, shakily, a fiction film in Hindi, centered around a spaghetti-thin menial at a hotel in Goa who greedily eyes a paradisiacal pool house, longs for a rightful dip in the pool, wangles part-time employment there as a handyman, and hangs out on his off hours with the rebellious daughter of the gloomy man of the house. Poky, puttery, but steeped in flavorful atmosphere. And the characters, while not particularly insinuating, are individuals, not types.

Choke. Black comedy, a bit too openly pleased with itself, a bit too hell-bent on quirkiness, revolving around a confessed sex addict and his demented mother, played (respectively) by Sam Rockwell and Anjelica Huston. The broadest smiles, the nearest things to audible laughs, are apt to be elicited by the tourist-trap Colonial Village where our protagonist works as an "historical interpreter," especially by the earnest efforts of his overbearing boss (Clark Gregg, who also is making his directorial debut) to stay at all times, and under all provocations, in character: "Where dost thou go?" Rockwell, sounding disturbingly like Owen Wilson, acts more as a smile-suppressant. The general level of facetiousness is right up his, or for that matter Wilson's, alley, but it's a very narrow alley.

As if the calendar weren't crowded enough already, we have film festivals stacked up like hurricanes in the Caribbean. The Seventh Annual San Diego Film Festival, with its assemblage of mostly American independent

films, runs from tonight, September 25th, through Sunday the 28th at the Gaslamp 15. (Www.sdff.org.) Then the Sixth Annual San Diego Women Film Festival, films by women, including a program devoted solely to local filmmakers, runs from October 2nd through 5th, the first night at the Museum of Photographic Arts, the rest at the Gaslamp. (Www.sdwff.org.) Then the Ninth Annual San Diego Asian Film Festival, larger and longer, Japanese and Chinese and Taiwanese and Thai and Filipino and Indian and so on, runs from October 9th through 16th at the UltraStar Mission Valley in Hazard Center. (Www.sdaff.org.) Prioritize as you please. ■

# MOVIE LISTINGS

All reviews are by Duncan Shepherd. Priorities are indicated by one to five stars and antipathies by the black spot. Unrated movies are for now unreviewed. Thousands of past reviews sorted alphabetically, by year of release and by rating, are available online at SDReader.com.

**Babylon A.D.** — Futuristic thriller wherein a world-weary mercenary escorts an angelic nymph of indeterminate powers, and for unknown purposes, from a Mongolian convent to New York City. The hyperkinetic camera and overinflated action create the wrong climate for the apocalyptic solemnity. With Vin Diesel, Melanie Thierry, Michelle Yeoh, Gerard Depardieu, Charlotte Rampling, and Lambert Wilson; directed by Mathieu Kassovitz. 2008. • (MISSION MARKETPLACE 13; PALM PROME-

Bangkok Dangerous — Bangkok tedious, too. An introspective hit man ("I'd like to meet someone, but it's tough when you live out of a suitcase") trains a pickpocket as his successor, and moons over a beautiful mute pharmacist, on his last big job before retirement. The Pang Brothers' English-language remake of their own 1999 action film has a bluish image that turns human flesh into fish flesh. Nicolas Cage, Shahkrit Yamnarm, Charlie Yeung, 2008. • (MISSION VALLEY 20; PALM PROMENADE 24)

Bottle Shock — Unpalatable promo for California wines, more broadly a paean to good old American know-how and a chance, at the same time, to stick it to the French, the British, the Old World. A competitive wine tasting in the Bicentennial year of 1976, boiled down as "a bunch of hicks taking on the French," has been freely fictionalized into a chipper comedy (or so we intuit from the prodding music), boasting bright photography, a spotty period atmosphere, a flimsy vinicultural backdrop, and, apart from Freddy Rodriguez in a small role, an assemblage of oddly unappealing people: the stereotyped snob (Alan Rickman), the tactless capitalist (Bill Pullman), the dippy hippie (Chris Pine), the blithe blonde (Rachael Taylor), the snooty barmaid (Eliza Dushku), among others. Directed by Randall Miller. 2008.

(HILLCREST CINEMAS, THROUGH 9/25)

Burn after Reading - The Coen brothers revisit their favored stupidity theme: Raising Arizona, Barton Fink, Fargo, The Big Lebowski (that one above all), O Brother, Where Art Thou?, the secondhand Ladykillers, at least the Llewellyn Moss protago nist in No Country for Old Men. Back to the well once more. The placement of this timeless theme within the Washington, D.C., intelligence community is, however, highly strategic, calculating, revitalizing, resonating, and, well, intelligent. (The memorable line from the original Manchurian Candidate swims up from the depths: "Intelligence officer! Stupidity officer is more like it.") The central theme has been interlaced with secondary themes of deception, discontentment, self-delusion, double lives, so that while the film is unmistakably a comedy, it's a pretty deep one. And regardless how repetitive the theme, there is no slacking off in technique and execution. The fast hour and a half is consistently, uninsistently funny, with only a rare lapse in taste (a homemade marital aid, a couple of splashes of Scorsese-esque gore) and never really a lapse in tone. And although the regular and reliable Roger Deakins has been replaced with Emmanuel Lubezki (Children of Men, most noteworthily), the cinematography doesn't suffer, with its crystal-clear air, its fine-line focus, and its scythe-like camerawork, angling slightly upwards, attacking from all sides, intermittently cutting a path in a spurt of purposeful fluidity. George Clooney, Frances McDormand, Brad Pitt, Tilda Swinton, John Malkovich, Richard Jenkins, David Rasche, J.K. Simmons. 2008. \* ★ \* ★ (CARMEL MOUNTAIN; CHULA VISTA 10; ESCONDIDO 16: FASHION VALLEY 18: FLOWER HILL 4; GROSSMONT CENTER; HORTON PLAZA 14; LA COSTA 6; LA JOLLA VILLAGE; MIRA MESA 18; MISSION MARKETPLACE 13; MISSION VALLEY 7; MISSION VALLEY 20; OCEANSIDE 16; OTAY RANCH 12: PALM PROMENADE 24: PARK-WAY PLAZA 18; PLAZA BONITA 14; PLAZA CAMINO REAL; POWAY 10; RANCHO DEL REY 16; RANCHO SAN DIEGO 15; RIVER VILLAGE 6; SAN MARCOS 18, TOWN SQUARE 14; VISTA VILLAGE)

**Choke** — Reviewed this issue. With Sam Rockwell, Anjelica Huston, Kelly Macdonald, and Brad William Henke; directed by Clark Gregg.

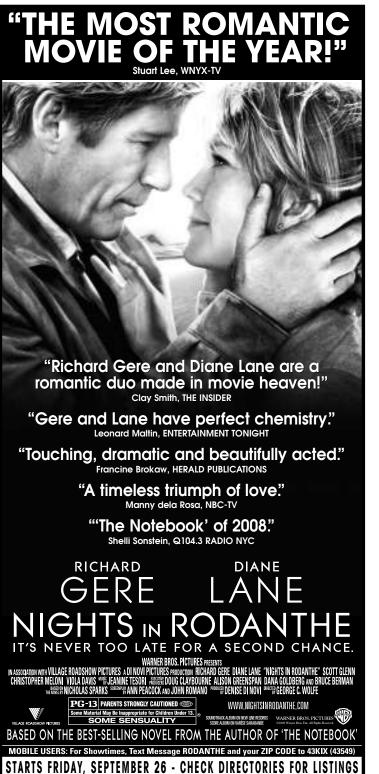
 (DEL MAR HIGHLANDS 8: FLOWER HILL 4: HILLCREST CINEMAS; LA JOLLA 12; MIRA



**EPTEMBER** 

MOBILE USERS: Text OBEY to 33287 for showtimes and mo

20





The Duchess

MESA 18; OCEANSIDE 16; PARKWAY PLAZA 18; SAN MARCOS 18; TOWN SQUARE 14; VISTA VIL-LAGE; FROM 9/26)

The Dark Knight — Fashionably "dark' comic-book movie, the first one to think of putting the darkness right up in the title a synonym, that, for "the bat man," as he is frequently and unfamiliarly referred to, or simply Batman to you and me. Aside from the title, the second installment in Christopher Nolan's restyling of the DC Comics superhero earns no points as a trailblazer. It would earn none even were it the first installment, although we must acknowledge that this trend-follower sets itself apart as an exceedingly oppressive, grinding, grueling, torturous experience. (The relentless, rumbling, theater-rattling background music alone could be a health hazard to anyone with mild depressive tendencies.) It requires the stock figure of the Joker banish all memories of Jack Nicholson in Tim Burton's 1989 edition, "dark" though it was itself, as well as Cesar Romero in the glaringly light TV series from the Sixties to carry the banner and the burden of the post-9/11 terrorist. "Some men," Batman's manservant succinctly sums up the emblematic evildoer, "just want to watch the world burn." To strive to invest some psychological realism and topical relevance into this figure — the parched and cracked face paint, the raccoonish circles around the eyes, the greasy stringy hair, the obscenely writhing tongue, the adenoidal voice pitched somewhere between Al Franken and Bugs Bunny — is not only a losing battle but a foolish one. (Heath Ledger is the vanquished.) However high Nolan might pile on the gravity, however long he might stretch out the agony, the comic-book iconography inevitably simplifies and trivializes the moral debate: Can you fight fair when you fight terrorism? The truth is that Nolan's lack of faith in the superhero of olden days — the White Knight — goes hand in glove with a larger lack of faith in the fairy-tale form. He can't trust it to convey its import (in spite of all the scholarly efforts of Bruno Bettelheim, Joseph Campbell, et al.) without an additive of grand-operatic bombast. Christian Bale, Aaron Eckhart, Maggie Gyllenhaal, Michael Caine, Gary Oldman, Morgan Freeman. 2008

● (FASHION VALLEY 18; HORTON PLAZA 14; LA JOLLA 12; MISSION VALLEY 20; PALM PROME-NADE 24)

The Duchess — Reviewed this issue. With Keira Knightley, Ralph Fiennes, Dominic Cooper, Hayley Atwell, and Charlotte Rampling; directed by Saul Dibb. ★★ (HILLCREST CINEMAS, FROM 9/26)

Eagle Eye — Thriller with Shia Labeouf, Michelle Monaghan, Rosario Dawson, Michael Chiklis, and Billy Bob Thornton; directed by D.J. Caruso. (CARMEL MOUNTAIN; CHULA VISTA 10; DEL MAR HIGHLANDS 8; ESCONDIDO 16; FASHION

VALLEY 18; GROSSMONT CENTER; HORTON
PLAZA 14; LA COSTA 6; LA JOLLA 12; MIRA
MESA 18; MISSION MARKETPLACE 13; MISSION

VALLEY 7; MISSION VALLEY 20; OCEANSIDE 16; OTAY RANCH 12; PALM PROMENADE 24; PARK-WAY PLAZA 18; PLAZA BONITA 14; POWAY 10; RANCHO DEL REY 16; RANCHO SAN DIEGO 15; RIVER VILLAGE 6; SAN MARCOS 18; SANTEE DRIVE IN; TOWN SQUARE 14; VISTA VILLAGE; FROM 9/26)

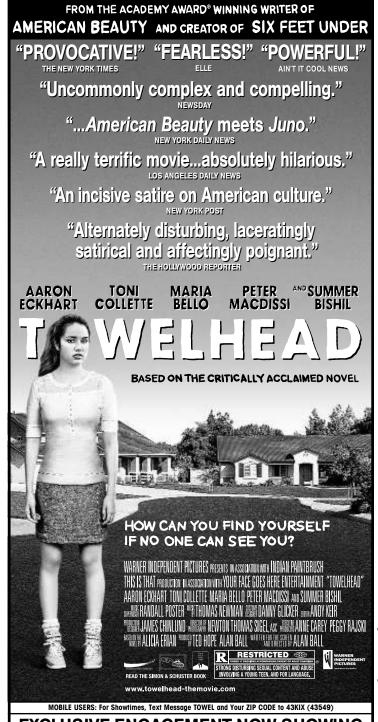
Ed Wood — Conventional Hollywood "biopic" on an unconventional subject of study: the ignored, ridiculed, and campily canonized director of Plan 9 from Outer Space. The disrepute, or nonrepute, of the central figure liberates the film to engage in the kind of myth-making in which the "biopic" once engaged with impunity, but which has been much curbed since the coining of the term "docudrama." If ever Tim Burton (in the possessive case) ought to have been part of a movie's title, this surely would have been the one, not *Tim* Burton's The Nightmare before Christmas. Tim Burton's Ed Wood (sans italics) emerges as the very embodiment of psychological "projection." Burton himself is not bothered, is on the contrary positively delighted, by Wood's transvestitism, by his valueless production values, by his undetectable aesthetic standards, by his blind eye to detail. And so it comes to pass that Wood, too, is unbothered and delighted by all this; is not, to be strictly candid, unsusceptible to the blue moods of the artistic temperament, but is completely immune to self-torture and second-guessing and regret. No doubt this man could have been portrayed in many other ways, plenty of them more readily believable, but none of

them funnier or more pleasing to believe. Johnny Depp injects into the part a Young Mickey Rooney-ish ("Let's put on a show!") exuberance, and in one leap expands his acting range by a couple of time zones. And Martin Landau, all but unrecognizable as Bela Lugosi (unrecognizable, that is, as either himself or Lugosi, looking rather more like late-period Raymond Massey), uncovers one of those elusive areas of overlap between the funny and the pathetic. There is unavoidably a sense in which these filmmakers appear to be slumming: the same sense in which the luscious black-and-white photography (by Stefan Czapsky) is a rebuke at the same time as it is a tribute to the low-grade horror and s-f films of the Fifties. But in the prevailing spirit of unbotheredness and delightedness: who cares? With Sarah Jessica Parker, Patricia Arquette, Jeffrey Jones, Bill Murray.

★★★★ (CINEMA UNDER THE STARS, 9/25 THROUGH 27, 7:30 P.M.)

**Elegy** — An aging but actively tomcatting Columbia professor develops an erotic obsession with a "thirty-odd-year" younger Cuban student, who, in his eyes, resembles Goya's Maja. (Penelope Cruz, the student, actually played Goya's Maja in *Volaverunt*, and here repeats the *desnuda* pose.) Isabel Coixet's rendition of the Philip Roth novel, *The Dying Animal*, is slow, pensive, adult, and cultured, if a bit overdependent on





n Diego *Reader* September 25, 2008

Landmark Theatres HILLCREST 3965 Fifth Ave 619/819-0236

CHECK THEATRE DIRECTORY OR
CALL FOR SOUND INFORMATION AND SHOWTIMES
NO PASSES OR DISCOUNT COUPONS ACCEPTED

facile avenues of expression: first-person voice-over and classical mood music from Satie and Pärt (yes, "Spiegel im Spiegel" again, for at least the seventh time in the decade). Ben Kingsley, even apart from the polished dome, is well able to impersonate an egghead. With Patricia Clarkson, Dennis Hopper, Peter Sarsgaard. 2008.

★★ (HILLCREST CINEMAS)

Fly Me to the Moon — Badly drawn houseflies (general conformation and consistency of troll dolls) stow away aboard Apollo 11. The 3D computer animation may escape the screen; it can't escape the insipidness. With the voices of Trevor Gagnon, David Gore, Philip Bolden, Christopher Lloyd, and (as himself) Buzz Aldrin; directed by Ben Stassen. 2008. (MISSION MARKETPLACE 13; PALM PROME-NADE 24; POWAY 10)

Ghost Town — Reviewed this issue With Ricky Gervais, Greg Kinnear, Téa Leoni, and Billy Campbell; directed by David Koepp.

★★ (CARMEL MOUNTAIN; DEL MAR HIGHLANDS 8; ESCONDIDO 16; FASHION VALLEY 18; GASLAMP 15; GROSSMONT CENTER; LA COSTA 6: LA JOLLA 12: MIRA MESA 18: MIS-SION VALLEY 20: OCEANSIDE 16: OTAY RANCH 12; PALM PROMENADE 24; PARKWAY PLAZA 18; PLAZA BONITA 14; RANCHO DEL REY 16: RANCHO SAN DIEGO 15: SAN MAR-COS 18; TOWN SQUARE 14; VISTA VILLAGE)

**Heading South** — Very professional, very proficient job by Laurent Cantet, director of Time Out, who here details the activities of lonely, middle-aged, largely American women (the vulnerable Karen Young and steely Charlotte Rampling, most prominently) at a Haitian resort in the Baby Doc era, enjoying the easy but not free companionship of ebony-skinned native boys (Ménothy Cesar, almost exclusively) and the camaraderie of their compatriots, although not always enjoying the competition therefrom. The film, meeting us at the airport and settling us into the resort, gets off to a smooth, seductive, enveloping start, like slipping into the shallow end of a heated pool, and it afterwards offers a good deal of dispassionate observation of languorous hedonism. The uncinematic artifice of confidential confessions to the camera (or in voice-over), by assorted members of the cast of characters, is more like having your head held underwater: "I moved my hand down his body. Such soft young skin," one guest reminisces. And then: "It was my first orgasm. I was fortyfive." Why is she telling us this? Why need



Ghost Town

it be said? That the political backdrop stays forever in the shadows allows the movie to work very well, and not at all to work very hard, as a metaphor of American self-indulgence and ignorance vis-à-vis the Third World. It hardly raises a bead of sweat as a thriller or a bubble of suds as a soaper.

★★★ (SAN DIEGO PUBLIC LI-BRARY, 9/29, 6:30 P.M.)

The House Bunny — Bimbo comedy about an evictee from the Playboy Mansion (a frisky Anna Faris) who becomes house mother to the misfits of Zeta Sorority, helpfully dumbing them down. Admittedly, the anti-intellectualism is balanced by an attempt at smartening up the bimbo, but there is, in every sense, nothing to it. With

Beverly D'Angelo, and Hugh Hefner; directed by Fred Wolf. 2008.

• (CARMEL MOUNTAIN; FASHION VALLEY 18; MISSION MARKETPLACE 13; MISSION VAL-LEY 20: OTAY RANCH 12: PALM PROMENADE 24: PLAZA BONITA 14; POWAY 10; SANTEE DRIVE IN)

**Igor** — Camped-up computer cartoon about a humpbacked lackey who bucks the class system in the land of Malaria and aspires to be an evil genius instead of just the lisping, switch-pulling assistant. The backdrops are sufficiently Gothic, but the figures are ghastly, and not in a good way. With the voices of John Cusack, Steve Buscemi, Sean Hayes, Molly Shannon, Eddie Izzard, Jennifer Coolidge, and Jay Leno; directed by Tony Leondis. 2008.

● (CARMEL MOUNTAIN: CHULA VISTA 10: DEL MAR HIGHLANDS 8: ESCONDIDO 16: FASHION VALLEY 18; GASLAMP 15; GROSSMONT CENTER; LA COSTA 6; MIRA MESA 18; MISSION MARKET-PLACE 13; MISSION VALLEY 7; MISSION VALLEY 20; OCEANSIDE 16; OTAY RANCH 12; PALM PROMENADE 24: PARKWAY PLAZA 18: PLAZA BONITA 14; POWAY 10; RANCHO DEL REY 16; RANCHO SAN DIEGO 15; SAN MAR-COS 18; TOWN SQUARE 14; VISTA VILLAGE)

# Journey to the Center of the

**Earth** — The Jules Verne novel serves as a factual guidebook for a week of unclenephew bonding. The 3D effects can be a bit crude (twice we get spat in the face, once drooled in the face), and it takes a while to reach the fun stuff (the flying fish, the flesh-eating plants, the floating rocks, the lone dino), but at least the fun stuff is fun. With Brendan Fraser, Josh Hutcherson, and Anita Briem; directed by Eric Brevig. 2008.

★ (MISSION VALLEY 20; PALM PROMENADE 24)

Lakeview Terrace — Reviewed this issue, With Samuel L. Jackson, Patrick Wilson, Kerry Washington, and Ron Glass; directed by Neil LaBute.

★★ (CARMEL MOUNTAIN; CHULA VISTA 10; DEL MAR HIGHLANDS 8; ESCONDIDO 16; FASHION VALLEY 18: GROSSMONT CENTER: HORTON PLAZA 14; LA JOLLA 12; MIRA MESA 18; MIS-SION MARKETPLACE 13; MISSION VALLEY 20; OCEANSIDE 16; OTAY RANCH 12; PALM PROME NADE 24: PARKWAY PLAZA 18: PLAZA BONITA 14; POWAY 10; RANCHO DEL REY 16;

RANCHO SAN DIEGO 15; RIVER VILLAGE 6; SAN MARCOS 18; TOWN SQUARE 14)

The Lucky Ones — Tim Robbins, Rachel McAdams, and Michael Peña as returning vets from the Iraq War, directed by Neil

(FASHION VALLEY 18: HORTON PLAZA 14: LA JOLLA 12; MIRA MESA 18; OCEANSIDE 16; PALM PROMENADE 24; RANCHO DEL REY 16; RANCHO SAN DIEGO 15; SAN MARCOS 18; FROM 9/26)

Mamma Mia! — The Catherine Johnson stage musical brought to the screen under its stage director, Phyllida Lloyd: a romantic-comic bauble about a scheduled wedding on a Greek island, to which the brideto-be, unknown to her mother, has invited the three men who are sole candidates to be her biological father. (All three prove to be remarkably uncurious and acquiescent guys.) But that's a mere pretext for the players at short intervals to warble tunes from the ABBA songbook. Among the things that might be said about the movie are (a) that ABBA, infectious though they can be, are not exactly the Beatles, as witness the latter's similar use in Across the Universe; (b) that another and better wedding movie, Muriel's Wedding, had already successfully plundered the ABBA songbook, without asking its cast to do the singing; (c) that this cast for the most part are not singers (Pierce Brosnan in full throat looks as if his head's about to explode), although no apologies need be made for Meryl Streep, who, besides her lusty belting, supplements her usual emotion-plumbing with some peppy physicality; (d) that the natural settings, clearly, brightly, sunnily photographed, somewhat temper the inherent campiness; and (e) that this tempering, in a work of such fragile artifice, is not necessarily a good thing. To get down to a couple of specifics, the "Super Trouper" number on the eve of the wedding is a definite high point, and despite the shortage of competition for high points, the closing credits are well worth hanging on for, providing two higher points in the form of encores — twin peaks, if you please - with Streep and her bosom buddies (the blissfully confident Christine Baranski and the indomitably



San Diego Reader September 25, 2008

**EXCLUSIVE ENGAGEMENT** STARTS FRIDAY, SEPTEMBER 26

CALL THEATRE FOR SHOWTIMES • NO PASSES OR DISCOUNT TICKETS ACCEPTED

Hillcrest Cinema

Emma Stone, Kat Dennings, Colin Hanks,

From the director of AMERICAN MOVIE & THE YES MEN GORGEOUS...GLOWING **LUMINESCENCE.**"

VIVID! A FUNNY, sweet-natured humanist character piece."

**BOLLYWOOD LEGEND** Nana Patekar (gives) a commanding, charismatic performance."

John Anderson, THE VILLAGE VOICE

Critics' Pick. A TRIUMPH!"



STARTS FRIDAY, SEPTEMBER 26<sup>TH</sup>! 4061 Adams Ave - (619) 819-0236

plucky Julie Walters) stepping off the Greek island and onto a secluded concert stage, in disco-era Vegas costumes. With Amanda Seyfried, Colin Firth, Stellan Skarsgard, and Dominic Cooper. 2008.

★ (CARMEL MOUNTAIN; FASHION VALLEY 18; LA

Man on Wire — Filmmaker James Marsh takes a novel approach to the topic of the World Trade Center, a caper documentary (to coin a genre) on the forty-five-minute funambulist stunt undertaken in 1974 by the Frenchman Philippe Petit, walking a tightwire between the Twin Towers. The events of 9/11 are never mentioned, but they're an irrepressible subtext in the found footage of the site before and during construction, and in the cloak-and-dagger planning and execution of the covert assault on the Towers. One still photo of the wirewalker poised in midair even captures an overhead jet - at a safe clearance - in the same frame. Because so much of the film consists of present-day talking heads (interwoven with black-and-white reenactments and authentic archive footage), there's something a bit coy about the omission. Certainly the enormity of the later crime needn't be introduced in mitigation of Petit's mischief. But the disappearance of the Towers from the face of the earth would serve to underscore the singularity, the unrepeatability, of the stunt. Perhaps that goes literally without saying. And yet, if the Towers meant so much to Petit from the first moment he learned of the project

(surreptitiously ripping a page out of a narrative information doesn't always come ★★ (LA JOLLA VILLAGE; LA PALOMA, FROM 9/26)

Miracle at St. Anna — Second World War film by Spike Lee, with Derek Luke, Michael Ealy, John Turturro, and Joseph

(DEL MAR HIGHLANDS 8; FASHION VALLEY 18; GASLAMP 15; LA JOLLA 12; MISSION VALLEY 20; OTAY RANCH 12; PALM PROMENADE 24; PLAZA

Mirrors — It begins (after a pre-credits throat-slit) with a promising setting, a burned-out department store of charred mannequins and hallucinogenic mirrors. It proceeds, however, into repellence, incoherence, and tedium. With Kiefer Sutherland, Paula Patton, Amy Smart, and Jason

magazine at the dentist's office), then it would be only natural to solicit from him something in the way of an elegy. The documentary's function as a caper thriller, meanwhile, is on balance a success. The in the best order or fullest form, and it comes with a good many interruptions and side trips, but the details of the operation will often, for one reason or another, boggle the mind. And although the undimmed history, along with the manifest survival of the talking heads, would seem to put a low ceiling on the suspense, anyone with the slightest touch of acrophobia will not, at the climax, be able to keep palms dry. 2008.

Flemyng; directed by Alexandre Aja. 2008.

UNIOUE.

Mister Foe — The journey to manhood of a young Scottish voyeur who stumbles upon a dead ringer for his dead Mummy, only nearer his own age — an uninvolving and unconvincing Oedipal kink fest. The cartoon credits sequence, jammed in tardily and abruptly, creates the false expectation of something larkish, something perhaps starring Michael Crawford and Judy Geeson circa 1968. With Jamie Bell, Sophia Myles, Ciarán Hinds, and Claire Forlani;

directed by David Mackenzie. 2008. (HILLCREST CINEMAS, THROUGH 9/25)

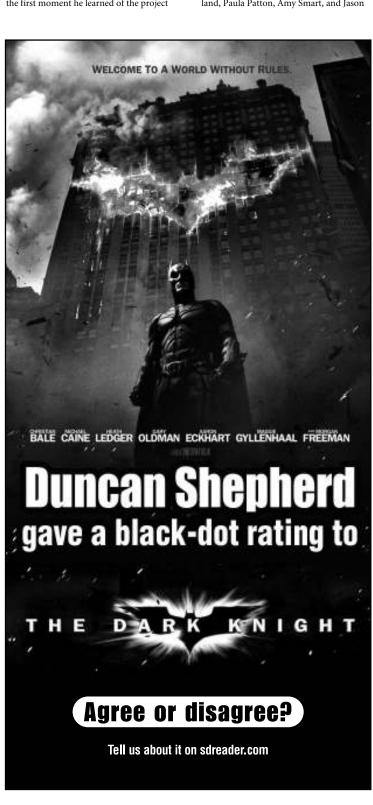
My Best Friend's Girl - Romantic comedy with Kate Hudson, Dane Cook, Jason Biggs, and Alec Baldwin, directed by Howard Deutch.

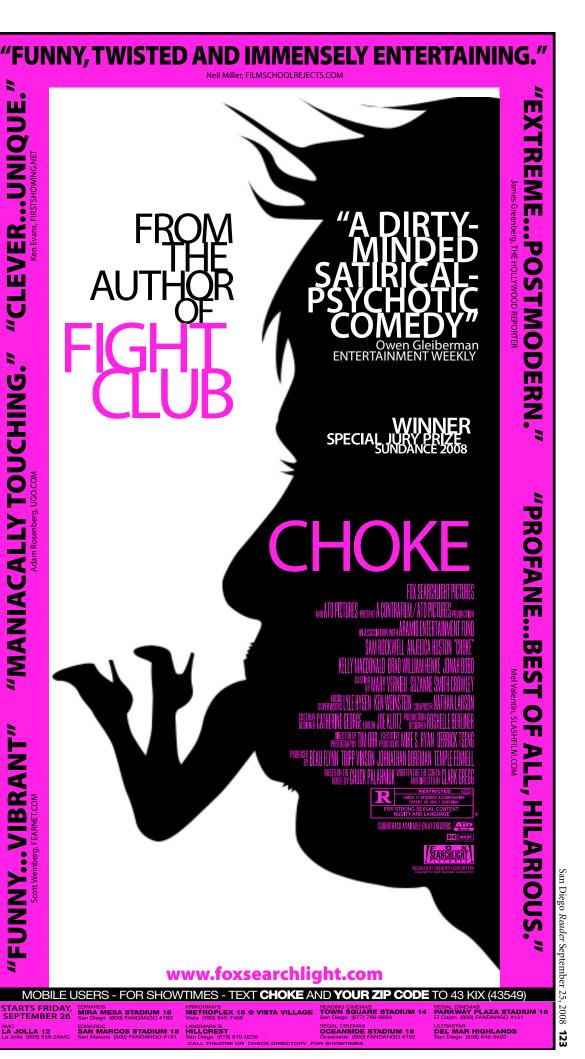
(CARMEL MOUNTAIN; CHULA VISTA 10; DEL MAR HIGHLANDS 8: ESCONDIDO 16: FASHION VALLEY 18; GASLAMP 15; GROSSMONT CENTER LA JOLLA 12; MIRA MESA 18; MISSION MARKET PLACE 13; MISSION VALLEY 7; MISSION VALLEY 20; OCEANSIDE 16; OTAY RANCH 12; PALM PROMENADE 24: PARKWAY PLAZA 18:

PLAZA BONITA 14; POWAY 10; RANCHO DEL REY 16: RANCHO SAN DIEGO 15: RIVER VILLAGE 6: SAN MARCOS 18: SANTEE DRIVE IN: TOWN SQUARE 14; VISTA VILLAGE)

Nights in Rodanthe - Reviewed this issue. With Diane Lane, Richard Gere, Viola Davis, Scott Glenn, and James Franco; directed by George C. Wolfe.

• (CARMEL MOUNTAIN; CHULA VISTA 10; DEL MAR HIGHLANDS 8; ESCONDIDO 16; FASHION VALLEY 18: GROSSMONT CENTER: HORTON PLAZA 14; LA COSTA 6; LA JOLLA 12; MIRA MESA 18: MISSION MARKETPLACE 13: MISSION





VALLEY 7; MISSION VALLEY 20; OCEANSIDE 16; OTAY RANCH 12; PALM PROMENADE 24; PARK-WAY PLAZA 18; PLAZA BONITA 14; POWAY 10; RANCHO DEL REY 16; RANCHO SAN DIEGO 15; RIVER VILLAGE 6: SAN MARCOS 18: TOWN SQUARE 14; VISTA VILLAGE; FROM 9/26)

Pineapple Express — A buddy comedy, a stoner comedy, a crime comedy from the House of Apatow, about a user and his dealer — best friends — on the run from the mob. As the two dopers, James Franco

mimics the classic symptoms with dedication, while Seth Rogen is content to be Seth Rogen or else powerless to be otherwise. The rampant violence and gruesome mayhem are meant to be as full of merriment as, say, the puke on the computer printer or the English subtitle beneath the Asian thug, "Prepare to suck the cock of karma." It might be interesting as a penal experiment (for you Apatow devotees, that has nothing to do with the penis) to compel anyone amused by such stuff to sit through, in suc-

cession, George Washington, All the Real Girls, Undertow, and Snow Angels. Those are the complete previous credits of the director, David Gordon Green, instantaneous poster boy for the Indie Sellout. With Danny McBride, Gary Cole, Rosie Perez.

• (FASHION VALLEY 18; HORTON PLAZA 14; MIS-

**The Pool** — Reviewed this issue. With Ihangir Badshah, Venkatesh Chavan,

Ayesha Mohan, and Nana Patekar; directed by Chris Smith.

★ (KEN, 9/26 THROUGH 10/2)

Righteous Kill — Robert De Niro and Al Pacino share a lot more screen time than in Heat, though they're both thirteen years droopier as past-retirement-age homicide detectives on the case of a cop serial killer (not a serial cop killer), a plot of transparent tricksiness. Jon Avnet's main directorial idea is, one at a time, to spread the faces

across the screen like pizza dough: big stars equal big heads. With Carla Gugino, John Leguizamo, Donnie Wahlberg, Brian Dennehy, and 50 Cent. 2008.

• (CARMEL MOUNTAIN; CHULA VISTA 10; DEL MAR HIGHLANDS 8; ESCONDIDO 16; FASHION VALLEY 18: GASLAMP 15: GROSSMONT CENTER: LA JOLLA 12; MIRA MESA 18; MISSION MARKET-PLACE 13; MISSION VALLEY 7; MISSION VALLEY 20; OCEANSIDE 16; OTAY RANCH 12; PALM PROMENADE 24; PARKWAY PLAZA 18; PLAZA BONITA 14: POWAY 10: RANCHO DEL

# **MOVIE SHOWTIMES**

Bargain showtimes are in parentheses.

# **CENTRAL**

# **CLAIREMONT**

# **Town Square 14**

ont Drive (858-274-1234) Burn after Reading (R); Choke (R); Eagle Eye (PG-13); Fireproof (PG); Ghost Town (PG-13); Igor (PG-13); Lakeview Terrace (PG-13); My Best Friend's Girl (R); Nights in Rodanthe (PG-13); Righteous Kill (R); Tropic Thunder (R); The Women (PG-13)

## **DOWNTOWN**

## Gaslamp 15

701 Fifth Avenue (619-232-0400) The Family That Preys (PG-13); Ghost Town (PG-13); Igor (PG-13); Miracle at St. Anna <math>(R); My Best Friend's Girl <math>(R); Rightarrowteous Kill (R); Tropic Thunder (R)

## Horton Plaza 14

Horton Plaza (619-444-FILM) **Burn after Reading** (R) Fri. (12:40, 1:10, 2:55, 3:25, 5:10, 5:40) 7:25, 8:00, 9:40, 10:20 Sat.-Sun. (12:40, 1:10, 2:55, 3:25) 5:10, 5:40, 7:25, 8:00, 9:40, 10:20; The Dark Knight (PG-13) Fri.-Sun. (12:55) 4:30, 8:05; Eagle Eve (PG-13) Fri. (1:00, 4:15) 7:30, 10:15 Fri.-Sun. (12:30, 3:30) 7:00, 9:45 Sat.-Sun, 4:15, 7:30, 10:15; **Fireproof** (PG) Fri. (1:30, 4:15) 7:05, 9:50 Sat.-Sun. (1:30) 4:15, 7:05, 9:50; Forever Strong (PG-13) Fri. (1:20, 4:25) 7:05, 10:10 Sat.-Sun. (1:20) 4:25, 7:05, 10:10; Lakeview Terrace (PG-13) Fri. (12:45, 1:15, 3:45, 4:20) 6:45, 7:15, 9:30, 10:00 Sat.-Sun. (12:45, 1:15, 3:45) 4:20, 6:45, 7:15, 9:30, 10:00; The Lucky Ones (R) Fri.-Sun. (12:35, 3:35) 6:50, 9:40; Nights in Rodanthe (PG-13) Fri. (1:05, 4:10)7:20, 10:05 Sat.-Sun. (1:05) 4:10, 7:20, 10:05; Pineapple Express (R) Fri.-Sun. (12:45, 3:20) 7:10, 9:55; Vicky Cristina Barcelona (PG-13) Fri. (12:30, 2:50, 5:10) 7:35, 9:55 Sat.-Sun. (12:30, 2:50) 5:10, 7:35, 9:55; **The Women** (PG-13) Fri.-Sun. (12:50, 3:40) 6:55, 9:35

# **LA JOLLA**

# La Jolla 12

8657 Villa La Jolla Drive (858-558-2262) Choke (R) Fri.-Sun. 12:45, 3:10, 5:35, 8:00, 10:25; The Dark Knight (PG-13) Fri.-Sun.

 $\mathtt{ONLY}$ 

Wednesday, September 241

unday, September

hursday, September

Saturday, September

12:15, 6:30; **Eagle Eye** (PG-13) Fri.-Sun (11:10) 2:00, 4:50, 7:40, 10:30; **Ghost Town** (PG-13) Fri.-Sat. (11:40) 2:20, 5:05, 7:45, 10:25 Sun. 2:20, 5:05, 7:45, 10:25; Lakeview Terrace (PG-13) Fri.-Sun. (11:15) 2:05, 4:55, 7:35, 10:15; The Lucky Ones (R) Fri.-Sun. (11:20) 2:10, 5:00, 7:50, 10:35; Miracle at St. Anna (R) Fri.-Sun. (11:05) 2:35, 6:10, 9:45; My Best Friend's Girl (R) Fri.-Sun. 12:00, 2:40, 5:15, 7:55, 10:40; Nights in Rodanthe (PG-13) Fri.-Sun. (11:45) 2:15, 4:45, 7:15, 9:50; **Righteous Kill** (R) Fri.-Sat. 12:20, 3:00, 5:40, 8:10, 10:45 Sun. 3:00, 5:40, 8:10, 10:45; **Traitor** (PG-13) Fri.-Sun. 3:45, 9:55; **Tropic Thunder** (R) Fri.-Sat. (11:25) 1:55, 4:40, 7:20, 10:10 Sun. 1:55, 4:40, 7:20, 10:10; **The Women** (PG-13) Fri.-Sun. (11:00) 1:50, 4:35, 7:25, 10:20

**La Jolla Village** 8879 Villa La Jolla Drive (619-819-0236) **Burn after Reading** (R) Fri. 2:00, 4:30, 5:30, 7:00, 8:00, 9:20, 10:15 Sat.-Sun. 11:30, 2:00, 4:30, 5:30, 7:00, 8:00, 9:20, 10:15; **Flow** (Not Rated) Fri. 1:50, 4:40, 7:20, 9:50 Sat.-Sun. 11:40, 1:50, 4:40, 7:20, 9:50; Man on Wire (PG-13) Fri. 2:30p.m. Sat.-Sun. 12:00, 2:30; Vicky Cristina Barcelona (PG-13) Fri. 2:20, 4:50, 7:10, 9:40 Sat.-Sun. 11:50, 2:20, 4:50, 7:10, 9:40

## **MIRA MESA**

## Mira Mesa 18

10733 Westview Parkway (800-326-3264) Call theater for program information

# MISSION HILLS

# Cinema Under the Stars

40 Goldfinch Street (619-295-4221) Ed Wood (R)

# **MISSION VALLEY**

# **Fashion Valley 18** 7037 Friars Road (858-558-2262)

Burn after Reading; The Dark Knight; Eagle Eye; The Family That Preys; Ghost Town; The House Bunny; Igor; Lakeview Terrace; The Lucky Ones; Mamma Mia!; Miracle at St. Anna; My Best Friend's Girl; Nights in

St. Anna; My best Friend's Gin, Manual M. Rodanthe; Pineapple Express; Righteous Kill; Traitor; Tropic Thunder; Vicky Cristina Barcelona; The Women

# Mission Valley 7

7510 Hazard Center Drive (619-685-2841)



Eagle Eye (PG-13) 1(10:00 1:00 4:00) 7:00 10:00; Nights in Rodanthe (PG-13) (12:00 2:15) 5:00 7:30 10:00; **Igor** (PG) (10:00 12:15 2:30) 4:45 7:15 9:30: \*No 7:15 Tues : My Rest Friend's Girl (R) (10:00 12:30 3:00) 5:30 8:00 10:30; Burn after Reading (R) (10:15 12:30 2:45) 5:15 7:30 9:45; **Righteous Kill** (R) (10:15 12:45 3:15) 5:45 8:15 10:45 \*No 10:15 & 12:45 Sat. & Sun.; **The Women** (PG-13) (10:15 1:15) 4:15 7:30 10:15; Sesame Street: Abby in Wonderland (G) 10:30 am Sat.-Sun. only. No 9 pm-10:45 pm shows Sun.-Thu.

Mission Valley 20 1640 Camino Del Rio North (858-558-2262) Bangkok Dangerous; Burn after Reading; The Dark Knight; Death Race; Eagle Eye; Fireproof: Ghost Town: The House Bunny Igor; Journey to the Center of the Earth; Lakeview Terrace; Miracle at St. Anna; My Best Friend's Girl; Nights in Rodanthe; Pineapple Express; Righteous Kill; Tropic Thunder; The Women

# **STATE UNIVERSITY**

Adams Avenue (619-819-0236) The Pool (Not Rated) Fri. 4:55, 7:15, 9:35 Sat.-Sun. 2:35, 4:55, 7:15, 9:35

# UPTOWN

# **Hillcrest Cinemas**

3965 Fifth Avenue (619-819-0236) **Choke** (R) Fri. 2:00, 4:45, 7:30, 10:00 Sat.-Sun. 11:15, 2:00, 4:45, 7:30, 10:00; **The Duchess** (PG-13) Fri. 1:30, 2:45, 4:15, 5:30, 7:00, 8:15, 9:30 Sat.-Sun. 11:00, 12:00, 1:30, 2:45, 4:15, 5:30, 7:00, 8:15, 9:30; **Elegy** (R) Fri. 4:35, 9:50 Sat.-Sun. 11:05, 4:35, 9:50; **Towelhead** (R) Fri. 1:40, 4:25, 7:10, 9:40 Sat -Sun 10:55, 1:40, 4:25, 7:10, 9:40; **Transsiberian** (R) Fri.-Sun. 1:50, 7:20

# Museum of Photographic Arts

1649 El Prado, Balboa Park (619-238-7559) Call theater for program information

# Reuben H. Fleet Science Center 1875 El Prado, Balboa Park (619-238-1233) Call theater for program information

San Diego Natural History Museum 1788 El Prado, Balboa Park (619-232-3821) Ocean Oasis (Not Rated) Fri.-Sun. 12:00, 2:00, 4:00; Planet Earth: Fresh Water (NR) Fri.-Sun. 11:00, 1:00, 3:00

# **EAST COUNTY**

# **EL CAJON**

# Parkway Plaza 18

405 Parkway Plaza (619-401-3456) Eagle Eve (PG-13) Fri. (12:00, 2:40, 5:20) 8:10, 10:50 Sat.-Sun. (12:00, 2:40) 5:20, 8:10 10:50; **Fireproof** (PG) Fri. (11:00, 1:55, 4:50) 7:45, 10:40 Sat. (11:00, 1:55) 4:50, 7:45, 10:40 Sun. (11:45, 2:30) 5:15, 8:00, 10:45; Miracle at **St. Anna** (R) Fri.-Sun. (12:10, 3:30) 6:50, 10:10; Nights in Rodanthe (PG-13) Fri. (12:20, 2:50, 5:25) 8:00, 10:25 Sat.-Sun. (12:20, 2:50) 5:25, 8:00, 10:25 Call theater for program information

## LA MESA

## **Grossmont Center 10**

5500 Grossmont Center Drive (619-465-7100) Ghost Town (PG-13); Igor (PG-13); Lakeview Terrace (PG-13); My Best Friend's Girl (R); Nights in Rodanthe (PG-13); Righteous Kill (R); The Women (PG-13)

# **RANCHO SAN DIEGO**

# Rancho San Diego 15

2951 Jamacha Road (800-326-3264) Burn after Reading (R) Fri. (12:05, 2:30, 4:55) 7:40, 10:00 Sat.-Sun. (12:05, 2:30) 4:55, 7:40, 10:00; **Eagle Eye** (PG-13) Fri. (12:15, 12:45, 3:15, 4:40) 7:15, 7:45, 10:05, 10:30 Sat.-Sun. (12:15, 12:45, 3:15) 4:40, 7:15, 7:45, 10:05, 10:30; **The Family That Preys** (PG-13) Fri. (1:10, 5:05) 7:55, 10:25 Sat.-Sun. (1:10) 5:05, 7:55, 10:25; **Forever Strong** (PG-13) Fri.-Sun. (12:25, 3:05) 6:50, 9:30; **Ghost Town** (PG-13) Fri. (1:00, 4:30) 7:50, 10:20 Sat.-Sun. (1:00) 4:30, 7:50, 10:20; **Igor** (PG-13) Fri. (12:10, 2:25, 4:35) 7:05, 9:20 Sat.-Sun. (12:10, 2:25)

4:35, 7:05, 9:20; Lakeview Terrace (PG-13) Fri.-Sun. (12:30, 3:20) 7:25, 10:10; The Lucky Ones (R) Fri.-Sun. (12:35, 3:10) 7:10, 9:45; Miracle at St. Anna (R) Fri.-Sun. (12:00, 3:25) 7:00, 10:35; **My Best Friend's Girl** (R) Fri. (12:55, 4:45) 7:20, 9:50 Sat.-Sun. (12:55) 4:45, 7:20, 9:50; Nights in Rodanthe (PG-13) Fri. (12:20, 2:45, 5:10) 7:30, 9:55 Sat.-Sun. (12:20, 2:45) 5:10, 7:30, 9:55; **Righteous Kill** (R) Fri. (1:05, 4:50) 7:35, 10:15 Sat.-Sun. (1:05) 4:50, 7:35, 10:15; **Tropic Thunder** (R) Fri. (12:40, 5:00) 8:00, 10:30 Sat.-Sun. (12:40) 5:00, 8:00, 10:30; **The Women** (PG-13) Fri.-Sun. (12:15, 2:55) 6:55, 9:35

## **SANTEE**

## Santee Drive In

10990 Woodside Avenue (619-448-7447) Eagle Eye (PG-13) Fri.-Sun.; The House Bunny (PG-13) Fri.-Sun.: My Best Friend's Girl (R) Fri.-Sun.; Righteous Kill (R) Fri.

# **SOUTH BAY**

# **CHULA VISTA**

# Chula Vista 10

Broadway between H and I (619-338-4214)



**Kubrador** (PG-13) (11:00 1:30 4:00) 6:15 8:30 10:45; **Eagle Eye** (PG-13) (11:00 11:45 1:45 2:30) 4:30 5:15 7:15 8:00 10:15 10:45; **Nights in Rodanthe** (PG-13) (11:15 1:30 3:45) 6:00 8:15 10:30; **Lakeview Terrace** (PG-13) (12:30 3:00) 5:30 8:00 10:30; **Igor** (PG) (12:00 2:15) 4:45 7:00 9:30; My Best Friend's Girl (R) (12:45 3:15) 5:45 8:15 10:45; Burn after Reading (R) (12:15 2:45) 5:00 7:30 10:00; Righteous Kill (R) (11:45 2:30) 5:15 7:45 10:15; **The Family That Preys** (R) (11:30) 4:30 7:15; **Disaster Movie** (PG-13) (2:00) 9:45; Sesame Street: Abby in Wonderland (G) 10:30 am Sat.-Sun. only No 9 pm-10:45 pm shows Sun.-Thu.



With any RENT ticket purchase.

Expires 9/28/08. Code: M8-9-28

The Exclusive Home of **Pure Digital Cinema!** 

# **Poway Creekside Plaza** 13475 Poway Rd. • Poway

Flower Hill\*

# 2630 Via de la Valle • Del Mar

River Village 5256 S. Mission Rd. • Bonsall

# La Costa

6941 El Camino Real • Carlsbad

\*These two theatres are NOT showing Rent.



124 San Diego Reader September 25, 2008

Chula Vista 555 Broadway #2050 • Chula Vista

**Mission Valley Hazard Center** 

7510 Hazard Ctr. Dr. • San Diego

**Del Mar Highlands** 

12905 El Camino Real • San Diego

**Mission Marketplace** 431 College Blvd. • Oceanside

www.UltraStarMovies.com

## Otav Ranch 12

Burn after Reading; Eagle Eye; Ghost Town The House Bunny; Igor; Lakeview Terrace; Miracle at St. Anna; My Best Friend's Girl; Nights in Rodanthe; Righteous Kill; Tropic Thunder: The Women

## Palm Promenade 24

770 Dennery Road (858-558-2262) Babylon A.D.; Bangkok Dangerous; Burn after Reading; The Dark Knight; Death Race; Disaster Movie; Eagle Eye; The Family That Preys; Fly Me to the Moon; Forever Strong; Ghost Town; The House Bunny; Igor; Journey to the Center of the Earth; Lakeview Terrace; The Lucky Ones; Miracle at St. Anna; Mirrors; My Best Friend's Girl; Nights in Rodanthe; Righ-teous Kill; Star Wars: The Clone Wars;

## Rancho Del Rev 16

Tropic Thunder; The Women

East H Street (619-216-4707) Call theater for program information

## **IMPERIAL BEACH**

# **South Bay Drive In**

2170 Coronado Avenue (619-423-2727) Call theater for program information

## NATIONAL CITY

## Plaza Bonita 14

3030 Plaza Bonita Road (858-558-2262) Burn after Reading (R); Death Race (R); Disaster Movie (PG-13); Eagle Eye (PG-13); The Family That Preys (PG-13); Ghost Town (PG-13); The House Bunny (PG-13); Igor (PG-13): Lakeview Terrace (PG-13): Miracle at St. Anna (R); My Best Friend's  $\label{eq:Girl} \begin{tabular}{ll} \textbf{Girl} $(R)$; Nights in Rodanthe} $(PG\text{-}13)$; Righteous Kill} $(R)$; Traitor} $(PG\text{-}13)$; Tropic \\ \end{tabular}$ Thunder (R); The Women (PG-13)

# **NORTH INLAND**

# **CARMEL MOUNTAIN**

## **Carmel Mountain 14**

11620 Carmel Mountain Road (858-674-9770) Burn after Reading (R); Eagle Eye (PG-13); Ghost Town (PG-13); The House Bunny (PG-13); Igor (PG-13); Lakeview Terrac (PG-13): Mamma Mia! (PG-13): My Best Friend's Girl (R); Nights in Rodanthe (PG-13); Righteous Kill (R); Star Wars: The Clone Wars (PG); Tropic Thunder (R); The Women (PG-13)

# **ESCONDIDO**

# Escondido 16

350 W. Valley Parkway (760-291-0119) Burn after Reading (R) Fri. (1:15, 4:40) 8:00, 10:30 Sat.-Sun. (1:15) 4:40, 8:00, 10:30; The Dark Knight (PG-13) Fri.-Sun. (12:05, 3:25) 6:45, 10:00; Death Race (R) Fri. (4:05) 10:25 Sat.-Sun. 4:05, 10:25; **Eagle Eye** (PG-13) Fri.-Sun. (12:30, 1:55, 3:20) 4:50, 7:00, 7:50, 9:50, 10:40; **Fireproof** (PG) Fri. (12:40, 4:30) 7:25, 10:20 Sat.-Sun. (12:40) 4:30, 7:25, 10:20; Forever Strong (PG-13) Fri.-Sun. (12:20, 3:05) 7:30, 10:35; Ghost Town (PG-13) Fri.-Sun. (1:00, 3:45) 7:20, 9:55; **The House Bunny** (PG-13) Fri.-Sun. (3:30) 6:55, 9:25; **Igor** (PG-13) Fri.-Sun. (12:15, 3:00) 6:35, 9:30; Lakeview Terrace (PG-13) Fri. (12:45, 4:20) 7:10, 10:15 Sat.-Sun. (12:45) 4:20, 7:10, 10:15; Miracle at St. Anna (R) Fri.-Sun. (11:50, 3:15) 6:40, 10:05; **My Best Friend's Girl** (R) Fri.-Sun. (12:00, 1:20, 3:55) 7:05, 9:40; **Nights** in Rodanthe (PG-13) Fri.-Sun. (1:10, 3:50) 7:40, 10:10; Righteous Kill (R) Fri.-Sun. (12:25, 3:10) 6:50, 9:45; **Tropic Thunder** (R) Fri.-Sun. (1:05) 7:45; **The Women** (PG-13) Fri.-Sun. (12:50, 3:40) 6:30, 9:35

# **FALLBROOK**

# River Village 6

5256 S. Mission Road (760-945-8784)



Eagle Eye (PG-13) (11:00 1:45) 4:30 7:15 10:00; Nights in Rodanthe (PG-13) (11:30 2:15) 4:45 7:00 9:30; Lakeview Terrace (PG-13) (12:45 3:15) 5:45 8:15 10:45; My Best Friend's Girl (R) (12:30 3:00) 5:30 8:00 10:30: Burn after Reading (R) (12:15 2:45) 5:15 7:45 10:15; Righteous Kill (R) (12:00 2:30) 5:00 7:30 10:00; \*No 12:00 & 2:30 Sat. & Sun. Sesame Street: Abby in Wonderland (G) 10:30 am Sat.-Sun. only. No 9 pm-10:45 pm shows Sun.-Thu.

No 11 am-3:45 pm shows Mon.-Thu.

## **POWAY**

**Poway 10** *13475 Poway Road (858-646-9423)* 



Eagle Eye (PG-13) (10:45 1:45) 4:45 7:45 10:30; Nights in Rodanthe (PG-13) (10:45 1:15 3:45) 6:15 8:30 10:45; **Lakeview Terrace** (PG-13) (10:15 12:45 3:15) 5:45 8:15 10:45; Igor (PG) (10:15 12:30 2:45) 5:00 7:15 9:30; My Best Friend's Girl (R) (10:00 12:30 3:00) 5:30 8:00 10:30; **Burn after Reading** (R) (10:00 12:15 2:30) 4:45 7:15 10:00; **Righteous Kill** (R) (10:00 12:15 2:45) 5:15 7:45 10:15; \*No 10:00 Sat. & Sun.; **The Women** (PG-13)  $\begin{array}{c} (10:00\ 1:00)\ 4:15\ 7:00\ 10:00; \mbox{Fly Me to the} \\ \mbox{Moon}\ (G)\ (10:00\ 12:00\ 2:00\ 4:00)\ 6:00\ \ ^{*}No \end{array}$ 6:00 pm Wed.; **The House Bunny** (PG-13) (11:15 1:30 3:45) 6:15 8:30 10:45 \*No 6:15 & 8:30 pm Wed.; **Tropic Thunder** (R) (11:45 2:15) 4:45 7:15 10:00; **Sesame Street: Abby in** 

Wonderland (G) 10:30 am Sat.-Sun. only. No 9 pm-10:45 pm shows Sun.-Thu

## **SAN MARCOS**

## San Marcos 18

1180 West San Marcos Boulevard at Old California Walk (760-471-3711) Call theater for program information

## **VISTA**

**Vista Village** Highway 78 at Vista Village Drive (760-945-7469)

Burn after Reading (R) Fri.-Sun. (12:20, 2:50, 5:15) 7:35, 10:05; Choke (R) Fri.-Sun. (12:30, 2:50, 5:10) 7:35, 9:50; Eagle Eye (PG-13) Fri.-Sun. (11:00, 11:40, 1:45, 2:25, 4:35, 5:10) 7:20, 8:00, 10:10, 10:45; **Fireproof** (PG) Fri.-Sun. (11:00, 2:00, 4:45) 7:30, 10:15; **Ghost Town** (PG-13) Fri.-Sun. (11:30, 2:00, 4:40) 7:25, 10:05; Igor (PG-13) Fri.-Sun. (12:10, 2:25, 4:35) 7:05, 9:20; **Lakeview Terrace** (PG-13) Fri.-Sun. (11:40, 1:40, 2:20, 5:00) 7:40, 9:40, 10:20; Miracle at St. Anna (R) Fri.-Sun. (11:20, 1:00, 3:00, 4:20) 6:30, 7:45, 10:00; My Best Friend's Girl (R) Fri.-Sun. (11:45, 2:15, 4:50) 7:30, 10:00; Nights in Rodanthe (PG-13) Fri.-Sun. (12:00, 12:40, 2:20, 3:00,

The incomparable Samuel L. Jackson is riveting to watch!"

- Pete Hammond, HOLLYWOOD.COM

4:50, 5:25) 7:15, 7:50, 9:40, 10:15; Righteous Kill (R) Fri.-Sun. (11:35, 2:05, 4:40) 7:10, 9:35; The Women (PG-13) Fri.-Sun. (11:00, 4:20)

# **NORTH COASTAL**

## **CARLSBAD**

# Plaza Camino Real

2385 Marron Road (760-729-7469) Call theater for program information

## **DEL MAR**

# Del Mar Highlands 8

El Camino Real at Del Mar Heights Road (858-646-9420)



Eagle Eye (PG-13) (10:15 1:00 4:00) 7:00

10:00; Nights in Rodanthe (PG-13) (10:00 12:15 2:45) 5:15 7:45 10:15; **Miracle at St. Anna** (R) (12:00 3:30) 7:00 10:30; **Lakeview Terrace** (PG-13) (10:15 12:45 3:15) 5:45 8:15 10:45; **Igor** (PG) (10:00 12:15 2:30) 5:00 7:15 9:30; **My Best Friend's Girl** (R) (10:00 12:30 3:00) 5:30 8:00 10:30; **Ghost Town** (PG-13) (11:15 1:45) 4:30 7:15 10:00; **Righteous Kill** (R) (11:30 2:15) 4:45 7:30 10:00; \*No 11:30 & 2:15 Sat. & Sun.; Sesame Street: Abby in Wonderland (G) 10:30 am Sat.-Sun. only. No 9 pm-10:45 pm shows Sun.-Thu.

## Flower Hill 4

2630 Via de la Valle (858-646-9425)



**Choke** (R) (10:00 12:30 3:00) 5:30 8:00 10:30; **The Women** (PG-13) (10:45 1:45) 4:45 7:30 10:15; **Burn after Reading** (R) (10:30 1:00 3:30) 6:00 8:15 10:45; **Vicky Cristina Barcelona** (PG-13) (11:30 2:00) 4:30 7:00 9:30 No 9 pm-10:45 pm shows Sun.-Thu.

## **ENCINITAS**

## La Paloma

471 South Coast Highway 101 (760-436-SHOW)

Mamma Mia! (PG-13); Man on Wire

## **LA COSTA**

## La Costa 6

6941 El Camino Real (at Aviara/Alga) (760-599-8221)



Eagle Eye (PG-13) (11:30 2:15) 5:00 7:45 10:30; Nights in Rodanthe (PG-13) (10:15 12:30 2:45) 5:15 7:30 9:45; **Igor** (PG) (10:00 12:15 2:30) 4:45 7:00 9:30 \*No 7:00 Thu.; **Ghost Town** (PG-13) (10:00 12:30 3:00) 5:30 8:00 10:15; **Burn after Reading** (R) (10:15 12:45 3:15) 5:45 8:15 10:45; \*No 10:15 Sat. & Sun.; **The Women** (PG-13) (10:30 1:15) 4:15 7:15 10:00; \*No 10:30 & 1:15 Sat. & Sun.; Sesame Street: Abby in Wonderland (G) No 9 pm-10:45 pm shows Sun.-Thu.

# **OCEANSIDE**

# Mission Marketplace 13

College Boulevard and Mission Avenue (760-806-1790)



Eagle Eve (PG-13) (11:00 11:30 1:45 2:15) 4:30 5:15 7:15 8:00 10:00 10:45; **Nights in Rodanthe** (PG-13) (11:15 1:30 3:45) 6:00 8:30 10:45; Lakeview Terrace (PG-13) (12:45 3:15) 5:45 8:15 10:45; Igor (PG) (12:00 2:15) 4:45 7:00 9:15; My Best Friend's Girl (R) (11:30 2:00) 4:45 7:30 10:00; Burn after Reading (R) (12:30 3:00) 5:30 8:00 10:15; **Righteous Kill** (R) (11:15 1:45) 4:15 7:00 9:45; **Tyler Perry's** (R) (H.13 1.43 4.13 7.03 7.43 f yell reliy 3 The Family That Preys (R) (11:45 2:30) 5:00 7:30 10:00; Fly Me to the Moon (G) (11:45 2:00 4:00) 6:15 8:30 10:30; Babylon A.D. (PG-13) (12:15 2:30) 5:00 7:15 9:30 \*No 12:15 & 2:30 Sat. & Sun.; **The House Bunny** (PG-13) (11:00 1:15 3:30) 6:00 8:15 10:30; Death Race (R) (12:00) 5:15 10:30; Tropic Thunder (R) (2:45) 7:45; Sesame Street: Abby in Wonderland (G) 10:30 am Sat.-Sun. No 9 pm-10:45 pm shows Sun.-Thu.

# Oceanside 16

401 Mission Avenue (760-439-1733) Call theater for program information



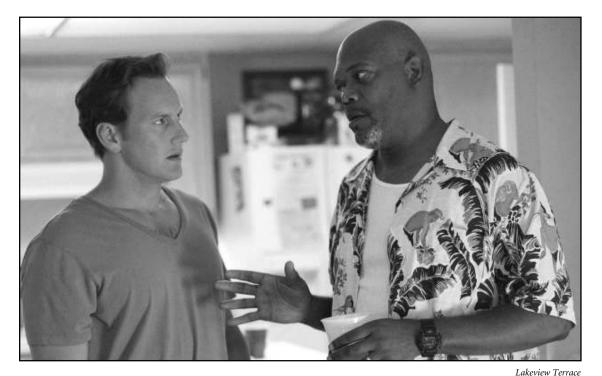
# Calendar Movies

REY 16; RANCHO SAN DIEGO 15; RIVER
VILLAGE 6; SAN MARCOS 18; SANTEE DRIVE IN;
TOWN SQUARE 14)

Star Wars: The Clone Wars — Or in the order the words appear on screen and in the ads, Star the Clone Wars Wars. It fills in events on the timeline between parts two and three of the second cycle in George Lucas's space saga. If, from this remove, that's still of concern to anyone. Under the guiding hand of Dave Filoni, the full computer animation, as opposed to the extensive but partial computer animation in the aforesaid cycle, nudges the action ever farther into the universe of the video game. If, again, that's of any concern. Best let the zealots fight it out. 2008.

• (CARMEL MOUNTAIN; PALM PROMENADE 24)

**Tell No One** — If this doesn't give us what we expect and want from a French thriller, part of the reason must lie in its source, an American mystery novel by Harlan Coben. Convoluted and contorted beyond resemblance to organic life on Earth, concocted and cockamamie beyond the realm of all probability, it boasts the sort of plotting where an unassuming Parisian pediatrician,



hounded by a remorseless hit squad, can fant. Or call in a favor (i.e., troop support) from a grateful hoodlum with a hemophiliac inneed a but need a but

fant. Or where a handy heroin addict will turn up dead at just the moment when you need a body in order to stage a faux murder, and you can count on no one noticing the discrepancies between the autopsy cadaver and the supposed victim. All along the way the storytelling employs withholding and delaying tactics whose effect is more annoyance than suspense; and at the

finish it features a long-winded verbal summation that, besides its bookishness, compresses the absurdities into an intolerably small space. All that aside, the film is perforce populated with Frenchmen (and bilingual Canadian and British women), who, true to form, work hard and selflessly to engage our interest: François Cluzet, the Gallic Dustin Hoffman, in looks at least, if

not also in rodenty intensity, as the doctor who believes he has lost his wife to a serial killer, and comes to find out, on the eighth anniversary of the event, that he may not have lost her for good; Marie-Josée Croze (the Canadian) as the absent wife; Kristin Scott-Thomas (the Brit) as an uptown lesbian; the formidable Nathalie Baye as a high-priced and all-business attorney; François Berléand as the dogged, obsessivecompulsive cop on the case (exasperated, for example, at his underling's carelessness in differentiating between the trash bin and the recycling bin); and the venerable veterans Jean Rochefort and André Dussollier as separately grieving fathers. The latter, with supreme poise and not a hint of a knee-buckle, shoulders the brunt of the absur-

★ (LA JOLLA VILLAGE, THROUGH 9/25)

**Towelhead** — Reviewed this issue. With Summer Bishil, Peter Macdissi, Aaron Eckhart, Toni Collette, and Maria Bello; directed by Alan Ball.

★ (HILLCREST CINEMAS)

**Traitor** — Espionage interlaced with education. A range of Muslim beliefs and attitudes emerges in the course of an FBI crackdown on a terrorist network. Fiercely acted by all concerned (Don Cheadle, Guy Pearce, Saïd Taghmaoui, Neal McDonough, Jeff Daniels), but rather frivolously resolved, and the camera is prone to excitability at the least moment of stress and tension. Written and directed by Jeffrey Nachmanoff. 2008.

★ (FASHION VALLEY 18; LA JOLLA 12; PLAZA

# 



# Beg to differ with Duncan's latest movie review? Share your own opinion at sdreader.com

Each week we will pick our three favorite movie comments. Winning comments will be printed in the next issue of the *Reader*, and winners will receive two free UltraStar movie passes.

Go to sdreader.com/movies to find a flick you feel strongly about from among the 7000 movies **Duncan Shepherd** has reviewed over the years.



# **User Reviews** — MOVIES

Best user comments from Reader website

# **Burn After Reading 2008**

Actually, I found this to be a major drop-off in quality from previous Coen efforts (well, on pace with the strange *Man Who Wasn't There*). Maybe it needs another viewing.

First of all, I detected a bit of a Homeric nod with regard to the CD-ROM, the principal MacGuffin of this thing. We aren't really told what exactly is on the CD, so when Pitt and McDormand discover it, the assumption is that only the "mem-wah" is present on it. However, in the scene in the law office, when the paralegal realizes its missing, we are then told that the CD contains (also contains?) financial records.

At that scene, I was scratching my head — "Were there two CD-ROMs?" I asked myself. Mr. Shepherd perhaps explains what happens a bit more clearly than the Coens did themselves. I'm not sure we're ever told exactly what the CD was supposed to contain.

Also, Pitt's and McDormand's herky-jerky performances, endearing at first, became a bit tiresome after repeated exposure. The Coens, usually such sure-footed directors vis-à-vis their actors, seemed to be giving everyone freer rein in this one.

The funniest part of this movie? Carter Burwell's overdone, percussion-laced score, perfectly satirizing the usual government intrigue/spy/thriller sort of "suspense music." By **joeb** 1:56 p.m., Sept. 17, 2008

# **Burn After Reading 2008**

Duncan's ebullient praise for the Coen bros. reminds me of *Fox News* anchors' reflexive defense of the Bush administration. He holds up a few golden nuggets he's managed to scrounge from a played-out mine and cries "Eureka!" *Burn after Reading* is a pedestrian, uninspired effort that is rarely funny, often tedious, and continuously mean-spirited. Playing for laughs the violent murders of two characters, one involving repeated thrusts of a hatchet, are indeed "lapses in tone" that leave a decidedly bad aftertaste in what is falsely marketed as a "screw-ball comedy." The direction isn't particularly noteworthy, given the Coens' famous use of storyboards, and the dialogue isn't as clever as they obviously intended to be. Carter Burwell's excellent score is wasted. By **Filibuster** 2:59 p.m., Sept. 18, 2008

# **Burn After Reading 2008**

I would exclude Llewellyn Moss from the gallery of Coen brothers morons. Moss's actions may have been unwise, but he was no dope. And speaking of morons and dopes, I must strongly disagree with Duncan's opinion of Brad Pitt's performance in BAR. Pitt is a black. . .pit in the center of the film. I found him entirely unconvincing playing the fool; although his performance suggests that he may well be a fool. We now know that the Coens cannot coax a fine performance from every or any actor. There are, apparently, limits to their rehabilitative skills. Burn After Reading at times appears to be a work of someone other than Joel and Ethan trying make a Coen brothers' film; but the final debriefing redeems the shaky spots that came before it. Four stars seems right. By **Mudhead** 4:02 p.m., Sept. 18, 2008

Two free UltraStar movie passes awarded to the three best user reviews each week. To write a User Review, visit *SDReader.com*, go to Movies pull-down, and click on Over 7000 Movie Reviews. Find the movie you want to review and post a comment. Deadline for user reviews is 12 noon Monday.

**Transsiberian** — A couple of Iowa missionaries in China take the long and scenic route home on the Beijing-to-Moscow rail line, and the along the way fall in with drug runners. Director Brad Anderson tames his shaky camera for some recognizably Hitch-cockian suspense sequences. With Emily Mortimer, Woody Harrelson, Eduardo Noriega, Kate Mara, and Ben Kingsley. 2008.

★ (HILLCREST CINEMAS)

Tropic Thunder — Major-studio satire on a major-studio Vietnam War epic. The slipshod plotting, the willful misinformation about how movies are made, and the pandering to the groundlings do not close off all avenues of inspiration. Four fake trailers at the top of the movie, introducing the motley cast of the movie-within-the-movie give a hint of the allowable latitude. The ones of the over-the-hill action star (Ben Stiller, the movie's director and co-writer besides), the gross-out comedian (Jack Black), and the hip-hop gangsta (Brandon T. Jackson) are but a tepid warm-up to the topper, the one of the multiple-Oscarwinning thespian from Down Under (Robert Downey, Jr.), a monastery love story called Satan's Alley, a tony period piece aimed at the art circuit: the narrator's clipped phrases, pregnant pauses, and portentous tones are dead-on. Downey dominates the action in the Vietnam jungle as well, his character having undergone a "controversial pigmentation alteration" to play an African-American foot soldier, emphatically putting the grunt in the grunt. His only competition for acting honors comes from outside the jungle (though Nick Nolte has his moments as a wizened Vietnam-vet advisor, the company's guide to the Heart of Darkness), back home in Hollywood, where a heavily disguised Tom Cruise models a bald dome, bushy chest and arms, a bumpy nose, and a padded middle as a Harvey Weinsteinian bullying studio boss. (Funny notion: his everyday tough talk goes beyond anything ever heard by a cutthroat Asian heroin dealer and hostage taker.) If nothing else, the raging megalomania serves as a full-coverage mask for the actor's chronic overacting. Similarly, the gut-spilling, blood-squirting gore in the movie — at least the gore in the moviewithin-the-movie — is made more palatable by the satire. Through it, you can have a retrospective laugh at the pretensions and pieties of Apocalypse Now, Platoon, Rambo, Saving Private Ryan, what-you-will. With Steve Coogan, Danny McBride, Matthew McConaughev, 2008.

★★ (CARMEL MOUNTAIN; FASHION VALLEY 18; GASLAMP 15; LA JOLLA 12; MISSION MARKET-PLACE 13; MISSION VALLEY 20; OTAY RANCH 12; PALM PROMENADE 24; PLAZA BONITA 14; POWAY 10: TOWN SOUARE 14)

Vicky Cristina Barcelona — You can't claim that Woody Allen's rapid rate of production doesn't show. Even the title of this one sounds more like brainstorming for a title than like a final decision: three names off the chalkboard of keywords. Vicky and Cristina, two separate people, are dissimilar American friends, the first pragmatic and steady, the second capricious and restless, together visiting Barcelona for the summer. (Allen's British sojourn seems to be over, though he's not ready to come home.) The young women are picked up in tandem by a brooding Catalan artist with a legendarily tempestuous love life, flown off to Oviedo seduced in sequence, separated by choice. Then the artist's ex-wife re-enters the scene after her attempted suicide, setting up a ménage. The film is almost more a sketch than a fully filled-in picture, a skeleton thin on flesh. (If Allen tends to hurry his ideas, it may be because he always has new ones waiting to join the queue. More than he can get to in a lifetime.) The dialogue, much of it in the writer's laziest declarative vein -I'm this, you're that, he or she's the other has not been polished anywhere near his brightest sparkle. And the dryasdust omniscient narrator spares him a heap of expository labor: "One evening Mark and Judy took them to the opening of a friend's art gallery." The half-baked aspect has its upside. In consequence of the cut corners and rushed development, a lot happens in only ninety minutes, and Allen can lay out on a



Towelhead

broad canvas his vision of human discontentment and self-ignorance. He can lay it out as a pattern, not as an isolated instance. The complicating appearance of Penelope Cruz as the ex-wife, shrewdly put off till just past the halfway point, is a potent pickme-up in a flagging narrative, a powerfully physical, sensual, passionate presence that deliciously shows up the callow blankness

of Scarlett Johansson and Rebecca Hall. With Javier Bardem, Patricia Clarkson, Kevin Dunn, Chris Messina. 2008.

★★ (FASHION VALLEY 18; FLOWER HILL 4; HOR-TON PLAZA 14; LA JOLLA VILLAGE)

The Women — Update and opening-up of the old Clare Boothe Luce play, memorably put on screen by George Cukor in 1939 (unmemorably by David Miller in 1956), still an all-female cast despite countless scenes in the street, in a department store, in a restaurant, in a hospital — it gets a bit ridiculous. The luster, even overlooking the wan photography, is lacking. Meg Ryan, Annette Bening, Debra Messing, Jada Pinkett Smith, and Eva Mendes (the first two hog most of the screen time) hardly match the incandescence of Joan Crawford alone, never mind the added lumens of Norma Shearer, Rosalind Russell, Joan Fontaine, and Paulette Goddard. And the checklist of feminist talking points gives it a rather grim and driven agenda. Where went the humor? Cloris Leachman, Debi Mazar, Candice Bergen, Bette Midler, Carrie Fisher; written and directed by Diane English. 2008.

★ (CARMEL MOUNTAIN; ESCONDIDO 16; FASH-ION VALLEY 18; FLOWER HILL 4; GROSSMONT CENTER; HORTON PLAZA 14; LA COSTA 6; LA JOLLA 12; MIRA MESA 18; MISSION VALLEY 7; MISSION VALLEY 20; OTAY RANCH 12; PALM PROMENADE 24; PARKWAY PLAZA 18; PLAZA BONITA 14; POWAY 10; RANCHO DEL REY 16; RANCHO SAN DIEGO 15; SAN MARCOS 18; TOWN



These characters may remind you of the three GIs home from World War II in William Wyler's seven-time Oscar® winner *The Best Years of Our Lives.*"

- Roger Ebert, Chicago Sun-Times

"Timely, often surprisingly funny..."

- Patrick Goldstein, Los Angeles Times

 $\operatorname{Tim}$ 

Michael

McAdams Robbins Peña
Three strangers
with nothing to lose.

And everything to find.

Rachel

The Lucky Ones



From the Director of "The Illusionist"

LIONSGATE AND ROADSIDE ATTRACTIONS PRESENT IN ASSIDIATION WITH OED INTERNATIONAL IN ASSIDIATION WITH SHEREZADE FILMS
AND VISITOR PICTURES A KOPPELMAN & LEVIEN PRODUCTION AN OVERNIGHT PRODUCTION A BLOCK/HANSON PRODUCTION
A FILM BY NEIL BURGER RACHEL MCADAMS TIM ROBBINS MICHAEL PEÑA 'THE LUCKY ONES' "ASIN'D DEBORAH AQUILA, CSA
TRICIA WOOD, CSA SHEAMSHEDOUG BERNHEIM JAY FAIRES "MER POLFE KENT (SIMENAOM) GERAGHTY "MISSIN'S LESLIE POPE
ANDISTRIPA DECLAN QUINN, ASC "ASBURSE BILL BLOCK PAUL HANSON ELLIOT FERWERDA BRIAN MCCORMACK
TOM ORTENBERG MARINA GRASIC STEFFEN AUMUELLER CLAUS CLAUSEN JAN KORBELIN ADAM MERIMS
"MINISTRIPA" BRIAN KOPPELMAN DAVID LEVIEN RICK SCHWARTZ NEIL BURGER "MINISTRIPA" NEIL BURGER & DIRK WITTENBORN

UNIVERSITY REQUIRES ACCOUNTANTION ARREST OF ADJUG COLUMNATURE

LANGUAGE AND SOME SEXUAL CONTENT

WWW.theluckyonesmovie.com

Copyright © 2008 Return Productions, Inc. All Rights Reserve

STARTS FRIDAY, SEPTEMBER 26

FASHION VALLEY 18
Hwy 163 at Friars Rd
858/558-2AMC
CHECK THEATRE DIRECTO

United Artists
HORTON PLAZA
W 475 Horton Plaza
800/FANDANGO #51
ORIES OR CALL FOR SOUND INFO

AMC
LA JOLLA 12
I-5 at Nobel Drive
19 858/558-2AMC
ORMATION AND SHOWTIMES

OCEANSIDE 16
Mission Ave at Pacific Coast Hwy
800/FANDANGO #152
SPECIAL ENGAGEMENTS NO PASSES OR DI

AMC
PALM PROMENADE 24
Hwy 805 & Palm Ave N of 905
858/558-2AMC
ES OR DISCOUNT COUPONS ACCEPTED

MOBILE USERS: For Showtimes - Text LUCKY With Your ZIP CODE To 43KIX (43549)!

RESTRICTED COMPANYING PARENT OF A DOLUT CALAFORM) COMPANY OF THE C



Rogal Cirumus PARKWAY PLAZA STADIUM 18

rs - Triac BERRY WITH your ZIP DODE to 43KW (43549)

MILK ..... Segs P

HESSION VALLEY 25 of Mission Center Bd

**JOH VALLEY CINEMAS** 

San Diego *Reader* September 25, 20



# Three Damned **Characters**

"Everything that exists is born for no reason."

REV

JEFF SMITH

icture hell. For those who live in Pacific Beach and work nine-to-five jobs, hell arrives every Thursday afternoon. College students schedule their classes Monday through Thursday. Come that afternoon, especially in the "Kill Zone"

around Mission Boulevard, music gets loud. Then choruses of popped tops and cries of 'yaaaaa, dude!" herald yet another four-day blow.

PB hell is cyclical. The forever-after variety comes from the Bible via Dante's Inferno: crackling flames, impish demons prodding pitchforks, flaming lakes, the damned screaming as if all the prisons in the world let out an everlasting howl.

In No Exit, Jean-Paul Sartre envisioned a hell without God. His characters sin and are punished, but the torments aren't medieval horrors. In fact, compared to Hades, Sheol, the underworld, or Dante, Sartre's hell looks downright doable, at first.

It's a drawing room furnished in the Second French Empire style: a chair and two divans, a marble statue on the mantel. The colors clash, especially the red and spinach-green divans, but that seems minor. The building's like a hotel. It has at least three stories and many rooms, even a valet — some sort of minimum-security hell, you imagine, as if whatever power sends people here is soft on sin.

For Diversionary Theatre, scenic designer Jungah Han papers the walls, window, and fireplace with garish, white and grayish-beige stripes. Even these don't look so bad until you realize that Sartre's people will see them for all time. And they will never sleep. And will always have their eyes open. And must be together 24/7. Then the stripes become bars and the room a cage from which there is no exit.

Sartre believed that existence has no Creator, no predetermined plan ("everything that exists is born for no reason"). Because of that, we are "condemned to be free." We must make choices authentic to our being: "live our own

words, speak our own actions." The opinions of others, which try to stick to us like glue, should never define us. If we let them, then we are no longer "real."

No Exit premiered a month before D-Day.

Germany occupied France and, if Nazi rhetoric were true, would for another thousand years. The times became a stern test for followers of Sartre's ex-

istentialist philosophy. Given German tanks in the streets and swastikas everywhere, abandoning one's inner self to the oppressor, even temporarily, may have seemed a reasonable temptation. But for Sartre, who detested limits and authority, there are no second chances. His three damned characters in No Exit gave up their right to choose. And when they abandoned the power to define their future, they were damned to hell.

Cradeau, a pacifist journalist; Inez, a postal clerk; and Estelle, a young society woman, don't resemble candidates for fire and brimstone. They admit to wrongdoing, some: Cradeau was executed for his antiwar beliefs, he says; Estelle's foggy about causes, but there was a mysterious death in her past. Inez, however, sees through their social guises. Cradeau's a coward, Estelle's a murderer, and Inez admits she needs to "see people suffer to exist at all." This room is no mistake, she says. Everything's been planned, down to the clashing colors. This place is real, she says, because we

They call death "absence." The euphemism is apt because they abandoned their authentic beings and need the opinions of others for selfvalidation.

As the play unfolds, it becomes clear that even if there is no divine plan in Sartre's universe, whoever designed this room, this hell, did so in minute detail: everything's tailored for these particular inhabitants, tailored for friction (but if nothing is preplanned, Mr. Sartre, and if there is no omniscient deity, what sort of afterlife designer could do that?). Once



Monique Gaffney, Rhianna Basore, Steven Lone in No Exit

No Exit. by Jean-Paul Sartre

**Diversionary Theatre,** 4545 Park Boulevard, University Heights

Directed by Esther Emery; cast: Steven Lone, Kevin Morrison, Monique Gaffney, Rhianna Basore; scenic design, Jungah Han; costumes, Jennifer Brawn Gittings; lighting, Jason Bieber; wig, hair, and sound design, Missy

Playing through October 5; Thursday at 7:30 p.m. Friday and Saturday at 8:00 p.m. Sunday at 7:00 p.m. Matinee Sunday at 2:00 p.m. 619-220-0097.

Cradeau, Inez, and Estelle learn the other's faults, however, they use them like negative reflections to assault their cellmates. And the windowless, mirrorless room becomes a ménage à monsters.

The Diversionary production makes a game go with difficult material. Director Esther Emery treats the play as a period piece. Jennifer Brawn Gittings's telling costumes evoke spring 1944 — as does Estelle's blond wig, with twin cornucopias over her eyebrows.

The acting style's mid-'40s as well. Steven Lone's Cradeau displays a slick leading-man appeal; Rhianna Basore's Estelle, ingénue

naïveté; Monique Gaffney's Inez, an arch toughness (and Bette Davis eyes). They begin as if in a movie from the period, playing prescribed roles. These are the people they wanted to be like. Then, like wax melting in extreme heat, hell slowly peels away veneers. Cradeau, Inez, and Estelle become not themselves but what Sartre called "the Other," which is everyone outside an authentic self. Cradeau utters the famous line, "Hell is other people" ("L'enfer, c'est les autres"). But this doesn't mean it's you hounded by everyone else. In Sartre's hell, vou don't exist at all: vou are merely other people against other people.



# **THEATER** LISTINGS

Theater listings and commentary are by Ieff Smith. Information is  $accurate\ according\ to\ material\ given$ us, but it is always wise to phone the theater for any last-minute changes and to inquire about ticket availability. Many theaters offer discounts to students, senior citizens, and the military. Ask at the box

# All Shook Up: The Ultimate Tribute to the King

Old Town Temecula Community Theatre hosts a touring tribute to Elvis Presley: "tribute artist" Mark W. Curran, a six-piece show band, and the Memphis Soul Sisters. OLD TOWN TEMECULA COMMUNITY THE-ATER 42051 MAIN STREET TEMECULA 866-653-8696. SUNDAY, 2 P.M.

All's Well That Ends Well Most of Shakespeare's romantic comedies begin with an arranged marriage: the female's father chooses for her. But what if the golden slipper were on the other foot? What if the woman — Helena in All's Well — were free to name her mate with the King's blessing? And what if her  $intended -- rich \ young \\$ Bertram — flat refuses enforced wedlock and would rather go to war than marry beneath his station? In effect, Shakespeare takes a social given of the time and dumps it on its ear. Helena persists; Bertram flees (and becomes a lying womanizer); then she really persists. At the Old Globe, director Darko Tresnjak relocates the play in Victorian times, which allows Linda Cho to dress the cast in cold, formal charcoals, the soldiers in bright red and black. Tresnjak counters the stiff-upper-lip surface with bawdy touches, including a frontal view of Michelangelo's Goliath-sized statue David upstage (and upstaging all below). As Bertram and Helena, Graham Hamilton and Kimberly Parker Greene are adequate. The fun's in the secondary roles: Jim Winker's crotchety King ("wrapped in dismal thinkings"), Kandis Chappell, Charles Janasz, and music-voiced Celeste Ciulla. Bruce Turk is special as Parolles who, like Helena, becomes a threat to the maledominated social order. Over the years, audiences and critics have had a "problem" with the play. But I never have. Its perplexities are much more lifelike than most of the happy-enders (how many weddings have you attended where people whisper, "Give it six months" and are being optimistic?). All may be well that ends

well, but at the ending of All's Well, Helena and Bertram have only just begun.

## Worth a try.

OLD GLOBE THEATRE, 1363 OLD GLOBE WAY, BALBOA PARK, 619-234-5623. THURSDAYS, 8 P.M. FRIDAYS, 8 P.M. SATURDAYS, 8 P.M. SUNDAYS, 8 P.M. THROUGH SEPTEMBER 28

## **Back Back Back**

The Old Globe Theatre stages the world premiere of Itamar Moses' seriocomedy about steroid use in sports. Davis McCallum directed. OLD GLOBE THEATRE, 1363 OLD GLOBE WAY, BALBOA PARK. 619-234-5623. THURSDAYS, 8 P.M. FRIDAYS, 8 P.M. SATURDAYS, 2 AND 8 P.M. SUNDAYS, 7 P.M. TUESDAYS, 7 P.M. WEDNESDAYS, 7 P.M. THROUGH OCTOBER 26.

## **Boomers**

Lamb's Players Theatre reprises one of its most popular shows. In this salute to the Baby Boom generation, when a guy sings a snippet from "Big Girls Don't Cry" a woman counters with "It's My Party and I'll Cry If I Want To," as if Lesley Gore wrote the song in response to the Four Seasons. Now in its fourth — fifth? — version, Boomers has grown a great deal since it premiered in 1993. It's added social dimensions (the original was mostly about middleclass whites), more period details, and a much better understanding of one's later years (gained from experience: authors Kerry Meads and Vanda Eggington are now 15 years older). Ostensibly the piece is a lecture about the generation from 1946 to 1964. A deliberately, sometimes annoyingly, crotchety Jim Chovik recalls major events and provides statistics, from IFK to Kent State (but leaves out Jackson State!), from hippies to yuppies, marriage to divorce, and beyond. Themes from TV commercials and shows zip past, medleys of parts of songs cluster around a theme (Vietnam, relationships), and the evening unfolds like a game of "name that tune" in fast-forward. Boomers in the audience gulp "oh's" of recognition when a musical fragment triggers memories. One could wish that, at least once or twice, the company would do a whole song (let Anise Ritchie's Arethastrong voice do all of "Respect" or Keith Jefferson all of "I Heard It Through the Grapevine"). One could also wish that the characters weren't so one-note (Bill Doyle's hippie must express the same Owsley-marinated perplexity at least ten times). But the performances overall are quite good, as are Meads's direction and the four-piece backup band. You won't learn why the pump don't work or how good brown sugar

can taste, but if you're of a certain era, Boomers will time-machine you back in a lively manner. 619-437-0600.

# Worth a try.

HORTON GRAND THEATRE, 444 FOURTH AVENUE, DOWNTOWN, THURSDAYS, 7:30 P.M. FRIDAYS, 4 AND 8 P.M. SAT-URDAYS, 4 AND 8 P.M. SUNDAYS, 2 P.M. WEDNESDAYS, 7:30 P.M. THROUGH NOVEMBER 30.

# **Cadillacs of Comedy**

Carlsbad Village Theater hosts the comedy group that vows to "take the funny business from crass to class in 4.7 seconds. CARLSBAD VILLAGE THEATRE, 2808 STATE STREET, CARLSBAD. 760-434-5944, FRIDAYS, 8 P.M. SATURDAYS, 8 P.M. OPEN-ENDED RUN.

## Candide

Lyric Opera San Diego opens its new season with Leonard Bernstein's musical based on Voltaire's Candide. J. Sherwood Montgomery directed.

BIRCH NORTH PARK THEATRE, 2891 UNIVERSITY AVENUE, NORTH PARK. 619-239-8836. FRIDAYS, 7:30 P.M. SAT-URDAYS, 7:30 P.M. SUNDAYS, 2:30 P.M. THROUGH OCTOBER 5.

## Dead Man's Cell Phone

South Coast Repertory Theatre presents Sarah Ruhl's "fantastical" comedy about a woman who answers a dead man's cell phone and finds her life turned upside down. (Ruhl wrote A Clean House, performed last year at the SD Rep.) Bart DeLorenzo directed. SOUTH COAST REPERTORY THEATRE, 655 TOWNE CENTER DRIVE, SOUTHEAST SAN DIEGO, 714-708-5555, FRIDAYS. 7:45 P.M. SATURDAYS, 7:45 P.M. SUN-DAYS, 2 AND 7:45 P.M. TUESDAYS. 7:45 P.M. WEDNESDAYS, 7:45 P.M. THROUGH OCTOBER 12.

# **Desire Under the Elms**

SDSU Theatre stages Eugene O'Neill's drama about hardscrabble life in 1850 New England. Abbie and Even want the family farm. But Ephraim, the patriarch, thinks he'll have it forever. DON POWELL THEATRE, SAN DIEGO STATE UNIVERSITY, 5500 CAMPANILE DRIVE, SDSU, 619-594-5200, FRIDAYS, 8 P.M. SATURDAYS, 8 P.M. SUNDAYS, 2 P.M. MONDAYS, 8 P.M. TUESDAYS, 8 P.M. WEDNESDAYS, 8 P.M. THROUGH

# The Dining Room

OCTOBER 5.

A.R. Gurney, Jr.'s nostalgia-laced drama unfolds like a kaleidoscope. It's literally the life of a handsome 1910 table and the Northeastern WASP dining room where it flourished for at least six decades. You could call the two-act play What the Table Saw. Eras overlap and intertwine: World Wars I and II, Korea, the '60s, "Me Decade" selfcenteredness. And life moves





LAST WEEKEND OF SUMMER! **ENJOY A WARM EVENING UNDER** THE STARS IN BALBOA PARK IN OUR BEAUTIFUL OUTDOOR THEATRE.

# **2008 SHAKESPEARE FESTIVAL**

Now - September 28 (in repertory) in the Lowell Davies Festival Theatre **MUST CLOSE SUNDAY!** 



SAT, SEPT 27!

"CRITIC'S

THE MERRY WIVES **OF WINDSOR** 

**Directed by Paul Mullins** 



**FINAL 2 SHOWS:** TONIGHT AND SUN, SEPT 28!

The world's greatest love story.

**ROMEO AND JULIET** 

Directed by Richard Seer



**FINAL SHOW: TOMORROW, SEPT 26!** 

"CRITIC'S

SAN DIEGO UNION-TRIBUNE

**ALL'S WELL THAT ENDS WELL** 

Directed by Darko Tresnjak

**ASK ABOUT OUR \$29 TICKETS 23-GLOBE**(234-5623) www.TheOldGlobe.org | GROUP SALES: (619) 231-1941 x2408

through the room from infancy and birthdays to a touching scene where a father outlines his funeral arrangements in minute detail to his emotionally choked oldest son. Family traditions and infidelities abound (including a need to save face at the club when Binky Byers impugns a relative's honor). Dining Room has 57 characters and can frustrate, at times, with a "hey, wait" quality. Gurney will build a scene then cut it off and jump to another while drama from the previous scene starts taking hold (what becomes of the hippie daughter, for example, rejected by her husband and father?). Though glib with individuals, the play weaves a complex tapestry about a dying institution. Scripps Ranch Theatre's production constitutes a step up in class for the company. The play's demands could create gridlock, but director Eric Bishop gives it an admirable fluidity as scenes and eras flow gracefully. His six-person cast (sometimes changing Sydney Williams's multi-period costumes backstage in seconds) handle myriad assignments with few glitches. Greg Hall heads the group in at least nine roles ranging from a giddy young lad to the father planning his funeral. And Sherri Allan registers as the hippie daughter cast adrift (Dagmar Fields, Allison MacDonald, Max Macke, and Kate Nelson make useful contributions). Maureen Dolan, the props manager, deserves special mention. When the script calls for Waterford crystal or the distinctive clink of handblown Steuben glass, Dolan delivers. Even when Gurney requires a butter knife with a pistol-handle, one emerges from the velvet silverware case. Now that's attention to detail!

# Worth a try.

SCRIPPS RANCH THEATRE, 10455 POMERADO ROAD, SCRIPPS RANCH. 858-578-7728, FRIDAYS, 8 P.M. SATUR-DAYS, 8 P.M. SUNDAYS, 2 P.M. THROUGH OCTOBER 4.

# Dreamgirls

San Diego Musical Theatre presents the Tom Eyer/Henry Krieger musical "loosely based" on Diana Ross and the Supremes. The girl

group the Dreamettes becomes the Dreams. Then Deena assumes the spotlight, Ron Kellum directed and choreographed. LYCEUM THEATRE, 79 HORTON PLAZA,

DOWNTOWN. 619-858-0322. THURS-DAYS, 8 P.M. FRIDAYS, 8 P.M. SATUR-DAYS, 8 P.M. SUNDAYS, 2 P.M. THROUGH SEPTEMBER 28

## The Drowsy Chaperone

Broadway\*San Diego hosts a touring production of the Tony Award winning musical comedy about the uproarious wedding of a celebrity

SAN DIEGO CIVIC THEATRE, 1100 THIRD AVENUE, DOWNTOWN. 858-570-1100. THURSDAY, 8 P.M. FRIDAY, 8 P.M. SAT-URDAY, 2 AND 8 P.M. SUNDAY, 1 AND 6 P.M. THROUGH SEPTEMBER 28

## **Dying City**

Cygnet Theatre Company stages Christopher Shinn's drama about loss. A year after Kelly's husband died in Iraq, his twin brother arrives at her apartment unannounced. Frances Gercke directed. CYGNET THEATRE - ROLANDO, 6663 EL CAJON BOULEVARD, SUITE N, COL-LEGE AREA. 619-337-1525. SATUR-DAYS, 8 P.M. SUNDAYS, 2 AND 7 P.M. WEDNESDAYS, 7:30 P.M. THROUGH OC-

Fat Pig Author Neil LaBute always cuts to the chase, be it a screenplay (The Company of Men) or theatrical drama. His Fat Pig, in a tight, thought-provoking production at OnStage Playhouse, is the second of his trilogy of plays about Amer ica's obsession with beauty, the one size few fit. To change attitudes, LaBute suggests throughout that you must change the eye of the beholder. Against his wishes, since she's a very large woman, Tom falls for Helen. But come on, you can almost hear him say, he's a svelte Montague, and she's...a Capulet. As they grow closer he moves her more and more away from the public eye. His company's having a beach party. Should he invite Helen? Brendan Cavalier and Carla Nell do touching work as the star-crossed pair, much of it with unspoken looks and telling gestures (she's been there and done that but will try once more for the gold; he's never felt better with a woman, or worse). Directed by Kym Pappas, the production doesn't flinch when LaBute fires his salvos. Ryan Ross plays Tom's cynical office

mate, the fat-pigheaded Carter, with slick deliveries and convincing misogyny. Carter says, "You date all these gals and act like you're Mr. Sensitive... but you get bored or cornered or feel a touch nervous and you drop 'em like they were *old produce*." As jilted Jeannie, a smoldering Jenna Dawsey gets the comeback. Men, she says, are just "baby boys who run around in nice clothes." And "all they really want to do is breast-feed for the rest of their

# Worth a try.

ONSTAGE PLAYHOUSE, 291 THIRD AV-ENUE, CHULA VISTA. 619-422-7787. THURSDAYS, 8 P.M. FRIDAYS, 8 P.M. SATURDAYS, 8 P.M. SUNDAYS, 2 P.M. THROUGH OCTOBER 4.

## The Good Body

Eve Ensler is famous for her Vagina Monologues, which led to V-Day (a global movement to end violence against women) and enabled Ensler to travel the world. Along the way, she interviewed ethnically diverse women. Most agreed that the one thing they'd change about themselves was their weight. Ensler identified, "because I have bought into the idea that if my stomach were flat, then I would be good, safe, accepted, important, loved." The other side of this notion: every imperfect body part's an outward sign that you were "born wrong and bad." The Good Body attacks these attitudes. Tormented by her stomach ("my most serious committed relationship"), a character named Eve encounters 11 international women who have been able, or are still trying, to feel at home in their bodies. The subject and Ensler's findings aren't new (Naomi Wolf's 1991 Beauty Myth takes a more indepth look). What gives the show its freshness are Ensler's humor and a splendid production by the San Diego Rep. Carole Foreman, Deanna Driscoll, and Linda Libby cut loose, playing everyone from Helen Gurley Brown still clinging to the ideal at age 80 to a Brentwood matron wanting to improve her sex life. Directed with flair by Delicia Turner Sonnenberg, and wearing Jennifer Brawn Giddings's around-the-world-in-80-intermissionless-minutes costumes, the trio excels. Victoria Petrovich's sleek scenic design also makes a telling comment about the mindlessness of pursuing a Platonic

ideal: six tattoo'd mannequins on stage are headless. Worth a try.

SAN DIEGO REPERTORY THEATRE, 79 HORTON PLAZA, DOWNTOWN. 619-544 1000. THURSDAYS, 8 P.M. FRIDAYS, 8 P.M. SATURDAYS, 8 P.M. SUNDAYS, 2 AND 7 P.M. THROUGH SEPTEMBER 28

## Hairdresser on Fire

Compass Theatre's new QPlay series (five plays based on gay and lesbian themes) opens with Scott C. Sickles's seriocomedy about "how much we're willing to put up with when the alternative is loneliness.

COMPASS THEATER, 3704 SIXTH AV-ENUE, HILLCREST. 619-688-9210. SUN-DAYS, 7 P.M. MONDAYS, 7:30 P.M. TUESDAYS, 7:30 P.M. WEDNESDAYS. 7:30 P.M. THROUGH OCTOBER 8.

## Ion's Intimate Ibsen: The Master Builder

Ion Theatre continues its series of staged readings with Henrik Ibsen's mystery-drama about an architect and a woman who claims they were lovers when she was a young teen. Claudio Raygoza directed. 619-374-6894. LYCEUM THEATRE, 79 HORTON PLAZA, DOWNTOWN, MONDAY, 7 P.M. THROUGH SEPTEMBER 29.

## Irving Berlin's I Love a Piano

The Welk Resort Theatre presents a musical celebration of the great American composer of "Blue Skies," "There's No Business Like Show Business," "Puttin' on the Ritz," and hundreds more. Sha Newman directed and choreographed.

WELK RESORT THEATRE, 8860 LAWRENCE WELK DRIVE, ESCONDIDO. 888-802-7469, THURSDAYS, 1:45 AND 8 P.M. SATURDAYS, 1:45 AND 8 P.M. SUNDAYS, 1:45 P.M. TUESDAYS, 1:45 AND 8 P.M. WEDNESDAYS, 1:45 P.M. THROUGH NOVEMBER 9.

The Italian Straw Hat South Coast Repertory Theatre presents the world premiere of a new musical adaptation — book and lyrics by John Strand, music by Dennis McCarthy — based on the classic farce by Eugene Labiche. Stefan Novinski directed. SOUTH COAST REPERTORY THEATRE 655 TOWNE CENTER DRIVE, SOUTHEAST SAN DIEGO. 714-708-5555. THURS-DAYS, 8 P.M. FRIDAYS, 8 P.M. SATUR-DAYS, 2:30 AND 8 P.M. SUNDAYS, 2:30 AND 7:30 P.M. TUESDAYS, 7:30 P.M. WEDNESDAYS, 7:30 P.M. THROUGH OC TOBER 5.

## Jacques Brel Is Alive and Well and Living in Paris

North Coast Repertory Theatre stages this musical tribute (by Eric Blau and Mort Shuman) to French composer Jacques Brel, whose opus includes ballads, tangos, rock, and boleros. David Ellenstein directed.

NORTH COAST REPERTORY THEATRE, 987-D LOMAS SANTA FE DRIVE, SOLANA BEACH. 858-481-1055. THURSDAYS, 8 P.M. FRIDAYS, 8 P.M. SATURDAYS, 8 P.M. SUNDAYS, 2 AND 7 P.M. THROUGH OCTOBER 5.

## Memphis

Although it felt born full grown to those it blew away, when rock 'n' roll first hit the scene, it didn't spring from Zeus's - or, more apt, Dionysus's — thigh. It required a small band of intrepid disc jockeys to cross borders and spread the feisty news. Among the originals was Memphis's Dewey Phillips, who fought an offbeat crusade for the music he called "red, hot, and blue." He died of heart failure at 42 — the Elvis of deejays. Joe DiPietro and David Bryan's Memphis pays a double tribute: to the Phillips-like deejays whose hearts ran ahead of the times and to the city of Elvis, B.B. King, and Johnny Cash. At the La Jolla Playhouse, Chad Kimball plays Huey Calhoun (i.e., Phillips), a white hipster eager to midwife black music to the world. In his first scene, Kimball establishes not only Huey's idiosyncrasies but also his bone-honest sincerity. Kimball rocks every tune and moves as if he's SDG&E's power grid. His performance is (a word misused these days to praise trivial things) awesome. Huev falls for Felicia, a talented African-American singer. Their taboo love's on a collision course with the blues. The at times choppy script could stress Felicia's struggle more (to break a barrier you sometimes have to break your heart), but Montego Glover does such standout renditions of her songs that the production truncates applause - for fear of extending the running time by ten minutes? Memphis has many potential showstoppers (the first act could use a trim, but which of Byran's rafter-shakers do you cut?). DiPietro's book fights a battle between the actual and Broadway expectations. In some ways the energized first act doesn't prepare for the tonal changes in the second, which shifts from striving for a dream to costs paid in full. And the conclusion's an unsteady compromise between wave-thebanner-high uplift and Phillips's exit to oblivion (why not give Huey a belated wake; that way, you get both). The book stumbles here and there, but overall the excellent production's hugely entertaining. The first 20 minutes are so hot, in fact, if the performers kicked them up just a smidge more they'd create a fire hazard. Critic's pick. LA JOLLA PLAYHOUSE, 2910 LA JOLLA

VILLAGE DRIVE, UCSD. 858-550-1010. THURSDAYS, 8 P.M. FRIDAYS, 8 P.M.

SATURDAYS, 2 AND 8 P.M. SUNDAYS, 2 AND 7 P.M. THROUGH SEPTEMBER 28.

## The Merry Wives of Windsor

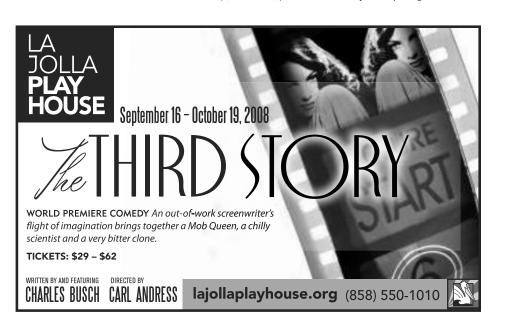
Shakespeare on short notice: legend has it that Queen Elizabeth wanted a play featuring Falstaff in love. The Bard had, the legend says, two weeks to write the fiveact comedy. The script takes longer than his others to get going. And once it does, it's mostly setups and punch lines. Shakespeare used a fascinating shortcut, however: he didn't have time to develop characters, so he gave them distinct voices and turned the stage into a Babel of warped idioms. For the Old Globe, director Paul Mullins reset the play in the Old West. Ralph Funicello's versatile, stained-wood set becomes a dusty street, a dance-hall saloon, and a moonlit forest (okay, the relocation doesn't work 100 percent). Denitsa Bliznakova's multilayered costumes make the transition from buckram to buckskin with ease. If the production has a concept, it would be "Merry Wives is goofy. We're honoring that. Enjoy." Mullins's large cast communicates the fun of doing one farcical lick after another. As Falstaff, Eric Hoffman's opening night was, at best, okay. Hoffman pushed for emotional breadth almost to the point of straining his voice (plus, Falstaff relishes language as much as he does capons; Hoffman gave his words more utilitarian deliveries). Some individuals shine. Katie MacNichol and Celeste Ciulla, as the merry mistresses Ford and Page, bookend the show with schemes and class (a favorite bit: at one point they adopt a 19th-Century melodramatic style and frolic with histrionics). White hair down to his shoulders, Ionathan Mc-Murtry looks like Wild Bill Hickock, until he draws his six-shooters and terrorizes the town. Wynn Harmon's Caius, a French doctor in an aqua jacket, malaprops amusingly. Deborah Taylor, Charles Janasz, and Sloan Grenz enhance scenes. And Bruce Turk, as Frank Ford, turns a minor character into a Falstaffsized, green-eyed dupe Worth a try.

OLD GLOBE THEATRE, 1363 OLD GLOBE WAY, BALBOA PARK, 619-234-5623. THURSDAYS, 8 P.M. FRIDAYS, 8 P.M. SATURDAYS, 8 P.M. SUNDAYS, 8 P.M. THROUGH SEPTEMBER 28

# **National Comedy Theatre**

Improvisational comedy, making up funny stuff on the spot, is difficult enough. Years ago, however, Keith Johnstone thought it'd be more exciting if done competitively. He got the idea





# Worth a try.

MARQUIS THEATER, 3717 INDIA STREET, MISSION HILLS. 619-295-4999. FRIDAYS, 7:30 AND 9:45 P.M. SATURDAYS, 7:30 AND 9:45 P.M. OPEN-ENDED RUN.

Starlight presents the Arthur Kopit (book) and Maury Yeston (music

and lyrics) musical based on Federico Fellini's autobiographical movie 81/2.

STARLIGHT MUSICAL THEATRE, SOUTH PAN AMERICAN PLAZA, BALBOA PARK 619-544-7827. THURSDAYS, 7:30 P.M. FRIDAYS, 7:30 P.M. SATURDAYS, 7:30 P.M. SUNDAYS, 7:30 P.M. THROUGH

## No Exit

Diversionary Theatre stages Jean-Paul Sartre's existential drama about three people in the afterlife who discover that "hell is other people." Esther Emery directed. DIVERSIONARY THEATRE, 4545 PARK BOULEVARD, UNIVERSITY HEIGHTS. 619-220-0097. THURSDAYS, 7:30 P.M. FRIDAYS, 8 P.M. SATURDAYS, 8 P.M. SUNDAYS, 2 AND 7 P.M. THROUGH OC-

## Romeo and Juliet

For the Old Globe, director land-based economy was still the norm. Vows, like marriages and one's social station, were permanent, and their love was absolute. sleeves of the period. Iron gates

and stained-glass windows dominate Ralph Funicello's stainedwood set. And York Kennedy's splendid lighting finds that mystical source, somewhere above and to the side, that illumines the works of Tintoretto and Caravaggio: amid darkness the lovers glow. Stage pictures resemble paintings. Some echo each other, as when Juliet's hand reaches down for Romeo, from the balconv and from the tomb. But Seer breaks the picture frame, so to speak, when Romeo and Juliet address speeches to the audience. If the choice was meant to endear them to us, they don't need it (I can't think of anyone audiences could care more about). And including us in their private thoughts breaks their tragic isolation. The night I caught the show, Graham Hamilton - and the production overall — settled in about a third of the way through, At first Hamilton dashed off his poetry as if it were prose. Later he hit his accents

and began to mean what Romeo

meant. Heather Wood not only

ligence, she has a naturally

false when she tries to add

melodic voice that only rings

expresses Juliet's youth and intel-

melody to it. The production offers strong visuals, and the story, as so often in Shakespeare, works on elemental levels. But the second half's a mite stately and restrained. It honors the Bard but could improve if it unleashed the tragedy's opera-like impulses. Romeo and Juliet runs in repertory with The Merry Wives of Windsor and All's Well That Ends Well. Call the theater for days and times of each. Worth a try.

OLD GLOBE THEATRE, 1363 OLD GLOBE WAY, BALBOA PARK, 619-234-5623. THURSDAYS, 8 P.M. FRIDAYS, 8 P.M. SATURDAYS, 8 P.M. SUNDAYS, 8 P.M. THROUGH SEPTEMBER 28

## A Shot in the Dark

Patio Playhouse stages the comedy that became the Peter Sellers movie The Pink Panther. Vetas Gleissner directed.

PATIO PLAYHOUSE, 201 EAST GRAND AVENUE, ESCONDIDO. 760-746-6669. FRIDAYS, 8 P.M. SATURDAYS, 8 P.M. SUNDAYS, 2 P.M. THROUGH OCTOBER 12

## **Taming of the Shrew**

Coronado Playhouse's 12th annual Free Shakespeare offers the battle between Petruchio and Kate. A

musical preshow begins 15 minutes before curtain. CORONADO PLAYHOUSE, 1835 STRAND WAY, CORONADO. 619-435-4856. THURSDAYS, 8 P.M. FRIDAYS, 8 P.M. SATURDAYS, 8 P.M. SUNDAYS, 2 P.M. THROUGH SEPTEMBER 28.

## The Third Story

The La Jolla Playhouse presents Charles Busch's triptych of stories: a mother-son screenwriting team; a B movie about a mob queen and a lady scientist; and a Russian fairy tale. Carl Andress directed. LA JOLLA PLAYHOUSE, 2910 LA JOLLA VILLAGE DRIVE, UCSD. 858-550-1010. THURSDAYS, 8 P.M. FRIDAYS, 8 P.M. SATURDAYS, 2 AND 8 P.M. SUNDAYS, 2 AND 7 P.M. TUESDAYS, 7:30 P.M. WEDNESDAYS, 7:30 P.M. THROUGH OC-

# **Troilus and Cressida**

Shakespeare at his most philosophical, and irate. Goethe said, "If you would see Shakespeare's mind unfettered, read Troilus and Cressida." It's the Bard's take on Homer's Iliad, but the "heroes" on both sides are slimy, self-regarding thugs who bounce around the Dardan Plain like overinflated balloons. And Helen of Troy's a weapon of mass destruction, an excuse for conquest and nothing more. The love of the title characters doesn't just go wrong; it becomes the emblematic tale of infidelity. Goethe said "read" the play, not stage it. Troilus is a theatrical monster demanding actors with muscular physicality and the chops to deliver some of the Bard's finest poetry. It last appeared in San Diego at the Old Globe in 1976. Aside from anything else, Compass Theatre deserves praise for attempting this epic task. DirecWeinberg-Harter (who plays Pandarus and Agamemnon) have done a smart job of trimming a script that's literature when read but that waxes verbose when performed. The opening night, however, ranged from amateurish reciting to odd emphases to sprints through the poetry (if you get to speak the lines "when time is old and hath forgot itself/ When waterdrops have worn the stones of Troy," PLEASE don't mumble them at top speed to the floor!). Most of the cast (nine actors playing over 25 parts) had yet to internalize their roles. And the better performances – Michael Nieto as Aeneas and Ulysses, Adam Parker as Paris and a drooling Thersites — exposed the others' weaknesses. The Compass production may, or may not, grow during its run. But then again, if the "past is pro logue" for what's to come, this may be your only chance to see a Troilus in San Diego for the next COMPASS THEATER, 3704 SIXTH AV-

tor Welton Jones and George

ENUE, HILLCREST, 619-688-9210. THURSDAYS, 8 P.M. FRIDAYS, 8 P.M. SATURDAYS, 8 P.M. SUNDAYS, 2 P.M. THROUGH OCTOBER 5.

# The Women

The Old Globe Theatre presents a revival of Clare Booth Luce's "hilarious, wicked" commentary on 1930s Manhattan socialites. Darko Tresnjak directed. OLD GLOBE THEATRE, 1363 OLD GLOBE

WAY, BALBOA PARK. 619-234-5623. THURSDAYS, 8 P.M. FRIDAYS, 8 P.M. SATURDAYS, 2 AND 8 P.M. SUNDAYS, 2 AND 7 P.M. TUESDAYS, 7 P.M. WEDNES-DAYS, 7 P.M. THROUGH OCTOBER 26.

# THEATER DIRECTORY

# Actors Alliance Of San Diego

Liberty Station (619) 224-3600 www.actorsalliance.com

American Rose Theatre

# w.americanrosetheatre.com

Arts Tix 28 Horton Plaza, Downtown (619) 497-5000 vw.sandiegoperforms.com

# Asian American Repertory Theatre (888) 568-2278 www.asianamericanrep.org

**Beacon Theatre** (760) 724-8218 www.beacontheatresd.com

Borrego Springs Performing Arts Center 590 Palm Canyon Dr., Borrego Springs (760) 767-4275 www.bspac.us

**The Broadway Theatre**340 East Brodway, Vista
(760) 806-7905 www.premiereforkids.com

California Center For The Arts

# 340 N. Escondido Blvd., Escondido (760) 839-4100 www.artcenter.org

**Carlsbad Village Theatre** 2822 State St., Carlsbad (760) 729-0089 www.carlsbadvillagetheatre.com

Centro Cultural De La Raza

# 2004 Park Blvd., Balboa Park (619) 235-6135 www.centroraza.com

**CCT Musical Theater** 

# 1545 Pioneer 15, (619) 588-0206 Susicaltheater.com

Civic Theatre

# (858) 570-1100 www.sdcivic.org Center Stage Players (619) 750-5402

w.centerstageplayers.com

# Clairemont Community Players

4902 Mt. Ararat, Clairemont (858) 560-5114

# **Community Actors Theatre** 2957 54th St., State College (619) 264-3391

tvactorstheatre com Compass Theatre 3704 6th Ave., Hillcrest

# (619) 688-9210 www.sixthatpenn.com

Copley Symphony Hall 750 B St., Downtown

# ww.sandiegosymphony.com

(619) 235-0804

Coronado Playhouse (619) 435-4856

## .coronadoplayhouse.com CYT Theater For Kids

1545 Pioneer Way, El Cajon (619) 588-0206 www.cyt.com

**Cygnet Theatre Company** 6663 El Cajon Blvd., Ste. N, College Area (619) 337-1525 www.cygnettheatre.com

**Diversionary Theatre**4545 Park Blvd., Normal Heights
(619) 220-0097 www.diversionary.org East County Performing Arts Center 210 E. Main St., El Cajon (619) 440-2277 www.ecpac.com

Richard Seer wisely sets Shakespeare's tragedy in its time. Romeo and Juliet lived when a Anna R. Oliver's costumes include the slashed fronts and

**Educational Cultural Complex Theater**4343 Ocean View Blvd., Southeast (619) 527-5256

# **Eveoke Dance Theatre**

(619) 238-1153 www.eveoke.org The Fault Line Theatre

3152 Fifth Ave., Hillcrest (619) 692-3382 www.faultlineprod.com

# Fern Street Circus (619) 235-9756 www.fernstreetcircus.org

(619) 235-9750 **The Fritz Theatre**(C10) 233-7505 www.fritztheatre.com **Grossmont College** Stagehouse Theatre, El Cajon (619) 644-7234

# http://grossmont.gcccd.cc.ca.us/

The Hispanic Arts Theatre
Of San Diego
(619) 475-7496

H.I.T. Productions Dinner Theater Shirley's Kitchen, 7868 El Cajon Blvd. La Mesa (619) 561-8673 (619) 561-8673 www.dinnertheater.net

# Horton Grand Theatre 444 Fourth Ave., Downtown

(619) 234-9583 Inner Mission Productions

www.innermissionproductions.org

Iris Theater 4580-B Alvarado Canyon Rd. (619) 271-4144 www.iristheater.org

**Laguna Playhouse** 606 Laguna Canyon Rd., Laguna Beach

# (949) 497-2787

(949) 497-270. **La Jolla Playhouse**Mandell Weiss Center, UCSD

# Mandell Weiss Center, UC (858) 550-1010 www.lajollaplayhouse.org

La Jolla Stage Company 7887 Herschel Ave. (858) 459-7773 www.thelajollastageco.org

# Lamb's Players Theatre Paul and Ione Harter Stage

1142 Orange Ave., Coronado (619) 437-0600 www.lambsplayers.org

## **Lamplighters Community Theatre** 8053 University Ave., La Mesa (619) 464-4598 www.lamplighterstheatre.org

Lyric Opera San Diego Stephen & Mary Birch North Park Theatre

Marie Hitchcock Puppet Theater Balboa Park (619) 685-5990

Mesa College Theatre Company 7250 Mesa College Dr., Clairemont (858) 627-2621 MiraCosta College Theatre

# One Barnard Dr., Oceanside (760) 795-6815 www.miracosta.edu Mira Mesa Theatre Guild

# **Moonlight Stage Productions** 651 E. Vista Way Vista (760) 724-2110 www.moonlightstage.com

The Muse Theatre (619) 239-2894

**Mystery Cafe**The Imperial House Restaurant
505 Kalmia St., Hillcrest
(619) 544-1664 www.mysterycafe.net

# National Comedy Theatre 3717 India St., Mission Hills (619) 295-4999 www.nationalcomedy.com

New Village Arts Theatre 2787 B State St., Carlsbad

# (760) 433-3245 www.NewVillageArts.org

North Coast Repertory Theatre 987-D Lomas Santa Fe Dr., Solana Beach (858) 481-1055 www.northcoastrep.org

# North Park Vaudeville 2031 El Cajon Blvd., North Park

The Old Globe Theatre Lowell Davies Festival Theatre, Balboa Park (619) 23-GLOBE (234-5623)

**Old Town Theatre** 

## 4040 Twiggs St., Old Town (619) 688-2494 noldtown.com

Onstage Playhouse 291 Third Ave., Chula Vista (619) 422-7787 www.onstage.itgo.com

# Palomar College Theatre

1140 W. Mission Rd., San Marcos (760) 744-1150 x2453 www.palomar.edu Patio Playhouse 201 E. Grand Ave., Escondido (760) 746-6669 www.patiopl

# www.patioplayhouse.com

Pine Hills Lodge 2960 La Posada Way, Julian (760) 765-1100 www.pinehillslodge.com

Point Loma Nazarene University Salomon Theatre 3900 Lomaland Dr., Point Loma (619) 849-2433 www.ptloma.edu

Poway Center For The Performing Arts 15498 Espola Rd., Poway (858) 748-0505 www.powayarts.org

# PowPAC, Poway's Community Theater 13250 Poway Rd., Poway (858) 679-8085 www.powpac.org

Ramona MainStage Theatre 626 Main St., Ramona

# The Rehearsal Room 1159 6th Ave., Downtow

San Diego Actors Theatre P O Box 880285 92168 (858) 268-4494 www.sdactorstheatre.net

# San Diego City College Theater Saville Theatre

14th and C Streets, Downtown (619) 230-2676 www.sdcity.edu San Diego Junior Theatre
Casa Del Prado Theatre, Balboa Park
(619) 239-8355 www.juniortheatre.

# San Diego Musical Theatre vw.SDMT.org

**San Diego Opera** 1200 Third Ave., Downtown (619) 232-7636 www.sdopera.com

# San Diego Repertory Theatre 79 Horton Plaza, Downtown (619) 544-1000 www.sandiegorep.com S.D. School Of Creative &

Performing Arts 2425 Dusk Dr., Paradise Hills (619) 470-0555 www.scpa.sandi.net

# San Diego State University Don Powell Theatre

and Experimental Theater
(619) 594-6884 http://theatre.sdsu.edu/ San Diego Theatresports

# (619) 465-7469 www.improvise.net

**Scripps Ranch Theatre** nerado Rd., Scripps Ranch (858) 578-7728 www.scrippsranchtheatre.org

# San Diego Black Ensemble Theatre (619) 280-5650

# **Sledgehammer Theatre** (619) 544-1484 www.sledgeha

Southwestern College 900 Otay Lakes Rd., Chula Vista (619) 482-6367 www.swc.cc.ca.us The Spreckels Theatre

# 121 Broadway, Down (619) 235-9500

Star Theatre 402 North Coast Highway, Oceanside (760) 721-9983 www.startheater.org

# Starlight Musical Theatre (619) 544-7827

Sullivan Players 1531 Tyler Ave., Hill

# (858) 274-1731 Sushi Perform & Visual Art

320 Eleventh Ave., Downtown (619) 235-8466 www.sushiart.org Teatro Máscara Mágica

# www.sandiegoreps.com

Theatrx 155 East Grand Ave., Escondido (760) 735-2491 www.theatrx.8m.com

## Tonic Productions (619) 246-4853 www.tonicproductions.org

**Truax Performing Arts Center** 400 Rancho Del Oro, Oceanside (760) 967-7918

# University Of California San Diego UCSD Theater, Studio Mandell Weiss Center (858) 534-4574

(619) 260-7934 www.

www-theatre.ucsd.edu **University Of San Diego** 

# **Vantage Theatre** (619) 262-6162 http://home.san.rr.com/vantagetheatre Welk Resort Theatre

8860 Lawrence Welk Dr., Escondido (888) 802-7469 w welkresort com/sandiego The Wild Parrot Players Community Theatre Point Loma United Methodist Church

# Women's Repertory The (619) 282-3277

ınset Cliffs, Ocean Beach

srep.org

BALBOA THEATRE

SAN DIEGO THEATRES PRESENTS THE 2008-2009 SEASON



Nickel Creek's Virtuoso Mandolinist CHRIS THILE & **Bassist Extraordinaire EDGAR MEYER** 

This Sunday, Sept 28, 3pm

Mon, Nov 17

THE SONG AND DANCE **ENSEMBLE OF WEST AFRICA** 

Sun, Dec 7

EDDIE CARROLL stars in the story of Jack Benny LAUGHTER IN BLOOM

Tickets now on sale! 619/760/858-570-1100 www.sdbalboa.org • Ticketmaster

# **HELP WANTED**

PLACE ADS IN THE READER by calling 619-235-8200, 8:30am to 5:00pm, Monday through Friday. Deadline: 5pm Tuesday.

ACCOUNTING/FINANCE. Volt Services
Group has immediate Temporary. Tem-ACCOUNTING/FINANCE. Volt Services Group has immediate Temporary, Temporary-to-Direct Hire and Direct Placement opportunities. Competitive wages, paid weekly, paid holidays and vacation. Medical and dental insurance plans, state of the art training, career management and more. www.jobs.volt.com. Call Volt Services Group for more information. EOE. San Diego: 858-576-3140; e-mail: clairemont@volt.com. Carlsbad: 760-729-8916; email carlsbad@volt.com! Cignomovolt.com. San Marcos: 760-471-0800; email sanmarcos@volt.com. Scripps Ranch: 858-578-0920; email scrippsranch@volt.com.

AD SPECS. Great job! Great location! Great company! 8/hour plus bonuses! Come work with the best. Old Town Trolley, 619-543-8188.

ADMIN ASSISTANT/SENIOR. \$19-\$25 hour. Requires 10+ years experience; 2-5 years property management/commercial and residential; MS Word, Excel, Outlook. Requires criminal background check and drug screen. Please call or send your resume to Tristaff Group, 858-597-4000; fax

858-453-9632, staffing@tristaff.com.

ADMINISTRATIVE ASSISTANT. Helen
Woodward Animal Center (full time).
Strong database skills, excellent telpphone customer service skills and proficiency in Word/Excel required. \$11/hour.
Fax resume to 858-75-7520 or visit our
website at www.animalcenter.org. EOE.

ADMINISTRATIVE/ACCOUNTING Assis tant, North County. Busy office requires: multitasking, organizational skills, and phones. Be computer literate. Back-ground/drug test required. Benefits. Fax resume to 888-369-9229 or e-mail wmapplicants@aol.com.

ADMINISTRATIVE/CLERICAL. Volt Ser vices Group. Temporary, Temporary-to-Direct Hire, Direct Placement. Competitive wages, paid weekly. Paid holidays, vacation. Medical, dental, training, career management. www.jobs.volt com. EOE. San Diego: 858-576-3140; ecom. EUE. Sain (1980): 636-76-314y, et-mail: clairemont@volt.com. Carlsbad: 760-729-8916; email carlsbad@volt.com. El Cajon: 619-401-1524; email elcajon@ volt.com. San Marcos: 760-471-0800; email sanmarcos@volt.com. Scripps Ranch: 858-578-0920; email scrippsranch@volt.com

# **Classified ads:** Only \$8 a week! Special! 4 weeks for \$19!

# All ads include Free Online Classified Listing on our website!

Place your garage sale, music equipment/instruments, for sale, stage notes, automotive, sports, pet ads and more!

**DEADLINE: 5 pm TUESDAY** 

PHONE: 619 235 8200 WALK-IN: 1703 India Street (at Date) Little Italy

Rate applies to private parties. Other rates for roommates, rentals, employment and paid services.

ADVERTISING SALES. Are you outgoing good with people, an independent

ADVERTISING SALES. Are you outgoing, good with people, an independent worker? Good earning potential with upscale magazine distributed from Mexico Canada. Send resume: info@bajalifestylemag.com.

ADVERTISING SALES at the San Diego Reader and Job Giant. Position for a highly motivated sales professional with proven, successful track record in display and/or classified advertising. Your abilities include: cold-call prospecting, building strong customer rapport, benefit clarification, strong desire to meet sales goals and achieve earnings growth. Work in a positive, casual environment for the nation's third-largest al-

ternative newsweekly. Strong commission/bonus plan. Guaranteed income to start. Enjoy selling a product that works for its customers. Benefits include: health coverage, 401(k) (capped), free parking in downtown San Diego and more. E-mail: hrdept@sdreader.com. Mail: PO Box 85803, San Diego, CA 92186-5803. Fax: 619-231-0489.

AGENTS WANTED! Obtain your Real Estate license now! 2.5 week fast-track program with 1-on-1 coaching/free

video cram. \$100K+ potential. Pruden-tial Dunn, Susan: 858-245-7880/800-319-1031.

AGENTS/FINANCIAL SERVICES. Ca reer in Financial Services. No experi-ence required, training provided. Work around your current schedule. Call 858-

ness-to-business via phone, no selling. Part time only. Morning hours 7:30-11:30am, Miramar area. Paid training. Can earn up to \$20/hour. E-mail resume Road, San Diego, CA 92121. 858-677-

APOINTMENT SETTER. No selling! \$10/hour base pay. Earn up to \$20/hour! No experience needed. Just book appointments. Money motivated, reliable people for Monday-Thursday, 9am-3pm shift; Fridays 9am-1pm and Saturdays 9am-12non. Additional hours available. Gateway Marketing. San Diego: 619-697-5600. Escondido: 760-743-0050.

APPOINTMENT SETTER. www. monarchjobs.com. Up to \$500-\$1000+ weekly! Paid weekly. AM/PM shifts. Full, part time. Medical, dental. Near Grantville trolley. Call today! Mission Valley: 619-516-4276.

APPOINTMENT SETTERS: \$2000-\$2500/week. Earn what you're worth! Green living, energy-efficient products! Pacific Home remodeling has been in business for over 22 years, promoting energy-efficient, eco-friendly products. If you're tired of the fluorescent lights If you're tired of the fluorescent lights and tired of minimum wage, apply now for a marketing/sales position that will enable you to excel and move to the next level. no experience necessary, training and all the tools needed to ensure success provided. Full-and partime positions available. Visit our website: www.pacifichomeremodeling. com. Call to schedule an interview: 858-866-0183. 6861 Nancy Ridge Drive, Suite D, San Diego, CA 92121.

ASSEMBLY WAREHOUSE. Light Industrial. Immediate long-term and temporary positions. Full benefits available immediately. Call 858-292-8562, fax 858-292-0230, e-mail help@gostaff.com, apply online www.gostaff.com.

com, apply offinite www.gostan.com.

ASSISTANT HOUSEKEEPING Manager.
Full time. \$14.36-\$17.95/hour. Benefits.
OHI is a mission of the Free Sacred Trinity Church, a non-denominational church that has been operating spiritual retreats since 1976. Opportunities require a flexible work schedule including weekends and holidays. Assist departquire a liexiole work scriedule including weekends and holidays. Assist department with staff of 12-15 and all house-keeping activities for 130-room facility. Minimum 2 years hotel experience: 2 years supervisory experience in hotel, resort or healthcare. Exceptional cusresort or healthcare. Exceptional customer service with excellent verbal, writing and MS Office skills. English is required. Nonsmoking, drug-free environment. Apply online at www.optimumhealth.org or in person at 9665 Granite Ridge Drive, Suite 310, San Diego 92123. Call 858-634-5516.

# HELP WANTED

# WANTED IMMEDIATELY SECURITY OFFICERS

needed for Prestigious Downtown San Diego Sites. Must be customer service oriented, computer literate and have excellent communication skills. All shifts available.

- ✓ Will assist with Guard Card
  - ✓ Med/dental/vision
- ✓ No experience required ✓ FREE uniforms
- ✓ Free life insurance
- ✓ Paid vacation ✓ 401(k)

EEO/M/F/D/V • Drug-Free • PPO #14827 For fastest response, apply online now! www.securitasjobs.com

Or apply 8 am-5 pm Mon.-Fri.

SAN DIEGO (92120) • 619-641-0049 • 6160 Mission Gorge Rd., Ste. 100 SAN MARCOS (92078) • 760-591-3733 • 365 S. Rancho Santa Fe Rd., Ste. 202 TEMECULA (92590) • 951-676-3954 • 28991 Old Town Front St., Ste. 206



# **Dialing** for Dollars! **Phone Personalities**

No experience. Will train. Immediate openings. Call today, start tomorrow.

- Great hours: 7 am-2:30 pm Monday-Friday.
- Paid training, 401(k), medical, dental benefits.

Kearny Mesa: Allen, 858-292-8577 Mira Mesa: Dana, 800-854-2830 Oceanside: Mike, 619-701-3631

# San Diego

**Production Mail Sorters** Electronic Technician

# **North County**

Manufacturing **Quality Control Machine Operators** (night shift) **Electronic Engineer Material Handlers** 

Immediate openings • Various shifts Experience required • Come in or call now!



Optimal Employment Service LLC.

8316 Clairemont Mesa Blvd. #204 San Diego • 858-277-5680

# **Security Guard Training Free**

To those who qualify • 20% discount to all others with this ad.

# We offer training for:

- Guard Card Firearms Baton Pepper Spray/Mace Taser
- CPR/First Aid Report Writing Tactical Verbal Defensive Tactics
  - Handcuffing Loss Prevention Veterans Training

# NANPOR SECURITY ACADEMY

(Serving San Diego County for 21 years) 601 Mission Avenue • Oceanside, CA 92054 For more information: 760-439-6400 www.nanpor.com

Ask about:

- Training Package Job Placement Assistance
  - Ongoing Career Training & Support



# **Fundraising**

A national Telemarketing firm with over 20years in business, specializing in fundraising for the Democratic Party and charities, is currently hiring Telemarketers for its San Diego center.

- \$9/hour
- Paid training
- Performance bonuses
- Medical/dental
- 401(k)
- Full- and part-time
- Convenient location



9620 Chesapeake Drive, Suite 108 San Diego, CA 92123-1369

Call for an interview: 858-496-2100



# **Correctional Deputy Probation Officer I**

# Minimum Qualifications

- 21 years old Good physical condition No illicit drug usage U.S. citizen or in process of becoming a citizen
  - No felony convictions High school diploma or GED

# Salary:

New: \$36,275-\$46,300 annually Safety Retirement-Sworn Officers 3% at age 50. Bilingual men/women encouraged to apply.

Test dates: October 4, 2008 • 8 am or November 1, 2008 • 8 am

Montgomery Middle School 2470 Ulric Street • San Diego, CA 92111

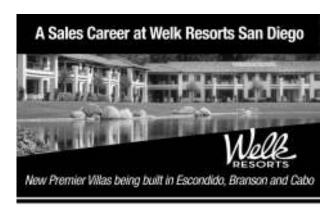
Note Application Process:

Prior to taking the written examination, applicants must complete the following: Complete and submit the online application form and provide correct and complete responses to the Supplemental Questions. Applicants will be invited to the written exam by written notice that will be sent either by e-mail or U.S. mail per applicant's request. You must be sure to complete the online application before you appear for the written examination.

For additional information, contact the department's

Jobline: 858-514-8558

www.sdcounty.ca.gov/probation



# Welk Resorts San Diego is a 640 acre paradise featuring:

Brand new state-of-the-art Preview Center • Five Recreation Centers
Water slides • Water features • Waterfalls • Two golf courses
Tennis Courts • Fishing pond • Too many pools to count • Fitness center
Fitness trails • Basketball • Volleyball • Horseshoes • Bicycle rentals
Special kids clubs and kids activities • Restaurants • Shopping
Live theater • Barbecue and picnic areas

In August, 2 Sales Agents earned over \$20,000 9 earned over \$15,000 • 26 earned over \$10,000 Multiple agents earned over \$100,000 in the past six months.

You supply the ENERGY, ENTHUSIASM, A GREAT SMILE AND A GREAT ATTITUDE Welk Resorts will supply everything else you need to be successful, including PAID TRAINING

> Tom Trobaugh (760) 749-5082 • (760) 749-5084 (Fax) dsanchez@welkgroup.com www.welkresorts.jobs

BARTENDERS/SERVERS. Now hiring, new McDinis Sports bar/diner. Tuesday-Thursday, 1-3pm, or drop resume, 105 East 8th Street, National City. No phone calls, please.

calls, please.

CANVASSING! \$2K-\$4K/month part time. Setting appointments for home makeovers! We train. Base plus commission. Start immediately. Call Jake to schedule interview, 858-278-5605.

mission. Start immediately. Call Jake to schedule interview, 858-278-5605.

CAREGIVER. Experienced for active male quad. Good driving record, communication skills required. Male preferred. 619-466-9189.

**CAREGIVER.** Live-in or per diem at boarding care facility. Experience and background check required. Call for more information, 619-303-2778.

CAREGIVERS. Find Your Care, Caregiver Matching Services. Set your own schedule! Increase your exposure to all agencies. Your skills will be matched to available positions. Log on and register for Free at FindYourCare.com.

Tor Free at FindYourCare.com.

CAREGIVERS. Home Instead Senior
Care needs cheerful, dependable people to help seniors stay at home with our
non-medical home care services. Competitive pay/training. Flexible hours.
Great benefits. Central/East Jobline:
619-433-6200. South Bay/Coastal: 858277-3722.

CAREGIVERS. Join Visiting Angels, America's choice in Home Care. Provide compassionate, personal and companion care to seniors in their homes. Minimum 1 year experience. Serving Encinitas, Del Mar, Rancho Santa Fe, Carmel Valley, University City. Lynne, 858-621-8725.

858-621-8725.

CAREGIVERS/CNAs/HHAs Immediate openings: Hourly, Live-in, Nights. Cheerful Caregivers needed to assist seniors in-home. Minimum 1-year experience. Premium pay/bonuses/benefits, 24-hour office support. Age Advantage, 619-660-8881, 760-720-7272.

CAREGIVERS/COMPANIONS. Home care agency has immediate openings for compassionate and experienced Caregivers in the El Cajon, Lakeside, Granite Hills, Bostonia and Rancho San Diego areas. Must have valid CA driver's license and reliable transportation. Background check required. Visiting Angels, 619-401-2040.

CAREGIVERS/COMPANIONS. Homecare agency is looking for compassionate and experienced Caregivers to start immediately in the Coronado, Point Loma and Downtown San Diego area. Must have valid CA driver's license and reliable transportation. Background check required. Please call 760-294-8770.

CAREGIVERS/COMPANIONS. Minimum 1 year experience non-medical home care for seniors. Valid California Driver's License. Serving Santee/La Mesa/Del Cerro/San Carlos. Maureen, Visiting Angels, 619-749-7525.

CAREGIVERS/COMPANIONS. Visiting Angels, America's Choice in Homecare. Now hiring compassionate, caring Caregivers/Companions. Requires minimum 1 year experience in non-medical home care for seniors and valid CA driver's license. Serving Poway, Rancho Penasquitos, Scripps Ranch and Mira Mesa areas. Call for an immediate interview: 858-775-1176.

view: 858-775-1176.

CAREGIVERS: LIVE-INS, 2, 3, 4 or 5 days/week, \$120/day including sleep and meal periods. Weekends and hourly: 4-hour, 8-hour and 12-hour shifts, AM/PM. Top pay, flexible shifts 24/7, 401(k), production bonus, rewards for good work. Requires valid driver's license, vehicle/insurance, registration, one year of paid elder caregiving experience, eligibility to work in the United States. \$50 Hiring Bonus after 90 days of employment. Comfort Keepers, 2006 Workplace Excellence Medallion Award SDSHRM, San Diego: 619-795-6036. San Marcos: 760-598-3400.

CAREGIVERS needed immediately. 1

CAREGIVERS needed immediately. 1 year experience. All shifts available. Hourly and live in. Call Assertive Homecare Services, 3774 Grove Street, Suite L-1, Lemon Grove. 619-466-6890.

CASHIER. Immediate opening for a Cashier, 10am-6pm, Monday-Friday, no nights or weekends. \$9.50 per hour. Pharmacy in the UTC area. Call 760-835.0720

CASHIER: LEAD CASHIER. Downtown San Diego. \$10.50/hour. 7:30am-4pm Monday/Thursday/Friday and 3:30-9pm Tuesday/Wednesday. Must have previous cash handling experience. Apply at www.sunsetparking.com.

CLASSROOM AIDES. Work with developmentally disabled children in non-public school. Experience preferred. Allied Gardens, Chula Vista, La Mesa. Monday-Friday, 7:30am-1pm. 99.75/ hour to start. EOE. www.vistahill.org. Faar resume: 619-281-0453. EOE. Apply weekdays, 9am-4pm. Stein Education Center, Attention: HR, 6145 Decena Drive, San Diego CA 92120.

CLERICAL. Experienced only. Knowledge of Livery Coach software a plus. For more information, call 619-224-1141 or e-mail resume to ray@careysandiego.com

CNA'S/HHA'S/COMPANIONS and Homemakers. We're seeking caring, compassionate, dependable people with personal transportation. Flexible schedules, competitive pay, paid weekly. Training opportunities. Apply weekdays: 9am-4pm. Right at Home, 8369 Vickers Street #203, San Diego CA 92111. www.rahlajolla.com. 858-277-5900

CNA/ACUTE CARE. CNA, CNA/Interpreter, CNA/Nursing Unit Secretary/Interpreter, Nursing Unity Secretary/Interpreter. Apply online: www.pph.org, weekdays: In person 7:30am-4:30pm, Palomar Medical Center, HR: 660 East Grand Avenue, Escondido, 92025; Pomerado Hospital, HR: 15615 Pomerado Road, Poway, 92064; Palomar Continuing Care, 1817 Avenida del Diablo, Escondido, CA 92029.

**SAN DIEGO SHERIFF'S DEPARTMENT** 

# Now Hiring!



# THE REFLECTION OF SUCCESS

Exam Dates:
October 4, 2008 – 7:30 am Arrival

**October 8, 2008 – 5:30 pm Arrival** 

or

Applications must be completed <u>online</u> at <u>www.joinsdSHERIFF.net</u> and the application printout brought to the test site. Applicants arriving without a completed application will be turned away.

Sheriff's Administrative Center
9621 Ridgehaven Ct., San Diego, CA 92123
Registration by e-mail or phone is required.
Space is limited.
recruit@sdsheriff.org

18-year-olds eligible to apply!
Bring valid photo ID.

858-974-2000

CNA/CHHA. Beginners, experienced. Family Caregivers, Childcare, Home Care Family Caregivers, Childcare, Home Care Aides, Drivers. Great payl New-hire bonus! Nonmedical, in-home help for seniors, children, disabled. 12-and 24-hour shifts! Training. Flexible schedules, benefits, retirement, childcare. At Your Home Familycare. E-mail: homecarejobs@atyourhomefamilycare.com. Toll free: 1-677 001 (2018)

77-903-JOBS.

NC MACHINIST. Full time. Do you have

with CNC Mill and/or related machines?
Are you looking for a great job opportunity or a change in your career? If so, we currently have 2nd and 3rd shift openings in North San Diego County (Carlsbad and surrounding communities). Ideal candidate would need one-year certificate from a college or technical school plus 1-4 years related experience and/or training (or equivalent combination of education and experience). Perform consistent and accurate results, demonstrate compeaccurate results, demonstrate competency for setting up and running various

machine tools (FADAL milling center, Mori Seiki milling center, Mori Seiki turning center, CMS turning center, Mitsubishi wire EDM, HAAS turning center, HAAS milling center and have working knowledge of mechanical inspection equipment including, but not limited to: calipers, micrometers, height gage, thread gages and inspection pins. EOE. carlsbad@volt.com. 1850 Marron Road, 1114, Carlsbad 92008. Fax: 760-720-7341. 760-729-8916.

COMMUNITY TRAINING Specialist/Job Coach. \$9.75/hour to start. Assist developmentally disabled adults in the community. Behavioral and instructional programs. Implement schedules. 32.5 hours/week. Benefits. E-mail: steinjobs@

tion Center, Attention: HR, 6145 Decena

Drive, San Diego CA 92120.

COMPANIONS, CNA'S/HHA'S and Homemakers. We're seeking caring, compassionate, dependable people with personal transportation. Flexible schedules, competitive pay, paid weekly. Traingoportunities. Apply weekdays: 9am-4pm. Right at Home, 8369 Vickers Street #203, San Diego CA 92111. www.rablaiolla.com. 858-277-5900.

CONSTRUCTION LEAD CARPENTER. Must have minimum 6 years experience in residential construction; own tools and transportation; ample knowledge in foundation, framing, finish work; experience leading crews. Drug test required. Fax resume between 6am-9pm only: 619-741-1482.

CONSTRUCTION. Immediate long-term and temporary positions. Labor, Carpenters, Drywallers, Maintenance Tech Plumbers, Painters. Full benefits available immediately. Call 858-292-8562, fax 858-292-0230, e-mail help@gostaff.com, apply online www.gostaff.com.

# Volunteers of America

**CONTROLLER.** Volunteers of America Southwest California, a faith-based social Southwest California, a faith-based social service non-profit, is seeking a strong leader to head our finance and accounting department. You would be responsible for: financial forecasting; cash flow management; budget development and monitoring for 14 different programs encompassing 30+ contacts; monthly, quarterly and annual financial reports; investment and banking relationships; supervision of accounting staff; coordination of annual independent audit and ongoing audits with regulatory funding agencies. Position requires 8+ years of related experience including experience acting in a leadership role, working with contacts, cash flow management, and suacting in a leadership role, working with contacts, cash flow management, and supervisory experience and a B.A. degree in Accounting or related field. We prefer a CPA and experience with Great Plains. Please send resume via e-mail: hr@voa-swcal.org; fax: 619-282-8210; or mail: Volunteers of America Southwest California, 3530 Camino Del Rio North, Suite 300, San Diego CA 92108 Suite 300, San Diego, CA 92108

COOK. Experienced Grill Cook needed full time for busy, fast-paced seafood restaurant in Mission Hills. Apply: Blue Water Seafood, 3667 India Street. 619-497-0914.

CORRECTIONAL DEPUTY PROBATION CORRECTIONAL DEPUTY PROBATION
Officer I. County of San Diego Probation
Department now hiring. Test Date: October 4, 2008, 8am or November 1, 2008,
8am. Montgomery Middle School, 2470
Ulric Street, San Diego 92111. Must be at
least 21 years old, good physical condition, no illicit drug usage. U.S. citizen or
becoming a citizen. Pass criminal/personal background investigation. No
felony convictions. High school diploma/
GED, \$36,275.\$46,300/year. Note Application Process: prior to taking the written
examination on Saturday, October 4, 2008, applicants must complete and submit the online application form and provide correct and complete responses to the Supplemental Questions. Applicants will be invited to the written exam by written notice that will either be sent by e-mail or U.S. Mail per applicant's request. You must be sure to complete the online application before you appear for the written plication before you appear for the written examination! Jobline: 858-514-8558. www.sdcounty.ca.gov/probation.

CUSTOMER SERVICE REPS. Part time. Requires previous customer service experience and PC proficiency. Strong communication and interpersonal skills a must. Flexible schedule required. Drugfree workplace. EOE/AA. Pre-employment drug test and background check. Rescue Rooter, 9895 Olson Drive, San Dirace. 2011. For impediate interview. Diego, 92121. For immediate interview, contact Laura: 858-457-6506. E-mail lmyking@ars.com

CUSTOMER SERVICE. \$10/hour. San Diego and North County. \$11-\$19/hour, Diego and North County. \$11-\$19/hour, Murray Callan Swim Schools. North County: 760-744-7946 or San Diego: 858-

CUSTOMER SERVICE. A great job, up to \$500-\$1000+ weekly setting appointments! www.monarchjobs.com. Paid weekly. AM/PM shifts. Full, part time. Medical, dental. Near Grantville trolley. Call today, start today! Mission Valley: 619-516-4276.

CUSTOMER SERVICE. Setup and dis-

CUSTOMER SERVICE/DATA ENTRY. Immediate opening for customer-oriented individual with strong written/verbal communication skills, accurate data entry, 60 wpm, excellent people skills. Friendly environment. Work Monday-Friday, 8:30am-5pm. E-mail resume: hrdept@sdreader.com. Fax resume: 619-231-0489. Mail resume: P.O. Box 85803, San Diego, California 92186-5803

CUSTOMER SERVICE/SALES. House keeping. Buffalo Breath Costumes needs dependable people. Retail experience helpful. 2 locations: San Diego 619-297-1175 or San Marcos: 760-739-9800.

DATA ENTRY/CUSTOMER SERVICE Rep. We will train an enthusiastic, detail-oriented team player with customer ser-vice/data entry skills. Must type 55-65 wpm. Fast paced, interesting environ-

# HELP WANTED

Business Opportunity / Personal Development



# Are you tired of working for a boss? So was I.

Former corporate executive and new mom retires herself and husband in 3 months and triples their income. They can show you how they did it.

www.swanlifestylecoop.com

800.631.9439

"It's amazing what focus and desire can create.'

– Rhonda Swan

# **Target Mira Mesa Mass Hire Seasonal Employees**

Sunday, Oct. 5, and Monday, Oct. 6, 8 am-7 pm Interviewing for all positions.

Weekend availability required.



Also seeking applicants for our Poway location.

Apply at our employment kiosk to receive an instant interview:

8251 Mira Mesa Blvd., San Diego, CA 92126

# Careers in **Probation**



# **Deputy Probation Officer**

Minimum Qualifications

- 21 years old Good physical condition No illicit drug usage • U.S. citizen or in process of becoming a citizen
  - No felony convictions Bachelor's degree with experience

Salary - New: \$52,520-\$63,835 annually Safety Retirement-Sworn Officers 3% at age 50. Bilingual men/women encouraged to apply.

Test dates: September 27, 2008 or October 25, 2008

Qualified applicants will be notified by mail of the date, time and location of the test. All applications must be submitted no later than 15 days prior to the exam date. Applications received after the 15th day will be scheduled for the following exam. Applications can be accessed on-line from the Job/Current Recruitments section of the County website at:

http://www.sdcounty.ca.gov Jobline: 858-514-8558

# **Explore Your New Career...**



Volt Services Group has immediate Temporary, Temp-to-Direct Hire, and Direct Placement opportunities in these disciplines:

- Administrative & Clerical
- Light Industrial & More
- Accounting & Finance



We offer the following advantages:

- · competitive wages I paid weekly
- paid holidays and vacation medical and dental insurance plans
- state-of-the-art training career management
- · referral bonus opportunities & more

Contact us today to explore your opportunities.



San Diego 858.576.3140 | e-mail: clairemont@volt.com Scripps Ranch 858.578.0920 | e-mail: scrippsranch@volt.com El Cajon 619.401.1524 | e-mail: elcaion@volt.com Carlsbad 760.729.8916 | e-mail: carlsbad@volt.com San Marcos 760.471.0800 | e-mail: sanmarcos@volt.com



EOE / Volt Welcomes Diversity / ISO-9002 Certified / A Six Sigma Company / ©2004Volt Information Sciences, Inc. All rights reserved.

# **CAREGIVERS**

Increase exposure to ALL agencies! Set your own schedule! Your skills matched to positions! Log on and register for FREE at:

FindYourCare.com

# **MYSTERY SHOPPERS**

Get paid to shop!

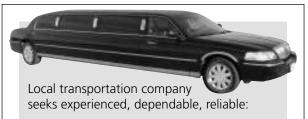
Earn up to \$200 per day.

Experience NOT required.

Call NOW: (800) 775-9924







# **CLERICAL**

Experienced only. Knowledge of Livery Coach Software a plus.

Experienced only. Limousine & bus dispatcher.

For more information, call: 619-224-1141 or e-mail résumé to:

ray@careysandiego.com

ment serving the legal community. Full time, \$10-\$11 start. 619-260-0309.

DATA ENTRY/CUSTOMER SERVICE. Immediate opening for customer-on ented individual with strong written verbal communication skills, accurate data entry, 60 wpm, excellent people data entry, ov wprin, excellent people skills. Friendly environment. Work Monday-Friday, 8:30am-5pm. E-mail resume: hrdept@sdreader.com. Fax resume: 619-231-0489. Mail resume: P.O. Box 85803, San Diego, California, 92186-5803

DEPUTY PROBATION OFFICER. Now Department. Test Dates: Septembe 27, 2008 or October 25, 2008. Quali Department. Iest Dates: September 27, 2008 or October 25, 2008. Qualified applicants will be notified by mail of the time and location of the test. Applications must be submitted no later than 15 days prior to exam date. Qualifications: Bachelor's degree with experience. Must be at least 21 years old, good physical condition, no illicit drug usage. U.S. citizen or in process of becoming a citizen. Pass criminal/personal background investigation. No felony convictions \$52.520-\$63,835/year. Safety Retirement—Sworn Officers 3% at age 50. Bilingua men/women encouraged to apply. Applications can be accessed online from the Job/Current Recruitment section of the County website at: www. sdcounty.ca.gov. Jobline: 858-514-8558.

B558.

DEPUTY SHERIFF and Deputy Sheriff
Detentions/Courts. San Diego County
Sheriff's Department. Hiring for two
types of positions; take one exam, apply for either or both! Exam Dates:
Saturday, October 4, 2008 7:30am arrival or Wednesday, October 8,
5:30pm arrival: Sheriff's Administrative
Center, 9621 Ridgehaven Court, San
Diego, CA 92123. Space is limited.
Registration by email or phone is required prior to the test at recruit@
sdsheriff.org. Applications Must Be
Completed Online at www.
joinsdSHERIFF. net and the application
printout brought to the test site. Applicants arriving without a completed application will be turned away.
Detention/Courts: \$39,796-\$61,608
annual salary, plus benefits. 18-yearolds eligible to apply! Deputy Sheriff:
\$49,704-\$71,099 current annual
salary, plus benefits. U.S. citzen or
applied for citizenship; at least 20-1/2
years old. High school graduate or
G.E.D. required. Valid California
Driver's License prior to appointment.
Effective oral and written communication in English. EOE. Additional test
dates: 858-974-2000.

DIAMOND GRADERS. Prescreening DEPUTY SHERIFF and Deputy Sheriff

DIAMOND GRADERS. Prescreening Announcement at Adecco Employment Services, 6183 Paseo Del Norte #100, Carlsbad CA 92011. Do you like detailed work that emphasizes quality and precision? Do you grasp new information quickly? The GIA Laboratory is expanding its diamond grading staff to meet the growing need for independent, third party verification of diamond quality. Full-time entry level positions to perform quality analysis of diamonds using the GIA Diamond Grading System. High school diploma/ GED. Strong attention to detail. Basic Windows computer skills. Ability to use a microscope, good decisionmaking skills, ability to sit for long periods. EOE. E-mail resume: lisette.esquer@adeccona.com or call 760-931-8192. DIAMOND GRADERS. Prescreening

**DISPATCHER.** Experienced only. Limousine and Bus Dispatcher. For Limousine and Bus Dispatcher. For more information, call 619-224-1141 or e-mail resume to ray@careysandiego.com.

DOG BRUSHER/BATHER 7:30am-5:30pm Wednesday-Saturday. Fun, busy environment. Experience helpful. Call 858-456-1552 or apply in person Wednesday-Saturday: 508 Nautilus Street, La Jolla, 92037.

DRAIN CLEANERS/SERVICE TECHS DRAIN CLEANERS/SERVICE TECHS with experience needed immediately! Rescue Rooter offers excellent pay, vans, tools, uniforms, year-round work and outstanding benefits: Medical/dental, 401(k), paid vacations/overime, drug-free workplace. To apply, e-mail: lmyking@ars.com or call: 858-457-6506; or apply in person: 9895 Otson Drive, San Diego 92121. License #765155, AA/EOE.

DRIVER/COURIER. Part-time shifts available. Must have pickup with shell. mini-van or cargo van. Excellent pay, mileage and benefits! Call 858-444-

DRIVERS WANTED. Requires valid CA driver's license, current H-6 DMV printout and good, safe driving skills. Must be 25 years or older. Up to

Must be 25 years or older. Up to \$2000 commission plus tips. Apply in person only: Xpress Shuttle, 1065 Bay Boulevard, Suite B, Chula Vista, CA 91911. No phone calls/faxes, please.

DRIVERS. \$1700-\$2400 monthly. Fuel paid. Auto parts delivery with late model pickup truck, car or van. Clean DMV. Local and North County openings. Bonus paid. Independent contractors. 619-233-4374.

DRIVERS. Home daily! 100% paid.

DRIVERS. Home daily! 100% paid family insurance! 2 years CDL-A with Hazmat, maximum 3 points within 3 years. 800-373-9001.

DRIVERS. Now hiring Patrol Drivers!
Medical and competitive wages. Will
train! Call now, 619-294-3200.

**DRIVERS.** Teams earn top dollar plus great benefits. Solo drivers also needed for Western regional. Werner Enterprises, 800-346-2818 x123.

DRIVERS/DELIVERY. Immediate long-term and temporary positions. Class A, B and C—local delivery. Full benefits available immediately. Call 858-292-6562, fax 858-292-0230, each apply online Class A, B and C—local delivery. Full benefits available immediately. Call 858-292-8562, fax 858-292-0230, e-mail help@gostaff.com, apply online www.gostaff.com.

DRIVERS. You're hired! 2 positions open. You need your late model, 4 cylinder truck, 2000 or newer. Earn \$500-\$800 per week. \$500 guaranteed for the first 2 weeks. 619-294-4155.



# **WEEKLY PAY** \$500 SIGN-ON BONUS!

Paid Training ■ 401(k) ■ Paid Holidays

■ Medical/Dental/Life Insurance
■ Full-time Opportunities

■ Cash Bonuses Paid Nightly

Call: 619-516-7881



Or apply in person 11 am-3 pm Monday-Thursday: 2851 Camino del Rio South, Suite 300 San Diego, CA 92108

## J O B S A T THE READER

# **Advertising Sales at the Reader and Job Giant**

Position for a highly motivated sales professional with proven, successful track record in display and/or classified advertising. Your abilities include: cold-call prospecting, building strong customer rapport, benefit clarification, strong desire to meet sales goals and achieve earnings growth. Work in a positive, casual environment for the nation's thirdlargest alternative newsweekly. Strong commission/bonus plan. Guaranteed income to start. Enjoy selling a product that works for its customers. Benefits include: health coverage, 401(k) (capped), free parking in downtown San Diego and more.

# **Customer Service/ Data Entry**

Immediate opening for customer-oriented individual with strong verbal/written communication skills, accurate data entry, 60 wpm, excellent people skills. Friendly environment. Work Monday-Friday 8:30 am-5:00 pm.

# E-mail:

hrdept@sdreader.com

# Mail:

P.O. Box 85803 San Diego, CA 92186-5803

Fax:

(619) 231-0489

**ELECTRONIC ENGINEER.** Immediate North County openings. Experience required. Various shifts. Apply: Optimal Employment Service LLC, 8316 Clairemont Mesa Boulevard #204, San Diego 92111.

ELECTRONIC TECHNICIAN. Production and Mail Sorters. Immediate openings! Various shifts. Experience required. Apply at Optimal Employment Service LLC, 8316 Clairement Mesa Boulevard #204, San Diego 92111. 858-277-5680.

FINANCIAL SERVICES Marketing Rapidly expanding financial services marketing company seeks local sales representatives. Ideal candidate will be motivated, honest, outgoing, enterpreneurial, with 4 years of college or equivalent. Call our office and leave message (or fax) 24 hours: 877-286-5339

HELP WANTED

FITNESS CENTERS hiring Front Desk Staff, Sales Consultants and Group Exer-cise Instructors. Part/full time. Being Fit Fitness Centers. Mira Mesa, 858-549-3456; Clairemont, 858-483-9294; Please apply in person. www.being

apply in person, www.beingfit.net.

FITNESS INSTRUCTORS. Being Fit is hiring Step and Body Sculpt teachers, for
Tuesday Mornings in Clairemont, Monday
evenings in Mira Mesa. To apply call 858483-9294.

FITNESS INSTRUCTORS (Group). Aqua Aerobics, AM STEP class and PM SPIN Instructors needed now. Certification and experience required. Corporate, Luxury experience required. Corporate, Luxury and Residential exercise environments. Locations all over San Diego. All types of classes, all days and times. E-mail: FitX@ fitxsandiego.com. Please fax resume to 858-715-8681. Call 858-715-8611.

FLORAL DESIGNER. Part time, 16-24 hours per week. Flexible days Monday-Sunday. Design experience required. Production orientated for established flower shop in Pacific Beach. \$15 per hour. Fax resume: 858-273-1203. No phone calls.

FOOD PREP WORKER. Full-time position \$8.84-\$10.40/hour. 1 year or equivalent raw food prep experience. High school graduate or GED. Flexible work schedule including weekends and holidays. OHI is a mission of the Free Sacred Trinity Objects of the State of the Sta a mission of the Free Sacred Trinity Church, a non-denominational church that has been operating spiritual retreats since 1976. Norsmoking, drug-free envi-ronment. Apply online at www. optimumhealth.org or in person, 8:30am-2:00pm at 9665 Granite Ridge Drive, Suite 310, San Diego 92123. 858-634-5516.

FREE SECURITY GUARD TRAINING FREE SECURITY GUARD TRAINING (for those qualified). Guard Card, Firearm, Baton, Pepper Spray/Mace, Taser, CPR/First Aid, Report Writing, Tactical Verbal, Defensive Tactics, Handcuffing, Loss Prevention. Veterans, job placement assistance, ongoing support if qualified. Serving San Diego county for 21 years, Nanpor Security Academy, 601 Mission Avenue, Oceanside (92054). www.nanpor.com, 760-439-6400.

FUNDRAISING for national charities and the Democratic Party. Over 20 years in business. \$9/hour. Paid training. Performance bonuses. Medical, dental, 401(k). Full and part time. Convenient location. Apply at Gordon & Schwenkmeyer: 9620 Chesapeake Drive, San Diego 92123-1369. Call for interview. 858-496-2100.

GENERAL. Free employment and training services for individuals with disabilities, ages 18-21 on probation or parole. Able-Disabled Advocacy, Inc., 4283 El Cajon Boulevard, Suite 110, San Diego, CA 92105. 619-231-5990 x304.

**GENERAL.** Gain skills to succeed. Are you 16 to 21, low income, need high school diploma or GED and work experi-

ence? Turning the Hearts Center, 619-691-9643.

GROCERY/NATURAL FOODS. Now hir Supervisor (Graveyard), Vi-ist, Meat Clerk and Cashier tamin Specialist, Meat Clerk and Casnier (Del Mar). Produce Supervisor (Carlsbad). Vitamin Specialist and Cashier (4S Ranch). \$9-\$15/hour. Great environment, competitive pay, bonus and benefits. Jimbo's Naturally! 12853 El Camino Real, Del Mar. Fax 858-793-7732. hr@jimbos.

GROUP FITNESS INSTRUCTORS: Aqua Aerobics, AM STEP class and PM SPIN Instructors needed now. Certification and experience required. Corporate, Luxury and Residential exercise environments. Locations all over San Diego. All types of classes, all days and times. E-mail: FitX@ fitxsandiego.com. Please fax resume to 858-715-8681. Call 858-715-8611.

858-715-8681. Call 858-715-8611.

GUARDS/SECURITY. Immediate openings for prestigious Downtown San Diego sites. Must be customer service oriented, computer literate, and have excellent communication skills. All shifts available. Excellent benefits, free uniforms. For fastest response, apply online now! www. securitasjobs.com. Or call San Diego: 619-641-0049; San Marcos (North County): 760-591-373; Temecula: 951-676-3954. EOE/M/F/V/D, drug free. PPO #14827.

HAIR DESIGNERS. Busy Gaslamp salon seeking booth renters. Walk-ins available! Great urban loft environment, convenient parking. Move-in incentives. 619-231-

HAIR SALON: SALON D2 is a lovely full-HAIR SALON: SALON DZ is a lovely flustories ervice salon conveniently located just blocks from I-5 and I-8. All windows provide lots of natural light. Ample parking for you and your clients. Booth rent: Hairstylists, \$200/week; Facialist, \$200/week; Manicurist, \$100/week; Massage Therapist. Stop by 1295 West Morena Boulevard or call 619-275-1306.

HAIRDRESSERS and Manicurists. Booth rental available. Established Poway salon. Ask for Hector or Marianne at Upstairs Hair Studio, 858-679-2767.

HAIRSTYLIST, MANICURIST and Esthetician: Hiring licensed Assistant for full-service salon in Clairemont. Willing to train. Full/part time. 5929 Balboa Avenue (benind Coco's). 858-278-1128

HAIRSTYLIST. Booth rental. Cute, Hawaiian atmosphere. Coast Highway near Moonlight Beach, Encinitas. Friendly, relaxing environment. Great view. \$170/ week. Clientele/cell phone needed. 760-846-0585.

Mission Hills interviewing for commission and booth positions. Continuing education. Must have talent, desire and experience. Doug, 619-295-1525 or 619-806-1525.

HAIRSTYLIST. Prefer with some clientele. Booth rental or commission. Free 1 month rent on booth rental: \$500/month. Great location downtown San Diego. Call Celina, 619-232-9228.

hairstyList/Manicurist. Need change? Booth rental giveaway: 6 months No-Rent offer! Part time/full time. Excelland popurunity to save money! Please call and leave message: 858-382-8795.

HAIRSTYLISTS. Benefits, reasonable rent. Upscale European-style Uptown salon now hiring experienced Stylists with own clientele. Can retail own products. Ample parking. Good. natural lighting! Ample parking. Good, natural lighting! Antoine, Salon Antoine, 619-277-7747 or 619-291-7747.

619-291-7/47.

HAIRSTYLISTS. Booth rentals, first 2 weeks free! Bring your clients and relocate to a new nice salon in a great location across from the busy Parkway Plaza shopping center. \$85/week rent. For more informati information, please call 619-654-3979.

HAIRSTYLISTS. Booth/commission available in unique, eco-friendly salon in Point Loma (across from Liberty Station). Great location. Excellent opportunity. Move-in incentive. Mai Blossom Eco Salon, Call Mindy: 619-723-9046.

**HAIRSTYLISTS.** Large booths. Free rental first 2 months. Requires your own clienfirst 2 months. Requires your own clientele. Free reception/phone/towels. 100% retail is yours. Golden Touch, near Fashion Valley. 619-972-7744.

HAIRSTUISTS! Come make money with us. Busy walk-in salons. Health, dental and vision offered. Locations in: Carmel Mountain, 4S Ranch, Poway, Scripps Ranch, Vista. Join a growing company with career growth opportunities. Please call: 858-380-5882.

call: 858-380-5882. **HEALTHCARE,** Caregivers, Homemakers, HHAs, CNAs, and Personal Assistants. Competitive/weekly pay, flexible hours, training opportunities. Call today! Right at Home, 858-451-5762. 858-277-5900; Apply: www.rahencinitas.com,

HEALTHCARE: HOUSE MANAGER, Expe rienced for Facility Level 4I (challenged behavior). Full-time, days/weekends salary. Requires high school diploma/ GED. El Cajon. Call Nicole, 619-441-

HEALTHCARE: RNs, LVNs, AIDES. Join La Jolla Nurses! Looking for Home Health HEALTHCARE: RNs, LVNs, AIDES. Join La Jolla Nurses! Looking for Home Health Aides, ongoing assignments. Also per diem work—you pick the days, hours and shifts! Competitive pay rates, excellent work assignments. Employee-owned agency—you receive shares of company stock free! State-licensed home health agency. Medical, dental and vision benefits; 401(k) plan, referral bonus. La Jolla Nurses HomeCare, 858-454-9339.

HEALTHCARE: SUPERVISOR. Needed for 3 community homes serving persons with developmental disabilities. BS/BA in Human Service area required. Minimum 2 years' experience developing and implementing services. Good supervisory and computer skills required. Full time, health, and other benefits. Apply: www.friendshipservices.org. Or fax: 619-267-0892.

# \$2000-\$2500/Week

# Get Paid What You're Worth!!! Set Appointments Only!!!

Green living, energy-efficient products.

Pacific Home Remodeling has been in business for over 22 years, promoting energyefficient, eco-friendly products. If you are tired of the fluorescent lights, and tired of minimum wage, apply now for a marketing/sales position that will enable you to excel and move to the next level.

· High energy · Excitement · Willingness to learn · Persistent & aggressive attitude

No experience necessary; training and all the tools needed to ensure success provided. Full- and part-time positions available.

Check out our website at: www.pacifichomeremodeling.com Call now to schedule an interview: 858-866-0183 Address: 6861 Nancy Ridge Drive, Suite D, San Diego, CA 92121



A Professional Home Improvement Group

The OHI is a mission of the Free Sacred Trinity Church, a non-denominational church that has been operating spiritual retreats since 1976. Opportunities require a flexible work schedule including weekends and holidays.



# Asst. Housekeeping Manager

\$14.36-\$17.95/hr. Assist department with staff of 12-15 and all housekeeping activities for 130-room facility. Minimum 2 years' hotel, 2 years' supervisory experience in hotel, resort or healthcare. Exceptional customer service with excellent verbal, writing and MS Office skills. English is required.

# Food Prep Worker

\$8.84-\$10.40/hr. One year or equivalent raw food prep experience. High school graduate or GED.

Apply online: www.optimumhealth.org or in person: 9665 Granite Ridge Dr., Suite 310 San Diego, CA 92123 or call: 858-634-5516

Rewarding, non-smoking, drug-free environment. Benefits.

# **Special Education, Prevention Services and Treatment Programs**

Applications/résumés are accepted Monday-Friday 9 am-4 pm.

Community Training Specialist/Job Coach • \$9.75/hr. to start, DOE To assist developmentally disabled adults in the community. Behavioral and instructional programs. Implement schedules. 32.5 hours/week. Benefits.

Transition Specialist • \$9.75/hr. to start, DOE

Assist teachers in group- and community-based instruction for developmentally disabled adults. Implement behavioral management programs. 30 hours/week.

Classroom Aides • \$9.75/hr. to start, DOE

Work with developmentally disabled children in a nonpublic school. Experience preferred. Allied Gardens, Chula Vista, La Mesa. Monday-Friday 7:30 am-1 pm.

Stein Education Center, 6145 Decena Drive, San Diego, CA 92120 Fax: 619-281-0453, E-mail: steinjobs@vistahill.org

All applications/résumés must include job title. www.vistahill.org



The Restaurant at Rancho Valencia in Rancho Santa Fe is the recipient of the Wine Spectator Award of Excellence and has been named "One of the Top 100 Hotel Restaurants" by Zagat Survey.

We are currently seeking a full-time **Busser** with a minimum of 2 years' Fine Dining experience. Previous server experience is helpful; Server promotion may be available to the candidate who proves capable.

Qualified candidates, please send your resumé (as a Word or PDF attachment) to: hr@ranchovalencia.com

Or apply in person at: 5921 Valencia Circle, Rancho Santa Fe, CA 92067

www.ranchovalencia.com • No phone calls, please.



136 San Diego Reader September 25,

HOME CARE AIDES. Beginners, experienced. CNA/CHHAs, Family Caregivers, Childcare and Drivers. New-hire bonus! Great pay! Nonmedical, inhome help for seniors, children, disabled. 12-and 24-hour shifts! Training: Flexible schedules, benefits, retirement, childcare. At Your Home Family-care. E-mail: homecarejobs@atyourhomefamilycare.com. Toll free: 1-877-903-JOBS.

877-903-JOBS.

HOME HEALTH. LVN. Home Health Aides, CNA/Personal Care Assistants, Homemaker/Companion/Sitter. Apply online: www.pph.org, weekdays; In person 7:30am-4:30pm, Palomar Medical Center, HR: 660 East Grand Avenue, Escondido, 92025; Pomerado Hospital, HR: 15615 Pomerado Road, Poway, 92064; Palomar Continuing Care, 1817 Avenida del Diablo, Escondido, CA 92029.

HOUSEKEEPER, full time. Must be available weekends. Will train. Benefits available. Apply in person at Sunrise Assisted Living At La Costa (license #374601134), 7020 Manzanita Street, Carlsbad, CA 92011. 760-930-0060,

HVAC INSTALLERS, 5 years minimum HVAC INSTALLERS. 5 years minimum experience, up-to-date on current codes, motivated. ARS offers great benefits and a drug-free work environment. CSL#791820. To apply, please Kevin: 858-677-5455, x113; or apply online: www.jobswithars.com.

IN-HOME CARE. Caregivers and Companions. Minimum 1 year experience non-medical home care for seniors. Valid California Driver's License. Serving Santee/La Mesa/Del Cerro/San Carlos. Maureen, Visiting Angels, 619-749-7525.

INSTRUCTORS. Adventure Ski & Snow-board School. Revolving Carpet Encinitas. Part/full time. October-March. Ski and snowboard experience required. Clinics start October 4. www.adventureski.com. 760-942-2188.

INSTRUCTORS/SWIMMING. needed for San Diego and North County. \$11-\$19/hour, North County: 760-744-7946 or San Diego: 858-273-7946.

or San Diego: 858-273-7946.

JOB COACH/COMMUNITY Training Specialist. \$9.75/hour to start. Assist developmentally disabled adults in the community. 32.5 hours/week. Benefits. EOE. Apply Monday-Friday, 9am-4pm: Stein Education Center, 6145 Decena Drive. San Diego 92120. E-mail: steinjobs@vistahill.org. Fax: 619-281-0453. www.vistahill.org.

JOB COACHES. Community-oriented Center for Independent Achievement is seeking dependable individuals in East County. 1:4 group ratio maximum. 8s.50-\$9.50/hour. Annual raises. Bonuses for exceptional performance. Benefits with full-time. pficareer@

Benefits with full-time. pficareer@yahoo.com. Fax 619-440-6864. 619-440-6802.

JOB WANTED. CNA/CHHA available for

KITCHEN HOOD CLEANER with experi-ence. Great pay. Vehicle and equip-ment provided. Established client base. Please call 619-670-3500 x5.

LAW ENFORCEMENT. Deputy Sheriff and Deputy Sheriff Detentions/Courts. San Diego County Sheriff's Department. Hiring for two types of positions; take one exam, apply for either or both! Exan Dates: Saturday, October 4, 2008 Exam Dates: Saturday, October 4, 2008
7:30am arrival or Wednesday, October
8, 5:30pm arrival: Sheriff's Administrative Center, 9621 Ridgehaven Court,
San Diego, CA 92123. Space is limited.
Registration by email or phone is required prior to the test at recruit@
sdsheriff.org. Applications Must Be
Completed Online at www.
joinsdSHERIFF.net and the application
ritiout brought to the test site. AppliioinsdSHERIFF net and the application printout brought to the test site. Applicants arriving without a completed application will be turned away. Detention/Courts: \$39,796-\$61,608 annual salary, plus benefits. 18-year-olds eligible to apply! Deputy Sheriff: \$49,704-\$71,099 current annual salary, plus benefits. U.S. citizen or applied for citizenship; 20-1/2 years old. High school graduate or G.E.D. required. Valid California Driver's License prior to appointment. Effective oral and written communication in English. EOE. Additional test dates: 858-974-2000.

LEASING AGENT for North County luxury apartments. Sales experience a plus. Will train. Fax resume to 888-369-9229 or e-mail wmapplicants@

LEISURE EXPRESS COORDINATOR. or Receational Services or 5 years in so-ical/tecreational program, 2 years in man-agement or supervisory position. Recreation background preferred with emphasis in program planning, volun-teerism, assessment evaluation and fund daising. Develop, implement, monitor de-livery of travel and community-based so-cial recreation program for persons with developmental disabilities (primarily from San Diego County) in conjunction with the oevelopriental obsoluties (printarily from San Diego County) in conjunction with the Arc of San Diego. EOE. Cover letter/re-sume/salary requirements: Lance McGill, HR Recruiter, The Arc of San Diego, 3030 Market Street, San Diego 92102. Fax: 619-234-3759.

b19-234-3759.

LIGHT INDUSTRIAL. Volt Services Group has immediate Temporary, Temporary-to-Direct Hire and Direct Placement opportunities. Competitive wages, paid weekly, paid holidays and vacation. Medical and dental insurance plans, state of the art training, career management and more. www.jobs.volt.com. Call Volt Services Group for more information. EOE. San o: 858-576-3140; e-mail emont@volt.com. Carlsbad: 760-729

LOAN OFFICER/SALES. No real estate li-cense required! Training is provided! Leave message 24 hours for return call 888-313-7226 or fax resume: 858-454-

LOAN OFFICERS. America Funding is a nationally ranked Lending Tree Partner. Due to our continued, rapid growth, we have Loan Officer positions available for top producing Loan Officers, which average \$150K plus per year. We support our team's success by providing: technology that shortens the sales cycle so you fund more loans; outstanding training; unlined qualified leads; total back office and front office support; an excellent commission structure. Our outstanding compensation plan also offers you complete health benefits and 401(k). DRE License #01396986. Send resume to: fax, 858-526-6999 or hr@afunding.net, www.america-funding.com. EOE MF/D/V.

and East County luxury apartments
Must be experienced and have certification. Background/drug test required
Benefits. Fax resume to 888-369-9225
or e-mail wmapplicants@aol.com. Cal

MANICURIST. Benefits! Move-in incentives! Upscale Hillcrest salon seeking Manicurist with own clientele. Make money selling own retail. Reasonable rent. Ample parking. Antoine, Salon Antoine, 619-277-7747; 619-291-7747.

MANICURIST/HAIRSTYLIST. Need change? Booth rental giveaway: 6 months No-Rent offer! Part time/full time. Excellent opportunity to save money! Please call and leave mes-sage: 858-382-8795.

MANICURIST needed for busy Coronado salon. Must be licensed. Full time, commission. Domani Salon of Beauty and Wellness. Call 619-813-5337.

# HELP WANTED



# **Movie Extras** & Models

Earn up to \$200 per day.

All looks needed to work with film and TV production companies.

No experience required.

Call: 877-282-2458



Make a living...Living.

\$28,000

in days,

not weeks

...simply returning phone calls.

No Selling! No Explaining! No Convincing!

1-888-593-8287

"I received \$34,000 cash to my front door in my first 3 weeks!" - Joe, Banker, CA

"My best week since joining the program is \$17,000." - Anne, Single Mom, WA

Private gifting, allowed by IRS tax code:

# america funding • **Loan Officers #1 Ranked Lending Tree Local Broker**

America Funding is a nationally ranked Lending Tree Partner. Due to our continued rapid growth, we have Loan Officer positions available for top-producing Loan Officers. We support our team's success by providing:

- Technology that shortens the sales cycle so you fund more loans
- Outstanding training
- Unlimited qualified leads
- Total back office and front office support
- An excellent commission structure

Our outstanding compensation plan also offers you complete health benefits and a 401(k).

> Send your résumé to fax: 858-526-6999 or e-mail: hr@afunding.net www.america-funding.com

> > EOE M/F/D/V DRE License #01396986

**SALES** 

# IALAMERICA

# Seeking TELESERVICE REPS

English-, KOREAN- or Spanish-speaking programs

**Outbound (FLEXIBLE HOURS)** and Inbound (BILINGUAL)

Represent nationally recognized Financial institutions and Non-profits.

Immediate openings on all shifts!

858.292.8822 www.dialamerica.com



# A Rewarding Career in **Just 8 Months!**

Train to become a Medical Assistant at UEI.

# ■ We Also Train In:

Medical Billing & Insurance Coding Massage Therapy + Dental Assistant Pharmacy Technician\* Business Office Administration Computer Systems Technician

www.infofromuei.com

**Call Today!** 1.888.707.1679



Chula Vista / San Diego, CA

Not All Programs Available at All Campuses Approved for Veterans, Rehab, WIA Financial Aid Available if Qualified Job Placement Assistance +9 Month Program \*HS diploma/GED required

MANUFACTURING POSITIONS! Experience needed. Electronic Assembler: Component ID, color codes, polarity, soldering. Tech Technicians: Analog/ digital theory, formulas, troubleshoot to component level. Contact HireFactor at

619-325-1305.

MANUFACTURING. Immediate North County openings. Experience required. Various shifts. Also hiring Quality Control, Machine Operators (night shift) and Material Handlers. Apply: Optimal Employment Service LLC, 8316 Clairemont Mesa Boulevard #204, San Diego 92111. 858-277-5808.

MARKET RESEARCH Telephone Inter-MARKET RESEARCH Telephone Interviewers. No selling, Friendly, outgoing. San Diego's fastest-growing market research company. Bilingual Spanish a plus. Hourly, bonuses, medical. Advancement opportunities. www. uthresearch.com. Apply: Luth Research, 1365 Fourth Avenue, Downtown. Job Hotline: 619-243-8045.

MARKETING. 20-hour work week. Generate \$250K in first year working from home. Don't believe it, don't call! Business/marketing opportunity. 800-631-

MENTAL HEALTH SYSTEMS, INC. needs Therapists, Employment Spe-cialists, Case Managers, Counselors, Administrative, etc. Excellent benefits

Administrative, etc. Excellent benefits package. Visit/apply at the Career page at www.mhsinc.org.

MENTOR from your home. Foster care for disabled adults. Come join a fast-growing company dedicated to creating a positive change in the lives of people with disabilities. We need committed, positive people to care for our adult clients in your own home. Open hour heart and your home by inviting an adult with disabilities to come live with you. Tax free stipend: \$1000-\$2290 monthly. Feel free to visit our website www.thementornetwork.com. If you are located anywhere in San Diego County, please contact a Program Recruiter at 760-754-8456 x17.

WYSTERY SHOPPERS: Get paid to

MYSTERY SHOPPERS: Get paid to

MYSTERY SHOPPERS: Get paid to shop! Earn up to \$200/day. Experienc not required. Call now: 800-486-7204.

NURSES. Better pay, flexible hours. All-star Staffing is nurse-owned and oper-ated. If you're a registered nurse (RN) we have work for you today! www. allstarstaffing.com. 888-479-4749.

NURSING: CHARGE RELIEF NURSE. RN or LVN, part time nights, relief position. Full benefits. 7760 Parkway Drive, La Mesa. Call 619-469-0124 x11.

OCCUPATIONAL THERAPIST, part time per diem, for skilled nursing facility. Call for more information. 7760 Park-way Drive, La Mesa. Call 619-469-0124

OFFICE. Immediate long-term and temporary positions. Managers, Recruiters, Call Center, Sales Staff, Account Managers. Full benefits available immediately. Call 858-292-8562, fax 858-292-0230, e-mail help@gostaff.com, apply online www.gostaff.com.

PART TIME/FULL TIME. Local people

PART-TIME/SEASONAL. \$8/hour, start 9/26. Responsible, personable, friendly. Cashiers, Lot Labor, Kiddie Ride and Game Operators for Pumpkin Station. Locations: Del Mar across from racetrack; Parkway Plaza Westfield Shopping Center, El Cajon; Plaza Bonita Westfield Shopping Center, National City; Southwestern College, Chula Vista. Must be 18 or older. For more information, call Linda at 858-566-7466. PART-TIME/SEASONAL. \$8/hour, start

PERSONAL ASSISTANTS. Caregivers PERSONAL ASSISTANTS, Caregivers, Homemakers, HHAs, CNAs needed. Competitive/weekly pay, flexible hours, training opportunities. Call today! Right at Home, 858-451-5762. 858-277-5900; Apply: www.rahencinitas.com, www.ralaiolla.com

PHARMACY TECHNICIAN, Monday-Friday, 10am-6pm, no nights or week-ends. Need minimum 2 years retail pharmacy experience. Above average salary and benefits. UTC area. Call

PHONE SALES. Will train; no experi ronne Sales. Will train; no experience needed. Phone personalities dialing for dollars! Great hours, 7am-2:30pm, Monday-Friday, 401(k), medical, dental benefits. Experienced Re-loaders welcomed. Highest paid commissions and bonuses in the industry! Kearny Mesa: Allen, 858-292-8577. Mira Mesa: Dana, 800-854-2830. Oceanside: Mike, 619-701-3631.

PLUMBERS & DRAIN CLEANERS with experience needed immediately! Rescue Rooter offers excellent pay, vans, tools, uniforms, year-round work and outstanding benefits: Medical/dental, 401(k), paid vacations/overtime, drugfree workplace. To apply, e-mail: Imyking@ars.com or call: 858-457-6506; or apply in person: 9895 Olson Drive, San Diego 92121. License #765155, AA/EOE.

PLUMBING SERVICE TECHS. ARS of San Diego is seeking Plumbers with minimum 2 years experience. If you like the idea of working for a national leader in the service industry, with benefits that rival the the industry standard, and have the motivation and desire to earn an income that would make many college craduates express fax your re-

an income that would make many college graduates envious, fax your resume to 858-677-5479; or apply in person: 9895 Olson Drive, Suite A, San Diego (92121), Drug-free work environment. License #791820.

POLICE OFFICERS. San Diego Police Department is hiring! Are you ready for a career change? See our upcoming test dates on our website. Police Reruit base pay starts at \$52,000 per year. Police Officer II base pay starts at \$83,657 per year. For more information, Call 619-531-COPS or visit our website at: www.joinsdpdnow.com.

PROBATION CAREERS. Correctional Deputy Probation Officer I. County of San Diego Probation Department now hiring. Test Date: October 4, 2008, 8am or November 1, 2008, 8am. Montgomery Middle School, 2,470 Ulric Street, San Diego 92111. Must be at least 21 years old, good physical condition, no illicit drug usage. U.S. citizen or becoming a citizen. Pass criminally personal background investigation. No felony convictions. High school diploma/GED, \$36,275-\$46,300/year. Note Application Process: prior to taking the written examination on Saturday, October 4, 2008, applicants must complete and submit the online application form and provide correct and complete responses to the Supplemental Questions. Applicants will be invited to the written exam by written notice that will either be sent by e-mail or U.S. Mail per applicant's request. You must be sure to complete the online application before you appear for the written examination! Jobline: 858-514-8558. www.sdcounty.ca.gov/probation.

PRODUCTION and Mail Sorters. Immediate openings! Various shifts. Experience required. Apply at Optimal Employment Service LLC, 8316 Clairemont Mesa Boulevard #204, San Diego 92111. 858-277-5680.

RELOADERS. Reloader's Paradise. PROBATION CAREERS. Correctional

92111, 858-277-5680. **RELOADERS.** Reloader's Paradise.

Most extensive promotional product line. Best commission/bonus structure. Sign-on bonus for established Reloaders. Call Gary today! 619-220-7025.

ers. Lan Gary today! 619-220-7025.

RESERVATION AGENTS. AM/PM shifts.
Hourly pay plus bonuses. Full or part
time. Paid weekly. Medical, dental.
Near Grantville trolley station. Other
positions available. www.monarchjobs.
com. Call today, start today! Mission
Valley: 619-687-0070.

RESPITE CAPE for shilden and tocal.

Valley: 619-687-0070.

RESPITE CARE for children and teens with developmental disabilities. Critical need, Countywide! Great pay! Newhire bonus! Nonmedical, in-home help. Caring heart more important than experience. Training. 12-and 24-hour shifts. Flexible schedules, benefits, retirement, childcare. Visit homecarejobs@atvourhomefamilyeare.com. At Your atyourhomefamilycare.com. At You Home Familycare. Call toll free: 1-877-

RESTAURANT BUSSER. Full-time, minimum of 2 years' fine dining experience. Previous Server experience helpful; Server promotion may be available to candidate who proves capable. Please send resume (as Word or PDF attachment) to hr@ranchovalencia.com. Or apply in person at 5921 Valencia Circle, Rancho Santa Fe, CA 92067. No phone calls please! www. ranchovalencia.com. EOE/Drug-free

RESTAURANT. Now hiring! Baker, Cook and Prep Cook (Del Mar). Deli Counter Supervisor (4S Ranch). See ad under Grocery/Natural Foods. Jimbo's Naturally!

Naturally!

RETAIL JOB FAIR: TARGET Mira Mesa Mass Hire for Seasonal Employees, 8am-7pm Sunday, October 5, and Monday, October 6. Interviewing for all positions. Weekend availability required. Also seeking applicants for our Poway location. Apply at our employment kiosk to receive an instant interview: 8251 Mira Mesa Boulevard, San Diego, CA 92126.

Diego, CA 9212b.

RETAIL SALES ASSOCIATES. Airport

Thebase evening/morning shift, ful gift shops, evening/morning shift, full and part time. Retail experience re-quired. Friendly/positive attitude. Call Teka, 858-581-3566.

Hire for Seasonal Employees, 8am-7pm Sunday, October 5, and Monday, Octo-ber 6. Interviewing for all positions. Weekend availability required. Also seeking applicants for our Poway loca-tion. Apply at our employment kiosk to receive an instant interview: 8251 Mira Mesa Boulevard, San Diego, CA 92126.

ROUTE DRIVER. Auto Trader is seeking Route Drivers to deliver magazines on Fridays only. 58 cents per mile plus commissions. EEOC/Drug testing employer. Call 858-654-3318.

SALES ASSOCIATES needed for fullime or part-time positions. Apply at Hans & Harry's Bakery, 5080 Bonita Road, Bonita. Call 619-475-2253.

SALES CONSULTANT Seeking top producers to offer Internet Marketing solutions to medical-related industries. Guaranteed base plus commission and benefits after 90 days. Paid training provided. Make \$60,000-\$70,000 first year. Top sales consultants average \$80,000-\$100,000 a year and higher. 619-717-2941.

SALES OUTBOUND CALL CENTER. Closers wanted, warm leads provided Guaranteed base/commission plus in Guaranteed base/commission plus incentives and growth opportunities. Top reps \$12-\$15/hour. Now hiring 6am-2:30pm Monday-Friday shift, no weekends, other shifts available. To contact existing business customers of major telecommunications company to offer newlupgraded services. Company has been around 30+ years. All promotions are from within. Now interviewing candidates with prior sales experience: 619-278-0012. Or apply in person Monday-Friday 9am-3pm: Workway, 1011 Camino del Rio S #340, 92108. SALES REP. Inside Sales. Make \$100k a year plus! 401K. Medical and Dental. Paid vacations and holidays. Paid training. Great work environment. Convenient location. If you are disciplined, coachable and looking to join a great team with an easy to sell product that's high integrity. Call us today! Media AllStars, 8525 Gibbs Drive, 92123. Ask for Nikki, 619-225-0249. www. MediaAllStars.com.

SALES REPRESENTATIVE wanted for ARS of San Diego. Must be self-motivated, organized team player with excellent people skills. If you like the idea of working for a national leader in the service industry, with benefits that rival the the industry standard, and have the motivation and desire to earn an income that would make many college graduates envious, please call us today to arrange an interview that just might change your life forever! Fax resume: 858-677-5479 or apply in person: 9895 Olson Drive, Suite A, San Diego, CA 92121. Drug-free work environment. License #ARS San Diego 791820. SALES REPRESENTATIVE wanted for

SALES. Fundraising school athletics. Fun environment, easy job, great pay, relaxed environment. 8:30-4:30, Monday-Friday. From \$8-\$26 hourly with bonuses, commissions. Brooke or Justin, 858-650-0717.

Justin, 858-650-0717.

SALES. Immediate long-term and temporary positions. Managers, Recruiters, Call Center, Sales Staff, Account Managers. Full benefits available immediately. Call 858-292-8562, fax 858-292-0230, e-mail help@gostaff.com, apply online www.gostaff.com.

SALES. Inbound/outbound call center—start now! Earn up to \$20-\$30/hour. Weekly pay, \$500 sign-on bonus! Full-time opportunities. Paid training, 401(k). Paid holidays. Medical/dental/life inscrance. Cash bonuses paid nightly. Call 760-497-5291 or apply in person 11am-3pm Monday-Thursday: 2851 Camino Del Rio South, Suite 300, San Diego 92108.

**SALES.** Major plumbing company in search of Outside Salesperson. Must have knowldge in service and repair \$100,000 potential income. Call Todd, 619-231-6670.

SALES. Phone personalities dialing for dollars! Highest paid commissions and bonuses in the industry! Will train; no experience. Great hours, 7am-2:30pm, Monday-Friday. 401(k), medical, dental benefits. Experienced Re-loaders welcomed. Kearny Mesa: Allen, 858-292-8577. Mira Mesa: Dana, 800-854-2830. Oceanside: Mike, 619-701-3631.

Oceanside: Mike, 619-701-3631.

SALES. Supplement your income! Excellent income potential in today's changing economy! \$10 starts you in a new career. Full-or part-time. Build your business working with top-selling Avon representatives. Perfect for self-starters. Kathleen: 619-429-1253; 888-429-1253.

# CAREER TRAINING



Train for a career as an Asian- or Western-Therapies massage therapist or integrate both as a Holistic Health Practitioner

Classes start soon - call 888-223-9418 to register!



of Holistic Studies

Visit www.Mueller.edu/reader.htm for a special offer!

4607 Park Blvd, San Diego, CA 92216 - Financial Aid Available for Those Who Qualify Institution accredited by the Commission on Massage Therapy Accreditation

SALES. eLiveLife.com Appointment Setter. eLiveLife.com Outside Sales: salon/spa certificates door-to-door and/or promotional trade show booths. eLiveLife.com Account Executive: new business development. American Satellite Inside Sales: DirecTV phone center, \$300-\$500/day, 1660 Hotel Circle North, Suite 101, Mission Valley, CA 92108. Call 619-398-5050 or e-mail resume to info@eLiveLife.com or fax to 619-255-5794.

SALES/TELEMARKETING (business to SALES/TELEMARKETING (business to business) for national medical seminar company located in La Mesa. We have expanded our business and its customer base. Therefore, we need more sales reps to cover our territories. Telephone sales and Customer Service experience a plus. Base pay guaranteed with unlimited earning potential. Paid medical benefits. Paid training. 800-669-3328.

SALES/MARKETING. Business to business sales with reverse mortgage company. Heavy outgoing calls to start. Mortgage broker opportunity in future. \$12/hour guaranteed, commission/benefits, hr@safunding.com.

SALES: A SALES CAREER at Welk Resort San Diego. In August, 2 Sales Agents earned over \$20,000; 9 earned over \$15,000; 26 earned over \$10,000. Multiple agents earned over \$100,000 in the past 6 months. You provide the enthe past 6 months. You provide the energy, enthusiasm, a great smile and a great attitude. Welk Resorts will supply everything else you need to be successful, including paid training. Tom Trobaugh: 760-749-5082. Fax: 760-749-5084. dsanchez@welkgroup.com. www.welkresorts jobs FOF.

SALES: FOLLOW THE SUN! Work through winter in Florida, California, Arizona and Vegas. \$500 Sign-on bonus. Start work today! Seeking 5 guys or gals to join our young minded, hip hop, rock 'n roll, blue jean environment. Skate-boarders, X gen/Y gen, music lovers welcome. Wanda, 1-866-386-5621.

welcome. Wanda, 1-866-386-5621.

SALES: HVAC SALES. ARS is looking for career-minded Heating, ventilation, air conditioning comfort sales specialist with minimum 5 years experience selling HVAC. If you like the idea of working for a national leader in the service industry, with benefits that rival the industry standard, and have the motivation and desire to earn an income that would make many college graduates envious, please call us today to arrange an interview that just might change your life forever! Kevin, 858-677-5455 x113. kkellington@ars.com, www.jobswithars.com. Drug-free work environment. License #ARS San Diego 791820.

SALES: INTERNET SALES. \$500-\$1500 per week! Telecommunications com-pany seeking money motivated part-time Inside Sales Reps. Base plus top commissions and bonuses. Hot market leads/no cold calling. Contact Joe: 619-846-9657.

CAREER TRAINING

# **Make Money** & Have Fun!

Learn the facts about the life of a top hairstylist – they love their careers and many own their own business.

Find out more about your one-year full- or part-time training.

We also offer night classes.

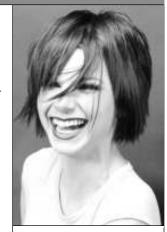
# Call now!

Financial Aid available to those who qualify.

# Great scalp treatment, shampoo, haircut & style start at \$8.

We also do great color, brilliant hi-lights, full head bleaches, perms and waves, prom and bridal up-do's, relaxers and more!

Day & evening appointments.



# PAUL MITCHELL the school

SAN DIEGO

410 A Street San Diego, CA 92101

619.398.1590

All services performed by students under the direct supervision of an instructor.

www.PaulMitchellTheSchool.com

California College San Diego

2820 Camino Del Rio South, San Diego, CA 92108

# **3D ANIMATION** GRAPHIC DESIGN VIDEO PRODUCTION VEB DESIG

**CALL NOW** 866.752.8826

www.MediaArtSchool.com

1-800-774-7670

www.californiacollege.info

- Bachelor & Associate Degrees
- · Financial Aid (for those who qualify)
- · Day & evening classes
- · Fixed tuition costs
- Job placement assistance

PLATT COLLEGE

Classes

Ask about our

Development

Professional

Platt College San Diego is Accredited College, ACCSCT.

6250 El Cajon Blvd., San Diego, CA 92115



# A New Healthcare Career In Just 6 Weeks!

# Become a **Phlebotomy Technician**



The training program consists of a combination of classroom instruction and a clinical externship at our affiliated hospitals and clinics.

- No Experience Necessary
- Must Have High School Diploma/Equivalent



BPPVE Register #3708721

SALES: TELEPHONE SALES. Salary products. Not just a job—great long-term opportunity with repeat sales. Webb Sunrise, 619-220-7050.

Webb Sunrise, 619-220-7050.

SALES at the San Diego Reader and Job Giant. Position for a highly motivated sales professional with proven, successful track record in display and/or classified advertising. Your abilities include: cold-call prospecting, building strong customer rapport, benefit clarification, strong desire to meet sales goals and achieve earnings growth. Work in a positive, casual environment for the nation's third-largest alternative newsweekly. Strong commission/bonus plan. Guaranteed income to start. Enjoy selling a product that works for its customers. Benefits include: health coverage, 401(k) include: health coverage, 401(k) (capped), free parking in downtown San Diego and more. E-mail: hrdept@ sdreader.com. Mail: PO Box 85803, San Diego, CA 92186-5803. Fax: 619-231-0489.

SALON. Hairstylists and Manicurists.
Benefits, reasonable rent. Upscale European-style Uptown salon now hiring experienced Stylists with own clientele. Can
retail own products. Ample parking. Good, natural lighting! Antoine, Salon Antoine, 619-277-7747 or 619-291-7747.

SECURITY GUARD. Free Guard Card training class. Call 619-757-8043.

training class. Call 619-757-8043.

SECURITY GUARDSI Immediate openings for Security Guards for prestigious Downtown San Diego sites. Securitas offers: Must be customer-service oriented, computer literate, and have excellent communication skills. All Shifts available! Free Guard Card training, medical/dental/vision and 401(k), Excellent working environment, free uniforms. For fastest response, apply online now! www.securitasjobs.com, or call San Diego: 619-641-0049; San Marcos (North County): 760-591-3733; Temecula: 951-676-3954. EOE/M/F/V/D, drug free. PPO #14827.

SECURITY GUARDS. Full-time positions available in North and South County. Armed and unarmed. Call Cornerstone Security at 619-300-5726 or 619-271-0494.

SECURITY GUARDS. Shield Security has immediate openings, full and part time. Higher paid Rover positions are available. Assistance in guard card. Career advancement opportunities. Profit sharing. Employee-paid medical and dental. If you Employee-paid medical and gental. If you have no criminal convictions, and have a high school diploma or GED, a good work history, phone and transportation, apply in person: 2144 El Cajon Boulevard, San Diego. Equal Opportunity Employer. Call 619-497-6333.

SECURITY INSTRUCTOR. Seeking professional with all security permits to teach classes, 6 hours/day Monday-Thursday days, Chula Vista. No teaching experience required. Competitive wage commensurate with experience. Call 619-420-0437. www.CoastCareerl.com.

SECURITY OFFICERS, Special Response Officers. Full/part time. High starting pay. Excellent benefits. Requires CA guard card. Training available. Drug/background. EOE. MF/D/N. Apply: Weekdays, 9am-4pm, ABM Security Services, 1620 Fifth Avenue, Suite 875, San Diego. Email: eric.wallis@abnn.com. 619-338-9360.

eric.wallis@abm.com. 619-338-9360.

SECURITY OFFICERS. Allied Barton Security Services. Full/part time, variety of shifts available. Up to \$12/hour, medical/dental/vision. 401(k) with company match, holiday pay, paid vacation, free uniforms, Guard Card class offered, uniform cleaning allowance, free life insurance/full term. Must be at least 18 years a gae and have a high school diploma/GED. Apply online: www.AlliedBarton.com or www.GreatSecurityJobs.com. Or apply in person 8am-4pm Monday-Friday: 7670 Opportunity Road, Suite #210, san Diego. Call: 858-874-8200.

SECURITY OFFICERS. Immediate open-

San Diego. Call: 858-874-8200.

SECURITY OFFICERS. Immediate openings for Rovers and Security Officers. \$10-\$12/hour, weekly pay. Must already possess a valid Guard Card. Must have own vehicle and working phone. Interviews daily 9am-4pm. Apply in person: PACWEST Security Services, 7867 Convoy Court, Suite 312, 92111. 858-279-5900.



SECURITY PROFESSIONALS. Secure a new career in the growing field of Security and Asset Protection. GMI provides all training, Guard Card testing. Live Scan for GMI potential hires. Full/part time countywide. Excellent compensation and benefits: 401(k), Health/Wellness. Professional certification. Eligibility conditional. Apply: 8001 Vickers Street, San Diego (92111); call: 858-244-1870; e-mail: RVentura@GMIweb.com.

SECURITY. Bald Eagle Security hiring li-censed Security Officers. Full/part time. Downtown San Diego locations only. No car or cell phone required. Guard Card required. Must be able to work flexible hours, mostly swing and graveyard plus every weekend. Background check. EEO/ Drug free. Call 619-230-0022, e-mail incim@baldeaglesecurity.com or apply jacinm@baldeaglesecurity.com, or apply in person at 2049 Main Street, San Diego, CA 92113

SECURITY. Pinkerton Government Ser vices, one of the oldest names in security, is looking for serious, professional applicants. Candidates must: have Guard Card, be able to pass DOD background check, be neat and well groomed, be flexible in schedule and location to work, be very reliable, have a car and reliable De very feilable, nave a car and feilable communication, have excellent written and spoken English, be career minded. Pay rate \$11.\$14/hour plus medical, dental, vision and 401(k) benefits. For fastest response, apply online now! www.pinkertonjobs.com. EOE/AA M/F/D/V PPO

#14508. SERVICE TECHS/PLUMBERS with experience needed immediately! Rescue Rooter offers excellent pay, vans, tools, uniforms, year-round work and outstanding benefits: Medical/dental, 401(k), paid ring benefits. Weeklanderland, 40 (K), paravacations/overtime, drug-free workplace. To apply, e-mail: Imyking@ars.com or call: 858-457-6506; or apply in person: 9895 Olson Drive, San Diego 92121. License #765155, AA/EOE.

SKILLED NURSING FACILITIES need CNA's and LVN/s. Apply online: www. pph.org, weekdays: In person 7:30am-4:30pm, Palomar Medical Center, HR: 660 East Grand Avenue, Escondido, 92025; Pomerado Hospital, HR: 15615 Pomerado Road, Poway, 92064; Palomai

Continuing Care, 1817 Avenida del Dia-blo, Escondido, CA 92029.

SOCIAL SERVICES. Instructors needed for day training program in Lakeside for adults with developmental disabilities. Excellent benefits, no nights/weekends, start \$10.25-\$10.75/hour. Entry-level also available, \$9.00/hour. Unyeway, Inc.: 619-562-6330.

SOCIAL SERVICES. Promising Futures SOCIAL SERVICES. Promising Futures, Inc., is hiring reliable, caring individuals to work with the developmentally disabled in East County and Ramona. Partand full-time positions. \$8-\$10/hour plus benefits. Overtime opportunities available. pficareer@yahoo.com. Fax resume: 619-440-6864. Call 619-440-6802 619-440-6802

SOCIAL SERVICES. Work with develop mentally disabled children and adults. Experience preferred. Allied Gardens, Chula Vista or La Mesa. Monday-Friday, 27-32 hours/week. Start \$9.75/hour. EOE. www.vistahill.org. Fax resume: 619-281-0453. Apply weekdays, 9am-4pm, Stein Education Center, Attention: HR, 6145 Decena Drive, San Diego CA 92120.

SWIMMING INSTRUCTORS needed for San Diego and North County. \$11-\$19/ hour, North County: 760-744-7946 or San Diego: 858-273-7946.

TEACH ENGLISH OVERSEAS. TESOL Training International trains and places English teachers in countries around the world. Requires BA/BS, certification, flexibility, sense of adventure. 888-837-

TECHNICIAN: AIR/REFRIGERATOR For marine air conditioning, refrigeration business. Electrical and boating experi-ence a plus. Must have own hand tools/ transportation. Fax resume: 619-222-9234; email:FlemingMarine@sbcglobal.

TELE-FUNDRAISING. Raising money for local nonprofit organizations for less fortunate children. Monday-Friday, 5pm-9pm and Saturday mornings, 9am-1pm. Hourly plus commission plus bonuses. Call today. Start tonight! Mission Valley. 619-291-2113.

TELEMARKETERS Wanted! Hourly pay plus bonus plus commission! Must be energetic, outgoing, and money-motivated. San Diego Door & Window. For a job today, call 858-537-1600!

TELEMARKETING. Full-time, paid training. \$60K+/year possible. Guaranteed \$10-\$12/hour starting. Performance/attendance bonuses, cash contests, paid vacation for full-time. Only call businesses. Basic computer skills required. Ask for Shane at Sports Boosters: 858

244-0190.

\*\*TelEMARKETING.\*\* Fundraising for Democratic Party and national charities. Over 20 years in business. \$9/hour. Paid training. Performance bonuses. Medical, dental, 401(k). Full time or part time. Convenient location. Apply at Gordon & Schwenkmeyer: 9620 Chesapeake Drive, San Diego 92123-1369. For appointment, call 858-496-2100.

TELEMARKETING. If you're good on the phone...give us a call! Pacific Graphics Advertising Specialties in La Mesa for 20 years. Hours: Monday-Friday, 8am-2:30pm. Call Joe: 619-461-0365.

TELEMARKETING. Sell long-distance telephone services. Morning hours. Must be able to read the script. Hourly or commission. Bonuses paid every day. Hillcrest office. 619-260-5501.

Hillcrest office. 619-260-5501.

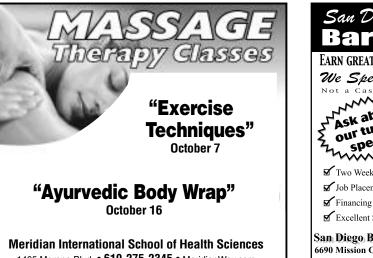
TELEPHONE INTERVIEWERS. Field Research, downtown San Diego. No selling! No experience needed, will train! Spanish and Asian bilinguals welcome (fluent in both Spanish or Asian and English). Night/weekend shifts, full/partime. Requires good reading, speaking, spelling skills, excellent telephone maner, some PC experience, type 25WPM. Must be able to work minimum 20 hours/week plus one mandatory weekend day. Requires high school diploma, at least 18 years old. \$8-\$9/hour depending on experience/language skills. Benefits available for eligible full-time employees. Call 1 pm-5pm Monday-Friday: 619-471-0106.

TELEPHONE INTERVIEWERS. Friendly outgoing. No sales! Bilingual Spanish a plus. Hourly plus bonuses. Paid training, parking, medical benefits. www. luthresearch.com. Apply: Luth Re-search, 1365 Fourth Avenue, downtown.

TEST TECHNICIANS. Experience needed. Analog/digital theory, formulas, troubleshoot to component level. Contact HireFactor at 619-325-1305.

TRANSITION SPECIALIST. Assist Teach ers in group and community-based in-struction for developmentally disabled adults. \$9.75/hour to start. 30 hours/

# CAREER TRAINING



1465 Morena Blvd. • 619.275.2345 • Meridian Way.com Veterans and international students welcome!

San Diego's #1 **Bartending School** EARN GREAT \$ - MEET NEW PEOPLE - WORK PART OR FULL TIME We Specialize in Bartending Only Not a Casino Dealing or Cooking School

Ask about

Call today for a free tour
our tuition

Special

Output

Call today for a free tour
(619) 281-2345 ☑ Two Week Course ✓ Job Placement Assistance Financing Available M Excellent Student Testimonials San Diego Bartending School 6690 Mission Gorge Rd. K San Diego , California 92120 www.SanDiegoBartending.Com



# Become a certified **Private Security Guard** in just 2 weeks!

52-hour training and certification course includes:

- Guard Card
- Public relations
- Power to arrest • Firearm training
- Liability and legal aspects • Observation & documentation
- Baton training
- Communication and
- CPR/first aid significance

# No cost to qualified veterans!

Other services: Guard Card renewal, firearm requalification and baton permit

# **Coast Career Institute**

311 Third Ave., Chula Vista • 619-420-0437





- We also offer programs in:

   Vocational Nursing Medical Assistant
- Respiratory Therapy Dental Assistant
   Surgical Technology Insurance Coding & Billing Specialist

4393 Imperial Ave., Ste. 100 • San Diego, CA 92113

VA Approved for Eligible Veterans. Accredited Member, ACCSCT. Financial Aid available to those who qualify.

Specializing in Healthcare Training

week. Benefits. EOE. www.vistahill.org. Fax resume: 619-281-0453. Apply Monday-Friday, 9am-4pm: Stein Education Center, 6145 Decena Drive, San Diego 92120. E-mail: steinjobs@vistahill.org.

92120. E-mail: steinjobs@vistahill.org.
TRUCK DRIVING HIRING Open House.
Specifically organized for future Truck
Drivers. Saturday, August 23, 2008,
10am-3pm. Western Truck School,
11902 Camp Road, Spring Valley, CA
91978. Registration is free. Come and
talk to Werner Enterprise, Stevens Transport, Covenant Transportation, U.S. Express, and California National Guard!
Register early at: sdrep@
westerntruckschool.com. For more information, contact Dawn Williams. 1-800TRUCKING (800-878):E546.) www.
westerntruckschool.com.

UNEMPLOYED HOMELESS VETERANS. You may be eligible: job search/resume preparation, placement assistance, support services, job-related clothing/tools, housing referrals. VA benefits referrals. Appointment: 619-449-5513.

Appointment: 619-449-5513.

VETERINARY TECH and Receptionist needed full time for friendly Ocean Beach animal hospital. Apply: 4741 Point Loma Avenue, San Diego 92107. 619-224-0773.

VOLUNTEER TRAIL GUIDES wanted.
Mission Trails Regional Park, Join us for
11-week training course beginning 1/10/
09. Guest speakers will highlight plants,
wildlife, history, ecology, geology,
Kumeyaay culture and more of this fascinating open-space park. No experience
required. There is a \$25 materials fee
due at Orientation. For more information,
call 619-668-3279.

WORSHIP LEADER. Experienced, 12-16 hours/week, Encinitas. Requires clear call to ministry, specific vision to touch people's hearts for God through worship music. Resume: worship@ncpcinfo.com.

# EMPLOYMENT SERVICES

PLACE ADS IN THE READER by calling 619-235-8200, 8:30am to 5:00pm, Monday through Friday. Deadline: 5pm Tuesday.

\$600 WEEKLY POTENTIAL. Helping the Government part time. No experience. No selling. Call 888-213-5225 Ad Code L-5. Void in Maryland and South Dakota. (AAN CAN)

# CAREER TRAINING

PLACE ADS IN THE READER by calling 619-235-8200, 8:30am to 5:00pm, Monday through Friday. Deadline: 5pm Tuesday.

A ACADEMY OF BARTENDING. Make money! Fun! New friends! Learn behind real bar. 1-2 week course. Weekend classes available. Part-and full-time. Job placement assistance. Please call 619-296-0600.

ACCOUNTING SKILLS are always in demand! Low-cost, 4-month, 200-hour training program. Get started in this "best-of-the-best" career. Free information packet. The Accounting Academy, 760-510-1990. www.theaccountingacademy.

ACCOUNTING, COMPUTERS, Medical:
Day, evening, and online classes startsoon! Also offered: Medical Assisting,
Respiratory Therapy, X-ray Technology
(limited scope), Lab Technology, Pharmacy Technology, Healthcare Administration, Medical Coding/Billing, Nursing
Administration, Medical Specialties, Medical Office Administration. Associate's/
Bachelor's degrees, Certifications and Licenses, Programs approved for Veterans.
Accredited member ACCSCT. See Job
Giant, page 5. Job placement assistance
for graduates, financial aid (if qualified).
Classes begin each month! Enroll today!
California College San Diego, 2820
Camino Del Rio South, San Diego
(92108). 1-888-202-2654. www.
californiacollege.info

ANIMATION-3D, Video Production, Web Design, Graphic Design. Platt College offers Bachelor and Associate degrees, fixed tuition costs, day and evening classes, placement assistance, financial aid if qualified. Call today for a free info pack: 1-866-752-8826. Visit: www. MediaAtSchool com

ARCHITECTURE. NewSchool of Architecture is accredited by the Architectural Accrediting Board and offers afternoon and evening classes with individual studio spaces for students. Call for a reserved seat! Apply online today! www.newschoolarch.edu or call 1-888-739-1915. Located in San Diego's East Village, 1249 F Street (92101).

BAKERY AND PASTRY ARTS. Yes, National School just won 1st Place for 2006 Iron Apprentice Award for Pastry in competition with 6 other schools. Visit us on the web at nationalschools.com or call for an appointment: 619-461-2800.

an appointment: 619-461-2800.

BARTENDING SCHOOL. Hands-on training. Learn to bartend from San Diego's #1 bartending school. Affordable two-week course, job placement assistance, financing available. Make great money. San Diego Bartending School, 6690 Mission Gorge Road, Suite K, San Diego, CA 92120. Call today for a free tour! 619-281-2456, www.SanDiegoRattanding.org.

92120. Call foday for a free four! 6 19-281-2345. www.SanDiegoBartending.com. BARTENDING. Learn behind a real bar. 1-2 week course. Fun! Money! Make new friends! Weekend classes available. Partand full-time. Job placement assistance. Call 619-296-0600.

BARTENDING and Casino Dealing careers. Job leads guaranteed! Earn good money and have fun doing it! 1-4 week course. Try before you buy! Professional instructors. Group and individual classes. Competitive pricing. 0% financing available. Structured curriculum and/or self-paced programs. Building careers for over 25 years. Visit our website today! www.cardsandcocktails.com. Academy of International Bartending and Casino Dealing. 858-560-MIXX (6499). 858-278-DEAL (3325).

BEAUTY SCHOOLS. Train for a rewarding career with Marinello Schools of Beauty. San Diego and El Cajon campuses. Call today! 800-648-3413.

BECOME A NOTARY in just one day! UCSD Extension Certified Notary Public Classes. Just \$115! October 4, 2008 or December 6, 2008. Register online at extension ucsd edu.

BUSINESS OFFICE Administration. UEI also offers programs for Pharmacy Technician, Dental Assistant, Medical Billing/Insurance Coding, Massage Therapist, Computer Systems Technician, Approved Veterans, Rehab, WIA. Job Placement Assistance, Financial Aid (if qualified). United Education Institute, 3666 Kearny Villa Road, #100, 92123; 310 37d Avenue, #C6, Chula Vista 91910. Call today! 1-877-206-1915. Visit our website: www.infofromuei.com

BUSINESS, COMPUTERS & Accounting: Day, evening, and online classes start soon! Also offered: Medical Assisting, Respiratory Therapy, X-ray Technology (limited scope), Lab Technology, Pharmacy Technology, Healthcare Administration, Medical Coding/Billing, Nursing Administration, Medical Specialties, Medical Office Administration, Associate's/Bachelor's degrees, Certifications and Licenses, Programs approved for Veterans. Accredited member ACCSCT. See Job Giant, page 5. Job placement assistance for graduets, financial aid (if qualified). Classes begin each month! Enroll today! California College San Diego, 2820 Camino Del Rio South, San Diego (92108). 1-888-202-2654. Visit: www.californiacollege.info

# Become a Court Reporter

Ready to change your life? Become a Court Reporter! AA offered, financial aid available to those who qualify, excellent career opportunities, and we are fully accredited. Call today for your admissions appointment! Mission Valley, San Diego: 619-683-2727; Moreno Valley: 951-781-2727. www.sagecollege.edu.

2727. www.sagecollege.edu.

CAREERS IN FASHION: Fashion Careers college, the "Fashion Only" college in San Diego. Programs in Fashion Design and Technology, Fashion Business and Technology. Scholarships available. Day and night programs. 888-835-4750. Fashion Careers College, 1923 Morena Boulevard, San Diego, CA 92110 (off Highway 5 on Mission Bay). www. fashioncareerscollege.com.



# No One Ever Dreams About Selling Tires.

Find out how the Gemological Institute of America can prepare you for a rich and rewarding career in the fine jewelry industry. For more than 75 years, nonprofit GIA has educated the world's leading jewelers, gemologists and jewelry designers, offering the most comprehensive and respected gem and jewelry education available anywhere.

- On Campus, Online, Distance
   Education and traveling Lab classes.
- · Professional Diplomas.
- · Year-round admission.
- Financial assistance programs and scholarships for qualifying students.
- · Ongoing career support.
- . Ocean-view campus.

To learn more, call for a free course outalog: 800-421-7250 ext, 4001 or violt www.gia.edu



Learn from the World's Faremest Authority in Genelogy\*\*

World Headquarters

Re Robert Mouswell Compus. 5345 Armeda Unive. | Carlobad, CA 92008

T: 760-603-4000 F: 760-603-4003

357503



# Teaching outside the lesson plan.

Educators understand that tying shoes can be just as powerful as teaching the ABCs.

# **APU offers:**

- 36 credential/master's opportunities.
- NCATE-accredited programs recognized by all 50 states and internationally.
- A degree completion program in human development (HDEV) designed for future teachers.

Become a better teacher, counselor, coach, or administrator.

# San Diego Regional Center

Call

(877) 210-8839

Click Email www.apu.edu/sandiego sandiego@apu.edu

# Murrieta Regional Center

Call

(877) 210-8841

Email

www.apu.edu/murrieta murrieta@apu.edu



Higher Education for Greater Works







Ask Jesse to draw your dream! . PO Box 40701 Portland OR 97240-0701 . reklaw@slowwave.com

CASINO DEALER and Bartending careers. Earn good money and have fun doing it! 1-4 week course. Professional instructors. Group and individual classes. Competitive pricing. 0% financing available. Job Leads guaranteed! Structured curriculum and/or self-paced programs. Try before you buy! Building careers for over 25 years. www.cardsandcocktails.com. Academy of International Bartending and Casino Dealing. 858-560-MIXX (6499). 858-278-DEAL (3325).

CODING/BILLING (MEDICAL): Day evening, and online classes start soon! Medical Assisting, Respiratory Therapy, Lab Technology, Pharmacy Technology, X-RAY Technology (limited scope), Healthcare Administration, Nursing Administration, Medical Specialties, Medical Office Administration. Associate's/Bachelor's degrees, Certifications and Licenses, Programs approved for Veterans. Accredited member ACCSCT. See Job Giant, page 5. Job placement assistance for graduates, financial aid (if qualified). Classes begin each month! Enroll today! California College San Diego, 2820 Camino Del Rio South, San Diego (92108). 1-888-202-2654. www.californiacollege. info

COLEMAN COLLEGE. Classes begin October 11th! We offer Associate and Bachelor's degrees for courses in Computer Networking, Network Secu-rity, Graphic Design, Computer Pro-gramming. Master's degree programs available in Information Technology and Business & Technology Manage-ment. VA approved, career services

available, financial aid available for those who qualify. Kearny Mesa and San Marcos campuses. Visit: www. coleman.edu, or call today! 800-430-2030.

COMPUTER COURSES. Coleman Col COMPUTER COURSES. Coleman College, we put the "U" in Success!. Classes start October 11th: Computer Networks, Computer Graphic Design, Computer Information Systems. Master's degree programs available in Information Technology and Business Technology Management. VA approved, career services available, financial aid available for those who qualify. Kearny Mesa/San Marcos campuses. Visit: www.coleman.edu; 800-430-2030.

COMPUTER SYSTEMS TECHNICIAN. UEI also offers programs for Pharmacy Technician, Dental Assistant, Business Office Administration, Massage Thera-pist, Medical Billing & Insurance Billing, Approved Veterans, Rehab, WIA Joh Placement Assistance WIA. Job Placement Assistance, Financial Aid (if qualified). United Education Institute, 3666 Kearny Villa Road, #100, 92123; 310 3rd Avenue, #C6, Chula Vista 91910. Call today! 1-877-206-1915. Visit our website: www.informusi.com

COMPUTER TECHNICIAN training. Be computer technician training. Be job-ready in just 8 months! Valley Career College, 878 Jackman Street, El Cajon, CA 92020. We are located 1 block west of Parkway Plaza. Accredited by ACCET. Day and evening classes. Small class size. Externships available. Job placement assistance. Financial aid if qualified. Available to non-high school graduates. 619-593-5111.

**COMPUTER TECHNOLOGY. Classes** COMPUTER TECHNOLOGY. Classes start begin October 11th at Coleman College. Associate and Bachelor's degrees for courses in Computer Networks, Computer Graphic Design, Computer Information Systems. Master's degree programs available in Information Technology and Business & Technology Management. VA approved, career services available, fi**COMPUTERIZED OFFICE** and Account

COMPUTERIZED OFFICE and Accounting. Be job-ready in just 8 months. Get the skills employers look for, from instructors with real-world experience. Day or evening classes available. Evening classes in just 9 months. Small classes, free tutoring, in-the-field training scholarships available WIA, VA benefit approved, job placement assistance, financial aid available (if qualified), accept non-high school graduates. Valley Career College, 878 Jackman Street, El Cajon, 1 block west of Parkway Plaza. 619-593-5111. ValleyCareer College.com.

nancial aid available for those who qualify. Kearny Mesa/San Marcos cam-puses. Visit: www.coleman.edu; 800-

COMPUTERS, BUSINESS, Accounting: COMPUTERS, BUSINESS, Accounting:
Day, evening, and online classes start
soon! Also offered: Medical Assisting,
Respiratory Therapy, X-ray Technology
(limited scope), Lab Technology, Pharmacy Technology, Healthcare Administration, Medical Coding/Billing, Nursing
Administration, Medical Specialties,
Medical Office Administration. Associate's/Bachelor's degrees, Certifications
and Licenses, Programs approved for
Yeterans. Accredited member ACCSCT. See Job Giant, page 5. Job
placement assistance for graduates, financial aid (if qualified). Classes begin
each month! Enroll today! California
College San Diego, 2820 Camino Del
Rio South, San Diego (92108). 1-888202-2654. Visit: www.californiacollege.

COSMETOLOGY PROGRAM. Love your Make money and have four career! Make money and have fun!
Many top Hairstylists own their own
businesses. One-year full or part-time
training. Night classes available. Paul
Mitchell The School, 410 A Street, San
Diego 92101. 619-398-1590.www.
PaulMitchellTheSchool.com.

COSMETOLOGY. Become a Hairstylist, Nail Tech, Esthetician COSMETOLOGY. Become a Hairstylist, Nail Tech, Esthetician, learn the art of Massage. Acquire the latest in advanced Clinical Esthetics Skills. Poway Academy is the only school in California offering this course. The Academy of Beauty and Spa, 13266 Poway Road, Poway, CA 92064. Call todayl 858-248-4424 x2.

DENTAL ASSISTANT PROGRAM at UEI. We also offer courses for Massage Therapist, Business Office Administra-

tion, Medical Billing/Insurance Coding, Pharmacy Technician, Computer Systems Technician! Approved Veterans, Rehab, WIA. Job Placement Assistance, Financial Aid (if qualified). Call and visit our campuses! United Education Institute, 3666 Kearny Villa Road, #100, 92123; 310 3rd Avenue, #C6, Chula Vista 91910. Call today! 1-877-206-1915. www.inforonuei.com

DENTAL ASSISTANT TRAINING: Work chair-side assisting dentists as they examine and treat patients. Graduate in 9 months! Morning, afternoon, evening classes; lifetime job placement assistance and financial aid if qualified. Pim Medical Institute, 888-239-9445, 780 Bay Boulevard, Chula Vista (I-5 at J Street). www.pmi.edu.

DENTAL ASSISTANT. Get started without a high school diploma. Now enrolling, call today! Concorde Career Institute, 4393 Imperial Avenue, Suite 100, San Diego 92113. 888-283-6911. www.Concorde4me.com.

DENTAL ASSISTANT. Be job-ready in just 8 months. Get the skills employers look for, from instructors with real-world expe-rience. Day or evening classes available. Evening classes in just 9 months. Small Evening classes in just 9 months. Small classes, free tutoring, in-the-field training scholarships available, WIA, VA benefit approved, job placement assistance, financial aid available (if qualified), accept non-high school graduates. Valley Career College, 878 Jackman Street, El Cajon, 1 block west of Parkway Plaza. 619-593-5111.ValleyCareerCollege.com.

DRIVE YOUR WAY into a new career!
Great pay and benefits. Class A/Class B training. Placement assistance. Campuses in San Diego, Temecula, Riverside and Santa Ana. United Truck Driving School, 800-764-2020. www.drivetrucks.

DRIVERS/CDL CAREER TRAINING with Central Refrigerated. We train, employ with \$0 down financing. Average \$40K first year! 800-526-9277.

ELECTRONIC EQUIPMENT Assembly. Open enrollment. Low-cost classroom instruction, financing for those who qualify; no fee or interest. Easy to attend. Free parking. Near public transportation. Course length: 12 weeks, day and evening classes. Call Votec Training, 858-565-0663. E-mail: skills@votectraining.com. Website: www.votectraining.com. **ELECTRONIC EQUIPMENT** Assembly

# CAREER TRAINING

# Our Grads Get Careers PHARMACY TECHNICIAN Train for a career in: Computerized Office/ Pharmacy Technician Medical Assistant Dental Assistant

Accounting
• Computer Technician/ Medical Insurance Billing

Networking

Valley Career College 878 Jackman Street, El Cajon Located 1 block west of Parkway Plaza

(619) **593 - 5111** 

www.valleycareercollege.com 8-Month Programs • Day & Evening Classes • Financial Aid (If Qualified)

Job Placement Assistance • Approved for WIA, VA benefits



# **ENROLL TODAY!**

The "Fashion Only" College in San Diego



# fashioncareerscollege

Fashion Design and Technology Fashion Business and Technology

> Scholarships Available Day and Night Programs

1-888-835-4750 1923 Morena Blvd., San Diego, CA 92110

www.fashioncareerscolleae.com



# Get your career started!

**LSAT, GMAT, GRE, SAT** 

# **Paralegal Certificate Program**

Approved by the American Bar Association **Employment Assistance** 

Day & Evening Classes Internships

Financial Aid Available

University of San Diego (619)260-4579 Sharpen Your Skills! **Experienced Faculty Practice Exams** 

**Test Preparation** 

Convenient Schedules

Free Refresher Classes (within 1 year of paid course completion)

www.sandiego.edu/paralegal

www.sandiego.edu/testprep

# First Step Towards Your New Career

# DENTAL ASSISTANT



# Train for a career in:

- Dental Assistant
- Medical Assistant
- Medical Insurance Billing
- Pharmacy Technician
- Computerized Office/ Accounting
- · Computer Technician/ Networking





# Valley Career College

878 Jackman Street, El Cajon • Located 1 block west of Parkway Plaza

Call (619) 593-5111 www.valleycareercollege.com

8-Month Programs • Day & Evening Classes • Financial Aid (If Qualified) Job Placement Assistance • Approved for WIA, VA benefits

Ready to Change Your Life?

Court Reporter

Associate Degree Offered

Financial Aid Available For Those Who Qualify (Approved for WIA and VA Benefits)

**Excellent Career Opportunities** 

**Fully Accredited** 

# **Online Classes Available**

Call now for your admissions appointment!

San Diego Location (619) 683-2727

2820 Camino del Rio South Suite 100

Moreno Valley Location (951) 781-2727

12125 Day Street, Building L

www.sagecollege.edu

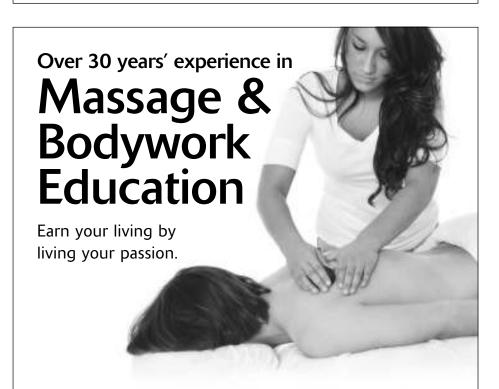








Build your future with **Sage College!** 



IPSB is where YOU want to be!

Call today: 888-594-3184 or visit: www.IPSB.edu

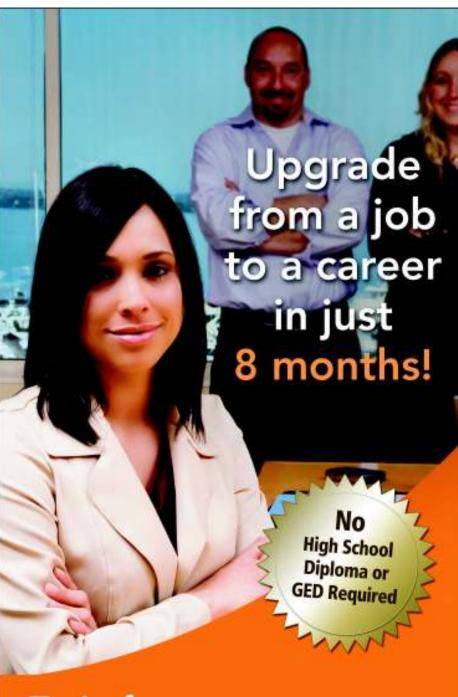
9025 Balboa Avenue, Suite 130, San Diego, CA 92123

# International Professional School of Bodywork

College of Massage and Holistic Health "Touching Humanity One Body At A Time."

Accredited by the Commission on Massage Therapy Accreditation (COMTA).





# Train for a new career in Business Office Administration.

We also offer:

- Computer Systems Technician Medical Assistant
- Dental Assistant Massage Therapy Medical Billing and Insurance Coding • Pharmacy Technician\*

\*High School Diploma/GED Required

# Call Today! 877-206-1915



3666 Kearny Villa Road, Suite 100, San Diego, CA 92123

310 3rd Avenue, Suite C6, C7 Chula Vista, CA 91910

www.ueisuccess.com

Not all programs available at all campuses | Approved for Veterans, Rehab, WIA Financial Aid Available for Those Who Qualify | Job Placement Assistance

## **Say What?**



**Daniel Palacio** | Age: 33 | Occupation: Gadabout | Lives: University Heights

The word of the day is "tragesty." Pretty much because I can't speak even basic English, a tragesty is something that is not only a tragedy, but a travesty as well. Such as when your favorite team loses, or when Cold Stone runs out

of Cake Batter ice cream or you get stuck in traffic and don't get home in time to watch re-runs of Beverly Hills 90210. You know, personal tragedies that really aren't that bad. You can do it with other words, like "cofa," which is a

couch and a sofa.

To see an online version of this column, go to sdreader.com. You can print it, email it to friends, and find archived columns.

**ELECTRONICS TECHNICIAN.** New career in 12 weeks! Open enrollment. Low-cost classroom instruction, financing for those who qualify; no fee or interest. Easy to attend. Free parking. Near public transportation. Course length: 12 weeks, day

and evening classes. Votec Training, 8304 Clairemont Mesa Boulevard, #110, San Diego 92111. 858-565-0663. E-mail: skills@votectraining.com. Website: www.votectraining.com.

EMPLOYEES IN TRANSITION. Life and career counseling. I will help you to succeed by identifying major operatives affecting your career, love, and life. Mr. Stemberger, International Consultant, Certified Life Coach. 85-455-0906.

FALL ORIENTATION SESSIONS at Mesa College. Make a date with your future! Animal Health Technology, 9am Saturday, 9/2/08. Health Information, 9am Saturday, 10/4/08 & 11/1/08. Geographic Information Systems (GIS). 9am

Wednesday, 11/19/08. Medical Assistant, 9am Saturday, 11/8/08. Physical Therapist Assistant, 9am Saturday, 10/4/08. Radiologic Technology, 9am Saturday, 10/25/08. Hotel/Event Management/Culinary, 7:30pm Wednesday, 10/29/08. Financial aid available. San Diego Mesa College, San Diego Community College District. Details and more career options, see sdmesa.edu/welcome.

FASHION CAREERS. Fashion Careers college, the "Fashion Only" college in San Diego. Programs in Fashion Design and Technology, Fashion Business and Technology. Scholarships available. Day and night programs. Coming August 2nd... San Diego's own Fashion Competition—Project Fashion. 888-635-4750. Fashion Careers College, 1923 Morena Boulevard, San Diego, CA 921110 (off Highway 5 on Mission Bay). www.fashioncareerscollege.com.

FIBER OPTICS & DATA CABLING. National Communication Training Centers help you take hold of your future! If you're looking for a new career with a big guture, the Telecome Industry is experincing a 37% compound annual growth rate and they need Certified Technicians. Become F.O.A. certified in just 3 weeks of intensive hands-on training. Daylevening classes. WIA/Workers' Comp/EDD. State approved. 100% private financing for those who qualify. Visit: 1324 East Mission Road, San Marcos, CA 92069. Call today! 760-471-9561. Email: nctc2@hotmail. Check us

out on the web! www.nctc.nu.

FINE JEWELRY CAREER BBA Degree
and professional diplomas. Start the
new year with a rich and rewarding career in the fine jewelry industry. Gemological Institute of America offers the
most comprehensive, respected gem
and jewelry education available anywhere. On Campus, Online, Distance
Education and traveling Lab classes.
Professional Diplomas. Year-round admission. Financial assistance programs/scholarships for qualifying
students. Ongoing career support. Free
catalog: 800-421-7250 x4001. www.gia.
edu.

FREE DRIVERS EDUCATION and a free movie ticket when you sign up before the start of school. That is an \$80 sav-

ings! www.freeteendrivingschool.com. 619-460-4819.

FREE GUARD CARD TRAINING. Join the #1 Security Team where people make the difference. Call Securitas, the largest, most respected security company in the world! Countywide positions available. Free Guard Card training. Medical/dental/vision and 401(k), excellent working environment, free uniforms. For fastest response, applyonline now! www.securitasjobs.com. Thank you for applying online! Or call San Diego: 619-641-0049; San Marcos (North County): 760-591-3733; Temecula: 951-676-3954. EOE/M/F/V/D, drug free. PPO #14827.

GEMOLOGY/JEWELRY. Prepare for a rich and rewarding career in the fine jewelry industry. Gemological Institute of America offers the most comprehensive, respected gem and jewelry education available anywhere. On Campus, Online, Distance Education and traveling Lab classes. Professional diplomas. Year-round admission. Financial assistance programs/scholarships for qualifying students. Ongoing career support. Free catalog: 800-421-7250 v4D01 www.oria.edu.

x4001. www.gia.edu. **GET F.O.A. CERTIFIED/** 3-week intensive hands-on course in Fiber Optics, Telecommunications, Data Cabling, Day/evening classes. WIA/Workers' Comp/EDD. State approved. 100% private financing for those who qualify. Call today! 760-471-9561. Visit NCTC in North County, 1324 East Mission Road, San Marcos, CA 92069. Email: nctc2@ hotmail.com; or check out our web site:

GMAT PREPARATION. USD Test Preparation Courses. Sharpen your skills! Experienced faculty. Practice examples. Convenient schedules. Free refresher classes within 1 year of paid course

### CAREER TRAINING









completion. www.sandiego.edu/testprep. 619-260-4579.

GRAPHIC DESIGN, 3D Animation, Video Production, Web Design. Plati College offers Bachelor and Associate degrees, fixed tuition costs, day and evening classes, placement assistance, financial aid if qualified. Call today for a free info pack: 1-866-752-8826. Visit: www.MediaArtSchool.com.

GRAPHIC DESIGN. Classes start Octobesides. Classes start Uctor ber 11th at Colegan College, voted #1 Business/Vocational School in San Diego 5 consecutive years, offers courses in Logo Design, Advertising, Illustration, Web Design, Associates and Bachelor degrees available. Courses: VA approved, career services available, financial aid available for those able, financial aid available for those who qualify. San Marcos/Kearny Mesa campuses. Visit: www.coleman.edu and call today! 800-430-2030.

GRE PREPARATION. USD Test Preparation Courses. Sharpen your skills! Experienced faculty. Practice exams. Convenient schedules. Free refresher classes within 1 year of paid course completion. www.sandiego.edu/testnren\_619\_260\_4579 storep. 619-260-4579

HAIR DESIGN TRAINING. Make money and have fun! Top Hairstylists love their careers; many own their own businesses. One year full-or part-time training. Night classes available. Paul Mitchell The School, 410 A Street, San Diego 92101. www. PaulMitchellTheSchool.com. 619-392.1501.

HEALTHCARE CAREER in 6 weeks! Become a Phlebotomy Technician. Class-room instruction and clinical externship at affiliated hospitals and clinics. No ex-perience necessary. Requires high school diploma/equivalent. BPPVE Regi-stert #3708721. Family Health Services, 619-955-1007. www.familyhealth-services.com

HIGH SCHOOL DIPLOMA! Fast, afford-Call now! 888-583-2101 now! 888-583-2101 or www entalacademy.com. (AAN CAN)

started without a High School Diploma! Concorde also offers: A.S. in Respira-tory Therapy, Massage Therapy, Surgi-cal Technology, Medical Assistant, Dental Assistant, Vocational Nursing Concorde Career Institute, 4393 Imperial Avenue, Suite 100, San Diego 92113. 888-254-6904; www.

Private Investigator. Start a new career in 2 months or less at U.S. College! Morning, afternoon and evening classes. WIA and low cost funding, workers comp, small classes. Universal Schools and Colleges of Health and Human Services, San Diego: 619-858-3840; San Marcos: 760-918-8198. www.uscmed.com.

LEARN BARTENDING. 1-2 week course. Learn behind a real bar. Make new friends! Fun! Money! Weekend classes available. Part-and full-time. Job place-ment assistance. Call 619-296-0600.

ment assistance. Call 619-296-0000.

LEARNING ACADEMY. Home Care Aides, Childcare, Family Caregivers. Entry-level and advanced training for home care providers. At Your Home Familycare, Inc. Please call toll free: 877-91LEARN. E-mail: homecarejobs@

atyourhomefamilycare.com. **LEGAL CAREER.** University of San Diego Paralegal Certificate. Approved by the American Bar Association. Employment Assistance. Internships. Financial Aid available. www.sandiego.edu/paralegal. 619-260-4579.

LSAT PREPARATION. USD Test Preparation Courses. Sharpen your skills! Experienced faculty. Practice exams. Convenient schedules. Free refresher classes within 1 year of paid course completion. www.sandiego.edu/testprep. 619-260-4579.



### M.A. in Leadership and **Organizational Studies**

Azusa Pacific University's Master of Arts in Leadership and Organizational Studies (MLOS) Program equips graduates with relevant leadership skills and in-depth understanding of business practices. Complete your Master's degree in 20 months. Choose from a traditional classroom or online format. Benefit from fixed tuition once enrolled in the program. Earn your degree from a university regionally accredited by WASC. Requires a Bachelor's degree from a regionally accredited college or university and an undergraduate GPA of 3.0 or better. Only a few slots left for the mid-October start date! Call a representative to reserve your spot today: 877-210-8839, www.apu. edu/sandiego. sandiego@apu.edu. Azuse Pacific University San Diego Regional

edu/sandiego. sandiego@apu.edu. Azusa Pacific University San Diego Regional Center, 5353 Mission Center Road, Suite 300, San Diego, CA 92108.

MASAGE COURS E Esalen style. October 5-6, 2008. Sunday-Monday, 8:30am-6pm. International expert, Dean Tinney. Ensenada, \$175 includes 2 nights lodging. Email: spatherapy@hotmail.com; website: Ensepada com/spn

MASSAGE THERAPIST Course at UEI. We also offer programs for Pharmacy Technician, Business Office Administra-

qualified. Call today for a free info pack: 1-866-752-8826. Visit: www. MediaArtSchool.com.

MEDICAL ADMINISTRATION and Billing MEDICAL ADMINISTRATION and Billing. Be job-ready in just 8 months. Get the skills employers look for, from instructors with real-world experience. Day or evening classes available. Evening classes in just 9 months. Small classes, free tutoring, in-the-field training scholarships available, WIA, VA benefit appropriated in the property of the propert proved, job placement assistance financial aid available (if qualified), ac cept non-high school graduates. Valley Career College, 878 Jackman Street, El Cajon, 1 block west of Parkway Plaza. 619-593-5111.ValleyCareerCollege.com.

MEDICAL ADMINISTRATIVE COURSES. Contact U.S. Colleges for more informa-tion. WIA and low cost funding, workers comp, small classes. Universal Schools and Colleges of Health and Human Ser-vices, San Diego: 619-858-3840; San Marcos: 760-918-8198. www.uscmed.

MEDICAL ASSISTANT TRAINING: Assist physicians in the examination and treat-ment of patients ranging from newborns to senior citizens, as well as perform rou-tine office tasks. Graduate in 9 months! Morning, afternoon, evening classes, life-time job placement assistance and finan-cial aid if qualified. Pima Medical Institute, 888-239-9445. 780 Bay Boule-vard, Chula Vista (I-5 at J Street). www.

pml.edu.

MEDICAL ASSISTANT. Get started without a high school diploma. Now enrolling,
call today! Concorde Career Institute,
4393 Imperial Avenue, Suite 100, San
Diego 92113. 888-283-6911. www.

MEDICAL BILLING & CODING. This com prehensive medical billing and coding course offers the skills needed to solve course ofters the skills needed to solve insurance billing and coding problems, complete insurance claim forms, trace delinquent claims and appeal denied claims. Course length: 12 weeks, day and evening classes. Call Votec Training, 858-565-0663. E-mail: skills@votectraining.com. Website: www.votectraining.com.

Technician, Approved Veterans, Rehab, WIA. Job Placement Assistance, Financial Aid (if qualified). United Education Institute, 3666 Kearny Villa Road, #100, 92123; 310 3rd Avenue, #6, Chula Vista 91910. Call today! 1-877-206-1915. Visit our website: www.infofromuei.com

MEDIA ARTS. Platt Colleges offers, 3D Animation, Web Design, Graphic Design, Video Production. Platt College offers Bachelor and Associate degrees, fixed tuition costs, day and evening classes, placement assistance, financial aid if

Also train in:

- Vocational Nursing
- Dental Assistant
- Medical Administrative and Insurance Specialist
- Medical Insurance Coder
- And more...
- Career Placement Assistance
- Approved For VA & WIA Benefits
- Financial Aid Available For Those Who Qualify

ASSIST

**CALL NOW FOR A BROCHURE!** www.ChooseKaplanCollege.com

TRAIN AT KAPLAN COLLEGE IN

**MEDICA** 



San Diego Campus **Vista Campus** 

Maric College is now Kaplan College

Not all programs offered at all locations.

CAREER TRAINING

MASTER OF ARTS IN

## LEADERSHIP AND ORGANIZATIONAL STUDIES



## Leadership Redefined

 $Today's\ complex\ \ \text{and\ } \text{challenging\ world\ requires\ individuals\ who\ know\ how}$ to effectively lead organizational change. APU's Master of Arts in Leadership and Organizational Studies (MLOS) Program equips graduates with relevant leadership skills and in-depth understanding of business practices.

### PROGRAM BENEFITS/DISTINCTIVES

- Complete your master's degree in 20 months.
- Choose from a traditional classroom or online format.
- Benefit from fixed tuition once enrolled in the program.
- Earn your degree from a university regionally accredited by WASC.

### PROGRAM REQUIREMENTS

- An undergraduate GPA of 3.0 or better
- · A bachelor's degree from a regionally accredited college or university



Only a few slots left for the mid-October start date!

CALL A REPRESENTATIVE TO RESERVE YOUR SPOT TODAY.

### San Diego Regional Center



www.apu.edu/sandiego

(877) 210-8839 sandiego@apu.edu

## **Typo Patrol Results**

### Issue of September 18, 2008

### **Sheep and Goats**

p.18 thank you, God should be thank You, God **Event listings** 

p.67 evidence to will lead should be evidence that will

p.67 Big Joe Puppet Productions take should be Big Joe Puppet Productions takes

p.70 weapon system should be weapons system p.77 early- to-mid-20th century pieces should be early-to-mid-20th-century pieces

### **Club Crawler**

p.82 S. Bach should be sBACH

### **Music Listings**

p.86 Chee-tos should be Cheetos

p.94 This IS the Apocalypse should be This OR the

p.98 Sole & the Skyrider band should be Sole & the Skyrider Band

### Restaurant listings

p.113 Monterrey should be Monterey

### **Remote Control King**

p.165 Consuela, donde esta should be Consuela.

Karelyn Kimokeo (El Cajon) \$110

### **Restaurant listings**

p.113 cecina Oaxaquena should be cecina Oax-

**Dustin Homen (Lemon Grove) \$10** 

### **Theater review**

p.128 Deanna Driscoll in text; DeAnna Driscoll in

Gordon Kanteena (San Diego) \$10

### **Restaurant listings**

p.113 chicharon should be chicharrón

Edwin Pulido (San Diego) \$10

### **Event listings**

p.67 Vincent Van Gogh should be Vincent van Gogh p.77 Artist's reception should be Artists' reception

Karen Guarnotta (San Diego) \$20

### **Event listings**

p.66 Ladron should be Ladrón p.69 groups...meets should be groups...meet

### **Theater review**

p.129 ticks should be tics

Armin Moths (San Diego) \$30

### **Theater review**

p.128 What give the show should be What gives the

Madelyn Truett (San Carlos) \$10

### **Event listings**

p.74 Employees" should be Employees?"

### **Puzzle results**

p.149 Rancho Penasquitos should be Rancho

Brian Slipper (Del Mar) \$20

### The Friendship Hotel

p.51 historical Landmark should be historical landmark p.55 less than celebrity/wealthy should be less-than-

p.72 cumin-flavored meatballs with cumin should be cumin-flavored meatballs

p.77 "a few curious surprises" when should be "a few curious surprises," when

### **City Lights**

p.6 air fare should be airfare

Charles Elster (San Diego) \$50

### **Event listings**

p.73 Fanual should be Fanuel

John Bains, Jr. (El Cajon) \$10

### **Foreign Tourists Invade**

p.30 L.A. should be L.A.

Herb Spark (San Diego) \$10

p.80 midnight." should be midnight.

Dorrie Sanders (San Diego) \$10

You must send in a copy of the printed error — either the actual page or a copy (including page number). Ads. blogs, user reviews, and letters to the editor exempt from consideration. Typo exceptions: errors in direct quotations, slang, colloquialisms, house/writer style idiosyncrasies. Reference sources: The Chicago Manual of Style (14th edition), Webster's Collegiate Dictionary (11th edition). Submissions accepted until Monday at 7 a.m. after the issue in question. Only one award per error — first identification of error wins \$10 or a Reader Typo Patrol T-shirt (indicate preference). Mail to: Typo Patrol, SD Reader, Box 85803, San Diego, CA 92186; or fax to 619-231-0489; or deliver to 1703 India Street in Little Italy (we have an after-hours mail slot).

MEDICAL CAREERS. Train to become a Administrative and Insurance Specia

Nursing, Nursing Assistant, Back Office. Not all programs offered at all locations. Kaplan College offers on-the-job training, career placement, financial aid available for those who qualify. San Diego and

North County campuses. (Formerly Maric College). Call today! 888-356-4000, Dept. 234, or visit www.ChooseKaplanCollege. mEDICAL PROGRAMS: Day, evening,

### and online classes start soon! Medical Assisting, Respiratory Therapy, X-ray Technology (limited scope), Lab Technol-ogy, Pharmacy Technology, Healthcare INSTRUCTION



The Cabrillo ACADEMY OF THE SWORD ing Fencing 6 Days a Week Beginners' Classes Advanced Training **JIU-JITSU** Sales of Replica Swords & Daggers ACADEMY Instruction in Free Trial Theatrical Swordplay

On Antique Row in Normal Heights

(619) 584-2478



• Private or small groups Day or evening classes

Spanish Language Center 619-284-8636 spanishlanguagecenter.com

**Mission Valley** 

RESTAURANT/BAR MANAGEMENT:

Administration, Medical Coding/Billing, Nursing Administration, Medical Specialties, Medical Office Administration. Associate's/Bachelor's degrees, Certifications and Licenses. Programs approved for Veterans. Accredited member ACCSCT. See Job Giant, page 5. Job placement assistance for graduates, financial aid (if qualified), Classes begin each month! Enroll today! California College San Diego, 2820 Camino Del Rio South, San Diego, 2820 Camino Del Rio South, San Diego (92108). 1-888-202-2654. Please go to: www.californiacollege.info bar management at National Schools. Free career placement assistance, with many jobs available. Call: 619-461-2800 for a tour and sit in a class. Learn why we are different. Visit us on the web, and see our Photo Gallery and curriculum of all our training. Financial Aid available. www.nationalschools.com.

lege.info

MEDICAL/INSURANCE BILLING
COURSE. UEI also offers programs for
Pharmacy Technician, Dental Assistant,
Business Office Administration, Massage
Therapist. Approved Veterans, Rehab,
WIA. Job Placement Assistance, Financial Aid (if qualified). United Education Institute, 3666 Kearny Villa Road, #100,
92123: 310 3rd Ayenue, #C6 Chula Vista

92123; 310 3rd Avenue, #C6, Chula Vista 91910. Call today! 1-877-206-1915. Visit

come a Certified Notary Public in just one day! Just \$115. Saturday, October 4, 2008 or Saturday, December 6, 2008.

NURSING ADMINISTRATION: Dav.

evening, and online classes start soon!
Also offered: Medical Assisting, Respira-tory Therapy, Lab Technology, Pharmacy Technology, X-RAY Technology (limited scope), Healthcare Administration, Medi-cal Coding/Billing, Medical Specialties, Medical Office Administration. Associ-

Medical Öffice Ädministration. Associate's/Bachelor's degrees, Certifications and Licenses, Programs approved for Veterans. Accredited member ACCSCT. See Job Giant, page 5. Job placement assistance for graduates, financial aid (if qualified). Classes begin each month! Enroll today! California College San Diego, 2820 Camino Del Rio South, San Diego, 2820 Camino Del Rio South, San Diego (20108). 1-888-202-2654. www.californiacollege.info

NURSING CAREERS. Train to become a

NURSING CAREERS. Train to become a: Medical Assistant, Pharmacy Technician, Medical Insurance Technician, Medical Administrative and Insurance Specialist, Nursing, Nursing Assistant, Back Office. Not all programs offered at all locations. Kaplan College offers on-the-job training, career placement, financial aid available for those who qualify. San Diego and North County campuses. Call today! 883–356-4000, Dept. 234, or visit www. ChooseKaplanCollege.com.(Formerly Maric College)

PHARMACY TECHNICIAN TRAINING: As-

PHARMACY IECHNICIAN ITAINING: As-sist licensed Pharmacists in providing medication and healthcare products to patients. Graduate in 8 months! Morning, afternoon, evening classes; lifetime job placement assistance and financial aid if qualified. Pima Medical Institute, 888-239-9445. 780 Bay Boulevard in Chula Vista (I-5 at J Street). www.pmi.edu.

PHARMACY TECHNICIAN. This course

provides the skills and knowledge that lead to licensure and a rewarding career as a pharmacy technician. Pharmacy

as a priarmacy technician. Friarmacy Technician performs a variety of tasks un-der the direction of a licensed Pharma-cist. Course length: 12 weeks, day and evening classes. Call Votec Training, 858-565-0663. E-mail: skills@ votectraining.com. Our website: www.

PHARMACY TECHNICIAN. Train to be-

come a Pharmacy Technician, Medical Insurance Technician, Medical Adminis-trative and Insurance Specialist, Nursing, Nursing Assistant, Back Office. Not all programs offered at all locations. Kaplan

Nursing Assistant, Back Office, Not air programs offered at all locations. Kaplan College offers on-the-job training, career placement, financial aid available for those who qualify. San Diego and North County campuses. Call today! 888-356-4000, Dept. 234, or visit www. ChooseKaplanCollege.com

in just 8 months. Get the skills employers look for, from instructors with real-word experience. Day or evening classes available. Evening classes in just 9 months. Small classes, free tutoring, in-the-field training scholarships available, WIA, VA benofit proposed job blacoment opin

benefit approved, job placement assistance, financial aid available (if qualified), accept non-high school graduates. Valley Career College, 878 Jackman Street, El Cajon, 1 block west of Parkway Plaza.

site: www.infofromuei.com NOTARY PUBLIC! UCSD Extension. Be SECURITY GUARD IRAINING. Become a fully trained and certified Private Security Guard in just 52 hours/2 weeks! Certificate: Power to Arrest, Liabilities and Legal Aspects, Observation and Documentation, Communication and Significance. BSIS Car/Permits: Guard Card/Baton Permit, Firearm Permit/Tear Gas, First Aid/CPR. Now accepting: WIA/TAA, Vocational Rehab, Dislocated Workers, Private Pay and others. Coast Career In Third Avenue, Chula Vista, CA 91910, 619-420-0437.

SPORTS MEDICINE TECH Program. Call
U.S. Colleges for more information. WIA U.S. Colleges for more information. WIA and low cost funding, workers comp, small classes. Universal Schools and Colleges of Health and Human Services, San Diego: 619-858-3840; San Marcos: 760-918-8198, www.uscrned.com.

SURGICAL TECHNOLOGY. Start this year surgical Technology: Start this year with a new career. We also offer courses in Massage Therapy, Medical Assisting, Respiratory Therapy. Insurance Coding and Billing, Dental Assisting, and Vocational Nursing. Call today for more information! Concorde Career College, 4393 Imperial Avenue, Suite 100, San Diego. 888-254-6904; www.Concorde4me.com.

University offers: 36 credential/master's opportunities, NCATE-accredited pro grams recognized by all 50 states and in grams recognized by all 50 states and in-ternationally, a degree completion program in Human Development (HDEV) designed for future teachers. Become a better teacher, counselor, coach, or ad-ministrator. San Diego Regional Center, call 877-210-8839; visit www.apu.edu/ sandiego; e-mail sandiego@apu.edu. Murrieta Regional Center, call 877-210-8811; visit www.apu.edu/murrieta.email 8841; visit www.apu.edu/murrieta; e-mail murrieta@apu.edu.

TELECOMMUNICATIONS. Become FOA TELECOMMUNICATIONS. Become FOA certified. 3-week intensive hands-on course in Fiber Optics, Telecommunications, Data Cabling, Daylevening classes. WIA/Workers' Comp/EDD. State approved. 100% private financing for those qualified. Call Itodayl 760-471-9561. Visit NCTC in North County, 1324 East Mission Road, San Marcos, CA 92069. Email: nctc2@hotmail.com; or check out our web site: www.pdc.pu.

site: www.nctc.nu

TRUCK DRIVING SCHOOL. Earn big bucks, drive big trucks! Western Truck School San Diego offers classroom and over-the-road instruction. Class A/4 weeks; Class B/1 week! We have a job waiting for you, if qualified. Veteran/WIA approved. Tuition reimbursement. Day, night, weekend classes. 1-800-TRUCK-ING. www.westerntruckschool.com.

TRUCK DRIVING. Drive your way into a new career! Great pay and benefits. Class A/Class B training. Placement assistance. Campuses in San Diego, Temecula, Riverside and Santa Ana. United Truck Driving School, 800-764-2020. www.drivetrucks.com.

Anesthesia Tech, Personal Trainer, Medical Office, Orthopedic Tech, Group Home Training, Telemetry Tech, Insurance, In-Design (or QuarkXPress), Culinary Arts, Web Graphics, Emergency Dispatch, Security & CPR/First Aid. ROP Grossmont College. Visit: www.grossmont.edu/rop. 619-644-7550.

VETERINARY ASSISTANT PROGRAM: Just 30 weeks to a career filled with fur and fun! Love your patients and your job as you nutrure the health and well-being of animals. Pima Medical Institute offers financial aid if qualified and lifetime job placement assistance. 888-239-9445. 780 Bay Boulevard, Chula Vista. www.pmi.edu.

VIDEO PRODUCTION, Web Design, Graphic Design, Video Production, Platt Graphic Design, Video Production. Platt College offers Bachelor and Associate degrees, fixed tuition costs, day and evening classes, placement assistance, financial aid if qualified. Call today for a free info pack: 1-866-752-8826. Visit: www.MediaArtSchool.com.

classes, placement assistance, financia aid if qualified. Call today for a free info pack: 1-866-752-8826. Visit: www.MediaArtSchool.com.

X-RAY TECHNOLOGY (Limited Scope): Day, evening, and online classes start soon! Medical Assisting, Respiratory Therapy, Lab Technology, Pharmacy Technology, Healthcare Administration, Medical Coding/Billing, Nursing Administration, Medical Specialties, Medical Office Administration. Associate's/Bachelor's degrees, Certifications and Licenses, Programs approved for Veterans, Accredited member ACCSCT. See Job Giant, page 5. Job placement assistance for graduates, financial aid (if qualified), Classes begin each month! Enroll today! California College San Diego, 2820 (92108). 1-888-202-2654. www.californiacollege.info

VOCATIONAL NURSING. Get started PHARMACY/LAB TECHNOLOGY: Day, wocarional Norsing. Get started without a High School Diploma! Concorde also offers: A.S. in Respiratory Therapy, Massage Therapy, Surgical Technology, Medical Assistant, Dental Assistant, Insurance Coding/Billing courses. Now enrolling, call today! Concorde Career Institute, 4393 Imperial Avenue, Suite 100, San Diego 92113. 888-254-6904; www.ContactConcorde.com evening, and online classes start soon!
Medical Assisting, X-ray Technology (limited scope), Respiratory Therapy, Healthcare Administration, Medical Coding/
Billing, Nursing Administration, Medical Specialties, Medical Office Administration. Associate's/Bachelor's degrees, Certifications and Licenses, Programs approved for Veterans. Accredited member ACCSCT. See Job Giant, page 5. Job Der AUCSUT. See Job Glant, page 5.00 placement assistance for graduates, financial aid (if qualified). Classes begin each month! Enroll today! California College San Diego, 2820 Camino Del Rio South, San Diego (92108). 1-888-202-2654. www.californiacollege.info WEB DESIGN, GRAPHIC DESIGN, 3D Animation, Video Production, Fact Consg-offers Bachelor and Associate degrees, fixed tuition costs, day and evening classes, placement assistance, financial aid if qualified. Call today for a free info

PLATT (MEDIA ARTS) COLLEGE offers classes in Web Design, Graphic Design, Video Production, 3D Animation. Bachelor and Associate degrees, fixed tuition costs, day and evening classes, placement assistance, financial aid if qualified. Call today for a free info pack: 1-846fe-752-8826. Visit: www.MediaArtSchool.com.

RESPIRATORY THERAPY. Get started RESPIRATORY THERAPY. Get started without a High School Diploma! Concorde offers: A.S. in Respiratory Therapy, Massage Therapy, Surgical Technology, Medical Assistant, Dental Assistant, Vocational Nursing, Insurance Coding & Billing courses. Now enrolling, call today! Concorde Career Institute, 4393 Imperial Avenue, Suite 100, San Diego 92113. 888-254-6904; www.Concorded-me.com

Occupational Science). Train in less than two years for this specialty that focuses on prevention, diagnoses, treatment, management and rehabilitation of patients with breathing or other cardiopulmonary disorders. Pima Medical Institute, 888-239-9445. 780 Bay Boulevard, Chula Vista (I-5 at J Street). www.pmi.edu.

3-WEEKS F.O.A. CERTIFIED. Fast growing industry: Telecommunications. 3-week intensive hands-on course in Fiber Optics, Telecommunications, Data Ca-bling, Daylevening classes. WIA/Workers' Comp/EDD. State approved. 100% pri-CONTINUED. State approved. 100% private financing for those who qualify. Call today! 760-471-9661. Visit NCTC in North County, 1324 East Mission Road, San Marcos, CA 92069. Email: nctc2@hotmail. com; or check out our web site: www.nctc.nu

### **BUSINESS OPPORTUNITIES**

PLACE ADS IN THE READER by calling 619-235-8200, 8:30am to 5:00pm, Monday through Friday. Deadline: 5pm Tuesday.

Routes! Unlimited potential with 30 loca vending machines and candy for \$9,995. Other packages available. Call: 800-920-7869. Multivend, LLC.

7869. Multivend, LLC.

AGENTS WANTED! Financial services. Flexible time. No experience required, will train. Bilingual a plus. High commission pay. Great opportunity to learn a valuable trade. Call now! 619-272-8908.

right place at the right time can earn you serious money. For information call Dr. Karl at 619-550-7636.

AVON. Excellent income potential! Perfect for self-starters with a commitment to helping others succeed. \$10 gets you started. Call Kathleen independent sales helping others succeed. \$10 gets you started. Call Kathleen, independent sales representative: 619-429-1253; 888-429-

healthy products! Mangosteen (high in antioxidants, anti-inflammatory proper-ties), Whole Food Nutritional Supple-ments, Safe & Natural Skincare. www. diane.myjetstream.net. 877-674-4280.

BREAKTHROUGH TECHNOLOGY brings 24/7 access to success secrets from the world's leading speakers. Call to learn how you can profit from this fantastic opportunity. 1-888-699-6782.

DATA ENTRY PROCESSORS needed.
Earn \$3500-\$5000 weekly working from home. Guaranteed paycheck. No experience necessary. Positions available to-day. Register online now. www. DataPositions.com. (AAN CAN)

EARN \$1K-\$5K per week! Safe investment. Vending with multiple product options. Money back guarantee. 100 year old industry. Call 24/7. 800-896-2492.

HEALTH COACHES WANTED. One of For mea.Lin CUAURES WANTED. One of For-tune Magazine's "Fastest Growing Com-panies," Medifast, expanding in Southern California. Complete training provided. Proven track record, over 100 coaches earning 6 figures. Commission only. 858-509-1778.

HELP WANTED. Earn extra income assembling CD cases from home. Call our live operators now! 1-800-405-7619 x150. www.easywork-greatpay.com. (AAN

MAKE A LIVING... LIVING. \$28,000 in days, not weeks, simply returning phone calls. No selling. No explaining. No convincing... Join an elite group of San Diegans who have discovered new-found gans who have discovered new-round financial freedom and wealth with an hon-thing business activity. If you have initial challenges activity. If you have the drive to better your life and your family's lives, we will teach you a system that will enable you to generate thousands of dollars in days, not weeks. 1-888-593-

new marketing business—get results. Be mentored by self-made millionaires. Seri-ous inquiries only. 800-631-9439. www.

stry. Serious network eded Call 1-800-439-3197

PARTYLITE: START YOUR OWN home based candle business and begin building your income today. \$400-\$600 per month part time. No cash investment! It's fun and easy. We will get you started with a kit worth \$350+. Visit my website for details: www.partylite.biz/tami. You don't want to miss this incredible opportunity. For more information, call 619-223-5633.

POST OFFICE now hiring! Average pay \$20/hour or \$57K year includes federal benefits and overtime. Placed by ad-Source, not affiliated with USPS who hires. 1-866-616-7019. (AAN CAN)

REALISTICALLY earn more money in the next year than the past 5 years combined. 1-800-687-2735.

SALON/EQUIPMENT FOR SALE by owner. Reduced! \$15,000/negotiable. Must sell. 8 stations, 2 facial rooms. Liquidation sale October 13-30—everything

TIRED OF MAKING YOUR BOSS rich? Then do something about it and finally get paid what you're worth. Be a marketing entrepreneur. Serious inquiries only. 800-631-9439. www.swanlifestylecoop.com.

you can Do THIS! If you're motivated/ coachable, our revolutionary product and proven system will take you to a 6-figure income. Call for interview: 858-472-2258.

YOU CHOOSE! \$1.000 OR \$3.500+ in days, not weeks, just by returning phone calls. Call 800-430-3348 or visit www mygoldplan.com/2helpuprosper. Private gifting. Do it today!

### **CLASSES /** LESSONS

**PLACE ADS IN THE READER** by calling 619-235-8200, 8:30am to 5:00pm, Monday through Friday. Deadline: 5pm Tues-

ACADEMY OF THE STARS! Private lessons: Voice, Dance, Piano, Guitar, Bass, Saxophone, Flute, Songwriting, Mu-

Elizabeth and her students BALLROOM DANCING. Mary Murphy's Champion Ballroom (Grop-in class). Have a night out dancing. Every Friday night, beginning class starts at 7pm, party 8-10pm. \$12 for 3 hours of fun. 3580 Fifth Avenue, 92103. Phone: 619-291-7722.

BHAGAVAD-GITA CLASSES: By Vedic Scholar. Monday-Wednesday 7:30-8:30pm. Thursday 6:30-7:15pm. (Fol-lowed by Krishna Lounge Program), Hare Krishna temple, 1030 Grand Avenue, Pa-cific Beach 92109. 858-483-2500.

DJ LESSONS. San Diego Mix Masters, San Diego's premier DJ school. Estab-lished 2000. Learn the basics of beat matching, mixing, programming, etc. 619-867-7822 or www.globalbpm.com.

DRUM INSTRUCTION. I teach what you want and need to know. Get more playing enjoyment. Be musical! All levels accepted. Hoffman Drum Studio, Kirk, 619-

287-6518.

ENGLISH TUTORING. Master's degree instructor. English as a second language, TOEFL, grammar, writing, pronunciation. Native speaker grammar refinement. Reasonable rates. jaygo@cox.net, 619-528-8663 or 619-410-2002.

FRENCH LESSONS. The best, most popular French lessons in San Diego, from \$9.99/hour. Learn with a teacher from Paris! Materials included. www. glishtofrench.com. Sophie, 619-

GUITAR INSTRUCTION. Concert professional from Spain, with 23 years touring experience, now offering private classes in authentic flamenco and classical guitar. 619-282-0369.

tar. 619-282-0369. **GUITAR INSTRUCTION.** Degreed professional 30 years experience. All styles. Est sional, 30 years experience. All styles. Es-pecially good with young people and children. Your first lesson is free! Call

**GUITAR LESSONS.** Freeway close. Guitar Trader of San Diego, 7120 Clairemont Mesa Boulevard. Toll-tree: 67 17-007.

GUITAR LESSONS/RECORDING. Learn
Favor favorite songs. Experito play, sing your favorite songs. Experi-enced instruction tailored to your goals. Record a demo; session work. Craig Blaine, 619-417-4080, www.jcbmusic.

com. **HAVE FUN THIS SUMMER** with singing,

The full instruments. Lessons at piano, guitar, all instruments. Lessons at home or our studios! Spectacular, moti-vating, skilled teachers. www. CaliforniaMusicStudios.com or call Dawn, 800-227-6222.

PIANO ACHIEVEMENT proven with free PIAND ACHIEVEMENT proven with Tree lesson. Ages 5 to 95. Classical, popular, jazz. Very patient teacher/performer of-fers top quality, individualized instruction, beginning through advanced. 30 years experience. Lee Galloway, 619-281-8118. www.leegalloway.com.

PIANO LESSONS FOR CHILDREN. Spe cial fall rates! Beginning to advanced stu-dents. Excellent teaching strategies and instructional materials. Experienced eduyears. Call 619-283-0307

cator for 25 years. Call 619-260-0000.

PIANO LESSONS. Master's degree Music Education. Member of Music Teachers Association of California. Any age, any style. Flexible hours. Individual programs

style. Flexible hours. Individual programs for each student. 858-625-0053.

SAT AND ACT PREP/ Private tutoring. Experienced, in-home tutors starting at \$25/hour. ISEE, PSAT, GRE, GMAT and more. Company founded by Harvard graduate. 858-273-TUTOR(8886). www.mcelroytutoring.

SAT TEST PREPARATION. USD Test Preparation Courses. Sharpen your skills! Experienced faculty. Practice Exams Convenient schedules. Free Refresher Classes (within 1 year of paid course completion). www.sandiego.edu/testprep. 619-260-4579.

SINGING LESSONS. Learn the techable. NorwoodMusicStudios. com. 619-262-7464.

SPANISH LESSONS. Private tutoring. Master's degree and credentialed instructor. Conversation, writing, and grammar. Bilingual. Competitive rates. References. E-mail: jaygo@cox.net. Jay 619-528-8663 or 619-410-2002.

SUGAR SKULL DECORATING Workshop Traditional offering for the Day of the Dead. Altar, banner workshops available. \$20/person. Varied Saturday/Sunday classes. www.backfromtomboctou.com.

TOOLS FOR SCHOOL TUTORING specializes in learning differences, helping your child develop skills to achieve success Bonita/Chula Vista. 619-587-1610. www

### **MASSAGE**

PLACE ADS IN THE READER by calling 619-235-8200, 8:30am to 5:00pm, Mon-day through Friday. Deadline: 5pm Tues-

ULTIMATE RELAXING MASSAGE! The best ever massage...experienced, caring, female therapist. Full body therapeutic, Swedish, deep, or light. Beautiful atmosphere. Warm oils. Convenient location. Juliah 619-

FLAWLESS EXOTIC! Full body feather light, completely blissfu touch to deep tissue tension release Incall/outcall. 7 days. Last minute/hotel appointments available. Eva, 760-828-2618.

BELLA'S AMAZING TOUCH and healing sensation! Sensitive, soothing hands that can turn your beastly tensions into the purr of a kitten! Let yourself get the purr-fect treatment that you so deserve. Last minute and hotel appointments available. Credit hotel appointments available. Credit cards accepted. MTP-6342. Bella. 760-603-1010

MEDICAL MASSAGE BY ANDY. Back/ neck pain. Numb fingers/hands/arms. Fibromyalgia, Carpal Tunnel. 17 years experience. Thai Therapist. \$100 for 100 minute session. 816-

THE DIFFERENCE That makes a difference. Experience a truly unique luxurious massage. From the creator of the 5 star massage experience. Renee, CMT. 619-957-3153.

HEALING TOUCH BY MIREILLE. European therapist with 20 years' experience Come to enjoy a wonderful and affordable massage. Outcalls. Lic-006369. First time special! 619-994-9147. www.healingtouchbymireille.com.

MARIA'S MASSAGE. South Bay. \$55 per hour. Swedish and energy healing. www. mariasmassagesandiego.com. 619-781-7577

RELAX IN MY HANDS. Satisfying full-body stress-release massage by profes-sional, experienced HHP. You'll like it! Lic-22746. Ken, 619-417-1350.

BEAUTIFUL GENTLE CARING MASSAGE from a Hungarian therapist. Cranio-sacral therapy. Georgiana, HHP-0317, 760-966-

me or hotel room by European-trained assage therapists. Available 7 days/ eek. HHP-92009389. Call: 619-295-

ALINA'S SPECIAL MASSAGE. Incall/out calls/hotel service. 7 days. Unique experi-ence. Balance body and mind. International techniques. Gift certificates. \_ic-93007588. 619-708-1261

SIMPLY IRRESISTIBLE! Sensational massage! Talented touch that is unique, customized to suit your body. Rejuvenate your tired body and spirit. My fingertips are like rose petals, my voice is soothing and hypnotic to lull you into deep relaxation. In office or outcalls. Mia, 760-603-1010.

turing light touch for deep relaxation. These are hands you will never forget. Lic-93004782. For appointment, call 619-260-1950. YVONNE'S MAGIC HANDS! Enjoy a nur-

NORTH COUNTY MASSAGE. Certified Massage Therapist. 20 years experience. Swedish, circulatory and deep tissue. Out calls. 9am-8pm. Insured and licensed. MT-1185. Call Mark, 760-742-0267.

MASSAGE SO WONDERFUL, it's guaran teed to be the best part of your day Come explore the magic of my touch Heidi, 619-280-7784.

LATIN ANGELS MASSAGE. We special ize in pampering you. Couples welcome. Lunchtime specials available. 619-246-

SPECIAL PRICE! \$10 off with free body scrub or body shampoo with 1 hour of massage. Lic-003419. Call today and ask for Izabela, 619-281-8851.

COUPLES MASSAGE. Beautifully deco rated room with tables side by side. Relaxation Plus, Little Italy, 20% off all services. Gift certificates. 7 days/week. HHP-92009389. 619-295-5595.

EXPERIENCED. 14 YEARS. Masseus providing outstanding massage. Best styles, combinations. Private, clean mas-sage studio. \$80/hour. Lic-13375. Call days/evenings. Donna, 619-886-3333.

NURTURING, PROFESSIONAL RN. Healing, relaxing full-body massage. Infrared Bio-Mat, sports injuries, light touch to deep tissue, combination. Elder care. 30 years experience. RN-125108. Liz, 760-942-0977.

HILLCREST LOCATION. 14 years' experience. Swedish, Craniosacral, Shiatsu, deep tissue, Thai, Reflexology and Lomi Lomi. ATM, credit cards accepted. Lic-96009525. Frank, 619-294-8559. www.

frankarce.com.

AUTUMN SONG. My energizing touch, a
waterfall flowing over you. Beautiful, artistic setting. Hillcrest (I-163/across from
Trader Joe's). Ask about new client special! Crystal, 619-788-9753.

MASSAGE BY BODYBUILDER, for your health and pleasure. Consistently told, "The best massage I've ever had!" Friendly. Professional. IPSB graduate. gr8massagepro@aol.com or call Robert, 619-232-2142.

GRAND OPENING! New facility. Mas sage, hot stone massage, therapeutic massage and bodywork. Open 7 days 9am-10:30pm. Lic-B2007028882. Mer-cury Spa, 4411 Mercury Street, San Diego. 858-560-0680.

GET TOUCHED TODAY! Customize your own touch! Sports, therapeutic, relax ation, rehabilitation. 9am-6pm Monday Friday, 12-4pm Saturday. \$80-\$120/hour Call today for your appointment. HHP 99013121. 619-794-5774.

WE CAN SURPASS even your greatest expectations. We know the way a quality massage is supposed to be. Call Far East Spa. Lic-98011375. 619-283-6122.

LUXURIOUS MASSAGE! \$75/HOUR plus body shampoo. Escape with perfect European massage. Caring, skilled female therapist. Swedish, Shiatsu, Sport, Reflexology. Park Boulevard. In/outcalls. Lic-930070051. Brigitte, 619-297-8600; Celeste, 619-581-1101.

AFFORDABLE MASSAGE! Treat yourself or significant other to a wonderful full-body massage. Teacher, student special! Women, men, couples. Gift certificates available. Incall and outcall. MTP-15532.

DESIGNED TO HEAL! Offering the very best: massage, acupuncture, Chinese herbal therapy, nutrition. Home visits, in-office. Cash, credit card, paypal ac-

### PICTURE STORY



 $B^{
m eer}$  garden at City Brewery, circa 1870s. In 1868, the same year Austrian brewmaster Christian Doblier established San Diego's first brewery in Spring Valley (Chollas Valley Brewery), City Brewery opened on the northwest corner of Fifth and B streets, downtown.

Philip Wedel, City Brewery's Prussian owner, was granted U.S. citizenship in 1873. Friends threw a party for him — at his brewery! This photo may have been taken on that occasion. (Source: Suds 'n Stuff article by David Williams, July–August 1992)

— by Robert Mizrachi

YOU CAN PURCHASE THIS PHOTO AND MANY MORE AT THE SAN DIEGO HISTORICAL SOCIETY RESEARCH LIBRARY OR ONLINE AT WWW.SANDIEGOHISTORY.ORG FOR MORE INFORMATION, CALL 619-232-6203, EXT. 127.

cepted. Michelle, 858-245-7188. www.

MASSAGE THERAPY HILLCREST. Exceptional massage therapy: \$40 per 45-minute massage session special! Also couples massages great rates! Acupunc-ture and hypnotherapy also available. Jonathan/Amy, 619-300-7229.

ABSOLUTELY WORLD CLASS massage! vate oasis with soft hands, soothing scents and a sweet touch. Reward your-

MASSAGE/SLIMMING/ toning in Little Italy. Treat yourself to royal treatment a Relaxation Plus. 20% off all services. Gif certificates. Open daily. HHP-92009389 619-295-5595

VOTED "BEST MASSAGE in San Diego!" VOILD BEST MASSAGE IN SAN DIEGO!
Aromatherapy massage. Pregnancy massage. Therapeutic massage. Body treatments. Hot stone massage. Enzymatic seaweed wrap. For that global good feeling! Massage Extraordinaire, 901 Hotel Circle South. (Inside Frogs Club One). 619-295-3516. www.sandiego-massage.com.

**Oriental** 

Massage

**Specialists** 

Dr. O'Side Massage

2110 S. Coast Hwy.

Suite F Oceanside, CA 92054

760-721-8698

Lic. #DC11717

\$65 STRESS-BUSTER SPECIAL!
Stressed out? Tension got you down? Get a full body massage and leave in a total state of relaxation! Call Diana, 619-876-

7988.

GREAT ESCAPESI Get away and discover what a great massage can do for you. Conveniently located. Walk-ins welcome. Lic-25377. You'll feel the differ-

PUERTO RICAN MASSEUR. Swedish and deep-tissue bodywork by certified fitness-trainer athlete. Military discounts. Lic-96009528. Daytime and evening appointments available. Revitalizing effectl puertoricanCMT@sbcglobal.net. 619-690.0629

EUROPEAN SILKY HANDS. Soft and ten der for the ultimate in relaxation. Shov available. Silent Touch, 619-708-2660.

PROFESSIONAL MASSAGE. 1-1/2 hours, \$75. Absolutely first-rate, healing, deep-muscle Swedish massage. Excellent shoulder work. Legitimate, experienced, references. Lic-97005459. Jim, 619-459-

ASIAN SOOTHING/HEALING. Swedish,

ogy, body treatment. Free foot detox, hour massage/salt scrub! 3333 Midway. Point Loma. 619-226-2056. www.

ASIA EDEN invites you to experience the

AFFORDABLE DEEP TISSUE MASSAGE. Specializing in migraine headaches neck, shoulder, back, tightness/injury Flexible hours. Centrally located. \$60. Health and Vision Acupuncture & Massage Center. www. DeepTissueMassage.biz. 619-519-5335.

COME ON, JUST MAKE THE CALL and take a one hour break to experience the royal treatment! I give a seriously great massage. I'm located off the I-5 and Manchester exit. Relaxing and private atmosphere. I'll even give you 20% off your treatment for calling because I'm really nice. Be happy! HHP. Lic-96001467. Kim, 619-417-9226.

CHRIS BLISS TOUCH MASSAGE. Experi ence soothing, reassuring, exquisite care. Surround yourself in a beautiful, relaxing environment. Lic-HHP91007806. 7 10am-6pm. Credit cards welcome

ASIAN MASSAGE 760-547-4061. At you place. 24/7. Chinese therapy, Swedish, deep tissue, Shiatsu, function, balancing circulation. Relieve tension, stress, re-store energy. Certified. Early Bird Spe-

\$49/HOUR, \$75/1-1/2 HOUR. Full body massage and reflexology. Private rooms, table shower, easy parking. Visa/Mastercard. 620 South Melrose #100, Vista. 760-

TWO GIRLS FOR PRICE OF 1! Relax, renew, and de-stress your body and mind! Amazing four-handed massage. Late night available. Don't wait! Fashion Valley, 619-261-0465.

### SERVICES



Oriental Massage. Jacuzzi & Hot Tub, Dry & Steam Sauna Mon.-Sun. 9 am-9 pm Credit cards accepted.

Acupressure Massage THE TOUCH OF THE ORIENT

1911 SUNSET DRIVE ESCONDIDO 760-735-8850 Lic. #140248

San Diego Reader September 25, 2008

## **Astound your friends & become famous!**

### THE READER PUZZLE:

### **RULES OF THE GAME**

1) Each week we're printing a list of EVERYONE who submits the correct answers to the previous week's puzzle. See this week's contenders below

2) When you successfully complete a puzzle, we'll also print a brief (10 words or less) message that you've written. This is optional, but it's a great opportunity for you to give a shout out to your mom, or toot your own horn! Each time you submit a new puzzle, you may submit a new message.

3) We're keeping track of how many

puzzles you successfully complete. But your information will only be printed when you successfully complete a puzzle AND get it to us by the new puzzle deadline: 7:00 a.m., Monday. 4) Entries must be faxed to 619-231 0489 or mailed to Reader Puzzle, P.O. Box 85803, San Diego, CA 92186 5803, or delivered through our mail slot at 1703 India Street in Little Italy. 5) Wow! Now we're giving away <u>15</u>
Reader T-shirts each week to contenders chosen randomly!

And now for the really small print: 1) All answers must be legible and entered in the spaces provided. 2) Entries that arrive after the deadline will not be considered.

3) One entry per person per week or you will be disqualified. 4) Employees of the Reader and their

immediate families are not eligible.

### **Across**

- 1. Took a hit
- \_\_ Language" (1993 sitcom star's bestseller)
- 10. Celt opponent
- 13. Bandmate of Bob Marley
- 15. Big Apple sch.
- 16. New Year's
- 17. 1963 Jack Lemmon film directed by 59-Across
- 20. 1960 Jack Lemmon film directed by 59-Across
- 22. Neighbor of Ga.
- 25. "Woe \_
- 26. One-named Art Deco

- 27. Designer Jacobs
- 29. War alternative
- 32. Dive like an eagle
- 34. Mechanic's job
- 36. 1959 Jack Lemmon film directed by 59-Across
- 40. They may be picky
- 41. "Omigosh!"
- 43. Actress Annabella
- 46. Filmmaker Gus Van
- 47. Better
- 48. Town ESE of Turin
- 52. 2002 film "\_\_\_\_ Mama Tambien"
- 53. 1974 Jack Lemmon film directed by 59-Across
- 58. Suffix with lunch
- 59. Director who once quipped "Happiness is working with Jack Lemmon'
- 63. Sock part
- 64. Intestinal parts
- 65. "30 Rock" or "3rd Rock From the Sun"
- 66. Sat.'s superiors
- 67. 35-Down and others,
- 68. Certain fisherman

### Down

- 1. Prefix with light
- 2. Crew's control?
- 3. Basinger of "8 Mile"
- 4. Israeli resort
- 5. Indian city of 13 million
- 6. Check (out)
- 7. Quito's country: Abbr.
- 8. Raise: Abbr.
- 9. Nikita's no
- 10. Et
- 11. 1972 Jack Lemmon film directed by 59-Across

### 12. Blew off steam

- 14. Explorer John and others
- 18. Water gate?
- 21. Graceland's home
- 22. Breakfast hrs.
- 23. Criminals break them
- 24. Suffix with buck 28. Succeed
- 29. Singles
- 30. Island garland
- 31. Import tax
- 33. Juicy fruit
- 34. Tony Orlando's "\_ Yellow Ribbon"
- 35. Hung. neighbor
- 37. USPS delivery
- 38. Up to snuff
- 39. It's pitched
- \_\_ of "The 42. Disco Simpsons"
- 43. Village in an Isaac Bashevis Singer story
- 44. Partnership
- 45. Actresses Kristen and Graff
- 48. 2007 reference book published by the Onion with the come-on "Now With 30% More Asia"
- 49. Sneak a peek
- 50. Verb for Tweety
- 51. "Uncle!"
- 54. Slugger's stats
- 55. Cooking aids
- 56. Card or Met
- 57. "If all \_\_\_\_\_ fails ..."
- 60. USPS rival
- 61. Job ad abbr.
- 62. 1980s presidential inits.

| 1  | 2  | 3  | 4  | 5  |    |    | 6  | 7  | 8  | 9  |    | 10 | 11 | 12 |   |
|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|---|
| 13 |    |    |    |    | 14 |    | 15 |    |    |    |    | 16 |    |    |   |
| 17 |    |    |    |    |    | 18 |    |    |    |    |    | 19 |    |    |   |
|    |    |    | 20 |    |    |    |    |    |    |    | 21 |    |    |    |   |
| 22 | 23 | 24 |    | 25 |    |    |    |    |    |    | 26 |    |    |    |   |
| 27 |    |    | 28 |    |    |    |    | 29 | 30 | 31 |    |    |    |    |   |
| 32 |    |    |    | 33 |    | 34 | 35 |    |    |    |    |    |    |    |   |
|    | 36 |    |    |    | 37 |    |    |    |    |    |    | 38 | 39 |    |   |
|    |    |    | 40 |    |    |    |    |    |    | 41 |    |    |    | 42 |   |
| 43 | 44 | 45 |    |    |    |    |    |    | ,  |    | 46 |    |    |    |   |
| 47 |    |    |    |    |    |    | 48 | 49 | 50 | 51 |    | 52 |    |    | Ì |
| 53 |    |    |    | 54 | 55 | 56 |    |    |    |    | 57 |    |    |    |   |
| 58 |    |    |    | 59 |    |    |    |    |    |    |    | 60 | 61 | 62 |   |
| 63 |    |    |    | 64 |    |    |    |    | 65 |    |    |    |    |    | ١ |
| 66 |    |    |    | 67 |    |    |    |    |    | 68 |    |    |    |    |   |

| We cannot accept your entry without the following: |            |  |  |  |  |  |  |  |  |  |
|----------------------------------------------------|------------|--|--|--|--|--|--|--|--|--|
| Name:                                              |            |  |  |  |  |  |  |  |  |  |
| Address:                                           |            |  |  |  |  |  |  |  |  |  |
| Neighbor                                           | hood/City: |  |  |  |  |  |  |  |  |  |
| State:                                             | Zip Code:  |  |  |  |  |  |  |  |  |  |
| Personal                                           | Message:   |  |  |  |  |  |  |  |  |  |
|                                                    |            |  |  |  |  |  |  |  |  |  |
|                                                    |            |  |  |  |  |  |  |  |  |  |

### **SOLUTION TO LAST WEEK'S PUZZLE:**

| R | 0      | Α | Σ | S |   | Α | Р | Α | Т |   | Ζ | ш | R | 0 |
|---|--------|---|---|---|---|---|---|---|---|---|---|---|---|---|
| C | Ι      | - | R | Р |   | C | 0 | S | _ |   | 1 | R | 0 | Ν |
| Р | 0      | R | Т | 0 |   | Н | C | Т | T |   | Ν | Α | T | ш |
| Т | I      | ш | 0 | Z | ┙ | Υ | Т | Ξ | _ | Z | G |   |   |   |
|   |        |   | ٨ | G | 0 |   |   | М | Α | O |   | Т | 0 | Δ |
|   | 0      | ᆚ | ۵ | ш | R | T | Ξ | Α | z | Α | J | 0 | Κ | Е |
| s | Z      | 0 |   |   | ם | כ | 0 |   |   | Α | D | ш | В | ۲ |
| 0 | F      | Α | Z |   | Α | В | 0 | C | Т |   | S | Т | Υ | ш |
| Z | 0      | Т | _ | ш |   |   | Ξ | R | ш |   |   | Α | М | S |
| J | 0      | Ξ | z | М | O | U | Α | _ | z | S | Α | G | ш |   |
| Α | Т      | Е |   | Т | Α | 0 |   |   | Ρ | Α | С |   |   |   |
|   |        |   | - | S | 7 | 0 | Ξ | z | Μ | C | O | Α | _ | Z |
| J | $\Box$ | М | Р |   | כ | ᆚ | ш | ш |   | ĸ | ш | z | z | Υ |
| 0 | R      | Ε | 0 |   | z | Ī | Α | S |   | ш | ם | Z | Α | S |
| В | Е      | N | D |   | S | 0 | R | Т |   | R | ш | Е | s | Ε |
|   |        |   |   |   |   |   |   |   |   |   |   |   |   |   |

### THIS WEEK'S CONTENDERS:

indicates T-shirt winner

Lillian Wagner, Clairemont, 15. "Who is John Galt? Trinaise Abbott, Rancho Bernardo, 14. "The mystery man came over and he said, I'm outta

Vince Cuseo, Vista, 14. D. Faulkner, University Heights, 14. "Cyclists are well spo-

Ron Meyer, Santee, 14. "Much Gary Mocko, Ocean Beach,

Julie Osburn, North Park, 14. "Quit cheating Santee. You can't

John Rosenbach, Escondido,

Clinton Smith, La Mesa, 14. "Now it's off for a weekend in Julian." Pamela Swain, College Area, 14. "Flexibility is the key to indeci-

Ric Witt, Clairemont, 14. "Average IQ in Hollywood? South side of

Dale Duffala, La Jolla, 13. Peter Kronfeld, Normal Heights, 13.

Thomas McVeagh, Lakeside, 13. "Livin' the dream in Lakeside thank you God!" C. J. Muellner, Spring Valley,

13. "Hoo-ha-aha-ha: Chris Peterkin, Scripps Ranch, 13. "I'm in my box! Paul Stanton, Canyon Hills, 13. "Adopt a homeless cat or dog today

and spay/neuter. Donna Cresta, Chula Vista, 12. "Wake up Ski, I'm a winner! Carolyn Dalton, Escondido, 12. John L. Drehner, North Park, 12. "Imagine Jimmy Stewart as an

auctioneer Janet Goff, Cardiff, 12. "Our house is almost finished - final inspection today!"

Iggie Guerrero, Bay Ho, 12. "Happy first birthday Delilah Rose

Bob Maxwell, Coronado, 12. "I'll be back Anna McCutcheon, Down town, 12.

www.paintwithdan.com" Janie Redmond, Cardiff, 12. "Be ye kind, one to anothe Lisa Torrescano, Spring Valley, 12. "LMWK in effect

Jay Newington, Balboa Park, 12. "JG, I count the hours every week until Thursday arrives. Jim Odell, Vista, 12. "Brevity is

Don Reckles, Carmel Valley, advance for hosting out brief

Charlotte Brown, Clairemont, 11. Jeff Hunt, Hillcrest, 11. "Ina

Dennis Beabout, Temecula. 10. "Double digits, baby! Dan Blair, Linda Vista, 10. "How about the plastic surgeon who hung himself?"

Kurt Dornbusch, Mission Valley, 10. "Pretty cool, huh? Ben Espe, Mission Valley, 10. "Go Chargers! Go Navy! Ken Hanson, Clairemont,

10. "Go Chargers vs. Jets on Arnold Holmes, San Carlos,

Mary Johnson, Del Mar, 10. "Get well Max! Frank Kuzniar, Carlsbad, 10. "Me and the pygmy pony

Elaine Marume, Oceanside,

Nedda Viscovich, Cardiff, 10. "Having puzzle parties in Santee?

Rich Sewell, Ocean Beach, 10. "I hope you enjoyed your vacation,

Glenn Walker, Pacific Beach, 10. "Appreciation is born of depri-

Dave Washington, La Jolla, 10. "There's nothing wrong with being old and an ipod doesn't play mp3s." Laurence Altobell III, Carmel Valley, 9. "Sirius XM rules! Howard Stern! Babba Booey! Don Austin, Laguna Beach, 9. Shirley E. Bolden, College Area, 9. "My precious Jovani is 3

months old and such a cutie pie Gerard Dermody, Encinitas, 9. "Tennyson, if Italian might have written, Morte de Della. W. Hodgson, Escondido, 9. "QB for the NY Jets - #4 Brett

Richard Hutchings, Santee, 9. Norman Kenney, Carlsbad, 9. "T-shirt winner! Go Kiera! Hi Bodo!" Michael McGriffin, Bay Park, 9. "At least I know the dia an Oreo cookie.

Barbara Neill, Santee, 9. Jeff Smith, University City, 9. "I didn't even peek last week Eddie Spaghettio, Coronado, 9. "143UNIT15! Recherche! Say when! I'll bring the soy sauce!

Marie Turock, North Park, 9. Danny Wilson, Mira Mesa, 9. "Lost ground last week...now #90. Tim Clayton, Los Peñasquitos, 8. "Oz here we com

William Cushing, RB, 8. "Maureen: Looks like this - cheers Bette Eberhardt, Pine Valley, 8. "September is Ovarian Cancer

Elana Cooper, La Jolla, 8.

Awareness Month. Michael Lodahl, Mission Valley, 8. "John McCain, sage? That is

Barry Newman, Escondido, 8. Cindy Pellett. University Heights, 8. "Thanks for being my husband, Stephen. I love you

always! Jennifer Rabner, Escondido, 8. Jean D. Smickle, Santee, 8. John Stead, Santee, 8. Mike Adkins, Santee, 7. Sheila Agahan-Price, Oceanside, 7. "Happy 30th birth-

Shannon Barry, Pine Valley, 7. "H is for having headaches! Brian W. Beach, Santee, 7. Evelyn Bowser, Hillcrest, 7, "/ need another T-shirt. Ben Brainard, Santee, 7.

Bryan Breckenridge, Santee,

E. T. Cage, Carmel Mtn., 7. "Go Wally Chapman, Chula Vista,

7. "Not as easy as last week's puz-Maria Coda, Oceanside, 7. "Hi

Doug Coffin, Santee, 7. Dan Collins, Santee, 7. Laura Conshafter, Santee, 7. Matt Dene, Santee, 7. Andre Desilets, Down J. DeWitt, Santee, 7. Sheilah Doyle, Santee, 7. Harry Engel, La Jolla, 7. Kathleene Evans, Santee, 7. Mark Franc, Santee, 7. Tim Glover, Santee, 7. Andy Harrison, Santee, 7 L.D. Hartpence, Santee, 7. Mark Hill, Santee, 7. Jim Hutchings, Santee, 7. E.M. Hutchings, Santee, 7. Gary Kuske, Santee, 7. Ronald Long, San Diego, 7. "Frams forever Bill Love, Santee, 7.

Melissa Menard, Escondido, 7. "So this is what 30 feels like! Cool! Linda Millsberg, Santee, 7. Richard Miner. Cherokee Point, 7. "One book? Re-read

Godel, Escher, Bach by Douglas Nathan Petty, Santee, 7.

### THIS WEEK'S CONTENDERS CONTINUED:

indicates T-shirt winner

Ken Najbert, Mira Mesa, 7. "Racon floss!" Donnie Nelson, Santee, 7.

Dennis Roth, Santee, 7. Tom Somich, Clairemont, 7. "Finally got one in on time!" Shirley Stafford, Carlsbad, 7.

"7 x 15 = 105 T-shirts. Not one for

Stacy Tool, Santee, 7. Woody Weaver, Santee, 7. Tom White, University City, 7. "Interesting challenge. Ann Winder, Hillcrest, 7.

"What's with all the entries from Santee?

Warren Winters, Santee, 7. Mary Woodbury, Santee, 7. "Fun!

Ivan Yanev, Santee, 7. Stephen Young, Santee, 7. Don Albee, Santee, 6. Doretha Albee, Santee, 6. Bud Anderson, Santee, 6. Jean Marie Barnes, Grantville, 6. "I'm back! and this should be

Bruce Bell, South Park, 6. "Hopin' for T-shirt #7."

Carl Bennett, Escondido, 6. Rolan Bloomfield, Santee, 6. Marvin A. Brown, Clairemont, 6.

Neal Brown, Santee, 6. Margaret Buckner, Santee, 6. Chris Byzewski, Linda Vista, 6.

Glory Cadenhead, Clairemont. 6. "Happy birthday Carol Heath.

John Bullock, Santee, 6. Glen and Tesi Chavira-Cournover, Chula Vista, 6. Happy birthday Ethan - enjoying

life at three!" Susan De Masi, Fallbrook, 6.

Tim Dene, Santee, 6. Dave Descoteaux, Santee, 6. G. Doyle, Santee, 6. Ed Edwards, Santee, 6. Heather Ellsworth, Santee, 6. Kathleen Fowler, Santee, 6. Hugh Hagues, Santee, 6. Marilynn Harrington, Santee,

Anne Hinton, 6. "So many San-

M. Jordan, Santee, 6. Naomi Kashiwabara, Clairemont, 6. "Thanks for the T-shirt. I'm older than John McCain." Dennis Lamboy, Santee, 6. Monty Landy, Santee, 6. Clarice Albinana Larson, UTC. **6.** "Grandma, we wish you were

Angie Longoria, Santee, 6. Aaron Lundblade, Santee, 6. Rick Marin, Santee, 6. Erin Marin, Santee, 6. Pat McMann, Solana Beach, 6. "Pat M. sat out last week on prin-

Kevin McNearney, Santee, 6. Heber Moore, Santee, 6. Kevin Moreau, Santee, 6. Eric Ople, La Jolla, 6. "It's not a myth - Reader T-shirts actually exist! Charles Overdorf, Santee, 6. Eugene Padua, Santee, 6. Randy Schimpf, Santee, 6. J. Schwendinger, Santee, 6. Diane Sengir, Downtown, 6. "Happy birthday: Nu-Age Painting today (Richard) and me (Mom)

M. Sherritt, Santee, 6. Ron Shields, Santee, 6. Carol Simpson, Pacific Beach, 6. "Hi Mom!"

Sam Spaeth, El Cajon, 6. Gayle Squire, Santee, 6. Tom Stam, Lakeside, 6. "Keep the change Obama.

Steve Wilson, Spring Valley, 6. Lee Woodbury, Santee, 6. Ken A., Ocean Beach, 5. "Pull your shorts up S.R.H. boy.

Dan Abernathy, Santee, 5. Rick Austin, Santee, 5. Roy Bailey, Santee, 5. Ray Batenich, North Park, 5. "100% brain. Use Google and get them all right - no!"

Derek Besand, Santee, 5. Rick Braithwaite, Santee, 5. Loren Broadstone, Santee, 5. Dave Capehart, Santee, 5. Sue Coffey, Southwest SD, 5. "Great iob Cachorros."

Jill Dickens, Santee, 5. Mike Downey, Santee, 5. Byron Ellsworth, Santee, 5. Eduardo Emett, Santee, 5. Manny Espino, Santee, 5. Steve Fagerwold, Santee, 5. Emma Friemuth, Santee, 5. Gina Glover, Santee, 5. Mike Gross, Santee, 5. Sandra Groves, Bonita, 5. "Hi Sydney and Macey!

Ward Harrington, Santee, 5.

Ricky Hartpence, Santee, 5. Sondra Hartpence, Santee, 5. LeRoy Hemingway, Santee, 5. Craig Hollinger, Santee, 5. Billy Horton, Santee, 5. "Another day in paradise."

Eric Jesperson, Santee, 5. Sara Khwaja, Poway, 5. "What's up with all the Santee peonle?

Troy Knapp, Santee, 5. Susie Lektorich, Coronado, 5. "Shame on last week's winners. Purists only!"

Eben Maat, Santee, 5. Chuck Merritt, Spring Valley,

Donald Millsberg, Santee, 5. Ken Milne, Santee, 5. Deborah Moore, Santee, 5 Claudia Nordquest, Carmel Mtn., 5. "Biden si Palin no." Robert Ott, Mira Mesa, 5. "/ need a T-shirt (again). David Papworth, Santee, 5.

Derek Rasmussen, Santee, 5. Don Romero, Ramona, 5. "Safe travels sweet Mei Ling." Richard Rose, Santee, 5. John Shultz, Santee, 5. Randy Sjoblom, Santee, 5. Nathan Squire, Santee, 5. Matt Taylor, Santee, 5. Laurie Teemsma, Santee, 5. Sue Worthen, Santee, 5.

Stuart Aunger, Chula Vista, 4. "Brain, what's so wrong with youth in Asia? Pinky poit!" Olga Betteridge, Ocean

Beach, 4. "O + T = Love 4ever."

■ Tim Betteridge, Hillcrest, 4. "Love = Olga. Joy = T-shirt. Bliss =Olaa + T-shirt.

J. Breckenridge, Santee, 4.

Mike D'Asaro, Santee, 4. Mike Deliman, Santee, 4. "Karen Otter Superwoman.

Howard Donnelly, Mission Valley, 4. "Need a new fax machine?

Chicago Bob Gore, Bay Ho, 4. "Cubs fans are, sofa king we too did Get it?"

Letty Hernandez, Chula Vista. Edward C. "Horbett, Jr.", Crown Point, 4. "Hiromi rocks

Jenny Hughes, Escondido, 4. Steve Jenks, Santee, 4. Mark E. Jones, Clairemont, 4.

Gail Kotner, University Hts. 4. "If you get off the couch you'll get a bone Sally."

Carol Kuske, Santee, 4. Glen Patricio, Mira Mesa, 4. "/ can't wait for Tiger to come back.' D. Schick, Oceanside, 4. "McCain is spelled with 2 cs  $dummv^{I'}$ 

David Burger, Rancho Penasquitos, 3. Jan Dawson, North Harbor, 3.

"Impeachment is politically correct. Go sustainability. I love you Laura!" Lizzy Henry, Encinitas, 3. "This puzzle is the best puzzle since sliced puzzles."

Leo D. Juffer, Pacific Beach, 3. "McCain is a yo-yo. On Obama! Becky Reeb, San Diego, 3. Jeff Smith, Santee, 3. Emily Strahan, Lakeside, 3. "Dear Biceps, wrong way baby: Love, Sherpa.

Mark Wilde, Spring Valley, 3. "Hubba, hubba, hubba, ao MVHS!" Larry Hartpence, Santee, 1.

Patzy and Leah, El Cajon, 2. "McLain, get well soon! You are

missedl'

Barbara Blake, Point Loma, 2. Thanks Shawn. Sunshine Blake, Cortez Hill, 2.

"I love San Diego! Thomas Diehl, Escondido, 2. "Don't cause a hooha over this!"

Matthew Rosello, San Diego, 2. "18 weeks to go."

Norm Spector, La Jolla, 2. "Hi Marsh! I got it!"

Brian Tilley, Clairemont, 2. "Provina last week wasn't due to that printing error."

Geoff Clark, Chula Vista, 1. "Cora. it's easv." Alfredo Garcia, San Diego, 1.

"Army Rangers lead the way." Manuel Ramos, San Diego, 1.

"Arriba las chivas!" Hilda Apodara, Chula Vista, 1. "Happy birthday to me!"

Courtland Creekmore, Golden Hill. 1. "I love Frikal" Sarah Johnson, Hillcrest, 1. "What's up with the Santee club?" Ed Heffernan, La Mesa, 1. "Got

it Kathy! Michael Long, Banker's Hill, 1. "I love a hobbit.

D. Tarantino, Hillcrest, 1. "If you love a lot you'll lie a lot. -Tori Amos' Debra Powell, Santee, 1.

A.D. Albright, Mira Mesa, 1. Zona Wahrenbrock, San Diego, 1. "Keeping the mind

DEEP TISSUE/HOT STONE massage. 4 massages for \$260. I combine skillful, soothing massage, advanced therapeutic techniques and thorough stretching for dramatic relaxation that lasts. Pain/injury/stress. Betsy, HIH-99007729. Call 858-442-3210. www.betsymassage.com.

AMAZING ADRIANNA! Intuitive healing. Del Mar. Pristine, serene setting. Trained in all techniques. 7 days. Very flexible hours. Allow your aches to float away. 65 foot pool, jacuzzi, full gym. 858-353-2008. \$10 OFF ONE HOUR or longer massage when you book with one of our newest therapists. Call for schedules. A Better Body, Lic-96001191. 858-560-6740. etterbodyspa.com.

GODDESS TOUCH. Journey deep within. Experience deep harmony of body, mind, spirit. Skilled touch to pamper, melt away stress/tension! Incalls/outcalls. Araya, MT-0064, 760-473-6972.

SPECIAL TWO FOR PRICE OF ONE at Massage Care. Mission Valley location. MTP-10647. Ask for Wendy or Earl, 619-

HAPPY DAYS! Treat vourself to Kiera's relaxing, full body massage! Don't miss this hour of amazing pressure that's sure to leave you happy. blackbeautykiera@ yahoo.com. 619-825-6431.

FEELING A LITTLE ROUGH around the edges? It may be time for a massage. Call Vivi for your appointment. Lic-21708. 619-379-5992.

SIZZLING SUMMER COMBOS. Treat yourself right. Full body light and deep massage session. Try Swedish with heated cream or powder massage. Shel-ley, CMT. 619-957-3153.

### **NATURAL HEALTH** & FITNESS

PLACE ADS IN THE READER by calling 619-235-8200, 8:30am to 5:00pm, Mon-day through Friday. Deadline: 5pm Tues-

ACUPUNCTURE. Treat physical, psycho LOGICA HOLD TO THE TOTAL TO THE TOTAL TO THE TOTAL TO THE TOTAL THE T

AFFORDABLE DENTISTRY. General/cos metic. Pacific Dental, Tijuana offers high est quality care. USA trained dentists Digital X-Rays. Laboratory on premises 1-866-804-1877; 1-877-752-5132. www sdro.com/pacdental mexicotijuanadentist.com.

BE A MILLIONAIRE FROM HOME! Super healthy products! Mangosteen (high ir antioxidants, anti-inflammatory proper ties), Whole Food Nutritional Supple-ments, Safe & Natural Skincare, www.

diane.myjetstream.net. 877-674-4280. BURN BODY FAT! Lose weight naturally! Ultra Lite, the professional weight loss system, developed by a Naturopath in Australia, is now available in the U.S Learn how to eat and properly combine foods to keep the body burning fat! No meal replacements or special foods to buy. Eat real food. No drugs or surgery. No starving the body. 858-279-7600. www.DrAmes.net, click on Ultra Lite.

DETOX SPA OF LA JOLLA. Let us be your personal fountain of youth! Colon Hydrotherapy. Liver detox. Lymphatic decongestive therapy. Cellulite. Weight Loss. Candida and heavy metals. Cove Wellness, 7946 Ivanhoe Avenue, #202, La Jolla. 859-551-9228. www. detoxspaoflajolla.com.

ECO SALON. Mai Blossom Eco Salon uses only natural, organic, nontoxic beauty products. Great location by Liberty Station in Point Loma. Call Mindy:

FLAXSEED PILLOWS. Soothe sore mus cies, pamper your neck/snoulders, near in the microwave, use as ice pack for in-juries. Made in the U.S.A. 858-792-5494.

FOUNTAIN OF YOUTH! Natural and effect runniain OF YOUTH! Natural and effective. Let Detox Spa of La Jolla be your personal fountain of youth! Weight loss. Cellulite. Colon Hydrotherapy. Liver detox. Lymphatic decongestive therapy. Candida and heavy metals. Cove Wellness, 7946 Ivanhoe Avenue, #202, La Jolla. 858-551-9228. www.detoxspaoflajolla.com.

FREE SCAIP MASSAGE and Deep Conditioning Treatment using PureOlogy products with Hairout. Fun salon on Highway 101 in Leucadia. Call Denise at Colors for appointment today! 760-212-2224, 726 North Coast Highway 101.

72b North Coast Highway 101.

FUNERAL/CEREMONIES. A natural alternative to current funeral practices, Thresholds is a kindlier, gentler, socially responsible funeral establishment. Full service natural deathcare (no embalm-

service natural deathcare (no embalming), specializing in in-home funerals, church, graveside services. Direct cremation and burial options are available for those preferring minimal services. Visit: www.thresholds.us; email: homefunerals@cox.net; or call: 619-390-1411.

Feng Shui. Optimize your surroundings for Health, Prosperity, Relationships and More with Feng Shui. "The Best Feng Shui Expert in San Diego". San Diego Magazine. Full-service Feng Shui Consultations, Workshops & Certification Programs. www.sandiegofengshui.com, wwww.sandiegofengshui.com

GOT STRESS? Experience Zero Gravity Recommended by doctors, sports trainers and therapists, Mineral Spa Floatation ers and therapists, Milneral spa Floatation Therapy is gaining popularity as a luxurious escape and powerful tool for strengthening the immune system and improving health. Proven benefits include: stress relief; athletic performance enhancement; relief of chronic pain, gastrointestinal and cardiovascular ailments; ceduction or clamation of horseful hobits: reduction or elimination of harmful habits; reduction or elimination of harmful habits; improved focus and creativity. Call Float Spa San Diego, 858-279-3301. E-mail mark@floatspasandiego.com. www.FLOATSpaSanDiego.com.

GREAT ESCAPES! Get away and dis cover what a great massage can do for youl Massage Specials: 1 hour, \$70; 1/2-hour, \$40. Walk-ins welcome. Conveniently located. Feel the difference! Natural Health Center, 3143 4th Avenue, San Diego 92103. Lic-25377. 619-226-0378. HIPPYVILLE.COM -BOHEMIAN Essen tials. Natural incense, imported oils, eco-friendly hemp. Fast service. Inventory updated daily! 10% discount code: SDR. 800-428-0473

SOU-428-0473.

LOSE WEIGHT NATURALLY! Burn body fat. Ultra Lite, the professional weight loss system, developed by a Naturopath in Australia, is now available in the U.S. Learn how to eat and properly combine foods to keep the body burning fat! No meal replacements or special foods to buy. Eat real food. No drugs or surgery. No starving the body. 858-279-7600. www.DrAmes.net, click on Ultra Lite.

MASSAGE TABLES, Earthlite with carry ing case, \$150. StrongLite, no case, \$100. Excellent condition. Must go! Chi-nese rug, 4x3, \$250. 3x3 rug, \$200. Orig-inal Chinese. 619-275-2577. NEW TAI CHI AND QI GONG Classes.

First class free. Visitors welcome. Taoist Sanctuary, 4229 Park Boulevard, San Diego 92103. 619-692-1155 or www. taoistsanctuary.org.

OFFICE SPACE available in wellness center for massage, acupuncture, etc. Wonderful coastal location! Off-street parking, Share kitchen/restroom facilities. \$360/

month. Available 10/1. 858-272-3112

want with a personal trainer in a private gym at Sol Gym. Located in central San Diego. Call 619-209-0630.

Diego, Call 619-209-0050.

RELAXATION PLUS. San Diego's premier European Day Spa located in Little Italy, downtown San Diego. Open daily, we offer Endermologie, Sudatonic Body Wraps, Ionic Foot Bath Detox, Body Treatments, Pain Management, Infrared Body Wraps, Massage, and Couples Massage. Visit: www.relaxationplus.com. 619-295-5595.

SLEEP WITHOUT CHEMICALS! Organic chemical-free latex rubber, wool and or-ganic cotton mattresses. Comfortable, af-fordable. No benzene, no formaldehyde, no polyurethane, no chemical fire retardant. Mattress World, 1601 University Avenue, 619-260-8000. www.GentleHome.com.

THE WEIGHT IS OVER! Far Infrared sauna blanket burns 1200 calories/hour. Meditate, read, sleep in privacy of your own home. Increase circulation/ metabolism. www.wrapmeslim.com.

### **PARENT RESOURCES**

PLACE ADS IN THE READER by ca 619-235-8200, 8:30am to 5:00pm, Mon day through Friday. Deadline: 5pm Tues day. CHILD BEHAVIOR COACH Ages 11-un-

der. Will come to your home and assess. Learn how to address: anger issues, tantrums, oppositional behavior and more. 619-379-8684. FREE PRESCHOOL/CHILDCARE, license

#3766600135, known as Head Start, now enrolling children, ages 3-5 years old, in the East County. Options include full day, part day, evenings, and home based. 619-444-0503

KANGAROO CLIMBER by Step 2, 2 years old, great condition, \$100. Contact Jen-

PARENTING CLASSES. 10 weeks court approved parenting class, Wednesdays from 6-7pm at Alpha Behavioral Health Services. Call for more information, 619-285-9999.

PREGNANT? CONSIDERING adoption? Talk with caring agency specializing in matching birth mothers with families nationwide. Living expenses paid. Call 24/7. Abby's One True Gift Adoptions. 866-413-6293. (AAN CAN)

### **WEDDING & PARTY GUIDE**

PLACE ADS IN THE READER by calling 619-235-8200, 8:30am to 5:00pm, Monday through Friday. Deadline: 5pm Tues-

AFFORDABLE CUSTOMIZED, Wedding ceremonies. Church services or barefoot on the beach. Call 858-350-1053. See www.personalizedweddings.zoomshare. com. Email, sjwallace1053@yahoo.com.

AFFORDABLE PHOTOGRAPHY and Ministerial. Married couple with over 30 years experience in wedding business teams up to cover your event. www. brianhowarthphotography.com. Call Brian or Valerie: 619-583-0411. com. Call

AMAZING DJs/BANDS! San Diego Parties & Entertáinment. Excellent DJs, fabulous bands, specialty entertainment. Book your holiday party today! Wedding/Event Coordination available. 619-321-9893. SanDiegoPartys@hetmail.com

AWARD-WINNING PHOTOGRAPHER. See your wedding day unfold on DVD. On a budget? Digital photography. Hourly rates, special events. Kidnapper of Images, Beverly, 858-736-4472; 858-274-4472.

BAND, "HOT PURSUIT." Weddings; corpo wedulings, corporate, private parties. High-energy dance band featuring sax player, female vocalist. Swing, jazz, rock, R&B, country, dance hits. 760-751-1876. www.HotPursuitMusic.com.

BEST WEDDINGS. Joyful giving of vows! Includes extras. Licensed minister-28 years.

Ceremony \$119. Time is running short. Better call-24 hour information, 619-399-3173. www.weddingstocelebrate.com.

BRIDAL BAZAAR, Sunday, October 26. Del Mar Fairgrounds, 10am-4pm. More than 200 exhibitors with everything for your wedding. Info, coupons, www. bridalbazaar.com.

CLASSICAL/SPANISH GUITAR. Profes

DISC JOCKEYS/LIVE BANDS/novelty acts. Weddings, corporate, parties. 400 bands, 10 DJs to choose from. All types of music. Affordable! Since 1973. 619-223-5732. www.musicasyoulikeit.com.

EVENT SUPPLIER, INC. Wholesale flowers & decor. Our designers plan, organize, and supply linens, floral, decorations. Great prices! Call 888-784-2222., www.

FRENCH GOURMET, Don't let the "French" in French Gourmet scare you! We offer de-licious values! From simple hors d'oeuves and cakes to elaborate buffets or sit-down receptions, our experienced staff will plan a menu that will please your guests and someone's wallet. Visit www. thefrenchgourmet.com or consult us at 800-929-1984x125. Free cake testing. 960 Turquoise, Pacific Beach, serving San Diego since 1979.

GOOD TIME PHOTOBOOTH RENTAL. The fun starts here! Prints and CDs during your event. Wedding receptions, Bar/Bat Mitzvahs, Halloween parties, holiday events, social events. Reserve now. 858-967-5770.

### SERVICES

## Blue Horizon Massage

Asian • Therapeutic • Swedish Deep Tissue • Thai Stretch Sports • Lomi Lomi • Jacuzzi Both women & men welcome

\$75 per hour \$115 per 90 minutes Cash only. **New Second Location:** 

9833 Pacific Heights Blvd. #G (10-minute drive from Del Mar & La Jolla) 3692 5th Ave. • Downtown

10 am-10 pm 7 days

858-384-6638

Lic. #30059

STOP Smoking Today!

• Fibromyalgia Stress

• Confidence
• IBS
• Weight
• Sleep
• Motivation
• Chronic
Pain

Hypnotherapy, Inc.

619-303-8511 9029 Park Plaza Dr. #200 La Mesa

### Hypnosis Works!



• Sleep
Success

Judy Callihan Warfield Certified Hypnotherapist Certified NLP Practitioner Certified Therapeutic Imagery

www.successhypnotherapy.com

## **Stress Relief**

ACUPRESSURE **JACUZZI** 

HOT BATHS

New Staff!

1645 E. Valley Pkwy Escondido 760.233.7877 7 days 9 am-10 pm

License No. 145302

ORIENTAL THERAPY N VALLEY PARKWAY OIENTAL THERAPY

San Diego Reader September 25, , 2008

## Reader Pop Quiz

### This week's questions

- 1. In "Crush," a wine collector pays \$32,000 for a bottle of what wine? (Include the vintage.)
- 2. At the Modlins' worst-ever show (in Las Vegas), how big was their audience? (Not counting the sound
- 3. In which cigar shop will you find San Diego's largest walk-in humidor, home to about 10,000 fine cigars?
- 4. Club-Crawling Barnaby Monk translates the title of Sigur Rós's album Med Sud I Eyrum Vid Spilum
- 5. At a tailgate party at the stadium, Josh Board encounters some ladies who complain about the lines in the bathroom. What's their solution to the problem?
- 6. Eve Kelly's husband surprises her on their anniversary with a trip to Italy. Seems he forgot one little
- 7. At the center of a power struggle this week between Barbarella and her husband lies the fact that a friend offers to bring over some steaks while Barb overwhelmingly craves what?
- 8. William Crain's "Of Note" references how the documentary Dig! traces the rivalry between the Dandy Warhols and their "frenemies" in what other group?
- 9. According to Matthew Alice, can lack of sleep cause death in humans?
- 10. Jean-Paul Sartre's No Exit, currently at the Diversionary Theatre, premiered one month before what

### **Last Week's Answers**

- 1. The iellyfish. (p. 14)
- 2. Deportation. (Reeducation about Tibet also accepted.) (p. 11)
- 3. Imperial County. (p. 152)
- 4. Kenny Loggins. (p. 86)
- 5. Twelve; Elvis Presley. (p. 94)
- 6. Dudh Khosi River. (p. 110)
- 7. Skytyping. (p. 20)
- 8. On 17th Street, between Imperial and Commercial. (p. 80)
- 9. A J-1 visa. (p. 34)
- 10. Their weight. (p. 128)

Congratulations to last week's winners: Roger Huff, Jennifer Zonzo, Tlffany Cummings, Traci Deleon,

Rules Pop Quiz answers must include page numbers from the Reader print edition on which the answers are found. First five entrants to deliver correct sets of answers win Reader T-shirts or \$25 (indicate preference). Answers must be submitted by Monday at 7 a.m. after the issue in question. Only one winner per household or email address per month. Multiple entries will be disregarded. Mail answers to: Reader Pop Quiz, SD Reader, Box 85803, San Diego CA 92186; or fax to 619-231-0489; or email to Quiz@sdreader.com; or deliver to 1703 India Street in Little Italy (we have an after-hours mail slot).

LATIN DJ-LOOKING FOR ONE? Pop,

MAKIHELE POLYNESIAN REVUE. Aloha! Book your special event now! Hula dancers, live musicians, fire dancers. Visit www. makihelerevue.com; www.gigmasters.com/ Country/GroupAndIndividual/. Contact Vili,

MANICURIST/PEDICURIST available for weddings, parties, special events. All types including acrylic and sparkle nails. 20 years experience. Ask about discount rates! Call Helen. 619-865-5323

can film weddings and other filming pro-jects. \$450 weddings. Other smaller film-ing projects \$300. 5 years experience. Contact: Schrijn.eric@gmail.comcell 760-755. 4020

### **STAGE NOTES**

PLACE ADS IN THE READER by calling ง เษ-235-8200, 8:30am to 5:00pm, Monday through Friday. Deadline: 5pm Tues-

tors' Workshop Studios. San Diego's number 1 film/TV studio! Professional 3-camera set. Weekly in-house auditions with Hollywood/local casting directors producers, agents. www. actorsworkshopstudios.com; 858-587-6666.

ABILITY THROUGH TRAINING. The Robert Wald Actor's Studio focuses on moment-to-moment reality training. These classes unlock the actor's ability to work spontaneously and with the realism and intensity advocated by the industry's creative legends. Beginners welcome. Thursday evening class available,

ACTING CLASSES. Monty Silverstone, fa-ther of star Alicia, holding classes, Del Mar and Rancho Santa Fe, Monday, Wednesday, Friday, Saturday. Check our website: montysilverstone. 858-759-7881.

Please contact Leona. 619-466-2194.

AUDITIONS. Do you like singing holiday songs? How about hosting a holiday show with Shamu? SeaWorld will hold Open Call Auditions for female or male vocalists with show hosting skills. Friday. October 17, 2008 or Saturday. October 18, 2008. Located at SeaWorld Hubbs Research Institute, 500 SeaWorld Drive, San Diego 92109. Must be least 18 years. EOE. Please contact Amy Gregory at Amy Gregory@SeaWorld.com or call 619-225-3242. Visit SeaWorldSanDiegoAuditions.com or call the Audition Hotline at 619-226-3607.

6:30pm-10:30pm or Saturday morning. Call for information. 619-542-1216.

ACTING COACH FOR the College Cente in San Diego. 1 day, 2 hours a week Please contact Leona. 619-466-2194.

BEST NEW ACTING WORKSHOP. Mono logues, cold readings, audition tech-niques taught by award-winning directors: Patricia Elmore Costa, Sam Woodhouse. Mondays, 11/03-12/08, paid. Professional setting. Call Jenn, 619-379-4964.

MOVIE EXTRAS/MODELS. Earn up to \$200 per day. All looks needed to work with film and TV production companies. No experience required. Call 877-282-MUSICAL PERFORMANCE. Can't get

6:30-9pm. Register: pelmore@san.rr.

MODELS. Amateur models needed for photo, video, web work. Ages 18-60. All types. No experience necessary. Cash

your act together? Need help with songs, CDs (keys, tempos?). Ideas for gigs/auditions. \$25 hour. Producer/director musi-VOICEOVER WORKSHOP, Break into

voiceover! Taught by voice actor/autho James Alburger. Learn interpretation character voices, microphone technique, more for radio/TV. www.voiceacting.com; 858-484-0220.

### **COUNSELING & SUPPORT GROUPS**

PLACE ADS IN THE READER by calling 619-235-8200, 8:30am to 5:00pm, Monday through Friday. Deadline: 5pm Tues-

ANXIOUS? DEPRESSED? Relationship issues? Parenting/family issues? Insurance and sliding scale accepted. Individuals, couples, children, adolescents/families. Private Mission Valley location. Phaedra Scoortis, MA, MFT, MFC-43174, 619-972-0209.

ARE YOU MAD? Learn how to manage AKE TOU MAD? Learn how to manage your anger constructively. Gain power, control, reduce conflict and improve your relationships. Classes begin soon. Mission Valley. Jay Schneider, LCSW. Lic-9573. www.manageangerdaily.com. 858-538-5587.

mind can conceive, the body can achieve." All issues addressed. Free consultation. Patricia R. Parlin, Ed.D. CHT403-250. Call 619-442-3661 or

COUNSELING/DREAM STUDY. Curious? Unsettled dreams? Training needs? Jungian dreamwork for life is-sues, transitions, growth. \$40/1 hour session. \$10/2 hour group. Paul Hart-suyker, MFT-15896. www. s a n d i e g o t h e r a p i s t s . c o m / hartsuyker.html. 619-269-8939.

**DIVORCE/GRIEF RECOVERY GROUP** 

EMOTIONAL WOUNDS from childhood? Heal wounds from dysfunctional family. Terrific adjunct for people in recovery. Thought Field Therapy eliminates phobias and traumas. Counseling for individuals, couples' enrichment and family bonding. Sharon Goodlove, TFT Diagnostician; Glenn Goodlove, LCSW-1450. Goodlove Counseling Center, 8569-8975, www.goodlove-online.com.

EMPLOYEES IN TRANSITION. Life and career counseling. I will help you to succeed by identifying major operatives affecting your career, love, and life. Mr. Stemberger, International Consultant, Certified Life Coach. 858-455-0006

encing crisis? Relationship issues? Career problems? Family conflicts? Grief? Past trauma? Take back your power. Free consultation: 619-723-Trish Deignan, LCSW21861.

GAY/BISEXUAL MEN. Supportive individual therapy. Depression, anxiety, confusion, addictions, spiritual/religious issues. Married, closeted welcome. Discretion, confidentiality assured. Mel Karmen, PhD, MFC-12709. 619-296-9442.

WOMENS SUPPORT GROUP. RB Counseling Services, Starting September 30, 5-6:30pm. A great place to grow and work through issues. Lic-CA33843. 858-592-1476. FordVictor@cs.com. www.rbcounselingservices.com.

### **NOTICES**

PLACE ADS IN THE READER by calling day through Friday. Deadline: 5pm TuesADVERTISE YOUR BUSINESS in more 35-8200.(AAN CAN)

AL-ANON. Grupo paz mental. Sufre por el alcoholismo en su familia? Juntas sesioalcoholismo en su familia? Juntas sesio nan Martes, 5:30pm-7pm, y Sabados, 1 2:30pm, 3450 Bonita Road, #207, Bonita

ALANON-GRUPO RENCUENTRO. Hay problems de alcoholismo en su familia? Sesiones Lunes y Jueves de 5:00 6:30pm, 3450 Bonita Road #207, Bonita 91902. 619-470-6955.

con el alcohol? Nosotros le ayudamos a vivir mejor. Sesiones Lunes-Viernes, 7am y 8pm. Sabados, 8am y 7pm. Domingo 8am y 5pm. Grupo Bonita Hispano, 3450 Bonita Road, #207. 619-280-7224.

ALCOHOLICOS ANONIMOS. Reunion de mujeres. Sesion Miercoles, 9am-10:30am. Desea dejar de beber? Lleve una vida util y feliz! 3450 Bonita Road, suite #207. 619-280-7224.

AMNESTY INTERNATIONAL works for Amnus i in Ernational works for human rights. Meetings: 7pm, 2nd and 4th Thursdays. First Unitarian Church, 4190 Front (opposite UCSD Medical Center). Information, 619-

ARE DRUGS MAKING YOUR LIFE misole? Do you want something bet 'So do we, let's work together

**ARTIST FRIEND WANTED.** I'm looking for a good friend to share life with and talk to, www.purple53.com.

ATTENTION WORLD. Palin for Presi dent in 2036 (Piper that is). Michale C of Carlsbad.

CAN PRAYER HEAL? Discover freedom and wellness. Find out how prayer works for you to eliminate chronic disease, pain, fear, anxiety, depression. 858-272-3246.

CANNABIS PATIENT(S) ACT. (Assocition Cannabis Therapeutics.) Non-profit. Seeks caregiver/patients nterns with questions about cooperatives, clones, medicine, growing guidelines. Proposition 215 local guidelines. Meth kills. 619-528-0907. DISASTER PREPARDNESS SEMI-

DISASTER PREPARDNESS SEMI-NAR. 9/27/08, 6pm-8pm. Strategies to protect business/family with the dreaded fire season coming. \$10/ad-vance, \$15/at door. Details, http://biz-coaching.meetup.com/92/calendar/ 8731/00

FREE EMPLOYMENT/TRAINING services for individuals with disabilities, ages 18-21 on probation/parole. Able-Disabled Advocacy, 4283 El Cajon Boulevard, #110, San Diego 92105. 619-231-5990 x304.

Clinic. Free readings for new visitors. Mondays, 7:30pm, 9/1, 10/6, 11/3, 12/ 1, by Vessa's Clairvoyant Program students. 4455 Morena Boulevard, #108. 858-509-7582.

#108. 830-309-7302.

GAIN SKILLS TO SUCCEED. Are you 16 to 21, low income, need high school diploma or GFD and work ex-16 to 21, low income, need high school diploma or GED and work ex-perience? Turning the Hearts Center, 619-691-9643.

HALF-OFF BOOK SALE, 9/27, last Saturday each month, 10am-4pm. Friends of Lemon Grove library bookstore. 8073 Broadway. Tuesday, Wednesday, Thursday, 1-5pm; Satur-4by-1408-6773 Wednesday, Thursday, 1-5pm; day, 10am-4pm. 619-466-5270.

HERPES/HSB/HPV, Humanpapillo-mavirus Support group. Accurate medical information and support. Recorded message. 619-491-1194. www.SanDiegoCityHELP.org.

HIJOS ADULTOS de alcoholicos. Re cuperacion y tolerancia. Bienvenidos grupo Alanon. Sesiones: Lunes, Mier-coles, Viernes, 7-9pm. Alateen, Viernes 7-8:30pm. 495 H Street, Chula Vista, CA 91910.

HILL PRODUCTIONS PRESENTS, Folk HILL PRODUCTIONS PRESENTS, Folk Rock & Blues; Jim Earp, Chuck Lewis Band, Lovely Previn, Edison Riggs, 10/11/08, Windsor Hills Church. 748 Orient. Free. 858-268-3732, www.windsorhillschurch.org.

MOVIE BUFFS. Interested in watching movies then discussing it afterwards (like book clubs)? Ages 25 to mature welcome. Please call 619-850-6075, or 858-231-0647.

NORTH COUNTY BRIDAL FAIRE, Ofila Winery, Escondido. 11/9, 11-4pm. European fashion show, demos, tastings, prizes every 1/2 hour. www. InspiredVisionEvents.com. Buy 1, get 1 from 760-742-1525. free. 760-743-1625.

## **NORTH PARK**

## Genie Massage

**ORIENTAL** SPA & BATH

3395 El Cajon Blvd. (between Hwy. 15 & 805)

619-284-0888 Lic #2005012879

OBSESSIVE COMPULSIVE Anonymous, Mondays, 6-7pm. Free 12-step meeting for people with OCD. Depart-ment of Health Services Complex, 3851 Rosecrans Street, Mission Room. Information: OCAhelp@cox.

OVEREATERS ANONYMOUS. Meet-

PATHWORK DISCUSSION: "Levels of Consciousness." October 28, 2008, 7-9pm, Eureka Street/Mission Valley. Open meeting, no fee, materials available. Please call for directions, 619-296-9046

PRAYER BASED SOLUTIONS For problems. Achieve inner peace and balance. Eliminate chronic disease, pain. Lose crippling fear. Call 858-272-3246.

PRIVATE COUNSELING. Your journey can be clearer, more peaceful; relationship issues, body image, self-esteem, anger. I can help. Work toward acceptance of yourself. Fee. 619-929 6417.

RESEARCH on stress and depression. Seeking individuals from 18-65 RESEARCH CO. Seeking individuals from 10-00 who are experiencing depressive symptoms. For more information, contact Jason C. Langlois, M.A. Jlanglois@alliant.edu. 760-845-4444.

SAVE BIG MONEY ON FOOD. Cross-SAVE BIG MONEY ON POOD. Cross-roads Christian Ministries, every Thursday \$15, meat/poultry, dairy, fruit/vegetables, more. To participate must call between 9am-12noon Thursdays 619-283-3066.

**TWELVE STEPS NOT** working for you? Try a self-empowering, skill-building approach with S.M.A.R.T. Recovery, free support groups. 858-546-1100.

WHY ADOPT? Children need families! Family Connections Christian Adoptions presents free information sessions, 10/02/08, 6-8pm, 10/04/08, 9-11am, 2191 El Camino Real #202, Ccanside. 760-966-0531, www.

fcadoptions.org.

WRITERS (2) looking for "Chicken Soup" type pet stories for new book and toon series, with photos if possible. claudia@writersetc.com or 858-693-3939.

### **TRAVEL & GETAWAYS**

PLACE ADS IN THE READER by calling 619-235-8200, 8:30am to 5:00pm, Mon-ວ ເອ-ຂວວ-ຍຂບບ, ຮ:ສບam to 5:00pm, Mon-day through Friday. Deadline: 5pm Tues-day

gay.

BIG BEAR COOL CABINS. Cabin or luxury home on or near the lake. Fireplace,
BBQ, TV, kitchen, hot tub and more.
Professional housekeeping, towels, and
linens are included. Pet-friendly available. Check rates and book online www.bigbearcoolcabins.com or 800-550-8779.

CATALINA GETAWAY \$12! Roundtrip cruise for 2, plus 1 night hotel, plus 2 is-land bus or boat tours for couples who qualify and attend a 2-hour timeshare presentation near home. No obligation. 7 days. Bonus \$40 gas card for first 40! 760-758-3839 x551; 800-718-8810 x551.

CUPID'S CASTLE B&B. Fairytale castle near Harrah's Casino. 4 chambers with Jacuzzis, balconies, TVs, bathrobes, chocolates, pool table, breakfast, snacks. Voted most romantic getaway. Near wineries. Wedding facility, 760-742-3306. www.cupidscastlebandb.

LIVE OAK SPRINGS RESORT. Mountain Getaway, In-Room Jacuzzis. 619-766-4288. www.LiveOakSprings.com. Friday-Sunday, \$129 includes breakfast. Sweetheart Package Sunday includes: Breakfast for 2, dinner For 2, therapeutic massage, \$209. Fine dining & cocktails lodge. La Posta Casino-free money! Room giveaway! 2-story, fireplace, A-Frame cabins, air, HBO, microwave, refrigerator. Certain restrictions apply. Live Oak Springs Resort: Go to 37820 Old Highway 80, 60 minutes east/Downtown. (San Diego, 2 miles south 1-8) Give her the gift of love; she deserves it! LIVE OAK SPRINGS RESORT. Mountain

REDUCE YOUR STRESSI For a relaxing getaway, we have cabins from \$74 plus tax! Southern California's 2nd best kept secret, 6200' in the sky! 11 individual log cabins, fireplaces, kitchens. Reservations: Edelweiss Lodge, 951-659-2787, www.1cabin4u.com.

ROSARITO BEACH HOTEL. Mexico's Legendary Resort from \$69 a night. With the August 2 Grand Opening of our 271 Suite, 17-story Pacifico Tower, the Rosarito Beach Hotel became Baja's largest and most historic resort. Week-day room rates start at \$79. For reserva-tion, call toll free 1-800-343-8582. www.

TIME SHARE BARGAIN. 65% off. World-Mark Beach Front Resort, Oceanside. Access to 100's of locations. Deluxe room, sleeps 4. Float week. Deed. \$14,000/\$4,900. 760-737-3515.

### **PERSONALS**

PLACE ADS IN THE READER by calling 619-235-8200, 8:30am to 5:00pm, Mon-619-235-8200, 8:30am to 5:00pm, Mon-day through Friday. Deadline: 5pm Tues-

THANK YOU HOLY MARY, full of grace,



SERVICES







## SERVICES DIRECTORY 619-235-8200





## **HOME**

### **AUDIO AND VIDEO**

## \$99 Flat-Panel

- TV Installation
- · BBB member Home theater & automation
- Whole house audio/turbo HD SkyTV Audio/Video Solutions 877-260-3474 • 619-666-0900

### BATHROOMS

### **Tubs Refinished**

Refinish your old, worn-out bathtubs/sinks to look like new! Fiberglass and porcelain. All work guaranteed. Lic-560438. Bathtubs & Sinks Refinishing Company. 619-464-5141.

### CARPENTERS

### **No Job Too Tall**

No job too small—Tall-T-Carpentry and General Contractor does it all! Dry-rot, additions, decks, patios, remodels, repairs. Tall-T-Carpentry, Lic-649090. Call 619-672-1164.

### CARPETS

### \$18.95/Area

20% off tile, upholstery. Deodorizer Scotchguard, flea treatment, carpet repair stretching/replacement. Truck-mounted steam cleaning. Licensed/insured. BBB member since 1989. 619-298-9106.

### Special! 3 Areas \$49

\$59 Sofas! Superior carpet/upholstery cleaning. Spot treatment, steam clean and spin-dry. 25 years experience. 100% satisfaction guarantee. JPC Cleaning, 619-322-3673.

### **Carpet Cleaning** Whole House \$85

"Dry" and Steam cleaning. Since 1995. Open 7 days. Satisfaction 100% Guaranteed. 858-382-1719 or visit us at Admiral-CarpetCare.com. Call today!

### Special! 3 Areas \$49

\$59 Sofas! Superior carpet/upholstery cleaning. Spot treatment, steam clean and spin-dry. 25 years experience. 100% satisfaction guarantee. JPC Cleaning, 619-322-3673.

### CHILD CARE



6 weeks to 6th grade 3 meals per day • 6 am-6 pm Bilingual available

619-263-1914 www.mterieacademy.org

### Infant/Preschool

Openings nowl Clairemont Academy Kids. Excellent preschool program, ages 0-12. School age care with tutoring/activities available. All government payment pro-grams accepted. 619-665-7878.

### CLEANING

### **Liza's Cleaning**

We clean until it shines! Residential. Moving: in/out. We do windows, washing, ironing! Weekly, bi-weekly, monthly. Free estimates! BBB. 619-864-0210, Nextel: 125\*141030\*7.

### **Dust Bunnies?**

Personalized service by experienced professionals. Move-outs, spring cleans, vacation homes, remodeling cleanup, small offices, residential.Phone quotes! Art of Clean Agency, 858-270-5558; 619-276-5558.

### **Maria's Cleaning**

Honesty and references. Residential/offices. Move ins/move outs. Daily, weekly, monthly services. 10 years experience. New customer special! Free estimates! 619-381-3845; 619-527-0469.

### **Non-Toxic Clean!**

\$14/hour. Clean and detoxify your home/of-fice with alternative cleaning service. Li-censed. Bonded. Reliable. Honest. Free estimates. Ask about free laundry service.

### **Cleaning Services**

Great rates! Experienced, trusted, personalized cleaning. Houses, apartments, condos, offices, businesses, vacancies, moveins, move-outs. Bonded/insured. Credit cards accepted. Kate's Cleaning, 619-334-2712.

### CONCRETE

### **ING Concrete**

Affordable quality. Driveways, foundations, block retaining walls, stamped concrete, patios, etc. Free estimates! 18 years experience. Lic# 891739. Bonded/Insured. 619-

### MICON Construction Concrete Construction: Structural · Foundations

Decorative Pool Decks Driveways · Sidewalks Patios · Block/Concrete Walls

23 years' experience. Lic #838528 · Free estimates!

760-594-1135

### **CROWN MOLDING**

### **Moldings for Less**

Professional crown molding installation.
Materials can be provided. Baseboards,
wainscot, painting. 10 years experience.
Mention Reader ad-10% off! Free estimate! Mention Reade 619-606-7623.

### CUSTOM DESIGNS

### Custom Designs Wood & Iron Designs

- Fine Wrought Iron
- Fountains of Art
- Custom Woodwork • Wall Art & more!



Idel Designs, Inc. 2220 Micro Place, Escondido

760.480.4335 IdelDesigns.com

### DOORS

### **Got Doors?**

We specialize in doors! Interior, exterior, new construction or replacement. Allied Contracting, local contractor with 20+ years experience. Please call 619-795-2930. No job too small.

### ELECTRICAL

### **Free Estimates!**

All your electrical needs. Fast, friendly service. Commercial/residential. Service upgrades, remodels, troubleshooting, ceiling fans, can lights. Satisfaction guaranteed. Lic#917066. Rotunda Electric, 619-818-

### **Quality Affordable**

Clean, quality work. All types electrical work. Residential/commercial. Service/re-pair, panels, custom lighting, spas. Bonded/insured. Lic#903497. Free esti-mates! Jacobs Electric, 619-843-9291.

## RED ELECTRICAL SERVICE, INC. • Industrial • Commercial • Residential

Nothing Too Small or Too Big the Estimates • Design Drawings
New Project & Remodeling

English: 619-719-6153 Spanish: **619-941-9079** Lic. #E & C-10 • Bonded San Diego, CA Now in Imperial Valley A Service with a Lot of Energy

### **Delamater Electric**

Kurt Delamater Electric-Serving all of southern California. Commercial/industrial upgrades, troubleshooting, lighting, underground projects. Lic#920876. 951-260-3297.

### FENCES

### **California Fence**

Wood, chain link, iron, guard rail, trash enclosures, barricades, welding. New, repair, installing. Lic#804726. California Fence Company, californiafence@hotmail.com 619-754-1016.

### **John's Gardening** 619-778-4625

Clean ups, professional maintenance, sprinkler repair, hauling. Pruning, weed control. Low rates guaranteed. Free estimate. Flexible schedule. Weekly or biweekly service available. Call to schedule appointment. Office 619-461-9771.

### HANDYMAN

### **Free Estimates**

Handyman. Kitchens, baths, fences, decks, woodwork, plumbing, basic construction/electrical. No job too large or too small. 619-665-7116.

### M.A.R. Handyman

Electric/plumbing. Carpentry. Tile, flooring. Home repair. Free estimates. Quality work done the first time! Lic#921601. BBB Member. Mark, business: 619-269-0585; cell, 619-674-3253.

### "One Call" Does It All!

12 years professional painten handyman. Unlicensed. Commercial/residential (inside/out). Paint, install, maintain, renair. Free 12 years professional painter/ estimates! Low rates. Inquire about discounts!

References. Satisfaction guaranteed! Name it...we can do it! 619-260-3791

### The Best Handyman

Honey-do list: Painting, tiling, plumbing, ceiling fans, etc. Reliable. Reasonable rates. Discounts for seniors/rental proper ties. 35 years experience. www. thebesthandyman.com. 619-466-7155.

### **Ask For Luis!**

17 years! Painting. Handyman. Landscaping. Remodeling. Electrical. Plumbing. Drwall, stucco. Carpeting/flooring. Tile. Fences. Sprinkler repair. Cleanups. Free estimates. References. Unlicensed. 619-417-5286.

### HAULING

### Why Pay More!

Junk, trash, furniture, appliances, demolition, debris. Yard cleanup. Same day service. Free estimates. Mention ad for discount. Ask for Tito, 619-466-6723; 619-992-2854.

### \$30/Hour!

3 men will hau. Clean 24' enclosed truck with lift gate/dollies. Fully equipped. Furni-ture, recyclables. Residential/commercial heavy lifting. Reliable. All areas. 619-528-1877.

### **AAA TO Z HAULING**

Tree services, property clean-ups. Com-mercial. Residential. Tractor work, weed mercial. Hesidential. Tractor work, weed abatement. Pick ups, deliveries, demolition, hot tub removals, stump grinding. Free estimates. Senior discounts. Insured. Licensed. Well equipped. In business 39 years. Ask about "Tightwad Tuesdays." Email. aaaz052@hotmail.com. 858-740-

### **Lowest Rates!**

Haul almost anything. Why pay more? We've got the lowest rates, guaranteed! 10% off with ad! Open 7 days. Junk, demo,

### HOME IMPROVEMENT

### **Hardscape**

Driveways, sideways, patios. Stampcrete, flagstone. Retaining walls. Barbecues, water features. 29 years' experience. Call 760-213-2203.

### MOVING

### **Birditt Moving**

We are a full service moving company. Specializing in senior citizen relocation. Serving San Diego 18 years. We help you downsize, ship, pack, move, unpack, resettle, organize. Free estimates, wardrobes. Professional. Courteous. Reliable. Licensed, insured. (CAL-T-176377.) Call 619-258-8155.

### **Stern Moving**

We will be proud to move you. Individually owned. Terrific references. Experienced The most reasonable rates. Insured/li-The most reasonable rates. Insured/licensed. Cal-T-145775. Please call 619-697-1694.

## About Moving **2**

First-class, full-service moves at reasonable rates. Exactly what you expect and deserve Locally owned. Licensed/insured. CAL-T-189508

619-247-8018

### ORGANIZING

### **Procrastinating?**

Spend more time looking for things than living? Clear it out and clean it up. Experienced. "At Ease" Home and Office Organization, 619-733-8139.

### **PAINTING**

### **A-List Painting**

Interior/exterior. Stucco repairs, drywall/ texture, power sanding, priming, sealing.

### **Kelley Painting**

Dedicated to customer satisfaction. Quality, attention to detail, fair prices separate me from the competition. 20 years experience. Lie#706902. BBB member. 619-234-7067, skelley.office@cox.net.



Great Work - Great Price! Residential & Commercial Interiors/Exteriors

858.366.2240 #911234

### **PLASTERING**

### **AC Plastering**

Interior plastering, repairs. Exterior, re-stucco. Custom quality work, clean, reliable. 20 plus years experience. Reasonable. Work guaranteed! Lic-694956. Arlex, 619-846-2734; 619-265-9294; pager, 619-

## **New! Services Directory Display Ads**

## **Special Promotional Rates!**

Limited time offer.

Two display ad sizes available.

All display ads include a free classified ad on sandiego.backpage.com

Deadline: 4 pm Monday

### 619-235-8200

Walk-in: 1703 India Street (at Date) Little Italy

### PLUMBING

### **Bill Harper's**

Plumbing & Heating. Cash discounts! Fast response. Friendly and courteous. BBB member, repairs, repipes, fixture installa-tion, drain cleaning, all plumbing. Lic-#504044. Bill, 619-224-0586.

### In Distress? Call S.O.S.

Always available 24/7 including holidays for all your plumbing and drain needs. Mention ad for \$20 discount. Serving entire San Diego County for over 35 years. License #696549. 619-231-6670. 858-566-2662. 760-480-1700.

### REMODELING

### **DOD Home Interiors**

Personalized, affordable, high quality kitchens installed quickly and professionally, www.dodca.com. 858-695-0800. See our ad in the Retail display section of the Reader!

### ROOFING

### **M.R. ROOFING**

Professional roofing services at competitive prices. No job too small. From minor re pairs to complete roofs. Many reference Lic#763004. Call Martin at 619-823-8561.

### SECURITY SYSTEMS

### **HT Wireless Inc**

Commercial/residential. Access controls, surveillance camera systems, communications, services and supplies. Call us for free consultation and quote. 858-759-8663 or 858-759-4100. www.htwirelessinc.com.

### SHUTTERS

### **Factory direct** plantation shutters

Premium Basswood shutters. \$14 per square foot. Delivery in 7-10 days. Free in-home consultation.

800-476-6671 www.shuttermanufacture.com

### TELEPHONE SERVICE

**Telephone Expert** Business/residential. Replaces AT&T. 24 years. Phone jacks, roommates, fax, computer networking, cable TV, wall-mount TVs. Professional, honest, dependable.

## Lic-807261. 858-452-7413; 619-992-7413. **COMPUTER**

### Virus Problems?

On-site virus/spyware removal and training. Free anti-virus and firewall included. Reasonable rates! Starting \$39/hour. No travel cost to you. 619-929-2618.

### SERVICE

### **Geek-4-Hire**

De-mystifying your personal confuser. Need computer help? Give us a call! Evening/weekend appointments available. Ask about special discounts! Email: geek@ geek4hire.biz. 858-205-7584.

### We Come To You!

Mobile PC/laptop computer repairs. Home or office. Virus/spyware removal. Wireless networks, data recovery, slow Internet. \$30/hour. 619-206-8550.



### PC/MAC SUPPORT

Certified computer and network repair in your home or office. Hardware, software, spyware, viruses, wired/wireless networks, and printers \$40/hour • 619-508-2286

### **WEB DESIGN**

### **Web Development**

Search engine marketing and web design. E-commerce solutions. Google Adwords Programs. Proven results and affordable rates. Go to www.AdArmada.com now! 619-723-6819.

### RESUMES

### **Resume Services**

Get the edge to get ahead! Resumes. Cover Letters. Career Management. Expert Advice. Great Prices. Quick Service. Re-sults beyond imagination! Visa-Master-Card. 858-459-7400. www.impress-

## FINANCIAL

### FINANCIAL SERVICES

### Cash Now!

Are you receiving payments from an owner financed mortgage note, court settlement or lottery winnings? Want a lump sum? Call us today! 888-868-2832.

## **PERSONAL**

### FITNESS & HEALTH

### **Diet by Design**

Stop obesity with Dietology. Natural healing! A balanced diet with real grocery foods the whole family can eat. Free consultation. 858-451-1610. www. DietByDesignSanDiego.com.

### FUNERAL

### A natural alternative to current funeral practices

Full service, socially responsible. Specializing in in-home funerals, church & gravesite services.

Thresholds Home and Family-Directed Funerals 619-390-1411 • www.thresholds.us

### PERSONAL ASSISTANT

### **Private Cook**

Many years experience in Europe. Available Tuesday-saturday. Live in/out. Speak English, French and Spanish. References. Chauffeur, clean DMV records. 619-260-1654.

### PRESCRIPTION DELIVERY

### **Green Aid Caregiver Delivery**

Serving South Orange/North San Diego counties, quality Medical marijuana "Delivered" Patient medical verification required, patients may email their Medical verification to the address below. Thursday-Sunday, noon-9pm. Evening delivery. 949-291-2208. greenaidstaff@gmail.com.

### **Senior Companion** Will sit with seniors/elderly. Reading, conversation, light chores. Bilingual English/Spanish. \$10/hour. Call 619-488-7748.

SENIOR ASSISTANCE

**Assisting Seniors.** Laura Jane's Senior Assistance serving North County. Assisting elders or loved ones with shopping, errands, appoint-ments, etc. References provided. Call ments, etc. References provided. Call Laura Jane today! 760-525-4553.

## SPA SERVICES

## Oxygen **Treatments**

For more information call Brooke.

**760-415-2786** Lic. Z-12494

for face and body

## Mai Blossom Eco Salon



(Across from Liberty Station) Point Loma. Call Mindy: 619-723-9046

Diego



Helen Wilson Chair of a Planning Board Rancho Bernardo

get told Farrah Fawcett. Don't You see it? A few times Judy Collins, because of the eyes. One I've always gotten because of the eyes, for so long, is Gene Wilder. I know that sounds weird. I'm going to tell him that when I meet him.



Blake Davis Waiter

Mission Valley

aybe two months ago at work, Steven Seagal, I don't know if it was just because of the hair or what, because I don't think I really look like him. When I was growing up, I heard Iason Bateman a lot. I think when people are told they look like someone, a lot depends on what shows are popular or what hairstyles people have.



Julie Campbell

Server

Hillcrest

Someone just said Katie Holmes, but I've never heard that before. If I'm told that I look like someone, it's usually Mandy Moore or Britney Spears. And it will be really random places that I hear it. Sometimes I'm at work, other times I'm out and about, and a person will just walk up and say, "You know, you look like Mandy Moore."



Hillary Johnson

Marketing

Kensington

was told I looked like Janeane I was told I looked like ,... Garofalo once. That was about ten years ago. It was a guy I worked with. Maybe he meant because of my personality. I hope that is what he meant. I haven't heard it again since that one time.



Jerry Hopkins

Teacher

Ramona

Iget told I look like Jason, from the Friday the 13th movies. I probably don't look like the actor when he isn't wearing the hockey mask to kill people. Oh, and Hannibal "the Cannibal" Lecter. But I only get told I look like those two people when I put tortillas on my face.



Charles Scott

Self-employed North County

Isn't it obvious who I get told I look like? Charlie Chaplin. Not everyone with the short mustache looks like him. Some would look like Hitler, but a few people actually had that mustache. Sometimes

I'm told I look like Dustin Diamond

I think that's his name. You know, the

one that played Screech.

### MUSIC **EOUIPMENT /** INSTRUMENTS

PLACE ADS IN THE READER by calling 619-235-8200, 8:30am to 5:00pm, Monday through Friday. Deadline: 5pm Tuesday.

AMPLIFIERS, HUGHES and Kettner, 3 models available, Attax 40, Attax 50, triplex. Solid state, 1-12 Celestin or Rockdriver. Contact Jimmy Ray. \$195/ each, firm, 949-525-0881.

ANTIQUE PIANO. Erwin fonk, N.Y. upright grand \$100/best, 619-316-4050.

APEX MUSIC SINCE 1952! Get the gear you need, at affordable prices. Sales, repairs and rentals. No one compares! 6210 El Cajon Boulevard. 619-583-1431,

CARIO KEYBOARD. Excellent condition,

Communit

Aphex

DAS

dbx

Denon

Elation

Furmar

Gator

Alesis

Chauvet

ERG

Behringer

American DJ

American Audio

Audio-Technica

Beyerdynamic

Cerwin-Vega

Countryman Crest

CARVIN FILTER DIRECT, box, FDR-60, ground lift and attenvator. New in box, \$20. Escondido. Mark 760-738-8059.

DRUM SET. Gretsch 6-piece, Paiste 2002 cymbals, boom stands, cymbal bag, stick bag, DW-7000 double kicks, lots of sticks, \$2700 value, asking \$2000. 619-440-

EFFECTS PEDALS-100s of different kinds in stock! Fulltone, Menatone, T-Rex, Maxon, Visual Sound, Barber, Xotic, Durham. Choose from many brands. www.SuperSoundMusic.com or call 760-739-9099.

**ELECTRIC GUITARS, 2.** 2001 fat strat deluxe \$950. 2002 Les Paul \$1800. Both in perfect condition, 858-414-0438.

**FLUTE.** Made in Italy, "T.M. Grassi, Milano, \$185, 619-466-1887.

lano, \$185, 619-406-1887.

GIBSON GUITAR SOURCE. Over 300 Gibson guitars in stock. We guarantee best prices on all Gibsons and Marshall amps. Centre City Music, 1033 Sixth Avenue. Call 619-338-9033. www.ccitymusic.com.

Odyssey

Horizon

e Maitre

Lexicon

Littlite

Mackie Mi Pro Numark

Pioneer

Raxxess Тарсо

Tascam

Yamaha

Ultimate Support

0

IND & LICHTS

NORE PRODUCT HIGHLIGHTS @ WAREHOUSESOUNDANDLIGHTS.COM

MON - FRI 10 AM - 8PM / SAT 11 AM - 4 PM / CLOSED SUN

8430 PRODUCTION AVE

858-578-5245

Omnisistem

Hosa

ITTC KRK

Large Selection In Stock

Huge Savings over any Retail

Chain or Internet Store

GRETSCH 6120-60 GUITAR. Mint condition, with Gretsch hardcase and trace elliot 100W super twin amp with stand. Rosewood arm rest, \$2250. Call Smitty 619-449-0663.

GUITAR SET-UP— Strings hard to press down? No time to change strings? I can help! For \$25, I will 1)change strings on your electric or acoustic; 2)adjust action (string height) so guitar is easy to play; 3)set intonation with strobe tuner; 4)adjust truss rod if necessary. Tom: 619-857-5463.

GUITARS AND AMPS. Gibson LF Studio \$699, 1994 PRS Custom 24 ten top \$1999, 2005 USA Fender Strat \$1 HSS \$799, Fender Lite Ash Strat with Duncans \$450, Fender Super Six Reverb Silverface \$999, Magnitone Melodier \$349, Musicinan RD112 100 \$499, Fender Blues DeVille 4x10 \$540, Fender FM212 DSP \$279, Crate 4x12 #175, Ampeg SVT 4x10 HE cab \$219, SWR 4004 Work-ingman's head and 1x15 cabinet ingman's head and 1x15 cabine \$379. At Moze Guitars, 619-698 1185.

KARAOKE SYSTEM. Vintage collectors item, rare, DK Karaoke System, 3000 songs, auto disk loader, Pioneer speakers. Cost new \$7500, selling \$750/best offer. 619-602-9463.

PIANOS WANTED! All pianos! Cash paid Also, quality furniture and antiques. 1 piece or houseful. Bonded. Licensed Since 1965. Same-day pickup. 1-800-840-4447. www.southcoastauction.net.

ROADCASES. San Diego's oldest road-case company. Pleasing musicians for 20 years. Bring us your best deal; we will beat all. Call Left Coast, 858-278-7888.

**SENIOR KEYBOARD** player wanted for trio. Diversified music. El Cajon area. 619-985-0032.

### MUSIC **MUSICIANS** AVAILABLE / **WANTED**

PLACE ADS IN THE READER by calling day through Friday. Deadline: 5pm Tues-

AUDITIONS NOW for male voices for mixed vocal Pop/Jazz Ensemble. Re-

hearsals Monday, 7pm-9pm. 858-558-

BASSIST NEEDED, for live Hip Hop band. BASSIST NEEDED, for five hip hop band. Be committed/hungry. All original material in both English/Spanish. No flakes! Serious musicians only, www.myspace.com/santoshiphop, 650-240-6454.

BASSIST WANTED for original indie/alt-rock project. 21-31 years old. Drama and substance-free. For more information

CLASSIC ROCK VOCALIST, available, in North County. Oceanside. Doubles on North County, Oceanside. Doubles on lead, bass, drums. Jimmy Ray 949-525-

DEATH ON MARS, need drums for shows. Currently on the look for a new drummer. To hear the music go to http://www. myspace.com/deathonmars, 619-548-

EARLY MUSIC RENAISSANCE, choir seeks 2 experienced basses for Palest-rina, etc. Good sight-singing necessary. Rehearsals Wednesday evening in La Jolla. Contact Bill, wpropp@ucsd.edu,

KEYBOARD PLAYER WANTED. For 98.1

LIGHT OF DOOM NEEDS lead singe committed, good stage presence, guy 14-19, must sing well. Rock and Roll band, dirty riffs, hardcore breakdowns. 760-484-6995, cahillmd@cox.net.

PRODUCER seeks female talented composers, performers, singers, original material and incredible uniqueness. Seeking interns, copyists, songwriters. Pro-tools? Logic? Call 619-528-0907; www.

PROFESSIONAL BASSIST, with profes sional lead and harmony skills needed by very established corporate, wedding, casino, private events band. Good pay, great opportunity! Leave message 858-616-6363.

PROFESSIONAL GUITARIST, with vocals available for new music projects. 25+ experience. I play Classic, current pop rock, country, blues-rock. Fender and Vox amplification, www.dansteller.com

PROFESSIONAL GUITARIST. Now avail able for lesson of all styles. If you are looking for best chops/licks. Call Stephen, played with best, also beginners 858-455-1028.

SINGERS WELCOME. Choraleers, mixed chorus, sponsored by San Diego Community College, meets Mondays and/or Thursdays, 6:30-9:30pm, Patrick Henry ...ususuays, o:30-9:30pm, Patrick Henr High School. Ester Segal 858-277-8980.

VIOLINIST WANTED. Strolling violinist to join with a French accordionist to play for an opening of a French restaurant. Improvisation necessary. Paid cash. 760-723-7373, 818-535-9955.

VOCALIST. Discord, San Diego metal band seeks talented, driven vocalist to add lineup of 20+ year musicians. Strong work ethic. Jay, discordmetal@gmail.com, myspace.com/discordmusic 619-400-7431.

WANTED: Accordian, professional size, 120 bass, in excellent condition, Italian made. Paid cash. 760-723-7373 or 818-535-9955.

### MUSIC **SERVICES**

PLACE ADS IN THE READER by calling 619-235-8200, 8:30am to 5:00pm, Mon-day through Friday. Deadline: 5pm Tues-

AUDIO RECORDING STUDIO. Spacious, commercial location. 24-48 tracks. Pro-Tools HD, ADAT, analog tape. 60 channel console. Steinway piano. Vintage micro-phones/preamps/signal processors. www.hitsinglerecording.com. 619-258-1080.

BASS AND GUITAR INSTRUCTION. Slide guitar, blues specialist, lap-steel, theory, emphasis on playing rhythmically. 2 time winner of San Diego Music Awards. Robin Henkel, 858-536-8944; 619-244-9409. www.robinhenkel.com.

BLUE GUITAR. Fine repairs and restora-tion by Yuris Zeltins and staff since 1961. Classical guitars through custom electrics. 5959 Mission Gorge Road. 619-283-2700. www.theblueguitar.com.

CD AND DVD DUPLICATION and Replica-tion. Guaranteed lowest prices, best ser-vice and quality. Complete packages (1,000) starting at \$925. Serving San Diego musicians since 1992. Call 760-747-2734.

CD COPIES and mastering. Near SDSU. Print art directly to CD. We will beat any price. No minimums for CD duplication. 619-540-5827.

CD DUPLICATION SPECIAL! 100

**GUITAR REPAIR.** The area's newest, coolest extraordinary repair shop for serious players. Bring your guitar to Bill Meyer, luthier. Bay Park location. 619-276-1677. www.tecoloteguitarworks.com.

MUSIC REHEARSAL STUDIOS starting at \$325 per month. Air conditioned, 24-hour

access. Available for immeditate rental. Call 619-820-4805.

Call 619-820-4805. **RECORD A DEMO** at HobarTrax, efficient experienced engineer, Pro Tools, Mackie, Avalon, etc. Session musicians available, all styles. Creative, inspiring atmosphere, \$30/hour. www.hobartrax.com, 858-243-7379.

RECORD AND MASTER AT BLITZ Stu Acid. Protools lessons. Creative environ-ment, total CD packages. \$40/hour. 10hour block, \$350. Weekdays until 4pm at \$30/hour. 619-260-0837. Check out our

RECORD AND MASTER AT EXUM Studio! Comfortable, relaxed atmosphere. Protools HD3. Great drum sounds! Baldwin Grand Piano! Fast. Efficient. 20 years experience. 2" analog. www.exumrecording.com. 760-739-9700.

RECORD AT CV STUDIOS. San Diego's best value! ProTools, professional gear. Rates from \$25/hour. Get the sound you want without pressures of expensive stu-

RECORD AT EARTHLING Studios. Analog and digital multitrack recording and mas-tering services. Call Mike for rates at 619-

RECORD AT EMPIRE STUDIOS. \$30/ hour, engineer included. Specializing ir Electronic, Rap, and Urban music. High-end equipment, radio quality guaranteed. Visit our facility at www. empirerecordings.com. 619-249-8355.

empirerecordings.com. o 19-249-6333. **RECORD AT EPICENTRE** Studio. Pro Tools HD-quality recording. Full service digital recording, mixing and mastering. Library of pre-made beats. 5-hour blocks for \$175 or \$40/hour. www.epicentre.org. 858-271-4000 x15 -271-4000 x15

PECORDING. KING'S RANSOM Studio is having a Grand Reopening Special! To celebrate our new facility, I am offering \$25/hour blocks! Top vintage and contemporary gear or fat, warm sound. I care about your project as much as you do! 619-278-8752.

REHEARSAL IN OCEAN BEACH at Spotless. 1922 Bacon Street across from Winston's. 3 air conditioned rooms with PA, available for hourly rentals. Parking, loading. 619-523-3073.

REHEARSAL STUDIOSI Current special: \$100 off first months rent with ad! Two lo-cations-Sports Arena & Miramar. Monthly and hourly available. Universal Sound, 619-306-2222.

REHEARSAL STUDIOS. \$20/hour with PA. Equipment rentals, overnight PA rentals. Open 24 hours by appointment. Monthly studios now available starting \$350/month. Goblin Studios, 760-599-4627. www.goblinrecords.net

REHEARSAL STUDIOS spaces. Hourly \$15/hour with PA. Monthly \$350-\$475.











plication, web design services. 2948 Industry Street #A, Oceanside CA 92054. Dead Records, 760-967-1420.

REHEARSE AT ADDER. New rooms open now! Upscale Kearny Mesa facility. All rooms have individual air conditioning, high ceilings and 24-hour access. Monthly rooms available. 858-505-8644.

REHEARSE AT HINDSIGHT- Miramar.

Hourly rooms, fully equipped (drum kit, two half stacks, bass rig, PA), starting \$18/hour. PA only, \$16/hour. 858-635-9611, www.hindsightrehearsal.com.

SINGING LESSONS. Vocal coach and singing teacher, Bachelor of Music honors: Voice and piano. Operal leader musical theater. Male and female. All ranges. Evallent production. Training students Excellent production. Training stude Metropolitan auditions. 858-535-1143.

### **ROOMMATES**

PLACE ADS IN THE READER by calling 619-235-8200, 8:30am to 5:00pm, Mon-day through Friday. Deadline: 5pm Tues-BALBOA PARK. \$612.50. Share large 1

bedroom spacious apartment on Park Avenue, near Balboa Park. Pool, private parking. Near all. Call Celeste, 619-227-8926. CARMEL VALLEY. Beautiful home. Private room plus bath. Garden. Near ocean, hikes, UCSD. 1-year lease. \$500/month, \$500 deposit. Furnished or unfurnished. 619-235-2415, x13125.

CARMEL VALLEY. Large bedroom, mile from beach. Pool, spa. Quiet neighbor-hood \$700 /month, \$300/deposit. Utilities split 3 ways. No pets/smoking/drugs. Fe-male preferred, regismyra@yahoo.com.

CHULA VISTA/EASTLAKE, 2439 E Loop. 2 rooms available \$500/ Eastridge Loop. 2 rooms available \$500/ each. Pool, jacuzzi, parking space. Nice area. Female only, 619-760-3975.

CITY HEIGHTS. Share great fully remod-eled, furnished house. References re-quired. 10 minutes Downtown/SDSU. Jacuzzi, courtyard. Outside smoking. \$700/month, utilities included, with HBO, \$300/deposit, 619-980-7538.

CLAIREMONT, NORTH. \$450/month, \$250 deposit. Furnished small room with private bathroom, shared kitchen/laundry. Quiet house. No drugs, alcohol, pets. Near stores/bus stops. 858-229-8315.

CLAIREMONT. \$500. 4 bedroom, 2 bath home. Laundry, cable, Internet. Near bus

Music

Mesa Boogie Gibson Fender Martin Till SU Cultar that Berg Tell Free: 877-687-4276 7120 Clairement Mesa Blvd stop 44. Great location. No smoking or pets. \$400 security. 858-279-5053; 619-235-2415, x19666.

CLAIREMONT. \$600, cable/Internet included. Nice home. Large bedroom, personal bath, 8' closet. Laundry, storage. Share with 1 person only. Deposit. Nonsmoking, no pets. 858-775-3997.

COLLEGE AREA. Room available in 3 bed-room multi-level condo. DirectTV. Shared bathroom. Kitchen/laundry privileges. Pool, jacuzzi, \$500/month, \$250/deposit.

DEL MAR, EAST. \$850. Middle bedroom. with private bath, slightly furnished Garage parking, pool, jacuzzi, small gym 10 minutes from beach. Available 10/1

**DEL MAR.** Female roommate, own bed/bath. Beautiful, charming complex with many upgrades. West of I-5. Small pet a possibility. \$900 rent/deposit. 808-298-

DEL MAR. Share 4 bedroom, 2-1/2 bath. Master bedroom, private bath, or larger bedroom with kitchenette/shared bath. Female only. No drugs. \$900, 858-232-5855.

DOWNTOWN, Utilities/high speed internet, cable included. Kitchen/laundry privileges. 2 rooms available. Master \$600/month. Regular room \$400/month, male preferred. Available immediately. Lee 619-237-7840.

Available immediately. Lee 619-237-7840.

EASTLAKE/CHULA VISTA, \$750/month, 1/2 utilities, \$600/deposit. Share 2 bedroom 3 bath house, fully remodeled. Washer/dryer, garage. Gated community, pools, jacuzzi, tennis, golf. Near freeways, shopping, theaters. No pets 619-248-5496.

ENCANTO, Room with own bath, all utilities included, \$500/month, \$150/deposit. Near bus and trolley routes. Female only, nonsmoking. 619-884-0081.

Poly-684-0081.

ENCINITAS. \$600, includes utilities. Female. Quiet room. Family home. Walk-in closet. Sunrise view. Bathroom 90% private. Kitchen/laundry privileges. No drugs, smoking. pets. 760-943-8136; 619-235-2415, x14600.

X14000.

ENCINTAS, Large room, \$750. Includes utilities, maid service. Quiet house. Near all amenities, 2 miles to Moonlight Beach, single occupant only. No smoking, pets, drugs. 760-230-6782; 619-235-2415, x17256.

HILLCREST. \$600. Share 2 bedroom 2 bath townhouse with female. Large master/private bath. Laundry. No pets/smoking. Female only. First/last/\$250/deposit. 619-291-7887.

imPERIAL BEACH. Room available in 4 bed-room home. Blocks to beach. Pet friendly. Cozy atmosphere. Fenced yard. Cable TV, Internet. \$500, \$400 deposit. Jenny, 760-

LA JOLLA SHORES. Share 2 bedroom, 2 pri-vate bath condo. Furnished except bedvate batir Corlido. Furnished except bed-room. Washer/dryer, pool, jacuzzi, gated parking. Near beach, UCSD. \$800 plus de-posit. Tim, 858-642-6733.

posit. Tim, 858-642-6733. **IA JOLLA.** \$850/month. Furnished master bedroom, separate bath. Secluded area. 2 miles beach. Laundry facilities, utilities, cable, intermet included. Minimal kitchen use. No drugs/smoking. References. 858-274-1501.

La MESA. \$500, plus utilities, \$575 deposit. Large sunny room with 1/2 bath. Laundry, deck, Internet, skylights, big yard. Nice location. No pets/smoking. 619-466-7500.

wui. wo pets/smoking. 619-466-7500.

LA MESA/RANCHO SAN DIEGO. October 1. 1 room and bath, in 2 bedroom 2 bath apartment. Washer/dryer in unit. Fireplace, pool, jacuzzi, parking. \$700. Pets negotiable, 619-838-7023.

LAKESIDE, \$600/month, does not include utilities. Share 4 bedroom 2 bath house. No smoking/drugs. Large quiet yard. Female preferred. Only serious inquiries please. 619-929-6223.

EUCADIA, room in townhouse, near beach. Furnished, washer/dryer, storage. Utilities/ amenities included. Teach guitar out of home. References. Female preferred. \$775/month/deposit, 760-815-5874.

MIRA MESA. \$750. Large master bedroom with bathroom. Big house. All utilities included: gas, electric, water, trash, cable TV.

MIRA MESA. Quiet, private room. Satellite TV, phone hookup, high-speed Internet.

**Family Law** 

• Divorce • Separation

Annulment • Custody

• Visitation • Support

Deep Tissue &

Swedish Massage

Private Shower Rooms Available

**ACUPRESSURE** 

6320 Mission Gorge Rd.

(2nd floor)

619-516-2338

7 days 10 am-10 pm

License #HHP23125

Pre-marital and

post-marital

agreements

Washer/dryer. No pets/smoking. Great location. 858-699-7870; 619-235-2415, x19783.

In law, experience is important.

San Diego practice for 23 years. Our goal is quality service.

Law Office of Stephen Ross, 3200 Fourth Ave., Suite 203, San Diego • 619-795-8524

NORTH PARK. \$575 each. Share 2 bedrooms with bathroom, kitchen, living room.
Balcony. Parking. Presently 1 tenant, female.
Good neighborhood. Near SDSU, 805. 619-NORTH PARK. Love nature, this is your place. Quiet neighborhood. Spacious room, shared veranda. Fireplace, hardwood flooring, \$600/month, plus utilities. Cats/dogs ok. 619-318-9018

Large kitchen. Community pool, park nearby. \$460, plus share utilities. Female only. 858-752-1804, marv0070@yahoo.com.

PACIFIC BEACH, \$700. Ocean/bay breeze

Walking distance to all. Room in 2 bedroom, 1 bath apartment. No drugs. First/last modest security. Ed, 858-581-1523.

PACIFIC BEACH. Room for rent in 2 bed-room house. Blocks from beach. Washer/ dryer, wood floors. No pets, no smoking. Fe-male preferred. \$900/month. 619-788-2147.

POWAY. Expect to be impressed, room available in newly remodeled home. \$675, shared utilities. Plenty parking. Minimum 6 month lease, standard deposit required.

SSAN CARLOS. \$600. Large room/mirrored closets. Nonsmoking female only. Large 2 bedroom condo, newly remodeled. Have a cat, no other animals. Deposit \$250. 619-698-7350.

SAN CARLOS. Near SDSU. I-8 west/I-8 east SAN CARLOS. Near SLSO, 1-6 west/1-6 east. Female preferred. \$490, 1/2 utilities. No pets, smoking, drugs. Beautiful, updated. Pool, washer/dryer, Wi-Fi cable. 619-265-1843.

washer/driyer, wi-fi cable, o 19-265-1843.

SAN DIEGO, SOUTH BAN, \$80-\$100/week.

New sober living 5000-square-foot massive home. Cable, Internet, 2 kitchens, gym, pool/jacuzzi, sanctuary. Thomas at The Tree House, 714-787-8744.

SAN MARCOS. Off Nordahl and 78. Private bath, garage, includes utilities, cable, pool, kitchen privileges. Female nonsmoker, no pets. Available now. \$650/month, \$300 security. 760-745-0482.

**SANTEE.** 2 rooms available, \$450/each, plus utilities. Female to share newer, spacious, clean, house. Pool, jacuzzi. No smoking, drugs, pets. Close to I-52. Mike, 619-301-

SERRA MESA. Room for rent in beautiful home. Near freeways, Mission Valley, Fashion Valley, stadium. Kitchen/living room, pstic, cable TV Internet use included. \$600/month, \$400 deposit. 1/4 utilities. No drugs,

**Estate Planning** • Trusts • Wills • Probate

• Powers of Attorney

• Trust Funding

Conservatorship

Guardianship

• Health Care Directives

miramar – mira mesa

pamper yourself today

8280 miramar rd.

(between cabot &

camino ruiz)

858-566-4229

7 days 10 am-10 pm

license #HHP23125

smoking, pets. 858-277-7003; 858-449-6449.

5049.

SOUTH BAY. \$400, \$100 deposit. Furnished room for rent in house. Includes cable. Female only. No pets. 619-606-4958.

TIERRASANTA, 1 room available, \$700 for master or \$575 smaller bedroom, in 4 bedroom 2 bath house. New appliances. Pool, jacuzzi. Pet ok. Available 10/01/08. 858-384-7819.

7819.
TIERRASANTA. \$595 plus utilities plus \$350 deposit. Washer/dryer. Very large room, furnished/unfurnished. Near all. No smoking, drugs, pets. Male preferred, 858-292-0145.
UTC. Large, beautiful house. 1 bedroom, shared bath. No pets. \$800, utilities included. Female preferred. 858-922-9627.
WISTA Share beautiful luvium bome. fully fur.

VISTA. Share beautiful luxury home, fully furnished. Private queen size bedroom with attached bath. Barbecue patio. Near Palomar Airport Road. Nonsmoking, no pets. \$900, 760-727-2094.

WANTED. Desperate mother of 3 bottle raised, adult, fixed, inside cats seeks room for rent in South Bay. Please help and God bless. 619-215-3739.

### **ROOMMATE SERVICES**

PLACE ADS IN THE READER by calling 619-235-8200, 8:30am to 5:00pm, Monday through Friday. Deadline: 5pm Tuesday.

ALL AREAS -ROOMMATES.COM. Browse hundreds of online listings with photos and maps. Find your roommate with a click of the mouse! Visit: www. Roommates.com. (AAN CAN)

### **RENTALS COMMERCIAL**

PLACE ADS IN THE READER by calling day through Friday. Deadline: 5pm Tuesday.

### SERVICES







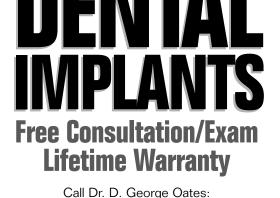


table shower & shampoo, Jacuzzi 30-minute massage \$4900

760-743-1421

255 North Ash, Suite 107, Escondido 7 days 9 am-9 pm Lic. #162163

255 N. Ash Street



858-273-9435

BANKER'S HILL. New tenants eligible for free rent. Charming, private office; waiting room; free client parking coded access. Contact Yas Ghafouri, 858-454-8857 or

NORMAL HEIGHTS/NORTH PARK. One

BANKER'S HILL/UPTOWN OFFICE. Wor derful location near Downtown and crest. Free parking, elevator, inte restrooms, large waiting/reception a Competitive rates. Call 619-846-8238.

MISSION HILLS. Small center with 2 spaces available row \$950/month. See on-site manager in #11 at 930 West Washington Street, San Diego 92103. www.centrecity.net. 619-296-6699.

feet at \$1.25. Next to 1-5. Easy access. Free parking. Appliances. Bathroom included. 2445 Morena Boulevard #208.

OFFICE SPACE MISSION VALLEY. Near 15 freeway. Share with other profession-als. Secretarial support available. Call for information. 619-454-1661.

GASLAMP ART SPACE! \$150/up. High ceilings, tall windows. Gallery venue for shows. Uniquely affordable. 100-600 square feet. 402 Market. Hughes Management, 619-239-1639 x103. www. HughesManagement.net.

PACIFIC BEACH. \$1.50/square foot gross. Nice professional building. 640-1100 square feet available. Elevator common restrooms, parking. Utilities in-cluded except phone and Internet. 2180 Garnet Avenue. 619-231-2727.

NATIONAL CITY RETAIL SPACE. Near base. 1725 square feet. \$1.25 per square foot. Triple net lease for 1 year. Parking available, 3280 Main Street. Hughes Management, 619-239-1639 x103. hughes-

NORTH PARK. Prime storefront. Excellent location. Approximately 2000 square feet. Rent/lease/\$ negotiable. 3784 30th Street 610-205-2221

Street. 619-295-2221.

POINT LOMA. Upstairs 1500 square feet, versatile office loft space with full bath. 2 parking spaces. 900 square feet additional storage, hi-speed wiring. Perfect for yoga! Available 10/1. \$1895/month. 2176-C Chatsworth. Agent, 619-463-2971.

SDSU/LA MESA. Small one room office, \$375. Large office room, \$550. Executive suite, \$1250. Move-in specials available! Call Donna at 619-820-6035.

POINT LOMA/MIDWAY. \$1.10/square foot gross. Great street frontage at this high-fraffic location. 500-3000 square feet available. Improvements planned. Lock in your low rate now! 3333 Midway Drive. Agent, 619-231-2727.

### **RENTALS HOUSES**

PLACE ADS IN THE READER by calling 619-235-8200, 8:30am to 5:00pm, Mon-day through Friday. Deadline: 5pm Tues-

CHULA VISTA. \$2350. 4 bedroom, 2-1/2 bath house. 2 story. 2-car garage. Washer/ dryer hookups. Pool. 1 small pet OK with de-posit. Available mid-October. Ocala Court. Agent, 619-692-4121.

Agent, 619-692-4121.

CITY HEIGHTS. \$950. Small house (rear).



Burn up to 4.000 calories & 5% Body Fat in 1 treatment w/French Sudatonic.

www.suddenlyslimmer.net 858-551-5196

yard, parking. No smoking. No pets. Near all. 3834 47th. 619-275-2648.

CLAIREMONT. 4 bedroom, 2 bath house with large backyard, driveway parking and additional street parking. Gardener included. No pets. \$2375/month. www.timcassidy.com. Cassidy, Broker, 619-275-LIST x4.

CLAIREMONT/KEARNY MESA. \$1950. Re modeled 3 bedroom, 2 bath home. Spacious living room and remodeled kitchen, maple nets, Corian countertops, newer appl ances. Newer Berber carpet, large screened patio, good size yard. Gardener included, at-tached 2-car garage. Available October 1. Call Kimbra, 858-735-5377.

COLLEGE AREA. \$1895. 3 bedroom, 1 bath house, cul-de-sac. Back yard, pool, water paid. 2 car garage. Laundry hook ups. 4664 Revillo Way. 619-698-6911. www. goldenmanagement.com

goldenmanagement.com

COLLEGE AREA. \$1995. 3 bedroom, 1-1/2 bath. Freshly painted, all appliances, washer/dryer hookups, single car garage, unlimited street parking, large yard. Walk/bike to SDSU. 5146 Leo Street. By appointment, 619-298-7232. www.sbayproperties.

EL CAJON. \$1650. 3 bedrooms, 1 bath, home. Garage. Newer carpet/paint, draperies, stove, refrigerator. Washer/dryer hookups. Fenced yard. No pets. Available now. Cell 619-971-1145; 619-579-8027.

ENCANTO. \$1800. 3 bedroom, 2 bath house 2-car garage. Washer/dryer hookups. Fire place and pool. Available 10/5/08. 5889 Too www.stevenleeproperties.com

619-296-1161.

HILLCREST. \$1995. 2 bedroom, 2 bath house. Hardwood floors. Completely remodeled. Washer/dryer. Garage. Fully enclosed patio. Very bright. Great area, block from Baboa Park. Available now. 1526 Myrtle\_Avenue. 619-549-4959; 619-325-1470.

IMPERIAL BEACH. Newly redone 2 bed-room, 1 bath house, new carpet/flooring. garage, large yard, quiet, view. Near nature, bike trail. No pets. \$1500/month. 619-497-

KENSINGTON. 1 bedroom duplex house RENSINGTON. 1 bedroom duplex house \$1200/month. 800 square feet, wood floors washer/dryer, stove, refrigerator, 2 space carport, storage shed. Tiny pet OK. Gated, block to village. Available October 1. 4617 Kensington Drive #1.619-280-1800.

**KENSINGTON.** 1 bedroom, 1 bath cottage with office/den. Newly refinished hardwood with office/den. Newly refinished hardwood floors, good size viritage kitchen, formal dining room, stacked washer/dryer, private entrance to large fenced yard with garden and fountain. Water and gardener paid. 1-car garage and storage shed. Walk to village shops and easy access to all freeways. Small pet OK. Nonsmoking. Available now 4631 Edgeware Road. \$1595. 619-683

**KENSINGTON.** 2 bedroom, 1 bath historic bungalow with newly refinished hardwood bungalow with newly refinished hardwood floors, gumwood built-ins and fireplace. Formal dining room with built-in buffet. Newly redone kitchen, breakfast nook, washer/dryer. Vintage lighting and large casement windows throughout. Water & gardener paid, fenced yard, 1-car garage. Walk to village. Nonsmoking. Small pet OK. Available now. 4633 Edgeware Road. \$2195. 619-683-9274.

MENSINGTON. Large 3 bedroom house, 1350 square feet, hardwood floors, all appli-ances, parking, fireplace, yard and patio. Pet on approval. Water paid. \$1800. Available October 1. 619-284-2832.

LA JOLLA. \$6500. 4 bedroom, 3 bath home LA JOLLA, \$65U.0. 4 bedroom, 3 bath home. Ocean views! 3000 square feet. Pool. Stain-less appliances. Granite countertops. Built-in flat screen TV, Fireplace. Patio with fire pit. 2-car garage. Gardener and pool maintenance included. Available now. Pets Considered. 1881 Paseo Bonita. Alta Vista Properties, 858-274-3600. www.AltaVistaManage

LA JOLLA/UTC. 3 bedroom, 2 bath. 2-car garage. New carpet. Deck. Canyon view. Tile floor. Wet bar. No pets. Werner Street. Call Agent, 619-692-4121.

La Inverti, o 19-982-4121.

A JOLLA/ University City, \$3495. Must see!
Spacious 5 bedroom, 3 bath in UTC. All appliances, fireplace, pool, fenced yard, wood floors, garage. Pet ok. 3544 Villanova Avenue. 619-804-3325.

LA MESA. \$1625.3 bedroom plus den, 1-1/2 bath house. New carpet. No pets. Yard, good location. 4848 Jessie Avenue. AMI

good location, 4845 Jessie Avenue, AM Property Management, 619-697-2555. **LA MESA**, \$2300, 4 bedroom, 2 bath house Jacuzzi, fireplace, Outdoor grill, 4487 Panorama Drive, 619-640-7530, www. stiforrent.com

LA MESA. 4 bedroom, 3 bath, all new, fully remodeled, separate granny unit with kitchenette, 1650 square feet. Large fenced yard. \$1995. Call 858-459-9358.

LA MESA/SAN CARLOS Lake Murray Beautiful 6 bedroom, 3 bath. New mi-crowave, stove, refrigerator, washer/dryer, water heater. New paint. Near Lake Murray

On your way to Temecula?

Asian Massage

\$55/65 minutes Includes free body scrub.

Asian Massage Center

www.asianmassagecenter.com

Visa/MC/AmEx/Disc • License #050193

9:30 am-9 pm 7 days a week

41715 Enterprise Circle N.

Walk-ins welcome.

951-587-9089

#107, Temecula

Located off I-15.

exit Winchester Rd.

Fall Special

Asian **Body Care** 

16769 Bernardo Center Dr. #K-28 Rancho Bernardo (near the post office)

858-675-0048

asianbodycare

and shopping. No pets. \$2700. 6179 Baltimore Drive. 619-997-2037. garage, off-street parking, all amenities. No pets. Available now. 619-733-8599. LA MESA/ROLANDO. Cute 1 bedroom house, large yard. Air conditioning, storage, residential area. 4736 68th Street. Available now. \$1000 rent. Willow 619-465-4362; Carol, 619-825-8635.

LEMON GROVE. \$1400. 2 bedroom, 1 bath house. Patio room, 1-car garage, 1 off-street parking. Totally remodeled. Available 10/1. Water/trash paid. 619-218-6314.

LEMON GROVE. \$850/rent. \$500 deposit. 1 bedroom, 1 bath house. Water/trash paid. Pets with deposit. 2314 Bonita Street, 91945.

6 19-52/0-5144.

MISSION HILLS NORTH Historical residential area. 2 bedroom 2 bath 1600-square-foot house. Garage, patio, fireplace, hardwood floors. On-site laundry. No pets. \$1895/month. 619-298-6436.

ISSION HILLS/MIDDLETOWN. \$2300. 2+

pedroom, 1 bath house, hardwood floor ireplace, patio. Parking. 3538 Columb Street. www.centrecity.net. 619-296-6699.

MISSION HILLS/HILLCREST. 3 bedfroom,2 bath house. Downstairs basement. Washer/dryer. Backyard. Near airport. 610 West Redwood, 92103, \$2300, 619-285-9942, 619-518-1034.

MT. HELIX area. 2 bedroom, 2 bath furnished duplex, lovely wood floors, balcony with view, on hill. \$1800 with utilities. Refer-

NORMAL HEIGHTS. \$795. Charming 1 bedroom, 1 bath cottage with garage. All new flooring, paint and bath! Small pet OK. 4579 Hawley Boulevard. 619-804-3325.

NORTH PARK, \$1650. 3 bedroom 2 1/2 bath townhouse, attached garage. Large balcony, patio, fireplace. Washer/dryer hookups. Pool. Quiet neighborhood. 1867

NORTH PARK. \$1000. Cottage. Wood floors. Built-in china cabinet. Gated complex. Laundry on site. Available 10/5/08. 4058 Hamilton Street. www.stevenleeproperties.com. 619-295.1161

NORTH PARK. Remodeled 2 bedroom craftsman duplex, 1400 square feet. Private outdoor covered deck. Gourmet kitchen. Washer/dryer in home. Views. No pets. \$1995, 619-269-0897.

OCEAN BEACH. \$1600/rent. \$1000/deposit, 3 bedroom 1 bath. No pets. Refrigerator, stove, parking, laundry. Near Sunset Cliffs, beach. 4718 Point Loma Avenue. Available

OCEAN BEACH. \$2635. 3 bedroom, 3 bath. 2 bedroom, 2 bath house with detached studio with kitchen and bath. Fireplace. Garage. Yard. Laundry hookups. Gardener included and water paid. 4638 Larkspur. Please call 619-222-6947.

OCEAN BEACH. Dogs allowed. 2 bedroom 1 bath, updated house, large patio, tropical backyard. Seaworld fireworks view. 2719 Clovis Street. \$1595 to \$1895/make offer,

PACIFIC BEACH, \$1725, 2 hedroom, 1 hath front house. Yard. Pets considered. No parking. Washer/dryer. Available 10/7. 1947 Missouri Street. Agent, 858-514-8201.

PACIFIC BEACH. \$1750, 2 bedroom, cute

house with 1 car garege plus 1 space. Yard. Laundry room. Gardener. available 10/1. Pet ok. 858-270-4080; 858-483-0567.

ON. 000-270-4040U; 858-483-0567.

POINT LOMA. 2 bedroom 1 bath, single-family home, in quiet neighborhood. Includes gardener. New carpet, paint. Washer/dryer hook-ups. Small pet ok. \$1995, 619-517-7476.

7476.

POINT LOMA. Cozy 3 bedroom, 2 bath single-story home, harbor/bay view. Newly remodeled kitchen, hardwood floors. Store refrigerator. Includes gardener. 2-car garage, laundry hookup. Quiet! Available now. \$2875. For information/application, contact Stella Biggs, GM Realty. 619-384-1945.

POWAY, \$2300. Impressive 3 bedroom, 2 bath house, granite kitchen, gorgeous views, backyard, gated community. Pets considered. Move-in special. 12168 Peppertree Lane. 619-980-6076.

POWAY. 4 bedroom, 2 bath home available now. Renovated, 2-car garage, huge yard with patio. Pets OK. \$2,000. 13014 Morene Street. 619-334-6781. www.

RANCHO PENASQUITOS. \$2285. 4 bed

room, 2-1/2 bath, new flooring, built in 1999, freeway close to I-15. Call Alan, 858-735-6734.

SERRA MESA. 3 bedroom, 2 bath. Appliances, skylights, 2-car garage, laundry hookups, fireplace, canyon lot with panoramic view. Available 12/1. 3301 Dorchester Drive. \$2050. 858-277-3410.

SOLANA BEACH. Tri-level 3 bedroom, 3

bath, ocean view, walk to beach, brand new twinhouse. No pets. Beautiful, must see! \$3200/month plus utilities. 1 bedroom, 1 bath, \$1500. 2265 Manchester Avenue. Grace Feng, 619-985-8488.

SPRING VALLEY. \$1550. 2 bedroom, 1 bath

ences. No doas, 619-992-7791.

Whaley Avenue. 951-300-6231.

now. 619-226-7368

SPRING VALLEY, \$170.3 bedroom, 2 bath house with \$300 off! Wood floors. Spacious rooms. Fenced back yard. Washer/dryer. 2-car garage. Pets OK. 858-598-1111 x128. utopiamanagement.com.

SPRING VALLEY. \$1850. 3 bedroom, 1-1/5 bath townhouse. Small yard, 1-car garage, electric stove, vertical blinds. Small pet OK on approval. Section 8 welcome! 830 Pecos. Agent. 858-560-1178.

SPRING VALLEY, \$2250. 4 bedroom, 2 bath home, half-acre, ample parking, view. Travertine/wood floors, granite, stainless appliances, beautifully landscaped. No pets. Available 11/1. 619-733-8599.

UNIVERSITY HEIGHTS, \$2295/month, 4 bedroom, 2 baths. 100 year old Craftsmar home. Library. Dining room. Breakfast nook Kitchen. Laundry room. Garage. Leaded windows. Distressed wood floors. High ceilings. 2400 square feet. Available now. No pets, please. 4469 Cleveland Avenue.

### **RENTALS** APARTMENTS / **CONDOS**

PLACE ADS IN THE READER by calling 619-235-8200 8:30am to 5:00pm, Monday through Friday. Deadline: 5pm Tues-

ALLIED GARDENS. \$900. Spacious 1 bed-room with brand new paint and carpet! Park-ing, laundry on site. 4550 Vandever. Manager, 619-820-2584.

ALPINE. \$950. Spacious 2 bedrooms. New carpet and vinyl. Air conditioning, on-site laundry, pool. Small pets welcome. Call about our move-in special! OAC. 619-445-0805, www.sdaptbrokers.com.

ALPINE. 2 bedrooms, \$1255. Newly remodeled. Private garages, fireplaces, vaulted ceilings. Resort-size pool and spa. Alpine Woods, 1829 Amold Way. 619-445-1341.

ALPINE. 55 and up. Spacious luxury living. 1 bedrooms, \$895. 2 bedrooms, \$1175. Up to \$1200 off! Creekside Meadows, 1750 Arnold Way. 619-445-2480.

BALBOA PARK. \$750. Upper studio with view in quiet picturesque building Downtown. Patio and laundry. No pets. A Street. 619-549-9542; 858-278-6135.

BALBOA PARK East. 1 bedroom, very elegant and unique, lots of wood work and builtins, wood floors, parking. Lots of natural light and windows! \$999/month. 2034 30th Street.

BANKER'S HILL. \$1025. Spanish cottage style 1 bedroom, 1 bathroom. Wood floors. Stove, refrigerator. Private patio. Laundry. Near all. Cat OK. 1922 3rd Avenue. 619-300-

BANKER'S HILL. \$1075. 1 bedroom apart-ment, view, patio, all utilities paid. Laundry. Great location. No pets. 2011 Front Street #9. AMI Property Management. 619-697-6314.

BANKER'S HILL. \$1800. Newly remodeled, 2 bedroom, 2 bath duplex. All appliances, washer/dryer, wood floors. No pets. Available 11/1. Deposit \$1800. Call 619-301-0874.

0874.

BANKER'S HILL \$725-\$900, junior studios.
\$900-\$975, studios. \$1375, 1 bedroom. Expanded cable, storage available, library, rooftop barbecue deck, laundry, small exercise room. City and harbor views. Utilities paid. No pets. Barcelona Apartments, 326 Juniper Street. 619-232-0153.

BANKER'S HILL. Balboa Park West. Spa cious, bright 2 bedroom, 2 bath. Hardwood cious, bright 2 bedroom, 2 bath. Hardwood floors. Large fenced backyard. Washer/dryer in unit. Nonsmoking, No pets. \$1850, 858-

BAY PARK. \$925. 1 bedroom. Bay Park's best maintained property with beautiful courtyard and sparkling pool. No pets. 2520 Chicago Street. TPPM, 619-405-7200. www. debonairapts.com.

CARLSBAD. \$1325. 2 bedroom, 2 bath apartment, parking included, refrigerator, stove, dishwasher, balcony, fireplace, 850 square feet. Fee. Free search at www. westsiderentals.com. 619-367-3333. CARLSBAD. \$1795. Windsong Cove. 2 bed-room, 2-1/2 bath condo. 1 car attached

garage; assigned parking. Pool. Spas. Avail-able 10/1. 812-A Kalpati Circle. 858-344-5517; 858-581-2835.

CARLSBAD. \$925. 1 bedroom. Small complex with off-street parking, community laundry. Quiet street. No pets. 3366 Roosevelt Street. 760-434-7721.

CARLSBAD. Beautiful 1 and 2 bedrooms, some with fantastic views! Pool, community some with fantastic views! Pool, community laundry. Gated parking. Barbecue areas. Spacious floorplans. Walk to the beach! No pets. 2303 Ocean Street. Agent 760-434-7721

CARLSBAD/ The Grove. \$1500. 2 bedroom, 2 bath upstairs condo in gated community. All appliances. Nonsmoking. 2332 Hosp Way #208. Leasing Unlimited, 760-436-

CARMEL VALLEY. Beautiful 1 bedroom condo just minutes from Del Mar beaches, freeway, shopping. Many upgrades, amenities. Pets okay. Available now! info@

CARMEL VALLEY. Looking for affordable luxury living? 1 bedrooms/2 bedrooms. Flexible leases; call for current rates. Near beaches, shopping, easy freeway access, quiet neighborhood! Free tennis, swimming lessons! Washer/dryer. Parking. Fitness center. Pool. No pets. The Club Torrey Plines, 12646 Torrey Bluff Drive. 1-866-354-2096. www.torrey.cc. www.sdreader.com/news/

CASA DE ORO Seniors 55± 1 hedroom \$675. Off-street parking, community laundry, air conditioning. On bus line and close to all conveniences. 9550 Campo Road. 619-697-8432. CHULA VISTA. \$100 off first month's rent! 1 Close to mall/freeway. 433 D Street. Call 619-651-8600.

CHULA VISTA. \$825. Comfortable 1 bed-room, 1 bath. Clean. Quiet. Secure. New paint/carpet. A must see! Laundry and pool on site. 540 Flower Street. Call Krista, 619-733-6928 or Rachael, 619-804-1044.

CHULA VISTA. 1 bedroom apartments, \$720-\$750. Deposit \$500. All utilities included. Pool, off-street parking. Laundry facilities. Call Park Regency Apartments, 610, 220, 2720.

month. Utilities included. New carpet/paint/ vinyl. Jacuzzi, pool, laundry on site. Lots of storage space. Assigned gated parking. Near all. 212 Palomar. No pets. Call 619-426-1381 or apply at www.melroyproperties.com

CHULA VISTA from \$800. 1 bedrooms in well-maintained, gated community. Air conditioning, community laundry, gated offstreet parking. No pets. Near shopping, freeway and trolley. 2887 Main Street. 619-691-9377.

OAC. Large 2 bedroom 1 bath condo. New carpet and paint. Parking space. No pets, at 4377 Marlborough Street #1, 619-299-8515. CITY HEIGHTS, \$695, 1 bedroom, 1 bath

Upper unit. New carpet, new paint. 1 park-ing. On-site management. Agent, 619-640-

4153 42nd Street #8. Agent, 858-514-8201.
CITY HEIGHTS. 2 bedroom, 2 bath apartment, \$895. Tiled floors, balcony, wall air conditioning. Water/sewer/trash included. Section 8 OK. 4316 52nd Street #5. People Helping Others Property Management, 619-822-5400. www.peoplehelpingothers.com.
CITY HEIGHTS. Centrally located, secure, upper 2 bedroom, 1 bath apartment. Non-smoking, no pets. Recent improvements. \$875, \$700 deposit. 619-521-2050.

\$875, \$700 deposit. 619-52 1-2000.

CITY HEIGHTS/NORTH PARK. 1 and 2 bedctarting \$795. Newly remodeled. Ceilrooms, starting \$795. Newly remodeled. Ceiling fan, reserved parking, tile, gated, laundry. No pets. 619-279-0031.

stairs, remodeled 2 bedroom, 1 bath. Parking. Tile/hardwood, gated complex, pool/spa, laundry. 1637 Pentecost Way, #4. Agent, 619-463-2971.

## PET **CENTRAL**

PLACE ADS IN THE READER by calling 619-235-8200, 8:30am to 5:00pm, Mon-day through Friday. Deadline: 5pm Tues-

ADOPTABLE DOGS! The Baja Animal Sanc AND I PUBBI IN BERNA ANIMAI SANCHURY IS AN O-KIII SHEEK OUT dogs live in foster care in San Diego until they are adopted. Check out www.bajaanimalsanctuary.org see all of our adoptable faces. Dogs and cats are spayed/neutered and up to date on shots.

ADOPTION EVENT, Saturday 10/4, from 10am-3pm at Petco in Poway. 13375 Poway Road. For more information call Baja Animal Sanctuary at 619-231-6960.

ADOPTION EVENT every Saturday of the month from noon-6pm at PetSmart in Chula Vista, 1840 Main Street. Call Jim from the Baja Animal Sanctuary for more information,

ANIMALS HAVE NO NATIONALITY! Volunteer for Humane Society de Tijuana monthly spay/neuter clinics in poorer neighbor-hoods of TJ. Help end the suffering. Contact

hoods of TJ. Help end the suffering. Contact michelle@friendsoffnstj.org.

AQUARIUM SALE at Octopus's Garden. 20H aquarium \$20; 29 for \$29; 40R \$40. Even a 60E is just \$60. Other tank specials also. Lots of healthy saltwater fish and beautiful corals. Protein skimmers. Lighting systems, pumps, decorations and supplies at low prices at Octopus's Garden. Noon-9pm, 7 days. Call 858-576-7449.

AQUARIUMS AND PONDS! Freshwater/ saltwater fish. Extensive reef animals. 9000 square feet. Low warehouse prices! Expertise not found in Southern California cookiecutter stores! Aquatic Warehouse. 5466 Complex Street #204, San Diego. Behind Superior Courthouse, off Clairemont Mesa Boulevard. www.aquaticwarehouse.com. Daily, 10am-7pm. Saturday, 10am-6pm. Sunday, 11am-6pm. 858-467-9297.

AQUARIUMS FOR REPTILES. \$10-\$20 BARBECUE FUNDRAISER. Saturday, September 27, from 2pm-6pm at Glein Avon Park in San Marcos. Food, cash bar, Chi-nese raffle, silent Auction. Tickets are \$25. All proceeds benefit the Baja Animal Sanc-tuary, a 501(c)3 organization. Contact Karen for info, 760-489-8252.

BENGAL LEOPARD BABY. Take a walk on the mild side of wild. Drop dead gorgeous. TICA registered. Canaries also available. North County/Vista. 760-724-9316.

BIRDS FOR SALE. Finches; zebras white and black cheeked \$10/each. Yellow star

finches \$50/each. Doves; silver and rare white diamond doves \$15/\$25. Parakeets \$15, birdsfromparadise51@yaho.com.

BUY/SELL/TRADE reptiles, amphibians, turtles, tortoises, snakes, lizards. Largest reptile selection in Southern California. Voted #1 in San Diego. Pet Kingdom, 619-224-2841

CHIHUAHUA MIX, spayed, 9lbs., 2 years, a real clown, happy, energetic. Likes attention. No kids under age 10. Shots, license, microchip \$100, 619-583-5122.

CHIHUAHUA PUPS, 7 weeks old, bottle fed babies. Calm, sweet and quiet. Males females mixed, multi-colors, \$300/each619-994-0044

994-0044.

CHIHUAHUAS. Baja Animal Sanctuary has quite a few rescued, young Chihuahuas. All different colors, ages, and interesting markings. They are all looking for forever homes. Interested? Call Baja Animal Sanctuary, 619-231-869. 619-231-6960

619-231-6960. KITTENS, for your cat. Or-ange tabby male, brown tabby female, 8 weeks, neutered/spayed, cute playful, healthy, sby. Rescue group. \$20/donation, 760-230-1346.

**DACHSHUND HALLO-WIENER.** 20th annual picnic Sunday, 10/26/08, Balboa Park, corner Park boulevard and Presidents Way. Costumes encouraged, but optional, 858-342-3309, WWW.SDDC.US.

342-3309, WWW.SDDC.US.

DOG LOVER? Baja Animal Sanctuary is looking for volunteers who are willing to foster dogs. We provide food, supplies, etc. All you need to provide is love. If you reside in North County please contact Patricia, 858-254-8733 or Judy, 858-538-8350. If you reside south of La Jolla, please contact Alisa, 858-270-4056.

DOGUE deBORDEAUX, beautiful female, 5-/2. years old, gentle and affectionate nature. Well behaved. Worth \$2400. References required. \$350 to great home only. 619-298-5353.

**DOVE,** free 858-279-0492.

DRINK FOR DOGS, Tuesday, September 30 from 5-8pm. Happy Hour at La Jolla Brewhouse to Benefit Humane Society de Tijuana, Come by for great food/drink specials and raffle prices. Contact michelle@friendsofhstj.org.

HORSE, MORGAN MARE, Registered, 10 years old. Chestnut with white blaze. 15.1 hands. Show quality. Fold times three with live births. Trailers/clips. \$1500. 619-303-

KITTENS. MALE. Siamese, \$100. Taby \$10

619-589-1370.

KITTENS. 8 weeks old, flea free, box trained. They have personality! Mother is purebred Maincoon, 3 persian mix, tabbys, black/white, long/short hair. 951-813-6516.

KITTLES, rescued. Beautiful, all ages. All full of love! Give them the wonderful homes they deserve. Adoption fee includes mediates.

KOI PONDS AND WATER GARDENS

service and maintenance, construction and design, commercial and residential. Koi-Koi Living Jewels' 20th year. 1975 Jamacha Road, El Cajon. Monday-Saturday, 10am-5pm, Sunday 11am-4pm. 619-441-9275.

LABRADOR, AKC, female, black, 8 months old, large, trained, housebroken, beautiful disposition, needs good home. Papers shots. Sacrifice \$300. 619-741-3350; 619-

LABS? Looking to adopt a goofy Lab or pup? Contact Aubree at 619-990-7455 with pup? Contact Audiee at 0.19-000-7-000 http:// Labs & Friends Rescue or log onto www labradorsandfriends.org to see our adopt-

LOOKING FOR A COMPANION? Check out www.petfinder.com, the temporary home of adoptable pets and adoption groups. Search by breed, age, sex, and location.

LOST. \$1000 reward for red bishop/orange weaver (Finch). Nancy is yellow/gold and brown, white tummy, yellow/gold eyebrows. Feathers missing. Call Carrie, 201-739 PIT BULL PUPPY, \$100, 6 months, female

red nose purebred, parents on site, spayed, shots, friendly, happy, great with children. Price negotiable; good, loving home, 619-

**PITBULL,** older puppy, 9 months, spayed female, coffee brown, velvety fur, gentle, affectionate nature, healthy. Very trainable to loving home. Rescue group. \$25/donation, 619-267-6722. PUPPIES. PUPPIES. PUPPIES! If you are

looking for a new companion, contact Animal Sanctuary at 619-231-6960.

REPTILE ENCLOSURES. 7 different sizes. Accessories included. \$50 to \$125 each, 858-401-9398.

S.N.A.P. (Spay Neuter Action Project) is looking for foster homes to take care of some of our small dogs until they find forever families. If you're interested please contact Dorell at 760-815-0945. SMALL DOGS. If you have been looking for that special, small, furry 4-legged friend contact us! 619-231-6960.

TERRIER MIX. Neutered, 4 years old. Eight pounds of spunky. Beige, scruffy fur. Likes non-macho dogs. No small kids, \$100, 619-466-0426.

WANT A DOG for just the weekend? We have weekend foster opportunities for small or big dogs, puppies, adults, or seniors de-pending on what suits you. Contact the baga Animal Sanctuary for more information, 619-231-6960 or 858-270-4056.

231-6960 or 858-270-4056.

YOUNG DOGS. We have quite a few 3.5-4 months old looking for forever homes. They are all mutts but mostly shepherd or Labrador mixes with gorgeous markings. If you're interested in adopting a new companion, contact the Baja Animal Sanctuary for more information, 619-231-6960.

hips & waistline • Detoxify • Get rid of S10 OFF FAT BURNER WRAP, DOUBLE MINERAL WRAP or AIRBRUSH TAN 25, **SUDDENLY SLIMMER THE** Body Wrap

Lic. #2006010764

Major credit cards. http://ca.local.yahoo.biz/

CHULA VISTA. Downstairs studio, \$725/ month. Utilities included. New carpet/paint/

CITY HEIGHTS. \$1075 rent, \$800 deposit

CITY HEIGHTS. \$750. 1 bedroom apartment. Very clean! Newer carpet and paint! Move-in special! Don't miss it! 4468 Winona Avenue. Agent, 619-820-2584.

CITY HEIGHTS. \$750. 1 bedroom, 1 bath upper unit. Gated, parking, on-site laundry. 4122 39th #5. Agent, 858-560-1178.
CITY HEIGHTS. \$795. 1 bedroom. Gated. Laundry. Parking. No pets. Available now. 4153 42nd Street #8. Agent, 858-514-8201.

CITY HEIGHTS/OAK PARK. \$1195. Up-

CLAIREMONT. \$875 rent. Studio with parking. Pool on site. Laundry. On very nice, quiet street. 5150 Balboa Arms Drive. Call Tia, 858-571-0104. kandrproperties.com.

**CLAIREMONT.** \$875. Upstairs 1 bedroom, senior complex. On bus line. Laundry. No pets. Available October 1. By appointment only. Call 858-735-4099 or 858-560-8362.

CLAIREMONT. Free daily continental breakfast, HBO, concierge service, maid/linen service! 6-12 month lease discounts! Furnished studios from \$395/week; \$1195/month! Corporate housing available. Utilities included! Microwave. Mini-refrigarator. Laundry, Pool, spa. Central location. Garden surroundings. Parking. No pets. California Suites Hotel. 5415 Clairemont Mesa Boulevard. 888-475 7147, www.sdreader.com/news/rent2035.

CLAIREMONT/KEARNY MESA. Wexford Manor. Large 1 and 2 bedrooms in beautiful complex with pool, spa, laundry, air conditioning, dishwasher. Sorry, no pets. \$1050-\$1375. Photos at www.WexfordLiving.com. 7870 Stalmer Street. 858-277-4843.

**COLLEGE AREA.** \$1100. Deposit. Gigantic 2 bedroom, 1 bath. 900 square feet. Garage. Fireplace. Patio. Laundry. No pets. Nonsmoker. No Section 8. 5940 Streamview.

COLLEGE AREA. \$775. 1 bedroom 1 bath

COLLEGE AREA. \$775. 1 bedroom in nice community. Pool, laundry, barbecue. Close to SDSU and all conveniences. No pets. 4333 College Avenue. 619-287-8380.

COLLEGE AREA, \$775. 1 bedroom. Near shops. Laundry room. No pets. 6769 El Cajon Boulevard. Apartments in rear courtyard. 619-464-0901.

COLLEGE AREA. \$935. 2 bedroom, 1 bath apartment, new paint, appliances, 1-car garage available. Fee. Free search at www. westsiderentals.com. 619-367-3333.

**COLLEGE AREA.** 1/2 off first month's rent! 1 bedroom from \$950. Free credit application. bedroom from \$950. Free credit application. \$100 military discount. Internet access. Gournet kitchen. Microwave. Gas range. Air conditioning/heating. Walk-in closet. Controlled access. Free poolside Wifi. Barbecue/picnic areas. Cat friendly. Parking. Walking distance to campus. Near bus, trolley. Azer Pacific Apartments, 663 Montezuma Road. 1-800-433-6120. www.pacificliving.com. www.sdreader.com/news/rent1042.

COLLEGE AREA. 2 bedroom, 1-1/2 bath townhouse, \$1150. On approved credit. Gated entry, laundry, air conditioning. Assigned parking. Pool. Cat OK. 4601 63rd Street. 619-229-9248.

COLLEGE AREA. From \$1195-\$1495. 2 bedroom, 2 bath condos. Balcony/patio. Gas stove, microwave. Central air/heat. Dishwasher. Washer/dryer hook-ups. Gated. Pet on approval. Near all/golf course. 619-285-3822.

COLLEGE AREA. Upper 2 bedroom, 2 bath condo, 5540 Lindo Paseo #11, \$1850 month to month. Marble counters, tandem parking, steps from SDSU. People Helping Others Property Management, 619-282-5400. www.peoplehelpingothers.com.

COLLEGE. 1 week free rent! 2 bedroom condo. Pool, gated complex, underground parking. Chrome appliances/fittings kitchen/bathroom. Small dog allowed. Available 10/1. \$1400/month. 619-265-1260.

COLLEGE/TALMADGE. 1 bedroom, \$775; 2 bedroom, \$925. Large, lower units with courtyard setting and barbecue area. Coin laundry on site. Near SDSU. Agent 619-296-3189.

DEL CERRO/SAN CARLOS, Option to buy. 2 master bedroom suites, 2-1/2 bath. Fire-

DEL MAR. Block to ocean! 2 bedrooms \$1725, \$1865 and \$1895. Gated, nonsmok-

ing community. Free cable, pool, spa. No dogs. 201 Fourth Street. 858-481-9585 DOWNTOWN. \$1493. Loft, 1 bath apartment spectacular views, walk-in closets, centra

speciacular views, wark-in closers, certifa heat/air, stackable washer/dryer, 770 square feet. Fee. Free search at www westsiderentals.com. 619-367-3333.

DOWNTOWN, \$1650, 2 bedroom, 2 bath condo, 2-car parking, balcony, in-unit washer/dryer, island bar. Fee. Free search at www.westsiderentals.com. 619-367-3333.

Granite countertops, marble and carpet flooring. Air conditioned. Washer/dryer. 5th floor, Walk to Petco Park. 1480 Broadway #2521. www.utopiamanagement.com. 858-598-1111 x193.

DOWNTOWN. \$2150. 2 bedroom, 2 bath condo. 2 parking, near Petco Park. Washer, dryer, refrigerator. Fireplace. 5th floor, balcony. Tile/wood floors. Marble/granite. New

DOWNTOWN, \$2400, 2 bedroom, 2 bath condo, 2-car parking, washer/dryer, city views, pool/spa deck, barbecue, fitness, clubhouse. Fee. Free search at www.westsiderentals.com. 619-367-3333.

DOWNTOWN, \$540 and up plus deposit Furnished room available in residential hotel with shared kitchen/bath. Includes microwave, refrigerator, cable TV. 1545 Second Avenue, between Beech and Cedar.

DOWNTOWN. \$675. Studio, 1 bath apartment, great views, all utilities paid, nea Petco Park, controlled access building. Fee Free search at www.westsiderentals.com

**DOWNTOWN.** \$750. 1 bedroom, 1 bath apartment, cat OK with deposit, hardwood floors, paid water/trash/gas. Fee. Free search at www.westsiderentals.com. 619-

307-3333.

DOWNTOWN. \$800, studio. \$950, 1 bed-room apartment: Hardwood floors, quiet complex, gated parking, remote entry, laun-dry on premises. No pets. 1830 Market Street. 619-405-7368.

DOWNTOWN. Attractive rooms. Shared bath.
Utilities included! Near City College! \$450-\$595/month. Weekly rates from \$125! 719
14th Street, Villa Victoria. Hughes Management, 619-231-2385. www. HughesManagement.net.

**DOWNTOWN.** Beautiful building, new furnished rooms. Refrigerator, microwave, TV, cable. Starting at \$175 weekly. 920 Beech Street. Call 619-234-1952.

DOWNTOWN. Brand new rooms near City College. Single rooms with kitchenettes from \$140/week plus deposit (long-term). Includes titllites/cable. Quiet, secure. Shared bath/laundry. Hotel Mediterranean. 619-231-.hotelmed-sd.com.

8656. www.hotelmed-sd.com.

DOWNTOWN. Comfortable rooms, \$450/up. Studios, \$650/up. Near Gaslamp District. Very quiet and clean. Free cable TV, on-site laundry, vending machines, community kitchen, shared bathrooms. Near shopping, restaurants, movie theatres and Horton Plaza. No pets. Arlington Apartments, 701 7th Avenue. Hughes Management. 619-231-2385. www.HughesManagement.net, www.sdreader.com/news/rent2097.

DOWNTOWN. Cozy rooms. \$450-\$625. Very

sdreader.com/news/rent2097.

DOWNTOWN. Cozy rooms, \$450-\$625. Very comfortable, convenient location, historic building near C Street trolley. Choice of shared or private bathrooms. Free cable TV, on-site laundry, vending machines, modern elevator, no pets. Southern Hotel, 1159 6th Avenue at B. Hughes Management, 619-239-3808. www.HughesManagement.net, www.sdreader.com/news/rent2099.

DOWNTOWN. Economical furnished rooms \$450-\$550, best price, save money. Conveniently located on C Street trolley line, near restaurants, free cable TV, shared bath-rooms, on-site laundry facilities, vending ma-chines, elevator service, no pets, 636 C Street (between 6th and 7th), C Street Inn, Hughes Management, 619-234-4165. www. HughesManagement.net, www.sdreader. vianageme /s/rent2098

DOWNTOWN. Fully furnished studios with utilities included. Rates start at \$160/week. Free wireless Internet. Baltic Inn: 521 6th Avenue. 619-237-0687. www.

enue. 619-237-0687. www.
affordablehousingsd.com.

DOWNTOWN. Furnished studios. From \$59/
daily, from \$210/weekly rates! Ideal, affordable, short-term stays. Private bathroom,
kitchenette, microwave, refrigerator, cable
TV. Air conditioning, laundry, voice mail.
High speed Internet. Food service daily.
Near trolleythus/freeway. Balhoa Park Near trolley/bus/freeway, Balboa Park Gaslamp. West Park Inn, 1840 4th Avenue www.westparkinn.com. 619-236-1600. www sdreader.com/news/rent2037.

DOWNTOWN. Gaslamp area. \$425-\$550. Community kitchen, shared bath, on-site laundry, vending machines, no pets, Star Hughes Hughes Management. www.HughesManagement.

**DOWNTOWN.** Outstanding furnished rooms

DOWNTOWN. Outstanding furnished rooms, \$450.\$50. Heart of Gaslamp. Shared bath-rooms. Community kitchen. Free cable. No pets. Windsor Hotel, 843 4th Avenue. 619-235-6068. Hughes Management. www. HughesManagement.net. DOWNTOWN. Premier location. Furnished studios with full baths, from \$199/weekly. Two award-winning buildings to choose from with 24-hour staff, gyms, laundry rooms, sun-decks. Free wireless Internet. Island Inn: 202 Island Avenue (Second and Island). 619-Island Avenue (Second and Island), 619-232-4138. J Street Inn: 222 J Street, 619-696-22. www.affordablehousingsd.com.

**DOWNTOWN.** San Diego's first hip hostel hotel. From \$49/night. Weekly rates from \$37.14 tel. From \$49/might. Weekly fates from 153.7 Free wireless Internet. Near bus/ trolley. Flat screen TVs. European-style de-tached bathrooms. Shared eat-in kitchen. Restaurant serving breakfast, lunch and din-ner. 500 West Hotel. 500 West Broadway. Toll free: 1-888-895-0875. www. 500WestHotel.com, www.sdreader.com/

DOWNTOWN. Studios with kitchen and bath, \$625-\$700. Single room with private bath-room, \$550-\$595. Nonsmoking. No pets. 10th and E Street. Hughes Management, 619-239-1639 www. HughesManagement.net.

DOWNTOWN/CORTEZ HILL, Studio, \$785 and up. Limited access building, charming quiet, residential neighborhood. Utilities paid. On-site laundry. No pets. EOH, 619-909.87/6.

DOWNTOWN/EAST VILLAGE. Newly re modeled rooms available for weekly/monthly rentals, \$500/up plus \$300-\$400 security. Controlled access, shared bathrooms, kitchens. Full size beds. Laundry facility. Patio area. Palms Hotel, 619-233-0408.

DOWNTOWN/EAST VILLAGE. Septembe DOWNTOWN/EAST VILLAGE. September move-in special Only \$431-\$5736/month with 12 month lease! Utilities included! Office to most daily 8am-0pm. Near Petco Park, bus/ trolley. Fully furnished. Bay/ballpark views. Underground parking. Air conditioning. Laundry. Internet. Clubhouse/library. Income qualify! Island Village. 1245 Market Street. For details, 1-800-351-0613. www.sdreader.com/news/feral/2070.

DOWNTOWN/GASLAMP. Free 32 inch flat screen TV with 13 month lease 41600 400 DOWNTOWN/GASLAMP. Free 32 inch flat screen TV with 13 month lease! \$1600. \$99 deposit. Live/work lofts. Open floorplan. Pets OK. On-site parking available. On-site property manager. Telephone-entry keyless access system. Laundry facility. Cable ready. High speed Internet capability. Hardwood floors. Generous closet space. Dishwasher, electric range, stove, refrigerator. Central air/

1 extra-large, 3 large, 5 medium & 10 small boxes

heating. Exposed duct work. High ceilings. Floor-to-ceiling windows overlooking Horton Plaza/Downtown. Call today, 619-231-1333.

DOWNTOWN/GASLAMP. Move-in Specials. DOWNTOWN/ SASLAMP. MOVE-in Specials: Live/Mork Lofts in the heart of The Gaslamp! Roof decks with barbecue. Laundry on every floor. Parking available. Seven locations Downtown. Select pets OK. Visit loft leasing office: 315 Fourth Avenue. 619-231-1505 x12. www.finlogymanagement.com. Also visit www.sdreader.com/news/rent2064.

DOWNTOWN/LITLE ITALY. Comer studio, \$895. Rooftop penthouse, 900 square feet, \$1395. 9' ceilings. Ideal location. Secure, quiet building with laundry. 1534 Front, near Beech. 619-233-7428.

DOWNTOWN/LITTLE ITALY. From \$800/ month. Private bath, cable TV, microwave, refrigerator. Utilities included. Secure, quiet, charming. Efficiency apartments with laundry. Near trolley/bus lines, blocks from harbor. On-site manager. Villa Caterina, 1654 Columbia Street. 619-232-3400.

DOWNTOWN/GASLAMP. Las Flores Hotel. Small, quiet. \$125/week and up. Four-week minimum. Color TV with basic cable. Refrig-erator in most rooms. Secure. 619-235-6820.

bowntown/Little ITALY. 1 bedroom, 1 bath, 17th floor, outstanding views. Underground parking. 2 blocks court, Little Italy, bay. Custom mirrors/windows/sound. \$2300,

**EL CAJON.** \$1050. Half off first month! Spacious 2 bedroom. 2 bath. New carpet and cious 2 bedroom, 2 bath. New carpet a paint. Central heat/air, dishwasher. Pa Community laundry. Parking. No pets. 444 Ballantyne. 619-440-1909.

EL CAJON. \$655. Studio. Beautifully maintained apartments with sparkling pool. No pets. 234 West Park Avenue. TPPM, 619-850-9722. www.palmtowers.com.

EL CAJON. \$725. 1 bedroom in very well-maintained pool/courtyard complex. Super clean apartments. No pets. 314 Wisconsin Street. TPPM, 619-742-7600. www.

**EL CAJON.** \$755. 1 bedroom. Attractive, well maintained property with beautiful courtyard. Gated access and quiet location. 340 Orlando Street. TPPM, 619-818-9939. www. northwindapts.com.

**EL CAJON.** \$775. Clean 1 bedroom, 1 bath apartment. Gated parking. Pool. Laundry room. Barbecue area. Central heat/air, stove, refrigerator, ceiling fans. Lease. 619-312-

EL CAJON. \$800. Large 1 bedroom 1 bath. Air conditioning, patio/balcony and outside storage. Pool, jacuzzi. Gated community. Call 619-444-5799. www.sdaptbrokers.com.

**EL CAJON.** \$835. 2 bedroom. El Cajon's best maintained property with beautiful courtyard and sparkling pool. No pets. 1072 E. Madison Avenue. TPPM, 619-444-1614. www. fourwindsapts.com.

EL CAJON. \$850. Large 2 bedroom, 1 bath, upstairs. Carpet, dishwasher, gas stove. Laundry room. 1 assigned parking. No pets. Section 8 OK. Another apartment downstairs same amenities, all newly renovated, \$920. 1423 Peach Avenue. Phillips Realty, 619-291-6686.

EL CAJON. \$900/up. 2 bedroom, 1 and 2 stories. Amenities. Pool, park-like grounds, parking. Near town, shops, bus. 743 South Magnolia Avenue. Call 619-579-0174, 619-

EL CAJON. \$950. Spacious 2 bedroom, 1 bath, dishwasher, air conditioning, balcony, barbecue area, pool. Cat welcome. Call 619-447-1880. www.sdaptbrokers.com.

**EL CAJON.** 1 bedroom, \$795. 2 bedroom, \$965. \$200 off first month's rent, OAC. Smaller, quiet community. Patios, balconies around nice courtyard. Pool area. Cats wel-

2 Rolls of Tape

2 Rolls of 55-yard tape

**Box Marker** 

come on approval. Section 8 OK. Villa Mollison, 991 North Mollison. 619-588-1780.

EL CAJON. Cajon Villa. \$1000. Deposit \$500. 2 bedroom, 2 bath. Pool. Parking. Air conditioning. Laundry room. No pets. Available 9/15. 933 Peach Avenue. 619-447-9193.

19. эзэ геасп яvenue. 619-447-9193. EL CAJON. Call about our move-in special! OAC. Spacious 1 bedrooms. \$800/month. Air conditioning, large closets, dishwasher, patio, pool, barbecue area. Call 619-588-1126. www.sdaptbrokers.com.

EL CAJON. Fabulous 7 Motel. Furnished rooms starting at \$225/week. Parking. Pool Cable. Maid service. Laundry. 24-hour security. 1527 East Main Street, 619-442-0457.

III. 102/ Last Main Street. 619-442-0457.
EL CAJON. Just \$800, 1 bedroom. Air conditioning, appliances, laundry on-site, pool, off-street parking. Near restaurants, theater and shopping. Lushly landscaped. No pets. 619-334-7934.

EL CAJON. Very clean 2 bedrooms starting at \$895. \$300 move-in special! Private pa-tios. Close access to freeway and minutes to shopping, on-site parking and laundry. 432 Dominguez Way. TPPM, 619-405-4500.

EncInitas. \$895 & up. Sick of roommates? Cozy beach trailers in quiet park. Near beach, Coaster, restaurants, shops. 152 North Coast, Highway 101. 760-753-4101.

\$1595 for a new 3 bedroom, 2 bath condo from now until the end of October. All new stainless steel appliances, full size washer stainless steel appliances, full size washer and dryer and one car garage, Qualify today and receive \$300 off your move-in. Come visit the community today and see if Citrus Court is the right fit for you. Pet friendly (size, breed restrictions apply). 485 N. Citrus Avenue. citruscourtcondos.com. Monday-Friday 9am-6pm and weekends from 10am-5pm, 760-489-1349.

FASHION VALLEY. \$1250. Large 2 bed-room, 1 bath apartment. Huge walk in closet. Dishwasher. On site parking. Balcony. No pets. 5720 Gaines Street. 619-299-3477.

FASHION VALLEY. \$1495. 2 bedroom Lux-ury Bluffs condo. Best location in resort com-plex. All appliances, amenities, 2 walk-in closets, free cable. Quiet park-like setting.

FASHION VALLEY. \$1600. 2 bedroom, 2 bath. Fireplace. Washer/dryer. New paint/ new carpet. Available now. 5645 Friars Road. www.stevenleeproperties.com. 619-

FASHION VALLEY/USD, \$1325 rent, \$800 deposit, OAC. Large 2 bedroom 2 bath. Parking, laundry. No pets, at 1340 Eureka Street #35, 619-298-5820.

FASHION VALLEY/USD. \$1050 rent. \$800 deposit. OAC. 2 bedroom. 1 bath apartment. deposit. OAC. 2 bedroom, 1 bath apartment. Parking for 2 cars. Laundry. No pets. 5550 Mildred Street. #1. 619-291-1755.

FLETCHER HILLS. \$1795. 3 bedroom, 2 bath story condo. Fireplace, air conditioning, washer/dryer, patio, 2 car garage. Pool. No pets. 1452 Swift Lane. 619-698-6911.

**GOLDEN HILL,** Charming 2 bedroom, 1 bath. \$1095. Hardwood floors. Great neighborhood, laundry on-site. No pets. Available 10/1. 2412 E Street. 619-857-3706.

GOLDEN HILL. \$1100. Upstairs 1 bedroom apartments. Patio. New carpet, paint. All ap-pliances. Pets negotiable. Available now. 1231 28th Street. Agent for appointment, 619-871-8915.

619-871-8915.

GOLDEN HILL. \$1150. 2 bedroom, 1 bath second-floor apartment. Huge closets with mirrored doors. Berber carpet, wood blinds, ceiling fan. 1 off-street parking. 811 26th Street #1. Andy, 619-559-5423.

GOLDEN HILL. \$1150. 2 bedroom, 2 bath condo. New carpet, flooring, paint. Balcony, dishwasher, fireplace, underground parking. Available immediately. 3093 C Street

GOLDEN HILL. \$1500. 3 bedroom, 1 bath townhome. Contemporary setting, fully re-modeled, stainless steel appliances, gran-ite counter tops. Upstairs patio. 1300 square feet. Minutes to downtown. Garage. Laundry facility. Security entry. 619-247-

(327. Golden Hill. \$1600. 3 bedroom 2 bath apartment. Upstairs. 1335 square feet. Washer/dryer hookups. Convenient location. No pets. 1211 28th Street. Agent 619-469-7790, www.westmanproperties.com.

GOLDEN HILL. \$825. 1 bedroom, 1 bath apartment. Patio, fenced yard. Close to all. 2528 'C' Street, #11. www.centrecity.net.

GOLDEN HILL. 2 bedroom, 2.5 bath town-home. \$1995/month; deposit \$1995. 2-car garage. Upgraded. Available now. 1504 square feet. 2761 A Street #402. v@sdcpm. net. SDCPM, 619-220-4840.

**GOLDEN HILL.** Free, one week! 1 bedroom, 1 bath \$850. \$1100, 2 masters bedrooms, 2 bath. New carpet, tile, paint, appliances. 1010 33rd Street. 760-724-0558.

GOLDEN HILL. From \$775 studio, \$875 1 bedroom. Gated community, underground parking, laundry, dishwasher. No pets. 3013 C Street. 619-546-9852.

GOLDEN HILL. Ugly but goodie! 1 bedrooms, \$875. Cute inside, upgraded kitchen, wood-like flooring, on-site laundry. Some parking available. Pets considered. On bus line. 619-231-8723.

On bus line. 619-231-8723.

GOLDEN HILL / DOWNTOWN. \$250 off first month! 1 bedrooms starting \$1170. Free application fee. Views! Controlled access Washer/dryer. Dishwasher. Refrigerator. Stove/range. Microwave. Central air conditioning/heat. Rooftop deck. Spa. Outdoor barbecue lounge. Underground parking. Pet friendly! Golden Pacific, 1015 19th Street. Call today, 1-800-433-6156. www. pacificiliving. com. www.sdreader.com/news/rent2028.

HILLCREST. \$1000. 1 bedroom, 1 bath. Attached cottage situated in nice courtyard setting with lush landscaping. Hardwood floors. Walking distance to Baliboa Park and San Diego Zoo. Available 10/16. 3718 Park Boulevard #3728-1/2. www.cethron.com.

HILLGREST. \$1195 rent. \$800 deposit. OAC. Large 2 bedroom, 1-1/2 bath. Parking space #2. Laundry. Storage. No pets. At 3745 7th Avenue #2. Agent, 619-299-8515.

HILLCREST. \$1250 rent. 2 bedroom, 1 bath. Laundry. Parking. 6 month lease. 4226 Cleveland Avenue. Call 619-255-4944 or 858-490-1600. kandrproperties.com

808-490-1000. Agrardproperties.com. HILLCREST. \$1250. Extremely large 2 bed-room, 2 bath. Newly redecorated. Upper unit. New dishwasher, self-cleaning over Sheltered patio. Parking. Laundry. Near all. 1037 Essex Street. No pets. 619-692-0264.

HILLCREST. \$1295 rent. \$800 deposit. OAC. 2 bedroom, 2 bath. Parking. Hardwood floors. Laundry. No pets. At 1930 Georgia Court #9. 619-501-5542.

HILLCREST. \$1295. Extra large 2 bedroom 2 bath, all appliances, washer and dryer, upper, balcony, elevator, underground parking. 4155 Georgia Street #309. 619-297-7662.

### SERVICES









September blowout special Apartment Move-out Special \$4795

Bubble Wrap

Discount Box & Shipping Company

7465 Mission Gorge Rd. • 1-888-871-9602



Escondido

Lic. #162219

San Diego *Reader* September 25, 2008



"Yeah, the muffin-lady was kind of weird, but this turkey-drumstick-lady is whack."

HILLCREST. \$1400. Deposit \$1400. 2 bedroom, 1 bath. Cute, clean. New appliances. Above real estate office. No pets. Walk to shopping, restaurants and bus. Good credit a must! Lease. 3740 4th Avenue. 619-296-

With a modern flair. It's the next best thing to owning your own home. This newly remodeled lower level 2 bedroom, 1-1/2 bath apart-

ment home has undergone a complete re-model in excess of \$50,000. Designed by one of San Diego's premier interior decora-tors, this unit is sure to please. Incorporating the new with the original 1922 design has re-sulted in a classic rustic look but with all of the modern comforts. All new cabinets with granite countertops. Stainless steel appli-ances including dishwasher and micro hood. Natural stone flooring in kitchen and baths. Slate shower enclosure. Hardword floors in

the living room, dining room and hall. Plush carpet in the bedrooms. All new fixtures and hardware. Ceiling fans. New blinds and windows. Washer/dryer in unit. Includes a 1-car garage. One-year lease required. \$1000 deposit. Sorry, no pets. 3610-3616 Park Boule-yard at Brookes. Call 619-846-6615.

HILLCREST. \$200/week and up. Refrigerators, cable TV and HBO. Embassy Hotel 3645 Park Boulevard, San Diego 92103 619-296-3141.

HILLCREST. \$750. Studio. University Heights. Sunny, charming 30s style, separate cottage. Own street address. Open beam ceiling. Laundry. No pets. Agent, 619-542-1600 code 237.

HILLCREST. \$795. Sunny studio in charming gated Spanish building. Nice recently remodeled kitchen with new gas stove. Ceiling fan. Tile shower. Laundry on-site. 1830 Robinson Avenue. 619-298-1961.

HILLCREST. \$825. Remodeled 1 bedroom. Small complex. Off-street parking, laundry. Nonsmoking. Available now. \$825 deposit. Call 619-692-9584.

HILLCREST. \$850. Upper studio apartment. Pool, view, rec room. Sleepy Hollow Apartments, 4201 Sixth Avenue, #104. Call Cori at 619-298-1059.

hillLCREST. \$875. 1 bedroom. Senior 62 plus. Best deal in Hillcrest! Come make new friends at the Park Towers Senior Complex. Units are painted in designer colors. Range, refrigerator. Ceiling fan and air conditioning included. Bedroom has a walk in closet. included. Bedroom has a walk in closer. There is an activities room, elevator and on site laundry. Building is gated with intercom. Section 8 welcome. \$400 deposit. \$400 off first month's rent. 1220 Robinson Avenue. Cats and small dogs ok. Contact the resident manager at 619-291-7284. scott@hendershawandassociates.com.

HILLCREST. \$975. Studio, 1 bath apartment, hardwood floors, kitchen featuring stainless steel appliances, granite countertops, new cabinetry. Fee. Free Search at www. westeridarentals.com. 610, 267, 2023.

cabinetry. Fee. Free Search at www. westsiderentals.com. 619-367-3333.

HILLCREST. \$995. 1 bedroom. Senior (62+) or disabled. Available now. Parking. Close to shops and freeways. Small pet (25lbs) with deposit. Hillcrest Regency, 1050 Essex Street. Call Daniel, 619-294-4146.

Street. Call Daniel, 619-294-4146.

HILLCREST. 1/2 off first month! \$995. Extra large studio. Appliances. Large private backyard. Deck with fantastic view. Parking. Near all. Pet OK. 340 University Place #A. 619-804-3325.

hillLCREST. Hillcrest Palms. Senior complex, 55+. \$900. 1 bedroom apartments. Gated community. Convenient location. No pets. hospitals, restaurants, shopping. No pets. 4042 Albatross Street. 619-574-0784.

HILLCREST. Spacious 1 and 2 bedrooms!
Berber carpet, fireplace, spa, gym, intercom
and elevator. Sorry, no pets. Hillcrest Summit, 4134 4th Avenue. See photos at www.
WexfordLiving.com. 619-299-0047.

HILLCREST. Starting at \$950. Extra large studio and 1 bedroom near Balboa Park. Appliances, hardwood floors, walk-in closet, laundry. Pet ok. 2311 4th Avenue. 619-804-

HILLCREST. Upgraded 3 bedroom, 2 bath duplex tri-level, new paint, new carpet, bal-cony/kiew. On-site laundry. \$1825/month. 3767A Dove. No smoking. Available soon. 858-272-3113, 619-295-1160.

httl.LCREST/UPTOWN. \$1745. 2 bedroom, 2 bath. Third floor condo. Washer/dryer. All appliances. Parking. Pool. Air conditioning. 1250 Cleveland Avenue. Xilarent.com. 619-

imPERIAL BEACH. \$800. Ocean view studio. On the beach. Refrigerator. Stove. Pet? Laundry facilities on premises. Off-street parking. Available now. Seacoast Drive. 619-424-9233.

IMPERIAL BEACH. \$875-\$1100. Large 1 bedroom and 2 bedroom. \$600-\$800 deposit. Carpet. Laundry. Courtyard. Water/trash paid. Gated. No pets. 750 11th Street. KENSINGTON. \$1350. Very spacious 2 bed-

nensimetUN. \$1350. Very spacious 2 bed-room, 2 bath with balcony, air conditioning, new kitchen. Security building. Close to Downtown, Mission Valley and SDSU, Garage available. Sorry, no pets. 619-563-6069.

KENSINGTON. \$1500. 2 bedroom, 2 bath. Remodeled apartment. Beautiful upgrades. Stackable washer/dryer. Garage. Available 10/01/08. 4561. Terrace Drive #4. www.

KENSINGTON/CITY HEIGHTS. \$1000. 2

LA COSTA/CARLSBAD. \$1350. 1/2 off first month with 12 month lease. Quiet 3 bed-room, 2 bath apartment. Vaulted ceiling. New carpeting. Assigned parking. Indoor cat OK. Off La Costa Avenue, near golf course. 760-

LA COSTA/CARLSBAD. \$1495. Super deluxe 2 bedroom, 2 bath with all amenities in beautiful development near La Costa Golf Course. Fireplace, washer/dryer, air conditioning, pool/spa/sauna. 2371 Caringa Way Alicante Views. Open daily. TPPM, 760-431

LA COSTA/CARLSBAD, \$1650, Supe cleux 3 bedroom, 2 bath with all amenities in beautiful development near La Costa Golf Course, Fireplace, Washer/dryer, Air conditioning, Pool. Spa. Sauna. 2371 Caringa Way, Alicante Views, Open daily. TPPM, 760-431-7575. www.

LA JOLLA VILLAGE. \$3200. 2 bedroom, 2 bath. See waves from 2 million dollar ocean view penthouse, balcony, pool, spa, sauna. Secured. 400 Prospect #2A.

858-454-7400.

LA JOLLA VILLAGE. Stunning oceanfront 240 degree views I Best location! 2 bedroom apartment facing ocean. Hardwood floors, multiple decks, sunsets, gardens, barbecues. Furnished/unfurnished. Utilities/cable/internet optional. \$2950-\$3200 including garage. Laundry. Terms negotiable. 616 Prospect Street, Open house Sunday 9/28/08, 1-4pm. In eden. 858-869-5746.

LA JOLLA. \$1025. Lovely studio apartment, 1-1/2 blocks from ocean, large living room/bedroom combo, full kitchen and bath, small dining area. 396 Kolmar Street #3. www.centrecity.net. 619-296-6699.

LA JOLLA. \$1150, 1 bedroom. Upstairs. Hardwood floors. Garden setting. New windows. Laundry. Walk to shops. No pets. 7555 Herschel Avenue. 858-459-

Near UCSD. Stackable washer/dryer in unit. Parking. Available now. 7847 Camino Tranquilo. www.stevenleeproperties.com. 619-

LA JOLLA. \$937. Affordable Income Program. 1 bedroom. Qualifications: tenant income cannot exceed \$35,950. Must have excellent credit. Cannot own real estate or be full-time student. 5538 La Jolla Boulevard #2D. TPPM, 858-699-3851.

LA JOLLA. Studio or 1 bedrooms starting at \$1179. Carport available. Laundry, pool, tropical and 1/2 block to beach. 365 Bonair Street, 858-536-1900.

Eastbluff. 619-788-2/2.0.

LA JOLLA/BIRDROCK. \$925. Studio with full kitchen. Stove, refrigerator. Upstairs. Shared courtyard. Coin laundry. Cat OK with additional \$300 deposit. Close to shops and restaurants. Available 10/26. 415 Colima. 858-270-2071. Del Sol Property Management Perker wave delsepton com. ment, Broker. www.delsolpm.com

LA JOLLA/UCSD AREA. \$1875. 2 bedroom 2 1/2 bath townhome. Stove, refrigerator, dishwasher, microwave, washer/dryer in unit, fireplace, wood floors, 2 balconies. Patio with fountain, attached 2 car garage

Community pool/hot tub and tennis courts. Available now. 8443 Via Mallorca, 858-270-2071, Del Sol Property Management, Bro-ker, www.delsolpm.com.

LA JOLLA/UCSD, \$1295. Walk to beach. Bright clean 1 bedroom condo, storage area, large balcony, on-site laundry, security, reserved parking, pool. 619-379-3337, 619-246-6402.

LA JOLLA/UTC. \$1200. 1 bedroom, 1 bath duplex, hardwood/carpet floors, 1-car parking, refrigerator, stove, microwave, paid water. Fee. Free search at www.westsiderentals.com. 619-367-3333.

LA JOLLA/UTC. \$1645. 2 bedroom, 2 bath r parking, balcony, central air triplex, 2-car parking, balcony, constant washer/dryer, pool, exercise room. Fee Free search at www.westsiderentals.com.

LA JOLLA/UTC. \$1800. 2 bedroom, 2 bath, refrigerator, stove, microwave, dishwasher, washer and dryer in unit. Central air. Community pool/hot tub. Available now. 858-525-5554

5554.

A JOLA/UTC. \$1950. Luxury 2 bedroom, 2 bath condo. Beautiful fountain, palm views; quiet. Washer/dryer. 2 parking spots, includes water, cable. (Furnished \$2150). 858-922-2536. jonathan.d.nelson@gmail.

LA JOLLA/WINDANSEA. \$1675. 2 bedroom 2 bath, large upstairs end unit, stove, refrigerator, dishwasher, microwave, private balcony, wood floors, garage plus parking space, coin laundry. Near Windansea Beach. No pets. Available 10/10/08. 6237 La. Jolla Boulevard. 858-270-2071, Del Sol Property Management, Broker, www. delsolpm.com.

LA JOLLA Shores, \$2700, 3 bedroom, 3 bath LA JOLLA Shores. \$27(U). 3 bedroom, 3 bath, 2-car garage, laundry, all appliances, quiet location. Pool, tennis. Close to beaches. Available 10/1. 7981 Caminito Del Cid. Alta Vista Properties, 858-274-3600. www. AltaVistaManagement.com.

LA MESA. \$1099. Large 1 bedroom condo. Air, Jacuzzi tub, tile floors, walk-in closet, large patio. Quiet complex, centrally lo-cated, pool, laundry. Pets OK. 619-787-

LA MESA. \$1150 rent. \$1000 deposit. Quiet, 2 bedroom, 2 bath duplex. No pets. Laundry hookups. 2 parking spaces. Small patio. 7752 Normal Street. 619-584-5900.

LA MESA. \$1395. 3 bedroom, 2 bath apart-ment, garage, pool, fireplace, laundry. 5530 Jackson Drive #4. AMI Property Manage-ment. 619-697-6314.

LA MESA. \$1795. 3 bedroom, 1 bath re-modeled house, hardwood floors, dual pane windows, country kitchen. Laundry hook ups. 3414 Trophy Drive. 619-698-6911. www.goldenmanagement.com.

LA MESA. \$775/month. Nice studio with pa-tio. Garage included. Call about our move-in special! OAC. 619-462-1550. www. sdaptbrokers.com.

La MESA. \$795 rent: Studio apartment. \$995 rent: 1 bedroom, 1 bath with garage. Laundry on site. Cat OK. 5027 Guava. Call Charlene, 619-980-0238. kandrproperties.

LA MESA. \$850/month. Large 1 bedroom apartment, dishwasher. Covered parking. Pool, laundry, Jacuzzi. Small pet upon ap-proval. 7506 Parkway Drive. Foreclosure-proof. 619-991-9665, 619-448-5592.

LA MESA. \$875 rent: 1 bedroom. Parking Pool. 5436 Vincetta Court. Call 619-417-4964. kandrproperties.com.

LA MESA. \$900. Half off first month on approved credit. 1 bedroom. Clean, quiet complex with pool, spa, community laundry, air conditioning, parking. No pets. 4850 Williamsburg Lane. 619-550-6712.

















Lic. #2007026557

## **Free** driver's education!

Also receive a free movie ticket when you sign up before the start of school That is an \$80 savings!

Teen classes: Sat. & Sun. 8:30 am-4 pm Adult classes: Mon.-Fri.

11 am-8 pm Computer Lab 7 days a week 10 years' experience.

619-460-4819 freeteendrivingschool.com

### **Tropical Oriental Spa Grand Opening!** \$20 off

1-hr. massage

Deep Tissue · Philippine Shiatsu · Swedish

5837 Mission Gorge Rd., Ste. C (Parking available in Mandarin Restaurant lot)

7 days 9 am-10:30 pm 619-563-0993 Lic. #008700

## NORTH PARK

Bring ad. Hot Baths/

**Body Scrubs** All Types of Massage Oriental #1 Spa 3134 El Cajon Boulevard 619-563-7949

(1 block west of 805) Free parking in back Open 7 days 10 am-11 pm New Management License #16467

## **Pacific Beach**

Lic. #2006012505

\$10 Off

Must mention coupon when makir appointment. Expires 10/31/08.



**Oriental Spa** & Hot Tub 858-274-5371

1943 Grand Ave. 9 am-10 pm • 7 days



# Natural Health Directory



The most effective new development in American healthcare is thousands of years old...

## Acupuncture

Treat physical, psychological and emotional problems. All types of pain, athletic injuries, stress, and digestive issues. 15+ years in practice.

Cheryl Warnke



7510 Clairemont Mesa Blvd. #104 San Diego, CA 92111-1539

858-576-7243

## New! Natural Health Directory Display Ads

### Special Promotional Rates!

Limited time offer.

Three display ad sizes currently available.

All display ads include a free classified

ad on sandiego.backpage.com

Deadline: 4 pm Monday

619-235-8200

Walk-in: 1703 India Street (at Date) Little Italy



### Mai Blossom Eco Salon

Using only natural, organic, nontoxic beauty products

1800 Rosecrans Street Point Loma (92106) (Across from Liberty Station) Call Mindy:

619-723-9046



## Free scalp massage & deep conditioning treatment

using PureOlogy products with haircut. For appointment, call Denise Sherman, Stylist/Colorist:

## colors

ASALON 726 N. Coast Highway, Encinitas 760-212-2224



## **Super healthy** products

Mangosteen is high in antioxidants and anti-inflammatory properties. NFW multivitamin with minerals formulated for men and women.  $NEW \ Glimpse^{\tiny{TM}}, \ pure \ holistic$ 

> www.diane.myjetstream.net 877-674-4280

> > Independent distributor



## Got Stress?

**Experience Zero Gravity** 

Recommended by doctors, sports trainers, and therapists, Mineral Spa Floatation Therapy is gaining popularity as a luxurious escape and powerful tool for strengthening the immune system and improving health. Proven benefits

· Stress reduction · Athletic performance enhancement Relief of chronic pain, gastrointestinal & cardiovascular ailments
 Reduction or elimination of harmful habits · Improved focus & creativity

Free aromatherapy gift to first 25 people who mention this ad!

Call: 858.279.3301 • E-mail: mark@floatspasandiego.com www.FLOATSpaSanDiego.com



# Hippyville.com Bohemian essentials

Natural Incense Imported Oils Eco-Friendly Hemp Fast Service

Inventory updated daily! 800-428-0473

> 10% Discount Code: SDR (Expires 11/1/08)



## **Detox Spa** of La Jolla

Let Us Be Your Personal Fountain Of Youth!

- · Colon Hydrotherapy
- Liver Detox
- · Lymphatic Decongestive Therapy
- · Cellulite
- Weight Loss

Cove Wellness 858-551-9228 www.detoxspaoflajolla.com





professional weight loss system Ultra Lite, developed by a naturopath in Australia, is now available in the U.S. Ultra Lite teaches you how to eat and properly combine foods to keep the body burning fat. Get started now to a healthier, happier lifestyle.

"I personally used this system to go from a size 14 to a size 6 in just 10 weeks."

— Jeanne Ames, D.C.

- · No meal replacements or special foods to buy eat real food
- No drugs or surgery
   No starving the body

858-279-7600 • www.DrAmes.net, click on Ultra Lite



## alternative to current funeral practices

Full service, socially responsible. Specializing in in-home funerals, church & gravesite services.

Thresholds Home and Family-Directed Funerals 619-390-1411 • www.thresholds.us

### Massage **Specials**

1 hour: \$70 • 1/2 hour: \$40

Discover what a great massage can do for you Conveniently located.
Walk-ins welcome.



Natural Health Center 619-226-0378

3143 4th Ave. San Diego, CA 92103



Relax, refresh and re-balance your mind and body at San Diego's premier

## European day spa in Little Italy!

- · Endermologie · Sudatonic body wraps
- Ionic foot bath detox Body treatments
- Pain management Infrared body wraps
- Massage Couples massage

## relaxationplus

1467 Kettner Blvd., downtown San Diego Open 7 days a week • Visa • MasterCard 619-295-5595 • www.relaxationplus.com



frozen yogurt and get a free small yogur with this coupon. Expires 10-31-08.

**Healthy Two** Two 24oz reg. smoothies for \$7.00

Fresh blended juices, wheatgrass, Wetzel pretzels, bagels, organic coffee, nutrition bars and more!





Feng Shui optimizes your surroundings for health, prosperity, relationships and more!

"The best Feng Shui expert in San Diego – San Diego Magaz

Full-service Feng Shui consultations workshops and certification



www.SanDiegoFengShui.com 858.454.7933















LA MESA. \$925. Spacious 1 bedroom, all new appliances, paint, flooring and blinds. Huge kitchen, wood cabinets. Near trolley and shops. 4610 Nebo Drive #4. 619-804-

LA MESA. \$950. Charming 1 bedroom. classic 1950s apartment. Located in the heart of the village of La Mesa is this charming apartment. This unit still retains its original hardwood floors and kitchen cabinets. Current upgrades to the unit include new paint in designer colors, new windows and

all new door hardware and updated light fix-tures. Property has on-site laundry and is tures. Property has on-site laundry and is close to many shops and restaurants. Sorry, no pets allowed. Available around the 15th of October, \$500 security deposit. Credit check required. 8447 La Mesa Boulevard at University. Please call between 9am and 5pm.\_\_call Scott at 619-846-6615. www.-@hendershawandassociates.com

LA MESA. 1/2 off 1st month. Spacious 1 and 2 bedrooms starting at \$825. All appliances, on-site laundry parking, barbecue area,

near SDSU. 7334 La Mesita Place. 619-804-

3325.

A MESA. Half off first full month's rent, OACI \$995. 1 bedroom. \$1200. 2 bedroom, 2 bath. Free credit check. New carpet. Pool saunas. Off-street parking. On-site laundry. Close to downtown La Mesa, trolley, shops and freeways. Cats welcome. Crestview Apartments, 4515 3rd Street. 619-465-9934.

LA MESA. Huge apartment homes in great La Mesa neighborhood. Storage space. Near shopping and public transportation. 1 bedroom, 1 bath \$925, 2 bedroom, 2 bath \$1200-\$1300. 2 bedroom townhouse,

### AUTOMOTIVE

200-\$1300. 2 bedroom townhouse 295. Community pool, laundry, covered rking. 619-697-3285. For photo, floor

## **MR International Auto Repair**

7030 Carroll Road • 858-455-5440

(Near Miramar Road)

Unlimited Mileage Warranty! Call for details. Your Friendly & Honest Auto Service Center





**Brake Special** AT \$69\* BETTER \$89\* BEST \$139

Front or rear. Call for details! Parts & labor. Resurfacing rotors additional for the \$69 price. \$89 or higher includes resurfacing rotors

30K/60K/90K Factory Service Starting at \$ 109\*4-cyl.
• Replace engine oil & filter • Check timing • Inspect air filter

• Rotate tires • Replenish all fluids • Inspect brake system & adjust brakes • Other services as needed

Manager's Special 1! Oil & Filter Change \$1488

Manager's Special 2! **Synthetic Blend Premium Oil Change** Includes filter and up to 5 quarts synthetic blend oil. \$3695\*
Most cars. Plus \$3.50 disposal fee.

**Water Pump** Starting at \$129\*4-cyl

Timing Belt
Starting at \$98\*4-cyl.

Rebuilt **Transmission** Parts extra. \$399\* Most cars.

**Head Gasket** Starting at \$199\* Labor only.

Clutch Special
Starting at \$180\*
Plus parts. Rear wheel.

"Check engine" light on? Free' Computer Scan



**New Axles** Starting at \$139\*\* Installed! Rebuilt available. Lifetime warranty.

Starters & Alternators

Starting at \$190 Installed. Most cars.

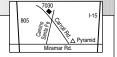
**Japanese Engine** Replacement Starting at \$1,025\*
6-cyl., 8-cyl. extra. Call for details

Fuel System Flush \$7595

### **ENGINE REBUILD - CALL FOR SPECIAL PRICE!**

Import & Domestic • Shuttle Service Available **TOWING AVAILABLE • 10% Military Discount** 

MasterCard / Visa / Discover \*Most cars



plans, map and directions, see website: www.sdreader.com/news/rent1035

LA MESA. Mellmanor Apartments. \$920/up, 1 bedroom. \$1220/up, 2 bedroom. Across Grossmont Center, trolley, Costco. Quiet, spacious units. Pools. 8750 Mellmanor Drive. 619-461-1940.

LA MESA. Villa Morocco. 2 bedroom town-home, \$1200. 3 bedroom, 2 bath, \$1425. Spacious. Near Grossmont Center. Great neighborhood. Near all! 5545 Morro Way.

LA MESA/CASA DE ORO. 1 bedrooms, \$945-\$995. 2 bedroom, 2 bath, \$1145-\$1195. 3 bedroom, 2 bath, \$1395-\$1445. Air/heat. Huge patios/balconies. Gated ac-Auririeat. Huge patios/pationies. Gated access and parking. Small pet OK. Elegant, sculptured courtyards with flower gardens, fountains, gas lamps, park benches. Charming, New Orleans ambiance, 3903 Conrad Drive. 866-894-6343. www.sdreader.com/news/rent1017.

spacious studios and 1 bedrooms starfing 8825-\$995. Open house Saturday 8am-5pm. Award winning community for beautiful landscaping. Pool and spa. Great location. No pets. 5500 Morro Way. TPPM, 619-466-8444 or 619-884-7900. www.

LA MESA/COLLEGE AREA, \$1050, Spa cious 2 bedroom, 1 bath. Clean, quiet, secure. Laundry on site with new carpet, paint. Completely remodeled If you can find one better, rent it. 7240 El Cajon Boulevard. Call Rachael 619-804-1044 or Mercedes 619-288-4731.

LAKESIDE. \$875. Utilities paid. Large 2 bed-room, 1 bath. Across from Lindo Lake Park, 12x17 bedroom, air, storage, laundry. No dogs. Yearly lease. 619-405-6159; 619-216-2240.

LAKESIDE. From \$730. Nice 1 bedroom in quiet 55+ community. Laundry, air conditioning, clubhouse. Parking. 12133 Rockcrest Road. 619-443-9611.

LAKESIDE for rent. Cottage/mobile home, 55+ community in beautiful park. 1 bed-room, 1 bath, \$797/month. Air conditioning, pool, clubhouse, laundry room. Available now. 619-443-3600.

LEMON GROVE. \$1050. Newly remodeled 2 bedroom 1 bath duplex. Gated yard. Gas stove, refrigerator, hardwood floors. Ceiling fans. Great location. 1916 Skyline Drive. 319-565-5641

LEMON GROVE. \$695 plus utilities. Very clean, quiet studio cottage. Walk-in closet. Private yard. Half mile/trolley. Parking. Nonsmoking. No Section 8. \$500 deposit. 858-

LINDA VISTA. \$695-\$1250. Studios, utilities included. 1, 2 and 3 bedrooms. Laundry, gated parking. \$400-\$800 deposits! No pets. Astro Vista Apartments, 2249 Ulric

LOGAN HEIGHTS. \$1650. 4 bedroom, 2-1/2 bath townhome. Washer/dryer hookup. Off street parking. No pets. Section 8 ok. 1149 South 41st Street #24. 619-640-7530. www.offcrent bath 21st Street #24. 619-640-7530. www.offcrent bath 21st Street #24. 619-640-7530.

MIRA MESA. Studios from \$1170.1 bedrooms from \$1325.2 bedrooms from \$1466. Wi-Fi hotspot! Pets well-come. Dishwasher. Washer/drye hook-ups. Central air conditioning heat. Patio/balcony. 4 laundry rooms 5 pools and spas. Fitness center Covered parking. Near I-15/I-805 www.gables.com. Gables

www.gables.com. Gables Summerset, 11102 Caminito Alvarez. 1-888-595-3318. www. sdreader.com/news/rent2128.

MISSION BEACH NORTH/PACIFIC BEACH. Furnished 2 bedroom 2 bath **BEACH.** Furnished 2 bedroom, 2 bath oceanfront boardwalk condo, 1000sf, oceanview, gated parking, pool. Available now. No pets. \$1975. abz715@ yahoo.com, 619-656-2539.

MISSION BEACH. \$1100. Furnished 1 bedroom apartment. Refurbished kitchen. bedroom apartment. Heturpished Micros. 50 yards from sand. Small patio. 1 parking space. Available now until April 2009. 858-

MISSION BEACH. \$1450. Large 1 bedroom, 1 bath house. Parking. No pets. Nonsmok-ing. Small patio/storage. Carpet/paint. Appli-ance. 725 Rockaway Court. Juno, 610.375.2455.

MISSION BEACH. \$1800-\$2000 2 bedroom, 1 bath apartment, loft style. Peek of the ocean and 100 feet from beach. Short/long

MISSION BEACH. \$1895. 2 bedroom, 2 bath. Steps to the Bay! Garage. Laundry. Kitchen includes stove, refrigerator, microwave. Newer, modern building. 841

Santa Barbara Place. Shore Management, 858-274-3500.

MISSION BEACH. Move-in speciall On the boardwalk! Newly renovated large 2 bed-room, 2 bath units. Luxury units for rent. Granite, Stainless steel appliances. Travertine tile. Everything new! Private balconies. new pool, security building/parking. 3790 Riviera Drive. \$2750. Manager at 619-247-

MISSION HILLS NORTH Historical residential area. 2 bedroom 2.5 bath apartment: \$1440/month, 1200 square feet, canyon view, quiet, parking. On-site laundry. No pets. 619-298-6436.

MISSION HILLS, SOUTH. Spacious 2 bedroom, 1-1/2 bath duplex. Fabulous view harbor, ocean. Garage. Deck. Laundry in unit No pets. \$1850. 3154 Horton. 619-291-8777. 619-929-7412.

MISSION HILLS. \$1175. 2 bedroom, 1 bath apartment. Patio view, laundry, parking, cat ok. 801 Torrance. AMI Property Manage-ment. 619-697-6314.

MISSION HILLS. \$1175. 2 bedroom, 1 bath apartment. Patio view, laundry, parking, cat ok. 801 Torrance. AMI Property Manage-ment. 619-697-6314.

MISSION HILLS. \$1195. Cute front duplex, 2 bedroom, 1 bath. New paint, tile floors, shared laundry. Small fenced patio. Pet negotiable. 3278 lbis Street. Agent, 619-463-2971.

MISSION HILLS. \$1200. 2 bedroom, 1 bath apartment, laundry onsite, storage and parking. Cat OK. 3224 Reynard Way. www. centrecity.net. Call 619-296-6699.

MISSION HILLS. \$1200/up. 1 bedroom, 1 bath. 2 bedroom, 2 bath. Laundry. Parking. Pets OK. La Paloma Apartments. Open daily, 1-5pm. 3911 Dove. 619-297-1134.

MISSION HILLS. \$1595. Near Little Italy Spectacular city and Bay views. Spacious 2 bedroom, 1 bath with garage, large deck, new carpet, stove, refrigerator, laundry facil-ity. No pets. 2805 Columbia Street. 619-988-0705; 619-298-3229.

MISSION HILLS. \$1695. Upper 2 bedroom, 2 bath condo, approximately 1000 square feet. Fireplace, washer/dryer, air conditioning, 2-car tandem garage. Heart of Mission Hills. Walk to all. Cat OK. 3963 Eagle Street, #8. www.centrecity.net. 619-296-6699.

msion HILLS. Awesome view of Downtown, skyline and bay. Fireplace, underground parking. Trilevel, 2 patios, 2 bedroom and 2-1/2 bath plus loft. Call nowl www. ApartmentFindersInc.com. 619-296-2727.

MISSION HILLS/HILLCREST. New, luxurious, very large 2 bedroom, 2 bath condos, \$2400. Designer kitchen, washer/dryer, HVAC, decks. Parking, security. Credit check. Open house Saturday, 1-4pm. 3972 Albatross. Broker, 619-293-3118 x5.

MISSION VALLEY. \$1060. 1 bedroom, 1 bath apartment, parking included, fitness center, fireplace. Fee. Free search at www. westsiderentals.com. 619-367-3333.

westsiuderentialis.com. 6 19-367-3533.

MISSION VALLEY. \$1195. Extra large 1 bedroom, 1 bath, gated, walk-in closet, all appliances, air conditioning, balcony, pool, spa, fitness room. 6780 Friars Road #248. 619-804-3325.

WISSION VALLEY. \$1495. 2 bedroom, 1.5 paths townhouse, close to freeways/dining/ pains townhouse, close to freeways/dining/ shops, refrigerator, stove, dishwasher, air conditioning. Fee: Free search at www. westsiderentals.com. 619-367-3333.

MISSION VALLEY. \$1750. 2 bedroom, 2 bathroom. Cozy condo features spacious walk-in closets in both bedrooms. Ceiling fans throughout. 2258 Gill Village Way #1016. www.utopiamanagement.com. 858-598-1111 x193.

MISSION VALLEY. \$2250. 3 bedroom. 2-1/2 bath. Washer/dryer, 2-car garage, patio. Gated community with pool. 7691 Hazard Center Drive. www.centrecity.net. 619-296-

MISSION VALLEY. \$2495. 2 bedroom plus office, 2 bath Escala Townhome. All upgrades, 2-car garage, fireplace, private balcony, good access to all in Mission Valley. 2674 Plantino Circle. Agent, 858-560-1178.

MISSION VALLEY, \$950. 1 bedrooms 1 bath condo available now. Upgraded units in complex. Pool, spa, billiards, coin operated laundry. Near shopping and SDSU. 619-469-0031.

MISSION VALLEY. Condo available 10/01/ 08. Beautiful 2 bedroom (upstairs den, third optional bedroom) 2.5 bath, 2-car garage. Washer/dryer. No smoking/pets. \$2600, 858-761-2539.

MISSION VALLEY. Summer special! From \$490/weekly, Renovated fully furnished stu-dios/suites! Pool, spa. Full kitchen. On-site ternet, cable-80 channels, HBO! Near SDSU, Qualcomm, more! Days Inn & Suites, 5343 Adobe Falls Road. 1-800-492-9471; 619-287-1911. SanDiegoHotelsDaysInn. com. www.sdreader.com/news/rent2139.

com. www.sdreader.com/news/rent2139.

MISSION VALLEY/TALMADGE/Kensington. Get up to \$250 off first month's rent! 1 bedrooms from \$1125. 2 bedrooms from \$1420! 3 bedrooms from \$1750. Gated community! Pool, spa. Free WiFi access. Outdoor billiards, barbecue lounge. Fitness center. Computer lab with printer. Laundry center with flat screen TVs! Parking. Pet friendly! Mission Pacific Apartments, 4454 44th Street. Call today, 1-800-372-9146. missionpacific\_pacificliving@crossfiremail.com. www.pacificliving.com. www.sdreader.com/news/rent1010.

MOUNT HELIX/CASA DE ORO. Move-in special, OAC! \$1125, 2 bedroom. \$1399, 3 special, OACI \$1125, 2 bedroom, \$2.5 bedroom apartment

\$845. Newly renovated. Gated community. Laundry facility. Available beginning of October. Hilltop Villa, 315 East 30th Street. 619-477-7442. www.melroyproperties.com.

NATIONAL CITY. 2 bedroom, 1 bath, \$875. Parking space. Water paid. 116 Palm Avenue. 619-474-4441.

NORMAL HEIGHTS, \$1050. North off Adams. Lower 2 bedroom, 2 bath, garage. Patio. Newer secure building. Laundry on-site. Appliances. New paint. 4743 Hawley Boulevard. 760-796-7685.

NORMAL HEIGHTS. \$100 off first month's rent! 1 bedroom, \$925 with \$700 deposit. Newly remodeled. Pool, barbecue, laundry. 4566 36th Street. Call 619-284-2104 or 858-401-3397. www.melroyproperties.com.

bath. New carpet, paint. Parking. Laundry. Available 10/15. 4640 Wilson Avenue #3. Agent, 858-514-8201.

Agent, 898-514-8201.

NORMAL HEIGHTS. \$1025. Spacious 2 bedroom, 1-1/2 bathroom. Lower. New carpet, vinyl and paint. Stove, refrigerator. Laundry. Parking. Pet OK. 4609 Bancroft Street #2. 619-804-3325.

Street #2. 619-804-3325.

NORMAL HEIGHTS. \$1300. Deposit \$1000. 2 bedroom, 2 bath. Garage. Refrigerator, stove. Close to all. No pets. Available 10/1. 4743 West Mountain View Drive. 619-226-7368 or www.bkbinc.com.

NORMAL HEIGHTS. \$745/month. Senior/disabled. 1 bedroom, 1 bath, first floor. New floors, small patio, elevator, laundry. Quiet. 3628 Monroe. Call 619-269-3487.

NORMAL HEIGHTS. \$750 rent. Studio Basic.

NORMAL HEIGHTS. \$750 rent. Studio. Basic utilities included. Street parking. Nice neighborhood. 3239 Collier Avenue. Call 858-490-1600. kandproperties.com. NORMAL HEIGHTS. \$800. \$800/deposit. 1

bedroom. Downstairs, refrigerator, stove, laundry. No pets. 4655 33rd Street #1. 619-226-7368, or www.bkbinc.com. NORMAL HEIGHTS. \$825.1 bedroom, 1 bathroom. Charming cottage in a tropical courtyard setting. Wood floors. Small patio/yard area. 3231-1/2 Adams Avenue. www. utopiamanagement.com. 858-598-1111, x193.

NORMAL HEIGHTS. \$895. 1 bedroom upstairs unit. Laundry. Parking. Available now. No pets. 4429 Idaho Street #8. Agent, 858-

NORMAL HEIGHTS. \$940. 2 bedroom. Spa cious. Pool. Off-street parking. On-site laun-dry. Close to major freeways. Sorry, no pets! 4841 West Mountain View Drive. 619-282-6440. Sunriseliving.com.

NORMAL HEIGHTS. \$950. Nice, clean, quiet 2 bedroom, 1 bath, downstairs, new paint, carpet. Well maintained. Refrigerator. Laundry on premises. No pets. Conveniently located. 619-563-0779.

NORMAL HEIGHTS. 1/2 off first month! \$775. Just off of Adams! Charming 1 bed-room 1 bath, lower, stove, refrigerator, laun-dry. New flooring. Parking. 4625 35th Street #4. 619-804-3325.

#4. 019-804-33:25.

NORMAL HEIGHTS. Large downstairs 2 bedroom, 2 bath. Air conditioner, fireplace, dishwasher, shared garage, private patio. Available 10/15. \$1295/month. 4621 32nd Street, unit #3. 858-483-5111 x10. www.

melroyproperties.com.

NORTH PARK. \$1025 rent. \$800 deposit.
OAC. 2 bedroom, 2 bath. Parking. Laundry.
No pets. At 4222 Alabama Street #10.

Agent, 619-299-8515.

NORTH PARK. \$1050. 2 bedroom, 1 bath. Clean, quiet, secure! Super location. On-site parking. New paint, has dishwasher, stove, refrigerator. Garbage disposal. 3 blocks to Balboa Park. If you can find one better rent it! 2902 30th Street. Call Rachael at 619-804-1044 or Jeff at 619-713-1044.

# **\$10 OFF** SMOG TEST

Valid on posted price. With this coupon. Expires September 30, 2008. We accept area competitors' coupons. We certify all vehicles.

## San Diego Smog Test Center Only

2912 Adams Avenue • 619-516-3536 • www.sdsmog.com Monday-Friday 8 am-7 pm, Saturday 8 am-4 pm, Sunday 9 am-3 pm



NORTH PARK. \$1150 plus deposit. 2 bed-room, 1 bath. Laundry on site. Off-street parking. Hardwood floors, plenty of storage. Pet OK. Near all freeways. 4336 Arizona

ret UK. Near all freeways. 4336 Arizona Street. Terry, 619-778-2830. NORTH PARK. \$1150. Extra large 2 bed-room, 1 bath. Gated. Stove, refrigerator. Mi-crowave. Laundry. New paint. Parking. Pet OK. 4185 Texas Street #1. 619-804-3325.

NORTH PARK. \$1185-\$1235. Upstairs 2 bedroom, 2 full baths. Large living room, stove/dishwasher, fireplace, balcony. Laundry onsite. Gated parking. Cat OK with despit. \$10,241,2506

NORTH PARK. \$1300. Spacious 2 bedroom, 2 bath. Garage. Dishwasher, fireplace, patio. New paint/carpet. Gated. Laundry on site. No pets. Available now. 4084 Hamilton Street #2. Agent, 619-298-7724.

NORTH PARK. \$530/month includes utilities. Bright, sunny, secure room in centrally located Victorian rooming house. No kitchen, shared bath/laundry. Small pet OK. 619-987-0001.

NORTH PARK. \$650. Small, lower 1 bed-room duplex. Stove, refrigerator, shared rear yard, street parking. Nonsmoking. No pets. Water/gardener included. 2909 Gunn Street.

NORTH PARK. \$750. Large 1 bedroom, 1 bath with new carpet. Parking and laundry. No pets. 3828 Cherokee #6. Call 619-222-4836 x14 or www.sunsetpacificrealty.com.

NORTH PARK. \$795 rent. \$800 deposit. OAC. 1 bedroom. Fourplex unit. New carpet. Laundry. No pets. At 4349 Arizona Street. Agent, 619-299-8515.

NORTH PARK. \$850. 1 bedroom, 1 bath apartment, recently remodeled. Tiled living room, kitchen, bathroom. Elevator, laundry facilities, security building. 3949 33rd Street #4. 619-962-1887.

NORTH PARK. \$850. 1 bedroom. Bright, upstairs apartment with huge closets in quie small complex. New designer carpet. Controlled access, off-street parking, coin laur dry. No pets. 4381 Utah. TPPM 619-296-8802.

619-296-8802.

NORTH PARK. \$850. Large lower unit with new carpet, coin laundry on site and parking. Sorry, no pets. Agent, 619-296-3189.

NORTH PARK. \$850. Studio with full-size kitchen. Plenty of closet space. Laundry room on site. 3949 Kansas #11. www. stevenleeproperties.com. 619-295-1161.

NORTH PARK. \$850. Studio. Large kitcher Plenty of storage space. Available now. 3949 Kansas. www.stevenleeproperties.com. 619-

NORTH PARK. \$900. Duplex, cute, 1 bed room with small yard. Small pet only with ref-erences. Wood floors. Laundry facilites. 3114 Upas Street/31st. 619-992-7791.

NORTH PARK. \$950. 1 bedroom apartment prime North Park location. Available for your prime North Park location. Available for your consideration is this recently remodeled 1 bedroom apartment. Italian ceramic tile floors with granite accents. Fully equipped kitchen including dishwasher and microwave. Air conditioning and new crown moldings throughout. All new baseboards, moldings throughout. All finew baseboards, new two panel decorative interior doors. New bathroom fixtures and vanity top. New faux wood blinds. Unit is painted in designer col-ors. New plush carpeting in the living room and bedroom. Building is gated with an inter-com and has on site laundry. \$500 security deposit. Will consider small dog under 15 lbs. 3745 Pershipa Avenue, San Diego CA 92104. Call Scott 619-846-6615. scott@ bendershavandassociaties com ssociates.com

NORTH PARK. \$995, large 2 bedroom. New carpet/blinds. Paint, wall to wall closets, built in bookcase, parking, laundry. Gated com-

plex. Well maintained. No pets. 4354 Utah Street. 619-994-1672.

NORTH PARK. \$995. 2 bedroom, 2 bath. Downstairs large apartment with parking and laundry! No pets. 4146 Swift Avenue #1. Call x14 or sunsetpacificrealty.com.

NORTH PARK. \$995. 2 bedroom, 2 bath. Laundry. Parking. Available 10/15/08. 4553 Texas Street #5. www.amgsd.com. 619-295-1165.

NORTH PARK. 2 bedroom, 1 bath upstairs apartment with new paint, tile kitchen floor, coin laundry on site. 1-car garage. Close to freeway, shops and eateries. Available now. 3334 31st Street. \$1150. 619-683-9274.

3334 31st Street, \$1150, 619-683-9274.

NORTH PARK, 2 bedroom, 1 bath, large upstairs with new paint and carpet, countertops, balcony, new appliances, large 1-garage, coin laundry. Close to great shops, eateries in North Park, easy access to freeways and downtown. 3662 32nd Street, #4. \$1225, 619-683-9274.

NORTH PARK. Beautiful one bedroom court NORTH PARK. Beautiful one bedroom courty and apartment in small quiet complex. Laundry and manager on site. Security gate Off-street parking. New carpet/paint. Near public transportation, freeways. No drugs please. Available immediately. No pets. \$750 per month. Call 619-563-9727.

NORTH PARK. Large 1 bedroom, 1 bath downstairs apartment. Newly remodeled. Assigned parking, laundry on site. No pets. \$895/month. 4344 Ohio Street #2. Call 858-

483-5111 x10. www.melroyproperties.com.
NORTH PARK. Majestic 3 bedroom, 1.5 bath (30th/Redwood) duplex: secure carport, storage, secluded yard, gas fireplace, cats OK, hookups, gas/water paid: \$1625. 858-546-8214.

Close to golf course, restaurants and shops. Laundry. No pets. 3054-1/4 lvy Street. TPPM, 619-255-8638.

NORTH PARK/ near Hillcrest. \$1175. Bright 2 bedroom. 2 bath. Small. attractive courtyard property in excellent corner location near Hillcrest. No pets. 4194-1/2 Mississippi Street. TPPM, 619-299-9897.

NORTH PARK/MORLEY FIELD, \$850. Remodeled large 1 bedroom downstairs apa ment, quiet complex, new carpet/pai On-site parking/laundry. No pets. 3811 Arnold. 619-252-1214.

OCEAN BEACH, \$1400, 2 bedroom, 1 bath. Charming detached cottage. Washer/dryer in unit. Close to beach, Robb Field, shopping. 4867 Voltaire. TPPM, 858-699-3851.

OCEAN BEACH. \$1450. Spacious 1 bedroom condo. Quiet street. less than 100 steps to cliffs/stores/restaurants. \$1450. Available 10/23. 4950 Coronado Avenue.

OCEAN BEACH, \$1500, 2 bedroom, 1 bath. Laundry. Parking. Hardwood floors. Pet considered. Available 9/20. 2420 Seaside Street More Property Management, 858-514-8201. OCEAN BEACH, \$950, 1 bedroom apart ment, carpets, off street parking, la room, 2 blocks to beach. No pets. Coronado Avenue #3. 619-222-6427.

OCEAN BEACH. \$950. Blocks to the beach!

1 bedroom, Clean, Parking, Laundry, No. ı bedroom. Clean. Parking. Laundry. No pets. Seacoast Apartments, 5030 Lotus. Call Doris, 619-204-1651.

OCEAN BEACH. \$950. Deposit \$950. 1 bedroom, 1 bath. downstairs. Glose to beach. Refrigerator, stove. Laundry. No pets. Available now. 5072 Lotus Street. 619-226-7368

OCEAN BEACH. \$995. Large 1 bedroom apartment with garage. Laundry, patio, close to beach. No dogs/cats. New paint/carpet.

4-cyl. \$3500

6-cyl. \$39°5

8-cyl. **\$49**°5

Most cars. Includes new plugs and oil filter. *Inspect* 

cap, rotor wire, air filter. Some oil filters extra.

Some cars labor extra

A/C Service \$20

5053-1/2 Lotus. Available now. 858-292

OCEAN BEACH. 2 bedroom, 2-1/2 bath condo near beach, Dog Park and Sea World. Recently remodeled. Large, bright gournel kitchen; tille/wood floors; parking; tilled patio facing park setting. Pets OK. \$2150. 619-

OCEAN BEACH. 3 master bedroom, 3 bath condo, tandem parking, 2-story. Wood floors. New kitchen, fireplace, balcony. Available now. \$3095. 4862 Santa Cruz. 619-316-

OCEAN BEACH. Beautiful beachfront of OCEAN BEACH. BEAUTITU DEBICITION COCEAN iew! Studio, \$995. 1 bedroom, \$1075-\$1200. 2 bedroom, \$1400-\$1600. Serene security garden buildings. Hardwood floors, ceramic tile, laundry. Garages available. Pets considered. For address and availablity, call 619-224-1748. For applications, call

O IP-DU I-DDD3.

OCEAN BEACH. Steps to ocean. 2 bedroom 1 bath, \$1350. No smoking/pets/barbecuing. Quiet complex, laundry onsite. Optional parking \$75/month. 5073 Del Monte Avenue. 619-379-7086.

OCEAN BEACH/POINT LOMA. \$1195. 2 bedroom, 1 bath with new paint, linoleum, hardwood floors. Available now. No pets. 3672 Voltaire. Agent, 619-463-2971.

OCEANSIDE. \$1075/month, 1 bedroom apartment. \$1445/month, 2 bedroom 2 bath (dual masters). Upgraded granite, laminatewood/tile. Pool, spa, laundry, gated parking. Cat OK. 760-439-5728. www.

OCEANSIDE. \$1175. 2 bedroom, 1 bath condo, pool, on-site laundry, stove, dish-

washer, patio, air conditioner. Fee. Free search at www.westsiderentals.com. 619-

OCEANSIDE. \$800. Studio apartment, full bath/shower, on-site laundry, refrigerator, stove, balcony, patio, secured/covered parking, mile to beach. Fee. Free search at

www.westsiderentals.com. 619-367-3333. OCEANSIDE. Brand new 3 bedroom, 3-1/2 bath townhome. All master bedrooms. 2 car garage. Private yard. Granite/travertine throughout. 1221 Nevada Street. \$2500. Joey, 619-393-6604.

OCEANSIDE. Large 1 and 2 bedrooms, west of Interstate 5, just 8 blocks to beach, in vibrant downtown village. Beautiful remodeled units. 508 North Nevada Street. Visit www.WexfordLiving.com. 760-433-

**OLD TOWN.** \$695-\$750. Low \$150 deposit. Fully furnished studios-alcoves on excellent hillside location. Free basic cable. 1616 Guy Street. 619-298-6242.

PACIFIC BEACH, NORTH, \$1025, 1 bed room. Large, upstairs. Stove, refrigerator. Coin laundry. No pets. No parking. 2-1/2 blocks to ocean. Available 10/15. 959 Chalcedony. 858-270-2071. Del Sol Property Management. Broker. www.delsolpm.com.

PACIFIC BEACH, NORTH. \$1195. 1 bedroom. Large. Downstairs. Remodeled. Stove, refrigerator, dishwasher, microwave. Coin laundry. Pool. 2 blocks to Tourmaline Surf Park. No pets. Available 10/28. 812 Tourmaline. 858-270-2071. Del Tourmaline Suri Park. No pets. Availa 10/28, 812 Tourmaline, 858-270-2071, I Sol Property Management, Broker. wy

### **A** UTOMOTIVE



**Lifetime Warranty on All Installations** 

Computer-Perfect Cutting • No Fading Auto • Residential

//AUDIO SPORT

714 East Valley Parkway • Escondido 760-743-2333 Free Estimate!

Commercial • RV

Chris's Auto Repair Foreign & Domestic

FREE Brake Inspection with any service Pacific Beach 92109 • 858-270-1888

Must present coupon at time of service. Not to be combined with any other offer. Expires 10/9/08

### Smog Check \$1575 **Basic Tune-Up** 60K/90K/120K +\$8.25 certificate +\$2 ET. Most cars. Bring DMV notice. Extra \$8 for vans, SUVs,

trucks, V8, and Europear

Models (years) 1976-1995 \$10 extra for Evap test.

RVs: call for details.

Oil Change

Special \$8°5

Most 4-cyl. cars. Includes new oil filter,

EPA, up to 5 qts. oil.

6-cyl., 8-cyl. & some oil

Services 4-cyl. from \$ 149°5

6-cyl. and 8-cyl. extra. Platinum plugs extra. Call for details.

"Check Engine" Light On? OBDII Diagnostic Car Fail Smog? Diagnostic Free with Repair

Some problems may require additional diagnostic procedures.

Plus Freon. Call for details 2920 Damon Ave. #C & D

(Behind In-N-Out Burger)

## \*7 OFF SMOG CHECK

\*Fast Service \* No Hidden Charges\*

BBB TEST ONLY WE CERTIFY ALL VEHICLES **KEARNY MESA SMOG CHECK** 

4191 Convoy St., Suite A (Same bldg. as Big O Tires)

(858) 874-8490 M-F 8 am-6 pm, Sat 8 am-3 pm

## SUSPENSION PLUS COMPLETE AUTOMOTIVE CENTER **SINCE 1989 • FOREIGN & DOMESTIC**

www.suspensionplus.net

MIRAMAR • (858) 558-8562

6696 Miramar Rd., Suites I & J

**POINT LOMA** 

3112 Midway Dr., Suite D (Midway & Rosecrans, next to Discount Tire)

**Factory Scheduled Service** 

•30K \$**99**<sup>95</sup>

15K or 30K may not require all services or parts listed.

- Install new spark plugs
- · Change engine oil and filter

- - · Check ignition system · Clean battery terminals

- - · Flush brake system
  - · Inspect and adjust brakes

Premium plugs extra. Most 4-cyl. cars and light trucks. Some trucks and 4x4s slightly higher.

**Timing Belt** Alignment Plus parts. A/C extra. Most cars. All vehicles welcome. Call for a quote for your vehicle.

**New Radiator** 

Most cars.

Oil Change

Includes 5 quarts 10W/30 oil

and new filter Most cars

FREE

CAR RENTAL

One day with any repair

over \$380

1 795 Synthetic oil

AS LOW AS \$159

Free alignment inspection! Computerized

Thrust Angle

4-Wheel Alignment \$4995

Set toes to specs. Most cars. Shims & cams extra.

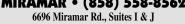
Free brake inspection! **BRAKE SPECIAL** 

\$**79**95 Most cars.

Replace pads or shoes, inspect hardware, inspect rotor & drums, inspect hydraulics. Non-slip rotors, semi-metallic pads & premium pads extra. 4x4s, light trucks & 4-wheel disc extra

Prices subject to change without notice. Must present coupon at time of service.

Monday-Friday 8 am-6 pm • Saturday 8 am-5 pm Call for details. Please call for an appointment.



(Miramar Auto Center, 2 miles east of UTC mall)

(619) 223-2248

-60K/90K \$13995

 Inspect underhood components · Check fluids • Inspect belts

· Road-test vehicle

**Complete Axles** 

AS LOW AS \$ 995 Lifetime warranty.

Plus labor, Most cars

Maintenance Tune-up AS LOW AS \$34.55

Install plugs Premium plugs extra. Most cars & light trucks.

> New Clutch STARTING AT \$239 Rear-wheel drive. Parts & Front-wheel drive, Labor light trucks & 4x4 extra.

**Shock & Strut Special** BUY THREE, GET THE FOURTH

FREE WONROEF



## **Attention Discount Tire Customers:**

Now that you have saved money on your tire purchase, don't waste it. Get your vehicle alignment checked now! Before you cause uneven wear on your new tires, bring in your receipt to either FTS Auto location and...

## We will check your alignment for FREE! Plus \$20 off alignment if needed!

Call for your appointment today.

### San Diego's Most Complete 30K/60K/90K Services

 Maintenance tune-up Drain & refill radiator

- · Replace air filter · Install spark plugs
- (premium plugs extra) Inspect brakes · Clean & adjust rear brakes
- Change engine oil · Change oil filter
- · Change master cylinder brake fluid Check suspension · Top off fluids

Looking for quality? There is a difference. Compare our service with other shops. · Check charging system & battery

- Clean battery terminals
   Check radiator, radiator cap
- & all hoses Rotate four tires · Check tire balance
- · Adjust tire air pressure Inspect fuel filter · Check differential fluid
- Check manual transmission fluid Check belts Most cars & light trucks. Ask for details.

**Brake Special** Safe-brake package includes:

 Front pads or rear shoes · Clean and Jube hardware

· Clean caliper guides . Inspect drums and rotors · Inspect hydraulic system

· Inspect wheel bearings

Premium Oil Change **SYNTHETIC Blend Oil** 

• Up to 5 qts. of 5W-30 oil
• Now oil filter

With any other service Plus \$3 EPA. Most cars. • 64-point inspection • Check fluids • Check tire PSI

We also do: timing belts, clutches, struts, shocks, radiators, water pumps, alternators, batteries, starters, belts, hoses, cv axles, head gaskets, motors, transmissions & more!



5165 Cass Street Pacific Beach/La Jolla 3727 Convoy Street Clairemont/Kearny Mesa



858-488-0885

858-279-7724

PACIFIC BEACH, NORTH. \$1795. Duplex Large upper 2 bedroom. Immaculate, sunny 1.5 blocks ocean. Dishwasher, white tile. Patio. Parking. Laundry, yard. No pets. 865 Misrouri, 610,275,2610

PACIFIC BEACH, NORTH. \$825. Studio with full kitchen. Downstairs. Stove. Refrigerator. All utilities paid. 3 blocks to ocean. Cat Okwith additional \$300 deposit. Coin laundry. Available 10/01/08. 5049 Cass. 858-270-2071. Del Sol Property Management, Broker.

PACIFIC BEACH, NORTH. Studio. \$995 Sunny, immaculate. Large private redwood deck. Parking, yard, gardener, laundry. 2 blocks ocean. No pets! Available 10/25/08. 869 Missouri. 619-275-2610.

PACIFIC BEACH. \$1050. 1 bedroom, 1 bath apartment, approximately 600 square feet, centrally located to both beach and bay. Fee. Free search at www.westsiderentals.com. 619-367-3333.

PACIFIC BEACH. \$1060. 1 bedroom, 1 bath. No pets. Laundry room. Close to shopping. Off-street parking. 1920 Felspar Street. 858-457-4509.

PACIFIC BEACH. \$1125. Newly remodeled apartment. Hardwood floors. Parking. On-site laundry. 2015 Grand Avenue. Xilarent.com.

PACIFIC BEACH. \$1125/month: spacious re-modeled 1 bedroom apartments, upstairs. 6-month or 1-year lease. Parking. Pools. Laundry facilities. Cats OK. 3883 Jewell Street. Manager, 858-272-0068. See www. apartments.com/tuscanapartments for photos and floor plans.

PACIFIC BEACH, \$1150, 2 bedroom, 1 bath upstairs apartment. No pets. Stove, refrigerator, coin laundry, quiet building. 2109 Reed Avenue. Available now. 858-270-3615.

PACIFIC BEACH. \$1200. 2 bedroom, 1 bath 1/2 off first month with lease. New carpet, paint. On-site laundry. \$500 deposit. Sorry, no pets. 760-402-8325. www.baywalkapts.com

PACIFIC BEACH. \$1200. Very cute 1 bed-room cottage. Walk to Tourmaline Beach. Private deck. Small fenced rear yard. Pet friendly. 910 Sapphire Street. Shore Management. 858-274-3500. PACIFIC BEACH, \$1325, 2 bedroom, 1 bath

apartment, 1-car parking, refrigerator, stove 800 square feet, great kitchen/dining area Fee. Free search at www.westsiderentals

PACIFIC BEACH, \$1400, 2 bedroom, 1 bath 1-car garage. Second floor. Near Garnet shopping. 2071 Emerald Street. TPPM, 858-

PACIFIC BEACH. \$1425. 2 bedroom, 1 bath with great courtyard, controlled access Laundry, parking, no pets. Open Saturday 1-2pm. 1461 Missouri #6. TPPM, 858-699-

PACIFIC BEACH. \$1425. 2 bedroom, 1 bath.
Convenient central location across from Convenient central location across from Henry's Market and Garnet shopping. Short walk to beach. No pets. 1236 Felspar Street TPPM, 858-699-3851.

PPM, 858-959-3651.

PACIFIC BEACH. \$1495. 2 bedroom, 1-1/2 bath townhome. 4 blocks to ocean. Excellent condition. Dishwasher, stove, refrigerator. Security gates, 2 parking spaces, laundry. 1150 Grand Avenue. Shore Management, 858-274.2500.

PACIFIC BEACH. \$1575. Great 2 bedroom. Three blocks to beach with views. Newly re-modeled. Parking. 909-1/2 Chalcedony. TPPM, 858-699-3851.

PACIFIC BEACH. \$1595. 2 bedroom, 1-1/2 bath townhome. Small yard with shed. Excellent condition. New paint. Gas appliances. Parking space. No pets. \$162 Dawes Street. Shore Management, 858-274-3500.

PACIFIC BEACH. \$1595. 2 bedroom, 2 bath Upstairs. Large, remodeled. Stove, refrigera-tor. Dishwasher. Microwave. Private balcony Garage space. Nice shared courtyard. 5 blocks to ocean. No pets. Available 10/10 1180 Grand Avenue. 858-270-2071. Del So Property Management, Broker. www.

PACIFIC BEACH. \$1600. 2 bedroom duplex parking available, refrigerator, stove, very bright, ocean view, large balcony, 8 blocks ocean. Fee. Free search at www.

océan. Fee. Free search at www. westsiderentals.com. 619-367-3333. PACIFIC BEACH. \$1735. 2 bedroom, 2 bath apartment, 1100 square feet. Fireplace, bal-cony. All appliances. Laundry. 2 parking spaces. No smoking/pets. Available 9/15.

PACIFIC BEACH. \$1795. 2 bedroom, 2 bath Bright, beautiful spacious apartment home with balcony and views. 1100 square feet, imported tile, dishwasher, laundry facilities, parking. Lovely garden, heated pool. Quiet atmosphere. 1 year lease. Cats considered. 858-272-4398.

PACIFIC BEACH. \$1900. Classic 2 bedroom. Ocean view. Steps to beach. Hardwood floors. Parking. All appliances. Laundry facility. 712 Santa Rita Place. Agent, 858-272-0647.

PACIFIC BEACH. \$2195. 2 bedroom, 2.5 bath townhouse. 1-car garage, fireplace, laundry. No pets. 1-year lease desired. Call Coldwell Banker Property Management, 858-

PACIFIC BEACH. \$2200. 3 bedroom, 2 bath apartment, flexible lease, parking included, dishwasher, in-unit washer/dryer. Fee. Free search at www.westsiderentals.com. 619-367-3333.

PACIFIC BEACH. \$2250. 2 bedroom. 2 bath condo. Bay and city view! Custom paint col-ors. Tiled kitchen and bath floors. Balcony. Laundry. Parking. 3991 Crown Point Drive. Shore Management, 858-274-3500.

PACIFIC BEACH, \$2400, 3 bedroom, 2-1/2 bath townhome. Convenient central location. Close to shops, restaurants, and beach. 1420 Hornblend Street. TPPM, 858-699-3851.

PACIFIC BEACH, \$2750, 3 hedroom, 2-1/2 bath condo. Garage. Washer/dryer. Awe

PACIFIC BEACH. Starting \$1595 Senior building (ages 62+). Beautiful 2 bedroom, 2 bath in controlled access building. Balcony, elevator, washer/dryer. Fireplace. Covered parking. 1625 Chalcedony Street. TPPM, 619-806-5760 some location. Available now. 3729 Promontory Street. www.amgsd.com. 619-295-1165. PACIFIC BEACH. \$895. Upgraded 1 bed-room in garden setting. Easy access, loca-tion. Pool, recreation room. Laundry. No pets. 2710 Grand Avenue. TPPM, 858-273-8657. PACIFIC BEACH. \$900-\$1025. Unfurnished 1 bedroom, completely refurbished, laundry pool, sun deck, 3 blocks to beach, privacy

gate. Nonsmoking. No pets. 1027 Felspar Street.

Street.

PACIFIC BEACH. \$900. Studio, 1 bath apart

ment, 6-month minimum lease, small front sit-ting room, new paint/flooring/window coverings. Fee. Free search at www. westsiderentals.com. 619-367-3333.

PACIFIC BEACH. 1 bedroom, 1 bath apartment, granite kitchen countertops, garage with opener. \$1150 with 6 month lease. One month deposit. No pets. 1459 Hornblend.

PACIFIC BEACH. 2 bedroom, 1 bath steps to bay, charming upstairs unit in small building.

bay, charming upstairs unit in small building. Hardwood floors, partial view. 4020 Everts. \$1650. 209-304-3272.

PACIFIC BEACH. 2 bedroom, 1 bath, \$1425. Deposit \$750. Gated garden building. 5 blocks to beach or bay. Manager on site. No bets. 1 year minimum lease. Available late October. 4445 Fanuel Street. 858-483-3221.

PACIFIC BEACH. 2 bedroom, 1-1/2 bath, new granite, beechwood kitchen/tile/new carpe: grante, beechwood kitcherviernew carper, \$1475. Second floor, dishwasher, ceiling fan, parking, laundry. Walk to beach/shops. No pets. Lease. 4467 Dawes. 858-483-4553.

PACIFIC BEACH. Bayfront condo, \$1850. 2 bedroom, 1-1/2 bath. Parking, washer/dryer in unit. Deck, balcony, pool. No pets. Available October 1. 1311 La Palma Street, #4.

PACIFIC BEACH. Get up to \$250 off first

PACIFIC BEACH. Get up to \$250 off first month's rent! 1 bedrooms starting at \$1260. 2 bedrooms with den starting \$1925. Free application feel Free poolside Wifi. Sundeck. Cardio fifness center. Equipment and weight room. Across from Mission Bay bike trail. Spectacular views. Super floor plans. Limited availability. Cat friendly. The Pacific at Mission Bay, 2636 Grand Avenue. 1-800-490-6372.

pacificatmissionbay\_pacificliving@crossfiremail.com. www.pacificliving.com.

PACIFIC BEACH. Large 1 bedroom, \$985. New decor. Clean, quiet. Near all. Parking. Laundry. No pets. 1650 Emerald. Manager, apartment #6. Henrietta, 858-539-6131 or Al-

PACIFIC BEACH. Large 1 bedroom, 1 bath apartment. New kitchen cabinets/gas stove/bathtub. Laundry on site. No pets. \$975. 2155 Garnet Avenue #E. 858-278-2562.

PACIFIC BEACH. Magnificent whitewater view! 2 bedroom, 2 bath furnished oceanfront condo. On boardwalk. Balcony, pool. All appliances, assigned underground parking. Water/cable included. Ask about availability! \$2700-\$3300. 626-826-9263.

PACIFIC BEACH, Move-in special. 1/2 off first month's rentl \$2200 rent. 3 bedroom, 2 bath. Washer/dryer. Dishwasher. Parking. 1 year lease. 1749 Reed Avenue. Call 858-490-1600 or kandrproperties.com.

www.sdreader.com/news/rent1049.

lan. 858-245-9508.

PACIFIC BEACH/MISSION BEACH South Studio, downstairs. All utilities paid. On -site parking. 2980 Mission Boulevard, south of roller coaster, \$825/month, lease required. 760-887-2000

PACIFIC BEACH/CROWN POINT. \$1395. 2

bedroom, 1 bath. Near Mission Bay, Parking and laundry, Available 10/4/08. 1536 Moort-and #4. www.amgsd.com. 619-295-1165.

POINT LOWA. \$1050. Large 1 bedroom apartments. \$600 deposit. Garage extra. New appliances, carpet. Cats only. Pool. Laundry. 2551 Worden Street. Call today, 619-224-8806.

POINT LOMA. \$1200. 2 bedroom, 1 bath upstairs apartment. Parking, laundry facilities. No pets. \$700/security deposit. 3130 Nimitz Boulevard. Available end of September. 619-

POINT LOMA. \$1225. 1 bedroom condo. 3rd floor unit . Large closet. Newer carpet. Air conditioning. Elevator. Available now. Community pool. Valeta Street. Agent, 619-692-4131

POINT LOMA. \$1600. 2 bedroom, 1-1/2 bath townhouse with 1 car garage. Washer/dryer hookups. New carpet, new paint, new flooring. Westbourne Realtors. 858-488-4800.

POINT LOMA. \$1675 rent. \$1000 deposit. OAC. 2 bedroom, 1 bath house. Garage. Driveway. Laundry hookups. No pets. At 999 Gage Street (at Talbot). Agent, 619-299-

POINT LOMA. 2 bedroom, 1 bath home in nice area. Dining area. Attached garage plus yard. Available now. \$1650. 4411 Mentone. 619-435-3830 or 619-435-7393.

POINT LOMA. 50% off deposit! Spacious 1 and 2 and 3 bedrooms starting at \$1140. 2 bedrooms, \$1459. 3 bedroom, 2 bath, \$1749. OAC. Pet friendly! Clubhouse. Fitness room. Business center. Tennis. Pool. Jacuzzi. Near shopping, beaches, restaurants, freeway. Stonewood Gardens, 3889 Midway Drive. 1-888-773-6259. MG Properties. www.sdreader.com/news/rent2118.

POINT LOMA. Beautiful 1 and 2 bedrooms in gorgeous tropical complex with spectacular views! Pool and spa, view deck, state-of-the-art fitness center, business and media room, gated parking and more! No pets. 3950 Le-land. 619-223-1390.

POWAY. \$1,200. Nice 2 bedroom. Pool, dishwasher, patio or balcony, parking, laundry. Beautiful courtyard. No pets. 12500 Oak Knoll. 858-679-1789.

POWAY. \$915. 1 bedroom. Nice, well-maintained complex with air conditioning, off-street parking, community laundry. Near all. No pets. 12529 Oak Knoll Road. 858-486-0109.

POWAY/SABRE SPRINGS. \$1425. 2 bed-2 bath condo. Fireplace, carpet, disher, air conditioning, patio, pool. 10921 e Hill Drive #375. www.centrecity.net

### **Point Loma**

Newly renovated 1 bedrooms from \$1350! \$0 deposit, OAC. Views! Bamboo laminate floors. Stainless-steel appliances. Custom Euro-style cabinetry. Sculpted carpet bedroom. Resort style pool. Oversized hot tub. Sauna. Fitness center. Air conditioning. Covered parking. Pet friendly. Gables Point Loma, 3811 Marquette Place #2N. 619-223-6577. Gables.com. www.sdreader.

RANCHO PENASQUITOS. \$1350. 2 bed room, 1 bath. \$1600. 3 bedroom, 2 bath. \$600 off with 6-month lease! Low \$500-\$700 deposits! Newly remodeled. Air conditioning. Pool, sp. Carport. No pets. Rancho Villas Apartments. ranchovillas@earthlink.net, 858-444.0744. 484<u>-</u>0744

RANCHO PENASQUITOS. \$1750. Corner 1 bedroom, 1-2 bath townhome with loft. View! 1265 square feet. Vaulted ceiling. Fireplace. Washer/dryer. Dishwasher. Garage. Pool, eaung 858-440-1603. sauna. 858-449-1693.

RENTAL NEEDED. Wanting to rent 2 bed-room 1 bath, \$1100/month. Good rent record. Prefer mobile home/East County, or condo. Medium size dog. 858-926-8776.

SOLANA BEACH. Beautiful 2 large bedroom, 3 bath townhouse. Large loft/den. Lomas Santa Fe golf course. Pool. Lease. Pet considered. \$2450. 858-792-5002.

**SOUTH BAY.** 3 bedroom 2 bath plus den. Washer/dryer, dishwasher. Small patio. \$1800/month, \$1800/deposit. More information call 619-518-6391 or email saureus3@

SOUTH PARK. \$1125 rent. 1 bedroom, 1 bath. Cottage. 525 square feet. Parking. Laundry on site. Pet on approval. 3115 Juniper Street. Call 858-490-1600. kandrprop-

SOUTH PARK. \$1125. 1/2 off first month. 1 bedroom, 1 bath Spanish-style cottage with appliances, large shared yard, blocks from Balboa Park. Small pet ok. 2926 Juniper Street: 619-804-3325

Street. 619-804-3325.

SOUTH PARK. \$795, 1 bedroom. Great location! Huge kitchen with dishwasher and microwave! Laundry and parking on site. 3144 Grape Street. Manager, 619-820-254.

SOUTH PARK. \$825. 1 bedroom, 1 bath. Wood floors throughout. Available now. 3012 Quince Street. www.stevenleeproperties.com. 619-295-1161.

SOUTH PARK. 1 bedroom, 1 bath apartment. Quiet area. Pet ok with deposit. Laundry. Street parking. 3211 32nd Street. \$850, rent: \$850 deposit. 619-584-5900.

TALMADGE. \$1100. 2 bedroom, 1 bath. Updating with bright and cetting. Pathor cert stairs unit in bright, gated setting. Berber car-pet. Tiled kitchen/bath. Large balcony. Off street parking. 4575 Winona Avenue #5. Agent, 619-234-9553.

TALMADGE. \$800 per month rent. \$800 security deposit. Year lease. 1 bedroom, 1 bath (500 square feet) upstairs above private 1 car garage in fourplex. Hardwood floors. Light and bright. Common laundry. Pets negotiable with \$250 additional pet deposit. Section 8 OK. 4467 Euclid Avenue. 858-273-0344.

TALMADGE/KENSINGTON. 3 bedroom, 1 bath cottage style home at \$1370. No application fee. Adjacent amenities. Outdoor billard lounge. Pool. Spa. Fitness center. Business center. 4454 54th Street. 619-282-1191.

TIERRASANTA. \$1085. Large 1 bedroom, 1 bath condo. No pets. Air conditioning. Parking. Fireplace. Carpet/paint. Dishwasher. Pool. Balcony. Gated. 11233 Tierrasanta Boulevard #54. Juno, 619-275-3455.

TIERRASANTA. \$950. Senior living! 1 bed-room, 1 bath, lower unit. Completely remod-eled! Private patio. Gated. Walk to shopping and library. 4906 La Cuenta Drive #115. Call Linda at 858-278-4910.

TIERRASANTA. 3 bedroom, 2 bath town-house in Villa Monterey. 2-car garage. Patio, pools, tennis court. 2-story. Over 1600 square feet. No pets. Available November 1. Call Coldwell Banker Property Management, 858-488-2228.

UNIVERSITY HEIGHTS. \$1195. Extra large 2 new windows, crown molding, back patio, laundry. Small pet ok. 4660 Hamilton Street.

UNIVERSITY HEIGHTS. \$1250. Lower, newly remodeled, 2 bedroom, 1 bath, shared launremodeled, 2 bedroom, 1 bain, snared laundry, off-street parking, gated, no pets. Non-smoking. Open Sunday 2-3pm. 4555-4549 Park Boulevard. 619-294-9665.

UNIVERSITY HEIGHTS, \$795, Spacious 1 bedroom, 1 bath unit in small, centrally lo-cated complex. On-site laundry. Move-in special: Half off first month's rent! www. utopiamanagement.com. 858-598-1111,

UNIVERSITY HEIGHTS. 1 bedroom, 1 bath apartment, \$700. Seniors or disabled com-munity. On-site laundry, gated community, near bus lines and freeways. Move-in spe-cial: 1/2 of 2nd month's rent with \$300 de-posit on approved credit. Section 8 welcome. 500 square feet. 4086 Swift Av-enue. Agent, 858-560-1178.

UNIVERSITY/NORMAL HEIGHTS. \$975. Spacious 1 bedroom in the Heart of Adams Avenue Antique Row. For your consideration is this classic 1960s 1 bedroom apartment in a quiet small complex. Upgrades to the unit will included new carpet, vinyl, baseboards, ceiling fans and light fixtures. This unit retains its original knotty pine kitchen cabinets and countertop tile. Original bathroom tile in contrasting colors, very art deco. Beautifully landscaped courtyard. On site laundry. One year lease is required. Low security deposit of \$500. Will consider small dog under 15lbs. 4733 Utah Street, San Diego CA 92116. Call between 9am and 7pm. Cats ok. Scott, 619-846-6615. scotthendershawandassociates. UNIVERSITY/NORMAL HEIGHTS. \$975.

UTC. \$1980 including utilities, cable/internet. Nice 2 master bedrooms, 2 bath condo, newly renovated. 1 car garage, outdoor parking. Laundry. Pool. Spa. Near freeways. 858-405-2597. linail\_51@hotmail.com

UTC. 55/up. Spacious luxury living. Pool, spa, golf course. 1 bedroom, \$1124. 2 bedrooms, \$1299. \$99 deposit. Town Park Villas, 4633 Governor Drive. 858-453-0441.

### AUTOMOTIVE

# **Smog** Check

Vans and trucks extra. Free retest when we do the repair. "Check Engine" Light **50% off** regular price

**Air Conditioning Service** \$2495 + tax and haz. waste

Evacuate and recharge. Freon not included.

Tune-Up w/Oil Change \$**39**<sup>95</sup>

6- and 8-cylinder slightly extra.



### GENERAL AUTO REPAIR

367 15th St. • Downtown San Diego

619-237-1043

Offers good with this ad. Expires 10-27-08

## T/T HONDA and ACURA **SPECIALISTS**

Repair and Service All Japanese Cars

Major Service 30K • 60K • 90K • 120K \* 185

- ange engine oil & filter
  lve adjust & new gasket (if necessary)
  ange transmission fluid
  place air filter
  place fuel filter (non-EFI type)
  place spark plugs (platinum extra)
  ange brake fluid
  evel from & rear brakes

  (From & rear brakes)

Intermediate Service \$95

Oil & Filter Change \$17<sup>95</sup>\* Up to 4 qts. Exp. 10/31/08. Some cars higher. CV **800t** \$4995\*

CV Axle fro .\*145<sup>\*</sup>

Timing Belt \$115 Twin cam extra. Up to '89 models

3rd Street • San Diego Mon.-Fri. (619)284-0050 Mon.-Fri. 8 am-5:30 pm 4030 43rd

Between University and El Cajon Blvd.
Offers good for Hondas & Acuras only (\*Most cars)

9 am-3:30 pm

Window Tint

any car, back 3 windows,

Clutch

Job

**\$245**\*

Engine &

Overhaul

## Premium oil change \$1995

Most vehicles. Includes up to 5 qts. 5W-30, 5W-20 or 10W-30 motor oil, oil filter, top-off fluids (excludes brake fluid), and maintenance inspection.

Smog check \$2495

Most vehicles. Present coupon and DMV renewal slip. Plus \$8.25 cert. and \$2 transmittal fee. Free retest when we do the repairs.

"Check engine" light \$2995 Pull computer trouble codes and

Brake service \$30 off Replace pads or shoes, resurface drums

or rotors, inspect system

give written description. Wheel alignment \$3995 2 wheels. Includes front toe adjustment.

Coupons must be presented at time of service. Not valid with any other offer or discount or for prior service. See manager for details. All coupons expire 10/8/08.



Rental cars & shuttle service available. Appointments & walk-ins welcome!

1-888-486-9153

www.precisiontune.com



Lifetime warranty • Most cars • Some restrictions apply

Rear 3 Windows

• FASTER SERVICE • CLEANER INSTALLATION PRECISION FACTORY CUTS

COMPUTER CUT

Mobile service, pickup & delivery available

## **SEA SIDES CLASSIC TINTING**

For 20 years, San Diego's window tint specialists 2707 Garnet Ave. • 858-581-2294 (Next to Washington Mutual) • Open 7 Days **Bluetooth** 

hands-free, works with all phones,

Car Alarm installed

Pacific Beach • 858-581-2434

• Door protection • LED • Keyless entry option

Stereo Outlet 2710 Garnet Avenue





Reader September 25, 2008

### **LEAD STORY**

 Italian and U.K. legal authorities have recently discarded rule interpretations based on anachronistic stereotypes of women. In July, Italy's Court of Cassation reversed a 1999 ruling that created a legal presumption that a woman wearing tight jeans could not be the victim of rape because such jeans would be impossible to remove without her assistance. At about the same time, the British government formally removed the special, ameliorating defense of "provocation" for husbands charged with murdering their wives, thus putting domestic homicide on the same footing as other homicides.

### **Compelling Explanations**

- Jonathan Williams, 33, was convicted of cocaine possession in England's Guildford Crown Court in July, as jurors rejected his explanation that the pants he had on (containing the cocaine) were not his. That explanation also failed in August in Naples, Fla., for Richard Obdyke, 19, when police found a stolen debit card in his pants. In both cases, the men said they had no idea whose pants they were wearing.

 Gill Switalski, 51, filed a lawsuit in London. seeking the equivalent of almost \$40 million for her dismissal from the Foreign and Colonial investment firm, claiming she was fired illegally during an illness. However, F and C asserted in June that it found an instance during a particularly sickly spell for Switalski when she interviewed for a job at a competitor while demonstrating enough energy and drive to have received an offer of employment. Switalski said she was using an "alternative personality" during that interview.

### **What Goes Around, Comes Around**

According to police in Bethlehem, Pa., four kids (ages 9 to 14) grabbed a donation box in August at RiverPlace park and ran for nearby woods, with several police officers in pursuit. Three boys were caught, but the other made it a little ways into the woods before falling into a manure pit built by homeless people at their encampment. About ten years ago, reported the L.A. Weekly in July, Southern California was awash with hysteria over household "toxic mold," in which lawyers convinced jurors that a wide range of illnesses was caused by fungi that previously had

been minor irritants controlled by ordinary cleansers. (Centers for Disease Control maintains there is no basis for such hysteria and that the only at-risk people are a tiny number vulnerable to specific fungi.) Among the mold alarmists then was announcer Ed McMahon, who received a multimillion-dollar settlement after claiming that mold killed his dog. Recently, McMahon lamented his potential bankruptcy, in large part because no one wanted to buy his house (although the reason now seems more the mortgage credit crisis than the home's alleged toxicity).

### **The Litigious Society**

Kevin Hansen filed a lawsuit in West Bend, Wis., in August, claiming that a clump of hair in a steak he sliced into at a Texas Roadhouse restaurant caused "severe and permanent injuries," pain, suffering, and "disability," requiring "extensive medical treatment." In fact, said his lawyer Ryan Hetzel to Milwaukee's Journal Sentinel, "It's bothered the heck out of him." (The employee who prepared the steak was fired and later pleaded guilty to a felony, explaining that he was trying to retaliate because Hansen complained about a previous order.)

- Harry Shasho filed a lawsuit against New York City in August for \$190,000, charging that his Bentley was poorly cared for at the City's automobile impound lot in 2005. It had been confiscated after Shasho fatally struck a pedestrian (for which he was later leniently sentenced, perhaps because the pedestrian was drunk). The City claims the only damage done was from the fatal collision.

### Creme de la Weird

 In July, Port St. Lucie, Fla., police stopped Timothy Placko in his car on a wooded road and discovered inside a blond wig, rope, binoculars, a small machete, knives, gloves, two bullet casings, and a film canister that contained 18 human teeth. Also on the seat was a stack of women's sonograms that Placko said he had downloaded from the Internet. He originally told police that he had pulled off the road to call a girlfriend, but then admitted he was not calling anyone. He was charged with carrying a concealed weapon.

Send your Weird News to Chuck Shepherd, San Diego Reader, P.O. Box 85803, San Diego, CA 92186 or to WeirdNewsTips@Yahoo.com

VISTA. Remodeled 2 bedroom, 2 bath, \$1125. 1 bedroom, \$925. Air conditioning, new carpet/new paint, large patio. Gated hillside community. 760-672-6405.www.melroyproperties.com.

### **REAL ESTATE HOUSES**

PLACE ADS IN THE READER by calling day through Friday. Deadline: 5pm Tues-

ARIZONA REAL ESTATE, ART, Colley? www.felderacquisition-sales.com see 3 bedroom, 1 bath fixer, 1 ac Priced to sell \$205,000. 877-296-1270

BAJA CALIFORNIA, MEXICO. La Mision. 24-hour security guard, gated commu-nity. Best beach in Baja. \$250,000 or rent

FREE. VIEW SAN DIEGO'S only real es tate listings with exact addresses! Get"comps," school information, maps, and more. Go towww.SanDiegoReader.

INDIANAPOLIS. Amazing cash flow! 4 bedroom, 2 bath. \$12,500. Rental income: \$550/month. Management company in place. 877-890-5988.

YUMA, ARIZONA. No money down. 3 units, 2 bedroom, 2 bath; 1 bedroom, 1 bath. 400-square-foot-shop. \$240,000. Will consider a trade. 619-618-5061.

### **REAL ESTATE CONDOS**

PLACE ADS IN THE READER by calling 619-235-8200, 8:30am to 5:00pm, Monday through Friday. Deadline: 5pm Tuesday.

DEL MAR. Lovely, sunny 2 bedroom, 2 bath condo with pool and Jacuzzi. Monthly interest \$1695. \$15,000 down. APR only 5.9%. Call Agent, Elizabeth, at 619-286-5813.

FASHION VALLEY CONDOS. Brand-new 3 bedrooms, 2 baths, gourmet kitchens, stainless-steel appliances, granite bath-rooms, 9-foot ceilings, 2-car garage, more! Linda Vista/Fulton. \$242,000. Priscylla Abreu (listing agent): 858-213-6586

FREE. VIEW SAN DIEGO'S only real es tate listings with exact Get"comps," school inform

and more. Go towww.SanDiegoReader.

HILLCREST MODEL UNIT. 2 bedroom, 1 bath condos. Fabulous views! Hardwood floors. Granite countertops. Washer/dryer. Parking. Pool. Executive suite. 3907 Georgia Street #12. \$359K. Lease option to purchase. Agent, 619-871-8915.

LA JOLLA/UTC. Sunny, lovely 2 bedroom, 2 bath condo with pool and Jacuzzi. Monthly interest \$1695. \$15,000 down. APR only 5.9%. Call Agent, Elizabeth at 610.296.5812

UNIVERSITY CITY. Spacious, 2 bedroom 2 bath, 2 car garage. Vaulted ceiling, loft-style master bedroom. Wet bar, fireplace, air conditioning. Wrap around patio. \$489,000, 619-913-9002.

### **REAL ESTATE MISCELLANEOUS**

PLACE ADS IN THE READER by calling 619-235-8200, 8:30am to 5:00pm, Mon-day through Friday. Deadline: 5pm Tues-

ATTENTION SELLERS! We'll buy you house in 11 days or pay you \$500 cash! 24 hour information: 800-398-8864, Box

ATTN: FIRST TIME HOMEBUYERS may qualify for government-subsidized 30-year fixed loan with up to 100% financing available! Call Pam McCormick, Realtor, 858-354-7335.

BBB

**COLORADO.** 5 acres, near ski area and fishing lake, great mountain views. \$300 down, \$95/month. \$7900 total. For sale by owner, 575-770-6451.

FALLBROOK 4 UNIT COMPLEX. Cute. In the Village. Near shops. Parking. 7400 the Village. Near shops. Parking. 7400 square foot lot. \$545,000. Bob Cota Re-

PORECLOSURES AND DEFAULTS. Huge increase in daily volume! Daily reports. 30-50 new properties daily throughout San Diege County. All loans researched. Call 800-664-2567; www.County/Records/Research.com.

FREE. VIEW SAN DIEGO'S only real estate listings with exact addresses! Get"comps," school information, maps, and more. Go towww.SanDiegoReader.com/realestate.

### **A** utomotive

CALIFORNIA MOTOR WORKS & TIRES

WELCOME ALL FLEET ACCOUNTS

**AAA APPROVED** Certifying Gross Polluters • Foreign & Domestic

• Full Maintenance & Repair Service We Do: Overhaul • Brakes • Carburetor

• Electrical • Shocks • Struts • Tires

• Alignment • Balance • Smog And More

SMOG \$1395 WE SMOG TEST

Offering consumer assistance program. With coupon only. Plus \$8.25 for certificate and \$3 transfer fee. Retest free when repair

OIL CHANGE \$1695

With free brake and 32-point inspection.

Most 4-cyl. cars. Plus \$2.50 disposal fee.

**TRANSMISSION** 

done on site. VIP service, 2 machines. No appointment necessary. Most 4-cyl. cars only.

European cars extra.

**Grand Re-opening!** 

We're back - bigger and better!

## ADVANCED AUTO TECH

Smog Special

**Test only • 15 minutes** 

Fast • Easy • No Appointment Needed

or \$3175 with a Free Retest

We Certify: Gross Polluters, Out of State, DMV Renewal,

Change of Ownership

\$5 extra for vehicles from 1976-1995.

858-292-7903 Mon.-Fri. 8 am-6 pm • Sat. 8 am-3 pm

SMOG CLINIC

7535 Clairemont Mesa Blvd., Suite C

(Next to Kearny Mesa Bowl & Sears)

Visa • MasterCard • Coupon expires 10/9/08

Must present coupon at time of service.

EVAP testing included.

**SMOG CHECK** 

Regular Smog Most cars. Smog Test Only \$1895 Vans, trucks, SUVs extra.

Plus \$8.25 certificate and \$2 transfer fee

### **TUNE-UP**

\$25
Install 4 new spark plugs
Top-off fluids
Inspect air filter & ignition wires

6- & 8-cyl. slightly higher

### 30K, 60K, 90K, 120K **MAJOR SERVICE**

\$ 130 • 40-point inspection
• Factory-scheduled maintenance
• Replace spark plugs (platinum
extra) • Replace oil & filter
• Replace transmission fluid • Replace in filter

Replace differential fluid • Replace distributor rotor Lube chassis • Replace PCV valve if necessary
 Valve adjustment • Inspect front & rear brake

### **CATALYTIC** CONVERTER

From \$110 Parts & labor. Most cars. 1995 and older.

## **FRONT BRAKES**

\$60 Parts & labor. Most cars. Includes rear brake adjustment if necessary. Machine

### **NEW RADIATOR**

\$150 Most cars.

Honda • Toyota • Acura • Lexus

Offers expire 10/16/08.

plus \$8.25 certificate & \$2 transfer fee. Trucks, vans & SUVs \$10 extra.

We now do European cars for same low price.

301 16th St., Downtown S.D. (Corner of 16th St. and K St.)

619-235-8819

## Complete auto transmission flush & refill

Prevent costly damage to your transmission. Up to 10 qts. ATF. Most Japanese cars & trucks.

## **30K » 60K » 90K factory** scheduled service \$185 most cars & trucks

Replace: air filter, cabin air filter, coolant,

engine oil & filter, rotate tires, brake fluid flush, fluid, drive belt, steering linkage, power steering fluid flush, top off all fluids.

Check: brakes, oil leak, trans

## **Cooling system flush** \$**39**<sup>95</sup>

Most cars. Includes 1 gallon green coolant.

## Brake special from \$9895

Genuine factory parts. Includes labor, new parts, machine rotors or drums. Inspect calipers, hydraulics, seals, rotors or drums. Front or rear. Most cars and light trucks.

## A/C special \$**49**95

Includes 2 lbs. Freon.

Japanese and Korean Car Specialists

## **Japanese** Auto Tech



6696 Miramar Road (near I-805) » **858-546-8363** Open Mon.-Fri. 8 am-5 pm. Sat. 8 am-3 pm.

Complete transmission flush by Trans Tech 2000 flush machine, unique in its class, flushing 100% of old fluid out and adding new fluid in. Labor only. Most 4-cyl. cars. Ask for details. A/C SERVICE \$1195 Most 4-cyl. cars. Freon extra.

**FLUSH** 

**BRAKE & LAMP** 

塩

MasterCard

INSPECTION \$6995



**BRAKE SPECIAL** or shoes. Resurface rotors or drur

**COOLANT SERVICE** 

Most 4-cvl. cars. Dex coolant extra

TEST ONLY

VEHICLES \$2595

With coupon only.
Plus \$8.25 for certificate and \$3 transfer

\$7 extra. European cars extra.

Includes:

Install spark plugs
Drain & refill radiator

Change engine oil and

Clean & adjust rear brakes

Inspect brakes

 Check all belts Replace air filter

Includes 1 gallon

of coolant

**MAJOR SERVICE** 

fee. Most 4-cyl. cars only. 1995 and older

**30K/60K/90K** Most 4-cyl. cars. As low as

\$139<sup>95</sup>

Inspect suspension

Transmission

service-drain

Top off all fluids

• 38-point inspection

8025 Clairemont Mesa Blvd. San Diego, CA 92117

(858) 560-1245 I Saturday 8 am to 3 pm Se habla español • SDS11108525-X3 Coupons expire 10/31/08.

\$29<sup>95</sup>!

### In the Reader

### **Thirty Years Ago**

My former colleague, Ionathan Saville, has the town abuzz with his "review" of Shange's For Colored Girls.

I found both the poetry and the stage production of Colored Girls to be ambitious, adventurous, and artistic. I suppose that makes me "white, male, liberal, and guilt-ridden." Last time I checked in on Jonathan he was all of that, too — perhaps more on several counts. —LETTERS: "PURPLE PROSE," Paul Krueger, September 28, 1978

### **Twenty-Five Years Ago**

Our daughters, who are two years old, pick up our phone whenever they feel like it, being bored with their toy telephones: a Princess to match Julie's personality, and for Jeanne a business model. Those girls love phones as much as their mother does. Jane is panting to get Sprint, though I've held her off so far, but I expect in two years the vote will be three-toone-I-lose. Sometimes I wonder where those Mouseketeers of mine absorb so much commercialism.

—"THEY OUGHTA BE IN PICTURES," Joe Applegate, September 29, 1983

### **Twenty Years Ago**

On Tuesday morning, September 6, 34-yearold San Diegan Dave Clark smeared his body with two pounds of lanolin and ran into the water at Shakespeare Beach in Dover, England. Nine hours and 47 minutes later, when he emerged from the rough sea at Cap Gris Nez, France, the beach was deserted.

Swimming the English Channel doesn't mean much anymore, "not unless you break a world record" was the advice Clark heard from veteran distance-swimmer Florence Chadwick before he left for England. Chadwick, a veteran of four well-publicized English Channel swims and considered to be the world's greatest female distance-swimmer, is now a downtown stockbroker with Smith

—CITY LIGHTS: "FROM ENGLAND TO FRANCE,"

Sue Garson, September 29, 1988

### Fifteen Years Ago

The KUSI News at Ten crew is a cast of strong, some might say florid, personalities. Unlike the sleeker, slicker 11 o'clock broadcasts on KFMB or KGTV, for example, KUSI's program seems deliberately rough around the edges. The anchors sometimes cackle, they mispronounce words then laugh at their mistakes. The feature reporters sometimes seem in the grip of some unnameable hysteria.

—AS SEEN ON TV: "BE IT EVER SO HUMBLE."

Abe Opincar, September 30,1993

**Ten Years Ago** 

On September 18 — the last day of KOGO talk-show host Roger Hedgecock's annual vacation — the station filled in for him by inviting Larry Lucchino, CEO and minority owner of the San Diego Padres, to guest-host. So much of the show centered around Proposition C on the November ballot — the controversial proposal to allocate nearly \$300 million of public money to build the Padres a baseball-only stadium downtown — that one opponent of the project called the show "a two-and-a-half-hour infomercial for Proposition C.

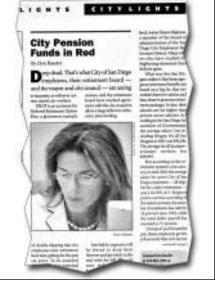
—CITY LIGHTS: "RIGGED MEDIA," Mark Gabrish Conlan, October 1, 1998

### **Five Years Ago**

Drop dead. That's what City of San Diego employees, their retirement-board — and the mayor and city council — are saying to taxpayers, as well as to current retired city workers.

The city may well have to go bankrupt or sell its public land, warns Diann Shipione, a member of the board of administration of the San Diego City Employees' Retirement System. Many others who have studied the frightening retirement-fund deficits agree.

What very few San Diegans realize is that these egregious retirement benefits are based on a big lie: that city workers have low salaries



San Diego Reader, September 25, 2003

and thus deserve generous retirement packages. In fact, their salaries are far higher than private-sector salaries. According to the San Diego Association of Governments, the average salary (not including fringes) for all San Diegans in 2001 was \$36,240. The average for all local government workers was \$38,997.

—CITY LIGHTS: "CITY PENSION FUNDS IN RED," Don Bauder, September 25, 2003

To get an online version of this column, go to sdreader.com. You can print it, email it to friends, and get other columns and stories by these authors.



GOVERNMENT 100% LOANS availabl Bank-owned foreclosures and s. Pre-foreclosure homes and condos for sale. Buy them before the bank does! Agent, Elizabeth, 619-286-

HOMEOWNERS IN CRISIS! Don't be pushed into foreclosure, short sale, bankruptcy, loan modification. Advocate bankruptcy, loan modification. Advocate for fair lending can reduce your payments, interest and principal with no refinancing. Using a powerful secret the banks don't want you to know. AFFL audits your loan for violations that most loans contain and forces lender to help you! 100% money back guarantee. Call for free consultation. 858-353-6878 or 619-565-2744.

HOTEL OWNER WANTS TO BUY property condos, apartments, commercial, vacant land, and notes. Call 619-204-0610.

RANCH IN POTRERO 178.8 acres. 5 parcels, small house, power and under-ground spring with excellent water, 3 wells, can be split in 8 acre parcels, \$1.2 million. Call owner, Ed, 619-807-8580.

RANCHO BERNARDO. Award winning community. 3 bedroom, 2.5 bath corner

Call for details. Top Notch Realty, Inc., 858-715-0688.

REAL ESTATE WANTED. Private investor looking to buy single family or multi-unit property with owner financing. Any area/ condition. No agents. Please call Carol 619\_481\_2186

SALTON SEA LAND, on westside of Salton Sea, 10,000 square feet, appraised at \$25,000, make offer. Bob, 858-273-8069.

### **TICKETS**

PLACE ADS IN THE READER by calling ... 255-5250, จ.รบชาท to 5:00pm, Monday through Friday. Deadline: 5pm Tues

mium location, individual games for sale, face value, \$98. Leave message for Don,619-291-9996.

SAN DIEGO CHARGERS, Football season must sell, 951-789-0910, 951-672-3666.

### **SPORTS**

PLACE ADS IN THE READER by calling day through Friday. Deadline: 5pm Tues

CHRYSLER FISHING BOAT, fiberglass, 14'.
Steering console, 30HP Suzuki, Excellent Steering console, 30HP Suzuki. Excellent running, on trailer, slick/fast deep V boat, bait tank, pumps, 2 seats. \$1475/best, 619-408-

GOLF, CART, BAG, black, with balls, tees. on. \$20. 619-523-1782.

TRONMAN ENVISION TREADMILL, with LCD TV, built-in, flat 8". MP-3 plug-in. 20 preset programs. Heart rate/body fat monitoring. programs. Heart rate/body fat monitoring. Fold-up design. Paid \$1500. Sell \$500, 619-993-2425.

IOHN DORY, 16', heavy fiberglass built fishtrailer. Bait tank, fish finder, outboard electric start. \$2790/best. 619-408-

KAYAKS FOR SALE. Tandem kayak pauages from \$795 to \$1095. Leftover Cobra Expedition kayaks from \$695 to \$995 (regular \$1295 to \$1700). New kayaks, 9 feet to 18 feet from \$595 to \$1700. Closeout prices on used and demonstrator models from

\$395 to \$895. Some used trade-in closed cockpit kayaks, 10 foot to 14 foot also available, priced from \$250-\$500. Visit our website www.kayaksd.com or call San Diego Sailing Center at 858-488-0651.

LIFE VEST. 2 xxl, neopreme, zipper front, black, used twice \$40/each, both \$70. Pet floatation vest, 1 medium, 1 small, \$15/each, 619-980-3519.

OLYMPIC NAUTILUS WEIGHT BENCH,

SNOWBOARD GEAR WANTED. We pay cash for snowboards, bindings, boots and clothing. We also buy surfboards, wetsuits, baseball gloves, skateboards, golf and lots more. You can trade the gear towards other stuff for even more value. Three convenient locations. Play It Again Sports, 858-490-0222. www.playitagainsd.com.

SOFTBALL PLAYERS, we need a first baseman and a left center fielder, 619-517-5791
SOFTBALL TEAM, needs a shortstop and a center fielder, 619-517-5791.

SURFBOARD, BYRNE, 6'10 tri-all white, round tail \$200, 619-792-4636.

SURFBOARDS, vintage caster surfboard very good condition (hardly used) 21"x80", \$300, 619-437-8739.





No appointment necessary! 9555 Black Mountain Rd. #D 858-549-9020

(1 block north of Miramar Rd.)

2008

25,

SURFBOARDS. All new 2009 model 12.0 paddleboard and 10.6 paddleboard. Numerous 9 foot models. Too much to list! Half off all inventory. 7 used longboards and fun 760-809-6180.

FENNIS LEAGUE. Intermediate to advanced skill levels. Join the year-round fun at the #1 League in San Diego. Leagues starting now. 858-794-1800; www.tennisleague.com.

TREADMILL, PaceMaster Pro Select for sale, excellent condition, \$200. 619-462-

TREADMILL. Electric, black. Time, distance speed, calorie. Excellent condition. Was \$1200. Now \$500. 619-449-1104.

TREADMILL. Lifestyler Expause 500. Air cushioned, easy lift. Excellent condition. \$500. 619-449-1104.

TROJAN 33\*, 10 meter, express cruiser, 13' beam. Very low hour engines, fish finder, beautiful profile. Easily take 6 people in comfort. \$22,000, 858-945-2201.

### **PHOTO**

PLACE ADS IN THE READER by calling 619-235-8200, 8:30am to 5:00pm, Mon-day through Friday. Deadline: 5pm Tues-

CAMERA, VIVITAR, 35mm. Film power

PHOTOGRAPHER WANTED who knows Botanical Garden of tropical trees in San Diego County. Cash paid. 760-723-7373 818-535-9955.

### **COMPUTERS**

PLACE ADS IN THE READER by calling

A+ COMPUTER TECH SUPPORT. Repairs, upgrades, installations, virus/spy-ware removal, website design, music, networks, cable/DSL, video, etc. A+/MCP certified. 24/7 onsite. \$25/hour. 858-344-

COMPUTER CIRCULATION CENTER. Buy sell, trade. Laptops, PCs. Repairs, up-grades, virus/spyware removal. 24-48 hour turnaround. 9350 Clairemont Mesa Boulevard, San Diego 92123. Call 858-

COMPUTER MONITOR, 17" Gateway, perfect condition, \$35, 619-792-4636.

GET A NEW COMPUTER. Brand name laptops and desktops. Bad or no credit no problem. Smallest weekly payments available. It's yours now. Call 800-803-8819. (AAN CAN)

Laptops starting from \$298 for ACER, Dell, IBM, Toshiba and more. Laptop/projector rentals-\$25/875. 3 locations! Going fast, call now: 1-888-861-8347.

Bad or no credit-no problem. Smallest weekly payments available. Call now. Call 800-816-2232. (AAN CAN)

**EXOTIC & EUROPEAN** 

CAR SPECIALISTS

LLữmai

LIFETIME WARRANTY

### **BICYCLES** PLACE ADS IN THE READER by calling

key and mouse. Leopard Excellent. \$1375/best, 858-488-5686.

TOTAL COMPUTER. Commercial service. We do everything. Installation, set-up, training, repair, networking, telephones, DSL, wiring, upgrades. \$20 in-home diagnostics. 619-941-1809; cell, 619-607-0221.

∠งจ-ช2∪บ, ช:3∪am to 5:00pm, Mon hrough Friday. Deadline: 5pm Tues BICYCLE, TUNTURY, steady stationary bicycle. Very good condition, \$50, 619-473

**ROAD BIKE,** 58 centimeters. Centurion Dave Scott Ironman expert, Shimano components, clean, \$200, 760-942-5692.

### **WANTED / TRADE**

PLACE ADS IN THE READER by calling o 19-235-8200, 8:30am to 5:00pm, Monday through Friday. Deadline: 5pm Tuesday

CARDBOARD SHOTGUN and rifle shell boxes (pre-1960), duck and game calls hunting and fishing badges (pre-1940) and paper licenses (pre-1930). Call 858-

CASH FOR COMICS/COLLECTIONS, be fore 1970, original animation and comic art, Walt Disney autographs, old Disney and Disneyland items, other autograph collec-tions, 619-465-3090.

itons, o 19-465-3090. **CASH FOR WALT DISNEY,** Autographs, items, original animation art, any type comics before 1970, old Disneyland items, original peanuts art, autograph collections, comic art, 619-465-3090.

FISHING TACKLE. Collector wants for his personal collection wooden lures, reels. personal collection wooden lures, reels, miscellaneous by Heddon, Pflueger, Creek Chub, South Bend, Shakespeare, to name a few. 619-972-3488.

a IEW. 0 IS-97 Z-3488. **HELP SELLING** my 500+ books. Paperbacks and hardbacks, please share ideas or recommendations. 619-990-5487. **I AM LOOKING** for a person who knows carpentry. Exchange for housing. Please call me after 9am. 619-479-4212.

INDIAN ARROWHEADS/ARTIFACTS. Must

OLD TOYS AND TRAINS, Lionel, American Flyer, Marx. Aurora, Corgi, Dinky, Ho Wheels, Matchbox, slot cars. Buddy-L Smith-Miller, Structo, Tonka. Old plastic vehicles: Pyro, Renwal. Dave, 858-756-2411.

WANTED, BOAT, Small rowboat under 8'

Window Tinting

AUTO SOUND & SECURITY

3450-A KURTZ ST. • (619) 260-1747

### **ANTIQUES &** COLLÈCTIBLES

PLACE ADS IN THE READER by calling 619-235-8200, 8:30am to 5:00pm, Monday through Friday. Deadline: 5pm Tues-

ANSTEAD'S AUCTION. We buy antiques collectibles, household furniture, appliances, TVs, home electronics, pianos Prompt service. Local buyers. Licensed, bonded. Serving San Diego since 1971 619-233-3148; 1-888-722-2002.

ANTIQUE ARMOIRE, from 1910.
77x54x21". Perfect shape/mirror in front, decorative work at top. Breaks down, easy transport. Moving, priced to sell quick, \$225.760-944-7973.

ART. "Saluting the grammys" 3-d, limited edition by Charles fazzino with certificate ity \$1800, 619-466-1887.

BUDDHA COLLECTION. Slashed prices/fi-nal sale. Everything must go! Wood, bronze, resin, marble. Singing bowls, old collection, Nepal, 4"-16", \$40 up. Septem-ber 28 last day, up to 80% off! 6360 El Ca-jon Boulevard, San Diego. Open 12-5 daily, closed Monday. 619-582-1100. www.buddha-for-you.com.

FAINTING COUCH, antique, turn of the century, dark walnut frame with gold velvet fabric, \$575, Ask for Amv. 619-231-0030.

FRANKLIN MINT VEHICLES. 10 differen to \$125 each, 858-401-9398.

JEWELRY, STERLING, 100 pieces. Rhine

KARASTAN RUG, 5'9"x9'. New \$1300 100% premium worsted wool pile. Permanently moth/insect resistant. Design 785. Pattern red sarouk. Reduced to \$575/best

MEXICAN CERAMICS. 1940s-1950s Rare, mint, reasonable. Serious only, 760-

RECORD COLLECTION, 1960s, 1970s, 1980s vinyl, Beatles, Stones, Elvis, Floyd,

SHIRLEY TEMPLE DOLLS, and col lectibles, book by Patricia R. Smith, auto-graphed, hardback, with jacket in color. Fully illustrated; color, black/white. \$20. Leave message 760-845-3024.

TABLE, with 4 chairs. Antique dining table. 1930s English Art deco, beautiful oak table 3x3 opens 59"x3, \$295. If interested, please call 619-224-2997.

VINTAGE, Hamilton Beach mixer with bowls. 1940s. Never used. Works great, \$30, 619-437-8739.

WANTED: I buy 1950s-1980s rock and roll concert posters, flyers, handbills, used or unused tickets, programs. Private party. Please call 619-501-6210.

### **GARAGE SALES**

PLACE ADS IN THE READER by calling 619-235-8200, 8:30am to 5:00pm, Monday through Friday. Deadline: 5pm Tuesder.

CLAIREMONT. Garage sale. Saturday/ inday. Gun cabinet, furniture, computer irts, clothes, books, electronics, folding ad, tapes, bicycle parts, antiques, book-ises, cabinets, miscellaneous. 5083

CLAIREMONT. Saturday 9/27/08, 9am-2pm. Multi-family, clothing, bedding



With ad, Expires 11/4/08.

ORRENTO ME

### **Sunday is Chargers Day Free BBQ 8** Sorrento Mesa Autospa & Lube Center 6609 Mira Mesa Blvd. • 858-587-9000

Regular hand car wash

### Regular hand wash \$695

eg. \$9.95) Includes 100% hand vash, interior vacuum, wash vs inside and out, tire dressing

### Supreme package \$1395

(Reg. \$16.95) Includes 100% hand car wash, interior vacuum, wash windows inside and out, sealer wax, rainbow wax, polish wax, air freshener, tire dressing

\$10 of free gas with express hand wax

Luxury package \$21 (Reg. \$24) Includes 100% hand car wash, interior vacuum, wash windows inside and out, sealer wax, rainbow wax, polish wax, air freshener, tire dressing, undercarriage wax

### Express hand wax \$3995

(Reg. \$39.95) 100% hand car wash hand wax, tire dressing and air freshener.

detailing \$65° (Rea. \$84.95)

(Reg. \$29.95) Includes oil filter and 10-point inspection

## Complete detail \$120

Synthetic oil change \$45 (Reg. \$54.95) Includes oil filter and 10-point inspection.

### 30K/60K/90K maintenance service \$139<sup>95</sup>

(Reg. \$165.95 & up) Most cars & light trucks. books, household miscellaneous. 5315 Kesling Street (Limerick and Clairemont Mesa Boulevard.

EL CAJON, Selling 2 the walls, estate sale. House, garage, garden, all must go. Saturday 9/27/08, Sunday 9/28/08, 8am-3pm. 9140 Lake Valley Road. 619-886-

NORTH ENCANTO/LEMON GROVE. Garage sale. Saturday, 9am-2pm, no early birds. Electronics, camping equipment, computer components, printers, collectibles, Gothic clothes, construction materials, excellent prices. Everything will be sold. 6741 Springfield Street, 92114.

OCEAN BEACH. Huge rummage sale to support Genesis Education Foundation. 8am-2pm, Saturday, 9/27. Bargains galore! Electronics, sports, family fun. 3903 Milan Street, 92107.

OCEAN BEACH. Yard sale/moving sale. Saturday, 9/27, 9am-noon. Furniture for sale: Vintage sofabed, queen, \$250. 2 lkea chairs, \$50 both. Miscellaneous items. 4215 Montalvo.

### **APPLIANCES**

PLACE ADS IN THE READER by calling 619-235-8200. 8:30am to 5:00pm, Mon-619-235-8200, 8:30am to 5:00pm, Monday through Friday. Deadline: 5pm Tues-

DISHWASHER/DRYER, Late models

"" function energy savers. Dishmulti-function, energy savers. Dish-washer under counter or portable. Dryer can stack or rest on floor. Super deal at \$80/each. 619-461-2643.

REFRIGERATOR, GE Profile Model ZISS36OD, stainless steel SxS, icemaker, water filter, water/ice dispencer, many

## Brake Experts

40 off labor on

Includes waste fee

Se habla español

Hours: Mon.-Fri. 8 am-5:30 pm Sun. 9 am-5 pm 13504 Pomerado Road

Poway, CA 92064 858-486-6707

features to list. Retails \$6000, asking \$3000/reasonable offer. 619-562-0743.

SEWING MACHINE. Heavy duty sewing machine, Brother brand, single needle, \$700, 619-606-4958

SOAP STONE WOOD STOVE, Fire view,

WASHER/DRYER, REFRIGERATOR. te washer/dryer. Side-by-side stain steel refrigerator. Mint condition .277-7010

WASHER/DRYER, \$250. Couch, chair, recliner \$250. Book case, glass front. Dining table 6 chairs. Queen bed frame, trundle bed, table, coffee/end tables, 858-603-0999.

### **ELECTRONICS**

PLACE ADS IN THE READER by calling 619-235-8200, 8:30am to 5:00pm, Monday through Friday. Deadline: 5pm Tues-

CHECK ENGINE, LIGHT ON? Computer scan diagnostic, \$25. Leave message,

858-689-8265. **ELECTRONIC PARTS.** Components and carters for sale! After 4pm, 858-689-8265.

**SPEAKERS, SONY,** \$20. Luggage, large, no wheels. 28"x20", \$7. Mini refrigerator, no wheels, 28"x20", \$7. Mini refrigerator, white, never used, 33"x20", \$60. Spare tire for emergency only, 5 lugs, \$20, 619-583-3751.

TV, PANASONIC WANTED, able to play tapes and DVDs in it. Please call 858apes and DVDs 488-5477.

### **FURNITURE**

PLACE ADS IN THE READER by calling บาฮ-2จจ-62บบ, ช:ฮบam to 5:00pm, Monday through Friday. Deadline: 5pm Tues

ARMOIRE. Solid pine, pewter colored, 2 years old, only \$250! TV 32" Panasonic, works perfectly, an extra \$50. Cash only, you load/move, 858-300-7431.

BAR STOOLS, 2 with black upholstered on chrome, 3 months new, never used. Cost \$160, sell \$90 for both. 619-339-

BED \$100 ABSOLUTE BARGAIN! The Furniture Warehouse is now open to the public. We sell warehouse direct. Come see our large showroom. We have over 70 sets in stock from \$89! 995 Bay Boule-70 sets in stock from \$695 -995 Bay Bolius orard, Chula Vista, 91911. Open 11am-7pm daily. Closed Monday. Credit cards accepted. Legitimate warranties in writing! Fast delivery. Call 619-426-2727. www.tfwarehouse.com.

### A UTOMOTIVE

# *AutoGuvs*

Your Dealership Alternative Quality Service at a Reasonable Price

- Complete auto repair facility
- Import & domestic
  Licensed smog check station
  Professional, friendly,
- knowledgeable staff Certified Technicians
   We perform smog
- check-related repairs 763 W. San Marcos Blvd. San Marcos • 760-510-1688 www.autoguys.net

### Smog Check \$1995\* Plus cert, & trans, fee

MONDAY-FRIDAY SPECIAL

### **Oil & Filter Service** as low as \$1599\* Plus tax & \$2 HazMat fee.

Oil change up to 5 qts.10w/30
 Install new filter 
 Check & top off

transmission fluid • Check & top off differential • Check tire pressure • Check &

fill power steering • Check & fill brake master cylinder • Check & fill washer fluids • Lube chassis (if needed) • Inspect belts & hoses

• Inspect cooling system • Inspect for fluid leaks • Inspect tires for wear \*Offers valid for most cars, Vans, trucks & SUVs extra. With ad. Expires 10/2/08.

Excludes pearls,

factory paint, bodywork,

replacement parts

and extra prep.

starfires,

## Get a New Car Look for \$299

## **Bronze auto paint package** One-year warranty, masking, hand sanding for adhesion and 100% acrylic polyurethane Euro paint (including reds). Schoil Plus tax and \$25 environmental compliance charge. Trucks, vans, sport/utility vehicles and

20% off bodywork

With any complete

paint service.

Offer expires 10/4/08.

**Chula Vista •** 951 Broadway • 888-261-9305

Escondido • 1002 W. Mission • 888-262-2271

National City • 111 National City Blvd. • 888-262-2302

University Heights • 2519 El Cajon Blvd. • 888-262-9082

**Oceanside •** 2027 Oceanside Blvd. • 888-262-8917

Sports Arena • 3820 Rosecrans St. • 888-262-9085

**El Cajon •** 1002 W. Main • 888-261-9363

## §0 down Available

On approved credit. Financing provided by GE CarCare One

See shop for details.

Earl Scheib
AUTO-PAINT-BODY-COLLISION

## **Painting Cars Since 1937**

some colors slightly higher. Must show

coupon at time of estimate to receive

discount. Offer expires 10/4/08.

Mon.-Fri. 7:30 am-6 pm Sat. 8 am-noon

We accept Discover, Mastercard & Visa.

www.carpainting.com

San Diego *Reader* September , 2008 <u>a</u>

Sure, sure, the trio of supervillains, Fedsy McMoneychanger, the Tax Reaper, and Bendover Herecomestheporkbarrelspending Monster will try to confuse me with their exhaustive explanations of how I'm really NOT being screwed. They'll speak in the kitty-cat language, meowish, and tell me all about unicorn kisses changing my taxes into rainbows; meanwhile, my we're-all-getting-the-twin-bed-limbo sense will be going off like a fire alarm. (You don't want to know where that tingles.)

Hark! From the vice-presidential debates I hear the cry of Hayden Panettiere. "Help me, Narcoleptic Dingo! Senator Biden holds me captive. Hurry, before Sarah Palin returns with the hot sauce and Scotch tape. Oh, hurry,

On my way, ma'am!

En route, I encounter the trio of douchebaggery, bent on stopping me.

"Look, we are in pinstriped suits and we know about finance," Fedsy McMoneychanger growls. "We're in charge; you just need to sit back and let us -"

POOM! That's when I kick him, right in his gooseberries. With Fedsy bent over and turning a lovely shade of heliotrope, I resume my quest.

Out of the shadows jumps the Tax Reaper. "How much did you make last year? If it's less than 250 skidillion dollars, you owe us...EVERYTHING. BWAHAHAHAHA — ulp!"

You guessed it. One swift heel, right in the pills.

Having witnessed my quick dispatch of his accomplices, Bendover Herecomestheporkbarrelspending Monster leaps from his hiding place in the alley, armed with the only weapon capable of stopping me.

"Wouldn't you like a bite of this tasty bagel?"

"Fiendish devil! You know I can't resist Jewish baked goods. But if I eat it I will fall into a heavy slumber and my efforts thus far will have been for naught!"

"Where are your pants? Never mind that. Breakfast is the most important meal of the — Oh, ho-ho!" WHAMMO! A right boot to the Jackson Pollocks. I snatch the bagel from his clutches and tuck it into the folds of my cape for later snacking deliciousness.

"Help me, Narcoleptic Dingo!" shouts Hayden, the imprisoned damsel.

I'm on my way, Hayden. Watch out, Senator Biden. I'm not eating this bagel until your McNuggets dangle from your nostrils and Hayden's bikini hangs from my chandelier.

And I really want to eat this bagel.

### WHAT I WILL AND WON'T WATCH THIS WEEK

THURSDAY, SEPTEMBER 25

### SURVIVOR GABON

CBS 8:00 P.M.

Thomas Jefferson once said, "Every countryman has the right, nay, the responsibility to watch one season of Survivor and then hate it for the rest of their natural born lives." Besides black girls, T-Jeff also loved a good reality game show. I'm not making that up; it's in the Constitution.

### MY FAMILY'S GOT GUTS NICKELODEON 8:00 P.M.

My family's got chemical dependence issues and an army of jackalopes in luchador masks. I win.

### FRIDAY, SEPTEMBER 26

### PRESIDENTIAL DEBATES

NBC 6:00 P.M.

I'm holding out for the talent and evening-gown portions of the pageant. Obama's chainsaw juggling will top McCain's ventriloquism, but poking out of the old fighter pilot's sequined dress is a pair of calves you just want to slap and bite. (Ew, I even grossed myself out with that one.)

THS INVESTIGATES: CULTS, RELIGION

& MIND CONTROL

E! 8:00 P.M.

I see we're all in our fishnet stockings and Viking helmets, so I hereby call to order the first meeting of the Cult of Wilford Brimley's Mustache. First order of business: Yahtzee! and mix tapes. Second order of business: jumping bicycles off the ramp. Thirdly: vodka popsicles. Any questions? Good, let's get started.

### SATURDAY, SEPTEMBER 27

THE SANTA STRANGLER

MSNBC 8:00 P.M.

Back at Law and Order headquarters, a field agent takes a call, hangs up, and shouts across the room: "Looks like this is a serial case. Last week's leprechaun in that dumpster in Queens, and just now someone reported a floater, ass up in the Hudson. It's the Easter Bunny, folks."

BED \$169 A BARGAIN. A Ortho Pillowtop tress/box. All sizes. Credit cards accepted. Can deliver. 800-464-6420. North County, 800-464-6490.

BED FRAME, metal, fits different size beds, can be easily taken apart to be transported in a car, \$20.858-277-3065.

uansported in a car, \$20. 858-277-3065.

BED, QUEEN ETHAN ALLEN. Regents
Park spiral post bed, 65 1/2x88x68. Compare to Newport line. Very good condition. \$800. If interested please call 619-224-2997.

BED: DISCOUNT FURNITURE and Mat-BED: DISCOUNT FURNITURE and matterss. Bed sets, dinettes, sofas, sectionals, mattresses and more! 30%-70% below retail every day! Free layaway, free financing, 12 months no interest/no payments. Fast delivery. Open Monday-Friday, 10am-7pm, Saturday/Sunday, 11am-5pm. Factory warranties included. 458-495-3325. Address: 4810 Mercury Street, San Diego, 92111. www. realdealturniture.com.

BEDS. Adjustable Craftmatic like remote control, 2 twins and 1 full size, \$100, \$200, \$300. Best offer or trade. 619-670-

**BOOKCASE,** maple, 2 years old, 72"hx24.5"wx23.5"d. Contact Jennifer

COFFEE TABLE, ASHLEY, medium hs old. Paid \$250. Sell for \$165. 619-

COMPUTER DESK. Light oak, 2 piece, 60"Hx50"Wx24"D. 2 on top. Good con Vista 760-519-5926

**DESK, ETHAN ALLEN.** 2 drawers, heavy, cherry wood, glass top. Nice condition \$75. 619-840-3519.

**DINETTE,** rattan base and 4 swivel chairs. 48" round glass top. Removable and washable white seat cushions. Very pretty! \$200, 619-212-0241.

DINING ROOM DROPLEAF, table DINING TABLE, CHAIRS, buffet. Brand

new hand crafted mesquite narowood furniture from Antigua. Dining table/6 chairs \$5000/best. Dining room side-board buffet \$3000/best, 858-344-2766.

DRESSER SET, mirror, bureau, night-stands, hardwood, \$225. Headboard king, marbelized, \$125. Desk, 5x22-1/2

\$25. Golf shoes, men's 7 1/2, leather, used 4 times, \$20, 858-792-7317.

END TABLES. LAMPS, pillows, brass items, pictures, king bed sheets, vases, ceramic flower pots, dishes. Every item \$2-\$5, 619-262-2458.

ENTERTAINMENT CENTER, wood module, 70"lx64"hx18"d, open sides, adjustable, \$70. Grill, electric, Hamilton Beach, like new, \$25. 858-688-2276.

**FOAM FUTON,** portable, full size, folding. Perfect condition, used only couple of times, \$50, 619-473-1243.

times, \$50, 619-473-1243.

FURNITURE. Save 40% or more! Order from manufacturers' catalogues and save. Factory direct store. Solid cherry, maple, oak or pine, American made Vermont craftsmanship or imported. San Diego's best home furnishings source since 1960. Member of the Better Business Bureau. Al Davis Furniture, 1601 University Avenue, 2 blocks west of Park Boulevard in Hillicrest. www.davisworld.com or email to info@davisworld.com com or email to info@davisworld.com Call 619-296-1221.

FUTON, Black metal frame, black mat-tress. Great condition, \$100. Vista. 760-

MATTRESS \$150. Orthopedic mattress, plush gueen, new with warranty. Must

sell. Can deliver. Twin, full and king also available. Call 619-929-5244.

MATTRESS BOX PILLOWTOP SET. New in plastic with warranty. Queen \$169. King \$239. Credit cards accepted. Can deliver. Call 800-464-6420. North County, 800-464-6490.

MATTRESSES. Save 40% or more! Mattress World in Hillcrest sells new beds at warehouse pricing lower than regular stores. Student specials. Legitimate warranties. Fast delivery or pickup. Name brands. Member of the Better Business Bureau. Authorized Sealy, Simmons, Spring Air, Aireloom dealer. Also Latex, chemical-free and Swedish style Visco-Memory! Mattress World. 1601 Lipiersity Memoryl Mattress World, 1601 University Avenue, 2 blocks west of Park Boulevard in Hillcrest. www.sandiegobeds.com or email to: info@davisworld.com. Call: 619-

MISCELLANEOUS. Brand new condition, swivel, reclining tan leather chair, \$150/ best offer. 2 tower speakers, like brand new, great sound, \$150/best offer. 858-922-4510

**QUEEN SIZE COMFORTER,** ensemble, 4 piece, unused, earth tones, \$50, 619-466-1887.

RECLINER, swivels, tilts back, foot rest, rocker, upholstered, \$35/best, 619-449-

TABLE, DINING ROOM. Maple, 2 leafs, 4

### **MISCELLANEOUS FOR SALE**

PLACE ADS IN THE READER by calling 619-235-8200, 8:30am to 5:00pm, Mon-day through Friday. Deadline: 5pm Tues-

ARTIFICIAL TREE. 6', real birch, attractive basket, excellent, \$45, 619-461-4805. BEAUTIFUL WEDDING DRESS.

David's Bridal (Michaelangelo style). Size 6, no stains/tears. \$100 cash only. See photos, Craig's List under "Nice Wedding Dress." lynnhaskin2003@yahoo.com. BEDS A PILLOWTOP MATTRESS Box Set.

New in plastic with warranty. Queen \$169. King \$239. Credit cards accepted. Can deliver. 800-464-6420. North County, 800-464-6490.

**BELL AND HOWELL,** slide projector, manual 2" and 2.25", \$75. Wood working vise, wood faces, 10"x4", opens to 11", \$75. Tennis racquets (2) head, aluminum \$50/each, 619-224-4820. BOHEMIAN ESSENTIALS AT Hippyville.

com. Natural incense, imported oils, eco-friendly hemp. Fast service. Inventory up-dated daily! 10% discount code: SDR.

**C. KIEFFER,** 10x12 print, ladies in garden, \$60 619-449-1104.

CACTUS. Fishhook barrel cactus. Beautiful and colorful. Variety to choose from. \$10 to \$25 each, 858-401-9398.

CEILING FAN. 42", Westinghouse, 5 blade new/never used. Model M 42, \$19, 858-274-6358.

CEMETERY PLOTS, at El Camino Memo ruus, at El Camino Memorial Park in Madonna Lawn section. Single and also two adjacent plots available, \$3990 each (list price \$5030). Nice location, near creek and by trees. Peter 760-753-3794.

CHAIRS, \$5. Desk, recliner, rocker, projector screen, pull suitcase, sliding doors, roof tiles, aquarium/light \$60. Round sink. Trailer 26', self-contained, tub-shower, 858-270-0565.



• Engine Repair • Head Gaskets

• Fuel Injection • Starters • Alternators

Cooling Systems
 AC Service

Extended warranty work welcome

No interest for 90 days (OAC)

• Free towing on major jobs

Senior & military discounts

Present ad at time of service Most cars Expires 10/14/08

Instant financing-







Smog Check 95 Plus certificate

and transfer fee. '95 and older \$10 additional.

State-of-the-art equipment

Serving the Kearny Mesa area for 30+ years. with honesty and integrity.

10% senior and military discounts

Discount applicable only to non-advertised repairs.



**7696 Vickers Street** 858**278-7077** 

## Computer Diagnostic

Most vehicles and light trucks

- Service "Engine Soon" light
- "Check Engine" light Hesitation
- Hard starting Runs rough
- Poor gas mileage Dead battery
- Carburetor or fuel injection problems

### Professional Detailing Starting at

A/C Service

Most vehicles. Freon extra. Includes:

- Recovery Evacuate Leak test
- Check hoses and belts
   Test operation

Free hand car wash with any automotive service

### LARRY THE CABLE GUY: HEALTH INSPECTOR COMEDY 5: 30 P.M.

Sometimes I wonder if I'm wrong. It's not often and it's not for long, but about once per year I go: Huh. I wonder if there really is something entertaining about Garfield, NASCAR, pro wrestling, and Larry the Cable Guy. So many people enjoy those things that there must be something. Then I remember the country is filled with idiots, and I resume happily skipping along in my Little Bo Peep outfit. Wow, the rest of the country is weird.

### **MONDAY, SEPTEMBER 29**

### THE CHEETAH GIRLS: ONE WORLD DISNEY 8:00 P.M.

Is this about strippers? God, I hope so. If there's one thing missing from today's programming, it's shows about strippers. Doctors, lawyers, and cops I got coming out of my ears, but single mothers working on bail money for their boyfriend one-buck-per-taint-shot is a depth of society yet to be fully plumbed.

### TUESDAY, SEPTEMBER 30

HALF THEIR SIZE: THE PEOPLE MAGA-ZINE WEIGHT LOSS CHALLENGE

### ABC 10:00 P.M.

Bandwagon Jumping: Along with Original Ideas, ABC Fresh Out of

### WEDNESDAY, OCTOBER 1

### DIRTY SEXY MONEY

### ABC 10:00 P.M.

Finally, a show about Republican congressmen and the desperation of cocaine addiction in Hollywood's privileged nightlife scene. Or, wait, I might be mixing my political views with Robert Downey Jr. in Less Than Zero. No, no, I was right the first time.



Dirty Sexy Money

### THURSDAY, OCTOBER 2

VICE PRESIDENTIAL DEBATE CBS 7:00 P.M.

Hold steady, Havden, Hold steady. Narcoleptic Dingo rides tonight!

To get an online version of this column, go to sdreader.com. You can print it, email it to friends, and get other columns and stories by Ollie.

COWBOY BOOTS, Tony Lama, excellent, men's 8D, as new \$50. Filson cotton vest, new, men's medium \$50. Sheepskin coat, men's medium, good, \$100. 619-260-

DESK, 6 drawers, 38"Wx78"L, and chair, \$50. Wedding dress, hat, shoes, size 8, \$50 all. Off-road tires, 18" and 21", 2 each, \$5 each. Table glass top, 36"Wx50"L, \$25. 858-277-7197.

EVERYTHING MUST GO, brown suede couch with built in recliner, new California king bed, lots more. Please call 760-791-

FOOSBALL TABLE, heavy constructed, nice condition. Can deliver. \$200. Aquarium, 60 gallon square acrylic black back upright with base, canopy empty \$125. El Caion. a 619-456-2575.

FRAMED, GARY R. FUSSNER, "The Eagles Fly Free," Desert Storm, 1991. \$100/best, 619-449-1104.

GO KART. Shifter kart. 6-speed. 125cd disc brakes tras. \$2200. John 619-654-3096.

GOWN, BEADED, hand-made, black. Red carpet look! Full length, \$200/best, 619-

**LAMPS,** vintage and antique, \$20-\$200, 619-449-1104.

LAWNMOWER, Electric, good, \$45. Expensive car cover \$25. Aluminum, large garden swing, \$30. Camp stove and lantern \$18. Tires 13", \$15. Garden cart

MASSAGE TABLES, Earthlite with carry ing case, \$150. StrongLite, no case ing case, \$150. StrongLite, no case, \$100. Excellent condition. Must go! Chinese rug, 4x3, \$250. 3x3 rug, \$200. Original Chinese. 619-275-2577.

MICHELE WOMENS WATCH, 2 years old. looks new. Have original box/certificate of authenticity. Asking \$750/best, not even half what I paid for it, 760-828-0582.

main what i paid for it, 760-828-0882.

MINERAL COLLECTION. Cabs, slabs, cutting rough, crystals including Herkiker diamonds, local specimens, unusual tumbled, much more. Knife collection, old Kershaws, Schrade, IXLs, others. 619-869 8492.

MODUM FOR COMPUTER, RCA stereo, 5cd. Dining room, marble 4 chairs, glass coffee table smoked with 2 end tables. Computer monitor with Windows 2002. 619-463-0216, 619-715-4315. MOVING SALE, Aquarium/stand, refrigerator, washer/dryer, freezer, dishwasher, microwave. TVs/stands, stereo, beds, daybed, dressers, recliner coffee/end, dining table/chairs, vacuum, bikes 619-670-7821.

NICE WHITE LAB COAT. Medium-large size. Has 2 large pockets in front and gathers on the back. \$10 cash only please. Email lynnhaskin2003@yahoo.

PARTY RENTAL JUMPERS, 3. 2 blowers, start your own cash base business, 1 house, 1 elephant, 1 open house. Location in Riverside, \$1500, 951-775-5333.

PATIO TABLE, concrete, seats 6, high grade, your choice of tile installed, all weather, \$300. Credit cards accepted. 760-250-7055.

PICASSO PRINT, black/white, bullfighter, framed \$500, 619-449-1104.

PICK-UP CAP, A.R.E., aluminum, with ladder rack, tool box, and sliding window, excellent condition, \$450, 760-703-7161. **POOL CLEANERS.** Pumps, net, hoses, tablets, offer or all 858-272-9795.

RESTAURANT SINK. 6', stainless steel, double basin and drain boards. Excellent

condition. Great for house, laundry, garden or restaurant, \$200, 760-703-7161. **SAW.** 14 inch "Big Boy" conversion saw. Slide plate accessory included. Very low houre \$50,858,401,0308

**SCONCE, OIL GAUGE,** wall light, brass and wood. Price \$40/best. 619-296-7185. SINGER SEWING MACHINE. Mini, case, all the stuff. Perfect condition, \$200/best. East San Diego, a 619-286-5561.

SPA/HOT TUB. Deluxe 2008 model. Neck jets, therapy seat. Never used! Warranty jets, therapy seat. Never used: warranty. Can deliver. Worth \$5950, sell for \$1950. 858-530-0980

**TELESCOPE,** Meade, model 285. Original price \$300. Make offer, 619-449-9153. TIFFANY LAMP, for sale. Stunning, small, tiff-a-mini, bronze base, \$400/firm! 619-

TOOLS, DOOR PLANE, Rockwell #126. with case \$200. Porter-cable belt sander \$100, 760-960-6950.

TOOLS. Wood lathe, compressor, acetylene torch, drill press, shop vacuum, vice, various power saws and drills, grinders, sanders, clamps, routers, planner and sanders, clamps, routers, plann joiner, accessories, 619-264-8750.

VINTAGE CLOTHES SALE. Men's meres, accessories. Some costume jew-elry. Vintage linens, table clothes, doilies, quilts, etc. Copious amounts, Saturday, Sunday, September 27, 28, 619-282-9581

**WATCH,** gold Elgin pocket watch. 7 jewels, opens 4 ways. Breathtaking. \$1000.619-449-1104.

**WEDDING GOWN,** Size 5, petite (5'2") cost \$1200. \$300/best, 619-466-1887. **WORK BOOTS,** brand new, size 11, 1/2 off, 619-792-4636.

### **MOTORCYCLES**

PLACE ADS IN THE READER by calling 319-235-8200, 8:30am to 5:00pm, Mon-day through Friday. Deadline: 5pm Tues

harley DAVIDSON, 1999 Springer front end, one owner. Pristine condition, will accept anything of equal value. Dia-monds, fishing gear, car. Asking \$19,000/ best, 858-560-7940.

HONDA 70cc PASSPORT, 1981. 900 miles (original), Yellow, like new, \$1800. Mike 619-581-1081.

HONDA CB-750, 1980, salvage title, piston damage, \$575 or will part out engine, frame, and all accessories. Douglas, 619-

HONDA CBR, 2007. 1000rr repsol nicky hayden, 1973 miles. Family problems. hayden, 1973 miles. Family problems, need to sell fast \$5500. Pictures/details contact, 217-903-5935.

MOTORCYCLE REPAIRS! Mobile service We come to your home or office. Tune-ups, oil changes, brakes, much more Honda, Kawasaki, Suzuki, Yamaha. Credit cards accepted, low prices. Hot Calls Motorcycle Repair, 800-481-65. www.housecallsmotorcyclerepair.com.

### SAN DIEGO SMOG & AUTO REPAIR CENTER

Serving

San Diego Since 1947

**CLUTCH SPECIAL** 

\$50 off quoted price

with coupon

Includes: throwout bearing, pilot bearing bushings, disk, clutch cover. Most vehicles. Limited time

offer. Front-wheel drive extra.

**LUBE • OIL FILTER** 

Up to 5 qts. oil. Most vehicles to

**CATALYTIC CONVERTER** 

\$30 off quoted price

with coupon

Mufflers \$20 off quoted price

All types of custom muffler work done. We'll beat any competi-

tor's price by 10%. Most vehi-cles. With ad. Limited time offer.

**C.V. BOOT** 

FROM \$3995

Includes: boot, parts, labor, grease. 1/2 price for the 2nd

boot on same axle. Most

vehicles. Limited time offer

4664 Park Blvd. (at Adams Avenue) • 619-543-4828 Hours: Mon.-Fri. 8 am-5:30 pm Sat. 8 am-3:30 pm www.sdsmogandrepair.com

Quality NAPA parts

(NAPA)

2 Locations to Serve You CLIFF BROWN AUTOMOTIVE

4491 Park Boulevard (Park & Monroe) • 619-297-4204

Hours: Mon.-Sat. 8 am-5:30 pm

Sun. 9 am-2 pm

www.cliffbrownautomotive.com

Coupons must be presented prior to service.

**SMOG CHECK** 

Nost vehicles. Trucks, vans & European cars extra. Limited time offer. Must bring DMV renewal notice.
\*All 1995 and older vehicles additional \$10 for EVAP test.

Test Only \$3975 + \$8.25 cert. Smog Check & \$2 V.I.D. At San Diego Smog location only.
We Test, Repair & Certify Test Only & Gross Polluters.

**ENGINE STEAM CLEAN \$4995** 

30,000-MILE

SERVICE

**SPECIAL** 

Service includes:

Maintenance tune-up

Oil and filter change

Radiator coolant change

• Air filter replacement

Fuel injection cleaning

\$**179**95

Most vehicles.

Lube chassis

• Check brakes &

TIMING BELT

**SPECIAL** 

⁵50 off

quoted price

60K miles. Most vehicles

COOLING SYSTEM SPECIAL

\$3995 ONLY Hockes: flush radiator and up to one gallon of coolant. Special coolant extra. Most vehicles. With ad. Limited time offer.

## Oil Change \$**18**95\*

Includes new oil filter and up to 4 quarts of oil. Hazardous waste fee \$2.

**Radiator Flush** 

4.95\* + coolant

**Fuel Injector Cleaning** 

\$**39**95\*

**Timing Belts** 

**\$00** and up

Catalytic **Converter Special** 

**09**95\* OBDI converters only

\$**16**75 Plus \$8.25 for certificate. Most 1976-1995 cars only

**Smog Check** 

Brakes [2 wheels] \$**80**<sup>95</sup>

Install new economy lining. Resurface drums or rotors extra. premium lining extra.

3D Technology Alignment & New Tires Available Most Major Brands. Call for *Reader* Special.

**Muffler Special 64**95\*

Tune-up and up

Change spark plugs, check distributor cap and rotor, check air filter.

**Engine Steam Cleaning Available** 

THAO AUTO REPAIR
3400 El Cajon Blvd. • (619) 640-4606
3752 Park Blvd., Hillcrest • (619) 692-1065

Visa · MasterCard · Special rates for auto body repair without insurance. \*All offers valid on most cars, with coupon. Exp. 10/9/08.

### **ADVANCED MACHINE**

PARTS • SERVICE • WELDING
Your Complete Automotive Machine Shop • 3400 El Cajon Blvd. **619-640-4609** • Se habla español

COMPLETE LONG BLOCK REBUILD FROM \$799 • Flywheels \$45 • Valve jobs from \$95 • Crankgrinds \$65 Most flywheels & crankgrinds available in 1 day or less.





## 30K/60K/90K

Service and prices may vary. See owner's many vary. See owner's manual.

- · Lube, filter & air filter · Radiator service
- Tune-up Brake inspection and adjustment Check fluids, belts, hoses, filters, suspension
- and steering Clean battery terminals Tire rotation Platinum plugs extra.



## Free Alignment Check

For non-adjustable rear suspensions. Shims and camber kit extra, if required.

State-of-the-art computerized alignments. Preston's uses digital imaging alignment technology to determine if your vehicle is out of factory specs and make adjustments based on that technology. **\$59.99** two wheel • **\$79.99** four wheel



Brakes from \$3999 Labor only. Front or rear, disc or drum.

Better Brakes from \$59.99 Labor only. Includes machining rotors.

Best Brakes from \$79.99 Labor only. Bearings repacked, bleed and flush system, service calipers.

**Preston's Performance Audio** San Diego's Premier Stereo Shop

8300 Center Drive, La Mesa • prestonstire.com Tire & Auto Service • 619-460-8311 Audio Shop • 619-433-0330

Diego Reader September 25, , 2008 6









by Joe Sayers ©2008

### **AUTOMOTIVE CARS**

PLACE ADS IN THE READER by call day through Friday. Deadline: 5pm Tues-

AUTOPAWNSANDIEGO.COM. Loans se cycles, ATVs, boats and RVs welcome Fast and friendly service. Call Deerhorn Motors, 619-464-2131.

DODGE VAN CONVERSION, 1995, V-6 short size, auto, air conditioning, super clean inside and out, original owner, 61K original miles, looks new, \$8950/best of-fer. 858-273-1189.

FORD CONTOUR GL, 1997, 4 door, low miles, automatic, air conditioning, power steering, brakes, windows, locks, tilt, cruise, stereo/cassette, premium wheels, must sell, \$2975. 619-838-0779.

FORD MUSTANG, 1990. Convertible, 5.0 manual, 122,000 miles, 25th Anniversary Edition, new serpentine belt, second records, \$3500. Call 619-231-6579.

HONDA ACCORD COUPE SE. 2002. 79,000 miles mostly freeway. Garage kept. One owner, all maintenance records. Few minor scratches/dings on bumpers, \$8450, 858-638-6117.

HONDA ACCORD LX. 1990. Sunroof, CD

HONDAS FROM \$500. Police impounds and tax repos. Cars, trucks, SUVs. Many makes and models! For listings, 800-495-0660 x2180.

LEXUS 63300, 2002. Immaculate! Perfect condition, low 29,000 miles. Like new. Beautiful gold. Leather interior. Loaded. Certified preowned 100K warranty. Lojack. Oceanside. \$18,995. Owner, 760-521-9880, 760-967-0229.

MERCEDES 220SE, 1962. 4 door, 93,000 miles. Runs great, standard on column, \$4000. Mike 619-581-1081.

MERCEDES 300E, 1992, perfect, 121K miles, \$2000. 1977 Mercedes 280SE, classic, 116K miles, \$1495. Private party. Cell, 760-460-1921.

MERCURY SABLE WAGON, 1997, 3.0L V6, fully equipped, cassette, roof rack, 3rd seat. Runs, looks and drives excellent, \$3150. Owner will help finance, 619-896-0779.

NISSAN 350Z. 20 mpg. Custom rims, 6 cylinders, mint condition. Low 73,000 miles, all power. Black exterior, silver/grey interior. Bose stereo system. \$14,500, 858-688-5451.

PONTIAC FIERO, 1984. 46,000 original miles. No mechanical problems. Very clean. Automatic, air conditioning. Many upgrades. New paint, red, tan interior, \$5999/best. 619-461-4727.

TOYOTA CELICA, 1981. Convertible Rare, only 1500 made. Garaged, 90,000 miles. White, blue top. Appraised \$4000. Asking \$2650. 18' toy hauler, travel trailer, hi-lo \$1850, 858-581-6223.

**VOLVO 850,** 1995, \$500 down drives you away. Buy here, pay here. VIN 096837. A Plus Rentals, 760-633-3552.

**VOLVO 850,** 1996, \$1000 down drive you away. Buy here, pay here. VII 240990. A Plus Rentals, 760-633-3552.

VOLVO \$40 2.41. 2004. 4 door sedan. One owner, well maintained. New tires, One owner, well maintained. New tires, brakes and rotors! 120,000 miles. Serious buyers only please. \$12,000, 619-405-

VOLVO \$80, 1999 \$1000 down drives you away. Buy here, pay here. VIN 026596. A Plus Rentals, 760-633-3552.

**YOLVO Y70,** 2000, \$1000 down drives you away. Buy here, pay here. VIN 676291. A Plus Rentals, 760-633-3552.

VW BEETLE, 1968. Blue exterior, black interior, 4 cylinder, alarm, well maintained, \$5000/best offer. Call 619-262-1004.

\$500! POLICE IMPOUNDS. Cars, trucks, SUVs from \$500! Hondas, Chevys, Jeeps, Toyotas, Nissans and more! For listings and information, call 800-495-0660 xC664.

\$100 OFF

Internal Transmission

Overhaul

Call for details.

**Timing Belt Special** 

### **AUTOMOTIVE** TRUCKS / VANS / **SUVS**

PLACE ADS IN THE READER by calling 619-235-8200, 8:30am to 5:00pm, Monday through Friday. Deadline: 5pm Tues-

CADILLAC ESCALADE, 2002, \$14,000, fully loaded, extra clean, TVs, towing package. VIN 111085. A Plus Rentals, 760-633-3552.

760-633-3552. **CHEVY SILVERADO,** 2001, \$1000 down

CHEVY SILVERADO, 2003. 1 ton dually CHEVY SILVERADO, 2003. I fon dually, \$3500. Crew cab with custom Callen camper, Duramax diesel, 56-gallon fuel capacity. Allison transmission. Electric brake control banks exhaust. K&N air filter, 2 new deep cell batteries. Pirometer and booth gauges, new injectors, new cab side steps, stainless wind deflector, described to the control to the contro can side steps, stalniess wind deflector, American spoke chrome wheels, leather interior, dual climate control camper, 5' inside heights, lots of cabinetry, custom curtains, queen bed, insulated smooth skin, double rear doors, low miles, all beyond pristine, \$16,000/best, 619-743-6729

FORD RANGER, 2000, \$1000 down

FORD RANGER, 2001, \$1000 down drives you away. Buy here, pay here. VIN B25904. A Plus Rentals, 760-633-3552.

## **Cracked windshield?**





## JACOBS ENGINES

938 Coolidge Ave. (Off I-5) National City 619-474-2556

## DISCOUNT ITRANSMISSION & AXLES

### Complete Axle from \$89°5\* Parts and labor. Most cars. Call for details.

Clutch Special \$50 OFF

Free Towing within 5 miles with major repairs Free Road Test & External Check

Free Estimates \*With ad. Offers expire 10/8/08

**Head Gasket Special** 

2019 Oceanside Blvd. • Oceanside 760.722.8249



## Save with Auto Coupons at SDReader.com

Here's a small sample to get your motor running!

### \$20 off window tinting



Finest equipment and installation Competitive prices. Lifetime guarantee. Gift certificates available. Coupon valid on full tint jobs only. May present coupon after estimate is given. Offer expires September 30, 2008. Expiration dates are renewed the last week of each month.



**Acme Tinting** 

Mobile window tinting. Let us come to your home or office.

San Diego, 619-892-2263

619-235-3000

### Smog check \$15.75



MOST 4-CYL. CARS. Plus \$8.25 certificate. Plus \$3 VID. Most cars. Must present coupon. Offer expires September 30, 2008. Expiration dates are renewed the last week of

**Welltech Auto Service** 

6696 Miramar Road, Suite M, San Diego, 858-552-8898

Reader Coupons

WELLTECH AUTO SERVICE

Acme Tinting \$10 off window tinting

Adams Import Smog check \$19.85

Advanced Auto Tech Catalytic converter \$95

ATEK **Tune-up \$24.95** 

Audio Sport Tint 3 rear windows \$50

California Motor Works & Tires **Smog check \$13.95** 

Chris's Auto Repair **Smog check \$15.75** 

Classic Sheepskin 10% off sheepskin seat covers

Cliff Brown Automotive \$10 off any service over \$50

Discount Transmission & Axles Free diagnostic road test

Earl Scheib Auto paint sale: any color \$299.99

European Coach Free diagnostic

Factory Tire Automotive Service & Sales Premium oil change \$19.95

Five Star Customs Window tint \$199

General Auto Repair **Smog Check \$14.95** 

Greenlight Honda Acura Care **\$100 off factory service** 

International Auto Service **Brake service \$48 plus parts** 

Japanese Auto Tech Oil change and tire rotation \$19.95

JPX Jesse's Mufflers & Brakes 20% off custom exhaust

Kearny Mesa Acura & Honda Timing belt \$99

Kearny Mesa Smog Check **\$7 off smog check** 

Kleer-Vu \$20 off any windshield repair

Line-X \$35 off spray-on truck bedliner

Lutz Tire & Auto Repair Free bumper-to-bumper diagnostic

Mission Gorge Auto Rebuilt engines \$899

Motor Machine & Supply \$50 off any engine work

Oasis Trade Window Tint 10% off window tinting

Precision Motors Air conditioning service from \$12.95

Precision Tune Auto Care **\$19.95 oil change** 

Preston's Performance Tire & Wheel Free alignment

Ray Frey Auto Center, Inc. Free car wash

San Diego Smog & Auto Repair \$10 off any service

San Diego Smog Test Only \$10 off smog check

Sea Sides Classic Tinting Window Tint \$59

Smog Clinic \$26.75 Test Only smog special

Streetnoyz Auto Sound & Security 10% off window tint

Suspension Plus Full Service Center **One free shock or strut** 

Thao Automotive **Smog check \$16.75** 

Value Transmission \$75 off clutch special

Welltech Auto Service Smog check \$15.75

West Coast Auto Glass **\$149.95 windshield replacement** 

MySpace, where Cherry X. Flaymz and her crow's feet grin at Baldwin from cyberspace.

By John Brizzolara

Visitation weekends are an anxiety experience for Baldwin, punctuated by sheer bliss. Baldwin is in his 50s and lives in Mission Hills. His little boy is 32 years old. Since 2003 he has registered bipolar into the red, now reading schizophrenia after having metered past schizaffect some two years ago. Danny Baldwin lives in Oceanside, a block from where his mom works at a corporate job for a lawn-furniture manufacturer. Driving west on 78 on this Friday evening, all Baldwin can think about is his first stint in rehab after Danny's diagnosis and Baldwin's subsequent public intoxication charge at some chain restaurant in Mission Valley he does not recall.

The therapist, a black man named Figg, asked the group of men, "How many come from a divorced couple?" Three out of five raised their hands. Baldwin's parents had stayed together, though the young Baldwin had often prayed for a divorce, even a death (he confessed this 40 years later to a priest he never saw in a North Park confessional), so he sat back. He watched Figg lift a sheet of blank typing paper and say, "This is what divorce does to a kid," and ripped the sheet pretty cleanly in half. One guy, about 40, wept into his hands, and the whole session was about him after that. Baldwin now remembers how he had laughed, maybe aloud, and muttered glibly to himself, "It ain't me, babe."

Now, eight years later, as he pulls up to Dan's building, the image of his son as two half sheets of paper seems ridiculous. Father and son will talk about moving in together again over this weekend, make some sensible choices; Danny sounded fine, in that stable phase between manic and emotionless. It is his

The light in North County is different, he thinks as the sun sets toward Japan more watery, if that makes any sense. Baldwin thinks of amniotic fluid for some reason, and this is accompanied by a phrase he hasn't thought of in decades: meconium staining. It was why Dan was turned away at Lennox Hill Hospital on another Friday night three decades ago and sent downtown to Beth Israel, where they had the right machine or something. The phrase meant that his son had shit in the womb. Baldwin grins, shakes his head.

"Hi, Dad. Do you have to smoke?" Dan's not smiling, but he seldom does. His eyes seem darker than the hazel Baldwin remembers. It's on the birth certificate.

"No, not right now, I won't if you say the word." His son, every bit of 300 pounds, had dyed his hair blue a month ago. It appears a kind of cocktaillounge-pianist henna now, and something in the young man's voice alarms Baldwin. "Is your mom coming? Because I brought some steaks."

"Any minute. I'm starving. There's nothing here." Baldwin hears this constantly and goes to the refrigerator. It is empty except for bottled Arrowhead and two-liter Mountain Dew and Pepsi. His son has again thrown out everything: mustard, fruit, and butter, all kinds of stuff, to present a picture of hardship. He would later claim they were expired. Baldwin says nothing.

"Dad, there might be a girl coming over. I'm kind of embarrassed."

'What? Really?" This could be bad. Danny hadn't been in the company of a woman his own age since shortly before he was beaten by her former boyfriend stalker, launching his son's mind across the parking lot of Pizz-Orama in Vista.

"She's a porn star." His son points to the computer screen: MySpace, where Cherry X. Flaymz and her crow's feet grin at Baldwin from cyberspace.

"Dan, man. This is a goof, man. She's in L.A. and she's a pro. She's not coming, buddy. No. Look, let's...

"Dreams don't come true. Not with you, Dad. Right? You're a failure, so dreams don't come true." He's fuming, strangling fistfuls of nothing. A knock at the door, "Come in."

"Hi, Dan. Hi, Bob. I've got some groceries." Anne immediately senses it's going south. "What's up?"

"I have a girl coming over, and Dad is ruining it."

"What?"

Baldwin explains briefly. His son simmers.

"Your dad is..."

"He's always right. You hate him and he's still right!"

"Nobody hates anybody. Calm down."

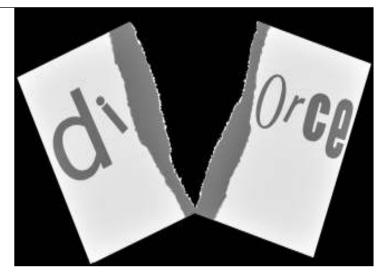
Danny propels himself several feet toward his mother. Baldwin steps between them, faces his son — "Whoa, whoa!" — who reaches past him, grabbing his mother's necklace.

"That's Grandma's. Stop it! You're hurting me!"

'You're making Dad mad."

"I'm not mad. Look at me, I'm crying. What's wrong? Stop this. Don't hurt

His right arm is around Danny's shoulders in a hug, and his left arm grips his son's wrists. He is trying to pull them away from Anne's fingers, which are at her throat, clutching the broken necklace. He says, "You don't want to do this.



"This family is going down. See?" He commends his full weight to his parents. Everyone is sinking to the linoleum. "Dad can't support me. You can but you won't. You have thousands and thousands of dollars and you won't! You see? This family is going down and you won't stop it!"

Baldwin fights tears. His ex-wife no longer bothers. When her former husband frees their son's wrist from her sweater and fingers, she lunges backward, reaching with her left hand toward her son's shoulder for balance. Danny lies between them as they try to extricate themselves from this brutal, comic posture. A man and woman, the man in his late 50s, the woman in her early 60s, are poised over the large bulk of their prostrate son on the floor and vainly trying to stroke, lift, pat, cradle, extend hands, and at the same time free

Anne manages her way to her feet. Baldwin waves her toward the door. "Go, go. Call them. Do it." Danny gets to his feet and bounds after her, but Baldwin stops him at the head of the stairs beyond the front door. Other doors are closing, slamming, or slowly creaking shut in the summer night with the whimper of whipped dogs.

Baldwin stays the night but does not sleep. His son does not sleep but paces and surfs the computer almost violently, the volume too high. The sounds of websites booming, fading, jabbering, rapping, fade and swell as Danny paces and kicks at debris on the floor.

Near 5 a.m. Baldwin drifts off long enough to dream. His son, born just seconds earlier, has slipped off of the delivery table. His mother gropes, helpless from above, while Baldwin looks drunkenly down at his child: pale and bloody with the umbilical cord bisecting his slick body like a wound. Baldwin says something to his son that only makes sense later, and even then, barely. In the dream he says, "Let me get another sheet."

To get an online version of this column, go to sdreader.com. You can print it, email it to friends, and get other T.G.I.F. columns or other stories by John Brizzolara.

HUMMER H2, 2003, \$25,000, fully loaded, towing package, super clean. VIN 123845. A Plus Rentals, 760-633-

MAZDA B-2000. 1987. With shell, 4 cylin-

MOTOR HOME. Pleasure Way 2002 Dodge 440, 19', 29,000 miles. Air condi-tioning, furnace, shower inside/outside, microwave. Air suspension, cruise over-drive. New tires. \$33,000 619-669-4931.

NISSAN FRONTIER, 1998, \$1000 down

Free

Bumper-to-Bumper

Diagnostic

\$100 value. With this ad.

Expires 10-8-08.

"Check engine" light, track down leaks

or noises using computer scan.

10% off labor

Alignment • Brakes • Belts

Suspension • Tires • Smoq Repair 30K/60K/90K Services

Minutes from downtown off Hwy 94 & I-15
LUTZ TIRE &
AUTO REPAIR

2853 Market Street • 619-234-3535

SHUTTLE BUS. 1999. Automatic transmission with overdrive. 20 passenger, reduced by \$5000! \$9995. Registered/insured for "private use". 6 new tires, runs perfect, 619-990-6598.

TOYOTA TUNDRA. 2003. Black, V8, tow package. 4 door extra cab. AM/FM CD player. 108,000 miles, mostly freeway. Rhino linings bed liner, \$9250/best, 858-29.1631.

TOYOTA TUNDRA. 2006. Limited double cab 4 door. Only 19,000 miles, extended warranty 6/years/100,000k miles. Tan leather seats, alloy wheels, air conditioning. \$22,000, 858-349-9977.

mobile

window

tinting

Competitive prices.

Lifetime guarantee.

18 years' experience.

\$20 off

619-892-2263

WANTED: 1984-1992 Toyota/Nissan pickup, automatic, low-to-average miles, depending on condition. I pay up to \$1900. I'm not a dealer, only a student, 619-306-1910.

### AUTOMOTIVE CLASSIC / **CUSTOM CARS**

PLACE ADS IN THE READER by calling 610\_225\_8200 8:30am to 5:00pm, Mono 19-235-8200, 8:30am to 5:00pm, Mon day through Friday. Deadline: 5pm Tues day.

trucks & European cars extra. Cash only. Must present DMV renewal notice.
\*All prices plus tax. With this ad. Exp. 10/27/08 **MERCURY,** 1950, 4 door, original, black color, overdrive, \$14,000. 619-475-5641. SHELBY COBRA 1965 replica. Excellent condition, absolute must see! Lots of chrome, garaged. Blue with white stripes. \$35,000. 619-277-7010.

### **AUTOMOTIVE PARTS**

PLACE ADS IN THE READER by calling o 19-235-8200, 8:30am to 5:00pm, Monday through Friday. Deadline: 5pm Tuesday.

**DODGE CARAVAN**, 1992. 1980 Dodge Pickup, 1/2 ton longbed, 3/8 automatic. All or parts. 1992 Caravan, \$600. 1980 Dodge pickup \$380, 619-660-8491.

**TIRE,** air inflator/compressor, auto and bike tires, air delivery, no tank, Sears, \$30, 619-523-1782.





Includes spark plugs. Additional parts extra. Most cars.

1995 and older. Dual overhead cam extra.

BRAKES...\$10 OFF Front & rear. Turn rotors, drums, new pads, lining. Most cars, 4WD extra.

STEVE AUTO REPAIR

1370 Garnet Ave • Pacific Reach (858) 274-1195

### A UTOMOTIVE

## ECONO LUBE N' TUNE® & BRAKES

2924 Damon Ave. (next to In-N-Out Burger), Pacific Beach 92109 • **858-274-4382**No appointment necessary • Mon.-Sat. 8 am-6 pm • Sunday 9 am-5 pm
We accept Visa, MC, Discover & AmEx • Se habla español

FREE brake inspection • FREE diagnostic checkobol

Gas saver performance package \$4998

Lube, oil & filter \$998 Tune-up special

Most vehicles:

Fuel Injection \$3498

Licides, Improves gas mileage and manically clean.

A/C service \$19<sup>98</sup>

Plus Freon Most vehicles

WE WILL MEET OR BEAT ANY COMPETITOR'S COUPONS!

## BrianHowarthPhotography.com Affordable Wedding

Photography & Ministerial
Make it memorable! Professional team with 30 years
Experience in wedding business covers your event.
Call Brian or Valerie at 619-583-0411.

### Simple Divorce \$149

Affordable rates, MC/Visa/Amex, Se habla espanol Joseph B. Carnohan, Attorney. 760-722-8200.

### **Divorce Is Never Easy.**

Mediation Should Be. Work out a settlement with your spouse or partner rather than spending a fortune fighting in court. See: www.afairwav.com. A Fair Way Mediation Center. 619-702-9174.

## Feng Shui Expert San Diego 858-454-7933, www.sandiegofengshui.com

Car Repo'd or about to be?

### Call now to save it! 858-405-6766

\$787 Bankruptcy/Foreclosure Losing your home? Drowning in debt? Top rated Attorney can help you! Limited time offer. Gersten Law Group, 619-330-5663. egersten@gerstenlawgroup.com.

### Bankruptcy- Ch 7, 13, & DUI

Free consult. Helping San Diegans for over 20 years A debt relief agency. Richard Miller, 858-272-6350.

### **Don't Let IRS Ruin Your Life!**

Peace of mind is within your reach! Call 1-877-FIXABLE (24 hours) for recorded message and free report. Attorney Dave Greenberg, 858-292-0700, www.fixabletax.com.

### **Divorce/Support/Custody**

Defend your rights! Flat fee for uncontested divorce. C. McLaughlin, Esq. Call 760-431-2200 or 619-295-1300.

### **Bridal Bazaar** Sunday, October 26 **Del Mar Fairgrounds**

10am-4pm. More than 200 exhibitors with everything for your wedding. Info/ coupons: www.bridalbazaar.com

### **Problem With Car Purchase?**

Have you bought a car with undisclosed accidents of History from a car dealer? Call 858-405-6766.

### Simple Divorce

10% discount! Custody, support, trust and more! www.Legal-Choices.com, #7. 619-593-6000.

### **Bankruptcy-Low Payment Starts**

Experienced Attorney. Stop all collections. Debt Relief Agency. Raymond Schimmel, Esq., 619-275-1250.

### **Eliminate Debt, Boost Credit!**

Walk away from debt, don't declare bankruptcy! One time fee! Call Fred now, 858-736-2401, x101

### **DUI? Free consultation!** 888-421-4585

We handle DUI cases exclusively. Avoid court! Para Espanol, 888-416-2577. Payment plans available.

### **Serious Injury or** Wrongful Death Attorney

29 years of experience. Free consultation. Law Offices Of Catherine Kroger-Diamond, San Diego and North County. 760-931-2900.

### **Bankruptcy, Fast Divorce**

We answer the phone - Talk to a lawyer - 8am-7pm. Low down payments - Same day filing - Free advice. FixedPriceLegalCenters.com (sm). 800-993-1998.

### **Traffic Tickets?**

Don't pay. Hire an attorney to fight for \$100 No attorney fee if ticket not dismissed. Contact Law Offices of Elizabeth Aronson, 760-685-8242 or SanDiegoTrafficTickets.com

### **Aggressive DUI Attorney** 888-421-4585

Please call for a free consultation with an Attorney. Habla Espanol, 888-416-2577.

Law Offices of James Bickford, 888-421-4585.

### Bankruptcy: 7, 11, 13

Sound advice; reasonable fee. Payment plans available. C. McLaughlin, Esq. Call 760-431-2200, 619-295-1300.

### **Stop Foreclosures-File Ch.13** Consolidate Back Mortgage/Bills.

Debt Relief Agency, BankruptcySD.cc 619-889-5585 or 858-335-1162.

**Drunk Driving Attorney**Felonies/misdemeanors/DMV/drugs. 619-338-9500.
J. D'Ambrosio. Free consult. Visa/MC/Amex.

SanDiego-DUI-Lawyer.com Affordable, aggressive, experienced. 619-334-7661



San Diego, Los Angeles area Poim Springs, Long Seach

## No Recovery Means No Fee!

(866) 420-7215

Contingency Attorney Can Help If you're injured in an accident, mistreated at work or need help with a contract or insurance claim. We'll fight for you! We're experienced and aggressive. Consultation is free, so what have you got to lose? Don't hesitate, call us today at 619-239-1300. Email morris@sandiegolegal.com. Morris and Associates. Personal Injury, Sexual Harassment, Business Litigation

### Non-Fluid Inch Loss! **Body Contour Wrap Special**

Tones, tightens, improves skin texture, heals skin \$52/one wrap (regularly \$65). \$130/three wraps (\$180) for women and men of all ages. No synthetics, animal fats, waxes, glycolic acids. Fanie botanical products. Waxing, facials, back waxing, microdermabrasion. Karie Hayden & Associates, 858-581-3321. KarieHayden.net.

### **Free Ionic Foot Detox**

(with 1 hour massage and salt scrub!) Shiatsu, acupressure, Thai yoga, body glow, hot stone, aromatherapy, salt scrub. Tranquility Spa, 3333 Midway Drive #201, San Diego, CA 92110. 619-226-2056. www.tranguilitysd.com

### Got Warrants? 619-840-4566.

DUI/DV probation violations, our attorneys can help! warrantdoctor@gmail.com, 619-840-4566. Call today!

### **Divorce/Custody/Support** Contact Happ Law Group P.C. 619-906-5800

**Bankruptcy Chapters 7 & 13** 

\$300 starts immediate attorney representation. All work. 10+ years experience. Debt Relief Agency BankruptcySD.com. 619-321-8125; 858-335-1162.

### Quick & Easy Divorce \$89/Up!

15 years' experience. Thousands of completed divorces. Issues:child custody, support, property. 24/7 service. QuickandE-ZDivorce.com. 619-793-6796, 858-764-0587.

### Bankruptcy-Ch. 7, 11 & 13.

Free consultation. Honest advice from an attorney. A debt relief agency. Avatarlegal.com, 858-793-9880.

### **IRS Problems Got You Down?**

27 years IRS experience. Income tax and collection problems. Audit and appeals representation. Tax return preparation. Current/unfiled returns. Free consultation. Reasonable rates. BJ Tax Consulting, 858-530-1675.

### **Bankruptcy - Low As \$750** Free Consult-Al Gross, Esq.

888-FAIR-PRICE (888-324-7774) AskAttorneyAl.com.

### **Help Those in Need** And Become a **Medical Assistant**

UEI offers courses approved for Veterans, Rehab, WIA. Job Placement Assistance, Financial Aid available (if qualified). Come visit our campuses 3666 Kearny Villa Road, #100, San Diego 92123 or 310 3rd Avenue, #C6, Chula Vista 91910. Visit: www.uei4you.com or call: 1-877-206-1915 today!

### Is The IRS After You? Help Is At www.mtax.com.

Or call Curtis McAllaster, CPA, 619-523-3098.

### The 6- Minute **Home Inspection Guide**

A must read for anyone who is ready to buy a home. You can eliminate as many as 90% of the homes you view for just \$4.95 plus \$1.50 shipping. Purchase direct from www.GrassrootsPublishingGroup.com. electronic download for \$3.95 and save on shipping. Deep discounts for volume.

### **Divorce/Support/Custody**

Defend your rights! Flat fee for uncontested divorce. C. McLaughlin, Esq. Call 760-431-2200 or 619-295-1300.

### **Skydive San Diego - Save \$30!**

Enjoy the biggest thrill of your lifetime! Weekday Skydive Special, Monday-Friday, excluding holidays. Must be 18 & weigh less than 230 pounds. Other Conditions may apply. San Diego's oldest, largest operation. www.SkyDiveSanDiego.com. 619-216-8416.

## My Goodness: My Kids, Cultivating Decency in a Dangerous World

Explore ways to instill goodness, character, and Integrity into the lives of your children. Good kids Make the world a kinder, safer place. Learn how to Release honorable, decent, and productive children Into society. Purchase a hard copy or an e-copy At www.GrassrootsPublishingGroup.com. E-mail: info@grassrootspublishinggroup.com. (Also available in bookstores and on Amazon.)

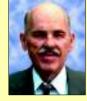
### Mission Valley Mortgage

Buy- Sell- Refinance. Mobile notary se Misty O'Donnell 619-204-4324.

### **Bankruptcy-Ch7 \$785 Complete**

Includes court costs, credit reports stacylawfirm.net. 619-253-8141, 858-677-9798. Debt relief agency. Free consultation, 24/7. Payment plans available. Attorney Roger Stacy.

## San Diego's Best DUI-DMV & Ticket Attorneys



DUI-only attorneys in San

Diego. Exclusively DUI!

**Eugene Ellis** MR. DUI, "The Professor" of DUI Law. One of the first and most experienced

Stay out of jail. **Avoid court.** Clean your record. Save your license. Keep your job.

Learn about your rights at: www.MRDUI.com Call now: 619-563-1010 E-mail: mrdui@mrdui.com

3990 Ninth Ave., San Diego, CA 92103 (in Hillcrest near 163 and Washington) Even nice people get arrested for drunk driving.



best and most DMV-only

### A Academy of Bartending

Learn behind a real bar. Make money and new friends. Have fun! 1-2 week course. Weekend classes available. Part/full time job placement assistance. 619-296-0600.

### Chapter 7 Bankruptcy (Liquidation)

Eliminate credit cards, lawsuits, repos, Chapter 13 bankruptcy (consolidation) immediately stops foreclosure and creditor action. Ch. 13 allows for 3-5 year easy monthly court payments to pay back mortgage arrears, credit cards, car loans, taxes, etc. Free consult. BankruptcySD.com. 1-888-486-9157.

### Car Accident Victims!

25% fee. Why pay more? Demanski & Ellis, Attorneys at Law, 619-338-9880.

### **Lose Inches In Hours:Iono-Trim**

20% discount with mention of this ad Sean Daneshmand, M.D., FACOG, Ageless & Beautiful Medical Spa, 1080 University Ave. Suite H-201, San Diego 92103. 619-299-0264.

### **Divorce Fast & Easy** Lowest Cost - \$145 and Up We do all paperwork & file with the Court.

Over 30 years in business - Reg.LDA#54. Hotline: 619-454-0994.

### **Hypnosis-All Issues!**

ing, weight, habits. Lori (CHT), 858-457-2100.

### Affordable Divorce

Mediation, custody, support, wills & trusts. Visa/MC. Legal Alternatives, 760-753-1778 or 760-815-9430.

## **Aggressive Female Attorney** Criminal/Family Law. Melissa S. Lubin, 619-232-2900.

### **Bankruptcy Attorney** Stop Lawsuits & Repossessions

Still Qualify Under New Laws Call to speak to attorney. Debt Relief Agency. 619-889-5585; 858-335-1162. BankruptcySD.com.

### Stop IRS/State Cold!

Ex-IRS officer. Contact: D.M. Wayne, Tax Consultant. 858-614-0223. taxsolutionservices.com.

### **Facing A Foreclosure** File 7 or 13 Bankruptcy

Save your home or wipe out negative equity. Free consultation with experienced attorney. 619-321-8125, 858-335-1162. BankruptcySD.com.

### Sexually harassed at work? **Hostile work environment? Discriminated against?** Wrongful termination? Unpaid overtime?

We are experienced in representing employees and will vigorously defend your rights. All too often, employees will ignore an unfair work situation, or will wait too long after a violation has occurred. Don't let this happen to you! Call attorney Michael Sousa today for a free, no obligation consultation. 858-453-6122 x15.

POPCO–Father's Rights
The original and still the best. 800-963-DADS(3237).

### Are You Facing Eviction?

Got a 3/30/60 day notice? Sued? Fight back! Call Attorney David Wolff. 760-632-8980.

### Accident? Injury?

Get the compensation you deserve. Law Offices of Robert T. Pope, 619-233-3893

### **Auto Title Loan/Bad Credit OK**

Keep the car, get the cash. \$2600/up. Loan pursuan To CFL license, checkscashed4less.com, 800-896-9062

### **Auto Accident? Other Injury?** Free advice! Injury Law Center, 619-787-0120

## **Experienced Tax Attorney**Master of Laws in Taxation Solution to IRS, FTB,

EDD, and Sales Tax problems. Tax preparation. Consulting. Reasonable rates. Personal attention Atty Ronson Shamoun, 619-595-1655, IRSsolution.com.

### Arrested For Driving Under the Influence (DUI)?

Your drivers license, credit, reputation, and Freedom are at risk. Free consult. North County, San Diego. Christian Haffner, Esq. 760-931-2900.

## **Bankruptcy: Fresh Start!**

Stop foreclosure and get relief from creditors. Law Office of Richard Komisars, 619-888-8272.

### **Drunk Driving? Avoid Court!**

We handle DUI cases exclusively. Free consultation. Keep your license and your dignity. Examples: .12-not guilty, .16-not guilty, .10-case dismissed. Law Offices of James Bickford. 888-421-4585.

### Aggressive Family Lawyer

10+ years experience in family law with divorce, custody, support and property. 619-542-1100.